A Ratiometric Sensor for Imaging Insulin Secretion in Single β Cells

Highlights

- Genetically encoded proinsulin-based reporter RINS1 for sensing insulin secretion
- RINS1 enables ratiometric monitoring of stimulated exocytosis in single β cells
- RINS1 enables visualization of drug-mediated modulation of insulin secretion
- RINS1 can be combined with other fluorescent sensors in cultured and primary cells

Authors
Martina Schifferer, Dmytro A. Yushchenko, Frank Stein, Andrey Bolbat, Carsten Schultz

Correspondence
schultz@embl.de

In Brief
Schifferer et al. describe a genetically encoded reporter termed RINS1 for ratiometric sensing of insulin secretion. RINS1 is based on proinsulin-sfGFP and -mCherry fusions and enables monitoring of insulin dynamics upon drug treatment at different subcellular sites within β cells.
A Ratiometric Sensor for Imaging Insulin Secretion in Single β Cells

Martina Schifferer,1 Dmytro A. Yushchenko,1,2 Frank Stein,1 Andrey Bolbat,1 and Carsten Schultz1,3,4,*

1Interdisciplinary Chemistry Group, Cell Biology & Biophysics Unit, European Molecular Biology Laboratory (EMBL), Meyerhofstrasse 1, 69117 Heidelberg, Germany
2Group of Chemical Biology, Institute of Organic Chemistry and Biochemistry, Academy of Sciences of the Czech Republic, Flemingovo namestí 2, 16610 Prague 6, Czech Republic
3Department of Physiology and Pharmacology, Oregon Health and Science University, Portland, OR 97237, USA
4Lead Contact
*Correspondence: schultz@embl.de
http://dx.doi.org/10.1016/j.chembiol.2017.03.001

SUMMARY

Despite the urgent need for assays to visualize insulin secretion there is to date no reliable method available for measuring insulin release from single cells. To address this need, we developed a genetically encoded reporter termed RINS1 based on proinsulin superfolder GFP (sfGFP) and mCherry fusions for monitoring insulin secretion. RINS1 expression in MIN6 β cells resulted in proper processing yielding single-labeled insulin species. Unexpectedly, glucose or drug stimulation of insulin secretion in β cells led to the preferential release of the insulin-sfGFP construct, while the mCherry-fused C-peptide remained trapped in exocytic granules. This physical separation was used to monitor glucose-stimulated insulin secretion ratiometrically by total internal reflection fluorescence microscopy in single MIN6 and primary mouse β cells. Further, RINS1 enabled parallel monitoring of pulsatile insulin release in tolbutamide-treated β cells, demonstrating the potential of RINS1 for investigations of antidiabetic drug candidates at the single-cell level.

INTRODUCTION

Diabetes is one of the most common diseases worldwide. It manifests itself by a faulty regulation of blood sugar by insulin. There are two common types of diabetes: type 1 and type 2 diabetes. Type 1 diabetes is characterized by the autoimmune destruction and drastic loss of insulin-secreting pancreatic β cells leading to hyperglycemia (Fu et al., 2013). The most common treatment for type 1 diabetes with usually little residual insulin secretion is the subcutaneous injection of recombinant human insulin before or after food intake. Type 2 diabetes on the other hand is the more common type of diabetes (representing 90% of diabetic cases worldwide) and is characterized by insulin resistance, often in combination with reduced insulin secretion. Many less-severe cases of type 2 do not require insulin substitution but the use of drugs that stimulate insulin secretion such as metformin, tolbutamide, or others (Rorsman, 2005). In an experimental setup, insulin secretion is usually determined by an ELISA assay which of course is limited to detection of bulk insulin released by an entire pancreas, a group of islets, or cultured cells. At the single-cell level, patch-clamp measurements are quite common (Guo et al., 2014; Ammala et al., 1991). Surprisingly, there are only a few single-cell-based fluorescent assays available to directly monitor the fusion of the secretory granules and the release of insulin. A variety of fluorescent protein (FP)-tagged constructs has been developed to monitor exocytosis from β cells. For example, single-cell imaging of granules was first achieved by expressing a chimera of the dense-core secretory granule membrane glycoprotein phogrin and EGFP (Pouli et al., 1998), which was later combined with the application of the small dye acridine orange to image exocytosis from β cells (Tsuboi et al., 2000). There are also approaches based on monitoring release of other molecules which are concomitantly secreted with insulin such as Neuropeptide Y (Ohara-Imaizumi et al., 2002; 2007), tissue plasminogen activator (Tsuboi et al., 2004), or zinc ions (Li et al., 2011; Pancholi et al., 2014; Lemaire et al., 2009) by confocal and total internal reflection fluorescence (TIRF) microscopy. This work is nicely summarized in Rutter (2004) and Loder et al. (2013). Insulin secretion is mainly stimulated by strong intracellular calcium oscillations (Soria and Martin, 1998). Accordingly, calcium-sensitive indicators, but also probes that measure changes in pH, are employed. While enormously useful to better understand the underlying signaling network, such tools often monitor vesicle fusion of any kind and not just insulin-filled granule fusion. Typical strategies for direct visualization of insulin secretion involve simple FP tagging of the insulin C terminus (Ohara-Imaizumi et al., 2002; 2004; 2007) or insertion of an FP into the C-peptide (Michael et al., 2004, 2006; Watkins et al., 2002; Michael et al., 2004; Burns et al., 2015). As an alternative, fusion protein tags that bind fluorescent dyes are available allowing for pulse-chase labeling (Ivanova et al., 2013; Hoboth et al., 2015). However, the non-ratiometric datasets are very difficult to interpret. Ideally, one would exclusively image the fusion of single, insulin-filled secretory granules with the plasma membrane and the corresponding hormone release ratiometrically in real time and with high spatial resolution.
RESULTS

Insulin Reporter Design

Here we report a ratiometric sensor for insulin secretion based on a double-fluorescent-fusion construct of proinsulin. The sensor is cleaved during secretory granule maturation by specific proteases (called convertases) to form the physiologically active A-B chains of insulin bridged by disulfide bonds and the inactive C-peptide (Figure 1A) (Davidson, 2004). Triggered by elevated glucose levels and increases in intracellular calcium levels, the mature granules fuse with the plasma membrane, in the first minutes predominantly in a kiss-and-run fashion (Tsuboi and Rutter, 2003), to release their content including the quasi-crystalline insulin (Nicolson et al., 2009). Therefore, the loss of insulin would be one of the most direct methods of monitoring insulin secretion, provided that the signal is ratiometric rather than a drop in fluorescence.

To measure ratiometrically, we fused both the C-peptide and the A-peptide to the pH-insensitive mCherry and superfolder GFP (sfGFP), respectively (Figure 1A). Efficient tagging at the chosen target site (between proline 72 and glycine 73) was reported previously for the insertion of Emerald GFP (Michael et al., 2006). sfGFP was fused to the C terminus of the insulin A chain using a short flexible GGA linker. The sensor was termed RINS1 (Figure 1A). We took advantage of the improved folding kinetics of sfGFP over EGFP (Ohara-Imaizumi et al., 2002; 2004; 2007), especially in the endoplasmic reticulum (Aronson et al., 2011) to ensure that early insulin species were readily visible.

RINS1 Expression and Processing in MIN6 β Cells

RINS1 was transiently expressed in cultured mouse MIN6 β cells (passage 25–35) (Nakashima et al., 2009; Ishihara et al., 1993; Miyazaki et al., 1990; Cheng et al., 2012) (Figure 2B), as well as in primary β cells (Figure S8) under control of a cytomegalovirus promoter. RINS1-positive cells showed a granular signal of both FPs imaged by confocal microscopy (Figure 1B) with a subgroup of granules aligning at the plasma membrane and others located within the cytosol. Efficiency of MIN6 cell transfection with RINS1-containing plasmid in the presence of Lipofectamine 2000 was about 50% within an islet-like assembly (Figure S1). For transfection of primary β cells we used an adenoviral vector that led to about 80% of transduction. To control for proteolytic cleavage, we constructed a mutant with disabled protease cleavage sites between the A-B- and C-peptides (called RINS1mut). PFA-fixed mouse MIN6 β cells expressing RINS1 showed significant overlap (Pearson coefficient 0.56 ± 0.17, Figure 1C) of sfGFP and mCherry fluorescence, indicating that the two fluorophores were located in the same vesicles in most cases (Figure 1B). Moreover, by applying high-precision correlative fluorescence and electron microscopy, we demonstrated that MIN6 cells expressing RINS1 have very similar granule morphology to non-transfected cells (Figure S10). They contain characteristic subcellular structures in electron microscopy images that likely correspond to insulin crystals (Figure S10C). Co-expressing the granule marker EGFP-phogrin with an RINS1 construct without the sfGFP fusion (RINS1mCherryonly, Figure S2B) confirmed its identity as a secretory granule cargo (Pearson coefficient 0.35 ± 0.16, Figure 1C). Cell lysate analysis...
by western blotting using anti-insulin antibody demonstrated that RINS1wt was readily hydrolyzed with a ratio of non-processed proinsulin fused to both FPs (66 kDa) to mature insulin-sfGFP (36 kDa) of 0.09 (Figure 1D). Application of anti-GFP antibody confirmed RINS cleavage (Figure S13), but led to a different ratio mainly due to the low specificity of the anti-GFP antibody for GFP over mCherry (Figure S14). Interestingly, the western blot with anti-mCherry antibody demonstrated that C-peptide-mCherry generated from RINS1 existed predominantly in a dimeric form (Figure S13). In lysates of the cells expressing RINS1mut no mature insulin-sfGFP fusion construct was detected due to the lack of convertase cleavage (Figure 1D).

**Ratiometric Imaging of Stimulated Insulin Secretion**

To study the fate of RINS1 during secretion, we stimulated cells by addition of 20 mM glucose and observed secretory granules by confocal microscopy (Figure 2). Stimulated insulin secretion induced a rapid decrease in RINS1 sfGFP emission (−20%) but not the mCherry signal (Figure 2C), indicating that insulin-sfGFP was released while mCherry-C-peptide was retained in the cells. The difference in the secretion levels of insulin-sfGFP and mCherry-C-peptide was further confirmed by performing fluorescence characterization of the material released into the extracellular medium by MIN6 cells transiently expressing RINS1 (Figure S11). It showed a stronger increase in the levels of sfGFP fluorescence compared with mCherry levels (Table S1). Consequently, glucose-induced insulin secretion could be monitored at the single-cell level by fluorescence microscopy as a decrease in intracellular sfGFP/mCherry ratio as well as at the cell-batch level by applying fluorescence spectroscopy as an increase of sfGFP/mCherry...
ratio in the culture medium. As the change in exocytotic vesicle pH during kiss-and-run secretion may affect the sfGFP/mCherry emission ratio, we also tested for the pH dependence of the two fluorophores by addition of NH4Cl to MIN6 cells. Our result excludes a contribution of pH to the observed decrease of the sfGFP/mCherry ratio during secretion (Figure S12). We did not observe any significant contribution of FRET from sfGFP to mCherry (Figure S2). There was only a slightly higher FRET signal in RINS1mut compared with RINS1 granules. This is explained by the higher probability for intramolecular compared with intermolecular FRET as the RINS1mut reporter fluorophores are not separated by the protein convertases.

We then performed selective imaging of plasma membrane-localized secretory granules in RINS1-expressing MIN6 cells taking advantage of TIRF microscopy (Figure S3). RINS1 showed a fast decrease in sfGFP emission after stimulation by glucose (Figures 2D and 2E). To control for the difference of mCherry and sfGFP protein characteristics, we tested RINS1mut-expressing MIN6 cells and found no major difference in their emission after stimulation (Figure 2E). The amplitude of RINS1 response to glucose stimulation is independent of its expression levels or the pre-stimulation sfGFP/mCherry ratio (Figure S4). We also stimulated cells with KCl (30 mM), which led to direct depolarization and subsequent calcium influx independent of glucose levels. We found a faster recovery of the sfGFP/mCherry ratio after stimulation with KCl compared with glucose stimulation in MIN6 cells (Figure S5), but slower recovery of the sfGFP/mCherry ratio after stimulation with KCl in primary β cells (Figure S9).

Visualization of Insulin Transients and Calcium in Tolbutamide-Treated β Cells
RINS1 has proven useful to monitor physiological changes in insulin secretion and therefore has the potential to monitor drug effects on secretion dynamics. We therefore treated RINS1-expressing MIN6 cells with the sulfonylurea drug tolbutamide, a potent inhibitor of ATP-driven potassium channels in β cells (Mariot et al., 1998), and monitored insulin release by TIRF microscopy. Inhibition of potassium channels led to cell depolarization, calcium influx, and increased insulin secretion (Figure 3). After addition of glucose, a general drop in the sfGFP channel was observed, similarly to previous experiments with no drug treatment, while the red channel fluorescence persisted (Figures 3A and 3B). Surprisingly, we registered additional spontaneous insulin transients (Figure 3B). We frequently observed a bright increase in both wavelengths, albeit much stronger in the green channel, probably when groups of vesicles opened. Each event appears as a bright release in real-time movies (see Movie S2) and are probably visible because the FPs are released into the small space between cell and coverslip in the slim focal plane generated by TIRF illumination. Such insulin spikes were not observed in the absence of sulfonylurea drugs. The result is consistent with the known activation of first-phase secretion by tolbutamide (Eliasson et al., 2003). To dissect the calcium response from the actual insulin release (Figure 3C), we co-expressed the calcium sensor B-GECO1 and RINS1 (Figure 3D) in MIN6 cells. Upon tolbutamide treatment and glucose stimulation, we observed insulin spikes that coincided with increases in

Figure 3. Drug-Mediated Modulation of Insulin Secretion Visualized by RINS1 in MIN6 Cells Imaged by TIRFM
(A and B) The effect of tolbutamide incubation (100 μM, 30 min) on insulin secretion at the single-cell level. (A) Example TIRF images of RINS1-bearing granules in a single β cell at defined time points. For a full movie, see the Supplemental Information. Scale bar, 2 μm. (B) sfGFP (green), mCherry (magenta) intensity, and ratio sfGFP/mCherry (blue) changes over time. Arrow heads indicate time points of images in (A).
(C) Schematic drawing of sulfonylurea drugs affecting insulin secretion. Tolbutamide (red) inhibits KATP channels, leading to depolarization and calcium influx even in the absence of glucose.
(D) MIN6 cell-expressing RINS1 and B-GECO treated with tolbutamide (100 μM, 30 min) and stimulated by glucose after 60 s. B-GECO (blue) indicating calcium levels and RINS1 sfGFP/mCherry ratio (black) of for a single cell is plotted.
calcium oscillation amplitudes only at early time points. Such spontaneous release might be either due to calcium-dependent and -independent insulin secretion (Ammala et al., 1993; Sakuma et al., 1995) or the loss of exocytosis-competent granules and hence demonstrates the relevance of an insulin-specific reporter.

DISCUSSION

RINS1 is a simple double-labeled proinsulin fusion that seems to be processed similarly to wild-type proinsulin. In fact, single-labeled proinsulin-sfGFP and -mCherry fusions behave similarly (Figure S2). Upon granule maturation, insulin and the C-peptide separate. Unexpectedly, only the insulin construct was secreted while the C-peptide-mCherry fusion remained in the recycling vesicle. This is especially surprising taking into account that C-peptide levels are routinely used to determine residual insulin secretion in the blood of patients who are treated with recombinant insulin (just the A-B chain). Hence, endogenous C-peptide secretion levels must be substantial. It appears that mCherry extension prevents C-peptide secretion. One of the possible explanations is the dimerization of C-peptide-mCherry (illustrated in Figure S13), which decreases the propensity of the C-peptide-mCherry fusion for secretion. Alternatively, it might be due to the fact that fully processed insulin crystallizes in the secretory granules and has likely less contact to other structures within the granule compared with C-peptide.

In any case, only the physical detachment of sfGFP-insulin and C-peptide-mCherry made the ratiometric readout possible. This single-cell secretion assay will help to investigate the signaling network in β cells because it provides a physiologically meaningful readout when cells are stimulated or inhibited and will also be instrumental in combination with other fluorescent reporters that monitor signaling events. Especially the correlation with other signaling or secretory events in the same cell will open new ways for studying insulin secretion and its regulation. In the future, this single-cell technique for insulin secretion will be very useful for probing the effect of drugs and drug candidates modulating the calcium and potassium levels of β cells.

SIGNIFICANCE

Measuring insulin levels and secretion is common practice in the lab and in clinics. However, there is a lack of suitable single-cell methods for monitoring the β cell signaling network. So far, mostly indirect readouts such as calcium levels or granule co-charge secretion were monitored. Here we describe a novel method for direct proinsulin tagging by two fluorescent proteins at distinct sites in mouse β cells. This allows, for the first time, the microscopic distinction of different insulin species. We show that sfGFP-labeled mature insulin is preferentially released while mCherry-C-peptide is retained in the insulin granule. Consequently, RINS1 enables ratiometric imaging of stimulated insulin secretion and the monitoring of insulin dynamics upon drug treatment. For the first time, we show insulin transients at different subcellular sites within β cells. We demonstrate that RINS1 can be combined with calcium detection in single cells. This opens the unique opportunity of applying RINS1 to β cells together with other fluorescent sensors. The direct correlation of several signals in the same cell will be extremely useful for understanding the mechanisms of insulin secretion, both at the level of the driving signaling network as well as for unraveling the complex machinery that drives the exocytosis of the secretory granules. Such experiments are much more useful at the single-cell level due to the large cell-to-cell variability of cultured and primary cells. Finally, RINS1 will help to dissect the effects of diabetes-relevant drug candidates on different signaling pathways in β cells. Genetic encoding of this novel reporter will enable its application in diabetic model systems with clinical relevance and viral transfection will permit working with primary β cells from donors.

STAR METHODS

Detailed methods are provided in the online version of this paper and include the following:

- KEY RESOURCES TABLE
- CONTACT FOR REAGENT AND RESOURCE SHARING
- EXPERIMENTAL MODEL AND SUBJECT DETAILS
  - Cell Line
  - Culture of Primary Mouse β-Cells
- METHOD DETAILS
  - Experimental Procedures
- QUANTIFICATION AND STATISTICAL ANALYSIS
  - FRET Calculation
  - Image Analysis
- DATA AND SOFTWARE AVAILABILITY

SUPPLEMENTAL INFORMATION

Supplemental Information includes 14 figures, one table, and two movies and can be found with this article online at http://dx.doi.org/10.1016/j.chembiol.2017.03.001.

AUTHOR CONTRIBUTIONS

C.S., M.S., and D.A.Y. designed the study. M.S., D.A.Y., and A.B. performed the experiments. F.S. performed image analysis. All authors contributed to the manuscript writing.

ACKNOWLEDGMENTS

All authors acknowledge funding by the EMBL. M.S. and D.A.Y. were fellows of the EMBL Interdisciplinary Postdoc Program, partly funded by the EU Marie-Curie Program (EU grant 229597 for D.A.Y.). D.A.Y. was also supported by an IOCB installation grant. C.S. is grateful for support by TRR186, funded by the DFG. We thank the Advanced Light Microscopy Facility (ALMF) at EMBL for professional support, to the laboratory of Alexander Aulehla for providing access to mice, as well as Nicole Heath and André Nadler for critical reading of the manuscript.

Received: March 22, 2016
Revised: December 14, 2016
Accepted: March 2, 2017
Published: March 30, 2017

REFERENCES

Ammala, C., Larsson, O., Berggren, P.O., Bokvist, K., Juntti-Berggren, L., Kindmark, H., and Rorsman, P. (1991). Inositol trisphosphate-dependent...
periodic activation of a Ca(2+)-activated K+ conductance in glucose-stimu-
lated pancreatic beta-cells. Nature 353, 849–852.

Ammala, C., Ashcroft, F.M., and Rorsman, P. (1993). Calcium-independent
potentiation of insulin release by cyclic AMP in single beta-cells. Nature 363,
356–358.

aronson, D.E., Costantini, L.M., and Snapp, E.L. (2011). Superfolder GFP is
fluorescent in oxidizing environments when targeted via the sec translocon.

Burns, S.M., Vetere, A., Walpita, D., Dancik, V., Khodrier, C., Perez, J.,
Clemons, P.A., Wagner, B.K., and Altschuler, D. (2015). High-throughput lumi-
nescent reporter of insulin secretion for discovering regulators of pancreatic
Beta-cell function. Cell Metab. 21, 126–137.

Cheng, K., Dehghano-Arago, V., Nolan, C.J., Turner, N., Hallahan, N.,
Andrikopoulos, S., and Gunton, J.E. (2012). High passage MIN6 cells have
impaired insulin secretion with impaired glucose and lipid oxidation. PLoS One 7,
64088.

Davidson, H.W. (2004). (Pro)insulin processing: a historical perspective.
Cell Biochem. Biophys. 40, 143–158.

Nakashima, K., Kanda, Y., Hirokawa, Y., Kawasaki, F., Matsuki, M., and Kaku,
K. (2009). MIN6 is not a pure beta cell line but a mixed cell line with other
pancreatic endocrine hormones. Endocrinology 150, 126–137.

Nicolson, T.J., Bellomo, E.A., Wijesekara, N., Lodier, M.K., Baldwin, J.M.,
Gyulakhandanyan, A.V., Koshkin, V., Tarasov, A.I., Carzaniga, R., Kronenberg,
K., et al. (2009). Insulin storage and glucose homeostasis in mice null for
the granule zinc transporter ZnT8 and studies of the type 2 diabetes-associated
variants. Diabetes 58, 2070–2083.

Ohara-Imaizumi, M., Nakamichi, Y., Tanaka, T., Katsuta, H., Ishida, H.,
and Nagamatsu, S. (2002). Monitoring of exocytosis and endocytosis of insulin
secretory granules in the pancreatic beta-cell line MIN6 using pH-sensitive
fluorescent protein (pHluorin) and confocal laser microscopy. Biochem. J. 363,
73–80.

Ohara-Imaizumi, M., Nishiwaki, C., Kikuta, T., Nagai, S., Nakamichi, Y.,
and Nagamatsu, S. (2004). TIRF imaging of docking and fusion of single insulin
granule motion in primary rat pancreatic beta-cells: different behaviour of granule
motion between normal and Goto–Kakizaki diabetic rat beta-cells. Biochem. J.
381, 13–18.

Ohara-Imaizumi, M., Fujiwara, T., Nakamichi, Y., Okamura, T., Akimoto, Y.,
Kawai, J., Matushima, S., Wakamatsu, T., Akagawa, K., and
Nagamatsu, S. (2007). Imaging analysis reveals mechanistic differences be-
tween first- and second-phase insulin exocytosis. J. Cell Biol. 177, 695–705.

Pancholi, J., Hodson, D.J., Jobe, K., Rutter, G.A., Goldup, S.M., and
Watkinson, M. (2014). Biologically targeted probes for Zn2+: a diversity ori-
mented modular “click–SNAr-click” approach. Electronic supplementary infor-
mation (ESI) available: full experimental details including characterisation of all
novel compounds can be found in the ESI. See DOI: 10.1039/c4sc01249f.

Pouli, A.E., Emmanouilidou, E., Zhao, C., Wasmier, C., Hutton, J.C.,
and Rutter, G.A. (1998). Secretory-granule dynamics visualized in vivo with a phog-
rin-green fluorescent protein chimera. Biochem. J. 333 (Pt 1), 193–199.

Rorsman, P. (2005). Review: insulin secretion: function and therapy of pancre-
atic beta-cells in diabetes. Br. J. Diabetes Vasc. Dis. 5, 187–191.

Rutter, G.A. (2004). Visualising insulin secretion. The Minkowski Lecture 2004.
Diabetologia 47, 1861–1872.

Sakuma, N., Ishikawa, S., Okada, K., Miyazaki, J., and Saito, T. (1995).
Calcium induces calcium-dependent and calcium-independent insulin secre-
tion from the pancreatic beta cell line MIN6. Eur. J. Endocrinol. 133, 227–234.

Schindelin, J., Arganda-Carreras, I., Frise, E., Kaynig, V., Longair, M., Pietzch,
T., Preibisch, S., Rueden, C., Saalfeld, S., Schindel, B., et al. (2012). Fiji: an
open-source platform for biological-image analysis. Nat. Methods 9, 676–682.

Schneider, C.A., Rasband, W.S., and Eliceiri, K.W. (2012). NIH Image to
ImageJ: 25 years of image analysis. Nat. Methods 9, 671–675.

Soria, B., and Martin, F. (1998). Cytosolic calcium oscillations and insulin
release in pancreatic islets of Langerhans. Diabetes Metab. 24, 37–40.

Steel, F., Kress, M., Rethier, S., Piljč, A., and Schultz, C. (2013). FluO: a tool
for rapid analysis of multiparameter fluorescence imaging data applied to
oscillatory events. ACS Chem. Biol. 8, 1862–1868.

Team, R.D.C.. (2011). A Language and Environment for Statistical Computing
(The R Foundation for Statistical Computing).

Torii, S., Takeuchi, T., Nagamatsu, S., and Iizumi, T. (2004). Rab27 effector
granulinophil promotes the plasma membrane targeting of insulin granules via
interaction with syntaxin 1a. J. Biol. Chem. 279, 22532–22538.

Tsibou, T., and Rutter, G.A. (2003). Insulin secretion by ‘kiss-and-run’ exocy-
tosis in clonal pancreatic islet beta-cells. Biochem. Soc. Trans. 31, 833–836.

Tsibou, T., Zhao, C., Terakawa, T., and Rutter, G.A. (2000). Simultaneous
evanescent wave imaging of insulin vesicle membrane and cargo during a sin-
gle exocytotic event. Curr. Biol. 10, 1307–1310.

Tsibou, T., McMahan, H.T., and Rutter, G.A. (2004). Mechanisms of dense
core vesicle recapture following “kiss and run” (“cavicapture”) exocytosis in
insulin-secreting cells. J. Biol. Chem. 279, 47115–47124.
van Rheenen, J., Langeslag, M., and Jalink, K. (2004). Correcting confocal acquisition to optimize imaging of fluorescence resonance energy transfer by sensitized emission. Biophys. J. 86, 2517–2529.

Watkins, S., Geng, X., Li, L., Papworth, G., Robbins, P.D., and Drain, P. (2002). Imaging secretory vesicles by fluorescent protein insertion in propeptide rather than mature secreted peptide. Traffic 3, 461–471.

Zhao, Y., Araki, S., Wu, J., Teramoto, T., Chang, Y.F., Nakano, M., Abdelfattah, A.S., Fujiwara, M., Ishihara, T., Nagai, T., and Campbell, R.E. (2011). An expanded palette of genetically encoded Ca(2)(+) indicators. Science 333, 1888–1891.

Wickham, H. (2009). ggplot2: Elegant Graphics for Data Analysis (New York: Springer).
### STAR METHODS

#### KEY RESOURCES TABLE

| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
|---------------------|--------|------------|
| **Antibodies**      |        |            |
| Rabbit polyclonal primary anti-insulin (unconjugated) | SantaCruzBiotech | Sc-9168; RRID: AB_2126540 |
| Rabbit polyclonal primary anti-GFP (unconjugated) | Molecular Probes | A11122; RRID: AB_221569 |
| Rabbit monoclonal primary anti-mCherry (unconjugated) | Molecular Probes | M11217; RRID: AB_2536611 |
| Goat polyclonal secondary anti-rabbit (HRP conjugated) | Invitrogen | 31460; RRID: AB_228341 |
| Goat polyclonal secondary anti-rat (HRP conjugated) | Invitrogen | 31470; RRID: AB_228356 |
| **Bacterial and Virus Strains** |        |            |
| RINS 1 adenoviral vector | Vector Biolabs | Type 5, dE1/E3 |
| **Biological Samples** |        |            |
| Mouse pancreatic islets | EMBL animal facility | C57BL6 mice |
| **Chemicals, Peptides, and Recombinant Proteins** |        |            |
| Tolbutamide | Sigma | T0891 |
| Histopaque®-1083 | Sigma | 10831 |
| Histopaque®-1119 | Sigma | 11191 |
| Collagenase NB8 | SERVA | 17456 |
| Trypsin | Sigma | T4424 |
| **Experimental Models: Cell Lines** |        |            |
| Mouse MIN6 cell line, passage number 25-35 | Miyazaki laboratory, Oaka University | |
| **Oligonucleotides** |        |            |
| mCherry_ApaI_f | | |
| CCCCCCCCCCCGCCCTGACAGAAGCTGATCAGC GAGGAGGACCTGATGTAGGAAAGGGGCGAGG | This paper | N/A |
| mCherry_ApaI_r | | |
| CCCCCCCCCCCGCCCGACGCAGCTTGTAGACGT GTCGCCATGGC | This paper | N/A |
| proins-mChe_Nhel_f1 | | |
| CCCCCCCCCGGTACGGGCATTCAGGAGATCTCG AGCTGAAAGCTGGCCATGGCCCTTGAGTGGC | This paper | N/A |
| proins-mChe_BamHI_r | | |
| CCCCCCCCCCCGCATCAAGTTGCAGTAGATTCTCCAG CTGGTGAAGGG | This paper | N/A |
| sfGFP_BamHI_f | | |
| CCCCCCCCCCCGATCGAGCCAGTTGCAAGTGGTGCAAGG | This paper | N/A |
| sfGFP_NotI_r | | |
| GGTGTAAAAGGCCCTCTAGACTGACGC | This paper | N/A |
| proins_R55S_mut1 | | |
| CCAAGACCGAGGAGGAGGC | This paper | N/A |
| proins_R55S_mut2 | | |
| CCGCGCTGGCTTTGGTGTAGAAGAAGC | This paper | N/A |
| proins_R94S_mut1 | | |
| CTGACAGAGGTGACATTGGGAACACC | This paper | N/A |
| proins_R94S_mut2 | | |
| CAATGCGACTCTTCTCGAGG | This paper | N/A |
| **Recombinant DNA** |        |            |
| Human proinsulin | OriGene | |
| sfGFP | | |

(Continued on next page)
CONTACT FOR REAGENT AND RESOURCE SHARING
Further information and requests for resources and reagents should be directed to the Lead Contact, Carsten Schultz (schultz@embl.de)

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Cell Line
Mouse MIN6 cells (a kind gift from the Miyazaki laboratory, Osaka University) were cultured between passage number 25 and 35. β-Mercaptoethanol was added freshly to the medium consisting of DMEM (Lifetechnologies), 1% penicillin/streptomycin (Gibco), 15% Fetal Bovine Serum (FBS, Gibco). Cells were maintained under 8% CO₂ at 37°C and subcultured as previously described (Ishihara et al., 1993; Nakashima et al., 2009; Miyazaki et al., 1990; Cheng et al., 2012). For microscopy experiments, cells were seeded on slides within eight-well Lab-Tek Chambered Coverglass systems (Thermo Scientific) at 60-80% confluency. MIN6 cells were transfected using Lipofectamine 2000 (Invitrogen) according to the manufacturer’s protocol. After 24 h the transfection medium was replaced by culture medium followed by another 24 h incubation period. For the experiments indicated, medium was exchanged prior to imaging and cells were allowed to adapt 30 min for to imaging buffer IB (115 mM NaCl, 1.2 mM CaCl₂, 1.2 mM MgCl₂, 1.2 mM K₂HPO₄, 0.2% glucose and 20 mM HEPES, pH 7.4). Tolbutamide (Sigma) was dissolved in DMSO and applied for 30 min at 100 mM (100 mM stock in DMSO).

Culture of Primary Mouse β-Cells
Islets were isolated from C57BL6 mice by collagenase digestion, as previously described [J Frank et al Nat Chem Biol 2016]. Briefly, mice were euthanized by cervical dislocation and the bile duct was injected with a collagenase solution (1 mg/mL) before digestion at 37 °C for 10 min and separation of islets using a Histopaque (Sigma-Aldrich) gradient (1.083 and 1.077 g/mL). Islets were cultured for 24–72 h in RPMI medium supplemented with 10% FCS, 100 U/mL penicillin and 100 µg/mL streptomycin. Islets were dissociated into single β-cells using trypsin digestion for 5 min at 37 °C and allowed to attach to poly-L-lysine-coated and acid-etched coverslips. Animals were housed in the European Molecular Biology Laboratory (EMBL) animal facilities under veterinarian supervision and the guidelines of the European Commission, revised directive 2010/63/EU, and AVMA guidelines 2007.

METHOD DETAILS

Experimental Procedures

Gene Construction and Reagents
The mCherry cDNA was cloned in a human proinsulin vector (OriGene) between the insulin B and A chains using Apal restriction enzyme (ThermoScientific), similar to the Emerald tagging strategy by Watkins (Watkins et al., 2002). After subcloning RINS1mCherryonly using NheI/BamHI, the superfolder sfGFP was fused to the C-terminus of the insulin A chain using BamHI and NotI. RINS1mut was generated by mutation of amino acids 55 and 94 by mutagenesis PCR using the primers listed (Key Resources Table). EGFP-phogrin (Tori et al., 2004) was kindly provided by Seiji Torii (Gunma University) and CMV-B-GECO1 was a gift from Robert Campbell (Addgene plasmid #32448) (Zhao et al., 2011).

Western Blot Analysis
MIN6 cells were split and grown in 10 cm dishes to a confluency of 60-80%. After 24h they were transfected with RINS1wt or RINS1mut using Lipofectamine 2000 and cultured for 30 h. Cells were harvested using a cell scraper and lysed in lysis buffer (10 mMTris/Cl pH 7.5, 150 mM NaCl, 0.5 mM EDTA, 0.5% NP-40) supplemented with cComplete (EDTA-free) protease inhibitor cocktail (Roche Diagnostics, Indianapolis, IN) and 1 mM PMSF (Sigma). Lysates (50 µg) were separated on NuPAGE 4-12% Bis-Tris...
protein gels (10-well, Thermo Scientific) and transferred to PVDF membranes (Immobilon-P, Millipore), blocked using 5% skim milk in PBS-T. The primary antibody anti-insulin, anti-GFP or anti-mCherry (Molecular Probes) was incubated in 5% skim milk overnight. The HRP-conjugated anti-rabbit secondary antibody (Zymed) was incubated for 30 min and imaged using a BioRad imaging system.

**Confocal and TIRF Microscopy**

Confocal microscopy was performed using a Zeiss LSM 780 NLO confocal microscope at 37°C, equipped with a 63 × 1.40 oil objective. Definite Focus (Carl Zeiss) was used to minimize focus shifts during time-lapse experiments. For excitation of sfGFP and mCherry 488 nm and 561 nm laser lines were used, respectively.

Time-lapse TIRF microscopy was performed at 37°C on an Olympus Biosystems Cell^TIRF system using an Olympus APON 100 x oil TIRF objective (NA 1.49). To excite B-GECO1, sfGFP and mCherry, 405 nm, 488 nm and 561 nm solid state lasers were used, respectively. The laser alignment was performed individually for each region of interest. Image acquisition was operated by an xCELLence software package. The laser-based Z-drift compensator (ZDC) function was used to avoid focus shifts. Images were acquired every second for 4-5 min, with an exposure time of 100 ms.

**Correlated Light and Electron Microscopy**

Transiently transfected with the RINS1 sensor MIN6 cells were cryo-immobilized by high pressure freezing to preserve the native cellular ultrastructure. The cells were processed for electron microscopy (EM), thick-sectioned (300 nm) and labeled with fiducial markers (Tetraspecks) that can be seen by both fluorescence microscopy and electron tomography to correlate the images. RINS1 fluorescence appeared as a granular pattern with mostly overlapping mCherry and sfGFP signals similar to live cell confocal microscopy. The coordinates of the fluorescence signals were correlated to the electron tomogram with high precision based on the Tetraspeck coordinates. Fluorescent spots localized to discrete granular structures in the electron tomograms. In some cases we could achieve subgranular localization of sfGFP-insulin and C-peptide-mCherry demonstrating separation of both proteins within a granule. Due to the complex procedure, more details of this CLEM experiments will be presented in a future paper that is currently in preparation.

**QUANTIFICATION AND STATISTICAL ANALYSIS**

**FRET Calculation**

Sensitized emission FRET data were acquired by confocal microscopy of MIN6 transfected by RINS1wt, RINS1mut, RINSCherryonly and RINSsfGFPonly and fixed by 4% PFA. Z-stacks of sfGFP (donor D, donor excitation, donor emission), mCherry (acceptor A, acceptor excitation acceptor emission), FRET (FRET S, donor excitation, acceptor emission) channels were acquired. RINSCherryonly and RINSsfGFPonly data were used to calculate the bleed-through coefficient $b = S/D = 0.245$ and the cross-excitation coefficient $c = S/A = 0.072$. Sensitized emission (SE-FRET) for RINS1wt and RINS1mut was calculated according to the formula $SE=S-b*D-c*F$ (van Rheenen et al., 2004). Prior to the image analysis, all images were processed by applying a median filter (radius size = 1), converting them to 32-bit and using a threshold (sfGFP = 40, FRET = 10, mCherry = 40) to remove low value pixels. The image SE-FRET was calculated with our newly developed ImageJ macro SE_analysis.ijm (see Supplemental Information and Figure S7 for details). The macro computes the corrected FRET image SE-FRET and normalizes the channel with the donor D by calculating the SE-FRET:sfGFP-ratio. We calculated an average SE-FRET over all z-stacks and plotted the SE-FRET over sfGFP channel ratio for details). The macro computes the Pearson coefficient separately for each cell ROI of an image. Pre-
were loaded into FIJI or ImageJ and cells were segmented. After background subtraction, a threshold was applied and zero value pixels were excluded from the subsequent analysis. After starting the Pearson_calculation macro, the Pearson value is calculated automatically as shown in Figure S6.

DATA AND SOFTWARE AVAILABILITY

The custom scripts Pearson_calculation.ijm macro (ImageJ) (Figure S6) and SE_analysis.ijm macro (ImageJ) (Figure S7) have been deposited (Key Resources Table link).
Supplemental Information

A Ratiometric Sensor for Imaging Insulin Secretion in Single β Cells

Martina Schifferer, Dmytro A. Yushchenko, Frank Stein, Andrey Bolbat, and Carsten Schultz
Supporting Information

A ratiometric sensor for imaging insulin secretion in single β-cells

Supplementary Figures

Figure S1. Expression of RINS1 in MIN6. Confocal microscopy of RINS1 in MIN6 cells. (A) RINS1 emission in single (middle, right) and merged (left) channels (sfGFP, green; mCherry, magenta) Scale bar 5 µm (B) Different confocal z-planes of the 3 cells from (A). Most granules close to the cell culture dish (top left) show emission from both fluorescent proteins with some being positive for mCherry only (yellow arrows).
Figure S2. FRET measurements in RINS1 transfected MIN6. (A-B) Confocal imaging of MIN6 cells expressing the indicated proinsulin constructs used for the calculation of coefficients to correct for bleed-through and cross-excitation. Fixed MIN6 cells transfected by (A) RINS1 (left) and RINS1mut (right) merged channels (sfGFP, green; mCherry, magenta) (B) MIN6 cells expressing RINS1Cherryonly (mCherry, magenta) or RINS1sfGFPonly (sfGFP, green), respectively. Merged images of both channels are shown. Scale bar 5 µm. (C) MIN6 cells were transfected with RINS1 (red, n=63) and RINS1mut (blue, n=61), respectively. After 1 day, we imaged mCherry (acceptor A), sfGFP (donor D) and FRET (S) channels of z-stacks by confocal microscopy. mCherry and sfGFP were normalized and plotted (D). We determined FRET as sensitized emission (SE) by calculation of FRET coefficients β and γ as well as the SE-FRET (SE) according to the formula \( SE=S - β*D - γ*A \). The ratio of SE-FRET to sfGFP was plotted for RINS1 and RINS1mut transfected MIN6 cells.
Figure S3. RINS1 and RINS1mut TIRF microscopy. MIN6 cells expressing RINS1 (A) and RINS1mut (B) for 48 h were imaged before (top) and after (bottom) glucose stimulation. Merged (left) and single channels for sfGFP (green, middle) or mCherry (magenta, right) are shown. Scale bar 5 µm.
Figure S4. Correlation of RINS1 expression levels and its ratio response amplitude. MIN6 cells expressing RINS1 (red, n=18) or RINS1mut (blue, n=11) were imaged by TIRFM. After 60 sec 20 mM glucose was added. The maximal sfGFP/mCherry emission ratio drop upon stimulation was plotted against the sfGFP emission intensity (AU) (left) and the sfGFP/mCherry emission ratio at time point zero before glucose stimulation. Plots show trend lines including the confidence intervals and points representing individual cells.

Figure S5. Comparison of different stimuli for insulin secretion. MIN6 cells expressing RINS1 were imaged by TIRFM. After 60 sec, either 20 mM glucose (red, n=20) or 20 mM KCl (blue, n=18) were added. Emission intensities for both FPs and their ratio (sfGFP/mCherry) were quantified.
| Image processing step: | sample image | ImageJ/FIJI command: |
|------------------------|-------------|----------------------|
| potential input images | ![Sample Images](image) | 0a) Process->Subtract Background...  
Select Rolling ball radius: 100 pixels  
0b) Image->Type->32-bit  
0c) Adjust threshold: 1 - max  
0d) Process->Math->NaN Background... |
| 0) image pre-processing (not part of the macro) | ![Image Pre-processing](image) | 1a) Image->Duplicate  
1b) Select ROI to modify  
1c) Analyze->Measure  
1d) Image->Color->Color Picker  
Select Mean of selected ROI as foreground color  
1e) Edit->Fill - Select: No, process only 1 image. |
| 1.) Duplicate and replace each ROI with its average | ![Duplicate and Average](image) | 2) Process->Image Calculator...  
Select: ‘G’ and ‘G\_avg’  
Operation ‘Subtract’, ‘Create new window’.  
Repeat for ‘R’ and ‘R\_avg’ |
| 2.) Subtract the ROI average from each ROI pixel of input images. | ![Subtraction](image) | 3) Process->Image Calculator...  
Select: ‘G\_avg’ and ‘R\_avg’,  
Operation ‘Multiply’, ‘Create new window’. |
| 3.) Multiply result images of 2. | ![Multiplication](image) | 4a) Select ROI to modify  
4b) Analyze->Measure  
4c) Image->Color->Color Picker  
Select RawIntDen of selected ROI as Foreground color  
4d) Edit->Fill - Select: No, process only 1 image. |
| 4.) Create the numerator by calculating the sum of result images of 3. | ![Numerator](image) | 5a) Process->Math->Square  
5b) Select ROI to modify  
5c) Analyze->Measure  
5d) Image->Color->Color Picker  
Select RawIntDen of selected ROI as Foreground color  
5e) Edit->Fill - Select: No, process only 1 image. |
| 5.) Calculate the sum of the squared result images of 2. | ![Squared Sum](image) | 6) Process->Image Calculator...  
Select: ‘\(\Sigma (G\_avg)^2\)’ and ‘\(\Sigma (R\_avg)^2\)’,  
Operation ‘Multiply’, ‘Create new window’.  
Process->Math->Square Root |
| 6.) Create denominator by multiplying result images of 5. | ![Denominator](image) | 7) Process->Image Calculator...  
Select: ‘numerator’ and ‘denominator’,  
Operation ‘Divide’, ‘Create new window’. |
| 7.) Create pearson channel by ‘numerator’ and ‘denominator’ division. | ![Pearson Channel](image) |

Figure S6. Image processing pipeline of the Pearson\_calculation.jm macro (ImageJ) calculates the Pearson colocalization coefficient for each ROI between two images. It also works for time-series or Z-stack data. The result is an image in which each pixel of a ROI has the value of the Pearson coefficient. The macro can be started once the two channels are loaded into FIJI or ImageJ, cells are segmented and images are preprocessed as indicated in step 0.
**Figure S7.** Image processing pipeline of SE_analysis.ijm macro (ImageJ) corrects a FRET image S (donor excitation, acceptor emission) for bleed-through of the donor D (donor excitation and donor emission) and cross-excitation of the acceptor A (acceptor excitation and acceptor emission). The macro can be started once the three channels D, S, and A are loaded into ImageJ or FIJI. Cells are segmented and images are preprocessed as indicated in step 0.

**Figure S8.** Expression of RINS1 in primary murine β-cells. Wide-field microscopy of RINS1 in primary β-cells obtained from the dissociation of islets of Langerhans and transduced with
adenoviral vector to deliver RINS1 DNA into cells (after 30 h of transduction). The adenoviral vector (Type 5, dE1/E3) containing the RINS1 transgene for expression under the control of CMV promoter was developed and prepared by Vector Biolabs. For transduction of primary cells, a $5.9 \times 10^7$ PFU/ml titer was used. Imaging was performed in imaging buffer with no glucose, scale bar 10 µm.

Figure S9. Monitoring stimulated insulin secretion in primary β-cells. Quantification of TIRF imaging data of primary β-cells cells expressing RINS1 (8 cells from 3 experiments) stimulated after 200 seconds with 20 mM glucose and following stimulation with 30 mM KCl at 500s.
Figure S10. High-precision correlative fluorescence and electron microscopy (CLEM) of MIN6 cells. A) Schematic representation of electron tomography sections indicating the electron microscopy image location within the 300 nm thick section. Blue - fiducial markers Tetraspecks; green-red – granules of RINS1 transfected cells with fluorescent proteins (sfGF-insulin and C-peptide-mCherry); black and white - granules of not transfected cells with and without insulin respectively. B) Fluorescence image (left, scale bar 500 nm) of two MIN6 cells, 300 nm section with fiducial markers (blue). One plane of a tomogram of the same cell (middle, scale bar 500 nm) and the correlated image (right). Note the plasma membranes are dividing a transfected (RINS1+) and a non-transfected (nt) cell, pm - plasma membrane. C) Enlargement of the selected region from the image B demonstrating the similarity in morphology of granules from RINS1 expressing cells and non-transfected cells. Both types of cells have granules with characteristic crystalline structure of insulin (regions with high electron density on the image).
Figure S11. Emission spectra of RINS1. Comparison of A) fluorescence emission spectra of secreted sfGFP and mCherry fusion proteins, B) fluorescent spectra of sfGFP and mCherry fusion proteins from lysates, and C) fluorescence intensity of secreted sfGFP ($\lambda_{ex} = 511$ nm) and mCherry ($\lambda_{ex} = 608$ nm) fusion proteins normalized to the fluorescence of these proteins in lysates of MIN6 cells transiently expressing RINS1 sensor. MIN6 cells in 6 cm dishes were incubated either with no glucose (control), 20 mM glucose or 20 mM glucose + 30 mM KCl in 1ml of imaging buffer for 1 h. Afterwards the supernatant was removed (and later used for fluorescence measurements) and cells were lysed (lysis buffer: 10 mM Tris/Cl pH 7.5, 150 mM NaCl, 0.5 mM EDTA, 0.5% NP-40 supplemented with cOmplete protease inhibitor cocktail and 1 mM PMSF). Lysates were resuspended in 1 ml of imaging buffer and their fluorescence properties were investigated.

Table S1. Comparison of sfGFP/mCherry fluorescence intensity ratios as described in the Fig S11.

| sfGFP/mCherry intensity ratios of secreted RINS1: |
|-------------------------------------------------|
| no stimulation                                   | 0.65 |
| +20 mM Glucose                                   | 0.75 |
| +20 mM Glucose +30 mM KCl                       | 1.08 |
**Figure S12. pH-sensitivity of RINS1 sensor.** Response of MIN6 cells expressing RINS1 to the addition of 20 mM NH$_4$Cl at 65 s during TIRF imaging (7 cells in 2 experiments). There is an increase in emission of sfGFP and almost no change of the mCherry signal. This result excludes a contribution of pH to the observed decrease of the sfGFP/mCherry ratio during secretion. In fact, any contribution of decreasing pH during secretion would be counteracting the observed sfGFP/mCherry ratio change.

**Figure S13.** Western blot analysis with anti-mCherry, anti-GFP and anti-insulin antibodies of the secreted proteins and cellular content from MIN6 cells transiently expressing RINS1 sensor.

Lanes:

1 - lysate of the cells incubated in the imaging medium in the absence of glucose;
2 - lysate of the cells incubated for 1h in 20 mM glucose;
3 – lysate of the cells incubated for 1h in 20 mM glucose and 30 mM KCl;
4 - supernatants from the same cells that were incubated in the imaging medium in the absence of glucose;
5 – supernatants from the same cells that were incubated for 1h in 20 mM glucose;
6 – supernatants from the same cells that were incubated for 1h in 20 mM glucose and 30 mM KCl.

These data indicate that C-peptide-mCherry forms dimers in secretory vesicles that is not observed for sfGFP-insulin.

Figure S14. Determination of specificity of the anti-GFP and anti-mCherry antibodies used for Western blots. Lane 1 - EGFP-A4; 2 - A4-EGFP; 3, 4 – mCherry.
Supplemental Movies

Movies for MIN6 cells transfected with RINS1 and treated for 30 min with tolbutamide (100 µM) are attached.

Movie 1. The merged images in Movie 1 “RINS1_tolbutamide” display sfGFP (green) and mCherry (magenta) acquired by TIRF microscopy. Glucose (20 mM) was added after 60 seconds. The time lapse images were taken every second for 240 seconds.

Movie 2 “RINS1_BGECO_tolbutamide” additionally shows the B-GECO emission intensity (right, fire) as well as RINS1 (mCherry, red; sfGFP, green) and was recorded for 300 sec.