| Section/Topic       | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|--------------------|---------|----------------------------------------------------------------------|------------------------------------|------------------------------|
| TITLE              |         |                                                                       |                                    |                              |
| Title              | 1       | Identify the report as a Narrative Review of …                       | Page 1, Line 1                     | Title page, paragraph 1      |
| ABSTRACT           |         |                                                                       |                                    |                              |
| Unstructured summary | 2      | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 2, lines 3-15                | Abstract, paragraph 1        |
| INTRODUCTION       |         |                                                                       |                                    |                              |
| Rationale/background | 3      | Describe the rationale for the review in the context of what is already known. | Page 3, lines 6-11                | Introduction, paragraph 1    |
| Objectives         | 4       | Specify the key question(s) identified for the review topic.         | Page 3, lines 12-16                | Introduction, paragraph 2    |
| METHODS            |         |                                                                       |                                    |                              |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Not included- as per of the submission checklist for authors, review articles are Not included- as per of the submission checklist for authors, review articles are |                              |
| DISCUSSION/SUMMARY |         |                                                                       |                                    |                              |
| Narrative          | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 14, lines 15-22              | Discussion, paragraph 1      |
| Summary            | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 15, lines 14-21              | Conclusions, paragraph 1     |