Single Oral Dose Toxicity Test of Platycodin D, a Saponin from Platycodon Radix in Mice

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The object of this study was to evaluate the single oral dose toxicity of platycodin D, a saponin from the root of *Platycodon grandiflorum* in male and female mice. Platycodin D was administered to female and male mice as an oral dose of 2000, 1000, 500, 250 and 125 mg/kg (body wt.). Animals were monitored for the mortality and changes in body weight, clinical signs and gross observation during 14 days after treatment. Upon necropsy, organ weight and histopathology of 14 principle organs were examined. As the results, no platycodin D treatment related mortalities, clinical signs, changes on the body and organ weights, gross and histopathological observations against 14 principle organs were detected up to 2000 mg/kg in both female and male mice. Therefore, LD₅₀ (50% lethal dose) and approximate LD of platycodin D after single oral treatment in female and male mice were considered over 2000 mg/kg - the limited dosages recommended by KFDA Guidelines [2009-116, 2009], respectively.

**Key words:** Platycodin D, Single oral dose toxicity, Mouse, Histopathology

**INTRODUCTION**

Platycodin radix, the roots of *Platycodon grandiflorum*, has been used traditionally as an expectorant and a remedy for bronchitis, tonsillitis, laryngitis and suppurative dermatitis in China, Korea and Japan (Han et al., 2000). Platycodin D is a major pharmacological constituent of Platycodi radix (Han et al., 2002), and it has been shown to be the anti-diabetic (Kim et al., 2000; Han et al., 2002; Zhao et al., 2005), anti-inflammatory (Kim et al., 2001; Chung et al., 2008; Hong et al., 2008), anti-cancer (Kim et al., 2008; Yu and Kim, 2010), antinociceptive (Choi et al., 2002, 2004) and immunomodulatory (Xie et al., 2009, 2010) activities. However, no detailed toxicological assessment of Platycodin D has been reported even if mouse single dose toxicity test. The objective of the present study, therefore, was to obtain the primary safety information about platycodin D, a saponin from the root of Platycodon radix, and further clarify their safety for clinical use. In order to observe the 50% lethal dose (LD₅₀), approximate lethal dosage (ALD), test articles were once orally administered to female and male mice at dose levels of 2000, 1000, 500, 250 and 125 mg/kg (body wt.) according to the recommendation of KFDA Guidelines (2009). The mortality and changes on body weight, clinical signs and gross observation were monitored during 14 days after oral administration of platycodin D with organ weights and histopathology of principle organs.

**MATERIALS AND METHODS**

**Experimental animals.** Each of thirty female and male ICR mice (6-wk old upon receipt, SLC, Japan) was used after acclimatization for 8 days. Animals were allocated five per polycarbonate cage in a temperature (20~25°C) and humidity (45~50%) controlled room. Light : dark cycle was 12 hrs : 12 hrs, and feed (Samyang, Korea) and water were supplied free to access. All animals were overnight fasted before dosing and terminal necropsy. Animals were marked by picric acid. This study was carried out with prior approval of the Animal Ethical Committee, The University of Daegu Haany University (Gyeongsan, Korea).

**Preparation and administration of Platycodin D.** The Platycodin D, gift from Glucan Corp. Ltd. (Korea), was extracted from Platycodi radix by previous method (Zhao et al., 2005). The raw sample (100 kg) of Platycodin radix
was extracted with methanol and partitioned sequentially with n-hexane, chloroform, ethyl acetate and n-butanol. The n-butanol fraction was then subjected to Diaion HP-20 resin (Mitsubishi, Japan), and the fractions eluted at 60~80% of methanol were collected to obtain 90 g of crude saponins. The crude saponins were further purified by repeated silica gel (Merck, Germany) chromatography to obtain the purified platycodin D. The process was repeated several times until a sufficient quantity of platycodin D was obtained. The purified platycodin D was identified on the basis of Rf, FAB-MS (= 1225.38), and [13C]-NMR spectra compared with the authentic platycodin D (Fig. 1). Prepared platycodin D is light yellow powder, and stored in a desiccator to protect from light and humidity. Platycodin D is well dissolved (clear light yellow solution) at least 200 mg/ml concentrations in distilled water. The test article was single orally administered at a dosage volume of 20 ml/kg using distilled water as vehicle at 2000, 1000, 500, 250 and 125 mg/kg dose levels.

Abnormal behavior, clinical sign and body weight. All abnormal clinical signs and behaviors were recorded before and after dosing at least twice a day based on the functional observational battery test. Variance homogeneity was examined using the Levene test. If the Levene test indicated no significant deviations from variance homogeneity, the obtain data were analyzed by one way ANOVA test followed by Scheffe test to determine which pairs of group comparison were significantly different. In case of significant deviations from variance homogeneity were observed at Levene test, a non-parametric comparison test, the Mann-Whitney U test was conducted to determine the specific pairs of group comparison, which are significantly different. LD50 and 95% confidence limits were calculated by Probit method. Statistical analyses were conducted using SPSS for Windows (Release 14.0K, SPSS Inc., USA) and a p-value of less than 0.05 was considered to be a significant difference. In addition, degree of clinical signs, gross and histopathological findings were subdivided into 3 degrees: 3+ Severe, 2+ moderate, 1+ slight.

RESULTS

Mortalities. No unscheduled or Platycodin D-treatment related mortalities were detected in all dose levels tested in this study. At termination, all of animals (5/5; 100%) were survived in all dose levels tested including vehicle control.

Clinical signs. In this study, no Platycodin D treatment related abnormal clinical signs were observed during observation period regardless of male and female mice.

Organ weight measurements and sampling. The absolute organ weight was measured and then relative organ weight (% for body weight) was calculated. The following organs were collected for histopathological observation. Measured and sampled organs: lung, heart, thymus, left kidney, left adrenal gland, spleen, left testis or ovary, liver, splenic lobe of pancreas, brain, left epididymis or total uterus and left popliteal lymph node.

Histopathology. Samples were fixed in 10% neutral buffered formalin. After 18 hrs of fixation, paraffin embedding was conducted and 4 µm sections were prepared by routine histological methods. Representative sections of each specified organs were stained with hematoxylin-eosin for light microscopical examination.

Changes on body weights and gains. No significant changes in body weight were detected as compared to that
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of vehicle control in all dose levels tested except for significant (p < 0.05) increase of body weight gains during Day 7~ Day 14 detected in platycodin D 1000 mg/kg treated male group (Table 1, Fig. 2 and 3).

**Changes on the organ weight.** No meaningful changes on the absolute and relative organ weight of principle organs were observed in all platycodin D treated female and male mice as compared with each equal gender of vehicle control, except for significant (p < 0.05) increases of absolute and relative uterus weights restricted to 250 mg/kg of platycodin D treated female mice and decreases of relative brain weight in platycodin D 250 mg/kg treated male mice as compared with equal genders of vehicle control in the present study (Table 2, 3).

### Table 1. Body weight gains after oral treatment of platycodin D

| Group       | Intervals          | Male                          | Female                        |
|-------------|--------------------|-------------------------------|-------------------------------|
|             | Day 0~Day 7        | Day 7~Day 13                  | Day 0~Day 14                  |
| Male        |                    |                               |                               |
| Vehicle control | 8.84 ± 1.24        | 1.20 ± 0.38                   | 7.44 ± 1.86                   |
| 2000 mg/kg  | 8.02 ± 1.39        | 1.46 ± 0.98                   | 6.30 ± 2.33                   |
| 1000 mg/kg  | 7.68 ± 0.82*       | 2.72 ± 0.83*                  | 8.08 ± 1.44                   |
| 500 mg/kg   | 8.68 ± 0.44        | 1.96 ± 1.64                   | 7.68 ± 1.85                   |
| 250 mg/kg   | 7.24 ± 4.26        | 2.86 ± 5.30                   | 5.74 ± 1.24                   |
| 125 mg/kg   | 8.74 ± 0.88        | 1.94 ± 0.48                   | 8.02 ± 1.07                   |
| Female      |                    |                               |                               |
| Vehicle control | 5.92 ± 2.02        | 1.56 ± 1.58                   | 5.50 ± 2.23                   |
| 2000 mg/kg  | 5.46 ± 2.74        | 1.12 ± 1.78                   | 4.92 ± 2.94                   |
| 1000 mg/kg  | 6.54 ± 0.79        | 1.86 ± 0.90                   | 6.18 ± 1.13                   |
| 500 mg/kg   | 5.10 ± 1.80        | 1.44 ± 1.73                   | 4.62 ± 2.87                   |
| 250 mg/kg   | 4.42 ± 1.18        | 2.10 ± 1.63                   | 4.50 ± 1.32                   |
| 125 mg/kg   | 4.72 ± 0.83        | 3.22 ± 1.11                   | 5.78 ± 0.83                   |

Values are expressed as mean ± SD of five mice, g.

*Day of treatment after overnight fasted.

*p < 0.05 compared with male vehicle control.
were observed in platycodin D-treated groups as compared on the histopathological findings of 14 principle organs on the uterus, and focal hyperplasia of lymphoid cells in the inflammatory cell infiltration in liver, edematous changes in the wall with focal hemorrhage, decreases of lymphoid cells with equal gender of vehicle control except for some sporadic findings such as slight (1+) congestion spots of lung, atrophy of thymus, cyst in kidney, spleen atrophy or hypertrophy, and focal hemorrhage of popliteal lymph node, which were sporadically detected throughout all experimental groups tested in the present study including both gender vehicle controls (Table 4).

**Necropsy findings.** No platycodin D-treatment related changes on the gross findings were observed as compared with equal gender of vehicle control except for some sporadic findings such as slight (1+) congestion spots of lung, atrophy of thymus, cyst in kidney, spleen atrophy or hypertrophy, and focal hemorrhage of popliteal lymph node, which were sporadically detected throughout all experimental groups tested in the present including both gender vehicle control (Table 4).

**Histopathological findings.** No meaningful changes on the histopathological findings of 14 principle organs were observed in platycodin D-treated groups as compared with equal gender of vehicle control except for some sporadic findings such as slight (1+) hypertrophy of lung alveolus wall with focal hemorrhage, decreases of lymphoid cells in the cortex of thymus and red pulps of spleen, focal inflammatory cell infiltration in liver, edematous changes on the uterus, and focal hyperplasia of lymphoid cells in the popliteal lymph node, which were sporadically detected throughout all experimental groups tested in the present study including both gender vehicle controls (Table 5).

**DISCUSSION**

In the present study, we investigated the single oral dose toxicity of platycodin D on the mice as a part of the safety test. In order to observe 50% lethal dose (LD<sub>50</sub>) and approximate lethal dosage (LD), test substances were administered orally to female and male ICR mice at dose levels of 2000, 1000, 500, 250 and 125 mg/kg. We could not find any mortality, clinical signs, and changes in the body and organ weights except for significant (p < 0.05) increases of absolute and relative uterus weights restricted to 250 mg/kg of platycodin D treated female mice and decreases of relative brain weight in platycodin D 250 mg/kg treated male mice. In addition, no platycodin D-treatment related abnormal gross findings and changes in histopathology of princi-

### Table 2. Changes on the absolute organ weights after oral treatment of platycodin D

| Dose (mg/kg) | Lung | Heart | Thymus | Kidney L | Adrenal gland L | Spleen | Testis L | Liver | Pancreas S | Brain | Epididymis | Lymph node L<sup>a</sup> |
|--------------|------|-------|--------|----------|----------------|--------|----------|-------|-----------|-------|------------|---------------------|
| 0            | 0.190 ± 0.074 | 0.215 ± 0.008 | 0.129 ± 0.008 | 0.135 ± 0.006 | 0.125 ± 0.036 | 0.147 ± 0.035 | 0.174 ± 0.145 | 0.128 ± 0.174 | 0.030 ± 0.004 | 0.022 ± 0.012 | 0.024 ± 0.011 | 0.033 ± 0.001 |
| 2000         | 0.214 ± 0.077 | 0.215 ± 0.008 | 0.129 ± 0.008 | 0.135 ± 0.006 | 0.125 ± 0.036 | 0.147 ± 0.035 | 0.174 ± 0.145 | 0.128 ± 0.174 | 0.030 ± 0.004 | 0.022 ± 0.012 | 0.024 ± 0.011 | 0.033 ± 0.001 |
| 1000         | 0.218 ± 0.155 | 0.221 ± 0.008 | 0.135 ± 0.006 | 0.125 ± 0.036 | 0.147 ± 0.035 | 0.174 ± 0.145 | 0.128 ± 0.174 | 0.030 ± 0.004 | 0.022 ± 0.012 | 0.024 ± 0.011 | 0.033 ± 0.001 |
| 500          | 0.218 ± 0.155 | 0.221 ± 0.008 | 0.135 ± 0.006 | 0.125 ± 0.036 | 0.147 ± 0.035 | 0.174 ± 0.145 | 0.128 ± 0.174 | 0.030 ± 0.004 | 0.022 ± 0.012 | 0.024 ± 0.011 | 0.033 ± 0.001 |
| 250          | 0.218 ± 0.155 | 0.221 ± 0.008 | 0.135 ± 0.006 | 0.125 ± 0.036 | 0.147 ± 0.035 | 0.174 ± 0.145 | 0.128 ± 0.174 | 0.030 ± 0.004 | 0.022 ± 0.012 | 0.024 ± 0.011 | 0.033 ± 0.001 |
| 125          | 0.218 ± 0.155 | 0.221 ± 0.008 | 0.135 ± 0.006 | 0.125 ± 0.036 | 0.147 ± 0.035 | 0.174 ± 0.145 | 0.128 ± 0.174 | 0.030 ± 0.004 | 0.022 ± 0.012 | 0.024 ± 0.011 | 0.033 ± 0.001 |

Values are expressed as mean ± SD of five mice, g. L, left sides; S, splenic lobes; * Popliteal lymph node.

*p < 0.05 compared with male vehicle control.
ple organs were detected except for some sporadic accidental findings in both male and female mice.

In KFDA Guidelines (2009-116, 2009), the recommended highest dose of test materials were 2000 mg/kg or the maximum solubility, and they also recommended that in case of single dose toxicity in mouse, the dosage volume was below 20 mL/kg (Flecknell, 1996). In the present study, the highest dosage was selected as 2000 mg/kg in a volume of 20 mL, the recommended oral dose volume in mice (Flecknell, 1996) and the limited highest dosages recommended by KFDA Guidelines (2009-116, 2009), and 1000, 500, 250 and 125 mg/kg are selected using common ratio 2. In addition, each female and male vehicle control groups was added. Test material was orally administered using distilled water as vehicle in the present study.

No platycodin D treatment related mortalities and clinical signs were detected up to 2000 mg/kg - the highest dosages used in the present study. Significant (p < 0.05) increase of body weight gains during Day 7-Day 14 detected platycodin D 1000 mg/kg treated male group were difficult to considered platycodin D treatment related toxicological signs because they did not showed any dosage-dependent changes, all animals including 2000 mg/kg treated male and female mice shows body weight increases ranged in normal age-matched mice (Plata and Murphy, 1972; Yamaguchi et al., 1983).

Decrease of relative brain weight detected in Platycodin D 250 mg/kg treated male mice, are not considered as platycodin D treatment related toxicological signs because they did not showed any dosage-dependent changes and no meaningful gross and histopathological changes were detected in the brain in the present study. The increased trends of testis and urine weights were detected in all platycodin D treated female or male mice as compared with equal genders of vehicle control, respectively. These increased trends of reproductive organs were considered as difficult to consider as platycodin D treatment related toxicological signs because significant changes were restricted to the relative
uterus weights of platycodin D 250 mg/kg treated female mice as compared with female vehicle control and no meaningful histopathological changes were detected in the testis and uterus at sacrifice. However, it also difficult to exclude that platycodin D can be influenced on the reproductive organs like pytoestrogen. Pytoestrogens have been various

Table 4. Necropsy findings after oral treatment of platycodin D

| Dose (mg/kg) |     |     |     |     |     |     |     |     |     |     |     |     |
|--------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|              | Male |     |     |     |     |     |     |     |     |     |     |     |
|              |     | 0   | 2000| 1000| 500 | 250 | 125 |     |     |     |     |     |
| Lung         |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 4/5 | 4/5 | 4/5 | 4/5 | 4/5 | 4/5 | 4/5 |     |     |     |     |     |
| Congestion   | 1/5 | 1/5 | 1/5 | 1/5 | 1/5 | 1/5 | 1/5 |     |     |     |     |     |
| Thymus       |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 4/5 | 5/5 | 5/5 | 3/5 | 3/5 | 4/5 |     |     |     |     |     |     |
| Atrophy      | 1/5 | 0/5 | 1/5 | 2/5 | 2/5 | 1/5 |     |     |     |     |     |     |
| Kidney       |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 5/5 | 5/5 | 5/5 | 4/5 | 5/5 |     |     |     |     |     |     |
| Cyst         | 0/5 | 0/5 | 0/5 | 0/5 | 1/5 | 0/5 |     |     |     |     |     |     |
| Spleen       |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 3/5 | 4/5 | 3/5 | 4/5 | 3/5 | 4/5 |     |     |     |     |     |     |
| Atrophy      | 2/5 | 1/5 | 2/5 | 1/5 | 2/5 | 0/5 |     |     |     |     |     |     |
| Hypertrophy  | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 | 1/5 |     |     |     |     |     |     |
| LN*          |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 3/5 | 4/5 | 1/5 | 4/5 | 4/5 | 5/5 |     |     |     |     |     |     |
| Hypertrophy  | 2/5 | 1/5 | 3/5 | 1/5 | 1/5 | 0/5 |     |     |     |     |     |     |
| Focal hemorrhage | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 |     |     |     |     |     |     |

Observed animals/total observed animals (five mice).

*Left popliteal lymph node.

Table 5. Histopathological findings after oral treatment of platycodin D

| Dose (mg/kg) |     |     |     |     |     |     |     |     |     |     |     |     |
|--------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|              | Male |     |     |     |     |     |     |     |     |     |     |     |
|              |     | 0   | 2000| 1000| 500 | 250 | 125 |     |     |     |     |     |
| Lung         |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 5/5 | 4/5 | 5/5 | 4/5 | 4/5 |     |     |     |     |     |     |
| Congestion   | 0/5 | 0/5 | 1/5 | 0/5 | 1/5 | 1/5 |     |     |     |     |     |     |
| Thymus       |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 |     |     |     |     |     |     |
| DE*          | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 |     |     |     |     |     |     |
| Kidney       |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 4/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 |     |     |     |     |     |     |
| AT-G*        | 1/5 | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 |     |     |     |     |     |     |
| Spleen       |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 4/5 | 5/5 | 3/5 | 4/5 | 4/5 |     |     |     |     |     |     |
| DE*          | 0/5 | 1/5 | 0/5 | 2/5 | 1/5 | 1/5 |     |     |     |     |     |     |
| Liver        |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 |     |     |     |     |     |     |
| IF*          | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 |     |     |     |     |     |     |
| Testis/Uterus|     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 |     |     |     |     |     |     |
| ED*          | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 | 0/5 |     |     |     |     |     |     |
| LN*          |     |     |     |     |     |     |     |     |     |     |     |     |
| Normal       | 5/5 | 5/5 | 4/5 | 5/5 | 5/5 | 5/5 |     |     |     |     |     |     |
| HP*          | 0/5 | 0/5 | 1/5 | 0/5 | 0/5 | 0/5 |     |     |     |     |     |     |

Observed animals/total observed animals (five mice).

*Left popliteal lymph node.

*Abbreviations: DE, decreases of lymphoid cells; AT-G, focal atrophy of glomerulus; IF, focal inflammatory cell infiltration; ED, edematous changes; HP, focal lymphoid cell hyperplasia.
influenced on the male and female reproductive organs as pharmacological effects (Roberts et al., 2000; Jaroenporn et al., 2006). It also already known that the uterus weights in the mice are generally changed with estrus cycles (Pineda, 1989).

The slight congestion of lung, atrophy of thymus, cyst in kidney, spleen atrophy or hypertrophy, and hypertrophy and focal hemorrhage of popliteal lymph node detected in the present study as gross findings, and hypertrophy of lung alveolus wall with focal hemorrhages, decreases of lymphoid cells in the cortex of thymus and red pulps of spleen, focal inflammatory cell infiltration in liver, edematous changes on the uterus, and hyperplasia of lymphoid cells in the popliteal lymph node detected as histopathological findings were considered as accidental findings not toxicological signs related to the platycodin D treatment because they were sporadically detected throughout the whole experimental groups tested in the present study including both genders of vehicle control. Especially, the edematous changes in uterus were considered as secondary changes from different physiological estrus cycles (Banks, 1986; Pineda, 1989). In addition, most of them were also generally observed in normal mice (Lee et al., 2005, 2006).

Although there are any available data on the absorption of platycodin D in mice, but platycodin D has been showed pharmacodynamic effects on various animal experiments after oral administration at the lower dosage than 2000 mg/kg (Kim et al., 2000; Han et al., 2000, 2002; Zhao et al., 2005; Xie et al., 2010) as direct evidences that oral administration of platycodin D can be absorbed by intestine.

Because no platycodin D treatment related mortalities were detected up to 2000 mg/kg in both male and female mice in the present study, the LD₅₀ and approximate LD₉₀ of platycodin D after single oral treatment in female and male mice were considered over 2000 mg/kg, and is likely to be safe in humans.

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