### STROBE Statement—checklist of items that should be included in reports of observational studies

| Section/item      | Item No | Recommendation                                                                 | Reported on Page Number/Line | Reported on Section/Paragraph |
|-------------------|---------|---------------------------------------------------------------------------------|------------------------------|------------------------------|
| Title and abstract| 1       | (a) Indicate the study’s design with a commonly used term in the title or the abstract | Page 2,3/Line 54-65          | Abstract/Paragraph 2         |
|                   |         | (b) Provide in the abstract an informative and balanced summary of what was done and what was found | Page 3,4/Line 66-91          | Abstract/Paragraph 3,4       |
| Introduction      | 2       | Explain the scientific background and rationale for the investigation being reported | Page 4/Line 96-111           | Introduction/Paragraph 1,2   |
| Objectives        | 3       | State specific objectives, including any prespecified hypotheses                  | Page 4/Line 111-118          | Introduction/Paragraph 2     |
| Methods           | 4       | Present key elements of study design early in the paper                          | Page 5/Line 122-128          | Materials and Methods/Paragraph 1 |
|                   | 5       | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection | Page 5/Line 123-126          | Materials and Methods/Paragraph 2 |
| Participants      | 6       | (a) **Cohort study**—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up  | Cohort study Page 5/Line 132-139 | Cohort study Materials and Methods/Paragraph 2 |
|                   |         | *Case-control study*—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls  |
|                   |         | *Cross-sectional study*—Give the eligibility criteria, and the sources and methods of selection of participants  |
|                   |         | (b) **Cohort study**—For matched studies, give matching criteria and number of exposed and unexposed  | Page 5/Line 122-124          | Materials and Methods/Paragraph 1 |
|                   |         | *Case-control study*—For matched studies, give matching criteria and the number of controls per case  |
| Variables         | 7       | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable | Page 7/Line 177-186          | Materials and Methods/Paragraph 7, 8 |
| Data sources/ measurement | 8* | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group | Page 6/Line 159-176          | Materials and Methods/Paragraph 5, 6 |
| Bias              | 9       | Describe any efforts to address potential sources of bias                        | Page 5/Line 132-135          | Materials and Methods/Paragraph 2 |
| Study size        | 10      | Explain how the study size was arrived at                                       | Page 5/Line 122-123          | Materials and Methods/Paragraph 1 |
| Quantitative variables | 11   | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why | Page 7/Line 195-197          | Materials and Methods/Paragraph 10 |
| Statistical methods | 12 | (a) Describe all statistical methods, including those used to control for confounding | Page 7/Line 195-213 | Materials and Methods /Paragraph 10 |
|---------------------|----|-----------------------------------------------------------------|-----------------|-----------------------------------|
|                     |    | (b) Describe any methods used to examine subgroups and interactions | Page 8/Line 210-213 | Materials and Methods /Paragraph 10 |
|                     |    | (c) Explain how missing data were addressed | Page 8/Line 195-213 | Materials and Methods /Paragraph 10 |
|                     |    | (d) **Cohort study**—If applicable, explain how loss to follow-up was addressed | Cohort study | Page 8/Line 195-213 |
|                     |    | (e) **Case-control study**—If applicable, explain how matching of cases and controls was addressed | | Cohort study |
|                     |    | (f) **Cross-sectional study**—If applicable, describe analytical methods taking account of sampling strategy | Cohort study | Materials and Methods /Paragraph 10 |
|                     |    | (e) Describe any sensitivity analyses | Page 8/Line 195-213 | Materials and Methods /Paragraph 10 |

**Results**

| Participants          | 13* | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed | Page 8/Line 217-219 | Results/Paragraph 1 |
|-----------------------|-----|-----------------------------------------------------------------|-----------------|-------------------|
|                       |     | (b) Give reasons for non-participation at each stage | Page 8/Line 217-222 | Results/Paragraph 1 |
|                       |     | (c) Consider use of a flow diagram | Figure 1 | Figure 1 |
| Descriptive data      | 14* | (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders | Table 1 | Table 1 |
|                       |     | (b) Indicate number of participants with missing data for each variable of interest | Page 8/Line 219-222 | Results/Paragraph 1 |
|                       |     | (c) **Cohort study**—Summarise follow-up time (eg, average and total amount) | Page 9/Line 260-263 | Results/Paragraph 6 |
| Outcome data          | 15* | (a) **Cohort study**—Report numbers of outcome events or summary measures over time | Page 9/Line 260-276 | Results/Paragraph 6 |
|                       |     | (b) **Case-control study**—Report numbers in each exposure category, or summary measures of exposure | N/A | N/A |
|                       |     | (c) **Cross-sectional study**—Report numbers of outcome events or summary measures | N/A | N/A |

**Main results**

| 16 | (a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included | Page 9/Line 244-252 | Results/Paragraph 4 |
|    | (b) Report category boundaries when continuous variables were categorized | Page 10/Line 287-297 | Results/Paragraph 8 |
|    | (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period | Page 9/Line 246-252 | Results/Paragraph 4 |

**Other analyses**

| 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses | Page 9/Line 260-276 | Results/Paragraph 6 |
|    | | | |

**Discussion**

| Key results | 18 | Summarise key results with reference to study objectives | Page 11/Line 300-311 | Discussion/Paragraph 1 |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias | Page 12/Line 348-355 | Discussion/Paragraph 5 |
**Interpretation**  
20. Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence

**Generalisability**  
21. Discuss the generalisability (external validity) of the study results

**Other information**

| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | Page 14/Line 392-393 | Footnote/Paragraph 4 |

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at [http://www.plosmedicine.org/](http://www.plosmedicine.org/), Annals of Internal Medicine at [http://www.annals.org/](http://www.annals.org/), and Epidemiology at [http://www.epidem.com/](http://www.epidem.com/)). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*