Lamina Cell Shape and Cell Wall Thickness Are Useful Indicators for Metal Tolerance—An Example in Bryophytes

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Abstract: Bryophytes are widely used to monitor air quality. Due to the lack of a cuticle, their cells can be compared to the roots of crop plants. This study aimed to test a hypothetical relation between metal tolerance and cell shape in biomonitoring mosses (Hypnum cupressiforme, Pleurozium schreberi, Pseudoscleropodium purum) and metal sensitive species (Physcomitrium patens, Plagiomnium affine). The tolerance experiments were conducted on leafy gametophytes exposed to solutions of ZnSO4, ZnCl2, and FeSO4 in graded concentrations of 1 M to 10−8 M. Plasmolysis in D-mannitol (0.8 M) was used as a viability measure. The selected species differed significantly in lamina cell shape, cell wall thickness, and metal tolerance. In those tested mosses, the lamina cell shape correlated significantly with the heavy metal tolerance, and we found differences for ZnSO4 and ZnCl2. Biomonitoring species with long and thin cells proved more tolerant than species with isodiametric cells. For the latter, “death zones” at intermediate metal concentrations were found upon exposure to ZnSO4. Species with a greater tolerance towards FeSO4 and ZnSO4 had thicker cell walls than less tolerant species. Hence, cell shape as a protoplast-to-wall ratio, in combination with cell wall thickness, could be a good marker for metal tolerance.

Keywords: bioindication; bryophytes; moss; zinc; iron; cell shape; particulate matter

1. Introduction

Bryophytes, especially mosses, are widely used for biomonitoring in different environmental studies [1–3]. Similar to primary roots in seed plants, most bryophytes do not possess a cuticle. Their leaflets consist of a monolayer of cells. Thus, bryophytes indiscriminately collect nutrients and other substances from atmospheric, mainly wet deposits. Therefore, they are perfectly suitable organisms to monitor the overall exposure at a given locality over a prolonged time span. Additionally, most bryophyte species are physiologically active over the winter and continue to adsorb deposited elements all year long.

A common method to analyze the air quality is to measure particulate matter (PM)-values [4]. PM may include solid particles and liquid droplets found in the air. PM2.5 are fine inhalable particles with a diameter of up to 2.5 μM, and PM10 includes inhalable particles with a diameter of 10 μM and lower. These particles may contain hundreds of different chemicals [5,6], some of which may seriously affect the human and animal respiratory system [6], resulting in a need for constant PM surveillance.

In Austria, iron and zinc hold the largest proportions of all heavy metals in the PM10 and PM2.5 range [4,7]. Therefore, the focus is on these two metals as they also play an important political and environmental role regarding air quality monitoring by the Austrian government to ensure policy compliances by the European Union. Furthermore,
mosses may exhibit differences in metal uptake behavior and tolerance with respect to the element [8,9]. However, biomonitoring usually considers widely distributed species within the geographic region of interest and neglects possible differences of the species in terms of tolerance levels to elements or compounds.

The over 12,000 moss species are representing a broad morphological diversity. Furthermore, each species manifests itself as protonema, leafy or thallous gametophore, or sporophyte [10]. Here, we focus on the leaflets (lamina, [11]) of the gametophyte since these represent most of the total surface. In spite of a multitude of different lamina shapes, most moss leaflets are composed of a single cell layer. The leaflets may consist of quadrate, rectangular, oblong, fusiform, rhomboidal, hexagonal, linear, flexuous, or vermicular shaped cells of extremely different size, sometimes supplemented by a costa (“midrib”), aberrant cells at the base of the leaf, or by lamellae, papillae and mammillae increasing the leaf surface [11,12]. Usually, lamina cells are classified as parenchymatic (roundish, rectangular, or hexagonal) or prosencymatic (elongated and interleaved; [13]). In this approach, we used a simplified determination of lamina cell form comparing roundish or hexagonal shapes with rectangular or elongated rectangular ones.

Although habitat or life forms have been frequently discussed as predictors of metal tolerance in mosses [8,14,15], we are not aware of studies considering moss morphology or anatomy as related to heavy metal pollutions. The focus is not on molecular differences in cell wall composition across kingdoms, as this has been thoroughly discussed by Sarkar et al. [16] or Fangel et al. [17]. Here, the hypothesis is tested that cell size and/or cell shape is related to tolerance of certain metals in selected moss species. Species commonly used in biomonitoring and species that are not considered as suitable were selected. Comparison of the metal tolerance, therefore, contributes to quality assurance in the field of biomonitoring of heavy metals.

2. Results

2.1. Lamina Cell Measurements

The five different moss species (Physcomitrium patens, Plagiomnium affine, Hypnum cupressiforme, Pleurozium schreberi, and Pseudoscleropodium purum) have distinct leaflets and differ significantly in the size and shape of lamina cells (Figure 1, Table 1). Lamina cells showed a roughly rectangular shape for P. patens and a hexagonal shape for P. affine. H. cupressiforme, P. schreberi, and P. purum had elongated rectangular or linear lamina cells. No significant difference in cell shape was found within the same species.

Table 1. Five moss species (Plagiomnium affine, Physcomitrium patens, Pseudoscleropodium purum, Hypnum cupressiforme, and Pleurozium schreberi) were compared by mean cell length (µm), cell width (µm), length to width ratio, shape, and mean cell area (µm²) of mid lamina cells (n = 40). SD = Standard deviation; µ = mean value; p = 0.0001 (Kruskal–Wallis test comparing all five species).

| Moss Species                  | µ Cell Length (SD) (µM) | µ Cell Width (SD) (µM) | µ Cell Length to Width Ratio | Shape of Mid Lamina Cells | µ Cell Area (SD) (µM²) | µ Cell Wall Thickness (SD) (µM) |
|------------------------------|------------------------|------------------------|------------------------------|---------------------------|------------------------|-------------------------------|
| Plagiomnium affine           | 51 (4)                 | 37 (3)                 | 1                            | hexagonal                 | 1402 (150)             | 0.65 (0.12)                   |
| Physcomitrium patens         | 63 (12)                | 31 (6)                 | 2                            | rectangular               | 1979 (569)             | 0.26 (0.05)                   |
| Pseudoscleropodium purum     | 65 (8)                 | 5 (1)                  | 12                           | rectangular, longish      | 354 (73)               | 0.46 (0.07)                   |
| Hypnum cupressiforme         | 72 (11)                | 3 (1)                  | 25                           | rectangular, longish      | 220 (53)               | 0.88 (0.17)                   |
| Pleurozium schreberi         | 94 (12)                | 8 (1)                  | 12                           | rectangular, longish      | 735 (140)             | 0.86 (0.18)                   |

P. schreberi had the greatest average cell length (94 µM) followed by H. cupressiforme with 72 µM. The latter had the smallest cell width (3 µM), the biggest ratio of cell length to cell width (25), and the smallest cell area with only 220 µM² (always respective mean values). The largest average cell width was measured in the moss P. affine (37 µM), but the largest cell area was found for P. patens (1979 µM²). With a value of 1, P. affine had the smallest ratio of cell length to cell width (Table 1).
Figure 1. Lamina and cell shapes of five selected bryophyte species (A) Physcomitrium patens, (B) Plagiomnium affine, (C) Hypnum cupressiforme, (D) Pleurozium schreberi, and (E) Pseudoscleropodium purum. Bar: 250 μM for leaflet (overview); 25 μM for the respective cell shape (middle panel); 10 μM for close up (right panel).
Cell wall thickness differed significantly between the five species (Dunn’s test: $p < 0.05$) except for H. cupressiforme and P. schreberi ($p = 0.354$). The thinnest cell walls were found in P. patens ($\mu = 0.26$ μM). Wall thickness increased from P. patens $<$ P. purum $<$ P. affine $<$ H. cupressiforme to P. schreberi with a mean thickness of almost 0.9 μM (Figure 2A). Thus, the biomonitor species P. schreberi and H. cupressiforme form thick cell walls compared to, e.g., P. patens. The tested species showed significant differences in the ratio of cell length to cell wall thickness (Figure 2B; Dunn’s test: $p < 0.05$) except for P. affine and H. cupressiforme ($p = 0.3418$) that both had a similar ratio of lengths to thick walls. This ratio increased from P. affine $<$ H. cupressiforme $<$ P. schreberi $<$ P. purum $<$ P. patens that had the short cells ($\mu = 63$ μM) and thinnest walls (Figure 2B). Also, the ratio of cell width to cell wall thickness was significantly different in all tested species (Figure 2C; Dunn’s test: $p < 0.05$) and increased from H. cupressiforme $<$ P. schreberi $<$ P. purum $<$ P. affine $<$ P. patens. The thin cells of H. cupressiforme ($\mu = 3$ μM) had a width to cell wall thickness ratio of four whereas P. patens with its wide cells ($\mu = 31$ μM) had a ratio more than 100 times higher of cell width to cell wall thickness (Figure 2C). The ratio of the cell area to cell wall thickness was similar to the ratio of the width to wall thickness with the same increasing order of species (Figure 2D). The ratio of the cell area to cell wall thickness was 30 times higher in P. patens as compared to H. cupressiforme.

Figure 2. Box plots comparing the five investigated moss species. (A) cell wall thickness, (B) lamina cell length to cell wall thickness, (C) lamina cell width to cell wall thickness, and (D) lamina cell area to cell wall thickness. Pa: Plagiomnium affine, Ppa: Physcomitrium patens, Ppu: Pseudoscleropodium purum, Hc: Hypnum cupressiforme, and Ps: Pleurozium schreberi.
2.2. Metal Tolerance

Metal tolerance was determined by viability tests using plasmolysis in 0.8 M mannitol (Figure 3). Living cells are able to undertake plasmolysis, whereas dead cells have lost semipermeable membrane function and therefore cannot plasmolyze [18]. The “no observed effective concentration” (NOEC) and “lowest observed effective concentration” (LOEC) for the three tested heavy metal solutions (ZnCl₂, ZnSO₄, and FeSO₄) were assessed to achieve a numeric variable of tolerance data (Table 2).

![Figure 3. Percentage of dead lamina cells (0%, 25%, 50%, and 100%) and respective dose-response-curves for five moss species (P. patens, P. affine, H. cupressiforme, P. schreberi, P. purum) in tenfold dilution series of (A) ZnCl₂, (B) ZnSO₄ and (C) FeSO₄. The arrows in B point to possible “death zones”; blue arrow: P. affine; red arrow: P. patens.](image)

| Species          | NOEC Median (ZnCl₂) | NOEC Median (ZnSO₄) | NOEC Median (FeSO₄) | LOEC Median (ZnCl₂) | LOEC Median (ZnSO₄) | LOEC Median (FeSO₄) |
|------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| P. patens        | 10⁻⁴                | 10⁻⁴                | 10⁻⁵                | 10⁻³                | 10⁻⁴                | 10⁻⁴                |
| P. affine        | 5.5 x 10⁻⁵          | 10⁻⁴                | 10⁻⁵                | 5.5 x 10⁻⁷          | 10⁻⁶                | 10⁻⁴                |
| H. cupressiforme | 10⁻⁵                | 5.5 x 10⁻⁶          | 10⁻⁵                | 10⁻⁴                | 10⁻⁴                | 10⁻⁴                |
| P. schreberi     | 10⁻⁵                | 10⁻⁵                | 10⁻²                | 10⁻⁴                | 10⁻¹                | 10⁻¹                |
| P. purum         | 5.5 x 10⁻³          | 5.5 x 10⁻⁶          | 10⁻²                | 10⁻¹                | 5.5 x 10⁻⁵          | 10⁻¹                |

For each effect concentration, the median of the tolerance experiments was calculated (n = 40–80 cells per species). Since P. affine showed a death zone, the NOEC was formed by an average of three concentrations (10⁻⁷ M, 10⁻⁶ M, 10⁻⁵ M).

For ZnCl₂, we observed a decreasing tolerance of moss species P. purum > P. patens > P. schreberi and H. cupressiforme > P. affine, whereby P. affine was the at least tolerant moss of the investigated species. H. cupressiforme and P. schreberi showed the same LOEC (10⁻⁴ M ZnCl₂). P. purum could tolerate the highest observed concentration of 10⁻² M.
ZnCl₂ (Figure 3A). Apart from H. cupressiforme and P. schreberi, the tested species differ significantly with regard to their tolerance to ZnCl₂ (p < 0.05).

The tolerance of moss species to ZnSO₄ dropped from H. cupressiforme > P. patens > P. schreberi > P. purum > P. affine (concentration range: 10⁻⁸–1 M) with H. cupressiforme showing the highest NOEC of 10⁻³ M (Figure 3B). There was a significant difference among all tested species to tolerate ZnSO₄ (p < 0.05). Interestingly, death zones emerged in the case of P. affine showing 100 % viable cells at a concentration of 10⁻⁵ M ZnSO₄ and only 50 % of viable cells at a lower concentration of 10⁻⁶ M ZnSO₄. Additionally, a death zone is likely in P. patens between a concentration of >10⁻¹ M ZnSO₄: at 1 M ZnSO₄, the tolerance tests showed only 50 % of dead cells, whereas, at a lower concentration (10⁻¹ to 10⁻² M ZnSO₄), 100 % of cells died (Figure 3B, arrow).

Thus, visible effects of ZnCl₂ (Figure 3A) could be observed at lower concentrations compared to ZnSO₄ in P. affine and H. cupressiforme (Figure 3B) but not in P. patens, P. schreberi, and P. purum. Apparently, some mosses are more sensitive to ZnCl₂ than to ZnSO₄. P. patens and P. schreberi had the same LOEC for ZnCl₂ and ZnSO₄ although the latter species with a slower transition and both tolerated a 10-fold higher concentration of ZnCl₂ and ZnSO₄ according to the percentage of viability. In contrast, P. purum survived a 10⁴ higher concentration of ZnCl₂ than ZnSO₄.

The overall tolerance to iron was greater than to zinc (Figure 3). In the concentration range of 10⁻⁸–1 M FeSO₄, the tolerance of the tested species decreased as: P. schreberi = P. patens > H. cupressiforme > P. patens > P. affine. The species used for biomonitoring (P. schreberi, P. purum and H. cupressiforme) had the same LOEC of 10⁻¹ FeSO₄, whereas P. patens and P. affine had a LOEC of 10⁻⁴ M FeSO₄. The transition from living to dead P. affine and H. cupressiforme cells was sudden when compared to the other species (Figure 3C).

2.3. Correlations between Cell Shape and Metal Tolerance

The NOEC and LOEC for the three tested heavy metal solutions (ZnCl₂, ZnSO₄, FeSO₄, respectively) were assessed to achieve a numeric variable of tolerance data (Table 2) and to correlate them to cell shape. The results are shown in Table 3.

| Parameter                     | ZnCl₂   | ZnSO₄   | FeSO₄   |
|-------------------------------|---------|---------|---------|
| Cell Length                   | 0.16 (0.023) | 0.27 (<0.001) | 0.60 (<0.001) |
| Cell Width                    | -0.34 (<0.001) | -0.24 (<0.001) | -0.85 (<0.001) |
| Ratio Length/Width            | 0.24 (<0.001) | 0.36 (<0.001) | 0.85 (<0.001) |
| Cell Wall Thickness           | -0.57 (<0.001) | 0.24 (0.001) | 0.50 (<0.001) |
| Ratio Length/Cell Wall Thickness | 0.68 (<0.001) | -0.06 (0.406) | -0.17 (0.017) |
| Ratio width/Cell Wall Thickness | 0.09 (0.202) | -0.25 (<0.001) | -0.85 (<0.001) |

A strong, negative correlation occurred between the cell width and the tolerance to FeSO₄ (ρ = -0.85, n = 200, p ≤ 0.001, Table 3), and also the correlation between the ratio of the cell width to the cell wall thickness was highly negative (ρ = -0.85, n = 200, p ≤ 0.001). A strong, positive correlation between the ratio of the cell length to the cell width was also highly significant (ρ = 0.85, n = 200, p ≤ 0.001). The same trend, albeit with less strong correlation, was found for both zinc treatments. These data show an increased metal tolerance in species with elongated cells and thick walls.

3. Discussion

Many bryologists are aware of tolerance differences among selected species, their physiological state, life form or even genotypes when comparing or interpreting the results obtained. However, the mechanisms of resistance/tolerance to pollution substances remain obscured. Moreover, with such a huge variation of species, in addition to environmental, physiological, and morphological factors used in biomonitoring studies blur the pattern of
pollutant tolerance. Therefore, we aimed to find a “simple” commodity like lamina cell shape that could be linked to metal tolerance.

In general, the monitoring of airborne heavy metal pollutants is a very difficult process [15]. Field receptor measurements are highly expensive, but they supply precise and reliable distribution-estimations about the airborne pollutants. However, they lack information on the effects of these pollutants on biological systems [19]. In this case, other methods were more appropriate, like the biomonitoring of heavy metal pollutants using bryophytes [1,2,15].

Different tolerance levels of the tested moss species to ZnCl₂ and ZnSO₄ were found but also to FeSO₄ (Figure 3). Interspecific differences in the sensitivity were also reported by Tyler [20] as tested by net photosynthesis. We also used alternative tools and found different tolerance levels according to bryophyte species, life forms, or metal applied [9,18,21–23].

The tolerance experiments conducted with the biomonitoring mosses and the cultured mosses represent the tolerance of the species without considering their own background concentration of trace metals. In monitoring surveys, this background concentration of heavy metals in the mosses is usually not determined. However, if a pre-disposition with metals exits in the field samples, the tolerance levels would be lower, which leads to more conservative pollution estimations. The collection sites of the biomonitoring species used here are in the Viennese forest, away from civilization. No particular metal contamination is assumed. Furthermore, it should be noted that mosses have a relatively high, intrinsic concentration of zinc (about 20 µg/g), which is not due to emissions [24]. The same can be assumed for the tested iron samples. In H. cupressiforme, the comparison of field samples and tissue culture probes did not result in significant tolerance differences (A. Khan, unpublished data).

Death zones as found in this study for P. patens and P. affine exposed to ZnSO₄ are known from the literature [25–28]. Biebl [25] reported death zones for certain bryophyte species, whereby a low and a high metal concentration resulted in little mortality, but intermediate metal concentrations were lethal. Biebl’s observations fit with the results of our study as a high (>1 M) concentration of ZnSO₄ caused rather little mortality of lamina cells of P. patens (Figure 3). However, further studies are necessary to show if lamina cells of P. patens are completely viable at concentrations above 1 M ZnSO₄. P. affine had a more distinct death zone at a lower concentration of 10⁻⁶ M ZnSO₄. Url [28] also observed death zones in Nardia scalaris (a liverwort) for copper and vanadium. The physiological reasons for the death zones are still unclear and would need further investigations.

Metals are positively charged and become first adsorbed to cation exchange sites at the cell wall [29,30]. Sequential elution studies also found most metal retention in the cell wall [31,32]. Hence, metals are deposited to the apoplast, where they have little impact on the living cytoplasm. In mosses with thick cell walls, the apoplast contributes more to the total surface of the leaf compared to mosses with thinner walls. The same is true for species with elongated cells, compared to species with cells of the same volume but more globular or cube-shaped cells. If the cell wall plays a major role in metal retention [21], moss species with such cells or thick walls are therefore more tolerant.

In the present study, cell wall thickness was determined by light microscopy, but even at the highest possible resolution, the edges of cell walls may appear blurry (see Figure 2). To lower this statistical variance and conceive reliable results, a high number of measurements was performed (n = 40–80). Certainly, the molecular composition of the cell wall is also relevant as it has become adapted during evolution and in conquering various ecological niches [16,17]. However, bryophyte species used in biomonitoring appear to have a higher percentage of cell wall within the lamina. This renders them more tolerant, and therefore, they can adsorb more metals. The application of these species in biomonitoring thus results in higher metal amounts measured because other species, mosses or vascular plants, have thinner cell walls with less adsorption capacity. However, for the estimation of toxic pollution levels, we prefer a conservative approach that rather
over-estimates the metal levels. This way, the present study confirms that the commonly used species are well suitable for biomonitoring.

4. Material and Methods

4.1. Plant Species

Five species of mosses were selected to study the lamina cell shape in combination with heavy metal tolerance. The chosen species are from five different families and four different orders. *Pleurozium schreberi* (Will. ex Brid.) Mitt. (Hylocomiaceae), *Hypnum cupressiforme* Hedw. (Hypnaceae), and *Pseudoscleropodium purum* (Hedw.) M. Fleisch. (Brachytheciaceae) are commonly used in environmental and biomonitoring studies and were collected in the forest near Vienna, Austria (14 March and 13 April, 2018). Additionally, we selected two species with very different cell shapes and sizes, *Physcomitrium (Physcomitrella) patens* (Hedw.) Bruch and Schimp. (Funariaceae) and *Plagiomnium affine* (Blandow ex Funck) T.J. Kop. (Mniaceae). They were cultured in a growth cabinet (Conviron) at 20 °C with a 14/10 h light/dark cycle. Sterile cultures of *P. patens* were propagated according to [33]. The widely used model species *P. patens* has a shorter life span than the bigger *P. affine*, and they also differ in life forms. None of the species shows a particular preference for metal contaminated sites, although *P. schreberi* has been found at the periphery of mine tailings [34,35]. Table 4 shows further details on the plant material and its cultivation.

| Species                          | Collection          | Culture Conditions         |
|----------------------------------|---------------------|---------------------------|
| *Plagiomnium affine* (Blandow ex Funck) T.J. Kop. (Mniaceae) | laboratory         | Non-sterile culture 20 °C, 14/10 h day/night |
| *Physcomitrium patens* (Hedw.) Bruch and Schimp. (Funariaceae) | laboratory         | sterile culture 20 °C, 14/10 h day/night   |
| *Pseudoscleropodium purum* (Hedw.) M. Fleisch (Brachytheciaceae) | 48.183470, 16.067139 | Natural habitat           |
| *Hypnum cupressiforme* Hedw. (Hypnaceae) | 48.183470, 16.044465 | Natural habitat           |
| *Pleurozium schreberi* (Will. ex Brid.) Mitt. (Hylocomiaceae) | 48.183470, 16.066399 | Natural habitat           |

4.2. Tolerance Tests

Two to three young but fully expanded leaflets of each moss species were placed in 96-well plates filled with serial dilutions (1 M to 10 nM) of ZnCl$_2$ (Carl Roth, Karlsruhe, Germany), ZnSO$_4$ (Merck), and FeSO$_4$ (Merck), respectively. After 48 h, cell viability was tested via plasmolysis [18]; Figure 4B). In brief, after metal exposure, the leaflets were transferred into 0.8 M mannitol (Carl Roth, Germany) solution for 20 to 30 min. Then, the samples were placed in a droplet of the 0.8 M mannitol on a microscope slide, covered with a coverslip, and imaged in the light microscope (see below). The high sugar concentration of the mannitol solution causes osmotic water loss from the cell, mainly the vacuole. The water efflux from the cell eventually leads to a detachment of the protoplast from the cell wall as the vacuole diminishes in size (plasmolysis; Figure 4B). This process works by intact, semi-permeable membranes only; damaged or dead cells, e.g. by high metal concentrations, do not plasmolyze. Hence, the plasmolytic viability tests allowed the determination of effect concentrations for the respective metal as well as the generation of dose-response curves. A minimum of 40 lamina cells were assessed per leaf. The leaflet was divided into four quarters; cells at the edges or midrib were not counted. In each quarter, the cells were analyzed individually using higher magnification, and the values summarized into 0%, 25%, 50%, or 100% dead cells, respectively, per quarter. Aiming to evaluate the significance of species differences in tolerance, the “no effect concentration” (NOEC) was analyzed in R Studio using Kruskal–Wallis rank sum test and Dunn’s test (see statistical analysis below).
For the interpretation of the tolerance data, “the lowest observed effect concentration” (LOEC) was also used.

Figure 4. (A) measurements of cell length and widths in rectangular cells using the “extended focus” function (Nikon NIS-ElementsBR) of the microscope; bar: 50 µM; and (B) hexagonal cell type of _P. affine_, plasmolyzed in 0.8 M mannitol for 20 min; the protoplasts are detached from the cell wall; bar: 25 µM. (C) schematic and formula for area calculation of hexagonal cells (changed after Hnilica and Kohout 2018).

4.3. Cell Measurements

Cell lengths were counted parallel to the longitudinal axis of the leaf, and cell width was defined as normally oriented to the longitudinal axis of the leaf (Figure 4). In all species, random measurements were done in fully developed leaves, i.e., leaf four and five from the top of the plantlets. Mid lamina cells are defined as those cells situated in the middle of the leaflets but not next to the margins and not next to the costa (“midrib”). This was done to reflect the cells that were covering the biggest leaf surface in each species and to avoid artifacts of different cell types present in some leaves. For cell wall measurements, at least two typical midleaf cells per lamina were randomly chosen, and at least 40 measurements per cell were performed towards all cell neighbors to reduce possible variabilities of wall thickness.

4.4. Microscopy

An upright light microscope (Nikon Eclipse Ni-U) was used in bright field and interference contrast mode. The instrument was equipped with the objectives Plan Fluor 4× (NA 0.13), Plan Apo 10× (NA 0.45), Plan Apo 20× (NA 0.75), Plan Fluor 40× (NA 0.75), Plan Fluor 60× oil immersion (NA 0.50–1.25), Plan Fluor 100× oil immersion (NA 1.30) and an attached camera (Nikon DS-Ri2). For picture processing, the software NIS-Element BR (Nikon), including an “extended focus” tool, was used. The calibrated measurements were directly exported to Excel (Microsoft Office 365).

The cell areas of _P. patens_, _H. cupressiforme_, _P. schreberi_, and _P. purum_ were calculated using the formula of a rectangle. For _P. affine_, we used the area of a hexagon [36] as it fitted best to the cell shape of this species (Figure 4C).

4.5. Statistical Analysis

Statistical analyses were conducted in STATA, version 14.2 (StataCorp LLC, College Station, TX, USA), and documented by archival of files containing all commands. Cell size was characterized by arithmetic mean (µ), standard deviation (SD), and sample size (n). Since samples differed significantly from a normal distribution, differences between the species were tested for significance by using the Kruskal–Wallis test with the post hoc Dunn’s test for pairwise comparison. Possible correlations between cell size and metal resistance were characterized by Spearman’s Rho (ρ). ρ > 0.8 was regarded as a strong, ρ > 0.5 as a moderate, and ρ > 0.2 as a weak correlation. p < 0.05 was regarded as significant.
throughout the study. Insignificant correlations were considered as meaningless, regardless of ρ. Figures were generated in R Studio, version 1.1.456 (RStudio, Boston, MA, USA).

5. Conclusions

In bryophytes, metal tolerance is species-specific, but the reasons for the different tolerance levels are not clear. Our data confirm a hypothetic relation of lamina cell shape and metal tolerance in the tested mosses. Those species with long and thin lamina cells cope better with high levels of metal than species with isodiametric cells. In the tested species, this correlation is particularly strong for iron, but a similar trend is shown for zinc. Apart from the cell shape, the thickness of the cell wall plays an important role in metal tolerance, most likely due to its adsorption capacity for positively charged ions. Although more bryophyte species should be tested in the future, plant cell anatomy, as in the case of lamina cells described here, is a helpful tool to indicate the metal tolerance of a moss.

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