Objective  The objective of this study was to investigate the morphologic features and $^{68}$Ga-prostate-specific membrane antigen (PSMA)-11 avidity of celiac ganglia (CG) on multimodal PET/MRI.

Materials and methods  $^{68}$Ga-PSMA-11 whole-body PET/MR examinations in 120 patients, referred for staging or follow-up of prostate cancer, were retrospectively reviewed to investigate the radiotracer uptake [maximum standardized uptake value ($SUV_{\text{max}}$)] and morphologic features (size, shape, location) of CG. Nodular, oval and longitudinal nodular, thick or with oval parts shapes of CG were regarded as mistakable with lymph nodes, whereas linear and longitudinal shapes were considered as not mistakable.

Results  On MR scans, CG were visible in 98% (117/120) on both sides and in two patients only on the left side. Mistakable CG shape was detected in 69% (83/120) of patients on both or at least one side. The left CG were thicker (4 ± 1.4 mm; range: 1.5 – 7.5 mm) than the right ones (3 ± 1.3 mm; range: 0.5 – 7 mm). Mean $SUV_{\text{max}}$ was 2.51 ± 1.17 (range: 0.02 – 5.48) in the left CG and 2.23 ± 1.22 (range: 0.02 – 5.91) in the right CG. Increased $^{68}$Ga-PSMA-11 uptake, $SUV_{\text{max}}$ at least 2, was detected in 75% (90/120), and both – erroneous shape and elevated $^{68}$Ga-PSMA-ligand uptake – was observed in 55% (66/120) of all patients on both sides or at least one side.

Conclusion  Frequently observed, the nodular, oval and longitudinal (nodular, thick or with oval parts) shape of CG, especially of the thicker left CG, on MR scans may cause mistaking them for lymph nodes, even abnormal or metastatic. On whole-body PET/MRI, evident and sometimes high $^{68}$Ga-PSMA-11 uptake in CG increases the risk of a misinterpretation of them as metastases. Nucl Med Commun 40:175–184 Copyright © 2018 The Author(s). Published by Wolters Kluwer Health, Inc.

Keywords: celiac ganglia, $^{68}$Ga-PSMA, lymph node, metastasis, PET/MR, prostate

Introduction  Celiac ganglia (CG) are intrinsic parts of the complicated neural sympathetic network, symmetrically organized around blood vessels and organs in the upper abdomen (Fig. 1). CG are the biggest consolidated parts of this network [1]. Although generally clearly visible on modern computer tomography (CT) and especially on MRI, CG seem not to be sufficiently identified by the radiologists. Only the anesthesiologists were since long interested in precise localization and visualization of CG with different subsequently developing methods of imaging, for the procedures of CG therapeutic blockade [2–4].

The shape of CG has been described as lobulated, nodule shaped, oval, bean shaped, band shaped, teardrop, comma, retort, discoid, lamina shaped, sickle shaped or half-moon, in different anatomic or imaging studies so far [1,5–10]. Because of their nonspecific shape, there is a strong possibility of mistaking the CG for other structures, including pathological.

Especially the left celiac ganglia (L-CG), if oval or lobulated in shape, with a mean short-axis diameter of 4 mm [9,11] and range up to 9 mm reported in cadaver studies (5), may be radiologically mistaken for a metastatic lymph node or other kind of retroperitoneal malignancy, including those of adrenal origin [1,5,10,12]. Even fine-needle aspiration biopsy results may be misleading, if the cytologist is not aware of the possibility of targeting a CG, because its morphologic differential diagnosis includes also reactive lesions and even neoplasms (e.g. melanoma, neurogenic tumors, seminoma, Hodgkin lymphoma) [13].

However, before the introduction of $^{68}$Ga-prostate-specific membrane antigen (PSMA)-targeted radiotracers in multimodal PET imaging, the awareness of CG existence was less crucial.

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Upon the introduction of $^{68}$Ga-PSMA ligands to the PET/CT and PET/MRI in the detection, management and treatment of prostate cancer, a substantially high radiotracer uptake in normal CG was recognized as one of the pitfalls [8,11,14–16]. Thus, the potential morphological trap on the CT or MR part of the multimodal imaging has been significantly enhanced by the functional molecular deception on PET scans. The knowledge of the location, morphology and uptake of PSMA ligands in CG becomes, therefore, even more important now, in view of the widespread imaging of this type and its excellent results in early detection and treatment monitoring of prostate cancer, with significantly better sensitivity than previously used radiotracers [17].

When a diagnostic imaging specialist describing multimodal PET will see the uptake in a CG and describe it wrongly as a single metastasis, that may lead to wrong therapeutic decisions (treating a healthy patient). In addition, there are appearing reports of detection also other than prostate cancer malignancies and their metastases with application of PSMA ligands [18]. If in the future PSMA PET/CT and PSMA PET/MRI will be used for other oncological purposes, CG may be wrongly taken for abdominal paraaortic metastases in other cancers as well. Therefore, in the view of possible increase in the number of PSMA multimodal PET studies, there is also growing importance of being familiar with “celiac pitfall”. Although there are a few studies concerning the mistakes appearance of CG on PET with $^{68}$Ga-PSMA-ligand, even the recent one by Rischpler et al. [8], they all concern PET imaging combined with CT [11,14–16].

In this study, the authors conducted a detailed analysis of MR morphological features and localization of CG, as well as characteristics of their PSMA-ligand uptake on multimodal PET/MRI, with special attention to circumstances increasing the possibility of potential serious diagnostic pitfalls (Fig. 1).

**Materials and methods**

One hundred and twenty whole-body $^{68}$Ga-PSMA-11 PET/MR studies undertaken in 120 randomly chosen
patients examined between January 2016 and February 2018 constituted the subject of detailed retrospective analysis. The retrospective study was performed in accordance with the principles of the 1964 Declaration of Helsinki and all subsequent revisions and with national regulations. All patients had provided routine written informed consent before each examination.

The patients were male individuals (age range: 40–83 years, mean 64±8.85 years; weight range: 59–123 kg, mean: 86±11 kg) referred for routine primary staging or follow-up of prostate cancer. Twenty-six patients were referred for exclusion or primary staging of a prostate cancer without any previous treatment (three were healthy, two demanded further diagnostics and control, 21 had a newly diagnosed prostate cancer), and 95 patients were treated (underwent radical prostatectomy or other treatment: transurethral resection, high-intensity focused ultrasound, irreversible electroporation, sectioning with nanoknife, brachytherapy, teleradiotherapy, hormone therapy, and combinations of the above or other treatment). All examinations were performed using a multimodal PET/MR system (Biograph mMR scanner; Siemens, München, Germany; based on the 3T MR platform). All patients underwent the whole-body MR and the whole-body PET imaging for about 81±22 min (range: 50–157 min) after injection of 169±20 MBq (range: 115–225 MBq) of 68Ga-PSMA-11.

68Ga-PSMA-11 was synthesized as follows. 68Ge/68Ga generator (Eckert & Ziegler Rdiopharma GmbH, Berlin, Germany) was eluted with 5 ml of sterile, ultra-pure 0.1 mol/l hydrochloric acid, in order to obtain a sterile, endotoxin-free solution of 68Ga chloride. For labelling, a vial containing 20 µg sterile and endotoxin-free lyophilisate of PSMA-11 (GMP) (ABX, Radeberg, Germany) and a vial containing 60 mg of sodium acetate were used. To the above set, 2 ml of 68Ga chloride was added and mixed for 10–20 s to complete dissolution. Subsequently, the mixture was incubated for 10 min at 95°C. The labelled tracer was purified on a column of Sep-Pak Light C18 (Waters Corporation, Milford, Massachusetts, USA) and filtered on a 0.22 µm pore size filter (MILLEX-GV; Merck Tullagreen, Carrigtwohill, County Cork, Ireland). Radiochemical purity (≥95%) was confirmed by thin-layer chromatography, which was checked on iTLC-SG bands in ammonium acetate-methanol (1:1) solution.

To reduce patients’ discomfort during the long PET/MR examination time, the patient’s arms were placed along-side the body. PET and MRI were performed simultaneously. MR sequences included axial T2-weighted TSE fat-saturated 5 mm-slice, 400 mm field-of-view (FOV) images, respiratory gated in the region of the chest and abdomen, axial T1-weighted Vibe Dixon 3 mm-slice, 430 mm FOV images, breath-held in the region of the chest and abdomen and diffusion 6 mm-slice, 380 mm FOV images with free-breathing (b = 0, and 800 s/mm2). Attenuation correction was calculated according to the manufacturer’s protocol on the basis of a fast 3D FLASH-based MR VIBE (volume interpolated breath-hold examination) sequence. As the tissue class segmentation for whole-body MR-based attenuation correction includes air, lung, fat and soft tissue, a dual contrast two-point Dixon acquisition protocol was used with an in-phase and an opposed-phase echo. These segmentations into four classes have been shown to provide comparable PET image results in comparison with standard CT-based reconstructions. Dixon is a common technique to allow for inline MR fat and water segmentation. Hence, a single acquisition results in a total of four image series and contrasts (in phase, opposed phase, fat and water contrast), which are used to compute the attenuation maps.

PET imaging was performed with an acquisition time of 5 min per bed position in a caudocranial direction starting from the pelvis. Acquired PET sinograms were reconstructed with the HD-PET algorithm (point-spread function) using three iterations, 21 subsets, and a Gaussian filter: the full width at half maximum 4.0 mm, an image matrix of 172. Performed separately, pelvis and lower limbs PET/MRI was not analyzed in the current study.

Image analysis
The retrospective review included the features of coeliac sympathetic ganglia on 68Ga-PSMA-11 PET/MR scans, the radiotracer uptake [maximum standardized uptake value (SUVmax) normalized by body weight] and morphologic features (the size, shape and location) on MRIs. The background 68Ga-PSMA-11 activity was measured in gluteal muscles (GM) and the descending aorta (DA). SUVmax in the liver and kidneys was also recorded. Analysis and quantification were performed on a Syngo via Viewer workstation (Siemens). Examinations were analyzed by two experienced certified diagnostic imaging specialists qualified in radiology and nuclear medicine, on a side-by-side basis to reach a consensus.

CG shapes that can be mistaken for lymph nodes, both normal and metastatic (malignant), included nodular (nodules variable in number, sometimes multiple; pure nodules and also nodular-longitudinal or nodular-linear), oval and longitudinal nodular, longitudinal thick or longitudinal with oval parts (Fig. 2a). Not-mistakable CG shapes included linear-regular, linear-irregular or wavy, linear-interrittent, and linear with small nodules and longitudinal (Fig. 2b).

Statistical analysis
Statistical calculations were performed using Stata software package version 14.1 (Stata Statistical Software: Release 14; StataCorp., College Station, Texas, USA). Normality assumption was verified using the Shapiro–Wilk test. A significant test result was interpreted as violation of normality (when the P ≤ 0.05). The assessed variables included the patients’ age (years), height (cm), weight (kg), radiotracer etc.
**Results**

On MR scans, CG were visible in 117 patients out of 120 (98%) on both sides and in two patients only on the left (L) side. In one patient, a reliable identification of both CG, and in two other patients, the identification of the R-CG was not possible either on MR or PET scans, probably due to their extreme thinness. One L-CG was excluded from the statistics, apart from the location.

Dimensions of CG are displayed in Table 2. A moderate positive correlation was detected between the thickness of the R-CG and the L-CG ($r = 0.51$, $P < 0.0001$).

The vast majority of the L-CG revealed shapes that could be mistaken for lymph nodes. Detailed assignment of mistakable and not-mistakable CG shapes is presented in Tables 3 and 4, and, in respect to the total number of patients, in Fig. 3.

Described previously on CT as typical for CG comma, comma-like, tear or crescent shape was very rarely observed on MR, only in 3% (3/117) on the right side and 13.5% (16/118) on the left side (Table 5 and Fig. 4).

Mean SUV$_{max}$ was $2.51 \pm 1.17$ (range: 0.02–5.48) in the L-CG and $2.23 \pm 1.22$ (range: 0.02–5.91) in the R-CG. A low positive correlation was detected between CG SUV$_{max}$ and their thickness ($r = 0.35$; R-CG: $P = 0.0001$, L-CG: $P = 0.0003$). Negligible positive correlation was detected between CG SUV$_{max}$ and liver SUV$_{max}$ (R-CG: $r = 0.29$, $P = 0.002$; L-CG: $r = 0.22$, $P = 0.016$) and between R-CG SUV$_{max}$ and the background in the DA ($r = 0.25$, $P = 0.006$). Negligible negative correlation was detected between CG SUV$_{max}$ and kidney SUV$_{max}$ (R-CG: $r = -0.30$, $P = 0.046$; L-CG: $r = -0.26$, $P = 0.014$).

The mean SUV$_{max}$ of the background measured in GM and in the DA was $1.05 \pm 0.33$ (range: 0.46–2.00; median: 0.99) and $1.07 \pm 0.55$ (range: 0.13–2.91; median: 0.89), respectively. There was a low positive correlation between them ($r = 0.48$, $P < 0.0001$). A negligible positive correlation was detected between age and SUV$_{max}$ in GM ($r = 0.28$, $P = 0.002$) and a negative one between uptake time and the SUV$_{max}$ in the DA ($r = -0.25$, $P = 0.006$).

As increased, mistakable with lymph node metastases, $^{68}$Ga-PSMA-11 uptake in CG we regarded SUV$_{max} \geq 2$ (of at least 2). There are a few reasons for the choice of that value. First, because SUV$_{max}$ of 2 was a previously proposed cut-off value for prostate cancer metastases.
It was also the upper limit of the background activity in GM in our study. Moreover, the range of SUV\textsubscript{\text{max}} values detected in prostate cancer lymph nodes metastases, though usually distinctly high, is being reported to begin from 2.0-2.1 \cite{11,26} and therefore SUV\textsubscript{\text{max}} of 2 be regarded as potentially pathological.

Both erroneous shape and elevated 68Ga-PSMA-ligand uptake was observed in 55% (65/118) of the L-CG and 14% (16/117) of the R-CG.

Mistakable CG features with respect to the total number of patients are presented in Fig. 3. As the exact knowledge of the location of CG seems crucial for avoiding a diagnostic mistake, the detailed relationship of the CG to the surrounding structures (aorta and its branches, crura of the diaphragm, inferior vena cava, adrenal glands, vertebral column) is presented in Figs 5–8.

### Discussion

CG, consolidated parts of the sympathetic neural system, may adopt tumor-like shapes, thus constituting a diagnostic trap, especially on oncologic CT or MRI. Particularly, the bigger L-CG may reach a minimal axis diameter of up to 7 mm, as revealed in our PET/MR study, and according to Abtahi \textit{et al.} \cite{5} in a CT-based study, even up to 22 mm, but there is a possibility of a different measurement plane. In our study, the short axis of the CG was measured as a perpendicular line to the long CG axis on the transverse plane, but not as parallel to any axis of the body.

However, before the era of PET with PSMA ligands the radiologists’ interest in CG or even the awareness of their presence on CT and MRIs seemed to be really infrequent. They were probably taken for celiac lymph nodes, usually benign, because of their size.
In our study, the mean short axis of the L-CG amounted to 4 mm and the R-CG 3 mm. The same values were obtained by Wang et al. [9] in a CT-based study, which is in concordance even with the anatomical study from the year 1907 [1]. Similarly, Krohn et al. [11] provided 4 mm as a mean short dimension of all identified CG. However, Zhang et al. [10] reported lower values of 2.58 mm for the R-CG and 3.05 mm for the L-CG, but MRI was performed on cadavers, which was the most probable cause of differences. In most previous papers concerning PET avidity of CG, their dimensions were not measured.

Bilateral identification of CG was possible on MRIs in 98% of patients in our study, which is a higher detection rate than that obtained on CT (66%) [9]. This is not surprising, due to the obvious better resolution of MR in general, and difficulties of distinguishing tissue boundaries, especially of small lesions, in case of a low amount of visceral fat on CT.

In spite of the fact that the short-axis diameter regarded as the radiological indicator of lymph node enlargement in
coeliac area is as much as 10 mm, or 8–10 mm if numerous nodes are present [20], there are also size-independent morphological features that are considered pathological, such as oval (rounded, elliptical) or nodular shape and lack of visible hilum [21]. CG may adopt the above-mentioned features. A considerable number of patients in our study (69%) turned out to present morphologically the mistaken shape of CG on at least one side. This is a higher rate than that reported in CT-based studies (65% multilobulated L-CG and 64% R-CG, but with respect to the number of visualized CG, not the total number of patients) [9], and it may be the consequence of differences in the image conspicuity between these two modalities. The above-mentioned differences were probably also the reason for the surprisingly low prevalence of comma-like, tear or crescent CG shapes in our MR-based study, in comparison with previous CT-based ones.

After disclosing of 68Ga-PSMA-ligands uptake in normal CG on PET/CT imaging, which may lead to an erroneous suggestion of prostate cancer metastases [8,11,14–16], the coeliac pitfall became more common and serious. PSMA, nowadays a misleading term for a glutamate carboxypeptidase II (GCPII, EC 3.4.17.21), is a transmembrane proteolytic enzyme physiologically to be found in different parts of the body, also strongly expressed in the nerve cells within CG, thus explaining CG avidity on multimodal PSMA-ligand PET imaging [11].

In our study, mean SUV$_{max}$ in the L-CG was 2.51, in the R-CG 2.23, and 2.37 with respect to all CG, which is slightly lower than that reported in CT-based multimodal...
PET studies, wherein mean SUV_{\text{max}} ratios in both CG were 2.9–3.56 [8,11,14] or 2.6 in the R-CG and 2.7 in the L-CG [15]. The reason for that may be the different methods for attenuation correction used in CT and MRI, as well as the halo artifact from the kidneys, which often suppresses or even eliminates the signal from the neighboring structures, including CG in MRI [22]. In our study, higher kidney SUV_{\text{max}} correlated with lower CG SUV_{\text{max}} with statistical significance (P = 0.014). Thus, the results of CG uptake from \textsuperscript{68}Ga-PSMA PET/MR may be slightly underestimated, yet equally notable and of significance, in comparison with PET/CT.

As increased, mistakable with lymph node metastases, \textsuperscript{68}Ga-PSMA-11 uptake in CG we regarded SUV_{\text{max}} of at least 2, a previously proposed cut-off value for prostate cancer metastases [23–25]. SUV_{\text{max}} of two was also the upper limit of the background activity in GM in our study. Moreover, the range of SUV_{\text{max}} values detected in prostate cancer lymph nodes metastases, although usually distinctly high, is being reported to begin from 2.0 to 2.1 [11,26].

We found this mistakable uptake in the vast majority of all patients (75%) on at least one side, in 71% of patients in the L-CG, and in over half (54%) of patients in the R-CG. However, elevated, highly suspicious uptake was sometimes found in a thin, linear, not suspicious morphologically CG. Therefore, we combined both features, mistakable CG shape and mistakable CG PSMA-ligand uptake, obtaining invariably high percentages indicating a possible mistake in 55% of all patients in at least one CG, and in 54% of patients in the L-CG.

Notwithstanding, whether in some cases the reason for high SUV_{\text{max}} in CG may be artefactual shining from adjacent vessels or bowel, the fact is that putting the region of interest on a suspicious morphological ganglion and receiving of such a high uptake strengthens potential mistakes.

The PSMA-ligand uptake adjacent to CG metastases was reported to be significantly higher [8]; nevertheless, SUV_{\text{max}} values described in metastatic lymph nodes and CG overlap. The highest SUV_{\text{max}} values recorded in CG were 5.48 in the L-CG and 5.91 in the R-CG in our study, and up to 6.4–6.5 in CT-based studies, with as high values as 7.7 when using the BLOB-OS-TF reconstruction algorithm [11,15,16].

The main hint for the proper identification of CG on imaging, apart from their symmetry and sometimes characteristic shape, remains their location.

General relationships of CG to surrounding structures and organs are compliant with previous anatomical and imaging reports in our study. The ganglia of the coeliac plexus may be flat or elevated, single or multiple, or united by gangliated commissures or flattened nerve strands [1]. Proximally, CG are connected with the diaphragmatic ganglion, distally with the renal ganglion, and mediadly with the opposite one by a horn-like process [1]. These anatomical observations explain imaging appearance. Actually, when CG present themselves as a few nodules lying in a raw or scattered irregularly, they may not represent solely CG, but also mesenteric and renal ganglia. However, from a clinical point of view, that seems to be of no significance.

Both CG lie between the renal and mesenteric or diaphragmatic arteries, often at the level of the pancreas; the R-CG is more flattened, and lies between the vena cava (ventral) and right crus of the diaphragm (dorsal), anteromedial to the right adrenal gland; the L-CG is nearer to the median line and lies transversely on the side of the aorta, in front of the left diaphragmatic crus, anteromedial to the left adrenal gland [1,9,10]. In our study, the majority
of all CG, 72% of the R-CG and 70% of the L-CG, did not exceed the level of origin of the superior mesenteric artery (SMA), which is in disagreement with CG presentation in most anatomical atlases as surrounding SMA or protruding above SMA with their upper poles.

All CG lay between Th12 and the middle part of L2 L in our study, which is generally consistent with previous publications [5,10]. The majority of CG (82%) lay between the intervertebral discs Th12–L1 and L1–L2.

What is worth underlining, in our study, is that the majority of the R-CG (64%) lay below the level of the right adrenal gland, caudal to it, and anteriorly and medially to its position (100%), whereas the majority of the L-CG lay at least partially at the level of the left adrenal gland on both planes: coronal plane (94%), and on transverse plane (100%).

The obvious and impossible to avoid limitation of the current study is the lack of histopathological confirmation of the nature of analyzed CG. However, all previous researchers met the same unflounderable boundary. A few of them tried to make a restitution for that by examining cadavers with CT or MRI and later performing the HP analysis, confirming the generally proper identification of CG on imaging [5,10].

To sum up, proper identification and recognition of CG depend strongly on the awareness of the problem, knowledge and personal experience. Paying attention to the ganglia configuration during every-day routine work allows for their better assessment in problematic cases.

**Conclusion**

Frequently observed, the nodular, oval and longitudinal (longitudinal nodular, longitudinal thick or longitudinal with oval parts) shape of CG, especially of the thicker left CG, on MR scans may cause mistaking them for lymph nodes, and even considered abnormal or metastatic.

On whole-body PET/MRI, evident and sometimes high 68Ga-PSMA-11 uptake in CG increases the risk of a misinterpretation of them as metastases.

Knowledge of the exact location of CG appears crucial for avoiding a diagnostic mistake.

CG on in-vivo PET/MRI are located lower than it has been presented in most anatomy atlases so far, not protruding above the origin of the coeliac trunk. The
majority of the R-CG lie below the level of the right adrenal gland, caudal to it, whereas the majority of L-CG lie at least partially at the level of the left adrenal gland. Awareness of the above facts is the first step to improving diagnostic accuracy by diagnostic imaging specialists and toward proper patient management by clinicians.

Acknowledgements

Conflicts of interest

There are no conflicts of interest.

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