Establishment of a new quantitative detection approach to adefovir-resistant HBV and its clinical application

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Abstract

AIM: To establish the more feasible and sensitive asessment approach to the detection of adefovir (ADV) resistance-associated hepatitis B virus (HBV) quasispecies.

METHODS: Based on the characteristics of rtA181V/T and rtN236T mutations, a new approach based on real-time fluorescent quantitative polymerase chain reaction (RT-PCR) was established for the detection of ADV-resistant HBV quasispecies, total HBV DNA, rtA181 and rtN236 mutations in blood samples from 32 chronic hepatitis B (CHB) patients with unsatisfactory curative effect on ADV and compared with routine HBV DNA sequencing.

RESULTS: Both the sensitivity and specificity of this new detection approach to ADV-resistant HBV quasispecies were 100%, which were much higher than those of direct HBV DNA sequencing. The approach was able to detect 0.1% of mutated strains in a total plasmid population. Among the 32 clinical patients, single rtA181 and rtN236T mutation and double rtA181T and rtN236T mutations were detected in 20 and 8, respectively, while ADV-resistant mutations in 6 (including, rtA181V/T mutation alone in 5 patients) and no associated mutations in 26.

CONCLUSION: This new approach is more feasible and efficient to detect ADV-resistant mutants of HBV and ADV-resistant mutations before and during ADV treatment with a specificity of 100% and a sensitivity of 100%.

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Key words: Chronic hepatitis B; Adefovir; Drug resistance; Quantitative detection; Real-time fluorescent quantitative polymerase chain reaction

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INTRODUCTION

Chronic hepatitis B virus (HBV) infection affects approximately 400 million people worldwide and is still an important cause of morbidity and mortality, as well as a
source of potential new infections[1]. Chronic HBV carriers may develop chronic hepatitis, cirrhosis, and hepatocellular carcinoma (HCC) with HBV as the most frequent cause[2]. Since chronic hepatitis B (CHB) patients require a prolonged if not a lifelong therapy, data about its long-term safety and effect are indispensable for the assessment of its risk and benefit. Treatment of CHB has been improved due to available nucleoside/tide analogues, such as lamivudine (LAM), adefovir dipivoxil (ADV), entecavir (ETV), and telbivudine (LdT), which act as inhibitors of HBV reverse transcriptase and decrease viral load in most cases[3]. ADV has become a treatment option for HBV infection due to its effect on lamivudine-resistant mutations occurring upon prolonged treatment. However, viral resistance to ADV develops and over time. ADV-resistance is mainly associated with rtN236T and rtA181V/T mutations within the D and B functional domains of HBV polymerase[4]. Many methods have been developed to detect ADV-resistance mutations, such as direct polymerase chain reaction (PCR) sequencing, INNO-LiPA, restriction fragment length polymorphism (PCR-RFLP), matrix-assisted laser desorption/ionization-time of flight-mass spectrometry (MALDI TOF MS)[5-8], with their respective advantages and disadvantages. Sequencing remains the best approach to the identification of new mutations. However, it cannot detect rtN236T and rtA181V/T mutations in less than 25% of a total viral population and is not appropriate for large-scale use in large cohort studies or clinical laboratories because of its labor-intensive and time-consuming manipulations[5]. INNO-LiPA and MALDI TOF MS are capable of detecting variants, but more strict experimental conditions and equipments are required. PCR-RFLP[9] could only detect mutations in a high proportion and is also labor-intensive and time-consuming. This study described a feasible and sensitive approach to quantitative detection of ADV-resistant HBV quasispecies by real-time fluorescent quantitative PCR.

**MATERIALS AND METHODS**

**Materials**

Thirty-two patients (29 males and 3 females, mean age 35 years, range 20-63 years) who were diagnosed as CHB from March 2003 to October 2007 in our hospital following the guidelines of prevention and treatment of chronic hepatitis B (2005)[10] were enrolled in this study. ADV was administered with oral dipivoxil (10 mg) for 58 wk (range: 42-82 wk), during which viral breakthrough, viral rebound, partial or inadequate virus response occurred[11]. Exclusion criteria included a coexisting severe illness, organ or bone marrow transplantation, recent treatment with systemic corticosteroids, immunosuppressants or chemotherapeutic agents, liver disease not due to hepatitis B, and seropositivity for human immunodeficiency virus (HIV) or hepatitis C or D virus. Informed consent was obtained from each patient in accordance with the Declaration of Helsinki. The study was approved by the institutional review board of Soochow University. The average load of HBV DNA at baseline before ADV therapy was 6.30 ± 0.23 logs IU/mL, and dropped to 5.61 ± 0.17 logs IU/mL after treatment with ADV for 82 wk.

**Serum specimens, quantitative reference substances for correlated mutations**

HBV DNA was extracted from 100 μL of sera as previously described[12]. Extracted DNA pellets were resuspended in 30 μL of sterile distilled water and stored at -20°C until use. HBV DNA fragments containing the RT domain were amplified by PCR using specific primers (RTS: 5’AAAATCTTCAATATCCAG3’, RTSA: 5’GACATATTTTCCAATATAAG3’) as previously described[6]. The PCR products were cloned into the pUC-18 vector (TAKARA) following its manufacturer's instructions. Following transformation into DH5αt competent cells (Tiangen, Shanghai), each wild strain plasmid, rtA181V/T and rtN236T variant plasmid of types B and C were picked out respectively according to the sequencing results, and standardized with a quantitative test kit for HBV DNA. After serial dilutions, quantitative reference substances for related rt181 and rt236 variant mutations were prepared.

**Quantification of HBV DNA and related mutations**

Based on the characteristics of rtA181V/T and rtN236T mutations, specific primers and Taqman probes were designed (Figure 1). Mutations of rtA181 and rtA236 were detected by real-time fluorescent quantitative PCR as previously described[7].

**Direct sequencing of HBV DNA**

Primers for PCR were designed to target highly conservative sequences of HBV gene in oligonucleotides: P1, 5’CCTGCTGGTGGCTCCAGTTCAAGAAAGCAG3’ (nt56-83), P2, 5’AAGCCCAACCAGTGGGGTTGGCAG3’ (nt1188-1214). The amplified fragments contained the polymerase RT domain and overlapped the S gene. Viral DNA was amplified with a HBV sequencing kit (Shenyou, Shanghai, China). Positive PCR products identified by agarose gel electrophoresis were directly sequenced with an ABI PRISM 3730 genetic analyzer.
RESULTS

**Sensitivity and specificity of real-time fluorescent quantitative PCR for detecting ADV-associated HBV quasispecies**

Each plasmid listed in Table 1 with a concentration of 6 × 10^6 IU/mL was picked out for real-time fluorescent quantitative PCR. The rtN236T and rtA181 were found to be wild type plasmids at positions 181 and 236, respectively (Table 1), indicating that the new approach has a sensitivity of 100% and a specificity of 100%.

**Assessment criteria for HBV DNA mutation**

Mutations of rtA181 or rtN236 were assayed with the ratio of total HBV DNA to rtA181 or rtN236 mutation-associated DNA. The assessment criteria used were as follows: (1) If the ratio (a/b or a/c) of total DNA to rtA181 or rtN236 mutation-associated DNA was between 1 and 10, it was defined as complete variants or the proportion of mutations was more than 10% in the pool of quasispecies; (2) If the ratio (a/b or a/c) of total DNA to rtA181 or rtN236 mutation-associated DNA was between 10 and 200, it was defined as complete variants or the proportion of mutations was lower than 10% in the pool of quasispecies; and (3) If the ratio (a/b or a/c) of total DNA to rtA181 or rtN236 mutation-associated DNA was more than 200, it was defined as complete wild strains or the proportion of variants was below the limit of identification.

**Statistical analysis**

All data were analyzed using the SAS V8.1 statistical package version. Analysis of one way variance (ANOVA) and t-test were used to compare the average value. P < 0.05 was considered statistically significant.
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Comparison between sequencing chromatograms and quantitative results

Of the 6 patients with ADV-resistant mutations, rtA181T and rtN236T mutations and single rtA181V/T mutation were observed in patients 1 and 5, respectively. Among the 26 patients with no associated mutations, rtA181 variants and wild type strains were found in patients 1, 5 and 6 (Figure 3) while only rtA181 variants were detected in patients 2, 3 and 4 (Table 5).

DISCUSSION

Dipivoxil, a nucleotide analogue, has become a treatment option for HBV infection due to its efficacy on lamivudine-resistant mutations occurring upon prolonged treatment. However, resistance to ADV develops and increases over time. ADV therapy for naive patients is associated with delayed and less frequent drug-resistant mutations. The reported cumulative incidence of mutations in hepatitis B e antigen (HBeAg)-negative and positive chronic

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**Table 4** Quantification of rtA181 and rtN236 mutations

| a/b      | n | rtA181 mutation (log_{10} IU/mL) | P | a/c | n | rtN236 mutation (log_{10} IU/mL) | P |
|----------|---|---------------------------------|---|-----|---|---------------------------------|---|
| 1-10     | 6 | 6.22 ± 0.55                     | < 0.0001 | 1-200 | 8 | 5.31 ± 0.25                     | < 0.0001 |
| 10-200   | 14| 4.78 ± 0.21                     | 0.02       | ≥ 200 | 24 | 2.49 ± 0.19                     | 0.03       |
| ≥ 200    | 12| 3.14 ± 0.33                     | 0.0016     |       |   |                                 | 0.0016     |

1 Analysis of one way variance (ANOVA) result; 2 t-test result. n: Number of samples.

**Table 5** ADV-resistant mutations detected by sequence analysis and their quantification

| Patients | rtA181 | rtN236 | a/b | a/c |
|----------|--------|--------|-----|-----|
| #1       | rtA181T|        | 8.32|     |
| #2       | rtA181V|        | 1.66|     |
| #3       | rtA181T|        | 0.93|     |
| #4       | rtA181T|        | 1.76|     |
| #5       | rtA181T| rtN236T| 1.03| 3.11|
| #6       | rtA181T|        | 7.13|     |

1 The ratio below 1 due to PCR error.

**Comparison between sequencing chromatograms and quantitative results**

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hepatitis B patients is 29% and 20%, respectively after 5 years of ADV treatment\textsuperscript{12,14}. LAM-resistant patients treated with ADV monotherapy are at a higher risk of developing ADV-resistant mutations than nucleoside-naive patients\textsuperscript{7,13}. In accordance with the current guidelines, ADV should be used in combination with other drugs in treatment of LAM-resistant patients instead of ADV monotherapy. It has been shown that ADV-resistant mutants occur infrequently in patients on combined therapy\textsuperscript{19}. An open-label study in HBeAg-negative LAM-resistant patients demonstrated that combined therapy does not result in development of resistance to ADV over a period of 3 years\textsuperscript{20}. It has been recently reported that the rate of ADV resistance is 1% and 4% 1 and 3 years after ADV + LAM therapy\textsuperscript{17}. Two mutations in the HBV polymerase gene, alanine to valine or threonine (rtA181V/T) and asparagine to threonine substitution (rtN236T) have been described to confer resistance to ADV\textsuperscript{16}, suggesting that genotypic resistance monitoring is important to anticipate and confirm the observed phenotypic resistance and new treatment modalities can be selected. The incidence of genotypic resistance may vary with the sensitivity of different methods used to detect resistant mutations. Thus, methodological options for detecting HBV mutations are an increasingly important issue in clinical management of CHB. Several other methods have been used to detect ADV-resistant HBV. However, the disadvantages of each method restrict its wide-range use. So developing a more sensitive, specific and easy approach is always the major concern for researchers. Malmström et al\textsuperscript{19} developed a method based on real-time polymerase chain reaction with TaqMan chemistry which can target wild type and mutant viral strains at rtL180 and rtM204, later, Lupo et al\textsuperscript{18} described a selective real-time PCR (sPCR) for the quantitative detection of rtM204I/V and rtN236T mutations associated with resistance to LAM and ADV, with a lowest limit of 0.1% of strains carrying rtM204V/I or rtN236T mutations for a total of 105 copies of plasmid. In this study, primers and probes for quantitative amplification of HBV DNA, rtA181 and rtN236 mutations were designed, and the results showed that they could detect more than 100 IU/mL of variants. Mutants could be obtained by calculating the ratio of total HBV DNA to the variants. To assess the feasibility of this approach, HBV DNA, rtA181 and rtN236 mutations were detected in 32 patients with unsatisfactory response to adefovir dipivoxil by direct sequencing. The results showed that this new approach could detect rtA181 and rtN236 mutations as well as some ADV mutations not identified by direct sequencing, thus supporting the new approach with a high concordance and a higher sensitivity. ADV-resistant HBV mutations can be pre-monitored, which can provide valuable reference for shifting the treatment in order to prevent hepatitis deterioration and decompensation. Furthermore, real-time fluorescent quantitative PCR can be widely used.

Figure 3 Sequence analysis of ADV-resistant mutations. rtA181 wild strains (amino acid codon: GCT) with few rtA181T mutations (amino acid codon: ACT) in patient 1, rtA181V mutant (amino acid codon: GTT) in patient 2, rtA181T mutant (amino acid codon: ACT) in patients 3 and 4, rtA181 wild strains (amino acid codon: GCT) mixed with half of rtA181T mutant (amino acid codon: ACT) and rtN236 wild strains (amino acid codon: AAC) mixed with rtN236T mutants (amino acid codon: ACC) in patient 5, and rtA181 wild strains (amino acid codon: GCT) mixed with partial of rtA181T mutants (amino acid codon: ACT) in patient 6.
Meanwhile, there is a large room for the improvement of this new approach. The major improvement in RT-PCR is to design the optimal primers for each mutant. Moreover, due to the variability of genotypes, a number of primers may be required for the detection of a single nucleotide polymorphism. In this study, the primers were restricted to the most frequent codons associated with rtA181 and rtN236T mutations. However, further study is needed to verify the other mutations.

In conclusion, the new approach based on real-time fluorescent quantitative PCR is more feasible than direct DNA sequencing. It is more sensitive and specific for the detection of wild-type and variant viruses as well as ADV-resistant mutations. We believe that this easy-to-use approach will play an important role in detection of ADV-resistant mutations and in optimization of ADV therapy.

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