Validity and Reliability of Spinopelvic Parameters Measured on Computed Tomography

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ABSTRACT

Background: This study aimed to measure pelvic incidence (PI) and other spinopelvic sagittal parameters on supine computed tomography (CT) and to assess the validity and reliability of measurements from supine CT images when compared with standing x-ray images. Difficulties in superimposition of femur heads and obtaining the perfect midsagittal view of the sacral endplate may cause relatively low intra- and interobserver agreements. Some authors reported that PI values measured by CT had higher reliability, but both validity and reliability of CT measurement of spinopelvic parameters compared with standing x-ray imaging methods have not been reported previously.

Methods: PI, pelvic tilt (PT), and sacral slope (SS) were measured on standing lateral x-ray and spinopelvic supine CT images of 33 asymptomatic volunteers.

Results: The mean PI, PT, and SS in standing x-ray images were 45.2°, 10°, and 35.3°, respectively, whereas those in supine CT images were 44.5°, 8.2°, and 36.2°, respectively. No significant differences were found in each parameter. Excellent correlations were found between each parameter obtained from x-ray and CT images. Intra- and interobserver reliabilities were excellent in both x-ray and CT image measurements, although those from CT images were higher.

Conclusion: Spinopelvic sagittal parameters could be measured on supine CT by using a simple method with high reliability and validity; thus, CT could be a good alternative to standing x-ray imaging. In the supine position, PI does not change but PT decreases by a small amount and SS increases almost by the same amount because of the mathematical relationship between PT and SS (PI = PT + SS).

Clinical Relevance: Supine CT is an efficient diagnostic tool for the reliable extraction of spinopelvic sagittal parameters.

Level of Evidence: 4.

INTRODUCTION

Pelvic incidence (PI) is a unique morphological and the most important spinopelvic parameter that defines the position of the sacrum within the pelvis. It is a constant parameter specific to every individual and does not change with body position.¹,² Studies evaluating PI showed its association with spinal disorders, pain, disability, and health-related quality of life.³–⁶ It is also used for surgical planning to restore ideal lordosis.⁷

Classically, PI is measured on sagittal standing x-ray images. However, both femoral heads were superimposed due to the projection effect of x-ray imaging, and perfect midsagittal appearance of the sacral endplate could not be provided. This disadvantage of plain x-ray imaging causes large intra- or interobserver variations.⁸–¹⁰

Some authors reported PI values measured by computed tomography (CT) with higher reliability.⁸,¹¹,¹² However, in most studies, sophisticated and complicated methods were used to measure PI in 3-dimensional (3D) models without control groups. Others were performed to investigate the association of PI with hip surgery or to evaluate the difference in spinopelvic alignment between supine and standing position in patients with adult spinal deformity or lumbar degenerative disease.¹³,¹⁴

This study aimed to measure PI and other spinopelvic sagittal parameters (pelvic tilt [PT], sacral slope [SS]) on supine CT and to assess their validity and reliability compared with those measured on standing x-ray imaging.

MATERIALS AND METHODS

This study was conducted at the neurosurgery departments of Harran University, Şanlıurfa, Turkey. Thirty-three asymptomatic participants were recruited with study approval by the local ethics committee in agreement with the second Helsinki Declaration. Written informed consent was obtained from all participants. Inclusion criteria were as follows:
1. Age between 18 and 60 years
2. No history of spinal disease, back pain, trauma, hip disease, or surgery
3. Body mass index between 18.5 and 40 kg/m²

Standing lateral lumbosacral plain x-ray images of the femoral heads and sacropelvic CT images of all participants were obtained using x-ray (XGEOGC80 Samsung, Korea) and CT (Revolution GSI 256 MSCT General Electric Company, USA) imaging machines.

Lateral x-ray images were obtained with the participants standing. The distance between the participant and the beam source was 1.5 m, and the beam was focused on the L5-S1 level. Supine CT was obtained with the participants lying on their backs and extending their knees.

Measurements

PI, PT, and SS from standing x-ray and supine CT were measured twice by 2 surgeons who were the authors of the study (A.C.İ. and H.K.). Time interval between the measurements was 2 weeks. The methods used in the measurement were as follows.

1. PI: The angle between the line perpendicular to the superior sacral endplate at its midpoint and the line connecting this point to the midpoint of the axis of the femoral heads.
2. PT: The angle between a line from the midpoint of the sacral endplate to the midpoint of the axis of femoral heads and vertical plumb line.
3. SS: The angle between the line parallel to the endplate of the sacrum and a horizontal line (Figure 1).

There is a mathematical relationship between these parameters: PI = PT + SS. CT measurements were performed on ClearCanvas Workstation system (Synaptive Medical, Canada) using sagittal slice images. First, the coordinates of the right femoral head on the sagittal slices on which the head appeared as the largest circle were identified using the coordinate system of ClearCanvas Viewer (x1, y1). Second, the coordinates of the left femoral head were found in the same manner (x2, y2). The mean X and Y values (x1 + x2)/2, (y1 + y2)/2 were calculated as the midpoint of the hip axis and found on the midsagittal images. Based on this point, PI and PT were measured (Figures 2a–c and 3). However, on the other sagittal slices on which the femoral head appeared as smaller circles, centers of the circles have the same coordinates because femoral heads are considered as perfect spheres and the sagittal slices are parallel to each other.

Statistical Analysis

Paired t test was used to determine the statistical differences between the values obtained from different modalities, and the mean absolute difference (MAD) with SD was also calculated. The agreement between the parameters obtained from x-ray and computed tomography was determined using Pearson correlation coefficient. Significance level was set at P < 0.05.

The interclass correlation coefficient was used to assess intra- and interobserver reliability of the measurements. Values of 0.60 to 0.74 and 0.75 to 1.00 were considered good and excellent, respectively.

Statistical analysis was performed by using SPSS 26.0 (IBM Corporation, Armonk, NY, USA).

RESULTS

Of the participants, there were 18 men and 15 women, with a mean age of 33 years. The mean PIs in men and women were 44.7° and 45.9°, respectively.
A statistical difference was found between the mean ages and mean PIs of male and female participants.

Reliability

Intra- and interobserver reliabilities were excellent in both modalities, although interclass correlation coefficients of CT were higher (Table 1).

Validity

Table 2 shows the results of paired t test. The mean PI on standing x-ray and supine CT was 45.24° and 44.46°, respectively. There was no statistically significant difference between the parameters obtained from x-ray imaging and CT. MAD of PI was 0.9° with a 1.2° SD. Pearson correlation analysis disclosed very high correlations between the PIs, PTs, and SSs measured on x-ray imaging and CT (0.99, 0.912, and 0.932, respectively). Table 3 shows the results of Pearson correlation analyses. According to the results, CT is a good reliable alternative to x-ray imaging to measure spinopelvic parameters.

DISCUSSION

PI was first described by Legaye et al.\textsuperscript{1} It increases during childhood and is regarded as a constant morphological parameter after bone maturity. It defines the sacral position within the pelvis. The spine and pelvis should be in accordance to provide a globally balanced spine to minimize energy consumption. This harmony is considered as spinopelvic alignment and evaluated by parameters, including PI, PT, and SS, which affect the spinal regional curvatures of lumbar lordosis and thoracic kyphosis.\textsuperscript{2,15–18}

PI is the sum of PT and SS. Strong correlations are found between PI, PT, and SS, although PI has a

Table 1. Intra- and interobserver reliability of spinopelvic parameters measured on x-ray and CT images.

| Parameter | Intraobserver | Interobserver |
|-----------|---------------|---------------|
| PI x-ray  | 0.90          | 0.85          |
| PI CT     | 0.99          | 0.98          |
| PT x-ray  | 0.89          | 0.87          |
| PT CT     | 0.99          | 0.98          |

Abbreviations: CT, computed tomography; PI, pelvic incidence; PT, pelvic tilt.
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Sacral slope 35.3 9.7 36.2 9.9 0.9

Pelvic tilt 10 6.7 8.2 5.7 0.52

sis for surgical planning.3,7

oped a formula that determines the ideal lumbar lordo-

of their study was data collection (normal PI values,

disease, trauma, and urological problems. The purpose

were admitted to emergency services with nonorthope-

studies, 7 were retrospective, and all included patients,

was between 3° and 6°. 8–10

agreement rates were 0.79 to 0.84, and the variability

can also obscure the sacral endplate. Due to the disad-

x- ray beam causes some problems. Superimpositions

with standing position. However, projection effect of

x- ray images, intra- and interobserver

correlation analysis of spinopelvic parameters from x- ray

and CT images.

| Spinopelvic Parameters | X-ray | CT |
|------------------------|-------|----|
| Pelvic incidence       | 45.2  | 44.5 |
| Pelvic tilt            | 10    | 5.7 |
| Sacral slope           | 35.3  | 36.2 |

Abbreviation: CT, computed tomography.

wide range (35°–85°). In participants with large PI, the

sacrum is less vertical; hence, lumbar lordosis should

become larger. By contrast, participants with low PI

have a more vertical sacrum and smaller lumbar lordo-

sis.

Studies have shown strong correlations between PI

and some spinal pathologies, such as scoliosis, spon-
dyloarthrosis, disc degeneration, and adjacent segment
degeneration.16–18 PI is also related to pain, disability,

and health-related quality of life.5,6 Some authors devel-

oped a formula that determines the ideal lumbar lordo-

sis for surgical planning.3,7

PI is measured on sagittal x-ray images in patients

with standing position. However, projection effect of

x-ray beam causes some problems. Superimpositions

of the femoral heads and true sagittal appearance of

the sacral endplate cannot be achieved. The iliac wings

can also obscure the sacral endplate. Due to the disad-

vantages of plain x-ray images, intra- and interobserver

agreement rates were 0.79 to 0.84, and the variability

was between 3° and 6°.8–10

Recent studies showed that CT was more reliable

than x-ray imaging for measuring some spinal sagittal

parameters because anatomical landmarks are better

visible on CT.19

Measurement of PI on CT has been described

mostly by recent studies (Table 4).8,11–14,20–23 Of 9 CT

studies, 7 were retrospective, and all included patients,

whose abdominopelvic CT images were obtained,

were admitted to emergency services with nonorthope-

dic or nonspinal complaints, such as acute abdominal
disease, trauma, and urological problems. The purpose

of their study was data collection (normal PI values,

relationship with age and sex) in 3, determination of

relationship between PI and acetabular impingement or

orientation in 3, and evaluation of sacral orientation in

1. All studies showed that sacropelvic parameters other

than PI were not measured, and no control group, with

standing x-ray was included. Two prospective studies

investigated spinopelvic parameter changes in standing

and supine position.13,14 The subjects were women with

adult spinal deformity and patients with lumbar degen-

erative disease. Therefore, both validity and reliability

studies of CT measurements of spinopelvic parameters

compared with standard standing x-ray imaging

methods have not been performed previously.

In our study, CT was clearly shown as a good alter-

native to standing x-ray imaging for the measurement

of spinopelvic parameters. A very strong correlation

was found between the spinopelvic parameters. For PI,

the MAD was <1°. Although CT measurements were

reported with high reliability because of better visible

anatomic landmarks, a positional effect may be present.

Park et al reported that higher PI could decrease in the

supine position due to sacroiliac joint pathology, and

spinopelvic parameters might be overestimated by up

to 5° in x-ray imaging in patients with lumbar degener-

deative disease.13 Hasegawa et al also found that PI

decreased in the supine position in women with adult

spinal deformity.19 In these series, the mean age was

69.4 and 60.1 years, respectively. In 2 large series of PI

measured on supine CT without x-ray (control group),

the mean PI values were 45° and 47°, respectively,

although normal PI values were considered at approxi-

mately 52° in PI studies using classic x-ray imaging

methods. The average values reported in this study are

similar to literature-reported averages.

However, PT and SS are positional parameters. In

studies comparing pelvic parameters using x-ray in the

standing and supine position, Phillipot et al found no

significant difference between PI, PT, and SS values in

67 patients with coxarthrosis without spinal problem.24

Chevrotelle et al reported that PI did not change from

standing to supine, whereas PT decreased significantly

and SS increased in 15 asymptomatic volunteers.25

In our study, PT decreased by 1.8° from standing to

supine, whereas SS increased by 1°. These results were

insignificant statistically. The MAD of PI was 0.9° in

our series. Thus, we believe that PI does not change

with position, whereas PT slightly decreases, and SS

increases almost the same amount in the supine posi-

tion.

In most studies, 3D CT images were used because

the anatomical points could be easily identified.8–12

Table 3. Results of paired t test: comparison of spinopelvic parameters measured on x-ray and CT images.

| Spinopelvic Parameters | X-ray | CT |
|------------------------|-------|----|
| Pelvic incidence       | 45.2  | 44.5 |
| Pelvic tilt            | 10    | 5.7 |
| Sacral slope           | 35.3  | 36.2 |

Abbreviation: CT, computed tomography. PI, pelvic incidence; PT, pelvic tilt; SS, sacral slope.

Table 4. Pearson correlation analysis of spinopelvic parameters from x-ray and CT images.

| Spinopelvic Parameters | X-ray | CT |
|------------------------|-------|----|
| Pelvic incidence       | 0.99  | 0.745 |
| Pelvic tilt            | 0.83  | 0.912 |
| Sacral slope           | 0.884 | 0.474 |

Abbreviations: CT, computed tomography; PI, pelvic incidence; PT, pelvic tilt; SS, sacral slope.
These studies also used complicated image processing systems and different computerized methods requiring 1 to 2 journal article pages and 5 to 6 figures for explanation. Chen et al reported that the sacral end-plate shape affects PI in 3D CT reconstruction, but the major disadvantage of CT models is time-consuming. However, our method is similar to other 2-dimensional CT measurements of PI models, which is simple and can be used routinely.11

The first limitation of our study was the small number of participants, which did not allow us to investigate the relationships of PI values with age and sex. Second, the participants were relatively young, with a narrow age range (mean age was 33 years). In older patients and those with lumbar degenerative disease, PI measured on CT may change due to sacroiliac joint dysfunction; hence, our study results may not reflect those that would be obtained from these groups.

CONCLUSION

Spinopelvic sagittal parameters could be measured on supine 2-dimensional CT using a simple method with high reliability and validity; hence, CT is a good alternative to standing x-ray imaging. In the supine position, PI does not change while PT decreases by a small amount, and SS increases almost by the same amount because of the mathematical relationship between PT and SS (PI = PT + SS). The differences are not statistically significant.

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