Early diagnosis of metastasis makes it possible to select the optimal treatment protocol and improve patient survival. Noninvasive and minimally invasive diagnostic techniques help to make a diagnosis with minimal damage to the body. The study was aimed to find biomarkers, being the hallmarks of the metastatic process initiation, and to develop a diagnostic model based on the plasma lipid profile using liquid chromatography-mass spectrometry. We studied blood plasma of 55 patients, 28 of them were diagnosed with the regional lymph node metastasis; the control group comprised 27 patients. The levels of lipids, belonging to the groups, such as oxidized lipids and sphingomyelins, in patients with metastases were significantly higher and significantly lower, respectively. The lipid panels were created by multivariate analysis, and the models based on these panels showed sensitivity and specificity of 79 and 74% (positive ion mode), and of 50 and 85% (negative ion mode) in leave-one-out cross-validation.

Keywords: lipids, regional metastasis, breast cancer, blood plasma, molecular markers

The spread of cancer cells throughout the body from the primary tumor occurs through the biofluids, such as blood and lymph [1]. Axillary lymph node dissection and sentinel lymph node biopsy make it possible to detect the onset of the regional lymph nodes metastasis with 100% accuracy. However, the risk of complications associated with the build-up of lymph in the tissues is high due to high invasiveness of the procedures [2, 3]. The noninvasive techniques for diagnosis of regional metastasis are as follows: ultrasound imaging, magnetic resonance imaging and positron emission tomography (MRI and PET). Ultrasound imaging is a standard technique used to search for the regional lymph node metastases, however, the method sensitivity and specificity depend on the equipment quality and the operator’s experience [4]. The use of MRI is limited by contraindications in people with kidney failure, allergy, and artificial cardiac pacemakers. PET has low sensitivity in assessment of axillary lymph node status [5].

Analysis of blood plasma is a minimally invasive method. The method may be used for diagnosis of Alzheimer’s disease [6], cervical cancer [7], lung cancer [8], and cystic fibrosis affecting liver and the lungs [9] based on the plasma molecular profile. Furthermore, the protein markers of metastasis in colorectal cancer [10] and oral cancer [11] have been found in blood plasma, along with the markers of regional metastasis,
Table 1. Relative intensities (arbitrary units) of lipids, showing significant differences in plasma in the presence or absence of metastases, in the positive ion mode.

| Lipids                          | Metastasis                  | No metastasis                | p   |
|--------------------------------|-----------------------------|------------------------------|-----|
| OxTG 16:0_16:0_18:3(0O)        | 6.86×10^4 (4.46×10^4; 8.94×10^4) | 5.00×10^4 (2.43×10^4; 6.39×10^4) | 0.04|
| OxTG 16:0_18:0_18:3(0H)        | 1.96×10^4 (4.77×10^3; 2.42×10^3) | 4.63×10^3 (3.27×10^3; 9.94×10^3) | 0.003|
| OxTG 18:1_18:1_18:2(0OH)       | 2.72×10^5 (1.70×10^4; 3.72×10^4) | 1.86×10^5 (1.27×10^4; 2.50×10^4) | 0.03|
| TG 14:0_16:0_18:1              | 2.43×10^5 (2.05×10^5; 2.84×10^5) | 1.85×10^5 (1.45×10^5; 2.57×10^5) | 0.04|

Table 2. Relative intensities (conventional units) of lipids, showing significant differences in plasma in the presence or absence of metastases, in the negative ion mode.

| Lipids                          | Metastasis                  | No metastasis                | p   |
|--------------------------------|-----------------------------|------------------------------|-----|
| OxPC 16:0_18:2(0O)             | 4.66×10^3 (3.35×10^3; 8.20×10^3) | 2.58×10^3 (1.42×10^3; 5.22×10^3) | 0.02|
| OxPC 16:0_22:5(0H)             | 1.15×10^5 (8.32×10^4; 1.39×10^4) | 7.93×10^4 (5.10×10^4; 1.10×10^4) | 0.04|
| OxPC 18:0_18:2(0OH)            | 1.99×10^5 (1.41×10^4; 3.81×10^4) | 1.08×10^5 (6.15×10^4; 2.02×10^4) | 0.008|
| OxPC 18:0_20:4(0O)             | 1.31×10^5 (8.47×10^4; 2.14×10^4) | 7.08×10^4 (5.21×10^4; 1.66×10^4) | 0.04|
| SM d22:0/20:3                  | 5.71×10^5 (5.17×10^5; 6.49×10^5) | 6.94×10^5 (5.28×10^5; 7.38×10^5) | 0.01|
| SM d22:0/20:4                  | 4.21×10^5 (3.56×10^5; 4.90×10^5) | 4.76×10^5 (4.08×10^5; 5.45×10^5) | 0.02|

The study was aimed to search for lipid markers of regional metastasis in blood plasma of patients with confirmed breast cancer by liquid chromatography-mass spectrometry, and to assess the possibility of creating the diagnostic panel.

METHODS

A total of 55 women diagnosed with breast cancer, who were treated in the Kulakov National Medical Research Center for Obstetrics, Gynecology and Perinatology (Russia), were enrolled. Inclusion criteria: submitted informed consent to surgery and enrollment in the study, age 18–80 years; diagnosis of breast cancer confirmed by cytological or histological findings. Exclusion criteria: neoadjuvant therapy and the presence of malignant neoplasms of other localization before the breast cancer diagnosis. The regional lymph node metastases were revealed in 28 women, and the control group comprised 27 women. Lipids were extracted from 40 μL of plasma by the Folch method [15]: 480 μL of CHCl₃ / MeOH (1 / 1) were added to 40 μL of plasma and 5 μL of the internal standard, and soaked in the ultrasonic bath for 10 min. Then the mixture was stirred for 10 s and centrifuged for 5 min at 15,000 G. The organic phase containing lipids was collected in the separate vial. The water phase was mixed with 250 μL of CHCl₃ / MeOH (1 / 1) and centrifuged for 5 min at 15,000 G. The lower organic phase was collected again and mixed with the previously collected sample. The lipid solution was dried in a stream of nitrogen and redissolved in 200 μL of IPA / ACN (1 / 1) for further analysis.

The extracted lipids were analyzed using the Dionex UltiMate 3000 liquid chromatography system (Thermo Scientific; Germany), coupled with the Maxis Impact qTOF mass spectrometer, equipped with the ESI ion source (Bruker Daltonics; Germany). The samples were separated by reversed phase chromatography using the Zorbax C18 column (150 × 2.1 mm, 5 μm; Agilent, USA) with linear gradient from 30 to 90% of eluent B (solution of acetonitrile / isopropanol / water in a ratio of 90 / 8 / 2 by volume with the addition of 0.1% formic acid) for 20 min. The solution of acetonitrile / water in a ratio of 60 / 40 by volume with the addition of 0.1% formic acid and 10 mmol/L ammonium formate) for 20 min. The solution of acetonitrile / water in a ratio of 90 / 8 / 2 by volume with the addition of 0.1% formic acid and 10 mmol/L ammonium formate was used as eluent A. The eluent flow rate was 40 μL/min, and the sample injection volume was 3 μL. Mass spectra were acquired in the positive and negative ion mode in the m/z range of 100–1700 using the following settings: capillary voltage 4.1 kV and 3.0 kV for the positive and negative ion mode; nebulizer gas pressure 0.7 bar; drying gas flow rate 6 L/min, drying gas temperature 200 oC.

Lipids were identified using the Lipid Match R script [16] based on the exact mass and the characteristic tandem mass spectra (MS / MS).

However, the biomarker panel has been specific for the cancer type (lobular or ductal) [12]. Lipids, being a part of the molecular profile, are involved in important metabolic pathways [13]. The plasma lipid profile, obtained by high performance liquid chromatography-mass spectrometry, has made it possible to build an effective classification model for breast cancer and benign breast lesions based on the selected markers [14], which, combined with the listed above examples, allows one to assume the presence of metastasis markers in blood plasma.

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METHODS

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Lipids were identified using the Lipid Match R script [16] based on the exact mass and the characteristic tandem mass spectra (MS / MS).

Fig. 1. Graphs of counts made for orthogonal projections to latent structures in the positive ion mode (A) and in the negative ion mode (B). The samples obtained from patients with regional metastases are marked with red dots, and the samples obtained from patients with no metastasis are marked with blue dots.
Table 3. Compounds used to build the logistic regression model, β coefficients (conventional units), confidence interval (CI) for β coefficients (conventional units), Wald test, likelihood that coefficient p differs from zero in the positive ion mode

| Lipids                      | β     | CI β             | Wald test | p       |
|-----------------------------|-------|-----------------|-----------|---------|
| Intercept term              | -3.98 | -15.96–6.27     | -0.74     | 0.46    |
| CE 20:4                     | 3.44×10⁻⁷ | 1.30×10⁻⁶–6.54×10⁻⁷ | 2.64     | 0.008   |
| LPC 18:2                    | 2.37×10⁻⁷ | 7.21×10⁻⁴–4.72×10⁻⁷ | 2.44     | 0.01    |
| OxTG 16:0_18:0_18:3(OH)    | 1.56×10⁻⁴ | 6.37×10⁻⁶–2.89×10⁻⁶ | 2.83     | 0.005   |
| PC 16:0_22:5                | 2.66×10⁻⁷ | 1.09×10⁻⁵–5.17×10⁻⁷ | 2.55     | 0.01    |
| SM d18:2/24:1               | -4.72×10⁻⁷ | -9.01×10⁻⁷–1.70×10⁻⁷ | -2.60    | 0.009   |
| SM d18:1/24:0               | -3.92×10⁻⁴ | -8.47×10⁻⁶–1.25×10⁻⁵ | -2.26    | 0.02    |
| SM d18:1/22:0               | 3.85×10⁻⁷ | 6.70×10⁻⁷–8.51×10⁻⁷ | 2.01     | 0.04    |

Table 4. Compounds used to build the logistic regression model, β coefficients (conventional units), confidence interval (CI) for β coefficients (conventional units), Wald test, likelihood that coefficient p differs from zero in the negative ion mode

| Lipids                      | β     | CI β             | Wald test | p       |
|-----------------------------|-------|-----------------|-----------|---------|
| Intercept term              | 3.71  | -1.28–9.09      | 1.43      | 0.15    |
| PC 16:0_22:5                | 4.89×10⁻⁷ | 1.37×10⁻⁵–9.45×10⁻⁷ | 2.40     | 0.02    |
| SM d22:0/20:3               | -1.05×10⁻⁶ | -1.98×10⁻⁵–2.52×10⁻⁵ | -2.42    | 0.02    |

Statistical processing of the results was performed using R scripts [17] in the Rstudio environment [18].

The search for compounds, showing significant differences in plasma levels in patients with metastases and patients with no metastases, was performed using the Mann–Whitney U-test for pairwise comparison of groups. Median (Me) and quartiles Q₁ and Q₃ were used to describe the quantitative data. The significance threshold was set at p = 0.05.

The diagnostic model based on logistic regression was built by calculating the projection of the variable using the orthogonal projection to latent structures solution [19] and selecting the compounds with the variable projection value exceeding 1.

The variables were selected from the selected variables using the step-by-step approach based on the Akaike information criterion (AIC) [20] until this led to the decrease in AIC. To build the final model, the variables, the coefficients of which were not significantly different from 0 (p > 0.05), were removed from the regression in a step-by-step manner. The quality of the resulting diagnostic model was tested by leave-one-out cross-validation. Area under the ROC curve, sensitivity and specificity were used for assessment.

RESULTS

During the study, we identified 183 lipid compounds in the positive ion mode and 161 compounds in the negative ion mode. Of those, four compounds showed significant differences in their levels in the positive ion mode (Table 1), and six compounds showed significant differences in the negative ion mode (Table 2). The levels of oxylipins (oxo-triglycerides in the positive ion mode and o xo-phosphotidylcholines in the negative ion mode) increased in case of metastasis. The levels of sphingomyelins, on the contrary, decreased in the presence of metastases.

Based on the constructed orthogonal projections to latent structures (Fig. 1), we selected 36 lipids in the positive ion mode and 29 lipids in the negative ion mode with the variable projection (VP) value exceeding 1.

We used seven compounds in the positive ion mode, which allowed us to build a model with the area under the ROC curve of 0.84 (Table 3; Fig. 2A), and two compounds in the negative ion mode, allowing us to build a model with the area under the ROC curve of 0.71 (Table 4; Fig. 2B). Sensitivity and specificity

![Fig. 2. ROC curve plotted during cross-validation of the diagnostic model in the positive ion mode (A) and negative ion mode (B).](image-url)
of the model in the positive ion mode were 79 and 74%, respectively, and these indicators of the model in the negative ion mode were 50 and 85%, respectively.

DISCUSSION

Most of the lipids, the levels of significantly increase in case of metastasis, are the oxidized lipids. The oxidized lipids are formed primarily in the apoptotic cells. Furthermore, the oxidized lipids are involved in inflammation [21]. These have been also isolated as the predictors of coronary heart disease in blood plasma [22]. The panels created comprise mostly sphingomyelins together with lyso- and phosphotidylcholines, containing long acyl chains. The association of fatty acid synthases and omega-6 polyunsaturated fatty acids with metastasis is known today [23, 24], and elevated levels of sphingomyelins and long acyl chains. The oxidized lipids are formed in mice’s plasma with advanced metastatic breast cancer [25]. However, in this study, the significantly decreased levels of sphingomyelins upon the onset of metastasis were observed in plasma. The varying changes in the sphingomyelin levels upon the onset of metastasis were revealed during the analysis of malignant tissue (decreased levels) and the nearby normal breast tissue (increased levels) [26]. Of the lipids, grouped together into the diagnostic panel, only two compounds show significant differences in their levels in the presence or absence of metastases. This is because the diagnostic panel has been created using multivariate analysis taking into account the associations between lipids. The use of this method for marker selection is justifiable in terms of applying the model to a multi-component space with non-orthogonal components, such as blood lipid profile. The use of univariate analysis methods makes it possible to assess the lipid profile changes with respect to the further investigation of metastatic process pathophysiology.

CONCLUSIONS

This study analyzed the lipid profile of patients with breast cancer using high-performance liquid chromatography-mass spectrometry. The lipids, showing significant differences in their levels, were the oxidized lipids and sphingomyelins. The lipids, included in the diagnostic panels, belonged mostly to the classes of sphingomyelins and phosphotidylcholines, and were characterized by increased unsaturation of acyl chains and the length of 20–24 carbon atoms. The diagnostic model obtained may be used for further research focused on developing the method for minimally invasive diagnosis of metastasis.

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