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The planar X-junction flow: stability analysis and control

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The bifurcations and control of the flow in a planar X-junction are studied via linear stability analysis and direct numerical simulations. This study reveals the instability mechanisms in a symmetric channel junction and shows how these can be stabilized or destabilized by boundary modification. We observe two bifurcations as the Reynolds number increases. They both scale with the inlet speed of the two side channels and are almost independent of the inlet speed of the main channel. Equivalently, both bifurcations appear when the recirculation zones reach a critical length. A two-dimensional stationary global mode becomes unstable first, changing the flow from a steady symmetric state to a steady asymmetric state via a pitchfork bifurcation. The core of this instability, whether defined by the structural sensitivity or by the disturbance energy production, is at the edges of the recirculation bubbles, which are located symmetrically along the walls of the downstream channel. The energy analysis shows that the first bifurcation is due to a lift-up mechanism. We develop an adjustable control strategy for the first bifurcation with distributed suction or blowing at the walls. The linearly optimal wall-normal velocity distribution is computed through a sensitivity analysis and is shown to delay the first bifurcation from $Re = 82.5$ to $Re = 150$. This stabilizing effect arises because blowing at the walls weakens the wall-normal gradient of the streamwise velocity around the recirculation zone and hinders the lift-up. At the second bifurcation, a three-dimensional stationary global mode with a spanwise wavenumber of order unity becomes unstable around the asymmetric steady state. Nonlinear three-dimensional simulations at the second bifurcation display transition to a nonlinear cycle involving growth of a three-dimensional steady structure, time-periodic secondary instability and nonlinear breakdown restoring a two-dimensional flow. Finally, we show that the sensitivity to wall suction at the second bifurcation is as large as it is at the first bifurcation, providing a possible mechanism for destabilization.

Key words: flow control, instability, wakes/jets
1. Introduction

In this study, we examine the stability and control of the flow in a planar two-dimensional X-junction, which comprises three inlet channels and one outlet channel. We employ three-dimensional direct numerical simulation (DNS) and global linear stability analysis to discover the nature of the first and second bifurcations. Finally we use adjoint-based sensitivity analysis to control the flow by applying apply optimal steady suction or blowing at the wall.

The present study is mostly fundamental in nature. The flow in the X-junction is a complex wall-bounded separated flow. Understanding the bifurcation mechanisms of this flow and designing control strategies to influence them is interesting in its own right, and adds to the physical understanding of a more general class of separated flows, in particular channel junctions and similar configurations (e.g. Chiang & Sheu 2002; Poole, Alves & Oliveira 2007; Lanzerstorfer & Kuhlmann 2012; Oliveira, Pinho & Alves 2012). In the present paper we show that the critical parameter for the onset of both two- and three-dimensional instabilities of the X-junction is the length of the recirculation bubble(s) rather than the Reynolds number. This indicates that similar instabilities can be found at lower or higher Reynolds flows, which develop a similar topology to these recirculation zones.

X-junctions exist in many natural phenomena, such as river junctions, and in industrial applications, such as micromixers and flow focusing devices. Even though the typical Reynolds number in river engineering is higher than that in the present study (of the order of 1000–100 000), the mean flow streamlines and the recirculation zone downstream of the junction are qualitatively similar (see e.g. Best 1987). The structure of the recirculation zone of a river is directly connected to sediment transport and accumulation (river bed formations) (Best & Reid 1984; Shabayek, Steffler & Hicks 2002). Conversely, the Reynolds number for micromixers and flow focusers is often low ($Re < 10$), except for inertial micromixers (at $Re = 100–1000$), where the formation of the recirculation zone downstream of the junction is evident even without non-Newtonian effects.

Micromixers are designed to mix two fluids as efficiently as possible at small length scales, most often at low Reynolds numbers and in the absence of turbulence (Nguyen & Wu 2005). Flow focusers are often used to produce controlled-size droplets (Joanicot & Ajdari 2005), and have been tested for the purpose of creating thread-like fibres in materials processing (Kinahan et al. 2011; Håkansson 2012; Håkansson et al. 2014). In the present work we propose a control strategy by fluid injection or removal (steady suction or blowing), which could be applicable for recirculatory flows in mixers and focusers despite the low Reynolds number.

Both mixing and focusing of the flow in X- and T-shaped junctions have been investigated in previous studies. However, there have been only a few studies in the area of inertia-driven hydrodynamic instabilities. Oliveira et al. (2012) numerically and experimentally studied the vortical structure of a Newtonian fluid through an X-junction. Their numerical study was two-dimensional. They defined the velocity ratio, $V_r$, as the ratio of the maximum velocity in the side channel to that in the main channel, and the width ratio, $W_r$, similarly. They found that the critical Reynolds number, based on the exit channel quantities, is about $Re \approx 140$ for $V_r = 50$. They showed that the instabilities take the form of central vortices in the exit channel.

Mixers have been studied in more detail. Flow regimes in a T-mixer with a rectangular cross-section are reported in the numerical study by Kockmann, Foll & Woias (2003). As they increased the Reynolds number, they observed laminar flow, then vortical flow and then engulfment flow, in which the streamlines in the
mixing channel are asymmetric. Tomas, Ameel & Guilkey (2010) experimentally studied a Newtonian fluid within a T-junction with a rectangular cross-section. They observed that the flow first bifurcates to a steady asymmetric state at Reynolds number $Re = 105$, and then a highly oscillatory asymmetric flow occurs in the range $190 < Re < 240$. At higher $Re$, the flow regains its symmetric state and the rate of mixing decreases. Recently, Fani, Camarri & Salvetti (2013) studied the engulfment regime in a three-dimensional T-mixer with a quadratic cross-section by DNS and a global stability analysis. The mechanism of engulfment was found to be the tilting of the vortical structures at the beginning of the exit channel. They also studied the sensitivity to the perturbation inlet velocity and reported that the flow with non-fully developed inflow condition tends to be more stable.

Other studies in planar X-junction geometries (Poole et al. 2007; Poole, Rocha & Oliveira 2014) considered rheology measurements. These authors recently extended their studies to the inertial regime (Poole et al. 2014). In their DNS of Newtonian inertial fluids on the same two-dimensional configuration as ours, but with a different inflow–outflow structure, they find a very similar symmetry-breaking bifurcation at the same length of the recirculation bubbles ($L \approx 6$) as ours (but at much higher $Re$).

The stability analysis and control of the inertia-dominated flow in an X-junction is also interesting from a fundamental point of view because the flow contains confined jet-like structures and recirculation regions. The flow in a planar X-junction exhibits two bifurcations as the Reynolds number is increased from zero. A similar bifurcation pattern has been observed in a channel with a sudden expansion (Fearn, Mullin & Cliffe 1990; Fani, Camarri & Salvetti 2012), contraction (Chiang & Sheu 2002), or both (Mizushima & Shiotani 2000). The flow first bifurcates to an asymmetric steady state through a pitchfork bifurcation. On further increasing the Reynolds number, the flow develops a time-dependent nonlinear cycle, initiated by a stationary global instability of a single recirculation bubble. Similar instabilities are observed in the flow behind a bump (Gallaire, Marquillie & Ehrenstein 2007; Passaggia, Leweke & Ehrenstein 2012), behind a backward-facing step (Barkley, Gomes & Henderson 2002; Marquet et al. 2009; Lanzerstorfer & Kuhlmann 2011), in boundary layer recirculation bubbles (Rodriguez & Theofilis 2010) and in a lid-driven cavity (Albensoeder, Kuhlmann & Rath 2001; Haque et al. 2012).

Adjoint-based sensitivity analysis of flows was first introduced by Hill (1992) and has been used extensively to examine the receptivity to internal and external modifications (Sipp et al. 2010; Luchini & Bottaro 2014). In this study, we use a global stability and a structural sensitivity analysis to investigate the dynamics of instabilities in a planar X-junction flow. Structural sensitivity analysis was introduced by Chomaz (2005) and Giannetti & Luchini (2007) to identify the origin of instabilities in open shear flows. The structural sensitivity is defined as the region of the flow where a force–velocity feedback results in the largest drift of the eigenvalue. In this paper, we also seek the most efficient control strategy to delay or promote the first pitchfork bifurcation. We use the sensitivity to boundary velocity modification, introduced by Hill (1992) and used among others in Marquet & Sipp (2010), to obtain an optimal suction or blowing distribution at the wall. Furthermore, we map the control effect on the flow by using the base flow sensitivity (Marquet, Sipp & Jacquin 2008; Pralits, Brandt & Giannetti 2010). Similar techniques were used by Meliga & Chomaz (2011) on the flow in a confined impinging jet. They employed an adjoint-based method to control the global modes by optimal body and wall forcing on a broadly comparable geometry to that in the present work. Promoting the first and second bifurcations is useful in order to increase mixing by large-scale structures,
e.g. in inertial micromixers, while delaying the first bifurcation is useful in order to obtain mixing by diffusion or to maintain symmetric flow, e.g. in flow focusers for fibre fabrication. We also aim to shed further light on the physical mechanisms behind the first bifurcation, and proposed control strategies.

This paper is organized as follows. We describe the flow configuration, the governing equations and the stability formulations in § 2. We introduce the numerical methods and validation in § 3. We report the results of the stability analysis and control of the first bifurcation in § 4, and the results of the second bifurcation in § 5. The conclusions are presented in § 6.

2. Configuration and problem formulation

The flow set-up and coordinate system are shown in figure 1. The geometry consists of a main channel aligned with the $x$-axis, and two identical side channels attached perpendicularly to the main channel at the same position, forming a cross. The origin of the coordinate system is located at the centre of the cross. The mean flow is homogeneous in the spanwise direction ($z$). The geometry comprises three inlets (one for the main channel and two for the side channels) and one outlet (for the main channel). The side channels have the same inflow conditions. The flow is governed by the non-dimensional incompressible Navier–Stokes and continuity equations,

\[ \frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u} = -\nabla p + \frac{1}{Re} \nabla^2 \mathbf{u}, \tag{2.1} \]

\[ \nabla \cdot \mathbf{u} = 0, \tag{2.2} \]

where $\mathbf{u} = (u, v, w)$ is a vector of non-dimensional velocity components, and $p$ is the non-dimensional pressure. Two non-dimensional parameters define the characteristics of the flow: the Reynolds number ($Re$) and the velocity ratio ($V_r$). The Reynolds number is defined as

\[ Re = \frac{U_1 h}{v}, \tag{2.3} \]

where $U_1$ is the maximum inflow velocity of the main channel, $h$ is the half-width of the channels and $v$ is the kinematic viscosity. The velocity ratio is defined as

\[ V_r = \frac{U_2}{U_1}, \tag{2.4} \]
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where \( U_2 \) is the maximum inflow velocity of the side channels. In this paper, we study the stability of the X-junction flow in the Reynolds number regime \( 60 < Re < 700 \) and for velocity ratio \( 0.5 < V_r < 4 \). The choice of the value of \( V_r \) is based on the experiments by Tomas et al. (2010) and Håkansson (2012).

2.1. Linear stability analysis

In order to perform a linear stability analysis, we decompose the flow into a two-dimensional steady base flow and an infinitesimal three-dimensional unsteady perturbation. The base flow and perturbation velocities and pressure are denoted by \( Q = (U_b, P_b) \) and \( q = (u', p') \), respectively. The perturbation \( q \) takes the form of two-dimensional global modes,

\[
\begin{align*}
    u'(x, y, z, t) &= \hat{u}(x, y) \exp(\sigma t + i\beta z), \\
p'(x, y, z, t) &= \hat{p}(x, y) \exp(\sigma t + i\beta z),
\end{align*}
\]

where the spanwise wavenumber, \( \beta \), exploits the homogeneity of the base flow in the spanwise direction. For a given \( \beta \), the complex frequency, \( \sigma \), can be computed by solving the linearized eigenvalue problem,

\[
\begin{align*}
    \sigma \hat{u} + \hat{u} \cdot \nabla U_b + U_b \cdot \nabla \hat{u} &= -\nabla \hat{p} + \frac{1}{Re} \nabla^2 \hat{u}, \\
    \nabla \cdot \hat{u} &= 0.
\end{align*}
\]

To compute the base flow, we set up parabolic inflow conditions for all the inlets and a stress-free outflow condition for the outlet. For the stability analysis, we set a Dirichlet boundary condition for all the inlets and traction-free boundary condition for the outlet as suggested by Barkley, Blackburn & Sherwin (2008). The total field (the base flow plus the perturbation) satisfies the outlet boundary condition. The real and imaginary parts of the eigenvalue \( \sigma \) are the growth rate and oscillation frequency of the corresponding global mode. If there exists any eigenvalue with \( \text{Re}\{\sigma\} > 0 \), the flow is linearly unstable. Conversely, if all eigenvalues have \( \text{Re}\{\sigma\} < 0 \), the flow is linearly stable and infinitesimal perturbations eventually decay to zero.

2.2. Structural sensitivity

The generalized Lagrange identity is used to derive the adjoint equations. We introduce a similar ansatz for the non-trivial solution of the adjoint system:

\[
\begin{align*}
    u^{+}(x, y, z, t) &= \hat{u}^+(x, y) \exp(-\sigma t + i\beta z), \\
p^{+}(x, y, z, t) &= \hat{p}^+(x, y) \exp(-\sigma t + i\beta z),
\end{align*}
\]

where \( u^+ = (u^+, v^+, w^+) \) and \( p^+ \) are the adjoint velocity and pressure perturbation fields. The adjoint eigenvalue problem is

\[
\begin{align*}
    -\sigma \hat{u}^+ - \nabla U_b \cdot \hat{u}^+ + U_b \cdot \nabla \hat{u}^+ &= -\nabla \hat{p}^+ - \frac{1}{Re} \nabla^2 \hat{u}^+, \\
    \nabla \cdot \hat{u}^+ &= 0.
\end{align*}
\]

We calculate the direct and adjoint global modes to construct the structural sensitivity (Giannetti & Luchini 2007). This gives the core of the instability, defined as the region...
where a local feedback force proportional to the velocity results in the largest drift of the leading eigenvalue. The sensitivity tensor is

\[ S(x_0, y_0) = \frac{\hat{u}^+(x_0, y_0) \hat{u}(x_0, y_0)}{\int_D \hat{u}^+ \cdot \hat{u} \, dA}. \]  

(2.13)

The core of the instability can be identified by different norms of the tensor $S$. Here we use the spectral norm, which measures the effect of the maximum possible coupling among the velocity components.

2.3. Base flow sensitivity

The sensitivity to generic base flow modifications, $S_{BF}$, where the modified base flow is not necessarily a solution to the steady Navier–Stokes equations, represents the variation of the complex eigenvalue, $\delta \sigma$, with respect to the small modification of base flow, $\delta U$. The sensitivity to base flow modification is given by (see Marquet et al. 2008)

\[ S_{BF} = - (\nabla \hat{u})^H \cdot \hat{u}^* + \nabla \hat{u}^+ \cdot \hat{u}^*, \]  

(2.14)

where * and $^H$ stand for complex conjugate and transpose conjugate, respectively. We denote the horizontal and vertical components of the sensitivity to base flow modification by $S_U$ and $S_V$. Note that, for a zero-frequency mode, $S_{BF}$ is a real quantity. This is because two-dimensional modifications of the two-dimensional base flow can only change the growth rate of the mode, while the frequency remains zero.

2.4. Sensitivity to boundary velocity modification

The sensitivity to boundary velocity modification, $S_b$, can be derived by explicitly including the boundary condition as a constraint in the Lagrangian functional, and considering the boundary velocity $U_B$ as a control variable. A procedure similar to that of Marquet et al. (2008) and Marquet & Sipp (2010) then gives

\[ S_b = P^+ n + Re^{-1} \nabla U^+ \cdot n, \]  

(2.15)

where $U^+$ and $P^+$ are the adjoint base flow velocity and pressure. The eigenvalue drift is obtained by integrating $S_b$ over the domain boundary $B$:

\[ \delta \sigma = \int_B S_b \cdot \delta U_B. \]  

(2.16)

3. Numerical methods

We compute the base flows with the spectral element method (SEM), implemented in the code Nek5000 (see Tufo & Fischer 1999). In this approach, the computational domain is divided into quadrilateral spectral elements. The equations are cast into weak form and discretized following the $P_N-P_{N-2}$ SEM discretization by Maday & Patera (1989). The velocity space consists of $N$th-order Lagrange polynomial interpolants, $h_i^N(x)$, based on tensor-product arrays of Gauss–Lobatto–Legendre (GLL)
Reynolds number Coarser mesh Finer mesh Relative error (%)
80 0.0 − 0.0626i 0.0 − 0.0633i 0.0111
90 0.0 + 0.0476i 0.0 + 0.0472i 0.0084
100 0.0 + 0.1288i 0.0 + 0.1285i 0.0023

Table 1. Influence of the grid resolution on the growth rate of the leading eigenvalues.

| Code   | Inlet length | Outlet length | Growth rate |
|--------|--------------|---------------|-------------|
| Nek5000 | 4            | 40            | 0.0476      |
| Nek5000 | 8            | 40            | 0.0811      |
| Nek5000 | 16           | 40            | 0.0815      |
| Nek5000 | 8            | 80            | 0.0811      |
| DOG    | 8            | 40            | 0.0807      |
| FreeFEM++ | 8         | 40            | 0.0813      |

Table 2. Influence of the domain size on the growth rate of the leading eigenvalues at Re = 90.

quadrature points in a local element, \( \Omega^e, e = 1, \ldots, E \), satisfying \( h^N(\xi^N_j) = \delta_{ij} \), where \( \xi^N_j \in [-1, 1] \) denotes one of the \( N + 1 \) GLL quadrature points and \( \delta_{ij} \) is the Kronecker delta. SEM combines the geometrical flexibility of finite elements with the high accuracy of spectral methods. It results in exponential convergence of the solution when the polynomial order is increased, called \( p \)-refinement (see Patera 1984). It can also be used for localized refinement by increasing the number of elements, called \( h \)-refinement.

We use the stability solver DOG (Barkley et al. 2008) to investigate three-dimensional instabilities about the two-dimensional base flows. The perturbation fields are considered as Fourier modes and dealt with in Fourier-transformed space. A time stepping technique is used to calculate the evolution of the direct and adjoint equations. A built-in library, together with ARPACK, calculates the eigensolution of the stability problem.

The three-dimensional global modes (\( \beta \neq 0 \)), discussed in § 4.2.4, are computed using the FreeFEM++ open-source finite element software (Pironneau, Hecht & Morice 2013), validated in § 3.1 against Nek5000 and DOG. For this we use \( P_2-P_1 \) Taylor–Hood elements.

3.1. Validation

In this section, we show the effect of the resolution and domain length on the stability of the flow in order to validate the numerical methods. We ensure that the leading eigenvalue does not vary when the number of elements and the polynomial order, \( N_p \), are increased, and also when the inlet and outlet channels are lengthened. These results are summarized in tables 1 and 2. In the first study, we compare two meshes: a coarser mesh with 1072 elements and \( N_p = 8 \), and a finer mesh with 2544 elements and \( N_p = 8 \). The inlet and outlet lengths are 4 and 40, respectively, while the widths of the main and side channels are both 2. Table 1 shows that the growth rate of the leading eigenvalue changes by less than 0.1 %, so we choose the coarser mesh for the rest of this study. In the second study, documented in table 2, we quantify the effect of
the domain length on the stability, employing three different numerical codes. Based on this result, we choose the inlet lengths to be 8 and the outlet length to be 40. These tests shows a very good agreement between the results obtained with the three different stability solvers.

4. First bifurcation

4.1. Linear stability analysis

For \( V_r = 3 \) and Reynolds number \( Re < 82.5 \), the DNS converges to a steady and stable symmetric flow in the X-junction (see figure 2a). At the beginning of the outlet channel, a symmetric jet forms and establishes two recirculating regions. Further downstream, the flow recovers the Poiseuille channel flow profile owing to the action of viscous dissipation. As the Reynolds number increases, a steady and stable asymmetric state appears (see figure 2b). At the start of the outlet channel, the jet tilts towards one of the walls and the two recirculation regions have unequal sizes. There is an equal probability for the jet to tilt towards the upper or lower wall. The same phenomenon has been observed in similar flow configurations (see the experimental studies by Cherdron, Durst & Whitelaw (1978) and Fearn et al. (1990) on the laminar flow over a planar symmetric sudden expansion). We define the Reynolds number at which the flow changes its state, from steady symmetric to steady asymmetric, as the critical Reynolds number of the first bifurcation, \( Re_{c1} \). The attachment of a jet to the adjacent wall, the Coanda effect, has been studied for some time (see the early work by Bourque & Newman (1960)). It is understood as a consequence of the pressure difference established in the cross-stream direction (see e.g. Sobey & Drazin 1986). To better understand the nature of the first bifurcation, we perform a global stability analysis around the symmetric base flow. In order to obtain the steady but unstable symmetric base flow at \( Re > Re_{c1} \), we simulate the flow in only half of the domain, imposing the symmetry boundary condition on the axis of symmetry. The global analysis in the full domain around this symmetric flow at \( Re > Re_{c1} \) has stationary unstable modes for all velocity ratios. In the linear framework, the flow therefore becomes globally unstable through a pitchfork bifurcation. In figure 3(a), we show the growth rate of the leading global modes as a function of the spanwise wavenumber, \( \beta \), for the symmetric base flows at \( Re = 82.5, 90 \) and 115 and for \( V_r = 3 \). The most unstable mode has zero spanwise wavenumber, i.e. the first bifurcation is two-dimensional, and the critical Reynolds number for the first bifurcation is 82.5. The eigenvalue spectrum of the flow at \( Re = 82.5 \) is shown in figure 3(b) for a zero spanwise wavenumber. The distribution of the eigenvalues is symmetric around the zero frequency axis, and the least stable eigenvalues are discrete (well separated from the continuous spectrum further down in the figure).

Figure 4 shows the spatial structure of the most unstable global mode for \( Re = 90 \) and \( \beta = 0 \). Only part of the domain is shown; the domain size is larger in the simulations. The global modes have highest amplitude around the recirculation bubble and the \( u \)-perturbation is the strongest. This increases the speed at the outer edge of the bottom bubble and decreases the speed at the outer edge of the top bubble. The \( v \)-perturbation moves the flow down around \( x = 2 \) and up around \( x = 6 \). The \( p \)-perturbation shows that the pressure decreases in the bottom bubble around \( x = 4 \) and increases in the top bubble. The structure of the global modes suggests that the streamwise acceleration leads to lower pressure at the lower recirculation zone (the opposite for the top bubble), which in turn induces a cross-stream pressure gradient that helps to maintain the asymmetry. This effect is similar to the asymmetric
attachment in stenotic flow, which is described in the work by Sherwin & Blackburn (2005): ‘the axial perturbation velocities induce a weak cross-flow pressure gradient and flow ... Therefore the perturbation flow tends to deflect the centreline of the enclosed jet away from the tubes axis of symmetry, promoting a mild Coanda-type attachment’. The growth of the $u$-perturbation itself can be explained by a lift-up mechanism, as will be detailed in a later paragraph.

The region with the highest structural sensitivity, which is also known as the core of the instability, is the region of the flow in which force–velocity feedback has the greatest influence on the eigenvalue. This core is found by overlapping the direct and adjoint global modes and is shown in figure 5(a). It is localized at the edge of the recirculation bubble(s), suggesting that the instability can be controlled by
manipulating the bubble. This will be confirmed in §4.2, where passive control by optimal suction or blowing at the wall is examined.

Here we depict only the spectral norm of the sensitivity tensor. The $u^+u$ component of the sensitivity tensor is significantly stronger than the other components and has the same structure as the spectral norm.

In figure 5(b), we present the spatial map of the production of the perturbation kinetic energy for the same flow. The production term is normalized by the overall perturbation kinetic energy in the domain. The regions of largest transfer of the kinetic energy from the base state to the perturbations are found in the shear layer at the edge of recirculation bubbles. Interestingly, the core of the instability corresponds to the region of maximum positive and negative production.

More specifically, we compute the contribution of the term $uv\frac{dU}{dy}$ in the production of the perturbation kinetic energy. The spatial map of this term is depicted in figure 5(c), and can be compared to the map of total energy production in figure 5(b). We observe that total energy production and energy production by the term $uv\frac{dU}{dy}$ are almost identical in amplitude and shape, from which we conclude that the instability growth is due to this term.

The disturbance extracts energy from the base flow through the $uv\frac{dU}{dy}$ term in several shear flow instabilities, most notably the Kelvin–Helmholtz instability, Tollmien–Schlichting waves and the lift-up effect. To determine the instability mechanism in our flow, we note that the present instability is stationary, the mode shape is streamwise-elongated and the streamwise velocity component is an order of magnitude larger than the vertical component (figure 4a,b). This strongly indicates a lift-up mechanism, where a small initial $v$-perturbation induces a strong $u$-perturbation (for a review on lift-up, see Brandt (2014)).
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Figure 5. (Colour online) (a) Spatial map of structural sensitivity, (b) production of the perturbation kinetic energy and (c) lift-up perturbation kinetic energy around the symmetric base flow at $Re = 90$, $V_r = 3$ and $\beta = 0$. (The solid pale green lines show the edge of recirculation regions.)

This instability is different from the lift-up in parallel flows due to the feedback provided by the recirculation region, which leads to a self-sustained mechanism. This is similar to the finding of Lanzerstorfer & Kuhlmann (2011), who notes that the instability behind a backward-facing step is caused by a lift-up effect, which gains its exponential growth through recirculation for some specific value of the step height. The present configuration with two symmetric bubbles is more unstable than the case of a single bubble, because the two-dimensional asymmetric instability mode sets in at lower Reynolds numbers. This can also be explained by the energy budget: the antisymmetric global mode involving two bubbles allows the $v$-perturbation to be constant in the vertical direction, minimizing $dv/dy$, and thereby minimizing the global dissipation.

The critical Reynolds number for the first bifurcation depends significantly on $V_r$. Figure 6(a) shows that the critical Reynolds number decreases monotonically from $\sim 530$ for $V_r = 0.5$ to $\sim 60$ for $V_r = 4$. Nonlinear simulations on the two-dimensional domain give the same result for the first bifurcation (not shown here). If we define the Reynolds number based on the maximum velocity at the side channels, however, the neutral curve for the first bifurcation is almost independent of the velocity ratio: $Re_c = 262.5–245$ for $V_r = 0.5–4$. We also examine two extreme cases: $V_r = 10$ and $V_r = 0.2$. For $V_r = 10$, $Re_c \approx 260$ based on $U_2$, similarly to the previous cases. For $V_r = 0.2$, however, $Re_c \approx 310$, i.e. the flow is more stable when the side flow is
This shows that the critical Reynolds number of the first bifurcation is mainly determined by the inlet velocity of the side channels.

To visualize the bifurcation of the flow in the X-junction quantitatively, we introduce a measure of the deviation from the symmetric flow: the $v$-velocity at $(x, y) = (3, 0)$, on the centreline. In figure 6(b), we show the maximum and minimum value (in time) of this measure as a function of the Reynolds number. Up to $Re = 110$, the flow is steady and $v$ is constant. The first bifurcation is evident at $Re = 82.5$. We will return to this figure when examining the second bifurcation.

For this flow, the point of first bifurcation seems to be determined by the size of the recirculation region. Figure 7 shows the stagnation streamline that starts from the upper right corner, $(x, y) = (1, 1)$, and separates the recirculating bubble from the flow that passes through the X-junction. For a fixed velocity ratio $V_r = 3$, figure 7(a), the bubble elongates as the Reynolds number increases. For the cases along the neutral curve, figure 7(b), the bubble has almost the same size for various velocity ratios and Reynolds numbers. It seems therefore that the first bifurcation occurs when the bubble reaches a critical length, which is approximately 6.1.

This result also provides a physical explanation for the scaling found in figure 6(a). The shape of the recirculating region at the critical conditions is unaffected by the
main stream when $V_r > 0.5$. This is because the side flows force the horizontal stream to flow down the middle of the exit channel without affecting the dynamics of the bubbles. This explains the dependence of the bifurcation thresholds on the velocity of the side channels. For low velocity ratios, however, i.e. $V_r = 0.2$, the stability boundary is different and $Re_c$ is higher. Based on these principles, we anticipate that the critical condition for the T-junction will be very similar to that for the X-junction.

To investigate whether the bifurcation is supercritical or subcritical, we have performed nonlinear simulations with various amplitudes of initial noise and have observed that the final steady symmetric solution is attained for all cases when $Re < Re_{c1}$. This is also true when we simulate the flow using an asymmetric solution as the initial condition. We conclude therefore that the first bifurcation is supercritical.

4.2. Control of the first bifurcation

A traditional way to control globally unstable open shear flows is by a control cylinder. However, for a complex wall-bounded geometry, small-amplitude suction or blowing at the walls presents a more versatile option because the amplitude distribution can be varied more easily. We therefore try to control the first bifurcation of the X-junction by small-amplitude steady (time-independent) suction or blowing at the walls.

4.2.1. Sensitivity to wall suction

The sensitivity $S_b(x, y)$ represents the change in the growth rate due to a localized velocity change of amplitude $A = 1$ at the boundary location $(x, y)$, in the linear limit. The eigenvalue drift for different amplitudes and finite actuation areas can be obtained from $S_b$ by integrating equation (2.16). Figure 8(a) shows the real part of $S_{b,n}$, which is the change in the growth rate $\sigma_r$ due to control in the horizontal channel. By ‘suction’, we mean a velocity at the wall in the direction of the outgoing normal. We show the sensitivity for two different Reynolds numbers: $Re = 90$ (just above bifurcation) and $Re = 150$ (far from bifurcation). The main observation is that the
The sensitivity to suction is largest just downstream of the junction, around \( x = 3 \), and that suction there increases the instability growth rate, for both \( Re = 90 \) and \( Re = 150 \). Therefore, suction in this location is destabilizing.

The sensitivity is lower at \( Re = 150 \) than at \( Re = 90 \), and both stabilizing and destabilizing effects are observed for the same actuation. This indicates that a lower amplitude is needed to control the flow at \( Re = 90 \) than at \( Re = 150 \). Also, at \( Re = 150 \) the departure from the steady symmetric solution will be greater than it is for the \( Re = 90 \) flow, suggesting that the sensitivity at \( Re = 150 \) might be less relevant for control of the bifurcated flow.

Figure 8(b) shows the sensitivity along the upstream and downstream walls of the vertical channel at \( Re = 90 \) and \( Re = 150 \). The sensitivity is generally lower in the vertical channel than in the horizontal channel, apart from at the corners, where it is the same. The sensitivity is large and negative close to the downstream corner, which means that suction there is stabilizing. However, this region where suction is stabilizing is very small, making control near the corner difficult. Comparing the results at the same height \( y \) in the upstream and downstream channel, it is interesting to note that the sensitivity is higher on the upstream wall, except at the corner.

4.2.2. Passive control by distributed suction and blowing

The sensitivity distributions, such as the curves in figure 8, are also gradient distributions. This means that \( Re(S_{b,n}) \) gives the suction distribution that increases the eigenvalue growth rate most, of any suction distribution with a given \( L^2 \)-norm (and with a low enough amplitude so that the linear analysis is valid). Correspondingly, \(-Re(S_{b,n})\) gives the distribution that decreases the eigenvalue growth rate most. If \(-Re(S_{b,n})\) is applied at the boundary, the critical Reynolds number should increase.

We therefore test how far the linearly optimal distribution can increase the critical Reynolds number. The procedure is as follows. We choose a suction amplitude \( A \) and first compute the base flow and modes at bifurcation. Then we extract the optimal stabilizing suction distribution \(-Re(S_{b,n})\) and scale it so that the ratio of the absolute value of the maximal suction velocity, and the maximal inflow velocity, is equal to \( A \).
Next, we apply the optimal suction distribution at the boundary, and recompute the base flow and the global modes. If all global modes now have negative growth rates, then all steps are repeated at higher $Re$. We keep increasing the Reynolds number until the growth rate of the leading mode is positive despite the control. In this way, we have found the new critical Reynolds number corresponding to the suction amplitude $A$.

The critical Reynolds numbers for $A = 0$, 0.01, 0.02 and 0.03 are shown by vertical lines in figure 9. First, it is remarkable that suction of such a small maximal amplitude as 3% of the inflow velocity can stabilize the flow until $Re = 150$, which is almost double the critical Reynolds number of the uncontrolled case. Higher suction amplitudes were also tested but did not result in any further increase of the critical Reynolds number. The change of the flow rate due to suction or blowing in the configuration with $A = 0.03$ is also around 3%, which is small. Changes in the total flow rate due to control could be adjusted for by applying suction or blowing in the region downstream ($x > 10$), if desired. In this region, the instability is not sensitive to suction or blowing, and hence the flow rate adjustment would not interfere with the control effect.

The linear growth rate without suction is also shown in the same figure and reaches values up to $\sigma_r = 0.27$ at $Re = 150$. The growth rate with the linearly optimal suction still becomes negative at this $Re$ (the flow is stabilized). Therefore suction or blowing is a robust and efficient way to control the X-junction flow. Next, we will investigate how the control works in more detail.

4.2.3. Physical interpretation of suction control

The optimal suction distribution has several simultaneous effects on the base flow. We cannot create arbitrary base flow changes because the base flow has to satisfy the Navier–Stokes equations. Some of the changes induced by the optimal suction might have a large effect on the growth rate, and some might have no effect at all but be merely a consequence of the fact that the base flow has to satisfy the Navier–Stokes equations. To find out where the effective base flow changes induced by suction are...
located, we investigate the product of the base flow sensitivity (2.14) and the base flow change, \( \int_B \mathbf{S}_{BF} \cdot (\mathbf{U}_s - \mathbf{U}_0) \), where \( \mathbf{U}_s \) is the base flow velocity vector with suction, and \( \mathbf{U}_0 \) the base flow velocity vector without suction. This product gives a spatial map of the control effect, and the real part, displaying stabilization, is shown in figure 10 for \( Re = 90 \) and \( Re = 150 \). Inside and just outside the recirculating region, the suction induces stabilizing and destabilizing base flow modifications, respectively. It can be seen that the stabilizing influence occurs almost entirely inside the recirculation bubble, where the wavemaker defined by the structural sensitivity (figure 5) is located. This is true for both \( Re = 90 \) and \( Re = 150 \), although the optimal suction distributions themselves (figure 8) are qualitatively different. Hence, in line with the stability results, we find the suction to be optimal because of its effect on the most influential region of the flow: the recirculation bubble.

To quantify in more detail how the control changes the recirculation bubble, we investigate three base flows at \( Re = 90 \): (a) without suction or blowing, (b) with optimal stabilizing suction or blowing \( -\text{Re}(S_{b,n}) \), and (c) with optimal destabilizing suction or blowing \( \text{Re}(S_{b,n}) \) (see figure 11). The most stable flow has the fewest streamlines with reverse flow and the smallest recirculation bubble – i.e. there is both weaker and less recirculation. By looking at \( -\text{Re}(S_{b,n}) \) (the negative of the curve in figure 8a), we observe that this is achieved by blowing from the wall in the location of the recirculation bubble. The attenuation of the instability can be attributed to two factors. Firstly, blowing decreases the velocity gradient between the main stream and the bubble, decreasing \( \nu \frac{dU}{dy} \) and hence weakening the energy production by lift-up. Secondly, blowing also counteracts the recirculation, which is needed to produce exponential growth of the otherwise algebraic lift-up mechanism.

4.2.4. Control of three-dimensional modes

Previously, we showed that the optimal wall suction distribution can be computed for the leading two-dimensional eigenmode, and stabilizes that mode up to \( Re = 150 \). However, to confirm that the flow is indeed stabilized by suction, we also need to stabilize all three-dimensional eigenmodes, \( \beta \neq 0 \). It is impossible to experimentally design different controls for different wavenumbers. Therefore we proceed to examine...
Figure 11. Streamlines around the recirculation bubble of the base flow: (a) base flow with zero wall velocity; (b) base flow with optimal stabilizing suction or blowing distribution at the wall, magnitude 1%; (c) base flow with optimal destabilizing suction or blowing distribution at the wall, magnitude 1%.

Table 3. Perturbation kinetic energy budget.

| $Re$ | $\beta$ | Production | Dissipation |
|------|---------|------------|-------------|
| 90   | 0       | 0.474      | -0.325      |
| 90   | 0.5     | 0.296      | -0.377      |
| 150  | 0       | 0.536      | -0.257      |
| 150  | 0.5     | 0.599      | -0.254      |

whether the two-dimensionally optimal suction stabilizes all modes, whether optimal or not, for $\beta \neq 0$.

The leading eigenvalues for different values of $\beta$ are shown in figure 12 for the case $Re = 150$, with suction and without suction. Interestingly, for the cases without suction, spanwise-periodic modes become gradually less and less stable by increasing the Reynolds number. The spanwise wavenumber of the least stable mode becomes different from zero at $Re \approx 120$, and approaches $\beta = 0.5$ when $Re = 150$. To understand this effect, we analyse the perturbation energy budget for the cases $Re = 90$ and $Re = 150$ at $\beta = 0$ and $\beta = 0.5$. The production and dissipation of the perturbation kinetic energy, normalized by the kinetic energy, are shown in table 3. The wavenumber selection only depends on which wavenumbers experience most energy production by the lift-up effect. Dissipation does not vary significantly with $\beta$, whereas the production grows with $Re$ for $\beta = 0.5$. Thus lift-up is more effective at finite $\beta$ despite the presence of a spanwise velocity component in the dissipation term.

When applying control by optimal suction, we see that the eigenvalues become stable for all $\beta$. Results for Reynolds numbers lower than 150 also show the same behaviour. This confirms that the control works well for two- and three-dimensional modes, and the flow is indeed stabilized up to $Re = 150$. Furthermore, we observe that
the modes at non-zero spanwise wavenumbers are more affected by suction than the two-dimensional mode, and the controlled flow is characterized again by a least stable mode of $\beta = 0$.

5. Second bifurcation

5.1. Linear analysis

When the Reynolds number is increased beyond the first bifurcation, the flow maintains its steady asymmetric state until $Re = Re_{c,2}$, the critical Reynolds number for the second bifurcation. For $Re > Re_{c,2}$, it bifurcates again owing to the action of stationary global modes around the steady asymmetric base flow. For $V_r = 3$, a global stability analysis gives an unstable global mode with $\beta = 1$ for $Re = 115$. In figure 13(a), we show the leading eigenvalues as a function of the spanwise wavenumber at $Re = 115$ and 120. The second bifurcation is also of the pitchfork type. Figure 13(b) shows the eigenvalue spectrum of the asymmetric base flow at $Re = 115$. The spectrum is discrete and symmetric, as for the symmetric base flows.

We present the features of the most unstable global mode around the asymmetric base flow in figure 14. The structure of the modes illustrates the asymmetry of the underlying base flow; in this case, the jet is tilted towards the lower wall. The $u$-component is the strongest and is maximal at the larger recirculation bubble, close to the upper wall of the outlet channel. The $v$- and $w$-perturbation modes also display their maximum amplitude next to the larger bubble. The strong $u$-perturbation of the global direct mode, together with the strong $v^+$-perturbation of the global adjoint mode (not shown here), suggests that the lift-up mechanism is active in the shear layer associated with the largest recirculating region (see Marquet et al. 2009). The perturbation transports the base flow momentum from the regions of low speed to those with higher speeds and creates a large $u$-perturbation.

Figure 15 shows the overlap of the direct and adjoint global modes, which is the core of the instability at the second bifurcation. The core is located in the larger recirculation bubble. Note that the core of the instability at the second bifurcation is in the middle of the bubble and extends over the whole bubble, while the core of the
instability at the first bifurcation was localized at the downstream edges of the two bubbles (see §5.1). The instability is three-dimensional and steady, which is similar to the instabilities that develop along the streamlines in the flow behind a bump or in a cavity (see e.g. Albensoeder et al. 2001; Gallaire et al. 2007; Rodriguez & Theofilis 2010) and at the recirculation region over a backward-facing step (see e.g. Marquet et al. 2009; Lanzerstorfer & Kuhlmann 2011). Lanzerstorfer & Kuhlmann (2011) used the energy production, together with the flow streamlines, to distinguish between three types of instability for the backward-facing step: centrifugal, elliptic and lift-up mechanism. We shall attempt to do the same for the second bifurcation.

Figure 13. (Colour online) (a) Growth rate of the leading eigenvalues around the asymmetric base flows for $V_r = 3$ at $Re = 115$ (black circles) and 120 (red crosses). (b) Eigenvalue spectrum at $Re = 115$, $V_r = 3$ and $\beta = 1$.

Figure 14. (Colour online) Spatial structure of the direct global modes: (a) horizontal velocity, (b) vertical velocity and (c) spanwise velocity around the asymmetric base flow at $Re = 120$, $V_r = 3$ and $\beta = 1$. 
The energy production for the instability leading to the second bifurcation is shown in figure 15(b). The maximum of the production is in an area of curved streamlines, but the velocity increases radially outwards (to the middle stream), which precludes centrifugal instability. Furthermore, elliptic instability would be indicated by a maximum production in the centre of a vortex, while in our case the maximum is at the outer edge of the recirculation region. Similarly to the analysis of the first bifurcation, we present the spatial structure of the lift-up term \( (u v DU/\partial y) \) in the production of the perturbation kinetic energy in figure 15(c). The lift-up term presents a structure relatively similar to the total production, both with a localized maximum at the downstream edge of the larger recirculation bubble where the base flow shear is strongest. We conclude that also the second bifurcation is due to the lift-up mechanism (Lanzerstorfer & Kuhlmann 2011), and the vertical velocity perturbation extracts energy from the base flow shear \( (dU/dy) \) to produce in this case streamwise-elongated low- and high-speed streaks. We also show that the structural sensitivity (figure 15a) is the largest in the middle of the bubble, indicating that velocity perturbations initiated there participate in the streamline displacement and the lift-up.

In figure 6(a), we show the critical Reynolds number for the second bifurcation. This neutral curve has the same behaviour as that of the first bifurcation. The second bifurcation is also almost independent of the velocity ratio if the Reynolds number
is based on the maximum velocity in the side channel. For all velocity ratios greater than unity, the most dangerous mode is found to have spanwise wavenumber $\beta = 1$. However, for $V_r = 0.5$, the mode with $\beta = 1.4$ is the most unstable.

5.2. Nonlinear analysis

In order to further understand the results of the linear analysis about the second bifurcation, we perform nonlinear simulations on a three-dimensional periodic geometry with spanwise length, $L_z = 2\pi$, corresponding to $\beta = 1$. We use three, six and nine spectral elements in the spanwise direction (the polynomial order is eight, as in the two-dimensional simulations) to ensure that the final results are mesh-independent. We construct an initial condition for the DNS consisting of the asymmetric base solution combined with the spanwise periodic perturbation leading to the strongest transient energy growth (computed separately by standard direct-adjoint iterations). The initial condition is scaled to have maximum spanwise velocity, the strongest component, equal to unity. The nonlinear evolution of the initial condition shows that the spanwise velocity decays to zero and a two-dimensional steady state is obtained asymptotically for all $Re \leq 105$ (below the second bifurcation). Interestingly, once all the disturbances have travelled out of the computational domain, the larger recirculation bubble may have moved to the opposite side with respect to the initial condition. We therefore find two possible steady two-dimensional solutions for $Re \leq 105$ once the convective instabilities have travelled out of the domain.

At $Re \geq 110$ and $V_r = 3$, the nonlinear flow becomes time-dependent and three-dimensional. To ensure that this behaviour is independent of the outlet length, we have run also a three-dimensional nonlinear simulation at $Re = 110$ where the outlet length is increased from $L_{out} = 40$ to $L_{out} = 60$. The flow has the same nonlinear cycle as in the simulations with the shorter outlet length described below. In figure 16 we present the time evolution of the spanwise velocity for the case $Re = 120$. Similar behaviour is observed for $Re \in [110–140]$. The nonlinear evolution of the flow displays a cyclic behaviour with a period of approximately 50 time units, where $t_0$ in the figure is the initial time of the cycle. The spanwise velocity first grows in time up to a critical threshold, where the maximum non-dimensional spanwise velocity becomes $w \approx 0.85$ (see figure 16(a)). Above this threshold, the flow develops instabilities at the end of the large recirculation region, figure 16(b). These instabilities prevent the three-dimensional flow structure from saturating nonlinearly to a stationary state. Instead, they break down the structure and produce a convective packet travelling downstream, as shown in figure 16(c). Once the instabilities have been convected out of the domain, the flow returns to a nearly two-dimensional state, the spanwise velocity starts to grow again at the end of the recirculation region, and the cycle repeats, figure 16(d). The behaviour of the flow is similar at higher Reynolds number. In figure 17 we present the history of the $v$-velocity extracted from the probe signals for $Re = 110$ and $Re = 120$ when $V_r = 3$. The cyclic behaviour of the nonlinear simulation is evident. Upstream, the velocity varies smoothly in time. Downstream, the flow shows rapid oscillations at the end of each cycle, which correspond to the secondary instability and the formation of the travelling packet. The period of each cycle for $Re = 120$ is shorter and not constant in time with respect to the one for $Re = 110$.

In summary, we observe a steady two-dimensional flow at $Re \leq 105$ and an unsteady three-dimensional final state at $Re \geq 110$. This behaviour is also shown in figure 6(b). The appearance of the nonlinear cycle is evident at $Re = 110$ where the $v$-velocity at the centreline becomes time-dependent. This critical Reynolds number agrees
Figure 16. (Colour online) Time evolution of the spanwise velocity at $Re = 120$ and $V_r = 3$: (a) initial amplification of velocity, at $t = t_0 + 32$; (b) onset of instability at $w \approx 0.85$, at $t = t_0 + 44$; (c) convective instabilities, at $t = t_0 + 48$; and (d) re-establishment of the spanwise velocity, at $t = t_0 + 50 + 32$.

Figure 17. (Colour online) The $v$-velocity of the probe signal for $V_r = 3$ and (a) $Re = 110$ and (b) $Re = 120$.

qualitatively but not quantitatively with the results of the linear stability analysis, where the asymmetric base flow results in an unstable stationary global mode at $Re \geq 115$. DNS of the three-dimensional configuration with different initial conditions indicates that the second bifurcation is weakly subcritical. In the subcritical case the cycle is initiated by similar flow structures. The observed spanwise modulation growing at the beginning of the cycle (figure 16a for $Re = 120$) resembles the leading global mode at the same Reynolds number. This is also true for $Re = 110$. Hence, although the bifurcation is weakly subcritical, we assume that the physical mechanism behind the nonlinear cycle at $Re = 110$ is the same as global instability at $Re > 115$. 
We further analyse the nonlinear cyclic behaviour of the flow by using the linearized Navier–Stokes solver on a three-dimensional base flow. We create an artificial base flow by adding the unstable spanwise-dependent global mode to the two-dimensional base flow at $Re = 120$. The amplitudes of the unstable mode are chosen to produce a maximum spanwise velocity of the new base flow in the range $0 < w < 1$. Marching the linearized Navier–Stokes solver about this fictitious flow, we observe, for $w \geq 0.85$, the appearance of an oscillatory mode that preserves its shape while growing exponentially in time. If the maximum of $w$ is less than 0.85, the non-stationary mode eventually decays – i.e. the flow is stable. We depict the structure of the spanwise velocity component of the oscillatory mode in figure 18(a). It emerges at the end of the larger recirculation bubble and disappears downstream at a streamwise location approximately 25. The frequency of the oscillatory mode is approximately 1.25, which is close to the frequency of breakdown in the nonlinear simulation (approximately 1). Figure 18(b) presents the energy growth of the oscillatory mode. A significant transient growth of energy is evident for $0 < t < 5$, followed by exponential growth. The presence of this oscillatory unstable mode, which grows exponentially, reduces the spanwise modulation of the flow. Our hypothesis is that, in the nonlinear DNS, this oscillatory mode leads to chaotic flow and nonlinear breakdown to a nearly two-dimensional flow at the end of each cycle. After breakdown, the spanwise modulation caused by the global mode ($\beta = 1$) starts to grow again and a new cycle starts.

5.3. Sensitivity to wall suction

The second bifurcation is caused by a three-dimensional stationary global mode around the asymmetric steady state. Here we examine the sensitivity of the second bifurcation to wall suction or blowing.

The sensitivity to wall suction at both walls is shown in figure 19, for asymmetric flow at $Re = 115$. Blowing away from the wall at the streamwise location of the two asymmetric recirculation bubbles is stabilizing, and suction destabilizing, as for the first bifurcation in § 4.2.1. The sensitivity at the second bifurcation is highest at the side of the larger recirculation bubble.

Some general observations about the control of the second bifurcation can be made. First of all, the magnitudes of the sensitivity to the wall suction are nearly twice as
large as for the first bifurcation. This means that control of the second bifurcation is likely to be efficient. One should note that, in order to obtain the best control effect, one would need to know at which wall the larger bubble is. Since the pitchfork bifurcation might lead to a larger bubble on either wall, the control needs to be adjustable.

Stabilizing control of the second bifurcation at $Re = 115$ is probably of limited interest because we have shown that the critical Reynolds number for the first bifurcation can be increased as far as $Re = 150$ with control. However, destabilizing control of the second bifurcation could be interesting for inertial micromixers, for which a time-dependent state causes enhanced mixing.

6. Conclusions

In this paper, we have investigated the hydrodynamic instabilities of the flow in an X-junction using three-dimensional DNS, linear global stability and sensitivity analysis.

For all the velocity ratios considered in this study, the X-junction exhibits two bifurcations as the Reynolds number is increased. The destabilization first occurs through a pitchfork bifurcation to a two-dimensional asymmetric steady state at $Re \approx 82.5$ for velocity ratio $V_r = 3$. Global stability analysis around a symmetric flow at $Re > 82.5$ detects the zero-frequency unstable two-dimensional global mode, which is responsible for this first bifurcation. The core of the instability, in terms of both the structural sensitivity and the disturbance energy production, is localized symmetrically at the edges of the two recirculation bubbles. The kinetic energy budget of the perturbation is analysed, and the structure and amplitude of the lift-up term in the energy budget is shown to be almost identical to the total production. This together with the mode shapes, stationary streamwise-elongated modes with strong streamwise velocity, shows that the lift-up mechanism causes the perturbation energy growth. This is similar to the finding of Lanzerstorfer & Kuhlmann (2011) for the backward-facing step, where, at a certain parameter range, the vertical velocity perturbation extracts energy from the base flow shear to produce streamwise-elongated low- and high-speed streaks. The first bifurcation in the X-junction is, however, two-dimensional, as was the original lift-up mechanism identified by Landahl (1975). The presence of two
recirculation bubbles makes it possible to form antisymmetric modes, which induces a cross-stream pressure difference promoting asymmetry, and also minimizes the dissipation by vertical velocity gradients.

We show that the shape of the recirculating region at the critical condition is unaffected by the velocity of the main channel and is determined only by the velocity of the side channels. Therefore, the value of the critical Reynolds number based on the velocity of the side channels is found to be almost constant for the range of velocity ratios studied. Our hypothesis is that the instability appears at a critical size of the recirculation zones (around six channel half-widths for the first bifurcation), which are more affected by the side flows than by the main flow. Also in a previous study, an instability in a junction with different inflow–outflow structure appeared at the same length of the recirculation zone (Poole et al. 2014).

An adjustable control strategy for the first bifurcation is proposed in the form of distributed suction or blowing at the walls. This proves to be an efficient means to maintain a symmetric flow. In the sensitivity distribution, the positive values represent suction and the negative values represent blowing. This wall-normal velocity is then applied at both walls symmetrically in actual computations, at different small amplitudes, and the stability recalculated. The optimal stabilizing wall-normal velocity increases the critical Reynolds number for the first bifurcation from $Re = 82.5$ to $Re > 150$, with normalized amplitude of only 3% in terms of both maximum velocity and flow rate. The main stabilizing effect is due to blowing from the wall, which reduces both the backflow and the velocity gradient responsible for the lift-up mechanism.

The second bifurcation has more intricate dynamics. Linear stability of the steady asymmetric base flow, obtained after nonlinear saturation of the first instability, reveals that a new instability appears at $Re \approx 115$ for $V_r = 3$, again as a zero-frequency global mode. This unstable mode has a spanwise wavenumber $\beta \approx 1$ for all velocity ratios $V_r \geq 1$. As for the first bifurcation, the Reynolds number for the second bifurcation is dictated by the side channel velocities only or, physically, the size of the larger recirculation bubble. The structural sensitivity is localized in the middle of the bubble but the maximum perturbation kinetic energy is localized at the edge of the bubble. The lift-up term of the production of the perturbation kinetic energy is dominating and its structure is similar to the total production. This suggests that the second bifurcation is also due to the lift-up instability mechanism similar to the findings of Marquet et al. (2009) and Lanzerstorfer & Kuhlmann (2011).

The behaviour at the second bifurcation is clearly defined by means of nonlinear simulations. These three-dimensional simulations show that the flow is steady and two-dimensional, regardless of the initial condition, for $Re \leq 105$. However, for $Re \geq 110$, we observe a nonlinear cycle: a two-dimensional asymmetric flow, the growth of a spanwise modulation, a time-dependent chaotic flow, travelling wavepacket and return to a nearly two-dimensional asymmetric flow. We use the linearized Navier–Stokes solver to explain the nonlinear breakdown of the flow by a secondary instability: we identify an oscillatory unstable mode that grows exponentially about an artificial base flow, constructed by combining the steady asymmetric base flow with the unstable three-dimensional steady mode, when the amplitude of the spanwise modulation reaches a critical value. The frequency of the oscillatory unstable mode is found to be similar to that of the nonlinear breakdown. The DNS indicates that the second bifurcation is weakly subcritical because it occurs at $Re = 110$, while a three-dimensional global mode destabilizes first at $Re = 115$. However, the structure of the growing spanwise modulation resembles the leading
global mode (at $Re = 110$, it is marginally stable), and we conclude that the same physical mechanism is active for $Re \geq 110$. The sketch representing the bifurcations versus the Reynolds number for the flow with velocity ratio $V_r = 3$ is presented in figure 6(b).

Finally, we show that the sensitivity to wall suction at the second bifurcation is twice as large as at the first bifurcation – i.e. that this control is efficient. Given that the critical Reynolds number for the first bifurcation can be increased as far as $Re = 150$ by boundary blowing or suction, stabilization of the second bifurcation should be studied at higher Reynolds number. Destabilization of the second bifurcation with control could be useful in order to trigger instabilities that increase mixing in micromixers.

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