Zinc phosphate-based nanoparticles as a novel antibacterial agent: in vivo study on rats after dietary exposure

Pavel Horky 1, Sylvie Skalickova 1, Lenka Urbankova 1, Daria Baholet 1, Silvia Kociova 2, Zuzana Byteunikova 2, Eliska Kabourkova 2, Zuzana Lackova 2,3, Natalia Cernei 2,3, Milica Gagic 2, Vedran Milosavljevic 2,3, Vendula Smolikova 2,3, Eva Vaclavkova 4, Pavel Nevrkla 5, Pavel Knot 1, Olga Krystofova 2,3, David Hynek 2,3, Pavel Kopel 2,3, Jiri Skladanka 1, Vojtech Adam 2,3 and Kristyna Smerkova 2,3*

Abstract

Background: Development of new nanomaterials that inhibit or kill bacteria is an important and timely research topic. For example, financial losses due to infectious diseases, such as diarrhea, are a major concern in livestock productions around the world. Antimicrobial nanoparticles (NPs) represent a promising alternative to antibiotics and may lower antibiotic use and consequently spread of antibiotic resistance traits among bacteria, including pathogens.

Results: Four formulations of zinc nanoparticles (ZnA, ZnB, ZnC, and ZnD) based on phosphates with spherical (ZnA, ZnB) or irregular (ZnC, ZnD) morphology were prepared. The highest in vitro inhibitory effect of our NPs was observed against Staphylococcus aureus (inhibitory concentration values, IC50, ranged from 0.5 to 1.6 mmol/L), followed by Escherichia coli (IC50 0.8 – 1.5 mmol/L). In contrast, methicillin resistant S. aureus (IC50 1.2 – 4.7 mmol/L) was least affected and this was similar to inhibitory patterns of commercial ZnO-based NPs and ZnO. After the successful in vitro testing, the in vivo study with rats based on dietary supplementation with zinc NPs was conducted. Four groups of rats were treated by 2,000 mg Zn/kg diet of ZnA, ZnB, ZnC, and ZnD, for comparison two groups were supplemented by 2,000 mg Zn/kg diet of ZnO-N and ZnO, and one group (control) was fed only by basal diet. The significantly higher (P < 0.05) Zn level in liver and kidney of all treated groups was found, nevertheless Zn NPs did not greatly influence antioxidant status of rats. However, the total aerobic and coliform bacterial population in rat feces significantly decreased (P < 0.05) in all zinc groups after 30 d of the treatment. Furthermore, when compared to the ZnO group, ZnA and ZnC nanoparticles reduced coliforms significantly more (P < 0.05).

Conclusions: Our results demonstrate that phosphate-based zinc nanoparticles have the potential to act as antibiotic agents.

Keywords: Aerobic bacteria, Antibiotics, Coliforms, Nanomaterials, Oxidative stress
promising alternatives to antibiotics or an enhancement of antibiotics against drug resistant bacteria [14]. The exact mode of action of Zn NPs is not well understood; however, one of the most plausible mechanisms comprises generation of reactive oxygen species (ROS). The highly reactive hydroxyl radicals are able to enter bacterial cells and damage them, while superoxide anions or hydrogen peroxide are considered less toxic [15, 16]. Another mechanism may involve disruption of the bacterial cell wall after the contact with nanoparticles [17, 18]. Furthermore, metal NPs are also able to induce different biological responses in eukaryotes [19, 20]. Due to ROS production, the ZnO NPs cause oxidative stress which leads to inflammation and even death of mammalian cell lines [21].

In the present study, four phosphate-based NPs formulations were synthesized and characterized. After confirmation of their antibacterial activity in vitro, the study on rats was conducted. The in vivo test aimed to determine whether the selected phosphate-based NPs have comparable effect to ZnO and ZnO NPs on the gut microbiome and on overall health of rats as a model organism.

Methods
Chemicals
All chemicals were purchased from Sigma Aldrich (St. Louis, MO, USA) and Penta (Prague, Czech Republic) of p.a. purity, unless noted otherwise. The pH value was measured using inoLab® Level 3 (Wissenschaftlich-Technische Werkstatten GmbH; Weilheim, Germany). Deionised water underwent demineralization by reverse osmosis using the instruments Aqua Osmotic 02 (Aqua Osmotic, Tisnov, Czech Republic) and it was subsequently purified using Millipore RG (Millipore Corp., Waltham, MA, USA) – ~18 MΩ MilliQ water.

ZnO and ZnO-based NPs (ZnO-N) were supplied by Sigma-Aldrich. According to manufacturer, the average particle size was ≤100 nm (see Additional file 1: Figure S1).

Zinc NPs synthesis

ZnA
Zn(NO₃)₂·6H₂O (4.46 g) was dissolved in water (50 mL) and solution was heated to 60 °C. (NH₄)₂HPO₄ (1.32 g in 20 mL of water) was added while stirring and white precipitate was immediately formed. The suspension was stirred for 2 h, cooled and water was added to reach 100 mL.

ZnB
Zinc phosphate was prepared as described above, only sodium salt Na₃HPO₄·7H₂O (2.68 g) was used instead of ammonium salt.

ZnC
Zn(NO₃)₂·6H₂O (3 g) was dissolved in water (50 mL) and solution was heated to 60 °C. Na₄P₂O₇ (1.33 g in 20 mL of water) was added with stirring and white precipitate was immediately formed. The suspension was then prepared as described above.

ZnD
Zn(NO₃)₂·6H₂O (1.49 g) dissolved in water (50 mL) was heated to 60 °C. Na₃P₂O₁₀ (0.74 g in 20 mL of water) was added while stirring and white precipitate was also immediately formed. The suspension was then prepared as described above. All prepared Zn NPs were subjected to sedimentation and washed with water to remove byproducts and free zinc ions. Finally, the rest of water was removed by lyophilization. For in vitro experiments, the samples were resuspended in water and for in vivo experiment, the lyophilized particles were added directly to the diet.

Particle size and structural analysis
The mean particle diameter and size distribution were determined by dynamic light scattering on a Malvern Zetasizer (NANO-ZS, Malvern Instruments Ltd., Worcestershire, UK). Transmission electron microscopy (TEM) images of dried samples on copper grids were taken with a Tecnai F20 microscope (FEI, Eindhoven, Netherlands) at appropriate magnifications.

X-ray powder diffraction analysis (XRD) of zinc phosphates was carried out on D8 Advance ECO (Bruker, AXS GmbH, Karlsruhe, Germany). Bragg–Brentano geometry, CuKα radiation (λ = 1.54178 Å), the range of 2θ = 4–60° and room temperature were used for analysis.

In vitro antibacterial testing
The antibacterial effect of Zn NPs and ZnO was analyzed by: a) counting of bacterial colonies, b) live/dead assay, and c) bacterial growth curves. Escherichia coli NCTC 13216, Staphylococcus aureus NCTC 8511, and Methicillin-resistant S. aureus CCM 7110 (Czech Collection of Microorganisms, Brno, Czech Republic) were cultured in Muller-Hinton (MH) broth (Oxoid, Hampshire, UK) overnight at 37 °C and shaking at 150 r/min.

Plating technique
Bacterial suspensions at concentrations of ~1.0 × 10⁸ CFU/mL (measured by optical density at 600 nm) were serially diluted in tenfold steps in MH broth. A total of 900 μL diluted bacterial cultures were mixed with 100 μL of Zn NPs or ZnO at the final concentration of 5 mmol/L. After 2 h incubation at 37 °C, 100 μL of each inoculum was spread on MH agar and incubated for 24 h at 37 °C. The colony forming units (CFUs) were
counted and compared and expressed in % change to that of control samples.

**Live/dead assay**

The MRSA culture was incubated with Zn NPs or ZnO (as described above) and then centrifuged and washed with 0.85% NaCl. For the live/dead assay, fluorescent dyes, SYTO9 (Thermo Fisher Scientific, USA) and propidium iodide (PI; Sigma Aldrich, St. Louis, USA) were used and bacterial cells were observed on Olympus IX71 inverted fluorescence microscope (Olympus, Tokyo, Japan). The excitation wavelength was 460–495 nm for SYTO9 and 545–580 nm for PI.

**Growth curve method**

One hundred μL of each bacterial suspension (1.0 × 10⁶ CFU/mL) was placed into a 96-well microplate and mixed with Zn NPs or ZnO in ratio 1:1 (total volume 200 μL). The bacterial growth was detected by Multiskan EX (Thermo Fisher Scientific, Bremen, Germany) using Ascent Software. The optical density reads at 620 nm were monitored at time zero, and then at 30 min intervals for 24 h at 37 °C.

**Animal feeding experiment**

The experiments were performed with the approval of the Ethics Commission at the Faculty of AgriSciences, Mendel University in Brno, Czech Republic in accordance with Act No. 246/1992 Coll. for the protection of animals against cruelty. Throughout the experiment, microclimatic conditions were maintained at 23 ± 1 °C, 60% humidity, and the light regime (12 h L, 12 h D) with 58% illumination of 200 lx. Laboratory male rats of the outbred strain Wistar albino were used as model animals. Animals were divided into seven groups of ten rats each. Rat average initial weight was 144 ± 2 g. Four groups of rats were fed with phosphate-based zinc nanoparticles (ZnA, ZnB, ZnC, ZnD) in the dose of 2,000 mg Zn/kg diet. Fifth group was fed by commercial zinc nanoparticles (ZnO-N) in the dose 2,000 mg Zn/kg diet. Sixth group was fed by ZnO in the dose of 2,000 mg Zn/kg diet. The last (control) group had no addition of Zn in their feed (C). Animals were weighed at regular intervals (day 0, 7, 14, 21 and 28). All groups of rats had mono diet (wheat) with 2.7 mg/kg of Zn. The experiment lasted for 28 d. The animals had access to feed and drinking water ad libitum. At the end of the experiment, five animals from each group were put to death and blood, kidney, duodenum and liver samples were dissected out and used for chemical analyses. Samples for histopathology were fixed using 10% formaldehyde.

**Zn determination by atomic absorption spectrometry**

The digestion mixture was prepared in digestion vials and composed of 10.0 μL of blood mixed with nitric acid suprapure (300 μL) and 30% hydrogen peroxide (200 μL). Samples were digested in the Microwave 3000 (Anton Paar GmbH, Austria, with the power of 100 W) for 30 min at 140 °C. Homogenized liver and kidney (500 ± 0.1 mg) were decomposed using nitric acid suprapure (5 mL), 30% hydrogen peroxide (2 mL), and deionized water (3 mL) as digestion mixture in MW Ethos ONE (Milestone, Italy) for 30 min at 210 °C. Zn was determined by the 240FS AA (Agilent Technologies, USA) atomic absorption spectrometer with deuterium background correction. The instrument operated under conditions recommended by manufacturer with air-acetylene flame (flow rate 13.5 L/min and 2.0 L/min) and 213.86 nm resonance line.

**Oxidative status determination**

**Sample preparation**

Two grams of liver or kidney from each animal were homogenized in a friction bow with the addition of liquid nitrogen and 1.5 mL of water. For blood, 200.0 μL of plasma with 0.5 mL of MilliQ was kept in liquid nitrogen for 2 min. After homogenization, each sample was sonicated using an ultrasound needle for 2 min, shaken for 10 min (blood for 1 min), and centrifuged for 20 min at 25,000 × g at 4 °C. One hundred μL of supernatant from each sample were mixed with 100 μL of 10% TFA and centrifuged for 20 min at 25,000 × g at 4 °C. Supernatant was collected for the antioxidant activity analysis.

The BS-400 automated spectrophotometer (Mindray, China) was used for oxidative status analysis, specifically for TEAC (Trolox equivalent antioxidant capacity), DPPH (2,2-diphenyl-1-picrylhydrazyl), MDA (Malondialdehyde), and SOD (Superoxide dismutase).

**TEAC**

ABTS (2,2’-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid) (54.9 mg) was dissolved in 20.0 mL of phosphate buffer (pH 7.0; 5 mmol/L) and activated to cation of ABTS+ radical by addition of MnO2 (1.0 g) under occasional stirring for 30 min. Subsequently, 15.0 μL of sample were added. Absorbance of solution was measured at λ = 734 nm.

**DPPH**

A total of 150 μL of 0.095 mmol/L 2,2-diphenyl-1-picrylhydrazyl was transferred into plastic cuvette with 15.0 μL of sample. Absorbance was measured for 12 min at λ = 505 nm. To assess the production of free radicals, the difference in absorbance between the reagent with and without a sample was taken after the 10 min incubation period.
MDA
Trichloroacetic acid was used because of its ability to precipitate proteins, bilirubin, unsaturated fatty acids and lipoproteins. Each sample (300 μL) was mixed with 10 μL of 0.5 mol/L solution of butylated hydroxytoluene in 96% ethanol (v/v) and 310 μL of 20% trichloroacetic acid (v/v) prepared in 0.6 mol/L HCl. After 20 min incubation on ice, the mixture was centrifuged at 11,000×g for 15 min. Subsequently, 400 μL of the supernatant was mixed with 800 μL of 30 mmol/L thiobarbituric acid and the mixture was incubated at 90 °C for 30 min. After cooling on ice, MDA absorbance was measured at 535 nm and the concentration was subtracted from the calibration curve.

SOD
The SOD Assay Kit was used for the superoxide dismutase analysis. A total of 200 μL of the reagent R1 (WTS solution diluted 20 times in a buffer) was pipetted into a plastic cuvette and incubated at 37 °C for 1.8 min. Afterwards, each sample (20 μL) was added and incubated for 6.3 min. The reaction started by adding 20 μL of the reagent R2 (enzyme solution 167 times diluted in a buffer) and this was incubated for 72 s and absorbance was then measured at 450 nm.

Reduced glutathione analysis
The high-performance liquid chromatography with electrochemical detection (ESA Inc., Chelmsford, MA) was used for reduced glutathione (GSH) determination. Samples were analyzed in the chromatographic column with reverse phase Zorbax eclipse AAA C18 (Agilent Technologies, USA). The flow rate of mobile phase was 1.1 mL/min and mobile phase consisted of A: trifluoroacetic acid (80 mmol/L) and B: 100% methanol. Compounds (GSH) were eluted by following gradients: 0 → 1 min (4% B), 2 → 5 min (7% B), 6 → 10 min (98% B), 11 → 20 min (4% B). Detection was carried out at applied potential 900 mV.

Histopathology analysis
Tissues were fixed individually in the 10% neutral buffered formaldehyde. Tissues sections were cut at 3.0 μm and placed onto Superfrost Plus slides (Leica, UK) with the orientation core placed up on the slide. All sections were oriented the same way and the entire tissue block was cut with remaining sections dipped in wax and stored at the room temperature. The sections were stained with hematoxylin and eosin following standard procedures. Photographs were taken using an inverted Olympus microscope IX 71 S8F-3 (Tokyo, Japan).

Analysis of the total aerobic bacteria and coliforms in feces
The fecal samples were homogenized in sterile phosphate buffer solution (PBS) on ice (1:9 w/v) and the homogenate was serially diluted in PBS. Subsequently, 1.0 mL of diluted suspension was mixed with sterile molten Plate Count Agar (PCA) and MacConkey Agar (Sigma-Aldrich) in duplicates. The total colony counts from PCA and counts of coliforms from MacConkey Agar were enumerated after 24 h at 37 °C. The results are expressed as log (CFU/g) of feces.

Descriptive statistics
The data were processed statistically using STATISTICA.CZ, version 12.0 (Czech Republic). The results were expressed as the mean ± standard deviation (SD). Statistical significance was determined using ANOVA and Scheffé’s test (one-way analysis). The analysis of total counts and coliforms in feces was performed using one-way ANOVA with post-hoc Dunnett’s C test specialized for unequal variances and unequal sample sizes (IBM SPSS Statistics 21, Version 21.0. Armonk, NY, USA). The differences with P < 0.05 were considered significant.

Results
Zn NPs characterization
In-house prepared particles were synthesized from various precursors – hydrogen phosphate (ZnA and ZnB), diphosphate (ZnC), and triphosphate (ZnD). ZnA and ZnB particles had spherical shape with the average diameter 477 and 521 nm, respectively (Fig. 1a and b). The other two types of particles, ZnC and ZnD, were based on diphosphate and triphosphate salts. The effect of anions was much greater than that of cations. ZnC and ZnD had irregular shape with tendency to form small aggregates (Fig. 1c and d). The determined average diameter was estimated to 452 (ZnC) and 1035 (ZnD) nm. The polydispersity indices of ZnA, ZnB and ZnC particles were between 0.16–0.19. The ZnD exhibited a higher polydispersity index (0.4) likely due to the formation of particles from the smaller parts (Fig. 1d).

Crystalline forms of samples allowed for their analysis by powder XRD and the identification of products by comparison with Powder Diffraction Files (PDF). For preparation of zinc phosphate, ammonium salts (ZnA) and sodium salts (ZnB), were used. From XRD spectrum of ZnA it follows that using ammonium salt only hopeite Zn₃(PO₄)₂·4H₂O (PDF 37–0465) was obtained (Fig. 1e). When sodium salt (ZnB) was used under the same conditions, 90% of product is hopeite but 10% was zinc phosphate dihydrate (PDF 41–0493, Fig. 1f). For ZnC preparation, diphosphate was applied and the product was identified as Zn₃P₂O₇·5H₂O (PDF 07–0087, Fig. 1g).
More complicated situation occurred for ZnD. XRD analysis of the spectrum showed a mixture of three products (Fig. 1h). The most abundant component (60%) was as expected zinc triphosphate \( \text{Zn}_2\text{HP}_3\text{O}_{10}\cdot6\text{H}_2\text{O} \) (PDF 30–1478); however, there was also \( \text{Zn}_2\text{P}_2\text{O}_7\cdot5\text{H}_2\text{O} \) (07–0087) (30%) and \( \text{ZnHPO}_4\cdot3\text{H}_2\text{O} \) (PDF 39–0704) (10%). Nevertheless, considering the method of sodium triphosphate preparation, the final product had satisfactory composition for biological testing.

**In vitro antibacterial activity**

The following analyses were performed with in-house prepared Zn NPs and commercial ZnO-N and ZnO as control standards. The **in vitro** antibacterial effect of NPs was verified by three different techniques and the results are shown in Fig. 2. First, counts of viable bacteria after the 24 h incubation period with 5 mmol/L Zn NPs and ZnO were determined (Fig. 2a). ZnA and ZnO greatly effected the growth of *E. coli* (99.6% inhibition with ZnA; 98.5% inhibition with ZnO) and ZnB inhibited *E. coli* completely. In contrast, ZnC had no effect on *E. coli* growth. All types of Zn NPs and ZnO caused > 97% inhibition of *S. aureus*. The spread-plate technique also showed that the reduction of MRSA was significant in all treated groups compared to non-treated control group. In blood, the significant increase (\( P < 0.05 \)) of zinc level was observed only after treatment with ZnO-N and ZnO. Results of DPPH and TEAC assays were compared to antioxidant activity of the trolox equivalent as a standard. DPPH method showed increased antioxidant activity in kidney compared to that in blood and liver. Treatments with ZnA, ZnB, ZnO-N resulted in the significantly higher antioxidant activity.
activity in kidney when compared to that of the control ($P < 0.05$). In liver, the significant reduction ($P < 0.05$) of antioxidant activity was detected after treatments with ZnA, ZnB, ZnD in comparison to that of control (no treatment). The lowest antioxidant activity was revealed in the blood and this did not differ across samples of all Zn formulations (Fig. 3b). Based on TEAC method, the antioxidant activity of blood (5.8 ± 0.2 TE ng/mL) and liver (24.9 ± 3.3 TE ng/mL) was stable across all Zn formulations as well as controls. In kidneys (Fig. 3c), the antioxidant activity of all Zn variants was significantly ($P < 0.05$) higher (up to 14.4 ± 1.0 TE ng/mL) than in control (6.3 ± 1.1 TE ng/mL). The highest SOD activity was recorded in the blood at 4,000 ± 100 U/L. For liver and kidney, the enzyme activity was 2000 ± 500 U/L. Individual formulations of Zn did not influence the enzymatic activity of SOD when compared to that of samples with no Zn treatment (Fig. 3d). Levels of GSH reflected the whole protein concentration. In liver, GSH concentrations significantly ($P < 0.05$) increased in all Zn treated groups. Overall, it was clear that all Zn formulations had different effects on the GSH levels in the blood and kidney (Fig. 3e). MDA concentrations were 0.23 ± 0.05 μmol/L (blood), 1.2 ±

### Table 1 The IC$_{50}$ values, mmol/L, comparison

|        | E. coli | S. aureus | MRSA |
|--------|---------|-----------|------|
| ZnA    | 0.90    | 0.68      | 1.60 |
| ZnB    | 1.50    | 0.80      | 2.70 |
| ZnC    | 1.10    | 0.48      | 1.60 |
| ZnD    | 1.50    | 1.60      | 4.70 |
| ZnO-N  | 0.70    | 0.62      | 1.45 |
| ZnO    | 0.80    | 0.66      | 1.20 |
0.1 μmol/L (kidney), and 0.6 ± 0.1 μmol/L (liver) (Fig. 3f). No significant difference ($P > 0.05$) was detected.

Histology of liver and duodenum and rat growth

The histological evaluation of the rat liver and small intestine (duodenum) was performed to assess possible negative effects of zinc treatments on these organs (see Additional file 1: Figure S2). Liver parenchyma of the rats fed with ZnA showed intact structure without necrosis and inflammation (Additional file 1: Figure S2A). Occasionally, the centrolobular districts of unstable steatodystrophy were observed. Examination of the intestine showed the autolysis disintegration of the apical segments of the villus. Enterocytes were normal and more frequent occurrence of the cup cells was observed (Additional file 1: Figure S2B). In the ZnB group, heavy hepatodystrophy was seen in the liver. Portobilia was dilated with small groups of lymphocytic cellulization (Additional file 1: Figure S2C). In the intestine, the autologous disintegration of the apical segments of the villus (Additional file 1: Figure S2D) was also observed. Liver parenchyma of ZnC treated rats showed hepatodystrophy across the hepatic parenchyma (Additional file 1: Figure S2E). In intestine, deformed intestinal villi were observed, followed by an increase of epithelial cup cells and traces of inflammation (Additional file 1: Figure S2F) were visible in the stroma. Group of ZnD treated rats showed full-length hepatodystrophy in the liver parenchyma (Additional file 1: Figure S2G) and the intestine had hypertrophied and deformed villi. Many cup cells in the epithelium and numerous mitoses in the lining crypt were also seen (Additional file 1: Figure S2H). Treatment with commercial ZnO-N caused full-length, prolonged cholestatic hepatodystrophy in the liver (Additional file 1: Figure S2I). The intestine underwent focal autolytic disintegration of the mucosa and the villi were hypertrophied. In the lining of the crypts, a higher incidence of cup cells, numerous mitoses and mild inflammation in the cluster stroma were detected (Additional file 1: Figure S2J). Furthermore, the ZnO rat group exhibited a full-length mixed hepatodystrophy of the liver (Additional file 1: Figure S2K). The intestine in this group showed mild autolytic damage to the lining of the intestinal...
mucosa although intact regions were also found (Additional file 1: Figure S2L). Liver parenchyma of the control group (non-treated group) showed all-surface hepatodystrophy with significant portobiliary dilation (Additional file 1: Figure S2M). Intestinal samples showed destruction of apical parts of the cartilage, mild autolytic lesion damage, numerous cup cells in crypts, sparse and lymphocytic cellulization in the stroma of the cartilage (Additional file 1: Figure S2N).

Experimental rats were regularly weighted (0, 7, 14, 21, 28 d). The initial weight of all groups was in the range 130.0–155.0 g. The weight results were comparable in all groups both at the beginning and at the end of the experiment (see Additional file 1: Table S1). Only, the group ZnB showed an accelerated weight gain in comparison to that of all other groups at the end of the experiment.

**Effects of Zn NPs on total aerobic bacteria and coliforms in feces**

The counts of total aerobic and coliform bacteria in rat feces at day 10 and day 30 of each treatment are shown in Fig. 4. After 10 d, the CFU levels from treated rats were not significantly different ($P > 0.05$) from that of the untreated control group. Interestingly, the ZnA group had the lowest CFU levels of both, total counts and coliforms. At day 30, all Zn NPs and ZnO treatments resulted in the significant decrease of the total aerobic and coliform bacteria ($P < 0.05$) compared to the control group, with the exception of ZnB in total aerobic bacteria ($P > 0.05$; Fig. 4b). Moreover, a significant decrease of coliforms ($P < 0.05$) was observed in rats exposed to ZnA and ZnC treatments compared to that of the ZnO group (Fig. 4d).

![Fig. 4](image-url)
Discussion

Zinc compounds are well known for their antimicrobial properties [15, 22, 23] where zinc-based antibacterial nanoparticles occupy a very important place. Recently, zinc oxide nanoparticles gained substantial scientific interest worldwide [24]. Their role as antibacterial agents has been studied in details in terms of particle size and morphology, surface modification, photocatalytic activity, and ROS generation [25–28]. However, there is some evidence that zinc phosphate-based materials show antibacterial effect as well [29, 30], and the combination with nanotechnologies could be useful. Here, we investigated antibacterial activity of zinc phosphate-based nanoparticles and compared them with commercial ZnO and ZnO NPs. We found that all four Zn NPs formulations inhibited bacterial growth in vitro of both, Gram-negative and Gram-positive bacteria. In some cases, the optical density measurements showed that high Zn concentrations (2.5–5 mmol/L) resulted in lower bacterial inhibition. This phenomenon was the most obvious for E. coli and this was also confirmed by the bacterial counts when the 5.0 mmol/L Zn concentration was used. The lower antibacterial response to high Zn concentrations may due to reduced solubility [31]. The low Zn doses can be even beneficial for bacterial growth and used as essential trace elements [32, 33]. Consequently, determination of the appropriate Zn NPs dosage is crucial for further applications. The different IC_{50} values between Gram-negative and Gram-positive bacteria implies interactions of zinc phosphate-based nanoparticles with the bacterial cell wall [34]. Moreover, the Gram-negative bacteria possess, in addition to a complex and poorly penetrable outer membrane, an advanced efflux system for removal of foreign compounds [35]. Interestingly, the lowest sensitivity to Zn NPs was found in MRSA. Unlike susceptible S. aureus, the MRSA genome contains the unique staphylococcal chromosomal cassette element SCCmec. This mobile genetic element includes mec genes, that encode resistance to β-lactams antibiotics [36, 37]. Importantly, the SCCmec cassette is also associated with metal resistance and there are several studies describing the presence of the zinc resistance gene (czeC) on the SCCmec element [38–40].

The antioxidant status of rat kidney, liver and blood was determined after zinc NPs treatments. In general, zinc acts as an antioxidant in an organism. The highest zinc accumulation was observed in liver, which plays a crucial role in zinc homeostasis regulation [41, 42]. The Zn concentrations in liver and kidney elevated after the treatment with all Zn NPs formulations. This is in line with the results presented by Baek et al., who found the highest accumulation of ZnO NPs in liver and kidney without any influence of rat gender or NPs size [43]. Moreover, this phenomenon (distribution of Zn NPs into liver and kidney after oral administration) has been described in a number of studies [44–46]. The total antioxidant activity was monitored by TEAC and DPPH methods. Our results confirmed that the most significant activity was in kidney and liver, where the most important antioxidant processes take place. Jemai et al. [47] observed an increase of antioxidant activity in rat organs after zinc administration in concentration 4.0 mg/kg of body mass. Our study shows an increase of antioxidant activity compared to that of control by ZnA, ZnB, ZnO-N in liver and kidney. SOD activity was constant across different zinc formulations. These data correlate with the concentration of glutathione (GSH). It is assumed that normal range SOD and GSH is 7–22 U/mg and 20–30 nmol/L, respectively [48]. Another indicator of oxidative stress was the concentration of MDA where significantly elevated values were recorded after ZnC and ZnO-N treatments. All other values measured in blood, liver and kidneys were normal. Overall, it is clear that zinc formulations did not influence the rat antioxidant status. Our results are in concordance with Liu et al. [49]. On the contrary, Zn NPs are known to be capable of ROS production leading to oxidative stress [50–52]. A strong relationship between released Zn ions and ROS induced cytotoxicity has been reported in the literature [53–55]. Histological analysis showed the flat liver damage in treated and non-treated control rats. This phenomenon was likely caused by the mono diet or stress. The most damage was observed in a group of animals fed with ZnO-N and ZnC, although recent studies revealed that zinc and zinc nanoparticles have some protective effect on the liver [56–59].

To investigate Zn NPs effect on host-colonizing bacteria, the population of total aerobic bacteria and coliforms in rat feces was analyzed. Lee and co-workers tracked orally administered ZnO NPs and after few hours of the exposure, the particles were mainly localized in the rat gastrointestinal tract [60]. Therefore, Zn NPs should be able to influence gut microbiota and the interaction of nanoparticles with the gut microbial community is discussed in several recent studies [61–64]. Our study demonstrated that dietary supplementation of rats with phosphate-based Zn NPs altered the bacterial population in feces as well. Due to inconsistent results in the control group the bacterial count decline was not significant at day 10; however, over time, the bacterial count was clearly reduced. Besides the number of bacteria, administration to Zn NPs affected the intestinal microbiome diversity, as well [65]. This phenomenon is in agreement with the work by Feng et al., suggesting that the ileal bacterial community richness decreased in response to higher dose of ZnO NPs (100 mg/kg), and that Lactobacillus genus was reduced in particular [66]. On the contrary, Li et al. pointed
out, that ZnO NPs could act anti-inflammatory in a dose-dependent manner. This may be associated with reduction of infection-causing bacteria and, vice versa, gain of probiotics (*Lactobacillus* and *Bifidobacterium*) in colon [67].

**Conclusions**

In this study, four formulations of phosphate-based zinc nanoparticles were synthesized and tested. All four formulations exhibited antibacterial activity against Gram-positive and Gram-negative bacteria. The *in vivo* study on rats confirmed that in-house prepared zinc nanoparticles did not cause oxidative stress and changes in liver and duodenum tissues were comparable to that of the group treated with commonly used ZnO. The effect our Zn formulations on the rat microbiome was similar to that caused by ZnO. In fact, ZnA and ZnC nanoparticles caused even greater inhibition of coliform bacteria than ZnO. Therefore, these nanoparticles have a potential to be used as new antimicrobial agents, especially for reduction of coliform bacteria. Further studies, primarily focused on Zn NPs applications in livestock productions, are warranted.

**Additional file**

Additional file 1: Figure S1. TEM image of commercial ZnO-N: Figure S2. Histological analysis of liver (1) and duodenum (2) of the groups rats ZnA (A, B); ZnB (C, D); ZnC (E, F); ZnD (G, H); ZnO-N (I, J); ZnO (K, L) and control group (M, N). Table S1. The weight of rats, g. (DOCX 2889 kb)

**Abbreviations**

ABTS: 2,2′-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid); C: Control; CFU: Colony forming unit; DPPH: 2,2-diphenyl-1-picrylhydrazyl; GSH: Reduced glutathione; MDA: Malondialdehyde; Mn: Muller-Hinton; MRSA: Methicillin resistant *Staphylococcus aureus*; NPs: Nanoparticles; PBS: Phosphate buffer solution; PCA: Plate count agar; PQR: Powder diffraction files; PI: Propidium iodide; ROS: Reactive oxygen species; SCC: Staphylococcal cassette chromosome element; SOD: Superoxide dismutase; TEAC: Trolox equivalent antioxidant capacity; TEM: Transmission electron microscopy; XRD: X-ray powder diffraction

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**Availability of data and materials**

All data generated or analysed during this study are included in this published article (and its supplementary information files).

**Authors’ contributions**

PH and KS designed the study. MG, VM, DH and PK synthesized and characterized the nanoparticles. SK, ZB, and EK performed the microbiological analyses. SS, LU, and DB realized the animal experiments. VS, ZL, NC, and OK worked on oxidative status and zinc levels determination. EV, PN, PK analyzed data. JS and VA edited the manuscript. KS and PH wrote the manuscript. All the authors read and approved the final manuscript.

**Ethics approval**

All animal management and experiments were performed with the approval of the Ethics Commission at the Faculty of AgrSciences, Mendel University in Brno, Czech Republic in accordance with Act No. 246/1992 Coll. on the protection of animals against cruelty.

**Consent for publication**

Not applicable.

**Competing interests**

The authors declare that they have no competing interests.

**Author details**

1. Department of Animal Nutrition and Forage Production, Mendel University in Brno, Zemedelska 1, CZ-613 00 Brno, Czech Republic.
2. Department of Chemistry and Biochemistry, Mendel University in Brno, Zemedelska 1, CZ-613 00 Brno, Czech Republic.
3. Central European Institute of Technology, Brno University of Technology, Purkynova 123, CZ-612 00 Brno, Czech Republic.
4. Institute of Animal Science, Komenskeho 1239, CZ-517 41 Koste, Czech Republic.
5. Department of Animal Breeding, Mendel University in Brno, Zemedelska 1, CZ-613 00 Brno, Czech Republic.

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