Water management, rice varieties and mycorrhizal inoculation influence arsenic concentration and speciation in rice grains

Xin Zhang1 · Songlin Wu1 · Baihui Ren1 · Baodong Chen1

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Abstract A pot experiment was carried out to investigate the effects of water management and mycorrhizal inoculation on arsenic (As) uptake by two rice varieties, the As-resistant BRRI dhan 47 (B47) and As-sensitive BRRI dhan 29 (B29). Grain As concentration of B47 plants was significantly lower than that of B29, and grain As concentration of B47 was higher under flooding conditions than that under aerobic conditions. In general, mycorrhizal inoculation (Rhizophagus irregularis) had no significant effect on grain As concentrations, but decreased the proportion of inorganic arsenic (iAs) in grains of B47. The proportion of dimethylarsinic acid (DMA) in the total grain As was dramatically higher under flooding conditions. Results demonstrate that rice variety selection and appropriate water management along with mycorrhizal inoculation could be practical countermeasures to As accumulation and toxicity in rice grains, thus reducing health risks of As exposure in rice diets.

Keywords Rice · Arsenic · Arbuscular mycorrhizal fungi · Anaerobic/aerobic cultivation · Metal tolerance

Abbreviations AMF Arbuscular mycorrhizal fungi
As Arsenic
As(III) Arsenite
As(V) Arsenate
B29 BRRI dhan 29
B47 BRRI dhan 47
DMA Dimethylarsinic acid
HPLC-ICP-MS High performance liquid chromatography-inductively coupled plasma-massspectrometry
iAs Inorganic arsenic
ICP-OES Inductively coupled plasma-optical emission spectrometer
ICP-MS Inductively coupled plasma-mass spectroscopy
MMA Monomethylarsonic acid
R. irregularis Rhizophagus irregularis
TFA Trifluoroacetic acid

Introduction

Rice (Oryza sativa L.) is the staple food for 3 billion people worldwide (Stone 2008). However, elevated concentrations of arsenic (As), a non-threshold class 1 human carcinogen, in rice grains have aroused health concern (Meharg 2004; Zhu et al. 2008b). Irrigation with As-contaminated groundwater and mining activities around rice cultivation areas has aggravated As accumulation in paddy soils (Liao et al. 2005; Williams et al. 2009). As rice is traditionally cultivated in flooded paddy soil and particularly efficient in As uptake compared with other cereal crops (Williams et al. 2007), it is highly risky to grow rice in As-impacted paddy soils, and there is an urgent need to control As accumulation in rice grains by appropriate agronomical practices.

Both inorganic As (iAs, arsenate, and arsenite) and organic As (monomethylarsonic acid (MMA) and dimethylarsinic
acid (DMA)) are present in rice vegetative tissues and grains (Williams et al. 2005; Zhu et al. 2008a). The As speciation and their concentrations in rice are determined by many factors, such as rice variety, the uptake capacity of roots, and soil water conditions (aerobic or anaerobic) (Zheng et al. 2011). Genotypic variation in As accumulation and speciation in rice grains has been reported (Norton et al. 2009; Wu et al. 2011). Norton et al. (2009) found dramatic variations in grain As concentration among 76 rice cultivars grown in two paddy fields in Bangladesh. Wu et al. (2011) also noted that 20 rice cultivars varied in the percentage of iAs from 19 to 95 % and in the percentage of DMA from 2 to 81 % in a pot experiment. Speciation of As in rice grains is dominated by iAs and DMA (Meharg et al. 2009), iAs posing a greater risk to human health than DMA (Norton et al. 2009). Zavala et al. (2008) have categorized rice into DMA and inorganic As types according to the dominant As species in the rice grain, where the DMA rice type posed lower health risk than the inorganic As rice type. Syu et al. (2015) found that DMA concentrations increased with total As concentrations in grains of the DMA rice type, whereas the arsenite levels remained in a small range from 0.1 to 0.3 mg kg

−1. Therefore, health risks may not increase through consumption of rice even when total As content in the grains increases. However, Sinha and Bhattacharyya (2015) reported that intake of Indian rice belonging to the inorganic As rice type could pose great risk to human health; urinary As concentrations of local people were found to positively correlate with those having arsenicosis skin lesions. Therefore, to select rice varieties with lower grain As concentrations and a higher proportion of DMA would be a promising way to mitigate health risks associated with rice diets.

Besides rice variety, the physiological traits of rice root systems are another factor that influences As uptake from soil. Arbuscular mycorrhizal fungi (AMF) are ubiquitous symbionts for the majority of higher plants in the terrestrial ecosystems (Smith and Read 2008). It has been well documented that AMF may play an important role in protecting host plants against As contamination (Chen et al. 2007; Liu et al. 2005). AMF essentially improve plant phosphorus (P) nutrition and growth, which could result in a higher P/As ratio and a dilution effect on As in mycorrhizal plants (Ultra et al. 2007; Xia et al. 2007; Dong et al. 2008; Caporale et al. 2014; Spagnoletti and Lavado 2015). Smith et al. (2010), Christophersen et al. (2012), and He and Lilleskov (2014) compared the root and mycorrhizal Pi/arsenate (As(V)) uptake pathways and confirmed the important role of AMF in plant resistance to As contamination. Moreover, As-tolerant fungi may provide additional benefits to host plants over non-tolerant fungi (Orlowska et al. 2012). As-tolerant mycorrhizal fungi have also been reported to enhance arsenite (As(III)) exudation and reduce As(V) uptake in an As-contaminated environment and thus confer enhanced As tolerance on host plants (Gonzalez-Chavez et al. 2002). The capacity of AMF to enhance As tolerance of rice plants in paddy soil has also been addressed recently (Li et al. 2011, 2013). Li et al. (2011) reported that lowland rice inoculated with Rhizophagus irregularis and upland rice inoculated with Glomus geosporum exhibited higher grain yield, higher grain P content, and higher molar ratio of grain P/As. Moreover, R. irregularis led to elevated As(III)/As(V) ratios in roots (Li et al. 2013). Furthermore, Chan et al. (2015) reported reduced As(III) and As(V) uptake by paddy rice Zhonghan 221 in mycorrhizal plants compared to non-mycorrhizal controls. Although mycorrhiza-mediated As accumulation and speciation have been reported in rice tissues, the potential influence of AMF on As speciation in rice grains has so far not been investigated. Since rice is a daily diet for 3 billion people worldwide (Stone 2008), it is more important to investigate As concentration and speciation in rice grains than in rice vegetative tissues.

Water management also has remarkable influences on As speciation and accumulation in rice. Flooding conditions in paddy soil lead to mobilization of As(III) into the soil solution and therefore an increase in As uptake. While DMA has been found to account for the majority of the total As in rice grain in flooded paddy soil (Xu et al. 2008), aerobic cultivation of rice may reduce As accumulation and largely save water, which is strongly recommended for rice production (Li et al. 2011).

In the present study, two rice varieties were selected with different As tolerance, the As-resistant BRRI dhan 47 (Rahman et al. 2012) and As-sensitive BRRI dhan 29 (Talukder et al. 2012), to investigate the effects of water management and AMF inoculation on As accumulation in rice grains. The main objectives of the study were to (1) investigate the interactive influences of water management and AMF inoculation on grain As concentration and speciation in the two rice varieties and (2) identify the best combination of rice variety, water management, and AMF inoculation to produce rice grain with lower As content and a higher proportion of organic As.

Materials and methods

Host plants and arbuscular mycorrhizal fungi

Seeds of BRRI dhan47 (B47) and BRRI dhan29 (B29) were obtained from the Bangladesh Rice Research Institute (BRRI). They were surface-sterilized in a 10 % (v/v) solution of hydrogen peroxide for 10 min then immersed in deionized water for 10 h and pre-germinated on moist filter paper for about 48 h at 27 °C until appearance of radicles. The germinated seeds were selected for uniformity before sowing. The AMF R. irregularis Blaszk., Wubet, Renker, and Buscot (recently renamed from Glomus intraradices Schenck & Smith...
and Jakobsen (1993). The soil had a pH value of 7.9 (1:2.5 soil to water), 5.25% organic matter, 13.0 mg kg$^{-1}$ extractable P (extracted by 0.5 mol L$^{-1}$ NaHCO$_3$ following the methods described by Olsen et al. (1954)), and 4.54 mg kg$^{-1}$ extractable As (extracted by 0.5 mol L$^{-1}$ NaHCO$_3$). The soil contained 93.53 mg As kg$^{-1}$, 14.03 mg Cu g$^{-1}$, 566.18 mg Mg kg$^{-1}$, 358.22 mg Mn kg$^{-1}$, and 103.18 mg Zn kg$^{-1}$ in total metal contents that were measured by inductively coupled plasma-optical emission spectroscopy (ICP-OES, Prodigy, Teledyne Leeman Labs) following HNO$_3$-HF digestion.

Cultivation media

The experimental soil was collected from paddy fields in the suburb of Beijing (N40° 06' 46", E116° 11' 48"), Northern China. The soil was passed through a 2-mm sieve, sterilized by irradiation (20 kGy, 10 MeV electron beam), and amended with basal nutrients without P as recommended by Pearson by Schüßler and Walker 2010), isolate BGC AH01, was provided by the Institute of Plant Nutrition and Resources, Beijing Academy of Agriculture and Forestry. The fungal inoculum was a mixture of spores, mycelium, sandy soil, and root fragments containing approximately 1000 spores per 100 g.

Experimental procedure

To establish mycorrhiza between rice plants and R. irregularis, 60 g of the fungal inoculum was mixed into 2 kg sand then filled into round plastic pots (Ø180 cm × 160 cm), and six pre-germinated seeds of each rice variety were sown into each pot. Non-mycorrhizal (NM) treatments received an equivalent amount of autoclaved inoculum together with a filtrate of the fungal inoculum to provide a similar microflora except for the mycorrhizal fungus. After addition of the microbial filtrate, the soil was left for 2 weeks to allow establishment of soil microbial communities. Seedlings were thinned to two per pot after emergence and fertilized with half-strength Kimura nutrient solution (Li et al. 2009a) once per week. Eight weeks later, when the plant roots were well colonized, seedlings were transplanted into another pot with the same size but contained 2 kg 1:1 (w/v) mixture of paddy soil and sand amended with 10 mg/kg As(V). Two weeks later, half of the pots were irrigated with distilled water to maintain a water layer above the soil surface and flooding conditions were maintained throughout the growth period. For the other half of the pots, soil moisture content was maintained at 55% water holding capacity by regular weighing to serve as aerobic cultivation of rice plants. As a result, there were two mycorrhizal (AMF and NM) and two water managements (aerobic and flooding) on two rice varieties (B47 and B29), resulting in a total of 8 treatments. Each treatment had four replicates giving a total of 32 pots in a randomized block design. The experiment was conducted in a controlled environment growth chamber with 16 h/25 °C day and 8 h/18 °C night at a light intensity of 700 μmol m$^{-2}$s$^{-1}$ provided by supplementary illumination.

Harvest and chemical analysis

Rice plants were grown for 9 months until maturity. Plant shoots and roots were harvested separately. Root samples were first carefully washed with tap water to remove adhering soil particles and rinsed in ice-cold phosphate solution containing 1.0 mM K$_2$HPO$_4$, 5.0 mM MES, and 0.5 mM Ca(NO$_3$)$_2$ for 10 min to remove As in the apoplast of the roots (Abedin et al. 2002). Roots and shoots were then thoroughly washed with de-ionized water, blotted dry, and weighed. Sub-samples of fresh roots were collected for the determination of AMF colonization rate. Remaining samples were frozen in liquid nitrogen, and dry weights were recorded after freeze-drying for 72 h.

Sub-samples of fresh roots were cleared in 10% KOH and stained with Trypan blue by a modification procedure of Phillips and Hayman (Phillips and Hayman 1970), omitting phenol from solutions and HCl from the rinse. Percentage root colonization was determined by the grid-intersect method (Giovanetti and Mosse 1980).

Approximately 0.2 g freeze-dried samples were weighed and digested by 10 ml HNO$_3$ using a microwave accelerated reaction system (Mars 5, CEM Co., Ltd, USA). The dissolved samples were analyzed for P by ICP-OES (Prodigy, Teledyne Leeman Labs) and for As by ICP-mass spectroscopy (ICP-MS, Agilent7500, Agilent Technology, USA).

For As analyses, freeze-dried root and flag leaf samples were extracted with 10 ml of 1% nitric acid in the microwave accelerated reaction system. Grain was ground into fine powder, and aliquots of grain samples (0.5 g) were extracted with 2 mL 2 M trifluoroacetic acid (TFA) according to Williams et al. (2005). The certified reference material GBW 10010 Chinese rice flour was used to validate the analytical procedure. Spikes of both As(III) and As(V) (0.5 ml of 1000 μg As ml$^{-1}$) and blanks were run with each extraction batch. The extracted solutions were filtered and passed through a 0.45-μm nylon filter. Samples were kept on ice in the dark and analyzed soon after extraction in order to minimize potential transformation of As species. Analysis of As species in freeze-dried shoots and roots was determined by high performance liquid chromatography-ICP-MS (HPLC-ICP-MS, Agilent 7500, Agilent Technology, USA). Chromatographic columns consisted of a Hamilton precolumn (11.2 mm, 12–20 mm) and a Hamilton PRP-X100 10-μm anion exchange column (240 × 4.1 mm). The mobile phase consisted of 10 mM NH$_4$H$_2$PO$_4$ and NH$_4$NO$_3$, adjusted to pH 6.2 using ammonia. Arsenic speciation in the extracts was verified by the coincidence of retention times with those of the standards including As(III), As(V), DMA, and MMA and quantified by external calibration curves with peak areas.
Data analysis

Data were subjected to three-way ANOVA to compare rice varieties, water management, and mycorrhizal status using windows-based SPSS 16.0 statistical package (SPSS Inc., USA). Based on ANOVA output, the differences between means were examined using Duncan’s multiple range Test at 0.05 probability level. When there were no significant interactions between factors, data were subjected to a t test to identify significant differences between treatments.

Results

Mycorrhizal colonization

No root colonization was detected in uninoculated rice plants, while roots of *R. irregularis*-inoculated plants were extensively colonized under both aerobic and flooding conditions, with mean colonization levels ranging from 24 to 73 % (Table 1). In general, root colonization levels of both rice varieties under aerobic conditions were significantly higher than those under flooding conditions (*P*<0.05), and root colonization of B47 was significantly higher than that of B29 (*P*<0.05).

| Inoculation treatment | Plant variety | Water management | Root colonization (%) |
|-----------------------|---------------|------------------|-----------------------|
| Non-inoculated        | B47           | Aerobic          | 0a                    |
|                       |               | Flooded          | 0a                    |
|                       | B29           | Aerobic          | 0x                    |
|                       |               | Flooded          | 0x                    |
| Inoculated            | B47           | Aerobic          | 73b                   |
|                       |               | Flooded          | 47c                   |
|                       | B29           | Aerobic          | 63y                   |
|                       |               | Flooded          | 24z                   |

Table 1 Mycorrhizal colonization levels of two rice varieties (BRRI dhan 47 and BRRI dhan 29) inoculated with *Rhizophagus irregularis* or non-inoculated, under aerobic or flooded conditions

Phosphorus concentration

The interaction between mycorrhizal inoculation and plant varieties had a significant effect on rice grain P concentration (*P*<0.05, Fig. 2). Under flooding conditions, grain P concentration of B47 was significantly higher (*P*<0.05) than that of B29, irrespective of the inoculation treatment, while *R. irregularis* significantly increased the grain P concentration of B47 under aerobic conditions. In contrast, there were no significant differences in the straw and root P concentrations between treatments.

Data presented are means of four replicates. Different lower case letters (a, b, c or x, y, z) following the means indicate significant differences (*P*<0.05) between water and inoculation treatments of each rice cultivar by Duncan’s multiple range test.

NS not significant

*P*<0.001; **P*<0.01 (by ANOVA)
Arsenic concentration

The grain As concentration of B47 was significantly lower than that of B29 ($P<0.05$). Aerobic water management decreased the grain As concentration of B47, whereas *Rhizophagus irregularis* inoculation showed no significant effect on the grain As concentration of either rice variety (Fig. 3). Similarly, the straw As concentration of B47 was also lower than that of B29 ($P<0.05$). Aerobic water management decreased straw As concentration in mycorrhizal B47, while *R. irregularis* inoculation decreased the straw As concentration of B29 under aerobic conditions. Aerobic water management significantly decreased the root As concentration of B47, and *R. irregularis* inoculation had no significant effect on the root As concentrations except for significantly increasing root As concentration of B29 under flooding conditions ($P<0.05$).

Arsenic speciation

No DMA was detected in the roots of either rice variety, irrespective of the experimental treatments (Fig. 4). As(III) accounted for 9.3% of the root As uptake in the uninoculated B29 and 47.9% in the uninoculated B47 under flooded conditions.

In flag leaves, the percentage of As(III) in the total As uptake of flag leaf was significantly higher than that in the root ranging from 72.6 to 95.1%. Furthermore, DMA was detected in flag leaves except for uninoculated B47 and *R. irregularis*-inoculated B29 plants under aerobic conditions, although DMA only accounted for a minor proportion of the total As uptake. Under flooded conditions, the DMA fraction in the flag leaf was significantly higher than that under aerobic conditions ($P<0.05$), and *R. irregularis*-inoculated B47 plants under flooded conditions produced the highest amount of DMA among all the treatments ($P<0.05$).

No As(V) was detected in the grains of either rice variety. As(III) and DMA were the only As species in the rice grains, except that only As(III) was detected in the grains of uninoculated B47 plants under aerobic conditions. Under flooded conditions, the proportion of DMA in rice grains was significantly higher compared with that under aerobic conditions ($P<0.05$), irrespective of inoculation treatments. Under aerobic conditions, DMA only accounted for 0–5.96% of total As in rice grain (Fig. 5). In contrast, a high percentage of DMA (31.4–61.7%) was observed for both rice varieties under flooded conditions. Mycorrhizal B47 plants contained proportionally more DMA in the grain than did the corresponding uninoculated plants ($P<0.05$), whereas there was no significant difference in the percentage of DMA between grains of *R. irregularis*-inoculated and uninoculated B29 plants. The
The present study shows that As concentration and speciation in rice grains can be markedly influenced by the variety, water management, and mycorrhizal status of the rice plants. In general, the grain As concentration of the B47 variety is significantly lower than that of B29. The B47 rice variety is regarded as As-resistant compared to other non-resistant varieties (Rahman et al. 2012), while Talukder et al. (2012) pointed out that the B29 variety is more sensitive to As and easily takes up more As than do other rice varieties, which is in accordance with the present observations. Under flooding conditions, As concentrations in roots, straw, and grains of B47 rice was much higher than those under aerobic conditions. Flooding leads to a rapid and marked mobilization of As into the soil solution and thus enhanced As uptake by plants. In contrast, growing B47 plants aerobically dramatically decreased As accumulation in the grains. Several studies have shown that As transfer from soil to grain could be reduced when rice is grown under aerobic conditions (Arao et al. 2009; Xu et al. 2008). Therefore, aerobic cultivation of B47 offers obvious advantages in term of product safety and water saving.

Under the present experimental conditions, mycorrhiza showed no significant effect on the As concentration in rice grains, irrespective of the rice variety. Li et al. (2013) reported that different rice cultivar/AMF combinations could have very different effects on grain As concentrations. These authors found that the variety Guangyinzhan inoculated with R. irregularis and the variety Handao 502 inoculated with G. geosporum exhibited stronger As tolerance, whereas Guangyinzhan inoculated with G. geosporum and Handao 502 inoculated with R. irregularis led to higher grain As concentrations. Thus, there is obvious functional diversity in the mycorrhizal symbiosis in terms of As uptake and tolerance.

Apart from decreasing the As concentration of grains, another effective way to reduce the human risks of As exposure in the rice diet is to increase the proportion of DMA in the total As in rice grains, considering that the toxicity of DMA is much lower than that of iAs (Cullen and Reimer 1989). A key finding from this study was that, for mycorrhizal B47 plants cultivated under flooded conditions, the major As species in grains was DMA, accounting for 61.7 % of the total As. However, market-based surveys have shown that rice grain of R. irregularis-inoculated B47 under flooded conditions contained 0.12 mg/kg DMA (61.7 % in total As uptake), which was the highest level recorded among all the treatments (P<0.05).

Discussion

The present study shows that As concentration and speciation in rice grains can be markedly influenced by the variety, water
produced in Bangladesh and China contains only small percentages of DMA (~20%) (Williams et al. 2005; Zhu et al. 2008a) whereas the percentage of DMA in B47 grains, as influenced by *R. irregularis* inoculation and water management, could be threefold higher than that in the market survey. In the case of uninoculated B47 plants under flooding condition, the percentage of DMA in the grain decreased to 35.7%, followed by mycorrhizal B47 plants under aerobic conditions (5.11%). Furthermore, no DMA was detected in grains under aerobic condition and without AMF colonization.

Consequently, for this Bangladesh rice variety, flooded water management and mycorrhizal inoculation could essentially increase DMA proportion in the rice grain. A comparable effect of water management on the proportion of DMA in grains was also found for the B29 variety. Similar results have been reported by Xu et al. (2008) and Li et al. (2009b). The major reason could be that more As(III) is mobilized into the soil solution under anaerobic conditions, resulting in increased substrate availability for methylation (Zhao et al. 2013). It should be noted that although the proportion of DMA in the grains of *R. irregularis*-inoculated B47 plants under flooding conditions was relatively high (61.7%), the total grain As concentration was also much higher than that under aerobic conditions. Thus, flooding cultivation of mycorrhizal B47 rice is not a safe practice to mitigate As accumulation in the grains. In contrast, the grain As concentration of aerobically cultivated B47 plants was much lower than that under flooding conditions, and the proportion of DMA in grains of aerobic B47 increased to 5.11% when inoculated with *R. irregularis* compared to non-inoculated controls. Therefore, aerobic cultivation of the B47 rice variety inoculated with *R. irregularis* showed overall advantages in safety guarantee of rice production in terms of lower concentration of iAs in grains.

Formation of the mycorrhizal symbiosis in B47 plants increased the potential of methylating iAs into DMA, as inoculated plants contained proportionally more DMA than did the corresponding uninoculated plants, irrespective of water management. Zhang et al. (2015) investigated the As speciation in a wild-type and a non-mycorrhizal mutant (TR25:3-1) of *Medicago truncatula* grown in As-contaminated soil and also found that DMA was only detected in shoots of mycorrhizal plants. It has been shown recently that methylated As speciation, such as into DMA, in rice is derived from microbial methylation in the medium and not by the plant itself (Lomax et al. 2012). Methylation of As has been well demonstrated in a wide range of bacteria, fungi, and algae (Fitz and Wenzel 2002). Thus, in the present study, the DMA detected in the rice
grains could have been produced by microorganisms in the growth medium and absorbed by the rice roots then quickly transported to the aboveground plant parts. Although the growth medium used in the present study was sterilized, mycorrhiza formation could have stimulated associated microorganisms (Smith and Read 2008), and the experiment was carried out in open air where other microbes could potentially be reintroduced. The abundance or activities of anaerobic microorganisms for As methylation in soil are likely to be stimulated especially under flooding conditions (Somenahally et al. 2011a, 2011b; Zhao et al. 2013), which could have contributed to the dramatically higher proportion of DMA in the grain under flooding conditions compared with that under aerobic conditions.

While *R. irregularis* inoculation potentially contributed to iAs methylation into DMA in the grain of B47 rice, the AMF did not seem to be involved in As methylation for the B29 variety. The possible reason for this difference could be the different AMF-plant combinations that may have different capabilities in nutrient uptake, carbon transfer, and tolerance to heavy metals (Burleigh et al. 2002; Smith et al. 2004). In the present study, the mycorrhizal colonization level of B47 plants might be superior in enhancing nutrient uptake, improving As tolerance, and thus indirectly resulting in enhanced methylation ability. Therefore, association with the AMF may contribute to the methylation of iAs into less toxic DMA, but such a process is affected by the host plant and environmental factors like water management. Further research is still necessary to provide direct evidence for the involvement of AMF in As methylation.

In the present study, the proportion of DMA in rice flag leaves followed similar trends as that in grains. *R. irregularis*-inoculated B47 plants under flooded conditions contained the highest proportion of DMA in the flag leaf. It is possible that DMA could be efficiently translocated from flag leaves to rice grains (Carey et al. 2011), resulting in a similar distribution pattern of DMA in these two plant parts. Moreover, DMA was not detected in the rice roots, while the proportion of DMA in
Apart from As speciation and concentration in rice grains, another important characteristic of rice varieties deserving attention is the grain yield. As mentioned above, As concentration in the grain of the B47 variety is significantly lower than that of B29, whereas grain yield showed no significant difference between these two rice varieties. Moreover, the grain weight of B47 was not affected by *R. irregularis* inoculation, and water management also had no influence on the grain weight of mycorrhizal B47. Thus, the rice genotype B47, which has relatively low grain As and iAs concentrations and shows no reduction in grain yield when inoculated by *R. irregularis*, is potentially an ideal candidate to be widely cultivated in As-impacted soils.

### Conclusion

In conclusion, rice variety, water management, and mycorrhizal status all have profound effects on As accumulation and/or speciation in rice grains. The mycorrhizal association generally increased the proportion of DMA, and aerobic cultivation decreased As accumulation, in grains of the As-resistant B47 rice genotype. Therefore, aerobic water management along with AMF inoculation and use of the As-resistant B47 variety are potentially appropriate options that could be adopted to minimize As contamination in rice grains and thus reduce human risks from As exposure in the rice diet. Further research is necessary to reveal the underlying mechanisms of reduced As accumulation as well as As transformation in As-resistant rice varieties, which would provide important information for rice breeding.

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