Review Article

Environmental Factors Preceding Aβ40 Monomer to Oligomers and the Detection of Oligomers in Alzheimer’s Disease Patient Serum

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We present here environmental factors including pH shifts, temperature, and metal ions surrounding Aβ40 monomer to precede the oligomers. We also suggest a new idea to detect Aβ40 oligomers with anti-Aβ40 monoclonal antibody using enzyme-linked immunosorbent assay. This method involves the different sensitivity of the thermal shifts between Aβ40 monomer and the oligomers. The idea is useful for the diagnostics of Alzheimer’s disease to detect Aβ40 oligomers in the serum from the patients.

1. Introduction

Alzheimer’s disease (AD) is the most common of senile dementia and characterized by memory loss, deterioration of cognitive and behavioral processes and social life, and these symptoms showed no relief through the life. The major pathological hallmark of AD is the accumulated Aβ plaques in the extracellular liquid [1] and neurofibrillary tangles in the intracellular accumulation of hyperphosphorylated and misfolded tau protein [2–4]. Among the brain lesions that are affected in AD and contain the highest number of senile plaques are the amygdala [5] and hippocampus [6]. The amygdala is involved in modulation of behavior, emotion, and memory due to its vast afferent and efferent projections. It has been reported that although lesions of amygdala alone do not appear to impair spatial learning, they potentiate hippocampus lesion-induced disruption of spatial learning [7]. The Aβ plaques are mainly composed of β-structured fibrils made up to β-amyloid protein 40/42 amino acid residues long (Aβ40/42), and they are processed from amyloid precursor protein (APP) in neurons and secreted into the interstitial fluid space (IFS) of the brain in the soluble form [8] and cerebrospinal fluid (CSF) that help to clear Aβ from IFS to the bloodstream [9, 10].

Some of misfolding mechanisms of Aβ to induce aggregation appear in AD brain. Because the aggregated Aβ is observed as extracellular structure, the concentration of Aβ in the ISF [15] and the environmental factors surrounding the protein may affect the process. Detection of the most toxic Aβ species to synapse and neuron [16] present during Aβ aggregation is a critical aspect in AD diagnostics. The molten-globule state of the protein that is a misfolding intermediate, Aβ oligomers before Aβ plaque formation is responsible for neuronal damages [17].

One possible model of direct Aβ cytotoxicity involves the cytopathic effect of amyloid fibrils, which are rich in β-sheets and thereby interact with cell surface receptors and result in aberrant activation of signal transduction pathways. This model is consistent with the observation of hyperphosphorylated focal adhesion kinase [18] and microtubule-associated tau protein [19]. Persistent binding and activation of cell surface receptors by amyloid fibrils may induce neuronal apoptosis. An alternative possibility of Aβs cytotoxicity is the direct damages to the cell surface membrane to form pores and induce calcium influx by hydrolytic activity of Aβ40 oligomers [20]. Recent study reports calcium ions stimulate the formation of Aβ40 oligomers that causally implicated in neuronal toxicity of AD [21].
Environmental factors surrounding Aβ

Figure 1: Environmental factors surrounding Aβ40 to precede Aβ40 oligomers. Aβs are exposed to the variety of environmental factors that affect the conformational changes. These factors involve pH shift, temperature, metal ions, sounds, gravity, atmospheric pressure, and vibration. These factors might be responsible to induce soluble Aβ monomer into oligomers which is a component of neurodegenerative process.

Reactivity of moAbs toward pH-modified Aβ40

Figure 2: Reactivity patterns of antibodies differ after pH-modification of the Aβ40 peptide [11]. The pH-modified Aβ40 peptides (4 μg/mL) at various pH values were tested for monoclonal antibody (e.g., anti-1–7 (fuchsia diamond), anti-5–10 (green square), 6F/3D (yellow circle), and 4G8 (red triangle)) and anti-1–42 (blue circle) which is a polyclonal antibody, binding at a concentration of 1 μg/mL on the standard ELISA system. Absorbance was measured at 405 nm. Results are expressed as means ± SEM (n = 6). The anti-1–7 and anti-5–10 antibodies showed very similar reactivity towards Aβ40 incubated at various pH values, the reactivity remaining constant over the entire pH range. In constant, the 6F/3D antibody showed decreasing reactivity as the pH was lowered from pH 8.0 to 4.6, followed by a dramatic increase as the pH was lowered from pH 4.6 to 3.0. Interestingly, reactivity of the 4G8 antibody showed a profile similar to that shown by antibody 6F/3D, with the lowest signal at pH 4.6.

Many candidates of AD biomarker in blood, plasma, serum, and CSF are reported. The CSF levels of Aβ42, tau and phosphorylated tau are potential biomarkers of AD [22], and plasma measures of Aβ are of limited diagnostic value but may provide important information as a measure of treatment response [23].

Many monoclonal antibodies (moAbs) to recognize Aβ40 monomer are reported, and their epitopes are determined; however, there is no specific moAb for Aβ40 oligomers. The conformational changes of Aβ40 monomer to oligomers are induced in response to physiological environments surrounding Aβ40, and some of Aβ40 sequences are responsible to the changes. We used the moAb to react with the responsible sequence to the changes.

The Aβ40 monomer is flexible and have high free energy before exposure to environmental changes, and the moAb shows high level of signals; however, after the exposure, its flexibility is constricted and free energy became low. In the
steps, some epitopes of the moAb are hidden inside the oligomers and the moAb could not bind to the epitopes, which resulted in the low level of signals. The remarkable fall down of reactivity of moAb towards Aβ40 monomer is useful to distinguish from Aβ40 oligomers, because the reactivity towards Aβ40 oligomers show no changes before and after the exposure. We applied the idea to determine Aβ40 forms in Alzheimer’s disease patients serum.

2. Environmental Factors Surrounding Aβ40

Aβs on the neuronal cell are exposed to various intracellular and extracellular environmental factors in brain. Aβs are exposed to acidic pH in lysosome and extracellular factors surrounding Aβs involve temperature, metal ions, vibration, sounds, gravity, pressure, free radicals, lipid, concentration, and chemical chaperones [24]. These factors might be responsible to induce soluble Aβ monomers to molten-globule states of oligomers which are a component of neurodegenerative process and toxic to neuronal cells (Figure 1).

2.1. pH Shifts. The native conformation of Aβ in AD and PrP in Scrapie is modulated by pH shift surrounding the protein, resulting in a “molten globule” state that is less ordered than native protein and is a folding intermediate to precede amyloid protein, however, still preserve the mean overall feature of the native protein [25].

In Aβ40, a critical pH to induce the conformational transition is at around pH 5, which is a mimicking of a lysosomal pH [11]. The responsible sequences to the pH shift was Aβ 9-14:GYEVHH and 17–21:LVFFA, and the Glu at position 11 is most responsible to the acidic pH shift and induce soluble Aβ40 to insoluble form [26] (Figure 2).

Scrapie is a disease of protein misfolding of cellular prion protein (PrPc), in which the largely α-helical and PrPc is converted to pathological isoform of scrapie PrP(PrPsc), that is rich in β-sheet [27, 28]. PrPsc is formed in caveolae
amino acid residues 17–21 were observed at 36–40 °C. The pH dependence of PrP(90–231) was tested, and the moAbs which recognize amino acids sequence of 94–105(GTHNQWNKPSKP), 107–112(TNMKHM), and 138–142(MMHFG) of PrPc showed pH-dependent reactivity. They showed high signals towards PrP(90–231) modified below pH 4.7, and the signals fall down remarkably towards PrP(90–231) modified over pH 5.2, suggesting that these regions of PrP(90–231) were sensitive to pH shifts; however, the signals from the same region of the full length of PrP(29–231) showed no sensitivity to the entire pH shifts. This pH dependence of PrP(90–231) suggests the titration of an acidic region that might inhibit the N-terminal epitopes. A similar pH dependence for a monoclonal antibody reactive to the central region of 146–154(EDRYYRENM) identified an acidic region incorporating Glu152 as a significant participant (Figure 3) [12].

2.2. Temperature within Physiological Limits. Temperature-induced transition of Aβ40 plays an important role in the structural transformation from α-helix and random coil to β-sheet form in aqueous solution by heating [32]. High temperature induces structural changes in Aβ (tangle and plaques) or changes in brain similar to those observed in AD [33]. The conformation of Aβ40 at 0–20°C was α-helical, whereas conformational changes of Aβ40 towards β-sheet conformation were observed at between 35–45, 60–65, and 80–85°C [13].

The occurrence of changes within specific temperature ranges may indicate thermal specificity or adoption by Aβ40 of various conformations at wide range of heating, due to increasing intermolecular β-sheet structures [34]. The temperature within the physiological limits also induced the changes to Aβ40, the apparent changes were observed at 36–38°C in the amino acid residues 9–14, and the changes in the amino acid residues 17–21 were observed at 36–40°C [13], and both sequences have been reported to be involved in pH-induced conformational transition of Aβ40 [11] (Figure 4). The observation within physiological limits may occur in vivo with high fever over 38°C in response to inflammatory disease, and thermal stress may affect Aβ40 in our brain.

Temperature-dependent secondary structure of Aβ40, Aβ42 and Aβ28 in the solid state was also studied by simultaneous Fourier transform infrared/differential scanning calorimetry (FT-IR/DSC) microspectroscopic system. Basically, Aβ28 is composed from major β-sheet and minor α-helix with little random coil, and Aβ40 consisted of major β-sheet, minor random coil, and little α-helix, but Aβ42 mainly consisted of the predominant β-sheet structure. Thus, the intact Aβs show a different secondary structures, and thermal treatment induces a similar β-sheet structure for Aβ40 at 45°C and for Aβ28 at 40°C; however, there was no transitional temperature for Aβ42 [35]. Actually, temperature at 45°C induced changes for Aβ40 by reducing the compositions from 37 to 20–24% for α-helical and random coil structures but increasing the components from 27 to 45% for intermolecular β-sheet structures [34]. The thermal-induced denaturation is an important factor in the structural transformation from α-helix/random coil to β-sheet in Aβs.

2.3. Metal Ions. The metal ions such as Zn2+, Cu2+ were implicated in AD progression [36–38], and their interaction with Aβ in stimulating Aβ aggregation has been studied in vitro. The binding of metal ions induces Aβ conformation, initially rich in random coil structure to a β-sheet structure, favorable the partially folding intermediates. Under acidic pH, Cu2+ and Fe3+ induce drastic aggregation; however, under neutral or alkaline pH, they showed limited propensity to Aβ aggregation [39–41]. Oligomerization of the Aβ peptides can be rapidly induced in the presence of Zn2+ ions under physiological conditions [42–44], and, under both at alkaline and acidic pH, it could induce Aβ aggregation and form protease resistant aggregates [45]. It was suggested that
Identification of response of temperature-modified serum of patients with Alzheimer's disease

**Figure 5**: Identification of response of temperature-modified serum of patients with Alzheimer’s disease [14]. According to the criteria of National Institute of Neurological and Communicative Disorders and Stroke/Alzheimer’s Disease and Related Disorders, AD patients were enrolled, and the patients were classified into two groups of mild AD and severe AD with age match. MMSE score 1–9 was as severe AD and the score of 10–22 was as mild AD. Sera from two AD groups were tested for their reactivity against 4G8 with ELISA. (a) The absorbance in the severe AD was lower than that of the mild AD though the temperatures and the signals from mild AD were almost constant; however, the significant lower signal was observed in severe AD at 40°C (P < 0.02) and 41°C (P < 0.05). The signals from Aβ40 peptide as a control showed decrease as the temperature increase in a temperature-dependent manner. (b) The minimum/maximum optical density ratio of each patient’s serum was calculated and obtained the average of ratios for severe and mild AD. The ratio value for patients with severe AD (0.43 ± 0.05) was significantly (P < 0.001) lower than that for patients with mild AD (0.69 ± 0.01). The average min/max optical density value for the synthetic Aβ1–40 peptide, used as a control, was 0.72 ± 0.02.

Aβ possesses preferential Zn²⁺-binding sites in its N-terminal 1–16 and the metal ion interacts with His-6, -13, and -14 both at acidic and alkaline pH [46–48]. Recent reports suggests that soluble Aβ oligomers rather than matured Aβ fibrils exhibit the major neurotoxicity and these histidine residues may be a target to decrease the cytotoxicity [49] and suggested that a Pt compounds and Ru²⁺ complex may react with Aβ28 [50].

Recent report suggest the mechanisms and structures of amyloid formation by Zn²⁺ binding. Though Zn²⁺ does not affect the β-sheet association around the C-terminal hydrophobic region, it shifts the relative aggregation major species. As a result, Zn²⁺ coordination promotes Aβ42 aggregation leading to less uniform structures and increasing Zn²⁺ concentration slows down the aggregation rate [51].

Though there are many reports to demonstrate the neurotoxic effects and their interference with a variety of cellular and metabolic process, the pathogenesis of Al³⁺ in AD is still under debate [52, 53]. A comparative study under alkaline pH showed that Zn²⁺ and Cu²⁺ ions were much less efficient than Al³⁺ ion in stimulating the spontaneous fibril formation of Aβs. The putative Al³⁺-chelating amino acid residues are present both in the hydrophilic segment (Aβ1–16) and in the hydrophobic core (Aβ20–35), suggesting that the Al³⁺-binding is less restricted than that for Zn²⁺ and Cu²⁺, which is confined to the N-terminal sequence [54].

**3. Application of Temperature-Induced Aβ40 Conformational Changes for AD Diagnostics [14]**

The earlier intervention is required in AD treatments, and the determination of clinical phase of AD in early stage is necessary. Up to date, there are no reports about useful markers of AD staging.

We exposed Aβ40 peptide to the thermal shifts and observed the reactivity pattern to moAbs with an enzyme-linked immunosorbent assay (ELISA) before and after the
exposures. The signals from Aβ40 before thermal exposure fall down after the exposure, in which Aβ40 oligomerization is induced by thermal shifts.

The clinical phase of AD was determined with MMSE, and mild AD presents MMSE over 24 and severe AD presents MMSE below 9. We used the sera from patients diagnosed with mild AD and severe AD to detect the different reactivity pattern to specific antibodies targeting Aβ17–21(4G8 moAb). The reactivity patterns of sera to 4G8 at 36–42°C was determined by ELISA. The Aβ40 peptide as a control showed the reactivity pattern in a temperature-dependent manner, and the reactivity of sera from patients with severe AD was less than that of sera from patients with mild AD though the temperatures 36–41°C and the remarkable fall down at 41–42°C were shown in severe AD, however, with no difference at 42°C (Figure 5(a)). The severity of AD is associated with greater Aβ40 aggregation. We propose that the ratio of differences of signals with ELISA between 38°C and 40°C is useful to determine the severity of AD (Figure 5(b)). The present results may be of value in staging and following up of patients with AD.

4. Conclusion

Acidic environment at around pH 5, a temperature between 38–39°C within physiological limits, and Cu²⁺ and Zn²⁺ ion at neutral pH could precede Aβ40 from monomer to oligomers. The sequence of QKLVFFA is responsible of the fall down after the exposure, in which Aβ oligomerization and the sequence may be useful as a biomarker of Aβ oligomers in AD serum. The differences of Aβ40 conformation in AD patients serum were demonstrated as the different sensitivity of Aβ40 in response to the thermal shift, and it was detected with the moAb which recognizes QKLVFFA, corresponding to amino acids 15–21 of Aβ40/42 by ELISA. We suggest here a new diagnostic approach for AD staging by monitoring the reactivity mode of the moAb to Aβ40 before and after exposure to the thermal shift.

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