Weak signal enhancement by non-linear resonance control in a forced nano-electromechanical resonator

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Abstract

Driven non-linear resonators can display sharp resonances or even multistable behaviours amenable to induce strong enhancements of weak signals. Such enhancements can make use of the phenomenon of vibrational resonance whereby a weak low-frequency signal applied to a bistable resonator can be amplified by driving the non-linear oscillator with another appropriately-adjusted non-resonant high-frequency field. Here we demonstrate the resonant enhancement of a weak signal by use of a vibrational force yet in a monostable system consisting of a driven nano-electromechanical nonlinear resonator. The oscillator is subjected to a strong quasi-resonant drive and to two additional tones: a weak signal at lower frequency and a non-resonant driving at an intermediate frequency. We show experimentally and theoretically a significant enhancement of the weak signal thanks to the occurrence of vibrational resonance enabled by the presence of the intermediate frequency driving. We analyse this phenomenon in terms of coherent nonlinear resonance manipulation. Our results illustrate a general mechanism which may have applications in the fields of radio-frequency signal processing or sensing for instance.

Introduction

In bistable systems, weak periodic signals can be amplified by use of external driving. Such external driving can be some noise of appropriate strength in the case of stochastic resonance [Benzi et al. (1981)], or a high-frequency harmonic signal of appropriate amplitude in the case of vibrational resonance [Landa and McClintock (2000)]. Both physical phenomena share qualitative features including a resonant-like behaviour, though the underlying mechanisms differ. Time matching criterion dependent on the applied noise amplitude required for stochastic resonance is replaced, in the case of vibrational resonance, by an amplitude criterion equivalently to a parametric amplification near the critical point. Both phenomena have been reported in many different areas including electronics [Zakin et al. (2002); Fauve and Heslot (1983)]; optics [McNamara et al. (1988); Barbay et al. (2000); Chizhevsky et al. (2003); Chizhevsky and Giacomelli (2005)] or neurobiology [Ullner et al. (2003); Douglass et al. (1993)]. In nanomechanics, the bistable system is usually a simple nonlinear resonator and bistability arises thanks to a quasi-resonant forcing. The oscillator then features two equilibrium states of different amplitudes and phases for the same values of parameters. In this regime, substantial resonant enhancement of a weak and slowly modulated signal through stochastic resonance
can be achieved either by use of amplitude Badzey and Mohanty (2005); Guerra et al. (2009); Venstra et al. (2013) or phase Chowdhury et al. (2017) noise. When the external driving is no more stochastic but rather a harmonic signal of high frequency, a little bit of care has to be taken. The system is then subjected to forces occurring on three different timescales: the one of the signal, the one of the external drive and the one of the forcing. In the standard picture of vibrational resonance, the signal must have a much smaller frequency than the one of the external drive. We here show that the occurrence of vibrational resonance in a forced system requires the external driving frequency not only to be higher than the signal frequency but also to be lower than the forcing frequency. Most importantly, we show in that case that the high-frequency driving amplitude renormalises the forced nonlinear resonator response through the manipulation of the nonlinear resonance. We argue that this effect could be used besides the one we are presenting here, for another purpose using pervasive biharmonic signals such as inertial Brownian motors Machura et al. (2010) and the Global Positioning System Kaplan (2005), and illustrates thus a general mechanism for nonlinear resonance manipulation.

Results

In our experiments, the resonator consists of a nonlinear nano-electromechanical oscillator formed by a thin micron-scale InP suspended membrane (see Fig. 0.1-a). The membrane’s out-of-plane motion is induced by applying an AC voltage \( V(t) \) on integrated metallic interdigitated electrodes placed underneath the membrane at a sub-micron distance (see Figure 0.1-a) (See Chowdhury et al. (2016) and Methods for more details). It is placed in a low-pressure chamber \( (10^{-4} \text{ mbar}) \) in order to reduce mechanical damping. The out-of-plane motion of the membrane is probed optically (see Fig. 0.1-b) thanks to a Michelson interferometer whose one end mirror is formed by the oscillating membrane (see Fig. 0.1-a). The membrane mechanical fundamental mode of oscillation lies at 2.82 MHz in the linear regime with a mechanical quality factor of \( Q_M \sim 10^3 \).

The AC forcing voltage lies in the MHz regime and writes:

\[
V(t) = V_0 \cos[2\pi \nu_f t] \tag{0.1}
\]

Here \( V_0 \) is the amplitude of the applied voltage while \( \nu_f \) denotes the frequency of the quasi-resonant forcing. When sweeping up and down the frequency \( \nu_f \) in the vicinity of the fundamental mode frequency, asymmetry in the mechanical response spectrum appears for a sufficiently high driving amplitude \( V_0 > 5.5 V \) (see Fig. 0.1-b). Hysteresis behaviour becomes prominent and two stable points, represented by the low and the high amplitude values of the mechanical motion, co-exist. The evolution of the bistable region width as a function of \( V_0 \) is shown in Fig. 0.1-b Right. The closing of this bistable region for increasing \( V_0 \) cannot be observed due to limited voltage handled at the electrodes terminals. In the following, \( V_0 \) will be set to 9V in order to be deeply in the bistable regime, and the forcing frequency is set at \( \nu_f = 2.825 \text{ MHz} \), close to the middle of the hysteresis region, in order to get symmetrical potentials Chowdhury et al. (2017).

Externally induced dynamics in the time domain

Jumps between the two stable states of oscillation can be induced by slowly modulating the forcing amplitude. This scenario can be implemented by applying to the electrodes a voltage in the form of:

\[
V(t) = V_0 (1 + \gamma \cos(2\pi \nu_m t)) \cdot \cos[2\pi \nu_f t] \tag{0.2}
\]

where \( \gamma \) and \( \nu_m \) denote respectively the modulation index and the frequency of the amplitude modulated signal. Yet, a sufficiently high modulation amplitude is needed to drive the system in order to overcome the barrier height and to induce inter-well motion following the applied modulation. In the case of a weak amplitude modulated signal (as in our experiments with \( \gamma \) set at 0.1), the system is solely subjected to intra-well modulated motion as can be seen in Fig. 0.2 top for the resonator being initially prepared in its upper state. Amplification of the weak modulated signal following jumps of the system between the two states can however still be induced in that case by
adding an external driving with a frequency that is much higher than the frequency of the weak modulation, but still lower than the forcing frequency.

In this scenario reproduced in our experiment, the external drive takes the form of an additive amplitude modulation voltage of amplitude $V_{HF} \equiv \delta \ast V_0$ and frequency $\nu_{HF}$ such that $\nu_m \ll \nu_{HF} \ll \nu_f$. The total applied voltage then writes:

$$V(t) = V_0 [1 + \gamma \cos(2\pi \nu_m t) + \delta \cos(2\pi \nu_{HF} t)] \cos(2\pi \nu_f t)$$  \hspace{1cm} \text{(0.3)}$$

Figure 0.2 shows time series of the mechanical motion amplitude for $\nu_m = 30 \ HZ$ and increasing amplitudes of the amplitude modulation at high frequency $\nu_{HF} = 200 \ kHz > 6500 \cdot \nu_m$. The system starts in its upper state (high amplitude state) where the small signal modulation is visible as a small intra-well motion. As the amplitude of the external driving increases, switching events between the two stable states become more prevalent. At first, occasional inter-well transitions occur, weakly locked to the modulation signal. For $V_{HF} = 6.4 \ V$, the system response gets completely synchronised with the applied weak and low frequency modulation. Further increase of the additional external drive amplitude worsens the synchronisation and the system drops into its lower amplitude state, where a small intra-well modulation is visible. There is thus an optimal amplitude of the external drive which maximises the response amplitude.

**Gain factor**

The gain or amplification factor can be inferred by quantifying the achieved spectral power amplification. For every time traces recorded on a time scale of 600s, Discrete Fourier Transform (DFT) are performed. The resulting DFT spectra are presented in Fig. 0.2. They feature peaks, the most prominent being at the modulation frequency $\nu_m$. The achieved gain $M$ is then given by the ratio between the strength of the peak in the DFT spectrum at $\nu_m$ for a given amplitude of the external driving and its strength without external driving ($V_{HF} = 0 \ V$).
Fig. 0.2: (Left) Time series of the mechanical mode amplitude for a weak modulation with $\gamma = 0.1$, $\nu_m = 30 \text{ Hz}$ and for increasing high-frequency signal intensities $V_{HF} = 5 \text{ V}, 5.7 \text{ V}, 6.4 \text{ V} \& 7.0 \text{ V}$ from top to bottom. The amplitude of the two stable states corresponds to the blue and orange-shaded regions on each graph. (Right) Discrete Fourier Transform of the time series displayed on the left. The vertical shaded lines enclose the modulation frequency $\nu_m$ of the weak signal.

Fig. 0.3: Gain factor $M$ as a function of the amplitude of the external driving.

The induced gain factor is presented in Figure 0.3. The gain factor features a resonant-like behaviour: The gain factor first rapidly rises with the strength of the external driving, reaches a maximum for $V_{HF} = 6.4 \text{ V}$ and then drops. The maximum achieved gain factor is $M = 20$.

Vibrational resonance is governed by an amplitude condition. It occurs close to the transition from bistability to monostability, during which the effective potential of the slow variable evolves from a rapidly oscillating double well to a single well with a parametric dependence on the high-frequency signal amplitude and frequency [Baltanás et al. (2003)]. As such, this phenomenon has some features in common with parametric amplification near the critical point. The shape of gain achieved in vibrational resonance consequently reflects the (here symmetrical) shape of the parametric gain in the system.

**Theoretical analysis**

To figure out the origin of this resonant response, we introduce a simplified theoretical model and compare its results to our experimental findings. The
original treatment of vibrational resonance in Landa and McClintock (2000); Gitterman (2001) considers the motion of a nonlinear oscillator in a bistable potential, subject to a low-frequency signal and a high-frequency drive. Theoretical studies so far have mostly concentrated on studying the impact of the potential shape on the resonance Baltanás et al. (2003); Roy-Layinde et al. (2016); Vincent et al. (2018), or the response to multi-frequency signals Rajamani et al. (2014). Interestingly, it was also noted in Gitterman (2001) that one particularly important aspect of vibrational resonance was the ability to change the stability of some equilibria, or to have control over the shift of the resonance frequency. Our system is a nonlinear oscillator with a small nonlinearity. It cannot show a bistable response per se, whatever the stiffness parameter $\alpha$. However, with a quasi-resonant harmonic forcing, the nonlinear oscillator can become bistable. It is then interesting to examine in more details if an additional "high" frequency forcing can induce a resonance on a small amplitude signal.

The nanoelectromechanical system can be described in a good approximation as a forced nonlinear (cubic) Duffing oscillator Chowdhury et al. (2017). Its dynamics can be modelled, in the limit of the small injection and the dissipation of energy by

$$\ddot{x} + \eta \dot{x} + \omega_0^2 x + \alpha x^3 = F \left[ 1 + \gamma \cos(\omega_m t) + \delta \cos(\Omega t) \right] \cos(\omega t), \quad (0.4)$$

where $x(t)$ accounts for the out-of-plane displacement of the membrane, $\mu$ is the effective damping, $\omega_0/2\pi$ is the natural oscillation frequency of the membrane, $\alpha$ is the nonlinear stiffness coefficient, $F$ is the amplitude of the modulated forcing with frequency $\omega_0/2\pi \equiv (\omega_0 + \Delta)/2\pi$, introducing the small detuning from resonance $\Delta$. The high frequency amplitude modulation has an amplitude $F\delta$ and a frequency $\Omega/2\pi = \nu_{HF}$. The oscillation amplitude of the oscillator is the result of the beating of two frequencies: one fast at $\Omega$ and one slow at $\omega_m$. The parameters $\gamma$ and $\delta$ characterize the amplitude of the beating. By considering the following separation of timescales for the forcing frequencies $\omega_m \ll \Omega \ll \omega_0$, an amplitude equation for the time-averaged dynamics can be derived (see Methods). We start by deriving the equation for the amplitude of the forced nonlinear oscillator close to resonance ($\omega_t \sim \omega_0$) by looking for a solution in the form $x(t) = C(t)e^{i(\omega_0 + \Delta)t} + cc$ (where $cc$ accounts for the complex conjugate term):

$$\partial_t C = -\frac{\eta}{2} C - i\Delta C + i\frac{3\alpha}{2\omega_0} |C|^2 C - i\frac{F}{4\omega_0} (1 + \gamma \cos(\omega_m t) + \delta \cos(\Omega t)), \quad (0.5)$$

The strong timescale separation of the modulation frequencies motivates the introduction of a time-averaged variable $A$ over the short period $2\pi/\Omega$. The amplitude equation for the averaged response writes

$$\partial_t A = -\frac{\eta}{2} A - i \left( \Delta - \frac{3\alpha F^2 \delta^2}{16} \right) A + i\frac{3\alpha}{2} |A|^2 A - i\frac{F}{4} (1 + \gamma \cos(\omega_m t)) \quad (0.6)$$

where we have introduced rescaled quantities: $\frac{F}{\omega_0} \rightarrow F$, $\frac{\eta}{\Omega} \rightarrow \delta$ and $\frac{\omega_m}{\omega_0} \rightarrow \alpha$.

The averaged equation satisfies an amplitude equation with a renormalised detuning $\Delta - 3\alpha F^2 \delta^2/16$ which depends on the high frequency driving amplitude. The most important aspect to note here is that the non-resonant and "high" frequency driving can modify the resonance behaviour of a nonlinear system. To study how the intermediate frequency $\Omega$ modifies the resonance region, we consider the polar representation $A = R e^{i\phi}/2$ with $\gamma = 0$, and solve for the steady state $R = \dot{\phi} = 0$. We get the characteristic equation

$$\frac{\eta^2}{4} R^2 + \left[ \left( \Delta - \frac{3\alpha F^2 \delta^2}{16} \right) R - \frac{3}{8} \alpha R^3 \right]^2 = \frac{F^2}{4} \quad (0.7)$$
Note that in the limit of zero high-frequency amplitude modulation ($\delta \to 0$) we recover the deterministic forced Duffing resonator model. At this point, we highlight that the timescale separation hypothesis, $\omega_m \ll \Omega \ll \omega_0$, is central to obtain this result. Indeed, if we suppose $\omega_m \ll \omega_0 \ll \Omega$, i.e., a very high frequency driving and average Eq. (0.4) before deriving the amplitude equation, then we cannot show evidence for vibrational resonance.

We numerically investigate the amplitude equation given by Eq. (0.7) for the parameters $\sigma = 0.0016$, $\eta = 0.001$, $\alpha = 0.4$, $\omega_m = 2\pi/200000$. These parameters values are chosen to match the experimental ones. By fitting the nonlinear resonance curve we get the mechanical quality factor $Q_M = \eta^{-1}$ and the nonlinear spring term $\alpha$ Chowdhury et al. (2017). The signal modulation frequency is chosen to be much larger than mechanical quality factor to ensure almost adiabatic evolution. Figure 0.4 shows the steady-state response curves (inferred from Eq.(0.7)) versus the driving amplitude for different high-frequency amplitude modulation. Without any high frequency drive ($\delta = 0$), the system displays a large hysteretic response (see Fig.0.4a). A slow modulation of amplitude less than the hysteresis width would not produce any jump between the branches, hence would not produce any strong amplification of the signal at $\omega_m$. The addition of the high frequency drive introduces an extra detuning which deforms the nonlinear response: in Fig.[0.4], we observe that the center of the hysteresis loop is shifted towards lower driving forces $F$, and that the width of the hysteresis shrinks as well. Since the signal modulation amplitude scales as $F\gamma$, this means that a smaller slow modulation amplitude $\gamma$ will be necessary to overcome the hysteresis width and produce large jumps between the lower and upper branch. This is the essence of the vibrational resonance phenomenon. In order to check this, we integrated numerically Eq.(0.7) with a slow amplitude signal at $\omega_m$. The results are shown on the time traces plotted in Figs[0.4a,c]. In the absence of high frequency amplitude modulation ($\delta = 0$) the response is quasi linear since the system cannot jump between the lower and higher branches for the chosen modulation amplitude. The amplification factor is close to one if the system resides on the lower branch (same as

Fig. 0.4: (a,b) : Steady state response $|R|$ versus F for (a) $\gamma = 0.15$ and $\delta = 0$ (red dashed lines) or $\delta = 500$ (blue line), and (b) $\gamma = 0.05$ and $\delta = 0$ (red dashed line) or $\delta = 1000$ (black line). Other parameters are $\sigma = 0.0016$, $\eta = 0.001$, $\alpha = 0.4$. The gray lines mark the linear regime (small driving limit $F \to 0$). (c,d) : time traces of the response $|R|$ corresponding to the maximum signal amplification in (a) and (b), with respectively in (c) $F_0 = 1.05 \times 10^{-4}$ and $\delta = 0$ (red dashed line) or $\delta = 500$ (blue line) and in (d) $F_0 = 8.45 \times 10^{-5}$ and $\delta = 0$ (red dashed line) or $\delta = 1000$ (black line). Vertical dashed lines in (a,b) lie at $F = F_0(1 \pm \gamma)$ and $F = F_0$, corresponding to the extreme and middle of the signal modulation.
the linear regime), or can be even smaller if it resides in the upper branch (de-amplification). When the driving $\delta$ is increased, the system is tuned into resonance and undergoes synchronous jumps with the signal driving frequency between the lower and upper branches (Fig. 0.4c). This corresponds to a large signal amplification, provided the signal amplitude is large enough, i.e. larger than the hysteresis width for the chosen parameters.

The amplification is shown in Fig. 0.5, rescaled to the response with zero high-frequency drive in the quasi linear case, i.e. on the lower branch. We plot both the amplitude ratio $M_a$ (ratio of the response amplitude with and without high frequency drive) and the power-spectral density (PSD) ratio $M$. $M_a$ displays a sharp transition corresponding to the tuning of the system into the bistable region. When the high-frequency drive is not large enough, the system stays in the lower branch and the response is quasi-linear, leading to an amplification factor close to 1. When the bistable regime is reached, a large amplitude amplification is obtained. And for still higher $\delta$ the system stays in the upper branch where the response is sublinear, thus leading to de-amplification as expected. The same thing occurs in the PSD, except that the transition is less marked because the response of the system is highly nonlinear, hence the spectral energy is spread among the different harmonics. Note that we reach here, with the chosen parameters, a PSD amplification of the same order of magnitude as in the experiment. However, much larger amplification factors can be reached for other slightly different parameters, as illustrated in Fig. 0.5, where $M \sim 140$ is obtained for still smaller linear driving signal not accessible in experiments. This important point is illustrated in Figs. 0.4b,d. If the signal strength is too small to overcome the hysteresis width, it is possible to increase the high frequency drive to tune it into the resonance. As shown in Fig. 0.4b, for $\delta = 1000$, a higher high-frequency modulation shifts the hysteresis curve further to the right, i.e. to lower overall forcing, but most importantly reduces the width of the hysteresis while not changing the hysteresis height too much. This makes it possible to amplify a much weaker signal by the vibrational resonance phenomenon. Note also that the amplification factor is even much larger in that case because of the already discussed different effect on the width and on the height of the hysteresis. This shows that it is necessary to tune both the high frequency drive $\delta$ and the modulation strength $F$ to amplify optimally a signal of a given amplitude.

**Discussion**

The previous analyses clearly indicate the primordial role of the high frequency amplitude modulation and of the proper timescale separation in such vibrational resonance phenomenon. The former allows to control the nonlinear resonance in order to amplify weak signals. The latter, while being compulsory for technical reasons in the theoretical analysis, could potentially be relaxed in experiments. The exact value of the external drive frequency $\Omega$ is not critical at all, as long as it satisfies the timescale separation condition with $\omega_m \ll \omega_f \Omega$ and if it remains non-resonant. Signal amplification results from the tuning into resonance of the non-linear response of the system. Here we have shown its effect on a bistable response curve, but amplification could occur also in the case of a
non multivalued response, as long as the slope of the tuned response is large enough to ensure appropriate amplification. In principle, for any given signal amplitude, it is always possible to adjust both the forcing strength $F$ and the high frequency modulation strength $\delta$ for vibrational resonance to occur. However, the maximum gain achievable will be a complicated function of all the system parameters.

By comparing the amplitude magnification curves in Figs. 0.3 and 0.5, we note a slight softening effect on the experimental gain curve whereas the theoretical one shows a sharp transition to high gain when the signal modulation is larger than the hysteresis curve turning points. This difference can be attributed to residual noise in the experiment which can modify the behaviour of the system close to the turning points of the nonlinear response.

At last, we can compare also the results of vibrational resonance with respect to those of stochastic resonance, even though the physics involved is quite different. As observed in previous optical implementations of vibrational resonance [Chizhovsky (2008); Chizhovsky and Giacomelli (2005)] in non-parametrically forced bistable systems, the time series obtained in the vibrational resonance scenario suggest a higher gain factor with respect to the one observed for our system in stochastic resonance [Chowdhury et al. (2017)], hence supporting the potential of the technique of vibrational resonance for small signal amplification.

In conclusion, we established and analysed the conditions for using vibrational resonance in order to enhance weak signals in a forced nonlinear oscillator, even if the system is initially monostable. The physical phenomenon is based on the resonance manipulation thanks to a non-resonant, high frequency amplitude-modulation drive obeying a timescale separation condition. We derived a model to describe vibrational resonance in a monostable, forced nonlinear oscillator which shows good agreement with our experimental results obtained on a forced nanoelectromechanical membrane. This deterministic amplification method gives rise to high amplification factors, especially when compared to stochastic resonance [Ren et al. (2017)]. In a more general framework, it may open new avenues for the manipulation of non-linear resonances with the addition of a non-resonant driving field.

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Methods

Fabrication of the InP resonator membrane The fabrication of the whole platform is based on a 3D heterogeneous integration process involving mainly four steps. First, a 400 nm-thick SiO$_2$ layer is deposited on the 260 nm-thick InP membrane, which is grown along with a 500 nm-thick InGaAs etch-stop layer on top of an InP (100) substrate by metal organic vapour phase epitaxy. Simultaneously, inter-digitated electrodes (IDTs) arrays, displaying a finger period of 2 $\mu$m, finger length of 10 $\mu$m and electrode width of 500 nm, are deposited on a Si substrate. The patterning process involves an electronic lithography, deposition of a 200 nm-thick gold layer and standard lift-off. The Si chip is then spin-coated with a 200 nm-thick DiVinylSiloxane-BenzoCycloButene (DVS-BCB) layer, thereby planarising the Si substrate. In the second step, the InP wafer is bonded on the Si substrate at high-temperature (300°C) by positioning the SiO$_2$ layer atop the DVS-BCB layer and by using a vacuum wafer bonding technique [Karle et al. (2010)]. The InP substrate and InGaAs etch-stop layer are then removed by chemical etching, leaving the residual 260 nm-thick InP membrane on the DVS-BCB-SiO$_2$ layer. In the third step, the InP membrane is patterned by standard e-beam lithography and dry-etching, to form a two-dimensional square-lattice photonic crystal of periodicity 532 nm, hole radius 181 nm and whole surface of $10 \times 20 \mu m^2$. It is clamped by four tethers of 2 $\mu$m length and 1 $\mu$m
width, in order to reduce clamping losses. The alignment of the photonic crystal mirror with respect to the IDT’s arrays, is performed with an accuracy better than 20 nm, by making use of alignment marks deposited beforehand on the Si substrate. Last, the photonic crystal membranes are released by underetching the underlying 400 nm-thick SiO$_2$ layer, followed by a critical point drying step. The lateral InP suspension pads act as protective structures for the SiO$_2$ layer beneath them, leaving them anchored to the substrate.

**Measurement of the out-of-plane motion** A He-Ne laser with wavelength of 633 nm is sent to the membrane. The reflectivity of the membrane is enhanced up to 50% by piercing a square lattice photonic crystal in it [Makles et al. (2015)]. The laser is focused on the membrane via an objective with a NA of 0.4. The light reflected by the membrane is brought to interference with a strong local oscillator. A balanced homodyne detector locked on the drive frequency at the interferometer output is then used to decipher the amplitude and phase of the mechanical motion.

**Actuation of the mechanical oscillator** The membrane is driven via the electrostatic force induced by the electrodes placed underneath. These electrodes are connected to an external signal generator which can go up to 50 MHz and is synchronised with a lock-in amplifier (HF2LI) which demodulates the detected signal at the actuation frequency. For vibrational resonance, the weak ($\nu_m$) modulated signal is generated by another signal generator (Model Agilent 33522A) and combined with the additive ($\nu_{HF}$) signal in the HF2LI. This signal is then modulated at the frequency of the quasi-resonant forcing ($\nu_l$) and sent to the electrodes. The electrical signal converted by the photodiodes (Thorlabs APD120A2) is time-recorded with the oscilloscope function of the HF2LI.

**Derivation of the theoretical model** Let us consider the timescale separation $\omega_m \ll \Omega \ll \omega_0$ and the resonance condition $\omega_l \sim \omega_0$. We first look for a solution to Eq. (0.4) using the ansatz $x(t) = C(t) e^{i(\omega_0 + \Delta)t} + cc$ (where $cc$ accounts for the complex conjugate term). After straightforward algebra, one gets an amplitude equation for the slow envelope $C(t)$, assuming that $\partial_t C \ll \omega_0^2 C$ and $\partial_t C \ll \omega_0 C$:

$$\partial_t C = -\eta \frac{\partial^2 C}{2} - i\Delta C + \frac{3\alpha}{2\omega_0} |C|^2 C - \frac{i}{4\omega_0} \left(1 + \gamma \cos(\omega_m t) + \delta \cos(\Omega t) \right), \quad (0.8)$$

The amplitude equation (Eq. (0.8)) corresponds to the one of a forced oscillator with temporally modulated amplitude. Since we have a strong timescale separation of the modulation frequencies, $\omega_m \ll \Omega$, one can consider the averaged variable on the short period $2\pi/\Omega$

$$A(\tau) \equiv \frac{\Omega}{2\pi} \int_{\tau}^{\tau + 2\pi/\Omega} C(t) dt \quad \text{and homogenise the scales} \quad \text{Bogoliubov and Mitzropol斯基 (1961)}$$

by writing

$$C(t) = A(\tau) - \frac{\delta F}{4\omega_0 \Omega} e^{i\Omega t} \quad (0.9)$$

Considering that the envelope $A(\tau)$ is a slow variable ($\partial_\tau A \ll \omega_m A$), using the ansatz (0.9) in equation (0.8) and averaging over the period $2\pi/\Omega$, we get the amplitude equation for the averaged response

$$\partial_\tau A = -\eta \frac{\partial^2 A}{2} - i \left(\Delta - \frac{3\alpha F^2 \delta^2}{16\omega_0^2 \Omega^2} \right) A + \frac{i}{2\omega_0} |A|^2 A - \frac{i F}{4\omega_0} (1 + \gamma \cos(\omega_m t)) \quad (0.10)$$

Introducing the notation $F' = \frac{F}{\omega_0}$, $\delta' = \frac{\delta}{\Omega}$ and $\alpha' = \frac{\alpha}{\omega_0}$ and omitting ', the equation reads

$$\partial_\tau A = -\eta \frac{\partial^2 A}{2} - i \left(\Delta - \frac{3\alpha F'^2 \delta'^2}{16} \right) A + \frac{i}{2} |A|^2 A - \frac{i F'}{4} (1 + \gamma \cos(\omega_m t)) \quad (0.11)$$

We further introduce a Madelung transform $A = Re^{i\phi}/2$ and $\gamma = 0$, and get
\[ \dot{R} = -\frac{n}{2}R - \frac{F}{2}\sin(\phi) \quad (0.12) \]
\[ R\dot{\phi} = -\left( \Delta - \frac{3\alpha F^2\delta^2}{16} \right) R + \frac{3}{8} \alpha R^3 - \frac{F}{2}\cos(\phi) \quad (0.13) \]

At steady state, \( \dot{R} = \dot{\phi} = 0 \) and we finally get the characteristic equation

\[ \frac{n^2}{4} R^2 + \left( \Delta - \frac{3\alpha F^2\delta^2}{16} \right) R - \frac{3}{8} \alpha R^3 = \frac{F^2}{4} \quad (0.14) \]

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