## Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|------------------------------------|-----------------------------|
| **TITLE**     |         |      |                                    |                             |
| Title         | 1       | Identify the report as a Narrative Review of … | Page1/Line3-4              | Title                       |
| **ABSTRACT**  |         |      |                                    |                             |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page2/Line34-53             | Abstract/Paragraph1         |
| **INTRODUCTION** |       |      |                                    |                             |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | Page2-3/Line60-80           | Introduction/Paragraph1-2   |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Page3/Line80-86             | Introduction/Paragraph2     |
| **METHODS**   |         |      |                                    |                             |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | N/A There is no systematic research | N/A                         |
| **DISCUSSION/SUMMARY** | |      |                                    |                             |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page12/Line389-398          | Conclusions/Paragraph1      |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page12/Line398-402          | Conclusions/Paragraph1      |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*