A semi-parametric, state-space compartmental model with time-dependent parameters for forecasting COVID-19 cases, hospitalizations and deaths

Eamon B. O’Dea and John M. Drake

Odum School of Ecology and Center for the Ecology of Infectious Diseases, University of Georgia, Athens, GA, USA

EBO, 0000-0003-4748-683X; JMD, 0000-0003-4646-1235

Short-term forecasts of the dynamics of coronavirus disease 2019 (COVID-19) in the period up to its decline following mass vaccination was a task that received much attention but proved difficult to do with high accuracy. However, the availability of standardized forecasts and versioned datasets from this period allows for continued work in this area. Here, we introduce the Gaussian infection state space with time dependence (GISST) forecasting model. We evaluate its performance in one to four weeks ahead forecasts of COVID-19 cases, hospital admissions and deaths in the state of California made with official reports of COVID-19, Google’s mobility reports and vaccination data available each week. Evaluation of these forecasts with a weighted interval score shows them to consistently outperform a naive baseline forecast and often score closer to or better than a high-performing ensemble forecaster. The GISST model also provides parameter estimates for a compartmental model of COVID-19 dynamics, includes a regression submodel for the transmission rate and allows for parameters to vary over time according to a random walk. GISST provides a novel, balanced combination of computational efficiency, model interpretability and applicability to large multivariate datasets that may prove useful in improving the accuracy of infectious disease forecasts.

1. Introduction

Questions about the future trajectory of the coronavirus disease 2019 (COVID-19) pandemic were central to the personal [1] and public policy [2] decisions of most of the world in 2020. In principle, predictive models can be key tools for decision support during infectious disease outbreaks, but their value rests largely on the trustworthiness of their ability to capture the key relationships in complex systems subject to changing rules and conditions [3]. One way to evaluate the trustworthiness of such a model is to measure its predictive performance over short-term time horizons [4].

One of the major initiatives to develop models with short-term forecasting value is the COVID-19 Forecast Hub [5], which collected forecasts of COVID-19 cases, hospitalizations and deaths over the course of the pandemic in a standard format [6]. A standard format allows for standard evaluation of the accuracy of models among participating groups. Standard evaluations have proved useful in accelerating progress in other areas of machine learning [7], and projects such as the COVID-19 Forecasting Hub seek to facilitate comparable progress in infectious disease forecasting. Such projects are becoming more popular. The COVID-19 Forecast Hub evolved from earlier projects to collect standardized forecasts of seasonal influenza (e.g. [8]). Although the Hub collects forecasts for US...
jurisdictions, forecasts are contributed from teams from all over the world, and the US Hub has been matched by Hubs collecting forecasts for European nations (https://covid19forecasthub.eu/) and forecasts broken down into regions of Germany and Poland (https://kitmetricslab.github.io/forecasthub/forecast).

The COVID-19 Forecast Hub not only makes it relatively easy to compare the forecasts of different models made during the pandemic but also creates a set of benchmark forecasting tasks which models developed later can use to demonstrate their predictive value. Of course, making good forecasts after the data are available is not as impressive as doing so beforehand, but this exercise still has value for developing models for the next pandemic, or resurgence of COVID-19. A model that can provide good prospective forecasts should also be able to provide good retrospective forecasts.

The non-stationary nature of the COVID-19 pandemic [9] presents a challenge for forecasting by undermining the invariance assumptions that are the basis of most forecasting methods [3]. Castle et al. [9] draw a contrast between simple statistical models, which may be readily adapted to the most recent observations in a time series, and epidemiological models, which—although invaluable for providing insight into the past—are not as readily adapted to the most recent observations and thus are more prone to systematic forecasting errors when the data are non-stationary.

Here, we present a hybrid model, Gaussian infection state space with time dependence (GISST), which aims to combine the interpretability [10] of epidemiological models with the robustness to non-stationarity of statistical models by allowing key parameters of the epidemiological model to be fitted to the most recent observations. This model was developed for forecasting COVID-19 cases, hospitalizations and deaths at the state level in the USA. The GISST model is interpretable in the sense that it incorporates our understanding of the high-level relationships among cases, hospitalizations and deaths and produces outputs such as the effective reproduction number and estimates of the number of currently infected individuals. Further it includes a regression model for the effects of human mobility and vaccination levels on transmission and susceptibility, and it has the potential to be used to identify new correlates of transmission from a large panel of candidate variables. Figure 1 provides a graphical summary of GISST. We describe the model in detail in the Material and methods section. In the Results section, we present parameter estimates and evaluations of the model’s 1 day ahead forecasts and one to four weeks ahead forecasts for the state of California. We find that the GISST model’s forecast performance approaches and sometimes exceeds that of the COVID-19 Forecast Hub Ensemble in one to four weeks ahead forecasts. It does particularly well for the hospital admissions indicator, which may be the indicator whose forecasts are of the greatest practical value. The GISST model does this while having some advantages in computational efficiency and interpretability compared with the COVID-19 Forecast Hub Ensemble model.

2. Methods
2.1. Data
2.1.1. Forecasting targets
Many time-series indicators of the status of the COVID-19 pandemic are available. To allow our model’s forecasting skill to be compared with those of many other models, we use the
forecasting targets established by the COVID-19 Forecast Hub [5,6]. These targets use data on cases and deaths distributed in the COVID-19 Data Repository (https://github.com/CSSEGISandData/COVID-19) created by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University, Baltimore, MD, USA (JHU) [11].

We also use data on hospital admissions in the ‘COVID-19 Reported Patient Impact and Hospital Capacity by State Time-series’ and ‘COVID-19 Reported Patient Impact and Hospital Capacity by State’ datasets provided by the US Department of Health & Human Services (HHS) on healthdata.gov. We accessed these data through the Delphi Epidata API [12]. Specifically, this time series is the sum of the fields labelled previous_day_admission_adult_covid_confirmed and previous_day_admission_pediatric_covid_confirmed in the tables provided by HHS.

One challenging feature of these time series in regards to forecasting is that they are subject to revision. To ensure a fair comparison between our model and those models that provided forecasts as the pandemic was progressing, for any forecast, we used the version of the data available on the day for forecast submission to the forecasting hub. For evaluation of forecasts, we used a version of the data that is recent at the time of writing.

The forecasting hub had a flexible submission format that allowed teams to submit for any subset of counties and states as well as the USA as a whole. We focus on targets at the state level in this work, in the largest state of California. One reason is that the county-level data are subject to more reporting anomalies. Another is that many important policy decisions are made at the state level. A third is that approximations used in our process model were better suited to modelling the dynamics of larger, state-level populations than those of smaller county populations.

The time series of cases, deaths and hospitalizations are available at a daily resolution, but the targets are Sunday to Saturday weekly totals for cases and deaths. In keeping with the conventions of the COVID-19 Forecast Hub, we restrict our attention to one to four weeks ahead forecasts of cases and deaths and 1–28 day ahead forecasts of hospital admissions. The conventional wisdom is that forecasts at longer time horizons are generally not accurate enough to be useful [5]. Figure 2 shows the range of daily observation values of COVID-19 cases, hospital admissions and deaths for California to illustrate the general trajectory of the time series used to fit our model as well as the extent to which it was revised over time.

The hospital admissions time series is unique in that it begins later than the cases and deaths time series, in the middle of summer, and in that it did not become available until November 2020. At the beginning of the hospital admissions time series, there is also a misleading trend of growth that is simply due to the number of hospitals providing data increasing. To remove this artefact, we consider as missing the observations in which the field previous_day_admission_adult_covid_confirmed_coverage was below 90% of its last observed value.

We apply this transformation both for the datasets used for fitting and for those used for evaluation.

### 2.1.2. Regression model covariates

The GISST model includes a regression which expresses the risk of infection to susceptibles in terms of likely predictors of immunity and exposure. One such predictor is an aggregated...
measurement of the amount of time individuals spend in residential areas, as quantified in Google’s community mobility reports [13]. We use a rolling weekly average of the per cent change from baseline in the original mobility reports. Figure 3 shows the resulting time series.

The details of the calculation of our mobility covariate are as follows. For a given forecast date, we obtained the latest snapshot of Google’s Global_Mobility_Report.csv file on http://web.archive.org that was made prior to the beginning forecast date in the UTC time zone. This was the data available to all forecasting teams 22–23 h before the submission deadline of 18.00 ET. Although these data were not subject to revision, there was a gap of a few days between the last mobility data point and the forecast date, which we are able to reproduce by using the archived datasets. To remove weekly periodicity, we calculated a moving 7 day average with a centred moving window. The last three observations of this 7 day average time series are missing because data for the full window are not yet available.

In model development, we noticed that holidays had a strong effect on the rolling weekly average. In particular, if the available data ended on a holiday, our practice of filling in the missing values at the end of the mobility time series with the last weekly average led to inaccurate imputed values of this covariate. Because forecasts and parameter estimates could be quite sensitive to these imputed values, we developed the following method to deal more carefully with holidays. We considered as missing output from any windows which included the observed date of the holidays of President’s Day, Memorial Day, Independence Day, Labour Day, Thanksgiving Thursday and Friday, Christmas Day and New Year’s Day. Missing values within the resulting 7 day average time series were imputed by linear approximation. The gap at the end of the time series was filled in by repeating the last non-missing value. Finally, values of the unsmoothed data on holidays were used to replace corresponding values in the smoothed time series. In this way, holidays do not affect the extrapolation of values in the gap between the end of the data and the forecast date, but they are still able to affect exposure in our model. Note, however, that we are only accounting for the reduction in exposure due to individuals being able to spend more time at home rather than any increased exposure due to social activity.

A second predictor of the risk of infection is the number of vaccine doses administered in a state. The modelling assumption is that average susceptibility declines with the number of doses administered. We model an effect on average susceptibility rather than the number of susceptibles because a single dose of a COVID-19 vaccine does not generally fully immunize an individual. We sourced our time series of the number of doses administered from the Git repository at www.github.com/govex/COVID-19, which was created by Johns Hopkins University. These data came from either the states’ public dashboards or the Centers for Disease Control and Prevention Vaccine Tracker. Since the reported numbers are cumulative, the creators of this dataset used the larger of the values from those two data sources each day as the most up-to-date value. To obtain a covariate free of missing values, we assumed that all values before the first reported value were zero and that all values after the last reported value were equal to the last reported value. Missing values within the time series were imputed with a linear approximation. Figure 4 shows the resulting time series.
The zero here indicates that we do not explicitly track individuals whose cases are not reported after they cease to be infectious. However, such individuals still contribute to the removed population, which can be calculated as $N - X - L - Y$.

### 2.2. Model

The GISSST model is a state-space model, comprising a process model and an observation model. The process model and observation model both include stochasticity using Gaussian random variables. For the process model, these Gaussian variables arise naturally by applying the system size expansion. We find the Gaussian assumptions justified by diagnostics of the fitted model, and they allow for the model’s likelihood to be efficiently calculated using the extended Kalman filter [14]. This efficiency makes it feasible to estimate the effects of covariates on the process model’s transmission rate in an embedded regression model, as well as allowing for parameters to vary over time according to a random walk to account for non-stationarity.

#### 2.2.1. Process model

Our process model arises as the large-population limit of a continuous-time Markov chain defined for the following state variables:

$X$: Uninfected and susceptible individuals. Susceptible individuals can become infected by individuals in the $Y$ compartment.

$L$: Individuals with latent infections who are not yet infectious. At the end of the $L$ stage, these individual progress to the $Y$ stage.

$Y$: Individuals who are infectious. This compartment includes both symptomatic and asymptomatic individuals. As a starting point, our model does not incorporate information about the extent of asymptomatic transmission and infectious individuals in our model may be thought of as a mean over all types of heterogeneity.

$Z$: Individuals who have been diagnosed and will be reported as cases, but have not yet been reported. Those individuals are likely to be isolated and so are not infectious in our model.

This compartment includes a count for the fraction of infectious individuals who recover without hospitalization, and it includes all infectious individuals who enter the hospitalized class.

$H$: Individuals who have been hospitalized. Those individuals are modelled as not infectious owing to isolation. A fraction of individuals in the $H$ stage will recover; the remainder will die of the infection.

$A$: Individuals who are new hospital admissions. This compartment keeps track of the number of new hospitalized individuals each day, which we can compare with reported hospital admissions.

$D$: Individuals who have died from the infection, but whose death has not yet been reported.

$D_r$: The number of newly reported deaths each day.

The transition probabilities of the Markov chain are contained in Table 1. The definitions and values of model parameters appear in Table 2. The incubation rate used is consistent with an average incubation period of 4 days, which is a day shorter than the estimate of [15]. This shortening may be justified in light of the fact that the estimate is for the time of the appearance of symptoms, whereas we require the time until an individual becomes infectious and there is evidence that presymptomatic transmission is important for COVID-19 [16]. The removal rate $\gamma$ was set to 4 based on the reasoning that it takes a few days for most individuals to obtain a test result once they become symptomatic and that infectiousness typically decreases over time following the appearance of symptoms [17], such that individuals are relatively unlikely to transmit after the first few days of their infectious period. This choice is consistent with the serial interval of 3 days estimated in [16].

Our model diverges from the typical SEIRD (susceptible–exposed–infected–removed–deceased) structure for specific reasons. A state variable for the number of removed individuals—that is, individuals who completed a pass through the infectious state—is missing because it would be redundant. That quantity can easily be calculated as $N - X - L - Y$, and the counts of deceased individuals, which are tracked by our model, subtracted from that if needed. The hospitalization reaction involves four state variables because of the nature of the data we observe. Hospitalizations are counted as both cases and hospital admissions. However, our observations of cases are reports which lag the diagnosis by several days whereas we have a time series of actual date of hospital admission. Furthermore, some hospitalizations conclude in deaths, which will on average be reported with a longer lag from the date of hospital admission than will cases. Thus the potential to lead to observable events with three different lag times makes it necessary for the hospital admission event to propagate to three pathways in our model.

We could fit this Markov chain model using a simulation-based approach such as particle filtering. However, when the pandemic is in full strength and most state variables are large, it seems more advantageous to employ a central limit theorem to obtain a Gaussian distribution for the random fluctuations of the state variables. This choice allows for faster likelihood calculation via the Kalman filter. Therefore, computational resources may be redirected from calculating the minute details of our model’s stochastic fluctuations to other tasks important for developing good forecasts such as experimenting with variations of the model’s structure.

A Gaussian distribution for the state variables can be obtained by applying the system size expansion [18], which yields a system of ordinary differential equations for the expected values of the state variables and another system for the covariances of random

### Table 1. Transition rules for the Markov chain.

| event | update | propensity |
|-------|--------|------------|
| transmission | $X \rightarrow L$ | $\beta X Y/N$ |
| incubation | $L \rightarrow Y$ | $\eta L$ |
| removal of infectious individual whose cases will be reported | $Y \rightarrow Z$ | $(1 - p_h)Y$ |
| removal of infectious individual whose cases will not be reported | $Y \rightarrow 0^*$ | $(1 - p_h)(1 - p_d)Y$ |
| reporting of cases | $Z \rightarrow Z_r$ | $\gamma_r (1 - p_d)Y$ |
| hospitalization of an infection on a weekday | $Y \rightarrow H + A + Z$ | $p_h Y$ |
| hospitalization of an infection on a Saturday or Sunday | $Y \rightarrow H + A + Z$ | $p_h, p_{weekend} Y$ |
| death during hospitalization | $H \rightarrow D$ | $\rho_h H$ |
| discharge from hospital | $H \rightarrow 0$ | $\gamma_h (1 - p_d)H$ |
| reporting of deaths | $D \rightarrow D_r$ | $\gamma_r D$ |

*The zero here indicates that we do not explicitly track individuals whose cases are not reported after they cease to be infectious. However, such individuals still contribute to the removed population, which can be calculated as $N - X - L - Y$. 
fluctuations around the mean. The system size expansion is appropriate when all of a system’s reaction rates scale with the size of the system and also are relatively constant over sufficiently small time steps [19]. These requirements are satisfied for the Markov chain in Table 1 because of the appearance of state variables in each of the propensities that grow with the population size and also become relatively constant over the course of a day when they are sufficiently large. The system size expansion has found use in earlier works in epidemiology for the analytic study of stochastic fluctuations of compartmental models [20,21], but its use remains relatively rare in the field. As such, we provide some detail about how the equations contained in the following paragraphs were derived by Wallace [19]. As we have mentioned, we begin a differential equation for the covariance matrix of population size leads to the linear noise approximation for stochastic fluctuations of the state variables:

\[
\begin{align*}
\frac{\text{d}}{\text{d}t} \Sigma (t) &= \Pi (t) \Sigma (t) + \Sigma (t) \Pi^T (t) + Q(t),
\end{align*}
\]

where the angular brackets indicate the expected value and the over dots indicate time derivatives. Figure 5 provides a graphical representation of these equations. These equations are equivalent to equation (6) of [19] multiplied by that reference’s system size parameter \( \Omega \). Collecting terms that scale with the square root of population size leads to the linear noise approximation for the stochastic perturbations. The equation for this approximation corresponds to equation (10) of [19] multiplied by \( \sqrt{\Omega} \). Application of Itô’s isometry to that equation then yields a solution for the variance that is equivalent to equation (6.10) of van Kampen [18]. van Kampen [18] obtains this equation from his general derivation by Wallace [19]. As we have mentioned, we begin by writing a system of equations for the difference in each state variable over a small time step as a sum of Gaussian random variables. These variables represent the number of times each reaction in the system is fired over the course of the time step. The mean of this variable is set to the expected number of reactions as determined by the time step and the reaction rate in Table 1, and the variance is set equal to the mean to approximate a Poisson random variable. Next, the ansatz is made that the change in the variable may be decomposed additively into a deterministic solution which scales with the population size and a stochastic perturbation which scales with the square root of the population size. Then, the reaction rates are replaced with the Taylor series expansion of the reaction rates with respect to the stochastic perturbations. Collecting terms that scale with the population size leads to the following system of equations for the approximate expected values of the state variables:

\[
\begin{align*}
\langle X \rangle &= -\frac{\beta}{N}, \\
\langle L \rangle &= \frac{\beta}{N} - \eta, \\
\langle Y \rangle &= \eta - \gamma, \\
\langle Z \rangle &= \gamma, \\
\langle H \rangle &= \rho_h \gamma, \\
\langle A \rangle &= \rho_i \gamma, \\
\langle D \rangle &= \rho_i \gamma, \\
Q &= S^T \text{diag}(f) S, 
\end{align*}
\]

which may be calculated from individual-level reactions in Table 1. The matrix \( S \) has elements \( S_{ij} \), which are the stoichiometric coefficients of species \( j \) in reaction \( i \) in the reactions in Table 1. The vector \( f \) collects the propensities column of Table 1. The solutions of equations (2.1) and (2.2) are the parameters of

| symbol | definition | value |
|--------|------------|-------|
| \( \beta \) | transmission rate | estimated |
| \( N \) | population size | value given in JHU CSSE dataset |
| \( \eta \) | incubation rate | 365.25/4/year |
| \( \gamma \) | removal rate | 365.25/4/year |
| \( \gamma_{w} \) | rate of reporting deaths on day of week \( w \) | 365.25/10/year* |
| \( \gamma_{z} \) | rate of reporting deaths on day of week \( w \) | 365.25/10/year |
| \( \rho_h \) | probability of an infection leading to hospitalization | estimated* |
| \( \rho_{h, \text{weekend}} \) | factor relating weekday hospital admissions to weekend admissions | estimated* |
| \( \rho_i \) | probability of a hospitalization leading to death | estimated |
| \( \rho_i \) | probability of a removal on day \( t \) being reported as a case | 0.5* |

*The parameter \( \rho_{h, \text{weekend}} \) is fixed to 0.03 when hospitalization data are not available to avoid collinearity with \( \rho_i \). Additionally, \( \rho_{h, \text{weekend}} \) is assumed equal to 0.9 when hospitalization data are not available. The parameter \( \rho_i \) is estimated for dates up to June 2020 as described in §2.2.6, while \( \gamma_{w} \) and \( \gamma_{z} \) are fixed at this value for some days of the week and estimated for others as described in §2.2.
a Gaussian approximation to the distribution of the state variables in the original Markov chain. Thus, given an initial value of the means and \( P \) numerical integration of equations (2.1) and (2.2) allows values of the mean and variances at a future time to be calculated. We describe how such values are used to generate forecasts and fit the model in §2.3.

We next explain some additional features of our model that proved necessary to obtain a good fit.

2.2.3. Regression model for the transmission rate

Non-pharmaceutical interventions (NPIs) and vaccination have been effective in reducing the growth rate of COVID-19 cases, and we employ a regression model to allow for such effects in our model. Our covariates for quantifying these effects have been described in §2.1. We use \( \text{doses} \) to denote the number of vaccine doses administered on day \( t \) and \( \text{residential}_t \) to denote our indicator of the time spent in residential areas on day \( t \). Our regression model for the transmission rate on day \( t \), \( \beta_t \), is as follows:

\[
\log \beta_t = \min(\beta_{0,t} + \text{doses}_t \cdot \beta_{\text{doses}} + \text{residential}_t \cdot \beta_{\text{res}}, \log(1000)).
\]  

(2.4)

The upper limit of 1000 on the value of \( \beta_t \) reflects our scientific understanding that the reproduction number is unlikely to exceed 10 (which corresponds to \( \beta_t = 913 \)) even in the absence of control measures and it prevents numerical problems in accurately calculating a solution for our process model with very large transmission rates. Although for the sake of brevity we refer to \( \beta_t \) as a transmission rate, it serves to summarize the effects on both transmissibility and susceptibility. That is, \( \beta_t = (\text{transmission rate on day } t) \times \text{(susceptibility on day } t) \). The intended interpretation of our regression model in terms of this factorization of \( \beta_t \) is

\[
\text{transmission rate on day } t = \exp(\beta_{0,t} + \text{residential}_t \cdot \beta_{\text{res}})
\]

(2.5)

and

\[
\text{susceptibility on day } t = \exp(\text{doses}_t \cdot \beta_{\text{doses}}).
\]

(2.6)

The coefficient \( \beta_{0,t} \) allows for the effects of NPIs for which we lack covariates to affect the transmission rate, and also allows for the reproduction number to decline with the depletion of susceptibles at a rate consistent with heterogeneity in susceptibility [23]. These effects are allowed to vary over time according to a random walk model, which we describe in §2.2.5.

2.2.4. Observation model

Our process model accounts for variation around expected values of cases, hospital admissions and deaths due to the intrinsic randomness of disease transmission. Another major source of variation comes from our imperfect observation of these variables. For the sake of simplicity and computational efficiency, we assume that these errors are zero-mean Gaussian random variables. For the sake of simplicity and computational efficiency, we assume that these errors are zero-mean Gaussian random variables and are independent of each other. The variance of the observation error of hospital admissions, denoted \( \sigma_h \) and that of deaths, denoted \( \sigma_d \), are assumed to be constant over time. By contrast, allowing for variation in the observation error of cases over time proved critical to obtaining a good fit.

For this variable, we assumed that variance of the observation error on day \( t \) is proportional to the model’s estimate of the number of infected individuals at the beginning of day \( t \). This allows for a mean-to-variance ratio similar to what would result from assuming each case was reported with a given probability. Additionally, we allow the proportionality constant, denoted \( \sigma_c \), to change over time according to a random walk model. This allowed observations to be given less weight in periods subject to large amounts of noise.

2.2.5. Time dependence of parameters

The curve of cases in figure 2, with its multiple peaks, looks nothing like the typical simulation of our process model with fixed parameters. Even after incorporating the covariates in our regression model for the transmission rate, we, like other...
modellers [24], found it necessary to allow the parameters of our model to change over time to obtain a good fit. Furthermore, allowing variation in parameters is justifiable given the rapidly evolving epidemiology of COVID-19, in which human behaviour has played a large role. We allowed some parameters in our model to vary over time by allowing the parameter values to vary according to a random walk. The use of random walks to non-parametrically model complex epidemiological time series has been successful in forecasting seasonal influenza at the state level [25], Table 3 lists the parameters in our model which we allow to take random walks, along with the frequency of steps in the walks, and the standard deviation of the normally distributed step size. Some of these parameters are transformed for the purpose of allowing normally distributed step sizes while staying within their natural domains. The frequency of steps and the standard deviations were determined through trial and error to achieve a good fit to the data. That is, they were treated as hyperparameters which were considered fixed when optimizing the likelihood with respect to our regular model parameters.

### 2.2.6. Estimation of \( \rho_t \)

Estimation of the time dependence of \( \rho_t \), the reporting probability, required special treatment. This parameter changed the most in the first few months of the epidemic as testing volume increased. We accounted for this by estimating \( \rho_t \) for days before 22 June 2020, from the ratio of cases to deaths. This time window corresponds to the first major wave of cases. The idea is that most COVID-19 deaths have been reported with a relatively high and constant probability. We assume that the ratio of the probability for days before 22 June 2020, and plateaus at 0.5 on that date. This ratio is estimated by fitting a multivariate adaptive regression splines (MARS) model with the R package `earth` [26]. The model is fitted to the log of the ratio of cases to deaths 20 days later. We assume a monotonic increase in \( \rho_t \) and ensure it by filtering the exponentiated prediction coming out of the MARS estimate through the \( \text{cummax} \) R [27] function. We further scale it so that the final value is 0.5, which is close to the estimate of the under-reporting factor for California in the same time period in the model of Irons & Raferty [28]. Figure 6 shows the resulting estimate of \( \rho_t \) for California.

### 2.3. Fitting methods

The GIEST model has many parameters which must be estimated from the data before forecasts can be made. We do this using the method of maximum likelihood. The log likelihood of the model was calculated using an extended Kalman filter. The equations used in our extended Kalman filter implementation are nearly the same as those in the original Kalman filter introduced in Campagnoli et al. [14], the only difference being that our process model predictions are not generated by a linear function. We go through our likelihood calculation in detail in the electronic supplementary material.

| parameter | step frequency | standard deviation of step size |
|-----------|---------------|--------------------------------|
| \( \log \beta_0 \) | every week | 0.05 |
| \( \logit \rho_0 \) | every four weeks | 0.5 |
| \( \tau_c \) | every four weeks | 0.05 |

### 2.4. Forecasts

Once a model is fitted, generation of forecasts is straightforward. In fact, the \( S_{t-1} \) calculated as a part of the likelihood are already available as one step ahead point forecasts. We used these within-sample forecasts to evaluate the goodness of fit of a model. To generate out-of-sample forecasts, we simply simulated the process model in equations (2.1) and (2.2) forward as far as needed beyond the day of the last observation and added the model-determined observation noise. In doing this, we used predicted values of \( \beta_t \) in the future from a lag-1 autoregressive (AR-1) model fit to the daily times series of the deviations of \( \beta_t \) from \( \gamma \) in the past. The model has its mean fixed at zero such that only the autoregression coefficient for the deviations is estimated. We denote this coefficient \( \phi \) and provide an example of an estimate in table 4. The input estimates of \( \beta_t \) have a similar time series to the estimates of \( R_t \) plotted in figure 7. In this figure, one can see that, following an initial transient period, \( R_t \) had a tendency to fluctuate around and then revert to 1. This tendency may be a consequence of populations seeking to minimize the social and economic costs of NPIs. Perhaps NPIs are strengthened only when \( R_t \) is clearly above 1 and COVID-19 indicators are on the rise and NPIs are relaxed soon after these indicators begin to drop. At any rate, we found that forecasts generated using predictions of \( \beta_t \) from an AR-1 model fitted to the estimates of \( \beta_t \) from days beyond 1 May 2020 up to the forecast date performed better than forecasts which assumed that \( \beta_t \) would remain at its most recently estimated value throughout the forecast period. The key benefit of the use of the AR-1 model seems to be that it limits the extent to which forecasts overshoot the peaks of pandemic waves.

In calculating forecasts, all parameters modelled as random walks were fixed at their final estimated value. To produce
forecasts for the COVID-19 Forecast Hub, we recorded and zeroed the $D_t$ and $Z_t$ variables every 7 days to produce weekly forecasts of cases and deaths. Additionally, to calculate the observation model variance of a weekly observation, we summed the observation model variances that would have been applied to forecasts of individual days in the week. The Hub accepts probabilistic forecasts in the form of a set of 23 quantiles, {0.01, 0.025, 0.05, 0.1, 0.15, ..., 0.85, 0.9, 0.95, 0.975, 0.99}, for deaths and hospital admissions and a set of seven quantiles, {0.025, 0.1, 0.25, 0.5, 0.75, 0.9, 0.975}, for cases. We obtained these quantiles using the \texttt{qnorm} function in R with the mean and variance of our model's forecast distributions. Any negative quantiles—resulting from predicted distributions with a large coefficient of variation, for example—were replaced with zeros.

We conducted evaluations as follows. We used a version of data available on 21 June 2021. The extent of revision in our training data is summarized in figure 2. These revisions were large enough to decrease the accuracy of forecasts but not so large that the decreases were catastrophic. Forecasts were scored using the weighted interval score [34]. We scored forecasts of each indicator and forecast horizon separately. For each of these, we used a set of forecast dates for which our model, the COVID-19 Forecast Hub Ensemble model, and the COVID-19 Forecast Hub Baseline models have produced forecasts. The Ensemble model and Baseline models are useful reference points because the Baseline model represents a level of forecast skill achievable with little effort whereas the Ensemble model represents a model with a high level of forecast skill. The Ensemble model is formulated as the median value of the quantiles of forecasts submitted to the Forecast Hub and has performed better than most individual models. We analysed forecasts of data from dates ranging from 29 June 2020 to 26 April 2021, which includes the second and third major waves of spread. We do not evaluate forecasts of the first wave of spread because Ensemble forecasts are not available for most of it. Additionally, the interpretation of the indicators in the first wave is not straightforward as many surveillance systems were changing rapidly as the severity of the pandemic grew. We do not evaluate forecasts beyond April 2021 because the indicator counts were reduced and subject to more changes in the reporting schedule as the pandemic began to wane.

### 3. Results

#### 3.1. Goodness of fit

We experimented with model structure until two goodness of fit criteria were satisfied. The first was that errors in the one step ahead forecast had the expected normal distribution. We used this diagnostic to evaluate whether that model's normality assumptions were reasonable. Electronic supplementary material, figure S1 indicates that they were, with the exception of a relatively small number of outliers.

The second criterion was that the mean absolute scaled error (MASE) [35] was below 1 for all model fits. Because of the strong weekly periodicity in some of the data, we calculated MASE with both a non-seasonal naive model and a 7 day seasonal naive model. Our criterion was that both versions be less than 1. This condition provided a fast method to...
evaluate the forecasting skill of our model and its potential to outperform baseline models at the longer forecast horizons in our primary evaluation analysis. Electronic supplementary material, figure S2 shows that our model for California satisfied these criteria.

### 3.2. Parameter estimates

An advantage of the mechanistic aspects of our model is that they provide some insight into why a time series of indicators may be forecasted to go in a certain direction. To illustrate how this may be possible with our model, we next present an example of parameter estimates in our fitted models. The plausibility of these estimates in light of other sources of information about COVID-19 also provides a means to evaluate the assumptions of our model.

The effective reproduction number is perhaps the parameter of greatest interest in our model because it provides an easy-to-understand statement of whether the pandemic is growing or not [36]. The (instantaneous) effective reproduction number $R_e$ in our model is a derived quantity equal to $R_e = (\beta_t / \gamma) X(t) / N$. Figure 7 plots the value of $R_e$ calculated from this expression with our model’s fixed values of $\gamma$ and $N$, the predicted value of $\beta_t$ resulting from our fitted regression model in equation (2.4) and the estimates of $X(t)$ in $\mathbf{x}_i$ in equation S5 in the electronic supplementary material. The estimates seem reasonable, taking relatively large values early in the pandemic and then falling to and fluctuating around 1 after control measures were implemented. This figure also shows the contribution of individual regression model coefficients to the regression model’s prediction of $R_e$. All coefficients have effects in the expected direction, although the dose effect is small. Estimated values for these coefficients are in table 4, along with estimates of other parameters that were not time dependent.

Because we repeatedly fitted the model to longer and longer time series for the purpose of making forecasts, even parameters which are assumed to be constant in a single model fit can reveal how the model fit or the underlying epidemiology changes over time. Electronic supplementary material, figure S3 shows that the estimated effect of our indicator for the amount of time spent in residential areas was greatly reduced once hospital admissions data became available for fitting. We interpret this as a sign that our model was systematically incorrect in its assumed number of hospital admissions before being provided data, such that the availability of data triggered a step change in parameter estimates. Perhaps more epidemiologically interesting, the effect of this indicator trends towards zero from January onward. This behaviour is consistent with NPIs becoming less important as vaccine-induced immunity built up.

Estimates of time-dependent parameters are shown in electronic supplementary material, figures S4–S6. Overall, these parameters are estimated with a reasonable amount of precision and the trends seem reasonable. The probability of hospitalization is initially high and then quickly moves down to about 3% and fluctuates around that number. The rise in the random walk intercept $\beta_{S0}$ in the fall of 2020 coincides with the onset of the third major wave of cases. The observation variance in cases $\tau_{c,i}$ per infected individual grows in proportion to the number of cases reported. This variance-to-mean relationship reflects overdispersion relative to a Poisson model, which is frequently the case for observation models of infectious disease time series.

### 3.3. Evaluation of short-term forecasts

Weighted interval scores from our primary evaluation of forecast skill for cases and deaths are displayed in figure 8. The GISST model performs best relative to the reference models at the one and four week ahead horizon for cases and the three to four weeks ahead horizons for deaths. Owing to the large scale of errors, the forecasts around the peak of the pandemic have the most weight in the overall score. It is thus possible to see how the overall scores in figure 8 are approximations of the average scores of observations in November through February in electronic supplementary material, figure S7. In turn, the correspondence between these scores...
Figure 8. Overall performance of short-term forecasts of cases and deaths. Lower scores indicate better performance. The GISST forecast consistently outperforms the COVID-19 Forecast Hub Baseline forecast and performs relatively best for four week ahead death forecasts.

and the difference between forecasted and observed trajectories can be seen by comparing electronic supplementary material, figure S7 with figure 9.a.c. One can see how the good interval scores for the GISST model’s four week ahead deaths forecasts for observations in the final quarter of 2020 seen in electronic supplementary material, figure S7 do indeed correspond to forecasts that are sharper and more accurate than the COVID-19 Forecast Hub Ensemble in figure 9.c.

Scores from our primary evaluation of forecast skill for hospital admissions are displayed in figure 10. The GISST model performs best relative to the COVID-19 Forecast Hub Ensemble model at all horizons. There is a clear periodicity in the weighted interval scores of the COVID-19 Forecast Hub Ensemble as a function of the horizon, which probably originates from not modelling the reduction in hospital admissions on weekends (figure 10). Examination of forecast trajectories in figure 9b reveals that the overall better scores of GISST occurred in spite of poor forecasts early in the evaluation period, in which the 0.025 probability-level quantile of the GISST forecast greatly exceeded the maximum value of hospital admissions in the 14 December forecasts. These poor forecasts were compensated for by consistent sharp and accurate forecasts from GISST for observations in the last half of January and throughout February. Performance at later dates was not as strong for GISST but these had less influence on the overall score because of the decreasing trend in hospitalizations.

4. Discussion

We have introduced the GISST forecasting model and compared its performance in forecasting cases, hospital admissions and deaths with a simple baseline forecaster and a respected ensemble forecaster. Although some of its early December forecasts greatly overestimated future cases and hospital admissions, in summary evaluations of cases and deaths forecasts the GISST model dominated the baseline model and typically had a score closer to the ensemble model (figure 8). In summary evaluations of forecasts of hospital admissions, the GISST model scored better than the ensemble in 28 out of 28 horizons (figure 10). In addition to these positive performance attributes, GISST has the advantage of allowing trends in the forecasted indicators to be plausibly linked to each other and leading indicators such as metrics of human mobility. Additionally, it is computationally efficient. Even for the fits to the April 2021 datasets, when our model had the largest number of parameters and observations, fitting an additional week of data required less than 4 h of serial computation (electronic supplementary material, figure S9) on a Linux system with an Intel Xeon E5-2450 Processor with a turbo frequency of 2.90 GHz. In addition to permitting forecasts to be generated online for a large number of locations, this efficiency facilitates model development by shortening the time required to test changes in model structure.

There are COVID-19 forecasts from many other forecasters besides the COVID-19 Forecast Hub Baseline and Ensemble models, and we next put our model in context with some of these other forecasters. The MechBayes model of Gibson et al. [24] provided accurate forecasts of COVID-19 deaths in real time, and, like GISST, it does so by fitting a compartmental infectious disease model. But unlike GISST, the MechBayes model does not include a regression model for the transmission rate and requires Markov chain Monte Carlo (MCMC) sampling to fit, which probably makes it more computationally costly. Furthermore, it does not include hospital admissions. The method introduced in Srivastava et al. [37] is much more computationally efficient than GISST, but it does not forecast hospital admissions nor allow for transmission covariates. The Hub forecaster karlen-pypm [38] has produced good forecasts of all three indicators via a mechanistic population model. More recent versions of this model explicitly account for the dynamics of multiple variants of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). However, it assumes that parameters are fixed except for at changepoints, which must be estimated. Dehning et al. [39] present a fully Bayesian method for estimating such changepoints of transmission rates in a mechanistic population model. From the results of such estimation in time series of COVID cases in Germany,
it seems that the data were only highly informative in about one out of three changepoint times. This result suggests to us that, when prior information about the timing of changepoints is not readily available, a model that assumes a random walk in parameter values may be a better choice to avoid biases due to model misspecification.

Recently, Smith et al. [40] presented results from an SEIR-type model of COVID-19 in US states that included environmental covariates such as temperature and population density in addition to human mobility covariates. This was a spatially hierarchical Bayesian model fitted with MCMC and is likely to be more computationally demanding than GISST. Furthermore, it forecasted deaths only and these forecasts were considered poor by the authors for horizons of more than two weeks. However, it is difficult to objectively compare accuracy with other models because the forecasts are not available in the standard Forecast Hub format.

The worst-scoring forecasts from GISST were made from dates in December (electronic supplementary material, figures S7 and S8) when the GISST model greatly overpredicted the number of cases and hospitalizations (figure 9a,b). Although increasing the accuracy of such predictions may prove extremely difficult, future work should evaluate the benefits of incorporating uncertainty in future values of $\beta_t$, which seems to be one of the strengths of the COVID-19 Forecast Hub Ensemble forecaster.

Another refinement to our approach which would probably lead to improved prediction of cases would be to allow for finer scale dynamics of disease transmission. For example, rather than modelling exclusively at the state level, a state-level model could be combined with models of groups of counties with similar dynamics. The county-level data of California show marked differences in dynamics relative to each other. For example, the relative height of the peak in cases in the 2020–2021 winter wave was much larger in the County of Los Angeles than it was in the City and County of San Francisco. Furthermore, Bayesian fitting of a time-dependent SIR model to county-level data in South Carolina [41] revealed substantial heterogeneity in risk among counties as well as the value of a demographic feature (the percentage of the population below the poverty line) in explaining it. Modeling at the county level could thus allow for more accurate estimation of the number of susceptibles remaining in a population and their risk of infection. The state-space framework of GISST could readily accommodate the combination of models at different spatial levels via a hierarchical observation model.

Figure 9. Forecast trajectories and target time series for cases (a), hospital admissions (b) and deaths (c). The panel labels on the right are quantiles of the forecast. The target time series is plotted in grey. The performance penalty for underpredicting the true values is proportional to the quantile value, and the performance penalty for overprediction is proportional to 1 less the quantile value. Lines are drawn between forecasts of different horizons from a single forecast date.
Another limitation of the GISST model, as we have presented it here, may be that it is missing important covariates in the regression model for the transmission rate (equation (2.4)). For example, we have not tried using other mobility metrics provided in the Google community mobility reports. On the one hand, predicting future values of such covariates could be just as challenging as predicting future values of COVID-19 indicators without them. One might address this problem to some extent by applying a penalty proportional to the absolute value of the regression coefficient of these covariates, which would shrink the effect of unimportant covariates to zero. This approach would be readily achievable with the optimizer we used by choosing the orthant-wise limited-memory quasi-Newton (OWL-QN) algorithm instead of the LBFGS algorithm. The use of this option is what we alluded to in the Introduction as the ability of these covariates, which would shrink the effect of unimportant covariates to zero. This approach would be readily achievable with the optimizer we used by choosing the orthant-wise limited-memory quasi-Newton (OWL-QN) algorithm instead of the LBFGS algorithm. The use of this option is what we alluded to in the Introduction as the ability of GISST to search for important variables from a large space of candidate variables. Variables identified in this manner may improve forecast just by being available up to or close to the date of forecast. Knowing which variables are important for predicting the transmission rate, even if they are difficult to forecast, could also be valuable for the design of forecasts.

**Data accessibility.** All data used are publicly available. An archive of the code used to obtain the data and generate all results is available on Zenodo at https://doi.org/10.5281/zenodo.5112578.

**Authors’ contributions.** E.B.O.: conceptualization, data curation, formal analysis, investigation, methodology, software, validation, visualization, writing—original draft, writing—review and editing. J.M.D.: conceptualization, funding acquisition, project administration, resources, supervision, validation, writing—review and editing.

**Competing interests.** We declare we have no competing interests.

**Funding.** This work was supported by the National Science Foundation (grant no. NSF DEB-2027786).

**Acknowledgements.** We thank Éric Marty for creating the flow diagram of the ODE system and the graphical summary of our method.

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**Figure 10.** Overall performance of short-term forecasts of hospital admissions. Lower scores indicate better performance. The GISST forecasts score better than the COVIDhub Ensemble forecasts at all horizons. However, the difference in scores is slight at the 7 and 8 day horizons.
