Measuring the Internet during Covid-19 to Evaluate Work-from-Home
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ABSTRACT
Covid-19 has radically changed our lives, with many governments and businesses mandating work-from-home (WFH) and remote education. However, whether or not work-from-home policy being taken is not always known publicly, and even when enacted, compliance can vary. These uncertainties suggest a need to measure WFH and confirm actual policy implementation. We show new algorithms that detect WFH from changes in Internet address use during the day. We show that change-sensitive networks reflect mobile computer use, detecting WFH from changes in network intensity, the diurnal and weekly patterns of IP address response. Our algorithms provide new analysis of existing, continuous, global scans of most of the responsive IPv4 Internet (about 5.1M /24 blocks). Reuse of existing data allows us to study the emergence of Covid-19, revealing global reactions. We demonstrate our algorithms in networks with known ground truth, evaluate the data reconstruction and design choices with studies of real-world data, and validate our approach by testing random samples against news reports. In addition to Covid-related WFH, we also find other government-mandated curfews. Our results show the first use of network intensity to infer-real world behavior and policies.

KEYWORDS
Active Internet Measurement, Covid-19, Work-from-Home

1 INTRODUCTION
In 2020, the Covid-19 pandemic has completely changed our lives. Reports show that millions of people suddenly stay at home, because they are studying, working there (WFH), or are unemployed [6].

However, reactions to Covid-19 are not always certain, as they may vary by locations and are not publicly stated. Public reports of Covid-19 responses (such as WFH) are not always timely—policies are not always reported publicly, and their implementation may be uneven. Even when a business or government establishes a policy (WFH, curfew, or lockdown), people may embrace or reject that policy, so actual participation may diverge [32]. For these reasons, we would like to study WFH practice. We want to confirm WFH happens where it’s intended and verify when it happens where it’s not publicly stated.

The Internet has proven increasingly important in supporting society as we manage Covid-19 and WFH [54]. Early in the pandemic, streaming media providers reduced video quality to manage increased use [13]. Facebook reported a sharp 20% increase in traffic in late March after widespread WFH [11]. Researchers saw a similar 15–20% increase in traffic at IXPs in mid-March [33]. Changes depend on the perspective of the observer: mobile (cellular) networks show a 25% drop in traffic and a decrease in user mobility as people stay at home [57]. While the Internet changes vary, these changes show potential to observe compliance with WFH orders, given careful inference from network observations.

In this paper, we show that changes in Internet address use correlate with WFH. Many people use mobile devices (laptops, tablets, smartphones) at home and office, and these devices acquire IP addresses when they are using the Internet. Often these addresses are dynamically allocated with DHCP. While many networks today allocate from private address space [68], many public IPv4 networks reflect changes in human activity [14, 60, 63, 67, 95].

The first contribution of our work is to define a new algorithm that identifies changes in diurnal network usage of
each public, /24 IPv4 block, a signal that correlates with WFH (§2). We examine the active state of /24 blocks by counting the number of active IPv4 addresses—those that reply to an ICMP echo request. We identify change-sensitive network blocks, where the number of active IPv4 addresses reflects the number of individuals actively using the network in that location, with noticeable diurnal changes. We then determine long-term trends in the usage of change-sensitive blocks and detect changes in these trends that correlate with WFH.

To our knowledge we are the first to analyze network addresses, as a whole, to reveal the behavior of human populations. Prior work has used addresses as samples of space [75], or to spread load [66], or reduce traffic [55, 66]. Other work showed they reflect human trends [26, 67, 78] and ISP policies [14, 60, 64, 95]. Like all approaches using active probing of public IP addresses, our approach cannot see behind Network Address Translation (NAT) or firewalls, but we track /24 IPv4 blocks (§3.3) globally (§3.4), and use our method to discover events (§4), showing values in even incomplete coverage, particularly for regions where WFH activity is uncertain.

Our approach respects individual privacy. We track changes aggregated by /24 address block; we do not know the identities of individuals. Our internal and sharing policies limit data about specific addresses and prohibit de-identification. Our work is classified as non-human-subjects research by our university’s IRB (USC #UP-20-00909); see Appendix A for details.

Our algorithms apply new analysis to ongoing, active measurements of the Internet [66]. Reusing existing data is necessary to study the unanticipated onset of Covid-19. Reuse also reduces the cost of ongoing probes covering each of 5 million /24 IPv4 networks multiple times an hour. Re-analysis of existing data requires care, since the measurement is optimized for other purposes, and its varying rate affects accuracy for some blocks. We propose additional measurements to improve future reconstruction in §2.7.

The second contribution of our work is to validate our algorithms against real-world data. Known cases of Covid-related WFH with ground truth (Figure 1) motivate our design. We systematically evaluate design decisions in our algorithms (§3). Finally, we validate the detection of inferred WFH with random sample blocks (§3.5) and locations (§3.6). We show that network changes near known confirmed Covid-WFH dates are usually captured by the algorithms (precision 93%), and two randomly selected locations both show network changes near their WFH dates.

Our final contribution is to use our algorithms to study 168k to 420k change-sensitive blocks worldwide for the first six month of 2020 (§4). We show global data and evaluate known, real-world events like Wuhan in January 2020. We then demonstrate the potential of our approach to discover changes, find WFH in the Philippines in March 2020, and non-Covid-related Internet shutdowns in India in Feb. 2020.

Data from our work is available at no cost [1], and we plan to release our analysis software with our paper publication.

This paper was first released as a technical report in Feb. 2021. In May 2022 we updated all sections of the paper, including many additions: a summary of external probing, whith a clearer evaluation of data sources and alternatives in §2.1; description of geographic aggregation and limitations in §2.5; a new approach to adding additional observations in §2.7; a summary of how we share results in §2.8; major revisions to validation in §3, including more datasets and improved and corrected statistical analysis; explicit evaluation of reconstruction (§3.2); evaluation of target sensitivity and change over time (§3.3); validation by both random blocks (§3.5) and random locations (§3.6); new data on overall trends (§4.1) and updated case studies (§4); explicit related work (§5); and supporting detail to much of the validation and results in appendicies.

2 METHODOLOGY

We detect changes in IP address use and infer WFH with the following steps: (1) Probe IP addresses for activity, (2) Reconstruct active addresses, (3) Identify change-sensitive blocks, (4) De-trend address usage, and (5) Detect changes in usage. In addition, we combine data from multiple observes and plan for additional probing improve reconstruction.

We illustrate our approach with an example block shown in Figure 1. This block is at USC, so we know the start of WFH is on 2020-03-15, and the address changes we observe correspond to people at work. We provide other example in Appendix C, and we verify their behavior with manual examination of more than 2200 blocks.

2.1 Probing IP Addresses For Activity

Our approach observes active probing of the IPv4 address space. Many active IP addresses are probed, reporting results as positive or non-replies. Addresses must be probed multiple times per day to show diurnal changes in responses.

Data Sources: In principle, any frequent public scan of the IP space can serve as input. We re-analyze data from Trinocular [66] for three reasons. First, it provides continuous data since Nov. 2013, allowing us to study the months before and after Covid-19 swept the globe. Second, it covers nearly all of the responsive Internet, with more than 5M IPv4 /24 blocks (achieving 96% is possible with active methods [7]). Finally, its 1 to 16 probes per 11 minutes are frequent enough that we can usually identify diurnal behavior. However, repurposing it to our ends requires reconstruction (§2.2) and integration (§2.6). We show additional probing is sometimes helpful (§2.7).
We explored multiple alternative data sources. USC Internet surveys [47] provide more frequent coverage (about 256× more), with data for all IP addresses in many /24 blocks every 11 minutes, but they are spatially and temporally incomplete, covering only 4k blocks, with data only 4 weeks of every quarter. We use survey data for validation in §3.2. ZMap [29] has quick, complete scans of IPv4, but it preserves only positive replies. Our algorithms require timing of both positive and negative replies, and reconstruction of ZMap is impossible because it does not preserve probe order (or initial seed). Censys scans [28] emphasize daily services and certificates on hosts, not reachability many times per day, and bulk data is not currently available. CAIDA’s Archipelago [15] covers all routed /24 blocks, but it far too slow to track diurnal trends. Its 3 teams of 17-18 probers cover all routed blocks every 2-3 days, about 1/256th the rate of Trinocular. Thus while these systems are tuned for their goals, none can be adapted to support diurnal analysis of most of IPv4 or of IPv6, although they may be extended for future use.

Another option is to deploy new, dedicated probing. We propose additional probing in §2.7 to improve coverage for some blocks. However, to see what happened when Covid-19 first spread in 2020 requires the use of data taken at that time. In addition, reuse avoids the small but non-zero cost that active probing places on the world’s networks. Reuse also avoids duplication of existing opt-out mechanisms and abuse handling, a noticeable operational cost of sustained probing.

Specific datasets: We list specific datasets covering October 2019 through June 2020 in an appendix (Table 4). This data is available at no cost to researchers. We consider data from six locations (coded c: Colorado; e: Washington, DC; g: Greece; j: Tokyo; and n: Netherlands; w: Los Angeles). These sites provide very diverse perspectives, since each has different upstream ISPs and they are on three continents.

Prior work describes Trinocular collection in detail [7, 66], to summarize: each site probes about 5M /24 IPv4 address blocks with ICMP echo request messages. Every 11 minutes each site probes from 1 to 16 targets in each block, drawing them from a list with a pseudorandom order that is fixed for each quarter. Targets are limited to addresses that have ever responded to a complete scan sometime in the last three years, written as \( E(b) \). Probe rates are low enough that rate limiting is unlikely [45]. Although we consider data from all locations, we discard sites c and g in 2020 because of hardware problems. We merge data across sites as described next in §2.2.

**IPv6:** Our detection depends on seeing diurnal changes in address usage. Such changes exist in IPv6 and are prominent in Google’s IPv6 reports [40]. However, the size and design of IPv6 addressing prevent exhaustive probing [38, 39] and no IPv6 data is available to us today. IPv6 address measurement is an active area of research [10, 35, 37, 62] and we hope to explore it in future research.

### 2.2 Reconstructing Active Addresses

Our data source scans the visible Internet incrementally in rounds, so our first step is to reconstruct the state of the Internet from these incremental results.

Each Trinocular round occurs every 11 minutes and probes 1 to 16 addresses. We ingest results from each round and count which addresses are active. When all ever-active addresses \( E(b) \) have been observed, we have a complete reconstruction of the block. We report this value and then update incrementally each subsequent round.

Accumulating state over multiple rounds leverages the fixed probing order. We assume addresses do not change state until they are re-scanned. This assumption holds if we scan faster than addresses change. If we scan 15 addresses per round and have 256 addresses to cover, then 17 rounds guarantee a complete picture. Combining data from six observers (described below §2.6) will yield a full scan in only 3 rounds (33 minutes) However, in the worst case, we observe only one address per round, so 6 observers complete a scan in 8 hours. The size of a complete block \( E(b) \) varies by history (updated each quarter), and the probe rate per round varies over the day based on responses (updated dynamically), so upper and lower bounds are atypical. In §3.1, we examine scan times in practice, and in §3.2 we consider how accumulation affects accuracy.

We update our response estimate incrementally, as each additional round provides more data. For example, an address reporting negative in the previous round that then receives a positive response increments the number of active addresses of the block. Thus, we generate new estimates of the number of active addresses every 11 minutes, but each estimate reflects observations from multiple prior rounds.

Figure 1a shows counts of active addresses for our example block. While 88 addresses in the last 3 years (\(|E(b)|\), the top red line), but only 8 to 18 are active during these three months (the lower blue line).

### 2.3 Identifying Change-Sensitive Blocks

To detect WFH, we must have blocks where address changes reflect people’s daily schedules. We call such blocks change-sensitive, and identify them by two characteristics: first, they show a regular, diurnal pattern; second, the swing (high and low count) over 24 hours must be large enough to detect its disappearance with confidence.

Our example block (Figure 1a) is a known change-sensitive block. The active addresses over time (the blue line) usually
We currently use a threshold \( s = 5 \), based on the evaluation of the data. Too large a threshold will reduce the number of accepted blocks, but too small makes the algorithm vulnerable to noise such as individual computer restarts. We select 5 as the minimum value that tolerates uncorrelated outages caused by a few computers (for example, due to maintenance). Figure 2 shows that around 90% of blocks that have daily swings exhibit a swing greater than 5.

Finally, the swing must be persistent and reflects a work week. Changes need not occur every day, since many blocks (like Figure 1a) show use primarily during the work-week and not on weekends and holidays. We require blocks to have a wide daily swing for at least 4 of 7 consecutive days for at least one week in the observation period. We use a 7-day window since work activity usually follows weeks, and a 4 day minimum to tolerate 3-day weekends (for example, the week of 2020-01-20 in Figure 1a).

**Coverage:** We detect WFH in change-sensitive blocks as the sudden disappearance of diurnal changes. We must therefore identify a pre-Covid baseline of change-sensitive blocks. In §3.3 we show that Jan. 2020 provides a good baseline. In §3.3 we also show that between 168k and 420k blocks meet these two requirements, depending on how much and how long we collect data. We ignore non-change-sensitive blocks since their operation (perhaps firewalls or NAT) hides WFH changes, as we discuss in §2.5.

### 2.4 De-trending Address Usage

Although the diurnal changes in our example (Figure 1) can be seen visually, in many blocks daily fluctuations make it difficult to detect changes in use. We expect WFH will either remove the diurnal swing, as occurs in Figure 1a after 2020-03-15, or decrease overall use (and possibly also the size of the swing), as fewer people come into work. These signals are properties of the general baseline of active addresses and are obscured by daily changes and day-to-day variation, so we need to extract this trend from noise.

We track the underlying baseline by applying a standard seasonality model to the data. Seasonality models decompose the signal into a baseline convoluted with a daily and possibly weekly signal. We considered two models: the “naive” seasonality model [76] and Seasonal-Trend decomposition using LOESS (STL) [20, 76]. Although both are similar, we adopted the STL for our work after comparing the two and finding it more robust to outliers.
2.5 Detecting Changes in Usage

Finally, we detect changes in the trend. We apply a standard change-point detection algorithm, CUSUM [27, 46]. CUSUM looks for changes in the baseline, flags when the upward or downward trend begins and the time of largest change.

Before applying CUSUM, we normalize the STf trend to its z-score by subtracting the mean and dividing by standard deviation. This normalization allows us to use the same CUSUM parameters for every block (threshold: 1, drift: 0.001).

Figure 1c continues our example block showing CUSUM detection. The bottom graph shows the cumulative increase and decreases (in dark purple and light yellow). The upper graph shows the normalized trend with start and end of the detected change as arrows on 2020-03-08 and -18. The point of change is 2020-03-15, which we confirm as to when WFH began. This change is detected from the fall in normalized trend, reflecting the drop in address activity due to the absence of diurnal address usage (Figure 1a).

**Geographic Aggregation**: We geolocate all blocks (using Maxmind GeoLite [59]). We count blocks showing a decreasing trend (the purple line in Figure 1c) in each $2 \times 2$ geographic region. This downward trend reflects a decrease in aggregate use of those networks, and our definition of change-sensitive reflects the work-week, so a large number of blocks showing a downward trend suggests increased WFH. Possible future work is to use bumps per week to distinguish work from home networks.

**Limitations and Other Sources of Change**: CUSUM can automatically find behaviors often indicating WFH in change-sensitive blocks. In §3.5 we validate this claim, and §4 shows events we discovered with geographic aggregation. But WFH can happen for reasons other than Covid, and network changes for reasons other than WFH (like §4.3).

Network outages are an additional possible source of downward changes in usage. An outage will be a downward change, followed by an upward change when the network recovers. Since outages are usually short (minutes or a few hours) relative to Covid-WFH (weeks or months), we treat closely timed down and upward changes as outages.

Our approach is limited to detecting WFH in change-sensitive blocks. We cannot see changes that occur behind firewalls or NAT. Our results will be less successful in countries where most individuals are behind always-on NAT devices, such as the U.S. and western Europe. In other countries, ISPs place wired customers behind CG-NAT, sometimes with multiple layers (we have seen this in Iran). We study locations of change-sensitive blocks in §3.4, but given the complexities of NAT in multiple prior studies [42, 56, 72], detailed quantification of its relationship with WFH detection is future work.

Carrier-Grade NAT (CG-NAT) is widely used for mobile phones, and also by many wired ISPs [72]. Like home-based NAT, CG-NAT may hide diurnal trends, but CG-NAT assignment strategies such as paired pooling may directly expose diurnal trends by assign individuals temporary public IP addresses when they are actively using the Internet. The relationship between mobile phones and WFH is further complicated by opportunistic use of wifi instead of the cellular network when at home [57]. Our work helps to motivate future exploration of how CG-NAT and mobile networks interact with public IP address use.

The success of our approach depends on seeing some users in many locations, and it does not require seeing all users everywhere. We show that our approach provides broad coverage, we see 168k to 420k change-sensitive blocks (Table 2) in many countries (see §3.4). Although most U.S. home users...
are behind always-on routers with NAT and we therefore cannot detect increase in home use, we see WFH in U.S. universities (§C.3). Our widespread but incomplete coverage suggests that our results are best used to estimate trends in WFH and not absolute counts of individual choice.

### 2.6 Using Multiple Observers

We estimate network usage in §2.2 with observations from a single observer. However, we have data available from multiple observers in different geographic locations (§2.1). Each observer probes the same targets in the same order, but they start independently and run unsynchronized, so they are almost always out of phase with each other.

We can strengthen our results by combining data from multiple observers, either to accumulate observations rapidly, or to validate the results of one against the others.

To provide more complete data, we can combine multiple results from all observers to update block status more rapidly. As described in §2.2, blocks update at different rates, in some cases failing to track diurnal changes. Combining multiple observers reduces time to scan the full block as we will show in §3.1, improving reconstruction accuracy (§3.2).

Alternatively, separate observers can be treated as equivalent but independent, allowing us to test their results against each other and detect bias specific to any vantage point. (Locations sometimes see different replies [47, 92].)

We follow the first approach, combining results from multiple observers, since the additional information improves reconstruction of the true signal (see §3.2), increases our coverage (§4), and reduces worst-case scan time for a full block. Combining data reduces per-site bias, but we found that trusting all sites equally results in false results when one site has observation problems. We check data health, and site-specific problems prompt us to discard data from two observers (c and g). We confirmed that these sites had hardware or network problems.

Our example in Figure 1 has a two-hour scan time with data from one observer. Figure 4 compares ground truth (purple, with survey data probing all addresses every 11 minutes) with a 4-observer reconstruction for two blocks (yellow).

### 2.7 Adding Additional Observations

Reusing existing data (§2.2) means some reconstructed blocks are under-observed. Beyond combining all observers (§2.6), we next describe deploying an additional observer designed specifically to cover previously under-observed blocks. Additional observations require two decisions: which blocks need additional observations, and how make those observations.

Blocks that need additional observations are those with many addresses which always respond, as our existing data source (Trinocular) stops probing on the first positive response for the block, as mentioned in §2.2. We identify such blocks by the block refresh rate (§3.1), as estimated from each block’s historical response rate and the number of addresses that will be scanned ($E(b)$) from §2.2.

Additional observations are taken by a designed observer, given a list of blocks that would be under-observed. This prober runs the standard Trinocular algorithm, but extends each round with up to four extra probes per round, even after a positive response. We adjust the number of additional probes based on the current observation rate to meet our goal. We then combine these additional observations with other observers as in §2.6. Together, aggregated observations will scan the worst-case block (256 addresses, all always responding) in 352 minutes, and these four complete scans per day allow detection diurnal behavior for all blocks.

In §3.2.4 we show that this strategy identifies blocks that otherwise would have insufficient reconstruction. We are currently testing implementation of additional probing; regrettably, it cannot be applied retroactively to our 2020 data.

### 2.8 Sharing the Results

Our WFH detection results are available on our website [82], with Google-maps-style pan and zoom, as well as custom visualizations of time series and ISPs that change [83]. Our WFH detection data is available to researchers at no cost [1].

### 3 VALIDATING DESIGN CHOICES

We next evaluate the algorithm design using our datasets. We begin with design decisions: Do we track block states quickly enough to see diurnal changes? How accurate is the reconstruction? How many blocks do we see, and where are they? We then evaluate end-to-end results: do detections and discoveries match reports of real-world WFH?

#### 3.1 Block Refresh Rate

We examine how quickly we complete scans of each /24 block, a full block scan (FBS). Prior work has suggested sparsely occupied blocks are fully scanned in about two hours in the worst case [7], but that analysis covered only the subset of all blocks that were intermittently responsive. Our new analysis here examines change-sensitive blocks, a different subset.

Prior work explored the bound of FBS time as part of developing a new algorithm to address false outages in sparse blocks, those with low response rates [7]. This analysis showed 3.1 hours (17 rounds) as an upper bound for scanning sparse blocks, based on 15 probes per round (a chosen design limit), over 11 minutes, and 256 addresses to cover in the block. A more general worst case will consider blocks where all 256 addresses always respond, so only one address is probed per round and a full scan requires 256 rounds (1.8 hours).
days). Such blocks are not change-sensitive, but this rare worst-case suggests we need to look at block scanning duration empirically.

We evaluate time to scan all ever-responsive addresses \( (E(b)) \) in each block across all change-sensitive blocks in 2020q1. Figure 3 shows cumulative distributions for four cases: a single observer, then combined data from two, three, and four observers, from bottom to the top respectively. We see that about 65% of change-sensitive blocks can be fully scanned in 6 hours or less (the left vertical dashed line), when data is combined from four observers. By contrast, 6 hours provides about 48% of blocks with one. Given 12 hours, 4 observers cover 78% of blocks, compared to 61% with one. This result shows that multiple observers are important to see most diurnal changes (§2.6), and those additional observations are required to handle the tail of challenging blocks (§2.7).

### 3.2 Reconstruction Quality

Change sensitivity requires block reconstruction that is sufficient to detect diurnal changes and swing. To evaluate when and why reconstruction is sufficient, we next compare our reconstruction to ground truth from complete data. Our estimates of block refresh rates (§3.1) suggest bounds on what we can measure (a refresh rate of 24 hours is below the Nyquist rate and so cannot track diurnal changes), but observation and the underlying changes are both non-linear and so it provides a pessimistic bound.

We compare reconstruction against ground truth: Internet address surveys (2020it89-w in Table 4) scan all addresses in a block every 11 minutes for two weeks. Surveys cover about 2% of the responsive blocks in the IPv4 Internet; we find 32,437 blocks overlap between surveys and our data. Figure 4 shows two representative blocks (from the 5,440 overlap) to illustrate how block refresh rate and sampling rate affect reconstruction quality.

#### 3.2.1 Quantifying Reconstruction Success.

We first measure the success rate of block reconstruction across all blocks with ground truth. Table 1 compares block counts for our algorithms (change detection) and its components (diurnal and wide swing). First, two weeks of full survey data (2020it89-w) define ground truth (probing all addresses every 11 minutes). We intersect the data with four reconstruction options: one observer for a quarter (2020q1-w), four observers for a quarter (2020q1-ejn), four observers for a month (2020m1-ejn), and four observers for two weeks (2020it89-match-ejn). The last dataset shares the same starting time and duration as the survey data. We expect more observers to provide better quality reconstruction.

Overall, of the 5,440 change-sensitive blocks in ground truth, the 4-site, 2-week reconstruction discovers 3,794, 70% of truth. Below, in §3.2.2, we show that the main reason it misses blocks is that they do not appear to be diurnal in the reconstruction. We then show that using a shorter duration and more sites helps to get better reconstruction.

First, we see that a shorter observation detects more change-sensitive blocks: comparing 2020m1-ejn to 2020q1-ejn (the third and fourth columns, one month against three months), shows one month detects 2,547 change-sensitive blocks while three months reduces that to 2,003. While reducing duration to 2 weeks, 2020it89-match-ejn finds the most change-sensitive blocks, confirming the observation. In the first quarter of 2020, we speculate that these changes may be due to Covid-WFH.

Second, we see that combining data from four sites improves detection of change-sensitive blocks, confirming that decision (§2.6). Comparing 2020m1-ejn or 2020q1-ejn (the third and fourth columns) to 2020q1-w (the second column): four sites provide roughly four times more observations, allowing better reconstruction of address usage over the day and therefore more frequent detection of diurnal blocks (2,547 or 2,003 instead of only 1,807).

#### 3.2.2 Causes of Imperfect Reconstruction.

To understand why shorter duration and combining multiple sites help, we next look at the two components of change sensitivity: checks for diurnal behavior and consistent swing. The middle rows of Table 1 show how many blocks pass each of these checks in blocks that are present in the ground truth (2020it89-w) and our four reconstruction options.

Duration of observation strongly affects diurnal detection: 2020m1-ejn finds 3,388 diurnal blocks (47% of ground truth), but reconstructions using all three months detect 2,944 or 2,300 (4 and 1 site, finding 41% and 32% of ground truth). With the same duration that the survey data has, 2020it89-match-ejn finds 4,763 diurnal blocks. This decrease supports our
claim that diurnal behavior changed for some blocks throughout 2020q1. Data with a longer duration reduces detection of diurnality for blocks that are diurnal over short period but not over longer period.

However, reconstruction seems to increase the amount of swing: it finds 19.8k to 21.3k blocks with a wide swing compared to 17.3k in the ground truth (a 14% to 23% overestimate).

These differences between reconstruction and ground truth are because reconstruction is based on less data than ground truth. Trinocular optimizations that minimize probing for outage detection effectively apply a non-linear, low-pass filter over active addresses.

3.2.3 Reconstruction case studies. We next examine two sample blocks in detail—reconstruction in the first is excellent, while the second diverges from the ground truth. These blocks help understand the factors that affect the reconstruction quality. Figure 4 shows two blocks, comparing the survey’s ground truth (the dark blue line) against our reconstruction (the light orange line).

The block in the top graph has an accurate reconstruction—the Pearson’s correlation coefficient is 0.89 and the block is fully scanned in 3300 s (just under an hour). The quality of the shape matches well, with the orange reconstruction showing the same daily peaks matching working hours, the same sharp changes at the start of each day, and the same flat behavior between workdays. The main difference is the maximum number of detected addresses in reconstruction is about 9% lower than truth. This shortfall is because Trinocular stops probing after a success, so the discovery of new addresses is slow. However, the reconstruction preserves change sensitivity.

The block in the lower figure shows a greater challenge for reconstruction. This block is heavily used (120 to 160 active addresses), and it sees a large daily shift, with consistent changes every day of the week. With so many active addresses, a full scan requires around 8 hours and the reconstruction (orange) lags the truth (blue). Here the limited input to the reconstruction “spreads out” some of the true behavior of the block, flattening the peaks and raising the valleys. The correlation coefficient is 0.40.

Both blocks show imperfect reconstruction, but reconstruction is sufficient for change-sensitivity and these blocks are used in WFH detection. These examples show the opportunity of additional probing and the reasons blocks can be misclassified in Table 1.

3.2.4 Additional probing to improve reconstruction quality. Reconstruction makes results defective from insufficient data, so additional probing (§2.7) is designed to fill this gap. We next show that we can identify under-probed blocks (the tail of the distribution in Figure 3) with targeted additional probing.

Figure 5a illustrates the absolute count of known change-sensitive blocks that are not classified as change-sensitive in reconstruction. It illustrates blocks in a heatmap binned by full-block scanning time (x-axis) and the number of scanned addresses (y-axis). This data shows that problems occur in full blocks with long-scan-time (above and right of the origin). Figure 5b shows the vast majority of blocks are near the origin, confirming failures occur in the tail, consistent within Figure 3.

From these two figures, we derive our sliding-scale of additional probes: 4 probes if scan time exceeds 24 hours,
3 if over 18, 2 if over 12, and 1 if over 6. For each round, additional probes do not stop even if encountering positive reply.

With these additions, all blocks complete scanning in 6 hours or less. This data supports our claim that additional probing (§2.7) can augment basic Trinocular to provide good reconstruction for all responsive blocks.

3.3 How Many Change-Sensitive Blocks?
Since our algorithms detect WFH only in change-sensitive blocks, we next ask: How many change-sensitive blocks are there? Does that number change over time? We also revisit the effect of observation duration on the number of change-sensitive blocks.

Decrease over time: The left three columns of Table 2 show three-quarters of data from 2019q4 to 2020q2. Each quarter uses a 12-week observation. We see the number of change-sensitive blocks decreases somewhat over this period: from 370k to 327k to 275k. We expect some of the decrease from 2020q1 to 2020q2 may reflect Covid-19 WFH as people move from universities and workplaces with more public IP addresses to homes where always-on modems shield their workday status.

Churn: There is a fairly large rate of churn (turnover) in change-sensitive blocks. We see that in comparing the first six months of 2020 (2020h1-w) with each three-month quarter (2020q1-w and 2020q2-w). The number of change-sensitive blocks for 2020h1-w is the intersection of the two quarters, and with 169k blocks, it is only 53% or 61% of each quarter. This drop is likely because when blocks are not consistently diurnal for the entire observation period we classify them as non-diurnal. We see a similar drop to 199k when merging 2019q4 and 2020q1, consistent with duration as the primary factor.

Another possible reason for churn in the set of change-sensitive blocks in 2020 is the Covid-induced changes in network usage. We show some examples in §3.2.1.

Input targets: A complicating factor in this analysis is that the underlying target list changes over time: in each quarter, the target list is updated to reflect currently responsive blocks, and in 2020q1 the target list was expanded from 4.0M blocks to 5.2M to take advantage of algorithm changes that correctly handle sparse blocks [7] (compare the number of responsive blocks in 2019q4-w and 2020q1-w). This expansion only modestly increases the number of change-sensitive blocks (it adds 11,547 or 3.6% to 2020q1-w, and 16,852 or 3.8% to 2020m1-ejnw) because only a few of the newly added blocks are diurnal.

Measurement Duration: We previously observed that longer periods decrease the number of diurnal blocks. We see that effect again here, comparing 2020m1-w to 2020q1-w to 2020h1-w. As discussed in §3.2.1, to factor out this change, we detect change-sensitive blocks based on 2020m1-ejnw and apply that to all of 2020h1-ejnw for our data in §4. (The longer duration in 2020h1-ejnw would reduce the number of change-sensitive blocks by 42%, in part because of the very changes in address use we are working to detect.)

Implications: In spite of dynamics, we see 168k to 420k change-sensitive blocks, as shown in Table 2.

Any real-world system like the Internet will evolve over time, and the above factors of change of use, churn, and new allocations all contribute to such non-stationarity. Non-stationarity is common in measurement and can be addressed by regular retraining, as is already done for input targets. Our data shows coverage is sufficiently stable for the six-month period we analyze here; we are exploring integration of retraining in ongoing work.

3.4 Where are Change-Sensitive Blocks?
Prior analysis of diurnal blocks has shown their frequency varies by country [67]. Countries have different amounts of IPv4 address space, and they also adopt different telecommunications and cultural policies about keeping devices "always-on". Change-sensitive blocks occur when devices are directly attached to the public Internet, so we do not see change-sensitive blocks in ISPs where devices use private address space behind an always-on router on the public IPv4 Internet. IP address assignment and use have been a topic of considerable study [14, 60, 63, 64, 67, 71, 72, 95]. Fully exploring the relationship between policy and change-sensitive blocks is future work, but we next summarize what we see.

Figure 6 shows the locations of all change-sensitive blocks we see in the 2020m1-ejnw dataset. This graph counts blocks in each 2 × 2° latitude/longitude grid, showing the number of blocks as the area of a red circle in each grid cell.

We see that the best coverage is in East Asia (China, Korea, and Japan), with moderate coverage in Brazil and North Africa, and sparse coverage in the United States, Europe, and India. Coverage reflects the intersection of where IPv4 addresses are allocated and where users of those addresses turn off devices at night. Sparse results from the U.S. and Europe reflect widespread use of always-on home routers. (Although such routers use many public IPv4 addresses, their 24x7 operation means they are not diurnal and so do not show when they are actually in use.) If these users turn off their devices at night, that change is hidden behind those routers and NAT. The diurnal blocks in the U.S. and Europe that we see often correspond to universities where users occupy public IP addresses during the work-week (like Figure 1). Heavier presence in Asia is likely to reflect local ISP policies, with most users using dynamically assigned, public IPs. Future
Table 2: Blocks before and after filtering (in /24s). Change-sensitive is interpreted as /24 blocks that are diurnal and with wide swing. Allocated addresses from IPv4 Address Space Registry [51]; Routing data from Routeviews [2–4].

| duration (weeks) | 2019q4-w | 2020q1-w | 2020q2-w | 2020h1-w | 2020m1-w | 2020h1-ejnw | 2020m1-ejnw |
|------------------|-----------|-----------|-----------|-----------|-----------|-------------|-------------|
| completeness (sites) | 12        | 24        | 4         | 24        | 4         |             |             |
| allocated blocks  | 14,483,456|           |           |           |           |             |             |
| not routed        | 3,388,236 | 3,361,864 | 3,333,669 | 3,333,669 | 3,361,864 |             |             |
| routed blocks     | 11,095,220| 11,121,592| 11,149,787| 11,149,787| 11,121,592|             |             |
| not responsive    | 7,049,754 | 5,922,911 | 5,925,238 | 6,024,576 | 5,922,911 |             |             |
| responsive        | 4,045,466 | 5,198,681 | 5,224,549 | 5,125,211 | 5,198,681 |             |             |
| not diurnal       | 3,631,272 | 4,799,382 | 4,849,579 | 4,877,967 | 4,796,117 | 4,889,070   | 4,652,108   |
| diurnal           | 414,194   | 399,299   | 374,970   | 247,244   | 402,564   | 236,141     | 546,573     |
| narrow swing      | 1,375,566 | 2,170,901 | 1,700,045 | 2,269,473 | 2,977,067 | 1,825,465   | 1,656,565   |
| wide swing        | 2,669,900 | 3,027,780 | 3,524,504 | 2,855,738 | 2,221,614 | 3,299,746   | 3,542,116   |
| not change-sensitive | 3,675,118 | 4,880,856 | 4,948,888 | 4,956,244 | 4,888,659 | 4,937,024   | 4,778,003   |
| change-sensitive  | 370,348   | 317,825   | 275,661   | 168,967   | 310,022   | 188,187     | 420,678     |

Figure 6: Number of change-sensitive blocks (circle area) by geolocation (in a $2 \times 2^\circ$ grid). Dataset: 2020m1.

work could further explore correlations of change-sensitivity with network types.

3.5 Validation by Sampled Blocks

We next validate the correctness of our algorithms by examining a random sample of blocks, looking for events in that block, then looking for ground truth about that event in public news sources.

Defining correctness: We claim that changes in change-sensitive blocks can indicate WFH, but defining “correct” can be challenging. WFH may occur for reasons other than Covid (see §4.3 for example). WFH is not the only cause of network changes; networks also suffer outages and shift users due to maintenance. Networks might not show changes even though a region begins WFH—networks with NATs and firewalls will not show diurnal behavior and so cannot change during WFH. Finally, our temporal precision is limited. We detect changes daily, and must account for weekends, so detection may lag up to 4 days.

Our goal is that our algorithms are useful, as case studies in §4 show. To support that our algorithms should be trusted, we quantify correctness in two ways. In this section we evaluate random blocks, confirming they show CUSUM changes on dates that match confirmed WFH reports. We define block-level correctness as a WFH detection within four days of a public WFH report. This correctness is not as strong as 1:1 mapping of events with WFH, but it suggests correlation.

In §3.6 we examine random locations to see when groups of block-level changes correspond to WFH reports. We define location-level discoverability as a noticeable number of block-level changes that correspond with a public WFH report. Together these metrics suggest utility.

Methodology: Validation begins by selecting 50 random blocks from all blocks that are change-sensitive in 2020q1 (the first three months of 2020) (see Table 3). This selection is unbiased and large enough to evaluate statistically. (Our case studies that examine locations (§4) are also helpful, but will under-represent blocks in urban areas.)

We then geolocate each block to match it to ground truth news reports. All blocks in our sample are geolocatable. We see the blocks are global, in 18 different countries or regions, following the distribution seen in Figure 6, with 22 in China,
WFH—but the raw data suggests a network outage, not WFH. (they are March 30 and April 7, but we cannot consider could find by tuning detection parameters. (The sixth block have been found; these represent false negatives that we find 5 blocks (of 30) are missed by our algorithms but could examine the 30 blocks without change in the WFH period determine all blocks with changes (positives), we manually completeness: do we detect all blocks that have changes? To of detected changes and WFH events, we suggest weak
accuracy. The other 12 all show WFH changes analogous to the importance of automatic, quantitative evaluation for ac-
One of the remaining 13 shows a tiny visual change that are
blocks. The 14th block shows a change on 2020-03-21, during related. We manually examined raw data for each of those —the detections that we see are usually covid related changes near 2020-03-16 and confirm them to be Covid-
tions on 2020-03-16, with additional suspensions later [80].
We randomly select grid cell (24N, 54E) in The United Arab Emirates, and 25 of its 230 change-sensitive blocks. This country started a Covid-cleaning campaign on 2020-03-22 and then began a night curfew on 2020-03-26 [22].
As before, we validate all blocks by comparing detection dates to news reports and examining raw data. Of the 25 blocks, 11 blocks have CUSUM-detected changes near the lockdown date. We confirm that all 11 blocks suggest Covid-related changes (true positives), showing precision is 100%. CUSUM changes peak on 2020-03-24 with 21.3% of blocks changing, ten times more than any other day in 2020h1. Four blocks show changes at other dates, but this huge peak focuses on the true WFH period. The other four blocks show changes in raw data but are not detected by CUSUM, suggesting 73% recall at this location.
The United Arab Emirates: We randomly select grid cell (24N, 54E) in The United Arab Emirates, and 25 of its 230 change-sensitive blocks. This country started a Covid-cleaning campaign on 2020-03-22 and then began a night curfew on 2020-03-26 [22].
As before, we validate all blocks by comparing detection dates to news reports and examining raw data. Of the 25 blocks, 11 blocks have CUSUM-detected changes near the lockdown date. We confirm that all 11 blocks suggest Covid-related changes (true positives), showing precision is 100%. CUSUM changes peak on 2020-03-24 with 21.3% of blocks changing, ten times more than any other day in 2020h1. Four blocks show changes at other dates, but this huge peak focuses on the true WFH period. The other four blocks show changes in raw data but are not detected by CUSUM, suggesting 73% recall at this location.
Slovenia: The second grid cell we randomly select is (46N, 14E) in Slovenia. We examine 25 of the 936 change-sensitive blocks in the region. Slovenia closed all educational institutions on 2020-03-16, with additional suspensions later [80]. Of the 25 randomly selected blocks, we find 7 blocks show changes near 2020-03-16 and confirm them to be Covid-related (true positives), showing precision is 100%. As with UAE, the peak of changes (here on 2020-03-16) is larger than other peaks, supporting filtering the 6 blocks that show

5 in Russia, 4 in Malaysia, 3 in India, 2 in Brazil and Hong Kong SAR (China), and remaining 12 are single blocks in single countries.
We then look at change events per block and search for public news reports about Covid-19 lockdown dates. We use global Covid-19 lockdown dates from multiple media sources [18, 21, 23, 36, 43, 58, 61, 65, 69, 81, 84–86, 89, 93]. Russian and Singapore lockdowns are not in this quarter (they are March 30 and April 7, but we cannot consider March 30 because of overlap with transients at the change of quarter) so we discard those 6 blocks, leaving 44 with news reports.

Correctness: For correctness, our algorithms detect changes in 14 of these 44 blocks. In 13 of those 14 we confirm a CUSUM-detected change in the raw data within 4 days of the reported Covid-19 lockdown date (true positives), showing precision is 93%—the detections that we see are usually covid related. We manually examined raw data for each of those blocks. The 14th block shows a change on 2020-03-21, during WFH—but the raw data suggests a network outage, not WFH. One of the remaining 13 shows a tiny visual change that are better detected by our algorithms detect changes, showing the importance of automatic, quantitative evaluation for accuracy. The other 12 all show WFH changes analogous to our example (Figure 1).

Completeness: While we do not claim a 1:1 association of detected changes and WFH events, we suggest weak completeness: do we detect all blocks that have changes? To determine all blocks with changes (positives), we manually examine the 30 blocks without change in the WFH period for visual changes that are missed in CUSUM detection. We find 5 blocks (of 30) are missed by our algorithms but could have been found; these represent false negatives that we could find by tuning detection parameters. (The sixth block in China just misses our 4-day window, making it a true negative.) With 13 true positive detections in 18 positive events, that implies recall is 72% based on weak completeness.
Finally, 9 blocks show CUSUM detections at dates distant from WFH reports. Manual confirmation in raw data confirms these are real changes. They may be WFH that we could not document; some other event in the region; or network maintenance actions, like moving users to new IP addresses, that appear to be WFH. We expect regional events to affect many people, so we can examine look for downward trends in other blocks in the same location, as we study in §3.6. Lack of other blocks with the same trend suggests network maintenance. We examined the locations of these 9 blocks and only two had many other blocks triggering on the same day, suggesting that two downtrend events which could not document as Covid-related, and seven events which are consistent with small-scale network changes. This analysis suggests that correlated changes in one location are better predictors than results of individual blocks.

### Table 3: Validation of sampled blocks.

| Validation Type                        | Count      |
|----------------------------------------|------------|
| change-sensitive blocks                | 2020q1-ejnw |
| random selection                       | 420,678    |
| geolocatable                           | 50         |
| no WFH in quarter                      | 6          |
| WFH in quarter                         | 44         |
| CUSUM near (±4d) WFH date              | 14         |
| manual confirmation (TP)               | 13         |
| apparent outage (FP)                   | 1          |
| no CUSUM near WFH date                 | 30         |
| visual-detection near WFH (FN)         | 5          |
| CUSUM 5d from WFH                      | 1          |
| CUSUM not related to WFH               | 9          |
| no CUSUM detections                    | 15         |

3.6 Validation by Location

Examination of blocks suggests block-level precision is good, and our experiences (§4) suggest it can discover events. We next validate the ability of our algorithms to assist discovery, examining the data behind two random locations selected from all grid cells with change-sensitive blocks.

**The United Arab Emirates**: We randomly select grid cell (24N, 54E) in The United Arab Emirates, and 25 of its 230 change-sensitive blocks. This country started a Covid-cleaning campaign on 2020-03-22 and then began a night curfew on 2020-03-26 [22].

As before, we validate all blocks by comparing detection dates to news reports and examining raw data. Of the 25 blocks, 11 blocks have CUSUM-detected changes near the lockdown date. We confirm that all 11 blocks suggest Covid-related changes (true positives), showing precision is 100%. CUSUM changes peak on 2020-03-24 with 21.3% of blocks changing, ten times more than any other day in 2020h1. Four blocks show changes at other dates, but this huge peak focuses on the true WFH period. The other four blocks show changes in raw data but are not detected by CUSUM, suggesting 73% recall at this location.

**Slovenia**: The second grid cell we randomly select is (46N, 14E) in Slovenia. We examine 25 of the 936 change-sensitive blocks in the region. Slovenia closed all educational institutions on 2020-03-16, with additional suspensions later [80]. Of the 25 randomly selected blocks, we find 7 blocks show changes near 2020-03-16 and confirm them to be Covid-related (true positives), showing precision is 100%. As with UAE, the peak of changes (here on 2020-03-16) is larger than other peaks, supporting filtering the 6 blocks that show
4 RESULTS: REAL WORLD EVENTS

Finally, we use our approach to confirm and discover real-world WFH reactions to Covid-19. We show overall statistics and then examine China as known example of curfew.

More interesting are events we discovered through our system. We then turn to events in India and the Philippines that we discovered from our data. India shows a confirmed non-Covid curfew. For space, additional examples are in Appendix F.

4.1 Overall Trends

In this paper we examine all data for 2020h1. Figure 7 shows the global count of downward trends in WFH changes for each continent over six months. We geolocate blocks using Maxmind and assign each grid to a continent. By continent, data is heavily aggregated; we find data exploration is easier in a $2 \times 2$ deg grid in our interactive website [82].

Although aggregated, we see several trends. First, the large percentage of changes in Asia around 2020-01-20 (at (i)) corresponds to initial control measures taken in China. Most of the rest of the world show large changes around 2020-03-20 (at (ii) and (iii)). Low percentages in Oceania (dashed line, middle graph) show the success of their limits on international travel to control spread in this period. The large percentage in Africa (at (ii)) reflects the over-representation of Morocco in our data (see Figure 6) and their lockdown beginning 2020-03-20 [48]. These trends show the opportunity for global analysis; we next examine specific localities.

4.2 China on 2020-01-27

We first show the detection of network changes corresponding to Covid-related events. According to media reports, Wuhan went into lockdown on 2020-01-23 [65].

Figure 8a shows downward network changes for all of China (in a $2 \times 2$ grid) on 2020-01-27. We see large downward trends in several cities, including Wuhan.

For Wuhan’s (30N, 114E) grid cell, Figure 8b illustrates the number of downward detections we observe for all blocks over six months. We see a peak in the first quarter around 2020-01-27, showing about 1.5% or 53 of 3,589 change-sensitive blocks reduce usage that day.

We also see changes elsewhere in China at the same time. We see small peaks in Shanghai (the light blue circle (30N, 120E) on the east coast of China, 4.3% or 1,280 of 30,127 change-sensitive blocks) and Beijing (another light-blue circle at (38N, 116E), with 3% or 549 of 18,689 blocks). Although a small percentage, both are large absolute changes.

Our data confirms we detect changes when Wuhan began WFH, consistent with widespread media reports [65]. The apparent WFH in Shanghai and Beijing surprised us, with no international reports, but we found Chinese-language news about a level-1 health alert and school postponement in these cities [19]. This example shows the potential of measurements to discover under-reported events.

In addition to the January peak matching a known WFH event, Figure 8b shows large peaks in April and June. As with Beijing and Shanghai in January, we cannot find media reports of Covid-related WFH in these months. These events may be unpublicized or voluntary WFH, or possibly non-Covid events (described next).

4.3 India on 2020-02-28

In our second case study, we examine India in February and March 2020. In browsing our data, we noticed hot-spots of network changes starting on 2020-02-26 for several days. We noticed that the east of New Delhi, where fewer networks made for a larger relative change. As we refined our data processing, these changes were smaller than Covid-related lockdowns on 2020-03-23, but the 2020-02-28 events provide evidence for network changes that are not Covid-related.

Figure 9a shows our 2x2 degree grid of changes on 2020-02-28, with a noticeable drop (50 blocks, 2.4% of 1983) in usage. The largest drop (154 blocks, 7.7%) in this location occurs on 2020-03-22.

The larger drop in March corresponds to the first Covid-related curfew in India, the Janata curfew on 2020-03-22 [53].
and a nationwide lockdown on 2020-03-24. The February drop is correlated with riots over several days (-02-23 to -29) protesting changes in immigration law [88]. We have no evidence of curfews, but there were calls for curfews and both police and army intervention, suggesting people chose to stay home. These examples of Covid-related WFH in March, and non-Covid-WFH in February suggest that WFH can have multiple causes, but their outcome on the Internet is similar. §5.1 describes a second example of non-Covid-WFH in Thailand.

### 4.4 The Philippines on 2020-03-17

Our third case study examines the Philippines in March. This event is a true-positive, but unlike Wuhan, we discovered this event from our data, then confirmed it with news reports.

Figure 10a shows a geographic map of downward changes on 2020-03-17. We see a large, medium-blue circle in Manila (at 14N, 120E) showing a large change on this date. The timeline Figure 10b confirms that 10.5% (90 of 854) change-sensitive blocks show changes on 2020-03-17, the largest of 2020h1. This date is shortly after Manila’s lockdown beginning on 2020-03-15 and extended to the island of Luzon on the 17th [87].

### 5 RELATED WORK

Given the impact of Covid-19 on our lives, and Internet’s role in WFH, several studies consider their interaction.

**Covid and Network Traffic:** Several groups have reported about how the Internet responded to changes during Covid-19. Ukani et al. studied the network usage of university students at the application level [90]. Facebook reported large traffic increases following lockdown [12]. Another study evaluated traffic changes from multiple networks, including an ISP, IXP, and educational network [34]. Researchers examined the Italian internet during Covid-19, finding increased variability in latency [17]. ICANN examined the impact of a nationwide lockdown in France on DNS, showing increases in overall DNS traffic [5]. Telefónica analyzed how the cellular network usage and performance shifted in UK [57]. Toorn et al. investigated how rDNS entries change due to work-from-home measures [91]. Unlike above works, we use the Internet to understand the real world and Covid-triggered WFH.

Closest to our work is the use of Google Trends to relate public interest in Covid with observed cases [31]. We too study Covid-related changes using the Internet, but we consider WFH as inferred from IP address usage.

**Active Internet Measurement:** Several prior groups have studied the Internet with active probing of some or all of
the Internet, often to study address use or outages. USC began whole-Internet censuses in 2006 to evaluate address usage [47]. ZMap [30] and Massscan [41] emphasize scanning speed. Other systems have leveraged active probing to detect outages: Thunderping probes addresses in areas undergoing weather events to look for outages [75]. Trinocular pings millions of networks, inferring outages from Bayesian inference [66]. Chocolatine employs SARIMA models to forecast Internet Background Radiation (IBR) time series to detect outages [44]. It uses data from the UCSD Network Telescope [16]. Richter et al. infer network disruptions from drops in traffic as seen by a major CDN [70]. Disco monitors the bursts of TCP disconnects to detect outages [79]. Dainotti et al. use BGP updates and IBR to study the Internet outages caused by censorship at the country level [24]. Hubble combines active probing with passive BGP monitoring to detect Internet failures. It also identifies network entities that might be the cause [55]. Our work builds on these prior systems for active scanning and reuses data from Trinocular, but with the new algorithms and the new application of detecting WFH.

**Diurnal networks and trends:** Finally, diurnal behaviors are common in many time series, including networking. Because seasonal patterns exist in many different types of time series, there are several well-established mathematical methods to estimate and extract seasonal trends from the underlying data [25, 50]. It is well known that network traffic is diurnal, but recent work showed that IP address usage often shows diurnal patterns [67]. We use diurnal addresses usage to detect human activity, and established tools to extract underlying trends (§2.4).

### 6 CONCLUSIONS

This paper has shown that we can use observations of the Internet address responsiveness to detect WFH during Covid-19. Our algorithms allow us to reconstruct diurnal trends from existing data collected to detect Internet outages, possibly augmented by additional probing, then detect changes in daily IP address use. We validate the algorithms through the study of their components, evaluation of randomly selected blocks, and end-to-end verification of observed changes and news events in multiple locations. These algorithms represent a first demonstration of the potential to infer a class of large-scale human events (work-from-home) from analysis of aggregate address responsiveness, an important example of using the Internet to understand our world.

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Measuring the Internet during Covid-19 to Evaluate Work-from-Home

Technical Report, Feb. 2021, Marina del Rey, California, USA

A RESEARCH ETHICS

In developing a new measurement technique, we must consider potential new risks it creates for individuals and for organizations. Our overall goal is to identify human behavior. Our general way to minimize risk is to focus on aggregate behavior and avoid identification of individuals through a combination of technical and policy methods.

Risks: The primary risk to individuals is that data may expose the behavior of specific users—work schedules of individuals may be sensitive. We avoid this risk by separating what we learn about IP addresses from knowledge of specific individuals. We do not have any knowledge of which individuals use which IP addresses, so our data does not, by itself, pose any risk to individuals.

Of course, other datasets associate IP addresses with individuals. ISPs and organizations may track user-to-IP mapping for accounting and accountability. Combining such mapping data with our data might pose a risk. We minimize this risk by aggregating data by /24 prefix early in our processing pipeline, and handling pre-aggregated data with largely automated procedures. Our analysis require specific IP addresses only through the reconstruction phase (§2.2).

Beyond individuals, WFH behavior may be sensitive to organizations [52]. For example, increased deliveries correlate with longer work and may indicate unusual events [74]. In some countries and regions, Covid response has become politicized, and there WFH or its absence may be supporting or resisting government rules. While protecting privacy of individuals is important, the reputation of organizations or regions must be balanced with the public’s need to understand the choices people make.

Benefits: The benefits of our work are to provide a new method of identifying WFH on a global scale by reanalyzing existing data. The Covid pandemic is an ongoing global health crisis resulting in millions of deaths with broad social and economic impacts over the last two years. We believe that our analysis can provide a new perspective on actual human behavior, thereby contributing to discussions about public health response. Although measurements of the Internet have their own limitations, we see it as providing a valuable complement to traditional tools to understand public health, such as surveys, institutional reporting, and wastewater monitoring.

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In our view these benefits outweigh the risks.

Data collection: Most of our analysis is new evaluation of the existing dataset listed in Appendix B. We are now exploring new data collection (§2.7). Although some risk is created by new information available through our analysis, the underlying data and therefore the potential of such risk is not new.

Data distribution: We are committed to providing the results of our data to the research community and no charge. However, to ensure that researchers do not create additional privacy risks, we distribute data under terms-of-use that forbids de-anonymization and redistribution.

IRB review: Our work was reviewed by our university’s Institutional Review Board and because it does not identify individuals, it was classified as non-human-subjects research (USC #UP-20-00909).

B DATASETS USED IN THIS PAPER
Table 4 provides a full list of datasets used this this paper.

C CASE STUDY OF SPECIFIC BLOCKS
We use Figure 1 as a running example in §2 to show our methodology. It was one of many that we examined when developing our approach. We next review additional blocks to provide more representatives of changes that we observed.

C.1 Detections in Two Additional Blocks
We first show a diurnal block that appears to have a Covid-related change. In Figure 12a we see active addresses change from 0 to 20 over each 24 hours, a trend that occurs all days of the week, including weekends. The diurnal behavior disappears on 2020-03-20, suggesting a Covid-related lockdown. This block is in the U.A.E., so this event roughly matches news reports (see §3.6).

A different block is shown in Figure 12b. This block is change-sensitive, with a small but detectable diurnal swing. This block shows a small decrease in trend in the last few days of March, but not enough to trigger detection. It also shows a large change in mid-February, with active address dropping from around 100 to 0. We believe this event corresponds to a network outage or ISP-based reassignment of users to another address block. The pair of a downward trend followed up an upward detection shown in the bottom bar chart is typical of this kind of event. This example is consistent with the pair of downward and upward trends that occur over many blocks in Beijing on 2002-04-15 and -18, shown in Figure 8b.

C.2 A Pre-Covid VPN
We next consider a /24 block (128.125.52.0/24) that is part of USC’s VPN (Figure 13). We initially determined it was VPN based on reverse DNS addresses, and then later confirmed this use with USC network operators.

Figure 13a shows the number of active addresses over time. We see that after 10 weeks of steady use, the address use drops off significantly, just as WFH begins. This outcome seems backwards from what one would expect —VPN use should go up with WFH. USC network operators explained that they shifted the campus VPN to a newer, larger address space because of an anticipated increase in use. Thus use of address space went down because use shifted to another block.

Figure 13b confirms that the usage change is found with change-point detection. This block is classified as change-sensitive block. We observe the number of active IP addresses has a significant drop around 2020-03-15 based on Figure 13a and the upper bar chart of Figure 13b. The change point detected around 2020-03-15 reflects ground truth that WFH begins at USC.

Our detection algorithms finds this block, although it cannot (by itself) show that these users have moved to a different address block.

C.3 Other University Blocks
Figure 11 shows three additional blocks from U.S. universities, the first two of which are change sensitive and show show WFH in March 2020. Figure 11c is change sensitive but does not show WFH.

Many of the change-sensitive blocks in the U.S. are at universities. We expand on an additional case in §F.3.

D A RECONSTRUCTION CHALLENGE
We explore address reconstruction in §2.2, extending it with multiple observers (§2.6) and additional observations (§2.7). We showed two examples of 4-way reconstruction compared to ground truth in Figure 4. We next present a /24 block where ground truth is change sensitive, but the reconstruction fails to preserve this status. In Figure 14 the 4-way reconstruction (the orange line) loses daily changes and is not identified as diurnal, but the ground truth (blue line) is. This block has many active addresses ($E(b)$ is 254) and most are in use (the mean is around 220 active addresses), placing this block at the upper-right corner of Figure 14. Although Trinocular’s stop-on-success rule leaves this block undersampled, additional probing will help.

E VALIDATING DISCOVERABILITY: ADDITIONAL DETAILS
Here we provide graphs documenting our random samples used in validating discoverability in §3.6.
Table 4: We use Internet outage datasets collected by Trinocular from four vantage points. Letter indicates VP’s location: e: ISI-East, near Washington, DC; j: Japan, Keio University, near Tokyo; n: Netherlands data from SurfNet; w: ISI-West, Los Angeles.

| abbr.     | dataset name                                      | start       | duration |
|-----------|---------------------------------------------------|-------------|----------|
| 2019q4-w  | internet_outage_adaptive_a38w-20191001          | 2019-10-01  | 12 weeks |
| 2020q1-w  | internet_outage_adaptive_a39w-20200101          | 2020-01-01  | 12 weeks |
| 2020q2-w  | internet_outage_adaptive_a40w-20200401          | 2020-04-01  | 12 weeks |
| 2020q1-j  | internet_outage_adaptive_a39j-20200101          | 2020-01-01  | 12 weeks |
| 2020q2-j  | internet_outage_adaptive_a40j-20200401          | 2020-04-01  | 12 weeks |
| 2020q1-n  | internet_outage_adaptive_a39n-20200101          | 2020-01-01  | 12 weeks |
| 2020q2-n  | internet_outage_adaptive_a40n-20200401          | 2020-04-01  | 12 weeks |
| 2020q1-e  | internet_outage_adaptive_a39e-20200101          | 2020-01-01  | 12 weeks |
| 2020q2-e  | internet_outage_adaptive_a40e-20200401          | 2020-04-01  | 12 weeks |
| 2020it89-w| internet_address_survey_reprobing_it89w-20200219| 2020-02-19  | 2 weeks  |

Figure 11: Sample blocks from three anonymized U.S. universities.

Figure 15a shows the large change near the curfew date, with 16.5% or 38 of change-sensitive blocks showing a decrease in use on 2020-03-24. This example from UAE confirms our ability to discover Covid-related changes. Again, the Covid-related changes stand out from noise in Figure 15b, with 6.1% or 57 of blocks showing a decrease in use on 2020-03-15 and 3.8% of blocks on 2020-03-16. This example from Slovenia confirms our approach as well.

F CASE STUDY: MORE DISCOVERED EVENTS

We examined three real-world events in §4, but we looked at several more. We look at two events in Thailand and Morocco.

F.1 Thailand on 2020-02-22

We next examine an event in Thailand. Like India (§4.3) we discovered this event by browsing our website, and when we looked for root causes we found civil unrest. Figure 16a shows the grid with the large number of networks (12N, 100E), many of which change on 2020-02-22 (14.3% or 144 of 1,003 blocks). Several other nearby grid cells have many fewer blocks, but have 50% or more of them showing changes (the smaller but dark red circles).

This date corresponds with student protests about the dissolution of an opposition party [8, 77]. Covid-19-related lockdowns did not begin until March and April, 2020 [94]. News reports confirm government-imposed curfews due to protests in October 2020 [9]. This combination suggests protest-related disruptions keeping students at home, an event that is not Covid-related, but something we count as a true positive.

This case study confirms that we detect changes in network usage that happen as a result of lockdowns, but that there are causes of lockdown other than Covid-19. In fact, Figure 16b shows this event was the largest downward change for this grid cell in 2020h1.

F.2 Morocco on 2020-03-24

Finally, we examine Morocco. We see a large peak of changes in March corresponding with announcement of a Covid-19 emergency in the country.
Figure 12: Two representative change-sensitive blocks.

Figure 13: A VPN block (128.125.52.0/24) and detection.

Figure 14: A /24 block that reconstruction tags as not change-sensitive whereas ground truth does.
Figure 16: Thailand

Figure 17a shows our 2x2 degree grid map of changes on 2020-03-24. We observe that a grid cell consisting of 13,989 change-sensitive blocks in Morocco (at 32N,6W) is triggered by a large change — about 10.5% or 1,472 change-sensitive blocks showing downward trends, as confirmed in Figure 17b showing a series of downward trends detected starting from 2020-03-19 to 2020-03-27.

These changes are related to activities in Morocco. A state of medical emergency responded to Covid-19 was declared on 2020-03-19 to take effect on 2020-03-20 at 6 pm local time [49].

F.3 Indiana on 2020-03-15

To understand applicability of our approach in North America we explored WFH events in the United States through our website [82]. We observed a moderately large event in Indiana, appearing as a large, light-blue circle in Figure 18.

Our website supports examination of the underlying blocks. We can see that 36 blocks in Indiana University (AS87 and AS27198) were detected as WFH on 2020-03-15. This data corresponds with the beginning of spring break (Friday, 2020-03-13) followed by remote learning beginning on 2020-03-19 [73].

This example shows the use of our algorithms and website to discover an event unknown to us. It also shows the role of universities for having change-sensitive networks. Universities often have large IPv4 allocations (as Autonomous System 87, IU was an early adopter) and so are able to use public IP addresses for dynamic use.