Growth Control in Cultured 3T3 Fibroblasts.
V. Purification of an Mr 13,000 Polypeptide Responsible for Growth Inhibitory Activity

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Abstract. A growth regulatory factor, which reversibly inhibits DNA synthesis and proliferation of fibroblasts, has been isolated from medium conditioned by exposure to density-inhibited mouse 3T3 cells. This factor, termed FGR-s (13K), yielded a single polypeptide (Mr 13,000) when analyzed by SDS PAGE under both reducing and nonreducing conditions. The dose-response curve of growth inhibition by FGR-s (13K) showed that 50% inhibition of 3T3 cell proliferation was achieved at a concentration of ~3 ng/ml, corresponding to ~0.23 nM. The activity of FGR-s (13K) was depleted by passing the material over an affinity column containing the monoclonal antibody 2A4; this monoclonal antibody had been previously characterized to bind to the Mr 13,000 polypeptide. These results indicate that we have purified a growth regulatory factor that acts to inhibit the proliferation of cells in an autocrine pathway.

The mouse 3T3 fibroblast line exhibits a form of growth control in vitro in that the cells reach only a low saturation density and can remain for long periods in a viable, monolayer state (21, 22). Treatment of sparse, proliferating cultures of 3T3 cells with medium conditioned by exposure to density-inhibited 3T3 cultures resulted in an inhibition of growth and division in the target cells as compared with similar treatment with unconditioned medium (20). This inhibitory activity was fractionated, yielding one preparation that exhibited reversible inhibition of growth and direct interactions with target 3T3 cells (19, 25). This fraction, designated fibroblast growth regulator, soluble form (FGR-s), contained two major polypeptides (Mr’s 10,000 and 13,000) (19, 27). Using similar procedures, Wells and Malucci have shown that secondary cultures of mouse embryo fibroblasts release into the medium a growth inhibitory activity whose polypeptide composition and physicochemical behavior closely parallel those of FGR-s (28).

More recently, we have generated and characterized a monoclonal antibody (antibody 2A4) that neutralized the activity of FGR-s (8). This monoclonal antibody specifically bound the Mr 13,000 polypeptide, hereafter designated as FGR-s (13K). Based on these data, we concluded that FGR-s (13K) is responsible for at least part of the observed growth inhibitory activity. This assignment of biological activity to FGR-s (13K) does not exclude the possibility that other components of the FGR-s fraction (e.g., Mr 10,000 polypeptide) may also be biologically active. Moreover, we could not ascertain whether FGR-s (13K) was active independent of the presence of other polypeptides (8, 26). In the present communication, we report the purification to apparent homogeneity of FGR-s (13K) on a preparative scale. This has allowed us to assay the individual polypeptide for biological activity.

Materials and Methods

Cell Culture and Preparation of FGR-s

Swiss 3T3 cells (American Type Culture Collection, CCL 92) were grown at 37°C in Dulbecco’s modified Eagle’s medium (DME, KC Biological Inc., Lenexa, KS) containing 10% calf serum (Microbiological Associates, Walkersville, MD). The detailed protocol for the preparation of FGR-s has been described (19, 20). In brief, confluent monolayers of 3T3 cells were washed twice with DME; fresh, serum-free DME was then added to the cultures (10 ml/150 cm² of growth area). After an overnight incubation, the medium was collected as serum-free conditioned medium. This medium was centrifuged at 1,470 g for 10 min and the supernatant was subjected to ammonium sulfate precipitation (80% of saturation at room temperature). The precipitate was redissolved in 5 mM Tris, pH 8.0 (2.5 ml of buffer per liter of conditioned medium) and fractionated by Sephadex G-50 chromatography (1.4 x 110 cm) in the same buffer. The material eluting at a position corresponding to polypeptides of molecular weight 10,000 to 15,000 was pooled as the FGR-s fraction.

FGR-s labeled with [35S]methionine was prepared as described, using 100 μCi of radioactive methionine per ml (1.04 Ci/mmol. Amersham Corp., Arlington Heights, IL) and DME containing unlabeled methionine at 3 μg/ml (one tenth of the concentration normally found in DME) (19).

Ion-Exchange Chromatography on DEAE-Cellulose

A column (0.8 x 2 cm) of DEAE-cellulose (Pharmacia Fine Chemicals, Piscataway, NJ) was equilibrated with 5 mM Tris, pH 8.0. The pooled material corresponding to the FGR-s fraction of the Sephadex G-50 column (19) was applied to the ion-exchange column. After a wash with starting buffer, a gradient (0 to 0.5 M NaCl in 100 ml of 5 mM Tris, pH 8.0) was used to develop the column. 1.7-ml fractions were collected.

1 Abbreviations used in this paper: DME, Dulbecco’s modified Eagle’s medium; FGR-s, fibroblast growth regulator, soluble form; TGF-β, transforming growth factor-β.
Monoclonal Antibody 2A4

The generation and characterization of hybridoma clone 2A4 have been previously described (8). Rat spleen cells were immunized in vitro (12) with the FGR-s fraction. After 96 h of culture, the rat lymphocytes were fused with the mouse myeloma cell line NS-1-Ag4/1 (NS-1 line, Salk Institute), using polyethylene glycol 1500 (5). Hybridoma cultures that produced antibodies reacting with FGR-s were detected by the binding of rat immunoglobulin in the culture supernatants to FGR-s adsorbed onto Immulon-2 plates (Dynatech Laboratories, Alexandria, VA) (8). The supernatant from hybridoma clone 2A4 was fractionated on an affinity column of Affi-Gel 10 (Bio-Rad Laboratories, Richmond, CA) covalently derivatized (9) with rabbit antibodies directed against rat immunoglobulin (Sigma Chemical Co., St. Louis, MO). Material bound to the column was eluted with 0.1 M citrate buffer (pH 3.0). This material was a rat immunoglobulin designated as antibody 2A4 (8).

Depletion of FGR-s (13K) over an Antibody 2A4 Column

Rabbit antibodies directed against rat immunoglobulin (40 mg) were coupled to Affi-Gel 10 (2 ml of beads) (9). Supernatant (50 ml) from the hybridoma clone 2A4 was passed through the column (0.4 x 2.5 cm) three time. The supernatant of the parent myeloma NS-1 cell line was similarly passed through an identical column for controls. Material bound nonspecifically was removed by washing with 0.1 M phosphate buffer (pH 8.0). Finally, a preparation of FGR-s (13K) (8 ng/ml. 2 ml) was percolated through either the antibody 2A4 column or the NS-1 control column. The activities of the original FGR-s (13K) preparation, as well as the pooled flow-through fractions, representing material not bound by the respective affinity columns, were assayed for growth inhibitory activity.

Assays of DNA Synthesis

Target cells used to test the growth inhibitory activity were routinely seeded at an initial density of 5 x 10^4 cells/cm^2 in a 96-well culture dish (Costar, Cambridge, MA). For experiments in which the density of the target cells was varied, the cells were seeded at one half the desired density. After overnight incubation, the cells were deprived of serum for 24 h. Then the medium was removed and the test fraction was added (75 μl) along with 150 μl DME containing 5% (vol/vol) calf serum. DNA synthesis was assayed 24 h later with a pulse of [3H]thymidine (1 μCi/μl culture). 1.9 Ci/mmol, Schwarz-Mann, Spring Valley, NJ) for 3 h at 37°C. After the pulse, the radioactive medium was removed and the cells were washed three times with cold phosphate-buffered saline (PBS) and once with 10% trichloroacetic acid. The cells were then solubilized with 0.2 ml of 1% SDS in 0.1 N NaOH. After incubation at 37°C for 30 min, the cell lysates were added to 2 ml of scintillation cocktail (1 g dimethyl-1,4-bis[2-5-phenyloxazoly]benzene; 8 g 2,5-diphenyl-oxazole; 1.33 ml Triton X-100; and 2,666 ml of toluene) for scintillation counting.

In reversibility studies, cultures were treated with fractions derived from FGR-s. After 22 h, the medium was removed and replaced with an equal volume of fresh DME containing 5% (vol/vol) calf serum. DNA synthesis in these cultures was measured 16 and 42 h later.

Assays of Cell Number and Cell Viability

Cultures were treated with fractions derived from FGR-s or a control fraction. At various times thereafter, the cells were washed three times with PBS and were removed from the growth surface by trypsin treatment. The cells were then centrifuged, resuspended in DME, diluted with trypsin blue, and counted in a corpuscle counting chamber (Hauser Scientific, Blue Bell, PA) (20).

The viability of cells treated with FGR-s-derived fractions was determined while the cells remained attached to the growth surface. After removal of growth medium, the cells were incubated with trypsin blue (0.08% wt/vol in PBS) for 10 min at room temperature. The staining solution was then removed and the viable cells were counted using an Olympus inverted microscope.

PAGE

SDS-PAGE was carried out according to the procedure of Laemmlı (11), using 10 or 16% acrylamide running gels and 5% acrylamide stacking gels. For gels electrophoresed under reducing conditions, 2-mercaptoethanol (4%, vol/vol) was included in the sample buffer. The gels were fixed and stained with silver reagent (15). With radioactive samples, the gel was subjected to fluorography as described by Bonner and Laskey (4) using Kodak X-Omat R (XAR-5) film.

Results

Ion-Exchange Chromatography of FGR-s

In previous experiments, we demonstrated that the growth inhibitory in conditioned medium of 3T3 cells can be fractionated by ammonium sulfate precipitation and gel filtration on Sephadex G-50 columns (19). The material eluting from the Sephadex G-50 column at a position corresponding to a molecular weight range of 10,000–15,000 showed enrichment in specific biological activity (growth inhibition assay) and was designated FGR-s. Isoelectric focusing and PAGE analysis showed that the principal components of the FGR-s fraction were polypeptides of M, 10,000 (pI ~7.5) and 13,000 (pI ~10) (27).

Because the ampholines used to establish the pH gradient were toxic to the target 3T3 cells, we could not demonstrate growth inhibitory activity in the individual polypeptides. Isoelectric focusing did not appear, therefore, to be a promising preparative procedure for the purification of the inhibitory polypeptide. Nonetheless, the high isoelectric point of FGR-s (13K), which was implicated by monoclonal antibody neutralization experiments to be at least partially responsible for growth inhibitory activity (8), suggested ion-exchange chromatography as a preparative procedure.

To carry out ion-exchange chromatography, two minor modifications of the original procedure (19) for the preparation of FGR-s were made. First, gel filtration on Sephadex G-50 columns was performed in 5 mM Tris, pH 8.0, instead of DME. This allowed the direct application of the effluent from the Sephadex column onto the ion-exchange column. Second, a wider range of fractions, centered approximately at FGR-s, was pooled and subjected to ion-exchange chromatography. The rationale for this was that we did not assay the individual fractions from the Sephadex G-50 column for activity or for polypeptide content (SDS gels). Therefore, the precise position corresponding to the FGR-s fractions was not determined and was compensated for by including material in fractions adjacent to FGR-s. This allowed us to save material, which would have been used in the assays, and to save time, thereby minimizing losses of material due to adsorption to test tubes.

DEAE-cellulose chromatography of a [35S]methionine-labeled preparation of FGR-s resulted in the separation of several components (components A–F, Fig. 1b). When the fractions eluting from the ion-exchange column were assayed for growth inhibitory activity, only component A (Fig. 1b) exhibited activity; the remainder of the components failed to show any appreciable activity (Fig. 1a). The sum of the growth inhibitory activity in component A (Fig. 1b) accounted for ~80% of the total activity applied to the column. There was a sixfold enrichment in terms of specific activity in this fractionation step.

PAGE and fluorography were carried out on the fractions derived from the DEAE-cellulose column (Fig. 2). Component A (Fig. 1b) yielded a single polypeptide, migrating at a position corresponding to a molecular weight of 13,000 (Fig. 2, lane 2). Identical results were obtained irrespective of whether the PAGE was carried out under reducing (with β-mercaptoethanol) or nonreducing conditions (Fig. 3A). In addition to fluorography, we have also subjected the polyclaricamide gel to staining with the silver technique. Again, component A yielded predominantly a single polypeptide of Mr, 13,000 (Fig. 3B, lane 2). Using known amounts of cyto-
Figure 1. Ion-exchange chromatography of a \([^{35}\text{S}]\)methionine-labeled FGR-s preparation (1.5 \times 10^6 cpm) on a column (0.8 \times 2 cm) of DEAE-cellulose equilibrated with 5 mM Tris, pH 8.0. At the point indicated by the arrow, a linear gradient (0-0.5 M NaCl, 100 ml total volume) was used to elute the material bound in the column. 17-ml fractions were collected. (a) Profile of the growth inhibitory activity assayed by the inhibition of \([^{3}\text{H}]\)thymidine incorporation into target cells. The data on the ordinate axis are expressed as the percentage of inhibition relative to control cultures and represent the averages of triplicate determinations. (b) Profile of the protein content assayed by counting the radioactivity due to \([^{35}\text{S}]\)methionine. The horizontal bars marked A-F denote the fractions that were pooled for further analysis.

Figure 2. SDS PAGE of a \([^{35}\text{S}]\)methionine-labeled preparation of FGR-s and components derived from fractionation of FGR-s by ion-exchange chromatography (Fig. 1). The acrylamide concentration of the running gel was 16%. The samples applied to the gel contained \(\beta\)-mercaptoethanol (4% vol/vol). Approximately 5,000 cpm were applied to each lane, and the radioactive polypeptides were revealed by fluorography (2 d exposure). Lanes 1 and 2 were developed on a different fluorogram than the remainder of the lanes. The arrows indicate positions of migration of molecular weight (in thousands) markers. Lanes: 1, \([^{35}\text{S}]\)methionine-labeled FGR-s; 2, fraction 6; 3, fraction 9; 4, fraction 15; 5, fraction 21; 6, fraction 27; 7, fraction 29; 8, fraction 33; 9, fraction 35; 10, fraction 38; 11, fraction 46; 12, fraction 52; 13, fraction 57; 14, fraction 68. All fractions refer to those fractions in Fig. 1b.
contained 2-mercaptoethanol (4% vol/vol). The samples applied to the gel for the analysis of the polypeptide composition of the fractions from the DEAE-cellulose column (components B–F, Fig. 1 b) failed to show activity. The supernatant (50 ml) of hybridoma clone 2A4 or parent myeloma line NS-1 was passed over the affinity column. A preparation of FGR-s (13K) (8 ng/ml, 2 ml) was percolated through these affinity columns. Affinity columns (0.4 x 2.5 cm) were prepared by coupling rabbit anti-rat immunoglobulin to Affi-Gel 10. The supernatant (50 ml) of hybridoma clone 2A4 or parent myeloma line NS-1 was passed over the affinity column. A preparation of FGR-s (13K) (8 ng/ml, 2 ml) was percolated through these affinity columns. The growth inhibitory activities of the flow-through fractions were tested using a single preparation of the inhibitor. The effect of variation in the density of the target cells on the inhibition by FGR-s (13K) is shown in Fig. 8. At target cell densities of $\geq 5 \times 10^3$ cells/cm$^2$, the inhibitory activity of FGR-s (13K) was consistently observed. In contrast, when the density of the target cells was $< 2.5 \times 10^3$ cells/cm$^2$, there was a dramatic decrease in the potency of FGR-s.

The Effects of FGR-s (13K) on Target Cells: Dose-Response, Viability, and Reversibility

The inhibitory effect of FGR-s (13K) on $[^3]$H thymidine incorporation into target cells was dependent on the concentration of ligand added (Fig. 5). Over the concentration range of 0.1–10 ng/ml, there was a monotonic increase in inhibitory activity with increasing concentration of FGR-s (13K) added to the cultures. The concentration of inhibitor required for 50% inhibition was ~3 ng/ml (Fig. 5, inset).

Three series of experiments were performed to ascertain that the inhibition of $[^3]$H thymidine incorporation in target cells by FGR-s (13K) was due to a true suppression of cell growth rather than to any cytotoxic effects of the inhibitory fractions. First, the viabilities of the cells, assayed by trypan blue exclusion tests, were identical for target cultures treated with FGR-s (13K) and with a control fraction from the DEAE-cellulose column. Second, to demonstrate that the inhibitory effect of FGR-s on DNA synthesis was reversible, parallel cultures were treated with FGR-s (13K) for 22 h. The medium was then removed and replaced with an equal volume of fresh growth medium. At various times thereafter, DNA synthesis was assayed by the incorporation of $[^3]$H thymidine. The data showed that the inhibition was reversible within 20 h after the removal of FGR-s (13K) (Fig. 6). Taken together with the demonstration that the viability of target cells was not affected by FGR-s, these results suggest that the inhibitory activity of FGR-s cannot be ascribed to cytotoxicity.

Finally, the inhibitory effect of FGR-s (13K) on cell proliferation is also reflected in assays of cell number after treatment with the inhibitory fraction. Target cultures treated with a control fraction continued to proliferate; in contrast, cultures treated with FGR-s (13K) failed to increase in cell number at the same rate (Fig. 7). These data provide a confirmation of the growth inhibitory activity of FGR-s (13K) using an assay that is independent of $[^3]$H thymidine incorporation.

The Effects of FGR-s (13K) on Target Cells: Density and Serum Dependence

In this series of experiments, the effect of varying conditions of the assay during the period of exposure of target cells to FGR-s (13K) was tested using a single preparation of the inhibitor. The effect of variation in the density of the target cells on the inhibition by FGR-s (13K) is shown in Fig. 8. At target cell densities of $\geq 5 \times 10^3$ cells/cm$^2$, the inhibitory activity of FGR-s (13K) was consistently observed. In contrast, when the density of the target cells was $< 2.5 \times 10^3$ cells/cm$^2$, there was a dramatic decrease in the potency of FGR-s.

![Figure 3](image-url) (A) SDS PAGE of a $[^3]$S-methionine-labeled preparation of FGR-s (13K) under nonreducing (lane 1) and reducing (4% vol/vol, 2-mercaptoethanol, lane 2) conditions. The acrylamide concentration of the running gel was 16%. Approximately 2,000 cpm were applied to each lane, and the radioactive polypeptides were revealed by fluorography (14 d). (B) Analysis of the polypeptide compositions of FGR-s (lane 1) and FGR-s (13K) (lane 2) by the silver staining technique after SDS gel electrophoresis. The acrylamide concentration of the running gel was 16%. Approximately 2,000 cpm were applied to each lane, and the radioactive polypeptides were revealed by fluorography (14 d).
Figure 5. Dose-response curve of the growth inhibitory activity of FGR-s (13K) on target 3T3 cells (2 x 10^4 cells/cm^2). The protein concentration of FGR-s (13K) was determined by the silver staining technique on SDS gels. The target cells were treated with FGR-s (13K) for 20 h and then assayed for the incorporation of \[^3H\]thymidine (\[^3H\]dT) as described in Materials and Methods. The data represent the averages of triplicate determinations (± standard error of the mean). The inset shows the same data plotted with percent inhibition on the ordinate.

Figure 6. The reversibility of the effect of FGR-s (13K) on 3T3 cells. Target cells (5 x 10^3 cells/cm^2) were treated with FGR-s (13K) (3 ng/ml). The kinetics of DNA synthesis, assayed by thymidine incorporation and expressed as a percent of control cultures is shown by the solid line. The dotted line indicates the level of DNA synthesis in cultures after the removal of FGR-s (13K), relative to control cultures, which also received a medium change.
(13K) to inhibit 3T3 cells growth. This is consistent with our previous observation that a minimum target cell density may be required before the inhibitory effect of conditioned medium on cell proliferation can be observed (20).

The growth inhibitory activity of FGR-s (13K) was dependent on the serum concentration used in the assay (Fig. 9). In the present experiment, FGR-s (13K) (8 ng/ml) yielded ~20% inhibition when the serum concentration was >5%. With a decreasing serum concentration, the same concentration of FGR-s (13K) exhibited higher levels of growth inhibition (Fig. 9). In previous experiments, we showed that the binding of [35S]methionine-labeled FGR-s was inhibited by serum (25). Therefore, the present result, showing higher levels of activity of FGR-s (13K) as a function of decreasing concentration of serum, would be expected on the basis of higher levels of binding of the inhibitor.

**Discussion**

The key conclusion derived from the present study is that FGR-s (13K) exhibits growth inhibitory activity. In previous studies (8, 26), we had generated a monoclonal antibody (2A4) that specifically bound FGR-s (13K). This monoclonal antibody also neutralized the growth inhibitory activity of the partially purified FGR-s fraction. We inferred, therefore, that FGR-s (13K) must be at least partly responsible for the biological activity. The present results on the purification of FGR-s (13K) and the demonstration of its biological activity indicate that this polypeptide can exhibit growth inhibitory activity independent of the presence of any other polypeptide.

The main features of the inhibition of 3T3 cell proliferation by FGR-s (13K) include: (a) The dose response curve indicates that 50% inhibition is obtained at a concentration of ~3 ng/ml, corresponding to 0.23 nM. (b) The effect of FGR-s (13K) on 3T3 cells is reversible and cannot be ascribed to cytotoxicity. (c) The effect of FGR-s (13K) on DNA synthesis was most prominent at high (>5 x 10^3 cells/cm^2) target cell density, consistent with previous observations, made with conditioned medium (20), that a minimum target cell density...
responsive cells. Therefore, it appears that TGF-β and the
Mr's of 12,500 under reducing SDS gels (1, 7, 24); (b) both
to compete for the same receptors on the cell surface of
to defined when structural information becomes avail-
We thank Mrs. Teresa Vollmer for her help in preparing the manu-
This work was supported by grants GM 27203 and GM 32310
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