Major histocompatibility complex harbors widespread genotypic variability of non-additive risk of rheumatoid arthritis including epistasis

Wen-Hua Wei1,2, John Bowes1, Darren Plant1, Sebastien Viatte1, Annie Yarwood1, Jonathan Massey1, Jane Worthington1,3 & Stephen Eyre1,3

Genotypic variability based genome-wide association studies (vGWASs) can identify potentially interacting loci without prior knowledge of the interacting factors. We report a two-stage approach to make vGWAS applicable to diseases: firstly using a mixed model approach to partition dichotomous phenotypes into additive risk and non-additive environmental residuals on the liability scale and secondly using the Levene’s (Brown-Forsythe) test to assess equality of the residual variances across genotype groups per marker. We found widespread significant ($P < 2.5e-05$) vGWAS signals within the major histocompatibility complex (MHC) across all three study cohorts of rheumatoid arthritis. We further identified 10 epistatic interactions between the vGWAS signals independent of the MHC additive effects, each with a weak effect but jointly explained 1.9% of phenotypic variance. $PTPN22$ was also identified in the discovery cohort but replicated in only one independent cohort. Combining the three cohorts boosted power of vGWAS and additionally identified $ANKRD55$. Both $PTPN22$ and $TYK2$ had evidence of interactions reported elsewhere. We conclude that vGWAS can help discover interacting loci for complex diseases but require large samples to find additional signals.

Genome-wide association studies (GWASs) have been extremely successful in highlighting loci associated with complex diseases such as rheumatoid arthritis (RA)1–3. While GWASs may continue to reveal novel loci based on the additive assumption, analyzing non-additive effects, such as gene–gene (GxG) and/or gene–environment (GxE) interactions, could provide novel insights into the underlying regulatory mechanisms1,4–6. Exploring GxG and/or GxE interactions in GWAS data has been attempted but, despite intensive efforts, the results so far have been relatively disappointing mainly due to low power of detection7–9. On the other hand, these results implicate that gene interactions could be prevalent but unlikely carry a big effect each and thus require a large sample to detect8–9. Currently available methods for detecting GxG interactions suffer from unmet computational and statistical challenges in supporting powerful meta-analysis of multiple cohorts8, and further potentially interacting environmental factors are not necessarily measured in study cohorts. Therefore, innovative approaches are needed to improve studying non-additive effects8,10.

One promising approach is genotypic variability based genome-wide association study (vGWAS) to search for loci with substantial genotypic variability as potential interaction signatures, i.e. differences of phenotypic variability across three SNP genotypes which tend to be small when only additive effects are important but large when non-additive effects such as interactions are important11,12. Such variability could be heritable to some extent and

1Arthritis Research UK Centre for Genetics and Genomics, Institute of Inflammation and Repair, Faculty of Medical and Human Sciences, Manchester Academic Health Science Centre, University of Manchester, Oxford Road, Manchester M13 9PT, UK. 2Department of Women’s and Children’s Health, Dunedin School of Medicine, University of Otago, Dunedin 9016, New Zealand. 3NIHR Manchester Musculoskeletal Biomedical Research Unit, Central Manchester NHS Foundation Trust, Manchester Academic Health Science Centre, Manchester, UK. Correspondence and requests for materials should be addressed to W.-H.W. (email: wenhua.wei@manchester.ac.uk or wenhua.wei@otago.ac.nz)
thus give rise to a new avenue of mapping genetic variants\textsuperscript{13,14}. Hence, vGWAS has a great advantage in prioritizing potentially interacting loci without requiring prior knowledge of interaction types and interacting factors\textsuperscript{15,16}. Additional explicit tests of GxE and/or GxG interactions are needed but only for the identified vGWAS loci, leading to a power increase attributed to a much reduced number of multiple tests\textsuperscript{17,18}. Furthermore, studying biology of the identified vGWAS loci may inform what environmental factors should be further investigated. Therefore, vGWAS could be a cost effective approach to boost studies of GxG and GxE interactions based on existing GWAS data. However, vGWAS loci may not necessarily interact because other factors such as overdominance and scaling (i.e. various transformations) could also generate apparent genotypic variability\textsuperscript{19–21}. Therefore, explicit tests of interactions and careful interpretation are essential to claim interacting signals.

There have been several successful applications of vGWAS in quantitative traits using either GWAS\textsuperscript{18,19,22} or gene expression data\textsuperscript{23,24}. For example, Brown et al.\textsuperscript{17} reported abundant vGWAS signals within the major histocompatibility complex (MHC) region using RNA sequence data from lymphoblastoid cell lines derived from the TwinsUK cohort and subsequently confirmed GxG and GxE interactions underlying the signals. Yang et al.\textsuperscript{19} identified a well-known locus FTO in a vGWAS of body mass index in 170,000 samples from multiple GWAS cohorts, which is believed to interact with physical activity and/or lifestyle\textsuperscript{25}. Intriguingly, the majority of the reported vGWAS loci are known major GWAS loci (i.e. with strong additive effects based on allelic means): FTO in body mass index\textsuperscript{19}, LEPR in C-reactive protein levels and ICAM1 in soluble ICAM1 levels\textsuperscript{18}, SLC2A9 in serum urate\textsuperscript{22}, MHC in autoimmune diseases. These observations led to a concern whether vGWAS might simply rediscover GWAS signals due to the mean-variance correlation, i.e. a distinct difference in allelic means likely accompanied by obvious genotypic variability in a locus\textsuperscript{19–21}. Nevertheless, increasing evidence suggest that these major GWAS loci tend to have multiple roles and are indeed involved in interactions\textsuperscript{26–29}, therefore it is biologically plausible to see them having signals in both GWAS and vGWAS analyses.

So far vGWAS has been little exploited in complex diseases probably because phenotypes classified either as a disease case or a healthy control provide little continuous variation. This problem can be remedied by applying a two-stage vGWAS approach: firstly using a mixed model method implemented in software such as GCTA\textsuperscript{30} to partition polygenic additive risk and non-additive environmental residuals for each sample on the liability scale\textsuperscript{31–33} and secondly using the Levene’s (Brown-Forsythe) test to test equality of the residual variances across genotype groups per marker. It is therefore of interest to find out if vGWAS can also identify interacting loci in complex diseases. Here we report a pilot vGWAS of RA using a large GWAS cohort for discovery and two independent cohorts for replication. We aim to demonstrate that vGWAS is also useful to study disease traits.

Materials and Methods

Study cohorts and quality control (QC). We used the Rheumatoid Arthritis Consortium International for Immunochip samples recruited in the UK (RACI-UK), US (RACI-US) and Sweden (RACI-SE, i.e. Swedish Epidemiological Investigation of Rheumatoid Arthritis) as described previously\textsuperscript{2}. Each cohort was genotyped with the high density Immunochip\textsuperscript{34} in accordance with Illumina protocols and has been described in detail elsewhere. Briefly, all RA patients fulfilled the 1987 criteria of the American College of Rheumatology and were tested for anti-citrullinated peptide antibody (ACPA) with a status of either seropositive (ACPA+) or seronegative (ACPA-) or unassigned. All participants provided written informed consent for participation. Further details of the sample collections in the three study cohorts can be found in the Supplementary Note by Eyre et al.\textsuperscript{2}.

This study was approved by the North West Research Ethics Committee (MREC 99/8/84). All experiments (e.g. genotyping) were performed in accordance with relevant guidelines and regulations.

We excluded SNPs on sex chromosomes and samples of non-European origin. RA cases that were either ACPA- or ACPA unassigned were also excluded in each cohort to avoid disease heterogeneity. A rigorous QC was conducted using PLINK\textsuperscript{35} for each cohort as described previously\textsuperscript{2} followed by additional QC based on the criteria suggested for accurate GCTA prediction of genetic risk\textsuperscript{31,32}: minor allele frequency >0.01, SNP call rate >0.95, sample call rate >0.99, deviation from Hardy–Weinberg Equilibrium P <1.0e-04.

Two-stage vGWAS and Statistical analysis. Figure 1 illustrates the workflow of the proposed two-stage vGWAS approach with an extension of explicit interaction tests. In this study GCTA was used to compute the genetic relationship matrix (GRM) and subsequently the first ten principal components (PCs) and then polygenic liability risk for each unrelated individual was predicted by imposing a GRM relatedness threshold of 0.15 resulting in a two-stage vGWAS approach: firstly using a mixed model method implemented in software such as GCTA\textsuperscript{30} to partition polygenic additive risk and non-additive environmental residuals for each sample on the liability scale\textsuperscript{31–33} and secondly using the Levene’s (Brown-Forsythe) test to test equality of the residual variances across genotype groups per marker. It is therefore of interest to find out if vGWAS can also identify interacting loci in complex diseases. Here we report a pilot vGWAS of RA using a large GWAS cohort for discovery and two independent cohorts for replication. We aim to demonstrate that vGWAS is also useful to study disease traits.

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We derived the significance threshold as 2.5e-05 based on permutation with 1000 iterations where a vGW AS was carried out using the randomly permuted environmental residuals and the lowest P value was recorded in each iteration (Supplementary Figure S2). We performed vGW AS in each of the three cohorts and used RACI-UK as the discovery cohort and examined any vGW AS significant SNPs for direct replication in RACI-US and RACI-SE, i.e. the same SNP with a vGW AS P value less than 5.0e-02.

For comparison we also performed a conventional GW AS for each cohort using PLINK and following the previous study2 that used a subset of independent common SNPs (i.e. minor allele frequency >0.05 and minimum inter-SNP linkage disequilibrium (LD)) to compute GRM and subsequently the first 10 PCs. A forward selection approach was applied to the genome-wide significant (P < 5.0e-08) GW AS SNPs identified in RACI-UK iteratively to identify a set of independent signals to represent the additive background. In each iteration the logistic regression model fitting the covariates and any pre-selected SNPs was used to test all remaining SNPs and select the most associated SNP for next round until none had a P value less than 5.0e-02.

We tested interactions between the identified vGW AS SNPs in RACI-UK as follows: a) PLINK was used to compute pairwise LD (in r^2) for all the identified SNPs and then only pairs of SNPs in low LD (i.e. r^2 < 0.1) were selected for interaction tests; b) the logistic regression model was used to test interactions for each of the k selected pairs of SNPs by fitting a pair of SNPs and their interaction terms as well as covariates of gender and the first 10 PCs derived from the GRM based on the subset of independent SNPs, with a significance of threshold defined as 0.05/(k*(k-1)/2); c) significant pairwise interactions were assessed while conditioning on the additive background of independent GW AS signals and unique pairs of interactions were identified using the forward selection approach above. Variance explained by the selected epistatic SNP pairs was calculated using a full logistic regression model fitting all the covariates, the additive background and the independent pairs of SNPs and their interactions. The identified epistatic SNP pairs were tested for replication individually in RACI-US and RACI-SE and the total variance explained was calculated following the approach above.

We further merged the three study cohorts into one and then performing the two-stage vGWAS as well as GWAS adjusted for cohort and the covariates described above to explore the impact of increased sample size. After the QC and GCTA analysis the combined cohort had 18,405 unrelated samples (5954 cases and 12,451 controls) and 107,144 SNPs in the vGWAS and GWAS. We quoted SNP genomic locations in the GRCh38/hg38 version throughout.

Results

The vGWAS analysis identified 1639 significant SNPs (P < 2.5e-05) in the RACI-UK cohort where the Immunochip-wide heritability of ACPA+ RA was estimated as 24.7% (Table 1). About 92% of the identified vGWAS SNPs mapped to MHC and the remaining mapped to PTPN22 – both were major RA associated loci in the conventional GWAS that in addition identified TNFAIP3 and TYK2 at the genome-wide significance level (P < 5.0e-08) (Fig. 2). Forward selection of the significant GWAS SNPs led to an additive background composed of 20 independent SNPs (Supplementary Table S1). The quantile-quantile (QQ) plots of both the vGWAS
In contrast, the vGW AS analyses detected only 154 SNPs in RACI-US (heritability estimated as 24.6%) and 343 in RACI-SE (heritability estimated as 18.5%) under the same significance threshold, suggesting the two independent cohorts were underpowered probably due to the relatively small samples used (Table 1). The QQ plots for RACI-US and RACI-SE indicated slight deflation in the vGW AS analyses (Supplementary Figure S1) but not in the GW AS analyses (Supplementary Figure S3). Nearly all the vGW AS SNPs identified in both RACI-US and RACI-SE also mapped to MHC, except for rs2322659 ($P = 7.7 \times 10^{-6}$) mapped to *LCT* in RACI-US (Supplementary Figures S4 and S5).

We found that a quarter (i.e. 413 out of 1639) of the identified vGW AS SNPs in RACI-UK had direct replication in both the RACI-US and RACI-SE cohorts (Supplementary Table S2) and they were all within the MHC region spanning the Class III and Class II. In addition, the two top vGW AS SNPs rs2476601 ($P = 6.7 \times 10^{-22}$) and rs6679677 ($P = 1.4 \times 10^{-21}$) within *PTPN22* in RACI-UK each had a direct replication only in RACI-SE with a $P$ value of 3.3$\times$10$^{-2}$ and 3.0$\times$10$^{-2}$ respectively, suggesting genotypic variability within the locus was detectable only with a large sample size. The top vGW AS SNP rs2322659 within *LCT* in RACI-US had no replication in either RACI-UK or RACI-SE.

Interestingly, in RACI-UK the most strongly associated vGW AS SNP rs1964995 (intergenic between *HLA-DRA* and *HLA-DRB5*) was about 134 kb away from the most strongly associated GW AS SNP rs6931277 (near *HLA-DRB1*) (Fig. 3a), and the two SNPs were also the top vGW AS and GW AS signals respectively in both RACI-US and RACI-SE (Supplementary Table S2). These results (re)confirm that the MHC region harbors both strong additive and non-additive effects and suggest that the top non-additive sites could differ from the top additive loci. Nevertheless, the top GWAS SNP rs6931277 could also be involved in interactions as it had a strong vGWAS signal (i.e. $P = 1.2 \times 10^{-96}$, $2.9 \times 10^{-7}$ and $7.1 \times 10^{-11}$ in RACI-UK, RACI-US and RACI-SE respectively).

We tested interactions for 11,871 pairs of the RACI-UK significant vGWAS SNPs with $r^2 < 0.1$. Based on a significance threshold of 4.2$\times$10$^{-6}$ derived from Bonferroni correction, we found a large number of significant interactions all within MHC, of which 2,962 pairs of SNPs had a conditional interaction $P$ value between 3.4$\times$10$^{-7}$ and 5.0$\times$10$^{-2}$ independent of the additive background. Applying forward selection to the 2,962 pairs and requiring a conditional interaction $P < 1.0 \times 0.03$ in each step, we identified 10 independent epistatic pairs of SNPs that spanned the entire MHC region and were replicated in both RACI-US and RACI-SE except for the rs9366778 - rs2239707 pair in RACI-US (Table 2, Supplementary Figure S6). In contrast to the additive background that explained 17.8% of the phenotypic variance in RACI-UK, the 10 epistatic pairs jointly explained about 2.5% of the phenotypic variance mainly (i.e. 1.9%) by interactions, suggesting the existence of widespread GxG interactions.

(Supplementary Figure S1) and GWAS (Supplementary Figure S3) analyses in RACI-UK showed no sign of inflation.
within MHC that are individually moderate/weak (on average explaining $<0.2\%$ of phenotypic variance) but jointly appreciable. The additive background and the 10 epistatic pairs explained 17.1\% and 1.7\% (0.8\% by interactions) of the phenotypic variance in RACI-US, and 14.5\% and 1.7\% (0.7\% by interactions) in RACI-SE.

Combining the three study cohorts together boosted power for both the GW AS and vGW AS analyses as expected (Supplementary Figure S7), with no signs of inflation or deflation (Supplementary Figure S8). The vGW AS analysis identified two new significant loci \textit{ANKRD55} and \textit{TYK2} in addition to MHC and \textit{PTPN22}, which were all genome-wide significant in the GWAS analysis. The top vGW AS SNPs rs71624119 for \textit{ANKRD55} ($P = 4.9e-07$) and rs34536443 for \textit{TYK2} ($P = 7.0e-06$) both had only weak or no signals in individual member

![Figure 3. Concordance plots of GWAS P values against vGWAS P values.](image)

(a) the Combined cohort using all SNPs; (b) the Combined cohort excluding SNPs within the MHC region; (c) the Combined cohort excluding SNPs within the MHC and PTPN22 regions; (d) the RACI-UK cohort excluding SNPs within the MHC region; (e) the RACI-US cohort excluding SNPs within the MHC region; (f) the RACI-SE cohort excluding SNPs within the MHC region.

| SNP1 | Position1 | SNP2 | Position2 | Conditional_P | Unconditional_P_UK | Unconditional_P_US | Unconditional_P_SE |
|------|-----------|------|-----------|--------------|-------------------|-------------------|-------------------|
| rs805286 | 31 711 530 | rs532908 | 32 610 275 | 2.5e-07 | 1.3e-16 | 6.9e-04 | 4.6e-04 |
| rs9266629 | 31 379 045 | rs3830076 | 32 128 467 | 1.0e-04 | 2.2e-14 | 4.4e-04 | 1.5e-04 |
| rs9267833 | 32 210 123 | rs2858312 | 32 699 453 | 2.5e-03 | 2.3e-14 | 2.2e-18 | 9.9e-12 |
| rs3177928 | 32 444 658 | rs9368737 | 32 690 652 | 5.6e-04 | 7.7e-16 | 2.9e-02 | 1.8e-02 |
| rs3997849 | 32 714 625 | rs3892710 | 32 715 085 | 3.2e-05 | 1.9e-38 | 5.0e-18 | 3.2e-15 |
| rs9367778 | 31 301 396 | rs2239707 | 31 557 542 | 7.1e-04 | 1.6e-14 | 8.7e-02 | 2.6e-03 |
| rs2517448 | 31 094 890 | rs2265974 | 32 210 095 | 3.2e-04 | 3.3e-17 | 1.3e-05 | 2.8e-02 |
| rs4947342 | 32 693 053 | rs2857126 | 32 809 636 | 1.0e-03 | 6.5e-13 | 1.0e-03 | 2.2e-02 |
| rs241433 | 32 831 018 | rs2239701 | 32 837 272 | 7.9e-04 | 9.5e-24 | 5.1e-07 | 6.2e-03 |
| rs2736426 | 31 777 507 | rs11244 | 32 812 946 | 6.3e-04 | 2.0e-16 | 4.6e-04 | 2.3e-12 |

Table 2. The ten independent epistatic pairs of SNPs within MHC and their interaction P values conditioning on the additive background in RACI-UK and without conditioning on the additive background in each of the three study cohorts*. SNP1(2): the first (second) epistatic SNP; Position1(2): the genomic position of the SNP1(2); Conditional_P: the interaction P value in the final model fitting covariates, the additive effects of the 20 independent GWAS SNPs and the 10 epistatic pairs of SNPs and their interactions; Unconditional_P_UK (US or SE): the interaction P value corrected for covariates but not the additive background in RACI-UK (US or SE); P values greater than 0.05 underlined.

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PTPN22, suggesting that they are unlikely involved in strong interactions and thus analysis. We showed that the newly discovered vGW AS loci, like those in GW AS meta-analysis, had weaker asso-
diseases). From this perspective, detection of the major GW AS loci should not be regarded as a rediscovery but in
towards the study phenotype and even other related phenotypes (e.g. MHC regulates a number of autoimmune
Caution is recommended when using such filtering because vGW AS could miss true interacting loci with limited
may be driven more by the variance rather than the mean.
in RA. We anticipate that future enlarged vGW AS meta-analyses may detect additional, especially novel loci that
also help develop a consensus protocol to facilitate future vGW AS meta-analysis of diseases.

Our results of multiple GxG interactions within MHC are in line with the recent reports that focused on a few
preselected MHC loci (e.g. HLA-DRB1) and used high resolution imputation and a much increased sample size to
fine map within-locus interactions29,39. Similar fine mapping efforts are needed to accurately compute the additive
background and subsequently refine GxG interactions across the entire MHC region. There is not information of
environmental factors other than gender in the study cohorts to test GxE interactions. However, there have been
several reports of GxE interactions (e.g. with smoking and alcohol) in RA involving MHC and/or PTPN2230–44.
Besides, there is also evidence of non-additive effects and heterozygous advantage in MHC variants from other
autoimmune diseases29,39,45, all supporting the notion that MHC is highly diverse owing to strong natural selec-
tion pressure in order to cope with ever changing environmental pathogens45.

One major concern about vGWAS applications is potential conflation caused by the mean-variance correlation
that is hardly disentangled, i.e. variance can be mathematically modelled as some function of the mean20,46. Here
we showed that the impact of such a correlation was strong only in the major RA associated loci (i.e. MHC and
PTPN22) that tended to be involved in GxG and/or GxE interactions. We argue that co-existence of strong additive
and non-additive effects in the major associated loci may be biologically important6 rendering these loci the key
regulators of the study phenotype and even other related phenotypes (e.g. MHC regulates a number of autoimmune
diseases). From this perspective, detection of the major GWAS loci should not be regarded as a rediscovery but in
fact an assurance that vGWAS can at least pick up the key interacting loci for dichotomous disease phenotypes.

vGWAS may be more fruitful in meta-analysis of multiple cohorts as demonstrated in the Combined cohort
analysis. We showed that the newly discovered vGWAS loci, like those in GWAS meta-analysis, had weaker asso-
siation signals than MHC or PTPN22, suggesting that they are unlikely involved in strong interactions and thus
require more samples to detect6. ANKRD55 is associated with multiple diseases including RA and multiple sclero-
sis44,45 but its biological functions and involvement in statistical interaction are not yet clear. TYK2 is also a
pleiotropic gene associated with multiple autoimmune diseases and possibly linked with IRF5 in lupus but the
interactions seemed weak and inconsistent48–50. Further work is required to validate their non-additive roles
in RA. We anticipate that future enlarged vGWAS meta-analyses may detect additional, especially novel loci that
may be driven more by the variance rather than the mean.

vGWAS is also useful to increase power of detection of interactions via an effective reduction of multiple tests
concerning only the prioritized loci. For example, testing GxG interactions benefited from a much relaxed sig-
nificance threshold as 4.2e-06 after filtering on vGWAS significant SNPs and then their pairwise LD in this study.
Caution is recommended when using such filtering because vGWAS could miss true interacting loci with limited
genotypic variability9,41,12. Nevertheless, such a filtering is practically useful to prioritize the main non-additive
loci particularly when a big sample size is available.

This pilot study has a few limitations. Firstly, the low power of detection in individual cohorts (particularly
in RACI-US and RACI-SE). In addition to sample size and SNP density, power of a vGWAS is also determined by
the effect sizes of the interactions involved and the unobserved interacting factors11,30. The MHC signals
appeared significantly in every cohort probably because they were involved in multiple interactions as suggested
previously31. Secondly, uncertainties associated with the estimated environmental residuals due to hidden or
unaccounted factors. Factors influencing the accuracy of polygenic risk prediction (e.g. sample size, case con-
trol ratio, SNP density, population structure, sample relatedness and ascertainment)31,32 will also influence the
vGWAS power. Population histories and/or special environments may also cause biases if not unaccounted for
properly. For example, RACI-SE was the only cohort using matched cases and controls3, which might explain in
part the relatively low estimate of heritability (Table 1) and the slight deflation observed in the vGWAS QQ plot
(Supplementary Figure S1). Thirdly, this study concerned only the Immunochip platform for an autoimmune dis-
ease. Further investigations using GWAS arrays and other types of diseases would be useful to provide a complete
view of this approach. A carefully designed simulation study is also recommended to assess the factors above as
well as to quantify the impact of the mean-variance correlation comprehensively. Such a simulation study may
also help develop a consensus protocol to facilitate future vGWAS meta-analysis of diseases.

Discussion
We showed that the two-stage vGWAS approach successfully identified MHC that harbored widespread genotypic
variability of non-additive risk of RA across the three study cohorts. Such non-additive genotypic variability could
be explained in part by GxG interactions across the entire MHC region that were independent of the strong additive
effects, and had a moderate/weak effect individually but an appreciable joint effect. We also identified PTPN22 as a
significant vGWAS locus in the discovery cohort that however was replicated in only one independent cohort.
Combining the three study cohorts boosted the power of vGWAS and detected two additional loci ANKRD55 and
TYK2 that are yet to be replicated. These results suggest that the two-stage vGWAS indeed works for complex diseases.

We plotted the vGWAS P values against the GWAS counterparts for the Combined cohort as well as each
individual cohort to assess the impact of the mean-variance correlation (Fig. 3). In the Combined cohort, high
concordance between GWAS and vGWAS was observed when the MHC and/or PTPN22 regions were included
(Fig. 3a,b) but greatly diminished if excluding both MHC and PTPN22 (Fig. 3c). In individual cohorts, GWAS
and vGWAS concordance was observed only in RACI-UK even when including PTPN22 (Fig. 3d,e,f). These
results suggested that the mean-variance correlation might influence vGWAS directly mainly at the major GWAS
loci. In addition, we reran the vGWAS analyses while fitting the additive effects of the pre-identified GWAS SNPs
as additional covariates at either stage in RACI-UK and found little differences in the results, indicating the
vGWAS signals were unlikely driven by the differences of allelic means or scaling factors.
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Author Contributions
W.H.W., S.E. and J.W. designed and directed the study. W.H.W. performed data analyses and wrote the manuscript. J.B. and J.M. contributed to data analyses. All authors contributed to the manuscript discussion, writing and reviewing.

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