Equal Force Recovery in Dysferlin-Deficient and Wild-Type Muscles Following Saponin Exposure

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Dysferlin plays an important role in repairing membrane damage elicited by laser irradiation, and dysferlin deficiency causes muscular dystrophy and associated cardiomyopathy. Proteins such as perforin, complement component C9, and bacteria-derived cytolysins, as well as the natural detergent saponin, can form large pores on the cell membrane via complexation with cholesterol. However, it is not clear whether dysferlin plays a role in repairing membrane damage induced by pore-forming reagents. In this study, we observed that dysferlin-deficient muscles recovered the tetanic force production to the same extent as their WT counterparts following a 5-min saponin exposure (50 μg/mL). Interestingly, the slow soleus muscles recovered significantly better than the fast extensor digitorum longus (EDL) muscles. Our data suggest that dysferlin is unlikely involved in repairing saponin-induced membrane damage and that the slow muscle is more efficient than the fast muscle in repairing such damage.

1. Introduction

Mutations in the dysferlin gene lead to the development of several types of muscle wasting diseases including limb-girdle muscular dystrophy type 2B (LGMD2B) [1, 2], Miyoshi myopathy (MM) [2], and a distal anterior compartment myopathy (DACM) [3], together termed dysferlinopathy. Dysferlinopathy has also been shown to develop a late-onset cardiomyopathy [4, 5]. Dysferlin is a 230 kDa protein containing multiple-tandem C2 domains, and it is widely expressed in different tissues and cells including skeletal and cardiac muscle [6]. Previous work has established a role for dysferlin in muscle membrane repair since the dysferlin-deficient skeletal [7] and cardiac [5] muscle cells fail to efficiently reseal the membrane disruptions elicited by laser irradiation. Although the exact action of dysferlin in the membrane repair system of striated muscle remains poorly understood, it has been suggested that dysferlin may play a role in the membrane vesicle fusion step based on its primary structure properties [8, 9].

It is not very clear how laser irradiation induces membrane damage, but there is evidence showing that peroxidation of the plasma membrane lipids may be involved in the photo-induced cell lysis [10, 11]. Such membrane damage may be similar to mechanical membrane tears as both require dysferlin and MG53 for repair at least in muscle cells [5, 7, 12]. Interestingly, in addition to oxidation-induced membrane damage, various pore-forming reagents can also cause a loss of membrane integrity and cell death in vivo. For example, perforin is released upon degranulation of cytotoxic T cells (CTLs) and forms transmembrane pores that promote translocation of granzymes into the cytoplasm of pathogen-infected cells, leading to their apoptotic death [13]. Previous studies have shown that cytotoxic T cells contribute to muscle pathology in dystrophin-deficient muscular dystrophy through perforin-dependent as well as perforin-independent mechanisms [14]. Cytotoxic T cells were also found in other inflammatory myopathies where they secreted perforin and invaded muscle fibers [15]. In addition, the 5th to 9th components (C5 to C9) of the complement system is involved in terminal activation of complement that leads to the formation of a large membrane lytic pore complex—the membrane attack complex (MAC) on the target cell membrane [16–18]. Interestingly, the membrane inserting part of both perforin and C9 is
mediated by the MACPF domain [19] which surprisingly shares structural similarity to the bacterial cholesterol-dependent cytolysins (CDCs) [20, 21]. Our recent study has shown that the complement activation contributes to muscle pathology in dysferlinopathy [22]. Moreover, the beta-amyloid can also form ring-shaped structures reminiscent of bacterial pore-forming toxins (PFTs) [23], which have membrane-perforating activity [24]. Interestingly, increased sarcocemmal and interstitial amyloid deposits were observed in dysferlinopathy patient muscles, and mutant dysferlin was found to be present in the amyloid deposits [25]. All the above-mentioned pore-forming proteins (PFPs) induce pore formation with diameters up to 50 nm through a very similar cholesterol-dependent mechanism [26]. Such a mechanism, through complexation with cholesterol, also applies to saponins which are natural detergents found in many plants [27, 28].

Despite the devastating consequences of membrane perforation, mammalian cells can recover the plasma membrane integrity depending on the severity and duration of the membrane damage. For example, it has been shown that striated myocytes can recover within seconds following membrane damage induced by laser irradiation and micro-electrode penetration in the presence of Ca^{2+}, dysferlin, and MG53 [5, 7, 12]. In addition, cells can restore plasma membrane integrity at the minute time scale (<1 h) following the formation of pores (30–50 nm in diameter) by CDCs or perforin [13, 29, 30]. Removal of the pores from the cell surface by calcium-dependent endocytosis and/or shedding of vesicles appears to be a critical step to repair membrane damage induced by PFPs [13, 30–32]. However, it remains unclear whether dysferlin is involved in repairing membrane damage induced by PFPs. In the present study, we designed experiments to address this question and provided evidence to show that dysferlin appears to be dispensable for membrane repair following saponin-induced membrane damage.

2. Materials and Methods

2.1. Mice. All animal studies were reviewed and approved by the Institutional Animal Care and Use Committee of Loyola University Chicago (LU no. 202288 and LU no. 202769). The wild-type C57BL/6J (stock number: 000664), A/J (stock number: 000646), and C57BL/6J-Chr6A/J (stock number: 004384) mice were obtained from the Jackson Laboratory. Mice were maintained at Loyola University Medical Center Animal Facility in accordance with animal usage guidelines. The A/J and C57BL/6J-Chr6A/J mice were genotyped by tail PCR using the following primers: WT-F, 5′-AAGAGAAGGCAACAGGTGACA-3′; AJ-F, 5′-CAAACCATTCCCAGTCCTCCT-3′; AJ-R, 5′-CAGAGTCACGGCCTTCT-3′. The WT allele will produce a 449-bp band, and the mutant allele will produce a 1-kb band. The 20 μL PCR reaction contained 4 pmol WT-F, 4 pmol AJ-F, 8 pmol AJ-R primers, and 50 ng of DNA extracted from mice tails. PCR amplification was conducted for 40 cycles under standard conditions (denaturation at 95 °C for 30 seconds, annealing at 58 °C for 30 seconds, and elongation at 72 °C for 1 minute). The male and female mice at 12 to 24 weeks of age were used unless otherwise specified in the text.

2.2. Antibodies. The mouse monoclonal anti-dysferlin antibody Hamlet (Novocastra) was used for the western blotting and immunofluorescence analyses. A monoclonal antibody against caveolin-3 (Transduction Laboratories) and an anti-laminin α2-chain antibody (Alexis Biochemicals) were used for immunofluorescence analysis. DAPI was used to stain the nuclei. Peroxidase-conjugated secondary antibodies were obtained from Roche. Alexa Fluor 488- or 555-conjugated secondary antibodies were obtained from Invitrogen.

2.3. Serum Creatine Kinase Analysis. Serum samples from mice were obtained by tail bleeding, using a Sarstedt microvette CB 300, from nonanesthetized restrained mice according to institutional guidelines. Red cells were pelleted by centrifugation at 10,000 rpm for 4 minutes, and serum was separated, collected, and analyzed immediately without freezing. Serum creatine kinase assays were performed with an enzyme-coupled assay reagent kit (Stanbio Laboratory) according to the manufacturer’s instructions. Absorbance at 340 nm was measured every 30 sec for 2 min at 37 °C so that changes in enzyme activity could be calculated.

2.4. Western Blotting. Muscle protein samples were separated by SDS-PAGE and transferred onto PVDF membranes. Membranes were blocked with 5% nonfat dry milk in TBS-T buffer (Tris-HCl 50 mM, NaCl 150 mM, pH 7.4, Tween-20 0.1%) and incubated with primary antibodies overnight at 4 °C. Blots were washed three times with TBS-T for 10 minutes each and incubated with Alexa Fluor 488- or 555-conjugated secondary antibodies (1:500 dilution in TBS-T; Invitrogen) for 1 hour at room temperature. After washing 3 × 10 minutes with TBS-T buffer, the membranes were directly imaged for fluorescence using the Typhoon Trio plus imager (GE Healthcare Life Sciences, Inc.).

2.5. H&E Staining, Immunofluorescence Analysis, and Central Nucleated Fiber Counting. Histopathology studies were performed as described previously [33, 34]. Several hematoxylin and eosin stained sections (7 μm) at the belly of the quadriceps, iliosepos, EDL, and soleus muscles were prepared to characterize skeletal muscle pathology. Immunofluorescence staining was performed as described previously [33, 34]. Anti-dysferlin antibody Hamlet was used at 1:40 dilution. Anti-caveolin-3 antibody was used at 1:1000 dilution. Anti-laminin α2 antibody was used at 1:400 dilution. All the secondary antibodies were used at 1:400 dilution. The numbers of central nucleated muscle fibers and the total muscle fibers were counted on muscle sections costained with caveolin-3 and DAPI or laminin α2 and DAPI using Image Pro Plus 6.

2.6. Contractile Force Measurement. Contractile force was measured in vitro on extensor digitorum longus (EDL) and soleus muscles from C57BL/6J and dysferlin-deficient mice as described previously [35]. Mice were anesthetized by
an intraperitoneal (I.P.) injection of a mixture of ketamine (87.5 mg/kg) and xylazine (12.5 mg/kg). Intact muscles were removed from each mouse after the mice were euthanized by cervical dislocation after deep anesthesia. Muscles were immersed in an oxygenated bath (95% O2, 5% CO2) that contained Tyrode solution (pH 7.4) at room temperature. For each muscle, one tendon was tied securely with a 6-0 suture (Surgical Specialties Corporation) to a force transducer/servo motor (Aurora Scientific Inc., Model: 300C-LR), and the other tendon to a fixed pin. Using Twitches with pulse duration of 0.2 ms, the voltage of stimulation was increased to achieve a maximum twitch. Twitches were then used to adjust the muscle length to the optimum length for force development ($L_0$). The muscle length was set at $L_0$, and muscles were stimulated for 300 ms. Stimulation frequency was increased until the force reached a plateau at maximum isometric tetanic force ($P_0$).

2.7. Saponin Treatment. After three consecutive tetanic contractions with 3 minutes intervals in between, the muscle was incubated with saponin (Sigma) at 50 μg/mL in Tyrode solution for 5 minutes. To assess the force recovery following saponin-induced membrane injury, tetanic contractions were recorded starting at 10 minutes following saponin washout, once every 10 minutes for one hour in total. The data were digitized, collected, and analyzed using the ASI Dynamic Muscle Control software (DMC V5.294).

2.8. Statistical Analysis. Data were presented as mean ± SEM, and statistical significance ($P < 0.05$) was determined by the Student’s t-test for two groups or two-way ANOVA for multiple groups using Prism 5.02 (GraphPad). When the overall $F$-ratio for the ANOVA was significant, the differences between individual group means were determined by a single Student’s t-test.

3. Results

3.1. Characterization of C57BL/6J-Chr6A/J Mice. In this study, we employed a new dysferlin-deficient mouse strain (C57BL/6J-Chr6A/J [Na]) from Jackson Laboratory. This strain is an inbred C57BL/6J strain with its chromosome 6 replaced with another inbred A/J strain, originally developed by Nadeau et al. from the Case Western Reserve University [36]. Since the mouse dysferlin gene is located on the chromosome 6, the C57BL/6J-Chr6A/J [Na] mice carry the retrotransposon insertion in the dysferlin gene that is present in the parental A/J strain [37]. This strain is very similar to the B6.A/J-DysfPrmd strain used by Lostal et al. [38] except that the entire chromosome 6 in our strain is from A/J mice while the B6.A/J-DysfPrmd strain was derived by backcrossing the A/J mice with C57BL/6J mice for 4 generations. The C57BL/6J-Chr6A/J [Na] mice were genotyped by a PCR method of the tail snips as described in Section 2. A single band of 449 bp and ~1.0 kb were produced in the WT and the homozygous mutant samples, respectively, while the heterozygous mice yielded two major bands (449 bp and 1.0 kb) with additional faint nonspecific bands (Figure 1(a)).

Both western blotting and immunofluorescence staining analyses confirmed that the dysferlin protein is completely absent in the skeletal muscle of the homozygous mutant mice (Figures 1(b) and 1(c)). H&E staining showed that the mice developed dystrophic features (Figure 2(a)) similar to other dysferlin-deficient mice [7, 37, 38], but the dystrophic phenotype progressed earlier and faster than the parental A/J strain. We observed that the quadriceps muscles had sparsely distributed necrotic muscle fibers and centrally nucleated muscle fibers starting from 2 months of age and that the numbers of such muscle fibers progressively increased. The quadriceps muscles from the male C57BL/6J-Chr6A/J mice at 4 months of age showed a slightly increased percentage of central nucleated muscle fibers compared to age- and sex-matched A/J mice (7.3 ± 0.9% versus 4.5 ± 0.3%; N = 14 and 16; resp., $P = 0.009$). Compared to the quadriceps muscle, the iliopsoas muscle from either A/J or C57BL/6J-Chr6A/J mice had more central nucleated muscle fibers (11.9 ± 3.2% and 27.4 ± 4.8%; resp.) (Figures 2(a) and 2(b)). The serum creatine kinase level in the C57BL/6J-Chr6A/J mice at 4 months of age was significantly elevated compared to that in the WT controls (157 ± 42 versus 541 ± 65 IU/L; N = 6 and 10 for WT and mutant; resp., $P < 0.001$) (Figure 2(c)). Thus, the C57BL/6J-Chr6A/J [Na] strain is a true dysferlin mutant mouse model in the C57BL/6J background (except the chromosome 6) and was used in the following studies (referred to as “dysferlin-deficient”).

3.2. Muscle Force Recovery Following Saponin Exposure. Saponins are a diverse class of natural detergents found in many plants. Through complexation with cholesterol, saponin perforates the cell membrane. We used saponin to induce membrane pore formation in WT or dysferlin-deficient extensor digitorum longus (EDL) and soleus muscles and examined force recovery following saponin treatment. Both dysferlin-deficient EDL and soleus muscles displayed a limited overt pathology with a few centrally nucleated fibers (Figure 3), which allowed us to study the consequence of dysferlin deficiency on force recovery following saponin exposure without much preexisting dystrophic alterations. We performed preliminary experiments to test several doses of saponin (from 10 to 500 μg/mL) and treated the WT EDL muscle for either 1 min or 5 min at room temperature (RT). We then selected 50 μg/mL of saponin for 5-min incubation, as this treatment resulted in a tetanic force loss of ~85% in WT EDL muscle at 10 minutes after the treatment (Figures 4(a)–4(d)). We also tested a tetanic contraction at one minute after saponin washout; however, this tetanic contraction greatly decreased the final force recovery (data not shown). This data indicates that, by one minute after saponin exposure, a tetanic contraction stimulus would cause further muscle force loss. Thus, in our standard protocol, we started the tetanic force measurement 10 minutes after saponin washout unless otherwise specified.

Upon application of saponin, the baseline tension gradually increased and reached the maximum level at around 1.5 minutes after that it slowly returned to near the pre-exposure baseline (Figure 4(b)). The increase in the baseline
Figure 1: Disrupted expression of dysferlin in skeletal muscle of C57BL/6J-Chr6A/JNaJ mice. (a) PCR genotyping of WT (w), C57BL/6J-Chr6A/JNaJ (n), and heterozygous (h) mice. (b) Western blotting analysis of the quadriceps muscles from WT and C57BL/6J-Chr6A/JNaJ (B6.Chr6A/J) mice using the monoclonal anti-dysferlin antibody (Dysf). The bottom panel is the same blot stained with Ponceau-S (P.S). (c) Immunofluorescence labeling of muscle sections from WT and dysferlin-deficient mice with anti-dysferlin antibody.

These data suggest that, unlike the laser-induced membrane damage, saponin-induced membrane damage does not seem to require dysferlin for repair.

Next, we examined the effect of saponin exposure on the tetanic force recovery in the soleus muscle, which are composed of predominantly slow-fiber type. The baseline tension developed in soleus muscles during saponin exposure was similar to that in EDL muscles (data not shown). Surprisingly, the tetanic force recovered to ~80% at 10 minutes after the 5-minute saponin exposure regardless of dysferlin genotype (Figure 4(e) and Table 2). We observed only a small but significant increase in the tetanic force at 20 minutes compared to that at 10 minutes, and there was no further force recovery in the following 40 minutes (Figure 4(e) and Table 2). To further confirm that the tetanic force was indeed rapidly recovering within the first 10
Figure 2: Characterization of C57BL/6J-Chr6<sup>+/−</sup>/NaJ mice. (a) H&E-stained quadriceps (or iliopsoas) muscle sections of A/J, B6.Chr6A/J mice. Scale bar: 200 μm. (b) Central nucleated muscle fiber percentage (CNF) from the quadriceps or iliopsoas muscles of WT, A/J, and B6.Chr6A/J mice at 16 weeks of age. (c) Serum creatine kinase (CK) levels from WT (<i>N</i> = 6) and B6.Chr6A/J (KO) (<i>N</i> = 10) mice at 16 weeks of age. ** indicates <i>P</i> < 0.05, and *** indicates <i>P</i> < 0.001.

Table 1: Tetanic forces (kN/m<sup>2</sup>) of WT and dysferlin-null EDL muscles at room temperature before and after saponin exposure.

|        | Initial     | 10 min     | 20 min     | 30 min     | 40 min     | 50 min     | 60 min     |
|--------|-------------|------------|------------|------------|------------|------------|------------|
| WT, <i>N</i> = 5 | 273.6 ± 4.9 | 41.9 ± 6.1 | 75.7 ± 10.2 | 101.7 ± 11.5 | 114.5 ± 11.8 | 117.1 ± 11.8 | 117.0 ± 11.1 |
| KO, <i>N</i> = 5 | 251.3 ± 13.5 | 47.5 ± 15.0 | 77.4 ± 14.8 | 97.1 ± 18.3 | 102.1 ± 19.0 | 102.2 ± 18.7 | 102.4 ± 18.6 |

Note: (a) the <i>P</i> values under the force data are the paired t-test of the forces at the specific time point compared to that measured at the prior time point (e.g., WT force at 20 min compared to that at 10 min); (b) the <i>P</i> values in the last row are the unpaired t-test of forces between WT and dysferlin-null groups at each time point.

Table 2: Tetanic forces (kN/m<sup>2</sup>) of WT and dysferlin-null soleus muscles at room temperature before and after saponin exposure.

|        | Initial     | 10 min     | 20 min     | 30 min     | 40 min     | 50 min     | 60 min     |
|--------|-------------|------------|------------|------------|------------|------------|------------|
| WT, <i>N</i> = 5 | 166.5 ± 6.7 | 130.8 ± 4.1 | 139.8 ± 3.6 | 137.7 ± 3.1 | 135.0 ± 2.8 | 133.4 ± 2.9 | 132.2 ± 3.9 |
| KO, <i>N</i> = 7 | 171.0 ± 11.9 | 138.3 ± 8.4 | 145.6 ± 8.3 | 142.6 ± 7.8 | 139.7 ± 7.6 | 138.5 ± 7.6 | 136.9 ± 7.8 |

Note: (a) the <i>P</i> values under the force data are the paired t-test of the forces at the specific time point compared to that measured at the prior time point (e.g., WT force at 20 min compared to that at 10 min); (b) the <i>P</i> values in the last row are the unpaired t-test of forces between WT and dysferlin-null groups at each time point.
Figure 3: Histology examination of EDL and soleus muscles from C57BL/6J-Chr6^A/J mice. H&E-stained EDL (top panel) and soleus (bottom panel) muscle sections of C57BL/6J (WT) and C57BL/6J-Chr6^A/J mice. Scale bar: 100 μm.

minutes, we measured tetanic force at 5 minutes following saponin washout in four soleus muscles (two WT and two mutants). As shown in Figure 4(e), the soleus muscles developed 69% of maximum force at 5 minutes. By fitting the data with a one-phase association equation, we estimated the maximum recovery percentage to be 45.9 ± 4.4% in EDL and 84.4 ± 1.2%, and the rate of recovery to be 0.057 ± 0.025 (min^-1) in EDL and 0.268 ± 0.097 (min^-1) in soleus. This data suggests that the soleus muscles recovered much faster than the EDL muscles after saponin washout.

4. Discussion

The plasma membrane defines the boundary of every single living cell, and its integrity is essential for life. However, the plasma membrane may be challenged by mechanical stress during normal physiological activities or PFPs produced by the organism itself and invading pathogens. For example, pore formation by perforin is involved in counteracting infection by microorganisms [19], while pore formation by the Bcl2 family member Bax triggers apoptosis [39]. Furthermore, it has been shown that the causative agents of Alzheimer’s or Parkinson’s disease are proteins capable of adopting pore-forming configurations [23, 40], and pore-forming amyloid deposits are also found in muscle diseases [25]. Pore formation through complexation with cholesterol and subsequent oligomerization leads to permeabilization of ions and small molecules such as ATP and, in the case of CDCs, leakage of proteins [26]. Repairing the membrane damage induced by PFPs is thus a critical step for the inflicted cell to survive.

Mammalian cells have been shown to be capable of repairing breaches in their plasma membrane. Dysferlin and MG53 were two previously identified proteins that play critical roles in repairing laser irradiation- and microneedle-induced membrane damage in striated muscles [5, 7, 12, 41]. Our present study demonstrated that skeletal muscle is also capable of repairing (at least partially) saponin-induced membrane damage. In the case of EDL muscles, the maximum recovery of tetanic force was around 44.6% after a 5-min exposure to 50 μg/mL saponin. The force deficit indicates “permanent” damage had occurred by saponin exposure. It is likely that the muscle fibers in the outer layers were more severely damaged because they were more accessible to saponin. However, there were no differences in the maximum recovery levels in the WT and dysferlin-deficient groups, suggesting that the levels of “permanent” damage in the two groups were the same. Thus, the same recovery rate in both WT and dysferlin-deficient EDL
Figure 4: Tetanic force recovery in WT and C57BL/6-J-Chr6A/Naj EDL and soleus muscles following saponin exposure. (a) Representative tetanic force measurement in a WT EDL muscle before saponin exposure. (b) Representative tension trace during saponin (50 μg/mL) exposure at room temperature (RT). (c) Representative tetanic force measurements within one hour after saponin washout at RT. Double slash: 10 min. (d) Quantitative analysis of the muscle force recovery in EDL muscles of WT and dysferlin-deficient mice at RT. (e) Tetanic force recovery in soleus muscles and EDL muscles (N = 10 and 13 for EDL and soleus, resp.) after saponin (50 μg/mL) exposure at room temperature. Note: we pooled the WT and mutant muscle data in panel (e) since there was no significant difference between the two groups (see Tables 1-2).

muscles suggests that dysferlin may not be involved in this process. We do not think this data is against previous reports showing dysferlin is required to repair laser-induced injury. Repairing laser-induced membrane damage is dysferlin-dependent, and this has been independently confirmed by several groups [12, 38, 42, 43]. Interestingly, the laser-induced membrane damage is around 5 μm in diameter at only a single spot of the muscle fiber [5, 7, 22]. However, the membrane pores induced by pore-forming reagents are up to 50 nm in diameter, but spread along the entire surface of the cells in contact with the reagents. Repairing these two different types of membrane injuries may use different mechanisms [26]. Consistent with this notion, repairing laser-induced membrane damage takes seconds (e.g., within 1-2 minutes) [5, 7, 9], but repairing the pores induced by streptolysin O and perforin takes minutes (<1 hour) [13, 29], and it takes even longer (>6 hours) to recover from pore formation induced by toxins such as Staphylococcal α-toxin [31, 44]. In our experiments, it took up to 30–40 minutes for the EDL muscles to recover from saponin-induced membrane damage. We, thus, interpret this data to mean that skeletal muscle cells may use different mechanism to repair membrane damage induced by PFPs as compared to laser irradiation. The detailed mechanisms leading to...
recovery of membrane integrity following pore formation remain to be explored. But it has been shown that this process involves a Ca2+-dependent and dynamin-mediated endocytosis coupled with exocytosis which rapidly removes the PFPs from the cell membrane [13, 31, 32, 45].

Another interesting observation in our study is that the slow soleus muscle recovers significantly greater force compared to fast EDL muscle suggesting that the slow muscle has a more efficient way to recover from saponin-induced membrane injury. Compared to the fast EDL muscle, the slow soleus muscle has many different properties in addition to the difference in their contraction velocity. For example, it was shown that the soleus muscle from a glycosylation-deficient muscular dystrophy mouse model—LargeMyd—exhibits no greater force deficit compared with WT soleus muscle [46] although the EDL muscle from the same mouse model is highly susceptible to contraction-induced injury [35]. This difference was attributed to the increased expression of sarcolemmal β1-integrin in the soleus muscle than the EDL muscle [46]. The difference in the force recovery rate upon saponin-induced membrane injury between soleus and EDL muscles remains unclear and warrants further investigation.

In summary, we demonstrated that the skeletal muscle possesses the ability to repair membrane damages induced by pore-forming reagents such as saponin. This repair process takes 30–40 minutes for EDL muscles and up to 20 minutes for soleus muscles. Finally, dysferlin deficiency has little effect on the recovery.

Conflict of Interests

The authors declare that no conflict of interests exists.

Acknowledgments

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