Small and medium-sized enterprises (SMEs) play a key role in national economies around the world, generating employment, adding management 15 (2): 137–155 137

Introduction

Small and medium-sized enterprises (SMEs) play a key role in national economies around the world, generating employment, adding
value and contributing to innovation (Organisation for Economic Co-
operation and Development 2017). SMEs represent a major part of most modern economies and form the backbone of countries’ na-
tional economies (European Commission 2011; Saarela et al. 2015; Storey 2014). Due to global competition, technological advances and consumers’ changing needs, SMEs are under tremendous pressure to sustain their competitiveness in domestic and global markets (Singh, Garg, and Deshmukh 2008). More than large companies, SMEs face resource constraints in terms of finance, information, management capacity, etc. (Hollenstein 2005) and they have fewer human resources than larger firms to screen the external environ-
ment for valuable information (Spithoven, Vanhaverbeke, and Roijakkers 2013).

As a standard international definition of SME does not exist, this study uses the definition from the Organisation for Economic Co-
operation and Development (2017), which refers to SMEs as firms employing up to 249 persons. Like other enterprises, SMEs should check periodically how they are fulfilling their growth goals to deter-
mine if they should change their business behaviour to reach those goals (Lent and Brown 2006). As mapping the developmental stage of businesses is complicated, business maturity models usually focus on a single aspect of business (Naskali et al. 2018), and assessment is often done using different kinds of maturity models that measure a company’s ability for continuous improvement (Fraser, Moultrie, and Gregory 2002). There are comprehensive reviews of business ma-
turity models for example related to business process management (Röglinger, Pöppelbuß, and Becker 2012; Tarhan, Turetken, and Rei-
jers 2016), software processes (von Wangenheim et al. 2010), project management (Backlund, Chronéer, and Sundqvist 2014), process im-
provement (Helgesson, Höst, and Weyns 2012) and information sys-
tems (Mettler, Rohner, and Winter 2010). However, reviews of busi-
ness maturity models for SMEs are lacking. We aim to obtain an overview of the existing business maturity models for SMEs by an-
swering the following research question:

What are the existing business maturity models for SMEs
and what do they focus on?

To answer this question, this article reviews what kind of business maturity models for SMEs are currently offered in the literature in order to estimate the need for new models. This review is performed by conducting a systematic literature review (SLR) on business ma-
turity models for SMEs.
Maturity Models

Maturity models ‘typically represent theories about how an organization’s capabilities evolve in a stage-by-stage manner along an anticipated, desired, or logical path’ (Röglinger, Pöppelbuß, and Becker 2012, 4). Practitioners’ adoption of maturity models and researchers’ academic interest in maturity models have been increasing (Becker, Knackstedt, and Pöppelbuß 2009). Nowadays, the market is replete with different types of maturity and growth models that are designed to be used in general or specific business fields. Due to changes in the business environment, the need for specific models has increased in the SME business field (Saarela et al. 2018). Maturity models may help to determine where SMEs stand and figure out what they need to do next. Since the widely used and popular Capability Maturity Model (CMM) was launched by the Software Engineering Institute over two decades ago (Paulk et al. 1993), hundreds of maturity models have been proposed by practitioners and researchers across multiple domains (Naskali et al. 2018; Pöppelbuß and Röglinger 2011). Maturity models have a long history and models are developed for various purposes. Many maturity models have also been developed by consultants and associations (e.g., Anderl et al. 2015; Felch, Asdecker, and Sucky 2019). Maturity model research has been applied in more than 20 domains, but it is still heavily dominated by software development and software engineering models (Wendler 2012).

According to Mettler, Rohner, and Winter (2010, 334), ‘maturity implies evolutionary progress in the demonstration of a specific ability or in the accomplishment of a target from an initial to a desired or normally occurring end stage.’ Maturity models divide evolutionary progress into a sequence of levels or stages that form a logical path from an initial state to a final level of maturity (Becker, Knackstedt, and Pöppelbuß 2009; Mettler, Rohner, and Winter 2010). These levels and stages are used in maturity models to derive and prioritise improvement measures and control the progress of change (Iversen, Nielsen, and Norbjerg 1999).

(De Bruin et al. 2005) have identified descriptive, comparative and prescriptive purposes for developing a maturity model. Becker, Knackstedt, and Pöppelbuß (2009), De Bruin et al. (2005), Iversen, Nielsen, and Norbjerg (1999), Maier, Moultrie, and Clarkson (2009) and Pöppelbuß and Röglinger (2011) clarified that maturity models serve a descriptive purpose if they are applied for ‘as-is’ assessments where the current capabilities of the entity under investigation are
assessed with respect to given criteria, a comparative purpose if they allow for internal or external benchmarking and the maturity levels of similar business units and organisations can be compared, or a prescriptive purpose if they indicate how to identify desirable maturity levels and provide guidelines on improvement measures.

Business maturity models provide information about a company’s current status and how to improve it (Röglinger, Pöppelbuß, and Becker 2012) and offer a simple but effective tool to measure companies’ capabilities and contribute to transformation and the development of competencies in companies by initiating a change process (Mettler, Rohner, and Winter 2010; Wendler 2012). They can also be used in developing a company’s future vision and path, as benchmarking tools to compare firms with each other to set development goals or as self-review frames and managerial tools for self-improvement action (Felch, Asdecker, and Sucky 2019; Leino et al. 2017; Röglinger, Pöppelbuß, and Becker 2012). Many business maturity models have roots in cmm (Paulk et al. 1993; Wendler 2012), and have adopted cmm’s five-level approach (level 1 – initial, level 2 – managed, level 3 – defined, level 4 – quantitatively managed and level 5 – optimised), which describes an evolutionary path of increasingly organised and systematic maturity stages.

Business maturity models are either generic or specific maturity models. Generic maturity models can be applied generally, whereas specific maturity models are designed and applied mainly to a specific business type (Blondiau, Mettler, and Winter 2016). Moreover, business maturity models can be classified based on the business type targeted. (Jones, Muir, and Beynon-Davies 2006) noted that three main business types are identified within the models: smes, large enterprises and non-specific companies.

Business maturity models have also been subject to criticism. For instance, they have been characterised as ‘step-by-step recipes’ that simplify business reality (Pöppelbuß and Röglinger 2011). Maturity models have faced questions on their lack of empirical foundation and validity (Lasrado, Vatrapu, and Andersen 2015; Mettler 2011; Pöppelbuß and Röglinger 2011). Researchers have criticised maturity models for differing quality: for instance, Mettler (2011) states that most maturity models are based on ‘good practice’ or ‘success factors’ derived from projects that have demonstrated favourable results. (Lasrado, Vatrapu, and Andersen 2015) observed that empirically validated maturity models are quite rare. According to these criticisms, models have mistaken structural assumptions (Lasrado, Vatrapu, and Andersen 2015), and they tend to neglect the potential
existence of multiple equally advantageous development paths (Teo and King 1997). Further criticism refers to narrow design methods, unsatisfactory documentation of the design process, the many almost identical maturity models and a non-reflective adoption of the CMM approach (Becker, Knackstedt, and Pöppelbuß 2009; Iversen, Nielsen, and Norbjerg 1999; Lasrado, Vatrapu, and Andersen 2015; Mettler 2011; Pöppelbuß and Röglinger 2011). According to criticism, maturity models should not focus on a series of levels toward a predetermined ‘final state’ but on the factors that influence evolution and change (King and Kraemer 1984; Naskali et al. 2018).

**Systematic Literature Review to Identify Maturity Models in SME Context**

SLRs are well suited to identify gaps in the literature, generate recommendations for future research and reduce selection and data extraction bias (Grant and Booth 2009). Selection bias (when the author chooses only the research material which is consistent with their personal research goals and opinions) is minimised by defining clear inclusion and exclusion criteria for the literature review prior to the literature review (Liberati et al. 2009). Data extraction bias (when the author takes too much or too little data from included studies) is minimised by extracting research findings with a standardised form and reviewing them with a minimum of two reviewers (Nightingale 2009; Liberati et al. 2009).

According to Armstrong et al. (2011, 147), ‘Systematic reviews use a transparent and systematic process to define a research question, search for studies, assess their quality and synthesise findings qualitatively or quantitatively.’ SLRs are based on clearly formulated research questions, appraise the quality of reviewed literature and identify relevant literature systematically according to specific criteria to give an unbiased and balanced summary of the literature around the topic (Khan et al. 2003). SLRs’ advantage over traditional literature reviews is their explicit presentation of the method of search, appraisal, synthesis and analysis of the literature (Grant and Booth 2009).

**Systematic Literature Review Method**

We first examined high-quality entrepreneurship-related peer-reviewed journals to identify best practices to include in the SLR. The ‘Association of Business Schools Academic Journal Quality Guide’ (https://charteredabs.org/academic-journal-guide-2018-view/), and the ‘Australian Business Deans Council Journal Rankings List’ (https:
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| Step | Description |
|------|-------------|
| 1    | Justifying the use of SLR | Choice of the SLR over the traditional maturity model is decided. |
| 2    | SLR scope | Research material and database focus are defined. |
| 3    | Search argument | Keywords used and other search arguments are defined. |
| 4    | Systematic search | A systematic search is conducted according to set practices to identify the group of articles. |
| 5    | Classification process | A classification process is used to modify the group of articles. |
| 6    | Data matrix | Comparable data is extracted and summarised in matrix format. |

//abdc.edu.au/research/abdc-journal-list/2016-interim-review) were used to identify high-quality peer-reviewed entrepreneurship journals. Five high-quality journals were selected: Small Business Journal, Journal of Small Business Management, Journal of Business Venturing, Entrepreneurship and Regional Development, Entrepreneurship, Theory and Practice. SLR articles from these journals was read, and findings from them were used together with SLR background knowledge to define the SLR method for this article (table 1). This step-by-step SLR method is described in the following section.

**JUSTIFYING THE USE OF SLR (STEP 1)**

As described, SLRs help give an unbiased and more balanced summary of the literature compared to traditional literature reviews. SLRs are well suited to identify gaps in the literature, generate recommendations for future research and reduce selection and data extraction bias, which may occur when large datasets are processed. Finally, SLRs increase the reliability of the literature review and make it more transparent for future studies. With these factors in mind, the use of SLR over the traditional literature review method felt well-grounded, and we decided to use SLR.

**SLR SCOPE (STEP 2)**

A clear focus for the research material and the databases to be used was set to minimise selection bias and increase the SLR’s transparency. The scope of the SLR was business articles written in English with a business focus and published in peer-reviewed journals, as they are recognised as well-validated knowledge that is more likely to have a bigger impact in scientific research than articles
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published in other sources (Podsakoff et al. 2005). The research databases selected to identify articles were Scopus and the Web of Science, which are considered to be among the most extensive academic databases for scientific knowledge (Guz and Rushchitsky 2009). Subject area filters were decided for both databases to narrow the search to the business field. In Scopus, the subject area ‘Business, Management and Accounting’ was used, whereas in Web of Science the subject area ‘Business & Economic’ was used.

SEARCH ARGUMENT (STEP 3)
The keywords used and the search processes were defined step by step. As a starting point, the search was narrowed first to article titles and abstracts. Test searches were first conducted in Scopus with test keywords to get a better understanding of the topic. The conjunction ‘or’ was used between keywords in the test search lists and the wildcard character ‘*’ was used at the end of each keyword to take different words with the same stem into account.

Distinct topic groups were then defined to group similar keywords together to simplify the search process. This led to the creation of two topic groups: ‘maturity-related’ and ‘sme-related.’ Keywords from the test searches were divided into these topic groups. If the keyword did not fit one of the topic groups, it was discarded. The topic groups were then used together in the following test searches by using the conjunction ‘and’ between topic groups and ‘or’ between keywords in the topic group as before. After some follow-up searches and changes in topic groups, the final versions of topic groups are defined in table 2.

SYSTEMATIC SEARCH (STEP 4)
The topic group pair used to conduct the final search in Scopus and Web of Science found 162 articles in the ‘Business, Management and Accounting’ subject area in Scopus and 18 articles in the ‘Business & Economic’ subject area in the Web of Science. Eleven duplicate articles were removed from the search results, leaving 169 articles. Nine articles that were not in English or that were conference papers were removed, leaving 160 articles.

CLASSIFICATION PROCESS (STEP 5)
The classification process introduced by Thorpe et al. (2005) was used to limit the article group only to the articles that proposed a new maturity model in the sme context. The articles were assigned into three groups, according to set classification criteria: relevant studies
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Table 2  Chosen Topic Groups

| Topic group    | Description                                      | Keywords                                      |
|----------------|--------------------------------------------------|-----------------------------------------------|
| Maturity-related | Topic group that includes maturity related terminology | maturity model, maturity matrix, maturity grid, maturity framework, maturity level |
| SME-related    | Topic group that includes company related terminology | micro-company, micro-enterprise, micro-firm, micro-business, microcompany, microenterprise, microfirm, microbusiness, micro company, micro enterprise, micro firm, micro business, small firm, small business, small organisation, small organization, small enterprise, sme, small and medium-sized enterprise, small and medium-sized firm, small and medium-sized organisation |

Table 3  Used Classification Process Step by Step

| Phase of inclusion-exclusion process | Number of articles |
|-------------------------------------|--------------------|
| Before 1st classific. process       | 160                |
| 1st classific. process: A, B, C grouping | 62 (group A), 61 (group B) and 37 (group C) |
| 1st classific. process: re-review   | 67 (group A) and 93 (group C) |
| 2nd classific. process: A, B, C grouping | 20 (group A), 3 (group B) and 44 (group C) |
| 2nd classific. process: re-review   | 20 (group A) and 47 (group C) |
| After 2nd classific. process        | 20                 |

(A), studies in which the relevance was still unclear (B) and non-relevant studies (C). When all the articles were assigned to these groups, articles in group B were re-reviewed and assigned either to group A or C, and articles in group A were taken forward to further review (Thorpe et al. 2005). We applied the classification process twice with multiple reviewers to minimise selection bias. During the first classification process, the articles’ title and abstract were read and the articles were classified into groups A, B and C, according to the first classification criteria, which was ‘title and/or abstract of the article includes SME and maturity perspective.’ This left 67 articles in group A.

During the second classification process, the group A articles’ abstract and full text were read, and the articles were classified into groups A, B and C, according to the second classification criteria, which was ‘according to the abstract or full text of the article, the article creates or refines a business maturity model for SMEs.’ This
left 20 articles in group A, which formed the final article group. A summary of the classification criteria can be seen in table 3.

**DATA MATRIX (STEP 6)**

To minimise data extraction bias, visualise the data and straightforwardly follow the analysis processes, comparable data was combined from the article group into a matrix form. Five categories reference, name, industry, focus and levels, were used to gather the data from the article pool. An article comparison matrix for the final article group is in table 4.

| Reference | Name | Industry | Focus | Levels |
|-----------|------|----------|-------|--------|
| Adrodegari and Saccani (2020) | A maturity model for the servitisation of product-centric companies | General | Servitisation maturity model for companies | 5 |
| Cataldo et al. (2020) | Towards an integrated maturity model of system and e-business applications in an emerging economy | General | Integrated maturity model of business systems and e-business applications | 3 |
| Batista et al. (2019) | Knowledge management for food supply chain synergies-a maturity level analysis of sme companies | Food manufacturing | SME knowledge management adoption maturity model | 4 |
| Omotayo et al. (2019) | Systems thinking and cmm for continuous improvement in the construction industry | Construction | Capability maturity model (cmm) for sme construction companies in Nigeria | 5 |
| Pirola, Cimini, and Pinto (2019) | Digital readiness assessment of Italian smes: a case-study research | General | Industry 4.0 digital readiness maturity model for smes | 5 |
| Parra et al. (2019) | A maturity model for the information-driven sme | General | Information-driven decision-making process maturity model for smes | 5 |
| Andriani et al. (2018) | Aligning business process maturity level with smes growth in Indonesian fashion industry | General | Business process maturity model for smes | 5 |
| Isoherranen and Ratnayake (2018) | Performance assessment of microenterprises operating in the Nordic Arctic region | General | Operational excellence maturity model for microenterprises in the Nordic Arctic region | 5 |

Continued on the next page
| Reference | Name | Industry | Focus | Levels |
|-----------|------|----------|-------|--------|
| Igartua, Retegi, and Ganzarain (2018) | IM2, a maturity model for innovation in SMES | General | Innovation maturity model tool for small enterprises | 5 |
| Mamoghli, Cassivi, and Trudel (2018) | Supporting business processes through human and IT factors: A maturity model | General | Maturity model related to IT and human factors which improves companies’ business processes | 3 |
| Prashar (2017) | Energy efficiency maturity (EEM) assessment framework for energy-intensive SMES: Proposal and evaluation | General | EEM framework for energy-intensive SMES | 5 |
| Triandini, Djunaidy, and Siahaan (2017) | A maturity model for e-commerce adoption by small and medium enterprises in Indonesia | General | E-commerce maturity model for Indonesia SMES | 4 |
| Tontini et al. (2016) | Maturity model of procurement and supply management in small and medium-size enterprises: A benchmarking of hospitals and metal-mechanic companies | General | Procurement and supply management maturity model for SMES | 4 |
| Boonsiritomachai, McGrath, and Burgess (2016) | Exploring business intelligence and its depth of maturity in Thai SMES | General | Business intelligence maturity model for SMES | 5 |
| Ganzarain and Errasti (2016) | Three stage maturity model in SMES towards industry 4.0 | General | Industry 4.0 stage process model for companies | 5 |

*Continued on the next page*

**Results**

The results were derived by combining knowledge from the article comparison matrix, the articles’ full texts and the article analyses gathered from Scopus and the Web of Science. According to our findings, the article groupings revealed that the trend of SME business maturity model research has been growing steadily in recent years (table 5).

The articles’ subject areas were compared in Scopus to identify what other subject areas were included in addition to business, management and accounting (table 6). Engineering, computer science and decision science were identified as the other most common sub-
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Table 4

| Reference                        | Name                                                                 | Industry     | Focus                                                                 | Levels |
|----------------------------------|----------------------------------------------------------------------|--------------|----------------------------------------------------------------------|--------|
| Powell, Riezebos, and Strandhagen (2013) | Lean production and ERP systems in small- and medium-sized enterprises: ERP support for pull production | General ERP system capability maturity model for SMES | 5 |
| Savino, Mazza, and Ouzrout (2012) | PLM maturity model: A multi-criteria assessment in southern Italy companies | Electromechanical PLM maturity model based on an AHP multi-criteria method for SMES | 5 |
| Sinha et al. (2011)              | Maturity measurement of knowledge-intensive business processes | General Business process maturity model for SMES | 5 |
| Plomp and Batenburg (2010)       | Measuring chain digitisation maturity: An assessment of Dutch retail branches | Retail Chain digitisation maturity model for Dutch retail sector | 4 |
| Sturkenboom, Van Der Wiele, and Brown (2001) | An action-oriented approach to quality management self-assessment in small and medium-sized enterprises | General Quality management maturity model for SMES | 5 |

Table 5

| Year | Number | Year | Number | Year | Number | Year | Number |
|------|--------|------|--------|------|--------|------|--------|
| 2001 | 1      | 2006 | 0      | 2011 | 1      | 2016 | 3      |
| 2002 | 0      | 2007 | 0      | 2012 | 1      | 2017 | 2      |
| 2003 | 0      | 2008 | 0      | 2013 | 1      | 2018 | 4      |
| 2004 | 0      | 2009 | 0      | 2014 | 0      | 2019 | 4      |
| 2005 | 0      | 2010 | 1      | 2015 | 0      | 2020 | 2      |

Project area foci. Multiple articles emphasized the large role of SMES in the economy (e.g., Batista et al. 2019; Isoherranen and Ratnayake 2018; Andriani et al. 2018). Many articles also agreed that there is a lack of maturity models developed for SMES (Sinha et al. 2011; Igar-
Similarities Identified between the Analyzed Maturity Models

| Grouping criteria | Description |
|-------------------|-------------|
| Digital focus     | Many maturity models had a digital theme. These included E-commerce (Cataldo et al., 2020), business intelligence (Boonsiri, McGrath, and Burgess 2016), industry 4.0 (Ganzarain and Errasti 2016; Pirola, Cimini, and Pinto 2019), ERP (Powell, Riezebos, and Strandhagen 2013), PLM (Savino, Mazza, and Ouzrout 2012) and IT (Mamoghli, Cassivi, and Trudel 2018). |
| CMM focus         | There were two CMM-based models: construction CMM in Omotayo et al. (2019) and ERP CMM in Powell, Riezebos, and Strandhagen (2013). |
| Holistic approach | Many articles considered company aspects holistically in their maturity models (e.g., Isoherranen and Ratnayake 2018; Igar-tua, Retegi, and Ganzarain 2018; Sinha et al. 2011; Sturkenboom, Van Der Wiele, and Brown 2001; Pirola, Cimini, and Pinto 2019). |
| Clear topic focus | Some articles had a distinct topic of focus, including E-commerce (Triandini, Djunaidy, and Siahaan 2017) and energy efficiency (Prashar 2017). |
| Supply chain focus| Multiple articles had a supply chain focus in their maturity models (e.g., Batista et al. 2019; Isoherranen and Ratnayake 2018; Tontini et al. 2016). |

Sixteen articles did not have a specific industry focus, whereas
four articles had a clear industry focus. Moreover, there were no clear industry trends. Most of the articles \((n = 14)\) used five maturity levels in their maturity models (e.g., Adrodegari and Saccani 2020; Omotayo et al. 2019). The remaining articles used either three, four or six maturity levels (e.g., Cataldo et al. 2020; Batista et al. 2019). The focus of the maturity models varied greatly between the articles. However, some other similarities were found between the articles, and they were grouped together (see table 7).

Nine articles incorporated a country or local area focus in their business maturity model, including: South America \((n = 1)\), Africa \((n = 1)\), Europe \((n = 4)\) and Asia \((n = 3)\). Some of these articles emphasised the differences in the SME maturity models between countries. Further, Omotayo et al. (2019) and Cataldo et al. (2020) highlighted the need for SME maturity models in the developing country context. Moreover, some of the articles argued that existing maturity models even in an SME context have been biased towards developed economies and thus cannot be applied in developed countries with good results (e.g., Cataldo et al. 2020; Triandini, Djunaidy, and Siahaan 2017).

**Discussion**

The goal of this article was to present an overview of existing business maturity models for SMEs and to learn more about their foci. This was achieved by conducting a SLR, which led to the identification of 20 articles that created or refined a business maturity model. These articles were then analysed to fulfil the goal of the present work. The analysis revealed that there is a growing trend of business maturity model research in the SME context. Existing SME business model research is diverse, but some similarities can be observed between the models. For example, there are many models that have a digital theme (e.g., Powell, Riezebos, and Strandhagen 2013; Mamoghli, Cassivi, and Trudel 2018). These findings are also consistent with the findings of Van Looy, Poels, and Snoeck (2017), who reported that maturity models typically focus on project management, knowledge management, business-IT alignment, or specific process types, such as software processes.

According to our findings, limited resources, small workforces, inadequate workforce experience and topic complexity are the most common SME challenges that are addressed in SME business maturity research. Many articles described a lack of SME-focused maturity models and emphasized the SME focus in their models (e.g., Sinha et al. 2011; Igartua, Retegi, and Ganzarain 2018). Some of the articles
highlighted the need to design more SME business maturity models specifically in the developing economy context (Omotayo et al. 2019; Cataldo et al. 2020). These findings open up many research opportunities for future studies. The results strongly suggest that there is still a need for SME-focused business maturity models. Future research could also expand into other types of maturity models to identify if there are similar trends in the bigger research context. Further exploration should be done to identify SME business maturity model differences between developing and developed countries to improve future models.

Based on the findings, the overarching concern is that there is a lack of micro-enterprise-focused maturity models. Despite the fact that micro-companies are the dominant sub-group of SME enterprises in the economy (Saarela et al. 2018), only five articles mentioned micro-enterprises (Andriani et al. 2018; Prashar 2017; Igartua, Retegi, and Ganzarain 2018; Tontini et al. 2016; Isoherranen and Ratnayake 2018), and only two articles considered micro-enterprises as a sub-group of SMEs in their business maturity models (Isoherranen and Ratnayake 2018; Igartua, Retegi, and Ganzarain 2018).

According to the authors, the SLR was designed and implemented successfully, but the need for improvement was also identified. Basic SLR practices were fulfilled; the SLR was based on a clear research question, the quality of the literature was reviewed, and the SLR process was systematically conducted step-by-step. Clear inclusion-exclusion criteria were defined and followed in advance to minimize selection bias. Additionally, a matrix form was used to gather data systematically from the articles and was reviewed by multiple authors to minimize data bias. However, when the findings from the article group were identified, the full texts of the articles were still used to confirm some findings. Ideally, only the data in the matrix-form should have been used to minimize data bias.

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