Time-, stress-, and temperature-dependent deformation in nanostructured copper: Creep tests and simulations

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\textbf{A B S T R A C T}

In the present work, we performed experiments, atomistic simulations, and high-resolution electron microscopy (HREM) to study the creep behaviors of the nanotwinned (nt) and nanograined (ng) copper at temperatures of 22 °C (RT), 40 °C, 50 °C, 60 °C, and 70 °C. The experimental data at various temperatures and different sustained stress levels provide sufficient information, which allows one to extract the deformation parameters reliably. The determined activation parameters and microscopic observations indicate transition of creep mechanisms with variation in stress level in the nt-Cu, i.e., from the Coble creep to the twin boundary (TB) migration and eventually to the perfect dislocation nucleation and activities. The experimental and simulation results imply that nanotwinning could be an effective approach to enhance the creep resistance of twin-free ng-Cu. The experimental creep results further verify the newly developed formula (Yang et al., 2016) that describes the time-, stress-, and temperature-dependent plastic deformation in polycrystalline copper.

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1. Introduction

Creep behaviors, the plastic deformation under sustained stress at elevated temperatures, of metallic materials are complex and essential to their applications in industries. The creep behaviors depend highly on the external conditions of time, stress, and temperature and the dependency comes from the response of the materials’ micro/nano-structures. The creep deformation in polycrystalline metals can be mediated by lattice or grain boundary (GB) diffusion, GB and twin boundary (TB) movements, and dislocation activities. In coarse-grained (cg) metals, creep is mainly caused by the lattice
diffusion (Nabarro–Herring creep) (Herring, 1950) or GB diffusion (Coble creep) (Coble, 1963) under low sustained stress, and dislocation activities, such as moving dislocations interacting with “forest” dislocations, under high sustained stress. In nanograined (ng) metals, dislocation multiplication and motion are severely suppressed by the tiny lattice geometries and the constraint of GBs. Thus, GB diffusion (Coble creep) and possible GB movements (GB sliding and migration, grain rotation, etc.) are dominant creep mechanisms in ng metals under low and medium stress level (Cai et al., 2001, 2000; Millett et al., 2008; Yang and Wang, 2004). Under high stress level, GBs related dislocation activity usually governs the creep deformation in ng metals (Cao et al., 2012; Huang et al., 2010; Jiang et al., 2006; Wang et al., 2011). The rate of diffusion-governed creep increases monotonically with decreasing grain size, as decreasing grain size significantly increases the volume fraction of GBs and thus the fast diffusion path (Wang et al., 2013a, 2012). Therefore, creep in ng metals presents considerably size effect, that is, the smaller the grain size is, the higher the creep rate will be (Sanders et al., 1997). This fact indicates that reducing grain size will considerably damage the creep resistance of ng metals, which has become the bottleneck problem for the application of ng metals, especially at extreme conditions. The TB resistance against dislocation motion is much more moderate, thereby both the strength and ductility of metals have been significantly optimized (Lu et al., 2004). Moreover, the nanotwinned (nt) structures show superior thermal stability compared with their ng counterparts (Zhang and Misra, 2012; Zheng et al., 2013; Li et al., 2016), implying a potential applications of nt metals at elevated temperatures. The simulations revealed that the nt-Cu exhibits greater creep resistance with decreasing TB spacing (Jiao and Kulkarni, 2015). However, so far no comprehensively experimental creep tests on nt-metals have been reported in the literature to provide sufficient and reliable information on the creep behaviors and associated mechanisms. This stimulates us to conduct comprehensive investigations, including creep tests at various temperatures, atomistic simulations, and high-resolution electron microscopy (HREM), on the creep behaviors of nt-Cu.

Deformation activation energy, activation volume, and stress exponent are micro/nanostructure-related parameters in characterizing the time-, stress-, and temperature-dependent creep behaviors. The steady state creep rate (SSCR) \( \dot{\varepsilon}_{ss} \) has been widely described by the well-known Mukherjee–Bird–Dorn (MBD) equation (Mukherjee et al., 1969):

\[
\dot{\varepsilon}_{ss} = A\sigma^n \exp\left(-\frac{\Delta G}{k_B T}\right),
\]

where \( A \) is a micro/nanostructure-dependent constant; \( \sigma \), \( k_B \) and \( T \) are the applied sustained stress, Boltzmann’s constant and temperature, respectively; \( \Delta G \) is the nominal activation energy, and \( n \) is the stress exponent. According to Eq. (1), the \( \Delta G \) can be extracted once one has the experimental data of the creep rate under a sustained stress at various temperatures. The \( \Delta G \) might depend on the applied sustained stress. For example, the impression creep tests on as-cast and -aged Mg-4wt%Zn alloy at 423–523 K (Alizadeh et al., 2013) were illustrated in curves of the logarithmic SSCR versus the logarithmic punching stress and these curves showed two distinct features called the high and low-stress regimes. The zero-stress activation energies extended from nominal activation energy values were 135 kJ/mol and 92 kJ/mol, respectively, under high and low stress regimes, which were consistent correspondingly with the activation energies of stress-assisted dislocation climb controlled by the lattice diffusion and pipe diffusion, respectively, thereby illustrating the dominant creep mechanisms.

In thermodynamic analysis, the mechanical work \( (\sigma \varepsilon_v) \) reduces the nominal activation energy, where \( \sigma \) denotes tensile stress and \( \varepsilon_v \) is called the tensile stress conjugated activation volume defined by \( \varepsilon_v = -\frac{\partial \ln \sigma}{\partial \sigma} \) (Yang et al., 2016). Since the plastic deformation in metals is usually caused by shear stress, a shear stress conjugated activation volume may be introduced. In the previous work (Yang et al., 2016), von Mises shear stress \( \tau_{VM} \) for macroscopically isotropic solids was used and its value was \( \tau_{VM} = \sigma / \sqrt{3} \) for uniaxial tension. Then the von Mises shear stress conjugated activation volume can be defined by \( \varepsilon_v = -\frac{\Delta G}{\partial \tau_{VM}} = \sqrt{3} \varepsilon_v \). The von Mises shear stress conjugated activation volume, called the apparent activation volume (Zhu and Li, 2010; Zhu et al., 2007), is widely adopted (Duo et al., 2007; Lu et al., 2005; Wang et al., 2005, 2006) and also used in the previous work (Yang et al., 2016) for the convenience in comparison. In materials community, resolved shear stress \( \tau_r \) is usually employed and the value of \( \tau_r \) is linked to the uniaxial tensile stress by Taylor factor \( M \), i.e., \( \tau_r = \sigma / M \). For polycrystalline fcc metals, the Taylor factor is about 3.1 and usually approximated as 3 (Stoller and Zinkle, 2000). The resolved shear stress conjugated activation volume \( \varepsilon_r = -\frac{\Delta G}{\partial \tau_r} \) can be introduced and thus \( \varepsilon_r = MV_r \). To be consistent with previous work, the von Mises stress conjugated activation volume is determined in the present work and hereafter it is called the activation volume and denoted by \( V \) for brevity. To experimentally determine the activation volume, one should have many values of nominal activation energy and each value is determined from the SSCRs at various temperatures under a given sustained stress. Then, one can obtain the activation volume from the experimentally determined relationship between nominal activation energy and sustained stress. In the literature, however, some researchers were trying to determine the activation volume from creep tests under various sustained stresses at only one temperature, usually room temperature (RT) (Cao et al., 2012; Elmustafa and Stone, 2002; Raj and Langdon, 1989; Wang et al., 2009a, 2009b, 2011). This approach is called one-temperature approach hereafter. On one hand, it was assumed in the one-temperature approach that the effect of the applied sustained stress on the creep rate was only via the activation volume by ignoring obviously the power-law relation expressed in the MBD Eq. (1) such that the activation volume could be obtained from the data curve slope with \( V = \sqrt{3} k_B T \frac{-\ln \dot{\varepsilon}_{ss}}{\partial \sigma} \). This assumption was supported by the experimental results that experimental data of
logarithmic SSCR versus sustained stress seemed to be approximately linear (Cao et al., 2012; Elmustafa and Stone, 2002; Raj and Langdon, 1989; Wang et al., 2009a, 2009b, 2011). On the other hand, a pure power-law relation of \( \dot{\varepsilon}_0 \propto \sigma^n \) was also assumed in the one-temperature approach. This assumption was supported by experimental data of logarithmic SSCR versus logarithmic stress at a given temperature often appeared approximately linear (Ma et al., 2002; Ranganath and Mishra, 1996; Wang et al., 2009b, 2011) and thus the slope of the linearly curves was commonly treated to be the stress exponent \( n \). As pointed out in our previous work (Yang et al., 2016), it was experimental errors, which always existed in the creep and stress relaxation tests, that made the same experimental data be expressed by two linear functions, logarithmic SSCR versus stress and logarithmic SSCR versus logarithmic stress. Obviously, the theoretical basis in the one-temperature approach is inconsistent in mathematics. The one-temperature approach might lead to that the higher the temperature was, the lower the determined activation volume and stress exponent would be (Alizadeh et al., 2013; Ma et al., 2002; Ranganath and Mishra, 1996; Wang et al., 2009a). For example, the indentation creep tests on the ng-Ni with grain size of 14 nm under sustained load of 1 mN at temperatures of 348 K, 398 K and 448 K (Wang et al., 2009a), respectively, gave the stress exponent and activation volume to be 14.81 and 3.78, respectively, and 7.14 and 2.74, and 4.91 and 2.48, where \( b \) denoted the magnitude of Burgers vector. The mathematic inconsistency in the one-temperature approach might be avoided if the dependency of the nominal activation energy on stress was expressed unambiguously in the MDB Eq. (1). We did it when investigating the stress relaxation behaviors of cg, ng, and nt copper (Yang et al., 2016).

In our previous work (Yang et al., 2016), stress relaxation tests were conducted at five temperatures of 22 °C (RT), 30 °C, 40 °C, 50 °C, and 75 °C. Starting from the Arrhenius equation: \( \dot{\varepsilon}_p (\sigma, T) = \dot{\varepsilon}_0 (\sigma) \exp \left( \frac{\Delta G^0 (\sigma)}{k_B T} \right) \), Yang et al. (2016) assumed that the pre-factor \( \dot{\varepsilon}_0 (\sigma) \) and the nominal activation energy \( \Delta G^0 (\sigma) \) be independent of temperature over a certain temperature range of interest. The pre-factor \( \dot{\varepsilon}_0 (\sigma) \) might have the \( 1/T \) temperature dependency (Dieter, 1986), which is much weaker than the exponential dependency on temperature of the Arrhenius equation, especially at temperatures above RT. Within a narrow temperature range of interest, the pre-factor \( \dot{\varepsilon}_0 (\sigma) \) can approximately be treated to be temperature-independent. Using the experimental data at the five temperatures, Yang et al. (2016) initially determined the values of \( \dot{\varepsilon}_0 (\sigma) \) and \( \Delta G^0 (\sigma) \) from the Arrhenius plots under a certain stress level. The nominal activation energy was treated as the stress-independent intrinsic activation energy \( \Delta G^0 \) minus the mechanical work of stress times the activation volume, as mentioned above. The pre-factor \( \dot{\varepsilon}_0 (\sigma) \) was regarded to have a power-law relationship with applied stress with stress exponent \( n \). Thus, a novel Arrhenius equation was built-up based on the experimental data of stress relaxation at various temperatures (Yang et al., 2016):

\[
\dot{\varepsilon}_p (\sigma, T) = \dot{\varepsilon}_{00} \left( \frac{\sigma}{\sigma_0} \right)^m \exp \left( \frac{\Delta G^0}{k_B T} + \frac{\sigma V}{k_B T^{3/2}} \right),
\]

where \( \dot{\varepsilon}_{00} \) is a stress-independent parameter. The influence of grain size and twin spacing on the plastic deformation rate was absorbed by the factor \( \dot{\varepsilon}_{00} \). Comparing Eq. (2) to Eq. (1) indicates that Eq. (2) is the revised MDB equation with clear expression of the activation volume. From Eq. (2), the strain rate sensitivity parameter \( m \), defined by \( m = \frac{\partial \ln \dot{\varepsilon}}{\partial \ln \sigma} \), (Dieter, 1986), has the following relationship with the stress exponent \( n \) and the activation volume \( V \). The stress contribution to the plastic strain rate could go through two channels, (a) lowering the intrinsic activation energy by doing the mechanical work with its thermodynamic conjugate of activation volume and (b) varying the athermal stress function by changing the value of stress-dependent pre-factor \( \dot{\varepsilon}_0 \). Eq. (2) has been verified by the experimental data of stress relaxation. The present work demonstrates that Eq. (2) is also powerful in the analysis of experimental creep data.

This paper is organized as follows. Section 2 gives the experimental methods that include the synthesis methods of the used copper specimens with different microstructures, the procedure of creep tests, conducted at temperatures of RT, 40 °C, 50 °C, 60 °C, and 70 °C to investigate the time-, stress-, and temperature-dependent creep deformation, and the simulation methodology. Section 3 summarizes experimental and simulation results of creep tests, which confirm the theoretical formula of Eq. (2) to describe the time-, stress-, and temperature-dependent deformation. The relationship between the strain rate sensitivity parameter, stress exponent, and activation volume is also discussed in Section 3. Based on the determined activation parameters, and the evidences from the HRTEM and MD simulation observations, Section 4 mainly discusses the transition in the deformation mechanism from the low stress level to high stress level in the specimens. Finally, concluding remarks are given in Section 5 to summarize the academic contributions of the present work and to emphasize that nanotwinning is a novel engineering approach to improve the creep resistance of the nanostructured metals.

2. Methods

The direct current electro-deposition method was used to synthesize ng and nt sheets with ~500 μm thickness (Wang et al., 2008a, 2008b). Creep specimens were cut by electro-discharge machine from the as-deposited sheets and had dog-bone shape with 8 mm gauge length, 2.5 mm gauge width and 33 mm overall length. Double surfaces of specimens were polished with SiC papers of 400 to 1200 grits and alumina suspensions of 0.1 μm. The microstructures of the as-deposited
and crept specimens were characterized by transmission electron microscopy (TEM, JEOL 2010F) operated at 200 kV. The fracture surface morphologies of the crept specimens were observed by scanning electron microscopy (SEM, JSM-6300, JEOL) with operation voltage of 20 kV.

Uniaxial tensile creep tests were performed on a SEM-servo testing machine, which was a specially designed servo-hydraulic testing system with pulsating loads (sine wave) at 10 Hz and a maximum capacity of ± 1 kN. In the creep tests, a strain rate of $10^{-2} \text{s}^{-1}$ was adopted during the initial loading to a designed sustained stress level, and then creep strain was recorded with creep time. When the creep test in the steady state lasted for sufficient time (around 8 h), the stress was increased with the loading rate of $10^{-2} \text{s}^{-1}$ to another sustained level. Then, the creep test was carried on for ~8 h again and after that the stress level was increased again. This procedure was continuously repeated until creep fracture occurred in the tested specimen. This mode of creep tests was called the stress-jump-creep tests, which was able to accelerate the experiment procedure. The stress-jump-creep test on each specimen was isothermally conducted at a designed temperature and the highest test temperature was 70 °C, at which no evidence of grain and twin growth was observed.

The MD simulations were carried out with LAMMPS code (Plimpton, 1995) on fully dense three-dimensional (3D) ng- and nt-Cu which contains 27 Voronoi grains with random orientations and similar grain diameter of ~10 nm (see the geometry in Fig. 5(a and b)). Coherent $\Sigma_3\{111\}$ TBs of the same length as the grain size were inserted into each of the grains with random twin plane orientations and the TB spacing varied from 0.63 nm to 5.00 nm in order to explore the twin size effect. A widely accepted embedded-atom method potential was used to describe the interatomic interactions of Cu (Mishin et al., 2001). Before loading, all the simulated samples were initially thermally equilibrated for 200 ps within a Nosé–Hoover thermostat after structural optimization (Hoover, 1985; Nosé, 1984). A constant strain rate of $2 \times 10^8 \text{s}^{-1}$ was imposed for uniaxial tensile tests at 300 K. While for the creep tests, a series of sustained uniaxial tensile stresses with different magnitudes were applied to the samples. MD was conducted with an $NVT$ ensemble, here $N$ was the number of atoms. During the tensile and creep simulations, stresses were controlled by the Parrinello–Rahman technique (Parrinello and Rahman, 1981) and allowed to relax to negligible value along all directions except of the loading direction. Lattice defects in the

![Fig. 1](image_url)

Fig. 1. (a) The tensile stress–strain curves of the ng- and nt-Cu at room temperature (RT), showing that nanotwins enhance simultaneously the strength and ductility of the ng-Cu. (b) The developed stress-jump-creep tests on the ng-Cu and nt-Cu specimens under sustained stresses of 100 MPa, 150 MPa, 200 MPa and 250 MPa at temperature of 40 °C. The creep fracture occurs in the ng-Cu specimen under sustained stress 250 MPa. (c) Creep strain versus time and associated strain rate versus time from the creep test on the nt-Cu specimen under 100 MPa at 40 °C, which shows that the secondary creep stage, i.e., steady stage creep stage, with nearly constant creep strain rate has been reached after around eight-hours creep. (d) Steady state strain rates (SSCRs) of the ng-Cu and nt-Cu specimens crept at temperature of 40 °C under sustained stresses 100–250 MPa, showing that the nt-Cu possess a higher creep deformation resistance than the ng-Cu.
nanostructures were recognized by the common neighbor analysis (CNA) (Honeycutt and Andersen, 1987) or/and centrosymmetry parameter (CSP) (Kelchner et al., 1998), and the visualization was done by ATOMEYE (Li, 2003).

3. Results

3.1. Creep tests

As indicated in the previous work (Yang et al., 2016), the grain size of the twin-free ng-Cu is \( \sim 70 \text{ nm} \). In the nt-Cu the mean grain size is \( \sim 65 \text{ nm} \) and the twin lamellar thickness is \( \sim 50 \text{ nm} \). Fig. 1(a) shows the RT stress–strain curves, indicating that compared to the ng-Cu counterpart, the nt-Cu enhances the ultimate tensile strength from \( \sim 450 \text{ MPa} \) to \( \sim 650 \text{ MPa} \) and the ductility from \( \sim 4.5\% \) to \( \sim 11.5\% \). The results are consistent with the reported ones (Lu et al., 2009, 2004).

Fig. 1(b) displays experimental data (curves) of the stress-jump-creep strain versus time obtained from the ng- and nt-Cu at temperature of \( 40 \text{ °C} \) under sustained stresses of 100 MPa, 150 MPa, 200 MPa, and 250 MPa, respectively. The stress jump creep strain–time curves show apparently the stress jump and periodical fluctuation under a given sustained stress. The fluctuation was caused by sinusoid noise in the used SEM-servo-hydraulic testing machine, which was trying to maintain the preset load with a feed-back control system. Thus, the measured curves of creep strain versus time were combined by creep curves plus the sinusoid noise, which made each of the measured creep data with two enveloping curves, an upper and a lower, as shown in Fig. 1(c). The noise influence was removed out by taking the mean of the upper and lower enveloping curves as the creep curve. As an example, Fig. 1(c) presents the creep strain–time curve and the two enveloping curves of the nt-Cu specimen under the sustained stress of 100 MPa at temperature of \( 40 \text{ °C} \). The original creep data of Fig. 1(b) shows clearly that under a given sustained stress, the creep strains in the ng-Cu are always higher than the corresponding strains in the nt-Cu. Noticeably, the creep rupture occurs in the ng-Cu under stress of 250 MPa with a ductility of \( \sim 4.5\% \), whereas under the same stress level, the creep strain in the nt-Cu is lower than 3.5\%, far smaller than the RT ultimate tensile ductility. In the first two hours-creep, the strain rate is high and drops very quickly, which might be called the primary (transient) creep stage. After the primary stage, the strain rate still decreases with time within a narrow range from \( 4.12 \times 10^{-8} \text{ s}^{-1} \) to \( 1.91 \times 10^{-8} \text{ s}^{-1} \) within the creep time period from 2 to 8.8 h. Considering the slow deceleration, we might approximately regard the creep reaches the secondary creep stage, i.e., steady state creep stage, after total \( \sim 8 \text{ h} \) creep and the strain rate at \( \sim 8 \text{ h} \) might be roughly treated as SSCR \( \dot{\varepsilon}_{\text{SSC}} \). Fig. 1(d) shows the SSCRs of the ng- and nt-Cu crept at temperature of \( 40 \text{ °C} \) with the sustained stresses of 100 MPa, 150 MPa, 200 MPa, and 250 MPa, illustrating that the SSCR increases with the increase of the sustained stress for both the ng and nt-Cu. At a given stress level, the SSCR is considerably lower in the nt-Cu than that in the ng-Cu. For instance, the SSCR in the nt-Cu under sustained stress of 250 MPa is almost two orders in magnitude lower than that in the ng-Cu. Obviously, the creep behavior depends highly on the micro/nanostructure of the specimens and nanotwins increase the creep resistance of the nanostructured metals.

Fig. 2. (a–e) Creep strain–time curves of the stress-jump-creep tests on the nt-Cu at temperatures of (a) RT, (b) \( 40 \text{ °C} \), (c) \( 50 \text{ °C} \), (d) \( 60 \text{ °C} \) and (e) \( 70 \text{ °C} \), respectively. (f) The logarithmic SSCR versus applied sustained stress at temperatures of RT, \( 40 \text{ °C} \), \( 50 \text{ °C} \), \( 60 \text{ °C} \) and \( 70 \text{ °C} \), showing the low stress region (LSR), medium stress region (MSR) and high stress region (HSR).
As mentioned above, creep tests at various temperatures must be conducted to extract the values of creep characteristics including the intrinsic activation energy, activation volume, and stress exponent. Fig. 2(a-e) correspondingly shows the curves of stress-jump-creep strain versus time of the nt-Cu with a series of sustained stress jumped from 100 MPa to the fracture occurrence at temperatures of RT, 40 °C, 50 °C, 60 °C, and 70 °C, respectively. It is noted that fracture occurs under the sustained stress of 450 MPa at temperatures of RT, 40 °C and 50 °C, whereas the fracture sustained stress is 400 MPa at higher temperatures of 60 °C and 70 °C. This result is expected because creep damage is a thermally activated failure procedure. Under a given sustained stress, the higher the creep temperature is, the shorter the creep life will be. For a certain creep life, the higher the creep temperature is, the lower the applied sustained stress will be. Fig. 2(a-e) also indicate that the ultimate strain at creep fracture continually increases with the increase of creep temperature, e.g., increasing from ~11.5% at RT to ~25% at 70 °C. Fig. 2(f) shows the plots of the logarithmic SSCR versus sustained stress in the nt-Cu at temperatures of RT-70 °C. For a given temperature, the magnitude of the SSCR increases with the increase of the sustained stress. For example, the SSCR at RT increases from 9.56 \times 10^{-9} \text{ s}^{-1} to 4.57 \times 10^{-7} \text{ s}^{-1} under stress 450 MPa. And for a given sustained stress, the magnitude of the SSCR increases with increasing creep temperature. For instance, the SSCR under stress 100 MPa increases from 9.56 \times 10^{-9} \text{ s}^{-1} at RT to 4.25 \times 10^{-8} \text{ s}^{-1} at 70 °C. Fig. 2(f) implies that the creep behavior depends greatly on the creep temperature and the applied sustained stress. The curves of logarithmic SSCR versus stress might be divided into three characteristic linear regions. The first linear region occurs with low stresses (LSR) ranging from 100 MPa to 250 MPa, in which the SSCR increases very slowly with stress. The second linear region is featured by a higher slope in logarithmic strain rate versus sustained stress in comparison with that in the LSR. The second linear region might be called the medium stress region (MSR), which starts from stress 275 MPa for all creep temperatures, but the upper limit stress is 450 MPa at RT and 40 °C. 400 MPa at 50 °C, 375 MPa at 60 °C, and 350 MPa at 70 °C. Beyond the upper limit stress of MSR, the third linear region happens with relatively high stresses (HSR) and temperatures, in which the SSCR jumps from the corresponding value under the ending stress of MSR and the jump magnitude depends on the ending stress of MSR and temperature. The change from LSR, to MSR and to HSR might imply a switch in the creep mechanisms.

The SSCR $\dot{\epsilon}_{ss}$ may also be expressed by Eq. (2), which is re-written here with minor revision of the notations,

$$\dot{\epsilon}_{ss}(\sigma, T) = \dot{\epsilon}_{so}(\sigma) \exp\left( -\frac{\Delta G(\sigma)}{k_B T} \right) = \dot{\epsilon}_{so0} \left( \frac{\sigma}{\sigma_0} \right)^n \exp\left( -\frac{\Delta G_0 - \sigma V / 3}{k_B T} \right)$$

where $\sigma$ is the sustained tensile stress; $\dot{\epsilon}_{so0}(\sigma)$ and $\Delta G(\sigma)$ are the temperature-independent creep rate and the stress-dependent nominal activation energy, respectively; $\Delta G_0$ is the intrinsic activation energy at zero stress; $V$ is called the activation volume; $\dot{\epsilon}_{so0}, \sigma_0$ and $n$ are respectively the stress-independent parameter, reference stress and stress exponent. Using the experimental data in Fig. 2(f), we plot and linearly fit logarithmic SSCR versus reciprocal temperature under each of the

**Fig. 3.** (a-c) Arrhenius plots of logarithmic SSCR against the reciprocal temperature in the (a) LSR, (b) MSR and (c) HSR to determine the stress-dependent activation energy and the stress-dependent plastic deformation rate. (d) The stress-dependent activation energy versus stress with linear fitting to determine the stress-independent activation energy and the activation volume in the LSR and MSR. (e, f) The logarithmic stress-dependent plastic deformation rate versus logarithmic stress for the (e) LSR and (f) MSR with linear fitting to determine the stress exponent.
applied sustained stresses, as shown in Fig. 3(a and b). The linear fitting indicates that the Arrhenius relation of Eq. (3) holds for the creep process in the LSR and MSR over the entire range of creep temperatures. The values of $\sigma_{\Delta G}$ and $\varepsilon_{\sigma}$ are respectively determined from the slope and the intercept of the linear fitting. Then, the determined $\sigma_{\Delta G}$ is plotted against the sustained stress in Fig. 3(d), showing clearly that the $\sigma_{\Delta G}$ decreases almost linearly with increasing stress for each region of LSR and MSR. Fig. 3(d) illustrates that there is a jump in the $\sigma_{\Delta G}$ when the sustained stress is increased from Fig. 4.

### Table 1

The determined reciprocal strain rate sensitivity $1/m$, stress exponent $n$, and the term $\frac{\dot{\varepsilon}}{\sqrt{3k_B\theta}}$ in the LSR and the MSR in the nt-Cu at temperatures of RT, 40 °C, 50 °C, 60 °C and 70 °C, where the average stress $\bar{\sigma}$ is taken from the stress range in Fig. 4.

|          | RT  | 40 °C | 50 °C | 60 °C | 70 °C |
|----------|-----|-------|-------|-------|-------|
| **Low stress region (LSR)** |     |       |       |       |       |
| $1/m$    | 1.112 | 1.183 | 1.018 | 1.096 | 1.118 |
| $n$      | 0.877 | 0.877 | 0.877 | 0.877 | 0.877 |
| $\frac{\dot{\varepsilon}}{\sqrt{3k_B\theta}}$ | 0.267 | 0.252 | 0.244 | 0.237 | 0.230 |
| $\bar{\sigma}$ (MPa) | 175 | 175 | 175 | 175 | 175 |

| **Medium stress region (MSR)** |     |       |       |       |       |
| $1/m$    | 5.082 | 4.532 | 4.371 | 4.141 | 4.150 |
| $n$      | 1.716 | 1.716 | 1.716 | 1.716 | 1.716 |
| $\frac{\dot{\varepsilon}}{\sqrt{3k_B\theta}}$ | 3.072 | 2.895 | 2.677 | 2.501 | 2.335 |
| $\bar{\sigma}$ (MPa) | 353.6 | 353.6 | 337.5 | 325 | 312.5 |
250 MPa to 300 MPa, which might imply a change in the creep mechanism. Linear fitting the data of $\Delta G(\sigma)$ versus stress in each region of LSR and MSR gives the values of $\Delta G_0$ and $V$ to be $\Delta G_0 = 0.282$ eV and $V_1 = 0.63 b^3$ in the LSR, and $\Delta G_{0II} = 0.487$ eV and $V_{II} = 3.67 b^3$ in the MSR, where $b = 2.56 \text{Å}$ is the magnitude of Burgers vector of a perfect $\bar{1}10 \{111\}$ dislocation in fcc-Cu. Fig. 3(e and f) shows the almost linear relationship between $\ln(\sigma(\varepsilon))$ and $\ln(\varepsilon)$ in the LSR and MSR, respectively, and the linear fitting yields the stress exponent $n = 0.877$ in the LSR and $n = 1.72$ in the MSR. As mentioned above, the creep mechanism might change with temperature under a given sustained stress. Fig. 3(c) shows the logarithmic SSCR versus reciprocal temperature under the sustained stress of 400 MPa, indicating two linear regions of temperatures. When the creep temperature is lower than 40 °C, the $\Delta G(\sigma)$ is extracted to be 0.344 eV, while when the creep temperature is higher than 40 °C, the $\Delta G(\sigma)$ is increased to 0.992 eV.

According to the definition of strain rate sensitivity parameter $m$, Fig. 4(a) plots the curves of logarithmic SCCR versus logarithmic stress at various temperatures, indicating again that the curves can be divided into three linear regions, similar to the corresponding curves in Fig. 2(f). The two corresponding linear curves shown respectively in Figs. 4(a) and 2(f) are based on one set of experimental data, demonstrating that the same experimental data can be approximately expressed by two different functions, which must be caused by experimental errors. The determined $m$ values exhibit distinct drops between the stress regions and they are $m_L = 0.895–0.982$ in the LSR, $m_M = 0.197–0.242$ in the MSR, and $m_H = 0.076–0.094$ in the HSR. Clearly, this approach treats the $m$ as a constant at a given temperature and over a certain stress range. Based on Eq. (3), however, we shall have $\frac{1}{m} = n + \frac{\sigma V}{3kT} b^3$, which indicates that the $m$ is not a constant within a stress range, rather varies linearly with stress. The experimental errors make the $m$ approximately be a constant within a narrow stress range. Thus, a mean or representative stress in the stress range might be used to validate the relationship of $\frac{1}{m} = n + \frac{\sigma V}{3kT} b^3$, where $\bar{\sigma}$ is the mean stress in each linear region. Using all values of the reciprocal of strain rate sensitivity $1/m$, stress exponent $n$, the calculated value of $\frac{\sigma V}{3kT} b^3$ and the associated $\bar{\sigma}$ in the LSR and MSR at temperatures of RT–70 °C listed in Table 1 for the nt-Cu, we validate this relationship of $\frac{1}{m} = n + \frac{\sigma V}{3kT} b^3$. For example, we have $\frac{1}{m}(1.118) \approx n(0.877) + \frac{\sigma V}{3kT} b^3(0.23)$ with $\sigma = 175$ MPa in the LSR, and $\frac{1}{m}(4.15) \approx n(1.716) + \frac{\sigma V}{3kT} b^3(2.335)$ with $\sigma = 312.5$ MPa in the MSR at temperature of 70 °C for the nt-Cu. Moreover, based on the relationship of $\frac{1}{m} = n + \frac{\sigma V}{3kT} b^3$, and the $\sigma$ value listed in Table 1, we plot $1/m$ versus $\frac{\sigma}{kT}$ in Fig. 4(b) for the LSR and in Fig. 4(c) for the MSR to estimate the activation volume $V$ and stress exponent $n$. The determined values of $V$ and $n$ are 0.55 $b^3$ and 0.891 in the LSR, and 4.45 $b^3$ and 1.186 in the MSR, all of which are consistent
with those determined in Fig. 3(e and f). Those self-consistent analyses of the experimental data verify the relationship between the m, n and the V. Fig. 4(d) shows the logarithmic SSCR versus logarithmic stress for the ng-Cu at 40 °C, exhibiting clearly two linear regions. The linear fitting gives $m_{ng-I} = 0.465$ in the first linear region (100–200 MPa), which is smaller than $m_L$ but larger than $m_M$ in the nt-Cu. While $m_{ng-II}$ is 0.102 in the second linear region (200–250 MPa), which is smaller than $m_M$ and close to the $m_H$ in the nt-Cu. In other words, under the same level of applied sustained stress, the strain rate sensitivities in the ng-Cu specimens are always smaller than those in the nt-Cu specimens, which should be attributed to their differences in the microstructure. As statistically evented in our previous work (Yang et al., 2016) and indicated in Fig. 1(a), the nt-Cu possesses the average grain size of ~65 nm and twin spacing of ~50 nm, which are both smaller than the average grain size of ~70 nm in the ng-Cu. Many experiments have revealed the m values of $m = 0.01–0.03$ in ultrafine grained metals (Dalla Torre et al., 2002; Wei et al., 2004) and $m = 0.02–0.1$ in ng and nt metals (Chen et al., 2006; Lu et al., 2001, 2005; Wei et al., 2004), obviously different from the value of $m = 0.002–0.007$ in the cg counterparts (Follansbee and Kocks, 1988; Follansbee et al., 1984). That is, with decreases in the characteristic of grain size or twin spacing, an increase in m has been found to be common for fcc metals. In addition, experimental results also show that the m value increases with TB density. For example, the m of Cu with a high density of twin lamellar spacing of 20 nm was shown to be 0.035, which is obviously larger than $m = 0.025$ of the Cu with lower twin density and about seven times higher than that of ultrafine grained Cu without twins (Lu et al., 2005). The value of the strain rate sensitivity parameter is highly dependent on the material microstructure and then creep mechanism, which will be discussed in detail later by combing with other determined deformation parameters, HRTEM observations, and MD simulation results.

3.2. Atomistic simulated creep tests

Fig. 5(c) shows the stress–strain curves from the uniaxial tensile test simulations at 300 K on the nt-Cu with various values of TB spacing $\lambda$, where each curve is averaged on three stress–strain curves obtained on three MD models with the same grain size and $\lambda$, but different initial distributions of grain and twin orientations. This approach reduces the fluctuation in estimation of the flow stress. Fig. 5(d) shows the flow stress as a function of $\lambda$, where the flow stresses and the associated error bars are deduced from the curves shown in Fig. 5(c) in the strain range between 8% and 15%. It is noteworthy that the flow stresses of all the nt structures are larger than that of their twin-free counterpart. With decreasing $\lambda$, the flow stress experiences a Hall–Petch relationship to an inverse Hall–Petch relationship and the highest flow stress appears at $\lambda = 1.25$ nm, which agrees qualitatively with both existing experiments (Lu et al., 2009) and atomistic simulations (Li et al., 2010). Once the simulated flow stress behavior is known, the creep performance of the nt-Cu is investigated by the MD simulations. As an example, Fig. 5(e) shows typical creep curves of the nt-Cu under sustained stress of 2.00 GPa at temperature of 600 K, indicating that the creep strain decreases with the decrease of $\lambda$ until $\lambda = 1.25$ nm and then increases with $\lambda$. This phenomenon is consistent with the combined Hall–Petch and inverse Hall–Petch relationship observed in the flow stress. Fig. 5(f) shows the SSCR, which are determined empirically from the regime of the steady-state of Fig. 5(e) as a function of $\lambda$. Note that we apply very high stress in order to creep the samples within the finite MD time window, the steady states are pretty short as compared with experiments (Wang et al., 2011, 2013b; Wolf et al., 2005). As anticipated, all the nt samples creep more slowly than their twin-free counterpart and the creep rate is considerably decelerated by nanotwins with the decrease of the $\lambda$ until $\lambda = 1.25$ nm. The simulation results are consistent with the experimental findings that the nt-Cu creep slower than that of the corresponding ng-Cu. The slowest creep rate appears at $\lambda = 1.25$ nm. Actually, the twin-free, and $\lambda = 1.25$ nm nanotwinned samples set up the upper and lower bounds of creep deformation rate.

![Fig. 6](image-url). Activation energy and strain rate sensitivity parameter from the MD simulations of creep. (a) Arrhenius plot of creep rate against reciprocal temperature under applied sustained stress of 2 GPa. The slopes of the linear fitting lines indicate the nominal activation energies at stress 2 GPa. Nanotwinned sample presents larger nominal activation energy. (b) Log–log plot of creep strain rate versus stress at the creep temperature of 600 K. The inverse strain rate sensitivity parameters are determined from the slopes of these linear fitting lines.
respectively. Here the trend of creep rate versus $\lambda$ appears to be completely reversed to the flow stress versus $\lambda$, thereby illustrating that the higher the flow stress is, the slower the creep rate will be.

Fig. 6(a) shows the logarithmic $\dot{\varepsilon}_{ss}$ against temperature under sustained stress of $\sigma = 2.0$ GPa for the simulated ng and nt-Cu. The linear fitting gives the $\Delta G(\sigma)$ to be 0.42 eV in the nt-Cu ($d = 10$ nm, $\lambda = 1.25$ nm), which is larger than that of 0.32 eV in the twin-free counterpart, meaning that nanotwins enhance the $\Delta G(\sigma)$ and thus make the creep difficult. The MD derived $\Delta G(\sigma)$ in the nt-Cu is of the same order as that observed in the experiment. Fig. 6(b) illustrates the logarithmic SSCR versus logarithmic stress at temperature of 600 K for the simulated ng- and nt-Cu, in which the slope gives the reciprocal of strain rate sensitivity. We find $m = 0.076$ for the nt-Cu and $m = 0.085$ for the ng-Cu. The order of the $m$ is comparable with that determined in the HSR of the experimental creep (see Fig. 4). The results also match previous experiments on creep of an ng-Cu with grain size of 9 nm, in which the $m = 0.07$–0.12 under applied sustained indentation hardness between 1.7 GPa and 2.1 GPa (Huang et al., 2010). Because of the limited calculation capacity, the simulated creep samples were smaller in size, at higher temperature, and under higher stress, which lead to higher strain rate, in comparison with those in the creep experiments, as shown in Figs. 5(e and f) and 6(b). It might be due to the simultaneous increase in stress and strain rate that the estimated strain rate sensitivities from both experiments and simulations were comparable (Zhu and Li, 2010; Zhu et al., 2007).

4. Discussion

4.1. Deformation parameters

The deformation parameters, e.g., the activation energy, activation volume, strain rate sensitivity parameter, and stress exponent, could shed light on the mechanism of the time-, stress-, and temperature-dependent creep deformation. The revised MBD equation of Eq. (3) indicates that sufficient data of creep rates at various temperatures under a certain stress are required to initially determine the pre-factor $\dot{\varepsilon}_{so}(\sigma)$ and the stress-dependent nominal activation energy $\Delta G(\sigma)$, which are approximately treated as temperature-independent constants over a certain temperature range of interest. From the $\dot{\varepsilon}_{so}(\sigma)$ and $\Delta G(\sigma)$, respectively, one can determine the stress exponent, the stress-independent activation energy and the activation volume. The three parameters are temperature- and stress-independent intrinsic properties over certain ranges of temperature and stress. The determined creep activation parameters are all extracted from the experimental data and meanwhile verifying the revised MBD equation.

Once having the values of key deformation parameters, we are able to uncover the competing creep mechanisms. The values of $V/\Delta G_0/n/m$ for the nt-Cu are 0.65 $b^3$/0.282 eV/0.877/(0.895–0.982) in the LSR, while 3.67 $b^3$/0.487 eV/1.716/(0.197–0.242) in the MSR. The activation volume may represent a generalized area swept by a perfect dislocation during the thermally activated deformation process. Provided that the perfect dislocation sweep mechanism could be valid in all stress regions, the swept area in the LSR is 0.04 (nm)$^2$ and increases to 0.24 (nm)$^2$ in the MSR, which are too small to believe the perfect dislocation sweep mechanism. Alternately, these small swept areas suggest the deformation mechanisms of atomic diffusion, GB/TB movement, or partial dislocation activity. It is widely accepted that dislocation-mediated plastic deformation possesses a large activation volume, at the order of several hundred $b^3$ and above, while an extreme small activation volume, e.g., less than 1 $b^3$, denotes the GB diffusion mediated creep (Coble creep) or lattice diffusion mediated creep (Nabarro–Herring creep), while the former dominates diffusive creep of the ng metals. The activation volume ranging from several $b^3$ to 100 $b^3$ might be related to the dislocation cross-slip or dislocation nucleation (Dai et al., 2007, 2006; Lu et al., 2005; Wang et al., 2009b, 2011). On the other hand, dislocation-mediated plastic deformation entails an activation energy larger than 1 eV, while the activation energy for GB diffusion is smaller than 1 eV (Caille and Martin, 2003). For example, the activation energy in the ng-Ni is 1.1 eV for dislocation-mediated stress relaxation (Wang et al., 2006) and 0.2–0.7 eV for the GB diffusion (Van Wygenhoven and Caro, 1998). The activation energy for GB diffusion in the ng-Cu ranges from 0.3 eV to 0.72 eV (Cai et al., 2000; Dickenschield et al., 1991; Horváth et al., 1987). Moreover, the stress exponent of $n=1$, $n=1–2$, and $n=4–9$ might indicate the diffusion creep (Coble, 1963; Herring, 1950), GB-associated creep (Wang et al., 2011), and dislocation-mediated creep (Kassner, 2009), respectively. A highly strain rate sensitive material is expected to be ductile and even superplastic (Hutchinson and Neale, 1977). It is reported (Coble, 1963; Lüthy et al., 1979) that the dislocation-mediated plasticity results in the low strain rate sensitivity parameter ($m < 0.1$), while a strain rate sensitivity parameter around unity ($m \approx 1.0$) denotes the GB diffusion creep (Coble creep). The $m$ values ranging from 0.1 to 1 might be related to the GB sliding or grain rotation. The above determined values of stress-independent activation energy, activation volume, stress exponent, and strain rate sensitivity parameter may indicate the transition in the predominant creep mechanism in the nt-Cu, i.e., from the GB diffusion creep in the LSR to the dislocation activity-dominated deformation in the HSR. In details, the Coble creep is predominant in the LSR, as characterized by the lowest value of the intrinsic activation energy $\Delta G_0$ of 0.282 eV and the smallest activation volume less than 1 $b^3$. In the MSR, the values of $\Delta G_0/V/n=0.487$ eV/3.67 $b^3$/1.76 and the $m$ values of 0.197–0.242 might be the signs of the GB sliding or grain rotation mediated creep. As the twin planes are coherent in nature, the TB rotation is rarely to occur (Li et al., 2010), while the nucleation and motion of partial dislocations parallel to TBs, i.e., TB migration mechanism, is a deformation mechanism in nt-metals (Li et al., 2010; Lu et al., 2009). The TB migration mechanism has been proposed for the nt-Cu with the values of the deformation parameters (Yang et al., 2016), which suggests that the TB migration is the predominating mechanism in the MSR. As indicated in Fig. 3
(c), the experimental data in the HSR were only enough to determine the nominal activation energy $\Delta G(\sigma = 400 \text{ MPa})$, not sufficient to the stress-independent activation energy $\Delta G_0$ and activation volume. The determined apparent/nominal activation energy $\Delta G(\sigma = 400 \text{ MPa})$ might also suggest the creep mechanisms in the HSR. Fig. 3(c) shows two linear regions of the Arrhenius plot under stress of 400 MPa. When the creep temperature is lower than 40 °C, the extracted $\Delta G(\sigma)$ of 0.344 eV is very close to the value representing the TB migration mechanism. When the creep temperature is higher than

![Fig. 7. A creep map is constructed for the nt-Cu specimens in the LSR, MSR and HSR regions.](image)

![Fig. 8. Nanotwins impede diffusion-induced GB movement in the simulated ng-Cu. (a) The mean-squared displacement (MSD) versus time at temperatures ranging 700–1000 K, where the solid and dashed lines represent the nt-Cu and ng-Cu samples, respectively. (b) Arrhenius plot of diffusion coefficient against reciprocal temperature. (c, d) MD snapshot of the (c) ng-Cu and (d) nt-Cu samples after 1 ns diffusion at 1000 K, where atoms are colored by their centrosymmetry parameter and the white contours indicate the original GB positions.](image)
40 °C, the extracted $\Delta G(\sigma)$ is increased to 0.992 eV, which might be related to the dislocation-TB interaction. The TB migration in the MSR and the dislocation interaction with TBs in the HSR are further verified by the HRTEM and MD observations, which will be described later. For the ng-Cu specimens, the predominant creep mechanism might transit from the GB sliding or/and grain rotation in the LSR with stresses of 100–200 MPa to the dislocation-GB interaction in the MSR with stresses of 200–250 MPa. The Coble creep might predominate in the stress region lowering than 100 MPa in the ng-Cu, as the smallest mechanical driving force is needed there.

Fig. 7 shows that a creep map with deformation strain rate contours of dashed lines is constructed for the nt-Cu specimens based on the modified MBD equation of Eq. (3) and the determined activation parameters in the LSR, MSR and HSR regions. The present work suggests several mechanisms of the time-, stress-, and temperature-dependent creep deformation in the nt-Cu specimens, which are (1) Coble creep diffusion in the LSR, (2) TB migration mechanism in the MSR, (3) dislocation mediated plasticity plus TB migration mechanisms in the HSR, and (4) the mixed mechanisms in the stress transition region between the LSR and MSR. Since the HSR did not show up at creep temperatures of RT and 30 °C, the lowest stresses in the HSR are estimated, as indicated by red dash line in the figure. The creep map indicates a general trend that under high sustained stress and at low creep temperature, the dislocation mediated plasticity dominates the creep deformation and yields high strain rates, whereas low sustained stress and high creep temperature favor the TB migration and Coble diffusion mechanisms.

4.2. Resistance of nanotwins against creep deformation

The present experiments and simulations all show that nanotwins are able to effectively slow down the creep deformation. The high symmetry/coherent and low energy of TBs make the TBs very stable. As discussed above, the Coble creep, GB sliding or/and GB rotation mechanisms are dominated in the ng-Cu creep only under sustained stress lower than 200 MPa, while the Coble creep and the TB migrations might occur in the nt-Cu creep under higher sustained stress of 375 MPa. Fig. 8(a) displays the mean-squared displacement (MSD) versus time within 700–1000 K, where the MSD is calculated by tracing the time-dependent positions of all atoms and regarded as the ensemble average of a simulated system in MD. The MSD versus time is obviously the indicator of diffusion. Note the activation energy of lattice diffusion ($0.24$ eV) is much larger than that of GB diffusion in Cu ($0.6$ eV) (Wang et al., 2013a) and thus GB diffusion must be dominant in the ng-Cu and nt-Cu. Fig. 8(a) shows that the solid lines for the nt samples are always below the dashed lines for the ng counterpart, thereby indicating that TBs effectively suppress the diffusion process. The diffusion coefficient

$$D_b = D_{b0} \exp \left( -\frac{\Delta G_{\text{diff}}}{kT} \right)$$

could be given by the Einstein equation via

$$D_b = \frac{\langle \mathbf{r}(t) - \mathbf{r}(0) \rangle^2}{6t},$$

where $D_{b0}$ is a diffusion pre-exponential factor, $\Delta G_{\text{diff}}$ is the activation energy of diffusion, and $\mathbf{r}(t)$ and $\mathbf{r}(0)$ are the positions of atoms at time $t$, and $t = 0$, respectively, and $t = 1$ ns is used in the present work. Fig. 8(b) shows the Arrhenius plot of diffusion coefficient against reciprocal temperature. The GB diffusion activation energy is the same of 0.50 eV for both ng and nt-Cu, while the nt structure presents obviously a smaller diffusion pre-exponential factor ($7.75 \times 10^{-10}$ m$^2$/s) than that of twin-free sample ($4.65 \times 10^{-9}$ m$^2$/s). The MD observation is in agreement with a recent in situ TEM observation which concludes that the TBs-modified GBs slow down the atomic transport along the GBs by one order of magnitude (Chen et al., 2008). Therefore, nanotwins reduce the diffusional creep damage of nanostructured metals. Fig. 8(c and d) represents the morphologic snapshots of the MD samples after 1 ns creep, where the white profiles indicate the original positions of GBs before creep. Compared with the ng-Cu, TBs in the nt-Cu effectively suppress the GB movement, thereby indicating that TBs effectively suppress the diffusion process.

Fig. 9. Typical SEM images of the fracture surfaces, where the insets are of lower magnitude, of (a) the ng-Cu specimen stress-jump-creep fractured under 250 MPa at 40 °C and (b) the nt-Cu specimen stress-jump-creep fractured under 400 MPa at 70 °C.
i.e., suppress the GB migration and sliding, which improve the creep property and enhance the thermal stability of ng metals (Zhang and Misra, 2012).

Although nanotwins greatly suppress the GB movement, nanotwins promote the dislocation-mediated plasticity and thus delay the creep fracture. As shown in the present work, the creep fracture occurs under the sustained stress of 250 MPa in the ng-Cu, while in the nt-Cu, the creep fracture happens under the sustained stress of 450 MPa. In addition, the creep fracture strain in the ng-Cu is ~4.5% at 40 °C, obviously less than that of ~12.5% in the nt-Cu. The dislocation-GB interaction is the predominant mechanism in the plastic behavior of ng metals, because dislocations are very difficult to accumulate and pile-up in the interior of nanometer size grains. On and near GBs, wide-awake of dislocation sources might be existed to allow dislocations to nucleate readily. However, these dislocation sources are not regenerative and might be exhausted instantly upon straining (Dalla Torre et al., 2005; Koch, 2003; Wang et al., 2005), which leads to the absence of work-hardening and thus the limited ductility in ng metals. Fig. 9(a) and its inset show the typical SEM images of the creep fracture surfaces of the ng-Cu stress-jump-crept from 100 MPa to 250 MPa at temperature of 40 °C, exhibiting a "void-like" structure with low density and small size of dimples. The cups and cones (marked by yellow and white arrows), named as nano-concave and nano-convex, respectively, could be widely found with size lowering than 100 nm, which is close to the grain size of the ng-Cu. The fracture surface morphology of the ng-Cu implies that the GB diffusion/sliding is along GBs and dislocation activities are confined by GBs, which causes the stress concentrations at GBs, hence forming voids and inducing the intergranular fracture. In contrast, the TB-mediated dislocation nucleation and slip transfer reaction promote effectively dislocation-mediated plasticity in the nt-Cu. The coherent TBs resistance against dislocation motion is much more moderated in comparison with the GB-dislocation interaction. In nt metals, lattice dislocations can be readily trapped and absorbed by TBs. Besides, TBs could work as the dislocation sources as well. Depending upon the nature of the incoming reactant dislocations, the dislocation-TB interaction in nt metals may result in glissile dislocations along TBs (i.e. twinning partials), sessile dislocations or locks at TBs, and/or outgoing dislocations or stacking faults in the neighboring twin planes (Christian and Mahajan, 1995; Jin et al., 2008, 2006; Lu et al., 2005; Mahajan et al., 1970; Zhu et al., 2007). Those dislocations/faults accumulated on TBs remain mobile or/become dislocation sources because of the TB coherency. Fig. 9(b) and its inset show the typical SEM images of the fracture surface in the nt-Cu stress-jump-crept from 100 MPa to 400 MPa at temperature 70 °C, displaying that high density of fracture dimples spread uniformly and extend across most of the specimen cross-section. The dimple size is 2 μm in average, which is two orders of magnitude larger than the average twin thickness, thereby indicating that local plastic deformation is not confined by the size of nanotwins but develops to a greater scale (Zhang et al., 2008). In the nt specimens, partial and perfect dislocations can easily be emitted from the TB–GB intersections and other locations with high stress concentrations, which has been reported by the in-situ HRTEM observation on nt-Cu during mechanical tests (Lu et al., 2015). The stress concentration on TB–GB intersection has been clearly shown in our previous work (Yang et al., 2016). Moreover, a critical twin spacing was reported for the transition of

![Fig. 10. HRTEM and atomistic configurations from MD simulations about TBs migration and dislocation activities-mediated mechanisms of creep.](image)
dislocation nucleation from steps on TBs to TB/GB junctions. The moderate resistance of TBs means that dislocations easily cut through TBs, thereby resulting in high ductility. Plasticity-induced voids are finally formed with high density, giving the fracture morphology of dimples, which size could be significantly larger than the individual grains and the rim of these dimples on the fracture surface do not necessarily coincide with GBs (Kumar et al., 2003).

4.3. HRTEM and MD simulation evidences on the creep mechanisms

Fig. 10(a and b) shows respectively the bright-field TEM and its associated HRTEM images of the nt-Cu stress-jump-crept at temperature 70 °C under the sustained stress of 300 MPa for ~8 h, i.e., in the MSR. The TEM images in Fig. 10(a) and its inset show that a large amount of defects debris accumulates near the TBs, making the TBs severely strained. Fig. 10(b) gives the Fourier filtered atomic-scale image enlarged from rectangle of the inset in Fig. 10(a). The indexed Burgers circuit in Fig. 10(b) shows clearly that the accumulated defect is a Shockley partial dislocation with Burgers vector of $b = a/6[121]$, moving along the TB. The movement of Shockley partial dislocations along TBs results in TB migration and may change the original width of a twin, thereby termed as twinning or detwinning (Li et al., 2010; Wei, 2011). Fig. 10(d and e) shows respectively the bright-field TEM and the associated HRTEM images of the nt-Cu stress-jump-crept at temperature 70 °C under sustained stress of 400 MPa for ~8 h, i.e., in the HSR. The high stress creep generates high densities of tangles and networks of dislocations inside the nt-Cu, as illustrated in Fig. 10(d), and these dislocations widely pile-up and cut-off the twin lamellas. As a result, the twin is strained intensively and a low-angle GB is generated with misorientation of ~9°, as shown in the inset. Fig. 10(e) shows a Fourier filtered HRTEM image of the rectangle region in Fig. 10(d). The low-angle GB is composed by two sets of inclined perfect dislocations with Burgers vectors of $b1 = a[2\bar{1}0]_1$ on (111) planes and $b2 = a/2[101]$ on (111) planes, respectively, as shown in Fig. 10(e), which causes the geometrical misorientation (Yang et al., 2014, 2015). The discovered stress-dependent creep mechanisms are also shown by the MD snapshots in Fig. 10 (c and f).

When the applied sustained stress is relatively low, as shown in Fig. 10(c), the dominating creep mechanism is the partial dislocation nucleation from the intersection line between GB and TB and the partial dislocation propagation on (111) planes parallel to or/and within the twin plane. When the applied stress is high, the inclined dislocation nucleation governs the deformation mode, as demonstrated in Fig. 10(f). The findings of both inclined and parallel dislocations from the MD simulations and HRTEM observations are in perfect agreement with a recently proposed theory about the dislocation nucleation strengthened and softening in nt metals (Li et al., 2010) and MD simulations on nt-Cu creep (Jiao and Kulkarni, 2015).

5. Concluding remarks

In summary, the present work reports a comprehensive investigation on creep of the ng-Cu and nt-Cu, including creep tests at various temperatures with the developed stress-jump-creep test, theoretical analysis on activation parameters, HREM observations, and atomistic simulations. The comprehensive investigation indicates that the time-, stress-, and temperature-dependent creep behavior can be analytically described by the modified MDB equation, which has been verified by the experimental creep and stress-relaxation results. The present work gives the relationship between the activation volume, stress exponent, and strain rate sensitivity parameter, thereby clarifying the inconsistency in the one-temperature approach to creep data obtained under various sustained stresses but at only one temperature. The values of the deformation parameters are determined from the comprehensive investigation and the determined deformation parameters suggest the stress- and temperature-dependent mechanisms in the ng-Cu and nt-Cu creep. The results of the comprehensive investigation demonstrate that nanotwins make the ng-Cu more thermally stable and improve greatly the creep property of ng-Cu.

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