A computationally inspired in-vivo approach identifies a link between amygdalar transcriptional heterogeneity, socialization and anxiety

Aaron Goldman1,2, Joshua L. Smalley3, Meeta Mistry1,4, Harald Krenzlin5, Hong Zhang5, Andrew Dhawan6, Barbara Caldarone7, Stephen J. Moss3,8, David A. Silbersweig1,9, Sean E. Lawler1,5 and Ilana M. Braun1,9,10

Abstract
Pharmaceutical breakthroughs for anxiety have been lackluster in the last half-century. Converging behavior and limbic molecular heterogeneity has the potential to revolutionize biomarker-driven interventions. However, current in vivo models too often deploy artificial systems including directed evolution, mutations and fear induction, which poorly mirror clinical manifestations. Here, we explore transcriptional heterogeneity of the amygdala in isogenic mice using an unbiased multi-dimensional computational approach that segregates intra-cohort reactions to moderate situational adversity and intersects it with high content molecular profiling. We show that while the computational approach stratifies known features of clinical anxiety including nitric oxide, opioid and corticotropin signaling, previously unrecognized druggable biomarkers emerge, such as calpain11 and scand1. Through ingenuity pathway analyses, we further describe a role for neurosteroid estradiol signaling, heat shock proteins, ubiquitin ligases and lipid metabolism. In addition, we report a remarkable behavioral pattern that maps to molecular features of anxiety in mice through counterphobic social attitudes, which manifest as increased, yet spatially distant socialization. These findings provide an unbiased approach for interrogating anxiolytics, and hint toward biomarkers underpinning behavioral and social patterns that merit further exploration.

Introduction
Anxiety disorders have the highest lifetime prevalence of all psychiatric conditions1. Despite the ubiquity of these illnesses, few pharmaceutical breakthroughs in the management of acute anxiety have occurred in the last half-century. Existing medications are either slow to work (on the order of weeks to months), incompletely effective (e.g. various classes of antidepressant and buspirone), or plagued by significant risks, from addiction to ataxia to encephalopathy (e.g. benzodiazepines and barbiturates). Neuronal circuits in multiple cerebral subregions including prefrontal cortex, hippocampus and amygdala have been implicated in anxiety2,3. Of these, the amygdala has emerged as a critical subregion-of-interest in the molecular pathology of anxiety because of its control over fear generation, anxiety-related outputs such as the relationship between hyperexcitability and a link to anxiety in humans, as well as a direct role in suppression of anxiety-like behaviors4. A more complete understanding of acute anxiety at the molecular level could inform and lead to the discovery of novel druggable targets5. Identifying the molecular features of anxiety could therefore lead to a revolution in rational, biomarker-driven interventions, which should be enabled using models that closely recapitulate the human condition.

The current paradigm in anxiety research relies on in vivo anxiety models that tend to incorporate two components: (1) an animal with an anxious predisposition, usually pathologically, and (2) a measure of...
situational adversity. With regard to the former component, transgenic mice that manifest anxiety-like behavior via depletion of key neurotransmitters such as serotonin, or genetic traits such as mutations in SHANK3, are popular but tend to demonstrate exaggerated ‘anxious’ behavior as compared to human forms, or do so in the context of unrelated neuropsychiatric disorders including autistic behavior. As reviewed in depth by Steimer et al., models that invoke ‘fear induction’ and/or directed evolution by selective breeding to produce animals with high basal anxiety also imperfectly recapitulate human anxiety. With regard to the situational adversity measure, several ‘anxiety’ challenges are in use today, but many are traumatic such as stress-induced hyperthermia or the forced swim test. While a few studies have attempted to elucidate trait anxiety using biochemical and biophysical approaches, which may be defined as a baseline anxious phenotype, a comprehensive interrogation of the molecular heterogeneity of cerebral subregions that elucidate how behavior integrates with transcriptional variability remains unexplored.

Here, we sought to address some of the limitations and gaps in pre-clinical approaches for anxiolytics using a rational, computationally inspired model. The goal was to expose molecular and phenotypic heterogeneity in situational anxiety and link these with social and behavior modeling. We aimed to do so without incorporating grossly pathological animals and without exposing traumatizing stimuli. We exposed genetically and developmentally normal isogenic mice to a battery of behavior tests that elucidated ‘anxiety’ by confronting animals with situational adversity choice. We carried out high-throughput sequencing on amygdalar mRNA in order to stratify and subsequently pinpoint specific genes associated with the elevated ‘anxiety’ condition. In addition to discriminating a cohort of behavioral metrics that stratify transcriptional patterns for human clinical anxiety and ‘anxiety’ in other contexts, we identified 202 highly interconnected genes. Several genes with well-established links to anxiety were present, as well as a number of genes not previously understood to be implicated in anxiety states. While ‘anxious’ mice displayed anticipated situational aversions, they also manifest unanticipated counterphobic social tendencies. These findings suggest a link between transcriptional heterogeneity and social and situational behavior, have implications for methododology by which to study anxiety and hint toward new druggable anxiolytic targets.

Results

Mathematical stratification of three isogenic mouse strains based on heterogeneity of behavioral metrics identifies C57/BL6

We first sought to stratify by generalized behavioral heterogeneity among isogenic mouse models, which we hypothesized would later provide a suitable substrate to link molecular mechanisms associated with anxiety, thus revealing inherently diverse murine strains and mitigating the inherent complications of mutations or directed evolution.

We started with three isogenic mouse strains conventionally used in common research-based animal experiments. Following environmental habituation, age-matched female C57/BL6, DBA/2J and BALB/C mice (N = 12 per strain) were exposed to three psychometric tests: the elevated plus maze (EPM), the light/dark box (LD) and the three-chamber social interaction test (SIT), which present the mice with a situational adversity or social challenge, respectively (Fig. 1a). While each of these tests independently represent ‘anxiety-like’ traits, and anxiolytics have shown activity in each model including the SIT, our primary intent was to identify strains with inherent diversity of behavior including social cues.

Twelve quantitative parameters from psychometric testing were incorporated into a mathematical strategy, stratifying behavioral metrics using principal component analyses (PCAs). Results from the PCA defined two distinct subgroups of C57/BL6 mice, primarily separated by SIT variables, and secondarily by LD and EPM times, which are visualized in the Pearson correlation matrix (Fig. 1b). In contrast to DBA and BALB/C, C57/BL6 demonstrated a unique degree of variance between phenotypes (as evidenced by the variance carried by PC1 and PC2), as well as unbiased clustering into two clear groups with principal components (Fig. 1c, d). These data suggested that C57/BL6 mice display a clear and defined range of heterogeneity among all cohorts tested.

Unbiased integration of amygdalar gene transcription and behavior metrics stratify ‘anxiety’ in C57/BL6

We next sought to interrogate the transcriptomic profile of the amygdalae of C57/BL6 mice. Following rapid decapitation (to mitigate induction of stress-induced gene expression profiles), bi-lateral amygdala resections were performed (Supplementary Fig. 1). After confirming the histology of the resected amygdala, isolated messenger ribonucleic acid (mRNA) was subjected to Illumina NextSeq500 sequencing. Initial exploratory analysis established a clear outlier in the data (Supplementary Fig. 2). This sample was omitted and downstream analysis was performed on samples from the 11 remaining mice. Quantitative measures from the behavioral tests for each mouse included: from the EPM, total entries and percentage of time spent on the open arms; from the LD, percentage of time spent in the light and percentage of distance spent in the light; from the SIT, percentage of time spent in the box (i.e. beside the stranger mouse) in the first 3, 5 and 10 min of the experiment.
A PCA was performed, focusing on the top five principal components, which cumulatively explains 90% of the variance in the gene expression data. To evaluate the relationship between behavior and the top principal components in a systematic manner, we computed pairwise Pearson correlations. We determined PC1, which explains 21% of the variance, to be negatively correlated with the SIT measures and PC2, which explains 16% of the variance, to be highly positively correlated with the EPM and LD test measures (Fig.2a and Supplementary Figs. 3–4). These findings suggested that the first two principal components could be used as a proxy for the behavioral test measures to help simplify the linear model and reduce the risk of overfitting.

Since PC2 correlated well with two of the three behaviors, we used this as our main effect in the linear model and included PC1 as a covariate. Rather than using PC2 as a continuous variable, we separated samples into three groups (“less anxious”, “anxious” and “more anxious”) based on tertiles of the PC2 value (Fig. 2b). These findings suggested that the first two principal components could be used as a proxy for the behavioral test measures to help simplify the linear model and reduce the risk of overfitting.

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stratification methodology, we determined that ‘anxious’ mice displayed tendencies that were not selected-for by the bioinformatics approach. For example, median distance traveled in both light and dark rooms trended lower in the ‘high anxiety’ vs. medium and low anxiety phenotypes (Fig. 3g, h), indicating an overall stagnation or relative ‘freezing’ of movement, which has tied previously to ‘anxious’ behavior arising from the amygdalae. In accord with these data, median zone entries (i.e., moving between the light and dark rooms) trended lower from low ‘anxious’ mice toward the ‘high anxiety’ phenotype (Fig. 3i).

Counterphobic social attitude characterizes the behavior of computationally derived ‘anxious’ phenotypes

Next, we interrogated the SIT data after stratifying by ‘anxiety’. The SIT, comprising a three-chamber model in which a previously habituated mouse is introduced to a ‘stranger’ mouse, provides an opportunity for direct (box) or distant (zone) socialization. In accord with these data, median zone entries (i.e., moving between the light and dark rooms) trended lower from low ‘anxious’ mice toward the ‘high anxiety’ phenotype (Fig. 3i).

Validation of intra-cohort ‘anxiety’ via amygdalar transcriptional profiling

We sought to test whether the gene expression changes among ‘anxiety’ phenotypes correlated with known behavioral pathways. First, we employed ingenuity pathway analysis (IPA) to perform unbiased interrogations of critical canonical and signaling pathways. Primarily, the most over-represented ontological terms were associated
with behavior, emotion and learning (Fig. 5a). Of note, we did not identify ontologies associated with more severe stresses such as restraint stress.

Next, we identified several canonical pathways involving neuron-specific signaling and responses to stress. The most significant pathway identified was the opioid signaling pathway, which frequently associates to anxiety in other contexts. This was due to an overall increase in the expression of GNAI2, EGR4, CLTB, RPS6KB2, POMC and CACNA1A (Table S2). To assess the expression of these genes in other subregions, we used freely accessible data available in the Human Protein Atlas (HPA) and quantified the relative gene expression levels of each across multiple regions of the brain in both human and mouse (Supplementary Fig. 5A). Notably, while the HPA mRNA sequencing dataset indicated minimal to no expression of POMC in mouse brain, we queried the Allen Brain in situ hybridization (ISH) dataset, which identified different profiles across the regions of the murine brain (Supplementary Fig. 5B). We also identified pathways involved in nitric oxide signaling, WNT/PCP signaling and corticotropin signaling, which map to known phenotypes in anxiety.

Novel transcriptional profiles as putative druggable targets identified in ‘anxiety’

In addition to the evidence above—that known biological pathways and ontologies associated with state anxiety, which validated our overarching approach to stratify isogenic mice based on a cadre of behavioral metrics integrated with RNA transcription—we also pin-pointed novel changes in gene transcription that may serve for future interrogation as novel biomarkers. Of note, the highest magnitude of upregulated gene expression
changes in the ‘anxious’ cohort implicated calpain 11 (CAPN11) and scan domain containing 1 (SCAND1) together with PPARG, which implicate potential druggable targets in calcium-dependent proteases, and adipogenesis and insulin sensitivity arising from zinc finger domain activation, respectively. Conversely, the most downregulated genes observed were KCNJ13 and prolactin (PRL) in the mice that clustered in the high ‘anxiety’ phenotype (Table S1), which implicate potassium voltage-gated family and oxytocin stimulation.

Next, we used a combination of IPA and Cytoscape to self-assemble protein networks allowing the programs to impute nodes that link genes in the gene signature (Fig. 5b). In this way, we were able to study the known interactions between the genes in the gene signature and create a large interaction network. Nodes within the dataset included HSP70, ATN1, RPS6KB2 and E2F3, which were significantly upregulated in anxious mice and formed important nodes in the protein network (Fig. 5b). Imputed node proteins were identified in the heat shock, ubiquitin and lipid metabolism families such as TRIM25, PPP1CA, ESR1, HSP90, FAM102A, APOE and JNK.

To provide translational impact, we queried the latest build of the Connectivity Map (cMap) with the ‘anxiety’ signature that we identified, which we previously demonstrated can help link neurological diseases with potential therapeutics. The cMap compares a query gene signature with a database of chemical- and knockout-induced gene expression profiles. In this way, physiological relevance can be inferred by gene expression profile similarity. The gene signature showed significant similarity with gene expression profiles for drugs that regulate opioid signaling (loperamide), the dopaminergic system (verapamil and loxapine) and the adrenergic system (carvedilol, mir- tazapine, nadolol, desipramine, labetalol, bisoprolol, sotalol) (Table S3).

Taken together, these evidences resolved a robust and highly interconnected set of genes from ‘anxious’ mice. These genes are highly enriched for known behavioral modulators and significantly identify several important anxiety-related cellular pathways, validating our mathematically derived anxiety platform and identifying potential druggable anxiety targets.
Discussion

The pharmacologic armamentarium to manage acute anxiety is far from ideal. Antidepressants take weeks to reach maximal effect, thus remain suboptimal in the acute setting. By contrast, barbiturates and benzodiazepines work rapidly, but are rife with risks: encephalopathy progressing to irreversible dementia, ataxia leading to falls and other injuries, and addiction, increasing risk for overdose. One factor in the slow pace of anxiolytic pharmaceutical development is a relative lack of appropriate pre-clinical models, from petri dish to small animal. The efforts described herein merged unbiased, computational methodologies with biological insights to develop a small animal behavior platform for anxiolytic drug development. In the process, this research project has yielded novel insights regarding: (1) ‘anxious’ murine social behavior and (2) molecular heterogeneity of the murine amygdala in ‘anxiety’.

Our research gave shape to a mathematically inspired model of murine anxiety addressing some limitations in extant models (e.g., knock-out mice or mice strains produced through directed evolution) including: ‘anxiety’ behavior that is exaggerated as compared to human behavior, or comorbid with other disorders, for instance ‘autism’. To do this, we measured basal anxiety in three isogenic mouse strains (C57/BL6, DBA/2J and BALB/C) and identified C57/BL6 as exhibiting the greatest range in ‘anxiety’ phenotypes. These results confirm those of other laboratories, as well as an emerging hypothesis in the literature that isogenic mice manifest significant inter- and intra-strain differences in ‘anxiety’ \(^29\). We subjected C57/BL6 mice to ‘anxiety’-provoking stimuli and employed mathematical modeling to identify behavioral assays and metrics that best distinguish ‘anxious’ and ‘non-anxious’ mice \(^29,30\). By design, our ‘anxiety’ measure battery excluded traumatic stimuli such as stress-induced hyperthermia \(^31,32\) or challenge with a snake \(^33\). We believe that our ‘anxiety’ model based on three tests of behavior, and associated psychometric parameters, has wide-ranging applicability in situational anxiety management and may prove useful in in-vivo testing of anxiolytic compounds.

In the process of refining this new murine model for ‘anxiety’, we arrived at a more nuanced understanding of murine ‘social anxiety’ than currently exists in the literature. Classic interpretations of SITs assume greater ‘anxiety’ as time spent engaging in social behavior decreases \(^34\). To the best of our knowledge, however, SITs have rarely been coupled with other anxiety measures in experiments. When we did couple ‘social anxiety’ measures with other ‘anxiety’ measures, we found that mice who score in the ‘anxious’ range on other ‘anxiety’
measures spend more time, not less, with a stranger mouse. While our experimentation was not designed to elucidate why this might be the case, ethologically relevant interpretations can be made, for instance, counterphobic social tendencies or a desire “to keep [potential] enemies close”. Additional experimentation is necessary to investigate further.

On a molecular level, our analyses identified several novel findings deserving of further exploration. We detected upregulation of several genes associated with synaptic plasticity: NXPH3, NRGN and NRXN2. NXPH3 is expressed in glutamatergic neurons and is thought to tune excitatory synaptic transmission. NRGN is a schizophrenia risk gene and fragile-X mental retardation protein (FMRP) target that is involved in memory formation. NRXN2 is a schizophrenia and autism risk gene that is important for determining synaptic shape. We used network analysis to identify major nodes that connect a number of changed genes that we detected and identified ESR1, the gene that codes for the estrogen receptor α protein. ESR1 is highly expressed in the amygdala and mediates, in part, the cellular responses to neurosteroid estradiol (neuronally synthesized estradiol). Estradiol has been shown to have profound effects on neuronal excitability and synaptic structure. Taken together, these data indicate that differences in neurosteroid estrogen levels may play a role in the basal levels of anxiety in mice by mediating physical changes in synaptic structure and therefore neuronal excitability.

Estradiol also modulates the production of other hormones, such as prolactin. In our experimentation, downregulation of the prolactin gene was observed in the murine amygdala during stress. Prolactin, a hormone tied to pregnancy and breast-feeding, is generally thought to be peripherally upregulated in the anxious state; however, this finding is tied to pituitary release. Prolactin’s function in the amygdala is uncertain. One hypothesis is that this neuroptide functions as an anxiolytic in regulation of the neuroendocrine stress axis during the peripartum period. Given that our study exclusively relied on nulliparous female mice, replicating the experiment in pregnant females and male rodents is necessary and may reveal important sex and developmental differences in physiologic reactions to stress.

Finally, a G-protein coupled receptor (GPCR), ADGRL4, is significantly upregulated in the anxious murine state. Interestingly, the ADGRL4 gene has been shown to be estrogen responsive. This receptor is known to be associated with angiogenesis but until now has no known connection with anxiety states. Our early experimentation suggests that ADGRL4 agonism might hold utility in the management of acute anxiety. Future research endeavors should investigate the activity of this GPCR in subregions of the amygdala as compared to other control regions of the mouse brain.

The results described in this study suggest further investigation of the target genes to understand the functional role of proteins identified from the transcriptional profile, and the amygdalar subregions in which they function, is warranted. Moreover, the relative contribution of anxiety-related genes, identified here, should be understood across other subregions of the brain using similar molecular interrogation approaches. Nonetheless, this work describes a group of effective assays to identify mice with high baseline anxiety that may serve as a representative model of trait anxiety.

**Methods**

**Animals**

This research used age-matched female C57BL/6, DBA/2J and BALB/cJ mice (N = 12 per strain). Animal behavior tests were performed on a single occasion. No specific statistical test was performed to determine sample size. Rather, consultation from bioinformaticians and other experts in the field were considered in order to arrive at a sample size that would allow for reasonable stratification of mice into unique cohorts, and subsequently allow for reasonable statistical measurement of gene transcriptional differences. Mice were introduced to behavior testing (described below) in random order. Sequencing analyses were performed in a single batch. Mice were purchased from Jackson Labs at 7 weeks and allowed to acclimate to the laboratory environment for 2 weeks prior to testing. At 9 weeks of age, they were exposed to the EPM; at 10 weeks, the black/white box; and at 11 weeks, the three-chamber social interaction experiment. Mice were allowed at least 20 min to acclimate to each testing environment, which was carefully engineered to be quiet and free of distraction. In all cases, where necessary and possible, the ‘operator’ was ‘blinded’ to the treatment conditions. The three experimental conditions are explained in greater detail below. All in vivo experiments were performed in compliance with IACUC protocol approved through Harvard Medical School and Brigham and Women’s Hospital, and in accordance with institutional guidelines, supervised on-site by veterinary staff.

**Behavior tests**

**Elevated plus maze**

This experimental model was used to assess emotional behavior and levels of general anxiety in mice. The EPM consists of two open and two closed arms extended out from a central platform. A camera, mounted from the ceiling, allowed the experimenters to observe murine behavior from outside the testing chamber. A computer-assisted video-tracking system (TopScan software, CleverSys Inc.) was used to record the number of open and closed arm entries as well as the total time spent in the different maze compartments over the course of 5 min.
The percentage of time spent in open arms was used as a surrogate measure for anxiety-like state using the following formula: \((\text{open/open + closed}) \times 100\). The EPM was performed under bright light. The start location of the EPM was on an open arm (around mid-way up the arm) with the mouse facing toward the center of the maze.

**Light/dark box**

Developed by Crawley and Goodwin\(^{45}\), the LD box highlights the ethological conflict between an animal’s desire to explore a new environment, and yet remain shielded from predators. Our apparatus consisted of two equally sized chambers, one dark and one brightly illuminated (700–800 lux), with a small opening connecting the two (Med Associates Dark Box Insert for Mouse Open Field Activity, Product Number: ENV-511). A mouse was allowed over 10 min to move freely between chambers and the number of entries into the bright chamber and the duration of time spent there was used as indices of bright-space anxiety in mice. Note: the experiment is initiated with the mouse in the light side of the box.

**Three-chamber social interaction**

A three-chambered rectangular apparatus (62 cm × 40 cm) made of clear plexiglass was used to evaluate social preference. Test mice were first placed in the middle chamber and allowed to explore all three chambers for 10 min. After this habituation period, the test mouse was confined to the center chamber while an unfamiliar female mouse of the same strain, that had no prior contact with the subject mouse, was confined to a random, counterbalanced side chamber in a small wire cup. The test mouse was then allowed to explore the entire test apparatus for a 10-min session. The amount of time spent in each chamber and the time spent in close proximity to either the empty cup or the cup with the stranger mouse, was scored by an automated video-tracking system (TopScan software, CleverSys Inc., Reston, VA). Decreased duration spent near the stranger mouse as compared to the empty cup was used as a measure of social anxiety.

The EPM is used to assess general anxiety levels in mice. The LD highlights the ethological conflict between an animal’s twin desires to explore new environments while also remaining shielded from predators. The SIT test evaluates social preference.

**Stratification of isogenic mouse strains based on 12-parameter behavior model**

Four parameters were defined from the EPM experiment: (1) the time in seconds spent in open arm of EPM (EPM Time in Open Arm); (2) the number of times a mouse entered the open arm of EPM (EPM Open Entry); (3) the number of times a mouse entered the closed arm of EPM (EPM Closed Entry); and (4) the number of times a mouse entered either arm of EPM (EPM Total Entry). Two parameters were defined from the black/white box include the percentage of total distance traveled spent in the lighted portion of the box (B/W Distance Traveled in Light) and the percentage of total time spent in the lighted portion of the box (B/W Time Traveled in Light). The six parameters from the social interaction (SI) experiment included: SI_3M (first 3 min in the box), SI_5M (first 5 min in the box), SI_10M (first 10 min in the box), SI_3M_Group (first 3 min in the group), SI_5M_Group (first 5 min in the group) and SI_10M_Group (first 10 min in the group).

For each mouse subtype, we first analyzed the distributions of the values for each of the metrics integrated to identify those that manifest bimodal distributions (suggesting an ability to differentiate between mice with ‘anxiety’ behaviors and mice without). Next, each of the data points was centered and standardized to zero mean and unit variance, using a z-score transformation.

For each of the mice subgroups, principal components were obtained. These represent the linear combinations of metrics that best describe the variability between the individual mice. We sought to find, across all metrics we considered, the strongest differentiators of phenotype, with equal weighting to all parameters. Moreover, to facilitate this, prior to implementing the principal components analysis, all data from all psychometric testing was standardized to mean 0 and variance 1 to ensure comparability at the same scales; it was after this analysis that the SIT emerged as a key differentiator in psychometric phenotype. That is, when performing analysis for PCA to identify mouse subgroups, we were careful to define principal components in an unbiased manner so that downstream analyses would not be biased by our group stratification. After ensuring that the first two principal components carried the majority of the variance between the individual mice with respect to these metrics, we were able to show a clustering into two distinct groups of mice. This was used to define the mice with behaviors more representative of “anxiety,” as opposed to those with behaviors less representative of “anxiety”. To ensure that the principal components we used for the separation into subgroups were in keeping with our initial hypotheses of how anxiety-like behaviors would manifest, we visualized the original variables in the principal component space. This facilitated an understanding of which results of psychometric testing were more discriminatory between the anxiety-like behaviors of the mice.

**Neurosurgery**

An Institutional Animal Care and Use Committee-approved rapid decapitation procedure was employed in
the absence of neurological sedatives, carbon dioxide suffocation or anesthesia. A trained neurosurgeon isolated amygdala following a stereotaxic dissection protocol that harnessed murine brain geometry. Amygdala was defined according to a mouse stereotaxic atlas. A dissection microscope was employed for the dissection. Brains were gently removed from the skull and stripped of the meninges. Next, brains were submerged in RNAase-free phosphate-buffered saline and mounted on a vibratome. Cuts were made at bregma – 1 mm and – 2.75 mm. The resulting slice was then placed with the caudal aspect facing upward. Areas identified as amygdala were removed (1–3 mm lateral from the midline and 0–1 mm from basal to apical). Bilateral amygdalar Vibratome 1000-sliced biopsy tissue was homogenized, bathed in RNAase-free phosphate-buffered saline, and centrifuged. The precipitate was then extracted and snap frozen in liquid nitrogen. The tissue was placed in Trizol (Thermo Fisher). Ribonucleic acid was extracted using the phenol–chloroform phase separation and prepared for subsequent RNA Library preparation.

RNA Library preparation and sequencing
RNA libraries were prepared using Illumina TruSeq Stranded mRNA sample preparation kits from 500 ng of purified total RNA according to the manufacturer’s protocol. The resultant dsDNA libraries were quantified by Qubit fluorometer, Agilent TapeStation 2200, and RT-qPCR using the Kapa Biosystems library quantification kit according to manufacturer’s protocols. Uniquely indexed libraries were pooled in equimolar ratios and sequenced on a single Illumina NextSeq500 run with single-end 75 bp reads by the Dana-Farber Cancer Institute Molecular Biology Core Facilities.

RNA-Seq read mapping and expression level estimation
All samples were processed using an RNA-seq pipeline implemented in the bcbio-nextgen project (https://bcbio-nextgen.readthedocs.org/en/latest/). Raw reads were examined for quality issues using FastQC (http://www.bioinformatics.babraham.ac.uk/projects/fastqc/) to ensure library generation and sequencing data were suitable for further analysis. If necessary, adapter sequences, as well as other contaminant sequences such as polyA tails and low-quality sequences were trimmed from reads using cutadapt. Trimmed reads were aligned to the UCSC build mm 10 of the mouse genome using STAR. Quality of alignments was assessed by checking for evenness of coverage, rRNA content, genomic context of alignments, complexity and other quality checks. Expression quantification was performed with Salmon to identify transcript-level abundance estimates and then collapsed down to the gene-level using the R Bioconductor package tximport.

Statistical analyses and classification of anxious mice
Statistical analysis was performed using Prism software (GraphPad) determined by two-tailed Student’s t-test used to identify statistical significance between individual groups with similar variance.

For initial exploratory analysis, filtering was applied to the full normalized counts matrix. Low expressers (bottom 25% based on average expression) were removed and of those only the most variable genes (the upper quartile based on coefficient of variation) were retained. PCA was used to identify sample AG5 as a clear outlier (Supplementary Fig. 2). This sample was removed and downstream analyses were performed on the remaining samples using all 47,729 genes in the original counts matrix.

To tie together the behavioral data to the molecular phenotypic variability data, correlations were computed for all psychometric test metrics against the first five principal components from the PCA post-outlier removal. The variables incorporated include: from the EPM, total entries and percentage of time spent on the open arms; from the black/white box experiment, percentage of time spent in the light and percentage of distance spent in the light; from the three-chamber social interaction experiment, percentage of time spent in the box beside the stranger mouse in the first 3, 5 and 10 min of the experiment. Based on a high correlation of PC2 with several of the metrics (LD and EPM), we used PC2 as a proxy for these metrics in our model fit. Rather than using PC2 as a continuous variable, we separated values in tertiles to classify groups of “less anxious”, ‘anxious’ and “more anxious”. Additionally, because we observed PC1 to explain 21% of the variance in the data, and observed slight negative correlations with the box:zone ratios, we included it as a covariate in the model to control for this effect.

Differentially expressed genes were identified using the LRT as part of the R Bioconductor package DESeq2 (ref. 56). Significant genes were obtained using an FDR threshold of 0.05. Genes were separated into clusters based on similar expression profiles across the defined anxiety groups.

IPA, cytoscape and cMap analysis
Differentially expressed genes were used to create an ‘anxiety’ gene signature of 202 well-characterized genes as described above. This was analyzed using core IPA to identify the involvement of biological pathways in an unbiased manner. Gene lists were matched to the IPA curated database of canonical signaling pathways and used to detect significantly represented biological pathways (p < 0.05). Next, the individual genes were matched to their ontological terms using IPA. The most over-represented ontologies were identified (behavior,
emotion, learning, rearing, cognition) and protein network diagrams showing the genes for each of these ontological classes were created using Cytoscape. IPA was then used to build networks of known interactions between the protein products of the differentially expressed genes in the signature. IPA was allowed to impute highly connected protein nodes that connected directly to genes present in the gene signature in order to create a large protein network. The subsequent network was visualized in Cytoscape. Finally, we used the 202 gene ‘anxiety’ signature to query the latest version of the Connectivity Map (cMap) (https://clue.io/). Comparisons were carried out according to refs.51,52 and the top 15 perturbagens with the most matching profiles were selected.

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Author details
1Harvard Medical School, Boston, USA. 2Division of Engineering in Medicine, Department of Medicine, Brigham and Women’s Hospital, Boston, USA. 3Department of Neuroscience, Tufts University School of Medicine, Boston, USA. 4Department of Biostatistics, Harvard T.H. Chan School of Public Health, Boston, USA. 5Harvey Cushing Neurooncology Laboratories, Department of Neurosurgery, Brigham and Women’s Hospital, Boston, USA. 6Neurological Institute, Cleveland Clinic, Cleveland, OH, USA. 7Department of Genetics, Harvard Medical School, Boston, USA. 8Department of Neuroscience, Physiology and Pharmacology, University College, London, UK. 9Department of Psychiatry, Brigham and Women’s Hospital, Boston, USA. 10Department of Psychosocial Oncology and Palliative Care, Dana Farber Cancer Institute, Boston, USA.

Authors’ contributions
A.G., I.B.: conceived of the study and designed the experiments. J.L.S., M.M., A.D., A.G., I.B.: analyzed and interpreted the data. A.G., H.K., H.Z.: performed the experiments. S.J., S.E.L., B.C.: provided guidance, key oversight during experimental design and analysis and edited the paper. A.G., I.B., M.M., J.L.S.: wrote the manuscript.

Data availability
RNA sequencing files can be accessed in the GEO Accession database under the ID: GSE132457 (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE132457).

Conflict of interest
The authors declare that they have no conflict of interest.

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