SIMILARITY PROBLEMS, FØLNER SETS AND ISOMETRIC REPRESENTATIONS OF AMENABLE SEMIGROUPS

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Abstract. We revisit Sz.-Nagy’s criteria for similarity of Hilbert space bounded linear operators to isometries or unitaries and present new ones. We also discuss counterparts of the Dixmier-Day theorem concerning bounded representations of amenable groups and semigroups. We highlight the role of Følner sets in similarity problems in both settings of unimodular, σ-compact, amenable groups and in discrete semigroups possessing the Strong Følner condition (SFC).

1. Introduction

A bounded linear operator $T \in \mathcal{B}(\mathcal{H})$ acting on a Hilbert space $\mathcal{H}$ is said to be similar to a unitary (or to an isometry) if $L^{-1}TL$ is a unitary operator (or an isometry) for some invertible operator $L \in \mathcal{B}(\mathcal{H})$. The first criterion of similarity to a unitary operator was obtained by Béla Sz.-Nagy [13] in 1947: a Hilbert space operator $T$ is similar to a unitary operator if and only if $T$ is invertible and both $T$ and its inverse $T^{-1}$ are power-bounded, that is $\sup_{n \in \mathbb{Z}} ||T^n|| < \infty$. The simple, yet ingenious proof given by Sz.-Nagy uses a Banach limit $L$, i.e. a positive linear functional of norm one on $\ell^\infty(\mathbb{Z})$, invariant by translations, which extends to bounded sequences the classical limit of convergent sequences. Starting from an operator $T$ with both $T$ and $T^{-1}$ power-bounded, one can consider a new norm

$$|x|^2 = L\left(\left(\left\|T^n x\right\|^2\right)_{n \in \mathbb{Z}}\right).$$

Then $|x|$ is an equivalent norm, coming from an inner product, and the invariance by translations property of $L$ implies that $|Tx| = |x|$. Thus $T$ is similar to an invertible isometry, i.e. a unitary operator. Basically the same proof shows that $T \in \mathcal{B}(\mathcal{H})$ is similar to an isometry if (and only if) there are two positive constants $m$ and $M$ such that

$$m \|x\| \leq \|T^nx\| \leq M \|x\| \quad \text{for every } n \geq 1 \text{ and every } x \in \mathcal{H}. \quad (1.1)$$

The existence of Banach limits, first proved by Mazur and Banach, is a demonstration of the amenability of the group $\mathbb{Z}$. What are now called amenable groups were introduced

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in 1929 by von Neumann [16]. The term “amenable” was coined by Day [7], who also broadened consideration to encompass semigroups. We refer for instance to the book [18] for more information about amenability of (semi)groups. It was independently remarked in 1950 by Dixmier [8] and Day [6], and in 1951 by Nakamura and Takeda [14], that a variant of Sz.-Nagy’s proof shows that uniformly bounded representations of amenable groups into $\mathcal{B}(\mathcal{H})$ are unitarizable: they are unitary representations in an equivalent Hilbertian norm. One can also consult [20] for a survey about the converse question (Is a group amenable if all its bounded representations are unitarizable ?), which is presently still open in full generality.

The aim of this note is to revisit Sz.-Nagy’s similarity results, the Dixmier-Day theorem and its analogue for “isometrizable” representations of amenable semigroups. Instead of using a Banach limit we will use a limit along a non-principal ultrafilter. A natural question to address in the case of the semigroup $\mathbb{N}$ is if it is true that we can replace the condition (1.1) in Sz.-Nagy’s criterion by a similar boundedness condition in terms of Cesàro means, namely

$$m^2 \|x\|^2 \leq \frac{1}{N} \sum_{n=0}^{N-1} \|T^n x\|^2 \leq M^2 \|x\|^2$$

for every $N \geq 1$ and every $x \in \mathcal{H}$.

It is one of the aims of this note to give a positive answer to this question. This is obtained as a consequence of the following general result.

**Theorem 1.1.** Let $T \in \mathcal{B}(\mathcal{H})$. Suppose there exist positive constants $m$ and $M$ and an operator $K \in \mathcal{B}(\mathcal{H})$ with closed range and finite-dimensional kernel such that:

\begin{align*}
(1.2) \quad m \|Kx\|^2 \leq \frac{1}{N} \sum_{n=0}^{N-1} \|T^n x\|^2 \leq M \|x\|^2
\end{align*}

for every $N \geq 1$ and every $x \in \mathcal{H}$ and

\begin{align*}
(1.3) \quad \text{every eigenvalue of } T, \text{ if any, has modulus one.}
\end{align*}

Then $T$ is similar to an isometry.

Note that, conversely, if $T$ is similar to an isometry, then (1.2) is satisfied with $K = I$ (the identity operator) and (1.3) is readily verified. Theorem 1.1 is a generalization of a result from [21] (see also [22]). In the above theorem, (1.3) follows for instance from the condition that for any non zero $x \in \mathcal{H}$, the closure of the orbit $\{T^n x : n \geq 0\}$ of $x$ does not contain the zero vector. When $K = I$, the condition (1.3) follows from (1.2).

Considering Cesàro means as in (1.2) leads to considering Følner sets in amenable groups and semigroups. Note that, contrary to the case of groups, amenability of semigroups is not characterized by Følner type conditions, or indeed by any known elementary combinatorial condition. We discuss here an analogue of the Dixmier-Day theorem for discrete semigroups satisfying the strong Følner condition (SFC) of Argabright and Wilde [1]. We also consider formally weaker conditions implying unitarizability in the case of unimodular, $\sigma$-compact amenable groups.
2. Unitarizable representations of unimodular amenable groups

Let $G$ be a $\sigma$-compact unimodular amenable group. We denote by $m$ a right invariant Haar measure on $G$ and write $|E|$ instead of $m(E)$ for a measurable $E \subset G$. In this note, by a symmetric Følner sequence we understand a sequence of symmetric compact sets $(F_N)_{N \geq 1}$ with $0 < |F_N| < \infty$ and $F_N^{-1} = F_N$ and which is a (right) Følner sequence for $G$, that is

$$\lim_{N \to \infty} \frac{|(F_N s \triangle F_N)|}{|F_N|} = 0$$

for every $s \in G$. Here $A^{-1} = \{a^{-1} : a \in A\}$, $As = \{as : a \in A\}$ and $A \triangle B = (A \setminus B) \cup (B \setminus A)$ is the symmetric difference of $A$ and $B$. The existence of symmetric Følner sets has been proved by Namioka [15] for countable amenable groups and by Emerson [9] in the general case. We may note in passing that Tessera proved in [23] that the property of being amenable and unimodular is invariant under large scale equivalence between $\sigma$-compact locally compact groups. We also note that a good part of the (large) literature concerning amenable groups deals with left invariant Haar measure, left Følner sequences, etc. When dealing with variants of the Dixmier-Day theorem for groups and semigroups we found more convenient to work with right Følner sequences.

A continuous representation $\pi$ of $G$ will be a map $\pi : G \mapsto B(\mathcal{H})$ from $G$ to the $C^*$-algebra of all bounded operators on $\mathcal{H}$ such that $\pi(1) = I$ and $\pi(g_1 g_2) = \pi(g_1) \pi(g_2)$ of every $g_1, g_2 \in G$ and that is continuous for the strong operator topology on $B(\mathcal{H})$. We say that $\pi$ is an unitary representation if $\pi(g)^* \pi(g) = I = \pi(g) \pi(g)^*$ for any $g \in G$.

**Theorem 2.1.** Let $G$ be a $\sigma$-compact unimodular amenable group generated by $Q \subset G$ and suppose that $(F_N)_{N \geq 1}$ is a symmetric Følner sequence. Let $\pi : G \mapsto B(\mathcal{H})$ be a (strongly) continuous representation of $G$ by invertible operators on a complex Hilbert space $\mathcal{H}$. Suppose that there is a constant $C \geq 1$ such that

$$\frac{1}{|F_N|} \int_{F_N} \|\pi(g)(x)\|^2 \, dm(g) \leq C^2 \|x\|^2$$

for every $x \in \mathcal{H}$,

$$\frac{1}{|F_N|} \int_{F_N} \|\pi(g)^*(x)\|^2 \, dm(g) \leq C^2 \|x\|^2$$

for every $x \in \mathcal{H}$, and that

$$\lim_{N \to \infty} \frac{1}{|F_N|} \int_{(F_N s \triangle F_N)} \|\pi(g)\|^2 \, dm(g) = 0$$

for every $s \in Q$. Then $\pi$ is unitarizable and there exists an invertible $L \in B(\mathcal{H})$ with $\|L^{-1}\| \cdot \|L\| \leq C^2$ such that $L^{-1} \pi L$ is a unitary representation of $G$.

In the case when $\pi$ is a bounded representation with $\sup_{g \in G} \|\pi(g)\| \leq M$, we have:...
the inequalities (2.2) and (2.3) are verified with $C = M$, while the condition (2.4) holds true since $(F_N)_{N \geq 1}$ is a right Følner sequence. Therefore Theorem 2.2 implies, when $G$ is unimodular, the Dixmier-Day theorem.

**Proof of Theorem 2.1** Let $x, y \in H$. We have

$$|\langle x, y \rangle| = \frac{1}{|F_N|} \left| \int_{F_N} \pi(g) \pi(g^{-1}) y \, dm(g) \right|$$

$$= \frac{1}{|F_N|} \left| \int_{F_N} \langle \pi(g)^* x, \pi(g^{-1}) y \rangle \, dm(g) \right|$$

$$\leq \frac{1}{|F_N|} \int_{F_N} \|\pi(g)^* x\| \|\pi(g^{-1}) y\| \, dm(g) \quad \text{(Cauchy-Schwarz)}$$

$$\leq \left( \frac{1}{|F_N|} \int_{F_N} \|\pi(g)\|^2 \, dm(g) \right)^{1/2} \left( \frac{1}{|F_N|} \int_{F_N} \|\pi(g^{-1}) y\|^2 \, dm(g) \right)^{1/2} \quad \text{(Cauchy-Schwarz)}$$

$$\leq C \|x\| \left( \frac{1}{|F_N|} \int_{F_N} \|\pi(g^{-1}) y\|^2 \, dm(g) \right)^{1/2} \quad \text{(using (2.3)).}$$

Taking the supremum after all $x$ in the unit ball we obtain

$$\frac{1}{|F_N|} \int_{F_N} \|\pi(g^{-1}) y\|^2 \, dm(g) \geq \frac{1}{C^2} \|y\|^2$$

for every $y \in H$. As $G$ is unimodular, the Haar measure is inverse invariant. Using also the symmetry condition $F_N^{-1} = F_N$, we obtain

$$\frac{1}{|F_N|} \int_{F_N} \|\pi(g) y\|^2 \, dm(g) \geq \frac{1}{C^2} \|y\|^2 \quad \text{(2.5)}$$

for every $y \in H$.

Let $\mathcal{U}$ be a non-principal ultrafilter on $\mathbb{N}$. Define a new norm

$$|x|^2 = \lim_{\mathcal{U}} \left( \frac{1}{|F_N|} \int_{F_N} \|\pi(g) x\|^2 \, dm(g) \right), \quad \text{(2.6)}$$

by taking the limit along $\mathcal{U}$ of the bounded sequence in (2.6) indexed by $N$. Using (2.2) and (2.5) we have

$$\frac{1}{C} \|x\| \leq |x| \leq C \|x\|. \quad \text{(2.7)}$$

Thus $|\cdot|$ is an equivalent norm. It is also a Hilbertian norm for the inner product

$$\lim_{\mathcal{U}} \left( \frac{1}{|F_N|} \int_{F_N} \langle \pi(g) x, \pi(g) y \rangle \, dm(g) \right).$$

Let $s \in Q$. We can write

$$|\pi(s)x|^2 - |x|^2 = \lim_{\mathcal{U}} \left( \frac{1}{|F_N|} \int_{F_N} \|\pi(gs) x\|^2 \, dm(g) - \frac{1}{|F_N|} \int_{F_N} \|\pi(g) x\|^2 \, dm(g) \right). \quad \text{(2.8)}$$
We have
\[
\frac{1}{|F_N|} \int_{F_N} \|\pi(gs)x\|^2 \, dm(g) - \frac{1}{|F_N|} \int_{F_N} \|\pi(g)x\|^2 \, dm(g)
= \frac{1}{|F_N|} \int_{F_N^s} \|\pi(h)x\|^2 \, dm(h) - \frac{1}{|F_N|} \int_{F_N} \|\pi(g)x\|^2 \, dm(g)
= \frac{1}{|F_N|} \int_{F_N^s \setminus F_N} \|\pi(h)x\|^2 \, dm(h) - \frac{1}{|F_N|} \int_{F_N \setminus F_N^s} \|\pi(g)x\|^2 \, dm(g)
\leq \frac{1}{|F_N|} \int_{F_N^s \setminus F_N} \|\pi(g)x\|^2 \, dm(g).
\]
Using (2.4), we obtain that the limit in (2.8) is zero. Thus \(\pi(s)\) is unitary (an invertible isometry) in the new norm for each \(s \in Q\). As \(Q\) generates \(G\), \(\pi(g)\) is a unitary in the new norm for every \(g \in G\). Therefore \(\pi\) is unitarizable. The statement about the similarity constant follows from (2.7) in the same way as in the proof of the Dixmier-Day theorem. \(\square\)

**Corollary 2.2.** Let \(G\) be a \(\sigma\)-compact unimodular amenable group generated by \(Q \subset G\) and suppose that \((F_N)_{N \geq 1}\) is a symmetric Følner sequence. Let \(\pi : G \to B(\mathcal{H})\) be a (strongly) continuous representation of \(G\) by invertible operators on a complex Hilbert space \(\mathcal{H}\). Suppose that there is a constant \(C \geq 1\) such that
\[
(2.9) \quad \frac{1}{|F_N|} \int_{g \in F_N} \|\pi(g)\|^2 \, dm(g) \leq C^2,
\]
and that (2.4) holds for every \(s \in Q\). Then \(\pi\) is unitarizable and there exists an invertible \(L \in B(\mathcal{H})\) with \(\|L^{-1}\|\|L\| \leq C^2\) such that \(L^{-1}\pi L\) is a unitary representation of \(G\).

**Proof.** As an operator and its adjoint have the same norm, (2.9) implies (2.2) and (2.3). We apply Theorem 2.1. \(\square\)

The following corollary concerns inner derivations. Recall that, for a group \(G\) and a unitary representation \(\pi : G \to B(\mathcal{H})\), the map \(D : G \to B(\mathcal{H})\) is called a **derivation**, or a \(\pi\)-derivation, if it satisfies the Leibniz rule \(D(gh) = D(g)\pi(h) + \pi(g)D(h)\). The derivation \(D\) is said to be **inner** if there is \(T \in B(\mathcal{H})\) such that \(D(g) = \pi(g)T - T\pi(g)\) for every \(g\).

**Corollary 2.3.** Let \(G\) be a \(\sigma\)-compact unimodular amenable group generated by \(Q \subset G\) and suppose that \((F_N)_{N \geq 1}\) is a symmetric Følner sequence. Let \(\pi : G \to B(\mathcal{H})\) be a continuous unitary representation of \(G\) and let \(D : G \to B(\mathcal{H})\) be a \(\pi\)-derivation. Suppose that there is a constant \(C \geq 1\) such that
\[
(2.10) \quad \frac{1}{|F_N|} \int_{F_N} \|D(g)\|^2 \, dm(g) \leq C^2
\]
and that
\[
(2.11) \quad \lim_{N \to \infty} \frac{1}{|F_N|} \int_{(F_N^s \setminus F_N)} \|D(g)\|^2 \, dm(g) = 0
\]
for every \(s \in Q\). Then \(D\) is inner.
Proof. We apply Corollary 2.2 to the representation

\[ \pi_D(g) = \begin{bmatrix} \pi(g) & D(g) \\ 0 & \pi(g) \end{bmatrix} \in B(\mathcal{H} \oplus \mathcal{H}). \]

Then \( \pi_D \) is unitarizable and therefore \( D \) is inner (see [19, Lemma 4.5]). \( \square \)

In some cases, we do not need condition (2.4) in Theorem 2.1. Under some additional conditions on Følner sets, all representations satisfying (2.2) and (2.3) are already uniformly bounded and thus (2.4) follows from the Følner condition. It is an open problem to characterize Følner sets with this property. Here is an example of such additional conditions, generalizing a result from [2] (see also [15]); other variations are possible.

**Proposition 2.4.** Let \( G \) be a \( \sigma \)-compact unimodular amenable group and suppose that \( (F_N)_{N \geq 1} \) is a symmetric Følner sequence such \( \bigcup_{N \geq 1} F_N = G \) and there exist \( p \in \mathbb{N} \setminus \{0\} \) and \( K > 0 \) such that

1. \( \sum_{N \geq 1} F_N \subset F_pN \subset F_N^{-1} \)
2. \( \frac{|F_pN|}{|F_N|} \leq K \)

for every \( N \). Then every strongly continuous representation of \( G \) by invertible operators on a complex Hilbert space \( \mathcal{H} \) satisfying (2.2) and (2.3) is a uniformly bounded representation.

Proof. We apply (2.2) to obtain

\[ \frac{1}{|F_pN|} \int_{g \in F_pN} \|\pi(g)(x)\|^2 \, dm(g) \leq C^2 \|x\|^2 \]

for every \( x \in \mathcal{H} \). Replace \( x \) in this inequality by \( \pi(k)x \), where \( k \in F_N \). Then

\[ \frac{1}{|F_pN|} \int_{g \in F_pN} \|\pi(g)\pi(k)x\|^2 \, dm(g) \leq C^2 \|\pi(k)x\|^2 \]

and so

\[ \frac{1}{|F_pN|} \int_{g \in F_pNk} \|\pi(g)(x)\|^2 \, dm(g) \leq C^2 \|\pi(k)x\|^2. \]

As \( F_N \cdot F_N^{-1} \subset F_pN \) we have \( F_N \subset F_pNk \). Therefore

\[ \int_{g \in F_N} \|\pi(g)(x)\|^2 \, dm(g) \leq |F_pN| C^2 \|\pi(k)x\|^2. \]

Thus, using (2.13), we have

\[ \frac{1}{|F_N|} \int_{g \in F_N} \|\pi(g)(x)\|^2 \, dm(g) \leq K C^2 \|\pi(k)x\|^2 \]

for every \( x \in \mathcal{H} \). Using now (2.5), we get \( \|\pi(k)x\| \geq \frac{1}{C^2 \sqrt{K}} \|x\| \) for every \( x \in \mathcal{H} \) and every \( k \in F_N \). Thus \( \pi \) is a uniformly bounded representation. \( \square \)
When the Følner sets $F_N$ come from balls with respect to an invariant metric, (2.12) is satisfied with $p = 2$ and (2.13) is a doubling condition. See [17, §6.2] for a discussion of such Følner sets.

3. Dixmier-Day type theorems for semigroups

Let us now turn to versions of the Dixmier-Day theorem for semigroups. We first record a version of the Dixmier-Day theorem for right-amenable locally compact semigroups. The proof of this result is similar to the case of groups and it is surely known to specialists. The proof can be also extracted from [10, Prop. 2]. However, as several proofs in the case of amenable groups use left invariant means and the setting in [10] is that of left and right amenable semigroups (and of finite type representations), we decided to present a complete (short) proof. In the second part of this section we obtain a counterpart of the Dixmier-Day theorem for discrete semigroups possessing the strong Følner condition (SFC) from [1]. This is similar in spirit to Theorem 2.2 for unimodular amenable groups.

3.1. Right-amenable semigroups. Let $S$ be a locally compact semigroup, that is a locally compact Hausdorff space $S$ endowed with an associative and separately continuous multiplication law. For $s \in S$ and $f$ in the algebra $CB(S)$ of all bounded continuous complex functions on $S$ we define $r_s(f) \in CB(S)$ by $r_s f(t) = f(ts)$. By definition, a right invariant mean on $S$ is a state $m_r$ on $CB(S)$ such that $m_r(r_s f) = m_r(f)$ for any $f \in CB(S)$ and any $s \in S$. A locally compact semigroup $S$ is said to be right amenable if there exists a right invariant mean on $S$. A continuous representation $\pi$ of $S$ will be a map $\pi : S \mapsto B(H)$ from $S$ to the $C^*$-algebra of all bounded operators on $H$ such that $\pi(st) = \pi(s)\pi(t)$ of every $s, t \in S$ and that is continuous for the strong operator topology on $B(H)$. We say that $\pi$ is an isometric representation if $\pi(s)^* \pi(s) = I$ for any $s \in S$.

We record here the (known) analogue for right-amenable semigroups of the Dixmier-Day theorem.

**Theorem 3.1.** Let $S$ be a right amenable locally compact semigroup and let $\pi : S \mapsto B(H)$ be a continuous representation such that

$$m^2 I \leq \pi(s)^* \pi(s) \leq M^2 I \quad (s \in S)$$

for some positive constants $m$ and $M$. Then there exists an invertible operator $L \in B(H)$ with $\|L^{-1}\| \|L\| \leq Mm^{-1}$ such that $L^{-1} \pi(\cdot) L$ is an isometric representation.

**Proof.** For every $x$ and $y$ in $H$, let $f_{x,y}(t) = \langle \pi(t)x, \pi(t)y \rangle$. Using the Cauchy-Schwarz inequality we obtain $f_{x,y} \in CB(S)$. Denoting by $m_r$ the right invariant mean on $S$, we consider the inner product given by $m_r(f_{x,y})$ and the induced norm $|x|^2 = m_r(f_{x,x})$. Then $m^2 \|x\|^2 \leq |x|^2 \leq M^2 \|x\|^2$ and $|\cdot|$ is an equivalent norm. As $\pi$ is a representation of $S$ we
have \( r_s f_{x,y} = f_{\pi(s)x, \pi(s)y} \) for any \( s \in S \) and any \( x \) and \( y \). In the new norm \(|\cdot|\), the homomorphism \( \pi \) is an isometric representation. Indeed, using the right invariance of \( m_r \), we have \( |\pi(s)x|^2 = m_r(f_{\pi(s)x, \pi(s)y}) = m_r(r_s f_{x,y}) = m_r(f_{x,y}) = |x|^2 \). The statement about the similarity constant follows from (3.1) in the same way as in the proof of the Dixmier-Day theorem. □

3.2. Strong Følner condition and “isometrizable” representations. Suppose now that \( S \) is a discrete semigroup. In this subsection \(|E|\) denotes the cardinality of the finite set \( E \subset S \). The semigroup \( S \) is said to satisfy the Følner condition \((FC)\) if for every finite subset \( H \) of \( S \) and every \( \epsilon > 0 \), there is a finite subset \( F \) of \( S \) with \(|F \setminus F| \leq \epsilon|F|\) for all \( s \in H \). A semigroup \( S \) satisfies the strong Følner condition \((SFC)\) if for every finite subset \( H \) of \( S \) and every \( \epsilon > 0 \), there is a finite subset \( F \) of \( S \) with \(|F \setminus F_s| \leq \epsilon|F|\) for all \( s \in H \). It is known that \((SFC)\) implies right amenability [1], which in turn implies \((FC)\) [7], but neither of these implications is reversible in general [7,12]. However, for many semigroups (groups, right cancellative semigroups, finite semigroups, compact topological semigroups, inverse semigroups, regular semigroups, commutative semigroups and semigroups with a left, right or two-sided zero element), right amenability coincides with the strong Følner condition \((SFC)\); see [11] and the references therein.

The direct proof that \((SFC)\) implies \((FC)\) is simple. Indeed, for any finite set \( F \subset S \) and any \( s \in S \) we have \(|F \setminus Fs| = |F| - |F \cap Fs|\) and \(|Fs \setminus F| = |Fs| - |F \cap Fs|\). Therefore \[
|F \setminus Fs| - |Fs \setminus F| = |F| - |Fs| \geq 0
\]
and so \((SFC)\) implies \((FC)\). This also implies the following reformulation: the \((SFC)\) condition holds for the semigroup \( S \) if and only if for every finite subset \( H \) of \( S \) and every \( \epsilon > 0 \), there is a finite subset \( F \) of \( S \) with \(|Fs \triangle F| \leq \epsilon|F|\) for all \( s \in H \). Moreover, if \( S \) is countable, it follows that \((SFC)\) is equivalent to the existence of a right Følner sequence, that is a sequence of finite sets \((F_N)_{N \geq 1}\) such that \[
\lim_{N \to \infty} \frac{|F_Ns \triangle F_N|}{|F_N|} = 0
\]
for each \( s \in S \).

Theorem 3.2. Let \( S \) be a countable, discrete semigroup satisfying \((SFC)\) and let \((F_N)_{N \geq 1}\) be a right Følner sequence. Let \( \pi : S \to B(H) \) be a representation of \( S \) such that

\[
m^2 I \leq \frac{1}{|F_N|} \sum_{g \in F_N} \pi(g)^* \pi(g) \leq M^2 I
\]

for some positive constants \( m \) and \( M \) and

\[
\lim_{N \to \infty} \frac{1}{|F_N|} \sum_{g \in (F_Ns \triangle F_N)} \|\pi(g)\|^2 = 0
\]
for any \( s \in S \). Then there exists an invertible operator \( L \in \mathcal{B}(H) \) with \( \|L^{-1}\| \|L\| \leq Mm^{-1} \) such that \( L^{-1}\pi(\cdot)L \) is an isometric representation.

In the case when \( \pi \) is a representation satisfying (3.1), the inequality (3.2) is also readily verified, while the condition (3.3) holds true since \((F_N)_{N \geq 1}\) is a right Følner sequence. Therefore Theorem 3.2 implies Theorem 3.1 for countable, discrete semigroups satisfying (SFC).

**Proof.** We use the same idea as in Theorem 2.2. Let \( U \) be a non-principal ultrafilter on \( \mathbb{N} \). Define a new norm

\[
|x|^2 = \lim_U \left( \frac{1}{|F_N|} \sum_{g \in F_N} \|\pi(g)x\|^2 \right),
\]

by taking the limit along \( U \) of the bounded sequence in (3.4) indexed by \( N \). Using (3.2) we obtain

\[
m \|x\| \leq |x| \leq M \|x\|
\]

and thus \(|\cdot|\) is an equivalent norm. It is also a Hilbertian norm for the inner product

\[
\lim_U \left( \frac{1}{|F_N|} \sum_{g \in F_N} \langle \pi(g)x, \pi(g)y \rangle \right).
\]

Let \( s \in S \). We can write

\[
|\pi(s)x|^2 - |x|^2 = \lim_U \left( \frac{1}{|F_N|} \sum_{g \in F_N} \|\pi(gs)x\|^2 \right).
\]

As above, we have

\[
\left| \frac{1}{|F_N|} \sum_{g \in F_N} \|\pi(gs)x\|^2 - \frac{1}{|F_N|} \sum_{g \in F_N} \|\pi(g)x\|^2 \right|
\]

\[
= \left| \frac{1}{|F_N|} \sum_{h \in F_N \setminus sF_N} \|\pi(h)x\|^2 - \frac{1}{|F_N|} \sum_{g \in F_N} \|\pi(g)x\|^2 \right|
\]

\[
= \left| \frac{1}{|F_N|} \sum_{h \in F_N \setminus sF_N} \|\pi(h)x\|^2 - \frac{1}{|F_N|} \sum_{g \in F_N \setminus sF_N} \|\pi(g)x\|^2 \right|
\]

\[
\leq \frac{1}{|F_N|} \sum_{g \in F_N \setminus sF_N} \|\pi(g)x\|^2.
\]

Using (3.3) we obtain that the limit in (3.5) is zero. Thus \( \pi(s) \) is an isometry in the new norm for each \( s \in S \). \( \square \)
As was the case for groups, the asymptotic condition \([3.3]\) in Theorem \(3.2\) can be removed under additional conditions on Følner sets. We will see in the next section that in the case of the semigroup \(S = \mathbb{N}\) and of the Følner sets \(F_N = \{0, 1, \ldots, N - 1\}\), the second half of the chain of inequalities \((3.2)\) implies \((3.3)\). Although we have some partial results, presently we do not know a useful characterization of Følner sets with this property for general semigroups. We plan to return to this problem in the future.

4. OPERATORS SIMILAR TO ISOMETRIES

Proof of Theorem \(1.1\) For \(x, y \in \mathcal{H}\) the sequence of complex numbers

\[
\left( \frac{1}{N} \sum_{n=0}^{N-1} \langle T^n x, T^n y \rangle \right)_{N \geq 1}
\]

is bounded. Indeed, condition \((1.2)\) and the Cauchy-Schwarz inequality imply

\[
\left| \frac{1}{N} \sum_{n=0}^{N-1} \langle T^n x, T^n y \rangle \right| \leq \frac{1}{N} \sum_{n=0}^{N-1} \|T^n x\| \|T^n y\|
\]

\[
\leq \frac{1}{N} \left( \sum_{n=0}^{N-1} \|T^n x\|^2 \right)^{1/2} \left( \sum_{n=0}^{N-1} \|T^n y\|^2 \right)^{1/2}
\]

\[
\leq M \|x\| \|y\|.
\]

Let \(\mathcal{U}\) be a non-principal ultrafilter on \(\mathbb{N}\). Define an operator \(F\) on \(\mathcal{H}\) by

\[
(Fx, y) = \lim_{\mathcal{U}} \left( \frac{1}{N} \sum_{n=0}^{N-1} \langle T^n x, T^n y \rangle \right).
\]

Then \(F\) is a positive operator. Set \(D = F^{1/2}\), the square root of \(F\).

Let \(h \in \mathcal{H}\). We have, using the Cauchy-Schwarz inequality and the second half of \((1.2)\),

\[
\sum_{n=0}^{N-1} \|T^n h\| \leq \sqrt{N} \left( \sum_{n=0}^{N-1} \|T^n h\|^2 \right)^{1/2}
\]

\[
\leq N \sqrt{M} \|h\|.
\]

Therefore

\[
\frac{1}{N} \sum_{n=0}^{N-1} \|T^n h\| \leq \sqrt{M} \|h\|
\]

for every \(h \in \mathcal{H}\), that is, \(T\) is an absolutely Cesàro bounded operator in the terminology of \([3]\).

It follows from \([3\) Theorem 2.4\] that

\[
\lim_{N \to \infty} \frac{\|T^N\|}{\sqrt{N}} = 0.
\]

\[\boxed{}\]
We have
\begin{equation}
\|Dx\|^2 = \langle Fx, x \rangle = \lim_{u} \left( \frac{1}{N} \sum_{n=0}^{N-1} \|T^n x\|^2 \right)
\end{equation}
and so
\begin{align*}
\|DTx\|^2 - \|Dx\|^2 &= \lim_{u} \left( \frac{1}{N} \sum_{n=0}^{N-1} \|T^{n+1} x\|^2 - \frac{1}{N} \sum_{n=0}^{N-1} \|T^n x\|^2 \right) \\
&= \lim_{u} \left( \frac{\|T^N x\|^2}{N} - \frac{\|x\|^2}{N} \right) \\
&= \lim_{u} \left( \frac{\|T^N x\|^2}{N} \right) \\
&= 0 \text{ (using condition (4.2))}
\end{align*}
Hence $T$ is an isometry in the new norm (4.3). As $\|Dx\|^2 \leq M \|x\|^2$ it suffices to show that $D$ is invertible. Indeed, in this case (4.3) will be an equivalent, Hilbertian norm, and $T$ will be similar to an isometry.

We now undertake the proof that $D$ is invertible. Using the lower bound from (1.2) we have
\begin{equation}
\|Kx\| \leq \langle Fx, x \rangle = \|Dx\|^2.
\end{equation}
Therefore
\begin{equation}
m \|Kx\| \leq \langle Fx, x \rangle = \|Dx\|^2.
\end{equation}
As the range $\mathcal{R}(K)$ of $K$ is closed, 0 is an isolated point of $\sigma((K^*K)^{1/2}) \cup \{0\}$. The inequality (4.5) implies that 0 is an isolated point of $\sigma(D) \cup \{0\}$ and thus $\mathcal{R}(D)$ is closed. The relation (4.4) implies that the kernel $\mathcal{N}(D)$ of $D$ is included in the kernel $\mathcal{N}(K)$ of $K$. In particular, $\mathcal{N}(D)$ is finite dimensional.

Suppose that $\mathcal{N}(D) \neq \{0\}$ and let $x \in \mathcal{N}(D) \setminus \{0\}$. As $\|DTx\|^2 = \|Dx\|^2$ we obtain $T^n x \in \mathcal{N}(D)$ for every $n \geq 1$. Notice that $x \neq 0$ implies $T^n x \neq 0$ for every $n$. Indeed, $T$ is a one-to-one operator since 0 cannot be an eigenvalue for $T$ because of the condition (1.3).

Now we prove by induction that the set $\{T^k x : 0 \leq k \leq n\}$ is linearly independent for every $n \geq 1$. Suppose that $\{x, Tx\}$ is linearly dependent. Then there is $\lambda$ such that $Tx = \lambda x$ and, as $x \neq 0$, we have $|\lambda| = 1$ by (1.3). Therefore, using the equality $T^j x = \lambda^j x$, we obtain
\begin{equation*}
0 = \|DTx\| = \lim_{u} \left( \frac{1}{N} \sum_{n=0}^{N-1} \|T^n x\|^2 \right) = \|x\|^2,
\end{equation*}
a contradiction. Thus $\{x, Tx\}$ is linearly dependent.
Suppose now that \( \{T^k x : 0 \leq k \leq n \} \) is linearly independent for some \( n \geq 1 \) and that \( \{T^k x : 0 \leq k \leq n+1 \} \) is linearly dependent. Then

\[
\alpha_0 x + \alpha_1 T x + \cdots + \alpha_n T^n x + T^{n+1} = 0
\]

for some complex scalars \( \alpha_0, \cdots, \alpha_n \) with at least one of them being non-zero. If \( \alpha_0 = 0 \) then, using the injectivity of \( T \), we obtain a linear dependence relation between \( x, T x, \cdots, T^n x \) which contradicts the fact that \( \{T^k x : 0 \leq k \leq n \} \) is linearly independent. Thus \( \alpha_0 \neq 0 \).

Denote by \( P \) the polynomial

\[
P(z) = \alpha_0 + \alpha_1 z + \cdots + \alpha_n z^n + z^{n+1}
\]

and let \( \lambda \) be a root of \( P \). Since \( \alpha_0 \neq 0 \) we have \( \lambda \neq 0 \). Consider now the vector

\[
y = T^n x + (\alpha_n + \lambda)T^{n-1} x + (\alpha_{n-1} + \alpha_n \lambda + \lambda^2)T^{n-2} x + \cdots + (\alpha_2 + \alpha_3 \lambda + \cdots + \alpha_n \lambda^{n-2} + \lambda^{n-1}) T x + (\alpha_1 + \alpha_2 \lambda + \cdots + \alpha_n \lambda^{n-1} + \lambda^n) x.
\]

It follows from the definition of \( y \) and from \( P(\lambda) = 0 \) that \( Ty = y \). We have \( y \neq 0 \) since \( \{T^k x : 0 \leq k \leq n \} \) is linearly independent. Hence \( y \) is an eigenvector for the corresponding eigenvalue \( \lambda \) and, using again condition (1.3), one must have \( |\lambda| = 1 \). It follows from the definition of \( y \) that \( Dy = 0 \). We obtain

\[
0 = ||Dy|| = \lim_u \left( \frac{1}{N} \sum_{n=0}^{N-1} ||T^n y||^2 \right) = \lim_u \left( \frac{1}{N} \sum_{n=0}^{N-1} ||\lambda||^n ||y||^2 \right) = ||y||^2,
\]

a contradiction. Therefore \( \{T^k x : 0 \leq k \leq n+1 \} \) is linearly independent. By induction, \( \{T^k x : 0 \leq k \leq n \} \) is linearly independent for every \( n \geq 1 \) and thus \( \mathcal{N}(D) \) is an infinite dimensional subspace. This contradicts the hypothesis.

We finally obtain \( \mathcal{N}(D) = \{0\} \). The self-adjoint operator \( D \) is injective and has closed range, so it is invertible. Thus \( DTD^{-1} \) is an isometry and the proof is complete. \( \square \)

**Corollary 4.1.** Let \( T \in \mathcal{B}(\mathcal{H}) \). Suppose that there are two positive constants \( m \) and \( M \) such that, for every \( n \geq 1 \) and every \( x \in \mathcal{H} \),

\[
m^2 ||x||^2 \leq \frac{1}{N} \sum_{n=0}^{N-1} ||T^n x||^2 \leq M^2 ||x||^2.
\]

Then \( T \) is similar to an isometry.

**Proof.** Let \( \lambda \) be an eigenvalue of \( T \) verifying \( Tx = \lambda x \) for a unit vector \( x \). Equation (4.3) implies

\[
m^2 \leq \frac{1}{N} \sum_{n=0}^{N-1} |\lambda|^{2n} \leq M^2.
\]

Thus any eigenvalue of \( T \) is of modulus one. We apply Theorem 1.3 with \( K = I \). \( \square \)
We can give a simple proof of Theorem 1.1, not using limits along ultrafilters, for the particular case when \( K = I \) (the identity operator) and \( m = 1 \) (\( T \) is expansive) in (1.2).

Here is the proof. Let \( T \in B(\mathcal{H}) \) be an operator such that \( T^* T \geq I \) and

\[
\left\| \sum_{j=0}^{n} T^* j^j T^j \right\| = O(n) \quad \text{as} \quad n \to \infty.
\]

Let us denote \( A_n = \frac{1}{n+1} \sum_{j=0}^{n} T^* j^j T^j \) for \( n \geq 1 \). Since \( T \) is expansive, we have

\[
I \leq A_n \leq T^{*n} T^n
\]

and so

\[
A_{n+1} - A_n = \frac{1}{n+1} (A^{*(n+1)} A_{n+1} - A_{n+1}) \geq 0.
\]

Hence the sequence \( \{A_n\}_{n \geq 1} \) is increasing and, by hypothesis, bounded. Thus \( \{A_n\} \) strongly converges to an operator \( A \geq I \) (as \( A_n \geq I \) for \( n \geq 1 \)). In particular, \( A \) is invertible. In addition, we obtain

\[
T^* A^* = s - \lim_{n \to \infty} T^* A_n T = s - \lim_{n \to \infty} \frac{1}{n+1} \sum_{j=1}^{n+1} A^* j^j A^j
\]

\[
= s - \lim_{n \to \infty} \left( \frac{n+2}{n+1} A_{n+1} - \frac{I}{n+1} \right) = A.
\]

Then the new norm \( |x|^2 = \| A^{1/2} x \|^2 = \langle Ax, x \rangle \) is an inner product norm equivalent to the original one (since \( A \) is invertible). With respect to this norm \( T \) is an isometry (since \( T^* A T = A \)).

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