On the stability of approximations for the Stokes problem using different finite element spaces for each component of the velocity

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Abstract

The stability of velocity and pressure mixed approximations of the Stokes problem is studied, when different finite element (FE) spaces for each component of the velocity field are considered. Using the macro-element technique of Stenberg, analytical results are obtained for some new combinations of FE with globally continuous and piecewise linear pressure. These new combinations are introduced with the idea of reducing the number of degrees of freedom in some of the velocity components. Although the resulting FE are not stable in general, we show their stability in a wide family of meshes (uniformly unstructured meshes). Moreover, this method can be extended to any mesh family whenever a post-processing be performed in order to convert it in an unstructured mesh. Some 2D and 3D numerical simulations are provided agree with the previous analysis.

Keywords: Inf-sup condition, incompressible fluids, mixed variational formulations, finite elements, macro-element technique.

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1. Introduction

The main purpose of this work is to analyse the stability of velocity and pressure mixed finite element (FE) approximations of the Stokes problem when the components of velocity are approximated in unequal spaces.

As described below, this is an issue of great interest for the approximation of some variants of the Navier-Stokes equations (in particular for the approximation of the hydrostatic Navier-Stokes equations governing the large scale ocean [10]) and, as far as we know, it has not been sufficiently studied in the literature. In fact, although stability of mixed velocity and pressure FE approximations of the Stokes problem is a matter widely investigated in the last 30 years, almost all of these works assume a unique FE space for all components of the velocity field, being the pressure the only unknown that is possibly approximated by a different space.

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Here we consider the Stokes problem in a domain \( \Omega \subset \mathbb{R}^d \) \((d = 2 \text{ or } 3)\),

\[
\begin{align*}
-\Delta w + \nabla p &= f \quad \text{in } \Omega, \\
\nabla \cdot w &= 0 \quad \text{in } \Omega,
\end{align*}
\]

(1)

(2)
distinguishing the components of the velocity field as follows: \( w = (u, v) \), where \( u : \Omega \to \mathbb{R}^{d-1} \) and \( v : \Omega \to \mathbb{R} \) (horizontal and vertical components, respectively). Also \( p : \Omega \to \mathbb{R} \) is the pressure, \( f : \Omega \to \mathbb{R}^d \) is the vector of external forces and, as usual, \( \Delta \) and \( \nabla \cdot \) represent the Laplace and divergence operators. For sake of simplicity, we take constant viscosity (equal to one) and consider homogeneous Dirichlet boundary condition,

\[
w = 0 \quad \text{on } \partial \Omega.
\]

(3)

Let us introduce usual notations: \( L^2(\Omega) \) represents the space of the square integrable functions in \( \Omega \), \( H^m(\Omega) \) is the space of the functions whose distributional derivatives of order up to \( m \in \mathbb{N} \) belong to \( L^2(\Omega) \) and \( H^1_0(\Omega) \) is the subspace of \( H^1(\Omega) \) whose functions vanish on \( \partial \Omega \). If one consider the bilinear forms \( a(w, w) = (\nabla w, \nabla w) \) and \( b(p, w) = (p, \nabla \cdot w) \), the variational formulation of the Stokes problem (1)–(3) reads: find \((w, p) \in W \times P\) such that:

\[
\begin{align*}
a(w, w) - b(p, w) &= \int_{\Omega} f \cdot w, \quad \forall w \in W, \\
b(p, w) &= 0, \quad \forall p \in P,
\end{align*}
\]

where \( W = H^1_0(\Omega)^d \), \( P = \{ p \in L^2(\Omega) / \int_{\Omega} p = 0 \} \) and, for simplicity, we assume \( f \) in \( L^2(\Omega)^d \).

It is well known (see for instance [6]) that well-posedness of previous problem yields from the coercivity of the bilinear form \( a(\cdot, \cdot) \) and the inf-sup condition of \( b(\cdot, \cdot) \), which holds for the continuous problem on \( W \times P \). But if we consider the discrete problem, find \((w_h, p_h) \in W_h \times P_h\) such that

\[
\begin{align*}
a(w_h, w_h) - b(p_h, w_h) &= \int_{\Omega} f \cdot w_h, \quad \forall w_h \in W_h, \\
b(p_h, w_h) &= 0, \quad \forall p_h \in P_h,
\end{align*}
\]

(4)

(5)

where \( W_h \subset W \) and \( P_h \subset P \) are families of FE spaces, although coercivity of \( a(\cdot, \cdot) \) is automatically inherited, the continuous inf-sup condition is not enough for well posedness of (4)–(5). In fact, each selection of \( W_h \) and \( P_h \) requires checking the following discrete counterpart of the inf-sup condition (also called LBB condition): there exists \( \beta > 0 \) independent on \( h \) such that

\[
\beta \|p_h\|_{L^2} \leq \sup_{0 \neq w_h \in W_h} \frac{\int_{\Omega} (\nabla \cdot w_h) p_h}{\|\nabla w_h\|_{L^2}}, \quad \forall p_h \in P_h.
\]

(6)

In what follows, we will be taking \( W_h = U_h \times V_h \), where \( U_h \) and \( V_h \) are, respectively, FE spaces approximating the (two components of) horizontal velocity and the vertical velocity. If \( \Omega \subset \mathbb{R}^2 \), \( U_h \) is denoted by \( U_h \). If no ambiguity, we denote by \( P_1 \) or \( P_2 \) the corresponding continuous piecewise polynomial FE approximation, while \( P_0 \) denotes discontinuous FE.
The case where $\mathbf{U}_h$ and $V_h$ are approximated by the same FE space has been widely studied and several combinations (which we denote by $(U_h, V_h) - P_h$, in the 2D case) are known satisfying the discrete inf-sup condition (6). That is the case, for example, of $(P_{1,b}, P_{1,b}) - P_1$ (usually known as $P_1$+bubble or mini-element), $(P_2, P_1) - P_1$ and $(Q_2, Q_2) - Q_1$ (Taylor-Hood elements), while some others do not satisfy (6) in general (see for instance Section 2 and references therein). As usual, $P_{1,b}$ denotes $P_1$ continuous functions enriched by a “bubble” function for each element and $Q_k$ are continuous tensor $P_k \times P_k$ elements on quadrangular meshes.

This work is centered in the case where $\mathbf{U}_h$ and $V_h$ are approximated in unequal FE spaces, for which (as far as we know) only the case $(P_2, P_1) - P_0$ has been addressed, see [16]. Some new combinations $(\mathbf{U}_h, V_h) - P_h$ are going to be studied, showing (or refusing) its stability in wide families of meshes and extending the analysis to three-dimensional domains.

Specifically, our main contribution is showing that although the inf-sup condition (6) does not hold in general for the combinations $(P_{1,b}, P_1) - P_1$ and $(P_2, P_1) - P_1$ (and also for the symmetric cases $(P_1, P_{1,b}) - P_1$ and $(P_1, P_2) - P_1$), it is satisfied in numerous families of 2D meshes, namely in uniformly unstructured meshes (see Definition 7). In fact, one can easily detect if a given mesh is not unstructured and, by means of a slight post-processing, transform it into a uniformly unstructured one (see Algorithm 1).

There are some other well-known unstable elements (for instance $(P_1, P_1) - P_0$ and $(P_{1,b}, P_1) - P_0$, see Section 2) which have less degrees of freedom than the “mini-element” $(P_{1,b}, P_{1,b}) - P_1$ and that are stable just in some concrete meshes. These meshes are, in particular, uniformly unstructured and indeed FE combinations provided in this paper are stable in a very much larger family of meshes. In this sense, $(P_{1,b}, P_1) - P_1$ constitutes a “minimal-element” because with less degrees of freedom than the “mini-element” stability is provided for unstructured meshes (or slightly post-processed structured ones).

Previous results are extended to 3D domains by using $(P_{1,b}, P_{1,b}, P_1) - P_1$ and even $(P_{1,b}, P_1, P_1) - P_1$ (and the corresponding $P_2$ spaces). Additionally, we present some numerical tests showing that $(P_{1,b}, P_1) - P_1$ preserves order $O(h)$ accuracy while $(P_2, P_1) - P_1$ presents a loss of order (only order $O(h)$) with respect to the order $O(h^2)$ of the classical Taylor-Hood approximation $(P_2, P_2) - P_1$.

Our interest on the stability of anisotropic horizontal/vertical approximations of the velocity field has been motivated by the study of some models of geophysical fluids governing the motion of large scale oceans (see for instance [7] and references therein cited). In fact, they lead to the Navier-Stokes equations with anisotropic eddy viscosities in shallow domains or, after rescaling, to equivalent models in adimensional domains [4, 5]. In the linear steady case, the following Anisotropic Stokes problem arises:

\[
\begin{align*}
-\Delta \mathbf{u} + \nabla_x p &= \mathbf{f} \quad \text{in } \Omega, \\
-\varepsilon^2 \Delta v + \partial_z p &= g \quad \text{in } \Omega, \\
\nabla \cdot (\mathbf{u}, v) &= 0 \quad \text{in } \Omega,
\end{align*}
\]  

(7)

where $\varepsilon > 0$ is the so-called aspect ratio between vertical and horizontal scales. When $\varepsilon \to 0$, diffusion for the vertical velocity vanishes [5] and hence a singular limit problem appears, which is called the Hydrostatic Stokes equations. This type of problems also appear in the transient nonlinear case (called Hydrostatic...
Navier-Stokes equations or Primitive Equations of the ocean), see [4].

In [10] (see also [2, 3]) well-posedness of (7) is developed (including the case where \( \varepsilon \) is “small” or zero) in finite element spaces provided the Stokes inf-sup condition jointly to an additional inf-sup condition (needed to stabilize the vertical velocity) are verified. This theory is based on the Stokes inf-sup condition jointly to an additional inf-sup condition needed for stabilize the vertical velocity. This new inf-sup condition is satisfied if the pressure space is large enough with respect to the vertical velocity one. But then, for standard Stokes FE spaces, the number of degrees of freedom for pressure is too large and Stokes stability is not satisfied.

A numerical example which shows instability of classical \((P_1, b, P_1) - P_0\) and \((P_2, P_2) - P_1\) elements for (7), when \( \varepsilon \approx 10^{-3}, 10^{-4} \), is provided in [10] (numerical Test 1). Also in [10], numerical experiments (e.g. Test 6) state the stability in unstructured meshes (for (7) in the hydrostatic case \( \varepsilon = 0 \)) of the finite elements \((P_{1,b}, P_1) - P_1\) and \((P_2, P_1) - P_1\), whose Stokes stability is being studied in current work.

This paper is organized as follows. In Section 2, we recall some results about approximations with discontinuous pressure. In Section 3 we prove that \((P_{1,b}, P_1) - P_1\) is stable in uniformly unstructured meshes and show its instability in some meshes that present a strong structure. Results are generalized to the 3D case and numerical tests are shown confirming our analysis. In Section 4, we show that \((P_2, P_1) - P_1\) is also stable in most unstructured meshes, although the results are slightly more restrictive than for \((P_{1,b}, P_1) - P_1\) approximation. This theory is supported by some numerical experiments, including some 3D tests. Finally we show instability of the combination \((Q_2, Q_1) - Q_1\) on quadrangular elements, both analytically and computationally.

2. Definitions and notation. \(P_0\) approximation for the pressure

Let us assume elsewhere that \( \Omega \subset \mathbb{R}^d \), with \( d = 2 \) or \( d = 3 \), is a domain with polygonal boundary and let \( \mathcal{T}_h \subset \mathbb{R}^d \) be a shape regular family of triangulations of \( \Omega \). Furthermore, let us suppose that \( \mathcal{T}_h \) is a simplicial mesh (i.e. composed of \( 2D \) triangles or \( 3D \) tetrahedrons), unless otherwise stated.

In this section we recall some results about discontinuous approximation of pressure. Specifically, the case \( d = 2 \) is considered and, for the approximation of the discrete Stokes problem (4)-(5), the following \(P_0\) discontinuous space for the approximation of the pressure is introduced:

\[
P_h = \{ p_h \in L_0^2(\Omega) \mid p|_T \in P_0 \ \forall T \in \mathcal{T}_h \}. \quad (8)
\]

About velocity, we define \( W_h = U_h \times V_h \), where \( U_h \) and \( V_h \) are continuous FE spaces for horizontal and vertical velocity, respectively. Indeed, we deal \( P_1, P_{1,b} \) or \( P_2 \) spaces for horizontal velocity and \( P_1 \) for vertical one. Of course the symmetric choice is equivalent.

As result, we consider the FE combinations denoted by \((P_1, P_1) - P_0\), \((P_{1,b}, P_1) - P_0\) and \((P_2, P_1) - P_0\) whose stability has been sufficiently analyzed in literature and we can summarize as follows: \((P_2, P_1) - P_0\) is the minimal FE combination (with \( P_0 \) discontinuous pressure) which is stable in general meshes. Namely,
let us consider
\[ V_h = \{ v_h \in H^1_0(\Omega) \cap C^0(\Omega) \mid v|_T \in P_1, \ \forall T \in T_h \} \]  
(9)

- Instability of \((P_1, P_1) - P_0\) approximation, i.e. the case where \(U_h = V_h\), is well known to occur excepting some specific meshes (called **criscross** meshes, see [14]). They are particular cases of \(x\)-unstructured and \(y\)-unstructured meshes, see Definition 6.

- Instability of \((P_{1,b}, P_1) - P_0\), i.e. the case where
\[
U_h = \{ u_h \in H^1_0(\Omega) \cap C^0(\Omega) \mid u_h|_T \in P_{1,b}(T), \ \forall T \in T_h \},
\]
(10)
can be easily reduced to the above case, using the fact that integrals in triangles of derivatives of bubble functions vanish. The case \((P_{1,b}, P_{1,b}) - P_0\) is similar.

- Stability of \((P_2, P_1) - P_0\), i.e. the case where
\[
U_h = \{ u_h \in H^1_0(\Omega) \cap C^0(\Omega) \mid u_h|_T \in P_2, \ \forall T \in T_h \}
\]
(11)
while \(V_h\) and \(P_h\) are defined respectively in (9) and (8), was shown by R. Stenberg in [16], using the technique of macro-elements (which was developed by himself in that reference and [15]).

3. Stability of the \((P_{1,b}, P_1) - P_1\) approximation

In what follows, continuous piecewise linear pressures are selected:
\[
P_h = \{ p_h \in L^2_0(\Omega) \cap C^0(\Omega) \mid p|_T \in P_1, \ \forall T \in T_h \}.
\]
(12)
Using the macro-element technique, we study the 2D case, where \(U_h\) is a continuous \(P_{1,b}\) FE space, as defined in (10) and \(V_h\) is a continuous \(P_1\) space, as in (9). Results are generalized to the 3D case (Section 3.2) and some numerical experiments are shown, supporting these results (Section 3.3).

3.1. The 2D case

For the study of the \((P_{1,b}, P_1) - P_1\) approximation, the macro-element technique is applied, following the seminal papers of Stenberg [15, 16] (specially the former). We show a local stability result (Theorem 3) and global stability result (Theorem 4), where a generalization of Stenberg’s theory must be introduced.

A macro-element partition, \(M_h\), of a triangulation \(T_h\) in \(\Omega\) is a family of connected sets \(M \in M_h\) which are union of at least two elements of \(T_h\). For each \(M \in M_h\), let \(U_{0,M}\) and \(V_{0,M}\) be the spaces of functions in \(H^1_0(M) \cap C^0(\overline{M})\) which are, respectively, in \(P_{1,b}\) and \(P_1\) for all \(T \subset M\). Let \(P_M\) be the space of functions in \(C^0(\overline{M})\) which are in \(P_1\) for every \(T \subset M\).
Definition 1. We say that \((U_h, V_h) - P_h\) is regular in a macro-element \(M\) if the following condition is fulfilled:

\[
N_M = \left\{ p_h \in P_M, \int_M (\partial_x u_h + \partial_y v_h) p_h = 0 \forall (u_h, v_h) \in U_{0,M} \times V_{0,M} \right\}
\]

(13)

only consists of the functions which are constant on \(M\).

In other case, \((U_h, V_h) - P_h\) is said singular in \(M\).

Stenberg shown, roughly speaking, that if this regularity condition is satisfied, independently of the geometrical shape of the macro-elements of some given partitions (and under slight topological restrictions on macro-elements, formulated in Theorem 3 below) the global inf-sup condition (6) holds uniformly (i.e. with a constant \(\beta\) independent of the macro-element).

More specifically, according to the theory of Stenberg, we introduce the following definition:

Definition 2. A macro-element \(M\) is said to be equivalent (in the sense of Stenberg) to a reference macro-element \(M^*\) if there exists a continuous one-to-one application \(F_M : M^* \to M\) which consistently maps elements contained in \(M^*\) to elements in \(M\) (see \([15]\) or \([16]\) for details).

The following result holds (see Theorem 3.1 in \([16]\)):

Theorem 1. Suppose that there exists a family of macro-elements, \(\mathcal{M}_h\), of \(\mathcal{T}_h\) which is composed of a fixed set of equivalence (in the sense of Stenberg) classes \(\mathcal{E}_n\) of macro-elements, \(n = 1, ..., N\) and a positive integer \(L\) (\(N\) and \(L\) independent of \(h\)) such that:

\((M1)\) The condition (13) is satisfied for every \(M \in \mathcal{M}_h\) (i.e. \((U_h, V_h) - P_h\) is regular in macro-elements).

\((M2)\) Each \(M \in \mathcal{M}_h\) belongs to one of the classes \(\mathcal{E}_n\), \(n = 1, ..., N\).

\((M3)\) If \(e\) is an edge (or face) of an element of \(\mathcal{T}_h\) which is interior to \(\Omega\), then \(e\) is interior to at least one and no more than \(L\) macro-elements of \(\mathcal{M}_h\).

Then the Stokes discrete inf-sup condition (6) holds for \((U_h, V_h) - P_h\).

In this work we focus on a concrete set of families of macro-elements, which are defined as union of the elements of \(\mathcal{T}_h\) which share one only interior vertex. More precisely, let us denote by \(\hat{T}_h\) the set of all of the vertices of \(\mathcal{T}_h\) which are in the interior of \(\Omega\).

Definition 3.

- We say that a macro-element, \(\hat{M}\), is centered in a vertex \(q \in \hat{T}_h\) if \(\hat{M}\) is the union of every \(T \in \mathcal{T}_h\) such that \(q\) is a vertex of \(T\).

- We define a vertex-centered macro-element partition of \(\mathcal{T}_h\), denoted by \(\hat{\mathcal{M}}_h\), as any macro-element partition of \(\mathcal{T}_h\) such that every \(\hat{M} \in \hat{\mathcal{M}}_h\) is centered in some vertex \(q \in \hat{T}_h\).
If \( \hat{M} \) is centered in \( q_0 \), we denote by \( n^{q_0}_v \) (or just \( n_v \)) the number of vertices \( q \) in \( \hat{M} \) such that \( q \neq q_0 \). See that \( n_v \) matches also the number of elements contained in \( \hat{M} \). For example, Figure 1 shows two macro-elements, each of which is centered in a vertex, \( q_0 \), with \( n_v = 5 \) in both cases.

Shape regularity of \( T_h \) implies that \( \exists N \in \mathbb{N} \) (independent of \( h \)) such that each vertex of \( T_h \) is in no more than \( N \) elements. On the other hand, if \( T_h \) is a simplicial mesh family in \( \mathbb{R}^d \), one has \( d < n^q_v \). Therefore:

\[
d < n^q_v \leq N, \quad \forall q \in \hat{T}_h. \tag{14}
\]

Fixed a reference macro-element \( \hat{M}^* \) (centered in a vertex \( q^* \in \hat{T}_h \)) and fixed \( n = n^q_v^* \), we denote by \( \hat{E}_n \) the family of macro-elements which are equivalent (in the sense of Stenberg) to \( \hat{M}^* \). Thus a macro-element partition \( \hat{M}_h \) is whatever such that every \( M \in \hat{M}_h \) belongs to some \( \hat{E}_n \), with \( n \in \mathbb{N} \). Hereafter we assume that \( T_h \) satisfies the following slightly restrictive hypothesis:

**Assumption 1.** Each element \( T \in T_h \) has at least one vertex in the interior of, \( \Omega \).

According to (14), for any simplicial mesh system \( T_h \), one can build at least one and at most \( N - d \) families of vertex-centered macro-elements, \( \hat{E}_{d+1}, \hat{E}_{d+2}, ..., \hat{E}_N \). Assumption 1 ensures that \( T_h \) can be covered by macro elements of these families.

**Lemma 2.** Any vertex-centered macro-element partition \( \hat{M}_h \) satisfies (M2) and (M3).

**Proof.** Only (M3) must be satisfied. If \( e \) is an edge (or face) in the interior of \( \Omega \), then it is adjacent to, at least, one interior vertex, \( q_0 \) and then \( e \) is interior to, at least, the macro-element centered in \( q_0 \). On the other hand \( e \) is interior to (at most) \( d \) macro-elements: that one which are centered in \( q_0 \) and those ones centered in \( q_i \), \( i = 1, ..., d - 1 \), where \( q_i \) are the other vertices of \( e \).

\[ \square \]

Thus (in meshes satisfying Assumption 1) Lemma 2 and Theorem 1 state that accomplishing the regularity condition (M1) in some vertex-centered macro-element partition \( \hat{M}_h \) is sufficient for inf-sup condition (6). The drawback is that, as it is shown below, not all vertex-centered macro-elements satisfy hypothesis (M1). Next we provide a result characterizing the macro-elements of \( \hat{M}_h \) where that hypothesis (in fact (13)) holds for \((P_{1,b}, P_1) - P_1\). The idea is checking the structure of macro-elements in the following sense.

**Definition 4.** Let \( T_h \) be a triangulation of \( \Omega \subset \mathbb{R}^d \) (in practice, \( d = 2 \) or \( 3 \)) and let \( M \) be a macro-element in \( T_h \). We say that \( M \) can be split by an hyperplane \( \Pi \) if there exists two other macro-elements \( M_1 \) and \( M_2 \), composed of elements of \( T_h \), such that \( M_1 \cup M_2 = M \) and \( M_1 \cap M_2 \subset \Pi \).

**Definition 5.** A macro-element \( M \) of a mesh \( T_h \) is be said \( x \)-structured if \( M \) can be split by an hyperplane \( x = C \), for some \( C \in \mathbb{R} \). In other case, it is said \( x \)-unstructured.

Note that a \( x \)-structured macro-element can be split by a straight line (a plane, in the 3D case) which is orthogonal to the \( x \) axis. Similarly, a whole mesh \( T_h \) is said \( x \)-structured if it can be split by an hyperplane \( x = C \), \( C \in \mathbb{R} \). Analogue definitions can be provided for \( y \)-structured and \( z \)-structured macro-elements or meshes.
(a) Macroelement that can be split by a horizontal line (then, it is \(y\)-structured and \((P_{1,b}, P_1) - P_1\) is not regular in it).

(b) Macroelement with \(P_{1,b}\) degrees of freedom. It cannot be split by any straight line (it is \(x\)-unstructured and \(y\)-unstructured).

Figure 1: Bubble macroelements.

For example: (1) Figure 1a represents a 2D macro-element that can be split by an horizontal line (and not by a vertical line), then it is \(y\)-structured and \(x\)-unstructured. (2) The whole mesh in Figure 3 (i.e. all its vertex-centered macro-elements) is \(x\)-structured and \(y\)-structured. (3) The macro-element represented in Figure 1b cannot be split by any horizontal or vertical straight line, therefore it is \(x\)-unstructured and \(y\)-unstructured.

The following result relates the regularity in a macro-element with its structure. In fact, it states that, in those macro-elements which are unstructured in some direction, the bubble functions can be safely removed from the corresponding component of the velocity field. The theorem can also be interpreted as follows: the standard mini-element \((P_{1,b}, P_1, b) - P_1\) is “too rich” in those macro-elements which are unstructured in the \(x\) or \(y\) direction.

**Theorem 3.** Let \(\widehat{M}\) be a macro-element in a vertex-centered partition \(\widehat{M}_h\). Then:

1. The combination \((P_{1,b}, P_1) - P_1\) is regular in \(\widehat{M}\) (namely (13) holds for \(\widehat{M}\)) if and only if \(\widehat{M}\) is \(y\)-unstructured.

2. The combination \((P_1, P_{1,b}) - P_1\) is regular in \(\widehat{M}\) if and only if \(\widehat{M}\) is \(x\)-unstructured.

**Proof.** We show only the first statement, because the second one is symmetric.

Let \(\widehat{M} \in \widehat{M}_h\) be a macro-element with \(q_0\) its unique interior vertex. Let \(n_v = n_{v_0}\), \(q_i (i = 1, \ldots, n_v)\) the number of elements around \(q_0\) and \(r_i (i = 1, \ldots, n_v)\) the bubble degrees of freedom (barycenters of the triangles in \(\widehat{M}\)). If \(\widehat{M}\) is \(y\)-unstructured then there are not two vertices \(q_i\) and \(q_j\) in \(\widehat{M}\) horizontally aligned to \(q_0\). For each \(p_h \in N_{\widehat{M}}\), that is \(\int_{\widehat{M}}(\partial_x u_h + \partial_y v_h) p_h = 0\), let us denote the shape functions

\[
p_h|_{T_i} = a_i + b_ix + c_iy, \quad \forall T_i \in \widehat{M}.
\]

First let us choose \(v_h = 0\) and \(u_h \in U_{0,\widehat{M}}\) such that \(u_h = 1\) on a barycentre \(r_i\) and \(u_h = 0\) on all other degrees of freedom in \(\widehat{M}\) \((r_j, j = 1, \ldots, n_v, j \neq i\) and \(q_k, k = 0, \ldots, n_v\)), that is \(u_h\) is a bubble function on \(T_i\).
Then, 
\[
0 = \int_{\tilde{M}} (\partial_x u_h + \partial_y v_h) \, p_h = \int_{T_i} \partial_x u_h \, p_h = - \int_{T_i} u_h \, \partial_x p_h = - b_i \int_{T_i} u_h,
\]
hence 
\[
b_i = 0 \quad \forall \, i = 1, \ldots, n_v,
\]
in particular \( \partial_x p_h = 0 \) in \( \tilde{M} \). Now, imposing the continuity of \( p_h \) on \( q_0 \) and assuming, without loss of generality, \( q_0 = (0,0) \), it is straightforward that there exists \( a \in \mathbb{R} \) such that 
\[
a_1 = \ldots = a_{n_v} = a.
\]

On the other hand, imposing the continuity of \( p_h \) in the remaining vertices \( q_i = (q_i^x, q_i^y) \in \partial \tilde{M} \) the common vertex to \( T_i \) and \( T_{i+1} \) (denoting \( T_{n_v+1} = T_1 \)), one has: 
\[
q_i^y (c_{i+1} - c_i) = 0, \quad i = 1, \ldots, n_v,
\]
where (15) and (16) have been applied. Therefore if \( q_i^y \neq 0 \) for all \( i \), that is if there is no vertex horizontally aligned with \( q_0 \), then there exists \( c \in \mathbb{R} \) such that 
\[
c_1 = \ldots = c_{n_v} = c.
\]
This equality is also true when there is only one vertex horizontally aligned with \( q_0 \), because in (18) there is one equation plus than unknowns \( c_1, \ldots, c_{n_v} \).

Finally let us choose \( u_h = 0 \) and \( v_h \in V_{0, \tilde{M}} \) defined as \( v_h = 1 \) in \( q_0 \) and \( v_h = 0 \) in all other degrees of freedom \( (q_i, i = 1, \ldots, n_v) \). Applying the quadrature formula 
\[
\int_T f \, dx \, dy = \frac{|T|}{3} \sum_{i=1}^3 f(q_i^T)
\]
with \( q_i^T \) the vertices of \( T \), which is exact in \( P_1 \),
\[
0 = \int_{\tilde{M}} \partial_y v_h \, p_h = - \sum_{i=1}^{n_v} \int_{T_i} v_h \partial_y p_h = - \sum_{i=1}^{n_v} c_j \frac{|T_i|}{3}
\]
and considering (18) we conclude \( c_i = 0 \) for all \( i \). Consequently, \( p_h \) is constant on \( \tilde{M} \) and macro-element condition (13) holds.

Assume there are two other vertices horizontally aligned with \( q_0 = (0,0) \) (without loss of generality they are being indexed \( q_j \) and \( q_{n_v} \)). From (17) we only deduce:
\[
c_1 = c_2 = \ldots = c_j,
\]
\[
c_{j+1} = c_{j+2} = \ldots = c_{n_v},
\]
and in this case, for some \( c, \bar{c} \in \mathbb{R} \),
\[
\partial_y p_h(x,y) = \begin{cases} 
  c & \text{if } y > 0, \\
  \bar{c} & \text{if } y \leq 0.
\end{cases}
\]
We are going to use this idea to obtain a counterexample. Indeed, now \( \widehat{M} \) can be split into two disjoint regions: \( \widehat{M}^+ = \{(x, y) \in \widehat{M} / y > 0\} \) and \( \widehat{M}^- = \{(x, y) \in \widehat{M} / y < 0\} \), each of which can be written as union of triangles of \( \widehat{M} \) (see Figure 1b). For any parameters \( a \) and \( c \in \mathbb{R} \), let us define \( p_h \in P_3 \) as follows:

\[
p_h(x, y) = \begin{cases} 
    a - \frac{c}{|\widehat{M}^+|} y & \text{if } (x, y) \in \widehat{M}^+, \\
    a + \frac{c}{|\widehat{M}^-|} y & \text{if } (x, y) \in \widehat{M}^-,
\end{cases}
\]

where \( |R| \) denotes the area of a region \( R \subset \mathbb{R}^2 \). Every \( v_h \in V_{0,\widehat{M}} \) can be characterized as the \( P_1 \) basis function that is equal to \( \alpha = v_h(q_0) \) in the vertex \( q_0 \) and 0 in all other vertices in \( \widehat{M} \). Hence one has (applying the above mass-lumping quadrature formula):

\[
\int_{\widehat{M}} \partial_y v_h \, p_h = -\int_{\widehat{M}} v_h \, \partial_y p_h = \frac{c}{|\widehat{M}^+|} \int_{\widehat{M}^+} v_h - \frac{c}{|\widehat{M}^-|} \int_{\widehat{M}^-} v_h
\]

\[
= \frac{c}{|\widehat{M}^+|} \sum_{T \subset \widehat{M}^+} \frac{|T|}{3} \alpha - \frac{c}{|\widehat{M}^-|} \sum_{T \subset \widehat{M}^-} \frac{|T|}{3} \alpha = \frac{c}{3} \alpha - \frac{c}{3} \alpha = 0
\]

Then, taking into account that \( \partial_x p_h = 0 \), the equality \( \int_{\widehat{M}} (\partial_x u_h + \partial_y v_h) p_h = 0 \) is satisfied for all \( (u_h, v_h) \in U_{0,\widehat{M}} \times V_{0,\widehat{M}}, \) therefore (13) does not hold.

Now, we are interested in extending the local stability result of Theorem 3 to a global result for the whole \( T_h \). According to Theorem 1 and Lemma 2, in order to apply the macro-element theory for the particular family \( \widehat{M}_h \), it must be shown that macro-element regularity condition (13) holds for all \( \widehat{M} \in \widehat{M}_h \), namely for every macro-element in the families \( \widehat{E}_{d+1}, ..., \widehat{E}_N \). The drawback is that \( y \)-structured macro-elements are part of these families, and regularity condition is not satisfied by \( y \)-structured macro-elements, according to Theorem 3 (in the case of \( (P_{1,b}, P_1) - P_1 \)).

Note that even if a concrete mesh family, \( T_h \), is built where every \( \widehat{M} \) is \( y \)-unstructured (and then regularity condition (13) is satisfied for every \( \widehat{M} \)) one cannot apply Theorem 1 to conclude that inf-sup condition (5) holds. Indeed, in Theorem 1, \( M_h \) is composed of every of the equivalent macro-elements in the sense of Stenberg (Definition 2), independently of a concrete mesh family (and hence including \( y \)-structured macro-elements). In fact one could build an unstructured mesh family converging to a structured one, hence stability is not satisfied when \( h \to 0 \). Numerical test 7 shows an example related to this fact. The solution is consider meshes which are uniformly unstructured in the following sense.

Let \( \widehat{M}_h \) be a vertex-centered macro-element partition of a mesh \( T_h \). Let \( \widehat{M} \in \widehat{M}_h \), let \( q \) be its interior vertex and \( \{T_1, ..., T_n\} \) the elements of \( T_h \) contained in \( \widehat{M} \). For \( i = 1, ..., n - 1 \), we denote by \( \sigma_i \) the angle between the positive horizontal semi-axis from \( q \) and the common edge of the triangles \( T_i \) and \( T_{i+1} \) of \( \widehat{M} \). Similarly, \( \sigma_n \) is defined using the common edge of \( T_n \) and \( T_1 \).

**Definition 6.** A vertex-centered macro-element partition \( \widehat{M}_h \) is said uniformly \( y \)-unstructured if there exists \( \tilde{\alpha} > 0 \), independent of \( h \), such that \( |\sin(\sigma_i)| \geq \tilde{\alpha} \) for all \( i \in \{1, ..., n\} \) except, eventually, one \( i_0 \in \{1, ..., n\} \).

A uniformly \( x \)-unstructured partition is similarly defined (using \( |\cos(\sigma_i)| \)).
In particular, any uniformly \(y\)-unstructured macro-element partition is composed of \(y\)-unstructured macro-elements and therefore satisfies regularity condition (13) for \((P_{1,b}, P_1) - P_1\), according to local Theorem 3. Now we extend Theorem 3 to a global condition for the stability of \((P_{1,b} , P_1) - P_1\) in a 2D mesh \(T_h\). Its proof is based on a relaxation of Stenberg’s notion of macro-element equivalence while strengthening (respect to Theorem 1) the assumptions on \(T_h\).

**Definition 7.** A mesh (family) \(T_h\) is said uniformly \(y\)-unstructured (\(x\)-unstructured) if it can be covered by a uniformly \(y\)-unstructured (\(x\)-unstructured) vertex-centered macro-element partition \(\hat{M}_h\).

**Remark 1.** For instance, Figure 2 shows a mesh \(T_h\) which is \(y\)-unstructured (i.e. composed by \(y\)-unstructured \(\hat{M} \in \hat{M}_h\), in particular one has regularity of \((P_{1,b}, P_1) - P_1\) in every \(\hat{M}\)). Indeed, \(|\sin(\sigma_i)| \geq \sin(\pi/4) > 0\) for all \(\sigma_i\) in every \(\hat{M} \in \hat{M}_h\). If mesh family \(T_h\) preserves this structure when \(h\) vanishes, it is uniformly \(y\)-unstructured.

**Theorem 4 (Global stability of \((P_{1,b}, P_1) - P_1\) and \((P_{1,b} , P_1) - P_1\)).** Let us consider a triangulation \(T_h\) of a domain \(\Omega \subset \mathbb{R}^2\) satisfying Assumption 1.

1. If \(T_h\) is uniformly \(y\)-unstructured, then inf-sup condition (6) holds for \((P_{1,b}, P_1) - P_1\) elements.

2. If \(T_h\) is uniformly \(x\)-unstructured, then inf-sup condition (6) holds for \((P_{1,b} , P_1) - P_1\) elements.

**Proof.** Let us focus on the first case. It is sufficient to follow the macro-element theory as appears in [16], for the particular case where \(T_h\) is a uniformly \(y\)-unstructured mesh and \(\hat{M}_h\) is a uniform vertex-centered macro-element partition, with constant \(\hat{\alpha}\) independent of \(h\).

The key is in Lemma 3.2 of [16], whose proof still holds if, instead of equivalent macro-elements (in the sense of Stenberg), we consider for each \(n = d + 1, ..., N\) the following “\(\hat{\alpha}\)-uniform and \(y\)-unstructured” equivalence relation (whose equivalence classes will be denoted by \(\hat{E}_{n, \hat{\alpha}}\)): \(\hat{M}^*\) and \(\hat{M}\) are equivalent if the following conditions are fulfilled:

a) Both \(\hat{M}^*\) and \(\hat{M}\) are in \(\hat{E}_n\) (in particular, they are equivalent in the sense of Stenberg).

b) \(\hat{M}^*\) and \(\hat{M}\) are uniformly \(y\)-unstructured with constant \(\hat{\alpha}\).

Specifically, in Lemma 3.2 of [16], let us fix \(\mathcal{E} = \hat{E}_{n, \hat{\alpha}}\). Its proof can be followed line by line, under the following considerations:
1. Every $M \in \hat{\mathcal{E}}_{n,\hat{\alpha}}$ is $y$–unstructured, therefore Theorem 3 yields $\beta_M > 0$, where (using or notation)

$$
\beta_M = \min_{p_h \in \mathcal{P}_M} \max_{\|w_h\|_{1,M} = 1} (\nabla \cdot w_h, p_h)
$$

2. The function $\beta_M = \beta_M(x^1, ..., x^k)$, where $x^i$ are the vertices of $M$, remains a continuous function.

3. For any macro-element $M$, let $X(M)$ be the set of coordinates of $x^i$ (considered as points $X \in \mathbb{R}^{dk}$). Then

$$
\{X(M) / M \in \hat{\mathcal{E}}_{n,\hat{\alpha}}\} \subset \{X(M) / M \in \hat{\mathcal{E}}_n\}.
$$

Following the proof of Lemma 3.2 of [16], one has that the set on the right hand side is compact. Since the set on left is closed, one can conclude the proof with $\beta_M \geq \beta_{n,\hat{\alpha}} > 0$. Since $n < N$ and $\hat{\alpha}$ if fixed, we have an uniform bound.

**Remark 2.** Starting from discrete inf-sup condition (6), error estimates analysis of mixed formulations can be applied [6], obtaining

$$
\|w - w_h\|_{H^1} + \|p - p_h\|_{L^2} \leq C h \quad \text{and} \quad \|w - w_h\|_{L^2} \leq C h^2,
$$

where $C > 0$ depends on the $H^2 \times H^1$ norm of $(w, p)$. It is well-known that second inequality of (20) is based on a duality argument which requires an assumption on the domain (regularity or convexity). Numerical test 3 confirms these statements.

**Example 1.** It can be demonstrated that in meshes having a strong structure (where every $M \in \hat{\mathcal{M}}_h$ is $x$–structured and $y$–structured) LBB condition (6) does not hold for $(\mathcal{P}_{1,b}, \mathcal{P}_1) - \mathcal{P}_1$ FE. For example, let $\mathcal{T}_h$ be the mesh of Figure 3. We are going to show that there exists a family of non null pressures $p_h \in \mathcal{P}_h$ satisfying

$$
\int_{\Omega} \nabla \cdot (u_h, v_h) p_h = 0 \quad \forall u_h \in \mathcal{U}_h \text{ and } v_h \in \mathcal{V}_h,
$$

hence the discrete Stokes inf-sup condition (6) does not hold for $(\mathcal{P}_{1,b}, \mathcal{P}_1) - \mathcal{P}_1$ elements.
Let \( x_0, x_1, ..., x_k \in \mathbb{R} \) and \( y_0, y_1, ..., y_l \in \mathbb{R} \) be two uniform partitions of two generic intervals \([a, b], [c, d]\) and let \( T_h \) be the resulting structured mesh in the rectangle \([a, b] \times [c, d]\), with \( l \) vertical layers, \( L_i = (y_{i-1}, y_i) \), \( i = 1, ..., l \). As suggested by the proof of Theorem 3, let us choose two parameters \( \tilde{a}, \tilde{c} \in \mathbb{R} \), \( \tilde{c} \neq 0 \) and consider

\[
    p_h(x, y) = \tilde{a} + (-1)^j \tilde{c} (y - r_i) \quad \text{if } (x, y) \in L_i, \quad \text{for some } r_i \in \mathbb{R}.
\]

It is straightforward to test that the condition \( p_h \in C^0(\overline{\Omega}) \) can be satisfied selecting \( r_i = (y_{i-1} + y_i)/2 \) and, in this case, if \( \tilde{a} = 0 \) then \( p_h \in \mathcal{P}_h \) because \( \int_{\Omega} p_h = 0 \). Figure 3 shows a particular case, with \( \tilde{c} = 1 \).

Let \( q_j \) and \( \phi_j \), \( j = 1, ..., N = (k - 1)(l - 1) \) be respectively the vertices in the interior of \( T_h \) and the associated \( \mathcal{P}_1 \) basis functions. As \( \partial_x p_h = 0 \), if \((u_h, v_h) \in U_h \times V_h \) then

\[
    \int_{\Omega} \nabla \cdot (u_h, v_h)p_h = -\int_{\Omega} v_h \partial_y p_h = \sum_{j=1}^{N} a_j \int_{\Omega} \phi_j \partial_y p_h
\]

for some \( a_j \in \mathbb{R} \). For all \( j = 1, ..., N \), let \( T_{i_j} \) (\( i = 1, \ldots, 6 \)) be the triangles adjacent to the interior vertex \( q_j \), forming a macro-element like in Figure 3. Without loss of generality, we can suppose that \( T_{1j}, T_{2j} \) and \( T_{3j} \) are laying in an even layer, \( T_{4j}, T_{5j} \) and \( T_{6j} \) in an odd one and \( |T_{ij}| = 1 \) for all \( i \). Then,

\[
    \int_{\Omega} \phi_j \partial_y p_h = \sum_{i=1}^{3} \tilde{c} \int_{T_{ij}} \phi_j - \sum_{i=4}^{6} \tilde{c} \int_{T_{ij}} \phi_j = \frac{\tilde{c}}{3} \left( \sum_{i=1}^{3} |T_{ij}| - \sum_{i=4}^{6} |T_{ij}| \right) = 0.
\]

Therefore \( \int_{\Omega} \phi_j \partial_y p_h = 0 \) for all \( j = 1, ..., N \) and (21) holds.

This example is also valid to prove that \((\mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1 \) is not stable in structured meshes.

**Remark 3.** Theorem 4 provides a sufficient but not necessary condition for the (global) stability of \((\mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1 \) (and \((\mathcal{P}_{1,b}, \mathcal{P}_1) - \mathcal{P}_1 \)). Indeed some other (not vertex-centered) macro-element families may also conduce to stability.

In order to ensure that \( T_h \) is uniformly \( x \)-unstructured (and therefore \((\mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1 \) is stable), the following mesh post-processing algorithm may be applied (similarly for \((\mathcal{P}_{1,b}, \mathcal{P}_1) - \mathcal{P}_1 \) in \( y \)-unstructured meshes):

**Algorithm 1.**

- Fix a horizontal “unstructuring factor” \( r \in (0, 1) \) and define \( h_r = r \cdot h \), where \( h \) is the mesh size. For instance, \( r = 0.15 \) in our experiments. If \( r \) is too small, mesh might not be unstructured enough and if \( r \) is too big, mesh is too deformed.

- For each interior vertex, \( q_0 \), let \( \tilde{M}_{q_0} \) be the macro element centered in \( q_0 \) and let \( q_1, ..., q_{n_v} \) be the other vertices in \( \tilde{M}_{q_0} \). We denote \( q_i = (q_i^x, q_i^y) \) its coordinates.

  - For each \( i = 1, ..., n_v \), let \( d_i = q_i^x - q_0^x \). If \( |d_i| < h_r \) (i.e. the edge \( q_0q_i \) is “almost vertical”) then:

    * For each \( j = i + 1, ..., n_v \), if \( |q_j^x - q_0^x| < h_r \) (then \( \tilde{M}_{q_0} \) is “almost \( x \)-structured”):

      - If \( d_i > 0 \):

        \[
        q_0^x = q_0^x - (h_r - d_i), \quad \text{(move } q_0 \text{ to the left)}
        \]
Let us define
\[ q_0^i = q_0^i + (h_r + d_i), \quad \text{(move } q_0 \text{ to the right)}. \]

See numerical test 4 for a practical experiment. Note that this algorithm ensures that the resulting mesh is uniformly \(x\)-unstructured. Indeed, if for some \(\hat{M}_{q_0}\) one has two edges, \(q_0q_i\) and \(q_0q_j\), “almost vertical”, \(q_0\) is displaced and then \(|q_0^i - q_0^j| = h_r\). In consequence, \(\hat{M}_{q_0}\) and also \(\hat{M}_q\), (if \(q_i\) is an interior vertex) are \(x\)-unstructured. Note that, in particular, \(q_i\) shall not be displaced in following iterations and thus \(\hat{M}_{q_0}\) remains \(x\)-unstructured.

3.2. The 3D case

Results obtained in Section 3.1 are now generalized to 3D domains. Specifically, we aboard the stability of the FE spaces which arise when one (or two) of the three components of a \(P_1\) continuous approximation of velocity field is enriched with a bubble per element. Thus Theorem 3 is extended to the 3D in two ways, depending on whether two or one of the components are enriched.

First possibility: \((P_1, P_{1,b}, P_{1,b}) - P_1\)

First we focus on the approximation of the discrete Stokes equations (4)–(5) in the velocity space \(W_h = U_h \times V_h\), being \(U_h\) a \(P_1\) (continuous) space and \(V_h\) the product of two \(P_{1,b}\) (continuous) spaces, \(V_1 \times V_2\). Also \(P_h\) is taken as a \(P_1\) continuous space, as defined in (12).

Let \(T_h\) be a 3D mesh composed of tetrahedrons, denoted as \(K_i\), satisfying Assumption 1 and let \(\hat{M}_h\) be the associated 3D vertex-centered macro-element partition. Let \(W_{0,M}\) be the space of functions \(w_h = (u_h, v_h^1, v_h^2) \in H^1_0(M)^3 \cap C^0(\hat{M})^3\) such that \(u_h\) is a \(P_1\) function in each \(K \subset M\) while \(v_h^1, v_h^2\) are \(P_{1,b}\) functions and let \(P_M\) be the space of \(P_1\) continuous functions in each tetrahedron of \(M\). Due to Theorem 1 and Lemma 2, a sufficient condition for the stability of \((P_1, P_{1,b}, P_{1,b}) - P_1\) in \(T_h\) is the following 3D condition of regularity in macro-elements, for all \(\hat{M} \in \hat{M}_h\):

\[
\text{The set } N_{\hat{M}} = \left\{ p_h \in P_{\hat{M}} / \int_{\hat{M}} p_h \nabla \cdot w_h = 0, \ \forall w_h \in W_{0,\hat{M}} \right\} \tag{23}
\]

only consists of the functions which are constant on \(\hat{M}\).

Next we are going to prove the following local regularity result, which constitutes a 3D version of Theorem 3.

**Theorem 5.** Let \(\hat{M}\) be a macro-element in a vertex-centered partition \(\hat{M}_h\). Then the combination \((P_1, P_{1,b}, P_{1,b}) - P_1\) is regular in \(\hat{M}\) if and only if \(\hat{M}\) is \(x\)-unstructured. The cases \((P_{1,b}, P_1, P_{1,b}) - P_1\) and \((P_{1,b}, P_{1,b}, P_1) - P_1\) are symmetric.

**Proof.**

\(\Rightarrow\) Let us define \(p_h \in N_{\hat{M}}\) with \(p_h|_{K_i} = a_i + b_ix + c_iy + d_iz\), for each \(K_i \subset \hat{M}\). Let \(q_r, r = 1, \ldots, n_v\), be the vertices on \(\partial \hat{M}\), let \(q_0\) the only vertex in the interior of \(\hat{M}\) and let \(q_i, i = 1, \ldots, n_K\) be the bubble degrees of freedom (where \(n_K\) is the number of tetrahedrons in \(\hat{M}\)).
If we choose $u_h = 0$, $v_h^2 = 0$ and $v_h^1$ is equal to 1 in the barycentre of a tetrahedron $K_i$ while is 0 in all other degrees of freedom, we have

$$0 = \int_M \partial_y v_h^1 p_h = -\int_M v_h^1 \partial_y p_h = -c_i \int_{K_i} v_h^1.$$  

Then $c_i = 0$ for all $i = 1, \ldots, n_K$. Interchanging the roles of $v_h^1$ and $v_h^2$, we also deduce $d_i = 0$ for all $i = 1, \ldots, n_K$. Therefore, $p_h|_{K_i} = a_i + b_i x$.

Now, supposing that $q_0 = (0, 0, 0)$ and applying the continuity of $p_h$ in $q_0$, we conclude that exists $a \in \mathbb{R}$ such that $a_1 = \ldots = a_{n_K} = a$. Then, if $T_{ij}$ denotes the (triangular) face common to two tetrahedrons, $K_i$ and $K_j$, the continuity of $p_h$ in $T_{ij}$ implies

$$\begin{cases}
x_1(b_i - b_j) = 0, \\
x_2(b_i - b_j) = 0,
\end{cases}$$

where $x_1$ and $x_2$ are the respective $x$ coordinates of the two vertices which, besides $q_0$, define $T_{ij}$.

For every $i$ and $j$ such that the face $T_{ij}$ is not included in the plane $x = 0$, then $x_1$ or $x_2$ is not zero, hence $b_i = b_j$. On the other hand, by hypothesis, there is no plane $x = C$ whose intersection with $\hat{M}$ is formed by faces of tetrahedrons. Then any two tetrahedrons $K_i$ and $K_j$ in $\hat{M}$ can be connected by a chain of faces satisfying the property of not inclusion in the plane $x = 0$, hence $b_i = b_j = b$ for all $i, j = 1, \ldots, n_K$, for some $b \in \mathbb{R}$, and $p_h = a + bx$.

It remains to prove $b = 0$. Let us choose $v_h^1 = v_h^2 = 0$ and $u_h$ equal to 1 in $q_0$ and 0 in all other vertices. Then

$$0 = \int_M \partial_x u_h p_h = -\int_M u_h \partial_x p_h = -b \int_M u_h,$$

hence $b = 0$, what means $p$ is constant on $\hat{M}$ and the macro-element condition (23) holds.

[\square] For the reciprocal implication, we use a reduction to absurdity argument. Let $\hat{M} \in M_h$ with $q_0 = (0, 0, 0)$ its only interior vertex and let us suppose that $\hat{M}$ can be split by the plane $x = 0$.

Let $\hat{M}^+ = \{(x, y, z) \in \hat{M} / x > 0\}$ and $\hat{M}^- = \{(x, y, z) \in \hat{M} / x < 0\}$ and, for any parameters $a$ and $b \in \mathbb{R}$, $b \neq 0$, let us consider the family of (not constant) pressures of $P_{\hat{M}}$:

$$p_h(x, y, z) = \begin{cases}
a - \frac{b}{|\hat{M}^-|} x & \text{if } x \leq 0, \\
\frac{b}{|\hat{M}^+|} x & \text{if } x > 0.
\end{cases}$$

Reasoning like in the proof of Theorem 3, it is not difficult to show that any $p_h$ in this family satisfies $\int_{\hat{M}} p_h \nabla \cdot w_h = 0$ for all $w_h$ in $W_{0,\hat{M}}$, hence $(P_1, P_{1,b}, P_{1,b}) - P_1$ is not regular in $\hat{M}$. \hfill \square

Remark 4. Theorem 5 can be applied (owing to Theorem 1 and Lemma 2) in order to provide a sufficient condition for the stability of $(P_1, P_{1,b}, P_{1,b}) - P_1$ in uniformly unstructured 3D meshes. Indeed, a global result similar to Theorem 4 can be enounced, including also the cases $(P_{1,b}, P_1, P_{1,b}) - P_1$ and $(P_{1,b}, P_1, P_{1}) - P_1$. 

15
Finally, as commented in Remark 2, our numerical experiments suggest stability in usual unstructured meshes. In any case, Algorithm 1 can be generalized and applied for ensure stability. Error estimates (20) can be extended to this 3D case.

Second possibility: \((\mathcal{P}_1, \mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1\)

Next, two components of the velocity field are being left without enrichment, while the remaining component is enriched with bubbles. To simplify our exposition, we focus on the case where bubbles are added “in the vertical direction”, but not “in horizontal directions”. Namely additional bubbles are inserted in the \(z\) component of velocity, but not in \(x\) or \(y\) components, obtaining \((\mathcal{P}_1, \mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1\) FE (the other cases \((\mathcal{P}_{1,b}, \mathcal{P}_1, \mathcal{P}_1) - \mathcal{P}_1\) and \((\mathcal{P}_1, \mathcal{P}_{1,b}, \mathcal{P}_1) - \mathcal{P}_1\) are symmetric).

Generalizing the 2D case, the idea that we are going to formalize is: \((\mathcal{P}_1, \mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1\) is stable in macro-elements which are unstructured in directions \((x, y)\). Namely, macro-elements which cannot be split by planes (more specifically semi-planes, see Theorem 8) with equations \(ax + by + c = 0\) (orthogonal to the horizontal plane \(z = 0\)). That is, the key is: **vertical semi-planes.**

Let \(T_h\) be a 3D mesh which is composed of tetrahedrons and satisfies Assumption 1. Let us consider \(W_h = \mathbf{U}_h \times V_h\), were \(\mathbf{U}_h\) is the product of two \(\mathcal{P}_1\) (continuous) spaces, \(U_1\) and \(U_2\), while \(V_h\) is a \(\mathcal{P}_{1,b}\) (continuous) space. Again, the macro-element regularity condition (23) is sufficient for the regularity of \((\mathcal{P}_1, \mathcal{P}_1, \mathcal{P}_{1,b}) - \mathcal{P}_1\) in any macro-element \(\hat{M} \in \hat{\mathcal{M}}_h\) where, in this case, \(\mathbf{W}_{0,\hat{M}}\) is the space of functions \(w_h = (u_h^1, u_h^2, v_h) \in H^1_0(\hat{M})^3 \cap C^0(\hat{M})^3\) such that \(u_h^1\) and \(u_h^2\) are \(\mathcal{P}_1\) while \(v_h\) is \(\mathcal{P}_{1,b}\). The following geometrical results are going to be useful:

**Lemma 6.** Let \(\Pi\) a plane containing a triangle, \(T\), whose vertices are \(q_0 = (x_0, y_0, z_0)\), \(q_1 = (x_1, y_1, z_1)\) and \(q_2 = (x_2, y_2, z_2)\). Then \(\Pi\) is orthogonal to the plane \(z = 0\) if and only if

\[
\begin{vmatrix}
    x_1 - x_0 & y_1 - y_0 \\
    x_2 - x_0 & y_2 - y_0
\end{vmatrix} = 0.
\]  

**Proof.** If \(\Pi\) is a plane containing the triangle \(T\), then it is defined by \(q_0\) and the vectors \(v_1 = (x_1 - x_0, y_1 - y_0, z_1 - z_0)\) and \(v_1 = (x_2 - x_0, y_2 - y_0, z_2 - z_0)\). Then, \(\Pi\) is orthogonal to the plane \(z = 0\) if and only if the normal vector, \((0, 0, 1)\), to the plane \(z = 0\) is a linear combination of \(v_1\) and \(v_2\), that is

\[
\begin{vmatrix}
    0 & 0 & 1 \\
    x_1 - x_0 & y_1 - y_0 & z_1 - z_0 \\
    x_2 - x_0 & y_2 - y_0 & z_2 - z_0
\end{vmatrix} = 0,
\]

and this equation is equivalent to (24). 

**Lemma 7.** Let \(\hat{M} \in \hat{\mathcal{M}}_h\). Let \(M’ = K_1 \cup \ldots \cup K_n\), where \(K_1, \ldots, K_n\) are tetrahedrons contained in \(\hat{M}\) which are connected by a chain of (triangular) faces which are not orthogonal to the plane \(z = 0\) (namely, not vertical faces). If \(p_h \in N_{\hat{M}}\), there exists \(a, b’, c’ \in \mathbb{R}\) (with \(a\) independent on \(M’\)) such that \(p_h|_{M’} = a + b’x + c’y\).
Proof. Let $p_h \in N_{\widehat{M}}$, with $p|_{K_i} = a_i + b_i x + c_i y + d_i z$ in each tetrahedron $K_i$. We can consider $v_h = 1$ in the barycentre of $K_i$ and $v_h = 0$ in all other degrees of freedom, while $u_h^1 = u_h^2 = 0$ in $\widehat{M}$. Similarly to the proof of Theorem 5, we get $d_i = 0$ for all $i = 1, ..., n_K$. Supposing, without loss of generality, that the common vertex in $\widehat{M}$ is $q_0 = (0, 0, 0)$ and using the continuity of $p_h$ in $q_0$ we have $a_1 = ... = a_{n_K} = a$, for some $a \in \mathbb{R}$, then

$$p|_{K_i} = a + b_i x + c_i y, \quad \forall i = 1, ..., n_K.$$

If $T_{ij}$ is the common face of two tetrahedrons $K_i$ and $K_j$, and $q_1 = (x_1, y_1, z_1)$, $q_2 = (x_2, y_2, z_2)$ are, besides $q_0$, its vertices, the continuity of $p_h$ in $T_{ij}$ is equivalent to

$$\begin{cases} x_1 (b_i - b_j) + y_1 (c_i - c_j) = 0, \\ x_2 (b_i - b_j) + y_2 (c_i - c_j) = 0. \end{cases}$$

If $T_{ij}$ is not vertical, from Lemma 6 (with $x_0 = y_0 = 0$)

$${}\begin{vmatrix} x_1 & y_1 \\ x_2 & y_2 \end{vmatrix} \neq 0$$

and then

$$b_i - b_j = 0 \quad \text{and} \quad c_i - c_j = 0.$$

Finally, if the tetrahedrons $K_1, ..., K_n$ can be connected through a chain of faces, $T_{1,2}, T_{2,3}, ..., T_{n-1,n}$, that are not orthogonal to the plane $z = 0$, then $b_1 = b_2 = ... = b_n = b'$ and $c_1 = c_2 = ... = c_n = c'$, for some $b', c' \in \mathbb{R}$. \qed

For the following result, we use the concept of splitting a macro-element by a set of semi-planes. This splitting concept can be defined in the sense of Definition 4.

**Theorem 8.** Let $\widehat{M} \in \widehat{M}_{h}$ with one only interior vertex, $q_0$. Let $r_0$ be the vertical straight line through $q_0$ and let $F$ be the family of the (vertical) semi-planes bounded by $r_0$.

1. If $\widehat{M}$ cannot be split by semi-planes of $F$, then $(P_1, P_1, P_{1b}) - P_1$ is regular in $\widehat{M}$.

2. If $\widehat{M}$ can be split by only two semi-planes of $F$, then $(P_1, P_1, P_{1b}) - P_1$ is regular in $\widehat{M}$ if and only if these two semi-planes are not aligned (i.e. they do not form a vertical plane splitting $\widehat{M}$).

3. If $\widehat{M}$ can be split by more than two semi-planes of $F$, then $(P_1, P_1, P_{1b}) - P_1$ is not regular in $\widehat{M}$.

**Proof.** Let $p_h \in N_{\widehat{M}}$ with $p_h|_{T_i} = a_i + b_i x + c_i y + d_i z$, $i = 1, ..., n_K$. Without loss of generality, we can assume $q_0 = (0, 0, 0)$. Then, by continuity in $q_0$, $a_1 = ... = a_n$. Let us choose $u_h^2 = v_h = 0$ in $\widehat{M}$ while $u_h^1$ is equal to 1 in $q_0$ and 0 in all other degrees of freedom. Using the quadrature formula defined in the vertices of tetrahedrons (exact in $P_1$), the following condition is satisfied:

$$0 = \int_{\widehat{M}} \partial_x u_h^1 p_h = - \sum_{i=1}^{n_K} |K_i| b_i. \quad (25)$$
Applying the same argument to \( u^1_h = v_h = 0 \) while \( u^2_h \) is equal to 1 in \( q_0 \) and 0 in all other degrees of freedom:

\[
0 = \int_{\hat{M}} \partial_y u^2_h \, p_h = -\sum_{i=1}^{n_k} |K_i| c_i. \tag{26}
\]

1. Since \( \hat{M} \) cannot be split by semi-planes of \( \mathcal{F} \), then any two tetrahedrons of \( \hat{M} \) can be connected by a chain of not vertical faces. Applying Lemma 7 to \( M' = \hat{M} \), one has that \( p_h \) can be written as \( p_h = a + bx + cy \). Then, taking into account (25) and (26), \( b = 0 \) and \( c = 0 \), hence \( p \) is constant on \( \hat{M} \) and the macro-element condition (23) holds.

2. If \( \hat{M} \) can be split only by two semi-planes, \( \Pi_1 \) and \( \Pi_2 \) of \( \mathcal{F} \) into two regions \( M'_1 \) and \( M'_2 \) then (according to Lemma 7), there exist \( b_1, c_1, b_2, c_2 \in \mathbb{R} \) such that

\[
p_h|_{M'_1} = a + b_1x + c_1y,
\]

\[
p_h|_{M'_2} = a + b_2x + c_2y.
\]

Let \( q_0 = (0, 0, 0) \), \( q_1 = (x_1, y_1, z_1) \) and \( q_2 = (x_2, y_2, z_1) \) be the vertices of an interior vertical face \( T \subset \Pi_1 \). The continuity of \( p_h \) in \( T \) means:

\[
x_1(b_1 - b_2) + y_1(c_1 - c_2) = 0, \tag{27}
\]

\[
x_2(b_1 - b_2) + y_2(c_1 - c_2) = 0. \tag{28}
\]

But, according to Lemma 6,

\[
\begin{vmatrix}
  x_1 & y_1 \\
  x_2 & y_2 \\
\end{vmatrix} = 0,
\]

then (27) and (28) are reduced to one only equation, e.g. (28).

Similarly, if \( q_0 = (0, 0, 0) \), \( \tilde{q}_1 = (\tilde{x}_1, \tilde{y}_1, \tilde{z}_1) \) and \( \tilde{q}_2 = (\tilde{x}_2, \tilde{y}_2, \tilde{z}_1) \) are the vertices of an interior vertical face \( \tilde{T} \subset \Pi_2 \), one only equation is obtained from the continuity of \( p_h \) in \( \tilde{T} \):

\[
\tilde{x}_1(b_1 - b_2) + \tilde{y}_2(c_1 - c_2) = 0. \tag{29}
\]

\[\iff\] If the vertical semi-planes \( \Pi_1 \) and \( \Pi_2 \) are not aligned then the projections of \( (x_1, y_1, z_1) \in \Pi_1 \) and \( (\tilde{x}_1, \tilde{y}_1, \tilde{z}_1) \in \Pi_2 \) in \( z = 0 \) are not aligned, that is:

\[
\begin{vmatrix}
  x_1 & y_1 \\
  \tilde{x}_1 & \tilde{y}_2 \\
\end{vmatrix} \neq 0.
\]

Hence, from (28)–(29), \( b_1 = b_2 \) and \( c_1 = c_2 \). Using (25)–(26), we conclude \( b_1 = b_2 = c_1 = c_2 = 0 \), and \( p_h = a \) in \( \hat{M} \).

\[\implies\] If \( \Pi_1 \) and \( \Pi_2 \) are aligned, (28) and (29) are reduced to one only equation which is not enough to conclude \( b_1 = b_2 = c_1 = c_2 = 0 \). In fact, counterexamples of not constant pressures of \( \mathcal{N}_{\hat{M}} \) satisfying \( b_1 \neq b_2 \) or \( c_1 \neq c_2 \), can be obtained similarly to the counterexample given in the proof of Theorem 5.
\[ (a) \ (P_{1,b}, P_{1,b}) - P_1. \]
\[ (b) \ (P_{1,b}, P_1) - P_1. \]
\[ (c) \ (P_1, P_{1,b}) - P_1. \]

Figure 4: Pressure contour plots in a \( y \)-unstructured mesh (lid-driven cavity test).

3. Let \( M_1', ..., M_n' \) be regions resulting from splitting \( \tilde{M} \) by \( n \) semi-planes \( (n > 2), \Pi_1, ..., \Pi_n \) of \( \mathcal{F} \). Arguing as in the previous case one has that, for each \( i = 1, ..., n \), \( p_h|_{M'_i} = a + b_i x + c_i y \) and the continuity of \( p_h \) in \( \Pi_i \) can be reduced to one only equation:

\[ x_i (b_i - b_{i+1}) + y_i (c_i - c_{i+1}) = 0, \]

where \( q_i = (x_i, y_i, z_i) \in \Pi_i \). Therefore, we have at most \( n \) independent equations with \( 2n \) unknowns, \( b_i \) and \( c_i \). Since \( n > 2 \), the equations (25) and (26) are not enough to conclude \( b_i = c_i = 0 \) for all \( i = 1, ..., n \), because we have at most \( n + 2 \) independent equations but \( 2n \) unknowns (and \( n + 2 < 2n \) if \( n > 2 \)).}

\[ \Box \]

**Remark 5.** Using Theorem 1 and Lemma 2, the macro-element regularity result given in Theorem 8 can be used as a sufficient condition assuring the stability of \( (P_{1,b}, P_{1,b}) - P_1 \) in 3D meshes that are uniformly \( z \)-unstructured, in the sense of meshes which uniformly do not present a local structure like the one discussed in Theorem 8 (splitting by vertical semi-planes). In practice, one can hope that the unstructured 3D meshes obtained with usual software tools present this property but, in any case, mesh may be tested and eventually slightly modified (via a generalization of Algorithm 1) for ensuring stability.

\[ \Box \]

3.3. Numerical simulations

Some computational simulations are provided, which agree with the numerical analysis of previous sections.

**Test 1 (\( (P_{1,b}, P_1) - P_1 \) and the cavity test in a \( x \)-structured and \( y \)-unstructured mesh).** As first numerical test we have chosen, in the unit square \( \Omega = (0,1)^2 \), a \( x \)-structured and \( y \)-unstructured mesh like the one shown in Figure 2, where the stability of \( (P_{1,b}, P_1) - P_1 \) is guaranteed (see Remark 1). We have approximated the solution of the Stokes problem (1)–(3) with Dirichlet conditions \( u = 1 \) on the top boundary, \( u = 0 \) on the rest of \( \partial \Omega \) and \( v = 0 \) on all \( \partial \Omega \).
Figure 5: ($P_{1,b}, P_1$) – $P_1$ elements in a unstructured mesh.

For the practical implementation, that specific mesh is generated (with 15 x 15 edges, i.e. $h \approx 0.666$) by a script programmed using the Python language, which generates a mesh file using the format of the mesh generator Gmsh [8]. This file is imported by the Stokes solver, which has been programmed using the FEniCS FE suite [13], taking advantage of the facilities offered by this tool for setting the boundary conditions on this specific mesh.

The program has been run for three choices: ($P_{1,b}, P_1$) – $P_1$, ($P_1, P_{1,b}$) – $P_1$ and ($P_1, P_1, b$) – $P_1$. As expected, the last case presents the worst behaviour for the pressure, suggesting the instability of ($P_1, P_{1,b}$) – $P_1$ in these x-structured meshes (Figure 4c). On the other hand, the results for ($P_1, P_{1,b}$) – $P_1$ are similar to the mini-element ($P_{1,b}, P_1, b$) – $P_1$ (Figures 4b and 4a, respectively), as expected from the stability of ($P_1, P_{1,b}$) – $P_1$ in y-unstructured meshes.

Notice that in this test (and in the next ones below) the Stokes mixed scheme (4)-(5) has been slightly altered by introducing a standard pressure penalization in the divergence equation:

$$\int_\Omega (\partial_x u + \partial_y v) p + \varepsilon \int_\Omega p^2 = 0, \quad \forall p \in P_h,$$

where $\varepsilon$ is a small penalization parameter (in this example, we have selected $\varepsilon = 10^{-10}$). With this approximation, the condition $\int_\Omega p = 0$ is satisfied implicitly (we obtain $\int_\Omega p = -5.12 \cdot 10^{-8}$) and hence it is no longer necessary to include it in the definition of $P_h$. Then, we can take $P_h = \{ p_h \in C^0(\bar{\Omega}) / p|_T \in P_1, \quad \forall T \in \mathcal{T}_h \}$.

**Test 2 ($P_{1,b}, P_1$ and the cavity test).** As the second numerical test, the 2D Stokes problem (1)-(3) has been solved in the squared domain $\Omega = (0, 1)^2 \subset \mathbb{R}^2$, using ($P_{1,b}, P_1$) – $P_1$ FE in two different meshes: an unstructured mesh with 3,792 triangles (built with 20 edges on each boundary segment, see Figure 5a) and a structured mesh with the same number of boundary edges (Figure 6a). Then, in both cases $h \approx 1/20$.

We have fixed the Neumann condition $\nu \frac{\partial u}{\partial z} = 1$ on the top boundary, while $u = 0$ on the rest of $\partial \Omega$ and $v = 0$ on all $\partial \Omega$. In this case, the practical implementation has been developed in FreeFem++ [11].

In both simulations (unstructured and structured mesh) the velocity field present similar behavior (Figures 5b and 6b). But the pressure unknown, that is correct in the unstructured case (Figure 5c), presents...
clear non-physical oscillations in the unstructured one (Figure 6c) which has a somewhat “checker-board”
structure similar to classical unstable approximations of Stokes problem [9]. Hence this experiment confirm
that $(P_1,b,P_1) - P_1$ is stable in meshes which cannot be split by any horizontal segment, as predicted by the
$2D$ numerical analysis developed in Section 3.1.

**Test 3** ($(P_1,b,P_1) - P_1$ and error orders). Thirdly, to give an estimate of the convergence orders, we have
considered a $2D$ example in $\Omega = (0,1)^2$ whose exact solution is:

\begin{align}
  u(x,y) &= \cos(2\pi x)\sin(2\pi y) - \sin(2\pi y), \\
  v(x,y) &= -u(y,x), \\
  p(x,y) &= 2\pi(\cos(2\pi y) - \cos(2\pi x)).
\end{align}

Equations (30) and (31).

Note that $\partial_x u + \partial_y v = 0$, $(u,v)|_{\partial \Omega} = 0$ and $\int_{\Omega} p = 0$. The external force $f$, is calculated so that the momentum
equation (1) holds.
The problem has been solved in some unstructured meshes (recall that the theory predicts instability of $(P_{1,b}, P_1) - P_1$ in structured meshes), with $h \simeq 2^{-2}, 2^{-3}, \ldots, 2^{-8}$. The absolute errors obtained have been plotted in Figure 7a, while Table 1 shows the values of the convergence orders associated to those errors, which are calculated as $\log(e_{h_2}/e_{h_1})/\log(h_2/h_1)$, when $h_1 < h_2$ travel through the different mesh sizes.

Taking into account error estimates (20), we can state the following conclusions:

- For both components of the velocity field, optimal convergence is obtained, that is order $O(h^2)$ in $L^2(\Omega)$ and order $O(h)$ in $H^1(\Omega)$. For pressure, optimal order $O(h)$ in $L^2(\Omega)$ is obtained.

- The results are very similar (almost identical for the velocity components) to the classical mini-element, $(P_{1,b}, P_1) - P_1$, whose errors are shown in Figure 7b. It is significant to note that the combination $(P_{1,b}, P_1) - P_1$ preserves the error orders while requires a minor number of degrees of freedom than $(P_{1,b}, P_{1,b}) - P_1$ and a smaller computational effort. To support this assertion, the total number of degrees of freedom for each case is plotted (in logarithmic scale) in Figure 8, for previous meshes. Computational cost is studied in Test 4.

And remember that for the Anisotropic Stokes problem (7) $(P_{1,b}, P_1) - P_1$ is stable in most meshes, while $(P_{1,b}, P_{1,b}) - P_1$ looses its stability when $\varepsilon \to 0$ (cf. [10]).

|    | $h$  | $2^{-3}$ | $2^{-4}$ | $2^{-5}$ | $2^{-6}$ | $2^{-7}$ | $2^{-8}$ |
|----|------|----------|----------|----------|----------|----------|----------|
| $u$ | $\|u - u_h\|_{L^2}$ | 1.099    | 1.709    | 1.952    | 1.876    | 1.988    | 2.019    |
|    | $\|u - u_h\|_{H^1}$ | 1.155    | 1.053    | 1.092    | 0.990    | 1.023    | 1.041    |
| $v$ | $\|v - v_h\|_{L^2}$ | 1.914    | 2.076    | 2.071    | 1.981    | 2.059    | 2.058    |
|    | $\|v - v_h\|_{H^1}$ | 0.912    | 1.046    | 1.010    | 0.994    | 1.022    | 1.022    |
| $p$ | $\|p - p_h\|_{L^2}$ | 0.558    | 1.817    | 0.808    | 1.414    | 0.809    | 0.988    |

Table 1: Error orders for velocities and pressure ($(P_{1,b}, P_1) - P_1$ FE)

Figure 8: Comparison of number of DOFs for $(P_{1,b}, P_1) - P_1$ and $(P_{1,b}, P_{1,b}) - P_1$ and different mesh sizes
Test 4 (Post-processing Algorithm 1). Starting from a strongly structured mesh (defined by $16 \times 16$ intervals in the unit square, see Figure 9a), we have developed a C++ program which, following Algorithm 1 (in fact a particular version for structured meshes) with $r = 0.15$, transforms that mesh into an unstructured one, arriving at the mesh given in Figure 9b. Pressure for a standard cavity-driven test shows instabilities for $(P_1,b, P_1) - P_1$ in the original structured mesh (Figure 9a) but not in the post-processed one (Figure 9b).

Figure 10 compares, for different mesh sizes, the time of execution for $(P_{1,b}, P_1) - P_1$ in the post-processed mesh (including the time required for mesh processing) and the time of execution for $(P_{1,b}, P_{1,b}) - P_1$ in the original mesh, obtaining favorable results for the first case. Note moreover that in time-dependent problems, mesh processing might be performed only once (before time iterations).

Test 5 (3D domain, $(P_{1,b}, P_{1,b}, P_1) - P_1$ or $(P_{1,b}, P_{1}, P_1) - P_1$ and cavity test). In the 3D case, we have approximated the solution of the Stokes equations (1)–(3) in the cube domain $\Omega = (0,1)^3 \subset \mathbb{R}^3$, using both:

1. A structured mesh, constructed by FreeFem++ [11] through the subdivision in three tetrahedrons of each ones of the cubes resulting of the division of $\Omega$ into $32^3$ equal rectangular parallelepipeds.

2. A unstructured mesh consisting of 190,968 tetrahedrons, constructed by the mesh generator Gmsh [8]
Figure 10: Comparison of processing time for \((P_{1,b}, P_{1}) - P_{1}\) and \((P_{1,b}, P_{1,b}) - P_{1}\) and different mesh sizes

(a) \((P_{1,b}, P_{1,b}, P_{1,b}) - P_{1}\)  
(b) \((P_{1,b}, P_{1,b}, P_{1}) - P_{1}\)  
(c) \((P_{1,b}, P_{1}, P_{1}) - P_{1}\)  

Figure 11: Comparison of bubble 3D FE in a *structured mesh.*

(a) \((P_{1,b}, P_{1,b}, P_{1,b}) - P_{1}\)  
(b) \((P_{1,b}, P_{1,b}, P_{1}) - P_{1}\)  
(c) \((P_{1,b}, P_{1}, P_{1}) - P_{1}\)  

Figure 12: Comparison of bubble 3D FE in an *unstructured mesh.*
and then imported to FreeFem++.

The Dirichlet condition $u(x, y, z) = y(y - 1)$, $v(x, y, z) = w(x, y, z) = 0$ has been fixed on the top boundary, while $w = 0$ has been fixed on the rest of $\partial \Omega$ (where $w = (u, v, w)$ denotes the solution). The FE approximations $(P_{1,b}, P_{1,b}, P_{1,b}) - P_1$, $(P_{1,b}, P_{1,b}, P_{1,b}) - P_1$, and $(P_{1,b}, P_{1,b}, P_1) - P_1$ have been used in each one of the two meshes and the resulting surface plots of the approximated pressure, $p_h$, is shown in Figure 11 (structured mesh) and Figure 12 (unstructured one).

Owing to the choice of a color map that highlights the small absolute values of $p_h$, spurious oscillations of the pressure are evident for $(P_{1,b}, P_{1,b}, P_{1,b}) - P_1$ and $(P_{1,b}, P_{1,b}, P_1) - P_1$ in the structured mesh (Figures 11b and 11c), where we have stated their instability. On the other hand, Figures 12b and 12c suggest a correct behaviour (excepting some small oscillations on the top of the domain) if the mesh is unstructured, confirming theoretical results in Section 3.2.

4. About stability of $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ FE

4.1. The 2D case

In this section we introduce a $\mathcal{P}_2$ continuous space for the approximation of the horizontal component of velocity field,

$$U_h = \{u_h \in H^1_0(\Omega) \cap C^0(\Omega) / u_h|_T \in \mathcal{P}_2, \forall T \in \mathcal{T}_h\},$$

while $V_h$ and $P_h$ are approximated by $\mathcal{P}_1$ continuous elements, as defined in (9) and (12).

As in Section 3.1, let us suppose $\mathcal{T}_h$ satisfying the Assumption 1 and let $\widehat{\mathcal{M}}_h$ be the a vertex-centered macro-element partition of $\mathcal{T}_h$, as in Figure 13. Let $U_{0,M}$ be the space of functions in $H^1_0(M) \cap C^0(M)$ which are $\mathcal{P}_2$ in each element $T \subset M$ and let $V_{0,M}$ and $P_M$ as in Section 3.1. In this framework, Lemma 2 means that a sufficient condition for the discrete inf-sup condition (6) is that $\widehat{\mathcal{M}}_h$ satisfies (13), namely $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ is regular in every $\widehat{M} \in \widehat{\mathcal{M}}_h$. The following result characterizes this condition in function of the number of elements contained in $\widehat{M}$ and the number of vertices which are horizontally aligned with $q_0$. See that this case is a little more technical than the similar one (Theorem 3) presented in Section 3.1 (see Remark 8 for further details).

**Theorem 9.** Let $\widehat{\mathcal{M}} \in \widehat{\mathcal{M}}_h$ be a macro-element which can be written as union of $n_v$ elements which share exactly one interior common vertex, $q_0$.

1. If $\widehat{\mathcal{M}}$ is $y$-structured (i.e. there are two vertices horizontally aligned to $q_0$), then $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ is not regular in $\widehat{\mathcal{M}}$, namely condition (13) does not hold.

2. If there is just one vertex in $\widehat{\mathcal{M}}$ horizontally aligned with $q_0$, then $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ is regular in $\widehat{\mathcal{M}}$.

3. If there is no vertex horizontally aligned with $q_0$:

   (a) If $n_v$ is odd, then $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ is regular in $\widehat{\mathcal{M}}$. 

25
Figure 13: \((P_2, P_1) - P_1\) macro-element with a unique interior vertex, \(q_0\), and \(n_v = 5\).

(b) If \(n_v\) is even, then \((P_2, P_1) - P_1\) is regular in \(\widehat{M}\) if and only if the following algebraic condition does not hold:

\[
\sum_{i=1}^{n_v} (-1)^i \cot(\sigma_i) \left( \frac{1}{|T_i|} + \frac{1}{|T_{i+1}|} \right) = 0,
\]

where \(\cot(\sigma_i) = \cos(\sigma_i)/\sin(\sigma_i)\) is the cotangent function and \(\sigma_i\) are the angles introduced before Definition 6.

**Remark 6.** The case \((P_1, P_2) - P_1\) is analogue and, for brevity, is not enounced here.

**Proof.** We split the proof into four steps.

**Step 1. Algebraic characterization of \(N_{\widehat{M}}\).**

Let \(T_i, i = 1, ..., n_v\), be the elements of \(\widehat{M}\). If \(p_h \in N_{\widehat{M}}\), let us define the form functions \(p_h|_{T_i} = a_i + b_i x + c_i y\).

As in Figure 13, let us denote by \(q_0\) the only vertex interior to \(\widehat{M}\), \(q_i, i = 1, ..., n_v\), the vertices on \(\partial \widehat{M}\) and \(s_i, i = 1, ..., n_v\), the midpoints of the edges in the interior of \(\widehat{M}\).

Choosing \(v_h = 0\) and \(u_h \in U_{0, \widehat{M}}\) defined as \(u_h = 1\) on a midpoint \(s_i\) and \(u_h = 0\) on all other degrees of freedom of \(\widehat{M}\) \((s_j, j = 1, ..., n_v, j \neq i)\) and \(q_k, k = 0, ..., n_v\), then

\[
0 = -\int_{\widehat{M}} \nabla \cdot (u_h, v_h) p_h = -\int_{\widehat{M}} \partial_x u_h p_h = \int_{\widehat{M}} u_h \partial_x p_h = b_i \int_{T_i} u_h + b_{i+1} \int_{T_{i+1}} u_h = \frac{|T_i|}{3} b_i + \frac{|T_{i+1}|}{3} b_{i+1},
\]

where we have applied the quadrature formula \(\int_T f = \frac{|T|}{3} \sum_{i=1}^{3} f(s_i^T)\), which is exact on \(P_2\) if \(s_i^T\) are the midpoints of the edges of \(T\). Again, we have identified the index \(i = n_v + 1\) with \(i = 1\). Defining \(\alpha_i = |T_i|,\)
the following linear system for $b_i$ is obtained:

$$
\begin{pmatrix}
\alpha_1 & \alpha_2 & 0 & \ldots & 0 & 0 \\
0 & \alpha_2 & \alpha_3 & \ldots & 0 & 0 \\
\vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\
0 & 0 & 0 & \ldots & \alpha_{n_v-1} & \alpha_{n_v} \\
\alpha_1 & 0 & 0 & \ldots & 0 & \alpha_{n_v}
\end{pmatrix}
\begin{pmatrix}
b_1 \\
b_2 \\
\vdots \\
b_{n_v-1} \\
b_n_v
\end{pmatrix}
= 
\begin{pmatrix}
0 \\
0 \\
\vdots \\
0 \\
0
\end{pmatrix}
$$

(33)

A simple calculation shows that, if $b_1 = -b/\alpha_1$ then $b_2 = b/\alpha_2$, $b_3 = -b/\alpha_3$, \ldots, $b_{n_v} = (-1)^{n_v} b/\alpha_{n_v}$ and $b_1 = (-1)^{n_v+1} b/\alpha_1$. Therefore, the solution of (33) can be characterized as follows:

$$
\begin{cases}
\text{If } n_v \text{ is odd}, & b_i = 0, \quad \forall i = 1, \ldots, n_v, \\
\text{If } n_v \text{ is even}, & b_i = \frac{(-1)^i}{\alpha_i} b, \quad \forall i = 1, \ldots, n_v, \quad \forall b \in \mathbb{R}.
\end{cases}
$$

(34)

Taking $u_h = 1$ in $q_0$, $u_h = 0$ on all other degrees of freedom in $\hat{M}$ and $v_h = 0$ does not provide any new information, because the midpoint quadrature formula means that $\int_{T_i} \hat{u}_h = 0$ for all $i$.

Finally let us choose $u_h = 0$ and $v_h \in V_{0,\hat{M}}$ defined as $v_h = 1$ on the interior vertex, $q_0$, and of course $v_h = 0$ on all vertices on $\partial\hat{M}$. Then

$$
0 = (v_h, \partial_p p_h) = \sum_{i=1}^{n_v} c_i \int_{T_i} v_h = \sum_{i=1}^{n_v} c_i |T_i|/3 \text{ hence}
$$

$$
\sum_{i=1}^{n_v} \alpha_i c_i = 0.
$$

(35)

Now assuming, without loss of generality, $q_0 = (0,0)$ and imposing the continuity of $p_h$ on $q_0$, it is straightforward that

$$
a_1 = \ldots = a_{n_v} =: a.
$$

If $q_i = (q_i^x, q_i^y) \in \partial\hat{M}, i = 1, \ldots, n_v$, being $q_0$ and $q_i$ the common vertices to $T_i$ and $T_{i+1}$ (Figure 13), continuity of $p_h$ in $q_i$ means:

$$
q_i^y(c_{i+1} - c_i) = q_i^x(b_{i+1} - b_i), \quad \forall i = 1, \ldots, n_v.
$$

(36)

Step 2. Proof of case 2.

If there exists a unique vertex on $\partial\hat{M}$, without loss of generality it can be named $q_1$, such that $q_1^y = 0$ (that is, $q_1$ is horizontally aligned with $q_0$), the equation for $i = 1$ in (36) means $b_2 - b_1 = 0$ (note that $q_1^x \neq 0$). According to (34), this does not give any new information in the case of $n_v$ odd (in which $b_i = 0$ for all $i$) but in the even case, we obtain

$$
\left(\frac{(-1)^2}{\alpha_2} - \frac{(-1)^1}{\alpha_1}\right) b = 0,
$$

that is $b = 0$ and then $b_i = 0$ for $i = 1, \ldots, n_v$. Now from (36) there exists $c \in \mathbb{R}$ such that $c_2 = c_3 = \ldots = c_{n_v} = c_1 = c$. Then, from (35) $c = 0$ (and $c_i = 0$ for all $i$), therefore $p_h = a$ and the macro-element condition (13) is satisfied.
Step 3. Proof of case 3.

Now let us suppose that there is not any vertex horizontally aligned with \( q_0 = (0,0) \), that is \( q_i^y \neq 0 \) for all \( i = 1, \ldots, n_v \). According to (34), the linear equations (36) can be written as

\[
q_i^y (c_{i+1} - c_i) = q_i^x \left( \frac{(-1)^{i+1}}{\alpha_{i+1}} - \frac{(-1)^i}{\alpha_i} \right) b
\]

\[
= q_i^x (-1)^{i+1} \left( \frac{1}{\alpha_{i+1}} + \frac{1}{\alpha_i} \right) b, \quad \forall i = 1, \ldots, n_v,
\]

with \( b = 0 \) if \( n_v \) is odd. We can divide by \( q_i^x \), obtaining

\[
(c_{i+1} - c_i) + (-1)^i \hat{m}_i \hat{\alpha}_i b = 0, \quad \forall i = 1, \ldots, n_v,
\]

where \( \hat{m}_i = q_i^x / q_i^y \) is the inverse of the slope of the segment \( \overline{q_i q_{i+1}} \), hence \( \hat{m}_i = \cos(\sigma_i) / \sin(\sigma_i) = \cot(\sigma_i) \), and \( \hat{\alpha}_i = 1/\alpha_i + 1/\alpha_{i+1} = 1/|T_i| + 1/|T_{i+1}| \). Therefore,

\[
\hat{m}_i \hat{\alpha}_i = \cot(\sigma_i) \left( \frac{1}{|T_i|} + \frac{1}{|T_{i+1}|} \right).
\]

If \( n_v \) is odd (case 3.a), \( b = 0 \) and (35) and (37) imply \( c_i = 0 \) for all \( i = 1, \ldots, n_v \), concluding that \( p_v = a \) and (13) holds.

If \( n_v \) is even (case 3.b), let us write (37) and (35) as the algebraic system:

\[
\begin{pmatrix}
-1 & 1 & 0 & \ldots & 0 & 0 & -\hat{m}_1 \hat{\alpha}_1 \\
0 & -1 & 1 & \ldots & 0 & 0 & \hat{m}_2 \hat{\alpha}_2 \\
\vdots & \vdots & \vdots & \ddots & \vdots & \vdots & \vdots \\
0 & 0 & 0 & \ldots & -1 & 1 & -\hat{m}_{n_v-1} \hat{\alpha}_{n_v-1} \\
1 & 0 & 0 & \ldots & 0 & -1 & \hat{m}_n \hat{\alpha}_n \\
\alpha_1 & \alpha_2 & \alpha_3 & \ldots & \alpha_{n_v-1} & \alpha_{n_v} & 0
\end{pmatrix}
\begin{pmatrix}
c_1 \\
c_2 \\
\vdots \\
c_{n_v-1} \\
c_n \\
0
\end{pmatrix}
= \begin{pmatrix}
0 \\
0 \\
\ddots \\
0 \\
0 \\
0
\end{pmatrix}.
\]

Adding the first \( n_v \) rows of this system, we obtain the equation \( S b = 0 \), where

\[
S = \sum_{i=1}^{n_v} (-1)^i \hat{m}_i \hat{\alpha}_i = \sum_{i=1}^{n_v} (-1)^i \cot(\sigma_i) \left( \frac{1}{|T_i|} + \frac{1}{|T_{i+1}|} \right).
\]

If we assume \( S \neq 0 \), then \( b = 0 \) and the first \( n_v \) equations of (38) can be written as

\[-c_1 + c_2 = 0, \quad -c_2 + c_3 = 0, \quad \ldots, \quad -c_{n_v} + c_1 = 0,
\]

hence \( c_1 = c_2 = \cdots = c_{n_v} = c \in \mathbb{R} \). But then, last equation of (38) means \( c \sum_{i=1}^{n_v} \alpha_i = 0 \), which implies \( c = 0 \). In short, if \( S \neq 0 \) the only solution of the system is \( c_1 = \cdots = c_{n_v} = b = 0 \) and therefore \( p_v = a \).

Reciprocally, if \( S = 0 \) the first \( n_v \) rows of \( A \) are linearly dependent and the system (38) has got non trivial solutions \((c_1, \ldots, c_{n_v}, b) \neq 0\). For those values, any pressure defined by

\[
p_v |_{T_i} = a + \frac{(-1)^i}{\alpha_i} b x + c_i y
\]

satisfies (33)–(36), therefore it is a non-constant element of \( N_{M_i} \) and (13) does not hold.
Step 4. Proof of case 1.

Finally, we show that if there exist two vertices $q_j$ and $q_k$ on $\partial \hat{M}$ horizontally aligned with $q_0$ $(1 \leq j < k \leq n_v)$ then $\hat{M}$ is not regular. Without loss of generality, renumbering the vertices if necessary, we can suppose $1 < j < k = n_v$. Then equations $j$ and $n_v$ in (36) imply respectively $b_{j+1} = b_j$ and $b_1 = b_{n_v}$, which (using (34)) yields $b = 0$ (in both cases) and then $b_i = 0$ for all $i = 1, \ldots, n_v$.

Taking this into account in the rest of equations of (36), we have

$$c_2 - c_1 = 0, \ldots, c_j - c_{j-1} = 0 \quad \text{and} \quad c_{j+2} - c_{j+1} = 0, \ldots, c_{n_v} - c_{n_v-1} = 0$$

and then, there exists $c$ and $\tilde{c} \in \mathbb{R}$, such that

$$c_1 = c_2 = \cdots = c_j \equiv c \quad \text{and} \quad c_{j+1} = c_{j+2} = \cdots = c_{n_v} \equiv \tilde{c}.$$ 

This fact and condition (35) imply

$$\tilde{c} = -\frac{\sum_{i=1}^{j} \alpha_i}{\sum_{i=j+1}^{n_v} \alpha_i} \cdot c.$$ 

(39)

Note that $\sum_{i=1}^{j} \alpha_i$ and $\sum_{i=j+1}^{n_v} \alpha_i$ are the measures of the two macro-elements splitting $\hat{M}$. Therefore, it is clear that any pressure with $p_h|_{T_i} = c$ for $1 \leq i \leq j$ and $p_h|_{T_i} = \tilde{c}$ for $j + 1 \leq i \leq n_v$, with $\tilde{c}$ given by (39), is a non constant element of $N_{\hat{M}}$ and then (13) does not hold.

Remark 7. Like in the case of $(\mathcal{P}_1, b, \mathcal{P}_1) - \mathcal{P}_1$ given in Section 3.1, the ideas of Theorem 9 can be applied to provide counterexamples showing that $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ is not stable in some families of strong structured meshes. In fact, the same example given in Remark 3 is valid in the current context.

Remark 8. According to Theorem 9, there are two situations where $(\mathcal{P}_2, \mathcal{P}_1) - \mathcal{P}_1$ may be singular in a macro-element with one only interior vertex $q_0$:

(a) either there exist two vertices horizontally aligned with $q_0$, 

(b) No vertex horizontally aligned, but $n$ is even and (32) holds.

Figure 14: Two macro-elements where $(P_2, P_1) - P_1$ is not regular.
(b) or \( n_v \) is even and the algebraic condition (32) holds.

The case (a), which is illustrated in Figure 14a, is coincident to the singularity condition studied for \((P_{1,b}, P_1) - P_1\) in Section 3, but the case (b) is specific of \((P_2, P_1) - P_1\) and does not appears in the \((P_{1,b}, P_1) - P_1\) context. In this sense, the regularity of \((P_2, P_1) - P_1\) is more restrictive than the regularity of \((P_{1,b}, P_1) - P_1\).

The case (a) is specially relevant because constitutes the basic brick in many vertical structured meshes, like the one in Figure 3 (used in the counterexample presented in Remark 7). Also this is the kind of mesh used in the numerical experiment that produced the instability given in Figure 16b.

About condition (b), in practice it is difficult to find random macro-elements of this kind, i.e. macro-elements for which \( n_v \) is even, no vertex is horizontally aligned with \( q_0 \) and (32) is satisfied. One of these cases (of what can be called “weakly \( y \)-structured macro-elements”) is presented in Figure 14b. Indeed, assuming \(|T_i| = |T_{i+1}|\) for \( i = 1, \ldots, 6 \), then \( \cot(\sigma_i) = 1 \) for \( i = 1, 4 \), \( \cot(\sigma_i) = -1 \) for \( i = 3, 6 \) and \( \cot(\sigma_i) = 0 \) for \( i = 2, 5 \), hence (32) holds.

But notice that, in the case of the macro-element in Figure 14b, the continuity of the cotangent function implies that slight modifications of the triangles, conduce to elements where (32) is not satisfied, i.e. regular macro-elements. In any case, for discrete inf-sup condition (6), equation (32) must be uniformly satisfied, i.e. (6) does not hold (with constant independent on \( h \)) if the left hand side in equation (32) tends to zero.

On the other hand, it is easy to find families of macro-elements where \((P_2, P_1) - P_1\) is regular. For example, in the case \( n_v = 4 \), if each vertex \( q_i, i = 1, \ldots, 4 \) is in a different quadrant (Figure 15a) then the singularity condition (32) does not hold. In effect, if we denote \( Q_i \) the \( i \)-th quadrant and suppose \( q_i \in Q_i \) for all \( i = 1, \ldots, 4 \) then \( \cot(\sigma_1) > 0, \cot(\sigma_2) < 0, \cot(\sigma_3) > 0, \cot(\sigma_4) < 0 \) and then

\[
\sum_{i=1}^{4} (-1)^i \cot(\sigma_i) \left( \frac{1}{|T_i|} + \frac{1}{|T_{i+1}|} \right) < 0.
\]

In the case of \( n_v = 4 \) and two vertices in the same quadrant as in Figure 15b, the macro-elements are regular in most cases. For example, let us consider, for simplicity, \( |T_i| = 1 \) for all \( i = 1, \ldots, 4 \). Since we are taking \( \sigma_i < \sigma_{i+1} \) for \( i = 1, \ldots, 3 \) and the cotangent function is decreasing, if we choose \( q_1, q_2 \in Q_1 \) then \( -\cot(\sigma_1) + \cot(\sigma_2) := s_{1,2} < 0 \). Moreover:

- If \( q_3 \in Q_2 \) and \( q_4 \in Q_3 \), then \( \cot(\sigma_3) < 0 \) and \( \cot(\sigma_4) > 0 \). Therefore \( -\cot(\sigma_3) + \cot(\sigma_4) := s_{3,4} > 0 \) and for each angle \( \sigma_3 \in Q_2 \) there is a unique angle \( \sigma_4 \in Q_4 \) such that \( s_{1,2} + s_{3,4} = 0 \). In all other cases the singularity condition (32) does not hold.

- If \( q_3 \in Q_2 \) and \( q_4 \in Q_4 \), then \( \cot(\sigma_3) < 0 \) and \( \cot(\sigma_4) < 0 \). Therefore \( s_{1,2} + \cot(\sigma_4) < 0 \) and there is a unique \( \sigma_3 \in Q_3 \) such that (32) holds.

- If \( q_3 \in Q_3 \) and \( q_4 \in Q_4 \) (Figure 15b), then \( \cot(\sigma_3) > 0 \) and \( \cot(\sigma_4) < 0 \). Therefore (32) does not hold.

\[ \square \]
Remark 9. Arguing as in Theorem 4, the local result of Theorem 9 can be extended to a global result regarding inf-sup condition (6) in uniformly unstructured meshes. Anyway, as commented in Remark 8, this case is more complicated because it depends also on validating uniformly condition (32). Hence, in principle, the number of meshes where \((P_2, P_1) - P_1\) is stable is slightly less than in the \((P_{1,b}, P_1) - P_1\) case. For ensuring stability, a generalization of Algorithm 1 may be applied. In this case, the algorithm shall be more complex due to the additional condition (32). But in any case, in all our numerical experiments in random (unstructured) meshes, results have been satisfactory without any kind of mesh post-processing. See next section for details.

4.2. Numerical simulations

Test 6 \((P_2, P_1) - P_1 \text{ and cavity test}\). Firstly, the cavity test which is described in Test 2 in Section 3 has been repeated for \((P_2, P_1) - P_1\) elements, using the same unstructured and structured meshes (cf. Figures 5a and 6a). The results obtained, which can be seen in Figure 16, show correct results for the pressure in unstructured meshes (cf. Figure 16a), but spurious pressure modes appear in structured ones (cf. Figure 16b),
as expected from the theoretical results given in Section 4.1 (see Remark 8).

**Test 7 (Non-uniformly unstructured mesh).** In order to present a numerical evidence of the necessity of uniform unstructured meshes for stability, we have developed a numerical experiment where the behaviour of \((P_2, P_1) - P_1\) elements is tested in a non uniformly unstructured mesh family which “converge to a structured mesh” when \(h \to 0\).

Specifically we considered five meshes, \(T_{h_i}, i = 1, \ldots, 5\), where the finer mesh, \(T_{h_5}\), is defined as in Figure 2, with 63 intervals on the top boundary (thus \(h_5 \simeq 1/63\)). About the other coarser four meshes, they are defined similarly (with 3, 7, 15 and 31 intervals on the top boundary, respectively) but a random displacement is added to the \(x\)-coordinate of its vertices, breaking their structure. The amplitude of this displacement decreases (0.4, 0.2, 0.1, 0.05, respectively), so that \(T_{h_4}\) is very similar to \(T_{h_5}\). This way, we have a sequence of meshes, \(T_{h_1}, \ldots, T_{h_4}\), which are (non uniformly) \(y\)-unstructured and whose “limit”, \(T_{h_5}\), is a “weakly \(y\)-structured” mesh (see Remark 8).

Then we have developed a program which computes estimates of the constants, \(\beta_h\) related to the discrete inf-sup condition (6) for this mesh family and \((P_2, P_1) - P_1\) FE. This program is based on ASCoT [1], a Python module built on top of the FEniCS framework [13] with the purpose of facilitating the estimation of Brezzi inf-sup constants. Results (see Table 2) suggest that \(\beta_h \to 0\) depends on \(h\), vanishing when mesh structure appears, therefore discrete inf-sup condition is not satisfied.

**Test 8 ((P_2, P_1) – P_1 and error orders).** The experiment described in Test 3 has been reproduced for \((P_2, P_1) – P_1\). Figure 17a shows the absolute errors and orders obtained. The following conclusions can be summarized:

1. For both components of the velocity, order \(O(h^2)\) in \(L^2(\Omega)\) and order \(O(h)\) in \(H^1(\Omega)\) are obtained, while order \(O(h)\) for pressure is suggested.

2. Optimal order \(O(h^3)\) in \(L^2(\Omega)\) and \(O(h^2)\) in \(H^1(\Omega)\) is not reached for \(u\) (although it is approximated in \(P_2\)), due to the effect of approximating \(v\) in \(P_1\). Therefore, a loss of accurate is produced passing from the classical Taylor-Hood element \((P_2, P_2) – P_1\) (Figure 17b) to \((P_2, P_1) – P_1\) (Figure 17a). In spite of it, this latter element \((P_2, P_1) – P_1\) is more stable than \((P_2, P_2) – P_1\) in degenerated anisotropic problems, as is shown in [10].

**Test 9 (3D domain, (P_2, P_2, P_1) – P_1 or (P_2, P_1, P_1) – P_1 and cavity tests).** Finally, we have repeated

| \(T_{h_1}\) | \(T_{h_2}\) | \(T_{h_3}\) | \(T_{h_4}\) | \(T_{h_5}\) |
|---|---|---|---|---|
| \(h\) | 1/3 | 1/7 | 1/15 | 1/31 | 1/63 |
| \(\beta_h\) | 0.19384 | 0.096089 | 0.048363 | 0.023503 | 0.0086823 |

Table 2: Vanishing discrete inf-sup constants on a non-uniformly unstructured mesh family
Figure 17: Velocity and pressure errors for \((P_2, P_1) - P_1\) and \((P_2, P_2) - P_1\) FE.

|       | \(h\) | \(2^{-3}\) | \(2^{-4}\) | \(2^{-5}\) | \(2^{-6}\) | \(2^{-7}\) | \(2^{-8}\) |
|-------|-------|----------|----------|----------|----------|----------|----------|
| \(u\) | \(\|u - u_h\|_{L^2}\) | 2.185    | 2.291    | 2.008    | 2.029    | 2.031    | 2.066    |
|       | \(\|u - u_h\|_{H^1_0}\) | 1.758    | 1.774    | 0.986    | 1.212    | 1.067    | 1.237    |
| \(v\) | \(\|v - v_h\|_{L^2}\) | 2.056    | 2.116    | 2.028    | 1.980    | 2.068    | 2.040    |
|       | \(\|v - v_h\|_{H^1_0}\) | 0.977    | 1.044    | 1.017    | 0.990    | 1.022    | 1.019    |
| \(p\) | \(\|p - p_h\|_{L^2}\) | 1.070    | 2.101    | 0.798    | 1.419    | 0.599    | 0.820    |

Table 3: Error orders for velocities and pressure \(((P_2, P_1) - P_1 \text{ FE})\)
the 3D experiment which was described in Test 2, using both structured and unstructured meshes, but replacing the bubble by $P_2$.

Owing to the choice of a color map that amplifies the variations around small values of pressure, spurious oscillations of the $p_h$ are evident in the structured mesh for $(P_2, P_2, P_1) - P_1$ and $(P_2, P_1, P_1) - P_1$ (Figures 18b and 18c).

5. Instability of $(Q_2, Q_1) - Q_1$ in structured meshes

In this section we present a counterexample showing that the combination $(Q_2, Q_1) - Q_1$ is not stable in structured macro-elements. As above, this result can be extended to global quadrangular meshes.

Let us consider a 2D mesh $T_h$, composed of quadrangular elements $K_i$. Let $M$ be a macro-element as in Figure 20, i.e. $M$ is union of four rectangular elements defined by 9 vertices, which are denoted as $q_{ij}$ $(i, j = 1, \ldots, 3)$ and constitute the $Q_1$ degrees of freedom. The rest of the $Q_2$ degrees of freedom are located at the midpoints of the edges and at the center of the quadrangles. Without loss of generality it can be
assumed that the central vertex is located at the origin of coordinates. Using the numeration of Figure 20, it is denoted as \( q_{22} = (0,0) \).

Let us define the discrete FE spaces in \( M \):

\[
U_{0,M} = \{ u_h \in H^1_0(M) \cap C^0(\overline{M}) / u_h|_K \in Q_2, \forall K \in M \},
\]

\[
V_{0,M} = \{ v_h \in H^1_0(M) \cap C^0(\overline{M}) / v|_K \in Q_1, \forall K \in M \}
\]

\[
P_M = \{ p_h \in C^0(\overline{M}) / p|_K \in Q_1, \forall K \in M \}.
\]

Let us consider the \( Q_1 \) function \( p_h \) defined as

\[
p_h(x,y) = \begin{cases} 
a + cy & \text{if } y > 0, \\
a - cy & \text{if } y \leq 0, 
\end{cases}
\]

where \( a, c \in \mathbb{R}, c \neq 0 \). Then each \( v_h \in V_{0,M} \) can be written as \( \alpha \phi_22 \) for any \( \alpha \in \mathbb{R} \), where \( \phi_22 \) is the \( Q_1 \) basis function that is equal to 1 in \( q_{22} \) and zero in all other vertices of \( M \). Hence, if we apply the 2D trapezoidal rule (which is exact in \( Q_1 \)) and taking into account that \( \partial_x p_h = 0 \):

\[
\int_M (\partial_x u_h + \partial_y v_h) p_h = -\int_M v_h \partial_y p_h = -\frac{c}{|M^+|} \int_{M^+} \alpha \phi_22 + \frac{c}{|M^-|} \int_{M^-} \alpha \phi_22
\]

\[
= \frac{c}{|M^+|} \sum_{K \subset M^+} \frac{|K|}{4} \alpha - \frac{c}{|M^-|} \sum_{K \subset M^-} \frac{|K|}{4} \alpha = \frac{c}{4} \alpha - \frac{c}{4} \alpha = 0.
\]

Therefore the combination \((Q_2, Q_1) - Q_1\) is not stable in quadrangular macro-elements.

As in Section 4, it is not difficult to extend the previous counterexample to demonstrate that there exists a family of not null pressures \( p_h \in P_h \) satisfying \(( \nabla \cdot (u_h, v_h), p_h) = 0\) for all \( u_h \in U_h \) and \( v_h \in V_h \).

Hence, in rectangular structured meshes, the Stokes inf-sup condition (6) does not hold for the \((Q_2, Q_1) - Q_1\) combination.

**Test 10 \(((Q_2, Q_1) - Q_1 \text{ and cavity test})\).** Numerical experiments confirm the \((Q_2, Q_1) - Q_1\) instability, as can be seen in Figure 21. We consider the 2D Stokes problem (1)–(2) in \( \Omega = (0,1)^2 \). Dirichlet boundary conditions for \( u \) have been applied; \( u = 1 \) on the top \( \{y = 1\} \) and \( u = 0 \) on the rest of \( \partial \Omega \). About \( v \), a natural boundary condition \( \frac{\partial v}{\partial n} = 0 \) has been chosen on \( \partial \Omega \). Both stable \((Q_2, Q_2) - Q_1\) and unstable \((Q_2, Q_1) - Q_1\) combinations of FE have been tested in a mesh composed of 15 \( \times \) 15 rectangular elements. As expected, Figure 21 shows spurious pressure oscillations in the latter case.
This experiment has been programmed in C++ with *LibMesh* [12], a parallel FE library which supports natively the $Q_1$ and $Q_2$ elements.

### 6. Conclusions

In this paper we have developed two new families of FE spaces approximating the Stokes problem, where continuous and piecewise linear functions $P_1$ are enriched, only for one component of the velocity, by either bubble $P_{1,b}$ or quadratic polynomial $P_2$. These combinations have been denoted, in the 2D case, by $(P_{1,b}, P_1) - P_1$ and $(P_2, P_1) - P_1$.

In order to compare the use of bubble functions, we have seen that combination $(P_{1,b}, P_1) - P_1$ in uniformly unstructured meshes is more efficient than the well-known mini-element $(P_{1,b}, P_{1,b}) - P_1$, because $(P_{1,b}, P_1) - P_1$ preserves the first order accuracy of $(P_{1,b}, P_{1,b}) - P_1$ while requires a minor number of degrees of freedom and then a smaller computational effort.

On the other hand, we have also proved that combination $(P_2, P_1) - P_1$ in most uniformly unstructured meshes is stable but it does not preserve the second order of accuracy of the well-known Taylor-Hood element $(P_2, P_2) - P_1$, although $(P_2, P_1) - P_1$ uses a minor number of degrees of freedom.

Moreover, the stability constraints for $(P_2, P_1) - P_1$ are more restrictive than for $(P_{1,b}, P_1) - P_1$, because they depend not only on the structure of the mesh but also depend on the algebraic condition (35). Hence, in principle, the number of meshes where $(P_2, P_1) - P_1$ is stable is slightly less than in the $(P_{1,b}, P_1) - P_1$ case.

Finally, the same type of results are also deduced in 3D domains for the case of bubble functions.

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