**Supplementary Table 1.** Medications used by patients with MDD

| Category | Name       | Number (%) | Categorical total |
|----------|------------|------------|-------------------|
| SSRI     | Paroxetine | 11 (29.7%) | 21 (56.8%)        |
|          | Fluoxetine | 6 (16.2%)  |                   |
|          | Escitalopram | 4 (10.8%) |                   |
| SNRI     | Duloxetine | 6 (16.2%)  | 9 (24.3%)         |
|          | Venlafaxine | 3 (8.1%)   |                   |
| Misc.    | Mirtazapine | 2 (5.4%)   | 7 (18.9%)         |
|          | Lithium    | 2 (5.4%)   |                   |
|          | Trazodone  | 1 (2.7%)   |                   |
|          | Agomelatine | 1 (2.7%)   |                   |
|          | Valproate  | 1 (2.7%)   |                   |

MDD: major depressive disorder; SNRI: serotonin–norepinephrine reuptake inhibitor; SSRI: selective serotonin reuptake inhibitor