Characteristics of Obstetric Patients at RSU Cut Meutia North Aceh During the 2020 Covid-19 Pandemic

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Abstract:
Obstetrics is a medical science that specializes in the study of pregnancy and childbirth. This includes the process before during and after a woman gives birth. The scope of obstetrics includes, antepartum bleeding, postpartum hemorrhage, preterm pregnancy problems, complications in vaginal delivery, pregnancy with gastrointestinal disorders, hypertension in pregnancy, bleeding in the external and internal genitalia, and other diseases. Abortion was the most common disease group in this study, which was 71.4%. Abortion is the termination of pregnancy before the fetus can live outside the uterus at the age of <20 weeks or weight <500 grams. The incidence of abortion is roughly estimated to be 15-20% and 80% occur in the first trimester. This research is a descriptive study with the research design used is a cross-sectional study conducted in the Obstetrics Inpatient Room at the Cut Meutia Hospital, North Aceh. The study was carried out in June 2021 with a population and sample of all patients in the Obstetric Inpatient Room at the Cut Meutia Hospital, North Aceh in 2020. The variables of this study were types of obstetric diseases based on the size group. Univariate analysis was used to describe the characteristics of the types of obstetric diseases that existed in the Obstetric Inpatient Room at the Cut Meutia Hospital North Aceh in 2020. The patients treated in the Obstetric Inpatient Room at the Cut Meutia Hospital North Aceh in 2020 were 244 patients. The percentage of antepartum bleeding was the highest group of diseases in the Obstetrics Inpatient Room at RSU Cut Meutia in 2020, while post-partum bleeding and bleeding in the external and internal genitalia were the least group of diseases. The second most common disease in the Cut Meutia General Hospital in 2020 was hyperemesis gravidarum, then premature rupture of membranes, followed by retained placenta, blighted ovum and preeclampsia.

Keywords: obstetrics; patients; RSU Cut Meutia

I. Introduction

Obstetrics is a medical science that specializes in the study of pregnancy and childbirth. This including process before during and after a woman gives birth. The scope of obstetrics between other, bleeding antepartum, bleeding postpartum, problem pregnancy premature, complications on vaginal delivery, pregnancy with gastrointestinal disorders, hypertension in pregnancy, bleeding on genitals external and internal diseases, and other diseases (Ulker, 2016). In this study, the most cases were found in the Obstetrics Inpatient Room of RSU Cut Meutia year 2020 is abortion. According to the World Health Organization (WHO) 15-50% of maternal deaths are caused by abortion. Complications of abortion in the form of bleeding or infection could cause death. That is why maternal deaths due to abortion often do not appear in death reports, but reported as bleeding or sepsis. An estimated 4.2 million abortions occur annually in Southeast Asia, with a breakdown of 1.3 million in Vietnam and Singapore, 155,000 to 750,000 in the Philippines and 300,000 to 900,000 in Thailand (Imbar, 2021). The incidence of abortion in Indonesia, spontaneous abortion is
obtained as much as 10%-15% of 5 million pregnancies each year or 500,000-750,000. Artificial abortion ranges from 750,000-1.5 million annually. This can be a reference for improving maternal health in Indonesia (Siregar, 2021). Based on data from the North Aceh Health Office in 2014, the maternal mortality rate in North Aceh was at the highest position in Aceh, however, that number fell in 2015 to only 11 cases, and increased back in 2016 amounted to 22 people. Generally, the prevalence of abortion is around 12% of all clinical signs of controlled pregnancy, but empirically estimates and prevalence still vary from the lowest 2-3% to the highest 30%. The target proportion of the incidence of abortion in pregnant women is 15% (Dinas Kesehatan Aceh, 2019).

WHO explained that abortion is a contributor to maternal mortality worldwide, because abortion can cause bleeding in pregnant women? Maternal mortality rate (MMR) is one of the important maternal health parameters. The maternal mortality rate is still a health problem in developing countries, especially in Indonesia. The incidence of spontaneous abortion is increasing, one of which is due to the age of pregnant women, especially in the primigravida group, which is included in the high-risk group. Maternal age has an influence on pregnancy and childbirth. The age of 20-35 years is a safe age for a mother to get pregnant, while the age of 35 years is included in the 4 T (4 Too) group, which is a group with pregnancies at risk of being too young and too old.5 The risk of abortion increases with increasing parity, increasing age. There are also other factors that influence the predisposition to repeated abortions. The probability of repeated abortion in a woman who has had three or more abortions. The second most common case after abortion in this study was hyperemesis gravidarum (HEG). WHO estimates that at least 15% of all pregnant women require trained obstetric care and otherwise the woman will experience serious and prolonged disability?

It was recorded that 45% of pregnant women experienced hyperemesis gravidarum (Kemenkes RI, 2016). The incidence of hyperemesis gravidarum has been worldwide with various incidence rates ranging from the United States, the prevalence rate reaches 2%, Turkey 1.9%, California 0.5%, Sweden 0.9% and Indonesia the incidence rate reaches 1-3% of the total population. During pregnancy, the incidence of hyperemesis gravidarum continues to increase until it reaches 15% Indonesia Demographic and Health Survey (IDHS) recorded the incidence of hyperemesis gravidarum around 50% to 80% of pregnant women experience nausea and vomiting and approximately 5% of pregnant women require treatment for fluid replacement.

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II. Research Methods

This research is descriptive research. The research design used was a cross-sectional study conducted in the Obstetrics Inpatient Room at the Cut Meutia Hospital, North Aceh. The study was carried out in June 2021 with a population and sample of all patients in the
Obstetric Inpatient Room at the Cut Meutia Hospital, North Aceh in 2020. The variables of this study were the types of obstetric diseases divided into groups of antepartum bleeding, postpartum hemorrhage, preterm pregnancy problems, complications in vaginal delivery, pregnancy with gastrointestinal disorders, hypertension in pregnancy, bleeding in the external and internal genitalia, and other diseases. The instrument used was patient book data in the Obstetric Inpatient Room at the Cut Meutia Hospital, North Aceh.

Inpatient Obstetrics Hospital Cut Meutia North Aceh in 2020. The data collected was analyzed statistically using computer software. The statistical analysis that will be used in this study is univariate analysis which can be used to describe the characteristics of the types of obstetric diseases in the Obstetrics Inpatient Room at the Cut Meutia Hospital, North Aceh in 2020.

III. Discussion

The disease groups in this study were divided into eight groups, including: antepartum bleeding group, postpartum hemorrhage, preterm pregnancy problems, complications in vaginal delivery, pregnancies with gastrointestinal disorders, hypertension in pregnancy, bleeding in the external and internal genitalia, and other diseases.

| Respondent Age               | Score | % (n=244) |
|-----------------------------|-------|-----------|
| Children (5-11 Years)       | 1     | 0.4       |
| Adult (26-45 Years)         | 170   | 69.7      |
| Elderly (46-65 Years)       | 2     | 0.8       |
| Teenagers (12-25 Years)     | 71    | 29.1      |

Table 1 shows that the characteristics based on the age of the most respondents are aged 26-45 years with a total of 170 respondents (69.7%), then youth 12-25 years (29.1%), elderly age 46-65 years (2%) and children's age 5-11 year (1%). Women of childbearing age based on the concept of the Ministry of Health are women of reproductive age, namely 15-49 years old, both married, widowed and unmarried. The number of fertile women (15-49 years) in Indonesia in 2018 was 70,715.59 people and Aceh Province as many as 1,434,559 person. These data strongly support this research, which is found that the adult age (26-45 years) is the age of the most respondents in obstetric diseases at the Cut Meutia Hospital in 2020 (Kementrian Kesehatan RI, 2018).

Table 2. Groups of Obstetric Patients Undergoing Cov-19 Screening in RSUD Cut Meutia 2020

| Cov-19 Screening   | Score | % (n=244) |
|-------------------|-------|-----------|
| D. Early Cov-19   | 119   | 35.1      |
| NLR/ALC           | 63    | 18.6      |
| Antibody Swabs    | 47    | 13.9      |
| Not Screening Cov-19 | 110  | 32.4      |

Table 2 shows that the patients who screened for the most Covid-19 were Early Detection of Covid-19 (35.1%) and were not screened (32.4%) and the least was by using antibody swab screening, namely 13.9%. Filling out the Covid early detection form 19 has become an SOP (Standard Operating Procedure) that must be carried out by patients who will
be treated in hospitals since the Covid-19 pandemic. So that many patients in this study received screening for early detection of Covid-19. The form contains questions in the form of early symptoms of the disease caused by Covid-19.

The purpose of screening for early detection of Covid-19 is to find as early as possible the symptoms of the disease caused by the Corona Virus so that medical management can be carried out earlier since mild symptoms appear so that it is not expected to develop into moderate and severe symptoms (Pemerintah Kabupaten Muntlan, 2020). The number of patients who did not screen for Covid-19 in this study was dominated in early 2020, due to the first case of Covid-19 announced by the Indonesian government in March 2020.

The lowest screening is an antigen swab, this is because not all patients who are treated or visited have an antigen swab examination. Patients who come from the red zone or have at least one criterion for an epidemiological history and/or clinical symptoms will be subjected to a swab examination.

The high incidence even predicts more cases in Indonesia than recorded, because it is constrained by the limited availability of supporting examination facilities and diagnostic tests that are able to provide screening services for Covid-19 sufferers.

Table 3. Characteristics of Patients by Regency/City of Origin in Cut Hospital 2020

| Origin Regency/City | Score | % (n=244) |
|---------------------|-------|-----------|
| Aceh Besar          | 1     | 0.4       |
| Aceh Tamiang        | 1     | 0.4       |
| East Aceh           | 21    | 8.6       |
| North Aceh          | 184   | 75.4      |
| Really Merry        | 3     | 1.2       |
| Bireuen             | 5     | 2         |
| Lhokseumawe City    | 27    | 11.1      |
| Langsa              | 1     | 0.4       |
| Pidie Jaya          | 1     | 0.4       |

Table 3 shows that the frequency distribution of respondents by district/city is mostly from North Aceh with a total of 184 respondents (75.4%), then Lhokseumawe City (11.1%) followed by East Aceh (8.6%).

North Aceh Regency covers 27 sub-districts and 852 gamponggs with a total area of ± 3,296.86 km².15 The wide area coverage and distance that can be accessed by local residents is one of the reasons why many North Aceh residents visit RSU Cut Meutia. Access to a strategic location to Cut Meutia Hospital is very important in make it easier for patients to access health services. Location also determines the success of a hospital because location has a close relat ionship with patient welfare, especially JKN patients.

Table 4. Characteristics of Patients Based on How to Enter the Cut Meutia Hospital in Years 2020

| How to Enter       | Score | % (n=244) |
|--------------------|-------|-----------|
| Come Alone         | 116   | 47.5      |
| Aceh U . Reference | 113   | 46.3      |
| External Reference A | 15   | 6.1       |
Most of the patients in this study came of their own accord, namely 116 patients (47.5%), followed by referrals from North Aceh (46.3%) and the least was referrals from outside North Aceh (6.1%). There are several factors that influence the decision to seek treatment for a person, namely the quality of services, treatment costs, facilities and decisions. Other studies also state that the location of treatment has a big influence on treatment decisions (Sari, 2013).

The referral system is held with the aim of providing quality health services, so that service goals are achieved without having to use expensive fees. The tiered referral system is one of the efforts made in strengthening primary services, as an effort to implement quality and cost control. Increasing cooperation in health facilities is one of the strategies to control the quality and cost of health services. North Aceh is the most referral hospital in this study because Cut Meutia Hospital is a North Aceh referral hospital that has wide area coverage and distance that can be accessed by local residents.

Table 5. Characteristics of Patients Based on Occupation at Cut Meutia Hospital in Years 2020

| Work          | Score (n=244) | % (n=244) |
|---------------|--------------|-----------|
| Midwife       | 2            | 0.8       |
| Teacher       | 2            | 0.8       |
| IRT           | 193          | 79.1      |
| Student       | 29           | 11.9      |
| Seamstress    | 1            | 0.4       |
| Farmer        | 5            | 2.0       |
| civil servant | 3            | 1.2       |
| Does not work | 1            | 0.4       |
| entrepreneur  | 8            | 3.3       |

Table 5 shows that from the results of research through medical records in the obstetric room of the Cut Meutia Hospital in 2020 based on job criteria, it was found that respondents as Housewives (IRT) were the largest group, namely 193 respondents (79.1%). Tailors and respondents who do not work are the least number of respondents with 1 respondent (0.4%).

Table 6. Distribution of Antepartum Bleeding Groups in Cut Meutia Hospital Tahun 2020

| Antepartum haemorrhage | Score (n=85) | % (n=85) |
|------------------------|--------------|----------|
| Abortion               | 63           | 74.1     |
| Blighted Ovum         | 10           | 11.8     |
| KET                    | 4            | 4.7      |
| Hydatidiform mole     | 2            | 2.4      |
| Placenta Previa       | 4            | 4.7      |
| Placenta Solution     | 2            | 2.4      |

The largest group of antepartum bleeding diseases in this study was abortion, as many as 63 patients (74.1%) and the least were Hydatidiform mole and placental abruption (2.4%). Abortion is the termination of pregnancy before the fetus can live outside the uterus at the age of <20 weeks or heavy body < 500 grams. The incidence of abortion is roughly estimated to be 15-20% and 80% occur in the first trimester (Darmawati, 2011). Research conducted at Umi Barokah General Hospital Boyolali, found that the number of abortions in this study was dominated by incomplete abortions as many as 40 patients. Factors that influence the incidence of incomplete abortion are education, pregnancy distance, occupation and age >35
Hydatidiform mole, also known as molar pregnancy, is histologically characterized by chorionic villi abnormalities consisting of trophoblastic proliferation and villous stromal edema. The incidence of hydatidiform mole is increasing every year. This research is different from the research conducted at Prof. RSUP. Dr. RD Kandou Manado which showed high cases of Hydatidiform mole, as many as 35 cases with the most distribution in the age group 35 years (33.3%). with the highest prevalence of 28 cases (3.73%) (Nora, 2018).

Placental abruption is the separation of the placenta from its normal implantation site from the uterus, before the fetus is delivered. This occurs in pregnancies above 22 weeks or fetal weight above 500 grams. The incidence of placental abruption in this study is a small event, this study is in line with research conducted at the Palembang BARI Hospital in 2009-2011 which showed the cause of bleeding the least antepartum was placental abruption (1.8%) (Pertiwi, 2015).

| Post partum bleeding | Score | % (n=4) |
|----------------------|-------|---------|
| Atonia               | 2     | 50      |
| PPH                  | 2     | 50      |

Table 7 shows that the distribution of the post partum bleeding group obtained the same number of two diseases, namely atony and PPH in each group there were 2 respondents (50%).

Based on Aceh’s health profile, the highest maternal mortality rate in Aceh province is in North Aceh District. In 2015 North Aceh took the first position in maternal mortality in Aceh province with 15 deaths. In 2016 there was an increase in deaths with a total of 26 cases, although in 2017 maternal mortality in North Aceh decreased by 18 cases and was ranked 2nd, but this is still a special concern (Aceh, 2015). Uterine atony can cause bleeding, the impact of bleeding is death, the occurrence of uterine atony is due to the myometrial fibers surrounding the blood vessels that vascularize the placental implantation area do not contract. Approximately (75-80%) bleeding that occurs during the puerperium is caused by uterine atony.

Post partum bleeding often occurs in pregnant women who experience uterine atony. Maternal women who experience uterine atony are very susceptible to various complications, including post partum bleeding. In fact, according to Winkjosastro (2012), 90% of postpartum hemorrhage is caused by uterine atony.
The most common cause of preterm pregnancy problems in this study was PROM (74.1%). Premature Rupture of Membranes (PROM) is a rupture of the membranes that occurs before the delivery process. Premature rupture of membranes occurs in about 1% of all pregnancies. Premature rupture of membranes causes 1/3 of preterm births and is the cause of 18%-20% of perinatal morbidity and mortality (Andalas, 2019). This study is in line with research conducted at Arifin Achmad Hospital Pekanbaru, from the results of the study it was found that the biggest factors influencing preterm labor were caused by by Preeclampsia or eclampsia 68 cases (13.9%) and amniotic fluid Early Rupture 55 cases (11.2%) (Malita, 2012).

Another research conducted at RSUP. Prof. Dr. RD Kandou Manado in 2013, recorded 3,810 deliveries with 59 cases of KPD (1.54%). In terms of fetal location and gestational age, most of the fetuses with head position and gestational age average term (Lowing, 2015).

| Complications on vaginal delivery | Score (n=19) | % (n=19) |
|----------------------------------|-------------|----------|
| Partition is not progressing      | 2           | 10.5     |
| Retention of the placenta        | 17          | 89.5     |

Retention of the placenta is the most cases in the group of patients with vaginal complications, namely 89.5%. Retention of the placenta is the unborn placenta until or after 30 minutes after the baby is born (Ramadhani, 2020). WHO states that one of the causes of bleeding after delivery is retained placenta? Retention of the placenta is a complication of childbirth in developing countries with 2-3% of vaginal deliveries (Ulya, 2021). According to WHO, maternal mortality is 25% due to postpartum hemorrhage and 16-17% due to retained placenta. WHO 2008 data also explains that two-thirds of maternal deaths due to bleeding are of the type of retained placenta, it is reported that 15-20% of maternal deaths are due to retained placenta. According to reports in both developed and developing countries between 5% and 15%. From this figure, it is found that retained placenta is in the third rank (16-17%) after the first order of uterine atony (50-60%) and the second is the remaining 23-24% of the placenta.

The results of the preliminary study obtained the maternal mortality rate in RSUD dr. H Bob Bazar SKM Kalianda in 2012 65/100,000 KH and 30.42% caused by bleeding. Meanwhile, cases of retained placenta have an increasing trend in the last three years. In 2011 there were 42 (15.9%) cases of retained placenta from 264 deliveries, in 2012 it increased to 52 (19.3%) cases from 269 deliveries and in 2013 to 66 (21.3%) cases out of 310 deliveries. The number of cases is greater than in RSUD Jendral Ahmad Yani Metro City, in 2012 there were 102 cases (9.62%) of 1060 deliveries and in 2013 there were 48 cases (4.9%) of 972 deliveries (Medical Record RSUD Jendral Ahmad Yani Metro City, 2012-2013) (Riyanto, 2015).

Retention of the placenta is caused by multiple factors, namely maternal factors, uterus and functional factors. Maternal factors consist of age, parity and anemia. Based on the results of a study in Southwestern Nigeria that the maternal age factor > 35 years increases the risk 7 times to experience the incidence of retained placenta. The results of the study by Notikaratu, et al at Raden Mattaher Hospital Jambi showed that the factor of giving birth to multipara parity mothers had an 11 times risk of experiencing retained placenta (Riyanto, 2015).
Another complication of vaginal delivery in this study was non-progressive parturition. One of the causes of death in mothers and also causes death in newborns is undeveloped parturition (where the parturition process is more than 18 hours). Undeveloped parturition on average in the world can cause maternal mortality by 8% and in Indonesia alone 9% of maternal deaths are caused by the incidence of undeveloped parturition. Inadvertent labor is one of the causes of maternal death because delayed delivery will cause infection, exhaustion when the mother strains, dehydration in the mother, and can also cause postpartum hemorrhage which is very dangerous for the safety of the mother (Riyanto, 2015).

Incidence of non-progressive parturition is a labor process which lasts more than 24 hours in mothers with primary pregnancies, and more than 18 hours in mothers with multiple pregnancies. In the second stage of labor, it is strongly influenced by three factors that play a very important role in which three things are the power to push the fetus out or known as (power) which includes his (uterine strength), contraction of the abdominal wall muscles, contraction of the diaphragm, and ligaments. The second factor is the fetal factor (passanger).

Including the size of the fetus, the weight of the newborn and others. The third factor that affects the delivery process is the birth canal (passage) which includes the pelvic bones, muscles, tissues, and ligaments. Age at the time the mother gave birth also had an effect on the delivery process. Maternal age less than 20 years and more than 35 years have a high risk which is likely to pose a threat to the health and life of the mother and fetus during pregnancy. Another factor is parity, a factor that determines the fate of the mother and fetus both during pregnancy and during delivery. In mothers with primiparas because they have never given birth, the possibility of abnormalities and complications is quite large.

| Table 10. Distribution of Groups of Obstetric Patients with Gastrointestinal Disorders at the Cut Meutia Hospital in 2020 |
|-----------------------------------------------|
| Pregnancy with gastrointestinal disorders | Score (n=45) | % (n=45) |
|-----------------------------------------------|
| GEA                                           | 2            | 4.4       |
| HEG                                           | 43           | 95.6      |

Hyperemesis gravidarum is excessive nausea and vomiting in pregnant women to interfere with daily activities because of the patient's poor general condition due to dehydration. The cause of hyperemesis gravidarum is currently unknown and multifactorial. It is suspected that hormonal balance disorders such as HCG, estrogen, and progesterone, thyroxine, cortisol, are thought to be important causative factors. Some risk factors for hyperemesis gravidarum in previous pregnancies, mother or sister with hyperemesis gravidarum, multiple or twin pregnancy, hydatidiform mole, gestational age, maternal age that is too young, i.e., less than 20 years, primigravida, maternal occupation, adaptation and hormonal factors of pregnant women with anemia, psychological factors, vitamin deficiency, and obesity.34 This study showed the prevalence of pregnancy with the most gastrointestinal disorders was hyperemesis gravidarum with 43 patients (95.6%). The results of research conducted at Ujungberung General Hospital in 2011 illustrate that some patients who experience hyperemesis gravidarum aged 20-35 years are as many as 92.3%, respondents aged 6-15 weeks as many as 92.3%, and respondents who are multigravida as much as 55.4% (AR, 2012).

This study showed that the prevalence of pregnancy with the least gastrointestinal disorders was gastroenteritis, which was 2 patients (4.4%). In line with research conducted at
the Medan Sundari Hospital, out of 17 respondents, only 1 patient experienced problems with diarrhea (5.9 %).34

Table 11. Distribution of Hypertension Groups in Pregnancy at Cut Meutia Hospital 2020

| Hypertension in pregnancy | Score (n=14) | % (n=14) |
|---------------------------|-------------|----------|
| HELLP syndrome            | 2           | 14.3     |
| Gestational hypertension  | 2           | 14.3     |
| Preeclampsia              | 10          | 71.4     |

World Health Organization reported that hypertensive disorders accounted for 16% of all maternal deaths in developed countries, 9% of maternal deaths in Africa and Asia, and 26% in Latin America and the Caribbean where the highest maternal mortality was due to eclampsia rather than preeclampsia. Globally, it is estimated that more than 4 million pregnant women experience preeclampsia each year, and every year an estimated 50,000-70,000 women die from preeclampsia. Research conducted by Martadiansyah et al revealed that in Indonesia the incidence of preeclampsia was in the second order which reached 128,273 events (20.22%) which each year has increased to 9.42%. Research by Yuniarti also revealed that the preeclampsia rate in East Java reached 36.29% of the total population 100,000 live births. Putri in her research found that in Jember Regency the incidence of preeclampsia reached 220 cases in 2017 and increased in 2018 to 284 cases of preeclampsia. 2.6%, and those under 35 years of age only ranged from 2.2% to 2.3% (Imbar, 2021).

Preeclampsia is one of the health problems that often occurs in pregnancy (Rismawati, 2021). Preeclampsia is a pregnancy-specific syndrome that can affect any entire organ system characterized by hypertension and proteinuria. According to Berkane et al., preeclampsia is characterized by hypertension during pregnancy (systolic blood pressure of more than 140 mmHg or diastolic blood pressure of more than 90 mmHg measured after the 20th week of gestation) and high protein levels (above 300 mg/dL) in the urine. not only caused by one factor alone, but many factors that cause preeclampsia and eclampsia (multiple causation). History of preeclampsia, socioeconomic status, parity, diabetes mellitus, hydatidiform mole, multiple pregnancy, hydrops fetalis, Age over 35 years and obesity (Body Mass Index/BMI) are predisposing factors for the occurrence of preeclampsia. Sometimes pregnant women not aware of his condition who already suffers from preeclampsia.

Table 12. Distribution of Groups of Obstetric Patients with External and Internal Genital Bleeding at Cut Meutia Hospital 2020

| Genital Bleeding external and internal | Score (n=8) | % (n=8) |
|----------------------------------------|------------|--------|
| Perineal rupture                        | 7          | 87.5   |
| Ruptured labia                          | 1          | 12.5   |

Bleeding in the genitalia in this study was mostly caused by rupture of the perineum (87.5%) and the least was rupture of the labia (12.5%). Perineal rupture is a perineal tear that occurs when the baby is born either spontaneously or by using a tool or action. Generally, perineal tears occur in the midline and can be extensive if the fetal head is delivered too quickly. The results of research conducted by Elisa et al. in 2015 showed that from 373 primiparous mothers, most of them experienced spontaneous perineal tears 84.9%, and from 229 parity multiparous more than half experienced spontaneous perineal tears 62.4%, whereas in grandemultipara mostly did not experience spontaneous perineal tears 94.4% (Endah, 2016). In another study it was stated that perineal rupture still occurs in low-risk maternity
mothers, namely mothers with multiparas, productive age between 20-35 years, and infant weight <4000 grams, and in high-risk maternity mothers, namely mothers with birth spacing <2 years (Absari, 2017).

Table 13. Distribution of Other disease groups in the obstetric ward of RSUD Cut 2020

| Other diseases                                      | Score | % (n=45) |
|-----------------------------------------------------|-------|----------|
| Typhoid Fever                                       | 1     | 2.4      |
| DHF in pregnancy                                    | 2     | 4.8      |
| Endometritis                                        | 1     | 2.4      |
| Fetal distress                                      | 1     | 2.4      |
| Deep bronchial asthma pregnancy                     | 2     | 4.8      |
| Hepatitis in pregnancy                              | 2     | 4.8      |
| Hyperthyroidism of pregnancy (grave's disease)      | 1     | 2.4      |
| UTI                                                 | 1     | 2.4      |
| IUFD                                                | 4     | 9.5      |
| Place the star                                      | 1     | 2.4      |
| Place the breech                                    | 3     | 7.1      |
| Febris Obstetrics                                   | 7     | 16.7     |
| Premature Parturition                               | 4     | 9.5      |
| Spontaneous Partition                               | 2     | 4.8      |
| Vaginal bleeding                                    | 1     | 2.4      |
| ec trauma                                           |       |          |
| Post date                                           | 3     | 7.1      |
| Previous SC                                         | 4     | 9.5      |
| Iminens uterine rupture                             | 2     | 4.8      |

The results of this study showed that the most patients who experienced febrile observation in the other categories were 7 patients (16.7%), and the fewest were typhoid fever, endometritis, fetal distress, hyperthyroidism of pregnancy, urinary tract infection (UTI), latitude, vaginal bleeding, each of which was 1 event (2.4 %). Pregnant women who experience fever with body temperature >38ºC during pregnancy is a serious problem. High fever can be symptoms of infection in pregnancy. Fever can be caused by infection in pregnancy, namely the entry of pathogenic microorganisms into the body of a pregnant woman which then causes signs or symptoms of the disease. Severe infections can cause symptoms in the form of fever and impaired vital organ function. Infection can occur during pregnancy, childbirth and the puerperium.41 Research conducted by Intan et al. showed that pregnant women diagnosed with falciparum malaria experienced symptoms of chills and a body temperature of 37.6°C (Rehana, 2017).

The low incidence of UTI in pregnant women in this study is different from the results of a study conducted by Alvie et al which stated the incidence of UTI was 30.2%, with the most symptoms being unable to hold back when wanting to urinate and the most common gestational age was at 28 gestational ages -40 weeks (Gusrianty, 2016).

Latitude events in this study are also among the fewest occurrences. Research conducted at the Islamic Hospital A. Yani Surabaya stated that there was a relationship between parity and cross-sectional pregnancy at the Surabaya Maternity Clinic. From the results of the study, it was concluded that pregnant women who have high parity tend to have
position abnormalities. Therefore, pregnant women must often control the content so that early detection of abnormalities can be carried out and can be treated quickly.

Fetal distress or fetal distress in this study was the least occurrence (2.4%). Fetal distress was defined as progressive fetal hypoxia and/or acidemia secondary to inadequate fetal oxygenation. This term is used to denote changes in the fetal heart pattern, reduced fetal movement, obstruction fetal growth, and the presence of meconium at delivery. The results of Muhammad's research (2016) showed that the indications that caused the incidence of sectio caesarea (SC) were 18 (20.7%) fetal position abnormalities, the highest was due to fetal distress as many as 25 (28.7%) and the lowest was due to fetal distress. birth of twins as much as 2 (2.3%) (Daryanti, 2020).

IV. Conclusions

Patients treated in the Obstetric Inpatient Room of Cut Meutia General Hospital North Aceh in 2020 as many as 244 patients who were divided into groups of antepartum bleeding, postpartum hemorrhage, preterm pregnancy problems, complications in vaginal delivery, pregnancy with gastrointestinal disorders, hypertension in pregnancy, bleeding on the external and internal genitalia, and other diseases. The percentage of antepartum bleeding was the highest group of diseases in the Obstetrics Inpatient Room at RSU Cut Meutia in 2020, while post-partum bleeding and bleeding in the external and internal genitalia were the least group of diseases. Abortion is the most common problem in pregnancy in the Obstetrics Inpatient Room at RSU Cut Meutia in 2020. The second most common disease is hyperemesis gravidarum.

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