Strength and plasticity of nanolaminated materials

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ABSTRACT

The mechanical behavior of nanolaminates is dominated by interfaces that act as sources, barriers, and preferred sites for storage and dynamic recovery of glide dislocations. In this article, the deformation mechanisms of a variety of metal-based nanolaminates are reviewed with emphasis on unusual mechanical properties such as ultra-high flow strength without loss of plastic deformability.

IMPACT STATEMENT

This paper reviews the current understanding of the mechanisms and mechanics of nanolaminated composites, and discusses the future direction in predicting the mechanical behavior of laminated composites.

1. Introduction

Future energy, transportation, and defense technologies demand novel materials that tolerate extremes in temperature, stress, strain rate, and radiation to an extent that far exceeds the limits of the most advanced materials to date. Nanolaminated materials have been demonstrated as promising to meet these needs due to their unusual mechanical, electrical, and magnetic properties, and radiation damage tolerance [1–9].

Nanolaminated materials can be processed in the form of thin films via bottom-up processes such as physical vapor deposition (PVD) [10,11] and electrodeposition [12], or in the form of bulk materials via top-down processes such as solid-state phase transformation [13,14], accumulative roll bonding (ARB) [15,16], or solidification [13,17,18]. In epitaxial films, solid-state phase transformation, or eutectic solidification, energetically favorable crystallographic orientation relationships and interface habit planes develop naturally during synthesis [10,11,14,18]. On the other hand, ARB techniques not only lead to mechanically driven interfaces in order to maintain the compatibility of plastic deformation between the adjacent layers, but can also result in preferred orientation relationships [15]. For example, in Cu–Nb, the interface habit planes are $\{111\}_{\text{Cu}}\parallel\{110\}_{\text{Nb}}$ for PVD [3,19–21] and $\{112\}_{\text{Cu}}\parallel\{112\}_{\text{Nb}}$, for ARB [15,21], both with the same Kurdjumov–Sachs (KS) orientation relationship [5,22–27].
Unlike traditional materials, nanolaminated structures contain a high density of interfaces that give rise to unprecedented properties [3–9,13,22,26–31]. Interfaces play multiple roles in determining mechanical properties: sources for nucleating plastic deformation carriers (dislocations, phase transformation bands, twins, and shear bands), barriers for impeding the propagation of these carriers, and preferred sites for storage, reassembly, and reaction (that may lead to recovery) of interface defects. With the ‘right’ characteristics, interfaces can possess significantly enhanced abilities to absorb and eliminate defects, granting the composite a highly effective healing mechanism and an unparalleled ability to mitigate damage accumulation under severe loading conditions and/or environments. For instance, Cu–Nb-laminated composites with nanometer-scale layers exhibit outstanding thermal stability [22–24], ultra-high strength and plastic deformability [3,8,18,19,23,32,33], shock resistance [31,34], and high resistance to ion-irradiation-induced damage [26,35]. A fundamental understanding of interfaces and interface-dominated deformation events is, therefore, critical.

In this article, we review mechanisms of deformation and strengthening of metal–metal, metal–ceramics, and metal–amorphous nanolaminated materials.

2. Strengthening mechanisms

The flow strength of materials corresponds to the stress required, at a given strain rate, for continuous nucleation, multiplication, and propagation of plastic deformation carriers, such as dislocations and twins in crystalline materials and shear transformation zones (STZs) in amorphous materials. Strengthening of laminated materials can be realized through tailoring layer thickness, layer crystallography, a combination of constituent phases, and structure and properties of interfaces.

2.1. Layer thickness

Layer thickness is a microstructural parameter in determining the mechanical properties of laminated composites because the predominant deformation mechanism in a laminate changes with decreasing thickness of the constituent layers [3,36]. Assuming that a certain interface acts as a barrier for the continuous motion of lattice dislocations, the development of plastic deformation requires high local stresses that act on the dislocation to overcome the barrier. Corresponding to this theoretical assumption, the dislocation pile-up-based Hall–Petch scaling law \[ \sigma \propto h^{-1/2} \] (\( \sigma \) is the flow strength and \( h \) is the layer thickness), is applicable at \( h \) greater than \( \sim \) 100 nm, varying with the properties of constituent phases (Figure 1(a)). For \( h \) in the range of approximately \( \sim \) 10 to \( \sim \) 100 nm, dislocation pile-up on the same plane is unlikely due to the strong repulsion among like-sign coplanar dislocations. The dominant deformation mechanism is confined layer slip (CLS) [25,44–49] that involves the propagation of single dislocation loops parallel to the interfaces within layers (Figure 1(b)). At \( h \) less than approximately 10 nm, experimental data on a variety of metallic nanolaminates indicate that the hardness or strength of laminated materials [3,8,36,45] shows no significant increase in the flow strength with decreasing \( h \). This behavior has been interpreted as a change in dominant deformation mechanism from CLS to interface crossing of single dislocations (Figure 1(c)). The interface barrier strength to the transmission of a single glide dislocation, without the mechanical advantage of a dislocation pile-up, is largely dependent on interface structures and properties, while being independent of the
layer thickness, but may drop when the layer thickness is on the order of dislocation core dimension [27,29,50–58].

2.2. Crystallography of the layers

The crystallography of the layers defines the geometric relations of slip systems (slip planes and slip vectors) in the adjacent layers with respect to the interface plane. The transmissibility of slip across an interface is related to the degree of continuity of slip planes and slip vectors across the interface. It is widely accepted that the occurrence of slip transmission is geometrically favored when a slip system of a crystal on one side of the interface is well-aligned with a slip system of the adjacent crystal. Thus, a geometric factor can be introduced to describe the extent of the slip continuity. If we let $k$ be the minimum angle between their Burgers vector and $\theta$ the minimum angle between the traces that the slip plane makes with the interface (Figure 2(a)), then an efficient transmission pathway would be defined as the value of

$$\chi = \cos \left( \frac{\pi \theta}{2 \theta_c} \right) \cos \left( \frac{\pi k}{2 \kappa_c} \right),$$

equal to or close to unity, where the angles $\theta_c$ and $\kappa_c$ are the limiting angles for $k$ and $\theta$, respectively[59]. The angle $\theta_c$ is reasonably estimated to be $\sim 15$ degrees corresponding to the bow-out of a $1 \sim 2$ nm long dislocation segment which is pinned by the neighboring glide planes. The angles $\kappa_c$ may be larger, approximately 60 degrees. This leads to transferring most components of the Burgers vector of the incoming dislocation into the adjacent layer. According to Equation (1), when either $k$ or $\theta$ exceeds their corresponding thresholds, direct transmission is not possible unless the incoming dislocation line climbs in the interface to be parallel to the trace of the slip plane in the adjacent crystal. In addition, slip transmissibility is also dependent on stresses and energy barriers associated with the transmission of a dislocation across the interface. The Schmid factor of the outgoing slip system $m_{out}$ that determines the glide direction leads to a modification of Equation (1) to $\chi_m = \chi m_{out}$. The difference in slip vectors of the paired slip systems associated with the transmission would lead to transmission anisotropy between two layers because of the energy penalty associated with the residual dislocation at the interface after slip transmission.

For laminates that share the same crystal structure and the same crystallographic orientation, the slip planes and slip vectors are nearly continuous across the interfaces (Figure 2(b)), that is, $k = 0$ and $\theta = 0$. Thus $\chi = 1$. For example of Cu/Ni and Cu/Ag systems that hold the cube-on-cube orientation relation [17,18,30,39,51,60–62], a small change in the magnitude of the slip vector at the interface poses a very minor resistance (or energy penalty) to slip, relative to the strength levels achievable in these materials. The strengthening effect in such kind of materials is thus ascribed to coherency stresses associated with the coherent interface as in Cu–Ni [29,50]. However, Cu–Ag does not have coherency stresses due to large lattice misfit and the slip transmission barrier is derived from the grid of misfit dislocations at the interface. When the two crystals hold the twin orientation relation, for example, eutectic Cu/Ag laminated composites with the twin orientation [63–65] or nanotwinned metals[66–72], the slip planes and slip vectors are of the mirror symmetry across the interface (Figure 2(c)), that is, $k > \kappa_c$ and $\theta = 0$. Thus $\chi = 0$. In addition, resolved shear stresses on both slip systems have mirror symmetry across the interface under a given applied stress; slip transmission is thus suppressed because of the negative $m_{out}$ associated with the outgoing slip system. High strength in these materials is thus attributed to the discontinuity of the slip system.

For laminates that are composed of dissimilar crystal structures, the discontinuity of slip systems intrinsically exists in terms of slip planes and slip vectors. For example, in the Cu/Nb system, the large difference in the slip vectors (associated with a full dislocation in Nb and a partial dislocation in Cu) favors slip transmission from Nb to Cu, while opposing slip transmission from Cu to Nb [27,53]. Correspondingly, the flow strength is determined with respect to slip transmission from Cu to Nb. In addition, the crystallographic orientation influences the active slip systems within the individual nanolayers. For example, in bcc/hcp systems (Mg/Nb nanolaminates), the {0001}Mg||{110}Nb interface is thermodynamically favored [73–75]. The primary slip system {0001} < 1120 > (referred to as basal slip) in a hexagonal close-packed (hcp) structure is suppressed because of the zero Schmid factor when the laminate is subjected to loading normal to the interface. Non-basal slip systems with higher critical resolved shear stresses (CRSSs) compared to basal slip thus accommodate plastic deformation in Mg nanolayers [76–80]. Correspondingly, the Mg/Nb nanolaminates show unusually high flow strength, about five times higher than bulk Mg [73].

2.3. Combination of constituent phases

An appropriate combination of constituent phases enables the optimization of strength and ductility of laminated materials. According to plastic deformation mechanisms of constituent phases, laminated materials can be categorized into three groups (Figure 3). Both constituent phases in groups 1 and 2 are crystalline and plastically deform via nucleation and propagation of dislocations.
Figure 2. The crystallography of slip across interface: (a) general case, (b) parallel slip systems case, and (c) twin-oriented case. The arrows indicate the glide direction of lattice dislocations under compression normal to the interface.

Figure 3. Maximum strength of nanolaminated materials with respect to the combination of constituent phases: (a) metal–metal crystalline laminates (b) metal-crystalline hard phase laminates, and (c) metal-metallic glass laminates. Black squares indicate the strength of constituent 1 under the black line and red circles represent the strength of constituent 2 above the black line in the horizontal axis. Blue triangles represent the strength of nanolaminated composites.

For group 1, the CRSS for slip in both phases is similar (e.g. metal–metal nanolaminates). But for group 2, the CRSS in one constituent phase is much higher than that in the other, for example, metal-hard phase where ‘hard phase’ is crystalline ceramic or intermetallic. Unlike groups 1 and 2, group 3 is composed of one crystalline phase that plastically deforms via dislocations, and the other amorphous phase wherein STZs or shear bands accommodate plastic deformation.

Figure 3 shows the maximum strengths of laminated composites with respect to the combination of constituent phases. For comparison, the maximum strength of each constituent phase refers to the strength of the bulk single crystal form. The strength of group 1 nanolaminates is higher than that of each constituent counterpart, (2) Group 2 nanolaminates have strengths in between the strengths of the two constituent counterparts, and (3) Group 3 nanolaminates can reach the yield strength of a single amorphous phase.

The unusually high strength achieved for group 1 nanolaminates can be accounted for based on three strengthening mechanisms with respect to three types of interfaces. Type 1 interface is fully coherent and generally occurs in very fine layers. Coherency stresses resulting from lattice mismatch must be overcome in order to achieve slip transmission [29,52,81]. Type 2 interface is twin interface that causes crystallographic discontinuity of the slip system, for example, corresponding to the twin orientation strengthening mechanism [63–72]. Type 3 interface is semi-coherent that has a low shear resistance in general, corresponding to weak shear interface strengthening mechanisms [27,28,50,53,54,57,82]. It
Figure 4. Stress fields in 10 nm Al—5 nm TiN in association with the deposited interface dislocations with the average spacing of 10 nm, showing (a) the normal stress parallel to the interface and (b) the resolved shear stress with respect to a glide plane (denoted as dashed white lines) [83].

is worth pointing out that a general rule of mixtures in terms of materials strength breaks down in these nanolaminates.

In group 2 and 3 nanolaminated materials, the soft metal phases are strengthened, while the hard phases are softened. This can be accounted for by dislocation–interface interactions. In order to maintain the geometric compatibility of a laminated microstructure during straining, the elastic and plastic deformation in layers can be rationalized as follows. When a laminate is subjected to normal compression, plastic deformation first commences in softer layers and more plastic deformation develops in softer layers because of the lower yield strength and higher mobility of dislocations in the soft phase compared to the hard phase. Dislocations glide in the layers confined by the bounded interfaces, and deposit interface dislocations at the interfaces. The deposited dislocation arrays at interfaces produce residual stresses: tensile ($\sigma_{xx}(\rho)$) in harder layers and compressive ($-\sigma_{xx}(\rho)$) in softer layers (Figure 4(a)) [83]. Both increase with the increase in the density ($\rho$) of the accumulated interface dislocations. The density $\rho$ increases as the total deformation increases. Continuous deformation requires an increase in the applied loading in order to overcome the residual compressive stress in the softer layer, resulting in strain hardening of the softer phase. While the residual tensile stress in harder phases and the interaction force between these deposited dislocations at the adjacent interfaces produce a positive resolved shear stress (Figure 4(b)), these reduce the required applied stress for activating dislocations in the harder layers. Due to plastic co-deformability, the group 2 nanolaminates exhibit high strength and plasticity.

For group 3 crystal-amorphous nanolaminated composites, plastic deformation in amorphous layers (specifically in metallic glasses) is mainly carried out by STZs at small strains and shear banding at large strains [84–89]. The deposited dislocations activate STZs in amorphous layers, and further deformation increases the density of STZs, resulting in shear banding in amorphous layers. Since the metal–amorphous interfaces are less ordered, the incoming lattice dislocations are smeared along the interface, reducing the local strain/stress concentration [82,90–96]. The maximum strength that metal–amorphous nanolaminates can reach is mainly determined by the yield strength of the single amorphous phase [97–100], although the nanolaminate composites exhibit plasticity.

2.4. Structures and properties of interfaces

Interfaces play triple roles in plastic deformation: sources for nucleating dislocations, barriers for impeding the motion of dislocations, and platforms for dislocation reactions. In group 1 laminated composites, interfaces play an obvious strengthening role: the strength of the composites is higher than that of each constituent phase. In group 2 and 3 laminated materials, the constraint from the layered geometry leads to induced plasticity in the hard phase facilitated by accumulated interface dislocations.

The difficulty of dislocation transmission through an interface is ascribed to different mechanisms with respect to interface types. For coherent interface, coherency stresses play a crucial role in defining the maximum strength that can be achieved (Figure 5(a)). The strength model suggested by Hoagland et al. [29] is based on the idea that a dislocation cannot traverse the composite unless the net forces on the dislocation in all layers are the same sign. Thus, a stress must be applied that
at least cancels the coherency stress in one of the two constituents. In systems such as Cu–Ni with equal layer thickness, the calculated coherency stresses are on the order of 2 GPa, comparable to the experimentally measured strengths [8,28,60]. For twin boundary in single-phase or bi-phase metals [63–72], the change in crystal orientations between matrix and twinned crystals [101] results in the discontinuity of slip systems across twin boundaries (Figure 5(b)) [102,103]. Consequently, a high resolved shear stress is required to transmit a single dislocation across twin interfaces, thereby increasing the strength [67,68,104–110].

A semi-coherent interface is composed of patches of atomic coordination separated by misfit dislocations that relax the long-range coherency stresses. The arrays of misfit dislocations at interfaces must be cut (Figure 5c) for a single dislocation transmission across the interface [30,55]. Because of the intrinsic discontinuity of slip across a semi-coherent interface, slip transmission naturally involves a re-nucleation process, as demonstrated in Cu–Nb multilayers using atomistic simulations [27,28,111]. More importantly for a semi-coherent interface, interfaces show lower shear resistance than the theoretical estimates of shear strengths on glide planes in perfect crystals, because intersections of misfit dislocations act as preferred sites for nucleating an interface dislocation loop [27,28,53,54,57]. As a consequence, the interface will shear in response to the stress fields of a nearby lattice dislocation and attract the dislocation into the interface [27,28,112]. After the incoming dislocation becomes absorbed and extends its core within the interface plane, in order for it to transmit into the other crystal, it must then ‘re-nucleate’ and bow-out onto the outgoing slip system, an event that is aided by thermal activation [28,111]. Using atomistic simulations, it has been demonstrated that a dislocation, no matter what type or sign, spontaneously enters the interface, due to the shear of the interface. The core of the lattice glide dislocation readily spreads within the interface, resulting in a nonplanar core structure. The width of core spreading increases with decreasing interface shear strength [27]. Thus, core spreading effectively pins a glide dislocation in the interface plane and so ‘weak shear’ interface can be a very strong barrier to slip transmission across interfaces (Figure 5(d)). Atomistic simulations [111] demonstrated that the weaker the interface, the larger the magnitude of core spreading, and hence stronger resistance to slip transmission, as shown in Figure 6.

The ability of an interface to transmit dislocations may change with strain. Over the duration of plastic deformation, the interface must interact with a high flux of dislocations. These dislocations either become stored in
the interface or transmit across it. Even if they were to transmit, residual dislocations are deposited in the interface since the Burgers vectors of the incoming and outgoing dislocations are unequal. Thus either way, dislocation–interface interactions can increase the extrinsic dislocation density stored in the interface with applied strain. In the event that this extrinsic density is not recovered, it can affect the ability of the interface to transmit subsequent dislocations. It can be envisioned that this density could, on the one hand, repel subsequent dislocations, thereby hindering transmission, or, on the other hand, it can increase the interfacial shear strength, thereby promoting transmission with strain \[27,59,111,112\].

### 3. Plasticity in interfaces

Plastic deformation in nanolaminated materials involves plasticity in the interface as well as the constituent layers. Interface plasticity is accomplished through nucleation, glide, and climb of dislocations that lie in the interface plane. Thus, it is controlled by the interface structures and properties.

#### 3.1. Glide of interface dislocations

Interface shear occurs via nucleation and glide of interface dislocations under effective shear stresses parallel to the interface plane \[54\]. In addition to interface sliding under applied shear stress, interface shear can be triggered by the creation of interface dislocations under the stress field associated with lattice glide dislocations impinging on the interface \[27,56,82,113,114\]. The created interface dislocations further attract lattice dislocation into the interface. The in-plane component of Burgers vector of the lattice dislocation then spreads along the interface (corresponding to the core spreading), causing interface shear. A glide dislocation blocked by the interface can also cross-slip into the interface plane without core spreading, especially if the interface plane is also a glide plane, resulting in interface sliding \[27,82,112\].

#### 3.2. Climb of interface dislocations

Interface dislocations can climb along the interface plane because of the low formation energy and low migration energy of point defects in interface \[53,59,69,115–127\], as demonstrated by molecular dynamics (MD) simulations \[116–127\]. In particular for a semi-coherent interface, point defects have lower formation energy and lower migration energy along misfit dislocation lines and at intersections of misfit dislocations \[59,124–127\]. Thus, an interface has higher equilibrium concentration for point defects. Dislocation climb at the Cu–Nb interface has been inferred from atomistic simulations (Figure 7(a)) \[123\] and experimentally observed in Al–Nb interfaces (Figure 7(b1–b3)) \[115\]. This is consistent with a high vacancy concentration and a high diffusivity of vacancies in these interfaces. Atomistic Monte Carlo simulations indicate that the Cu–Nb interface can have a high vacancy concentration of 0.05 (Figure 7c), about 14 orders of magnitude higher than the vacancy concentration in the bulk Cu crystal \[58\]. The mean extended vacancy formation energy \(E_f\) with respect to the removal of atoms in the interfacial Cu layer is computed to be 0.12 eV/atom. This formation energy is one order of magnitude smaller than the formation energies of vacancies (1.26 eV) or interstitials (3.24 eV) in bulk Cu. In addition, the migration of a point defect in the interfacial plane involves the rearrangement of a group of atoms with an associated delocalized displacement field within the interface, unlike single-atom jumps for a vacancy in a bulk crystal. Using the Nudged Elastic Band method, the kinetic barriers associated with the migration from one delocalized displacement field to the other were computed in the range of 0.03–0.10 eV by molecular statics simulations. This small kinetic barrier is comparable with a Cu adatom diffusing on a flat Cu (111) surface \[128–131\], and results in the high diffusivity of vacancies within interfaces. Similar results have been observed in Cu–Ni and Cu–Ag interfaces \[59\].

Because of the easy glide and efficient climb, interfacial dislocations can move within the interface, react with other interfacial dislocations, and interact with point defects in the interface. First, the easy glide and efficient climb enable slip transmission: glide dislocations can reassemble the spread cores in the interface plane via climb, and dislocation debris scattered in interfaces...
Figure 7. (a) Molecular dynamics simulations demonstrated dislocation climb along the Cu–Nb interface [123], and (b1–b3) in situ TEM observations of dislocation climb along the Al–Nb interface [115]. Climb of the out-of-plane component of interfacial dislocations is ascribed to (c) a high equilibrium vacancy concentration of 5.8% at 300 K and a low kinetic barrier of 0.03–0.10 eV for vacancy migration in the interface [55,128].

3.3. Effect of interface dislocations on strain hardening in metallic nanolaminates

When the incompatibility of plastic deformation in the adjacent layers is small, strain hardening is mainly ascribed to the character of accumulated interface dislocations and interface mechanical properties. For example, nanotwinned face centered cubic (fcc) metals show a high strain hardening rate than Cu–Nb multilayers (Figure 8(a)). This is ascribed to the high density of accumulated interface dislocations in twin boundaries that originate from the crystallography of slip in the layered microstructure (Figure 8(b)), but the less accumulated dislocations in the Cu–Nb interface because of the dynamic recovery of dislocations assisted by the efficient climb and glide in the Cu–Nb interface [58,115,123,132]. By fitting experimentally measured stress–strain curves in the function form of \( \sigma = K_1 + K_2 \varepsilon^n \), the coefficient \( K_2 \) represents the increment in flow strength due to unit increase in strain. For nt Cu, \( K_1 = 760 \text{ MPa}, K_2 = 580 \text{ MPa}, \) and \( n = 0.12 \) [103]. For comparison, the values of fitting constants to work hardening results in rolled bulk Cu and 2.5 nm Cu/2.5 nm Nb multilayers [133] are \( K_1 \approx 0 \text{ MPa}, K_2 = 350 \text{ MPa} \) and \( n = 0.35 \) and \( K_1 = 2250 \text{ MPa}, K_2 = 100 \text{ MPa}, \) and \( n = 0.05 \), respectively. The value of \( K_1 \) is significantly higher in nanotwinned Cu than that of bulk Cu as a result of higher flow strength of the nt Cu, and is lower than that of the 2.5 nm Cu/2.5 nm Nb multilayer. The strain can reassemble into lattice glide dislocations, facilitating slip transmission. Second, reactions between interfacial dislocations assisted by glide and climb could lead to the annihilation of dislocation content (recovery) (Figure 7(b)). Third, discrete pile-ups can be absorbed in the interface plane, assisted by glide and climb in the interface, thereby blunting the stress concentration of the pile-up [28,122]. Finally, dislocation climb enables the interfacial plane to be in an equilibrium state with respect to concentrations of point defects because of absorption and/or emission of vacancies at dislocation cores. Thus, semi-coherent interfaces offer an ideal platform for the dynamic recovery and reassembly of interface defects. Nanolaminated materials could persist in a damage-free steady state even when driven far from equilibrium by intense particle radiation [5,26,28,55,122].
hardening rates are calculated to be 10 GPa for bulk Cu, 0.9 GPa for nt Cu, and 0.09 GPa for 2.5 nm CuNb multilayers at the strain level of ~5%. It is also noticed that a higher strain hardening rate was measured experimentally, 7 GPa in 30 nm Cu/30 nm Nb multilayers at the strain of ~5%, but the flow strength is lower than the 2.5 nm Cu/Nb multilayers [103].

The difference in strain hardening rate between nanotwinned Cu and CuNb multilayers is ascribed to the character of accumulated interface dislocations. The presence of twin interfaces causes the change in crystal orientations between matrix and twinned crystals, resulting in the discontinuity of slip systems across twin interfaces (Figure 8(c)). When nanotwinned Cu is subjected to normal loading (perpendicular to the twin interface plane), lattice dislocations meet at the interface and react to form Lomer dislocations that cannot glide along the interface (Figure 8(d)). In addition, shear stresses parallel to twin interfaces are minimal, or locally exist in some regions of twin interfaces due to the residual dislocations at twin interfaces. Therefore, these interface dislocations are likely to be sessile at twin interfaces, acting as stored dislocations which cause strain hardening. Unlike the twin interface, slip systems in CuNb multilayers can be paired to reduce the content of interface dislocations, as shown in Figure 8(e) and (f). In particular, the low formation energy of point defects in the CuNb interface enables the dislocation climb along the interface [58] and
Figure 9. (a) High-resolution transmission electron microscope (HRTEM) image of a typical cube-on-cube Cu–Ag interface and (b) fine twin bands in the cube-on-cube Cu–Ag composite. (c) HRTEM image of a typical hetero-twin Cu–Ag interface and (d) a shear band in the hetero-twin Cu–Ag composite. Three paired slip systems form the threefold crystallographic symmetry of slip systems about the normal of the interface [65].

the low interface shear [27,82] facilitates glide of interface dislocations that facilitates the recovery of stored dislocation content. Using Synchrotron X-ray microdiffraction, it was demonstrated that the content of interface dislocations does not increase significantly in CuNb nanolayers during straining up to a final cumulative strain of 35% [132]. Thus, a relatively lower strain hardening rate was observed in CuNb multilayers.

3.4. Twin, slip, and shear banding in crystalline laminates

To demonstrate the correlation of the occurrence of plastic flow instability with the crystallography of slip systems and interface properties, two material systems Cu–Ag and Cu–Nb are compared.

Lamellar eutectic Cu–Ag, fabricated via a flux-melting technique, [18, 65, 134, 135] exhibits two kinds of crystallographic relations, cube-on-cube and hetero-twin. Both share a semi-coherent \( \{111\} \) interface. An analysis of the crystallography of slip systems indicates three pairs of slip systems that share the same slip trace on the interface (Figure 9(a) and (b)). The cube-on-cube orientation relationship retains the continuity of slip across the interface, while the hetero-twin orientation relationship results in the discontinuity of slip across the twin interface (Figure 9(b), also see Figure 8(d)). As a consequence, the paired slip systems across the interface will annihilate the common Burgers vectors in the cube-on-cube Cu–Ag interface. A very small residual Burgers vector (0.034 nm, approximately 1/10th of the full Burgers vector) is left on the interface. However, the paired slip systems in the hetero-twin Cu–Ag only annihilate the in-plane components, and a large residual Burgers vector (0.221 nm, 86% of full Burgers vector) is left on the interface as a Lomer sessile dislocation (Figure 8(d)).

It is noticed that three paired \( \{111\} \) slip systems hold a threefold symmetry around the normal of the interface in both cube-on-cube and hetero-twin orientation relationships (Figure 9(a) and (c)). When the materials are subjected to the loading (perpendicular to the interface plane), the Schmid factor is 0.32 for all glide dislocations on \( \{111\} \)-type glide planes [65]. Therefore, the activity of dislocations is assumed to be the same on all \( \{111\} \)-type planes. If the same number of slip systems and the same slip activity on all glide planes are activated in both Cu and Ag, plastic deformation can take place in a symmetrical mode in both crystals across the interface. As a result, there is no net rotation of the \( \{111\} \) interface, although the residual dislocations are accumulated on the interface. However, the activation of dislocations in Ag is easier than Cu and twinning commonly occurs in Ag. This causes the development of stress concentrators along the interface. With continuous straining, twins in Ag layers transmit into Cu layers in the cube-on-cube Cu–Ag laminates. Once one twinning system is predominated, the other two twinning systems will be either completely...
suppressed or have lower activity, and plastic flow instability occurs accompanied by the propagation of twin bands across multiple layers. Within this cross-interface twin band, the pair of twinning systems on either side of the interfaces is well-aligned and the cube-on-cube orientation relation is maintained within the band [65]. This localized twin band may be classified as crystallographic (Figure 9(b)).

Differing from the cube-on-cube Cu–Ag laminates, the residual dislocations resulting from paired \{111\} slip systems across the twin boundary are Lomer dislocations that have Burgers vector perpendicular to the twin interface in the hetero-twin Cu–Ag laminates (also see Figure 8(d)). In the absence of a symmetrical activation of three sets of paired slip systems, the accumulation of Lomer dislocations causes interface tilting, facilitating cross-slip of dislocations on the twin interface. This local change in slip activity could favor large crystallographic rotations and lead to shear banding (Figure 9(d)) in the hetero-twin Cu–Ag system [65]. In the central core zone of the shear band, the layered morphology is preserved, the layer thickness has become finer, and the layers have rotated relative to those in the matrix. The shear band structure is not aligned with any crystallographic plane, indicating non-crystallographic banding [65,134].

Similar phenomena have also been observed in Cu–Nb laminates. Cu–Nb thin films produced by PVD [20,65,136] possess planar Cu–Nb interfaces with a KS orientation relationship (Figure 10(a)). Using micropillar compression, non-crystallographic shear banding occurs and runs across the pillar wherein the layers had rotated to an orientation favorable for interfacial sliding (Figure 10(b)) [20,65,136]. The KS orientation relationship is preserved, but altogether the Cu and Nb crystallographic orientations have reoriented by 28.5°, while the morphology of the Cu–Nb interface has only rotated 17.5°. The difference signifies that the crystallographic interface planes have tilted 11° and no longer correspond to the

![Figure 10](image)

**Figure 10.** (a) HRTEM image of a typical KS Cu\{111\}–Nb\{110\} interface and (b) a shear band in the composite [65]. (c) HRTEM image of a typical KS Cu\{112\}–Nb\{112\} interface and (d) a shear band in the composite. The white lines in (a) and green lines in (c) indicate the favorably paired slip systems. (e) and (f) TEM images of (d), showing fine twins and stacking faults in the Cu layer that are parallel to the favorably paired slip plane.
3.5. Shear banding in crystal-amorphous laminates

Metal/amorphous laminated composites have been fabricated in pursuit of enhanced mechanical and functional properties of amorphous layers in the recent years [84–90,97–100,140–155]. The amorphous layer involves metallic glasses [84–90,97–100,140–145], amorphous ceramics [146–151], and carbon or silicon family elemental glasses [152–157]. To conquer mechanical instabilities of amorphous materials, the laminated microstructure constrains the formation and propagation of damage (cracks and shear bands) in amorphous layers and possibly enables the plastic co-deformation between amorphous and metallic layers. The study of mechanical deformation of metal/amorphous laminated composites has been largely focused on the metal-metallic glass and metal–amorphous ceramic laminates [84–90,97–100,140–155]. Plastic deformation in metal–amorphous laminates, unlike crystalline laminates, is mainly accommodated by plastic deformation in metallic layers. The mechanical behavior of amorphous materials is dependent on their category. Amorphous metals (or metallic glasses) lack strain hardening ability, resulting in limited elongation after the elastic–strain region [85–90,140–145]. Beyond the elastic limit, metallic glasses deform via STZs and fail by localized shear bands [140–145].

Amorphous ceramics behave very similarly to crystalline ceramics at room temperature which fails by brittle fracture [150,151]. An experimental study of an Al-amorphous SiC system [150] revealed the mechanical instability associated with the fracturing of the SiC layers in the nanolaminate at large deformations [151], although nanoscale amorphous SiC layers demonstrated remarkable elastic bending flexibility. The interface bonding strength of the Al-amorphous SiC was found to be higher than the rupture strength of pure Al. This is evident as cracks initiate inside Al layers instead at the interface [151]. Plastic co-deformation between the Al and amorphous SiC layers could not be achieved [150,151].

Unlike metal–amorphous ceramics laminates, plastic co-deformation has been observed in metal-metallic glass when the thickness of the layers is carefully tuned [84–90,97–100,141–145]. Taking Cu/CuZr glasses as a prototype material, their laminated films were deposited with alternating layers of amorphous CuZr and crystalline Cu layers [141–145]. Cui et al. performed a series of experimental study [141] in which Cu layers had a thickness of 18 nm in all multilayers, and CuZr layers had different thicknesses of 4, 10, 20, 40, 75, and 100 nm, respectively. Scanning electron microscope images of the laminates after the indentation testing revealed the formation of shear bands as the CuZr layer thickness exceeds...
Figure 11. TEM images of the 40 nm CuZr/Cu multilayer after indentation testing. (a) Six shear bands outlined in the yellow rectangles and (b) the shear bands SB1 and SB2 end at the CuZr–Cu interfaces. (c) and (d) slip bands in the Cu layers that formed associated with shear on $\{111\}$ planes nonparallel to the layers. The thin red line in (c) and (d) represents $\{111\}$ planes in the Cu. Two tilt grain boundaries, GB1 and GB2, are marked in (c), indicating that shear also occurs on the $\{111\}$ plane parallel to the layers. The regions outlined by the yellow circles show a crystalline structure in the CuZr.

20 nm, while a homogenous plastic deformation in the 4 nm CuZr—18 nm Cu and the 10 nm CuZr—18 nm Cu multilayers [141]. Figure 11 shows the cross-sectional transmission electron microscope images of the 40 nm CuZr—18 nm Cu multilayer. In Figure 11(a), we marked six shear bands in the rectangles, SB1 to SB6. Four intriguing features are characterized. (1) Shear bands did not nucleate from surfaces of the samples; (2) shear bands cut through several crystalline and amorphous layers; (3) localized shear in the Cu layers is accomplished via slip on $\{111\}$ planes; and (4) shear bands are approximately parallel to the $\{111\}$ plane in the Cu layers (nonparallel to interface plane). In this scenario, slip bands are triggered in the Cu layers to accommodate the localized shear deformation associated with the extension of shear bands in the CuZr layers, as observed in Figure 11(c) and (d), and schematically illustrated in Figure 12.

The lack of shear banding in the 4 nm and 10 nm CuZr/Cu multilayers could be understood according to plastic co-deformation mechanisms. Noted that there exists a critical length scale of 10–20 nm for amorphous CuZr alloys, below which amorphous CuZr layers can plastically deform via the so-called STZs [84–90,97–100,141–145]. The deposited dislocations at interfaces act as stress concentrators, facilitating the formation of STZs at interfaces in CuZr layers and achieving plastic deformation transmission from the Cu layer to the CuZr layer, as illustrated in Figure 12(a) and demonstrated by MD simulations [90,141].

With the increase in the CuZr layer thickness, the tensile stress in the CuZr layers and the interaction force between the deposited dislocations at the adjacent interfaces decrease. Even though STZs are formed at interfaces, the propagation of the STZs across the entire CuZr layer is slowed down due to the reduced shear stress on the plane nonparallel to the CuZr layers. When increasing the applied compressive stress, the resultant shear stress on the plane nonparallel to the CuZr layers...
eventually triggers the formation of shear bands by gathering STZs in the CuZr layers. The formed shear bands then propagate toward the adjacent interfaces, and consequently trigger plastic deformation in the Cu layers. Corresponding to the crystallography of the Cu layer, slip on \{111\} planes via either Shockley partial dislocations or full dislocations accommodate the localized shear deformation in the adjacent CuZr layers. As a consequence, slip bands are formed in the Cu layers parallel to the \{111\} planes, constraining shear bands in the CuZr layers that are parallel to the \{111\} plane in the Cu layers. Accompanying the propagation of such shear bands, the shear stress in the front of the shear bands decreases, associated with the development of a zone of plastic deformation, and the shear bands are more likely to eventually stop propagation at the CuZr–Cu interfaces.

4. Summary

Due to a high density of interfaces, geometrical constraints from layered geometry, controllable layer thickness, designed interfaces (orientation relationship, atomic structure, and interface shear strength), and nanolaminated composites achieve a unique combination of mechanical properties—high flow strength, good ductility, thermal stability, and plastic flow stability at large strains. In particular, the mechanical behavior of nanolaminates is dominated by interfaces that act as sources, barriers, and preferred sites for storage and dynamic recovery of glide dislocations.

Theory and modeling at different length scales including atomistic [27–29,56,72–74,90,91,158], discrete dislocation dynamics [159–168], and crystal plasticity [169,170], integrated with experimental observations, provide insights into understanding the interface-dominated behavior of nanolaminates. However, incorporating all of the relevant interface physics into the multiscale models to develop predictive capability is still a challenge [53,114].

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Disclosure statement

No potential conflict of interest was reported by the authors.
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