UHMWPE wear debris upregulates mononuclear cell proinflammatory gene expression in a novel murine model of intramedullary particle disease

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Background We examined the effects of ultra-high molecular weight polyethylene (UHMWPE) particles on mononuclear cell proinflammatory gene expression in a novel murine model. We hypothesized that mononuclear cell gene transcription of tumor necrosis factor-alpha (TNF-α), interleukin-1 beta (IL-1β), interleukin-6 (IL-6) and macrophage chemoattractant protein-1 (MCP-1) would be upregulated by the addition of polyethylene particles in this murine intramedullary rod model.

Material and methods The model involved a stainless steel Kirschner wire inserted retrograde with a line-to-line fit in bilateral femora of C57bl/6 mice. Additionally, the right femora were injected with $3 \times 10^9$ UHMWPE particles. Mononuclear marrow cells were isolated by bone marrow aspiration and Ficoll-Paque centrifugation at 2, 4 and 10 weeks post-surgery. Total RNA was isolated and real-time RT-PCR was performed to quantify gene expression. Histological specimens of explanted femora were also analyzed to track the changes in periprosthetic tissue.

Results UHMWPE particles stimulated gene transcription in mononuclear cells when examined at 2, 4 and 10 weeks post-surgery, compared to the rod-only group. Relative levels of IL-1β and MCP-1 mRNA increased in a linear fashion over the 10-week time-course. IL-6 mRNA showed increased expression which peaked at 4 weeks. TNF-α mRNA expression was variable and reached a minimum at 4 weeks. The addition of UHMWPE particles stimulated ingress of macrophages and multinuclear cells of macrophage origin to the bone-implant interface.

Interpretation In this model, a single bolus of UHMWPE particles had a long-term effect on gene transcription in mononuclear cells which perpetuated a chronic inflammatory state. This murine model of intramedullary particle-induced inflammation simulates periprosthetic events associated with implant wear in humans, and may contribute to a more mechanistic understanding of wear-debris associated prosthesis failure.

The long-term outcome of total joint replacement surgery remains compromised by wear-debris associated inflammation, bone loss and implant loosening (Harris et al. 1976, Callaghan et al. 1998, Orishimo et al. 2003). The bone-implant interface in arthroplasty failure is characterized by a foreign-body and chronic inflammatory reaction (Santavirta et al. 1990, Jiranek et al. 1993, Neale et al. 1999, Al-Saffar and Revell 2000). Macrophages and multinuclear cells of macrophage origin contribute, in part, to the expression of inflammatory factors implicated in chronic inflammation, osteoclastogenesis and bone resorption. Macrophages contained within periprosthetic tissues retrieved from failed total joint arthroplasties (TJA) are associated with high levels of proinflammatory cytokines such as interleukin-1 beta (IL-1β), tumor necrosis factor-alpha (TNF-α) and interleukin-6 (IL-6) (Jiranek et al. 1993, Chiba et al. 1994, Goodman et al. 1998), each of which has been shown to stimulate bone resorption (Merckel et al. 1999, Kudo et al. 2003, Xing et al. 2003).
Several proinflammatory cytokines have been implicated in osteoclastogenesis and bone resorption. TNF-α is expressed by many cell lines, including activated monocytes. TNF-α can be stimulated by IL-1 and is able to inhibit or induce its own synthesis in an autocrine fashion. TNF-α stimulates the production of proinflammatory adhesion molecules and increases the differentiation and maturation of osteoclasts, resulting in bone resorption in vitro and in vivo (Algan et al. 1996, Schwartz et al. 2000, Kudo et al. 2002). Inhibition of TNF-α reduces particle-induced inflammation and connective tissue destruction in in-vitro and in-vivo models of particle disease (Merckel et al. 1999, Clohisy et al. 2002).

IL-1 is produced by a variety of cell types, including macrophages and osteoclasts. It is a proinflammatory cytokine that activates lymphocytes, chemokines such as MCP-1, and proinflammatory cytokines such as TNF-α and IL-6. IL-1, similar to TNF-α, is thought to operate through the NFκB transcription factor. IL-1 receptor antagonists have been shown to reduce the effects of particle-induced inflammation and connective tissue destruction in vivo models of particle disease (Sud et al. 2001, Yang et al. 2002).

IL-6 is released from periprosthetic membranes of failed arthroplasties (Neale et al. 1999, Konttinen et al. 2002) as well as from macrophages challenged with prosthetic wear debris (Nakashima et al. 1999b, Niki et al. 2003). Furthermore, IL-6 has been shown to promote osteoclastogenesis (Ishimi et al. 1990, Jilka et al. 1992, Neale et al. 1999) in concert with other bone-resorbing agents.

MCP-1 is a chemotactic protein produced by monocytes and fibroblasts, and is involved in monocyte/macrophage recruitment to sites of inflammation (Boring et al. 1997). MCP-1 responds to IL-1 in vitro and may potentiate the release of proinflammatory cytokines from macrophages (Rahimi et al. 1995, Nakashima et al. 1999a, Biswas and Sodhi 2002).

Although animal models are available to study the mechanisms of joint failure, few models simulate the intramedullary long-bone environment representative of joint replacement in humans. Also, even though the roles of individual cytokines such as TNF-α, IL-1β, IL-6 and MCP-1 have been studied in short-term experiments using other models, the temporal relationship of these cytokines in the intramedullary murine environment has not been addressed.

In order to study the effects of intramedullary UHMWPE in the murine femoral intramedullary space, we have developed a technique of rod implantation, particle addition and mononuclear cell isolation that can be used to improve the quality of mechanistic in vivo-studies over extended periods of time. To identify the relationship between various proinflammatory cytokines over time, we performed real-time RT-PCR analysis on periprosthetic mononuclear cells isolated from the femoral space after 2, 4 and 10 weeks of implantation with a rod, both with and without UHMWPE particles. We hypothesized that a single bolus of $3 \times 10^9$ UHMWPE particles would induce a chronic inflammatory and foreign-body reaction characterized by increased transcription of TNF-α, IL-1β, IL-6 and MCP-1 over the course of 10 weeks.

**Material and methods**

**Experimental design**

We studied the effects of an intramedullary rod and UHMWPE particles placed in the femora of wild-type C57BL/6 mice. Each mouse was implanted with a rod and particles in the right femur (experimental side), and a rod only in the left femur (control side). The mononuclear cell RNA from 5 experimental femora implanted with UHMWPE particles and intramedullary rods was pooled to make up 1 experimental group sample, and pooled mononuclear cell RNA from the 5 contralateral rod-only femora of the same mice comprised the corresponding control group sample. 3 pooled RNA samples and 3 pooled controls, derived from 15 mice, were studied at each of 3 time points: 2, 4 and 10 weeks after surgery. Thus, 45 mice were used.

**Animals**

Adult (12–14 week-old) male C57BL/6 wild-type mice were obtained from the university in-house breeding colony. The animals were cared for according to the NIH institutional guidelines for the care and use of laboratory animals.
**Surgical procedure**

Animals were anesthetized with a 1:1 ketamine/xylazine cocktail prepared at 20 mg/mL and administered subcutaneously. The distal femora were accessed through a medial parapatellar arthrotomy and lateral displacement of the quadriceps-patellar complex. A 27-gauge needle was used to manually drill through the intercondylar notch and into the medullary cavity of the distal femur (Figure 1A). This was followed by insertion of a 25-gauge needle. The carrier solution with UHMWPE particles was then injected into the right femur, whereas the left femur received carrier solution alone, with no particles. A 10-mm long, 25-gauge stainless steel Kirschner wire was then inserted retrograde with a line-to-line fit in the femoral canal (Figure 1B). The quadriceps-patellar complex was repositioned and the medial quadriceps arthrotomy was repaired with 5.0 Vicryl sutures. Femora were harvested bilaterally at 2, 4 and 10 weeks. The mice were killed in a CO\textsubscript{2} chamber.

**Intramedullary rod**

A 25-gauge stainless steel Kirschner wire (McMaster-Carr, Chicago, IL) was cut into 10-mm long rods and steam autoclaved.

**Particles**

UHMWPE particles with a mean diameter of 0.5 (SD 0.3) µm were harvested from in-vitro wear experiments and used in the present study. Particle size was measured using scanning electron microscopy and NIH imaging software. The particles were reconstituted to a concentration of $1 \times 10^{11}$ particles/mL, resulting in the delivery of $3 \times 10^{9} \pm 5 \times 10^{8}$ UHMWPE particles per femur. The carrier solution consisted of a 1:3 solution of sodium hyaluronate (Pharmacia Upjohn, Kal- amazoo, MI) in phosphate buffered saline (Gibco BRL, Grand Island, NY). Particles were tested and confirmed negative for endotoxin using the Limulus Amoebocyte Lysate assay (BioWhittaker, Waldersville, MD).

**Isolation of mononuclear cell RNA**

Bone marrow cells were collected from the marrow space immediately proximal to the distal femoral condyles and at the base of the greater trochanter. The bone marrow cavity was aspirated with 3 mL of Dulbecco’s Modified Eagles Medium (DMEM, Gibco) and aspirate from five femora was pooled to provide a sufficient quantity of RNA for further analysis. Bone marrow aspirate was then layered over Ficoll-Paque Plus (Amersham Biosciences, Sweden). The layered solution was centrifuged at 6,000 rpm for 30 min. The supernatant was removed and the cells washed three times with PBS. The pelleted cells were lysed in 1 mL TriReagent (Sigma, St. Louis, MO). Total RNA was isolated and cleaned using the RNeasy Mini Kit (Quiagen, Valencia, CA). RNA yield was quantified by spectrophotometry. cDNA was generated using Taqman reverse transcription reagents (Applied Biosystems, Foster City, CA). Following the manufacturer’s protocol, a solution of 40 µL of RNA + reagents was incubated in a thermal cycler for 10 min at 25°C, 30 min at 48°C and 5 min at 95°C.

**Real-time RT-PCR**

Relative changes in TNF-α, IL-1β, MCP-1 and
IL-6 mRNA levels were measured using semi-quantitative real time PCR (RT-PCR). Unlabeled commercially available primers specific for murine TNF-α, IL-1β, MCP-1 and IL-6 mRNA and 28S RNA and a FAM reporter dye probe were obtained from Applied Biosystems. 1.5 µL of primer + probe was combined with 15.5 µL per Master Mix (Applied Biosystems), 11.5 µL DNase/RNase free water (Sigma) and 2.0 µL DNA sample. 10 µL of this solution was loaded into wells of a 96-well-plate and run in triplicate.

Following primer binding, probe hybridization and TAQ polymerase degradation, the levels of the reporter dye present were read using a Prism 7900HT Sequence Detection System (Applied Biosystems). Levels of mRNA were normalized to 28S RNA and measured according to the ΔΔCt method of relative quantification (Livak and Schmittgen 2001). Briefly, ΔCt = Ct_y – Ct_z where y = rod and UHMWPE particles and z = rod-only sample. The fold difference was calculated from 2−ΔΔCt and reported as fold change relative to the rod-only sample.

**Histology**

Each femur was cut immediately proximal to the distal condyles (5 mm from the articular surface) and the specimen was placed in 10% neutral buffered formalin (pH 7.2–7.4, Sigma) for 24 h at room temperature and then decalcified in formic acid-based decalifier (TBD-2, Thermo-Shandon, Pittsburgh, PA) for 36 h. The intramedullary rod was carefully removed and the bone samples were embedded in paraffin. 4-µm thick sections were cut on a microtome transversely through the distal metaphysis, starting 3 mm from the distal end of the femur and proceeding distally (Figure 1C). Sections were stained with hematoxylin and eosin (HE).

**Statistics**

Statistical analysis was performed using within-group ANOVA and Student’s paired t-test with Bonferroni’s correction. A p-value of less than 0.05 was regarded as being significant.

**Results**

**Yield of total RNA from mononuclear cells of femoral medulla**

Total RNA was isolated from bone marrow mononuclear cells of femora with rod and UHMWPE particles and femora with rod only after 2, 4 and 10 weeks. At 2 weeks, the RNA levels (measured by spectrophotometry) were 161 and 188 µg/mL, respectively; at 4 weeks they were 192 and 200 µg/mL, respectively; and at 10 weeks they were 305 and 157 µg/mL, respectively. There were no significant differences in yield observed at 2 or 4 weeks, but at 10 weeks the total RNA was increased by 94% (p = 0.01; Table).

**RT-PCR**

At 2 weeks, the average expression of TNF-α, IL-1β, MCP-1 and IL-6 mRNA was not significantly altered when experimental and control sides were compared (Figures 2 and 3).

At 4 weeks, TNF-α mRNA from mononuclear cells was reduced by 95% (p = 0.02) in the femora with both rod and UHMWPE, as compared to rod-only (control) femora (Figure 2A). No statistically significant differences in IL-1β mRNA expression were observed (Figure 2B). IL-6 mRNA was elevated by 80% (p = 0.04; Figure 3B). No statistically significant differences in MCP-1 mRNA expression were observed compared to the controls (Figure 3A).

At 10 weeks, the mononuclear cells from the rod and UHMWPE particle group showed elevated expression of TNF-α and IL-1β mRNA relative to the rod-only group, by 25% and 110%, respectively (p = 0.04, 0.01; Figure 2). MCP-1 and IL-6 expression were elevated by 120% (p = 0.03) and 50% (p = 0.05), respectively (Figure 3).
**Histology**

At 2 weeks, the periprosthetic tissues were extremely cellular in both treatment and control groups, and contained normal marrow elements including megakaryocytes. In the treatment group, macrophages and multinuclear cells of macrophage origin were seen to surround and engulf the polyethylene particles (Figure 4). By 4 weeks, macrophages with intracellular particles were prominent in the tissues of the experimental group. Scalloped bone edges, indicating bone resorption, were observed in the marrow space adjacent to the intramedullary rod in the group with polyethylene particles (Figure 5). At 10 weeks postoperatively, in the femora with rod but without particles, there were no giant cells and the marrow was less cellular in general (Figure 6A). In femora with rod and particles, numerous multinucleated foreign body giant cells containing polyethylene particles were located at the periprosthetic interface (Figure 6B).

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**Figure 2.** Relative mRNA expression of mononuclear cells from murine femora with UHMWPE and rod, versus rod only. (A) TNF-alpha expression at 2, 4 and 10 weeks. (B) IL-1 beta expression at 2, 4 and 10 weeks. Each time point consisted of 3 groups of mice (n = 3) with each group consisting of pooled mononuclear cells from 5 femora. * p < 0.05 using ANOVA and Fisher’s post-hoc test; ** p < 0.1 using ANOVA, and p < 0.05 with a paired Student’s t-test. Error bars indicate standard error of the mean.

**Figure 3.** Relative mRNA expression of mononuclear cells from murine femora with UHMWPE and rod, versus rod only. (A) MCP-1 expression at 2, 4 and 10 weeks. (B) IL-6 expression at 2, 4 and 10 weeks. Each time point consisted of 3 groups of mice (n = 3) with each group comprised of pooled mononuclear cells from 5 femora. * p < 0.05 using a paired Student’s t-test at individual time points. Error bars indicate standard error of the mean.
Discussion

We have taken advantage of a newly developed intramedullary model to examine the effects of UHMWPE particles on gene expression of 4 pro-inflammatory mediators in mononuclear cells. Our data have demonstrated that a single bolus of $3 \times 10^9$ UHMWPE particles in the presence of an intramedullary rod stimulates a sustained local inflammatory reaction in the murine medullary cavity. In our experiments, the effect was most pronounced at the final sampling time of 10 weeks.

We specifically developed a murine model in order to facilitate mechanistic studies of the bone-prosthetic interface which could easily incorporate genetic techniques. The rod used in this model is press-fit in an intramedullary location and the implant is exposed to the joint space, simulating the scenario of joint replacement in humans. The intramedullary rod is a load-sharing device, but it is not directly weight-bearing. Although it cannot exactly replicate a weight-bearing prosthesis, this model provides a means of observing temporal changes in the local periprosthetic intramedullary environment in response to the presence of UHMWPE particles.

We chose UHMWPE particles because they are clinically relevant to processes of wear and osteolysis. The particles are of such a size (0.5 (SD 0.3) $\mu$m diameter) that they can be taken up by macrophages, and this size is similar to that of particles generated in vivo. Since the number of particles exposed to phagocytic mononuclear cells has been shown to be the major determinant of mononuclear cell activation, we selected a dosage in the order of $10^9$. A 100:1 ratio of 0.5 $\mu$m diameter particles to phagocytic mononuclear cells has been shown to modulate gene expression in vitro (Green et al. 2000, Matthews et al. 2000). The average number

![Figure 4](image1.png)

Figure 4. Tissue surrounding the rod in a femur that received polyethylene particles. 2 weeks post-surgery. Arrows indicate engulfed polyethylene particles in phagocytic cells. Hematoxylin and eosin (HE) stain. Magnification: 80 x.

![Figure 5](image2.png)

Figure 5. Engulfed polyethylene in macrophages persisting at 4 weeks post-surgery (in femora with rod and UHMWPE particles). Note the characteristic opaque cytoplasm and irregular contours adjacent to scalloped lacunae at the bone-implant interface. HE stain. Magnification: 60 x.

![Figure 6A](image3.png)

Figure 6. (A) Marrow cells from femur implanted with rod only at 10 weeks post-surgery. HE. Magnification: 20 x. (B) Engulfed UHMWPE particles can be seen in foreign-body giant cells 10 weeks after surgery. HE stain. Magnification: 40 x.
The increased presence of total mononuclear cell RNA in the femora that were exposed to particles compared to femora that were not exposed to particles at 10 weeks may support this argument.

IL-6 was persistently elevated in the presence of UHMWPE particles, which is consistent with a prolonged inflammatory effect of UHMWPE particles within the marrow space. The persistent upregulation of MCP-1 suggests that as UHMWPE particles are engulfed by phagocytic mononuclear cells, the recruitment of macrophages is persistent and increases over time, even without the continued addition of wear debris. Our data support the conclusion that IL-6 and MCP-1 are released by mononuclear cells in response to stimulation by UHMWPE particles, and may contribute substantially to the persistence of the chronic inflammatory state.

The acute inflammation that accompanies surgery is generally resolved by approximately 2 weeks. Suva et al. (1993) found that in the rat tibia, acute inflammation and repair were resolved within 14 days. Shimizu et al. (1998) employed a far more invasive model of murine femoral bone marrow ablation and found general resolution by 2 weeks and complete resolution by 4 weeks. The focus of the present study is on the response to particles after the acute inflammation to the surgery itself has subsided. Our RNA expression analysis is based on the relative expression in femora exposed to particles versus those not exposed to particles. The time points selected reflect the post-acute inflammatory response to the surgical procedure alone, as defined by the current literature.

Histological analysis showed a persistent inflammatory and foreign body reaction over a time course of 10 weeks. The giant cells were larger and in greater numbers at 10 weeks than at 2 weeks, presumably because of increased cellular recruitment and chronic inflammation.

Non-murine animal models of various designs have been examined to provide insight into the pathophysiology of particle-induced inflammation. Dog (Shanbhag et al. 1997, Jones et al. 2001), rabbit (Sundfeldt et al. 2002, Hallab et al. 2003) and rat (Kim et al. 1998, Millet et al. 2002) models that allow examination of the intramedullary response to a prosthetic and wear debris have been designed, but to our knowledge, there have been no femoral intramedullary mouse models described. Amongst others, Childs et al. (2001) and Merckel et al. (1999) have used the murine calvarial model to examine the role of TNF-α in particle-induced osteolysis. In addition, Yang et al. (2002) have used the air pouch model to examine the effects of gene therapy on particle-induced inflammation.

The differential upregulation of proinflammatory mediators in the present model suggests that the process of particle-induced prosthesis failure is a complex one and may involve multiple pathways that are not yet fully understood. Because the response to particulate debris involves multiple cell types interacting through autocrine and paracrine mechanisms, this model can be used to complement in vitro studies. The strength of this model lies in its ability to allow us to examine the dynamic process of wear debris-induced inflammation in the femoral intramedullary microenvironment, using several analytical methods over extended time periods. Murine models are advantageous in the study of genetic mechanisms particularly because of their low cost and the ease
of access to genetic assays. One shortcoming of small-animal models, however, is the need to use pooled sampling techniques for RNA isolation. Even so, through continued improvements in modern genetic technology, this murine model of intramedullary particle-induced inflammation may contribute to a better understanding of the mechanisms behind wear debris-associated prosthetic failure and provide a useful means of evaluating pharmacological interventions.

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