Vector Flow Mapping Application in Local Cardiac Function in Hypertension Assessment

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Objective: This study aims to investigate the clinical significance of vector flow mapping (VFM) by observing and quantifying energy loss (EL) during different phases and in different left ventricle (LV) segments.

Methods: 42 healthy physical examination subjects and 89 patients with hypertension (HTN) were enrolled in the present study. The patients with HTN were divided into two groups: the left ventricular hypertrophy group (LVH) (n = 51) and the non-left ventricular hypertrophy group (NLVH) (n = 38), while the healthy patients were control group. VFM analysis software DSA-RS1 was used to calculate EL during the rapid filling phase (P1), slow filling phase (P2), atrial contraction phase (P3), and rapid ejection phase (P4). The energy loss of basal segment (EL-B), middle segment (EL-M) and apical segment (EL-A) of left ventricle in different phases was calculated and compared among the three groups.

Results: In controls, segmental EL showed a gradual increase from the apex to the base during diastole; however, the regularity was not found in the HTN patients. During both P1 and P2 EL-B, EL-M and EL-A were significantly higher in the NLVH group and the LVH group compared with the control group (P < 0.05). EL in LVH group was the highest among the three groups (P < 0.05). During P3, EL-B, EL-M and EL-A were increased in the NLVH group and LVH group compared with the control group. However, EL-M and EL-A in LVH group were significantly lower than the NLVH group (P < 0.05). During P4, EL of all segments was significantly higher in the NLVH group and LVH group compared with the control group (P < 0.05).

Conclusion: VFM can visually quantify hydrodynamic LV changes in healthy subjects. The EL levels in the different LV segments during different phases were significantly higher in the patients with HTN compared with the healthy subjects.

Keywords: hypertension, ultrasound, vector flow mapping, energy loss

Background
Hypertension (HTN) is a major risk factor contributing to the global burden of disease. In 2013, the European Society of Hypertension/European Society of Cardiology suggested a HTN prevalence of 30–45% in the general European population.1 The Japanese guidelines for HTN management state that in people aged >30, the HTN prevalence is 60% in men and 45% in women.2 Hypertension is the most prevalent chronic disease and the leading cause of cardiovascular death.3 Left ventricular hypertrophy (LVH) contributes to the reduced coronary reserve and increased left ventricular filling pressure, known as the strong risk factor of cardiovascular events and heart failure (HF) and plays an important role in the development of left ventricular diastolic dysfunction (LVDD).4,5 At present, most
studies were focused on the wall motion movement using tissue Doppler imaging or speckle-tracking imaging techniques. The vortex of the left ventricle is an essential factor of physiology and is closely related to ventricular structure. However, the understanding between pathophysiology and hydrodynamics is still limited.

Vector flow mapping (VFM) is a novel two-dimensional speckle-tracking technique that provides an advanced visual quantitative description of the cardiac flow field. The left ventricle diastolic energy loss (EL) can be obtained by this new technique, which is a novel hemodynamic index. The energy loss is accurate and convenient assessment to reveal the long-term impact of blood flow on ventricular wall motion under different pathophysiological circumstances. In the present study, the VFM technique was applied to quantitatively evaluate in patients with HTN and investigate its clinical significance.

Materials and Methods

Study Subjects

Patients with a HTN diagnosis confirmed in accordance with the 2017 United States guidelines for HTN management with ≥140/90 mmHg systolic blood pressure (SBP) and/or ≥90 mmHg diastolic blood pressure (DBP) who visited our hospital between January 2019 and October 2019 were enrolled in the present study. The patients were divided into two groups: the left ventricular hypertrophy (LVH) group (n = 51) and the non-left ventricular hypertrophy (NLVH) group (n = 38). This division was made according to the patients’ (1) left ventricular mass index (LVMI), with the left ventricular mass (LVM) calculated using the end-diastolic left ventricular internal diameter (LVEDD), end-diastolic left ventricular septal thickness (IVSTd), and the end-diastolic posterior left ventricular wall thickness (PWTd) values as (g) = 0.8 × 1.04 × [(LVEDD + IVSTd + PWTd) − LVEDD2]; and (2) LVMI = LVM (g)/body surface area (m2).

Male patients with an LVMI of ≥115 g/m2 and female patients with an LVMI of ≥95 g/m2 were assigned to the LVH group. The normal LVMI reference range in the NVLH group was 50–102 g/m2 in male patients and 44–88 g/m2 in female patients.

42 healthy volunteers were selected from our outpatient clinic during the same period and assigned to the control group; there were no significant differences in average age and gender compared with the observation groups. The subjects in the control group had normal electrocardiogram (ECG) and echocardiography results, and patients with cardiopulmonary disease, severe hepatic and renal insufficiency, and other serious systemic diseases, along with patients with unclear images, were excluded from the study. The study protocol was reviewed and approved by the ethics committee of our hospital, and all subjects signed an informed consent form.

Exclusion criteria: (1) patients with cardiac arrhythmia, combined heart valve disease, pulmonary heart disease, congenital heart disease, cardiomyopathy, severe hepatic and renal insufficiency, secondary hypertension, or an ultrasound-determined ejection fraction of <50%; (2) patients with a definite diagnosis of coronary artery disease and myocardial infarction; (3) patients with pericardial effusion; and (4) patients with poorly defined ultrasound images.

Apparatus and Methods

Routine echocardiography: the Prosound F75 color Doppler ultrasound diagnostic instrument, produced by Aloka, with a UST-52102 phased-array probe and a frame rate of ≥20 fps was adopted for the examination. The subjects were placed in the left lateral position. The heart rate (HR), parasternal left ventricular long-axis view, left atrial anteroposterior diameter (LAD), LVEDD, IVSTd, left ventricular PWTd, and body mass index (BMI) were recorded and the LVM calculated. The two-plane Simpson method was used for left ventricular ejection fraction measurement. In the pulsed wave tissue Doppler imaging mode, the standard apical four-chamber view was assumed, the orifice early diastolic peak flow velocity (E), late diastolic peak flow velocity (A) of the mitral valve, and the ventricular septal mitral valve annulus velocity (e') were recorded, and the average value was calculated.

VFM: three complete cardiac cycles of standard apical real-time four-chamber heart color multispectral images were obtained with a blood flow direction–sound beam angle angle of <20° while the patient was holding his/her breath. The endocardial LV boundary was displayed, ensuring that the color blood flow filled the LV cavity at a frame rate of ≥20 while avoiding color blending. The data were stored in a Digital Imaging and Communications in Medicine format. The images were imported into an offline VFM workstation (DAS-RSI, Aloka, Japan) for offline data analysis. The endocardium was manually traced and the myocardial motion of the LV dynamically tracked. The sample line was placed on the LV base of the heart cavity (about 2 cm of mitral annulus) to acquire the time-flow curve.
General information and serum index: The DBP, SBP, and BMI were significantly higher in the NLVH group than in the control group (P<0.05). There were no statistically significant differences in age, gender distribution, heart rate, fasting blood glucose, total cholesterol, triglycerides, high-density lipoprotein and low-density lipoprotein (P>0.05).

Two-dimensional echocardiography: IVSTd and PWTd in NLVH were higher than those in controls (P<0.05); IVSTd, PWTd, LAD, EDV, ESV and LVMI in LVH were higher than those in controls and NLVH (P<0.05).

3. Pulse Doppler echocardiography: e’ in LVH was the lowest in three groups (P<0.05). e’ in NLVH was lower than that in controls (P<0.05). E/e’ in LVH and NLVH was significantly higher than that in controls (P<0.05), while there was no difference in LVH and NLVH (P>0.05). There was no significant difference in E, A, and E/A among the groups (P>0.05).

EL Changes During Different Phases Among Different Groups (Tables 3–6, Figure 1, Tables 4, Tables 5)

P1

1. EL-B were significantly higher in the NLVH group and the LVH group compared with the control group (P<0.05). EL-B was higher in the LVH group than in the NLVH group; the difference was statistically significant (P<0.05).

2. EL-M were significantly higher in the NLVH group and the LVH group compared with the control group (P<0.05). EL-M was higher in the LVH group than in the NLVH group; the difference was statistically significant (P<0.05).

3. EL-A were significantly higher in the NLVH group and the LVH group compared with the control group (P<0.05). Although EL-A was higher in the LVH group than in the NLVH group, the difference was not statistically significant (P>0.05).

P2

1. EL-B were significantly higher in the NLVH group and the LVH group compared with the control group (P<0.05). EL-B was higher in the LVH group than in the NLVH group; the difference was statistically significant (P<0.05).

2. EL-M were significantly higher in the NLVH group and the LVH group compared with the control group (P<0.05). EL-M was higher in the LVH group than in the NLVH group; the difference was statistically significant (P<0.05).

3. EL-A were significantly higher in the NLVH group and the LVH group compared with the control group (P<0.05). EL-A was higher in the LVH group than in the NLVH group; the difference was statistically significant (P<0.05).
group than in the NLVH group; the difference was statistically significant ($P<0.05$).

P3

1. EL-B were significantly higher in the NLVH group and the LVH group compared with the control group ($P<0.05$). EL-B was higher in the LVH group than in the NLVH group; the difference was statistically significant ($P<0.05$).

2. EL-M were significantly higher in the NLVH group and the LVH group compared with the control group ($P<0.05$). However, EL-M was lower in the LVH group than in the NLVH group; the difference was statistically significant ($P<0.05$).
3. The difference was statistically significant ($P<0.05$).

3. EL-A were significantly higher in the NLVH group and the LVH group compared with the control group ($P<0.05$). EL-A was higher in the LVH group than in the NLVH group; the difference was statistically significant ($P<0.05$).

Repeatability Test (Figure 2)

1. The correlation coefficients of the inter-observer diastolic phase EL (ELdia) and systolic phase EL (ELSys) were $0.9745$ and $0.9887$, respectively.

2. The correlation coefficients of the intra-observer ELdia and ELSys were $0.9585$ and $0.9413$, respectively. The inter-observer and intra-observer measurement consistency limits were both acceptable and had good repeatability.

Discussion

Intra-cardiac blood flow state laminar and vortex flow fields exist during different cardiac cycle phases. The
The myocardial band mechanics, the blood flow ejecting into the LV, and the mutual motion of the ventricular wall and mitral valve are the bases for cardiac chamber vortex creation. Vortex flow stability is essential for maintaining the equilibrium relationship between the circulating blood and myocardial tissue. Although the vortex may increase the shear stress in the ventricular wall, it keeps the state of blood flow stable, prevents flow beam divergence, and reduces kinetic EL. Under physiological conditions, a lower EL allows for ideal kinetic energy reserve, accumulation, and transport during the ventricular systolic pre-ejection phase. The physiological diastolic vortex is a form of energy reserve and transfer, and proper blood flow order helps avoid turbulence formation and plays an important role in keeping EL within the normal range.

The myocardial band theory suggests that the ventricular muscle is composed of a longitudinal myocardium spiral. The coordinated motion between the basal segment and the apical segment, including the longitudinal, radial, and rotational motion, is the anatomical and mechanical basis for securing the ejection and filling of the heart during the cardiac cycle. During diastole, the reverse movement of the base and apex of the left ventricle forms negative pressure in the left ventricular cavity and produces effective filling. The myocardium is composed of three myocardial fiber layers, and subendocardial myocardial ischemia is more likely to cause the involvement of the longitudinal systolic function.

The normal hemodynamic vortex couples with the left ventricular filling and emptying. The elastic potential energy stored in the LV at the end of systole produces an intracardiac pressure difference with a lower apical pressure than basal pressure, drawing blood into the LV during the early diastole. The pressure gradient in the cardiac cavity gradually reverses; the pressure in the apex was greater than in the base, and the blood flow decelerated and moved to the middle of the LV in the form of a vortex. During the late diastole, blood is shifted from apex to base, and the ejection process is accelerated by the compression from apex to base. Goliash et al found that in patients treated with cardiac resynchronization, pacemaker closure caused immediate changes in the vortex formation and duration in the absence of structural changes. This suggests that minor changes in surrounding structures could lead to huge hydrodynamic changes and cause an imbalance between the heart and the circulation. Therefore, EL

Figure 1 Comparison of changes among three groups during the same phase at different segments of the left ventricle. (A) Rapid filling phase (P1); (B) slow filling phase (P2); (C) atrial contraction phase (P3); (D) rapid ejection phase (P4); base: the base segment; middle: the middle segment; apex: the apical segment.

Notes: *Compared with the normal control group, P < 0.05; †Compared with the non-left ventricular hypertrophy group, P < 0.05.
would be a sensitive indicator for abnormal cardiac function detection in patients with HTN.

The myocardium of patients with HTN is under long-term volume and pressure load, with an extracellular matrix synthesis and degradation imbalance, increased extracellular fibrosis, interstitial collagen deposition, and various collagen-type ratio imbalances, all of which impede the normal contractile and diastolic functions of cardiac myocytes. Previous studies have found that early cardiac functional impairment is most common in the middle and base, with reduced early diastolic longitudinal strain rates in the NLVH group (first involving the subendocardial myocardium) and normal function in the middle and outer layers. The volume overload is significantly higher than normal. In the present study, it was found that EL-B, EL-M and EL-A during the P1, P2 and P3 were significantly higher in the NLVH group than in the control group. Before LVH formation in patients with HTN, the LV has an increased extracellular matrix, reduced elasticity and active relaxation capacity, increased diastolic pressure in the cardiac chambers, increased pressure load on the inner myocardium compared with the outer myocardium, weakened longitudinal contraction, and uncoordinated contraction of the inner and outer myocardium, causing the abnormal formation of cardiac chamber blood flow vortex. The morphological disturbance of the vortex leads to increased blood flow dispersion and instability, causing inflow tract deflection and lateral force generation and resulting in a higher energy consumption in order to promote flow in the longitudinal direction of the fluid. Even if the disease is at an early stage and without structural changes, the fluid dynamics have changed significantly. The finding suggested that when the pathological changes occurred without significant anatomical

Figure 2: Repeatability test for the diastolic and systolic energy loss of the left ventricle in normal subjects: (A and C) the inter-observer repeatability test, with the correlation coefficient of 0.9745 and 0.9887, respectively; (B and D) the intra-observer repeatability test, with the correlation coefficient of 0.9585 and 0.9413, respectively.
abnormalities, the vortex flow can change immediately and significantly. Moreover, in the early LV filling was more dependent on the contraction and higher pressure of the left atrium. In our previous study, global EL in NLVH group during P3 was found the highest among three groups. In this study, EL-B, EL-M and EL-A during the P3 were significantly increased in the NLVH group compared with the control group, and EL-M and EL-A were even higher compared with the LVH group. During P3, the pump function of atrial increases as a compensation at the first stage of the disease, leading the significant turbulence of the vortex with atrial contraction. Meanwhile, apex in the NLVH group showed an increased counter-clockwise rotation during the diastole, resulting in an enhanced compensatory effect in the apex. This may also be the cause of the EL increase in the apex during the P3 in the NLVH group.

Blood pressure is the most important factor leading to LVH, which is usually a compensation mechanism in response to increased hemodynamic load, resulting in cardiomyocyte hypertrophy and extracellular matrix remodeling. The pathogenesis involves hemodynamic overload caused by pressure and volume overload, and significant changes in the stress and shear force of the vortex on the ventricular wall. Mechanical stretching of the ventricular wall activates neurohumoral factors, cardiovascular paracrine and autocrine factors. With the increase of left ventricular weight, oxygen demand increases, myocardial cell compensation increases, and microvascular dysfunction occurs. Aggravate myocardial fibrosis and endothelial cell dysfunction. In this study, it was found that the EL of each segment in the LVH group was higher than that in the normal control group at each diastolic phase. On the one hand, under long-term pressure load, the action potential of cardiomyocytes increased unsteadily, the mechanism of myocardial excitation-contraction coupling was maladjusted, the synchronization of each segment decreased, and the myocardial movement was not coordinated. Delayed contraction in endocardium and between endocardium and myocardium is associated with early detection of subclinical impairment of myocardial function. As a result, the local pressure difference in the cardiac cavity was produced, and the vector direction of blood flow in the ventricular cavity was more disordered, which hindered the formation of effective asymmetric vortices in the cardiac cavity and increased EL. On the other hand, myocardial fibrosis intensified, ventricular compliance decreased, stiffness increased, and the pressure gradient between normal basal segment and apical segment deflected, resulting in increased wall stress, prolonged diastolic time and increased ventricular filling pressure. Slow blood filling hinders the formation of normal vortices. The formation of irregular vortex increased, which caused local cardiomyocyte hypertrophy and ventricular wall stiffness, further hindered the production of normal vortex, and caused the increase of transverse intracardiac pressure gradient, aggravated cardiomyocyte hypertrophy and abnormal accumulation of intercellular matrix, and aggravated the wall stress and mechanical tension of muscle cells, resulting in further imbalance between blood and myocardial movement. According to the equation, with the dissipation of energy and the ineffective formation of vortex, the increased EL resulted in the decrease of left ventricular pumping and transport efficiency. The potential energy reserve in the left ventricle is transported through unstable vortices and dynamically reflects the change of wall motion abnormalities in the left ventricle.

Conclusions

Left ventricular diastolic and systolic EL can be measured in real time by flow vector imaging, which is related to the parameters of diastolic function. EL provides a new parameter for evaluating abnormal diastolic function in the early stage. In patients with essential hypertension, the segmental EL increased significantly in each phase of the cardiac cycle with the progression of the disease. The increase of EL in NLVH during atrial contraction is the most significant, which may be related to the compensatory enhancement of left atrial function.

Ethics Approval

This study was conducted with approval from the Ethics Committee of PLA Strategic Support Force Characteristic Medical Center. This study was conducted in accordance with the declaration of Helsinki. Written informed consent was obtained from all participants.

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Disclosure

The authors report no conflicts of interest in this work.
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24. Zuo et al

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