Abstract: Groundwater use for irrigation has a major influence on agricultural productivity and local water resources. This study evaluated the groundwater irrigation schemes, SWAT auto-irrigation scheduling based on plant water stress (Auto-Irr), and prescribed irrigation based on well pumping rates in MODFLOW (Well-Irr), in the U.S. Northern High Plains (NHP) aquifer using coupled SWAT-MODFLOW model simulations for the period 1982–2008. Auto-Irr generally performed better than Well-Irr in simulating groundwater irrigation volume (reducing the mean bias from 86 to −30%) and groundwater level (reducing the normalized root-mean-square-error from 13.55 to 12.47%) across the NHP, as well as streamflow interannual variations at two stations (increasing NSE from 0.51, 0.51 to 0.55, 0.53). We also examined the effects of groundwater irrigation on the water cycle. Based on simulation results from Auto-Irr, historical irrigation led to significant recharge along the Elkhorn and Platte rivers. On average over the entire NHP, irrigation increased surface runoff, evapotranspiration, soil moisture and groundwater recharge by 21.3%, 4.0%, 2.5% and 1.5%, respectively. Irrigation improved crop water productivity by nearly 27.2% for corn and 23.8% for soybean. Therefore, designing sustainable irrigation practices to enhance crop productivity must consider both regional landscape characteristics and downstream hydrological consequences.

Keywords: irrigation; hydrology; groundwater recharge; crop water productivity; coupled modeling

1. Introduction

Irrigation is important for proper crop growth and consistent food supply [1]. Globally, 70% of freshwater is used for irrigation [2,3] and nearly 18% of the world’s agricultural land is irrigated, which produces about 40% of global agricultural products [4]. Especially in semi-arid regions, agricultural productivity relies heavily on groundwater resources for irrigation [5]. For instance, the U.S. High Plains aquifer, one of the world’s largest aquifers [6], accounts for about 88% of total freshwater withdrawn for irrigation [7] in the country. The continuous use of nonrenewable groundwater has already and may further threaten the environment and agricultural production [8]. For example, excessive groundwater removal relative to natural recharge can lower the water levels of an aquifer and regional streams through coupled surface–groundwater dynamics [9,10].

Groundwater depletion levels in the U.S. Northern High Plains (NHP) aquifer vary across the region due to varying water demand for irrigation and recharge dynamics [8]. For instance, the groundwater storage level in the Sandy Hills region in the NHP has remained relatively stable due to a higher recharge flux [8,11,12]. The streamflow in
the NHP decreased annually between 23 and 73%, and in the dry season (July–August) between 21 and 77%, from 1940 to 1980, primarily because of the decline in the groundwater level caused by increased groundwater pumping [13]. Furthermore, from 1996 to 2015 there was an 11% increase in irrigated acres on the NHP [12]. As a consequence of the increased irrigation, declining streamflow and groundwater levels, most river basins of Nebraska have been classified as fully appropriated, i.e., existing water uses and rights are equal to available water supplies, or over appropriated, i.e., existing water uses and rights exceed available water supplies [14].

Over the past century, the NHP has experienced several short-term and prolonged severe droughts resulting in considerable agricultural losses [15,16], and such events are likely to increase in the future [17]. This could lead to severe water stress in the region. As such, there is an urgent need to improve understanding of hydrological processes and adapt future water management strategies in the NHP to recurring drought and improved water conservation.

Hydrological modeling is a commonly used approach to evaluate the effect of agricultural practices on surface and groundwater resources [18]. Multiple hydrological modeling studies conducted to date in parts of the NHP have been based on SWAT or MODFLOW for small and large river basins [19–23]. In general, most SWAT modeling studies have been focused on evaluating and analyzing best management practices, water quality, water and sediment transport, irrigation, bio-energy crops, climate change and land use change [19,23,24]. Meanwhile, MODFLOW based studies in the region primarily examined groundwater dynamics, e.g., river-aquifer interactions, groundwater level changes, groundwater irrigation and climate change [20,21,25,26]. Recently, these two models were coupled into SWAT-MODFLOW by Bailey et al. [27]. The coupled model improved the skills in simulating watershed systems where both surface water and groundwater processes (as well as their interactions) play a significant role on overall water budget [28,29]. The improvement can be attributed to a more realistic representation of physically based surface and subsurface processes, such as runoff, soil water storage, evapotranspiration and aquifer recharge/discharge. Some other examples of coupled surface–groundwater models include ParFLOW [30], PCR-GLOBWB-MOD [31], and GSFLOW [32]. These models are grid based and fully distributed (ParFLOW and PCR-GLOBWB-MOD) or semi-distributed (GSFLOW) with high data requirement and computation costs. Among them, SWAT-MODFLOW has a distinct advantage in its capability to simulate crop growth, agricultural management, land management practices, water and sediment transport, and its ability to use the existing SWAT and MODFLOW models of varying spatial extents.

SWAT-MODFLOW has been continuously enhanced over the last two decades [27,33,34]. It links surface and groundwater flow processes to provide an improved understanding of complicated hydrological processes in large agricultural basins. SWAT-MODFLOW can assess the hydrological and agronomic responses of a fully integrated river–aquifer system to land use change [35], climate change [36,37] and agricultural management practices [38,39], which greatly benefits water resource management. SWAT-MODFLOW has been applied in watersheds of different spatial scales, ranging from 357 km$^2$ in the Uggerby River Catchment, Denmark [40], to 72,000 km$^2$ in the South Platte River Basin [38]. In this study, we used the version of SWAT-MODFLOW developed by Bailey et al. [27].

When modeling the hydrology in a semi-arid region such as the NHP with intensive agricultural activities, a careful selection of the irrigation method is needed. Varying irrigation methods can produce different results because of difference in irrigation volume, timing, frequency, and recharge. Aliyari et al. [38] updated the SWAT auto-irrigation subroutines and MODFLOW Well package to link MODFLOW pumping wells and SWAT HRUs for groundwater irrigation in SWAT-MODFLOW, and successfully implemented it in the South Platte river basin in the United States. In SWAT-MODFLOW, the groundwater irrigation volume can be prescribed by two methods: the MODFLOW Well package and the SWAT auto-irrigation routines [41]. The first method allows the user to specify the pumping rate of each well in the MODFLOW grid cell, and provides a reasonable estimate of groundwater irrigation volume. This will provide irrigation water to the associated
SWAT HRU. However, application of this approach is difficult in an intensively irrigated large agricultural basin in the absence of measured pumping rates.

The second method calculates the groundwater irrigation volume for the HRU using the auto-irrigation routines of SWAT. The irrigation volumes are converted to the pumping rate and fed to the associated pumping well in the MODFLOW grid cells. This method is commonly used in the case of inadequate irrigation scheduling data. It also accommodates the effects of spatiotemporal variability in climate, soil moisture, and plant growth conditions. However, this method could overestimate the irrigation amount because irrigation is performed even after crop harvesting [42]. It can also underestimate the pumping rate because the number of pumping wells in the model domain remains constant throughout the simulation period, whereas, in practice, the number of active pumping wells can vary. This study tries to overcome these limitations by modifying the groundwater irrigation routine to better simulate irrigation practices. There is currently no study assessing the benefits of two groundwater irrigation methods in SWAT-MODFLOW. Hence, a careful evaluation of the two approaches is needed to seek an accurate representation of irrigation practices and water balance components.

In this study, we aimed to examine and make multiple changes to the SWAT-MODFLOW framework to enhance the representation of irrigation and hydrological processes in the NHP and understand the role of irrigation practices in affecting watershed hydrology in the 347,058 km² extent of the NHP. Specifically, we aimed to: (1) design a SWAT-MODFLOW model in the NHP and improve its capability of simulating irrigation processes; (2) evaluate the performance of the two irrigation options (SWAT auto-irrigation based on plant water stress and MODFLOW-based prescription of irrigation well-pumping rates) for simulating the groundwater demand and regional water budget; and (3) understand the effects of irrigation on various hydrological processes, such as groundwater recharge, evapotranspiration, and streamflow. This modeling exercise helps to represent the hydrology in an agriculturally intensive large watershed and generates knowledge regarding the role of irrigation in influencing hydrological processes. Such efforts hold promise to better support sustainable agricultural water management in large irrigation systems in the face of imminent climate change and potential groundwater shortages.

2. Materials and Methods
2.1. Study Area

The NHP aquifer (Figure 1a), located in the Midwest U.S.A., spans Nebraska, Colorado, Kansas, Wyoming, and North Dakota, covering an area of about 347,058 km² (Peterson et al., 2016). The NHP is comprised of multiple watersheds where intensive agricultural activities are carried out. The dominant land cover category in the NHP is range and pasture land (57.72%), followed by agriculture (33.47%), urban (3.38%), forest (3.01%), wetlands (1.42%), water and barren land (1%).

The region is dominated by convective storms in summer (April–September), which overlaps with the crop growing season [8]. The annual precipitation (Figure S1) shows a strong east–west gradient, decreasing from 900 mm in the east to 350 mm in the west. The estimated crop water use ranges from 584 to 711 mm for corn, and 508 to 635 mm for soybean, with higher crop water use in eastern Nebraska [43]. This difference in crop water demand and precipitation results in different irrigation needs. For example, according to [14], the net corn irrigation requirement ranges from ~355 mm in the west to ~152 mm in the east of Nebraska for the entire growing season (May to September) for high yields. To meet these varied irrigation needs, both surface water and groundwater are used in the NHP [8,20]. Historically, most of the irrigation water was taken from the rivers and reservoirs in the region, but since 1940, irrigated areas using groundwater rapidly expanded [20]. By 2000, almost 97% of the total groundwater withdrawals in the High Plains were used for irrigation [7] and nearly 84% of irrigation water was from groundwater in Nebraska [44]. In 2015, groundwater accounted for about 77% of the total water supply.
and about 84% of irrigation water in NHP; thus, irrigation used about 95% of the total groundwater withdrawals [45].

Figure 1. Modeling domains for SWAT and MODFLOW (a), and land use map (b), for the U.S. Northern High Plains.

2.2. SWAT Setup

SWAT is a physically-based model that simulates the hydrological processes by dividing the watershed into sub-basins which are further divided into fundamental units called hydrological response units (HRU) based on a unique combination of land use, soil type and slope [46]. SWAT is capable of simulating reservoirs, wetlands, and a wide range of agricultural and water management practices [47,48].

Multiple geospatial datasets were used to configure the SWAT model setup (Table 1). Land use data was obtained from the Cropland Data Layer (CDL) 2008 [49] which contains detailed crop-specific information. Different cropland types were reclassified into corn, soybean and other small grains. The resulting digital map was then combined with Moderate Resolution Imaging Spectroradiometer (MODIS) irrigated land layers 2007 [50]
to generate a land use map with cropland separated into irrigated and dry cropland (Figure 1b). Soil properties were derived from the State Soil Geographic (STATSGO) dataset. Soil properties from STATSGO were used in order to keep the number of HRUs manageable and reduce the computation time of the model simulation. Two slope classes 0–5% and >5% were used for defining HRUs. The unique combinations of land use, soil type, and slopes resulted in a total of 51,035 HRUs for the entire basin. Crop management operations (planting, harvesting, and fertilizer application) were included for corn, soybean and winter wheat, based on existing literature [51–53].

Table 1. SWAT model input summary.

| Data                      | Resolution               | Source                                      |
|---------------------------|--------------------------|---------------------------------------------|
| Precipitation, Temperature, Relative Humidity, Wind Speed, Solar Radiation | 0.3° × 0.3°               | NARR [54]                                   |
| Digital Elevation Model (DEM) | 90 m × 90 m              | Shuttle Radar Topography Mission (SRTM) [55] |
| Land Use                  | 30 m × 30 m              | [49]                                        |
| MODIS Irrigated Land      | 250 m × 250 m            | [50]                                        |
| Soil Property             | 1:250,000                | STATSGO [56]                                |
| Reservoir                 | 22 large reservoirs      | USBR, USACE [57,58]                         |

We used climate forcing data from the North American Regional Reanalysis (NARR) database to drive the SWAT simulations. NARR climate forcing data have assimilated multiple sources of observations [54], including satellite observations, and have shown to provide good simulation of streamflow when used as climate forcing in hydrological models [59]. The 22 large reservoirs that were identified to lie within the stream network (Figure 1a) in the SWAT domain were incorporated into the model. A detailed description of reservoir parameters and operations is provided in the Supplementary Information (Table S1).

A large portion of the watershed is dominated by depressions, especially the Sand Hills in northern and northeastern Nebraska. The pothole module simulates depressions at the HRU-level and can reasonably represent the spatial distribution of seepage to MODFLOW grids. Therefore, the pothole module was applied to HRU classified as wetlands. Most of the lakes and wetlands in the Sand Hills are shallow and have a mean depth of ~800 mm [21]. Hence, the maximum pothole water depth in SWAT (POT_VOLX) was set to 800 mm which allows water to pond on the surface up to the depth of 800 mm before runoff takes place.

2.3. MODFLOW Setup

We used an existing MODFLOW model configured for the NHP by [20] in our SWAT-MODFLOW setup. The groundwater model consists of 565 × 795 grid cells, with a resolution of 1 × 1 km², and a single layer. Originally, the model setup used the Streamflow Routing package to simulate the discharge in rivers, but in the SWAT-MODFLOW setup, it was replaced by the River package [60]. This enabled the calculation of groundwater–surface water exchanges between the aquifer and rivers. The boundary conditions, including general head boundary, constant head, drain, well, and horizontal flow barrier packages (Figure 2) based on Peterson [20] were also enabled in the present study. As most of the irrigation scheduling in the NHP takes place in the growing season, the groundwater irrigation was assumed to take place from May to September in the well package. The domain of the watershed delineated for SWAT was larger than the MODFLOW model boundary and the number of sub-basins in the southern section of the SWAT domain lay in the no-flow boundary or outside the MODFLOW boundary (Figure 1a). The original capability of each model was maintained in the non-overlapping region [27].
2.4. SWAT and MODFLOW Coupling

2.4.1. Irrigation Scheme

The groundwater irrigation operation can be simulated in SWAT-MODFLOW through two methods: First, the well pumping rate and locations defined in the MODFLOW well package were based on Peterson et al. [20]; it was used to dictate the groundwater irrigation amount in the SWAT auto-irrigation module. This setup is henceforth called Well-Irr. Second, the groundwater irrigation amount determined by the SWAT auto-irrigation module was used to determine the pumping rates for irrigation wells in the MODFLOW grid cells. This setup is henceforth called Auto-Irr. A plant water stress, defined as the ratio of actual to the potential plant transpiration, was used to trigger the irrigation in SWAT.

The SWAT auto-irrigation module requires an irrigation source (surface water or groundwater) as input. The irrigated cropland, corn, soybean and winter wheat, HRUs close to the irrigation wells were assigned groundwater as the irrigation source; the remaining HRUs were assigned river as the irrigation source. Additional details on irrigation source assignment to the cropland HRUs is provided in the Supplementary Information (Section 2.1). The coupling between the SWAT HRU and the MODFLOW grid was achieved following the manual coupling procedures described in detail by Bailey and Park [41]. The SWAT HRUs were first disaggregated into individual polygons with specific geographic locations (DHRUs), and then intersected with the MODFLOW grid cells to determine the spatial relationship between HRUs, DHRUs and MODFLOW grid cells. The mapping scheme in SWAT-MODFLOW passed SWAT variables (recharge, ET, and stream stage) to the corresponding MODFLOW grid. Additionally, the MODFLOW river grid cells were intersected with the SWAT sub-basins for the river–aquifer water exchange.

2.4.2. SWAT-MODFLOW Modifications

SWAT-MODFLOW was modified to improve simulations of water management practices for intensively irrigated watersheds [38,39]. In particular, the irrigation modules were modified to: (a) link MODFLOW pumping wells and SWAT HRUs for groundwater irrigation, (b) include the canal irrigation, and (c) groundwater evapotranspiration. These changes improved model ability to produce more realistic effects of groundwater irrigation on streamflow and groundwater level than SWAT.

Figure 2. Boundary conditions of the MODFLOW model domain.
The SWAT-MODFLOW model developed by [27] was modified and used in this study. Generally, each year, new irrigation wells are drilled depending on the irrigation requirement but limited by the groundwater regulations of the Natural Resource Districts in the region. Conversely, some wells become inactive or are taken out of service because of high operation cost or general modernization leading to replacement by a new well. The records of active irrigation wells and their locations can be obtained from the Nebraska Department of Natural Resources Groundwater Wells Database [61]. However, in the case of the SWAT auto-irrigation derived groundwater pumping rate, the irrigation well that is associated with the SWAT HRUs remains active throughout the simulation period. Therefore, the coupled irrigation function in SWAT-MODFLOW was modified to account for the annual changes in the number of irrigation wells during the growing season. In doing so, each irrigation well mapped to a SWAT HRU was activated or deactivated for a simulation year based on the irrigation well activation information in the MODFLOW Well package [60]. The SWAT auto-irrigation routine can falsely trigger irrigation events even after the crop harvest [42,62]. Hence, the SWAT auto-irrigation function was modified to allow irrigation only when the MODFLOW wells were active during the growing season of that year.

The coupled model deactivated the SWAT groundwater module and replaced it with MODFLOW in the overlapping areas. Hence, the SWAT groundwater module was turned off even in the regions overlapping with inactive MODFLOW grid cells, where MODFLOW did not simulate the groundwater flow process. Therefore, when the SWAT domain overlaid the MODFLOW inactive grid cells (Figure 1a), the seepage and the subsurface flow were not considered in the SWAT-MODFLOW simulation. Additional modification of the coupled SWAT-MODFLOW model was performed in this work to keep the SWAT groundwater module active for the overlapping region with inactive MODFLOW grid cells.

2.4.3. River–Aquifer Interaction

In SWAT-MODFLOW, the interaction between surface water and aquifers was simulated using the MODFLOW River package. However, the MODFLOW model designed for the NHP [20] used the Stream Flow Routing (SFR) package to simulate rivers. Hence, the SFR package was replaced by the River package in this study. The river network generated by SWAT was used to identify the MODFLOW river grid cells which varied spatially from the original MODFLOW SFR grids. The riverbed hydraulic conductivity had a significant impact on quantifying and understanding the stream–aquifer interactions [63,64] that determine the baseflow and the effect of groundwater irrigation on streamflow. The riverbed hydraulic conductivity estimated by [20] for the major rivers of the NHP that ranged from 0.03 to 3.00 m/d were linearly interpolated to the river grid cells. These values lay within the lower range of riverbed vertical hydraulic conductivity estimated by previous studies [63,65] for the major rivers within the NHP. The river bed thickness values for river segments from [20] were used in the MODFLOW River package.

2.5. System Parameter Adjustment

The calibration of integrated groundwater surface water models such as SWAT-MODFLOW is complex and computationally expensive [36,40]. Hence, only SWAT model parameters for crop and irrigation volume were optimized. SWAT model parameter adjustment was conducted in two parts. First, the fractional potential heat units for planting and harvest dates for corn, soybean and winter wheat were adjusted until the model-simulated planting and harvest dates were within the beginning (planting) and end dates (harvesting) as provided on the document (Usual Planting and Harvest Dates) published by USDA [66].

Second, the model parameter for irrigation—plant water stress threshold—was then manually adjusted to reduce the bias in simulated annual groundwater irrigation volume in the NHP. For this purpose, the plant water stress that triggers irrigation was varied between 0.95 and 0.5 to obtain the lowest percent bias between the simulated and USGS estimated annual groundwater irrigation volume.
2.6. Experiment Design

To determine the appropriate irrigation management method between the Auto-Irr and Well-Irr setups, the SWAT-MODFLOW model was run from 1979 to 2008 with a 3-year warm-up period. The model performance for simulating streamflow, evapotranspiration, groundwater level, and annual groundwater irrigation volume was evaluated in the above-mentioned two scenarios. In addition, the Auto-Irr and Well-Irr performances for simulating monthly streamflow were compared with the SWAT model simulation results. The same SWAT parameters were used for the consistent surface water hydrological parameterization in all three setups.

Finally, the SWAT-MODFLOW setup that provided better model performance was used to evaluate the impact of irrigation on hydrological processes and agricultural productivity.

2.7. Evaluation Metrics

The model performance on crop yield, monthly streamflow, evapotranspiration, groundwater level, and annual groundwater irrigation volume simulated by the above-mentioned three model setups, was evaluated. The statistical metrics: coefficient of determination ($R^2$), Nash-Sutcliffe efficiency (NSE), root mean square error normalized against the observed mean value or normalized root mean square error (NRMSE), and percent bias (PBIAS), were used to evaluate model performance. $R^2$ measured if the variation in observed data was explained by the model. Its value ranged from 0 to 1, with values closer to 1 indicating good agreement; model performance was considered acceptable if $R^2 > 0.5$ [67]. The NSE measured agreement between observed and simulated data. Its value ranged from negative infinity to 1, with values closer to 1 indicating good agreement. Following [68], the model performance for streamflow was considered to be satisfactory if NSE was between 0.36 and 0.75, and considered good if NSE was greater than 0.75. The NRMSE provided the (%) relative measure of simulated and observed values where the lower value indicated better performance. The model performance was often considered good when NRMSE < ±20%. PBIAS measured the tendency of simulated values to be greater or lower than observed values. PBIAS of 0% was the optimal value, with positive value indicating underestimation and negative value indicating overestimation by the model. Following [19], PBIAS of ±15% was considered good and PBIAS of ±25% was considered satisfactory.

The corn, soybean and winter wheat yield simulated by the model were compared with county level USDA National Agricultural Statistical Survey (NASS) data [69]. County level NASS data was aggregated to each sub-basin using an area weighted average. NASS-reported crop yield in bushels per acre was converted to kg per hectare, as reported in SWAT output, following the method described in [24]. To further evaluate the effect of irrigation on the corn and soybean yield in the region, the spatial distribution of crop water productivity (CWP), defined as the ratio of crop yield to actual evapotranspiration [70] at the sub-basin scale, was estimated. The CWP represented the water use efficiency of the crop, presented here in units of kg/m$^3$.

The model-simulated groundwater irrigation volume values were compared with the county level USGS estimates. We aggregated the USGS county-level 5-year averaged groundwater irrigation volume data [71] to represent the overall groundwater irrigation volume in the NHP aquifer. The observed groundwater level values were obtained from the network of 39 USGS observation wells in the study region (Figure 1a). The mean of observed data was used if multiple observation wells were located within a 1 km$^2$ MODFLOW grid cell. A total of 2029 monthly groundwater level measurements were available for the period of 1982–2008.

In a semi-arid region, evapotranspiration (ET) plays an important role in the hydrological cycle. The Moderate Resolution Imaging Spectroradiometer (MODIS) based monthly ET dataset from 2000–2008 was utilized as the benchmark for model evaluation at the sub-basin scale. For this, the 8-day total 500 m gridded ET data from MODIS (MOD16A2) [72]
was spatially aggregated into monthly ET values for each of the 203 SWAT sub-basins that overlay the NHP aquifer. In this study, $R^2$ and NSE were used as model performance indicators for streamflow, $R^2$ and NRMSE for groundwater level, $R^2$ for evapotranspiration, and PBIAS for crop yield. In the case of groundwater irrigation volume, the model performance was evaluated qualitatively due to limited observations.

3. Results

3.1. Model Performance

3.1.1. Annual Groundwater Irrigation

Figure 3 shows the annual groundwater irrigation volume for the NHP simulated by the SWAT-MODFLOW model with the two irrigation schemes described in Section 2.4.1. Both Well-Irr and Auto-Irr overestimated the annual groundwater irrigation volume. The Auto-Irr achieved much lower bias than the Well-Irr method (−30% vs. 86%). The model results generally indicated a gradual upward trend in the groundwater irrigation volume from 1995.

The annual groundwater irrigation volume estimated by Auto-Irr was closer to the USGS estimates compared with the Well-Irr setup. The use of the auto-irrigation module allowed for the irrigation demand to be based on climatic conditions, resulting in high irrigation demand during drought years. The years with peak irrigation volume simulated by the Auto-Irr corresponded well with the observed drought years in the NHP: 1989, 2002 and 2006. In the Well-Irr setup, the irrigation frequency and intensity were based on the MODFLOW Well package and stress period. Such detailed information was not available for each irrigation well over the simulation period, leading to less sensitivity of Well-Irr estimated irrigation volume to climate conditions. The normal water requirement for corn and soybean is 762 and 531 mm/year in Nebraska [73], 642 and 580 mm/year in eastern Colorado [74], 624 and 518 mm/year in Kansas [75]. The average annual precipitation in the NHP fell to 395, 354 and 517 mm in 1989, 2002 and 2006, respectively, well below the normal water requirement for corn and soybean in the region. The water deficit during these years increased groundwater irrigation substantially (Figure 3).

Figure 3. Reported and simulated total annual groundwater irrigation volume in the U.S. Northern High Plains aquifer.

3.1.2. Groundwater Level

The monthly mean groundwater level simulated by the Auto-Irr and Well-Irr setups were compared with the observed monthly groundwater level from USGS as shown in Figure 4. The $R^2$ for Auto-Irr and Well-Irr were found to be 0.998 and 0.997, respectively. This suggests that both irrigation settings were able to capture the dynamics of groundwater level variations. The NRMSE values also showed small differences between the two coupled model setups (13.55% (good) for Well-Irr, and 12.47% (good) for Auto-Irr). High hydraulic
conductivity and specific yield across the NHP likely stabilized the saturated thickness of the aquifer despite large differences in groundwater withdrawals. However, for both setups, SWAT-MODFLOW underestimated the groundwater level compared with the observed values. The tendency of the model to simulate higher irrigation volumes (Figure 4) was a possible reason for model underestimation of the groundwater level. The mean bias error (MBE) and mean absolute error (MAE) for Auto-Irr were $-25.5$ m and $25.6$ m, respectively. The corresponding values for the Well-Irr were $-27.8$ m and $27.8$ m. In general, these errors were $<3\%$ of the mean measured groundwater levels. The model biases may have arisen from multiple reasons. For example, the mean elevation of the model grid cell of $1$ km$^2$ was different from the elevation of the USGS observation well, which was a single location in the cell. Errors may also have resulted from uncertainty in specifying model parameters, and pumping rates.

![Figure 4. Comparison of observed and simulated mean monthly groundwater level of Auto-Irr and Well-Irr for the period of 1982–2008.](image)

3.1.3. Streamflow

The Auto-Irr, Well-Irr and SWAT simulated streamflow were evaluated against the observed mean monthly streamflow data obtained from USGS gauges at the outlet corresponding to sub-basins 119 (northern) and 244 (southern) (Figure 1a). The model performance for three model setups is summarized in Table 2. More details about the time series of monthly mean simulated and observed streamflow at the outlet of sub-basins 119 and 244 are shown in Figure S2. For outlet 119, the $R^2$ values were 0.66, 0.63 and 0.62 for SWAT, Auto-Irr and Well-Irr, respectively. All were greater than 0.5, suggesting that all model setups could capture the streamflow variation satisfactorily for the northern section of the NHP. The NSE values increased from 0.13 for the SWAT, to 0.55 and 0.51 for Auto-Irr and Well-Irr, respectively, in SWAT-MODFLOW. For outlet 244, SWAT outperformed SWAT-MODFLOW with Auto-Irr and Well-Irr setups in terms of both $R^2$ and NSE. Auto-Irr slightly outperformed Well-Irr with an NSE of 0.53 vs. 0.51. Overall, at both locations, the SWAT-MODFLOW Auto-Irr (NSE = 0.53 and $R^2 = 0.6$) simulation performed better than Well-Irr.

### Table 2. Statistical parameters for SWAT and SWAT-MODFLOW simulated (uncalibrated) stream discharge for 1982–2008.

| Sub-Basin | Model Type         | Irrigation Type | $R^2$ | NSE  |
|-----------|---------------------|-----------------|-------|------|
| 119       | SWAT                | Auto Irrigation | 0.66  | 0.13 |
|           | SWAT-MODFLOW       | Auto Irrigation | 0.63  | 0.55 |
|           | SWAT-MODFLOW       | MODFLOW Well    | 0.62  | 0.51 |
We further used flow duration curves (FDC) to better understand the model’s capability to simulate the streamflow regime. Figure 5 displays the streamflow regime (i.e., high flow to low flow conditions at outlets 119 and 244). Although the $R^2$ and NSE values from the SWAT alone simulation at outlet 244 were greater than other coupled simulation results, it failed to capture the low flow regime at this site. The FDC analysis indicated that SWAT significantly underestimated the low flow regime at these two sites. The simplified representation of an aquifer in SWAT may have resulted in the rapid depletion of the aquifer water level when the aquifer was used as an irrigation source [76]. This could have reduced the baseflow and hence resulted in the underestimation of low flow regimes. Meanwhile, the low flow regime simulated by the coupled SWAT-MODFLOW setups were closer to the observed conditions when compared with SWAT. However, both SWAT-MODFLOW setups underestimated the high to mid-range flow regime for outlet 119. In the case of outlet 244, both SWAT-MODFLOW setups underestimated the entire flow regime. Among the coupled simulations, the largest underestimation of the low flow regime was found for Well-Irr. Overall, the performance of Auto-Irr for simulating stream discharge was the best among the coupled model setups. The SWAT-MODFLOW improved the $R^2$ and NSE of streamflow in the northern section (i.e., sub-basin 119) of the NHP, demonstrating the positive influence of including a spatially variable groundwater system. In general, these results showed that SWAT-MODFLOW could simulate stream discharge at a large-scale watershed such as the NHP within the acceptable ranges based on model performance evaluation criteria.

### Table 2. Cont.

| Sub-Basin | Model Type     | Irrigation Type | $R^2$ | NSE  |
|-----------|----------------|-----------------|-------|------|
| 244       | SWAT           | Auto Irrigation | 0.76  | 0.75 |
|           | SWAT-MODFLOW   | Auto Irrigation | 0.68  | 0.53 |
|           | SWAT-MODFLOW   | MODFLOW Well    | 0.68  | 0.51 |

3.1.4. Sub-Basin Evapotranspiration

Figures 6a and S3 show the Auto-Irr, Well-Irr and SWAT simulated mean annual ET for all the sub-basins in the NHP. The simulated monthly and annual ET in three model setups were similar. The model setup had negligible effects on ET. The simulated ET from Auto-Irr and MODIS ET (Figures S3 and S4) shows the spatial resemblance over the NHP with a west to east gradient, generally lower ET in western and northcentral sub-basins, and higher ET in the eastern sub-basins of the NHP (Figures 6a and S4). The west–east gradient could be attributed to the west–east gradient in annual rainfall and irrigation distribution in the NHP. The average annual ET for the entire basin was found to be 512 mm and 376 mm for Auto-Irr and MODIS, respectively. The model estimated mean annual ET values for the NHP were 38% more than MODIS. The sub-basins with high ET in the east and south of the NHP coincided with the irrigated croplands which suggests that additional moisture from irrigation during the growing season facilitated the crop growth that could have contributed to higher ET in these regions.

The $R^2$ of mean monthly ET at the sub-basin scale (Figure 6b) predicted by the Auto-Irr ranged from 0.01 to 0.80. The model simulated monthly ET with a mean $R^2$ of 0.54 and more than 70% of sub-basins had an $R^2$ greater than 0.5. Overall, the model performance indicated that the Auto-Irr with default SWAT parameters could provide reasonable estimates of monthly variation in ET at the sub-basin level.
Figure 5. Simulated and observed flow duration curve at the outlets of U.S. Northern High Plains from 1982–2008.

Figure 6. Sub-basin level (a) mean annual evapotranspiration simulated by Auto-Irr, and (b) R² between Auto-Irr simulated and MODIS evapotranspiration on a monthly scale from 2000–2008.

3.1.5. Crop Yield

The NASS corn yield ranged from 5464 to 7820 kg/ha with an average of 6771 kg/ha, and the soybean yield ranged from 1389 to 2157 kg/ha with an average of 1774 kg/ha. The simulated corn yield shown in Figure 7 ranged from 3840 to 7927, and 3837 to 7925 kg/ha with an average of 6080 and 6078 kg/ha for Auto-Irr and Well-Irr, respectively. The simulated soybean yield ranged from 802 to 2533 kg/ha and 802 to 2532 kg/ha with an
average of 1719 and 1717 kg/ha for Auto-Irr and Well-Irr, respectively. The small difference in simulated corn and soybean yield by Auto-Irr and Well-Irr showed that the crop yield was less sensitive to the choice of irrigation scheme. The overall PBIAS values for corn and soybean were 10.21 and 3.13% for Auto-Irr, and 10.23 and 3.21% for Well-Irr. This indicates good performance of the coupled model setups in simulating the corn and soybean yields.

**Figure 7.** Comparison between Auto-Irr simulated and NASS corn and soybean yield in the NHP.

Given that the monthly stream discharge, groundwater level, annual groundwater pumping volume and corn and soybean yield simulated by the Auto-Irr were comparable with the observed values, and that the performance statistics indicated that the model could provide a reasonable characterization of the regional hydrological processes, Auto-Irr was used to assess the impact of water management practices in the NHP.

### 3.2. Irrigation Impacts on Groundwater Recharge

Groundwater recharge can be spatially variable depending on the vegetation, soil type and climate. First, groundwater recharge over the NHP was examined under the current land and water management practices and then compared with a “no-irrigation” scenario to understand the overall impact of irrigation on groundwater recharge.

The spatial distribution of the long term (1982–2008) mean annual recharge rate is displayed in Figure 8a. The mean annual recharge averaged across the NHP aquifer was 48.01 mm yr\(^{-1}\), close to the value of 48 mm yr\(^{-1}\) obtained by [77], a regional recharge study for Nebraska based on a simple water balance method. It was spatially variable with significant recharge around the north-central NHP (Sand Hills) and along the Platte and Elkhorn rivers. The recharge rate reached as high as 500 mm yr\(^{-1}\) in the Sand Hills and less than 0.5 mm yr\(^{-1}\) over the southern NHP and west of Sand Hills where precipitation is minimal and where the aquifer consists of clay soils. The elevated recharge rates in the northern part relative to the south of the NHP was associated with the soil properties which follow a gradient of high permeability in the north, to low permeability in the south [12]. The highly permeable sandy soils in Sand Hills reduce evapotranspiration and promote infiltration [78]. The combination of low evapotranspiration and high infiltration rates over Sand Hills could explain the higher groundwater recharge rate. The spatial pattern of recharge was consistent with previously published studies [12,77,79]. A study by Zhang et al. [79] used the Soil Water Balance (SWB) model to estimate the mean annual recharge for the period of 1950–2010 in the NHP that ranged from 0 to 499 mm yr\(^{-1}\), matching closely with the 0–500 mm yr\(^{-1}\) range estimated in this study.

The spatial distribution of the difference in precipitation and ET (P-ET) in Figure 9a illustrates negative P-ET terms in the western and southern sub-basins. These sub-basins mostly corresponded with the areas of high irrigation demand dominated by irrigated crops (Figure 9b–d), low precipitation (Figure S1) and low permeability of soils, which contributed to negligible recharge ~0 mm yr\(^{-1}\) (Figure 8a) despite additional water from irrigation in the region. Meanwhile, we found that in the eastern part of the NHP which receives high precipitation, despite high irrigation demand, mean annual precipitation exceeded the mean annual ET, resulting in a relatively higher recharge rate in the eastern
NHP than the western and southern parts (Figure 8a). Our result was supported by the similar findings of Crosbie et al. [80], that identified the high recharge rate in eastern Nebraska which was linked with the irrigation and coarse-textured soils.

![Figure 8. Auto-Irr estimated long term (1982–2008) average (a) mean annual recharge, and (b) difference in annual recharge between irrigation and no-irrigation scenarios.](image)

Upon comparing the Auto-Irr and “no irrigation” scenarios from Figure 8b, we found that the regions with increased recharge overlapped the areas with irrigation wells. In irrigated areas, irrigation resulted in an overall increase in annual recharge that could exceed 10 mm yr\(^{-1}\). The high recharge rates (>5 mm yr\(^{-1}\)) as a result of irrigation were found along the Platte and Elkhorn rivers. The groundwater recharge change due to

![Figure 9. Simulated mean annual (a) difference in precipitation and evapotranspiration, (b) corn irrigation volume, (c) soybean irrigation volume, and (d) winter wheat irrigation volume, at the sub-basin level from 1982–2008.](image)
irrigation was relatively small (~3.6%) in the study region. The previous studies that evaluated the effect of irrigation on groundwater recharge within our study region reported similar results. A study by Zhang et al. [79] also found the negligible impact of irrigation on groundwater recharge in the NHP.

3.3. Irrigation Impacts on Surface-Groundwater Exchange

A comparison of the change in surface and groundwater exchange indicated that intensive irrigation could have a significant influence on the river discharge. In the absence of irrigation, on average there was an increase in groundwater discharge to all of the major rivers (Figure 10). Comparing the long-term annual average surface–groundwater exchange rates between irrigated and non-irrigated scenarios (Table 3) shows that irrigation practices decreased the groundwater discharge by 1.60 to 9.66 m³/s. The greatest decrease of 9.66 m³/s was found in the Platte River, followed by the Loup, Elkhorn, South Platte, Republican, Niobara, and North Platte rivers. These results indicated the significant effect of intensive irrigation on surface-groundwater exchange in the NHP, in good agreement with the Kustu et al. [13] finding that stream discharge was highly sensitive to irrigation pumping.

![Figure 10. Auto-Irr estimated differences in the long term (1982–2008) mean annual surface–groundwater exchange between irrigated and non-irrigated scenarios.](image)

Table 3. Long term (1982–2008) mean annual surface–groundwater exchange in major rivers of the NHP, where negative values indicate groundwater discharge.

| Rivers            | Irrigation (m³/s) | No-Irrigation (m³/s) | Difference (m³/s) |
|-------------------|------------------|----------------------|------------------|
| North Platte River| −20.88           | −22.48               | 1.60             |
| South Platte River| 3.72             | 0.63                 | 3.09             |
| Platte River      | −18.97           | −28.63               | 9.66             |
| Loup River        | −64.05           | −69.99               | 5.94             |
| Republican River  | −16.26           | −19.09               | 2.83             |
| Elkhorn River     | −10.65           | −14.77               | 4.12             |
| Niobara River     | −24.31           | −26.67               | 2.35             |

3.4. Hydrological Responses to Irrigation

A comparison of the effects of irrigation on the watershed scale water budget components (streamflow, groundwater recharge and evapotranspiration) relative to the no-irrigation scenario over 1982–2008 for sub-basins overlaying the NHP aquifer is shown in
The intensive irrigation in the region resulted in the largest impact on surface runoff (particularly during the growing season) and altered other water budget components. On the annual scale, as a result of irrigation, surface runoff increased 21.3%, groundwater infiltration increased 1.5%, soil water content increased 2.5% and ET increased 4.0%, compared with the no-irrigation scenario. It can be inferred that additional water from irrigation slightly increased soil water content and infiltration, resulting in more groundwater recharge and evapotranspiration, as well as higher surface runoff. The significant increase in seasonal surface runoff (up to 67% in July) demonstrates the potential impacts on the aquatic ecological system in the NHP caused by intensive irrigation.

Figure 11. Long-term (1982–2008) seasonal hydrological processes analysis of U.S. Northern High Plains for irrigation scenario relative to no-irrigation scenario.

3.5. Irrigation Impacts on Crop Water Productivity

Figure 12 shows the changes in the average CWP (1982–2008) of corn and soybean, respectively, for the irrigation and no-irrigation scenarios. In the absence of irrigation, the CWP (corn and soybean) showed an upward west–east gradient, with lower values in the west and higher values in the east, which correlated with the precipitation distribution in the region (Figure S1). This illustrates that the drier climate in the western sub-basins limited the crop yield. The simulated CWP for corn and soybean ranged from 0.39–1.8, and 0.01–0.39 kg/m$^3$, respectively. With irrigation, the average CWP of corn and soybean increased by 27.2 and 23.8%, respectively, at the sub-basin level. Correspondingly, the simulated irrigated CWP for corn and soybean ranged from 0.39–1.9, and 0.01–0.44 kg/m$^3$, respectively. Note that, the CWP increase in the eastern sub-basins under the irrigation scenario was minimal or closer to the no-irrigation scenario. The minimal CWP increase in the east of the NHP was not a surprise as the water deficit under no-irrigation was minimal. Meanwhile, in the western and central sub-basins where the water deficit was large, we observed pronounced increases in CWP, which suggested that the additional water from irrigation significantly increased the crop yield in those dry regions.
4. Discussions

Caution should be used when interpreting the results from this study, which are subject to multiple caveats. For example, our model configuration assumes constant land use and land cover throughout the simulation period that presents difficulty in an accurate estimation of the irrigation demand and recharge rates. Additionally, the canal seepage was not simulated, which adds to the uncertainty in the modeled recharge rates. Therefore, further studies to allow dynamic land-use change and better representation of canal irrigation systems are needed.

Note that in our model evaluation and application, we did not apply automatic parameter calibration algorithms to adjust numerous parameters within the model. We made this choice for two reasons. First, the SWAT model was originally developed to operate in large-scale ungauged watersheds with minimal calibration efforts [81], and Zhang et al. [82] and Arnold et al. [83] noted that parameter calibration in many cases could not guarantee high fidelity of modeling results. Second, automatic optimization algorithms often require a large amount of resources and long times to identify globally optimal parameter solutions for complex hydrologic models such as SWAT [84], which is currently not affordable, as running SWAT-MODFLOW once for the NHP takes multiple days. As such, to ensure an objective comparison between different models, we used default model parameters or derived parameters from literature instead of intensively calibrating numerous parameters of SWAT-MODFLOW. In the future, further modifications of SWAT-MODFLOW are needed to assess the applicability of parallel processing for drastically reducing the computational resources needed to run the coupled model, thereby allowing for numerous model runs and understanding uncertainties associated with parameters and input data.

Figure 12. Simulated average annual values of crop water productivity for corn and soybean in the irrigation and no-irrigation scenarios. Gray shades represent regions without corn or soybean production.
5. Summary and Conclusions

In this study, we conducted modification and evaluation of the SWAT-MODFLOW model’s irrigation modules for improved representation of irrigation practices and the exchange of water fluxes in the U.S. Northern High Plains (NHP) aquifer. We found that SWAT-MODFLOW with irrigation based on auto-irrigation scheduling, triggered by plant water stress (Auto-Irr), attained better performance than SWAT-MODFLOW with prescribed irrigation based on well pumping rates in MODFLOW (Well-Irr) in terms of groundwater level, streamflow, and ET, and was capable of explicitly representing groundwater level change as compared with the original SWAT model. Therefore, Auto-Irr was used to quantify and understand hydrologic and agronomic impacts of the intensive irrigation practices in the NHP.

The results showed that the groundwater recharge rate and groundwater level changes in the NHP were spatially variable and were all substantially impacted by irrigation practices. A comparison of Auto-Irr results with “no-irrigation” scenarios showed that intensive irrigation in the region had a significant impact on the groundwater levels and crop water productivity, but only exerted a modest effect on groundwater recharge, except in the region with dense irrigation wells.

The irrigation-caused changes in groundwater systems also translated into alterations in other hydrological processes, including streamflow, evapotranspiration (ET), soil moisture and groundwater recharge. In general, the impact of irrigation slightly altered soil moisture, and groundwater recharge, but significantly modified ET and streamflow regimes in the NHP, particularly during the growing season. For example, on the annual scale, as a result of irrigation, ET and surface runoff increased by 4.0% and 21.3%, respectively. During July, irrigation practices increased ET by 9.9% and surface runoff by 67.1%. Such large changes in surface runoff resulting from irrigation are expected to have significant impacts on aquatic ecosystems, which deserves further research in the future. Irrigation in the NHP also significantly increased corn and soybean yields and their crop water productivity (CPW). With irrigation, the average CWP of corn and soybean increased by 27.2 and 23.8%.

Overall, historical irrigation in the NHP greatly benefited crop productivity, and caused pronounced modifications to the groundwater systems and other hydrological processes. Particularly, the decline in groundwater level raises concerns for future sustainable irrigation in the face of a warming climate; and significant alterations in streamflow during the growing season indicates that future design of sustainable irrigation practices should consider downstream aquatic ecosystems impacts. We anticipate that the exercises conducted here help to increase the understanding of the hydrological and agronomic impacts of historical irrigation, and provide support for future efforts to enhance agroecosystem sustainability in the NHP and other regions facing water shortage challenges.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/w14121938/s1, Figure S1: North American Regional Reanalysis (NARR) based average annual precipitation (1982–2008) at the sub-basin scale for SWAT domain; Figure S2: Monthly mean streamflow at the outlet of watersheds in Northern High Plains; Figure S3: Sub-basin level mean annual evapotranspiration simulated by (a) SWAT only, and (b) Well-Irr, for 2000–2008; Figure S4: Sub-basin level mean annual evapotranspiration estimated from Moderate Resolution Imaging Spectroradiometer (MODIS) from 2000–2008; Table S1: Reservoir summary.

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