Contribution of climatic changes in mean and variability to monthly temperature and precipitation extremes

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The frequency of climate extremes will change in response to shifts in both mean climate and climate variability. These individual contributions, and thus the fundamental mechanisms behind changes in climate extremes, remain largely unknown. Here we apply the probability ratio concept in large-ensemble climate simulations to attribute changes in extreme events to either changes in mean climate or climate variability. We show that increased occurrence of monthly high-temperature events is governed by a warming mean climate. In contrast, future changes in monthly heavy-precipitation events depend to a considerable degree on trends in climate variability. Spatial variations are substantial however, highlighting the relevance of regional processes. The contributions of mean and variability to the probability ratio are largely independent of event threshold, magnitude of warming and climate model. Hence projections of temperature extremes are more robust than those of precipitation extremes, since the mean climate is better understood than climate variability.
Variability in weather and climate inherently leads to the occurrence of extreme weather or climate events. These events, more unusual and more severe than normal or average weather, include for example heatwaves (high-temperature events), cold waves (low-temperature events), downpours (heavy-precipitation events) and droughts (low-precipitation events). Societies and natural ecosystems are increasingly at risk of such extreme weather events. For instance, heatwaves increase morbidity and mortality, reduce labour efficiency and crop yields, and intensify droughts and forest fires, while downpours lead to floods that result in human casualties, damage to infrastructure, crop failure, landslides, and insurance costs.

Consequently there is a huge societal and scientific interest to quantify and understand future trends in the frequency and intensity of extreme events and their attribution to anthropogenic climate change. Recent climate studies have contributed to quantifying such trends, but the climatic mechanisms behind changes in climate extremes often remain elusive. This is mainly because extreme event occurrence responds to both changes in mean climate and to changes in climate variability. These two fundamental aspects of the climate system exhibit considerable changes in response to (human-induced) climate warming, but often not in the same manner.

Importantly, changes in mean and variability can generally be attributed to different climate mechanisms, and, as a result, may have opposing effects on extreme event frequency. The combined effect on changes in regional extreme event occurrence thus depends on the balance between, and effectiveness of, the associated driving mechanisms. For example, the Arctic region will experience increasing mean temperatures due to temperature and surface albedo feedbacks, but sea ice retreat will ultimately lead to a reduction in temperature variability. The individual contributions to the occurrence of high-temperature events are thus of opposite sign, the total effect of climate change on high-temperature event frequency therefore depends on the balance between the two mechanisms. Another example concerns Arctic precipitation, for which mean changes are driven mainly by sea ice retreat and surface evaporation, whereas changes in variability are governed by atmospheric poleward moisture transport. Even though both are projected to increase as a result of climate change, and thus contribute to more and more extreme heavy-precipitation events, the mechanisms behind enhanced Arctic downpours crucially depend on the relative importance of increases in mean precipitation and in precipitation variability. This attribution of changes in climate extremes to specific climate mechanisms is important because the drivers of changes in the mean climate are fairly well known, in contrast to those that govern changes in climate variability. Unfortunately, the separation of mean changes and changes in variability with respect to their contribution to changing climate extremes is currently unknown.

Here we quantify what part of a change in extreme event probability is due to a shift in the mean climate, and what part due to a change in climate variability. We use the Probability Ratio (PR) concept in conjunction with large-ensemble climate model simulations to provide robust estimates of the drivers of change in extreme events (see Methods). PR represents the changing probability of an extreme event caused by anthropogenic climate change. We extend the PR framework to split the conventional (or total) PR (which thus includes changes in both mean and variability), in a ‘PRmean’ representing changes in event probability due to a change in mean climate and a ‘PRvar’ for changes due to changes in climate variability (Fig. 1). We then apply several state-of-the-art large-ensemble global climate model simulations to realistically quantify the individual contributions of future changes in means and in variability to an altered extreme event occurrence. Evidently, PRtotal values and its partitioning into the contributions from changes in the mean and variability differ among climate variables and are also strongly dependent on the region of interest. As such, the novel split of PR into its mean and variability components will yield valuable insight into the regionally-dependent climate mechanisms that govern changes in extreme climate events.

**Results**

**Attribution of global projections of changes in extreme event occurrence.** Future changes in the probability of extreme monthly high-temperature and heavy-precipitation events exceeding the 98th percentile in the present-day climate will be substantial (Fig. 2). Using large-ensemble time slice simulations with the global climate model EC-Earth (see Methods), we find that extreme high-temperature events in a 2 °C warmer climate will increase virtually everywhere, the largest PR-values are located over the tropical oceans, with values exceeding 20 in many locations (indicating that the chance of exceeding a high-temperature threshold will be 20 times more likely in the future than today). This can be attributed to the relatively narrow distribution of near-surface temperatures over ocean surfaces, meaning that a small shift of the mean will move a substantial part of the distribution over the extreme event threshold. In contrast, the average PRtotal over global land areas is more modest. By far the largest contributor to the increase in extreme heat probability is the mean warming (PRmean averaged over global land areas).
areas: 5.4), whereas changes in temperature variability only increases
the event probability in a few tropical and midlatitude regions
(PRvar averaged over global land areas: 1.1). This finding is in
agreement scientific literature on processes governing changes in heat
waves29–32. Interestingly, subdued temperature variability in the polar
regions related to sea ice retreat11,21,22,33 actually reduces the total
increase in extreme heat occurrence.

Over 85% of the Earth’s surface will see an increase of extreme
heavy-precipitation events1,24, with an average PRtotal of 1.3 over
continental regions (Fig. 2b). In contrast to high-temperature events,
changes in precipitation variability14,21 contribute considerably to
the increases in event frequency (average over global land areas:
PRmean = 1.1, PRvar = 1.2). This suggests that, generally, one needs
to incorporate both components and their underlying causes to fully
understand and quantify the projected changes in heavy-precipitation
events. This is a direct consequence of precipitation variability
generally increasing more rapidly than mean precipitation for a
variety of reasons, such as changing atmospheric moisture content,
transport and dynamics, and changes in the intensity and spatial
extent of atmospheric convection14,15,17,34.
In a world with 3 °C global temperature rise the various values of PR are higher than in a 2 °C warmer world (Fig. 3), indicating that changes in extreme events are larger for greater magnitudes of global warming\(^3\)–\(^\text{37}\). In contrast, the spatial patterns of PR\(_\text{total}\), PR\(_\text{mean}\) and PR\(_\text{var}\) are qualitatively similar between the 2 °C and 3° warming experiments (spatial correlations between 0.92 and 0.95), this indicates that the contributions of the associated climate mechanisms to the change in extreme events are largely independent of the magnitude of the climate forcing or response.

Regional climate processes governing changing extreme events. The strong spatial variations in PR-values and mean and variability contributions suggest that the climate mechanisms governing changes in climate extremes differ considerably from one region to the next. To quantify the individual contributions of mean and variability changes at the regional level, we evaluate PR-values for each of the SREX regions (region boundaries and name abbreviations taken from IPCC SREX\(^\text{1,38}\)). Regions close to the Arctic, most notably ALA, CGI, and NAS, are projected to experience a substantial increase in extreme heat probability, despite a considerable sea-ice related decrease in temperature variability\(^\text{21,22}\) that limits PR\(_\text{total}\) (Fig. 4a). In contrast, changes in extreme heavy-precipitation events in these near-Arctic regions are much less affected by increasing precipitation variability\(^\text{17}\) (Fig. 4b), showing the importance of understanding the effectivity of these changes to extreme event occurrence. In relatively warm regions, such as CAM, NEB and SAU, the increase in likelihood of high-temperature events is dominated by the changes in mean temperatures (presumably because the overall greenhouse warming dominates local processes\(^\text{39}\) that amplify heat waves), whereas the increase of heavy-precipitation events is governed by the effects of increasing precipitation variability. This could imply

Fig. 4 The Probability Ratio (PR) for SREX regions (land only) and the global mean (land and ocean) for monthly extreme events exceeding the 98th percentile in a 2C-warming scenario (as specified in the Paris agreement) relative to the present-day climate. For a high-temperature events, b heavy-precipitation events. Red bars show the total PR, blue bars the PR due to the changes in mean climate and yellow bars the PR related to changes in climate variability. Values of the vertical axis are shown in the global subplot.
that precipitation variability is primarily linked to mean warming via atmospheric convective processes\textsuperscript{15,34} through which precipitation extremes increase at a far greater rate than mean precipitation.

The relative contributions of changes in the mean and changes in variability can be quantified using the ratio of the respective contributions (Fig. 1d, Eq. (3)), and vary between regions and climate variables, dependent on regional mechanisms that govern changes in the mean and in variability. For example, in the near-Arctic regions, the contribution of changes in the mean state to the increase of extreme high-temperature events is approximately 1.25, indicating that reductions in temperature variability oppose the overall increase in PR\text{total} by 0.25 (Fig. 5a). The two contributions are closer to being equal for increasing heavy-precipitation events along the North American west coast (WNA) (mean: 0.25, variability: 0.75, Fig. 5b), where projected changes in the dynamics of atmospheric rivers impact both mean precipitation and precipitation variability\textsuperscript{40}. Generally, these ratios are invariant for different levels of warming and also for extreme event threshold (Figs. 5 and 6), providing further evidence that the regionally-dependent climate mechanisms that govern trends in mean and variability, both causing changes in extreme events, are mostly independent of the magnitude of climate change, and of the extremeness of the event.

**Intermodel comparison of contributing climate mechanisms.** Climate models exhibit considerable intermodel differences, especially in terms of (regional) variability and extremes (and changes therein), since these are largely dependent on parameterised small-scale processes (e.g., soil moisture processes, surface heat fluxes, clouds, atmospheric convection\textsuperscript{1,41}). To infer whether our findings are model-dependent we employ the large-ensemble simulations collated by the US CLIVAR working group on Large Ensembles\textsuperscript{26} (see Methods) to investigate the
mechanisms behind changes in extreme event likelihood over time in a multi-model framework. Using transient scenario simulations covering the period 1950-2100 based on six global climate models we find that climate models agree on the sign of the change of the two contributors in the majority of the SREX regions. This model agreement is larger for high-temperature events than for heavy-precipitation events and is higher for the contribution of changes in the mean than for changes in variability (Fig. 7). There is some intermodel uncertainty in the magnitude of the changes, i.e. the exact PR-values. Despite such intermodel differences, the ratio of the contributions of mean and variability to the change in extreme events is remarkably similar between models in most regions (Fig. 8). Evidently, changes in high-temperature events are, in all regions and in all models, governed by changes in the mean state (average contribution to PRtotal of 0.94). In contrast, projections of changes in heavy-precipitation events are less robust, mainly due to large spatial variability in extreme precipitation mechanisms, and also because the sign of total change, PRtotal above or below 1, exhibits considerable intermodel differences. We will demonstrate model-dependencies by highlighting projections of temperature and precipitation extremes in two contrasting regions: the Mediterranean (MED) and Alaska (ALA) (Fig. 9). Projections of change in high-temperature extremes are well-defined in both ALA and MED (Fig. 9a, c), all models agree on the direction of change and the contributions of mean and variability, despite obvious regional differences. Note that the ratio of contribution is constant in time (not shown in a graph), indicating that the regional attribution of change to mean and/or variability does not depend on the magnitude of climate warming.

End of century PRtotal estimates for heavy-precipitation events in the MED range from 0.2 to 1.1 between models (Fig. 9d). This intermodel uncertainty for precipitation extremes, even in the direction of the change, can be attributed to the uncertain balance between two robust climate processes: a negative contribution of mean drying climate (PRmean between 0 and 0.4) and a
positive contribution due to increasing precipitation variability (PRvar between 1.0 and 2.5). Both trends are linked to changes in Mediterranean cyclones; models project a decrease in the number of Mediterranean cyclones (the dominant source of precipitation) owing to changes in circulation and storminess, but rainfall intensity in individual cyclones is projected to increase due to higher atmospheric moisture content. In this region 80% of inter-model variance in the mean trend is due to uncertainty in the circulation response, highlighting the need for improved understanding of physical processes and their (relative) importance in contributing to regional climatic changes. In Alaska the two processes work in the same direction and as a result PRtotal is better constrained.

Conclusions
In this study we attribute changes in extreme event occurrence to either climatic changes in mean climate or climatic changes in climate variability. By means of an extension of the PR framework, we are able to quantify the separate contributions. It is shown that future changes in monthly high-temperature extremes are mostly driven by increasing mean temperatures (on average 94% of the total), whereas changes in monthly high-precipitation events depend also considerably on changes in precipitation variability. Overall, climate models agree to a large degree on these drivers of change. The trend in extreme events varies between climate variables and regions, which is due to differences in climate mechanisms causing changes in the mean and in variability.
The breakdown into contributions of changing mean climate and changing climate variability is robust to varying definitions of the extremeness of the event (the event threshold), to the magnitude of future climate change (the level of warming) and to the choice of climate model. This insight is vital for assessing the robustness of projected changes in extreme event frequency. Our understanding of the associated mechanisms associated with changes in the mean climate is generally much better than those for changes in climate variability. This suggests that considerable progress can be made by improving understanding of (trends in) climate variability, which in many regions depend on small scale climate processes (e.g. atmospheric convection, surface heat fluxes) that are normally parameterised in climate models. The breakdown of trends in extreme events into the two basic contributors (mean, variability) provides valuable insights regarding the relative importance of climate processes governing these trends. This will help direct future research, as in many regions trends in climate variability remain unquantified and poorly understood.

**Methods**

**PR framework.** Conventionally, the Probability Ratio (PR) is computed using data from two climate model simulations, one for a natural climate (NAT) and one for a climate under human influence (CC, Fig. 1a). PR is then defined as the ratio of event probabilities:

$$PR = \frac{P_{CC}}{P_{NAT}}$$

with PR = 1 indicating no attributable change in extreme event probability, PR > 1 indicating an increase in event probability, and PR < 1 a decrease in event probability.

Here we extend the PR framework concerning changes in extreme event probability by separating this PR-value (PRtotal) into a contribution from changes in the mean climate (PRmean) and a contribution from changes in climate variability (PRvar). We define the mean climate as the annual mean value of the meteorological variable of interest, and climate variability as the variation of this.
variable around the climatic mean. Based on two climate datasets (e.g. ‘NAT’ and ’CC’), we compute the change in climatic mean. We then subtract the change in the mean from the CC dataset to create a new dataset ’CC_v’ (Fig. 1b). The remaining difference between CC_v and NAT can then be attributed to trends in climate variability, from which PRvar is calculated. Following these steps, PRmean can be computed from the following relationship:

$$PR_{total} = PR_{mean} + PR_{var} - 1.$$  

In this equation, subtracting by 1 is necessary, since the reference PR-value is 1, indicating no change in probability. PR-values should be interpreted on a logarithmic scale, with PR = 2 and PR = 0.5 representing a similar magnitude of change but in opposite directions (Fig. 1c).

To quantify the relative contribution of changes in the mean climate (PRmean) and changes in climate variability (PRvar) to the total change in extreme event probability (PRtotal), we evaluate the ratio of the contributions as follows:

$$R_{mean} = \frac{PR_{mean} - 1}{PR_{total} - 1},$$

and equivalently for Rvar (Fig. 1d). The two relative contributions (Rmean and Rvar) sum up to a total of 1.

Data and analysis. To evaluate total PR and its components we use data from various large ensemble climate model simulations. We use a set of three time slice simulations using the state-of-the-art global climate model EC-Earth28, for which each time slice consists of 2000 years representative of a certain average absolute global mean surface temperature value (‘PD’ for present-day, ‘2C’ for a 2 ºC warming and ‘3C’ for a 3 ºC warming, the latter two relative to pre-industrial climate)27. Furthermore, we use six transient large ensemble model simulations collected by the US CLIVAR Working Group on Large Ensembles26 (available at: http://www.cesm.ucar.edu/projects/community-projects/MMLEA/). These simulations cover the period 1950-2100 and are carried out using six different climate models24,46–50, the number of ensemble members ranges from 16 to 50: CanESM2 (50 members), CESM1-CAM5 (35); we limit the analysis to members 1-35 out of 40 available members, because members 36–40 are slightly warmer than the rest which could affect extreme event frequency, see also http://www.cesm.ucar.edu/projects/community-projects/LENS/known-issues.html.). CSIRO-MB3-6-0 (30), EC-Earth (16), GFDL-CM3 (20), GFDL-ESM2M (30). All six models were also part of the Coupled Model Intercomparison Project, phase 5 (CMIP5). The simulations used the historical forcing for the period 1950–2005, and the strong forcing scenario for the period 2006-2100, for which the total radiative forcings in the year 2100 equals 8.5 W m\(^{-2}\). We use monthly means of near-surface temperature (tas) and precipitation (pr) in all analyses.

For the time slice model simulations with EC-Earth, the mean state is computed using all 2000 model years assuming that there is no forced trend within a time slice. Extreme event thresholds were defined based on the PD ensemble, and PR-values were consequently computed based on threshold exceedances in the 2C and 3C time slice simulations. For the transient model experiments (US CLIVAR) we employ a 4th order polynomial to estimate the trend in the mean state, following the approach in related studies51,52. These time series were analysed by taking subsequent 30-year periods, with the period 1950–1979 being the reference period for defining extreme event thresholds. Confidence intervals were estimated by means of bootstrap resampling (N = 10,000). For our regional analysis we use the 26 IPCC SREX regions38, we only consider land cells within these regions. The global mean analysis takes into account both land and ocean cells.

Data availability
The model output for the EC-Earth time slice experiments is available on reasonable request from the corresponding author. The model output for the US CLIVAR large ensemble experiments were obtained from: http://www.cesm.ucar.edu/projects/community-projects/MMLEA/.

Code availability
Code for data analysis is available on request from the corresponding author.

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