Different Structural Conformers of Monomeric α-Synuclein Identified after Lyophilizing and Freezing

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Supporting Information

ABSTRACT: Understanding the mechanisms behind amyloid protein aggregation in diseases, such as Parkinson’s and Alzheimer’s disease, is often hampered by the reproducibility of in vitro assays. Yet, understanding the basic mechanisms of protein misfolding is essential for the development of novel therapeutic strategies. We show here, that for the amyloid protein α-synuclein (aSyn), a protein involved in Parkinson’s disease (PD), chromatographic buffers and storage conditions can significantly interfere with the overall structure of the protein and thus affect protein aggregation kinetics. We apply several biophysical and biochemical methods, including size exclusion chromatography (SEC), dynamic light scattering (DLS), and atomic force microscopy (AFM), to characterize the high molecular weight conformers formed during protein purification and storage. We further apply hydrogen/deuterium-exchange mass spectrometry (HDX-MS) to characterize the monomeric form of aSyn and reveal a thus far unknown structural component of aSyn at the C-terminus of the protein. Furthermore, lyophilizing the protein greatly affected the overall structure of this monomeric conformer. We conclude from this study that structural polymorphism may occur under different storage conditions, but knowing the structure of the majority of the protein at the start of each experiment, as well as the factors that may influence it, may pave the way to an improved understanding of the mechanism leading to aSyn pathology in PD.

The study of protein misfolding and amyloid fibril formation is important in the field of neurodegeneration, including Parkinson’s, Alzheimer’s, Huntington’s, and prion diseases, as well as other misfolding diseases, such as antibody light chain amyloidosis and diabetes, where incorrectly folded proteins also form insoluble β-sheets.1–3 Understanding amyloid fibril formation is similarly important in the field of nanomedicine, for instance, in the synthesis of structural tissue scaffolds, whereby artificial self-assembling amyloids can be utilized for their tensile strength and ease of functionalization.4 Unfortunately, tracking the transformation of initially soluble monomeric species into insoluble amyloid fibrils is difficult because experimental conditions and sample heterogeneity greatly affect the reproducibility of aggregation assays. Several fluorescence-based methods are in use to track the formation of amyloid fibrils, such as thioflavin T (ThT), Congo Red, and N-arylaminoanaphthalenesulfonate (ANS)-based assays5 and, more recently, the intrinsic fluorescence-based assay.6,7 Much work has been undertaken to increase the reproducibility of experiments investigating amyloid fibril formation kinetics. The addition of salts, metals, alteration of pH or temperature greatly affects the aggregation rate of amyloid proteins and the addition of sodium dodecyl sulfate (SDS) or glass beads has been shown to reduce well-to-well variability of aggregation kinetic curves from ThT-based assays.3–10 It is thus of foremost importance to have a clear understanding of the impact of purification protocols, including the choice of buffers, protein purity, and protein storage format.

We have studied the amyloid protein, α-synuclein (aSyn), which is involved in Parkinson’s disease (PD). Monomeric aSyn is an intrinsically disordered (IDP) soluble protein formed of an N-terminus lipid binding domain (aa 1–60), a hydrophobic, so-called nonamyloid-component (NAC) region (aa 61–95), which increases the aggregation propensity of the protein, and a negatively charged C-terminus domain that modulates aggregation (aa 96–140).11 Like many other amyloid proteins, so far, the mechanistic pathway from soluble unstructured aSyn to insoluble fibrils has not been fully elucidated. To achieve this goal, one requires reliable and reproducible aggregation assays and accordingly an understanding of the conformational states of the protein at the start of the assay. However, at present, there are many protocols...
discussed in the literature (see Table 1) on how to purify and store recombinant aSyn. The effect of protein storage on protein aggregation kinetics has so far not been investigated. In the current study, we used the protocol described by Huang et al. and Campioni et al., applying periplasmic lysis, ion exchange chromatography (IEX), and hydrophobic interaction chromatography (HIC), to purify recombinant aSyn.12,13 Importantly, this protocol does not include a heating step, which may lead to partial protein degradation that may affect assay variability.14

After purification, we dialyzed the protein into different buffers and then either lyophilized or froze it for storage. Lyophilization is commonly used in protein research20 since it provides for facile storage of the protein, easy reconstitution in any desired buffer solution, and does not require any time-consuming buffer exchanges. Lyophilization involves three steps: (i) freezing, (ii) primary dehydration to remove ice (sublimation), and (iii) secondary dehydration to remove traces of water (desorption).21 However, each step of the process may introduce protein damage by degradation or structural alteration or protein aggregation.22–24 Moreover, the structural recovery of proteins after lyophilization is dependent on the protein and the buffer composition, while many proteins will refold upon reconstitution in aqueous solution, some will remain misfolded or aggregated.25

Here, we investigate the impact of buffer solutions and protein storage conditions on the aggregation kinetics of recombinant human wild type (WT) aSyn by lyophilizing or freezing the protein in H2O or 20 mM sodium phosphate (NaP) buffer, pH 7.2. We show that the aggregation kinetics of aSyn are affected by lyophilization as demonstrated in a ThT-based aggregation assay. On the one hand, lyophilization of aSyn accelerates amyloid nucleation reactions, while on the other hand the elongation reaction is slowed down compared to freezing. Moreover, the plate-to-plate variance in the amount of amyloid aggregates formed is increased in the lyophilized aSyn samples when compared to the frozen samples. Although the samples were primarily monomeric, the presence of a small percentage of high molecular weight (HMW) conformers was confirmed by analytical size exclusion chromatography (SEC), dynamic light scattering (DLS), and atomic force microscopy (AFM), all of which displayed a variety of sizes and shapes of aSyn HMW conformers formed under both lyophilizing and freezing processes. We call these “HMW conformers” because currently we cannot conclude whether these are similar to what is referred to as “oligomers” in the literature. Finally, we used hydrogen–deuterium exchange mass spectrometry (HDX-MS) to probe the molecular conformation of the primarily monomeric aSyn to determine whether storage conditions affected the sub molecular structure of aSyn. Interestingly, we show that in both lyophilized and frozen aSyn samples the NAC region of aSyn was the least solvent-protected region, while residues 115–125 and 134–140 of the C-terminus were the most protected. We also observed that lyophilizing affects the structure of the monomeric protein, as the aSyn sample was overall less accessible to the solvent throughout the protein sequence compared to the frozen sample. We highlight the importance of a full characterization of the amyloid protein sample prior to analyzing its structure–function relationship.

**Methods and Materials**

*Escherichia coli* Expression of aSyn and Periplasmic Lysis. The plasmid pT7–7 containing human aSyn cDNA was transformed into *Escherichia coli* One Shot BL21 Star (DE3) (Thermo Fisher Scientific, USA). Two liter cultures of *E. coli* in Lysogeny Broth (LB) containing carbenicillin (100 µg/mL) were grown at 37 °C and induced for expression of aSyn with 1 mM isopropyl-β-thiogalactopyranoside (IPTG). The cells were pelleted by centrifugation at 7000g. To release the expressed aSyn, lysis of the periplasm was performed following the protocol described in ref 12. The final supernatant containing aSyn and periplasmic proteins was collected and dialyzed overnight in ion exchange (IEX) buffer A (20 mM Tris-HCl, pH 8) in Slide-A-Lyzer dialysis tubing, MWCO 10 kDa (Thermo Fisher Scientific, USA).

**aSyn Purification Using IEX and HIC.** For purification of aSyn, we followed the protocol described in ref 13. The protein was loaded onto a HiPrep Q FF 16/10 anion exchange column (GE Healthcare, Sweden) and eluted against a linear gradient of 0 to 1 M NaCl (GE Healthcare, Sweden) in Slide-A-Lyzer filtration cassettes (10 kDa MWCO; Thermo Fisher Scientific, USA). The dialyzed protein was loaded onto a HiPrep Phenyl FF 16/10 (High Sub) hydrophobic interaction column (GE Healthcare, Sweden) and eluted using HIC buffer B (50 mM Bis-Tris, pH 7). IEX and HIC fractions were pooled. All purification steps were monitored by analytical size exclusion chromatography (SEC).

**aSyn Storage Using Either Lyophilization or Freezing at −80 °C.** The fractions containing aSyn eluted from the SEC column were pooled together and dialyzed extensively using either H2O or 20 mM Na2HPO4 pH 7.2 (NaP) in Slide-A-Lyzer dialysis cassettes (10 kDa MWCO). The dialyzed samples were stored at −80 °C.

Analytical Size Exclusion Chromatography (SEC). SEC analysis was performed on an Agilent 1260 Infinity HPLC.

| Table 1. Overview over Different Protocols Currently Used for Purification of Recombinant aSyn Protein | chromatography steps | storage | ref |
|---|---|---|---|
| homogenized and boiled | IEX, RP-HPLC | lyophilized | 15 |
| cell lystate ammonium sulfate precipitation | SEC, IEX | not stated | 16 |
| cell lystate ammonium sulfate precipitation | SEC, IEX | lyophilized | 17 |
| cell lystate acid precipitation | IEX | not stated | 18 |
| periplasmic lysis by osmotic shock | IEX, SEC | lyophilized, SEC before use | 19 |
| freeze/thaw, sonicating and boiling | IEX, SEC, IEX, SEC | frozen, SEC before use | 19 |
| periplasmic lysis by osmotic shock | IEX, HIC | lyophilized, dialyzed before use | 13 |
system (Agilent Technologies LDA UK Limited, UK) equipped with an autosampler and a diode-array detector using a BioSep-SEC-2000s column (Phenomenex, UK) in phosphate-buffered saline (Gibco PBS, Thermo Fisher Scientific UK LTD, UK) at 1 mL/min flow-rate. The elution profile was monitored by UV absorption at 220 and 280 nm. For the SEC-HPLC analysis, the directly frozen αSyn samples were thawed at room temperature, samples lyophilized in H2O were resuspended in 20 mM NaP pH 7.2, and αSyn lyophilized in 20 mM NaP pH 7.2, was resuspended in H2O. All αSyn samples were diluted to 100 μM and filtered through a 0.22 μm filter (Millipore (U.K.) Limited, UK). The SEC injection volume was 50 μL, six injections were made for both frozen and lyophilized samples from purification batches 1 and 2. To estimate the molecular weight of αSyn species by their column retention times, a standard protein mixture (PN 69385, Sigma-Aldrich) was used to calibrate the BioSep-SEC-2000s column.

**Dynamic Light Scattering (DLS).** Samples were analyzed on a Zetasizer Nano S (Malvern Instruments Ltd., UK). The DLS instrument was equipped with a Peltier temperature controller set at +25 °C temperature. Disposable microcuvettes (Malvern Instruments Ltd., UK) were used for size measurements which were conducted at a scattering angle of 173°. Every sample was measured at least seven times with two or three repeats for samples from purification batches 1 and 2.

**Atomic Force Microscopy (AFM).** Ten microliters of 100 μM solutions of frozen or lyophilized αSyn were incubated on a freshly cleaved mica surface for 30 min. The mica was washed three times in deionized H2O to remove lose protein and dried under a stream of nitrogen. Images covering a field of view of 1 μm × 1 μm were acquired with a Peak Force Quantitative Nanomechanical Property mode using ScanAsyst Air probes (BioScope Resolve, Bruker AXS GmbH). Images were acquired at a scan rate of 1 Hz using a peak force ≤1.5 nN. The peak force amplitude was set to 70 nm. Images were flattened using the NanoScope Analysis software, version 1.8, before being exported for further analysis. Images were analyzed using the ICY imaging software (http://icy.bioimageanalysis.org/) and were gray rendered before analysis. The area of oligomers was then calculated using the "Connected Components" plugin. The gray scale 8-bit images were given a threshold of 50/256 to remove background and the minimum size detection was 1 pixel to allow detection of very small conformers with height profiles, 1 pixel = 1.95 nm. A group of connected pixels was detected as a cluster (one aggregate). Its area was attributed to the area of the respective HMW conformer.

**Hydrogen/Deuterium-Exchange Mass Spectrometry (HDX-MS).** Hydrogen—deuterium exchange was performed using an HDX Manager (Waters, US) equipped with a CTC PAL sample handling robot (LEAP Technologies, US). Samples of WT αSyn in protonated aqueous buffer (20 mM NaP, pH 4.00) were diluted 20-fold into deuterated buffer (20 mM NaP, pD 4.00) at 20 °C, and thus hydrogen/deuterium-exchange was initiated. The buffer pH was adjusted to pH 4.00 using 1 M HCl and monitored with a pH meter. The protein was incubated for various time points, ranging from 30 s to 50 min. Hydrogen exchange was arrested by mixing the protein solution 1:1 with a prechilled quencher buffer (20 mM NaP, 8 M Urea, pH 2.45 at 20 °C). The protein was then digested into peptides on an Enzymate immobilized pepsin column (Waters, US) and the peptides were trapped and then separated on C18 columns (VanGuard 2.1 × 5 mm ACQUITY BEH and 1 × 100 mm ACQUITY BEH 1.7 μm, respectively, Waters, US) with a linear gradient of acetonitrile (3–40%) supplemented with 0.1% formic acid. Peptides were analyzed with a Synapt G2-si mass spectrometer (Waters, US). Peptide mapping of αSyn, where peptides were identified by MS fragmentation, was performed prior to the hydrogen exchange experiments and analyzed using ProteinLynx Global Server-PLGS (Waters, US). Peptide mapping of αSyn yielded coverage of 100% of αSyn with a high degree of redundancy (Figure S6). Peptides were identified by MS8 fragmentation with ProteinLynx Global Server (Waters, US). Deuterium incorporation was measured in DynamX 3.0 (Waters, US) and the data pertaining to deuterium uptake were analyzed and visualized in MatLab (Mathworks, UK) and Excel (Microsoft, US). No correction was made for back-exchange. The mean deuterium level per amino acid (represented on Figure S8) was calculated according to

$$M_j = \frac{1}{n} \sum_{i=1}^{n} \frac{1}{q} \sum_{j=0}^{q} (m_i^j - m_0^j)$$

where $M_j$ is the mean deuterium level at amino acid residue $j$, $n$ is the number of overlapping peptides, $q$ is the number of exchangeable amides for peptide $i$, $m_i^j$ is the isotopic weighted midpoint at labeling time $t$, and $m_0^j$ is the midpoint at time 0 (no deuteration).

**Thioflavin-T (ThT) Binding Assay in 96-Well Plates.** Ten micromolar ThT was added to 150 μL of 100 μM αSyn in 20 mM NaHPO4 pH 7.2 from lyophilized and frozen αSyn samples. All samples were filtered through 0.22 μm filters before loading onto nonbinding, clear bottom, black 96-well plates (PN 655906 Greiner Bio-One GmbH, Germany). The plates were sealed with an Ampliseal transparent microplate sealer (Grenier Bio-One GmbH, Germany). Fluorescence measurements were taken with an Envision 2104 Multilabel Reader (PerkinElmer, Finland). The temperature was set to 37 °C at the bottom and 39 °C at the top of the plate to prevent condensation. The plates were incubated with orbital shaking at 300 rpm between the readings. The readings of ThT fluorescence intensity at 486 nm were collected every 16 min in the top excitation/emission mode and at a focal height of 5.5 mm. Excitation was at 440 nm with 2 μL of 10% of the mixture (PN 69385, Sigma-Aldrich) was used to calibrate the Dynax 3.0 (Waters, US) and the data pertaining to deuterium uptake were analyzed and visualized in MatLab (Mathworks, UK) and Excel (Microsoft, US). No correction was made for back-exchange. The maximum fluorescence intensity for each plate. The kinetic curves of the averaged raw data from the ThT fluorescence were fitted to a sigmoidal curve and the nucleation rate $k_1$ and the elongation rate $k_2$ were calculated from the Finke–Watzky two-step model (eq 2).8,30 $[A_0]$ refers to the ThT fluorescence (a.u.) at time 0, and $[B_i]$ refers to the ThT fluorescence (a.u.) of the fibrils formed at time $t$

$$[B_i] = [A_0]_0 - \frac{k_1}{k_2 + [A_0]_0} \exp(k_1 + k_2[A_0]_0t)$$

**RESULTS**

**Lyophilization Influences αSyn Aggregation Kinetics.** The kinetics of αSyn aggregation are affected by many environmental factors, including buffer composition, temperature, pH, the presence of an air-water interface, hydrophobic surfaces or metals, as well as the presence of preformed
We first examined whether lyophilization or freezing aSyn had an influence on the variability of aggregation kinetics measured by ThT since ThT-based assays are frequently used to monitor amyloid fibril formation.

We optimized the purification process of human WT aSyn, starting with the protocol by Huang et al., using periplasmic lysis and IEX. We observed that lyophilization of aSyn and both lyophilized and frozen samples were frequently used to monitor amyloid fibril formation.

The identity of human WT aSyn was confirmed by amino acid analysis (Table S1). We dialyzed the protein in either a commonly used fibrillation buffer, 20 mM NaP pH 7.2, or in H2O. After this, we either lyophilized or froze the protein at −80 °C until further use.

Before ThT-based aggregation experiments were performed, the aSyn lyophilized in NaP buffer was resuspended in H2O and both lyophilized and frozen samples were filtered through a 0.22 μm membrane. The fluorescence data from the ThT-based assay exhibited sigmoidal behavior from which kinetic information could be extracted and individual well traces are shown in Figure 1A. We observed that lyophilization of aSyn increased the mean of the standard error of the mean (SEM) between ThT experiments compared to freezing (Figure 1B).

To determine the remaining monomer concentration of aSyn after the ThT-based aggregation assay we used analytical SEC and showed that there was less remaining monomeric aSyn in the lyophilized samples but a greater variability in well to well concentrations compared to frozen samples (Table S2). Rate constants for a 2-step (nucleation and elongation) aggregation mechanism were calculated using the Finke–Watzky equation from sigmoidal curves of the mean ThT fluorescence data (Figure S2). The nucleation rate, A → B (rate constant k1) and the elongation rate A + B → 2B, (rate constant k2) could be calculated from fitted ThT fluorescence curves (Figure S3), least-squares curve fitting was performed in MATLAB using curve fitting toolbox, goodness of fitted data is presented in Table S3. The k1 nucleation rate was faster in the lyophilized aSyn sample, 1.22 ± 0.1 s−1 nucleation events/s, compared to the frozen sample, 0.80 ± 0.04 s−1 nucleation events/s (Table 2). Conversely, the k2 elongation rate was slower for the lyophilized aSyn sample, 0.86 ± 0.01 ms−1, compared to the frozen sample, 1.62 ± 0.03 ms−1.

Table 2. Lyophilized and Frozen aSyn Display Different Aggregation Kinetics

| Storage Condition | k1 (s−1)± | k2 (ms−1 ThT fluorescence a.u.)± |
|-------------------|-----------|---------------------------------|
| Lyophilized       | 1.22 ± 0.10 | 0.86 ± 0.01                     |
| Frozen            | 0.80 ± 0.04 | 1.62 ± 0.03                     |

* k1 and k2 values were calculated from fitting the Finke–Watzky equation to averaged ThT fluorescence curves. a.u. arbitrary units

Analytical Size Exclusion Chromatography of aSyn Identifies Mostly Monomeric Protein but High Molecular Weight Conformers Are Also Present in All Storage Conditions. To investigate the origin of the differences in variability and nucleation/elongation rates of lyophilized and frozen aSyn samples, we used a variety of structure sensitive methods, including analytical SEC, DLS, AFM, and HDX-MS, to deduce whether the choice of buffer and storage conditions had an effect on the protein conformation. Our analytical SEC results show that the majority of aSyn is in its monomeric form (Figure 2A), independent of the storage protocols used. Monomeric aSyn eluted at 6.78 min minutes from the calibrated BioSep-SEC-2000s column, from which a MW of 78.5 ± 2.7 kDa was estimated (Figure 2A). The predicted MW of aSyn using SEC has been previously shown to range between 60 and 70 kDa. Monomeric aSyn in aqueous solution has an extended conformation, reflected in a larger hydrodynamic radius. The models used to calculate molecular weight from SEC data assume a globular fold and overestimate the mass of aSyn which is 14.4 kDa. The first elution peak, shown in the zoomed in Figure 2B, corresponds to high molecular weight (HMW) conformers of 480 ± 17 kDa (Figure 2B). Aggregates of similar size (~440 kDa; SDS-PAGE) have also been observed by others when aSyn was purified using precipitation by streptomycin sulfate and ammonium sulfate with subsequent lyophilization. aSyn samples that were lyophilized in H2O and reconstituted in NaP buffer had the highest content of HMW conformers, that is, 2.45 ± 0.05%. The aSyn samples lyophilized in NaP buffer had a lower percentage of HMW conformers of 0.12 ± 0.01%, but the lowest percentage of HMW conformers, 0.01 ± 0.01%, were found in the aSyn sample in NaP buffer which was directly frozen at −80 °C (Table 3).
PBS at 1 mL/min. Monomeric aSyn eluted from the column at most HMW conformers were detected in the lyophilized in H2O HMW conformers in the lyophilized samples compared to frozen, the outlines the zoomed in area shown in B. (B) Zoomed area shows more min corresponding to MW 78.5 ∼ earlier freezing in NaP (blue), lyophilizing in NaP (red), lyophilizing in H2O (black), all samples were filtered through a 0.22 μm filter. 50 μL of 100 μM aSyn was analyzed on a BioSep-SEC s2000 column equilibrated in PBS at 1 mL/min. Monomeric aSyn eluted from the column at ~7 min corresponding to MW 78.5 ± 2.7 kDa. HMW conformers eluted earlier ~5.5 min, corresponding to MW 480 ± 17 kDa. Dashed box outlines the zoomed area in shown in B. (B) Zoomed area shows more HMW conformers in the lyophilized samples compared to frozen, the most HMW conformers were detected in the lyophilized in H2O sample.

Table 3. Percentage of aSyn Monomer and HMW Conformers after Storage Determined by Analytical SEC

| storage protocol | monomer (%) | HMW conformers (%) |
|------------------|-------------|---------------------|
| H2O lyophilized  | 97.55 ± 0.05| 2.45 ± 0.05         |
| NaP lyophilized  | 99.88 ± 0.01| 0.12 ± 0.01         |
| NaP frozen       | 99.99 ± 0.01| 0.01 ± 0.01         |

DLS Identifies a Wider Size Distribution of aSyn Monomeric Conformers after Lyophilizing than after Freezing. DLS was used to further characterize the size range of various conformers present in the NaP and H2O buffer samples. DLS can estimate the size distribution of particles in the nanometer–micrometer range based on their light scattering profiles. Previous reports show that monomeric aSyn has a diameter ranging between 4–8 nm using DLS. Small-angle X-ray scattering (SAXS) analysis also determined monomeric aSyn had a radius of 4.0 ± 0.1 nm, corresponding to a diameter of ~8 nm. A folded globular protein of the same length would have a diameter ~3, indicating that the monomeric aSyn is unfolded. Analyzing the DLS measured size distribution by volume, that is, analyzing primarily monomeric protein, we show that aSyn lyophilized in NaP buffer contained monomer which had a size distribution between 3–20 nm, compared to 3–11 nm for aSyn frozen in NaP buffer (Figure 3). The size distributions may be attributed to by variations of monomer conformation and/or presence of some dimer/trimers. Analysis of the DLS data by intensity, focusing more on the HMW species, reveals HMW conformers of ~200 nm in both lyophilized and frozen samples but also showing greater variance in the lyophilized aSyn by size distribution (Figure S4 and Table S4). Samples of aSyn lyophilized and frozen in NaP buffer were probed by AFM to examine the shape of the HMW conformers (Figure SSA and B). The conformers in both samples were heterogeneous in size and shape which has been also observed in other studies. However, the conformers induced by lyophilizing had a bigger surface area (Figure S5C) and showed greater heterogeneity in shape, while frozen aSyn HMW conformers were more ellipsoid in shape (Figure SSA and B).

HDX-MS Confirms the Presence of Different Monomeric Conformers in the Lyophilized versus Frozen aSyn Samples. The above analytical SEC and DLS results have identified that the majority of the aSyn protein was in its monomeric form, but there may be different monomeric conformations present after freezing and lyophilization. To probe the submolecular conformation of aSyn in its monomeric form and to measure the impact of freezing and lyophilization on the monomer, we applied HDX-MS. The observed rates of H/D-exchange indicate the degree of solvent exposure and/or stable hydrogen-bonding. Prior to HDX-MS, the sample lyophilized in NaP buffer was freshly dissolved into H2O and both the frozen and lyophilized samples were diluted to a stock concentration of 80 μM. HDX-MS was done as a “bottom-up” experiment: therefore, the protein sequence was initially mapped to the experimental data (essentially a spectral assignment process) in order to confidently monitor H/D-exchange at the submolecular level. The assigned peptides from the mass spectra are the basis for submolecular resolution, which is summarized in a coverage map (Figure S6). The protein was then labeled with deuterium by incubation at pH 4.00 for various time intervals, ranging from 30 s to 50 min (3000 s). The labeling experiment was performed at pH 4.00, as the kinetics of H/D exchange were too fast to observe any difference at pH 7.2 (Figure S7). This is a reflection of the very low hydrogen-exchange protection factors in an intrinsically disordered protein, such as aSyn. The HDX-MS data are obtained from a time course study of deuterium uptake at each measured location within the protein chain. The data are...
expressed as a percentage of the maximum possible deuterium uptake at each site—this is termed the relative fractional uptake. Analysis of the relative fractional uptake of deuterium in both the lyophilized and frozen samples showed that the NAC region had the most deuterium uptake both in terms of exchange rate and the observed extent of labeling after 50 min (Figure 4). Two regions were observed in the N-terminal domain that showed a high degree of protection to H/D-exchange (residues 5–26 and 40–55); both with even more pronounced protection following lyophilization. The greatest degree of protection against deuterium-labeling was observed in two regions in the C-terminal domain (residues 115–125 and 135–140). The protection from deuterium uptake observed at the C-terminus under both conditions suggests there is a C-terminal fold in the monomeric protein. This has not been reported previously using HDX-MS, although other biophysical studies have observed an overall compaction of αSyn at lower pH.33,43,44 When comparing relative differences in deuterium uptake between lyophilized and frozen samples, the lyophilized sample was found to exchange at a slower rate than the frozen sample throughout the protein sequence. This is most evident in the reduced relative fractional uptake at early time points (Figure 4) and results in a positive value for the difference of mean deuteration (Figure S8). This indicates increased solvent protection, or the emergence of secondary structure. We interpret this as a compacting of the lyophilized sample through increased hydrogen bonding either internally or externally to other monomers. Importantly, although it has previously been shown that lyophilization may induce aggregation (shown here by DLS and AFM), HDX-MS data indicate that lyophilization also affects the structure of monomeric protein.

**DISCUSSION**

There has been an extensive research effort in the field of amyloid protein aggregation to determine the kinetics of fibril formation and to understand how toxic forms of amyloid proteins in disease arise. Although we are slowly unpicking the biophysical mechanisms behind monomer to fibril formation, there are still a great number of variables, such as the effect of buffer solution and protein storage protocols that need to be taken into consideration and which may hamper our goal to reliably measure amyloid protein aggregation kinetics. In this study, we deduce that for αSyn, freezing is preferential to lyophilization which not only introduces more HMW conformers but also has an effect on the monomeric protein as shown by HDX-MS. Note, we use the term “conformers” to describe αSyn species because (a) we cannot conclude that the αSyn species we observe are similar to “oligomers” referred to in the literature, particularly HMW conformers formed during lyophilization as these seem to have different morphology as determined by AFM to those formed by incubation of high concentrations of αSyn and (b) we already observe a structural conformer in monomeric αSyn which may directly influence aggregation kinetics. Because of the very low concentrations of HMW conformers in our samples, we were unable to isolate them for further structural analysis or to identify whether they became incorporated into fibrils or if they even could inhibit elongation.

Many protocols rely on lyophilization as a method for protein storage. We show, as part of the study, that lyophilizing αSyn greatly affects the variability in a ThT-based aggregation assay. In particular, lyophilization causes an increase in the percentage of HMW conformers, increases the heterogeneity of conformers, and most importantly affects the monomer structure by altering the hydrogen bonding, possibly by compaction or by inducing intermolecular bonding. As discussed, we observed differences in nucleation and elongation rates for frozen and lyophilized αSyn samples, however, it is difficult to speculate why the mechanism of fibrillization may be different since we do not have single fibril resolution. Using a single fibril-based aggregation assay, we and others have previously shown that there is structural polymorphism in αSyn fibrils formed in vitro as certain αSyn fibrils had failed to elongate in a seeding assay, while others had monodirectional and bidirectional growth.46–48 Whether or not this polymorphism stems from the presence of different monomeric αSyn conformers present at the start of the experiment or from the presence of certain HMW conformers remains to be determined.

Despite lyophilization increasing the number of HMW conformers in the samples compared to freezing, the total amount of HMW species formed in all samples was relatively low, ranging from 2.45% in H2O to 0.12–0.01% in NaP buffer. However, lyophilizing the protein in H2O rather than in NaP buffer does increase the percentage of HMW conformers present. DLS revealed that there is an increase in the heterogeneity of the size distribution of conformers formed during lyophilization compared to freezing. In particular, using AFM, we could show that the HMW conformers formed during lyophilizing were heterogeneous in shape, while those formed during freezing displayed a more homogeneous ellipsoid shape. This ellipsoid shape has been reported by others using oligomers formed during incubation of highly concentrated αSyn and may suggest that lyophilization is introducing nonphysiological HMW conformers.

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Figure 4. Relative fractional deuterium uptake for frozen and lyophilized αSyn samples. Lyophilized αSyn is more solvent protected than frozen αSyn but both samples contain a solvent protected region at the C-terminus. Shown is the relative fractional mass increase over the time course of the experiment, samples were taken at 0.5, 0.75, 1, 5, and 50 min. Data is scaled between the minimum and maximum values observed. Large values of relative uptake (blue) indicate solvent accessibility or lack of stable hydrogen bonding, while small values (red) indicate solvent protection and/or stable hydrogen bonding.

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To gain more insight into the structural differences of the primarily monomeric protein, we applied HDX-MS which provides molecular-scale resolution. We observed the highest solvent protection at the C-terminus of αSyn in both, the lyophilized and the frozen αSyn sample. We also observed that the NAC region was the least protected region of the protein. Previously published HDX-MS data on αSyn probed oligomeric αSyn, which had already been aggregated, showing NAC protection and C-terminus exposure.31,32 We, however, expect our results to stem from monomeric protein due to the very low percentage of HMW conformers present in our samples, 0.12% in lyophilized and 0.01% in frozen samples.

So far HDX-MS had not been used to study the structure of monomeric αSyn. There have though been studies using NMR suggesting that there are certain intramolecular interactions present in the monomeric form of αSyn. Nuclear magnetic resonance with paramagnetic relaxation enhancement (NMR PRE) studies have proposed that the NAC region of αSyn may be protected from intermolecular interactions and aggregation in the monomeric form of αSyn, as the charged C-terminus can fold over and interact with the hydrophobic NAC region.53–55 However, there are other studies which have identified N-terminus residues 12–2653 and residues 3–15 and 35–5056 directly interacting with the C-terminus of αSyn. Again, others propose it is both a combination of hydrophobic C-terminus and NAC, and N- and C-terminus charge interactions that determine the structure of the monomer.57,58 Our HDX-MS data suggest that the C-terminus may interact with the N-terminus since we see a higher degree of HDX-MS protection at residues 5–26 and 40–55, rather than within the NAC region where we observe less protection. The most striking observation has been that the highest level of protection occurs at the C-terminus. Bertocini et al., had previously identified two hydrophobic regions of αSyn at residues 115–119 and 125–129 within the C-terminus using NMR.53 This combined with our HDX-MS results, where we observe significant hydrogen-exchange protection for residues 115–125 and 135–140, suggests that there is a fold at the C-terminus.

We propose HDX-MS as a useful method to analyze monomeric IDPs, particularly as the field advances into fast mixing allowing millisecond sampling to capture folding events and study misfolding pathways. Currently, many studies utilize NMR PRE to study intramolecular interactions of IDPs. This method requires labeled isotopes and a high concentration of protein. HDX-MS on the other hand only uses low protein concentrations and, in comparison, is higher through-put.

Whether the αSyn conformations identified in the present study are involved in elongation or toxicity is a very pertinent question in the field, particularly in light of the growing evidence of the presence of different subpopulations of oligomers and polymorphs of αSyn fibrils, the formation of which being strongly dependent on their surrounding environment,39–61 but also in light of the debate within the field of residual structure in the “disordered” monomer.53,40,62 We show in this work that it is important to fully characterize the amyloid protein of interest within the experimental setup, i.e. considering buffer and storage conditions before studying amyloid aggregation kinetics. Only if we know what the starting conditions are will we be able to improve sample to sample variability in the future and further unpick the biophysical mechanisms of folding, ultimately advancing the future of therapeutic strategies.
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