**Abstract**

**Background:** Atherosclerosis lesions contain abundant immunoglobulins complexed with oxidized LDL (OxLDL) that are endocytosed by macrophages to form foam cells. While recent evidence supports a role for the macrophage scavenger receptor pathway in 75–90% of OxLDL uptake, in vitro evidence suggests another potential uptake pathway could involve autoantibody binding to IgG subclass-specific Fc receptors.

**Objective and Methods:** To address this mechanism from an in vivo standpoint, the objective of this study was to utilize flow cytometry to prospectively determine monocyte Fcγ (FcR) I, II, and III receptor expression levels in patients with acute coronary syndrome (ACS, n = 48), diabetes mellitus (DM, n = 59), or neither (C, n = 88).

**Results:** Increased FcR I expression was found in the ACS versus DM groups [geometric mean, (95% CI) = 2.26 (2.07, 2.47) versus 1.83 (1.69, 1.98) (p < 0.001)] and versus C [1.90 (1.78, 2.03) (p = 0.005)]. Similar relationships were found with both the FcR II receptor [ACS mean = 4.57 (4.02, 5.19) versus DM 3.61 (3.22, 4.05) (p = 0.021) and versus C 3.86 (3.51, 4.24) (p = 0.09)] and FcR III receptor [ACS mean = 1.55 (1.44, 1.68) versus DM 1.36 (1.27, 1.46) (p = 0.038) and versus C 1.37 (1.30, 1.45) (p = 0.032)]. There was no difference between DM and C groups in FcR I, II or III expression.

**Conclusions:** This in vivo data supports a possible second OxLDL-autoantibody macrophage uptake mechanism through an Fc receptor-mediated pathway and a potential relationship between atherosclerotic plaque macrophage FcR levels and ACS.

**Introduction**

Atherosclerosis is a chronic inflammatory process that results from hyperlipidemia and complex interactions involving other genetic and environmental factors.
OxLDL plays a central role in the atherogenic process through generation of highly immunogenic neoantigens for the immune system [1]. Natural autoantibody titer to a number of these epitopes and extent of immune complex formation may correlate with plaque size and rate of progression, and plaques have been shown to contain OxLDL/autoantibody immune complexes [2-5]. It is clear that both innate and adaptive immunity can modulate lesion progression and composition, and most studies to date have indicated a proatherogenic influence of the immune system on this process [1,4].

Recent evidence supports the macrophage scavenger receptors SR-A and CD36 as a mechanism responsible for up to 90% of uptake of OxLDL that leads to foam cell formation with no other scavenger receptors compensating for their absence in a knockout mouse model [6]. Earlier evidence involving in vitro incubation of both human monocyte-derived macrophages and the monocytic cell line THP-1 with human LDL-rabbit anti-apo B immune complexes demonstrated a potential role for the FcγRI receptor in its uptake [7]. A second in vitro study also suggested a potential Fc receptor role through inhibition of immune complex uptake when Fab or F(ab’)2 fragments were substituted for an intact anti-apo B antibody [8]. Though findings from the latter two studies may have been partly explained by contributions from the scavenger pathway, it is reasonable to speculate the Fc receptor pathway maybe playing a small but important role as well [9-11].

Immune complexes with modified lipoproteins have recently emerged as an important coronary artery and macrovascular disease risk factor in DM [12,13]. Evidence supports an increased content of macrophages in the atherosclerotic lesions of persons with DM that is thought to be due to altered levels of cytokines [12]. Furthermore, while DM itself does not increase levels of LDL, the small dense LDL particles found in type 2 DM are more atheroegenic because they are more easily glycated and are thought to be more susceptible to oxidation [14,15].

In recent work our group has shown FcγRII expression to be increased in the platelets of patients experiencing an acute atherothrombotic event, or who are healthy with two or more atherosclerosis risk factors [16]. Non-acutely ill diabetes patients have significantly elevated expression levels and this may play a role in the increased sensitivity of their platelets to activation by subendothelial collagen [16-19]. We speculate that Fc expression levels and activity on macrophages and platelets may represent another link between the immune system and atherosclerosis progression and plaque disruption.

In view of the controversy regarding the mechanism of cholesterol uptake by monocyte-macrophages in atherosclerosis and diabetes [20,21] and the previous lack of in vivo data to help elucidate any role of the Fc receptors in this process, we have prospectively determined IgG-binding receptor expression levels for each Fcγ receptor subclass on the monocytes of three groups: (1) patients admitted to the hospital with ACS, (2) well patients with no history of heart disease but one or more atherosclerosis risk factors (ARF’s) that included DM, and (3) control patients (with no history of ACS or DM).

Materials and Methods
All 195 patients were randomly chosen for study participation from a larger group who fit study inclusion criteria and gave written informed consent. Forty-eight patients in the study had heart disease (HD) and were within 2 hours of onset of an ACS (myocardial infarction or unstable angina), 59 were DM outpatients (both type 1 and type 2 were included) with no known history of HD, and an additional 88 outpatients without HD or DM were randomly chosen as controls (C). The number and nature of ARF’s was documented for each group (Table 1).

Table 1: Demographic characteristics at enrollment

| Characteristic                        | Group 1 (ACS) | Group 2 (DM) | Group 3 (C) | p-value |
|--------------------------------------|---------------|--------------|-------------|---------|
| Total patients (% with MI Group 1)  | 48 (52)       | 59           | 88          |         |
| Mean age (years)                     | 56            | 55           | 56          | 0.86^2  |
| Male (%)                             | 35 (73)       | 24 (41)      | 55 (63)     | 0.002   |
| Positive family history (%)          | 6 (13)        | 21 (36)      | 21 (24)     | 0.018   |
| Current cigarette smoker (%)         | 16 (33)       | 10 (17)      | 5 (6)       | <0.001  |
| Hypertension (%)                     | 29 (60)       | 29 (49)      | 20 (23)     | <0.001  |
| Abnormal lipid profile present (%)   | 24 (50)       | 12 (21)      | 17 (19)     | <0.001  |
| Diabetes mellitus present (%)        | 15 (31)       | 59 (100)     | 0 (0)       | <0.001  |

1. Based on chi-square test.
2. Based on ANOVA F-test
3. One patient in group 2 had missing data with positive family history

(Abbreviations: ACS: acute coronary syndrome; DM: diabetes mellitus; C: control; MI: myocardial infarction)
Blood was collected in 3.8% trisodium citrate and divided into 50 µl aliquots to which 5 µl of a saturating concentration of anti-FcRI (32.2), anti-FcRII (IV.3), anti-FcRIII (3G8), or a negative class-specific control antibody (MOPC-141, Sigma) was added. Following a 15 minute incubation, 5 µl of FITC-sheep anti-mouse antibody (Sigma) was added and incubated for 15 minutes. The solution was diluted with 1 ml ammonium chloride lysing solution and incubated for 10 minutes or until the solution was clear, and the pellet washed twice before flow cytometry to determine relative receptor expression levels was carried out according to the manufacturer’s specifications (Becton Dickinson). Monocytes were readily identifiable from other blood cells by their forward and side scatter properties along with CD14 expression.

Following establishment of saturating concentrations for each antibody, mean inter and intra-individual coefficients of variation for each of the three Fc receptors were calculated in the antibody labeling assay employing blood samples from five healthy laboratory volunteers who met control patient criteria and FcRI values found to be 3.2 and 9.7%, FcRII 11.7 and 16.1% and FcRIII 4.1 and 26.9% respectively.

The ratios of FcRI, FcRII, FcRIII and MOPC-141 antibody expression were calculated for each patient and the logarithm of the ratios were used to analyze the results. An analysis of variance (ANOVA) was performed to compare the groups of (1) these 3 ratios with the 3 groups of patients, (2) the 3 ratios with the total number of major ARFs, (3) the 3 ratios with each ARF, such as hypertension, diabetes, and smoking, and (4) the 3 ratios with MI and unstable angina in group 1. The overall p-values were based on the ANOVA F-test. If the overall F-test p-value < 0.05, the LSD method (least significant difference) [22] was used for multiple comparison. The geometric means and the associated 95% confidence intervals were calculated to summarize the data. Patient baseline data between groups was analyzed using the chi-square test. To perform statistical analysis, SAS software, version 8.2, was used (SAS Institute, Inc., Cary, NC).

### Results

Significantly increased FcRI expression was found in ACS patients compared with DM patients [geometric mean FcRI expression, (95% CI) = 2.26 (2.07, 2.47) versus 1.83 (1.69, 1.98) (p = 0.001)] and compared with C [1.90 (1.78, 2.03) (p = 0.005)] (Table 2, Figure 1). Similar relationships between the three groups were found to exist employing antibodies specific to the FcRII receptor: ACS geometric mean (CI) = 4.57 (4.02, 5.19) versus DM 3.61 (3.22, 4.05) (p = 0.021) and versus C 3.86 (3.51, 4.24) (p = 0.09) and the FcRIII receptor: ACS geometric mean (CI) = 1.55 (1.44, 1.68) versus DM 1.36 (1.27, 1.46) (p = 0.038) and versus C 1.37 (1.30, 1.45) (p = 0.032). There was no difference between DM and C groups in FcRI, II or III expression (p = 0.73, 0.66, and 0.99 respectively).

| Table 2: Mean monocyte FcR expression in 195 study patients |
|-------------------------------------------------------------|
| FcR I | FcR II | FcR III |
|-------|--------|--------|
| N     | Geometric mean (95% CI) | p-value | Geometric mean (95% CI) | p-value | Geometric mean (95% CI) | p-value |
|-------|-------------------------|---------|-------------------------|---------|-------------------------|---------|
| Unadjusted analysis |
| Groups     | N     | Geometric mean (95% CI) | p-value | Geometric mean (95% CI) | p-value | Geometric mean (95% CI) | p-value |
| Group 1 (ACS) | 48    | 2.26 (2.07, 2.47) | 0.0012 | 4.57 (4.02, 5.19) | 0.0242 | 1.55 (1.44, 1.68) | 0.0212 |
| Group 2 (DM)  | 59    | 1.83 (1.69, 1.98) | 0.0053 | 3.61 (3.22, 4.05) | 0.093  | 1.36 (1.27, 1.46) | 0.0323 |
| Group 3 (C)   | 88    | 1.90 (1.78, 2.03) | 0.733  | 3.86 (3.51, 4.24) | 0.663  | 1.37 (1.30, 1.45) | 0.993  |
| Adjusted analysis |
| Groups     | N     | Geometric mean (95% CI) | p-value | Geometric mean (95% CI) | p-value | Geometric mean (95% CI) | p-value |
| Group 1 (ACS) | 48    | 2.33 (2.14, 2.55) | 0.012  | 4.57 (4.00, 5.22) | 0.062  | 1.58 (1.45, 1.71) | 0.102  |
| Group 2 (DM)  | 59    | 1.95 (1.78, 2.13) | 0.0073 | 3.71 (3.24, 4.24) | 0.050  | 1.41 (1.30, 1.53) | 0.223  |
| Group 3 (C)   | 88    | 2.05 (1.87, 2.25) | 0.563  | 4.11 (3.59, 4.71) | 0.383  | 1.44 (1.32, 1.56) | 0.433  |

1. Adjusted by smoking and hypertension status
2. p-value based on F-test
3. p-value based on Tukey-Kramer test
There were no statistically significant associations with increased expression of any Fc receptor and gender, family history of premature coronary disease, diabetes, or abnormal lipid profiles. Current cigarette smoking significantly increased expression of FcRI, 2.24 (2.01, 2.50), compared to absence of current cigarette smoking, 1.91 (1.82, 2.01) (p = 0.010) (Table 2 adjusted analysis). FcRII was significantly increased among the patients with hypertension, 4.29 (3.88, 4.74) compared to those without hypertension 3.73 (3.44, 4.05) (p = 0.034). There was a slight association between age and FcRI, II or III expression (p = 0.042, 0.050, 0.022 respectively). Expression levels in younger (age < 45) and older (age > 55) groups were higher than the middle age group. No difference was found in FcR expression with respect to ARF number (with the lone exception of increased FcRIII in patients with 2 or more ARFs compared with less than two), or between the ACS subgroups of acute MI and unstable angina. When FcR expression is compared between all diabetes and non-diabetes patients in the 3 groups, there is no difference in monocyte FcR I, II, or III expression.

Discussion
It can be speculated from this in vivo data that phagocytosis of OxLDL-autoantibody immune complexes by plaque-associated macrophage through an Fc-mediated pathway could be a second uptake mechanism in addition to that involving the scavenger receptors. The potential clinical implication behind these findings is that while marrow and blood monocyte scavenger receptors SR-A and CD36 have not demonstrated inter-individual variability in their basal expression levels (prior to initial uptake of OxLDL or differentiation to macrophages) [23,24], the variable expression of Fcγ receptors found in this series of patients maybe playing a role in the extent of OxLDL immune complex uptake by atherosclerosis plaques. The fact we were able to document a relatively increased surface expression of all three receptor classes in patients with ACS, along with increased FcRI in those who smoked and FcRII in those with hypertension, supports this hypothesis. Any precise pathophysiological implication behind these findings, though, or any cause and effect relationship between monocyte Fc expression and ACS is presently uncertain.

No difference was noted in expression of any Fc receptor between the diabetes and control groups. Given that the control group was the largest of the three and that there was a difference noted in the expression levels of all three receptors between the two smaller groups, it can be concluded that increasing the sample size of either of the two groups with similar expression levels could possibly lead to an increase in the difference between them, but this difference is still unlikely to be of any significance compared with that between the ACS group and the other two groups.

There was an interesting trend in both the unadjusted and adjusted analyses (Table 2) in which the control groups had consistently higher monocyte Fc expression levels compared with the diabetes groups. One potential explanation for this would be the hypothesis that those with diabetes may have reduced FcR expression levels (with a possible consequent decreased uptake in oxidized LDL) compared with non-diabetes subjects in response to relatively higher levels of molecular mediators that support atherosclerosis progression and a pro-inflammatory, prothrombotic environment. This may reflect a biological ying-yang type of response that leads to an attempt at dampening the effects of molecular players capable of contributing to atherothrombotic events.

An issue pertinent to this study would be the possible effects of inflammation on monocyte Fc receptor expression levels. In diabetes patients it would be reasonable to speculate a significant number of activated cells in the circulation would be unlikely since in most patients with atherosclerosis the inflammatory reaction is circumscribed to the vessel wall. Overexpression of monocyte Fc receptors may have been a possibility in ACS however. Figure 1 shows the ratio of ACS/control mean FcR expression levels to be very similar between Fc receptor subtypes. The extent of increased expression associated with inflammation-associated monocyte activation has been
shown to be variable between FcR subtypes [25]. In this respect FcR II and III represent the receptors primarily involved in the inflammatory response in vivo. Since all three receptors had uniform increases in expression levels in ACS compared with controls (with the FcR I ratio being the highest of the three), it may be reasonable to attribute a relatively minimal effect of acute inflammation to the ACS data. Circulating monocyte activation may also have returned relatively close to baseline as a consequence of blood being drawn around 2 hours after symptom onset in most cases. The average circulation time of blood monocytes in response to an inflammatory stimulus may fall to as little as 30 minutes [26].

Observational studies of this nature have certain limitations related to their design and patient selection. As an example, selection bias needs to be considered in any study involving a population of volunteers associated with an atherosclerosis prevention trial (Groups 2 and 3). Even though the ethnic composition of the groups was the same, the implication of this selection bias is that the results are not generalizable to the population at large and this is attested to by the demographic characteristics in Table 1.

The overall effect of the humoral immune response on atherogenesis is likely to be complex. Of note, for example, is that the FcγRII receptor has an inhibitory role on B cells that are rarely seen in plaques, while it mediates phagocytosis and release of inflammatory mediators from cells of the myeloid lineage when cross-linked by immune complexes [31,32]. Thus FcR binding by opsonized OxLDL could induce either negative or positive regulation of immune cell responses. Elucidation of the immune mechanisms involved in atherogenesis will continue to evolve and lead to new insights into the molecular pathways associated with disease progression. Ultimately these insights will contribute towards the full explanation behind the clinical diversity of atherosclerosis expression in patients who appear to have equal risk.

Competing Interests
The authors declare that they have no competing interests.

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