## Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|----------------------------------|-----------------------------|
| TITLE         |         |                                                                      |                                  |                             |
| Title         | 1       | Identify the report as a Narrative Review of …                      | Page1/Line1-2                    | Title/Para1                 |
| ABSTRACT      |         |                                                                      |                                  |                             |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page2/Line3-20                  | Abstract/Para1              |
| INTRODUCTION  |         |                                                                      |                                  |                             |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | Page3/Line1-Page5/Line1         | Introduction/Para1-5        |
| Objectives    | 4       | Specify the key question(s) identified for the review topic.        | Page5/Line12-Page6/Lin | Introduction/Para6-7       |
| METHODS       |         |                                                                      |                                  |                             |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page6/Line12-18                 | Methods/Para1               |
| DISCUSSION/SUMMARY |     |                                                                      |                                  |                             |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 1[] Page6/Line21-Page9/Lin | 1[] Discussion/Para1-5, 2[]Discussion/Para6-8, |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page12/Line11-21              | Summary/Para1               |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copy editing and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

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