Community-Engaged Bidirectional Crisis and Emergency Risk Communication With Immigrant and Refugee Populations During the COVID-19 Pandemic

Mark L. Wieland, MD, MPH1; Gladys B. Asiedu, PhD2; Jane W. Njeru, MB, ChB1; Jennifer A. Weis, RN, MAN3; Kiley Lantz, BA4; Adeline Abbenyi, BS4; Luz Molina, MD5; Yahye Ahmed6; Ahmed Osman, BA7; Miriam Goodson, MS8; Gloria Torres-Herbeck, MA8; Omar Nur, MA6; Graciela Porraz Capetillo, CHI5; Ahmed A. Mohamed, MD1; and Irene G. Sia, MD, MSc9

Abstract

Objectives: This study was conducted to assess an intervention that was created by a community–academic partnership to address COVID-19 health inequities. We evaluated a community-engaged bidirectional pandemic crisis and emergency risk communication (CERC) framework with immigrant and refugee populations during the COVID-19 pandemic.

Methods: A 17-year community-engaged research partnership adopted a CERC framework in March 2020 to address COVID-19 prevention, testing, and socioeconomic impacts with immigrant and refugee groups in southeast Minnesota. The partnership used bidirectional communication between communication leaders and their social networks to refine messages, leverage resources, and advise policy makers. We conducted a mixed-methods evaluation for intervention acceptability, feasibility, reach, adaptation, and sustainability through multisource data, including email communications, work group notes, semistructured interviews, and focus groups.

Results: The intervention reached at least 39,000 people in 9 months. It was implemented as intended and perceived efficacy was high. Frequent communication between community and academic partners allowed the team to respond rapidly to concerns and facilitated connection of community members to resources. Framework implementation also led to systems and policy changes to meet the needs of immigrant and refugee populations.

Conclusions: Community-engaged CERC is feasible and sustainable and can reduce COVID-19 disparities through shared creation and dissemination of public health messages, enhanced connection to existing resources, and incorporation of community perspectives in regional pandemic mitigation policies.

Keywords
risk communication, immigrant and refugee health, community-based participatory research, community-engaged research, COVID-19
The Centers for Disease Control and Prevention (CDC) has not collected demographic data on citizenship or place of birth for COVID-19 incidence and outcomes, which prevents analysis of national data for pandemic impact on immigrant populations. However, regional studies have demonstrated that immigrant groups experienced disproportionate impacts from COVID-19, including lower testing rates, higher test positivity rates, and higher incidence rates than non-immigrant groups. Studies from other high-income countries have demonstrated high mortality attributed to COVID-19 among immigrant groups. Refugees to high-income countries have experienced amplified barriers to health care, economic support, education, and social support during the pandemic. Taken as a whole, immigrant groups in the United States are disproportionately susceptible to COVID-19 and its complications because of limited English proficiency, low access to health care, fear of legal repercussions, employment in sectors where remote working is not possible, and crowded living conditions. Likewise, immigrant groups are susceptible to economic fallout from the pandemic, including loss of employment, lower access to unemployment benefits, and food and housing insecurity. Finally, some immigrant groups face the compounding impact of xenophobia and raids on immigrant communities.

Community-engaged research (CEnR) partnerships are uniquely positioned to operationalize pandemic CERC among groups at risk for health disparities, including immigrants and refugees. CEnR partnerships, characterized by collaboration between community members and researchers through all phases of research, are increasingly ubiquitous in the United States. They have organizational and technical capacity for interfacing with target populations in a research and evaluation context.

This study includes the description of a 17-year CEnR partnership adopting a bidirectional CERC framework in March 2020 to address COVID-19 prevention, testing, and socioeconomic impact in immigrant and refugee groups in Olmsted County, Minnesota, where 14% of the population is documented as non–US-born. Bidirectional communication between communication leaders and their social networks was used to refine messages, leverage resources, and advise policy makers. We previously described our experience with the first 14 days of the intervention in March 2020, during which messages were delivered by 24 communication leaders in 6 languages across 9 virtual platforms to 9882 immigrants and refugees within their networks. Here, we present an in-depth, mixed-methods evaluation of the intervention after 9 months of implementation, focusing on acceptability, reach, perceived efficacy, and sustainability.

**Methods**

**CEnR Partnership Narrative**

In 2004, a community–academic partnership developed between Mayo Clinic and an adult education center that primarily serves people of color, most of whom are new immigrants and refugees. This partnership matured by formalizing operating norms, adopting community-based participatory research principles, and adding partners from multiple sectors. Rochester Healthy Community Partnership (RHCP) developed an effective community-based research infrastructure that has facilitated extensive research training for community partners. RHCP adapted an empirically derived community-based participatory research conceptual model through in-depth evaluation. Community and academic partners jointly conduct every phase of research, disseminate results, implement sustainability plans together, and coauthor scientific products (eg, articles, presentations, policy briefs).

At the start of the COVID-19 pandemic, RHCP community partners observed that credible COVID-19 information was not reaching immigrant communities. In March 2020, RHCP formed a community-based COVID-19 work group and adopted the CDC CERC framework for co-creation of an intervention targeting African and Hispanic immigrant populations. The work group consisted of 24 communication leaders representing 6 ethnic and community partner groups (Somali, Anuak, Cambodian, Hispanic, Ethiopian, and South Sudanese), academic partners, and county and city officials. All intervention components were informed directly by community priorities, and RHCP community partners co-created the intervention framework and evaluation strategy. Initially, communication leaders volunteered their time with RHCP. As funding was secured for the initiative, communication leaders were compensated for their time.
The intervention included communication and health assessment strategies driven by bidirectional CEnR (Figure 1). Communication strategies centered on COVID-19 message maps, jointly developed by RHCP community and academic partners across 3 constructs: COVID-19 prevention and containment, SARS-CoV-2 testing, and social and economic impacts of COVID-19. Communication leaders were recruited by RHCP community partners to deliver messages. COVID-19 messages were delivered by bilingual communication leaders in their social networks. Because of physical distancing, messages were mostly delivered virtually. Communication leaders used the channels most appropriate for their communities (eg, voice calls, text messaging, social media). Recipients were encouraged to amplify messages to their social networks. Communication leaders solicited feedback on health and socioeconomic concerns through the same platforms. Communication leaders and RHCP partners had regular teleconferences (daily, then biweekly, now weekly) for 3 purposes. First, communication leaders shared their progress on emerging best practices. Second, message refinement and generation of new messages was achieved in response to community feedback and rapidly changing facts. Third, questions were answered in real time by infectious disease experts (academic partners) or community resource experts (community partners). Feedback was used to inform regional decision makers.

**Program Evaluation**

To assess the forces that shaped intervention implementation, we conducted a mixed-methods evaluation of acceptability, feasibility, reach, adaptation, and sustainability. The evaluation interval was March 2020–January 2021 (9 months).

**Data Sources**

**Emails.** Email communication between members of the RHCP COVID-19 work group was accessed on the email platform used by academic, public health, and community partners to provide information about community resources and related information and updates. As of January 2021, 63 RHCP partners were on the email platform. Email content included new and revised COVID-19 co-created messages, questions and concerns about COVID-19 or work group processes (representing questions from social network members), and information about new and evolving community resources. All emails from March 2020 through January 2021 were collated for analysis.

**RHCP COVID-19 work group meeting notes.** During work group meetings, communication leaders shared their progress in disseminating messages, as well as concerns and questions curated from their social networks. Problem solving occurred in real time. Meetings were recorded and notes were taken.

**Reflection interviews.** Guided virtual reflections with communication leaders were used to understand the intervention process as it unfolded. Reflections started as weekly interviews and later evolved into biweekly meetings that documented events across the life cycle of the intervention efforts, capturing information on context and unfolding processes for dissemination, adaptation, and improvement ideas. The reflection interview guide was developed based on relevant evaluation (adaptation, feasibility, acceptability, and sustainability) and CEnR constructs (motivations, partnership
and engagement, empowerment and participation). Communication leaders were asked about key factors that facilitated or impeded the implementation and delivery process. Twenty communication leader reflection interviews were conducted: Somali (n = 5), South Sudanese (n = 3), Hispanic (n = 4), Cambodian (n = 5), and Ethiopian (n = 3). All reflections were audio recorded and notes were taken.

*Postimplementation focus groups.* To assess the perceived effectiveness and sustainability of the intervention from the communication leaders’ point of view, 3 focus groups representing 6 language groups were conducted. A focus group guidebook included questions on evidence of success, perceived efficacy and feasibility, sustainability, and opportunities for scalability, following previous study methods. Focus groups were recorded, transcribed, and reviewed.

*Communication leader tracking sheets.* Each communication leader completed a weekly tracking sheet, which included structured and open-text fields to document intervention reach and engagement activities using various mediums and communication mechanisms. All tracking sheets were collated into a spreadsheet for analysis.

Program sustainability was explored throughout the intervention from all data sources listed previously to understand sustainability and scalability concepts in the community-engaged COVID-19 CERC framework for tailored intervention.

**Data Analysis**

We analyzed qualitative data using a rapid analysis approach, whereby we summarized each data source using a template of domains and then generated matrices from the summaries. For data domains, we generated matrices from summaries of emails, reflection interviews, and meetings. Themes and directions for further intervention refinement were identified and categorized into key activities of communication leaders, community response and concerns, strategies that were working, new strategies to be adapted, and recommendations from the work group. Tracking sheets were collated; reach and engagement were quantified by language groups and communication mediums using descriptive statistics.

A final stage of confirmatory analysis was established by a participatory interpretation approach via 3 consecutive “data walk” (an interactive way for community partners to engage with research findings) presentations with academic partners and communication leaders. Results from multiple data domains were presented within the framework of process evaluation adapted from Moore and colleagues to achieve a robust analysis and understanding of intervention efforts, implementation processes, and mechanisms of impact (Figure 2). Data walks were presented according to each data domain (work group meetings, reflection interviews, emails, and tracking), which allowed the study team to consider all aspects and implications and to adjust intervention efforts while making recommendations intentional and enriching the CEnR process. A list of observations and suggestions was compiled to refine and reframe data for subsequent data walks. As a result, study findings encompassed the evolution of work group efforts as the pandemic progressed, as well as framework dissemination and the relational engagement and empowerment that were otherwise challenging to quantify.

**Results**

Findings and outcomes resulted from more than 400 emails, summaries of 32 recorded work group meetings, 20 reflection interviews, and 3 postimplementation focus groups.

**Acceptability, Feasibility, and Perceived Efficacy**

Communication leaders had overall positive perceptions about the RHCP COVID-19 intervention. They indicated that RHCP was a trusted and credible information source of COVID-19 information. Community concerns addressed through real-time access to RHCP partners and government officials included unemployment issues, economic burdens, and strategies to reach particularly hard-to-reach populations (eg, elderly members of the community who resided alone). Addressing these concerns enhanced the community’s information-seeking behaviors as community members looked to their community leaders and RHCP for assistance on COVID-19–related information.

**Reach and Engagement**

During a 6-month period, COVID-19 messages were delivered by 24 communication leaders in 7 languages (Somali, Anuak, Khmer, Amharic, Arabic, Spanish, and English) to 6 ethnic groups’ (Somali, Hispanic, Cambodian, Anuak, South Sudanese, and Ethiopian) social and individual networks using various mechanisms and mediums (Table 1). The intervention delivered to targeted populations reached 39 875 people. Communication leaders said that messages delivered in their native languages reached a wide range of audience members who would otherwise not have received information. Interview data showed that social media reach (estimated number of people who were exposed to messages)
Figure 2. Process evaluation for assessing community-engaged research partnerships for crisis and emergency risk communication (CERC) to immigrant and refugee populations during the COVID-19 pandemic. Adapted from Moore et al.39 Abbreviation: CDC, Centers for Disease Control and Prevention.

Table 1. Reach and engagement of a bidirectional COVID-19 crisis and emergency risk communication intervention among immigrants and refugees, by language group, Minnesota, March 2020–January 2021

| Communication medium | Reach and engagement | Language |
|----------------------|----------------------|----------|
|                      | Anuak | Khmer | Amharic | Spanish | Somali | Arabic | English | Total |
| Email advantaged     |       |       |         |         |         |        |         |       |
| Facebook             | 200   | 4695  | 998     | 11169   | 3724    | 10200  | 681     | 31667 |
| Email engagement     | 80    | 70    | 456     | 942     | 161     | 629    | 418     | 2756  |
| Facebook engagement  |       |       |         |         |         |        |         |       |
| Group Facebook       |       |       |         |         |         |        |         | 2255  |
| Messenger            |       |       |         |         |         | 124    |         |       |
| In person            |       |       |         |         |         | 458    |         |       |
| Instagram            |       |       |         |         |         |        |         | 371   |
| Telephone call       | 15    | 6     | 28      | 1791    | 2       | 1842   |         |       |
| Text message         | 88    | 81    | 57      |         |         | 226    |         | 23    |

(continued)
was higher than engagement (estimated number of people who acted on the content) (Table 1). Communication leaders reported that social media engagement was not an accurate reflection of how community members engaged with the intervention, as many community members did not engage on social media platforms. However, communication leaders reported that community members frequently acknowledged (via text message, telephone call, etc.) seeing the messages and acting on a resource or suggestion from the message. Interviews and focus group data demonstrated that elements of engagement and growth were seen for individual communication leaders by spending time forging relationships with other communication leaders as they reached out to each other for support to address community concerns. Communication leaders became more engaged, motivated, and empowered to provide consultations in their communities knowing they had direct access to peers and health experts.

**Adaptation**

Interviews and focus group data showed that reflection interviews, emails, and work group meetings provided real-time feedback to refine messaging, streamline processes, and curate community concerns. Feedback resulted in changes to intervention processes and improvements in provision of essential services (food, housing, health). Communication leaders learned through the process how to reach their communities and networks using different mediums and messaging styles. Although social media platforms worked for some, others noted that direct conversations, face-to-face communication, and telephone calls had more impact.

**Sustainability**

During a 9-month period, sustainability was facilitated by commitment to partnership history and bidirectional communication between communication leaders and academic partners, as well as by the development of work groups that focused on evolving needs. These work groups included a message creation work group; RHCP COVID-19 social media group to supplement communication leader dissemination at the level of individual social networks; RHCP COVID-19 coalition that focused on outreach to adolescents and young adults; and a work group to connect COVID-19–positive patients to an RHCP-partnered community-based organization for assessment and provision of essential services. Communication leaders attested that they now feel prepared for future pandemics (Table 2).

RHCP served as a source of strength for communication leaders, enabling community ownership of the intervention. The intervention facilitated a sense of empowerment in addressing community concerns. Opportunities to improve sustainability included the following:

- Consistent funding to support communication leaders’ work and recruit more communication leaders.
- A simplified tracking system with less time burden for communication leaders.
- Defined roles and expectations for communication leaders and community partners early in the process.
- Creation of a system/database that captures and documents community concerns, solutions, and resources in real time.
- Building on existing RHCP trusting relationships to expand outreach efforts via other networks to avoid overlapping community efforts.

**Discussion**

This mixed-methods program evaluation described the feasibility, acceptability, reach, perceived efficacy, and 9-month sustainability of a community-engaged bidirectional CERC intervention with immigrant and refugee populations during the COVID-19 pandemic. Because sociocultural factors, personal control, trust

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**Table 1. (continued)**

| Communication medium | Reach* and engagement* | Language |
|----------------------|------------------------|----------|
|                      | Anuak | Khmer | Amharic | Spanish | Somali | Arabic | English | Total |
| Viber                |       |       |         |         |        |        |         |       |
| Reach                | —c    | —c    | 228     | —c      | —c     | —c     | 160     | 388   |
| Engagement           | —c    | —c    | 190     | —c      | —c     | —c     | 90      | 280   |
| Zoom                 |       |       |         |         |        |        |         |       |
| Reach                | —c    | —c    | —c      | 21      | —c     | —c     | —c      | 21    |
| Engagement           | —c    | —c    | —c      | 5       | —c     | —c     | —c      | 5     |
| WhatsApp             |       |       |         |         |        |        |         |       |
| Reach                | —c    | 45    | —c      | 269     | 1210   | 183    | —c      | 1707  |
| Engagement           | —c    | —c    | —c      | 18      | 10     | —c     | —c      | 28    |
| Total                | —c    | —c    | —c      | —c      | —c     | —c     | —c      | —c    |
| Reach                | —c    | —c    | —c      | —c      | —c     | —c     | —c      | —c    |
| Engagement           | —c    | —c    | —c      | —c      | —c     | —c     | —c      | —c    | 39785 |
|                      |       |       |         |         |        |        |         | 3311  |

*aNumber of unique people who saw any content on the communication medium.

*bNumber of actions (eg, likes, loves, comments, responses, shares, video views, post clicks) that people completed on communication mediums.

cNot applicable.

dEngagement was not a measurable construct for emails.
Communication leaders felt empowered to reach out broadly to their social networks because of several factors:
1. Co-created COVID-19 messages were accurate, timely, and tailored to language and culture.
2. Questions that emerged from their social networks would be answered within 1 week at work group meetings. More urgent questions could be answered personally through the work group.
3. Communication leaders felt supported by each other. They developed a broad community approach that cut across cultures.

Suggestions from communication leaders and their network members were often translated into public health practice in the community.

Adaptation
The RHCP COVID-19 work group met frequently, which facilitated real-time adaptation of the intervention, including changes to messages based on concerns shared with the work group as well as development of community systems to support immigrant and refugee communities during the pandemic.

Sustainability
RHCP served as a source of strength for communication leaders and enhanced community ownership of the intervention to address community concerns.

| Outcome category and description | Exemplar quotes from communication leaders |
|----------------------------------|--------------------------------------------|
| Acceptability and feasibility    | I know for sure from the groups that I share information that they have a—they really trust RHCP. They trust that the information that we are giving is information that comes from science. It's not just something that we are inventing. It's something serious. When we provide the information to our community members, being partnered with RHCP and the information is coming from them increases the credibility of the information and also that, like, they feel confident in the information we're giving them. So what I know, in my community, the people working on Somali Task Force . . . and other people, they trust us and they understand whether we tell them it’s true and that is why they stand with us . . . . We have good receptivity and trust between our community. RHCP has displayed needed leadership during this time. If RHCP did not come up with the idea of bringing us together and reaching out to the different groups, we would not have known how to reach out to our communities and disseminate the information. Once RHCP put together the package, it made it easy. Anytime you put forward strategies and they work it is wonderful . . . . Without the strategies, none of the leaders would have this success. |
|Reach and engagement              | So it was good that we had this platform and these connections and this information because I was not feeling empowered to give that information myself. But getting the information from some scientists and some experts, I think it was important for me to start from something. Well, I hear from people that they were able to use the information that we have in the fliers, such as phone numbers and addresses to know where . . . . testing is done. So and even one connector said, “I told . . . the people that I connect to, if anybody gets sick, I know who to contact to help you.” And then, to me, it is a great experience I got from RHCP to make a connection with the community. [now] I am involved with the diversity council because of RHCP and then also with several organizations. I am learning a lot because [I first started from] RHCP, the door opened for me, and then I did that all. I have people privately message me, “Hey, I have COVID and I’m nursing, what do I do?” I message [name of medical expert on taskforce] and [I get their] expert advice. . . . So my impression is I think we’re well-prepared than any other community because I have friends in Twin Cities, and they’re still struggling to find resources, but we’re well set in many ways—information, finance, anything. The information from the task force is really doing a wonderful job for all the communities as well as Sudanese. They are learning a lot, too, from their friends who are Somali because the Somali are well-informed . . . they share the information, which really worked really well for us. Knowing that they’re applying the information that you give them . . . they don’t have to come to you all the time, but you listed those phone numbers and they’re—they know where to go. I’ve had people saying, “Hey, I didn’t know about that extra food stamp that I could have applied for my kids. After you posted, I did that and I told someone.” I may not know everything, but I may know where to find the answers. That’s something that we have learned as tools so we can teach ourselves and teach others. And once I found out about RHCP, slowly I transitioned to RHCP [work] group, and we created—we formed our own. [Questions like] “Can I get coronavirus a second time?” That shows that the community has already experienced this and are moving forward and the concern is what is going to happen after. As first it was said that the older people were most vulnerable, but the young are noticing that their friends are getting sick. Unfortunately, they do not have health insurance and did not know they could get tested. [Communication leaders] let them know where to go that would be free. There are reports of companies [name of company] minimizing the number of cases in order to keep the industry going. Positive people pass virus to the rest of the family because they live in a 2-bed[room] apartment with 6 to 7 people and they do not have an area to quarantine in the house. Positive person was willing to move but social worker called and there were no hotels willing to accept him, so he cannot be taken from home. . . . People are not picking up their phones when they are trying to be reached for follow-up. It has also been hard to find shelter because the hotel that was going to house people backed out. |

Abbreviation: RHCP, Rochester Healthy Community Partnership.
in institutions, and multisource misinformation all shape reception of CERC messaging, we also documented adaptations to the intervention that occurred in real time to account for the rapidly changing externalities throughout the pandemic. This study addresses a gap in the literature about ways community partnerships may plan for and implement pandemic CERC. The study also focused on CERC with immigrant and refugee populations that have been disproportionately impacted by the COVID-19 pandemic and face unique barriers to pandemic messaging and collaboration with health institutions.

The results of interviews and focus groups demonstrated high acceptability and perceived efficacy of the intervention framework. RHCP partners adopted a CERC framework, co-created messages with community partners and health experts, and modified messages regularly, which led communication leaders to feel supported in disseminating accurate messages to their networks. Frequent communication between community and academic partners allowed the team to respond rapidly to concerns and obstacles. The bidirectional communication facilitated connection of community members to resources through group-based troubleshooting. For example, the need for masks, food, and information about accessing unemployment benefits was addressed by community experts. Finally, bidirectional communication led to systems and policy changes to meet the needs of immigrant and refugee populations. For example, expressed community concerns influenced regional SARS-CoV-2 testing (and, later, vaccination) policies for patients with limited English proficiency. Likewise, a regional system was created that linked patients with limited English proficiency who received a positive test result for SARS-CoV-2 to a community-based organization that works with immigrant groups collaboratively with county officials on provision of essential services. In these ways, our study provides details about how previously described best practices for pandemic CERC with immigrant and refugee populations may be applied with populations. For example, expressed community concerns influenced regional SARS-CoV-2 testing (and, later, vaccination) policies for patients with limited English proficiency. Likewise, a regional system was created that linked patients with limited English proficiency who received a positive test result for SARS-CoV-2 to a community-based organization that works with immigrant groups collaboratively with county officials on provision of essential services. In these ways, our study provides details about how previously described best practices for pandemic CERC (from the 2009 influenza pandemic) may be applied with populations at risk for health disparities.

This study demonstrated 9 months of intervention sustainability, which has now exceeded 12 months. Sustainability of interventions beyond grant funding is challenging. Barriers to sustainability include time demands, limited resources, and maintaining morale and energy for CEnR. However, a strong and enduring partnership can be an important facilitator for sustainability of CEnR interventions. Integration of interventions into existing programs, partnership capacity building, and community ownership of interventions are also important facilitators for sustainability. The intervention in our study was built on the foundation of an experienced CEnR partnership. Frequent communication between communication leaders and academic partners, and the broader community acceptance of RHCP as a reliable source of health information, helped to sustain the intervention. One communication leader noted, “Without the COVID-19 [work group] many people [won’t] understand what to do, where to go when they have fever or wanted testing, what to do [when] they are sick . . . . So now . . . they have knowledge, and they know what they’re doing, and they know where they’re going, and they know who will contact them when they need help.”

CEnR partnerships focused on achieving health equity goals are increasingly common. Our study showed that they are uniquely poised to respond to pandemic communication needs through ready access to disease content expertise from academic partners and community expertise from community partners that includes community capacity for evaluation and data collection. Processes and products from this bidirectional CERC framework may be adapted by other CEnR partnerships to meet local needs. As examples, the framework has been adapted by partnerships in Minnesota, Florida, and Mississippi. Future directions include the development of a toolkit for community-engaged CERC for pandemic preparedness with populations at risk for health inequities.

Limitations
This study had several limitations. First, dissemination of messages beyond the initial distribution from communication leaders was not quantified. Therefore, the full intervention reach could not be assessed across social networks (message amplification). Second, the number of people reached by communication leaders may have been overestimated if people received messages from more than 1 communication leader via overlapping networks. On the other hand, the tracking sheets substantially underestimated true reach and engagement because of low completion rates by communication leaders. Third, we did not assess risk-related behaviors and outcomes, which limits quantitative conclusions about intervention impact. Finally, CEnR partnership work is highly contextual; as such, this process may not be generalizable to some partnerships.

Conclusion
Community-engaged CERC is feasible, sustainable, and effective in reducing COVID-19 disparities through shared creation and dissemination of public health messages, enhanced connection to existing resources, and incorporation of community voices in regional pandemic mitigation policies.

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ORCID iD
Mark L. Wieland, MD, MPH  https://orcid.org/0000-0001-6166-3949

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