COSMIC RAY ACCELERATION IN SUPERBUBBLES AND THE COMPOSITION OF COSMIC RAYS

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Abstract. We review the evidence for cosmic ray acceleration in the superbubble/hot phase of the interstellar medium, and discuss the implications for the composition of cosmic rays and the structure and evolution of the interstellar medium (ISM). We show that the bulk of the galactic supernovae, their expanding remnants, together with their metal-rich grain and gas ejecta, and their cosmic ray accelerating shocks, are all confined within the interiors of hot, low-density superbubbles, generated by the multiple supernova explosions of massive stars formed in giant OB associations. This superbubble/hot phase of the ISM provides throughout the age of the Galaxy a cosmic ray source of essentially constant metallicity for acceleration by the shocks of many supernovae over time scales of a few Myr, consistent with both Be/Fe evolution and ACE observations of $^{59}$Ni/$^{59}$Co. We show that the expected metallicity ($>2$ times Solar) and filling factor ($>50\%$) of the superbubble/hot phase is high enough that the composition of cosmic rays accelerated from fast, supernova grains in these superbubbles is quite consistent with the both Be/Fe and cosmic ray data, while their acceleration from grains in the well-mixed cooler phases of the ISM is not consistent with observations. We also show that if the refractory cosmic ray metals come from the sputtering offast refractory grains then the accompanying scattering of ambient gas by these fast grains can also account for the relative abundance of cosmic ray volatiles.

INTRODUCTION

ACE measurements by Wiedenbeck et al. (53) of the cosmic ray $^{59}$Ni/$^{59}$Co abundance ratio and optical measurements of the Be/Fe abundance ratios in old stars, e.g. Molaro et al. (34) and Boesgaard et al. (4), have shown us that the making of cosmic rays is like the making of fine wine. Both have to be aged and blended. Cosmic rays can not be too young and fresh, because their low ratio of K-capture $^{59}$Ni to its daughter $^{59}$Co requires an age of $>10^5$ years before acceleration, and they can not be too old and diluted, because the roughly constant ratio of cosmic ray produced Be to supernova produced Fe requires the metallicity the matter from which the cosmic rays are accelerated to be roughly constant within a factor of $\sim2$. This can be achieved if the metallicity is dominated by supernova ejecta.

The cellar where all of this aging and blending happens quite naturally is the vast metal-enriched superbubble/hot phase of the interstellar medium (SB/HISM), where most supernovae occur. This can be seen from the extensive studies of Galactic and extragalactic supernovae, their progenitors and their cosmic ray accelerating remnants, and of the chemical enrichment and evolution of the interstellar medium, that we will review here with special emphasis on the metallicity and filling factor of the SB/HISM. We also discuss how ACE and other measurements of the cosmic ray composition can define these two properties in the region of cosmic ray acceleration.

The source of energy for cosmic ray acceleration is thought to be shock waves driven by the expansion energy of supernova ejecta, e.g. Blandford & Ostriker (3) and Axford (1). The power required to maintain the Galactic cosmic rays is about $10^{41}$ ergs$^{-1}$, e.g. Lingenfelter (23). The Galactic supernova rate is about 3 supernovae per century, e.g. van den Bergh & McClure (49), most of which (80 to 90%) are core-collapse (Type II and Ib/c) supernovae of relatively young (< few $10^7$ yrs) massive O and B stars; the remainder are Type Ia thermonuclear explosions of much older accreting white dwarfs. Thus, the average cosmic ray energy needed per supernova is about $10^{50}$ ergs, which requires an acceleration efficiency of about 10% from the blast wave shocks of the supernovae, since supernovae all seem to have similar ejecta kinetic energies of about $10^{51}$ ergs, e.g. Woosley & Weaver (56) and Nomoto et al. (36).

The source of the particles that are accelerated as cosmic rays and the site of their acceleration, however, are still debated. But if the energy comes from supernova shocks, the site and source of the particles clearly must
be in the material through which the shocks pass. New clues to origin of the particles come from recent measurements, e.g. Molaro et al. (34) and Boesgaard et al. (4), of Be/Fe abundances in old halo stars that show that the ratio of cosmic ray spallation produced Be relative to core-collapse supernova-produced Fe has remained roughly constant throughout the evolution of the Galaxy. This constancy requires (Ramaty, Kozlovsky & Lingenfelter (38); Ramaty, Lingenfelter & Kozlovsky (40)) that the cosmic rays be accelerated out of matter that is only partially diluted by mixing with the interstellar medium (ISM) so that it is still sufficiently enriched in supernova-synthesized metals that its metallicity did not change by more than ~2 over galactic evolution. Detailed calculations by Ramaty et al. (42) and Ramaty, Lingenfelter & Kozlovsky (41) of the production and evolution of the Galactic Be/Fe ratio clearly show that the bulk of the cosmic rays cannot be accelerated from the well-mixed ISM, as has been recently assumed, e.g. Meyer et al. (33) and Ellison et al. (11).

Just such a metal-enriched environment is where most supernovae do in fact occur and through which most of the cosmic ray accelerating, supernova shocks propagate. As we have discussed in Higdon, Lingenfelter & Ramaty (17,18), extensive observations show that the bulk of the core-collapse supernova progenitors are formed in OB associations in giant molecular clouds and that the combined winds and supernova ejecta of these stars form hot, low density superbubbles, that reach dimensions of several hundred pc and last for tens of Myr. During this time the bulk of the supernova ejecta, the supernova shocks, and their cosmic ray acceleration are all confined within the superbubble/hot phase of the ISM.

**SUPERNOVAE & THE SUPERBUBBLE/HOT ISM**

Core-collapse (Type II and Ib/c) supernovae are highly correlated in space and time, e.g. McCray & Snow (28). Such supernovae thus create giant cavities, or superbubbles, in the interstellar medium rather than many smaller, isolated bubbles, e.g. Mac Low & McCray (26) and Tomisaka (48). This is expected because 1) the massive O and B star supernova progenitors (>8 M\(_\odot\); e.g. Woosley & Weaver (56); Nomoto et al. (36)) are not distributed uniformly in interstellar space, but tend to form clusters, since the majority of these massive stars are born in the most massive (> 10\(^5\) M\(_\odot\)) molecular clouds in gravitationally unbound OB associations, while less massive clouds are destroyed by the intense UV irradiation with the birth of their first O star (McKee & Williams (30)); and 2) these stars are short-lived and slow moving; the progenitors of core-collapse supernovae have main sequence lifetimes of ~3 to 35 Myr and OB stars in associations have dispersion velocities of only ~4 km s\(^{-1}\) (Blauuw (2)), so they do not travel too far (~120 pc in 30 Myr) from their birthplaces before they die in supernova explosions. Consequently, the combined effect of these clustered supernova explosions is to create superbubbles, which expand and merge to form the hot (>10\(^6\) K), tenuous (<10\(^{-3}\) cm\(^{-3}\)) phase of the ISM with an average filling factor of ~50%, or more (e.g. Yorke (57); Spitzer (45); McKee (29); Rosen & Bregman (43); Korpi et al. (20)) of the Galactic disk (with a scale height ~100 pc) and essentially all of the corona/halo (with scale height of ~3 kpc). We discuss the spatial distribution of the SB/HISM filling factor in more detail below.

An analysis of the surface brightness distribution of the remnants of historical supernovae in our Galaxy by (Higdon & Lingenfelter (16) has shown that 85±10% of the observed Galactic supernovae occurred in the superbubble hot phase of the ISM. This is quite consistent with more extensive observations of supernovae in other late type galaxies. As discussed in detail in Higdon et al. (17), the combined observations of van Dyk et al. (51) and Kennicutt, Edgar, & Hodge (19) show that the great majority, ~90±10%, of the core-collapse supernovae in late type galaxies also occur within superbubbles, and because of the large filling factor of the superbubble, hot-phase of the ISM, half, or more, of the Type Ia should also occur within the superbubbles just by chance. Thus, since core-collapse supernovae account for 80 to 90% of all supernovae in our galaxy and Type Ia make up the remainder, roughly 80% of all supernovae occur in the superbubble hot phase of the ISM, and the bulk of the cosmic rays accelerated by their shocks are also produced there.

The observed concentration of supernovae in the SB/HISM and the subsequent cosmic ray acceleration in this hot (> 10\(^6\) K) phase also argues strongly against a first-ionization-potential (FIP) injection bias for cosmic ray enrichment which requires warm partially ionized gas, and does not work in the nearly fully ionized gas of the SB/HISM. However, the SB/HISM environment is quite consistent with cosmic ray source particle injection from the sputtering of the high velocity refractory grains formed in supernovae, see Lingenfelter, Ramaty & Kozlovsky (25) and Lingenfelter & Ramaty (24). Such a volatility bias for cosmic ray refractory metal injection from sputtering of supernova grains was first suggested by Cesarsky & Bibring (7) and it was also recently proposed by Meyer et al. (33) for shock-accelerated, ice-stripped, refractory cores of grains in the warm ISM.

The occurrence of most supernovae in the SB/HISM and cosmic ray acceleration in that hot phase also argues strongly against the mass/charge (A/Q)-dependent accel-
The bulk of the metals (elements with Z > 5) in the Galaxy have been produced by supernovae and ejected into the ISM. The relative abundances of most elements have remained relatively constant (e.g., Timmes, Woosley & Weaver (47)), because they simply reflect the IMF-averaged supernova yields which do not depend strongly on the interstellar metallicity, e.g., Woosley & Weaver (56). The averaged relative abundances of the present ISM, e.g. Savage & Sembach (44), the older (4.5 Gyr) Solar system material, e.g. Grevesse, Noels & Sauval (15), and the IMF-averaged fresh supernova ejecta, e.g. Lingenfelter et al. (25), are all within about ~10% of one another. But their overall abundance in the ISM (i.e. the interstellar metallicity) has grown steadily over time with the accumulation of fresh supernova ejecta continuously injected and mixed into the ISM. The time scale for thorough mixing is generally thought (e.g., McWilliam (31); Thomas, Greggio & Bender (46)) to be on the order of 30 to 100 Myr. This is comparable to the typical mean life of the SB/HISM reservoir into which the bulk of the supernova ejecta with a metallicity 10 times Solar (e.g. Woosley & Weaver (56)) is injected and in which the bulk of the mixing is expected to occur. Thus, we would expect significant variations in the metallicity, but not in the abundances of most elements relative to one another, within the SB/HISM as a function of the age of individual superbubbles and their generating OB associations.

The average, or equilibrium, metallicity of the SB/HISM is not known, but the supernova ejecta appear to be able to provide sufficient metals to produce a metallicity >2 times Solar, as is required (Ramaty et al. 2000b) for the cosmic ray source from the constancy of the Be/Fe abundances in old stars. This can be seen from a simple comparison of the total mass of the SB/HISM and the mass of supernova ejecta produced during the mean life of the SB/HISM. The total mass of the SB/HISM is ~ $10^8$ M$_\odot$, assuming an average, e.g. Yorke (57) and Spitzer (45), SB/HISM density of ~ $10^{-3}$ H/cm$^3$, a SB/HISM scale height of ~ 3 kpc and an effective Galactic radius of ~ 15 kpc. Taking a nominal SB/HISM mean life, or mixing time, t ~ 100 Myr, the required SB/HISM input is ~ $1 M_\odot$/yr(t/100Myr). The present Galactic SNII/Ibc rate of about 1 SN every 40 yr, producing an IMF-averaged ejecta mass of 18 M$_\odot$, gives a Galactic SNII/Ibc ejecta input of ~ 0.45 M$_\odot$/yr with a metallicity, $z_{SN}$ of 10 times Solar. If all of the remaining SB/HISM mass comes from evaporated clouds and swept up gas in the well-mixed ISM with Solar metallicity $z_{\odot}$ of 1, then the averaged SB/HISM metallicity, $z_{HISM}$ ~ [10$M_{SN}$ + (M$_{HISM}$ − M$_{SN}$)]/M$_{HISM}$, or $z_{HISM}$ ~ 1 + 9$M_{SN}$/M$_{HISM}$ ~ 1 + 4(t/100Myr). Thus the SB/HISM metallicity $z_{HISM}$ > 2 times Solar for any SB/HISM mean life, or mixing time, t > 25 Myr, consistent with the estimated values, e.g. McWilliam (31) and Thomas, Greggio & Bender (46).

Such a mixing time, or mean age, of metals from supernova ejecta in these superbubbles is more than a couple orders of magnitude longer than the minimum age (< 100 kyr) of cosmic ray source metals required by the ACE observations of Wiedenbeck et al. (53), showing that the bulk of the $^{59}$Ni had decayed (with a 110 kyr mean life) in the cosmic ray source material prior to acceleration.

Observational evidence of such supernova ejecta enriched superbubble metallicity may be found in the x-ray emission from the interiors of giant HII regions in the Large Magellanic Cloud (LMC), thought to be superbubbles powered by supernovae. The observed x-ray luminosities of these bubbles, which should scale directly with metallicity, are an order of magnitude higher than would be expected (Chu & Mac Low (8)) if they had a typical LMC metallicity of only 1/3 Solar. Thus, we suggest that the x-ray observations do in fact imply an average metallicity of roughly 3 times Solar in these superbubbles.

Such metallicities are larger than that calculated from the simple analytic superbubble model of Mac Low & McCray (26), which assumes conductive heating and evaporation of swept-up ISM as the primary source of superbubble gas and predicts an averaged metallicity of only ~ 1.1 for a ~ 50 Myr old superbubble of ~ 700 pc radius. But this model was based on several assumptions that greatly reduce the superbubble metallicity. First, the model neglected the interstellar magnetic fields that would greatly suppress the conductive heating normal to the field lines, overestimating the ISM input, and also provide additional external confining pressure, underestimating the supernova input required to generate the bubble, e.g. Tomisaka (48). In addition, the model assumed the unit density ISM extended to heights much larger than the 700 pc bubble radius, instead of the measured scale height of < 200 pc, which would greatly reduce the assumed ISM input, and moreover would allow the blow-out of the superbubble into the Galactic halo, also greatly
underestimating the supernova input required to generate the bubble. As a result of these underestimates of the required supernova power, the model was able to generate a \( \sim 50 \text{ Myr} \) old superbubble of \( \sim 700 \text{ pc} \) radius, with a very low effective rate of SNII/Ibc supernovae of only \( \sim 2 \text{ SN/Myr kpc}^2 \) in the Galactic plane. This assumed rate is only 3\% of the estimated local SNII/Ibc rate \( \sim 70 \text{ SN/Myr kpc}^2 \) (as we show below), and thus the model underestimates the supernova ejecta input by a factor of 35! When an appropriate supernova rate is used and even minimal effects of the magnetic fields and gas scale height are considered, superbubble metallicities of more that 2 times Solar would be expected.

A large fraction of the C, O and refractory metals in this ejecta may be in graphite and oxide grains, since in the core-collapse supernova 1987A roughly 0.2 M\(_{\odot}\) of this material condensed out of the cooling, expanding ejecta as high velocity (\( \sim 2500 \text{ km/s} \)) grains within 2 years after the explosion, see Kozasa, Hasegawa & Nomoto (21), and as much as 1 M\(_{\odot}\) could be expected, see Dwek (9), to condense before the ejecta is reheated and slowed by the reverse shock and the grains with a much smaller charge to mass ratio begin to move separately from the ejecta plasma. In fact, Dwek (9,10) suggests that supernova ejecta are the major source of refractory grains in the Galaxy and interactions with supernova shocks are the major cause of their destruction.

Thus, supernova ejecta and winds can be expected to dominate the metallicity and grains within the SB/HISM, where the bulk of supernova shock waves are dissipated and the bulk of cosmic rays should be accelerated. These supernova grains should therefore be the major injection source required for the cosmic ray metals, because of their high initial velocity (Lingenfelter et al. (25)) and possible subsequent acceleration (Ellison et al. (11)). Moreover, because the metallicity of the supernova ejecta is essentially independent of progenitor metallicity (Woosley & Weaver (56)), the SB/HISM can provide the essentially constant source of cosmic ray metals required by Be/Fe observations. Therefore, we would expect that throughout the age of the Galaxy, the bulk of the core-collapse supernovae occur in the metal enriched SB/HISM, and the blast wave shocks of their remnants accelerate the bulk of the Galactic cosmic rays out of the enriched gas and dust in the SB/HISM.

### FILLING FACTOR OF THE SUPERBUBBLE/HOT ISM

The hot (\( \sim 10^5 \text{ K} \)), tenuous (\( \sim 10^{-3} \text{ H/cm}^3 \)) phase of the interstellar medium is powered primarily by Galactic supernovae and formed through the merger of superbubbles, generated by the clustered supernovae in OB associations. This can be seen energetically from a comparison of the power required to maintain the pressure in the SB/HISM and that provided by Galactic supernovae, which suggests that the filling factor, i.e. the fractional volume, of the SB/HISM should be large. The total energy in SB/HISM is \( \sim 3 \times 10^{50} f_{\text{HISM}} \text{ ergs} \), assuming a SB/HISM filling factor, \( f_{\text{HISM}} \), a SB/HISM pressure of \( \sim 3 \times 10^{-12} \text{ erg/cm}^3 \), a Galactic radius of 15 kpc and a scale height of 3 kpc. For a SB/HISM mean life \( t \) of 100 Myr, the power required to maintain the SB/HISM is \( \sim 3 \times 10^{48} f_{\text{HISM}} \text{ ergs/yr}(t/100\text{Myr}) \). The Galactic SNII/Ibc rate of \( \sim 1 \text{ SN/40 yr} \) with an average ejecta energy \( \sim 10^{51} \text{ ergs/SN} \), gives a Galactic SNII/Ibc power of \( \sim 2.5 \times 10^{49} \text{ ergs/yr} \). Thus even with significant (>50\%) energy losses SNII/Ibc could completely fill \( (f_{\text{HISM}} = 1) \) the Galaxy with the SB/HISM in \( t > 25 \text{ Myr} \).

The overall Galactic average value of the filling factor of SB/HISM is, in fact, generally taken to be \( \sim 50\% \), or more, depending on the assumed Galactic scale height, e.g. Yorke (57), Spitzer (45), McKee (29). Because of the strong dependence of the SB/HISM filling factor on local supernova rates, it is thought to be high \( \sim 90\% \) in the inner Galaxy (i.e. within the Solar radius of 8.5 kpc) where most Galactic supernovae occur, as well as in the Galactic halo where the superbubbles blow-out, and low < 50\% in the outer Galaxy beyond the Solar radius where few supernovae occur.

A more qualitative estimate of the dependence of the SB/HISM filling factor on Galactic radius (see Table 1) can be made from the radial dependence of the Galactic supernova rate and the calculated filling factor versus the supernova rate.

The dependence of the SB/HISM filling factor on local supernova rates has been quantified by recent calculations of 2D hydrodynamics by Rosen & Bregman (43), and 3D magnetohydrodynamics by Korpi et al. (20). These calculations determined the filling factors of all phases of the ISM as a function of height \( z \) above the Galactic plane for a range of supernova rates. Generally these calculations suggest that the SB/HISM filling factor is lowest at the Galactic plane where the superbubble expansion is most constrained by the warm and cold phases of the ISM, and increases to \( \sim 100\% \) in the halo at large distances above the plane. For the purposes of cosmic ray acceleration and composition, what is important is the height averaged filling factor of the SB/HISM for \( |z| < 300 \text{ pc} \), which is the range of heights where most of the supernovae occur. For assumed supernova rates (adjusted to \( 10^{51} \text{ ergs/SN} \)) of 5, 20, 40 and 80 SN/Myr kpc\(^2\) in the Galactic plane these calculations give height averaged (\( |z| < 300 \text{ pc} \)) SB/HISM filling factors of \( \sim 0.1, 0.4, 0.6 \) and 0.9 respectively. This suggests that at low supernova rates (< 40 SN/Myr kpc\(^2\)) the SB/HISM filling factors within
| z |<300 pc scale roughly linearly with the supernova power, while at higher supernova rates (∼ 80 SN/Myr kpc²) the SB/HISM filling factors within | z |<300 pc reach a maximum value of ∼ 90%.

The Galactic radial dependence of the supernova rate can be estimated by normalizing the Galactic SN rate of 3 SN/100yr to the radial dependence of the surface density of either molecular clouds from Williams & McKee (54) or OB associations from McKee & Williams (30), which are proportional to one another, as we see in Table 1. Such a normalization gives a local supernova rate at the Solar distance (8.5 kpc) of about 80 SN/Myr kpc² and a peak rate at about 4 kpc of 250 SN/Myr kpc². From the calculated dependence of the filling factor on supernova rate, we thus estimate the Galactic radial dependence of the SB/HISM filling factor within | z |<300 pc, as shown in Table 1. We see that the SB/HISM is expected to fill most (∼ 90%) of the ISM within | z |<300 pc from somewhere inside of 4 kpc out to roughly the Solar distance of 8.5 kpc, decreasing thereafter with Galactic radius to ∼ 50% at 10 kpc and ∼ 10% at 12 kpc where the supernova rate is very low. As we show below, a SB/HISM filling factor of > 50% can provide a cosmic ray injection composition in the SB/HISM that is consistent with current estimates of the required cosmic ray source composition. We note that one recent estimate by Ferriere (14) of the radial dependence of the SB/HISM filling factor gives only 20% locally, but this is for a very low local supernova rate from a very steep assumed radial dependence that is not consistent with the molecular cloud and OB association observations.

A local SB/HISM filling factor of ∼ 90% would appear to be quite consistent with observations within the local kpc, see Blaauw (2) Fig. 8, which show that the Sun presently lies inside the ∼ 500 pc radius superbubble produced by the ∼ 30 Myr Cas-Tau OB association, e.g. Olano (37). This local superbubble is defined in the Galactic plane by a ring of young OB associations know as Gould’s Belt which have formed from the ring of cooling gas swept up by the superbubble. The Cas-Tau association intern is part of a larger (∼ 1 kpc radius) ring of OB associations, including Cam-1, Aur-1, Gem-1 and Mon-2, formed by an older, now vanished OB association.

### COSMIC RAY ACCELERATION IN SUPERBUBBLE/HOT ISM

These hot, low density superbubbles are the hot phase of the ISM, where shock acceleration of cosmic rays is expected, e.g. Axford (1), to be “most effective", because the energy losses of the accelerated particles are greatly reduced and the supernova shocks do not suffer major radiative losses, as they would in a denser medium. The rapid radiative loss of supernova remnant energy in the average ISM sets in at a radius of ∼ 20 pc, while the undiminished shock energy of nonradiative remnants in the superbubble hot phase expand out to radii of ∼200 pc. At full shock energy, supernovae in the low density SB/HISM expand to ∼10³ times the volume of those in the average ISM. Thus, the supernova shocks in low density, but metal enriched SB/HISM process a comparable masses of gas and for z > 2 at least twice the metals as those in the average ISM, contrary to the estimate of Ellison & Meyer (12).

Also, since the energy of supernova shocks in the SB/HISM, unlike that of shocks in the denser ISM, is
not dissipated by radiation losses before the shocks slow to sound speed, cosmic rays are accelerated in SB/HISM primarily by low Mach number shocks. Such low Mach number (e.g. <4) shocks can produce, e.g. Axford (1), the power-law index of $\sim 2.3$ required for the cosmic ray source spectrum, while the lower spectral indices ($\sim 2$) produced by high Mach number shocks in the denser ISM are not consistent with the required source value.

The observed concentration of supernovae in the superbubble hot phase and the much higher acceleration efficiency expected there clearly show that the bulk of the cosmic rays must be accelerated in the SB/HISM. Such an acceleration site also argues strongly against a first-ionization-potential (FIP) injection bias, e.g. Meyer (32), which requires warm partially ionized gas, not the highly ionized gas of the hot phase. Acceleration in the SB/HISM further argues against a mass/charge (A/Q) dependent acceleration model for the volatile elements, which Ellison & Meyer (12) argue does not work in highly ionized hot gas. As we have shown in Lingenfelter et al. (25) and Lingenfelter & Ramaty (24) and discuss further below, however, sputtering and scattering of hot gas by high velocity refractory grains from supernovae in the SB/HISM can provide a self-consistent cosmic ray injection source for both refractory and volatile elements.

The transient acceleration of low energy ($<100$ MeV/nucleon) cosmic rays (LECRs) in superbubbles has also been suggested, e.g. Bykov (5), as an alternative source of Be production in the Galaxy. To account for the measured Be/Fe evolution solely by LECRs, however, would require (Ramaty et al. (41)) that there be as much or more energy in the LECRs as there is the relativistic cosmic rays. Bykov (5) suggests that such LECRs might be accelerated in supernova shocks during the early ($<3$ Myr) stages of superbubble formation and that these LECRs are later further accelerated to relativistic cosmic ray energies by the ensemble of supernova shocks as the superbubble fully develops, e.g. Bykov & Fleishman (6). But since the energy in such LECRs persists for only a small fraction ($<10\%$) of the age ($\sim 50$ Myr) of the superbubble and then more energy is added as the LECRs become relativistic cosmic rays which persist for most of the age of the superbubble, such a model can not produce a time averaged LECR energy comparable to that of the relativistic cosmic rays. Even if the LECRs were not further accelerated to relativistic energies, comparable total energy densities in LECRs and relativistic cosmic rays would require that roughly half of the supernovae in superbubbles accelerate LCRS, but $<$5% of the superbubble supernovae occur during the first few Myr of superbubble growth when condition favorable to LECR acceleration might be expected (Bykov (5)).

### Expected Abundances of Refractory Cosmic Rays

We have shown in Lingenfelter et al. (25), Higdon et al. (17) and Lingenfelter & Ramaty (24) that the observed enrichment of the cosmic ray refractory elements can be produced by the preferential acceleration in the SB/HISM of suprathermal ions sputtered off high velocity (few $1000$ km s$^{-1}$) refractory grains, which formed as condensates in the expanding ejecta of supernovae, e.g. Kozasa et al. (21) and Dwek (9). The measured (Naya et al. (35)) broad width ($5.4\pm1.4$ keV) of the Galactic 1.809 MeV line from the decay of long-lived ($1.0\times10^6$ yr mean life) $^{26}$Al, most likely produced in Type II supernovae, e.g. Woosley & Weaver (56), clearly suggests that refractory grains, containing most of the live Galactic $^{26}$Al, are still moving at velocities of $\sim 450$ km s$^{-1}$ some $10^6$ yrs after their formation, and that the bulk of the grains are in low density superbubbles because the grains would have been stopped much earlier in the much denser average ISM. We also showed that only a very small fraction ($\sim 10^{-4}$) of the grains formed in a typical supernova need be accelerated to account for the average injection of cosmic ray metals.

The similarity of the cosmic ray source and solar abundance ratios of refractory elements, mainly Mg, Al, Si, Ca relative to Fe, simply reflects the fact that supernovae are the primary source of these elements, e.g. Timmes et al. (47), and that the SB/HISM filling factor is large where cosmic rays are accelerated, so that the bulk of the Fe grains from the SNIa also contribute to the high velocity grain population in the SB/HISM. In particular, since the Si, Mg, Al, and other refractory elements are primarily produced in core-collapse SNII/Ibc, while only about half of the Fe is made in them and the other half is made in thermonuclear SNIa's, a SB/HISM filling factor of $\sim 90\%$ leads to differences of only $\sim 5\%$ between the Si/Fe ratio in SB/HISM and the average Galactic production ratio, which determines that in the well-mixed ISM. This is well within the present uncertainties in the inferred cosmic ray source ratios shown in Table 2, where we see from a much more detailed estimate in Lingenfelter & Ramaty (24) that the injection abundances expected for cosmic ray acceleration predominantly in the SB/HISM is consistent with the present cosmic ray source ratios of Engelmann et al. (13) even for an assumed SB/HISM filling factor of only 50%. Similar small differences $< 10\%$ in relative abundances from a SB/HISM filling factor of $\sim 90\%$ would be expected for those s-process elements which appear to come primarily from the winds of less massive stars.

The estimated mean refractory abundances in supernova grains (Table 2) are based on the calculations by
Table 2. COSMIC RAY INJECTION ABUNDANCE RATIOS IN %

|          | ISMGrains | ISMCores * | SNGrains† | SBGrains** | CRInject‡ | CRSource§ | Solar¶ |
|----------|-----------|------------|-----------|------------|-----------|-----------|--------|
| C/Fe     | 690       | -?-        | 210–510   | –          | –         | 422±14    | 1122±139 |
| O/Fe     | 1400      | 400        | 320–520   | 460–690    | 455–665   | 522±11    | 2344±414 |
| Mg/Fe    | 115       | 110        | 50–150    | 90–190     | 90–185    | 103±3     | 120±4   |
| Al/Fe    | 10        | 10         | 5–16      | 8–20       | 8–20      | 7.7±1.5   | 9.8±0.3 |
| Si/Fe    | 105       | 65         | 110–170   | 105–185    | 100–175   | 99±2      | 115±4   |
| Cu/Fe    | 6         | 6          | 4–8       | 5–9        | 5–9       | 6.0±0.9   | 7.1±0.2 |
| Ni/Fe    | 6         | 6          | 6–14      | 6–9        | 6–9       | 5.6±0.2   | 5.6±0.2 |

* ISMGrains and ISMCores – HST interstellar depletion determined abundance from Savage & Sembach (44).
† SNGrains – Range of IMF averaged supernova ejecta mixes weighted with relative SNII:SNIIb:SNIIa rates of 67-75%:13-15%:0-10% from van den Berg & Tammann (50) and van den Berg & McClure (49), except for O; for the SNII and SNIIb contributions, refractory O is assumed to be bound in MgSiO, FeO, Al2O3, CaO and NiO, and for (the very small) SNIIa contribution, all the produced O is assumed bound to Fe.
** SBGrains – Modified SNGrains for 85% of SNII and SNIIb and 50% of SNIIa in superbubbles plus ISM refractory grain ISMcores for a mean superbubble metallicity range of 2–5 times that of ISM, as discussed in the text.
‡ CRInject – Galactic supernova averaged grain abundances for cosmic ray injection, taking a mix of SBGrain abundances for supernova acceleration in superbubbles and ISMCore grain abundances (without any supernova enrichment) for supernova acceleration outside the superbubbles, weighted by the relative swept-up metal masses and supernova rates, as discussed in the text.
§ CRSource – elemental abundances from Engelmann et al. (13).
¶ Solar system – elemental abundances from Grevesse, Noels & Sauval (15).

Woosley & Weaver (56), Woosley, Langer & Weaver (55) and Nomoto et al. (36) of supernova ejecta abundances for Types II, Ib and Ia, averaged over the initial mass function and supernova rates of van den Berg & Tammann (50) and van den Bergh & McClure (49), except that we assume the grain O abundance is limited to that bound in Al2O3, MgSiO3, Fe2O3, CaO and NiO. We also show for comparison, the refractory abundances in the typical, older icy interstellar grains (ISMGrains) and their refractory cores (ISMCores) recently determined by HST observations, see Savage & Sembach (44). Here we see that the Si/Fe of 65% in refractory cores of ISM grains, which Meyer et al. (33) proposed as the cosmic ray source, is not consistent with the required cosmic ray source value of 99±2%.

EXPECTED ABUNDANCES OF VOLATILE COSMIC RAYS

In addition to the sputtering of refractory ions, the interactions of the high velocity, supernova grains can also provide a simultaneous, self consistent cosmic ray injection source of H, He and other volatiles. Cesarsky & Bibring (7) suggested that high velocity grains may temporarily pick up by implantation volatile atoms from the gas through which they pass, and their subsequent sputtering could provide a source of less enriched suprathermal volatiles. We suggest a much more direct injection process for the volatiles. Since direct collisions of fast grains with ambient gas atoms and ions are thought to be the primary means of grain momentum loss, e.g. Ellison et al. (11 §2.3, we would expect that the supernova grains should simply scatter ambient H, He and other volatile atoms to the same suprathermal injection velocities as the grains and their sputtered refractory products. Such a process would, in fact, directly account for the measured cosmic ray abundance ratio by number of the refractory (including C and “bound” O) to volatile elements, i.e. (C,O,Mg,Al,Fe, etc)/(H,He, etc) = 0.010 of Engelmann et al. (13), since Ellison et al. (11 §2.4) assume that roughly 0.5%-1% of grain collisions with ambient gas atoms, predominantly scattering volatile atoms, result in the sputtering of a refractory atom from the grain surface, all of which come off with essentially the same injection velocity. Moreover, because the geometric scattering cross section increases with mass to the 2/3 power, such scattering should also lead to a mass-dependent enrichment of heavier volatiles with respect to H, as is observed in the cosmic rays, e.g. Meyer et al. (33), and which Ellison & Meyer (12) argue can not be accounted for by an A/Z dependent acceleration bias in the hot ISM.

The composition of the grain-scattered suprathermal volatiles can be further enriched by the fact that most of the supernova shocks will be interacting with grains and gas in the supernova-ejecta and progenitor-wind enriched superbubbles. Since the 22Ne/20Ne ratio in the Wolf Rayet winds of massive, supernova progenitors may exceed the solar system value by more than two or-
ders of magnitude, e.g. Maeder & Meynet (27), grain-scattering of such wind enriched could account for the high $^{22}\text{Ne}/^{20}\text{Ne}$ observed in the cosmic rays, e.g. Leske et al. (22). The existence of such a Wolf Rayet signature in the cosmic rays also provides further evidence for the acceleration of cosmic rays in the superbubble hot phase where the bulk of the massive Wolf Rayet, supernova progenitors are also confined.

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