Technical Note

Intensities of Incident and Transmitted Ultraviolet-A Rays through Gafchromic Films

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Abstract

Gafchromic films have been applied to X-ray dosimetry in diagnostic radiology. To correct nonuniformity errors in Gafchromic films, X-rays in the double-exposure technique can be replaced with ultraviolet (UV)-A rays. Intensities of the incident and transmitted UV-A rays were measured. However, it is unclear whether the chemical color change of Gafchromic films affects the UV-A transmission intensity. Gafchromic EBT3 films were suitable to be used in this study because non-UV protection layers are present on both sides of the film. The film is placed between UV-A ray light-emitting diodes and a probe of a UV meter. Gafchromic EBT3 films were irradiated by UV-A rays for up to 60 min. Data for analysis were obtained in the subsequent 60 min. Images from before and after UV-A irradiation were subtracted. When using 375 nm UV-A, the mean ± standard deviation (SD) of the pixel values in the subtracted image was remarkably high (11,194.15 ± 586.63). However, the UV-A transmissivity remained constant throughout the 60 min irradiation period. The mean ± SD UV-A transmission intensity was 184.48 ± 0.50 µm/cm². Our findings demonstrate that color density changes in Gafchromic EBT3 films do not affect their UV-A transmission. Therefore, Gafchromic films were irradiated by UV-A rays as a preexposure.

Keywords: Diagnostic radiology, Gafchromic film, nonuniformity error, transmission intensity, ultraviolet

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INTRODUCTION

Gafchromic films are used for quality assurance, quality control,[1,2] and radiation dosimetry during diagnostic examinations such as computed tomography.[3,4] Nonuniformity errors in the active layer of Gafchromic EBT films are corrected by the double-exposure technique.[5] To resolve this problem, ultraviolet (UV)-A rays have been tried to use in diagnostic radiology.[6] Under UV irradiation, Gafchromic films are chemically polymerized and their color changes from transparent to dark blue.[7] UV-A rays emitted from a fluorescent lamp (peak wavelength 365 nm) react more effectively with Gafchromic EBT2 and EBT3 than do UV-B and UV-C (peak wavelength 320 nm and 245 nm)[8] rays.[9,10]

X-ray absorption is unaffected by changes in color density in the Gafchromic film. In contrast, visible light absorption follows the Beer–Lambert law, indicating that color change directly affects the quantity of visible light absorption. Meanwhile, whether a chemical color change affects the UV-A absorption of Gafchromic films is unclear. Although the changing absorbed intensity of UV-A rays cannot be directly measured on Gafchromic films, it can be indirectly determined from the intensities of incident minus transmitted UV-A. This study reports the measurement of changing UV-A transmission intensities through the active layer of Gafchromic EBT3 films as a substitute of UV-A absorption.

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MATERIALS AND METHODS

Ultraviolet-light-emitting diode, Gafchromic films, and measurement

The cannonball-type UV-A light-emitting diode (LED) series (Nitride Semiconductors Co., Ltd., Tokushima, Japan) was used in the experiments.[11] Irradiation wavelengths ranged from 360 to 400 nm in 5 nm increments, with an additional point at 353 nm [Table 1]. Wavelengths of the UV-A LEDs are listed in Table 1. Uniformity of the UV-A LED irradiation was within 80% of the peak intensity up to 7.5° from the isocenter. The Gafchromic EBT3 films (Lot# 04011401, expiry date: April 2016; Ashland Inc., Covington, KY, USA) were cut into trapezoidal shapes measuring 4.5 cm (top) and 5.5 cm (bottom). The Gafchromic EBT3 film without a UV protection layer was considered suitable for this study.[9] Moreover, the active layer (lithium pentacos-10,12-diynate) of Gafchromic EBT3 can be considered representative of other Gafchromic films.[7]

The intensities of incident and transmitted UV-A were measured by a UV meter (UVR-300 with a UD-360 probe [365 nm]; Topcon Technohouse Corporation, Tokyo, Japan) during 10 and 60 min of irradiation, respectively, and data were collected at 1 min intervals during each 10 min using BrightLoader 4 (Harvey Lab Corporation, Tokyo, Japan). The UV-A LED, Gafchromic EBT3 film, and UV meter were fixed on acrylic boxes (Comoglas CG UV40 P, 3-mm thickness, Lot# 140406CB; Kuraray Co., Ltd., Tokyo, Japan). Positions of the UV-A LED, Gafchromic EBT3 film, and UV meter are shown in Figure 1a and b.

Scans and data analysis

Scanning of the Gafchromic EBT3 films was performed as described by Katsuda et al. for EBT2 and EBT3 films[6] with reflection mode.[12] The moiré artifacts (Newton’s rings) were reduced by designing a 5 µm gap of the matte polyester surface of the Gafchromic EBT3 film.[10] To reduce the artifact even surely, a sheet of overhead projector film and liquid crystal display was placed in the irradiation path. All films were scanned with and without irradiation by UV-A. In addition, to improve the reproducibility of the scan position of Gafchromic EBT3, a scan position sheet was attached to the surface of the scanner glass. The Gafchromic film was always scanned in the same direction (portrait mode with 180° rotation). All experiments were performed at the room temperature of within 21°C–25°C. Pixel values in the subtraction image were analyzed by ImageJ 1.44o for Macintosh (National Institutes of Health, Bethesda, MD, USA). The subtraction image was constructed from the UV-A-irradiated image minus the non-UV-A-irradiated image. To measure pixel values, a region of interest (ROI; diameter 1.27 cm) was centered in the UV-A-irradiated region. The mean ± standard deviation (SD) pixel values in the ROI were identified by histogram analysis. The entire experiment was completed in 1 day.

RESULTS

Incident intensity of ultraviolet-A

The maximum incident intensity of UV-A was observed at 375 nm. The maximum, minimum, and mean ± SD of the incident intensities were 1430, 1420, and 1425 ± 5.27 µW/cm².

Table 1: Wavelengths of ultraviolet light-emitting diodes

| LED name        | Peak wavelength (λp nm) |
|-----------------|-------------------------|
| NS355L-5RLO     | 353                     |
| NS360L-5RLO     | 360                     |
| NS365L-5RLO     | 365                     |
| NS370L-5RLO     | 370                     |
| NS375L-5RLO     | 375                     |
| NS385L-ERLO     | 380                     |
| NS385L-ERLO     | 385                     |
| NS395L-ERLO     | 390                     |
| NS400L-ERLO     | 395                     |

LED: Light-emitting diode

Table 2: Transmission intensities of ultraviolet-A

| Wavelength (λp nm) | Mean±SD Incident | UV intensities (µW/cm²) |
|--------------------|------------------|------------------------|
| 353                | 187.20±0.42      | 25.44±0.13             |
| 360                | 220.50±1.08      | 32.20±0.04             |
| 365                | 507.10±2.76      | 69.71±0.12             |
| 370                | 653.70±2.58      | 86.53±0.11             |
| 375                | 1425.00±5.27     | 184.48±0.50            |
| 380                | 536.20±3.19      | 76.44±0.23             |
| 385                | 656.90±0.56      | 89.15±0.55             |
| 390                | 85.29±0.15       | 12.89±0.08             |
| 395                | 91.85±0.12       | 14.10±0.10             |
| 400                | 13.90±1.87       | 1.90±0.01              |

SD: Standard deviation, UV: Ultraviolet
respectively [Table 2]. In contrast, the minimum incident intensity of UV was observed at 400 nm. In this case, the maximum, minimum, and mean ± SD incident intensities of the UV rays were 13.9, 13.9, and 13.9 ± 1.87 μW/cm², respectively.

**Transmission intensity of ultraviolet-A**

The maximum, minimum, and mean ± SD of the 375 nm UV-A transmission intensities were 185.2, 183.4, and 184.48 ± 0.50 μW/cm², respectively, and those of 400 nm UV-A transmission intensity dose were 2.0, 1.9, and 1.90 ± 0.01 μW/cm², respectively [Table 2]. The UV-A transmission intensities through the Gafchromic EBT3 film remained constant throughout the measurement period. The chemical color change of the film did not affect the UV-A transmission intensity.

**Pixel values of Gafchromic EBT3**

The 375-nm UV-A irradiation generated the maximum pixel values of Gafchromic EBT3. The mean ± SD pixel values of the Gafchromic EBT3 film irradiated at 375 nm were 11,194.15 ± 586.63 [Table 3]. Normal and subtraction images with an ROI including the Gafchromic EBT3 film are shown in Figure 2.

**DISCUSSION**

**Interpolation error of forward voltage**

Wavelengths between 385 and 395 nm were emitted by changing the forward voltage of the LED. These wavelengths were higher than the original wavelength between 380 and 390 nm of UV rays; however, data on incident and transmission intensities were consistent.

**Color-density increase and transmitted ultraviolet-A integrated intensity**

The UV-A transmission intensities were measured at 1 min intervals during each 10 min by the UV meter. The color density was chemically altered in the final image. However, during irradiation by UV-A for 60 min, the transmission intensities of the Gafchromic EBT3 film remained unchanged at all tested wavelengths, indicating that the increase in color density does not affect UV-A transmission through the Gafchromic EBT3 film.

After irradiation with 365 and 375 nm UV-A rays, the mean ± SD pixel values were 11,361.03 ± 858.66 and 11,194.14 ± 586.62, respectively, which are remarkably high values than others. The corresponding mean ± SDs of the UV-A transmission intensities were 69.71 ± 0.12 and 184.48 ± 0.50 μW/cm², respectively. Therefore, the transmission intensity of UV-A can be considered as being stable.

**Selection of region of interest**

According to the manufacturer’s specification, more than 80% of the intensity is concentrated within 7.5° of the isocenter. Therefore, an area measuring 1.27 cm was chosen as the ROI for evaluation.

**Ultraviolet protection**

As UV-rays are harmful for the human body,[13] the UV-A irradiation experiment was performed in UV-irradiation boxes constructed from UV reduced acrylic plates.

**CONCLUSION**

The relation between chemical color changes (pixel value) and UV-A transmission intensity in the Gafchromic EBT3 film was investigated. Transmission intensities were constant during 60 min of irradiation by UV-A LEDs. This indicates that the UV-A transmissions through the Gafchromic EBT3 film, regardless of chemical color change, were consistent. Therefore, UV-A can be used for irradiation as preexposure for Gafchromic films.

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**Conflicts of interest**

There are no conflicts of interest.

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