Graceful exit from inflation to radiation era with rapidly decreasing agegraphic potentials

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Abstract

We present a class of models where both the primordial inflation and the late times de Sitter phase are driven by simple phenomenological agegraphic potentials. In this context, a possible new scenario for a smooth exit from inflation to the radiation era is discussed by resorting the kination (stiff) era but without the inefficient radiation production mechanism of these models. This is done by considering rapidly decreasing expressions for $V(t)$ soon after inflation. We show that the parameters of our models can reproduce the scalar spectral parameter $n_s$ predicted by Planck data in particular for models with concave potentials. Finally, according to the recent BICEP2 data, all our models allow a huge amount of primordial gravitational waves.

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1 Introduction

Many experimental observations during the past decade (see [1, 2, 3]) are in agreement with the hypothesis of a present day accelerating universe. In the standard $Λ$CDM cosmological model, an accelerating universe scenario invokes the presence of the so-called dark energy expressed in terms of a cosmological constant $Λ$ representing about 70% of the present universe matter-energy. However, the physical origin of this constant is still obscure. Moreover, the physical mechanism leading to a small $Λ$ that begins to dominate only recently still remains mysterious. In view of the fact that a
cosmological constant is the most simple solution of the Klein-Gordon equation for a scalar field $\phi$, it seemed reasonable to consider a time-varying field, named quintessence field, to describe a running cosmological constant driven by some potential $V(\phi)$ (see for example [4, 5, 6, 7]). This quintessence field produces a late times cosmological constant by means of a mechanism very closed to the one leading to primordial inflation, i.e. a slowly rolling scalar field (see for example [8, 9, 10]). These models admit a tracker solution which partially alleviates the coincidence problem. An unsolved problem in these models is fine-tuning, i.e the fact that the energy density for $\Lambda$ is so small compared to typical particle physics scales. Moreover, it is unclear how to obtain a smooth transition, after the inflationary epoch, to the radiation era, since the typical density of quintessence field is at least two orders smaller than the background density. Only in recent times the quintessence field should begin to dominate and thus mimic a cosmological constant. As a result, what is practically absent in the literature of modern cosmology is an unified view in which a smooth transition from the inflationary epoch to the radiation era up to dark energy era is obtained.

An interesting alternative proposal to alleviate this lack is to link primordial inflation to dark energy. Initially [11, 12, 13], this has been considered in the context of anthropic selection effects. More recently, in [14] it was shown that primordial quantum fluctuations of an almost massless scalar field during the primordial inflation could explain the present quasi-de Sitter phase. Another interesting paper along this line is [15]. Here, the actual accelerating phase is obtained from primordial inflation by using the renormalization group equation to obtain the rate of change of the density of the vacuum energy as dictated by the usual approach of quantum field theory in curved spacetimes. The model also predicts a transition to the radiation era. However, a description in terms of an effective action together with the dynamics of $\phi$ is still missing.

In this paper, we follow this interesting line of research, but use a different approach. In particular, we attempt to obtain a unified description of the whole history of the universe starting from the inflationary epoch by means of phenomenological potentials, but initially expressed in term of the cosmic time $t$. In particular, we are interested in possible alternative mechanisms allowing a graceful exit from inflation together with a transition to the radiation era.

This paper is organized as follows. In section 2 we write down the relevant equations together with a presentation of our approach. In section 3 we study a particular model leading to the inflationary epoch. In section 4 we analyze the problem of a smooth exit from the inflation, while in section
5 we study the universal tracker de Sitter solution of our models. In section 6 we analyze our models in light of Planck data and present a study for a more general class of potentials allowing concave potentials. In section 7 we study the possibility to introduce a running cosmological constant. Finally, section 8 is devoted to some conclusions.

2 Preliminaries

To start with, we consider the line element appropriate for a Friedmann cosmology with constant spatial curvature $k$:

$$ds^2 = -c^2 dt^2 + a^2(t) \frac{dr^2}{1 - kr^2} + a^2(t) d\Omega^2. \quad (1)$$

The relevant Einstein’s field equations representing a cosmological perfect fluid with pressure $p(t)$ and energy density $\rho(t)$ together with an homogeneous and isotropic scalar field $\phi$ with pressure $p_\phi$ and energy density $\rho_\phi$ and with a potential $V(\phi)$ are:

$$\frac{a^2}{a^2} + k \frac{c^2}{a^2} = \frac{8}{3} \pi G (\rho + \rho_\phi), \quad (2)$$

$$\frac{a_{,tt}}{a} = -\frac{4 \pi G}{3c^2} \left[c^2 \rho + 3p + c^2 \rho_\phi + 3p_\phi \right], \quad (3)$$

$$\frac{\phi_{,tt}}{c^2} + 3H \frac{\phi_{,t}}{c^2} + \frac{dV}{d\phi} = 0, \quad (4)$$

$$\rho_\phi = \frac{\phi_{,t}^2}{2c^4} + \frac{V(\phi)}{c^2}, \quad p_\phi = \frac{\phi_{,t}^2}{2c^2} - V(\phi). \quad (5)$$

In the usual approach to describe inflation one introduces a simple expression for $V(\phi)$. The most popular expression driving an inflationary primordial era is $V(\phi) \sim \frac{1}{2} m^2 \phi^2$, though such potential is practically ruled out by the recent Planck data [16]. However, the very recent BICEP2 data [17] are in tension with Planck one concerning the value of the index $r$ measuring the primordial B-mode polarization(see section 6).

In any case, irrespective of the potential used, the mechanism driving the exit from inflation up to the formation of usual matter is not yet well established. To this purpose, we take a different point of view by introducing ‘phenomenological’ potentials in terms of the cosmic time $t$, i.e. agegraphic potentials. Also in [18] the authors consider particular expressions for $V(t)$ arising from a variational equation for the potential $\phi(t)$ leading to a particular form for $a(t)$. In particular, the expressions for $V(t)$ in [18] allowing
a transition to the usual Friedmann regime are the ones with \( V(t) \sim 1/t^2 \). However, the transition occurs when \( t \to \infty \), so it is not clear as to obtain a rapid transition in order to be in agreement with nucleosynthesis. As a result, we need of an expression for \( V(t) \) quickly decaying after inflation. Moreover, the potential \( V(t) \) in order to satisfy Planck constraints must be nearly flat during inflation.

The aim of this paper is to explore explicit expressions for \( V(t) \) that are in agreement with Planck and BICEP2 data allowing a graceful exit from inflation to the radiation era without invoking the usual reheating mechanism with an oscillating scalar field and avoiding the inefficient particle creation due to the gravitational field. As we will show in this paper, a rapidly decreasing potential \( V(t) \) allows a negligible fraction of radiation present soon after the inflation to dominate the universe. For this purpose, we are interested in expressions for \( V(t) \) that are quickly decreasing soon after inflation.

We set the potentials

\[
V(t) = k_\phi + I_\phi e^{-\frac{(t+kt)^n}{T}}, n \geq 1
\]  

(6)

where \( k_\phi, I_\phi, T, k \) are constant parameters with \( n \) a positive integer and \( k \geq 0 \) of the order of unity or less. The form of the potential is not at all arbitrary: it must be chosen so that Planck constraints are satisfied, is nearly flat during the primordial inflationary era and with a fast decaying after inflation. The constant \( k_\phi \) will be the future cosmological constant. Moreover, since we start with the inflationary epoch, we neglect the curvature term. Obviously, the idea to add a negligible constant or a quintessence potential to the inflationary potential is not the novelty of this approach (see for example [19] or [20]). In practice, the dark energy can be see as a small term \( k_\phi \) in the classical potential \( V(t(\phi)) \) generated by the primordial field survived up to dark matter era.

Concerning quantum fluctuations, as shown in [14], a quantum fluctuation can be frozen by the Hubble damping after inflation and thus produce a quintessence field. In [20] a small constant relic of primordial inflation is also considered. Moreover, in [15], by using renormalization group techniques, a negligible constant correction to the vacuum energy during inflation becomes the actual cosmological constant. This shows that the idea that a small relic of early inflation becomes the actual cosmological constant is supported in the literature.

At this point, it is essential to stress that, in order to obtain physically reasonable models, we must look for monotonically decreasing expressions
for $\phi$ in terms of $t$. In this way, we have a well defined expression for $V$ in terms of $\phi$, i.e. $V(\phi) = V(t(\phi))$. As a result, we can always regain the usual expression $V(\phi)$ which is important for a physical comprehension of the inflationary mechanism.

In the next sections, we motivate the choice (6) together with a more general class of potentials discussed in section 6.

### 3 Inflationary era

To start with, we firstly consider a particular simple class of (6) allowing simple computations:

$$V(t) = k_\phi + I_\phi e^{-\frac{t}{T}}, \quad I_\phi >> k_\phi. \quad (7)$$

Inflation is expected to begin at early times $t_i$ with $t_i \sim 10^{-36}$ s (in our setting $t = 0$) and end to $t_e$ with $t_e \sim (10^{-33}, 10^{-32})$ s. We set to $t = 0$ the starting of primordial inflationary era. Moreover, we take $V_\phi = V_t(\phi, t)^{-1}$, that is certainly true for $\phi$ monotonically decreasing. In this phase, the field equations are totally dominated by the scalar potential $V(t(\phi))$.

To obtain the primordial inflationary epoch, the following usual conditions must hold:

$$\left| \frac{\phi_{tt}}{c^2} \right| < 3H(t) \left| \frac{\phi_t}{c^2} \right|, \quad \left| \frac{\phi^2}{2c^2} \right| \ll \frac{1}{3H(t)} \left| V_t(\phi, t)^{-1} \right|, \quad \left| \frac{\phi_t}{c^2} \right| \ll V(t). \quad (8)$$

The parameter $T$ is expected to be of the order of the end of the inflationary epoch $t_e$ or greater. Hence, the following condition holds during the quasi-de Sitter inflationary phase:

$$\frac{t}{T} < 1. \quad (9)$$

Obviously, the approximation of this section will be more and more efficient provided that $t << T$. In this case we have with good approximation a quasi de Sitter phase. Although in this section we perform the calculation with the potential (7), similar computations hold for the more general potentials (6).

As a title of example, by setting $t/T \sim 1/10$ and $T \sim 10t_e$ during inflation, the end of the de Sitter inflationary epoch occurs when the potential is not more strictly constant and its variation is greater than 10%.

Under these assumptions, equation (4) for the potential (7) becomes:

$$\phi_{tt}^2 = \frac{c^3 I_\phi e^{-\frac{t}{T}}}{T \sqrt{24\pi GV(t)}}. \quad (10)$$
For physical purposes, we choose a monotonically decreasing \((\phi, t < 0)\) expression for \(\phi\). Hence, we have a well defined expression for \(V\) in terms of \(\phi\), i.e. \(V(\phi) = V(t(\phi))\). By means of the condition (9), after a taylor expansion of (10) we obtain:

\[
\phi = \phi_0 - At + B t^2 + o(t^2/T^2),
\]

\[
A = \frac{\sqrt{26 c^2}}{12 \sqrt{T \pi G(k_\phi + I_\phi)}},
\]

\[
B = \frac{\sqrt{6}(I_\phi + 2k_\phi)\sqrt{24\sqrt{T_\phi}c^2}}{96T(k_\phi + I_\phi)\sqrt{T \pi G(k_\phi + I_\phi)}},
\]

where \(\phi_0\) is the initial value for \(\phi\). It is easy to see that inequalities (8) are satisfied for:

\[
T >> T_I \simeq \frac{c}{10\sqrt{\pi G(k_\phi + I_\phi)}}.
\]

Inequality (14) will be studied in the next section. In this way, our particular model can reproduce inflation with an Hubble flow \(H_I\) given by:

\[
H_I \simeq \frac{1}{c} \sqrt{\frac{8}{3} \pi G(k_\phi + I_\phi)}.
\]

As a consequence, inequality (14) becomes:

\[
T >> T_I \simeq \frac{\sqrt{8}}{10\sqrt{3H_I}}.
\]

Finally, by denoting with \(N\) the e-folds number, we obtain the approximate formula:

\[
t_e \geq \frac{N}{H_I}.
\]

For the reasoning above, \(t_e\) denotes the end of the phase where \(H_I\) is practically constant. However, the accelerated expansion lasts for a few small time after \(t_e\). Hence, to solve the flatness problem, \(N\) in (17) can be less than 60.

It should be noticed that all the physical conditions above are independent of the initial value of \(\phi\), i.e \(\phi_0\). This is interesting since fine-tuning for \(\phi_0\) is avoided. Since in our approach we use a kind of inverse method, to a better understanding of the inflationary mechanism, we need to reconstruct the potential in the usual field theory form, i.e. \(V(\phi)\). In the case under
consideration, and also for the generalizations of section 6, what is relevant during inflation is the behaviour (11) up to the first term with respect to \( t \), i.e. \( \phi = \phi_0 - At + o(1) \). The term \( \sim t^2/T^2 \) is relevant for the calculation of the spectral index \( \eta_V \) (see section 6). After solving with respect to the cosmic time we obtain, during the initial (de Sitter) inflati onary epoch, the following taylor expansion:

\[
V(\phi) = V_0 + \frac{I_\phi}{T^2 A}(\phi - \phi_0) + o(\phi - \phi_0), \quad V_0 = k_\phi + I_\phi.
\] (18)

The effective part of the reconstructed potential, at the beginning of the inflation \( (t \simeq 0) \), the potential \( V(t(\phi)) \) is linear with respect to \( \phi \) with excellent approximation. The leading term in (15) recalls the one of axion monodromy potentials but with higher order corrections. These corrections become more and more relevant when approaching the end of the inflation.

In this way we have a time varying expression for \( V \) in terms of \( \phi \), while in the usual approach this behaviour is fixed.

Moreover, as shown in this section, the initial value \( \phi_0 \) is irrelevant for the inflationary mechanism to work. Hence we could set \( \phi_0 = 0 \). Otherwise, we can choose \( \phi_0 = (ATV_0)/I_\phi \sim AT \) and thus we regain the usual expression for the potential in axion monodromy model for chaotic inflation at \( t \simeq 0 \).

4 From inflation up to recombination

Also in this section and in section 5 we use for practical computations the simple potential (7), but the conclusions also apply to the more general one (9). First of all, \( k_\phi \) must be identified with the actual cosmological constant, i.e. \( k_\phi = \Lambda c^2/(8\pi G) \). Concerning the ratio between the inflationary cosmological constant \( \Lambda_I \sim I_\phi \) and the value of \( \Lambda \), we are unable to reliably calculate the expected vacuum energy. In practice, only theoretical estimates of various contributions to the vacuum energy density in quantum field theory are at our disposal. From these estimations we have that \( \Lambda_I/\Lambda \sim (10^{40}, 10^{120}) \). Since \( H_I^2 \sim I_\phi \) and \( H_0^2 \sim k_\phi \sim \Lambda \), we have \( \Lambda_I/\Lambda = I_\phi/k_\phi \sim (10^{40}, 10^{120}) \) and \( H_I/H_0 \sim (10^{20}, 10^{60}) \). Moreover, conditions (15) and (16) imply that \( T >> t_P \), being \( t_P \) the Planck time. Hence, for the ratio \( I_\phi/k_\phi \) the range \( I_\phi/k_\phi \geq \sim 10^{100} \) seems most viable since a smaller value would imply a rather unrealistic value for \( T \). In fact, it is expected that the scalar field \( \phi \) drives the inflationary epoch at early times and not when radiation forms, before nucleosynthesis. In the range \( I_\phi/k_\phi \geq \sim 10^{100} \), also a small time of the order of \( T \sim 10^{-32}s, 10^{-31}s \) works.
In practice, $T$ can be chosen of the order of $(1,10^2) t_e$. With these estimates, as an example, for $t > \sim 10^{-28}$ s we have that $V(t) = k\phi(1 + o(1))$. This means that the potential (7) (and (6) obviously), after the time $t \sim t_e$ rapidly converges to the value $k\phi$. However, this does not imply that $\phi$ becomes rapidly constant, i.e. our models converge rapidly to the standard cosmological constant scenario. This happens iff during inflation, in addition to the conditions (8), we have $\phi^2_t \sim c^2 k\phi$. But this situation is not interesting since we have not a way to obtain a smooth transition from inflationary era to the usual matter era in a natural simple way. The opposite condition during inflation (i.e. $\phi^2_t \gg c^2 k\phi$, but $\ll c^2 V(t)$), is obtained for $T << (10^{50}, 10^{60}) t_0$, with $t_0$ the actual age of the universe. Obviously this condition is satisfied in our case. Hence, we have a scenario such that also after the inflation $\phi$ is monotonically decreasing, but much less rapidly with respect to $V(t(\phi))$. As a result, after a very short transition epoch ($t \sim 10^{-28}$ s by using $T \sim 10^{-31}$ s) the relevant equation for $\phi$ becomes:

$$\phi_t [\phi_t + 3H \phi] = 0 + o(1). \tag{19}$$

Hence, shortly after the inflation, it is justified to consider the following expansion for $\phi$: $\phi = \phi_0 (1 + o(1))$, where $\phi_0$ is solution of the homogeneous part of equation (19) and the terms $o(1) \sim I\phi/T e^{-t/T}$ (for the potential (7)) and are exponentially small. By setting $\phi^2_t = \psi$, the equation (19), after the inflation and before that the term $k\phi$ begins to dominates with respect to the kinetic one $\phi^2_t$ in $H(t)$ (i.e. at the late times de Sitter phase), becomes:

$$\frac{1}{2} \psi_t + \frac{\psi^2}{c^2} \sqrt{12\pi G} = 0. \tag{20}$$

Note that during inflation, when $V$ dominated on the term $\phi_t$, equation (19) is homogeneous with respect to $\psi(t)$ with the second member given by $I\phi/T e^{-t/T}$ by using (7). Hence, the field $\phi$ started to receive contributions from the homogeneous part plus the particular solution of the non homogeneous one. These inhomogeneous contributions must be zero as $T \to 0$. This fact also motivates the reasonings leading to equation (20), soon after inflation.

The solution for (20) looks as follows: $\phi = B - c^2/(\sqrt{12\pi G} \ln(t/c^2 \sqrt{12\pi G} - C)$, where $B, C$ are integration constants. For our purposes and without loss of generality we can set $C = 0$ (this can be done for example by a simple constant shift in the time.). Hence we have that the density of the scalar field $\rho_\phi$ at the stiff era is $\rho_\phi = 1/(24\pi G t^2)$, i.e. it scales as ordinary matter in a power low dominated cosmology with $a(t) \sim t^\frac{2}{3}$. Note that with this solution, the
conditions $\phi^2 \gg c^2 \{2k_\phi, V(t(\phi))\}$ and $H\phi^2 \gg c^2 |V_t|$, $|\phi_t\phi_{t,t}| \gg c^2 |V_t|$ are satisfied at early epochs after inflation up to dark matter era and guarantee the correctness of the approximation leading to equation (20).

Thanks to the condition chosen, this solution is equivalent to ordinary matter with a stiff equation of state, i.e. $p_\phi = c^2 \rho_\phi$ and with the typical behaviour $\{\rho_\phi, p_\phi\} \sim 1/t^2$ of ordinary hot big bang cosmology. Note that the equation of state $p_\phi = c^2 \gamma_\phi \rho_\phi$ for the scalar field, just before the stiff dominated era (leading to the approximate equation (20)) and after the pure inflationary epoch ($\gamma_\phi \simeq -1$), runs very quickly from the value $\gamma_\phi \simeq -1$ soon after the inflation up to the stiff value $\gamma_\phi \simeq 1$. This implies that in a very short time, the factor $\gamma_\phi$ assumed all the values between $[-1, 1]$ and as a result ordinary matter and radiation has been created during this short transition phase. Hence, a possible scenario is that a fraction of radiation created soon after inflation ($t \in (T, 10^9T)$), or just present during inflation but negligible with respect to $\rho_\phi$, was in thermal equilibrium when a quasi-stable stiff era ($\rho_{\phi \sim 1/t^2}$) is reached.

In particular, during this post inflationary epoch, we can have the decoupling $\phi \to \phi_1 + \chi$, where $\chi$ is a light field such that $|\phi_1| \gg |\chi|$ and $\phi^2_{t,t} \gg \chi^2$. Another viable possibility is that a negligible amount of radiation, depicted by $\chi$, has been present soon after primordial inflation together with the inflationary potential $\phi$.

In [21] has been shown that light scalar fields can drive the last stage of inflation by means of dominant quantum fluctuations proportional to some positive power of $\phi_0$ and eventually create a new inflationary phase. Fortunately, these arguments are not applicable in our context for several reasons. First of all, in our scenario the light field $\chi$ comes into action when the equation of state for $\rho_\phi, p_\phi$ is not inflationary, i.e. $\gamma_\phi \geq -1/3$. Moreover, the initial value $\phi_0$ is inessential to begin inflation and thus can be set to zero in our framework.

As a result, after the ‘stiff’ era, we may have a universe composed of two perfect fluids: an ordinary one that follows the standard hot big bang cosmology ($\chi$) and a scalar field component ($\phi_1$) with a stiff equation of state decaying more rapidly with respect to ordinary matter up to dominate the universe a late epoch with a de Sitter inflationary epoch.

After this ‘decoupling’, the ordinary matter decays as $\sim 1/t^2$, while $\rho_1$ and $p_1$ decay following equation (19), but now with $H(t) \sim \alpha/t$.

Note that reheating scenarios without oscillations of $\phi$ can be traced back to (for example) the papers [22, 23, 24]. In particular, the mechanism to create matter with a non oscillating field, whose kinetic part is much greater than the potential $V(\phi)$, has been named ‘kination’ in [24]. In this picture, the
conventional reheating mechanism is substituted by quantum field effects in curved spacetimes similar to the Hawking radiation formation, provided that a huge cosmological expansion $H(t)$ arises.

A criticism to this approach can be found in [25], where a non oscillating scalar field $\phi$ can suffer for a lack of efficient mechanisms to describe the reheating phase after the inflation, exception made for the preheating scenarios, although for sufficient huge values for $H(t)$ this mechanism could be efficient too (see [24]).

However, the mechanism described above concerning our models can be eventually added to the 'curvation' mechanism during kination. In our approach, the parameter $T$ permit us to fix the time transition to the stiff era. Hence, in the scenario we have proposed, a fraction of radiation (together with other kinds of particles) created during the transition to the stiff era ($\phi^2_1t \sim c^2V(t(\phi_1))$) or just present during inflation, can be thermalized during the stiff era well before nucleosynthesis. After this decoupling, the density $\rho_1$ looks as $\rho_1 \sim a^{-6}(t)$, while the radiation after the decoupling of $\phi$ follows the usual big bang scenario.

To be more quantitative, consider the time evolution of the ordinary radiation energy $\rho_r$ during the stiff era:

$$\rho_{r,t} + 3H\rho_r(1 + \gamma_r) = 0, \quad \gamma_r = \frac{1}{3}, \quad H = \frac{1}{3t}. \quad (21)$$

As a result, by denoting with $\rho_{ir}$ the initial fraction of the radiation (created just before the stiff era) at the beginning of the stiff era $t = t_i$ we have for (21) the solution $\rho_r = \rho_{ir}(t_i/t)^{4/3}$. For $\rho_\phi$ during the stiff era we have (see reasonings below equation (20)) $\rho_\phi = 1/(24\pi Gt^2)$. Hence, for the ratio $\rho_\phi/\rho_r$ we obtain

$$\frac{\rho_\phi}{\rho_r} = \frac{\rho_{ir}}{\rho_r} \left(\frac{t_i}{t}\right)^{2/3}. \quad (22)$$

Equation (22) shows that by setting $\rho_{ir} >> \rho_{ir}$, after a short time well before nucleosynthesis, the radiation becomes dominant with respect to stiff matter. As an example, by setting $t_i = 10^{-27}s$ and $\rho_{ir} \sim 10^3\rho_{ir}$, at the time $t \sim 10^3t_i$, radiation becomes the $\sim 10\%$ of the whole matter content of the universe. Moreover, for $\rho_{ir} \sim 10^5\rho_{ir}$ at $t \sim 10^6t_i$ ($\sim 10^{-21}s$), we have again that radiation becomes the $\sim 10\%$ of the stiff matter. As a consequence, a negligible fraction of radiation created soon before the stiff era (or present during inflation) can dominates the universe by a very short time. Hence, stiff era quickly ends and radiation era with $H = 1/2t$ starts well before nucleosynthesis. Also note that a fraction of baryonic matter
can survive at the stiff era with the same mechanism depicted above. These simple computations show that the depicted mechanism allowing a smooth exit from inflation can be physically viable with the potentials (6).

At the recombination up to low redshifts of the order of some units, we have, from (19), \( \rho_1 \sim k^2/t^4 \), with \( k \) an integration constant. By equation (2), we obtain the leading correction to the behaviour of \( H \), i.e. \( H(t) = \alpha/t + \beta/t^3 + o(1) \), \( \beta > 0 \) both for (7) (6). For the scale factor \( a(t) \) we obtain, after integrating (2), \( a(t) \sim t^2 e^{-\beta t^2} + o(1) \). These corrections are small ensuring certainly a small deviation from the standard ΛCDM scenario at least from recombination epoch. Hence we expect agreement with the usual constraints (Supernovae Type Ia, CMBR..). After recombination \( \phi_1/t/c^2 \) becomes so small to be comparable with \( k_\phi \), and as a consequence the cosmological constant born at primordial inflation begins to dominate. It should be noted that, thanks to these corrections, after recombination our models are not coincident with the concordance one. More consistent deviations can be obtained by considering a time variable term instead of \( k_\phi \) in (7). We stress that the scenario discussed above is only a possibility. More precise quantum calculations are essentials to take sound this hypothetical scenario. In any case, I believe that the interesting physical fact is the existence of early times, shortly after inflation, such that \( \{\rho_{\phi}, p_{\phi}\} \sim 1/t^2 \) allowing a creation in a short period of radiation and baryonic matter, since this can allow a possible smooth transition to the usual hot big bang scenario. The important mathematical fact is that for a quickly decaying potential the equation for \( \phi \) becomes homogeneous, and as a result soon after inflation \( \phi \) has a power law expression.

Another realistic possibility is that a certain amount of radiation can be created soon before inflation due to black hole evaporation (see for example [26]) and dominate the universe after inflation with the mechanism depicted above.

5 Late times de Sitter era

The important condition that must be satisfied in order to have a late time tracker de Sitter era is:

\[
V(t) = o(\phi(t)), \quad \text{for } t \to \infty. \tag{23}
\]

Under this condition, the leading terms at \( t \to \infty \) for equation (4) by using (7) is:

\[
\phi_{t,t,t} + \frac{1}{c} \sqrt{24\pi G k_\phi} \phi_{.,t} = 0, \tag{24}
\]
with solution

\[ \phi = B_1 + B_2 e^{-\frac{1}{2} \sqrt{24 \pi G} k \phi t}, \]  

(25)

with \( B_1, B_2 \) two arbitrary constants. Condition (23) is fulfilled provided that

\[ T < \frac{1}{c \sqrt{3 \Lambda}}. \]  

(26)

Thanks to the previous section estimates, condition (26) is obviously satisfied and a de Sitter inflationary phase emerges independently on the physical parameters of the model. Finally, note that also at the present time \( t_0 \) the term \( k \phi \) in the potential (6) can dominate on the kinetic one, provided that the rather reasonable assumption on \( B_2 > 0 \) is imposed:

\[ B_2 \ll \frac{c^2 e^{(c/2\sqrt{3 \Lambda} t_0)}}{\sqrt{12 \pi G}}. \]  

(27)

In fact, we look for a monotonically decreasing \( \phi \), and certainly condition (27) can be satisfied for \( t << t_0 \) after recombination. Only when the dust density of the universe \( \rho_d \) is of the order of \( \rho_d \sim k \phi/c^2 \), the universe starts to accelerate.

6 Planck and BICEP2 data

The recent Planck results [16] posed serious constraints to the inflationary scenario, ruling out popular models (\( V \sim \phi^p, p \geq 2 \)). The particular model given by (7) predicts a small positive value for the slow-roll parameter \( \eta_V \sim 3/(4 TH_I) \), while Planck data favor potentials with \( V_{,\phi,\phi} < 0 \). Nevertheless, our particular model can be tested against Planck constraints for running spectral index \( n_s \). For the scalar spectrum parameter \( n_s \) and the tensor spectral index \( r \) during the beginning of the inflation we obtain:

\[ n_s \simeq 1 - \frac{3}{2TH_I}, \quad \epsilon_V \simeq \frac{1}{2TH_I}, \quad r \simeq 16 \epsilon_V. \]  

(28)

The Planck constraint, i.e. \( n_s \in [0.955, 0.967] \), can be satisfied in the running case, where \( r < 0.26 \) (otherwise \( r < 0.11 \)), but with a value for \( n_s \sim 0.97 \). By setting \( T \sim 10^{-32} s, I_{\phi}/k_{\phi} \sim 10^{102} \) we have \( r \sim 0.16 \). More precisely, we have to set \( 1/(TH_I) \simeq 0.02 \). The same result can be obtained by setting \( T \sim 10^{-33} s \) and \( I_{\phi}/k_{\phi} \sim 10^{104} \). Since \( T > t_i \), these calculations show that the ratio \( I_{\phi}/k_{\phi} \) cannot be greater than \( \sim 10^{108} \). Moreover, all the conditions raised in the paper are satisfied since \( T/T_I \simeq 320 \) (see [16]).
and with \( t_e \sim (10^{-33}, 10^{-32}) s \). The particular model \(^7\) predicts a huge amount of gravitational waves. This is at odd for Planck, but is good for BICEP2. The BICEP2 result \(^{17}\) strongly suggest a running scalar spectrum index \( n_s \) with \( r \) in the range \( r \in [0.15, 0.27] \) with the central value \( r = 0.2 \). Note that, by setting \( 1/(TH_i) = 0.025 \), we obtain \( r = 0.2 \) and \( n_s = 0.9625 \), in perfect agreement with the value of Planck experiment. If Bicep2 data where confirmed, then our simple model is able to allow a correct amount of scalar to tensor perturbations together with the central value for \( n_s \) predicted by Planck.

To obtain a negative value for \( \eta_V \) together with a smaller amount of gravitational waves within Planck data, we must consider the potential \(^6\) with a suitable \( k > 0 \) and \( n > 1 \). As a title of example, we consider explicitly the case with \( n = 3 \). During the de Sitter inflationary phase, for \( t << T \), we can thus neglect \( k_\phi \) with respect to \( I_\phi \). We have:

\[
\phi_t \simeq - \frac{k \sqrt{2}}{4 e^{3k} c^3} \sqrt{\frac{24 I_\phi}{T \sqrt{\pi G I_\phi}}}, \quad \phi_{t,t} \simeq \frac{(-4 + 3k^3) \sqrt{2}}{16 e^{3k} c^3} \sqrt{\frac{24 I_\phi}{T^3 \sqrt{\pi G I_\phi}}}. \quad (29)
\]

The conditions \(^8\) are satisfied by a condition similar to \(^{14}\); i.e. with \( k \in (0, 1) \) we have

\[
T >> \frac{(4 - 3k^3) \sqrt{8}}{4k \sqrt{3} H_i}. \quad (30)
\]

During inflation, in the de Sitter like phase \( (t << T) \), By denoting \( H_i^2 \simeq 8\pi G I_\phi/(3c^2) \), for the indices we thus obtain:

\[
\epsilon_V \simeq \frac{3k^2 e^{3k}}{2 T H_i}, \quad \eta_V \simeq \frac{e^{3k}}{4k T H_i} (9k^3 - 4), \\
\]

\[
n_s \simeq 1 - \frac{e^{3k}}{T H_i} \left[ \frac{9k^2}{2} + \frac{2}{k} \right]. \quad (31)
\]

From \(^{31}\) we see that \( \eta_V < 0 \) iff \( k < (4/9)^{1/3} \). As a title of example, for \( k = 1/2 \) we have, by setting \( e^{1/16}/(TH_i) \simeq 0.0074 \) (which is always possible for the reasonings below equation \(^{25}\) ), \( \epsilon_V \simeq 0.0028, r \simeq 0.04, \eta_V \simeq -0.01 \), and as a result we obtain the best fit Planck value \( n_s \simeq 0.962 \). Generally, in order to satisfy the Planck constraints, for fixed \( T \) and \( n \) \((> 1)\), a smaller value for \( k \) implies a greater value for \( H_i \). To this purpose, note that \( k \)
cannot be arbitrary small. The transition to the stiff era also arises for (6) in a very short time after the early inflationary epoch one given by (7) for $n > 1$. Also in this case, according to BICEP2, we can easily obtain a value for $r \simeq 0.2$.

Also for the potentials (6), we can reconstruct the effective potential during the initial phase of inflation ($t/T \ll 1$) Once again, we obtain as a dominant effective part during these very early times a behaviour similar to (18) with $V(t(\phi)) \sim \phi + \text{const}$. In particular, for $t \simeq 0$, the potential $V(t(\phi))$ with good approximation is linear with respect to $\phi$. Hence, our inflationary potentials can mimic axion monodromy models at the beginning of the inflation suggesting that the starting mechanism for inflation could be in our case related to the one of these models motivated by chaotic inflation. In particular, this is a general properties for exponentially time decaying potentials given by (6), with an expansion during inflation at $t \simeq 0$ given by:

$$V(\phi) = V_0 + V_1(\phi - \phi_0) + V_2(\phi - \phi_0)^2 + \text{higher orders}, \quad V_1, V_2 \in \mathbb{R}. \quad (32)$$

With the flowing of the time during inflation, the nonlinear terms negligible at $t \simeq 0$, become more and more relevant.

These examples show how with the present approach we can obtain a good agreement with Planck and BICEP data and at the same time a possible simple mechanism explaining the matter formation in the early universe together with a unification between dark energy and an early de Sitter phase by a single potential. In particular, the existence of stiff matter in the early universe can be useful to explain the abundance of heavy elements in our universe.

7 Building late times running dark energy

Concerning the issue related to the small value of the cosmological constant, it can be alleviated by introducing a running cosmological constant in (6) As an example, in (6) we could take $k_\phi \to k_\phi(t/\tau)^n e^{-\frac{t}{\tau}}, \tau \sim t_0, \quad n \geq 0$, where $t_0$ is the present day cosmic time. In this way we obtain a late times 'quintessence'-like field with an effective cosmological constant running to zero at late times. Also in this case, the physics up to the recombination is practically left unchanged with respect to the one given by (6).

However, a more physically motivated possibility, which seems the most natural in our context, is the one given in terms of the so called agegraphic dark energy [27, 28]. This kind of holographic dark energy is motivated
by applying arguments of quantum mechanics and general relativity. The energy density is given by:

$$\rho_q = \frac{3F^2}{8\pi G t^2}, \quad (33)$$

where the positive constant $F$ ($F > 1$ to have a current accelerated universe) takes into account quantum effects in curved spacetimes. Unfortunately, the expression $(33)$ cannot have a matter-dominated phase if $F < 1$ and without an interaction with the dark matter, as shown in [29]. In [29], this problem has been solved by considering the conformal time $\eta$ instead of $t$. However, in our context, it seems more natural to solve this issue by considering, as suggested in [29], the potential:

$$V(t) = \frac{3F^2c^2}{8\pi G(t + \tau)^2} + I_\phi e^{-\frac{(t + \kappa T)^n}{\tau^n}}, n \geq 1, \quad F > 1, \quad (34)$$

where the cut-off $\tau$ is greater than the recombination time and less than the time where cosmic structures form. In this manner, the agegraphic term is certainly negligible with respect to the exponential one in the early inflationary phase, and also in the kination and the radiation era since there $\Omega_q \ll 1$. Hence, all the reasonings of the sections 2, 3, 4 and formulas (31), (32) are left unchanged. For the late times de Sitter phase, the agegraphic dark energy can mimic the cosmological constant (see [29]). As correctly argued in [29], the expression $(33)$ has been originary motivated by a 'gedanken experiment' concerning distance measurement with light-clocks in Minkowski spacetime. However, in the early universe the cosmological expansion affects the possible localizing measure (see [30, 31] in the context of non commutative geometry). Only when the value of the cosmic flow is sufficiently small, the Minkoskian limits can be obtained, as shown in [31]. As a consequence the radiation dominated scenario discussed in section 4 remains valid and the problem of the small value of $k_\phi$ is alleviated. Moreover, note that it is not clear as to obtain a primordial inflationary epoch together with the transition to the radiation era in the usual ageographic context, i.e. without the exponential term in $(34)$. To be more quantitative, from $(34)$, the condition such that the agegraphic term is completely negligible during primordial inflation is

$$\tau >> \frac{F}{H_I}, \quad t < \tau, \quad (35)$$

in practice $\tau >> t_e$. Moreover, we must have a small Hubble flow in order to have a physical motivation for the Minkowskian expression $(33)$. To this purpose, it is interesting to note that, as shown in [31], for a flat Friedmann
spacetime, rather less limitations arise for the uncertainty of a coordinate with respect to the Minkowskian case due to the role of a huge Hubble flow $H$. Another possibility to take into account the role of the Hubble flow according to the reasoning above is to take a time variable $F(t)$:

$$V(t) = \frac{3F^2(t)c^2}{8\pi G(t + t_i)^2} + I\phi e^{\frac{(t + kT)^n}{T^2}}, \quad n \geq 1 \quad F > 0$$

where the time $t_i$ is a time of the order of the begin of the primordial inflation in the usual timing of the primordial inflation. This time is due to the fact that in this paper the start of the inflation is fixed at $t = 0$. Hence, the condition (35) during the primordial inflation becomes:

$$F(t) << t_iH_I, \quad t \leq t_e,$$

In order to allow the dark matter to dominate, after recombination the function $F(t)$ must be chosen of the order of unity. After the recombination, the role of the Hubble flow in gedanken measurements becomes negligible and Minkowskian expression (33) is regained.

It should be stressed that the new agegraphic potentials expressed in terms of the conformal time $\eta$ (see [28, 29]) are ‘phenomenologicals’. In fact, the use of a conformal time instead of the age of the universe $t$ in (33) is motivated by phenomenological purposes. Since $\eta = \int dt/a(t)$, the original derivation for the metric fluctuations in Minkowski spacetime due to the presence of clock devices can be done in terms of the conformal time $\eta$, but its expression is not obtained by merely substituting $t$ with $\eta$ in (33). Hence, the naive use of the expression (33) with $t \rightarrow \eta$ loses its original motivation. In our context, both the terms $k\phi$ and the one of this section can be see as representing small fluctuations during the primordial inflation survived up to dominate the recently the history of the universe.

Summarizing, with the potentials (6), (34) and (36), we have a well defined de Sitter inflationary era motivated by axion monodromy potential, together with a simple mechanism for the transition to the radiation era up to a physically motivated term leading to the late times de Sitter phase.

8 Conclusions and final remarks

This paper is an attempt to obtain a unified description of the universe from the inflationary era up to the late de Sitter phase. In particular, we introduce a physically viable class of phenomenological potentials $V(t)$ that
allow us to achieve this unified description. In fact, our models are able to produce an inflationary mechanism both at early and late times. We show that a smooth transition from the inflationary epoch up to the radiation era can be obtained. After recombination, the scalar field $\phi$ generates small corrections to the Hubble flow $H$ that look as $H \sim \frac{2}{3t} + \frac{\text{const.}}{t^3} + o(1)$. Although these corrections are expected very small, they could be investigated by future cosmological data. Moreover, a smooth transition to the de Sitter accelerate phase is obtained.

The models (6) have four arbitrary constants, i.e. $k_\phi, I_\phi, T, k$. Two of them can be fixed by data concerning the present value of the cosmological constant ($\sim k_\phi$) and the effective cosmological constant driving the primordial inflation ($\sim I_\phi$). Unfortunately, we have not at our disposal a sound estimate for this ratio from ordinary quantum field theory. The other parameters can be chosen in light of Planck and BICEP2 data.

The parameter $T$ represents the characteristic time after which primordial inflationary de Sitter-like expansion phase is not more efficient. The ones of the section 7 have $F(t)$ instead of $k_\phi$.

We have also tested our class of models with the recent Planck and BICEP2 data, in particular for the indices $n_s, \epsilon_V, r, \eta_V$. We found that the model with a convex potential can be acceptable if we consider the running spectral index Planck constraints and the more recent BICEP2 data. However, by considering more general potentials (6) with $n > 1$, we can easily obtain concave potentials with an acceptable range ($< 0.12$) for the tensor ratio $r$. More general potentials can be used provided that $V(t)$ be monotonically decreasing with respect $t$, nearly constant during inflation and rapidly decreasing soon after inflation to a small value, i.e. the cosmological constant, or to a small running cosmological constant, as shown in section 7.

However, irrespective of the modifications on $V(t)$, our study suggests that the definition of $V$ as an agegraphic potential allows to introduce potentials with a time varying form in terms of $\phi$. In fact, at the begin of the primordial inflation our potentials (36) and (6) have with good approximation a linear expression in terms of $\phi$. There, a well posed mechanism to start inflation in terms of axion monodromy is given, further motivating the choices (36) and (6). However, also during inflation other higher orders do appear. This is in line with the idea that quantum fluctuations can add further terms to the initial expression for $V(\phi)$ due to renormalization group equation (to this purpose see [15]). Moreover, the explicit presence of $t$ permit us to follows the timing of the universe just in time to obtain the fundamental transition to the radiation era before nucleosynthesis an up to the dark matter era. Often in the literature these transitions are obtained only asymptotically.
(see [18]), which is unphysical.

In our approach we consider from the onset a simple physically motivated expression for $V$ in terms of the cosmic time $t$, provided that a monotonically decreasing expression for $\phi$ is allowed. For this reason we named the agegraphic potential ‘phenomenological’. The exponential form of the potentials (7) and (6) is dictated from the necessity to have an efficient primordial inflationary mechanism together with a rapidly decaying allowing a plausible simple mechanism for a graceful exit from inflation up to matter creation and to a late times de Sitter phase. In this regard, note that an arbitrary naive choice for $V(t)$ generally does not work. As an extreme example, since the class of potentials (6) and (36) rapidly converge to a constant or negligible value, one may be tempted to set a potential of the form $V(t) = I_\phi$ for $t < T$ and $V(t) = k_\phi$ for $t > T$. Apart from a lack of continuity at $t = T$ that does not permit a smooth transition from the two regimes at $t < T$ and $t > T$, these models predict a strictly gaussian perturbation, i.e. $\eta_V = \epsilon_V = 0, n_s = 1$, in complete disagreement with Planck data, which are the cornerstone of any physically viable cosmological model.

In this manner we have a possible unification of the two inflationary epochs by a single smooth agegraphic potential expressed in terms of the cosmic time $t$ in such a way that dark energy is a relic of primordial inflation together with a possible simple graceful exit from inflation up to radiation era without invoking the usual reheating mechanism or dangerous particles creation due to the gravitational field. It is also interesting to note that in this framework the mechanism chosen for primordial inflation is not plagued from fine-tuning of $\phi_0$ since the only condition that leads to an efficient inflationary mechanism is that the characteristic time $T$ is of the order or some order larger than $t_e$, i.e. the time after which inflation is not more strictly in a de Sitter phase. Theoretically, we could take $\phi_0 = 0$ and inflation works as well.

Obviously, the mechanism leading up to radiation era obviously must be further investigated by quantum calculations, by resorting the post inflationary non oscillatong scenarios, but read in our frame and with a different mechanism for matter-radiation creation without encounter the drawbacks of usual non-reheating cosmologies (see [25]). To this purpose note that the mechanism proposed leading to nucleosynthesis is not plagued from fine tuning problems and only requires a negligible remnant of radiation soon after inflation.
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