### Supplementary file 1

**PRISMA-P 2015 checklist: Items to be reported in a systematic review**

| Section and Topic | Check list item & PRISMA-P code | Page |
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| **Section 1: Administrative information** | | |
| 1. Title: | Identification [1a] | 1 |
| | Update [1b] | NA |
| 2. Registration | Registration [2] | 2 |
| 3. Authors: | | |
| | Contact [3a] | 1 |
| | Contributions [3b] | 14 |
| 4. Amendments | Amendments [4] | NA |
| 5. Support: | | |
| | Sources [5a] | NA |
| | Sponsor [5b] | NA |
| | Role of sponsor or funder [5c] | NA |
| **Section 2: Introduction** | | |
| 6. Rationale | Rationale [6] | 4-6 |
| 7. Objectives | Objectives [7] | 6 |
| **Section 3: Methods** | | |
| 8. Eligibility | Eligibility criteria [8] | 7 |
| 9. Information | Information sources [9] | 7 |
| 10. Search | Search strategy [10] | 7 |
| 11. Study records: | | |
| | Data management [11a] | 8 |
| | Selection process [11b] | 8 |
| | Data collection process [11c] | 9 |
| 12. Data | Data items [12] | 9 |
| 13. Outcomes | Outcomes and prioritization [13] | 9 |
| 14. Bias | Risk of bias in individual studies [14] | 10 |
| 15. Data synthesis | | |
| | Quantitative synthesis criteria [15a] | 10 |
| | Appropriateness of data for synthesis [15b] | 10 |
| | Sensitivity and subgroup analyses [15c] | 10 |
| | Qualitative synthesis? [15d] | 11 |
| 16. Meta-bias(es) | Meta-bias(es) [16] | 11 |
| 17. Confidence in cumulative evidence | Assessment of strength of cumulative evidence [17] | 11 |

(PRISM-P=Preferred Reporting Items for Systematic Review-Protocol)