Acute and Chronic Pancreatitis Disease Prevalence, Classification, and Comorbidities: A Cohort Study of the UK BioBank

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INTRODUCTION: Pancreatitis is a complex syndrome that results from many etiologies. Large well-characterized cohorts are needed to further understand disease risk and prognosis.

METHODS: A pancreatitis cohort of more than 4,200 patients and 24,000 controls were identified in the UK BioBank (UKBB) consortium. A descriptive analysis was completed, comparing patients with acute (AP) and chronic pancreatitis (CP). The Toxic-metabolic, Idiopathic, Genetic, Autoimmune, Recurrent, and severe pancreatitis and Obstructive checklist Version 2 classification was applied to patients with AP and CP and compared with the control population.

RESULTS: CP prevalence in the UKBB is 163 per 100,000. AP incidence increased from 21.4/100,000 per year from 2001 to 2005 to 48.2/100,000 per year between 2016 and 2020. Gallstones and smoking were confirmed as key risk factors for AP and CP, respectively. Both populations carry multiple risk factors and a high burden of comorbidities, including benign and malignant neoplastic disorders.

DISCUSSION: The UKBB serves as a rich cohort to evaluate pancreatitis. Disease burden of AP and CP was high in this population. The association of common risk factors identified in other cohort studies was confirmed in this study. Further analysis is needed to link genomic risks and biomarkers with disease features in this population.

SUPPLEMENTARY MATERIAL accompanies this paper at http://links.lww.com/CTG/A747, http://links.lww.com/CTG/A748, http://links.lww.com/CTG/A749, http://links.lww.com/CTG/A750

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INTRODUCTION
Pancreatitis is a progressive, complex, destructive, inflammatory syndrome of the pancreas with a high risk of morbidity and mortality. Multiple etiologies follow what can be an unpredictable course that may include acute (AP), recurrent acute (RAP), and chronic (CP) pancreatitis. This sequence typically begins with a sentinel AP event (1–4). Approximately 20% of first-attack patients with AP develop recurrent attacks. Thirty-five percent of patients with RAP continue to end-stage CP. There is great variability in the rate of progression and severity of disease, which may in part be related to the underlying etiology, environmental exposures, and genetic factors.

Frameworks to assess pancreatitis risk factors and etiology exist, including the Toxic–metabolic, Idiopathic, Genetic, Autoimmune, Recurrent, and severe pancreatitis and Obstructive (TIGAR-O) checklist (5). This framework assesses environmental and genetic factors to determine the etiology of an individual’s pancreatitis.

Recently, the updated TIGAR-O Version 2 (TIGAR-O V2) was published to provide additional specificity to identifying and describing pancreatitis mechanism and etiology (6).

Previous studies have described the demographics, risk factors, and outcomes in AP and CP for North America (6–8), Europe (9–11) China (12), Japan (13,14), and the world (15). The North American Pancreatitis Study 2 (NAPS2) used the TIGAR-O V1 to a pancreatitis cohort to evaluate the multiple factors contributing to RAP and CP (8). NAPS2 has since generated a pipeline of insights into the mechanisms and outcomes of pancreatitis, including environmental and genomic factors (16–22). In addition, the Dutch Chronic Pancreatitisis Registry (CARE) provides a robust chronic pancreatitis dataset (23).

The goal of this study is to supplement the current understanding of pancreatitis by describing the AP and CP population in the population-based UK BioBank (UKBB) (24). The UKBB was established to allow for prospective epidemiological
studies on chronic diseases (25–28). Detailed records are kept on all participants to assure complete information. The UKBB offers a unique opportunity to investigate pancreatitis in a large well-documented population with well-described healthy and disease comparator populations. We describe a population of more than 4,200 individuals diagnosed with pancreatitis along with their comorbidities, risk factors, and potential etiologies, adding new insights into this complex syndrome.

Figure 1. Study design and subject selection criteria. Step 1 (a) identifying all acute and chronic pancreatitis subjects from 6 separate data fields: 1.1 ICD-9 hospitalization data, 1.2 ICD-10 hospitalization data, 1.3 death records (primary and secondary), 1.4 self-reported, 1.5 date of first diagnosis K85, and 1.6 date of first diagnosis K86. All possible pancreatitis subjects are combined in 1.7. Step 2 (b) combining the list of analysis subjects using 2.1 all confirmed subjects with CP from the results of 1.1, 1.2, and 1.3 in step 1; 2.2 all confirmed subjects with AP from 1.1, 1.2, and 1.3 but excluding all subjects with CP from 2.1; and a random sample of controls excluding all possible pancreatitis identified in 1.7. AP, acute pancreatitis; CP, chronic pancreatitis; ICD-9 and ICD-10, International Classification of Disease 9th Revision and 10th Revision.
### Study subjects

All study subjects were taken from the UKBB cohort that contains genetic and phenotypic data collected on more than 502,000 individuals from the United Kingdom general population aged 40 to 69, recruited from 2006 to 2010 (25–28). Pancreatitis phenotypes were determined using a 2-step process (Figure 1). First, all possible pancreatitis subjects were collected using a combination of data fields (DFs): self-reported pancreatitis (DF:20002), death codes (DF:41270), diagnosis codes (DF:20002), and “Date (ICD-10 code) first reported” (K85 = DF:131682 and K86 = DF:131684). As the “Date K86 first reported” field included non-CP-related diagnostic codes, and self-reported pancreatitis did not differentiate between AP and CP, our confirmed pancreatitis groups consisted of only ICD-9, ICD-10, and death certificate data. No ICD-10 code exists for RAP, but subjects with multiple AP codes across ICD-9 and ICD-10 were considered as RAP. A random sample of 24,000 UKBB subjects was chosen to act as a control group in a roughly 6:1 ratio of controls to the total number of all cases providing 80% power to detect a small effect size (Cohen d = 0.2) for the smaller case group (CP) at a genome wide significance level of \( P < 5 \times 10^{-8} \). The only exclusion criterion for the controls was absence from the “all possible pancreatitis” group described above. These controls were neither age nor sex matched because age is a TIGAR-O V2 risk factor. The list of all ICD-9, ICD-10, and medication codes used for curation of data can be found in Supplemental Table S1 (see Supplementary Digital Content 1, http://links.lww.com/CTG/A747).

### METHODS

#### Comorbidity analysis data selection

ICD-10 comorbidities for the AP-only, CP and control populations were tabulated and compared across all available diagnostic codes. Comorbidity data were collected from the UKBB data field 41270 (Diagnoses ICD-10), which comprises up to 213 codes per person. The complete list of ICD-10 codes can be found on the UKBB data showcase (https://bit.ly/3qgT4lu).

#### Statistical analysis

Descriptive analyses were presented as counts and proportions for categorical data and mean ± SD or median and interquartile range for continuous data. Univariate comparisons were performed using the Fisher exact test, or logistic regression for categorical data and the Mann-Whitney-U or Kruskal-Wallis test for continuous data. To adjust for multiple comparisons, the Bonferroni procedure was adopted for calculating adjusted \( P \)-values. Two-tailed \( P \)-values < 0.05 after correction for multiple comparisons were considered statistically significant.

TIGAR-O V2 risk factors and pancreatitis comorbidities were tested for statistical significance in pancreatitis (AP-only or CP) cases vs controls using the Fisher exact test. Odds ratios (OR) were computed using unconditional maximum likelihood estimation, with confidence intervals using normal approximation with the R epitools package and built-in Fisher test function. All data analysis and visualization were performed using the R Project software (Version 4.0.3).

### RESULTS

#### Participant demographic in the UKBB

Of the 6,625 possible pancreatitis subjects identified, 4,256 had a confirmed pancreatitis (AP or CP) diagnosis. A total of 3,758 subjects had at least one AP attack; 447 of these had more than a
Table 3. TIGAR-O V2 risk and etiology factors in the UK Biobank between acute pancreatitis cases and controls compared using univariate logistic regression

| Variable                                      | Control (N = 24000) | AP only (N = 3,229) | OR (95% CI) | P (Wald test) | P (LR-test) |
|-----------------------------------------------|---------------------|---------------------|-------------|---------------|-------------|
| Average daily drink                           | 14,095 (58.7)       | 2,226 (68.9)        |             | <0.001        |             |
| REF. = 0–1 drinks/d                          |                     |                     |             |               |             |
| 1–2 drinks/d                                 | 6,568 (27.4)        | 653 (20.2)          | 0.63 (0.57, 0.69) | <0.001        |             |
| 3–4 drinks/d                                 | 2,587 (10.8)        | 245 (7.6)           | 0.6 (0.52, 0.69) | <0.001        |             |
| 5+ drinks/d                                  | 750 (3.1)           | 105 (3.3)           | 0.89 (0.72, 1.09) | 0.259         |             |
| Smoking status                                | 13,090 (54.9)       | 1,592 (49.8)        |             | <0.001        |             |
| REF. = never                                  |                     |                     |             |               |             |
| Former                                        | 8,236 (34.5)        | 1,226 (38.4)        | 1.22 (1.13, 1.33) | <0.001        |             |
| Current                                       | 2,516 (10.6)        | 377 (11.8)          | 1.23 (1.09, 1.39) | <0.001        |             |
| Calcium >3                                    | 2 (0.0)             | 3 (0.1)             | 11.17 (1.87, 66.87) | 0.008         | 0.01        |
| Triglycerides mg/dL                          | 17,297 (77.3)       | 2,088 (69.7)        |             | <0.001        |             |
| REF. = (0, 199)                               |                     |                     |             |               |             |
| (199, 500)                                    | 4,919 (22.0)        | 864 (28.9)          | 1.46 (1.34, 1.58) | <0.001        |             |
| (500, 1E+03)                                  | 168 (0.8)           | 42 (1.4)            | 2.07 (1.47, 2.91) | <0.001        |             |
| At risk medication                            | 90 (0.4)            | 34 (1.1)            | 2.83 (1.94, 4.2) | <0.001        |             |
| Chronic kidney disease                       | 841 (3.5)           | 357 (11.1)          | 3.42 (3.01, 3.9)  | <0.001        |             |
| On dialysis                                   | 51 (0.2)            | 26 (0.8)            | 3.81 (2.37, 6.12) | <0.001        |             |
| Renal transplant                              | 19 (0.1)            | 6 (0.2)             | 2.35 (0.94, 5.89) | 0.068         | 0.092       |
| Chemotherapy                                  | 1800 (7.5)          | 424 (13.1)          | 1.86 (1.67, 2.09) | <0.001        |             |
| Any diabetes mellitus                         | 2073 (8.6)          | 652 (20.2)          | 2.68 (2.43, 2.95) | <0.001        |             |
| BMi: REF. = (17, 9.25)                        | 7,848 (32.9)        | 611 (19.1)          |             | <0.001        |             |
| (10, 17.9)                                    | 59 (0.2)            | 10 (0.3)            | 2.18 (1.11, 4.28) | 0.024         |             |
| (25, 30)                                      | 10144 (42.5)        | 1,284 (40.1)        | 1.63 (1.47, 1.8)  | <0.001        |             |
| (30, 80)                                      | 5,792 (24.3)        | 1,299 (40.5)        | 2.88 (2.63, 3.19) | <0.001        |             |
| Congenital malformation of the pancreas       | 0 (0.0)             | 1 (0.0)             | NS           | 0.916         | 0.039       |

P-values in bold meet or exceed the pre-determined Bonferroni cutoff value.
AP, acute pancreatitis; CI, confidence interval; CP, chronic pancreatitis; LR, likelihood ratio; OR, odds ratio.
TIGAR-O V2 risk and etiology factors in the UK Biobank between AP only cases and controls (random sampling of non-AP and non-CP UK Biobank participants) compared using univariate logistic regression. Likelihood ratio test P-value presented for the significance test of the variable as a whole. Wald test P-value presented for significance test from baseline. The Bonferroni corrected cutoff value for significance is $P < 0.001$.

single AP diagnosis and 529 also had a CP diagnosis. After excluding subjects with both AP and CP codes, 3,229 AP-only, 1,027 CP, and 24,000 control subjects were used for this analysis.

Pancreatitis cases in the UKBB skew slightly older than those sampled for the control population with a median age of 73 vs 70 years (Table 1). There is a significantly higher proportion of men in the CP population (66.4%) vs the control population (45.3%), but not for the AP-only group (45.9%). Most UKBB participants have European ancestry (White, British, English, any other White background; 94.8% cases, 94.2% controls), with the next-most common ancestry being Asian (Indian, Pakistani, Bangladeshi, any other Asian background; 2.1% cases, 1.9% controls), followed by Black (Caribbean, African, any other Black background; 1.2% cases, 1.5% controls). There were no significant differences in ancestry between groups.

Of the 3,229 AP-only cases, 0.8% have the ICD-10 code for idiopathic AP (n = 25), 22.7% have biliary AP (n = 732), 2.1% have alcoholic AP (n = 69), 0.7% have drug-induced AP (n = 22), 2.7% have other AP (n = 88), and 34.6% have unspecified AP (n = 1,116). The remaining AP cases (n = 1,177, 36.5%) only had the parent K85 code and no subcodes to denote etiology. More than 99% of AP cases were late onset (≥35 years of age at AP onset). Of the AP cases, 447 (13.8%) had ICD-10 codes showing more than one AP attack. Of these, 163 (36.4%) also had an ICD-10 code for CP, leaving 283 (63.6%) remaining in the AP-only group.

The 1,027 CP cases were further separated by ICD-10 code as alcohol-induced CP (n = 233) or other CP (n = 794), making up 23% and 77% of CP cases, respectively. Many subjects with CP had comorbid AP diagnoses (529 [51.5%] CP + AP vs 498 [48.5%] CP alone) and 98.6% of CP cases were late onset (≥35 years of age at CP onset).

Observing other pancreatic disorders in the UKBB, 8.01% of UKBB participants have ICD-10 codes for diabetes mellitus (E08-E13, n = 40,252), 7.03% have T2D codes with no T1D code (n = 35,311), and 1% have T1D codes (n = 4,792). More than 3 million individuals in the United Kingdom are diagnosed with diabetes, resulting in a prevalence in excess of 6% with most cases being
T2D (29). As of January 2021, there have been 1,829 (0.36%) subjects diagnosed with pancreatic cancer. CF is rare in this adult population (>50 years of age), with only 139 participants having CF codes (see Supplemental Table S2, see Supplementary Digital Content 2, http://links.lww.com/CTG/A748).

Pancreatitis prevalence and incidence in the UKBB
Of the initial 502,485 UKBB participants, 469,092 were living at the time of analysis. AP incidence from 2000 to 2020 increased from 21.4/yr per 100,000 in 2001–2005 to 48.2/yr per 100,000 for 2016–2020. Confirmed CP in UKBB has a prevalence of 163 per 100,000 (0.163%; n = 764), and the incidence increased from 5.9/yr per 100,000 to 12.8/yr per 100,000 in the same time intervals as seen in Table 2.

TIGAR-O risk factors
In Tables 3 and 5, there are 24 statistical tests against TIGAR-O V2 risk factors (12 AP-only and 12 CP) along with 20 predefined comorbidities in Tables 4 and 6 (10 AP-only and 10 CP), giving a Bonferroni critical value for significance of 0.05/50 = 0.001.

Compared with controls (Table 3), patients in the AP-only group were more likely to be a current smoker; have higher nonfasting triglycerides; be on at-risk factor medications, chemotherapy, or dialysis; and have a diagnosis for diabetes mellitus. In each of these cases, the OR is much higher in CP vs controls, compared with the AP-only group with the most striking being that patients with CP are much more likely to be current smokers (OR = 4.6 [3.93, 5.4] in CP, OR = 1.23 [1.09, 1.39] in AP-only) and more likely to have been diagnosed with diabetes mellitus than patients with AP (OR = 7.5 [6.57, 8.5]) in CP, OR = 2.68 [2.43, 2.95] in AP-only). This is consistent with the known risk of developing DM after AP (30,31). Unlike in the AP-only group, subjects with CP are more likely to consume 5 or more drinks per day and are significantly more likely to be former drinkers. Although significant in CP, the OR for congenital malformations of the pancreas could not be calculated because of the rarity of studies necessary to make the diagnosis in controls. Obesity is not significantly associated in the CP population after Bonferroni correction, whereas this association is much stronger in the AP population (compare Tables 3 and 5). As is the case in AP-only, there is no significant difference between patients with CP and controls in calcium levels >3 mmol/L or renal transplant status.

From a curated list of 9 common comorbidities taken from the TIGAR-O V2 checklist, CF and hypertriglyceridemia are rarely diagnosed in the UKBB cohort as seen in Tables 4 and 6. Hypertriglyceridemia was significantly associated with CP but not the AP only group. Gallstones were a significant comorbidity in both AP only and CP, but with a stronger association in AP (AP only OR = 31.85 [29.01, 34.97], CP OR = 10.45 [9.05, 12.07]). Hyperlipidemia, hypercalcemia, celiac disease, ulcerative colitis, and pancreatic cancer all showed a significant increase in prevalence from controls to AP only and an additional increase in CP. Crohn’s disease was the only comorbidity more common in AP only than in CP.

### Table 4. Curated list of common comorbidities in the UK Biobank between acute pancreatitis-only cases and controls compared using univariate logistic regression

| Variable                        | Control (N = 24000) | AP only (N = 3,229) | OR (95% CI) | P (Wald test) | P (LR-test) |
|---------------------------------|---------------------|---------------------|-------------|---------------|-------------|
| Gallstones                      | 1,061 (4.4)         | 1917 (59.4)         | 31.85 (29.01,34.97) | <0.001 | <0.001 |
| Hyperlipidemia                  | 3,380 (14.1)        | 909 (28.2)          | 2.39 (2.2,2.6)   | <0.001 | <0.001 |
| Hypertriglyceridemia            | 6 (0.0)             | 2 (0.1)             | 2.48 (0.5,12.28) | 0.266 | 0.306 |
| Hypercalcemia                   | 160 (0.7)           | 84 (2.6)            | 3.98 (3.05,5.2)  | <0.001 | <0.001 |
| Pancreatic cancer               | 49 (0.2)            | 69 (2.1)            | 10.67 (7.39,15.42) | <0.001 | <0.001 |
| CF                              | 8 (0.0)             | 2 (0.1)             | 1.86 (0.39,8.76) | 0.433 | 0.462 |
| Celiac                           | 256 (1.1)           | 59 (1.8)            | 1.73 (1.3,2.3)   | <0.001 | <0.001 |
| Crohn’s disease                 | 167 (0.7)           | 58 (1.8)            | 2.61 (1.93,3.53) | <0.001 | <0.001 |
| Ulcerative colitis              | 312 (1.3)           | 68 (2.1)            | 1.63 (1.25,2.13) | <0.001 | <0.001 |
| Alcohol drinker status: REF. = never | 965 (4.0)   | 214 (6.7)           |                 | <0.001 | |
| Former                          | 869 (3.6)           | 231 (7.2)           | 1.2 (0.97,1.47)  | 0.087 | |
| Current                         | 22,082 (92.3)       | 2,765 (86.1)        | 0.56 (0.48,0.66) | <0.001 | |

P-values in bold meet or exceed the pre-determined Bonferroni cutoff value.
AP, acute pancreatitis; CI, confidence interval; CP, chronic pancreatitis; LR, likelihood ratio; OR, odds ratio.
Curated list of common comorbidities in the UK Biobank between AP-only cases and controls (random sampling of non-AP and non-CP UK Biobank participants) compared using univariate logistic regression. Likelihood ratio test P-value presented for the significance test of the variable as a whole. The Wald test P-value presented for significance test from baseline. The Bonferroni corrected cutoff value for significance is P < 0.001.
Table 5. TIGAR-O V2 risk and etiology factors in the UK Biobank between CP cases and controls compared using univariate logistic regression

| Variable                                      | Control (N = 24000) | CP (N = 1,027) | OR (95% CI) | P (Wald test) | P (LR-test) |
|-----------------------------------------------|---------------------|----------------|-------------|---------------|-------------|
| Average daily drink:                          |                     |                |             |               |             |
| REF. = 0–1 drinks/d                           | 14095 (58.7)        | 642 (62.5)     |             | <0.001        |             |
| 1–2 drinks/d (Wald test)                      | 6,568 (27.4)        | 179 (17.4)     | 0.6 (0.51, 0.71) | <0.001        |             |
| 3–4 drinks/d (LR-test)                        | 2,587 (10.8)        | 120 (11.7)     | 1.02 (0.83, 1.24) | 0.858         |             |
| Smoking status                                |                     |                |             | <0.001        |             |
| REF. = Never                                 | 13,090 (54.9)       | 348 (34.1)     | 1.67 (1.44, 1.94) | <0.001        |             |
| Former                                        | 8,236 (34.5)        | 366 (35.8)     | 1.67 (1.44, 1.94) | <0.001        |             |
| Current                                       | 2,516 (10.6)        | 308 (30.1)     | 4.6 (3.93, 5.4) | <0.001        |             |
| Calcium >3                                    | 2 (0.0)             | 0 (0.0)        | NS          | 0.952         | 0.687       |
| Triglycerides mg/dL: REF. = (0, 199)          | 17,297 (77.3)       | 619 (67.5)     |             | <0.001        |             |
| (199, 500)                                    | 4,919 (22.0)        | 278 (30.3)     | 1.58 (1.37, 1.83) | <0.001        |             |
| (500, 1E + 03)                                | 168 (0.8)           | 20 (2.2)       | 3.33 (2.08, 5.33) | <0.001        |             |
| At risk medication                            | 90 (0.4)            | 16 (1.6)       | 4.2 (2.46, 7.18) | <0.001        | <0.001      |
| Chronic kidney disease                        | 841 (3.5)           | 147 (14.3)     | 4.6 (3.81, 5.55) | <0.001        | <0.001      |
| On dialysis                                   | 51 (0.2)            | 23 (2.2)       | 10.76 (6.55, 17.67) | <0.001        | <0.001      |
| Renal transplant                              | 19 (0.1)            | 5 (0.5)        | 6.17 (2.3, 16.57) | <0.001        | 0.003       |
| On chemotherapy                               | 1800 (7.5)          | 155 (15.1)     | 2.19 (1.84, 2.62) | <0.001        | <0.001      |
| Any diabetes mellitus                         | 2073 (8.6)          | 426 (41.5)     | 7.5 (6.57, 8.56) | <0.001        | <0.001      |
| BMI: REF. = (17, 9.25)                        | 7,848 (32.9)        | 321 (31.8)     |             | <0.001        |             |
| (10, 17.9)                                    | 59 (0.2)            | 16 (1.6)       | 6.63 (3.77, 11.65) | <0.001        |             |
| (25, 30)                                      | 10144 (42.5)        | 375 (37.2)     | 0.9 (0.78, 1.05) | 0.192         |             |
| (30, 80)                                      | 5,792 (24.3)        | 297 (29.4)     | 1.25 (1.07, 1.47) | 0.006         |             |
| Congenital malformation of the pancreas       | 0 (0.0)             | 6 (0.6)        |             | 0.906         | <0.001      |

P-values in bold meet or exceed the pre-determined Jonferroni cutoff value.

*Non-computable value due to division by zero.

AP, acute pancreatitis; CI, confidence interval; CP, chronic pancreatitis; LR, likelihood ratio; OR, odds ratio.

TIGAR-O V2 risk and etiology factors in the UK Biobank between CP and controls compared using univariate logistic regression. Likelihood ratio (LR) tests P-value presented for the significance test of the variable as a whole. The Wald tests P-value presented for significance test from baseline. The Bonferroni corrected cutoff value is P < 0.001.

Pancreatitis comorbidities

Many significant comorbidities were observed in pancreatitis cases with high OR compared with the control population. The scope of ICD-10 codes is broad, with some codes specifying disease and others specifying a myriad of signs, symptoms, tests, and external causes of injury or disease. With 5,124 ICD-10 codes available in the data set, rounding up to 5,500 comparisons gives a Bonferroni critical value for significance of 0.05/5,500 = 9e-6. For simplicity, using a cutoff value of 9e-6, 447 significant associations with AP and 547 significant associations with CP were identified. Of these, 75 are unique to the AP only group, 175 are unique to the CP group, and 372 are held in common. See Tables 7 and 8 for the top 25 most significant comorbidities by ICD-10 code for AP only and CP; see Supplemental Tables S3 and S4 (Supplementary Digital Contents 3 and 4, http://links.lww.com/CTG/A749 and http://links.lww.com/CTG/A750) for the full listings of all significant comorbidities. A visual representation of the comorbidities is shown in Figure 2.

Of the comorbidities significantly associated with both AP and CP, many are also associated with the pancreas, including “other specified diseases of the pancreas,” abdominal pain, and pancreatic cancer. Some notable comorbidities include primary hypertension (I10), abnormal results of liver function studies (R94.5), type 2 diabetes mellitus (E11), alcohol and tobacco use (F10, Z72.1, F17, and Z72.0), calculus of the gallbladder (K80), gastritis (K29), removal of gallbladder (Z904), and mood disorders including depression (F32.9) and anxiety (F41.9).

Significantly associated comorbidities unique to AP-only are often risk factors for developing AP, such as disease of the gallbladder (K80 and K82), cancer of the biliary tract (C24), history of cancer (Z85), Crohn’s disease (K50.9) (possibly linked to medications causing AP such as azathioprine or 6-mercaptopurine (32)), and obesity (E66.8). Significantly associated comorbidities unique to CP are often the results of CP diagnosis or chronic systemic inflammation including benign neoplasms of the colon (D12), insulin-dependent diabetes (E10), chronic kidney disease,
The UKBB is an extremely large and well-curated data set with
related to alcohol dependency and abuse (F10). Chronic pain, and opioid abuse. CP also has a host of diagnoses
factors for pancreatitis and its subtypes AP and CP, presenting
4,256 patients with pancreatitis in the UKBB, we explored risk
cidence with age similar to what we see in the UKBB. Our
test calculates incidence risk factors contributing to the etiology of RAP
chronic pancreatitis, a continuous condition, may be
heterogeneous risk factors contributing to the etiology of CP. Our TIGAR-O V2 analysis shows that nearly 62.4% of all
etiology in both AP and CP with 71.1% of AP listed as either
other.
Prevalence of CP in Europe is shown to be between 16 and 154
per 100,000 (11, 39, 40). A recent study showed the prevalence of
in the United States to be 73 per 100,000 with a peak of 135 per
100,000 for the 46–55-year age group (41). The UKBB data show a
higher prevalence of 163 per 100,000 and a doubling in incidence
from 5.9 to 12.8 per 100,000 per year similar to what we see in AP.
The current CP prevalence and incidence in the UKBB presented
here more closely matches the estimates from the recent Danish
study with a prevalence of 154 and an incidence of 12.6 per
100,000 per year (11).

ICD-9 and ICD-10 codes in the UKBB are a poor surrogate of
etiology in both AP and CP with 71.1% of AP listed as either
“unspecified” or with no code at all and 77% of CP cases classified as “other.” The TIGAR-O V2 system was created to assess the heterogeneous risk factors contributing to the etiology of AP and CP. Our TIGAR-O V2 analysis shows that nearly 62.4% of all subjects with AP in the UKBB could be classified as biliary AP, although only 22.7% have the corresponding ICD-10 code. In addition, 22% of subjects classified with the biliary AP ICD-10 code have no other gallstone-related codes in their medical history. Gallstones are considered a rare etiology for CP, yet we found 32.4% of subjects with CP to have a history of gallstones. Alcoholic AP, often the second most common etiology across
many countries, may be highly underreported in the UKBB. Alcoholic CP is considered the most common etiology of CP but once again is underrepresented in this population with only 27% receiving an alcoholic CP ICD-10 code.

A diagnosis of hypertriglyceridemia, considered both an AP
and CP etiology as well as a risk factor for severe AP, is extremely rare in the UKBB, although the number of subjects with non-
fasting triglycerides >500 mg/dL is considerably higher in all
categories. Autoimmune diseases such as IBD and celiac disease
are enriched in both AP and CP groups and may make up as much
as 6% of AP and 9% of CP etiologic risk. We also see higher than

| Variable          | Control (N = 24,000) | CP (N = 1,027) | OR (95% CI) | P (Wald test) | P (LR-test) |
|-------------------|----------------------|---------------|-------------|---------------|-------------|
| Gallstones        | 1,061 (4.4)          | 333 (32.4)    | 10.45 (9.05, 12.07) | <0.001        | <0.001      |
| Hyperlipidemia    | 3,380 (14.1)         | 356 (34.7)    | 3.24 (2.83, 3.7)  | <0.001        | <0.001      |
| Hypercalciemia    | 6 (0.0)              | 6 (0.6)       | 23.5 (7.57, 72.99) | <0.001        | <0.001      |
| Hypertriglyceridemia | 160 (0.7)          | 43 (4.2)      | 6.51 (4.62, 9.17)  | <0.001        | <0.001      |
| Pancreatic cancer | 49 (0.2)             | 48 (4.7)      | 23.97 (16.01, 35.86) | <0.001        | <0.001      |
| CF                | 8 (0.0)              | 1 (0.1)       | 2.92 (0.37, 23.39) | 0.312         | 0.378       |
| Celiac            | 256 (1.1)            | 48 (4.7)      | 4.55 (3.32, 6.23)  | <0.001        | <0.001      |
| Crohn’s disease   | 167 (0.7)            | 12 (1.2)      | 1.69 (0.94, 3.04)  | 0.082         | 0.106       |
| Ulcerative colitis| 312 (1.3)            | 32 (3.1)      | 2.44 (1.69, 3.53)  | <0.001        | <0.001      |
| Alcohol drinker status: REF. = never | 965 (4.0) | 52 (5.1) | <0.001 |
| Former            | 869 (3.6)            | 176 (17.4)    | 3.76 (2.72, 5.19)  | <0.001        |            |
| Current           | 22,082 (92.3)        | 785 (77.5)    | 0.66 (0.49, 0.88)  | 0.005         |             |

P-values in bold meet or exceed the pre-determined Bonferroni cutoff value.
AP, acute pancreatitis; CI, confidence interval; CP, chronic pancreatitis; LR, likelihood ratio; OR, odds ratio.
Curated list of common comorbidities in the UK Biobank between CP cases and controls (random sampling of non-AP and non-CP UK Biobank participants) compared using univariate logistic regression. Likelihood ratio tests P-value presented for the significance test of the variable as a whole. The Wald test P-value presented for significance test from baseline. The Bonferroni corrected cutoff value for significance is P < 0.001.

DISCUSSION
The UKBB is an extremely large and well-curated data set with
more than 502,000 adult participants (25–28). Using data from
4,256 patients with pancreatitis in the UKBB, we explored risk
factors for pancreatitis and its subtypes AP and CP, presenting
our findings within the TIGAR-O V2 framework (6). Our results
reaffirm many existing reports on pancreatitis risk factors showing increased risk of pancreatitis, especially in patients who
smoke cigarettes and consume more than 5 drinks of alcohol per
day. However, it is the first comprehensive population-based
study to systematically compare each of the independent risk
factors in the TIGAR-O V2 list and evaluate their relative con-
tribution to overall risk in both AP and CP.

AP, an acute event where most patients recover, is best mea-
sured in incidence, whereas CP, a continuous condition, may be
measured in both incidence and prevalence. The National In-
stitute for Health and Care Excellence (NICE) (2020) guideline
for pancreatitis reports 56 AP cases per 100,000 people per year in
the UK and 5 new CP cases per 100,000 people per year in
Western Europe (33). Other studies show that the incidence of AP
throughout Europe ranges from 4.6 up to 100 per 100,000 per year
(34–38). Several of these studies have shown an increase in
incidence with age similar to what we see in the UKBB. Our findings
fall well into this range and show a very distinct increase in
incidence from 21.4 to 48.2 per 100,000 per year coinciding with the
overall aging of our cohort. This increase in incidence is likely a
combination of detection bias and the cumulative environmental
effects in an aging cohort. The difficulty of calculating incidence
on a closed, older population is that the denominator of the in-
cidence calculation shrinks with the mortality of the population,
artificially inflating the raw incidence.
| Code  | Name                                           | ICD-10 block       | ICD-10 chapter                          | AP+  | AP−   | Control+ | Control− | P-value    | OR   | Lower | Upper |
|-------|------------------------------------------------|--------------------|-----------------------------------------|------|-------|----------|----------|------------|------|-------|-------|
| K801  | K80.1 calculus of gallbladder with other       | K80-K87 disorders  | Diseases of the digestive system        | 774  | 2,455 | 379      | 23,621   | 0          | 19.65| 17.26 | 22.37 |
|       | choledolithiasis                               | gallbladder, biliary | tract and pancreas                      |      |       |          |          |            |      |       |       |
| K802  | K80.2 calculus of gallbladder without          | K80-K87 disorders  | Diseases of the digestive system        | 1,331| 1,898 | 630      | 23,370   | 0          | 26.01| 23.40 | 28.91 |
|       | choledolithiasis                               | gallbladder, biliary | tract and pancreas                      |      |       |          |          |            |      |       |       |
| K805  | K80.5 calculus of bile duct without            | K80-K87 disorders  | Diseases of the digestive system        | 475  | 2,754 | 198      | 23,802   | 1.94E-288  | 20.73| 17.48 | 24.59 |
|       | cholangitis or choledolithiasis                 | gallbladder, biliary | tract and pancreas                      |      |       |          |          |            |      |       |       |
| Z904  | Z90.4 acquired absence of other parts of      | Z80-Z99 persons    | Factors influencing health status and   | 721  | 2,508 | 818      | 23,182   | 1.39E-277  | 8.15 | 7.31  | 9.08  |
|       | digestive tract                                | with potential      | contact with health services            |      |       |          |          |            |      |       |       |
|       |                                                | health hazards      |                                          |      |       |          |          |            |      |       |       |
|       |                                                | related to family   |                                          |      |       |          |          |            |      |       |       |
|       |                                                | and personal history|                                          |      |       |          |          |            |      |       |       |
|       |                                                | and certain        |                                          |      |       |          |          |            |      |       |       |
|       |                                                | conditions          |                                          |      |       |          |          |            |      |       |       |
|       |                                                | influencing health  |                                          |      |       |          |          |            |      |       |       |
|       |                                                | status              |                                          |      |       |          |          |            |      |       |       |
| K838  | K83.8 other specified diseases of biliary      | K80-K87 disorders   | Diseases of the digestive system        | 299  | 2,930 | 69       | 23,931   | 1.18E-210  | 35.39| 27.17 | 46.11 |
|       | tract                                         | gallbladder, biliary | tract and pancreas                      |      |       |          |          |            |      |       |       |
| R101  | R10.1 pain localised to upper abdomen         | R10-R19 symptoms    | Symptoms, signs and abnormal clinical   | 584  | 2,645 | 852      | 23,148   | 9.33E-183  | 6.00 | 5.36  | 6.71  |
|       |                                               | and signs involving | and laboratory findings, not elsewhere  |      |       |          |          |            |      |       |       |
|       |                                               | the digestive system| classified                              |      |       |          |          |            |      |       |       |
| R945  | R94.5 abnormal results of liver function      | R90-R94 abnormal    | Symptoms, signs and abnormal clinical   | 394  | 2,835 | 395      | 23,605   | 1.84E-158  | 8.31 | 7.18  | 9.60  |
|       | studies                                       | findings on         | and laboratory findings, not elsewhere  |      |       |          |          |            |      |       |       |
|       |                                               | diagnostic imaging  | classified                              |      |       |          |          |            |      |       |       |
|       |                                               | and in function      |                                          |      |       |          |          |            |      |       |       |
|       |                                               | studies, without     |                                          |      |       |          |          |            |      |       |       |
|       |                                               | diagnosis            |                                          |      |       |          |          |            |      |       |       |
| I10   | I10 essential (primary) hypertension          | I10-I15 hypertensive| Diseases of the circulatory system      | 1,672| 1,557 | 6,824    | 17,176   | 1.30E-148  | 2.70 | 2.51  | 2.91  |
| J90   | J90 pleural effusion, not elsewhere           | J90-J94 other       | Diseases of the respiratory system      | 452  | 2,777 | 675      | 23,325   | 1.80E-136  | 5.62 | 4.96  | 6.38  |
|       | classified                                    | diseases of pleura  |                                          |      |       |          |          |            |      |       |       |
| K800  | K80.0 calculus of gallbladder with acute       | K80-K87 disorders   | Diseases of the digestive system        | 228  | 3,001 | 108      | 23,892   | 3.29E-130  | 16.81| 13.33 | 21.20 |
|       | choledolithiasis                              | gallbladder, biliary | tract and pancreas                      |      |       |          |          |            |      |       |       |
| K831  | K83.1 obstruction of bile duct                | K80-K87 disorders   | Diseases of the digestive system        | 196  | 3,033 | 61       | 23,939   | 9.68E-128  | 25.36| 18.98 | 33.89 |
|       |                                               | gallbladder, biliary | tract and pancreas                      |      |       |          |          |            |      |       |       |
| R104  | R10.4 other and unspecified abdominal pain    | R10-R19 symptoms    | Symptoms, signs and abnormal clinical   | 588  | 2,641 | 1,344    | 22,656   | 9.13E-116  | 3.75 | 3.38  | 4.17  |
|       |                                               | and signs involving | and laboratory findings, not elsewhere  |      |       |          |          |            |      |       |       |
|       |                                               | the digestive system| classified                              |      |       |          |          |            |      |       |       |
| N179  | N17.9 acute renal failure, unspecified        | N17-N19 renal       | Diseases of the genitourinary system    | 483  | 2,746 | 952      | 23,048   | 1.03E-111  | 4.26 | 3.79  | 4.78  |
| K660  | K66.0 peritoneal adhesions                    | K65-K67 diseases    | Diseases of the digestive system        | 306  | 2,923 | 365      | 23,635   | 9.78E-109  | 6.78 | 5.80  | 7.93  |
| R11   | R11 nausea and vomiting                      | R10-R19 symptoms    | Symptoms, signs and abnormal clinical   | 510  | 2,719 | 1,118    | 22,882   | 1.28E-104  | 3.84 | 3.43  | 4.29  |
|       |                                               | and signs involving | and laboratory findings, not elsewhere  |      |       |          |          |            |      |       |       |
|       |                                               | the digestive system| classified                              |      |       |          |          |            |      |       |       |
| K811  | K81.1 chronic cholecystitis                   | K80-K87 disorders   | Diseases of the digestive system        | 177  | 3,052 | 82       | 23,918   | 8.36E-102  | 16.92| 12.98 | 22.04 |
| Code | Name | ICD-10 block | ICD-10 chapter | AP+ | AP− | Control+ | Control− | P-value | OR   | Lower | Upper |
|------|------|--------------|----------------|-----|-----|----------|----------|---------|------|-------|-------|
| K828 | K82.8 other specified diseases of gallbladder | K80-K87 disorders of gallbladder, biliary tract and pancreas | Diseases of the digestive system | 174 | 3,055 | 93 | 23,907 | 8.07E-95 | 14.64 | 11.35 | 18.89 |
| Z864 | Z86.4 personal history of psychoactive substance abuse | Z80-Z99 persons with potential health hazards related to family and personal history and certain conditions influencing health status | Factors influencing health status and contact with health services | 910 | 2,319 | 3,195 | 20,805 | 1.13E-93 | 2.56 | 2.35 | 2.78 |
| E119 | E11.9 without complications | E10-E14 diabetes mellitus | Endocrine, nutritional and metabolic diseases | 610 | 2,619 | 1,764 | 22,236 | 1.66E-85 | 2.94 | 2.66 | 3.25 |
| K760 | K76.0 fatty (change of) liver, not elsewhere classified | K70-K77 diseases of liver | Diseases of the digestive system | 223 | 3,006 | 246 | 23,754 | 2.50E-83 | 7.16 | 5.95 | 8.62 |
| K830 | K83.0 cholangitis | K80-K87 disorders of gallbladder, biliary tract and pancreas | Diseases of the digestive system | 140 | 3,089 | 60 | 23,940 | 8.06E-83 | 18.08 | 13.33 | 24.53 |
| K219 | K21.9 gastro-oesophageal reflux disease without oesophagitis | K20-K31 diseases of oesophagus, stomach and duodenum | Diseases of the digestive system | 620 | 2,609 | 1,855 | 22,145 | 5.40E-82 | 2.84 | 2.57 | 3.13 |
| E780 | E78.0 pure hypercholesterolaemia | E70-E90 metabolic disorders | Endocrine, nutritional and metabolic diseases | 849 | 2,380 | 3,119 | 20,881 | 6.87E-78 | 2.39 | 2.19 | 2.61 |
| J181 | J18.1 lobar pneumonia, unspecified | J09-J18 Influenza and pneumonia | Diseases of the respiratory system | 349 | 2,880 | 715 | 23,285 | 3.72E-76 | 3.95 | 3.45 | 4.51 |
| R18  | R18 ascites | R10-R19 symptoms and signs involving the digestive system and abdomen | Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 177 | 3,052 | 170 | 23,830 | 2.93E-72 | 8.13 | 6.56 | 10.07 |

P-values in bold meet or exceed the pre-determined Bonferroni cutoff value.
AP, acute pancreatitis; ICD-10, International Classification of Disease 10th Revision; OR, odds ratio.
Significance and OR calculated using the Fisher exact test.
Table 8. Top 25 CP comorbidities by significance, excluding all other K85 and K86 ICD-10 diagnoses

| Code  | Name                                                                 | ICD-10 block                                                                 | ICD-10 chapter                                                                 | CP+  | CP–  | Control+ | Control– | P-value | OR  | Lower | Upper |
|-------|----------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------|------|------|----------|----------|---------|-----|-------|-------|
| Z871  | Z87.1 personal history of diseases of the digestive system           | Z80-Z99 persons with potential health hazards related to family and personal history and certain conditions influencing health status | Factors influencing health status and contact with health services               | 473 | 554 | 1,610    | 22,390   | 4.69E-245 | 11.87 | 10.40 | 13.56 |
| F102  | F10.2 Dependence syndrome (alcohol)                                  | F10-F19 Mental and behavioural disorders due to psychoactive substance use  | Mental and behavioural disorders                                              | 189 | 838 | 159      | 23,841   | 4.37E-170 | 33.82 | 27.09 | 42.22 |
| E119  | E11.9 without complications                                          | E10-E14 diabetes mellitus                                                    | Endocrine, nutritional and metabolic diseases                                  | 405 | 622 | 1,764    | 22,236   | 9.77E-170 | 8.21  | 7.18  | 9.39  |
| F101  | F10.1 harmful use (alcohol)                                          | F10-F19 Mental and behavioural disorders due to psychoactive substance use  | Mental and behavioural disorders                                              | 206 | 821 | 252      | 23,748   | 7.00E-164 | 23.65 | 19.42 | 28.79 |
| R101  | R10.1 pain localised to upper abdomen                               | R10-R19 symptoms and signs involving the digestive system and abdomen        | Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 291 | 736 | 852      | 23,148   | 1.17E-154 | 10.74 | 9.23  | 12.51 |
| Z904  | Z90.4 acquired absence of other parts of digestive tract            | Z80-Z99 persons with potential health hazards related to family and personal history and certain conditions influencing health status | Factors influencing health status and contact with health services               | 285 | 742 | 818      | 23,182   | 4.72E-153 | 10.89 | 9.34  | 12.69 |
| R104  | R10.4 other and unspecified abdominal pain                            | R10-R19 symptoms and signs involving the digestive system and abdomen        | Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 324 | 703 | 1,344    | 22,656   | 2.67E-136 | 7.77  | 6.74  | 8.96  |
| Z864  | Z86.4 personal history of psychoactive substance abuse               | Z80-Z99 persons with potential health hazards related to family and personal history and certain conditions influencing health status | Factors influencing health status and contact with health services               | 465 | 562 | 3,195    | 20,805   | 3.01E-129 | 5.39  | 4.74  | 6.13  |
| K838  | K83.8 other specified diseases of biliary tract                      | K80-K87 disorders of gallbladder, biliary tract and pancreas                 | Diseases of the digestive system                                              | 126 | 901 | 69       | 23,931   | 4.25E-126 | 48.50 | 35.90 | 65.53 |
| K802  | K80.2 calculus of gallbladder without cholecystitis                  | K80-K87 disorders of gallbladder, biliary tract and pancreas                 | Diseases of the digestive system                                              | 229 | 798 | 630      | 23,370   | 4.81E-124 | 10.65 | 9.01  | 12.58 |
| K831  | K83.1 obstruction of bile duct                                       | K80-K87 disorders of gallbladder, biliary tract and pancreas                 | Diseases of the digestive system                                              | 118 | 909 | 64       | 23,939   | 1.35E-119 | 50.94 | 37.14 | 69.88 |
| R11   | R11 nausea and vomiting                                              | R10-R19 symptoms and signs involving the digestive system and abdomen        | Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 267 | 760 | 1,118    | 22,882   | 4.92E-109 | 7.19  | 6.18  | 8.37  |
| Code | Name | ICD-10 block | ICD-10 chapter | CP+ | CP− | Control+ | Control− | P-value | OR | Lower | Upper |
|------|------|--------------|---------------|-----|-----|----------|----------|---------|----|-------|-------|
| F103 | F10.3 Withdrawal state (alcohol) | F10-F19 Mental and behavioural disorders due to psychoactive substance use | Mental and behavioural disorders | 107 | 920 | 57 | 23,943 | 1.31E-107 | 48.85 | 35.19 | 67.82 |
| N179 | N17.9 acute renal failure, unspecified | N17-N19 renal failure | Diseases of the genitourinary system | 234 | 793 | 952 | 23,048 | 1.16E-96 | 7.14 | 6.09 | 8.38 |
| F171 | F17.1 harmful use | F10-F19 Mental and behavioural disorders due to psychoactive substance use | Mental and behavioural disorders | 249 | 778 | 1,101 | 22,899 | 1.42E-96 | 6.66 | 5.70 | 7.77 |
| Z720 | Z72.0 tobacco use | Z70-Z76 persons encountering health services in other circumstances | Factors influencing health status and contact with health services | 198 | 829 | 681 | 23,319 | 8.77E-92 | 8.18 | 6.88 | 9.72 |
| E109 | E10.9 without complications | E10-E14 diabetes mellitus | Endocrine, nutritional and metabolic diseases | 130 | 897 | 232 | 23,768 | 5.67E-87 | 14.85 | 11.86 | 18.59 |
| R634 | R63.4 abnormal weight loss | R50-R69 general symptoms and signs | Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 182 | 845 | 620 | 23,380 | 1.39E-84 | 8.12 | 6.79 | 9.71 |
| K297 | K29.7 gastritis, unspecified | K20-K31 diseases of oesophagus, stomach and duodenum | Diseases of the digestive system | 248 | 779 | 1,273 | 22,727 | 3.93E-84 | 5.68 | 4.87 | 6.63 |
| J90  | J90 pleural effusion, not elsewhere classified | J90-J94 other diseases of pleura | Diseases of the respiratory system | 187 | 840 | 675 | 23,325 | 1.83E-83 | 7.69 | 6.45 | 9.17 |
| I10  | I10 essential (primary) hypertension | I10-I15 hypertensive diseases | Diseases of the circulatory system | 595 | 432 | 6824 | 17,176 | 2.38E-82 | 3.47 | 3.05 | 3.94 |
| K760 | K76.0 fatty (change of) liver, not elsewhere classified | K70-K77 diseases of liver | Diseases of the digestive system | 125 | 902 | 246 | 23,754 | 1.07E-79 | 13.38 | 10.68 | 16.76 |
| J181 | J18.1 lobar pneumonia, unspecified | J09-J18 Influenza and pneumonia | Diseases of the respiratory system | 186 | 841 | 715 | 23,285 | 3.67E-79 | 7.20 | 6.04 | 8.58 |
| K709 | K70.9 alcoholic liver disease, unspecified | K70-K77 diseases of liver | Diseases of the digestive system | 79 | 948 | 43 | 23,957 | 5.05E-79 | 46.43 | 31.84 | 67.69 |
| R945 | R94.5 abnormal results of liver function studies | R90-R94 abnormal findings on diagnostic imaging and in function studies, without diagnosis | Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified | 146 | 881 | 395 | 23,605 | 2.56E-78 | 9.90 | 8.10 | 12.11 |

AP, acute pancreatitis; ICD-10, International Classification of Disease 10th Revision; OR, odds ratio. Significance and OR calculated using Fisher exact test.
normal rates of DM, hyperlipidemia, chronic kidney disease, and pancreatic cancer in both AP and CP cohorts. Finally, it is only in CP where we see an increase in the number of current smokers.

The very high fraction of patients on chemotherapy in the CP group (15%) was unexpected, as was the prevalence of chemotherapy in the control group (7.5%). However, the median age of subjects with CP was 72 years and 70 years in control subjects. Cancer is an age-related disorder with the incidence of most cancers increasing rapidly beginning in middle age (42,43). The prevalence of all cancers in the general UK population is approximately 3.6% (44), which should be lower than the prevalence in the older population represented in the UKBB. Chemotherapy is a nonspecific identifier because ‘chemotherapeutic agents’ are used in a variety of inflammatory disorders, such as rheumatologic disease and IBD. There is also a higher prevalence of benign and malignant neoplastic conditions in the CP population compared with controls that may explain this finding. The etiology of this enrichment may be a result of underlying host factors, environmental exposures such as tobacco use, or chronic systemic inflammation. This finding and potential association require further investigation.

The extensive ICD-10 data set linked to the large, real-world cohort in the UKBB allows for an unbiased detection of conditions associated with AP and CP. Several conditions strongly associated with AP and CP are well-known risk factors, such as gallstones and alcohol use. An unexpected but strongly linked condition associated with AP and CP are well-known risk factors, such as gallstones and alcohol use. An unexpected but strongly linked condition associated with AP and CP are well-known risk factors, such as gallstones and alcohol use. An unexpected but strongly linked condition associated with AP and CP are well-known risk factors, such as gallstones and alcohol use. An unexpected but strongly linked condition associated with AP and CP are well-known risk factors, such as gallstones and alcohol use. An unexpected but strongly linked condition associated with AP and CP are well-known risk factors, such as gallstones and alcohol use. An unexpected but strongly linked condition associated with AP and CP.

Figure 2. Manhattan plot of AP (a) and CP (b) comorbidities with other ICD-10 diagnoses by significance value. Each circle is scaled by the side of the odds ratio for that comorbidity. ICD-10 codes colored and labeled by ICD-10 chapter titles. Dashed line at Bonferroni corrected $P$-value of $9 \times 10^{-6}$. AP, acute pancreatitis; CP, chronic pancreatitis; ICD-10, International Classification of Disease 10th Revision.

demonstrated a strong association with depression and anxiety in patients with pancreatitis, especially those with pain. A striking but not surprising finding was the relative high risk of intentional self-harm (ICD-10 X60-X65 family; e.g. suicide attempts) in patients with CP (ORs 8-28) (see Table S4, Supplementary Digital Content 4, http://links.lww.com/CTG/A750). This is consistent with the findings of the very low quality of life in patients with CP (17,20) and desperation of patients with little hope of improvement.

Our study has a number of limitations. Despite the high-quality curation on behalf of the UKBB, we cannot rule out that there may be errors in the assignment of ICD codes to our cases. A meta-analysis of ICD codes for pancreatitis found a positive predictive value of 0.71 for all pancreatitis (48). Unfortunately, less than 30% of AP and CP cases in the UKBB have an etiology coded into their medical record, making it difficult to differentiate risk factors. The lack of a coded etiology could be an artifact of how ICD-10 codes are used in the UK NHS. In our comorbidity analysis, timing of the ICD-10 comorbidities has not been taken into consideration; therefore, we cannot assess causation.

We were not able to assess all aspects of the TIGAR-O V2 checklist because some items are either not collected or are not clearly differentiated. Specifically, genetic risks were difficult to compare because of differences in the genotyping array in the UKBB. Alcohol consumption surveys in the UKBB were taken at 2 time points and may not adequately reflect the influence of alcohol on the risks of AP or CP at the time of diagnosis. Mean patient age was higher in the UKBB (60–73 years old) than in the NAPS2 group (46–59 years old) (8) likely because of differing inclusion criteria as the UKBB enrolled patients between 40 and 69 years of age at recruitment (49), whereas the NAPS2 cohort was recruited from adult referral centers. The effect of the later age of enrollment and the prospective follow-up time may influence the low number of idiopathic pancreatitis and subjects with CF. Likewise, it may increase the number of significant age-related comorbidities and also be more heavily weighting AP toward biliary etiology.

Manhattan plot of AP (a) and CP (b) comorbidities with other ICD-10 diagnoses by significance value. Each circle is scaled by the side of the odds ratio for that comorbidity. ICD-10 codes colored and labeled by ICD-10 chapter titles. Dashed line at Bonferroni corrected $P$-value of $9 \times 10^{-6}$. AP, acute pancreatitis; CP, chronic pancreatitis; ICD-10, International Classification of Disease 10th Revision.
The TIGAR-O risk checklist, including genetic risk variants, was originally created using the NAPs2 cohort. Similar to the UKBB, the NAPs2 cohort was primarily patients of White, European ancestry, although NAPs2 had a much higher percentage of self-identified African ancestry subjects (5–11% NAPs2 vs 1.1–1.7% UKBB). These factors limit the generalizability of the data to more diverse populations as others have shown that genetic variants associated with pancreatitis in Europeans are rare in those with African ancestry (50).

Future directions include an intensive genomic analysis to further characterize this population. Such an analysis may aid in understanding and identifying risk factors associated with disease onset, progression, and disease severity not seen in the comorbidity analysis. Additional studies may include more detailed examination of the various comorbidities and their interactions. The analysis presented here serves as the foundation for future investigations into the complex syndrome of pancreatitis using this well-described cohort.

CONFLICTS OF INTEREST
Guarantor of the article: David C. Whitcomb, MD, PhD.
Specific author contributions: P.G., B.B., and M.H. were involved in planning and conducting the study. D.S. and P.G. collected the data. D.S., P.G., and M.E. completed the data analysis. All authors contributed to data interpretation. D.S., P.G., S.M., C.B., M.H., and M.E. created the initial draft of the manuscript. All authors participated in manuscript revision and editing, and reviewed and approved the final draft of the manuscript submitted for review.

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Potential competing interests: P.G. and C.S.O. are employees of Ariel Precision Medicine. M.E. and C.B. are consultants to Ariel Precision Medicine. D.C.W. is a cofounder of Ariel Precision Medicine and a chief scientific officer. B.B. is an employee of DNAnexus. D.S. and M.H. are former employees of Ariel Precision Medicine.

Study Highlights

WHAT IS KNOWN

- Pancreatitis is a complex syndrome with multiple etiology and comorbidities.
- Pancreatitis epidemiologic data vary greatly globally.
- Accurate prediction and prognostication of disease progression remains enigmatic.

WHAT IS NEW HERE

- Initial description of the 4,200 + patients with pancreatitis identified in the UK BioBank.
- The estimated prevalence of chronic pancreatitis in this population is higher than similar cohorts.
- Unexpected finding of increased prevalence of hypertension, neoplastic disorders, and chemotherapy use in patients with CP was identified and warrants further evaluation.

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