Rapid Activation of Transforming Growth Factor $\beta$–Activated Kinase 1 in Chondrocytes by Phosphorylation and K$^{63}$-Linked Polyubiquitination Upon Injury to Animal Articular Cartilage

Heba M. Ismail,1 Athanasios Didangelos,2 Tonia L. Vincent,1 and Jeremy Saklatvala1

Objective. Mechanical injury to cartilage predisposes to osteoarthritis (OA). Wounding of the articular cartilage surface causes rapid activation of MAP kinases and NF-κB, mimicking the response to inflammatory cytokines. This study was undertaken to identify the upstream signaling mechanisms involved.

Methods. Cartilage was injured by dissecting it from the articular surface of porcine metacarpophalangeal (MCP) joints or by avulsing murine proximal femoral epiphyses. Protein phosphorylation was assayed by Western blotting of cartilage lysates. Immunolocalization of phosphorylated activating transcription factor 2 (ATF-2) and NF-κB/p65 was detected by confocal microscopy. Messenger RNA (mRNA) was measured by quantitative reverse transcriptase–polymerase chain reaction (qRT-PCR). Receptor associated protein 80 (RAP-80) ubiquitin interacting motif agarose was used in a pull-down assay to obtain K$^{63}$-polyubiquitinated proteins. Ubiquitin linkages on immunoprecipitated transforming growth factor $\beta$–activated kinase 1 (TAK-1) were analyzed with deubiquitinases.

Results. Sharp injury to porcine cartilage caused rapid activation of JNK and NF-κB pathways and the upstream kinases MKK-4, IKK, and TAK-1. Pharmacologic inhibition of TAK-1 in porcine cartilage abolished JNK and NF-κB activation and reduced the injury-dependent inflammatory gene response. High molecular weight species of phosphorylated TAK-1 were induced by injury, indicating its ubiquitination. An overall increase in K$^{63}$-linked polyubiquitination was detected upon injury, and TAK-1 was specifically linked to K$^{63}$- but not K$^{48}$-polyubiquitin chains. In mice, avulsion of wild-type femoral epiphyses caused similar intracellular signaling that was reduced in cartilage-specific TAK-1–null mice. Epiphyseal cartilage of MyD88-null and TRAF-6–null mice responded to injury, suggesting the involvement of a ubiquitin E3 ligase other than TRAF-6.

Conclusion. Activation of TAK-1 by phosphorylation and K$^{63}$-linked polyubiquitination by injury indicates its role in driving cell activation. Further studies are needed to identify the upstream ubiquitination mechanisms, including the E3 ligase involved.

Traumatic injury to vascular tissues causes inflammation and wound healing, but how tissues sense mechanical injury is not understood. A prevailing view is that sterile inflammation is promoted by damage causing release of intracellular materials such as ATP, S100A proteins, heat-shock proteins, and high mobility group box chromosomal protein 1, the latter acting via Toll-like receptors (TLRs) to induce an inflammatory response (1–6). In this view, normal constituents released from damaged or stressed cells act as mediators analogously to microbial pathogen–associated molecular patterns and have been termed damage-associated molecular patterns (DAMPs). The cellular players have not been characterized, but it would follow that macrophages would respond to DAMPs and orchestrate inflammation.

We have studied the effects of mechanical injury on articular cartilage because such injury predisposes to osteoarthritis (OA). Simply cutting the articular cartilage surface from porcine metacarpophalangeal (MCP) joints...
has been shown to cause rapid intracellular signaling with activation of NF-κB, MAP kinases, protein kinase B, and Src, followed by induction of inflammatory response genes (9). The response resembled those elicited by bacterial lipopolysaccharide (LPS) or inflammatory cytokines such as interleukin-1 (IL-1) and tumor necrosis factor (TNF), but we found no soluble mediator arising from the injured tissue to explain it. An interesting feature was that cutting the cartilage again in culture, having allowed the first response to die down, did not induce the full range of inflammatory signaling, but induced only activation of ERK, due to release of pericellular fibroblast growth factor (7,10,11). Thus, the tissue in vivo had an alarm that was activated by injury but was not reset in culture. Fresh tissue is therefore needed for experiments.

Synovium is a vascular connective tissue that has a variety of cell types, but shows the same pattern of intracellular signaling upon cutting injury (9), suggesting that the response is generic. After working with porcine tissue, we studied mice to see if their response was the same. It is not possible to make discrete scalp injuries to murine articular cartilage in quantities sufficient for analysis. Instead, we avulsed the proximal femoral epiphysis from 5-week-old animals. This injury shears through the cartilaginous growth plate. The same pattern of activation of MAP kinases, NF-κB, and inflammatory response genes as was seen in porcine tissue occurred (12).

The role of inflammation in OA is uncertain, but since mechanical injury predisposes to OA and directly activates inflammatory signaling, it seemed important to understand the molecular mechanism of the response. Further evidence of the relevance of inflammatory signaling is that the MAPK/JNK pathway controls aggrecan degradation by chondrocytes (13), and in OA induced by destabilizing the knee, JNK-2-null mice showed reduced aggrecan degradation and slower disease progression (14).

The inflammatory triggers whose mechanisms are best understood are LPS, IL-1, and TNF. These signal via their receptors through transforming growth factor β-activated kinase 1 (TAK-1) (15,16). TAK-1 is bound to TAB-1 (17–19), which binds to K63-linked polyubiquitin chains whose formation is triggered by activation of the receptors. Binding of the TAK-1/TAB-1 complex to K63-polyubiquitin chains facilitates TAK-1 autophosphorylation and activation (20,21). The γ subunit of the IKK complex also binds to K63-polyubiquitin. TAK-1 then activates the IKKs and MAP kinase kinases.

In LPS and IL-1 signaling, the K63-polyubiquitination is carried out by TNF receptor–associated factor 6 (TRAF-6), a ubiquitin E3 ligase, working in conjunction with the E2 complex Ubc13/Uev1A, and E1 (22,23). TLR-4 (the LPS receptor) and IL-1 receptor (IL-1R) are homologous and when liganded interact with the adaptor protein myeloid differentiation factor 88 (MyD88). IL-1R–associated kinases bind to these receptor complexes and activate TRAF-6. The K63-polyubiquitin chains formed may be free or attached to proteins, including TRAF-6 itself, IRAK, and TAK-1 (24). TNF receptor type I also signals via TAK-1 but uses TRAF-2 and TRAF-5 as E3 ligases (25). K63-polyubiquitination causes proximity-induced signaling (26) in contrast to K48-polyubiquitination, which targets proteins for degradation (27).

In this study, we have shown that mechanical injury to cartilage activates NF-κB and MAP kinases via TAK-1, that there is formation of K63-polyubiquitin chains, and TAK-1 is a target. The polyubiquitination pattern after injury is distinct from that caused by either IL-1 or TNF, and TRAF-6 is not involved. Thus, chondrocytes respond directly to local mechanical injury of cartilage with signaling and gene expression characteristic of inflammation, which is driven by an unidentified ubiquitin E3 ligase and could cause cartilage destruction in OA.

MATERIALS AND METHODS

Reagents and antibodies. Anti–TAK-1 (catalog no. D94D7), anti–MKK-4 (catalog no. 9152S), anti–phospho–MKK-4T261 (catalog no. 9151S), anti–IκB (catalog no. 4814S), anti–phospho–IκB, Ser32/36 (catalog no. 9246), anti–phospho–p38-T180/Y182 (catalog no. 9211S), anti–phospho–TAK-1-T184/187 (catalog no. 45085), anti–phospho–IKKα/β-Ser176/180 (catalog no. 16A6), and anti–phospho–activating transcription factor 2 (ATF-2)–Thr71 (catalog no. 9221) were from Cell Signaling Technology. Anti–phospho–JNK-pTpY183/185 (catalog no. 44682G) was obtained from Invitrogen. Anti–T-ERK (catalog no. sc-94), anti–NF-κB–p65 (catalog no. Sc-372), anti–TAK-1 (catalog no. sc-7162), and anti–phospho–TAK-1-S192 (catalog no. sc-130219) were from Santa Cruz Biotechnology. Anti-ubiquitin–Lys-63–specific antibody (catalog no. 05-1308) was from Millipore. Myelin basic protein (MBP; catalog no. M1891) and anti–phospho–ERK (catalog no. M9692) were from Sigma. A ubiquitin chain restriction enzyme analysis (UbCREST) kit (catalog no. K-400) was obtained from R&D Systems, and γ32P-ATP was obtained from PerkinElmer. TAK-1 inhibitor 5z-7-oxozeanol (catalog no. 3604) was from Tocris.

Cartilage injury and culture. Porcine cartilage. Articular cartilage was obtained from the MCP joints of the forefeet of freshly slaughtered 3–6-month-old pigs purchased from a local abattoir. Forefeet were first decontaminated in 2% Virkon, then equilibrated at 37°C. MCP joints were first injected with 5 μM TAK-1 inhibitor (2 ml/joint) or DMSO in Dulbecco's modified Eagle's medium. In some experiments, joints were first injected with 5 μM TAK-1 inhibitor (2 ml/joint) or DMSO in Dulbecco's modified Eagle's medium and then equilibrated at 37°C for 1 hour before dissection.

Murine femoral epiphysis. Mice (5–6 weeks old) were culled by cervical dislocation. Injury to the cartilaginous epiphysis was induced after section of the acetabulofemoral ligament.
by avulsing the epiphysis with forceps as previously described (12). The epiphysial cartilage was either snap-frozen or cultured for various amounts of time in serum-free medium.

Porcine and murine cartilage samples were then lysed in 1× radioimmunoprecipitation assay (RIPA) buffer for Western blotting or used for RNA extraction and inflammatory gene expression analysis as previously described (9).

**TAK-1 immunoprecipitation.** Protein G magnetic beads (Invitrogen) were washed with 1× RIPA buffer. TAK-1 was then immunoprecipitated from cartilage lysates using TAK-1–specific antibody (1:250) overnight at 4°C in the presence of 50 µl/ml protein G magnetic beads, with rotation. Beads were then centrifuged and washed with 1× RIPA buffer, and immunoprecipitates were analyzed by Western blotting or kinase activity was assessed by UbicREST assay.

**TAK-1 kinase assay.** TAK-1 was immunoprecipitated from cartilage lysates as described above (~0.5 gm cartilage per time point). Beads were washed 3 times in 1× RIPA buffer and washed once in 50 mM Tris HCl (pH 7.5). Beads were then resuspended in 25 µl of freshly prepared kinase buffer (50 mM Tris HCl [pH 7.5], 100 µM MgCl2, 100 µM Na3VO4, 2 mM EDTA, 1 µM microcystin, and 10 µM ATP) supplemented with 2 µg of MBP as substrate and 5 µCi γ32P-ATP. Reactions were carried out at 30°C for 30 minutes and then terminated by adding 15 µl of 5X sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS-PAGE) sample buffer and boiling for 5 minutes. Samples were then analyzed by SDS-PAGE, and the amount of 32P incorporated into MBP was assessed by autoradiography and quantified by phosphorimaging (FujiFilm FLA-5100 phosphorimager).

**Pull-down assay for polyubiquitinated proteins using receptor associated protein 80 (RAP-80) ubiquitin interacting motifs (UIMs).** UIMs in RAP-80 preferentially bind K48-linked ubiquitin. RAP-80–UIM resin was equilibrated by washing with 1× RIPA buffer. Fifty microliters of washed resin was incubated with 1 ml of cartilage lysates overnight at 4°C with rotation. RAP-80 resin was then centrifuged at 2,800 revolutions per minute for 3 minutes at 4°C and washed 3 times with 1× RIPA buffer. Beads were resuspended in 1× sample buffer, and the bound proteins were analyzed by Western blotting using anti–K48 ubiquitin-specific antibody.

**Ubiquitin chain restriction enzyme analysis.** A UbicREST kit was used to identify the type of ubiquitin linkages bound to TAK-1, according to the recommendations of the manufacturer. Briefly, TAK-1 was immunoprecipitated from cartilage lysates as described above. Cartilage lysates from 3 joints were used for each set of assays. Immunocomplexes were then washed 3 times with RIPA buffer and 1 time with deubiquitinase dilution buffer. Beads were then divided into 9 equal parts. In 50 µl deubiquitinase buffer aliquots, 5 µl of a deubiquitinase was added to each tube and incubated for 30 minutes at 37°C. Tubes were then centrifuged, and supernatants were used for primary analysis by SDS-PAGE and silver staining of released ubiquitin chains, while the beads were analyzed for the efficiency of deubiquitinase enzyme cleavages by Western blotting. The deubiquitinase enzymes have the following linkage specificity: OTUD3 cleaves K6- and K16-linked polyubiquitin; CEZANNE cleaves K11-, linked polyubiquitin only; Hs6-TAR-BID cleaves K26, K33-, and K63-linked polyubiquitin; otubain 1 (OTUB-1) cleaves K48-linked polyubiquitin only; GST-AMSH cleaves K63-linked polyubiquitin only; YOD1 cleaves K6-, K16-, K26-, and K33-linked polyubiquitin; OTULIN cleaves linear polyubiquitin only; and USP2 cleaves most ubiquitin linkages (used as a positive control).

**NF-κB and phospho–ATF-2 immunofluorescence staining.** Full-thickness porcine cartilage explants were snap-frozen in liquid nitrogen immediately after completion of the experiment (immediately after injury for time point 0 and immediately after incubation for the 30-minute time point). Explants were then cryosectioned using a cryostat (CM-1900; Leica Microsystems) operated at −20°C. Cartilage sections were air dried at room temperature for 1 hour, fixed with 4% paraformaldehyde in 1× phosphate buffered serum (PBS) for 20 minutes, and then washed briefly with 1× PBS. Cells were permeabilized with 0.2% Triton X-100 in 1× PBS for 20 minutes. Sections were blocked in 10% goat serum for 1 hour and then incubated with primary antibodies (1:100) overnight at 4°C. Following incubation, sections were washed with 1× PBS, incubated with Alexa Fluor 488–conjugated secondary antibodies for 2 hours and 2 µg/ml propidium iodide, and then washed and mounted in 50% glycerol in 1× PBS. Signals were visualized by Ultraview confocal microscopy (Nikon Eclipse TE2000U).

**Animals.** C57BL/6 (wild-type) mice were purchased from Charles River. MyD88-null and TAK-1 (MAP3K7)loxP-flanked (floxed) mice were originally acquired from The Jackson Laboratory. The CreER aggrescan promoter line (28) was generated at the Kennedy Institute by George Bou-Gharios. Animal experiments were performed after ethics and statutory approval was obtained in accordance with local policy. Mice were maintained at 21°C in standard, individually ventilated cages holding 4–6 mice per cage.

**TRAF-6-null animals were generated at the Institute of Medical Science, University of Tokyo, and distributed from RIKEN BioResource Center. In TRAF-6-knockout mice, a 2.5-kb genomic fragment was replaced with a neomycin selection cassette. Heterozygous animals were used for breeding. Homozygous TRAF-6-mutant mice have been reported to exhibit severe osteoporosis and abnormal immune cell development and function, and die within ~2 weeks after birth (29). In our experiments, homozygous offspring were very sick with breathing difficulties. In some instances there were no homozygous offspring.**

**TAK1 (TAK1fl/fl;AggCreER) cartilage-specific–knockout mice were generated by crossing floxed TAK-1 mice (TAK1fl/fl, B6;129S7-Map3k7tm1Mds/J) with AggCreER (floxed) mice. All mice were on a C57BL/6J background, and their genotype was determined by polymerease chain reaction (PCR). Mutation of TAK-1 and incorporation of aggrescan Cre was confirmed by PCR using the following primer sets: for TAK-1, forward 5’-AGCTCGCC-TGGTAGTGGTGTTT-3’ and reverse 5’-GCCCACAAGTGAA-TCTGAAA-3’; for AggCre, forward 5’-GCATTACCGTGACAACAGTGTGAAG and reverse 5’-GAGTGAAACGAA-CCTGTTCGAAATTCGAGTCC.

All mice (floxed, controls, and crossed lines) were injected intraperitoneally with tamoxifen (50 mg/kg) for 3 consecutive days at age 4–5 weeks. Two weeks after the last injection, mice were used in injury experiments. Loss of TAK-1 was confirmed by Western blotting.

**RESULTS**

Rapid activation of the NF-κB and JNK pathways and their upstream regulators in response to cartilage injury. Dissection of porcine MCP joint cartilage from the articular surface induced rapid activation of
the NF-κB pathway. Phosphorylation of IKK was seen within 30 seconds and was maximal after 30 minutes. This was associated with degradation of IκB. IκB was resynthesized between 10 and 30 minutes, and the newly synthesized protein was phosphorylated and degraded (Figure 1A). Injury also rapidly activated the JNK pathway (Figure 1B). MKK-4, a JNK activator, was phosphorylated by 1 minute, JNK itself by 2 minutes, and its substrates ATF-2 (Figure 1B) and c-Jun (results not shown) by 5 minutes. In addition, the 2 other MAP kinases, p38 and ERK, were phosphorylated within 30 seconds of injury (Figure 1B).

To determine whether activation of NF-κB and JNK is propagated through the tissue, the extent of translocation of the p65 subunit of NF-κB from cytoplasm to nucleus (Figure 1C), and the presence of phosphorylated ATF-2 (Figure 1D), were analyzed by confocal microscopy of the deep, middle, and superficial zones of the cartilage ex vivo at time point 0 and 30 minutes after dissection and culture. The cut was made through the deep zone, so chondrocytes at the cut surface lie along the bottom of the deep zone panels shown in Figures 1C and D. NF-κB p65 appears green in the cytoplasm and yellow in nuclei. Before injury, the majority of p65 was cytoplasmic (Figure 1C). The percentage of cells
in which more than half of the nuclear area was yellow (an arbitrary measure of NF-κB activation) is also shown in Figures 1C and D. After injury, increased nuclear translocation of NF-κB p65 was seen throughout the deep and middle zones (Figure 1C), with the percentage of positive cells increasing 2 and 4 times, respectively. Phosphorylation of ATF-2 (shown in yellow) was seen in nuclei and was much more pronounced in the deep and middle zones following injury, with the percentage of positive cells increasing by 2.5 and 4 times, respectively (Figure 1D).

**TAK-1 is activated upon cartilage injury and inhibition of TAK-1 abolishes injury-dependent inflammatory gene expression.** TAK-1 activates JNK and NF-κB in response to inflammatory stimuli. To investigate the role of TAK-1 in injury, we analyzed its phosphorylation at T187 in the activation loop in lysates of cartilage made after increasing times

Figure 2. Cartilage injury leads to activation of transforming growth factor β-activated kinase 1 (TAK-1), and inhibition of TAK-1 abolishes injury-dependent inflammatory gene expression. A, Porcine metacarpophalangeal (MCP) joints were equilibrated at 37°C for 1 hour. Articular cartilage was dissected and either snap-frozen or kept in serum-free medium for the indicated times. Cartilage was then washed with 1× phosphate buffered saline and lysed in radioimmunoprecipitation assay buffer. Lysates were analyzed by Western blotting (WB) for phospho-TAK-1 (ph-T187), phospho-JNK, and ERK. B, A TAK-1 activity assay was carried out as described in Materials and Methods to confirm TAK-1 activation. IP = immunoprecipitation; ph-MBP = phospho–myelin basic protein. C and D, Porcine MCP joints were injected with 5 μM TAK-1 inhibitor 5z-7-oxozeanol (OXO) or DMSO (vehicle [V]), as described in Materials and Methods, and kept at 37°C for 1 hour. Joints were then opened and cartilage was dissected and snap-frozen (time point 0 minutes) or cultured for the indicated times with or without TAK-1 inhibitor. Cartilage lysates were analyzed for phospho-JNK and total ERK (T-ERK) (C) and for IκB and total ERK (D). E, Cartilage was snap-frozen (time point 0 hours) or kept at 37°C for 4 hours with or without 5 μM TAK-1 inhibitor (OXO). RNA was extracted from the tissue and used in quantitative reverse transcriptase–polymerase chain reaction studies of a panel of typical inflammatory response genes. Bars show the mean ± SEM of 3 independent experiments. * = P < 0.05, ** = P < 0.01, by unpaired t-test. NS = not significant; COX-2 = cyclooxygenase 2; IL-6 = interleukin-6; MMP-3 = matrix metalloproteinase 3; iNOS = inducible nitric oxide synthase; TNF = tumor necrosis factor. Color figure can be viewed in the online issue, which is available at http://onlinelibrary.wiley.com/journal/doi/10.1002/art.39965/abstract.
following dissection. Western blotting showed that TAK-1 was phosphorylated by 2 minutes after injury (Figure 2A). TAK-1 activation was confirmed by radiolabeled kinase activity assay. For that assay, TAK-1 was immunoprecipitated from lysates and assayed on MBP substrate. Incorporation of 32P from radiolabeled ATP was measured by autoradiography. Phosphorylation of MBP was induced by TAK-1 from lysates made 5 and 10 minutes after injury (Figure 2B), confirming activation.

Next, we used a TAK-1 inhibitor, 5z-7-oxozeanol (30), to see if inhibiting TAK-1 affected injury-dependent activation of JNK and NF-κB and downstream gene induction. Porcine MCP joints were injected with TAK-1 inhibitor or vehicle and kept at 37°C for 1 hour. The joints were then opened and cartilage was dissected and immediately snap-frozen (time point 0 minutes) or cultured for various amounts of time, with or without 5z-7-oxozeanol. The TAK-1 inhibitor abolished JNK phosphorylation (Figure 2C) and IkB degradation (Figure 2D) following injury. It also reduced induction of mRNAs for injury-inducible genes (Figure 2E).

Detection of higher molecular weight species of phosphorylated TAK-1 in injured cartilage. On Western blotting of lysates for phosphorylation of TAK-1 T187, higher molecular weight phosphorylated species of ~180 kd and 250 kd were seen in addition to the ~80 kd form (Figure 3A). An antibody recognizing both T187 and T184 phosphorylation showed a more complex pattern suggestive of laddering, with the ~180 kd species being most pronounced (Figure 3A). Phosphorylation of TAK-1 at S192, which is also needed for maximal activation, was examined. The ~80 kd band was induced by injury, but the ~180 kd form was the major species, while the largest species was not clearly discerned (Figure 3A). These complex patterns suggested additional posttranslational modifications of TAK-1, such as ubiquitination.

There was some increase in TAK-1 protein levels (Figure 3A), possibly due to increased stability of TAK-1 protein following injury.

Overall increase in K63-linked polyubiquitination in articular cartilage upon injury. To investigate the involvement of ubiquitination, lysates were made from injured porcine MCP cartilage, and K63-polyubiquitinated proteins were obtained using a pull-down assay with beads conjugated with RAP-80–UIM. Proteins pulled down with RAP-80–UIM beads were analyzed by Western blotting with antibodies to K63-linked ubiquitin. There was increased K63-polyubiquitin chain formation within 5 minutes after injury (Figure 4A). A smeared pattern was observed, suggesting that a number of proteins may be ubiquitinated. The increase was also observed by immunohistochemistry with anti-K63 ubiquitin antibody in porcine cartilage sections (Figure 4B). TAK-1 was detected in the Rap-80 UIM pull-down assay (Supplementary Figure 1, Figure 3.

**Figure 3.** Higher molecular weight (Mwt) species of phosphorylated transforming growth factor β–activated kinase 1 (TAK-1) in injured porcine and murine cartilage. A, Porcine metacarpophalangeal joints were processed as described in Figure 1. Cartilage was then dissected and either snap-frozen (time point 0 minutes) or cultured for 5 or 10 minutes. Cartilage lysates were analyzed by Western blotting for TAK-1 phosphorylated at T187 (ph-T187), T184/T187, and S192, phospho-JNK, and total ERK (T-ERK; loading control). B, Murine proximal femoral epiphyses (2 per time point) were subjected to avulsion injury, and were then either snap-frozen (time point 0 minutes) or cultured for 5 or 10 minutes in serum-free medium. Epiphses were analyzed by Western blotting for phospho–TAK-1, phospho-JNK, and total ERK (loading control) as described in A. Representative results from 4 independent experiments are shown. NS = nonspecific.
A UbiCREST kit was used to compare ubiquitin chain linkages attached to the TAK-1 that was phosphorylated upon injury with those formed during IL-1 and TNF stimulation. The kit uses a panel of linkage-specific deubiquitinases to analyze the linkages present in polyubiquitin chains conjugated to a substrate protein (31). TAK-1 was immunoprecipitated from porcine cartilage lysates made 10 minutes after injury or treatment with IL-1 or TNF. Following deubiquitinase treatment, supernatants were analyzed by SDS-PAGE and silver staining for the released ubiquitin (primary analysis), and the beads were Western blotted with anti-ubiquitin antibody for conjugated ubiquitin (secondary analysis).

A strong polyubiquitin signal was observed in AMSH lanes (Figure 5B), indicating K63-polyubquitination of TAK-1. However, no detectable signal was present in the OTUB-1 lane, indicating that injury did not induce K48-polyubquitination of TAK-1. Similarly, OTULIN produced no detectable mono- or polyubquitin chains, demonstrating that TAK-1 was not ubiquitinated by linear (Met1) linkages in response to injury. Polyubquitin chains were also detected in the OTUB2-positive control lane. Comparing this pattern of TAK-1 polynubquitination with those induced by IL-1 and TNF (Figure 5B), we observed that the cytokines induced a strong polyubquitin signal in AMSH and OTUB-1 lanes, indicating that TAK-1 is linked to K63- and K48-polyubquitin.

OTULIN showed a positive signal of femoral epiphysis in cartilage-specific TAK-1–deficient mice. Since there was an overall increase in K63-polyubquitination in response to injury, we investigated whether TAK-1 is K63-polyubquitinated. TAK-1 was immunoprecipitated from porcine cartilage lysates made at time point 0 or 10 minutes after dissection. Immunocomplexes were analyzed by Western blotting with anti-K63 ubiquitin antibody and then reprobing with anti-phospho-TAK-1 antibody. Injury to porcine MCP joint cartilage caused K63-polyubquitination and phosphorylation of TAK-1 in lysates made after injury (Figure 5A).

**Figure 4.** Increased K63-linked polyubquitin in injured porcine articular cartilage. Porcine metacarpophalangeal (MCP) joints were equilibrated at 37°C for 1 hour. A, Cartilage was dissected and either snap-frozen (time point 0 minutes) or cultured for the indicated times. K63-linked ubiquitin (UB-K63) proteins were obtained from cartilage lysates using a pull-down assay with receptor associated protein 80 (Rap80)-ubiquitin interacting motifs (UIMs) as described in Materials and Methods, and proteins bound to the beads were analyzed by Western blotting (WB) with an anti-K63-linked ubiquitin antibody. Lysates were analyzed by Western blotting with anti-phospho-JNK (Ph-JNK) and total ERK (T-ERK). Representative results from 3 independent experiments are shown. B, Porcine MCP cartilage sections (5–7 μm) were deparaffinized, rehydrated, and treated for 10 minutes with proteinase K for antigen retrieval. Endogenous peroxidase activity was blocked with 3% H2O2 for 10 minutes, followed by blocking with avidin–biotin for another 10 minutes. Sections were then blocked for 2 hours at room temperature with 10% goat serum in phosphate buffered saline, and incubated overnight at 4°C with anti-K63 ubiquitin antibody (1:50 dilution). Sections were washed and then incubated for 2 hours in the dark with secondary antibodies conjugated with streptavidin. Antibody binding was visualized using a Vectastain kit and DAB Peroxidase Substrate Kit (Vector). Slides were then counterstained with hematoxylin and mounted with DPX. Original magnification × 10. Color figure can be viewed in the online issue, which is available at http://onlinelibrary.wiley.com/journal/doi/10.1002/art.39965/abstract.

Available on the Arthritis & Rheumatology web site at http://onlinelibrary.wiley.com/doi/10.1002/art.39965/abstract.

**TAK-1 from injured cartilage is linked to K63-polyubquitin but not to K48- or linear polyubquitin as in TNF- or IL-1-stimulated cartilage.** Since there was an overall increase in K63-polyubquitination in response to injury, we investigated whether TAK-1 is K63-polyubquitinated. TAK-1 was immunoprecipitated from porcine cartilage lysates made at time point 0 or 10 minutes after dissection. Immunocomplexes were analyzed by Western blotting with anti-K63 ubiquitin antibody and then reprobing with anti-phospho-TAK-1 antibody. Injury to porcine MCP joint cartilage caused K63-polyubquitination and phosphorylation of TAK-1 in lysates made after injury (Figure 5A).
caused a pattern of TAK-1 phosphorylation and laddering similar to that seen in porcine tissue (Figures 3A and B). To confirm the importance of TAK-1, a mouse line expressing CreER under control of an aggrecan promoter was crossed with a TAK-1 floxed mouse line. Treatment of the progeny with tamoxifen led to a cartilage-specific deletion of TAK-1 (constitutive knockout of TAK-1 is fatal to the embryo). Avulsion of femoral epiphyses from these animals showed that TAK-1 was needed for JNK activation (Figure 6A). This corroborated the results of the experiments with the inhibitor in porcine cartilage (Figure 2C). Western blotting of the mouse epiphyseal lysates showed that avulsion also caused polyubiquitination (Figure 6B).

Figure 5. Analysis of polyubiquitin chains linked to transforming growth factor β–activated kinase 1 (TAK-1) in injured cartilage compared to that stimulated with interleukin-1 (IL-1) or tumor necrosis factor (TNF). Porcine metacarpophalangeal joints were processed and cartilage lysates were prepared as described in Materials and Methods. A, TAK-1 was immunoprecipitated (IP) and analyzed by Western blotting (WB) for K63-linked ubiquitin (UB-K63) or for TAK-1 phosphorylated at T187. B, TAK-1 was immunoprecipitated from injured cartilage, cartilage stimulated with IL-1 for 10 minutes, and cartilage stimulated with TNF for 10 minutes. Immunocomplexes bound to beads were washed and then divided into 9 tubes and used in ubiquitin chain restriction enzyme analysis as described in Materials and Methods. A different deubiquitinase (DUB) was used in each tube as indicated. After incubation, supernatants were electrophoresed and gels were stained with silver to detect released ubiquitin chains (primary analysis). Asterisks indicate the position of recombinant deubiquitinase enzymes. +VE = positive. C, TAK-1 was immunoprecipitated from injured cartilage and then treated with AMSH or otubain 1 (OUTB-1) deubiquitinases as in B (primary analysis). Supernatants were analyzed by silver staining, and beads were mixed with 1× sample buffer and analyzed by Western blotting with anti-ubiquitin antibody (secondary analysis). Representative results from 3 independent experiments are shown. Color figure can be viewed in the online issue, which is available at http://onlinelibrary.wiley.com/journal/doi/10.1002/art.39965/abstract.
To investigate whether TRAF-6 is involved in injury-dependent JNK activation, TRAF-6–null mice were generated (29). Homozygous null animals lived a maximum of 9–10 days and represented 10% of the offspring. Avulsion experiments on TRAF-6<sup>2/2</sup>, TRAF-6<sup>2/1</sup>, and wild-type animals were performed on day 6. JNK was activated by injury in all groups (Figure 6C), ruling out TRAF-6 as the major injury-induced E3 ligase.

MyD88 links signals from TLRs and IL-1R1 to TRAF-6 and downstream signaling. To investigate its possible involvement in injury-dependent TAK-1 activation, we tested MyD88-null mice. The absence of MyD88 had no effect on TAK-1 activation or MAPK signaling caused by avulsion (Figure 6D), indicating that Toll/IL-1 receptors do not mediate the response, consistent with the findings of the TRAF-6 experiments.

**DISCUSSION**

The speed with which injury to cartilage activated signaling in chondrocytes in the present study was striking: IKK, IkB, ERK, and p38 MAP kinase were phosphorylated within 30 seconds. Phosphorylation of MKK-4 was detectable by 1 minute, JNK by 2 minutes, and ATF-2 by 5 minutes. Activation was propagated from the site of the cut made in the deep zone of the porcine MCP cartilage up
into the mid-zone, a distance of ~20 chondrocyte lacunae (the tissue is ~40 cells deep). Although we were unable to identify any soluble factor released from damaged cartilage to explain the effect, we cannot exclude the possible role of a highly unstable factor. The signal could be propagated between chondrocytes if there were connections between them. Chondrocytes appear solitary in their lacunae, but recent studies have shown long cytoplasmic extensions crossing the extracellular matrix, possibly enabling communication through gap junction channels formed by connexin 43 (32,33). However, it is still not understood how the cells sense the damage. The cell membrane is linked to the extracellular matrix, and it is possible that connective tissue cells directly detect changes in tension of the collagen fiber network.

To elucidate the upstream mechanism of this response, we investigated TAK-1, because it mediates cell activation by several inflammatory stimuli. Injuring porcine or murine cartilage activated TAK-1. TAK-1 inhibition blocked NF-κB and JNK activation and injury-induced gene expression. In mice, knocking out TAK-1 in cartilage prevented JNK activation in response to epiphyseal avulsion. Taken together, these findings showed that TAK-1 plays an essential role in mediating the immediate response to injury.

Injury caused phosphorylation of TAK-1 at T187 and S192 in both porcine and murine tissues, and it was present in high molecular weight forms, suggesting its ubiquitination. We found that K63-polyubiquitination was occurring in the porcine cartilage upon injury and that TAK-1 itself was K63-polyubiquitinated.

We used deubiquitinases to analyze the ubiquitin chains on TAK-1. Injury induced K63, but not K48- or linear polyubiquitination, while stimulation by IL-1 or TNF caused both K63- and K48-polyubiquitination. In addition, IL-1 caused linear polyubiquitination. These distinct patterns suggest that the injury-induced ubiquitin E3 ligase may be distinct from TRAF-6 and TRAF-2, which are induced by IL-1 and TNF, respectively. Further analysis is required to detect the sites in TAK-1 ubiquitinated by injury. K63-polyubiquitination occurs on TAK-1 at K158 and K562 in response to various stimuli including LPS, IL-1, and TNF, and both sites are involved in the activation of the kinase (22,23,34–37). However, TAK-1 can be activated by unanchored and linear polyubiquitin (38,39).

TAK-1 is activated by other injuries in other tissues. It was phosphorylated in satellite cells upon skeletal muscle injury induced by barium chloride and promoted myofiber regeneration (40). TAK-1 was also activated in brain injury following experimental subarachnoid hemorrhage or trauma, and its inhibition reduced downstream signaling and neurologic deficits (41,42).

Since TRAF-6 is the E3 ligase mediating a number of stimuli, we investigated TRAF-6-knockout mice. Few viable homozygous null offspring were obtained, but their femoral epiphyses showed JNK activation upon avulsion. Epiphyses from MyD88-knockout animals also responded to injury, indicating that TLRs and IL-1R have no major role in the response. These results, taken together with the differences in TAK-1 ubiquitination caused by cytokines and injury, suggest involvement of an E3 ligase other than TRAF-6. Besides TRAF-2, E3 ligases known to generate K63-polyubiquitin include tripartite motif-containing protein 25 (TRIM-25) (43), TRIM-8 (44), and mind bomb 2 (45). The E2-conjugating enzyme is also unknown. Research on E2 and E3 enzymes involved in TAK-1 activation is limited, and proteomics analyses are needed to detect the enzymes involved in the injury response.

### Development of cartilage injury model

**Strengthening the cartilage matrix model**

Our study demonstrates that TAK-1 plays a critical role in mediating the immediate response to injury. Inhibition of TAK-1 blocks NF-κB and JNK activation in response to epiphyseal avulsion. These findings support the use of TAK-1 inhibition as a potential therapeutic strategy for preventing cartilage injury.

**Understanding the role of ubiquitination**

Further analysis of the ubiquitin chains on TAK-1 is necessary to identify the E3 ligases involved in its activation. The injury-induced ubiquitin E3 ligase may be distinct from TRAF-6 and TRAF-2, which are induced by IL-1 and TNF, respectively. Identifying the E2-conjugating enzyme will be crucial in understanding the role of ubiquitination in TAK-1 activation.

**Conclusion**

In summary, our study highlights the importance of TAK-1 in mediating the immediate response to cartilage injury. The identification of the E3 ligases and E2-conjugating enzyme involved in TAK-1 activation is essential for the development of targeted therapeutic strategies for preventing cartilage injury.

### References

1. Chen GY, Nunez G. Sterile inflammation: sensing and reacting to damage. Nat Rev Immunol 2010;10:826–37.
2. Manson J, Thiernermann C, Brohi K. Trauma alarmins as activators of damage-induced inflammation. Br J Surg 2012;99 Suppl 1:12–20.
3. Hirsgser S, Simmen HP, Werner CM, Wanner GA, Rittirsch D. Danger signals activating the immune response after trauma. Mediators Inflamm 2012;2012:5195941.
4. Kawai T, Akira S. The role of pattern-recognition receptors in innate immunity: update on Toll-like receptors. Nat Immunol 2010;11:373–84.
5. Didangelos A, Puglia M, Iberl M, Sanchez-Bellot C, Roschitzki B, Bradbury EJ. High-throughput proteomics reveal alarmins as amplifiers of tissue pathology and inflammation after spinal cord injury. Sci Rep 2016;6:21607.
6. Donato R, Cannon BR, Sorci G, Riuzzi F, Hsu K, Weber DJ, et al. Functions of S100 proteins. Curr Mol Med 2013;13:24–57.
7. Vincent T, Hermansson M, Bolton M, Wait R, Saklatvala J. Basic FGF mediates an immediate response of articular cartilage to mechanical injury. Proc Natl Acad Sci U S A 2002;99:8259–64.
8. Gruber J, Vincent TL, Hermansson M, Bolton M, Wait R, Saklatvala J. Induction of interleukin-1 in articular cartilage by explantation and cutting. Arthritis Rheum 2004;50:2539–46.
9. Watt FE, Ismail HM, Didangelos A, Peirce M, Vincent TL, Wait R, et al. Src and fibroblast growth factor 2 independently regulate signaling and gene expression induced by experimental injury to intact articular cartilage. Arthritis Rheum 2013;65:397–407.
10. Vincent TL, Hermansson MA, Hansen UN, Amis AA, Saklatvala J. Basic fibroblast growth factor mediates transduction of
mechanical signals when articular cartilage is loaded. Arthritis Rheum 2004;50:526–33.

11. Vincent TL, McLean CJ, Full LE, Peston D, Saklatvala J. FGF-2 is bound to perlecain in the pericellular matrix of articular cartilage, where it acts as a chondrocyte mechanotransducer. Osteoarthritis Cartilage 2007;15:752–63.

12. Chong KW, Chanalaris A, Burleigh A, Jin H, Watt FE, Saklatvala J, et al. Fibroblast growth factor 2 drives changes in gene expression following injury to murine cartilage in vitro and in vivo. Arthritis Rheum 2013;65:2346–55.

13. Ismail HM, Yamamoto K, Vincent TL, Nagase H, Troebberg L, Saklatvala J. Interleukin-1 acts via the JNK-2 signaling pathway to induce aggrecan degradation by human chondrocytes. Arthritis Rheumatol 2015;67:1826–36.

14. Ismail HM, Miorla-Zarebska J, Troebberg L, Tang X, Stott B, Yamamoto K, et al. JNK-2 controls aggrecan degradation in murine articular cartilage and the development of experimental osteoarthritis. Arthritis Rheumatol 2016;68:1165–71.

15. Yamaguchi K, Shirakabe K, Shibuya H, Irie K, Oishi I, Ueno N, et al. Identification of a member of the MAPKKK family as a potential mediator of TGF-β signal transduction. Science 1995;270:2008–11.

16. Dai L, Aye Thu C, Liu XY, Xi J, Cheung PC. TAK1, more than just innate immunity. IUBMB Life 2012;64:825–34.

17. Shibuya H, Yamaguchi K, Shirakabe K, Tonegawa A, Gotoh Y, Ueno N, et al. TAB1: an activator of the TAK1 MAPKKK in TGF-β signal transduction. Science 1996;272:1170–92.

18. Takaesu G, Kishida S, Hiyama A, Yamaguchi K, Shibuya H, Irie K, et al. TAB2, a novel adapter protein, mediates activation of TAK1 MAPKKK by linking TAK1 to TRAF6 in the IL-1 receptor signal transduction pathway. Mol Cell 2006;5:649–58.

19. Ishitani T, Kishida S, Hyodo-Miura J, Ueno N, Yasuda J, Waterman-Storer CM, et al. The TAK1-NLK mitogen-activated-protein kinase cascade cascade functions in the Wnt5a/Ca(2+) pathway to antagonize Wnt/β-catenin signaling. Mol Cell Biol 2003;23:131–9.

20. Singhirunnusorn P, Suzuki S, Kawasaki N, Suiki S, Sakurai H. Critical roles of threonine 187 phosphorylation in cellular stress-induced rapid and transient activation of transforming growth factor-β-activated kinase 1 (TAK1) in a signaling complex containing TAK1-binding protein TAB1 and TAB2. J Biol Chem 2005;280:7359–68.

21. Yu Y, Ge N, Xie M, Sun W, Burlingame S, Paes AK, et al. Phosphorylation of Thr-178 and Thr-184 in the TAK1 T-loop is required for interleukin (IL)-1-mediated optimal NfκB and AP-1 activation as well as IL-6 gene expression. J Biol Chem 2008;283:24497–505.

22. Fan Y, Yu Y, Mao R, Zhang H, Yang J. TAK1 Lys-158 but not Lys-209 is required for IL-1β-induced Lys63-linked TAK1 polyubiquitination and IKK/NF-κB activation. Cell Signal 2011;23:660–5.

23. Fan Y, Yu Y, Shi Y, Sun W, Xie M, Ge N, et al. Lysine 63-linked polyubiquitination of TAK1 at lysine 158 is required for tumor necrosis factor α- and interleukin-1β-activated IKK/NF-κB and JNK/AP-1 activation. J Biol Chem 2010;285:5347–60.

24. Chen ZJ. Ubiquitination in signaling to and activation of IKK. Immunol Rev 2012;246:95–106.

25. Au PY, Yeh WC. Physiological roles and mechanisms of signal- ing by TRAF2 and TRAF5. Adv Exp Med Biol 2007;597:32–47.

26. Sun L, Chen ZJ. The novel functions of ubiquitination in signal- ing. Curr Opin Cell Biol 2004;16:119–26.

27. Chau V, Tobias JW, Bachmair A, Marriott D, Ecker DJ, Gonda DK, et al. A multiquitin chain is confined to specific lysine in a targeted short-lived protein. Science 1989;243:1576–83.

28. Lo Cascio L, Liu K, Nakamura H, Chu G, Lim NH, Chanalaris A, et al. Generation of a mouse line harboring a bi-transgene expressing luciferase and tamoxifen-activatable creER(T2) re- combinase in cartilage. Genesis 2014;52:110–9.

29. Naito A, Azuma S, Tanaka S, Miyazaki T, Takaki S, Takatsu K, et al. Severe osteopetrosis, defective interleukin-1 signalling and lymph node organogenesis in TRAF6-deficient mice. Genes Cells 1999;4:353–62.

30. Ninomiya-Tsuji T, Kajino T, Ono K, Ohtomo T, Matsumoto M, Shiina M, et al. A resorcylic acid lactone, 5Z-7-ozoneanol, prevents inflammation by inhibiting the catalytic activity of TAK1 MAPK kinase. J Biol Chem 2003;278:18485–90.

31. Hospenthal MK, Mevissen TE, Komander D. Deubiquitination-based analysis of ubiquitin chain architecture using Ubiquitin Chain Restriction (UbiCRest). Nat Protoc 2015;10:349–61.

32. Mayan MD, Carpineto-Fernandez P, Gago-Fuentes R, Martinez-de-Ibarzuya O, Wang HZ, Valiunas V, et al. Human articular chondrocytes express multiple gap junction proteins: differential expression of connexins in normal and osteoarthritic cartilage. Am J Pathol 2013;182:1337–46.

33. Knight MM, McGrashen SR, Garcia M, Jensen CG, Poole CA. Articular chondrocytes express connexin 43 hemichannels and P2 receptors: a putative mechanoreceptor complex involving the primary cilium? J Anat 2009;214:275–83.

34. Mao R, Fan Y, Mou Y, Zhang H, Fu S, Yang J. TAK1 lysine 158 is required for TGF-β-induced TRAF6-mediated Smad-independent IKK/NF-κB and JNK/AP-1 activation. Cell Signal 2011;23:2227–7.

35. Lamb A, Chen J, Blanke SR, Chen LF. Helicobacter pylori activates NF-κB by inducing Ubc13-mediated ubiquitination of lysine 158 of TAK1. J Cell Biochem 2013;114:2284–92.

36. Fan Y, Shi Y, Liu S, Mao R, An L, Zhao Y, et al. Lys48-linked TAK1 polyubiquitination at lysine-72 downregulates TNFα-induced NF-κB activation via mediating TAK1 degradation. Cell Signal 2012;24:1381–9.

37. Chen IT, Hsu PH, Hsu WC, Chen NJ, Tseng PH. Polynuclear tobubination of transforming growth factor β-activated kinase 1 (TAK1) at lysine 562 residue regulates TLR4-mediated NFκB and JNK/AP-1 activation. J Biol Chem 2010;282:209–17.

38. Xia ZP, Sun L, Chen X, Pineda G, Jiang X, Adhikari A, et al. Direct activation of protein kinases by unanchored polyubiquitin chains. Nature 2009;461:114–9.

39. Emmerich CH, Ordureau A, Strickson S, Arthur JS, Pedrioli PG, Komander D, et al. Activation of the canonical IKK complex by K63/M1-linked hybrid ubiquitin chains. Proc Natl Acad Sci U S A 2013;110:15247–52.

40. Ogura Y, Hindi SM, Sato S, Xiong G, Akira S, Kumar A. TAK1 modules satellite stem cell homeostasis and skeletal muscle repair. Nat Commun 2015;6:10123.

41. Zhang D, Yan H, Li H, Hao S, Zhuang Z, Liu M, et al. TGF-β-activated kinase 1 (TAK1) inhibition by 5Z-7-ozoneanol attenuates early brain injury after experimental subarachnoid hemorrhage. J Biol Chem 2015;290:19900–9.

42. Zhang D, Hu Y, Sun Q, Zhao J, Cong Z, Liu H, et al. Inhibition of transforming growth factor β-activated kinase 1 confers neuroprotection after traumatic brain injury in rats. Neuroscience 2013;238:209–17.

43. Gack MU, Shin YC, Joo CH, Urano T, Liang GN, Sun L, et al. TRIM25 RING-finger 3 ubiquitin ligase is essential for RIG-I-mediated antiviral activity. Nature 2007;446:916–20.

44. Li Q, Yan J, Mao AP, Li C, Ran Y, Shi H, et al. Tripartite motif 8 (TRIM8) modulates TNFα- and IL-1β-triggered NF-κB activation by targeting TAK1 for K63-linked polyubiquitination. Proc Natl Acad Sci U S A 2011;108:19341–6.

45. Koo BK, Lim HS, Song R, Yoon MJ, Yoon KJ, Moon JS, et al. Mind bomb 1 is essential for generating functional Notch ligands to activate Notch. Development 2005;132:3459–70.