1. Introduction

Palm oil mill effluent (POME) is generated at high quantity during palm oil extraction and usually contains high amounts of total solids, oil and grease, COD and BOD [1]. To treat POME, most of palm oil mills in Thailand use anaerobic digestion followed by a series of stabilization ponds, which contained 360-630 mg/L phenolic compounds. The number of soil bacteria in planted pots increased over time with the average of $10^8$ CFU/g for mature grasses, while only $10^4-10^6$ CFU/g were found in the unplanted control pots. The leachates from TPOME irrigated grass pots contained lower amounts of phenolic compounds and had lower phytotoxicity than that of control pots. The phenol removal efficiency of grass pots was ranged 67-93% and depended on grass cultivars, initial concentration of phenolic compounds and frequency of irrigations. When compared to water irrigation, TPOME led to an increased phenolic compounds accumulation in grass tissues and decreased biomass of Brachiaria hybrid and Brachiaria humidicola but not Panicum maximum. Consequently, the application of TPOME could be conducted on grassland and the grass species should be selected based on the utilization of grass biomass afterward.

Keywords: Land application, Palm oil mill effluent, Phenolic compounds, Rhizoremediation, Wastewater treatment
increased soil water repellency, phytotoxicity, acidification and groundwater contamination due to the high concentrations of fatty acids and phenolic compounds. Nonetheless, the risk can be minimized by applying OMW in spring or late autumn because of enhanced biodegradation [7]. Di Bene et al. [8] also found short-term negative effects of OMW on soil quality especially the significantly high concentrations of soluble phenols, however these effects do not persist and can be considered negligible after a suitable waiting period. The similar characteristics of OMW and POME suggested that the leaching of phenolic compounds should be of concern as potential pollutants after land application of TPOME.

To reduce the accumulation of phenolic compounds, several researchers investigated the potential of selected plants on directly assimilating and degrading these pollutants and indirectly promoting biodegradation by soil microorganisms. Bodini and Santori [11] reported that perennial tree species such as Cupressus sempervirens and Quercus ilex can reduce more than 90% phenol by the end of OMW 6-month irrigation cycle, of which the high efficiency is due to the stimulation of specific microbial populations in rhizosphere soil. Besides trees, grasses have been reported for the ability to detoxify phenol, for example, Vetiveria zizanioides (L.) Nash along with their rhizosphere bacteria. The preliminary study was conducted to examine the ability of Brachiaria spp. to promote the growth of phenol-degrading bacteria in soil. The 14-d old grass was transferred into a 2.5 kg soil pot at 3 plantlets/pot and cultivated for 60 d in the greenhouse (Fig. 1(a), (b) and (c)). A moisture block was inserted in middle of each pot for measuring soil moisture and found no apparent plant stress. The above researches suggested that grass has high potential for reducing phenolic compounds and other negative impacts from the land application of wastewater.

The objective of this study was to investigate the ability of pasture grasses and soil bacteria to reduce phenolic compounds in the leachate after TPOME application. Several grasses such as Brachiaria spp. (Signal grass), Brachiaria hybrid (Mutulato II grass) and Panicum maximum Jacq (Guinea grass) were compared by growing in soil pots and irrigating with TPOME from stabilization ponds at several time points. These grasses are popular in Thailand for forage production and can be grown on acidic and infertile soil [13]. Plant roots release various kind of organic compounds and fatty acids, carbohydrates, vitamins, nucleotides, polysaccharides, proteins and phenolic compounds, which can influence the microbial community structure and pollutant-degrading activity in the rhizosphere [14]. Nonetheless, plant selection is crucial for the success of rhizoremediation because root exudate compounds from certain plant species have specific impact on microbial communities [15]. It is thus possible to select specific grass for TPOME land treatment and to use their biomass to provide some monetary values.

2. Materials and Methods

2.1. Grass Cultivars, Wastewater and Soil

In the preliminary study and phase 1 experiment, three Brachiaria spp. including B. brizantha, B. decumbens and B. humidicola were obtained as stolons from the Lampang Animal Nutrition Research and Development Center, Thailand. In phase 2 experiment, seeds of Brachiaria hybrid (B. ruziziensis × B. decumbens × B. brizantha) and Panicum maximum Jacq were provided by Michael Hare, Ubon Ratchathani University, while B. humidicola stolons were obtained from the Suratthani Animal Nutrition Research and Development Center. The grass seeds and stolon were grown under greenhouse condition.

TPOME samples were collected from the two last stabilization ponds (10th and 11th ponds) of a medium-scale palm oil mill in Surat Thani province, Thailand. The samples were stored in 20 L bottles and kept at 4°C prior to use. The maximum storage time was 2 weeks. The TPOME had dark brown color and contained 360-630 mg/L phenolic compounds. Top soil sample was excavated (0-15 cm depth) from a planting area at the palm oil mill and was screened through a 2 mm mesh to separate slivers and grains. The soil was loamy sand with 83.8% sand, 12.3% silt and 3.9% clay and initial pH 7.8.

2.2. Experimental Design

The preliminary study was conducted to examine the ability of Brachiaria spp. to promote the growth of phenol-degrading bacteria in soil. The 14-d old grass was transferred into a 2.5 kg soil pot at 3 plantlets/pot and cultivated for 60 d in the greenhouse (Fig. 1(a), (b) and (c)). A moisture block was inserted in middle of each pot for measuring soil moisture and calculating water holding capacity of the soil. The grass pots were irrigated with tap water every 3 days to maintain the water content at 60% of water holding capacity (WHC). The control soil was an irrigated pot without grass. Soil sampling was carried out by inserting a plastic straw (25.4 cm × 1.27 cm) into the pot and collecting the soil at 5 cm depth from the soil surface every 10 d to determine the number of phenol-degrading bacteria.

The TPOME application experiments were divided into 2 phases to evaluate the ability of grasses to reduce phenolic compounds and to determine the factors influencing TPOME treatment process. All of the tested grasses were grown in an evaporative cooling greenhouse for 30 d and each experiment was carried out in triplicates. The greenhouse conditions were 28-30°C daytime and 24-26°C nighttime temperatures, 60-70% relative humidity and 8-hr photoperiod to represent the tropical climate. In phase 1, B. humidicola was grown in a soil pot at 5, 10 and 20 plantlets/pot (Fig. 2(a), (b) and (c)). Each pot was irrigated with 200 mL TPOME from the second to last stabilization pond (10th pond), incubated for 3 d, flushed with 600 mL tap water and dried the soil for 3 d. The procedure was considered as 1 irrigation cycle, while the soil moisture content was averaged 60% WHC. The experiment was carried out for 60 d with the total of 10 irrigation cycles. The remaining phenolic compounds in the leachate was analyzed and compared with those from the unplanted control soil pots. The growth of soil bacteria and grass was determined every 20 d.

In phase 2, soil pots contained B. humidicola, Brachiaria hybrid and P. maximum Jacq were compared after irrigating
with TPOME from the last stabilization pond (11th pond) (Fig. 4). Since the concentration of phenolic compounds was lower that phase 1, TPOME was applied every other day (3 times a week) and the total volume was kept below 60% WHC of the soil pot. At the end of each week, the pot was flushed with 600 mL tap water to collect the leachate. The irrigation was continued for 5 weeks without allowing the soil to dry out. Consequently, the volume of added TPOME in each week was reduced over time due to water saturation. In this experiment, the additional grass pots were irrigated with only tap water to determine the effect of TPOME on grass biomass and phenol accumulation. The unplanted control soil pot was also conducted. The plant biomass was collected at the end of experiment.

2.3. Phenolic Compounds Analyses

Analysis of total phenolic compounds was modified from Barlocher and Gracia [16] using Folin-Ciocalteau method. Briefly, 1 mL of leachate sample was centrifuged at 10,000 rpm for 10 min to precipitate the soil particles. The supernatant at 100 μL was transferred to a new tube containing 150 μL DI water and 1 mL of 2% Na₂CO₃ was added. After 5 min incubation, 50 μL of Folin-Ciocalteau reagent was added and mixed. The sample was incubated for 1 h at room temperature and measured the absorbance at 760 nm. The total phenolic compounds were determined using gallic acid as a standard. The percent removal of phenolic compounds was calculated from the equation below:

\[
\text{Percent removal (\%) } = \frac{\text{Initial phenolic compounds(mg)} - \text{Final Phenolic Compunds(mg)}}{\text{Initial phenolic compounds(mg)}} \times 100
\]

Where the initial phenolic compounds were the total mass of phenol in TPOME used for irrigation and the final phenolic compounds were the total mass of phenol in the leachate collected over time. Mass of phenolic compounds (mg) was calculated from the concentration in the leachate (mg/L) times the leaching volume (mL).

The concentration of phenolic compounds in each part of grasses was determined after extraction by a method modified from Hancock and Dean [17]. Briefly, 10 mL of methanol/water (60/40 v/v) was added to one gram of ground sample. The homogenate was mixed and sonicated for 1 h. The mixed samples were centrifuged at 10,000 rpm for 10 min and the supernatant was analyzed for total phenolic compounds by Folin-Ciocalteau method.

2.4. Phenol-degrading Bacteria, Grass and Phytotoxicity Analyses

The number of phenol-degrading bacteria in the preliminary study and phase 1 experiment was measured by most probable number (MPN) technique with phenol as sole carbon source. Briefly, the soil sample was diluted in carbon free mineral medium (CFMM) prepared as in Klankeo et al. [18]. Then, the diluted samples were added to CFMM plus 50 mg/L phenol in microtiter plate. The growth of bacteria was measured from turbidity at OD₄₅₀ after 14-d incubation. In phase 2, the phenol-degrading bacteria were counted by the spread plate method using CFMM agar plus 100 mg/L phenol. The agar plates were incubated for 5 d. The spread plate technique was used because it had shorter incubation time than the MPN technique in the phase 1 experiment. However, the bacterial numbers from spread plate technique might not include the slow growth bacteria. To avoid the discrepancy between these two techniques, the data of bacterial numbers were only compared within the same experiment.

The plant growth was measured by determining shoot length and biomass. The shoot length was measured from the above ground parts in soil pot. For biomass dry weight, the grasses were collected at the end of experiment and washed to remove soil particles. Then, they were separated between leaves, stem and roots. The biomass was dried at room temperature about 7-10 d before measuring the dry weight.

Phytotoxicity of leachates was determined by germination index of mungbean (Vigna radiata (L) Wilczek) and cucumber (Cucumis sativus L.var). These common vegetable seeds are sensitive to organic and inorganic pollutants [19-20]. The experiments were conducted in triplicates by placing ten seeds on a Petri dish and adding 5 mL leachate daily. After 4 d, percent of germination index (GI %) were calculated according to the following formula:

\[
\text{GI\%} = \frac{Gt \times Lt}{Gc \times Lc} \times 100
\]

Where \( Gt \) is the mean number of germinated seeds in the treatment sample, \( Lt \) is the mean root length of the treatment sample, \( Gc \) is the mean number of germinated seeds in the control (DI water), and \( Lc \) is the mean root length of the control [21].

3. Results and Discussion

3.1. Growth of Phenol-degrading Bacteria in the Soil Pots with Brachiaria Grasses

The soil pots with Brachiaria grasses had increasing bacterial number after cultivation. The initial concentration of phenol-degrading bacteria in soil was 3.1 × 10⁶ MPN/g soil (Fig. 1(d)). On day 60 after incubation, the grass pots contained phenol-degrading bacteria at the average of 1.6 × 10⁸ MPN/g soil, which was around one order of magnitude higher than the pots without grass at the same period (Fig. 1(d)). Various plant and grass species have been found to release 0.5-11.1 mg/L phenolic compounds from their roots during cultivation [22]. Some phenolic compounds are beneficial for plant growth, for example B. humidicola roots produce two methylated phenolic acids including methyl-p-coumarate and methyl ferulate that have nitrification inhibitory effects and lead to low nitrification rates in soils [23]. Plant tissues also contain phenolic compounds and B. brizantha has been found to contain higher phenolic compounds than P. maximum and Amaranthus hybridus [24]. It was therefore possible that Brachiaria grasses...
released phenolic compounds in the rhizosphere and thereby enhanced the growth of phenol-degrading bacteria in the grass pots. When compared between Brachiaria species, the bacterial numbers were not much different at the end of study (Fig. 1(d)). However, *B. humidicola* had slightly higher bacterial number than other grasses during 20-40 d of cultivation so it was selected for further study.

### 3.2. Efficiency of *B. humidicola* on Reducing Phenolic Compounds in Leachates

When more plantlets of *B. humidicola* were applied to soil pots, more roots and root exudates were expected. This could lead to the higher number of phenol-degrading bacteria and phenol removal efficiency. However, the results from phase 1 experiment showed that the effect of plantlet number on phenol removal efficiencies was minimal. The plant growth and phenolic compounds in leachates from grass pots with 5, 10 and 20 plantlets/pot after each TPOME irrigation cycle were almost similar throughout the study (Fig. 2). The concentrations of phenolic compounds in leachates from grass pots were maintained at below 10 mg/L during the first 3 irrigation cycles, while the leachates from control soil pots increased from 55 to 82 mg/L phenolic compounds (Fig. 2(d)). After 10 irrigation cycles (60 d), the concentrations of phenolic compounds in the leachates from all grass pots were increased to an average of 110 mg/L, where there was 242 mg/L from soil pots (Fig. 2(d)). The accumulation of phenolic compounds after repeated wastewater irrigation was similar to Steinmetz et al. [7] and Di Bene et al. [8].

Regardless of plantlet number, the grass pots removed around 93% of the phenolic compounds by the end of the study, which was higher than the control soil pot at 73% (Table 1). This corresponded to the similar number of phenol degrading bacteria in all grass pots. The soil from 60-d irrigated grass pots contained phenol degrading bacteria > 10⁵ MPN/g, while only 10³ MPN/g were found in the control pots (Fig. 3(a)). The bacterial numbers in this experiment were higher than that of grass pots irrigated with tap water (Fig. 1(d)), which could be due to the increasing cultivation period (total of 90 d) and the supplement of phenolic compounds from TPOME. The shoot length of grass in 5 and 10 plantlets/pot was similar, but the pots with 20 plantlets had the shortest grass at all time points.
A competition for limited space probably occurred in grass pots with high plantlet number. The results from phase 1 experiment indicated that the present of *B. humidicola* was necessary for reducing phenolic compounds in TPOME land treatment. However, the grass pot system had a limited capacity for phenol removal. The following phase 2 experiment therefore compared the efficiency of *B. humidicola* with Brachiaria hybrid and *P. maximum*. Brachiaria hybrid has higher yield than *B. humidicola* [13], while *P. maximum* is easy to grow and has been used for sewage treatment [25].

![Fig. 2.](image)

Fig. 2. *B. humidicola* was grown at 5 (a), 10 (b) and 20 (c) plantlets/pot for 30 d before irrigating with TPOME in phase 1 experiment. The concentrations of phenolic compounds in leachate were investigated during each 6-d irrigation cycle (d).

### 3.3. Comparison of Various Grasses on Reducing Phenolic Compounds in Leachates

The decreasing amounts of phenolic compounds in the leachates from all grass in the phase 2 experiment cultivated with Brachiaria hybrid, *B. humidicola* and *P. maximum* at 3 plantlets/pot found that all grass cultivars were grown well after irrigation with TPOME from the last stabilization pond (Fig. 4). Similar to the phase 1 experiment, the TPOME irrigated grass pots had lower amounts of phenolic compounds than that of...
Fig. 3. The number of phenol degrading bacteria in the soil (a) and the shoot length of *B. humidicola* (b) after irrigated with TPOME in phase 1 experiment. At day 60, the TPOME irrigation was carried out for 10 cycles.

The phenolic compounds in water irrigated pots was reduced over time, while the TPOME irrigated pots had increased amounts of phenolic compounds in week 5 (Fig. 5(a)). The accumulation of phenolic compounds in TPOME irrigated pots was corresponded with the phytotoxicity test. The germination index of mungbean and cucumber indicated that the leachates from soil pots were more toxic than that from grass pots and the leachates on week 5 were more toxic than that of week 3 (Table 2). When compared among grasses, *Brachiaria hybrid* and *P. maximum* had high efficiency on reducing the phytotoxicity of leachates from TPOME irrigated soil. Although, phenolic compounds were found in the leachates from water irrigated pots, they did not pose toxic effects to mungbean and cucumber seeds (Table 2). The results suggested that the types of phenolic compounds in TPOME were different from those released from grasses and led to the higher phytotoxicity.

The decreasing amounts of phenolic compounds in the leachates from all grass pots were corresponded with the increasing number of phenol-degrading bacteria in the soil especially from the 1-4 weeks (Fig. 5(a) and (b)). The numbers of phenol degrading bacteria in grass pots with or without TPOME irrigation were not much different when compared at the same sampling week. The results suggested that the bacterial growth was influenced by the grass root exudates more than the nutrients in TPOME. At the end of study, the grass pots removed 67-75% of phenolic compounds from the added TPOME, while the control soil pots removed 58% (Table 1). The phenol removal efficiencies in phase 2 experiment from both grass and soil pots were lower than that of phase 1 experiment (Table 1). The results indicated that phenol accumulation at the end of treatment could be due to the extensive application of TPOME. Phase 2 experiment applied POME every other day with the total added phenolic compounds of 952 mg in 35 days, thus phenol degradation could be limited by the short incubation period before the next irrigation cycle. Consequently, the irrigation of TPOME should be optimized.

| **Table 1. Efficiency of Grass Pots on Removal of Phenolic Compounds from TPOME Irrigated Soil at the End of Each Experiment** |
|-----------------|-----------------|-----------------|
| **Treatment**   | **Total phenolic compound in leachate (mg)** | **Phenol removal efficiency of the system (%)** |
| **Phase 1**     |                 |                 |
| Soil control    | 346             | 72.5            |
| *B. humidicola* |                 |                 |
| 5 plantlets/pot | 93.0            | 92.6            |
| 10 plantlets/pot| 93.3            | 92.6            |
| 20 plantlets/pot| 82.4            | 93.4            |
| **Phase 2**     |                 |                 |
| Soil control    | 403.0           | 57.7            |
| *Brachiaria hybrid* | 313.2          | 67.1            |
| *B. humidicola* | 309.7           | 67.5            |
| *P. maximum*    | 240.1           | 74.8            |

*Phase 1 experiment added 1,260 mg phenolic compounds into the pots after 60 d.*

**Phase 2 experiment added 952 mg phenolic compounds into the pots after 35 d.*
to promote the activity of grass and their soil-associated bacteria. Embrandirí et al. [26] also recommended that the rates for land application of palm oil mill waste should be in a scientific manner and specific for targeted plant species on the land. Another approach to reduce phenol accumulation is to add effective phenol-degrading bacteria such as *Methylobacterium* sp. NP3 and *Acinetobacter* sp. PK1 [2, 27] or fungi such as *Trametes hirsuta* AK04 [3] and *Pleurotus sajor caju* [28] in the grass-soil pots to support the activity of soil bacteria.

### 3.4. Phenol Accumulations and Yields of Grasses after POME Irrigation

*P. maximum* had the highest efficiency phenol removal efficiency when compared between grass cultivars (Table 1). However, the number of phenol-degrading bacteria in pots containing *P. maximum* was similar to other grasses after 4 weeks (Fig. 5(b)). In addition to enhance bacterial growth, Phenrat et al. [12] reported that the activity of grass on phenol degradation involves phytopolymerization and phyto-oxidation.

### Table 2. Phytotoxicity of the Leachates from Phase 2 Experiment As Determined by Germination Index of Mungbean and Cucumber

| Treatments                  | Germination index (%)* |          |          |          |          |
|-----------------------------|------------------------|----------|----------|----------|----------|
|                             | Mungbean               | Cucumber | Mungbean | Cucumber |          |
| Soil control (TPOME)        | 31.0 ± 4.3             | 24.7 ± 2.8 | 0.0 ± 0.0 | 0.0 ± 0.0 |
| Brachiaria hybrid (TPOME)   | 59.5 ± 2.9             | 51.5 ± 2.5 | 64.5 ± 3.5 | 60.0 ± 3.9 |
| *B. humidicola* (TPOME)     | 44.0 ± 4.3             | 40.2 ± 2.3 | 9.2 ± 2.2 | 0.0 ± 0.0 |
| *P. maximum* (TPOME)        | 51.2 ± 2.9             | 44.3 ± 1.9 | 52.6 ± 2.0 | 50.0 ± 2.5 |
| Brachiaria hybrid (Water)   | 79.8 ± 0.8             | 83.5 ± 2.6 | 92.1 ± 4.3 | 87.5 ± 4.2 |
| *B. humidicola* (Water)     | 69.0 ± 1.3             | 60.8 ± 3.7 | 75.0 ± 4.8 | 71.3 ± 3.7 |
| *P. maximum* (Water)        | 79.3 ± 1.1             | 83.5 ± 0.9 | 85.3 ± 2.9 | 75.0 ± 3.7 |

*Sample with germination index more than 50% was considered non-toxic [21]. In this study, the germination index of mungbean and cucumber with TPOME from the last stabilization pond were averaged 25.5 and 17.9%, respectively.*

**Fig. 4.** Brachiaria hybrid (a, d), *B. humidicola* (b, e) and *P. maximum* (c, f) grown in pots irrigated with TPOME from the last stabilization pond for 5 weeks in phase 2 experiment.
assisted by root-produced peroxide and peroxidase. It was thus possible that *P. maximum* could produce and release some enzymes to reduce phenolic compounds. The accumulation of phenolic compounds in leaves, stems and roots of *P. maximum* was lower than *Brachiaria hybrid* and *B. humidicola* regardless of TPOME or water irrigation (Fig. 6). In addition, the amounts of phenolic compounds in leachates from *P. maximum* pots with water irrigation were almost undetectable at all time points (Fig. 5(a)). The results suggested that *P. maximum* itself had mechanisms for reducing phenolic compounds and should be investigated further. Besides growing *P. maximum* in soil, it can be cultivated as constructed wetland, of which the wastewater can be supplied via subsurface flow [25].

The dry weight of *P. maximum* leaves, stems and roots after TPOME and water irrigation was not much different, while Brachiaria hybrid and *B. humidicola* had lower biomass in the presence of TPOME (Fig. 7). The low toxicity effect of TPOME and low phenolic compound accumulation suggested that TPOME could be utilized as water and nutrient sources for *P. maximum* and later for animal feed production. On the other hand, the phenolic compounds in *Brachiaria hybrid* and *B. humidicola* tissues might be beneficial as natural antioxidants. Chitindingu et al. [24] reported that methanolic extract solutions from grains of *B. brizantha* and *P. maximum* had phenolic compounds and antioxidant properties, which can be used for drug development.

### 4. Conclusions

All of the tested grasses were able to reduce the phenolic compounds in leachates after TPOME irrigation in soil pots. The cultivation of grasses promoted the growth of phenol-degrading
bacteria regardless of TPOME or water irrigations. The extent of phenol removal was found to depend on grass cultivars, amount of added phenolic compounds and frequency of irrigations. The grass with high efficiency i.e. *P. maximum* had low phenolic compound accumulation, thus suggested that the grass itself along with their soil-associated bacteria responsible for phenolic compound degradation. To promote the continuous reduction of phenolic compounds, the irrigated soil should be dried out to enhance aerobic phenol degradation. *P. maximum* may be used as animal feeds afterward. Other grasses had lower efficiency and slightly accumulated phenolic compounds in their tissues. They could be used for extraction of bioactive compounds. In summary, the TPOME application on grassland could be used as a tertiary wastewater treatment and the field investigation of this process is recommended.

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