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Extreme storms during the last 6500 years from lagoonal sedimentary archives in the Mar Menor (SE Spain)

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Abstract. Storms and tsunamis, which may seriously endanger human society, are amongst the most devastating marine catastrophes that can occur in coastal areas. Many such events are known and have been reported for the Mediterranean, a region where high-frequency occurrences of these extreme events coincides with some of the most densely populated coastal areas in the world. In a sediment core from the Mar Menor (SE Spain), we discovered eight coarse-grained layers which document marine incursions during periods of intense storm activity or tsunami events. Based on radiocarbon dating, these extreme events occurred around 5250, 4000, 3600, 3010, 2300, 1350, 650, and 80 years cal BP. No comparable events have been observed during the 20th and 21st centuries. The results indicate little likelihood of a tsunami origin for these coarse-grained layers, although historical tsunami events are recorded in this region. These periods of surge events seem to coincide with the coldest periods in Europe during the late Holocene, suggesting a climatic control for periods of increased storm activity. Spectral analyses performed on the sand percentage revealed four major periodicities of 1228 ± 327, 732 ± 80, 562 ± 58, and 319 ± 16 years. Amongst the well-known proxies that have revealed a millennial-scale climate variability during the Holocene, the ice-rafted debris (IRD) indices in the North Atlantic developed by Bond et al. (1997, 2001) present a cyclicity of 1470 ± 500 years, which matches the 1228 ± 327-year periodicity evidenced in the Mar Menor, considering the respective uncertainties in the periodicities. Thus, an in-phase storm activity in the western Mediterranean is found with the coldest periods in Europe and with the North Atlantic thermohaline circulation. However, further investigations, such as additional coring and high-resolution coastal imagery, are needed to better constrain the main cause of these multiple events.

1 Introduction

In the last century the Mediterranean coastal zones have undergone a considerable development and the coastal disaster incidence has significantly increased. The coastal zones are exposed to flooding and coastal erosion processes and are highly vulnerable to extreme events, such as storms, cyclones, or tsunamis, that can cause significant losses (Seisdedos et al., 2013).

Intense storms and cyclones are rare meteorological phenomena observed in the Mediterranean Sea. Different climatological and meteorological works in the western Mediterranean area show that extreme storms and cyclones show a complex variability in the sense of non-uniform spatial and temporal patterns (Trigo et al., 2000; Lionello et al., 2006; Gaertner et al., 2007). This is in partly due to the lack of a
clear large-scale pattern, which may be expected when dealing with intense events, as the number of events is low with irregular intensity and intervals. More long-term observations or palaeo-reconstructions in different areas of the western Mediterranean are needed. Tsunamis are known to occur in the Mediterranean Sea where all types of sources – earthquakes, volcanic eruptions, and landslides – from the continental margins are active. There is evidence of large tsunamis during the historical and prehistorical period, especially in the tectonically more active eastern Mediterranean (e.g. Kellletat and Schellmann, 2002; Morhange et al., 2006). The western part of the basin has also been reported as tsunami-exposed. Historic events have been reported from the Algerian coast, and tsunami propagation has been modelled (Álvarez-Gómez et al., 2011). Geomorphic evidence of ancient tsunami impacts has also been documented (Maouche et al., 2009). A long-term record of tsunami and storm activity on timescales of centuries to millennia is especially important in understanding the temporal variability of these extreme events.

This study focuses mainly on the Murcia province in Spain (Fig. 1). This lowland Mediterranean coast is sensitive to risks of submersion during extreme events. We propose to use a high-resolution geochemical and sedimentological approach to reconstruct past surge events in the Mar Menor and then compare our results with extreme historical coastal events in the western Mediterranean.

2 Study site

The Mar Menor is the largest lagoon on the Spanish Mediterranean coast, located in the SE of the Iberian Peninsula, in the region of Murcia in the area called Campo de Cartagena Basin (lat 37.786129, long 0.810450, Fig. 1). This coastal lagoon occupies an area of approximately 135 km², with an average depth of 3.6 m. This lagoon is separated from the Mediterranean sea by La Manga, which is a sandy barrier 20 km long, between 30 and 500 m wide, and less than 3 m above sea level. This sandy barrier is crossed by five, more or less functional, channels or “golas”. The Campo de Cartagena Basin occupies 1440 km², with an elevation ranging from sea level to 1065 m, surrounded by the Mediterranean Sea to the east, the anticline of Torrevieja to the north, and the Cartagena–La Unión mountain range to the south. This basin is filled by sediments from the early Miocene to the Quaternary. The major lithologies are composed of sand, silt, clay conglomerate, caliche, and sandstone of the Quaternary period and marl, conglomerate, and gypsum for the Miocene and Pliocene periods (Jiménez-Martínez et al., 2012). The lagoon and the northern salt marshes of San Pedro are protected because of their ecological importance (Special Protected Area of Mediterranean Interest, Natura 2000 network and Ramsar). The area is impacted by residual past mining activity, agricultural activities (intensive fruit and vegetable production), and urban growth coupled with touristic development since 1956 (Pérez-Ruzafa et al., 1987, 1991, 2005). Most of the La Manga area is urbanized; a population of 10 000 inhabitants live here all year long, growing to ~200 000 inhabitants during summer. High population density and low-level topography make the area very sensitive to the impact of climate change and sea level rise. The Mar Menor is considered one of sites on the Spanish coast most threatened by the mean sea level rise and possible increase in extreme climatic events.

3 Materials and methods

3.1 Core material

A 4 m long piston core (MM2) was collected in the Mar Menor in September 2011 (Fig. 1) with the UWITEC gravity coring platform (Laboratoire des Sciences du Climat et de l’Environnement and University of Chambery) using a simplified piston corer of 2 m length and 83 mm inner diameter. Two consecutive sections (0 to 2 and 2 to 4 m sediment depth, respectively) were cored from a first position followed by a third section (1 to 3 m) from a position ca. 1 m away to cover the technical hiatus between the first two sections. The MM2 core was collected at 4 m below sea level.

3.2 Physical measures

Back in the laboratory, the structure of the sediment was studied using the Scopix X-ray scanning (EPOC, University of Bordeaux 1) and photographed. This was complemented by granulometric analyses on contiguous 1 cm samples using a Beckman-Coulter LS13320 laser diffraction particle-size analyser (Géosciences Montpellier). XRF (X-ray fluorescence spectrometry) analyses were performed on the surface of the split sediment core MM2 every 0.5 cm using a non-destructive Avaatech core scanner (EPOC, Université Bordeaux 1). The split core was covered with a 4 µm thin Ultrade to avoid contamination. Geochemical data were obtained at different tube voltage: 10 kV for Al, Si, S, Cl, K, Ca, Ti, Mn, and Fe and 30 kV for Zn, Br, Sr, Rb, and Zr (Richter et al., 2006).

3.3 Macrofauna

To study mollusc shells, samples were taken every 2 cm and sieved at 1 mm. Macrofauna samples were taken at fixed volume (100 cm³). Individuals were determined to the lowest taxonomic level possible (species or genera) and counted. Assemblage structure was estimated by mean of species richness (S), taxon abundance (n_i), and total abundance (N).

3.4 Geochronology

The chronology of core MM2 was carried out using 137Cs and 210Pb method on a centennial timescale by gamma spec-
14C analyses were realized on mollusc shells at the Laboratoire de Mesure 14C (LMC14) with the ARTEMIS accelerator mass spectrometer (Accélérateur pour la Recherche en sciences de la Terre, Environnement, Muséologie Installé à Saclay) at the CEA institute at Saclay. These measurements were obtained from monospecific samples of *Cerastoderma glaucum* at each level. 14C ages were corrected for reservoir age (see Sabatier et al., 2010, for method) and converted to calendar years using the computer program OxCal v4.2 (Bronk Ramsey, 2001, 2008) at 2 standard deviations (see Sect. 4.4).

3.5 Spectral analyses

Cyclic patterns in the Mar Menor lagoonal sequence were studied from spectral analyses by using two methods in order to reduce the possible biases of a single method (Desprat et al., 2003). We used the maximum entropy method (MEM) and the multi-taper method (MTM). The MEM selects the spectrum with the highest entropy, which represents the least biased estimate for the given information. This suggests that the MEM is maximally noncommittal regarding the unmeasured data (Harremoës and Topsoe, 2001). The spectrum obtained by this method shows an excellent frequency resolution with sharp spectral features (Berger et al., 1991; Dubar, 2006; Pardo-Iguzquiza and Rodriguez-Tovar, 2006). The MTM is a non-parametric method that (1) reduces the variance of spectral estimates by combining multiple orthogonal windows in the time domain before Fourier transforming and (2) provides a narrowband $F$ test useful for assessing the significance of periodic components (Thomson, 1982, 1990; Percival and Walden, 1993).

4 Results

4.1 Core description

Photo, X-ray images, X-ray fluorescence, and high-resolution grain size analysis for MM2 indicate several thin, coarse-grained layers preserved within mud sediments. These coarse layers are constituted by a mixture of shell debris and siliciclastic sand and have basal boundaries easily identified by a change to coarser grain size and darker colour on X-ray images (Fig. 2a). These coarse grain size layers indicate “energetic” events, relative to the background sedimentation (i.e. mud facies), and are probably linked to washover events (storm or tsunami).

4.2 Sediment source

The terrigenous fraction in the Mar Menor is mainly controlled by terrestrial and marine inputs. The core (MM2) was collected at 800 m from the sandy barrier and more than 8500 m from the different river mouths. At our study site, watercourses are the source of fine fraction dispersed in the lagoon and marine inputs are characterized by coarse sands. The lagoon barrier beach sand samples show a unimodal distribution, with a mean grain population ranging between 160 and 653 µm. The percentages of this grain population decrease from the sea to the lagoon in surface samples (Fig. 2b). The evolution with depth of this population displays eight
main changes in the MM2 core, revealed by the grey bands in Fig. 3. The main peaks in coarse sands occur around 290, 255, 210, 170, 150, 60, 40, and 5 cm (Fig. 3).

Major chemical elements using the ITRAX core scanner provide high-resolution palaeoenvironmental information in a variety of sedimentary environments. In the present study we chose the ratio Si/Al and Zr/Al, which better discriminate between the two source areas: marine vs. drainage basin (Dezileau et al., 2011; Sabatier et al., 2012; Raji et al., 2015). The high Zr/Al ratio value is probably explained by the presence of heavy minerals (like zircon) from marine sand, and the high Si/Al ratio is due to quartz minerals in marine sand. Si/Al and Zr/Al ratios have the same evolution with depth, especially in the first 3 m of the sediment core (Fig. 4, shaded bands).

A fundamental step in the core analysis is to establish criteria to correctly identify overwash layers. We systematically used grain size variation and geochemical signatures (i.e. Si/Al and Zr/Al ratios). As the background sedimentation shows a fine silt facies, we consider values higher than 20% of the 63 µm fraction as outlining “high-energy” events (Fig. 3). Positive anomalies of the Si/Al and Zr/Al ratios, above 12 and 2.5 respectively (Fig. 4), indicate a higher relative contribution of marine sand. The marine origin of these high-energy events was also highlighted by mollusc identification (Bittium reticulatum and Rissoa ventricosa) (see Sect. 4.3, Fig. 6).

4.3 Faunal variations

Macrofauna analyses are a good indicator of a lagoon palaeo-isolation state. While total abundance and relative abundance of individuals of the different species are good indicators of environmental stress and lagoon productivity, species richness is a good indicator of marine influence because species develop in different ranges of salinity, temperature, and oxygenation and the colonization by marine species of the lagoon environments depends of the isolation degree and connectivity between both systems (Pérez-Ruzafa and Marcos, 1992, 2005). Figure 5 shows the variation in the number of species and total abundance (number of individuals in 100 cm$^3$) along the studied time series. Taxon richness ranges between 0, at depths higher than 365 cm, and 18, reached at a 260 cm depth. The taxon-poor depths correspond to 302–362 cm, with a mean of 4.76 taxons, 72–78 cm with a mean of 5 taxons, and 30–36 cm with a mean of 5.7 taxons. The depths with the highest species richness are 192 to 266 and 81 to 186 cm. These depths would correspond to a higher marine influence. Above 150 cm, a progressive impoverishment
Figure 4. XRF records from the core MM2 with down-core variations of the ratios Zr/Al and Si/Al. Shaded areas mark the main variations of Zr/Al and Si/Al. In the number of species takes place, reflecting a progressive isolation of the Mar Menor from the Mediterranean Sea, with occasional peaks in species richness, probably related to episodes in which the sandbar was ruptured.

Figure 5. Taxon richness (S) and total number of individuals (N) with depth from core MM2. Macrofauna samples were taken at fixed volume (100 cm$^3$). The different colour bands correspond to depths: azoic (yellow), under higher marine influence (blue), and under a progressive isolation of the Mar Menor from the Mediterranean Sea (brown). The grey bands correspond to occasional peaks in species richness, probably related to episodes in which the sandbar was ruptured.

4.4 Age model

The chronology of core MM2 has been established for the last 6500 years using $^{137}$Cs, $^{210}$Pb, and (AMS) $^{14}$C dates on monospecific shell samples, geochemical analysis of mining-contaminated lagoonal sediments, and palaeomagnetism (Dezileau et al., 2016a). The radiocarbon age of lagoonal and marine organisms is usually older than the atmospheric $^{14}$C age and has to be corrected by the subtraction of the “reservoir age” (Siani et al., 2001; Reimer and McCormac, 2002; Zoppi et al., 2001; Sabatier et al., 2010; Dezileau et al., 2016b). We evaluated the modern reservoir $^{14}$C age by comparing an age derived from $^{137}$Cs and $^{210}$Pb data and from geochemical analysis of mining-contaminated lagoonal sediments with an AMS $^{14}$C age of a pre-bomb mollusc shell (see Sabatier et al., 2010, for method). The reservoir age ($R(t)$) with a value of 1003 $\pm$ 62 $^{14}$C yr is 600 years higher than the mean marine reservoir age (around 400 years) and may be explained by isolation of the lagoon from the Mediterranean Sea. This high reservoir age value is similar to other estimates in different Mediterranean lagoons (Zoppi et al., 2001; Sabatier et al., 2010).

$^{14}$C ages were also obtained for a series of Holocene mollusc shells sampled at different depths of the $\sim$ 2 m long core MM2 (Fig. 7, Dezileau et al., 2016a). Comparing palaeomagnetic ages and $^{14}$C ages versus depth, we show that the reservoir age has changed in the past and was lower (505 years) than the modern value (1003 years; Dezileau et al., 2016a). This change was also observed in another Mediterranean lagoon (Sabatier et al., 2010). In the Mar Menor, the linear sed-
Evolution of the abundance in mollusc population (number of individuals in 100 cm$^3$) with depth: lagoonal species (*Hydrobia acuta*), typical marine species (*Conus ventricosus*: Conidae), marine influence (*Bittium reticulatum* and *Pusillina lineolata*: Rissoa).

5 Discussion

5.1 Site sensitivity to overwash deposits

Site sensitivity to overwash deposits may result from different factors such as barrier elevation, sediment supply, inlet, and a change in sea level (Donnelly et al., 2004; Scileppi and Donnelly, 2007; Dezileau et al., 2011). An increase in sea level induces a shift of the barrier landward. Therefore, an increase in sand layers in a sediment core may be due to a sea level change. In the Mediterranean Sea, the sea level has remained more or less constant during the last 5000 years (< 2 m, Pirazzoli, 1991; Lambeck and Bard, 2000). Before this period, a significant change in sea level occurred. During the first phase of lagoonal sediment deposit (between 6500 and 5000 yr cal BP), the number of sand layers is low.

The sandy barrier was probably at more than 1 km from the present position, and this may probably explain why sand layers are not observed. The strong increase in coarse-grain layer frequency after ca. 5400 yr cal BP can be explained by a migration of the barrier up to a position which is not far away from the present position.

Fauna content reveals a major palaeoenvironmental change around 150 cm (i.e. 2400 yr cal BP; Fig. 6). Such change is probably due to a shift from a “leaky lagoon” to a “restricted and choked lagoon” environment, sensu Kjerfve (1994). Thus, after this date (i.e. 2400 yr cal BP) the barrier was continuous with inlets sometimes forming in response to intense overwash events. To conclude, since 2400 yr cal BP, the lagoon has been isolated from the sea. During this period the general morphology of the lagoon and the barrier have not changed drastically. Between 5400 and 2400 yr cal BP, the lagoon was less isolated from the Mediterranean Sea, as is typical for a leaky lagoon environment. During this period, fine sediments were accumulated. The lagoon experienced quiescent sedimentation probably protected by a more or less continuous sandy barrier. The presence of sand layers may be interpreted as a result of intense over-

Figure 6. Evolution of the abundance in mollusc population (number of individuals in 100 cm$^3$) with depth: lagoonal species (*Hydrobia acuta*), typical marine species (*Conus ventricosus*: Conidae), marine influence (*Bittium reticulatum* and *Pusillina lineolata*: Rissoa).

Figure 7. Age vs. depth for the core MM2. The age model was calculated using OxCal 4 with 17 $^{14}$C dates.
wash events. Between 6500 and 5400 yr BP, the morphology of the lagoon and the barrier is different. The position of the sandy barrier was far away from the present position. In this case, the number and the intensity of surge events recorded are not comparable to the upper part of the core (Figs. 3 and 8). During this period, the lack of sand layers does not mean no surge events but simply that they are not recorded.

The record of palaeostorm events can be complicated by different factors; however, the clay or silt sediment types appearing throughout the record show that this area was experiencing quiescent sedimentation, indicating that the site was protected behind a sandy barrier during that time. Moreover, in order to control localized sensitivity changes, it will be necessary in the future to employ a multiple-site approach, as extreme storms or tsunamis in all of this area would likely result in surges and waves of sufficient height to overtop the barrier across wide stretches of the coast and not only in a localized area.

5.2 Storms or tsunamis?

The Zr/Al and Si/Al ratios of sandy layers are above 12 and 2.5 respectively (Fig. 8), indicating a higher relative contribution of marine sand. The marine origin of these high-energy events was also highlighted through mollusc identification (Bittium reticulatum and Rissoa ventricosa, Fig. 8). This multiproxy approach suggests the occurrence of eight periods of increased overwash events, reflecting perturbations of coastal hydrodynamics due to palaeostorm or palaeotsunami events (grey band in Fig. 8).

Both tsunamis and storms induce coastal flooding. It is difficult to discriminate between storm and tsunami deposits (Kortekaas and Dawson, 2007; Morton et al., 2007; Engel and Brückner, 2011). The coarse-grained layers observed in the core MM2 could be a signature of tsunamis or storms. Records of historic and contemporary coastal hazards (storms and tsunamis) may help us to determine which historical events left a sedimentological signature in the Mar Menor.

In textual archives, extreme storm events were described due to the strong economic and societal impact of these events (Seisdedos et al., 2013). In the last 200 years, 27 storms affected the coast of Murcia. Among all of these storms, some seem to have been more catastrophic than others. The storm of 1 November 1869 caused the wreckage of a numerous ships in Torrevieja harbour. Between Isla Grosa and San Pedro del Pinatar more than 35 ships sank. In the Mar Menor, 50 fishing boats were destroyed. Wave heights associated with this storm were estimated to have been higher than 8 m off the La Manga sandbar. This severe storm also affected the cities of La Unión and Cartagena, destroying houses and paralysing the cities for many days. From the hydrological and ecological point of view, the 1869 storm led to drastic and persistent changes in the salinity of the lagoon and to the colonization of new species of marine origin (Navarro, 1927), affecting also the fisheries in the lagoon (Pérez-Ruzafa et al., 1991). There are historical references to some other storms that led to the breaking of the sandbar in the Mar Menor (in 1526, 1676, 1687, 1690, 1692, 1694, 1706, 1762, 1765, 1787, and 1795; Jiménez de Gregorio, 1957; Pérez-Ruzafa et al., 1987), although there is no information about their magnitude, the extent and exact location of the breaks, and their impact on the lagoon environment. Some ups and downs in the number of species observed in Fig. 5 could be related to these events, but an extensive and detailed study would be required to understand the relationship between the frequency, duration, and intensity of the storms and the spatial and temporal scales of their effects and their impact on the fossil record.

Different tsunamis occurred on the Spanish coasts, they are more catastrophic and intense on the Atlantic than on the Mediterranean side (Álvarez-Gómez et al., 2011). In the western part of the Mediterranean area, there are historical disastrous tsunami events recorded. In northern Algeria, in addition to the 2003 tsunami, the first well-documented event is the tsunami in the Jijel area associated with the seismic event of August 1856, which was also recorded in the
Balearic Islands (Maouche et al., 2009). In the Alboran Sea area some reports mention tsunamis that affected the African and Spanish coasts in 1790, 1804, and 1522 (IGN, 2009). For an earthquake with a magnitude of 6.8 (2003 Boumerdes earthquake) with its epicentre calculated at 15 km offshore of Zemmouri, Wang and Liu (2005) show that the tsunami phenomenon is regional in character using a numerical sim-

ulation. The tsunami propagating from the Algerian coast to Murcia Province has a lesser amplitude and the tsunami wave height is low (< 25 cm). The Boumerdes–Zemmouri tsunami did not cause any damage in the province of Murcia and the La Manga sandbar. Álvarez-Gómez et al. (2011) identified the hazardous sources and the areas where the impact of tsunamis is greater from numerical simulations. From a set of 22 seismic tsunamiogenic sources, the maximum wave elevation was estimated between 0.5 and 1 m along the south-eastern Spanish coast. All these historical events have been classified as a magnitude between 1 and 3 on the Tsunami Intensity Scale (where 6 is the maximum intensity; Maramai et al., 2014). Since these different historical events have a magnitude equal to or lower than the Boumerdes–Zemmouri tsunami (3 on the Tsunami Intensity Scale) and since this event did not affect significantly La Manga sandbar and the Province of Murcia, considering the available data, historical tsunami events do not seem to have been associated with the different sand layers in the Mar Menor in the last 500 years. From the Catálogo de Tsunamis en las Costas Españolas, no tsunamis are recorded along the south-eastern coast of Spain from −218 BC to AD 1756. No information on the existence of tsunami is recorded over longer periods of time. However, more than 100 boulders were identified along the coastal zone of Algeirs, and Maouche et al. (2009) suggested that the deposition of the biggest boulders could be attributed to tsunami events. The radiocarbon results highlight two groups of boulders dated to around AD 419 and 1700. Although no historical accounts report these events, tsunami events are extremely rare and mainly of a low magnitude and cannot be the origin of the different sand layers in the Mar Menor.

To determine which historical events may lead to sandy layers, we compared our high-resolution record of past extreme sea events from the core MM2 to the catalogue of historical storm and tsunami events in the area. The first coarse-grained event layer has been dated to 80 cal BP (i.e. 1880 AD ± 30 years). This sandy deposit could be associated with the storm of 1 November 1869, recorded in many city archives between Cartagena and Torrevieja and in the Mar Menor and considered the most catastrophic storm event in the Province of Murcia in the last 200 years. In the core MM2, no sand layers are consistent with the Algerian tsunamis dated to around 419 and 1700 AD (Fig. 8). There is evidence that this sand layer is compatible with large storm waves.

5.3 Storm activity in the context of past climatic changes

Based on our 14C age model, marine coarse-grained event layers occurred around 5250, 4000, 3600, 3010, 2300, 1350, 650, and 80 yr cal BP. Except for one period dated to 3600 years cal BP, the seven other periods of most frequent surge events in the Mar Menor seem to coincide with the coldest periods in Europe during the late Holocene, taking into ac-
count chronological uncertainty (Fig. 8; Bond et al., 2001). A spectral analysis was performed on the ca. 6.5 kyr time series of the sand percentage from the MM2 sequence. The results show four major frequencies with high spectral power densities and significant F test values at ca. $8 \times 10^{-4}$, $1.4 \times 10^{-3}$, $1.8 \times 10^{-3}$, and $3.1 \times 10^{-3}$ years$^{-1}$ (Fig. 9a). Considering the full width at half maximum (FWHM) of these peaks on the MTM spectrum, this yields respective periodicities of 1228 ± 327, 732 ± 80, 562 ± 58, and 319 ± 16 years for the MM2 sand percentage proxy. Multi-centennial to millennial timescale climate variabilities similar to these periodicities have been reported in the literature for the Holocene (Bond et al., 1997, 2001; Langdon et al., 2003; Debret et al., 2007, 2009; Wanner et al., 2011; Kravchinsky et al., 2013; Soon et al., 1997, 2001; Langdon et al., 2003; Debret et al., 2007, 2009; Wanner et al., 2011; Kravchinsky et al., 2013; Soon et al., 2014). Amongst the well-known proxies that have revealed a millennial-scale climate variability during the Holocene, the ice-rafted debris (IRD) indices in the North Atlantic developed by Bond et al. (1997, 2001) present a cyclicality of 1470 ± 500 years, which matches the 1228 ± 327-year periodicity evidenced in the Mar Menor, considering the respective uncertainties in the periodicities. When filtering the raw data of the Mar Menor sand percentage recorded with a Gaussian filter with a frequency of $8 \times 10^{-4}$ years$^{-1}$ (1228 years), six cycles appear with a noteworthy enhancement of the cyclic amplitude after 5500 cal yr BP (Fig. 9b).

The five ascending phases occurring on the 1228-year filtered curve at ca. 5715/5115, 4525/3945, 3365/2775, 2145/1215, and 575/−35 cal yr BP approximate the high storm activity periods evidenced in the French Mediterranean lagoon of Pierre-Blanche during the last 7000 years (Sabatier et al., 2012).

The origin of the stormy periods evidenced by the spectral analysis in the Mar Menor can be discussed in the light of previous works mentioning analogous climate variabilities during the Holocene. Bond et al. (1997, 2001) associated the 1470 ± 500-year IRD cycle with solar forcing, amplified by a change in North Atlantic Deep Water production. Langdon et al. (2003) found a sub-millennial climate oscillation in Scotland possibly related to the North Atlantic thermohaline circulation (THC). Moreover, Debret et al. (2007, 2009) showed a cyclicity of 1500 years since the mid-Holocene, probably linked to an internal forcing due to the THC.

Concerning the multi-centennial periodicities, Soon et al. (2014) used global proxies to evidence a 500-year fundamental solar mode and to identify intermediate derived cycles at 700 and 300 years, which could be rectified responses of the Atlantic THC to external solar modulation and pacing. Kravchinsky et al. (2013) also found a 500-year climate cycle in southern Siberia presumed to be derived from increased solar insolation and possibly amplified by other mechanisms. Some authors found a relationship between the ca. 700-year period and the monsoonal or ITCZ regimes in equatorial Africa (Russell et al., 2003; Russell and Johnson, 2005), southern Asian (Staubwasser et al., 2003), and the eastern Arabian Sea (Sarkar et al., 2000), while other authors suggested that the ca. 700–800-year period could be a subharmonic mode derived from the fundamental 1500-year cycle of the THC (Von Rad et al., 1999; Wang et al., 1999). Moreover, Rimbu et al. (2004) mentioned a 700-year variability in sea-surface temperature (SST) records in the tropical and North Atlantic. Hence, our results seem to indicate that the late Holocene multi-centennial variability of the cyclogenesis in the western Mediterranean was regulated by both external (solar) and internal (THC and ITCZ) forcings. Further investigations of additional sequences and high-resolution coastal imagery will be required to reliably determine the origin of these multi-centennial periods in the Mediterranean area.

6 Conclusion

This study provides a 6500-year high-resolution record of past overwash events using a multi-proxy approach of a sediment core from the Mar Menor in Spain in the western Mediterranean Sea. Eight sandy layers are preserved in the core and seem to be associated with periods of increased extreme sea events. The results indicate little likelihood of a tsunami origin for these coarse-grained layers, although historical tsunami events are recorded in this area. These surge events seem to coincide with climatic cold periods in Europe during the late Holocene, suggesting a control by a climatic mechanism for periods of increased storm activity. From the available data, we have identified seven periods of high storm activity at around 5250, 4000, 3600, 3010, 2300, 1350, 650, and 80 yr cal BP. Except for one period, dated to 3600 yr cal BP, the seven other periods of most frequent surge events in the Mar Menor seem to coincide with the coldest periods in Europe during the late Holocene, taking into account chronological uncertainty. Spectral analyses performed on the sand percentage revealed four major periodicities of 1228 ± 327, 732 ± 80, 562 ± 58, and 319 ± 16 years. The origin of the stormy periods evidenced by the spectral analysis in the Mar Menor can be discussed in the light of previous works mentioning analogous climate variabilities during the Holocene. Our results seem to indicate that the late Holocene multi-centennial variability of the cyclogenesis in western Mediterranean was steered by both external (solar) and internal (THC and ITCZ) forcings. However, further investigations, such as additional coring and high-resolution coastal imagery, are needed to better constrain the main cause of these multiple events.

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