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SUMMARY Wireless sensor and actuator networks (WSANs) are expected to become key technologies supporting machine-to-machine (M2M) communication in the Internet of things (IoT) era. However, sensors must be able to provide high demand response (DR) levels despite severely limited battery power. Therefore, as part of efforts to achieve a high DR, we are working on research and development related to radio-on-demand sensor and actuator networks (ROD-SANs). ROD-SAN nodes are equipped with wake-up receivers that allow all nodes to stay in sleep mode for a long period of time, and transmit only after the receiver receives a wake-up signal. In addition, sender nodes can direct the receiver nodes to switch communication channels because the wake-up signal also includes information on the channel to use for communication between each other. However, as the number of nodes utilizing the same channel increases, frequent packet collisions occur, thereby degrading response performance. To reduce packet collisions, we propose an own-channel-utilization based channel switching (OCS) scheme, which is a modification of the average-channel-utilization based switching (ACS) as our previous works. The OCS scheme decides whether or not to switch channels based on a probability value that considers not only average-channel utilization of nearby nodes but also own-channel utilization. This approach permits node switching to other channels by considering the overall utilization states of all channels. In this paper, based on simulations, we show that our scheme can improve the delivery ratio by approximately 15% rather than ACS scheme.

key words: wireless sensor and actuator networks, ROD-SAN, channel switching

1. Introduction

Wireless sensor and actuator networks (WSANs) are expected to become key technologies supporting machine-to-machine (M2M) communication in the Internet of things (IoT) era. In use, WSANs often form multi-hop networks because it is necessary to collect an assortment of data packets over broad areas. For example, in the electric power industry, WSANs are often applied to smart grids, which control energy based on information obtained by smart meters. However, since it is important to achieve a demand response (DR) level that balances energy supply [1] in smart grids, WSANs must be capable of implementing rapid control changes. Additionally, power saving is also an important factor because WSAN sensors must collect and manage various data under severely restricted battery power conditions. Therefore, WSANs need the ability to provide both high response performance and power saving functions simultaneously.

In duty cycling, which is currently the most popular power saving scheme in WSAN management, sensors periodically cycle through active and sleep states, thereby drastically improving power saving by holding sensors in sleep mode whenever possible [2]–[5]. However, even as power saving performance is improved, long sleep intervals can significantly decrease response performance. In other words, duty cycling schemes attempt to trade-off the problems of power saving and response performance. On the other hand, the use of multiple channels is an effective way to achieve high response performance levels in wireless sensor networks (WSNs) [6]–[12]. Although all these schemes can improve response performance, they do not consider asynchronous communication which requires additional procedures in WSANs, such as when the control side of a WSAN suddenly sends a control message to actuators.

To appropriately balance power saving and high response performance, we are working on research and development of radio-on-demand sensor and actuator network (ROD-SAN) technology [13], [14]. All ROD-SAN nodes are equipped with a wake-up receiver and normally stay in sleep mode until activated by a wake-up signal. Since this wake-up receiver performs at ultra-low power, power conservation is improved. In other words, a ROD-SAN node can reduce the power consumption and accumulates surplus energy by operating on-demand between an active mode and a sleep mode compared with duty-cycling. Moreover, our previous studies showed that our scheme can extend the network lifetime while providing quick response by the actuation commands [15].

Additionally, the wake-up signal can also include node identification and communication channel information [15]. As a result, when necessary, a pair of sender and receiver nodes can switch to other channels after sending and receiving their individual wake-up signals. However, frequent packet collisions often occur even in the case of ROD-SANs that can flexibly change channels. One factor that is responsible for this problem is that multiple ROD-SAN nodes, operating autonomously, can select the same channel simultaneously. The other is that, with the growth and spreading of IoT technology, various communication standards have resulted in overcrowding of signals in the same frequency band. Wide range communication using low-power wide area (LPWA) technologies affect not only ROD-SAN systems, but also the majority of other wireless communication networks, and thereby increase the likelihood of packet collisions. Therefore, it is clear that an efficient channel switch-
ing scheme based on ROD-SAN technology can be expected to reduce the frequency of packet collisions.

In our previous studies, we proposed an average-channel-utilization-based channel switching (ACS) scheme [15], and evaluated the performance of multi-hop communication using that scheme [16]. In our ACS scheme, a sender node can change channels stochastically based on the utilization rate of each channel and the average utilization of all available channels. More specifically, sender nodes that are connected to channels experiencing high utilization will stochastically switch to low utilization channels, thereby reducing the potential for packet collisions. However, since the ACS scheme does not take into consideration the influence on the channel after the sender node switches, such switching operations can actually destabilize the destination channel and cause further performance deterioration.

In the present paper, we propose an own-channel-utilization-based channel switching (OCS) scheme, which is a modified version of the previous method [15]. An important characteristic of the proposed scheme is that wake-up receiver has the ability to monitor data frame transmissions on all channels. The OCS scheme measures the utilization of each channel using the wake-up receiver, and the sender node then calculates the average channel utilization ratio for all channels before transmitting data packets. Each node then calculates a probability based on the average channel utilization ratio and own channel utilization ratio to avoid imposing a significantly high load on a particular channel, and decides autonomously whether to switch channels based on this calculation. Since sender nodes select channels that will not exceed average channel utilization levels, each node can use all channels equally, and concentration on a specific channel is avoided. In this paper, we will demonstrate the effectiveness of our scheme by reporting on the results of simulations conducted to evaluate communication performance in terms of delivery ratio and fair use of each channel.

The remainder of this paper is organized as follows. In Sect. 2, we provide an overview of the ROD-SAN and describe the wake-up receiver, which is the most important element of ROD-SAN technology. In Sect. 3, we introduce related studies on channel reassignment, and then present an outline of the proposed scheme in Sect. 4. In Sect. 5, we show the simulation results obtained through the proposed scheme. Finally, in Sect. 6, we give our conclusions.

2. Radio-onDemand Sensor and Actuator Networks (ROD-SAN)

We have developed and implemented the ROD technologies [13], [17] based on the IEEE 802.11 standard. Our scheme can achieve both power saving and high responsiveness by running a sleeping access points (APs) with a wake-up receiver in order to perform wake-ups using a signal of existing wireless LAN. Therefore, the ROD technology proposed previously is applied to WSAN (i.e., ROD-SAN technology) [14]. In this section, we describe how to extend the basic concept of ROD technologies to ROD-SAN.

2.1 Extension for ROD-SAN from ROD Technologies

We developed a wake-up receiver operating in the 920 MHz frequency band. The characteristics of the ROD-SAN technology are as follows:

- The wake-up receiver is dedicated to detecting the data frame length.
- The wake-up receiver can operate at very low power consumption (0.5 mW or less).
- The wake-up receiver can detect the wake-up signal on the entire 920 MHz bands.
- The node can transmit the wake-up signal on any channel (without synchronization between a sender and a receiver.)
- A sleeping node equipped with a wake-up receiver switches to active mode whenever a wake-up signal is received from the sender.
- The wake-up signal includes the ID of the activating node, and is constructed of three frames. The wake-up receiver can determine this ID based on the length of the three frames.
- To send the wake-up signal, the node does not need a particular module, but instead uses the originally supplied transmission module (only a firmware update is necessary).

Note that there are many approaches using wake-up radio in order to achieve communication on demand [18]. ROD-SAN always consumes ultra-low power for wake-up receiver, but ROD-SAN can achieve higher responsiveness than existing wake-up approaches combining duty cycle. Furthermore, because the existing approaches requires an interface for transmitting the wake-up radio, the ROD-SAN which does not require it has the potential for scalability.

Figure 1 shows the ROD-SAN wake-up processing procedure. First, if a communication request occurs at a sender, that sender transmits a wake-up signal to the target receiver that is in sleep mode. When the wake-up receiver on the target receiver detects the wake-up signal, it instructs the processing module to switch to active mode, and the node then transmits an acknowledgment of the wake-up instruction to the sender node. When the sender node receives the acknowledgment from the target node, it then transmits the data packets. After these communication procedures have been completed, both the sender and receiver...
can switch back to sleep mode. By repeating this process, ROD-SAN can achieve both power saving and high response performance levels even in multi-hop environments. Since the power saving performance of ROD-SAN is evaluated by [14], it is omitted in this paper.

2.2 Challenges for ROD-SAN

ROD-SAN nodes can reduce needless power consumption by the use of a wake-up receiver, and can achieve a quick response to communication by on-demand access.

However, ROD-SAN may cause a performance degradation for packet delivery when a significant number of nodes are located within a small area, such as a smart town. This means that packet losses and transmission delays can increase due to multiple packet collisions between sensors and actuators. Additionally, ROD-SAN nodes should use the carrier sense multiple access with collision avoidance (CSMA-CA) scheme because the nodes frequently switch between active and sleep modes as a response to requests from the sender node. As a result, frequent retransmissions occur due to the multiple packet collisions, and sensors experience needless consume power as the number of retransmissions increases.

Therefore, we focus on a channel switching scheme using multiple channels for ROD-SANs to reduce packet collisions.

3. Related Works

A number of channel assignment schemes that use multiple channels to solve interference-related performance degradation problems have been proposed [19]–[21]. However, it is difficult for WSANs to use multiple channels simultaneously because their sensors typically have only one communication interface. Thus, channel assignment schemes that utilize centralized and distributed approaches to scheduling have also been proposed.

Centralized channel assignment schemes, MCRT [22], MODESA [23] can statically or dynamically assign channels in order to optimize performance. However, their scalability is limited because these schemes must be able to use network topology information such as link states and node positions. Distributed channel assignment schemes have also been reported [24], [25]. This scheme proposed by Phung et al. [24] achieves multi-channel efficiency by means of scheduled channel hopping. Additionally, since these are receiver-based channel assignment schemes, it is necessary to adjust the channels of one or more sender nodes to match the receiver node, which makes it difficult to alleviate channel interference in situations where numerous sender nodes exist. Furthermore, both channel synchronization overhead and power consumption will increase because there is no mechanism to facilitate physical channel switching, and node power consumption for optimum channel assignment will increase if the calculations are complex. Thus, a simple procedure is needed for both channel assignment and switching.

RM-MMAC [26], which is a reservation based multi-channel protocol, works by assigning a channel to each link in order to avoid channel interference among sender nodes. However, when each sender uses a different channel, receivers must switch channels frequently, thereby resulting in a sizable overhead in terms of power consumption and delivery delay. Furthermore, strict time synchronization is needed to coordinate between sender and receiver nodes because link-based channel assignment protocols switch channels based on a predetermined schedule. Therefore, the power saving performance may decrease since the sensors need to engage in continuous monitoring. Finally, while such protocols work to prevent nodes in a single wireless sensor network from interfering with each other, they do not consider interference from other networks using the same frequency band.

TMCP [27] is tree-based multiple channel assignment scheme. TMCP allocates different channels to each tree constructed by multiple sensors and thus improves throughput and delivery ratio. Although TMCP can alleviate the inter-flow interference among trees, it does not consider the intra-flow interference between multihop communication in the tree. To improve the efficient performance in multihop wireless communication, effective channel switching per a node (hop) is required to achieve not only low power consumption but also transmission delay.

Taking all of the above into consideration, it was felt that channel switching and assignment schemes in ROD-SAN must satisfy the following requirements:

- Provide dynamic and distributed link-based channel assignment.
- Use simple channel synchronization of sender and receiver nodes without time synchronization.
- Show consideration for other networks that use the same frequency, and facilitate fair channel usage.
- Realize channel switching per each node in multihop communication.

4. Proposed Scheme

In this section, we propose a channel switching scheme that addresses all of the abovementioned problems. We begin by extending the ROD-SAN wake-up function in Sect. 4.2 and introducing our previous work in Sect. 4.3, and then outline our newly proposed scheme in Sect. 4.4.

4.1 Assumption

The wake-up receiver effectively saves the power consumption by using the envelope detection that can be implemented as the simple circuit such as a passive band path filter (BPF). The wake-up receiver in ROD-SAN mounts the BPF corresponded to wide bandwidth (MHz levels), and it can detect the whole channel for 920 MHz bands. Therefore, if the envelope detection of each channel in 920 MHz
bands can be achieved by using passive BPF for narrowband (100 or 200 kHz), channel efficiency of ROD-SANs can be improved. However, there is no passive BPF corresponding to narrowband currently. In anticipation of future technological progress, we strongly believe that the detection capability of all channels can also be achieved by the introduction of the passive BPF corresponded to narrowband in this paper. Since the power consumption of the BPF is substantially zero, we assume that detection of all channels can maintain low power consumption without a significant increase in the power consumption of the wake-up receiver.

As a result, we add the following feature for ROD-SAN Wake-up Technology in this paper.

- The wake-up receiver can detect all channels available in the 920 MHz band simultaneously.

4.2 Extension of Wake-up Function in ROD-SAN for Multiple Channel Correspondence

When sensors use different channels in WSANs and ROD-SANs, both the sending and receiving nodes must synchronize the channel with each other before starting communication. These synchronizing functions are necessary in order to realize an autonomous and distributed channel assignment protocol for WSANs. However, message exchange for the synchronizing channels increases power consumption because each node must send and receive superfluous data that consumes unnecessary power. Thus, it is difficult to apply autonomous (dynamic) channel assignment protocol that need to synchronizing channels to traditional WSANs and ROD-SANs. Accordingly, we focus on the ROD-SAN wake-up functions (wake-up receivers and signals) in an effort to modify the functions that facilitate channel synchronization while maintaining power economy.

In particular, we add a frame to specify a channel for the wake-up signal that activates the node. As described in Sect. 2, the wake-up receiver is capable of detecting frame lengths. Thus, a sending node transmits three frames for identifying the node to be activated in the existing ROD-SAN. The node receiving the signal performs node identification from those three frames, and then switches to active mode if it is the addressee node. In our proposal, we focus on this function and add a modification to include wake-up channel information to the wake-up signal. In other words, a one-frame channel identification is added to the existing three frames node identification. The node that receives the wake-up signal with the channel identification changes to active mode, and switches to the specified channel. This method can reduce the overhead for synchronization between sending and receiving node.

Figure 2 shows the ROD-SAN channel switching procedure in the case of transmitting data from Node 1 to Node 3 via multi-hop communication. First, Node 1 transmits the frames containing both the wake-up ID (Node ID: 2) and channel ID (Channel: 2) as a wake-up signal to Node 2. When the Node 2 wake-up receiver detects the wake-up signal from Node 1 and determines that the signal is addressed to itself, it activates the processing module of Node 2 and Channel 2 of the wireless module. Then, Node 1 sends the data frame on Channel 2. If the data transmission is successful, Node 1 then switches to sleep mode. Node 2 also transmits frames for both the wake-up ID (Node ID: 3) and channel ID (Channel: 4) as a wake-up signal to Node 3, and then forwards the data frame received from Node 1 to Node 3. When Node 3 receives the wake-up signal, it can receive the data packet by switching to Channel 4 based on the received signals. Then, Node 2 switches back to sleep mode because its role is finished.

4.3 Previous Work: ACS

Previously, we proposed the average-channel-utilization-based channel switching (ACS) scheme [15] and evaluated its performance for multi-hop communication [16]. In the ACS scheme, a sender node can switch the transmission channel stochastically based on the utilization of each channel and the average utilization of all available channels. To accomplish this, each node uses the wake-up receiver to periodically calculate the utilization ratio for each channel \( u_{ch} \), and then calculate the average utilization from the results for all channels \( u_{ave} \). Each node then decides whether or not to switch using a probability \( (p) \) that is calculated based on \( u_{ch} \) and \( u_{ave} \), via following equation as

\[
p = \frac{u_{ch} - u_{ave}}{u_{ch}}.
\]  

The node randomly selects a channel to use, which is less than \( u_{ave} \), in order to disperse the load.

Using this process, the ACS scheme can equalize traffic over all available channels and reduces the chances of packet collisions in environments where all nodes use the same data rate, and timing. However, this scheme cannot use all chan-
nels equally when there are different transmission nodes operating in the neighborhood because the ACS protocol does not consider the influence on the channel after a sender node switches to a new channel. This means that the load on the new channel may drastically increase if a node with a high transmission rate switches to other channels. For this reason, channel switching scheme for ROD-SAN is required as below: (a) the scheme will allow all nodes to use the channels equally, and (b) the scheme can reduce packet collisions in environments where the data transmission rate of each node is different.

4.4 Proposed Scheme: OCS

In order to resolve the above issues, herein we propose the OCS scheme, which is an enhanced version of the ACS scheme. The OCS scheme decides whether or not to switch channels based on a probability value that considers own-channel utilization.

4.4.1 OCS Procedure

First, as previously mentioned, all ROD-SAN nodes monitor the utilization of all channels by using their wake-up receivers at given periods. As described in Sect. 2, by installing an efficient and straightforward filter, wake-up receivers can measure signals on all channels simultaneously. Furthermore, because the wake-up receiver can judge the strength of the received radio waves, it can also detect radio waves of all communication protocols, which makes it possible to calculate the utilization of each channel in the vicinity. Note that the wake-up receiver has a memory to store a length of a communication signal per channel. Although the processing module of the node is in a sleep mode, the wake-up receiver can store the length of a communication signal in the memory in the same way that it detects the length of the wake-up signals. The node calculates the channel utilization of each channel using the information stored between the signals received by the antenna of the wake-up receiver, because the signals that can be sensed by each node are different depending on the location of the node. The wake-up receiver on each node can collect and store utilization information for each channel per a given interval even when the node is in the sleeping mode in order to determine the usage status of all other channels. Figure 3 shows the overview of calculation of channel utilization ratios for each channel. For example, each node calculates and stores the channel utilization ratio $ch_u_i(t)$, $i \in N$ ($i$ is the channel number, $N$ is the set of available channels), in period of cycle $t$th.

Figure 4 shows the channel switching algorithm. The channel switching action performs only at the first frame transmission of each cycle because a channel switching for each frame increases the overhead for channel switching significantly. In other words, the transmission channel for each node is determined for each cycle based on the channel switching algorithm. The node operates using the channel switching algorithm shown in Fig. 4 and the steps below.

**Step (i): Calculating the average utilization:** The node calculates the average channel utilization ratio $ave_u(t)$ from the utilization values for each channel $ch_u_i(t)$. The $ave_u(t)$ shows a metric for the communication traffic in the space at period $t$, and $n$ indicates the maximum number of available channels. The node calculates the average channel utilization ratio as a criterial metric using below as

$$ave_u(t) = \frac{1}{n} \sum_{i=1}^{n} ch_u_i(t). \quad (2)$$

**Step (ii): Determining whether or not to switch channel:** The node determines whether or not to switch the channel based on the channel load. Specifically, the node compares the $ave_u(t)$ and the utilization of channel $o$ ($o$ is the channel used by the node), $ch_u_o(t)$. If $ch_u_o(t)$ is lower than $ave_u(t) + \alpha$, the node determines that the channel load $o$ is small and the probability of packet collisions is low, so it does not switch the channel. On the other hand, if $ch_u_o(t)$ is higher than $ave_u(t) + \alpha$, the node determines that the channel load $o$ is large, and that the probability of packet collisions is high. At that time, the node decides to perform...
channel switching and proceeds to Step (iii). \( \alpha \) represents the allowance used to prevent excessive channel switching.

**Step (iii): Calculating the probability of switching to another channel:** In this step, the node calculates the probability of switching to another channel based on the obtained utilization values in order to prevent concentration in one channel. Since each node operates autonomously, if all the switching nodes shift to another channel simultaneously, the nodes are likely to concentrate in one channel and increase its load. Thus, each node calculates a probability to determine if it should switch to another channel, \( p(t) \), based on \( \text{ave}_t \), \( \text{ch}_t \), and the channel utilization value used by the node itself \( (\text{own}_t) \).

\[
p(t) = \frac{\text{diff}_t}{\text{ch}_t} (1 - \frac{\text{own}_t}{\text{ch}_t}) \tag{3}
\]

where \( \text{diff}_t \) is the excess of \( \text{ch}_t \) over \( \text{ave}_t \) (\( \text{diff}_t = \text{ch}_t - \text{ave}_t \)).

In (3), \( \text{diff}_t/\text{ch}_t \) indicates the recommended rate for switching to another channel in channel \( o \), whereas \( (1 - \frac{\text{own}_t}{\text{ch}_t}) \) represents a weight based on the occupancy ratio that the node occupies in channel \( o \). Here, it should be noted that nodes with large channel occupancy rates are suppressed from switching to other channels because there is a strong probability that such switching would simply result in high utilization of the destination channel. For that reason, it is preferable that nodes with lower transmission rates switch to other channels.

**Step (iv): Finding a destination channels to switch to:** A node that has decided to switch to a different channel finds a destination channel, and selects a channel in which the sum of \( \text{own}_t \) and \( \text{ch}_t \) \((i \in N)\) does not exceed \( \text{ave}_t \).

**Step (v): Determining the destination channel:** If there are multiple destination channels available, the node makes a random selection from among them. Finally, the node transmits a wake-up signal with the ID of the receiving node and selected channel, and then sends the data frame.

We found that the scheme described above provides an effective channel switching method for existing RODSAN nodes in order to improve both overall performance and power conservation characteristics by reducing packet collisions.

Finally, Table 1 summarizes the comparison of power saving and channel assignment scheme among traditional WSANs, Original ROD-SANs, ACS and OCS. Traditional WSANs is difficult to achieve power saving and high reponsivity simultaneously. In contrast, original ROD-SANs can reduce power consumption, while providing high reponsivity by changing flexibly between sleep mode and active mode. However, they may suffer performance degradation due to channel collisions where many nodes at the same place coexist on the same channel. ACS extends the channel assignment scheme for ROD-SAN, and it can achieve to specify a channel by each frame when a node transmits wake-up signal. A ROD-SAN node using ACS can select an appropriate channel based on average channel utilization ratio. However, ACS has a potential to degrading the performance because the effect of the utilization imbalance between its own channel and others is ignored. On the contrary, OCS is an enhanced version of ACS. In OCS, an appropriate channel is reliably selected by considering the effect of the utilization imbalance between its own channel and others can be considered. As a result, OCS successfully improves the communication performance while maintaining not only power saving but also high responsivity. Furthermore, our channel switching procedure operates after each node receives the wake-up signal, so the procedure does not affect the power saving performance.

### 4.4.2 OCS Operation Example

Figure 5 shows an example of OCS processing, whereas
Fig. 5a presents the initial topology. We assume that there are three available channels and that the communications of each node can reach all other nodes. In this example, each node uses one of three available channels, hereafter designated Channels 1 to 3, and we focus on the procedure for Nodes 1 and 2.

Nodes 1 and 2 transmit a data frame using Channel 1. Each node periodically monitors the utilization states of all channels by using the wake-up receiver. The monitoring status is shown in Fig. 5b. Each node calculates the channel utilization ratio $c_{h,t}(t)$ for each channel in a period of cycle $t$. In this example, $c_{h,1}(t)$, $c_{h,2}(t)$, and $c_{h,3}(t)$ are 0.7, 0.45, and 0.35 respectively. Furthermore, the average channel utilization ratio $ave_{h}(t)$ can be calculated as 0.5. Thus, Nodes 1 and 2 self-select themselves as candidates for channel switching because $c_{h,1}(t)$ is higher than $ave_{h}(t)$.

Next, Nodes 1 and 2 calculate the probability for channel switching based on (3). If the channel utilization ratio for Node 1 $own_{h}(t)$ is 0.6, and that for Node 2 $own_{h}(t)$ is 0.1, $p(t)$ of Node 1 and Node 2 are approximately 0.04 and 0.24, respectively.

Here, we assume that, based on its probability value, Node 2 has self-selected to switch to another channel and must find a destination channel. When Node 2 examines Channel 2 prior to switching, it determines that the utilization of that channel after switching would be approximately 0.55, which means that Channel 2 cannot be selected because the utilization would exceed $ave_{h}(t)$. On the other hand, when Node 2 examines Channel 3 prior to switching, it determines that the utilization of that channel after switching would be approximately 0.45. As a result, Node 2 switches from Channel 1 to Channel 3 because the utilization value is lower than $ave_{h}(t)$.

By controlling channel switching based on periodic evaluation of these probability, each node can effectively utilize the channels available in autonomous and decentralized WSANs. As a result, each node in a ROD-SAN autonomously reduces packet collisions, thereby achieving both high response and power saving performance rates.

5. Performance Analyses

The simulation models used here are described in Sect. 5.1. In this section, we confirm the effectiveness of the proposed scheme in terms of delivery ratios, transmission delays, number of retransmissions, and channel utilization ratio in various topologies.

5.1 Simulation Model

To show the effectiveness of the proposed scheme, we will evaluate its performance using the QualNet 6.1 network simulator and its sensor network modules [28]. Table 2 shows the simulation specifications. The simulation time is set to 65 seconds and each node is equipped with an IEEE 802.15.4 compliant communication module. The transmission rate is set to 250 kb/s. The length of cycle for calculating channel utilization is set to 1 s. The length of wake-up signal is set to 10.8 ms based on “Minimum Length of Wake-up Frame” in [14]. Each node operates in non-beacon mode. The transmission power and the received sensitivity of each node are set so that the communication distance of the data is approximately 250 m. Thus, we assume that the distance that the wake-up receiver can receive the wake-up signal is the same as that of the data in this paper.

We judged that the channel information included in the wake-up signal is negligible in this simulation. The number of available channels of the 920 MHz bands for ROD-SAN node is approximately limited to 15. Furthermore, the channel information can be represented by 4 bits. Since the length step of the wake-up signal is 160 μs in citation [14], the length of channel information is 640 μs. From these considerations, the overhead of the introduction for channel information has small impact on the performance.

CSMA-CA is run on each node as a MAC protocol, and each transmission is repeated three times according to the IEEE 802.15.4 standard. In this paper, we first evaluate the performance of the proposed scheme separately, and then in a multi-hop network environment where intra-flow interference can be expected to occur. Finally, in order to simulate an actual WSAN environment, we evaluate the scheme performance in a multi-hop network environment where inter-flow and intra-flow interference occurs simultaneously. The topologies used in our evaluations are shown below.

First, as indicated in Fig. 6a, we evaluate the fundamental performance of the proposed scheme in an environment where there are many sending/receiving nodes pairs engaged in one-to-one communication. In this scenario, we assume that there are many types of one-to-one communication that has a sink node and a sensor node. The distance between the sending and receiving nodes is set at 30 m, and the pairs are placed randomly within a 400 m square. The sending nodes generate a user diagram protocol (UDP) flow to the receiving nodes using a constant bit rate (CBR) from 20 to 50 seconds. The CBR flow packet size is set to 40 Bytes assuming environment sensing, such as a temperature, a humidity, an intensity, and so on. Moreover, the data rate of each sending node is randomly set from 1 to 20 kb/s in order to simulate the temporal change in the utilization condition in real environment.

In this scenario, we show the delivery ratio and number of retransmissions necessary when the number of node pairs

| Name          | Parameter                  |
|---------------|----------------------------|
| Simulator     | QualNet 6.1                |
| Radio interface | IEEE 802.15.4             |
| Transmission rate | 250 kb/s                  |
| Number of channels | 5                        |
| Transport protocol | UDP                     |
| Packet size   | 40 Bytes                  |
| Simulation time | 65 s                      |
| Length of Cycle | 1 s                      |
| Length of Wake-up Signal | 10.8 ms               |
The number of available channels is set to five in all scenarios in order to simulate an environment where the channel is congested. Furthermore, the simulation duration is set at 65 seconds, and CBR flows between 15 to 50 seconds long are generated. The following three methods are employed as comparative methods by which the sender can specify a channel on-demand:

- ACS: each node selects an ACS scheme (described in Sect. 4.3 and [15]).
- Random: each node selects a channel at random when the node transmits the data frame.
- Fixed: each node continues to use the channel that was randomly selected during the first frame transmission.

Incidentally, we evaluated the Single assuming a conventional SANs in which all nodes use one channel. However, its communication performance inevitably results in extreme poor. Thus, we omitted the results of the Single in this paper because there is no obvious performance gap between all methods.

The rate for each CBR flow was set to 1–20 kb/s based on a uniform random number. The channel utilization flow of 10 kb/s (expected value for uniform random number) is approximately 0.04 when the transmission rate is 250 kb/s and the packet size is set at 40 bytes. In these scenarios, we assume that the node switches channel when there is one flow of approximately 10 kb/s beyond the expected value, and we set $\alpha$ to 0.03.

5.2 Single-hop Topology Performance Evaluation

Figure 7a shows the delivery ratio in the case of a randomly generated CBR flow of 1–20 kb/s. The horizontal axis shows the number of communication pairs, and the vertical axis shows the delivery ratio, which is the mean of ten repeated simulations. From Fig. 7a, it can be seen that the OCS scheme achieves a high delivery ratio when compared with the other schemes. The delivery ratios for the OCS and ACS schemes are higher than those for the random and fixed simulations, which means that the OCS scheme can reduce packet losses by reducing packet collisions, even if the number of communication pairs increases significantly. However, in this simulation, the performance degrades when the number of nodes pairs is 10 or more because the nodes are occupying the channel at a high rate and the number of candidate channels is minimal.

Finally, we use the tree topology shown in Fig. 6c to evaluate the performance of the proposed scheme when subjected to in-flow and inter-flow interference. This topology is designed to simulate actual WSAN operation environment in which numerous sensors are deployed in wide-area, such as a network for the smart meter, people flow measurement system. As in the previous topologies, the distance between each node is also 30 m, and each node has communication routes with a neighboring node. Here, we have created an environment in which both in-flow and inter-flow interference can occur among nodes simultaneously. Since the sensor network constructed by the numerous numbers of sensors typically forms the tree topology (for example, a network for the smart meters), we assume that all nodes randomly generate CBR flow to the sink node at rates of 1 to 20 kb/s. We then present the delivery ratio, average number of retransmissions, delivery delay, and the channel utilization variations.

Figure 7b, which shows the number of retransmissions per node, also provides a strong indicator of channel interference because transmission errors are unlikely to occur when the communication distance between nodes is set to
That is, frequent packet collisions result from channel interference. It can be seen that both the fixed and random schemes require an increase in the number of the retransmission. Additionally, in the fixed scheme, packet collisions frequently occur due to the need for continuing to use the same channel, even if it is under a high load, because channel switching is not allowed. In contrast, although the random scheme does allow channel switching, since this scheme selects the new channel randomly, it may select a channel with a high load. Thus, the number of the retransmissions for both the random and fixed schemes increases significantly.

On the other hand, when compared with the fixed and random schemes, the results show that the OCS and ACS schemes can reduce the number of retransmissions approximately 50%, primarily because packet collisions are reduced by the ability of these schemes to stochastically switch to another channel based on channel utilization values. Therefore, we can conclude that the proposed scheme can improve the delivery ratio by reducing packet collisions in single-hop topology.

Furthermore, we conducted a simulation in the same environment to investigate the impact of $\alpha$. In order to keep the channel utilization of each flow constant, the transmission rate of each CBR flow was fixed at $10$ kb/s. Figure 8 shows the delivery ratio for $\alpha$. From this result, when the value of $\alpha$ was changed from 0.03 to 0.15, the performance gap in terms of delivery rate was approximately 1%. So, we judged that impact of $\alpha$ is enough small in our proposed scheme. Therefore, we set $\alpha$ to 0.03 in the following simulations.

5.3 Linear Topology Performance Evaluation

Figure 9 shows the delivery ratio for each scheme in Fig. 6 b. Here, the horizontal axis shows the number of hops and the vertical axis shows the delivery ratio, which is the mean value of 10 repeat simulations. As can be seen in this figure, the fixed scheme drastically reduces the delivery ratio as the number of hops increases because the fixed scheme node is unable to change channels even if packet collisions due to intra-flow interference occurs frequently. On the other hand, the other schemes achieve delivery ratios that exceed 99% due to their ability to switch channels and thereby reduce packet losses by avoiding concentrating on a specific channel.

Figure 10 a–10 d shows the channel utilization ratios for each scheme. In these figures, the horizontal axis shows the simulation time, and the vertical axis shows the channel utilization ratio when the number of hops is ten. As shown in Fig. 10 a and 10 b, the channel utilization ratios for all nodes converge by using the channels equally. Furthermore, while the random scheme in Fig. 10 c also allows the channels to be used equally, the scheme results in frequent channel shifts. Taken together, these results indicate that schemes that permit channel switching show relatively stable performance in scenarios with a small amount of flows.

Next, looking at schemes that cannot use channels equally, Figure 10 d shows that channel utilization tends to concentrate on a specific channel because the fixed scheme
does not permit each node to switch channels. Therefore, the packet loss factor shown in Fig. 9 is the result of concentration on a specific channel, which is especially severe when the number of hops is large. Therefore, even if there are only a small number of nodes, our results confirm that the ability to switch channels is critical to reducing packet loss and improving performance levels.

5.4 Tree Topology Performance Evaluation

Figure 11 shows the delivery ratio, the number of retransmissions, and delivery delay for each scheme in the tree topology.

First, we show that delivery ratio for the fixed scheme has decreased to 84% from Fig. 11a, and that the number of retransmissions and delivery delay for the fixed scheme is larger than any other tested methods. From these results, we can deduce that packet collisions occur frequently and CSMA-CA retransmission processing is performed frequently. Furthermore, there is a difference in the utilization of each channel in Fig. 12d, which indicates that in spite of the increasing utilization of Channels 3 and 4, Channels 2 and 5 are not being used significantly. As a result, a node that uses Channels 3 and 4 suffers frequent packet collisions, multiple packet losses, and an increase in transmission delays. Second, the delivery ratio for the random scheme is approximately 93%. However, even though the random scheme delivery delay is the lowest of all the tested schemes, the number of retransmissions is as high as that for the fixed scheme. This indicates that packet collisions occur frequently because the scheme randomly selects channels, thereby making it inevitable that high utilization channels will sometimes be selected. Nevertheless, the random scheme shows that performance levels can be maintained by the utilization of retransmission processing. In a case involving a communication method with a poor retransmission function, the random scheme may not be effective for a WSAN. On the other hand, from Fig. 12c, it can be seen that the utilization of each channel can be accomplished on average.

Third, the delivery ratio for the ACS method is approximately 90%, which is second lowest, but higher than that for the fixed scheme. Focusing on Fig. 12b, it can be seen that the utilization rates for each channel are very variable. This means that this scheme cannot be adapted to flows with different transmission rates because channel switching is randomly determined by selecting from one with a smaller average utilization from all the available channels. As a result, packet collisions can be expected to occur frequently. Nevertheless, when compared with the random and fixed schemes, it can be seen that the ACS scheme is capable of reducing the number of retransmissions because it attempts to use all channels equally.

Finally, as shown in Fig. 11a, the OCS scheme can achieve a delivery ratio of approximately 98%. Furthermore, the number of retransmissions is the lowest of all the schemes examined, and the delivery delay can be kept to within 0.4 seconds. From these results, we can deduce that even though packet collisions sometimes occur at various nodes with high loads that have not switched channels, the OCS scheme is definitely better at suppressing such collisions than the other methods tested. Furthermore, in Fig. 12a we can see that the OCS scheme can equalize channel usage and that nodes using high load channels can easily switch to low load channels. When the simulation time is 20 seconds, we can see that some nodes switch from Channel 5 to Channel 4, and that utilization of all channels converges to equal levels when the simulation time is 25 seconds. Based on these results, it is clear that the proposed OCS scheme can use channel resources effectively, reliably, and equitably, even in different environment.

All simulation results show that the OCS scheme in
ROD-SANs achieves equal utilization of channel resource compared to conventional schemes included ACS schemes. Also, the OCS scheme can not only avoid packet collisions and but also achieve high delivery ratios by using the wake-up receiver and the wake-up signal efficiently.

6. Conclusion

In this paper, we began by explaining how ROD-SAN technology simultaneously achieves power saving and a high response performance. However, we also showed that load concentrations on a single channel causes performance degradation due to frequent packet losses, together with increase in the number of retransmissions and the transmission delay. Therefore, in order to achieve both power saving and a high response performance, we proposed a modification of previously reported ACS scheme. While the original ACS scheme was designed to reduce packet collisions by using all available channels equally, it resulted in a problem whereby the load on at least one of the channels would remain high. Therefore, in this paper, we have proposed and improved version of the ACS scheme, referred to as the OCS scheme. In simulation testing, the results show that the newly proposed scheme can use channel resource effectively, reliably, and equitably, even in different environment, such as in the presence of different topologies or data rates.

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