Dual-Energy CT in Enhancing Subdural Effusions that Masquerade as Subdural Hematomas: Diagnosis with Virtual High-Monochromatic (190-keV) Images

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ABSTRACT

BACKGROUND AND PURPOSE: Extravasation of iodinated contrast into subdural space following contrast-enhanced radiographic studies results in hyperdense subdural effusions, which can be mistaken as acute subdural hematomas on follow-up noncontrast head CTs. Our aim was to identify the factors associated with contrast-enhancing subdural effusion, characterize diffusion and washout kinetics of iodine in enhancing subdural effusion, and assess the utility of dual-energy CT in differentiating enhancing subdural effusion from subdural hematoma.

MATERIALS AND METHODS: We retrospectively analyzed follow-up head dual-energy CT studies in 423 patients with polytrauma who had undergone contrast-enhanced whole-body CT. Twenty-four patients with enhancing subdural effusion composed the study group, and 24 randomly selected patients with subdural hematoma were enrolled in the comparison group. Postprocessing with syngo.via was performed to determine the diffusion and washout kinetics of iodine. The sensitivity and specificity of dual-energy CT for the diagnosis of enhancing subdural effusion were determined with 120-kV, virtual monochromatic energy (190-keV) and virtual noncontrast images.

RESULTS: Patients with enhancing subdural effusion were significantly older (mean, 69 years; 95% CI, 60–78 years; P < .001) and had a higher incidence of intracranial hemorrhage (P < .001). Peak iodine concentration in enhancing subdural effusions was reached within the first 8 hours of contrast administration with a mean of 0.98 mg/mL (95% CI, 0.81–1.13 mg/mL), and complete washout was achieved at 38 hours. For the presence of a hyperdense subdural collection on 120-kV images with a loss of hyperattenuation on 190-keV and virtual noncontrast images, when considered as a true-positive for enhancing subdural effusion, the sensitivity was 100% (95% CI, 85.75%–100%) and the specificity was 91.67% (95% CI, 73%–99%).

CONCLUSIONS: Dual-energy CT has a high sensitivity and specificity in differentiating enhancing subdural effusion from subdural hematoma. Hence, dual-energy CT has a potential to obviate follow-up studies.

ABBREVIATIONS: DECT = dual-energy CT; ESDE = enhancing subdural effusion; HU = Hounsfield unit; SDH = subdural hematoma; SECT = single-energy CT; VNC = virtual noncontrast

Diffusion of contrast material into the subdural space following intravascular contrast administration can result in hyperdense enhancing subdural effusions (ESDEs) on follow-up noncontrast head CTs.1,2 These effusions can be mistaken for subdural hematomas (SDHs).1,2 Three case reports have previously described ESDEs, all following intra-arterial contrast administration during conventional angiography with resolution documented on short-term follow-up CT examinations.1,2

We have frequently observed ESDEs in our busy level 1 trauma center, where patients usually undergo admission contrast-enhanced whole-body CT followed by serial noncontrast head CTs for documented or suspected traumatic brain injury. Because ESDEs can be mistaken for SDHs, lack of awareness of this entity can potentially result in needless delays in instituting thromboprophylaxis and trigger unnecessary follow-up CT studies. Patients with polytrauma usually require thromboprophylaxis to prevent deep vein thrombosis. A number of authors have posited a mandatory 24- to 72-hour period of documented stability of intracranial bleeds before beginning thromboprophylaxis.3-6 Hence, early discrimination of SDHs from ESDEs has important clinical implications.
On single-energy CT (SECT), the hyperattenuation caused by hemorrhage and contrast medium is difficult to distinguish due to overlapping Hounsfield units (HU). Present recommendations for differentiating SDH from ESDE involve serial follow-up imaging. ESDEs show rapid washout of contrast, hence decreasing hyperattenuation, while SDH retains hyperattenuation from blood for 2–3 weeks. Dual-energy CT (DECT) can potentially obviate follow-up scans by differentiating iodine from hemorrhage. Iodine overlay maps and virtual noncontrast (VNC) images can discriminate contrast and hemorrhage with a high degree of accuracy. If VNC images can be used to reliably identify hematoma, even in the presence of iodine, differentiation between ESDEs and SDHs can be a simple and straightforward task. The utility of DECT in diagnosing ESDE was recently demonstrated in a case in which a subdural hyperdense collection that developed after endovascular treatment of an intracranial aneurysm was hyperdense on iodine-overlay images and hypodense on VNC images. This evidence suggests that DECT may play a vital role in providing an early definitive diagnosis without the need for follow-up CT studies to document resolution of ESDEs.

The purpose of this study was to identify the factors associated with ESDE, characterize the diffusion and washout kinetics of iodine in ESDE, and assess the utility of DECT in differentiating ESDE from SDH.

MATERIALS AND METHODS

This retrospective study was Health Insurance Portability and Accountability Act–compliant, and permission was obtained from our institutional review board. Informed consent was waived. The study was conducted at a high-volume level 1 trauma center. The inclusion criteria were the following: 1) a history of blunt trauma with acquisition of contrast-enhanced whole-body CT at the time of admission between May 15, 2016, and November 10, 2016; 2) acquisition of follow-up noncontrast DECT of the head within 72 hours of the admission CT; 3) a radiology report describing a new SDH or hyperdense subdural collection on follow-up head CT; and 4) patients 18 years of age or older. Patients were excluded for the following reasons: 1) there was an SDH on the admission CT; 2) the mechanism of injury was penetrating rather than blunt trauma; and 3) craniectomy, craniotomy, ventricular drain, or pressure-monitoring-device placement was performed, violating the integrity of the meninges.

Subjects

A search of our Radiology Information System database from the designated time period yielded 423 patients with at least 1 follow-up head CT performed with DECT within 72 hours of the initial study. At our institution, patients with intracranial injuries, persistent altered mental status, and on anticoagulation without intracranial injuries tend to be evaluated by follow-up head CT, at the discretion of the neurosurgery team. A radiology resident reviewed the head CT reports from this patient cohort for specific data, which included type of intracranial bleed, age, sex, mechanism of injury, and list of interventional procedures. There were 121 patients with SDHs on the initial study or meningeal disruption caused by either penetrating head injuries or interventional procedures performed before a follow-up head DECT was obtained. These patients were excluded from the cohort. The mean age of the final cohort consisting of 302 patients was 47 years (95% CI, 45–50 years), with 211 men and 91 women. The reports identified 36 patients with new SDHs or hyperdense subdural collections on the first follow-up study. All head CT studies of these 36 patients were further reviewed by a radiologist (reviewer R1) with 8 years of experience to exclude patients with missed SDHs on initial CT as well as hyperdense subdural collections that failed to completely washout on subsequent studies.

Hyperdense subdural collections that failed to show complete washout of contrast were considered enhancing SDHs. Enhancing SDHs show partial washout with clearance of the density contributed by iodine and retain the density from blood on follow-up studies. Twelve such patients with SDHs were excluded from the study group. The remaining 24 patients who had ESDEs on follow-up with subsequent washout of contrast constituted the study group. A 75-year-old woman with posttraumatic SAH developed ESDE after infusion of 250 mL of contrast media (iohexol, Omnipaque 240 and Omnipaque 300; GE Healthcare, Piscataway, New Jersey) for cerebral angiography, but not after whole-body CT with 100 mL of Omnipaque 300, and was therefore excluded from the study. Figure 1 shows the patient-selection flowchart. An equal number of patients with SDH on
follow-up DECT were randomly selected from our data base as a comparison group to measure the sensitivity and specificity of DECT in diagnosing ESDE.

Reference Standard
The presence of ESDE was determined with initial and follow-up images. Absence of SDH on the initial study, evolution of new hyperdense subdural collection on first follow-up CT (Fig 2A and On-line Fig 1A), and subsequent washout of hyperattenuation in follow-up studies were used as evidence for ESDE.1,2,12

Imaging Technique and Contrast Medium Injection
Admission whole-body CT examinations were performed on a DECT (Somatom Force; Siemens) or 64-channel SECT scanner (Brilliance; Philips Healthcare, Best, the Netherlands). Whole-body CT involves a noncontrast head CT followed by contrast-enhanced CT of the neck, chest, abdomen, and pelvis. The studies were performed after injection of 100 mL of iodinated contrast media (Omnipaque 350) with a split bolus, with 60 mL injected at 5 mL/s and 40 mL injected at 4 mL/s. The contrast injection was followed by a 50-mL saline injection at 4 mL/s.

Follow-up head CT studies were performed with a DECT or SECT scanner, depending on scanner availability. DECT images were obtained with the x-ray tubes at 80 kV and Sn150 kV. “Sn” denotes the use of additional tin filter that increases the mean photon energy of the respective spectrum. Scan parameters were as follows: rotation time, 0.5 seconds; pitch, 0.55. The reference milliamperesecond was 273 mAs for the Sn150-kV and 410 mAs for the 80-kV tube. Original dual-energy datasets were reconstructed with an increment of 1 mm and section thicknesses of 1 and 5 mm for the 120-kV-equivalent mixed DECT images with an adaptive iterative reconstruction algorithm (ADMIRE, Siemens) with strength levels of 2 and 5, respectively. Automatic tube current modulation (CARE Dose4D; Siemens) was used, with the bone beam-hardening box checked and current modulation (CARE Dose4D; Siemens) was used, with the bone beam-hardening box checked and changes to the standard parameters in the syngo.via dual-energy configuration of gray-scale (window level = 31; width = 54) and dual-energy (window level = 28; width = 66), was made for the color look-up table. Similarly, the material decomposition algorithm was modified into hemorrhage, 80/75 HU (80 kV/Sn150 kV); CSF, 16/5 HU (80 kV/Sn150 kV); and iodine, with the relative contrast medium adjusted to a value of 3.46.

Reviewer R1 performed postprocessing of the data. From the original low- and high-kilovolt datasets, a VNC series and functional and quantitative iodine series were derived. In the functional images, the presence of iodine was indicated by blue in a special color-coded look-up table, with intensity corresponding to the relative concentration of iodine (Fig 2B). The software allows quantitative analysis of ROIs. After selection on the iodine image, the software calculated the concentration of iodine in milligrams/milliliter and the ROI size in square millimeters.

This algorithm also calculates the attenuation (HU) values from VNC and virtual 120-kV images and iodine-related attenuation. On each side of the cerebral convexities, 3 different ROIs of 0.2 cm² were used at different image sections. To promote uniformity in the measurements, we used approximately the same anatomic locations for the ROIs on sequential follow-up CT studies. The reviewer was blinded to the color-overlay images to prevent ROI placement over the maximum concentration of contrast medium for measuring the respective values. From the different

FIG 2. A 75-year-old woman who developed bilateral enhancing subdural effusion on a follow-up study obtained 11 hours after contrast infusion. Axial 120-kV image shows hyperdense subdural effusions (arrowheads, A) and right frontal subarachnoid hemorrhage (curved arrow, B). Iodine-overlay image shows contrast-stained subdural effusions (arrowheads). Virtual high-monochromatic (190-keV) (C) and virtual non-contrast (D) images show hypodensituation (arrowheads) in the fluid.
ROIs, the mean iodine concentration and VNC-, mixed 120-kV-, and iodine-related attenuation were calculated. At the same time, the maximum thickness of the effusion was measured.

Two experienced radiologists performed DECT image analysis, reviewer R2 with 8 years and reviewer R3 with 5 years of experience. For each of the first follow-up studies performed on the DECT, axial 120-kV (standard gray-scale), 190-kV (virtual monochromatic energy), and VNC images created on a workstation were loaded onto a dedicated work list. Apart from the VNC images, we used 190-keV images due to the theoretic ability to achieve iodine removal because the energy used is far away from the k-edge of iodine, thus greatly decreasing the iodine attenuation to negligible values. Blinded to the initial and follow-up head CT findings, each radiologist reviewed the images, interpreting the 120-kV and 190-kV images separately. The studies were assessed for the presence or absence of hyperdense (relative to CSF) subdural collections on each set of images and were scored as nominal variables. In the final step, the VNC images were given as the third set, and reviewers were asked to score the density of subdural collections in a similar fashion. The presence of a hyperdense subdural collection on 120-kV images with loss of hyperattenuation on 190-kV and VNC images is considered a true-positive for ESDE (Fig 2 and On-line Fig 1), while hyperattenuation on all the 3 sets is considered SDH (Fig 3 and On-line Fig 2). Discrepancies between the assessments of the 2 reviewers were resolved by adjudication by another reviewer (R4 with 10 years of experience). Criteria used to differentiate ESDE from SDH are resolved by adjudication by another reviewer (R4 with 10 years of experience). Criteria used to differentiate ESDE from SDH are resolved by adjudication by another reviewer (R4 with 10 years of experience). Criteria used to differentiate ESDE from SDH are resolved by adjudication by another reviewer (R4 with 10 years of experience).

### Statistical Analysis
Statistical analysis was performed by K.S., with statistical software (JMP 12; SAS Institute, Cary, North Carolina). Differences between the ESDE group and those without were determined with odds ratios and χ² and Wilcoxon tests. The strongest independent associations were determined by regression analysis. One-way analysis was used to determine the iodine concentrations, and contingency tables were used to determine sensitivity and specificity. κ statistics were used to test interobserver reliability in assessing CT variables by the radiologists and to test the agreement between nominal scores that were derived from the density of subdural collections on 190-kV and VNC images.

### RESULTS
Among the 24 patients with ESDE, there were 18 men and 6 women. The incidence of ESDE in patients with trauma with follow-up head CT was 8.2%. The mean age of the patients with ESDE was 69 years (95% CI, 60–78 years). Patients with ESDE were significantly older than those without (P < .001), with an incidence of 13% in patients older than 50 years of age. There were 12 patients with bilateral and 12 with unilateral ESDEs, with a mean thickness of 4.2 mm (95% CI, 3.7–4.8 mm). The ESDEs mainly involved the frontal, parietal, and temporal lobes. None of the patients had mass effect or midline shift.

Table 2 shows the differences in the CT findings between patients with ESDE and those without. There was a higher association of ESDE with intracranial hemorrhage (P = .001), specifically with subarachnoid hemorrhage (P = .002). There was no association with cerebral contusions (P = 0.97) or CT evidence of diffuse axonal injury (P = 0.33). None of the patients with ESDE had epidural hematoma. According to stepwise logistic regression analysis, age was the most reliable predictor of ESDE (P < .001), followed by the presence of intracranial hemorrhage (P = .002).

### Diffusion and Washout Kinetics of Iodine
All 24 patients had their first DECT follow-up from 4 to 24 hours after whole-body CT (median, 7 hours; interquartile range, 4). The peak concentration of iodine in ESDEs was reached in the scans obtained within the first 8 hours of contrast administration, with a mean of 0.98 mg/mL (95% CI, 0.81–1.13 mg/mL). The mean value of iodine concentration was 0.71 (95% CI, 0.48–0.94 mg/mL) in the scans obtained between 8 and 16 hours, and 0.41 (95% CI, 0.16–0.67), between 16 and 38 hours, reflecting gradual

| Diagnosis | Traditional Mixed (120-kV) Images | High-Monochromatic (190-kV) Images | VNC Images | Iodine-Overlay Images |
|-----------|----------------------------------|-----------------------------------|------------|----------------------|
| ESDE      | Hyperdense                       | Hypodense                         | Hypodense  | Positive             |
| SDH       | Hyperdense                       | Hyperdense                         | Hypodense  | Positive/ Negative   |

**Table 1: Comparison of DECT findings differentiating ESDE from SDH**
Some patients with ESDE
We have demonstrated that followed intra-arterial administration of contrast during and Rennert and Our patients differ from those and On-line Fig 1 If the attenuation exceeds the value expected for blood, it Similarly, iodine overlay

Table 2: CT findings in ESDE and the control groups

| Finding                        | ESDE Group (No. n = 24) | Non-ESDE Group (No. n = 266) | Odds Ratio (95% CI) | P Value |
|--------------------------------|-------------------------|-----------------------------|---------------------|---------|
| SAH                            | 16                      | 94                          | 3.7 (1.52–8.97)     | .002    |
| Contusions                     | 7                       | 79                          | 0.98 (0.39–2.46)    | .97     |
| Diffuse axonal injury          | 2                       | 11                          | 2.12 (0.44–10.2)    | .33     |
| Normal CT findings             | 4                       | 136                         | 5.15 (1.7–15.5)     | .001    |

FIG 4. Time-concentration curve. Spline graph using penalized B-spline shows iodine (milligrams/milliliter), attenuation (HU) related to contrast media (CM), and mixed 120-kV (Mixed 0.5) images versus hours (hrs) after contrast administration.

washout. Complete washout was observed after 38 hours (Fig 4).
The maximum concentration of iodine found in our group was 1.7 mg/mL on a study performed after 4.5 hours of contrast administration. None of the studies retained contrast beyond 38 hours. Iodine concentration and iodine-related attenuation had a correlation coefficient of 0.99 (95% CI, 0.98–0.99). The regression coefficient indicated that for every additional 0.1 mg/mL of iodine, the iodine-related attenuation increased by an average of 2.4 HU. The maximum attenuation reached in the subdural effusions was 67 HU (median, 35 HU; interquartile range, 16 HU) on mixed 120-kV images. The mean density of the subdural effusions as related to VNC images was found to be 19.98 HU (95% CI, 18.98–20.98 HU), corresponding to baseline attenuation of subdural effusion. Figure 4 shows the time-concentration curves of iodine with inclusion of attenuation related to contrast media and overall attenuation on mixed 120-kV images.

Specificity of Virtual High-Monochromatic Energy (190-keV) and VNC Images
All ESDEs were correctly interpreted as hyperdense subdural fluid on mixed 120-kV images and hypodense fluid on 190-keV and VNC images, because 190-keV and VNC images remove iodine. Twenty-two of the 24 SDHs were correctly interpreted as hyperattenuated subdural collections on 120-kV, 190-keV, and VNC images, and the remaining 2 studies were falsely interpreted as ESDE. Both of these were enhancing SDHs. The presence of a subdural collection on 120-kV images with loss of hyperattenuation on 190-keV images, when considered as true-positive for ESDE, had a sensitivity of 100% (95% CI, 85.75%–100%) and specificity of 91.67% (95% CI, 73%–99%). There was a perfect agreement (κ = 1) between 190-keV and VNC images with regard to the nominal scores that were derived to define the density of the subdural collection. There was almost perfect interobserver agreement between the 2 radiologists (κ = 0.88; 95% CI, 0.72–1).

DISCUSSION
We analyzed the factors associated with ESDE and the ability of DECT to discriminate ESDE from SDH in patients with trauma after whole-body CT. According to our results, patients with ESDE were significantly older (P < .001) and tended to have intracranial hemorrhage (P = .001). The results demonstrate that DECT can differentiate ESDE from SDH with high sensitivity and specificity.
Hyperattenuation caused by hemorrhage and contrast medium is difficult to discriminate on SECT because effusions can demonstrate varying densities. Some patients with ESDE have very high densities (range, 97–200 HU) as opposed to blood (range, 28–82 HU; mean, 54 HU), and some have lower densities (35 HU), depending on the degree of iodine dilution in the effusion. If the attenuation exceeds the value expected for blood, it can be assumed to have an iodine component, but this does not exclude an underlying SDH because contrast is known to diffuse into SDH (Fig 3 and On-line Fig 2). Similarly, iodine overlay maps help in identifying contrast in subdural collections but do not differentiate ESDEs from enhancing SDHs (Fig 3B). Hence, one has to rely on 190-keV or VNC images to identify a hematoma even when mixed with iodine (Fig 3C, -D and On-line Fig 2C, -D), to consistently differentiate enhancing SDH from ESDE.

Virtual high-monochromatic (190-keV) and VNC image reconstruction relies on the same measurement of attenuation differences in an ROI using 2 different effective x-ray spectra of a dual-energy scanner. The difference is that the percentage of the attenuation contributed by iodine in each voxel is subtracted or replaced in the VNC images but not in the virtual monochromatic images. Instead the attenuation contribution of the detected material is projected for a given kiloelectron volt in monochromatic images. However, the attenuation contribution of iodine is negligible at 190-keV and therefore should be comparable with the VNC approach of iodine subtraction or virtual replacement. (Fig 2C, -D and On-line Fig 1C, -D). We have demonstrated that high-monochromatic images can be used in place of VNC images to identify ESDE after excluding iodine from the images. However, there were 2 SDHs that were falsely interpreted as ESDEs. Both of these were enhancing SDHs with a large enhancing component and a smaller SDH component (Fig 3G, -D). The reviewers overlooked the hematoma component on both 190-keV and VNC images and misinterpreted them. Hence, we recommend radiologists considering an enhancing SDH before diagnosing ESDE and carefully reviewing the 190-keV and VNC images for possible underlying small SDHs.

The reported cases by Zamora and Lin1 and Rennert and Hamer10 followed intra-arterial administration of contrast during angiography with use of 260 mL of Imeron 300 (iopamidol; Bracco, Milan, Italy) in 1 patient.1,2 Our patients differ from those in these previous reports because the contrast was administered intravenously at moderate doses (100 mL). Zamora and Lin did
not mention the amount of contrast administered in their 2 patients during cerebral angiography; however, we presume that the contrast used was significantly higher than that of our patients. The reports had 2 patients with a high attenuation of 97 and 200 HU in the effusion and 1 patient with an attenuation of 35 HU, respectively. However, none of our effusions reached the high attenuation previously reported. The maximum attenuation reached in our subjects was 67 HU (median, 35 HU; Q3–Q1, 16 HU). The differences may be due to the lower dose of contrast used in our patients and also the intravenous route of administration.

Rennert and Hamer\(^2\) proposed that the intra-arterial route of administration was a predisposing factor contributing to ESDEs. We believe that the route of contrast administration likely plays a role along with the amount of contrast used because 1 of our patients developed ESDE after intra-arterial administration of a large dose of contrast (250 mL) during cerebral angiography, but not after intravenous administration of a moderate contrast dose (100 mL) during whole-body CT. Zamora and Lin\(^1\) proposed that the presence of SAH increases dural endothelial permeability with extravasation of contrast material by triggering a neuroinflammatory response, while Rennert and Hamer ascribed the increase in permeability to osmotic disruption caused by hypervolemic contrast media. Our results suggest that diffusion of contrast into the subdural space is unlikely to be solely related to the inflammatory theory because this phenomenon is also seen in patients without SAH and in patients without any demonstrable intracranial abnormalities. Furthermore, osmotic disruption may not be an essential element of ESDE development because the capillaries of the dura are naturally fenestrated and allow free passage of contrast media into the dural extracellular space, depending on the hydrostatic pressure, producing enhancement.\(^{16}\)

On the basis of the results of our study, with age being the strongest predictor, we propose an alternate theory: We postulate that the pathophysiology of ESDE follows that of patients with intracranial hypotension. According to the Monroe-Kellie rule, intracranial volume is constant and is represented by the sum volume of brain substance, CSF, and blood.\(^{17,18}\) Therefore, with cerebral volume loss associated with advanced age, there will be a compensatory increase in CSF and intracranial blood volume. The increase in intracranial blood volume manifests in the form of dural vasodilation, greater concentration of contrast in dural vasculature, and subdural effusions.\(^{17–21}\) Dural venous engorgement causes leakage of intravascular, nonhemorrhagic fluid across a hydrostatic pressure gradient into the subdural space, carrying contrast with it because the dural vasculature lacks tight junctions, thus not contributing to the blood-brain barrier.\(^{17}\) Similar to effusions in intracranial hypotension, enhancing effusions involve frontoparietal areas and are thin (4.2 mm; 95% CI, 3.7–4.8 mm) without mass effect on the brain.\(^{20,22}\) The intrinsic high density of this effusion (mean, 19.98 HU; 95% CI, 18.98–20.98 HU) on VNC images may be related to the concentration of protein in the fluid, as is seen in subdural fluid in patients with intracranial hypotension.\(^{20}\)

Finally, we believe that these ESDEs do not represent traumatic subdural hygromas because hygromas tend to develop between 1 and 2 weeks after head injury rather than within the first few days.\(^{13,23}\) Moreover, studies have demonstrated that contrast does not influx into subdural hygromas.\(^{13}\)

**Limitations**

Quantification of iodine in the subdural space is limited by noise (eg, scatter). Increasing the radiation dose from our parameters achieved by setting off CARE Dose would have been optimum, but it would have resulted in more radiation. The use of the modified brain hemorrhage protocol in syngo.via in our image analysis might have minimized the errors caused by beam-hardening, the wrong kernel, or any other wrong scan parameters.

**CONCLUSIONS**

DECT has high sensitivity and specificity in differentiating ESDE from SDH with a potential to obviate follow-up studies.

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