1. INTRODUCTION

Nanoplastics (NPs), defined as small plastic debris with sizes on the nanometer scale (1–1000 nm), are an emerging concern due to the potential risks that they pose to the environment and public health.1,2 Due to their physicochemical properties, nanosized materials can interact with biological systems and induce deleterious effects.3,4 This fact implies that NPs may have adverse effects on living organisms. To date, many studies have reported the adverse effects of NPs, such as oxidative stress and inflammatory reactions, in diverse organisms, including plankton, zebrafish, and mice, under experimental conditions.5,6 In particular, NPs are known to penetrate human tissues by crossing the lung, skin, and gastrointestinal barriers and can cause side effects in the human body.7 Thus, attention should be given to the risk posed by NPs. However, most of the risk assessments of NPs involve polystyrene (PS) as a particle model because it is commercially available with various sizes and surface charges.8 Although PS is a widely used plastic type, polyethylene and polypropylene (PP) constitute a large portion of the plastic debris detected in the environment, but studies on these NPs are limited.6,9 In particular, PP is the most widely used plastic, with applications ranging from food packaging to automotive parts, and is also a significant component of personal protective equipment such as masks, the use of which has increased due to the COVID-19 pandemic.10−13 A considerable amount of PP waste has accumulated in the environment and is continuously converted to PP microplastics by external factors such as UV radiation, oxidation, and biofilms.14 PP microplastics have been detected in the gastrointestinal tracts of sea turtles on the Atlantic coastline of Florida at 96 h posthatching.15 Additionally, a recent study reported that PP microplastics were released from infant bottles during formula preparation.16 In a study using human-derived cell and animal models (zebrafish and nematodes), PP microplastics were shown to induce cytotoxicity, proinflammatory cytokine production, oxidative stress, and intestinal damage.17,18 Fragmentation of PP accumulated in the environment does not stop at the micro level but continues until nanosized particles are formed. Thus, further studies are needed to understand the potential effects of polypropylene nanoplastics (PPNPs). Likewise, a recent study suggested that preparation and labeling techniques of PPNPs as model plastic nanomaterials are important for improving toxicological and biodistribution studies.19

In this study, we developed a facile method to prepare PPNPs as model NPs to study the biological effects of nanoscale PP in an animal model. A recent study suggested that the preparation of PPNPs as model plastic nanomaterials and a subsequent labeling technique were important to improve toxicological and biodistribution studies. PPNPs were produced with high yield (>84%) by nonsolvent-induced phase separation (NIPS), which is a unique method that is neither a bottom-up method, such as polymerization, nor a top-down method, such as ball milling or cryomilling.20,21 The
physical and chemical properties of the as-prepared PPNPs were fully characterized using scanning electron microscopy (SEM), dynamic light scattering, Fourier-transform infrared (FT-IR) spectroscopy, and differential scanning calorimetry (DSC) and successfully fluorescently labeled for visualization of their biofate in zebrafish embryos (ZFEs) as an animal model.

2. RESULTS AND DISCUSSION

2.1. Preparation and Characterization of PPNPs. PPNPs were prepared by the NIPS method, which is a phase separation technique based on polymer solubility in a good solvent and a nonsolvent (Figure 1a). We used xylene as a good solvent and ethanol as a nonsolvent, which induced phase separation and recrystallization of PP particles. For nanosized PP particles, key factors include the type of nonsolvent, PP concentration, and volumetric ratio of good solvent to nonsolvent. For example, water is a representative nonsolvent for PPNP preparation. The powerful advantages of this method are its simplicity and high production yield (over 84%, Table S1) compared to those of common methods to produce NPs and microplastics, such as ball-milling methods, which require complicated equipment, are time consuming, and have low NP yields.

The morphological, chemical, and thermal properties of the as-synthesized PPNPs were analyzed. The field-emission scanning electron microscopy (FE-SEM) image shows that the PPNPs were sphere-like particles with a size of 562.15 ± 118.47 nm (Figure 1b). The chemical and thermal properties of the PPNPs were analyzed by FT-IR spectroscopy (Figure 2a) and DSC (Figure 2b), respectively. FT-IR spectroscopy is a simple and nondestructive chemical analysis technique that uses infrared light and is the most common analytical method for identifying polymers. The FT-IR spectra of the PP pellets as a control and those of the PPNPs consistently showed peaks at 2950, 2915, and 2838 cm⁻¹ attributed to C–H stretching; a peak at 1455 cm⁻¹ attributed to CH₂ bending; a peak at 1377 cm⁻¹ attributed to CH₃; and peaks at 1166, 997, 840, and 808 cm⁻¹ attributed to C–H and C–C bonds (Figure 2a). The FT-IR analysis indicated that no chemical change occurred between the PP pellets and PPNPs. DSC is a technique for analyzing the response of polymers to heating and identifies polymers based on their melting point (T_m), glass transition temperature, and crystallization temperature (T_c). Figure 2b shows the DSC thermogram of the PP pellets and PPNPs, and the detailed melting results are summarized in Table S2. In the DSC thermogram, the double crystal melting peak of the PP pellets and PPNPs was observed at approximately 140–160 °C, representing the α-crystal form, which is a relatively large crystal with a high melting temperature (T_m-high), and the β-crystal form, which is a small crystal with a low melting temperature (T_m-low). Interestingly, the T_m-low of the PPNPs was slightly higher (149.54 °C) than that of the PP pellets (147.53 °C), and the proportion of the β-crystal form in the PPNPs was higher than that in the PP pellets, as seen in the inset of Figure 2b. This finding indicated that the PPNPs consisted mainly of small crystals, whereas the PP pellets consisted of a slightly higher proportion of α-crystals than of β-crystals. Moreover, the T_c values differed, with a value of 115.40 °C for the PP pellets and 120.87 °C for the PPNPs, consistent with the higher T_m-low of the PPNPs. However, the M_p (T_m-high) and crystallinity (X_DSC) were not different between the PPNPs and PP pellets (Table S2). Overall, DSC analysis suggested that the PPNPs were slightly reconstructed to a relatively small crystal form (i.e., β-crystal) during synthesis, but there was no significant change in the thermal properties.

2.2. Fluorescence Labeling of PPNPs. Fluorescence labeling is a general strategy for monitoring and visualizing...
Figure 3. (a) Scheme of fluorescence labeling of PPNPs by the CSD method. (b) Photographs of PP pellets, PPNPs, and R-PPNP suspension in DW under visible light (left), UV light (365 nm, middle), and visible light with laser beam (right). (c) FT-IR spectra, (d) fluorescence spectra, and (e) fluorescence stability of RBITC and R-PPNPs.

NPs. The combined swelling-diffusion (CSD) method is a common approach to prepare fluorescent NPs and involves the entrapment of fluorescent molecules inside a polymer matrix by controlling the temperature or solubility. In this work, we chose solubility-based CSD to fluorescently label PPNPs, using tetrahydrofuran (THF) as a good solvent and distilled water (DW) as a poor solvent. When THF swells the PPNPs, rhodamine B isothiocyanate (RBITC) diffuses into the swollen PPNPs. Simultaneously, DW maintains the spherical shape of the NPs to minimize the surface area and provides an environment in which RBITC can diffuse into the PP via THF (Figure 3a). After separation, red fluorescent PPNPs (RBITC-labeled PPNPs, R-PPNPs) were obtained. The photographic image on the left in Figure 3b clearly shows opaque PPNPs and pink R-PPNPs compared to the transparent PP pellets. In addition, compared to the non-fluorescent PP pellet and PPNPs, the R-PPNPs exhibited bright fluorescence under UV irradiation. Moreover, the colloidal dispersibility was clearly indicated based on the observable laser beam path in both PPNPs and R-PPNP solutions due to the Tyndall scattering effect (the image on the right in Figure 3b).

Morphology and chemical structure are closely related to biological effects such as distribution, clearance, and toxicity. Thus, we confirmed the morphological and chemical properties of the R-PPNPs. The R-PPNPs were 567.3 ± 107.6 nm in size, with a spherical shape similar to that of PPNPs (Figure S2). The FT-IR spectrum of the R-PPNPs was also similar to that of the PPNPs, except for a peak at 1581 cm⁻¹, attributed to RBITC (red asterisk) (Figure 3c). This result indicated that fluorescence labeling did not influence the chemical structure and that RBITC was successfully entrapped in the PPNPs. The fluorescence of the R-PPNPs was similar to that of RBITC, exhibiting emission at 580 nm upon excitation at 450 nm (Figure 3d). Moreover, the amount of RBITC entering the PPNPs was measured using a standard curve (Figure S3). The coefficient of determination (R²) from the standard curve was 0.9886, and the amount of RBITC was 0.28 μg in 5 μg of R-PPNP. Finally, the fluorescence stability of the R-PPNPs dispersed in DW was evaluated over time by measuring the change in fluorescence intensity to confirm RBITC entrapment. As shown in Figure 3e, the fluorescence intensity of RBITC decreased by 56% after 10 min of exposure, while that of the R-PPNPs was maintained at 89% of the initial intensity. This result revealed that RBITC was successfully entrapped inside the PPNPs to prevent photobleaching. Therefore, photostable fluorescent PPNPs were prepared by the CSD method without morphological or chemical changes and were suitable for biomonitoring, such as for analysis of the uptake and fate of PPNPs in biological entities.

Water solubility is an important factor for bioassays of plastic particles, which are generally not dispersible in aqueous media, such as water, due to their hydrophobicity. Interestingly, the as-synthesized PPNPs were highly dispersible in an aqueous solution, even after fluorescence labeling. We assumed that the sonication process might influence the surface tension or surface energy of the spherical and heterogeneous PPNPs, resulting in good dispersibility of the PPNPs. Consequently, physicochemical characteristics such as the hydrodynamic size and zeta potential value of the PPNPs were evaluated. The hydrodynamic size of the PPNPs in DW was 1095 ± 39.18 nm (Figure 3e), and the zeta potential value was −58.53 ± 1.76 mV (Figure 3f), indicating that the PPNPs were partially agglomerated in DW. We further measured the hydrodynamic size and zeta potential value in E3 egg water (EW), which is the culture medium used for ZFEs. The hydrodynamic size in EW increased to 1422 ± 70.15 nm, and the zeta potential decreased to −46.33 ± 1.17 mV, indicating that the agglomeration and the decrease in the surface charge of PPNPs might be caused by the electrolytes (e.g., NaCl; CaCl₂) present in EW.

2.3. Uptake, Distribution, and Excretion of R-PPNPs in ZFEs. ZFEs are a representative animal model used for the risk assessment of NPs due to the high fecundity, rapid embryonic development, and embryo transparency of these organisms. Several studies have demonstrated the uptake and fate of NPs with fluorescently labeled polystyrene nanoparticles (PSNPs) using ZFEs. In a similar manner, we used ZFEs as an animal model to study the uptake and distribution of PPNPs. To minimize external blockage, ZFEs were dechorionated and treated with R-PPNPs before (24 hpf) and after (72 hpf) mouth opening of ZFEs. After 24 h of exposure to R-PPNPs at each timepoint, the mortality and deformity of the ZFEs were measured. Table S3 shows that the mortality and deformity of the ZFE-exposed R-PPNPs were not significantly
different from those of the control at either 48 or 96 hpf. Moreover, we evaluated the mortality and deformity of PPNPs without fluorescence labeling. The mortality and deformity of the PPNP-exposed ZFEs were similar to those of R-PPNP-treated ZFEs. This result indicates that fluorescence labeling marginally affected the toxicity of PPNPs.

To observe the uptake and biodistribution of R-PPNPs in ZFEs, R-PPNPs were treated before and after zebrafish mouth opening at 24 and 72 hpf, respectively. In Figure 4, differential interference contrast (DIC) and red fluorescence images show the control and R-PPNP-treated ZFEs at different time points of 48 and 96 hpf, representing 24 h of exposure. Interestingly, weak fluorescence was detected along the skin of R-PPNP-treated ZFEs at 48 hpf, while red fluorescence was clearly seen in the gastrointestinal tract of R-PPNP-treated ZFEs at 96 hpf (Figure 4). This result revealed that the R-PPNPs, which were approximately 567 nm in diameter, did not penetrate the skin of the ZFEs but could be ingested via the mouth and localized in the gastrointestinal tract. We further confirmed the biodistribution of the R-PPNPs both before and after mouth opening by cross-sectional image analysis of ZFEs. Figure S5 shows that there was no red fluorescence in any region of a large portion of the yolk sac in ZFEs at 48 hpf after 24 h of treatment with R-PPNPs, similar to the results for the control zebrafish (Figure S6). However, the cross-sectional images of the intestinal bulb and mid-intestine of the ZFEs after 24 h of treatment with R-PPNPs at 72 hpf clearly showed red fluorescent dots in the intestinal lumen (lu), which is the internal space of the intestine (Figure 5a). Apparently, the R-PPNPs were close to the intestinal epithelium (ε) in the (i) region in Figure 5a but did not penetrate the epithelium, indicating that the R-PPNPs were taken up by the ZFEs via ingestion and translocated into the intestine but not absorbed for digestion. In addition, we further observed R-PPNP uptake in the ZFEs up to 124 hpf and found that the ingested R-PPNPs were excreted by peristalsis, which is a wave-like movement associated with intestinal function. In Figure 5b, the time-lapse fluorescence images of zebrafish larvae after R-PPNP ingestion show that the fluorescent dots (white arrow) moved toward the anal passages and were ultimately excreted from the body over a period of 40 min. For quantitative analysis of the excreted R-PPNPs from the ZFEs, we measured the amount of R-PPNPs remaining in the ZFEs after exposure at 96 and 120 hpf by measuring the fluorescence intensity. The amount of R-PPNPs at 96 hpf was approximately 1.01 ± 0.09 μg/individual and decreased to 0.46 ± 0.10 μg/individual after 24 h of depuration, indicating that approximately 45% of the R-PPNPs were excreted from the ZFEs (Figure S6). In a previous study, the half-life of elimination of PSNPs (24 and 250 nm) in scallops was shown to be approximately 1.4 days, which was quite similar to our result despite the different plastic types and sizes. Overall, it was clearly demonstrated that the R-PPNPs were useful model materials for the uptake, distribution, and excretion study of PPNPs in animal models such as ZFEs.

3. CONCLUSIONS

The health impact of NPs is an important issue to consider when predicting the potential risk of plastic fragmentation in environments. Although NPs are known to be widespread and accumulate in environments, it is difficult to assess the

Figure 4. Optical and fluorescence images of zebrafish embryos with or without R-PPNP treatments at 24 and 72 hpf. These images were taken after 24 h exposure.

Figure 5. (a) Cross-sectional images of ZFEs at 96 hpf after R-PPNP exposure at 72 hpf for 24 h at the region of (i) intestinal bulb and (ii) mid-intestine with three different filters, such as DIC, DAPI, and red. (b) Time-lapse fluorescence photograph of ZFEs at 124 hpf after R-PPNP exposure at 72 hpf for 24 h. The yellow arrow indicates the agglomeration of R-PPNPs. Abbreviations: S, somite; SB, swim bladder; I, intestine; lu, intestinal lumen; ε, intestinal epithelium; and Y, yolk.
potential risks of these materials due to limitations of detection and monitoring and the lack of model NPs. In particular, although PP is widely used in packaging and personal protective equipment such as masks, gloves, and clothes and although the consumption and wastage of these products have increased due to the COVID-19 pandemic, it is hard to monitor PPNPs in the environment or investigate their biological impact in vitro and in vivo without model particles. In this study, we demonstrated the preparation of PPNPs, examined their physical and chemical properties as model NPs, and performed fluorescence labeling to monitor the biological behavior of PPNPs in zebrafish as an animal model. This study provides a simple, high-yield preparation method for PPNPs by the NIPS method. Furthermore, plastic particles were successfully fluorescently labeled by the CSD method to observe PPNP behavior in ZFEs as an animal model. This is an exceptional study on NPs other than PS, which is a major plastic type in NP research. Thus, these PPNPs could be practically used as model NPs for further studies, such as for monitoring, detection, and biological effect analysis.

4. EXPERIMENTAL SECTION

4.1. Materials and Reagents. PP pellets, xylene, THF, and RBITC were purchased from Sigma-Aldrich. Ethyl alcohol (anhydrous, 99.9%) was purchased from Samchun Chemicals (Seoul, Korea). Polytetrafluoroethylene (PTFE, 0.2 μm pore size, 47 mm, Omnipore hydrophilic membrane filter) and polyvinylidene fluoride (PVDF, 0.2 μm pore size, 47 mm, Durapore hydrophilic membrane filter) were purchased from Millipore, USA. To observe the biodistribution and excretion using ZFEs, pronase (P8811) and tricaine (ethyl 3-amino-benzoate methanesulfonate salt) were purchased from Sigma-Aldrich. EW was prepared by dissolving 5 mM NaCl, 0.17 mM KCl, 0.33 mM CaCl₂, and 0.33 mM MgSO₄ in 1 L of DW according to previous work.30

4.2. Preparation of PPNPs. PP pellets (0.13 g) were added to xylene (20 mL) and heated to 110 °C for 30 min with vigorous stirring. When PP was completely dissolved in xylene, heating was stopped, and ethanol (100 mL) was added to xylene (20 mL) and heated to 110 °C. The polymer solution and dried at room temperature. The morphology and particle size of the PPNP suspension in ethanol was observed using a 0.2 μm PTFE membrane filter and dried at 80 °C overnight.

4.3. Characterization of PPNPs. Morphological properties were measured by FE-SEM (Quanta 250 FEG, FEI). PPNP suspension in ethanol was dropped and dried on the silicon wafer. After drying, the gold ion was coated for 60 s using a sputter coater (D03H, Daihan Scientific, Korea). Polymer identification of PPNP powder was performed using FT-IR spectroscopy (Alpha-T, Bruker) and DSC (DSC 1, Mettler-Toledo). DSC was performed from −20 to 200 °C at a heating rate of 5 °C min⁻¹, and the polymer crystallinity was calculated based on the DSC thermogram using the following equation:

\[
X_{\text{DSC}} = \left( \frac{\Delta H_m}{\Delta H_m^\text{crystalline}} \right) \times 100\%
\]

where \( \Delta H_m \) is the melting enthalpy of PP measured by DSC, and \( \Delta H_m^\text{crystalline} \) is 207.1 J/g, which is the melting enthalpy of 100% crystalline PP.

4.4. Fluorescence Labeling of PPNPs. PPNPs were fluorescently labeled by the CSD method for biodistribution analysis.31 Twenty milligrams of PPNPs was added to 9 mL of DW and sonicated for 10 min. Three milliliters of an RBITC solution (1 mg mL⁻¹) in THF was added to the PPNP solution followed by stirring for 3 days. After stirring, the R-PPNPs were separated by vacuum filtration using a 0.2 μm PVDF filter to remove unlabeled RBITC in the reaction solution and dried at room temperature. The morphology and chemical structure of the R-PPNPs were analyzed by FE-SEM and FT-IR spectroscopy, respectively. Fluorescence spectra were measured using a fluorescence spectrometer (FS-2, SINCO, South Korea). Photostability was evaluated by comparing changes in the fluorescence intensity using a multimode microplate reader (Cytation5, BioTek Inc., USA) with excitation/emission wavelengths of 540/580 nm for 10 min at 1 min intervals.

4.5. Zebrafish Maintenance. Zebrafish AB strains were maintained at 28.5 °C with a light cycle of 14 h light/10 h dark and fed brine shrimp twice per day. The ZFEs were obtained by using the following process. Male and female zebrafish were set up as pairs before mating in breeding tanks with a divider. The divider was removed the next morning, and the zebrafish were stimulated with light. The eggs were dropped on the bottom of the tank and collected, pooled, and rinsed with EW. Prior to the experiments, fertilized eggs were observed under a stereomicroscope (S6D, Leica, UK), and dead/unfertilized embryos were removed.

4.6. In Vivo Experiments of R-PPNPs on ZFEs. Healthy ZFEs at 24 h postfertilization (hpf) were treated with pronase (1 mg mL⁻¹) to remove the chorion. Prior to exposure, R-PPNPs were added to EW and sonicated for 10 min until resuspended. Then, the dechorionated embryos were placed in a 6-well culture plate containing 50 ppm R-PPNPs in 5 mL of solution per well at 24 and 72 hpf. The R-PPNP-treated ZFEs were rinsed with fresh EW after 24 h of incubation, anesthetized with tricaine, and observed under an upright clinical microscope (Eclipse Ci, Nikon) with fluorescence filters (DAPI filter set, excitation/emission at 375/460 nm, mCherry filter set, excitation/emission at 570/645 nm) under halogen lamp illumination at 48 and 96 hpf. Transverse sections of ZFEs were prepared by fixing with 4% paraformaldehyde at 4 °C, embedding in an agar block, soaking in a 30% sucrose solution, and cryosectioning to a thickness of 25 μm. Fluorescence images of the sectioned ZFEs were obtained by upright microscopy with a fluorescence filter and monochrome camera (Progres Gryphax@Rigel, Jenoptik, Germany). All zebrafish experiments were performed in compliance with the guidelines of the Korea Research Institute of Bioscience and Biotechnology (KRIIB), and the experimental protocols were approved by KRIBB-IACUC (approval number: KRIBB-2022-AEC-02083).
edema, yolk necrosis, curved tails, fin deformities, and head
malformation. The rate of deformity was \((\text{abnormal embryos})/\)
\((10 \text{ embryos}) \times 100\). All experiments were performed in
triPLICATE.

4.8. Statistical Analysis. Statistical tests were performed
by one-way analysis of variance using Origin 2020b software
(Origin Lab Corporation Inc., USA). Tukey’s test was used to
compare the toxic effects of the PPNPs and R-PPNPs against
controls. A significant difference was observed when \(p < 0.05\).

**ASSOCIATED CONTENT**

Supporting Information

The Supporting Information is available free of charge at
https://pubs.acs.org/doi/10.1021/acsomega.1c06779.

The yield of PPNPs by the NIPS method (Table S1),
DSC melting results of PP pellets and PPNPs (Table S2),
mortality and deformity of PPNP- and R-PPNP-
treated ZFEs (Table S3), SEM images of PPNPs using
DW as a nonsolvent (Figure S1), SEM images and size
distribution of R-PPNPs (Figure S2), standard curve for
the fluorescence intensity of RBITC (Figure S3),
hydrodynamic size and zeta potential measurements of
PPNPs (Figure S4), cross-sectional images of ZFEs at 48
hpf after R-PPNP exposure at 24 hpf for 24 h (Figure
S5), cross-sectional images of control ZFEs at 48 and 96
hpf (Figure S6), and the standard curve of R-PPNPs and
the comparison of R-PPNPs in ZFE at 96 and 120 hpf after exposure at 72 hpf for 24 h (Figure S7). (PDF)

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Author Contributions

W.S.L. and H.K. designed and performed the synthesis,
characterization, and fluorescence labeling of polypropylene
nanoplastics. Y.S. performed the zebrafish experiment and
analysis on the sample via microscopic observation. J.J.
conceived the idea and supervised the project. T.K. provided
the analytical feedback. W.S.L and J.J. mainly wrote the
manuscript, and all authors read, provided the feedback, and
approved the final manuscript.

Notes

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**ABBREVIATIONS**

NPs, nanoplastics; PP, polypropylene; PPNPs, polypropylene
nanoplastics; NIPS, nonsolvent-induced phase separation;
CSD, combined swelling-diffusion; ZFEs, zebrafish embryos;
PS, polystyrene; PE, polyethylene; SEM, scanning electron
microscopy; DLS, dynamic light scattering; FT-IR, Fourier-
transform infrared; DSC, differential scanning calorimetry;
PTFE, polytetrafluoroethylene; PVDF, polyvinylidene fluoride;
THF, tetrahydrofuran; RBITC, rhodamine B isothiocyanate;
R-PPNPs, RBITC-labeled PPNPs; DW, distilled water; EW,
E3 egg water; \(M_p\), melting point; \(T_c\), crystallization tempera-
ture; \(T_m\), high, high melting temperature; \(T_m\), low melting
temperature; hpf, hours post fertilization; DIC, differential
interference contrast

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