Molecular identification and antifungal susceptibility profiles of *Candida dubliniensis* and *Candida africana* isolated from vulvovaginal candidiasis: A single-centre experience in Iran

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Abstract
Background: Vulvovaginal candidiasis (VVC) is a common and debilitating long-term illness affecting millions of women worldwide. This disease is caused mainly by *Candida albicans* and a lesser extent by other species, including the two phylogenetically closely related pathogens *Candida africana* and *Candida dubliniensis*.

Objectives: In this study, we report detailed molecular epidemiological data about the occurrence of these two pathogenic yeasts in Iranian patients affected by VVC, or its chronic recurrent form (RVVC), and provide, for the first time, data on the antifungal activity of two new drugs, efinaconazole (EFN) and luliconazole (LUL).

Methods: A total of 133 vaginal yeast isolates, presumptively identified as *C albicans* by phenotypic and restriction analysis of rDNA, were further analysed by using a specific molecular method targeting the *HWP1* gene. All *C africana* and *C dubliniensis* isolates were also tested for their in vitro susceptibility to a panel of modern and classical antifungal drugs.

Results and Conclusions: Based on the molecular results, among 133 germ-tube positive isolates, we identify 119 *C albicans* (89.47%), 11 *C africana* (8.27%) and 3 *C dubliniensis* (2.26%) isolates. *C africana* and *C dubliniensis* showed low MIC values for most of the antifungal drugs tested, especially for EFN and LUL, which exhibited a remarkable antifungal activity. High MIC values were observed only for nystatin and...
terbinafine. Although *C. albicans* remains the most common *Candida* species recovered from Iranian VVC/RVVC patients, our data show that its prevalence may be slightly overestimated due to the presence of difficult-to-identify closely related yeast, especially *C. africana*.

**Keywords**
*Candida africana*, *Candida dubliniensis*, efinaconazole, HWP1 gene, luliconazole, vulvovaginal candidiasis

### 1 | INTRODUCTION

Vulvovaginal candidiasis (VVC) is one of the most common and widespread human fungal infection in the world that affects 70%–75% of women at least once in their lifetime, especially in childbearing age. According to recent estimates, up to 9% of young women experience recurrent episodes (4 or more) of VVC (RVVC) each year, which result in hundreds of millions of people affected globally, and in a huge economic loss estimated to be in tens of billions of dollars.

The infection is caused by some species belonging to *Candida* genus (phylum Ascomycota; sub-phylum Saccharomycotina; order: Saccharomycetales), a complex and heterogeneous group of yeast-like fungi widely distributed in nature. This genus contains at least 300 taxa but, of the over 40 species known as etiological agents of candidiasis, only 5 (*Candida albicans*, *Candida glabrata*, *Candida tropicalis*, *Candida parapsilosis* and *Candida krusei*) are responsible for more than 95% of the infections occurring in humans.

*C. albicans* is the most pathogenic species of the group and remains the most frequently isolated yeast from clinical specimens, including vaginal swabs. In fact, over 90% of VVC cases are attributable to this species while the remaining ones are caused by several other species, such as *C. glabrata*, *C. tropicalis* and *C. parapsilosis*, which are collectively referred to as non-*albicans* *Candida* species.

Until 1995, *C. albicans* was considered the only germ-tube and chlamydospores positive *Candida* species infecting humans, but molecular comparative studies, performed on some atypical Irish *C. albicans* strains, revealed the existence of high levels of genetic diversity which led to the description of a new phylogenetically related species, called *Candida dubliniensis*. In the same year, other unusual germ-tube positive *C. albicans* isolates were recovered from African patients with vaginitis, and subsequently proposed as representatives of a novel species, *Candida africana*, on the basis of some unusual phenotypes clearly different from those of typical *C. albicans* isolates, for example the lack of chlamydospores production. However, although the status of new species has been genetically confirmed for *C. dubliniensis* and *C. africana*, the taxonomic position is still controversial and some authors consider it as a biovar of *C. albicans*. Nevertheless, *C. africana* represents undoubtedly one of the most intriguing evolutionary lineage within the global *C. albicans* population and recent genome-wide studies have tried to clarify its evolutionary history by drawing an interesting and fascinating picture on the origin and evolution of the members of the *C. albicans* clade, including the well-known and synonymised *Candida stellatoidea*. Interestingly, these studies suggested that *C. albicans* probably originated from an ancestral hybridisation event between two divergent lineages, which also generated *C. africana* and *C. stellatoidea* making their taxonomic position in the clade even more uncertain and complicated. The clinical and epidemiological implications of these findings are very important because members of the *C. albicans* clade, as well as the non-hybrid species *C. dubliniensis*, despite exhibiting some lineage-specific phenotypes, they may still be misidentified as the same species by conventional mycological methods. Furthermore, the paucity of specific drug susceptibility data for these genetically distinct *Candida* lineages makes it difficult to choose the appropriate therapeutic treatment for VVC/RVCC caused by them and contributes to the increase of azole-resistant strains.

Although *C. africana* and *C. dubliniensis* are widely distributed across the world, there are limited data on the extent of RVVC caused by these pathogenic yeasts in Iranian women. Recent studies have shown that most of vaginal *C. africana* isolates from Iran exhibit resistance to various antifungal drugs and ~28% of world isolates appear to be resistant to itraconazole. Furthermore, although *C. africana* is generally associated with vaginal infections, in Iran, this pathogen has also been reported as a cause of paediatric candiduria and/or oropharyngeal candidiasis in cancer patients. From these latter patients, fluconazole- and amphoterin B-resistant isolates have been also recovered. These epidemiological findings support the hypothesis that *C. africana* prevalence, and/or drug resistance, can be geographically variable and suggest further studies, in particular in vitro susceptibility testing of promising new drugs.

The aim of this study was to evaluate the prevalence of *C. africana* and *C. dubliniensis* in a large cohort of Iranian patients with VVC/RVVC and to investigate the susceptibility of the isolates toward two new azoles, luliconazole (LUL) and efinaconazole (EFN), in comparison with other classical antifungal drugs.

### 2 | MATERIALS AND METHODS

#### 2.1 | Patients and yeast isolates

This research was performed on 295 vaginal swab samples, collected during 1-year period (August 2018–September 2019) from Iranian patients presenting signs and symptoms of VVC who referred to clinics of gynaecology in Jahrom city, south of Iran. Swabs
were plated directly onto Sabouraud dextrose agar plates containing chloramphenicol (50 mg/L) and then incubated at 37°C for 48–72 h. Before molecular identification, all germ-tube positive Candida isolates were subcultured on the chromogenic medium CHROMagar Candida (CHROMagar), at 35°C for 48 h, to ensure isolation of pure colonies and/or recognition of mixed culture.27 This study was approved by the Ethics Committee of Jahrom University of Medical Sciences (n° IR.JUMS.REC.1398.001).

2.2 Genomic DNA extraction, molecular identification and partial HWP1 gene sequencing

In this study, a preliminary molecular screening of the yeast isolates was accomplished using a polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) analysis of ribosomal internal transcribed regions (ITS).27,28

Total genomic DNA was extracted from each isolate using the glass-bead phenol-chloroform method according to a previous study.29 Purified DNA samples were then subjected to PCR-RFLP analysis as previously described in Gharaghani et al.27 Briefly, the ITS-rDNA regions were amplified using 0.5 μM of the fungal universal primers ITS1 and ITS4, 12.5 μl of DNA master mix (Ampliqon) and PCR-grade water to make a final reaction volume of 25 μl.30 PCR cycles included initial denaturation at 94°C for 5 min, followed by 35 cycles of denaturation at 94°C for 30 s, annealing at 58°C for 30 s, extension at 72°C for 1 min and a final extension step of 7 min at 72°C. After PCR, 6 μl of each amplicon was digested for 2 h at 37°C in 15 μl of restriction mixture containing 1.5 μl reaction buffer, 7 μl water and 0.5 μl MspI as a restriction enzyme. Subsequently, the digested products were separated and visualised on a 1.3% (wt/vol) agarose gel and photographed under ultraviolet light at 305 nm. Final species identification was done by comparing the obtained RFLP patterns with those of reference strains used in other studies.27,28

In order to correctly identify each member of the C albicans clade, all isolates were further characterised by using a simple PCR-based assay developed for rapid and specific identification of these pathogens.12,31 This method is based on partial amplification of the HWP1 gene using only a single pair of primers: CR-f-GCTACCACTTTCCAGATCATCATC-3’ and CR-r-GACATTTACGTAGAGACG-3’.31 The reaction mixture and conditions used for in vitro amplification were the same as those previously described by Romeo and Criseo, 2008.31 PCR products were separated on a 1.3% (wt/vol) agarose gel and, according to the size of the amplicon produced, Candida isolates were classified as follows: C albicans (~941 bp), C stellatoidea (~800 bp), C africana (~740 bp) and C dubliniensis (~569 bp).12,31

All HWP1 fragments obtained from isolates identified as C africana and C dubliniensis, including three random selected C albicans isolates, were also sequenced using the same CR-f/CR-r primer set mentioned above. PCR products were sequenced via the ABI PRISM BigDye Terminator Cycle Sequencing Ready Reaction Kit (Applied Biosystems) on an automated ABI PRISM™ 3730 DNA sequencer (Applied Biosystems), following the manufacturer’s guidelines. The resulting electropherograms were visually inspected and compared with the corresponding HWP1 gene reference sequences of C albicans (GenBank: XM_704869.2), C dubliniensis (GenBank: XM_002419949.1) and C africana (GenBank: EU477610.1).

All the nucleotide sequences obtained in this study have been deposited in the GenBank database under the following accession numbers: MT361747-MT361763.

For further in silico sequence analysis and phylogenetic reconstruction, additional HWP1 sequences were retrieved from the GenBank database and included in this study (Figure 1). The maximum-likelihood method was employed for phylogenetic analysis by using unambiguously aligned HWP1 sequences based on the Tamura-Nei substitution model as implemented in the MEGA software, version 7.32

2.3 Antifungal susceptibility testing

Evaluation of the in vitro susceptibility profiles of C dubliniensis and C africana to various antifungal drugs was performed according the CLSI M27-A3 and M27-S4 documents.33,34 The susceptibility of the isolates to amphotericin B (AMB; Bristol-Myers-Squib), itraconazole (ITC; Janssen Research Foundation), voriconazole (VRC; Pfizer, Central Research), clotrimazole (CLO) and ketoconazole (KTO; Sigma) was tested in the concentration range of 0.016–16 μg/ml, whereas terbinafine (TRB), nystatin (NYS; Sigma) and fluconazole (FLU; Pfizer) activities were evaluated in the concentration range of 0.063–64 μg/ml.

The two new antifungals, LUL and EFN (Sigma), were tested in the concentration range of 0.008–8 μg/ml, whereas the range for caspofungin (CAS; Sigma) was 0.008–8 μg/ml.

The yeast inoculum suspensions were prepared spectrophotometrically at 530 nm to a percent transmission in the range 75–77. Standardised inocula were in the range of 0.5–2.5 × 10⁵ CFU/ml.

To estimate the minimum inhibitory concentration (MIC), the microdilution plates were incubated at 35°C and observed at 24 h. However, unlike typical C albicans isolates, C africana usually exhibits slower growth rates at different temperatures.16,35 Therefore, if no growth was observed at 24 h, the incubation time was extended to 48 h. After incubation, MIC endpoints were determined visually by comparing the turbidity with the drug-free growth control well. MIC was interpreted as the lowest drug concentration capable to visibly inhibiting fungal growth (ie inducing 100% inhibition in the drug-free control growth). C parapsilosis (ATCC 22019) and C krusei (ATCC 6258) were used as quality control strains.33,34

3 RESULTS

Patient data and clinical characteristics of VVC/RVVC caused by C africana and C dubliniensis are summarised in Table 1. A total
of 149 yeast isolates were recovered from 295 examined vaginal swabs. Of these, 133 (89.2%) were germ-tube positive and grew as typical C. albicans green colonies on CHROMagar Candida. As expected for germ-tube positive Candida species,28 all 133 yeast isolates produced a 537 bp amplicon by ITS amplification and two smaller DNA fragments (239 and 298 bp) after digestion with MspI restriction endonuclease,28 confirming that the PCR-RFLP method employed was not able to discriminate between C. albicans, C. dubliniensis and C. africana.28 On the contrary, partial amplification of the HWP1 gene yielded single DNA bands of different sizes allowing to correctly identify 119 C. albicans (89.47%), 11 C. africana (8.27%) and 3 C. dubliniensis (2.26%) isolates. Sequencing of the HWP1 amplicons of all Iranian C. africana, C. dubliniensis and 3 representative C. albicans isolates confirmed the results obtained by PCR identification. In fact, all Iranian C. africana isolates showed 100% sequence similarity with several other HWP1 sequences from Iran and Honduras. More specifically, comparison of the 11 C. africana HWP1 sequences with 17 reference sequences available in GenBank (Iran n = 14, Italy n = 1, Honduras n = 1 and Argentina n = 1; Figure 1) showed a sequence similarity ranging from 99.72% to 100% indicating that C. africana isolates recovered from Italy (GenBank: EU477610.1) and Argentina (GenBank: KR704898.1) were genetically, slightly, different from the Iranian ones (Figure 1).

Regarding C. dubliniensis, Iranian isolates were highly similar among them with only one nucleotide substitution (nucleotide position n° 360) detected in 1 (GenBank: MT361763) of the 3 isolates recovered in this study. Interestingly, two isolates (GenBank: MT361761 and MT361762) showed 100% sequence similarity with an Egyptian C. dubliniensis isolate (GenBank: JQ712517) (Figure 1) but were genetically different from several other isolates recovered in diverse geographical areas (Figure 1). Figure 1 depicts a maximum-likelihood phylogenetic tree obtained by using HWP1 sequences from this study and other sequences currently available in the GenBank database.

The results of the in vitro antifungal susceptibility testing for C. africana and C. dubliniensis are shown in Table 2. The geometric mean MIC against all tested isolates was 0.019 and 0.024 μg/ml for the two novel drugs EFN and LUL, respectively (Table 2). However, in general, except for nystatin and terbinafine, all other antifungal agents tested showed low MIC values and therefore all the isolates were considered susceptible to these drugs (Table 2).
Vaginal candidiasis is still one of the most common human fungal infections worldwide that affects an estimated 138 million women each year, a number that is destined to increase by more than 20 million over the next 10 years. In Iran, over 2.7 million women, aged between 15 and 50 years, suffer from RVVC but current epidemiological data are not sufficient to establish with certainty the real burden of this disease in this country. However, in accordance with current global epidemiological trends, C. albicans is the most commonly isolated Candida species in Iranian VVC/RVVC patients, even if our data confirm that its prevalence is slightly overestimated due to the presence of two difficult-to-identify closely related yeasts, C. africana and C. dubliniensis. These yeasts are often reported as members of the so-called ‘C. albicans species complex’ by many authors but, according to recent changes in naming fungal species of medical interest and the new developments in the phylogeny of the C. albicans clade, these yeasts are now recognized as separate species.

### DISCUSSION

Vaginal candidiasis is still one of the most common human fungal infections worldwide that affects an estimated 138 million women each year, a number that is destined to increase by more than 20 million over the next 10 years. In Iran, over 2.7 million women, aged between 15 and 50 years, suffer from RVVC but current epidemiological data are not sufficient to establish with certainty the real burden of this disease in this country. However, in accordance with current global epidemiological trends, C. albicans is the most commonly isolated Candida species in Iranian VVC/RVVC patients, even if our data confirm that its prevalence is slightly overestimated due to the presence of two difficult-to-identify closely related yeasts, C. africana and C. dubliniensis. These yeasts are often reported as members of the so-called ‘C. albicans species complex’ by many authors but, according to recent changes in naming fungal species of medical interest and the new developments in the phylogeny of the C. albicans clade, these yeasts are now recognized as separate species.
we believe that the denomination of a ‘species complex’ is no longer appropriate to indicate these pathogenic yeasts and therefore, according to Mixão et al, 2020,13 there is an urgent need to clarify the taxonomic position of C albicans and its related lineages.

Collectively, in this study, C dubliniensis and C africana make up 10.5% (14/133) of VVC/RVVC cases caused by germ-tube positive Candida isolates and, in this context, C africana makes the most significant contribution (11/14 non-albicans isolates; ~78.6%) which is in line with previous studies, including its high ability to cause mainly vaginal infections.12,15,23,35,41 Conversely, C dubliniensis has been frequently associated with oral infections in HIV-positive patients.9,12 and our data confirm its very low prevalence in VVC/RVVC patients as already evidenced by several previous Iranian and international studies.12,45-49

C africana has a worldwide distribution,12,15,23,41 and a recent global epidemiological meta-analysis by Gharehbolagh et al23 showed that within C albicans/C africana/C dubliniensis group its overall prevalence is estimated to be 1.67% with Iran and Honduras showing the highest global prevalence (~3%).22 Interestingly, in silico comparison of HWP1 sequences and phylogenetic analysis showed that our C africana isolates were genetically identical to other isolates from Iran and Honduras (Figure 1), and slightly different from those of Italian and/or Argentinean origin. However, the lack of intraspecific genetic variation within Iranian C africana isolates agrees with recent studies showing that the global population structure of this Candida yeast is highly clonal,16 and therefore small genetic variations among isolates can be evidenced only by using techniques that allow to analyse a large fraction of DNA sequences or its entire genome.15,16

Our study reports one of the largest clusters of C africana isolates from Iran to date and confirms that this pathogenic yeast makes a substantial contribution to vaginal infections in this country. However, although significant variations in C africana prevalence have been reported, between and across several countries worldwide,12,15,23,35 our epidemiological data are in accordance with recent Iranian studies20,38 and are quite similar to prevalence rates reported from other single centres in China (6.3%),50 Italy (7.2%),51 USA (7%)52 and Algeria (10%)53 indicating that this yeast may be more locally or regionally prevalent.23,41 In fact, Turkey, which is geographically close to Iran, showed the lowest prevalence for C africana with two different studies reporting rates of 0%54 and 0.8%,46 respectively. Also, other countries, such as Malaysia55 and Argentina,47,48 reported the lack, or very low prevalence, of C africana in vaginal samples supporting the hypothesis of local geographical variation, although such estimates may be imprecise due to a limited number of studies in these countries.23 However, epidemiological data also revealed that the susceptibility of healthy women to VVC/RVVC, and/or to Candida colonisation, could be potentially related to the host genetic background, ethnicity and alteration of the vaginal microbiome.56,57 Therefore, it is still unclear whether the differences in C africana prevalence observed so far12,15,23,41 are the result of a limited number of molecular epidemiological studies or whether these differences are somewhat related to geographic/climate variations, race and/or other intrinsic host-related factors.8,23,35,57 For these reasons, further worldwide investigations, using HWP1 identification method,31 should be encouraged in order to assess the real impact of C africana in VVC/RVVC patients and its global distribution.

Regarding the susceptibility of vaginal C africana and C dubliniensis isolates to different antifungal drugs, previous studies showed that these yeasts are generally sensitive to several commonly used antymycotics.23,35,41 However, there are some reports showing that C africana exhibits antifungal susceptibility patterns different from those of C albicans23 and some isolates have been classified as resistant to itraconazole, fluconazole, voriconazole, clotrimazole, 5-flucytosine and terbinafine.12,22,23,25

In our study, C africana and C dubliniensis isolates showed low MIC values for most of the antifungal drugs tested (Table 2). High MIC values were observed only for NYS and TRB, which is inconsistent with previous reports.35,47,58 Furthermore, to our knowledge, we show for the first time a remarkable antifungal activity of EFN (G mean, 0.019 μg/ml) and LUL (G mean, 0.024 μg/ml; Table 2) against all our Candida isolates, confirming the excellent in vitro activity of these two new antifungal drugs against a broad spectrum of pathogenic fungi.47,59,62 However, it should be pointed out that in our study, the susceptibility test was performed using a pH 7 culture medium as described by standard CLSI guidelines.33,34 This condition may not reflect the real susceptibility of isolates normally exposed, or adapted, to the vaginal acidic environment (normal pH between 3.8 and 4.5).62 Therefore, a sensitivity test with culture medium at pH<4 should be evaluated in future studies against these vaginal Candida pathogens.

In conclusion, although C albicans remains the main causative agent of vaginal infections in Iranian patients, a considerable part of these cases can be attributed to other Candida pathogens that are very difficult to identify using traditional identification methods.12,39,42 Nevertheless, based on our data, and several previous studies,12,23,35,37,41,58,64 the differentiation between C albicans, C africana and C dubliniensis appears to be clinically irrelevant, as discrimination of these pathogens should not affect therapeutic choices commonly used for the treatment of VVC/RVVC. However, several drug-resistant C africana isolates, or strains with reduced susceptibility to different classes of antymycotics,12,22,23 have been recently reported, and we also confirmed the occurrence of isolates with high MIC values for NYS and TRB drugs. Therefore, further epidemiological studies on a global scale will be useful to establish the real prevalence, and the role, of C africana in vaginal infections as well as understanding the extent of antifungal resistance in this pathogenic yeast.

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CONFLICT OF INTEREST
The authors declare that there are no conflicts of interest.

AUTHOR CONTRIBUTIONS
Gholamreza Shokoohi: Conceptualization (lead); Funding acquisition (lead); Supervision (lead); Writing – original draft (lead). Javad Javidnia: Formal analysis (lead); Writing – review and editing (equal). Hossein Mirhendi: Conceptualization (supporting); Writing – review and editing (equal). Athar Rasekh Jahromi: Resources (equal); Writing – review and editing (equal). Ali Rezaei-Matehkolaei: Writing – review and editing (equal). Faeze Maryami: Resources (equal); Writing – review and editing (equal). Sahand Goodarzi: Resources (equal); Writing – review and editing (equal). Orazio Romeo: Supervision (supporting); Writing – original draft (supporting); Writing – review and editing (lead).

DATA AVAILABILITY STATEMENT
The data that support the findings of this study are openly available in the Genbank database at https://www.ncbi.nlm.nih.gov/genbank, reference number MT361747-MT361763.

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