Partial Protective Effect of Bivalent Human Papillomavirus 16/18 Vaccination Against Anogenital Warts in a Large Cohort of Dutch Primary Care Patients

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Background. There is ongoing debate about the possible protective effect of the bivalent human papillomavirus (2vHPV) vaccine, targeting oncogenic types HPV-16/18, against anogenital warts (AGWs), commonly attributed to HPV-6/11. We performed a retrospective registry-based open cohort study to assess the effect of 2vHPV vaccination on AGWs.

Methods. We linked general practice (ie, primary care) data from women born between 1993 and 2002, who had been eligible for HPV vaccination in the Netherlands, to the Dutch national immunization registry on an individual level. Women were followed until their first AGW diagnosis or end of follow-up. Adjusted incidence rate ratios (aIRRs) were estimated using Poisson regression with vaccination status as a time-dependent exposure.

Results. We linked data of 96,468 women with a total of 328,019 person-years observation time and 613 AGW diagnoses (incidence: 1.87/1000 person-years). At the end of follow-up, 61% were 2vHPV vaccinated (≥1 dose) of whom 91% were fully vaccinated. The AGW incidence was lower among those with ≥1 dose vs 0 doses (aIRR, 0.75 [95% confidence interval {CI}, .64–.88]). The effect of vaccination was stronger after full vaccination (aIRR, 0.72 [95% CI, .61–.86]) and for women who were offered vaccination at 12–13 years of age (aIRR, 0.69 [95% CI, .51–.93]) vs those at 13–16 years of age (aIRR, 0.77 [95% CI, .64–.93]).

Conclusions. This is the largest population-based study so far to examine the effect of 2vHPV vaccination on AGWs, with reliable individual information on AGW diagnoses and vaccination status. The results indicate that 2vHPV vaccination partially protects against AGWs, especially when administered in early adolescence.

Keywords. human papillomavirus; bivalent HPV vaccine; anogenital warts; vaccine effectiveness; cross-protection.

Human papillomavirus (HPV) is a highly contagious sexually transmitted virus and associated with the development of various cancers, recurrent respiratory papillomatosis, and anogenital warts (AGWs) [1–3]. Although AGWs are not life-threatening, the burden and associated treatment costs are substantial [4]. In industrialized countries, the annual AGW incidence is 0.1%–0.2%, with a peak occurring in women younger than 24 years of age [5]. Women with AGW can experience mild symptoms such as pain, itch, and discharge from the urethra or vagina. Moreover, AGWs can have a negative impact on psychosocial well-being [6,7]. Treatment of AGWs is focused on the removal of visible warts and not on elimination of the underlying HPV infection, leading to high recurrence rates (up to 80%) [8].

HPV types 6 and 11 are believed to cause the vast majority of AGWs [2]. Currently, 2 prophylactic vaccines are available that target HPV-6/11 to prevent AGWs: the quadrivalent (4vHPV) vaccine and, since 2015, the nonavalent (9vHPV) vaccine. Countries that have implemented these vaccines in their national immunization program (NIP) with high vaccination coverage have observed drastic declines in AGWs [9].

In the NIP of the Netherlands, the bivalent HPV (2vHPV) vaccine is used, which targets HPV-16/18. The program started in 2009 with a one-off catch-up campaign for girls born in 1993–1996. Routine HPV vaccination started in 2010, offering vaccination to girls in the year they turn 13 years old, beginning with birth cohort 1997. Initially, vaccination was offered as a 3-dose schedule (0, 1, and 6 months), but in 2014 the program changed to a 2-dose schedule (0 and 6 months) [10].
Even though the 2vHPV vaccine does not target HPV-6/11, there is ongoing debate about the possible protective effect of 2vHPV vaccination against AGWs. After introduction of 2vHPV vaccination in the United Kingdom, a small but prominent decrease in AGW diagnoses was observed among young women at genitourinary medicine clinics, while such a decline was not observed for other sexually transmitted infections (STIs). The authors concluded that at least part of this decline was likely due to 2vHPV vaccination, and they calculated a vaccine effectiveness of 34% [11]. Other studies from the United Kingdom, the Czech Republic, and Spain did not find evidence for an effect of 2vHPV vaccination on AGWs [12–14]. In a previous study among visitors of sexual health centers in the Netherlands, we found a lower AGW prevalence among self-reported vaccinated compared with self-reported unvaccinated women, albeit statistically nonsignificant [15]. This study had low numbers of AGWs, partly because 95% of all AGW diagnoses in the Netherlands are made by general practitioners (GPs) [16].

Knowledge about the protective effect of 2vHPV vaccination against AGWs is important for comprehensive cost-effectiveness analyses and evidence-based communication strategies. Because the Netherlands is one of the few industrialized countries that have consistently used the 2vHPV vaccine in the NIP, we had the unique opportunity to study this effect in the general population. By linking patient data from GPs with data from the national immunization registry, we performed a retrospective registry-based open cohort study to assess the effect of 2vHPV vaccination on the incidence of AGWs diagnosed by GPs in the Netherlands.

METHODS

Study Design and Population

The study population was constructed retrospectively by linking individual data from 3 data sources: (1) the Nivel Primary Care Database (Nivel-PCD) of GPs; (2) the national immunization registry (Præventis); and (3) the Dutch population registry (Supplementary File 1). The study population included women born between 1993 and 2002 who were registered in a general practice (ie, primary care) participating in the Nivel-PCD at some point during 2007–2015 and who were invited for HPV vaccination through the NIP. This was an open cohort, in which women could leave a general practice and re-enter later.

Data Sources

Nivel-PCD

The Nivel-PCD provides a representative sample of general practices with respect to geographical distribution and urbanization degree and a representative sample of about 10% of the Dutch population with respect to age and sex [17]. In the Netherlands, in principle, all inhabitants register in a general practice to have access to the healthcare system, irrespective of having healthcare consultations. GPs participating in the Nivel-PCD provide routinely recorded data from electronic medical files, including registration of patients and data on diagnoses (using International Classification of Primary Care, first edition [ICPC-1] codes) and prescriptions (using Anatomical Therapeutic Chemical Classification System [ATC] codes). We restricted our analysis to data from general practices with complete (≥ 46 weeks data per year) and good-quality data (≥ 70% of records with valid codes).

The period a woman was registered in a general practice, based on quarterly claim data, was used as the time-at-risk for AGW diagnoses. If a gap in registration was half a year or longer, we assumed that the patient left the general practice temporarily and this unregistered period was not included in the analyses. Gaps in the registration period of 1 quarter were ignored (Supplementary File 2).

We obtained data of consultations with the diagnosis AGW (ICPC-1 code X91). As a proxy for sexual risk behavior, we used a consultation coded as fear of STIs (ICPC-1 code X23) or as fear of human immunodeficiency virus (HIV)/AIDS (ICPC-1 code B25). The mean number of GP consultations per year during follow-up was used as a proxy for health-seeking behavior. Finally, we collected data on consultations with the prescription 4vHPV vaccine (ATC code J07BM01) or 2vHPV vaccine (ATC code J07BM02).

Præventis

Præventis is the national electronic immunization registry including all vaccinations administered as part of the NIP [18]. We obtained individual data on whether someone was invited for HPV vaccination, the number and date of received HPV vaccine doses, and the type of vaccine given (2vHPV, 4vHPV, or unknown).

Dutch Population Registry

From the national population registry, we obtained data on the month and year of birth, migration background, and educational level. The day of birth was set to 15 for all women. Migration background was based on (parental) country of birth [19]. Educational level was based on the highest registered education a woman completed or was following as of December 2015. We categorized the educational level as high (school of higher general secondary education, pre-university education, university of applied sciences, and university), or middle/low (all other forms of education).

The 3 data sources were linked using a unique identification number allocated by a trusted third party (Statistics Netherlands), based on either the encrypted citizen service number or a combination of sex, date of birth, and 4 digits of the postal code. Data extraction from Nivel-PCD has been approved according to the Nivel-PCD governance code under number NZR-00316.016. The study was exempt from formal medical-ethical approval under prevailing laws in the
RESULTS

Study Population
In total, 131 379 women born between 1993 and 2002 were registered in a general practice participating in the Nivel-PCD between 2007 and 2015, of whom 129 125 (98%) were registered in a practice with complete and good-quality data. After applying all exclusion criteria, 96 468 women (73%) were included in the final cohort. The majority of the women who were excluded could not be matched to the other databases; a limited number of women were excluded because they were vaccinated by the GP (n = 124) or with the 4vHPV or unknown vaccine (n = 249) (Figure 1). Together, the women contributed 328 019 years of observation time (median, 3 years per woman). Table 1 presents the characteristics of the study population.

In total, 28 865 women (29.9%) were already vaccinated at least once when entering the cohort and 30 609 women (31.7%) were vaccinated with at least 1 dose during follow-up. At the end of follow-up, 58 793 women (60.9%) were vaccinated with the 2vHPV vaccine (≥1 dose), 53 744 (55.7%) were fully vaccinated, and 5049 (5.2%) were partially vaccinated.

Anogenital Warts
In total, 613 women had an AGW diagnosis registered by a GP during the follow-up period (overall incidence, 1.87/1000 person-years). The AGW incidence increased steadily with age, with a peak at 21 years of age (7.21/1000 person-years). The incidence of AGW was lower for vaccinated compared to unvaccinated women across all ages (Figure 2).

The AGW incidence was lower after ≥1 dose of 2vHPV vaccine relative to 0 doses (aIRR, 0.75 [95% confidence interval [CI], .64–.88]) (Table 2). The effect was stronger after being fully vaccinated (aIRR, 0.72 [95% CI, .61–.86]) and not observed after being partially vaccinated (aIRR, 0.96 [95% CI, .68–1.32]), although the difference between fully and partially vaccinated itself was not statistically significant (P = .1).

Overall, 67 179 women (70%) were born between 1996 and 2002 (12–13 years of age when vaccination was offered) and 29 289 (30%) were born between 1993 and 1995 (13–16 years of age when vaccination was offered). The aIRR of ≥1 dose relative to 0 doses was 0.69 (95% CI, .51–.93) for the younger birth cohorts and 0.77 (95% CI, .64–.93) for the older birth cohorts. After a full vaccination course, these figures were 0.60 (95% CI, .44–.83) and 0.77 (95% CI, .63–.93), respectively (Table 3).

Sensitivity Analyses
In both sensitivity analyses, results were not meaningfully different from the main analyses (Supplementary File 5). With a buffer period of 10 months, the effect of vaccination was slightly smaller (aIRR for ≥1 dose, 0.77 compared to 0.75 in the main analyses), whereas the effect was slightly larger (aIRR for ≥1 dose, 0.70) when only women without gaps in observation time (n = 87 612 [91%]) were included.
DISCUSSION

We studied the effect of 2vHPV vaccination on AGWs diagnosed by GPs in the Netherlands by linking GP data to the vaccination registry. We showed a significantly reduced incidence of AGWs among 2vHPV vaccinated women compared to unvaccinated women. The effect of vaccination was stronger after completion of the vaccination course and for women offered vaccination at 12–13 years of age.

To our knowledge, this is the largest study so far to assess the direct effect of 2vHPV vaccination on clinically relevant AGWs. To minimize bias, we used population-based data with reliable vaccination status and AGWs diagnosed at the general practice, where about 95% of all AGW diagnoses in the Netherlands are made [16]. We do acknowledge some limitations. First, not all women in the GP database could be linked to the vaccination registry. Comparing our study population to all women born between 1993 and 2002 living in the Netherlands, our study population was slightly more often native Dutch (78% vs 71%), highly educated (46% vs 43%), and HPV vaccinated (62% vs 58% as of December 2015). This suggests that our study population might not have been fully representative for the total Dutch population. Because a native Dutch background and high educational level were associated with a lower risk for AGWs, we might have underestimated the overall AGW incidence, but this effect is likely to be small. Second, women were defined to enter or leave the cohort depending on registration in a general practice. Therefore, women might have already been diagnosed with AGWs before entering the cohort. Assuming nondifferential misclassification between vaccinated and unvaccinated women, this would lead to an underestimation of the protective effect of vaccination. Misclassification of vaccination status is unlikely, because virtually all vaccinations are registered in Præventis (as demonstrated in our study: only 0.1% were vaccinated by the GP).

The preferred design to measure a causal direct effect of vaccination would be a randomized placebo-controlled trial (RCT), but RCTs of the 2vHPV vaccine did not include AGWs among reported outcomes [21]. Performing an RCT now would be unethical, because of the already demonstrated very high efficacy against oncogenic HPV types and associated precancer lesions [22]. Investigation into the effect of 2vHPV vaccination on AGWs therefore relies on large observational studies with minimal risk of bias. However, we cannot rule out residual confounding, implying that the lower observed incidence of AGWs among 2vHPV-vaccinated women could be related to an overall lower risk of AGWs among vaccinated compared to unvaccinated women, unrelated to vaccination itself. We had limited information on possible confounders to fully adjust for this. Previous studies did observe small differences in risk behavior between HPV-vaccinated and unvaccinated women in the Netherlands, but these variables hardly affected the association between vaccination and HPV outcome measures, suggesting limited confounding [23].
An explanation for the observed lower incidence of AGWs among 2vHPV vaccinated women is that 2vHPV vaccination also effectively protects against AGWs. This supposition is supported by a number of observations. First, we observed a dose-response relation, with stronger effects after a complete vaccination course compared to an incomplete vaccination course. Similar results were observed elsewhere for the 4vHPV vaccine against AGWs [24]. Second, the effect of vaccination was lower for the older birth cohorts in our analysis. This is in line with the observed lower vaccine effectiveness among women with HPV exposure prior to vaccination, which is more likely if vaccination is offered at an older age [22]. Last, our results were very robust, with an effect of 2vHPV vaccination that was consistent across all ages and not affected by considerations of a buffer period or complete observation time.

The biological mechanism behind the apparent effectiveness of 2vHPV vaccination against AGWs is not clear. One possible explanation is that high-risk HPV types play a larger role in the development of AGWs than generally assumed [25]. High-risk HPV types, including the 2vHPV vaccine types HPV-16/18, are frequently genotyped in AGWs (generally ranging between 30% and 40%; in some AGWs, only high-risk HPV types are genotyped) [2, 26–29]. Because the 2vHPV vaccine induces excellent effectiveness against HPV-16/18 and considerable cross-protection against several other high-risk types [30–32], a putative causative contribution of high-risk types to the development of AGWs would also lead to a partial protective effect of 2vHPV vaccination against AGWs. Another possible explanation is that 2vHPV vaccination provides cross-protection against HPV-6/11, which was observed in the largest RCT of the 2vHPV vaccine [21]. However, only 1 of the postmarketing surveillance studies replicated this effect [33] and most could not [15, 23, 34]. Moreover, cross-protection against HPV-6/11 seems unlikely based on the large phylogenetic distance between these low-risk types and the vaccine types HPV-16/18 [32]. However, it might be that 2vHPV vaccination could prevent development of AGWs by HPV-6/11 infections, as suggested by significantly reduced HPV-6 viral loads among 2vHPV-vaccinated women relative to unvaccinated women in the Netherlands [35]. The RCT of the 2vHPV vaccine also showed that vaccination might be more effective against clinical outcomes than against HPV
infections itself; the protection against cervical intraepithelial neoplasia grade 3 was higher than what was expected based on the protection against type-specific HPV infections [22]. This effect could be related to T-cell responses, triggered by the AS04 adjuvant of the 2vHPV vaccine, that are presumably broadly cross-protective [36–38].

Our results correspond to a relevant vaccine effectiveness of 23%–40%, depending on completion of the vaccination course and age at vaccination. A protective effect against AGWs further contributes to the already very attractive cost-effectiveness profile of the 2vHPV vaccine [39]. This effect was not considered in previous health economic comparisons of the 2vHPV vaccine with the 4vHPV or 9vHPV vaccine [40]. Even so, protection against AGWs should be considered a beneficial side effect, as protection against high-risk HPV types remains the main objective in 2vHPV vaccination programs.

In conclusion, in this large population-based study using data from different registries, the incidence of AGWs was significantly reduced among 2vHPV-vaccinated compared with unvaccinated women, suggestive of a partially protective effect of 2vHPV vaccination against AGWs. Our findings merit further investigation into the possible mechanisms behind the effect. This could give more insights into the natural history of AGWs and the protective effects of HPV vaccination.

Supplementary Data
Supplementary materials are available at Clinical Infectious Diseases online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

| Vaccination Status | No. * | Observation Time, y | AGW Diagnoses | aIRR* (95% CI) | aIRR* (95% CI) |
|--------------------|-------|---------------------|----------------|----------------|----------------|
| **Cohorts 1996–2002** | | | | | |
| Unvaccinated | 66 487 | 144 129 | 296 | Reference | Reference |
| Vaccinated (≥1 dose) | 58 299 | 180 497 | 310 | 0.76 (0.65–0.89) | 0.75 (0.64–0.88) |
| Unvaccinated | 66 487 | 144 129 | 296 | Reference | Reference |
| Partially vaccinated* | 31 790 | 26 409 | 42 | 1.15 (0.82–1.57) | 0.96 (0.68–1.32) |
| Fully vaccinated* | 53 389 | 154 088 | 268 | 0.72 (0.61–0.85) | 0.72 (0.61–0.86) |

Abbreviations: AGW, anogenital warts; aIRR, adjusted incidence rate ratio; CI, confidence interval.
*Number of women who contributed observation time per vaccination status. One woman could contribute observation time to >1 vaccination status. Women with a missing educational level were excluded.
*Adjusted for age as time-varying.
*Adjusted for age as time-varying, migration background, educational level, fear of sexually transmitted infection/human immunodeficiency virus consultations, and mean number of general practitioner consultations per year.
*Birth cohorts 1996–2002 were 12–13 years old when vaccination was offered. Birth cohorts 1993–1995 were 13–16 years old when vaccination was offered.
*Partially vaccinated: 1 dose or 2 doses < 5 months apart. Fully vaccinated: 3 doses or 2 doses ≥ 5 months apart.
Notes
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