Multiple organ toxicity of *Datura stramonium* seed extracts

Temidayo Ogun moyole\(^a\)*, Racheal Imoleayo Adeyeye\(^b\), Beatrice Olu watosin Olatilu\(^b\), Olubukola Abidemi Akande\(^b\), Oluwadare Joel Agunbiade\(^c\)

\(^a\) Department of Medical Biochemistry, College of Medicine, Ekiti State University, Ado Ekiti, Nigeria
\(^b\) Department of Science Laboratory Technology, Ekiti State University, Ado Ekiti, Nigeria
\(^c\) Department of Medical Biochemistry, Obafemi Awolowo University, Ile Ife, Osun State, Nigeria

**A R T I C L E   I N F O**

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**A B S T R A C T**

*Datura stramonium* seed ranks top among major plants commonly abused as drug in Nigeria. The present study therefore sought to unravel the target organs of toxicity as well as underscore the role of extraction solvent in the toxicity of *Datura stramonium* seed. Twenty male Wistar rats were randomly placed into four groups (I–IV) of five animals per group. Group I served as the control and was administered with distilled water only, while groups II, III and IV animals received 50 mg/kg body weight of aqueous, methanolic and diethylether extracts of *Datura stramonium* seeds by oral gavage for 14 days. Specific biomarkers of toxicity such as aspartate amino-transferase (AST), alanine aminotransferase (ALT), alkaline phosphatase (ALP) and lipid peroxidation (MDA) were estimated in the liver, brain, kidney and heart homogenates as well as serum of experimental animals. Lipid profile and activity of antioxidant enzymes such as superoxide (SOD) and catalase were determined in selected tissues while creatinine and urea were estimated in the kidney and serum. Results indicated that *Datura stramonium* seed extract generally caused a significant decrease in ALT, AST, ALP and MDA in selected tissue homogenates while these parameters increased significantly in the serum relative to the control group. Lipid profile was significantly deranged across selected tissues while SOD and catalase activity were significantly decreased relative to control. Put together, toxicity of *Datura stramonium* seed extract is diverse depending on the organ involved and solvent used for its extraction. Therefore, illicit use of *Datura stramonium* seeds as drugs among young people should be discouraged.

**1. Introduction**

Several reports have identified free radicals as the major culprit in the onset, progression and complications of almost all pathological conditions [1,2]. Antioxidants also exist in the biological system to combat the deleterious effects of free radicals [3]. However, any event that triggers a surge in free radicals generation to a level that overwhelms the body’s antioxidant capacity to scavenge them would inevitably lead to oxidative stress [4]. Natural compounds (phytochemicals) from plants parts that are synthesized as part of defense mechanism of the host plant against predators (and/or other stressors) often act as antioxidants [1,4]. In contrast, some phytochemicals are toxic to humans and other animals alike [2,5–9]. One of such plants is *Datura stramonium* L commonly called thorn apple or Jimson weed. It contains alkaloids that are toxic to humans causing hallucination and deaths [10,11]. Botanically, it has whitish- tubular flowers with fruits containing seeds in an encapsulated form. *Datura stramonium* L has been widely reported to be very toxic [12–14]. The plant also possesses anti-inflammatory potential, stimulatory effects on the central nervous system (CNS), active clearing effect on the respiratory tract thereby aiding the respiratory system as well as keeping the teeth and skin healthy [15–17]. *Datura stramonium* L is rich in compounds with anticholinergic potential which can be exploited in treating symptoms of organophosphate toxicity [18].

Although, all parts of *D. stramonium* are toxic, its ripened seeds contain the highest concentration of its active principles [11,12,19–21]. Its frequent poisoning (intentional or accidental) may be intrinsically linked to its ubiquitous nature, ease of contaminating foodstuffs and portable water and its high toxicity [13,14,22–32]. Regardless of the part ingested, *D. stramonium* may cause complications whose diagnosis may be difficult to unravel [20,33,34]. Several cases of suicide and murder in India and Europe have been traced to *Datura stramonium*, hence, strict legislation prohibiting its cultivation has been implemented in several places [20,21,35,36]. Despite the widely reported toxicity of the plant, literature is scanty on the role played by extraction solvent in its toxicity as well as the susceptibility of different organs to...
the toxic effects of the plant. Hence, the present study is aimed at underscoring the effect of different solvents used for extraction on the toxicity of *D. stramonium* seeds in selected organs of albino rat.

2. Materials and methods

2.1. Collection of plant materials

Matured fruits of *Datura stramonium* were harvested from Ido-Ekiti, Ekiti State, Nigeria. The fruits were identified botanically and authenticated at the Department of Plant Science, Ekiti State University, Ado Ekiti, Nigeria. Each fruit was cut opened and the seeds collected, air-dried and pulverized in a warring blender. The powdered seed was kept in an airtight container at room temperature prior to extraction.

2.1.1. Chemicals and reagents

Potassium sulphate buffer, Tris-KCl buffer, carbonate buffer and trichloroacetic acid (TCA) were obtained from Sigma Aldrich chemicals. Other chemicals and reagents of high analytical grade were purchased from standard commercial suppliers.

2.1.2. Animals

Male Wistar rats (200–250 g) were obtained from the Animal House, College of Medicine, Ekiti State University, Ado Ekiti. The rats were kept in different animal cages, on a 12-h light:12-h dark cycle, at room temperature of 22–24 °C. Animals were allowed free access to food and water. Animals were handled in accordance with the National Institutes of Health guide for the care and use of Laboratory animals (NIH Publications No. 8023, revised 1978). Animals were randomly placed into four groups of five rats each: Group I animals were the control that were administered distilled water only while groups II, III and IV animals were administered 50 mg/kg body weight of aqueous, methanolic and diethyl ether extracts respectively for two weeks by oral gavage. Fifty microliter (50 μl) of sample was added 500 μl of substrate which had been earlier equilibrated at 37 °C for 3 min. The resulting mixture was then mixed thoroughly and incubated at 37 °C for 30 min. Fifty microliter of 2,4-dinitrophenyl hydrazine (2.4 mM) was then added. The mixture was mixed thoroughly and incubated at 20 °C for 20 min. Thereafter, five (5) ml of 0.01 M NaOH was then added, the mixture was again mixed and its absorbance read at 546 nm.

2.2. Methods

2.2.1. Extraction of active principles

Three hundred (300 g) of dried seeds of *Datura stramonium* was weighed and extracted with 250 ml each of distilled water, methanol and diethyl ether respectively for 72 h. The resulting mixture was filtered using a muslin cloth and Whatmann paper number 1.0 to obtain the residue which was discarded and the filtrates which were left open for 72 h to allow for evaporation of the solvents of extraction. The reason for this step was to guide against toxicity due to residual solvents specifically diethyl ether and methanol. After establishing complete evaporation of the extraction solvents, the crude extract obtained was stored in an airtight container prior to use. Each extract was then reconstituted in distilled water and administered to the animals orally for two weeks.

2.2.2. Preparation of tissue homogenate

Animals were rapidly dissected to excise the liver, brain, heart and kidney. Ten percent homogenate of each tissue was prepared using 6.7 mM potassium phosphate buffer, pH 7.4. Each of the tissue homogenates was centrifuged at 10,000 rpm for 10 min at 4 °C to obtain a clear supernatant which was carefully decanted and kept at 8 °C for biochemical analysis. Whole blood was collected into serum bottles by cardiac puncture and centrifuged at 3000 rpm for 15 min to obtain the serum which was kept on ice.

2.2.3. Determination of alkaline phosphatase (ALP)

Activity of alkaline phosphatase in the serum as well as tissue homogenates was measured by the method of Reitman and Frankel [37]. Fifty microliter (50 μl) of sample was added 500 μl of substrate which had been earlier equilibrated at 37 °C for 3 min. The resulting mixture was then mixed thoroughly and incubated at 37 °C for 30 min. Fifty microliter of 2,4-dinitrophenyl hydrazine (2.4 mM) was then added. The mixture was mixed thoroughly and incubated at 20 °C for 20 min. Thereafter, five (5) ml of 0.01 M NaOH was then added, the mixture was again mixed and its absorbance read at 546 nm.

2.2.4. Determination of aspartate aminotransferase (AST)

Aspartate aminotransferase activity in the serum and tissues homogenates was measured according to the method described by Reitman and Frankel [37]. One hundred microliter of sample was added 500 μl of AST buffer, the resulting mixture was thoroughly mixed and incubated at 37 °C for 30 min. Fifty microliter of 2,4-dinitrophenyl hydrazine (2.4 mM) was then added. The resulting mixture was thoroughly mixed and allowed to stand for 20 min at 20 °C. Thereafter, 5.0 ml of diluted NaOH was added and mixed thoroughly. Absorbance of the resulting mixture was read at 546 nm against the blank.

2.2.5. Determination of alanine aminotransferase (ALT)

Alanine aminotransferase was measured using standard Fortress kit from England according to the method of International Federation of Clinical Chemistry [38]. One hundred microliter (100 μl) of homogenates was added to 500 μl of ALT buffer, thoroughly mixed and incubated for 30 min at 37 °C in water bath. Five hundred microliter (500 μl) of dye reagent (2,4-dinitrophenyl hydrazine, 2.0 mM) was then added. The resulting mixture was thoroughly mixed and allowed to stand for 20 min at 20 °C. Thereafter, 5.0 ml of diluted NaOH was added and mixed thoroughly. Absorbance of the resulting mixture was read at 546 nm against the blank.

2.2.6. Determination of total cholesterol

Total serum cholesterol was measured following the method of Richmond [39]. Ten microliter (10 μl) each of tissue homogenate and serum was thoroughly mixed with 1 ml of working reagent containing (4-aminoantipyrine, cholesterol oxidase, cholesterol esterase and peroxidase) dissolved in 50 ml of pipes buffer and phenol. Thereafter, the mixture was incubated at 25 °C for 10 min. Absorbance of the resulting mixture was read at 546 nm against the blank. Total cholesterol (mg/dl) was then calculated.

2.2.7. Determination of HDL-cholesterol

The method earlier described by Assmann and Schulte [40] was followed in measuring high density lipoprotein-cholesterol (HDL-cholesterol). Five microliter (5 μl) each of serum and tissues homogenates was added to 450 μl of Good’s buffer (4-aminoantipyrine, POD, ascorbic oxide and anti-human lipoprotein Ab). The reaction mixture was mixed thoroughly and incubated for five minutes at 37 °C. One hundred and fifty microliter of enzyme reagent (Good’s buffer I, cholesterol esterase and cholesterol oxidase) was then added to the mixture which was incubated at 37 °C for five minutes. Absorbance of the resulting mixture was then read at 600 nm against the blank.

2.2.8. Determination of LDL-cholesterol

Measurement of low density lipoprotein-cholesterol (LDL-cholesterol) was done by the method described by Amstrong and Seidel [41]. Five microliter each of serum and tissue homogenates was added to 450 μl of buffer solution containing (Good’s buffer, cholesterol oxidase, cholesterol esterase, catalase, ascorbate oxidase, and peroxidase). The resulting mixture was incubated at 37 °C for five minutes after thorough mixing. Absorbance I was read at 600 nm. One hundred and fifty microliters (150 μl) of enzyme reagent R2 (Amino antipyrine and POD) was then added to the mixture and incubated at 37 °C for five minutes. Absorbance II of the resulting mixture was read at 600 nm.

2.2.9. Estimation of lipid peroxidation assay (TBARS)

Amount of thiobarbituric acid reactive species (TBARS) in serum
and tissue homogenates were determined following the method of Varshney and Kale [42]. Four hundred microliter of serum and tissue homogenates was thoroughly mixed with 1.6 ml of Tris-KCl buffer after the addition of five hundred microliter of 30% trichloroacetic acid (TCA). Five hundred microliter of 0.75% thiobarbituric acid (TBA) was added to the mixture and incubated at 80 °C for 45 min. The reaction mixture was then cooled on ice and centrifuged at 3000 g. The clear supernatant obtained was carefully decanted and its absorbance read at 532 nm against a reference blank. Malondialdehyde (MDA) level was then calculated as earlier described by Adam-vizi and Seregi [43].

2.2.10. Superoxide dismutase (SOD)
Activity of superoxide dismutase (SOD) in serum and tissue homogenates was measured as described by Misra and Fridovich [44]. Aliquots of serum and tissue homogenates mixed with 2.5 ml of 0.05 M carbonate buffer, pH 10.2 and the reaction mixture was equilibrated for two minutes in a spectrophotometer. Three hundred microliter of freshly prepared adrenaline (0.3 mM) was added and mixed by inversion to initiate the reaction. The blank cuvette contained all other assay components except the homogenates (s) and/or serum which were replaced with distilled water. Change in absorbance at 480 nm was monitored every 30 s for 150 s.

2.2.11. Determination of catalase activities
Activity of catalase in serum and tissue homogenates was assayed according to Sinha [45]. Two hundred microliters each of tissue homogenates was mixed with eight hundred microliter of distilled water. Change in absorbance at 480 nm was monitored every 30 s for 150 s.

2.2.12. Statistical analysis
Data were expressed as mean ± standard deviation, ‘a’ represents significant difference (p < 0.05) from the control.

3. Results

3.1. General observation
Administration of D. stramonium caused a significant decrease in the activity of AST, ALT and ALP. However, the decrease in activity was dependent on the tissue involved and the solvent used for extraction. Meanwhile, serum levels of AST, ALT and ALP were significantly increased relative to the control animals. Serum total cholesterol was decreased but increased in the heart homogenate while LDL-cholesterol and HDL-cholesterol were significantly increased and decreased respectively depending on the tissue involved. Lipid peroxidation was increased in the animals administered with D. stramonium relative to control animals. Superoxide dismutase and catalase were depleted by D. stramonium regardless of the solvent used for extraction.

4. Discussion
Datura poisoning is fast becoming a global phenomenon of vast research attention [11–13,30]. Enzyme biomarkers from selected tissues and body fluids have been used routinely to monitor toxicity of plant extracts as well as disease investigation and diagnosis [46]. This approach often helps in identifying tissue-related oxidative assault in experimental animals [47]. Consequently, specific biochemical parameters from the blood are routinely used as indicators to determine the health status of an organism [48,49].

ALT, ALP and AST are specific bio-indicators associated with hepatotoxicity [50]. Hepatic injury is usually detected by significant alteration in the normal serum level of these enzymes [51]. In the present study, increase in serum ALP (Fig. 1) could be attributed to possible biliary obstruction, heart failure, decrease in blood flow to the kidney and dehydration [52,53] caused by Datura stramonium extract. Similarly, high level of serum AST relative to the control animals suggests that extracts of Datura stramonium are hepatotoxic. This elevation is a consequence of hepatic injury, resulting in the leakage of enzymes that are normally localized within the hepatocytes. Although, Clementine and Tar [54] reported that a high level of AST do not always signify liver damage but an elevation in serum ALT is always an indication of a problem with the liver since it is a specific biomarker of liver damage [54]. Since the level of these biomarkers were decreased in the heart
and brain homogenates (Figs. 1–3), the plant is both cardiotoxic and neurotoxic. Noteworthy however, is the fact that the aqueous extract of \textit{Datura stramonium} appeared to contain more toxic principles than methanolic and diethyl ether as reflected in the levels of biomarkers in the groups administered with the respective extracts relative to the control group (Figs. 1–3).

Derangement in lipid profile is another mechanism of toxicity employed by toxic principles of medicinal plants. Elevated concentration of lipid is a risk factor in cardiovascular disorders [55]. Generally, hyperlipidemia have been identified with certain risk factors including a significant elevation in LDL-cholesterol in experimental animals [55]. In the present study, total cholesterol was decreased in the serum, brain and liver homogenates of experimental animals relative to the control (Table 1). This observation suggests a possible alteration in membrane stability and fluidity. Cholesterol is among the prominent lipids responsible for membrane integrity. Perhaps, \textit{Datura stramonium} toxicity involves derangement of lipid profile ultimately resulting in the compromise of membrane integrity and function. Similarly, there was a noticeable increase in total cholesterol in the kidney and heart homogenates of experimental rats relative to the control animals (Table 1). This is suggestive of the fact that the plant is toxic both to the heart and kidney. Although the specific mechanism and active principle involved in both renal and cardiac still remains unclear within the limit of the present study, it is an indication that the plant exhibits selective toxicity to various tissues. Lipids are transported in the blood by lipoproteins. HDL-cholesterol otherwise called ‘good cholesterol’ which returns cholesterol to the liver where it is converted into bile and subsequently removed from the body [55,56]. A noticeable decrease in HDL-cholesterol in the liver, brain and heart homogenates suggested hepatotoxicity, brain toxicity and cardiotoxicity of \textit{D. stramonium} respectively. This implies that the mechanism involved in the toxicity of \textit{D. stramonium} is complex and diverse, perhaps depending on the tissue involved (Table 2). On the other hand, an increase in serum LDL cholesterol (although to varying degrees) in the groups administered with aqueous, methanolic and diethylether extracts of \textit{D. stramonium} relative to the

![Fig. 2. Effect of \textit{D. stramonium} on ALT activity of selected tissues. Data is expressed as mean \pm standard deviation, ‘a’ represents significant difference (p < 0.05) from the control.](image-url)

![Fig. 3. Effect of \textit{D. stramonium} on AST activity of selected tissues. Data is expressed as mean \pm standard deviation, ‘a’ represents significant difference (p < 0.05) from the control.](image-url)

| GROUP | I       | II       | III      | IV       |
|-------|---------|----------|----------|----------|
| SERUM (mg/dl) | 19.09 ± 2.29 | 15.70 ± 1.89\(^{a}\) | 10.28 ± 1.60\(^{a}\) | 12.18 ± 1.46\(^{a}\) |
| HEART (mg/dl)  | 12.14 ± 1.43 | 17.92 ± 2.11\(^{a}\) | 14.31 ± 1.56\(^{a}\) | 13.29 ± 1.56\(^{a}\) |
| BRAIN (mg/dl)   | 6.46 ± 0.54  | 6.10 ± 0.51\(^{a}\) | 5.24 ± 0.44\(^{a}\) | 6.24 ± 0.52\(^{a}\) |
| LIVER (mg/dl)   | 12.95 ± 1.08 | 10.51 ± 0.39\(^{a}\) | 9.49 ± 0.35\(^{a}\) | 11.47 ± 0.42\(^{a}\) |
| KIDNEY (mg/dl)  | 8.53 ± 0.71  | 10.74 ± 0.90\(^{a}\) | 9.65 ± 0.81 | 9.40 ± 0.79 |

Data is expressed as mean ± standard deviation, ‘a’ represents significant difference (p < 0.05) from the control.
may be suggestive of a severe liver disease [57]. Serum creatinine level-functioning kidney probably resulting from oxidative kidney damage or the solvents, perhaps depending on their polarity.

Data is expressed as mean ± standard deviation, ‘a’ represent significant difference (p < 0.05) from the control.

| Table 4 | Effect of D. stramonium on urea level of selected tissues. |
|---------|--------------------------------------------------------|
| GROUP   | I           | II          | III          | IV          |
| SERUM (mg/dl) | 16.98 ± 2.83 | 9.45 ± 3.225* | 17.67 ± 2.95* | 15.75 ± 2.63* |
| HEART (mg/dl) | 1.99 ± 0.17  | 1.24 ± 0.10  | 0.47 ± 0.04*  | 1.20 ± 0.10  |
| BRAIN (mg/dl) | 2.60 ± 0.22  | 3.11 ± 0.36* | 3.42 ± 0.43*  | 3.62 ± 0.50*  |
| LIVER (mg/dl) | 9.40 ± 0.79  | 5.38 ± 0.45* | 4.92 ± 0.41*  | 3.68 ± 0.31*  |
| KIDNEY (mg/dl) | 4.38 ± 0.37  | 2.08 ± 0.17* | 0.51 ± 0.04*  | 1.47 ± 0.12*  |

Data is expressed as mean ± standard deviation, ‘a’ represents significant difference (p < 0.05) from the control.

deliberate exposure to critical biological macromolecules. These oxidative reactions often lead to the formation of lipid hydroperoxide which are further degraded into several aldehyde compounds including hydroxy-alkenals [9]. In comparison to free radicals, these aldehydes are more stable and have the tendency to diffuse and escape from the cell thereby attacking targets cells far away. These aldehydes are highly reactive attacking critical macromolecules such as DNA, proteins and membrane phospholipids, producing a wide array of covalent adducts [59]. On interaction, lipoproteins and other lipid-containing compounds can be modified by hydroxy-alkenals thereby deranging membrane configuration and spatial arrangement thereby impairing the function of bound enzymes like Na+ /K+ ATPase which plays important role in the functional nerve cells [60,61]. D. stramonium extract caused a significant increase in hepatic and renal lipid peroxidation in all groups administered with the extracts relative to control (Fig. 4). Noteworthy however, is the fact that cardiac lipid peroxidation was far higher than other tissues, suggesting that the mechanism of toxicity of D. stramonium in the heart involves lipid peroxidation. This might imply that cardiovascular disorders and its complications are the perhaps the aftermath of intentional or accidental ingestion of D. stramonium extract.

Table 4 Effect of D. stramonium on creatinine level of selected tissues.

| GROUP      | I            | II            | III           | IV            |
|------------|--------------|---------------|---------------|---------------|
| SERUM (mg/dl) | 16.51 ± 7.27 | 9.61 ± 62.00* | 4.36 ± 56.69* | 8.79 ± 58.58* |
| HEART (mg/dl) | 6.01 ± 0.71  | 3.11 ± 0.36*  | 3.64 ± 0.43*  | 4.25 ± 0.50*  |
| BRAIN (mg/dl) | 2.60 ± 0.22  | 1.09 ± 0.09*  | 1.62 ± 0.14*  | 1.48 ± 0.12*  |
| LIVER (mg/dl) | 9.40 ± 0.79  | 5.38 ± 0.45*  | 4.92 ± 0.41*  | 3.68 ± 0.31*  |
| KIDNEY (mg/dl) | 4.38 ± 0.37  | 2.08 ± 0.17*  | 0.51 ± 0.04*  | 1.47 ± 0.12*  |

Data is expressed as mean ± standard deviation, ‘a’ represent significant difference (p < 0.05) from the control.
5. Conclusion

The study concluded that *D. stramonium* is toxic and attacks various organs including the liver, heart, kidney and brain. Its toxicity to the various organs varies and depends on the solvent used for its extraction.

Declaration of Competing Interest

All authors clearly state that there is no conflict of interest of any kind.

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