Population Pharmacokinetics of Praziquantel in Pregnant and Lactating Filipino Women infected with Schistosoma japonicum

Amaya L. Bustinduy¹, Ruwanthi Kolamunnage-Dona², Mark H. Mirochnick³, Edmund V. Capparelli⁴, Veronica Tallo⁵, Luz P. Acosta⁶, Remigio M. Olveda⁶, Jennifer F. Friedman⁷,⁸, William W. Hope⁹,¹⁰

¹ Department of Clinical Research, London School of Hygiene & Tropical Medicine, London, UK
² Department of Biostatistics, University of Liverpool, Liverpool Health Partners, Liverpool, UK
³ Department of Pediatrics, Boston University School of Medicine, Boston, MA
⁴ Department of Pediatrics University of California, San Diego, La Jolla CA
⁵ Department of Epidemiology, Research Institute of Tropical Medicine, Manila, Philippines
⁶ Department of Immunology, Research Institute of Tropical Medicine, Manila, Philippines
⁷ Department of Pediatrics, Alpert Medical School of Brown University, Providence, RI, USA
⁸ Center for International Health Research, Lifespan Hospital, Providence, Rhode Island, USA
⁹ Antimicrobial Pharmacodynamics and Therapeutics, University of Liverpool, Liverpool Health Partners
¹⁰ Royal Liverpool and Broadgreen University Hospital Trust, Liverpool Health Partners, Liverpool, UK

Corresponding author
Dr. Amaya L. Bustinduy
Associate Professor in Tropical Paediatrics
London School of Hygiene and Tropical Medicine
Keppel Street, London, UK
Email: Amaya.Bustinduy@lshtm.ac.uk

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ABSTRACT

An estimated 40 million women of reproductive age are infected with one of three species of the waterborne parasite Schistosoma (S.) spp. Treatment with praziquantel (PZQ) via mass drug administration (MDA) campaigns is the mainstay of schistosomiasis control for populations living in endemic areas. The World Health Organization recommends that pregnant and lactating women be included in schistosomiasis MDA programs and several recent studies have evaluated the safety and efficacy of PZQ use during pregnancy. To date, there are no data describing PZQ pharmacokinetics (PK) during pregnancy or among lactating postpartum women. As part of a randomized controlled trial investigating the safety and efficacy of PZQ during human pregnancy, we examined the PK of this therapeutic drug among three distinct cohorts of women infected with S. japonicum in Leyte, The Philippines. Specifically, we studied the PK properties of PZQ among early and late gestation pregnant women (N=15 each) and lactating post-partum women (N=15) with schistosomiasis. We found that women in early pregnancy had increased apparent clearance and lower Area-Under-the-Curve (AUC\textsubscript{0-24}) that may be related to physiological changes in drug clearance and/or changes in oral bioavailability. There was no relationship between body weight and apparent clearance. The mean ± standard deviation partition ratio of plasma to breast milk was 0.36 ± 0.13. The estimated median infant PZQ daily dose would be 0.037 mg/kg ingested from breast milk, which is significantly lower than the dosage required for anti-schistosomal activity and not known to be harmful to the infant. Our PK data do not support suggestion to delay breastfeeding 72 hours after taking PZQ. Results can help inform future drug efficacy studies in pregnant and lactating women with schistosomiasis.
INTRODUCTION

Over 240 million people are infected with one of three species of the waterborne parasite *Schistosoma (S.)* spp., including ~40 million women of reproductive age. More than 700 million people are at risk of infection (1, 2). Schistosomiasis caused by the most common *Schistosoma* spp. (i.e. *S. mansoni*, *S. japonicum*, *S. haematobium*) is responsible for 1.86 million disability adjusted life years (DALYS) (3). Schistosomiasis remains a significant cause of morbidity and mortality in endemic countries, despite the availability of praziquantel (PZQ), which is the only widely available anti-schistosomal drug (4). PZQ is a first-line agent for the control of schistosomiasis in populations living in endemic areas and is administered via mass drug administration (MDA) programs (4). Despite WHO endorsement of inclusion of pregnant women in MDA programs, this is not necessarily practiced in many affected countries (5).

PZQ is orally bioavailable. Absorption is higher with carbohydrate and fat-rich foods. PZQ undergoes significant first pass metabolism and is predominantly cleared by oxidative mechanisms via CYP3A4 and CYP19A (6). There is high inter-individual PK variability, which is further exacerbated in individuals with liver disease (7). When PZQ was first licensed in 1979, it had not been formally studied in any pregnant or lactating women. PZQ is classified as a Class B agent for use in pregnant women by the Food and Drug Administration (FDA). This classification is based on demonstrated safety in laboratory animal studies, but a lack of definitive data in humans. There is a paucity of information related to the PZQ PK in pregnant women (8) despite the high likelihood that the physiologic changes of pregnancy may affect PZQ absorption, distribution and clearance (9). Physiological changes related to pregnancy may result in altered drug exposures, which may have an impact on the probability of therapeutic success (10).

In 2002 and 2006, the World Health Organization (WHO) recommended that all schistosomiasis-infected pregnant and breastfeeding women be treated with PZQ individually or during MDA programs (11). This was based on the expected accrued morbidity from schistosomiasis during cycles of pregnancy and lactation without treatment. These recommendations were made despite a lack of data describing PZQ pharmacokinetics in pregnancy and lactating women. Furthermore, there are no available data available regarding the concentration of PZQ in human breast milk following maternal treatment to support the
current recommendation to stop breastfeeding for 72 hours after taking PZQ. Since that time, two randomized controlled trials (RCTs) (12, 13) support the safety of PZQ in pregnancy, and one (12) suggests a potential beneficial impact on the iron status of both the mother and infant (12). Although many countries have included pregnant and lactating women in MDA campaigns, many others are waiting for further data on the safety and PK of PZQ during pregnancy and lactation (5, 14).

As part of a RCT examining the safety and efficacy of PZQ during human pregnancy we examined the PK of PZQ in pregnant and lactating women infected with *S. japonicum* living in the northeast of the Province of Leyte, the Philippines. The primary objective was to evaluate and compare the PK and safety of PZQ in early and late gestation pregnant women (N=15 each) and in lactating post-partum women (N=15) with schistosomiasis.
RESULTS

Study Design and Patient Demographics

The study design is shown in Figure 1. A total of 47 women that were *S. japonicum* positive by parasitological examination were enrolled and received a PZQ split dose of 60 mg/kg, 3 hours apart (i.e. two split dosages of 30 mg/kg) (12). Two patients in the early pregnancy group vomited shortly after receiving PZQ and did not have PK sampling performed. This left a total of 45 patients who were divided evenly among the 3 groups: (1) early pregnancy (i.e. 12-16 weeks gestation); n=15; (2) late pregnancy (i.e. 30-36 weeks gestation); n=15; and (3) lactating non-pregnant women (i.e. 5-7 months postpartum); n=15. The weight and height for all women enrolled in the study are summarized in Table 1.

Population PK of PZQ in Plasma

A population methodology was used to fit a structural PK model to the overserved plasma concentration-time data to enable robust estimates of interpatient variability. The median and individual PZQ concentration-time profiles for each study group are shown in Figure 2. There was marked variability in the PZQ concentrations in both plasma and breast milk in all study groups. The fact that the dosing of PZQ was split, 3 hours apart, resulted in more than one peak concentration for each patient.

The PK of PZQ in plasma and breast milk was co-modelled using a population methodology with the program Pmetrics (15) A standard 3-compartment PK model consisting of an absorptive compartment (i.e. gut), central compartment (i.e. bloodstream) and peripheral compartment (i.e. rest of the body) was initially fitted to the data before the potential impact of covariates on the PK was assessed. The mean, median and dispersions for the population PK parameters from the base model are summarized in Table 2. The fit of the model to the data was acceptable. There was an acceptable degree of bias and imprecision as determined by a normalized prediction distribution error (NPDE) analysis for both plasma and breast milk concentrations (data not shown; a standard VPC was not performed because women received different absolute amounts of drug). The observed-predicted values are shown in Figure 3 and the individual plots in Supplemental figure 1. The residuals are shown in Figure 4. The mean of the...
weighted residuals was not statistically different from zero and were normally distributed. The Bayesian posterior estimates for each patient were calculated and these were used to assess the impact of covariates on the PK as well as estimating drug exposure of PZQ in each individual patient.

There was no relationship between weight and Bayesian estimates for the apparent clearance (i.e. clearance/F), and weight and the apparent volume of the central compartment (i.e. V/F (Figure 4). The correlation coefficient for these relationships was \( r = 0.0303 \) (95% CI -0.2656, 0.3210), p-value = 0.8435 and \( r = 0.1617 \) (95% CI -0.1384, 0.4346), \( p = 0.2885 \). Hence, covariates were not incorporated into the structural model.

There were no differences in the absolute dosage received by women within the three study groups (\( p=0.21 \), Kruskal Wallis test; Figure 6A). Furthermore, there was no relationship between the Bayesian estimates for the apparent volume of the central compartment and the study groups (Figure 6B). However, there was a significant relationship between the apparent clearance and the stage of pregnancy. Women in the early pregnancy group had higher apparent clearances than the other groups (Figure 6C). Women in the early pregnancy group had faster apparent clearance of PZQ compared with postpartum women (\( p=0.02 \)). There were also differences between early and late stage pregnancy that approached, but did not achieve statistical significance (\( p=0.056 \)).

Women in the early pregnancy group had significantly lower \( \text{AUC}_{0-24} \) compared with late pregnancy (\( p=0.0144 \)) and postpartum women (p-value 0.0378). Since there were no differences in absolute dosage received by women in these groups, the lower \( \text{AUC}_{0-24} \) in early pregnancy can only be explained by the faster clearance that was observed in this group or by lower oral bioavailability. There were significant differences in the observed Cmax values between the groups. The overall differences were statistically significant using ANOVA (\( p=0.019 \)). There was a difference between early and late pregnancy group (\( p=0.017 \) after Bonferroni correction), but not between early pregnancy and post-partum women (\( p=0.236 \)) or late pregnancy and post-partum women (\( p=0.814 \)). Further evidence of the potential importance of oral bioavailability affecting drug exposure (i.e. \( \text{AUC}_{0-24} \)) was obtained from relationship between SCL/F and V/F. Both were highly correlated (\( r=0.636 \), 45 observations, \( p<0.001 \)) suggesting F may have an impact on both parameters. Given the uncertainty regarding
the impact of altered oxidative metabolism versus oral bioavailability as an explanation for the lower AUC_{0-24} we did not further complicate the structural model that was fitted to the data.

**Population PK of PZQ in Breast Milk**

The concentration-time course of PZQ in breast milk was variable (Figure 2). The elimination of drug in breast milk was similar to that of plasma. The AUC_{plasma}:AUC_{breast milk} mean +/- SD calculated from the Bayesian posterior estimates was 0.36 ± 0.13 with a range in the 15 lactating women of 0.19-0.55. The average concentration in breast milk was 0.185 mg/L (i.e. AUC_{0-24}/24). Therefore, the estimated average ingestion of PZQ by a new-born infant that consumes 150 ml/kg of breast milk per day was approximately 0.028 mg/kg per day (i.e. 0.185 mg/L * 0.15 L/kg).

The elimination half-life of PZQ from breast milk was 1.90 hours. For a lactating woman of average weight observed in this study receiving 60 mg/kg in two divided dosages of 30 mg/kg, the estimated PZQ concentration in breast milk 24 and 48 hours post dose was 0.0004 mg/L and 3 x 10^{-7} mg/L, respectively. Hence, 24 hours post dose there is only 0.01% of the maximal concentration of PZQ in breast milk and at 48 hours the concentrations of drug were negligible.

**Monte Carlo Simulations**

Monte Carlo simulations were performed using the median weight of study participants (47.9 kg). Pmetrics was used to generate a total of 1,000 lactating women. The concentration-time profile for each patient was determined. The 5^{th}, 25^{th}, 50^{th}, 75^{th} and 95^{th} centiles and their 95% confidence bound in plasma and breast milk is shown in Figure 7. The AUC_{0-24} in plasma and breast milk was calculated from the median Bayesian posterior estimates using the trapezoidal rule in the first 24 hours following the initiation of therapy. A plot of the simulated AUC_{plasma} versus-AUC_{breast milk} is shown in Figure 7, which is overlaid with the observed AUCs from the 15 lactating women in the study. The partitioning of PZQ into breast milk was comparable between the observed data and the simulations and was approximately 30%.

**Adverse events**
There were no severe adverse events documented in any of the women. Only two women had mild side-effects with vomiting documented within two hours of PZQ dosing and were excluded from PK analysis. The adverse events are summarized in Table 3.
This is the first study to describe the PK of PZQ in pregnant and lactating women infected with *Schistosoma japonicum*. Women in early pregnancy had significantly lower AUC<sub>0-24</sub> compared with women in late pregnancy and lactating postpartum women. The most likely explanation for the differences in clearance relate to pregnancy-induced increases in hepatic enzyme activity related to hormonal changes associated with pregnancy (9, 16). The absorption of PZQ is limited by grapefruit juice suggesting the importance of oxidative mechanisms in the gut wall. PZQ is known to undergo high first-pass metabolism. (6, 17) Estradiol and progesterone are both known to induce CYP3A4 in pregnancy (18) and are responsible for increased clearance of drugs such as midazolam (19, 20). However, these changes are typically more pronounced later in pregnancy, which is not consistent with the raw data or the estimates of clearance in this study. This observation raises that possibility that some of the changes may be related to differences in oral bioavailability in the study groups. There were differences in Cmax between the groups (significantly lower in early pregnancy) and a high degree of correlation between SCL/F and V/F. It is possible another pregnancy related hormone or transporter expressed in early pregnancy has an impact on clearance and drug exposure.

We did not investigate the potential impact of hepatic metabolism on the PK variability of PZQ. Liver function may be potentially altered from schistosomiasis due to *S. japonicum* (21). The clearance of PZQ may also be affected by pharmacogenetic polymorphisms in CYP enzymes (e.g. CYP1A2, CYP3A4, CYP2B1, CYP3A5 and CYP2C19) and/or interactions with drugs or substances taken concomitantly that induce or inhibit specific isoenzymes of the CYP system (e.g. rifampicin (22)). Several studies have reported a decrease in CYP1A2 (23) and estrogen inhibition of CYP2C19 (24) during pregnancy, requiring a dose adjustment of certain drugs (16).

The AUC<sub>0-24</sub> is a measure of drug exposure (10) that has been used to link dosage with clinical outcomes in a recent PK/PD model in children with schistosomiasis in Uganda (25). In a recent study [24] the mean PZQ AUC<sub>0-24</sub> values ranged from 8.2-14.6 mg*h/L. These values are higher than the PZQ AUC<sub>0-24</sub> mean estimated from 60 Ugandan children 3 to 9 year of age with intestinal schistosomiasis (2.71 mg*h/L) (25). The relevance of this observation depends on whether the pharmacodynamics of PZQ against schistosomiasis in children and pregnant women...
are comparable. While women in early pregnancy have lower AUC\textsubscript{0-24} than women in late pregnancy or postpartum, these values are significantly higher than children receiving comparable dose for whom the efficacy of PZQ has been established. Hence in principle, there does not appear to be any requirement to adjust the dosage according to the stage of pregnancy. However, further studies are required to document the clinical response in pregnant women with schistosomiasis.

There are limited studies on the partitioning of drugs into breast milk (26-29). A single previous study has examined PZQ concentrations in the breast milk of healthy lactating women (30). Our study provides further insights into the pharmacokinetics of PZQ in lactating women and the potential implications for mass drug administration programs. Firstly, the amount of drug an infant ingests depends on the concentration of drug in breast milk. This changes rapidly over the initial 24 hours post-dose. The amount of drug that is ingested by an infant depends on the time of feeding relative to the administration of PZQ as well as the volume of milk that is consumed. Using estimates for an average concentration and volume of milk, the weight-based intake of 0.037 mg/kg is significantly less than that required for therapeutic efficacy (circa 40-60 mg/kg). Second, there is relatively little variability in the AUC in breast milk. We observed approximately a 2-fold variation in the 15 lactating women in this study and the Monte Carlo simulations suggest up to 10-fold variability may be expected if a larger number of women had been studied. Hence, the small amount from ingestion of breast milk is unlikely to be clinically relevant. The benefits of treating lactating women to prevent them from further developing schistosomiasis-related morbidity would seem to outweigh any potential risks. The PK data do not support the manufacturer’s suggestion to delay breastfeeding 72 hours after taking PZQ (31).

Women have been systematically excluded both from studies and MDA efforts (14). We contend that pregnant and lactating women should not be excluded from any treatment efforts because of the demonstrated safety and efficacy of PZQ during gestation (12, 13). This study further demonstrates there are unlikely to be clinically relevant pharmacokinetic differences in pregnant and lactating women. Untreated schistosomiasis may lead to more severe disease and chronic disability. For example, female genital schistosomiasis may lead to infertility and disruption of a healthy reproductive life (32). Women with intestinal schistosomiasis may have...
worsening anemia and liver fibrosis. Early treatment with PZQ is known to mitigate these late complications of schistosomiasis (33). A concern about the theoretical risks related to PZQ has led to pregnant women being excluded from mass drug administration programs (5), however recent trials in pregnant women and this pharmacokinetic study suggest that the withholding of PZQ during pregnancy and lactation is not justified. (12, 13). Our PK results can help inform future drug efficacy studies in pregnant and lactating women with schistosomiasis.
METHODS

Study Protocols and Permissions

The study was separately approved by the ethics review board of the Research Institute of Tropical Medicine in Manila, Philippines (#2010-39) and the Institutional Review Boards from the Rhode Island Hospital in Providence, RI, USA (#415810), Boston University Medical Center in Boston, MA, USA (#H30043) and the University of California at San Diego in San Diego, CA, USA (#120559X). Informed consent was obtained from all study participants prior to enrolment.

Study site and participants

The study design is summarised in Figure 1. Eligible patients that were living in villages in northeastern Leyte, the Philippines, where S. japonicum is endemic, were identified and screened by local midwives. Patients with at least one positive stool samples for S. japonicum were then assessed by a study obstetrician at the Remedios Trinidad Romualdez Hospital (Tacloban, Leyte, Philippines). The methodology for detection of parasites in stool is described elsewhere (12). Women were eligible if they met the following inclusion criteria: (1) infected with S. japonicum; (2) aged 18 years or older; (3) otherwise healthy as established by physician history, physical examination and laboratory studies; (4) had a normal obstetrical ultrasound, if pregnant; and (5) provided informed consent. Post-partum women were recruited from study villages; many had been considered for enrolment in the main RCT, but were beyond the gestational age criteria. Eligibility criteria were the same as for pregnant women with the exception of the criterion for pregnancy. Early pregnancy was defined as women in their 12-16 week of gestation, and late pregnancy as women in their 30-36 weeks of gestation.

PZQ PK sampling

Within 4 weeks of enrolment, patients received PZQ (Schering-Plough, Kenilworth, NJ, USA) in two dosages of 30 mg/kg administered approximately 3 hours apart for a total dose of 60 mg/kg. Women were given local foods that consisted of a carbohydrate-rich snack prior to PZQ dosing, as this enhances absorption of the drug (7). After receiving PZQ, patients remained in hospital for PK sampling and monitoring for adverse events. Patients were discharged...
approximately 24 hours after the first dose. An indwelling venous catheter was placed to draw blood samples for assay for praziquantel concentrations, which were collected at the following times: for pregnant and post-partum women prior to PZQ dosing, 1, 2, 3 (prior to administration of the 2nd dose of PZQ), 4, 5, 6, 7, 8, 9, 12, 15 and 24 hours after the first dose of PZQ.

For lactating women, women hand-expressed breast milk and samples were collected within 15 minutes of collection of the blood samples scheduled for 3, 6, 9, 12, 15 and 24 hours after the first dose of PZQ. Blood samples for toxicity monitoring (complete blood count, BUN and creatinine, liver function tests) in blood samples were collected just before the first dose, 24 hours after the dose and at approximately 32 weeks gestation (early gestation subjects only) or 10-14 days after the PZQ dose (late gestation and lactating post-partum subjects). Newborns were monitored for clinical signs of toxicity until 28 days after delivery for early and late pregnancy subjects with the final study visit at 28 days of life with the study pediatrician at RTR Hospital in Tacloban. Post-partum women were seen at RTR Hospital 2 weeks after administration of study drug.

Venous blood was drawn and samples were spun for 15 minutes at ~5,000 x g, 20 degrees C in Eppendorf centrifuge. Plasma was removed and stored in two separate aliquots and at -80 degrees C. Breast milk was stored at -80 degrees C. Both plasma and breast milk samples were shipped on dry ice to the University of California at San Diego (UCSD) Pediatric Clinical Pharmacology Laboratory where they were assayed for PZQ using high performance liquid chromatography–electrospray mass spectrometry according to the methods of Bonato et al. The lower limits of quantitation of the assay were 31.3 ng/mL for plasma and 4.3 ng/mL for breast milk.

Quantification and resolution of PZQ and 4-OH PZQ in plasma and breastmilk

Praziquantel (PZQ) concentrations were quantified in plasma and breast milk by liquid chromatography mass spectrometry (LC/MS), using an Agilent liquid chromatograph/autosampler interfaced with a Sciex API 4000 mass spectrometer. Prior to analysis, proteins were removed from plasma/milk samples by precipitation with acetonitrile. Analytical grade PZQ was obtained from Sigma Aldrich. Separation of PZQ from other matrix constituents was obtained with an isocratic HPLC mobile phase consisting of 80% methanol and...
20% formic acid (0.1%) in water, in conjunction with a 2.1mm x 15cm MacMod Ace-5 C18 reverse phase column. Mass transitions 313.2>203.1 served as quantification ions for PZQ detection, while mass transitions 313.2>174.1 served as qualification ion verification of PZQ. Quantitation was by means of external calibration using Analyst 1.6.1 software, with a qualification ion ratio threshold of ≤10% (deviation from expected). The dynamic range of the assay was 0.1-4000 ng/mL and 2-2200 ng/mL, for plasma and breast milk, respectively. The precision of the assay was <11% and <15% at all calibration concentrations, for plasma and breast milk, respectively. Assay accuracy was ≤ ± 8% and ≤ ± 13% for plasma and breast milk, respectively. Recovery from plasma was >91%, and >87% for breast milk, at all calibration concentrations.

**Population Pharmacokinetics**

A population methodology was used to fit a structural model to the data. PZQ was allowed to redistribute back to the maternal plasma without terminal elimination via expression of breast milk. The model was structured in this way to avoid an unidentifiable solution, but also because the excretion of drug in breast milk was assumed to be minimal and the equilibrium was rapid. The structural model took the form:

\[
\begin{align*}
XP(1) &= \text{Bolus} \cdot Ka \cdot X(1) \\
XP(2) &= Ka \cdot X(1) \cdot \frac{(SCL)}{Vc} \cdot X(2) + Kpc \cdot X(3) + Kbc \cdot X(4) - Kcb \cdot X(2) \\
XP(3) &= Kcp \cdot X(2) - Kcp \cdot X(3) \\
XP(4) &= -Kbc \cdot X(4) + Kcb \cdot X(2)
\end{align*}
\]

Where: XP(1), XP(2), XP(3) and XP(4) is the rate of change of PZQ mass in the gut, central compartment, peripheral compartment and breast milk, respectively. Similarly, X(1), X(2), X(3) and X(4) represent the mass (mg) of PZQ in the respective compartments. Bolus refers to the oral administration of PZQ; SCL is the first-order clearance of PZQ from the central compartment, Vc is the volume of the central compartment; Kpc, Kpc, Kcb and Kbc are the first-order
intercompartmental rate constants. A lag function (not shown in the differential equations) was applied between the oral administration of PZQ and the appearance of drug in the central compartment.

The output equations were given by:

\[ Y(1) = \frac{X(1)}{V_c} \] (for the plasma concentrations)

\[ Y(2) = \frac{X(4)}{V_b} \] (for the concentrations in breast milk)

Where \( V_b \) is the volume of breast milk compartment.

The fit of the model to the data was informed by a linear regression of observed-predicted values before and after the Bayesian step, the log likelihood ratio and a normalised prediction distribution error. The latter was used in place of a more traditional visual predictive plot because women received different dosages of PZQ. Both the mean and median parameter values were interrogated to see which measure of central tendency better described the data.

Weighted residuals were calculated and plotted against predicted concentrations, time and assessed for normality using D’Agostino, Shapiro-Wilk and Kolmogorov-Smirnoff tests. Drug exposure was quantified in terms of the \( AUC_{0-24} \) as previously described by us (25). This was estimated using the trapezoidal rule using Pmetrics and estimated from the Bayesian posterior estimates from each study patient or from simulated patients.

**Statistical Modelling**

The Bayesian estimates for clearance and \( AUC_{0-24} \) were modelled for study groups using univariate analysis of variance (ANOVA). Since both Bayesian estimates for clearance and \( AUC_{0-24} \) were not distributed normally, they were fitted on natural log scale. The estimated means of clearance and \( AUC_{0-24} \) between individual study groups were compared in a post-hoc analysis using Tukey’s Test, and the reported p-values were corrected for multiple comparisons.
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Table 1: Characteristics of the patients at enrolment

|                                | Early pregnancy N=17 | Late pregnancy N=15 | Post-partum N=15 | All (N=47) |
|--------------------------------|-----------------------|----------------------|------------------|------------|
| **Weight (Kg)**                | 47.6 (8.12)           | 51.5 (7.08)          | 46.6 (7.40)      | 48.5 (7.69) |
| **Height (cm)**                | 152.0 (5.45)          | 149.8 (5.63)         | 152.3 (4.56)     | 151.4 (5.24) |
| **Age (Years)**                | 23.8 (5.98)           | 26.5 (6.61)          | 26.5 (6.65)      | 25.5 (6.39) |
| **Ethnicity N (%)**            |                       |                      |                  |            |
| Non-Hispanic nor Non-Latino    | 17 (100.0)            | 15 (100.0)           | 15 (100.0)       | 47 (100.0) |
| Hispanic or Latino             | 0 (0)                 | 0 (0)                | 0 (0)            | 0 (0)      |
| **Race N (%)**                 |                       |                      |                  |            |
| American Indian/Alaskan Native | 0 (0)                 | 0 (0)                | 0 (0)            | 0 (0)      |
| Asian                          | 17 (100.0)            | 15 (100.0)           | 15 (100.0)       | 47 (100.0) |
| Hawaiian/Pacific Islander      | 0 (0)                 | 0 (0)                | 0 (0)            | 0 (0)      |
| Black/African American         | 0 (0)                 | 0 (0)                | 0 (0)            | 0 (0)      |
| White                          | 0 (0)                 | 0 (0)                | 0 (0)            | 0 (0)      |
| Multi-Racial                   | 0 (0)                 | 0 (0)                | 0 (0)            | 0 (0)      |
| **Number of prior live births N (%)** | 6 (35.3) | 4 (26.7) | 1 (6.7) | 11 (23.4) |
| 0                              | 6 (35.3)              | 4 (26.7)             | 1 (6.7)          | 11 (23.4)  |
| 1 - 5                          | 10 (58.8)             | 9 (60.0)             | 11 (73.3)        | 30 (63.8)  |
| 6 - 10                         | 1 (5.9)               | 2 (13.3)             | 3 (20.0)         | 6 (12.8)   |
| > 10                           | 0 (0.0)               | 0 (0.0)              | 0 (0.0)          | 0 (0.0)    |
| **Current smoking status N (%)** |                      |                      |                  |            |
| No                             | 17 (100.0)            | 15 (100.0)           | 13 (86.7)        | 45 (95.7)  |
| Yes                            | 0 (0.0)               | 0 (0.0)              | 2 (13.3)         | 2 (4.3)    |
| **Current alcohol consumption N (%)** |                      |                      |                  |            |
| No                             | 5 (29.4)              | 2 (13.3)             | 2 (13.3)         | 9 (19.1)   |
| Yes                            | 12 (70.6)             | 13 (86.7)            | 13 (86.7)        | 38 (80.9)  |
| **Intensity of S. japonicum infection N (%)** | 16 (94) | 15 (100) | 15 (100) | 46 (97.8) |
| Low (<100 eggs per gram of stool) | 16 (94)       | 15 (100)                  | 15 (100)         | 46 (97.8)  |
|                | PZQ PK in pregnancy |
|----------------|---------------------|
| Moderate (100-399 eggs per gram of stool) | 1 (6) | 0 (0) | 0 (0) | 1 (2.2) |
| Heavy (≥ 400 eggs per gram of stool)      | 0 (0) | 0 (0) | 0 (0) | 0 (0)  |
Table 2. Parameter Values from the population PK model

| Parameter (Units) | Mean  | Median | SD    | CV%   |
|-------------------|-------|--------|-------|-------|
| $Ka$ (h$^{-1}$)   | 2.012 | 0.395  | 4.301 | 213.75 |
| $SCL/F$ (L/h)     | 324.075 | 277.447 | 175.373 | 54.115 |
| $Vc/F$ (L)        | 183.006 | 142.618 | 93.211 | 50.933 |
| $Kcp$ (h$^{-1}$)  | 19.313 | 18.941  | 10.167 | 52.644 |
| $Kpc$ (h$^{-1}$)  | 15.816 | 13.996  | 9.447  | 59.733 |
| $Kcb$ (h$^{-1}$)  | 18.750 | 19.301  | 9.387  | 50.067 |
| $Kbc$ (h$^{-1}$)  | 17.816 | 17.077  | 7.845  | 44.031 |
| $Vb/F$ (L)        | 612.130 | 563.802 | 395.661 | 64.637 |
| $Lag$ (h)         | 0.772 | 0.868  | 0.233  | 30.202 |

Note: Parameters are as follows: $Ka$ is the first-order absorption constant; $SCL/F$ is the apparent clearance; $Vc/F$ and $Vb/F$ are the apparent volumes of the central and breast compartments, respectively; $Kcp$, $Kpc$, $Kbc$ and $Kcb$ are the first-order intercompartmental rate constants; $Lag$ is the delay between drug administration and the appearance of drug in the central compartment.
### Table 3. Adverse Events by severity and cohort

| Reactogenicity       | Cohort 1 (N=17) | Cohort 2 (N=15) | Cohort 3 (N=15) |
|----------------------|-----------------|-----------------|-----------------|
|                      | Severity        | Severity        | Severity        |
|                      | None n (%)      | Mild n (%)      | Moderate n (%)   | Severe n (%)    | None n (%) | Mild n (%) | Moderate n (%) | Severe n (%) |
| Fever                | 16 (94.1)       | 0 (0)           | 1 (5.9)         | 0 (0)           | 13 (86.7)  | 2 (13.3)    | 0 (0)           | 0 (0)         |
| Headache             | 9 (52.9)        | 6 (35.3)        | 2 (11.8)        | 0 (0)           | 9 (60.0)   | 5 (33.3)    | 1 (6.7)         | 0 (0)         |
| Malaise              | 11 (64.7)       | 5 (29.4)        | 1 (5.9)         | 0 (0)           | 13 (86.7)  | 2 (13.3)    | 0 (0)           | 0 (0)         |
| Abdominal Pain       | 13 (76.5)       | 2 (11.8)        | 1 (5.9)         | 1 (5.9)         | 11 (73.3)  | 4 (26.7)    | 0 (0)           | 0 (0)         |
| Nausea               | 5 (29.4)        | 11 (64.7)       | 1 (5.9)         | 0 (0)           | 9 (60.0)   | 6 (40.0)    | 0 (0)           | 0 (0)         |
| Vomiting             | 11 (64.7)       | 5 (29.4)        | 1 (5.9)         | 0 (0)           | 12 (80.0)  | 3 (20.0)    | 0 (0)           | 0 (0)         |
| Shortness of Breath  | 16 (94.1)       | 1 (5.9)         | 0 (0)           | 0 (0)           | 14 (93.3)  | 1 (6.7)     | 0 (0)           | 0 (0)         |
| Dizziness            | 10 (58.8)       | 7 (41.2)        | 0 (0)           | 0 (0)           | 13 (86.7)  | 2 (13.3)    | 0 (0)           | 0 (0)         |
| Rashes               | 15 (88.2)       | 2 (11.8)        | 0 (0)           | 0 (0)           | 13 (86.7)  | 2 (13.3)    | 0 (0)           | 0 (0)         |
| Urticaria            | 16 (94.1)       | 1 (5.9)         | 0 (0)           | 0 (0)           | 15 (100.0) | 0 (0)       | 0 (0)           | 0 (0)         |
| Bloody Stools        | 17 (100.0)      | 0 (0)           | 0 (0)           | 0 (0)           | 14 (93.3)  | 1 (6.7)     | 0 (0)           | 0 (0)         |
| Any Symptoms         | 4 (23.5)        | 9 (52.9)        | 3 (17.6)        | 1 (5.9)         | 5 (33.3)   | 9 (60.0)    | 1 (6.7)         | 0 (0)         |

N=Number of subjects in population; n=Number of subjects with at least one occurrence of an adverse event in the specified category.

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Figure 1: Study flow design
Figure 2: Median and individual PZQ concentration time profiles.
Figure 3. The observed-predicted plots for the PZQ concentrations in plasma (Panel A) and breast milk (Panel B) after the Bayesian step. The median parameter values for each patient have been used. The observed-predicted data is plotted on a log-log plot for both outputs and is shown in the inserts. The regression line for plasma in Panel A is given by $\text{Observed} = 0.016 + 1.04 \times \text{Predicted}; r^2 = 0.604$. The regression line for breast milk in Panel B is given by $\text{Observed} = 0.015 + 0.953 \times \text{Predicted}; r^2 = 0.468$. 
Figure 4. Residual plots for plasma concentrations. The average residuals did not vary from zero; p=0.88 for weighted residual error versus Predicted concentrations (far left panel) and for weighted residual error versus Time (middle panel). The solid line Panel A and Panel B is the loess regression. The residuals were normally distributed as assessed using D’Agostino, Shapiro-Wilk and Kolmogorov-Smirnof tests (far right panel). (p>0.05)
Figure 5. The relationship between Weight and Clearance/F (Panel A) and Weight and Volume/F (Panel B).
The volume is the volume of the central compartment. Neither relationship is statistically significant with
$r=0.03$ ($p=0.84$) and $0.16$ ($p=0.29$) for clearance/F and volume/F, respectively. The broken line is the loess line.
Figure 6. Box plots showing the relationship between various stages of pregnancy and dose (Panel A), Volume of the central compartment/F (Panel B), Clearance/F (Panel C) and the area under the concentration-time curve (AUC0-24) in Panel D. There was no relationship between the stage and pregnancy and the absolute dose (mg) and volume/F (p=0.2072 and 0.626, respectively). Women in the early pregnancy group have a higher clearance/F than other women (p=0.016 for all groups) and a lower AUC0-24 (p=0.01 for all groups).
Figure 7. Monte Carlo simulations showing the drug exposure in plasma (Panel A), breast milk (Panel B) from 1,000 lactating women. Each line represents the 5th, 25th, 50th, 75th and 95th centiles and the grey representing the confidence interval around each centile. In Panel C the AUC\(_{0-24}\) in plasma versus breast milk in each simulated woman is shown with black open circles. The AUC\(_{0-24}\) from each of the 15 patients in the study is shown with a solid red circle.