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Review

Autophagy Modulated by Inorganic Nanomaterials

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Abstract

With the rapid development of nanotechnology, inorganic nanomaterials (NMs) have been widely applied in modern society. As human exposure to inorganic NMs is inevitable, comprehensive assessment of the safety of inorganic NMs is required. It is well known that autophagy plays dual roles in cell survival and cell death. Moreover, inorganic NMs have been proven to induce autophagy perturbation in cells. Therefore, an in-depth understanding of inorganic NMs-modulated autophagy is required for the safety assessment of inorganic NMs. This review presents an overview of a set of inorganic NMs, consisting of iron oxide NMs, silver NMs, gold NMs, carbon-based NMs, silica NMs, quantum dots, rare earth oxide NMs, zinc oxide NMs, alumina NMs, and titanium dioxide NMs, as well as how each modulates autophagy. This review emphasizes the potential mechanisms underlying NMs-induced autophagy perturbation, as well as the role of autophagy perturbation in cell fate determination. Furthermore, we also briefly review the potential roles of inorganic NMs-modulated autophagy in diagnosis and treatment of disease.

Key words: inorganic nanomaterials, nanotechnology, nanotoxicity, autophagy perturbation, disease therapy

Introduction

Nanomaterials are particulate materials with 50% or more of the constituent particles having one or more external dimensions in the size range of 1 to 100 nanometers [1]. Among the engineered nanomaterials, the majority of inorganic nanomaterials (NMs) exhibit unique physicochemical and optical properties, such as that exhibited by superparamagnetic iron oxide nanoparticles (SPIONs) [2], the localized surface plasmon resonance (LSPR) effect of silver and gold nanoparticles [3], the antioxidant and free-radical scavenging capabilities of fullerenol [4], and the very high fluorescent brightness and excellent photostability of colloidal quantum dots [5]. Various inorganic nanomaterials have been developed for advanced theranostics to incorporate with therapeutic and diagnostic agents in order to achieve stimuli-responsive drug release, synergetic and combinatorial therapy, and multimodality therapies [6]. Nanotechnology, which is generally described as the manipulation of nanoscale materials, now has a prominent role in industrial applications as well as in biomedical applications [7,8]. With the rapid development of nanotechnology, NMs have been comprehensively applied in modern society. Figure 1 shows various applications of inorganic NMs in the biomedical field.

Autophagy is a natural regulated mechanism that disassembles unnecessary or dysfunctional components, thus allowing the orderly degradation and recycling of cellular components. It is well known that autophagy plays dual role in cell survival and cell death [9,10]. A growing body of research has reported the ability of NMs to induce autophagy activation [11-14]. It has been reported that intracellular nanoparticles are not only degraded through the endo-
lysosomal pathway, but also sequestered by autophagosomes and degraded through the autolysosomal pathway [15,16]. NMs-induced autophagy may be a cellular defensive mechanism against nanotoxicity [17], though it may also be a potential mechanism of nanotoxicity [18]. Furthermore, both autophagy inhibition and activation have been reported as potent anticancer therapeutic strategies [19-27]. It should be noted that in cancer therapy, autophagy has a dual-opposite role, either opposing cell transformation and progression or facilitating survival under harsh conditions and in response to chemotherapeutics.

Iron oxide nanomaterials

Iron oxide nanoparticles (IONPs) are promising materials for theranostic applications such as magnetic resonance imaging (MRI), hyperthermia, and drug delivery [28-30].

Table 1. Inorganic NMs-modulated autophagy was frequently observed in a variety of cell lines.

| NMs          | Cell line                                      |
|--------------|-----------------------------------------------|
| IO NMs       | A549 [32], RAW264.7 [33,37,39], PC12 [34], HeLa [36], OPM2 [38], MCF-7 [40], human monocytes [41], SKOV-3 [42], OECM1 [45], HepG2 [46], Human cerebral endothelial cells [47], U2OS [48], Mouse dendritic cells [49] |
| Ag NMs       | NH4I3T3 [70], U251 [56, 61], T24 [71], NCI-H292 [60], THP-1 monocytic [58,67], HepG2 [65], A549 [59], HeLa [62, 64], Ba/F3 [57] |
| Au NMs       | HUVECs [76], HEK293 [77], L02 [77], HFF [77], HCT116 [77], BEL-7402 [77], PCI [77], A549 [78], NRK [81], MRC-5 [82], human periodontal ligament progenitor cells [79], Calu-1 [80] |
| Carbon-based | LLC-PK1 [84], HUVECs [85,96,103], RAW264.7 [90,100,95], A549 NMs [99,101], BEAS-2B [100], SK-N-SH [94], HeLa [97], PC12 [102], HEK 293 [108], L87 [108], 143B [109], MG63 [109] |
| Silica NMs   | HUVECs [138,133,119], L-02 [122,120], HepG2 [122] |
| Quantum      | LLC-PK1 [5], murine embryonic fibroblast [121], RAG [130], dopants: hippocampal neurons [131], HeLa [131] |
| Rare earth   | NCI-H460 [137], late infinite neuronal ceroid lipofuscinosis oxide NMs [138], HeLa [139], Kupffer [140], primary hepatocytes [141], THP-1 [142], Neuro-2a [143] |
| Zinc oxide   | HeLa [150], A549 [151,152] |
| Alumina      | human cerebral microvascular endothelial cells (HCMECs) [155], NMs RAW264.7 [156], T cells [158] |
| Titanium     | human cerebral endothelial cells (HCMECs) [47], HA/syn-GFP [154] |

As shown in Table 1, an elevated level of autophagy is frequently observed in cells treated with IONPs. It is well known that iron ions leached from intracellular IONPs might be involved in the generation of the extremely reactive hydroxyl radical (•OH) via Harber-Weiss type reactions, increasing the intracellular reactive oxygen species (ROS) [31]. Moreover, intracellular IONPs might also impair the function of mitochondria, enhancing the production of ROS. It has been reported that IONPs-induced increase of intracellular ROS might be a principle initiator of autophagy [32-34]. Increased production of ROS can result in the damage of not only macromolecules (proteins, lipids, and nucleic acids), but also of cell organelles (e.g. mitochondria and endoplasmic reticulum) [35]. One possible reason for underlying IONPs-induced autophagy is to protect cells from oxidative stress through eliminating damaged macromolecules and cell organelles caused by excessive ROS. In such a scenario, IONPs-induced autophagy can be efficiently alleviated by addition of ROS scavengers, such as N-acetyl cysteine (NAC) and natural catalase [32,34]. Activation of autophagy in IONPs-treated cells might also be an attempt by cells to degrade internalized IONPs regarded as foreign materials and autophagic cargos by cells. Huang et al. [36] reported that aggregated citrate-coated IONPs induced autophagy activation in HeLa cells while no elevation of cellular ROS was observed; moreover, blocking the uptake of IONPs by dynasore, which itself does not block autophagy, led to dramatically diminished autophagic effects. Xu et al [37] reported...
that γ-Fe$_2$O$_3$ modified with polydextrose sorbitol carboxymethyl ether upregulated the expression of caveolin-1 (Cav1) in RAW264.7 cells in a time-dependent manner. Moreover, overexpression of Cav1 significantly increased LC3II expression in macrophages and also the uptake of SPIONs by macrophages. Similarly, knockdown of Cav1 using specific siRNA markedly reduced both the uptake of SPIONs and LC3II expression. Results demonstrated the close correlation between increased cellular uptake of IONPs and elevated autophagic activity in cells, and also indicated that enhancing degradation activity in cells in order to eliminate the internalized IONPs might be a mechanism underlying IONPs-induced autophagy activation.

Many researchers have found that the molecular mechanism underlying IONPs-induced autophagy is determined by multiple factors including cell type and physicochemical properties of IONPs. Khan et al. [32] reported that phosphorylation levels of mTOR and Akt significantly decreased while the phosphorylated AMPK significantly increased in Fe$_3$O$_4$-treated A549 cells, suggesting that the AMPK-mTOR-AKT signaling pathway might be involved in Fe$_3$O$_4$-induced autophagy. In this case, Fe$_3$O$_4$ NPs might affect the early phase of autophagy through initiating phagophore nucleation. However, Shi et al. [38] demonstrated that mTOR activation was not affected in OPM2 cells treated with Fe$_3$O$_4$ NPs, whereas expression levels of Beclin 1, Atg14, and VSP34 were increased while Bcl-2 decreased in a dose- and time-dependent manner. These results indicated that Fe$_3$O$_4$ NPs induced autophagy in OPM2 cells by modulating the Beclin 1/Bcl-2/VPS34 complex, which plays a key role in modulating the elongation of autophagosomes. Jin et al [39] reported that two commercially available IONPs (Resovist and Feraheme, 100 μg·mL$^{-1}$), upregulate p62 (an autophagy adapter protein that binds to ubiquitinated protein aggregates and LC3-II) through activation of TLR4 signaling pathways, followed by phosphorylation of p38 and nuclear translocation of Nrf2. Then, p62 accumulation promotes autophagosome formation through factors necessary for aggresome-like induced structures (ALIS) formation and subsequent autophagic degradation. In this case, IONPs affected the later stage of autophagosome formation through upregulating expression of the autophagic adapter protein p62.

IONPs-modulated autophagy plays important roles in cell fate determination, as shown in Table 2. It has been reported that IONPs-modulated autophagy might play a pro-death role in cell fate [32-34]. Wang et al. [34] demonstrated that carboxylate-modified α-Fe$_2$O$_3$ NPs (150 μg·mL$^{-1}$) with a core size of 17 nm induced autophagic activity and cell death in PC12 cells through significantly elevating intracellular ROS in a relatively short time. However, cytotoxicity of α-Fe$_2$O$_3$ NPs was remarkably relieved by inhibiting autophagy at an early stage with 3-MA. A similar phenomenon was observed by Khan et al. [32], demonstrating that bare Fe$_3$O$_4$ NPs (100 μg·mL$^{-1}$) with a core size of 51 nm induced autophagy and significant necrotic cell death in A549 cells through remarkable elevation of intracellular ROS. However, pre-treatment of A549 cells with 3-MA was shown to reduce the conversion of LC3-I to LC3-II and promote cellular viability. The above results imply that the pro-death role of IONPs induced autophagic activity in cell fate. However, exact mechanisms underlying IONPs-induced autophagic cell death remain unknown. While “excessive” autophagy induced by IONPs through elevating intracellular ROS over a threshold may in principle be more likely to lead to a cell death outcome, definitive experimental demonstration is lacking, and no detailed information is available on the characteristics of this so-called “excessive autophagy”. Otherwise, the disrupted autophagic process may also be an explanation of IONPs-induced pro-death autophagy, as it has been reported that Fe$_3$O$_4$ NPs extensively impair lysosomes, which would lead to the blockage of fusion of the autophagosome with the lysosome [40].

There are also many studies that suggest a pro-survival role of IONPs-induced autophagy in cell fate determination [37-39,41]. It has been reported that polydextrose sorbitol carboxymethyl ether coated γ-Fe$_2$O$_3$ (200 μg·mL$^{-1}$) with a core size of 6.5 nm induces autophagy activation in RAW264.7 cells, promoting the production of immunoregulatory cytokine IL-10 in macrophages through activation of Cav1-Notch1/HES1 signaling, leading to inhibition of inflammation in lipopolysaccharide (LPS)-induced sepsis and liver injury [37]. Results indicate that the autophagic process generates pro-survival factors or activates pro-survival signaling pathways, and it is likely that IONPs induce pro-survival autophagy.

It should be noted that the effects of IONPs on autophagic activity and its role in cell fate determination should be considered together with the physicochemical properties of IONPs as well as the cell types (Table 2). It has been reported that surface modification [42], dispersity [36,43], and composition [34] of IONPs might all be important factors in IONPs-induced autophagy perturbation. In addition to physicochemical properties of IONPs, cell type is also a critical factor impacting IONPs-induced autophagy and cytotoxicity. Khan et al. [32] found that bare IONPs synthesized by themselves selectively induced autophagy in cancer cells (A549),...
but not in normal cells (IMR-90). Park et al. [33,44] found that γ-Fe$_2$O$_3$ NPs induced autophagic cell death in a murine peritoneal macrophage cell line, but not in murine alveolar macrophage cells.

IONPs-modulated autophagy exhibits a potential mechanism for anticancer therapeutics. It has been reported that IONPs exhibit anticancer effects through selectively inducing pro-death autophagy in cancer cells, but not in normal cells [32,45]. It has also been reported that IONPs-induced autophagy activation exhibits a synergistic effect with chemotherapeutics to enhance cancer therapy [46].

In summary, IONPs-induced elevation of intracellular ROS may be a major initiator responsible for IONPs-induced autophagy activity. Molecular mechanisms of IONPs-modulated autophagy, as well as the role of IONPs-modulated autophagy on cell fate, should be considered together with physicochemical properties of IONPs themselves, in addition to the model cell lines. As IONPs-modulated autophagy demonstrates promise for disease treatment, comprehensive studies describing the mechanisms of IONPs-modulated autophagy are required.

### Table 2. Inorganic nanomaterials-modulated autophagy and its effects on cell fate.

| NMs          | Size (characterization method); Zeta Pov; shape or dispersity | Coating       | Concentration | Exposure period | Model cells | Mechanism                                                                 | Cell fate                                                                 | Ref. |
|--------------|---------------------------------------------------------------|---------------|---------------|----------------|-------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------|------|
| IONPs        | 51 nm (TEM); -39 mV; aggregates                              | Bare          | 100 μg mL$^{-1}$ | 48 h           | A549 cells   | ROS upregulation and p-mTOR expression inhibition                       | Cell death                                                                | [32] |
| Fe$_3$O$_4$  | 41 nm (DLS); -51 mV; near spherical                           | Phospholipid   | 50 μg mL$^{-1}$ | 24 h           | RAW264.7 cells | --                                                                       | Apoptotic cell death                                                      | [33] |
| α-Fe$_2$O$_3$ NPs | 17 nm (TEM); near spherical                                  | Carboxylate    | 150 μg mL$^{-1}$ | 24 h           | PK12 cells    | ROS upregulation                                                          | Cell death and growth arrest                                              | [34] |
| γ-Fe$_2$O$_3$ NPs | 6.5 nm (TEM); --; nano-aggregates                        | polydextrose   | 200 μg mL$^{-1}$ | 24 h           | RAW 264.7     | Activation Cev1-Notch1/HEK1 pathway                                       | Cell survival                                                             | [37] |
| Fe$_3$O$_4$ NPs | >10 nm (TEM); 22 mV; -29 mV; or 5 mV; near spherical          | Bare, DA, DMSA, or DA-PAA-PEG | 100 μg mL$^{-1}$ | 9 h            | OPM2 cells     | upregulation of Beclin 1/βc1/VP534 complex                                | Cell survival                                                             | [38] |
| Resovist and Feraheme | 62 nm (DLS); 30 nm (DLS); --; --                          | Carboxylic exra | 50 μg mL$^{-1}$ | 24 h           | RAW 264.7     | Activation TLR4-p38-Nrf2-p62 pathway                                      | Cell survival                                                             | [39] |
| IO-NPs       | 60 nm (DLS); -11 mV; nano-aggregates                         | Dextran        | 100 μg mL$^{-1}$ | 24 h, 48 h     | Human mononocytes            | --                                                                       | Cell survival                                                             | [41] |
| AgNPs        | 13 nm (TEM); near spherical                                   | PVP            | 8 μg mL$^{-1}$  | 24 h           | Ba/F3 cells    | ROS activation and p-mTOR inhibition                                      | Apoptosis                                                                 | [57] |
| AgNPs        | >30 nm (TEM); -4.3 mV; near spherical shape                   | --             | 5 and 10 μg mL$^{-1}$ | 48 h       | THP-1 cells    | Lysosome dysfunction; Imedence of PMA-induced monocyte differentiation   | Cell death                                                                | [58] |
| AgNPs        | 70 nm (DLS); -31 mV in culture medium; near spherical         | Citrate        | 50, 100, and 200 μg mL$^{-1}$ | 24 h       | A549 cells     | Lysosome dysfunction                                                      | --                                                                       | [59] |
| AgNPs        | 27 nm (TEM); -13 mV; near spherical                           | PVP            | 20 μg mL$^{-1}$ | 24 h           | HeLa cells     | --                                                                       | Promoted cell survival                                                    | [62] |
| AgNPs        | 27 nm (TEM); --; near spherical                               | PVP            | 10 μg mL$^{-1}$ | 8 h            | HeLa cells     | nucleus translocation of TFEB                                          | Cell survival                                                             | [64] |
| AgNPs        | 14 nm, 52 nm, and 102nm (TEM); spherical                     | PVP            | 10 μg mL$^{-1}$ | 12 h, 24 h     | HepG2 cells    | --                                                                       | Apoptosis                                                                 | [65] |
| Au nanorods  | 100 nm length and 4 aspect ratio (TEM); 38 mV; nanorod        | CTAB           | 2 μM           | 24 h           | HCT116 cells   | ROS upregulation                                                          | Apoptosis                                                                 | [77] |
| AuNPs        | 18 nm, 55 nm, and 84 nm (DLS); negative; near spherical       | --             | 50 μg mL$^{-1}$ | 24 h           | Calu-1 cells    | Mitochondrial dysfunction                                                | Cell death                                                                | [80] |
| AuNPs        | 10 nm, 25 nm, and 50 nm (TEM); negative; near spherical       | Citrate        | 1 μM           | 24 h           | NKR cells      | --                                                                       | --                                                                        | [81] |
| AuNPs        | 36 nm (DLS); -11 mV; near spherical                           | Fetal bovine serum | 1 μM          | 72 h           | MRC-5 cells    | Oxidative stress                                                          | Cell survival                                                             | [82] |
| Co(OH)$_2$   | 15.7 nm (DLS); -0.49 mV; nano-aggregates                     | --             | 6 mM           | 6 h, 24 h      | LLCCPK1 cells   | --                                                                       | Cell death                                                                | [84] |
| MWCNT        | 60 nm diameter; -42 mV; nanotube                              | Carboxylated   | 100 μg mL$^{-1}$ | 24 h           | HL6VECs        | --                                                                       | Apoptosis                                                                 | [85] |
| GO           | 350 nm diameter, 1.0-1.2 nm thickness (AFM); nanosheets        | --             | 100 μg mL$^{-1}$ | 24 h           | RAW 264.7 cells | Activation TLR signaling cascades                                        | Cell death                                                                | [90] |
| GO           | 100 nm-2 μm diameter, 1 nm thickness (SEM); negative; nanosheet | --             | 8 μg mL$^{-1}$  | 12 h           | SK-N-SH cells   | --                                                                       | Promoted neuro cell survival                                              | [94] |
| Graphite carbon nanofibers | 79 nm outer and 7 nm inner diameter (TEM); -30 mV; nanofiber | --             | 25 μg mL$^{-1}$ | 24 h           | A549 cells     | Lysosomal dysfunction and cytoskeleton disruption                        | Apoptosis                                                                 | [99] |
Silver nanomaterials

Sliver nanomaterials (AgNMs) not only possess broad-spectrum anti-microbial activities, but also exhibit desirable electronic, electrical, mechanical, and optical properties, and therefore have been used extensively in consumer applications [50-52]. AgNMs have also been suggested as potential sensitizers for cancer radiotherapy [53,54].

AgNMs-induced autophagy perturbation has been frequently observed in a variety of cell lines, as shown in Table 1. Previous studies have shown that ROS can be generated by AgNMs owing to local surface plasmon resonance (SPR) [55]. It has also been reported that AgNMs exposure caused an increase in cellular ROS, possibly due to the release of ionic silver [17]. AgNMs-induced ROS increase was reported to initiate autophagy [56,57]. In this case, AgNPs-induced autophagy could be efficiently inhibited by antioxidants vitamin C (Vit C) and N-acetylcysteine (NAC) [57]. AgNPs might also block fusion between autophagosomes and lysosomes [58]. Possible mechanisms underlying AgNPs-induced autophagic flux blockage might be AgNPs-induced lysosome dysfunction [17,58,59], disorganization of the mitochondrial network [60], and ubiquitination interference.
charged, PVP-coated AgNPs have been studied. Lin et al. reported that negatively charged AgNPs-induced cytoprotective autophagy have rarely been studied. Lin et al. reported that negatively charged AgNPs induced autophagosome accumulation in A549 cells, accompanied by lysosomal pH alkalization. Moreover, p62 expression increases in a dose-dependent manner in AgNPs-treated A549 cells. The above results indicate that AgNPs treatment might result in a blockage of autophagic flux in cells; furthermore, lysosome dysfunction seems to be a primary mechanism.

Researchers have uncovered important details regarding the molecular mechanism of AgNMs-induced autophagic activity. It has been reported that levels of phosphorylated mTOR were significantly inhibited by AgNPs in Ba/F3 cells and were then restored by treatment with the antioxidants vitamin C (Vit C) and N-acetylcysteine (NAC). Results indicate that the ROS-mediated mTOR signaling pathway may be responsible for the autophagy activation induced by PVP-coated AgNPs. Wu et al. demonstrated that specifically inhibiting ERK and JNK significantly blocks AgNPs-induced autophagy activity in U251 cells. Results indicated that PVP-coated AgNPs induced autophagy in U251 cells through modulating extracellular-signal-regulated kinase (ERK) and the c-Jun N-terminal kinase (JNK). Lin et al. reported that AgNPs induced autophagy activation in Hela cells but did not alter the phosphorylation level of mTOR or its substrate, RPS6KB. Moreover, AgNPs-induced autophagy was significantly inhibited by wortmannin, an inhibitor of the PI3K pathway, suggesting that AgNPs-induced autophagy is PI3K-dependent and mTOR-independent.

AgNPs-modulated autophagy plays an important role in cell fate determination, as shown in Table 2. AgNPs-induced autophagy has been reported to be an anti-toxicity and a pro-survival process. However, mechanisms underlying the AgNPs-induced cytoprotective autophagy have rarely been studied. Lin et al. reported that negatively charged, PVP-coated AgNPs with a near spherical shape and 26 nm core size increase both the expression of LC3-I and its conversion to LC3-II. Xu et al. reported that AgNPs block degradation of the autophagy substrate p62 and induce autophagosome accumulation in THP-1 cells. Moreover, lysosomal impairments including alkalization and decreased membrane stability were also observed in AgNP-treated THP-1 cells. Miyayama et al. reported that AgNPs induces autophagosome accumulation in A549 cells, accompanied by lysosomal pH alkalization. Moreover, p62 expression increases in a dose-dependent manner in AgNPs-treated A549 cells. The above results indicate that AgNPs treatment might result in a blockage of autophagic flux in cells; furthermore, lysosome dysfunction seems to be a primary mechanism.

As shown in Table 2, AgNMs with different physicochemical properties can have different effects on autophagy. The documented factors that may affect AgNMs-induced autophagy include physicochemical properties of AgNMs (e.g. concentration, size, shape) and cell types. Mishra et al. reported that PVP-coated AgNPs modulated autophagy in HepG2 cells in a concentration- and size-dependent manner. Villeret et al. reported that AgNPs-induced autophagy in BEAS-2B cells was Rab9-dependent, whereas AgNPs induced ATG-5-dependent classical autophagy in NCI-H292 cells. AgNMs-modulated autophagy also seems to be a cellular defense mechanism against nanoparticle-induced toxicity.
shape-dependent, as it has been reported that silver nanowires (5 μg mL⁻¹) induced cytoprotective autophagy in human monocytes [67], whereas silver nanoparticles (5 μg mL⁻¹) interfered with the autophagic flux in human monocytes [58].

AgNMs-modulated autophagy provides a new target for cancer therapy, as it has been observed that autophagy and apoptosis are tightly connected by common upstream signaling components [61,64]. It has been reported that inhibiting AgNPs-induced autophagy leads to significantly increased cell death and effectively enhances the tumor-shrinking effect of AgNPs [62]. AgNPs-induced autophagy has been reported to involve the radiosensitivity-enhancing effect of AgNPs, which may provide a useful strategy for improving the efficacy of AgNMs in cancer radiotherapy [61].

Since accumulation of AgNMs in the environment and subsequent entry into biological systems is inevitable, there are increasing bio-safety concerns related to AgNMs [68,69]. Thorough investigations are still required to elucidate the mechanisms underlying AgNMs-induced autophagy perturbation and its important role in cytotoxicity.

Gold nanomaterials

Because of their attractive physicochemical properties such as localized surface plasmon resonance, photothermal conversion, and biocompatibility [72], gold nanomaterials (AuNMs) appear to be a promising material for clinical diagnosis and treatment, including cancer cell near-infrared imaging and photothermal therapy [73], Raman signaling enhancement [74], and gene delivery [75].

AuNMs significantly increase the level of LC3-II, an autophagosome-building protein, in a variety of cell lines, as shown in Table 1. This indicates that AuNMs may induce autophagy perturbation in cells. It has been reported that AuNMs can induce autophagy, as well [76-80]. Mitochondrial damage and excessive ROS generation have been suggested as possible mechanisms underlying AuNMs-induced autophagy activation. Lu et al. [78] fabricated gold nanoparticles and mesoporous silica nanoparticles into a nanohybrid (denoted GCMSNs), and they demonstrated that the presence of gold nanoparticles causes oxidative damage and mitochondrial dysfunction in A549 cells through the suppression of oxidative metabolism. Wan et al. [77] demonstrated that cetyltrimethylammonium bromide-coated gold nanorods (CTAB-GNRs) induced autophagy activation in HCT116 cells, accompanied by decreased mitochondrial membrane potential and ROS accumulation. Furthermore, CTAB-GNRs-induced autophagy activation was partially abrogated by treatment with a mitochondrial membrane potential stabilizer (cyclosporine A) or ROS scavenger (NAC). Results indicate that gold nanorods induce autophagy activation through decreasing mitochondrial membrane potential and increasing ROS generation. AuNMs can also cause impairment of autophagosome/lysosome fusion, resulting in autophagic flux blockage. Lysosome impairment caused by AuNMs treatment was reported to be a principle mechanism underlying AuNMs-induced autophagic flux blockage. Ma et al. [81] demonstrated that citrate-coated AuNPs (1 nM) were taken up into normal rat kidney cells through endocytosis, and the internalized AuNPs eventually accumulated in lysosomes and caused impairment of lysosome degradation capacity through alkalinization of lysosomal pH. Lysosome impairment made autophagosome/lysosome fusion defective, leading to autophagic flux blockage.

AuNPs-modulated autophagy can play a pro-survival role in cell fate determination. It is likely that the AuNPs-induced autophagic process generates pro-survival factors. Li et al. [82] reported that negatively charged fetal bovine serum stabilized AuNPs (1 nM) with near-spherical shape and hydrodynamic diameter of 36nm, inducing autophagosome accumulation in MRC-5 cells, accompanied by upregulation of antioxidants and stress-response proteins. Results indicate that AuNPs-induced autophagy activation might serve as a defense pathway. AuNPs-induced autophagy activation can also lead to cell death [78]; however, the underlying mechanism remains unknown. AuNPs may block autophagic flux subsequently, which usually leads to cell death. It has been reported that citrate-coated AuNPs with near-spherical shape and core size of 10-50 nm cause autophagic flux blockage in normal murine kidney cells through lysosomal impairment, ultimately leading to cell death [81].

Documented factors impacting AuNMs-modulated autophagy include surface chemistry [76,77] and particle size [81,79]. Zhang et al. [79] reported that autophagy is activated in human periodontal ligament progenitor cells (PDLPs) by 13 and 45 nm AuNPs; however, autophagy is blocked by 5 nm AuNPs, and results indicate that AuNPs-modulated autophagy is size-dependent (Figure 2A-C). Furthermore, 13 and 45 nm AuNPs not only activate autophagy in PDLPs, but also induce osteogenesis, whereas 5 nm AuNPs reduce osteogenic markers (Figure 2D). Osteogenesis induced by 45 nm AuNPs can be reversed by autophagy inhibitors (3-MA and chloroquine) (Figure 2E). Results indicate that AuNPs-modulated autophagy might be a
mechanism underlying the osteogenic differentiation of PDLPs induced by AuNPs.

AuNMs-modulated autophagy appears to be a potential mechanism for cancer therapy. It has been reported that gold-silica nanohybrid-induced autophagy activation exhibits synergistic therapeutic effects with chemotherapy in A549 lung cancer xenografted nude mice [78]. It has also been reported that AuNPs-modulated autophagy intensifies the TRAIL-induced apoptosis in non-small-cell lung cancer cells both in vitro and in vivo, indicating that the combination of TRAIL with AuNPs can be a potential therapeutic strategy for the treatment of non-small-cell lung cancer [80]. Currently, the molecular mechanisms of AuNMs-modulated autophagy are poorly understood, and thus more investigations are required.

Carbon-based nanomaterials

“Carbon-based nanomaterials” mainly refers to fullerene and its derivative (fullerenol), carbon nanotube (CNT), graphene oxide (GO), and nanodiamond (ND). As shown in Figure 3, carbon-based NMs possess unique physicochemical properties and have potential applications in many fields, especially biomedicine. Water-soluble fullerene derivative (fullerenol) possesses significant in vitro and in vivo antioxidant and free-radical scavenging capabilities, and it exhibits therapeutic potential against oxidative stress-associated diseases [83,84]. Single-walled carbon nanotubes (SWCNT) have been widely utilized in the field of Raman and photoacoustic imaging, and drug delivery benefits from their unique structure and physicochemical properties [85,86]. GO possesses unique electronic and mechanical properties as well as abundant oxygen functional groups; it demonstrates potential use in sensors, alternative energy, and biomedical applications such as bioimaging, cellular probing, drug delivery, and photothermal therapy [87-92]. ND has excellent mechanical and optical properties, high surface areas, tunable surface structures, chemical stability, and biocompatibility, which make it well suited for biomedical applications such as drug delivery, tissue scaffolds, and surgical implants [93]. Although carbon-based NMs appear to be promising candidates for many biomedical applications, there is a growing body of literature detailing their cytotoxic effects.

Carbon-based NMs can induce autophagy perturbation in a variety of cells, as shown in Table 1. It has been reported that carbon-based NMs can induce autophagy activation [94]. Proposed mechanisms underlying carbon-based NMs-induced autophagy activation include mitochondrial dysfunction and ER stress [95], accumulation of polyubiquitinated proteins [96], and/or increased ROS generation [97]. Ubiquitination of nanomaterials could also be a mechanism underlying autophagy induction by carbon-based NMs, as it has been observed that ubiquitin coats NDs involved in selective autophagy through binding to autophagy receptors [98]. Carbon-based NMs can also block autophagic flux. Carbon-based NMs-induced lysosomal dysfunction and cytoskeleton disruption have been suggested as the prominent mechanism of autophagic flux blockage [85,99,100].
Exploring molecular links between carbon-based NMs and autophagy perturbation is critically important in autophagy modulation. It has been reported that the AKT-TSC2-mTOR signaling pathway is responsible for the induction of autophagy by carboxylic acid-modified CNTs in A549 cells [101]. Activation of class III PI3K and MEK/ERK1/2 signaling pathways was involved in autophagy induction by GO in PC12 cells [102]. Another study showed that increasing intracellular calcium ion (Ca2+) levels activates c-Jun N-terminal kinase (JNK), and subsequently leads to phosphorylation of Bcl-2 and dissociation of Beclin-1 from the Beclin-1-Bcl-2 complex, which was responsible for the autophagy induction by GO in HUVECs [103].

In addition to the signaling pathways mentioned above, Toll-like receptors have also been reported to play an important role in autophagy induction [104]. Chen et al. [90] reported that GO treatment of RAW 264.7 cells simultaneously triggered autophagy and Toll-like receptor 4 and 9 (TLR4/TLR9)-regulated inflammatory responses, and they further demonstrated that autophagy was at least partially regulated by the TLRs pathway. Small GTPase Rab26, which regulates receptor trafficking in the cytoplasm, may be a link between TLRs and autophagy. Binotti B et al. [105] reported that Rab26 selectively localizes to presynaptic membrane vesicles and recruits both Atg16L1 and Rab33B, two components of the pre-autophagosomes. Moreover, overexpression of EGFP-tagged Rab26 induces the formation of autophagosomes in the cell bodies of hippocampal neurons. Li H et al. [106] reported that Rab26 silencing activated the TLR4 signal pathway, but that overexpression of Rab26 partially inactivated lipopolysaccharide-induced TLR4 signaling pathway. Additional research is required to clarify the role of Rab26 in TLRs-dependent autophagy.

Carbon-based NMs-modulated autophagy plays an important role in cell fate determination. It has been reported that carbon-based NMs can be a pro-survival mechanism in cells [94]. A likely possibility is that carbon-based NMs-induced autophagy enhances the degradation of toxic aggregate-prone proteins (e.g., mutant huntingtin [102]). However, carbon-based NMs-induced autophagy can also lead to cell death [84,95,107,96]. It has been reported that PLCβ3/IP3/Ca2+/JNK signaling pathway was involved in sub-micrometer-sized GO- (SGO; 390.2 ± 51.4 nm) and nanometer-sized GO (NGO; 65.5 ± 51.4 nm)-induced autophagic cell death in endothelial cells [103]. Factors affecting carbon-based NMs-modulated autophagy include surface coatings [101,108], particle size [103], and shapes [100].

Figure 3. Major properties of carbon-based nanomaterials and their potential applications in biomedicine. SWCNT: single-walled carbon nanotube; GO: graphene oxide; NIR: near-infrared.
Silica nanomaterials

Silica nanomaterials (SiNMs) are among the most abundantly manufactured engineered nanomaterials, serving as an additive to cosmetics, drugs, printer toners, varnishes, and even food [111]. Mesoporous silica nanoparticles (SiNPs) have been exploited for drug delivery, diagnosis, and bioimaging due to their high specific surface area and pore volume, tunable pore structures, and excellent physicochemical stability [112-116]. With the growing applications of SiNMs, there are growing concerns about their potential hazards to human health. It has been reported that autophagy induction may attenuate cytotoxicity caused by SiNPs, as it has been reported that dioscin promoting autophagy in alveolar macrophages relieved crystalline-silica-stimulated ROS stress and facilitated cell survival [117].

As shown in Table 1, SiNPs induces autophagy perturbation in a variety of cell lines. SiNPs can also induce autophagy activation. Mechanisms underlying SiNPs-induced autophagy activation include cytoskeleton disruption [118], oxidative stress [119], ER stress [120], and mitochondrial damage [121]. It has also been reported that SiNPs can block autophagic flux through lysosome impairment [122].

The PI3K/AKT/mTOR pathway was reported to be involved in surface negatively charged silica NPs-induced autophagy activation in HUVECs [123]. It has also been reported that activation of the EIF2AK3 and ATF6 UPR pathways is responsible for autophagosome accumulation by silica NPs in L-02 cells [120]. In another case, it was reported that autophagy induction by PEGylated silica-based NPs in MC3T3-E1 cells was dependent on the mitogen activated protein kinase ERK1/2 [124].

SiNMs-modulated autophagy plays dual roles in cell survival and cell death. One study showed that autophagy induction by bioactive SiNPs promoted in vitro differentiation and mineralization of murine pre-osteoblasts (MC3T3-E1) [124]. It was reported that SiNPs enhanced autophagic activity in HUVECs, accompanied by cellular homeostasis disruption and angiogenesis impairment [118]. It has also been reported that SiNPs can block autophagic flux, which usually leads to cell death. Wang et al. [122] reported that SiNPs induce increased LC3B-II expression in hepatocytes in a dose- and time-dependent manner, in accordance with SiNPs-induced cytotoxicity in hepatocytes. However, p62 degradation was not observed in hepatocytes at any dose of SiNPs at any time. After treating with bafilomycin A1 (BafA1), which suppresses fusion between autophagosomes and lysosomes, LC3B-II expression increases in hepatocytes treated with lower doses of SiNPs, whereas p62 expression increases only in cells exposed to lower doses of SiNPs. Furthermore, higher-dose SiNPs treatment caused lysosomal destruction, lysosomal cathepsin expression downregulation, and increased lysosomal membrane permeability. Results indicate that high-dose SiNPs inhibits autophagosome degradation via lysosomal impairment in hepatocytes, resulting in autophagy dysfunction.

Mesoporous silica NPs significantly sensitize doxorubicin for killing cancer cells by increasing ROS generation and triggering the mitochondria-related autophagic lysosome pathway [125]. Results indicate that silica NMs-modulated autophagy may also be exploited for cancer therapy.

Quantum dots

Quantum dots (QDs) are nanoscale (2-10 nm) fluorescent colloids composed of semiconductor materials, commonly used as fluorescent probes for bioimaging fixed cells and tissues [5]. It has also been reported that QDs have the potential to be used as multimodal contrast agents during drug delivery [126] and in bioimaging [127]. However, precautions should be taken when QDs are used in vivo, as leaking of toxic core metals from QDs is able to generate ROS, which damage cellular membrane integrity, and inflict oxidative damage on intracellular DNA, proteins, and lipids [128,129].

QDs can induce autophagy perturbation in cells, as shown in Table 1. QDs-caused oxidative stress has been reported to be responsible for QDs-induced autophagy [121,130]. QDs-modulated autophagy plays important roles in cell fate determination. It was reported that QDs-induced autophagy activation in a murine renal adenocarcinoma cell line is a defensive/survival mechanism against nanotoxicity [130]. QDs-induced autophagy can also play a pro-death role in cell fate determination [5,121]. It has been reported that elevated autophagy is at least partially responsible for the in vivo synaptic dysfunction induced by CdSe/ZnS QDs [131].

Rare earth oxide nanomaterials

Rare earth elements are a category of materials including 17 different members with similar chemical properties. Cerium is one of the rare earth elements that belongs to the lanthanide series. Cerium oxide (CeO2) is routinely used in polishing glass and jewelry, and it is also used in catalytic converters for automobile exhaust systems and other commercial applications [132]. Cerium oxide nanoparticles (NPs) are promising for therapeutic applications including antioxidant therapy, neuroprotection, radioprotection, and ocular protection [132-135]. Because of their
clinical application prospects, the biosafety of rare earth oxide nanomaterials (REO NMs) is drawing increased attention. Cerium oxide NPs at relatively low doses have been reported to cause mitochondrial damage, overexpression of apoptosis-inducing factor, and autophagy induction in human peripheral blood monocytes [136]. REO NMs can induce autophagy perturbation in a variety of cell lines, as shown in Table 1.

Neodymium is one of the rare earth elements that belong to the lanthanide series, as well. Autophagy induction by neodymium oxide NPs is accompanied by cell cycle arrest in S-phase, mild disruption of mitochondrial membrane potential, and inhibition of proteasome activity, as observed in non-small cell lung cancer cells (NCI-H460) [137]. Another study reported that autophagy, induced by cerium oxide NPs through promoting activation of the transcription factor EB, promotes clearance of proteolipid aggregates in fibroblasts derived from a patient with late infantile neuronal ceroid lipofuscinosis [138]. Zhang et al. [139] reported that lanthanide-based upconversion nanoparticles (UCNs) are able to induce obvious autophagy and hepatotoxicity in mouse liver; furthermore, they demonstrated that coating with specific peptide RE-1 reduced autophagy and hepatotoxicity of UCNs. Zhu et al. [140] demonstrated that UCNs induced pro-death autophagy in Kupffer cells and liver injury. Furthermore, inhibition of autophagy enhances Kupffer survival and further abrogates UCN-induced liver toxicity. Recently, Zhang et al. [141] revealed the detailed mechanisms of UCNs-induced liver damage: insufficient PIP5K1B on the autolysosome membrane after treatment with UCNs causes disrupted phospholipid transition from PI(4)P to PI(4,5)P2 on the enlarged autolysosome membrane. This subsequently leads to clathrin recruitment failure and causes persistent, large autolysosomes in hepatocytes, which finally lead to hepatotoxicity.

Autophagic flux defect is caused by a series of rare-earth oxide NPs including La2O3, Gd2O3, Sm2O3, and Yb2O3 through lysosomal dysfunction, which disrupts homeostatic regulation of activated NLRP3 complexes, as has been observed in a myeloid cell line (THP-1) [142]. Wei et al. [143] demonstrated that europium hydroxide nanorods (EHNs)-induced autophagy enhances the degradation of mutant huntingtin protein aggregation in Neuro2a cells. Afterwards, they revealed that EHNs-induced autophagy does not follow the classical AKT-mTOR and AMPK signaling pathways, but instead the MEK/ERK1/2 signaling pathway. Furthermore, they demonstrated that the combined treatment of EHNs and the autophagy inducer trehalose led to more degradation of mutant huntingtin protein aggregation, suggesting that enhanced clearance of intracellular protein aggregates may be achieved through combined treatment with two or more autophagy inducers. This information is vital for the treatment of diverse neurogenerative diseases [144].

**Zinc oxide nanomaterials**

Zinc oxide nanomaterials (ZnO-NMs) have been extensively used in many dental materials, cosmetic products, and textiles because of their antibacterial performance and ultraviolet light-absorbing properties. Zinc oxide nanoparticles (ZnO-NPs) are also versatile platforms for biomedical applications and therapeutic intervention [145,146]. However, biosafety concerns have been raised over the wide applications of ZnO-NPs. Cellular zinc homeostasis disruption, ROS generation, mitochondrial damage, and autophagy induction have been reported to be caused by zinc oxide nanoparticles [147-149].

Recently, Hu et al. [150] investigated the subcellular mechanism of pro-death autophagy elicited by ZnO-NPs. The group demonstrated that the acceleration of zinc ion release by autophagy and the sequentially increasing intracellular ROS generation in cancer cells contributed to cell death. Furthermore, they demonstrated that combinatory use of ZnO-NPs and doxorubicin results in sensitizing the chemotherapeutic killing of both normal cancer cells and drug-resistant cells through autophagy-mediated intracellular dissolution of ZnO-NPs. These results indicate that the modulation of autophagy holds great promise for improving the efficacy of tumor chemotherapy.

ZnO-NMs-modulated autophagy is closely correlated with cytotoxicity. It has been reported that autophagy induction by ZnO-NPs ultimately leads to autophagic flux blockage in A549 cells through lysosomal impairment, which is caused by the enhanced dissolution of zinc oxide NPs and release of zinc ions, decreasing cell viability and causing cell death [151]. Autophagy modulated by ZnO-NPs may be dependent on particle size, as it has been reported that 50 nm ZnO-NPs interfered with the autophagic flux in A549 cells and led to cell death, whereas 200 nm ZnO-NPs failed to induce autophagy-mediated toxicity [152].

**Alumina and titanium dioxide nanomaterials**

Nano-sized alumina (Al2O3) and titanium dioxide (TiO2) are among the most abundantly manufactured engineered nanomaterials. Titanium dioxide is a common additive in food, personal care items, and other consumer products [153]. Therefore,
one can predict that many workers around the world will encounter Al₂O₃ and TiO₂ NMs, and thus occupational exposures can be anticipated. Cellular exposure to TiO₂ NPs resulted in ROS production, DNA damage, and autophagy induction, as has been observed in human cerebral endothelial cells (HCECs) [47]. Prolonged exposure (72 h) to TiO₂ NPs was found to cause autophagic flux blockage in H4/a-syn-GFP cells, whereas short exposure (24 h) to TiO₂ NPs promoted autophagic flux [154]. Autophagy induction seems to be an important mechanism involved in Al₂O₃ NMs-induced toxicity, as has been observed in human cerebral microvascular endothelial cells (HCMECs) [155] and RAW 264.7 cells [156].

Besides its adverse effects, autophagy induction by nanosized Al₂O₃ also exhibits potential applications in the biomedical field. Autophagy induction by Al₂O₃ NPs inhibits the activation of osteoclasts and thus reduces osteolysis and aseptic loosening by decreasing the expression of RANKL [157]. α-Al₂O₃ NPs-modulated autophagy efficiently enhances antigen cross-presentation, a key step for the successful development of therapeutic cancer vaccines, through delivering significant amounts of antigens into autophagosomes in dendritic cells, which then present the antigens to T cells through autophagy [158].

**Conclusion and perspective**

This review presents an overview of a set of inorganic nanomaterials (NMs) including iron oxide nanomaterials, silver NMs, gold NMs, carbon-based NMs, silica NMs, quantum dots, rare earth oxide NMs, zinc oxide NMs, alumina NMs, and titanium dioxide NMs, and discusses how each modulates autophagy and of their role in cell fate determination. As shown in Figure 4, inorganic nanomaterials including AgNMs, AuNMs, and quantum dots, are frequently observed to elevate intracellular ROS generation, accompanied by autophagy activation. Furthermore, ROS scavengers (e.g. NAC) can

![Figure 4](image.png)

**Figure 4.** Increased intracellular ROS generation and its role in inorganic nanomaterials-modulated autophagy. (A) Effect of AgNPs on the production of ROS, and (B) effect of the ROS scavengers Vit C and NAC on reduction in cell autophagy induced by AgNPs detected by LysoTracker Red assay. Reprinted with permission from reference [57], copyright 2017 Royal Society of Chemistry. (C) Effect of gold nanorods (CTAB) on the production of ROS, and (D) effect of NAC on the reduction in cell autophagy induced by gold nanorods (CTAB-GNRs) detected by western blot assay. Reprinted with permission from reference [77], copyright 2015 Springer Nature. (E) Effect of quantum dots (QD-COOH) on intracellular ROS determined using 2,7-dichlorofluorescin diacetate, and (F) effect of NAC on the reduction of cell autophagy induced by QD-COOH, detected by western blot. Reprinted with permission from reference [130], copyright 2013 American Chemical Society.
efficiently suppress inorganic nanomaterials-induced autophagy. Therefore, inorganic NMs-induced increased ROS generation may be a prominent mechanism underlying IONPs-induced autophagy activation. In addition to excessive ROS generation, there are several other mechanisms responsible for inorganic NMs-modulated autophagy, including mitochondria damage, endoplasmic reticulum (ER) stress, polyubiquitinated protein accumulation, cytoskeleton disruption, mitochondrial network disorganization, lysosome dysfunction, and ubiquitination interference. Several possible mechanisms underlying inorganic nanomaterials-modulated autophagy are summarized in Figure 5. As shown in Figure 5, inorganic NMs causing excessive ROS generation, mitochondrial damage, ER stress, and polyubiquitinated protein accumulation are more likely to induce autophagy activation, while mitochondrial network disorganization, lysosome dysfunction, cytoskeleton disruption, and ubiquitination interference tend to block autophagic flux, resulting in autophagy disruption. Furthermore, Figure 5 summarizes the possible roles of inorganic NMs-modulated autophagy in cell fate determination. Inorganic NMs-induced autophagy activation may promote cell survival by decreasing intracellular ROS, generating pro-survival factors, degrading toxic proteins, or activating pro-survival pathways. Inorganic NMs-induced autophagy activation may also lead to cell death through promoting apoptosis. However, inorganic NMs-induced autophagy disruption usually results in cell death through toxic protein accumulation and excessive ROS. It should be noted that the effects of IONPs on autophagic activity and their role in cell fate determination should be considered together with the physicochemical properties of IONPs, as well as the cell types.

Inorganic NMs-modulated autophagy provides a new target for therapy. Inorganic NMs-modulated autophagy has been reported to play an important role in radiotherapy and chemotherapy sensitization, and in promoting the clearance of huntingtin protein aggregation in neurons, indicating that it can be a potential tool for therapy. However, as the research on autophagy modulation by nanomaterial is still at a rudimentary stage, many scientific questions remain largely unanswered. Molecular links between inorganic NMs-modulated autophagy and enhanced therapeutic effects remain murky. Therefore, comprehensive investigations are still required to fully explore the values of inorganic NMs-modulated autophagy for theranostic application.

Figure 5. A summary of possible mechanisms underlying inorganic nanomaterials-modulated autophagy, and important roles of autophagy in cytotoxicity. IO NMs: iron oxide nanomaterials; Ag NMs: silver nanomaterials; Au NMs: gold nanomaterials.
Abbreviations

AKT: protein kinase B; AMPK: AMP-activated protein kinase; ATF6: transcription factor 6; Atg14: autophagy-related protein14; Bcl-2: B-cell lymphoma 2; CTAB: cetyltrimethylammonium bromide; DA: dopamine; DA-PAA-PEG: dopamine-polyacrylic acid- polyethylene glycol; DMSA: dimercaptosuccinic acid; EIF2AK3: eukaryotic translation initiation factor 2 alpha kinase 3; ERK: extracellular signal–regulated kinase; GlcNAc: N-acetyl-glucosamine; JNK: c-jun 2 alpha kinase 3; ER-phagy. 

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Competing Interests

The authors have declared that no competing interest exists.

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