A neuromechanistic model for rhythmic beat generation

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Abstract

When listening to music, humans can easily identify and move to the beat. Numerous experimental studies have identified brain regions that may be involved with beat perception and representation. Several theoretical and algorithmic approaches have been proposed to account for this ability. Related to, but different from the issue of how we perceive a beat, is the question of how we learn to generate and hold a beat. In this paper, we introduce a neuronal framework for a beat generator that is capable of learning isochronous rhythms over a range of frequencies that are relevant to music and speech. Our approach combines ideas from error-correction and entrainment models to investigate the dynamics of how a biophysically-based neuronal network model synchronizes its period and phase to match that of an external stimulus. The model makes novel use of on-going faster gamma rhythms to form a set of discrete clocks that provide estimates, but not exact information, of how well the beat generator spike times match those of a stimulus sequence. The beat generator is endowed with plasticity allowing it to quickly learn and thereby adjust its spike times to achieve synchronization. Our model makes generalizable predictions about the existence of asymmetries in the synchronization process, as well as specific predictions about resynchronization times after changes in stimulus tempo or phase. Analysis of the model demonstrates that accurate rhythmic time keeping can be achieved over a range of frequencies relevant to music, in a manner that is robust to changes in parameters and to the presence of noise.

Author summary

Music is integral to human experience and is appreciated across a wide range of cultures. Although many features distinguish different musical traditions, rhythm is central to nearly all. Most humans can detect and move along to the beat through finger or foot tapping, hand clapping or other bodily movements. But many people have a hard time “keeping a beat”, or say they have “no sense of rhythm”. There appears to be a disconnect between our ability to perceive a beat versus our ability to produce a beat, as a drummer would do as part of a musical group. Producing a beat requires beat generation, the
process by which we learn how to keep track of the specific time intervals between beats, as well as executing the motor movement needed to produce the sound associated with a beat. In this paper, we begin to explore neural mechanisms that may be responsible for our ability to generate and keep a beat. We develop a computational model that includes different neurons and shows how they cooperate to learn a beat and keep it, even after the stimulus is removed, across a range of frequencies relevant to music. Our dynamical systems model leads to predictions for how the brain may react when learning a beat. Our findings and techniques should be widely applicable to those interested in understanding how the brain processes time, particularly in the context of music.

Introduction

Humans have the ability to estimate and keep track of time over a variety of timescales in a host of different contexts ranging from sub-seconds to tens of seconds or more [1, 2]. On the millisecond to second time scale, for example, numerous studies have shown that humans can accurately discriminate shorter intervals from longer intervals [3, 4]. On a longer timescale, we utilize a form of time estimation that can span hours, days or years [5]. Many such examples involve the brain making a calculation over a single event, so-called “interval timing” [6, 7]. Humans can also track timing that involves multiple or repeated events. For example, we instinctively move to the beat of a piece of music through a form of sensorimotor synchronization, so-called beat-based timing [8–11]. Doing so involves identifying an underlying beat within a piece of music and coordinating the frequency and timing of one’s movements to match this beat.

Understanding how humans perceive a beat has been an active area of research for quite some time. Beat perception refers to our ability to extract a periodic time structure from a piece of music. It is a psychological process in which beats can be perceived at specific frequencies, even when the musical stimulus does not specifically contain that frequency [12]. In a recent study by Nozaradan et al. [13], brain activity was found to entrain to the beat frequency of a musical rhythm. Additionally, participants with strong neural entrainment exhibited the best performance when asked to tap to the rhythm [13]. Various parts of the brain have been identified as being active during beat perception. Grahn and Brett reported that basal ganglia and the supplementary motor area showed increased activity for beat-based tasks, and as such, postulated that these areas mediate beat perception [14]. Interestingly, fMRI studies of participants asked to lie still with no movement while listening to music revealed that the putamen, supplementary motor area, and premotor cortex are active [15]. Thus although no external movement may be occurring, various motor areas are nevertheless active when the brain is representing a passage of time. From the theoretical perspective, error-correction [16–22], entrainment [12, 23, 24], and Bayesian [25–27] models have been proposed to account for the ability to perceive a beat.

Many beat perception studies have involved finger tapping while listening to a piece of music or a metronome [13, 28–32]. However, humans can also mentally conjure a beat in the absence of motor movement and external stimuli. These observations, in part, lead us to ask what neural mechanisms might be responsible for detecting, learning and generating a beat. We define beat generation as the brain’s process of construction and maintenance of a clock-like mechanism that can produce repeatable, essentially constant, time intervals that demarcate a beat. In this formalism, the brain may be monitoring the firing times of neurons involved in beat generation to match event times of an external source. Beyond such reactive
synchronization, we suggest that beat generation can occur as a strictly internally created and self-driven phenomenon in the absence of external stimuli.

Models of beat generation should take into consideration several empirically observed features taken from human finger tapping studies in the presence of isochronous tones (evenly spaced in time). First, the model’s output should rapidly synchronize with the external tone sequence. Second, a model should mimic the human ability to continue tapping even after the stimulus is removed [33], a property known as synchronization-continuation. Third, a model should quickly resynchronize after a tempo change or perturbation (deviant or phase shift) to the tone sequence. Fourth, ideally a model should be capable of addressing the phenomenon of negative mean asynchrony (NMA), the reported tendency of humans to tap on average prior to tone onsets. Although the cause of, extent of, and even the existence of NMA are still in dispute, new models can potentially provide insight into the phenomenon.

Two primary modeling frameworks for addressing the above mentioned properties have been proposed: entrainment models and error-correction models. Entrainment models rely on principles of dynamical systems. Mathematically, entrainment refers to an external forcing that synchronizes a set of oscillators to a specific frequency. In the context of beat perception, entrainment models posit the existence of oscillators that resonate and entrain to the underlying periodicity creating an oscillation whose spectral profile matches that of the sound sequence. These models have been used to explain various beat-related phenomena including the emergence of pulse and meter [24] and the missing pulse percept [12]. These oscillator models are typically abstract mathematical formulations and, although generic in structure, presuppose a formulation in which the system is poised near to oscillatory-destabilization of a steady state, a Hopf bifurcation [24]. Error-correction models, on the other hand, are formulated at an algorithmic level to understand how a motor movement, such as a finger tap, can be synchronized to an isochronous tone sequence [18–22]. Errors between the current tap and tone times and between the current intertap time and stimulus period are used to adjust the timing of the next finger tap. Error-correction models provide different algorithmic ways in which to make an adjustment (see [29] for a review), but typically do not propose mechanisms for how a set of neurons would estimate and correct for the error.

In this paper, we introduce a neuromechanistic framework that can be used to construct neuronal network models that are capable of learning and retaining isochronous rhythms. In its simplest form, the network consists of a single, biophysically-based, beat generator neuron (BG), a periodic brief stimulus and a time-interval computation mechanism based on counting cycles of a gamma oscillation. The BG does not directly receive input from the external stimulus and is thus not being entrained by it. Instead, the BG learns (within a few cycles) the frequency of the stimulus thereby allowing the BG to continue oscillating at this frequency, even in the absence of the stimulus. Our approach combines ideas from entrainment based, information processing based and interval timing based models. In part, it extends the heuristic two-process model [18–21] to a neural setting, by developing a neural system that learns the period and phase of the periodic stimulus, in order to bring its spikes into alignment with the stimulus tones.

A central feature of our model is the concept of a gamma counter. Gamma rhythms (30-90 Hz) are ubiquitous throughout the human nervous system [33, 34]. Here we utilize roughly 40 Hz gamma oscillations to form two discrete-time clocks that count the number of gamma cycles between specific events. This idea is similar in spirit to pacemaker-accumulator models, which also use counting mechanisms [6, 7, 35]. In our case, one clock counts gamma cycles between successive onsets of a stimulus, sometimes called the interonset interval in behavioral studies. Another neuronal clock counts gamma cycles between successive spikes of the BG, the interbeat interval. A comparison is made via a putative gamma count comparator (GCC) between these
two counts and this information is sent to the BG, consistent with recent studies of neuronal circuits that can count discrete events and compare counts with stored information [36–38]. Our BG neuron possesses plasticity and uses the difference in count to adjust an intrinsic parameter so that it learns the interonset interval of the stimulus. The gamma counters also provide information to the BG about its firing phase relative to stimulus onset times, thereby allowing for the possibility of synchronization with zero-phase difference of the BG spikes with the stimulus. The coupling of the stimulus and BG counts through the GCC is both nonlinear and non-periodic. This contrasts with coupling between stimulus and oscillator in many entrainment and information processing models where either the phase or period is directly targeted for change. Further, in such models either the coupling is periodic or the update rules are linear or vice versa [39]. Our model updates are neither periodic or linear. We note that the neuronal clocks that count cycles need not operate exclusively in the range of 40 Hz. The comparison mechanism that we describe will work for any sufficiently fast frequency oscillator.

In this paper, we will show how the BG model learns and holds an isochronous beat over a wide range of frequencies that includes the band of 0.5 Hz to 8 Hz which is relevant for beat generation and perception. Using mathematical analysis and a continuous time clock, we explain first how the BG learns to period match. We then show how this extends to both period and phase for the discrete time clock counters. As will be seen, the discrete time clocks give rise to a natural bounded variability of spike times of the BG even when it is holding a beat.

We will test our model using standard paradigms which parallel behavioral studies that are designed to study specific aspects of beat perception and production, such as NMA [13, 40], synchronization-continuation [41] and fast resynchronization times [42, 43]. The BG’s mean firing time exhibits negative mean asynchrony and we describe how this NMA can be manipulated. The model resynchronizes rapidly in response to perturbations. For an abrupt change in tempo we predict and explain with the model an asymmetry in the resynchronization time for increases versus decreases in tempo. As with tempo changes, our model predicts an asymmetry in the resynchronization time due to a phase advance versus delay of the stimulus sequence. An asymmetry also arises for a transient perturbation, a single deviant onset timing in the stimulus sequence. We explain these effects by understanding how our model incorporates linear, but discrete step, error-correction to invoke non-linear changes in frequency of the BG. In turn, we develop a set of testable predictions for human behavior that help to contrast our proposed model framework from existing ones.

**Materials and methods**

The main components of our model consist of a periodic stimulus with an associated neuron, S, whose spikes mark each stimulus onset, a neuronal model for the beat generator, BG, and a gamma count comparator, GCC, which acts as a type of neural integrator as well as error detector. These components are linked together as shown in Fig 1A. The output from the spiking neuron S and of the BG are sent to the GCC. There a comparison is made which is then sent via a period learning rule, \( LR_T \), and a phase learning rule, \( LR_\phi \), to adjust \( I_{bias} \) which subsequently changes the instantaneous frequency of the BG. The term \( I_{bias} \) is taken here to represent the drive to the BG that governs its frequency. It could be considered as a parameter internal to the BG, or can be more generally associated with summed synaptic input that drives the BG. In either case, it is a term that regulates the BG’s excitability.

**The beat generator and stimulus**

The BG in our model can be described using biophysical, conductance based equations and is required to have only two specific properties. The first is that it possesses a sharp (voltage...
A spike of the BG occurs when the voltage increases through this threshold. The second requirement is that the BG has a slow process that governs the time between its spikes. A simple model that possesses these basic properties is the leaky integrate and fire (LIF) model, which we first use to describe our analytic findings. Our simulation studies utilize a biophysical model motivated by models of delta waves in sleep, as we require a similar frequency range for the BG. To that end, we chose voltage-gated currents similar to those from an idealized model for sleep spindle rhythms of thalamo-cortical relay cells, namely for the slow wave of relay cells in burst mode [44]. The slow wave can be generated by the interplay of a T-type calcium current, and Ih current and a leak current. Here, the BG has a persistent sodium Inap, T-type calcium I_{CaT}, sag Ih and leak I_L currents. In the text, we refer to this as the Inap model; for a full description and the equations see Appendix. The analytic results also hold for the Inap model, but as the analysis is more complicated, showing so is outside the scope of this paper. For either the LIF or Inap models, parameters are chosen that allow for a wide range of intrinsic frequencies of the BG up through 8 Hz as Ibias is varied as quantified by a neuron model’s Ibias.
versus frequency relationship which is presented in the Results. This range of frequencies is
appropriate for speech and music. The time between successive spikes of the BG is called the
interbeat interval and is denoted by $IBI_{BG}$.

The voltage in the LIF model evolves according to

$$v' = \frac{I_{bias} - v}{\tau}$$

where $v$ is a dimensionless variable representing voltage, $I_{bias}$ is the drive to the neuron and $\tau$ is
the membrane time constant. The LIF model has a spike and reset condition which makes it
discontinuous. When the voltage reaches one at $t = t_s$, it is instantaneously reset to the value 0;
if $v(t_s^-) = 1$, then $v(t_s^+) = 0$. When $I_{bias} > 1$ oscillations exist. In this case, the LIF model is
rhythmic with period given by

$$T = \tau \log \left( \frac{I_{bias}}{I_{bias} - 1} \right).$$

The period of BG given by Eq (2) can be adjusted to any positive value by appropriately
adjusting $I_{bias}$.

For both the LIF and $I_{NaP}$ models, the specific nature of the stimulus is not modeled, only
the onset is of interest here. We limit our simulations to a range between 1 and 6 Hz, which
 corresponds to an interstimulus interval ranging from 1 s down to 166 ms. There is no theoreti-
cal or practical problem to extend the model outside of this range, as further addressed in the
Discussion. We utilize a neuron $S$ to faithfully transform the stimulus sequence into spikes.
The interonset interval, $IOI_{S}$, is then defined as the time between successive $S$ spikes. The
model for $S$ is not important provided that it is set to be an excitable neuron that fires quickly
in response to input; see the Appendix for equations.

The gamma oscillation counters and learning rules
The gamma count comparator, GCC, in our model utilizes two generic oscillators with fre-
quency sufficiently larger than that of both the stimulus and the $BG$. Here it is taken to lie in
the gamma range at roughly 40 Hz (Fig 1B). We choose the oscillators to be identical, though
this is not a requirement of the model. To avoid integer values, both have a frequency of 36.06
Hz (period 27.73 ms); see the Appendix for details. We let $\gamma_{BG}$ be a variable that counts the
number of gamma cycles between consecutive $BG$ spikes and $\gamma_{S}$ be a variable that counts the
number of gamma cycles between consecutive spikes of $S$. At each spike of $BG$ or $S$, the appro-
 priate counter is reset to zero. We stress that $\gamma_{BG}$ and $\gamma_{S}$ are integers, but, in general, the peri-
ods that they are estimating are not integer multiples of a gamma cycle (27.73 ms). Hence,
although the stimulus period may be constant, the gamma counts may vary from cycle to
cycle. The difference $\gamma_{BG} - \gamma_{S}$ provides an estimate of how different or aligned the frequencies
of $BG$ and $S$ are. For example, if $S$ oscillates at 5 Hz and the $BG$ is initially oscillating at 3 Hz,
then the GCC would count roughly 8 cycles between $S$ spikes and 13 cycles between $BG$ spikes.
In this case, the GCC determines that the $BG$ is oscillating too slowly and sends a speed up sig-
nal to the $BG$. Alternatively if the $BG$ were initially oscillating at 6 Hz, then the GCC counts
roughly 6 cycles and sends a slow down signal. In general, speeding up or slowing down of the
$BG$ is achieved by changing $I_{bias}$. At each spike of the $BG$, the period learning rule adjusts $I_{bias}$
by a fraction of the difference between the gamma oscillator count of cycles between $S$ and $BG$.
This learning rule ($LR_{T}$) assigns at each $BG$ spike

$$LR_{T}: \quad I_{bias} \rightarrow I_{bias} + \delta_T (\gamma_{BG} - \gamma_{S}),$$

where $\delta_T$ is a fraction that adjusts the period of the BG. This fraction is typically small
and is set to be $\delta_T = 0.01$.
where the parameter $\delta_T$ is independent of period. This simple rule is enough to align the frequencies of $S$ and $BG$, the details of which will be explored through the derivation and analysis of a one-dimensional map. However, this frequency matching rule does not provide the beat generator with any information about its firing phase relative to stimulus onset.

To align the phase of the $BG$ to the stimulus onset, we formulate a second learning rule. We define the current count of the $BG$, $CC_{BG}$, as the number of gamma cycles from the last $BG$ spike to the current $S$ spike; see Fig 1B. Then at each $S$ spike define $\phi = CC_{BG}/\gamma_S$ to be the phase of $BG$ firing. We use the phase to determine if the $BG$ fires “before” or “after” $S$ at each cycle. In a rhythmically active network, the concept of whether $BG$ fired before $S$ is somewhat ambiguous. We define the $BG$ to be “before” the stimulus if it fires in the second half of the stimulus period $\phi \in (0, 0.5)$. In this case we say that the $BG$ is too fast and needs to slow down. Conversely, if $\phi \in (0.5, 1)$, the $BG$ is said to fire “after” $S$ and needs to be sped up. At each $S$ spike, we update $I_{bias}$ with the second part of the learning rule ($LR_\phi$)

$$LR_\phi : \quad I_{bias} \rightarrow I_{bias} + \delta_\phi q(\phi)\phi|1 - \phi|$$

where $\delta_\phi$ is independent of period and phase and $q(\phi) = \text{sgn}(\phi - 0.5)$, with $q(0.5)<0$. Thus if $\phi = 0$ (or 1), there is no change to $I_{bias}$. But if the $BG$ fires before $S$ ($\phi \in (0, 0.5)$), then $q(\phi)<0$ and $I_{bias}$ is decreased to slow down the $BG$. The opposite occurs if the $BG$ fires after $S$. The absolute value keeps the last term positive as $\phi$ can become larger than 1. For example, during transitions from high to low frequency, $CC_{BG}$ can exceed $\gamma_S$. The quadratic nature of $LR_\phi$ is chosen so that the maximum change occurs for phases near 0.5. With this two-part learning rule, the $BG$ learns both the period and phase of $S$. Both parts of the rule are implemented concurrently so that the process of period and phase alignment occurs simultaneously. The two rules $LR_T$ and $LR_\phi$ target the value $I_{bias}$. In the Results section, we describe how these changes to $I_{bias}$ in turn, affect the frequency of the $BG$ which then affects the period and phase of oscillations.

**Synchronizing to the beat, stationary behavior and natural variability of spike times**

Given the discreteness of our gamma counters, the $BG$ learns to fire a spike within a suitably short window of time of the stimulus onset, an interval equal to plus or minus one gamma cycle. We define this concept as one gamma cycle accuracy. For the earlier described choice of parameters, this amounts to $\pm 27.73$ ms from stimulus onset. We address two important and related concepts: synchronization to the beat and holding a beat. In our model, synchronization to the beat refers to the process by which the $BG$ brings its spike times within one gamma cycle accuracy of a specific stimulus frequency. Holding a beat refers to the ability of the $BG$ to maintain synchronized firing at a specific frequency over a specified stretch of time. We will say that $BG$ has synchronized to the stimulus if three consecutive $BG$ spikes each fall within one gamma cycle accuracy in time of a stimulus onset. The $BG$ is said to be holding a beat for as long as it continues to remain synchronized with the stimulus onset.

In the presence of an isochronous stimulus, the $BG$ displays what we shall call stationary behavior. This refers to the pattern of spike times of the $BG$ in response to a fixed frequency stimulus. Despite there being no source of noise in our model, the discrete nature of the gamma count comparator allows the $BG$’s spike times during stationary behavior to naturally display variability. Thus, during stationary behavior, while the $BG$’s spike times typically land within one gamma cycle accuracy of stimulus onset they can also fall outside this window. The variability of the $BG$’s spikes arises because the gamma counters and learning rules adjust $I_{bias}$ in discrete steps whenever $\gamma_S \neq \gamma_{BG}$ or $\phi \neq 0$. What this means is that during stationary behavior, the $BG$ does not converge to a limit cycle oscillation (periodic orbit). The variables that
govern the dynamics of the BG do not periodically return to the same values, but instead can vary by small amounts from cycle-to-cycle. In practice, these small differences affect the exact spike times of the BG, creating the variability. Furthermore, as the gamma counts are not exact representations of the period, they may be equal even when IOIs and IBI_g are unequal. This amounts to additional variability in the BG’s spike times relative to the spike times of S.

We will determine the time that it takes for the BG to resynchronize its spikes to stimulus onset after a change to the stimulus. Resynchronization is declared similarly to synchronization in that the BG is required to fire three consecutive spikes each of which must lie within one gamma cycle accuracy of a stimulus onset. The resynchronization time is then taken as the time of the first synchronized spike. In all studies, we begin with the BG displaying stationary behavior at a specific frequency. Because of the variability present in stationary behavior, the resynchronization times will depend on the initial conditions at the moment that the change to the stimulus profile is enacted. We will compute mean resynchronization times and standard deviations over 50 realizations, each of which differs by a small change in the initial condition of the BG at the time that the stimulus profile is changed. All simulations are carried out in MATLAB with a standard Euler solver (Euler-Maruyama when noise is introduced).

Results

We provide a short outline of the results that follow. We start with a demonstration of how the BG learns to synchronize to an isochronous stimulus sequence. We then describe how the BG learns a period by first utilizing a continuous time version of the gamma counters to derive a one-dimensional map. The discrete gamma counters are then used to describe period and phase matching. Next, we present the basic behaviors of the BG describing its response under both stationary (isochronous stimuli) and transient (tempo changes, phase shifts and deviants) conditions. The section concludes with a brief description of the effects of parameter changes and noise.

$I_{\text{bias}}$ determines the BG’s frequency

An oscillatory neuronal model spikes with a period that is quantifiable by its frequency versus $I_{\text{bias}}$ relation ($f-I$). This relationship is obtained from the reciprocal of (2) for the LIF model and computed numerically for the $I_{\text{NaP}}$ models (Fig 2A). The blue (red) curve depicts the $f-I$ curve for the LIF ($I_{\text{NaP}}$) model. In the LIF model, the interspike interval is governed by the difference between $I_{\text{bias}}$ and the spiking threshold, as well as the parameter $\tau$. In the $I_{\text{NaP}}$ model, the interspike interval is determined by an interplay of the various non-linear currents (Fig 2B). In particular, the $I_{\text{CaT}}$ and $I_{\text{L}}$ currents provide basic excitability to the model, the $I_{\text{NaP}}$ current allows for spikes once a voltage threshold is crossed and the $I_{\text{h}}$ current provides a slow depolarization of the membrane allowing the neuron’s voltage to gradually reach spiking threshold. Thus the primary determinant of the interspike interval is the time constant of the $I_{\text{h}}$ current. An important point regarding the $f-I$ relations is that they are both strictly increasing. Hence, there is exactly one value of $I_{\text{bias}}$ that yields a specific frequency. The learning rules we use make discrete changes to $I_{\text{bias}}$. Thus, there is little chance of adjusting $I_{\text{bias}}$ to the exactly correct value. Instead, the learning rules adjust $I_{\text{bias}}$ so that it stays within a small window of the correct one. The frequency relations increase steeply from frequency equal to zero. Therefore, at low frequencies, larger changes in frequency can result from small changes in $I_{\text{bias}}$. The same is also true for the $I_{\text{NaP}}$ model at frequencies in the 3 to 8 Hz range. It is important to note that any implementation of a BG model with a monotone increasing $f-I$ relation will produce the qualitative results described below. However, the quantitative details will certainly depend on the slope and non-linearities of these relations that are produced by different ionic
currents and parameters. For example, changes to $I_{\text{bias}}$ in the LIF at frequencies above 1 Hz lead to linear changes in $BG$ frequency. Alternatively, for the $I_{\text{NaP}}$ model a change of $I_{\text{bias}}$ from say 5 to 10 produces a smaller change in $BG$ frequency than changes from 10 to 15.

The $BG$ learns to oscillate at a frequency by adjusting its bias current through the set of plasticity rules $LR_T$ and $LR_\phi$ (Fig 3). The $BG$ is initially set to oscillate at 2 Hz with $I_{\text{bias}} = 9.06$. At $t = 0$ ms, we adjust the stimulus frequency to 4.65 Hz and activate the period learning rule $LR_T$ (Fig 3A). Notice how the cycle period of the $BG$ increases on a cycle-by-cycle basis until it matches the stimulus period. This results from the value of $I_{\text{bias}}$ iteratively increasing over the transition, based on the difference $\gamma_{BG} - \gamma_S$. The first change to $I_{\text{bias}}$ does not occur until $t = 500$ ms, which is the time the $BG$ naturally would fire when oscillating at 2 Hz, since $LR_T$ updates (purple curve in the bottom panel of Fig 3A) are only made at spikes of the $BG$. At around $t = 2.25$ s, the value of $I_{\text{bias}}$ falls within one gamma cycle accuracy as depicted by the blue band but continues to adjust. Note that $I_{\text{bias}}$ does not settle down to a constant value. Instead it changes by $\pm \delta_T$ whenever $|\gamma_{BG} - \gamma_S| = 1$. Additionally, since $LR_T$ contains no phase information, the spikes of the $BG$ are not synchronized in phase with those of $S$. At $t = 4.2$ s (20 cycles of the stimulus), the stimulus is completely removed, and the $BG$ continues to oscillate at roughly 4.65 Hz. This shows that the $BG$ has learned the new frequency and does not require periodic input to make it spike. There are still adjustments to $I_{\text{bias}}$ because the $BG$ continues to compare $\gamma_{BG}$ with the last stored value of $\gamma_S$. This example demonstrates how the $BG$ oscillates at a learned frequency rather than through entrainment to external input.

When both learning rules operate together, the $BG$ learns both the correct period and phase. Starting with the same initial conditions as in Fig 3A, now at $t = 0$ ms both $LR_T$ and

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**Fig 2. Biophysical models.**

**A.** Frequency vs. $I_{\text{bias}}$ curves for LIF (blue) and $I_{\text{NaP}}$ (red) models. Observe the different scales for the upper and lower horizontal axes. Dashed lines show the corresponding $I_{\text{bias}}$ values for two different frequencies. Both curves are increasing, starting from zero frequency, which yields qualitatively similar behavior from either model. While the LIF relation is almost linear for frequencies larger than 1 Hz, the $I_{\text{NaP}}$ relation is more power-like, with a steeper gradient from 3 to 8 Hz, this yields differences in the quantitative behavior of the models. **B.** Schematic of $I_{\text{NaP}}$ neuron with the different ionic currents that contribute to its excitability and spiking behavior.

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LRₜ and LRϕ are turned on (Fig 3B). Note the very rapid synchronization of the BG’s spikes with the stimulus onset times. The middle panel shows how Ibias grows much more quickly when both rules are applied. The first update is due to the phase learning rule at the third stimulus spike, at t = 433.5 ms, which is earlier than in the previous example. This causes an increase in Ibias for the BG to immediately fire, which causes an update due to the period learning rule. The lower panel shows how the two rules LRₜ and LRϕ contribute to the change in Ibias. Here, and in Figs 5–8, we used the INaP model and set δₜ = 0.2, δϕ = 2.5.

Fig 3. Effect of learning rules. A. Period Matching with LRₜ. The voltage time course (top) of the BG is shown under three different conditions; i) Endogenously oscillating at 2 Hz with no stimulus and no learning rule from t = −1.5 to 0 s; ii) Learning the 4.65 Hz isochronous period in the presence of the stimulus from t = 0 to 4.2 s; iii) Performing synchronization continuation once the stimulus is removed at t = 4.2 s. Ibias changes on a cycle-by-cycle basis (middle panel). Around t = 2.25 s, Ibias enters the shaded blue regime (14.54, 16.03) that represents the one gamma cycle accuracy range from the 15.27 value that produces exactly 4.65 Hz. After t = 2.75 s, Ibias lies very close to the correct value. Updates to Ibias rely solely on LRₜ, the period learning rule (lower panel). B. Period and phase matching with both LRₜ and LRϕ. Time courses are the counterparts of those in Panel A. Now the convergence to the correct frequency and phase occurs very quickly by about t = 1.2 s. Note the early large change in Ibias due to LRϕ. In both panels after t = 4 s, there are still changes to Ibias as there are minor adjustments to Ibias though the frequency of the BG stays within the equivalent of one gamma cycle accuracy of 4.65 Hz (IBI_{BG} = 215±27 ms). Note that once the stimulus is switched off, only LRₜ continues to update Ibias. Here, and in Figs 5–8, we used the INaP model and set δₜ = 0.2, δϕ = 2.5.

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LRₜ: The learning rule for period matching

The dynamics of how the period learning rule LRₜ matches the interbeat interval of the BG, IBI_{BG}, with the interonset interval of S, IOIₜ, can be explained in terms of an event-based map. Each spike of the BG is treated as an event and we define a map that updates the bias current Ibias on a cycle-by-cycle basis. To derive the map, we first use exact time differences, in effect, equivalent to a continuous time-keeping mechanism. This will allow the map to possess a parameter-dependent asymptotically stable fixed point. For simplicity of presentation, we use the LIF model to derive the specifics of the map. We will then discuss how those findings inform simulations of the INaP model for the discrete gamma count case.
Assume that the stimulus sequence occurs with a fixed period $T^*$ corresponding to a specified $IOI_0$, and that the BG is initially oscillating with an interbeat interval of $T_0$. This $IBI_{BG}$ corresponds to a specific value $I_0$ of $I_{bias}$ given by solving (2). $I_{bias}$ is then updated to $I_1$ by comparing $T_0$ to $T^*$. In turn, this produces a new cycle period $T_1$ and so on. In general, the continuous time version of $LR_T$ updates $I_{bias}$ at each firing of the BG as follows:

$$I_{n+1} = I_n + \delta_T (T_n - T^*)$$

$$= I_n + \delta_T \left( \tau \log_e \left( \frac{I_n}{I_n - 1} \right) - T^* \right).$$

(5)

where the second line is obtained by substituting Eq (2) evaluated at $I_n$ for $I_{bias}$. Error-correction models also take the form of an iteration scheme, but typically target the next cycle period for adjustment, i.e. $T_n$ and $T_{n+1}$ would replace $I_n$ and $I_{n+1}$, respectively, in the first equation of (5).

In contrast, the adjustment in our model is made to the biophysical parameter $I_{bias}$ ($I_n$) which then has a subsequent effect on the cycle period ($T_n$).

Eq (5) defines a one-dimensional map which can be expressed as $I_{n+1} = f(I_n)$, where $f(I)$ denotes the right-hand side. A fixed point of the map satisfies $I^* = f(I^*)$ whose stability can be determined by checking the condition $|f'(I^*)| < 1$. A fixed point of the map corresponds to a case where the $IBI_{BG}$ of the BG is equal to the $IOI_0$ of S. Stability of the fixed point implies that the learning rule is convergent. Note that for any $T^*$, there is a unique fixed point of the map which satisfies $I^* = 1/(1 - \exp(-T^*/\tau))$. This means that any stimulus period can in practice be learned by the BG, provided that the fixed point is stable. A simple calculation shows that $|f'(I^*)| < 1$ provided $0 < \delta_T < 2I^* / (I^* - 1)/\tau$. For fixed $\delta_T$, as the stimulus frequency gets smaller, $I^*$ converges to 1, and as a result the term $2I^*/(I^* - 1)/\tau$ goes to zero. This expression provides the insight that convergence for lower stimulus frequencies requires taking smaller increments in the learning rule. This finding carries over to any $f$-I relation that is steeply sloped at low frequencies.

Parameter dependence and the ensuing dynamics of the map are readily illustrated graphically (Fig 4). The one-dimensional map has a vertical asymptote at $I = 1$, a local minima at $I = (1 + \sqrt{1 + 4\delta_T / \tau})/2$ and a slant asymptote of $I = \delta_T / \tau$. The graph intersects the diagonal at exactly one point, and the slope of the intersection determines the stability as calculated above. For increasing stimulus frequency, with $\delta_T$ and $\tau$ fixed, the map’s graph shifts upward (Fig 4A) and the fixed point moves to larger values of $I_{bias}$. Note, for low stimulus frequency (here, 1 Hz) the fixed point is unstable. The update parameter $\delta_T$ does not change the value of the fixed point $I^*$, but affects the stability (Fig 4B). As $\delta_T$ increases, the slope at the intersection decreases through 0, then through -1, at which point stability is lost. If the stimulus frequency changes (eg, 2 Hz to 5 Hz), $I_{bias}$ changes dynamically as the BG learns the new rhythm. The learning trajectory corresponds to the cobweb diagram on the map (Fig 4C, black dashed lines and arrows). Each adjustment of $I_{bias}$ occurs at a spike of BG and allows it to speed up for the next cycle. In this example, it takes only a few cycles for the BG to learn the new rhythm. The transition from 5 to 2 Hz (Fig 4C, red dashed lines and arrows) demonstrates the asymmetry in convergence for similar sized changes of opposite directions. Here the convergence for the decrease in frequency occurs over fewer cycles because the value of $\delta_T$ chosen yields a fixed point at 2 Hz with near zero slope. The smaller in magnitude the slope, the less the number of cycles needed to converge. This result suggests that certain preferred frequencies can exist for specific choices of parameters.

In contrast to the idealized continuous-time learning rule, the gamma count-based case does not lead to updates that converge to zero. An interesting illustration is seen after an $IOI_0$ has been learned and the stimulus is turned off. Small updating persists (e.g., Fig 3A, bottom
Just after the turn-off, the $IBI_{BG}$ is less than the last stored $IOI_S$ ($\gamma_{BG} < \gamma_S$). So the $BG$ is too fast, and at the next $BG$ spike the period rule $LR_T$ activates and decreases $I_{bias}$ by $\delta_T$ producing a new, longer $IBI_{BG}$. Not immediately, but after a while (just after $t = 5s$) a difference in gamma counts again arises. This time $LR_T$ increases $I_{bias}$, shortening $IBI_{BG}$ and so on. These changes are all due to $LR_T$ as the phase learning rule $LR_\phi$ can never be invoked since the stimulus is no longer present.

$LR_\phi$: The learning rule for phase matching and synchronization with the stimulus onset

The phase learning rule $LR_\phi$ considers the current $BG$ gamma count, $CC_{BG}$, at each firing of $S$. As a result, the $BG$ has information about its phase at each stimulus onset. We use a learning rule function $\phi[1 - \phi]$ that has maximal effect at $\phi = 0.5$ and no effect at $\phi = 0$ and 1. This is similar to a logistic function that attracts dynamics towards $\phi = 1$; see also [45] for a similar mathematical rule used in a different biological context. In our case $\phi = 0$ is equivalent $\phi = 1$, so our learning rule $LR_\phi$ utilizes a sign changing function $q(\phi) = \text{sgn}(\phi - 0.5)$, $q(0.5) = -1$ to stabilize $\phi = 0$ as well. This will allow convergence via either phase increase or decrease towards synchrony. At each $S$ spike-time, the $BG$ is sped up (if $\phi \in (0.5, 1)$) or slowed down (if $\phi \in (0, 0.5)$) by adjusting $I_{bias}$ until the phase reaches a neighborhood of 0 or 1. This, in conjunction with $LR_T$ which equalizes the $IOI_S$ and $IBI_{BG}$, brings about synchronization. Note that when the $BG$ fires within one gamma cycle accuracy of $S$, $\phi = 0$ or 1. In that case, there is no update to $I_{bias}$. Thus as with $LR_T$, because of the discreteness of the learning rule updates, the value of $I_{bias}$ is brought into close proximity of the value of $I_{bias}$ that produces a specified rhythm but need not become exact. The rapid synchronization results shown earlier in Fig 3 hold for a large range of stimulus frequencies. Under certain conditions, it is possible to derive a two dimensional map that tracks how $I_{bias}$ and $\phi$ change on a cycle-by-cycle basis. Though it is outside the scope of this paper, an analysis of the map shows that stable period and phase matching can be achieved for each $IOI_S$, if $\delta_T$ and $\delta_\phi$ are not too large. In practice these two parameters should be chosen so that the changes due to $LR_T$, $\delta_T(\gamma_{BG} - \gamma_S)$, and $LR_\phi$, $\delta_\phi \phi[1 - \phi]$, are of the same order of magnitude.

Fig 4. One-dimensional map for period matching illustrated using the LIF model. A. Plots of the map for different frequency stimulus are shown. Each curve crosses the diagonal at exactly one point, corresponding to a fixed point of the map. The slope at this intersection determines stability. As frequency increases, the fixed point moves up and gains stability. B. For the case of 2 Hz, as $\delta_T$ increases, stability is lost. Similar results hold for any stimulus frequency. C. A cobweb diagram of the convergence of a trajectory is shown. Initially, the black trajectory starts at a value corresponding to a 2 Hz oscillation. Then $I_{bias}$ is shifted to a value corresponding to a 5 Hz oscillation. The trajectory cobwebs over a number of cycles until it converges to the new stimulus frequency. The opposite transition from 5 Hz to 2 Hz is shown in red and occurs over less cycles.

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If the $IB_{BG}$ is at least one gamma cycle longer than the $IOI_S$, then $\phi > 1$. We could have restricted the phase to be less than one by periodically extended $LR_\phi$ beyond the unit interval, but this would allow for stable fixed points at $\phi = 2, 3, 4,$ etc. Instead, the learning rule utilizes an absolute value around the term $1 - \phi$ to keep it positive. This introduces an asymmetry in the resets of $I_{bias}$. For example if $\phi = 0.1$ then $\phi(1 - \phi) = 0.09$ but if $\phi = 1.1$, then $\phi(1 - \phi) = 0.11$. Thus when the $BG$ fires after the $S$ spike after a long $IB_{BG}$ (e.g. $\phi = 1.1$) then $I_{bias}$ is increased more than it is decreased if it fires before the $S$ spike (e.g. $\phi = 0.1$). As a result, the learning rule favors the $BG$ firing before the stimulus onset, as if in anticipation. This is more pronounced at lower frequencies where the slope of the $f-I$ curve is much steeper than linear. This issue is explored in more detail in the following sections.

The phase learning rule $LR_\phi$ adjusts $I_{bias}$ as opposed to directly affecting the phase of the $BG$, for example, via a perturbation and reset due to the phase response curve (PRC). Using a PRC to adjust phase would lead to a situation of entrainment rather than learning. Indeed, with a PRC, bringing the value of $I_{bias}$ to within one gamma cycle accuracy to achieve a specific frequency is rarely reached. Thus if the stimulus were to be removed, a $BG$ with a PRC-based phase rule would fail to continue spiking at the correct target frequency, i.e. it would fail in a synchronization-continuation task.

**Stationary behavior and the dynamics of holding a beat**

To hold a beat, the $BG$ must fire spikes within a time window of one gamma cycle accuracy of stimulus onset. As discussed earlier, the discreteness of the gamma counters and comparator causes the $BG$ spike times to naturally display variability. Thus the $BG$ must at each firing compare its period and phase relative to stimulus onset times and make necessary corrections. Holding a beat is an example of stationary behavior of the $BG$ in response to a constant frequency stimulus (Fig 5). In this typical example, here shown at 2 Hz, each spike of the $BG$ is aligned to the closest spike of $S$ and then a timing error equal to the $BG$ spike time minus $S$ spike time is computed. The value of $I_{bias}$ hovers around the dashed black line $I_{bias} = 9.06$ which is the value that produces exactly a 2 Hz oscillation (Fig 5A, upper). The spike times of the $BG$ jitter around those of $S$, and thus, the timing error is poised around zero (Fig 5A, lower). While holding a beat, these differences fall within a single gamma cycle time window (dashed gray lines at ±27.73 ms). During some time windows (pink shaded region in Fig 5B) no updating of $I_{bias}$ occurs (lower time course), but the timing differences progressively decrease and become more negative. The $BG$ spike times are drifting relative to onset times because the $IB_{BG}$ is slightly smaller than $IOI_S$, but close enough that $\gamma_{BG} = \gamma_S$. The drift represents the fact that during this interval, the $BG$ is not entrained to the stimulus. The slope of the timing error in this interval is shallower when $I_{bias}$ is closer to 9.06, as shown for example in the time window between $t = 72$ and 76 s. During some intervals (e.g. shaded blue region), the update rules are actively trying to keep the period and phase of the $BG$ aligned with $S$. Although the timing errors are not large in this case, the counts $\gamma_{BG}$ and $CC_{BG}$ differ from $\gamma_S$ thus causing $LR_T$ and $LR_\phi$ to be invoked. During either drifting or corrective behavior, the $BG$ spike times occur closely in time with the stimulus onsets. Note that drifting and corrective behaviour continue to occur after the stimulus is turned off, but only the period rule will be active (see Fig 3). Many studies have pointed towards drifting dynamics in human tapping experiments [46–48]. Dunlap first noted this behavior, stating that the errors tend to get progressively more negative/positive, until a correction occurs and causes a change in direction [46]. Although the dynamics of the $BG$ are deterministic, they are sensitive in quantitative detail to changes in initial conditions. This is because the learning rules $LR_T$ and $LR_\phi$ ignore timing
differences less than one gamma cycle. To get a more general sense of the fluctuations in BG firing times, we ran a simulation for 1000 stimulus cycles and calculated error distribution plots (spike time of BG minus spike time of S). This was performed at six different stimulus frequencies in steps of 1 Hz (Fig 6). There are several points to note. First, at all frequencies, the error distribution shows negative mean asynchrony [49, 50]. In other words, the actual time of the beat generators firing, on average, preceded the time of the stimulus onset. Second, the variance in the error distribution shows some frequency dependence, particularly with the standard deviation increasing at slower frequencies. Further, the standard deviation increases as the frequency decreases down to 0.5 Hz. We also found that the standard deviation increases with frequency in the 6-8 Hz range. Accurately tapping at rates above ~ 4 Hz is extremely difficult, hence, no tapping studies exist for this frequency range to either corroborate or contradict our result. However, Drake et al. [51] found a U-shaped dependence of the subject’s tempo
discrimination ability on frequency in the range 1-10 Hz, consistent with our result. We additionally note that increasing $\delta_T$ and $\delta_\phi$ leads to increased variability and larger NMA at all frequencies.

In our model, the interplay of the BG neuron’s $f$-$I$ curve and the learning rules, $LR_T$ and $LR_\phi$, are responsible for the frequency dependent results. In particular, at both low ($\sim 0.5$Hz) and high ($\sim 5-8$Hz) frequencies the $f$-$I$ curve is steeper than in the intermediate range. Hence, equidistant changes of $I_{bias}$ around a mean value result in different changes in instantaneous frequency. The negative mean asynchrony arises from the non-linearity in the $f$-$I$ curve and the asymmetry in the phase learning rule $LR_\phi$. As states earlier, $LR_\phi$ pushes the BG to fire before the stimulus.

**Resynchronization time: Responses to frequency changes, phase shifts and temporal deviants**

As demonstrated in Fig 3, the BG is able to quickly learn a new frequency. This learning can be quantified as a resynchronization of the BG’s spike times with the new stimulus onset times. As previously stated, we declare the BG to be resynchronized if three consecutive spikes each fall within one gamma cycle accuracy of an $S$ spike. We computed the resynchronization times as a function of several parameters including initial and final stimulus frequency (Fig 7 shows one example). From a fixed initial stimulus frequency, we changed the stimulus frequency to different values within the range 1 to 6 Hz and computed resynchronization times. In one such case, the stimulus frequency is decreased from 3 to 2 Hz (Fig 7A). The change is applied at $t = 0$ s (gold star) and the BG takes about four seconds (eight stimulus cycles) to synchronize to the new frequency (depicted by the shaded region). During the transient, the learning rules

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Fig 6. Timing error distributions of beat times. Histograms of timing errors (2 ms bins) based on simulations which ran for 1000 stimulus cycles during stationary behavior at six different stimulus frequencies. Negative mean asynchrony was seen in all cases (black vertical lines) and the standard deviation at the slowest frequency is largest. Pink shading represents a region of one gamma cycle accuracy.

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and $LR_T$ drive $I_{bias}$ down in order to slow the $BG$ down (lower panels of Fig 7A). Adjustments due to $LR_T$ occur whenever the $BG$ spikes. For the first second after the change in frequency, $BG$ spikes at roughly its initial 3 Hz rate. The $S$ neuron spikes at $t = 0.5$ s, which resets $\gamma_S$. But the $BG$ is not aware of this new larger value of $\gamma_S$ until it fires at around $t = 0.66$ s. At this point, $\gamma_S > \gamma_{BG}$ and the period learning rule $LR_\phi$ decreases $I_{bias}$. Adjustments due to $LR_\phi$ occur whenever the stimulus neuron $S$ spikes, which now occur at the slower 2 Hz rate. These adjustments depend on the current phase of the $BG$ and are seen at times to increase $I_{bias}$ but...
at other times to decrease it. Within two seconds, both rules have succeeded in bringing $I_{bias}$ within one gamma cycle accuracy of the 2 Hz target value (dashed black line inside blue band in middle panel). Aligning the spike times then takes a few more seconds. In contrast, an increase in stimulus frequency can lead to much shorter resynchronization times (Fig 7B). In the transition from a 3 to 4 Hz stimulus frequency, the BG only takes about one and a half seconds (six stimulus cycles) to synchronize. The phase learning rule $LR_\phi$ plays a more prominent role as it is invoked more often due to the increase in stimulus frequency. These examples illustrate two important properties of the resynchronization process. First, the two learning rules act concurrently to adjust $I_{bias}$, but are asynchronous in that $LR_T$ adjustments occur at different times than those of $LR_\phi$ (see the lower panels of either Fig 7). Second, adjustments to $I_{bias}$ are not periodically applied, they occur at a BG or S spike, and only the S spikes occur periodically.

Resynchronization times increase with decreasing frequency, but are nearly constant and mostly flat for increasing frequency (Fig 7C). Decrements from initial to final frequency lead to slower convergence than equally-sized increments. This follows from the slope of the $f$-$I$ curve being steeper while increasing from 3 Hz than when decreasing. For the slowest stimulus frequency (1 Hz) oscillation, we have included a broader measure of synchrony, defined by BG spike times falling within 5% of the interonset times, i.e. ± 50 ms around S spike times. This definition is consistent with the stationary behavior shown in Fig 6 where many of the BG spikes fall outside of one gamma cycle accuracy. With this broader measure of resynchronization, the average number of cycles and standard deviation of the resynchronization to 1 Hz rhythm are reduced. Although resynchronization times are longer for frequencies decrements, the number of stimulus cycles for resynchronization do not show major differences for increments and decrements, except for the 1 Hz case (the mean number of cycles for resynchronization are reported beside each data point).

The resynchronization process occurs stereotypically depending on whether there is an increase or decrease in frequency (Fig 7D). We calculated the average cycle-by-cycle time differences for 50 realizations of the resynchronization process from 3 Hz to the target frequency with the standard deviation shown in the shaded region. Decreases (increases) in frequency show initial time errors that are positive (negative). This is due to our spike alignment process (see Fig 7 caption). Each curve is non-monotonic and, except for the 6 Hz curve, has an under- or over-shoot that transiently takes the curve outside the band of one gamma cycle accuracy (horizontal grey line). The average resynchronization times in Panel C are shown as the time at which the curve reenters this band, i.e. the time at which the timing errors become consistently less than one gamma period. Consistent with our prior results, the standard deviation bands are largest for the 1 Hz curve and relatively similar and small for the other curves.

Resynchronization also occurs when a phase shift of the stimulus sequence occurs. Now consider the 2 Hz case for which the $IOI_S$ is 500 ms. A phase advance will occur if we shorten one $IOI_S$ to be less than 500 ms and then return the remainder of sequence to the original $IOI_S$ of 500 ms. A phase delay is the opposite, where a single $IOI_S$ is elongated. We define the phase $\psi$ of the shift to lie within $(-0.5, 0.5)$ where negative values represent advances and positive values represent delays. If the phase shift falls within one gamma cycle of the normal onset time, the BG is likely to initially ignore it since no change in the gamma counts will occur. But for larger valued phase shifts, resynchronization will need to occur (Fig 8). As an example, resynchronization for a positive phase shift at $\psi = 0.4$ (Fig 8A) is much quicker than the corresponding negative phase shift $\psi = -0.4$ (Fig 8B). The reason for this is how $LR_T$ changes $I_{bias}$ in either case. A negative phase shift causes the BG to increase its frequency in response to the temporarily shorter $IOI_S$, followed by a return to a lower frequency. A positive phase shift causes the opposite, a transient decrease in the BG frequency followed by an increase. As we have shown earlier, resynchronization times are shorter when the target frequency is larger (Fig 7). Hence,
the model predicts that resynchronization times should be shorter for positive phase shifts (Fig 8C red). The mean timing errors (standard deviation shaded) for different phase shifts (Fig 8D) are stereotypical in much the same way as the timing errors for tempo changes. In the current context, the timing errors start out large and then systematically reduce until they fall within one gamma cycle accuracy. The graph clearly shows that the resynchronization after positive phase shifts is faster than after negative shifts, as negative phase shifts exhibit an overshoot.

Another case where we see resynchronization is the introduction of a temporal deviant where a single $S$ spike occurs at an unexpected early or late time. Unlike phase shifts in which a...
single IOI changes, a single deviant causes both the IOI before and the IOI after the deviant to change. An early (late) deviant causes a shorter (longer) interonset interval, followed by a longer (shorter) than normal one, followed by a return to the standard IOI. The model’s response is different for early versus late deviants. For an early deviant, the phase learning rule LRₚ is invoked at the time of the early deviant. This is then followed by the period learning rule LRₜ at the next BG spike. Both of these signal the BG to speed up. For a late deviant, however, the BG spikes when it normally would have. At that time, it has no new information about its phase or about the value of γ. Therefore there is no change to I_bias. When the late deviant arrives, it now causes LRₚ to send a slow down signal to BG. But any potential changes due to LRₜ have to wait one full BG cycle to be invoked. Thus, the model reacts quicker to an early deviant than to a late deviant. Thus we predict shorter resynchronization times for earlier deviants (Fig 8C blue). Additionally, because of the need to adjust to two different IOIₕ,ₕ, we predict that resynchronization times due to deviants will be longer than those for comparably sized phase shifts where only a single IOIₕ is changed.

**Effects of parameter changes and noise**

The model results are robust to perturbations and can operate over a range of parameters. To assess this we ran several simulations, where we varied intrinsic parameters of the BG and the gamma counter speeds. For example, the maximal conductance for Iₐ, Iₙₐₙ and Iₖₐₜ was varied by up to 10% and we measured the subsequent performance across a range of periods. This did not affect the ability of the BG to learn the correct period and phase, because the f-I relation remained qualitatively unchanged. At a quantitative level though, the range of I_bias values which yield gamma cycle accuracy will differ and the BG neuron may have a different preferred frequency. These results indicate that the BG does not require fine tuning of parameters to learn a rhythm.

Next we allowed the speed of the gamma counters for S and BG to be different. We kept the gamma counter for IOIs at 36.06 Hz while we varied the gamma counter frequency for the BG counter by up to 10%. In all cases, across a range of frequencies there was little qualitative difference in the BG’s ability to learn the correct frequency. This is not surprising as the discreteness of the gamma counts allows for similar values of the counts despite there being differences in counting speed. Note that a faster gamma counter for the BG tends to lead to earlier firing times relative to stimulus onset times for the parameters we have chosen. In this case, LRₜ tends to increase I_bias since γ_BG is larger than γ_S. On the other hand LRₚ decreases the same quantity and it is the parameter-dependent balance between the two rules that determines how much earlier on average the BG fires. A slower BG gamma counter has the opposite effect. These results imply that the extent of NMA can be manipulated by changing the counter frequency of the BG and can even be transformed to a positive mean asynchrony if the BG gamma counter is too slow.

To assess the effects of noise, we introduced stochasticity into the gamma counters (see Appendix for details). This acts to jitter the gamma periods, but for modest noise this will only cause the gamma count to discretely change by at most plus/minus 1. Since the BG is monitoring its period and phase at each spike and stimulus event, it quickly adjusts to counteract these potential changes. We also see an increase in the standard deviation of the timing error, across all frequencies, during stationary behavior, as well as an increase in NMA. While this widened the distributions (as seen in Fig 6), approximately 90% of the timing errors remain within one gamma cycle accuracy, apart from at 1 Hz where only 60% of the distribution lies within one gamma cycle accuracy (80% lie within 5% accuracy). Finally, although not explicitly modeled here, one could introduce intrinsic noise in the BG, for example a noisy spike threshold or
ionic conductance. This small amount of noise would not change the IBI_{BG} by more than a single gamma cycle and, as above, should not change the BG's ability to synchronize to the external rhythm. In general, noise makes the model fit better with tapping data, exhibiting more variability and larger NMA. Given that human tapping data contains both motor and time keeper noise that our model does not attempt to disentangle (our model does not have an explicit movement component), we did not address this further.

**Discussion**

We presented a modeling framework that begins to address how a neuronal system may learn an isochronous rhythm across a range of frequencies relevant to speech and music. We showed how a biophysical conductance-based model neuron, the beat generator (BG), adjusts its spiking frequency and aligns its spike times to an external, metronome-like stimulus. Our model employs two gamma frequency oscillators to estimate the number of oscillatory cycles between certain salient events. We posit a mechanism that compares the states of these independent counts to inform the BG to either increase or decrease its instantaneous frequency and adjust its relative phase. With this idealized paradigm, we showed that the BG quickly learns to hold a beat over a range of frequencies that includes, but is not limited to, 1 to 6 Hz. Further, we showed how the BG reacts within a few cycles to changes in tempo, phase shifts (permanent realignment of the stimulus sequence) and the introduction of deviants (temporary misalignment of a single stimulus event). Of particular note, the BG displays an asymmetry in reacting to changes to the rhythm. It adapts more quickly when the tempo is increased as opposed to decreased; correspondingly, it reacts faster to phase delays than phase advances, but slower to late deviants than early deviants. Importantly in our model formulation no direct input from the stimulus to the BG is provided. This implies that the BG is learning the correct period and phase rather than being entrained to them. Secondly, no explicit or exact time intervals are required to be calculated, implying that the BG does not need specific mechanisms to exactly track time. Instead, in order to tune the BG, one needs only to know, in some rough sense, whether the BG's spikes are happening too fast or slow relative to stimulus frequency and too early or late relative to the stimulus onset. Finally, because of the discrete nature of the gamma counters, the BG dynamics are robust to modest parameter changes and noise.

**Beat generation differs from beat perception**

Beat perception as described in many previous studies [52, 53] refers to the ability of an individual to discern and identify a basic periodic structure within a piece of music. Beat perception involves listening to an external sound source as a precursor to trying to discern and synchronize with the beat. Alternatively, we might ask how do we (humans) learn and then later reproduce a beat in the absence of any external cues. Such issues and questions lead us to consider what neuronal mechanisms might be responsible for producing an internal representation of the beat. At its most basic level, we refer to this as beat generation, and a neuronal system that does so we call a beat generator. Different than beat perception, beat generation is envisioned to be able to occur in the absence of an external cue. A BG is a neural realization of an internal clock that can be used as a metronomic standard by other internally driven processes that depend on time measurements. While demonstration of a beat involves a motor action (tapping, clapping, vocalizing, head bobbing), the BG could include a general representation of a motor rhythmicity but the specific motor expression (say, foot tapping) may not be an integral part of the BG.
Learning a beat differs from entraining to a beat

Our formulation proposes that time measurement for beat perception and the beat generator model are oscillator-based. In this view, a beat can be learned and stored as a neuronal oscillator (cell or circuit). The frequency range of interest, 1-6 Hz, is relatively low compared to many other neuronal rhythms, but similar to those seen in sleep. We rely on faster (gamma-like) oscillators to provide clocklike ticks and we assume two counters and a comparator circuit can be used for adjusting the BG period and phase to match with the stimulus. Conceptually, counting and comparing with a target period are essential features of the algorithmic (or sometimes called, information processing timekeeper) approach, falling into the class of error-correction strategies; see [16, 17, 20–22, 54] for examples of two-process models. These models suggest mechanisms used by humans to bring their movements into alignment with a rhythmic stimulus. They do not, however, provide a biological framework for these mechanisms. We provided a neuronal implementation of the BG in the form of an oscillator with a tunable biophysical knob and two learning rules; the BG is a continuous-time dynamical system, a realizable neuronal oscillator. It does not require a separate reset mechanism. The implementation also does not require a separate knob for phase correction; the two learning rules both make adjustments/corrections to the same parameter, \( I_{\text{bias}} \) and they are ongoing whenever a stimulus is present. We propose this BG as the internal clock—an oscillator that learns a beat and keeps it.

A different class of oscillator models for beat perception relies on large networks of neuronal units [12, 24, 28]. The units’ intrinsic frequencies span the range of those that are relevant in speech and music. In the neural entrainment models of Large and collaborators, different units within the ensemble respond by phase-locking to the periodic stimulus. Units with intrinsic frequencies near that of the metronome will entrain 1:1 while those with higher intrinsic frequencies entrain with different patterns, such as 2:1. Dominant responses are found at harmonics and sub-harmonics of the external input. Amplitude, but not precise timing relative to stimulus features (say, stimulus onset times), are described in these models. The framework is general although the identities of neuronal mechanisms (synaptic coupling or spike generation) are not apparent as the description is local, based on small amplitude perturbation schemes around a steady state and the coupling is assumed to be weak. The approach is nonlinear and provides interpretations beyond those of linear models, e.g. it identifies a beat for complex input patterns even if the beat/pulse is not explicitly a component of the stimulus [12].

Our model cannot be described as entrainment in the classical sense. Entrainment occurs when an intrinsically oscillatory system is periodically forced by an external stimulus to oscillate and, in the present context, to phase lock at the forcing frequency (or some subharmonic) that may differ from its endogenous frequency. Our BG neuron is not entrained by the stimulus but rather it learns the frequency of the stimulus. The BG’s frequency is adapted indirectly through the control parameter in order to match with the stimulus. The influence of the stimulus on the BG diminishes as learning proceeds. In fact, in the continuous time version when the frequency and phase are eventually learned, the BG no longer requires the stimulus; it will oscillate autonomously at the learned frequency if the stimulus is removed or until the stimulus properties change. In the discrete time version, even after the stimulus and BG periods and phase agree (to within a gamma period accuracy) modest adjustments are ongoing to maintain the rhythm. In contrast, for an entrainment model, the oscillator’s parameters are fixed. The stimulus does not lead to a change in the oscillator’s intrinsic properties. For a transient perturbation, the dynamics of resynchronization are according to an entrainment unit’s phase response curve, which instantaneously changes the current phase of the oscillator. In contrast,
the BG’s response to transient inputs impacts the parameter $I_{bias}$ invoked by adjustments according to either or both of the period and phase learning rules. Our model is further distinguished from entrainment models in that the BG strives for zero phase difference but in an entrainment setting there is typically a phase difference between the stimulus and the units. Finally, for an entrainment model the coupling from stimulus to oscillator is periodic. In our model, the influence of a periodic stimulus is delivered both periodically (via $LR_{\phi}$) and aperiodically (via $LR_{T}$).

**Implications of using gamma counters**

Although humans can learn to accurately estimate time intervals [1], little is known about the neural mechanisms used to generate these estimates. For beat generation, we are positing an ability to estimate time intervals (e.g., between stimulus onset events) in real time in an ongoing and flexible manner. We introduced the idea of gamma counters to perform such measurements. These counters provide a rough estimate of elapsed time that can be used to compare the internal representation of an interval with that of an external cue. The model then produces a finer representation of the interval by adjusting the BG’s spike time and period. There is growing evidence for the existence of counting mechanisms within neuronal systems. For example, Rose and collaborators have demonstrated that neurons in the auditory mid-brain of anurans (frogs and toads) count sound pulses in order to make mating decisions [36, 55]. These neurons have been called ‘interval counting neurons’ because they respond only after a threshold number of pulses have been counted provide that those pulses are spaced in time intervals of specific lengths [37]. In a very different context, it has been recently demonstrated that mossy fiber terminals in rat hippocampus have the ability to count action potentials, an ability cited as improving the reliability and accuracy of information transfer [38].

The discreteness of the gamma counter, used in our model, leads to variability in the BG spike times, allowing the model to exhibit negative mean asynchrony (NMA). This is consistent with finger tapping experiments which show that humans display variability in their tap times relative to an isochronous stimulus and tend to, on average, tap before the stimulus [13]. As discussed earlier, the NMA as shown in Fig 6, is rather modest, however, changes in parameters will lead to larger NMA. In contrast, replacing the gamma frequency oscillators with continuous time clocks, which exactly determine time intervals, leads to perfect phase alignment, $\phi = 0$ (no NMA). Thus, our work posits the existence of discrete time clocks as a potential source of intertap time variability.

The gamma counters also provide an upper bound on the stimulus frequency which can be reliably learned by the BG neuron. For the 36 Hz clocks used here, this limit is roughly 9 Hz. After this point the phase rule overcorrects, transiently increasing $I_{bias}$ to a value corresponding to a much larger frequency. We stress that this upper bound is dependent on the specific gamma frequency, and faster clocks may be used to keep track of shorter intervals. An interesting experimental study would be to look at the EEG power spectrum while subjects listen to periodic stimuli and monitor whether the gamma band activity changes with stimulus presentation rate.

**Relation to interval timing and other models for beat production**

Many interval timing models involve accumulation (continuous time or counting of pacemaker cycles) with adjustment of threshold or ramp speed [6, 7] to match the desired time interval. Applications to periodic beat phenomena, say the metronome case, would include instantaneous resetting and some form of phase adjustment/correction [56, 57]. Algorithmic models may not specifically identify the accumulator as such, but instead refer to counters or elapsed time. Our BG model shares some features with interval models for beat production.
(as described in [9] and [58]), as the BG relies on counters and accumulators. Additionally, as described earlier, it shares features with entrainment models, as the BG is a nonlinear oscillator. In short, the BG is a hybrid.

Interval- and oscillator-based models are related. Even if not explicitly stated as such, in an interval model, the accumulator and its reset are equivalent to highly idealized models for neuronal integration, the so-called integrate-and-fire (IF) class of models [59]. For steady input, the state variable rises toward a target value (that is above the event threshold), rising linearly for a non-leaky IF model and with a decreasing slope for a leaky IF model (LIF), and is reset once the state variable exceeds the threshold. These IF/LIF models are dynamical system oscillators, and are also nonlinear by way of the reset mechanism. However, the time constant/integration rate required for beat applications is much longer/slower than in typical applications of IF models for neuronal computations where timescales of 10-30 ms are more common. These models have entrainment and phase-locking properties [60, 61] and they typically show a phase difference from the stimulus. Extended in this way, periodic in time, such an interval model can be recast as an entrainment model (see also [39]). As noted by Loehr et al. [39], differences between such interval and continuous oscillator models do appear in some circumstances. Adding a plasticity mechanism, say for the threshold or input drive, then allows learning of a period. We described how one may analyze the dynamics of such an LIF oscillator-like interval model in terms of a map (Fig 4). One could additionally add a phase correction mechanism as in two-process models in order to achieve zero-phase difference. This can be achieved in a LIF model, for example, by adjusting the reset condition after reaching threshold or by utilizing phase response curves. Our mechanism for phase correction differs from these approaches in that we target the excitability parameter $I_{\text{bias}}$ for adjustment. This has the advantage that the BG learns the correct phase and period allowing it to continue to hold a beat after the stimulus is removed, similar to other two-process interval models.

The effects of noise on time estimation/production have been studied with interval models, cast as first passage time problems for accumulator models (drift-diffusion models) [62–64]. In that context, the issue of scalar timing is of significance [5, 63, 65, 66], however the time intervals of interest are typically longer than what one would find in a musical context. Wing and Kristofferson [16, 17] considered effects of noise and contrasted sensory noise with motor sources of noise, concluding that timekeeper noise was frequency dependent but motor noise was not. Whether or not scalar timing holds for short rhythmic intervals is unsettled. A number of tempo discrimination studies have failed to produce any evidence for frequency dependent errors for periods below 1000 ms [51, 67]. However, Collyer et al. [68] reports scalar timing in the distribution of tap times when tapping to an isochronous rhythm.

A distinctive interval model was developed by Matell and Meck [69, 70]—the striatal beat frequency (SBF) model. In this neuromechanistic description, the basic units are neuronal oscillators with different fixed frequencies. All oscillators are reset at $t = 0$; differences in frequencies of convergent units will eventually lead to collective near-coincidence (so-called beating phenomenon of non-identical oscillators) at a time that through learned choices (synapses onto coincidence detector units) can match the desired interval. It may be extended to the periodic case and considered for beat generation as discussed in [56, 57] although the brain regions involved may be different for explicit time estimation than for rhythmic prediction/reproduction [71, 72].

**Limitations of this BG model**

We consider here only the case of isochronous inputs. A natural next step is to consider more complex, non-isochronous stimulus sequences. Additionally, we have side-stepped questions
of perception in order to focus solely on timing. Our BG model does not recognize variations in pitch or sound level. For example, if stimulus events were alternating in, say, sound level (as in [73]), our model, as is, would not capture the effects. An extension of our model involving pairs of stimulus and beat generator clocks for each sound level could conceivably address this shortcoming.

We have chosen a particular biophysical instantiation for the BG. The capabilities of learning and holding a beat over a range of frequencies depends only on the monotonic frequency dependence of the control ("learnable") parameter and would not be compromised by variation of biophysical parameters. Some features of the BG dynamics (say, the degree and signatures of asymmetries in resynchronization for speeding up or slowing down) can be expected to depend on the specifics of, say, the relationship between $I_{\text{bias}}$ and the intrinsic frequency, but we have not explored this in detail.

The learning rules $LR_T$ and $LR_\phi$ utilized in our study both target the excitability parameter $I_{\text{bias}}$ with a simple goal to either speed up or slow down the BG so that it synchronizes with the stimulus. Alternatively, the drive could be provided as the summed synaptic input from a population of neurons afferent to the BG. The synaptic weights onto the BG and/or internal to the afferent population could be plastic and affected by our learning rules which in spirit are similar to spike time dependent plasticity rules [74]. Our model assumes significant increments of drive at each learning step, leading to fast learning. This may be relatable at a population scale to balanced network models, where fast learning can be achieved with smaller step changes due to the large number of synapses [75]. Currently, during synchronization continuation, our BG model retains its estimate of the most recent stimulus period, $\gamma_S$. We have not yet included a slow decay of this memory or a slow degradation of the BG rhythm. It is plausible that the addition of noise could lead to this slow drift after the stimulus is removed since, as we showed, noise does introduce additional variability during stationary behavior.

We have not ascribed a location for the BG within a specific brain region. As a result, we have not addressed issues of sensorimotor synchronization (SMS) where sensory processing of a beat must be coordinated with the motor action that demonstrates the beat (e.g. finger tapping). Several models for SMS in the context of beat perception already exist, for example the two-layer error-correction model of Vorberg and Wing [76] and the entrainment model of Large et al. [12] described earlier. Van der Steen and Keller have developed the Adaptation and Anticipation Model (ADAM) [22], a type of algorithmic error-correction SMS model, and they noted a need for an extended ADAM that would incorporate dynamical systems principles. Our model could certainly be a starting point for such an endeavor. Patel and Iversen [77] proposed the Action Simulation for Auditory Prediction (ASAP) hypothesis. In their conceptual model, the motor system primes the auditory system to be able to process auditory input. In particular, ASAP proposes that the motor system is required for beat perception. Generally, these studies raise questions about whether the causal roles of sensory and motor systems can be disambiguated in the context of beat perception and beat generation. Addressing such questions from a modeling perspective is a natural next step.

**Predictions based on the BG model**

Our model framework allows us to make several predictions, which are summarized here. First, the BG model succeeds at synchronization continuation [78]; it can hold a beat after the sound stimulus terminates. The BG will continue to oscillate with fine adjustments of its period as needed, according to $LR_T$, to match that of the most recently stored IOI of the stimulus (as in Fig 3). Error-correction models would also continue oscillating at the last stored frequency [20, 21]. In contrast, for an entrainment model, without a plasticity
mechanism, the oscillators are likely to return to their original intrinsic frequencies after the stimulus is removed. However, Large et al. [12] have illustrated using their two-layer model, that the network can hold a beat if the units within the motor layer, have bistable properties, i.e. a unit may have a steady state (damped resonator) coexistent with an oscillator state. The main difference between our approach and others is that period error correction (LR$_T$) occurs at the BG spike times rather than at stimulus onsets. As such, even after stimulus removal, comparison between the BG period and last stored stimulus period continues. Second, the time course of adjusting to a sudden tempo change occurs over seconds and has more or less monotonic phases of slowing down or speeding up (Fig 7). If the new sound stimulus is stopped during this transition, we predict from the model that the BG will still learn the new beat frequency. However, the phase of the BG will differ depending on when during the transition the stimulus is removed. This could be detected using EEG or perhaps a finger-tapping demonstration. This prediction differs from those made by traditional error-correction models which will cease making updates after the stimulus is turned off. Hence, these models may not reach the new frequency, and instead settle at an intermediate frequency. An entrainment model also relies on the external input to match its frequency. Thus if the sound stimulus is stopped during the transition, an entrainment model is likely to return to its basal frequency, and not learn the new one. Third, resynchronization should be faster after a phase shift of the rhythmic stimulus than after a single timing-deviant sound event. Lastly, the model predicts an asymmetry in the resynchronization process after phase shifts (advance versus delay), deviants (early versus late) and tempo changes in the stimulus sequence. We hesitate to assign whether the resynchronization time will be shorter or longer in these cases, as this property depends on the intrinsic dynamics of the BG as defined by its $f$-$I_{\text{bias}}$ relationship. Similarly, the specific responses of an entrainment model for these cases depends on the phase response properties of the underlying oscillator model. Typically, these are one time adjustments to the phase of the oscillator, followed by a transient return to the entrained solution. Thus rather than elucidating concrete differences in predictions of our BG model versus others, instead consideration of different models may help to narrow the choice of biophysical currents that produce $I_{\text{bias}}$-$f$ or phase response properties that allow neuron spike times to match empirical data.

**Future directions**

There are several questions that we plan to address in our future modeling and behavioral studies. How sensitively do timing errors depend on variability of the gamma counters and, say, on stimulus frequency? To what degree can the BG model track modulations of the beat frequency? Different candidate beat generators that possess different ionic currents will have $f$-$I$ relationships that are different than the ones presented here. How sensitively do the quantitative results described here depend on the shape of these curves? When considering an ensemble of beat generating neurons, how does coupling between these neurons shape the dynamics of learning? How could the model be enhanced to become predictive, to not just track modulation but to predict dynamic trends? Going beyond isochronous timing only, we plan to consider more complex rhythms. For example, suppose we consider the effect of shifting identically the timing of alternate stimulus tones. Eventually, after a sequence of modest shifts, the beat frequency would be halved although the number of stimulus events would be maintained but with a different temporal pattern. How is the transition of frequency halving executed dynamically? Perhaps there is a regime of shift values where beat determination is ambiguous, a possible regime of bistability. A different manipulation toward a complex stimulus could involve parametrically changing the sound intensity or pitch of alternate tones. Such
cases will bring us toward questions of perception and auditory streaming together with beat perception.

**Conclusion**

The questions surrounding how we perceive and keep a beat are easy to pose but developing models for beat perception and generation present challenges. Our model is a first-pass attempt at formulating and analyzing a neuromechanistic model that can learn a beat. Our approach stems from a neurobiological and dynamical systems perspective to develop neuronal system-based models for beat learning and generation. The essential features involve neuro-based elapsed timekeepers, time difference comparators and a neural oscillator (cellular or circuit level) with some plasticity and learning rules. Looking ahead, one hopes for development of more general beat and rhythm pattern generators (for complex rhythmic sounds, music pieces) that can be stored in a silent mode and are both recallable and replayable.

**Supporting information**

S1 Appendix. Model description. Full description of the model, model parameter and numerical simulation schemes.
(PDF)

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