Review

Fischer–Tropsch Synthesis for Light Olefins from Syngas: A Review of Catalyst Development

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Abstract: Light olefins as one the most important building blocks in chemical industry can be produced via Fischer–Tropsch synthesis (FTS) from syngas. FT synthesis conducted at high temperature would lead to light paraffins, carbon dioxide, methane, and C5+, longer chain hydrocarbons. The present work focuses on providing a critical review on the light olefin production using Fischer–Tropsch synthesis. The effects of metals, promoters and supports as the most influential parameters on the catalytic performance of catalysts are discussed meticulously. Fe and Co as the main active metals in FT catalysts are investigated in terms of pore size, crystal size, and crystal phase for obtaining desirable light olefin selectivity. Larger pore size of Fe-based catalysts is suggested to increase olefin selectivity via suppressing 1-olefin readsorption and secondary reactions. Iron carbide as the most probable phase of Fe-based catalysts is proposed for light olefin generation via FTS. Smaller crystal size of Co active metal leads to higher olefin selectivity. Hexagonal close-packed (HCP) structure of Co has higher FTS activity than face-centered cubic (FCC) structure. Transition from Co to Co3C is mainly proposed for formation of light olefins over Co-based catalysts. Moreover, various catalysts’ deactivation routes are reviewed. Additionally, techno-economic assessment of FTS plants in terms of different costs including capital expenditure and minimum fuel selling price are presented based on the most recent literature. Finally, the potential for global environmental impacts associated with FTS plants including atmospheric and toxicological impacts is considered via lifecycle assessment (LCA).

Keywords: light olefins; Fischer–Tropsch synthesis; catalysts; promoters; catalyst deactivation; techno-economic assessment; lifecycle analysis

1. Introduction

Olefins including ethylene, propylene, and butylene are considered the most widely used petrochemical feedstocks used as chemical intermediates for production of solvents, polymers, plastics, fibers, and detergents. The demand for ethylene as one of the important derivatives of olefins is over 155 million tons annually. The common method for olefin production is steam cracking (SC) of hydrocarbons. The trend of ethylene production using thermal cracking had a growth rate of 4% between 2007 and 2012 [1]. The ethylene production in Canada is based on ethane as a feed through steam cracking at high temperatures. From 2000 to 2010, it was reported that the propylene production declined while the ethylene production increased [2].

Heavy petroleum oil with low API gravity containing different impurities such as sulfur, nitrogen, and metals brings about many challenges during its processing to the light olefins. Petroleum oil is estimated as the main energy source up to 2040 based on the OPEC’s World Oil Outlook in 2016, with the energy demand reaching to 382 million barrels of oil equivalent per day (mboe/d). As olefin production depends on oil fractions and steam cracking, the increasing demand for light olefins can cause strain on crude oil...
resources [3]. The non-oil routes for olefin production can be categorized in four groups, namely methanol to olefin (MTO), ethanol to olefin (ETO), dimethyl ether to olefin (DMTO), and the Fischer–Tropsch synthesis (FTS), which was developed in 1922 [4].

The technologies including MTO and FTS use methane as a feedstock for higher hydrocarbon production in an indirect way, while oxidative coupling of methane (OCM) is a direct route for ethylene and higher hydrocarbons production using methane. The H₂/CO ratio in CO-rich syngas needs to be adjusted by water–gas shift (WGS) reactions to eliminate the CO level, while resulting in CO₂ emissions [2]. However, the adjustment of H₂/CO ratio is not necessary for the H₂-rich syngas. Synthesis of an intermediate like methanol or dimethyl ether is the basis of MTO and dimethyl ether-to-olefin (DMTO) processes to produce light olefins indirectly, while Fischer–Tropsch to olefins process is based on a one-step reaction consuming synthesis gas without adjustment of H₂/CO ratio [2]. An MTO plant is shown in Figure 1 where methanol is consumed in an MTO reactor and light olefins are separated within two stages of separation.

![Figure 1. Schematic of MTO process. Reproduced with permission [5].](image-url)

Coal, natural gas, and biomass are the main source of synthesis gas for olefins production. Coal and biomass are converted to syngas via gasification, while the conversion of natural gas to syngas is carried out through steam reforming. The established FTS plants presented in Table 1 show a tendency toward natural gas compared to coal over the years [6]. FTS provides two advantages compared to MTO. The lower cost of olefin production in FTS involves a one-step process. Additionally, a wide range of raw materials can be used as feedstocks in FTS, with less wastewater production throughout the process [7]. Oil resource depletion and high cost of exploration has led scientists to develop alternative feedstocks for the olefins production. Biomass and waste streams including solid plastic waste or municipal waste are good candidates for future use in olefins production, indicating that FTS can be regarded as an environmentally friendly and economical process for light olefins production [8].

| Company                      | Carbon Source   | Capacity (bpd) | Commissioning Date |
|------------------------------|-----------------|----------------|--------------------|
| Sasol                        | Coal            | 2500           | 1955               |
| Sasol                        | Coal            | 85,000         | 1980               |
| Sasol                        | Coal            | 85,000         | 1982               |
| MossGas                      | Natural gas     | 30,000         | 1992               |
| Shell                        | Natural gas     | 12,500         | 1993               |
| Sasol/Qatar Petroleum       | Natural gas     | 34,000         | 2006               |
| Sasol Chevron               | Natural gas     | 34,000         | 2007               |
| Shell                       | Natural gas     | 140,000        | 2009               |
| Sasol/USA                   | Natural gas     | 96,000         | 2018               |
| Sasol/Canada                | Natural gas     | 96,000         | 2020               |
So far only iron and cobalt catalysts have been proven economically feasible on an industrial scale for FTS. However, iron possessing high water–gas-shift (WGS) activity compared to cobalt, can be an ideal catalyst for FTS. Selectivity is the most important challenge in the FTS process. In this process, the catalyst activity and selectivity are influenced by nature and structure of support, nature of metal, reactive sites, metal dispersion, metal loading, and catalyst preparation method [10]. Moreover, addition of promoting agents to catalysts significantly increases the activity and selectivity of catalysts toward a specific range of products, e.g., light olefins. Therefore, to optimize the selectivity of FTS to light olefins, conditions favoring high olefin to paraffin ratio should be achieved.

2. Catalysts for Fischer–Tropsch to Olefins (FTO)

Generally, the catalyst selectivity is based upon four factors including bond strength, coordination, ensemble, and template properties. The principle of bond strength is the electronic characteristics of the atoms involved. The number of possible reactions in the FTS is influenced by bond strength varying from no chemisorption for weak bond to slow desorption for strong bond [11]. Catalyst basicity, dispersion, active metals, and promoters as well as support interaction can influence the selectivity of FTS toward light olefins. Ponec et al. [12] linked the olefins selectivity to electronic and geometric factors. Moreover, Biloen et al. [13] asserted that whenever a molecule contacts the catalyst surface, the reactants react due to the chemistry and geometry of the catalyst’s active sites.

2.1. Catalyst Active Metal Effects

Transition metals capable of syngas (H\textsubscript{2} + CO) adsorption and reducibility of metal oxides are used as FTS catalysts. Transition metals belonging to groups III–VI of the periodic table have tendency to form highly stable oxides that are difficult to be reduced in FTS, while they can be used for dissociative adsorption of CO. Additionally, some transition metals including Cu, Pd, Pt, and Ir have difficulty with CO dissociation resulting in high methanol selectivity in FTS. It is suggested that Fe, Co, Ni, and Ru are suitable transition metals for FTS, due to high rates of CO dissociation and subsequently high rate of chain growth [14]. In some research, Rh was found to be suitable [15]. However, it has been reported that Ru is not an economical catalyst due to its limited resources and high price. Nickel is observed to be selective to methane rather than the desired products. Therefore, Fe and Co are the most common metals for FTS catalyst [16]. Fe-based catalysts are more likely to tolerate sulfur impurities than Co, thus suggesting for biomass and coal derived syngas. Moreover, Fe possesses a lower hydrogenation activity compared to Co, as a result, Fe provides higher selectivity toward olefins [17]. Interestingly, there is a growing attention to molybdenum carbide as catalyst for catalytic reactions due to high activity for CO hydrogenation and dry reforming as well as its resistance to carbon deposition in comparison with Co- and Fe-based Fischer–Tropsch catalysts [18].

2.1.1. Iron-Based Catalysts

Iron catalysts at lower temperatures are selective to paraffins, while by increasing temperature the selectivity changes toward olefins. Due to similarity of CO hydrogenation and iron carbide formation in terms of activation energy, the iron carbides are formed during the FTS process. Different format of iron carbides have been observed in FTS process [19]. Table 2 shows a summary of iron-based catalysts for light olefin production via FTS. The nature and concentration of the promoters play a pivotal role in FTO catalysts and their selectivity. Galvis et al. [20] studied the addition of sulfur plus sodium in low concentration to Fe/α-Al\textsubscript{2}O\textsubscript{3} catalyst with high C\textsubscript{2}–C\textsubscript{4} olefins selectivity to improve the catalytic activity and decrease the methane production. Sodium addition caused a decrease in the methane selectivity due to the chain growth probability, while sulfur addition led to a higher olefin production [20].
Table 2. Different synthesis methods of Fe-based catalysts for FTO.

| Active Metal | Support | Promoter | Synthesis Method      | Active Phase                                      | C2-C4 Selectivity (%) | CO Conversion (%) | Reference |
|--------------|---------|----------|-----------------------|---------------------------------------------------|------------------------|------------------|-----------|
| Fe           | CNTs    | Mn/K     | Impregnation          | FeMn2O4 before reduction                          | 51.7                   | 30.1             | [23]      |
| Fe           | CNTs    | Bi       | Impregnation          | Hägg χ-Fe5C2 or ε-Fe2C                             | 60.9                   | 10.0             | [24]      |
| Fe           | CNTs    | Pb/K     | Impregnation          | χ-Fe5C2                                            | 45–62.4                | 25.5–25.6      | [25]      |
| Fe           | CNTs    | Mn/K     | Impregnation          | Hägg χ-Fe5C2                                      | 50.3                   | 22.7             | [26]      |
| Fe-Zn-Cu     | -       | -        | Co-precipitation      | -                                                  | 35                     | 45               | [27]      |
| Fe           | N-CNTs  | K        | Impregnation          | χ-Fe5C2                                            | 54.6                   | 14.4             | [28]      |
| Fe           | NMCs    | -        | Ultrasonic-impregnation| Fe5C2 and Fe2C                                    | 33.9                   | 92.6             | [29]      |
| Fe-Cu        | Graphite| -        | Co-precipitation      | Fe7C3                                             | 37.8                   | 44.9             | [30]      |
| Fe           | AC      | K        | Impregnation          | χ-Fe5C2                                            | 21.7                   | 48.9             |          |
| Fe           | CsSiO2  | K        | Impregnation          | χ-Fe5C2                                            | 51.7                   | 11.8             |          |
| Fe           | CsSiO2  | K/S      | Impregnation          | χ-Fe5C2                                            | 51.4                   | 10.3             |          |
| Fe           | SiC     | Na/S     | Impregnation          | χ-Fe5C2                                            | 19.7                   | 57.1             |          |
| Fe           | γ-Al2O3 | -        | Impregnation          | χ-Fe5C2                                            | 16.1                   | 10.0             |          |
| Fe           | SiO2    | -        | Impregnation          | χ-Fe5C2                                            | 19.5                   | 16.7             |          |
| Fe           | TiO2    | K        | Impregnation          | χ-Fe5C2                                            | 17.3                   | 67.7             |          |
| Fe           | mSiO2   | -        | Impregnation          | χ-Fe5C2 is dominant (above 36%)                    | 12.8                   | 15.4             |          |
| Fe           | SiO2    | -        | Impregnation          | χ-Fe5C2                                            | 15.2                   | 28.5             |          |
| Fe           | SiO2-CO | -        | Impregnation          | χ-Fe5C2                                            | 18.3                   | 76.9             | [21]      |
| Fe           | SiO2-H2 | -        | Impregnation          | χ-Fe5C2                                            | 14.1                   | 51.6             |          |
| Fe           | SiO2-E  | Mn       | Impregnation          | -                                                  | 54.6                   | 50.5             | [32]      |
| Fe           | SiO2    | -        | Impregnation          | -                                                  | 54.6                   | 50.5             |          |
| Fe           | SiO2    | K        | Impregnation          | χ-Fe5C2                                            | 15.2                   | 33.9             | [18]      |
| Fe           | SiO2    | K        | Impregnation          | χ-Fe5C2                                            | 18.7                   | 29.9             | [22]      |
| Fe           | SiO2    | Bi       | Impregnation          | χ-Fe5C2                                            | 18.1                   | 34.3             | [18]      |
| Fe           | SiO2    | Pb       | Impregnation          | χ-Fe5C2                                            | 18.1                   | 34.3             |          |
| Fe           | SiO2-GC | SiO2     | Hydrothermal deposition| Hägg χ-Fe5C2                                      | 12.9                   | 40.6             | [33]      |
| Fe2O3        | SiO2    | -        | Hydrothermal deposition| Hägg χ-Fe5C2                                      | 17.4                   | 40.6             | [34]      |
| Fe-Mn        | SiO2    | Cu       | Co-precipitation, impregnation| Hägg χ-Fe5C2                                      | 40.1                   | 96.9             | [35]      |
| Fe           | Si-CO   | -        | Co-precipitation      | Fe7C3, χ-Fe5C2                                    | 30.8                   | 50.8             | [22]      |
| Fe           | Si-H2   | -        | Co-precipitation      | χ-Fe5C2                                            | 15.0                   | 33.1             | [22]      |
| Fe           | Si-Syngas| -       | Co-precipitation      | χ-Fe5C2                                            | 17.1                   | 22.3             |          |
| Fe           | α-Al2O3 | S/Na     | Impregnation          | -                                                  | 50                     | 66               | [20]      |
| Fe-Ni        | Al2O3   | K2S      | Co-precipitation      | -                                                  | 77.8                   | 64.6             | [36]      |
| Fe           | MnOx    | Ag       | Impregnation          | χ-Fe5C2                                            | 35.4                   | 50.3             | [38]      |
Various iron-based FTS catalysts along with catalyst synthesis methods and active phases is listed in Table 2. The most probable compounds in Fe-based catalysts are iron carbide, metallic Fe, and magnetite (Fe$_3$O$_4$). Identification of active phase in Fe catalyst is commonly performed by in situ magnetization measurement to obtain curie temperature in which the first derivative of magnetization altering with temperature is plotted. Then, the active phase of catalysts will be identified based on the observed curie temperature. Iron carbide can be in the form of ε-Fe$_2$C, ε’-Fe$_2$$_2$C, Hägg χ-Fe$_3$C$_2$, Fe$_7$C$_3$, or θ-Fe$_3$C. Active phases of Fe-based catalysts in FTS to light olefins have been mostly reported to be iron carbides in the form of Hägg χ-Fe$_3$C$_2$, ε-Fe$_2$C, ε’-Fe$_2$$_2$C, and Fe$_7$C$_3$. Carbides of ε-phase are stable below 250 °C, while Hägg carbide is stable in the range of 250-350 °C. Therefore, among iron carbides, χ-Fe$_3$C$_2$ is mostly known as active phase of typical FTS temperature (240–360 °C), with curie temperature between 205 °C and 238 °C [21]. Fe$_7$C$_3$ is a carbide phase produced during CO-treatment of catalyst at moderate temperature and θ-Fe$_3$C is stable above 350 °C [22].

Chang et al. [22] investigated pretreatment of Fe/SiO$_2$ catalysts with CO, H$_2$, and syngas for FTO in the medium temperature range of nearly 260–300 °C and 20–30 bar for H$_2$/CO = 2. They identified Fe$_7$C$_3$ and χ-Fe$_3$C$_2$ as active phases for CO-treated catalyst, while they reported ε-Fe$_2$C and χ-Fe$_3$C$_2$ as active phase composition in H$_2$-treatment. χ-Fe$_3$C$_2$ was the only carbide formed during syngas-treatment of Fe/SiO$_2$ catalyst. Among these three carbide phases, the highest activity and the lowest methane selectivity belong to Fe$_7$C$_3$ and ε-Fe$_2$C for medium range of temperature in FTO.

Jiang et al. [31] performed a series of experiments on Fe-based catalysts to control the catalytic activity, selectivity and deactivation in FTS process using different supports (γ-Al$_2$O$_3$, SiO$_2$, activated carbon (AC), anatase-TiO$_2$ and SiC) and promoters (K, Na, and S). It was concluded that the catalytic activity depends on the iron oxide reducibility which is related to the particle size-dependent carburization, promoter effects, interaction of iron with the support, and the particle size. The light olefin selectivity is increased beyond the limitation of the Schulz–Flory distribution using K, Na, and S. Finally, the reversible transformation of χ-Fe$_3$C$_2$ into Fe$_3$O$_4$ and K-induced carbon deposition were highlighted as the catalyst deactivation reasons [31]. Li et al. [30] synthesized K-promoted graphite supported catalysts during two stages including co-precipitation and incipient wetness impregnation. The FTS process was performed at 0.5 MPa and 300–330 °C using syngas (H$_2$/CO = 1) for 4 h. The potassium-promoted catalyst showed high activity and selectivity of liquid hydrocarbon. Subsequently, the iron electron density increased while methane production went down [30]. Wang et al. [43] investigated an iron-catalyzed FTS process and promoter effects on light olefin selectivity. They reported Hägg iron carbide (χ-Fe$_3$C$_2$) as the dominant phase of iron catalyst used in Fischer–Tropsch reaction. It can be observed from Figure 2 that there are three different synthesis methods for pure χ-Fe$_3$C$_2$ catalyst including

### Table 2. Cont.

| Active Metal | Support | Promoter | Synthesis Method | Active Phase | C$_2$-C$_4$ Selectivity (%) | CO Conversion (%) | Reference |
|-------------|---------|----------|-----------------|-------------|-----------------------------|------------------|-----------|
| Fe          | -       | Na/S     | Precipitation   | -           | 66                          | 30               | [39]      |
| Fe          | -       | Na       |                 |             | 23.3                        | 91.0             |           |
| Fe          | -       | Na       |                 | -           | 22.1                        | 97.3             |           |
| Fe          | -       | Zn       | Solvothermal    | -           | 18.1                        | 98.3             |           |
| Fe          | -       | Mn       |                 |             | 34.1                        | 37.4             |           |
| Fe          | -       | Zn/Na    | Co-precipitation| -           | 42.7                        | 97.16            |           |
| Fe          | -       | Zn/K     |                 | -           | 37.19                       | 5.02             | [41]      |
| Fe          | -       | Zr       | Co-precipitation| -           | 57                          | 40.6             | [42]      |

* Nitrogen-doped CNTs; b Nitrogen-rich mesoporous carbon-supported catalyst; c Carbon-coated SiO$_2$; d Mesoporous silica; e Fe-Si calcined catalyst treated with CO, H$_2$, and syngas; f Ethylene glycol pretreated silica support; g silica-graphitic carbon encapsulated iron; h Nanosheet.
Cobalt-based catalysts for FTS have properties such as high catalytic activity, low WGS activity, and superior stability. Therefore, this group of catalysts require higher ratios of \( \text{H}_2/\text{CO} \) (2.0–2.2) compared to Fe-based catalyst \([45]\). However, these types of catalysts are not selective to the light olefins for industrial application. The electron density and structure of cobalt catalysts are mainly influenced by metal–support interactions. The support acidity could lead to light hydrocarbons formation. The support porosity including average pore diameter, pore volume, and surface area could affect the cobalt dispersion and reducibility. Noble metals, transition metal oxides, and some rare earth metal oxides are suggested as promoters for the cobalt oxide catalyst. In addition, the promoter affects the structure and dispersion of cobalt species, FT reaction rates, and product selectivity \([46]\).

Figure 2. Schematic of synthesis methods proposed for \( \chi \)-Fe\(_5\)C\(_2\) phase catalyst. Reproduced with permission \([43]\).
Table 3 shows some of support materials and promoters used for synthesis of Co-based catalysts using different synthesis methods.

**Table 3. Different synthesis methods of Co-based catalysts for FTO.**

| Active Metal | Support | Promoter | Synthesis Method | C₂-C₄ Selectivity (%) | CO Conversion (%) | Reference |
|-------------|---------|----------|-----------------|------------------------|------------------|-----------|
| Co          | MHZSM 5 | -        | -               | 29.1                   | 79.0             | [47]      |
| Co          | HZSM 5  | -        | -               | 30.9                   | 75.9             |           |
| Co          | Al₂O₃/ZSM 5 | La | Co-precipitation | 24.1                   | 20.7             | [48]      |
| Co          | γ-Al₂O₃ | Ru/La | Impregnation    | 11.2                   | 45.8             | [49]      |
| Co-Mn       | γ-Al₂O₃ | -       | Co-impregnation | 8–11                   | 20–45            | [50]      |
| Co          | Al₂O₃  | -       | Impregnation    | 44.8–50.4              | 9.5              | [51]      |
| Co          | Al₂O₃ + | Pt      | Impregnation    | 24.1                   | 19.7             |           |
| Co-Ni       | mSiO₂  | -       | Impregnation    | 26.8                   | 17.4             | [52]      |
| Co-Mn-Ce    | SiO₂   | -       | Impregnation    | 17.4                   | 10.1             | [53]      |
| Co          | Mn/SiO₂ | Zn/Ce   | Impregnation    | 30.5–42.2              | 42.3–45.3        | [54]      |
| Co          | MnOₓ   | -       | Co-precipitation| 26.5–42.2              | 43.7             | [55]      |
| Co-Mn       | -      | -       | Co-impregnation | 30                     | 2.5              |           |
| Co-Mn       | -      | -       | Co-precipitation| 37.7                   | 30               | [57]      |
| Co          | TiO₂   | -       | Deposition      | 10.6–20.9              | 27.5–33.1        | [58]      |
| Co          | TiO₂@mSiO₂ | Pt | Impregnation    | 12.1–23.3              | 31.6–58.9        |           |
| Co          | TiO₂@mSiO₂ | Ru | Co-impregnation | 5.4                    | 28.6             | [59]      |
| Co          | TiO₂-C  | Pt      | Co-impregnation | 27.2–29.9              | 82.3–98.3        | [60]      |
| Co          | CNT    | -       | Co-precipitation| 32.3                   | 24.3             |           |
| Co-Mn       | Al₂O₃  | -       | Impregnation    | 10.87–11.87            | 34.15–35.62      | [61]      |
| Co-Mn       | GNS     | -       | Impregnation    | 14–28                  | 21–37            | [7]       |
| Co          | CNT    | -       | Impregnation    | 22–42                  | 5.4–39.2         | [62]      |
| Co-Mn       | GNS     | -       | Impregnation    | 25–53                  | 20.5–33.2        |           |
| Co          | CNT    | -       | Impregnation    | 29.2                   | 49               |           |
| Co-Mn       | CNT-800| -       | Impregnation, Spark plasma sintering  | 29.5–18.9            | 84–75            |           |
| Co          | CNT-1000 | -   | -               | 8.1                    | 14.9             | [64]      |

* Hierarchical HZSM-5 zeolite support; b Acetylene pretreated catalyst; c Mesoporous silica (mSiO₂); d Calcined CoPt/TiO₂; e Plasma treated CoPt/TiO₂; f Cobalt catalyst embedded in nanoporous carbon; g Graphene nanosheet; h Reduced graphene oxide; i Sintering temperature (800 and 1000 °C).

Concerning the decrease of long chain hydrocarbons (C₂₅+), Sage and co-workers [49] investigated the in-situ pre-treatment of Co/Ru/La catalysts using alumina support with acetylene pre-treatment (200 °C, 10 bar, 4 h) in a fixed-bed reactor. It was suggested that the formation of carbodic and CₓHᵧ species onto the catalysts can be related to acetylene dissociation and dehydrogenation. Methane TPH-MS revealed that acetylene decomposition causes formation of carbodic compounds. These carbodic compounds bring about a decrease in catalyst activity due to polymeric carbon onto the catalyst surface. Moreover, formation of these carbonaceous materials onto catalyst active sites was considered to alter the distribution of FTS products through affecting the 1-oil secondary reactions. It was observed that the amount of heavy hydrocarbons significantly decreased [49].

Zhou et al. [55] evaluated the effects of 1,4-Butanediol (BDO) as a solvent using Co/MnOₓ catalyst in the FTO reaction. It was observed that BDO as a solvent affected the light olefin selectivity (42.2%) compared to the conventional Co/MnOₓ catalyst (26.5%).
The main effect of BDO could be weakening the interaction of cobalt and support so that the cobalt density of the surface increases and the hydrogenation activity reduces. Co/MnOₓ-BDO catalysts weaken the isomerization and hydrogenation reaction, thus forming more light olefins. This catalyst also decreases the methane selectivity, while doubling olefin/paraffin ratio [55]. Pedersen et al. [50] succeeded to synthesize CoMn/γ-Al₂O₃ for light olefins production. Manganese enhanced the activity and selectivity to light olefins and C₅₊ species. In addition, the selectivity to CH₄ decreased compared to the un-promoted Co catalyst. Mn was suggested to change the degree of reduction of Co₃O₄ particles together with a decrease in the cobalt surface area. Adding Mn to Co catalyst would lead to higher temperature peak in temperature programmed reduction (TPR) profiles and delayed reduction of Co₃O₄. Mn also inhibited hydrogenation activity due to the decrease in CH₃ and CH₄ formation [50].

Ryu et al. [48] used Ru-, Pt- and La-promoted Co-Al₂O₃/ZSM-5 hybrid catalysts for the direct production of gasoline (C₅-C₉) from syngas. Based upon NH₃-TPD, promoter addition affects the surface acidity of the catalyst and product distribution. The catalytic activity of the promoted Co-Al₂O₃/ZSM 5 catalyst was evaluated at 240 °C, 2 MPa and H₂/CO = 2 for 40 h in FTS process. Among catalysts, the Co-Al₂O₃-Pt/ZSM 5 showed the highest conversion of 41.3% while the olefin selectivity was just 17.9%, which was related to the presence of fewer acidic sites [48].

Liu et al. [65] investigated the mechanisms of CO activation, methane formation, and C–C coupling on three cobalt phases (Co, Co₂C, Co₃C) to find active site which affects the light olefins production in cobalt-catalyzed FTS reactions. It was found that the phase change from metallic Co into Co₃C increases the selectivity to light olefins, although Co₂C exhibits much lower activity and high selectivity to methane formation. The computational study was applied to indicate the active sites that affect the olefin production. It was believed that the reactions conducted at the Co/Co₃C interface is related to the formation and desorption of light olefins [66]. It is also discussed that Co catalyst deactivation is related to the carbide formation and carbon deposition [67]. Xing et al. [47] used hierarchical HZSM-5 and conventional HZSM-5 zeolite supports for cobalt catalysts in FTS to evaluate the selectivity of the process. Changing the support pore size was found to influence the selectivity of products like isoparaffin, olefin, and hydrocarbon clearly [47].

According to the literature for Co₂C particle smaller than 7 nm, increasing the cobalt carbide particle size enhanced the intrinsic activity and light olefin selectivity [68]. Bulk Co known as hexagonal close-packed (HCP) structure was the dominant phase for particle size larger than 40 nm; however, the metastable Co of face-centered cubic (FCC) structure was limited to particles smaller than 20 nm. Thermal phase transformation of HCP to FCC was observed at 400 °C. It was suggested that Co-based catalysts of HCP crystal phase are more likely to have higher FTS activity compared to FCC structure [44]. Zhang et al. [69] suggested CHO-insertion and carbide mechanism for the initial formation and growth of carbon chain over FCC and HCP Co facets. As it can be seen in Figure 3, initial formation of CH₂ is contributed to CO direct dissociation and hydrogenation on HCP Co, while in the case of FCC Co, CO hydrogen-assisted dissociation initiates formation of intermediates [69]. It was also reported that the carbide mechanism on Co preferably suggested higher selectivity of C₂ hydrocarbons compared to CH₄ [70].
The basicity effects impact the strength required for the hydrogenation of syngas on the transition metals such as Mn, Fe, Co, and Ni. The bascity and reducibility of catalysts can be evaluated by characterization techniques including CO$_2$-temperature programmed desorption (CO$_2$-TPD) and H$_2$-temperature programmed reduction (H$_2$-TPR), respectively. Table 4 illustrates the effects of nature of supports and active metals on the catalyst basicity, with CO$_2$-desorption temperature being increased for strong basic sites.

**Table 4. Techniques for investigating the basicity and reducibility of FTS catalysts.**

| Catalyst          | Technique  | Note                                                                 | Reference |
|-------------------|------------|----------------------------------------------------------------------|-----------|
| Fe/MgO$^a$        | CO$_2$-TPD | Surface basicity of catalyst based on desorption peaks:              | [37]      |
|                   |            | Moderate alkaline sites (Mg$^{2+}$/O$^{2-}$) around 160–400 °C        |           |
|                   |            | Strong basic sites (unsaturated O$^{2-}$) above 400 °C               |           |
|                   |            | Mgo Nano-sheet: Mg$^{2+}$/O$^{2-}$ around 350 °C                     |           |
|                   |            | Unsaturated O$^{2-}$ nearly 600 °C                                  |           |
|                   |            | For Fe/MgO-c-UI, the ratio of medium/strong basicity is higher than  |           |
|                   |            | that of Fe/MgO-ns-UI                                                |           |
| Unmodified Fe ore  | CO$_2$-TPD | CO$_2$ adsorbed on the alkali surface:                               | [71]      |
| K/Cu/iron ore      |            | 22 μmol/g                                                            |           |
|                   |            | 100 μmol/g                                                           |           |
|                   |            | 129 μmol/g                                                           |           |
|                   |            | Iron ore-based catalysts contain Al$_2$O$_3$ which is more acidic    |           |
|                   |            | than SiO$_2$                                                          |           |
| Fe/Cu/K/SiO$_2$$^c$ | CO$_2$-TPD |                                                                      |           |
| Alkali promoted Fe/SiO$_2$ | H$_2$-TPR$^d$ | Reductibility of catalysts based on alkali type:                     | [72]      |
|                   |            | The first step reduction:                                            |           |
|                   |            | The lower temperature peak:                                          |           |
|                   |            | Fe$_3$O$_4$ $\rightarrow$ Fe$_2$O$_3$                               |           |
|                   |            | The first step reduction temperature increase in the order of         |           |
|                   |            | Li $>$ Na $>$ K $>$ Rb $>$ Cs                                       |           |
|                   |            | Subsequent reduction:                                               |           |
|                   |            | The higher temperature peaks:                                       |           |
|                   |            | Fe$_3$O$_4$ $\rightarrow$ FeO and FeO $\rightarrow$ $\alpha$-Fe     |           |
| K/$\alpha$-Fe$_3$O$_5$ | H$_2$-TPR | Reductibility of catalysts based on amount of alkali:                | [73]      |
|                   |            | The first reduction temperatures shift to higher temperature by      |           |
|                   |            | increasing potassium levels.                                         |           |
|                   |            | The second reduction temperatures decrease with increasing potassium.|           |

$^a$ Fe catalyst supported on MgO nanosheet (Fe/MgO-ns) and cubes (Fe/MgO-c) synthesized by ultrasonic impregnation (UI) method;  
$^b$ CO$_2$-temperature programmed desorption;  
$^c$ Precipitated Fe/Cu/K/SiO$_2$ catalyst;  
$^d$ H$_2$-temperature programmed reduction.
As can be seen in Table 4, the type and amount of alkali metal can influence phase transition in catalyst reduction, which is evaluated by H$_2$-temperature programmed reduction.

Xiong et al. [74] investigated the effects of alkali metal promoters such as Li, Na, and K on the catalytic performances of iron catalyst supported on carbon nanotubes in FTS in the absence of strong metal support. Results demonstrated that addition of alkali metal influenced the catalyst crystallite size, with the surface area being decreased. The basicity of the alkali metal increases in the order Li < Na < K. It was also reported that an increase in Na and K loading increased the olefin/paraffin ratio and long-chain hydrocarbon formation [74]. In another study, addition of alkali to the Fe/SiO$_2$ catalysts resulted in some changes in the reduction of catalyst due to strong interactions between alkali and iron metal. However, it enhanced the metallic iron formation from FeO and activity of iron catalysts in FTS. Moreover, by increasing the alkali atomic number, the carbonization of catalysts enhanced [72]. Li et al. [75] studied the effects of alkali metals as promoters on iron based FTS catalysts. They showed that Li and Na can penetrate to the catalyst surface. However, K, Rb, and Cs generally are not able to diffuse into the catalyst. By using alkali, the selectivity toward olefin and heavier hydrocarbons enhanced, while the selectivity toward methane and alkane decreased at the same time. It is confirmed that Li diffused out of the catalyst; however, K is less movable in iron catalyst after FTS reactions. The main effect of alkalis was attributed to the surface adsorption, with CO adsorption and dissociation being improved [75]. MgO as both basic support and structural promoter in Fe-based catalyst can increase olefin to paraffin ratio by suppressing secondary hydrogenation reaction. Fe-based catalysts in the form of MgO nanosheet and MgO cube were prepared by incipient wetness impregnation, deposition–precipitation, and ultrasonic impregnation methods. It was reported that Fe/MgO nanosheet catalysts synthesized using ultrasonic impregnation method exhibited the strong basicity sites of MgO (Table 4). The as-mentioned catalyst enhanced dissociative adsorption of CO and demonstrated higher olefin selectivity of 29.6% compared to the other catalysts [37]. CO$_2$-temperature programmed desorption is mainly used to investigate catalysts in terms of medium/strong basicity sites and CO$_2$ adsorption. It might be suggested that basicity of catalysts enhances olefin to paraffin ratio in FTS by suppressing secondary hydrogenation.

2.3. Catalyst Dispersion Effects

The decrease in metal particle diameter greatly affects the chemisorption behavior of both hydrogen and carbon monoxide, indicating the dispersion of catalyst active metal. Taking it into account, CO-chemisorption and H$_2$-temperature programmed desorption (H$_2$-TPD) in conjunction with O$_2$-titration are proved effective methods to determine active metal dispersion in catalysts. Table 5 illustrates active metal dispersion of different FTS catalysts for light olefin production.

Pour et al. [63] investigated the effects of using magnetized water in impregnation step of Co-based catalysts. They observed that the average particle size of impregnated Co nanoparticles decreased from 12.4 nm to 9.8 nm, while metal dispersion in H$_2$-TPD increased in the range of 8.2–10.8%. They also reported that with increasing magnetized water, the selectivity toward higher hydrocarbon rose; however, the selectivity of C$_2$-C$_4$ decreased from 29.5% to 18.9% [63]. Wang et al. [76] investigated the effects of Co catalyst particle size on the turnover frequency (TOF) and CH$_4$ selectivity in FTS using a series of Co/SiO$_2$ model catalysts in the range of 1.4–10.5 nm. From Figure 4, it can be observed that the smaller Co particles (1.4–2.5 nm) lead to lower TOF and higher CH$_4$ selectivity (90 mol%) as compared to the larger Co particles (3.5–10.5 nm) with TOF and CH$_4$ selectivity being relatively constant (~72 mol%). The effects of Co particle size in the range of 1.4–2.5 nm was attributed to the oxidation of smaller Co particles in the presence of water vapor produced during reaction [76].
Phaahlamohlaka et al. [58] reported the synthesis of a sinter resistant Co-based catalyst supported on TiO$_2$ encapsulated in a silica shell. Co/TiO$_2$ showed a decrease in dispersion after reduction at temperature between 350–450 °C, while the dispersion of active metal in the case of Co/TiO$_2$@SiO$_2$ catalyst remained constant after reduction. It was also reported that after reduction, Ru-promoted Co/TiO$_2$@SiO$_2$ catalyst exhibited an increased metal dispersion [58].

A highly dispersed macroporous iron-based catalyst supported on macroporous silica was investigated by Liu et al. [77]. The catalyst exhibited excellent catalytic activity in terms of olefin selectivity (46.2%) as well as CO conversion (63.4%) without any promoter. This can be attributed to high diffusion efficiency and high iron particles dispersion [77]. In another study, CoPt catalyst on TiO$_2$ support was prepared by glow discharge plasma (GDP) method. It was reported that applying plasma treatment, the smaller size of cobalt particles with higher dispersion is achievable. It was suggested that the smaller size of particles resulted in more surface active sites, while the activity of catalyst decreased significantly [59]. Gao et al. [78] implemented Fe-based catalysts for light olefins production in FTS reaction with Zn as promoter using microwave-hydrothermal and impregnation methods. They suggested that the dispersion of Zn directly affects the hydrogenation ability. In addition, Zn enhanced catalyst selectivity to lower olefins (38.1–40.9%) and also improved the catalyst stability. The catalyst synthesized by the microwave-hydrothermal method showed high dispersion of Zn and Fe phases and low carbon deposition. They reported that the hydrogenation ability of the catalysts depends on the presence of Zn and...
its dispersion. Homogeneous dispersion of Zn over the catalyst, reduces the masking of iron active sites on the surface and leads to higher conversion [78]. Chen et al. [61] synthesized cobalt catalysts embedded in nanoporous carbon via carbonization of metal–organic-framework (MOFs) precursor of CTAB-ZIF-67. H₂−TPD showed high Co dispersion and loading with increasing CTAB content [61]. The selectivity to light olefins and CO conversion in FTS are improved by active metal dispersion.

2.4. Metal Support Interaction Effects

The type of support has a profound effect on the performance of a catalyst. As discussed in Sections 2.2 and 2.3, the basicity and dispersion of support influence the catalytic behavior of metals. Activated carbon, carbon nanotubes, alumina, silica, and titania are widely used as support for FT catalysts. Cho et al. [79] studied the support effect in Co/AlSBA-15 catalyst. They concluded that the increased C₂-C₄ selectivity was related to the formation of small cobalt particles with higher oxidation state, stronger metal–support interaction, and less aggregation of particles on the outer surfaces of the support, which suppressed heavy hydrocarbons formation. It was suggested that the larger the support pore diameter, the higher the formation rate of light olefins. The larger pore size of supports can also influence FTS product distribution via formation of the larger Co₃O₄ particles. In addition, formation of wax and water in the mesopores during the FTS process could affect the diffusion rate of both H₂ and CO on the cobalt active sites, with the diffusion rate of CO being higher than that of H₂ via wax–water emulsion layers. As a result, the selectivity of olefins increased [79]. In addition, Anderson et al. [80] reported that increasing the diffusion rate of hydrogen into meso-macroporous catalysts would lead to an increase in H₂/CO ratio near active sites. Therefore, the selectivity tends to methane and light hydrocarbons [80].

Cheng et al. [21] studied the effects of support pore size on silica supported iron catalysts in high-temperature Fischer–Tropsch synthesis. It was reported that larger pore size of silica supported iron catalyst offers higher olefin and C₅+ selectivity due to easier iron carbidization [21].

2.4.1. Carbon Nanotubes Supported Catalysts

Multi-walled carbon nanotubes (MWCNTs) are an attractive candidate for FTS due to its impressive mechanical features, high accessibility of active sites, and lack of microporosity eliminating intraparticle mass transfer [81]. This type of carbon material possesses an inert surface and weak interaction with metal components, thus providing active metal sites highly dispersed with the stable anchor of active sites [82]. Carbon nanotubes (CNTs) and carbon nanofibers (CNFs) have been extensively used as catalyst supports due to their unique properties like large surface area, acceptable thermal and chemical stability as well as high electrical conductivity. CNTs and CNFs as support enhance the catalyst activity and selectivity in comparison with their common counterparts like activated carbon (AC), alumina, and silica. Lu et al. [28] synthesized iron catalysts immobilized onto N-doped carbon nanotubes for FTS to light olefins. The catalysts exhibited super catalytic selectivity (46.7%), activity, and stability for production of lower olefins. This performance could be related to high dissociative CO adsorption, inhibition of secondary hydrogenation of lower olefins, and presence of active phase of χ-Fe₅C₂. Nitrogen leads to anchoring effect and intrinsic basicity of the N-doped CNTs support. This helps the catalyst to avoid loss of active particles and basic sites during the FTS process [28]. Wang et al. [26] developed CNTs-supported Fe catalysts using manganese and potassium as promoters via two different synthesis methods. Results illustrated the superiority of Fe/MnK-CNTs catalyst over FeMnK/CNTs in terms of activity and stability to light olefins. This can be due to small-sized and uniform nanoparticles, the weak metal–support interaction, uniform distribution of promoters, and more defects on support in the case of Fe/MnK-CNTs [26].

Roe et al. [27] investigated FTS using CNTs supported catalysts based on iron in both gas phase (GP-FTS) and supercritical hexane operating conditions (SC-FTS; Tₐ = 234 °C,
P_c = 2.97 MPa). It is believed that the carbon-supported catalysts offer high activity, low CH_4 formation, and high selectivity toward olefins and oxygenates. A remarkable increase in the extraction of olefins under SC-FTS operation was observed due to improved heat management, thus reducing methanation and allowing intermediates to readorb and continue propagation. It was suggested that the chain growth factor, CO conversion, and selectivity toward un-hydrogenated products could be enhanced under supercritical operation. It was also observed that potassium promoter leads to considerable production of the aldehydes in the Fe-catalyzed FTS [27]. Tables 6 and 7 provide a summary of different types of supports used in FTS.

**Table 6.** Light olefin selectivity of different Fe-based catalysts in FTS.

| Catalyst          | Promoter | T (°C) | P (bar) | GHSV (L h⁻¹ g⁻¹) | H_2/CO | C_2-C_4 Selectivity (%) | CO Conversion (%) | Reference |
|-------------------|----------|--------|---------|-------------------|--------|------------------------|------------------|-----------|
| Fe/α-Al_2O_3      | S/Na     | 340    | 20      | 3                 | 1      | 50                     | 60–66            | [20]      |
| Fe/α-Al_2O_3-H^a  | S        | 350    | 1       | 9                 | 1      | 68                     | 0.9              | [86]      |
| Fe-Ni/Al_2O_3     | K_2S     | 340    | 1       | 3                 | 2      | 77.8                   | 64.6             | [36]      |
| Fe/CNTs           | Mn/K     | 270    | 20      | 30                | 1      | 51.7                   | 30.1             | [23]      |
| Fe/CNTs           | Bi       | 350    | 1       | 3.4               | 1      | 60.9                   | 10               | [24]      |
| Fe/CNTs-Confined^b| Bi       | 350    | 10      | 17                | 1      | 45                     | 60.2             |           |
|                   | Pb       | 350    | 1       | 3.4               | 1      | 62.4                   | 25.6             |           |
|                   | Pb/K     | 350    | 10      | 17                | 1      | 52.6                   | 76.2             |           |
| Fe/CNTs-Confined^b| Bi       | 350    | 10      | 17                | 1      | 45                     | 60.2             |           |
|                   | Pb       | 350    | 10      | 17                | 1      | 52.6                   | 76.2             |           |
|                   | Pb/K     | 350    | 10      | 17                | 1      | 52.6                   | 76.2             |           |
| Fe/CNTs           | Mn/K     | 300    | 1       | 4.2               | 1      | 46.7                   | 14.4             |           |
| Fe/N-doped CNTs   | K        | 300    | 1       | 4.2               | 1      | 54.6                   | 16.5             |           |
| Fe/SiO_2          | Mn       | 300    | 10      | 1.1               | 1      | 21.7                   | 48.9             |           |
| Fe/SiO_2          | K        | 300    | 10      | 1.1               | 1      | 26.5                   | 32.2             |           |
| Fe/SiO_2          | Na/S     | 300    | 2       | 2.2               | 1.1    | 51.4                   | 10.3             |           |
| Fe/SiO_2-E        | Mn       | 300    | 10      | -                 | 1      | 54.6                   | 50.5             |           |
| Fe/SiO_2          | Cu       | 300    | 20      | 16                | 2      | 10.1                   | 23               |           |
| Fe/SiO_2          | K        | 300    | 20      | 16                | 2      | 15.2                   | 33.9             |           |
| Fe/SiO_2          | Cu/K     | 300    | 20      | 16                | 2      | 18.7                   | 29.9             |           |
| Fe/SiO_2          | Bi       | 350    | 1       | 3.4               | 1      | 53                     | 17               |           |
| Fe/SiO_2          | Pb       | 350    | 1       | 3.4               | 1      | 32                     | 55               |           |
| Fe/MnO_x          | Ag       | 340    | 10      | 7.4               | 1.1    | 35.4                   | 50.3             |           |
| Fe/MnO_x          | Ag       | 320    | 10      | 7.4               | 1.1    | 34.3                   | 55               |           |
| Fe/MgO nanosheets | -        | 300    | 10      | 8                 | 1      | 14.6–29.6              | 35.5–55.6        |           |
| Fe/MgO nanosheets | -        | 300    | 10      | 8                 | 1      | 21.5                   | 35.7             |           |
| Fe-Cu/Graphite    | -        | 260    | 20      | -                 | 1.1    | 37.8                   | 44.9             |           |
| Fe                | Na/S     | 330    | 20      | 12.9              | 4      | 64.24                  | 25               |           |
| Fe                | Na       | 280    | 20      | 3                 | 1      | 19.3                   | 91               |           |
| Fe                | K        | 280    | 20      | 3                 | 1      | 23.3                   | 93.2             |           |
| Fe                | Zn       | 280    | 20      | 3                 | 1      | 22.1                   | 971              |           |
| Fe                | Mn       | 280    | 20      | 3                 | 1      | 18.1                   | 98.3             |           |
| Fe                | Zn/Na    | 350    | 20      | 3                 | 2.7    | 42.7                   | 95.09            |           |
| Fe                | Zn/K     | 350    | 20      | 3                 | 2.7    | 37.19                  | 95.02            |           |
| Fe                | Zr       | 280    | 10      | -                 | 1      | 57                     | 40.6             |           |
| Mo/γ-Al_2O_3      | K        | 300    | 10      | 6                 | 2      | 21.8                   | 4.2              | [88]      |

^a Hierarchical α-Al_2O_3 support; ^b Iron nanoconfinement inside carbon nanotubes; ^c Supercritical hexane with hexane/syngas ratio of 3; ^d Nitrogen-rich mesoporous carbon-supported Fe catalyst; ^e Carbon-coated SiO_2; ^f Ethylene glycol pretreated catalyst.
2.4.2. Alumina-, Silica-, and Titania-Supported Catalysts

Alumina as an inert support with high mechanical stability can be used to study the interaction between the promoters and iron active sites. To this end, Galvis et al. [20] reported that the addition of low amounts of S and Na to the catalyst resulted in high C2-C4 olefins selectivity, increased catalyst activity, and reduced methane formation in FTS reactions. In addition, they concluded that addition of extra Na decreased the catalyst activity due to formation of more carbon depositions [20].

For silica supports, dispersion of active sites on the support is a function of the distribution, concentration, and type of silanol groups on the surface of silica. Identified on the surface of silica, H-bonded silanol group was believed to form larger metal crystallites compared to the isolated silanol. Therefore, the more the concentration of isolated silanol groups on silica, the more was the catalytic activity of the silica supported catalyst [83].

To study the effects of pore size on light olefins selectivity in FTS, Liu et al. [32] used Fe-Mn catalysts on modified silica support. The XRD results showed the pretreatment of silica supports by ethylene glycol resulting in lower crystalline size of supported iron oxide. In addition, H2-TPR profiles revealed that the silica support and small iron particle (Fe2O3) had a strong interaction. Therefore, it was concluded that light olefin formation is related to iron or iron carbide particle size. It was reported that the smaller iron carbide particle would lead to more light olefins production, less prone to deactivation. Chernavskii et al. [18] studied silica supported iron catalysts with copper and potassium promotion for high temperature Fischer–Tropsch synthesis. It was reported that the ratio of olefin to paraffin was increased with potassium promotion. Consistent with previous research, alkali metals by electron donation would lead to higher rate of CO dissociation. At the same time, alkali ions suppressed secondary olefin hydrogenation and increase chain growth probability [18].

In the case of titania supports, the metal active sites are difficult to be reduced up to very high temperatures due to the strong metal–support interactions. Addition of manganese enhanced the selectivity of Fe or Co catalysts supported on TiO2 toward lower olefins [84]. Atashi et al. [84] studied the cobalt–manganese catalyst on titania support for hydrogenation of carbon monoxide to light olefins. It was reported that the effects of Mn promotion on iron catalyst would lead to high olefin formation (See Tables 6 and 7).

Table 7. Light olefin selectivity of different Co-based catalysts in FTO.

| Catalyst | Promoter | T (°C) | P (bar) | GHSV (Lh−1g−1) | H2/CO | C2-C4 Selectivity (%) | CO Conversion (%) | Reference |
|----------|----------|--------|--------|----------------|-------|------------------------|------------------|-----------|
| Co-Meso-HZSM 5 | - | 240 | 1 | - | 2 | 29.1 | 79 | [47] |
| Co-HZSM 5 | - | 240 | 1 | - | 2 | 30.9 | 75.9 | |
| Co/γ-Al2O3 | Ru/La | 220 | 20 | 4–6 | 2 | 11.2 | 45.8 | [49] |
| Co/γ-Al2O3-PT | Ru/La | 220 | 20 | 4–6 | 2 | 15.9 | 43.7 | |
| Co/γ-Al2O3 | Mn | 240 | 5 | - | 2.1 | 8–11 | 20–45 | [50] |
| Co-Al2O3/ZSM 5 | La | 240 | 20 | 4 | 2 | 24.1 | 20.7 | [48] |
| Co/MnOx | - | 240 | 10 | 2.5 | 2 | 26.5 | 45.3 | |
| Co/MnOx-BDO | - | 240 | 10 | 2.5 | 2 | 42.2 | 42.3 | |
| Co/Mn/SiO2 | Zn/Ce | 260 | 1 | 4.5 | 1 | 10–36 | 80–90 | [54] |
| Co/Al2O3 | - | 220 | 20 | 144 | 2 | 44.8–50.4 | 9.5 | [51] |
| Co/Al2O3 + Pt/Al2O3 | Pt | 220 | 20 | 144 | 2 | 46.2–59.2 | 13 | |
| Co/TiO2 | - | 220–250 | 10 | 0.8 | 2 | 10.6–20.9 | 18.6–36.6 | [58] |
| Co/TiO2@mSiO2 | mSiO2 | - | 220–250 | 10 | 0.8 | 2 | 5.2–21.7 | 17–46.1 | |
| Co/TiO2@mSiO2 | Ru | 220–250 | 10 | 0.8 | 2 | 12.1–23.3 | 31.6–58.9 | |
| Co/CNT | - | 220 | 20 | 0.04 | 2 | 18.9–29.5 | 5–84 | [63] |
| Co/CNT | - | 240 | 20 | 5 | 2 | 8.1–20.3 | 34.5–66.7 | [64] |
Table 7. Cont.

| Catalyst        | Promoter | T (°C) | P (bar) | GHHSV (Lh⁻¹g⁻¹) | H2/CO | C2-C4 Selectivity (%) | CO Conversion (%) | Reference |
|-----------------|----------|--------|---------|-----------------|-------|------------------------|-----------------|-----------|
| CoPt/TiO₂-Ce    | -        | 210    | 10      | 4               | 2     | 5.4                    | 19.9            | [59]      |
| CoPt/TiO₂-P1 f  | -        | 210    | 10      | 4               | 2     | 6.2                    | 48.2            |           |
| CoPt/TiO₂-P3    | -        | 210    | 10      | 4               | 2     | 6.5                    | 39.6            |           |
| CoPt/TiO₂-P4    | -        | 210    | 10      | 4               | 2     | 7.0                    | 3.4             |           |
| 0CTAB-Co@C      | -        | 230    | 20      | 6.75            | 2     | 10.87                  | 35.62           | [61]      |
| 2CTAB-Co@C      | -        | 230    | 20      | 6.75            | 2     | 11.87                  | 34.15           |           |
| 4CTAB-Co@C      | -        | 230    | 20      | 6.75            | 2     | 11.21                  | 36.20           |           |
| 8CTAB-Co@C      | -        | 230    | 20      | 6.75            | 2     | 11.27                  | 40.08           |           |

- Hierarchical HZSM-5 zeolite support; b Acetylene pretreated catalyst; c 1,4-Butanediol (BDO) was used as solvent for catalyst precursors; d Mesoporous silica (mSiO₂); e Calcined CoPt/TiO₂; f Plasma treated CoPt/TiO₂ for 1, 3, and 4 h; g Cobalt catalyst embedded in nanoporous carbon with m(CTAB)/n(Co) = 0, 2, 4, 8.

2.5. Promotion Effects

The nature of the promotion elements used in commercial application of FTS is not disclosed. Here promoters used to increase the olefin selectivity of Fe- and Co-based catalysts are presented in Table 6 for Fe-catalysts and Table 7 for Co-catalysts. The most widely used promoters for Fe-Based FTS catalysts includes K, Na, S, Zn, Mn, Zr, Bi, Pb, and Cu. Duan et al. [85] studied the effects of potassium addition on Fe-CNT-supported catalyst for the FTO process. It is believed that potassium as a promoter causes more uniform and smaller iron particles, higher degree of iron carbidization, and more defects on carbon nanotubes. The high stability of the catalyst is also related to more defects on CNTs acting as anchoring sites to stabilize iron nanoparticles. The additional potassium promoter in FeK catalysts is favorable for obtaining higher yields of lower olefins and fuels [85].

Sodium and sulfur are promoters for iron catalyst which suppress methane selectivity and increase C₂-C₄ products with maximum olefin content, respectively. Botes et al. [39] showed that maximum C₂-C₄ selectivity was achieved at high loadings of these promoters. However, for maximum CO conversion, lower promoter loading was required. Additionally, it was reported that an increase in promoter concentrations increased the activity without negative effects on selectivity [39]. Xie et al. [87] studied the fundamentals of structure sensitivity and combination of Na-S promotional effects on Fe/CNF in FTS for light olefins. They implemented density functional theory (DFT) on H adsorption for a fundamental understanding of (Na-S) promotion effects on selectivity. The researchers reported that Na₂S is a better promoter than Na₂O because it increased the H adsorption strength on iron and reduced the adsorption of carbon, thus decreasing methane formation and increasing olefin selectivity [87]. Zhou et al. [86] added sulfur to Fe/α-Al₂O₃ catalysts to obtain highly efficient and carbon-deposit-resistant catalysts for the FTO process. The promoted sulfur catalysts exhibited low selectivity toward CO₂ and CH₄ and more carbon deposition. The change in the type of carbon deposits from encapsulating carbon to fibrous carbon was related to the sulfur addition.

Zhang et al. [40] investigated promoted porous iron-based catalyst prepared through the one-pot solvothermal method for FTS. They evaluated the effects of promoters (Na, K, Zn, and Mn) and pore size on CO conversion and formation of light olefins. For iron-based catalysts, alkali metal ions as a promoter donate electrons to the active surface and improve the basicity. They suggested Na as the optimal promoter in FT synthesis. The presence of Mn in the promoted Fe/Mn catalyst led to a rise in olefins formation (34.1%) and a decrease in methane selectivity, while the resultant CO conversion was 37.4% [40].

Addition of a zinc promoter to an iron catalyst leads to the dispersion of iron sites. Hence, the CO conversion increases and the CO₂ selectivity declines. Zhao et al. [41] prepared the Zn-modified iron catalyst using the co-precipitation method for production of light olefins from syngas. XRD patterns of calcined promoted iron catalysts revealed that Zn promoter had significant effects on the crystalline structure of iron oxides. In addition, the promoter avoided the sintering of α-Fe in the reduction process. They used Na⁺ and
K\textsuperscript{+} as electronic promoters and demonstrated their positive effects on the selectivity and activity of iron catalysts for light olefins production [41].

Zhang et al. [42] used Fe-Zr co-precipitated catalysts for the production of light olefins using syngas. Addition of Zr enhanced the turnover frequency (TOF) of the catalyst as well as its stability. It was suggested that Zr promotion facilitated the dispersion of active crystallites, while decreasing the iron oxide crystal size. Hence the specific surface area of the Zr-promoted Fe-based catalysts increased. Based on TPR profile, Zr promoted catalysts started to reduce at a higher temperature. Finally, it was reported that the surface zirconium species effectively suppressed the hydrogenation capacity of primary olefin products and increased the olefin/paraffin ratio [42].

Xu et al. [38] studied the catalytic performance of iron oxide catalysts supported on Ag-doped mesoporous MnO\textsubscript{x} for FTS process. It was observed that Ag promoter increased the activity of Fe/MnO\textsubscript{x} catalyst for CO conversion and improved the selectivity to light olefins. The Ag promotion also increased the carburization of reduced metallic Fe into iron carbides at low reduction temperature. Moreover, Ag enhanced the reduction of the MnO\textsubscript{x} as a support and provided more O vacancies for adsorption of CO, enhancing both the activity by 1–5 times and the light olefins selectivity [38]. Table 6 shows some Fe-based catalysts used in light olefins production through FTO.

Bi and Pb possessing the melting temperature (T\textsubscript{Pb} = 327 °C; T\textsubscript{Bi} = 271 °C) lower than that of FT process, provides promising contact with iron catalysts. In addition, Bi and Pb have several oxidation states, resulting in favorable oxidation–reduction cycle [33]. These two promoters decrease the C\textsubscript{5+} selectivity with the product distribution shifting to lighter hydrocarbons compared to alkali promoters [25]. It was reported that Bi- and Pb-promoted catalysts led to an increase in the selectivity to light olefins (60%) at atmospheric pressure. It was found that the intrinsic activity of iron carbide active sites enhanced in the presence of promoters, facilitating CO dissociation via oxygen removal (Figure 5). It should be noted that, Gu et al. [25] in a similar study evaluated the CNTs’ role as a support. They reported that the catalyst selectivity to light olefins enhanced significantly due to synergetic effects of iron nanoparticles inside carbon nanotubes promoted with Bi and Pb. Secondly, the iron reduction and carbidization under atmospheric pressure was facilitated using CNTs support [25].

![Figure 5](image_url)
For cobalt catalysts based on oxide supports, the most commonly used promoters are noble metals, transition metal oxides, and some rare earth metal oxides. The most common promoters for Co-based FTS catalysts are listed in Table 7 including Al, Pt, Mn, Zn, La, Ce, and Ru. The promoter favorably affects the structure and dispersion of cobalt species, FT reaction rates, and product selectivity. Considering Co-based catalysts, Nabaho et al. [51] studied promotion of platinum in cobalt-based FT catalysts. Pt promoters are more likely to improve the reducibility of the catalyst despite physical separation of promoter from active metal. The decoupling of hydrogen spillover effect was presented using a hybrid catalyst (i.e., mixture of Pt/Al₂O₃ + Co/Al₂O₃). The high hydrogenation effect happened at Pt promoter loadings greater than 0.1% and CH₄ selectivity declines at low Pt loadings.

Zafari et al. [54] reported the synergistic effects of Zn and Ce promoters on the performance of Co-Mn/SiO₂ catalyst in FTS for olefins synthesis. CeO₂ exhibited unique redox property with the ability to shift from reduced state (Ce³⁺) to oxidized state (Ce⁴⁺), which significantly enhanced the reducibility of the catalyst. From the results, Zn and Ce promoters affected, the surface area, pore volume, and pore size distribution, with surface area and pore volume being increased. In addition, promoters facilitated high dispersion of catalyst crystallites [54].

The effects of Mn, Ce, La, and Al on the final morphology of Co₂C nanoparticles as FTO catalyst were investigated [56]. Mn as a typical electronic promoter forming the co-precipitated CoMn catalyst, provided higher CO surface coverage and enhanced both the activity and olefin selectivity. It was reported that at a high reaction temperature (260 °C), Mn addition as a promoter led to decrease in methane selectivity and increase in the chain growth probability. The olefin selectivity of the promoted catalysts synthesized by impregnation were in the order: Co/Mn > Co/Ce > Co/La, which was similar to that of un-promoted Co₃O₄. Mn promotion altered the chemisorption of the reactants on the catalyst and increased dispersion of the active phase. It was concluded that the desired morphology is obtained by co-precipitation of the cobalt species and the Mn promoter in the presence of Na [56].

Li et al. [88] evaluated the effects of potassium addition on catalytic performance of alumina supported carburized molybdenum catalyst for FTS. It was suggested that addition of potassium increased the interaction between molybdenum and alumina support. Moreover, the selectivity of light olefins and long chain hydrocarbons enhanced, while the reaction rate of FTS declined. The hydrogenation of olefins was avoided because of the increase in catalyst basicity.

2.6. Deactivation of Iron and Cobalt Catalysts

Deactivation of iron and cobalt catalysts is a major challenge in FTO processes. The deactivation mechanism includes active phase oxidation, carbidization, surface carbon formation, sintering, poisoning, surface reconstruction, and attrition.

2.6.1. Active Phase Oxidation

The reducibility of iron oxides is less than that of cobalt oxides. It can be expected that iron active phases are more prone to be re-oxidized rather than cobalt active phases. Moreover, it was reported that the smaller catalyst particles provide more rapid carburization and are not re-oxidized [19]. Therefore, one superb strategy is to apply encapsulated catalyst particles in the form of the core–shell nanostructured, e.g., an iron oxide core-iron carbide shell.

2.6.2. Carbidization

Transformation of the active iron carbide phase into a less or non-active iron carbide has a direct role in deactivation of Fe-based catalysts. Carbon may have a beneficial protecting effect on iron catalyst used for olefin production in FTS. The catalytic performances of FeOₓ supported on Al₂O₃, ZrO₂, and anodized plates for production of C₁-C₄ hydrocarbons using synthesis gas were studied by Lodeng et al. [17]. A model was suggested
to describe the state of iron catalyst phases before deactivation (Figure 6). It was reported that iron carbide would lead to light olefin production. The iron carbide is more likely to provide more contact between Fe and promoters due to high mobility of promoters [24]. However, the 3\text{Fe}_3C can cause catalyst deactivation through undesired carbide formation. The reduced form of iron suggests methane formation, while the iron oxide is selective to the WGS reaction.

![Figure 6. Different catalyst phases and their product selectivity. Reproduced with permission [17].](image)

### 2.6.3. Surface Carbon Formation

Fouling and blockage of catalyst active sites can take place as a consequence of inactive surface carbon compounds formed during FT process. Low-temperature Fischer–Tropsch (LTFT) process (T < 260 °C) is faced with amorphous carbon deposition, while coke deposition is the most common reason of catalyst deactivation during high-temperature FT [19]. Fe-based catalysts applied in FT synthesis possess a longtime stability for production of olefins or paraffins using syngas. Xu et al. [89] fabricated a hybrid catalyst system composed of Fe-based catalyst and HZSM-5 zeolite. FeMn-HZSM-5 catalyst system operated at lower temperature or higher pressure deactivates due to blocking of zeolite channels by coke deposition. The amount of coke in the catalyst was estimated using thermogravimetric (TG) analysis. The deactivation of HZSM-5 zeolite can be attributed to the fact that at a medium reaction temperature (553 K) coke deposition decreases due to the Bronsted acidity in zeolite and benefits the isomerization reaction by reducing the aromatic content in liquid hydrocarbons [89]. Jiang et al. [31] studied a series of supports and promoters including Na, K, and S for FTO catalysts. It was suggested that the deactivation of catalyst is attributed to K-induced carbon deposition and the reversible transformation of 3\text{Fe}_3C into Fe$_3$O$_4$ [31]. To evaluate the effects of catalyst deactivation on paraffin and olefin formation rates, a study was conducted using a cobalt catalyst. The authors concluded that olefin formation was fairly constant during catalyst deactivation. However, the paraffin formation rate declined significantly. It is generally agreed that catalyst deactivation affects FTS performance and the most challenging issue to resolve is wax formation. The wax formed on the surface of catalyst limits the spent catalyst performance [90]. Table 8 presents some of the mechanisms suggested for catalyst deactivation for light olefins in Fischer–Tropsch synthesis.
### Table 8. Deactivation of catalysts in Fischer–Tropsch synthesis.

| Catalyst          | Time (h) | \(\text{C}_2-\text{C}_4\) Selectivity (%) | Deactivation                                                                 | Reference |
|-------------------|----------|------------------------------------------|-----------------------------------------------------------------------------|-----------|
| FeZnNa/zeolite     | 100      | 46.1                                     | Carbon deposition suggested by Raman spectroscopy                            | [91]      |
| Co/SiO\(_2\)      | 46–50    | 11 at 220 °C                             | - At 240 °C, oxidation of metallic Co                                         | [92]      |
|                   | 46–50    | 14.5 at 240 °C                           | - At 220 °C, blocking of pore channel and active sites with heavier hydrocarbon |           |
|                   |          |                                          | - Note that with increasing thickness of SiO\(_2\) shell, the average pore size decreases accelerating deactivation |           |
| Co-Al\(_2\)O\(_3\)/SiO\(_2\) | 500      | 7                                        | - Carbonization                                                             | [93]      |
|                   |          |                                          | - Pore clogging by heavy hydrocarbons resulted in the decreased specific surface area |           |
|                   |          |                                          | - Agglomeration of cobalt crystallite                                       |           |
| FeCuK/SiO\(_2\)   | 5000–10000 | 2.73–10.14                                | Carbon deposition confirmed by XRD                                           | [94]      |
| FeMn-HZSM-5       | -        | 28.5                                     | - Coke deposition                                                           | [89]      |
| FeK-HZSM-5        | -        | 6.4                                      | - Heavy hydrocarbon over FeK catalyst                                        |           |
| Fe-Zr             | 10       | 57                                       | - Surface enriching of Zr covering iron carbide active sites based on XPS results | [42]      |
| FeKS/CSiO\(_2\)\(^a\) | 10       | 47.7–51.7                                | - K-induced carbon deposition                                               | [31]      |
| Fe-Si-Cu-Rb       | 573–662  | 25.7 at 100 ppm KCl                      | - Investigating KCl poisoning                                               | [95]      |
| Pt-Co/Al\(_2\)O\(_3\) | 1254–1327 | 9.11 at 50 ppm KCl                      | - Site blocking by K and Cl ions                                             |           |
|                   |          |                                          | - Electronic modification affecting CO/H\(_2\) adsorption                  |           |
| Pt-Co/Al\(_2\)O\(_3\) | -        | 7.3 at 1000 ppm NH\(_3\)                | Investigating ammonia poisoning                                              | [96]      |
|                   |          |                                          | - Cobalt nitride formation                                                 |           |
|                   |          |                                          | - Decreasing selectivity from 10.5 to 7.3                                  |           |

\(^a\) Carbon-coated SiO\(_2\).

#### 2.6.4. Sintering

Metal sintering is one of the most common challenges in FT synthesis using Fe-based catalysts. Sintering of active phases typically occurs by means of the growth of small metal particles as a result of ripening, migration, and coalescence. It is sometimes believed that the exothermic nature of FT synthesis can increase the local temperature of iron crystallites, resulting in mobile crystallite sintering [19]. Gu et al. [25] investigated the combined effects of iron nano-confinement and promotion with Bi and Pb on the structure and catalytic performance of Fe-CNT catalyst for HTFT. Two types of iron nanoparticle confinement were applied containing samples confined outside and confined inside of CNT. The highest selectivity to light olefins was observed in the case of Bi- and Pb-promoted iron nanoparticles confined inside CNT. A comparison of results reveals that the confined catalysts in which iron or promoted iron nanoparticles are confined inside the CNT, exhibit no sign of deactivation up to 100 h. However, the time-dependent CO conversion over Fe catalyst confined outside the CNT showed gradual deactivation (Figure 7). It was concluded that iron particle sintering was successfully inhibited inside CNT for HTFT process. By contrast, a reference catalyst of iron supported on activated carbon (Fe-AC) was studied in the form of fresh and spent catalysts. The size of iron nanoparticles before and after the process was approximately 12 nm and 24 nm, respectively. The observed growth in the size of iron particles during the process can be attributed to sintering of metallic phase [25].
2.6.5. Poisoning of Sulfur, Nitrogen, and Alkali Metals

Cobalt catalysts, compared to iron catalysts, feature with high stability, high activity, and low deactivation rate. However, these catalysts need a narrower range of operating temperatures and pressures due to controlling the liquid product selectivity. High concentrations of sulfur compounds may lead irreversible deactivation of cobalt- and iron-based catalysts during FT synthesis. High concentrations of sulfur (~10 ppm) in feed decrease catalyst activity without direct impact on selectivity, while a lower concentration of sulfur (~0.5 ppm) is reported to increase catalyst reducibility and enhance light olefin selectivity for iron-based catalysts [19]. Nitrogen poisoning is reversible and the catalyst can be recovered through a mild in-situ hydrogen treatment [97]. Addition of alkali metals such as Na, K, and Li are reported to increase the chain growth probability in FTS, with heavy hydrocarbon selectivity being raised. However, the activity of catalyst is negatively affected [97].

Ma et al. [98] investigated the sensitivities of Fe and Co catalysts to H₂S and NH₃. It was reported that both Fe and Co catalysts possessed a similar resistance to H₂S, while Fe catalyst was much more resistant to ammonia than Co [98].

Pendyala et al. [96] used a Pt promoted Co/alumina catalyst and investigated the effects of co-fed ammonia in syngas on the catalyst’s activity and product selectivity during FTS. They explained the cobalt catalyst deactivation by cobalt nitride formation, which may be responsible for the selective blocking of methanation sites. Due to cobalt nitride formation, the intrinsic hydrogenation activity of cobalt sites decreases. As it is mentioned in Table 8, the C₂-C₄ selectivity decreased from 10.5% to 7.3% in the presence of NH₃ (1000 ppm). They also reported a significant drop in CO conversion and an increase in olefin selectivity by addition of ammonia.

Ordomsky et al. [99] evaluated the catalytic performance of supported cobalt and iron catalysts in FTS using ammonia in syngas. It was reported that the deactivation of the Co catalyst occurs at ammonia concentrations higher than 400 ppm. On cobalt catalysts, acetonitrile and NH₃ led to an irreversible catalyst deactivation. In the case of iron catalysts, the CO conversion is influenced by nitrogen addition. During the exposure of cobalt catalyst to acetonitrile, the formation of cobalt nitride is the main reason of catalyst deactivation. However, ammonia addition under syngas flow leads to conversion of metallic iron and iron oxides into iron nitride and iron carbide, respectively [99]. It was reported that addition of Na to a series of supported iron catalysts at high concentration
can cause a drop in FT reaction rate due to the strong interaction between iron and sodium and site blocking \[100\].

Co-based catalysts under pure syngas usually exhibit a lower rate of deactivation, while the sensitivity of Co to impurities is not negligible. Metals such as Re, Ru, and Pt can be favorably added as promoters to Co catalysts to improve catalyst in terms of reducibility and dispersion. Catalyst poisoning, termed as a change in the surface chemical properties, can be considered in two ways: site blocking (e.g., geometric effect) and electronic effect. Addition of alkali negatively charged can influence the adsorption of H\(_2\) and CO along with metal dispersion at the surface of catalyst, thus eliminating catalyst poisoning \[101\].

2.6.6. Surface Reconstruction and Attrition

Surface reconstruction of cobalt during FTS is reported to change catalyst behavior by altering the nature of active sites and thus variation of activity. Reconstruction is supposed to render the cobalt surface more sensitive. Adsorption of oxygen, sulfur, nitrogen, CO, and carbon-containing intermediates and products may lead cobalt surface reconstruction \[97\]. Bezemer et al. \[102\] investigated the effects of cobalt particle size on the catalytic performance of Co-based catalysts supported on carbon nanofibers in Fischer–Tropsch synthesis. EXAFS analysis was applied to measure the alteration in Co coordination number. It was demonstrated that a decrease in the cobalt coordination number would lead to cobalt surface reconstruction during the process. Finally, it was argued that CO-induced surface reconstruction and non-classical structure sensitivity of the catalysts may be attributed to cobalt particle size \[102\]. They reported that a Co catalyst with particles smaller than 8 nm tends to produce more paraffin compared to olefin. The trend to more paraffin formation would lead to higher hydrogenation activities and higher methane selectivity.

2.7. Fischer–Tropsch Synthesis Plants

2.7.1. Techno-Economic Analysis

To be able to compare different studies like biomass-to-liquids (BTL) and combined processes, the crude oil pricing is important. Moreover, local government policy for controlling greenhouse gas (GHG) reduction, land management, and types of feedstocks is of great importance \[103\]. Commercial companies such as Shell and Sasol use gas-to-liquids (GTL) and coal-to-liquids (CTL) for production of synthetic fuels. Using bio-renewable sources like biomass is a viable option for fuel and chemical production instead of fossil-based materials in terms of carbon dioxide emission. The BTL process consists of various steps like transportation, gasification, Fisher–Tropsch synthesis, and upgrading the products \[104\].

Thai et al. \[105\] used Aspen Plus to model and simulate the direct hydrogenation of carbon dioxide to light hydrocarbon. Criteria such as carbon element efficiency, environmental performance, and unit operation cost were studied. The techno-economic study of the FTS for liquid fuels production can be done by considering all mass and energy conversion of biomass to liquid (BTL). Snehesh et al. \[106\] analyzed four different conversion scales ranging from 43% to 73% of FT reactors. They found electricity as a major co-product in the BTL system, while a consistent and economic source of biomass is absolutely crucial. In addition, production of drop-in biofuel obtained from biogas using FTS was studied by Okeke et al. \[107\]. Aspen Plus simulation platform was applied to conduct a techno-economic assessment. As a result, it was suggested that a biogas to liquid (BgTL) plant has a potential for rapid commercialization and competition with traditional fossil-based liquid fuels in USA. The production cost of drop-in biofuel at target year of 2015 was reported at $5.29 per gallon of gasoline \[107\]. Liu et al. \[103\] investigated the FT process for conversion of natural gas to light olefins. Based on the techno-economic analysis, the capital expenditure of the FeMnCuK-based FTO plant for treatment of 360 MT natural gas per day was $170.8 MM. The cost of production for target year of 2012 was $679/MT light olefins, which was $2.25 per gallon of light olefins at target year of 2015.
(assuming average density of 1.31 kg/m$^3$ for C$_2$-C$_4$) [103]. A summary of equipment costs for each section of both processes together with their block flowsheet is shown in Figure 8 [103,107].

![Block flowsheet of Fischer–Tropsch to light olefins (left) and Fischer–Tropsch to liquids (right)](image)

Figure 8. Block flowsheet of Fischer–Tropsch to light olefins (left) and Fischer–Tropsch to liquids (right) with percentage cost of installed equipment. Reproduced with permission [103,107].

Applying techno-economic analysis, Fischer–Tropsch kinetics was investigated to develop process models and the effects paraffin-to-olefin ratio. It was concluded that co-processing natural gas and biomass not only improves the economic benefits of converting biomass-to-liquid fuels, but also facilitates flexibility in process integration [45]. It was suggested that by optimizing FT kinetics and process integration strategies, the products can be controlled in terms of fuel ranges. Co-feeding natural gas and biomass, Rafati et al. [108] studied the FTS process for production of liquid fuels. Although costs of liquid fuels reduced nearly 30% by co-feeding, production of FT biofuels at oil price of $60/barrel is not economically feasible [108].

The FTS have been studied widely in terms of economic feasibility and environmental impacts. Table 9 provides some of the studies on techno-economic assessment of FT plants integrating with bioethanol, supercritical water reforming, electrolysis, direct methane to methanol, methanol-to-gasoline, and the Topsoe integrated gasoline synthesis technologies. The feedstock of these plant was mostly biomass, biogas, bio-oil, natural gas, renewable electrolytic H$_2$, and ethanol industry derived CO$_2$. Compared to the conventional FTS plants, these FT-based plants were environmental friendly due to applying renewable resources, while in most cases the minimum fuel selling prices could not compete with the market prices, indicating the necessity of providing governmental subsidy and tax concession or exemption in FTS plants.

Table 9. Techno-economic assessment of Fischer–Tropsch synthesis.

| Process–Catalyst          | Notes                                                                                                                                                                                                 | Reference   |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| FTS-Bioethanol plant     | -Conversion of biomass-derived syngas to syncrude (biogasoline and biodiesel)                                                                                                                                                                                       | [109]       |
| -Fe/CNT pellet catalyst  | -Reactant flow: 3305 kg syngas/h, product capacity: 1000 kg syncrude/h                                                                                                                                                                                              |             |
|                          | -Net annual profit: 5.2 MUSD/year, internal rate of return: 107.9%                                                                                                                                          |             |
|                          | -Environmental friendly process                                                                                                                                                                          |             |
| FTS                      | -Conversion of biomass to FT liquids                                                                                                                                                                     |             |
| -Fe and Co catalyst      | -Overall thermal efficiency of biomass to FT liquids considering electricity output was in the range of 41.3–45.5% for Fe- and Co-based catalyst.                                                                                                         | [108]       |
|                          | -Co-feeding of natural gas and biomass reduces costs of biomass pretreatment and gasification.                                                                                                            |             |
|                          | -Co-feeding of natural gas and biomass reduces costs of FT liquids about 30% (from $28.8 to $19–$20 per GJ of FT liquids).                                                                                  |             |
|                          | -Production of FT biofuels at oil price of $60/barrel is not economically feasible.                                                                                                                        |             |
| Process-Catalyst | Notes | Reference |
|------------------|-------|-----------|
| **LTFT and SCWR**<sup>a</sup> | -Not mentioned | [110] |
| **FTS and co-electrolysis**<sup>b</sup> | -Fuel production via Power-to-X process | [111] |
| **FTS** | -Conversion of lignite and woody biomass to jet fuel and electricity | [112] |
| **FTS and DMTM**<sup>c</sup> | -Conversion of natural gas into liquid products | [113] |
| **FTS, MTG, TIGAS**<sup>f</sup> | -Conversion of biomass to liquid hydrocarbon fuels via Biomass-to-liquid (BTL) process | [114] |
| **FTS** | -Conversion of H₂ + CO₂ to FT liquid fuels via electricity generated from renewable source | [115] |
| **FTO**<sup>h</sup> | -Conversion of natural gas into light olefins | [103] |
| **FTS** | -Minimum selling price of the FT drop-in fuels: $5.67/gal (feed capacity: 2000 Nm³/h) | [107] |

<sup>a</sup> Integrating LTFT with SCWR of bio-oil aqueous phase to produce biofuels and electricity.

<sup>b</sup> Co catalyst.

<sup>c</sup> Co catalyst.

<sup>d</sup> Overall energetic efficiency: 68% (62% considering heat losses).

<sup>e</sup> Focus on valuable products like waxes favors economic feasibility.

<sup>f</sup> Co catalyst.

<sup>g</sup> Capital expenditure of the plant: 194,000 €/bpd which is higher than that of commercial plants, e.g., Velocys (90,000 €/bpd), Shell/Pearl (122,000 €/bpd), and Sasol/Oryx (25,000–44,000 €/bpd).

<sup>h</sup> FeMnCuK-based perovskite-type catalyst.
Table 9. Cont.

| Process-Catalyst | Notes | Reference |
|------------------|-------|-----------|
| FTS              | -     | -Co-conversion of natural gas and biomass to transportation fuels  
|                   |       | -Hydrocracker increases the production of diesel and jet fuels  
|                   |       | -Minimum fuel selling price: $2.17–3.60 and $2.47–3.47 per GGE\(^i\) with and without hydrocracker, respectively [45] |

\(^a\) Low-temperature Fischer–Tropsch and supercritical water reforming; \(^b\) Coupling of electrolysis and a chemical synthesis step; power-to-gas, power-to-fuel, power-to-chemicals; \(^c\) FTS in microchannel reactor (MCR) and direct methane to methanol; \(^d\) Gas-to-liquid; \(^e\) Profitability index is the ratio of net present value to fixed capital investment (PI = NPV/FCI); \(^f\) Methanol-to-gasoline (MTG) and the Topsoe integrated gasoline synthesis (TIGAS); \(^g\) Higher heating value; \(^h\) FT synthesis to light olefins; \(^i\) Gallon gasoline equivalent.

2.7.2. Fischer–Tropsch Synthesis Plants; Lifecycle Assessment

Due to the petroleum-based fuel with low oil price, many studies included system design, integration, and optimization considering high value-added chemical. For instance, one solution to improve the production of C\(_2\)-C\(_4\) olefins via catalytic performance is optimization of reaction conditions [116]. By doing a lifecycle assessment (LCA) of the economic, energy, and environmental aspect of the FT process, waste released and raw material consumption can be reduced. Different potential for global atmospheric and toxicological impacts is evaluated via LCA [117]. The potential for global atmospheric impact involves global warming, ozone depletion, acidification, and photochemical oxidation. Human toxicity potential by ingestion (HTPI), human toxicity potential by exposure (HTPE), terrestrial toxicity potential (TTP), and aquatic toxicity potential (ATP) are categorized as potentials for global toxicological impact [109]. Calculating carbon and energy balances of 14 different FTS fuel production plants, LCA suggested that the cost of FTS diesel depends significantly on feedstock prices [118]. That is to say, coal to oil process via FTS consists of the coal mining, washing, transportation, and FT synthesis. However, oil refinery contains crude oil extraction, oil transportation, and petroleum refining [117]. Table 10 discusses some of plants integrating FTS with biogas dry reforming, gasification, supercritical water reforming, and direct air capture technologies. These studies mostly focused on FT fuel production from renewable sources like biomass, solar- and wind-based electrolytic hydrogen, and CO\(_2\) byproduct, e.g., corn ethanol industry CO\(_2\).

Table 10. Lifecycle assessment of Fischer–Tropsch synthesis.

| Process | Notes | Reference |
|---------|-------|-----------|
| BDR \(^a\), FTS | -Conversion of biogas to liquid fuels  
|                   | -Functional unit of the LCA study is defined as 1 kg of synthetic biodiesel produced at plant  
|                   | -Lifecycle environmental profile of synthetic biodiesel is calculated and compared with conventional diesel  
|                   | -Evaluation of the plant in terms of global warming, cumulative non-renewable energy demand, ozone layer depletion, acidification, and eutrophication [119] |
| LTFT HTFT \(^b\) | -Conversion of coal to FT oil  
|                   | -Study focused on LCA of energy use, CO\(_2\) emission and cost input of FTS from coal and its competitor  
|                   | -Mining and washing of coal, and oil production cause the energy input and CO\(_2\) emission  
|                   | -The FTS plant from coal to oil is not beneficial compared to oil refinery pathway in terms of energy use and greenhouse gases emission [117] |
| Gasification FTS | -Conversion of biomass to FT jet fuel  
|                   | -Lifestyle includes the stages of biomass growth, collection, transportation, plant construction and demolition, production, product distribution, and consumption  
|                   | -Application of steam for heat supply (case1) and power generation (case2)  
|                   | -Cases1 and 2 are better than the commercial plant due to reduced nonrenewable resource consumption and pollutant emissions, while production costs increase. The pollution mitigation benefit of case1 and 2 are small, the consumption of CO\(_2\) is much fewer than in traditional processes  
|                   | -Case1 and 2 are sensitive to consumption of electricity and stalk, respectively [120] |
### Table 10. Cont.

| Process       | Notes                                                                 | Reference |
|---------------|----------------------------------------------------------------------|-----------|
| SCWR<sup>c</sup> LTFT HT<sup>c</sup> | -Production of biofuels via SCWR-LTFT and HT which process bio-oil aqueous phase and oil phase, respectively  
- Estimating the cradle-to-gate environmental impacts especially the global warming potential (GWP)  
- Hot water produced in the process is considered as a co-product to be used for district heating. The impact of catalyst is accounted for in the process to produce biofuels | [121] |
| FTS           | -Conversion of H<sub>2</sub> and CO<sub>2</sub> into FT fuels  
- H<sub>2</sub> is provided by water electrolysis with electricity from solar, wind, and nuclear sources  
- CO<sub>2</sub> is provided by corn ethanol industry byproduct  
- Investigation of greenhouse gas (GHG) emissions of FT fuel plant  
- Environmental impacts and GHG emissions of FT fuel plant are evaluated using GREET 2020 model<sup>d</sup>  
- Energy efficiency of FT fuel production: 58% | [122] |
| FTS           | -Conversion of miscanthus biomass to biogas via anaerobic digestion  
- Production of drop-in FT biodiesel by FTS  
- Focus on emission of CO<sub>2</sub>, CH<sub>4</sub>, and NO<sub>x</sub> which contributes to global warming potential  
- Compared to commercial plants, the drop-in FT biodiesel reduces both GHG emissions (by 73%) and fossil fuel depletion (4.91 MJ/GGE), while potential of respiratory impacts, smog formation, acidification, and eutrophication is higher. | [123] |
| DAC<sup>e</sup>, FTS | -Conversion of CO<sub>2</sub> (obtained by DAC) and H<sub>2</sub> (obtained by electrolysis) into FT biodiesel  
- Evaluation of GHG emissions from the DAC-FTS to biodiesel plant  
- The electricity emissions factor used in the process is relatively low  
- The biodiesel plant is suggested to be conducted in regions with very low grid emission factors  
- The biodiesel is suggested to be co-located with a renewable energy facility | [124] |

<sup>a</sup> Biogas dry reforming; <sup>b</sup> Low-temperature and high-temperature Fischer–Tropsch synthesis; <sup>c</sup> Supercritical water reforming and hydrotreating; <sup>d</sup> Greenhouse gases, regulated emissions, and energy use in transportation; <sup>e</sup> Direct air capture system.

### 3. Summary and Conclusions

Production of light olefins through Fischer–Tropsch synthesis using syngas as feedstock is an issue of great importance. Development of catalytic systems in terms of activity, selectivity, and stability is required to consider it feasible that light olefins can be produced on an industrial scale via FTO. Iron can be suggested as the promising metal for light olefin synthesis as it is more tolerant of sulfur contaminants present in hydrogen-deficient syngas obtained from biomass, inexpensive, and highly selective toward light olefins. Activity of Fe for water–gas-shift (WGS) reaction can compensate H<sub>2</sub> deficiency in CO-rich syngas. Fe exists in different forms (χ-Fe<sub>3</sub>C<sub>2</sub>, ε-Fe<sub>2</sub>C<sub>2</sub>, ε'-Fe<sub>2</sub>C, and Fe<sub>7</sub>C<sub>3</sub>) as iron carbide which is known to be the active phase in typical FTO process. Among these carbide phases, the highest activity and the lowest methane selectivity belong to Fe<sub>7</sub>C<sub>3</sub> and ε-Fe<sub>2</sub>C for medium range of temperature in FTO. Compared to Fe, Co-based catalysts exhibit high catalytic activity, low WGS activity, and superior stability. Due to low activity for WGS reaction, Co catalysts require higher ratios of H<sub>2</sub>/CO in comparison with Fe-based catalyst. Formation of light olefins over Co-based catalysts is mainly attributed to the reactions taking place at the Co/C<sub>2</sub>O interface. In terms of crystal phase, hexagonal close-packed (HCP) structure of Co is believed to have higher FTO activity than face-centered cubic (FCC) structure.

Selection of support, promoter, catalyst synthesis method, and process conditions can significantly affect the output. The support should be capable of providing desirable interaction with active metal and promoters. Promoters should be used cautiously to avoid catalyst poisoning. Basicity of catalysts can be improved by adding alkali metals providing the strength for syngas hydrogenation. Strong basicity sites would offer an enhanced dissociative adsorption of CO and higher olefin selectivity compared to medium basicity sites. Phase transition in catalyst reducibility is also affected by adding alkali metals. That is to say, the low-temperature reduction would be inhibited, while that of high-temperature will be enhanced by increasing alkali metal promoters. It might be suggested that Fe-based
catalysts possessing terrace or hierarchical sites with pores being molecular sieve are feasible to increase light olefin production during FTS. Surface modification of Fe catalysts supported on carbon materials with nitrogen-containing functionalities is also observed to increase light olefins selectivity in FTO.

Catalyst deactivation can be intensified by inadequate selection of the support, promoter, and synthesis method resulting in the catalyst poor structure. Fe particles as active metal requires protection against re-oxidation, carbidization, carbon deposition, and sintering through designing a robust catalytic system specially by incorporating Fe particles within support porous network. Confinement of Fe nanoparticles inside carbon materials like carbon nanotubes would offer high dispersion of active metal within carbon nanotubes protecting metals from deactivation. Promoted core–shell Co-based catalysts with enhanced dispersion of active metals would also be another good candidate for Fischer–Tropsch to light olefins due to sintering resistance.

The economic, energy, and environmental aspects of the FTS process as well as carbon and energy balance of the process can be calculated applying a techno-economic and lifecycle analysis (TEA/LCA), thus suggesting a decrease in both the waste released and raw material consumption. Although the FTS-based plants are mostly environmentally friendly with pollutant emissions and nonrenewable source energy demand being reduced, the minimum biofuel selling price cannot still compete with the market prices of petroleum fuels. Therefore, it is necessary for governments to provide renewable FTS plants with governmental subsidy and tax concession or exemption, helping them to survive and patronize in the global market.

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