Explicit Constructions of Centrally Symmetric $k$-Neighborly Polytopes and Large Strictly Antipodal Sets

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Abstract We present explicit constructions of centrally symmetric 2-neighborly $d$-dimensional polytopes with about $3^{d/2} \approx (1.73)^d$ vertices and of centrally symmetric $k$-neighborly $d$-polytopes with about $2^{3d/20k^22^k}$ vertices. Using this result, we construct for a fixed $k \geq 2$ and arbitrarily large $d$ and $N$, a centrally symmetric $d$-polytope with $N$ vertices that has at least $(1 - k^2 \cdot (\gamma_k)^d)\binom{N}{k}$ faces of dimension $k - 1$, where $\gamma_2 = 1/\sqrt{3} \approx 0.58$ and $\gamma_k = 2^{-3/20k^22^k}$ for $k \geq 3$. Another application is a construction of a set of $3^{\lfloor d/2 - 1 \rfloor - 1}$ points in $\mathbb{R}^d$ every two of which are strictly antipodal as well as a construction of an $n$-point set (for an arbitrarily large $n$) in $\mathbb{R}^d$ with many pairs of strictly antipodal points. The two latter results significantly improve the previous bounds by Talata, and Makai and Martini, respectively.

Keywords Polytopes · Centrally symmetric · Moment curve · Faces · Neighborly

1 Introduction

1.1 Centrally Symmetric Neighborliness

What is the maximum number of $k$-dimensional faces that a centrally symmetric $d$-dimensional polytope with $N$ vertices can have? While the answer in the class of...
all polytopes is classic by now [16], very little is known in the centrally symmetric case. Here we present several constructions that significantly improve existing lower bounds on this number.

Recall that a polytope is the convex hull of a set of finitely many points in $\mathbb{R}^d$. The dimension of a polytope $P$ is the dimension of its affine hull. We say that $P$ is a $d$-polytope if the dimension of $P$ is equal to $d$. A polytope $P \subset \mathbb{R}^d$ is centrally symmetric (cs, for short) if $P = -P$. A cs polytope $P$ is $k$-neighborly if every set of $k$ vertices of $P$ no two of which are opposites of each other forms the vertex set of a $(k - 1)$-face of $P$.

It was proved in [13] that a cs $2$-neighborly $d$-polytope cannot have more than $2^d$ vertices. On the other hand, a construction from [5] showed that there exist such polytopes with about $3^{d/4} \approx (1.316)^d$ vertices. In Theorem 3.2(1) we present a construction of a cs $2$-neighborly $d$-polytope with about $3^{d/2} \approx (1.73)^d$ vertices.

More generally, it was verified in [4] that a cs $d$-polytope with $N$ vertices cannot have more than $(1 - 0.5^d) \frac{N^2}{2}$ edges. However, a construction from [5] produced cs $d$-polytopes with $N$ vertices and about $(1 - 3^{-d/4}) \frac{N^2}{2} \approx (1 - 0.77^d) \frac{N^2}{2}$ edges. In Theorem 3.2(2), we improve this bound by constructing a cs $d$-polytope with $N$ vertices (for an arbitrarily large $N$) and at least $(1 - 3^{-\lfloor d/2 - 1 \rfloor}) \frac{N}{2} \approx (1 - 0.58^d) \frac{N^2}{2}$ edges.

For higher-dimensional faces even less is known. It follows from the results of [13] that no cs $k$-neighborly $d$-polytope can have more than $\lfloor d \cdot 2^{Cd/k} \rfloor$ vertices, where $C > 0$ is some absolute constant. At the same time, in the papers [13,17] a randomized construction is used to prove the existence of cs $k$-neighborly $d$-polytopes with $\lfloor d \cdot 2^{Cd/k} \rfloor$ vertices for some absolute constant $c > 0$. However, for $k > 2$ no deterministic construction of a cs $k$-neighborly $d$-polytope with $2^{\Omega(d)}$ vertices is known. In Sect. 4 we present a construction showing that families of $k$-independent sets, important objects for extremal combinatorics and computer science [1,2,10], give rise to cs $k$-neighborly polytopes. By now, several examples of such families of various sizes and degrees of “explicitness” are known. In Theorem 4.2 and Remark 4.3 we use one such example of [10] to give a deterministic construction of a cs $k$-neighborly $d$-polytope with at least $2^{ckd}$ vertices where $c_k = 3/20k^22^k$. We then use this result in Corollary 4.4 to construct, for a fixed $k$ and arbitrarily large $N$ and $d$, a cs $d$-polytope with $N$ vertices that has a record number of $(k - 1)$-dimensional faces.

Via Gale duality $m$-dimensional subspace of $\mathbb{R}^N$ correspond to $(N - m)$-dimensional cs polytopes with $2N$ vertices. If the subspace is “almost Euclidean” (meaning that the ratio of the $\ell^1$ and $\ell^2$ norms of nonzero vectors of the subspace remains within certain bounds, see [13] for technical details), then the corresponding polytope turns out to be $k$-neighborly. While a random subspace is “almost Euclidean” with high probability, despite considerable efforts, see for example [12], no explicit constructions of such subspaces are known for $m$ anywhere close to $N$. A deterministic construction of an “almost Euclidean” subspace of high dimension represents an important challenge for theoretical computer science as it concerns the core question of the role of randomness in efficient computations. The polytopes deterministically constructed in Sect. 4 give rise to subspaces of $\mathbb{R}^N$ of codimension $O(\log N)$ and it would be interesting to find out if the resulting subspaces are indeed “almost Euclidean.”
1.2 Antipodal Points

Our results on cs polytopes provide new bounds on several problems related to strict antipodality. Let \( X \subset \mathbb{R}^d \) be a set that affinely spans \( \mathbb{R}^d \). A pair of points \( u, v \in X \) is called strictly antipodal if there exist two distinct parallel hyperplanes \( H \) and \( H' \) such that \( X \cap H = \{u\}, X \cap H' = \{v\} \), and \( X \) lies in the slab between \( H \) and \( H' \). Denote by \( A'(d) \) the maximum size of a set \( X \subset \mathbb{R}^d \) having the property that every pair of points of \( X \) is strictly antipodal, by \( A'_d(Y) \) the number of strictly antipodal pairs of a given set \( Y \), and by \( A'_d(n) \) the maximum size of \( A'_d(Y) \) taken over all \( n \)-element subsets \( Y \) of \( \mathbb{R}^d \). (Our notation follows the recent survey paper [15]; for applications and generalizations of the notion of antipodality see also [3].)

The notion of strict antipodality was introduced in 1962 by Danzer and Grünbaum [8] who verified that \( 2d - 1 \leq A'(d) \leq 2^d \) and conjectured that \( A'(d) = 2d - 1 \). However, 20 years later, Erdős and Füredi [9] used a probabilistic argument to prove that \( A'(d) \) is exponential in \( d \). Their result was improved by Talata (see [7, Lemma 9.11.2]) who found an explicit construction showing that, for \( d \geq 3 \),

\[
A'(d) \geq \lfloor (\sqrt[3]{3})^d / 3 \rfloor.
\]

Talata also announced that \( (\sqrt[3]{3})^d / 3 \) in the above formula can be replaced with \( (\sqrt[5]{5})^d / 4 \). It is worth remarking that Erdős and Füredi established the existence of an acute set in \( \mathbb{R}^d \) that has an exponential size in \( d \). As every acute set has the property that all of its pairs of vertices are strictly antipodal, their result implied an exponential lower bound on \( A'(d) \). A significant improvement of the Erdős–Füredi bound on the maximum size of an acute set in \( \mathbb{R}^d \) was recently found by Harangi [11].

Regarding the value of \( A'_d(n) \), Makai and Martini [14] showed that for \( d \geq 4 \),

\[
\left(1 - \frac{\text{const}}{(1.0044)^d}\right) \frac{n^2}{2} - O(1) \leq A'_d(n) \leq \left(1 - \frac{1}{2^d - 1}\right) \frac{n^2}{2}.
\]

Here we observe that an appropriately chosen half of the vertex set of a cs \( d \)-polytope with many edges has a large number of strictly antipodal pairs of points. Consequently, our construction of cs \( d \)-polytopes with many edges implies—see Theorem 5.1—that

\[
A'(d) \geq 3^{\lfloor d/2 - 1 \rfloor} - 1
\]

and

\[
A'_d(n) \geq \left(1 - \frac{1}{3^{\lfloor d/2 - 1 \rfloor} - 1}\right) \frac{n^2}{2} - O(n) \quad \text{for all } d \geq 4.
\]

The rest of the paper is structured as follows. In Sect. 2 we review several facts and definitions related to the symmetric moment curve. In Sects. 3 and 4, we present our construction of a cs 2-neighborly \( (k\)-neighborly, respectively) \( d \)-polytope with many vertices as well as that of a cs \( d \)-polytope with arbitrarily many vertices and a record number of edges \( (k-1)\)-faces, respectively). Finally, Sect. 5 is devoted to applications of these results to problems on strict antipodality.

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2 The Symmetric Moment Curve

In this section we collect several definitions and results needed for the proofs. We start
with the notion of the symmetric moment curve on which all our constructions are
based. The symmetric moment curve \( U_k : \mathbb{R} \to \mathbb{R}^{2k} \) is defined by

\[
U_k(t) = (\cos t, \sin t, \cos 3t, \sin 3t, \ldots, \cos(2k-1)t, \sin(2k-1)t).
\]  

(2.1)

Since

\[
U_k(t) = U_k(t + 2\pi)
\]

for all \( t \), from this point on, we consider \( U_k(t) \) to be defined on the unit circle
\( S = \mathbb{R}/2\pi \mathbb{Z} \). We note that \( t \) and \( t + \pi \) form a pair of opposite points for all \( t \in S \) and that

\[
U_k(t + \pi) = -U_k(t) \quad \text{for all } t \in S.
\]

The value of an affine function \( A : \mathbb{R}^{2k} \to \mathbb{R} \) on the symmetric moment curve
\( U_k \) is represented by a trigonometric polynomial of degree at most \( 2k - 1 \) that has the
following form:

\[
f(t) = c + \sum_{j=1}^{k} a_j \cos(2j-1)t + \sum_{j=1}^{k} b_j \sin(2j-1)t, \quad \text{where } a_j, b_j, c \in \mathbb{R}.
\]

Starting with any trigonometric polynomial \( f : S \to \mathbb{R}, f(t) = c + \sum_{j=1}^{d} a_j \cos(jt) + \sum_{j=1}^{d} b_j \sin(jt) \) of degree at most \( d \) and substituting \( z = e^{it} \) we obtain a complex polynomial

\[
\mathcal{P}(f)(z) := z^d \left( c + \sum_{j=1}^{d} a_j \frac{z^j + z^{-j}}{2} + \sum_{j=1}^{d} b_j \frac{z^j - z^{-j}}{2i} \right). \tag{2.2}
\]

This polynomial has degree at most \( 2d \), it is self-inversive (that is, the coefficient of
\( z^j \) is conjugate to that of \( z^{2d-j} \)), and \( t^* \in S \) is a root of \( f(t) \) if and only if \( e^{i t^*} \) is a root
of \( \mathcal{P}(f)(z) \) (see [4,6] for more details). In particular, \( f(t) \) cannot have more than \( 2d \)
roots (counted with multiplicities).

The following result concerning the convex hull of the symmetric moment curve
was proved in [6]. In what follows we talk about exposed faces, that is, intersections
of convex bodies with supporting affine hyperplanes.

**Theorem 2.1** Let \( B_k \subset \mathbb{R}^{2k} \),

\[
B_k = \text{conv} \left( U_k(t) : t \in S \right),
\]

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be the convex hull of the symmetric moment curve. Then for every positive integer \( k \) there exists a number

\[
\frac{\pi}{2} < \alpha_k < \pi
\]

such that for an arbitrary open arc \( \Gamma \subset S \) of length \( \alpha_k \) and arbitrary distinct \( n \leq k \) points \( t_1, \ldots, t_n \in \Gamma \), the set

\[
\text{conv} (U_k (t_1), \ldots, U_k (t_n))
\]

is a face of \( \mathcal{B}_k \).

For \( k = 2 \) with \( \alpha_2 = 2\pi/3 \) this result is due to Smilansky [18].

We also frequently use the following well-known fact about polytopes: if \( T : \mathbb{R}^d \rightarrow \mathbb{R}^{d'} \) is a linear transformation and \( P \subset \mathbb{R}^d \) is a polytope, then \( Q = T(P) \) is also a polytope, and for every face \( F \) of \( Q \) the inverse image of \( F \),

\[
T^{-1}(F) = \{ x \in P : T(x) \in F \},
\]

is a face of \( P \); this face is the convex hull of the vertices of \( P \) mapped by \( T \) into \( F \).

3 Centrally Symmetric Polytopes with Many Edges

In this section we provide a construction of a cs 2-neighborly \( d \)-polytope that has about \( 3d^2/2 \approx (1.73)^d \) vertices as well a construction of a cs \( d \)-polytope with \( N \) vertices (for an arbitrarily large \( N \)) that has about \((1 - 3^{-d/2}) (N/2) \approx (1 - 0.58^d) (N/2)\) edges. Our construction is a slight modification of the one from [5]; however, our new trick allows us to halve the dimension of the polytope from [5] while keeping the number of vertices almost the same as before.

For an integer \( m \geq 1 \), consider the curve

\[
\Phi_m : \mathbb{S} \rightarrow \mathbb{R}^{2(m+1)} ,
\]

where \( \Phi_m(t) := (\cos t, \sin t, \cos 3t, \sin 3t, \ldots, \cos(3^m t), \sin (3^m t)) \). (3.1)

Note that \( \Phi_1 = U_2 \), see (2.1). The key to our construction is the following observation.

**Lemma 3.1** For an integer \( m \geq 1 \) and a finite set \( C \subset \mathbb{S} \), define

\[
P(C, m) = \text{conv} (\Phi_m(t) : t \in C).
\]

Then \( P(C, m) \) is a polytope of dimension at most \( 2(m+1) \) that has \(|C| \) vertices. Moreover, if the elements of \( C \) satisfy

\[
3^i t_1 \not\equiv 3^i t_2 \mod 2\pi \quad \text{for all } t_1, t_2 \in C
\]

such that \( t_1 \neq t_2 \), and all \( i = 1, 2, \ldots, m - 1 \), (3.2)
then for every pair of distinct points \( t_1, t_2 \in C \) that lie on an open arc of length
\( \pi(1 - \frac{1}{2m}) \), the interval \([\Phi_m(t_1), \Phi_m(t_2)]\) is an edge of \( P(C, m) \).

**Proof** To show that \( P(C, m) \) has \(|C|\) vertices, we consider the projection \( \mathbb{R}^{2(m+1)} \to \mathbb{R}^4 \) that forgets all but the first four coordinates. Since \( \Phi_1 = U_2 \), the image of \( P(C, m) \) is the polytope

\[
P(C, 1) = \text{conv} \left( U_2(t) : t \in C \right).
\]

By Theorem 2.1, the polytope \( P(C, 1) \) has \(|C|\) distinct vertices: \( U_2(t) \) for \( t \in C \). Furthermore, the inverse image of each vertex \( U_2(t) \) of \( (C(m, 1)) \) in \( P(C, m) \) consists of a single vertex \( \Phi_m(t) \) of \( P(C, m) \). Therefore, \( \Phi_m(t) \) for \( t \in C \) are all the vertices of \( P_m \) without duplicates.

To prove the statement about edges, we proceed by induction on \( m \). As \( \Phi_1 = U_2 \), the \( m = 1 \) case follows from [18] (see Theorem 2.1 above and the sentence following it).

Suppose now that \( m \geq 2 \). Let \( t_1, t_2 \) be two distinct elements of \( C \) that lie on an open arc of length \( \pi(1 - \frac{1}{2m}) \). There are two cases to consider.

*Case I:* \( t_1, t_2 \) lie on an open arc of length \( 2\pi/3 \). In this case, the above projection of \( \mathbb{R}^{2(m+1)} \) onto \( \mathbb{R}^4 \) maps \( P(C, m) \) onto \( P(C, 1) \), and according to the base of induction, \([\Phi_1(t_1), \Phi_2(t_2)]\) is an edge of \( P(C, 1) \). Since the inverse image of a vertex \( \Phi_1(t) \) of \( P(C, 1) \) in \( P(C, m) \) consists of a single vertex \( \Phi_m(t) \) of \( P(C, m) \), we conclude that \([\Phi_m(t_1), \Phi_m(t_2)]\) is an edge of \( P(C, m) \).

*Case II:* \( t_1, t_2 \) lie on an open arc of length \( \pi(1 - \frac{1}{2m}) \), but not on an arc of length \( 2\pi/3 \). (Observe that since \( 3t_1 \not\equiv 3t_2 \mod 2\pi \), the points \( t_1 \) and \( t_2 \) may not form an arc of length exactly \( 2\pi/3 \).) Then \( 3t_1 \) and \( 3t_2 \) do not coincide and lie on an open arc of length \( \pi(1 - \frac{1}{2m}) \). Consider the projection of \( \mathbb{R}^{2(m+1)} \) onto \( \mathbb{R}^{2m} \) that forgets the first two coordinates. The image of \( P(C, m) \) under this projection is

\[
P(3C, m - 1), \text{ where } 3C := \{ 3t \mod 2\pi : t \in C \} \subset \mathbb{S},
\]

and since the pair \((3C, m - 1)\) satisfies (3.2), by the induction hypothesis, the interval

\[
[\Phi_{m-1}(3t_1), \Phi_{m-1}(3t_2)]
\]

is an edge of \( P(3C, m - 1) \). By (3.2), the inverse image of a vertex \( \Phi_{m-1}(3t) \) of \( P(3C, m - 1) \) in \( P(C, m) \) consists of a single vertex \( \Phi_m(t) \) of \( P(C, m) \), and hence we infer that \([\Phi_m(t_1), \Phi_m(t_2)]\) is an edge of \( P(C, m) \).

We are now in a position to state and prove the main result of this section. We follow the notation of Lemma 3.1.

**Theorem 3.2** Fix integers \( m \geq 2 \) and \( s \geq 2 \). Let \( A_m \subset \mathbb{S} \) be the set of \( 2(3^m - 1) \) equally spaced points, i.e.,

\[
A_m = \left\{ \frac{\pi(j - 1)}{3^m - 1} : j = 1, \ldots, 2(3^m - 1) \right\},
\]

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and let $A_{m, s} \subset S$ be the set of $2(3^m - 1)$ clusters of $s$ points each chosen in such a way that for all $j = 1, \ldots, 2(3^m - 1)$, the $j$-th cluster lies on an arc of length $10^{-m}$ that contains the point $\pi(\frac{j-1}{3^m-1})$, and the entire set $A_{m, s}$ is centrally symmetric. Then

1. the polytope $P(A_m, m)$ is a cs 2-neighborly polytope of dimension $2(m + 1)$ that has $2(3^m - 1)$ vertices.
2. the polytope $P(A_{m, s}, m)$ is a cs polytope of dimension $2(m + 1)$ that has $N := 2s(3^m - 1)$ vertices and at least $N(N - s - 1)/2 > (1 - 3^{-m}) \binom{N}{2}$ edges.

Proof. To see that $P(A_m, m)$ is a cs polytope, note that the transformation

$$t \mapsto t + \pi \mod 2\pi$$

maps $A_m$ onto itself and also that $\Phi_m(t + \pi) = -\Phi_m(t)$. The same argument applies to $P(A_{m, s}, m)$.

We now show that the dimension of $P(A_m, m)$ is $2(m + 1)$. If not, then the points $\Phi_m(t) : t \in A_m$ are all in an affine hyperplane in $\mathbb{R}^{2(m+1)}$, and hence the $2(3^m - 1)$ elements of $A_m$ are roots of a trigonometric polynomial of the form

$$f(t) = c + \sum_{j=0}^{m} a_j \cos(3^j t) + \sum_{j=0}^{m} b_j \sin(3^j t).$$

Moreover, $a_m$ and $b_m$ cannot both be zero as by our assumption $f(t)$ has at least $2(3^m - 1)$ roots, and so the degree of $f(t)$ is at least $3^m - 1 > 3^{m-1}$. Thus the complex polynomial $\mathcal{P}(f)$ defined by (2.2) is of the form

$$\mathcal{P}(f)(z) = d_m z^{2.3^m} + d_{m-1} z^{3^m+3^{m-1}} + d_{m-2} z^{3^m+3^{m-2}} + \cdots + cz^{3^m} + \cdots + d_m,$$

where $d_m \neq 0$.

Note that since $m > 1$, $3^m + 3^{m-1} < 2 \cdot 3^m - 2$. In particular, the coefficients of $z^{2.3^m-1}$ and $z^{2.3^m-2}$ are both equal to 0. Therefore, the sum of all the roots (counted with multiplicities) of $\mathcal{P}(f)$ as well as the sum of their squares is 0. As $\deg \mathcal{P}(f) = 2 \cdot 3^m$, the (multi)set of roots of $\mathcal{P}(f)$ consists of $\{e^{it} : t \in A_m\}$ together with two additional roots; denote them by $\zeta_1$ and $\zeta_2$. The complex numbers $e^{it} : t \in A_m$ form a geometric progression, and it is straightforward to check that

$$\sum_{t \in A_m} e^{it} = 0 \quad \text{and} \quad \sum_{t \in A_m} e^{2it} = 0.$$

Hence for the sum of all the roots of $\mathcal{P}(f)$ and for the sum of their squares to be zero, we must have

$$\zeta_1 + \zeta_2 = 0 \quad \text{and} \quad \zeta_1^2 + \zeta_2^2 = 0.$$

Thus $\zeta_1 = \zeta_2 = 0$, and so the constant term of $\mathcal{P}(f)$ is zero. This, however, contradicts the fact that the constant term of $\mathcal{P}(f)$ equals $d_m$, where $d_m \neq 0$. Therefore, the polytope $P(A_m, m)$ is full-dimensional.
Finally, to see that $P(A_m, m)$ is $2$-neighborly, observe that it follows from the definition of $A_m$ that if $t_1, t_2 \in A_m$ are not opposite points, then they lie on a closed arc of length $\pi \left(1 - \frac{1}{3^m - 1}\right)$, and hence also on an open arc of length $\pi \left(1 - \frac{1}{3^m}\right)$. In addition, since $3^m - 1$ is relatively prime to 3, we obtain that for every two distinct elements $t_1, t_2$ of $A_m$, $3^i t_1 \not\equiv 3^i t_2 \mod 2\pi$ (for $i = 1, \ldots, m - 1$). Part (1) of the theorem follows then immediately from Lemma 3.1.

To compute the dimension of $P(A_m, s, m)$, note that if it is smaller than $2(m + 1)$, then $P(A_m, s, m)$ is a subset of an affine hyperplane in $\mathbb{R}^{2(m+1)}$. As all vertices of this polytope lie on the curve $\Phi_m$, such a hyperplane corresponds to a trigonometric polynomial of degree $3^m$ that has at least $N = 2s(3^m - 1) \geq 4(3^m - 1) > 2 \cdot 3^m$ roots. This is however impossible, as no nonzero trigonometric polynomial of degree $D$ has more than $2D$ roots.

To finish the proof of Part (2), note that since each cluster of $A_m, s$ lies on an open arc of length

$$10^{-m} < \frac{\pi}{2} \left(\frac{1}{3^m - 1} - \frac{1}{3^m}\right)$$

that contains the corresponding element of $A_m$, and since multiplication by $3^i$ modulo $2\pi$ maps $A_m$ bijectively onto itself, it follows that

- $3^i t_1 \not\equiv 3^i t_2 \mod 2\pi$ (for $i = 1, \ldots, m - 1$) holds for all distinct $t_1, t_2 \in A_m, s$. (Indeed, for $t_1, t_2$ from the same cluster, the points $3^i t_1$ and $3^i t_2$ of $S$ do not coincide as $3^m / 10^m < 2\pi$, and for $t_1, t_2$ from different clusters, $3^i t_1$ and $3^i t_2$ do not coincide as the distance between them along $S$ is at least $\frac{\pi}{3^m - 1} - \frac{2 \cdot 3^m}{10^m} > 0$.)
- Every two points $t_1, t_2 \in A_m, s$ lie on an open arc of length $\pi \left(1 - \frac{1}{3^m}\right)$ as long as they do not belong to a pair of opposite clusters.

Thus Lemma 3.1 applies and shows that the interval $[\Phi_m(t_1), \Phi_m(t_2)]$ is an edge of $P(A_m, s, m)$ for all $t_1, t_2 \in A_m, s$ that are not from opposite clusters. In other words, each vertex of $P(A_m, s, m)$ is incident with at least $N - s - 1$ edges. This yields the promised bound on the number of edges of $P(A_m, s, m)$ and completes the proof of Part (2).

4 Constructing Centrally Symmetric $k$-Neighborly Polytopes

The goal of this section is to present a deterministic construction of a cs $k$-neighborly $d$-polytope with at least $2^{ckd}$ for $c_k = 3/20k^2 2^k$ vertices. This requires the following facts and definitions.

A family $\mathcal{F}$ of subsets of $[m] := \{1, 2, \ldots, m\}$ is called $k$-independent if for every $k$ distinct subsets $I_1, \ldots, I_k$ of $\mathcal{F}$ all $2^k$ intersections

$$\bigcap_{j=1}^k J_j, \text{ where } J_j = I_j \text{ or } J_j = I_j^c := [m] \setminus I_j, \text{ are non-empty.}$$

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We use a deterministic construction of $k$-independent families of size larger than $2m/5(k-1)^2$ given in [10].

For a subset $I$ of $[m]$ and a given number $a \in \{0, 1\}$, we (recursively) define a sequence $x(I, a) = (x_0, x_1, \ldots, x_m)$ of zeros and ones according to the following rule:

\[
x_0 = x_0(I, a) := a \quad \text{and} \quad x_n = x_n(I, a) \equiv \begin{cases} 
\sum_{j=0}^{n-1} x_j & \text{if } n \not\in I \\
1 + \sum_{j=0}^{n-1} x_j & \text{if } n \in I
\end{cases} \mod 2 \text{ for } n \geq 1.
\] (4.1)

We also set

\[
t(I, a) := \pi \sum_{j=0}^{m} \frac{x_j}{3^j} \in \mathbb{S}.
\] (4.2)

A few observations are in order. First, it follows from (4.1) that $x(I, a) \neq x(J, a)$ if $I \neq J$, and that $x(I, a)$ and $x(I^c, 1-a)$ agree in all but the 0-th component, where they disagree. Hence

\[
t(I, a) = t(I^c, 1-a) + \pi \mod 2\pi.
\]

Second, since $\sum_{j=1}^{\infty} \frac{1}{3^j} = \frac{1}{2}$ and since all components of $x(I, a)$ are zeros and ones, we infer from (4.2) that for all $1 \leq n \leq m$ and all $0 \leq \varepsilon \leq 1/3^{m+1}$, the point $3^n \cdot (t(I, a) + \pi \varepsilon)$ of $\mathbb{S}$ either lies on the arc $[0, \pi/2)$ or on the arc $[\pi, 3\pi/2)$ depending on the parity of

\[
\sum_{j=0}^{n} 3^{n-j} x_j(I, a) \equiv \sum_{j=0}^{n} x_j(I, a) \mod 2.
\]

As, by (4.1), $\sum_{j=0}^{n} x_j(I, a)$ is even if $n \not\in I$ and is odd if $n \in I$, we obtain that

\[
3^n \cdot (t(I, a) + \pi \varepsilon) \in [\pi, 3\pi/2) \mod 2\pi \quad \text{for all } n \in I \text{ and } a \in \{0, 1\}.
\] (4.3)

The relevance of $k$-independent sets to cs $k$-neighborly polytopes is explained by the following lemma along with Theorem 2.1.

**Lemma 4.1** Let $\mathcal{F}$ be a $k$-independent family of subsets of $[m]$, let $\varepsilon I \in \{0, 1/3^{m+1}\}$ for $I \in \mathcal{F}$, and let $V^\varepsilon(\mathcal{F}) = \bigcup_{I \in \mathcal{F}} \{t(I, 0) + \pi \varepsilon I, t(I^c, 1) + \pi \varepsilon I\} \subset \mathbb{S}$.

Then for every $k$ distinct points $t_1, \ldots, t_k$ of $V^\varepsilon(\mathcal{F})$ no two of which are opposite points, there exists an integer $n \in [m]$ such that the subset $\{3^n t_1, \ldots, 3^n t_k\}$ of $\mathbb{S}$ is entirely contained in $[\pi, 3\pi/2)$.
Proof As \( t_1, \ldots, t_k \) are elements of \( V^\varepsilon(\mathcal{F}) \), by relabeling them if necessary, we can assume that

\[
t_j = \begin{cases} 
  t(I_j, 0) + \pi \varepsilon I_j & \text{if } 1 \leq j \leq q \\
  t(I_j, 1) + \pi \varepsilon I_j & \text{if } q < j \leq k
\end{cases}
\]

for some \( 0 \leq q \leq k \) and \( I_1, \ldots, I_k \in \mathcal{F} \). Moreover, the sets \( I_1, \ldots, I_k \) are distinct, since \( t_1, \ldots, t_k \) are distinct and no two of them are opposite points. As \( \mathcal{F} \) is a \( k \)-independent family, the intersection \( (\cap_{j=1}^{q} I_j) \cap (\cap_{j=q+1}^{k} I_j) \) is non-empty. The result follows, since by (4.3), for any element \( n \) of this intersection, \( \{3^n t_1, \ldots, 3^n t_k\} \subset [\pi, 3\pi/2] \). \( \square \)

For \( I \in \mathcal{F} \), define \( \varepsilon_I = \varepsilon_I' \coloneqq \sum_{i=1}^{n} 10^{-i-m} \). Then

\[
3^n t_1 \neq 3^n t_2 \mod 2\pi \quad \text{for all } t_1, t_2 \in V^\varepsilon(\mathcal{F}) \\
\text{such that } t_1 \neq t_2, \text{ and all } 1 \leq n \leq m. \tag{4.4}
\]

Indeed, if \( t_1 \) and \( t_2 \) are opposite points, then so are \( 3^n t_1 \) and \( 3^n t_2 \), and (4.4) follows. If \( t_1 \) and \( t_2 \) are not opposite points, then there exist two distinct and not complementary subsets \( I, J \) of \([m]\) such that \( t_1 = t(I, a) + \pi \varepsilon I \) and \( t_2 = t(J, b) + \pi \varepsilon J \) for some \( a, b \in \{0, 1\} \). Hence, by definition of \( \varepsilon_I \) and \( \varepsilon_J \),

\[
\pi/10^{2m} < 3^n \cdot \pi |\varepsilon_I - \varepsilon_J| < \pi (3/10)^m,
\]

while by definition of \( t(I, a) \) and \( t(J, b) \), the distance between the points \( 3^n \cdot t(I, a) \) and \( 3^n \cdot t(J, b) \) of \( S \) along \( S \) is either 0 or at least \( \pi/3^m \). In either case, it follows that the distance between \( 3^n (t(I, a) + \pi \varepsilon I) \) and \( 3^n (t(J, b) + \pi \varepsilon J) \) is positive, yielding (4.4).

We are now in a position to present our construction of \( cs \) \( k \)-neighborly polytopes. The construction is similar to that in Theorem 3.2, except that it is based on the set \( V^\varepsilon(\mathcal{F}) \subset S \), where \( \mathcal{F} \) is a \( k \)-independent family of subsets of \([m]\), instead of \( A_m \subset S \), and on a modification of \( \Phi_m \) to a curve that involves \( U_k \) instead of \( U_2 \).

Let \( U_k : S \longrightarrow \mathbb{R}^{2k} \) be the curve defined by (2.1). In analogy with the curve \( \Phi_m \) (see (3.1)), for integers \( m \geq 0 \) and \( k \geq 3 \), define the curve \( \Psi_{k,m} : S \longrightarrow \mathbb{R}^{2k(m+1)} \) by

\[
\Psi_{k,m}(t) \coloneqq \left( U_k(t), U_k(3t), U_k(3^2 t), \ldots, U_k(3^m t) \right). \tag{4.5}
\]

Thus, \( \Psi_{k,0} = U_k \) and \( \Psi_{k,m}(t + \pi) = -\Psi_{k,m}(t) \).

The following theorem is the main result of this section. We use the same notation as in Lemma 4.1. Also, mimicking the notation of Lemma 3.1, for a subset \( C \) of \( S \), we denote by \( P_k(C, m) \) the polytope \( \text{conv}(\Psi_{k,m}(t) : t \in C) \).

**Theorem 4.2** Let \( m \geq 1 \) and \( k \geq 3 \) be fixed integers, let \( \mathcal{F} \) be a \( k \)-independent family of subsets of \([m]\), and let \( \varepsilon_I = \sum_{i=1}^{n} 10^{-i-m} \) for \( I \in \mathcal{F} \). Then the polytope

\[
P_k(V^\varepsilon(\mathcal{F}), m) \coloneqq \text{conv}\left( \Psi_{k,m}(t) : t \in V^\varepsilon(\mathcal{F}) \right)
\]
is a cs $k$-neighborly polytope of dimension at most $2k(m + 1) - 2m \lfloor (k + 1)/3 \rfloor$ that has $2|\mathcal{F}|$ vertices.

**Remark 4.3** For a fixed $k$ and an arbitrarily large $m$, a deterministic algorithm from [10] produces a $k$-independent family $\mathcal{F}$ of subsets of $[m]$ such that $|\mathcal{F}| > 2^{m/5(k-1)^2}$. The combination of this and Theorem 4.2 results in a cs $k$-neighborly polytope of dimension $d \approx \frac{4}{k}km$ and more than $2^{3d/20k - 2k}$ vertices. Of a special interest is the case of $k = 3$: the algorithm from [10] provides a 3-independent family of size $|\mathcal{F}| \approx 2^{0.092m}$, which together with Theorem 4.2 yields a deterministic construction of a cs 3-neighborly polytope of dimension $\leq d$ and with about $2^{0.023d}$ vertices.

**Proof of Theorem 4.2** As in the proof of Theorem 3.2, the polytope $P_k(V^S(\mathcal{F}), m)$ is centrally symmetric since $V^S(\mathcal{F})$ is a cs subset of $\mathbb{S}$ and since $\Psi_{k,m}(t+\pi) = -\Psi_{k,m}(t)$.

Also as in the proof of Theorem 3.2, the fact that $P_k(V^S(\mathcal{F}), m)$ has $2|\mathcal{F}|$ vertices follows by considering the projection $\mathbb{R}^{2k(m+1)} \rightarrow \mathbb{R}^{2k}$ that forgets all but the first $2k$ coordinates. Indeed, the image of $P_k(V^S(\mathcal{F}), m)$ under this projection is the polytope

$$P_k(V^S(\mathcal{F}), 0) = \text{conv} \left( U_k(t) : t \in V^S(\mathcal{F}) \right),$$

and this latter polytope has $2|\mathcal{F}|$ vertices (by Theorem 2.1).

To prove $k$-neighborliness of $P_k(V^S(\mathcal{F}), m)$, let $t_1, \ldots, t_k \in V^S(\mathcal{F})$ be $k$ distinct points no two of which are opposite points. By Lemma 4.1, there exists an integer $1 \leq n \leq m$ such that the points $3^n t_1, \ldots, 3^n t_k$ of $\mathbb{S}$ are all contained in the arc $[\pi, 3\pi/2)$. Consider the projection $\mathbb{R}^{2k(m+1)} \rightarrow \mathbb{R}^{2k(m+1-n)}$ that forgets the first $2kn$ coordinates followed by the projection $\mathbb{R}^{2k(m+1-n)} \rightarrow \mathbb{R}^{2k}$ that forgets all but the first $2k$ coordinates. The image of $P_k(V^S(\mathcal{F}), m)$ under this composite projection is

$$P_k(3^n V^S(\mathcal{F}), 0) = \text{conv} \left( U_k(3^n t) : t \in V^S(\mathcal{F}) \right),$$

and, since $\{3^n t_1, \ldots, 3^n t_k\} \subset [\pi, 3\pi/2)$, Theorem 2.1 implies that the set $\{U_k(3^n t_i) : i = 1, \ldots, k\}$ is the vertex set of a $(k-1)$-face of this latter polytope. As, by (4.4), the inverse image of a vertex $U_k(3^n t)$ of $P_k(3^n V^S(\mathcal{F}), 0)$ in $P_k(V^S(\mathcal{F}), m)$ consists of a single vertex $\Psi_{k,m}(t)$ of $P_k(V^S(\mathcal{F}), m)$, we obtain that $\{U_k(t_i) : i = 1, \ldots, k\}$ is the vertex set of a $(k-1)$-face of $P_k(V^S(\mathcal{F}), m)$. This completes the proof of $k$-neighborliness of $P_k(V^S(\mathcal{F}), m)$.

To bound the dimension of $P_k(V^S(\mathcal{F}), m)$, observe that the third coordinate of $U_k(t)$ coincides with the first coordinate of $U_k(3t)$ while the fourth coordinate of $U_k(t)$ coincides with the second coordinate of $U_k(3t)$, etc. Thus $P_k(V^S(\mathcal{F}), m)$ is in a subspace of $\mathbb{R}^{2k(m+1)}$, and to bound the dimension of this subspace we must account for all repeated coordinates. This can be done exactly as in ([5], Lemma 2.3). We leave details to our readers. □

Fix $s \geq 2$, and let $V^S(\mathcal{F}, s)$ be a cs subset of $\mathbb{S}$ obtained by replacing each point $t \in V^S(\mathcal{F})$ (in Theorem 4.2) with a cluster of $s$ points that all lie on a sufficiently small open arc containing $t$. Then the proof of Theorem 4.2 implies that the polytope $P_k(V^S(\mathcal{F}, s), m)$ is a cs polytope with $N := 2s|\mathcal{F}|$ vertices, of dimension at most...
2k(m + 1) − 2m[(k + 1)/3], and such that every k vertices of this polytope no two of which are from opposite clusters form the vertex set of a (k − 1)-face. Choose a k-element set from the union of these 2|\mathcal{F}| clusters (of s points each) at random from the uniform distribution. Then the probability that this set has no two points from opposite clusters is at least

\[
\prod_{i=0}^{k-1} \frac{(2|\mathcal{F}| - i)s - i}{2|\mathcal{F}|s - i} \geq \prod_{i=0}^{k-1} \left(1 - \frac{i}{|\mathcal{F}|}\right) \geq 1 - \frac{k^2}{|\mathcal{F}|}.
\]

Thus, the resulting polytope has at least

\[
\binom{N}{k}
\]

(k − 1)-faces. Combining this estimate with Remark 4.3, we obtain

**Corollary 4.4** For a fixed k and arbitrarily large N and d, there exists a cs d-polytope with N vertices and at least

\[
\left(1 - \frac{k^2}{|\mathcal{F}|}\right)\binom{N}{k}
\]

(k − 1)-faces. This corollary improves ([5], Corollary 1.4) asserting the existence of cs d-polytopes with N vertices and at least \((1 - (\delta_k)^d)\binom{N}{k}\) faces of dimension k − 1, where \(\delta_k \approx (1 - 5^{-k+1})^{5/(24k+4)}\).

### 5 Applications to Strict Antipodality Problems

In this section we observe that an appropriately chosen half of the vertex set of any cs 2k-neighborly d-dimensional polytope has a large number of pairwise strictly antipodal (k − 1)-simplices. The results of the previous section then imply new lower bounds on questions related to strict antipodality. Specifically, in the following theorem we improve both Talata’s and Makai–Martini’s bounds.

**Theorem 5.1** 1. For every \(m \geq 1\), there exists a set \(X_m \subset \mathbb{R}^{2(m+1)}\) of size \(3^m - 1\) that affinely spans \(\mathbb{R}^{2(m+1)}\) and such that each pair of points of \(X_m\) is strictly antipodal. Thus, \(A'(d) \geq 3^{d/2-1} - 1\) for all \(d \geq 4\).

2. For all positive integers \(m\) and \(s\), there exists a set \(Y_{m,s} \subset \mathbb{R}^{2(m+1)}\) of size \(n := s(3^m - 1)\) that has at least

\[
\left(1 - \frac{1}{3^m - 1}\right) \cdot \frac{n^2}{2}
\]
pairs of antipodal points. Thus,

\[ A'_d(n) \geq \left( 1 - \frac{1}{3^\left\lfloor d/2 - 1 \right\rfloor - 1} \right) \cdot \frac{n^2}{2} - O(n) \]

for all \( d \geq 4 \) and \( n \).

One can generalize the notion of strictly antipodal points in the following way: for a set \( X \subset \mathbb{R}^d \) that affinely spans \( \mathbb{R}^d \), we say that two simplices, \( \sigma \) and \( \sigma' \), spanned by the points of \( X \) are strictly antipodal if there exist two distinct parallel hyperplanes \( H \) and \( H' \) such that \( X \) lies in the slab defined by \( H \) and \( H' \), \( H \cap \text{conv}(X) = \sigma \), and \( H' \cap \text{conv}(X) = \sigma' \). Makai and Martini [14] asked about the maximum number of pairwise strictly antipodal \((k-1)\)-simplices in \( \mathbb{R}^d \). The following result gives a lower bound to their question.

**Theorem 5.2** There exists a set of \( \lfloor (d/2) \cdot 2^{cd/k} \rfloor \) points in \( \mathbb{R}^d \) with the property that every two disjoint \( k \)-subsets of \( X \) form the vertex sets of strictly antipodal \((k-1)\)-simplices. In particular, there exists a set of \( \lfloor \frac{d}{2k} \cdot 2^{cd/k} \rfloor \) pairwise strictly antipodal \((k-1)\)-simplices in \( \mathbb{R}^d \). Here \( c > 0 \) is an absolute constant.

The keys to our proofs are results of Sect. 3 and the paper [13] along with the following observation.

**Lemma 5.3** Let \( P \subset \mathbb{R}^d \) be a full-dimensional cs polytope on the vertex set \( V = X \sqcup (-X) \). If \( U_1, U_2 \) are subsets of \( X \) such that \( U_1 \cup (-U_2) \) is the vertex set of a \((|U_1| + |U_2| - 1)\)-face of \( P \), then \( \sigma_1 := \text{conv}(U_1) \) and \( \sigma_2 := \text{conv}(U_2) \) are strictly antipodal simplices spanned by points of \( X \). In particular, if \( P \) is 2-neighborly, then every pair of vertices of \( X \) is strictly antipodal, and, more generally, if \( P \) is 2\( k \)-neighborly, then every two disjoint \( k \)-subsets of \( X \) form a pair of strictly antipodal \((k-1)\)-simplices.

**Proof** Since \( \tau_1 := \text{conv}(U_1 \cup (-U_2)) \) is a face of \( P \), there exists a supporting hyperplane \( H_1 \) of \( P \) that defines \( \tau_1 \): specifically, \( P \) is contained in one of the closed half-spaces bounded by \( H_1 \) and \( P \cap H_1 = \tau_1 \). As \( P \) is centrally symmetric, the hyperplane \( H_2 := -H_1 = \{ x \in \mathbb{R}^d : -x \in H_1 \} \) is a supporting hyperplane of \( P \) that defines the opposite face, \( \tau_2 := \text{conv}((-U_1) \cup U_2) \). Thus \( P \), and hence also \( X \), is contained in the slab between \( H_1 \) and \( H_2 \). Moreover, since \( U_1, U_2 \) are subsets of \( X \), it follows that \( -U_1 \) and \( -U_2 \) are contained in \( -X \), and hence disjoint from \( X \). Therefore,

\[
H_i \cap \text{conv}(X) = H_i \cap P \cap \text{conv}(X) = \tau_i \cap \text{conv}(X) = \text{conv}(U_i) = \sigma_i \quad \text{for } i = 1, 2.
\]

The result follows. \( \square \)

**Proof of Theorem 5.1** Consider the sets \( A_m \) and \( A_{m,s} \) of Theorem 3.2. Define

\[ A^+_m = \{ t \in A_m : 0 \leq t < \pi \} , \]
and define $A_{m,s}^+$ by taking the union of those clusters of $A_{m,s}$ that lie on small arcs around the points of $A_m^+$. In particular, $|A_m^+| = 3^m - 1$ and $|A_{m,s}^+| = s(3^m - 1)$. Let

$$X_m := \{ \Phi_m(t) : t \in A_m^+ \} \subset \mathbb{R}^{2(m+1)} \quad \text{and} \quad Y_{m,s} := \{ \Phi_m(t) : t \in A_{m,s}^+ \} \subset \mathbb{R}^{2(m+1)}.$$ 

Theorem 3.2 and Lemma 5.3 imply that each pair of points of $X_m$ is strictly antipodal, and each pair of points of $Y_{m,s}$ that are not from the same cluster is strictly antipodal. The claim follows.

**Proof of Theorem 5.2** It was proved in [13,17] (by using a probabilistic construction) that if $k$, $d$, and $N$ satisfy

$$k \leq \frac{cd}{1 + \log \frac{N}{d}},$$

where $c > 0$ is some absolute constant, then there exists a cs $d$-polytope with $2N$ vertices that is $2k$-neighborly. Solving this inequality for $N$ implies the existence of a cs $d$-polytope with $\lceil d \cdot 2^{cd/k} \rceil$ vertices that is $2k$-neighborly. This, together with Lemma 5.3, yields the result.

In [3], the notion of a $(k_1, k_2)$-antipodal polytope is introduced. This notion provides an interesting generalization of strict antipodality. We remark that the same argument as in Theorem 5.2 shows the existence of a $d$-polytope with $\lceil (d/2) \cdot 2^{cd/k} \rceil$ vertices that is $(k_1 - 1, k_2 - 1)$-antipodal for all pairs $(k_1, k_2)$ of positive integers with $k_1 + k_2 \leq 2k$.

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