The Impact of Retained Austenite on the Mechanical Properties of Bainitic and Dual Phase Steels

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This paper presents the microstructural changes and mechanical properties of carbide-free bainitic steel subjected to various heat treatment processes and compares these results with similarly treated ferritic–pearlitic steel. A key feature of the investigated steel, which is common among others described in the literature, is that the Si content in the developed steel was >1 wt.% to avoid carbide precipitation in the retained austenite during the bainitic transformation. The phase identification before and after various heat treatment conditions was carried out based on microstructural observations and x-ray diffraction. Hardness measurements and tensile tests were conducted to determine the mechanical properties of the investigated materials. In addition, following the tensile tests, the fracture surfaces of both types of steels were analyzed. Changing the bainitic transformation temperature generated distinct volume fractions of retained austenite and different values of mechanical strength properties. The mechanical properties of the examined steels were strongly influenced by the volume fractions and morphological features of the microstructural constituents. It is worth noting that the bainitic steel was characterized by a high ultimate tensile strength (1250 MPa) combined with a total elongation of 18% after austenitizing and continuous cooling. The chemical composition of the bainitic steel was designed to obtain the optimal microstructure and mechanical properties after hot deformation followed by natural cooling in still air. Extensive tests using isothermal transformation to bainite were conducted to understand the relationships between transformation temperature and the resulting microstructures, mechanical properties, and fracture characteristics. The isothermal transformation tests indicated that the optimal relationship between the sample strength and total elongation was obtained after bainitic treatment at 400 °C. However, it should be noted that the mechanical properties and total elongation of the bainitic steel after continuous cooling differed little from the condition after isothermal transformation at 400 °C.

Keywords: bainitic steel, isothermal holding, pearlitic steel, retained austenite

1. Introduction

It is crucial to produce harder materials for railways to compensate for the increased wear and enable faster train speeds. When materials with lower hardness are applied, continuous and intensive abrasion of the surface layer is possible, resulting in microcrack removal. However, this phenomenon can lead to excessive and rapid tribological wear of the rails (Ref 1). The initiation of microcracks on a rail surface is inhibited in steels with high hardness, although increased propagation rates are possible because of the limited wear (Ref 2, 3). The materials currently in use are reaching their limits, and in certain cases, they are hindering the tracks’ abilities to support greater train speeds. To improve the mechanical properties of the rails and allow for increased train speeds, new materials and processing methods must be developed (Ref 4). Steels comprise a group of common materials among which the search for new solutions will occur, and low-carbon steels with low contents of alloying elements are particularly interesting (Ref 5-9). These materials are relatively cheap, which is an important factor for laying out a railway, where one linear meter of rail weighs over 24 kg. Additionally, steel is well-suited for various types of thermal processing, which can drastically change its mechanical properties. One example of such a treatment is austempering, which is based on isothermal holding of the steel above the onset temperature for martensitic transformation (Mf). This heat treatment leads to a considerable improvement in the mechanical properties of the material, without reducing its plasticity. Both of these characteristics are essential for rail steel because the increased durability increases the rail life time even under severe service conditions (Ref 10, 11). Furthermore, even a slight change in the alloying elements’ content in the iron-carbon system may lead to completely different characteristics, including the capability of forming various types of microstructures in the material (Ref 12). There are numerous chemical compositions and processing methods that can be used, but choosing the proper amount and type of elements for the material is extremely challenging, especially for bainitic rails, that will be subjected to natural cooling following rolling. The same is true for thermal processing, i.e., it is possible to modify the treatment time, the austenitization and austempering
temperatures, and the cooling time, among other parameters (Ref 13-17). Therefore, it is clear that many factors affect the selection of a material for the rails that is both suitable and enhanced relative to previous materials. Selecting a type of steel for this crucial element of the railway system requires thorough investigations regarding potential alloying additions with the widest possible range of processing methods and optimal chemical compositions.

In the present work, the chemical composition of steels was developed to obtain a desired bainitic structure after continuous natural cooling in still air immediately after the manufacturing process (without the necessity of heat treatment processes). For this reason, the analysis of the microstructure and mechanical properties of the examined steels was carried out. Numerous papers on bainitic steels deal with isothermal bainitic transformation (Ref 18-22) and the correlation between the microstructure and mechanical properties. The tests have often suggested an optimal heat treatment as a better alternative to steel obtained by continuous cooling. Also, this study was to optimize the microstructure and mechanical properties of the examined steels by simulating the thermal treatment using a Gleeble simulator. The tests clarified the correlation between the type and morphology of the austenite, as well as the cooling parameters and the temperature of the bainitic transformation of the analyzed steels.

2. Experimental Procedures

For the experiments, the chemical compositions of the investigated bainitic steel (BS) and ferritic–pearlitic steel (F-PS) that were studied are given in Table 1. The steels were melted in the VSG 100S laboratory and cast into the crystallizer (cross section 100 × 100 mm) with water-cooled walls. The ingots of the experimental steels were each forged in the temperature range 1200-1000 °C into a bar with a cross section 70 × 50 mm. Following this procedure, the samples were subjected to homogenizing annealing at 1200 °C.

The transformation temperatures of the BS and F-PS were calculated from the chemical composition by using commercial software (ThermoCalc and JMatPro). Next, the 60E1 rail heads were machined from each bar and welded to the base of an experimental block. The rail heads were subjected to a heat treatment under laboratory conditions that involved heating the samples to their maximum temperature and time of holding were adjusted to laboratory conditions that involved heating the samples to the maximum temperature and time of holding were adjusted to 980 °C. The temperature was monitored with thermocouples inserted into the drilled hole located 2 mm below the running surface of the rail. Figure 2(c) indicates the location from which samples were taken to test their mechanical properties according to the EN 13674-1, microstructural observations and Gleeble simulations. For the second investigated steel, with a ferritic–pearlitic structure, the same locations were chosen for testing.

This treatment corresponded to the initial state of the F-PS and BS. After that, the samples were heat treated by isothermal bainitic transformation, as shown in Table 2. Thermal processing experiments were conducted with a Gleeble 3800 simulator on cylindrical samples (total length 125 mm, diameter 10 mm). During the bainitic treatment, the transformation of austenite was incomplete, and in a further step of natural cooling, the austenite may change to bainite, or to martensite below the Ms temperature. A computer system was used to design the manufacturing technology of pearlitic and bainitic steels, which consisted of the FEM (Finite Element Model) simulation module of thermo-mechanical phenomena and microstructure evolution integrated with the module of phase transformations occurring during cooling. Model parameters were identified from dilatometric tests, and physical simulations were used to validate and verify the models. Detailed information on this issue is included in (Ref 24). The chemical composition of the experimental steels was designed to obtain bainite as the main component, and the second constituent (composed of martensite and austenite) did not exceed 10%.

The microstructural changes induced by the applied thermal processing were observed using light optical microscopy (LOM) and scanning electron microscopy (SEM) in the back-scattered electrons (BSE) mode. For microscopy examinations, the samples were prepared by grinding with emery paper and then mechanically polishing with a monocrystalline diamond suspension. Further preparation involved etching with 0.2 wt.% Nital reagent. The volume fractions of bainite and martensite were determined by the AxiosVision software (Carl Zeiss Microscopy GmbH, Jena, Germany) based on the morphology and grayscale of bainite and martensite.

Specimens for transmission electron microscopy (TEM) were prepared by mechanical polishing to create disks (thickness ≈ 100 μm). The disks were electrolytically thinned using a Struers electrolyte based on HNO₃, and the electropolishing was performed at a voltage of 55 V for 15 s. The obtained thin foils were examined in a Joel JEM 1200 microscope operating at 120 kV. The volume fraction of the retained austenite (RA) and the content of carbon in the austenite (C_A) were analyzed via x-ray diffraction (XRD) at room temperature using a Bruker D8 Discover diffractometer with filtered CoKα (λ = 0.178897 nm) radiation. The three reflections from austenite

| Table 1. Chemical compositions of the BS—bainitic steel, and F-PS—ferritic–pearlitic steel (wt.%) |
|-----------------------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Sample | C     | Si     | Mn     | Cr     | Ni     | Mo     | Cu     | Ti     | other  | Fe     |
| BS     | 0.35  | 1.04   | 1.44   | 0.83   | 0.33   | 0.15   | 0.01   | 0.001  | 0.03   | balance|
| F-PS   | 0.29  | 1.01   | 1.04   | 1.27   | 0.03   | 0.02   | 0.02   | 0.024  | 0.04   | balance|


\[ V_i = \frac{1}{1 + G(I_a/I_i)} \]  

(Eq 1)

where \( V_i \) is the volume fraction of austenite for each peak, \( I_a \) and \( I_i \) are the integrated intensities of bainitic ferrite and austenite peaks, and the value of \( G \) is selected according to the study by Wang et al. (Ref 26). Then, the separation of the bainitic ferrite and martensite diffraction peaks was measured using the MDI JADE software, and the lattice parameters were determined. The \( C_c \) values were calculated from the lattice parameter \( a_c \) by using the relation (2) (Ref 27):

\[ C_c = \frac{a_c - 0.3555}{0.0044} \]  

(Eq 2)

where \( C_c \) is the carbon content in retained austenite in [%], and \( a_c \) is the lattice constant of the retained austenite [Å]. The lattice parameter was estimated from an average based on the (200), (220) and (311) austenite peaks. All calculations were performed for three diffraction patterns in each state. The experimental conditions were as follows: voltage = 35 kV; current = 40 mA; angular range of 2\( \theta \) from 40 to 130\( ^\circ \), measurement step \( \Delta 2\theta = 0.025^\circ \); counting time per step = 6 s.

The tensile tests were carried out at room temperature using a hydraulic mechanical test machine (MTS 810), equipped with a 100 kN load cell, and samples were prepared according to the PN-EN ISO 7500–1:2018–05 guidelines. The tensile tests were
performed at an initial strain rate of $10^{-3}$ s$^{-1}$. From the obtained stress–strain curves, the yield strength ($\sigma_{0.2}$), ultimate tensile strength ($\sigma_m$), and total elongation ($A$) were determined based on the average value of three samples. Additionally, the combination of $\sigma_m$ and $A$ was represented by the $R_x$ parameter, which is defined as $R_x = (\sigma_m/A)$. Following the tests, the fractured samples were also analyzed using SEM. The analysis of the work hardening behavior of many metals and alloys can be described by the Hollomon (Ref 28) relation (3):

$$\sigma = K\varepsilon^n$$  
(Eq 3)

The values of the strain hardening exponent ($n$) and the strength coefficient ($K$) were obtained from a log–log plot of the true stress ($\sigma$) and true strain ($\varepsilon$) up to the maximum load.

The hardness of each sample was measured using the Brinell method, using a tungsten carbide ball with a 2.5 mm diameter, under a load of 1.8 kN with a dwell time of 10 s, according to the EN ISO 6506-1:2005 guidelines. The average value of the hardness measurements was determined based on 10 indentations for each steel sample.

### 3. Results and Discussion

The calculated $T_0$ line for the experimental BS sample and the austenite content when the carbon content reaches the $T_0$ line during the bainitic transformation under isothermal conditions is shown in Fig. 3. It is clear that as the transformation temperature decreased, the volume fraction of untransformed austenite also decreased; however, the carbon content increased in this phase. In general, the carbon content in austenite defines its stability during cooling to ambient temperature. It was calculated with the JMatPro program that the austenite started to be partially stable during cooling when the carbon content in this phase exceeded 0.82%, however, as the carbon content in the retained austenite exceeds 1.5%, this phase retains its structure almost entirely during the cooling process. According to the calculations presented in Fig. 3, the carbon content in austenite increased as the bainitic transformation progressed during cooling. This means that the martensite-austenite (MA) layers located at the bainitic lath boundaries contained more retained austenite at the end of the transformation.

The calculated TTT diagrams for the experimental bainitic steel and ferritic–pearlitic steel are shown in Fig. 4. The temperatures from which TTT diagrams were calculated were 800 and 820°C for bainitic and pearlitic steels, respectively. According to the numerical simulations, it was expected that the austenite grain size developed in the rail during forging should be in the range of 40-45 μm. Upon analyzing the TTT diagrams, it was clear that the proportions among the phase transformation incubation periods in F-PS differed from those in BS. The TTT diagram in Fig. 4(a) shows that the ferritic and pearlitic transformations were substantially shifted in time with respect to the bainitic transformation. The temperature range for the latter was very wide. In the F-PS steel (Fig. 4b), the transformation curves were left-shifted to a slightly lesser extent than in BS, but the pearlite was still delayed for a long time, thus guaranteeing a bainitic microstructure during bainitic treatment. This was a result of the lower content of C, Mn and Mo in the chemical composition of F-PS, which impacted the location of the transformation curves.

#### 3.1 Microstructure

Figure 5 shows the microstructures of the investigated steel samples, and the volume fraction of different phases is presented in Table 3. The observations performed with LOM, SEM, and TEM indicated that the microstructure of the BS before isothermal annealing (Fig. 5a) was composed of bainitic laths and a second phase — retained austenite, which took the form of islands or thin layers located between the bainite laths. This type of bainite is called degenerated upper bainite (DUB), and it is formed because of an incomplete transformation of the prior austenite, combined with its stabilization due to the diffusion of carbon (Ref 29). Further SEM observations revealed the presence of small parallelly aligned laths within the austenite island. This constituent is generally known as a martensite/austenite island (M/A), which is formed from partially untransformed austenite in the final phase of cooling to room temperature (Ref 30). The average size of M/A islands is 30 μm. The formation of ferrite and pearlite was strongly inhibited the small carbon content in the investigated steel and the increased content of alloying elements (e.g., Mn, Mo). Carbon and manganese are austenite stabilizers, and they lower the temperature of martensite transformation; however, C has a stronger stabilizing effect than Mn (Ref 31, 32). Manganese also slows the transformation from austenite to bainite during processing (Ref 33). Carbon in the BS is bounded in the retained austenite and alternatively, in the martensite. In addition, an appropriate silicon content increases the carbon activity in the solid solution, which suppresses the formation of carbides (Ref 18, 34) and inhibits cementite precipitation from the austenite during bainite transformation (Ref 35). The formation of bainite is accompanied by the carbon enrichment of austenite until the displacive mechanism of growth becomes thermodynamically unfavorable (Ref 36). The main component of the F-PS microstructure (Fig. 5b) was pearlite (a lamellar structure composed of ferrite and cementite) with around 10% of the tiny ferrite grains located on the boundaries of the pearlite colonies. The pearlite colonies were randomly oriented, but the lamellas were aligned in the same orientation in each grain. High content of Cr and proper value of Mn determine the formation of fine pearlite colonies and the partition of these
elements into cementite (Ref 7, 37-39). The average interlamellar spacing was approximately 0.3 \( \mu m \), and the pearlite nodules had sizes around 40 \( \mu m \).

The microstructures of the examined steels observed by LOM and SEM after being subjected to various bainitic treatment conditions are presented in Figure 5(c-h). The micrographs indicate that the structure of the samples depended on the chemical composition in the continuous cooled state, as well as the isothermal bainitic transformation temperature. The microstructures of the samples that were subjected to a heat treatment at 480 °C/900 s (Fig. 5c, d) were mainly composed of martensite and bainite, with a small fraction of retained austenite in the form of islands. These types of microstructures were formed due to the insufficient enrichment of austenite in carbon (Ref 40). For these reasons, martensite formed during cooling to ambient temperature after the isothermal treatment at 480 °C for both steels. At the initial stage of the bainitic transformation at 480 °C, only a minor increase of the carbon content in the austenite and a partial transformation to martensite occurred. The volume fraction of martensite in the investigated steels depended heavily on the \( M_s \) and \( M_f \) temperatures related to the carbon content in the austenite. The stability of the austenite increased as the carbon content increased, as the bainite transformation progressed (Ref 41).

Based on a comparison of the investigated ferritic–pearlitic and bainitic steels, it was determined that the microstructures of the samples differed from one another. The difference is clear from observations related to the fraction of the individual phases: The applied heat treatment led to a greater amount of martensite in the structure of the F-PS, relative to BS (Table 3). Specifically, the martensite occupied most of the analyzed microstructure in F-PS, compared with that in BS. The retained austenite is present mainly in the form of separate islands (M/A islands) with an average size of about 25 \( \mu m \). In the BS, the bainite laths were smaller than those in the steel with the ferritic–pearlitic structure in the initial state. In addition, the volume fraction of the bainite in BS was higher, which confirmed that the bainite transformation occurred to a greater extent in BS than in F-PS. The fraction of the retained austenite was also slightly higher, and the average size of the islands did not exceed 20 \( \mu m \). Comparing the chemical composition of both steels, it was determined that increasing the Cr content in the F-PS led to the development of martensite islands after isothermal transformation due to an increase in the incomplete transformation phenomenon following isothermal treatment at 480 °C (Ref 42, 43). However, the addition of chromium in both steels was sufficient to inhibit the formation of allotropic ferrite, which is a product of high-temperature transformations (Ref 43, 44). Also, elements such as Mn and Mo strongly affect the stability of the phases after heat treatment. A higher proportion of Mo in BS steels causes suppress the primary ferrite and pearlite and enhances bainite formation. (Ref 45, 46). On the other hand, Mn lowers the Ms temperature and stabilizes austenite but reduces the rate of bainite transformation. Too much manganese can affect the formation of blocky retained austenite (Ref 47). For this reason, the manganese content does not exceed 1.5 %.

The images in Fig. 5(e,f) show the microstructures of BS and F-PS, respectively, after full austenitization followed by isothermal transformation at 450 °C. Heat treatment led to the formation of bainite (degenerated upper bainite) and austenite in two forms: as thin films between the bainite laths and as coarser blocks/islands between the bainite laths. The applied heat treatment also led to the formation of heterogeneous microstructures, where bainite laths were arranged in packets that crossed the entire grains of primary austenite. Bainite has different lath widths, and in the regions where more bainite was formed, the distance between the laths did not exceed 0.4 \( \mu m \). Austenite islands also formed in various sizes, from a few to several dozen micrometers. For the steel with an initial ferritic–pearlitic structure, the average size of austenite islands was 17 \( \mu m \), while for the BS, the average size was 12 \( \mu m \). Inside the islands, needles of martensite were observed, and these needles were formed from a fraction of the retained austenite (containing relatively less carbon), which generated M/A constituents during subsequent cooling (Ref 48). In the F-PS, the structure was more homogeneous, and the bainite was more fragmented. The same type of microstructure was obtained for a similar heat treatment described in the literature (Ref 49), where bainite and blocks that were interpreted as retained austenite were identified.

Reducing the isothermal bainitic treatment temperature to 400 °C increased the degree of bainitic transformation and resulted in the highest fraction of retained austenite (in the form of both islands and thin films) in the investigated steels (Fig. 5 g,h). In some areas, the bainite laths were highly refined, and the thickness of both the bainite and the austenite films was small varying between 0.3 and 0.4 \( \mu m \). The average size of the
Fig. 5  Microstructures of the BS (a) and F-PS (b) in the initial state (DUB—degenerated upper bainite, M/A—martensite/austenite constituent, M—martensite, P—pearlite, F—ferrite) and BS (c, e, g) and F-PS (d, f, h) subjected to isothermal processing under different conditions.
RA islands in F-PS and BS was 11 μm and 8 μm, respectively. Similar results were obtained for higher carbon bainitic steel (0.62C-1.47Si-0.85Mn-1.2Cr wt.%), wherein decreasing the isothermal transformation temperature increased the amount of austenite and caused the bainite laths to become thinner (Ref 50, 51). Upon comparing the two steels, the differences in the size of the lamellar packets of bainite were clear. In the BS, the films of retained austenite located between the bainite laths were larger than those in the F-PS.

### 3.2 Retained Austenite

Differentiation of the isothermal transformation temperature caused differentiation of the volume fraction of retained austenite and the carbon content in this phase, as shown in Fig. 6. Under the applied heat treatment conditions, the volume fraction of RA increased as the bainitic treatment temperature decreased, regardless of the type of steel, and however, its stability depended on multiple factors, such as the carbon content in the austenite, its morphology and the volume fraction of this phase, as well as the type and morphology of the surrounding phases (Ref 52-54). When the temperature of the isothermal treatment was too high (480 °C), the (111) crystal lattice peak of the austenite in F-PS was not observed, indicating that the volume fraction of this phase was below the detection threshold of the XRD method. A reduction in the isothermal transformation temperature increased the carbon concentration in austenite, leading to austenite stabilization at 400 °C. According to the theory, the content of the retained austenite should decrease as the temperature decreases, thus causing a subsequent increase in carbon content in the austenite. This relationship is true, provided that the bainitic transformation was stopped upon reaching the $T_b$ line. The RA fraction as a function of temperature may be influenced by a relatively short bainitic treatment time, which would limit the carbon diffusion and thus prevent its content in the austenite from reaching the $T_b$ line (Ref 55).

Microscopic observations revealed the presence of blocky retained austenite with martensite (M/A islands), as well as bainite. Careful observations indicated that on the left side of the reflexes from the bainitic ferrite (110) plane peak, there was a small peak with a lattice parameter that was close to the ferrite phase, which was identified as martensite. Austenite with a block morphology has lower stability and a lower carbon concentration, which contribute to its facile transformation into martensite. As the isothermal transformation temperature decreased, the appearance of a peak corresponding to the (111) crystal lattice plane of austenite was also observed. It is worth noting that for steel with an initial ferritic–pearlitic structure, an intense martensite peak was visible in the diffraction pattern after all variations of the isothermal treatment. In the BS_C subjected to thermal processing at 400 °C, the amount of martensite was much smaller, and it was not detected in the XRD pattern (Fig. 6f). Following bainitic treatment at 400 °C, the F-PS and BS samples exhibited their highest values of retained austenite (27% and 26%, respectively); this should be reflected in the mechanical properties of the specimens. The obtained results confirmed that the $T_b$ curve was not reached for all forms of austenite at higher temperatures of bainitic treatment. (More austenite was in the form of islands.) Well-balanced amounts of austenite-stabilizing elements (e.g., Mn, Cr, and Ni) in the chemical compositions of the studied steels are expected to stabilize the austenite phase at room temperature (Ref 56, 57). The higher carbon content of the retained austenite in the F-PS samples was attributed to the combined addition of Cr and Mn, which might have expelled carbon from the bainite into the coexisting austenite. It is known that carbon enrichment and the interactions between constituents play a crucial role in austenite stabilization, and similar conclusions were recently presented by Grajcar and Krzton (Ref 58). The maximum fraction of retained austenite (mainly with an interlath morphology) occurred over a wide range of isothermal bainitic transformation temperatures, from 350 to 450 °C.

### 3.3 Mechanical Properties

The mechanical properties of the investigated steel samples processed using different isothermal treatments are summarized in Fig. 7 and 8. The investigated steels in the initial state exhibited similar total elongation but significantly different mechanical strengths, i.e., the BS was characterized by a higher yield strength (750 MPa) and a higher ultimate tensile strength (1250 MPa), but had a comparable total elongation to the F-PS ($\sigma_{0.2} = 470$ MPa, $\sigma_m = 810$ MPa). The applied heat treatment enhanced the strength of both investigated steel samples to a similar level ($\sigma_m \approx 1300-1400$ MPa) at the expense of their ductility. Both $\sigma_m$ and $\sigma_{0.2}$ showed a decreasing tendency as the isothermal transformation temperature decreased (Fig. 7). In contrast, the measured total elongation tended to increase as the bainitic treatment temperature decreased in relation to the heat treatment temperature. The observed differences were associated with the different volume fractions and morphological features of the structural constituents present in the investigated steels. Similar conclusions were obtained in the work of Pashangeh et al. (Ref 59), where the effect of retained austenite on mechanical properties was studied. The retained austenite with both blocky and thin-film morphologies in various heat-treated samples considerably affects the stress–strain behaviour. In particular, the specimens with a high volume fraction of RA displayed high elongations due to the improved strain hardening capacity over a broad strain, mainly due to the TRIP effect. A very interesting parameter combining the balance between the strength and ductility is the $R_s$ (Figure 8). For samples with an initial ferritic–pearlitic structure, the value of the $R_s$ parameter was one and a half times higher than for the BS samples after all variations of the bainitic treatment. The exceptions are materials in the initial state, where the highest $R_s$ values were obtained for the bainitic steel. The F-PS_A samples after heat treatment did not show the presence of RA; hence, the value of the $R_s$ parameter was the lowest in this case.
As the bainitic treatment temperature decreased, the degree of bainitic transformation increased, and the content of retained austenite also increased. The value of the $R_x$ parameter assumes a value similar to that of the initial state. Moreover, for BS samples, a lower temperature of the isothermal bainitic treatment and higher degree of bainitic transformation resulted in a change in the volume fraction of RA and increased the $R_x$ parameter. This is in agreement with the results of Junyu Tian et al. (Ref 60), who found that the best combinations of strength and ductility (25 GPaX%) were obtained in steels by austempering below the $M_S$ (at 350°C). This is related to optimizing the size and volume fraction of M/A constituents and the finer bainite microstructure. In contrast, the designed bainitic steel offered the best combination of strength and ductility directly after cooling. This means that the proposed chemical composition and thermos-mechanical processing of the BS induced optimal properties after continuous cooling. Performing additional heat treatment processes is not necessary to improve the strength parameters and ductility of the material but will only increase the production costs of the finished product. This behavior of the material is related to the morphology of the retained austenite and its volume fraction. A lower strength and higher total elongation were observed as the amount of retained austenite increased as the isothermal bainitic treatment temperature decreased. Simultaneously, the volume fraction of the brittle martensitic phase decreased, which reduced the ultimate tensile strength and enhanced the plasticity. Therefore, this phenomenon was associated with the total fraction of the individual phases. It should also be noted that the samples containing a high fraction of martensite, such as F-PS_A (after

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**Fig. 6** XRD patterns of the BS (a, b, d, f) and F-PS (c, e, g) that were subjected to isothermal processing under different conditions
isothermal heat treatment at 480 °C), and BS_A and BS_B (after isothermal transformation at 450 °C and 480 °C, respectively), exhibited hardness values greater than 450 HB. The only exception from this tendency was the yield strength value of the samples after isothermal heat treatment at 400 °C, and both F-PS_C and BS_C exhibited a significantly enhanced $\sigma_{0.2}$ ($\approx$1000 MPa). Since the volume fraction of the retained austenite in these samples was high (over 26%), its transformation to martensite was highly likely during loading or deformation, owing to its lower carbon content and morphology. It should be noted that the increased $\sigma_{0.2}$ value and the lack of increase in $\sigma_{m}$ may have been due to the presence of the retained austenite phase and decreasing martensite content. Its volume fraction in the structure (25%) was responsible for the material’s reaction to plastic deformation after exceeding a high value of yield strength. The retained austenite is a plastic phase, so the material did not exhibit higher tensile strength values. Although martensite is present in the structure, both materials begin to deform plastically at a lower stress level. This may be because of retained austenite in the form of thin films, which generate continuous agglomerates throughout the material, thus causing it to deform more easily. Furthermore, when the martensite appeared in the structure (up to 20%) at the expense of other phases, $\sigma_{0.2}$ decreased and $\sigma_{m}$ increased (Ref 61).

Overall, it was concluded that in both investigated steels, the best combination of $\sigma_{0.2}$, $\sigma_{m}$, and plasticity was attained after isothermal transformation at the lowest tested temperature. This was attributed to the thin films of RA between the laths of the fine bainite. The thin layer of the retained austenite with high carbon content was more stable than the blocky coarse RA, which could suppress microcracks initiation and hinder the propagation of cracks in the steel (Ref 10, 62, 63). Moreover, lowering the temperature of the austenite transformation into bainite increased the dislocation density in the bainite and its supersaturation with carbon, which contributes to a greater influence of the solution strengthening on the mechanical properties. In addition, the presence of substitute alloying elements, e.g., Mn, Cr, and Mo, improved the strength of the steels by lowering the temperature of isothermal bainite transformation and by solid solution strengthening of the steels (Ref 64, 65). In turn, the higher $\sigma_{0.2}$ and $\sigma_{m}$ parameters for the bainitic steel were attributed to the finer bainite laths in the microstructure and the greater contribution of the grain refinement strengthening. By changing steel chemical composition and cooling conditions, it is possible to obtain various morphological types of bainite and modify the ratio of bainite to retained austenite. The achieved results are well correlated with the study of Qiangguo Li et al. (Ref 21). They investigated the effect of bainite on the mechanical properties of the microstructure in quenched and partitioned medium-carbon bainitic steel. The bainitic isothermal transformation process has been designed in which the different morphology and volume fractions of bainite are obtained during the transformation step. It should also be noted that in the present work, the
application of isothermal bainitic treatment did not significantly improve the mechanical properties but only increases the processing time by introducing additional treatment with regard to continuous cooling.

There are numerous proposed relationships to describe the strain hardening behavior during tensile tests, including isotropic models, kinematic models, and combinations of these models (Ref 66-72). One common method for describing steel strain hardening involves the Hollomon equation (Ref 73-79), which was also used in this work. The obtained stress–strain curves allowed the determination of the strain hardening exponent (n) and the strength coefficient (K), as shown in Figure 9. Knowing the parameters n and K is essential during the formation of the final product. In the Hollomon equation, the n exponent measures the ability of a metal to strain-harden, and larger values indicate greater degrees of strain hardening. For most metals, the n parameter is in the range of 0.10-0.50, however, perfectly elastic plastic-solids have a strain hardening exponent of zero (Ref 80). The n exponent provides information about the material’s ability to inhibit the localization of deformation. In other words, higher values of n indicate an increased rate at which the material is strengthened during deformation (Ref 81). Moreover, the n parameter is a measure of the material’s formability during the tensile test, the greater the value of n, the more uniformly the material is able to deform before the start of necking (Ref 82, 83). The value of the K parameter provides an indication of the material’s level of strength, and the forces required in forming. The K value oscillates between G/100 and G/1000, where G is the shear modulus. A good machinable material should have a low fracture toughness and a low strain hardening exponent. The increased strength (high value of the K coefficient) ensures that local straining becomes more difficult, and that further strain occurs in the surrounding regions. This increases the local formability of the material in critical areas. Analysis of the tensile curves revealed that in both tested steels, the work

![Stress–strain curves for BS (a) and F-PS (b). In–ln plot of true stress vs. true strain for BS (c) and F-PS (d), n and K parameters of BS (e) and F-PS (f) obtained following various heat treatment conditions](image)

Fig. 9 Stress–strain curves for BS (a) and F-PS (b), ln–ln plot of true stress vs. true strain for BS (c) and F-PS (d), n and K parameters of BS (e) and F-PS (f) obtained following various heat treatment conditions
hardening behavior could be divided into two stages with different slopes. The existence of distinct work hardening stages is related to different activated deformation mechanisms at the strain range corresponding to each state (Ref 74).

As shown in Fig. 9(a-b), all of the obtained stress–strain curves exhibited continuous yielding behavior (especially in the BS) and broader plateaus before necking. Considering the logarithmic distribution of the Hollomon equation, the nonlinear variation of $\ln \sigma$ with $\ln \epsilon$ was obtained (Figure 9 c-d). This means that the investigated steels were underwent a two-stage work hardening mechanism: The first stage had a high strain-hardening exponent, while the second stage had a lower one. The different work hardening exponents result from several coexisting strengthening mechanisms. At 480 °C, martensite was present in the microstructure of the steels, which increased the K and n parameters (Ref 84). Strengthening is attributed to the interaction of dislocation in martensite containing higher dislocation density (Ref 85). At 450 °C, the microstructures of F-PS and BS consisted mainly of bainite and retained austenite in the form of islands (with various dimensions) and layers. The volume fraction of RA in the form of a layer increased significantly, and this type of austenite was stabilized by the compressive stress exerted by the surrounding bainite laths. The highly stable thin RA can contribute to inhibiting the initiation of cracks and affect increase of n and K parameters. Moreover, the chemical composition of the steel contained substitute alloying elements (Cr, Mn, Mo, and Si), which strengthened the material by blocking dislocations in their initial positions and inhibiting their movement due to the limitation of cross-slip. Reducing the bainite isothermal transformation temperature to 400 °C decreased the strain hardening exponent and the strength coefficient, while simultaneously increasing the volume fraction of the retained austenite. In this case, the bainitic transformation occurred to a greater extent than in the previously analyzed samples. In general, work hardening occurs due to changes in the movement, distribution, and density of mobile dislocations in the microstructure (Ref 86). Decreasing the n parameter and increasing the bainite volume fraction occur because of the smaller dislocation density present in the bainite. Krizan et al. (Ref 87) examined the tensile properties of micro-alloyed TRIP-aided steels and observed a decreasing strain hardening exponent with increasing isothermal hold time and temperature. This trend was expected because increasing the bainite volume fraction leads to a decrease in the strain hardening exponent. Furthermore, the microstructures of the steels were dominated by RA in the form of thin layers. In this case, the high proportion of soft retained austenite causes that the stresses generated during the static tensile test are absorbed by this phase (Ref 88, 89). In other words, the material did not strengthen as intensively as in the previous stage of the isothermal heat treatment process. The strain hardening exponent and the strength coefficient of the second stage of work hardening were lower than those associated with the first stage. As the deformation during the tensile test increased, in the deformed microstructure, the dislocation tangles created during the initial hardening into cell structures were rearranged or annihilated, resulting in a rapid decrease of the n and K parameters.

Fig. 10 presents a comparison of the fracture surfaces (after tensile tests) of the bainitic and ferritic–pearlitic steels following various isothermal processing conditions. The fracture surfaces of all F-PS tensile samples were characterized by equiaxed dimples that suggested a ductile fracture mechanism. After isothermal bainitic treatment, single faults were observed between the areas of plastic cracking. Quasi-cleavage was the dominant fracture mechanism for the BS samples. Numerous facets and cleavage planes characteristic of brittle fractures were also visible. Decreasing the isothermal transformation temperature increased the fraction of the plastic breakthrough, which was associated with an increase in the volume fraction of retained austenite. This effect increased the mixed character of the fractures, including quasi-cleavage fracture facets. The sample fractures indicated that as the transformation temperature decreased, the BS fracture became more plastic; more dimples were observed at the ridges of the fracture surface. The fine size of the dimples was attributed to the large volume fraction of bainite in the form of thin layers in the microstructure. A greater amount of bainite determines the number and distribution of micro-voids. This also contributed to the higher ductility of steel in this state (Ref 90, 91).

4. Conclusions

This work evaluated the compilation of bainitic steel in order to develop a new generation of rail steels. The microstructure of the bainitic steel in its continuous cooled state consisted of fine bainite, a thin film of RA, and the blocky austenite. The optimal combination of $\sigma_m$ (1250 MPa) and total elongation (18%) was achieved by the BS after continuous cooling. The chemical composition of the steel was designed to obtain the optimal microstructure and mechanical properties after continuous cooling. The dimensions of the forged bars were chosen to achieve similar cooling conditions as in the rail head. The results of this study show that it is possible to design novel bainitic steel with lower production costs (fewer steps on the production line, low-carbon content, and alloying elements). The well-balanced amount of austenite-stabilizing elements (e.g., Mn, Cr, Ni) in the chemical compositions of the studied steel stabilized the austenite phase at room temperature and induced favorable mechanical properties. The main achievement of this study involved designing the chemical composition of the bainitic steel, such that the relationship between its strength and ductility was optimized after continuous cooling. In contrast, the application of isothermal transformation did not significantly improve the mechanical properties but only increased the technological process’s time. Based on the obtained experimental results and a survey of the relevant literature, the following conclusions were drawn:

- Measurements of the retained austenite content in the steel samples via x-ray diffraction indicated that the maximum volume fraction of this phase existed in samples that were subjected to isothermal bainitic transformation at 400 °C. However, this phase was also present in large quantities in the BS sample after continuous cooling.
- The chemical composition of the bainitic steel after continuous cooling was balanced to obtain at least 90% of the degenerated upper bainite in the microstructure. This is much more difficult than conventional isothermal bainitic treatments.
- Decreasing the isothermal bainitic transformation temperature decreased its mechanical properties to a level close to that of its onset value. After bainitic treatment at 400 °C,
Fig. 10 SEM micrographs of the fracture surface of the BS (a, c, e, and g) and F-PS (b, d, f, and h) subjected to thermal processing under various different isothermal conditions.
there was a larger amount of retained austenite and a higher proof yield strength compared with those obtained after isothermal treating at higher temperatures.

- Comparing isothermal treatments for both the ferritic–pearlitic and bainitic steel, an isothermal bainitic transformation at 400 °C led to a considerable increase in the materials’ yield strengths, resulting from the more significant fraction and morphology of retained austenite in the samples. However, the best combination of ultimate tensile strength and total elongation was achieved by the BS after continuous cooling.

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