Exchange interaction and tunneling induced transparency in coupled quantum dots

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We investigate the optical response of quantum dot molecules coherently driven by polarized laser light. Our description includes the splitting in excitonic levels caused by isotropic and anisotropic exchange interactions. We consider interdot transitions mediated by hole tunneling between states with the same total angular momentum and between bright and dark exciton states, as allowed by spin-flip hopping between the dots in the molecule. Using realistic experimental parameters we demonstrate that the excitonic states coupled by tunneling exhibit a rich and controllable optical response. We show that through the appropriate control of an external electric field and light polarization, the tunneling coupling establishes an efficient destructive quantum interference path that creates a transparency window in the absorption spectra, whenever states of appropriate symmetry are mixed by the carrier tunneling. We explore the relevant parameter space that allows probing this phenomenon in experiments. Controlled variation of applied field and laser detuning would allow the optical characterization of spin-preserving and spin-flip hopping amplitudes in such systems, by measuring the width of the tunneling-induced transparency windows.

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I. INTRODUCTION

It is well established that interference between different excitation paths can control the optical response of a quantum system. This leads, for example, to the suppression of light absorption when interference between different channels is destructive. Electromagnetically induced transparency, where the absorption of a probe laser is suppressed by the presence of a strong coupling laser, has been intensively investigated and demonstrated in atomic and semiconductor systems.1–4

Stacked semiconductor quantum dots coupled by tunneling, also known as quantum dot molecules (QDMs), are systems where it is possible to create a multilevel manifold of excitonic states which may considerably enrich quantum interference phenomena with possible applications in quantum information systems.5 The strong confinement of exciton states as well as the ability to control their coupling through external electric fields enables the investigation of optical interference induced by interdot tunneling and applied optical fields. Thus, under certain conditions, the tunneling coupling establishes an efficient destructive quantum interference path, which creates a sharp and switchable transmission region in the absorption spectra. This effect is analogous to the electromagnetic induced transparency, where the role of the optical pump field is played here by the strong tunneling coupling between the quantum dots. Such tunneling induced transparency has been recently investigated in coupled quantum dots in which the conduction band levels are brought into resonance by a gate voltage.6–8 One can then say that the transparency is caused by the presence of the coherent electron tunneling between dots.

Several groups have demonstrated the tunneling of electrons and holes between coupled quantum dots.8–10 However, systems based in hole state tunneling may be superior in the context of quantum information applications. For example, the weak hyperfine coupling of holes with nuclear spins make the hole spin more robust to dephasing effects induced by the nuclear spins.11 Although our model is rather flexible, we focus our study on QDM structures where hole tunneling is dominant by design.

The presence of strain fields during the process of formation of the QD nanostructure as well as the shape anisotropy exhibited by self-assembled dots in III–V materials causes the excitonic spectrum to be strongly influenced by the exchange interaction. This arises between electron and hole in the exciton states due to their Coulomb interaction and involves their spins in the resulting level manifold.12–14 The asymmetry of the confinement potential in the QD and its impact in the Coulomb integrals that mediate the exchange interaction produce splitting of neutral exciton levels, leading to the well-known exciton “fine structure”.12–13 The response of such quantum system to polarized laser light is then strongly affected by the exchange interaction. Tunneling induced transparency in this system, when exchange interactions are explicitly taken into account, has not been explored yet. As we will show below, this effect results in very interesting optical behavior of the quantum dot molecule system, including transparency windows and absorption peaks that are sensitive to electric field and optical detuning.

In this work we investigate the optical linear susceptibility and absorption of a weak probe laser in a QDM system, as one varies an applied electric field and the controlled detuning of the laser near the desired excitonic states. We consider the exciton fine structure splitting caused by isotropic and anisotropic exchange interactions. We solve the Liouville-von Neumann-Lindblad equation numerically in the Markovian approximation, where the spontaneous exciton decay is considered the
main decoherence mechanism. Our results show that the optical response is indeed strongly affected by the electron-hole exchange interaction and by appropriately tuning an applied electric field. The hole tunneling coupling can induce a transparency window on the otherwise absorption spectrum of the system. The width of this transparency window is directly proportional to the inter dot hopping amplitude. As such, optical measurements under controlled conditions would provide one with information on the effective interdot coupling, as we will explain.

The paper is organized as follows: in Sec. II we discuss the physical system and model. Section III is devoted to analyzing the optical susceptibility considering the effects of tunneling, decoherence mechanism and exchange interactions. Section IV presents concluding remarks.

II. PHYSICAL SYSTEM AND MODEL

We consider a III-V QDM with a typical structural asymmetry, such that the dimensions of the bottom dot (especially its height) are larger than on the top dot. Resonant optical excitation typically produces spatially direct excitons (where the electron and hole reside in the same dot), while the electron or hole tunneling enables the formation of spatially indirect excitons. An electric field $F$ applied along the growth direction induces a relative Stark shift of the levels in both quantum dots. While direct excitons are weakly shifted, indirect excitons show a strong Stark blueshift with field. As the field varies, anticrossings between direct and indirect excitons are produced by tunneling at well defined values of the field. In our model we consider that the electron is confined in the bottom dot, and that the valence band levels of top and bottom dots are nearly resonant, favoring hole tunneling between the dots, as realized in different experiments.

We model the dynamics of all energetically relevant spatially direct and indirect exciton states in the double QD coupled by hole tunneling. We consider heavy hole (hh) states $|j_{hh}, m_{hh}\rangle = |3/2, \pm 3/2\rangle$ and conduction electrons $|j_{c}, m_{c}\rangle = |1/2, \pm 1/2\rangle$, as the relevant manifold in our problem. As a consequence, the $z$-component of the exciton angular momentum can assume the values $S_z = m_{hh} + m_c = \pm 1$ (bright excitons) and $\pm 2$ (dark excitons). The hole tunneling, moreover, can take place either changing or conserving its angular momentum projection. The spin relaxation can occur mainly due to the hyperfine interaction between the carrier spin and the nuclear spins in the system or as a consequence of the spin-orbit interaction. The hole tunneling rates are denoted by: $T^d_h$ ($T^i_h$) for flipping (conserving) intrinsic angular momentum projection. In this way, the dark states, associated with parallel spin configurations, and essentially dislocated from the dynamics via optical excitations become now accessible and play in fact an important role, as we will see.

In quantum dots, the electron-hole exchange interaction (EHEI) produces significant features in the QD excitonic spectra, such as the splitting between bright exciton ($S_z = \pm 1$) and dark exciton ($S_z = \pm 2$) states. Also, the anisotropy of the confinement potential in the QD plane enables the splitting of both bright and dark exciton doublets. This anisotropic exchange interaction plays an essential role in optical excitations with polarized light. As EHEI is directly related to the electron-hole wave function overlap, the resulting exchange splitting for direct excitons is larger than for indirect exciton states. Thus, we model the QDM using four direct states $|d_{\pm 1}\rangle$, $|d_{\pm 2}\rangle$ and four indirect states $|i_{\pm 1}\rangle$, $|i_{\pm 2}\rangle$. The exciton vacuum is labeled as $|0\rangle$.

The Hamiltonian that describes the system in the rotating-wave approximation is given by (see Fig. 1)

$$H = H_0 + H_p + H_{T_h} + H_{T_h^d} + H_{exch},$$

with

$$H_0 = \sum_{S_z = \pm 1} \delta_d |d_{S_z}\rangle \langle d_{S_z}| + (\delta_i - \Delta_F) |i_{S_z}\rangle \langle i_{S_z}| + h.c.,$$

$$H_p = \Omega_p^d |d_{\pm 1}\rangle \langle 0| + \Omega_p^i |i_{\pm 1}\rangle \langle 0| + h.c.,$$

$$H_{T_h} = T_h (|d_{\pm 1}\rangle \langle i_{\pm 1}| + |d_{\pm 2}\rangle \langle i_{\pm 2}|) + h.c.,$$

$$H_{T_h^d} = T_h^d (|d_{\pm 1}\rangle \langle i_{\mp 2}| + |d_{\pm 2}\rangle \langle i_{\mp 1}|) + h.c.,$$

$$H_{exch} = \sum_{j=d,i} \delta_0^d \left(|j_{\pm 1}\rangle \langle j_{\pm 1}| - |j_{\pm 2}\rangle \langle j_{\mp 2}|\right) + \delta_2^d \left(|j_{\pm 1}\rangle \langle j_{\mp 1}| + |j_{\pm 2}\rangle \langle j_{\mp 2}|\right) + h.c. \tag{2}$$

Here, $H_0$ describes the bare problem without interactions, with energies measured by $\delta_d = E_d - \hbar \omega_p$, as the exciton detuning with respect to the pumping laser energy, and where $\Delta_F = \epsilon F d$ is the Stark energy shift of the indirect excitons, where the electron and hole are separated a distance $d$. The interdot hole tunneling between states with the same total angular momentum and between bright and dark exciton states is described by $H_{T_h}$ and $H_{T_h^d}$, respectively. $H_{exch}$ accounts for the exciton fine structure splitting, where $2\delta_0^d(i)$ is the splitting between bright and dark exciton states, $\delta_2^d(i)$ characterizes the bright doublet mixing, and $\delta_2^d(i)$ that for the dark doublet.

The interaction with the incident laser is described by $H_p$, with optical coupling parameters $\Omega_p^d = \langle 0 | \hat{\mu} \cdot \hat{E} | d_{\pm 1}| \rangle / 2\hbar$ and $\Omega_p^i = \langle 0 | \hat{\mu} \cdot \hat{E} | i_{\pm 1}| \rangle / 2\hbar$, associated to direct and indirect excitons, respectively. Here $\hat{\mu}$ is the electric dipole moment which couples the excitonic transition to the electric component $\hat{E}$ of the radiation field. The schematic representation of the level configuration is shown in Fig. 1 considering optical coupling, as well as hole tunneling—both conserving and non-conserving its angular momentum projection. We consider the condition $\Omega^d > \Omega^i$, as anticipated from the
much lower e-h overlap in spatially indirect excitations. The electromagnetic field can be written as function of two orthogonal polarization components ($\sigma_+$ and $\sigma_-$), such that $\vec{E} = \vec{E}_+ + \vec{E}_-$, where $E_+ = E \cos(\phi)$ and $E_- = E \sin(\phi)$, and $0 \leq \phi \leq \pi/2$. Since the optical excitations obey selections rules conserving the angular momentum of $S_z = \pm 1$, a circular right ($\sigma_+, \phi = 0$) or left ($\sigma_-, \phi = \pi/2$) polarized laser pulse creates intradot excitonic states $|d_{\pm 1}\rangle$.

To analyze the effects of the different couplings in the optical response of the QDM, it is convenient to define a new basis according to the symmetry of the states under parity: $|d_{B}^{S,A}\rangle = \frac{1}{\sqrt{2}} (|d_{+1}\rangle \pm |d_{-1}\rangle)$, $|d_{F}^{S,A}\rangle = \frac{1}{\sqrt{2}} (|d_{+1}\rangle \pm |d_{-1}\rangle)$, and $|d_{D}^{S,A}\rangle = \frac{1}{\sqrt{2}} (|d_{+2}\rangle \pm |d_{-2}\rangle)$, plus the exciton vacuum $|0\rangle$. The + (or −) sign accompanies the symmetric $S$ (antisymmetric $A$) superposition of exciton states, and the subindices $B$ and $D$ indicate whether the state of a given symmetry is a combination of bright or dark states, respectively. The advantage of this basis is that the two sets of symmetric and antisymmetric states are nearly disconnected, except for their relative interaction with the vacuum through the radiation field. This arises, as we show explicitly below, from the fact that the two processes of hole tunneling (spin preserving and not) couple direct and indirect excitons of only a given symmetry under parity.

In the basis ordered by $|0\rangle$, symmetric ($|d_{B}^{S}\rangle, |i_{B}^{S}\rangle, |d_{F}^{S}\rangle, |i_{F}^{S}\rangle$) and antisymmetric combinations ($|d_{B}^{A}\rangle, |i_{B}^{A}\rangle, |d_{F}^{A}\rangle$ and $|i_{F}^{A}\rangle$), we obtain the $9 \times 9$ hamiltonian $H'$:

$$
H' = \begin{pmatrix}
0 & \Omega_{d}^{S} & \Omega_{i}^{S} & 0 & 0 & 0 & \Omega_{d}^{A} & \Omega_{i}^{A} & 0 & 0 \\
\Omega_{d}^{S} & 0 & \Delta_{d,B} & \delta_{i,B} & T_{h} & 0 & T_{h} & 0 & 0 & 0 \\
\Omega_{i}^{S} & \Delta_{d,B} & 0 & \delta_{i,B} & T_{h} & 0 & T_{h} & 0 & 0 & 0 \\
0 & \delta_{i,B} & T_{h} & 0 & \delta_{d,B} & T_{h} & 0 & 0 & 0 & 0 \\
0 & T_{h} & \delta_{d,B} & T_{h} & 0 & 0 & 0 & 0 & 0 & 0 \\
0 & 0 & \delta_{d,B} & T_{h} & 0 & -T_{h} & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & \delta_{d,B} & T_{h} & -T_{h} & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & \delta_{d,B} & T_{h} & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 & \delta_{d,B} & T_{h} & 0 & 0 & 0 \\
\end{pmatrix}
$$

where $\Omega_{d}^{S(A)} = \frac{\Omega_{d}^{S(A)} \Omega_{d}^{S(A)}}{\sqrt{2}}$, $\Omega_{i}^{S(A)} = \frac{\Omega_{i}^{S(A)} \Omega_{i}^{S(A)}}{\sqrt{2}}$ describe the couplings between the ground state and symmetric (antisymmetric) combinations of bright exciton states. The diagonal terms related to the detuning of each level from the laser energy, as well as the splitting energy due to exchange interactions are given by: $\delta_{d,B}^{S(A)} = \delta_{d} + \delta_{d}^{B} \pm \delta_{i}^{B}$, $\delta_{i,B}^{S(A)} = (\delta_{i} - \Delta_{F}) + \delta_{i}^{B} \pm \delta_{i}^{B}$, $\delta_{d,D}^{S(A)} = \delta_{d} - \delta_{d}^{D} \pm \delta_{d}^{D}$, $\delta_{i,D}^{S(A)} = (\delta_{i} - \Delta_{F}) - \delta_{i}^{D} \pm \delta_{i}^{D}$. The hamiltonian $H'$ has a bordered block diagonal form, where the upper (lower) block is associated with the symmetric (antisymmetric) combination, and are coupled to the vacuum by the laser field. Notice that the anisotropic exchange interaction, represented in the model by $\delta_{i}^{d(i)}$, enters in the effective detuning of the bright symmetric (or antisymmetric) states, which couple to $|0\rangle$ by linearly polarized light.

III. OPTICAL PROPERTIES AND EXCHANGE INTERACTION

The dynamical optical properties of the QDM are calculated using Liouville-von Neumann-Lindblad equations and we focus on the steady state of the system under continuous pumping. In order to characterize the optical response of the probe coupling, we calculate the optical
susceptibility of an effective QDM ensemble with identical elements (which would of course characterize the response of a single QDM)

\[ \chi = \frac{\Gamma_{opt} |\mu_{0d}|^2}{V \varepsilon_0 h \Omega_p} \left( \rho_{0,d,\pm_1} + f \rho_{0,i,\pm_1} \right), \]

where \( \rho_{0,d,\pm_1} \) and \( \rho_{0,i,\pm_1} \) are the density matrix elements associated with allowed optical transitions, \( \Gamma_{opt} \) is the optical confinement factor given by the number of QDMs in a given region of the ensemble, \( V \) is the volume of a single QDM, \( \varepsilon_0 \) is the host dielectric constant and \( f = \mu_{0d}/\mu_{0d} \ll 1 \) is the ratio between the interband dipole moments of the indirect and direct transitions. The susceptibility is a complex function, written as \( \chi = \chi' + i\chi'' \), where the absorption coefficient \( \alpha(\omega_p) \) is proportional to \( \chi'' \), while the refractive index \( n(\omega_p) \) depends on both, real and imaginary parts of \( \chi \).

In the following we consider realistic parameters for InAs self-assembled QDMs and exciton energies in agreement with experimental measurements. Exchange interaction in these structures typically results in splittings between dark and bright states of \( \delta_0^d \approx 100 \mu eV, \delta_1^d \approx 35 \mu eV \) and \( \delta_0^i \approx 10 \mu eV \). As the overlap of the electron-hole wave functions is smaller in indirect states, we also assume \( \delta_{0,1,2}^d \approx 0.1\delta_{0,1,2}^d \). We also consider effective relaxation parameters \( \Gamma_d = 10 \mu eV, \Gamma_d = 10^{-3} \mu eV \), typical in experiments. The tunneling coupling, which depends strongly on the barrier is assumed comparable to the decay rate of the direct state, \( \Gamma_h = \Gamma_d/2 \) and \( T_h^f = \Gamma_h/2 \). From the conditions \( \Omega^d \approx 0.1\Gamma_d \) and \( \Omega^f \approx 0.1\Gamma_d \), it follows that \( \Omega_d, \Omega_f \ll \Gamma_h, T_h^d \). Other parameters in the susceptibility, including the optical confinement factor \( \Gamma_{opt} = 6 \times 10^{-3} \), momentum matrix element \( \mu_{od} = 21 \AA \), and QDM volume \( V \approx 800 \AA^3 \), set the overall strength of the optical response, and were taken from Kim et al.\[23\]

The excitonic spectrum exhibits characteristic splittings due to the exchange interaction and anticrossing regions which are signatures of the mixture between direct and indirect excitons, as shown in Fig. 2(a). Let us concentrate in the anticrossing regions indicated by dashed squares in the figure. Figures 2(b) and 2(c) show a zoom of the highlighted areas in 2(a), illustrating that \( T_h \) and \( T_h^f \) couplings lead to the expected anticrossings. In Fig. 2(b) we can see clearly that \(|d^S_B\rangle\) is coupled only to two indirect symmetric states: \(|i^B_S\rangle\) and \(|i^S_D\rangle\). The mixing with the \(|i^S_S\rangle\) state occurs due to \( T_h \), and with \(|i^S_D\rangle\) through \( T_h^f \). A similar anticrossing structure can also be observed in Fig. 2(c) for asymmetric states, where the \(|d^S_B\rangle\) state couples with \(|i^A_B\rangle\, (|i^D_B\rangle\) due to \( T_h \) \((T_h^f \)). The electric field value at which the anticrossing occurs is obtained by the resonance condition between states \(|d^S_B\rangle\) and \(|i^S_S\rangle\), \( \delta_A = \delta_A^d + \delta_A^i \), which yields \( F^S_B = \Delta_F/ed \), whereas \( F^S_B \) is the field value at which the states \(|d^S_B\rangle\) and \(|i^S_S\rangle\) meet and anticross, as indicated in Fig. 2(b).

Figure 2(c) shows the region of anticrossing between the states \(|d^A_B\rangle\) and the indirect states \(|i^A_B\rangle\) \((F = F_B^A)\) and \(|i^D_B\rangle\) \((F = F_B^D)\), with field values also obtained through the resonance conditions between the corresponding states (notice that \( F_B^A \approx F_B^A \) for our choice of parameters).

We now investigate the conditions for which the couplings \( T_h \) or \( T_h^f \) can establish efficient destructive quantum interference paths and produce a subsequent reduction on the absorption spectrum. To this end we ana-
lyze the optical susceptibility $\chi$ for electric field values where the anticrossings are observed. It is important to recall that although the total optical absorption of the system $F$ has contributions of different weights related with direct ($\rho_{0,d\pm 1}$) and indirect states ($\rho_{0,i\pm 1}$), the oscillator strength of spatially separated carriers is much smaller than for the direct exciton, and $\rho_{0,i\pm 1}$ does not contribute significantly, as we will see.

Figure 3(a) and (b) show the imaginary part of the density matrix elements $\rho_{0,d\pm 1}$ and $\rho_{0,i\pm 1}$ respectively, as function of the detuning $\delta_d$ for field $F_B$ where bright symmetric states $|d_B^0\rangle$ and $|i_B^0\rangle$ anticross, considering right circularly polarized laser $\sigma_+ \ (\phi = 0)$. Panel 3(c) shows the total absorption profile given by $\text{Im}[\chi(\omega_p)]$ as a function of $\delta_d$, taking into account all contributions. It is interesting to see how the different features in these curves arise.

Figure 3(a) shows the separate contributions of both matrix elements $\rho_{0d\pm 1}$ (solid red line) and $\rho_{0i\pm 1}$ (dashed blue line). We observe two regions of absorption, the first one around $\delta_d = -\delta_0^d + \delta_0^i = -15\mu eV$, corresponds to the resonance of the probe laser with the asymmetric state $|d_B^0\rangle$, while the second one at $\delta_d = \delta_0^d - \delta_0^i = -85\mu eV$ corresponds to resonance with state $|d_B^0\rangle$. We observe that at $\delta_d = -15\mu eV$, the asymmetric contributions to absorption $\rho_{0,d\pm 1}$ cancel each other. In contrast, when the probe laser is resonant to the symmetric transition, the two contributions are additive, and a dip (labelled as $A$ in Fig. 3(a)) is observed at $\delta_d = -85\mu eV$. This dip in the absorption is due to the hole hopping amplitude $T_h$ that couples the states $|d_B^0\rangle$ and $|i_B^0\rangle$; the mixing provides a destructive interference path creating the narrow transparency window labelled $A$. In addition, Fig. 3(a) shows two lateral peaks, $B$ and $C$ that occur at smaller detuning and are due to the coupling of state $|d_B^0\rangle$ with other quasi-resonant states when $F = F_B$. The lateral peak $C$, at $\delta_d \approx -70\mu eV$ is especially an additive contribution of $\rho_{0d\pm 1}$ due to the $T_h^f$ coupling between $|d_B^0\rangle$ and $|i_B^0\rangle$, and provides an optical signature of the presence of “spin-flipping” events in the interdot tunneling.

FIG. 3. (Color online) Imaginary part of the density matrix elements contributing to $\chi(\omega_p)$ as a function of $\delta_d$ for different probe polarization conditions. Left panels are for $\phi = \pi/4$ (linear polarization) and right panels for $\phi = \pi/6$ (elliptical polarization). In all situations $F = F_B^0$.

The contributions labeled $B$ in Fig. 3(a) also modify the optical response of the QDM in an interesting way, as can be seen in Fig. 3(c). This deserves a more detailed analysis. The optical coupling of the ground state with direct and indirect excitons induces an effective cou-

FIG. 4. (Color online) Imaginary part of the density matrix elements that contribute to total optical susceptibility $\chi(\omega_p)$ as a function of $\delta_d$ for different probe polarization conditions. Left panels are for $\phi = \pi/4$ (linear polarization) and right panels for $\phi = \pi/6$ (elliptical polarization). In all situations $F = F_B^0$. 

The optical coupling of the ground state with direct and indirect excitons induces an effective cou-
pling between states of different symmetry, as seen in the Hamiltonian (3). This effective coupling can be seen to arise from second-order terms that can be obtained by tracing out (projecting out) the $|0\rangle$ state of the total Hamiltonian $H_0$. Considering, for instance, only the bright direct exciton states, the resulting effective Hamiltonian (ground state projected) written in the basis $|d_B^s\rangle$ and $|d_B^d\rangle$ is given by:

$$H_{eff}^{d,c} = \left( \begin{array}{c}
\delta_d^S + \frac{(\Omega^d_{A})^2}{\Omega^s_{A}} \left( \frac{1}{\omega_d} + \frac{1}{\omega_d^*} \right) \\
\frac{\Omega^s_{A}}{\omega_d} \left( \frac{1}{\omega_d} + \frac{1}{\omega_d^*} \right) \delta_d^s + \left( \Omega^d_{A} \right)^2 \\
\delta_d^s + \left( \Omega^s_{A} \right)^2 
\end{array} \right) \left( \begin{array}{c}
\delta_d^c \\
\Omega^s_{A} \\
\delta_d^s
\end{array} \right),$$

with optical couplings $\Omega^{s(A)}_A$, and detuning parameters $\delta_d^{s(A)}$ as defined in Sec. II. It is clear from (3) that there is an effective coupling between symmetric $|d_B^s\rangle$ and antisymmetric $|d_B^d\rangle$ direct exciton states, which although weak ($= \Omega^s_{A}$), it is not zero. The effect on the direct exciton density matrix elements are peaks identified as $B$ in Fig. 3(b). The effect on the optical response is nearly null, however, because $B$ peaks on $\text{Im}[\rho_{d\pm}]$ nearly cancel each other out, as shown in Fig. 3(a) for $\delta_d \approx -75\mu$eV. Only the peak $C$, associated to the mixing between $|d_B^s\rangle$ and $|d_B^d\rangle$ and due to $T_h^f$, contributes significantly to the net absorption, as seen in Fig. 3(c), at $\delta_d = -70\mu$eV.

A similar but somewhat complementary behavior on the absorption spectrum can be obtained at the field $F = F_B^{s}$ where the resonance condition $\delta_d + \delta_d^s + \delta_d^c = (\delta_i - \Delta_F) - \delta_d^d$ is satisfied and the $|d_B^s\rangle$ and $|d_B^d\rangle$ states mix. As before, Figs. (d) and (e) show the contribution of the four matrix elements associated to the total absorption. We observe this time a transparency window on the main absorption due to $T_h$ (labeled as $A'$) at $\delta_d \approx -85\mu$eV, and is therefore narrower than the dip in $A$ in Fig. 3(c). The width of the transparency window is directly proportional to the strength of the coupling that induces the destructive interference process, which in this model is given by $T_h$ or $T_h^f$. As we have assumed (and expect) $T_h^f < T_h$, the difference on the transparency windows is evident in the dip induced by the different couplings. In this case, the presence of the lateral peak $C'$ observed in the total absorption spectrum at more negative detuning (see Fig. 3(c)), is due to $T_h$ which couples $|d_B^s\rangle$ and $|d_B^d\rangle$. In both cases we observe strong asymmetry on the height of the peaks induced by the contribution of indirect states in the optical coupling.

The level anticrossing of the asymmetric manifold that occurs at $F_B^{d} \approx F_B^{s}$ (see Fig. 2(c)) also results in structure for the different density matrix elements. However, as in other anticrossings, the contributions to $\rho_{0d \pm}$ and $\rho_{0c \pm}$ are out of phase and do not contribute to the overall absorption structure of the system. In other words, the resulting absorption function (Im$\chi$) at or near those field values shows no appreciable tunneling induced transparency window, but rather a single absorption peak on resonance (not shown).

Another parameter that can be easily controlled experimentally is the laser polarization. Figure 4 shows the total absorption considering the four contributions of the density matrix elements for two different $\phi$ values, $\phi = \pi/4$ (linear polarization) and $\phi = \pi/6$ (elliptical polarization), for $F = F_B^{s}$. In full agreement with the Hamiltonian (3), in Fig. 4(a) we note that a linearly polarized probe laser couples only the states $|0\rangle$ and $|d_B^s\rangle$. Therefore we observe in this figure only the features associated to the symmetric state. When the incident laser is polarized elliptically, Fig. 4(d), the optical couplings are different, $\Omega^s_+ > \Omega^d_1$, and the amplitude of the peak associated to $|d_B^s\rangle$ in the imaginary part of $\rho_{0d \pm}$ is smaller. However, the total absorption spectrum exhibits the same behavior for different polarization conditions, Figs. 4(e) and (f), since the main difference occurs in the peaks associated to the asymmetric state for $\delta_d = -15\mu$eV.

As the presence of the lateral peak ($C$ and $C'$) and the transparency window ($A$ and $A'$) are directly related to the tunneling couplings $T_h$ and $T_h^f$, we plot in Fig. 5 the total absorption as function of the detuning $\delta_d$ for different values of electric field, over a range of 26 V/cm that includes the field values $F_B^{s}$ and $F_B^{d}$ where the anticrossings occur. Notice the much expanded horizontal scale from that in Fig. 3(c) and (f), to better appreciate details. The lines at fields where the anticrossing occur are indicated in the figure. The $A$ and $A'$ absorption dips due to destructive interference by tunneling are also indicated. It is interesting to notice how they slowly evolve away from the resonant field to create additional lateral absorption features whenever they are away from resonance.
IV. CONCLUSIONS

In summary our results show that through the appropriate control of external electric field and light polarization, the tunneling coupling between states of the same total angular momentum ($T_h$) and between bright and dark states states ($T_f$) establishes efficient destructive quantum interference paths, creating transparency windows in the absorption spectra with controllable strength and position. This effect could be inversely used to characterize the strength of different exchange couplings in QDM, as the polarization and Stark shifts can be independently controlled while the absorption spectrum of the system is monitored. Similar coherent superposition of states and the appearance of interfering paths could be explored in other excitonic manifolds in these QDMs, including biexcitons and charged excitons, as they may provide the ability to control the polarization of the outgoing photons as fields and laser detunings are carefully adjusted.

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