Research Article

Rescue blankets hamper thermal imaging in search and rescue missions

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Abstract
Thermal imaging for unmanned aerial vehicles is used to search for victims in poor visibility conditions. We used a gimbal-mounted camera for thermo-radiation measurements of body temperature from persons covered with rescue blankets in the hibernal wilderness setting. Long-wave infrared radiation in the spectral range between 7500 and 13,500 nm was evaluated. Parts of this research have previously been published in a review on electromagnetic radiation reflectivity of rescue blankets (https://www.mdpi.com/2079-6412/10/4/375/html). Surface temperature measurement was diminished by clothing, namely by 72.6% for fleece, by 82.2% for an additional down jacket and by 92.3% for an additional all-weather jacket, as compared to forehead temperature. Furthermore, we detected that a single-layer rescue blanket is sufficient to render recognition of a body shape impossible. With three layers covering a clothed body infrared transmission was almost completely blocked. However, rescue blankets increase visibility for thermal cameras due to high gradients in temperature. Conspicuously low temperatures from objects of 1 to 2 m length may indicate reflections from rescue blanket surfaces in a cold environment. Ideally, rescue blankets should be removed from the body to increase the chance of being located when using thermal imaging to search for victims in search and rescue missions.

Keywords Emergency medical services · Infrared rays · Insulation · Rescue work · Rescue blanket · Thermography

1 Introduction

Rescue blankets are essential components of first aid equipment used by hikers and alpinists in outdoor sports [1, 2]. Blankets are composite materials and consist of a polyethylene terephthalate sheet coated with a thin aluminium layer with a surface colour of silver or gold on either side [3]. While the polyethylene terephthalate sheet provides high tear resistance [4] and diminishes heat loss from thermo-convection and evaporation, the aluminium layer protects against hypothermia by reflecting infrared (IR) radiation back to the body [5]. Manufacturers recommend turning the silver facing towards the source, e.g. silver side down when aiming to block thermal radiation from the body and silver side up when protection against an external source of heat is desired [6]. As the metallic surface flashes in the sun, it increases a victim's visibility for search and rescue (SAR) services. The silver side of the blanket is highly reflective, but gold up may be more conspicuous in a snow and glacier environment [7]. The use of thermal imaging in unmanned aerial vehicles (UAVs) is increasing in popularity with rescue organizations and fire brigades [8, 9]. Especially in SAR missions and firefighting, non-contact thermal imaging devices are being deployed more and more. A living person can maintain the core temperature and create thermal gradients between shell...
temperature and ambient air. The detection of victims by thermal cameras is virtually impossible in the absence of thermal gradients or when objects are under water, behind glass or covered by brush-wood [10]. Hypothetically speaking, the detectability of victims by thermal cameras designed for UAVs might also be impaired by diminished IR radiation from rescue blankets.

This experimental study of the sensing of IR radiation was performed with a gimbal-mounted thermal imaging system carried by a balloon. We aimed to explore the capacity of clothing and rescue blankets to block IR transmission in the hibernal wilderness setting.

2 Methods

2.1 Experiment design

The capacity of fleeces, down jackets and all-weather jackets, gear frequently used by mountain rescue personnel during the winter season, to block IR transmission was assessed [11]. In addition, two different brands of rescue blanket commonly used by ground emergency medical services (EMS) of the Austrian Red Cross (ARC), Mountain Rescue Tyrol (MRT) and EMS helicopter in Austria were investigated [11]. The setting of the investigation was the snow-covered backcountry in the Stubai Valley, Tyrol, Austria. Experiments were conducted after local sunset to exclude direct external solar influx. Parts of this research have previously been published in a review on electromagnetic radiation reflectivity of rescue blankets [11].

Thermal imaging was performed with an IR camera lifted to altitudes of 5 m and 50 m above ground with a gas-filled balloon (Search Systems, Craigavon, UK). We chose short distances between the object and the camera to minimize the effects of absorption and refraction by air and by water vapour in order to keep interference from atmospheric conditions low [11, 12]. Furthermore, the two distances were within the recommended maximum viewing distances for recognition of a target having a length of 1 to 2 m. Temperature and humidity were measured simultaneously (testo, 175 H1, 79822 Titisee-Neustadt, Germany). Two test subjects were positioned in supine position on insulating sheets (Salewa, 39100 Bozen, Italy) at a 60° angle relative to the camera. Body temperature of the two test subjects was measured at the beginning of the experiment from the skin of the forehead using an IR thermometer (ototemp, Exergen Corporation Boston, MA, USA). Investigations were performed in accordance with the rules of the Declaration of Helsinki, revised in 2013 [13]. Despite restricted applicability to experimental studies we applied STROBE statement checklist of items in reporting as applicable [14]. There was no need for human research ethics approval according to the Ethics Committee of the Medical University of Innsbruck as we were testing a licensed medical device within its approved application with healthy volunteers. Written informed consent was obtained from two Austrian Mountain Rescue Service volunteers, who participated in the study under the understanding that results and thermos-photographs would be published in a scientific journal.

2.2 Thermal imaging by IR camera

For thermography a radiometric thermal camera (DJI Zenmuse XT, Shenzhen, China) was used to detect long-wave IR in the spectral range between 7500 and 13,500 nm (uncooled microbolometer, image resolution: 640 (H) × 512 (V), pixel pitch: 17 µm, lens model: 13 mm; digital zoom: 8x; sensitivity: < 50 mK at f/1.0; accuracy of ± 10 °C; operating temperature: −10 to 40 °C at a relative humidity between 5 and 95%). The camera was mounted on a Zenmuse XT gimbal at a controllable range of tilt: +30 to −90°, pan: ±320° and roll: ±15° and was remotely controlled [11, 15]. To diminish reflection we kept the view angle within 60° of straight-on and oblique measurements [11, 12]. The camera was activated and calibrated half an hour prior to measurements to allow adjustment of the thermal imaging device to the low surrounding air temperatures. Measured values were recorded and additionally documented with single-shot images. Radiometric measurements mostly depend on surface emissivity and reflectivity of IR radiation [12]. Emissivity (E) defined as the ability to emit heat via the surface depends on various factors such as surface morphology, viewing angle, material composition and temperature. The emissivity coefficient (ε) indicates the radiation of heat from different materials. The technical notes specify ε = 0.90 for textiles, for anodized aluminium ε = 0.55, for snow ε = 0.83 and for skin ε = 0.98 [12]. Reflectivity (R) is defined as the ability to reflect heat from the surface of materials. R is more relevant at a short distance as both the heat sustained from the surface and the reflected temperature of the background environment influence the measurement. E and R are complementary [12].

2.3 Potential confounders and effect modifiers

Remote temperature sensing using a thermal camera relies on the ability to accurately compensate for surface characteristics, atmospheric interference and the imaging system [12]. Differences in surface temperatures are assessed by interpreting the intensity of IR radiation detected by the camera in the central picture section. Image focus, blur and angular resolution influence the measurements [12]. Scene emissivity and background temperature can
be calibrated to improve the precision of measurements. Imaging systems provide further adjustments with digital detail enhancement, active contrast enhancement and high-gain mode with increased sensitivity to temperature differences [15].

Clothing protects from loss of body temperature and from gain of surrounding heat. In cold climate heat loss occurs when skin temperature exceeds temperature of ambient air. Heat transfer (P) is caused predominantly by radiation (P1) and to some extent by conduction (P2) when ignoring thermo-convection (1) [16].

\[ P = P_1 + P_2 \]  

(1)

Temperature on the outside cloth surface is expected to be somewhere between skin temperature and ambient temperature depending on textile properties [16].

Thermal radiation (P1) depends on emissivity coefficient (ε), the Stefan–Boltzmann constant (σ), the radiating surface area (A) and the thermal gradient between skin and ambient air (Ts – Ta), respectively (2) [16].

\[ P_1 = \varepsilon \sigma A (T_s^4 - T_a^4) \]  

(2)

Radiating surface area was determined half of the median body surface area (BSA). BSA was calculated from height and weight using Du Bois formula [17].

We sequentially analysed three different conditions: subject clothed in a fleece (TLT Light Thermal Jacket, Dynafit, 4591, Molln, Austria), with an additional down jacket (Eruption Down Jacket, Dynafit, 4591, Molln, Austria) and with a Gore-Tex jacket (GORE-TEX, W.L.Gore & Associates, Inc., 91782 Pleinfeld, Germany) worn over the first two pieces of clothing [11]. IR radiation from the body trunk was measured with a thermal camera. The values were related to skin temperature measured at the forehead with an infrared thermometer. Thermal gradients were calculated as the proportion of measured surface temperatures to forehead temperatures (skin) and to external temperatures (air) [11].

Among the variety of available rescue blankets quality of manufacture, thickness and transparency of foils can differ between production series. Two brands of rescue blanket were investigated: ARC Rescue Sheet (ÖRK, A-1230 Vienna, Austria) and MRT Rescue Blanket (LEINA-WERKE GmbH, D-51570 Windeck, Germany) [11]. The polyethylene terephthalate sheets (160 × 210 cm in size, 0.012 mm in thickness) were 1% aluminium-coated, with a distinctive surface colour gold on one side and silver on the other side. The blankets of each brand were unpacked and completely unfolded. Sequential measurements were taken in the centre of one, two and three blankets arranged one over the other. Temperature and humidity were monitored for each recording. The values were related to air temperature measured with a negative temperature coefficient thermistor sensor.

The thermal proportions were calculated of measured surface temperatures from rescue blankets on clothed body to measured surface temperatures from rescue blankets on snow. Values were corrected with ε for aluminium with gold side up [11, 12]. Infrared radiation (IR) was calculated from product of ε (0.55), σ (5.670 × 10⁻⁸ W m⁻² K⁻⁴), the median radiating surface area (A = ½ BSA) and the thermal gradient between surface temperature skin and ambient air (Ts – Ta). Infrared radiation block (IRB) was calculated as percentage of diminished radiation from clothed body covered with one, two and three layers of rescue blankets for aluminium with gold side up (reference value skin = 100.8. 10⁻³ W).

### 2.4 Statistical analysis

Descriptive statistics were applied using SPSS 25 (IBM SPSS Statistics Standard). Data were presented as medians (measures of central tendency) with ranges (measures of dispersion). As temperature measurements on metallic surfaces indicate reflected apparent temperature, rather than the accurate temperature, we calculated proportions from thermal gradients, e.g. the gradients surface to body temperature and surface to snow temperature under rescue blankets.

Percentage of blocked IR transmission was calculated from measurements of clothed body covered with one, two and three layers of rescue blankets referred to skin temperature.

### 3 Results

Environmental conditions during the investigation were clear sky after local sunset with laminar wind from the west at low speed (< 20 km h⁻¹). The balloon was east of the object allowing measurements less than 60° normal to the surface. Atmospheric conditions changed during measurement as relative humidity was increasing due to temperature decline. A total of three samples per brand were tested in eight trials, four with gold side up and four with silver side up. Thermal images of rescue blankets on snow surface exposed with either gold or silver side at 5 m distance indicated different surface temperatures (Fig. 1).

The thermal gradients between forehead and textile clothing (at median air temperature: −4.9 °C and median humidity: 89.3%) increased with the number of covering garments, indicating cumulative thermo-protection. As compared to forehead temperature, surface temperature measurement was diminished by 72.6% for fleece, by 82.2% for an additional down jacket and by 92.3% for an
Fig. 1 Thermal images of model in supine position on an insulating sheet and rescue blankets on snow surface exposed with gold (g) or silver (s) side up at 5 m distance (air temperature: −6.2 °C; snow temperature: −7.6 °C, respectively, −6.3 °C when considering the emissivity coefficient \( \varepsilon = 0.83 \) for snow) [11]

Table 1 Thermo-radiation measurements of body temperature through various types of textile clothing with a thermal camera at distances of 50 m (median body-air gradient: 38.3 °C at air temperatures: −1.3 to 2.5 °C; humidity: 62.3 to 77.1%) and 5 m (body-air gradient: 41.2 °C at air temperatures: −4.4 to −5.3 °C; humidity: 87.0 to 91.5%)

|                  | 50 m distance | 5 m distance |
|------------------|--------------|--------------|
|                  | Temp. | \( \varepsilon \) Temp. | Temp. | \( \varepsilon \) Temp. |
| **Thermal gradients (skin-clothing)** |       |       |       |       |
| Body fleece (°C) | 25.9  | 26.5  | 29.9  | 30.6  |
| Body-down jacket (°C) | 33.3  | 32.1  | 35.5  | 34.3  |
| Body-Gore-Tex (°C) | 33.6  | 33.8  | 38.0  | 37.8  |
| **Thermal proportions (clothing-(skin-air))** |       |       |       |       |
| Fleece (%)      | 67.8  | 69.2  | 72.6  | 74.2  |
| Down jacket (%) | 86.6  | 87.8  | 82.8  | 83.3  |
| Gore-Tex (%)    | 87.7  | 88.6  | 92.3  | 91.9  |

Thermal gradients (skin-clothing) were calculated between body temperature (skin) and textile clothing surface. Thermal proportions (clothing-(skin-air)) were calculated as the proportion of measured clothing surface temperature and the gradient body (skin) to external temperature (air). Values are expressed as temperature (Temp.) and adjusted values (\( \varepsilon \) Temp.) corrected with the emissivity coefficient \( \varepsilon = 0.90 \) for textiles.

In our experimental study we found that rescue blankets can effectively reflect long-wave IR in the spectral band between 7500 and 13,500 nm. Thermal measurements taken in our study confirm that winter clothing provides excellent protection against heat loss [18, 19]. As the heat radiated by a clothed body is expected to be minimal, the contributing thermo-protective effects of rescue blankets, namely by blocking IR radiation, are limited [20]. However, rescue blankets protect against hypothermia not only by reflecting IR radiation emitted by the body, but they even diminish heat loss from thermo-convection and evaporation [5]. In particular, rescue blankets function as vapour barrier and limit the need for shivering thermogenesis [21]. As transmission can be expected to be low for most materials anyway, the main contributors to thermal emission are both reflectivity and emissivity. Rescue blankets were reported to reflect approximately 80% of body heat [22]. This corresponds to our findings with long-wave IR radiation blocked by one layer of rescue blanket when the gold side was up. There is still controversy regarding which side of a rescue blanket should go outside. On the one hand, the highly reflective silver side of the blanket reflects visible light better than the golden side. On the other hand, gold may be more conspicuous in a snow and glacier environment [7]. In a recent study we were able to show that transmission of near-IR radiation in the IR/visible radiation boundary region is very low, regardless of whether gold or silver is up [23]. We concluded that it does not matter whether gold or silver is up when rescue blankets are used to protect against hypothermia in wilderness emergencies. Parts of this research have previously been published in a review on electromagnetic radiation reflectivity of rescue blankets [11].
In our study, actual temperature measurements did not account for the specific emissivity and values were beyond an expected response uniformity of ± 10%. We propose that radiation from the clear sky reflected from the metallic surface contributes to the false low values [12]. Considering the fact that the environmental temperature corresponds to the air temperature, we assumed comparable readings for the superficial temperature of the snow corrected by $\varepsilon = 0.83$ and the accurate air temperature. Accordingly, temperature measurements through textiles were plausible when corrected by $\varepsilon = 0.90$. Rescue blankets have excellent signalling properties for visible light and for IR. In our study, we observed that temperature measurements taken from the rescue blanket surface displayed very low values when the gold side was up. Presumably, the high reflective, low emissive power of the silver side of the blanket goes with lower net radiant flux as compared to gold [24]. However, even when considering $\varepsilon = 0.55$ for aluminum, in our study the calculated values for gold up were still strikingly lower than for silver up. Presumably, net fluxes between object and blanket, on the one hand, and between blanket and external air, on the other hand, circulate through transfer zones [25].

### 4.1 Interpretations

In thermo-radiation measurements the actual temperatures measured are of less importance than are the gradients of infrared radiation between objects. Consequently, in a hot environment, e.g. forest fire, the rescue blanket increases visibility for thermal cameras due to high gradients in temperature. This is comparable to high gradients from conspicuously low temperatures measured on rescue blanket surfaces in a cold environment.

In SAR missions with thermal cameras for UAVs the conscious victim can hear the sound of drones as they approach. When the victim realizes there is a search camera, he should take off the rescue blanket as long as UAVs are near [11, 26]. Detectability can be further increased by moving. Unconscious victims completely enclosed in a rescue blanket are difficult to locate. According to Johnson criteria there are three categories of object determination:

**Table 2** Thermo-radiation measurements from one, two and three layers of two different rescue blankets (AMR: Austrian Mountain Rescue, ARC: Austrian Red Cross) covering a clothed body dressed in a fleece, plus down jacket, plus all-weather jacket (base) as compared to infrared measurements of a single-layer rescue blanket on snow made with a thermal camera at distances of 50 m (air temperature: −1.3 to −5.3 °C; humidity: 62.3 to 91.5%) and 5 m (air temperature: −4.4 to −5.3 °C; humidity 87.0 to 91.5%)

|                | Gold |         | Silver |         |
|----------------|------|---------|--------|---------|
|                | AMR  | ARC     | AMR    | ARC     |
|                | Temp. | εTemp. | Temp.  | εTemp.  |
| 50 m distance  |      |        |        |         |
| Thermal measurements from rescue blanket surfaces |      |        |        |         |
| One layer (°C) | −34.5 | −19.0  | −37.4  | −20.6   |
| Two layers (°C)| −32.8 | −18.0  | −35.4  | −19.5   |
| Three layers (°C)| −32.4 | −17.8  | −38.1  | −21.0   |
| Blanket on snow (°C)| −44.4 | −24.4  | −42.9  | −23.6   |
| Thermal gradients (blanket-snow/clothed body) |      |        |        |         |
| Base none (°C)  | 47.2  | 27.2   | 45.7   | 26.2    |
| Base-1 layer (°C)| 37.3  | 21.8   | 40.2   | 23.4    |
| Base-2 layers (°C)| 35.6  | 20.8   | 38.2   | 22.3    |
| Base-3 layers (°C)| 35.2  | 20.6   | 40.9   | 23.8    |
| 5 m distance    |      |        |        |         |
| Thermal measurements from rescue blanket surfaces |      |        |        |         |
| One layer (°C)  | −37.3 | −20.5  | −34.9  | −19.2   |
| Two layers (°C)| −31.9 | −17.6  | −38.0  | −20.9   |
| Three layers (°C)| −44.1 | −24.3  | −46.5  | −25.6   |
| Blanket on snow (°C)| −44.4 | −24.4  | −42.9  | −23.6   |
| Thermal gradients (blanket-snow/clothed body) |      |        |        |         |
| Base none (°C)  | 41.9  | 26.9   | 42.1   | 24.4    |
| Base-1 layer (°C)| 34.8  | 23.0   | 34.1   | 20.0    |
| Base-2 layers (°C)| 29.4  | 20.1   | 37.2   | 21.7    |
| Base-3 layers (°C)| 41.6  | 26.8   | 45.7   | 26.4    |

Thermal gradients (blanket-snow/clothed body) were calculated between rescue blankets and clothed body and between rescue blankets and snow. Values are expressed as temperature (Temp.) and adjusted values (εTemp.) corrected with the emissivity coefficient $\varepsilon = 0.55$ for aluminium with gold side up.
The thermal proportions were calculated of measured surface temperatures from rescue blankets on clothed body to measured surface temperatures from rescue blankets on snow. Values display percentage differences in median temperature (Temp.) and adjusted values ($\varepsilon$Temp.) corrected with the emissivity coefficient $\varepsilon = 0.55$.

Infrared radiation (IR) was calculated from product of emissivity coefficient ($\varepsilon = 0.55$ for aluminium with gold side up), the Stefan–Boltzmann constant ($\sigma = 5.67 \times 10^{-8}$ W m$^{-2}$ K$^{-4}$), the median radiating surface area ($A = 0.95$ m$^2$) and the thermal gradient ($T_s - T_a$) between surface temperature from skin and ambient air.

Infrared radiation block (IRB) was calculated as percentage of diminished radiation from clothed body covered with one, two and three layers of rescue blankets for aluminium with gold side up (reference value skin = 100.8 $\times 10^{-3}$ W).

|                        | Temp. (%) | $\varepsilon$Temp. (%) | IR ($\times 10^{-3}$ W) | IRB (%) |
|------------------------|-----------|-------------------------|-------------------------|--------|
| **50 m distance**      |           |                         |                         |        |
| One layer              | 83.5      | 84.3                    | 4.8                     | 95.2   |
| Two layers             | 79.5      | 80.5                    | 3.8                     | 96.2   |
| Three layers           | 82.0      | 82.9                    | 4.4                     | 95.6   |
| **5 m distance**       |           |                         |                         |        |
| One layer              | 82.1      | 83.8                    | 4.9                     | 95.1   |
| Two layers             | 79.3      | 81.7                    | 4.2                     | 95.8   |
| Three layers           | 104.2     | 103.8                   | 1.2                     | 98.8   |

The environmental conditions changed during our investigation with the increase in relative humidity due to temperature decline. In addition, the environmental conditions during the course of a day are unknown. As is known, variations in the atmospheric refraction index due to turbulent fluctuations affect the performance of electro-optical and IR systems and sensors. It is critical for the success of field studies such as search and rescue missions that the imaging system be adjusted for variations in the refractive index [20]. Although the distances between the rescue blankets and objects were within the maximum viewing distance for the target size in order to provide adequate resolution, radiometric measurements taken in our study appeared colder than the actual surface temperatures. Optical properties of coated surfaces with high R and low E may render IR measurements difficult [26]. In the experimental setting this problem could be solved by black painting of the surface, but black rescue blankets are not practicable in emergency medicine care. Over and above, sky radiation reflected from the metallic rescue blankets might have influenced the measurements.

As we measured immediately after covering the subject with a rescue blanket, we do not know the accumulating effects from blocking IR radiation, e.g. when thermo-convection occurs within a few minutes from a tight bandage or when condensation is formed on the blanket’s interior, the reflective properties of the aluminium foil decline, often within 15–20 min [22]. In addition, we measured IR radiation only from dry surfaces, knowing that moisture may diminish reflection from metallic blankets. Ultimately, there is little information available on the diversity of applications, namely how people use rescue blankets, e.g. placing the blankets over or under the outer layer of clothing. However, we avoided direct skin contact with the rescue foil as the metallic rescue blanket can effectively block infrared radiation.

### 5 Summary

Evaluating the capacity of clothing and rescue blankets to protect against hypothermia and considering limitations by the small experimental setting and scarce information from scientific literature, we realized that rescue blankets can effectively block infrared radiation.
Parts of this research have previously been published in a review on electromagnetic radiation reflectivity of rescue blankets [11]. Thermo-radiation measurements of body temperature using a gimbal-mounted thermal imaging system revealed that infrared radiation was diminished by clothing, namely by 72.6% for fleece, by 82.2% for an additional down jacket and by 92.3% for an additional all-weather jacket, as compared to forehead temperature. Furthermore, we detected that a single-layer rescue blanket is sufficient to render recognition of a body shape impossible. With three layers covering a clothed body infrared transmission was almost completely blocked. However, rescue blankets increase visibility for thermal cameras due to high gradients in temperature. Conspicuously low temperatures from objects of 1 to 2 m length may indicate reflections from rescue blanket surfaces in a cold environment. Ideally, rescue blankets should be removed from the body to increase the chance of being located when using thermal imaging to search for victims in search and rescue missions.

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Author contributions M.I. and W.L. helped in conceptualization; A.K.; M.I.; and W.L. helped in methodology; experimental investigation; and data curation; A.K. and M.I. contributed to resources; A.K.; M.I.; G.G.; F.J.W.; and W.L. helped in formal analysis; M.I.; H.K.; F.J.W.; and W.L. wrote the original draft preparation; A.K.; M.I.; H.K.; G.G.; F.J.W.; and W.L. wrote the review and editing; G.G. visualized the study; F.J.W. and W.L. supervised the study; and M.I. and H.K. administrated the project.

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Compliance with ethical standards

Conflict of interest The authors declare no conflict of interests.

Ethics approval Testing a licensed medical device within its approved application with healthy volunteers in a non-invasive experimental study did not require human research ethics approval according to the Ethics Committee of the Medical University of Innsbruck.

Consent to participate Written informed consent was obtained from two models who participated.

Consent for publication All authors gave consent for publication of the paper in a scientific journal.

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