Clinicopathologic features of surgically resected primary gastric lymphoma

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INTRODUCTION

Because primary gastric lymphoma has a tendency to be localized in the stomach for a long time, surgical resection remains an important treatment modality[1-3]. *Helicobacter pylori* has been proposed to be an important cause of the formation of mucosa associated lymphoid tissue (MALT) and the development of subsequent lymphoma. About 80% of low grade MALT lymphomas were found to be cured by *H pylori* eradication alone, and there are some reports in which high grade MALT lymphoma was also cured in this manner[4]. Recently, lymphoma related with MALT was classified as ‘extra nodal marginal zone B cell lymphoma of mucosa-associated lymphoid tissue (MALT lymphoma)’ by WHO[5]. According to the report of Isaacson et al.[6] in 1983, gastric lymphoma may be divided into low grade MALT lymphoma, high grade MALT lymphoma, and diffuse large B cell lymphoma. The aim of this study was to analyze the clinicopathologic characteristics of surgically resected gastric lymphoma patients according to the postoperative histopathologic grades.

MATERIALS AND METHODS

We enrolled 57 gastric lymphoma patients who had undergone operations at Seoul National University Hospital from January 1995 to July 2002.

Primary gastric lymphoma was often divided into 3 categories: low grade MALT lymphoma, high grade MALT lymphoma, and diffuse large B cell lymphoma. Low grade MALT lymphoma was diagnosed when the classic features of MALT lymphoma were evident. The classic features were lymphoid atypical cells and destruction of mucosal walls (lymphoepithelial lesion), and the presence of centrocyte-like cells, lymphoid follicles, monocyte-like B-cells, lymphoplasma cell, centroblast-like cells, and Dutcher bodies[7,8]. When these cells became larger and crowded, and the features of low grade MALT lymphoma were seen partly, such cases were classified as high grade MALT lymphoma. When portions of low grade MALT lymphoma were absent, they were classified as diffuse large B cell lymphoma. (Figure 1) But, it was often difficult to differentiate diffuse large B cell lymphoma from high grade MALT lymphoma because the histopathologic sections from postoperative specimens sometimes did not include the portions of the classic features of low grade MALT lymphoma which were present partly.

We divided the patients into 2 groups according to the post-operative pathologic reports, namely the LG group (low grade MALT lymphoma) and the HG group (high grade MALT lymphoma and diffuse large B cell lymphoma).

Sex, age, operative method, postoperative stage, number of lesions, and recurrence were reviewed retrospectively using...
medical records and phone-call surveillance. For postoperative staging, both the TNM staging system for gastric adenocarcinoma and the Musshoff staging system (modified Ann-Arbor stages) were used (Table 1).

Clinicopathologic data were compared using the chi-square test and Fisher’s exact test. Survival rates were calculated using the Kaplan-Meier method and analyzed using the log-rank test. *P*-values of less than 0.05 were considered statistically significant.

**RESULTS**

**Clinical characteristics**

The numbers of patients of the LG group and the HG group were 20 (35.1%) and 37 (64.9%), respectively. One patient had a synchronous gastric adenocarcinoma and low grade MALT lymphoma.

The male to female ratio was 1.11:1 (30:27) without any significant difference between the groups.

The mean age of the patients in the LG group was 52.6 years, and was 57.7 years in the HG group. There was no significant difference between the 2 groups. (*P* > 0.05) (Table 2).

| Table 2 Age and sex distribution of patients |
|-----------------------------------------------|
| **n (%)** | **LG group** | **HG group** | **Total** | **P-value** |
| Age (±SD) | 20 (35.1) | 37 (64.9) | 57 | n.s. |
| Sex (M:F) | 10:10 | 20:17 | 30:27 | n.s. |

LG group: patients with low grade MALT lymphoma, HG group: patients with high grade MALT lymphoma or diffuse large B cell lymphoma. In 1 case: associated with AGC.

| Table 3 Presenting symptoms and duration |
|-----------------------------------------|
| **Symptom** | **n (%)** | **Duration of symptom** |
| Epigastric pain, discomfort | 39 (68.4) | 11.9±24.9 |
| Gastrointestinal bleeding | 9 (15.8) | |
| Weight loss | 9 (15.8) | |
| Indigestion | 7 (12.3) | |
| Nausea/vomiting | 4 (7.0) | |
| Anorexia | 4 (7.0) | |
| Diarrhea | 2 (3.5) | 5.2±9.0 |
| Others | 3 (5.3) | |
| No Symptom | 6 (10.5) | 7.6±16.7 mo |

LG group: patients with low grade MALT lymphoma, HG group: patients with high grade MALT lymphoma or diffuse large B cell lymphoma. *P* = n.s.

**Figure 1** A: Low grade MALT lymphoma. Microphotograph showing proliferation of heterogeneous small B-cells, including marginal zone (centrocyte-like) cells, cells resembling monocytoid cells, small lymphocytes, and scattered immunoblast and centroblast-like cells. In epithelial tissue, neoplastic cells typically infiltrated the epithelium, forming lymphoepithelial lesions. B: Diffuse large B cell lymphoma. Microphotograph showing proliferation of large B lymphoid cells in a diffuse pattern. Tumor cells have a large and pleomorphic appearance with prominent nucleoli.

| Table 1 Musshoff’s modified Ann-Arbor stage |
|--------------------------------------------|
| **Stage** | **Definition** |
| Ie | Involvement of a single extralymphatic organ or site¹ |
| Ie1 | Involvement of mucosa or submucosa |
| Ie2 | Involvement of more than submucosa |
| Ile | Involvement of two or more lymph node regions on the same side of the diaphragm with localized involvement of an extralymphatic organ and site²³ |
| Ile1 | Involvement of regional lymph nodes |
| Ile2 | Involvement of other lymph nodes beyond regional area |
| Ile | Localized involvement of a single extralymphatic organ or site with involvement of lymph node regions on both sides of the diaphragm (Ile) or involvement of the spleen (IIs) or both (IIle) |
| IVe | Involvement of extranodal site(s) beyond that designated as “e” more than one extranodal deposit at any location, any involvement of liver or bone marrow |¹²²³ |
| E | Localized, solitary involvement of extralymphatic tissue, excluding liver and bone marrow |
| 1 | Direct spread of a lymphoma into adjacent tissues or organs does not influence stage. Multifocal involvement of a single extralymphatic organ is classified as stage I and not stage IV. Involvement of two or more segments of the gastrointestinal tract, isolated and not in continuity, is classified as stage IV (disseminated involvement of one or more extralymphatic organs). |
| 2 | The definitions of regional lymph nodes for individual sites of extranodal lymphomas are identical to the definitions of regional lymph nodes for individual sites of gastrointestinal carcinomas. For example, the regional lymph nodes for a primary gastric lymphoma are the perigastric nodes along the lesser and greater curvatures and the nodes located along the left gastric, common hepatic, splenic, and celiac arteries. |
**Symptoms**  
Epigastric pain and discomfort were the most common symptoms. The duration of the symptoms of the LG group had a tendency to be longer than that of the HG group, but it was not statistically significant. Among B symptoms specific in lymphoma, only weight loss was found in 9 patients (15.8%), but fever and night sweats were not found. Moreover, the reason of weight loss was obscure, i.e., as to whether it was a part of the B symptoms or a result of the gastrointestinal symptoms (Table 3).

**Results of preoperative examination**  
Forty-six patients were enrolled whose records of preoperative gastroscopic findings were available. The accuracy of the primary diagnosis of lymphoma by preoperative gastroscopy was 34.8% (16/46), and the overall diagnosis rate including differential diagnosis was 50% (23/46) (Table 4).

There were 2 cases of adenocarcinoma in the preoperative pathologic reports. One was misdiagnosed as a adenocarcinoma and later diagnosed as a diffuse large B cell lymphoma postoperatively, and the other was a case of synchronous adenocarcinoma and lymphoma. The accuracy of histological grading of lymphoma with preoperative biopsy was 87.0% (40/46) as compared with the postoperative pathologic reports (Table 5).

To identify relationships with *H pylori*, a pathologic examination with or without a CLO test was used in 38 cases, the serology test (*H pylori* IgG) in 1 case, and both methods in 3 cases.

In our series, 73.8% (31/42) were related with *H pylori*. According to the groups, the positive rate of *H pylori* was 68.8% (11/16) in the LG group and 76.9% (20/26) in the HG group. There was no significant difference between the 2 groups.

Of the patients diagnosed as low grade MALT lymphoma, 5 patients took the regimen for *H pylori* eradication. Four patients had surgical resection later because of remnant lymphoma at follow-up gastroscopy, and 1 patient underwent the operation because of transformation to a higher grade.

**Table 4 Preoperative endoscopic findings and diagnosis accuracy**

| Lymphoma | LG group (%) | HG group (%) | Total (%) |
|----------|--------------|--------------|-----------|
| Lymphoma | 6 (37.5)     | 10 (33.3)    | 16 (34.8) |
| AGC      | 4 (25.0)     | 17 (56.7)    | 21 (45.7) |
| EGC      | 5 (31.3)     | 2 (6.7)      | 7 (15.2)  |
| Benign ulcer | 1 (6.3)       | 1 (3.3)      | 2 (4.3)   |
| Total    | 16 (100)     | 30 (100)     | 46 (100)  |

**Table 5 Comparison between gastroscopic biopsy and postoperative histopathology**

| Preop. | Postop. | LG group (%) | HG group (%) | Total (%) |
|--------|---------|--------------|--------------|-----------|
| LG group | 15 (78.9) | 4 (21.1) | 19 (100.0) |
| HG group | 2 (7.4) | 25 (92.6) | 27 (100.0) |
| Total | 17 | 29 | 46 |

**Methods and results of operations**  
Subtotal gastrectomy was performed in 35 patients (61.4%), and total gastrectomy in 22 patients (39.6%), with no significant difference among the groups. Of these 22 patients, 7 also underwent splenectomy (Table 6).

In all groups, the lower third was the most common lymphoma location, which occurred in 45.6% (26/57). If the patients with additional lesions in the upper or middle third were included, totally 54.4% (31/57) of patients had lesions in the lower third of the stomach. There was no significant difference between the groups (Table 7).

We used both staging systems, namely TNM stages and Musshoff stages (modified Ann-Arbor stages). Regardless of the staging system, patients in the LG group had more proportions of early lesions than those in HG group (Tables 8-9).
In the HG group, one patient had the lesion invading the colon and pancreas, and one patient had a lymphoma directly invading the spleen and pancreas.

The LG group had a lower proportion of LN metastasis than the HG group. The number of patients who had regional LN invasion was 2 of 19 (10.5%, 1 submucosal lesion, 1 proper muscle lesion) in the LG group and 15 of 34 (44.1%) in the HG group.

Multiple lesions were found in 11 patients (19.3%) according to the postoperative pathologic reports. In 2 cases, no lymphoma lesion was found in the postoperative specimens, one had a diffuse large B cell lymphoma which received preoperative chemotherapy (COPBLAM #6), and the other was diagnosed as low grade MALT lymphoma preoperatively who did not receive any special therapy before operation. There was no difference in the proportions of multiple lesions among the subgroups. In 11 patients with multiple lesions, 6 had subtotal gastrectomy, and the other 5 had total gastrectomy (Table 10).

**Table 10 Number of lesions**

| Number | LG group (%) | HG group (%) | Total (%) |
|--------|--------------|--------------|-----------|
| None or single | 17 (85.0) | 29 (83.3) | 46 (80.7) |
| 0 | 1 (5.0) | 1 (2.7) | 2 (3.5) |
| 1 | 16 (80.0) | 28 (75.7) | 44 (77.2) |
| Multiple | 3 (15.0) | 8 (21.6) | 11 (19.3) |
| 2 | 1 (5.0) | 7 (18.9) | 8 (14.0) |
| 6 | 0 (0.0) | 1 (2.7) | 1 (1.8) |
| Diffuse | 2 (10.0) | 0 (0.0) | 2 (3.5) |
| Total | 20 (100) | 37 (100) | 57 (100) |

Postoperative radiotherapy was indicated to those with remnant lesions in their resection margins. Two patients in the LG group and one in the HG group underwent radiotherapy, and remained alive at postoperative 13.5 mo, 66.3 mo, and 66.4 mo, respectively, without evidence of recurrence. Postoperative chemotherapy was applied to one patient with low grade MALT lymphoma invading the proper muscles and the regional LN. Twenty-four patients out of 32 patients (75.0%) in the HG group had postoperative chemotherapy. According to the Musshoff stage, only 1 patient of 19 stage Ie1 patients had postoperative chemotherapy. Ten of 15 stage Ie2 patients and 14 of 15 stage IIe patients received chemotherapy. In most cases, CHOP regimen (cyclophosphamide, doxorubicin, vincristine, prednisolone) was used.

**Table 11 Characteristics of patients whose disease recurred**

| Sex/ age | Op. | Loc. | Size(cm) | N | T | LN | Musshoff stage | Site of recurrence | DFS (mo) | Survival | OS (mo) |
|----------|-----|------|----------|---|---|----|----------------|-------------------|----------|----------|--------|
| F/ 80    | ST  | LB   | 6x3      | 1 | PM| 8/ 26 | Ile2           | abdominal LN      | 0.4      | Dead3    | 10.1   |
| M/ 34    | T   | MB   | 8x2.5    | 1 | PM| 12/ 21 | Ile1           | abdominal LN      | 6.6      | Dead     | 9.1    |
| M/ 34    | ST  | MB   | 2.2x3    | 1 | SS| 0’ 60 | Ie2            | bone marrow       | 7.6      | Alive    | 57.2   |
| F/ 59    | ST  | LB   | 4x3.5    | 1 | SM| 0’ 19 | Ile1           | remnant stomach   | 10.4     | Alive    | 13.4   |
| M/ 85    | ST  | MB & LB | 4x3   | 2 | PM| 0’ 64 | Ie2            | paraaortic LN     | 18.2     | Dead2   | 42.0   |
| F/ 55    | T   | HB   | 13x10    | 1 | colon, | 0’ 11 | Ile2           | chest             | 26.3     | Dead     | 37.4   |
| M/ 67    | ST  | LB   | 10x8     | 1 | SS| 16/ 53 | Ile1           | abdominal LN      | 26.8     | Dead3    | 31.6   |
| M/ 70    | ST  | MB   | 3x2      | 2 | SM| 5/ 19 | Ile1           | unknown3          | 70.4     | Alive    | 70.6   |

**Figure 2** Disease-free survival curve according to histopathology (LG group : low grade MALT lymphoma, HG group : high grade MALT lymphoma and diffuse large B cell lymphoma).

**Recurrence and risk factors**

Patients were followed up for a mean 75.8 mo. Eight cases had recurrence, no patient in the LG group and 8 patients (21.6%) in the HG group (Table 11).

The locations of the recurrence were the remnant stomach in 1 case, and the intraabdominal lymph nodes in 4 cases. In the other case, the location was presumed to be the intraabdominal area. One case had a recurred lesion in the thorax, and another case in the neck.

Six of 8 patients with recurred diseases died. One died of pneumonia during chemotherapy for a recurred lymphoma, and another died of brain infarct of unknown etiology. The other 4 patients died of recurred disease progression.

Grades (P=0.024), TNM stages (stages I, II vs stages III, IV, P=0.002) were found to be risk factors by univariate analysis. Otherwise, age, sex, size of lesion, depth of invasion, lymph node metastasis, and the presence of multiple lesions, were all unrelated to recurrence (Figures 2, 3). Patients with Musshoff stage IIe lymphoma showed a tendency of lower 5 years disease-free survival rate than those with stage Ie lymphoma (87.1% vs 76.1%, P=0.139), but it was not significant. None of stage Ie patients in LG group had recurrence, but 4 of stage Ie HG group patients had recurrence (5-year disease-free survival rate 100% vs 77.9%, P=0.080).

The recurrence rate in the subtotal gastrectomy group (17.1%, 6/35) was slightly higher than that in the total gastrectomy group (9.1%, 2/22). In the HG group, the recurrence rate was 28.6%(6/21) in those with subtotal gastrectomy and 15.4%(2/13) in those with total gastrectomy. But it was not significant (P=0.50).
The stomach is the most common intraabdominal organ for extralymphatic lymphoma in the abdominal cavity, about 20% of extralymphatic lymphomas occur in the stomach. Normally, the stomach has no lymphatic tissue in the mucosa or submucosa. The formation of MALT has been known to be related with H pylori and some autoimmune diseases[9-10]. In our study, the proportion of patients with evidences of H pylori was 73.8% overall, and 68.8% in the low grade MALT lymphoma group. This result corresponded with the results of Paik[23] in Korea, but the figures were slightly lower than the 70-90% obtained elsewhere[12]. The ratio of males to females was 1.11:1. Compared to other results in which the male to female ratios were 1.7:1-2:1, our result showed a higher proportion of female patients.

Some genetic abnormalities such as t(11:18)(q21;q21) have been discovered to be related with the process of MALT lymphoma formation by H pylori. t(11:18) existed in about 18-50% of MALT lymphomas. Liu et al[13] reported that low grade MALT lymphoma with t(11:18) was more resistant to H pylori eradication regimens. Remstein et al[14] reported that low grade MALT lymphoma without t(11:18) tended to have t(1;14) or to show aneuploidy. Moreover, abnormal manifestations of bcl-6, some trisomies (including trisomy 3), abnormality of P53, and hypermethylation of P15 or P16 are also thought to be related to the formation of MALT lymphoma. Thus, there might be several pathways to the formation of MALT lymphoma[15].

Cabras et al[16] advocated multiple pathways to high grade transformation. The time taken for high grade transformation was estimated at about 10 years by Yoshino et al[17], which was not definite with our study. On the other hand, there were 4 cases in our study who had been diagnosed as low grade MALT lymphoma by preoperative gastroscopy, and they were diagnosed as higher grade lymphoma after H pylori eradication or surgery. So, there is a possibility that high grade transformations were observed within a few months.

We could spare the time and cost of attempting to eradicate H pylori, if we knew the characteristics of the group whose diseases were resistant to H pylori eradication therapies and tended to transform to higher grades. Currently, t(11:18), H pylori with Cag A(+), invasion deeper than the submucosal layer by endoscopic ultrasonography, and lymph node metastasis have been reported to be risk factors of resistance[18]. However, in our series, all 5 patients whose lymphoma invaded the submucosal layer without lymph node metastasis failed H pylori eradication and underwent operation, demonstrating the need for further studies on the risk factors involved.

Misdiagnoses could be made in patients with higher grade MALT lymphoma or diffuse large B cell lymphoma once diagnosed as low grade MALT lymphoma preoperatively. Strecker et al[19] reported that the accurate diagnostic rate with grade differentiation was 73% even in the large medical institutes because of the limitations of the small, partial biopsy samples produced by gastroscopic procedures. In our study also, 87% showed the same diagnosis and the same grade before and after operation.

Likewise, among the 19 patients once diagnosed as diffuse large B cell lymphoma preoperatively, 4(21.1%) were diagnosed as high grade MALT lymphoma because the portions of the classic features of low grade MALT lymphoma were found postoperatively. Even more, the histopathologic sections from postoperative specimens could miss the portions of the classic features of low grade MALT lymphoma which were present partly, too. This is the reason why we categorized both diffuse large B cell lymphoma and high grade MALT lymphoma patients into one group.

Eck et al[20] proposed complementary serology testing to confirm the relationship with H pylori, because positive results by serologic tests are obtained even in H pylori-negative patients by gastroscopic biopsy. We checked 4 cases in which serology testing was performed. Three patients were also positive by biopsy, but one patient had a positive serlogic result despite a negative finding by gastroscopic biopsy.

Recently, some have suggested non-operative methods such as H pylori eradication, chemotheraphy, or radiotherapy as the primary therapeutic strategies instead of surgery[21,22]. Whereas in our study only 3 patients with remnant tumor in the resection margin undertook radiotherapy. Schechter et al[23] reported the complete resolution of 17 cases of MALT lymphomas in stages I and II with radiotherapy. The German multicenter study GIT NHL.01/92 in 2001 reported no significant difference in the survival or recurrence rates between 79 patients who had surgery alone or surgery with adjuvant chemotherapy and 106 patients who had chemotherapy alone[24].

Investigators who suggested that chemotherapy was the primary strategy believed that there was no difference in the survival rates of surgical resection and chemotherapy, and that those who did not receive radical resection showed significant lower survival rates, and that chemotherapy can reduce the size of a lesion and make the surgery easier, even when it failed to effect a complete cure.

On the other hand, surgical resection as the primary therapy allowed the accurate staging of the lymphoma. Besides, in those patients with serious complications such as perforation and bleeding, surgical procedure became more difficult due to the fragile gastric wall, and the higher risk of postoperative complications. Moreover, peritoneal seeding could theoretically occur via the perforated gastric wall[1-3,25].

We found that the proportion of patients with multiple lesions was 19.3%. In addition, cases in which the MALT lymphoma had spread along the mucosal layer to the esophagus or the duodenum were also reported. In the H pylori infected stomach, it is well known that gastric mucosa other than MALT lymphoma lesions, may have B cell monoclonality. Even after H pylori eradication therapy, it has been reported that about 50% of patients had B cell monoclonality in their gastric mucosa.
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