Abstract—A new method is discussed for the systematic synthesis, design, and performance optimization of single-ended varactor-based 2:1 parametric frequency dividers (PFDs) exhibiting an ultralow-power threshold ($P_{th}$). For the first time, it is analytically shown that the $P_{th}$-value exhibited by any PFD can be expressed as an explicit closed-form function of the different impedances forming its network. Such a unique and unexplored property permits reliance on linear models, during PFD design and performance optimization. The validity of our analytical model has been verified, in a commercial circuit simulator, through the time- and frequency-domain algorithms. To demonstrate the effectiveness of our new synthesis approach, we also report on a lumped prototype of a 200:100 MHz PFD, realized on a printed circuit board (PCB). Although inductors with quality factors lower than 50 were used, the PFD prototype exhibits a $P_{th}$-value lower than $-15$ dBm. Such a $P_{th}$-value is the lowest one ever reported for passive varactor-based PFDs operating in the same frequency range.

Index Terms—Auxiliary generators (AGs), frequency dividers, linear-time-variant (LTV) system, nonlinear dynamics.

I. INTRODUCTION

In the last decades, growing attention has been paid to the development of new electronic components leveraging strong nonlinear dynamics in order to surpass the limitations of currently available devices and systems [1]–[12]. In particular, many research groups have looked at the possibility of exploiting nonlinear phenomena to attain frequency synthesizers (FSs) with record-low jitter levels [9], [13]–[20]. Only recently, one of the investigated approaches produced a new CMOS-compatible component referred to as parametric filter (PFIL) [21], [22], which shows the unprecedented ability to act as a jitter cleaner without requiring the use of a voltage-controlled oscillator (VCO). PFILs leverage the complex nonlinear dynamics exhibited by varactor-based 2:1 parametric frequency dividers (PFDs) [23]–[26], placed in nonautonomous feedback loops and directly connected at the output of a noisy FS. Despite the fact that a PFIL prototype showing a large phase-noise suppression was recently demonstrated [22], such a system is characterized by a power consumption that is not suitable for low-power integrated electronics. For this reason, new strategies to reduce the power consumed by PFILs are required to enable their adoption in low-power systems. This critical power limitation is mostly determined by the minimum input power ($P_{th}$) that makes PFDs able to operate in their division regime. PFDs are nonlinear circuits that rely on the adoption of modulated reactions to activate a frequency-division mechanism. Because of their strong nonlinear behavior, the design of PFDs, through commercial circuit simulators, presents several challenges that have prevented achieving PFDs exhibiting ultralow $P_{th}$-values [16], [24]. For instance, as these devices can exhibit abrupt changes in their electrical characteristics, the use of time-domain (TD) algorithms to model their response is only limited to PFDs using a reduced number of components. This constraint impedes the attainment of optimized PFD designs with minimum $P_{th}$-values through TD-based methods. In contrast, the detection of subharmonic oscillations through conventional harmonic-balance (HB) algorithms shows severe limitations due to the absence of subharmonic frequencies among those used to find the steady-state solution of time-varying circuits. In order to circumvent these limitations, several approaches were developed to detect the onset of subharmonic oscillations in PFDs, through perturbation methods [12], [27], [28] or through the iterative determination of the conversion matrix [29]–[32] associated with any adopted variable reactance. Also, a recent effort has even produced a new methodology to reconstruct the bifurcation loci of nonlinear RF circuits without recurring to continuation techniques [33]. Although several techniques are now available to detect the presence of large-signal periodic oscillations in different types of circuits, a systematic approach to design PFDs with minimum $P_{th}$-value is still to be fully developed.

Recently, while investigating the optimum design conditions to build nonreciprocal RF filters [34] through a network of modulated reactances, we discovered that it is always possible to express the transfer function describing the operation of such systems as an explicit function of the static equivalent impedance seen by each modulated component. The discovery of such a unique property led to augmented synthesis capabilities that allowed us to unveil the main design
criteria and functionalities of a novel nonreciprocal RF component, with optimized architecture, insertion loss, and isolation. Here, we show that a similar property exists for PFDs, relating the stability of large-signal periodic regimes to the different static impedances forming their network. For the first time, a closed-form expression of the $P_{th}$-value exhibited by any 2:1 varactor-based PFD is derived and reported. In particular, we show that this key performance parameter can indeed be expressed as an explicit function of the impedances seen by the variable reactance toward the PFD circuit ports and relative to the input (or pump, $f_{pump}$) and output ($f_{out}$) frequencies. Therefore, we demonstrate that the minimization of $P_{th}$ can be tackled through standard impedance synthesis approaches, thereby not requiring the adoption of perturbation-based or iterative techniques that are often hard to use without increasing the design and the simulation complexity. This complexity can even be unsustainable when targeting ultrahigh-frequency (UHF) and superhigh-frequency (SHF) PFDs, whose design requires electromagnetic simulations to account and compensate for the significant parasitics generally introduced by the board layout. Due to the derived closed-form expression of $P_{th}$, a new design guideline for ultralow threshold PFDs is unveiled and reported, hence providing the means to finally achieve low-power PFILs. To demonstrate the validity and effectiveness of our findings, a 200:100 MHz PFD, using lumped off-the-shelf components, was designed and built on a printed circuit board (PCB). Even though this device uses inductors with quality factors ($Q$) lower than 50, the engineered strategic selection of its passive components renders it able to achieve a $P_{th}$-value lower than $-15$ dBm. To the best of the authors’ knowledge, this value is the lowest one ever reported for passive PFDs operating in the same frequency range [16], [24], [25], [29].

II. DETECTION OF SUBHARMONIC OSCILLATIONS IN PFDs

The detection of parametric instabilities represents a significant challenge for most commercial circuit simulators [24]. In particular, a reliable identification of subharmonic oscillations would not only enable optimal performance in parametric circuits but would also allow the prevention of drops in spectral purity and power efficiency in other circuit components, such as amplifiers and frequency multipliers [33], [35], [36]. Several research groups have looked at possible approaches to identify the generation of parametric oscillations in RF systems. Some approaches use TD algorithms. However, due to the abrupt functional changes occurring at points of marginal stability, the use of TD-based detection methods to analyze the operation of parametric circuits may lead to severe convergence issues. These problems can be only overcome through the adoption of finer time steps, which frequently implies unsustainable computation times. For this reason, their use can even be impossible when analyzing complex systems, such as PFILs or more advanced PFD designs. On the other hand, when using frequency-domain (FD)-based algorithms, most commercial HB-circuit simulators cannot detect the onset of oscillations occurring at frequencies that are submultiples of any applied input frequency. This is due to the lack of subharmonic frequencies among those used by these simulators to evaluate currents and voltages in analyzed circuits. However, as FD methods can efficiently characterize the behavior of any circuit with a much shorter computation time than TD methods, enabling their use is key to most efficiently designed PFDs. Therefore, different approaches have been explored to achieve a reliable behavioral prediction of parametric components and systems through HB methods. In particular, in [37], a voltage-auxiliary generator technique was developed to extract the $P_{th}$-value attained by varactor-based PFDs. This approach is based on the artificial introduction of a voltage generator in series with an ideal frequency-selective resistive filter and placed in parallel to the adopted modulated reactance. This generator, which is characterized by an excitation frequency equal to the divided output frequency ($f_{out}$), applies a low-voltage signal in the circuit, thus forcing any HB simulator to consider a signal at $f_{out}$ during its computation. The signal generated by the auxiliary generator (AG) acts as noise, characterized by an impulsive frequency distribution centered at $f_{out}$. Its use permits the assessment of PFD stability, at $f_{out}$, as the amplitude of the main excitation voltage, at $f_{pump}$ (i.e., $2 f_{out}$), is increased. Although this method allows the detection of any parametric instability, it requires iterative simulation steps to find the steady-state response of PFDs, after these systems transition into their division region. As an alternative approach, a novel detection technique has recently been developed [16]. This is based on the introduction of a power auxiliary generator (pAG) in the PFD output mesh and on behalf of the PFD output load ($R_L$). A pAG is characterized by an ideal voltage generator, at $f_{out}$, in series with its internal impedance ($Z_{in}$, set to be equal to $R_L$). The available power ($P_{sub}$) of the pAG is kept small enough to ensure that no perturbation of the circuit behavior is generated as a result of its use. Thus, the introduction of the pAG allows the inclusion of $f_{out}$ in the list of frequencies used by any HB simulator, without perturbing the impedances seen by any modulated reactance in the circuit. Furthermore, contrary to the AG, the use of a pAG avoids reliance on optimizations to extract the steady-state response of PFDs. In fact, when a pAG is used, the PFD output voltage can be directly extracted from the HB-simulated voltage across the pAG at $f_{out}$. Such a voltage automatically differs from the originally set value, corresponding to $P_{sub}$, after the onset of any subharmonic oscillation at $f_{out}$ in the circuit. This unique feature enables the direct extraction of the PFD output spectrum even for input power ($P_{in}$) levels that are higher than $P_{th}$. However, in order to reliably use the discussed pAG technique, very fine sweeps of specific controlling parameters, such as $P_{in}$ or $f_{pump}$, must still be implemented to facilitate the HB convergence to nontrivial dividing solutions. This feature also makes the pAG technique nonideal when optimizing PFD designs targeting ultralow $P_{th}$-values. Hence, when the minimization of $P_{th}$ is the main design objective, gaining intuition about the different factors affecting its value is fundamental. To do so, one of objectives of this article has been to compute a generic closed-form expression that can be easily accessed through linear simulation algorithms to estimate
of tunable integrated circuits. When targeting the computation, dc-biased transistor-based ones often preferred when designing C relative to the varactor LC tanks (two static linear ones and one including a modulated varactor) and two resistors mapping the source resistance and load resistance, respectively. This PFD circuit is initially studied as a mean to extract an equivalent FD model that can be used to investigate the behavior of more general PFD designs. (b) More general PFD circuit model that includes three general impedances \((Z_1−Z_3)\) on behalf of the LC tanks used in (a). This model is adopted in the FD analysis used in this article to analytically find \(P_{th}\). (c) Definition of \(Z_1−Z_3\) for the circuit shown in (a).

and minimize the \(P_{th}\)-value exhibited by any PFD that is to be designed.

### A. Closed-Form Expression for \(P_{th}\)

We start our analysis from the simplified circuit shown in Fig. 1(a). After selecting as state variables the charge \(q_1(t)\), \(q_2(t)\), and \(q_3(t)\) in the capacitors \(C_1−C_3(t)\), respectively, we write the system of Kirchhoff’s equations (1) that describes the circuit behavior, when assuming zero prestored electrical energy in all circuit components. \(R_S\) and \(R_L\) represent the source and load impedances and \(v_1(t)\) is a continuous-wave input signal with magnitude equal to \(V_1\).

\[
\begin{align*}
v_1(t) &= \frac{q_1(t)}{C_1} + \frac{q_2(t)}{C_2} + R_S q_1(t) + R_L q_2'(t) + L_1 q_1''(t) + L_2 q_2''(t) \\
v_1(t) &= \frac{q_1(t)}{C_1} + \frac{q_3(t)}{C_3} + R_S q_1(t) + L_1 q_1''(t) + L_3 q_3''(t) \\
q_1(t) - q_2(t) - q_3(t) &= 0.
\end{align*}
\]  

In (1), \(C_3(t)\) can be replaced with its Taylor expansion (2), computed around its average dc value (\(C_{dc}\)).

\[
C_3(t) = C_{dc} \left(1 + \epsilon \frac{C_2 q_3(t)}{C_{dc}} + \epsilon^2 \frac{C_2 q_3(t)^2}{C_{dc}^2} + \cdots \right) \tag{2}
\]

In (2), \(\epsilon\) represents an arbitrarily small real parameter that is used to control the perturbation order [38], [39] adopted at different stages of our analytical treatment. Also, the coefficients \(C_d\) and \(C_{d2}\) represent the first- and second-order coefficients relative to the varactor \(C(v)\) characteristics, for the chosen biasing voltage \(V_{dc}\). Note that (2) can be used to describe the \(C(v)\) characteristics of any varactor technologies, including the dc-biased transistor-based ones often preferred when designing tunable integrated circuits. When targeting the computation of \(P_{th}\), (2) can be truncated after its first-order perturbation term [13], [16] and (1) can be simplified as

\[
\begin{align*}
v_1(t) &= \frac{q_1(t)}{C_1} + \frac{q_2(t)}{C_2} + R_S q_1(t) + R_L q_2'(t) + L_1 q_1''(t) + L_2 q_2''(t) \\
v_1(t) &= \frac{q_1(t)}{C_1} + \frac{q_3(t)}{C_3} + R_S q_1(t) + L_1 q_1''(t) + L_3 q_3''(t) \\
q_1(t) - q_2(t) - q_3(t) &= 0.
\end{align*}
\]  

It is convenient to transform (3) to its equivalent FD representation. However, in order to do so, it is necessary to make proper assumptions about the spectral characteristics of \(q_1(t)\), \(q_2(t)\), and \(q_3(t)\). Here, these three charge distributions [labeled together as \(q_{1,2,3}(t)\)] are assumed to be formed by the superposition of two continuous-wave signals \([q_{1,2,3}^1(t)\) and \(q_{1,2,3}^2(t)\)], respectively, characterized by a frequency \(f\) equal to the generator frequency \(f_{pump}\) and its divided-by-two value \(f_{out}\). Although the \(q_{1,2,3}^1(t)\) signals are not originated from any excitation source in the circuit, assuming their existence is crucial to introduce the small perturbative components at \(f_{out}\) that enable the detection of \(P_{th}\). Furthermore, even though the mutual relationship between \(q_1(t)\), \(q_2(t)\), and \(q_3(t)\) is determined by the circuit dynamics, the phase lag between \(q_{1}^1(t)\) and \(q_{2}^1(t)\) for any arbitrarily chosen one of these signals \(q_{1}^1(t)\) can be strategically selected to lower the complexity of our following FD analysis. In this case, it is convenient to assume \(q_{1}^2(t)\) and \(q_{2}^2(t)\) to be in phase with \(q_{1}^1(t)\) so that the Fourier transform of \(q_{1}^2(t)\) in (3) only produces real components.

We report in (4) the assumed distributions for \(q_1(t)\), \(q_2(t)\) and \(q_3(t)\)

\[
\begin{align*}
q_1(t) &= a_1\cos(\omega_o t + \phi_1) + b_1\cos(\omega_o t + \phi_1') \\
q_2(t) &= a_2\cos(\omega_o t + \phi_2) + b_2\cos(\omega_o t + \phi_2') \\
q_3(t) &= a_3\cos(\omega_o t) + b_3\cos(\omega_o t).
\end{align*}
\]  

In (4), \(a_{1,2,3}(t)\), \(b_{1,2,3}(t)\), \(\phi_{1,2,3}^1\), and \(\phi_{1,2,3}^2\) represent the magnitude of \(q_{1,2,3}^1(t)\) and \(q_{1,2,3}^2(t)\) and the phase of \(q_{1,2}^1(t)\) and \(q_{1,2}^2(t)\), respectively. Also, \(\omega_o\) and \(\omega_p\) are, respectively, equal to \(2\pi f_{out}\) and \(2\pi f_{pump}\). Given the assumed charge distributions and starting from (3), an equivalent unilateral HB problem can be defined as in the following equation:

\[
\begin{align*}
V_1 &= \frac{Q_1^p + Q_1^q}{C_1} + \frac{Q_2^p + Q_2^q}{C_2} + i R_S (Q_1^p \omega_o + Q_1^q \omega_p) \\
&\quad + i R_L (Q_2^p \omega_o + Q_2^q \omega_p) - L_1 (Q_1^p \omega_o^2 + Q_1^q \omega_p^2) \\
&\quad - L_2 (Q_2^p \omega_o^2 + Q_2^q \omega_p^2) \\
V_2 &= \frac{Q_1^p + Q_1^q}{C_1} + \frac{Q_2^p + Q_2^q}{C_2} - \epsilon C_d Q_2^p (Q_3^q + 2 Q_3^p) \\
&\quad + i R_S (Q_1^p \omega_o + Q_1^q \omega_p) - L_1 (Q_1^p \omega_o^2 + Q_1^q \omega_p^2) \\
&\quad - L_2 (Q_2^p \omega_o^2 + Q_2^q \omega_p^2) \\
Q_1^p + Q_2^p + Q_3^p + Q_3^q &= 0.
\end{align*}
\]  

In (5), \(Q_1^p\), \(Q_2^p\), \(Q_2^q\), \(Q_3^p\), \(Q_3^q\), and \(Q_3^p\) represent the single-sided FD components relative to \(q_1(t)\), \(q_2(t)\), and \(q_3(t)\) for both \(f_{pump}\) and \(f_{out}\). For clarity, their definition is reported in the
following equation:

\[ Q_{1,2}^p = \frac{1}{2} a_{1,2} e^{-i \phi_{1,2}} \delta(f - f_{\text{pump}}) \]

\[ Q_{1,2}^q = \frac{1}{2} b_{1,2} e^{-i \phi_{1,2}} \delta(f - f_{\text{out}}) \]

\[ Q_3^p = \frac{1}{2} a_3 \delta(f - f_{\text{pump}}) \]

\[ Q_3^q = \frac{1}{2} b_3 \delta(f - f_{\text{out}}). \]  

(6)

Also, the terms \( Q_3^{p2} \) and \( Q_3^p Q_3^q \) originate from the unilateral Fourier transform of \( q_3(t)^2 \) when considering only the components at \( f_{\text{out}} \) and \( f_{\text{pump}} \), their definition is reported in the following equation:

\[ Q_3^{p2} = \frac{1}{4} b_3^2 \delta(f - f_{\text{pump}}) \]

\[ Q_3^p Q_3^q = \frac{1}{4} a_3 b_3 \delta(f - f_{\text{out}}). \]  

(7)

It is important to point out that (5) contains terms at both frequencies of interest. Since the validity of (5) must be ensured at both \( f_{\text{out}} \) and \( f_{\text{pump}} \), each equation forming it can be divided into two equations, collecting the various terms at these two frequencies. Also, since we expect \( b_3 \) to be small, below threshold, \( Q_3^{p2} \) can be neglected without altering the validity of our analytical treatment. The resulting HB system is reported in the following equation:

\[ Q_1^p \left( \frac{1}{C_1} - i R_S \omega_o + L_1 \omega_o^2 \right) + Q_2^p \left( \frac{1}{C_2} - i R_L \omega_o + L_2 \omega_o^2 \right) = 0 \]

\[ Q_1^q \left( \frac{1}{C_1} - i R_S \omega_o + L_1 \omega_o^2 \right) + Q_2^q \left( \frac{1}{C_2} + \frac{\epsilon C_d Q_3^p}{C_{dc}} + L_3 \omega_o^2 \right) = 0 \]

\[ Q_3^p - Q_3^q = 0 \]

\[ \frac{V_1}{2} + Q_3^p \left( \frac{1}{C_1} - i R_S \omega_o + L_1 \omega_o^2 \right) + Q_3^q \left( \frac{1}{C_2} - i R_L \omega_o + L_2 \omega_o^2 \right) = 0 \]

\[ \frac{V_1}{2} + Q_3^p \left( \frac{1}{C_1} - i R_S \omega_o + L_1 \omega_o^2 \right) + Q_3^q \left( \frac{1}{C_2} + L_3 \omega_o^2 \right) = 0 \]

\[ Q_1^p - Q_2^q - Q_3^q = 0. \]  

(8)

From the inspection of (8), it can be observed that all Fourier coefficients \( Q_1^p, Q_2^p, Q_3^p, Q_1^q, Q_2^q, \) and \( Q_3^q \) multiply a complex term that includes the static equivalent impedance seen from \( N1 \) (see Fig. 1) toward one specific branch of the analyzed PFD. As discussed in [34], such an important feature originates from the dependence of the conversion gain of a modulated capacitor on the impedance that such a capacitor sees from its insertion point and at the different frequencies in the circuit. Consequently, (8) can be used to extract an equivalent transformed two-tone unilateral HB system for PFDs exhibiting different and generically complex equivalent impedances \( [Z_1-Z_3; \text{see Fig. 1(b) and (c)}] \). In the following analysis, the value of these impedances at \( f_{\text{out}} \) and \( f_{\text{pump}} \) will be indicated as \( Z_1^{(a)} \), \( Z_2^{(a)} \), \( Z_3^{(a)} \), \( Z_1^{(b)} \), \( Z_2^{(b)} \), and \( Z_3^{(b)} \). To derive the transformed HB system, two important aspects must be considered. First, \( Z_3 \) must include the static impedance of the modulated varactor. Also, the voltage \( V_{\text{eq}} \) to use in the transformed HB system coincides with the applied input voltage \( V_1 \) only in the typical cases in which the impedance used in the input branch of the PFD is a one-port network, connected between the input port and \( N1 \). In contrast, when a two-port network \( [Z_{\text{in}}] \) is used in the input branch of the PFD [see Fig. 2(a)], a different excitation voltage must be adopted [see Fig. 2(b)]. Such a voltage coincides with the equivalent open-circuit voltage component, at \( f_{\text{pump}} \), extracted at the output port of \( Z_{\text{in}} \). Also, its value can be found as \( G_r V_1 \) where \( G_r \) is the open-circuit voltage gain at \( f_{\text{pump}} \) of the equivalent two-port network formed by the series combination of \( R_S \) with \( Z_{\text{in}} \) (see Fig. 2(c)). The resulting transformed unilateral HB system for PFDs using generic \( Z_1-Z_3 \) is reported in the following equations:

\[ -i Q_3^p Z_1^{(a)} \omega_o - i Q_2^p Z_2^{(a)} \omega_o = 0 \]

\[ -i Q_3^p Z_1^{(b)} \omega_o - i Q_2^p Z_2^{(b)} \omega_o + \frac{\epsilon C_d Q_3^p Q_3^q}{C_{dc}} = 0 \]

\[ Q_1^p - Q_2^q - Q_3^q = 0 \]  

(9)

\[ \frac{V_{\text{eq}}}{2} - i Q_1^p Z_1^{(a)} \omega_o - i Q_2^p Z_2^{(a)} \omega_o = 0 \]

\[ \frac{V_{\text{eq}}}{2} - i Q_1^p Z_1^{(b)} \omega_o - i Q_2^p Z_2^{(b)} \omega_o = 0 \]

\[ Q_1^p - Q_2^q - Q_3^q = 0. \]  

(10)

In the following, in favor of a more compact analytical treatment, we limit our analysis to the common case in which PFDs use one-port networks in their input branch \( (G_r = 1) \).
The system in (10) is then solved in terms of $Q_1$, $Q_2$, and $Q_3$, when assuming $V_{eq}$ equal to $V_1$ [see (11)]. It is important to point out that $Q_1$, $Q_2$, and $Q_3$ are the only components setting the large-signal periodic behavior of PFDs

$$
Q_1 = -iV_1(Z_{2e}^{(op)} + Z_3^{(op)})
$$

$$
Q_2 = -iV_1Z_3^{(op)}
$$

$$
Q_3 = -iV_1Z_2^{(op)}.
$$

In (11), $Z_{eq}^{(op)}$ is defined as

$$
Z_{eq}^{(op)} = Z_2^{(op)}Z_3^{(op)} + (Z_2^{(op)} + Z_3^{(op)}).
$$

Similarly, it is possible to compute $Q_1$, $Q_2$, and $Q_3$ from (9), after replacing $Q_1$ with the expression reported in (11). It is useful to rewrite the resulting set of equations in a matrix representation as follows:

$$
[A] [Q_1^T, Q_2^T, Q_3^T]^T = 0
$$

where $[A]$ is defined as

$$
\begin{bmatrix}
-i Z_2^{(op)} & -i Z_2^{(op)} & 0 \\
-i Z_2^{(op)} & 0 & -i Z_3^{(op)} \\
1 & 0 & -1
\end{bmatrix}
$$

The matrix shown in (14) can be used to identify the minimum input voltage magnitude $V_{th}$ activating the desired subharmonic oscillation. In order to do so, it suffices to find the $V_{th}$-value that nulls the determinant of the system matrix shown in (14). The expressions of the so found $V_{th}$-value, as well as the corresponding $P_{th}$-value, are reported in the following equations:

$$
V_{th} = \frac{-4C_{dc}^{-2}Z_{eq}^{(op)}Z_2^{(op)} \omega_0^2}{\epsilon C_d(Z_1^{(op)} + Z_2^{(op)})Z_2^{(op)}}
$$

$$
P_{th} = \frac{|V_{th}|^2}{8R_S}.
$$

In (15) and (16), $Z_{eq}^{(op)}$ is defined as

$$
Z_{eq}^{(op)} = Z_2^{(op)}Z_3^{(op)} + (Z_2^{(op)} + Z_3^{(op)}).
$$

As evident from (15) and (16), $V_{th}$ and $P_{th}$ are explicit functions of all the impedance values characterizing the operation of PFDs at both $f_{out}$ and $f_{pump}$. Such impedances significantly shape the stability region of PFDs, thus playing a critical role in their design and performance characteristics. In particular, the inspection of (15) permits the establishment of a general guideline for the design of PFDs. First, (15) clearly shows that low-capacitance varactors (low $C_d$), with a wide tuning range (large $C_d$), are generally desirable to minimize $V_{th}$. In addition, (15) shows that a quadractic increase of $V_{th}$ is expected at increasing $\omega_p$-values. Such an important feature is mainly due to the increasing challenge of achieving large voltage swings, across variable capacitors, at higher driving frequencies. Ultimately, (15) provides an essential guidance in the synthesis of $Z_1$–$Z_3$. In fact, this synthesis can be tackled through conventional linear methods targeting the minimization of (15), even for complex high-frequency board designs that are generally sensitive to undesired parasitics. The ability to design $Z_1$–$Z_3$ through conventional linear synthesis approaches is essential to enable optimum and reliable performance. Therefore, it is straightforward to verify that the minimum $P_{th}$ can be attained when four resonant conditions are satisfied. These conditions suggest that the following holds:

1. The series of $Z_2$ and $Z_3$ has to be designed to series resonate at $f_{out}$ (i.e., $Z_2^{(op)} + Z_3^{(op)} \rightarrow \Re\{Z_2^{(op)}\} = R_2^\prime$).
2. The series of $Z_1$ and $Z_3$ has to be designed to series resonate at $f_{pump}$ (i.e., $Z_1^{(op)} + Z_3^{(op)} \rightarrow \Re\{Z_1^{(op)}\} = R_3^\prime$).
3. $Z_1$ has to be designed to parallel resonate at $f_{out}$ (i.e., $Z_1^{(op)} \rightarrow \infty$).
4. $Z_2$ has to be designed to parallel resonate at $f_{pump}$ (i.e., $Z_2^{(op)} \rightarrow \infty$).

In the listed conditions, $R_2^\prime$ and $R_3^\prime$ represent the equivalent resistances observed from $N1$ when looking toward the source and the load, respectively. Even when assuming all components to be lossless, $R_2^\prime$ and $R_3^\prime$ can be different from $R_3$ and $R_L$. For instance, their value can be made strategically lower through the adoption of impedance transformation stages, as will be discussed in Section III. Therefore, when $Z_1$–$Z_3$ are optimally designed, $V_{th}$ becomes

$$
V_{th}^{\min} = \frac{4C_{dc}^{-2}R_1^\prime R_3^\prime \alpha_0^2}{\epsilon C_d}.
$$

When the use of a minimum number of lumped components is needed in favor of the highest degree of miniaturization, the optimum synthesis of $Z_1$–$Z_3$ can be tackled through the strategic use of five electrical components ($C_1$, $C_2$, $L_1$, $L_2$, and $L_3$). In particular, the following holds:

1. $Z_1$ can be realized as the parallel combination of an inductor ($L_1$) and a capacitor ($C_1$), whose resonance frequency matches the output frequency at which the minimum $P_{th}$ is desired.
2. $Z_2$ can be realized as the parallel combination of an inductor ($L_2$) and a capacitor ($C_2$), whose resonance frequency is equivalent to twice the output frequency at which the minimum $P_{th}$ is desired.
3. $Z_3$ includes the static portion ($C_{dc}$) of the varactor electrical characteristics; it can be realized by adding an inductor ($L_3$) whose value is directly related to both $Z_2^{(op)}$ and $Z_1^{(op)}$.

It is important to note that, by satisfying the four resonant conditions, it is possible to prevent any undesired reduction of the voltage swing across the varactor due to the current at $f_{pump}$ leaking through the output branch. Furthermore, any leakage of the generated power at $f_{out}$ into the input source circuitry is prevented. Also, note that $P_{th}$ is a function of all the abovementioned circuit components. Among them,
The values of the adopted circuit components are: $L_1 = 382.5$ nH, $L_2 = 742.5$ nH, $C_1 = 6.6$ pF, $C_2 = 0.85$ pF, $C_3 = 500$ nH, $C_{dc} = 1.7$ pF, $C_d = -0.3$, and $C_{d2} = 0.02$.

Fig. 4. Black dot: $V_{th}$ values versus $f_{out}$ numerically determined through TD methods applied to the PFD shown in Fig. 3. Blue line: analytically calculated $V_{th}$ values [see (15)] for the same PFD. Red line: $P_{th}$ distribution corresponding to the $V_{th}$ one plotted in blue.

$C_{dc}$ depends on the available varactor technology, whereas $L_1$, $C_1$, $L_2$, and $C_2$ depend heavily on the chosen value of $L_3$. Consequently, it is convenient to search for the optimal values of $L_1$, $C_1$, $L_2$, and $C_2$ that satisfy the listed resonant conditions in terms of $C_{dc}$ and $L_3$ in the following equation:

$$
C_1 = \frac{4C_{dc}}{3(-1 + 16L_3C_{dc}f_{out}^2\pi^2)}
$$

$$
C_2 = \frac{C_{dc}}{3(-1 + 4L_3C_{dc}f_{out}^2\pi^2)}
$$

$$
L_1 = \frac{16C_{dc}f_{out}^2\pi^2}{3(-1 + 16L_3C_{dc}f_{out}^2\pi^2)}
$$

$$
L_2 = \frac{-3(-1 + 4L_3C_{dc}f_{out}^2\pi^2)}{16C_{dc}f_{out}^2\pi^2}. \quad (19)
$$

Despite the fact that a low $C_{dc}$ value would be required to ensure the minimum $P_{th}$, the use of ultralow-capacitance varactors is not practical as it often leads to suboptimal performance. This important feature is mostly determined by the limited $Q$ of available inductors. This limitation constrains $L_1$–$L_3$ not to exceed certain values, in order to prevent undesired and significant increases of $R_f$ and $R_c$. As a case study, it is now instructive to extract $V_{th}$ through (15) for a generic simplified PFD-design, formed by lossless inductors and capacitors. The resulting value can then be compared with the one numerically found through TD-based methods, in order to confirm the validity of the reported analytical approach. The chosen device, a 200:100-MHz PFD, as well as the adopted $L_3$, $C_{dc}$, $C_d$, and $C_{d2}$ values, along with the corresponding optimal $L_1$, $L_2$, $C_1$, and $C_2$ values, are reported in Fig. 3.

The estimated $V_{th}$ values based on (15) are shown in Fig. 4, together with some corresponding results for different values of $f_{out}$-values (keeping $f_{pump} = 2f_{out}$), obtained through TD methods. Clearly, the $V_{th}$ values derived through numerical TD methods match very closely the analytically predicted ones, thus demonstrating the validity of our analytical findings. The $P_{th}$ values corresponding to the $V_{th}$ values found through (15) are also shown in Fig. 4. As is evident, when neglecting the ohmic losses introduced by each adopted element and when properly selecting the different components forming its network, the investigated PFD can exhibit a $P_{th}$ value for $f_{out} = 100$ MHz that is lower than $-24$ dBm, corresponding to $V_{th}$ of 0.038 V. To further verify the substantial and desired change in the dynamical behavior of the analyzed PFD, for $V_1$ being slightly higher or slightly lower than $V_{th}$, we report the phase portraits [40] (see Fig. 5) relative to $q_3(t)$ and derived through TD methods, when assuming that $f_{out}$ equals 100 MHz (i.e. $f_{pump}$ equals 200 MHz) and for $V_1$ equal to 0.037 and 0.039 V, respectively. As is evident, substantially different behaviors characterize the operation of the analyzed PFD for the two investigated $V_1$ values. In particular, for $V_1$ equal to 0.037 V, the portrait of $q_3(t)$ shows the existence of a limit cycle. This cycle maps the evolution of $q_3(t)$ and $q_3'(t)$ as time evolves from the origin of the reference system ($t = 0$) and zero prestored charge exists in the different capacitors. In contrast, for $V_1$ equal to 0.039 V (thus being higher than the expected $V_{th}$ value), the portrait exhibits a substantially different behavior. In fact, once the PFD reaches its steady-state periodic operational regime (see the red lines in Fig. 5), the portrait exhibits twice the period that exhibits in the former case. Such a unique feature maps (in the TD) the origin of a period-doubling mechanism that marks the existence of a subharmonic oscillation in the circuit. The phenomenon of period doubling can also be directly observed by extracting the Poincaré map (PM) [41] (see Fig. 6). This tracks the radius of the limit cycle of $q_3(t) (r = ((q_3(t + nT))^2 + (q_3'(t + nT))/\omega_p)^{1/2})$, where $n$ is an integer number) versus $V_1$, for consecutive returns (incre-
Fig. 6. PM relative to the charge $q_3(t)$ versus $V_1$ for the PFD shown in Fig. 3. As is evident, for $V_1$-values that exceed the same $V_{th}$-value that was analytically found through (15), the analyzed PFD undergoes a change in its dynamical characteristics that results in the activation of a period-doubling mechanism. In the inset, the spectrum of the output power for the same PFD shown in Fig. 3 is reported for $V_1$-values that are right below and above $V_{th}$.

Fig. 7. Analytically found trend (blue line) of $P_{th}$ versus $L_3$ and simulated $P_{th}$ values through the pAG technique (red dots), for a limited set of $L_3$-values relative to the PFD described in Fig. 3. It is important to point out that the HB simulator adopted to estimate $P_{th}$ through the pAG technique has been configured to include 25 harmonics of $f_{out}$, in favor of a more accurate prediction of the PFD response above the threshold. In the inset, a contour plot is reported, simultaneously mapping the impact on $P_{th}$ of $L_1$ and the quality factor ($Q$), which is considered to be the same for all the inductors used in Fig. 3.

Fig. 8. (a) Solution amplitudes of the possible numerically found voltage ($V_{out}$) components (at $f_{out}$) across the load resistance $R_L$ of the PFD shown in Fig. 3. Note that three different $V_{out}$-distributions (relating to the solution sets S1–S3) are possible. (b) Real part of the eigenvalue ($\alpha$) of $[J]$ for S1 and S2. The $\alpha$ value of S3 is constant and positive for all $V_1$-values, thus being a clear indication that S3 is not a stable solution for the system. For this reason, its distribution with respect to $V_1$ has not been included here.

### B. Evaluating the Response of PFDs for $P_{in} > P_{th}$

In Section II-A, a closed-form expression was found to evaluate the threshold voltage and power ($V_{th}$ and $P_{th}$) activating a 2:1 subharmonic oscillation in varactor-based PFDs. In this section, the procedure to analytically estimate the complete response of PFDs, below and above the parametric threshold, is discussed and applied to the PFD circuit shown in Fig. 3.

The assessment of the PFD response, after the occurrence of a bifurcation, requires solving the systems in (1) and (2) without neglecting any second-order perturbation term proportional to $\epsilon^2$. This increased complexity renders the solution of these systems only computable through numerical methods. However, some important features can still be identified. In fact, three sets of $Q_1$, $Q_2$, and $Q_3$ are found to be potential solutions for the new HB system that includes the higher order terms. One set (S1) is representative of the trivial solution ($Q_1' = Q_2' = Q_3' = 0$), thus describing the evolution of the PFD when no input signal at $f_{out}$ exists in the circuit and when assuming $V_1 \ll V_{th}$. Another set (S3) shows the quasi-uniform and not-nulled distributions for $Q_1'$, $Q_2'$, and $Q_3'$ versus the magnitude of $V_1$. Finally, the last solution set (S2) corresponds to more complex distributions for $Q_1'$, $Q_2'$, and $Q_3'$ versus the magnitude of $V_1$, exhibiting nulled...
values for $V_1$ approaching $V_{th}$. The amplitudes of the voltage components across $R_L$ ($V_{out}$), at $f_{out}$, for solutions S1–S3 were analytically determined and plotted versus the input power ($P_in$) at $f_{pump}$, for the investigated PFD shown in Fig. 3. Fig. 8 shows the extracted trends of $V_{out}$ versus $P_in$ for S1–S3. Due to the existence of three possible steady-state periodic solutions (S1–S3), the complete response of the analyzed PFD can only be determined analytically by evaluating the stability of each solution while varying the magnitude of the applied input signal. In order to do so, matrix $A$ in (14), now including the higher order terms, can be linearized around each solution in order to evaluate the evolution of the system in the presence of small perturbations acting on the steady-state amplitudes of $Q_1^s$, $Q_2^s$, and $Q_3^s$ relative to the same solution. It is worth pointing out that the resulting linearized matrix represents a Jacobian matrix ($J$) that provides the means to investigate the stability of any possible solution at $f_{out}$. This can be done by looking at the sign of the purely real eigenvalue ($\lambda$) of $[J]$ (see Fig. 8). In particular, by looking at the real part ($\alpha$) of $\lambda$, it is straightforward to realize that S3, for the PFD shown in Fig. 3, corresponds to a positive and constant $\alpha$-value for any $V_1$-value, thus representing an unstable fixed point for the system. In contrast, for both S1 and S2, the sign of $\alpha$ changes when $V_1$ approaches $V_{th}$. In particular, S1 represents the only stable solution for $V_1 < V_{th}$, whereas S2 represents the only stable solution for $V_1 \geq V_{th}$. In other words, the trivial solution is stable for $V_1 < V_{th}$, whereas the dividing solution is stable for $V_1 \geq V_{th}$. It is also worth pointing out the fact that S1 and S2 flip their stability at the same $V_1$-value, which suggests that the rising of the subharmonic oscillation occurs through a supercritical bifurcation. For this reason, no abrupt jump is expected in the PFD frequency response, as its operation involves the transition from one operational regime to the other. As evident, the $V_{th}$ value extracted from Fig. 8 matches the one we found through both the observation of the phase portraits (see Fig. 5), the analysis of the PM (see Fig. 6), and the use of the pAG technique with a commercial HB simulator (see Fig. 7). After determining the stability of S1 and S2, it is easy to estimate the output power of the PFD in Fig. 3 when this is driven at $f_{pump} = 200$ MHz and when $P_{in}$ is progressively increased to activate the division process in the circuit. In Fig. 9, we report the PFD output power ($P_{out}$ delivered to $R_L$) versus $P_{in}$ for the PFD shown in Fig. 3.

III. LUMPED REALIZATION OF A 200:100-MHz PFD

In Section III, a closed-form expression for $P_{th}$ was derived. In order to experimentally verify the validity of our findings, we designed a 200:100-MHz PFD using lumped components available on the shelf. The PFD was assembled on a PCB made of FR4 and its performance was characterized using conventional RF measurement equipment. A detailed description of the adopted design flow, as well as the analysis of our measured results, is discussed in the remainder of this section.

A. Design of a 200:100-MHz PFD

The design of the reported PFD targeted the minimization of $P_{th}$ at a chosen $f_{out}$ value of interest. In this case, 100 MHz was chosen as the desired output frequency. Fig. 10 shows a schematic of the PFD architecture that we selected for the experimental validation. This PFD design relies on the five components [$L_1, L_2, C_1, C_2$, and $L_3$; see (19)] used in the simplified PFD circuit in Fig. 3. However, two additional components were added: a capacitor and an inductor. These components, labeled as $C_{matching}$ and $L_{matching}$, were chosen so as to form the equivalent lumped representation of a quarter-wave transformation stage at $f_{out}$. It is important to point out that the adoption of this stage is key to lowering the $P_{th}$ value that can be attained through only the use of the other five components. In fact, the use of this stage reduces the impact of the output load ($R_L$) on the stability of the PFD, by converting $R_L$ to an impedance ($Z_{trans}$) whose value, at $f_{out}$, is real and lower than 1 $\Omega$. In other words, the use of the transformation stage permits the reduction of $R_{th}$, thus minimizing $V_{th}$ and, consequently, $P_{th}$ [see (16) and (18)]. Moreover, the adoption of a transformation network relying on a series capacitor permits the use of $C_{matching}$ also as a dc blocker. It is worth mentioning that due to the adoption of the transformation stage, the varactor sees a low resistance ($R_{th}'$) at $f_{out}$ that closely matches the one seen by each varactor in previously reported differential PFD topologies [26], [42]. However, since such a low $R_{th}'$ value is attained without requiring two identical varactors (thus twice the $C_{dc}$ value) simultaneously connected to the input source, the reported PFD can reach lower $P_{th}$-values than its corresponding differential counterpart. However, differential topologies inherently exhibit a large spectral purity, which can only be attained by single-ended configurations when these rely on high-order and high-$Q$ passive networks. The
selected values for $C_{\text{matching}}$ (227 pF) and $L_{\text{matching}}$ (11.3 nH) were chosen so that the lowest $Z_{\text{Trans}}$ value could be attained when considering the typical $Q$ values exhibited by available inductors on the shelf. It is worth mentioning that because of the more dispersive behavior of $Z_2$ with respect to the one of the simplified circuit in Fig. 3, the resonant conditions that must be satisfied in order to minimize $P_{\text{th}}$ lead to different expressions for the optimal values of $L_1$, $L_2$, $C_1$, and $C_2$ versus $L_3$ and $C_3$. However, such differences are small and, consequently, practically negligible. Furthermore, the optimal component values significantly depend on the maximum $Q$ that can be exhibited by $L_1$ and $L_2$ in practice. Therefore, after finding a commercially available hyperabrupt varactor (model: Skyworks SMV1405), characterized by $C_{\text{dc}}$ values ranging from 1 pF to 10 pF and capable of exhibiting high $C_d$ values [see (2)], we analytically studied the distribution of $P_{\text{th}}$ [see (16)] versus $L_3$ and $C_{\text{dc}}$. In order to do so, the $C_d$ value exhibited by the selected varactor was expressed in terms of $C_{\text{dc}}$. This simplification made $C_{\text{dc}}$ the only required varactor parameter to extract $P_{\text{th}}$. Moreover, the derived $P_{\text{th}}$ distribution was found after selecting the $L_1$, $L_2$, $C_1$, and $C_2$ values that satisfy the resonant conditions discussed in Section II-A, for each analyzed set of $L_3$ and $C_{\text{dc}}$ values. In Figs. 11 and 12, we report the computed trend and the contour plot of $P_{\text{th}}$ versus $L_3$ and $C_{\text{dc}}$ when assuming $Q$ of $L_1$, $L_2$, and $L_3$ to be 50. This value corresponds to the best quality factor that we could find for off-the-shelf inductors that are in the same range as those required to optimally design a 200:100-MHz PFD relying on ideal lossless components to work (see Fig. 3). As is evident, a monotonically decreasing $P_{\text{th}}$ is attained as $L_3$ is increased. However, the adoption of $L_3$ values larger than 800 nH would require $C_2$ to be lower than 0.5 pF. This design constraint would expose any PFD built on a PCB to the risk of exhibiting performance that are too sensitive to unmodeled variations of the actual $C_2$ value. Also, because of the limited availability of surface-mounted commercial inductors, simultaneously showing large inductance, high-$Q$ values (exceeding 50), and a self-resonance frequency higher than the maximum frequency of interest (200 MHz), the use of excessively large $L_3$ values is also not practical. Based on these limitations, we selected the $C_{\text{dc}}$ value (1.7 pF) that minimizes $P_{\text{th}}$, given the largest suitable $L_3$ value that we could find (500 nH). By looking at the $C(\nu)$ characteristic of the chosen varactor, this optimal $C_{\text{dc}}$ value permits to easily find the corresponding dc voltage (1.6 V) that must be used in the actual PFD circuit to bias the varactor. Also, after selecting $L_3$, we looked at the sensitivity of the optimal $C_{\text{dc}}$ value as we vary $Q$ exhibited by $L_1$–$L_3$, ranging from 10 to 50. As is evident from Fig. 13, we found the optimal $C_{\text{dc}}$ value to be only slightly dependent on $Q$ of the adopted inductors, thus being almost immune to nonidealities that often make commercial inductors exhibit different $Q$ values from their nominal values. In summary, the values that we selected for the experimental demonstration are 382.5 nH, 742.5 nH, 6.6 pF, 0.85 pF, and 500 nH for $L_1$, $L_2$, $C_1$, $C_2$, and $L_3$, respectively. Based on these values, we searched for commercial components with the closest nominal behavior to the desired ones. Then, we assembled a distributed model of the board layout using microstrip components. After building this model, we minimized the impact of the board layout on $P_{\text{th}}$. In order to do so, we developed an ad hoc design framework that allows for the extraction of the values of $Z_1^{(\text{eq})}$, $Z_2^{(\text{eq})}$, $Z_3^{(\text{eq})}$, $Z_1^{(\text{eq})}$, $Z_2^{(\text{eq})}$, and $Z_3^{(\text{eq})}$ directly from the distributed model. These values are then used and automatically updated during an optimization routine targeting the minimization of (16), which is used as the goal function. During this optimization step, we also considered the available $S$-parameters for the lumped components that we selected. We report, in Fig. 14 (see the green line), the analytically derived distribution of $P_{\text{th}}$ versus $f_{\text{out}}$, extracted through (16) after determining the best layout geometry and under the assumption that the input frequency is always twice the $f_{\text{out}}$ value. The same distribution was also evaluated using the pAGi technique by replacing the optimized distributed model for the board with its actual electromagnetic simulated RF model (see the red points in Fig. 14). It can be seen that

![Fig. 11. 3-D plot mapping the distribution of $P_{\text{th}}$ versus $L_3$ and $C_{\text{dc}}$, where $Q$ equal to 50 was assumed for all the inductors in the circuit.](image)

![Fig. 12. Contour plot mapping $P_{\text{th}}$ versus $L_3$ and $C_{\text{dc}}$, assuming that $Q$ of all the inductors is 50. The range of these two parameters in which no division is possible is also identified.](image)
Fig. 13. 3-D plot mapping the distribution of $P_{th}$ versus $C_{dc}$ and $Q$, when assuming $L_3$ to be 500 nH (thus the value used in our built PFD), and all the inductors showing the same $Q$.

Table I

| This work  | $P_{th}$ (dBm) | $f_{out}$ (MHz) | Implementation |
|------------|----------------|-----------------|----------------|
| [16]       | -15            | 100             | lumped         |
| [25]       | 10.5           | 226.7           | lumped         |
| [43]       | -6.5           | 1277            | lumped         |
| [42]       | 4              | 850             | hybrid         |

Fig. 14. Simulated distributions of $P_{th}$ versus $f_{out}$ for the PFD built in this article. In green, simulated values extracted through the reported analytical method once this is applied, directly in a circuit simulator, to the PFD built in this article. In red, simulated values extracted through the pAG technique. In blue, measured $P_{th}$ values for the same frequencies considered during our simulations. In order to extract both the simulated and the measured data, $f_{pump}$ was kept equal to $2f_{out}$ for all investigated $f_{out}$ values.

B. Measured Results

The designed PFD was built on a PCB made of FR4 (see the inset of Fig. 15). An external bias-T (model Inmet 8800SMF3-06) was used to simultaneously drive the PFD input port with an RF signal and with a dc voltage (1.6 V) required to bias the varactor. The output performance of the PFD, terminated on a 50-Ω resistive load, was characterized using conventional RF bench-top measurement equipment. In particular, first, we extracted the measured $P_{th}$ values for $f_{out}$ ranging from 90 to 110 MHz (the same range exploited during the PFD design phase; see Fig. 14). As is evident from Fig. 14, the measured $P_{th}$ values match closely the corresponding values extracted, in a commercial circuit simulator, through our new analytical approach and through the adoption of the pAG technique. A minimum $P_{th}$ equal to $-15$ dBm was measured at the targeted designed $f_{out}$ value (100 MHz). To the best of the authors’ knowledge, such a low $P_{th}$ value is the lowest one ever reported for passive PFDs operating within the same frequency range (see Table I). Then, we extracted the PFD output power ($P_{out}$) at the targeted output frequency (100 MHz). In order to do so, we used two synchronized vector network analyzers (VNAs). One network analyzer (Keysight PNA N5221A) was set up to produce the pump signal at 200 MHz and to generate a slow $P_{th}$ sweep from $-25$ to 0 dBm. The other VNA (Keysight ENA E5071C) was used to track the received power at 100 MHz. The measured distribution of $P_{out}$ versus $P_{th}$ (see Fig. 15) closely follows the predicted distribution found through the pAG technique. It is worth mentioning that a much higher $P_{th}$ value would have been attained without the use of a transformation stage (see the simulated green trend in Fig. 15). To visualize the output response of the PFD after the activation of the division process,
the measured TD waveform of its output voltage across \( R_L \) is also shown in Fig. 16, for a \( P_{in} \) value (\(-2\) dBm) exceeding \( P_{th} \). Under this operating condition, the presence of an output signal with a strong frequency component at 100 MHz can be easily observed.

IV. CONCLUSION

In this article, a new systematic synthesis approach is discussed to enable the design of varactor-based 2:1 PFDs, exhibiting ultralow-power thresholds \( (P_{th}) \). For the first time, it is analytically shown that the \( P_{th} \) value exhibited by PFDs can be expressed as a closed-form explicit function of the impedances seen by the variable capacitor, at the input frequency and at the main output frequency of operation. This unique feature permits the creation of optimum PFD designs, without relying on time-consuming and memory-intensive simulation approaches, but only through conventional design and optimization techniques that are frequently used in linear circuits. Due to the development of the reported analytical framework, we formulate new optimal design criteria for PFDs requiring ultralow \( P_{th} \) values. In order to experimentally validate our analytical findings, a 200:100-MHz PFD, relying on commercially available lumped components, was designed and assembled on a PCB. Due to its engineered design and despite the relatively low \( Q \) exhibited by its inductors, the fabricated PFD exhibited a record-low \( P_{th} \) value equal to \(-15\) dBm. The design approach presented in this article opens exciting scenarios for the development of even other parametric components. In particular, the capability to obtain ultralow threshold PFDs will facilitate the future chip-scale development of PFILs, thus enabling their use to reduce the jitter level exhibited by available FSs in low-power RF transceivers.

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