Long-term survival correlates with immunological responses in renal cell carcinoma patients treated with mRNA-based immunotherapy

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ABSTRACT
Renal cell carcinoma (RCC) is an immunogenic tumor for which immunotherapeutic approaches could be associated with clinically relevant responses. It was recently shown, that induction of T-cell responses against multiple tumor-associated antigen (TAA) epitopes result in prolonged overall survival in RCC patients. In 2003–2005, we performed a phase I/II trial testing an mRNA-based vaccine formulation consisting of a mixture of in vitro transcribed RNA coding for six different TAAs (MUC1, CEA, Her2/neu, telomerase, survivin, MAGE-A1) in 30 metastatic RCC (mRCC) patients. In the first 14 patients, vaccinations were applied i.d. on days 0, 14, 28, and 42. In the consecutive 16 patients, an intensified protocol consisting of i.d. injections (daily on days 0–3, 7–10, 28, and 42) was used. After the respective induction periods, patients in both cohorts were vaccinated monthly until tumor progression. At survival update performed in July 2015, one of the 30 patients was still alive. One patient was lost to follow-up. Median survival of 24.5 mo (all patients) and 89 mo (favorable risk patients) exceeded predicted survival according to Memorial Sloan Kettering Cancer Center (MSKCC) risk score. Impressively, long-term survivors displayed immunological responses to the applied antigens while vice versa no patient without detectable immune response had survived more than 33 mo. The current survival update shows a clear correlation between survival and immunological responses to TAAs encoded by the naked mRNA vaccine. This is one of the first vaccination studies and the only RNA trial that reports on safety and efficacy after a follow-up of more than 10 y.

Introduction
Anticancer immunotherapies have now been performed for a century. Although considerable progress has been made in understanding the biology of immune cells involved in induction of therapeutic immunity, most vaccination strategies so far have failed to demonstrate positive correlation between the induction of specific immune responses and clinical benefit in patients. Dendritic cells (DC) represent potent antigen-presenting cells and may have the unique ability to induce, maintain, and regulate primary immune responses. These are not restricted to combat infection but also include anticancer immune responses. For example, an infiltration of tumors by DC was demonstrated to be of clinical significance in...
terms of favorable prognosis for cancers patients. Furthermore defects in DC were shown to enhance tumor progression and impair effectiveness of chemotherapy. 

Portrayal of their potential in inducing robust immune responses including anticancer immune surveillance gave rise to the development of DC-based immunotherapies. These are characterized by being mainly well tolerated and have been proven to induce tumor-specific immune responses. Multiple approaches were employed in previous studies including ex vivo loading of autologous DC with TAAs (peptide- or protein pulsing, transfection with TAA-coding mRNA, tumor lysates, etc.). Another technique is the induction of anticancer immune responses via in vivo loading of DC using TAA-derived peptides or TAA-coding nucleic acids. Because it is a safe approach, we chose to evaluate the impact of an experimental mRNA-based vaccine that is directly injected intradermally.

The deployment of TAA-coding in vitro-transcribed mRNA allows the application of different antigens and enables induction of both polyclonal CD4+ and CD8+ restricted T cells recognizing multiple epitopes. In addition, in contrast to a peptide approach, mRNA vaccines injected directly into the dermis are not limited by HLA-types. They furthermore preclude escape due to antigen loss, allow frequent vaccinations thereby boosting immune responses and avoid the often laborious DC generation or culture in vitro. At the same time mRNA can be recognized by pattern recognition receptors and may be designed to be self-adjuvanting, a property peptide- and protein-based vaccines lack. The binding to specific ubiquitously expressed RNA sensors, leads to the activation of different cells in the dermis and thereby to a strong induction of innate immunity. As the uptake of mRNA is not cell specific, different cells in the dermis can contribute to the antigen production and support its cross-presentation by professional antigen-presenting cells, which seems to be very important for efficient induction of immune response.

Although several immunotherapeutic trials employing vaccines in cancer patients are currently recruiting or have been completed, clinical benefit rarely met expectations. Many questions and problems are still unsolved including the repertory of the TAAs, the format of the antigen, the way of application, frequency of delivery, and the type of the adjuvant. Despite the fact that antitumor responses have been observed frequently in patients treated with immunotherapeutic approaches, immunological monitoring and correlation with clinical benefit remained challenging not only due to the fact that most patients enrolled in clinical trials were heavily pretreated and/or suffered from late stage cancer. Nevertheless with sipuleucel-T (Provenge) in 2010, the first cellular vaccine for the treatment of cancer (prostate cancer) was approved by the FDA. Hereupon in 2012, Walter and colleagues published promising data for the first time demonstrating a positive correlation between the induction of immunological responses against multiple tumor-associated peptides and clinical efficacy. This peptide-based vaccine (IMA901) is based on T-cell induction by in vivo loading of DC residing at the injection site and its immunogenicity was found to correlate with disease control in patients suffering from advanced kidney cancer. RCC, including renal pelvis represents a relatively rare cancer and accounts for 3.8% of newly diagnosed cancer patients per year. About 64% of patients are diagnosed at the local stage. However, despite development of various new treatment options only 12% of patients diagnosed at metastasized stage survive 5 y (National Cancer Institute, http://seer.cancer.gov/statfacts/html/kidrp.html, July 2014).

Before December 2005 when with sorafenib the first targeted therapy was approved by the FDA for treatment of advanced RCC, treatment options were limited to a few catatonic drugs or recombinant IL-2 (Interleukin 2) and Interferon (IFN)-α. The currently marketed therapies for advanced RCC include the tyrosine kinase inhibitors sunitinib, sorafenib, pazopanib, and axitinib, the mTOR inhibitors temsirolimus and everolimus, cytokine therapy with IFNα or IL-2, and the anti-VEGF monoclonal antibody bevacizumab. All comprise limitations due mainly to toxicities and mechanisms of drug resistance indicating an urgent need for the development of tolerable treatment options.

Between August 2003 and November 2005, we had performed a phase I/II study to test feasibility and safety of an mRNA-based vaccine formulation in patients with stage IV RCC. We here provide an update on long-term survival and correlative analyses of immunological and clinical responses. It is of note that this study was performed in the pre-tyrosine kinase inhibitor era.

Results

In the years 2003 to 2005, we had performed a phase I/II vaccination trial including patients suffering from advanced RCC. Patient characteristics at entry are displayed in Table 1. 30 patients were enrolled, 14 in cohort A and 16 in cohort B. Mean age of all patients was 63.5 y and ranged from 36 to 79 y. For the prediction of median survival patients were categorized in risk groups according to the MSKCC risk score, which was established in the pre-tyrosine kinase inhibitor era. 11 patients of our study population were favorable-risk and 19 intermediate-risk patients. All 30 patients had undergone nephrectomy and some had received cytokine therapy, radiation or resection of metastases as displayed in Table 1. All patients suffered from stage IV RCC at enrollment with metastases at numerous anatomic sites. In this immunotherapeutic trial in vitro transcribed naked mRNA, which was generated using plasmids coding for the mentioned TAAs was applied directly into the dermis. The vaccination schedule is depicted in our previous publication. Stabilization of metastasized disease for 3 mo or more was achieved in 50% of patients and 27% of the patients had survived more than 5 y. Importantly, immunological work-up revealed induction of CD4+ as well as CD8+ immune responses against multiple epitopes applied through the vaccine as shown by IFNγ/Enzyme-Linked Immuno Spot (ELISpot) and 51-chromium release assays. With the exception of an allergic reaction to GM-CSF in one patient, the safety profile of the vaccine was favorable.

Survival data exceed predicted survival

In July 2015, we performed a survival update. One of the 30 patients was still alive. One patient was lost to follow-up. While
MSKCC risk score predicts a median survival of 20 mo for patients with favorable risk and 10 mo for patients grouped intermediate risk, survival monitoring in our patients revealed a median survival of 89 mo (mean 73.6 mo) for favorable-risk patients and a median time to death of 13 mo (mean 25.4 mo) for intermediate-risk patients. Taken together, for the intent-to-treat (ITT) population, we observed a median survival of 24.5 mo (Fig. 1A). Of note, we performed these survival analyses from the time point of study entry, not from date of documented stage IV disease.

In order to evaluate the impact of post vaccination therapies with targeted drugs on the observed prolonged survival, we analyzed post-study treatment in our patients. As shown in Table 2, half of the patients were treated with two or more systemic therapies including one or sequentially different multi tyrosine kinase receptor inhibitors (sunitinib, pazopanib, axitinib, sorafenib). Several patients received mTOR inhibitors and two patients received bevacizumab. In addition, patients were treated with chemotherapy, radiation therapy, IFN-α, and other treatment options.

| Table 1. Patient Characteristics. | Cohort A | Cohort B |
|---------------------------------|----------|----------|
| No. of patients                 | 14       | 16       |
| Study inclusion (first patient — last patient) | August 2003–June 2004 | August 2004–November 2005 |
| Age (mean) — yr (range)         | 64.4 (36–79) | 65.2 (44–73) |
| Sex — no. (%)                   | female 3 (21) | 5 (31) |
|                                 | male 11 (79) | 11 (69) |
| Heng                            | favorable 3 | 4 |
|                                 | intermediate 7 | 12 |
|                                 | poor 4 | 0 |
| Histology                       | clear cell 9 | 14 |
|                                 | papillary 1 | 0 |
|                                 | other 4 | 2 |
| Previous therapies              | nephrectomy 14 | 16 |
|                                 | IFN 5 | 1 |
|                                 | IL-2/orotetinoin 3 | 0 |
|                                 | other therapies (including radiation, resection of metastases, alternative medicine, antiangiogenic drugs) 4 | 10 |

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Figure 1. Overall survival is depicted in Kaplan–Meier Plots (GraphPad Prism). The current update revealed median (mean) survival of 24.5 (43.1) mo for all patients included in the study based on timepoint of study entry (A). Overall survival of patients treated in cohort A versus cohort B, p = 0.9 (logrank test), Kaplan–Meier Plots (GraphPad Prism) (B). Overall survival based on the date of documented stage IV disease. Median (mean) survival reached 35.5 (55.9) mo as depicted in Kaplan–Meier Plots (GraphPad Prism) (C). Overall survival of patients with detectable immunological responses to the vaccinated TAA was significantly prolonged compared to patients with negative immunological assays (89 mo vs. 14 mo, p = 0.002, logrank test) as displayed. Of note, immunological assays could only be performed in 20 out of 30 patients (D).
The current follow-up furthermore revealed long-term survival of 7 y and more after study entry in 27% of the study population treated with this mRNA vaccine. Detailed patient characteristics of five patients surviving astonishing 9 y after study entry are shown in Table 3. Patients were diagnosed stage IV RCC between 2002 and 2005. All of them had undergone prior nephrectomy and showed metastases at multiple anatomic regions. Two patients had received no prior treatment except for nephrectomy. The other three had received INF-α, IL-2 or had undergone resection of metastases. Patients were categorized intermediate (patients 5A, 6A, 3B) and favorable risk (patients 8A, 16B) according to the Heng risk model. Study and post-study treatments of surviving patients are summarized in Table 4. Three of the five patients received several molecular targeted therapies as displayed.

Several authors published survival data of patients suffering from stage IV RCC treated in the pre- and post-targeted therapy era. 23,24 Kroeger et al. demonstrated prolonged survival from stage IV RCC treated in the pre- and post-targeted therapy era as noted by Pal, Heng, Kroeger, and colleagues (median survival according to risk factors for the whole cohorts 16, 18.8, and 20.9 mo, respectively). 23-25 Comparison of the two cohorts in our study revealed median survival of 15 mo of patients in cohort A (mean 43.9) and 28.5 mo (mean 42.4) in cohort B (Fig. 1B). As noted above, our survival data were based on the date of study entry. Due to lack of beneficial therapies before targeting drugs were available for RCC treatment, many of our patients were diagnosed stage IV disease and had remained without specific treatment long before the date of study entry. In order to correlate our survival data with published data, we performed survival analysis from date of documented stage IV disease. This evaluation disclosed an astonishing median survival of 35.5 (mean 55.9) mo (Fig. 1C).

Survival correlates with immunological response

As Walter et al. had shown clear correlation between the extent of immune response to a multi-peptide vaccine and OS for RCC patients, 19 we analyzed the effect of the induced immune responses in our patients on the survival benefit. Due to progress of disease and thus insufficient blood samples merely 20 out of 30 treated patients were eligible for evaluation of immune responses. Vaccine-induced CD4+ and CD8+ T cell responses specific for the utilized TAAs were analyzed by applying IFNγ ELISpot and 51-chromium release assays. 15 of 20 analyzed patients showed immune responses toward TAAs included in the vaccine in one or more assays revealing an immune response rate of 75%. In five analyzed patients, no

### Table 2. Post-Study Treatment (all patients).

| Treatment                      | No. of patients |
|--------------------------------|----------------|
| IFN                            | 8              |
| Sorafenib                      | 10             |
| Sunitinib                      | 12             |
| Axitinib                       | 1              |
| Pazopanib                      | 4              |
| Sirolimus                      | 2              |
| Everolimus                     | 2              |
| Temsirolimus                   | 2              |
| Chemotherapy*                  | 15             |
| Radiation                      | 11             |
| Resection of metastases        | 5              |
| Bevacizumab                    | 2              |
| Alternative medicine           | 2              |
| Post-study treatment lines     |                |
| one                            | 4              |
| two                            | 4              |
| three or more                  | 11             |

*Including Vinblastine, Gemcitabine, Capecitabine

### Table 3. Patient Characteristics Long-Term Survivors.

| Patient # | 5A | 6A | 8A | 3B | 16B |
|-----------|----|----|----|----|-----|
| Age       | 71 | 63 | 65 | 44 | 66  |
| Diagnosis of stage IV RCC | 2003 | 2002 | 2003 | 2005 | 2005 |
| Site of metastases | papillary/mixed RCC, PUL, HEP, LYM, ADR, OTH (pancreas) | clear cell RCC, PUL, OSS | clear cell RCC, PUL, LYM, PLE | clear cell/mixed RCC, PUL, LYM, PLE, BRA, OTH (suprarenal) | clear cell RCC, PUL, OSS, OTH (pancreas, bladder) |
| Age       | 1986 | July 02 | June 92 | Sept. 04 | March 97 |
| Prior treatment | none | IFN and IL2, resection of pulmonary metastases | IFN | none | resection of bladder metastasis |
| Heng model | intermediate | Intermediate | Favorable | Intermediate | Favorable |
| OS study entry (OS stage IV) | 133 (138) | 124 (143) | 126 (136) | 110 (111) | 109 (110) |
immune responses could be detected. Examples of the lytic activity of vaccine-induced T cells are displayed in Fig. 2 for three of the long-term survivors. Immunological data are extensively displayed in our previous publication.21 Thus, the induction of immune responses in patients treated with the mRNA vaccine correlated with a clinical benefit. When referred to study entry, median survival in immune responders in our trial reached 89 mo compared to merely 14 mo in patients without immune response (non-responders) and this difference in survival reached significance (p: 0.002, Fig. 1D).

Discussion
Here, we report on long-term follow-up of survival data and correlated immune responses for patients with mRCC who were treated with an mRNA-based vaccine. The primary end

Table 4. Study and Post-Study Treatment of Long-Term Survivors.

| Patient # | 5A | 6A | 8A | 3B | 16B |
|-----------|----|----|----|----|-----|
| Duration of vaccination therapy | 12 months | 29 months | 16 months | 1 month | 12 months |
| No. of vaccinations | 13 | 32 | 20 | 10 | 22 |
| Response to immunotherapy | SD | PR | SD | PD | SD |
| Post study treatment | none | | | | |
| Sorafenib | 2005–2007 | | | | 11/2006–04/2011 |
| Sunitinib | 2007–12/2010 | 08/2006–10/2012 | | | 05/2011–06/2011 |
| Pazopanib | 01/2011–09/2011 | 01/2013–08/2013 | | | 06/2011–09/2012 |
| Everolimus | 09/2012–08/2013 | | | | |
| Temsirolimus | | | | | |
| Radiation therapy | | | spine 04/2006 and 01/2013 | | spine 08/2010 hip 05/2012 |
| Others | Adrenalectomy 2006 | | | Resection of brain metastases, alternative medicine | 02/2006-09/2006 |

Figure 2. Exemplary Immunological Assays in long-term Survivors. Cytotoxic T cells (CTL) were generated out of the patients (HLA-A2-) PBMC (obtained after onset of vaccination as mentioned) by stimulation with autologous DC transfected with an RNA-Mix (containing RNA coding for the vaccinated TAAs MAGE-A1, MUC1, CEA, and survivin). After re-stimulations CTL were used as effector cells in 51-chromium release assays. These vaccine-induced CTL efficiently lysed autologous DC electroporated with the RNA-Mix as well as the tumor cell line Caki-2 (RCC, HLA-A2-) while DC electroporated with irrelevant EGFP-RNA were not lysed. K562 was used to exclude NK-cell mediated toxicity.
points defined as feasibility and safety of this vaccine consisting of an mRNA mix coding multiple TAAs and adjuvant GM-CSF were analyzed and previously published.\textsuperscript{21}

With a follow-up of 10 y, we show that the median survival of all treated patients reached 24.5 mo (mean: 43.1) when referred to study entry and astonishing 35.5 mo (mean 55.9) when referred to date of recorded stage IV disease. Despite restriction of inclusion criteria concerning performance status, organ function and exclusion of patients with detected active brain metastases, classification of our patients according to the Heng model revealed a heterogeneous cohort. Encouragingly median survival of 35.5 mo in our patients exceeded predicted survival even when the Heng model was applied, which was established and evaluated for patients treated in the post tyrosine kinase inhibitors era. Moreover, of five long-term survivors only two were at favorable risk and three at intermediate risk predicting median survival of 43.3 and 22.5 mo, respectively. Follow-up analyses revealed a survival of over 9 y in these five patients. Thus, these survival data are not due to a selection of patients according to risk factors or baseline characteristics.

In order to elucidate other possible reasons for the prolonged survival, we correlated survival between the two cohorts. Although median survival was higher in cohort B treated with an intensified induction period (28.5 in cohort B vs. 15 mo in cohort A) this difference was not significant and may in part be due to the fact that cohort B was treated later than patients in cohort A, when the first targeted therapies were available for patients after study medication. However, since merely 50\% of our patients proceeded to the treatment with one or more of the novel agents, sustained survival in our patients is presumably not exclusively associated with the efficacy of these therapies. Whether post-study regimens evoked prolonged survival can surely not be distinctively verified in this non-randomized setting and immediate comparisons to other studies are not feasible. However, as displayed above and by Harrison, Herrmann, Wahlgren, Shek, and colleagues,\textsuperscript{27-30} survival documented here exceeded survival published for patients with comparable baseline characteristics even when patients were diagnosed mRCC after approval of TKI and mTOR inhibitors. Median overall survival in our patients reached 24.5 mo after randomization and is comparable with recently published survival data of mRCC patients treated with the programmed death 1 (PD-1) checkpoint inhibitor antibody nivolumab. In contrast to our patients, Motzer and colleagues report on patients who had received at least one antiangiogenic regimen before randomization and over 50\% received systemic subsequent treatment.\textsuperscript{31} With >55\% of patients in the nivolumab group still being alive at the last follow-up (30 mo after study inclusion) long-term survival can be expected. In our trial, we observed not only a median survival of nearly 3 y but a high percentage of long-term survivors which may possibly be attributed to applied immunotherapy. 27\% of our patients survived 7 y, 17\% lived for more than 9 y, and the 10 y survival rate in this cohort is 10%.

As a next step, we compared the individual immunological data with the survival in our treated patients. Unfortunately, immunological assays could not be performed in 33\% of all patients mainly due to lack of sufficient blood samples. However, vaccine-specific immune responses could be detected in 15 of 20 patients. In these immunologically responding patients, survival was significantly prolonged with 89 mo compared to 14 mo in the patients without confirmed immune responses (p = 0.002). Induced adaptive immunity comprised CD4\(^+\) and CD8\(^+\) T cell responses against several antigens encoded by the mRNA vaccine. Neither baseline characteristics nor prognostic factors varied significantly between responding and non-responding patients. While median age slightly differed (66 y in non-responding versus 64 y in responding patients) three non-responding patients were at intermediate risk and two even at favorable risk according to MSKCC. The reason for missing ability to induce antigen-specific immune responses could not be illuminated, however no biomarker analysis or characterization of immune cell composition were performed. Although this trial was primarily performed to assess feasibility and safety, in line with data obtained after peptide vaccination, prolonged survival after treatment with our mRNA vaccine also showed a clear correlation with in vitro detectable immunological responses to the applied TAAs. Hence, this proof of principle study suggests that long-term clinical responses can be achieved by induction of CD4\(^+\) and CD8\(^+\) T cells after an mRNA-based immunotherapy. Importantly, this is one of the first vaccination studies and the only RNA trial that reports on safety and efficacy after a follow up of more than 10 y. In this vaccination trial, we used a direct intra dermal application of free unmodified mRNA allowing vaccination independently of the patients HLA-type. However, recent data had shown that protamine-complexed (two component) mRNA seems to be more effective and increases antigen expression and immune stimulation.\textsuperscript{15} These self-adjuvanting mRNA-based vaccines, applied without any additional adjuvant, induce an efficient and protective immune response in mice, consisting of antigen-specific CD4\(^+\) T cells, CD8\(^+\) T cells, and B cells.

Further trials with an increased number of patients and extensive immunological monitoring are essential to further prove the predictive power of vaccine-induced immune responses. In addition, incorporation of protamine-complexed RNA and more potent adjuvants such as TLR or RIG-I ligands as well as combinations with targeted therapies (like sunitinib) and monoclonal antibodies blocking CTLA-4 or PD-1/PD-L1 interaction will be included in the next immunotherapy protocol in order to improve the efficacy of the mRNA-vaccine approach.\textsuperscript{32}

**Material and methods**

Material and Methods are extensively described in our previous publication.\textsuperscript{21}

**Study design**

In this phase I/II trial, a formulation of naked mRNA coding for the TAAs survivin, MUC1, Her-2/neu, CEA, telomerase, and MAGE-A1 was administered intradermally. The mRNA in the formulation was transcribed from DNA (collaboration with Curevac GmbH, Tuebingen, Germany). GM-CSF (granulocyte macrophage colony-stimulating factor) applied subcutaneously served as an adjuvant. Patients suffering from advanced RCC with prior therapy or untreated patients could be included. Inclusion criteria comprised histological confirmation of RCC, bi-dimensionally measurable lesions (thus all patients are stage IV), an interval of at least 6 weeks to last therapy, a Karnofsky
score of >70%, and absence of severe hepatic or renal impairment. Patients with history of further malignancies, pregnancy, severe heart disease, and brain metastases were not eligible. Physical examination, computed tomography (CT) scans and laboratory testing was performed prior to the first vaccination in every patient. The clinical protocol complied with the regulations of the Declaration of Helsinki and had been approved by the local institutional ethics committee at Eberhard-Karls-University Tuebingen, Germany. Furthermore, written informed consent was gained from each patient before study inclusion. Evaluation of safety and feasibility were the primary end points. Secondary endpoints comprised analysis of immunological responses as well as possible antitumor activity. The injection schedule is displayed in our previous publication. The injection schedule is displayed in our previous publication.

**Evaluation of immune response**

In order to evaluate vaccine-induced immune responses, patients’ peripheral blood was drawn before the first injection and at various time points during study treatment. Immune assays including INFγ ELISpot assays and cytotoxic T-lymophocyte assays were performed using cryopreserved PBMCs from the different time points simultaneously after the end of treatment as described previously.21 CD4+ and CD8+ immune responses specific for the applied antigens were considered significant when a stimulation index of ≥ 2 was detected for two or more TAA-derived peptides in the CD4+ and CD8+ ELISpot assays at least one time point after initiation of study treatment as compared to the number of spots before vaccination. Those data were reported in our previous manuscript.21 Furthermore, antigen-specific lytic activity of vaccine-induced T cells was evaluated after in vitro restimulation in 51-chromium release assays.

**Correlative analyses**

For presentation of correlative analyses, we used the Kaplan–Meier method and logrank test (GraphPad Prism 4.03). A p value of < 0.05 was considered significant. Update of survival data was based on information given by patients, their physician, or family members.

**Disclosure of potential conflicts of interest**

I. Hoerr: Employment and Leadership Position at Curevac GmbH, Role Held: Managing Director, Stock Ownership: Curevac GmbH. I. Hoerr has a patent null issued. H.-G. Rammensee is stock shareholder at Curevac. S. Pascolo was founder and CSO for Curevac but left the company in 2006 and has no longer any link to the company.

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