Altered homotopic connectivity in postherpetic neuralgia: a resting state fMRI study

Jian Jiang1,*, Lili Gu2,*, Dan Bao2, Shunda Hong1, Wei He1, Yonming Tan1, Xianjun Zeng1, Honghan Gong1, Daying Zhang1, Fuqing Zhou1

1Department of Radiology, 2Department of Pain, The First Affiliated Hospital, Nanchang University, Nanchang, Jiangxi, People’s Republic of China

*These authors contributed equally to this work

Objective: The aim of this study was to explore interhemispheric intrinsic connectivity in patients with postherpetic neuralgia (PHN).

Methods: We obtained resting-state functional magnetic resonance imaging data from 18 right-handed PHN patients (11 males, 7 females; mean age, 59.67±8.41 years) and 18 well-matched healthy controls (11 males, 7 females; mean age, 38.50±7.51 years). Interhemispheric connectivity was examined using voxel-mirrored homotopic connectivity (VMHC), and seed-based functional connectivity analysis was performed.

Results: Compared with the healthy controls, the patients with PHN showed abnormally decreased homotopic connectivity in the dorsolateral prefrontal cortex and the precuneus and posterior cingulate cortex (PCUN/PCC). The decreased VMHC in the PCUN/PCC was positively correlated with the visual analog scale of PHN in the PHN patient group (r=0.651; P=0.006). Receiver operating characteristic (ROC) analysis revealed that the areas under the curves for the two brain regions were 0.898 for the prefrontal cortex and 0.923 for the PCUN/PCC, which indicated that the VMHC could be used to discriminate PHN patients from healthy controls. A subsequent seed-based functional connectivity analysis revealed widely disrupted intrinsic connectivity between the regions that showed local homotopic connectivity deficits and the areas subserving the default-mode network.

Conclusion: Our results indicated reduced interhemispheric functional connectivity in patients with PHN, which seems to be an important new avenue to investigate to better understand the nature of disconnection of the functional architecture in patients with PHN.

Keywords: voxel-mirrored homotopic connectivity, postherpetic neuralgia, functional magnetic resonance imaging, resting state, pain

Introduction

Postherpetic neuralgia (PHN), which is defined as typical chronic neuropathic pain that develops after healed herpes zoster infection and persists for >3 months, significantly impacts patient quality of life.1–2 PHN can exist with various neuropathic signs that are associated with irreparable damage to the peripheral nervous system.3–4 Recently, several neuroimaging studies5–9 have explored possible alterations of structure and functions in patients with PHN pain, including anatomical damage in the bilateral insula and superior temporal gyrus;5 functional aberrant activation involved in affective responses, sensory discrimination (the thalamus, primary and secondary somatosensory, insula, and anterior cingulated cortices), and emotion;6–7 increased functional connectivity of the bilateral putamen;7 and decreased local efficiency of the putamen.8 Assessment of cerebral blood flow (CBF) in these regions has provided an...
understanding of the underlying physiological basis,9 with results showing increased CBF in the striatum, thalamus, primary somatosensory cortex (S1), insula, amygdala, and inferior parietal lobule, and decreased CBF in the frontal cortex.9 However, anatomical and functional neuroimaging studies on the central nervous systems of PHN patients remain limited.

The changes in the functional activity of the brain during PHN are not fully understood at present. Magnetic resonance imaging (MRI) technologies developed for noninvasive human brain mapping have been used to expose alterations of functional patterns and have provided new insights into the potential neural mechanisms of neuropathic pain in patients with PHN. Interhemispheric homotopic connectivity has been suggested to be a basic principle of the brain’s functional architecture in integrated brain functions that underlie coherent cognition, behavior, and consciousness.10,11 Voxel-mirrored homotopic connectivity (VMHC) is a data-driven voxel-based intrinsic functional connectivity (iFC) approach used to characterize the high degree of synchrony in spontaneous activity between geometrically corresponding interhemispheric regions.10 This approach differs from analyses of the regional activity intensity (amplitude of low-frequency fluctuations12), regional connectivity,13,14 and global connectivity,15 because the VMHC index emphasizes the idea that specific patterns of interhemispheric disconnection can reflect functional consequences for interhemispheric communication or coordination associated with pathological (disease) and physiological conditions.16–18 In several studies, abnormal homotopic connectivity in subjects with pathological states has been reported in patients with traumatic axonal injury,17 schizophrenia,19 autism,20 and cocaine addiction.21

To our knowledge, despite the evidence of intrinsic functional impairment in PHN, there are no previous studies that have examined voxel-level interhemispheric iFC. In the current study, we hypothesized that the properties of homotopic connectivity would be altered in patients with PHN and that such alteration could be detected using VMHC analyses. Furthermore, this altered VMHC may affect relevant connectivity networks in PHN patients.

Materials and methods

Participants

Eighteen right-handed patients with PHN were recruited from the First Affiliated Hospital of Nanchang University. Two consultant physicians from the Pain Department made the clinical diagnoses based on the presence of pain persisting for ≥3 months (93–168 days) after healed herpes zoster infection, defined according to the International Association for the Study of Pain criteria for postherpetic neuralgia. The mean disease duration from the time of disease onset (significant pain according to subjective experience) to the date of the MRI examination was 116.78±25.96 days. Patients who had other pain disorders were excluded. The age of the patients with PHN ranged from 46 to 72 years. All the patients reported an obvious case or medical records of shingles associated with varicella zoster virus (VZV) infection, mainly distributed on the unilateral chest and back. The pain of PHN was localized to the left side of the body in 10 cases and to the right side in 8 cases. All the patients accepted mechanical visual analog scale (VAS) evaluation and provided informed written consent prior to undergoing neuroimaging. The pain intensity of all the participants was assessed as at least 7/10 in the VAS records, indicating moderate-to-severe pain (in measurements of pain intensity ranging from 0 to 10, with 0 indicating no pain and 10 indicating highest tolerable pain). Pain levels were also assessed immediately before functional MRI (fMRI) scanning. These patients had no history of any other major psychiatric illnesses, neurological illnesses, head injuries, or alcohol or drug abuse.

Eighteen right-handed age- and sex-matched healthy controls (HCs) were recruited using advertisements posted in the local community. The age of the HCs ranged from 45 to 70 years. None of the HCs had any significant prior medical diagnoses, substance abuse, neurological disorders, or major psychiatric disorders. Those who had a first-degree relative with a history of severe mental disorder or suicidal behavior were excluded.

Written informed consent was obtained from each participant and the participant’s guardian prior to data acquisition. The current study was conducted according to approved guidelines and in compliance with the principles of the Declaration of Helsinki. This study was approved by the Medical Research Ethics Committee and the Institutional Review Board of The First Affiliated Hospital of Nanchang University.

MRI acquisition

MRI scanning was performed using a 3.0T Siemens TrioTIM Scanner (Erlangen, Bavaria, Germany) at the First Affiliated Hospital of Nanchang University. Each participant underwent both an 8-min resting-state fMRI scan with an echo planar imaging sequence (repetition time [TR] =2,000 ms, echo time [TE] =30 ms, flip angle =90°, matrix =64×64, field of view [FOV] =220×220 mm, 4 mm slice thickness, 30 interleaved axial slices, 240 time-point acquisitions) and a
three-dimensional, high-resolution T1-weighted structural MRI scan with a magnetization-prepared rapidly acquired gradient echo sequence (TR = 1,900 ms, TE = 2.26 ms, flip angle = 9°, matrix = 240x256, FOV = 215x230 mm, slice thickness = 1.0 mm, 176 sagittal slices). For resting-state scans, participants were instructed to close their eyes and remain awake while lying quietly and not to think about anything systematically. After the scan, the subjects were asked whether they remained awake during the entire scan.

Resting-state data preprocessing
Resting-state fMRI images underwent slice timing correction, and voxel-specific head motion calculations and corrections were used to adjust the time series of images using a toolbox for Data Processing & Analysis of Brain Imaging (DPABI 2.1; Chinese Academy of Sciences, Beijing, China) that runs on MATLAB 7.14.0 (Mathworks, Natick, MA, USA). Preprocessing comprised the following steps: 1) removal of the first 10 time points; 2) slice timing correction; 3) three-dimensional motion correction; 4) nonlinear registration of the high-resolution T1 structural images to the Montreal Neurological Institute (MNI) template, in which T1 structural images were segmented as white matter, gray matter, and cerebrospinal fluid using a new segment algorithm with DARTEL (diffeomorphic anatomical registration through exponentiated lie algebra), followed by further structural analyses of the resulting segments; 5) spatial normalization to the Montreal Neurological Institute template; 6) resampling of images into a spatial resolution of 3x3x3 mm³; 7) temporal band-pass filtering (0.01–0.08 Hz); 8) linear detrending and nuisance signal removal (white matter, cerebrospinal fluid, global signal, 6-head motion parameters, 6-head motion parameters at one time point earlier, and the 12 corresponding squared items (Friston 24-parameter model) as covariates) via multiple regression. In this study, we excluded subjects from further analysis if the translation or rotation of head movement was >2 mm or 2° in any direction; the group differences in head motion were evaluated among the patients with PHN (n=18) and the HC subjects (n=18) according to the frame-wise displacement (FD) criteria described by Van Dijk et al.24

Voxel-mirrored homotopic connectivity
VMHC was computed with a DPABI toolbox.22 For each subject, the homotopic connectivity was computed as the Pearson correlation between each pair of mirrored voxel time series.26 Fisher’s Z transformation was used to improve the normality of the homotopic correlation coefficients. Because x=0 defines the brain midline, and there are no voxels medial to this plane, we excluded voxels medial of x=0. The resulting correlations were used in the VMHC group-level analyses.

Global and regional group differences in VMHC were examined between the PHN and HC groups. Global VMHC was calculated by averaging the VMHC values across all the voxels within a unilateral hemispheric gray matter mask (there is only one correlation for each pair of homotopic voxels), which was created using the MNI gray matter tissue prior in FSL Version 5.0 (Analysis Group, FMRIB, Oxford UK) (threshold =25% tissue-type probability). Group comparisons of global VMHC were performed using two-sample t-tests. The significance threshold was P<0.05, and Bonferroni corrections were used for multiple comparisons. For regional group differences in VMHC, age, sex, and FD values were used as covariates, and the significance threshold correction was based on Gaussian random field (GRF) theory with a voxel level of P<0.01 and a cluster level of P<0.05. Because FD values can affect the iFC analysis of resting-state fMRI,25,26 the mean FD value was applied as a covariate in the group comparisons of VMHC.26

The VMHC values of the brain regions that showed abnormal interhemispheric connectivity were extracted, averaged, and correlated using a VAS or the disease duration in the patient group.

Seed-based iFC
We examined the iFC associated with brain areas that exhibited significantly different VMHC between groups. Specifically, we computed whole-brain voxel-wise Pearson’s correlations that were associated with mean time series derived separately for the four regions of interest (ROIs) and comprised all voxels within the prefrontal cortex (PFC) or the precuneus and posterior cingulate cortex (PCUN/PCC) that exhibited reduced VMHC in migraine patients. Fisher Z-transformed correlation maps were then entered into a group-level voxel-wise t-test analysis, which controlled for age, gender, and FD effects. Subsequently, individual Z-values were entered into a random-effect one-sample t-test in SPM8 to identify brain regions that showed significantly positive correlations with each seed region for each group with a two-tailed false discovery rate corrected to P<0.001.27 Importantly, in this study, we only considered the brain areas that had positive correlations with each seed region in both the PHN and HC groups as a mask for the group comparison analysis, because it remains controversial as to whether the anti-correlation is an artifact of the global signal regression in the iFC analysis.26,29 Finally, whole-brain correction for
multiple comparisons was performed using a preceding united mask (GRF correction, voxel level \( P<0.01 \) and cluster level \( P<0.05 \)).

**Results**

**Demographic and clinical characteristics**

Demographic and clinical information of the participants is listed in Table 1. Two patients with PHN did not complete the MRI scanning, and three patients’ data did not pass the imaging data quality control procedure, so these patients were excluded from the final analyses and results. The final sample included 18 patients with PHN and 18 HCs.

**Functional homotopy in PHN and HCs**

The spatial patterns of VMHC across the entire gray matter are shown in Figure 1 for the HCs (Figure 1A) and the patients with PHN (Figure 1B). Both groups exhibited the greatest VMHC in the PCUN/PCC, followed by the insula, precentral gyrus, postcentral gyrus, superior temporal cortex, and middle occipital gyrus, along with the subcortical areas. The lateral PFC showed relatively weaker VMHC than other regions in both groups. On visual inspection, although the two groups displayed similar patterns in VMHC, the PHN group seemed to exhibit a weaker VMHC in the PFC and postcentral regions.

**Group differences in functional homotopy**

To assess the structural confounders for VMHC, we investigated the global gray matter density differences between the patients with PHN and the HCs. No significant differences were detectable in this measure between the two groups. The global VMHCs were not significantly different \((t[34]=−1.215; P=0.233)\) between the PHN \((0.425±0.078)\) and control \((0.459±0.086)\) groups. However, the local comparisons revealed differences in the dorsolateral prefrontal cortex (DLPFC) and PCUN/PCC, with the PHN group showing reduced VMHC compared to the control group after controlling for age and sex (GRF correction, voxel-level \( P<0.01 \) and cluster-level \( P<0.05 \); Figure 2 and Table 2). None of the brain regions showed stronger VMHC in the PHN group compared to the control group. The correlation analysis indicated that the VMHC value of the left DLPFC was positively correlated with the GM density of the left DLPFC in the PHN group \((r=0.527; P=0.036)\); however, in the right DLPFC \((p=0.286; P=0.284)\), left PCUN \((p=0.241; P=0.368)\), and right PCUN \((p=0.265; P=0.321)\), there were no such correlations.

**Table 1** Participant information

| Clinical information | PHN (N=18) | HCs (N=18) | Voxel-wise t-test (P-values) |
|----------------------|------------|------------|-----------------------------|
| Age, years           | 59.67±8.41 | 59.27±7.74 | 0.144 (0.886)               |
| Sex (male/female)    | 11/7       | 11/7       | 0.000 (0.99)                |
| gVMHC                | 0.425±0.078| 0.459±0.086| −1.215 (0.233)              |
| FDov, mm             | 0.056±0.043| 0.060±0.035| −0.281 (0.780)              |
| VAS score            | 6.611±1.470| 0.167±0.383| 17.98 (0.000**))            |
| Disease duration, days | 116.78±25.96 | NA | NA |

**Notes:** **P<0.01. Data presented as mean ± SD or number.

**Abbreviations:** FDov, voxel-specific frame-wise displacement for in-scanner head motion HCs, healthy controls; NA, not applicable; PHN, postherpetic neuralgia; VAS, visual analog scale; gVMHC, global voxel-mirrored homotopic connectivity.

**Figure 1** Whole-brain voxel-wise homotopic functional connectivity patterns in HCs (A) and patients with PHN (B).

**Abbreviations:** HCs, healthy controls; PHN, postherpetic neuralgia.
To evaluate the effects of disrupted interhemispheric connectivity on the relevant resting-state networks, we used clusters that involved the left and right DLPFC and the left and right PCUN/PCC as the four ROI (including all the voxels in these clusters) and investigated patterns of iFC throughout the entire brain in both the PHN and HC groups, as well as group differences in iFC.

The connectivity patterns in HC participants in the left and right DLPFC and the left and right PCUN/PCC are shown in Figures 3 and S1. The iFC patterns that were seeded in the left and right PFC in the PHN group were very similar, but weaker in strength, to those observed in the HC group (Figure 3B and E). The group comparisons revealed that patients with PHN showed decreased iFC between the left PFC and the bilateral middle frontal gyrus (MFG) (sup) (Figure 3C and Table 3) and decreased iFC between the right PFC and the left MFG (Figure 3F and Table 3) (GRF corrected, with a voxel-level \(P < 0.01\) and a cluster-level \(P < 0.05\)). None of the reported altered iFC remained in the seed of the left and right PCUN/PCC between the PHN and HC groups after GRF correction (voxel-level \(P < 0.01\) and cluster-level \(P < 0.05\)). In contrast, the results after AlphaSim correction are shown in Figure S1. This alternative approach showed that there was a significant alteration of the iFC in the seed with significantly different VMHC between the groups and a slack corrected condition (Monte Carlo simulation, single voxel \(P = 0.05\), FWHM =6 mm, 1,000 simulations, using every united mask of significantly positive correlations with each seed region in the PHN and HC groups).

A significant decrease in iFC was detected between several regions (the left and right cerebellum posterior lobe, right superior/inferior temporal gyrus, left and right PFC, left inferior parietal lobule) and the left PFC (Figure S1B,
AlphaSim corrected, combined with a different cluster size of >90 voxels); between several regions (the left cerebellum posterior lobe, left PFC, left and right inferior parietal lobule, left precuneus) and the right PFC (Figure S1D, AlphaSim corrected, combined with a different cluster size of >76 voxels); between the left PFC and the left PCUN/PCC (Figure S1F, AlphaSim corrected, combined with a different cluster size of >102 voxels); and between the left PFC and the right PCUN/PCC (Figure S1H, AlphaSim corrected, combined with a different cluster size of >99 voxels).

Correlations with clinical scores in patients with PHN

The correlation analysis indicated that the VMHC value of the PCUN/PCC was positively correlated with the VAS of the PHN group ($r=0.651; \ P=0.006$) (Figure 4 and Table 4).
As shown above, the MPFC and PCUN/PCC showed significantly different VMHCs between the groups, which suggested that the VMHC in these two brain regions might be used to discriminate between patients with PHN and healthy subjects. To investigate this possibility, the mean VMHC values in the two regions were extracted, and then ROC analysis was used. The results revealed that the areas under the curves of the two regions were 0.898 for the PFC and 0.923 for the PCUN/PCC (Figure 5 and Table S1).

**Table 4** Correlations between the VMHC/iFC and clinical variables

| Clinical variables | VMHC DLPFC (r/P) | PCUN/PCC (r/P) | iFC Between left PFC and bilateral MFG (r/P) | Between right PFC and left MFG (r/P) |
|--------------------|-----------------|----------------|---------------------------------------------|--------------------------------------|
| VAS                | 0.362/0.168     | 0.651/0.006    | 0.244/0.362                                 | 0.201/0.460                          |
| Disease duration   | −0.161/0.552    | −0.211/0.433   | −0.150/0.578                                | −0.137/0.614                          |

Abbreviations: DLPFC, dorsolateral prefrontal cortex; iFC, intrinsic functional connectivity; MFG, middle frontal gyrus; PFC, prefrontal cortex; PCUN/PCC, precuneus and posterior cingulate cortex; VMHC, voxel-mirrored homotopic connectivity; VAS, visual analogue scale.

Receiver operating characteristic (ROC) analysis of VMHC in the altered regions between the groups

As shown above, the MPFC and PCUN/PCC showed significantly different VMHCs between the groups, which suggested that the VMHC in these two brain regions might be used to discriminate between patients with PHN and healthy subjects. To investigate this possibility, the mean VMHC values in the two regions were extracted, and then ROC analysis was used. The results revealed that the areas under the curves of the two regions were 0.898 for the PFC and 0.923 for the PCUN/PCC (Figure 5 and Table S1).

**Discussion**

In this study, we obtained the primary finding that PHN-related homotopic connectivity was reduced in the PHN group. The reductions that we identified encompassed the DLPFC and PCUN/PCC, and we also observed decreased PFC-iFC in the MFG. In particular, significant decreases in VMHC in the DLPFC and PCUN/PCC could provide the ability to discriminate between patients with PHN and healthy subjects.

The results from the current study confirm that intrinsic functioning is altered during PHN. First, we observed decreased VMHC in the PCUN/PCC and disrupted PCUN/PCC related to iFC networks in patients with PHN. The PCUN/PCC, the posterior functional hub of the default-mode network (DMN), is involved in self-state perception, which combines bottom-up attention with information from memory and perception. Pain activation in particular is associated with the anterior or middle part of the cingulate cortex as well as the PCC. In patients with chronic pain, the PCUN/PCC-related iFC findings indicate that disruptions of the DMN may underlie cognitive and behavioral impairments. In this study, we observed decreased homotopic connectivity in the PCUN/PCC, as well as disrupted iFC networks that are part of the DMN (the anterior components). Furthermore, there was a positive correlation between the VAS and the VMHC value in the PCUN/PCC. These findings suggest that the impairment in the PCUN/PCC in patients with PHN might be relevant for the pain-related impairment that is associated with the cognitive experience of sadness.

In our study, another region with significantly decreased VMHC is the DLPFC, which is the end point for the dorsal pathway (stream) that tells the brain how to interact with stimuli, a process that involves a variety of advanced functions such as executive functions, motor planning, organization, and regulation. In regard to the brain and pain, activation of the DLPFC is associated with cognitive decision making, including pain evaluations and response decisions, and is accomplished by modulation of the corticosubcortical and corticocortical pathways. Recent noninvasive brain stimulation studies have suggested that interhemispheric DLPFC connectivity influences pain tolerance and discomfort by altering interhemispheric inhibition, and these studies have also supported the preferential role of the right hemisphere in pain processing because of disrupted homotopic connectivity in the DLPFC. Microstructural abnormalities in the gray matter of the DLPFC provide a structural foundation for...
understanding the disruption in connectivity, as iFC is partially restored after pain treatment, which indicates that the DLPFC participates in cognitive task performance and also supports the concept that DLPFC connectivity participates in brain impairment during chronic pain. In this study, the decreases in VMHC and iFC observed in networks in the DLPFC imply interhemispheric dis-coordination and provide neurodevelopmental evidence for the disconnection hypothesis in PHN.

In patients with PHN, it is clear that the pathological features include peripheral axonal loss and sensory neuronal damage. However, a novel hypothesis is that the pain seen in rats with a latent varicella zoster virus infection could be due to changes in neuronal function that are caused by the mere presence of the virus and that this may also be true of PHN pain. There are reasons to believe that PHN-related deficits in VMHC that result in interhemispheric coordination are caused by viral infection, but this hypothesis needs to be confirmed in the future. VHMC differences between the PHN and HC groups might be useful diagnostic markers, and VMHC values in the DLPFC and the PCUN/PCC could help to accurately discriminate between these groups, using a sensitivity of 72.2% and a specificity of 100% as cut-off points.

While our results are interesting and encouraging, some limitations of the current study should be noted. First, although we detected interhemispheric functional connectivity differences in patients with PHN and healthy subjects, this study had a relatively small sample size, so a larger sample should be used to confirm our results. Second, while we detected decreased homotopic connectivity in the DLPFC and PCUN/PCC, which are involved in executive control processes, our current study did not use cognitive tasks to investigate the relationship between the neuroimaging findings and the cognitive abilities of the subjects. This relationship should be considered and examined in future studies.

In the current study, we detected reduced homotopic connectivity in the DLPFC and PCUN/PCC and altered iFC patterns in patients with PHN. Moreover, reduced VMHC was associated with VAS scores in the PCUN/PCC. Our study also suggests an important new avenue for exploration to provide further information to better understand the nature of disconnection in the functional architecture of patients with PHN.

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Disclosure
The authors report no conflicts of interest in this work.

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Supplementary materials

Table S1 ROC analysis for differentiating patients from healthy subjects

| Reduced connectivity values in patients | Area under the curve | Cut-off point | Sensitivity | Specificity |
|----------------------------------------|----------------------|---------------|-------------|-------------|
| VMHC values in DLPFC                   | 0.898                | 0.454         | 72.2% (13/18) | 100% (18/18) |
| VMHC values in PCUN/PCC                | 0.923                | 0.698         | 72.2% (13/18) | 100% (18/18) |
| iFC values between left PFC and bilateral MFG | 0.883                | 0.356         | 72.2% (13/18) | 94.4% (17/18) |
| iFC values between left PFC and left MFG | 0.824                | 0.409         | 77.8% (14/18) | 72.2% (13/18) |

Notes: *Using this cut-off point, the VMHC value of PFC could correctly classify 13 of 18 patients and 18 of 18 healthy subjects, resulting in a sensitivity of 72.2% and a specificity of 100%. The means for other cut-off points were similar.

Abbreviations: DLPFC, dorsolateral prefrontal cortex; iFC, intrinsic functional connectivity; MFG, middle frontal gyrus; PCUN/PCC, precuneus/posterior cingulate cortex; PFC, prefrontal cortex; ROC, receiver operating characteristic; VMHC, voxel-mirrored homotopic connectivity.

Figure S1 Altered iFC patterns between patients with PHN and HCs, with an AlphaSim correction.
Notes: A–H show the iFC patterns of the seed, with significantly different VMHC between the PHN and HC groups (two-tailed FDR corrected to P<0.001).

Abbreviations: DLPFC, dorsolateral prefrontal cortex; FDR, false discovery rate; HC, healthy control; iFC, intrinsic functional connectivity; L, left; PCUN/PCC, precuneus/posterior cingulate cortex; PHN, postherpetic neuralgia; R, right.