Travelling ultrasound promotes vasculogenesis of three-dimensional-monocultured human umbilical vein endothelial cells

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Abstract
To generate three-dimensional tissue in vitro, promoting vasculogenesis in cell aggregates is an important factor. Here, we found that ultrasound promoted vasculogenesis of human umbilical vein endothelial cells (HUVECs). Promotion of HUVEC network formation and lumen formation were observed using our method. In addition to morphological evaluations, protein expression was quantified by western blot assays. As a result, expression of proteins related to vasculogenesis and the response to mechanical stress on cells was enhanced by exposure to ultrasound. Although several previous studies have shown that ultrasound may promote vasculogenesis, the effect of ultrasound was unclear because of unregulated ultrasound, the complex culture environment, or two-dimensional-cultured HUVECs that cannot form a lumen structure. In this study, regulated ultrasound was propagated on three-dimensional-monocultured HUVECs, which clarified the effect of ultrasound on vasculogenesis. We believe this finding may be an innovation in the tissue engineering field.

KEYWORDS
mechanotransduction, tissue engineering, ultrasound, vasculogenesis

1 | INTRODUCTION

Tissue engineering generates tissues and organs for regenerative medicine, drug testing, and biomedical research (Esch et al., 2015; Imashiro & Shimizu, 2021). Currently, many studies of engineering three-dimensional (3D) tissue in vitro have been reported. However, a lack of intrinsic vascularity and transport systems to nourish tissues limits their survival because of the nutrient and oxygen deficiency as well as waste products from the tissue itself (Sakaguchi et al., 2013). Some methods to generate 3D tissue employ animals as a living reactor to fabricate vascular networks have been reported (Shimizu et al., 2006). However, these in vivo methods have practical limitations for most applications (Sakaguchi et al., 2013). Using a 3D scaffold is also effective to develop vascular networks, but excessive connective tissue formation or insufficient cell seeding in scaffolds may occur (Asakawa et al., 2010). Thus, to engineer beneficial 3D tissue, promotion of vasculogenesis in cell aggregates in vitro without a scaffold is important.

To regulate in vitro vasculogenesis, three main factors—chemical stimulus, positional, and mechanical stimulus factors—have been
studied (dela Paz et al., 2012; Kang et al., 2018; Martino et al., 2015; Newman et al., 2011; Takehara et al., 2015). Regulating by chemical stimulus is the most conventional and common strategy. Chemical factors for vasculogenesis have been identified and used to promote vasculogenesis in many studies. To regulate by a positional factor, a 3D scaffold with hollow structures and 3D bioprinting technology have been developed (Seto et al., 2010; Skylar-Scott et al., 2019; Zhu et al., 2017). However, to fabricate 3D tissue without a scaffold, there are very few methods for regulation by a positional factor. Recently, mechanical stimulus was found to regulate vasculogenesis (Price et al., 2010). Medium flow exerting shear stress on two-dimensional (2D)-cultured endothelial cells promotes their elongation (Sasamoto et al., 2005). Further, when endothelial cells cultured in 3D tubular scaffold were exposed to medium flow, the vessel-like structure with the scaffold is easily realized (X. Y. Wang et al., 2015). A tensile force on 3D-cultured endothelial cells in scaffold regulates the orientation of vasculogenesis (Rosenfeld et al., 2016). These studies indicate the potential of mechanical stimulus to regulate vasculogenesis. However, no method can regulate vasculogenesis in 3D tissue without a scaffold. Cell aggregates cannot be exposed to tensile force, and simple medium flow for mechanical stimulation of cells cannot be effectively delivered to cells in an aggregate. It is therefore necessary to add mechanical stimulus to endothelial cells inside of aggregates to regulate vascularization without a scaffold.

As a tool that delivers mechanical stimuli into the deep parts of 3D objects, ultrasound has demonstrated its biocompatibility in echo and ultrasound applications for bioengineering (Ding et al., 2014; Imashiro et al., 2020; Nakao et al., 2018; Teague & Sharma, 1991). In fact, studies have reported that exposure to ultrasound at the location of ischemia in vivo induces angiogenesis, but the factor promoting vascular structures is unclear (Hanawa et al., 2014; Ogata et al., 2017). Ultrasound propagating into bodies causes many phenomena, and there are many possible pathways to regulate cell functions in vivo because of the many cell types. Thus, it is unclear whether ultrasound in endothelial cells is truly critical to promote vasculogenesis. To clarify the effect of ultrasound on vasculogenesis, in vitro studies have been performed (Gollmann-Tepeköylü et al., 2018). Although some of them have reported that ultrasound exposure regulates protein expression of 2D-cultured endothelial cells, 3D culture is needed for vasculogenesis. Furthermore, ultrasound behaviors, such as reflection or attenuation resulting in generation of standing wave or acoustic streaming and temperature increases,
were not considered in most previous studies (Huang et al., 2015). Standing wave has distributions of pressure amplitude and vibration displacement amplitude (Nakao et al., 2019), and medium flow and temperature increase can affect cell function. These can be additional factors for cells, adding to acoustic waves itself. Thus, a direct effect of ultrasound on vasculogenesis has not been demonstrated. Therefore, the potential of ultrasound to promote vasculogenesis is difficult to confirm based on previous studies. To investigate the potential of ultrasound to promote vasculogenesis, it is necessary to develop an experimental system in which travelling ultrasound waves with homogenous intensity are propagated on 3D-monocultured endothelial cells. To avoid secondary effects, such as temperature increase and acoustic streaming and to understand the pure effect of ultrasound itself, a travelling ultrasound wave with a tone burst excitation should be employed. To realize these conditions, endothelial cells embedded in a collagen gel were exposed to travelling ultrasound waves without a temperature rise or medium flow in our study. In this system, human umbilical vein endothelial cells (HUVECs) were used as typical endothelial cells, and MHz ultrasound was used to avoid reflection. As a result, 24 h of ultrasound exposure to HUVECs promoted a network structure and even formed a lumen structure. This study is the first report of observing a lumen structure of HUVECs with this simple and rapid culture method (Newman et al., 2011). Furthermore, protein quantification suggested the mechanism of the promotion of vascularization by ultrasound. Based on these results, ultrasound has the potential to promote vascularization.

2 | METHODS

2.1 | Development of the experimental device

To apply homogeneous travelling ultrasound waves on cells, the device shown in Figure 1a and b was developed. As an ultrasound transducer, a piezoelectric transducer (thickness: 2 mm, diameter: 28 mm, C-213; Fuji Ceramics Corporation) was used. For 3D cell culture, HUVECs were seeded in a 4 mg/ml collagen gel (IAC-50; Koken Co., Ltd.) into a culture chamber fabricated with PDMS rubber (SYLGARD 184 Silicone Elastomer Kit; DuPont Toray Specialty Materials Kabushiki Kaisha) as shown in Figure 1c. For effective propagation of ultrasound to the cells in the culture chamber, water was introduced into the gap between the transducer and culture chamber as a coupling liquid. Furthermore, an ultrasound absorber consisting of silicone rubber (KE-1316; Shin-etsu Chemical Co., Ltd.) was fabricated for attenuation of the ultrasound to achieve travelling waves. These were set in an acrylic case. The detailed dimensions of this device are shown in Figure S1.

For the cell experiment demonstrating our research concept, the procedures shown in Figure 1d were performed. The culture chamber was sterilized in an autoclave before cell seeding. The seeded cells were cultured for 24 h before exposure to ultrasound. A sample cultured with ultrasound exposure was called the test sample, and a sample without ultrasound was called the control sample. To propagate ultrasound on cells, the gap between the chamber and piezoelectric transducer was filled with water. In this system, 96% vibration amplitude of the ultrasound transmitted on the culture chamber should have propagated into the culture chamber (see Supporting Information Note 1 for the calculation) (Kurashina et al., 2019).

2.2 | Measurement of vibration

To determine the resonance frequency of the transducer in our device, the frequency characteristics of the AC input on the transducer were evaluated by an impedance analyzer (FRA5097; NF Corporation). To evaluate the frequency characteristics, the conditions of the cell experiment were reproduced. A laser Doppler vibrometer (CLV-3D, PI Polytech) and an oscilloscope (TBS2074, Tektronix) were used to measure the vibration amplitude distribution. For stable measurements of vibration distribution shown in normalized value, a continuous AC input was used and the jig was placed in the air. Farther, since the average mode of the oscilloscope was used, the data shown was averaged from 64 measurement trials. The other conditions were similar to those in the cell experiment, although the device was set at room temperature. Further, to measure the absolute value of the vibration amplitude at one point of \((y, z) = (5, 1)\), the jig was placed in a water in the acrylic case and tone burst wave mentioned later was used.

2.3 | Preparation of cells

HUVECs (C2519A; Lonza) were used in experiments. The cells were cultured in endothelial growth medium and supplements (CC-3162; Lonza) with a 50 mg/ml Gentamicin Sulfate Solution (11980-14; Nacalai Tesque, Inc.) at 37°C in a humidified atmosphere with 5% CO₂. Cell passaging was performed by trypsinization in 0.05% trypsin-EDTA (25300062; Thermo Fisher Scientific).

To reconstitute a pre-gel collagen solution, 50 mM sodium hydroxide, 200 mM HEPES, and 260 mM sodium hydrogen carbonate were mixed to prepare a reconstitution buffer. The reconstitution buffer, \(\times10\) Hanks balanced salt solution and acid-solubilized collagen solution (IAC-50), was then mixed on ice at a volume ratio of 1:1:8 to reconstitute the collagen pre-gel solution. In this step, cells were included in the solution at \(7 \times 10^6\) cells/ml. Then, 90 µl of the prepared suspension was introduced into the culture chamber, and 3 ml of the medium was introduced.

2.4 | Cell staining

Live cells and nuclei were stained with calcein-AM and Hoechst 33342 (B2261, Sigma-Aldrich), respectively. The samples were washed three times with phosphate-buffered saline (PBS), and a 2 \(\mu l/ml\).
Calcein and 5 µl/ml Hoechst solution diluted with PBS was applied. After 40 min of incubation, the samples were washed with PBS three times. Then, the cells were fixed with 4% paraformaldehyde (15710; Microscopy Sciences) and washed three times with PBS. Samples were washed for 5 min. Image analysis was carried out using ImageJ that is freely available in the public domain.

For cross-sectional observation, samples were fixed in 4% paraformaldehyde and routinely processed into 7-µm-thick paraffin-embedded sections. HE staining was performed using conventional methods.

### 2.5 Glucose consumption assay

Glucose consumptions of control and test samples were monitored after the experiment. The glucose concentration in the medium was determined by a glucose assay kit (GAHK-20; Sigma-Aldrich), following the manufacturer’s protocol.

### 2.6 Western blot assay

Pellets of HUVECs were lysed in 50 µl SDS-PAGE sample buffer at 75°C for 5 min. The resulting samples (10 µl/lane for glyceraldehyde 3-phosphate dehydrogenase [GAPDH] or 20 µl/lane for β-actin, CD29, vascular endothelial growth factor [VEGF], and stromal cell-derived factor-1 [SDF-1]) were resolved on an SDS-PAGE gel (Tris–HCl gel: 10% for GAPDH, β-actin, and CD29 and 15% for VEGF and SDF-1). Then, the resolved proteins were transferred onto polyvinylidene fluoride membranes. The membranes were gently incubated with Blocking One (Nacalai Tesque) for 30 min. Then, the membranes were incubated with primary antibodies (1000-fold dilution of a mouse anti-human GAPDH monoclonal antibody [60004-1-lg; Proteintech], 500-fold dilution of a rabbit anti-human CD29 polyclonal antibody [GTX50784; GeneTex], 500-fold dilution of a rabbit anti-human VEGF-A polyclonal antibody [R30265; NSJ Bioreagents], 500-fold dilution of a rabbit anti-human SDF-1 polyclonal antibody [#4967; Signalway Antibody], and 1000-fold dilution of a rabbit anti-mouse β-actin polyclonal antibody [#41422; Signalway Antibody]) at 4°C for 18 h. The membranes were washed in TBS containing 0.05% Tween 20 (TBS-T) for 10 min three times. The membranes were then incubated with secondary antibodies (10,000-fold dilution of HRP-conjugated anti-rabbit IgG, PerkinElmer and 5000-fold dilution of HRP-conjugated anti-mouse IgG, Sigma Aldrich) for 30 min. After washing with TBS-T three times, the membranes were treated with chemiluminescent reagent (Immobilon Western, Millipore). Analysis of the membranes was carried out using an image analyzer (Fluoro Chem Q, Protein Simple). The band density was normalized to the GAPDH band.
and expressed as the quantity relative to the control sample. This protocol is from a previous work (Nakao et al., 2019).

2.7 | Statistical analysis

For comparisons of datasets, unpaired Student's t tests were used. p values are stated in figure legends.

3 | RESULTS

3.1 | Evaluation of mechanical stimulus in cells

Mechanical stimulus in cells was estimated using our method. To apply mechanical vibration stimulus on cells effectively, the resonance frequency of the ultrasonic transducer was measured as shown in Figure S2 and identified as 1.004 MHz. Thus, we used this frequency as the driving frequency of our device.

Distributions of the vibration amplitude of the surface of the transducer and ultrasound absorber were measured as shown in Figure 2. Figure 2 shows that homogeneous vibration was induced on the surface of the transducer, and the average vibration displacement was $10.42 \times 10^{-2}$ $\mu$m with an input voltage of 30 Vpp. To input AC voltage into the ultrasound transducer, a function generator (WF1946B; NF Corporation) and amplifier (LZY-22+; Mini-Circuits; Brooklyn) were used in our study. Therefore, homogeneous ultrasound was propagated from the surface of the transducer. Furthermore, the vibration amplitude of the surface of the ultrasound absorber was negligible compared with the transducer. The attenuation of the ultrasound in the culture chamber and ultrasound reflection on the inner wall of the culture chamber were minor (see Supporting Information Note 1) (Domingo, 2008). Thus, the transmitted ultrasound was attenuated in the ultrasound absorber, and the cells in the culture chamber were exposed to homogeneous travelling waves. The vibration amplitude and frequency of the ultrasound travelling on cells were approximately $10.0 \times 10^{-2}$ $\mu$m and 1.004 MHz, respectively.

The temperature variation of the medium in the culture chamber was maintained at 36–38°C, which was appropriate for cell culture during the experiments as shown in Figure S3. To suppress a temperature increase, an input signal was applied to the transducer intermittently with a burst ratio of 10% and burst period of 0.01 s (Tauchi et al., 2019). We also evaluated medium flow that can be generated by ultrasound, but no medium flow was observed in our experimental system by introducing particles with diameter <20 $\mu$m (19096-2; Cosmo Bio Co., Ltd.) into culture media as tracer particles to observe possible flow.

3.2 | Morphology of HUVECs

Cytoplasm and nuclei of live cells were stained after experiments, and fluorescence images were obtained at the regions shown in Figure S4 in each experiment. Because homogeneous travelling waves were propagated on every cell, the cell in each imaged area was exposed to the same intensity of ultrasound. Figure 3a shows a typical image of cells in each sample. As shown in this figure, the test sample with ultrasound exposure had cells adhering to each other,

![Figure 3](https://example.com/figure3.png)

**FIGURE 3** Morphology of cells with acoustic stimulus. Immunofluorescence image of cells (a). The positions where images were taken are shown in Figure S4. The average number of cells, $N_A$, building each vascular network (b) ($N = 3$, **$p < .01$, mean ± SD). Note that $N$ is the number of experiments, and each experiment included several cells. Raw data of each experiment are shown in Figure S5. Average length of single cells in each sample (c) ($N = 3$, **$p < .01$, mean ± SD). Note that $N$ is the number of experiments, and each experiment included several cells [Color figure can be viewed at wileyonlinelibrary.com]
which formed vascular networks, whereas many single cells were observed in control samples without ultrasound application. To quantify the formed vascular networks, the average number of cells forming one vascular network was determined as shown in Figure 3b (see Figure S5 for raw data). In the test sample, networks of HUVECs were promoted significantly. We further measured the length of the long axis of a single cell in each sample as shown in Figure 3c. As a result, even single cells in the test sample showed significant elongation compared with the control.

To confirm whether the formed vascular networks had a lumen structure, a cross-section image of each sample was obtained as shown in Figure 4. These images were typical for each sample, which showed that only the test sample had a lumen structure in the vascular network. Other cross-section images were shown in Figure S6.

3.3 | Glucose consumption

Figure 5a shows glucose consumption of each sample. No significant difference was observed between test and control samples, although there was a trend that the test samples had higher glucose consumption. Furthermore, the number of cells was estimated as shown Figure 5b. Although no significant difference was observed in the number of cells under both conditions, more cells tended to be observed in the test samples. Therefore, ultrasound did not affect cell glucose consumption, which is one of the major indexes for cell metabolism (Anggayasti et al., 2020).

3.4 | Protein assay

The expression of CD29, glyceraldehyde 3-phosphate dehydrogenase (GAPDH), β-actin, VEGF-A, and stromal cell-derived factor (SDF)–1 were quantified as shown in Figure 6. Expression of GAPDH was stable under each condition, which demonstrated the applicability of using GAPDH as a loading control. However, expression of other proteins was increased significantly with ultrasound, although β-actin showed had no statistical difference. CD29, VEGF-A, and SDF-1 are related to vasculogenesis, while CD29 and β-actin are used as indexes for mechanotransduction (Maniotis et al., 1997; Moore et al., 2012; Shih et al., 2011; Yeh et al., 2017). CD29 is located on the cell membrane and acts as a collagen receptor (Chen et al., 2014; Kamata et al., 1994). CD29 also plays an important role in vascularization (S. Li et al., 2017). VEGF-A and SDF-1 suppresses apoptosis (Brandimarti et al., 2004).

β-Actin is a cytoskeleton protein that mainly drives migration and many other cellular activities (Haeger et al., 2015; Jiang et al., 2013). GAPDH is related to cell metabolism and commonly used as a loading control for protein analysis.

4 | DISCUSSION

The main purpose of this study was demonstration of the promoting effect of ultrasound on vasculogenesis. We developed a device in which travelling waves were dominantly propagated on 3D-monocultured HUVECs and showed the effects of ultrasound on not only morphology, but also protein expression. Promotion of HUVEC network formation and even lumen formation was observed using our method in this simple culture environment. To form a lumen, it has been believed that coculture or a tubular scaffold is needed, but we chose this simple condition to evaluate the potential of ultrasound to promote vasculogenesis, leading to excellent results. Thus, ultrasound has the potential to promote vascularization of endothelial cells. Furthermore, we did not optimize the ultrasound conditions in our study, suggesting that the potential of ultrasound may be higher than demonstrated.

Several factors in ultrasound may promote vasculogenesis, such as acoustic streaming, heat generation, diffusion of chemical species, deformation, and acoustic pressure. Acoustic streaming and heat generation were not found in this study. Thus, the diffusion rate...
should not have been enhanced, because temperature is a critical factor regulating diffusion (H. Li et al., 1997). In terms of deformation, the wavelength of the travelling wave in our study was approximately 1.5 mm, which is far larger than the cellular size. Thus, the cells could sense the homogeneous tensile force (Moon et al., 2008). Based on the wavelength of 1.5 mm and vibration amplitude of 0.01 μm, cells were exposed to 0.0007% stretch, which is negligible compared with previous studies using several tens of percent stretch to examine mechanotransduction (Ali et al., 2004; Clark et al., 2002). Thus, we believe the acoustic pressure was dominant in our study. In previous research, it has been already demonstrated that if endothelial cells were exposed to the mechanical stress such as shear stress, tube formation was promoted (X. Y. Wang et al., 2015). Further, the mechanism that the endothelial cells enhance their function in the reaction to the mechanical stress were reported (Radel & Rizzo, 2005). Since acoustic pressure was demonstrated as a dominant factor, we argue that the mechanism of enhanced vasculogenesis with ultrasound was similar to the previous research. To the best of our knowledge, no study has examined the effect of acoustic pressure on vasculogenesis, because there has been no device in which cells can be exposed to a regulated travelling wave. When mentioning pressure caused by ultrasound, there are acoustic pressure (pressure variation in the medium) and radiation pressure (time-averaged acoustic force). The acoustic pressure and the radiation pressure were obtained as 0.67 MPa and 0.335 nPa (see Supporting Information Notes 2 and 3). Since travelling wave of cyclic incident wave was dominant, cells should be exposed to directional cyclic pressure and the acoustic pressure was dominant (Johnson et al., 2016). Further, In the previous study, although the studied cell type was not HUVECs, cell differentiation was promoted in a range from 0.1 to 10 MPa (Elder & Athanasiou, 2009). This may indicate that the acoustic pressure delivered into the culture chamber had reasonable value, while the radiation pressure maybe minor in our set up. The acoustic pressure in our study was larger than the reported threshold of occurring cavitation, which should give cells damages. Since burst input was utilized, we assumed there was no cavitation (Mancia et al., 2017). However, we do not have enough proof of no cavitation, which may have possibility to promote vasculogenesis by changing microenvironment of cells (X. Wang et al., 2018). Investigation of the effect to cavitation on vasculogenesis may be an interesting topic for a future work. Although the burst period of 0.01 s is different from blood pulsation in humans, both of them have only one force direction. Here, realizing an in vitro mechanical condition similar to in vivo conditions is a basic and traditional strategy of cell culture. Although HUVECs were cultured in a collagen gel in this study, ultrasound is only a tool to realize this kind of cyclic and directional force on cells inside of a scaffold-free tissue.

The mechanism connecting acoustic pressure and promoted vascularization is important. There are several reports that mention the mechanism of vasculogenesis promoted by force on cells, such as medium flow and tensile force. Although the mechanisms to generate force on cells and in a culture environment are different, there should be a common regulatory mechanism in the present study and studies using medium flow. In the previous studies, the mechanism through which mechanical stress such as force on cells is transduced into a biochemical reaction is called "mechanotransduction." To confirm whether mechanotransduction was related to our results, we quantified protein expression. As shown in Figure 6, proteins related to the development of vessel structures, such as VEGF and SDF-1, were upregulated, both of which are hormones. In a previous study, their production and receptors were increased by mechanical stimulus, which is consistent with our study (Gollmann-Tepeköylü et al.,

![FIGURE 6](image_url)
in this study, it should be interesting to investigate the effect of standing wave on vasculogenesis as a future work. In conclusion, our novel finding may be a breakthrough in tissue engineering and regenerative therapy.

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CONFLICT OF INTERESTS
The authors declare that there are no conflict of interests.

AUTHOR CONTRIBUTIONS
Chikahiro Imashiro, Tetsuya Azuma, and Kenjiro Takemura designed the study. Chikahiro Imashiro, Tetsuya Azuma, Hiroaki Onoe, and Kenjiro Takemura fabricated the system. Chikahiro Imashiro, Tetsuya Azuma, Shun Itai, Taiki Kuribara, and Kenjiro Totani conducted cell experiments and assays. Chikahiro Imashiro, Shun Itai, Taiki Kuribara, Hiroaki Onoe, and Kenjiro Takemura wrote the manuscript with input from all authors.

DATA AVAILABILITY STATEMENT
The data that support the findings of this study are openly available.

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**SUPPORTING INFORMATION**

Additional Supporting Information may be found online in the supporting information tab for this article.

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