Scenario for delocalization in translation invariant systems

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(Dated: October 1, 2014)

We investigate the possibility of Many-Body Localization in translation invariant Hamiltonian systems, which was recently brought up by several authors. A key feature of Many-Body Localized disordered systems is recovered, namely the fact that resonant spots are rare and far-between. However, we point out that resonant spots are mobile, unlike in models with strong quenched disorder, and that these mobile spots constitute a possible mechanism for delocalization, albeit possibly only on very long timescales. In some models, this argument for delocalization can be made very explicit in first order of perturbation theory in the hopping. For models where this does not work, we present instead a non-perturbative argument that relies solely on ergodicity inside the resonant spots.

I. INTRODUCTION

The theory of Many-Body Localization (MBL) is being shaped and sharpened right now. Briefly said, MBL is a phase of matter in which equilibrium statistical mechanics does not apply: there is no thermalization and no transport, see \cite{10}. For a many-body system consisting of non-interacting fermions in a disordered potential, MBL is an easy consequence of the fact that one-fermion wave functions are Anderson localized \cite{1}. Whereas the first systematic treatment of MBL appears in \cite{2}, in the context of interacting electrons in a disordered potential, recent numerical and theoretical work on disordered spin chains \cite{14, 15}, the contrast with the ergodic properties of eigenfunctions conjectured for ‘non-localized’ systems (ETH: Eigenstate Thermalization Hypothesis, see \cite{7, 24}) and the connection to dynamical phase transitions \cite{20} have added a lot of appeal to the subject. Recently, a mathematically rigorous underpinning of the phenomenon has been provided as well \cite{13}.

Whereas most of these considerations concern quenched disorder, it has recently been suggested that also thermal (or configurational) disorder could serve the same purpose and localize a system \cite{4, 5, 8, 9, 13, 22}. In other words, it has been suggested that MBL can occur also in systems where the Hamiltonian has no random terms and is translation-invariant. In such a scenario, the ‘effective’ randomness is provided by the initial state. To discuss this issue, we introduce in Section \ref{sec:setup} a lattice quantum model of interacting bosons. This model is very similar to the Bose-Hubbard model, and it contains the latter as a special case, but we keep the discussion general to highlight the basic mechanism at work. At high energy density (high temperature) and small hopping, resonant spots appear to be as rare as in some quenched disordered systems. This is the key observation leading to the conjecture that an MBL phase exists in translation invariant systems.

For systems having all their eigenstates localized, a description of the localized phase in terms of local conserved quantities was proposed in \cite{12}. Following \cite{12}, we refer to this case as ‘full MBL’. Such a description does not carry over for the putative localized phase of our system, as arbitrarily large resonant regions may appear everywhere in the system. This is related to the fact that certainly not all eigenstates can be localized in our translation-invariant systems; in particular, at low energy density, we expect an ergodic phase. Nevertheless, in Section \ref{sec:setup} we provide a hypothetical characterization that takes this issue explicitly into account, while still retaining most of the features of a localized phase, like absence of thermalization and vanishing transport coefficients.

The main distinction between (quenched) disordered and translation invariant systems shows up when considering the effect of resonances. The key question is whether they can delocalize the system. For quenched disordered Hamiltonians where full MBL is expected (at strong disorder), like in \cite{13, 14, 15}, the problem trivializes: resonant spots form small, isolated islands in physical space, their location determined by regions of anomalous disorder realization, and, therefore, they produce no transport. When translation invariance is restored, resonant spots become possibly mobile, exactly because they are not tied to particular regions. If this possibility is realized, the resonant spots, also called ‘ergodic spots’ later, could act as carriers of energy (or any other conserved quantity, for that matter) and they could thus delocalize the system. We refer to this scenario as ‘percolation in configuration space’ since it corresponds to the case where all states connected via resonant transitions form a giant cluster in configuration space.

We proceed to a detailed analysis in a few different instances of the model introduced in Section \ref{sec:setup} varying dimension and the precise form of the hopping term. In several instances, we find mobile ergodic spots already in first order in the hopping. In other cases, no percolation is observed at first order. We then develop a non-perturbative argument to show that percolation in configuration space does occur (an argument of a similar flavor was developed by \cite{11}). Though expressed in a particular set-up, the reasoning is very general, as it only relies on an ergodicity assumption inside the ergodic spots. We believe that it applies to all generic translation invariant lattice Hamiltonian with short range interaction.
**Acknowledgements.** This article has benefitted a lot from comments and suggestions by David Huse, at an early stage of the work. We are also grateful to John Imbrie, Markus Müller, and Rahul Nandkishore for sharing and explaining their work, and pointing out several issues related to this article. The authors thank BIRS (Banff, workshop 13w508), IAS (Princeton), Rutgers University, KU Leuven, PCTS (Princeton) and Université Paris-Dauphine, for hospitality and financial support. W.D.R also thanks the DFG (German Research Fund) and the Belgian Interuniversity Attraction Pole (P07/18 Dygest) for financial support.

**II. THE MODEL**

We introduce a quantum lattice system in a large volume $V \subset \mathbb{Z}^d$, and study it in the thermodynamic limit $V \to \infty$. We will often restrict ourselves to $d = 1$. Although we work with a rather abstract model in order to showcase the dominant features, the considerations developed here apply equally well to more realistic Hamiltonians $\mathcal{H}$, $\mathcal{H}_0$. For concreteness, we adopt a vocabulary that is close to the Bose-Hubbard model in $\mathcal{H}$, and we think of each lattice site $x \in V$ as containing a variable number of bosons $n_x \in \{0, \ldots, N\}$, where $N$ is a cutoff on the occupation number per site. Consequently, we have a preferred product basis in the many-body Hilbert space, consisting of classical configurations $|\eta\rangle = |(n_x)_{x \in V}\rangle$.

The bosons interact locally at each site and we assign to each (local) occupation number $n$ an energy $\mathcal{E}(n)$, such that $0 = \mathcal{E}(0) < \mathcal{E}(1) \cdots < \mathcal{E}(N)$. The Hamiltonian is of the form

$$H = E^{(0)} + JU = \sum_{x \in V} \left( E^{(0)}_x + JU_x \right).$$

$E^{(0)}$ is a diagonal matrix in the $\{|\eta\rangle\}$ basis, taking account of the interaction between bosons, while $U$ allows for hopping

$$\langle \eta|E^{(0)}_x|\eta\rangle = \mathcal{E}(n_x), \quad U_x = \frac{1}{2d} \sum_{y \sim x} (b_x^* b_y + \text{h.c.}),$$

where $b_x$ and $b_x^*$ are bosonic annihilation/creation operators with a cutoff:

$$b_x|\ldots, n_x, \ldots\rangle = \sqrt{n_x} |\ldots, n_x - 1, \ldots\rangle \quad \text{if} \quad n_x \neq 0,$n_x \neq 0,$

and $b_x|\eta\rangle = 0$ otherwise. The specific form in $\mathcal{H}$ is exemplary: more generic terms for the interaction and the (short range) hopping can and will be considered.

We choose units such that the highest on-site energy $\mathcal{E}(N)$ is of order 1 and we treat $J$ as a dimensionless perturbative parameter. The smallest on-site energy spacing will be of order $1/N$ and we assume to be in the regime of strong interactions compared to the hopping:

$$0 \leq JN \ll \frac{1}{N} \ll 1.$$

For $J = 0$, the eigenstates of $H$ are the classical configurations $|\eta\rangle$. They are perfectly localized in physical space (a more precise definition of localization will be given in Section III).

**A. Rare resonant spots**

We choose the characteristics of our system so as to make the analogy with (quenched) disordered systems as perfect as possible in the regime $J \to 0$. In the absence of any external disorder, randomness manifests itself in the system via the initial state, or, equivalently, when considering a thermal ensemble. We will often say that something is true for a typical configuration $\eta$, and this hence refers to the natural counting (i.e. with equal weights) of configurations as discrete elements in $\{0, \ldots, N\}^V$. Alternatively, one can think of this as the infinite-temperature ensemble, in which $n_x, x \in V$, are i.i.d. random variables. In any case, considering the ensemble of configurations should mimic the case of quenched independent disorder on each site.

We assume the interaction between particles to be strongly anharmonic (nonlinear): A harmonic (linear) interaction would mean that $\mathcal{E}(n)$ is linear in $n$. To have a maximally anharmonic interaction, we imagine $\mathcal{E}(1), \ldots, \mathcal{E}(N)$ to be a typical realization of a process that throws $N$ points at random on an interval with length of order 1. Since the set of values $\mathcal{E}(n)$ is given by the same realization at all sites, the model is still translation invariant. Choosing $\mathcal{E}$ in this manner, we make resonances as rare as possible, as we explain now.

In general, we say that two configurations $\eta$ and $\eta'$ are resonant in first order in $J$ if

$$|\langle \eta|E^{(0)}|\eta\rangle - \langle \eta'|E^{(0)}|\eta'\rangle| \ll J|\langle \eta|U|\eta'\rangle|,$$

see also Section IV.A for a motivation of this definition. Because of our choice of $\mathcal{E}$, and inequality (2), we can simplify this: two configurations $\eta$ and $\eta'$ are resonant (in first order) if they have the same interaction energy $E^{(0)}$ and they are connected in first order by the perturbation $U$:

$$\langle \eta'|U_x|\eta\rangle \neq 0 \quad \text{for some} \quad x \in V.$$
holds

\[ \eta'_x = \eta_{x+1} = \eta_x + 1 = \eta'_{x+1} + 1 \quad \text{or} \]

\[ \eta'_x = \eta_{x+1} = \eta_x - 1 = \eta'_{x+1} - 1. \]

This is illustrated on the right panel of figure 1. We call such a bond (pair of adjacent sites) \((x, x + 1)\) a resonant bond (spot) for the configuration \(\eta\) (or \(\eta'\)). The important observation here is that, for a typical configuration \(\eta\), the resonant spots are typically isolated and rare, the distances between them being of order \(N\).

\[ \text{FIG. 1: First order hopping in } J \text{ for harmonic and anharmonic interactions in } d = 1. \]

On the left, interaction is harmonic: hopping never results in frequency mismatches. On the right, interaction is anharmonic: resonances only occur when two levels are swapped (most right interaction).

We conclude that our system has the same basic features as a disordered Hamiltonian, where the on-site disorder takes values in a discrete set of \(N + 1\) elements. The maximal number of particles per site, \(N\), serves thus as a control parameter on the density of resonant spots, which is of order \(1/N\).

Finally, let us stress that taking \(\mathcal{E}\) random is a way to implement anharmonicity, but it is not a necessity. In fact, a simple choice like \(\mathcal{E}(n) = (n/N)^2\) would be perfectly suited as well. In that case, the Hamiltonian is the Bose-Hubbard Hamiltonian, up to the cutoff in occupation number and rescaling of parameters.

III. A PRIORI RESTRICTIONS ON LOCALIZATION

There are some basic intuitive obstructions to a tentative localized phase for the system introduced above: the existence of ergodic states at all energy densities and the translation invariance of the Hamiltonian. We discuss them and then we propose a description of the hypothetical localized phase that takes these objections into account.

A. No uniform localization

In models with strong quenched disorder and a finite dimensional on-site space, as considered in \([13, 17, 19]\), the MBL phase can be characterized by saying that all eigenstates of the Hamiltonian are, in some sense, close to the eigenstates of the unperturbed system \((J = 0)\), i.e. to the classical configurations \(|\eta\rangle\). This is the regime of full MBL. Based on this, a description in terms of a complete set of conserved quantities was proposed in \([12]\).

This picture cannot survive in our model, since the behavior of the system will inevitably depend on the initial condition. Indeed, for example, under the additional restriction that the particle density is much smaller than 1 (the energy density will then also be much smaller than 1), most of the particles are typically isolated and do not interact. In this regime, the comparison with a disordered system breaks down, and there is no reason to expect anything but normal transport and thermalization. In fact, in the zero-density limit, as boson-boson scattering becomes negligible, the transport can even become ballistic (a ballistic configuration is depicted in figure 3 as \(\eta'(1)\)).

Moreover, ergodic behavior cannot be suppressed by just imposing a high enough particle density, as indeed, in a typical configuration there will inevitably be regions where the local density is very low (a large deviation). In fact, we can actually expect fully delocalized eigenstates at any density of particles (and thus also at any energy density), originating from ‘flat’ configurations like the bottom one in figure 3 but now not necessarily with zero occupation, i.e. \(\eta_x = n\) for all \(x\) and some occupation number \(n\).

Such ergodic states occupying the full volume \(V\) become quickly exceptional in the thermodynamic limit \(V \to \infty\). Therefore, they do not need to have any impact on the transport properties, but their existence rules out a characterization based on a complete set of local conserved quantities. This situation is quite analogous to quenched disordered systems at sufficiently low disorder, where most authors expect a localization-delocalization transition in function of the energy density \(E\) (see however \([20]\)).

On the other hand, regions with divergent localization length also occur in full MBL systems, as in \([13, 17, 18]\). In that case, however, the location of these regions is determined by the realization of disorder (large deviation of the disorder). In contrast, for translation-invariant systems, such regions appear everywhere, their location depending on the state in Hilbert space.

B. Translation invariance and symmetries

For periodic boundary conditions, the Hamiltonian defined by \([12]\) is translation-invariant. Therefore, as observed by \([22]\), if one reasonably assumes that there are no degeneracies in the spectrum, the true eigenstates must be translation invariant as well, contradicting any notion of genuine localization. Nevertheless, strict translation invariance can be broken by another choice of boundary conditions. MBL in our system amounts then to spontaneous symmetry breaking of the translation-invariance,
in complete analogy with the classical spontaneous symmetry breaking of a local order parameter by a boundary field.

Additionally, several discrete symmetries, such as rotations or reflections, can leave the Hamiltonian invariant. Since it is easy to break them in a robust way, i.e. independently of boundary conditions, by introducing an additional interaction term at each site, we will not further consider them here.

C. Description of the hypothetical MBL phase

Let us consider a Hamiltonian of the type \((\ref{eq:MBL})\). We assume that all geometrical symmetries are broken by boundary conditions and possibly additional interaction terms. Let \(\Omega\) be a unitary change of basis that diagonalizes the Hamiltonian \(H\) in the \(|\eta\rangle\)-basis,

\[
H = \Omega H_{\text{free}} \Omega^*, \quad H_{\text{free}} = H_{\text{free}}(\eta).
\]

Consider now a local operator \(O'_x\) acting on a small spatial set containing a given point \(x \in V\) and expand

\[
\Omega^* O'_x \Omega = \sum_{A \ni x} O_A,
\]

where the sum runs over all connected subsets \(A \subset V\) containing \(x\), and where \(O_A\) is an operator acting locally in the set \(A\). For full MBL systems, localization amounts to the statement that \(\Omega\) can be chosen such that the action of \(O_A\) on any state produces an exponentially small factor \(e^{-c|A|}\), except in rare resonant regions. Another way to say this is that the operator norm of \(O_A\) decays exponentially with \(|A|\), or, that \(\Omega\) acts quasilocally, except in rare resonant regions.

In the translation invariant case, however, localization means that the operator \(O_A\) decays exponentially when acting on typical states in \(A\) (but for example not on states with an anomalously low density of particles in \(A\), states that are exceptional). A possible way of making this precise is to consider the Hilbert-Schmidt norm of \(O_A\), instead of the operator norm:

\[
\text{tr}(\Omega^* O_A \Omega) \sim e^{-c|A|},
\]

with \(\text{tr}(\cdot) = \frac{1}{\dim}\text{Tr}(\cdot)\) the normalized trace. The average over states that is present in \(\text{tr}(\cdot)^\ast\) eliminates the exceptional states.

The above discussion applies in particular to the Hamiltonian \(H_{\text{free}}\), since \(H\) was written as a sum of local operators: \(H = \sum_x H_x\). Let us write correspondingly \(H_{\text{free}}(\eta) = \sum_x H_{\text{free},x}(\eta)\). Each \(H_{\text{free},x}(\eta)\) is a sum of local functions \(f_A(\eta)\) with \(A\) centered on \(x\), cfr. \((\ref{eq:MBL})\). For fully MBL systems, \(\|f_A\|_\infty\) decays with \(|A|\), but the decay depends on the site \(x\) (via the local disorder realization), whereas for translation invariant systems in the hypothetical localized phase, the decay is uniform in \(x\), but dependent on the configuration \(\eta\) around \(x\). (it becomes arbitrarily slow for exceptional configurations \(\eta\))

The properties \((\ref{eq:MBL})\) suffice to derive physically meaningful information, such as the vanishing of transport coefficients at equilibrium or the breakdown of ETH. In \([\text{3}]\), an approximate version of \((\ref{eq:MBL})\) is used to show that the thermal conductivity of a chain analogous to the Bose-Hubbard chain, decays faster than any power law as the temperature is sent to infinity.

IV. RESONANCES: QUENCHED VS. THERMAL DISORDER

Recently, an iterative scheme was proposed \([\text{13, 14}]\) to construct explicitly the change of basis \(\Omega\) that diagonalizes \(H\), for strongly disordered spin systems. This strategy is very similar to the KAM scheme in classical mechanics where the ‘localization’ of some trajectories on submanifolds of the phase space is established through successive canonical transformations. As in these cases, the tendency to localization in our model is due to typical energy (frequency) mismatches. Here we first show, adopting the strategy of \([\text{13, 14}]\), how non-resonant transitions can be ‘removed’. A non-perturbative analysis is necessary to understand the effect of resonances. We next show why this question trivializes for systems where a full MBL phase is expected, and why, a priori, it does not for the translation invariant system described by \([\text{11, 2}]\), no matter how favorable the parameters \(J > 0\) and \(N < +\infty\) are chosen.

A. Basic picture of the RG scheme

We follow \([\text{13, 14}]\). To find \(\Omega\) such that \(\Omega^* H \Omega\) is diagonal in the \(|\eta\rangle\)-basis (recall Section \((\ref{eq:MBL})\)), we first try to determine perturbatively a change of basis \(\tilde{\Omega} = e^{-\tilde{A}}\), for some anti-hermitian matrix \(\tilde{A}\), such that \(H' := \Omega^* H \Omega\) is now diagonal up to terms of order \(J^2\). If that works, the strategy can be iterated starting from \(H'\) instead of \(H\), with a coupling constant that is now \(J^2\) instead of \(J\). The scheme would thus converge very quickly as, after \(n\) steps, the Hamiltonian would be diagonalized up to terms of order \(J^n\). This very naive picture will be considerably complicated by resonances.

The first transformation \(\tilde{\Omega}\) is obtained as follows. Assuming \(\tilde{A}\) to be of order 1, we expand in powers of \(J\):

\[
\tilde{\Omega}^* H \tilde{\Omega} = e^{\tilde{A}}(E^{(0)} + J U) e^{-\tilde{A}} = E^{(0)} + J(U + [\tilde{A}, E^{(0)}]) + O(J^2).
\]

The first order in \(J\) vanishes if \(\tilde{A}\) solves the equation \([E^{(0)}, \tilde{A}] = U\). Since \(U = \sum x U_x\), we can write \(\tilde{A} = \sum x \tilde{A}_x\), such that the equation \([E^{(0)}, \tilde{A}_x] = U_x\) is satisfied
for every $x$:

$$\langle \eta' | \tilde{A}_x | \eta \rangle = \frac{\langle \eta' | U_x | \eta \rangle}{\langle \eta' | E^{(0)} | \eta' \rangle - \langle \eta | E^{(0)} | \eta \rangle},$$

(10)

with the convention $0/0 = 0$ which means in particular that $\langle \eta | \tilde{A}_x | \eta \rangle = 0$ since the perturbation $U_x$ is off-diagonal. We see that $\langle \eta' | \tilde{A}_x | \eta \rangle$ is well-defined provided that $\eta, \eta'$ are not resonant, in the sense of $[1a]$ in Section III. If we neglect those resonances, we would conclude that the perturbative expansion $\tilde{U}$ is a posteriori justified. Moreover, a local observable rotated by $\tilde{\Omega} = e^{-i\tilde{A}}$ will stay local up to exponentially small corrections, since

$$\tilde{\Omega} = e^{-i\tilde{A}}, \quad \tilde{A} = \sum_{x \in V} \tilde{A}_x, \quad \tilde{A}_x : \tilde{A}_x^* = -\tilde{A}_x,$$

(11)

with $\tilde{A}_x$ local around $x$ and of order 1, and in particular the perturbed eigenstates $\tilde{\Omega} | \eta \rangle$ are similar to the classical configurations $| \eta \rangle$.

Let us now see how resonances affect this picture. We split the interaction in two parts:

$$U = U_{res} + U_{per},$$

where $U_{res}$ collects all resonant transitions, and $U_{per}$ the rest. More precisely,

$$\langle \eta' | U_{per} | \eta \rangle := \begin{cases} \langle \eta' | U | \eta \rangle & \text{for } \eta, \eta' \text{ non resonant,} \\ 0 & \text{for } \eta, \eta' \text{ resonant.} \end{cases}$$

(12)

We do the best we can: we solve only the equation $[E^{(0)}, \tilde{A}] = U_{per}$ instead of the full $[E^{(0)}, \tilde{A}] = U$. The matrix $\tilde{A}$ is now well defined, and $\tilde{\Omega} = e^{-i\tilde{A}}$ is really of the type $[11]$, but we face the problem that we only obtain

$$H' = E^{(0)} + J U_{res} + O(\tilde{J}^2).$$

(13)

We thus need an extra, non-perturbative, step to get rid of the resonant coupling of order 1. In other words, we need to diagonalize the operator $H' = E^{(0)} + J U_{res}$, which just amounts to diagonalizing $U_{res}$ inside blocks of constant $E^{(0)}$. We will therefore refer to $U_{res}$ as the `resonant Hamiltonian`.

It is the nature of eigenstates of $U_{res}$ that eventually determines whether in first order the system is localized or not. Let $\tilde{\Omega}$ be a unitary transformation that diagonalizes $U_{res}$ in the $| \eta \rangle$ basis, such that the total change of basis (in the first step of the scheme) is $\tilde{\Omega} \tilde{\Omega}$ and the new perturbed eigenstates are given by $\tilde{\Omega} | \eta \rangle$. The main question is now whether $\tilde{\Omega}$ can be chosen such that most of these new eigenstates $\tilde{\Omega} | \eta \rangle$ are still close to the classical configurations $| \eta \rangle$ in most places. If the answer is ‘yes’, also in later steps of the scheme, then there is a strong case $[27]$ for MBL in the sense of Section III. If instead the answer becomes ‘no’ at some order, it is hard to imagine that higher orders could restore the localization. One is then led to the conclusion that the localized phase is absent.

B. Resonances: systems with quenched disorder

For contrast, we first treat the case of strongly quenched disordered systems, where it is simple to see why resonances do not induce any delocalization. Let us consider as a standard example a one-dimensional spin-1/2 chain in a disordered field:

$$H = \sum_{x \in V} \left\{ \omega_x S^3_x + J (S^1_{x+1} S^1_x + S^2_x) \right\},$$

(14)

with $S^1_x, S^2_x, S^3_x$ the usual Pauli matrices. We assume that $\omega_x$ are i.i.d. random variables and, to make the connection with our model as direct as possible, we assume that the distribution of $\omega_x$ is concentrated on $N+1$ values, that themselves look random, i.e. they are like the values $E(0), \ldots E(N)$ introduced above. The classical configurations (eigenstates at $J = 0$) are in this model $| (\eta_x)_{x \in V} \rangle$ with $\eta_x = \pm 1, x \in V$, referring to the eigenstates of $S^3_x$ (spin up / spin down). A first order resonance between configurations $\eta$ and $\eta'$ occurs when, for some $x$, it holds that

$$\langle \eta' | S^1_x S^1_{x+1} + S^2_x | \eta \rangle \neq 0 \quad \text{and} \quad \omega_x (\eta_x - \eta'_x) + \omega_{x+1} (\eta_{x+1} - \eta'_{x+1}) = 0,$$

(15)

Since we assumed that the values $E(n)$ of $\omega_x$ are chosen in a generic way, this can only happen when $\omega_x = \omega_{x+1}$. Note that the above definition of resonance is identical to that given in $[5]$, but now, for the sake of simplicity, we proceed differently: We define the resonant $U_{res}$ as

$$U_{res} = \sum_{x: \omega_x = \omega_{x+1}} U_x,$$

which slightly differs from the definition in $[12]$; for example the configurations $\eta_{x,x+1} = (1, 1), \eta_{x,x+1} = (-1, -1)$ on a bond with $\omega_x = \omega_{x+1}$ would not be resonant according to definition $[12]$, but the interaction connecting them is included in $U_{res}$. The important point here is that we can characterize resonant bonds in a purely geometric way, independently of the configurations $\eta, \eta'$. For large $N$, these bonds, i.e. those satisfying $\omega_x = \omega_{x+1}$, form small isolated clusters $C$, located at a typical distance $N$ from each other. The absence of percolation (in real space) of the clusters $C$ leads to localization, see also the left panel of figure $[2]$. Indeed, the matrix $\tilde{\Omega}$ that diagonalizes $U_{res}$ takes the form

$$\tilde{\Omega} = e^{-i \sum_C B_C} \quad \text{and} \quad B_C^* = -B_C$$

(15)

with $C$ resonant clusters and $B_C$ acting within $C$. Since $B_C$ and $B_C^*$ commute for $C \neq C'$, we see that $\tilde{\Omega}$ acts locally, and hence the full change of basis $\tilde{\Omega} \tilde{\Omega}$ obtained after the first renormalization step, is quasilocal, it rotates local operators into quasilocal ones and all perturbed eigenstates $\tilde{\Omega} | \eta \rangle$ are similar to $| \eta \rangle$, away from the clusters $C$, where they are locally delocalized.
C. Resonances: translation invariant systems

In translation invariant systems, the above reasoning cannot be simply copied, and, as we will see in Section VI its conclusion could be wrong.

Consider the graph $\mathcal{G}$ in configuration space that connects two classical configurations $\eta, \eta'$ if and only if they are resonant. The main, somehow surprising, point is that the connected components (classes) $c$ of this graph could be very large even if for a typical configuration $\eta$, resonant spots are rare, see the right panel of figure 2 for a hint. We refer to such behaviour as ‘percolation in configuration space’ or simply ‘percolation of resonances’, as opposed to percolation of resonant spots in real space.

![Figure 2: First order resonances in J for quenched versus thermal disordered systems. Left panel: quenched disorder Hamiltonian in $d=2$. Resonances form fixed isolated non-percolating islands. Right panel: translation invariant Hamiltonian in $d=1$, with an extra second neighbor interaction $b_\eta^* b_{\eta,x+2} + b_{\eta,x+2} b_\eta^*$. A bit of trial and error should convince the reader that it is possible to connect $\eta$ to $\eta'$ through a sequence of resonant transitions. The naive resonant spot in $\eta$ appears thus as part of a larger resonant cluster.](image)

Since it is however not straightforward to talk about the size of the connected components $28$, we will define this phenomenon in a more pictorial way. First, we say that a site $x$ is frozen for a configuration $\eta$ if and only if

$$\eta'_x = \eta_x \quad \text{for any } \eta' \in c(\eta) \quad \text{the class containing } \eta$$

This is a physically meaningful notion because $c(\eta)$ is the set of configurations with which $\eta$ can hybridize (in first order) and hence a rotated state $\tilde{T}[\eta]$ will be similar to $\eta$ on all frozen sites, but a priori not on the unfrozen sites. Note also that the unfrozen set depends just on the class $c$, and not on $\eta \in c$. Now, we say that a class $c$ has percolation in configuration space if its unfrozen set percolates in real space.

At finite volume, both type of classes (percolating and not percolating) coexist, as illustrated in figure 3. As $V$ grows large, the number of configurations contained in either of the two classes determined by the examples in figure 3 becomes quickly negligible. The real issue is then whether a typical state belongs to a class with or without percolation. In first order, the answer to this question appears to depend on detailed characteristics of the model, while it becomes always ‘with percolation’ at high enough order, as we show in the next section.

![Figure 3: Coexistence of classes where percolation does and does not occur, for $d=1$, $N \geq 3$. All configurations where a single site hosts one particle and all other sites are unoccupied, sit in the same class as $\eta(1)$. There is percolation in this class, and the resonant dynamics restricted to it is in fact ballistic (restriction of $U_{\text{res}}$ is equivalent to the lattice Laplacian). The state $\eta(2)$ is such that neighboring sites always have a difference in occupation number larger than two. There is not a single resonant spot and $\eta(2)$ is the only configuration in its class.](image)

V. PERCOLATION OF RESONANCES

We investigate whether the resonances percolate in configuration space, for large volume $V$, that is, whether most configurations $\eta$ belong to a percolating class $c$. We first address this question in first order in $J$. Then, the answer is that, taking the Hamiltonian (2) in $d=1$, there is no percolation, see Section V A. Instead, taking $d \geq 2$, or even a strip of two lanes, or allowing for next-to-nearest neighbor hopping in $d=1$, there is percolation, see Section V B. Then, in Section V C we investigate non-perturbative effects and we argue that eventually there is percolation in all cases.

A. Example without percolation in first order

We first take the model to be precisely given by (2) in $d=1$, so that the resonant Hamiltonian is given by, with $n_x = b_x^* b_x$,

$$U_{\text{res}} = \sum_{x \in V} U_{\text{res},x} = \sum_{x \in V} (b_x^* \mathbb{1}_{n_x=n_{x+1},n_{x+1}} b_x + \text{h.c.}).$$  \hspace{1cm} (16)

We prove that, for $N$ not too small, most configurations are in a class $c$ without percolation. More precisely, we show in Appendix A that, if the configuration $\eta$ satisfies

$$|\eta_x - \eta_{x-1}| \geq 3 \quad \text{and} \quad |\eta_x - \eta_{x+1}| \geq 3,$$  \hspace{1cm} (17)

then the site $x$ if frozen in $\eta$, i.e. for any $\eta' \in c(\eta)$, it holds that $\eta'_x = \eta_x$. The proof is illustrated on figure 3 in Appendix A it is impossible to swap occupation numbers between two sites, if their difference is larger than one. We immediately see that for a typical configuration $\eta$, condition (17) is satisfied for a fraction of sites no less than $1 - C/N$.

For pedagogical reasons to become clear in Section V C we also introduce a small modification of our original $d=1$ model. Namely we add a two-boson hopping mechanism.
term so that now
\[ U = \sum_{x \in V} (b^*_x b_{x+1} + (b^*_x)^2(b_{x+1})^2 + \text{h.c.}) \]
and the corresponding resonant Hamiltonian is
\[ U_{\text{res}} = \sum_{x \in V} U_{\text{res},x} \]
with
\[ U_{\text{res},x} = b^*_x \mathbb{1}_{n_x = n_{x+1}, b_{x+1} + (b^*_x)^2 \mathbb{1}_{n_x = n_{x+1}, b_{x+1}}^2 + \text{h.c.}} \]
(18)
In this case, an obvious modification of the proof in Appendix A applies and we see that, if
\[ |\eta_x - \eta_{x-1}| \geq 5 \quad \text{and} \quad |\eta_x - \eta_{x+1}| \geq 5, \]
holds, then \( x \) is frozen.

B. Examples with percolation in first order

First, we consider again \( d = 1 \) but we add a hopping term between next-to-nearest neighbors in the Hamiltonian (2). This results in a resonant Hamiltonian of the form
\[ U_{\text{res}} = \sum_{x \in V} U_{\text{res},x} \]
with
\[ U_{\text{res},x} = \sum_{x \in F} \lambda \mathbb{1}_{n_x = n_{x+1}, b_{x+1} + (b^*_x)^2 \mathbb{1}_{n_x = n_{x+1}, b_{x+1}}^2 + \text{h.c.}}. \]
(20)
Second, we take the Hamiltonian (2) on a two-lane strip:
\[ S = \{ (j, 0), (j, 1) : j \in I \subset \mathbb{Z} \}, \]
giving rise to the resonant Hamiltonian
\[ U_{\text{res}} = \sum_{x \in S} U_{\text{res},x} = \frac{1}{3} \sum_{x \in S} \sum_{y \sim x} \frac{1}{3} \sum_{x \in y \sim x} (b^*_x \mathbb{1}_{n_x = n_y} b_y + \text{h.c.}) \]
(21)
Larger strips or dimensions larger than one could be considered too. In all these cases, an overwhelming majority of configurations \( \eta \) belongs to a class with percolation, as soon as the volume \( V \) is large enough (compared to \( N \)). We postpone the proof of this claim to Appendix B but we explain the idea here. From the discussion of Section III we know that at low density, our system is ergodic (delocalized). Therefore, we expect that rare regions of low particle density will behave in an ergodic way as well, and that they could delocalize the system. We thus consider a subvolume \( \Lambda \subset V \) with a local configuration satisfying \( \sum_x \eta(x) = p|\Lambda| \) with \( p < 1 \ll N \). One of such configurations, that we call \( \mathcal{F} \), is depicted on figure 4 with \( p \approx 1/p \). Note that \( |\Lambda| \geq p^{N+1} \), so that any occupation number appears in the spot, which is necessary for the mobility. This spot is shown to be able to travel across the system if \( p \geq 3 \), i.e. we can move \( \mathcal{F} \) to a translate of \( \Lambda \), as well as move particles from any place to any other one. The way the spot moves is strongly reminiscent of motion in kinetically constrained models II E.

It is worth pointing out that, since the length of the ergodic spot is \( |\Lambda| \sim C^N \), we need a volume \( V \gg N^{C|\Lambda|} \)
for such a low-density spot to become typical. Therefore, percolation is only established by the above argument for \( V \geq C^{N^B} \).

C. Nonperturbative argument for percolation

Up to now, we have investigated the role and mobility of resonances in first order in the hopping \( J \). In the cases where we found that resonances do not percolate, so in the examples of Section IV A, we can try to repeat the analysis at the second step of the scheme described in Section IV A as we show now. It is worth pointing out that this second step analysis does not coincide with a naive second order analysis, as non-perturbative effects are incorporated through the rotation \( \tilde{\Omega} \); precisely these effects do allow us to establish in a robust way that percolation holds in great generality (similar considerations have been developed by [11]).

For the sake of simplicity, we consider the second model of Section IV A i.e. with the \((b^*)^2b^2\)-terms (in Appendix C we argue that the same idea applies to the first model of Section IV A or any model with short range interaction, for that matter). After applying the transformation \( \tilde{\Omega} \), introduced in Section IV A to the Hamiltonian \( H \), we obtain the transformed Hamiltonian
\[ H' = \tilde{\Omega}^* H \tilde{\Omega} = H_0' + \tilde{J}^2 U' = (E(0) + J U_{\text{res}}) + \tilde{\Omega}^* (J U_{\text{res}}) \tilde{\Omega} \]
(22)
We denote eigenstates of \( H_0' \) by \( \Psi, \Psi', \ldots \). Since \( H_0' \) was found to be localized, the eigenstates can be written as \( \Psi = \mathcal{F} |\eta \rangle \) for some \( \eta \), with \( \mathcal{F} \) (see Section IV B identity in most places and non-local at rare resonant spots. We now implement the same percolation analysis as in Sections IV A and B. We declare a pair \( (\Psi, \Psi') \) resonant if
\[ |\langle \Psi | \tilde{J}^2 U' | \Psi' \rangle| \gg |\langle \Psi | H_0' | \Psi \rangle - \langle \Psi' | H_0' | \Psi' \rangle| \]
(23)
in analogy to the condition [3] of the first step. We choose a \( \Psi \) that has a resonant spot \( S' = [a, b] \) (discrete interval), with size roughly \( |b - a| \geq C |\log(J N^{3/4})| \)
FIG. 4: An ergodic spot \( \mathcal{F} \) for the resonant Hamiltonian (20), delimited by the points \( a \) and \( b \). Let \( p \geq 2 \) (\( p = 2 \) on the figure). The first site on the left has maximal occupation number \( N \), the next \( p \) sites have occupation number \( N - 1 \), the next \( p^2 \) sites have occupation number \( N - 2 \), \ldots, the last \( p^N \) sites are vacant. Therefore the size of the spot \( \mathcal{F} \) is \( b - a = (p^{N+1} - 1)/(p - 1) \).
and particle density of order 1. In the thermodynamic limit $V \to \infty$, an overwhelming majority of the eigenstates contain such a spot. Assuming ergodicity in the resonant spot (more precisely, assuming ETH), we can find sequences $\Psi_1, \ldots, \Psi_n$ with $\Psi_1 = \Psi_i (\Psi_i, \Psi_{i+1})$ resonant pairs, and $n \sim N$, and such that $\Psi_n$ now contains the resonant spot shifted to $[a - 1, b - 1]$. By increasing $S^+$ further, we can improve the inequality $|23|$ and make the ratio of left-hand side to right hand side as large as desired, and we can exponentially (in the size of $S^+$) increase the number of choices for the sequence $\Psi_2, \ldots, \Psi_n$. We have gathered all details of this quite straightforward analysis in Appendix C. In fact, we can simply summarize it by saying that a large ergodic spot can act as a thermal baths for the localized sites next to it. Of course, by the same token, we can then connect $\Psi$ via resonant transitions to some $\Psi'$ having the ergodic spot in any desired place. Likewise, we can also slightly change the number of particles in the spot, as long as the density is low enough to remain in the ergodic phase and the spot is large enough so that $|23|$ holds. Therefore, the ergodic spot can transport particles from one place to another and $\Psi$ can eventually be connected resonantly to an overwhelming majority of the eigenstates. This suggests that ergodic bubbles can act as mobile carriers of particles and energy and destroy the localization.

### D. From percolation to delocalization

Finally, we come to the question whether percolation necessarily entails delocalization. Strictly speaking, all what we have argued is that the system does not manifestly break up in decoupled systems in perturbation theory, i.e. that the Hamiltonian acts on a truly connected graph of many-body states and the connections do not come with any small parameter.

However, in principle it is still conceivable that the system is localized by interference effects $|11|$, in the same way that the adjacency matrix of a graph can have localized eigenstates even if the graph is connected (‘quantum percolation’) $|24|$. More concretely, one could think that the ergodic spot itself will be the entity that gets localized in a disordered background. However, one should realize that the ergodic spot is not like a passive particle moving in a fixed background, rather, as it moves, it can rearrange the background at will.

In addition, one could fear that the ergodic spot will grow by absorbing bosons, until its density becomes so large that the spot is no longer ergodic (a variant on this objection is: the ergodic spot will split into smaller spots that are too small to be mobile, as we saw above that mobility requires a minimal size). It is certainly true that these effects will happen in a dynamical description of the system, but we do not see how they could avoid mobility of the spots on very long time scales. Indeed, by reversibility (detailed balance) of the Hamiltonian dynamics, it must be true that during the time evolution starting from equilibrium, any transition occurs equally often as its time-reversal, hence if (mobile spot $\to$ immobile spot) occurs, then also (immobile spot $\to$ mobile spot).

Currently, we are investigating these issues further, also numerically $|8|$. Apart from the interest in translation invariant localization, this might shed a new light on the localization-delocalization transition in weakly disordered systems.

### VI. CONCLUSION

We have analyzed a model of interacting bosons on the lattice, introduced in Section II. This model can be considered as a promising candidate for localization without quenched disorder. The basic reason for this is that, in a typical initial state at high energy density, the site-dependent boson numbers provide an effective random potential that could play the role of quenched disorder. We quantified this by exhibiting the fact that ‘resonant spots’ (places where resonant transitions can take place) are sparse. In that respect, the model is similar to models of strongly disordered spin chains, where MBL is believed to occur.

We then addressed more precisely the question whether an MBL phase can be realized in our model. Some obvious counterarguments were formulated in Section III. They can be summarized by saying that not all eigenstates can be localized and that, even for those that would be localized, the localization deteriorates in rare regions with low energy density. However, we argued that these objections, although they exclude ‘full MBL’, are a priori still compatible with MBL. We did this by providing an abstract characterization of the putative MBL phase.

Then, in Section IV, we adapted to our model an iterative diagonalization scheme from $|12|$, based on perturbation theory in the hopping. The result, stated in Section IV, is that for some versions of our model (most notably nearest neighbor hopping in spatial dimension higher than 1), resonances do constitute a mechanism for delocalization already in first order. More precisely, our analysis led to the conclusion that all localized eigenstates (present when the hopping is switched off) should hybridize with each other. However, this analysis rests on a detailed ‘percolation’ analysis of the ‘resonant graph’ that does not always (i.e. for all versions of our model) apply in first order. We then discussed these latter cases (for which a first order analysis predicts localization).

Taking non-perturbative effects into account, we found a generic argument leading to the conclusion that localized eigenstates should hybridize, where ‘generic’ means that the analysis is no longer dependent on the fine properties of the model anymore. In both cases, the crucial phenomenon is the presence of rare resonant spots that are shown to be mobile, i.e. they can travel through the system and rearrange the state. When based on non-perturbative effects, this conclusion relies on the ergodic-
ity of the resonant spots as only input. Since the mobile resonant spots provide a mechanism for thermalization and transport, our work suggests a scenario for delocalization, and hence absence of an MBL phase, in translation invariant models like ours.

Appendix A: No percolation: \( U_{res} \) given by (B1)

We use the fact that the system is one-dimensional and that the interaction is strictly between nearest neighbors to deduce the following result. Consider two configurations \( \eta \) and \( \eta' \) that belong to the same class \( c \). That is, there is a finite sequence \( \eta(1), \ldots, \eta(n) \) such that

\[
(\eta, \eta(1)), (\eta(1), \eta(2)), \ldots, (\eta(n-1), \eta(n)), (\eta(n), \eta')
\]

are resonant pairs. Then, for any \( x \in V \),

\[
(|\eta_{x-1} - \eta_x| \geq 3, |\eta_x - \eta_{x+1}| \geq 3) \Rightarrow \eta'_{x} = \eta_x. \quad (A1)
\]

To show (A1), we refer to figure 5. Let us assume \( |\eta_{x-1} - \eta_x| \geq 3 \) and \( |\eta_x - \eta_{x+1}| \geq 3 \). Let us first remove the terms \( U_{res,x-1} \) and \( U_{res,x} \) from the Hamiltonian, so that the site \( x \) is decoupled from the rest of the system. This implies \( |\eta_{x+1} - \eta'_{x+1}| \leq 1 \) as, if \( \eta_{x+1} \neq \eta'_{x+1} \), the occupation number \( \eta_{x+1} \) in blue on figure 6 needs at some point to get swapped with the occupation number \( \eta'_{x+1} \) in red figure 5. This can only be if \( |\eta_{x+1} - \eta'_{x+1}| = 1 \) (on figure 5 it is thus not possible). Similarly \( |\eta_{x-1} - \eta'_{x-1}| \leq 1 \). But then, we realize that the same conclusion could have been reached without removing the terms \( U_{res,x-1} \) and \( U_{res,x} \), implying that the site \( x \) is frozen.

Appendix B: Percolation: \( U_{res} \) given by (B1) and (B2)

For the model with resonant Hamiltonian given by (B1), we show that if two configurations \( \eta, \eta' \) satisfy

1. \( |\{x \in V : \eta_x = n\}| = |\{x \in V : \eta'_x = n\}| \) for all \( n = 0, \ldots, N \).
2. They contain an ‘ergodic spot’ \( \mathcal{F} \) with \( p = 3 \), as depicted on figure 4.

then \( \eta, \eta' \) belong to the same class \( c \). For large enough \( V \), a typical configuration will contain a ergodic spot somewhere, so that most of the configurations belong to classes with percolation. The first condition above is merely a manifestation of the obvious ‘polynomial’ constraint mentioned already in Section 4VC. For the model (B2), the statement is the same except that the ergodic spot \( \mathcal{F} \) is now the one from figure 7.

Let us first consider (B1). Let us consider the ergodic spot \( \mathcal{F} \) shown on figure 4 for \( p = 2, 3 \). The spot \( \mathcal{F} \) is delimited in space by two sites \( a \) and \( b \), that we take fixed for the moment. On figure 6 it is shown that \( \mathcal{F} \) is connected via resonant transitions to several other configurations \( \mathcal{F}_1, \ldots, \mathcal{F}_k \) in the same volume delimiting by \( a \) and \( b \). While this alone does not entail percolation, simple generalizations of our construction will do.

Indeed, let us first see that \( \mathcal{F} \) can travel through the chain if \( p \geq 3 \), which means that the two configurations (identical for all \( x \leq a - 1 \) and all \( x \geq b + 2 \))

\[
(\ldots, \eta_{a-1}, \mathcal{F}, \eta_{b+1}, \mathcal{F}, \eta_{b+2}, \ldots)
\]

are connected via resonant transitions. For this, we first transform \( \mathcal{F} \) into \( \mathcal{F}_{\eta_{a-1}} \) as depicted on the figure 6(a). At this point, we absorb the site \( b + 1 \) into the spot, and then undo all the previous steps, which is possible for \( p \geq 3 \). Doing so, we come back to \( \mathcal{F} \) instead of \( \mathcal{F}_a \), a spot that looks like \( \mathcal{F} \), except that it lives in the interval \( [a, b+1] \) instead of \( [a, b] \), and that it contains one more site with occupation number \( \eta_{b+1} \). We now need to evacuate this occupation number to the left side. For this we do the successive transformations represented in figure 6(c), up to the moment that the site \( a \) has occupation number \( \eta_{b+1} \). We let then site \( a \) with occupation number \( \eta_{b+1} \), and we undo the other changes. We end up with the state \((\ldots, \eta_{a-1}, \eta_{b+1}, \mathcal{F}, \eta_{b+2}, \ldots)\).

Second, \( \mathcal{F} \) can be used to swap the occupation number of two near sites if \( p \geq 3 \), whatever these numbers are: the two states

\[
(\ldots, \eta_{a-1}, \mathcal{F}, \eta_{b+1}, \ldots), (\ldots, \eta_{b+1}, \mathcal{F}, \eta_{a-1}, \ldots)
\]

are connected via resonances, for any value of \( \eta_{a-1} \) and \( \eta_{b+1} \). To see this, we apply just a variant of the scheme leading to (B1). We make the steps illustrated on figure 6(a) and (c) to absorb the two sites \( a - 1 \) and \( b + 1 \) into the spot, then undo the steps to get a spot \( \mathcal{F} \) living on the interval \( [a - 1, b + 1] \) and containing one extra site with occupation number \( \eta_{b+1} \) and one extra site with occupation number \( \eta_{a-1} \). This procedure is then repeated, this time to evacuate the occupation number \( \eta_{a-1} \) on the right and the occupation number \( \eta_{b+1} \) on the left.

It is finally seen that, combining mechanisms (B1) and (B2), it becomes possible to permute the occupation number of any site with the occupation number any other one. We so arrive to the desired conclusion for the Hamiltonian given by (B1).

To deal with the Hamiltonian given by (B2), a corresponding ergodic spot is constructed in figure 7. An
that, for most states, the same role as the ergodic spot used for (4).

Appendix C: Nonperturbative percolation: Proof of claims in Section

a. Outcome of the first step of the renormalization scheme. Let us first display $H_0 + J \sum_{m} H_{\text{res}} = (E(0) + J \sum_{m} H_{\text{res}} + \Omega(JU_{\text{per}}) \tilde{\Omega})$ from (22) more explicitly. We recall the partition of classical configurations in classes $c$ defined in Section (C). The many-body Hilbert space can be decomposed accordingly:\n\[ H = \bigoplus_c \mathcal{H}_c. \]
We also denote by $P_c$ the projector on $\mathcal{H}_c$, $P_c = \sum_{\eta \in c} \langle \eta | \eta \rangle$; $\sum_c P_c$ is a partition of unity. Given a class $c$, we denote by $F = F(c)$ the set of frozen sites, and by $S = S(c) \subset F^c(c)$ the connected components of the complement $F^c(c)$. It holds that $H_0 = \sum_c P_c H_0 | P_c$ and we write
\[ P_c H_0 | P_c = P_c \left( \sum_x E_x(0) \right) P_c + \sum_{S(c)} H_{S(c)} \]
with $H_{S(c)} = \sum_{x: \text{supp}(U_{\text{res},x}) \subset S(c)} P_c U_{\text{res},x} P_c$

where we keep in mind that $H_{S(c)}$ depends on $c$ as well and where $\text{supp}(O)$, for a local operator $O$, is the set of sites that $O$ acts on nontrivially. It is observed that, for any $c$, the operator $P_c \left( \sum_x E_x(0) \right) P_c$ is simply number when acting on states in $c$, because in the first step, two states are declared resonant only if they have exactly the same uncoupled ($J = 0$) energy. Let us determine the eigenstates of $H_0 = \sum_c P_c H_0 | P_c$. For each class $c$, they are products of classical configurations in $F$ and $H_{S(c)}$ eigenstates $\alpha_S$ in the regions $S$, i.e.
\[ \Psi = \eta_F \otimes \otimes_S \alpha_S \] (C1)

Such an eigenstate is localized in most places, since we know from Section (C) that, for most states, $\sum_S |S| \ll |F|$. However, the nature of $\alpha_S$ plays a crucial role in the following.

b. Fusing two classes in second order: exemplary case. As a first step to establish that all classes $c$ will eventually be fused in the second step of the scheme, let us consider a class $c$ where there is at least one 'big' (to be quantified later) component $S$, that we denote by $S^*$. This is of course typically the case as the volume grows large. We write $S^* = [a, b]$, we fix a certain $\eta_F$ and fractions $f_0, f_1, f_2 \in \mathbb{N}/|S^*|$ (with $f_0 + f_1 + f_2 = 1$) and we let $c$ be the class of $\eta$ coinciding with the prescribed $\eta_F$ in $F$ and satisfying
\[ \forall x \in S^*: \eta_x \in \{0, 1, 2\}, \quad \# \{x \in S^*: \eta_x = i \} = f_i |S^*|. \] (C2)
(and of course specifications for the other components $S$, which are completely irrelevant for this argument). The resonant Hamiltonian $H_S$ describes a system of interacting bosons. It seems safe to assume that this system is ergodic (there is no reason for it to be localized and it is not integrable in any obvious way).

We show here that, in the second step, this class needs to be fused with the class $c'$, which is the same as $c$ except that $\eta_{a-1} = \eta_a - 1$ and $j_f[S] = j_i[S] + \delta_{a1}$ (in particular $c$ and $c'$ have the same spatial structure, i.e. the same set $F$ and the same sets $S$); we remark that we need $\eta_{a-1} \geq 5$, otherwise $a-1$ is not a frozen site and $c, c'$ are not full classes. The class $c'$ is taken as an example: important is that one boson has been absorbed/ejected into/from $S^*$ and, for the moment, that $c$ and $c'$ have the same spatial structure. Eigenstates of $P_c H_0^c P_c$ are denoted by

$$
\Psi' = \eta_F^c \otimes \alpha_S' .
$$

To establish that $c$ and $c'$ need to be fused in the second step, we show below that, provided that $|S^*|$ is large enough, for any eigenstate $\Psi$ of $P_c H_0^c P_c$, there are many eigenstates $\Psi'$ of $P_c H_0^c P_c$ resonant with $\Psi$, i.e. such that they satisfy (28):

$$
|\langle \Psi | J^2 U' | \Psi' \rangle| \gg |\langle \Psi | H_0^c | \Psi \rangle - \langle \Psi' | H_0^c | \Psi' \rangle|. \quad (C3)
$$

Indeed, according to the definition of classes given in Section 1, this inequality indeed implies that the classes $c$ and $c'$ have to be fused.

c. Proof of (28). The main point to show (28) is this. Let us write $H_c = H_F(c) \otimes S(c) H_S(c)$, and let us denote by $d_S$ the dimension of $H_S(c)$. (we could equally well define $d_S$ as the dimension of $H^c_S$ as these two quantities are of the same order). We will show that, while the r.h.s. of (28) behaves like $1/\sqrt{d_S}$, for given $\Psi$ one typically finds $\Psi'$ such that the r.h.s. behaves like $1/d_S$, so that (28) holds for a large enough spot $S^*$.

Let us first estimate

$$
\langle \Psi | J^2 U' | \Psi' \rangle \quad (C4)
$$

It is an easy check that all (low order in $J$) contributions to $P_c J^2 U' P_c$ are located near site $a$ and the simplest contribution (namely, consisting of only two creation/annihilation operators of order $J^2$ is

$$
J^2 P_c b_{a-1}^* b_a P_c' .
$$

so that (C4) is, up to higher orders

$$
J^2 \langle \eta_F | b_{a-1}^* \eta_F^c \rangle \langle \alpha_S | b_a \alpha_S' \rangle .
$$

The first factor is of order $\sqrt{N}$ by our choice of $\eta_F, \eta_F^c$. The squared modulus of the second factor is the expectation value of

$$
\langle \alpha_S | P | \alpha_S \rangle \quad \text{with} \quad P = | b_a \alpha_S' \rangle \langle b_a \alpha_S' | .
$$

To estimate this, we invoke the ETH (Eigenstate Thermalization Hypothesis, see §21 and references therein) claiming that the ensemble defined by just one eigenstate is in a certain sense equivalent to an equilibrium ensemble at the appropriate values of the conserved quantities. In this case, we take as equilibrium ensemble the uniform (i.e. tracial) state on $H_S$. This yields

$$
\langle \alpha_S | P | \alpha_S \rangle \sim \frac{1}{\dim(H_S)} \text{Tr}_{H_S} (P) = \frac{1}{d_S} = e^{-s|S^*|}
$$

where $s$ is the corresponding entropy density. It remains to estimate the right-hand side of (28); if we choose $\Psi'$ so as to minimize this side, then it is of the order of the level spacing, which is

$$
W \sim e_0 |S^*| \quad \text{the width of the spectrum and } e_0 \quad \text{the energy density. Hence (23) reads}
$$

$$
J^2 \sqrt{e_0} |S^*|^{1/2} \geq e_0 |S^*| e^{-s|S^*|}
$$

which is satisfied provided that, roughly,

$$
|S^*| \geq C |\log(JN^{1/4})|,
$$

where we also used that $e_0 \sim 1/N$ since the $E(1), E(2) \sim 1/N$, and we simply wrote $C$ for parameters of order 1.

The reason that we call this argument ‘non-perturbative’ is of course that the size of spots that we need to consider here grows as $J \rightarrow 0$ (recall that $\mathcal{JN} \ll 1$), unlike in the examples of Section 1.4.

d. Generalization: fusing almost all classes. Up to now, as our conclusion did not depend on the value of $\eta_{a-1}$ (provided that $\eta_{a-1} \geq 6$), we have shown that localization at site $a-1$ is completely lost due to the ergodic spot $S^*$. We can now generalize our argument to show that the class $c$ (with $\eta_{a-1} = 6$) needs also to be fused with classes $c''$ having a component $\{a-1\} \cup S^* = [a-1, b]$. By translation invariance, these classes have then in turn to be fused with classes with a component $[a-1, b-1]$, allowing us to establish that the ergodic spot initially located in $S^*$ can move across the chain. Clearly, by the same mechanism, the spot can also carry bosons from any place to any other one, so that the environment can be modified.

Let us now see how to connect $c$ with $c''$. Instead of considering (for clarity, we omit here all the product over all $S \neq S^*$, since $\alpha_S$ is the same for all vectors involved)

$$
\Psi = \eta_F \otimes \alpha_S', \quad \Psi' = \eta_F^c \otimes \alpha_S'.
$$

as above, we consider

$$
\Psi = \eta_F \otimes \alpha_S', \quad \Psi'' = \eta_F^c \otimes \alpha_S'' \quad \text{with } \eta_F^c(a-1) \text{ equal to the restriction of } \eta_F \text{ to } F \setminus (a-1).
$$

The overlap (C4) is now calculated as

$$
|\langle \Psi | J^2 U' | \Psi'' \rangle| = C J^2 (\langle \Psi'' | P | \Psi'' \rangle)^{1/2} \quad (C5)
$$
with $P$ the one-dimensional projector with range $P^2U'\Psi$. The factor $\sqrt{n}$ is now missing (it is replaced by $C$ as $\eta_{n-1}$ is necessarily small (in fact, equal to 4) in order that one application of the $U'$-term can enlist this site into the bubble.

e. Application to the first model of Section 4.1. For that first model, the class specified in (2) would, for example, only have $\eta \in \{0, 1\}$. Then $H_S(c)$ would describe a system of one-dimensional hard core bosons with nearest neighbor hopping, which is integrable. This would have invalidated the assumption of ETH. However, even if one would have concluded that after the second iteration step, the Hamiltonian is localized, then one can continue the procedure and at some step the resonant Hamiltonians in the delocalized regions $S$ would generically be ergodic because, when sufficiently many perturbation terms are included, the range of the hopping and the boson-boson interaction grows. Hence, all what was really necessary for our argument is that, everywhere in space, there are subspaces in Hilbert space in which the system is ergodic.

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[26] We question this, exactly because of the analogy to the situation in the present paper, and we are currently investigating whether ergodic spots can destroy the localized phase in quenched disorder systems with non-full MBL.
[27] This however requires some thought. For example, there is the following issue that is absent in systems with quenched, smoothly distributed disorder. Since in higher orders, the hopping eventually becomes of range $n$, one needs to take into account the renormalization of the interaction by the hopping, as otherwise all transitions would seem resonant. This is explained in [22].
[28] The number of connected components $c$ cannot grow slower than $|V|^\eta_{n-1}$ (as $|V| \to \infty$) due to the obvious constraint that the resonant Hamiltonian does not change the number of sites $x$ with $\eta_x = n$, for any $n \leq N$. This polynomial constraint is however irrelevant for our question, as the number of vertices of $G$ (number of configurations $\eta$) is exponential, namely $(N + 1)^{|V|}$.
[29] Of course, this relies on the folk belief that ergodicity is generic.