MiR-491-5p, as a Tumor Suppressor, Prevents Migration and Invasion of Breast Cancer by Targeting ZNF-703 to Regulate AKT/mTOR Pathway

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Background: Large amounts of microRNAs (miRNAs) have been reported to be aberrantly expressed in malignant cancers. MiR-491-5p makes a significant contribution to the inhibition of multiple cancer processes. However, the specific mechanism and function of miR-491-5p and in breast cancer (BC) is still not fully elucidated.

Methods: MiR-491-5p and ZNF-703 expressions or gene transfection effects were identified by RT-qPCR or Western blot in BC tissues or cells. And ZNF-703 expression was monitored through immunohistochemistry method. Cellular function was also confirmed using Transwell assay. Besides, AKT/mTOR pathway-related proteins were analyzed using Western blotting analysis. Moreover, the interplay between miR-491-5p and ZNF-703 was verified through dual-luciferase reporter assay.

Results: miR-491-5p was lowly expressed, ZNF-703 was highly expressed in BC, and miR-491-5p with low expression and ZNF-703 with high expression were associated with poor prognosis of BC patients. Results of cellular function revealed that overexpression of miR-491-5p markedly suppressed BC cell migration and invasion, and knockdown of miR-491-5p had the opposite effect. Besides, mechanism research disclosed that miR-491-5p directly could bind to ZNF-703 and downregulate ZNF-703. Moreover, we proved that ZNF-703 could prominently reverse the influences of miR-491-5p on the migration and invasion of BC cells. More importantly, the data revealed that miR-491-5p repressed AKT/mTOR pathway by ZNF-703 in BC cells.

Conclusion: MiR-491-5p prominently suppresses the metastasis of BC cells through ZNF-703 to regulate AKT/mTOR pathway, indicating that miR-491-5p and ZNF-703 might be served as the potential therapeutic targets for BC.

Keywords: breast cancer, miR-491-5p, ZNF-703, AKT/mTOR pathway, migration and invasion

Introduction

BC is a type of malignant tumor produced by breast epithelial lesions and is the malignant tissue lesion with the highest incidence in female population.¹,² According to statistics, there are more than 1.6 million new BC patients, nearly 500,000 deaths in the world every year, and the incidence of the population has an obvious trend of younger age.³ At present, there is no effective method to prevent BC, and surgery and drug therapy have been proved to be effective in the...
early stage of BC. However, most BC patients have already developed tumor metastasis at the time of diagnosis, and early diagnosis directly affects the therapy and prognosis of BC patients. Therefore, the in-depth study of the molecular mechanism of BC invasion and metastasis is conducive to the early discovery, early treatment, and prognosis of BC. Meanwhile, finding specific markers related to tumor lesions has also become a crucial research direction in the field of cancer.

MicroRNAs (miRNAs) are a class of non-coding RNAs containing about 22 nucleotides, which can affect protein expression by reducing the stability of mRNA or inhibiting translation, thus affecting certain biological behavior. Statistically, there are about 1881 human miRNA genes, which have made significant contributions in eukaryotic cell differentiation, growth, apoptosis, metastasis, and other biological processes. Currently, there are also a large number of researches on the role and mechanism of miRNA in BC progression. Studies suggested that miRNA has the roles of tumor suppressor or oncogene in BC and other tumors, and its aberrant expression may change the carcinogenesis process. Overexpression or downregulation of inhibitory miRNA can result in inhibition or activation of downstream pro-oncogenic signaling pathways, thereby affecting the function of BC cells. Due to the differential roles of various miRNAs in BC, highly specific miRNAs might provide reference value for early diagnosis of BC. Further clarification of the mechanism and role of different miRNAs in BC is of great significance for diagnosis and targeted therapy. MiR-491-5p, as a member of the miRNA family with regulatory oncogenes, can prevent the processes of multiple cancers, including bladder cancer, non-Small cell lung cancer, lung adenocarcinoma, acute lymphoblastic leukemia, gastric cancer, and so on. However, the role and mechanism of miR-491-5p in BC progression are completely unclear. Besides, we predicted that ZNF-703 might be a target gene of miR-491-5p through bioinformatics (Targetscan and miRBase) in our pre-experiment. While whether ZNF-703 could participate in miR-491-5p regulating BC has yet to be reported.

In our study, the abnormal expressions of ZNF-703 and miR-491-5p were certified in human BC tissues and cells. Besides, we investigated the functions of miR-491-5p overexpression or inhibition in the progression of migration and invasion of BC cells. Moreover, we also screened the differential miR-491-5p-regulated genes, and miR-491-5p may directly bind to ZNF-703 and downregulate ZNF-703 in BC. As well, we explored the potential roles of ZNF-703 in the development and progression of BC mediated by miR-491-5p.

Materials and Methods

BC Patients and Specimens
A total of 30 BC and para-carcinoma tissues were collected from August 2018 to January 2019 at Nanfang Hospital. The histopathology of BC specimens was independently diagnosed by two pathologists. Before collecting, we have obtained the informed consent from every patient. This present research has also been approved by the Ethics Committee of Nanfang Hospital. All specimens were stored in liquid nitrogen until use.

Cell Lines
Human breast epithelial cells (MCF10A) and 6 BC cells (MDA-MB-231, MCF7, MDA-MB-453, MDA-MB-157, SK-BR-3, and MDA-MB-468) were also obtained from ATCC (Manassas, VA). MDA-MB-231 cells were cultured in Leibovitz’s L-15 medium (Gibco); MCF-7 cells were maintained in Eagle’s minimum essential medium (MEM, Gibco); MDA-MB-453 and MDA-MB-468 cells were cultured in DMEM (Invitrogen); MDA-MB-157 and SK-BR-3 cells were cultured in RPMI-1640 medium (Sigma). All media were supplemented with fetal bovine serum (FBS) (Sigma Aldrich), and all cells were grown at 37°C under 5% CO2.

Cell Transfection
The ZNF-703-overexpressed plasmid and control were purchased from Hanbio Biotechnology Co., Ltd. (Shanghai, China). Negative control (NC), ZNF-703 siRNAs (si-ZNF-703), miR-491-5p mimics, mimics NC, miR-491-5p inhibitors, inhibitors NC were purchased from the GenePharma (China). MCF7 cells (1×10^5 cells/well) in a 6-well plate were transfected with miR-491-5p mimics or/and ZNF-703-overexpressed plasmid, MDA-MB-468 cells (1×10^5 cells/well) in a 6-well plate were transfected with miR-491-5p inhibitors or/and si-ZNF-703 using Lipofectamine 3000 (Invitrogen) for 48 h in accordance with the manufacturer’s instructions.

RT-qPCR Analysis
Total RNA was extracted from the BC tissues or the transfected BC cells in line with the instructions of TRIzol reagent (Invitrogen, USA). PrimeScript RT reagent
kit (Takara) was applied for the reverse transcription, and the reaction was 20μL (37°C for 1 h, 70°C for 15 min).

RT-qPCR reaction was conducted using SYBR-Green® (Takara) on the ABI 7900 system. All primer sequences are displayed in Table 1.

**Western Blot Assay**

Cells or tissues of each group were washed by precooled PBS, and then incorporated into Lysis Buffer (RIPA, Cell Signaling Technology, Cat.no. 9806). After 20 min at 4°C, the lysate was centrifuged (4°C, 12,000 x g for 40 min) and the supernatant was collected. A total of 30 μg protein in each group was isolated using 10% SDS-PAGE, then transferred to PVDF membranes (Millipore). After blocking, the membranes were incubated with anti-ZNF-703 (1:1000, Abcam), anti-p-AKT (1:1000, Abcam), anti-AKT (1:1000, Abcam), anti-p-mTOR (1:1000, Abcam), anti-mTOR (1:1000, Abcam), and GAPDH (1:2000, Abcam) at 4°C overnight, and then corresponding secondary antibodies (1:2000, Abcam) for 1 h. ECL reagent (Millipore) was adopted to visualize the results.

**Immunohistochemistry (IHC) Assay**

ZNF-703 expression in normal breast tissue, para-carcinoma, and BC tissues was determined by using SP method. Pathological paraffin sections were dewaxed by xylene, dehydrated with gradient ethanol, and repaired with antigen in 10 mmol/L citrate buffer solution for 2 min. The sections were treated with 3% hydrogen peroxide peroxidase inhibitor to block endogenous peroxidase, incubated with ZNF-70 antibody at 4°C overnight, and then horseradish peroxidase (HRP). Next, the sections were developed with DAB, re-stained with hematoxylin, observed, and scored under a microscope. Results were evaluated by two senior pathologists through independent double-blind method.

**Transwell Assay**

In the cell migration experiment, the treated cells were placed in the upper of the Transwell chamber (Corning Costar Corp., Cambridge, MA, USA). In the cell invasion experiment, cells were placed in the Matrigel (BD Biosciences) precoated upper chamber. The migration and invasion abilities of cells could be reflected by counting the number of cells entering the lower chamber. The cells in the upper compartment were resuspended in serum-free medium for inoculation, and medium in the lower compartment contained 15% FBD as chemotaxis. Transwell plate was incubated in a 37°C, 5% CO2 incubator for 36 h. The cells were fixed with 20% ethanol, stained with 0.2% crystal violet (Sigma-Aldrich), and photographed.

**Dual-Luciferase Reporter Assay**

The wild-type (WT) and mutant (Mut) ZNF-703 including the binding sites were amplified and inserted into psiCHECKTM-2 Vector (Promega). The primers were as follows: WT ZNF703-Xhol F: 5' cggctgcggcAGACGCCCTTCCCACCGG ACTG 5' and WT ZNF703-HindIII R: 5' CTTCTTCCCAGCGACTATGTGTT 3'; Mut ZNF703-F: 5' CAAAGCCCTTCTCTGGACTGTGATT TATTACTATAATGTGCTTCAACAGGGA 3'; Mut ZNF703-R: 5' TCCACAGCTTGTAAGCTAATATAG TAAAATAATACACAGTCCAGAAACACAGGGCTGGAAGTGTGTT 3'. Cells were co-transfected with 20 ng miR-491-5p mimics, 20 ng miR-491-5p inhibitors or 20 ng NC and 100 ng Mut ZNF703, 100 ng WT ZNF703 using Lipofectamine 3000 (Invitrogen) for 48 h. Dual-Luciferase Reporter Assay System (Promega) was applied to monitor the luciferase activity.

**Statistical Analysis**

All data were expressed as mean ± standard deviation (SD), and statistical analysis was conducted using SPSS software. Analysis of two or more groups was performed using the Student’s t-test or Analysis of variance (ANOVA). P<0.05 was considered statistically significant.

**Results**

**Expression and Prognosis of miR-491-5p in BC**

Based on the Kaplan-Meier Plotter, we analyzed the prognosis of miR-491-5p in BC. And the data from Kaplan-Meier Plotter exhibited that the BC patients with high expression of miR-491 had a good prognosis relative to...
that with low expression of miR-491-5p (P<0.01, Figure 1A). Besides, the RT-qPCR data disclosed that miR-491-5p was markedly downregulated in BC tissues (n=30) relative to para-carcinoma tissues (n=30) (P<0.001, Figure 1B). These data indicated that miR-491-5p was lowly expressed in BC, and low expression of miR-491-5p was associated with poor prognosis.

miR-491-5p Markedly Suppressed BC Cell Migration and Invasion

Besides, we further verified the expression changes of miR-491-5p in BC cells. The data from RT-qPCR displayed that compared to human breast epithelial cells (MCF10A), the level of miR-491-5p was observably reduced in BC cells (especially MCF7 cells); and among 6 BC cells, miR-491-5p expression was highest in MDA-MB-468 cells (P<0.001, Figure 2A). Therefore, we adopted MCF-7 and MDA-MB-468 cells to overexpress and knock-down miR-491-5p in subsequent experiments. Subsequently, we also verified the transfections of miR-491-5p mimics or inhibitors in BC through RT-qPCR assay. The results also uncovered that miR-491-5p was prominently upregulated in MCF7 cells transfected with miR-491-5p mimics compared with NC-mimics (P<0.001, Figure 2B). And miR-491-5p was significantly downregulated in MDA-MB-468 cells transfected with miR-491-5p inhibitors relative to NC-inhibitors (P<0.001, Figure 2C). Next, Transwell assay was adopted to verify the impacts of miR-491-5p on migration and invasion capabilities of MCF7 and MDA-MB-468 cells. The results presented that overexpression of miR-491-5p could result in a prominent reduction in the migration and invasion capabilities of MCF7 cells (P<0.001, Figure 2D). And inhibition of miR-491-5p could lead to a remarkable elevation in the migration and invasion abilities of MDA-MB-468 cells (P<0.001, Figure 2E).

miR-491-5p Prominently Repressed the Phosphorylation of AKT/mTOR Pathway in BC Cells

AKT/mTOR signaling pathway has been confirmed to contribute to the generation, development, and treatment of cancer cells, which also has become a hot spot in cancer research. In our study, the Western blotting results indicated that the levels of p-AKT and p-mTOR were markedly downregulated in miR-491-5p mimics-transfected MCF7 cells, and significantly upregulated in miR-491-5p inhibitors-transfected MDA-MB-468 cells compared with their respective controls (P<0.01, P<0.001, Figure 3). Thus, we testified that miR-491-5p could result in a remarkable inhibition of AKT/mTOR pathway in BC cells.

miR-491-5p Notably Repressed ZNF-703 Expression by Targeting 3’-UTR of ZNF-703

Subsequently, the targeted genes that miR-491-5p might regulate were predicted by bioinformatics analysis, and we discovered that ZNF-703 was the most likely target gene of miR-491-5p. We also exhibited the predicted binding sites between miR-491-5p and ZNF-703 (Figure 4A). Besides, the data from the luciferase reporter assay uncovered that overexpression of miR-491-5p significantly

![Figure 1](https://www.dovepress.com/)

**Figure 1** Expression and prognosis of miR-491-5p in BC. (A) The prognosis of miR-491-5p in BC was predicted through the Kaplan-Meier Plotter. (B) RT-qPCR assay was adopted to analyze the level of miR-491 in BC (n=30) and para-carcinoma tissues (n=30) (P<0.001).
inhibited the luciferase activity. So, we suggested that miR-491-5p could combine with ZNF-703 mRNA at molecular level ($P<0.05$, Figure 4B). Meanwhile, the results of RT-qPCR and Western blot disclosed that ZNF-703 expression was prominently elevated in 6 BC cells relative to MCF10A cells, especially, MCF-7 and SK-RB-3 cells ($P<0.001$, Figure 4C and D). Moreover, RT-qPCR and Western blot results also testified that overexpression of miR-491-5p observably reduced ZNF-703 expression in MCF-7 cells, inhibition of miR-491-5p signally raised ZNF-703 expression in MDA-MB-468 cells ($P<0.001$, Figure 4E and F). On the whole, we certified that miR-491-5p dramatically repressed ZNF-703 expression through directly targeting the 3'-UTR of ZNF-703.

**ZNF-703 Was Highly Expressed in BC**

Through bioinformatics predictions, we discovered that the BC patients with high expression of ZNF-703 had a poor prognosis relative to that with low expression of ZNF-703 (Figure 5A). The RT-qPCR data exhibited that ZNF-703 was dramatically upregulated in BC tissues (n=30) relative to para-carcinoma tissues (n=30) ($P<0.001$, Figure 5B). The Western blot results uncovered that the protein expression level of ZNF-703 was notably
elevated in BC tissues with respect to that in para-carcinoma tissues (Figure 5C). Additionally, the IHC results also exhibited that ZNF-703 was signally upregulated in BC tissues compared with that in para-carcinoma tissues or normal breast tissues (Figure 5D). So, we proved that ZNF-703 was upregulated in BC, and highly expressed ZNF-703 was associated with poor prognosis.

ZNF-703 Prominently Reversed the Inhibitory Effects of miR-491-5p on the Migration and Invasion of BC Cells

More importantly, we further investigated whether miR-491-5p plays essential roles in migration and invasion of BC cells through its target gene ZNF-703. ZNF-703 was overexpressed using ZNF-703-overexpressed plasmid in MCF-7 cells overexpressing miR-491-5p, and the results further revealed that ZNF-703 expression was prominently increased in miR-491-5p-overexpressed MCF7 cells (P<0.01, P<0.001, Figure 6A and C). ZNF-703 was silenced using ZNF-703 siRNAs in miR-491-5p-inhibited MDA-MB-468 cells, and the data indicated that ZNF-703 expression was dramatically decreased in miR-491-5p-inhibited MDA-MB-468 cells (P<0.001, Figure 6B and C). Next, cellular functional experiment testified that overexpression of ZNF-703 signally enhanced the malignant biological behaviors (migration and invasion) of MCF-7 cells, which have been inhibited by miR-491-5p mimics (P<0.01, P<0.001, Figure 6D). Silence of ZNF-703 notably prevented the migration and invasion of MDA-MB-468 cells, which have been induced by miR-491-5p inhibitors (P<0.05, P<0.01, Figure 6E). Consequently, we proved that miR-491-5p could memorably prevent the migration and invasion of BC cells by ZNF-703.

miR-491-5p Inhibited the Phosphorylation of AKT/mTOR Pathway by Targeting ZNF-703 in BC Cells

Likewise, we also explored the impacts of miR-491-5p/ZNF-703 on AKT/mTOR pathway in BC. As displayed in Figure 7, overexpression of ZNF-703 prominently upregulated p-AKT and p-mTOR in miR-491-5p-overexpressed MCF-7 cells; silence of ZNF-703 significantly downregulated p-AKT and p-mTOR in miR-491-5p-inhibited MDA-MB-468 cells (P<0.01, P<0.001). Hence, we proved that ZNF-703 markedly induced the activation of AKT/mTOR pathway, which was mediated by miR-491-5p in BC cells.

Discussion

BC is a familiar female malignancy, and its incidence rate increases year by year.11,19 MiRNAs are highly conserved non-coding small molecule single-stranded RNAs that are widely discovered in plants, animals, and viruses.20,21 In the present study, we proved that miR-491-5p was expressed at low levels in BC tissues and cells, and the low expression of miR-491-5p was relevant to the poor prognosis of BC patients. Besides, we disclosed that overexpression of miR-491-5p had significant inhibitory effects on the migration and invasion of BC cells, and inhibition of miR-491-5p had the opposite effect from its...
overexpression. In recent researches, miR-491-5p also has been reported to be a tumor suppressor gene in a variety of cancers. For instance, IncRNA LBX2-AS1 could memorably induce the proliferation, migration, and invasion of gastric cancer cells by targeting miR-491-5p;18 IncRNA VPS9D1-AS1 could observably accelerate proliferation of acute lymphoblastic leukemia by miR-491-5p;17 Hsa_circ_0001361 could dramatically facilitate invasion and metastasis of bladder cancer cells by miR-491-5p;14 IncRNA WDFY3-AS2 could signally enhance the progression of lung adenocarcinoma through miR-491-5p;16 IncRNA TTN-AS1 also could markedly boost the progression of non-small cell lung cancer by miR-491-5p.15 Therefore, this is the first report about the expression and function of miR-491-5p in BC, while the underlying target genes of miR-491-5p are still unknown in BC.

Zinc finger protein is a specific fingerlike structure protein formed by binding several conserved amino acid residues with zinc ions, which is widely expressed in eukaryotes.22 Zinc finger protein is usually applied as a negative transcriptional regulator and participates in vital biological activities such as embryo development, cell differentiation, and gene expression.23,24 ZNF703 is a member of the zinc finger protein family and is located in chromosome 8 region (8p11.23).25 ZNF703 is a newly discovered breast carcinogen, and with the increase of ZNF703 expression, the survival time of patients decreases and the prognosis becomes worse.26 Overexpression of ZNF703 has been reported to be associated with tumor proliferation, differentiation, invasion, and metastasis.27,28 Additionally, ZNF703 was verified to be highly expressed in colorectal cancer,29 gastric cancer,28 head and neck

Figure 4 miR-491-5p notably repressed ZNF-703 expression by targeting 3′-UTR of ZNF-703. (A) Schematic description for the predicted binding sites between miR-491-5p and ZNF-703. (B) Relative luciferase activity was analyzed via luciferase reporter assay to identify the combination of miR-491-5p and ZNF-703. ZNF-703 expression was monitored by RT-qPCR (C) and Western blot (D) in MCF10A and 6 BC cells. (E) ZNF-703 expression was certified through RT-qPCR in miR-491-5p mimics-transfected MCF7 cells and miR-491-5p inhibitors-transfected MDA-MB-468 cells. (F) The influence of miR-491-5p on ZNF-703 expression was monitored by Western blot assay in MCF7 or MDA-MB-468 cells. ***p<0.01, **p<0.001.
squamous cell carcinoma, etc. In our study, we further revealed that ZNF-703 was highly expressed in BC, and the upregulation of ZNF-703 was associated with poor prognosis of BC patients. Moreover, we demonstrated that ZNF-703 was a target gene of miR-491-5p, and could be prominently downregulated by miR-491-5p in BC. In cellular functions, we also testified that ZNF-703 could prominently recover the inhibitory effects of miR-491-5p on the migration and invasion of BC cells.

AKT/mTOR signaling pathway has significant effects on the occurrence, development, and prognosis of epithelial-derived malignancies. Researches manifested that the abnormal activation of AKT/mTOR pathway can result in malignant proliferation, blocked apoptosis, accelerated cycle operation, angiogenesis, invasion and metastasis, etc. Currently, AKT/mTOR pathway has become a novel target for tumor therapy. In our study, we also verified that overexpression of miR-491-5p prominently inhibited the activation of AKT/mTOR pathway, and inhibition of miR-491-5p induced the activation of AKT/mTOR pathway in BC cells. Besides, the abnormal changes of AKT/mTOR pathway mediated by miR-491-5p could also be significantly reversed in BC. Therefore, miR-491-5p repressed metastasis of BC by targeting ZNF-703 to regulate AKT/mTOR pathway. In our future research, we will explore the potential functions and mechanisms of miR-491-5p/ZNF-703 axis in BC in greater depth and rigor.
Current research confirmed that the high expression of miR-491-5p was relevant to the good prognosis and BC pathogenesis by preventing migration and invasion. And miR-491-5p can down-regulate ZNF-703 through targeted binding, and repress the activation of AKT/mTOR pathway in BC. More importantly, we revealed ZNF-703 could notably reverse the effects of miR-491-5p in BC cells. Therefore, the study of miR-491-5p/ZNF-703 axis and AKT/mTOR pathway in the development of BC is crucial.

Figure 6 ZNF-703 prominently reversed the inhibitory effects of miR-491-5p on the migration and invasion of BC cells. (A) miR-491-5p-overexpressed MCF7 cells were transfected with ZNF-703-overexpressed plasmid or control, and RT-qPCR was conducted to monitor the expression of ZNF-703. (B) ZNF-703 expression was certified through RT-qPCR assay in MDA-MB-468 cells which were transfected with miR-491-5p inhibitors and si-ZNF-703 or si-NC. (C) Western blotting analysis of ZNF-703 was presented in MCF7 cells transfected with miR-491-5p mimics and ZNF-703-overexpressed plasmid and MDA-MB-468 cells transfected with miR-491-5p inhibitors and si-ZNF-703. (D) After co-transfection with miR-491-5p mimics and ZNF-703-overexpressed plasmid, the migration and invasion capabilities of MCF7 cells were analyzed via Transwell assay. Magnification, ×100. (E) Transwell assay was also carried out to examine the impacts of miR-491-5p inhibitors and si-ZNF-703 on the migration and invasion of MDA-MB-468 cells. Magnification, ×100. *P<0.05, **P<0.01, ***P<0.001.
Figure 7 miR-491-5p inhibited the phosphorylation of Akt/mTOR pathway by targeting ZNF-703 in BC cells. (A) Western blotting analysis of p-AKT, AKT, p-mTOR and mTOR in miR-491-5p mimics and ZNF-703 co-transfected MCF7 cells, and miR-491-5p inhibitors and si-ZNF-703 co-transfected MDA-MB-468 cells. (B) Quantitative analysis of p-AKT/AKT and p-mTOR/mTOR was calculated in line with the gray values. ***p<0.01, **p<0.001.

for the study of targeted therapy drugs with strong specificity and low toxicity in BC.

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Disclosure
The authors have declared no competing interests.

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