Thirty years of coral heat-stress experiments: a review of methods

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Abstract For over three decades, scientists have conducted heat-stress experiments to predict how coral will respond to ocean warming due to global climate change. However, there are often conflicting results in the literature that are difficult to resolve, which we hypothesize are a result of unintended biases, variation in experimental design, and underreporting of critical methodological information. Here, we reviewed 255 coral heat-stress experiments to (1) document where and when they were conducted and on which species, (2) assess variability in experimental design, and (3) quantify the diversity of response variables measured. First, we found that two-thirds of studies were conducted in only three countries, three coral species were more heavily studied than others, and only 4% of studies focused on earlier life stages. Second, slightly more than half of all heat-stress exposures were less than 8 d in duration, only 17% of experiments fed corals, and experimental conditions varied widely, including the level and rate of temperature increase, light intensity, number of genets used, and the length of acclimation period. In addition, 95%, 55%, and > 35% of studies did not report tank flow conditions, light–dark cycle used, or the date of the experiment, respectively. Finally, we found that 21% of experiments did not measure any bleaching phenotype traits, 77% did not identify the Symbiodiniaceae endosymbiont, and the contribution of the coral host in the physiological response to heat-stress was often not investigated. This review highlights geographic, taxonomic, and heat-stress duration biases in our understanding of coral bleaching, and large variability in the reporting and design of heat-stress experiments that could account for some of the discrepancies in the literature. Development of some best practice recommendations for coral bleaching experiments could improve cross-studies comparisons and increase the efficiency of coral bleaching research at a time when it is needed most.

Keywords Coral bleaching · Coral heat-stress · Temperature experiment · Heat-stress experiment · Bleaching experiment · Coral bleaching review

Introduction

Increasing atmospheric carbon dioxide concentrations are driving increases in seawater temperatures and causing ocean acidification, both of which threaten the survival of coral reef ecosystems (e.g., Veron et al. 2009; Cantin et al. 2010; Frieler et al. 2013; Hughes et al. 2018a; Eakin et al. 2019). Increasing seawater temperatures (i.e., ocean warming) is stressful for corals, and this heat stress causes a breakdown of the symbiosis between the coral host and its endosymbiotic dinoflagellate (i.e., Symbiodiniaceae), leading to coral bleaching (Jokiel and Coles 1990; Glynn 1996; Brown 1997; Hoegh-Guldberg 1999). In this bleached state, corals suffer reduced growth, health, and reproductive output leaving them more susceptible to
disease and mortality (e.g., Buddemeier et al. 2004; Brown 1997; Hoegh-Guldberg 1999; Maynard et al. 2015; Omori et al. 2001). Vast areas of reef habitat have already suffered substantial mortality following mass bleaching events in recent years. For example, 16% mortality was observed globally in 1998 (Wilkinson 2000; Veron et al. 2009) and 67% mortality was observed in the northern Great Barrier Reef in 2016 (Hughes et al. 2018b). Furthermore, during 2014–2017 many reefs experienced back-to-back bleaching events for the first time on record (Eakin et al. 2019; Harrison et al. 2019; Head et al. 2019; Hughes et al. 2019). Overall, the frequency, intensity, and duration of heat-stress events have increased over the last 35 years (Eakin et al. 2009; Hughes et al. 2018a; Eakin et al. 2019), and this trend is expected to continue as tropical seawater temperatures rise by another 1–3 °C (IPCC 2013) or more (Hughes et al. 2017). Severe bleaching is predicted to occur annually by 2030 in some regions, and globally by 2055 (van Hooidonk et al. 2014). Given the severity of projected global warming trends, we need to increase our understanding of the coral bleaching mechanisms and the factors that determine tolerance and resilience to rising seawater temperatures.

Technological advances over the last three decades have provided scientists new tools with which to research coral bleaching mechanisms using controlled heat-stress experiments (see review by Cziesielski et al. 2019). However, a common thread found throughout such studies is that the response of corals to elevated temperature varies among species, populations, and among genetically distinct individuals (e.g., Loya et al. 2001; Grottoli et al. 2006; Palumbi et al. 2014; Muller et al. 2018). Yet, some of the reported variability could be a function of unintended biases, variation in the experimental design, or the underreporting of critical information that would facilitate comparisons among studies. The aim of this review is to quantify the methodological variability and underreporting in the literature, we reviewed the experiments and reporting criteria of 243 peer-reviewed journal articles published since 1992. We approach this review with three specific goals:

**Goal 1** To document the timing and location of heat-stress studies, and the taxonomy of the corals studied.

Compiling this information will improve our understanding of where most experimental-heat-stress research has originated from, both spatially and temporally, and identify potential biases regarding which coral species have been most heavily studied.

**Goal 2** To quantify the variability in coral heat-stress experimental design methods.

It is unclear how much of the observed variability in coral heat-stress responses can be attributed to differences in experimental design. For example, there is evidence that bleaching resistance varies depending upon the rate of temperature increase, with differences in the ramp rate of as little as 0.5 °C d\(^{-1}\) being shown to cause differential responses (Middlebrook et al. 2010). In addition, there are several environmental variables known to influence the response of corals to heat stress, such as light (e.g., Jokiel and Coles 1977; Reynaud et al. 2004; Anthony et al. 2007), flow (e.g., Dennison and Barnes 1988), and nutrition (e.g., Grottoli et al. 2006; Ferrier-Pages et al. 2010; Wiedenmann et al. 2013). Documenting variability in experimental conditions will allow us to identify areas of coral bleaching experimental design and reporting that would benefit from increased congruence, which will allow for better comparisons among future coral bleaching experiments.

**Goal 3** To quantify the diversity of coral response variables measured in heat-stress experiments and how they are standardized.

Coral bleaching experiments are often designed with interest in specific aspects of the coral response, which could limit the extent of cross-study comparisons. Identifying where there are potential gaps of knowledge or biases in the literature will provide a framework for developing best practice recommendations for coral bleaching experiments, which is the topic of a companion paper developed during the 2019 Coral Bleaching Research Coordination Network workshop (Grottoli et al. 2020).

**Methods**

**Literature search**

This review focuses on publications that conducted heat-stress experiments on corals. A literature search was initiated using the ISI Web of Science database and search engine using the following string to identify relevant peer-reviewed publications: Title = coral, Topic = temperature AND bleach*. The initial search returned 1144 publications from 1992 to April 2019. We acknowledge that this approach has the inherent caveat that we may have missed relevant publications. Each publication was examined to assess if the study included the following elements: (1) an experimentally elevated temperature (thus excluding observational surveys conducted after natural bleaching events and reciprocal transplant/common garden experiments), (2) samples that were between the gamete and adult coral life stages (excluding host-tissue explants, ex-hospite and culture-grown Symbiodiniaceae and other microbes), and (3) at least one coral species in the order Scleractinia. The 1144 publications were checked twice to
minimize the likelihood of omitting studies which met the above criteria. Two hundred and forty-three publications met all criteria. We recognize that these publications are not a comprehensive list of all papers that have been published on heat-stress experiments in Scleractinian corals, but a subsample based on our search criteria. However, we believe that 243 is a suitably large enough sample size to truly represent the population of literature which has been published on coral bleaching experiments. In some instances, multiple publications were found to report different aspects of the same heat-stress experiment (e.g., Rodrigues and Grottoli, 2006; Rodrigues et al. 2008). However, because duplication was often not consistently explicit, all publications were treated as independent experiments to avoid erroneously omitting or merging studies. Similarly, twelve publications (< 5%) included descriptions of two or more different experiments. These were divided into separate studies, bringing the total number of heat-stress experiments to 255. The data for this review were collected between April and June 2019.

Data collection

The collated data were split into three sections and correspond to each goal: (1) temporal, spatial, and taxonomic information, (2) experimental design information, and (3) measured coral response variables.

Goal 1: Temporal, spatial, and taxonomic information

Eleven parameters were used to categorize the temporal, spatial, and taxonomic information within each publication (Table 1.1). Temporal information included the year of publication and the month and year the experiment began. Spatial information included the location and geographic coordinates of the experimental setup and the coral collection site. Taxonomic information was recorded to identify the most commonly investigated species, genus, and family. Taxonomic classifications were updated according to Montgomery et al. (2019), and the following nine species were reclassified: Acropora formosa to A. muricata, A. surculosa to A. hyacinthus, A. nobilis to A. intermedia, Diploria strigosa to Pseudodiploria strigosa, Favia favus to Dipsastrea favus, Fungi granulosa to Pleuractis granulosa, Goniatrea aspera to Coelastrea aspera, Montastrea faveolata to Orbicella faveolata, Montastrea annularis to Orbicella annularis. It is important to note that we relied on the species designations used by the authors of each publication. However, we recognize that taxonomic uncertainty is potentially another contributor to the observed variation in coral heat-stress responses reported in the literature. For example, recent advances in molecular techniques have revealed that the majority of colonies previously referred to as Pocillopora damicornis in Kāne‘ohe Bay, HI were actually Pocillopora acuta (Johnston et al. 2018). While it is outside of the scope of this review to account for potential errors such as this, we highlight that accurate identification of coral species is paramount to move the field forward. Finally, the life stages were recorded as either larval availability (henceforth referred to as pre-settlement life stages), larval settlement, post-settlement juveniles, or adult coral, following the guidelines designated by Ritson-Williams et al. (2009).

Goal 2: Experimental design information

Experiments were divided into three categories based on the maximum heat-stress duration according to definitions developed in Grottoli et al. (2020) as follows: (1) short-term experiments with heat-stress exposures of 7 d or less, (2) moderate-term experiments with heat-stress exposures of 8–30 d, and (3) long-term experiments with heat-stress exposures of more than 30 d. These categories help to differentiate between heat-shock experiments (short term), and those designed to mimic moderate and longer duration natural heat-stress events (Grottoli et al. 2020). Twenty-seven categorical and quantitative design parameters were recorded regarding the treatment factors, parent colonies and controls (Table 1.2.a), experimental timeline and temperature conditions (Table 1.2.b), light conditions (Table 1.2.c), and the seawater and tank conditions (Table 1.2.d). The overall design of the three experimental categories (short term, moderate term, and long term) were compared.

Goal 3: Measured coral response variables

The number and type of coral response variables quantified within each experiment were recorded, as well as information regarding the methods of standardization used for two of the most commonly measured variables of total chlorophyll and endosymbiotic algal density (Table 1.3.1–4). Twenty response variables were identified and grouped into the following categories: bleaching phenotype (Table 1.3.4.a), photosynthetic capacity (Table 1.3.4.b), holobiont phenotype (Table 1.3.4.c), Symbiodiniaceae type (Table 1.3.4.d), or other traits (Table 1.3.4.e).

Data analyses

The global distribution of the coral collection sites for heat-stress experiments was visualized using ArcMap v10.7. Analysis of similarities (ANOSIM) was used to determine if and how the three categories of heat-stress experiments
Table 1 Information collected from coral heat-stress experiments between 1992 and April 2019 included in this review. Data were split into three sections: (1) temporal, spatial, and taxonomic information, (2) experimental design information, and (3) measured coral response variables.

| 1. Temporal, spatial, and taxonomic information | 2. Experimental design information | 3. Measured coral response variables |
|-----------------------------------------------|----------------------------------|-----------------------------------|
| (1) Year of publication                        | (a) Treatment factors, parent colonies, and controls | (1) Number of response variables measured |
| (2) Date experiment began                      | (1) Number of treatment factors | (2) Method of normalization/standardization |
| (3) Years between start of experiment and publication (determined from 1 and 2 above) | (2) Type of treatment factors | (3) Surface area method [if applicable] (e.g., wax dip, foil, image analysis) |
| (4) Experiment location                         | (3) Number of parent colonies sampled | (4) Type of response variables measured: |
| (5) Coral collection site                       | (4) If parent colony was a controlled factor | (a) Bleaching phenotype |
| (6) Latitude and longitude of experiment location | (5) If time-zero control was collected | (i) Symbiodiniaceae density (cells cm⁻², mitotic index) |
| (7) Latitude and longitude of coral collection site | (b) Experimental timeline and temperature conditions | (ii) Photosynthetic pigments (Chlorophyll concentration) |
| (8) Latitudinal distance between collection site and experiment location (determined from 6 and 7 above) | (1) Coral healing period duration (d) | (iii) Color or optical characteristics (e.g., spectral reflectance) |
| (9) Coral family, genus, and species name       | (2) Coral acclimation duration (d) | (iv) Photosynthesis rate (also belongs to photosynthetic capacity category) |
| (10) Number of coral species per experiment     | (3) Temperature-ramping period duration (d) | (b) Photosynthetic capacity |
| (11) Coral life stage (pre-settlement life stages, larval settlement, post-settlement juveniles, or adult) | (4) Temperature-stress exposure duration (d) | (i) Chlorophyll fluorescence (typically measured using pulse amplitude (PAM) fluorometry) |
| (12) Seawater temperature above control (°C)    | (5) Post-stress recovery duration (d) | (ii) Photosynthesis rate |
| (13) Light conditions                           | (6) Seawater temperature above control (°C) | (c) Holobiont phenotype |
| (14) Mean light intensity (μmol photons m⁻² s⁻¹) | (7) Temperature ramp rate (°C h⁻¹) | (i) Mortality (survival and partial tissue mortality) |
| (15) Maximum light intensity (μmol photons m⁻² s⁻¹) | (c) Light conditions | (ii) Skeletal growth (calcification and skeletal extension) |
| (16) Light–dark cycle (h)                       | (1) Natural or artificial lighting | (iii) Respiration rate |
| (17) Seawater and tank conditions               | (2) Type of artificial lighting | (iv) Energy reserves (total lipid, protein or carbohydrate content) |
| (18) Flow-through, recirculating, or static tank system | (3) Indoor or outdoor tanks | (v) Heterotrophy (i.e., Artemia, zooplankton, dissolved and particulate organic carbon) |
| (19) Natural or artificial seawater             | (4) Mean light intensity (μmol photons m⁻² s⁻¹) | (vi) Tissue growth (biomass, tissue thickness) |
| (20) Unfiltered or filtered seawater            | (5) Maximum light intensity (μmol photons m⁻² s⁻¹) | (vii) Reproduction (response variables associated with pre-settlement life stages) |
| (21) Seawater filter type                       | (6) Light–dark cycle (h) | (d) Symbiodiniaceae identification |
| (22) Coral feeding regime                       | (7) Seawater and tank conditions | (i) Symbiodiniaceae |
| (23) Number of replicate tanks per treatment    | (1) Flow-through, recirculating, or static tank system | (e) Other traits |
| (24) Experimental tank volume (l)               | (2) Natural or artificial seawater | (i) Immunological compounds |
| (25) Tank turnover rate (lh⁻¹)                  | (3) Unfiltered or filtered seawater | (ii) Gene expression |
| (26) Seawater flow rate within tanks (cm s⁻¹)  | (4) Seawater filter type | (iii) Nutrient cycling within holobiont |
|                                                 | (5) Coral feeding regime | (iv) Microbiome |
|                                                 | (6) Number of replicate tanks per treatment | (v) Metabolites (a substance formed in or necessary for metabolism) |
|                                                 | (7) Experimental tank volume (l) | (vi) Proteomes (protein sets) |
differed from each other, and the data were visualized using a non-metric multidimensional scaling (NMDS) plot using six design parameters: number of coral species per experiment (Table 1.1.10), number of treatment factors (Table 1.2.a.1), the number of parent colonies sampled (Table 1.2.a.3), seawater temperature above control (Table 1.2.b.1), temperature ramp rate (Table 1.2.b.2), and number of response variables measured (Table 1.3.1). These parameters were chosen for multivariate analysis because they were the most commonly reported. Since only experiments that reported values for all parameters could be included in the multivariate analyses, the sample size for each category of experiment was as follows: 50 short-term, 49 moderate-term and 9 long-term experiments.

Temperature ramp rate and the number of parent colonies sampled were log-transformed to improve normality. All parameters were then standardized before constructing a Euclidean-distance dissimilarity matrix. The design parameters that most contributed to the separation among groups were identified using NMDS vector correlation analysis and similarity percentage analyses (SIMPER). Experimental temperature timelines were generated for each heat-stress duration category using seawater temperature above control (Table 1.2.b.1), and the median durations of healing, acclimation, ramping, stress-exposure, and recovery periods (Table 1.2.b.3–7). Median duration values were used because of the large variation in the data that limited the utility of presenting mean values. Throughout

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Table 1 continued

| a | Day on which temperatures in the stress-treatment tanks were increased above that of the controls. In most cases, only month and/or year were reported |
| b | Country, state, city/island, and laboratory facility name |
| c | Ocean basin/region (Caribbean, Central Pacific, Indo-Pacific, Atlantic, Mediterranean, Red Sea, or Indian Ocean), country, island, and reef name. For the purposes of this review, locations to the north of the Philippine Sea and the South China Sea were considered Central Pacific, as opposed to Indo-Pacific |
| d | Values in degrees and minutes only, not seconds |
| e | The distance between each degree of latitude is between 110.5 and 111.6 km, depending on location. For the purposes of this review, 111 km was used |
| f | Single-factor designs manipulated only one explanatory variable (i.e., temperature). Multiple-factor designs manipulated two or more explanatory variables |
| g | In addition to temperature, for example: pH, light, turbidity, nutrients |
| h | Author(s) specified that separate parent colonies were collected. However, in most cases, no testing was conducted to confirm genetic identity. We assumed that these colonies represented separate parent colonies (or genets) |
| i | A fragment from every parent colony was represented under every treatment condition |
| j | A coral fragment, was archived before the onset of temperature stress, representing a pre-treatment control |
| k | Number of days between coral collection from the reef or fragging (genet is cut into multiple smaller ramets using bone cutters or a similar tool) and placement into experimental tanks |
| l | In situations where authors reported a range of numerical values, the midpoint of the range was recorded. Example 1: “corals were allowed to acclimate for 10 to 20 days”, the midpoint value is 15 days. Example 2: “on average, tanks received between 200 and 300 μmol photons m⁻² s⁻¹ of light”, the midpoint value is 250 μmol photons m⁻² s⁻¹ |
| m | Number of days corals were in the experimental tanks, acclimating to ambient conditions before the experiment formally began |
| n | Number of days over which the seawater in the stress-treatment tanks was heated from the initial temperature (same as control) to the desired stress temperature |
| o | Number of days corals were exposed to stress-treatment temperature (not including the ramping period) |
| p | Number of days of post-stress monitoring of coral health/physiology after the temperature in the stress-treatment tanks was lowered back to the control treatment |
| q | The difference in temperature between the control treatment and the stress treatment. In cases where experiments had multiple temperature treatments, multiple values were recorded and treated as independent when calculating the mean temperature stress above control (Table S4.b.6) |
| r | Rate of seawater temperature increase in the stress-treatment tanks during the ramping period |
| s | Coral feeding regime, frequency and type (e.g., 200 Artemia per ml seawater twice a week for 1 h) |
| t | Time for all seawater to be replaced within a tank, typically measured using a graduated cylinder and a stopwatch |
| u | Seawater circulation speed in the experimental tanks, typically measured using a ruler and dye/beads |
| v | Normalization method (e.g., standardized to surface area or biomass/ash-free dry weight) used for the most commonly measured response variables of Symbiodiniaceae density and chlorophyll concentration to assess the continuity in reporting units among studies |
| w | Any characterization of bacteria, archaea, viruses, and or microeukaryotes associated with a coral |
this review, the prevalence of underreporting methodological information within each publication was quantified. All statistical analyses were prepared using the statistical software R (R Core Development Team 2017) and PRIMER V6 (Clarke and Gorley 2006).

Results and discussion

Goal 1: Temporal, spatial, and taxonomic information

Of the 255 experiments reviewed, almost half were published within the last 5 years (i.e., 2014 to April 2019) (Table S1.1, Fig. S1a). Although the total number of experiments published every year continually increased (Fig. S1a), the greatest number of experiments were initiated in 2011–2012 (Fig. S1b). The month and year experiments began were not reported in 40% and 36% of studies, respectively (Tables S1.2). On average, it took 3.9 ± 2.2 years (mean ± SD) for the results to be published (Table S1.2–1.3) after experiments began.

Experiment location and coral collection site

Over the last 30 years, coral heat-stress experiments were conducted in 26 countries and territories (Table S1.4). However, this is almost certainly an underestimate as almost a quarter of studies failed to report experiment location (Table S1.4). Out of the 196 studies that did report experiment location, the largest proportion took place in Australia (39%), USA (20%, of which nearly three-quarters were in either Hawaii or Florida) and Japan (6%) (Table S1.4).

Unlike experiment location, coral collection site was always reported, but with varying degrees of specificity, ranging from exact geographic coordinates for a single reef (e.g., Kirk et al. 2018) to basin-level categorizations (e.g., Rosado et al. 2019). The majority of the corals used in heat-stress experiments were collected from reefs in the Indo-Pacific (48%), followed by the Caribbean (17%), Central Pacific (15%), and Red Sea (12%) (Table S1.5). While the variety of coral collection sites was high, there were several hotspots for coral heat stress and bleaching research that do not necessarily represent the global distribution of tropical shallow reefs (Fig. 1). Several ocean regions (including Thailand, western Indian Ocean, and southern Great Barrier Reef) have been identified as potential areas of thermal refugia for corals over the next few decades (van Hooidonk et al. 2013; Cacciapaglia and van Woesik 2015). However, our results show that corals from these regions are heavily studied and, in some cases, appear to have never been included in a heat-stress experiment (Fig. 1). These understudied reefs are potential gaps in the existing literature, limiting our understanding of how corals in those regions may respond or acclimatize to heat stress and bleaching.

Of the 133 studies which reported latitude (or provided enough information to derive latitude) for both experiment location and coral collection site, 14% of studies transported their corals more than 1000 km (or approximately ten degrees latitude) north or south to the experimental location (Table S1.8). It is unclear what the total effects of the long-distance transport may be, but the majority of experiments did not account for the distance between collection site to experimental location in their experimental design or data interpretation. A potential problem with transporting corals prior to experimentation could be that the timing of the heat-stress experiment does not coincide with the natural timing of bleaching events at the site of origin. Similarly, the mean monthly maximum solar irradiance values differ significantly between summer and

![Fig. 1 Global distribution of tropical and subtropical shallow water coral reefs (black circles) and coral collection site hotspots (purple circles) for heat-stress experiments between 1992 and April 2019 included in this review. The size of purple circles is proportional to the number of studies that reported collecting coral samples within five degrees of the center. Data for known coral reef locations (black circles) are from the Global Coral Disease Database (UNEP-WCMC 2018). Service Layer Credits: ESRI, HERE, DeLorme](image-url)
winter, which has serious implications for corals in outdoor experiments under natural sunlight. This is an important consideration that may affect the outcome of an experiment, as coral resistance to heat stress is known to differ for some species between summer and winter. For example, photosynthesis rates are often higher in the summer, whereas corals may be more susceptible to photodamage and pigment loss in the winter (e.g., Scheufen et al. 2017).

**Coral species and life stage**

In total, 106 different Scleractinian species from 39 genera and 17 families were included in heat-stress experiments over the last 30 years (Table S2). Of the 255 studies, most investigated species belonging to the family Acroporidae (63%), Pocilloporidae (42%), and Poritidae (27%) (Fig. 2).

Globally, the three most commonly studied species were *Pocillopora damicornis* (21%), *Stylophora pistillata* (21%), *Acropora millepora* (29%), *Montipora capitata* (36%), and *Porites aspera* (23%) (Table S3). Within the Indo-Pacific, the most commonly studied species were *Pocillopora damicornis* (29%) and *Acropora millepora* (25%) (Table S3). Finally, from the Red Sea, the most commonly studied species were *Stylophora pistillata* (55%) and *Turbinaria reniformis* (21%).

The ratio of species investigated to number of experiments conducted within ocean basins ranged from 0.54 to 0.69 (Table S3). Overall, these data show that a small number of coral species are favored for coral heat-stress experimentation. This could be because of the ease of applying the existing knowledge on these highly studied species, because of the ubiquity of these species within each region, or because of logistical constraints (e.g., permitting, differential survivorship in captivity). Studying coral heat-stress responses in a few target species is advantageous in providing a large library of knowledge on the more abundant reef-building corals on both local and ocean-basin scales. However, a disadvantage of this approach is that numerous coral species with diverse traits remain understudied. To date, only a third of studies have investigated two or more coral species concurrently (Table S1.10).

Moving forward, incorporating greater numbers of coral species (especially those which are currently understudied) into heat-stress experiments will be key to building a more comprehensive catalog of coral responses to rising seawater temperatures.

A gap in the literature was identified regarding the life stages of corals studied. More than 95% of the studies investigated the effects of elevated temperature on adult corals, 2% on pre-settlement life stages, 1% on larval settlement, and 1% on post-settlement juveniles (Table S1.11). Interestingly, no studies investigating the effects of elevated temperature on gametes were found (Table S1.11). We recognize that our search criteria did miss some publications on these earlier life stages (e.g., Edmunds et al. 2001; Cumbo et al. 2013; Ritson-Williams et al. 2016). However, our results do effectively demonstrate that the proportion of studies which have been conducted on these earlier life-history stages is very low. There could be several reasons for this disparity, including logistical difficulties with collecting gametes and larvae, as their availability is temporally limited (e.g., Babcock et al. 1986; Szmant 1986; Richmond and Hunter 1990). While there are several challenges associated with the sexual reproduction of corals in captivity (see reviews by Petersen et al. 2007; Petersen 2008), reports of successful ex situ spawning have increased in recent years (e.g., Craggs et al. 2016).
Regardless of the reason, the heat-stress and coral-bleaching responses of these earlier life stages are critically understudied. A major drawback associated with investigating adult corals in isolation is that researchers cannot consider linkages that might exist among life stages or across generations (i.e., parental and epigenetic effects) (Marshall and Morgan 2011). For example, larvae of the brooding species *Pocillopora damicornis* were able to acclimate to elevated temperature inside parental polyps (Putnam and Gates 2015). However, in *Porites astreoides*, short-term heat-stress had no effect on larval survival or settlement and overall recruitment was significantly reduced due to elevated post-settlement mortality in the settlement and overall recruitment was significantly reduced due to elevated post-settlement mortality in the juvenile coral spats (Ross et al. 2013). Therefore, it is crucial to investigate the effects of heat stress across multiple life stages to accurately predict the evolutionary potential of coral reefs in a rapidly changing climate (Putnam and Gates 2015).

**Goal 2: Experimental design information**

More than half (51%) of the heat-stress experiments were short term, whereas 36% and 12% were moderate- or long term, respectively (Table S4). Four studies could not be placed into any of these categories as they continually ramped the temperature in their tanks and thus did not have a defined heat-stress-exposure duration (Table 1.2.b.6). Considering the most commonly reported six of a total of 27 design parameters together (i.e., number of species, number of treatment factors, number of parent colonies, seawater temperature above control, temperature ramp rate, and number of response variables measure), an ANOSIM revealed that short-term heat-stress experiments significantly differed from both moderate-term and long-term experiments, and the moderate- and long-term experiments were considerably different from each other (*p* = 0.058) (Table S5). Vector analyses and SIMPER analyses indicated that the number of parent colonies sampled and the seawater temperature ramp rate (°C h⁻¹) were large contributors to the observed separation between these heat-stress duration categories (Table S5, Fig. S2). The ramp rates were fastest and sample sizes smallest in the short-term experiments followed by the moderate- and long-term experiments.

**Treatment factors**

The percentages of single-factor (temperature only) versus multiple-factors designs were approximately equal at 53% and 47%, respectively (Table S4.a.1). Manipulating seawater temperature under controlled experimental conditions (where all other confounding variables are accounted for), allows researchers to test hypotheses related to the direct effect of temperature on the response variables of interest. Yet, as the effects of elevated temperature on the status of coral reefs have become clearer, understanding the interactions between temperature and other environmental stressors has become increasingly valuable. For example, it has been shown that bleaching susceptibility can increase under elevated concentrations of dissolved inorganic nitrogen (e.g., Wiedenmann et al. 2013). Similarly, the response of corals to heat-stress varies among species when simultaneously exposed to ocean-acidification conditions (e.g., Schoepf et al. 2013). For short-term studies, temperature and light were manipulated concurrently in a quarter of the experiments, and temperature and nutrients in another 8% (Table S4.a.2). In moderate-term experiments, temperature and light (12%), temperature and feeding (11%), and temperature and acidification (9%) were most commonly evaluated (Table S4.a.2). In long-term studies, almost a quarter applied temperature and acidification stress, and 17% manipulated temperature and light (Table S4.a.2). Another strength of multiple-factor and multi-level designs is that they allow researchers to construct reaction norms—a tool used to describe the pattern of phenotypic expression of a single genotype across a range of environments. While the application of reaction norms was nearly absent in the coral heat-stress experiments reviewed here, more researchers should consider incorporating such approaches moving forward, as they have been shown to be an invaluable tool used to model and predict the response to species to environmental stress in several other fields (Angilletta Jr. 2009).

**Parent colonies and temporal controls**

Only 4% of studies conducted genetic analyses on the parent colonies they collected to confirm that their samples were genetically distinct and were not clones (ramets). Instead, most publications reported that parent colonies were selected with some criteria in mind to avoid potentially replicating genets within an experiment, such as choosing corals with a minimum distance between them. Regardless of the method used to differentiate genets, the number of parent colonies sampled varied between heat-stress duration categories. Short-term experiments typically sampled from three to four parent colonies (25%), unlike moderate- and long-term studies which frequently sampled from ten or more parent colonies (29% and 33%, respectively) (Table S4.a.3). Surprisingly, a fifth of all heat-stress experiments used between one and three parent colonies (Table S4.a.3). Given that a minimum of four genets is needed to sustain 80% of allelic variability in a coral population (Baums et al. 2019), studies with fewer than four parent colonies may have biased results that are not sufficiently representative of the coral population in...
questions. It is important to note that the clarity with which sampling information is often presented has significant room for improvement, as 25% of experiments were unclear, reporting that “five corals” or “five fragments” were collected, but never specifying whether the fragments originated from single or multiple parent colonies (Table S4.a.3). Many publications failed to report the number of parent colonies sampled (9%) or whether parent colony was a controlled factor in the experimental design (34%) (Fig. 3a, Table S4.a.3–a.4). Only 17% of experiments archived fragments at the beginning of the experimental period as a time-zero control (Table S4.a.5). By doing so, researchers can identify how the tank incubation itself has affected corals during the experimental period, thus improving the application of results to the natural environment. The observed infrequency of such temporal controls may be because of limitations such as collection permit restrictions or limited space within tanks for additional fragments.

**Experimental timeline and temperature conditions**

The timeline of experiments varied substantially between the three heat-stress duration categories. The median...
number of days between coral fragmentation and the start of the experiment (i.e., the sum of healing period duration and coral acclimation duration) for short-term studies was 4 d, which was four times shorter than moderate-term experiments (16 d) and six times shorter than long-term (24 d) (Fig. 4a, Table S4.b.1–b.2). Surprisingly, 44% of studies did not report the duration of the healing period and 29% did not report the length of acclimation that each coral received before the onset of heat stress (Fig. 3b). The fragmentation of corals and movement to new environments presents a potentially stressful event, regardless of how seemingly moderate the new treatment conditions may be with tissue lesion healing taking up to 30 d (Lirman 2000) and with observable shifts in the microbiome (Thurber et al. 2009). This highlights the importance of a healing and acclimation period prior to the start of a heat-stress experiment, and the importance of reporting the duration of both periods.

The heat-stress temperature applied across all experiments was extremely varied and ranged from +0.8 to +15 °C above the control temperature, with an average of 4.9 ± 2.3 °C (mean ± SD, Table S4.b.6). The mean heat-stress temperature for short-, moderate-, and long-term studies was 5.2 ± 2.3 °C, 4.3 ± 2.0 °C, and 4.9 ± 2.8 °C (± SD), respectively (Fig. 4c, Table S4.b.6). The high experimental bleaching temperatures may be a consequence of most studies being short-term in design, which require rapid increases in temperature to rapidly reach a bleached state, or an artifact of experiments applying multiple levels of heat stress to ensure bleaching. Alternatively, if experiments were conducted in winter months (when ambient temperatures were naturally low) then substantial heating (e.g., +5 °C) would be necessary to reach bleaching thresholds.

The combination of heat-stress temperature and duration defines the degree of stress that corals experience in an experiment. The same parameters are used to predict coral bleaching and mortality in nature and is often reported in degree heating weeks units (e.g., Strong et al. 2006). The mean temperature ramp rate of short-term studies was almost two and a half times higher than moderate-term experiments and more than 4 times higher than that of long-term experiments (Table S4.b.7). Overall, the rate of temperature increase across all studies was much higher than expected (mean ± SD: 1.2 ± 2.2 °C h⁻¹, median: 0.08 °C h⁻¹) (Table S4.b.7). Unfortunately, seawater temperature ramp rate was not reported in almost a third of papers reviewed (Fig. 3b, Table S4.b.7). Interestingly, 21%

![Fig. 4 Experimental temperature timelines for short-term (dark blue), moderate-term (light blue), and long-term (purple) coral heat-stress experiments between 1992 and April 2019 included in this review. Shown are the: (a) number of days pre-stress during which corals are maintained at control temperature (i.e., sum of coral healing and acclimation durations), (b) the temperature-ramping duration, (c) mean stress-exposure temperature above control (±1 SD in shaded boxes) and duration, and (d) the post-stress recovery duration. See supplemental information for summary statistics and percentage data for: seawater temperature above control (Table S4.b.6), coral healing period duration (Table S4.b.1), coral acclimation duration (Table S4.b.2), temperature-ramping duration (Table S4.b.3), temperature-stress-exposure duration (Table S4.b.4), and post-stress recovery duration (Table S4.b.5). Note that the median number of days over which temperature was ramped is depicted here, not the average ramp rate. Temperature ramp rate statistics are summarized in Table S4.b.7)
of short-term experiments used no ramping period, and instead moved corals from the control temperature tank to the elevated temperature tank instantaneously (Table S4.b.7). The differential impacts of such varied water-heating strategies must be considered carefully when interpreting coral responses and extrapolating results to natural reef systems.

**Light conditions**

A larger proportion of coral heat-stress experiments were conducted using artificial lighting (52%) versus natural sunlight (42%) (Table S4.c.1), with 6% of studies failing to report light information (Fig. 3c). Of the 132 experiments with artificial light, 42% used metal halide lamps, 15% fluorescent lights, and 11% light-emitting diodes (LEDs) (although the latter only became common within the last ten years as they become more widely available) (Table S4.c.2). This variation is potentially problematic for cross-study comparisons because of differences in the distribution and spectra of light and heat emitted by each type of artificial light source (reviewed by Ozinga et al. 2008). For instance, under light fixtures that emit greater proportions of blue light, rather than red light, corals can have higher survival rates, growth rates, and Symbiodiniaceae densities (Wijgerde et al. 2014).

The proportion of experiments which were conducted outdoor under natural light was seen to increase as the duration of the heat-stress exposure increased (Table S4.e.3). However, 12% of studies did not report if tanks were indoors or outdoors (Fig. 3c, Table S4.e.3). A striking difference in light intensity was found between indoor and outdoor tanks, with mean light intensities of 227 and 429 μmol photons m⁻² s⁻¹, respectively (Table S4.e.4). Similarly, the average maximum irradiance levels reported for outdoor studies (847 μmol photons m⁻² s⁻¹) was almost four times as large as that for indoor studies (252 μmol photons m⁻² s⁻¹) (Table S4.e.5). Because of their technological limitations, artificial indoor lighting cannot mimic the light intensities and variability of natural sunlight, which has large consequences for studies trying to replicate natural conditions. The mean and maximum irradiance levels during the experimental period were severely underreported in both indoor and outdoor experiments (19–28% and 53–63% did not report, respectively) (Fig. 3c, Table S4.e.4, c.5). Similarly, the duration of the light–dark cycle was not reported in 55% of studies (Fig. 3c). To facilitate meta-analysis and cross-study comparisons, it is crucial to know the light levels under which corals were maintained, as light affects a myriad of coral response variables, such as chlorophyll concentrations (e.g., Dubinsky et al. 1984), coral growth rates (e.g., Falkowski et al. 1984), metabolic production (Khalesi et al. 2009), colony morphology (e.g., Ow and Todd 2010), and color and fluorescent proteins (e.g., D’Angelo et al. 2008). Most importantly, however, high light levels interact with temperature to enhance bleaching (e.g., Lesser et al. 1990), and therefore, reporting light levels is essential to interpreting heat-stress thresholds.

**Seawater source and nutrition**

Almost two-thirds of heat-stress experiments used open, flow-through-seawater systems (Table S4.d.1). This was particularly true for the moderate- and long-term studies (77% and 72%, respectively). Conversely, closed systems (recirculating and static tanks) were used in 26% of all experiments of which the majority were short-term (Table S4.d.1). Unfortunately, tank system type was not reported in 10% of studies (Fig. 3d). Similarly, 45% of experiments did not state whether they used natural or artificial seawater (Table S4.d.2). Of those which did, most experiments used natural (78%) rather than artificial (9%) seawater (Table S4.d.2). Knowing the seawater source used in heat-stress experiments is important because it can affect a variety of physicochemical parameters such as salinity, alkalinity, pH, dissolved oxygen, and nutrients (both organic and inorganic) that can directly affect coral health (see review by Borneman 2008). In terms of seawater filtration, 45% of experiments used some form of filtration (Table S4.d.3), and 45% of studies failed to report this information (Fig. 3d). Of the 116 studies which filtered incoming seawater, only 36% reported the type of filtration used (Table S4.d.4). A variety of methods were observed (e.g., UV, membrane, mesh, cartridge, GF/F), but sand or gravel seawater filtration was most frequently reported (Table S4.d.4). The type and amount of organic matter that can enter and exit experimental systems will vary depending upon the pore size and type of filter used, which in turn, has profound implications for coral heterotrophy. Corals can feed on a wide variety of organic materials including dissolved (e.g., Grover et al. 2008), detrital (Anthony 1999; Anthony and Fabricius 2000), and live-particulate matter including zooplankton (see review by Houlbrèque and Ferrier-Pagès 2009). Heterotrophy is vital for tissue building and lipid synthesis (Hughes et al. 2010; Baumann et al. 2014) and for supplying coral with important nutrients (such as nitrogen and phosphorus) that cannot be sourced through photosynthesis alone (Houlbrèque and Ferrier-Pagès 2009). Healthy corals can incorporate carbon from heterotrophic sources to meet up to 35% of daily metabolic demand, and bleached corals without photosynthetic inputs, may rely on these carbon sources almost exclusively (Palardey et al. 2008). Similarly, several studies have shown that heterotrophic carbon sources are key to maintaining carbon budgets and
facilitating recovery following single bleaching events (Grottoli et al. 2006, 2014; Palardy et al. 2008; Hughes et al. 2010; Hughes and Grottoli 2013; Levas et al. 2013; Baumann et al. 2014). However, only 43 studies (17%) explicitly stated that corals were fed (e.g., Artemia brine shrimp or zooplankton) during the experimental period (Table S4.d.5). The inclusion of heterotrophic carbon may be less critical for short-term experiments, but more than 60% of the moderate- and long-term experiments did not feed, or failed to report whether the corals were fed (Table S4.d.5). It is important to acknowledge that limiting access to labile organic material and zooplankton in a heat-stress experiment lasting weeks or months could unintentionally affect the results by adding further stress to the corals.

Tanks, flow, and turnover

The mean number of replicate tanks used per treatment was 3 for short- and moderate-term experiments and 6 for long-term experiments (Table S4.d.6) and the mean volume of each tank increased with heat-stress duration (Table S4.d.7). Unfortunately, the number and size of replicate tanks were not reported in a third of studies (Fig. 3d). More than half of experiments failed to report tank turnover rates and more than 95% did not report seawater flow within tanks (Fig. 3d, Table S4.d.8 and d.9). Water motion within marine aquaria is important to ensure homogenous mixing of temperature, pH, and dissolved oxygen and is important for metabolism, calcification, particle capture, nutrient uptake, and waste removal from the surface of colonies (reviewed by Leal et al. 2017). In the wild, corals in reefs with increased water flow bleach less intensely than corals from low flow environments (McClanahan et al. 2005). Similarly, when experimentally bleached, corals have higher survival and faster recovery of chlorophyll and Symbiodiniaceae density under moderate to high flow conditions (Nakamura and van Woestik 2001; Nakamura et al. 2003). The absence of adequate reporting of flow conditions is a major gap in the literature that may be contributing to biases in our perception of the high variability in coral bleaching responses and potentially reducing the applicability of findings to understanding natural bleaching events.

Goal 3: Measured coral response variables

On average, 4 ± 2 (mean ± SD) coral response variables were measured in each heat-stress experiment (Table S6.1) and were predominantly associated with the dinoflagellate endosymbiont rather than the coral host or the holobiont as a whole (e.g., Symbiodiniaceae density, photosynthetic pigments, and chlorophyll fluorescence) (Fig. 5, Table S6.4.a–b). Bleaching phenotype, photosynthetic capacity, and holobiont phenotype traits were measured in 78%, 57%, and 61% of experiments, respectively (Fig. 6).

Bleaching phenotype

Bleaching phenotype is a way to record the degree of paleness or photosynthetic function of corals in a heat-stress experiment. While most studies measured at least one bleaching phenotypic trait, 22% did not (Fig. 6). Of those that did, Symbiodiniaceae density (typically standardized to surface area) was the most commonly reported coral-bleaching-phenotype variable, followed by photosynthetic pigments (i.e., chlorophyll), color, and rate of photosynthesis (Fig. 5a, Table S6.2, 6.4.a). However, chlorophyll concentration was evenly split between surface area and Symbiodiniaceae density standardization (Table S6.2). Surprisingly, only a small proportion of these studies standardized their values to biomass (12%) or protein content (8%) (Table S6.2), despite evidence to suggest that such standardizations may be more biologically relevant and less prone to variation because of differences in tissue thickness and skeletal morphology (Edmunds and Gates 2002). Thus, one must be cautious when comparing results among studies as biomass and surface area standardized data are not equivalent (Edmunds and Spencer Davies 1986; Edmunds and Gates 2002). If authors were to make their data available with both surface area and biomass standardization, it would allow better comparison across studies and help reconcile findings among studies. Of the 157 studies which standardized at least one of their measured response variables to surface area, the most commonly used methods were wax dip (41%, Stimson and Kinzie 1991), foil wrap (24%, Marsh 1970), and geometric approaches (16%, e.g., Naumann et al. 2009) (Table S6.3). Unfortunately, 20% of these studies did not report the methods that were used to quantify surface area (Table S6.3), highlighting the need for common reporting requirements. Improved methodological reporting recommendations are discussed in our companion paper, Grottoli et al. (2020).

Photosynthetic capacity

Forty-three percent of experiments reviewed did not investigate photosynthetic capacity (Fig. 6). Of those that did, 44 experiments directly measured photosynthesis rate, whereas 124 experiments measured active chlorophyll a fluorescence, primarily via pulse amplitude modulated (PAM) fluorometry (Fig. 5b, Table S6.4.b). A wealth of information regarding the photochemical state of the in hospite Symbiodiniaceae can be determined via chlorophyll a fluorometry, and it has been used to demonstrate
that perturbations in photosystem II often underlie the breakdown of the coral-dinoflagellate symbiosis (e.g., Iglesias-Prieto et al. 1993). However, measurements of reduced Fv/Fm alone are not sufficient to reveal photosynthetic dysfunction (e.g., Middlebrook et al. 2010), cannot be used as a substitute for direct photosynthesis measurements (Hoegh-Guldberg and Jones 1999; Lesser and Gorbunov 2001; Warner et al. 2010), and therefore cannot be reliably used as an indicator of bleaching severity. This is an important factor to consider moving forward, especially as 11% of heat-stress experiments that measured photosynthetic capacity using PAM did not measure any type of bleaching phenotype trait.

**Holobiont phenotype**

Unlike bleaching phenotype or photosynthetic capacity traits, holobiont phenotype traits include the physiological responses of the coral host. Thirty-nine percent of studies did not measure any aspect of the holobiont phenotype (Fig. 6). Of those that did, the most frequently measured traits were skeletal growth (21%), energy reserves (17%), and respiration (17%) (Fig. 5c; Table S6.4.c). In terms of coral energy reserves, 13% of studies quantified soluble protein, 9% lipids, and 6% carbohydrates. However, most studies only measured a single holobiont trait, thus under representing the contribution of the host in the coral physiological response to heat-stress. When investigating

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### Fig. 5 Percentage of 255 coral heat-stress experiments between 1992 and April 2019 included in this review that measured each listed coral response variable in the following categories:

- **a** bleaching phenotype,
- **b** photosynthetic capacity,
- **c** holobiont phenotype,
- **d** Symbiodiniaceae identification, and
- **e** other traits. Within each category, response variables are ordered top to bottom from most frequently measured to least.

Note: Photosynthesis rate is represented in two categories as it is both a bleaching phenotype trait as well as a photosynthetic capacity trait. Percentage data illustrated above can also be found in Table S6.4a–e.
Within each trait category can be found in Table S6.4.a–c details regarding which coral response variables are measured (within the three main categories: bleaching phenotype, holobiont phenotype, and photosynthetic capacity traits) are needed to better characterize coral responses to heat stress and provide a more holistic approach to our understanding of coral bleaching. Similarly, more consistent normalization methods or inclusion of multiple standardizations (e.g., chlorophyll concentration per cm² and per gram dry weight) will further enable better comparisons among studies. Overall, understanding the specific ways in which heat-stress experiments are designed and executed is key to applying the results to corals on the reef. For instance, the results of a short-term, increasing in recent years with improvements in sequencing technologies, but are similarly understudied overall (only 10 of the 255 studies) (Fig. 5e).

**Summary**

Our results highlight substantial variability in the coral species studied during heat-stress experiments, the locations of those experiments, and the way in which they have been designed. In addition, we have identified a serious problem regarding the underreporting of critical methodological information. Data compiled under Goal 1 revealed that very little research has been conducted on the response of early life stage corals to heat stress. Similarly, a plethora of coral species and reefs locations have yet to be studied in heat-stress experiments. By quantifying the variability in coral heat-stress experiments under Goal 2, we identified two research areas that would benefit from increased congruence: standardization of experimental conditions (i.e., temperature level and ramp rate, light, flow, feeding regime, number of genets) and the length of acclimation and healing periods. In addition, the effects of prolonged experimental heat-stress (> 7 d) is relatively understudied. Finally, data gathered under Goal 3 revealed that greater consistency in the number and type of response variables measured (within the three main categories: bleaching phenotype, holobiont phenotype, and photosynthetic capacity traits) are needed to better characterize coral responses to heat stress.

The response of corals to heat-stress, it is important to measure a variety of holobiont traits as there is evidence that corals undergo physiological trade-offs to survive stressful environments. For example, it has been demonstrated that *Acropora millepora* harboring the thermotolerant Symbiodiniaceae *Durusdinium*, suffered concomitant decreases in lipid reserves and had smaller gamete size compared with colonies harboring the less thermotolerant *Cladocopium* (Jones and Berkelmen 2011). Similarly, under repeat-bleaching scenarios, *Orbicella faveolata* shifts toward *Durusdinium* dominance but concurrently undergoes declines in Symbiodiniaceae density, energy reserves, and calcification (Grottoli et al. 2014).

**Symbiodiniaceae identification**

Only 22% of experiments identified the species of Symbiodiniaceae harbored by their corals (Fig. 5d, Table S6.4.d). Knowing the identity of the dinoflagellate endosymbionts is important for bleaching studies because some Symbiodiniaceae species are more thermally tolerant than others. For example, corals that associate with *Durusdinium trenchii* (formerly known as *Symbiodinium* clade D1a, LaJeunesse et al. 2018) are more resistant to bleaching than corals without this species of endosymbiont (Glynn et al. 2001; Berkelmans and van Oppen 2006). A small proportion of corals can also shuffle their dinoflagellate endosymbionts to harbor more thermotolerant species as an acclimation response to heat-stress (Buddemeier and Fautin 1993; Baker 2001, 2003; Berkelmans and van Oppen 2006; Jones et al. 2008; Grottoli et al. 2014). Yet, increased thermotolerance can come at a cost of reduced carbon translocation (Cantin et al. 2009), altered energetics (Jones and Berkelmans 2011, 2012), and reduced skeletal growth (Little et al. 2004; Jones and Berkelmans 2010; Grottoli et al. 2014; Cunning et al. 2015). Thus, if the endosymbiotic dinoflagellate community composition harbored by corals in an experiment is unknown, it makes distinguishing between environmental and genetic (Symbiodiniaceae species harbored) effects more challenging and reduces the reliability of inter-study comparisons. Taxonomic or functional profiles of other coral-associated microbes under heat-stress have been increasing in recent years with improvements in sequencing technologies, but are similarly understudied overall (only 10 of the 255 studies) (Fig. 5e).
rapid temperature ramp experiment provide insight into the physiological responses of corals to short-term perturbations such as extreme low tides in lagoons (e.g., Oliver and Palumbi, 2011), whereas a long-term, gradual heat-stress onset design provides insight into the physiological responses of corals to natural bleaching events (e.g., Grottoli et al. 2014). Overall, this study provides the first comprehensive assessment of the methods and approaches used in coral heat-stress experiments and provides the foundation for developing best practice recommendations.

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Compliance with ethical standards

Conflict of interest On behalf of all authors, the corresponding author states that there is no conflict of interest.

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