Cosmology as a problem in critical phenomena

Lee Smolin†

Center for Gravitational Physics and Geometry, Department of Physics∗
Pennsylvania State University, University Park, Pa16802-6360, USA
and
School of Natural Sciences, Institute for Advanced Study
Princeton, New Jersey, 08540, USA

ABSTRACT

A measure of complexity which is suggested by these applications, but which may also have application to other problems, is described.

† smolin@phys.psu.edu  * permanent address
1 Introduction

Until recently, most attempts to construct theories of physics and cosmology have begun with the point of view that the universe is, in its fundamentals, not very complicated. Unfortunately, it seems that the world often frustrates our desire to understand it simply: $\Omega_1$ must have been very finely tuned originally to be close to one now, but the best evidence is that it is now in fact measurably less than one\[1, 2\]. The neutrinos are very light compared to every other mass scale, but there is evidence that they are not exactly massless\[3\], while the proton and neutron have almost, but not exactly, the same mass. Similarly, the cosmic microwave radiation that gives us a snapshot of conditions when the universe was a thousand times smaller is a black body to incredible precision, and is isotropic to a precision of around a part in $10^5$ \[4\]; while at the present time, surveys of the actual distribution of matter show a world which has structure up to the largest scales that have been accurately mapped\[5\].

The last thirty years have indeed been an incredibly surprising and exciting time in cosmology and theoretical physics. At the risk of oversimplifying, it seems that our attempts to model the universe on both cosmological and microscopic scales are leading to the conclusion that the universe is much more intricately structured than was imagined in the nineteen-sixties. There is always risk in generalizations, but if one looks for them, it might be said that three themes have emerged during this period that characterize the direction in which we seem to be headed in both cosmology and elementary particle theory.

**Complexity** On many different scales, we are discovering that the universe is much more complex than we might have expected based on earlier theoretical ideas. At the largest scales, the distribution of galaxies in space shows structure that was largely unexpected\[3\], whose origins are still not satisfactorily understood. Finally, as I will describe, the galaxies themselves seem to be much more complex than might have been expected.

At the smallest scales, with the discovery of the charmed, bottom and top quarks, and the tau leptons, the number of fundamental particles has just about doubled since 1970. But we still have no understanding of the spectrum of fundamental fermions, nor do we have a theory that explains the eighteen or so parameters in the standard model. The spectra of masses

\footnote{The average density of the universe in units of the amount needed for the characteristic time scale of the cosmic expansion to be infinite.}
and mixing angles shows a complexity that is rather puzzling, with up and down quarks quite light on the hadron scale, while the others are spread over a range of masses up to almost $200 \text{GeV}$. The pattern of mixing angles is also rather complex, and we have to understand funny things like why parity seems to be so well respected by all of the interactions but one, which breaks it maximally, or why $CP$ is broken, but just a bit. Whatever pattern of symmetry breaking is behind all of this, it is unlikely to be simple. The models of grand unification that are now being considered are correspondingly rather more complicated than the original $SU(5)$ theory, that had to be discarded because proton decay, if it takes place, is rarer than that theory naturally predicted. Unification has turned out to be a harder problem than perhaps it seemed in 1975, partly because the properties of the elementary particles and forces are themselves so diverse.

Furthermore, it seems that the world on every scale larger than the nucleus is much more complex, given the actual values of the masses, coupling constants and mixing angles, than would be the case were they to take most other values\cite{7, 8, 9, 10}. For example, the fact that there are many different stable bound states of protons and neutrons seems due to several coincidences in the values of these parameters. It may even be said that the complexity of the world on astronomical scales is to some extent a consequence of the complexity of the spectrum of elementary particles and forces. For most other values of these parameters the chemistry, atomic and nuclear physics and astronomy of the world would be much simpler.

**Hierarchies and approximate scale invariance** In both cosmology and elementary particle physics, the basic units of structure are spread over many orders of magnitude in scale, and notions of approximate scale invariance play an important role. Perhaps the most basic unsolved problem in elementary particle physics is the hierarchy problem, which is to explain why there are such large ratios among the fundamental scales in physics. In the fundamental Planck units, the mass of the proton is $10^{-19}$, the electron is three orders of magnitude smaller, and the cosmological constant is at most $10^{-60}$.

Furthermore, the fact that the astronomical world shows structure on such a wide range of scales is a direct consequence of this hierarchy in fundamental physics. The typical mass of a star is given by

$$M_{\text{Chandra}} = m_{\text{proton}} \left( \frac{m_{\text{Planck}}}{m_{\text{proton}}} \right)^3,$$

(1)
while its lifetime is given by

\[ t_{\text{star}} \approx \alpha \epsilon \frac{m_{\text{proton}}}{m_{\text{electron}}} \left( \frac{M_{\text{Chandra}}}{M} \right)^2 \left( \frac{m_{\text{Planck}}}{m_{\text{proton}}} \right)^3 t_{\text{Planck}} \approx \left( \frac{M_{\text{Chandra}}}{M} \right)^2 10^{10} \text{years} \]

where \( \epsilon \approx .007 \) is the fusion efficiency.

It has also been estimated that the typical mass of a galaxy must be\[8, 9,\]

\[ M_{\text{galactic}} = m_{\text{proton}} \alpha^5 \sqrt{\frac{m_{\text{proton}}}{m_{\text{electron}}} \left( \frac{m_{\text{Planck}}}{m_{\text{proton}}} \right)^3} \]

Thus, the hierarchical structure we see in astronomy, with stars organized into much larger galaxies, which seem in turn to be collected in still larger structures, is actually a consequence of the hierarchy among the scales in fundamental physics.

There is also evidence that approximate scale invariance characterizes the distribution of galaxies in space, at least over a certain range of scales\[43].

In addition, the most successful hypotheses for the initial fluctuations in mass density that ultimately lead to the formation of the galaxies and the large scale structure is that their distribution is scale invariant\[43].

Going back to the small scale structure, because the fundamental length, the Planck length, is so small compared to the scales of strong interaction physics, the ground state of elementary particle physics is characterized by an approximate scale invariance at all scales larger than \( l_{\text{Planck}} \). This has led to important conceptual tools in elementary particle theory, such as the renormalization group and the analogy between a quantum field theory and a statistical mechanical system at a second order critical point.

**Evolution**

The most important way in which twentieth century cosmology differs from the Newtonian and Aristotelian cosmologies is that it is based on the understanding that the universe has evolved dramatically over time. Whatever happens concerning the details of the very early universe and the problems of structure formation, the successes of the big bang model, together with the failure of the steady state theory, leave us with a universe whose present state must be understood to be the result of physical processes which occurred at earlier times, when it was very much different. Thus, cosmology has become an historical science, in which a detailed story of what happened at earlier times has replaced the philosophical and \textit{a priori} speculations that characterized most previous attempts at cosmology.

The notion of evolution has not so far played a correspondingly central role in elementary particle physics. This may, on reflection, seem unnatural,
given the close relationship that is developing between particle physics and cosmology. Certainly, one must wonder what the traditional notion that the laws of physics represent timeless truths means in a universe whose origin we can literally almost see.

In the body of these notes I will elaborate on some implications of these three themes. Before beginning, however, some general comments are in order.

1.1 Why critical phenomena may be important for particle physics and cosmology

Since the 1970's there has been a mutually fruitful interaction between statistical mechanics and elementary particle physics, based largely on the formal analogy between second order phase transitions and the problem of renormalization in quantum field theory. At the root of this, however, is a deep problem for elementary particle physics, for this analogy is based on the fact that there is a fine tuning problem in quantum field theory. The parameters that specify the dynamics must be precisely tuned as a function of the cutoff scale, if there are to be interacting particles on scales much larger than the cutoff. It has helped a great deal to understand that this problem is analogous to the problem of tuning a statistical system to a critical point to describe a second order phase transition, but it does not solve the basic problem of why a fine tuning is needed in quantum field theory.

We may note that as long as renormalization is thought of as a mathematical process in which the cutoff energy scale is taken to infinity, then the fine tuning problem I have been speaking about is formal, as it concerns a technique used to construct the theory, and does not describe any phenomena in nature. But one thing all at least partially successful approaches to quantum gravity agree about is that the Planck scale does function as an effective short distance cutoff\(^2\). For apparently different reasons this is the case both in string theory and in the nonperturbative approaches to diffeomorphism invariant quantum field theories\(^2\). Once there is a physical cutoff the analogy between statistical mechanics and Euclidean quantum field theory becomes perfect and the fine tuning problem becomes a physical problem. It then becomes a problem of physics, and of critical phenomena in particular, to understand why our world has light particles in it.

\(^2\)Of course, many people have hypothesized the existence of such a fundamental scale, what is significant is that it comes out of these two approaches to combining quantum theory and relativity without being put in by hand.
More recently, a second domain of critical phenomena has come to light in statistical physics, in which no fine tuning is necessary\[11, 12\]. These are self-organized critical systems, which are non-equilibrium systems that spontaneously organized themselves in configurations characterized by approximate scale invariance over a wide range of scales, without the need for any precise tuning of parameters. It is then natural to ask whether such mechanisms, or some general mechanism of self-organization, might also play a role in elementary particle physics, to explain the fine tunings, and the existence of large hierarchies, that we now must impose.

Critical phenomena associated with phase transitions have also played a role in early universe cosmology. The two best studied ideas to explain the ultimate origin of the large scale structure, inflation and cosmic strings, involve phase transitions as the universe expands and cools. Both of these can lead to scale invariant distributions of initial fluctuations of the type that seem necessary to explain the current data about the large scale structure. However, in spite of these successes, there are indications that the models which have been studied so far may not in the end account completely for the large scale structure that is seen. The most important reason for this is that, as I mentioned in my opening, the evidence is more and more pointing to an \(\Omega\) less than one. It is then natural to ask whether the more recently studied self-organized critical phenomena might play some role in the early history of the universe, and whether this might provide an alternative framework for understanding structure formation, and the origin of approximate scale invariance, in the large scale structure of the universe.

There have already been several proposals about how the statistical mechanics of self-organized systems may play a role in astrophysics. There are conjectures that the spectra of radiation coming from accretion disks around neutron stars or black holes might arise from self-organized critical systems\[13\]. In addition, there are suggestions that spiral galaxies may be described as stable non-equilibrium systems which are self-organized by the action of certain feedback processes involving star formation. These examples suggest that there may be fruitful scope for applying the physics of non-equilibrium and self-organized systems to problems in astrophysics and cosmology.

But perhaps more generally, I would like to propose that there must be a role for the physics of self-organized systems in cosmology and particle physics, simply because of the fact that it is highly non-trivial that the universe is as organized as it is. If it is the case that for most values of the parameters of particle physics and cosmology, and most choices of initial
conditions, the universe would be much less varied and organized than it is presently, then there must be some reason for this. Given the incomplete success of other hypotheses, it perhaps is not inappropriate to begin to look for new ideas about the choices of parameters and initial conditions according to which the fact that the world is so organized may turn out to be essential rather than accidental.

But, if we seek a scientific explanation for this circumstance, then we have no recourse except in the physics of self-organized systems. The anthropic principle won’t help us, for it assumes what we want to explain, which is that the universe is sufficiently intricately organized and out of equilibrium that life may exist. There is nothing outside the universe, by definition, so any processes that have acted in the past to organize it must be processes of self-organization.

Furthermore, due to the advances in the theory of self-organized systems due to Per Bak and his collaborators, we now know that self-organized systems are often critical systems, with structure spread out in space and time over every available scale. The fact that the distribution of matter in our universe is approximately scale invariant over many orders of magnitude suggests that it may be fruitful to seek to apply some of the ideas and strategies developed in the study of self-organized systems to unsolved problems in cosmology and astrophysics.

These notes are then meant as an introduction to several different problems in astrophysics and cosmology in which critical phenomena might plausibly play an important role. I begin in section 2 with the problem of the organization of spiral galaxies and then in the next two sections describe the open problems in our understanding of the large scale organization of the observed universe. All the facts presented in these three sections will be familiar to astronomers, even if the point of view may be nonstandard\[3\]. The last three then sections concern ways in which critical phenomena or mechanisms of self-organization may play a role in elementary particle theory, quantum gravity and general relativity.

\[3\] I apologize that, as these notes are intended as an introduction to these areas, and not as a comprehensive survey, no attempt has been made to provide a complete set of references.
2 Spiral galaxies as self-organized systems

A good place to start the discussion is with the disks of spiral galaxies, as this is one astrophysical domain in which it is clear that non-equilibrium processes are responsible for the formation and maintenance of structure. For this reason, it is also the one domain of astronomy that has been attacked in a serious way by physicists using the tools of modern statistical physics such as percolation theory and cellular automata. In a series of very interesting papers, Seiden, Schulman and Gerola constructed a theory of spiral structure based on an understanding of star formation as a certain kind of percolation process that spreads through the disk of the galaxy [14, 15].

To introduce the basic ideas of their theory I need first to review some of the basic facts about stars and galaxies.

A spiral galaxy, such as our own, consists of a number of components which are characterized by a surprising variety of structures and processes. The galaxy is surrounded by a spherical halo consisting primarily of old stars, as well as some unknown form of non-luminous matter. This dark matter seems to provide about 80 – 90% of the mass, but does not otherwise participate in the energetics of the galaxy. For the moment we may leave to one side the very interesting question of its composition and origin.

Embedded in this halo is a disk consisting of gas, dust and stars of all ages. It is here that the dynamical processes that distinguish a spiral galaxy take place, and this will be the primary focus of this discussion. In the center of the disk is a bulge, which, like the halo, consists primarily of old stars. In the galaxies we will be concerned with here, the disk is much larger than the bulge.

The disk of a spiral galaxy seems to be a system which exists in a steady state, far from equilibrium, which is maintained by processes which cycle matter and energy among its various components [16, 17, 18, 19, 20, 21]. The evidence is that the rates of these flows are approximately constant, averaged over the whole disk of the galaxy. Not surprisingly, some astronomers have proposed that there are feedback processes that govern the rates of flows of these cycles [16, 21]. To understand them we first must be familiar with the basic components and processes that make it up.

Stars come in a range of masses, from about 1/10 to 100\(M_{\text{sun}}\), where \(M_{\text{sun}} = 2 \times 10^{33} \text{grams}\) is the mass of our sun. It is important to know that the luminosity of a star increases like the cube of its mass, so that the more massive stars dominate the energetics of the galactic disks. However, the lifetime decreases drastically, scaling like \(mass^{-2}\). Because of these two
facts, the stars of different masses play very different roles in the system of a galaxy. One basic fact is that the brighter and more massive stars radiate predominantly in the ultraviolet, so that they appear blue, while the less massive ones radiate primarily in the red.

Our understanding of the processes by which stars are formed is growing very rapidly at the present time [22]. What is clear is that, at least in spiral galaxies like our own, stars form in certain clouds of gas and dust called giant molecular clouds. We will speak about these shortly. A second very important fact is that the stars are created with a distribution of masses which is approximately a power law. This distribution is called the initial mass function, or IMF [23, 24]. Many more lower mass stars are formed originally; there is an empirical power law, due to Salpeter, that the number of stars born with mass between $m$ and $m + dm$ scales like $m^{-\gamma}$ with $\gamma$ a power between 2 and 3. There is evidence for a cut off on the low end, so that stars smaller than about 1/20 of a solar mass are rare. There is also controversial evidence that the powers are different for low mass and high mass stars, which would suggest that they are formed in different processes [25].

Astronomers have looked for evidence that this initial mass function has varied over the lifetime of the galaxy or differs among galaxies; none has so far been found [24].

As a result of this, together with the fact that the more massive stars live for short times, the population of stars is dominated by the low mass stars. But, where they are found, the energetics is dominated by the massive stars.

The lower mass stars have lifetimes comparable to the present life of the universe ($10^{10}$ years). When they burn out they end up quietly as a white dwarf. However, those stars more massive than about $8M_{\text{solar}}$ end as supernovae, by which they expel all but about $1 - 3 M_{\text{solar}}$’s of their mass. The supernovaE also contribute a great deal of energy to the galaxy. These massive stars live for much shorter periods, with the time between formation and supernova typically on the order of $10^7$ years. As this is much less than the rotation time of the galaxy (which is of order $10^8$ years), this means that massive stars are found only in or near regions where star formation is taking place.

The spiral patterns one sees looking at a galactic disk are primarily caused by the very bright, massive stars. As such, these patterns trace the process of star formation. The disks apparently manifest spiral structure for the life of a galaxy, which is at least $10^{10}$ years. This is, at least in some
galaxies, connected to the fact that the star formation rate is constant\textsuperscript{4}.

There are other processes besides supernova by which stars return matter to the interstellar medium of gas and dust out of which they are born. Massive stars evaporate a significant portion of their mass, this is the primary origin of the dust.

The dust and the gas together make up a clumpy medium which collects at the midplane of the disk. As a layer of gas, there is growing evidence that the disk extends far beyond the disk of stars. In the inner region containing the stars, the interstellar medium exists in several distinct phases, with greatly varying temperatures and pressures. To understand the role of the medium we need to describe these different phases\textsuperscript{18, 20}.

Most of the volume of the medium is taking up by a very rarified phase of hot ionized gas, with temperatures of greater than $10^5 K$. These are regions that have been evacuated and ionized by the passage of shock waves from supernovae. Next, going down in temperature, is a phase of warm gas, with temperatures on the order of $10^3$ degrees $K$ and densities on the order of one atom per $cm^3$. The gas is primarily atomic hydrogen.

Embedded in this warm gas are denser clouds, which apparently are continually condensing out of it. These clouds range from $10 - 100$ degree kelvin, with densities that range inversely from one up to $10^4$ atoms per $cm^3$. In the denser and colder clouds there is a lot of dust, which apparently plays a role shielding the cloud from the ultraviolet light that would heat it. Because of this shielding, the gas in the clouds is molecular. Not only is the hydrogen in molecular form, but an array of organic elements are found there, including not only $CO$ and $NH_3$ but alcohols and larger organic molecules. Because of this these are called the giant molecular clouds. They have masses on the order of $10^6$ solar masses, and diameters of a few light years.

The distribution of matter within these giant molecular clouds is very irregular. There are suggestions that they have a filamentary structure; there are also suggestions that the distribution of densities in them is scale invariant up to large scales\textsuperscript{26}.

The giant molecular clouds play a key role in the galaxy because it is in them that the stars form.

\textsuperscript{4}The spirals with constant star formation rate are type Sc, which have the largest ratio of the size of the disk relative to the bulge. In galaxies with much larger bulges the total star formation rate is now less than it was in the past. This suggests that a constant star formation rate is a property associated with the disk.
cess in the giant molecular clouds is that it is rather inefficient\textsuperscript{[22]}. This seems to be true for three reasons. First, a star begins to form when a cold and dense core of a cloud collapses. At some point its center is dense enough to ignite. This fuels a wind, which blows out from the star, or from an accretion disk surrounding it, which blows away the matter around the star, cutting off the accretion of matter onto the star. It is likely that this feedback process is responsible for the fact that the typical mass of a star is in fact just right for nuclear burning.

Second, when massive stars, form in a cloud, they heat it which after sufficient energy has been deposited in the cloud, apparently curtails further star formation\textsuperscript{[5]}. Thus, there is a kind of a feedback effect which limits the efficiency of conversion of the giant molecular clouds to stars. Indeed, the very massive stars radiate in the ultraviolet, which ionizes the gas around them. These hot, ionized regions are found surrounding sites of recent massive star formation.

Third, while the clouds are dense and cold enough to collapse gravitationally, it seems that they are supported against collapse by some combination of turbulence and magnetic fields. This means that the rate of star formation can be greatly accelerated if the cloud is subject to an external perturbation such as a shock wave. Indeed, while low mass stars may spontaneously condense out of the giant molecular clouds, it is widely believed that the formation of massive stars would be much rarer in the absence of these external perturbations.

The main source for these external perturbations is believed to be other recently formed massive stars\textsuperscript{[19]}. Primarily through supernovae, but also possibly through their ultraviolet radiation, very massive stars form shock waves in the interstellar medium. While these may destroy the giant molecular clouds in which they form, the result seems to be the catalysis of massive star formation in nearby giant molecular clouds.

This gives rise to a phenomena which is called self-propagating star formation\textsuperscript{[14]}. As long as there is a continual supply of giant molecular clouds, the formation of massive stars can spread through the disk through a process in which the supernova of a massive star in one cloud catalyzes the formation of new massive stars in nearby clouds. The time scale for this process is the lifetime of a massive star, which is at most $10^7$ years.

There are several independent pieces of evidence that the rate of star formation is

\textsuperscript{5}Evidence, for example, is that massive stars tend to form in clusters, with the most massive in each cluster often formed last.
formation in the disk is governed by feedback processes occurring at several scales. The first is simply the fact that the interstellar medium maintains a configuration consisting of a number of different phases with approximately constant proportions of mass and volume. This is a dynamical stability, as the presence of the different phases means that the medium is out of equilibrium. Moreover, the giant molecular clouds must be condensing out of the warm gas as a steady rate, as they are being continually destroyed through the process of star formation. Further, the evidence shows that the star formation rate in our galaxy, and other similar galaxies is now to a good approximation equal to the average rate over the lifetime of the galaxy, which is about $10^{10}$ years. The time scales for the processes involved are small, compared to this lifetime, $10^5$ years for the collapse to new stars and $10^7$ years for the time between formation and supernova of a massive stars; to maintain this non-equilibrium configuration stably over so many dynamical times there must be feedback processes that control the rates of formation of clouds and stars.

Further a priori evidence for the existence of processes governing these rates is that the rate by which material is converted from the interstellar medium into stars, which is about $3 - 5 \ M_{\odot}$ per year, matches well the rate at which matter is returned from stars to the medium through supernova and stellar winds, which is estimated to be at least $1 - 2 \ M_{\odot}$ per year. To astrophysical accuracy, these numbers could be equal, but even if they are not, they are close enough that some explanation is needed. Related to this is the fact that although star formation has been going on for $10^{10}$ years, it is the case that in the midplane where these processes take place, fully half of the matter is presently in gas and dust.

In thinking about these things it is important to emphasize that the galactic disk seems to be an open system. Old stars evaporate off of the midplane at a constant rate, as their encounters with other stars give them velocities perpendicular to the plane. Further, it may be the case that new gas continually or intermittently enters the system, either by infall onto the disk or by inflow into the star forming regions from the gaseous disk that seems to extend quite a bit out of the visible galaxy.

Another kind of evidence that there ought to be mechanisms that control the rate of star formation in spiral galaxies is that there are galaxies where this apparently does not happen. Little or no star formation is taking place in elliptical galaxies; they contain no dust and what little gas they have is heated to the point where further star formation seems unlikely. At the other end of the scale are the so called star burst galaxies that are forming
stars at rates that are not sustainable for long periods. Many of these are small or dwarf galaxies, which seem to be found in either a star burst mode or in a quiet mode with little star formation. The evidence is then that to achieve the steady, sustainable rates of star formation that are seen in spiral disks requires a system of a certain size.

All of this evidence suggests that there must be mechanisms that explain how a spiral disk achieves a steady rate of star formation. Several hypotheses have been made about such mechanisms. I will describe a few of them.

Parravano has proposed a feedback mechanism that regulates the rate of star formation by controlling the rate of condensation of the giant molecular clouds[21]. The idea is that the mechanism maintains the interstellar medium at the critical temperature at which the giant molecular clouds may exist in equilibrium with the warm ambient gas. This critical temperature depends on the pressure and other factors such as the amount of dust and there is evidence that the interstellar media of a large number of galaxies are near it [21]. A mechanism that would maintain the medium at this critical point works as follows. As the temperature falls below the critical point giant molecular clouds condense, which leads (in combination with other factors) to the formation of new massive stars. The ultraviolet light from these stars heats the medium, raising its temperature above the transition. This cuts off the formation of new clouds, and hence new stars. But after about $10^7$ years this leads to a decrease in the ultraviolet radiation, leading to the cooling of the gas below the critical point, and so on.

What is interesting about this mechanism is that it functions on scales larger than individual clouds, tying the rate of star formation to the rate of cloud condensation. If there is a mechanism to guarantee massive star formation given the existence of giant molecular clouds it can explain why this process may continue at a steady rate as long as the pressure is sufficient for there to be a critical temperature. It is then interesting that the supernovae can both provide a mechanism for star formation given the presence of enough molecular clouds, through the self-propagating star formation, and provide the energy which pressurizes the interstellar medium.

Let us then assume that there is a mechanism such as Paravanno proposes that keeps the medium critical so new molecular clouds are condensing from the ambient gas at a steady rate. There will then be a steady rate of star formation. We then want to ask more detailed questions about the geometry of the star forming regions. This kind of question was addressed by the Seiden-Schulman-Gerola model. In this model the process of self-propagating star formation is described as a percolation process, which is
then modeled by a cellular automata. The model is simple, in some ways very like the game of life, put on a rotating lattice.

The model is constructed by dividing the disk into rings, each of which is divided into a number of cells. The disks rotate differentially, at the same linear speed, in order to match the flat "rotation curves" that are generally observed in disk galaxies. The model evolves in discrete time steps according to simple local rules. Each time step is about $10^7$ years, which is the typical time between the birth of a massive star and its destruction in a supernova. At each step each cell may be on or off, which represent whether star formation is occurring or not. Each cell also has associated with it a quantity of gas, which is distributed among two states, which correspond to the warm ambient gas and the cold clouds. It is assumed that in each time step in which star formation does not occur in a cell, a certain proportion of its gas condenses from warm to cold clouds. But during a step in which star formation occurs, all the gas is heated and returned to the warm state.

The rule of evolution is then stochastic. There is a small spontaneous probability for star formation to occur and an induced probability which is proportional to the number of neighboring cells in which star formation occurred in the last time step multiplied by the amount of cold gas in the cell.

The model has three parameters: The radius of the galaxy, which gives the number of rings, the rotation velocity and the rate at which cold clouds condense from warm gas. The latter gives a "refractory period" over which star formation is unlikely to repeat in the same cell due to there being insufficient cold clouds for stars to form. Over a wide range of parameters, the model seems to show what might be called self-organized critical behavior, in which star formation occurs at a steady rate. In this state, the star forming regions make spiral patterns that continually form and dissolve. Furthermore, given a suitable choice of parameters, these resemble rather well the patterns seen in some spiral galaxies.

It is possible to interpret the model in the following way: the dynamics of the gas is providing a feedback mechanism which is tuning the system close to the critical point of a percolation problem. Indeed, one may simplify the model by eliminating the gas. Then the induced probability for star formation to occur in a region is simply proportional to a parameter times the number of neighbors in which stars are forming. In this case the system is a directed percolation problem in $2 + 1$ dimensions. There is a percolation phase transition and to get spiral patterns that continually form and a constant rate of star formation one must tune that parameter near
the critical point for the transition. What the gas dynamics seems to do is to eliminate the need for adjustment of a parameter by keeping the system in the critical state by a feedback process.

Some astronomers have criticized this model for oversimplifying the real phenomena and also for being unable to describe certain kinds of spiral galaxies. Their criticism is in part correct, but in a way also misses the point. It is true that important phenomena are neglected in this model, for example the gravitational dynamics of the stars and the medium are completely ignored. It seems that in some galaxies this is justified. In these, the spiral patterns are seen only in the distribution of star forming regions, and hence are observed only in the blue light coming from the bright young stars, and not in the red light coming from the old stars. In these the spiral patterns tend to be fluffy or “flocculent”, and it is these kinds of patterns that seem to be well modeled by the Seiden-Schulman-Gerola model.

In the older models favored by some astronomers, the opposite simplification is made. The gravitational interactions among the stars are modeled, and the energetics of star formation and supernova, as well as the processes governing the conversion of material between stars and the interstellar medium are ignored. In these models one sees that density waves can be excited in the distribution of stars in the disk. These can catalyze star formation, because a giant molecular cloud can be perturbed significantly by falling into the deeper gravitational potential of a passing density wave. According to such a model, the spiral patterns should be seen both in the new stars, tracing the star forming regions, and in the old stars, tracing the density wave. Furthermore, in such models the density waves, and hence the spiral patterns can show bilateral symmetry, so one can have strongly symmetric spiral arms, and not just a kind of spiralling fluffy pattern.

Galaxies of this kind, in which the gravitational dynamics seem important, are seen. Clearly these are not going to be modeled by the Seiden-Schulman-Gerola model. However, the density wave models have problems of their own. The density waves must be excited, either by an outside perturbation such as a passing galaxy or by an asymmetric field such as might be generated by the galaxy itself. Such asymmetric structures are seen, they are usually in the form of bars. However, spiral structures are seen in galaxies that are without bars and are also apparently isolated far from other galaxies. In these cases there is a problem as the density waves are damped, and will die out after a few rotations.

Clearly what is needed are models that contain both elements. Although it is not the most elegant possibility, it is hard to avoid the conclusion that
there are some galaxies in which the spiral structure traces density waves and there are other galaxies in which the spiral structure is not traced in the density, and is more a result of self-propagating star formation near a percolation phase transition. This point of view has been advocated by Elmegreen, who, with Thomasson has constructed such a hybrid model [27]. In this model, the gravitational dynamics of the stars and the energetics of star formation and the interaction of stars and clouds are included. This model seems, for appropriate choices of parameters, to be able to describe either kind of spiral structure.

At the same time, while it describes a wider range of phenomena, the Elmegreen-Thomasson model requires that certain parameters that describe the energy balance between the populations of stars and clouds be tuned so that a constant amount of energy is maintained in the system. This tuning of rates to maintain the energy balance is presumably accomplished in nature by the kind of feedback mechanisms that are modeled by the Paravanno hypothesis and the Seiden-Schulman-Gerola model. Thus, while it may be a satisfactory model of spiral structure, the Elmegreen-Thomasson model still does not represent a complete model of the energetics of the disks of spiral galaxies.

But my point here is not to debate whose model is better but to make the point that it may be useful to describe the disks of spiral galaxies as self-organized critical systems. Let me then end this section by summarizing the reasons why it seems reasonable to think of the disks of spiral galaxies as self-organized critical systems.

That they are critical is to be seen from:

- The simultaneous presence of several different phases in the interstellar medium with very different densities, temperatures and compositions, again over very long time scales.
- The evidence of Paravanno that many galaxies are near the transition point for simultaneous existence of warm gas and cold clouds.
- The suggestions that the distribution of densities in the cold molecular clouds is scale invariant.
- The apparent long ranged order in the spiral structure, which, together with the mechanism of self-propagating star formation suggests a percolation system near a critical point.
The evidence that they are self-organized comes first of all from the evident fact that as galaxies are isolated, any critical behavior that is widely seen must be arrived at spontaneously, without the need for tuning of external parameters. Besides this, there is evidence from,

- Constant star formation rates, over time scales very long compared to the dynamical time scale.

- An approximate balance between the rates of flow of matter in each direction between stars and the medium in the disk, despite the possibility of loss of stars by evaporation to the halo and inflow and infall of gas to the disk.

- The success of the hypotheses of Paravanno, Seiden, Schulman and Gerola and others that there are feedback mechanisms which maintain the gas in the disk in a critical state with a constant rate of formation of cold clouds, which matches their rate of destruction.

3 What is the large scale organization of the universe?

Probably the key cosmological problem at present is that of the formation of the galaxies and their large scale organization. The amount of data we have about the history and organization of the universe on scales larger than galaxies is increasing quickly; and the theories have consequently been evolving very rapidly in this domain.

Given the apparent usefulness of conceiving of a galaxy as a self-organized non-equilibrium system, it is natural to ask if new concepts from non-equilibrium statistical physics such as self-organized criticality might be useful for understanding how structures on still larger scales emerged. There are three reasons, a priori for imagining that this might be the case. First, the processes that formed the galaxies and their large scale organization occurred at earlier times when the universe was on average denser and hotter. It is then natural to ask if non-equilibrium processes such as those we see dominating the process of star formation might have played a role in some denser era in the formation of galaxies. To put this another way, we now understand galaxies to be dynamical systems, in which supernova and other energetic processes play a dominant role. It is then natural to ask whether such processes might have played a role in their formulation. Second, there
are senses in which the distribution of galaxies and clouds of gas are approximately scale invariant, which may suggest the study of galaxy formation as an example of a critical system. Third, there is a sense in which all gravitationally bound systems are intrinsically out of thermal equilibrium.

I would like to briefly expand on this last point. While gravitationally bound systems may spend long periods of time in quasi equilibrium configurations, they do not reach true equilibrium states, characterized by maximal entropy. The reason is that they have practically inexhaustible sources of energy, coming from gravitational binding energy of subsystems. A subsystem can always become more deeply gravitationally bound, freeing energy to other parts of the system. A consequence of this is that all large gravitationally bound systems are characterized by a flow of energy at some rate from gravitational energy to heat or kinetic energy. The question is only the rate. When coupled with another source of energy, nuclear energy, gravitationally bound systems such as galaxies can maintain significant flows of energy for cosmological time scales.

It is significant that what characterizes self-organized critical systems is that they are kept out of equilibrium by steady flows of energy through them from a source to a sink. Large gravitationally bound systems do this naturally. It is then interesting to speculate that all large gravitationally bound systems may, to one extent or another, be thought of as self-organized critical systems. This description apparently is suitable in the case of spiral galaxies, it is then interesting to ask if the flows of energy in other systems and on other scales is significant enough to play a role through mechanisms of self-organization.

The evidence we have presently for the large scale organization of the universe comes from many sources. The most important methods have been 1) catalogues of galaxy redshifts; 2) absorption lines in quasarspectra, 3) the cosmic black body radiation, 4) studies of the distribution of hot ionized gas in clusters of galaxies, by measurements of the x-rays they give off and 5) measurements of large scale velocity flows, by careful combinations of distance and redshift measurements. Together these give a detailed picture of the organization of matter in the universe, and the amount of data available is expected to increase dramatically over the next years. A theory of cosmology must account for all of these data by a detailed description of the

---

6There actually is available an equilibrium state for any isolated gravitationally bound system, it is the black hole containing the total mass and angular momentum of the system. Fortunately, the time required for most astrophysical systems to reach this state is much larger than the Hubble time.
history of the universe that begins perhaps $10^{-43}$ after “the big bang” and runs to the present. It is a tall order, and it must be said that the existing hypotheses do not do badly at the present time. But there are issues that suggest that the present picture is incomplete; I sketch here a few of them.

### 3.1 Dark matter and the issue of $\Omega$

Any understanding of the large scale organization of matter in the universe must take into account the evidence that at least eighty percent of it is not visible. The strongest evidence for this comes from the rotation curves of galaxies, which leads to the conclusion that most galaxies are surrounded by large halos of non-luminous matter, with between five to ten times as much mass as is present in visible stars, gas and dust. In units of $\Omega$, where $\Omega = 1$ would be exactly enough matter to close the universe, the visible matter in galaxies is about $\Omega_{\text{observed}} = 0.01$, whereas the total gravitational mass in galaxies is roughly ten times larger.

Other evidence comes from careful studies of clusters of galaxies. Measurements of X-rays from large clouds of ionized hydrogen surrounding the galaxies lead to a conclusion that there is no more than about ten times more gravitating matter than is contained in the observed baryons. This, together with the bounds coming from nucleosynthesis, which is $\Omega_B h^2 = 0.05 \pm 0.01$, leads to the conclusion that that $\Omega = 0.1 - 0.2$.

The question is then whether there might be still additional non-luminous matter, clustered on still larger scales, that could increase $\Omega$, perhaps to unity. While the evidence for a low value of $\Omega$ in the range $0.1 - 0.2$ seems to be increasing, we may note that there are observations of large scale flows of matter that, given certain theoretical assumptions, point to a larger value. A number of other observational issues bear on this question including the value of the Hubble constant, the question of the mass of the neutrino, the age of the oldest stars in globular clusters, and the abundances of rare primordial elements. It seems likely that there will be significant progress on all of these questions, so that we may hope within a decade or two for a sharp resolution of the value of $\Omega$.

There is a strong theoretical reason for a value of $\Omega = 1$, which is that it seems to be required by all natural inflationary scenarios. It is possible to invent inflationary models for which $\Omega < 1$, but these require an additional tunings of a certain parameter. Theorists may disagree on the extent to which this is a cause for worry, as there are already at least two fine tunings that must be done for any inflationary scenario to work, and to yield a
reasonable spectrum of fluctuations, first of the cosmological constant and second of the self-coupling of the “inflaton” field. This is not to say that fine tuning is not a problem, but only that if inflation is to be in the end accepted we must uncover a natural mechanism to accomplish these fine tunings; if such a mechanism is discovered it may as well be able to fine tune the inflationary mechanism so that $\Omega < 1$.

If $\Omega$ does fall in the range $0.1 - 0.2$ favored by most current observations, it may free theory from having to provide an exotic non-baryonic particle for the dark matter. Given the apparent failure of pure hot dark matter models, we know the non-baryonic dark matter cannot be only massive neutrinos; so any theory that demands $\Omega$ to be equal to unity requires that we postulate that the universe is dominated by a kind of matter for which we have no observational evidence.

On the other hand, if $\Omega \neq 1$ then the universe has an intrinsic scale written into its initial conditions, which is greater than its present age. Assuming that the initial conditions are set at some early time by the action of physical processes involving quantum gravity or grand unification, leads then to a puzzle, for we must ask how physical processes involving time scales of $10^{-43}$ seconds could be fine tuned in a way that implicitly involves a time scale of $10^{17}$ seconds.

### 3.2 Quasar absorption lines and the universe at earlier times

A window into the distribution of matter in the universe of increasing importance is the analysis of the absorption lines of quasars. Many quasar, have redshifts in the range of $z = 2 - 5$, and were thus active when the universe was significantly smaller. It turns out that whenever the light from a quasar passed through a sizable enough cloud of gas on its way to us we see absorption lines at the appropriate redshift. Most of these lines are due to the Lyman alpha transition in hydrogen, and some are produced by heavy elements such as carbon and magnesium.

More than 150 quasar spectra have been studied, and each of them contains on the order of 100 lines, so that there are reasonable statistics about the distribution of clouds of gas between them and here.

The basic results seen in these observations are the following:

- There is little or no unionized hydrogen between the clouds. For example, at a redshift of 2.26, the ratio of unionized hydrogen seen to the average matter density is less than $10^{18}$. This most likely
means that the intergalactic medium is ionized, up to at least a red
shift of $z = 5$. The source of the energy to ionized the medium is
unknown; this is itself an important problem. Possible candidates are
the quasars themselves, an early generation of supernovas or massive
stars. There are also exotic possibilities, such as the decay of massive
neutrinos.

- From the Lyman alpha absorption lines one may measure the column
density of neutral hydrogen in each cloud, which is the number of
atoms per square centimeter in the line of sight of the quasar through
it. Remarkably, over a range of at least nine orders of magnitude, from
$10^{13}$ to $10^{21}$ atoms/cm$^2$, the distribution of clouds at a given redshift
satisfy a power law distribution in column density $\sigma$:

$$n(\sigma) \approx \sigma^{-\gamma}$$

with $\gamma = 1.67 \pm .19$.

At the high end, the column densities are comparable with those
through the central region of the disk of a spiral galaxy. It is in-
triguing that these are seen to fit into a single power law with much
more diffuse column densities.

Because we are seeing through a random line of sight through each
cloud, the distribution of column densities may be a combination of
two factors, the distribution of densities within a given cloud and the
distribution of masses of the clouds themselves. One may make a
number of hypotheses about both. However, whatever combination
of these factors determines the power $\gamma$, the fact that there is one
power that ranges from the densities of galaxies down suggests that one
mechanism must be responsible for the formation of the galaxies and
the clouds seen in the absorption lines. This is particularly impressiv
as there are so many orders of magnitude involved.

- One hypothesis that may be explored is that the galaxies are sur-
rounded by large diffuse clouds of gas, that are in approximate hydro-
static equilibrium, and so have densities that fall off like $r^{-2}$ as we go
from the center. There is increasing evidence for such a picture in the
study of correlations between the denser absorption lines and actual
galaxies near to the line of sight of a quasar.

\[3\]

There is also the possibility of a break in the distribution, so that the distribution has
slightly different powers at high and low column densities.
Very recent observations suggest that, at least for low redshifts, if a galaxy is within 40\,kpc of the line of sight there is almost always an absorption line in hydrogen with a column density of at least $10^{15}/\text{atoms/cm}^2$ and vice versa.\[40\]. This suggests a picture in which many galaxies are surrounded by spherical clouds of hydrogen and other gases which extend out to at least 40\,kpc. These clouds, are often seen also in carbon and magnesium, so that it appears that they have been enriched by the action of supernovae. It is then very interesting to know whether this enrichment came from supernovas at an earlier time, took place during the formation of the galaxy itself, or, on the other hand, is the result of outflow from the galaxies themselves.

It is then interesting to try to imagine that these clouds and the galaxies they contain are single systems, with significant exchanges of matter between them, perhaps in both directions. One may wonder, for example, whether the observed constant star formation rates of spiral galaxies are related to the rates at which gas falls from the surrounding clouds onto the disk.

- Finally, the quasar absorption spectra give very good probes of the distribution of matter at high redshift. One intriguing result is that at very high redshift $z > 4$ there are about four times more of the densest absorption lines than would be given by the present day galaxies. The interpretation of this is problematic; it may be that many clouds never formed into galaxies, or it may be that the clouds have contracted significantly since then.

However, we must keep in mind another interesting thing, which is that there is evidence that the properties of large galaxies have not changed very much since redshifts of $2 - 3$, which is on the order of ten billion years.\[11\]. Before that time, energetic processes, such as those that fuel quasars, were much more common then they are presently, however there seems to be a sharp decrease in the numbers of quasars seen after red shifts around 2, suggesting that large normal galaxies have since that time established a kind of equilibrium.\[5\]. The evidence we mentioned above agrees with this picture, suggesting that normal spiral galaxies have a constant rate of star formation over most of the time since their formation. This, together with the

\[8\]However, it should also be mentioned that the observations indicate that the much smaller “dwarf” galaxies have evolved a great deal since redshifts of 2, there seem to have at that time been more of them than there are now, especially the “blue” ones, in which a lot of star formation is going on.\[42\].

22
evidence I summarized above, suggests that it might be fruitful to understand the galaxies and their surrounding gas clouds as single stable far from equilibrium systems.

### 3.3 The issue of homogeneity on very large scales

There is a final issue I should mention, which has been the subject of discussion among statistical physicists. This is the question of the large scale homogeneity of the universe.

Since Einstein and DeSitter, cosmological models have always been based on the Cosmological Principle, which assumes that we live in a typical place in the universe. It is also observed that to very high precision, the universe is isotropic to a very good approximation. This can be seen in the COBE radiation, which is isotropic up to a part in $10^5$. As the radiation has passed through the gravitational potential of matter on its way here, this puts limits on the anisotropy of the distribution of matter from redshifts of 1000 to the present. Counts of galaxies, or radio sources also show impressive evidence of isotropy.

If our view of the universe was perfectly isotropic, and it were so, by the Cosmological principle, around every point, then we would have to conclude that it was perfectly homogeneous. The difficulty is that it is neither perfectly homogeneous nor perfectly isotropic, which raises the issue of how it is to be described.

The simplest assumption is that the departures from homogeneity decrease at large scales, so that there is some scale $\lambda_h$ above which the universe may be satisfactorily described as homogeneous. This assumption is usually made by astronomers, and so far there is no evidence against it.

The difficulty is that the large scale surveys of the galaxies, which map the distribution of matter, show so far structures that are as large as the scales of the surveys. Furthermore, at least up to the scale of clusters of galaxies, the distribution of matter is approximately scale invariant. This means that one of two things must happen. As the surveys increase in depth, the scale $\lambda_h$ must be discovered, or structures must continue to be found on

---

9 At least up to some larger scale, we may note that no cosmological observation is able to constrain the homogeneity of the universe on scales larger than the distance to our horizon, so that it is perfectly possible that the universe is very inhomogeneous on some much larger scale. This possibility is taken advantage of in the inflationary models, which describe the universe as a single bubble that inflated. The bubble does have walls, even if we can’t see them.
every scale up to the horizon. It has been thus suggested that perhaps the standard assumption is wrong, and the universe has a fractal (or multifractal) structure on all scales up to the horizon\cite{1}. The difficulty with this picture is that such a distribution should also agree with the isotropy seen in both the counts of galaxies and radio sources and in the microwave background, as well as with the Cosmological Principle\cite{1}. The question is whether there can be a distribution that shows inhomogeneities on arbitrarily large scales that is in agreement with this.

A related question is how to describe a universe that is inhomogeneous over a large range of scales in general relativity. Clearly it will not do to work solution by solution, what is needed is something like a renormalization group treatment, that lets us think in terms of coupling between modes on different scales. The tricky thing is how to to do this in a way that is generally covariant, since the metric that measures scales is dynamical. A very interesting step in this direction has been taken by Carfora and Piotrkowska\cite{1}. Even if there is a scale above which the universe is homogeneous to a good approximation, there are corrections to the equations that describe the expansion of the universe coming from averaging over the fluctuations at smaller scales. An important, and presently unresolved question, is to determine if these corrections may lead to significant modifications in the age of the universe\cite{1}.

4 The problem of the origin of the large scale structure

We have been discussing the evidence that tells us how the universe is organized on large scales. Now I would like to turn to the question of what is understood about how that structure has arisen.

The first thing that must be said is that astronomers have developed numerical models of the evolution of structure in the universe that seem to go quite far towards explaining features of the observed distribution of galaxies. I would like to begin this discussion by summarizing how these models work\cite{1,2,3}.

The models take as inputs certain assumptions about the conditions of the universe at decoupling. These begin with a specification of the basic cosmological parameters, such as $\Omega$, the value of the cosmological constant and the amount of dark and baryonic matter present. Because of the isotropy of the present universe, and the fact that it works so successfully, the universe
is always assumed to be homogeneous and isotropic, with an initial spectrum of perturbations whose amplitudes are small (on the order of $10^{-5}$) on all scales.

To this picture one then must add several assumptions. First, one must choose between two general types of initial perturbations. Adiabatic perturbations are those for which the baryonic and photon densities fluctuate together, so that the observed temperature fluctuations observed in the COBE signal trace also fluctuations in the density of baryons. Another choice is to take what are called “isocurvature” perturbations, in which there may be larger fluctuations in the density of baryons, which are, however, not reflected in the distribution of temperatures, because the distribution of thermal photons does not trace the distribution of matter. The first is better studied, but both are reasonable possibilities.

A very important assumption that must be made is the spectrum of initial fluctuations. The assumption that is most often made is that the initial spectrum of fluctuations is approximately scale invariant, this is the simplest possibility and was proposed some time ago by Harrison and Zeldovich. It is also what is predicted by inflation. The amplitude of the spectrum may then be normalized by the COBE measurement.

In the near future the measurements of the black body spectrum are expected to be very much improved, so that the initial spectrum of fluctuations will, in the adiabatic case, be largely constrained by observation. Of course, this will not constrain the isocurvature models as much, as by assumption they take the initial perturbations in the baryons to be decoupled from those of the photons.

The last assumption that is made in the construction of these models is the type of dark matter present. These may be of several kinds: dark matter may be hot or cold, depending on whether their masses are small or large compared to the cosmic background temperature, it may also be baryonic, in the case it consists, for example of black holes, or non-baryonic, as in the case of neutrinos or hypothesized particles such as axions.

Given these choices, the numerical simulations have been able to show how the perturbations grow, leading to the structures we see today\[14\]. While there are important differences between the models based on different assumptions, a variety of assumptions are known to lead to structures very much like those we see today. Very roughly, in all of them perturbations grow through a long linear phase, from their initially small values to values of order one. After that, non-linear processes involving both gravitational binding and hydrodynamics effects take over, leading more or less quickly
to the formation of galaxies and clusters of galaxies.

It must be emphasized that it is nontrivial that the models work at all, given the simplicity of the assumptions made. Given that the spectrum of perturbations at decoupling is constrained, in the adiabatic case, to such a small value by the COBE data, and given that the age of the universe is also constrained, to within a factor of two, it might very well have been the case that structure forms at too slow of a rate to explain what is seen at the present time.

There are, however, a number of places in the picture in which complementary or alternative points of view may play a role. These include particularly the role of non-linear processes in structure formation.

4.1 Understanding the non-linear stages of galaxy formation

According to the standard models of structure formation, once the perturbations in the distribution of mass and baryons become of order one, non-linear processes take over, leading to the formation of the present day structures. While there is a good analytic description of the linear regime, there is no correspondingly successful treatment of the non-linear regime besides the large scale numerical simulations.

There are several possible indications that self-organized critical phenomena may play some role in this non-linear regime.

- The structures which are formed are scale invariant, and governed by power law distributions at least up to the scales of clusters of galaxies. Furthermore, as I mentioned above, the structure of clouds of gas, back even to red shifts of $4 - 5$ follows a power law over 10 orders of magnitude, as seen in the distribution of quasar absorption lines. Thus, irrespective of the question of the large scale organization, it is clear that the distribution of galaxies and gas may be characterized as fractal over many orders of magnitude.

- There are suggestions that several features of the final distribution of galaxies and mass may be independent of the detailed assumptions that go into the large scale simulations. These may include the powers that govern the distributions of galaxies. If so, this suggests that there may be simpler statistical arguments for some features of the observed distributions.

- There is a rather simple model of hierarchical structure formation due to gravitational binding in an expanding universe that does agree to
some extent with both the observed distributions and the results of
the numerical simulations. This is the Press-Schechter formulation [46],
which I would like to briefly describe.

In a very interesting paper, Press and Schecter described both analytic and
computer models of a collection of gravitating particles in an expanding
universe. The particles originally have equal masses and are randomly dis-
tributed. At certain intervals, as the universe expands, a test is applied to
identify clusters that are gravitationally bound. In their computer simula-
tions Press and Schecter considered spherically regions which were overdense
by a factor of 10 to be bound. Those clusters that are bound at each step
are replaced by single particles with a mass which is the sum of the masses
of its members.

This processes is iterated and it is found that after a time an approxi-
mately scale invariant distribution of masses develops which has the form

\[ n(M) \approx \frac{1}{M^{1.5}} \] (5)

for small masses, times a high mass cutoff \( e^{-kM/R^2} \) that scales as \( R \), the
scale factor of the universe.

Press and Schecter found that the same approximate scale invariant dis-
tribution resulted from their model, given different kinds of initial distri-
butions of the particles. They also gave a simple analytic derivation of the
scaling law. Finally, they were able to compare the predictions of this model
with observation and they found that the distribution of luminosities (which
scale with mass) of galaxies in the Como cluster scale with an approximate
power law. Since that work was done, both observations and numerical sim-
ulations of the distribution of galaxies in clusters has tended to support this
simple picture [47].

We may note that in the formation of an apparently universal scale
invariant distribution from different initial conditions, the Press-Schecter
model might be described as a very simple kind of self-organized critical
system.

### 4.2 Possibilities for early structure formation

Finally, even though the simulations of galaxy formation based on the stan-
dard dark matter scenarios do seem to work reasonably well, there is still
the possibility that they are based on assumptions that may turn out to be
incorrect. Especially given that some features of the observed distribution of galaxies may be produced by non-linear effects that wash out some of the information about the initial conditions, we must keep open the possibility that more detailed observations, especially at higher redshifts, may turn out to be inconsistent with these models. It may then be useful to consider other kinds of models which may account for the observed structure. While this might be considered a higher risk activity than the others on my list, it may be motivated by consideration of the fact that there is a certain lack of economy in the assumptions that must be made in the standard models. At present, the nature and properties of both the dark matter and the initial perturbations are essentially ad hoc, and can be manipulated to yield results consistent with observations. It would certainly be more elegant to have a theory in which there was not so much room to introduce ad hoc elements.

One might then dream that a scenario for cosmology could be made to work in which nonlinear processes play a role much earlier in the history of the universe, acting near or just after decoupling to produce the spectrum of fluctuations that become the large scale structure. In such a picture, the slow growth of primordial fluctuations after decoupling would be replaced by a picture in which non-equilibrium processes act at very high redshifts of 500-50 to produce a spectrum of fluctuations in the distributions of matter and baryons that might be largely independent of whatever initial perturbations are present at decoupling.

We may note that the fact that the isocurvature models are consistent with present knowledge means that it may be that the perturbations seen in the black body radiation do not trace the perturbations in the matter (although there are limits based on the motion of the light through the inhomogeneous gravitational fields of matter since decoupling.)

Such a scenario could take advantage of the fact that at redshifts of around $100 - 200$ the conditions of the universe as a whole are not that dissimilar, in density and temperature, from those which characterizes the interstellar medium of the disks of spirals galaxies. It is then possible that non-linear processes that are analogous to those that are responsible for the spiral structure in galaxies might act to form structure at these earlier times.

---

10 Many suggestions have been proposed that depart in small or large ways from the standard structure formation scenario I sketched here. Several involve explosions or other energetic events in the early universe [31, 32, 33]. Others interesting proposals involve a low density, $\Omega \approx 0.1 - .2$ universe [35, 36, 37].

11 Two very interesting attempts to model structure formation in the distribution of galaxies are by Chen and Bak [48] and Schulman and Seiden [49].
The amount of time that such processes would have to act is limited by the expansion speed at that time to at most several hundred million years. But this is one to two orders of magnitude longer than the lifetimes of the massive stars, making it possible that processes in which massive stars are formed and inject a great deal of energy into the medium could produce significant structure during this time.

There are in fact some reasons to believe that there was an era of star formation before the formation of the present day galaxies, coming from the need to explain both the fact that some enrichment is seen even in very old clouds of gas and the fact that the intergalactic medium is ionized back to at least redshifts of around 5. At the same time, such a scenario would have to be limited by the requirement that not too many heavier elements were produced.[50]

One may also try to understand if, in the context of such a scenario, it is possible if the dark matter could be formed as a consequence of such early processes of structure formation, rather than having to be posited independently. One way this might work is if a very early era of star formation processes produced large numbers of neutron stars or black holes, which made up some or all of the dark matter that then dominates the structure and formation of the galaxies at later redshifts from about 20 to the present. A dark matter scenario in which the non-luminous matter consists of black holes which are formed in the same processes that make the galaxies and stars might be more parsimonious than the standard scenarios in which the dark matter is put in by hand to account for the structure formation.

At the same time, the possibilities for such early structure formation processes are constrained from several sides, including limits on the numbers of black holes coming from MACHO searches and other observations.

5 The problem of the parameters in particle physics and cosmology

In the introduction I stressed that many of the key problems in cosmology rest on problems of fine tuning involving the parameters of particle physics and cosmology. It is indeed, not an exaggeration to say that the fact that we live in a world which is large, complex, out of thermal equilibrium and full of a large variety of phenomena is a consequence of the parameters being tuned to special values. There are two kinds of such fine tuning problems. The first involve issues of hierarchies, in which parameters have improbably
small values, such as in the case of the values of the proton or electron mass, in Planck units. The other class involves cases in which structures of a certain kind would not exist if a parameter were to take values different from its present ones, by less than an order of magnitude. Examples of this are the proton-neutron mass difference, the electron mass, or the strength of the fundamental electric charge: increases in any of these separately, by factors less than ten would result in a world with no nuclear bound states, and hence no nuclear or atomic physics.

There are two responses that have traditionally been made to the problem of the values of the parameters of particle physics, in the light of this situation. The first is to hold to the faith that there is a unique fundamental theory that after a pattern of spontaneous symmetry breaking and, perhaps, dimensional reduction, will have a ground state whose low energy excitations will match the pattern of elementary particles and forces that we see.

As the existence of such a theory has been taken to be almost axiomatic by many theoretical physicists, let me spend a moment to suggest its likelihood is not so obvious. First, there is no evidence for the existence of such a theory, at least at the perturbative level. In the last ten years we have learned that there are very large numbers of perturbative string theories, which give equally consistent unifications of the strong weak and electromagnetic interactions with gravity, but in different dimensions, with different low energy physics. It may be that there is one non-perturbative string theory and these perturbative theories are all descriptions of excitations of its many ground states. But there seems, at this point, little evidence for this. Instead, it may be observed that there seems to be a logic under which, the more disparate fields are incorporated into a unification by a gauge symmetry, the more it is the case that the properties of the low energy excitations depend on a choice of the ground state of the system. Thus, in theories which incorporate the Higgs mechanism, the masses of the low lying states depend on coupling to a condensate. If there are many degenerate or nearly degenerate ground states, with different properties, then it

\[ \text{There is recent evidence that the moduli spaces associated with the different Kalabi-Yau compactifications may be connected to each other through singular configurations that may represent critical points in the parameter space where certain fields condense.} \]

It is then possible that there is a single non-perturbative ground state in which the quantum state is spread out over this single extended moduli space. But, it is also presently a possibility that what is being described is a very large family of degenerate ground states, which are able to tunnel to each other by going through the singular configurations.
may be said that the masses and couplings of the light particles are determined cosmologically, as the ground state may depend on the history or configuration of the universe as a whole.

Thus, in a certain sense the assumption that the properties of the elementary particles are independent of the state and history of the universe as a whole is breaking down. To the extent that this happens, elementary particle physics and cosmology become interwoven, and the Newtonian conception that a particle in a universe that contained it alone would be just like a particle in our universe becomes untenable.

Certainly the inflationary models work in this way, as the spectrum of light particles is different before and after the phase transition that simultaneously determines the large scale properties of the universe. This also, I would argue is one lesson we have learned from string theory in the last ten years; whether or not there is a nonperturbative string theory whose vacuum states they describe, the fact of these many different perturbative theories means that consistency alone does likely not govern the choice of the phenomenology of the light particles.

If the standard model of particle physics is not to follow uniquely from demanding only consistency, there must be another kind of principle which picks out which, of the many equally consistent worlds, is the one we find ourselves in. Because of the coupling between the selection of a ground state and the history of the universe, this means that the hard questions in elementary particle physics are likely closely connected with the hard questions in cosmology. It is then remarkable that in both cases these hard problems involve understanding unnatural choices of the values of parameters.

The second response that has been given to this situation is the anthropic principle. This states (in what is called its weak form) that the choices of parameters that lead to our world may be picked out by noticing that it is among a rather narrow range in which intelligent life can exist.

Now, as stated this is undoubtedly true, indeed, it is an aspect of the fact I have already stressed, which is that with most choices of parameters a world would not have the complexity of ours. The question is whether this observation can be made into an explanatory principle. Rather then deal with this philosophical question at length (again, this is done elsewhere), I would like here only to ask if it is possible to do better. That is, is it possible that there might be a mechanism that could explain how the parameters were chosen that accounts for the fact that the actual values selected lead to a world with the complexity of ours.

I know of one such theory, that does seem to yield non-trivial testable
predictions. I will briefly describe it here, for more details the reader may consult references \[52, 53, 54\].

5.1 Cosmological natural selection

This theory comes from two simple conjectures about quantum gravity, neither of which is really new. The first is that there are no final singularities in nature, instead, due to quantum effects that are ignored in the singularity theorems, singularities inside of black holes, and final singularities of cosmological spacetimes are replaced by “bounces” as a result of which the collapsing matter reverses its collapse and begins to expand again. This is an old idea that goes back at least to Lemitre’s “Phoenix universe” and has been discussed by Wheeler\[55\] and others. Recently, plausible scenarios for how this might occur have been discussed in the context of string theory\[56\] and inflationary models\[57\]. However, to get definite physical predictions, as I will show we need know nothing about how this happens except simply that each black hole and cosmological singularity turns, one for one, into a new expanding region of space and time.

The second conjecture I will make is that when this happens the parameters that govern the low energy physics and large scale cosmology of the new region differ from the parameters of the one in which the collapse took place by small random fluctuations. This is also an old idea, which was proposed, in the case of cosmological singularities by John Wheeler, who called it “the reprocessing of the universe.” I need to add to it only the assumption that the changes are small. Of course, I will have to say what I mean by small, I will do this in a moment.

There are also plausible homes for such an idea in grand unified theories or string theories, as in each case there are large families of vacua, which correspond to different compactifications and symmetry breakings. It is quite plausible that a violent, Planck scale event like the bounce may force the vacuum to jump or tunnel from one ground state into a nearby one, leading, after the region has expanded into a large universe, to a small change in the parameters of low energy physics.

However, again, while it may be important to develop such theories, the predictions of this theory are independent of the details.

Our universe has at least $10^{18}$ black holes in it, so that given these assumptions we are dealing with a universe with an enormous number of regions, in which we find a distribution of different parameters of low energy physics and cosmology.
However, given only these two postulates, we may make non-trivial predictions about the parameters that characterize our world if we add only one more assumption, which is the Copernican postulate that our world must be a typical member of this ensemble. We can then make predictions about our world if there are statistical predictions that can be made about the properties of randomly chosen members of this ensemble.

We can do this because this theory is isomorphic to models of biological evolution, in which natural selection is described in terms of the evolution of probability distributions on fitness landscapes. As a result there is a natural mechanism of cosmological self-organization, that is formally analogous to biological natural selection.

It goes like this. We may consider the space of parameters of low energy physics to be analogous to the space of genes. On this space there is a “fitness” function, which is the average number of black holes produced by a region of the universe that expands from a bounce. Now, just like the fitness functions of biology, this function is strongly variable, as I said in our universe it is quite large, and there are simple astrophysical arguments that tell us that with many values of the parameters it will be much smaller.

The reason the fitness function is strongly variable is worth mentioning: it is that it is not easy to make a black hole. In our universe, a black hole can only be made if a large amount of matter can be compressed into a very small space, and for this to happen there must be rather special circumstances. The fact that this happens at least once a century in each galaxy of our universe may be said to be due to the fact I described in section II which is that the spiral galaxies are in critical states and so maintain constant rates of star formation over cosmological time scales. Furthermore, the spectrum of masses of stars produced is power law, so that significant numbers of stars are made which are larger than the minimum size by enough of a factor that they can collapse to a black hole even after they supernova and return most of their mass, and sizable amounts of energy to the interstellar medium. For the galaxy to be in the critical state it must be the case, as I mentioned that the rather complicated cooling mechanisms which make possible the giant molecular clouds exist. But this requires that the universe be chemically complex. In short, to a first approximation at least, our universe can overcome the barriers to formation of black holes efficiently because it is chemically complex.

But with this theory we may turn this around and postulate that our universe have the improbable values of the parameters that are necessary for such complexity because this leads to one way to maximize the fitness
function, and so make many black holes.

I will not go into details about the statistical arguments, as they are the same as those that are well known to people who work on theories of self-organization. Basically, given the rules as I have introduced them, the probability distribution for the ensemble of universes is peaked around local maximum of the number of black holes. This means that if our universe is typical, it must have parameters that are near a local extrema of the fitness function.

This leads to definite predictions about astrophysics, because it has a simple consequence: all small changes in the parameters from their present values should lead to universes that make less black holes than ours. Thus, the theory is eminently falsifiable; all that would be required to kill it is to find one parameter of the standard models of physics and cosmology, a small variation of which would lead to a large increase in the number of black holes produced. Given that there are on the order of twenty such parameters, and each may be increased or decreased, this gives at least 40 chances to kill this theory.

After several years of trying, I have not found a definite counterexample to this prediction. Unfortunately, with some exceptions every argument for a change of a parameter going one way or another tends to come face to face with some unsolved problem in astronomy. Two examples will suffice to explain this general situation.

Given the fact that the chemistry of “metals” (astronomers call anything heavier than lithium a “metal”), and in particular processes involving carbon and oxygen, seem to play a crucial role in cooling the giant molecular clouds to the point at which massive stars may be formed, it is natural to argue that if the parameters are changed so that such elements are unstable many less massive stars, and hence many less black holes would be made.

The difficulty with this argument is that it is likely that some amount of star formation did take place early, before these elements were created, because there must have been early generations of star formation to get the process started. And at least some of those stars must have been massive enough to supernova, otherwise carbon would never have been found outside stars. The question is then how many massive stars are made, in the absence of “metals”, compared to how many are now. Unfortunately, this is unknown, as all the massive stars made early have by now long been turned into neutron stars or black holes. But it is possible that this question may be answered by future developments in astronomy.

Without metals, star formation may be primarily a fragmentation process,
that might be modeled fairly simply. It is also not impossible that the power
law distribution of masses produced presently by galaxies can be understood
in terms of a description of the spiral disks as self-organized critical systems.
It is clear in general that the question of the distribution of stellar masses
produced, either presently or primordially, is a problem in statistical physics.
Of course, if the theory I described here is true, it must be that star forma-
tion without metals produces less massive stars then the present processes
with metals. It is tempting to make a simple argument that the power
law spectra that allow many massive stars to be produced are consequences
of self-organized critical phenomena that require a certain chemistry, and
hence complexity. But it is also clearly a possibility that such an argument
would be too naive.

Let me describe one more prediction made by this theory. One parameter
that plays a crucial role in determining the number of black holes produced is
the upper mass limit for neutron stars, $m_{\text{uml}}$. A supernova remnant becomes
a black hole if it is more massive than this, otherwise it becomes a neutron
star. The theory I described must predict that this parameter is as low as
possible, consistent with other processes that play a role in star formation.
What would be especially interesting is if $m_{\text{uml}}$ were under the control of
a parameter that played a minimal role in the star formation processes or
early universe cosmology, for if this were the case, it could be independently
varied and minimized, to maximize the number of supernova remnants that
become black holes.

Remarkably, it seems that there is such a parameter: it is the strange
quark mass. The reason is that, according to calculations of Brown, Bethe
and their collaborators,[58] if the mass of the kaon is low enough, the neutron
star matter will be dominated by a kaon condensate. This turns out to
greatly soften the equation of state from what it would be if the condensate
were absent, which in turn lowers $m_{\text{uml}}$. The result is that they predict
$m_{\text{uml}} = 1.5M_{\text{solar}}$, while conventional equations of state lead to $m_{\text{uml}} =
2.5 - 3M_{\text{solar}}$.

If their general arguments are correct, then there is a value of $m_{\text{strange}}$,
the strange quark mass, $m_{\text{critical}}$, such that for $m_{\text{strange}} < m_{\text{critical}}$ the
condensate dominates neutron stars. The question is whether the actual
$m_{\text{critical}}$ is above the actual value of $m_{\text{strange}}$. I may note that the theory
I’ve described here predicts that it must be, for if nature had the possibility
of choosing $m_{\text{strange}}$ so that many more black holes were produced, and
didn’t use it, the theory is definitely wrong.

Thus, on this theory I must predict that in fact $m_{\text{uml}} = 1.5M_{\text{solar}}$. Thus,
the discovery of one neutron star with a larger mass would be strong evidence against it. In fact, of about 18 neutron star masses that are so far measured, all are within error below this value\cite{59}.

But there is a second question, why is $m_{\text{small}}$ not still lower? If it were, many neutron stars would instead be black holes. If the theory is true then there must be competing effects that prevent $m_{\text{small}}$ from being lowered still further, even if $m_{\text{strange}}$ is lowered. This is a question that can be investigated theoretically, and work on it is underway.

While this discussion has been sketchy, I hope to have convinced the reader that the idea that quantum gravity has no experimental consequences is a bad rap. Here we find that two very plausible assumptions about what happens inside of black holes at the Planck scale result in predictions that can be tested by both observational and theoretical work in astronomy and nuclear physics.

It is quite possible, perhaps even likely that this particular theory is wrong, as I’ve emphasized if it is wrong we will be able to tell. But we may still learn something from it, for this coupling of assumptions about the Planck scale to predictions about things we can observe is exactly what we may expect if we go away from the idea that the parameters of physics and cosmology are picked by some mathematical principles acting at the Planck scale, and move in the direction of a theory in which they are determined by real mechanisms of self-organization that may have occurred some time in our past.

6 Critical phenomena in quantum gravity and the classical world

Now I would like to come to another way in which critical phenomena are likely to play an important role in cosmology. This application is different from the others I’ve described, as it involves directly the physics of the Planck scale. As I mentioned earlier, if one assumes that the universe expanded from an initial state, with temperature and densities given by natural units in particle physics, it becomes difficult to understand how the universe managed to expand to the present size, without either collapsing or entering a phase of runaway expansion. However, as I will describe here, the actual situation may be even worse than this. Recent developments in quantum gravity suggest that even the fact that the world has scales in it significantly larger than the Planck scale, which is necessary if it is to be describable in
terms of classical geometry, is improbable without fine tunings\textsuperscript{\ref{footnote13}}. Just the fact that there is a world describable in terms of classical space and time, I will argue, is a problem in critical phenomena.

Let me first make the one paragraph argument that this might be the case, then I will show that this argument does in fact correspond to what we know about quantum gravity. A quantum theory of gravity has one scale in it, the Planck scale. Because the scale is also the gravitational coupling constant, what a quantum theory of gravity naturally describes is a strongly coupled phase in which there are no correlations on larger scales. But as a quantum theory of gravity is a theory of geometry, the existence of a semiclassical limit means that there is a description in terms of a classical geometry in which the averages of classical curvatures are small in Planck units. Thus, classical space and time are themselves consequences of a critical behavior in which there are correlations on scales much larger than the Planck scale. Further, as the coupling of excitations of the geometry are proportional to the wavelength, in Planck units, the existence of a classical limit in a quantum theory of gravity means precisely that the system is critical and weakly coupled. Generically, such a phase cannot exist naturally unless there is some reason for the system to be critical.

Perhaps one might have the impression that this argument proves too much. For what it claims is that in any formulation of quantum gravity in which the existence of classical spacetime is not put in from the beginning, it will be hard to get the classical world out, unless the theory has a critical point for some tuning of the parameters or initial conditions. Formulations of quantum gravity that do not assume that the world is described by small perturbations around a classical spacetime are non-perturbative by definition. And, so far, every non-perturbative formulation that has been developed sufficiently to ask the question leads to the picture I’ve described.

This has been seen in both path integral and hamiltonian formulations of non-perturbative quantum gravity. In the path integral case, non-perturbative calculations have been performed by discretizing the manifold, and then averaging over a certain set of discrete geometries, as in the case of random surface models in lower dimension\textsuperscript{\ref{ footnote 63}}. There are two such formulations, the dynamical triangulation models, developed by Agishtein and Migdal\textsuperscript{\ref{ footnote 62}} and Ambjorn and collaborators\textsuperscript{\ref{ footnote 63}} that mimic closely the ran-

\textsuperscript{\ref{footnote13}}It may be emphasized that in quantum gravity the classical limit is the same as a limit of large distances because $\hbar$ appears only in the Planck length, $l_P = \sqrt{\hbar G_{\text{Newton}}}$. Equivalently, it makes no sense to speak of a classical description at the Planck scale.
dom surface theory and the Regge calculus models, which use an older approach in which the dynamical variables are the edge lengths of a fixed triangulation.

The results are similar in these two cases. The models have two parameters, which correspond to Newton’s constant, $G$, and the cosmological constant, $\Lambda$. There are two phases, a crumpled phase in which macroscopic distances are not defined, and the Hausdorff dimension grows with the size of the system, and an elongated phase, in which things are greatly stretched out, so that the Hausdorff dimension of spacetime is close to 2. Between them there is a second order phase transition governed by a non-trivial critical point at which the Hausdorff dimension seems to be four, within statistical error.

So in these models the picture I described is exactly true. Despite the fact that it is constructed by making a discrete approximation to four dimensional general relativity, the theory can only predicts the existence of a classical four dimensional spacetime when the parameters are tuned to a critical point.

A similar picture emerges from the Hamiltonian formulation. Without going into details, one approach to the Hamiltonian quantization of general relativity has advanced to the point that the following simple picture has emerged:

The quantum states of the gravitational field are in one to one correspondence with a certain class of graphs, which are called spin networks. These are graphs in which the edges are labeled by half-integers corresponding to spin, and the laws of addition of angular momentum must be satisfied at vertices. It should be emphasized that the graphs are defined only topologically, they are not located anywhere in space, because they are the quantum fields that comprise space.

These states have a simple physical interpretation: they are eigenstates of certain observers that measure the geometry of space by determining the areas of arbitrary surfaces and the volumes of arbitrary regions. Given any such graph, one may draw regions and surfaces and assign them areas and volumes according to simple rules. Every surface has an area given by the sum of the spins on the edges of the graphs that intersect it, in units of the Planck length squared. Every vertex carries a certain discrete amount

---

14 The general idea that the existence of four dimensional quantum gravity would require the presence of a non-trivial scaling behavior associated with a non-Gaussian fixed point was anticipated some time ago on general grounds.[66]
of volume, given by a certain combinatorial formula of the spins that enter it, times the Planck length cubed.

I want to emphasize that this simple picture was not dreamed up, it is the result of calculations. The fact that the operators that measure physical areas and volumes are discrete is a prediction of quantum general relativity.

Given such a network then, there is a discrete geometry, which is somewhat analogous to those that are integrated over in the path integral approaches (only they correspond to space and not spacetime.) As in that case, almost none of the states of the theory correspond to smooth classical geometries. For certain very special states, based on very large networks which satisfy certain conditions of regularity, it is possible to describe the geometry on the average in terms of a classical metric. But the conditions that make this possible are rather strict, and most of the states of the system do not correspond to any classical geometry, nor do they define any scale of phenomena larger than the Planck scale.

The dynamics under which these networks evolve has been worked out, given certain assumptions about time. This is a long story in itself, let me say only that time here is measured relative to some matter field\textsuperscript{74}. The hamiltonian is known, and is a finite, well defined operator\textsuperscript{75}. Its action is particularly simple when developed in a strong coupling expansion, in a dimensionless parameter which is $1/G^2 \Lambda$. There are processes that turn vertices into little triangles by adding two new vertices, and processes that do the reverse and collapse little triangles to nodes\textsuperscript{76}.

The description is very beautiful, and calculations of transition amplitudes can be carried out to any order in this strong coupling expansion. The problem, of course, is that the dynamics in this strong coupling phase does not seem to correspond to the weak coupling picture in which massless gravitons move on a background described by a classical spacetime.

I should emphasize that the problem is not with the existence of gravitons \textit{per se}. It is known, in fact, that if one can assume the existence of a state that has a classical description in terms of a flat geometry, its long wavelength excitations consistent with the gauge invariance and dynamics are precisely two massless spin two modes per momenta\textsuperscript{77}. The problem is that the theory does not naturally predict the existence of a state associated with a classical geometry.

I might stress that this is an intrinsically cosmological problem, in that a boundary condition has been imposed in which the universe is spatially compact. This was a condition that Einstein argued for on philosophical grounds, as he invented the science of relativistic cosmology. He was moti-
vated to do so by the philosophical tradition of Leibniz and Mach according to which space and time should not exist a priori, but should be a consequence of dynamical relations among things in the world. What seems to be the case is that when quantum theory is added to the picture this philosophy is realized precisely in that all that one has for generic couplings is a description of a dynamically evolving network of relations. That these have long range correlations such that space and time exist at all has become a dynamical problem, it has become precisely a problem of critical phenomena.

As I said in the introduction, we understand two broad classes of critical phenomena, second order phase transitions and self-organized critical phenomena. The first requires that parameters be tuned to a critical point. But we are discussing a theory that is supposed to be a fundamental theory of cosmology. We might then argue that in such a theory it is not acceptable to explain the existence of the classical world by means of a delicate tuning of parameters. There is nothing outside the world that can tune the parameters. Thus, if it is to succeed, quantum cosmology must become a study of a self-organized critical phenomena. There must be a natural mechanism of self-organization that explains why the quantum state of the world is in an improbable critical state.

Perhaps this may seem too philosophical. But we must keep in my mind that any such theory may be observationally testable, for we may expect generally that if there is a mechanism of self-organization that explains naturally why the world gets big and classical, that mechanism is likely going to produce a scale invariant spectrum of fluctuations around the average state. Thus, such a mechanism is likely to produce an outcome similar to that given by inflationary cosmologies, which is a large classical world on which there is an approximately scale invariant distribution of fluctuations, but, if it succeeds, it will do it naturally, without the fine tunings required to make inflationary models work. As such, it is likely to make testable predictions about the details of the fluctuations seen in the microwave background radiation.

7 Variety, complexity and relativity

It is of course possible that the point of view I’ve sketched in the last sections will not turn out to be useful. The test of any scientific hypotheses must, in the end, can be nothing other then whether they work out in detail to explain
the empirical world. Thanks to the work of the astronomers, cosmology is
becoming more and more a question of the details. But, even so, I would
like to argue that what is happening deserves some wider reflection. I offer
the following as a possible point of view, for whatever it may turn out in
the end to be worth.

What we are engaged in is an attempt to make sense of a cosmological
theory based on general relativity and quantum theory. This, I would like to
argue, must lead to a description of a world that is intrinsically complex, so
that the complexity of the world we see must be not accidental, not a matter
of a fine tuning of parameters, but in some way inherent in the postulates
of quantum theory and relativity.

I know of two arguments for this, one from relativity and one from quan-
tum theory.

The argument that the principles of relativity require a complex world,
when applied in a cosmological context is based only on diffeomorphism
invariance, which is the most fundamental principle of general relativity.
It is the gauge symmetry of the theory, thus it has a more secure status
then the particular forms of the dynamical equations. We might expect
that it could be included in a larger gauge symmetry in some unification
such as the posited non-perturbative string theory, but we cannot expect
general relativity to be unified into a more fundamental theory without
diffeomorphism invariance.

Diffeomorphism invariance, which Einstein called general covariance, has
a very simple meaning in the context of field theory. It says that points have
no meaning unless they are described by the values of physical fields. No
physical observable can speak about what happens at a point of spacetime,
unless that point is determined uniquely by the fields that an observer at
that point would measure. You cannot say, what is the curvature scalar
at point $x$. You can only say something like: what the value of the scalar
curvature is at a point where the value of the electromagnetic fields (and
perhaps their derivatives) are such and such$^{15}$.

Like any gauge theory, the physical interpretation of general relativity
must be described in terms of gauge invariant observables. As the theory
has two degrees of freedom per point, there must be an equal number of

$^{15}$There has been in the past some controversy about the question of the interpretation
of general relativity, but this view is presently widely understood by relativists to be
correct. That it was Einstein’s point of view is convincingly shown by Stachel in [78].
This point of view has also been found to be necessary to make progress in quantum
gravity [67, 68, 74, 71].
such observables. They must all be complicated functions that describe relationships between fields, such as I have described.

Now we come to the key point, which is that such observables will not be well defined for a given cosmological solution to the theory unless it describes a world that is complex enough that points of spacetime can be uniquely described by the values of the fields there. This has a simple consequence, it means that to have a good, gauge invariant interpretation, a spacetime must be complex enough that no two observers observe exactly the same thing, no matter where they are in space and time. To put it more informally, it must be possible to tell where in the world you are, and when it is, uniquely from what you see when you look around you.

We live in a world with enough variety and structure that this is certainly the case. What I am arguing is that if the gauge invariance of the world includes diffeomorphism invariance this cannot be an accident: it is required if the theory is to have a good interpretation.

There may seem to be a problem with this argument, which is that no solution with symmetry can be given a good physical interpretation by means of such observables, precisely because a symmetry means that there are points that are not distinguished by the values of the fields. But we use solutions with symmetries all the time to model relativistic cosmologies, and we are able to interpret them. Certainly we are, but we do this in a way that makes use of special coordinate systems that are present because of the symmetries. These methods do not generalize to other solutions, nor, I am claiming, can any interpretation that applies generally to relativistic cosmologies be applied to the symmetric solutions.

What we are really doing when we study solutions with symmetries, of course, is taking advantage of the fact that the symmetry is not exact, for it is only by the detailed distribution of matter, that break it, that we are able to give meaning to the coordinates we use.

This circumstance would not be a problem in a Newtonian cosmology, as coordinates are intrinsically meaningful according to the Newtonian conception of space and time. But general relativity is in a different tradition, it is in the tradition of Leibniz and Mach, who argued for a view of space and time in which they are only meaningful to the extent that they are seen in relationships between real things. Indeed, Leibniz understood from the beginning that any cosmological theory in which such a view of space and time was realized would have to describe a world with sufficient complexity that no two observers have exactly the same view of things.

The second argument for a complex world, coming from quantum theory
has been given by many others, so I will be brief. Quantum theory does not seem to make sense unless there are observers in the world. Therefore, any quantum theory that successfully applies to cosmology must, by self-consistency alone, describe a world complex enough to have observers.

In my opinion, the first argument is stronger than the second. It could easily turn out that quantum theory cannot be extended from the microscopic world to the cosmological. But the first argument uses the most secure principle of general relativity which is diffeomorphism invariance. The observed orbits of the binary pulsars show that we live in a world in which the geometry of spacetime is dynamical, which means there can be no going back to the Newtonian conception of space and time.

However, given either argument we reach the conclusion that a cosmology which is consistent with both general relativity and quantum theory must, by self-consistency alone, describe a complex universe.

If this is, however, to be a good scientific argument, it must be possible to make it quantitative. There ought to be a measure of the complexity of the universe, or of any closed system, that describes how easily each observer may be distinguished by their view of the rest of the system. I would then like to close by describing one such approach to a quantitative measure of complexity, that Julian Barbour and I have been developing.

To define such a notion, we need a system, made of a number of elements, which I will denote $x_i$. One can think of these as particles or observers, as one likes. What is required is that there be a space $\mathcal{V}$ that contains the possible views of the system. To each element $x_i$ we are able to construct an element, $v_i$ that can be called its view of the system.

For example, the system could be a lattice dynamical system in $D$ dimensions, in which case an element of $\mathcal{V}$ consists of a series of spaces $\mathcal{V}_n$ which describe the possible configurations of neighborhoods of a point in the lattice. $n$ refers to the number of steps away from the original point that describe the neighborhood so that $\mathcal{V}_n$ is the space of possible configurations of a $(2n + 1)^D$ lattice of points $n$ steps away from a given site.

Another possibility is that the system is a graph or a network, perhaps of the kind we discussed in the previous section, in which case the neighborhoods $\mathcal{V}_n$ are all the subnetworks with a distinguished point, corresponding to the element, which contain points up to $n$ steps away from it.

Still another possibility is that the system consists of $N$ points distributed in $D$ dimensional space, in which case its view of the rest of the system are $N - 1$ points distributed on a $D - 1$ dimensional sphere that describes where it sees the other points on its sky.
Given any such system, which defines a set of views $w_i$ of each element, we may define the variety of the system as follows.

We must first construct a matrix of differences $D_{ij}$ that measure how far apart the views of the $i$'th and $j$'th elements are from each other. There are two approaches to this. The space of views could be a vector space, in which case

$$D_{ij} = |w_i - w_j|$$

Or, in the cases in which the views comprise a sequence of neighborhoods, the difference $D_{ij}$ is simply $1/n_{ij}$, where $n_{ij}$ is the smallest $n$ such that the two $n$ step neighborhoods are different.

Given the matrix of differences, the variety of the system may be defined.

$$V = \sum_{i \neq j} D_{ij}$$

We have applied this definition of complexity to a number of systems, including graphs and points in one and two dimensional spaces [80]. We find that systems that have high variety are generically distinguished by being complex without being ordered, so that any two points can indeed by easily distinguished from each other by looking at what is around them. Moreover, this is a definition of complexity that distinguishes true complexity from order, for ordered configurations, or configurations with any kind of symmetry turn out to have low variety. Generically, we find that ordered configurations have much lower varieties than randomly generated configurations, while configurations with high variety are easily distinguished from both ordered and random configurations.

Thus, the variety of a system may be defined quantitatively. The next step is to try to define an appropriate notion of variety for classical or quantum general relativity. We may, for example, try to define the variety of a quantum spacetime to be inversely proportional to the average number of bits of information an observer must have in order to locate themselves uniquely in space and time. We may then conjecture that the dynamics of a quantum gravitational theory act to increase the variety of typical configurations in time. Certainly, as gravitation acts to form hierarchies of bound systems, as we see from the Press-Schecter model, and more generally makes it possible for large regions of the world to be kept far from thermal equilibrium for arbitrarily long periods, this is not obviously wrong. If true, this would be a step towards a picture in which we understood that our world is organized because a quantum gravitational system must, for its own self-consistency, contains intrinsic statistical mechanisms of self-organization.
ACKNOWLEDGEMENTS

These notes are based on a series of lectures I was asked to give at the Guanajuato workshop “Complex systems and binary networks.” I want to thank the organizers of the Guanajuato school for giving me the opportunity to describe these thoughts in front of a knowledgeable and critical audience. I want to also thank the audience and lecturers for many illuminating discussions and criticisms. Some of the ideas described here have been developed over a long period of time through conversations and collaborations with Julian Barbour, Jane Charlton, Louis Crane and Carlo Rovelli. I would also like to thank also Per Bak, Gerry Brown, Saint Clair Cemin, Freeman Dyson, James Peebles, Martin Rees, Stanley Rosen, Larry Schulman and John Wheeler for helpful discussions about these problems. I am also grateful to Jane Charlton for a critical reading of the manuscript. Finally, I would like to thank the astrophysicists of the Institute for Advanced Study, where these notes were written, for an atmosphere most conducive to reflection on the unsolved problems in cosmology. This work has been supported in part by the NSF grant PHY-93-96246.

References

[1] S. D. M. White, J. F. Navarro, A. E. Evrard, C. S. Frenk, Nature 366 (1993) 429-433;

[2] P. Coles and G. Ellis The case for an open universe Department of Applied Math prprint, Capetown (1994).

[3] See for example, J. Bachall, in the Proceedings of Some Unsolved Problems in Astrophysics.

[4] Mather, J. C. et al. Ap. J. 354 (1990) L37.

[5] V. De Lapparent, M.J. Geller and J.P. Huchra Ap.J. 302 (1986) L1; M. P. Haynes and R. Giovanelli, Ap. J. 306 (1986) L55.

[6] L J For an excellent review, see Garay: “Quantum gravity and minimum length”, Imperial College preprint/TP/93-94/20, gr-qc/9403008 (1994)
[7] F. Hoyle, D. N. F. Dunbar, W. A. Wensel and W. Whaling, Phys. Rev. 92 (1953) 649; F. Hoyle, *Galaxies, Nuclei and quasars* (Heinemann, London, 1965), p. 146.

[8] B. J. Carr and M. J. Rees, Nature 278 (1979) 605.

[9] J. D. Barrow and F. J. Tipler *The Anthropic Cosmological Principle* (Oxford University Press, Oxford, 1986).

[10] B. Carter, "The significance of numerical coincidences in nature", unpublished preprint, Cambridge University, 1967; in *Confrontation of Cosmological Theories with Observational Data*, IAU Symposium No. 63, ed. M. Longair (Reidel, Dordrecht, 1974) p. 291.

[11] P. Bak, C. Tang and K. Wiesenfeld, Phys. Rev. A38 (1988) 364; Phys. Rev. Lett. 59 (1987) 381.

[12] P. Bak and Maya Paczuski, “Complexity, contingency and criticality” Brookhaven preprint.

[13] S. Mineshinge, N. B. Ouchi and H. Nishimori, PASJ 46 (1994) 97; S. Mineshinge, M. Takeuchi and H. Nishimori, Ap. J. 435 (1994) L125.

[14] H. Gerola and P. E. Seiden, Ap. J. 223 (1978) 129; P. E. Seiden, L. S. Schulman and H. Gerola, *Stochastic star formation and the evolution of galaxies*, Astrophys. J. 232 (1979) 702-706; P. E. Seiden and L. S. Schulman, *Percolation and galaxies* Science 233 (1986) 425-431 *Percolation model of galactic structure*, Advances in Physics, 39 (1990) 1-54; L. S. Schulman, “Modeling galaxies:: cellular automata and percolation”, to appear in *Cellular Automata: Prospects in Astrophysical Applications*, A. Lejeune and J. Perdang, eds. World Scientific, Singapore (1993).

[15] P. Seiden, L.S. Schulman and H. Gerola, Ap. J. 232 (1979) 702.

[16] See, for example: J. Franco and D. P. Cox, *Self-regulated star formation in the galaxy* Astrophys. J. 273 (1983) 243-248; J. Franco and S. N. Shore *The galaxy as a self-regulated star forming system: The case of the OB associations* Astrophys. J. 285 (1984) 813-817; S. Ikeuchi, A. Habe and Y. D. Tanaka *The interstellar medium regulated by supernova remnants and bursts of star formation* MNRAS 207 (1984) 909-927; R.F.G. Wyse and J. Silk *Evidence for supernova regulation of metal enrichment in disk galaxies* Astrophys. J. 296 (1985) 11-15; M. A. Dopita,
A law of star formation in disk galaxies: Evidence for self-regulating feedback Astrophys. J. 295 (1985) L5-L8; G. Hensler and A. Burkert, Self-regulated star formation and evolution of the interstellar medium Astrophys. and Space Sciences 171 (1990) 149-156.

[17] R. F. G. Wyse and J. Silk, Astrophys. J. 339 (1989) 700.

[18] See, for example, The Physics and Chemistry of Interstellar Molecular Clouds ed. G. Winnewisser and J.T. Armstrong, Springer Verlag Lecture Notes in Physics 331(1989); Molecular Coulds in the Milky Way and External Galaxies ed. R. L. Dickman, R. L. Snell and J. S. Young Springer Verlag Lecture Notes in Physics 315 (1988).

[19] B. G. Elmegreen Triggered Star Formation IBM Research Report, in the Proceedings of the III Canary Islands Winter School, 1991, eds. G. Tenorio-Tagle, M. Prieto and F. Sanchez (Cambridge University Press, Cambridge, 1992).

[20] B. G. Elmegreen, Large Scale Dynamics of the Interstellar Medium, to appear in Interstellar Medium, processes in the galactic diffuse matter ed. D. Pfenniger and P. Bartholdi, Springer Verlag, 1992.

[21] A. Parravano, Self-regulating star formation in isolated galaxies: thermal instabilities in the interstellar medium Astron. Astrophys. 205 (1988) 71-76; A self-regulated star formation rate as a function of global galactic parameters Astrophys. J. 347 (1989) 812-816; A. Parravano and J. Mantilla Ch., A self-regulated state for the interstellar medium: radial dependence in the galactic plane, Astrophys. J. 250 (1991) 70-83; A. Parravano, P. Rosenzweig and M. Teran, Galactic evolution with self-regulated star formation: stability of a simple one-zone model Astrophys. J. 356 (1990) 100-109.

[22] See, for example, F. H. Shu, F. C. Adams and S. Lizano Star formation in molecular clouds: observation and theory in Ann. Rev. Astron. Astrophy. 25 (1987) 23-81 and C. J. Lada and F. H. Shu, The formation of sunlike stars Berkely preprint, to appear in Science and references contained therein.

[23] E. E. Salpeter, Astrophys. J. 121 (1955) 161.

[24] G. E. Miller and J. Scalo, Ap. J. Suppl. 41 (1979) 513; J. Scalo, Fundamentals of Cosmic Physics 11 (1986) 1-278.
[25] R. B. Larson M.N.R.A.S. 214 (1985) 379; 218 (1986) 409.

[26] J. Scalo, in Physical Processes in Fragmentation and Star Formation ed. R. Capuzzo-Dolcetta, C.Ciosi and A. Di Fazio (Klower,1990)

[27] B. Elmegreen and M. Thomasson, Grand design and flocculent spiral structure in computer simulations with star formation and gas heating Astron. and Astrophys. (1992) ?.

[28] M. Bucher, A. S. Goldhaber and N. Turok, “An open universe from inflation”, hep-ph/9411206 iassns-hep-94-81. PUPT-94-1507; M. Bucher and N. Turok, “Open inflation with arbitrary false vacuum mass” hep-ph 9503393 PUPT-95-1518; J.R. Gott, Nature 295 (1982) 304.

[29] Walker, T. P, Steigman, G., Kang, H.-S., Schramm, D. M., & Olive, K. 1991,

[30] See, for example, S. D.M. White, MAP preprint, 1994; S. D. M. White and C. S. Frenk, Ap. J. (1991) 379, 52; G. Efthathios and J. Silk, Fund. Cos. Phys. 9 (1983) 1.

[31] J.P. Ostriker and L.L. Cowie, Ap.J. 243 (1981) L127.

[32] S. Ikeuchi, Publ. Astron. Soc. Japan 33 (1981) 211.

[33] J.P. Ostriker, C. Thompson and E. Witten, Phys. Lett. B (1986).

[34] R.A. Daley (1986)

[35] N. Yu. Gnedin and J. P. Ostriker, Astrophys. J. 400 (1992) 1-20.

[36] P.J.E. Peebles, in The Early Universe ed. W.G. Unruh and G.W. Semenoff, D. Reidal Publishing, 1988, p. 203; in the proceedings of the 8th IAP meeting, First light in the universe

[37] C. Hogan, Ap. J. 415 (1993) L63-66.

[38] P. Petitjean, J. K. Webb, M. Rauch, R.F. Carswell and K. Lanzetta, MNRAS 262 (1993) 499; K.M. Lanzetta, A. M. Wolfe, D. A. Turnshek, Limin Lu, R.G. McMahon and C. Hazard, Ap. J Suppl. Series. 77 (1991) 1.
[51] A. Strominger, “Massless black holes and conifolds in string theory”, preprint [hep-th/9504090].

[52] L. Smolin Classical and Quantum Gravity 9 (1992) 173-191

[53] L. Smolin, On the fate of black hole singularities and the parameters of the standard model gr-qc ??

[54] L. Smolin, The Life of the Cosmos to appear in Oct. 95, Crown Press, New York, and Orion Press, London.

[55] J.A. Wheeler, in Gravitation, by C. Misner, K. Thorne and J. A Wheeler, last chapter.

[56] E. Martinec, 1994, [hep-th/9412074]

[57] R. Gott, private communication.

[58] G. E. Brown and H. A. Bethe, Astro. J. 423 (1994) 659; 436 (1994) 843, G. E. Brown, Nucl. Phys. A574 (1994) 217; G. E. Brown, “Kaon condensation in dense matter”; H. A. Bethe and G. E. Brown, “Observational constraints on the maximum neutron star mass”, preprints.

[59] S. E. Thorsett, Z. Arzoumanian, M.M. McKinnon and J. H. Taylor Astrophys. Journal Letters 405 (1993) L29

[60] For a review, see J. Ambjorn, J. Jerkiewicz and Y. Watabiki, “Dynamical triangulations, a gateway to quantum gravity” NBI-HE-95-08, to appear in J. Math. Phys. Nov. 1995.

[61] M. Rees, MNRAS 176 (1976) 483; J. Silk Ap.J. 211 (1976) 638.

[62] M. E. Agishtein and A. A. Migdal, Nucl. Phys. B385 (1982) 395.

[63] J. Ambjorn, J. Jerkiewicz and C. F. Kristjansen, Nucl. Phys. B393 (1993) 601; Phys. Lett. B305 (1993) 208; J. Ambjorn, Z. Burda, J. Jerkiewicz and C. F. Kristjansen, Phys. Rev. d48 (1993) 3695.

[64] H. W. Hamber, Nucl Phys. B (Proc. Supp.) 20 (1991) 728; 25A (1992) 150; B400 (1993) 347; Phys. Rev. D45 (1992) 507; H. W. Hamber and R. M. Williams, Nucl. Phys. B415 (1994) 463.

[65] T. Regge, Nuovo Cimento 19 (1961) 558.
[66] S. Weinberg, in General Relativity: An Einstein Survey ed. S. Hawking and W. Israel (Cambridge University Press, 1979). L. Smolin, Nuclear Physics B208 (1982) 439.

[67] C. Rovelli: Class Quant Grav 8 (1991) 1613

[68] A. Ashtekar: Non perturbative canonical gravity, World scientific, Singapore 1991

[69] L. Smolin: in Quantum Gravity and Cosmology, eds J Pérez-Mercader et al, World Scientific, Singapore 1992

[70] A. Ashtekar, C. Rovelli, L. Smolin: Phys Rev Lett 69 (1992) 237

[71] C. Rovelli and L. Smolin, Discreteness of volume and area in quantum gravity, to appear in Nucl. Phys. B 1995.

[72] R. Penrose: in Quantum theory and beyond ed T Bastin, Cambridge U Press 1971; in Advances in Twistor Theory, ed. L. P. Hughston and R. S. Ward, (Pitman, 1979) p. 301; in Combinatorial Mathematics and its Application (ed. D. J. A. Welsh) (Academic Press, 1971).

[73] C. Rovelli and L. Smolin, “Spin networks and quantum gravity” Penn State CGPG-95/4-4 and IASSNS-HEP-95/27 preprint. [gr-qc/9505006].

[74] L Smolin: in Directions in General Relativity, v. 2, papers in honour of Dieter Brill, ed BL Hu T Jacobson, Cambridge University Press, Cambridge 1994

[75] C. Rovelli and L. Smolin, Phys Rev Lett 72 (1994) 446

[76] R. Borissov, C. Rovelli and L. Smolin, Nonperturbative dynamics of quantum general relativity preprint in preparation. C. Rovelli, to appear in J. Math Phys. Nov. (1995).

[77] J Iwasaki C Rovelli: Int J of Mod Phys D1 (1993) 533; Class and Quantum Grav 11 (1994) 1653

[78] J. Stachel, Einstein’s search for general covariance 1912-1915 in Einstein and the History of General Relativity ed. by D. Howard and J. Stachel, Einstein Studies, Volume 1 (Birkhauser, Boston, 1989).
[79] Leibniz, *The Monadology* in *Leibniz, Philosophical Writings* ed. G.H.R. Parkinson, translated by M. Morris and G.H.R. Parkinson (Dent, London, 1973)

[80] J. B. Barbour and L. Smolin, Syracuse University preprint, SU-GP-92/2-4, see also J. B. Barbour, "On the origin of structure in the universe," presented at the "3d Philosophy and Physics Workshop", Forschungsstätte der Evangelischen Studiengemeinschaft (FEST) in Heidelberg, May 1990. To be published in "Philosophy and Modern Physics", publ. by Springer; *Mathematical Modeling of the Monadology*, submitted for publication and L. Smolin *Space and Time in the Quantum Universe* in *Conceptual Problems of Quantum Gravity* ed. by A. Ashtekar and J. Stachel, (Birkhauser, Boston, 1991).