Critical couplings for chiral symmetry breaking via instantons

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Using an instanton effective action formalism, we compute the critical coupling for the nonperturbative formation of a dynamical mass via instantons in non-Abelian gauge theories with \( N_f \) massless fermions. Only continuous phase transitions are considered. For large values of \( N_f \) the critical couplings are found to be much smaller than the equivalent critical couplings obtained from gauge exchange calculations in the ladder approximation.

I. INTRODUCTION

Nonperturbative gauge dynamics present many challenges that are yet to be fully understood. One of these is the phenomenon of chiral symmetry breaking. A theory with an \( SU(N_c) \) gauge symmetry and \( N_f \) fermions in the fundamental representation has a global chiral symmetry in the massless limit. Provided that \( N_f < 5.5N_c \) this theory is asymptotically free. Close to this threshold the coupling is bounded above due to an infrared fixed point in the beta function. As \( N_f \) becomes smaller the fixed point value increases. Below a critical value for \( N_f \) the coupling can grow strong enough to break the chiral symmetry down to the vector symmetry:

\[
SU(N_f)_R \times SU(N_f)_L \times U(1)_V \rightarrow SU(N_f)_V \times U(1)_V.
\]

As a result the fermions acquire a dynamical mass, which acts as an order parameter for the spontaneous breaking of the chiral symmetry. This much is well understood, but the respective parts played by gauge exchanges and instantons in this process still needs clarification.

It has been known for some time that gauge exchanges can generate a dynamical mass. To leading order (ladder approximation) in Landau gauge the critical coupling associated with gauge exchange dynamics is

\[
\alpha_{ge}^c = \frac{2\pi N_c}{3(N_c^2 - 1)}.
\]

Assuming a two-loop beta function, one can show that the critical number of flavors, below which dynamical chiral symmetry breaking occurs, is

\[
N_c^c = 4N_c - \frac{6N_c}{25N_c^2 - 15} \approx 4N_c.
\]

It is known that instanton dynamics can also break the chiral symmetry. Attempts to investigate this possibility have been hampered by the presence of an infrared divergence in the integral over the instanton size. In their recent investigation of the critical number of flavors for chiral symmetry breaking via instantons, Appelquist and Selipsky avoided the problem of infrared divergences by introducing the following two modifications of the Carlitz and Creamer gap equation:

- They introduced a mass dependence for the fermion determinant that is not only valid for the small mass limit but also for the large mass limit. This function simply makes a sharp transition from the small mass behavior to the large mass behavior. The effect is to introduce a fermion mass scale below which the fermions are integrated out.
- In Reference all couplings in the instanton expression are allowed to run according to the two-loop beta function. For those values of \( N_f \) where the beta function has a fixed point the coupling remains fairly constant until it reaches the fermion mass scale. Fermions are integrated out below the fermion mass scale. This causes the beta function to revert back to normal asymptotic free running, which gives a suppression of the integrand in the infrared region because of the way it depends on the coupling.
The result of their investigation was that the critical number of flavors for instantons is about $4.77N_c$. From this they concluded that the instanton contribution to chiral symmetry breaking is comparable to that of gauge exchanges.

In this paper we reinvestigate chiral symmetry breaking through instantons, but our investigation differs from that of Reference [5] in two essential aspects:

- The recently proposed instanton effective action formalism [8] is used to determine the conditions under which the symmetric vacuum becomes unstable. This formalism reproduces the Carlitz and Creamer gap equation in the small mass limit for $SU(2)$. However, we are not interested in the shape of the mass function, but rather in the critical couplings and the critical number of flavors.

- We concentrate on continuous phase transitions, such as found for chiral symmetry breaking through gauge exchanges. The effective action formalism makes it clear that the instanton contribution responsible for this type of transition is not the one–instanton amplitude of Figure 1a, but rather the instanton–anti-instanton amplitude with two mass insertions, shown in Figure 1b.

**FIG. 1.** Leading instanton diagrams: a) one–instanton, b) instanton–anti-instanton with two mass insertions.

The latter point needs clarification. The effective action can be interpreted as an effective potential. This makes it easier to determine when the stability of the symmetric vacuum is affected by the dynamics. For small couplings the global minimum of the effective potential is located at the origin, where the order parameter is zero. When the coupling is increased the global minimum remains at the origin until the coupling crosses the critical value where the phase transition occurs. At this point the global minimum can either jump discontinuously to a nonzero value of the order parameter, indicating a first order phase transition, or it can move continuously (though non-analytically) to a nonzero value of the order parameter, indicating a continuous phase transition. For a first order phase transition a local minimum must develop as the coupling is increased. This becomes deeper as the coupling is increased further until it is below the minimum at zero and so becomes the global minimum when the coupling crosses the critical value. A continuous phase transition appears when the global minimum ‘rolls’ out of the origin. This implies that the minimum at the origin must flatten out and become unstable. To investigate first order phase transitions one must be able to analyze the effective potential at arbitrarily large values of the order parameter. Unfortunately the effective potential is not reliable at large values of the order parameter because it is not possible to make a reliable truncation of the series of diagrams in the effective potential for large order parameters. For a continuous phase transition, on the other hand, the order parameter would be arbitrarily small close enough to the transition point. Hence, the order parameter can be used as an expansion parameter, allowing one to make reliable truncations of the series of diagrams. For this reason we restrict ourselves to the investigation of continuous phase transitions.

In a stability analysis for continuous phase transitions the one–instanton amplitude is irrelevant. The reason is as follows. The effective potential consists of terms with positive powers of the order parameter. Near the origin the nondynamical kinetic part of the potential is second order in the order parameter. Hence, to destabilize the
potential at the origin the dynamical terms must be of second order or smaller. Terms with higher powers of the
order parameter will become insignificant compared to the kinetic term when the order parameter approaches
zero. Looking at the one–instanton diagram, shown in Figure 1a, one sees that this term always comes with as
many powers of the order parameter as it takes to close off all the zeromode lines. For \( N_f \) flavors there would
be \( N_f \) factors of the order parameter. This means that for \( N_f > 2 \) the one–instanton term cannot compete with
the kinetic term near the origin. The leading contribution to the dynamic part of the potential that is second
order in the order parameter is the instanton–anti-instanton term with two mass insertions shown in Figure 1b.
Therefore only this term is considered in our calculation. It turns out that this term does not have an infrared
problem in our stability analysis.

The main result of our stability analysis is presented in terms of an expression for arbitrary \( N_f \) and \( N_c \), from
which one can compute the critical couplings for chiral symmetry breaking via instantons. We determine the
critical numbers of flavors for \( N_c = 3, 4, 5 \) and 6, assuming a two-loop beta function. Numerical values for
critical couplings are provided in the fixed point regions of these values of \( N_c \), up to the respective critical
numbers of flavors. These results indicate that the critical couplings for the formation of 2-point functions via
instantons are much smaller than those for gauge exchange dynamics when the number of flavors becomes large.
The increasing strength of the instanton dynamics can be understood in terms of the increase in the number of
fermion lines of the instanton vertices.

The instanton effective action formalism is briefly reviewed in Section II. We distinguish between the dy-
namical and nondynamical terms of the effective action. Section II addresses the nondynamical terms and the
dynamical term is considered in Section IV. We present and discussed the results of this calculation in Section
V and conclude with a short summary in Section VI.

II. INSTANTON EFFECTIVE ACTION FORMALISM

The 2-point effective action \([9,10]\) in the instanton formalism of Reference [8] is given by

\[
\Gamma[S] = \text{Tr} \left\{ \ln (S^{-1}) \right\} + \text{Tr} \left\{ (S_m^{-1} - S^{-1}) S \right\} + W_{2PI}[S]
\]

(4)

where the fermion modal propagator, \( S_m \), consists of different propagators for the different types of modes
associated with an instanton background configuration. We parameterize the full fermion propagator \( S \) by

\[
S(p) = \frac{1}{ip - \Sigma(p)} = \frac{-ip - \Sigma(p)}{p^2 + \Sigma^2(p)}
\]

(5)

where \( \Sigma(p) \) is the dynamical mass function.

One can classify the terms of the effective action as either dynamical or nondynamical. Dynamical terms are
those that vanish when the coupling is set to zero, while the nondynamical terms are those that remain. The
first two one-loop kinetic terms in (4) are nondynamical terms. They consist of one-loop diagrams that are only
composed of the full fermion propagator \( S \) and the fermion modal propagator, \( S_m \).

The dynamical term \( W_{2PI}[S] \) in (4) is the sum of all 2PI vacuum diagrams constructed with Feynman rules for:

- the \( 2N_f \)-point instanton vertices, \( V_I \) and \( V_A \), given below;
- the full fermion propagator \( S \), given in (5); and
- an integral over the collective coordinates (sizes, positions and color orientations) of all instantons in the
diagram.

The dynamics in this analysis are provided by the instantons and are represented by the instanton vertices:

\[
V_I = A \prod_{n}^{N_f} (\delta_0 S_0^{-1} \psi_n^0) \left( \bar{\psi}_n S_0^{-1} \delta_0 \right),
\]

(6)
where \( S_0^{-1} \) is the inverse bare propagator and the functional derivatives \( \delta_0(=\delta/\delta\eta_0) \) and \( \overline{\delta}_0(=\delta/\delta\overline{\eta}_0) \) operate on the zeromode parts of the fermion sources, \( \eta_0 \) and \( \overline{\eta}_0 \). The expression for anti-instantons, \( V_A \), differs from the expression in (6) only in that the zeromode functions, \( \psi^0 \) and \( \overline{\psi}^0 \), have the opposite helicities.

The coefficient of the instanton vertex is the integrand of the ‘t Hooft instanton amplitude [6]:

\[
A = \kappa \gamma(\alpha) \frac{1}{\rho^3} (\mu \rho)^{b_0 + N_f}. \tag{7}
\]

Here \( \rho \) is a scale parameter for the size of the instanton and \( b_0 = \frac{1}{3}(11N_c - 2N_f) \).

The dependence on the gauge coupling in (7) is contained in

\[
\gamma(\alpha(\mu)) = \left( \frac{2\pi}{\alpha(\mu)} \right)^{2N_c} \exp \left( -\frac{2\pi}{\alpha(\mu)} \right). \tag{8}
\]

The prefactor in (7) is

\[
\kappa = \frac{2 \exp(5/6) \exp(BN_f - CN_c)}{\pi^2 (N_c - 1)! (N_c - 2)!} \tag{9}
\]

where we follow [5] and use the one-loop values: \( B = 0.2917, C = 1.5114 \) in MS-bar [11].

Note that unlike the case in Reference [5] the integration over the color orientations has not yet been done in (7). To alleviate the combinatorical calculations, this step is postponed until after the propagators are connected.
and unnecessary gauge transformations are cancelled. However, \( \kappa \) in (4) already contains the volume of the factor group, \( SU(N_c)/G \), where \( G \) is the subgroup that leaves the instantons invariant. All that remains of the integration over color orientations is a color averaging integral.

The expression of the fermion zeromode function in singular gauge that appears in (4) is

\[
\psi^0(x) = \frac{\sqrt{2}p^\alpha x^\mu \gamma_{\mu} U^\alpha}{\pi \sqrt{\mu x^2 (\rho^2 + x^2)^{3/2}}},
\]

where \( \mu \) is the renormalization scale, and \( x^2 \) denotes an Euclidean dot-product: \( x_\mu x_\mu \). The Euclidean Dirac matrices, \( \gamma_\mu \), are here defined so that \( \{\gamma_\mu, \gamma_\nu\} = 2\delta_{\mu\nu} \cdot 1 \), \( \text{tr}\{\gamma_\mu \gamma_\nu\} = 4\delta_{\mu\nu} \) and \( \gamma_{\mu} = \gamma_{\mu}. \) The \( U^\alpha \) denotes a Dirac spinor with isospin index \( \alpha. \) (The isospin index is implicit in \( \psi^0(x) \).) This spinor is normalized such that \( \sum_\alpha U^\alpha U^{\alpha*} = 1 \) and it obeys the identity \( \sum_\alpha U^\alpha U^{\alpha*} = \frac{5}{2}(1 + \gamma_5). \)

We shall also later need the Fourier-transform of the zeromode function

\[
\Psi^0(p) = \int \psi^0(x) \exp(i \mathbf{x} \cdot \mathbf{p}) \, d^4x = i \frac{2\pi \sqrt{2} \rho p^\mu \gamma_{\mu} U^\alpha}{\sqrt{\rho p^2}} \int f \left( \frac{\rho \sqrt{p^2}}{2} \right),
\]

(11)

where the function,

\[
f(x) = 2x \left[ I_0(x) K_1(x) - I_1(x) K_0(x) \right] - 2I_1(x) K_1(x),
\]

(12)

is defined in terms of modified Bessel functions \([12]\).

III. THE NONDYNAMICAL TERMS

The trace over the inverse modal propagator in (5) contains an integral over all the collective coordinates involved in the diagram. The general form of the result of this integration is the inverse bare propagator, \( S_0^{-1} = i\rho \), multiplied by a momentum-dependent scalar form factor, which we shall assume to be equal to 1.

In terms of (1) the nondynamical terms in (4), which we denote by \( \Gamma_{\text{kin}} \), becomes

\[
\Gamma_{\text{kin}} = -\int \left( \frac{4 \Sigma^2(p)}{p^2 + \Sigma^2(p)} - 2 \ln \left| p^2 + \Sigma^2(p) \right| \right) \frac{d^4p}{(2\pi)^4}.
\]

(13)

It is customary to introduce an infrared cutoff at the momentum scale where \( p_0 = \Sigma(p_0) \). Close to the phase transition point \( \Sigma(p) \) is very small so that \( p_0 \approx 0 \). An expansion of \( \Gamma_{\text{kin}} \) in term of \( \Sigma(p)/p \) contains only even powers. We drop the terms that are independent of \( \Sigma(p) \) because they do not affect the location of the minimum and we drop the terms that are higher than second order in \( \Sigma(p) \) because they are suppressed. The result is

\[
\Gamma_{\text{kin}}^{(2)} = -\frac{N_c N_f}{4\pi^2} \int_0^\infty \Sigma(p)^2 \rho \, dp.
\]

(14)

Now we make a redefinition of the integration variables and do a Fourier transformation. For this purpose we define

\[
p = \mu \exp(t) \quad \text{and} \quad \Sigma(p) = \mu \exp(-t) \int_{-\infty}^{\infty} \sigma(\omega) \exp(i\omega t) \, d\omega
\]

(15)

where \( \mu \) is the renormalization scale. Now we have

\[
\Gamma_{\text{kin}}^{(2)} = -\frac{N_c N_f \mu^4}{4\pi^2} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \sigma(\omega_1) \sigma(\omega_2) \int_{-\infty}^{\infty} \exp(i\omega_1 t) \exp(i\omega_2 t) \, dt \, d\omega_1 \, d\omega_2
\]

\[
= -\frac{N_c N_f \mu^4}{2\pi} \int_{-\infty}^{\infty} \sigma(\omega) \sigma(-\omega) \, d\omega.
\]

(16)

\footnote{1}{The \( \mu \) is included here to get a mass dimension of \( \frac{4}{3} \) for the fermion zeromodes.}
IV. THE DYNAMICAL TERM

The instanton–anti-instanton term that is quadratic in the dynamical mass looks as follows: each mass insertion closes off two lines of an instanton vertex. The remaining lines are all connected between the two vertices. (See Figure 1b.) The resulting diagram is expressed as

\[ W_{2PF}^{(2)} = \mathcal{F} \kappa^2 \int \int \gamma(\alpha(\rho_1)) \gamma(\alpha(\rho_2)) (\rho_1^2 \rho_2) N_f D(\rho_1) D(\rho_2) G(\rho_1, \rho_2) \frac{1}{\rho_1^2 \rho_2^2} d\rho_1 \ d\rho_2 \]  

(17)

where \( \rho_1 \) and \( \rho_2 \) denote the sizes of the two instantons; the combinatorial factor \( \mathcal{F} \) simply counts the number of terms associated with this diagram; \( D(\rho_1) \) and \( D(\rho_2) \) are the parts of the expression due to the two mass loops and \( G(\rho_1, \rho_2) \) is the part of the expression due to the remaining fermion loops.

A. The combinatorics and color averaging

To count the number of terms we start by considering all the possible ways that the propagators can close off the lines of the two instanton vertices to give a diagram with two mass loops. Then we perform the color averaging and add up all the different terms.

Recall that each line of an instanton vertex has a specific flavor associated with it. There is one incoming and one outgoing line for each flavor. Because the propagator is flavor diagonal it must connect lines of the same insertion and the remaining fermion lines with only one way to be connected.

Next we perform the averaging over the color orientations of the two respective instantons. The color orientations are represented by gauge transformations that operate on the zeromodes:

\[ \psi^0 \rightarrow g \psi^0 \text{ and } \overline{\psi}^0 \rightarrow \overline{\psi}^0 g^{-1}. \]  

(18)

In the mass loops they cancel because there we have a \( g \) and a \( g^{-1} \) from the same instanton. The gauge transformations of the remaining lines can be combined into relative gauge transformations of one instanton with respect to the other: \( g_1^{-1} g_2 = g_r \) or \( g_2^{-1} g_1 = g_r^{-1} \). Thus the two color averaging integrals become one trivial (= 1) and one nontrivial averaging integral. The nontrivial integral contains \( (N_f - 1) \) factors of \( g_r \) and \( g_r^{-1} \). The result of the averaging is a series of tensor structures each multiplied by a coefficient that depends on \( N_f \) and \( N_c \). General expressions for these coefficients are provided in Reference [13]. The tensor structures indicate how color indices of the same instanton are interconnected. This in turn determines how the fermion lines between the two instantons are closed off into fermion loops and thereby determines the form of the momentum integrals.

The evaluation of all these momentum integrals is too challenging to attempt. However, we expect that the sizes of the momentum integrals do not differ by more than an \( O(1) \) factor and that the variations would average out. Therefore we set them all equal and estimate their typical size in Section IV.C. Each tensor structure consists of \( (N_f - 1)! \) terms because of all the possible permutations of the \( (N_f - 1) \) pairs of fermion lines between the two instantons. The different tensor structures denote different relative permutations of one line with respect to the other in the \( (N_f - 1) \) pairs of fermion lines. All tensor structures that are associated with the same conjugacy class in the permutation group have the same coefficient.

Because we assume that the momentum integrals are the same, we only have to add all the coefficients of all the tensor structures multiplied by the number of terms associated with each tensor structure. It can be shown that for permutations of \( (N_f - 1) \) elements,

\[ \sum_{\text{classes}} \alpha_i N_i = \frac{(N_c - 1)!}{(N_c + N_f - 2)!}, \]  

(19)

where \( N_i \) is the number of group elements in the \( i \)-th conjugacy class of the permutation group and \( \alpha_i \) is the coefficient of the tensor structures in that class. To get the total count we have to multiply [19] by \( N_f \) for the number of ways to connect the mass loops and by \( (N_f - 1)! \) for the number of terms in each tensor structure. The resulting combinatorial factor is
\[ F = \frac{N_f! (N_c - 1)!}{(N_c + N_f - 2)!}. \]  

(20)

B. The mass insertions

Using (5) and (11) we obtain the following expressions for the mass loops

\[
D(\rho) = \int \Psi_0^*(p) S_0^{-1}(p) S(p) S_0^{-1}(p) \Psi_0(p) \frac{d^4 p}{(2\pi)^4} \\
= \frac{\rho^2}{\mu} \int \frac{\Sigma(p)}{p^2 + \Sigma^2(p)} f^2 \left( \frac{\rho p}{2} \right) p^3 \, dp \\
= \frac{\rho^2}{\mu} \int \Sigma(p) f^2 \left( \frac{\rho p}{2} \right) p \, dp + O \left( \Sigma^3(p)/p^3 \right)
\]

(21)

where we again made use of the approximations introduced in Section III. Next we again make a redefinition of the integration variables and do a Fourier transformation as in (15). In addition we define

\[
\frac{\rho \mu}{2} = \exp(\eta) \quad \text{and} \quad f(\exp(a)) = f_0(a)
\]

(22)

As a result we have

\[
D(\rho) = 4 \exp(2\eta) \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \sigma(\omega) \exp(i\omega t) f_0^2(t + \eta) \exp(t) \, dt \, d\omega \\
= 4 \exp(\eta) \int_{-\infty}^{\infty} \sigma(\omega) \exp(-i\omega \eta) F(\omega) \, d\omega
\]

(23)

where

\[
F(\omega) = \int_{-\infty}^{\infty} \exp(i\omega a) f_0^2(a) \exp(a) \, da.
\]

(24)

C. The remaining fermion loops

The rest of the fermion lines between the two instanton vertices combine into

\[
G(\rho_1, \rho_2) = \prod_i^{2N_f - 2} \left[ \int \frac{d^4 p_i}{(2\pi)^4} \Psi_0^*(p_i) S_0^{-1}(p_i) S(p_i) S_0^{-1}(p_i) \Psi_0(p_i) \right] (2\pi)^4 \delta^4 \left( \sum_i p_i \right).
\]

(25)

The fermion lines pair up into fermion loops due to the color contractions that appear after the averaging over color orientations. Considering one such loop, we find

\[
I(\rho_1, \rho_2, p, q) = -\overline{\Psi}_0(p) S_0^{-1}(p) S(p) S_0^{-1}(p) \Psi_0(p) \overline{\Psi}_0(q) S_0^{-1}(q) S(q) S_0^{-1}(q) \Psi_0(q) \\
= \frac{2(2\pi)^4}{\mu^2} \rho_1^2 \rho_2^2 p \cdot q f \left( \frac{\rho_1 p}{2} \right) f \left( \frac{\rho_2 p}{2} \right) f \left( \frac{\rho_1 q}{2} \right) f \left( \frac{\rho_2 q}{2} \right) + O \left( \Sigma_0^3/\mu^2 \right)
\]

(26)

where in the first line we explicitly show the color indices on the zeromodes. By defining

\[
J(k, \rho_1, \rho_2) = \int I(\rho_1, \rho_2, p, p - k) \frac{d^4 p}{(2\pi)^4},
\]

(27)
one can write (25) as

\[ G(\rho_1, \rho_2) = \prod_{i}^{N_f-1} \left[ \int \frac{d^4k_i}{(2\pi)^4} f(k_i, \rho_1, \rho_2) \right] (2\pi)^4\delta^4 \left( \sum_i k_i \right). \]  

(28)

We shall not attempt to evaluate (28) exactly, but instead estimate its size in terms of the number of fermion loops. It turns out that the \(\rho\)-integrals are dominated in the region where \(\rho_1 \approx \rho_2\). Therefore we set \(\rho_1 = \rho_2 = \rho\) in the arguments of the \(f\)-functions. Then (27) becomes

\[ J(k, \rho_1, \rho_2) = \frac{8\pi \rho_1^2 \rho_2^2}{\mu^2} \int \frac{p^2 - p \cdot k}{p^2(p-k)^2} f^2 \left( \frac{\rho p}{2} \right) \rho^2 \sin^2(\theta) d\theta dp. \]  

(29)

For the region where \(p > k\) one can write (30) as

\[ \rho \approx \rho_1, \]  

(30)

one can write (30) as

\[ J(k, \rho_1, \rho_2) = \frac{\pi^2 \rho_2^2}{\mu^2} \left[ \int_0^k \frac{\rho_2^2}{2k^2} f^2 \left( \frac{\rho_2}{2} \right) f^4 \left( \frac{\rho_2}{2} \right) p dp + \int_0^\infty \left( 1 - \frac{k^2}{2\rho_2^2} \right) f^4 \left( \frac{\rho_2}{2} \right) p dp \right]. \]  

(32)

The size of the area under \(R(y)\) is \(\approx \frac{1}{y}\). This function determines the momentum dependence under the remaining momentum integrals in (28). To assess the size of the remaining integrals we note that (28) has \((N_f - 3)\) angular integrals. (One can arrange it that each \(k_i\) at most contracts with its two neighbors). Together with the definitions in (31) we estimate the size of the remaining momentum integrals to be

\[ \prod_{i}^{N_f-1} \left[ \int \frac{d^4k_i}{(2\pi)^4} R \left( \frac{k_i \rho_1}{2} \right) \right] (2\pi)^4\delta^4 \left( \sum_i k_i \right) \sim \left( \frac{1}{2} \right)^{N_f-1} \left[ \frac{16}{\rho_1^2(2\pi)^2} \right]^{N_f-2}. \]  

(33)

One estimate for the sizes of \(G(\rho_1, \rho_2)\) then gives

\[ G(\rho_1, \rho_2) \sim \frac{\rho_1^4 \pi^2}{8} \left[ \frac{2\rho_2^2}{\mu^2\rho_1^4} \right]^{N_f-1}. \]  

(34)

V. RESULTS AND DISCUSSION

The integrand of (17) is invariant under an interchange of \(\rho_1\) and \(\rho_2\). Therefore, one can split the \(\rho_2\)-integration into two regions, divided by the value of \(\rho_1\). First, we consider only the part where \(\rho_2 < \rho_1\). When we substitute (14) into this part we find

\[ W_{\rho_2 < \rho_1}^{(2)} = \frac{2N_f \pi^2}{16} \mathcal{F} \kappa^2 \mu^2 \int \gamma(\alpha(\rho_1)) \gamma(\alpha(\rho_2)) D(\rho_1)D(\rho_2)\rho_1^{3-3N_f} \rho_2^{3N_f-7} d\rho_1 d\rho_2. \]  

(35)
One can see that the $\rho_2$-integral is dominated by the region near the $\rho_1$-boundary. For this reason one can set $\gamma(\alpha(\rho_2)) = \gamma(\alpha(\rho_1))$. The integrand of the $\rho_1$-integral has its dominant region around some value $\rho_m$, close to $\mu$. Since we consider cases with large numbers of flavors, the coupling runs slowly. Therefore one can set $\gamma(\alpha(\rho_1)) = \gamma(\alpha(\rho_m)) = \gamma_0$.

Next we use (22) to redefine the variables in (33) and we substitute in (23). The result is

$$W_{\rho_2 < \rho_1}^{(2)} = \frac{1}{4} \alpha^4 \mathcal{F}^2 \pi^2 2N_c \gamma_0^2 \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \sigma(\omega_1) \sigma(\omega_2) F(\omega_1) F(\omega_2) \times \int_{-\infty}^{\infty} \int_{-\infty}^{\eta_1} \exp([5 - 3N_f + i\omega_1|\eta_1]) \exp([3N_f - 5 + i\omega_2|\eta_2]) d\eta_2 d\eta_1 d\omega_1 d\omega_2$$

$$= \frac{1}{2} \alpha^4 \mathcal{F}^2 \pi^2 2N_c \gamma_0^2 \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \sigma(\omega_1) \sigma(\omega_2) F(\omega_1) F(\omega_2) \frac{\delta(\omega_1 + \omega_2)}{3N_f - 5 + i\omega_2} d\omega_1 d\omega_2 \tag{36}$$

Now we add the part where $\rho_2 > \rho_1$. This is the same as (36) but with $\omega_1$ and $\omega_2$ interchanged. Then we evaluate one of the $\omega$-integrals. The result is

$$W_{2\rho_1}^{(2)} = W_{\rho_2 < \rho_1}^{(2)} + W_{\rho_2 > \rho_1}^{(2)}$$

$$= \alpha^4 \mathcal{F}^2 \pi^2 2N_c \gamma_0^2 \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \sigma(\omega) \sigma(-\omega) \left[ \frac{(3N_f - 5)F(\omega)F(-\omega)}{(3N_f - 5)^2 + \omega^2} \right] d\omega. \tag{37}$$

The maximum value of the part of the integrand in the brackets is at $\omega = 0$ with $F(0)^2 \approx 0.3$. We notice that this term does not have an infrared divergence.

Comparing the result in (37) with the nondynamical term in (16) one can see that the potential becomes unstable at the origin when

$$\mathcal{F}^2 \pi^2 2N_c \gamma_0^2 \left[ \frac{F(0)^2}{3N_f - 5} \right] > \frac{N_cN_f}{2\pi}. \tag{38}$$

This can be expressed as

$$\mathcal{E}_{\gamma_0} > 1, \tag{39}$$

where

$$\mathcal{E}(N_c, N_f) = \frac{2F(0) \exp(5/6) \exp(BN_f - CN_c)}{(N_c - 2)!} \sqrt{\frac{2N_f + 1(N_f - 1)!}{(3N_f - 5)(N_f + N_c - 2)!N_c!}}. \tag{40}$$

only depends on $N_c$ and $N_f$.

The critical coupling for instanton dynamics $\alpha^I_c$ is the one for which

$$\gamma(\alpha(\rho_m) = \alpha^I_c) = \frac{1}{\mathcal{E}(N_c, N_f)}. \tag{41}$$

It necessarily has to be smaller than $\pi/N_c$. The requirement in (11), together with (10), is the main result of our analysis. From it one can compute $\alpha^I_c$ for any value of $N_c$ and $N_f > 4/3$. Numerical estimates of $\alpha^I_c$ for various values of $N_c$ and $N_f$ are provided in Figure 3.

Before we discuss these critical couplings we need to clarify the ranges of numbers of flavors for which these critical couplings are computed. These ranges are defined under the assumption that the running of the coupling is governed by the two-loop beta function – an assumption which becomes more accurate as the coupling becomes smaller. We only compute the critical couplings in the region of $N_f$ where the two-loop beta function has an infrared fixed point. The left-hand end of each curve in Figure 3 is therefore the point where a fixed point value appears, which moves down from infinity as a function of increasing $N_f$.

The right-hand ends of the curves in Figure 3 indicate the critical numbers of flavors $N_f^c$ above which chiral symmetry breaking does not occur. When there is a nontrivial infrared fixed point in the beta function the
maximum coupling that can be reached is the fixed point coupling. Assuming a two-loop beta function the fixed point coupling is given by

$$\alpha_\ast = \frac{b}{c} = \frac{-4\pi(11N_c - 2N_f)N_c}{34N_c^2 - 13N_c^2N_f + 3N_f}$$

(42)

where $b$ and $c$ are respectively the first and second coefficients in the beta function. The critical numbers of flavors $N_f^c$ is reached when the fixed point coupling given by (42) falls below the critical coupling, obtained from solving (41). Therefore for values of $N_f$ above $N_f^c$ the coupling is unable to reach the critical value so that chiral symmetry breaking does not occur. The critical number of flavors, $N_f^c$ are 13.48, 17.95, 22.41 and 26.87 for $N_c = 3, 4, 5, \text{ and } 6$, respectively. This gives $N_f^c \approx 4.5N_c$, compared to 4.77$N_c$, reported in Reference [5].

![Graph showing critical couplings for $N_c = 3, 4, 5, \text{ and } 6$](image)

**FIG. 3.** The critical couplings for $N_c = 3, 4, 5$ and 6, each computed over its fixed point region up to its critical number of flavors.

We computed critical couplings for $N_c = 3, 4, 5$ and 6 and for $N_f$ in the fixed point region up to $N_f^c$. The results are shown in Figure 3. From these results we make the following observations:

- The critical coupling decreases as either $N_c$ or $N_f$ increases.
- The values of the critical couplings near $N_f^c$ are small compared to the equivalent critical coupling for gauge exchanges given in (2). Compare, for example, the $N_c = 3$ values. We obtain $\alpha_f^I = 0.37$, while the equivalent gauge exchange value is $\alpha_g^I = \pi/4 = 0.785$.
- Toward smaller values of $N_f$ the instanton critical couplings become more comparable to their gauge exchange counterparts.

On this basis we conclude that instanton dynamics are much stronger than gauge dynamics for large numbers of flavors.
VI. SUMMARY

We have used the instanton effective action formalism of Reference [8] to compute the critical couplings for the formation of 2-point functions. For this analysis we restricted ourselves to continuous phase transitions for chiral symmetry breaking, which implies that we only consider the instanton–anti-instanton amplitude with two mass insertions. We found that this amplitude does not suffer from an infrared divergence. Couplings are allowed to run according to the two-loop beta functions. The resulting critical couplings indicate that instanton dynamics are much stronger than gauge dynamics for large numbers of flavors.

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