### Appendix 1. Checklist score

Identification number: __________________

Instruction:
*Selective transforaminal epidural nerve block*

| Evaluation Item                                                                 | Unable to perform | Incorrectly performed | Properly performed |
|--------------------------------------------------------------------------------|-------------------|-----------------------|--------------------|
| TASK                                                                           |                   |                       |                    |
| 1. Needle approach from posterolateral to the appropriate level                | 0                 | 1                     |                    |
| 2. Confirm the appropriate point of the needle tip. (Just below the pedicle)   | 0                 | 1                     |                    |
| 3. Needle passing adjacent to these structure at the appropriate level. (Just antero-lateral to the superior articular process) | 0                 | 1                     |                    |
| 4. Confirm the appropriate depth of the needle tip. (Posterior to the vertebral body) | 0                 | 1                     |                    |
| 5. Knowing and performing the proper sequence as well as knowledge of the quantity of the solution to be injected. (Contrast media, drug) | 0                 | 1                     |                    |
| 6. At least two images were checked for appropriate locations.                 | 0                 | 1                     |                    |
| 7. Proper positioning of self and the monitor and successful performance of the procedure. | 0                 | 1                     |                    |

Total points: 1.

2.

3.