Stationary solution of a weak-driven open Jaynes-Cummings system of a degenerate two-level atom coupled to an arbitrary-polarized cavity field

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(Dated: October 8, 2009)

Analytical solution for the stationary density matrix is derived, by using the Morris-Shore transformation, for an open Jaynes-Cummings system of a two-level atom with Zeeman sublevel degeneracy coupled to an arbitrary-polarized cavity mode. In the limit of weak excitation with the number of quantum in the system not exceeding one, we have obtained the stationary solution of the master equation up to the first order of the driving field intensity. We have also derived the analytic expressions for the excitation spectra of atomic spontaneous emission and cavity transmission. Our results show that the system can be regarded as a non-degenerate two-level system with a single effective coupling constant which depends only on the elliptic angle of the driving field as long as the atom-cavity coupling is not too strong. A precise condition for this approximation is derived. This work provides a theoretical ground for experimentally realizing a Jaynes-Cummings system with a coupling constant continuously varied for various cavity quantum electrodynamics studies.

PACS numbers: 42.50.Pq, 37.30.+i, 32.80.Xx

I. INTRODUCTION

In cavity quantum electrodynamics (QED), the Jaynes-Cummings model (JCM) [1] is one of the key elements, describing the interaction between a two-state atom and a radiation mode of a cavity. It is not too much to say that the cavity QED has been developed within the theoretical framework of the JCM. In studying the JCM, one is often faced with the difficulty in dealing with multi-state atoms in actual problems [2]; the JCM itself is for a two-state single atom coupled to radiation modes. Researchers have proposed extended models for specific types of multi-energy-level structure such as three-level atoms [3, 4], ladder-type four-level atoms [5], two-level atoms with Zeeman degeneracy [6, 7], etc.

Among those multi-state atoms, a two-level atom with Zeeman sublevel degeneracy, or the so-called a degenerate two-level system, is of particular interest owing to its possible application to quantum state engineering [8, 9] and quantum information processing [10, 11]. Unfortunately, finding an analytic closed-form description of the interaction of the degenerate two-level system with a resonant cavity field is a very complicated matter because of the coherence between the Zeeman sublevels. That is why this system has usually been studied by numerical methods except for some limited cases with specific polarization [8, 11] or specific angular momentum [7].

Nonetheless, as speculated in the review article of Ref. [2], it might be possible to find a stationary solution for the interaction of a multi-level atom with an arbitrarily-polarized cavity field in an invariant and analytic form with the aid of a unitary transformation introduced by Morris and Shore [12]. For the case of a degenerate two-level atom interacting with an arbitrarily polarized light field in a free space, the problem in the semi-classical limit, where the atom is quantum mechanical but the field is regarded classical, comes down to finding a steady-state solution for the generalized optical Bloch equation (GOBE) [13]. Researchers paid a particular attention to this problem in order to describe polarization gradient cooling [14] and coherent population trapping with elliptical dark states [15], and a full theoretical analysis was made based on the Morris-Shore transformation [12].

In this paper, we have extended the previous works based on GOBE to an open JCM in a full-quantized manner. We consider the Zeeman sublevels degenerate in the absence of external magnetic fields. The cavity is weakly driven by an arbitrary-polarized field while the cavity mode is strongly coupled to the $F \leftrightarrow F + 1$ closed transition of atomic hyperfine structure. We have found an analytic expression for the stationary density matrix by solving the master equation for the dominant order of the driving field intensity. We have also derived the analytic expressions for the excitation spectra of atomic spontaneous emission and cavity transmission, respectively.

Our results show that the system can be regarded as a non-degenerate two-level system, unless the atom-cavity coupling is not too strong, with a single effective coupling constant which depends only on the elliptic angle of the driving field. We present a precise condition for this approximation to be valid. By using our results one should be able to realize a JCM with a coupling constant continuously varied for various cavity-QED experiments.

This paper is organized as follows. We formulate our system of interest with the master equation in Sec. IV and then present a stationary-state solution by introducing natural basis in Sec. V. The excitation spectra of the cavity transmission and the atomic spontaneous emission and the resulting non-degenerate two-level system are discussed in Sec. VI followed by a conclusion in Sec. VII.

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component vanishes, and thus the polarization vector is 

\textit{this coordinate frame are shown in the right part of Fig.}

\textit{Degenerate two-level atom interacting with a common cav-

ity field. (c) Collective dressed-state representation with the

number of quantum limited up to one.}

\begin{figure}[h]
\centering
\includegraphics[width=0.8\textwidth]{figure1.png}
\caption{(a) Left: conventional coordinate frame for elliptic po-

larization. Right: natural coordinate frame. Polarization vec-
tor is a superposition of circular and linear polarization. (b)

Degenerate two-level atom interacting with a common cav-

ity field. (c) Collective dressed-state representation with the
\end{figure}

\section{Theoretical Model}

Arbitrary polarization in three dimensions can be expressed as

\[ \hat{\mathbf{e}} = \sum_{q=-1}^{+1} e_q \mathbf{e}_q \]  

where \(\mathbf{e}_q\)'s are unit vectors. Note that in Cartesian co-

ordinates, these unit vectors are chosen as \(\mathbf{e}_0 = \mathbf{e}_z\),

\(\mathbf{e}_\pm = \mp (\mathbf{e}_x \pm i \mathbf{e}_y) / \sqrt{2}\). It is always possible to remove

one component of the polarization vector through an appro-

priate choice of \(e_z\) axis. For example, if we choose

\(e_z\) axis to be perpendicular to the plane of polarization,

the \(e_z\) component vanishes, and the polarization becomes

eigilindrical in general as shown in the left part of Fig. 1(a).

Throughout this paper, we choose a \textit{natural} coordinate frame as introduced in Ref. [15]. The unit vectors \(\mathbf{e}_q\)' of

this coordinate frame are shown in the right part of Fig.

1(a). In the natural coordinate frame, one of the circular

component vanishes, and thus the polarization vector is a

superposition of a circular and a linear polarization

component:

\[ \hat{\mathbf{e}} = \hat{\mathbf{e}}_0 \sqrt{\cos \epsilon} - \hat{\mathbf{e}}_{+1} \sqrt{2} \sin \epsilon, \]  

where \(\epsilon\) is the elliptic angle defined by Fig. 1(a), satisfying

\(-\pi/4 \leq \epsilon \leq +\pi/4\). In this frame, linear polarization

can also be described naturally (\(\epsilon = 0\)), and moreover,

the analytic expressions of the matrix elements for the

stationary density matrix become greatly simplified as to

be shown below.

Our system of interest is shown in Fig. 1(b). A degener-

te two-level atom is coupled to a cavity with a repre-

sentative coupling constant \(g_0\) while the cavity is weakly
driven by a classical field of arbitrary polarization \(\hat{\mathbf{e}}\) and

an amplitude \(\mathcal{E}\). The decay rates of the cavity and the
atom are denoted by \(\kappa\) and \(\gamma\) (both half widths), respec-
tively. We assume that the frequency of the driving field

(\(\omega_L\)) and that of the cavity (\(\omega_C\)) are both near reso-
tant to the atomic transition (\(\omega_A\)), \((F_g = F) \leftrightarrow (F_e = F + 1)\).

The coupling constant \(2g_0\) is the vacuum Rabi frequency

for the cycling transition, \((m_F = F) \leftrightarrow (m_F = F + 1)\).

Under the rotating wave approximation, the Hamilton-

ian for this system can be described by a multi-level expansion

of the Jaynes-Cummings Hamiltonian [6]. In the rotating

frame of \(\omega_L\) (\textit{i.e.}, in the interaction picture), the Hamiltonian is written as

\[ H/\hbar = \Delta_C a^\dagger a + \Delta_A \sum_{q=-1}^{+1} D^J_q D^q \]

\[ + g_0 (V a^\dagger + a V^\dagger) + \mathcal{E} (a + a^\dagger), \]  

where \(\Delta_{A,C} = (\omega_{A,C} - \omega_L)\) are the detunings of the atom

and the cavity with respect to the driving field, respect-
ively. The classical-driving-field amplitude \(\mathcal{E}\) is scaled in such a way that \(\mathcal{E}/\kappa\) represents a dimensionless in-
jected photon flux. Operator \(D_q\) is defined as an atomic

lowering operator for \(\hat{\mathbf{e}}_q\) polarization

\[ D_q = \sum_{m_F} C_{F,q,m_F}^J |g, m_F\rangle \langle e, m_F|, \]  

with the Clebsch-Gordan coefficients

\[ C_{JmJm'}^{JM} = (-1)^{j'^3 + M} \sqrt{2J + 1} \left( \begin{array}{ccc} j & j' & J \\ m & m' & -M \end{array} \right). \]  

Note that \(D_q\) satisfies the relation \(\sum_q D^J_q D^q = \sum_{m_F} |e, m_F\rangle \langle e, m_F|\), which implies the conservation

of the total population for a closed transition. Operator \(V\) is an atomic lowering operator for \(\hat{\mathbf{e}}_q\) polarization and can

be written as

\[ V = (\sum_{q=-1}^{+1} D_q \hat{\mathbf{e}}_q) \cdot \hat{\mathbf{e}} \]  

Since \(m_F = -F, -F + 1, \ldots, F\), and \(m_F' = -F - 1, -F, \ldots, F + 1\), both operators \(D_q\) and \(V\) can be repre-

sented by \((2F+1) \times (2F+3)\) matrices. The time evolution

of the system is then described by the master equation,

\[ \dot{\rho} = \mathcal{L}[\rho] = \frac{1}{i\hbar} [H, \rho] + \kappa (2 a \rho a^\dagger - a^\dagger a \rho - \rho a^\dagger a) \]

\[ + \gamma \sum_{q=-1}^{+1} (2D_q \rho D^J_q - D^J_q D_q \rho - \rho D^J_q D_q), \]  

and the stationary density matrix is obtained by solving

\(\mathcal{L}[\rho_{ss}] = 0\).
III. WEAK EXCITATION LIMIT IN COLLECTIVE DRESSED-STATE BASIS

In general, an analytic expression for the stationary solution of Eq. (7) cannot be obtained because the field operators $a$ and $a^\dagger$ have an infinite number of bases. However, in the weak excitation limit, one can expect that the infinite number of field bases can be truncated to a finite number of low-quantum bases and that the steady-state solution can be expressed approximately in terms of a few low orders of driving-field amplitude $E$. Under this assumption, the system can be described by the interaction between two manifolds of $(2F + 1)$ collective dressed states $|a\rangle_{\text{col}}$ and $(2F + 3)$ collective dressed states $|b\rangle_{\text{col}}$ with the number of quantum for both to be one. These manifolds are connected to a manifold of $(2F + 1)$ collective ground dressed states $|0\rangle_{\text{col}}$ with no quantum through two decay channels as shown in Fig. 1 (c). These collective state vectors are defined as

$$\begin{align*}
|0\rangle_{\text{col}} &= \sum_{m_F} \sum_{e_\text{atom}} |g, m_F\rangle_{\text{atom}} \otimes |0\rangle_{\text{field}} \\
|a\rangle_{\text{col}} &= \sum_{m_F} \sum_{e_\text{atom}} |g, m_F\rangle_{\text{atom}} \otimes |1\rangle_{\text{field}} \\
|b\rangle_{\text{col}} &= \sum_{m_F} \sum_{e_\text{atom}} |g, m_F\rangle_{\text{atom}} \otimes |0\rangle_{\text{field}},
\end{align*}$$

where $\xi_{(a,b)}$ are complex amplitudes. There are as many as $(2F + 1)$ independent sets of $\xi_{(a,b)}$. In the absence of the driving field ($E = 0$), only $\xi_0$ can have non-zero values in the steady state. Therefore, we expect that the dominant terms of $\xi_0$ are at least of the first order of $E$ while $\xi_0$ are of the zeroth order of $E$.

With these bases the Hamiltonian and the density matrix can respectively be expressed by a $(6F + 5) \times (6F + 5)$ matrix, which can be divided into 9 sub-matrices, as

$$H = \hbar \begin{bmatrix}
\Delta_A I_{2F+3} & g_0 V \dagger & 0 \\
g_0 V & \Delta_C I_{2F+1} & E I_{2F+1} \\
0 & \dagger & 0
\end{bmatrix},$$

where $I_n$ denotes an $n \times n$ unit matrix and $\rho_{ij} = |i\rangle_{\text{col}} \langle j|_{\text{col}}$ for $\{i, j\} = \{0, a, b\}$. By substituting Eqs. (9) and (10) into Eq. (7), we obtain a set of first-order differential equations

$$\dot{\rho}_{bb} = -2\gamma \rho_{bb} - i g_0 (V \rho_{ab} - \rho_{ba} V)$$

$$\dot{\rho}_{aa} = -2\kappa \rho_{aa} - i g_0 (V \rho_{ba} - \rho_{ab} V) - i \mathcal{E} (\rho_{aa} - \rho_{ba} V)$$

$$\dot{\rho}_{ab} = 2\kappa \rho_{aa} + 2\gamma \sum_q D_q \rho_{bb} D_q^\dagger + i \mathcal{E} (\rho_{aa} - \rho_{ba} V)$$

$$\dot{\rho}_{00} = \dot{\rho}_{00}^\dagger = i (E_A^* - E_C) \rho_{ab} - i g_0 (V \rho_{bb} - \rho_{ab} V) - i \mathcal{E} \rho_{0b}$$

$$\dot{\rho}_{aa} = (\dot{\rho}_{aa})^\dagger = i E_A \rho_{0a} + i g_0 \rho_{0b} V + i \mathcal{E} (\rho_{00} - \rho_{aa})$$

$$\dot{\rho}_{bb} = (\dot{\rho}_{bb})^\dagger = i E_C \rho_{0a} + i g_0 \rho_{0b} V^\dagger + i \mathcal{E} (\rho_{00} - \rho_{aa})$$

where $E_A = \Delta_A - i \gamma$ and $E_C = \Delta_C - i \kappa$ are the complex energies of the atom and the cavity, respectively.

To solve for a stationary solution, we should find 9 sub-matrices which make the time derivatives in the left-hand side of Eqs. (11) and (12) vanish, under the normalization condition $\text{Tr}[\rho] = 1$. By rearranging terms and removing the higher order terms of $\mathcal{E}$ than the second order, we obtain

$$\dot{\rho}_{ab} = (\rho_{ab})^\dagger = \frac{i}{s} \rho_{0a} (V \rho_{bb} - \rho_{ba} V) + \frac{i}{s} \rho_0 E^2 \rho_{00} V X^{-1} + O(\mathcal{E}^4),$$

$$\dot{\rho}_{0b} = (\rho_{0b})^\dagger = \frac{i}{s} \rho_0 E \rho_{0b} V X^{-1} + O(\mathcal{E}^3),$$

$$\dot{\rho}_{0a} = (\rho_{0a})^\dagger = -E_A^* \mathcal{E} \rho_{00} V Y^{-1} + O(\mathcal{E}^3),$$

where $s = i/(E_A - E_C^*)$. $X$ and $Y$ are the square matrices defined as

$$X = E_A^* E_C^* I_{2F+3} - g_0 V V^\dagger,$$

$$Y = E_A^* E_C^* I_{2F+1} - g_0 V V^\dagger.$$

One can easily prove $X$ and $Y$ satisfy the following identities:

$$X V^\dagger = V^\dagger Y, \quad V X = Y V.$$

By substituting Eqs. (13) and (14) into Eq. (11), we then obtain

$$-2\gamma \rho_{bb} - \left[ s^* g_0^2 V^\dagger (\rho_{aa} - \mathcal{E}^2 \rho_{00} V^{-1}) V - s^* g_0^2 V^\dagger V \rho_{bb} + \text{h.c.} \right] = 0,$$

$$-2\kappa \rho_{aa} + \left[ s^* g_0^2 (\rho_{aa} - \mathcal{E}^2 \rho_{00} V^{-1}) V^\dagger V - s^* g_0^2 V \rho_{bb} V^\dagger + i E_A^* \mathcal{E}^2 \rho_{00} V Y^{-1} + \text{h.c.} \right] = 0,$$

$$2\kappa \rho_{aa} + 2\gamma \sum_q D_q \rho_{bb} D_q^\dagger - \left[ i E_A^* \mathcal{E}^2 \rho_{00} V^{-1} + \text{h.c.} \right] = 0,$$

where ‘h.c.’ denotes the Hermitian conjugate. The Eq. (15) is still too complicated to solve. It is noted, however, that except for the second term of Eq. (15c), all terms are connected only by the dipole transition matrices $V$ and $V^\dagger$. Therefore, one may expect that Eq. (15) can be greatly simplified if the density matrices can be simultaneously diagonalized with both $V$ and $V^\dagger$. Note that both $V$ and $V^\dagger$ are not square matrices. The meaning of diagonalizing these non-square matrices is to make only the diagonal components of these matrices have non-zero values as specified in Eq. (17) below [12].
In the conventional Zeeman basis, all degenerate sublevels are linked together by dipole transitions [see Fig. 2(a)]. In the natural basis, however, one ground-state sublevel \(|(a)i\rangle\) is coupled to only one excited-state sublevel \(|(b)j\rangle\) with a transition strength \(\lambda_j\) [see Fig. 2(b)], like a transition by linear polarization in the Zeeman basis. Indeed, for linear or circular polarization, the Zeeman basis coincides with the natural basis.

It is shown in Ref. [21] that we can uniquely determine two Hermitian matrices \(A\) and \(B\) which satisfy

\[
AV = VB, \quad A = \sum_q D_q B D_q^\dagger \quad \text{(18)}
\]

\[
[A, \ VV^\dagger] = [B, \ VV^\dagger] = 0. \quad \text{(19)}
\]

The stationary-state solution of the density matrix can then be expressed with these matrices. From Eqs. (17)-(19) we can show that these two matrices are also diagonal in the natural basis with the same set of non-zero eigenvalues just like \(V\) and \(V^\dagger\). Therefore, in the natural basis these matrices are expressed as

\[
B = \sum_{j=1}^{2F+3} \nu_j |(b)j\rangle \langle (b)j|, \quad A = \sum_{i=1}^{2F+1} \nu_i |(a)\rangle \langle (a)|, \quad \text{(20)}
\]

where \(\nu_i\)'s are eigenvalues of \(A\) for \(i = 1, 2, \ldots, 2F + 1\) and \(\nu_{2F+2} = \nu_{2F+3} = 0\).

From Eqs. (21a), (41) and (6), it can be seen that matrices \(V\) and \(V^\dagger\) and thus \(A\) and \(B\) depend only on the polarization (elliptic angle \(\epsilon\) and the atomic level structure (angular momentum \(F\)). They do not depend on other parameters such as detunings, intensity, coupling constant, etc. Moreover, although we are dealing with \(F \leftrightarrow F + 1\) transition, the matrices \(A\) and \(B\) can be found for arbitrary transitions. The details of finding these two matrices are well documented in Ref. [21] and references therein, and therefore, in this paper we only give the explicit expressions for matrix elements of \(A\) and \(B\) in Appendix A.

Substituting Eqs. (18) and (19) into Eq. (16) and after some straightforward algebra with an assumption that \(\rho_{bb}\) is proportional to \(B\), we finally obtain the diagonal elements of the density matrix in closed forms as

\[
\rho_{bb} = \eta \mathcal{E}^2 g_0^2 B + O(\mathcal{E}^4) \quad \text{(21a)}
\]

\[
\rho_{aa} = \eta \mathcal{E}^2 |E_A|^2 (VV^\dagger)^{-1} A + O(\mathcal{E}^4) \quad \text{(21b)}
\]

\[
\rho_{00} = \eta (YY^\dagger)(VV^\dagger)^{-1} A + O(\mathcal{E}^2), \quad \text{(21c)}
\]

where \(\eta\) is a normalization constant. The results show that \(\rho_{bb}\) is indeed proportional to \(B\), which is self-consistent with the above assumption, and that all the sub-density matrices \(\rho_{ij}\) are diagonal in the natural basis. Furthermore, it is possible to prove that this solution is unique in the same way as described in Ref. [16].

As mentioned previously, the dominant order of \(\mathcal{E}\) is \(\mathcal{E}^0\) for \(\rho_{00}\), and \(\mathcal{E}^2\) for \(\rho_{bb}\) and \(\rho_{aa}\). The normalization
constant \( \eta \), determined by the condition \( \text{Tr}[\rho] = 1 \), is given by

\[
\eta = \frac{1}{|E_A E_C|^2 \alpha_0 - 2 \text{Re}[E_A E_C] \alpha_1 g_0^2 + \alpha_2 g_0^4} + O(\mathcal{E}^2),
\]

with coefficients

\[
\begin{align*}
\alpha_0 &= \text{Tr}[(V V^\dagger)^{-1} A], \quad \alpha_2 = \text{Tr}[V V^\dagger A], \\
\alpha_1 &= \text{Tr}[A] = \text{Tr}[\mathcal{B}],
\end{align*}
\]

The analytic expressions for these coefficients are given in Appendix B.

V. EXCITATION SPECTRA AND EQUIVALENCE TO A NON-DEGENERATE TWO-LEVEL SYSTEM

In the previous section, we have derived the analytic expression for the stationary density matrix for the system of a degenerate two-level atom coupled to an elliptical-polarized quantized cavity field. We can now obtain the information on the emission from the system from this stationary density matrix. There exist two output channels in our system as shown in Fig. 1. The cavity transmission \( (T_{\text{cav}}) \) is characterized by \( \kappa \) while the atomic spontaneous emission \( (T_{\text{sp}}) \) is characterized by \( \gamma \). These two types of emission can be described by using the results from Eqs. (21) and (23) as

\[
T_{\text{cav}} = \text{Tr}[a^\dagger a \rho] = \text{Tr}[\rho_{aa}] = \mathcal{E}^2 |E_A|^2 = \frac{|E_A E_C|^2 - 2 \text{Re}[E_A E_C] (\alpha_1/\alpha_0) g_0^2 + (\alpha_2/\alpha_0) g_0^4}{|E_A E_C|^2 - 2 \text{Re}[E_A E_C] (\alpha_1/\alpha_0) g_0^2 + (\alpha_2/\alpha_0) g_0^4} + O(\mathcal{E}^4),
\]

\[
T_{\text{sp}} = \text{Tr}[\sum_q D_q^\dagger D_q \rho] = \text{Tr}[\rho_{bb}] = \frac{\mathcal{E}^2 (\alpha_1/\alpha_0) g_0^2}{|E_A E_C|^2 - 2 \text{Re}[E_A E_C] (\alpha_1/\alpha_0) g_0^2 + (\alpha_2/\alpha_0) g_0^4} + O(\mathcal{E}^4).
\]

They are the expressions for the excitation spectra for the cavity and the atomic emission channels, respectively, \( i.e. \), each describes the normalized emitted power from the corresponding output channel as a function of the driving laser frequency.

When the field is circularly polarized \( (\epsilon = \pm \pi/4) \), the two spectra coincide with those of the non-degenerate two-level case [19, 20], by using Eq. (B16).

\[
T_{\text{cav}}(\epsilon = \pm \pi/4) = \mathcal{E}^2 |E_A E_C - g_0^2|^2 + O(\mathcal{E}^4),
\]

\[
T_{\text{sp}}(\epsilon = \pm \pi/4) = \mathcal{E}^2 |g_0/E_A E_C - g_0|^2 + O(\mathcal{E}^4).
\]

Moreover, the structures of Eqs. (21) and (23) look similar to those of the non-degenerate two-level case. By letting

\[
g' = \frac{\sqrt{\alpha_1}}{\sqrt{\alpha_0} g_0},
\]

the denominators of Eqs. (21) and (23) can be written as

\[
|E_A E_C - g'^2|^2 = \left( \Delta_C \Delta_A - g'^2 \right)^2 + (\Delta_A \kappa)^2 + (\Delta_C \gamma)^2 + \left( \kappa^2 + g'^2 \right)^2.
\]

The lower bound of the above expression is

\[
|E_A E_C - g'^2|^2 \geq 4g'^2 \kappa \gamma, \quad \text{if} \quad \kappa \gamma \leq g'^2,
\]

\[
|E_A E_C - g'^2|^2 \geq (g'^2 + \kappa \gamma)^2, \quad \text{if} \quad \kappa \gamma \geq g'^2.
\]

Both are combined to a single condition regardless of the value of \( \kappa \gamma / g'^2 \) as

\[
|E_A E_C - g'^2|^2 \geq 4g'^2 \kappa \gamma
\]

from which we can deduce that the condition for neglecting the last term of Eq. (29) is

\[
4\kappa \gamma / g_0^2 \gg \delta(\epsilon).
\]

Here we use the inequality \( g_0 \geq g' \) from Eq. (B16).

VI. DISCUSSION

A. Accuracy of Two-Level Approximation

In Table I we present the maximum value of \( \delta(\epsilon) \) for various \( F \) with relevant atomic species. The variation of \( \delta(\epsilon) \) as a function of \( \epsilon \) is shown in Fig. 3(a) for some \( F \) values. For circular polarization, \( \delta(\epsilon) \) becomes zero, consistent with the fact that the system becomes a non-degenerate two-level system in the steady state due to optical pumping. We also present the effective coupling constant \( g' \) as a function of elliptic angle \( \epsilon \) in Fig. 3(b). As mentioned before, when \( \epsilon = \pm \pi/4 \), \( g' \) coincide with \( g_0 \), and \( g' \) has its minimum value when \( \epsilon = 0 \).

Since \( \delta \) is of order of 0.01, the condition in Eq. (34) can be safely satisfied if \( 4\kappa \gamma / g_0^2 \) is order of 0.1 or larger. This requirement can be met in a weak coupling regime.
other values of the two spectra (red solid line vs. red dotted line). For consequently, we see a noticeable discrepancy between coupling), the condition in Eq. (34) is not satisfied, and \( \delta \) which

\[
\sum_i \nu_i / \lambda_i^2 = \sum_i \nu_i / \lambda_i^2, \quad \sum_i \pi_i = 1, \tag{35}
\]

From Eqs. (16), (20) and (23), we have

\[
\alpha_0 = \sum_i \nu_i / \lambda_i^2, \quad \alpha_1 = \sum_i \nu_i, \quad \alpha_2 = \sum_i \nu_i \lambda_i^2. \tag{36}
\]

Then, the \( g' \) and \( \delta(\epsilon) \) can be rewritten as,

\[
g' = \sqrt{\frac{\alpha_1}{\alpha_0} g_0} = \sqrt{\sum_i \lambda_i^2 \pi_i}, \quad g_0 = \sqrt{\Sigma} g_0, \tag{37}
\]

\[
\delta(\epsilon) = \alpha_0 \alpha_2 / \alpha_1^2 - 1 = \frac{\left( \sum_i \lambda_i^4 \pi_i \right) - \left( \sum_i \lambda_i^2 \pi_i \right)^2}{\left( \sum_i \lambda_i^2 \pi_i \right)^2} = \left( \frac{\Delta \lambda^2}{\lambda^2} \right)^2, \tag{38}
\]

where \( \Sigma \equiv \sum_i \pi_i \) the population-weighted average of \( x \) in the natural basis and \( (\Delta \lambda)^2 \equiv \Sigma \delta x^2 \) the variance of \( x \). Therefore, the effective coupling constant \( g' \) is scaled to \( g_0 \) by the root-mean-square of the transition strength \( \lambda_i \) while the mean is given by the population-weighted average in the natural basis. Likewise, \( \delta(\epsilon) \) is the ratio of the variance to the square of the population-weighted average of transition probability \( \lambda_i^2 \). In the statistics terminology, \( \delta(\epsilon) \) is the same as the square of the coefficient of variation for the transition probability. With this interpretation of \( \delta(\epsilon) \), we can have an alternative understanding why \( \delta(\pm \pi/4) = 0 \) for circular polarization: it is due to the vanishing dispersion \( (\Delta x)^2 \) since only \( x \) is nonzero in this case.

As shown in Figs. (3) a) and (3) b), \( \delta(\epsilon) \) decreases as the angular momentum \( F \) increases while the change of \( g' \) is negligible. This means that the variance of the transition probability decreases as the \( F \) increases whereas the average of it does not change much. This can be understood by considering the case of linear polarization, in

\[
\sum_{i=1}^{\text{relevant atomic species}} \alpha_i \equiv \sum_{i=1}^{\text{relevant atomic species}} \nu_i / \lambda_i^2 = \sum_{i=1}^{\text{relevant atomic species}} \nu_i / \lambda_i^2, \quad \sum_{i=1}^{\text{relevant atomic species}} \pi_i = 1, \tag{35}
\]

TABLE I: The maximum values of \( \delta(\epsilon) \) for various angular momenta \( F \) and corresponding atomic species.

| \( F \) | \( \delta_{\text{max}} \) | relevant atomic species\(^a\) |
|---|---|---|
| 1 | 0.043 | \( ^7\text{Li}, ^{23}\text{Na}, ^{39}\text{K}, ^{41}\text{K}, ^{87}\text{Rb} \) |
| 2 | 0.027 | \( ^8\text{Rb} \) |
| 3 | 0.016 | \( ^{133}\text{Cs} \) |
| 4 | 0.010 |

\(^a\)D\(_2\) line of these atoms have \( F \leftrightarrow (F+1) \) closed transition.
which the dependence on $F$ is pronounced. When $\epsilon = 0$, the transition probability $\lambda_i^2$ becomes,

$$\lambda_i^2 = \frac{(2F + 2 - i)i}{(F + 1)(2F + 1)},$$

with $i = 1, 2, \ldots, 2F + 1$. It has a maximum value $(F + 1)/(2F + 1)$ for $i = F + 1$, which corresponds to $m_F = 0$ in the Zeeman basis. The difference between the maximum value and the second maximum value is $1 - 1/(F + 1)^2$, which converges to unity as $F$ increases. Likewise, the difference between the maximum value of $\pi_i^{(a)}$ and the second maximum value of $\pi_i^{(a)}$ also converges to unity as $F$ increases. Therefore, the variance of the transition probability decreases as $F$ increases.

Fig. 4 shows the plot of $\lambda_i^2$, and $\pi_i^{(a)}$ as $F$ is varied. As $F$ increases, the difference of $\lambda_i^2$ between three most-contributing sublevels ($i = -1, 0, 1$) decreases.

C. Possible Application to Cavity-QED Experiments

We have shown that the steady state properties of a degenerate two-level Jaynes-Cummings system in the weak excitation limit is approximately the same as that of a simple non-degenerate two-level system with an effective coupling constant. This result can be applied to many cavity QED experiments which should consider linear or elliptic polarization. For example, if one employs special cavities such as microspheres [22], microtoroids [23] and photonic crystal microcavities [24], the optical pumping to a cycling transition cannot be fulfilled because circular polarization is not supported there due to the special geometry of supported modes. Therefore, it is necessary to consider the multi-sublevels of atom and coherence among them, making the analysis very complicated. One can still use linear polarization with these cavities and by using our result the original system can be transformed to a system of a non-degenerate two-level atom with a single effective coupling constant.

Another important point to note is that the effective coupling constant can be a new parameter which can be continuously controlled. So far, there has been no way to control the coupling constant continuously in the cavity QED experiments with a single atom. With our result, however, the effective coupling constant can be continuously changed simply by varying the elliptic angle of a probe laser. In particular, with appropriate choice of $g_0$ and $\kappa$, it should be possible to control the effective coupling constants from the weak coupling to the strong coupling regime, and thus one can study the quasi-eigenstates of the atom-cavity composite near the transition point from the weak to strong coupling regime. Such studies are of considerable interest related to an exceptional point [25] and its associated branch point singularity in the parameter space of the system described by a non-Hermitian Hamiltonian [20].

VII. CONCLUSION

We have obtained an analytic solution for the stationary density matrix of an open Jaynes-Cummings system composed of a degenerate two-level atom and an arbitrary-polarized cavity field. The stationary density matrix is obtained up to the first-order of driving-field intensity. We employ a natural basis formed by the eigenstates of the dipole interaction matrices and show that the stationary density matrix is diagonal in the natural basis. We have also calculated the excitation spectra for the cavity transmission and the atomic spontaneous emission, respectively. Unless the atom-cavity coupling is too strong, the precise meaning of which we specify, the excitation spectra are shown to be the same as those of an equivalent non-degenerate two-level system with an effective coupling constant $g'$. We show that the effective coupling constant is a function of elliptic angle and angular momentum only, not depending on the other parameters.

The present work is the first to report a full-quantum mechanical analytic solution for the cavity QED system of an degenerate two-level atom with arbitrary polarization under weak excitation. Our results provide a useful theoretical background for better understanding this versatile system and a design basis for future quantum optics experiments including quantum information processing and quantum state engineering. Furthermore, the fact that the effective coupling constant can be continuously controlled suggests a new venue in the cavity QED experiments such as the study of an exceptional point and its associated singular properties in the atom-cavity composite described by a non-Hermitian Hamiltonian.
ACKNOWLEDGMENTS

This work was supported by NRL and WCU Grants.

APPENDIX A: EXPRESSION FOR MATRIX ELEMENTS OF A AND B

The matrix elements of $A$ and $B$ are determined only by the elliptic angle $\epsilon$ and angular momentum $F$. For $F \leftrightarrow F + 1$ transition, the elements of these matrices can be calculated by using Eq. (B8) of Ref. [21] as

$$A_{ij} = \sum_{k=-F}^{\text{Min}[i,j]} \frac{1}{(i-k)!(j-k)!} \times \sqrt{\frac{(2F+1+i-k)!(2F+1+j-k)!}{(2F+1+i+k)!(2F+1-j+k)!}} \times C_{F+i}^{(2F+1)}(i-k) C_{F+j}^{(2F+1)}(j-k) \left( \frac{\sin \epsilon}{\cos 2\epsilon} \right)^{i+j-2k},$$

(A1)

$$B_{ij} = \sum_{k=-F}^{\text{Min}[i,j]} \frac{1}{(i-k)!(j-k)!} \times \sqrt{\frac{(2F+1+i-k)!(2F+1+j-k)!}{(2F+1+i+k)!(2F+1-j+k)!}} \times C_{F+i}^{(2F+1)}(i-k) C_{F+j}^{(2F+1)}(j-k) \left( \frac{\sin \epsilon}{\cos 2\epsilon} \right)^{i+j-2k}.$$  

(A2)

The dimension of $A$ is $(2F+1) \times (2F+1)$ while $B$ is $(2F+3) \times (2F+3)$.

APPENDIX B: ANALYTIC EXPRESSIONS FOR COEFFICIENTS $\alpha_0$, $\alpha_1$, AND $\alpha_2$

The coefficients $\alpha_0$, $\alpha_1$, and $\alpha_2$ in Eq. (B3) depend on elliptic angle $\epsilon$ and angular momentum $F$ only. For arbitrary polarization $\sigma$, as defined by Eq. (2), and for the transition $F \leftrightarrow F + 1$, these coefficients can be expressed in explicit form by using Eq. (77) of Ref. [21] as

$$\alpha_1 = P_{2F+1} \left( \frac{1}{\cos 2\epsilon} \right)$$

(B2)

$$\alpha_2 = \cos 2\epsilon \sum_{l=2F}^{2F+1} D_l^2 P_l \left( \frac{1}{\cos 2\epsilon} \right),$$

(B3)

where the $P_l(x)$ denotes the Legendre polynomials, and the coefficients $C_l$ and $D_l$ are given by Eq. (77) of Ref. [21] as

$$C_l = (2l+1)!(2F-l)!(2F+l+1)! \left( \frac{2F+1}{(2F+1)(2F+1)} \right)^l,$$

(B4)

$$D_l = \sqrt{(2F+3)(4F+3)} C_{10}^{(2F+10)} \times \left( l \frac{1}{F} F + F + 1 \right),$$

(B5)

where the last factor denotes the $6j$ symbol. From $1/\cos 2\epsilon \geq 1$, we note that $\alpha_0$, $\alpha_1$ and $\alpha_2$ should have positive values. When $\epsilon = \pm \pi/4$, these coefficients diverge to infinity, but the ratios between them converge to unity:

$$\lim_{\epsilon \to \pm \pi/4} \frac{\alpha_1}{\alpha_0} = \lim_{\epsilon \to \pm \pi/4} \frac{\alpha_2}{\alpha_0} = 1.$$  

(B6)

From the recursion relation of Legendre polynomials

$$(2l+1) x P_l(x) = (l+1) P_{l+1}(x) + l P_{l-1}(x),$$

(B7)

the coefficients $\alpha_0$ and $\alpha_2$ in Eqs. (B1)-(B3) become

$$\alpha_0 = \alpha_1 + \frac{2F}{2F+1} P_{2F-1} \left( \frac{1}{\cos 2\epsilon} \right) + \frac{1}{\cos 2\epsilon} \sum_{l=0}^{F-1} C^2_l P_{2l} \left( \frac{1}{\cos 2\epsilon} \right),$$

(B8)

$$\alpha_2 = \alpha_1 - \frac{2F \cos 2\epsilon}{4F+1} P_{2F} \left( \frac{1}{\cos 2\epsilon} \right).$$

(B9)

From the above equations, these coefficients satisfy the following inequality

$$\alpha_0 \geq \alpha_1 \geq \alpha_2,$$

(B10)

and the equality holds for $\epsilon = \pm \pi/4$ as shown in Eq. (B6).

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