MicroRNA-342-3p loaded by human umbilical cord mesenchymal stem cells-derived exosomes attenuates deep vein thrombosis by downregulating EDNRA

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Abstract

Exosomes (exos) exert biological functions to maintain the dynamic balance of cells and tissues by transferring biological cargo to recipient cells. Thus, this study explored human umbilical cord mesenchymal stem cells (hucMSCs)-derived exosome transfer of microRNA (miR)-342-3p in deep vein thrombosis (DVT). DVT rat models were established via inferior vena cava (IVC) ligation. HucMSCs-exos were extracted and injected into rats with DVT to observe whether they could influence thrombus formation in vivo. HucMSCs-exos were co-cultured with human umbilical vein endothelial cells (HUVECs) in vitro to observe angiogenesis. miR-342-3p and endothelin A receptor (EDNRA) expression in rats with DVT, as well as their interaction was analyzed. miR-342-3p was downregulated and EDNRA was upregulated in rats with DVT. HucMSCs-exos inhibited the formation of thrombus in rats with DVT, as well as promoted angiogenesis of HUVECs. Upregulated miR-342-3p delivery by hucMSCs-exos alleviated DVT in rats and improved angiogenesis of HUVECs. miR-342-3p targeted EDNRA, and the effect of hucMSCs-exos transfer of upregulated miR-342-3p was rescued by overexpressing EDNRA. Briefly, miR-342-3p loaded by hucMSCs-exos attenuates DVT by downregulating EDNRA, offering a novel direction to treat DVT.

Keywords Deep vein thrombosis · Human umbilical cord mesenchymal stem cells · Exosomes · microRNA-342-3p · Endothelin A receptor · Angiogenesis

Introduction

Deep vein thrombosis (DVT) is mostly diagnosed in the legs, deep veins of the arms, visceral veins and cerebral veins [1]. DVT may be asymptomatic, but it usually presents with non-specific symptoms such as discomfort or pain or warmth in the legs, and classically complains swelling, tenderness, pain, or blue/red discoloration in the extremities [2]. Estimation of clinical probability, measurement of D-dimer level and ultrasound are the main diagnostic methods of suspected DVT [3]. Low molecular weight heparin and fondaparinux are standard methods in the initial treatment of patients with DVT, and the duration of anticoagulation therapy should be determined by the balance between the risk of recurrent venous thromboembolism and that of treatment-induced bleeding [4]. However, after stopping anticoagulant drugs, recurrent DVT is usually suspected [5], therefore, development of long-lasting and effective drugs is of importance in DVT.

Human umbilical cord mesenchymal stem cells (hucMSCs) are characterized by faster self-renewal and low immunogenicity, and are concerned as an optimal choice for cell-based therapy [6, 7]. Exosomes (exos) are extracellular vesicles that change the biochemical characteristics of recipient cells through the delivery of biomolecules. The function of MSCs-exos is similar to that of MSCs with low immunogenicity [8]. MSCs-exos could transport miR-145 to protect against atherosclerosis through regulating the migration of human umbilical vein endothelial cells (HUVECs) [9]. Also, Mao et al. have illustrated that MSCs-exos could carry miR-28-3p to pulmonary endothelial cells, causing cellular apoptosis in pulmonary emboli, a major complication of

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DVT [10], miR-342-3p has been explored to critically modulate inflammation response and lipid uptake of macrophages (THP-1) in atherosclerosis [11], as well as angiogenesis in vascular endothelial dysfunction [12]. Bioinformatics evaluation identified endothelin A receptor (EDNRA) as a target of miR-342-3p. Olaf Mercier et al. have reported that anti-EDNRA therapy could accelerate the reversal of pulmonary vasculopathy [13]. In fact, downregulating EDNRA at least brings to bear endothelial injury in hypertensive vascular remodeling [14] and can increase vessel sprouting, enhance physiological angiogenesis and decrease pathological neovascularization in ischemic retinopathy [15]. Considering the active functions of miR-342-3p and EDNRA in vascular pathology, we performed the research to discover the role of hucMSCs-exo transfer of miR-342-3p in DVT through targeting EDNRA.

**Methods and materials**

**Ethics statement**

The animal protocol was reviewed and approved by the Experimental Animal Ethics Committee of Minhang Hospital, Fudan University.

**Experimental animals**

Male SD rats (250 ± 20 g) were housed with humidity of 50–60% and 12/12 h light/dark cycle at 20–23 °C.

**Collection and identification of hucMSCs**

HucMSCs (ScienCell Research Laboratories, CA, USA) were subcultured to passage 4 in the medium (ScienCell Research Laboratories).

The typical surface markers of hucMSCs were tested by flow cytometry. HucMSCs were resuspended in bovine serum albumin and combined with CD19, CD29, CD90 and CD105, respectively. HucMSCs were detected by flow cytometry after resuspending with phosphate-buffered saline (PBS).

HucMSCs were placed in osteogenic medium (0.1 mM dexamethasone, 10 mM β-glycerophosphate and 50 mM ascorbyl phosphate) or adipogenic medium (Cyagen Biosciences, CA, USA). Two weeks later, the osteogenic and adipogenic differentiation potentials were evaluated by Alizarin Red staining and Oil Red O staining [16, 17].

**Cell transfection**

miR-342-3p agomir, and miR-342-3p antagonir or miR-negative control (NC) (Ribobio, Guangzhou, China) were utilized to transfact hucMSCs using Lipofectamine 3000 (Invitrogen, CA, USA). The overexpression (oe)-NC and oe-EDNRA plasmids (Sangon, Shanghai, China) were transfected into HUVECs. Seventy-two hours after transfection, the cells were harvested for subsequent experiments [18].

**Isolation and identification of hucMSCs-exos**

The supernatant of hucMSCs (70–80% confluence) was centrifuged at 300×g, 2000×g, and 10,000×g in sequence. The final supernatant was ultracentrifuged at 100,000×g, and then the pellet was then ultracentrifuged at 100,000×g. The pellet was resuspended in PBS, passed through a 0.22 μm filter and quantified by bicinchoninic acid method.

The extracted pellet was identified by transmission electron microscope (TEM, JEM-2000FX, JEOL, Japan) to observe morphology, by nanoparticle tracking analysis (NTA, NS300, MIL, Malvern, UK) to measure size and concentration, and by Western blot to analyze the surface exosomal markers CD9 (1:1000), TSG101 (1:1000) and Alix (1:1000 all from Abcam) [19].

**Establishment of a DVT rat model**

SD rats were anesthetized by inhaling 2% isoflurane and kept in a supine position. A midline abdominal incision was made, and then the inferior vena cava (IVC) was sutured with a single 7–0 suture where it passed through the left renal vein. All side branches were interrupted. Finally, the incision was sutured. All rats were euthanized after 14 days, and the thrombotic IVC was collected.

One hour before IVC suture, rats (n = 10/group) were injected with hucMSCs-exos at 300 μg into the femoral vein in situ and related plasmids at 10 nmol. The DVT rats were given the same amount of normal saline, and the normal rats were used as the control. The hucMSCs-exos included untreated hucMSCs-exos, or those transfected with miR-342-3p agomir, miR-342-3p antagonir and miR-NC. The plasmids included oe-NC and oe-EDNRA [20, 21].

**Enzyme-linked immunosorbent assay (ELISA)**

The thrombotic IVC was homogenized, and the supernatant was amassed. Tumor necrosis factor-α (TNF-α), interleukin (IL)-6 and IL-1β kits (Multi Sciences, Hangzhou, China) were used. The absorbance value at 450 nm was read on an Epoch microplate reader (BioTek, VT, USA) [17].

**Treatment of HUVECs**

HucMSCs were centrifuged at 100,000×g and labeled with the fluorescent dye CM-Dil (Molecular Probes, OR, USA). HUVECs (ScienCell Research Laboratories) at 80%
confluence, along with CM-Dil-labeled exos were incubated in Dulbecco’s Modified Eagle Medium (DMEM). After that, HUVECs were fixed in 4% paraformaldehyde, treated with 4,6-diamidino-2-phenylindole (Vector Laboratories, CA, USA) and observed under an inverted fluorescence microscope (Olympus, Tokyo, Japan) [22].

After co-culture with exos containing miR-342-3p ago-mir, miR-342-3p antagomir and miR-NC, HUVECs were transfected with oe-NC or oe-EDNRA through Lipofectamine 3000 (Invitrogen), and collected 72 h later for subsequent detection.

**Tube formation assay**

HUVECs were seeded in Matrigel-coated 96-well plates (BD Biosciences) and incubated with exos for 12 h. High-glucose DMEM supplemented with 10% FBS was used as a control. HUVECs were observed under an optical microscope (Olympus) and the length of tubes was measured by ImageJ software [22, 23].

**Hematoxylin–eosin (H&E) staining**

An incision was made on the inner thigh skin, the rat thrombus was obtained, and then the femoral vein was separated, and its length and weight were calculated. Thrombotic IVC was fixed with 10% formaldehyde and embedded in paraffin. The paraffin slices (4 μm) were dewaxed with xylene, dehydrated with gradient ethanol, stained with hematoxylin, differentiated with hydrochloric acid and ethanol, and placed in 0.5% eosin solution. Then, the slices were treated with ethanol for conventional dehydration and xylene for permeabilization, and sealed in neutral resin. The slices were observed under an inverted microscope (XTZ Optical Instrument Factory, Shanghai, China) [24, 25].

**Masson staining**

The paraffin-embedded thrombotic IVC slices were deparaffinized, stained with Weigert iron-hematoxylin, and differentiated with hydrochloric acid and ethanol. Next, the slices were stained with ponceaunic acid fuchsin solution and treated with 1% phosphoric acid aqueous solution. Thereafter, the slices were counter-stained with aniline blue solution, treated with 1% glacial acetic acid, dehydrated with 95% ethanol and absolute ethanol, permeabilized with xylene, and sealed with neutral resin. The slices were observed under an inverted microscope (XTZ Optical Instrument Factory) [26].

**Reverse transcription quantitative polymerase chain reaction (RT-qPCR)**

Total RNA was collected from tissues, cells and exos via Trizol (Invitrogen). For miRNA, cDNA was synthesized using Mir-X miR First-Strand synthesis kit (Takara, Dalian, China); for mRNA, cDNA was synthesized using Prime script RT reagent kit(Takara), and qPCR reactions were performed using the SYBR Premix Ex Taq II kit (Takara) and detected on the ABI 7500 Real-Time PCR system. The results were standardized to glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and U6, respectively. The primer sequences are shown in Supplementary Table 1. The data was analyzed using the 2−ΔΔCt method [27].

**Western blot assay**

Total protein in tissues, cells and exos was obtained by radio-immunoprecipitation assay lystate containing protease inhibitors, separated by 10% sodium lauryl sulfate polyacrylamide gel electrophoresis, transferred to polyvinylidene fluoride membrane (Millipore, MA, USA) and sealed with 5% skim milk. The corresponding primary antibodies EDNRA (1:1000, Abcam) and GAPDH (1:1000, Abcam), as well as the corresponding secondary antibody were incubated with the membrane. The enhanced chemiluminescence reagent (Beckman Coulter) was used to quantify the protein [26].

**Dual luciferase reporter gene assay**

On the bioinformatics website (http://www.targetscan.org), the binding sites of miR-342-3p and EDNRA were predicted. The 3′-UTR of EDNRA containing the putative binding site of miR-342-3p together with the mutated target seed sequence were amplified and subsequently subcloned into pGL3 luciferase promoter vector (Promega, WI, USA) to construct the report vectors EDNRA-WT and EDNRA-MUT, respectively. The constructed reporters were co-transfected with miR-342-3p mimic or mimic NC into cells, and luciferase activity was assessed by a dual luciferase assay system (Promega, MI, USA) [24].

**RNA immunoprecipitation (RIP) assay**

The cell lysate collected by RIPA lysis buffer (Beyotime, Shanghai, China). The magnetic beads were resuspended in RIP wash buffer, combined with Ago2 (1:50, Abcam) or IgG (1:100, Abcam). The magnetic bead-antibody complex was rinsed with RIP wash buffer, incubated with the cell lysate.
and treated with proteinase K. The extracted RNA was tested by RT-qPCR [20, 26, 28].

**Statistical analysis**

Data assessment was performed in SPSS 21.0 (IBM, NY, USA) and Graphad Prism 7.0 (Graphad Software, La Jolla, CA, USA). Measurement data were expressed by mean ± standard deviation. The comparison between two groups of measurement data was evaluated by t-test, while that among multiple groups by one-way analysis of variance, followed by Tukey’s post-hoc test. $P < 0.05$ meant statistically significance.

**Results**

**HucMSCs-exos contain miR-342-3p**

HucMSCs were identified, and Alizarin Red and Oil Red O staining showed that mineralized nodules and lipid droplets were seen in hucMSC (Fig. 1A). Flow cytometry reflected that CD29, CD90 and CD105 were all positively expressed while CD19 was negatively expressed on HucMSCs (Fig. 1B). Therefore, it was regarded that most of the cells obtained were hucMSCs.

HucMSCs-exos were separated and identified. TEM showed a typical sheet-like structure (Fig. 1C). NTA reflected that the size distribution of Exos was near 130 nm (Fig. 1D). Western blot demonstrated that CD9, TSG101, and Alix were all positively expressed (Fig. 1E). Given that, the collected extracellular vehicles were hucMSCs-exos.

Next, after hucMSCs transfected with miR-342-3p agomir, miR-342-3p expression was elevated in both hucMSCs...
and hucMSCs-exos; on the contrary, transfection with miR-342-3p antagomir caused miR-342-3p expression downregulated in hucMSCs and hucMSCs-exos (Fig. 1F).

**HucMSCs-exos induce the repair of venous thrombosis in rats with DVT**

The uptake of hucMSCs-exos by HUVECs was observed, and the images showed that Dil-labeled exos were located in the cytoplasm of HUVECs (Fig. 2A). After co-culture with exos, angiogenesis of HUVECs was enhanced (Fig. 2B).

In rats with DVT, it was seen that the levels of pro-inflammatory factors TNF-α, IL-1β and IL-6 were increased (Fig. 2C). H&E staining and Masson staining depicted that the vascular cells of normal rats were arranged regularly, the cells were not degenerated or necrotic. In model DVT rats, the vascular tissue structure changed, the cells contracted, and the cell membrane permeability increased; the fiber arrangement was disordered and collagen deposited in a large amount (Fig. 2D–F). After treated with hucMSCs-exos, the inflammatory response and the pathological changes of blood vessels in rats with DVT were inhibited.

**Upregulated miR-342-3p delivery by hucMSCs-exos alleviates DVT in rats**

IVC tissues were collected to measure miR-342-3p expression by RT-qPCR, and the results implied that miR-342-3p was downregulated in rats with DVT (Fig. 3A).

To explore the repair effect of miR-342-3p on the vascular injury of DVT, hucMSCs-exos carrying upregulated miR-342-3p were injected into DVT rats, and successfully enhanced miR-342-3p expression in thrombotic IVC. Upregulated miR-342-3p delivered by hucMSCs-exos enhanced the angiogenesis in vitro (Fig. 3B). Enriched miR-342-3p transported via hucMSCs-exos reduced the levels of pro-inflammatory factors and thrombus weight/length ratio, and inhibited the pathological changes of blood vessels in vivo (Fig. 3C–G). On the other hand, delivery of lowered miR-342-3p by hucMSCs-exos resulted in the opposite consequences.

**miR-342-3p targets EDNRA**

RT-qPCR and Western blot analyzed the elevated EDNRA expression in IVC tissues of rats with DVT (Fig. 4A). Based
on the opposite trend of miR-342-3p and EDNRA in rats with DVT, a targeting relation was assumed between miR-342-3p and EDNRA. The binding site did exist between miR-342-3p and EDNRA on the bioinformatics website (Fig. 4B). By luciferase reporter assay, it was found that miR-342-3p agomir diminished the luciferase activity of EDNRA-WT (Fig. 4C). Also, through RIP experiment, enriched miR-342-3p and EDNRA were measured in immunoprecipitated Ago2 (Fig. 4D). Thus, EDNRA was confirmed to be targeted by miR-342-3p.

To further verify the targeting relationship, EDNRA expression level that mediated by miR-342-3p was monitored by RT-qPCR and Western blot. The discovery highlighted that in DVT rats injected with exos transporting upregulated miR-342-3p, EDNRA expression was reduced; oppositely, exos transfer of downregulated miR-342-3p caused elevated EDNRA expression in DVT rats (Fig. 4E, F).

The effect of hucMSCs-exos transfer of upregulated miR-342-3p is rescued by overexpressing EDNRA

For better determining the mechanism of miR-342-3p targeting EDNRA on DVT, oe-EDNRA was further injected into DVT rats that had been injected with exos carrying upregulated miR-342-3p. Then, it was recognized that oe-EDNRA successfully heightened EDNRA expression (Fig. 5A), induced inflammatory response (Fig. 5C), increased thrombus weight/length ratio and worsened the pathological condition in rats with DVT (Fig. 5D–F). Meanwhile, transfection with oe-EDNRA in HUVECs reversed the effect of exos carrying upregulated miR-342-3p on angiogenesis in vitro (Fig. 5B).

Discussion

DVT is an alarming emergency causing high morbidity and mortality. Till now, advances have been attained to understand the pathology and restrain the progression of the disease. Base on the delivery function of hucMSCs-exos, we uncovered the fact that hucMSCs-exos transfer of upregulated miR-342-3p made a relief of DVT in rats through inhibiting EDNRA.

At first, we independently evaluated the function of hucMSCs-exos in rats with DVT, and finally noticed that administration of hucMSCs-exos suppressed inflammatory insult (diminished levels of TNF-α, IL-1β and IL-6) and alleviated vascular injury. Meanwhile, we further performed in vitro assay and noticed that hucMSCs-exos...
**Fig. 4** miR-342-3p targets EDNRA. A EDNRA expression level in DVT rats; B The binding site of miR-342-3p and EDNRA on bioinformatics website; C and D The targeting relationship between miR-342-3p and EDNRA was analyzed by dual luciferase reporter gene assay and RIP experiment; E and F EDNRA expression in rats after regulating exosomal miR-342-3p. Measurement data were expressed by mean ± standard deviation; *P < 0.05 vs. the Normal group; #P < 0.05 vs. the Model group; ^P < 0.05 vs. the miR-NC-Exos group.

**Fig. 5** The effect of hucMSCs-exos transfer of upregulated miR-342-3p is rescued by overexpressing EDNRA. A EDNRA mRNA expression level; B In vitro angiogenesis; C TNF-α, IL-1β, and IL-6 expression in rats after overexpressing miR-342-3p and EDNRA; D Thrombus weight and length; E HE staining; F Masson staining; measurement data were expressed by mean ± standard deviation; *P < 0.05 vs. the miR-342-3p agomir-Exos + oe-NC group.
promoted angiogenesis of HUVECs. Similarly, in rats with traumatic brain injury, treatment with MSC-exos could promote endogenous angiogenesis and impair inflammation [29]. In addition, ucMSC-exos could stimulate angiogenesis and induce femoral fracture healing in vivo, and augment tube-forming ability of HUVECs in vitro [30]. Of note, angiogenesis of HUVECs is improved and functional recovery is accelerated in rats with spinal cord injury after administration with miR-126-modified MSC-exos [31]. Xiaomei Teng et al. have verified the therapeutic effects of MSCs-exos on inducing tube formation of HUVECs and blood flow recovery, as well as on depressing inflammation response in rats with myocardial infarction [22]. According to a research finding, it is known that MSCs-exos attenuate brain endothelial cell injury via limiting the production of IL-1β, IL-6, and TNF-α, and apoptosis of endothelial cells [32]. It is worth noting that treatment with hucMSC-exos is efficacious to enhance the tube-forming ability of HUVECs, so as to accelerate cutaneous wound healing [33]. Generally speaking, hucMSC-exos have therapeutic values in treating diseases via regulation of angiogenesis and inflammation.

Next, we dedicated the performance of miR-342-3p delivered by hucMSC-exos in DVT, and eventually validated that hucMSC-exos transfer of restored miR-342-3p marked a great therapeutic effect on relieving venous injury in rats with DVT and on inducing angiogenesis of HUVECs. On the other hand, hucMSC-exos delivery of silenced miR-342-3p resulted in opposite consequences in vivo and in vitro. In fact, endothelial miR-342-3p is impaired in type 2 diabetes mellitus, and miR-342-3p depletion causes angiogenic dysfunction in the endothelium [12]. miR-342-3p could block endothelial cell inflammation while reduction of miR-342-3p in the arterial endothelium unsatisfactorily promotes atherosclerosis [34]. It is informed that miR-342-3p expression is suppressed in atherosclerosis, whilst induction of miR-342-3p restrains inflammation in THP-1 cells [11]. Indeed, miR-342-3p presents proangiogenic properties in cardiovascular disease and its expression is negatively correlated with the levels of IL-6, IL-8 and TNF-α [35].

At last, we proved the regulation of EDNRA by miR-342-3p in DVT, and further convinced that overexpressing EDNRA antagonized restored miR-342-3p-mediated effect on rats with DVT and on HUVECs. Actually, EDNRA expression has been examined to increase in blood-outgrowth endothelial cells in the course of systemic capillary leak syndrome [36]. More intriguingly, the increase trend of EDNRA expression has been tested in vascular smooth muscle cells suffered from lipopolysaccharide [37]. Wei Zhou et al. have validated that elevation of miR-1929-3p decreases blood pressure and attenuates endothelial cell injury in part by decreasing EDNRA expression in hypertensive vascular remodeling [14]. It has been implicated that increased EDNRA function is deleterious for cystic fibrosis airway [38]. Exactly, referral of selective EDNRA antagonist (BQ123) may be effectively adopted in pulmonary hypertension [39] and suppression of EDNRA greatly increases vessel sprouting, enhances angiogenesis and decreases pathological neovascularization in ischemic retinopathy [15].

In short, our study analysis obtained a summary that rich miR-342-3p transported by hucMSC-exos induces the repair of venous injury of rats with DVT and angiogenesis of HUVECs. Although limited to the pre-clinical stage, our research has created a theoretical basis of developing treatment methods for DVT.

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Declarations

Conflict of interest The Authors declare no conflicts of interest directly related to the contents of this article.

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