A mechanobiological perspective on cadherins and the actin-myosin cytoskeleton
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Abstract
Classical cadherin receptors mediate morphogenetic cell-cell interactions within many tissues of the body. Their biological impact often entails cooperation between cadherin adhesion and the actin cytoskeleton, but how this may occur and – even more urgently – how this leads to morphogenetic outcomes are questions that remain poorly understood. Here, we suggest that the emerging field of cadherin mechanobiology provides a useful new perspective from which to revisit these issues. We propose that the actin cytoskeleton can be considered as an active agent that mediates how cadherin junctions resist, sense and transduce forces between cells.

Introduction
It has long been thought that classical cadherins function in close cooperation with the actin cytoskeleton. Early studies demonstrated that cadherin-dependent adhesion was compromised when actin integrity was disrupted [1] and genetic studies have shown that a variety of actin regulators participate in cadherin-dependent morphogenetic processes [2]. More recent analyses of cellular and molecular mechanisms indicate that cadherins interact, functionally and physically, with the cytoskeleton in at least three ways (reviewed in [3]). Firstly, cadherin molecular complexes can bind actin filaments through a number of mechanisms, mediated by proteins such as α-catenin, myosin VI, vinculin and EPLIN. Secondly, cadherins regulate actin dynamics and filament organization at cell-cell junctions, both by physically recruiting proteins that can control actin dynamics (e.g. Arp2/3, formins, α-actinin-4) and proteins that can influence crosslinking and filament organization (e.g. vinculin and α-actinin-1). Thirdly, association with the actin cytoskeleton effectively allows cadherin junctions to couple to actomyosin contractile apparatuses. This reflects the ability of cadherins to recruit myosin II to the cortex [4], both through cortical signaling [5] and by assembling junctional F-actin networks [6]. Together, these cell-biological findings build a picture of cadherin-actin cooperativity that entails networks of dynamic molecular interactions and cortical signals.

We are thus making progress in defining molecular mechanisms that functionally couple cadherins to the junctional cytoskeleton. What is less clear is how specific mechanisms of cadherin-cytoskeletal cooperation contribute to the biological functions of cadherins. Here, we propose that the mechanobiology of cadherins can provide a framework to help map molecular mechanism onto biology. Cadherin junctions are mechanical agents and specific cytoskeletal mechanisms contribute to at least three aspects of their mechanobiology: (1) reinforcing surface adhesion to resist detachment forces; (2) coupling the force-generating apparatuses of neighbouring cells together; and (3) supporting mechanosensing and mechanotransduction at junctions. In this brief commentary, we illustrate how such models can assist in understanding the links between molecular mechanism and biological function.

Adhesion: resisting detachment forces
At a fundamental biophysical level, adhesion receptors allow cells to resist forces that would detach them from...
their surroundings. This requires that the bonds that form when cadherin ectodomains (extracellular domains) engage in adhesive (trans) interactions are able to resist detachment forces. One mechanism that supports adhesion at the cell surface is the lateral organization of cadherins into clusters, which promotes adhesion by increasing the avidity of adhesive bonds [7,8]. Lateral clustering is a common feature of cadherin-based cell-cell junctions, manifest as the spot adherens junctions described in Drosophila epithelia [9] and the puncta that have been observed in cultured mammalian epithelia [10,11].

Structural studies of isolated cadherin domains have demonstrated that cadherin ectodomains also undergo cis-interactions that can, in combination with adhesive trans-interactions, yield two-dimensional arrays that might explain the ability of cadherins to cluster [10]. Indeed, dynamic lateral clusters have been observed in cells expressing cadherin mutants that lack their cytoplasmic tails [11,12]. Yet in other studies clustering appeared to require an intact cytoplasmic domain [8]. Further, clustering of full-length cadherin was perturbed by drugs that disrupted actin integrity [11] or when either α-catenin [13] or myosin II were depleted [14]. Together, these findings suggest that the actomyosin cytoskeleton and its coupling to cadherin cooperate with the interactions of the ectodomain to support clustering.

How might this cooperation occur? A key lies in the observation that clusters formed by tail-less cadherin mutants are very small (diffraction-limited) and transient (lifetime < 2 sec) structures, whose dynamic nature may reflect the binding-unbinding kinetics of ectodomain interactions [11]. These were stabilized, in an actin-dependent manner, when the cadherin mutants were fused to the F-actin-binding domains of either α-catenin or of utrophin [11]. Thus, actin binding can stabilize the intrinsically unstable kinetics of ectodomain interactions. This stabilizing influence of cortical actin may also involve myosin, as inhibiting myosin II or its upstream regulatory signals reduced the junctional stability of E-cadherin [5,15]. This implies that interaction with actomyosin, rather than simply with cortical F-actin, can stabilize cadherin, as it promotes clustering [14]. One possible model is that cortical F-actin networks serve as diffusional traps for surface cadherin, thereby promoting rebinding of ectodomain interactions. Myosin could then contribute through its ability to cross-link and potentially organize actin filament networks [16,17].

**Coupling cortices together**

What then is the source of those forces that cadherin adhesion resists? Here, an important conceptual advance has come from the realization that force often derives from actomyosin networks in the cells that make up the junctions themselves [18-20]. Thus, cadherins at a junction are subject to contractile forces from neighbouring cells (transmitted presumably through trans-interactions with neighbouring cadherins) and also from within their own host cell [21]. This is strikingly evident in studies of epithelial morphogenesis, where apical contractile networks of actin and myosin exert forces on cell-cell junctions to drive folding of tissues and cell intercalation [22-24]. Such contractility is often pulsatile, each contraction producing local deformation of adherens junctions, consistent with the transmission of force to the junctions [22]. Further, at the molecular level, the use of cadherin fusion proteins bearing tension-sensitive FRET biosensors has demonstrated that both E-cadherin and VE cadherin are under tension at junctions in epithelial and endothelial cells, respectively [25,26]. Molecular-level tension on E-cadherin was relieved by disruption of actin and myosin or when α-catenin was depleted, implying that it reflected actomyosin contractility that was coupled to the cadherin [26]. A line-tension within junctions can also be demonstrated at a mesoscopic level, when those junctions are cut using high-powered lasers, resulting in instantaneous recoil of the residual junctions [5,13]. This junctional tension also depends on the dynamic assembly of an actomyosin network [6] and cortical signals that activate myosin [3].

Coupling of cadherins to intracellular contractility provides several new ways to think about the morphogenetic influence of cadherins. First, while actomyosin contributes the forces needed for events such as tissue invagination, effective morphogenesis also requires that the contractile networks be physically coupled to adherens junctions [27]. Here, cadherin junctions can be considered as resistance elements that are essential for contractility to induce the cell shape changes needed for morphogenesis. Second, cadherin adhesions link the contractile apparatuses of individual cells together, thereby effectively generating tissue-level contractile networks [24,28,29]. Indeed, supracellular patterns of contractile tension that become polarized during development require cadherin junctions for their organization [28]. Third, coupling of cadherin to contractility can serve as a regulated step during morphogenesis. Active actomyosin networks were recently identified in C. elegans and Drosophila embryonic cells even before they began to undergo cell intercalation during morphogenesis [30]. However, the onset of morphogenesis coincided with their coupling to adherens junctions, which were necessary for morphogenesis to proceed. This suggests that engagement of the actomyosin network to
Cadherin adhesions can constitute a developmentally regulated step in converting actomyosin activity into biologically effective force.

The physical coupling of cadherin to actomyosin probably occurs by binding of the cadherin to actin filaments, rather than to myosin II itself. As noted above, many actin-binding proteins have now been described that can interact with cadherins, but the biological reasons for this diversity remain obscure. One possible explanation is that different actin-binding proteins contribute in a context-dependent fashion. For example, in Drosophila embryos the cortical protein Canoe (afadin in mammals) can bind to DE-cadherin and couples actomyosin networks to junctions [31]. During the process of mesoderm invagination, Canoe appeared to be uniformly localized at junctions [31]. However, in another morphogenetic event, germband extension, Canoe was planar polarized, accumulating only in a subset of adherens junctions to which it selectively coupled actomyosin networks [32]. Some connections between junctions and actomyosin did persist when Canoe was depleted, suggesting that the coupling of actomyosin to cadherins may not involve a single mechanism. Perhaps basal connectivity is established by proteins such as α-catenin [13], which are ubiquitously associated with the cadherin-catenin complex. Other proteins, such as Canoe, may then be layered upon this basal mechanism to bias actomyosin coupling to specific subsets of junctions.

Mechanosensing and mechanotransduction

Until now, we have treated cadherin adhesion largely as a passive resistance element in cooperation with actomyosin. The capacity for cadherins to regulate cytoskeletal dynamics [6,33] and cell signaling [5,34,35] also raises the possibility that cadherin may serve as an active agent. In particular, there is increasing evidence that cadherin junctions exist in a homeostatic relationship with the forces that act upon them. This might be inferred from the observation that cadherin junctions must resist the contractile forces that drive morphogenesis for development itself to proceed [27]. The notion was also prompted by the observation that in cultured epithelial cells, E-cadherin accumulates and is stabilized at the zonula adherens in a myosin-dependent fashion [5,14,36]. It was substantiated by the demonstration that junctional size increased proportionally to the tugging forces exerted upon them [37]. Further, the cortical stiffness of cadherin adhesions also increases in response to forces, and in an actin- and myosin-dependent fashion [38]. Together, these observations imply that, by some means, cadherin junctions respond to the forces that act upon them. An analogous process (adhesive strengthening) is thought to regulate the size of integrin adhesions [39,40].

These homeostatic responses might be conceived as involving two inter-related processes: the ability of cadherins and their associated proteins to sense the forces that act upon them (mechanosensing); and then their ability to elicit cellular responses proportional to those mechanical stimuli (mechanotransduction). One way that force can be sensed is if the conformation of the protein is altered, and consequently its biochemical function, upon the application of force. For example, stretching of the integrin-associated protein talin can influence its ability to bind its partner, vinculin [41]. Force in cadherin junctions, proteins with actin-binding capacity are especially relevant, as an intrinsic ability to bind F-actin would place them well to experience force. An attractive candidate is α-catenin itself, which can directly bind F-actin and the cadherin-β-catenin complex. α-catenin can also recruit a range of other proteins, such as the F-actin binding protein vinculin [42,43]. However, the ability of α-catenin to recruit vinculin to junctions depends on myosin activity [44], suggesting that it might be influenced by tension. This notion is reinforced by evidence that the N- and C-termini of α-catenin can bind to one another [44], and thereby inhibit vinculin binding [45]. Thus, it has been attractive to postulate that tension alters the conformation of α-catenin to influence protein binding, as it does for talin. Support for this idea has come from the observation that an epitope located centrally in the α-catenin molecule was only detected when myosin was active [44]. It should be emphasized, though, that this hypothesis has yet to be thoroughly addressed, either in cells or with purified proteins. Nonetheless, this remains very attractive, since tension-sensitive conformational change is a very rapid way for proteins to respond to force.

Force-sensitive changes in actin-binding proteins also provide a direct way in which force-sensing can be coupled to a cytoskeletal response. Here, it is germane to note that vinculin is necessary for the cortical stiffening that occurs when cadherin adhesions are mechanically stimulated [38]. Vinculin might serve as part of the cellular response to force on cadherin junctions, as it can influence the cytoskeleton directly, by cross-linking F-actin, and by recruiting other actin-regulatory proteins that can influence filament dynamics and/or organization [46]. There are also other proteins found at cadherin junctions that have the potential to be force-sensitive, including myosin VI [47] and myosin II [48,49]. Of course, this by no means exhausts the range of mechanotransduction mechanisms that may be
available when cadherin adhesions are exposed to force. Cadherins can regulate a range of cortical signals, including Rho family GTPases and Src family kinases [34,50], which can in turn influence the cytoskeleton. It will be exciting to see if these, too, are altered when cadherins are stimulated by force.

**Future directions**

Classical cadherins support many biologies: these range from tissue cohesion, through morphogenesis, to the control of cell proliferation. Their contribution to these various processes arises not solely through their ability to support surface adhesion but also in cooperation with intracellular processes. But there is a challenge in understanding how molecular mechanism maps to biology. One approach to parsing this problem is to identify the intermediate levels of analysis. We suggest that understanding how cadherins serve as mechanically active agents provides one such intermediate level, which can illuminate how cooperation with the actin cytoskeleton influences the biological impacts of cadherins. Insofar as mechanical factors are increasingly implicated in many other biologies, including proliferative control [51] and receptor-ligand recognition [52], it will be interesting to see how broadly useful a mechanobiological perspective will be.

**Disclosures**
The authors declare that they have no disclosures.

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