CONSORT 2010 Flow Diagram

**Enrollment**
- Assessed for eligibility (n=103)
  - Excluded (n=7)
    - Not meeting inclusion criteria (n=6)
    - Declined to participate (n=1)
    - Other reasons (n=0)

**Allocation**
- Randomized (n=96)
- Allocated to intervention (n=48)
  - Received allocated intervention (n=48)
  - Did not receive allocated intervention (give reasons) (n=0)
- Excluded from analysis (give reasons) (n=0)

**Follow-Up**
- Allocated to intervention (n=48)
  - Received allocated intervention (n=48)
  - Did not receive allocated intervention (give reasons) (n=0)
- Lost to follow-up (give reasons) (n=0)
- Discontinued intervention (give reasons) (n=0)

**Analysis**
- Analysed (n=48)
  - Excluded from analysis (give reasons) (n=0)