Angioedema with eosinophilia (AE) is mostly reported in Japanese young females and likely showed a single course. In AE patients, the eosinophil count of 10^5/L was observed. Only eosinophil count increased without changes in counts of other leukocyte series. Serum C-reactive protein and Immunoglobulin E levels remained almost normal. Peripheral blood eosinophil count decreased steadily for 8 weeks after the first visit, regardless of steroid use. Edema in all of the patients and arthralgia in 6 patients improved within 12 weeks. None of the patients had a recurrence of AE.

Conclusions: AE developed in Japanese young females and likely showed a single course. In AE, the eosinophil count of 10^5/L was observed. Only eosinophil count increased without changes in counts of other leukocyte series. Serum C-reactive protein and Immunoglobulin E levels remained almost normal. The eosinophil count in AE patients will return to the normal level within 8 weeks even without steroid therapy.

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Chronic Urticaria and Infections

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Background: Chronic Urticaria (CU) is a group of diseases that share a distinct skin reaction pattern. Triggering of urticaria by infections has been discussed for many years but the exact role and pathogenesis of mast cell activation by infectious processes is unclear. The remission of annoying spontaneous chronic urticaria has been reported after successful treatment of persistent infections.

Objective: To describe the infections found in chronic urticaria patients in our service, by performing a complete medical history, physical examination, laboratory studies and cultures.

Methods: Universe: Consecutive patients with chronic urticaria, with a detailed history, physical examination, laboratory studies underwent clinical viral panel, cultures, biopsy for detection of H. Pylori.

Results: A total of 50 patients, mostly women 82% and 18% men, mean age 41 years. 42% of the total population had salmonella, proteus infection in 20% and 8% brucellosis. Crossed with urinary tract infection 6% of the population. Five patients had positive stool in 3 patients Endolimax nana was isolated and 2 patients reported Giardia lambia, 5 patients (10%) had undergone cervicovaginitis 2 of them infected with S. haemolyticus, the rest was cultivated E. faecalis, and T. Gardnerella vaginalis, respectively. Was isolated in 2 patients and one patient H.pilory HCV infection.

Conclusions: Infections may play a causal role of UC in some cases. Were identified in 42% of cases and gastrointestinal infections by most common cause Salmonellosis. As for genitourinary tract infections, intestinal parasites, Helicobacter pylori, were treated appropriately with antibiotic therapy, found a successful resolution of urticaria mainly in patients infected with Helicobacter pylori. There is growing evidence that persistent infections in chronic urticaria are important triggers, particularly in the case of infection by Helicobacter pylori, so If an infection is identified, it should be appropriately treated and it should be checked whether eradication has been achieved.

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Chronic Urticaria Associated with Thyroid Disease

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Background: Chronic urticaria has an incidence of 15% in the general population and sometimes is associated with chronic diseases such as rheumatoid arthritis, vitiligo and thyroid disorders. Chronic urticarial is characterized by wheals lasting more than 6 weeks, with alterations of the upper layers of the skin only. On histopathology there is a perivascular infiltrate characterized by T CD4 and CD8 lymphocytes and other inflammatory cells. Cytokines produced by lymphocytes, mast cells and other cells increase the expression of vascular adhesion molecules. Other mediators such as histamine increase vascular permeability causing edema, clinically represented by wheals. Treatment of chronic urticaria includes first and second generation antihistamines as first line treatment. Sometimes there is a poor response to these drugs and second line treatments such as immunosuppressors are indicated. A search for systemic disorders is helpful to identify associated pathology which makes chronic urticaria reluctant to therapy.

Methods: We performed a retrospective study considering patients with chronic urticaria attending our clinic during the last 5 years. Three hundred patients with urticaria were considered, with 16% (50 patients) with a chronic disease. Six patients with chronic urticaria were associated with thyroid disease.

Results: We considered 6 patients with chronic urticaria with altered thyroid function tests; 4 with subclinical hypothyroidism and 2 with subclinical hyperthyroidism. All of them had a poor response to antihistamines. When a thyroid disorder was identified, they received appropriate treatment achieving control of chronic urticaria. Treatment with antihistamines was continued.

Conclusions: Chronic urticaria is a disease often associated with systemic disorders including thyroid disease. We found an association with thyroid pathology in 2% of patients with chronic urticaria, with remission of cutaneous symptoms after treatment of endocrinologic disorder. No patient had clinical manifestation of thyroid disease so it is important to perform thyroid function tests to patients with chronic urticaria since identification of these disorders and appropriate treatment helps to control cutaneous symptoms.

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Epidemiology of Urticaria Cases in the Allergy Service from a Third Level Medical Center. Six Year Experience

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Background: The purpose of this study is to report the cases of Urticaria diagnosed in the Allergy service from a Third level medical centre since its creation in July 2005.

Methods: This is a descriptive, retrospective, transversal study from July 2005 to February 2011. Selected medical records of patients apply for diagnostic criteria for an allergy disease. EAACI/GA2LEN/EDF/WAO guideline 2009 was used to make diagnosis of urticaria. Patients were classified by age and sex, and how many of them had skin prick test, also how many patients began treatment with immunotherapy.