Strong CP: No Problem

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hep-ph/0504053

Abstract

Detailed analysis shows that the phase of a complex mass term of a quark does not violate CP, while the QCD vacuum angle can naturally be set equal to zero. There is no strong CP problem and no need for axions or similar speculative constructions to be experimentally looked for.

Talk given at THEP-I, IIT Roorkee, March 2005
Introduction

Strong interactions basically differ from weak interactions: vector currents are involved instead of chiral currents and parity is not essentially violated. However, one must look at other terms in the Lagrangian:

$$\mathcal{L} = \bar{\psi} (i\gamma^\mu D_\mu - m e^{i\theta'/\gamma_5}) \psi - \frac{1}{4} \text{tr} \ F_{\mu\nu} F^{\mu\nu} - n_f \frac{g^2 \theta}{32\pi^2} \text{tr} \ F_{\mu\nu} \tilde{F}^{\mu\nu}.$$ 

The topological term with the QCD vacuum angle $\theta$ violates P and CP. The quark mass term has a chiral phase $\theta'$ from symmetry breaking in the electroweak sector (it may be large $\approx 1$). This may violate P and CP. Why then is there no experimental observation? This was referred to as the strong CP problem [1]. One may distinguish between the first strong CP problem – why there is no observable effect of $\theta$ – and the second strong CP problem – why there is no observable effect of $\theta'$ combined with $\theta$. Under certain assumptions the two phases become interconvertible. So some people define an effective parameter $\bar{\theta} \equiv \theta - \theta'$. One then asks: is $\theta - \theta' = 0$? Several attempts have been made to prove that $\theta$ does not really lead to CP violation in QCD [2, 3, 4]. In any case, the first Strong CP problem can be solved by assuming that $\theta = 0$. Although zero is a special value, this choice increases the symmetry of the action and is natural according to 't Hooft’s criterion of naturalness. In contrast, making $\theta = \theta'$ is unnatural: the symmetry of an effective action increases, but not of the classical action. So the second strong CP problem cannot be solved this way.

A theoretical estimate of the CP-violating electric dipole moment of neutron is about $10^{-16} \bar{\theta}$ e-cm, to be compared with the experimental upper bound of $10^{-26}$ e-cm, implying that $|\bar{\theta}| < 10^{-10}$, requiring a high degree of fine-tuning. Modifications of QCD have been proposed to avoid this need for fine tuning. One approach is to use chiral symmetry. A massless fermion makes $\theta$ unphysical. The mass may be generated by Yukawa coupling to a complex scalar field preserving the chiral symmetry of the action and giving this field a vacuum expectation value. There is then a Goldstone boson, the so-called axion, which remains undetected in spite of extensive searches. Another approach is to use symmetries to make $\theta' = 0$, so that the second strong CP problem reduces to the first strong CP problem, which can be solved as above by invoking naturalness. These models too have special features which have not found experimental support. On the other hand, our group [5] has shown that $\theta'$ does not in the final analysis lead to CP violation. Hence the second strong CP problem reduces to the first strong CP problem, which can be solved as above by invoking naturalness.

Let us first look at the argument showing $\theta'$ to be CP-violating. Mass terms are of the form $\bar{q}_L M q_R + \bar{q}_L \tilde{M} \tilde{q}_R + \text{hc}$, with complex matrices coming from symmetry breaking ($q, \tilde{q}$ refer to quarks with charges $2/3$ and $-1/3$ respectively). On diagonalization of $M, \tilde{M}$, by suitable transformations

$$q_L \rightarrow A^{-1}_L q_L, \quad q_R \rightarrow A^{-1}_R q_R,$$

$$\tilde{q}_L \rightarrow \tilde{A}^{-1}_L \tilde{q}_L, \quad \tilde{q}_R \rightarrow \tilde{A}^{-1}_R \tilde{q}_R.$$
W-interactions pick up the matrix $A_L \tilde{A}_L^{-1} \equiv C$, the Cabibbo-Kobayashi-Maskawa matrix, which may be complex, leading to CP violation in the weak interactions. The diagonalized mass terms may be complex if $U(1)$ transformations are not used, leaving a scope for CP violation in the strong interactions.

$$\bar{\psi} e^{i\theta^\prime} \psi_R + h.c = \bar{\psi} me^{i\theta^\prime} \gamma_5 \psi$$
$$= \cos \theta^\prime \bar{\psi} m \psi + i \sin \theta^\prime \bar{\psi} m \gamma_5 \psi :$$

this looks like a scalar + a pseudoscalar, suggesting parity violation. Furthermore, the phase factor $e^{i\theta^\prime} \to e^{-i\theta^\prime}$ under an antilinear operation, suggesting time-reversal violation.

A chiral transformation can however be used to remove $\theta^\prime$:

$$\psi \to e^{-i\theta^\prime} \gamma_5/2 \psi,$$
$$\bar{\psi} \to \bar{\psi} e^{-i\theta^\prime} \gamma_5/2.$$

$\theta^\prime$ gets removed from the mass, but may reappear elsewhere:

$$\theta g^2 F \tilde{F}/32\pi^2 \to (\theta - \theta^\prime) g^2 F \tilde{F}/32\pi^2.$$

This is why some people talk of an effective parameter $\theta - \theta^\prime$ for P, T violation. But this anomaly effect occurs at the one loop level and is different from the tree level P, T violation indicated by the preceding argument above. This should suggest caution.

An alternative way to remove $\theta^\prime$ is through a redefinition of the $\gamma$-matrices. Since $\bar{\psi} = \psi^\dagger \gamma^0$,

$$\mathcal{L} = \bar{\psi} (i\gamma^\mu D_\mu - me^{i\theta^\prime} \gamma_5) \psi$$
$$= \psi^\dagger (i\gamma_0^\mu \gamma_\mu - m\gamma_0 e^{i\theta^\prime} \gamma_5) \psi$$
$$= \psi^\dagger (i\gamma_0^\mu \gamma_\mu - m\gamma_0) \psi,$$

where $\tilde{\gamma}^\mu \equiv e^{-i\theta^\prime} \gamma_5/2 \gamma^\mu e^{i\theta^\prime} \gamma_5/2$. Note that $\tilde{\gamma}^\mu \gamma^{\prime\nu} = \gamma^{\mu\nu}$, implying that standard anticommutation relations are satisfied. Furthermore,

$$\tilde{\gamma}^{\mu\dagger} = e^{-i\theta^\prime} \gamma_5/2 \gamma^{\mu\dagger} e^{i\theta^\prime} \gamma_5/2$$
$$= \pm e^{-i\theta^\prime} \gamma_5/2 \gamma^{\mu\dagger} e^{i\theta^\prime} \gamma_5/2$$
$$= \pm \tilde{\gamma}^{\mu},$$

implying the same hermiticity properties as the parent matrices. However, reality properties differ: time reversal has therefore to be checked.

**Construction of Parity and Time-reversal**

For a real mass term, the parity matrix $P$ is defined through

$$P \psi (i\gamma^\mu D_\mu - m) \psi P^{-1} =$$
\[ \mathcal{P}\psi \mathcal{P}^{-1}\gamma^0(i\gamma^\mu \mathcal{P}D_\mu\mathcal{P}^{-1} - m)\mathcal{P}\psi \mathcal{P}^{-1} = \psi^\dagger(-\vec{r})\mathcal{P}\gamma^0(\gamma^0D_0(-\vec{r})) + i\gamma^i(-D_i(-\vec{r}) - m)\psi(-\vec{r}) \]
\[ = \psi^\dagger(-\vec{r})\gamma^0(\gamma^\mu D_\mu(-\vec{r}) - m)\psi(-\vec{r}), \]
requiring
\[ P^\dagger P = 1, \]
\[ -P^\dagger\gamma^0\gamma^i P = \gamma^0\gamma^i, \]
\[ P^\dagger\gamma^0 P = \gamma^0. \]
The second equation yields
\[ -P^\dagger\gamma^0 P P^\dagger\gamma^i P = \gamma^0\gamma^i, \]
whence
\[ -P^\dagger\gamma^i P = \gamma^i. \]
This is known to be satisfied by \( P = \gamma^0 \), leading to the transformation properties
\[ \mathcal{P}\tilde{\psi}\mathcal{P}^{-1} = \tilde{\psi}(-\vec{r})\tilde{\psi}(\vec{r}), \]
\[ \mathcal{P}\tilde{\gamma}_5\tilde{\psi}\mathcal{P}^{-1} = -\tilde{\psi}(-\vec{r})\gamma_5\psi(-\vec{r}). \]
For a complex mass term, the situation changes:
\[ \mathcal{P}\tilde{\psi}(i\gamma^\mu D_\mu - me^{i\theta}\gamma_5)\psi\mathcal{P}^{-1} = \mathcal{P}\psi\mathcal{P}^{-1}\gamma^0(i\gamma^\mu \mathcal{P}D_\mu\mathcal{P}^{-1} - me^{i\theta}\gamma_5)\mathcal{P}\psi\mathcal{P}^{-1} \]
\[ = \psi^\dagger(-\vec{r})\mathcal{P}\gamma^0(i\gamma^0D_0(-\vec{r})) + i\gamma^i(-D_i(-\vec{r}) - me^{i\theta}\gamma_5)\psi(-\vec{r}) \]
\[ = \psi^\dagger(-\vec{r})\gamma^0(i\gamma^\mu D_\mu(-\vec{r}) - me^{i\theta}\gamma_5)\psi(-\vec{r}), \]
requiring
\[ P^\dagger P = 1, \]
\[ -P^\dagger\gamma^0\gamma^i P = \gamma^0\gamma^i, \]
\[ P^\dagger\gamma^0 e^{i\theta}\gamma_5 P = \gamma^0 e^{i\theta}\gamma_5. \]
The second equation yields
\[ -P^\dagger\gamma^0 e^{i\theta}\gamma_5\gamma^i e^{i\theta}\gamma_5 P = \gamma^0 e^{i\theta}\gamma_5\gamma^i e^{i\theta}\gamma_5, \]
whence
\[ -P^\dagger\gamma^i e^{i\theta}\gamma_5 P = \gamma^i e^{i\theta}\gamma_5. \]
This is satisfied by \( P = \gamma^0 = \gamma^0 e^{i\theta \gamma_5} \) leading to the transformation properties
\[
\mathcal{P} \psi e^{i\theta \gamma_5} \psi P^{-1} = \psi(-\vec{r}) e^{i\theta \gamma_5} \psi(-\vec{r}),
\]
\[
\mathcal{P} \bar{\psi} \gamma_5 e^{i\theta \gamma_5} \bar{\psi} P^{-1} = -\bar{\psi}(-\vec{r}) \gamma_5 e^{i\theta \gamma_5} \psi(-\vec{r}).
\]
The time-reversal matrix \( T \) is defined for a real mass by
\[
T \bar{\psi} (i\gamma^\mu D_\mu - m) \psi T^{-1} =
\]
\[
T \psi T^{-1} \gamma^0 \gamma^\mu (i\gamma^\mu D_\mu T^{-1} - m) T \psi T^{-1} =
\]
\[
\psi^\dagger (-t) T \gamma^0 (i\gamma^\mu (i\gamma^\mu D_\mu (-t) - m) T \psi (-t)
\]
requiring
\[
T^\dagger T = 1,
\]
\[
-T^\dagger \gamma^0 \gamma^i T = \gamma^0 \gamma^i,
\]
\[
T^\dagger \gamma^0 T = \gamma^0.
\]
The second equation yields
\[
-T^\dagger \gamma^0 T \gamma^0 \gamma^i T = \gamma^0 \gamma^i,
\]
whence
\[
-T^\dagger \gamma^i T = \gamma^i.
\]
In the standard representation of \( \gamma \)-matrices, \( \gamma^2 \) is purely imaginary, while the rest are real. Then,
\[
T^\dagger \gamma^\mu T = \gamma^\mu (\mu = 0, 2),
\]
\[
T^\dagger \gamma^\mu T = -\gamma^\mu (\mu = 1, 3).
\]
These are known to be satisfied by \( T = i\gamma^1 \gamma^3 \).

For a complex mass term, the situation changes:
\[
T \bar{\psi} (i\gamma^\mu D_\mu - m e^{i\theta \gamma_5}) \psi T^{-1} =
\]
\[
T \psi T^{-1} \gamma^0 (i\gamma^\mu (i\gamma^\mu D_\mu T^{-1} - m e^{-i\theta \gamma_5}) T \psi T^{-1} =
\]
\[
\psi^\dagger (-t) T \gamma^0 (i\gamma^\mu (i\gamma^\mu D_\mu (-t) - m e^{-i\theta \gamma_5}) T \psi (-t)
\]
requiring
\[
T^\dagger T = 1,
\]
\[
-T^\dagger \gamma^0 \gamma^i T = \gamma^0 \gamma^i,
\]
\[
T^\dagger \gamma^0 e^{-i\theta \gamma_5} T = \gamma^0 e^{i\theta \gamma_5}.
\]
The second equation yields
\[-T^\dagger \gamma^0 e^{-i\theta' \gamma^5} \gamma^i e^{-i\theta' \gamma^5} T = \gamma^0 e^{i\theta' \gamma^5} \gamma^i e^{i\theta' \gamma^5},\]
whence
\[-T^\dagger \gamma^i e^{-i\theta' \gamma^5} T = \gamma^i e^{i\theta' \gamma^5}.\]

If $\gamma^\mu$ is in the standard representation, these are satisfied by
\[T = e^{i\theta' \gamma^5} T_{\text{standard}} = i e^{i\theta' \gamma^5} \gamma^1 \gamma^3.\]

**The measure of functional integration**

We have seen that there are parity and time-reversal symmetries in the presence of a complex mass term. The question is whether such symmetries are broken by anomalies. Anomalies are often studied in a Euclidean framework:

\[S = \int \bar{\psi} (\gamma^\mu D_\mu - m) \psi.\]

With eigenfunctions $\phi_n$ of $i\gamma^\mu D_\mu$, one expands
\[\psi = \sum_n a_n \phi_n, \quad \bar{\psi} = \sum_n \bar{a}_n \phi_n^\dagger,\]
and constructs the functional integral
\[Z = \int DA \prod_n \int d a_n \prod_n \int d \bar{a}_n e^{-S}.\]

For a chiral transformation
\[\psi \to e^{i\alpha \gamma^5} \psi, \quad \bar{\psi} \to \bar{\psi} e^{i\alpha \gamma^5},\]
the expansion coefficients transform as
\[a_n \to \sum_m \int \phi_n^\dagger e^{i\alpha \gamma^5} \phi_m a_m,\]
\[\bar{a}_n \to \sum_m \bar{a}_m \int \phi_m^\dagger e^{i\alpha \gamma^5} \phi_n.\]

and there is a nontrivial Jacobian calculable with a regularization involving gauge invariant eigenvalues of $i\gamma^\mu D_\mu$: $e^{i\alpha \sigma^F \tilde{F}/16\pi^2}$. This amounts to a breakdown of chiral symmetry even if $m = 0$: this is the well known $U(1)$ anomaly.

For a complex mass term, the situation changes:
\[S = \int \bar{\psi} (\gamma^\mu D_\mu - me^{i\theta' \gamma^5}) \psi,\]
\[ \psi = e^{-i\beta \gamma^5/2} \sum_n a_n^\beta \phi_n, \quad \bar{\psi} = \sum_n \bar{a}_n^\beta \phi_n^\dagger e^{-i\beta \gamma^5/2}, \]

\[ Z = \int DA \prod_n \int da_n^\beta \prod_n \int \bar{a}_n^\beta e^{-S}, \]

with a measure depending on a parameter \( \beta \).

\( \theta' \), \( \beta \) can be removed by chiral transformations at the expense of changes in \( \theta F F^\dagger \) term. The effective parity violation parameter is seen to be

\[ \bar{\theta} = \theta - \theta' + \beta. \]

Under a chiral transformation,

\[ a_n^\beta \rightarrow \sum_m \int \phi_m^\dagger \phi_m e^{i\alpha \gamma^5} \phi_m a_m^\beta, \]

\[ \bar{a}_n^\beta \rightarrow \sum_m \bar{a}_m^\beta \int \phi_m^\dagger \phi_m e^{i\alpha \gamma^5} \phi_m. \]

This is unchanged (\( \beta \)-independent) and produces the standard anomaly.

Now under the parity operation for gauge fields,

\[ \phi_n(x_0, \vec{x}) \rightarrow \gamma^0 \phi_n(x_0, -\vec{x}), \]
\[ \phi_n^\dagger(x_0, \vec{x}) \rightarrow \phi_n^\dagger(x_0, -\vec{x}) \gamma^0, \]

so that

\[ \phi_n^\dagger(x_0, \vec{x}) e^{-i\beta \gamma^5/2} \rightarrow \phi_n^\dagger(x_0, -\vec{x}) e^{-i\beta \gamma^5/2} e^{i\beta \gamma^5/2}, \]

\[ e^{-i\beta \gamma^5/2} \phi_n(x_0, \vec{x}) \rightarrow \gamma^0 e^{i\beta \gamma^5/2} e^{-i\beta \gamma^5/2} \phi_n(x_0, -\vec{x}). \]

Comparing this with the parity transformation for the fermion, we see that consistency (unchanged \( a_n^\beta, \bar{a}_n^\beta \)) can be achieved with

\[ \beta = \theta', \]
\[ \bar{\theta} = \theta - \theta' + \beta = \theta. \]

This parity (and time-reversal) invariant choice of the measure may be compared with the naïve measure:

| Measure with \( \beta = 0 \) | Measure with \( \beta = \theta' \) |
|------------------------------|------------------------------|
| Agrees with standard measure for real mass term | Reduces to standard measure for real mass term |
| Anomaly standard | Anomaly standard |
| Measure symmetric under usual P, T but not under symmetries of action | Measure symmetric under P, T symmetries of action but not under usual P, T |
| \( \bar{\theta} = \theta - \theta' \) | \( \bar{\theta} = \theta \) |
Regularization of action

In an alternative approach, the generalized Pauli-Villars regularization, the Lagrangian density is augmented to include some extra species:

\[ L^{[0]}_{\psi, \text{reg}} = \bar{\psi} (\gamma^\mu D_\mu - m) \psi + \sum_{j} \sum_{k=1}^{c_j} \bar{\chi}_{jk} (\gamma^\mu D_\mu - M_j) \chi_{jk}. \]

Here \( \chi_{jk} \) are regulator spinor fields with fermionic or bosonic statistics, with signs \( \pm \) for integers \( c_j \) satisfying

\[ 1 + \sum_j c_j = 0, \quad m^2 + \sum_j c_j M_j^2 = 0, \]

to cancel divergences. Ultimately, one has to take the regulators \( M_j \to \infty \).

In the presence of a chiral phase \( \theta' \), it is necessary to provide the same chiral phase in the regulator mass terms:

\[ L^{[\theta']}_{\psi, \text{reg}} = \bar{\psi} (\gamma^\mu D_\mu - me^{i\theta' \gamma_5}) \psi + \sum_{j} \sum_{k=1}^{c_j} \bar{\chi}_{jk} (\gamma^\mu D_\mu - M_j e^{i\theta' \gamma_5}) \chi_{jk}. \]

This is then invariant under the redefined parity.

The measure of integration now includes the Pauli-Villars fields:

\[ d\mu = d\psi d\bar{\psi} \prod_{jk} d\chi_{jk} d\bar{\chi}_{jk}, \]

\[ Z^{[\theta']}_{\text{reg}} = \int d\mu e^{-\int d^4x L^{[\theta']}_{\psi, \text{reg}}}. \]

Let us apply a chiral transformation to the physical fermion fields as well as to the regulators: there are Jacobian factors corresponding to \( \chi_{jk}, \bar{\chi}_{jk} \) with powers \( c_j/|c_j| \) because of fermionic/bosonic statistics, while \( \psi, \bar{\psi} \) obey fermionic statistics:

\[ J_{\text{reg}} = e^{i(1+\sum_j c_j)} \int d^4x g^2 (\bar{F} \bar{F}/16\pi^2) = 1. \]

In this regularized framework, the Jacobian for a combined chiral transformation on physical fermion fields and regulators is thus trivial. Consequently,

\[ Z^{[\theta']}_{\text{reg}} = Z^{[0]}_{\text{reg}}, \]

showing \( \theta' \) to be unphysical.
**Lattice regularization**

The Wilson regularization on the lattice reads

\[ S = a^4 \sum_x \bar{\psi} \left[ \gamma^\mu \frac{D_\mu + D^*_\mu}{2} - aD^*_\mu D_\mu - me^{i\theta'} \gamma_5 \right] \psi, \]

where \( a \) is the lattice spacing, \( D_\mu \) is the forward covariant difference operator on the lattice and \( D^*_\mu \) is the backward covariant difference operator. The chiral anomaly manifests itself in the Wilson formulation as an explicit breaking of the chiral symmetry of the action – no non-trivial Jacobian arises from the measure. The existence of the anomaly means that there is no regularization that can preserve the chiral symmetry.

The fermionic part of the action is not invariant under the (redefined) parity, with the link variables transformed in the usual way: does this signal a parity anomaly? The question is whether other formulations of the lattice regularization can preserve the symmetry.

One can introduce a class of regularizations parametrized by \( \theta'' \):

\[ S = a^4 \sum_x \bar{\psi} \left[ \gamma^\mu \frac{D_\mu + D^*_\mu}{2} - aD^*_\mu D_\mu e^{i\theta''} - me^{i\theta'} \gamma_5 \right] \psi. \]

Such a phase is also allowed in the theoretically popular actions satisfying the Ginsparg-Wilson relation \( D\gamma_5 + \gamma_5 D = aD\gamma_5 D \):

\[ S = a^4 \sum_x \bar{\psi} \left[ D^{\alpha\beta} e^{i\theta'' \alpha} D e^{i\theta'' \beta} - me^{i\theta'} \gamma_5 \right] \psi, \]

\((D = \text{corresponding lattice Dirac operator}).

Suppose one chooses \( \theta'' = \theta' \): the redefined parity, with the link variables transformed in the usual way, leaves the fermionic action invariant! This is a non-generic regularization, but the existence of one parity conserving regularization means that the parity is not anomalous. If we take \( a \to 0 \) with \( \theta'' = \theta' \), the parity continues to be conserved. The same is true of time-reversal.

**Conclusion**

The parity and the time-reversal symmetries are redefined in the presence of the chiral phase \( \theta' \) arising from the Higgs sector. If the fermion measure can be chosen, it has to have the symmetry of the fermion action, and then there is no parity or time-reversal violation in the strong interactions because of \( \theta' \).

It is technically natural to adjust the value of \( \theta \) to be zero in accord with the experimental results currently negating parity and time-reversal violation in the strong interactions. There is no non-trivial fine-tuning. Last but not least, this is in standard QCD and does not require axions or similar hypothetical constructs loved by many speculators and experimentalists.

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1. The measure does not break symmetry even in the Ginsparg-Wilson case, as the chiral transformation involved here is a normal chiral transformation, not involving \( D \).
References

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