We analyze the efficiency of the quantum Otto cycle applied to a superconducting cavity. We consider its description in terms of a full quantum scalar field in a one-dimensional cavity with a time dependent boundary condition that can be externally controlled to perform and extract work unitarily from the system. We study the performance of this machine when acting as a heat engine as well as a refrigerator. It is shown that, in a non-adiabatic regime, the efficiency of the quantum cycle is affected by the dynamical Casimir effect, that induces a sort of quantum friction that diminishes the efficiency. We also find regions of parameters where the effect is so strong that the machine can no longer function as an engine since the work that would be produced is completely consumed by the quantum friction. However, this effect can be avoided for some particular temporal evolutions of the boundary conditions that do not change the occupation number of the modes in the cavity, leading to a highly improved efficiency.

I. INTRODUCTION

As a consequence of the unceasing miniaturization of technological devices [1–3], there has been a growing interest in quantum thermodynamics in the last decade. This field captivates two different but complementary features. On the one hand, it aims to obtain a rigorous derivation of the laws of thermodynamics from microscopic interactions at a quantum level. On the other hand, in a more applied aspect, it seeks to improve thermodynamic processes, such as the conversion of heat into mechanical work, using quantum phenomena without a classical analogue such as coherence [4, 5] or entanglement [6, 7]. The concept of information, and its intimate relationship with entropy and thermodynamics, plays a very important role in both aspects [8] mentioned above.

Likewise, the advent of new technologies pursuing improvement in the experiments has attained the observation of phenomena in the laboratory that would have been unthinkable until recently. Conjectures and thermodynamic relationships can now be studied in multiple experimental implementations: from ion traps, through cold atoms in optical networks, to superconducting qubits and atom chips [9–11]. All these features are taken into consideration in a context of miniaturization of technology on the nano-scale. Hence, the question that naturally arises is to what extent the laws of thermodynamics and its phenomena are respected in the microscopic world.

A fundamental role in the progress of quantum thermodynamics is played by small autonomous quantum thermal machines. These machines represent an ideal testing bench for studying quantum thermodynamics, as their size requires a quantum description for its evolution and they can provide work using thermal interactions with heat baths at different temperatures. In particular, it is very interesting to study how entanglement and coherence can enhance performance of these machines, for instance by achieving better cooling or extracting more work from given resources. Moreover, the investigation about the feasibility of experimental realizations of autonomous quantum thermal machines in mesoscopic systems, such as superconducting qubits and semiconductor quantum dots; or quantum simulations using standard circuit quantum electrodynamics architectures, has become relevant these days. Most of the research in this area has been conducted on qubits [10] or harmonic oscillators [12] subjected to different thermodynamic cycles. While in certain cases a quantum field in a cavity can be studied as a few modes that behave as harmonic oscillators, there are important circumstances under which this approximation fails. However, only a handful of papers have studied the effects arising from a full quantum field [13–16] and most of them as a bath and not a working medium.

In this work we shall study a thermal machine implemented with a superconducting circuit, consisting of a transmission line terminated by a superconducting quantum interference device (SQUID), which is subjected to a quantum Otto cycle. The machine is driven by an external magnetic field applied to the SQUID. For certain choices of the parameters of the circuit, the behavior of the machine is equivalent to that of a cavity with variable length, in which the quantum scalar field is the working medium. This provides an interesting connection with the systems usually considered to analyze the so called dynamical Casimir effect (DCE), that will play an important role in what follows.

Broadly, the quantum Otto cycle involves a system, or working medium, ruled by a Hamiltonian $H_0$ to which four basic operations or strokes are applied in a cyclic fashion. Firstly, the system is put into contact with a cold bath at inverse temperature $\beta_A$; leaving the system in a thermal state, with an internal energy $E_A$. Secondly,
the system is isolated from the bath and subjected to a
time dependent Hamiltonian; reaching a state with internal
energy $E_B$. Thirdly, the system is put into contact
with a hot bath at inverse temperature $\beta_C$; attaining once
again a thermal state but this time of internal energy $E_C$. Finally,
the system is once more isolated from the bath and subjected to a
time dependent Hamiltonian; reaching a state with internal
energy $E_D$.

As a consequence, in the third stroke we provide the machine
with heat

$$ Q = E_C - E_B $$

and we extract work between operations A and B given by

$$ W_{AB} = E_A - E_B $$

and between C and D given by

$$ W_{CD} = E_C - E_D. $$

This amounts to a total work extracted of

$$ W = W_{AB} + W_{CD}. $$

If this work is positive, $W > 0$, we say that the machine
acts as a heat engine, which means it converts the heat
from the thermal baths into useful work with an efficiency
given by

$$ \eta = \frac{W}{Q}. $$

On the other hand, if the work and heat are negative, $W, Q < 0$, it is said that the machine acts as a refrig-erator, which means it takes work and uses it to heat the
hot bath and cool the cold one.

II. THE SYSTEM

We shall consider a superconducting cavity of finite size
(for example a waveguide ended with two SQUIDs). The
electromagnetic field inside the cavity can be described by a
quantum massless scalar field, the superconducting
phase field $\Phi(x, t)$, where $x$ is the spatial coordinate
along the cavity. The system can be therefore modeled
by a massless scalar field in $1 + 1$ dimensions satisfying
generalized Robin boundary conditions [17]. The gener-alization involves not only time dependent parameters,
but also the presence of the second time derivative $\partial_t^2 \Phi$.
We will assume the cavity has length $L_0$, it is decoupled from the input line at $x = 0$, and has a SQUID at
$x = L_0$. The cavity, which is assumed to have capacitance $c$ and inductance $l$ per unit length, is described by the
superconducting phase field Lagrangian

$$ L_{cav} = \left(\frac{\hbar}{2e}\right)^2 c \int_0^{L_0} dx \left( (\partial_t \Phi)^2 - v^2 (\partial_x \Phi)^2 \right) + \left( \frac{\hbar}{2e} \right)^2 2C_j \left( \partial_t \Phi(L_0, t)^2 - E_j \cos f(t) \Phi(L_0, t)^2 \right), $$

where $v = 1/\sqrt{ic}$ is the field propagation velocity and
$f(t)$ is the phase across the SQUID controlled by exter-nal magnetic flux. $E_j$ and $C_j$ denote the Josephson energy and capacitance, respectively. As anticipated, the
description of the cavity involves the field $\Phi(x, t)$ for
$0 < x < L_0$ and the additional degree of freedom $\Phi(L_0, t)$. The dynamical equations read

$$ \partial_t^2 \Phi - v^2 \partial_x^2 \Phi = 0, $$

(2)

(in what follows we will set $v = 1$), and [18, 19]

$$ \frac{\hbar^2}{E_C} \partial_t^2 \Phi(L_0, t) + 2E_j \cos f(t) \Phi(L_0, t) + E_{l,cav} \Phi(L_0, t) = 0, $$

(3)

where $E_C = (2e^2/(2C_j)$ and $E_{l,cav} = (\hbar/2e)^2(1/L_0)$. The equation above stems from the variation of the action with respect to $\Phi(L_0, t)$, and can be considered as a generalized boundary condition for the field. We could consider general boundary conditions also at $x = 0$, but for the sake of simplicity we will assume that $\Phi(0, t) = 0$ (physically corresponding to the situation where the cavity is decoupled). Under a specific choice of the cavity and SQUID parameters, and also adjusting the external magnetic field across the SQUID at $x = L_0$, the second time derivative of the field becomes negligible and Eq.(3) can be written as

$$ 0 = \Phi(L_0, t) + \frac{E_{l,cav} L_0}{2E_j \cos f(t)} \partial_t \Phi(L_0, t) $$

(4)

$$ \approx \Phi(L_0) + \frac{E_{l,cav} L_0}{2E_j \cos f(t)} t, $$

(5)

and the superconducting cavity behaves as a perfect cav-ity with a moving mirror at end, i.e. $L_0$ is a function of
the cavity, that we will denote $L_0 \equiv L(t) = L_0 + \frac{E_{l,cav} L_0}{2E_j \cos f(t)}$. In this scenario, one may impose Dirichlet boundary conditions at both ends of the cavity, say $\Phi(0, t) = \Phi(L(t), t) = 0$ [20–22]. In fact, it has been demonstrated that non stationary boundary conditions effects in a cavity can be implemented in a circuit QED system [23, 24].

For a static cavity, $L(t) = L_0$, these conditions de-termine the eigenfrequencies, which are given by $n \pi/L_0$. We will denote the frequency spectrum by $|\omega_n(L_0)|_{n \in \mathbb{N}}$, since many of our results will be valid for more general boundary conditions. This allows us to expand the field in terms of bosonic operators $a_n$ as

$$ \Phi(x, t) = \sqrt{\frac{2}{L_0}} \sum_{n=1}^{\infty} [a_n e^{-i\omega_n(L_0)t} \sin(\omega_n(L_0)x) + h.c.]. $$

(6)

As a result, the Hamiltonian of the system for the static case is given by

$$ H_0 = H_{\text{free}} + H_{SC}(L) $$

(7)

where $H_{\text{free}} = \sum_{k=1}^{\infty} \hbar \omega_k N_k$ with $N_k = a_k^\dagger a_k$ and $\omega_k = \omega_k(L_0)$, while $E_{SC}(L_0) = -\pi \hbar(24L_0)$ is the energy corresponding to the static Casimir effect (vacuum energy inside the cavity for Dirichlet boundary conditions).
One could naively think that if the wall moves with a trajectory \( L(t) \) the system would evolve according to the Hamiltonian given by \( \sum_{k=1}^{\infty} \omega_k(L(t))N_k + E_{SC}(L(t)) \) which happens to be the case for an adiabatic process or transformation (for example if the wall moves infinitely slow). However, a careful calculation shows that if the trajectory is given by

\[
L(t) = L_0 + \delta L(t) = L_0[1 - e^{\delta(t)}]
\]

with \( 0 = \delta(0) < \delta(t) < \delta(\tau) = 1 \) and \( 0 < \epsilon \ll 1 \), then, as shown in Appendix A, the Hamiltonian of the quantum field is actually

\[
H(t) = H_0 + H_1(t)
\]

where

\[
\begin{align*}
H_1(t) &= \hbar \sum_{k=1}^{\infty} \left[ \omega'_k \delta L(t) a_k^\dagger a_k + \frac{\omega''_k}{2} \delta L(t) \left( a_k^\dagger a_k^\dagger + a_k^2 \right) \right] \\
&+ \frac{\hbar}{2i} \sum_{k,j=1}^{\infty} \frac{\delta L(t)}{L_0} g_{kj} \left[ \sqrt{\frac{\omega_k}{\omega_j}} \left( a_k a_j - a_k^\dagger a_j^\dagger + a_k a_j^\dagger - a_k^\dagger a_j \right) \right].
\end{align*}
\]

The result is valid up to first order in \( \epsilon \), and we have used the definitions \( \omega'_k = (d\omega_k/dL)(L_0) \) and

\[
g_{kj} = -g_{jk} = \frac{1}{L} \int_0^L dx (\partial_L \psi_k) \psi_j.
\]

The key physics of the motion of the wall is captured by the different terms in \( H_1 \). There are essentially four distinct physical processes represented by each term. The first term is proportional to the original Hamiltonian and simply reflects the fact that when the wall is static in a different position the frequency spectrum varies. The second term proportional to \( \left( a_k^\dagger a_k + a_k^2 \right) \) is directly associated with DCE, and uses the kinetic energy of the wall to spontaneously create pairs of photons inside the cavity in mode \( k \), even if the initial state of the cavity is the vacuum (squeezing effect). Finally, the third term contains two qualitatively different processes, the sum \( \left( a_k a_j - a_k^\dagger a_j^\dagger \right) \) is also associated with the DCE and generates pairs of entangled photons in modes \( k \) and \( j \), while the sum \( \left( -a_k a_j + a_k^\dagger a_j^\dagger \right) \) simply redistributes or scatters photons from mode \( k \) to \( j \).

### III. OTTO CYCLE IN A SUPERCONDUCTING CAVITY

We will study the following implementation of the Otto cycle for a scalar quantum field in a cavity with a moving wall. The cycle is represented in Fig.1 and can be described as:

A. First, the system is put into contact with a cold bath at inverse temperature \( \beta_A \). This leaves the system in a thermal state

\[
\rho^{\beta_A} = \frac{\exp(-\beta_A H_{\text{free}})}{Z} = \prod_{k=1}^{\infty} \frac{e^{-\beta_A \omega_k N_k}}{Z_k},
\]

with

\[
Z_k = \text{Tr}(e^{-\beta_A \hbar \omega_k N_k}) = \frac{1}{1 - e^{-\beta_A \hbar \omega_k}}
\]

and internal energy

\[
E_A = \text{Tr}(\rho^{\beta_A} H_{\text{free}}/Z) + E_{SC}(L_0)
\]

\[
= \sum_{k=1}^{\infty} \frac{\hbar \omega_k}{e^{\beta_A \hbar \omega_k} - 1} + E_{SC}(L_0)
\]

\[
= \sum_{k=1}^{\infty} \hbar \omega_k \bar{N}_k^{\beta_A} + E_{SC}(L_0),
\]

where in the last line we introduced the notation \( \bar{N}_k^{\beta_A} \) for the thermal occupation number.

B. Second, the wall is displaced from \( L_0 \) to \( L_1 = L(\tau) = L_0(1 - \epsilon) \) following the trajectory (8) and compressing the cavity. As a consequence the system evolves under the hamiltonian (10) resulting in the internal energy

\[
E_B = \sum_{k=1}^{\infty} \hbar \omega_k(L_1) \text{Tr}(\rho N_k) + E_{SC}(L_1).
\]

C. Third, the system is put into contact with a hot bath at inverse temperature \( \beta_C \). This leaves the system in a thermal state with internal energy

\[
E_C = \sum_{k=1}^{\infty} \hbar \omega_k(L_1) \bar{N}_k^{\beta_C} + E_{SC}(L_1),
\]

where \( \bar{N}_k^{\beta_C} \) is also evaluated at \( \omega_k(L_1) \).

D. Fourth, the wall is moved again, returning from \( L_1 \) to \( L_0 \), following the reversed trajectory \( \tilde{L}(t) = L(\tau - t) \). That is, the cavity is expanded to its original size, ending the process with an internal energy

\[
E_D = \sum_{k=1}^{\infty} \hbar \omega_k \text{Tr}(\tilde{\rho} N_k) + E_{SC}(L_0),
\]

where \( \tilde{\rho} \) is the density matrix associated to the reversed trajectory.

#### A. Adiabatic evolutions

If we now assume that the wall is moved slowly enough to be in the condition of the quantum adiabatic theorem,
that is if $\tau \gg 1/\omega_1$, then there would be no change in the population of the energy levels, meaning
\[
\text{Tr}(\rho N_k) = \text{Tr}(\rho^{\beta_A} N_k),
\]
and
\[
\text{Tr}(\tilde{\rho} N_k) = \text{Tr}(\rho^{\beta_C} N_k).
\]
Then the heat given to the system would be
\[
Q_{\text{Otto}} = E_C - E_B = \sum_{k=1}^{\infty} \hbar \omega_k(L_1)(\tilde{N}_k^{\beta_C} - \tilde{N}_k^{\beta_A})
\]
and the work
\[
W_{\text{Otto}} = (E_A - E_B) + (E_C - E_D) = \sum_{k=1}^{\infty} \hbar(\omega_k(L_1) - \omega_k)(\tilde{N}_k^{\beta_C} - \tilde{N}_k^{\beta_A}).
\]
As we can see the static Casimir energy $E_{SC}$ does not modify neither the heat provided nor the work delivered by the machine. Additionally, if the condition $\omega_k \beta_A \leq \omega_k(L_1) \beta_C$ is satisfied for all $k$, then $Q_{\text{Otto}} > 0$. Also, using that $L_1 < L_0$ we have $\omega_k(L_1) > \omega_k$ and the work ends up being positive $W > 0$.

In light of these results, the efficiency can be written as
\[
\eta_{\text{Otto}} = \frac{W_{\text{Otto}}}{Q_{\text{Otto}}} = \frac{\sum_{k=1}^{\infty} \hbar(\omega_k(L_1) - \omega_k)(\tilde{N}_k^{\beta_C} - \tilde{N}_k^{\beta_A})}{\sum_{k=1}^{\infty} \hbar \omega_k(L_1)(\tilde{N}_k^{\beta_C} - \tilde{N}_k^{\beta_A})}
\]
and, if the spectrum is given by $\omega_k(L) = k\pi/L$ (as is the case in a superconducting circuit choosing the parameters appropriately), we have
\[
\frac{\omega_k}{\omega_k(L_1)} = \frac{k\pi/L_0}{k\pi/L_1} = \frac{L_1}{L_0} = 1 - \epsilon
\]
from which we can obtain the following simple result for the efficiency
\[
\eta_{\text{Otto}} = \epsilon.
\]

The above expression implies that the efficiency of the Otto cycle for our system, in the adiabatic limit, only depends on the compression ratio. In addition, we stress that if we want to achieve the maximum possible efficiency (which is that of Carnot, $\eta_{\text{Carnot}}$), then the thermal baths and cavity compression should satisfy
\[
\epsilon = \eta_{\text{Otto}} = \eta_{\text{Carnot}} = 1 - \frac{\beta_C}{\beta_A}.
\]

### B. Non-Adiabatic evolutions

In this Section we will go beyond the adiabatic approximation and show that the DCE induces a sort of “quantum friction” which reduces the efficiency of the cycle. It is then necessary to calculate
\[
\text{Tr}(\rho H) = \text{Tr}(U \rho^{\beta_A} U^\dagger H).
\]
We shall proceed by using perturbation theory to the lowest order in $\epsilon$. Our Hamiltonian Eq.(9) is readily suited to perform this calculation in the interaction picture. It is important to remember that in the interaction picture the states evolve according to
\[
\ket{\psi_I(t)} = U_1 \ket{\psi_S}
\]
with $U_1$ given by
\[
U_1 = T \exp(-i \int_0^t H_I(t) dt / \hbar),
\]
while the operators change with time as
\[
A_1(t) = U_0 A_S(t) U_0^\dagger,
\]
where $U_0 = \exp(-i H_{\text{free}} t / \hbar)$ (we are using the subscript $S$ and $I$ for the Schrödinger and interaction picture respectively).

In our case, the energy of the quantum field at time $t = \tau$ is given by
\[
E(\tau) = \text{Tr}(\rho H) = \text{Tr}(U \rho^{\beta_A} U^\dagger H) = \text{Tr}(\rho^{\beta_A} U_1^\dagger H_I(\tau) U_1).
\]
We will calculate this energy perturbatively to second order in $\epsilon$. We can do this by first approximating $U_1$ to
second order and replacing these results in Eq. (28) to obtain
\begin{equation}
E(\tau) = \text{Tr}(\rho^{\beta\lambda}H_1(\tau)) \\
- \frac{1}{\hbar} \int_0^\tau dt_1 \text{Tr}(\rho^{\beta\lambda}H_1 H_1(1)(t_1)) - \text{Tr}(\rho^{\beta\lambda}H_1(1)(t_1)H_1)] \\
+ \frac{1}{\hbar^2}(-i)^2 \int_0^\tau dt_1 \int_0^\tau dt_2 \text{Tr}(\rho^{\beta\lambda}H_1(1)(t_2)H_1H_1(t_1)) \\
+ \frac{1}{\hbar^2}(-i)^2 \int_0^\tau dt_1 \int_0^\tau dt_2 \text{Tr}(\rho^{\beta\lambda}H_1(1)(t_1)H_1H_1(t_2)).
\end{equation}

We should further expand the bosonic operators in $\epsilon$, as described in Appendix A, to obtain
\begin{equation}
H_1(\tau) = \omega(1 + \delta(\tau))[N + \frac{\delta(\tau)}{2}(e^{i2\omega\tau} a^2 + e^{-i2\omega\tau} a^2) \\
+ \frac{\delta(\tau)}{4}(2N + 1)].
\end{equation}

Replacing this result into Eq.(29) and further simplifying the expression we find that the internal energy is given by
\begin{equation}
E(\tau) = \sum_k \left[ \hbar \omega_k N_k^{\beta\lambda} + \frac{\epsilon^2}{4} \hbar \omega_k \int_0^\tau dt_1 \int_0^\tau dt_2 F^{\beta\lambda}(t_1, t_2) \right]
\end{equation}
where,
\begin{equation}
F^{\beta\lambda}(t_1, t_2) = \frac{\omega^2 L^2}{2\omega_k^2} \delta(t_1)\delta(t_2) \cos [2\omega_k(t_1 - t_2)] \\
\times \left\{ 2N_k^{\beta\lambda} + 1 \right\} + \sum_{j=0}^\infty \delta(t_1)\delta(t_2) \frac{g_{jk}^2}{\omega_j\omega_k} \\
\times \left[ (\omega_k - \omega_j)^2 \cos [(\omega_j + \omega_k)(t_1 - t_2)] \\
\times \left[ N_k^{\beta\lambda} + N_j^{\beta\lambda} + 1 \right] \\
+ (\omega_j + \omega_k)^2 \cos [(\omega_j - \omega_k)(t_1 - t_2)] \\
\times \left[ N_j^{\beta\lambda} - N_k^{\beta\lambda} \right].
\end{equation}

We can see that the non-adiabatic contribution to the energy is
\begin{equation}
E_{F}^{\beta\lambda}(\tau) = \frac{\epsilon^2}{4} \sum_k \hbar \omega_k \int_0^\tau dt_1 \int_0^\tau dt_2 F^{\beta\lambda}(t_1, t_2),
\end{equation}
which is a form of quantum friction [12, 25–28]. This is because it is non conservative, meaning that it is not a function of the state of the cavity, but rather it fundamentally depends on the trajectory $\delta(t)$ that was used to reach that state. Furthermore, since $E_F$ depends quadratically on $\delta(t)$ and $\delta(t)$ this energy contribution will be the same, in modulus and sign, whether the wall moves forward or backwards. This is in direct contrast to conservative forces, and more alike to the energy dissipated due to a viscous medium that depends on the trajectory (and even the speed $\delta$) but not on the direction. Furthermore, we can show that this energy is always non-negative. Noting that
\begin{equation}
\int_0^\tau dx \int_0^\tau dy f(x)f(y) \cos(w(x - y)) = \left( \int_0^\tau dx f(x) \cos(wx) \right)^2 + \left( \int_0^\tau dx f(x) \sin(wx) \right)^2 \geq 0,
\end{equation}
it is clear that the first and second terms in Eq.(32) are non-negative. The third term can be written as
\begin{equation}
\sum_{k,j=1}^{\infty} \frac{h_{jk}}{\omega_j} \left[ N_j^{\beta\lambda} - N_k^{\beta\lambda} \right] = \sum_{k,j=1}^{\infty} \frac{h_{jk}}{\omega_j\omega_k} (\omega_k - \omega_j) \left[ N_j^{\beta\lambda} - N_k^{\beta\lambda} \right],
\end{equation}
which is non negative because $\omega_k > \omega_j$ for $k > j$ and therefore $N_j^{\beta\lambda} > N_k^{\beta\lambda}$. This proves that $E_{F}^{\beta\lambda}(\tau) \geq 0$.

\section*{C. An upper bound on the friction energy}

We can set an upper bound on this friction energy by assuming that the wall has vanishing acceleration at the beginning and the end of the motion, $\delta(0) = \delta(\tau) = 0$. Integrating by parts
\begin{equation}
|E_{F}^{\beta\lambda}(\tau)| \leq \left( \sum_{k=0}^{\infty} \frac{h_{2k}}{4} \int_0^\tau dt_1 \int_0^\tau dt_2 \left( \frac{L_0^2\omega_k^2}{16\omega_k^2} \delta(t_1)\delta(t_2) \cos [2\omega_k(t_1 - t_2)] \right) \right)^2 \\
\times \cos [2\omega_k(t_1 - t_2)] \left\{ 2N_k^{\beta\lambda} + 1 \right\} + \sum_{j=0}^{\infty} \frac{g_{jk}^2}{\omega_j\omega_k} \delta(t_1)\delta(t_2) \\
\times \left[ (\omega_k - \omega_j)^2 \cos [(\omega_j + \omega_k)(t_1 - t_2)] \left[ N_k^{\beta\lambda} + N_j^{\beta\lambda} + 1 \right] \\
+ (\omega_j + \omega_k)^2 \cos [(\omega_j - \omega_k)(t_1 - t_2)] \left[ N_j^{\beta\lambda} - N_k^{\beta\lambda} \right] \right) \\
\leq \left( \int_0^\tau dt \left| \delta(t) \right| \right)^2 \sum_{k=0}^{\infty} \frac{h_{2k}}{4} \left( \frac{L_0^2\omega_k^2}{16\omega_k^2} (2N_k^{\beta\lambda} + 1) \\
+ \sum_{j=0}^{\infty} \frac{g_{jk}^2}{\omega_j} \frac{(\omega_k - \omega_j)^2}{(\omega_k + \omega_j)^4} \left( N_k^{\beta\lambda} + N_j^{\beta\lambda} + 1 \right) \\
+ \frac{(\omega_k + \omega_j)^2}{(\omega_k - \omega_j)^4} \left( N_j^{\beta\lambda} - N_k^{\beta\lambda} \right) \right). \tag{35}
\end{equation}

If we further assume that the acceleration of the wall has one local (and global) maximum at $t_M$ and one negative
local (and global) minimum at $t_m$ then

$$\left| E_F^{\beta_A}(\tau) \right| \leq \left( \delta(t_M) - \delta(t_m) \right)^2 \sum_{k=0}^{\infty} \frac{\hbar e^2}{k} \times \left\{ \frac{L_0^2 \omega_k^2}{16 \omega_k^2} \left( 2 N_k^{\beta_A} + 1 \right) + \sum_{j=0}^{\infty} g_j^2 \omega_j \left[ (\omega_k - \omega_j)^2 (N_j^{\beta_A} + N_j^{\beta_A} + 1) \right] + \frac{(\omega_k + \omega_j)^2}{(\omega_k - \omega_j)^4} \left( N_j^{\beta_A} - N_j^{\beta_A} \right) \right\}.$$ (36)

In this way, by making a few reasonable assumptions, we can bound the friction energy due to the DCE over a very wide range of trajectories.

### D. Efficiency as a heat engine

From the energy generated by the moving wall, it is straightforward to calculate the heat dissipated

$$Q = E_C - E_B = \sum_{k=1}^{\infty} \hbar \omega_k (L_1) \tilde{N}_k^{\beta_C} - \sum_{k=1}^{\infty} \hbar \omega_k (L_1) \tilde{N}_k^{\beta_A} + e^2 \frac{\hbar \omega_k (L_1)}{4} \int_0^\tau dt_1 \int_0^\tau dt_2 F^{\beta_A}(t_1, t_2).$$ (37)

Since the friction energy is already quadratic in $\epsilon$, we can approximate $\omega_k (L_1) \approx \omega_k$ in that term. The heat is then given by

$$Q = Q^{\text{Otto}} - E_F^{\beta_C}(\tau),$$. (38)

to second order in $\epsilon$.

The work is also easy to calculate

$$W = W_{AB} + W_{CD} = W^{Otto} - \left[ E_F^{\beta_A} + E_F^{\beta_C} \right].$$ (39)

Finally, the efficiency as a heat engine for the non-adiabatic cycle is given by

$$\eta = \frac{W^{Otto} - \left[ E_F^{\beta_A} + E_F^{\beta_C} \right]}{Q^{Otto} - E_F^{\beta_C}} \approx \frac{W^{Otto} - W^{Otto} E_F^{\beta_C} - Q^{Otto} \left[ E_F^{\beta_A} + E_F^{\beta_C} \right]}{(Q^{Otto})^2} + O(\epsilon^3)

\approx \eta^{Otto} - \frac{E_F^{\beta_A} + E_F^{\beta_C}}{Q^{Otto}} + O(\epsilon^3),$$ (40)

which is always smaller than $\eta^{Otto}$. Furthermore, we can use Eq.(36) to set a lower bound on the efficiency of the Otto cycle on the non-adiabatic regime:

$$\eta \geq \eta^{Otto} = \frac{E_F^{\beta_A} + E_F^{\beta_C}}{Q^{Otto}} \geq \eta^{Otto} - \frac{\left( \delta(t_M) - \delta(t_m) \right)^2 \sum_{k=0}^{\infty} \frac{\hbar e^2}{k} \times \left\{ \frac{L_0^2 \omega_k^2}{16 \omega_k^2} \left( 2 N_k^{\beta_A} + 1 \right) + \sum_{j=0}^{\infty} g_j^2 \omega_j \left[ (\omega_k - \omega_j)^2 (N_j^{\beta_A} + N_j^{\beta_A} + 1) \right] + \frac{(\omega_k + \omega_j)^2}{(\omega_k - \omega_j)^4} \left( N_j^{\beta_A} - N_j^{\beta_A} \right) \right\} to infinite order polynomial

$$\delta(t) = 10(t/\tau)^3 - 15(t/\tau)^4 + 6(t/\tau)^5.$$ (42)

satisfying all the following conditions

$$\delta(0) = \delta(0) = \delta(0) = 0,$$ (43)
$$\dot{\delta}(\tau) = \dot{\delta}(\tau) = 0,$$
$$\ddot{\delta}(\tau) = 1.$$ (44)

This trajectory is shown in Fig. (2). In Fig. (3), we present the corresponding friction energy produced by the DCE. It is important to note that it vanishes for slow motions ($\tau \to \infty$) and becomes arbitrarily large for sudden movements of the wall. On the other hand, for a fixed $\tau$, it converges to a finite value as the inverse temperature of the initial state $\beta$ grows (Fig. (4)). This is clearly associated to the photon production given by the DCE which arises even from a vacuum state.

As we have mentioned before, the friction energy of the DCE is always non-negative and, just as the friction on a classical piston, it diminishes the efficiency of the engine from the Otto efficiency $\eta^{Otto}$. In general the quantum friction increases as the motion of the wall becomes more sudden ($\tau \to 0$). In fact, because of this there is a minimum timescale $\tau$ below which the engine can no longer function as such, since the work produced becomes negative (see Fig. 5).

We further study the power $P$ produced by this engine. In the adiabatic case, when $\tau \omega_1 \gg 1$, the work is independent of the time scale $\tau$ and thus the power
increases as the time decreases, since $P \sim 1/\tau$. In the (non-adiabatic) opposite limit $\tau \omega_1 \ll 1$, the power turns out to be proportional to $1/\tau^4$. Then the power will have two contributions, with different signs, that scale with different powers of $\tau$. As a consequence, we expect a peak around the time the friction energy becomes relevant, $\tau \omega_1 \sim 1$. This is illustrated in Fig. 6.

Finally, in Fig. (7) we represent the extracted work. Therein, we can note that $W > 0$ for large ratios of the bath temperatures ($\beta_C/\beta_A$) and longer times $\tau$. Otherwise, if $\tau \to 0$ and $\beta_C/\beta_A \to 1$, we note that the work vanishes.
FIG. 6: Power produced by the engine for different temperature ratios as a function of time. For each ratio it has a peak at approximately $\tau \omega_1 \sim 1$ indicating an optimal timescale of operation. The compression ratio used was $\epsilon = 0.01$.

FIG. 7: Work extracted from the engine. We can identify regions where no work can be extracted from the Otto cycle. The compression ratio used is $\epsilon = 0.01$.

V. SUPERCONDUCTING CIRCUIT REFRIGERATOR

It is also possible to implement a quantum field refrigerator using this system, that is, a quantum system that cools a cold bath and heats a hot bath while consuming work. In this section, we shall compute the coefficient of performance of the Otto refrigerator and the effect of quantum friction on it.

A. Adiabatic evolutions

In the adiabatic case the heat taken from the cold reservoir is given by

$$Q^{Otto} = E_A - E_D = \sum_k \hbar \omega_k \left[ N^A_k(\omega_k) - N^{BC}_k(\omega_k(L_1)) \right]$$

which is positive as long as

$$L_1 / L_0 \leq \frac{\beta_C}{\beta_A} \leq 1.$$  (45)

These conditions imply that the work consumed by the system

$$W^{Otto} = (E_B - E_A) + (E_D - E_C) = \sum_k \hbar [\omega_k(L_1) - \omega_k] \left[ N^A_k(\omega_k) - N^{BC}_k(\omega_k(L_1)) \right],$$

is also positive. We measure the efficiency of this machine by the coefficient of performance

$$\eta^{Otto} = \frac{Q^{Otto}}{W^{Otto}} = \frac{1}{\omega_k(L_1)/\omega_k - 1} = \frac{1}{\epsilon} - 1,$$  (47)

assuming an equidistant spectrum and $L_1 = L_0(1 - \epsilon)$.

B. Non-adiabatic case

On the other hand, if the motion of the wall is non adiabatic it is necessary to include the friction energy due to the DCE. As we have previously proceeded for the heat machine, we can compute the heat extracted by the refrigerator. In that case, the coefficient of performance in the non-adiabatic regime is given by

$$\eta = \frac{Q^{Otto} - E_F^{BC} + E_F^{\beta A}}{W^{Otto} + E_F^{BC} + E_F^{\beta A}} \leq \frac{Q^{Otto}}{W^{Otto}}$$

which is always lower than the adiabatic one. In Fig.(8), we show the coefficient of performance at finite time for different rates of bath temperatures $\beta_C / \beta_A$. It can easily be noted that the coefficient of performance is lower than the corresponding adiabatic one ($\eta^{Otto}$). We can also note a hierarchy in the rate of the bath temperature: the more similar the thermal baths are, the bigger the coefficient of performance we can achieve.

In Fig. (9) we present the heat extracted $Q$ by the refrigerator for different rates of thermal temperatures $\beta_C / \beta_A$ and different operation timescales $\tau$. We can note that there are small values of $\tau$ for which the heat $Q$ becomes negative, implying that the machine is no longer working as a refrigerator. The greatest values of $Q$ extracted are for similar bath temperatures and longer operational timescales.
FIG. 8: The coefficient of performance at finite time is always lower than the one for the adiabatic regime. The compression ratio used was $\epsilon = 0.06$.

FIG. 9: The heat extracted by the refrigerator $Q$ is greater for baths with similar temperatures and a large timescale of operation $\tau$, otherwise it can even be negative, meaning the machine stops working as a refrigerator. The compression ratio used was $\epsilon = 0.06$.

Finally in Fig.(10), we show the cooling power for the refrigerator for growing operational timescales $\tau$. We can note that there is a maximum value for the cooling power when $\tau \omega_1 \sim 1$, achieving a greater value when the thermal bath have similar temperatures $\beta_C/\beta_A \to 1$.

VI. AVOIDING QUANTUM FRICTION FROM THE DCE

As we have seen in the previous sections, the motion of the wall produces photons from the vacuum through the DCE, which causes the efficiency of the cycle to be reduced from the adiabatic case. However if we assume that the spectrum of the cavity is equidistant, $\omega_n = n\pi/L_0$, there is a class of trajectories for which the friction energy vanishes. Indeed, let us assume that the trajectory of the wall is such that

$$\delta(t) = G(t + L_0) - G(t - L_0),$$

where $G(x)$ is a smooth function that is linear for $x < 0$ and $x > \tau$. Then the motion starts at $t = -L_0$, ends at $t = L_0 + \tau$, and one can show that the friction energy vanishes at order $\epsilon^2$. Indeed, we can see this by checking explicitly that, for an arbitrary function $G$, the integrals that appear in Eq. (29)

$$I_n(t) = \int_{-L_0}^{t} (\dot{G}(t' + L_0) - \dot{G}(t' - L_0)) \cos(n\pi t'/L_0) \, dt'$$

$$J_n(t) = \int_{-L_0}^{t} (\dot{G}(t' + L_0) - \dot{G}(t' - L_0)) \sin(n\pi t'/L_0) \, dt'$$

do vanish at $t = L_0 + \tau$. Therefore, the friction energy in Eq. (33) also vanishes at order $\epsilon^2$.

Some examples of these integrals are shown in Fig. 11, for the case where the function $\dot{G}(x)$ vanishes for $x < 0$, is given by the polynomial in Eq. (42) for $0 < x < \tau$ and is constantly 1 for $x > \tau$. The plots illustrate the physical mechanism behind the avoidance of the friction coming from the DCE: even though photons are initially
generated as the wall moves, they are then reabsorbed at a later time, leaving the system with the populations in each mode unchanged.

VII. CONCLUSIONS

We have discussed several aspects of the Otto cycle in a superconducting cavity, modeled with a quantum scalar field confined to a one dimensional cavity with a moving boundary. In particular, we have considered the adiabatic approximation and found the efficiency for the cycle when the machine operates as a heat engine, and the coefficient of performance when it operates as a refrigerator. Furthermore, we have solved the time evolution of the field up to second order in the compression ratio, and used it to evaluate the efficiency of the cycle in finite time. We have seen that the motion of the wall generates photons through the DCE, which are associated with a form of quantum friction energy. We have shown that this energy is non-negative, and we have been able to give an upper bound for it. These results were then used to calculate the efficiency of the engine and show that a finite time operation leads to a reduced efficiency compared with the adiabatic case. This is due to the energy wasted in producing the dynamical Casimir photons. We have also calculated the efficiency and power for a typical trajectory of the wall, finding that the friction energy grows very rapidly as the timescale $\tau$ of the motion is reduced. This fact in turn leads to a peak in the power output of the machine and, eventually, for a small $\tau$ causes the machine to stop working as an engine.

We have also studied the use of the cycle for a quantum field refrigerator operated in finite time finding similar results: a loss of efficiency and bounded cooling power.

Finally, we have used the explicit expression found for the friction energy to show that there exists a family of trajectories of the wall for which the friction vanishes (at least to second order in the compression ratio). Physically this can be understood as a photon generation via the DCE, followed by a re-absorption of the photons by the wall at a later time. These trajectories would be extremely useful to eliminate the losses and improve the efficiency of the machine.

Appendix A: The Hamiltonian

In this Appendix we will show that the Hamiltonian for a scalar quantum field with a moving wall can be described by Eq.(10). We start with the Lagrangian for the scalar field

\[ L = \frac{1}{2} \int_0^{L_0} dx \left[ (\partial_t \Phi)^2 - (\partial_x \Phi)^2 \right] \]  \hspace{1cm} (A1)

and expand the field in an instantaneous basis for each $L$ as

\[ \Phi = \sum_{n=1}^{\infty} Q_n(t) \psi_n(x), \]  \hspace{1cm} (A2)

where

\[ \psi_n(x) = \sqrt{\frac{2}{L_0}} \sin(\omega_n(L)x). \]  \hspace{1cm} (A3)

Introducing the definitions and relations

\[ \int_0^L dx \psi_k \psi_j = \delta_{kj}, \]

\[ L \int_0^L dx (\partial_L \psi_k) \psi_j = g_{kj} = -g_{jk}, \]

\[ \sum_{l=1}^{\infty} g_{kl} g_{lj} = L^2 \int_0^L \partial_L \psi_k \partial_L \psi_j, \]

\[ \int_0^L dx \psi_k' \psi_j' = \omega_k^2(L) \delta_{kj}, \]  \hspace{1cm} (A4)

the Lagrangian reads, to first order in $\dot{L}/L$:

\[ \mathcal{L} = \frac{1}{2} \sum_{k=1}^{\infty} \left[ \dot{Q}_k^2 - \omega_k^2(L)Q_k^2 \right] + \frac{1}{2} \sum_{k,j=1}^{\infty} \dot{L} g_{kj} \left[ \dot{Q}_k \dot{Q}_j - Q_k Q_j \right]. \]  \hspace{1cm} (A5)

We now turn to the Hamiltonian formulation. The canonical momentum is given by

\[ P_i = \frac{\partial \mathcal{L}}{\partial \dot{Q}_i} = \dot{Q}_i, \]  \hspace{1cm} (A6)

from which we obtain the Hamiltonian

\[ H = \sum_{k=1}^{\infty} \dot{Q}_k P_k - \mathcal{L} \]

\[ = \frac{1}{2} \sum_{k=1}^{\infty} \left[ P_k^2 + \omega_k^2(L)Q_k^2 \right] - \sum_{k,j=1}^{\infty} \frac{\dot{L}}{L} g_{kj} P_k Q_j. \]  \hspace{1cm} (A7)
We now quantize the theory by promoting the coordinates and momenta to operators with the canonical commutation relations

$$Q_k \rightarrow \hat{Q}_k, \quad P_k \rightarrow \hat{P}_k, \quad [\hat{Q}_k, \hat{P}_k] = i \tag{A8}$$

and define the bosonic operators

$$a_{k1} := \frac{1}{\sqrt{2 \omega_k(L)}} (\omega_k(L) \hat{Q}_k + i \hat{P}_k)$$

$$a_{k1}^\dagger := \frac{1}{\sqrt{2 \omega_k(L)}} (\omega_k(L) \hat{Q}_k - i \hat{P}_k). \tag{A9}$$

Since we are working to first order in $\delta L/L$, we approximate

$$a_{k1} \approx a_k + \frac{\delta L}{2} \frac{\omega'_k}{\omega_k} a_{k1}. \tag{A10}$$

Then, replacing in the Hamiltonian, we get

$$H = \sum_{k=1}^{\infty} \left[ \omega_k a_k^\dagger a_k + \omega_k' \delta L a_k^\dagger a_k + \delta L \frac{\omega'_k}{2} \left( a_k^2 + a_k^\dagger 2 \right) \right]$$

$$+ \frac{1}{2i} \sum_{k,j=1}^{\infty} \frac{\hat{L}}{L_0} g_{kj} \sqrt{\frac{\omega_k}{\omega_j}} \left[ a_k a_j - a_k^\dagger a_j + a_j a_k - a_j^\dagger a_k \right]. \tag{A11}$$

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