Diagnosis and management of hepatic artery in-stent restenosis after liver transplantation by optical coherence tomography: A case report

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Abstract
BACKGROUND
Percutaneous transluminal angioplasty and stenting represent an effective treatment for hepatic artery stenosis after liver transplantation. In the first year after stenting, approximately 22% of patients experience in-stent restenosis, increasing the risk of artery thrombosis and related complications, and 50% experience liver failure. Although angiography is an important tool for diagnosis and the planning of therapeutic interventions, it may raise doubts, especially in small-diameter arteries, and it provides low resolution rates compared with newer intravascular imaging methods, such as optical coherence tomography (OCT).

CASE SUMMARY
A 64-year-old male developed hepatic artery stenosis one year after orthotopic liver transplantation and was successfully treated with percutaneous transluminal angioplasty with stenting. Five months later, the Doppler ultrasound results indicated restenosis. Visceral arteriography confirmed hepatic artery tortuosity but was doubtful for significant in-stent restenosis (ISR) and intrahepatic flow reduction. To confirm ISR, identify the etiology and guide treatment, OCT was performed. OCT showed severe stenosis due to four mechanisms: Focal and partial stent fracture, late stent malapposition, in-stent neointimal hyperplasia, and neoatherosclerosis.

**CONCLUSION**

Intravascular diagnostic methods can be useful in evaluating cases in which initial angiography results are not sufficient to provide a proper diagnosis of significant stenosis, especially with regard to ISR. A wide range of diagnoses are provided by OCT, resulting in different treatment options. Interventional radiologists should consider intravascular diagnostic methods as additional tools for evaluating patients when visceral angiography results are unclear.

**Key words:** Liver transplantation; Hepatic artery restenosis; Tomography; Optical coherence; Case report; Endovascular procedures; Angiography

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**Core tip:** This is the first case report of optical coherence tomography in the evaluation of in-stent restenosis in a transplant hepatic artery. In this case, optical coherence tomography proved to be valuable in grading the significance of stenosis, identifying its possible causes, and providing measures for choosing appropriate devices for re-treatment. In this case, this additional and modern tool helped in the diagnosis and the therapeutic planning after a doubtful angiography result.

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**INTRODUCTION**

Hepatic artery stenosis (HAS) is one of the most common vascular complications of liver transplantation and is a leading cause of hepatic artery thrombosis and allograft dysfunction[1]. HAS treatment consisting of percutaneous transluminal angioplasty with stenting (PTAS) has been largely adopted and proven to be effective, although it carries a risk of up to 22% for in-stent restenosis (ISR) in the first year and poses a therapeutic challenge related to the fact that up to 50% of cases result in liver failure[2].

ISR after liver transplantation is frequently attributed to neointimal proliferation. Doppler ultrasound (DUS) is the standard method for screening diagnosis combined with laboratory abnormalities[3]. Angiography is an important tool for confirming the diagnosis and planning optimum therapeutic intervention. However, because angiography only provides a two-dimensional view of a three-dimensional structure, it poorly estimates plaque volume, morphology and lesion severity. Moreover, angiography sometimes overestimates lumen dimensions and provides low resolution rates compared with newer intravascular imaging methods, such as intravascular ultrasound (IVUS) and optical coherence tomography (OCT), especially in small-diameter arteries[4]. Additionally, considerable intra- and interobserver variability in the interpretation of stenosis severity has been observed with arteriography[5].

Several factors contribute to stent failures, and OCT can assess them with great imaging quality. One of these factors is neatherosclerosis, which is observed by OCT as the presence of clusters of lipid-laden foamy macrophages with or without necrotic core formation and/or calcification within the neointimal tissue of stented segments[6].
Other possible findings are: Stent malapposition which is defined by the separation of at least one stent strut from the intimal surface of the arterial wall with evidence of blood behind the strut\(^7\) and stent fracture which is complete separation of stent segments or separated stent struts without displacement\(^8\). 

OCT provides the highest resolution of all invasive imaging modalities, resulting in high-quality cross-sectional tomographic images of vessel architecture, and it demonstrates superiority compared with IVUS or angiography in terms of assessing lesions, particularly identifying thrombus, plaque erosion and rupture\(^9\).

To our knowledge, this is the first case report of OCT used to evaluate ISR in a transplant hepatic artery. In this case, OCT proved to be valuable for grading the significance of stenosis, identifying its possible causes, and providing measures for choosing appropriate devices for retreatment.

**CASE PRESENTATION**

**Chief complaints**
A 64-year-old man developed, during clinical and ultrasound follow up, hepatic artery intra-stent restenosis.

**History of present illness**
The patient had a history of orthotopic liver transplantation and was successfully treated with PTAS. Five months later, the patient presented with increased alkaline phosphatase and alanine aminotransferase levels and DUS indicated restenosis.

**History of past illness**
The patient had alcoholic liver cirrhosis previous to liver transplantation.

**Physical examination**
The patient was conscious, with good general health and normal vital signs, anicteric, eupneic and without fever. The abdomen was distended without signs of ascites.

**Laboratory examinations**
Alkaline phosphatase level was 186 U/L and alanine aminotransferase level was 390 U/L.

**Imaging examinations**
DUS of the intrahepatic arteries showed a low resistance index, ranging from 0.4 to 0.5, indicating restenosis (Figure 1).

**Further diagnostic work-up**
Visceral arteriography confirmed the tortuosity of the hepatic artery but showed doubtful significant intrastent diameter reduction and intrahepatic flow reduction (Figure 2). Two experienced interventional radiologists disagreed on the angiography results. To confirm ISR, identify the etiology and guide treatment, OCT was performed.

OCT showed severe stenosis (vessel luminal area: 9.8 mm\(^2\)/minimal luminal area: 1.7 mm\(^2\)/82% of area reduction) due to four mechanisms: Focal and partial stent fracture, late stent malapposition, in-stent neointimal hyperplasia, and neoatherosclerosis (Figure 2).

**FINAL DIAGNOSIS**
Hepatic artery intra-stent restenosis.

**TREATMENT**
PTAS with a new drug-eluting stent (Sirolimus) Orsiro 3 mm × 30 mm (Biotronik) resulted in complete resolution of restenosis with improvements in intrahepatic perfusion (Figure 3).
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Figure 1  Graphic showing patient’s serum levels of direct bilirubin (mg/dL), alkaline phosphatase (U/L) and alanine aminotransferase (U/L); Doppler wave forms and resistive index along time. DBB: Direct bilirubin; ALP: Alkaline phosphatase; ALT: Alanine aminotransferase; RI: Resistance index.

OUTCOME AND FOLLOW-UP

Twenty days later, liver enzymes were normalized, and DUS waveforms were normal for the first time after liver transplantation. The resistance index ranged from 0.54 to 0.59 (Figure 1). In a 10-mo outpatient follow-up, the patient was free from symptoms, with normal liver enzymes.

DISCUSSION

The endovascular approach has become an alternative for the treatment of HAS due to its low morbidity, high patency rates similar to those of open surgery\[^{10}\], low graft loss, and low mortality rates. Recent retrospective studies have shown that primary stenting may be the first option, with primary assisted patency rates up to 97% within 12 mo and 93% within 24 mo as well as a decrease in the need for reintervention\[^{3,11}\].

ISR and occlusion are known complications of endovascular procedures that justify clinical follow-up and DUS in these patients. The development of intravascular diagnostic methods has shown that restenosis etiologies are not as simple as they were believed to be. IVUS and OCT enable better evaluation of ISR, and they should be considered for the detection of stent-related mechanical problems leading to restenosis in patients with coronary revascularization, therefore leading to class IIA and level C recommendations\[^{12,13}\]. The wide range of differential diagnoses for ISR are due to endovascular diagnostic methods, including stent fracture, neoatherosclerosis, neointimal hyperplasia, late acquired stent malapposition, stent underexpansion, evagination, stent crush and edge dissection. Treatment options differ according to the diagnosis of ISR\[^{13}\].

In our case, the patient presented with biochemical alterations and DUS parameters that suggested new arterial stenosis and probable ISR. Angiography showed tortuosity of the treated vessel, but this tool was limited in terms of measuring intrastent luminal reduction and intrahepatic contrast enhancement. Furthermore, angiography could
Figure 2  Visceral arteriography and optical coherence tomography. A: Visceral arteriography diagnosis with hepatic artery tortuosity and doubtful significant intra-stent diameter reduction and intrahepatic flow reduction. The yellow arrow indicates the possible stenosis area, to be confirmed further with an intravascular method; B: OCT diagnosis of severe stenosis due neointimal hyperplasia and focal and partial stent fracture; C: OCT diagnosis of stent late malapposition; D: OCT diagnosis of in-stent neointimal hyperplasia and neoatherosclerosis. OCT: Optical coherence tomography.

Figure 3  Visceral arteriography after percutaneous transluminal angioplasty and optical coherence tomography posttreatment. A: Visceral arteriography after percutaneous transluminal angioplasty with drug-eluting stent (Sirolimus) Orsiro 3 mm x 30 mm (Biotronik) showing complete resolution of restenosis and improvement in intrahepatic perfusion; B: Optical coherence tomography posttreatment showing acute gain in luminal area due to complete stent expansion.

not categorize the severity of the lesion, the presence of hemodynamic repercussion or the etiology of restenosis. OCT showed severe stenosis caused by stent fracture, late stent malapposition, neointimal hyperplasia and probable neoatherosclerosis tissue. These diagnoses and OCT measurements guided the treatment and stent choice.

Posttreatment angiography undoubtedly showed ISR resolution and improvements in hepatic perfusion with faster parenchymal enhancement and washout. Both interventional radiologists agreed with these findings. Similar to angiography, OCT confirmed an increased vessel area without residual stenosis and provided the finding of adequate stent apposition. DUS performed immediately postprocedure demonstrated normal intrahepatic wave forms and resistance index, and it was used as a basic follow-up test. Consistent with the results of the imaging exams, the patient progressed and demonstrated clinical and laboratory improvements.
The disagreement on the angiography evaluation by two experienced interventional radiologists and the urge to identify stent-related mechanical problems motivated the use of additional intravascular diagnostic methods. In our case, for the first time in the published medical literature, OCT has proven to be an effective additional method for elucidating doubtful lesions on visceral arteries after transplantation. Moreover, posttreatment OCT evaluation confirmed that the interventional radiologists were in agreement regarding the adequate results. Although OCT provides outstanding new information to the vascular territory, we understand that it has some limitations, such as the additional volume of contrast that is unavoidable, the imaging is not free from artifacts and it depends on the observer’s experience. In addition, it has a high cost and poor availability[13].

CONCLUSION

Angiography is the gold standard for evaluating patients with suspected restenosis; however, in some cases, this procedure can cast doubt. Intravascular diagnostic methods can be useful when evaluating such cases, especially with regard to in-stent restenosis. A wide range of diagnoses are provided by OCT, which results in different treatment options. Interventional radiologists should consider intravascular diagnostic methods as additional tools for evaluating patients when visceral angiography results are unclear.

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