A New Attitudinal Integral-Model to Explain Green Purchase Intention

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Abstract: This study explores the relationship between different implicit and explicit attitudes and green purchase intention. A distinction is made between the cognitive and affective components of implicit attitudes. Negative-oriented attitudes such as cynicism and skepticism are also examined. The data collection process provided 724 responses to two online Implicit Association Tests, followed by a questionnaire on explicit attitudes. Two products (insecticide and toothpaste) in green and conventional formats were used. Each individual responded to a random choice of one of these two products. Structural equation modeling was used to test the research hypotheses. The cognitive and affective components of implicit attitudes were confirmed to be different constructs. Only the cognitive construct was observed to influence attitudes toward green products. Skepticism was observed to negatively influence attitudes toward green products, although it was not found to influence either attitudes toward purchasing green products versus conventional products or purchase intentions. This study offers an innovative approach by examining different types of attitudes that have never been analyzed together in the literature on green products.

Keywords: implicit attitudes; explicit attitudes; cognitive attitudes; green products; skepticism; cynicism; purchase intention

1. Introduction

Green products, which are also described as “sustainable,” “environmentally friendly,” “pro-environmental,” and a host of other terms, have undergone considerable development in the last two decades. This development owes to an increase in consumer environmental awareness [1] and initiatives by industry and institutions [2,3]. However, it is still common to encounter contradictory behaviors in relation to the environment. For example, plastic bags are eschewed, while harmful pesticides and cleaning products are profusely used. Similarly, the separation of waste in the home has increased, yet products that are difficult to recycle are still popular.

The literature shows that attitudes, knowledge, values, environmental awareness, and perceived effectiveness are antecedents of green purchase intention [4–6]. However, in the case of attitudes, the literature scarcely addresses the role of implicit attitudes and negative-oriented attitudes in the development of green purchase intention. Although implicit attitudes affect almost all human behaviors [7], only a few studies have analyzed their influence on green purchase choice and behavior [8–10]. There is a rich literature on the role of cynicism and skepticism (as negative-oriented attitudes) in green purchase behavior [11,12], specifically in relation to green purchase intention [13–15].

Implicit attitudes are important because, unlike declared or conscious attitudes, they improve the prediction of behaviors that require little cognitive processing and are more spontaneous [16,17].
Likewise, cynicism and skepticism are relevant attitudes because they negatively influence purchase intentions [13,14] as a result of questioning the safety, functionality, and veracity of the claims made about green products. In short, there is a need to understand what types of attitudes shape green purchase intention. In contrast, seemingly no studies offer comprehensive analysis of all of these types of attitudes. This study fills this gap in the literature.

2. State of the Art

2.1. Green Purchase Intention

Purchase intention can be understood as the willingness to acquire a product in the future. Most of the literature presents purchase intention as a conscious plan to perform a future behavior (e.g., [18]), expressed as a subjective probability of what the consumer wishes to achieve [19]. Purchase intention has also been considered the result of a comparison between the attitudes, advantages, and perceived drawbacks of a product [20]. Kim and Ko [21] stressed its attitudinal nature, which combines consumers’ interest in and predisposition toward making a future purchase, describing purchase intention as a measure of a consumer’s future contribution to a product or brand. The intention to purchase also refers to the willingness to express emotions. Emotions play a key role in the desires of consumers and, therefore, in their predisposition to purchase [22]. Thus, although the rationalist approach is part of the equation to explain the human behavior, the predominance of rational mechanisms is surpassed. There is wide consensus that emotions are what really govern human behavior [23]. Also, in the field of marketing, we have moved from an approach based on supply and the rational study of the consumer to a marketing based on experiences and emotions [24].

Purchase intention has proven to be a good general predictor of future behavior, with greater predictive capacity in the short term and under conditions that tend to be easily met [25]. Therefore, it has been used as the best proxy of future behavior both to predict the sales of existing products and to estimate the potential demand of new products [26]. In practice, purchase intention is a consumer’s declaration of a predisposition to purchase, barring any significant contingencies in the market or the consumer’s personal situation.

2.2. Attitudes as Antecedents of Green Purchase Intention

2.2.1. An Overview of Attitudes

All relevant explanatory models of purchase intention depict attitudes as an important antecedent [19,27]. Many approaches have been proposed to define and understand attitudes [28]. The most widespread conception is to consider them as a multifaceted phenomenon that expresses a tendency to act in a certain way. This tendency is derived from the overall evaluation of ideas, objects, or people and has three fundamental characteristics: Stability (unlike motivations, which are more short term), a relationship between the person and the object, and polarity (the person takes a favorable, unfavorable, or ambivalent stance toward the object [29]).

Attitudes are temporal constructions that stem from general evaluations based on cognitions and previous evaluations, although they are not stored in the minds of consumers [30]. Accordingly, the intensity and valence of an attitude are strongly associated with the idea that consumers have of the product at the time they make an evaluation. Because this evaluation is irreversible, it decays over time [28]. However, the literature also shows that there are highly persistent attitudes, including negative attitudes such as contempt and cynicism [31,32] and implicit attitudes that are rooted in early-life experiences [33].

Scholars have established the existence of a dual-attitude structure [34,35] that differentiates between implicit, or unconscious, attitudes and explicit, or conscious, attitudes. Whereas implicit attitudes are highly stable and resistant to change, explicit attitudes are more malleable and can change quickly [34,36]. Although it has been shown that the two types of attitudes might be different
manifestations of the same mental structure [37], low correlations between their measurements in a wide range of areas have been reported [38], and there is a long-established literature discussing their differences [38,39].

2.2.2. Implicit Attitudes

The general assumption is that implicit attitudes are “traces of past experience that mediate favorable or unfavorable feeling, thought or action” [40] with four fundamental characteristics: Unconscious intent, efficiency, lack of awareness, and lack of control [41]. Today, implicit attitudes are considered to form a fundamental part of the drivers of behavior and to be present in many kinds of behaviors, from behaviors related to health, product consumption, and news media to spontaneous affect in daily life [7,42].

As occurs with explicit attitudes, the cognitive and affective dimensions are essential to implicit attitudes [43,44]. These two dimensions reflect the inputs and mental processes related to stereotypes and prejudices. The affective dimension refers to implicit social archetypes, whereas the cognitive dimension refers to prejudices, since they stem from concepts and beliefs [45]. Similarly, recent advances in neuroscience [46] have shown that the models of automatic association (affective) and deliberation (cognitive) are useful to explain how implicit attitudes act. Moreover, Trendel and Werle [47] found that both attitudinal dimensions are constructed independently of overall implicit attitude. The following hypothesis is thus proposed:

**Hypothesis 1 (H1).** The cognitive and affective dimensions of implicit attitudes are separate constructs.

In relation to “green products,” Vantomme et al. [8] reported that implicit and explicit attitudes may be dissociated, although they observed inconsistent results in terms of their role. Whereas one experiment showed that implicit attitudes toward green products are more positive than toward conventional products, another experiment did not show this difference. Regarding environmental attitudes, Levine and Strube [9] found that implicit and explicit attitudes are significantly related to one another. Along these lines, Pegan and Luca [10] found that the two types of attitudes are positively and significantly correlated. Because implicit attitudes may have separate affective and cognitive dimensions and certain findings indicate an inconsistent influence of implicit attitudes on explicit attitudes, the following hypotheses are proposed:

**Hypothesis 2 (H2).** The cognitive dimension of implicit attitudes influences explicit (conscious) attitudes toward green products.

**Hypothesis 3 (H3).** The affective dimension of implicit attitudes influences explicit (conscious) attitudes toward green products.

2.2.3. Consumer Cynicism and Skepticism

Attitudes refer to the evaluation of a phenomenon of a neutral or ambivalent nature (the perception of green products need not be good or bad per se). However, certain attitudes have a negative-oriented nature, referring to resistance, opposition, hostility, confusion, or mistrust regarding the true nature, attributes, and functionality of green products and the purchase of these products [1,31]. These attitudes are especially important because they are difficult to change and because they are a fundamental part of the comparative evaluations that consumers make in their decision processes. In practice, they can nullify purchase intention [48].

Cynicism is a multifaceted, complex phenomenon that manifests itself in a wide variety of areas of human activity, appearing in the form of political, psychological, societal, organizational, and consumer cynicism. Cynicism can be understood as a philosophy of life, a feeling, a stable dimension of human personality, or a manifestation of mistrust toward the motivations and actions of others [49]. Many
theories (e.g., social exchange theory, psychological contract theory, and frustration-aggression theory) support the idea that cynicism is an inextricable element of human behavior [50], with an extensive literature discussing its antecedents and consequences [51,52].

Cynicism is typically defined as a negative, stable, and learned attitude that consumers hold against markets, firms, or products because they perceive a widespread opportunism of firms that is to their detriment [53,54]. For most scholars, cynicism is a response based on a general mistrust that manifests itself in not believing in the goodness of human motives and actions. For example, based on Pollay’s research [55], Odou and De Pechpeyrou [56] defined cynicism as a constant state of suspicion, used as a psychological weapon to neutralize the influence of marketing actions.

Unlike cynicism, skepticism may be considered a situational doubt, suspicion, or disbelief. It causes consumers to be averse to something in particular and is a primarily cognitive response to communication (advertising, claims made on packaging, etc.) that is influenced by context [57]. Although these concepts are closely linked and have been used indistinctly [11], there is empirical evidence that they are different constructs [48]. For example, Ryu and Jun [58] showed that skeptics doubt the facts and tend to seek information to discern the truth, whereas cynics not only fail to believe the facts but also tend to infer selfish hidden motives. Furthermore, Goh and Balaji [12] do not view skepticism as a stable long-term attitude but rather as a consumer response that may vary according to the context or situation.

Helm et al. [54] showed that both attitudes have a subtle yet widespread effect on consumer behavior. Accordingly, it is reasonable to deduce that this effect also occurs with green products and that the relationship between cynicism and skepticism is direct and positive. Therefore, the following hypothesis is proposed:

**Hypothesis 4 (H4).** In reference to green products, cynicism is positively related to skepticism.

The literature stresses the idea that skepticism has a significant impact on consumer attitudes and behaviors [15,59]. It has been shown that green consumers are especially skeptical with respect to advertising and claims, demanding extra information on green products as a strategy to alleviate their doubts [11]. Goh and Balaji [12] also report that the most skeptical consumers tend to have more negative attitudes toward the purchase of these products. Therefore, the following hypotheses are proposed:

**Hypothesis 5 (H5).** Skepticism is negatively related to attitudes toward green products.

**Hypothesis 6 (H6).** Skepticism is negatively related to attitudes toward the purchase of green products.

**Hypothesis 7 (H7).** Skepticism is negatively related to green purchase intention.

### 2.2.4. Explicit Attitudes toward Green Products and the Purchase of Green Products

The generation of attitudes toward green products and the predisposition to purchase these products are two distinct phenomena. Attitudes toward green products derive from a generic comparison of the superior qualities of these products without considering them a potential choice by the consumer. Nevertheless, the predisposition to purchase green products also entails emotional and functional antecedents [60,61] that affect a choice that is prior to purchasing, whereby the possibility of purchasing a green product is compared with that of purchasing another product that is not green.

Attitudes toward green products are known to be higher than attitudes toward conventional products [62], as is also the case in other positive-natured areas such as health, exercise, and food safety. However, there is also a gap between attitudes (toward a product) and their manifestation in the form of attitudes toward a purchase. Given that attitudes toward a product influence attitudes toward purchasing that product [63,64], the following hypothesis is proposed:
Hypothesis 8 (H8). Attitudes toward green products influence attitudes toward the purchase of these products.

The literature shows that, in general, attitudes are a solid antecedent of purchase intention. In reference to green products, Honkanen et al. [65] and Demirtas [66], among others, have shown a significant positive relationship between attitudes toward green products and the intention to purchase these products. Nevertheless, for certain aspects that are strongly related to attitudes, different relationships have been found. For example, D’Souza et al. [67] found a negative relationship between the general view of green products and purchase intention, and Wee et al. [68] did not find a significant effect of this perception on intentions to purchase organic food. Therefore, the following hypothesis is proposed:

Hypothesis 9 (H9). Attitudes toward the purchase of green products influence future purchase intentions.

The proposed empirical model appears in Figure 1.

![Proposed attitudinal model.](image)

Figure 1. Proposed attitudinal model.

3. Method and Materials

3.1. Fieldwork and Participants

3.1.1. Fieldwork

Data were collected in May 2018 by recruiters who contacted participants to respond to an online questionnaire. There were five requirements to be invited to participate: (1) to be aged from 25 to 65 years, (2) to have a home Internet connection, (3) to be a Spanish resident and have a native level of the Spanish language (the questionnaire was in Spanish), (4) to have no mobility issues with hands or arms and have no disability that prevented the use of a computer keyboard and mouse to complete the online questionnaire, and (5) to be willing to collaborate in a scientific study. The recruiters explained that the questionnaire should be completed when the respondents had 15 minutes of time available at home rather than at work or while traveling to avoid distractions and that the respondents should complete the questionnaire alone from a desktop or laptop computer.

The participants were contacted personally by recruiters using systematic sampling in public places and on social media. The places to recruit participants were bus and train stations, and shopping malls. Each recruiter contacted every 10 minutes with those who passed by him/her (e.g., 18:00 h, 18:10, 18:20, 18:30). For social networks, each recruiter used the following system: (1) Visit profiles on Facebook, Instagram, Twitter, or LinkedIn (profiles contacted must alternate gender and age level); (2) request participation in the study by sending a private presentation message; and (3) after receiving each positive response, the web link was sent. Each recruiter verified that his/her sampling quotas
were fulfilled (Male = Female = 50%; Boomers = Generation X = Millennial = 33%), and each new participant resided in a different municipality. Likewise, each recruiter could choose the place and/or the social network. The people contacted received a message or physical card with the basic description of the study and the web link to access the online questionnaire.

The participants were informed that there would be no financial reward, that their participation would enable “research into an important complex phenomenon in green purchasing,” (Different names were analyzed for the product categories: (Green; Environmental; Organic; Natural; Environmentally friendly; Sustainable) vs. (Non-green; Non-environmental; Non-organic; Chemical; Conventional; Non-sustainable)). In the Spanish questionnaire, these terms appeared as (Ecológico; Ambiental; Orgánico; Natural; Respetuoso con el entorno; Sostenible) vs. (No ecológico; No ambiental; No orgánico; Químico; Convencional; No sostenible). In Spain, the term “organic” (“orgánico”) is hardly used by consumers. In this study, we used the term “green” (“ecológico”) because it is more identifiable and commonly used. The respondents also were told the questionnaire do not collect any personally identifiable information.

3.1.2. Participants

In total, 841 consumers were contacted, and 724 valid responses were gathered (86.2%) from consumers in 62 cities in Spain. The sample is made up of a 50.3% of women, with age mean of 41.7 (SD = 11.6). By generation, the consumers belonged to the Baby Boomers (32.2%), X (29.7%), and Millennial (38.1%) generations. Regarding education, 4.6% had primary education, 12.2% lower secondary, 29.3% upper secondary, 12.6% undergraduate, and 41.4% postgraduate.

3.2. Instruments (Items of the Different Instruments are Detailed in the Results Section)

3.2.1. Green Purchase Intention (INT)

Lee’s proposal [69] to measure “green purchase intention” was adopted. This proposal is based on studies by Kim and Pysarchik [70] and Chan [71]. The instrument is a four-item, 7-point Likert-type scale ranging from 1 (strongly disagree) to 7 (strongly agree). The item “I feel like buying a pro-environmental product [toothpaste/insecticide]” was discarded because during the pretest participants did not understand the concept of “I feel like buying . . . ” to evaluate products that are considered utilitarian. Instead, the item “Next time, I will show an interest in buying a green [toothpaste/insecticide]” was included.

3.2.2. Implicit Attitudes (COG; AFF)

The Implicit Association Test (IAT), which was developed by Greenwald et al. [72], was used. This test is valid for the measurement of individuals’ implicit attitudes [73] and is widely used in the literature [74]. The IAT measures the intensity of the automatic associations between certain concepts. It is a measure of an individual’s underlying predisposition toward an object or phenomenon. The IAT uses discrimination concepts, attributes, and stimuli that are combined, using a standard protocol, to produce a measure of the association that each individual makes between concepts and attributes. This test has been used to study implicit attitudes toward genetically modified food [75], the role of implicit attitudes in the choice of organic food [76] and the capacity of implicit attitudes to explain intentions to buy organic wine [77]. The IAT is considered a good predictor of actual behavior.

However, the IAT is unable to distinguish between the dimensions that contribute to general attitudes, offering only a single overall score that prevents discrimination between dimensions. This weakness was highlighted by Schnabel et al. [78], who noted that implicit associations may be subject to semantic interpretations. Therefore, adopting Gattol’s et al. approach [79] to multidimensional IAT, this study differentiated between implicit attitudes where the emotional dimension is predominant (feelings) and implicit attitudes derived from cognitive processing (thoughts). However, this study did not use the D measure proposed by Gattol et al. [79] but rather the improved algorithm developed
by Greenwald et al. [80], using the script for R software [81]. Thus, two linked IATs were proposed: An initial IAT where the stimuli were only cognitive and a subsequent IAT where the stimuli were exclusively affective. Section 3.3 details the procedure used to build these two IATs.

The intensity of the association was calculated using the average time taken by the individuals to assign responses to the stimuli. This calculation provided a score that resembles the concept of effect size. This score is dimensionless and ranges from $-2$ to $+2$. To interpret this score, the same breakpoints as for Cohen's $d$ statistic are usually used, namely $0.20 = \text{small}$, $0.50 = \text{medium}$, $0.80 = \text{large}$, and $1.30 = \text{very large}$ [82]. The sign of the score indicates the type of association. Thus, a positive sign would imply that the concept “green” is associated with the positive attributes and that the concept of “non-green” is associated with the negative attributes. A negative sign would mean the opposite.

3.2.3. Explicit Attitudes toward Green Products (PRO)

Gil et al.’s [83] nine-item, 7-point Likert scale ranging from 1 (strongly disagree) to 7 (strongly agree) was used. This instrument was developed to measure individuals’ predisposition toward organic food, but it can be used for any other type of product. The respondents were asked to “indicate your degree of agreement or disagreement with the following statements.” Gil et al. [83] detected two factors (positive and negative aspects), and the scale has been used in previous studies, offering high levels of reliability (Cronbach’s alpha $> 0.8$) and sufficient validity [84]. The original wording of the items was preserved, except that “Organic products” was changed to “Los productos ecológicos.”

3.2.4. Explicit Attitudes toward Purchasing Green Versus Conventional Products (PUR)

An instrument consisting of items from the scales developed by Berndsen and Van der Pligt [60] and Thøgersen et al. [61] was used. The respondents were asked, “What is it like for you to buy green products instead of conventional products?” An eight 7-point semantic differential items were used. Each item was identified with a pair of opposite states: Harmful–Beneficial, Foolish–Wise, Good–Bad (reversed), Unpleasant–Pleasant, Against–For, Unfavorable–Favorable and Positive–Negative (reversed). An extra item extra was added with the states Unattractive–Attractive to give a greater balance between items of cognitive and affective natures.

3.2.5. Consumer Cynicism (CYN)

The eight-item 7-point Likert scale ranging from 1 (strongly disagree) to 7 (strongly agree) proposed by Helm et al. [54] was used. The reliability reported by these authors was greater than 0.8, and the instrument met the criteria of convergent and discriminant validity. Swalwell [85] reported a reliability of 0.95 and mean inter-item correlation of 0.71 and indicated that the instrument met the validity requirements.

3.2.6. Consumer Skepticism (SKE)

The instrument proposed by Mohr et al. [57], which consists of four 7-point Likert-type items ranging from 1 (strongly disagree) to 7 (strongly agree), was used. For the original version, sufficient reliability was reported (0.79), and the instrument met the requirements for convergent and discriminant validity. Recent studies [86] have reported reliabilities of between 0.80 and 0.83 and have indicated that the instrument had convergent and discriminant validity. An additional item was added in the form of the statement, “I sometimes doubt that these messages are true,” in reference to environmentally friendly claims.

3.3. Procedure and Questionnaire

3.3.1. Design of the IATs

The 6-stage procedure followed in this study is now described.
Stage 1. Establish the dimensions of each IAT. One IAT focused on the cognitive dimension, while the other focused on the affective dimension. For the cognitive dimension, the quality of “functionality” was chosen, whereas for the affective dimension, the quality of “favorability” was chosen. Whereas the first quality refers to rational perceptions, the second refers to feelings.

Stage 2. Establish the basic elements for each IAT. First, target concepts “Organic” vs. “Non-organic.” These concepts were represented using images of the products and their packaging, which enabled differentiation between the concepts of “Organic” and “Non-organic.” The cognitive and affective IATs presented the same target concepts. Second, discrimination attributes. They were the names used to express the positive and negative aspects of the attributes. For the cognitive IAT, the attributes were “Effective-Ineffective,” and for the affective IAT, the attributes were “Favorable-Unfavorable.”

Stage 3. Choose the stimulis for each attribute. A list of 15 words was prepared for each attribute. These words were voted on by two groups of university students (mean age of Group 1: 22 years; mean age of Group 2: 40 years). Each student chose a maximum of three stimuli that best evoked the attributes. Finally, the four words chosen the most for each item were kept.

Stage 4. Choose the products. The products had to have four characteristics:

1. Universal use so that all respondents were familiar with using these products.
2. No sex or age bias. For example, products such as hairspray (mainly for women) or hair gel (mainly for men) had to be avoided, as did products mainly consumed by a certain generation (e.g., wine, which is consumed mainly by older consumers).
3. Packaging that clearly displays differences between organic and non-organic versions.
4. Similar average price so that a large perceived difference in product price does not introduce uncontrolled bias.

Finally, a list of three products (insecticide, toothpaste, and shampoo) was prepared. Insecticide and toothpaste were chosen to prevent both products from belonging to the same product category (personal hygiene).

Stage 5. Choose images to be presented. A search for public images of products was conducted. Three were chosen for each target concept (organic and non-organic) and product. Some brands did not have any organic version, so the organic version was created by modifying the original image (for an example, see Appendix A). To avoid the possible effect of brand reputation, products that were not available in the Spanish market were chosen.

Stage 6. Choose instruments described in Section 4.2.

3.3.2. Questionnaire

A three-part online questionnaire was designed. The first part requested informed consent, indicating the scientific nature of the study, the voluntary nature of participation, and the fact that no personally identifiable information would be collected. The second part consisted of the two consecutive IATs. The first IAT comprised the cognitive attributes, while the second consisted of the emotional attributes. The third part included questions related to the variables of green purchase intention (both in general and for specific products), explicit attitudes, skepticism, cynicism, and basic sociodemographic variables (age, sex, and education).

The images did not contain details of textual information, initials, or symbols so that the images were clear, easy to visualize, and uncluttered. It was deemed that cluttered images could slow response times, transforming the responses to non-automatic responses. The IATs used images of packaging with real and dummy brands that were little known or unknown in the Spanish market. All images were public and high quality, and they were gathered from the Internet or created ad hoc.

The questionnaire was pretested with a group of 15 university students (mean age 22 years) and by three non-university participants aged over 50 years. Formal aspects (wording and layout), structural aspects (response time and dynamics), and content aspects (understanding) were assessed. Table 1
shows the sequence of tasks completed in the two IATs. Appendix A shows other relevant aspects of both IATs.

**Table 1. Sequence of Implicit Association Test (IAT) tasks (for both IATs).**

| Round | Task                          | IAT    | Assigned Answers |
|-------|-------------------------------|--------|------------------|
| 1     | Target concept discrimination | Both   | Green            |
| 2     | Discrimination of attributes  | IAT1   | Func             |
| 3     | Trial of combined tasks       | IAT1   | Green and Func   |
| 4     | Test of combined tasks        | IAT2   | Green and Favor  |
| 5     | Reversed target discrimination| Both   | NGreen           |
| 6     | Trial of reversed combined tasks | IAT1 | NGreen and Func |
| 7     | Test of reversed combined tasks | IAT2 | NGreen and Favor |

Notes: NGreen = Non-green or conventional product, Func = Functional, NFunc = Non-functional, Favor = Positive or favorable emotions, Unfavor = Negative or unfavorable emotions, IAT1 = IAT of cognitive attributes (efficacy), IAT2 = IAT of affective attributes.

3.4. Methods

Back-translation was used to translate the items from instruments originally written in English but not adapted to Spanish [87,88]. The responses to online information were captured using the software developed by Mason, Allon, and Ozturk [89]. This software provides the degree of association using the speed with which the individuals respond to the presence of the stimuli (images and attributes/words).

All variables included in the model, except implicit attitudes, were calculated using the mean value of the items, subsequently normalized to the range (0,1) to enable better interpretation of the data. EQS Version 6.1 was used to perform the confirmatory factor analysis and the structural equation modeling (SEM), and SPSS V22 was used for all other analyses.

4. Results

First, the measurement model was validated using covariance-based confirmatory factor analysis (CFA) with maximum likelihood estimation. Next, the hypotheses were tested using SEM.

4.1. Validation of the Measurement Model

To confirm that the explicit attitudinal measures were suitable, CFA was conducted to check the fit of the data matrix to the structure of the proposed constructs, excluding the implicit attitudes because the D scores were calculated following the procedure described in Section 4.2. It was observed that Mardia’s coefficient was 248.51. This value indicated the absence of multivariate normality and required the use of the robust estimation method. The fit was poor, as reflected by the following values: Satorra-Bentler chi-square (SBCS) = 1782.9 (df = 584, p < 0.05), normed chi-square (NCS) = 3.05, Bentler-Bonett non-normed fit index (BBNNFI) = 0.88, comparative fit index (CFI) = 0.89, and root mean square error of approximation (RMSEA) = 0.05 (RMSEA 90% CI = 0.05, 0.06). Although the values of the CFI and RMSEA were acceptable, the fit indices were below the values recommended in the literature, and the convergent validity of some instruments was not acceptable.

After eliminating items with low factor loadings (λ < 0.70) an acceptable solution is found: Mardia’s coefficient = 140.62, SBCS = 680.39 (df = 241, p < 0.01), NCS = 2.82, BBNNFI = 0.94, CFI = 0.95, and RMSEA = 0.05 (RMSEA 90% CI = 0.05, 0.06). All instruments had sufficient reliability (composite reliability CR ≥ 0.78) and met the conditions of convergent and discriminant validity (see Tables 2 and 3). Convergent validity was verified by using the confirmatory factor loadings (λ > 0.70) and by checking that the fit indices were greater than 0.90 [90] and that the RMSEA was lower than 0.08. Discriminant validity was verified by using the average variance extracted (AVE) coefficients [91] and by inspecting the confidence intervals of the correlations between the instruments. No interval should contain a correlation value of 1 [92,93]. In this study, all AVE values were greater than 0.50, and no confidence interval of correlations contained the value 1.
Table 2. Instruments, items, factor loadings, reliabilities, and convergent validities.

| Instruments and Items | M (SD) | λ   | SE  | R²  | CR  | AVE  |
|-----------------------|--------|-----|-----|-----|-----|------|
| F1. Purchase intention (INT) | 4.32 (1.71) | 0.77 | 0.64 | 0.59 | 0.91 | 0.71 |
| P1. I will definitely consider buying an X. | 4.44 (1.81) | 0.85 | 0.52 | 0.73 | 0.86 | 0.50 | 0.75 |
| P2. I will prioritize an X when shopping. | 5.00 (1.68) | 0.86 | 0.50 | 0.75 | 4.76 (1.74) | 0.86 | 0.50 | 0.75 |
| P3. I will recommend an X to people around me. | 5.57 (1.46) | 0.82 | 0.57 | 0.64 | 0.81 | 0.68 |
| P4. Next time, I will show an interest in buying an X. (*) | 5.00 (1.68) | 0.86 | 0.50 | 0.75 | 4.76 (1.74) | 0.86 | 0.50 | 0.75 |
| F2. Attitude toward green products (PRO) | 5.57 (1.46) | 0.82 | 0.57 | 0.64 | 0.81 | 0.68 |
| G1. Green products are healthier. | 4.99 (1.44) | 0.83 | 0.55 | 0.69 | 5.84 (1.13) | 0.78 | 0.63 | 0.61 |
| G2. Green products have superior quality. | 5.07 (1.62) | 0.85 | 0.53 | 0.68 | 5.84 (1.13) | 0.78 | 0.63 | 0.61 |
| F3. Attitude toward purchasing green vs. conventional products (PUR) | 5.73 (1.15) | 0.84 | 0.55 | 0.70 | 0.93 | 0.66 |
| H1. Harmful—Beneficial. | 5.57 (1.46) | 0.82 | 0.57 | 0.64 | 0.81 | 0.68 |
| H2. Foolish—Wise. | 5.00 (1.68) | 0.86 | 0.50 | 0.75 | 4.76 (1.74) | 0.86 | 0.50 | 0.75 |
| H3. Good—Bad (Reversed). | 5.84 (1.13) | 0.78 | 0.63 | 0.61 | 5.84 (1.13) | 0.78 | 0.63 | 0.61 |
| H4. Unpleasant—Pleasant. | 5.64 (1.18) | 0.83 | 0.56 | 0.68 | 5.84 (1.13) | 0.78 | 0.63 | 0.61 |
| H5. Against—For. | 5.51 (1.22) | 0.77 | 0.64 | 0.59 | 5.51 (1.22) | 0.77 | 0.64 | 0.59 |
| H6. Unfavorable—Favorable. | 5.86 (5.86) | 0.77 | 0.64 | 0.59 | 5.86 (5.86) | 0.77 | 0.64 | 0.59 |
| H7. Positive—Negative (Reversed). | 4.99 (1.44) | 0.83 | 0.55 | 0.69 | 5.84 (1.13) | 0.78 | 0.63 | 0.61 |
| F4. Skepticism (SKE) | 3.69 (1.62) | 0.70 | 0.71 | 0.49 | 0.78 | 0.55 |
| I2. Because environmental claims are exaggerated, consumers would be better off if such claims on package labels or in advertising were eliminated. | 4.04 (1.68) | 0.79 | 0.62 | 0.62 | 3.69 (1.62) | 0.70 | 0.71 | 0.49 |
| I3. Most environmental claims on package labels or in advertising are intended to mislead rather than to inform consumers. | 4.36 (1.74) | 0.70 | 0.71 | 0.49 | 4.04 (1.68) | 0.79 | 0.62 | 0.62 |
| I5. Sometimes I doubt that these claims are true. (*) | 4.36 (1.74) | 0.70 | 0.71 | 0.49 | 4.04 (1.68) | 0.79 | 0.62 | 0.62 |
| F5. Cynicism (CYN) | 5.24 (1.55) | 0.81 | 0.58 | 0.66 | 0.91 | 0.62 |
| K2. Most businesses are more interested in making profits than in serving consumers. | 5.07 (1.62) | 0.85 | 0.53 | 0.72 | 5.24 (1.55) | 0.81 | 0.58 | 0.66 |
| K3. Companies see consumers as puppets to manipulate. | 4.52 (1.57) | 0.71 | 0.71 | 0.50 | 5.07 (1.62) | 0.85 | 0.53 | 0.72 |
| K4. Manufacturers do not care what happens once I have bought the product. | 4.36 (1.57) | 0.71 | 0.71 | 0.50 | 4.52 (1.57) | 0.71 | 0.71 | 0.50 |
| K5. If I want to get my money’s worth, I cannot believe what a company tells me. | 4.72 (1.60) | 0.80 | 0.61 | 0.63 | 4.36 (1.57) | 0.71 | 0.71 | 0.50 |
| K6. Most companies will sacrifice anything to make a profit. | 5.00 (1.59) | 0.76 | 0.65 | 0.58 | 4.72 (1.60) | 0.80 | 0.61 | 0.63 |
| K7. To make a profit, companies are willing to do whatever they can get away with. | 5.00 (1.59) | 0.76 | 0.65 | 0.58 | 4.72 (1.60) | 0.80 | 0.61 | 0.63 |

X = Green product: insecticide/toothpaste; M = mean, SD = standard deviation, λ = standardized factor loading, SE = standard error, R² = R-squared, CR = composite reliability, AVE = average variance extracted.

Table 3. Discriminant validity of the instruments.

| Factors | Cov. | SE  | CI of Cov. | CI of Corr. |
|---------|------|-----|------------|-------------|
| INT–PRO | 0.74 | 0.04 | 0.66, 0.81 | 0.66, 0.81 |
| INT–PUR | 0.45 | 0.03 | 0.39, 0.52 | 0.39, 0.52 |
| INT–SKE | −0.16 | 0.04 | −0.25, −0.08 | −0.25, −0.08 |
| INT–CYN | −0.02 | 0.04 | −0.10, 0.07 | −0.10, 0.07 |
| PRO–PUR | 0.63 | 0.03 | 0.57, 0.69 | 0.57, 0.69 |
| PRO–SKE | −0.30 | 0.04 | −0.38, −0.22 | −0.38, −0.22 |
| PRO–CYN | −0.07 | 0.04 | −0.15, 0.02 | −0.15, 0.02 |
| PUR–SKE | −0.25 | 0.04 | −0.33, −0.17 | −0.33, −0.17 |
| PUR–CYN | 0.01 | 0.04 | −0.08, 0.08 | −0.08, 0.08 |
| SKE–CYN | 0.40 | 0.04 | 0.32, 0.47 | 0.32, 0.47 |

Cov. = covariance; CI = confidence interval, Corr. = correlation; SE = standard error.

4.2. Hypothesis Testing

H1 posits that cognitive implicit attitudes and affective implicit attitudes are different constructs. Pearson’s correlation test showed that they share a significant association (r = 0.52, n = 724, p < 0.05, Cohen’s d = 1.22) but are also different constructs. This is because the confidence interval of the
correlation did not contain the value 1 (95% CI = 0.45, 0.58; for 1000 bootstrap samples; SE = 0.03). The effect size was very large.

In relation to attitudes toward green products, a significant positive influence of cognitive implicit attitudes on attitudes toward green products was observed ($\beta = 0.28; t = 2.33; p < 0.05; \text{SE} = 0.12$). Skepticism also negatively influenced attitudes toward green products, as expected ($\beta = -0.31; t = 5.98; p < 0.01; \text{SE} = 0.05$). Affective implicit attitudes did not influence attitudes toward green products, contrary to what H3 posits ($\beta = 0.04; t = 0.29; p > 0.05; \text{SE} = 0.15$). Therefore, the results support H2 and H5. With respect to the relationship between cynicism and skepticism, a significant positive relationship was observed ($\beta = 0.37; t = 8.22; p < 0.01; \text{SE} = 0.04$), supporting H4. Considering attitudes toward the purchase of green versus conventional products, a positive relationship was observed between attitudes toward green products and attitudes toward the purchase of green versus conventional products, as posited by H8 ($\beta = 0.51; t = 10.57; p < 0.01; \text{SE} = 0.05$). In contrast, such a relationship was not observed for H6, which posits a relationship between skepticism and attitudes toward the purchase of green versus conventional products, because it cannot be considered different from zero ($\beta = -0.05; t = 1.39; p > 0.05; \text{SE} = 0.03$). Therefore, the results support H8, but H6 should be rejected.

Finally, with respect to purchase intentions, a significant positive relationship was observed between attitudes toward the purchase of green versus conventional products and purchase intentions, thereby supporting H9 ($\beta = 0.61; t = 10.29; p < 0.01; \text{SE} = 0.06$). In contrast, the relationship between skepticism and purchase intentions, posited by H7, was not significant ($\beta = -0.06; t = 1.21; p > 0.05; \text{SE} = 0.05$). Table 4 summarizes these findings.

### Table 4. Hypothesis testing.

| Hypothesis | $\beta$ | Results | $R^2$ | Verified/Not Verified |
|------------|--------|---------|------|-----------------------|
| H1 [r (COG, AFF)] | $r = 0.52$ | Cohen’s $d = 1.22$ | – | Verified |
| H4 (CYN → SKE) | 0.37 | $t = 8.22 \,*$ | 0.15 | Verified |
| H2 (COG → PRO) | 0.28 | $t = 2.33 \,*$ | | Verified |
| H3 (AFF → PRO) | 0.04 | $t = 0.29 \,ns$ | 0.10 | Not verified |
| H5 (SKE → PRO) | $-0.31$ | $t = -5.98 \,**$ | | Verified |
| H6 (SKE → PUR) | $-0.05$ | $t = -1.39 \,ns$ | 0.40 | Not verified |
| H6 (SKE → PUR) | 0.51 | $t = 10.57 \,**$ | | Verified |
| H7 (SKE → INT) | $-0.06$ | $t = -1.21 \,ns$ | 0.21 | Not verified |
| H9 (PUR → INT) | 0.61 | $t = 10.29 \,**$ | | Verified |

B = Standardized estimates; \,* p < 0.05; \,** p < 0.01; \,ns = not significant.

### 5. Discussion

The results support the majority of the hypotheses, reflecting the overall validity of the proposed attitudinal model. First, the results indicate that, as regards implicit attitudes toward green products, the cognitive component can be differentiated from the affective component, which is consistent with the ABC model of attitudes [94] and the findings reported by Trendel and Werle [47]. This finding implies that the preferences or evaluations that are generated outside cognitive processing also have a rational influence from what has been learnt subconsciously and what has been felt unconsciously.

Second, unlike in the study by Trendel and Werle [47], a significant effect was only observed for the effect of cognitive implicit attitudes on explicit attitudes. This finding stands to reason because these authors [47] analyzed responses to the choice of certain foods with a strong hedonic focus (e.g., chocolate). However, the green products considered in this study are functional, so the significance of the cognitive focus makes sense. This outcome is consistent with the findings reported by Maniatis [95],...
according to whom the evaluation of organic aspects requires complex cognitive mental interactions that involve consciousness, knowledge, and commitment.

Third, the results confirm the influence of cynicism on skepticism and of skepticism on attitudes toward green products, which is consistent with the findings reported by Albayrak et al. [14]. This skepticism can act in a positive way (e.g., helping to reduce the impact of a potential disappointment and improving critical thinking) or negatively (e.g., generating tainted evaluations that encourage apathetic or non-environmentally friendly behaviors). Because attitudes toward green products are negatively influenced by skepticism, to improve the attitudes of skeptical consumers, it seems advisable to develop strategies that offer arguments designed to encourage consumers to investigate the advantages of green products. Skeptical individuals are characterized by being highly demanding, not accepting information without first questioning it, and having a certain degree of mistrust as a personality trait. Therefore, to elicit positive attitudes toward green products, it seems advisable to use strategies that encourage a favorable view of green products and underpin their credibility. One strategy that could be used is to increase the reputation via corporate social responsibility and to improve the visibility of green products through institutional campaigns focused on their environmental benefits. In addition, and not least, companies should seek ways to generate economies of scale and reduce the price differential between green and conventional products.

Fourth, purchase attitudes (when green products are compared with conventional products) and purchase intentions are not affected by skepticism. The literature here is ambivalent. For example, Goh and Balaji [12] showed that skepticism reduces purchase intentions (for green products in general), whereas Wei et al. [96] found that it does not influence attitudes or purchase intentions. The results of this study indicate that attitudes and purchase intentions are resistant to a certain degree of consumer prejudice, which is consistent with the findings reported by Wei et al. [96]. This finding could be due to the fact that the formation of attitudes is reinforced by the growing demand for green products in all countries and sectors, and by the consumer’s fear of harmful chemicals (for example, pesticides). This may imply the perception that it is good to move away from conventional products, in addition to the fact that greater green awareness protects the willingness to buy.

Fifth and finally, although the explanatory capacity of the model ($R^2$) is 40% for attitudes toward purchasing green versus conventional products, it is lower ($R^2 = 20\%$) for purchase intentions. This difference might mean that attitudes explain a substantial part of the consumer’s position when the consumer considers the dilemma of choosing between a green and a conventional product, even though attitudes are incapable of encouraging future purchase decisions with respect to functional products. For consumers, the prospect of functionality is likely to be more relevant for a conventional product than for a green product. Notably, this result is not comparable with other $R^2$ values that have been reported (e.g., for upcycled products, [97]) because the model presented in this paper is solely attitudinal and does not include other perceptual variables. Further research is needed on this crucial point.

The results presented here should be considered in the light of two potential limitations. The first is methodological and is associated with the cognitive and affective IATs, which were presented in the same order to all participants. This procedure might have created an order bias because the software that was used prevented the randomization of the questionnaire blocks. Although there is evidence to suggest that the order in which the IATs are presented does not influence (or has only a minor influence) on the results [98], eliminating this order bias would be advisable in future studies. The second limitation refers to how the sample was drawn. All participants were residents in a country where the green market has grown massively in recent years, placing Spain among the top 10 countries with the highest organic consumption worldwide [99]. The replication of this study in countries with more or less development in the green sector would enable confirmation that the results reported here may be generalized and would allow evaluation of possible moderation by degree of development of the green market.
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Appendix A

| Table A1. Target concepts, attributes, and stimuli for IATs. |
|-------------------------------------------------------------|
| **Target Categories for Products (Insecticide and Toothpaste)** |
| **Target Concept: Green** | **Target Concept: Non-Green** |
| Images used and their characteristics | Images used and their characteristics |
| 3 images of insecticide: | 3 images of insecticide: |
| Image.Green1. Real product in foreign market. | Image.NGreen1. Real product in foreign market. |
| Image.Green2. Dummy product in domestic market. | Image.NGreen2. Dummy product in domestic market. |
| Image.Green3. Real product in domestic market. | Image.NGreen3. Real product in foreign market. |
| 3 images of toothpaste: | 3 images of toothpaste: |
| Image.Green4. Real product in foreign market. | Image.NGreen4. Real product in foreign market. |
| Image.Green5. Real product in foreign market. | Image.NGreen5. Real product in foreign market. |
| Image.Green6. Real product in domestic market. | Image.NGreen6. Real product in domestic market. |

**Example of dummy green product**

**Example of dummy non-green product**

| IAT-1: Functional attributes | IAT-2: Affective attributes |
|------------------------------|-----------------------------|
| Positive (Effective) | Negative (Ineffective) | Favorable | Not favorable |
| (Spanish Term Used in Italics) | | | |
| Convenient (Conveniente) | Inconvenient (Inconveniente) | Respectful (Respetuoso) | Harmful (Dañino) |
| Functional (Funcional) | Not functional (No funcional) | Protector (Protector) | Enemy (Enemigo) |
| Useful (Útil) | Useless (Inútil) | Satisfactory (Satisfactorio) | Unsatisfactory (Insatisfactorio) |
| Practical (Práctico) | Unnecessary (Innescessario) | Trustworthy (Confiable) | Questionable (Cuestionable) |

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