Pseudolymphoma (reactive lymphoid hyperplasia) of the liver: A clinical challenge

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Abstract

Reactive lymphoid hyperplasia (RLH), also known as pseudolymphoma or nodular lymphoid lesion of the liver is an extremely rare condition, and only 51 hepatic RLH cases have been described in the literature since the first case was described in 1981. The majority of these cases were asymptomatic and incidentally found through radiological imaging. The precise etiology of hepatic RLH is still unknown, but relative high prevalence of autoimmune disorder in these cases suggests an immune-based liver disorder. Imaging features of hepatic RLH often suggest malignant lesions such as hepatocellular carcinoma and cholangiocarcinoma. In this report, we discuss two cases of hepatic RLH in patients with autoimmune hepatitis. We also present pathologic and magnetic resonance imaging findings, including one case utilizing a hepatocellular contrast agent, Eovist. Definitive diagnosis of hepatic RLH often requires surgical excision.

Key words: Pseudolymphoma; Nodular lymphoid lesion; Liver; Magnetic resonance imaging; Reactive lymphoid hyperplasia

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Core tip: Reactive lymphoid hyperplasia of the liver also known as pseudolymphoma is an extremely rare condition. Because of its rarity, association with underlying inflammatory liver disease and close resemblance to malignant hepatic lesions such as hepatocellular carcinoma and cholangiocarcinoma on imaging studies,
this rare lesion is frequently misdiagnosed. We discuss two cases of hepatic reactive lymphoid hyperplasia (RLH) in patients with autoimmune hepatitis and how we came to the correct diagnosis. Definitive diagnosis of hepatic RLH often requires surgical excision.

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INTRODUCTION

Reactive lymphoid hyperplasia (RLH) also known as pseudolymphoma[1-3] and nodular lymphoid lesion[4,5] is a condition characterized by localized non-neoplastic proliferation of lymphoid tissue at extranodal sites[6]. This rare condition is known to affect various organs including skin, orbit, thyroid, lung, stomach, breast, intestine, spleen and pancreas, however involvement of liver is extremely rare[6] and only 51 such cases have been reported to date[7-10]. Although the pathogenesis of hepatic RLH remains unclear, this condition is found to be associated with a number of chronic inflammatory and immunological conditions including viral hepatitis and various autoimmune diseases including autoimmune hepatitis, primary biliary cirrhosis and autoimmune thyroiditis[6,11,12]. We report two cases of incidentally found hepatic lesion for which surgical excision was performed with a final diagnosis of hepatic RLH. We also describe magnetic resonance imaging (MRI) and pathologic features of RLH, and review of current literature.

CASE REPORT

Case 1

A 41-year-old Hispanic woman with autoimmune hepatitis (ANA+, SMA+; IgG greater than 1.1-fold of upper normal limit) had an abdominal MRI at an outside hospital with conventional extracellular contrast agent as a part of elevated transaminase workup. The MRI demonstrated a non-cirrhotic liver with a single 2.5 cm lesion in segment 3 with hypervasular enhancement with washout (Figure 1A-D). Due to recent diagnosis of cervical cancer (stage 1B), positron emission tomography (PET) scan was performed (Figure 1E), which showed PET positivity. Metastatic disease was a concern, and as such, the patient underwent image guided needle biopsy of the liver lesion, which showed indeterminate lesion with unusual florid lymphoplasmacytic infiltrates. To further characterize the lesion, MRI was repeated in our institution with single dose of Eovist (Gadoxetate Disodium, Bayer HealthCare Pharmaceuticals), a liver specific contrast. This showed an arterial enhancement and lack of uptake on hepatocellular phase images most suggestive of a hepatic adenoma (Figure 1F). Due to the diagnostic uncertainties of this liver lesion, the patient underwent a surgical resection of the mass and also core biopsy of the non-tumoral area to assess the condition of the background liver.

Pathologic examination of the resected specimen showed a 2.5 cm relatively well-circumscribed tumoral nodule containing lymphoid proliferation characterized by reactive lymphoid follicles and interfollicular plasma cells within the resected liver parenchyma (Figure 2A and B). Since lymphoma was suspected on initial evaluation, flow cytometric analysis, immunohistochemistry and polymerase chain reaction analysis for immunoglobulin heavy chain gene rearrangement were performed. Briefly, the flow cytometric analysis on the cells obtained from the tumor showed mixed population of CD2, CD5 and CD3 positive T cells with a CD4/CD8 4.5/1 (approximately 40%) and polyclonal CD19, CD20 and CD22 positive polyclonal B lymphocytes (60%) with no abnormal immunophenotype. Also with cytoplasmic kappa and lambda stains, clonality could not be demonstrated. These results were consistent with a reactive process. Immunohistochemical analysis showed numerous CD20 positive B cells mostly confined to follicles (Figure 2C) without abnormal immunophenotype and numerous interfollicular polyclonal CD138 and MUM-1 positive plasma cells (Figure 2D) with kappa/lambda ratio 3/1 within the lesion area. The majority of the plasma cells were IgG positive but negative for IgG4, CD56, CD117 and CD20. CD21 immunostain showed round follicular dendritic networks in follicles. Cyclin-D1 stain was negative. CD3, CD43 and CD5 highlighted the T-cells but they were negative on the B-cells. MIB-1 proliferative index was approximately 30% in interfollicular areas. Although these results were consistent with reactive lymphoid hyperplasia, low grade marginal zone B-cell lymphoma was in the differential diagnosis. Polymerase chain reaction (PCR) analysis did not show monoclonal immunoglobulin heavy chain gene rearrangement and excluded the possibility of a subtle B cell clonal process. In summary, our analysis ruled out a low grade extranodal marginal zone lymphoma and supported the diagnosis of RLH. The pathologic examination of the core biopsy of the liver from non-tumoral area showed steatohepatitis with portal lymphoid aggregates and plasma cells consistent with autoimmune hepatitis (grade 2, stage 2, data not shown).

Case 2

A 60-year-old African-American woman with chronic liver cirrhosis from autoimmune hepatitis (ANA+, SMA+) had a routine surveillance MRI, which showed a 1 cm lesion in segment 2 (Figure 3). The lesion had early contrast enhancement with washout, with features probable for hepatocellular carcinoma (HCC), which is classified as Liver Imaging Reporting and Data System category 4 by American College of Radiology[13,14]. Similar to the above case, at the time of surgery, the initial evaluation of the liver nodule showed atypical lymphoid proliferation and
Kwon YK et al. Pseudolymphoma (reactive lymphoid hyperplasia) of the liver

Figure 1  Imaging findings of case 1. A: T2-weighted fat-saturated image showing focal mass (indicated by arrow) in segment 2 with increased signal intensity as compared to background liver; B: T1-weighted fat-saturated image showing focal mass with decreased signal intensity as compared to background liver; C: T1-weighted fat-saturated image after contrast infusion in the late arterial phase. The mass is hypervascular on this phase; D: T1-weighted fat-saturated image after contrast infusion in the portal venous phase. The mass washes out on this phase. A capsule is seen; E: Positron emission tomography scan shows hypermetabolic activity; F: T1-weighted fat-saturated image 20 min after hepatocellular contrast, Gadoxetate Disodium (Eovist) infusion. Lesion does not take up Eovist.

Figure 2  Histopathological findings of case 1. A and B: Tumoral nodule containing lymphoid proliferation characterized by reactive lymphoid follicles and interfollicular plasma cells within liver parenchyma; C: Numerous CD20 positive B cells mostly confined to follicles; D: Numerous interfollicular polyclonal CD138 and MUM-1 positive plasma cells.
zone lymphoma on histology\textsuperscript{[16]}. The mean age of hepatic RLH cases was 58 years with a marked female predominance with a male to female ratio of greater than 1:7\textsuperscript{[6]}. The majority of cases were asymptomatic and diagnosed incidentally, and more than half of the cases were associated with an underlying inflammatory or autoimmune condition like viral hepatitis, primary biliary cirrhosis or autoimmune thyroiditis\textsuperscript{[6]}. The majority of cases, 81\%, had a solitary tumor at presentation\textsuperscript{[11]}. The average size was 15.4 mm with range 4 to 55 mm\textsuperscript{[6]}. With the use of intravenous gadolinium-enhanced MRI, RLH lesion may resemble HCC and cholangiocarcinoma. In patients at risk for HCC, a lesion with imaging features of arterial phase enhancement and washout on later phase images, or presence of a capsule, is highly worrisome for HCC\textsuperscript{[13,14]}.

In our first case, the conventional contrast-enhanced MRI showed a non-cirrhotic liver with a single lesion with arterial enhancement and washout on later phase images, or presence of a capsule, is highly worrisome for HCC\textsuperscript{[13,14]}.

In our second case, the background liver was noted to be cirrhotic, and a small lesion in segment 2 showed thus, lymphoma workup was performed including flow cytometry, immunohistochemistry and PCR analysis. The pathologic examination showed a 1 cm relatively well-circumscribed tumoral nodule containing reactive lymphoid follicles and interfollicular plasma cells within liver parenchyma surrounded by regenerative nodules (Figure 4A). The flow cytometric analysis showed mixed population of polyclonal B cells and T cells with a CD4/CD8 ratio of 2.5/1 and with no abnormal immunophenotype consistent with a reactive process. The immunohistochemical analysis showed numerous CD20 positive B cells mostly confined to follicles, without abnormal immunophenotype, numerous T cells and polyclonal plasma cells with kappa/lambda ratio 3/1 within the lesion area. CD21 immunostain showed round follicular dendritic networks in follicles (Figure 4B). The results were consistent with a reactive process. PCR was also performed, which was negative for monoclonal immunoglobulin heavy chain gene rearrangement. The sections of the adjacent liver parenchyma showed bridging fibrosis, portal and focal lobular lymphoid aggregates with plasma cells and focal nodule formation (Figure 4C and D). A diagnosis of RLH of liver in a background of autoimmune hepatitis was made.

**DISCUSSION**

Hepatic RLH is very rare presumably benign condition that may simulate malignancy on imaging studies\textsuperscript{[6,15]} and low grade lymphoma especially extranodal marginal zone lymphoma on histology\textsuperscript{[16]}. The mean age of hepatic RLH cases was 58 years with a marked female predominance with a male to female ratio of greater than 1:7\textsuperscript{[6]}. The majority of cases were asymptomatic and diagnosed incidentally, and more than half of the cases were associated with an underlying inflammatory or autoimmune condition like viral hepatitis, primary biliary cirrhosis or autoimmune thyroiditis\textsuperscript{[6]}. The majority of cases, 81\%, had a solitary tumor at presentation\textsuperscript{[11]}. The average size was 15.4 mm with range 4 to 55 mm\textsuperscript{[6]}. With the use of intravenous gadolinium-enhanced MRI, RLH lesion may resemble HCC and cholangiocarcinoma. In patients at risk for HCC, a lesion with imaging features of arterial phase enhancement and washout on later phase images, or presence of a capsule, is highly worrisome for HCC\textsuperscript{[13,14]}.

In our first case, the conventional contrast-enhanced MRI showed a non-cirrhotic liver with a single lesion with arterial enhancement and washout, and presence of a capsule. This lesion showed lack of uptake on hepatocellular phase of Eovist-enhanced MR images, which may be seen in HCC, hepatic adenoma, and argues against focal nodular hyperplasia. Given the normal background liver morphology, hepatic adenoma was the favored diagnosis. On PET scan, the lesion was PET positive; PET positivity has been previously reported one case\textsuperscript{[11]}. Hypointensity on the hepatocellular phase of Eovist is consistent with findings previously reported\textsuperscript{[17]}.

In our second case, the background liver was noted to be cirrhotic, and a small lesion in segment 2 showed
some features of arterial enhancement and faint washout, but a suggestion of subtle filling in on later delayed phase images. Abnormal increased signal intensity was also seen on T2 weighted images. These features were most consistent with malignancy, and with a differential diagnosis of HCC and cholangiocarcinoma or biphenotypic tumors[13,14].

Natural history of hepatic RLH is yet to be defined due to its rare occurrence. Although hepatic RLH is presumed to be a benign liver lesion, malignant transformation of RLH into lymphoma in other organs such as lung, stomach and skin has been well reported previously[18-20]. In liver, there is one case report by Sato et al[21] in 1999 where a hepatic RLH transformed into a low grade lymphoma in a 55-year-old patient with primary biliary cirrhosis and Sjogren’s syndrome. To our best knowledge, there are no other reports of malignant transformation or local or distant recurrence of RLH from various follow-up periods ranging from 3 mo to 15 years[6,22].

Although majority of the reported cases in literature were treated with surgical resection due to uncertain diagnosis, three cases were treated with liver transplantation due to associated liver disease[19,23]. Since this lesion occurs with pre-existing liver disease, it’s very important to consider this lesion in differential diagnosis before considering patients for transplants especially for oncological indication.

In conclusion, hepatic RLH will continue to present to clinicians as conundrum for correct diagnosis. Not much is known about this hepatic lesion, but up to 30% of the reported cases are associated with various autoimmune diseases[24]. Preoperative definitive diagnosis of hepatic RLH using various imaging modalities including MRI with hepatocellular agents such as Eovist is extremely difficult. Percutaneous needle aspiration or core biopsy may be helpful in differentiating hepatic RLH from metastatic carcinoma and primary liver tumors such as HCC. However, this approach may be inadequate in differentiating low-grade malignant lymphoma, particularly extranodal marginal zone lymphoma from RLH. Although extremely rare, one case of malignant transformation of hepatic RLH has been reported, and in other organs, RLH may undergo malignant transformation. Therefore, any patient with hepatic RLH should have close follow up. Based on limitations of imaging and pathology, for definitive diagnosis and treatment, surgical excision is the advised course.

**COMMENTS**

**Case characteristics**
Hepatic reactive lymphoid hyperplasia (RLH) is an extremely rare condition, which is often misdiagnosed.

**Clinical diagnosis**
RLH is often associated with various autoimmune diseases, and the authors’ two patients had underlying autoimmune hepatitis.

**Differential diagnosis**
Hepatocellular carcinoma (HCC), cholangiocarcinoma, and extranodal marginal zone lymphoma.
Laboratory diagnosis
No specific lab values are associated with hepatic RLH.

Imaging diagnosis
With the use of intravenous gadolinium-enhanced magnetic resonance imaging, hepatic RLH lesion may resemble HCC and cholangiocarcinoma, often leading to misdiagnosis.

Pathological diagnosis
Pathologic examination of hepatic RLH shows lymphoid proliferation characterized by reactive lymphoid follicles and interfollicular plasma cells, often leading to misdiagnosis of lymphoma on initial evaluation.

Treatment
Although hepatic RLH is presumably benign condition, surgical excision is the advised for definitive diagnosis and as a definitive treatment.

Related reports
Misdiagnosis as HCC, cholangiocarcinoma or hepatic lymphoma will result in radically different treatment course, which may include liver transplant, major hepatic resection or chemotherapy.

Term explanation
Hepatic RLH is a presumably benign condition, which is associated with an underlying inflammatory or autoimmune condition like viral hepatitis, primary biliary cirrhosis or autoimmune thyroiditis.

Experiences and lessons
Since 1981, 51 cases of hepatic RLH have been reported to date. Hepatic RLH should on the differential diagnosis especially when facing with hepatic lesion having underlying inflammatory or autoimmune condition without clear risk factors for HCC and cholangiocarcinoma.

Peer-review
Well written case report on two patients with hepatic RLH and on work-up for the correct diagnosis.

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