Lifespan estimates for local in time solutions to the semilinear heat equation on the Heisenberg group

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Abstract
In this paper, we consider the semilinear Cauchy problem for the heat equation with power nonlinearity in the Heisenberg group $H_n$. The heat operator is given in this case by $\partial_t - \Delta_{H_n}$, where $\Delta_{H_n}$ is the so-called sub-Laplacian on $H_n$. We prove that the Fujita exponent $1 + 2/Q$ is critical, where $Q = 2n + 2$ is the homogeneous dimension of $H_n$. Furthermore, we prove sharp lifespan estimates for local in time solutions in the subcritical case and in the critical case. In order to get the upper bound estimate for the lifespan (especially, in the critical case), we employ a revisited test function method developed recently by Ikeda–Sobajima. On the other hand, to find the lower bound estimate for the lifespan, we prove a local in time result in weighted $L^\infty$ space.

Keywords Semilinear heat equation · Heisenberg group · Critical exponent of Fujita type · Lifespan estimates · Test function method · Weighted $L^\infty$ spaces

Mathematics Subject Classification Primary 35A01 · 35B44 · 35R03 · Secondary 35K05 · 35K08 · 35K58

1 Introduction

We study the semilinear Cauchy problem

\[ \frac{\partial u}{\partial t} = \Delta_{H_n} u + |u|^{p-1}u, \quad t > 0, \quad u(x,0) = u_0(x), \quad x \in H_n, \]

where $\Delta_{H_n}$ is the sub-Laplacian on $H_n$, $p > 1$ is the power nonlinearity, and $u_0(x)$ is the initial data.
where $\Delta_H$ is the Laplace operator on the Heisenberg group. For this problem, there is a critical exponent $p > 1$ of Fujita type separating global existence and blow-up behavior of the solutions with small initial data. This result is established in [23] and, more recently, in [25], where the global existence result in the supercritical case is obtained assuming very fast exponential decay of the initial data for the corresponding Cauchy problem.

Our main goal in this work is to derive sharp upper and lower bound estimates for the lifespan of the solution in the subcritical and critical case. Moreover, our goal is to treat the supercritical case and show global existence result using larger space of initial data with polynomial decay at infinity.

In the Euclidean case, namely for the Cauchy problem

\[
\begin{cases}
  u_t - \Delta u = |u|^p, & x \in \mathbb{R}^n, \ t > 0, \\
  u(0, x) = \varepsilon u_0(x), & x \in \mathbb{R}^n,
\end{cases}
\]

it is well known that the critical exponent is the Fujita exponent

\[ p_{\text{Fuj}}(n) = 1 + \frac{2}{n}. \]

In the pioneering paper [6], Fujita proved a global existence result for $p > p_{\text{Fuj}}(n)$ and the nonexistence of global in time solutions under certain assumptions on the initial data for $1 < p < p_{\text{Fuj}}(n)$. Then, Hayakawa [11], Sugitani [26] and Kobayashi-Sirao-Tanaka [17] showed that in the critical case $p = p_{\text{Fuj}}(n)$ it holds a blow-up result as well. In the work [19], Lee–Ni determined, among other things, the sharp lifespan estimate of the lifespan for suitably decaying data. More precisely, they showed that the lifespan of local in time solutions to (2) in the subcritical case behaves as follows

\[
T_{\varepsilon} \simeq \begin{cases}
  C\varepsilon^{-\frac{1}{p-1}} & \text{if } 1 < p < p_{\text{Fuj}}(n), \\
  \exp \left( C\varepsilon^{-(p-1)} \right) & \text{if } p = p_{\text{Fuj}}(n).
\end{cases}
\]

Our purpose is to obtain global existence result and lifespan estimates with Fujita exponent defined by

\[ p_{\text{Fuj}}(Q) = 1 + \frac{2}{Q}, \]

where $Q$ is the dimension of the Heisenberg group (see Sect. 2.1 for more information on the Heisenberg group and its dimension). Therefore, we will prove both a blow-up result for (1) in the subcritical case $1 < p \leq p_{\text{Fuj}}(Q)$ by using the so-called test function method (cf. Mitidieri-Pohozaev [20], for example) and a global (in time) existence result for small data solutions in a suitable class of weighted $L^p(\mathbb{H}_n)$ spaces in the supercritical case $p > p_{\text{Fuj}}(Q)$. We point out that, in the framework of Carnot groups, Pascucci established the critical exponent of Fujita type. Furthermore, really recently, Ruzhansky–Yesirkegenov found out in the more general frame of unimodular Lie groups with polynomial volume growth a critical exponent of Fujita type for the Cauchy problem related to a semilinear heat equation (where the degenerate sub-Laplacian appears instead of the classical Laplace operator for the Euclidian case in the definition of the heat operator). Nonetheless, their approach, which relies strongly on the semigroup property of the heat semigroup,
differs from ours. Indeed, we obtain a global in time result in a different function space. Additionally, we derive the sharp lifespan estimates for local solutions in the subcritical case and in the critical case as well. In particular, for the upper bound estimate in the critical case we employ a technique which has been developed recently by Ikeda–Sobajima and Ikeda–Sobajima–Wakasa in [14–16]. For the lower bound estimate of the lifespan, we prove a local in time existence result in a weighted $L^\infty(H_n)$ space, slightly modifying the approach for the global existence result of small data solutions in the supercritical case. We point out that the approach with weighted $L^\infty$ spaces is inspired by the tools used in the treatment of the Euclidean (and homogeneous) case in [7] by Fujiwara–Georgiev–Ozawa.

Note that the critical exponent changes for the case of semilinear wave equation in $H^n$. Therefore, a similar problem can be studied for the wave equation on Heisenberg group. In this case, it is crucial to use the fundamental solution for the wave equation on the Heisenberg group using the approach in [21] or [22] for example.

In the next section, we collect the main results of this paper. Notations Throughout this paper, we will use the following notations: $B^k(R)$ denotes the ball in $\mathbb{R}^k$ around the origin with radius $R$; $f \lesssim g$ means that there exists a positive constant $C$ such that $f \leq Cg$ and, similarly, for $f \gtrsim g$; moreover, $f \approx g$ means $f \lesssim g$ and $f \gtrsim g$. Finally, we will consider the Lebesgue measure on $\mathbb{R}^{2n+1}$ (denoted by $d\eta$) as left-invariant Haar measure on $H_n$.

2 Preliminary properties of Heisenberg group and main results

2.1 Heisenberg group

The Heisenberg group is the Lie group $H_n = \mathbb{R}^{2n+1}$ equipped with the multiplication rule

$$(x, y, \tau)\sigma(x', y', \tau') = (x + x', y + y', \tau + \tau' + 2(x \cdot y' - x' \cdot y)),$$

where $\cdot$ denotes the standard scalar product in $\mathbb{R}^n$. The identity element for $H_n$ is 0 and $\eta^{-1} = -\eta$ for any $\eta \in H_n$.

A system of left-invariant vector fields that span the Lie algebra $\mathfrak{h}_n$ is given by

$$\partial_\tau, \; X_j \doteq \partial_{x_j} - 2y_j \partial_\tau, \; Y_j \doteq \partial_{y_j} + 2x_j \partial_\tau,$$

where $1 \leq j \leq n$. This system satisfies the commutation relations

$$[X_j, Y_k] = 4\delta_{jk} \partial_\tau \quad \text{for} \quad 1 \leq j, k \leq n.$$

Therefore, $\mathfrak{h}_n$ is nilpotent and admits the stratification $\mathfrak{h}_n = V_1 \oplus V_2$, where $V_1 \doteq \text{span} \{X_j, Y_j\}_{1 \leq j \leq n}$ and $V_2 \doteq \text{span} \{\partial_\tau\}$. In other words, $H_n$ is a 2-step stratified Lie group, whose homogeneous dimension is $Q = 2n + 2$. The sub-Laplacian (also known as horizontal Laplacian) on $H_n$ is defined as

$$\Delta_H \doteq \sum_{j=1}^n (X_j^2 + Y_j^2) = \Delta_{(x,y)} + 4|(x,y)|^2 \partial_\tau^2 + 4 \sum_{j=1}^n \left(x_j \partial^2_{y_j \tau} - y_j \partial^2_{x_j \tau}\right),$$

where $\Delta_{(x,y)}$ and $\|(x, y)\|$ denote the Laplace operator and the Euclidean norm of $(x, y)$ in $\mathbb{R}^{2n}$, respectively.

Moreover, it is possible to define a metric on $H_n$. If we denote by
the gauge function, then,

\[ d(\eta, \zeta) = |\zeta^{-1} \circ \eta|_{H_n} \]

is a left-invariant distance on \( H_n \). The gauge \(| \cdot |_{H_n}\) is homogeneous of degree 1 with respect to the family of group automorphisms \( \{ \delta_r \}_{r > 0} \), where \( \delta_r \) is the anisotropic dilation

\[ \delta_r(x, y, \tau) \doteq (rx, ry, r^2 \tau). \]

In particular, in our setting the gauge function satisfies the triangular inequality

\[ |\eta \circ \zeta|_{H_n} \leq |\eta|_{H_n} + |\zeta|_{H_n}. \quad (4) \]

### 2.2 Main results

We plan now to state the main results that we are going to prove in the next sections.

We begin by introducing a suitable notion of weak solution for (1).

**Definition 1** A weak solution of the Cauchy problem (1) in \([0, T) \times H_n\) is a function \( u \in L^p_{\text{loc}}((0, T) \times H_n) \) that satisfies

\[
\int_0^T \int_{H_n} |u(t, \eta)|^p \varphi(t, \eta) \, d\eta \, dt + \varepsilon \int_{H_n} u_0(\eta) \varphi(0, \eta) \, d\eta \\
= -\int_0^T \int_{H_n} u(t, \eta)(\partial_t + \Delta_H) \varphi(t, \eta) \, d\eta \, dt
\]

for any \( \varphi \in C_0^\infty((0, T) \times H_n) \). If \( T = \infty \), we call \( u \) a global in time weak solution to (1), else we call \( u \) a local in time weak solution.

In the next result, we provide an upper bound for the lifespan of a local in time solution \( u \), which is defined as follows

\[ T(\varepsilon) \doteq \sup_{T > 0} \{ u \text{ is a weak solution to (1) in } [0, T) \times H_n \}. \]

**Theorem 1** Let \( 1 < p \leq p_{\text{Fuj}}(Q) \). We assume that \( u_0 \in L^1_{\text{loc}}(H_n) \) satisfies

\[
\int_{H_n} u_0(\eta) \, d\eta > 0 \quad (6)
\]

and is compactly supported with \( \text{supp } u_0 \subset \{(x, y, \tau) \in H_n : |x|^2 + |y|^2 + |\tau| < R_0 \} \) for some \( R_0 > 0 \). Then, there exists \( \varepsilon_0 > 0 \) such that for any \( \varepsilon \in (0, \varepsilon_0] \) it holds

\[
T(\varepsilon) \leq \begin{cases} 
C \varepsilon^{-\left(\frac{1}{p-1} - \frac{Q}{2}\right)^{-1}} & \text{if } p \in (1, p_{\text{Fuj}}(Q)), \\
\exp\left(C \varepsilon^{-p} \right) & \text{if } p = p_{\text{Fuj}}(Q).
\end{cases} \quad (7)
\]
where \(C\) is independent of \(\varepsilon\) and positive constant.

We introduce now the definition of the weighted \(L^\infty\) spaces, where we will study the existence and the uniqueness results for the Cauchy problem (1). Let \(\kappa > 0\) be a parameter. Then, we define

\[
X_{\kappa,T} \doteq (1 + t + |\eta|_{H_n}^2)^{\frac{3}{2}} L^\infty(0, T; L^\infty(H_n)), \\
X_\kappa \doteq (1 + t + |\eta|_{H_n}^2)^{\frac{3}{2}} L^\infty(0, \infty; L^\infty(H_n)),
\]
equipped with the norms

\[
\|u\|_{X_{\kappa,T}} \doteq \|(1 + t + |\eta|_{H_n}^2)^{\frac{3}{2}} u(t, \eta)\|_{L^\infty([0,T) \times H_n)}, \\
\|u\|_{X_\kappa} \doteq \|(1 + t + |\eta|_{H_n}^2)^{\frac{3}{2}} u(t, \eta)\|_{L^\infty([0,\infty) \times H_n)},
\]
respectively. For the existence results (either global or local in time), we will consider mild solutions to (1). Therefore, let us recall the definition of mild solution in the next definition.

**Definition 2** Let \(\kappa\) be a positive real number. A *mild solution* of the Cauchy problem (1) in \(X_{\kappa,T}\) is a function \(u \in X_{\kappa,T}\) that satisfies the nonlinear integral equation

\[
u(t) = \varepsilon e^{\lambda u_0} + \int_0^t e^{(t-s)\lambda u_0} |u(s)|^p \, ds
\]
for any \(t \in [0, T]\). If \(T = \infty\), we call \(u\) a *global* in time mild solution to (1), else we call \(u\) a *local* in time mild solution.

Finally, we may state the global in time existence result for small data solutions in the supercritical case in the family of weighted function spaces \(\{X_{\kappa}\}_{\kappa \in (0,Q)}\) and the local in time existence result in the subcritical and critical case in the weighted space \(X_{Q,T}\).

**Theorem 2** Let us assume \(p > p_{\text{Fuj}}(Q)\). Let us consider \(\kappa = \frac{2}{p-1} \in (0, Q)\) and \(u_0 \in (1 + |\cdot|_{H_n}^2)^{\frac{3}{2}} L^\infty(H_n)\). Then, there exists \(\varepsilon_0 = \varepsilon_0(n, p, u_0) > 0\) such that for any \(\varepsilon \in (0, \varepsilon_0]\) there exists a unique global in time mild solution \(u\) to (1) in the weighted \(L^\infty\) space \(X_{\kappa}\). Furthermore, \(u\) satisfies the decay estimate

\[
|u(t, \eta)| \lesssim \varepsilon \| (1 + |\cdot|_{H_n}^2)^{\frac{3}{2}} u_0 \|_{L^\infty(H_n)} \left(1 + t + |\eta|_{H_n}^2\right)^{-\frac{3}{2}}
\]
for any \((t, \eta) \in [0, \infty) \times H_n^\prime\).

**Theorem 3** Let us assume \(1 < p \leq p_{\text{Fuj}}(Q)\). Let us consider \(\kappa > Q\). Then, for any \(u_0 \in (1 + |\cdot|_{H_n}^2)^{\frac{3}{2}} L^\infty(H_n)\) there exists a unique local in time mild solution \(u\) to (1) on \([0, T_\varepsilon)\) in the weighted \(L^\infty\) space \(X_{Q,T_\varepsilon}\). Furthermore, the following lower bound estimate for the lifespan of \(u\) holds:

\[
T_\varepsilon \geq \begin{cases} 
C \varepsilon^{-(\frac{1}{p-1} - \frac{Q}{2})^{-1}} & \text{if } p < p_{\text{Fuj}}(Q), \\
\exp \left( C \varepsilon^{-p^{-1}} \right) & \text{if } p = p_{\text{Fuj}}(Q),
\end{cases}
\]

where \(\kappa\) is independent of \(\varepsilon\) and positive constant.
where $C = C(Q,p)$ is a positive and independent of $\epsilon$ constant.

### 2.3 Heat kernel bounds on Heisenberg group

The key role in the global existence result we are going to prove is played by appropriate representation and bounds of the heat kernel on the Heisenberg group. Here below, we list some basic properties of the heat kernel $(t,\eta) \in (0, \infty) \times H_n \rightarrow h_t(\eta)$ on the Heisenberg group (actually, these properties are satisfied in the more general frame of nilpotent Lie group, see [4, 12, 27]):

1. the heat kernel is a positive fundamental solution for the heat operator $\partial_t - \Delta_H$;
2. the heat kernel is a $C^\infty((0, \infty) \times H_n)$ function (this fact follows immediately from the hypoellipticity of $\partial_t - \Delta_H$);
3. the heat kernel satisfies $\|h_t\|_{L^1(H_n)} = 1$ for any $t > 0$;
4. the action of the heat semigroup $\{e^{\lambda^\alpha_t}H\}_{\lambda > 0}$ is given by the convolution
   
   $e^{\lambda^\alpha_t}v(\eta) \triangleq (v \ast h_t)(\eta) = \int_{H_n} v(\zeta)h_t(\zeta^{-1} \circ \eta) d\zeta = \int_{H_n} v(\eta \circ \zeta^{-1})h_t(\zeta) d\zeta$,

   where $d\zeta$ is the Lebesgue measure on $\mathbb{R}^{2n+1}$ which is also a left and right-invariant Haar measure on the Lie group $H_n$;
5. there exist two positive constants $c, C$ such that the heat kernel can be estimated as follows:

   
   $c t^{-\frac{\alpha}{2}} \exp \left( -\frac{C \|\eta\|^2_{H_n}}{t} \right) \leq h_t(\eta) \leq C t^{-\frac{\alpha}{2}} \exp \left( -\frac{c \|\eta\|^2_{H_n}}{t} \right)$

   (10)

   for any $t > 0$ and $\eta \in H_n$.

We underline that several works have been devoted to the study of the heat kernel (fundamental solution of the heat equation) in the Heisenberg group (cf. [1, 8, 10, 13] and references therein contained). Our approach will rely basically on the uniform boundedness of the $L^1(H_n)$-norm of the heat kernel and on the estimate of Gaussian type (10) (for the proof of this result see for example [18, Theorem 3.12]).

**Remark 1** As $H_n$ is a Carnot group, we may introduce on $H_n$ the so-called Carnot-Carathéodory metric $d_{CC}$ as well. Actually, (10) is stated in [27, Theorem VIII.2.9] with $d_{CC}(\eta, 0)$ in place of $\|\eta\|_{H_n}$. However, it is well known that the left-invariant homogeneous norms $d_{CC}(\cdot, 0)$ and $\|\cdot\|_{H_n}$ are equivalent and, therefore, we may switch them in (10) (clearly, up to a modification of the constants $c, C$).

**Remark 2** From the scaling properties of the heat operator $\partial_t - \Delta_H$, we can derive a scale-invariance property for the heat kernel (cf. [4, Theorem 3.1]). In order to prove this property, let us introduce for any $\lambda > 0$ the scaling operators

   $S_\lambda^1 u(t, \eta) \triangleq u(\lambda^2 t, \delta_\lambda(\eta))$, 
   $S_\lambda^0 u_0(\eta) \triangleq u_0(\delta_\lambda(\eta))$, 

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where $\delta_\lambda$ is the anisotropic dilation on $H_n$. If $u$ solves the homogeneous problem
\[
\begin{cases}
u_t - \Delta_H u = 0, \quad \eta \in H_n, \quad t > 0, \\
u(0, \eta) = u_0(\eta), \quad \eta \in H_n,
\end{cases}
\]
then, using the property
\[
\lambda^2 S_{\lambda^{-1}}(\partial_t - \Delta_H)S_\lambda = \partial_t - \Delta_H,
\]
we see immediately that $u_\lambda = S_\lambda u$ solves
\[
\begin{cases}
w_t - \Delta_H w = 0, \quad \eta \in H_n, \quad t > 0, \\
w(0, \eta) = S_\lambda u_0(\eta), \quad \eta \in H_n.
\end{cases}
\] (11)
Therefore, we may write $u_\lambda$ in two different ways. On the one hand, we use that $u_\lambda$ solves (11)
\[
u_\lambda(t, \eta) = \int_{H_n} h_t(\zeta^{-1} \circ \eta)S_\lambda u_0(\zeta) \, d\zeta = \int_{H_n} h_t(\zeta^{-1} \circ \eta) u_0(\delta_\lambda(\zeta)) \, d\zeta.
\]
On the other hand, we use the fact that $u_\lambda$ is defined through a scaling operator applied to $u$ and, consequently,
\[
u_\lambda(t, \eta) = \int_{H_n} h_{\lambda^{-1}}(\zeta^{-1} \circ \delta_\lambda(\eta)) u_0(\zeta) \, d\zeta \\
= \lambda^0 \int_{H_n} h_{\lambda^{-1}}(\delta_\lambda(\zeta^{-1} \circ \delta_\lambda(\eta)) u_0(\delta_\lambda(\zeta)) \, d\zeta \\
= \lambda^0 \int_{H_n} h_{\lambda^{-1}}(\delta_\lambda(\zeta^{-1} \circ \eta)) u_0(\delta_\lambda(\zeta)) \, d\zeta.
\]
As these two expressions coincide for any data $u_0$ and any $\eta \in H_n$ and $t > 0$, then, necessarily we have
\[
h_t(\zeta) = \lambda^0 h_{\lambda^{-1}}(\delta_\lambda(\zeta))
\]
for any $\lambda > 0$ and any $\zeta \in H_n, t > 0$. In particular, when $\lambda = r^{-\frac{1}{2}}$ we have
\[
h_t(\zeta) = r^{-\frac{\lambda}{2}} h_1(\delta_{r^{-1/2}}(\zeta))
\] (12)
for any $\zeta \in H_n$ and any $t > 0$. We underline that (12) is well known in the literature for graded Lie group, cf. [5, Lemma 4.22] or [3, Corollary 4.2.10].

3 Blow-up results

3.1 Test function method

In this subsection, we prove a result which is already known in the literature (for example, see [24, Theorem 3.1]). Nevertheless, since we are going to modify this approach (the test function method) in order to derive the upper bound estimate for the lifespan in the
subcritical case, for the sake of self-containedness and readability of the paper we include briefly its proof.

**Proposition 1** Let $1 < p \leq p_{\text{Fuj}}(Q)$, where $Q = 2n + 2$ is the homogeneous dimension of $H_n$. If we assume that $u_0 \in L^1(H_n)$ satisfies

$$\liminf_{R \to \infty} \int_{D_R} u_0(\eta) \, d\eta > 0,$$

where $D_R \equiv B^n(R) \times B^n(R) \times [-R^2, R^2]$, then, there exists no global in time weak solution to (1).

**Proof** We apply the so-called test function method. By contradiction, we assume that there exists a global in time weak solution $u$ to (1).

Let us consider two bump functions $\alpha \in C^\infty_0(\mathbb{R}^n)$ and $\beta \in C^\infty_0(\mathbb{R})$. Furthermore, we require that $\alpha, \beta$ are radial symmetric and decreasing with respect to the radial variable, $\alpha = 1$ on $B^n(\frac{1}{2})$, $\beta = 1$ on $[-\frac{1}{4}, \frac{1}{4}]$, $\text{supp} \alpha \subset B^n(1)$ and $\text{supp} \beta \subset (-1, 1)$. If $R > 0$ is a parameter, then, we define the test function $\varphi_R \in C^\infty_0((0, \infty) \times \mathbb{R}^{2n+1})$ with separate variables as follows

$$\varphi_R(t, x, y, \tau) \equiv \beta\left(\frac{t}{R^2}\right) \alpha\left(\frac{x}{R}\right) \alpha\left(\frac{y}{R}\right) \beta\left(\frac{\tau}{R^2}\right),$$

for any $(t, x, y, \tau) \in [0, \infty) \times \mathbb{R}^{2n+1}$. It is well known that

$$|\partial_t \alpha| \lesssim \alpha^{-\frac{1}{4}} \quad \text{for any} \ 1 \leq k \leq n, \quad |\partial_j \partial_k \alpha| \lesssim \alpha^{-\frac{1}{4}} \quad \text{for any} \ 1 \leq j, k \leq n,$$

$$|eta'| \lesssim \beta^{\frac{1}{4}}, \quad |\beta''| \lesssim \beta^{-\frac{1}{4}}.$$

Furthermore, $0 \leq \alpha, \beta \leq 1$ implies immediately $\alpha \leq \alpha^{-\frac{1}{4}}$ and $\beta \leq \beta^{\frac{1}{4}}$. Therefore, from the relations

$$\partial_t \varphi_R(t, x, y, \tau) = R^{-2} \beta\left(\frac{t}{R^2}\right) \alpha\left(\frac{x}{R}\right) \alpha\left(\frac{y}{R}\right) \beta\left(\frac{\tau}{R^2}\right),$$

and

$$\Delta_H \varphi_R(t, x, y, \tau)$$

$$= R^{-2} \beta\left(\frac{t}{R^2}\right) \Delta \alpha\left(\frac{x}{R}\right) \alpha\left(\frac{y}{R}\right) \beta\left(\frac{\tau}{R^2}\right) + R^{-2} \beta\left(\frac{t}{R^2}\right) \alpha\left(\frac{x}{R}\right) \Delta \alpha\left(\frac{y}{R}\right) \beta\left(\frac{\tau}{R^2}\right)$$

$$+ 4R^{-3} \sum_{j=1}^{n} x_j \beta\left(\frac{t}{R^2}\right) \alpha\left(\frac{x}{R}\right) \partial_j \alpha\left(\frac{y}{R}\right) \beta'\left(\frac{\tau}{R^2}\right)$$

$$- 4R^{-3} \sum_{j=1}^{n} y_j \beta\left(\frac{t}{R^2}\right) \partial_j \alpha\left(\frac{x}{R}\right) \alpha\left(\frac{y}{R}\right) \beta'\left(\frac{\tau}{R^2}\right)$$

$$+ 4R^{-4}(|x|^2 + |y|^2) \beta\left(\frac{t}{R^2}\right) \alpha\left(\frac{x}{R}\right) \alpha\left(\frac{y}{R}\right) \beta''\left(\frac{\tau}{R^2}\right),$$

where $\Delta$ denotes the Laplace operator on $\mathbb{R}^n$, we get

$$|\partial_t \varphi_R| \lesssim R^{-2} (\varphi_R)^{\frac{1}{4}}, \quad |\Delta_H \varphi_R| \lesssim R^{-2} (\varphi_R)^{\frac{1}{4}}.$$
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Note we employed the fact that $\text{supp } \varphi_R \subset [0, R^2] \times B^a(R) \times B^a(R) \times [-R^2, R^2]$ in order to estimate the polynomial terms in the estimate of $|\Delta_H \varphi_R|$

Let us apply the definition of weak solution (5) for the test function $\varphi_R$. Hence, by (15) we obtain

$$
\int_0^\infty \int_{H^n} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt + \varepsilon \int_{H^n} u_0(\eta) \varphi_R(0, \eta) \, d\eta \\
\leq \int_0^\infty \int_{H^n} |u(t, \eta)| (|\partial_t \varphi_R(t, \eta)| + |\Delta_H \varphi_R(t, \eta)|) \, d\eta \, dt \\
\leq R^{-2} \int_0^\infty \int_{H^n} |u(t, \eta)| (|\varphi_R(t, \eta)|^{\frac{1}{p}}) \, d\eta \, dt \\
\leq R^{-2} \left( \int_0^\infty \int_{H^n} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt \right)^{\frac{1}{p}} \left( \int_{[0, R^2] \times D_R} \, d\eta \, dt \right)^{\frac{1}{p'}}.
$$

Let us introduce now the functions

$$I_R \doteq \int_0^\infty \int_{H^n} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt, \quad J_R \doteq \int_{H^n} u_0(\eta) \varphi_R(0, \eta) \, d\eta. \quad (17)$$

Due to the assumption on the data (13), we have $\liminf_{R \to \infty} J_R > 0$, which implies in turn that $J_R > 0$ for $R \geq R_0$, where $R_0$ is a suitable positive real number. Indeed, from $\text{supp } \varphi_R(0, \cdot) \subset D_R$ and $\varphi_R(0, \cdot) = 1$ on $D_{R/2}$ we get trivially

$$J_R = \int_{D_R} u_0(\eta) \varphi_R(0, \eta) \, d\eta \geq \int_{D_{R/2}} u_0(\eta) \, d\eta.$$

Then, for $R \geq R_0$ the estimate in (16) yields

$$I_R \leq I_R + \varepsilon J_R \lesssim R^{-2 + \frac{2n+4}{p'}} I_R^{\frac{1}{p}} \lesssim R^{Q - \frac{2n+2+4}{p'}} I_R^{\frac{1}{p'}}. \quad (18)$$

When the exponent of $R$ in the right-hand side of the last inequality is negative, i.e., for $p < p_{\text{Fuj}}(Q)$, we have that

$$0 \leq I_R^{1-\frac{1}{p'}} \lesssim R^{Q - \frac{2n+2+4}{p'}} \to 0 \quad \text{as } R \to \infty.$$

Thus, $\lim_{R \to \infty} I_R = 0$. However, this is not possible, because the term $J_R$ is positive for $R$ sufficiently large. So, letting $R \to \infty$ in (18) we find the contradiction we were looking for.

In order to get a contradiction in the critical case $p = p_{\text{Fuj}}(Q)$ too, we need to refine the estimate in (16). More precisely, we use that $\partial_t \varphi_R$ is supported in $\tilde{P}_R \doteq [\frac{R^2}{4}, R^2] \times D_R$ and $\Delta_H \varphi_R$ is supported in $\tilde{P}_R \doteq [0, R^2] \times (D_{1,R} \cup D_{2,R} \cup D_{3,R})$, where

$$D_{1,R} \doteq (B^a(R) \setminus B^a(\frac{R}{2})) \times B^a(R) \times [-R^2, R^2],$$
$$D_{2,R} \doteq B^a(R) \times (B^a(R) \setminus B^a(\frac{R}{2})) \times [-R^2, R^2],$$
$$D_{3,R} \doteq B^a(R) \times B^a(R) \times \left( [-R^2, R^2] \setminus \left[ -\frac{R^2}{4}, \frac{R^2}{4} \right] \right).$$

Consequently, for $R \geq R_0$ we may improve (16) as follows
\[ I_R \leq I_R + \varepsilon J_R \lesssim \tilde{T}_R^{\frac{1}{p}} + \tilde{T}_R^{\frac{1}{p}}, \]  

where

\[ \tilde{T}_R = \int_{\tilde{P}_R} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt \quad \text{and} \quad \tilde{T}_R = \int_{\tilde{P}_R} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt. \]

In the critical case \( p = p_{\text{Fuj}}(Q) \), from (18) it follows that \( I_R \) is uniformly bounded as \( R \to \infty \). Using the monotone convergence theorem, we find

\[ \lim_{R \to \infty} I_R = \lim_{R \to \infty} \int_0^\infty \int_{\mathbb{H}_n} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt = \int_0^\infty \int_{\mathbb{H}_n} |u(t, \eta)|^p \, d\eta \, dt \lesssim 1. \]

This means that \( u \in L^p([0, \infty) \times \mathbb{H}_n) \). Applying now the dominated convergence theorem, as the characteristic functions of the sets \( \tilde{P}_R \) and \( \tilde{P}_R \) converge to the zero function for \( R \to \infty \), we have

\[ \lim_{R \to \infty} \tilde{T}_R = \lim_{R \to \infty} \int_{\tilde{P}_R} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt = 0, \]

\[ \lim_{R \to \infty} \tilde{T}_R = \lim_{R \to \infty} \int_{\tilde{P}_R} |u(t, \eta)|^p \varphi_R(t, \eta) \, d\eta \, dt = 0. \]

Also, letting \( R \to \infty \), (19) implies \( \lim_{R \to \infty} I_R = 0 \) which provides the desired contradiction in turn, as we have already seen in the subcritical case. The proof is completed. \( \square \)

**Remark 3** In Sect. 3.2, we will provide the complete proof of Theorem 1. However, in the subcritical case \( 1 < p < p_{\text{Fuj}}(Q) \) it is possible to prove the upper bound estimate for the lifespan of the solution by modifying slightly the approach used in the proof of Proposition 1. In fact, by (18) we know that

\[ I_R + \varepsilon J_R \leq CR^{Q - \frac{\alpha_2}{p}} I_R^{\frac{1}{p}}, \]

where \( I_R \) and \( J_R \) are defined as in (17). Applying Young’s inequality on the right-hand side of the previous inequality, we get

\[ I_R + \varepsilon J_R \leq \frac{1}{p'} \left( CR^{Q - \frac{\alpha_2}{p}} \right)^{p'} + \frac{1}{p} I_R \]

which implies in turn

\[ \varepsilon J_R \leq (1 - \frac{1}{p'}) I_R + \varepsilon J_R \lesssim \left( R^{Q - \frac{\alpha_2}{p}} \right)^{p'} = R^{-\left( \frac{2}{p'} - Q \right)}. \]

Due to the assumption (13), we have seen that \( \lim_{R \to \infty} J_R > 0 \). This means that \( J_R \gtrsim 1 \) for \( R \geq R_1 \), where \( R_1 \) is a suitable large constant. Hence, for \( R \geq R_1 \) we find

\[ \varepsilon \gtrsim \varepsilon J_R \gtrsim R^{-\left( \frac{2}{p'} - Q \right)}. \]

If we assume that \( 1 < p < p_{\text{Fuj}}(Q) \), then, the power for \( R \) is negative in the last estimate. Thus,
We point out that in the scaling of the bump function $\beta$ correspondingly to the time variable in (14) the parameter $R^2$ has to be dominated by the lifespan $T$ in order to guarantee $\varphi_R \in C^\infty_0([0, T) \times H_n)$. Therefore, the last relation implies

$$T^\frac{1}{2} \lesssim \varepsilon \left(\frac{1}{p - 1} - Q\right)^{-i} \Rightarrow T \lesssim \varepsilon \left(\frac{1}{p - 1} - \frac{Q}{2}\right)^{-i},$$

which is the desired estimate. Note that we assumed without loss of generality in the previous step that $T^\frac{1}{2} \geq R_1$. Indeed, if $T^\frac{1}{2} \leq R_1$, then, for $\varepsilon > 0$ sufficiently small the inequality $T \lesssim \varepsilon \left(\frac{1}{p - 1} - \frac{Q}{2}\right)^{-i}$ is trivially satisfied.

### 3.2 Upper bound estimates for the lifespan

In this subsection, we prove Theorem 1. Our approach is based on the revisited version of the test function method developed by Ikeda–Sobajima in [15]. Of course, in the previous subsection we showed how it is possible to get the upper bound estimate for the lifespan in the subcritical case, so only the critical case is left. Nonetheless, in the next proof we can deal with the subcritical and critical case at the same time with small modifications and only in the very last steps.

**Proof of Theorem 1** Let us begin pointing out that we may assume $2R_0 < T(\varepsilon)$ without loss of generality. Indeed, if $T(\varepsilon) \leq 2R_0$, then, (7) is trivially fulfilled, provided that $\varepsilon_0$ is sufficiently small. Let $\phi \in C^\infty_0([0, \infty))$ be a bump function such that $\phi = 1$ on $[0, \frac{1}{2}]$, supp $\phi \subset [0, 1)$ and $\phi$ is a decreasing function. Furthermore, we denote

$$\phi^*(r) = \begin{cases} 0 & \text{if } r \in [0, \frac{1}{2}), \\ \phi(r) & \text{if } r \in \left[\frac{1}{2}, \infty\right). \end{cases}$$

Clearly, $\phi^*$ is not smooth. In some sense, we will use this notation in order to keep trace of the supports of the derivatives of $\phi$, which are strictly contained in the one of $\phi$. Let us consider

$$\psi_R(t, \eta) = \left[\phi(s_R(t, \eta))\right]^{2p'}, \quad \psi_R^*(t, \eta) = \left[\phi^*(s_R(t, \eta))\right]^{2p'},$$

where $R > 0$ is a positive parameter and

$$s_R(t, \eta) = \frac{t^2 + \left|x\right|^4 + \left|y\right|^4 + \left|\tau\right|^2}{R^2} \quad \text{for any } t \geq 0, \eta = (x, y, \tau) \in H_n.$$  

As straightforward consequence of the choice of the function $\phi$, we get

$$\text{supp } \psi_R \subset Q_R = [0, R] \times B^\alpha(R^\frac{1}{2}) \times B^\alpha(R^\frac{1}{2}) \times [-R, R].$$

Moreover, the relation

$$\partial_t \psi_R(t, \eta) = 4p' R^{-2} t \left[\phi(s_R(t, \eta))\right]^{2p' - 2} \phi'(s_R(t, \eta))$$
implies immediately
\[
|\partial_t \psi_R(t, \eta)| \lesssim R^{-2} t \left[ \phi^*(s_R(t, \eta)) \right]^{\frac{2p'}{p}} \phi(s_R(t, \eta))|\phi'(s_R(t, \eta))| \\
\lesssim R^{-1} \left[ \psi^*_R(t, \eta) \right]^{\frac{1}{p}}.
\]  
(21)

Similarly, plugging the relations
\[
\partial_{jy}^2 \psi_R(t, \eta) = 8p' R^{-2}(2x_j^2 + |x|^2) \left[ \phi(s_R(t, \eta)) \right]^{2p'-1} \phi'(s_R(t, \eta)) \\
+ 32p'(2p' - 1) R^{-4} |x|^4 x_j^2 \left[ \phi(s_R(t, \eta)) \right]^{2p'-2} \phi''(s_R(t, \eta)),
\]
\[
\partial_{jy}^2 \psi_R(t, \eta) = 16p'(2p' - 1) R^{-4} |x|^2 x_j \left[ \phi(s_R(t, \eta)) \right]^{2p'-2} \phi'(s_R(t, \eta)) \\
+ 16p'R^{-4} |x|^2 x_j \left[ \phi(s_R(t, \eta)) \right]^{2p'-1} \phi''(s_R(t, \eta)),
\]
\[
\partial_{jy}^2 \psi_R(t, \eta) = 4p'R^{-2} \left[ \phi(s_R(t, \eta)) \right]^{2p'-1} \phi'(s_R(t, \eta)) \\
+ 8p'(2p' - 1) R^{-4} x^2 \left[ \phi(s_R(t, \eta)) \right]^{2p'-2} \phi'(s_R(t, \eta))^2 \\
+ 8p'R^{-4} \left[ \phi(s_R(t, \eta)) \right]^{2p'-1} \phi''(s_R(t, \eta))
\]
and analogous relations for \(\partial_{\eta y} \psi_R(t, \eta)\) and \(\partial_{\eta \eta} \psi_R(t, \eta)\) in the definition of sub-Laplacian in (3), we find the estimate
\[
|\Delta_H \psi_R(t, \eta)| \lesssim R^{-1} \left[ \psi^*_R(t, \eta) \right]^{\frac{1}{p}}.
\]  
(22)

So, applying (5) with test function \(\psi_R\) and using (21), (22), we obtain
\[
\int_0^T \int_{H_n} |u(t, \eta)|^p \psi_R(t, \eta) \, d\eta \, dt + \varepsilon \int_{H_n} u_0(\eta) \, d\eta \\
\leq \int_0^T \int_{H_n} |u(t, \eta)|(\left| \partial_t \psi_R(t, \eta) \right| + |\Delta_H \psi_R(t, \eta)|) \, d\eta \, dt \\
\lesssim R^{-1} \int_0^T \int_{H_n} |u(t, \eta)| \left[ \psi^*_R(t, \eta) \right]^{\frac{1}{p}} \, d\eta \, dt \\
\lesssim R^{-1 + \frac{n+2}{p'}} \left( \int_0^T \int_{H_n} |u(t, \eta)|^p \psi^*_R(t, \eta) \, d\eta \, dt \right)^{\frac{1}{p'}}
\]
for any \(R \in (2R_0, T(\varepsilon))\), where in the last inequality we used Hölder’s inequality and the fact that the Lebesgue measure of \(Q_R\) is \(R^{n+2}\) times a multiplicative constant. Note that the requirement \(R > 2R_0\) implies that \(\psi_R(0, \cdot) \equiv 1\) on supp \(u_0\).

Let us remark that the exponent for \(R\) in the right-hand side of the previous chain of inequalities
\[
-1 + \frac{n+2}{p'} = -1 + (n+2)\left(1 - \frac{1}{p} \right) = n + 1 - \frac{n+2}{p} = \frac{1}{p}(n+1)(p-1) - 1 \\
= -\frac{n-1}{p} \left( \frac{1}{p-1} - (n+1) \right) = -\frac{n-1}{p} \left( \frac{1}{p-1} - \frac{Q}{2} \right)
\]
is non-positive if and only if \( p \leq p_{Fuj}(Q) \). Hence, summarizing, we have just shown

\[
\int_0^T \int_{\mathbb{H}_n} |u(t, \eta)|^p \psi(t, \eta) \, d\eta + \epsilon \int_{\mathbb{H}_n} u_0(\eta) \, d\eta 
\leq R^{-\frac{p-1}{p} \left( \frac{1}{p-1} - \frac{Q}{2} \right)} \left( \int_0^T \int_{\mathbb{H}_n} |u(t, \eta)|^p \psi^*(t, \eta) \, d\eta \, dt \right)^{\frac{1}{p}}. \tag{23}
\]

Let us use the notations

\[
X(r) \doteq \int_0^T \int_{\mathbb{H}_n} |u(t, \eta)|^p \psi_r(t, \eta) \, d\eta \, dt
\]

\[
Y(r) \doteq \int_0^T \int_{\mathbb{H}_n} |u(t, \eta)|^p \psi^*_r(t, \eta) \, d\eta \, dt
\]

for the quantities appearing in the above inequality (23). We shall need the following simple observation. \( \square \)

**Lemma 1** If \( g = g(s) \) is a measurable function satisfying the properties: \( g(s) = 0 \) for \( s \in [0, \frac{1}{2}] \cup [1, \infty) \) and \( g(s) \) is a decreasing function for \( s > 1/2 \), then for any \( R > 0, A > 0 \) we have

\[
\int_0^R g \left( \frac{A}{r^2} \right) \, dr \leq \frac{\log 2}{2} g \left( \frac{A}{R^2} \right). \tag{24}
\]

**Proof** If the set \( \{ r : \frac{1}{2} < \frac{A}{r^2} < 1 \} \) has empty intersection with the domain of integration \([0, R]\), then (24) is trivially true as the integrand function on the left hand side is identically 0. Otherwise, thanks to the assumptions on \( g \) we get immediately

\[
\int_0^R g \left( \frac{A}{r^2} \right) \, dr = \int_{\{0, R\} \cap [\sqrt{A}, \sqrt{2A}]} g \left( \frac{A}{r^2} \right) \, dr \leq g \left( \frac{A}{R^2} \right) \int_{\sqrt{A}}^{\sqrt{2A}} \frac{dr}{r} = \frac{\log 2}{2} g \left( \frac{A}{R^2} \right).
\]

Rewriting (23) as

\[
X(R) + \epsilon I[u_0] \lesssim R^{-\frac{p-1}{p} \left( \frac{1}{p-1} - \frac{Q}{2} \right)} Y(R)^{\frac{1}{p}}, \tag{25}
\]

where \( I[u_0] \) denotes \( \int_{\mathbb{R}^{2n+1}} u_0(\eta) \, d\eta \), and using Lemma 1 with \( g = [\phi^*]^{2p'} \) and \( A = s_1(t, \eta) \), we easily get

\[
\frac{2}{\log 2} \int_0^R Y(r) \, \frac{dr}{r} \leq X(R). \tag{26}
\]

Setting

\[
W(R) \doteq \int_0^R Y(r) \, \frac{dr}{r}
\]
and using $RW'(R) = Y(R)$, we can combine (25) and (26) and deduce

\[
\frac{2W(R)}{\log 2} + \epsilon I[u_0] \leq X(R) + \epsilon I[u_0] \leq R^{-\frac{p-1}{p-1}} \left( \frac{1}{\alpha - \theta} \right)^\frac{1}{p} \left( W'(R) \right)^\frac{1}{p}.
\]

In this way, we arrive at

\[
CR^{(\frac{1}{\alpha - \theta})(p-1)-1} \leq W'(R) \left( \epsilon I[u_0] + \frac{2W(R)}{\log 2} \right)^{-p},
\]

where $C$ is suitable positive multiplicative constant that may change from line to line in the next estimates.

The next step is to integrate (27) over $[2R_0, T(\epsilon)]$. Clearly,

\[
\int_{2R_0}^T R^{(\frac{1}{\alpha - \theta})(p-1)-1} \, dR
\]

\[
\begin{cases} 
\leq T^{(\frac{1}{\alpha - \theta})(p-1)} - (2R_0)^{(\frac{1}{\alpha - \theta})(p-1)} \quad \text{if} \ p \in (1, p_{\text{Fuj}}(Q)), \\
\log \left( \frac{T}{2R_0} \right) \quad \text{if} \ p = p_{\text{Fuj}}(Q)
\end{cases}
\]

and

\[
\int_{2R_0}^TW'(R) \left( \epsilon I[u_0] + \frac{2W(R)}{\log 2} \right)^{-p} \, dR \leq \frac{\log 2}{2(p-1)} \left( \epsilon I[u_0] + \frac{2W(2R_0)}{\log 2} \right)^{1-p} \lesssim \epsilon^{1-p}.
\]

Then, integrating both sides of (27) and choosing a suitably small $\epsilon_0 > 0$, in the subcritical case $p < p_{\text{Fuj}}(Q)$ for any $\epsilon \in (0, \epsilon_0]$ we obtain

\[
T^{(\frac{1}{\alpha - \theta})(p-1)} \leq C\epsilon^{-(p-1)} + (2R_0)^{(\frac{1}{\alpha - \theta})(p-1)} \leq C\epsilon^{-(p-1)},
\]

whereas in the critical case $p = p_{\text{Fuj}}(Q)$, we have

\[
\log \left( \frac{T}{2R_0} \right) \lesssim \frac{\log 2}{2(p-1)} (I[u_0])^{1-p} \epsilon^{-(p-1)}.
\]

By (28) and (29), we get the desired estimate in (7). Hence, the statement of the theorem is completely proved.

\[
\square
\]

4 Weighted heat flow bounds on Heisenberg group

The section is organized as follows: first, we prove three preliminary results (cf. Propositions 2, 3 and 4); hence, we derive some a priori estimates, that will be employed in the proofs of Theorems 2 and 3.
4.1 Estimates for the solution of the homogeneous linear problem

The next two results will be useful in the treatment of the solution of the corresponding homogeneous linear problem, when we will apply the contraction principle in order to prove the existence of local (in time) solutions in the subcritical case or the existence of global (in time) small data solutions in the supercritical case, respectively.

**Proposition 2** Let $\kappa > Q$. Then, for any $t \geq 0$ and $\eta \in H_n$ the following estimate holds

$$e^{i\Delta_H \left((1 + | \cdot |^2_{H_n})^{-\frac{\kappa}{2}}\right)}(\eta) \lesssim \left(1 + t + |\eta|^2_{H_n}\right)^{-\frac{\kappa}{2}}.$$ (30)

**Proof** In the case $t + |\eta|^2_{H_n} \leq 1$, it suffices to show that $e^{i\Delta_H \left((1 + | \cdot |^2_{H_n})^{-\frac{\kappa}{2}}\right)}(\eta)$ is bounded. Using the uniform boundedness of the $L^1(H_n)$-norm of $h_t$, we get immediately

$$e^{i\Delta_H \left((1 + | \cdot |^2_{H_n})^{-\frac{\kappa}{2}}\right)}(\eta) = \int_{H_n} \left(1 + |\eta \circ \zeta^{-1}|^2_{H_n}\right)^{-\frac{\kappa}{2}} h_t(\zeta) \, d\zeta \lesssim \int_{H_n} h_t(\zeta) \, d\zeta \lesssim 1.$$

Hence, we have to prove (30) only when $t + |\eta|^2_{H_n} \geq 1$. Let us begin by proving it in the case $|\eta|^2_{H_n} \geq t$. We denote $\eta = (x, y, \tau)$, with $x, y \in \mathbb{R}^n$ and $\tau \in \mathbb{R}$. For that purpose, we shall distinguish among three possible subcases that we label $\tau$-dominant case, $x$-dominant case and $y$-dominant case, respectively. In each case, we fix the greatest number among $8|\tau|$, $8|\eta|$ and $|\tau|^{\frac{1}{3}}$ and we name it correspondingly. The reason for the choice of this nomenclature will be clarified during the proof.

**$\tau$-dominant case**

We start in the case in which $\tau$ has a dominant role, namely when $8|\eta| \leq |\tau|^{\frac{1}{3}}$ and $8|y| \leq |\tau|^{\frac{1}{3}}$. If these relations are satisfied, then, $|\eta|^2_{H_n} \approx |\tau|$. Our goal is to estimate the integral

$$\int_{H_n} \left(1 + |\eta \circ \zeta^{-1}|^2_{H_n}\right)^{-\frac{\kappa}{2}} h_t(\zeta) \, d\zeta \approx \int_{\mathbb{R}^{2n+1}} \left(1 + |x-x'|^2 + |y-y'|^2 + |\tau - \tau'| + 2(x' \cdot y - x \cdot y')\right)^{-\frac{\kappa}{2}}$$

$$\times t^{-\frac{\kappa}{2}} e^{-\frac{\kappa}{2}(|x'|^2 + |y'|^2 + |\tau'|^2)} \, d(x', y', \tau').$$

Let us consider the following $\tau$-dependent partition of $\mathbb{R}^{2n}$:

$$\mathcal{R}_1(\tau) \triangleq \left\{(x', y') \in \mathbb{R}^{2n} : |x'| \leq |\tau|^{\frac{1}{3}} \text{ and } |y'| \leq |\tau|^{\frac{1}{3}}\right\},$$

$$\mathcal{R}_2(\tau) \triangleq \left\{(x', y') \in \mathbb{R}^{2n} : |x'| \geq |\tau|^{\frac{1}{3}} \text{ and } |x'| \geq |y'|\right\},$$

$$\mathcal{R}_3(\tau) \triangleq \left\{(x', y') \in \mathbb{R}^{2n} : |y'| \geq |\tau|^{\frac{1}{3}} \text{ and } |y'| \geq |x'|\right\}.$$

Since for $(x', y') \in \mathcal{R}_1(\tau)$ it holds
\(|x' \cdot y - x \cdot y'| \leq (|x'| + |y'|)|r|^{\frac{3}{8}} \leq \frac{|r|}{4},\)

we have that \(\tau + 2(x' \cdot y - x \cdot y')\) is in the interval \([\tau - \frac{|r|}{2}, \tau + \frac{|r|}{2}]\). So, for \(\tau' \in \left[\tau - \frac{3|r|}{4}, \tau + \frac{3|r|}{4}\right]\) the term \(\tau + 2(x' \cdot y - x \cdot y')\) belongs to the interval where \(\tau'\) runs. Hence, we may not consider a nonnegative lower bound but 0 for \(|\tau - \tau' + 2(x' \cdot y - x \cdot y')|\). Nonetheless, as \(\tau \approx \tau\) we may estimate \(e^{-\frac{c}{\tau'}|r'|^2} \approx e^{-\frac{c}{\tau}|r|^2}\) in this region. Combining what we have just remarked, we get

\[
\begin{align*}
\int_{R_1(\tau)} \int_{r - \frac{|r|}{2}}^{r + \frac{|r|}{2}} (1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau'| + 2(x' \cdot y - x \cdot y'))^{-\frac{3}{2}} \\
\times t^{-\frac{3}{2}} e^{-c(|x'|^2 + |y'|^2 + |r'|^2)} d\tau' d(x', y') \\
\leq t^{-\frac{3}{2}} e^{-\frac{c}{\tau}|r'|^2} \int_{R_1(\tau)} (1 + |x'|^2 + |y'|^2 + |\tau'|^2)^{-\frac{3}{2}} d(x', y', \tau') \\
\approx t^{-\frac{3}{2}} e^{-\frac{c}{\tau}|r'|^2} \int_{H_n} (1 + |\zeta|^2_{H_n})^{-\frac{3}{2}} d\zeta \lesssim t^{-\frac{3}{2}} e^{-\frac{c}{\tau}|r|^2} \approx t^{-\frac{3}{2}} (1 + |r|^2)^{-\frac{3}{2}} = (t + |\tau|)^{-\frac{3}{2}} \approx \left(1 + t + |\eta|^2_{H_n}\right)^{-\frac{3}{2}}.
\end{align*}
\]

Note that in the second last line of the previous chain of inequalities we employed the condition \(\kappa > Q\) to guarantee the boundedness of the integral. More specifically, we applied the analogous version of the integration formula for radial symmetric functions in the Euclidean space in the case of \(|1 \cdot H_n\)-symmetric functions on the Heisenberg group (cf. [2, Proposition 5.4.4], where this formula is proved in the more general frame of homogeneous Carnot groups). Thus, it results

\[
\int_{H_n} (1 + |\zeta|^2_{H_n})^{-\frac{3}{2}} d\zeta \lesssim \int_0^\infty (1 + \rho^2)^{-\frac{3}{2}} \rho^{Q-1} d\rho \lesssim \int_1^\infty \rho^{-\kappa + Q-1} d\rho \lesssim 1.
\]

On the other hand, for \(\tau' \not\in \left[\tau - \frac{3|r|}{4}, \tau + \frac{3|r|}{4}\right]\), since \((x', y') \in R_1(\tau)\) implies \(\tau + 2(x' \cdot y - x \cdot y') \in \left[\tau - \frac{|r|}{2}, \tau + \frac{|r|}{2}\right]\) as we have pointed out previously, we may estimate from below \(|\tau - \tau' + 2(x' \cdot y - x \cdot y')| \geq \frac{|r|}{4}\). Therefore,

\[
\begin{align*}
\int_{R_1(\tau)} \int_{r - \frac{3|r|}{4}}^{r + \frac{3|r|}{4}} (1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau'| + 2(x' \cdot y - x \cdot y'))^{-\frac{3}{2}} \\
\times t^{-\frac{3}{2}} e^{-c(|x'|^2 + |y'|^2 + |r'|^2)} d\tau' d(x', y') \\
\leq \int_{R_1(\tau)} \int_{r - \frac{3|r|}{4}}^{r + \frac{3|r|}{4}} (1 + |x - x'|^2 + |y - y'|^2 + |\tau|^2)^{-\frac{3}{2}} \\
\times t^{-\frac{3}{2}} e^{-c(|x'|^2 + |y'|^2 + |r'|^2)} d\tau' d(x', y') \\
\lesssim (1 + |\tau|)^{-\frac{3}{2}} \int_{R_2n+1} t^{-\frac{3}{2}} e^{-c(|x'|^2 + |y'|^2 + |r'|^2)} d(x', y', \tau') \\
\lesssim (1 + |\tau|)^{-\frac{3}{2}} \approx \left(1 + t + |\eta|^2_{H_n}\right)^{-\frac{3}{2}} \lesssim \left(1 + t + |\eta|^2_{H_n}\right)^{-\frac{3}{2}}.
\end{align*}
\]
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Until now, we restrict our considerations to the sub-integral with \((x', y')\) in the region \(\mathcal{R}_1(\tau)\). Let us investigate the behavior of the sub-integral with domain \(\mathcal{R}_2(\tau) \times \mathbb{R}\) (clearly for the integral over \(\mathcal{R}_3(\tau) \times \mathbb{R}\), the situation is completely analogous by switching the role of the variables \(x'\) and \(y'\)). By the definition of \(\mathcal{R}_2(\tau)\), we get that \(|x'| \geq |\tau|^\frac{1}{2}\) for \((x', y') \in \mathcal{R}_2(\tau)\).

Hence,

\[
\int_{\mathcal{R}_2(\tau)} \int_{\mathbb{R}} \left(1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau' + 2(x' \cdot y - x \cdot y')|\right)^{-\frac{\gamma}{2}}
\]

\[
\times t^{-\frac{\gamma}{2}} e^{-\frac{1}{\gamma}(|x'|^2 + |y'|^2 + |\tau'|)} \, d\tau' \, d(x', y')
\]

\[
\lesssim t^{-\frac{\gamma}{2}} e^{-\frac{1}{2}|\tau|} \int_{\mathcal{R}_2(\tau)} \int_{\mathbb{R}} \left(1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau' + 2(x' \cdot y - x \cdot y')|\right)^{-\frac{\gamma}{2}}
\]

\[
\times e^{-\frac{1}{\gamma}(|y'|^2 + |\tau'|)} \, d\tau' \, d(x', y')
\]

\[
\lesssim t^{-\frac{\gamma}{2}} e^{-\frac{1}{2}|\tau|} \int_{\mathcal{H}_n} \left(1 + |\xi|^2\right)^{-\frac{\gamma}{2}} \, d\xi \lesssim t^{-\frac{\gamma}{2}} e^{-\frac{1}{2}|\tau|}
\]

\[
\lesssim (t + |\tau|)^{-\frac{\gamma}{2}} \approx \left(1 + t + |\eta|^2\right)^{-\frac{\gamma}{2}}.
\]

Summarizing, we proved (30) in the \(\tau\)-dominant case by splitting the integral \((1 + |\cdot|^2)^{-\frac{\gamma}{2}} \ast h_0\) on the partition \(\{\mathcal{R}_j(\tau) \times \mathbb{R}\}_{1 \leq j \leq 3}\) of \(\mathcal{H}_n\).

\(x\)-dominant case

Let us consider the case \(|x| \geq |y|\) and \(|x| \geq |\tau|^\frac{1}{2}\). In this case, it suffices to split the integral with respect to \(x'\) in three different regions. As for \(|x'| \leq |x|\) or \(|x'| \geq 2|x|\) the estimate \(|x - x'| \geq |x|\) holds, we get

\[
\int_{\mathbb{R}^n} \int_{\{2|x'| \leq |x|\} \cup \{|x'| \geq 2|x|\}} t^{-\frac{\gamma}{2}} e^{-\frac{1}{\gamma}(|x'|^2 + |y'|^2 + |\tau'|)}
\]

\[
\times \left(1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau' + 2(x' \cdot y - x \cdot y')|\right)^{-\frac{\gamma}{2}} \, dx' \, d(y', \tau')
\]

\[
\lesssim t^{-\frac{\gamma}{2}} \int_{\mathbb{R}^n} \left(1 + |x|^2 + |y - y'|^2\right)^{-\frac{\gamma}{2}} e^{-\frac{1}{\gamma}(|y'|^2 + |\tau'|)} \, dx' \, d(y', \tau')
\]

\[
\times \int_{\{2|x'| \leq |x|\} \cup \{|x'| \geq 2|x|\}} e^{-\frac{1}{\gamma}(|x'|^2)} \, dx'
\]

\[
\lesssim t^{-\frac{\gamma}{2}} \left(1 + |x|^2\right)^{-\frac{\gamma}{2}} \int_{\mathbb{R}^n} e^{-\frac{1}{\gamma}(|y'|^2 + |\tau'|)} \, dx' \int_{\mathbb{R}^n} e^{-\frac{1}{\gamma}(|x'|^2)} \, dx'
\]

\[
\lesssim (1 + |x|^2)^{-\frac{\gamma}{2}} \left(1 + t + |\eta|^2\right)^{-\frac{\gamma}{2}}.
\]

Otherwise, for \(|\frac{|x|}{2} \leq |x'| \leq 2|x|\) we use the exponential decay as follows
Indeed, if (32) holds, then, using the positivity of the heat kernel, by the monotonicity of  
\begin{equation}
  \int_{\mathbb{R}^{n+1}} \int_{\{ \frac{|x|}{2} \leq |x'| \leq 2|x| \}} \left( 1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau'| + 2(x' \cdot y - x \cdot y') \right)^{-\frac{\kappa}{2}} 
  \times t^{-\frac{\kappa}{2}} e^{-\frac{\kappa}{4}(|x'|^2 + |y'|^2 + |\tau'|^2)} \, dx' \, d(y', \tau') 
  \lesssim t^{-\frac{\kappa}{2}} e^{-\frac{\kappa}{4}|x|^2} \int_{\mathbb{R}^{n+1}} \int_{\{ \frac{|x|}{2} \leq |x'| \leq 2|x| \}} e^{-\frac{\kappa}{4}(|y'|^2 + |\tau'|^2)} 
  \times \left( 1 + |x - x'|^2 + |y - y'|^2 + |\tau - \tau'| + 2(x' \cdot y - x \cdot y') \right)^{-\frac{\kappa}{2}} \, dx' \, d(y', \tau') 
  \lesssim t^{-\frac{\kappa}{2}} e^{-\frac{\kappa}{4}|x|^2} \int_{\mathbb{H}_n} \left( 1 + |\zeta|_H^2 \right)^{-\frac{\kappa}{2}} \, d\zeta 
  \lesssim (t + |x|^2)^{-\frac{\kappa}{2}} \approx \left( 1 + t + |\eta|_{H_n}^2 \right)^{-\frac{\kappa}{2}}.
\end{equation}

Also, we proved (30) in the $x$-dominant case.

$y$-dominant case

In this case, $|y| \geq |x|$ and $8|y| \geq |\tau|$. We can proceed analogously as in the previous case by splitting the domain of integration for $y'$ into $\{|y'| \leq \frac{|y|}{2}\}$, $\{|y'| \leq |y| \leq 2|y|\}$ and $\{|y'| \geq 2|y|\}$ and by swapping the role of $(x, x')$ and $(y, y')$.

So far, we dealt with the case in which we have the inequality $|\eta|_{H_n}^2 \geq t$. When $\tau$ is dominant, that is, the reverse inequality $|\eta|_{H_n}^2 \leq t$ holds, then (30) follows by the estimate $\|h_t\|_{L^\infty(H_n)} \lesssim t^{-\frac{\kappa}{2}}$. More precisely,

\begin{equation}
  e^{\Delta H} \left( (1 + |\cdot|_{H_n}^2)^{-\frac{\kappa}{2}} \right)(\eta) = \int_{H_n} \left( 1 + |\zeta|_{H_n}^2 \right)^{-\frac{\kappa}{2}} h_t(\zeta^{-1} \circ \eta) \, d\zeta 
  \lesssim t^{-\frac{\kappa}{2}} \int_{H_n} \left( 1 + |\zeta|_{H_n}^2 \right)^{-\frac{\kappa}{2}} \, d\zeta 
  \lesssim t^{-\frac{\kappa}{2}} \approx \left( 1 + t + |\eta|_{H_n}^2 \right)^{-\frac{\kappa}{2}}.
\end{equation}

Hence, we completed the proof in all possible subcases.

**Proposition 3** Let $\kappa \in (0, Q)$. Then, for any $t \geq 0$ and $\eta \in H_n$ the following estimate holds

\begin{equation}
  e^{\Delta H} \left( (1 + |\cdot|_{H_n}^2)^{-\frac{\kappa}{2}} \right)(\eta) \lesssim \left( 1 + t + |\eta|_{H_n}^2 \right)^{-\frac{\kappa}{2}}.
\end{equation}

**Proof** As in the proof of Proposition 2, we may restrict ourselves to consider the case $t + |\eta|_{H_n}^2 \geq 1$ (otherwise, we employ again the uniform $L^1(H_n)$ boundedness of the heat kernel). Actually, in this case it is possible to show the validity of a stronger estimate, namely

\begin{equation}
  e^{\Delta H} \left( |\cdot|_{H_n}^{-\frac{\kappa}{2}} \right)(\eta) \lesssim \left( t + |\eta|_{H_n}^2 \right)^{-\frac{\kappa}{2}} \approx \left( 1 + t + |\eta|_{H_n}^2 \right)^{-\frac{\kappa}{2}}.
\end{equation}

Indeed, if (32) holds, then, using the positivity of the heat kernel, by the monotonicity of $e^{\Delta H}$ we get immediately (31). The advantage in considering this homogeneous inequality rather than (31) is that it suffices to show (32) for $t = 1$, namely

\[ e^{\Delta H} \left( |\cdot|_{H_n}^{-\frac{\kappa}{2}} \right)(\eta) \lesssim \left( 1 + t + |\eta|_{H_n}^2 \right)^{-\frac{\kappa}{2}}. \]
Indeed, by (12) it follows
\[
e^{|\cdot|^{-k}_H}(\eta) \lesssim \left(1 + |\eta|^2_H\right)^{-\frac{\kappa}{2}} \text{ for any } \eta \in H_n.
\] (33)

where we preformed the change of variables \(\xi = \delta_{r/2}(\zeta)\) and we used the fact that the anisotropic dilation \(\delta_r\) is an isomorphism of Lie group on \(H_n\) with \((\delta_r)^{-1} = \delta_{r^{-1}}\) and the homogeneity of degree 1 for \(|\cdot|^{-k}_H\) with respect to anisotropic dilations. Therefore, if we prove (33), then, it follows that
\[
e^{|\cdot|^{-k}_H}(\eta) = e^{|\cdot|^{-k}_H} h_r(\delta_{r/2}(\zeta)) = r^{-\frac{\kappa}{2}} \left(1 + |\cdot|^{-k}_H \right)\left(\delta_{r/2}(\eta)\right)
\]}
\[
e^{|\cdot|^{-k}_H}(\eta) \lesssim r^{-\frac{\kappa}{2}} \left(1 + |\cdot|^{-k}_H \right)\left(\delta_{r/2}(\eta)\right)
\]}
\[
e^{|\cdot|^{-k}_H}(\eta) \lesssim r^{-\frac{\kappa}{2}} \left(1 + |\cdot|^{-k}_H \right)\left(\delta_{r/2}(\eta)\right)
\]}
\[
e^{|\cdot|^{-k}_H}(\eta) \lesssim r^{-\frac{\kappa}{2}} \left(1 + |\cdot|^{-k}_H \right)\left(\delta_{r/2}(\eta)\right)
\]}
\[
which is exactly (32).

So, we prove now (33). Note that (4) implies the validity of the reverse triangular inequality
\[
|\xi|_H - |\eta|_H \leq |\xi^{-1} \circ \eta|_H.
\]

We shall employ this fact to split the domain of the integral in the left-hand side of (33) in different zones. Let us begin with the case \(|\eta|_H \leq 1\). Clearly, in this case it sufficient to show that \(e^{|\cdot|^{-k}_H}(\eta)\) is bounded. We split the estimate as follows:
\[
e^{|\cdot|^{-k}_H}(\eta) \lesssim \int_{H_n} e^{-c|\zeta^{-1} \circ \eta|_H^2} |\zeta|^{-k}_H d\zeta
\]}
\[
\leq \int_{|\zeta|_H \geq 2} e^{-c|\zeta^{-1} \circ \eta|_H^2} |\zeta|^{-k}_H d\zeta + \int_{|\zeta|_H \leq 2} e^{-c|\zeta^{-1} \circ \eta|_H^2} |\zeta|^{-k}_H d\zeta.
\]

Let us begin with the estimate for the integral away from the origin.
Since \(|\zeta|_H \geq 2 \geq 2|\eta|_H\), then, \(|\zeta^{-1} \circ \eta|_H \geq \frac{1}{2}|\eta|_H\). Therefore,
\[
\int_{|\zeta|_H \geq 2} e^{-c|\zeta^{-1} \circ \eta|_H^2} |\zeta|^{-k}_H d\zeta \leq \int_{|\zeta|_H \geq 2} e^{-\frac{1}{2}|\eta|_H^2} |\zeta|^{-k}_H d\zeta
\]}
\[
\leq 2^{-\frac{\kappa}{2}} \int_{|\zeta|_H \geq 2} e^{-\frac{1}{2}|\eta|_H^2} d\zeta \lesssim 1,
\]}

where in the last step we used the fact that
\[
\int_{\mathbb{H}_n} e^{-\frac{1}{2}[\zeta]_{\text{in}}^2} \, d\zeta \leq \int_{\mathbb{R}^n} e^{-\frac{1}{2}[\zeta]_{\text{in}}^2} \, dx' \int_{\mathbb{R}} e^{-\frac{1}{2}[\zeta']_{\text{in}}^2} \, dy' \int_{\mathbb{R}} e^{-\frac{1}{2}[\zeta'']_{\text{in}}^2} \, dr' < \infty.
\]

We consider now the integral close to the origin, where the integrand is singular. We have
\[
\int_{|\zeta|_{\text{in}} \leq 2} e^{-c|\zeta|^k_{\text{in}}} |\zeta|^{-k} \, d\zeta \leq \int_{|\zeta|_{\text{in}} \leq 2} |\zeta|^{-k} \, d\zeta.
\]

Using Young’s inequality
\[
\prod_{j=1}^k a_j \leq \sum_{j=1}^k \frac{a_{j}}{p_j}
\]
for any positive \(a_1, \ldots, a_k\) under the constrain \(\sum_{j=1}^k \frac{1}{p_j} = 1\) (this inequality is a straightforward consequence of the concavity of the logarithmic function), we may estimate
\[
|\zeta|_{\mathbb{H}_n} \simeq |x'| + |y'| + |\zeta| \geq |x'| |y'| |\zeta| \quad \text{for any } \zeta = (x', y', \tau') \in \mathbb{H}_n.
\]

Therefore, as \(|\zeta|_{\mathbb{H}_n} \leq 2\) implies \(|x'| \leq 2, |y'| \leq 2\) and \(|\zeta| \leq 4\), we get
\[
\int_{|\zeta|_{\text{in}} \leq 2} e^{-c|\zeta|^k_{\text{in}}} |\zeta|^{-k} \, d\zeta \\
\lesssim \int_{|x'| \leq 2} |x'|^{-\frac{k}{4}} \, dx' \int_{|y'| \leq 2} |y'|^{-\frac{k}{4}} \, dy' \int_{|\zeta| \leq 4} |\zeta|^{-\frac{k}{4}} \, d\tau' \leq 1,
\]
where we used the condition \(k < Q\) in order to guarantee the integrability of the singularities in each integral with respect to \(x', y'\) and \(\tau'\), respectively. So, we proved (33) in the case \(|\eta|_{\mathbb{H}_n} \leq 2\). We consider now the case \(|\eta|_{\mathbb{H}_n} \geq 2\). In this case, we split the domain of integration in three zones, namely
\[
e^A_{\mathbb{H}}(\cdot, |\zeta|_{\mathbb{H}_n}^{\kappa})(\eta) \leq \int_{\mathbb{H}_n} e^{-c|\zeta|_{\text{in}}^2} |\eta \zeta^{-1}|_{\mathbb{H}_n}^{-\kappa} \, d\zeta \\
\lesssim \left( \int_{|\zeta|_{\text{in}} \leq \frac{1}{2} |\eta|_{\mathbb{H}_n}} + \int_{\frac{1}{2} |\eta|_{\mathbb{H}_n} \leq |\zeta|_{\text{in}} \leq 2 |\eta|_{\mathbb{H}_n}} + \int_{2 |\eta|_{\mathbb{H}_n} \leq |\zeta|_{\text{in}}} \right) e^{-c|\zeta|_{\text{in}}^2} |\eta \zeta^{-1}|_{\mathbb{H}_n}^{-\kappa} \, d\zeta.
\]

Using the reverse triangular inequality, we find \(|\eta \zeta^{-1}|_{\mathbb{H}_n} \geq \frac{1}{2} |\eta|_{\mathbb{H}_n}\) in the region \(|\zeta|_{\mathbb{H}_n} \leq \frac{1}{2} |\eta|_{\mathbb{H}_n}\). Then,
\[
\int_{|\zeta|_{\text{in}} \leq \frac{1}{2} |\eta|_{\mathbb{H}_n}} e^{-c|\zeta|_{\text{in}}^2} |\eta \zeta^{-1}|_{\mathbb{H}_n}^{-\kappa} \, d\zeta \\
\leq 2^k |\eta|_{\mathbb{H}_n}^{k-\kappa} \int_{|\zeta|_{\text{in}} \leq \frac{1}{2} |\eta|_{\mathbb{H}_n}} e^{-c|\zeta|_{\text{in}}^2} \, d\zeta \\
\lesssim |\eta|_{\mathbb{H}_n}^{k-\kappa} \int_{\mathbb{H}_n} e^{-c|\zeta|_{\text{in}}^2} \, d\zeta \leq |\eta|_{\mathbb{H}_n}^{k-\kappa} \simeq (1 + |\eta|_{\mathbb{H}_n}^2)^{-\frac{k}{2}}.
\]

For \(|\zeta|_{\mathbb{H}_n} \geq 2 |\eta|_{\mathbb{H}_n}\), we have \(|\eta \zeta^{-1}|_{\mathbb{H}_n} \geq |\eta|_{\mathbb{H}_n}\). Thus, proceeding analogously as in the estimate of the previous integral, we obtain
Finally,
\[
\int \frac{e^{-c|\zeta|^2}}{|\eta \zeta|^{\kappa}_H} \, d\zeta \leq e^{-\frac{c}{2} |\eta|^2} \int \frac{|\eta \zeta|^{-\kappa}_H}{|\zeta|^{\kappa}_H} \, d\zeta
\]
where we carried out the change of variables $\xi = \zeta \circ \eta^{-1}$ in the last inequality. 
If we denote $\xi = (x', y', \tau')$, then,
\[
|\xi|^{-\kappa}_H \lesssim |x'|^{-\frac{\alpha}{\beta}} |y'|^{-\frac{\alpha}{\beta}} |\tau'|^{-\frac{\kappa}{\beta}}.
\]
Moreover, $|\xi|_H \leq 3|\eta|_H$ implies $|x'| \leq 3|\eta|_H$, $|y'| \leq 3|\eta|_H$ and $|\tau'| \leq 9|\eta|_H^2$. Also,
\[
\int \frac{|\xi|^{-\kappa}_H}{|\xi|^{\kappa}_H} \, d\zeta \leq \int |x'|^{-\frac{\alpha}{\beta}} \, dx' \int |y'|^{-\frac{\alpha}{\beta}} \, dy' \int |\tau'|^{-\frac{\kappa}{\beta}} \, d\tau' \leq \left( \int_0^{3|\eta|_H} r^{-\frac{\alpha}{\beta} + \frac{\beta}{2} - 1} \, dr \right)^2 \int_0^{9|\eta|_H^2} r^{-\frac{\kappa}{\beta}} \, dr \lesssim |\eta|_H^{2(1-\frac{\kappa}{\beta})} |\eta|_H^{2(1-\frac{\kappa}{\beta})} = |\eta|_H^{2-\kappa},
\]
where we employed again the condition $\kappa < Q$ in order to estimate the singular integrals in the last inequality. Consequently, we end up with the estimate
\[
\int \frac{e^{-c|\zeta|^2}}{|\eta \zeta|^{\kappa}_H} \, d\zeta \leq e^{-\frac{c}{2} |\eta|^2} |\eta|_H^{2-\kappa} \lesssim \left( 1 + |\eta|_H^2 \right)^{-\frac{\kappa}{2}}.
\]
Summarizing, if we combine the estimates for three sub-integrals we find (33) in the case $|\eta|_H \geq 2$ as well. This completes the proof. \hfill \Box

Remark 4 In the statement of Propositions 2 and 3, we considered the case $0 < \kappa \neq Q$. It is possible to consider the case $\kappa = Q$ as well, provided that a further factor of logarithmic type is included in (30). However, since in the treatment of the semilinear Cauchy problem we will apply these estimates just in the case $\kappa \neq Q$, we skip further details.
4.2 Estimates for Duhamel’s integral term

The next result will be employed in order to deal with Duhamel’s integral term in the integral formulation of the Cauchy problem (1) (cf. Definition 2 in Sect. 2).

**Proposition 4** Let $0 < \alpha \leq 1 + \frac{\nu}{2}$. Then, for any $t \geq 0$ and $\eta \in \mathbf{H}_n$ the following estimate holds

$$\int_0^t e^{(t-s)\Delta_H} \left(1 + s + |\cdot|_{\mathbf{H}_n}^2\right)^{-\alpha} \, ds(\eta)$$

$$\lesssim \begin{cases} 
  t \left(1 + t + |\eta|_{\mathbf{H}_n}^2\right)^{-\alpha} & \text{if } \alpha \in (0, 1 + \frac{\nu}{2}), \\
  t \left(1 + t + |\eta|_{\mathbf{H}_n}^2\right)^{-\alpha} \log(e + t) & \text{if } \alpha = 1 + \frac{\nu}{2}.
\end{cases}$$  \hspace{1cm} (34)

**Proof** Let us denote

$$I \doteq \int_0^t e^{(t-s)\Delta_H} \left(1 + s + |\cdot|_{\mathbf{H}_n}^2\right)^{-\alpha} \, ds(\eta)$$

$$= \int_0^t \int_{\mathbf{H}_n} h_{t-s} (\xi^{-1} \circ \eta) \left(1 + s + |\xi|_{\mathbf{H}_n}^2\right)^{-\alpha} \, d\xi \, ds.$$

Since the weight function $\left(1 + t + |\eta|_{\mathbf{H}_n}^2\right)^{\alpha}$ behaves as a constant for small values of $t + |\eta|_{\mathbf{H}_n}^2$, in order to prove (34), we will consider separately the case $t + |\eta|_{\mathbf{H}_n}^2 \lesssim 1$ and the case $t + |\eta|_{\mathbf{H}_n}^2 \gtrsim 1$.

**Case** $t + |\eta|_{\mathbf{H}_n}^2 \lesssim 1$

In this case, it suffices to show that $I \lesssim t$, since $1 + t + |\eta|_{\mathbf{H}_n}^2 \approx 1$. By using $\|h_1\|_{L^1(\mathbf{H}_n)} = 1$ and $\alpha > 0$, we find immediately

$$I = \int_0^t \int_{\mathbf{H}_n} h_{t-s}(\xi) \left(1 + s + |\eta \circ \xi^{-1}|_{\mathbf{H}_n}^2\right)^{-\alpha} \, d\xi \, ds \leq \int_0^t \int_{\mathbf{H}_n} h_{t-s}(\zeta) \, d\zeta \, ds \leq t.$$

**Case** $t + |\eta|_{\mathbf{H}_n}^2 \gtrsim 1$

In this case, it is useful to split the integral $I$ in two parts, namely

$$I_1 \doteq \int_0^t \int_{\mathbf{H}_n} h_{t-s}(\xi) \left(1 + s + |\eta \circ \xi^{-1}|_{\mathbf{H}_n}^2\right)^{-\alpha} \, d\xi \, ds,$$

$$I_2 \doteq \int_0^t \int_{\mathbf{H}_n} h_{t-s}(\xi) \left(1 + s + |\eta \circ \xi^{-1}|_{\mathbf{H}_n}^2\right)^{-\alpha} \, d\xi \, ds.$$

We begin by estimating $I_1$. Let us remark that for $\xi \in \mathbf{H}_n$ such that $|\xi|_{\mathbf{H}_n} \leq \frac{|\eta|_{\mathbf{H}_n}}{2}$ or $|\xi|_{\mathbf{H}_n} \gtrsim 2|\eta|_{\mathbf{H}_n}$ the inequality $|\eta \circ \xi^{-1}|_{\mathbf{H}_n} \gtrsim |\eta|_{\mathbf{H}_n}$ holds. Also,
where in the last step we used the uniform boundedness of the \( L^1(\mathbb{H}_n) \)-norm of the heat kernel. On the other hand, we have

\[
\int_\frac{t}{2}^t \int_{\{2^{-1}|\eta|_{\mathbb{H}_n} \leq |\zeta|_{\mathbb{H}_n} \leq 2|\eta|_{\mathbb{H}_n}\}} h_{t-s}(\zeta) \left( 1 + s + |\eta \zeta|^{-1}_{\mathbb{H}_n} \right)^{-\alpha} d\zeta \; ds \\
\lesssim \int_\frac{t}{2}^t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha} \int_{\{2^{-1}|\eta|_{\mathbb{H}_n} \leq |\zeta|_{\mathbb{H}_n} \leq 2|\eta|_{\mathbb{H}_n}\}} h_{t-s}(\zeta) d\zeta \; ds \\
\lesssim (1 + t + |\eta|_{\mathbb{H}_n}^2)^{-\alpha} \int_\frac{t}{2}^t \int_{\mathbb{H}_n} h_{t-s}(\zeta) d\zeta \; ds \leq t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha},
\]

Performing the change of variables \( \xi = \delta_{t-s}^{-1/2}(\zeta) \), it results

\[
\int_\frac{t}{2}^t \int_{\{2^{-1}|\eta|_{\mathbb{H}_n} \leq |\xi|_{\mathbb{H}_n} \leq 2|\eta|_{\mathbb{H}_n}\}} h_{t-s}(\zeta) \left( 1 + s + |\eta \zeta|^{-1}_{\mathbb{H}_n} \right)^{-\alpha} d\zeta \; ds \\
\lesssim (1 + t)^{-\alpha} e^{-\frac{c}{2} |\eta|_{\mathbb{H}_n}^2} \int_\frac{t}{2}^t \int_{\mathbb{H}_n} e^{-\frac{c}{2} |\xi|_{\mathbb{H}_n}^2} d\zeta \; ds \lesssim t (1 + t)^{-\alpha} e^{-\frac{c}{2} |\eta|_{\mathbb{H}_n}^2} \\
= t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha} \left( 1 + \frac{|\eta|_{\mathbb{H}_n}^2}{1+t} \right)^\alpha e^{-\frac{c}{2} |\eta|_{\mathbb{H}_n}^2} \\
\lesssim t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha} \left( 1 + \frac{|\eta|_{\mathbb{H}_n}^2}{t} \right)^\alpha e^{-\frac{c}{2} |\eta|_{\mathbb{H}_n}^2} \lesssim t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha}.
\]

Summarizing, we proved that \( I_1 \lesssim t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha} \). Note that in order to derive this estimate for \( I_1 \) we did not consider separately the case \( \alpha < 1 + Q/2 \) from the limit case \( \alpha = 1 + Q/2 \). The next step is to prove the validity of the same type of estimate but now for the integral \( I_2 \). As in the previous case, we need to divide \( \mathbb{H}_n \) in different regions. Let us begin with the estimate of integral on the subregion \( \{ \zeta \in \mathbb{H}_n : |\zeta|_{\mathbb{H}_n} \leq 2^{-1} |\eta|_{\mathbb{H}_n} \} \). In the case \( |\eta|_{\mathbb{H}_n} \geq t \), we find
\[
\int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} h_{t-s}(\zeta) \left(1 + s + |\eta \circ \zeta^{-1}|_{H^s}^2\right)^{-a} d\zeta ds
\]
\[
\lesssim \int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} (1 + s + |\eta|_{H^s}^2)^{-a} h_{t-s}(\zeta) d\zeta ds
\]
\[
\lesssim \left(1 + |\eta|_{H^s}^2\right)^{-a} \int_0^{\frac{1}{2}} \int_{H^s} h_{t-s}(\zeta) d\zeta ds \lesssim t \left(1 + |\eta|_{H^s}^2\right)^{-a}
\]
\[
\approx t \left(1 + t + |\eta|_{H^s}^2\right)^{-a}.
\]

Otherwise, if \( t \geq |\eta|_{H^s}^2 \), then,
\[
\int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} h_{t-s}(\zeta) \left(1 + s + |\eta \circ \zeta^{-1}|_{H^s}^2\right)^{-a} d\zeta ds
\]
\[
\lesssim \int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} (t - s)^{-\frac{Q}{2}} e^{-\frac{c}{t-\zeta}} |\zeta|_{H^s}^2 \left(1 + s + |\zeta|_{H^s}^2\right)^{-a} d\zeta ds
\]
\[
\lesssim t^{-\frac{Q}{2}} \int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} \left(1 + s + |\zeta|_{H^s}^2\right)^{-a} d\zeta ds
\]
\[
\lesssim t^{-\frac{Q}{2}} \int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} \int_{(x', y') \leq 2^{-1}|\eta|_{H^s}} \left(1 + s + |(x', y')|^2 + \tau'\right)^{-a} d(x', y') d\tau' ds.
\]

Carrying out the change of variables \( s = \sigma^2 \) and \( \tau' = \omega^2 \), from the last estimate in the case \( \alpha \in \left(0, 1 + \frac{Q}{2}\right) \) we find
\[
\int_0^{\frac{1}{2}} \int_{(\xi \leq 2^{-1}|\eta|_{L^2})} h_{t-s}(\zeta) \left(1 + s + |\eta \circ \zeta^{-1}|_{H^s}^2\right)^{-a} d\zeta ds
\]
\[
\lesssim t^{-\frac{Q}{2}} \int_{(x', y') \leq 2^{-1}|\eta|_{H^s}} \left(1 + |\sigma|^2 + |(x', y')|^2 + |\omega|^2\right)^{-a} \sigma \omega d(x', y', \omega, \sigma)
\]
\[
\lesssim t^{-\frac{Q}{2}} \int_{(x', y') \leq 2^{-1}|\eta|_{H^s}} \left(1 + |\sigma|^2 + |(x', y')|^2 + |\omega|^2\right)^{-a+1} d(x', y', \omega, \sigma)
\]
\[
\lesssim t^{-\frac{Q}{2}} \int_{0 < \rho \leq (1 + |\eta|_{H^s}^2)^{1/2}} (1 + \rho^2)^{-a+1} \rho^{Q-1} d\rho
\]
\[
\lesssim t^{-\frac{Q}{2}} \int_{1 < \rho \leq (1 + t + |\eta|_{H^s}^2)^{1/2}} \rho^{-2a+Q+1} d\rho
\]
\[
\lesssim t^{-\frac{Q}{2}} (1 + t + |\eta|_{H^s}^2)^{-a+Q+1} \approx t (1 + t + |\eta|_{H^s}^2)^{-a},
\]
where we used the condition \(-2a + Q + 1 > -1\) and the equivalence \(1 + t + |\eta|_{H^s}^2 \approx t\) for \( |\eta|_{H^s}^2 \leq t\). In the limit case \( \alpha = 1 + Q/2 \), for \( |\eta|_{H^s}^2 \leq t\) we have to include a logarithmic term in the previous estimate, namely
\[
\int_0^\frac{t}{2} \int_{\{ |\xi|_{\mathbb{H}_n} \leq 2^{-1}|\eta|_{\mathbb{H}_n} \}} h_{t-s}(\xi) \left( 1 + s + |\eta \sigma\xi^{-1}|_{\mathbb{H}_n}^2 \right)^{-\alpha} \, d\xi \, ds \\
\lesssim t^{-\frac{\alpha}{2}} \log(e + t) = t^{1-\alpha} \log(e + t) \approx t \left( 1 + t + |\eta|_{\mathbb{H}_n}^2 \right)^{-\alpha} \log(e + t).
\]

We proceed now with the estimate of the integral in the intermediate subregion \( \{ \xi \in \mathbb{H}_n : 2^{-1}|\eta|_{\mathbb{H}_n} \leq |\xi|_{\mathbb{H}_n} \leq 2|\eta|_{\mathbb{H}_n} \} \).

Since in this region for \( s \in [0, \frac{t}{2}] \) we may estimate \((t - s)^{-\frac{\alpha}{2}} \approx t^{-\frac{\alpha}{2}}\) and \(e^{-\frac{c}{2s}|\xi|_{\mathbb{H}_n}^2} \leq e^{-\frac{c}{2}|\eta|_{\mathbb{H}_n}^2}, \) then, it results

\[
\int_0^\frac{t}{2} \int_{\{ |\xi|_{\mathbb{H}_n} \leq 2^{-1}|\eta|_{\mathbb{H}_n} \}} h_{t-s}(\xi) \left( 1 + s + |\eta \sigma\xi^{-1}|_{\mathbb{H}_n}^2 \right)^{-\alpha} \, d\xi \, ds \\
\lesssim t^{-\frac{\alpha}{2}} e^{-\frac{c}{2s}|\eta|_{\mathbb{H}_n}^2} \int_0^\frac{t}{2} \int_{\{ |\xi|_{\mathbb{H}_n} \leq 2^{-1}|\eta|_{\mathbb{H}_n} \}} \left( 1 + s + |\eta \sigma\xi^{-1}|_{\mathbb{H}_n}^2 \right)^{-\alpha} \, d\xi \, ds \\
\lesssim t^{-\frac{\alpha}{2}} e^{-\frac{c}{2s}|\eta|_{\mathbb{H}_n}^2} \int_0^\frac{t}{2} \int_{\{ |\xi|_{\mathbb{H}_n} \leq 2|\eta|_{\mathbb{H}_n} \}} \left( 1 + s + |\xi|_{\mathbb{H}_n}^2 \right)^{-\alpha} \, d\xi \, ds,
\]

where we employed the change of variables \( \xi = \zeta \sigma^{-1} \) in the last step (note that \( 2^{-1}|\eta|_{\mathbb{H}_n} \leq |\xi|_{\mathbb{H}_n} \leq 2|\eta|_{\mathbb{H}_n} \) implies \( |\xi|_{\mathbb{H}_n} \leq 3|\eta|_{\mathbb{H}_n} \) and \( d\xi = d\zeta \). If we denote \( \xi = (x', y') \), then, since \( |\xi|_{\mathbb{H}_n} \approx |(x', y')| + |r'|^{\frac{1}{2}} \) we have

\[
\int_0^\frac{t}{2} \int_{\{ |\xi|_{\mathbb{H}_n} \leq 2^{-1}|\eta|_{\mathbb{H}_n} \}} h_{t-s}(\xi) \left( 1 + s + |\eta \sigma\xi^{-1}|_{\mathbb{H}_n}^2 \right)^{-\alpha} \, d\xi \, ds \\
\lesssim t^{-\frac{\alpha}{2}} e^{-\frac{c}{2s}|\eta|_{\mathbb{H}_n}^2} \times \int_0^\frac{t}{2} \int_{|r'| \leq |\eta|_{\mathbb{H}_n}} \int_{|(x', y')| \leq |\eta|_{\mathbb{H}_n}} (1 + s + |r'| + |x'|^2 + |y'|^2)^{-\alpha} d(x', y') \, dr' \, ds \\
\lesssim t^{-\frac{\alpha}{2}} e^{-\frac{c}{2s}|\eta|_{\mathbb{H}_n}^2} \times \int_{|(x', y', \omega, \sigma)| \leq t + |\eta|_{\mathbb{H}_n}} (1 + \sigma^2 + \alpha^2 + |x'|^2 + |y'|^2)^{-\alpha+1} d(x', y', \omega, \sigma) \, d\sigma \\
\lesssim t^{-\frac{\alpha}{2}} e^{-\frac{c}{2s}|\eta|_{\mathbb{H}_n}^2} \int_{0 < \omega \leq (t + |\eta|_{\mathbb{H}_n})^{\frac{1}{2}}} (1 + \omega^2)^{-\alpha+1} \, d\omega \\
\lesssim t^{-\frac{\alpha}{2}} e^{-\frac{c}{2s}|\eta|_{\mathbb{H}_n}^2} \int_{1 < \omega \leq (1 + t + |\eta|_{\mathbb{H}_n})^{\frac{1}{2}}} \omega^{-2\alpha+1} \, d\omega,
\]

where we carried out the change of variables \( s = \sigma^2 \) and \( r' = \omega^2 \) in the second inequality and we reduce the resulting integral to the integral of a radial symmetric function with \( 2n + 2 \) variables. As we have already noticed, for \( \alpha \in (0, 1 + Q/2) \) the power of the integrand in the last integral is greater than \(-1\); therefore, we obtain

\[\]
where we applied the usual change of variables $s = \sigma^2$ and $t' = \omega^2$. As in the last integral the function is radial symmetric, we get
\[
\int_0^1 \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} h_{t-s}(\xi) \left(1 + s + |\eta \alpha \xi^{-1}_{H_n}|^2\right)^{-\alpha} \, d\zeta \, ds \\
\leq t^{-\frac{Q}{2}} \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} e^{-\frac{\xi}{2} \vartheta^2} (1 + \vartheta^2)^{-a+1} \vartheta^{Q-1} \, d\vartheta
\leq t^{-\frac{Q}{2}} \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} e^{-\frac{\xi}{2} \vartheta^2} \vartheta^{-2a+Q+1} \, d\vartheta \\
\leq t^{-1-a} e^{-t^2 \frac{\vartheta^2}{2}} \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} e^{-\frac{\xi}{2} \vartheta^2} \vartheta^{-2a+Q+1} \, d\vartheta.
\]

For \(0 < \alpha < 1 + Q/2\) since the power \(-2\alpha + Q + 1\) is strictly greater than \(-1\), we have that \(e^{-\frac{\vartheta^2}{2}} \vartheta^{-2a+Q+1} \in L^1(\mathbb{R}_+)\) and, consequently, (35) implies

\[
\int_0^1 \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} h_{t-s}(\xi) \left(1 + s + |\eta \alpha \xi^{-1}_{H_n}|^2\right)^{-\alpha} \, d\zeta \, ds \\
\leq t^{-1-a} e^{-t^2 \frac{\vartheta^2}{2}} \leq t \left(1 + t + |\eta|_{H_n}^2\right)^{-a} \left(1 + \frac{|\eta|_{H_n}^2}{t}\right) e^{-t^2 \frac{|\eta|_{H_n}^2}{2}} \leq t \left(1 + t + |\eta|_{H_n}^2\right)^{-a}.
\]

In the limit case \(\alpha = 1 + Q/2\), we distinguish two subcases. When \(|\eta|_{H_n}^2 \geq t\), since in the integral in the right-hand side of (35) we are away from 0, it follows that \(e^{-\frac{\vartheta^2}{2}} \vartheta^{-2a+Q+1}\) is summable. Therefore, we may repeat exactly the same estimates as in the previous case. On the other hand, if \(|\eta|_{H_n}^2 \leq t\), we need to modify slightly (35) as follows:

\[
\int_0^1 \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} h_{t-s}(\xi) \left(1 + s + |\eta \alpha \xi^{-1}_{H_n}|^2\right)^{-\alpha} \, d\zeta \, ds \\
\leq t^{-\frac{Q}{2}} \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} e^{-\frac{\xi}{2} \vartheta^2} (1 + \vartheta^2)^{-a+1} \vartheta^{Q-1} \, d\vartheta
\leq t^{-\frac{Q}{2}} e^{-t^2 \frac{\vartheta^2}{2}} \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} e^{-\frac{\xi}{2} \vartheta^2} \vartheta^{-2a+Q+1} \, d\vartheta \\
\leq t^{-\frac{Q}{2}} e^{-t^2 \frac{\vartheta^2}{2}} \int_{\{|\xi|_{H_n} \geq 2|\eta|_{H_n}\}} e^{-\frac{\xi}{2} \vartheta^2} \vartheta^{-2a+Q+1} \, d\vartheta
\]

Note that in the previous chain of inequalities we used the fact that \(e^{-\frac{\vartheta^2}{2}}\) is a bounded function in the case \(|\eta|_{H_n}^2 \leq t\). Indeed, in the case that we are considering it holds \(t \geq 1\) (keep in mind that we are in the case \(t + |\eta|_{H_n}^2 \geq 1\)). Once again, if the lower bound of the domain of integration in the last integral is greater than 1, we get
\[
\int_0^t \int_{\{ |\xi|_{H^s} \geq 2 |\eta|_{H^s} \}} h_{t-s}(\xi) \left( 1 + s + |\eta \partial \xi^{-1}|_{H^s}^2 \right)^{-\alpha} d\xi ds \\
\leq t^{-\frac{Q}{2}} e^{-\frac{Q}{2} |\eta|_{H^s}^2} \leq t \left( 1 + t + |\eta|_{H^s}^2 \right)^{-\frac{Q}{2}-1} = t \left( 1 + t + |\eta|_{H^s}^2 \right)^{-\alpha},
\]
otherwise,
\[
\int_{R^d, |\eta|_{H^s}} e^{-\frac{\alpha^2}{2}} R^{-1} dR = \int_1^\infty e^{-\frac{\alpha^2}{2}} R^{-1} dR + \int_{\frac{|\eta|_{H^s}}{\sqrt{2}}}^{\infty} e^{-\frac{\alpha^2}{2}} R^{-1} dR \\
\leq 1 + \int_{\frac{|\eta|_{H^s}}{\sqrt{2}}}^{\infty} R^{-1} dR = 1 + \log \left( \frac{\sqrt{t}}{1 + |\eta|_{H^s}} \right) \\
\leq 1 + \log t \leq \log(e + t)
\]
and, consequently,
\[
\int_0^t \int_{\{ |\xi|_{H^s} \geq 2 |\eta|_{H^s} \}} h_{t-s}(\xi) \left( 1 + s + |\eta \partial \xi^{-1}|_{H^s}^2 \right)^{-\alpha} d\xi ds \\
\leq t^{-\frac{Q}{2}} e^{-\frac{Q}{2} |\eta|_{H^s}^2} \log(e + t) \leq t \left( 1 + t + |\eta|_{H^s}^2 \right)^{-\frac{Q}{2}-1} \log(e + t) \\
= t \left( 1 + t + |\eta|_{H^s}^2 \right)^{-\alpha} \log(e + t).
\]
Combining all possible subcases, we proved eventually (34).

\[\square\]

4.3 A priori estimates

Combining the results from Propositions 2, 3 and 4, we can prove now the following a priori estimates. These will play a fundamental role in the proof of Theorems 2 and 3.

**Proposition 5** Let \( \kappa \) be a positive parameter and \( T \in (0, \infty] \). Moreover, we consider \( u_0 \in (1 + |\cdot|_{H^s})^{-\frac{\alpha}{2}} L^\infty(H^s) \) and a source term \( F : [0, T) \times H^s \rightarrow \mathbb{R} \).

1. If \( \kappa \neq Q \), then,
\[
(1 + t + |\eta|_{H^s}^2)^{\frac{\alpha}{2}} \min\{\kappa, Q\} |e^{t \Delta_H} u_0(\eta)| \leq C_0 \left\| (1 + |\eta|_{H^s}^2)^{\frac{\alpha}{2}} u_0(\eta) \right\|_{L^\infty(H^s)} \tag{37}
\]
for any \( t \in [0, T) \) and \( \eta \in H^s \).

2. If \( \kappa < Q \) and \( (1 + t + |\eta|_{H^s}^2)^{\frac{\alpha}{2}+1} F \in L^\infty(0, T; L^\infty(H^s)) \), then,
\[
(1 + t + |\eta|_{H^s}^2)^{\frac{\alpha}{2}} \left| \int_0^t e^{(t-s)\Delta_H} F(s) ds(\eta) \right| \\
\leq C_1 \left\| (1 + t + |\eta|_{H^s}^2)^{\frac{\alpha}{2}+1} F(t, \eta) \right\|_{L^\infty(0, T; L^\infty(H^s))} \tag{38}
\]
for any \( t \in [0, T) \) and \( \eta \in H^s \).
3. If \( \theta \in [0, 1) \) and \( (1 + t + |\eta|_{H_n}^2)^{\frac{\theta}{2}} F \in L^\infty((0, T: L^\infty(H_n)) \) and \( T < \infty \), then,

\[
(1 + t + |\eta|_{H_n}^2)^{\frac{\theta}{2}} \left| \int_0^t e^{(t-s)\Delta_n} F(s) \, ds(\eta) \right| \leq C_\theta T^{1-\theta} \| (1 + t + |\eta|_{H_n}^2)^{\frac{\theta}{2}} F(t, \eta) \|_{L^\infty(0, T; L^\infty(H_n))}
\]

for any \( t \in [0, T) \) and \( \eta \in H_n \).

4. If \( (1 + t + |\eta|_{H_n}^2)^{\frac{\theta}{2} + 1} F \in L^\infty((0, T; L^\infty(H_n)) \) and \( T < \infty \), then,

\[
(1 + t + |\eta|_{H_n}^2)^{\frac{\theta}{2}} \left| \int_0^t e^{(t-s)\Delta_n} F(s) \, ds(\eta) \right| \leq C_2 \log(e + T) \| (1 + t + |\eta|_{H_n}^2)^{\frac{\theta}{2} + 1} F(t, \eta) \|_{L^\infty(0, T; L^\infty(H_n))}
\]

for any \( t \in [0, T) \) and \( \eta \in H_n \).

Here, \( C_\theta, C_1, C_\theta \) and \( C_2 \) denote positive constants independent of \( T \).

Proof Let us begin with the estimate of the solution of the homogeneous problem. Since \( 0 < \kappa \neq Q \), by using (30) and (31), we get

\[
\left| e^{\Delta_n u_0(\eta)} \right| \leq \int_{H_n} h_i(\zeta^{-1} \eta) |u_0(\zeta)| \, d\zeta
\]

\[
\leq \| (1 + |\cdot|_{H_n}^2)^{\frac{\kappa}{2}} u_0 \|_{L^\infty(H_n)} \int_{H_n} h_i(\zeta^{-1} \eta)(1 + |\zeta|_{H_n}^2)^{-\frac{\kappa}{2}} \, d\zeta
\]

\[
= \| (1 + |\cdot|_{H_n}^2)^{\frac{\kappa}{2}} u_0 \|_{L^\infty(H_n)} \left( e^{\Delta_n (1 + |\cdot|_{H_n}^2)^{-\frac{\kappa}{2}}}(\eta) \right)
\]

\[
\lesssim (1 + t + |\eta|_{H_n}^2)^{-\frac{1}{2}} \| (1 + |\cdot|_{H_n}^2)^{\frac{\kappa}{2}} u_0 \|_{L^\infty(H_n)}.
\]

We prove now the second estimate. Applying (34) for \( \alpha = \frac{\kappa}{2} + 1 < 1 + \frac{Q}{2} \), it results

\[
\left| \int_0^t e^{(t-s)\Delta_n} F(s) \, ds(\eta) \right| \leq \int_0^t \int_{H_n} h_{i-s}(\zeta^{-1} \eta)|F(s, \zeta)| \, d\zeta \, ds
\]

\[
\leq \| (1 + t + |\eta|_{H_n}^2)^{\frac{\alpha}{2} + 1} F(t, \eta) \|_{L^\infty(0, T; L^\infty(H_n))}
\]

\[
\times \int_0^t \int_{H_n} h_{i-s}(\zeta^{-1} \eta)(1 + s + |\zeta|_{H_n}^2)^{-\frac{\alpha}{2} - 1} \, d\zeta \, ds
\]

\[
\lesssim t \| (1 + t + |\eta|_{H_n}^2)^{-\frac{\alpha}{2} - 1} (1 + t + |\eta|_{H_n}^2)^{\frac{\alpha}{2} + 1} F(t, \eta) \|_{L^\infty(0, T; L^\infty(H_n))}
\]

\[
\lesssim (1 + t + |\eta|_{H_n}^2)^{-\frac{\alpha}{2}} \| (1 + t + |\eta|_{H_n}^2)^{\frac{\alpha}{2} + 1} F(t, \eta) \|_{L^\infty(0, T; L^\infty(H_n))}.
\]

Similarly, for \( \alpha = \frac{Q}{2} + \theta < 1 + \frac{Q}{2} \), (34) yields
So, we proved (39) as well. Finally, the proof of (40) is completely analogous to that of (39) (formally for \( \alpha = 1 \)), the only difference is that we have to employ (34) in the limit case \( \alpha = 1 + Q/2 \), obtaining in this way the logarithmic factor. The proof is complete.

\[ \square \]

5 Global existence of small data solutions in the supercritical case

In this and in next section, we will prove the global in time existence of small data solutions in the super-Fujita case and the local in time existence of solutions in the sub-Fujita case for the Cauchy problem (1), respectively. As mild solutions to (1) we consider the solutions in certain weighted \( L^\infty \) spaces of the nonlinear integral equation (8) as in Definition 2. For this reason, we introduce the nonlinear integral operator

\[
\Phi[u](t, \eta) \doteq \varepsilon (e^{i\Delta_H t} u_0)(\eta) + \int_0^t e^{i(\xi - \eta) \partial x} |u(s)|^\alpha \, d\zeta \, ds(\eta)
\]

\[
= \varepsilon \int_{H_n} h_i(\xi^{-1} \cdot \eta)u_0(\xi) \, d\xi + \int_0^t \int_{H_n} h_i(\xi^{-1} \cdot \eta)|u(s, \xi)|^\alpha \, d\zeta \, ds.
\]

Therefore, our problem is reduced to find fixed points for the operator \( \Phi \) in suitable function spaces.

**Proof of Theorem 2** Let us denote \( R_0 \doteq \| (1 + | \cdot |_{H_n}^2)^{\frac{\alpha}{2}} u_0 \|_{L^\infty(\mathcal{H}_n)} \). We shall prove that \( \Phi \) is a contraction mapping from \( \mathcal{B}(R\varepsilon) \doteq \{ u \in X_{\varepsilon, T} : \| u \|_{X_{\varepsilon, T}} \leq R\varepsilon \} \) into itself under suitable requirements for \( R \) and \( \varepsilon \). Combining (37) and (38), it follows
\[
\| \Phi[u] \|_{X_{\kappa,T}} = \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} \Phi[u](t, \eta) \|_{L^\infty(0,T;L^\infty(H_n))}
\]

\[
\leq \epsilon \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} u_0 \|_{L^\infty(0,T;L^\infty(H_n))}
\]

\[
+ \frac{\partial}{\partial t} \int_0^T \frac{\partial}{\partial s} |u(s, \eta)|^p d\eta \|_{L^\infty(0,T;L^\infty(H_n))}
\]

\[
\leq C_0 \epsilon \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} u_0 \|_{L^\infty(H_n)}
\]

\[
+ C_1 \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} \|_{L^\infty(0,T;L^\infty(H_n))}
\]

\[
= C_0 \epsilon \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} u_0 \|_{L^\infty(H_n)} + C_1 \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} \|_{L^\infty(0,T;L^\infty(H_n))}
\]

where in the second last step, we employed the equality \( \frac{\partial}{\partial t} + 1 = \frac{\partial}{\partial t} \). Using again this relation for \( \kappa \), (38) and the estimate

\[
\| u^p - v^p \| \leq p \| u - v \| (|u|^{p-1} + |v|^{p-1}),
\]

we arrive at

\[
\| \Phi[u] - \Phi[v] \|_{X_{\kappa,T}}
\]

\[
= \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} \int_0^T \frac{\partial}{\partial s} |u(s, \eta)|^p - |v(s, \eta)|^p d\eta \|_{L^\infty(0,T;L^\infty(H_n))}
\]

\[
\leq C_1 \| (1 + t + |\eta|^2) \frac{\partial}{\partial t} \|_{L^\infty(0,T;L^\infty(H_n))}
\]

\[
= C_0 R \epsilon + C_1 \| u \|_{X_{\kappa,T}}^p \cdot \left( \| u \|_{X_{\kappa,T}}^{p-1} + \| v \|_{X_{\kappa,T}}^{p-1} \right).
\]

Summarizing, we proved

\[
\| \Phi[u] \|_{X_{\kappa,T}} \leq C_0 R \epsilon + C_1 \| u \|_{X_{\kappa,T}}^p,
\]

\[
\| \Phi[u] - \Phi[v] \|_{X_{\kappa,T}} \leq p C_1 \| u - v \|_{X_{\kappa,T}} \left( \| u \|_{X_{\kappa,T}}^{p-1} + \| v \|_{X_{\kappa,T}}^{p-1} \right).
\]

Therefore, if we assume that

\[
R = 2 C_1 R \epsilon \quad \text{and} \quad 0 < \epsilon \leq \epsilon_0 = \min \{ (2C_1)^{(p-1)} R^{-1}, (4pC_1)^{(p-1)} R^{-1} \},
\]

then,

\[
C_0 R \epsilon \leq 2^{-1} R \epsilon, \quad C_1 (R \epsilon)^p \leq 2^{-1} R \epsilon \quad \text{and} \quad 2pC_1 (R \epsilon)^{p-1} \leq 2^{-1}.
\]

In the above line, the first two relations imply that \( \Phi \) maps \( \mathcal{B}(R \epsilon) \) into itself, while the last inequality implies that \( \Phi \) is a contraction with Lipschitz constant at most \( 2^{-1} \) on \( \mathcal{B}(R \epsilon) \). Thus, by Banach–Caccioppoli fixed point theorem we have a unique mild solution \( u \in X_{\kappa,T} \). As the previous estimates are independent of \( T \), we may prolong this unique solution for all times, obtaining a unique mild solution in \( X_{\kappa} \). Finally, the decay estimates follow immediately from \( u \in \mathcal{B}(R \epsilon) \). This completes the proof. \( \square \)
6 Lower bound estimate for the lifespan in the sub-Fujita case

Next, we prove a local in time existence result for mild solutions to the Cauchy problem in (1) in the sub-Fujita case $p \in (1, p_{\text{Fuj}} (Q)]$. Besides, we derive the lower bound estimate for the lifespan of the solution (9).

**Proof of Theorem 3** Here, we will modify in a suitable way the proof of Theorem 2 in order to compensate the fact we are in the sub-Fujita case. Let us begin with the subcritical case. We define $\theta \doteq \frac{Q}{2} (p - 1)$. Thanks to $1 < p < p_{\text{Fuj}} (Q)$ we get $\theta \in (0, 1)$. Combining (37) and (39), we obtain

$$\| \Phi[u] \|_{X^{Q,T}} \leq C_0 \varepsilon \| (1 + 1\cdot |H|^2)^\frac{Q}{2} u_0 \|_{L^\infty(H)} + C_\theta T^{1-\theta} \left( (1 + \frac{1}{2} |H|^2)^\frac{Q}{2} |u(s, \eta)|^p \right) \|_{L^\infty(0,T; L^\infty(H))},$$

where $R_0 = \| (1 + 1\cdot |H|^2)^\frac{Q}{2} u_0 \|_{L^\infty(H)}$ as in the proof of Theorem 2 and in the second last step we used the equality $\frac{Q}{2} + \theta = \frac{\rho p}{2}$. Analogously,

$$\| \Phi[u] - \Phi[v] \|_{X^{Q,T}} \leq C\theta T^{1-\theta} \| (1 + 1\cdot |H|^2)^\frac{Q}{2} (|u(s, \eta)|^p - |v(s, \eta)|^p) \|_{L^\infty(0,T; L^\infty(H))} + p C\theta T^{1-\theta} \| u \|_{X^{Q,T}} (\| u \|_{X^{Q,T}}^{p-1} + \| v \|_{X^{Q,T}}^{p-1}),$$

where we used (41) and the previous relation between $Q$, $p$ and $\theta$. Summarizing, we proved

$$\| \Phi[u] \|_{X^{Q,T}} \leq C_0 R_0 \varepsilon + C_\theta T^{1-\theta} \| u \|_{X^{Q,T}}, \quad (42)$$

$$\| \Phi[u] - \Phi[v] \|_{X^{Q,T}} \leq p C\theta T^{1-\theta} \| u - v \|_{X^{Q,T}} (\| u \|_{X^{Q,T}}^{p-1} + \| v \|_{X^{Q,T}}^{p-1}), \quad (43)$$

Therefore, if we require $R = 2C_0R_0$ and $T \leq C_{Q,p} \varepsilon^{\frac{1-p}{1-\frac{1}{2}}}$, where

$$C_{Q,p} \doteq \min \left\{ (2C\theta)^{\frac{1}{p-1}} R^{-\frac{1}{p}} ; (4pC\theta)^{\frac{1}{p-1}} R^{-\frac{1}{p}} \right\},$$

then, from (42) and (43) we get

$$\| \Phi[u] \|_{X^{Q,T}} \leq R \varepsilon,$$

$$\| \Phi[u] - \Phi[v] \|_{X^{Q,T}} \leq 2^{-1} \| u - v \|_{X^{Q,T}}$$

for any $u, v \in \mathcal{B}(R \varepsilon)$.

Thus, we find a unique local in time solution to (1) at least up to the time $C_{Q,p} \varepsilon^{-\frac{1}{1-\frac{1}{2}}} = C_{Q,p} \varepsilon^{-\frac{1-\frac{1}{2}}{\frac{1}{2}-\frac{1}{2}}}$. This implies immediately that the upper bound of the
maximal time interval of existence for the local solution, that is, the lifespan \( T_\varepsilon \), has to fulfill (9) in the subcritical case.

Let us deal with the critical case \( p = p_{\text{Fuj}}(Q) \). Combining (37) and (40), we obtain

\[
\|\Phi[u]\|_{X_{Q,T}} \leq C_0 \varepsilon\|(1 + 1 \cdot |\mathbf{H}_n|)^{\frac{2}{p}}u_0\|_{L^\infty(\mathbf{H}_n)} + C_2 \log(e + T)\|\left(1 + \varepsilon + |\eta|^{2}_{\mathbf{H}_n}\right)^{\frac{q-1}{2}}u(s, \eta)\|^p_{L^\infty(0,T;L^\infty(\mathbf{H}_n))} \\
= C_0 \varepsilon\|(1 + 1 \cdot |\mathbf{H}_n|)^{\frac{2}{p}}u_0\|_{L^\infty(\mathbf{H}_n)} + C_2 \log(e + T)\|\left(1 + \varepsilon + |\eta|^{2}_{\mathbf{H}_n}\right)^{\frac{q-1}{2}}u(s, \eta)\|^p_{L^\infty(0,T;L^\infty(\mathbf{H}_n))} \\
= C_0 R_0 \varepsilon + C_2 \log(e + T)\|u\|_{X_{Q,T}}^p,
\]

and, similarly,

\[
\|\Phi[u] - \Phi[v]\|_{X_{Q,T}} \leq p C_2 \log(e + T)\|u - v\|_{X_{Q,T}}\left(\|u\|_{X_{Q,T}}^{p-1} + \|v\|_{X_{Q,T}}^{p-1}\right).
\]

If we assume that \( T \leq \exp\left(\tilde{C}_Q e^{-\left(p-1\right)}\right) \), where \( \tilde{C}_Q \doteq \min \left\{ 2C_2 R^1 - p, 4p C_2 R^{1-p} \right\} \), then, \( \Phi \) satisfies (44). Hence, we have a local solution to (1) in the critical case at least until the time \( \exp\left(\tilde{C}_Q e^{-\left(p-1\right)}\right) \).

Therefore, we showed the lower bound estimate of the lifespan in (9) for the critical case as well. So, the proof is complete.

\[\square\]

7 Concluding remarks

Let us summarize what we proved in the main results of this paper. Combining Theorem 2 and Proposition 1, we get that \( p_{\text{Fuj}}(Q) \) is the critical exponent for the semilinear Cauchy problem (1). So, in the Heisenberg group the critical exponent for the semilinear heat equation with power nonlinearity is exactly the exponent which is the analogous one of Fujita exponent, obtained by replacing the dimension of \( \mathbb{R}^n \) by the homogeneous dimension \( Q = 2n + 2 \) of \( \mathbf{H}_n \). Furthermore, we proved the sharp lifespan estimate for local solutions both in the subcritical and in the critical case, namely

\[
T_\varepsilon \simeq \begin{cases} 
C\varepsilon^{-\left(p-\frac{1}{p}\right)-1} & \text{if } 1 < p < p_{\text{Fuj}}(Q), \\
\exp\left(C\varepsilon^{-\left(p-1\right)}\right) & \text{if } p = p_{\text{Fuj}}(Q).
\end{cases}
\]

Note that also for the lifespan estimate the situation is completely analogous to the Euclidean case. In the forthcoming paper [9], we will extend the blow-up techniques and the corresponding upper bound estimates from Sect. 3 to the case of general stratified groups.

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