Review Article

The Positive Role and Mechanism of Herbal Medicine in Parkinson’s Disease

Rong Yin,1 Jie Xue,2 Yanfeng Tan,1 Chuantao Fang,3 Chunchun Hu,1 Qian Yang,1 Xinyu Mei,2 and Dashi Qi1,2

1Institute of Pediatrics, Department of Neonatology, Developmental and Behavioral Pediatric Department & Child Health Care Department, Children’s Hospital of Fudan University, Fudan University, Shanghai, China
2Center for Clinical Research and Translational Medicine, Department of Neurology, Yangpu Hospital, Tongji University School of Medicine, Shanghai, China
3Tenth People’s Hospital of Tongji University, Tongji University School of Medicine, Shanghai, China

Correspondence should be addressed to Xinyu Mei; mxy201512@163.com and Dashi Qi; qidashi@fudan.edu.cn

Rong Yin and Jie Xue contributed equally to this work.

Received 25 March 2021; Revised 23 June 2021; Accepted 15 July 2021; Published 3 September 2021

Academic Editor: Silvana Hrelia

Copyright © 2021 Rong Yin et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Parkinson’s disease (PD) is a complex neurodegenerative disease, manifested by the progressive functional impairment of the midbrain nigral dopaminergic neurons. Due to the unclear underlying pathogenesis, disease-modifying drugs for PD remain elusive. In Asia, such as in China and India, herbal medicines have been used in the treatment of neurodegenerative disease for thousands of years, which recently attracted considerable attention because of the development of curative drugs for PD. In this review, we first summarized the pathogenic factors of PD including protein aggregation, mitochondrial dysfunction, ion accumulation, neuroinflammation, and oxidative stress, and the related recent advances. Secondly, we summarized 32 Chinese herbal medicines (belonging to 24 genera, such as Acanthopanax, Alpinia, and Astragalus), 22 Chinese traditional herbal formulations, and 3 Indian herbal medicines, of which the ethanol/water extraction or main bioactive compounds have been extensively investigated on PD models both in vitro and in vivo. We elaborately provided pictures of the representative herbs and the structural formula of the bioactive components (such as leuchoiodes B and astragaloside IV) of the herbal medicines. Also, we specified the potential targets of the bioactive compounds or extractions of herbs in view of the signaling pathways such as PI3K, NF-κB, and AMPK which are implicated in oxidative and inflammatory stress in neurons. We consider that this knowledge of herbal medicines or their bioactive components can be favorable for the development of disease-modifying drugs for PD.

1. Introduction

Parkinson’s disease (PD), a long-term neurodegenerative disorder of the central nervous system (CNS) that mainly affects the motor system, was first described in “Essay on the Shaking Palsy” by James Parkinson in 1817 [1, 2]. In epidemiology, PD incidences are estimated to range between 5 and 346/100,000 person-years in European countries, which also increases by 5- to 10-fold in populations from 60 to 90 years old [2, 3]. Patients with PD commonly manifest clinical symptoms including tremor, rigidity, slowness of movement, difficulty in walking, autonomic dysfunction, pain, and cognitive decline in the later stages [4–6]. In pathology, the brain tissues of PD patients mostly display the loss of dopaminergic neurons in the substantia nigra pars compacta (SNpc) of the midbrain, the deposit of intraneuronal protein (called Lewy bodies), and aggregates of cytoplasmic inclusions containing insoluble α-synuclein [2]. Over the past decades, it has been well documented that oxidative stress, impaired mitochondrial function, inflammation, apoptosis, dysfunction of proteolysis, and loss of neurotrophic factors are implicated in the pathogenesis of PD [7]. In treatment, dopamine replacement and levodopa, two prevalent medications for PD, only exhibit some effects of limited symptomatic relief but cause...
many severe adverse effects, such as hallucination and involuntary movement [8, 9]. Therefore, disease-modified therapy for PD is currently unavailable.

Herbal medicines, as the fundamental part of traditional medicine (such as in China and India), have been gradually accepted for use in the treatment of various diseases worldwide due to their multilevel function characteristics and remarkable efficacy (in some cases) with fewer adverse effects [10]. For example, natural products derived from Chinese herbal medicines, such as curcumin, epigallocatechin gallate, ginsenosides, berberine, artemisinins, emodin, ursolic acid, silibinin, triptolide, curcubitacin, oridonin, tanshinone, artesunate, shikonin, β-elemene, gambogenic acid, cepharanthine, and wogonin, have been demonstrated with multiple bioactivities including proapoptotic, antiangiogenic, and antifibrotic effects, as well as immunity balance, autophagy regulation, and chemotherapy improvement both in vitro and in vivo [11, 12]. In ancient China, many herbal medicines listed in Shen Nong’s Classic of Materia Medica, the earliest complete pharmacopeia of China, are still being practiced in the treatment of PD, such as Radix achyranthis bidentatae, Herba asari, Fruits fructicus, and Fruits xanthii [13]. In India, there has also been a long history of using herbal medicines in the treatment of neurodegenerative diseases, such as Withania somnifera, Mucuna pruriens, and Tinospora cordifolia. These lines of evidence indicated that herbal medicines may be promising candidates to obtain disease-modifying drugs for PD. In modern pharmacological research, the ingredients or extracts of herbal medicines (such as Acanthopanax, Alpinia, and Astragalus) indeed have been demonstrated to exhibit continuous and considerable effects on the models of PD [14, 15]. Over the past decades, the potential molecular targets of herbal medicine extracts have been extensively discovered, which will facilitate the identification of the bioactive compounds of the pharmacodynamic mechanisms of these herbs [15]. In this review, we will summarize the recent updates in studies that (1) elevate the effects of herbal medicine extracts on PD models and (2) explore the potential working mechanisms or targets of herb extracts or bioactive ingredients. We also included the usage of some common Chinese herbal formulations with considerable anti-Parkinsonian activities. We hope the knowledge may facilitate the development of disease-modifying drugs for PD.

2. Pathogenesis of PD

2.1. Protein Misfolding and Aggregation. Although the underlying mechanism remains elusive, protein misfolding and aggregation are the most common molecular phenomena and causative factors for the pathogenesis of PD. For example, the protein of SNCA, PARK2, PINK1, DJ-1, and LRRK2 frequently misfold in the SNpc of the midbrain due to the mutations in their gene [16–18]. Lewy bodies (LBs), a kind of neuronal inclusion, are the aggregation of abnormal proteins in the nerve cells of certain brain regions, which also serve as the major pathological hallmark of PD and dementia [19]. Although α-synuclein is the main component of LBs, it also has been found to play critical roles in other Lewy pathologies, such as pale bodies and Lewy neurites [20, 21]. In physiological conditions, α-synuclein is naturally present as an unfolded and structured protein, unlikely to transform into highly organized fibrils (Figure 1). However, in the presence of extreme stimuli such as acidic pH and high temperature, it exhibits a strong proneness to transform into a partially folded conformation or intermediate, which intensely promotes the formation of α-synuclein fibrils [22–26]. Therefore, a model for the fibrillation of α-synuclein was proposed, in which the first step is the conformational transformation of the natively unfolded protein into the aggregation-competent partially folded intermediate.

Consistently, Uversky et al. observed several different aggregated α-synuclein forms such as ring-like protofibrillar, amorphous, oligomeric intermediates, amyloid fibrils, and spherical-shaped [27]. In support of the environment-induced pathogenesis of PD, many exogenous chemical compounds such as pesticides, herbicides, and metal ions were demonstrated to accelerate the aggregation process of α-synuclein [28, 29]. In another line, multiple missense point mutations (such as A30P, G51D, E46K, A53T, and A30P) of the α-synuclein coding gene have been identified in the familial PD cases from different populations including Spanish, Italian-American, and German [22–26], which aggravate the misfolding and aggregation of this protein in the SNpc of patients. Also, the increased accumulation of α-synuclein protein was frequently observed in family members of PD patients, suggesting point mutations of α-synuclein may be critical risks of its aggregation.

Fujiiwara et al. identified a posttranslational modification p-Ser129 of α-synuclein, and also found that Ser129 of α-synuclein is extensively phosphorylated in synucleinopathy lesions [30]. In vitro data by Fujiiwara et al. showed that p-Ser129 of α-synuclein promotes α-synuclein fibril formation [30]. In 2019, Hu et al. found that adenosine triphosphate (ATP-) dependent Clp protease (ClpP), a mitochondrial matrix protease, suppresses the phosphorylation of α-synuclein Ser129 to promote neuronal morphology of neurons derived from PD patients carrying the α-synuclein A53T mutant [10]. This finding suggests that ClpP might be a useful therapeutic target for α-synuclein-induced neuronal pathologies, such as PD and other synucleinopathies.

Although age is considered the greatest risk factor for α-synuclein formation, the underlying details are still exclusively based on the evidence that misfolded α-synuclein protein is found in both the brain and periphery system of PD patients. Braak et al. have carried out animal experiments to prove that the initial misfolded α-synuclein may be formed from nerve tissues and then spread to the brain via peripheral autonomic nerves [31]. They found a robust age-dependent gut-to-brain and brain-to-gut spread of α-synuclein pathology along the sympathetic and parasympathetic nerves of rats, and α-synuclein pathology is more densely packed and resistant to enzymatic digestion in old rats. Their observations indicate that age is a crucial factor for α-synuclein aggregation.

2.2. Mitochondrial Dysfunction. Mitochondria are the most critical energy-producing center by generating ATP in almost all eukaryotic cells [32]. Over the past several decades,
mitochondrial dysfunction (particularly oxidative stress) has been demonstrated to contribute to the pathogenesis of PD by multiple lines of evidence both in PD patients and related animal models [33–35] (Figure 1). MPTP, a synthetic opioid drug produced during the manufacture of 1-methyl-4-phenyl-4-propionoxypiperidine (MPPP), interferes with the components of the mitochondria electron transport chain (ETC) to be transformed into a toxic cation named 1-methyl-4-phenylpyridinium (MPP+) via a monoamine oxidase B enzymatic action [36]. In neurons, MPP+ efficiently induces oxidative stress (e.g., nitric oxide) and ATP production restrains, which further leads to an elevation of intracellular calcium concentration and excitotoxicity-mediated neuronal damage [37]. Importantly, it was frequently observed that MPTP intake results in mitochondrial dysfunction, and causes permanent PD symptoms among different experimental models [38–40]. In the substantia nigra region of PD patients, the elevation of MPTP metabolites also was frequently observed, which causes the inactivation of ETC components (i.e., complex I) [41–43]. On the other hand, the aberrations of mitochondrial functions, such as rotenone-induced functional inhibition of complex I (rotenone, lipophilic pesticides) also cause PD-related anatomical, behavioral, neurochemical, and neuropathological abnormalities in human patients [44]. Moreover, in patients from familial PD, the maternally inherited mutations in mitochondrial DNA (encoding proteins for the synthesis of ETC components) or 12S rRNA (influencing cytochrome c oxidase production) that lead to mitochondrial dysfunction are tightly associated with the pathogenesis of PD [45, 46].

Recently, many researchers tried to explain the pathogenesis of PD in the view of mitochondria-lysosome crosstalk. In 2021, Kim et al. observed that mitochondria-lysosome contacts were dynamic in the soma, axons, and dendrites of human neurons [47]. Whereas, it exhibited a morphological contact prolongation in the neurons derived from PD patients that harbor mutant GBA1 [47]. They also demonstrated that the prolongation was due to the decreased GBA1 lysosomal enzyme activity because the phenotype could be rescued by restoring enzyme activity with a GCase modulator. Furthermore, the contact prolongation resulted in the disruption of mitochondrial distribution and function. Therefore, all the observations definitely indicate the association between mitochondrial dysfunction and PD. More recently, a study by Matsui et al. showed that cytosolic double-strand DNA (dsDNA) of mitochondrial origin escaping from lysosomal degradation exhibits cytotoxicity in cultured cells and PD phenotypes in vivo [48]. The cytotoxicity was largely neutralized by the overexpression of DNase II (a lysosomal DNase that degrades discarded mitochondrial DNA) or the depletion of IFI16 (a sensor for cytosolic dsDNA).
of mitochondrial origin). Moreover, reducing cytosolic dsDNA by overexpressing human DNase II ameliorates movement disorders and dopaminergic cell loss in GBA-mutated PD zebrafish models. These results support a common causative role for the cytosolic leakage of mitochondrial DNA in PD pathogenesis.

2.3. Unbalance of Metal Ion Homeostasis in the Brain. In physiological conditions, ions (in particular calcium and iron) have been explicitly demonstrated to be implicated in various vital biological processes including DNA biosynthesis, myelin sheath and neurotransmitters, mitochondrial respiration, and brain development and metabolism [49–51]. The accumulation of iron in the SNpc and reticula of PD patients has been frequently observed, which also increases with disease severity [52–56] (Figure 1). In 2017, Lei et al. found that, in mice, lithium administration induces the elevation of nigral and cortical iron by lowering brain tau levels, thereby leading animals to show cognitive loss and parkinsonian features [57]. Besides, single nucleotide polymorphisms or mutations in DMT1 (divalent metal transporter 1, involving iron transportation) were identified in dopaminergic neurons of PD patients [58–60]. In 2020, Angelova et al. reported that ferroptosis, an iron-dependent form of necrotic cell death marked by oxidative damage to phospholipids, participates in the pathogenesis of PD in human iPSC-derived neurons [61]. Generally, ferroptosis causes the accumulation of 15-hydroperoxy Hp-arachidonoyl phosphatidylethanolamine (15-HpETE-PE) which can induce a death signal. In fibroblasts from a patient with a PD-associated mutation (BPDR747W), Sun et al. recently found a selective elevation in 15-HpETE-PE level sensitivity to ferroptosis [62]. They also constructed Pnpla9R748W/R748W (mutation (fPDR747W), Sun et al. recently found a selective elevation in 15-HpETE-PE level sensitivity to ferroptosis [62]. They also constructed Pnpla9R748W/R748W (mutations relate to neurodegeneration in human) mice using CRISPR/Cas9 technology and observed that the mice exhibited progressive parkinsonian motor deficits and 15-HpETE-PE accumulation. Meanwhile, they provided evidence to support that 15-HpETE-PE level is elevated in midbrains of rotenone-treated PD rats and α-synuclein-mutant A33T mice. These observations indicate that iron ion homeostasis is required for the physiological functions of the brain.

In another line, the cytosolic Ca\textsuperscript{2+} in SNpc DA neurons is mainly responsible for three complementary functions: (1) helps maintain the slow tonic spiking in these neurons, even though it is not required for pacemaking; (2) positively modulates the expression and activity of enzymes involved in DA synthesis, ensuring a match between the supply and demand of the neurotransmitter; and (3) stimulates oxidative phosphorylation and ATP production [63–65]. CaV1.3, a subtype of Ca\textsuperscript{2+} channel, was found to be used in dopaminergic neurons vulnerable to neurodegeneration in the SNpc of adult (but not juvenile) mice for the pacemaking activity of the neurons [64, 66]. Several studies by independent groups indicated that, in SNpc dopaminergic neurons of PD patients with mitochondrial dysfunction, CaV1.3 channels make cells more susceptible to Ca\textsuperscript{2+}-mediated excitotoxicity [66, 67]. Besides, benidipine, an FDA-approved drug that functions as a voltage-gated calcium channel antagonist, was recently identified to suppress rotenone-induced apoptosis in DA neurons. These studies indicate that the dysregulation of calcium homeostasis may be a critical factor for PD pathogenesis.

2.4. Inhibition of Proteasome-Mediated Degradation. The proteasome is an extremely vital molecular apparatus that ubiquitously locates in the nucleus and cytoplasm of eukaryotic cells, which degrades unwanted or misfolding proteins with ploy-ubiquitin modifications via its protease activity [68]. It is well accepted that an abnormal ubiquitin-proteasome system (UPS) is tightly associated with PD symptoms [69, 70] (Figure 1). Previously, the upstreams of UPS, BDNF (brain-derived neurotrophic factor), and its receptor TRKB (tyrosine kinase B) were demonstrated to regulate the expression of key synaptic proteins in response to neuronal activity, which is also considered to play vital roles in the pathogenesis of PD [71]. PARK2, a gene coding the essential ubiquitin ligase enzyme of UPS, has been found with several types of mutations including missense, frameshift, nonsense, point mutations, exon deletions, and duplications in PD patients [7, 71, 72]. PARK7, encoding a protein that inhibits α-synuclein aggregation, also was reported that its mutations increase the susceptibility to proteasome inhibition and enhance oxidative stress in neurons [73]. FBXO7 is a clinically relevant F-box protein linked to early-onset PD, in which mutations near the F-box domain and substrate recruiting domains were reported to influence SCF\textsuperscript{FBXO7}/PARK15 ubiquitin ligase activity. In 2016, Teixeira et al. conducted a high-throughput screen to identify the ubiquitiinated substrates of SCF\textsuperscript{FBXO7} that may be directly involved in PD etiology [74]. They validated GSK3\textbeta (glycogen synthase kinase 3β, a kinase of α-synuclein) and TOMM20 (translocase of outer mitochondrial membrane 20, a mitochondrial translocase) as SCF\textsuperscript{FBXO7} substrates both in vitro and in vivo. Although it promoted K63 ubiquitination of GSK3\textbeta, it was found that FBXO7 failed to affect the protein level and localization of endogenous GSK3\textbeta. Besides, they reported that ectopic FBXO7 with mutants associated with early-onset PD could not alter the ubiquitination level of TOMM2. Therefore, whether GSK3\textbeta/TOMM2 involves the pathological processes of PD remains ambiguous.

2.5. Neuroinflammation. Both innate and adaptive immune responses have been demonstrated to involve the pathophysiology of PD [75] (Figure 1). For example, the expression level of nuclearly translocated NF-κB (nuclear factor kappa-light chain enhancer of activated B cells) was reported to be increased in the dopaminergic neurons of PD patients [76]. In the cerebrospinal fluid and striatum of PD patients, the increment of cytokine levels, such as T-cell activation-associated cytokine (IL-2), proinflammatory cytokines (TNF-α, IL-1β, and IL-6), anti-inflammatory cytokine (IL-4), and several growth factors (EGF and TGF-β1), is the main feature of inflammation-induced processes [77, 78]. In MPTP-induced PD rats, mice, and monkeys, the increased astroglial reaction and microglial activation also were observed in both the SNpc and the striatum [79–81]. Recently, an in vivo study in Tlr4-knockout mice by Perez et al. showed that Tlr4-mediated inflammation plays an important role in intestinal and/or brain inflammation, which may be one of the key
factors leading to neurodegeneration in PD [82]. Overall, these findings support the hypothesis that inflammatory cytokines are produced in the dopaminergic neurons that play potentially vital roles in the pathogenesis of PD.

On the other hand, Brochard et al. found the increased amounts of CD8+ T-cytotoxic and CD4+ T-helper cell infiltration in the nigrostriatal system of MPTP-injected mice [83]. In MPTP-exposed PD patients, there is an elevated expression of Fas ligand, a cell-surface ligand of the TNF-α family that triggers the Fas receptor and induces apoptosis, within the striatum and SNpc [84]. Another neuroinflammatory modification in PD is the increased expression of major histocompatibility complex (MHC), the molecules that bind to the pathogen-derived peptide fragments exposed on the cell surface [85]. Initially, McGeer et al. observed that the number of HLA-DR-positive microglial cells (MHC-II) is significantly increased in the SNpc of PD patients [86]. Similarly, the increased level of light chain MHC-I also was observed in the striatum of PD patients compared with normal controls [87]. Besides, Bokor et al. found that killer cells induced by antibody-dependent cell-mediated cytotoxicity reaction also play roles in the pathogenesis of PD [88]. Recently, Sulzer et al. showed that a defined set of peptides that are derived from α-synuclein act as antigenic epitopes displayed by these alleles and drive helper and cytotoxic T-cell responses in PD patients [89]. Previously, circulating CD4+ and CD8+ T-cells derived from PD patients have been demonstrated to produce Th1/Th2 cytokines in the presence of α-synuclein, suggesting that chronic memory T cell response may exist in PD. In 2021, Williams et al. generated an α-synuclein overexpression and T cell-deficient mouse model to elucidate whether α-synuclein aggregation in the midbrain of mice can induce memory T cells to lead to PD [90]. Indeed, they observed that α-synuclein overexpression upregulates the MHC-II protein level in CNS myeloid cells and induces infiltration of IFNγ-producing CD4+ and CD8+ T-cells into the CNS. More importantly, loss of function of TCRβ or CD4 using the immunosuppressive drug fingolimod could reduce the CNS myeloid MHC-II response to α-synuclein. All the observations highlight the critical roles of inflammation in the pathogenesis of PD.

2.6. Oxidative Stress. In human bodies, oxidative stress occurs when the production of reactive oxygen species (ROS) cannot be neutralized by antioxidants, and often leads to the damage of cellular components including lipids, proteins, and DNA. Numerous experimental studies in dopamine metabolism, lipid peroxidation (LPO), and glutathione depletion have demonstrated that oxidative stress plays a critical role in the pathogenesis of PD (Figure 1). In dopaminergic neurons of the SNpc, DA metabolism generates various oxidative byproducts including O2− (superoxide anion), H2O2 (hydrogen peroxide), and DA quinone species, which can modify cellular nucleophiles including low molecular weight sulfhydryls (e.g., GSH) and protein cysteinyl residues [91]. It has been demonstrated that DA quinones are implicated in PD pathophysiology by modifying proteins including α-synuclein, parkin, SOD2, DJ-1, and UCH-L1 [92–94]. Also, DA quinone species cause the dysfunction of brain mitochondrial respiration and lead to ROS production by altering the subunits of the ETC (complexes I and III) [95, 96].

Lipid peroxide (LPO) in the plasma membrane is capable of removing hydrogen atoms from the methylene bridges (-CH2-) to produce H2O2 and fatty acid radicals. In the substantia nigra of patients with Parkinson’s disease, the level of basal malondialdehyde, an intermediate in the production of LPO, was previously reported to be increased significantly when compared with other brain regions, suggesting that LPO may participate in the development of PD [95, 97]. Also, the end products of LPO, such as 4-hydroxynonenal and thiobarbituric acid reactive substance, are increased in the substantia nigra and striatum of PD brains [98, 99]. Recently, Jiang et al. reported that Tianma-Gouteng granules significantly decrease the susceptibility of PD by inhibiting ALOX15-mediated lipid peroxidation, suggesting that intervention by targeting LPO production may be an effective therapy for PD [100]. Oxidative stress was previously reported to activate the integrated stress response, which further ignites activating ATF4 (transcription factor 4). In 2021, Demmings et al. explored the role of ATF4 in neuronal cell death in MPP7- and (6-hydroxydopamine-) 6-OHDA-induced PD mouse models and found that α-synuclein aggregation could cause significant elevation of ATF4 expression in mouse cortical and mesencephalic dopaminergic neurons [101]. Furthermore, they demonstrated that neuronal death induced by PD neurotoxin and α-synuclein fibrils is attenuated in ATF4-deficient dopaminergic neurons, and ectopic expression of ATF4 restores sensitivity of ATF4-deficient neurons to PD neurotoxins. These results collectively indicate the key roles of oxidative stress in the pathogenesis of PD.

Glutathione (GSH), a critical “scavenger” of ROS such as free radicals, peroxides, and LPO in cells, is expressed at a relatively low level in the substantia nigra when compared with other brain regions such as the cortex, hippocampus, and cerebellum [102]. In early 1992, Sofic et al. reported that, compared with the control subjects, the level of GSH in the substantia nigra of PD patients is significantly decreased [103]. Nandita et al. demonstrated that the early GSH losses in the substantia nigra may directly cause a reduction in the activity of ETC complex I, which results in dopaminergic cell death and eventually promotes the development of PD [104]. Furthermore, the depletion of GSH also causes the dysfunction of the UPS, and thereby deprives the 26S proteasome protein degradation system in neurons of PD [104]. Besides, GSH depletion induced inflammation stress in neuronal tissues of PD patients by modulating IL-1 signaling and JNK- (c-Jun N-terminal kinase-) activated inflammatory pathways [105, 106].

3. Chinese Herbal Medicines and PD

3.1. Acanthopanax. Acanthopanax senticosus roots and stems (ASRS), also named Wujipi in Chinese, are widely used in traditional Chinese medicine. The pole-climbing test showed that the ethanol extracts (45.5 mg/kg daily) of Acanthopanax senticosus (Figure 2) roots possess neuroprotective effects on MPTP-induced PD mice [107]. In pathology, the number of dopamine receptor D1/2-positive cells and caspase-3 protein levels of substantia nigra were significantly reduced after the
administration of the extract. Sesamin, a component of *Acanthopanax senticosus* roots, pharmacologically offers protective effects against PD-related depressive behaviors in rotenone-administered rats by enhancing tyrosine hydroxylase or glial cell line-derived neurotrophic factor- (GDNF-) positive neuron activity in the midbrain [108, 109]. Lahaie

*Figure 2: Representative of Chinese herbal medicine for Parkinson’s disease*
et al. observed that sesamin also elicits a strong elevation of SOD activity and decreases catalase activity and synthase protein level of nitric oxide (NO) in MPP⁺-induced neuronal PC12 cells [110] (Figure 3). Eleutheroside B (Figure 4), another main component of ASRS, can also relieve fatigue, enhance memory, and improve human cognition. In MPP⁺-induced PC12 cells, eleutheroside B effectively increases the phosphorylation of ERK1/2 (extracellular signal-regulated kinase 1/2) and reduces the expression level of c-Fos and c-Jun [111] (Figure 3). In 2016, Li et al. carried out IncRNA microarray analysis to systematically investigate the effects of ASRS on the CNS both in pathology and physiology [112]. However, they observed that ASRS fails to inhibit α-synucleinopathies but produces some potential neurotoxicity to CNS under physiological conditions, indicated by no significant difference in the expression of IncRNA/mRNA that may cause potential neurotoxicity analogous to α-synuclein that exists between ASRS-treated and -untreated α-synuclein mice in physiological conditions [113]. These findings hint that, in different situations, the bioactivities of ASRS may be bidirectional for pathological and physiological CNS.

3.2. Alpinia. Alpiniae Oxyphyllae Fructus (AOF, known as YizhiRen in Chinese), the dried, ripe seed of Alpinia oxyphylla Miq. (Figure 2), is commonly practiced in clinics to
Figure 4: (a) Chemical structural formula of the main bioactivity components derived from Chinese herbal medicine for Parkinson’s disease. (b) Chemical structural formula of the main bioactivity components derived from Chinese herbal medicine for Parkinson’s disease.
strengthen the spleen, stomach, and kidney functions and cure vomiting, diarrhea, cold pain in the abdomen, excessive salivation, etc. [114]. Ethanol extract of AOF was reported to restore 6-OHDA-induced dopaminergic neuron degeneration and attenuate a deficit of locomotor activity in a zebrafish model of PD by alleviating inflammation (downregulation of IL-1β and TNF-α expression) and oxidation (inhibition of NO production) stress [115] (Figure 3). Moreover, AOF achieves its bioactivities in neuroprotection partially via the PI3K-AKT pathway [115] (Figure 3). In 2015, Zhang et al. identified two polyphenols including protocatechuic acid and chrysine (Figure 4) from AOF, and demonstrated that these two polyphenols synergistically enhance cell viability in 6-OHDA-treated PC12 cells and significantly attenuate dopaminergic neuron loss in both zebrafish and mice PD models [116]. In mechanisms, they proved that protocatechuic acid and chrysine (1) increase NRF2 (nuclear factor-erythroid 2-related factor 2) protein level and transcriptional activity, (2) modulate cellular redox status, and (3) decrease levels of malondialdehyde [116] (Figure 3). Oxyphylla A, a bioactive compound from AOF has promising neuroprotective effects: (1) it ameliorates chemical-induced primary neuron damage in vitro, and (2) it alleviates the chemical-induced dopaminergic neuron loss and behavioral impairment in vivo [113] (Figure 3). Recent research reported that oxyphylla A significantly promotes α-synuclein degradation in a cellular PD model via activating the PKA-AKT-mTOR pathway to trigger PSM88 expression and enhance UPS activity [117] (Figure 3). Moreover, it also reduces the accumulation of both triton-soluble and -insoluble forms of α-synuclein to protect neurons against α-synuclein-induced neurotoxicity in A53T α-synuclein transgenic mice [117].

### 3.3. Astragalus. Astragali Radix (Huangqi in Chinese), the dried root of Astragalus membranaceus (Fisch.) Bge. var. mongolicus (Bge.) Hsiao or Astragalus membranaceus (Fisch.) Bge. (Leguminosae), is a common and well-known drug in traditional Chinese medicine [118] (Figure 2). Currently, at least three bioactive compounds including astragalus polysaccharides, astraflavan, and astragaloside IV (Figure 4) have been identified to possess neuroprotective functions in Astragali Radix. Although the reason for the death of neurons in PD patients is unclear, oxidative stress such as free radicals obviously contributes to the development of this disease [119]. Astragalus polysaccharides have been identified to relieve oxidative stress in dopaminergic neurons [120] (Figure 3). In MPP⁺-treated SH-SY5Y cells, astragaloside IV significantly reverses the loss of cell viability, nuclear condensation, the generation of intracellular ROS, and the elevation of Bax/Bcl-2 ratio and caspase-3 activity [121] (Figure 3). Neural stem cells (NSCs) are important cellular sources of transplantation therapies for PD patients. Gao et al. also systematically estimated the protective effects of astraflavan and astragalus polysaccharides on NSCs and found that these ingredients significantly promote the expressions of tyrosine hydroxylase and dopamine transporter in dopamine neurons and the motivators of dopamine neurons including Shh (sonic hedgehog), Nurr1 (orphan nuclear hormone 1), and Ptx3 (pituitary homeobox 3) [122].

### 3.4. Camellia. Camellia (also known as Green Tea in Chinese) is the product derived from the leaves of Camellia sinensis (L.) O. Kuntze (Theaceae) (Figure 2). Historically, the infusion of camellia was generally used as a relaxant or detoxifying agent to cure stomach problems, headaches, and nervous tension [123]. In modern pharmacology, green tea polyphenols (such epicatechin, epicatechin gallate, epigallocatechin, and epigallocatechin gallate) (Figure 4) have been shown with several health benefits including antioxidant, anti-inflammatory, and neuroprotective activities [124] (Figure 3). In 6-OHDA-induced PD rats, standardized extracts of camellia seeds, epicatechin, and epigallocatechin gallate obviously revert the behavioral injury, alleviate depression, and improve cognitive function of animals [125]. Also, epigallocatechin gallate treatment provides protection and prevention from the neurotoxicant paraquat (PQ)-induced reduction in the lifespan and locomotor activity and from the PQ-induced increase in lipid peroxidation and neurodegeneration in Drosophila melanogaster flies [126]. Saponin (Figure 4), another major active compound of camellia seeds, increases dopamine content in the striatum and tyrosine hydroxylase-positive cells in substantia nigra and relieves inflammation and behavioral disorder in MPTP-induced PD mice [127] (Figure 3). Moreover, Duan et al. investigated the protective functions of theacrine (a purine alkaloid from camellia, Figure 4) in multiple animal models of PD, and found it reverts the loss of dopaminergic neurons and the damages of behavioral performance [128]. In the mechanism, they illustrated that theacrine directly activates SIRT3 to promote SOD2 deacetylation, which reduces ROS accumulation and restores mitochondrial function [128] (Figure 3).

### 3.5. Cassia. Cassiae Semen (Juemingzi in Chinese) is the dried, ripe seed of Cassia obtusifolia L. or Cassia tora L. (Leguminosae) (Figure 2). In ancient China, it was used to treat dizziness and headaches and provided a benefit to the eyes by anchoring and nourishing the liver [129]. In 6-OHDA-treated PC12 cells, the total ethanol extracts of Cassiae Semen were found to attenuate the overproduction of ROS, glutathione depletion, mitochondrial membrane depolarization, and caspase-3 activation [130] (Figure 3). Moreover, Cassiae Semen also significantly protected dopaminergic neuronal degeneration in the substantia nigra and striatum of MPTP-treated mice [130]. Peroxynitrite (ONOO⁻), a critical oxidant with reaction with various cellular constituents including lipids, amino acids, sulphhydryls, and nucleotides, has been reported to contribute to the pathogenesis of PD [131]. Alaternin (Table 1), a phenolic active component of Cassia tora L., was reported to function as potent ONOO⁻ scavengers to decrease the ONOO⁻-mediated nitrination of tyrosine through electron donation [132] (Figure 3). Cinnamaldehyde (Table 1) (at a dose of 5 and 10 μM for 24 h), another critical bioactive component of Cassia tora L., was also found to significantly increase the viability and decrease the ROS content of 6-OHDA-treated PC12 cells [133] (Figure 3).

### 3.6. Chrysanthemum. Chrysanthemi Flos (Jyhua in Chinese) is the dried flowering head of Chrysanthemum morifolium
Table 1: Formulations with PD-alleviating effect in Chinese herbal medicines.

| Formulations                  | Herbal medicines and their contents                                                                 | References |
|-------------------------------|------------------------------------------------------------------------------------------------------|------------|
| Banxia-Houpo-Tang             | 6 g Pinellia ternate Breitenbach, 3 g Poria cocos (Schw.) Wolf, 3 g Magnolia obovata Thunberg, 2 g Perilla frutescens Britton ar. Acuta Lubo, and 1 g Zingiber officinale Roscoc | [212, 213] |
|                               | 15 g Rehmanniae Radix Praeparata, 15 g Rehmannia glutinosa Libochs., 15 g Uncariae Ramulus Cum Uncis, 15 g Paeonia lactiflora Pall., 9 g Polygony Multi flor Radix Praeparata | Cai et al., 2002 |
| Bushen-Yanggan-Recipe         | 20 g Fructus Corni, 20 g Rhizoma Acortatarinowii, 20 g Radix Pangyong-Recipe                         | Yang et al., 2010; [193] |
|                               | 15 g Uncariae Ramulus Cum Uncis, 15 g Paeonia lactiflora Pall., 9 g Polygony Multi flor Radix Praeparata | Li et al., 2012; Wang et al., 2014; [112] |
| Bushen-Huoxue-Gramule         | 5 g Fructus Corni, 20 g Rhizoma Acortatarinowii, 20 g Radix Pangyong-Recipe                         | [215]      |
|                               | Rehmannia glutinosa, Cistanche deset ticola, Paeonia lactiflora Pall, Radix Angelica sinensis, Puer ariae Radix, Cistanche deserticola, Radix Antelope Horn Powder, and Glycyrrhiza uralensis with a weight ratio of 5:5:4:4:4:4:1:2 | Xiong et al., 2019 |
|                               | 12 g Ligusticum chuanxiong Hort., 12 g Schizonepeta tenuifolia Briq., 6 g Angelicae Dahuricae Radix, 6 g Notopterygii Rhizoma Et Radix, 6 g Angelicae Dahuricae | Durairajan et al., 2014 |
|                               | 5 g Fructus Corni, 20 g Rhizoma Acortatarinowii, 20 g Radix Pangyong-Recipe                         | Durairajan et al., 2017 |
|                               | Rehmannia glutinosa, Cistanche deserticola, Paeonia lactiflora Pall, Radix Angelica sinensis, Puer ariae Radix, Cistanche deserticola, Radix Antelope Horn Powder, and Glycyrrhiza uralensis with a weight ratio of 5:5:4:4:4:4:1:2 | [10, 227] |
|                               | 9 g Copits chinensis Franch, 6 g Scutellaria baicalensis Georgii, 6 g Phellodendron amurense Rupr, and 9 g Gardenia jasminoides Ellis | [114]      |
|                               | A modified formulation of Huwlan-Jiede-Dection                                                       |            |
|                               | Rhizoma copitidis, Radix scutellariae, Cortex phellodendri, and Fructus gardeniae with a weight ratio of 3:2:2:3 | Isihikawa et al., 2000 |
|                               | 10% cinnabar (96% as HgS) and 10% realgar (90% as As4S4), along with other components, such as Jingjie (Nepeta cataria) | [212, 213] |
|                               | Tianma-Gouteng-Yin                                                                                  | [144, 178] |
|                               | 24 g Rehmanniae Radix Praeparata, 12 g Corni Fructus Praeparata, 9 g Poria cocos (Schw.) Wolf, 2 g Gardenia jasminoides Ellis | Bae et al., 2011/2015 |
|                               | 5 g Copits chinensis Franch, 5 g Scutellaria baicalensis Georgii, and 10 g Rhei follicinale Baill.  |            |
|                               | 9 g Gastrodia elata Bl., 12 g Uncariae Ramulus cum Uncis, 18 g Haliotidis Concha, 9 g Gardenia jasminoides Ellis, 12 g Calthula officinalis Kuan, 9 g Eucommia ulmoides Oliv., 9 g Taxillia chinensis (DC.), 9 g Polygony Multi flor Radix, 9 g Falingshe, and 9 g Leonurus japonicas Houtt. | [217, 218] |
|                               | 5 g Copits chinensis Franch, 5 g Scutellaria baicalensis Georgii, and 10 g Rhei follicinale Baill.  |            |
|                               | Pueraria lobata (Willd.) Ohwi, Angelica tenuissima Nakai, Scutellaria baicalensis Georgii, Platycodon grandiflorum (Jacq), Angelicae Dahuricae, Puerariae Radix, 6 g Scutellariae Radix, 9 g Gastrodiae elata, | [212, 213] |
|                               | Cinnamomum cassia, Paeonia lactiflora Pall, and Glycyrrhiza uralensis with a weight ratio of 6:4:2:1:2:2:2:4:6:6 in dry weight |            |
|                               | Coptis chinensis Franch, 5 g Scutellaria baicalensis Georgii, and 10 g Rhei follicinale Baill.  | [217, 218] |
|                               | 9 g Gastrodia elata Bl., 12 g Uncariae Ramulus cum Uncis, 18 g Haliotidis Concha, 9 g Gardenia jasminoides Ellis, 12 g Calthula officinalis Kuan, 9 g Eucommia ulmoides Oliv., 9 g Taxillia chinensis (DC.), 9 g Polygony Multi flor Radix, 9 g Falingshe, and 9 g Leonurus japonicas Houtt. | [214, 178] |
|                               | 24 g Rehmanniae Radix Praeparata, 12 g Corni Fructus Praeparata, 9 g Poria cocos (Schw.) Wolf, 2 g Gardenia jasminoides Ellis | Bae et al., 2011/2015 |
|                               | 5 g Copits chinensis Franch, 5 g Scutellaria baicalensis Georgii, and 10 g Rhei follicinale Baill.  |            |
|                               | Pueraria lobata (Willd.) Ohwi, Angelica tenuissima Nakai, Scutellaria baicalensis Georgii, Platycodon grandiflorum (Jacq), Angelicae Dahuricae, | [212, 213] |
|                               | Cinnamomum cassia, Paeonia lactiflora Pall, and Glycyrrhiza uralensis with a weight ratio of 6:4:2:1:2:2:2:4:6:6 in dry weight | [217, 218] |
|                               | Coptis chinensis Franch, 5 g Scutellaria baicalensis Georgii, and 10 g Rhei follicinale Baill.  | [217, 218] |
coside isolated from the stems of Cistanche deserticola losesa nanopowder increases the protein expression of GDNF, its molecular mechanism, the treatment of and reduces the number of apoptotic cells [139]. Through the cell viability, increases tyrosine hydroxylase expression, mice, reduced PC12 cells [138] (Figure 3). In MPTP-induced PD mitochondrial membrane potential (MMP) in 6-OHDA-stress, and mitochondria-mediated apoptosis and maintains (Figure 2), significantly attenuates cell viability, oxidative stress, and mitochondrial-mediated apoptosis and maintains mitochondrial membrane potential (MMP) in 6-OHDA-reduced PC12 cells [138] (Figure 3). In MPTP-induced PD mice, Cistanche tubulosa nanopowder effectively improves the cell viability, increases tyrosine hydroxylase expression, and reduces the number of apoptotic cells [139]. Through its molecular mechanism, the treatment of Cistanche tubulosa nanopowder increases the protein expression of GDNF, GFRα1, and Ret in neurons of the substantia nigra of mice [139]. In 2017, Zhang et al. demonstrated that the echinacoside extracted from Cistanche deserticola rescues cells from 6-OHDA-induced ER and oxidative stress in vivo [140]. Furthermore, they showed that echinacoside attenuates seipinopathy by promoting seipin degradation by influencing the Grp94/Bip-ATF4-CHOP signal pathway [141]. In contrast, Chen et al. evidenced that echinacoside binds to Sirt1 directly and affects FoxO expression to enhance autophagy in neurons [142]. Recently, echinacoside was observed to inhibit the activation of microglia-mediated NLRP3/CASP-1/IL-1β inflammatory signaling to promote dopamine neuron survival in the MPTP-induced PD mice [143] (Figure 3). All these findings indicate that echinacoside may be a multiple-target drug for PD.

3.8. Gastrodia. Gastrodia elata (Figure 2) Blume is one of the most important traditional plants in oriental countries, of which the active constituents include gastrodin and bibenzyl compound 20c (20c) [100, 144, 145, 148], while the 20c compound inhibits FoxO expression to enhance autophagy in neurons [145]. In contrast, Chen et al. evidenced that echinacoside binds to Sirt1 directly and affects FoxO expression to enhance autophagy in neurons [142]. Recently, echinacoside was observed to inhibit the activation of microglia-mediated NLRP3/CASP-1/IL-1β inflammatory signaling to promote dopamine neuron survival in the MPTP-induced PD mice [143] (Figure 3). All these findings indicate that echinacoside may be a multiple-target drug for PD.

### Table 1: Continued.

| Formulations | Herbal medicines and their contents | References |
|--------------|------------------------------------|------------|
| Zhen-Wu-Tang | 30 g Paeonia lactiflora Pall., 10 g Atractylodes macrocephala Koidz, 10 g Typhonium giganteum Engl., 10 g Poria cocos (Schw.) Wolf, 10 g Zingiber officinale Rosc | [221, 222] |
| Zhichan-Soup | 15 g Astragalus mongholicus, 12 g Salvia miltiorrhiza Bge., 10 g Gastrodia elata Bl., 18 g Uncaria rhynchophylla (Miq.) Miq. ex Havil, 15 g Paeonia lactiflora Pall., 9 g Cimicifugae Rhizoma, 10 g Anemarrhena asphodeloides Bge. | [224] |
| DA 9805 exerts | DA-9805 was prepared by extracting three dried plant materials (Mountian cortex, Angelica Dahuria root, and Bupleurum root in a 1 : 1 : 1 mixture) with 90% ethanol on a stirring plate for 24 h at room temperature and fingerprinting using high-performance liquid chromatography. | Jeong et al., 2018 |
| KSOP1009 (a modified formulation of Suhexiang-Wan essential oil) | | |
| | | |
| Zishen-Pingchan-Granules | | |

---

R (Figure 2). In MPP⁺-treated human SH-SY5Y cells, water extracts of Chrysanthemi Flos effectively improve cell viability and attenuate the elevated ROS level, Bax/Bcl-2 ratio, and cleavage of caspase-3 [134] (Figure 3). Similarly, Kim et al. found that water extracts of Chrysanthemum indicum Linn. also protect SH-SY5Y cells from MPP⁺-induced damage by retarding ROS production, elevating of the Bcl-2/Bax ratio, and by PARP (poly-ADP-ribose polymerase) proteolysis [135]. Besides, they also observed that the water extracts block IκB-α degradation and activation of NF-κB (p65), thereby limiting inflammation in BV2 cells [135] (Figure 3). Acacetin (5,7-dihydroxy-4-methoxy flavone, Table 1), a flavonoid compound of Chrysanthenum, has been proved to be effective in preventing 6-OHDA-induced neuronal cell death through inhibiting mitochondrial-mediated cascade apoptotic cell death and ROS production [136] (Figure 3). Through its mechanism, acacetin also markedly reduces phosphorylation of JNK, p38 MAPK (mitogen-activated protein kinase), PI3K (phosphatidylinositol 3-kinase), and GSK3β (glycogen synthase kinase 3β) [137] (Figure 3).
gastrodin can activate the p38 MAPK/NRF2 signaling pathway to induce HO-1 expression and thereby rescue dopaminergic cells [145] (Figure 3). Also, 20c protects PC12 cells from rotenone-induced apoptosis, at least in part, via activation of the NRF2/ARE/HO-1 signaling pathway [144, 149] (Figure 3). Ferroptosis, a form of necrosis caused by the iron-induced accumulation of lipid hydroperoxide and mediated by glutathione peroxidase activity, has been proven to involve several molecular events during PD development. Recently, gastrodin was observed to increase the protein expression of NRF2, GPX4, ferroportin-1, and HO-1 in H2O2-treated C6 cells [100].

3.9. Ginkgo. Ginkgo biloba (Figure 2) extract EGB761 improves memory loss and cognitive impairments in patients with senile dementia, and promotes the proliferation of NSCs in the subventricular zone of PD animals [151–154]. Wang et al. found that ginkgetin (Table 1), a natural biflavonoid isolated from leaves of Ginkgo biloba, decreases the levels of intracellular ROS and maintains MMP in MPP+-induced PD models both in vitro and in vivo [138]. Also, they demonstrated that ginkgetin dramatically inhibits MPP+-induced apoptotic cell death via the caspase-3 and Bcl-2/Bax pathway, strongly chelates ferrous ion to downregulate L-ferritin, and upregulates the level of transferrin receptor 1 [155]. Ginkgolide B and bilobalide (Table 1), two critical bioactive ingredients of Ginkgo biloba, enhance cell viability and reduce cell apoptosis in SY5Y cells with recombinant monomeric or aggregated α-synuclein in vitro [156]. Consistently, in A53T α-synuclein transgenic PD mice, the treatment of Ginkgo biloba extract improves locomotor activity, inhibits the expression of methane dicarboxylic aldehyde, and recovers the expression of tyrosine hydroxylase and dopamine transporters [157]. In rotenone-induced PD mice, the oral supplement of Ginkgo biloba extract also reduces the elevated oxidative and inflammatory stress [158]. Ginkgolic acid, a natural compound extracted from Ginkgo biloba leaves, was revealed to significantly decrease intracytoplasmic α-synuclein aggregates and SUMO-1 level and increase the number of autophagosomes [159]. More recently, Wu et al. found that protocatechuic acid (Table 1), a component of Ginkgo biloba, increases the efficacy of ginkgolide B in the treatment of PD, suggesting a new idea to efficiently utilize the components of Ginkgo biloba leaves in the treatment of PD [160].

3.10. Gynostemma. The ethanol extract of Gynostemma pentaphyllum (GP-EX, Figure 2) effectively attenuates cell cytotoxicity and apoptosis and improves cell viability both in MPP+-induced cellular and MPTP-lesioned PD mouse model [137, 161]. In 2020, Park et al. reestimated the neuroprotective effects of GP-EX on an A53T α-synuclein transgenic mouse model of PD (A53T mice), and found that GP-EX obviously reversed the increased α-synuclein-immunopositive cells and α-synuclein phosphorylation in the midbrain of A53T mice [162]. In pathology, they observed that GP-EX reverses the α-synuclein-reduced phosphorylation of tyrosine hydroxylase, ERK1/2, Bad (Bcl-2-associated death promoter, at Ser112), and JNK1/2 [162] (Figure 3). Gypenosides (Table 1), a saponin extract derived from Gynostemma pentaphyllum, was demonstrated to ameliorate anxiety disorders in the MPTP-lesioned PD mouse model [163, 164]. In L-DOPA-induced PD animals, gypenoside treatment also alleviates the deficits in habit learning and spatial memory, and dyskinesia [149, 165]. Through its mechanism, gypenoside was frequently found to modulate ERK1/2 phosphorylation in hippocampus tissues [149, 165] (Figure 3).

3.11. Paeonia. Paeoniflorin (Table 1), a monoterpene glycoside isolated from the aqueous extract of Paeoniae Alba Radix (Figure 2), was found to enhance the autophagic degradation of α-synuclein by regulating the expression and activity of ASICS (acid-sensing ion channels) and thus produces protective effects against cytotoxicity [166]. Another group also found that paeoniflorin has a neuroprotective effect on glutamate- or MPP+-treated PC12 cells via regulating the MMP and Bcl-2/Bax signaling pathway [167, 168] (Figure 3). In 6-OHDA-induced PC12 cells, Dong et al. reported that paeoniflorin inhibits cell apoptosis by, at least in part, inhibiting the ROS/ PKCδ/NF-κB signaling pathway [169] (Figure 3). In the MPTP-treated mouse model of PD, paeoniflorin treatment ameliorates the behavioral deficits and reduces dopaminergic cell loss [170]. Moreover, paeoniflorin promotes dopamine catabolism and turnover, which partially depends on that protein level decrease of dopaminergic transporter and tyrosine hydroxylase in the striatum and substantia nigra of the PD mice which is largely reversed after paeoniflorin treatment [170]. Paeoniae Radix Alba, also called Moutan peony, is the root cortex of Paeonia suffruticosa Andrews. Ethanol extract of Paeoniae Cortex Radicis alleviates PD-like motor symptoms including increased locomotor activity and reduced bradykinesia of MPTP-induced PD mice [171]. Paeonol (Table 1), the main component of Paeoniae Cortex Radicis, also protects MPP+-induced PD zebrafish models against DA neurodegeneration and locomotor dysfunction [172]. In PC12 cells, it also attenuates MPP+-induced intracellular ROS accumulation, restores the level of total GSH, and inhibits the mitochondrial cell death pathway [172]. More recently, Xue et al. reported that gold nanoparticles using the root extract of Paeoniae moutan potentially inhibit the inflammation in vitro of murine microglial BV2 and improve motor coordination in PD mice [173].

3.12. Panax. In MPP+-treated SH-SY5Y cells, the water extract of ginseng (Panax ginseng C.A. Meyer, Figure 2) exhibits an inhibitory effect on cell death, ROS overproduction, Bax/Bcl-2 ratio elevation, cytochrome c release, and caspase-3 activation [174] (Figure 3). Panaxatriol saponins, the main constituents extracted from Panax notoginseng (Figure 2), provide neuroprotection against the loss of dopaminergic neurons and behavioral impairment caused by MPTP treatment in vivo [175]. In β-sitosterol-β-D-glucoside-triggered progressive PD rats, oral administration of Panax ginseng extract reduces dopaminergic cell loss, microgliosis, and accumulation of α-synuclein aggregates, and fully prevents the development of locomotor deficits [176]. Ginsenoside Rg1 (Table 1), a natural product extracted from Panax ginseng, has been reported to exert notable neuroprotective activities by suppressing phosphorylation and nuclear
translocation of NF-κB/p65 and activation of AKT and ERK1/2 in H2O2-treated PC12 cells [177] (Figure 3). Similarly, Liu et al. also found that ginsenoside Rd (Table 1), one of the main active monomer compounds of the *Panax ginseng* plant, reverses the loss of tyrosine hydroxylase-positive cells in substantia nigra of MPTP-treated mice by modulating the PI3K/AKT survival-signaling pathway [178] (Figure 3). In the rotenone-treated SH-SY5Y cells, ginsenosides also upregulate SOD and aconitase enzyme activities, attenuate the extent of depolarization of MMP, and restore calcium levels [179] (Figure 3). Also, Korean red ginseng was reported to have biological effects like the antioxidant and anti-inflammatory activities in different PD animal models by involving multiple mechanisms including the NF-κB inflammatory pathway, caspase-3-mediated apoptosis, and unfolded protein response [34, 180, 181] (Figure 3).

### 3.13. *Polygala*. The water extract of *Radix Polygalaee*, the root of *Polygala tenuifolia* (Figure 2), was demonstrated to significantly inhibit 6-OHDA-induced cell damage, caspase-3 activity, and ROS production in PC12 cells, and protect mesencephalic dopaminergic neurons from MPP+-induced toxicity *in vivo* [182] (Figure 3). Tenuigenin (Table 1), the main active component of *Polygala tenuifolia* (Figure 2), improves the survival rate of tyrosine hydroxylase-immunoreactive neurons, reduces dopamine content in the substantia nigra, and abolishes the production of TNF-α and IL-1β in the lipopolysaccharide- (LPS-) induced PD model [182] (Figure 3). Tenuigenin also protects MMP and significantly increases the expression level of GSH and SOD in 6-OHDA-damaged SH-SY5Y cells [183] (Figure 3). In mechanisms, tenuigenin was demonstrated to inhibit NLRP3 inflammasome activation and intracellular ROS production to increase striatal dopaminergic levels and improve motor impairment in MPTP-induced mice [184] (Figure 3). Onjisaponin B (Table 1) derived from *Radix Polygalaee* can induce autophagy and accelerate the removal of neurons with mutant huntingtin and A53T α-synuclein via the AMPK-mTOR signaling pathway in PC12 cells [185] (Figure 3). Recently, Peng et al. evaluated the neuroprotective effects of onjisaponin B using MPTP-induced subacute PD mice, and found that it improves motor impairment, attenuates microglia overactivation, and reduces the production of inflammatory factors including TNF-α, IL-1β, and IL-6 [186] (Figure 3). Through its mechanism, they demonstrated that onjisaponin B inhibits the expression of the p65 subunit of NF-κB complex in the nucleus and attenuates expression of the RhoA and ROCK2 proteins in PD mice [186] (Figure 3).

### 3.14. *Polygonum*. TSG (2,3,5,4′-tetrahydroxystilbene-2-O-β-D-glucoside), an active component of *Polygonum multiflorum* Thunb., has significant antioxidant and free radical-scavenging activities. In multiple cellular PD models, TSG was found to enhance cell viability and inhibit cell apoptosis and ROS production by modulating the JNK, p38, and PI3K-AKT signaling pathway *in vitro* [187–190] (Figure 3). In 6-OHDA-induced PD mice, daily intraperitoneal injection of TSG for 14 consecutive days significantly protects DA neurons from 6-OHDA-induced neurotoxicity and suppresses microglial activation [191]. In MPTP-induced PD mice, TSG ameliorates the injured animal’s behavioral ability and dopaminergic neuron loss via restoring the FGF2-AKT and BDNF-TRKB signaling axis in the substantia nigra and corpus striatum [192] (Figure 3). Resveratrol (Table 1) derived from *Polygonum cuspidatum* (Figure 2) also decreases abnormal rotational behavior, the loss and apoptosis of nigral cells, and the levels of total ROS in 6-OHDA-induced PD mice [193] (Figure 3). Juglalin (Table 1), a natural compound extracted from the crude *Polygonum aviculare*, also exhibits anti-inflammatory, antioxidant, and anticancer activities (Figure 3). In 2018, Zhang et al. reported that juglalin treatment also significantly alleviates LPS-caused behavioral and memory impairments and reduces the enhancement of neurodegenerative markers including amyloid-β and p-Tau [194]. Through its mechanism, they identified that juglalin reduces LPS-induced production of proinflammatory cytokines via impeding the TLR4/NF-κB pathway [194].

### 3.15. *Psoralea*. Monoamine oxidase B inhibitors (MAO-BIs) are relevantly used in the early management of PD. The flavanone bavachinin (Table 1) derived from the seeds of *Psoralea corylifolia* L. (Figure 2) ethanol extract effectively reduces MAO-B activity because of its higher affinity, selectivity, and reversibility as an MAO-BIs [195]. Similarly, Zarmouh et al. identified that biochanin-A, a compound from *Psoralea corylifolia* L. seeds, is a potentially reversible and selective MAO-B inhibitor [196]. Isobavachalcone, another component of *Psoralea corylifolia*, effectively remits MPTP-induced PD mice and alleviates neuronal necrosis [197]. In the mechanism, it was reported that isobavachalcone relieves the microglia-mediated inflammation by modulating the NF-κB signaling pathway [197] (Figure 3). Their prenylchalcones isolated from *Psoralea corylifolia* including isobavachalcone, bavachromene, and kanzonol B were also reported to reduce the expression of protein and mRNA of inducible iNOS (nitric oxide synthase) and COX-2 (cyclooxygenase-2) in LPS-activated microglia by blocking the IκBα degradation and downregulating NF-κB level [198] (Figure 3).

### 4. India Herbal Medicines and PD

#### 4.1. *Withania somnifera*. *Withania somnifera* (WS), also commonly called winter cherry or poison gooseberry, is a medicinal plant belonging to the Solanaceae family. In modern pharmaceutical chemistry research, bioactive molecules including triterpene lactones, alkaloids, tropine, steroidal lactones, and withanolides have been isolated from WS. Of note, withanolides have a similar chemical structure with the ginsenosides derived from *Panax ginseng*, which is why WS is commonly called “Indian ginseng.” Although WS has been used as a medicinal herb in the treatment of many neurologic deficits including poor memory, depression, epilepsy, and neurodegeneration in India for more than 5000 years, the strong scientific evidence to support its safe or effective use in treating any disease is still elusive. Therefore, WS is currently not recommended in clinical use at any condition, which is why it is sold as a dietary supplement in many other places.
phenotypes. In this sense, MS exhibits PD-alleviated effects. Ethanol or water extract, achieves its neuroprotective effects in mice in a similar mechanism with most of the neuroprotective Chinese herbal medicines mentioned above.

4.2. Mucuna pruriens. Mucuna pruriens (MP, also named as Lidou in Chinese and lacuna bean in common English) is a tropical leguminous plant that is native to Africa and tropical Asia including southern China and eastern India [80]. All its parts possess valuable medicinal properties. MP produces seed pods containing serotonin and mucunain that frequently cause human skin to itch when touching it, which makes MP notorious. In Indian traditional medicine, MP produces seed pods containing serotonin and mucunain that frequently decreased iNOS concentration (oxidative stress) and GFAP protein level (a proinflammatory marker of astrocyte activation) in the brain tissues of PD mice (Figure 3). The extensive oxidative and inflammatory stress in the brain can induce neuron apoptosis, and then gradually cause PD phenotypes. In this sense, MS exhibits PD-alleviated effects in mice in a similar mechanism with most of the neuroprotective Chinese herbal medicines mentioned above.

4.3. Tinospora cordifolia. Tinospora cordifolia (TC, commonly called gurjo, heart-leaved moonseed, guduchi, or giloy) belongs to the Menispermaceae family that is indigenous to tropical regions of the Indian subcontinent. Throughout the centuries, TC has been widely used as an immunomodulator to cure various infections and antidiabetic drugs in traditional Indian medicine [208]. The ethanol extract of TC has been reported to reduce oxidative stress in injured brain tissues to protect neurons and restore the locomotor activity of 6-OHDA-induced PD rats [209]. Meanwhile, the ethanol extract of TC also improves behavioral ability, alleviates brain injury induced by stress, and decreases inflammatory stress in neurons of sleep-deprivation rats [210]. In 2019, Birla et al. explore the anti-inflammatory activity of the TC aqueous extract on the MPTP-intoxicated PD mouse model [211]. They found that biochemical abnormalities, such as the upregulated TNF-α and IL-12/1β level of MPTP-intoxicated mice were effectively reversed after the treatment of the TC aqueous extract [211]. Considering that the extensive inflammatory stress can induce dopaminergic neuron apoptosis, the anti-inflammatory activity of the TC aqueous extract naturally endows itself with neuroprotective ability. Therefore, similar to Chinese herbal medicines with PD-alleviated activity, TC also exhibits neuroprotective bioactivity on PD animal models by alleviating oxidative and inflammatory stress in brain tissues.

5. Herbal Formulation with Anti-Parkinsonian Activities

Over the past decades, numerous Chinese herbal formulations were investigated in the treatment of PD both on clinical trials and animal experiments, of which some examples are listed in Table 1. Banxia-Houpo-Tang, a traditional Chinese medicine, was demonstrated to reduce pneumonia risk in older adults with dementia and alleviate swallowing reflex in PD patients [212, 213]. Kami-Shoyo-San, consisting of several medicinal herbs that are known in traditional Chinese medicine, also has effects against tremors of psychotc-induced PD patients [213]. Lu et al. reported that Bushen-Yanggan-Xifeng-Decoction improves neuron functions by increasing the striatal DA and 5-HT concentration of PD mice models [214]. Chuanxiong-Chattiao-Pulvis significantly improves the motor deficit and attenuates dopaminergic neurodegeneration in MPTP-induced PD mice [215]. In 2008, Jin et al. found that, in MPP⁺-treated PC12 cells, Huanglian-Jiedu-Decoction shows protective effects on cells [216]. Studies by independent groups demonstrated that Liwei-Dihuang-Pill protects dopaminergic neurons from MPTP-induced injury in PD mice [217, 218]. Both in vitro and in vivo, San-Huang-Xie-Xin-Tang markedly increases tyrosine hydroxylase-positive neurons in the SNpc and improves the motor activity of MPTP-induced PD mice [219]. Tianma-Gouteng-Yin was reported by independent groups to protect dopaminergic neurons from apoptosis induced by oxidation stress in PD rats [178, 220]. Zhen-Wu-Tang
was evidenced with the ability to maintain DA concentration and DA transporter mRNA level in MPTP-treated rats [221, 222]. Interestingly, Zhichan-Soup was indicated to promote NSC differentiation in PD model rats [223, 224]. Jia-Jian-Di-Huang-Yin-Zi-Decoction, a classical prescription of Traditional Chinese medicine, attenuates the loss of DA neurons, reverses dopamine depletion, and improves the expression of GDNF (glial-derived neurotrophic factor) of MPTP-lesioned mice [225]. Bu-Shenjie-Du-Fang, a specific Chinese herbal complex, has a long history of treating motor impairments similar to PD. Recently, Lie et al. demonstrated that, in the MPP⁺-induced cell model of PD, Bu-Shenjie-Du-Fang enhances cell survival by stimulating autophagy [226]. In 2020, Hua-Feng-Dan, a traditional Chinese medicine used for neurological disorders, was also proven to alleviate LPS- and rotenone-induced behavioral ability injury, and effectively reverse dopaminergic neuron loss in PD rats [227].

6. Conclusions and Perspectives

In modern pharmacology, various bioactivity components (such as sesamin, eleutheroside B, and astragaloside IV) from herbal medicines have been demonstrated to possess antioxidative, anti-inflammatory, and neuroprotective effects both in vitro and in vivo, indicating that they may exhibit therapeutic effects on PD. Here, we also summarized the recent advances in herbal medicines treating PD, including the bioactive components of herbs, 32 Chinese herbal medicines (belong to 24 genera, such as Acanthopanax, Alpinia, and Astragalus), 22 Chinese traditional herbal formulations, and 3 Indian herbal medicines. In these studies, different extraction methods for plant organs (including root, stem, fruit, and flower) were used to prepare treatment reagents. It should be noted that different extracts (such as 80% ethanol or water) of an herbal medicine may exhibit diverse bioactivities in the same experimental system. Besides, the variations in the therapeutic effects of a drug on PD models are often attributed to the administration dose, route of drugs, and the sources of the drug. Therefore, the standard clinical trials on PD patients are absolutely indispensable before their final clinical use. On the other hand, the pharmacute studies on herbal medicines may also promote the development of disease-modifying drugs for PD. For example, Chen et al. reported that in MPTP-mediated neurotoxicity in mice, the nanoparticles of puerarin, a valuable compound to treat PD, is more effective in improving disease-associated behavioral deficits and depletion of dopamine and its metabolites than puerarin only, indicating that nanoparticles represent a potentially viable approach to enhancing the oral absorption of puerarin in the treatment of PD.

Abbreviations

| Abbreviation | Description                                                                 |
|--------------|-----------------------------------------------------------------------------|
| PD           | Parkinson’s disease                                                         |
| CHM          | Chinese herbal medicines                                                    |
| CNS          | Central nervous system                                                      |
| SNpc         | Substantia nigra pars compacta                                              |
| ETC          | Electron transport chain                                                    |
| GDNF         | Glial cell line-derived neurotrophic factor                                 |
| MPPP         | 1-Methyl-4-phenyl-4-propionoxypiperidine                                    |
| MPTP         | 1-Methyl-4-phenyl-1,2,3,6-tetrahydropyridine                                |
| MPP⁺         | 1-Methyl-4-phenylpyridinium                                                 |
| CNS          | Central nervous system                                                      |
| 6-OHDA       | 6-Hydroxydopamine                                                           |
| DA           | Dopamine                                                                    |
| dsDNA        | Double-strand DNA                                                           |
| 15-HpETE-PE  | Hp-arachidonol                                                             |
| UPS          | Ubiquitin-proteasome system                                                 |
| NO           | Nitric oxide                                                                |
| ROS          | Reactive oxygen species                                                     |
| LPO          | Lipid peroxide                                                              |
| TNF          | Tumor necrosis factor-alpha                                                 |
| JNK1/2       | c-Jun N-terminal kinase 1/2                                                 |
| ERK1/2       | Extracellular signal-regulated kinase 1/2                                   |
| LPS          | Lipopolysaccharide                                                          |
| MMP          | Mitochondrial membrane potential                                            |
| NF-κB        | Nuclear factor kappa-light-chain enhancer of activated B cells              |
| HO-1         | Heme oxygenase-1                                                           |
| NSCs         | Neural stem cells                                                           |
| ER           | Endoplasmic reticulum                                                       |
| iNOS         | Inducible nitric oxide synthase                                              |

Data Availability

Not applicable.

Conflicts of Interest

The authors declare no competing interests

Authors’ Contributions

Rong Yin, Chuantao Fang, Xinyu Mei, and Dashi Qi performed particle tracking and analysis of experimental data. All contributed to the writing of the paper. All authors read and approved the final manuscript. Rong Yin and Jie Xue contributed equally.

Acknowledgments

This work was supported by the National Science Foundation of China (Nos. 81974175 to DS.Q.).

References

[1] A. Lee and R. M. Gilbert, “Epidemiology of Parkinson disease,” Neurologic Clinics, vol. 34, no. 4, pp. 955–965, 2016.
[2] D. K. Simon, C. M. Tanner, and P. Brundin, “Parkinson disease epidemiology, pathology, genetics, and pathophysiology,” Clinics in Geriatric Medicine, vol. 36, no. 1, pp. 1–12, 2020.
[3] R. Balestrino and A. H. V. Schapira, “Parkinson disease,” European Journal of Neurology, vol. 27, no. 1, pp. 27–42, 2020.
[4] V. Cabreira and J. Massano, “Parkinson’s disease: clinical review and update,” Acta Médica Portuguesa, vol. 32, no. 10, pp. 661–670, 2019.
[5] Y. Hou, X. Dan, M. Babbar et al., “Ageing as a risk factor for neurodegenerative disease,” Nature Reviews. Neurology, vol. 15, no. 10, pp. 565–581, 2019.
[6] B. Y. Zeng, “Effect and Mechanism of Chinese Herbal Medicine on Parkinson’s Disease,” International Review of Neurobiology, vol. 135, pp. 57–76, 2017.
[7] A. Ascherio and M. A. Schwarzschild, “The epidemiology of Parkinson’s disease: risk factors and prevention,” The Lancet Neurology, vol. 15, no. 12, pp. 1257–1272, 2016.
[8] B. S. Connolly and A. E. Lang, “Pharmacological treatment of Parkinson disease: a review,” JAMA, vol. 311, no. 16, pp. 1670–1683, 2014.
[9] C. W. Olanow and A. H. Schapira, “Therapeutic prospects for Parkinson disease,” Annals of Neurology, vol. 74, no. 3, pp. 337–347, 2013.
[10] Y. Hu and J. Wang, “Interactions between clopidogrel and traditional Chinese medicine,” Journal of Thrombosis and Thrombolysis, vol. 48, no. 3, pp. 491–499, 2019.
[11] H. Luo, C. T. Vong, H. Chen et al., “Naturally occurring anticancer compounds: shining from Chinese herbal medicine,” Chinese Medicine, vol. 14, no. 1, p. 37, 2019.
[12] Z. Zhao, X. Ma, J. Wang et al., “A system review of anti-fibrogenesis effects of compounds derived from Chinese herbal medicine,” Mini Reviews in Medicinal Chemistry, vol. 16, no. 2, pp. 163–175, 2016.
[13] G. Q. Zheng, “Therapeutic history of Parkinson’s disease in Chinese medical treatises,” Journal of Alternative and Complementary Medicine, vol. 15, no. 11, pp. 1223–1230, 2009.
[14] X. Z. Li, S. N. Zhang, S. M. Liu, and F. Lu, “Recent advances in herbal medicines treating Parkinson’s disease,” Fitoterapia, vol. 84, pp. 273–285, 2013.
[15] J. X. Song, S. C. Sze, T. B. Ng et al., “Anti-Parkinsonian drug discovery from herbal medicines: what have we got from neurotoxic models?,” Journal of Ethnopharmacology, vol. 139, no. 3, pp. 698–711, 2012.
[16] F. Chiti and C. M. Dobson, “Protein misfolding, amyloid formation, and human disease: a summary of progress over the last decade,” Annual Review of Biochemistry, vol. 86, no. 1, pp. 27–68, 2017.
[17] D. W. Dickson, H. Braak, J. E. Duda et al., “Neuropathological assessment of Parkinson’s disease: refining the diagnostic criteria,” The Lancet Neurology, vol. 8, no. 12, pp. 1150–1157, 2009.
[18] J. M. Savitt, V. L. Dawson, and T. M. Dawson, “Diagnosis and treatment of Parkinson disease: molecules to medicine,” The Journal of Clinical Investigation, vol. 116, no. 7, pp. 1744–1754, 2006.
[19] K. A. Jellinger, “Dementia with Lewy bodies and Parkinson’s disease-dementia: current concepts and controversies,” Journal of Neural Transmission (Vienna), vol. 125, no. 4, pp. 615–650, 2018.
[20] A. De Virgilio, A. Greco, G. Fabbrini et al., “Parkinson’s disease: Autoimmunity and neuroinflammation,” Autoimmunity Reviews, vol. 15, no. 10, pp. 1005–1011, 2016.
[21] S. H. Shahmoradian, A. J. Lewis, C. Genoud et al., “Lewy pathology in Parkinson’s disease consists of crowded organelles and lipid membranes,” Nature Neuroscience, vol. 22, no. 7, pp. 1099–1109, 2019.
[22] M. B. Fares, N. Alt-Bouziad, I. Dikty et al., “The novel Parkinson’s disease linked mutation G51D attenuates in vitro aggregation and membrane binding of -synuclein, and enhances its secretion and nuclear localization in cells,” Human Molecular Genetics, vol. 23, no. 17, pp. 4491–4509, 2014.
[23] R. Kruger, W. Kuhn, T. Muller et al., “A LAsOPro mutation in the gene encoding -synuclein in Parkinson’s disease,” Nature Genetics, vol. 18, no. 2, pp. 106–108, 1998.
[24] D. F. Lazarro, E. F. Rodrigo, R. Langohr et al., “Systematic comparison of the effects of alpha-synuclein mutations on its oligomerization and aggregation,” PLoS Genetics, vol. 10, no. 11, article e1004741, 2014.
[25] M. H. Polymeropoulos, C. Lavedan, E. Leroy et al., “Mutation in the alpha-synuclein gene identified in families with Parkinson’s disease,” Science, vol. 276, no. 5321, pp. 2045–2047, 1997.
[26] J. J. Zarranz, J. Alegre, J. C. Gomez-Esteban et al., “The new mutation, E46K, of alpha-synuclein causes Parkinson and Lewy body dementia,” Annals of Neurology, vol. 55, pp. 164–173, 2004.
[27] V. N. Uversky, J. Li, and A. L. Fink, “Evidence for a Partially Folded Intermediate in -Synuclein Fibril Formation,” The Journal of Biological Chemistry, vol. 276, no. 14, pp. 10737–10744, 2001.
[28] J. Burre, M. Sharma, and T. C. Sudhof, “Cell biology and pathophysiology of -Synuclein,” Cold Spring Harbor Perspectives in Medicine, vol. 8, no. 3, 2018.
[29] S. Nuber, D. Tadros, J. Fields et al., “Environmental neurotoxic challenge of conditional alpha-synuclein transgenic mice predicts a dopaminergic olfactory-striatal interplay in early PD,” Acta Neuropathologica, vol. 127, no. 4, pp. 477–494, 2014.
[30] H. Fujiwara, M. Hasegawa, N. Dohmae et al., “-Synuclein is phosphorylated in synucleinopathy lesions,” Nature Cell Biology, vol. 4, no. 2, pp. 160–164, 2002.
[31] H. Braak and K. Del Tredici, “Neuroanatomy and pathology of sporadic Parkinson’s disease,” Advances in Anatomy, Embryology, and Cell Biology, vol. 201, pp. 1–119, 2009.
[32] G. C. Brown, “Control of respiration and ATP synthesis in mammalian mitochondria and cells,” The Biochemical Journal, vol. 284, no. 1, pp. 1–13, 1992.
[33] R. K. Chaturvedi and M. F. Beal, “Mitochondrial approaches for neuroprotection,” Annals of the New York Academy of Sciences, vol. 1147, no. 1, pp. 395–412, 2008.
[34] M. Liu, S. Yu, J. Wang et al., “Ginseng protein protects against mitochondrial dysfunction and neurodegeneration by inducing mitochondrial unfolded protein response in Drosophila melanogaster_ PINK1 model of Parkinson’s disease,” Journal of Ethnopharmacology, vol. 247, p. 112213, 2020.
[35] A. R. Poetsch, “The genomics of oxidative DNA damage, repair, and resulting mutagenesis,” Computational and Structural Biotechnology Journal, vol. 18, pp. 207–219, 2020.
[36] S. Bhurtel, N. Katila, S. Srivastav, S. Neupane, and D. Y. Choi, “Mechanistic comparison between MPTP and rotenone neurotoxicity in mice,” NeuroToxicology, vol. 71, pp. 113–121, 2019.
[37] G. Fiskum, A. Starkov, B. M. Polster, and C. Chinopoulos, “Mitochondrial mechanisms of neuronal cell death and neuroprotective interventions in Parkinson’s disease,” Annals of the New York Academy of Sciences, vol. 991, pp. 111–119, 2003.
[38] A. Ghosh, T. Tyson, S. George et al., “Mitochondrial pyruvate carrier regulates autophagy, inflammation, and neurodegeneration in experimental models of Parkinson’s disease,” Science Translational Medicine, vol. 8, no. 368, article 368ra174, 2016.

[39] L. Maatouk, A. C. Compagnion, M. C. Sauvage et al., "TLR9 activation via microglial glucocorticoid receptors contributes to degeneration of midbrain dopamine neurons," Nature Communications, vol. 9, no. 1, p. 2450, 2018.

[40] S. Schildknecht, D. A. Di Monte, R. Pape, K. Tieu, and M. Leist, "Tipping points and endogenous determinants of nigrostriatal degeneration by MPTP," Trends in Pharmacological Sciences, vol. 38, no. 6, pp. 541–555, 2017.

[41] A. Bose and M. F. Beal, "Mitochondrial dysfunction in Parkinson’s disease," Journal of Neurochemistry, vol. 139, Supplement 1, pp. 216–231, 2016.

[42] M. Orth and A. H. Schapira, "Mitochondrial involvement in Parkinson’s disease," Neurochemistry International, vol. 40, no. 6, pp. 533–541, 2002.

[43] A. M. Pickrell and R. J. Youle, “The Roles of PINK1, Parkin, and Mitochondrial Fidelity in Parkinson’s Disease,” Neuron, vol. 85, no. 2, pp. 257–273, 2015.

[44] R. Betarbet, T. B. Sherer, G. MacKenzie, M. Garcia-Osuna, A. V. Panov, and J. T. Greenamyre, “Chronic systemic pesticide exposure reproduces features of Parkinson’s disease,” Nature Neuroscience, vol. 3, no. 12, pp. 1301–1306, 2000.

[45] M. Solayman, M. A. Islam, F. Alam, M. I. Khalil, M. A. Kamal, and S. H. Gan, “Natural products combating neurodegeneration: Parkinson’s disease,” Current Drug Metabolism, vol. 18, no. 1, pp. 50–61, 2017.

[46] D. Thyagarajan, S. Bressman, C. Bruno et al., “A novel mitochondrial 12SrRNA point mutation in parkinsonism, deafness, and neuropathy,” Annals of Neurology, vol. 48, no. 5, pp. 730–736, 2000.

[47] S. Kim, Y. C. Wong, F. Gao, and D. Krainc, “Dysregulation of mitochondria-lysosome contacts by GBA1 dysfunction in dopaminergic neuronal models of Parkinson’s disease,” Nature Communications, vol. 12, no. 1, p. 1807, 2021.

[48] H. Matsui, J. Ito, N. Matsui, T. Uchhi, O. Onodera, and A. Kakita, “Cytosolic dsDNA of mitochondrial origin induces cytotoxicity and neurodegeneration in cellular and zebrafish models of Parkinson’s disease,” Nature Communications, vol. 12, no. 1, p. 3101, 2021.

[49] N. Bazargani and D. Attwell, “Astrocyte calcium signaling: the third wave,” Nature Neuroscience, vol. 19, no. 2, pp. 182–189, 2016.

[50] R. Crichton, Iron Metabolism: From Molecular Mechanisms to Clinical Consequences, John Wiley & Sons, Université Catholique de Louvain, Belgium, 2016.

[51] R. S. Smith and C. A. Walsh, “Iron channel functions in early brain development,” Trends in Neurosciences, vol. 43, no. 2, pp. 103–114, 2020.

[52] D. T. Dexter, F. R. Wells, F. Agid et al., “Increased nigral iron content in postmortem parkinsonian brain,” The Lancet, vol. 2, pp. 1219-1220, 1987.

[53] S. J. Hayflick, M. A. Kurian, and P. Hogarth, “Neurodegeneration with brain iron accumulation,” Handbook of Clinical Neurology, vol. 147, pp. 293–305, 2018.

[54] Z. M. Qian and Y. Ke, “Brain iron transport,” Biological Reviews of the Cambridge Philosophical Society, vol. 94, no. 5, pp. 1672–1684, 2019.

[55] P. Riederer, E. Sofic, W. D. Rausch et al., “Transition metals, ferritin, glutathione, and ascorbic acid in parkinsonian brains,” Journal of Neurochemistry, vol. 52, no. 2, pp. 515–520, 1989.

[56] M. B. Youdim, D. Ben-Shachar, and P. Riederer, “The possible role of iron in the etiopathology of Parkinson’s disease,” Movement Disorders, vol. 8, no. 1, pp. 1–12, 1993.

[57] P. Le, S. Aytos, A. T. Appukuttan et al., “Lithium suppression of tau induces brain iron accumulation and neurodegeneration,” Molecular Psychiatry, vol. 22, no. 3, pp. 396–406, 2017.

[58] Q. He, T. Du, X. Yu et al., “DMT1 polymorphism and risk of Parkinson’s disease,” Neuroscience Letters, vol. 501, no. 3, pp. 128–131, 2011.

[59] S. M. Saadat, I. Degirmenci, S. Ozkan et al., “Is the 1254T > C polymorphism in the DMT1 gene associated with Parkinson’s disease?,” Neuroscience Letters, vol. 594, pp. 51–54, 2015.

[60] J. Salazar, N. Mena, S. Hunot et al., “Divalent metal transporter 1 (DMT1) contributes to neurodegeneration in animal models of Parkinson’s disease,” Proceedings of the National Academy of Sciences of the United States of America, vol. 105, no. 47, pp. 18578–18583, 2008.

[61] P. R. Angelova, M. L. Choi, A. V. Berezhnov et al., “Alpha synuclein aggregation drives ferroptosis: an interplay of iron, calcium and lipid peroxidation,” Cell Death and Differentiation, vol. 27, no. 10, pp. 2781–2796, 2020.

[62] W. Y. Sun, V. A. Tyrin, K. Mikulskia-Ruminska et al., “Phospholipase iPLA2β averts ferroptosis by eliminating a redox lipid death signal,” Nature Chemical Biology, vol. 17, no. 4, pp. 465–476, 2021.

[63] T. D. Aumann, K. Egan, J. Lim et al., “Neuronal activity regulates expression of tyrosine hydroxylase in adult mouse substantia nigra pars compacta neurons,” Journal of Neurochemistry, vol. 116, no. 4, pp. 646–658, 2011.

[64] I. Putzier, P. H. Kullmann, J. P. Horn, and E. S. Levitan, “Cav1.3 channel voltage dependence, not Ca2+ selectivity, drives pacemaker activity and amplifies bursts in nigral dopamine neurons,” The Journal of Neuroscience, vol. 29, no. 49, pp. 15414–15419, 2009.

[65] D. J. Surmeier and P. T. Schumacker, “Calcium, Bioenergetics, and Neuronal Vulnerability in Parkinson’s Disease,” The Journal of Biological Chemistry, vol. 288, no. 15, pp. 10736–10741, 2013.

[66] E. Dragicevic, C. Poetschke, J. Duda et al., “Cav1.3 channels control D2-autoreceptor responses via NCS-1 in substantia nigra dopamine neurons,” Brain, vol. 137, no. 8, pp. 2287–2302, 2014.

[67] C. S. Chan, T. S. Gertler, and D. J. Surmeier, “Calcium homeostasis, selective vulnerability and Parkinson’s disease,” Trends in Neurosciences, vol. 32, no. 5, pp. 249–256, 2009.

[68] A. Rousseau and A. Bertolotti, “Regulation of proteasome assembly and activity in health and disease,” Nature Reviews. Molecular Cell Biology, vol. 19, no. 11, pp. 697–712, 2018.

[69] K. S. McNaught, R. Belizaire, O. Isacson, P. Jenner, and C. W. Olanow, “Altered Proteosomal Function in Sporadic Parkinson’s Disease,” Experimental Neurology, vol. 179, no. 1, pp. 38–46, 2003.

[70] K. N. Swatek and D. Komander, “Ubiquitin modifications,” Cell Research, vol. 26, no. 4, pp. 399–422, 2016.
Oxidative Medicine and Cellular Longevity

[71] F. Zafra, B. Hengerer, J. Leibrock, H. Thoenen, and D. Lindholm, "Activity dependent regulation of BDNF and NGF mRNAs in the rat hippocampus is mediated by non-NMDA glutamate receptors," The EMBO Journal, vol. 9, no. 11, pp. 3545–3550, 1990.

[72] D. M. Radakrishnan and V. Goyal, "Parkin’son’s disease: a review," Neurology India, vol. 66, pp. S26–S35, 2018.

[73] L. P. Dolgacheva, A. V. Berezhnov, E. I. Fedotova, V. P. Zinchenko, and A. Y. Abramov, "Role of DJ-1 in the mechanism of pathogenesis of Parkinson’s disease," Journal of Bioenergetics and Biomembranes, vol. 51, no. 3, pp. 175–188, 2019.

[74] F. R. Teixeira, S. J. Randle, S. P. Patel et al., "Gsk3β and Tomm20 are substrates of the SCFFbxo7/PARK15 ubiquitin ligase associated with Parkinson’s disease," The Biochemical Journal, vol. 473, no. 20, pp. 3563–3580, 2016.

[75] A. M. Schonhoff, G. P. Williams, Z. D. Wallen, D. G. Standaert, and A. S. Harms, "Innate and adaptive immune responses in Parkinson’s disease," Progress in Brain Research, vol. 252, pp. 169–216, 2020.

[76] F. Sivandzade, S. Prasad, A. Bhalariao, and L. Cucullo, "NRF2 and NF-kB interplay in cerebrovascular and neurodegenerative disorders: Molecular mechanisms and possible therapeutic approaches," Redox Biology, vol. 21, p. 101059, 2019.

[77] G. Boka, P. Anglade, D. Wallach, F. Javoy-Agid, Y. Agid, and E. C. Hirsch, "Immunocytochemical analysis of tumor necrosis factor and its receptors in Parkinson’s disease," Neuroscience Letters, vol. 172, no. 1-2, pp. 151–154, 1994.

[78] M. Mogi, M. Harada, H. Narabayashi, H. Inagaki, M. Minami, and T. Nagatsu, "Interleukin (IL)-1β, IL-2, IL-4, IL-6 and transforming growth factor-α levels are elevated in ventricular cerebrospinal fluid in juvenile Parkinsonism and Parkinson’s disease," Neuroscience Letters, vol. 211, no. 1, pp. 13–16, 1996.

[79] C. Barcia, A. Sanchez Bahillo, E. Fernandez-Villalba et al., "Evidence of active microglia in substantia nigra pars compacta of parkinsonian monkeys 1 year after MPTP exposure," Glia, vol. 46, no. 4, pp. 402–409, 2004.

[80] G. T. Liberatore, V. Jackson-Lewis, S. Vukosavic et al., "Inducible nitric oxide synthase stimulates dopaminergic neurodegeneration in the MPTP model of Parkinson disease," Nature Medicine, vol. 5, no. 12, pp. 1403–1409, 1999.

[81] P. L. McGeer, C. Schwab, A. Parent, and D. Doudet, "Presence of reactive microglia in monkey substantia nigra years after 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine administration," Annals of Neurology, vol. 54, no. 5, pp. 599–604, 2003.

[82] P. Perez-Pardo, H. B. Dodiya, P. A. Engen et al., "Role of TLR4 in the gut-brain axis in Parkinson’s disease: a translational study from men to mice," Gut, vol. 68, no. 5, pp. 829–843, 2019.

[83] V. Brochard, B. Combadiere, A. Prigent et al., "Infiltration of CD4+ lymphocytes into the brain contributes to neurodegeneration in a mouse model of Parkinson disease," The Journal of Clinical Investigation, vol. 119, no. 1, pp. 182–192, 2009.

[84] S. Hayley, S. J. Crocker, P. D. Smith et al., "Regulation of dopaminergic loss by Fas in a 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine model of Parkinson’s disease," The Journal of Neuroscience, vol. 24, no. 8, pp. 2045–2053, 2004.

[85] M. G. Brown, A. Gamache, W. T. Nash, and J. Cronk, "Natural selection for killer receptors and their MHC class I ligands: in pursuit of gene pairs that fit well in tandem," Journal of Leukocyte Biology, vol. 105, no. 3, pp. 489–495, 2019.

[86] P. L. McGeer, S. Itagaki, B. E. Boyes, and E. G. McGeer, "Reactive microglia are positive for HLA-DR in the substantia nigra of Parkinson’s and Alzheimer’s disease brains," Neurology, vol. 38, no. 8, pp. 1285–1291, 1988.

[87] M. Mogi, M. Harada, T. Kondo, P. Riederer, and T. Nagatsu, "Brain beta 2-microglobulin levels are elevated in the striatum in Parkinson’s disease," Journal of Neural Transmission. Parkinson’s Disease and Dementia Section, vol. 9, no. 1, pp. 87–92, 1995.

[88] M. Bokor, A. Farago, T. Garam, G. Malatinszky, and R. Schnabel, "Antibody-dependent cell-mediated cytotoxicity (ADCC) in Parkinson’s disease," Journal of the Neurological Sciences, vol. 115, no. 1, pp. 47–50, 1993.

[89] D. Sulzer, R. N. Alcalay, F. Garretti et al., "T cells from patients with Parkinson’s disease recognize α-synuclein peptides," Nature, vol. 546, no. 7660, pp. 656–661, 2017.

[90] G. P. Williams, A. M. Schonhoff, A. Jurkuvaitiene, N. J. Gallups, D. G. Standaert, and A. S. Harms, "CD4 T cells mediate brain inflammation and neurodegeneration in a mouse model of Parkinson’s disease," Brain, p. 103, 2021.

[91] D. Sulzer and L. Zecca, "Intraneuronal dopamine-quinone synthesis: a review," Neurotoxicology Research, vol. 1, no. 3, pp. 181–195, 2000.

[92] K. A. Conway, J. C. Rochet, R. M. Bieganski, and P. T. Lansbury Jr., "Kinetic stabilization of the alpha-synuclein prototribil by a dopamine-alpha-synuclein adduct," Science, vol. 294, no. 5545, pp. 1346–1349, 2001.

[93] M. J. LaVoie, B. L. Ostaszewski, A. Weihofen, M. G. Schlossmacher, and D. J. Selkoe, "Dopamine covalently modifies and functionally inactivates parkin," Nature Medicine, vol. 11, no. 11, pp. 1214–1221, 2005.

[94] M. Martinez-Vicente, Z. Tallozcy, S. Kaushik et al., "Dopamine-modified alpha-synuclein blocks chaperone-mediated autophagy," The Journal of Clinical Investigation, vol. 118, no. 2, pp. 777–788, 2008.

[95] D. N. Hauser and T. G. Hastings, "Mitochondrial dysfunction and oxidative stress in Parkinson’s disease and monogenic parkinsonism," Neurobiology of Disease, vol. 51, pp. 35–42, 2013.

[96] S. Jana, A. K. Maiti, M. B. Bagh et al., "Dopamine but not 3,4-dihydroxy phenylacetic acid (DOPAC) inhibits brain respiratory chain activity by autooxidation and mitochondria catalyzed oxidation to quinone products: Implications in Parkinson’s disease," Brain Research, vol. 1139, pp. 195–200, 2007.

[97] D. T. Dexter, C. J. Carter, F. R. Wells et al., "Basal lipid peroxidation in substantia nigra is increased in Parkinson’s disease," Journal of Neurochemistry, vol. 52, no. 2, pp. 381–389, 1989.

[98] A. Yoritaka, N. Hattori, K. Uchida, M. Tanaka, E. R. Stadtman, T. Tomm20 are substrates of the SCFFbxo7/PARK15 ubiquitin mechanism of pathogenesis of Parkinson’s disease," Glia, vol. 105, no. 3, pp. 489–495, 2019.
glioma cell line C6," *Biological & Pharmaceutical Bulletin*, vol. 43, no. 3, pp. 480–487, 2020.

[101] M. D. Demmings, E. C. Tennyson, G. N. Petroff, H. E. Tar-nowski-Garner, and S. P. Cregan, "Activating transcription factor-4 promotes neuronal death induced by Parkinson’s disease neurotoxins and α-synuclein aggregates," *Cell Death and Differentiation*, vol. 28, no. 5, pp. 1627–1643, 2021.

[102] X. Ren, L. Zou, X. Zhang et al., "Redox signaling mediated by thioredoxin and glutathione systems in the central nervous system," *Antioxidants & Redox Signaling*, vol. 27, no. 13, pp. 989–1010, 2017.

[103] E. Sofic, K. W. Lange, K. Jellinger, and P. Riederer, "Reduced and oxidized glutathione in the substantia nigra of patients with Parkinson’s disease," *Neuroscience Letters*, vol. 142, no. 2, pp. 128–130, 1992.

[104] M. N. Jha, O. Jurma, G. Lalli et al., "Glutathione Depletion in PC12 Results in Selective Inhibition of Mitochondrial Complex I Activity," *The Journal of Biological Chemistry*, vol. 275, no. 34, pp. 26096–26101, 2000.

[105] R. Cooray, V. Gupta, and C. Suphioglu, "Current aspects of the endocannabinoid system and targeted THC and CBD phytocannabinoids as potential therapeutics for Parkinson’s and Alzheimer’s diseases: a review," *Molecular Neurobiology*, vol. 57, no. 11, pp. 4878–4890, 2020.

[106] S. Deb, B. C. Phukan, M. K. Mazumder et al., "Garcinol, a multifaceted sword for the treatment of Parkinson’s disease," *Neurochemistry International*, vol. 128, pp. 50–57, 2019.

[107] S. M. Liu, X. Z. Li, Y. Huo, and F. Lu, "Protective effect of extract of *Acanthopanax senticosus* Harms on dopaminergic neurons in Parkinson’s disease mice," *Phytomedicine*, vol. 19, no. 7, pp. 631–638, 2012.

[108] T. Fujikawa, N. Kanada, A. Shimada et al., "Effect of sesamin in *Acanthopanax senticosus* Harms on behavioral dysfunc tion in rotenone-induced parkinsonian rats," *Biological & Pharmaceutical Bulletin*, vol. 28, no. 1, pp. 169–172, 2005.

[109] T. Fujikawa, S. Miguchi, N. Kanada et al., "*Acanthopanax senticosus* Harms as a prophylactic for MPTP-induced Parkinson’s disease in rats," *Journal of Ethnopharmacology*, vol. 97, no. 2, pp. 375–381, 2005.

[110] V. Lahaye-Collins, J. Bournival, M. Plouffe, J. Carange, and M. G. Martinoli, "Sesamin modulates tyrosine hydroxylase, superoxide dismutase, catalase, inducible NO synthase and interleukin-6 expression in dopaminergic cells under MPP +-induced oxidative stress," *Oxidative Medicine and Cellular Longevity*, vol. 1, no. 6, pp. 62, 2008.

[111] Y. L. Dong, S. M. Liu, L. F. An, F. Lu, B. Tang, and S. H. Zhou, "The effect of eleutherobin B on ERK1/2 of MPP+-induced PC12 cells," *Molecular Diagnosis & Therapy*, vol. 3, pp. 155–158, 2011.

[112] G. Li, Z. Zhang, Q. Quan et al., “Discovery, synthesis, and functional characterization of a novel neuroprotective natural product from the fruit of *Alpinia oxyphylla* for use in Parkinson’s disease through LC/MS-based multivariate data analysis-guided fractionation,” *Journal of Proteome Research*, vol. 15, no. 8, pp. 2595–2606, 2016.

[113] X. Z. Li, S. N. Zhang, F. Lu, and S. M. Liu, "Microarray expression analysis for the paradoxical roles of *Acanthopanax senticosus* Harms in treating α-Synucleinopathies," *Phytotherapy Research*, vol. 30, no. 2, pp. 243–252, 2016.

[114] Q. Zhang, Y. Zheng, X. Hu et al., "Ethnopharmacological uses, phytochemistry, biological activities, and therapeutic applications of *Alpinia oxyphylla* Miqel: A review," *Journal of Ethnopharmacology*, vol. 224, pp. 149–168, 2018.

[115] Z. J. Zhang, L. C. Cheang, M. W. Wang et al., “Ethanolic extract of fruitus *Alpinia oxyphylla* protects against 6-hydroxydopamine-induced damage of PC12 cells in vitro and dopaminergic neurons in zebrafish,” *Cellular and Molecular Neurobiology*, vol. 32, no. 1, pp. 27–40, 2012.

[116] Z. Zhang, G. Li, S. S. W. Szeto et al., "Examining the neuroprotective effects of protocatechuic acid and chryson in vitro and in vivo models of Parkinson disease," *Free Radical Biology & Medicine*, vol. 84, pp. 331–343, 2015.

[117] H. Zhou, S. Li, C. Li et al., “*Oxyphylla* A promotes degradati on of α-synuclein for neuroprotection via activation of immunoproteasome,” *Aging and Disease*, vol. 11, no. 3, pp. 559–574, 2020.

[118] W. Tang and G. Eisenbrand, *Astragalus Membranaceus (Fisch.) Bge*, Springer-Verlag Berlin Heidelberg, 1992.

[119] L. Puspita, S. Y. Chung, and J. W. Shim, "Oxidative stress and cellular pathologies in Parkinson’s disease," *Molecular Brain*, vol. 10, no. 1, p. 53, 2017.

[120] W. X. Li, S. S. G. Sun, H. Yuan, H. T. Wang, Y. B. Zhang, and B. L. Sun, "Time dependency of *Astragalus polysaccharides* against systemic injury of free radical in astrocyte culture medium,” *Chinese Journal of Clinical Rehabilitation*, vol. 10, pp. 59–61, 2006.

[121] Z. G. Zhang, L. Wu, J. L. Wang et al., "Astragaloside IV prevents MPP(+)-induced SH-SY5Y cell death via the inhibition of Bax-mediated pathways and ROS production," *Molecular and Cellular Biochemistry*, vol. 364, no. 1-2, pp. 209–216, 2012.

[122] H. Gao, L. Dou, L. Shan, Y. Sun, and W. Li, “Proliferation and committed differentiation into dopamine neurons of neural stem cells induced by the active ingredients of radix astrag ali,” *NeuroReport*, vol. 29, no. 7, pp. 577–582, 2018.

[123] C. Cabrera, R. Artacho, and R. Gimenez, "Beneficial effects of green tea—a review," *Journal of the American College of Nutrition*, vol. 25, no. 2, pp. 79–99, 2006.

[124] J. C. Jurado-Coronel, M. Ávila-Rodríguez, V. Echeverria et al., "Implication of green tea as a possible therapeutic approach for Parkinson disease," *CNS & Neurological Disorders Drug Targets*, vol. 15, no. 3, pp. 292–300, 2016.

[125] N. Bitu Pinto, B. da Silva Alexandre, K. R. Neves, A. H. Silva, L. K. Keal, and G. S. Viana, "Neuroprotective properties of the standardized extract from *Camellia sinensis* (Green Tea) and its main bioactive components, epicatechin and epigallocatechin gallate, in the 6-OHDA model of Parkinson’s disease," *Evidence-based Complementary and Alternative Medicine*, vol. 2015, Article ID 161092, 12 pages, 2015.

[126] D. A. Martinez-Perez, M. Jimenez-Del-Rio, and C. Velez-Lopez, "Epigallocatechin-3-gallate protects and prevents paraquat-induced oxidative stress and neurodegeneration in knockdown dj-1-β* Drosophila melanogaster*,” *Neurotoxicity Research*, vol. 34, no. 3, pp. 401–416, 2018.

[127] Y. Ye, F. Fang, and Y. Li, "Isolation of the sapogenin from defatted seeds of *Camellia oleifera* and its neuroprotective effects on dopaminergic neurons,” *Journal of Agricultural and Food Chemistry*, vol. 62, no. 26, pp. 6175–6182, 2014.

[128] W. J. Duan, L. Liang, M. H. Pan et al., “*Theacrine*, a purine alkaloid from_Kucha_ , protects against Parkinson’s disease through SIRT3 activation,” *Phytomedicine*, vol. 77, article 153281, 2020.
[129] M. S. Ju, H. G. Kim, J. G. Choi et al., “Cassiae semen, a seed of _Cassia obtusifolia_, has neuroprotective effects in Parkinson’s disease models,” *Food and Chemical Toxicology*, vol. 48, no. 8-9, pp. 2037–2044, 2010.

[130] B. D. Drever, W. G. Anderson, G. Riedel et al., “The seed extract of *Cassia obtusifolia* offers neuroprotection to mouse hippocampal cultures,” *Journal of Pharmacological Sciences*, vol. 107, no. 4, pp. 380–392, 2008.

[131] M. F. McCarty and A. Lerner, “Nutraceuticals targeting generation and oxidative activity of peroxynitrite may aid prevention and control of Parkinson’s disease,” *International Journal of Molecular Sciences*, vol. 21, no. 10, p. 3624, 2020.

[132] T. H. Park, D. H. Kim, C. H. Kim et al., “Peroxyxynitrite scavenging mode of alaternin isolated from _Cassia tora_,” *The Journal of Pharmacy and Pharmacology*, vol. 56, no. 10, pp. 1315–1321, 2004.

[133] E. Ramazani, M. YazdFazeli, S. A. Emami et al., “Protective effects of *Cinnamomum verum*, *Cinnamomum cassia* and cinnamaldehyde against 6-OHDA-induced apoptosis in PC12 cells,” *Molecular Biology Reports*, vol. 47, no. 4, pp. 2437–2445, 2020.

[134] I. S. Kim, S. Koppula, P. J. Park et al., “*Chrysanthemum morifolium* _Ramat (CM) extract protects human neuroblastoma SH-SYSY cells against MPP+-induced cytotoxicity,” *Journal of Ethnopharmacology*, vol. 126, no. 3, pp. 447–454, 2009.

[135] I. S. Kim, D. K. Choi, and H. J. Jung, “Neuroprotective effects of vanillyl alcohol in *Gastrodia elata* Blume through suppression of oxidative stress and anti-apoptotic activity in toxin-induced dopaminergic N9D cells,” *Molecules*, vol. 16, no. 7, pp. 5349–5361, 2011.

[136] K. S. Kim, T. T. Zhao, K. S. Shin et al., “Gynostemma penta- phylhum ethanolic extract protects against memory deficits in an MPTP-lesioned mouse model of Parkinson’s disease treated with L-DOPA,” *Journal of Medicinal Food*, vol. 20, no. 1, pp. 11–18, 2017.

[137] S. M. Kim, Y. J. Park, M. S. Shin et al., “Acacetin inhibits neuronal cell death induced by 6-hydroxydopamine in cellular Parkinson’s disease model,” *Bioorganic & Medicinal Chemistry Letters*, vol. 27, no. 23, pp. 5207–5212, 2017.

[138] Y. H. Wang, Z. H. Xuan, S. Tian, and G. H. Du, “Echinacside protects against 6-hydroxydopamine-induced mitochondrial dysfunction and inflammatory responses in PC12 cells via reducing ROS production,” *Evidence-based Complementary and Alternative Medicine*, vol. 2015, Article ID 189239, 9 pages, 2015.

[139] Q. Xu, W. Fan, S. F. Ye et al., “Cistanche tubulosa protects dopaminergic neurons through regulation of apoptosis and glial cell-derived neurotrophic factor: in vivo and in vitro,” *Frontiers in Aging Neuroscience*, vol. 8, p. 295, 2016.

[140] X. L. Zhang, Y. H. Yuan, Q. H. Shao et al., “DJ-1 regulating PI3K-Nrf2 signaling plays a significant role in benibenzyl compound 20C-mediated neuroprotection against rotenone-induced oxidative insult,” *Toxicology Letters*, vol. 271, pp. 74–83, 2017.

[141] Y. Zhang, H. Long, F. Zhou et al., “Echinacside’s nigrostriatal dopaminergic protection against 6-OHDA-induced endoplasmic reticulum stress through reducing the accumulation of Seipin,” *Journal of Cellular and Molecular Medicine*, vol. 21, no. 12, pp. 3761–3775, 2017.

[142] T. Chen, Y. Li, C. Li et al., “Pluronic P85/F68 micelles of baicalein could interfere with mitochondria to overcome MRP2-mediated efflux and offer improved anti-Parkinsonian activity,” *Molecular Pharmaceutics*, vol. 14, no. 10, pp. 3331–3342, 2017.

[143] M. R. Gao, M. Wang, Y. Y. Jia et al., “Echinacside protects dopaminergic neurons by inhibiting NLRP3/Caspase-1/IL-1β signaling pathway in MPTP-induced Parkinson’s disease model,” *Brain Research Bulletin*, vol. 164, pp. 55–64, 2020.

[144] J. Y. Huang, Y. H. Yuan, J. Q. Yan et al., “20C, a benzyl compound isolated from _Gastrodia elata_, protects PC12 cells against rotenone-induced apoptosis via activation of the Nrf2/ARE/HO-1 signaling pathway,” *Acta Pharmacologica Sinica*, vol. 37, no. 6, pp. 731–740, 2016.

[145] G. Jiang, Y. Hu, L. Liu, J. Cai, C. Peng, and Q. Li, “Gastrodin protects against MPP+-induced oxidative stress by upregulating heme oxygenase-1 expression through p38 MAPK/Nrf2 pathway in human dopaminergic cells,” *Neurochemistry International*, vol. 75, pp. 79–88, 2014.

[146] Z. Mou, Y. H. Yuan, Y. X. Lou et al., “Benzyl compound 20c protects against endoplasmic reticulum stress in tunicamycin-treated PC12 cells _in vitro_,” *Acta Pharmacologica Sinica*, vol. 37, no. 12, pp. 1525–1533, 2016.

[147] J. Yan, Z. Yang, N. Zhao, Z. Li, and X. Cao, “Gastrodin protects dopaminergic neurons via insulin-like pathway in a Parkinson’s disease model,” *BMC Neuroscience*, vol. 20, no. 1, p. 31, 2019.

[148] H. Kumar, I. S. Kim, S. V. More, B. W. Kim, Y. Y. Bahk, and D. K. Choi, “Gastrodin protects apoptotic dopaminergic neurons in a toxin-induced Parkinson’s disease model,” *Evidence-based Complementary and Alternative Medicine*, vol. 2013, Article ID 514095, 13 pages, 2013.

[149] T. T. Zhao, K. S. Kim, K. S. Shin et al., “Gypenosides ameliorate memory deficits in MPTP-lesioned mouse model of Parkinson’s disease treated with L-DOPA,” *BMC Complementary and Alternative Medicine*, vol. 17, no. 1, p. 449, 2017.

[150] A. R. Doo, S. N. Kim, D. H. Hahn et al., “*Gastrodia elata* Blume alleviates L-DOPA-induced dyskinesia by normalizing FosB and ERK activation in a 6-OHDA-lesioned Parkinson’s disease model,” *Journal of Tropics and Industrial Health*, vol. 31, no. 1, pp. 1128–1143, 2015.

[151] G. D. Conrad, “Is *Ginkgo biloba* and/or a multivitamin-multipharmaceutical supplement a therapeutic option for Parkinson’s disease? A case report,” *Global Advances in Health and Medicine*, vol. 3, no. 4, pp. 43–44, 2014.

[152] M. A. El-Ghazaly, N. A. Sadik, E. R. Rashed, and A. A. Abd-El-Fattah, “Neuroprotective effect of EGb761® and low-dose whole-body γ-irradiation in a rat model of Parkinson’s disease,” *Toxicology and Industrial Health*, vol. 31, no. 12, pp. 1128–1143, 2015.

[153] J. Wang, W. Chen, and Y. Wang, “A ginkgo biloba extract promotes proliferation of endogenous neural stem cells in vascular dementia rats,” *Neural Regeneration Research*, vol. 8, no. 18, pp. 1655–1662, 2013.

[154] S. J. Zhang and Z. Y. Xue, “Effect of Western medicine therapy assisted by *Ginkgo biloba* tablet on vascular cognitive impairment of none dementia,” *Asian Pacific Journal of Tropical Medicine*, vol. 5, no. 8, pp. 661–664, 2012.

[155] Y. Q. Wang, M. Y. Wang, X. R. Fu et al., “Neuroprotective effects of ginkgetin against neuroinjury in Parkinson’s disease model induced by MPTP via chelating iron,” *Free Radical Research*, vol. 49, no. 9, pp. 1069–1080, 2015.
[156] J. Hua, N. Yin, B. Yang et al., “Ginkgolide B and bilobalide ameliorate neural cell apoptosis in α-synuclein aggregates,” *Biomedicine & Pharmacotherapy*, vol. 96, pp. 792–797, 2017.

[157] S. Kuang, L. Yang, Z. Rao et al., “Effects of Ginkgo biloba extract on A53T α-synuclein transgenic mouse models of Parkinson’s disease,” *The Canadian Journal of Neurological Sciences*, vol. 45, no. 2, pp. 182–187, 2018.

[158] N. Mohammed, H. Abdou, A. Essawy, M. Tass, M. Alfwuwaie, and A. Abdel-Moneim, “Oral supplements of Ginkgo biloba extract alleviate neuroinflammation, oxidative impairments and neurotoxicity in rotenone-induced Parkinsonian rats,” *Current Pharmaceutical Biotechnology*, vol. 21, no. 12, pp. 1259–1268, 2020.

[159] S. Vijayakumaran, Y. Nakamura, J. M. Henley, and D. L. Pountney, “Ginkgolic acid promotes autophagy-dependent cleavage of intracellular alpha-synuclein aggregates,” *Molecular and Cellular Neurosciences*, vol. 101, p. 103416, 2019.

[160] T. Wu, X. Fang, J. Xu, Y. Jiang, F. Cao, and L. Zhao, “Synergistic effects of ginkgolide b and protocatechuic acid on the treatment of Parkinson’s disease,” *Molecules*, vol. 25, no. 17, p. 3976, 2020.

[161] Q. Deng and X. Yang, “Protective effects of Gynostemma pentaphyllum polysaccharides on PC12 cells impaired by MPP(+)”, *International Journal of Biological Macromolecules*, vol. 69, pp. 171–175, 2014.

[162] H. J. Park, T. T. Zhao, S. H. Kim et al., “Ethanol extract from Gynostemma pentaphyllum ameliorates dopaminergic neuronal cell death in transgenic mice expressing mutant A53T human alpha-synuclein,” *Neural Regeneration Research*, vol. 15, no. 2, pp. 361–368, 2020.

[163] K. S. Shin, T. T. Zhao, H. S. Choi, B. Y. Hwang, C. K. Lee, and M. K. Lee, “Effects of gypenosides on anxiety disorders in MPTP-lesioned mouse model of Parkinson’s disease,” *Brain Research*, vol. 1567, pp. 57–65, 2014.

[164] T. T. Zhao, K. S. Shin, H. S. Choi, and M. K. Lee, “Ameliorating effects of gypenosides on chronic stress-induced anxiety disorders in mice,” *BMC Complementary and Alternative Medicine*, vol. 15, no. 1, p. ???, 2015.

[165] K. S. Shin, T. T. Zhao, K. H. Park et al., “Gypenosides attenuate the development of L-DOPA-induced dyskinesia in 6-hydroxydopamine-lesioned rat model of Parkinson’s disease,” *BMC Neuroscience*, vol. 16, no. 1, p. ???, 2015.

[166] F. L. Sun, L. Zhang, R. Y. Zhang, and L. Li, “Tetrahydroxystilbene glucoside protects human neuroblastaoma SH-SY5Y cells against MPP(+) induced cytotoxicity,” *European Journal of Pharmacology*, vol. 660, no. 2–3, pp. 283–290, 2011.

[167] R. Sun, K. Wang, D. Wu, X. Li, and Y. Ou, “Protective effect of paeoniflorin against glutamate-induced neurotoxicity in PC12 cells via Bcl-2/Bax signal pathway,” *Folia Neuropathologica*, vol. 50, no. 3, pp. 270–276, 2012.

[168] M. Zheng, C. Liu, Y. Fan, D. Shi, and Y. Zhang, “Protective effects of Paeoniflorin against MPP(+) induced neurotoxicity in PC12 cells,” *Neurochemical Research*, vol. 41, no. 6, pp. 1323–1334, 2016.

[169] H. Dong, R. Li, C. Yu, T. Xu, X. Zhang, and M. Dong, “Paeoniflorin inhibition of 6-hydroxydopamine-induced apoptosis in PC12 cells via suppressing reactive oxygen species-mediated PKC8/NF-κB pathway,” *Neuroscience*, vol. 285, pp. 70–80, 2015.

[170] M. Zheng, C. Liu, Y. Fan, P. Yan, D. Shi, and Y. Zhang, “Neuroprotection by Paeoniflorin in the MPTP mouse model of Parkinson’s disease,” *Neuropsychopharmacology*, vol. 116, pp. 412–420, 2017.

[171] H. G. Kim, G. Park, Y. Piao et al., “Effects of the root bark of *Panax* suffruticosus on mitochondria-mediated neuroprotection in an MPTP-induced model of Parkinson’s disease,” *Food and Chemical Toxicology*, vol. 65, pp. 293–300, 2014.

[172] X. L. Lu, Y. H. Lin, Q. Wu et al., “Paeonol protects against MPP(+) induced neurotoxicity in zebrafish and PC12 cells,” *BMC Complementary and Alternative Medicine*, vol. 15, no. 1, p. 137, 2015.

[173] J. Xue, T. Liu, Y. Liu et al., “Neuroprotective effect of biosynthesised gold nanoparticles synthesised from root extract of *Panax notoginseng* against Parkinson disease - In vitro & In vivo model,” *Journal of Photochemistry and Photobiology. B*, vol. 200, p. 111635, 2019.

[174] S. Hu, R. Han, S. Mak, and Y. Han, “Protection against 1-methyl-4-phenylpyridinium ion (MPP(+) )-induced apoptosis by water extract of ginseng (*Panax ginseng C.A. Meyer*) in SH-SY5Y cells,” *Journal of Ethnopharmacology*, vol. 135, no. 1, pp. 34–42, 2011.

[175] F. C. Luo, S. D. Wang, L. Qi, J. Y. Song, T. Lv, and J. Bai, “Protective effect of panaxatriol saponins extracted from *Panax notoginseng* against MPTP-induced neurotoxicity in vivo,” *Journal of Ethnopharmacology*, vol. 133, no. 2, pp. 448–453, 2011.

[176] J. M. Van Kampen, D. B. Baranowski, C. A. Shaw, and D. G. Kay, “Panax ginseng is neuroprotective in a novel progressive model of Parkinson’s disease,” *Experimental Gerontology*, vol. 50, pp. 95–105, 2014.

[177] Q. Liu, J. P. Kou, and B. Y. Yu, “Ginsenoside Rg1 protects against hydrogen peroxide-induced cell death in PC12 cells via inhibiting NF-κB activation,” *Neurochemistry International*, vol. 58, no. 1, pp. 119–125, 2011.

[178] L. F. Liu, J. X. Song, J. H. Lu et al., “Tiamna Gouteng Yin, a Traditional Chinese Medicine decoction, exerts neuroprotective effects in animal and cellular models of Parkinson’s disease,” *Scientific Reports*, vol. 5, no. 1, 2015.

[179] E. Gonzalez-Burgos, C. Fernandez-Moriano, R. Lozano, I. Iglesias, and M. P. Gomez-Serranillos, “Ginsenosides Rd and Re co-treatments improve rotenone-induced oxidative stress and mitochondrial impairment in SH-SY5Y neuroblastoma cells,” *Food and Chemical Toxicology*, vol. 109, Part 1, pp. 38–47, 2017.

[180] Y. L. Jun, C. H. Bae, D. Kim, S. Koo, and S. Kim, “Korean Red Ginseng protects dopaminergic neurons by suppressing the cleavage of p35 to p25 in a Parkinson’s disease mouse model,” *Journal of Ginseng Research*, vol. 39, no. 2, pp. 148–154, 2015.

[181] M. A. Zaafan, A. M. Abdelhamid, and S. M. Ibrahim, “The protective effect of Korean red ginseng against rotenone-induced Parkinson’s disease in rat model: modulation of nuclear factor-κB and caspase-3,” *Current Pharmaceutical Biotechnology*, vol. 20, no. 7, pp. 588–594, 2019.

[182] J. G. Choi, H. G. Kim, M. C. Kim et al., “Polygalae radix inhibits toxin-induced neuronal death in the Parkinson’s disease mouse model,” *Journal of Ethnopharmacology*, vol. 134, no. 2, pp. 414–421, 2011.

[183] Z. Liang, F. Shi, Y. Wang et al., “Neuroprotective effects of tenuigenin in a SH-SY5Y cell model with 6-OHDA-induced injury,” *Neuroscience Letters*, vol. 497, no. 2, pp. 104–109, 2011.
Y. Wang, H. Xu, Q. Fu, R. Ma, and J. Xiang, “NLRP3 inflammasome activation in microglia,” *Journal of Neuroinflammation*, vol. 14, no. 1, p. 256, 2017.

A. G. Wu, V. K. Wong, S. X. Xu et al., “Onjisaponin B derived from Radix Polygalae enhances autophagy and accelerates the degradation of mutant α-synuclein and huntingtin in PC-12 cells,” *International Journal of Molecular Sciences*, vol. 14, no. 11, pp. 22618–22641, 2013.

F. Peng, L. Lu, F. Wei, D. Wu, K. Wang, and J. Tang, “The onjisaponin B metabolite tenuifolin ameliorates dopaminergic neurodegeneration in a mouse model of Parkinson’s disease,” *NeuroReport*, vol. 31, no. 6, pp. 456–465, 2020.

H. He, S. Wang, J. Tian et al., “Protective effects of 2,3,5,4′-tetrahydroxystilbene-2-O-β-D-glucoside in the MPTP-induced mouse model of Parkinson’s disease: Involvement of reactive oxygen species-mediated JNK, P38 and mitochondrial pathways,” *European Journal of Pharmacology*, vol. 767, pp. 175–182, 2015.

X. Li, Y. Li, J. Chen et al., “Tetrahydroxystilbene glucoside attenuates MPP+-induced apoptosis in PC12 cells by inhibiting ROS generation and modulating JNK activation,” *Neuroscience Letters*, vol. 483, no. 1, pp. 1–5, 2010.

R. Qin, X. Li, G. Li et al., “Protection by tetrahydroxystilbene glucoside against neurotoxicity induced by MPP+: the involvement of P38K/Akt pathway activation,” *Toxicology Letters*, vol. 202, no. 1, pp. 1–7, 2011.

X. Sun, Y. B. Cao, L. F. Hu et al., “ASICs mediate the modulatory effect by paconefilorin on alpha-synuclein autophagic degradation,” *Brain Research*, vol. 1396, pp. 77–87, 2011.

C. Huang, F. Lin, G. Wang et al., “Tetrahydroxystilbene glucoside produces neuroprotection against 6-OHDA-induced dopamine neurotoxicity,” *Oxidative Medicine and Cellular Longevity*, vol. 2018, Article ID 7927568, 9 pages, 2018.

Y. Yu, X. Y. Lang, X. L. Li et al., “2,3,5,4′-Tetrahydroxystilbene-2-O-β-D-glucoside attenuates MPP+/MPTP-induced neurotoxicity in vitro and in vivo: Restoring the BDNF-TrkB and FGFl-Akt signaling axis and inhibition of apoptosis,” *Food & Function*, vol. 10, no. 9, pp. 6009–6019, 2019.

Y. Wang, H. Xu, Q. Fu, R. Ma, and J. Xiang, “Protective effect of resveratrol derived from Polygonum cuspidatum and its liposomal form on nigral cells in Parkinsonian rats,” *Journal of the Neurological Sciences*, vol. 304, no. 1–2, pp. 29–34, 2011.

F. X. Zhang and R. S. Xu, “juglalin ameliorates LPS-induced neuroinflammation in animal models of Parkinson’s disease and cell culture via inactivating TLR4/NF-κB pathway,” *Bioinformatics & Pharmacotherapy*, vol. 97, pp. 1011–1019, 2018.

N. O. Zarmouth, E. A. Mazzio, F. M. Elshami, S. S. Messcha, S. V. Eyunni, and K. F. Soliman, “Evaluation of the inhibitory effects of bavachinin and bavachin on human monoamine oxidases A and B,” *Evidenced-based Complementary and Alternative Medicine*, vol. 2015, Article ID 852194, 14 pages, 2015.

N. O. Zarmouth, S. K. Eyunni, and K. F. Soliman, “The Benzo-pyrene Biochanin-A as a reversible, competitive, and selective monoamine oxidase B inhibitor,” *BMC Complementary and Alternative Medicine*, vol. 17, no. 1, p. 34, 2017.

H. Jing, S. Wang, M. Wang, W. Fu, C. Zhang, and D. Xu, “Isobavachalcone attenuates MPTP-induced Parkinson’s disease in mice by inhibition of microglial activation through NF-κB pathway,” *PLoS One*, vol. 12, no. 1, article e0169560, 2017.

D. H. Kim, H. Li, Y. E. Han, J. H. Jeong, H. J. Lee, and J. H. Ryu, “Modulation of inducible nitric oxide synthase expression in LPS-stimulated BV-2 microglia by prenylated chalcones from *Cullen curvifolium* (L.) Medik. through inhibition of I-κB degradation,” *Molecules*, vol. 23, 2018.

S. S. Chaurasia, S. Panda, and A. Kar, “*Withania somnifera* root extract in the regulation of lead-induced oxidative damage in male mouse,” *Pharmacological Research*, vol. 41, no. 6, pp. 663–666, 2000.

J. Prakash, S. Chouhan, S. K. Yadav, S. Westfall, S. N. Rai, and S. P. Singh, “*Withania somnifera* alleviates parkinsonian phenotypes by inhibiting apoptotic pathways in dopaminergic neurons,” *Neurochemical Research*, vol. 39, no. 12, pp. 2527–2536, 2014.

S. K. Yadav, J. Prakash, S. Chouhan et al., “Comparison of the neuroprotective potential of *Mucuna pruriens* seed extract with estrogen in 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)-induced PD mouse model,” *Neurochemistry International*, vol. 65, pp. 1–13, 2014.

S. N. Rai, H. Birla, S. S. Singh et al., “*Mucuna pruriens* protects against MPTP intoxicated neuroinflammation in Parkinson’s disease through NF-κB/pAKT signaling pathways,” *Frontiers in Aging Neuroscience*, vol. 9, p. 421, 2017.

S. N. Rai, H. Birla, W. Zahr, S. S. Singh, and S. P. Singh, “Immunomodulation of Parkinson’s disease using *Mucuna pruriens* (Mpc),” *Journal of Chemical Neuroanatomy*, vol. 83, pp. 27–35, 2017.

B. V. Manyam, M. Dhanasekaran, and T. A. Hare, “Neuroprotective effects of the antiparkinson drug *Mucuna pruriens*,” *Phytotherapy Research*, vol. 18, no. 9, pp. 706–712, 2004.

C. A. Lieu, A. R. Kunselman, B. V. Manyam, K. Venkiteswaran, and T. Subramanian, “A water extract of *Mucuna pruriens* provides long-term amelioration of parkinsonism with reduced risk for dyskinasias,” *Parkinsonism & Related Disorders*, vol. 16, no. 7, pp. 458–465, 2010.

S. K. Yadav, S. N. Rai, and S. P. Singh, “*Mucuna pruriens* reduces inducible nitric oxide synthase expression in Parkinsonian mice model,” *Journal of Chemical Neuroanatomy*, vol. 80, pp. 1–10, 2017.

V. S. Nayak, N. Kumar, A. S. D’Souza, S. S. Nayak, S. P. Cherukuri, and K. S. R. Pai, “The effects of *Mucuna pruriens* extract on histopathological and biochemical features in the rat model of ischemia,” *NeuroReport*, vol. 28, no. 18, pp. 1195–1201, 2017.

A. K. Upadhyay, K. Kumar, A. Kumar, and H. S. Mishra, “*Tinospora cordifolia* (Willd.) Hook. f. and Thoms. (Guduchi)—validation of the Ayurvedic pharmacology through experimental and clinical studies,” *International Journal of Ayurveda Research*, vol. 1, no. 2, pp. 112–121, 2010.

J. Kosaraju, S. Chinni, P. D. Roy, E. Kannan, A. S. Antony, and M. N. Kumar, “Neuroprotective effect of *Tinospora cordifolia* ethanol extract on 6-hydroxy dopamine induced Parkinsonism,” *Indian Journal of Pharmacology*, vol. 46, no. 2, pp. 176–180, 2014.

R. Mishra, S. Manchanda, M. Gupta et al., “*Tinospora cordifolia* ameliorates anxiety-like behavior and improves cognitive functions in acute sleep deprived rats,” *Scientific Reports*, vol. 6, no. 1, article 25564, 2016.

H. Birla, S. N. Rai, S. S. Singh et al., “*Tinospora cordifolia* suppresses neuroinflammation in Parkinsonian mouse model,” *NeuroMolecular Medicine*, vol. 21, no. 1, pp. 42–53, 2019.
K. Iwasaki, S. Kato, Y. Monma et al., “A pilot study of banxia houpu tang, a traditional Chinese medicine, for reducing pneumonia risk in older adults with dementia,” *Journal of the American Geriatrics Society*, vol. 55, no. 12, pp. 2035–2040, 2007.

K. Iwasaki, Q. Wang, H. Seki et al., “The effects of the traditional Chinese medicine, ‘Banxia Houpo Tang (Hange-Koboku To)’ on the swallowing reflex in Parkinson’s disease,” *Phytomedicine*, vol. 7, no. 4, pp. 259–263, 2000.

Z. Lu, Z. Hong, W. Tao et al., “Effect of Bushen Yanggan Xifeng decoction on neurotransmitters and dopamine receptors in the striatum of Parkinson’s disease model mice,” *Journal of Traditional Chinese Medicine*, vol. 14, 2011.

D. Shu, J. He, and J. Chen, “Neuroprotective effects and mechanisms of Chuanxiong Chatiao pulvis against MPTP-induced dopaminergic neurotoxicity in mice model of Parkinson’s disease,” *Zhongguo Zhong Yao Za Zhi*, vol. 34, no. 19, pp. 2494–2497, 2009.

J. Jin, L. Duan, and J. Sun, “Protective effect of Huanglian Jiedu decoction on the injury of PC12 cells induced by MPP,” *Chinese Pharmaceutical Journal-Beijing*, vol. 43, p. 344, 2008.

M. J. Dong, H. Y. Qian, S. F. Zhou, W. W. Liu, and Z. B. Wu, “Protective effects of Liuwei Dihuang Pill against oxidative stress reaction in PD mice model,” *Journal of Zhejiang University of Traditional Chinese*, vol. 33, pp. 756-757, 2009.

S. F. Zhou and H. Y. Qian, “Effects of Liuwei Dihuang Pill on dopaminergic neurons in MPTP-induced PD mice,” *Hubei JTCM*, vol. 31, pp. 6-7, 2009.

Y. C. Lo, Y. T. Shih, Y. T. Tseng, and H. T. Hsu, “Neuroprotective Effects of San-Huang-Xie-Xin-Tang in the MPP+/MPTP Models of Parkinson’s Disease In Vitro and In Vivo,” *Evidence-based Complementary and Alternative Medicine*, vol. 2012, Article ID 501032, 10 pages, 2012.

W. W. Wang, J. C. He, and H. J. Ding, “Effect of tianma gou teng drink on the behavioural and oxidation stress response of Parkinson’s disease rat,” *Chinese Journal of Gerontology*, vol. 30, pp. 1657–1659, 2010.

X. M. Li, H. B. Ma, Z. Q. Ma et al., “Ameliorative and neuroprotective effect in MPTP model of Parkinson’s disease by _Zhen-Wu-Tang_ ( _ZWT_ ), a traditional Chinese medicine,” *Journal of Ethnopharmacology*, vol. 130, no. 1, pp. 19–27, 2010.

X. M. Li, C. L. Xu, J. M. Deng, L. F. Li, S. P. Ma, and R. Qu, “Protective effect of _Zhen-Wu-Tang_ ( _ZWT_ ) through keeping DA stable and VMAT 2/DAT mRNA in balance in rats with striatal lesions induced by MPTP,” *Journal of Ethnopharmacology*, vol. 134, no. 3, pp. 768–774, 2011.

L. Wentao, S. Huifen, Y. Wang, L. Rukui, L. Yi, and Y. Lu, “Effect of _Zhichan_ Decoction on Neural Stem Cell Differentiation in Parkinson’s Disease Model Rats,” *World Science and Technology*, vol. 13, no. 3, pp. 475–479, 2011.

L. Wentao, L. Rukui, Y. Wang, S. Huifen, and Y. Lu, “Inducing effects of zhichan soup on neuron stem cell differentiation,” *World Science and Technology*, vol. 11, no. 3, pp. 371–374, 2009.

J. Zhang, Z. Zhang, W. Zhang et al., “Jia-Jian-Di-Huang-Yin-Zi decoction exerts neuroprotective effects on dopaminergic neurons and their microenvironment,” *Scientific Reports*, vol. 8, no. 1, p. 9886, 2018.