Rangeland Management in Sagarmatha (Mount Everest) National Park and Buffer Zone, Nepal: An Ecological Perspective

Authors: Bhattarai, Khem Raj, and Upadhyay, Thakur Prasad

Source: Mountain Research and Development, 33(1) : 19-28

Published By: International Mountain Society

URL: https://doi.org/10.1659/MRD-JOURNAL-D-11-00077.1
Introduction

Currently, the dilemma of rangeland management is related to debates about the state of biodiversity and its relationship to productivity, biomass, and disturbance by grazing (Grime 2002). For instance, if some biomass is removed by grazing, the regeneration phase (secondary succession) will show higher productivity than the original mature vegetation. The disturbed vegetation with lower biomass but higher productivity may be characterized by an elevated number of species, according to the intermediate-disturbance hypothesis (Connell 1978; Grime 1979; Huston 1994). This hypothesis has generally been accepted (Katrion et al. 2004) and has been verified in the Himalayas (Vetaas 2002; Bhattarai et al. 2004). This may have greater implications for rangeland management, especially for traditionally managed conservation areas in Nepal.

Rangeland in the Sagarmatha (Mount Everest) National Park and Buffer Zone (SNPBZ) is not just a resource for sustaining livestock but also one rich in biodiversity, including medicinal and aromatic plants. It is also a main source of other natural resources, as well as a tourist destination, a carbon sink, a valuable cultural landscape, a place for recreation and aesthetic value, and a landscape of spectacular scenery (Miehe 1989; Brower 1991). However, sustainable management of the rangelands in the Himalayan region has generally not followed an approach in line with sound ecological studies due to inadequate knowledge and lack of information that is available in integrated scientific studies (Weltz et al. 2003).

In this context, the present study analyzes the status of rangeland management in the SNPBZ from an ecological perspective and identifies the future course of holistic, sustainable rangeland ecosystem management. The specific objectives of the study are to explore land use patterns, rangeland conditions in relation to vegetation distribution, species diversity, and productivity and to identify possible management recommendations for better long-term management of Himalayan rangelands.
management of rangeland (e.g., Zervas 1998). Some authors suggest that moderate grazing increases plant species diversity (e.g., Grace 1999; Bhattarai et al. 2004), while others report the opposite (e.g., Perelman et al. 1997). The humped-back model suggests that herbaceous species diversity reaches a maximum at intermediate biomass that corresponds to moderate grazing (Grime 1973). Beyond the maximum, species diversity declines due to increased competition. According to this model, herbivores and livestock grazing may increase or decrease species diversity, depending on the grazing intensity and amount of available biomass. The decline of species diversity with high biomass in the absence of grazing is normally explained by competition, whereas less competitive species are replaced by one or a few dominant species (Grime 1973). The decrease in species diversity with low biomass is associated with high-intensity grazing. Thus, decrease in species diversity due to the absence of grazing and heavy grazing is the crucial factor in sustainable management of rangeland.

Recently, a synthesis viewpoint has emerged that suggests accommodating the concepts from both models to better manage the given rangeland. Various studies have shown that a mixture of palatable woody plants and perennial herbaceous species is replaced through heavy grazing by a system dominated by unpalatable woody species and annuals (e.g., Landsberg et al. 2003; West 2003). Succession from herbaceous to woody vegetation depends on rainfall, grazing intensity, nutrient availability, and fire regime in the rangeland (Huston 1994). If the rangeland is maintained without grazing, the less competitive species will be excluded; ultimately, there will be a few dominant species (Gillson and Hoffman 2007). Thus, the main ecological issue on rangeland is how to maintain optimum conditions that help sustain the rangeland over the long term.

**Methodology**

**Study area and climate**

The SNPBZ is located in Solukhumbu District in the eastern part of Nepal. The Sagarmatha National Park (SNP) is located 27°41'59"–28°13'11"N, 86°30'55"–86°59'05"E in the Himalayan range, with an area of approximately 1150.97 km² (Figure 1). The buffer zone is located 27°38'38"–27°48'25"N, 86°33'30"–86°49'45"E,
covering about 280.97 km². The SNPBZ has a rugged landscape of great mountains, interdigitating glaciers and ridges, glacial debris-burdened streams, hanging microvalleys, and constricted fluvial terraces (Hagen 1969; Brower 1991). The SNPBZ encompasses temperate to alpine vegetation zones.

The SNPBZ covers 3 village development committees (VDCs), namely, Chaurikharka as a buffer zone and Namche and Khumjung as core areas of the SNP in the northern part of Solukhumbu District (Figure 1). The national park shares its border with Makalu-Barun National Park to the east, Rolwaling (Dolakha) to the west, Chaurikharka VDC to the south, and Qumolongma National Reserve of Tibet to the north. The national park is a government organization that works with a set of government policies, rules, and regulations, whereas the buffer zone is managed by a buffer zone management committee within each village that takes care of location-specific issues by collaborating with the national park authority.

About 80% of precipitation falls from June to September and about 10% falls from May to October in the SNPBZ (Miehe 1989). The monsoon rains arise from the Bay of Bengal and fall most heavily on the south-facing slopes. Frequent thunderstorm activity also occurs during April and May. The month of July is the wettest month for Khumjung (Miehe 1989), with all rivers and lakes reported to be full, a pattern that is applicable to the Khumbu region (Brower 1991). Winter snowfalls arrive with frontal systems borne on the westerlies. The climatic region of the SNPBZ (Brower 1991). The SNPBZ encompasses temperate to alpine vegetation zones.

Fieldwork for the study was carried out twice, in April and November 2007. According to the information obtained from participatory rural appraisal (PRA) and focus group discussion (FGD), we broadly divided the rangeland into 3 categories on the basis of grazing pressure and pattern of cattle movements: (1) winter grazing rangeland, ie grazing land near the village where livestock graze during winter; (2) transit rangeland, where livestock are kept 1–2 months in April and May on the way to summer pasture and in the autumn (1–2 months) on the way back to village settlement before winter; and (3) summer rangeland (mainikharka), ie the main rangeland located in alpine pasture areas. Preliminary physiographic information about the SNPBZ was gathered from study of toposheet and FGDs with SNPBZ staff and local people. The rangeland area is highly heterogeneous, encompassing the river basin, valley, mountain terrain, and cliffs. In this study, rangeland is classified as a combination of grasslands and bush or scrublands managed as natural ecosystems that are traditionally used for grazing (eg James et al 2003).

Due to the significant heterogeneity of the study area, a stratified random sampling method was used to cover the major representative sites. The principle of stratification is that the vegetation of the area under study is divided into different strata before samples are chosen on the basis of major and usually obvious variations within it (Gauch 1982). Among those strata, we selected most representative types. Sampling plots were then allocated randomly to those strata. We sampled 160 plots on three categories of rangeland. The plot size was fixed at 1x1 m, a standard size for study of grassland vegetation (Kent and Coker 1995; Bhattarai et al 2004). The distance between one plot and the next was randomly chosen as 1–50 m. If a plot touched a large stone or woody shrub, the location was moved 1 m farther. But small saplings of woody species and seedlings of tree species were considered other herbaceous flora (eg Bhattarai et al 2004). All vascular and nonvascular plants, including mosses rooted inside 1 m² plots, were recorded (Grime 1979). Plant identification was done on the field for some familiar plants; for the rest, identification was done at the National Herbarium and Plant Laboratories in Godawari, Nepal.

Data analysis

Both bivariate and multivariate statistical methods were used to explore the relationship between species composition and measured environmental variables. To elucidate the relationship between species richness (diversity) and elevation, a generalized linear model (GLM) was used (McCullagh and Nelder 1989; Dobson 1990). The species richness is defined as the number of species present per 1 m² plot, which is a surrogate measurement of biodiversity (Gaston and Spicer 1998). The number of species per plot, ie species richness, is a discrete data set that requires a logarithmic link function, so GLM was used rather than traditional regression methods.

The vegetation data were analyzed by ordination technique, which is the collective term for multivariate analysis. We used detrended correspondence analysis (DCA) to check the magnitude of change in species composition along the first ordination axis (Hill and Gauch 1980).

A geographic information system (GIS) was used to classify and obtain the areas under different land uses in the SNPBZ. During field observation, some errors regarding land use and land cover were identified on the topographic map (Department of Survey 1996 toposheet). One of the major errors on the topographic map concerned distribution of grazing land and barren land,
including rocks. Even local people marked such errors on the topographic map during community mapping procedures. Other available land use maps of the region, prepared by different organizations and agencies, were also found to be misleading. So an attempt was made to prepare a land use map of the SNPBZ area based on a Land Satellite (Landsat) image from 1978 (30 m resolution), a topographic map for 1996, and information from community mapping procedures. No recent toposheet was found to compare the land use categories, so we compared the land use patterns between 1978 and 1996. Information from field observations, participatory mapping, and FGDs and interviews concerning land cover history were used to classify the images.

Satellite images were classified on the basis of a supervised maximum likelihood classification method (ERDAS 1997). During the assigning of signatures (training samples) for supervised classification and later finalizing of the layer, information from participatory mapping and field observations was heavily incorporated. First, 2 layers of land use maps (one from the Landsat Thematic Mapper image and another from the topographic map) were prepared. The derived land use layers were overlaid. Portions that did not match exactly were verified through field observations and information from community mapping. The final land use map of the SNPBZ was prepared by combining the layers: the previous layer of proportion matching and the verified and corrected layer of the portion not matching exactly.

### Results

#### Land use patterns and grazing lands

In the SNPBZ we observed 7 types of land use patterns. The major land use patterns in the SNPBZ and their changes between 1978 and 1996 are presented in Table 1. Snow cover and glacier area declined, and the land was classified in the category of barren land, as shown by the positive growth of the barren land category and the negative growth of the glacier category. Positive growth in rangeland area was found, which appears to have resulted from decreased glacier and increased barren land.

There are 3 types of rangelands in the SNPBZ: winter grazing, transit grazing, and summer grazing rangeland. Livestock are kept in transit rangeland on the way back to a village settlement before winter commences. When snow has melted and grass has developed to the full green stage, the livestock extend to higher areas and are kept there during the whole summer and autumn from May to October; this is referred to as summer rangeland. Figure 2 shows a map of rangeland in the SNPBZ, prepared based on PRA information, which details the distribution patterns for summer, transit, and winter pasture.

#### Vegetation patterns

The major tree species observed between 2800 and 3000 m in the buffer zone area were *Quercus semecarpifolia*, *Tsuga dumosa*, *Michelia doltsopa*, *Lyonia ovalifolia*, *Pinus wallichiana*, *Rhododendron arboreum*, and *Ulnus nepalensis*. In general, the subalpine zone of SNPBZ forest is dominated by *Quercus*, *Tsuga*, *Pinus*, and *Rhododendron*. The major tree species observed in the 3000–4000 m range were *Q. semecarpifolia*, *T. dumosa*, *M. doltsopa*, *P. formusa*, *L. ovalifolia*, *P. wallichiana*, and *R. arboreum*. The major shrub species observed were *Berberis asiatica*, *Piptanthus nepalensis*, *Xanthoxylum nepalensis*, *Arrundinaria sp.*, *Daphne bholua*, *Rosa sp.*, *Elaeagnus parvifolia*, *R. lepidotum*, and *Jasminum humile*. The major herbaceous flora in this range were *Artemisia sp.*, *Gentiana strobilacea*, *Euphorbia wallichii*, *Stipa roylei*, and *Poa sp.*

Within the buffer zone, forest is dominated by *P. wallichiana*, which accounts for about 60% of the forest cover. *T. dumosa* accounts for about 10%, and

| Land use/cover      | Within SNP core area 1996 (ha) | Chaurikharka/buffer zone 1996 (ha) | Total land area 1996 (ha) | % of total land area 1996 | Total land area 1978 (ha) | Annual % change |
|---------------------|--------------------------------|-----------------------------------|--------------------------|--------------------------|--------------------------|-----------------|
| Barren land         | 65,133                         | 11,818                            | 76,951                   | 54.50                    | 66,708                   | 0.80            |
| Settlement and agriculture | 632                            | 497                               | 1129                     | 0.80                     | 1212                     | −0.39           |
| Forest              | 4521                           | 4346                              | 8867                     | 6.28                     | 8338                     | 0.34            |
| Glacier             | 20,371                         | 1856                              | 22,227                   | 15.74                    | 34,304                   | −2.38           |
| Rangeland           | 20,976                         | 9253                              | 30,229                   | 21.41                    | 29,942                   | 0.05            |
| Sand                | 975                            | 300                               | 1275                     | 0.90                     | 520                      | 5.11            |
| Water body          | 489                            | 27                                | 516                      | 0.37                     | 170                      | 6.36            |
| Total area          | 11,3097                        | 28,097                            | 141,194                  | 100.00                   | 141,194                  |                 |

Table 1. Land use change in the SNPBZ between 1978 and 1996.
Rhododendron and Q. semicarpifolia account for about 20% of the total forest cover. The tree line forest is mainly dominated by Juniperus sp on the slope exposed to the east, but the moist slope exposed to the north is dominated by Betula sp. Above 4000 m, there is an alpine vegetation belt where the vegetation is dominated by shrubs (R. anthopogon, R. lepidotum, J. recurva, J. indica, Berberis sp, Rosa sp, and Hippophae sp) and alpine meadows. The upper elevation limits for Abies spectabilis, P. wallichiana, and B. utilis were found to be between 4000 and 4300 m. The upper alpine zone extends to 5200 m, which is the normal vegetation limit for the SNPBZ. In high alpine meadow, the major dominant genera of grasses and sedge were Stipa, Juncus, Kobresia, and Carex. Similarly, there were species of forbs, mainly Saxifraga, Pedicularis, Cremanthodium, Gentiana, and Stellaria.

Species richness along the elevation gradient
To check the plant diversity pattern in the SNPBZ, the total species found on the rangeland were regressed against elevation; statistically significant patterns between species richness and elevation were observed. When total species are divided into forbs and grasses and each class of species is regressed against the elevation, no statistically significant pattern between grass and elevation was found to be statistically significant (Table 2).

Floristic composition
The number of observed species on 160 sample plots was 168. The range of species richness per plot varied from 3 to 17. The life-form spectrum of rangeland species is presented in Figure 3. The forbs include all herbaceous species except sedge and grasses and are the most dominant group, accounting for 62% of the total number of species. The grasses included species belonging to Graminaceae, Juncaceae, and Cyperaceae families, accounting for 29%, and woody species, accounting for 9% of all flora (Figure 3). The most frequently available grass species were S. roylei, Trisetum spicatum, Kobresia hookeri, and S. capensis, which had frequencies of 71, 40, 39, and 36%, respectively. The least frequent grass species were Agrostis sp, Digitaria sp, Juncus sp, P. falconeri, and Stipa sp, which had only a 1.25% frequency. Five poisonous species were found in the SNPBZ, namely, Bupleurum tenui, L. ovalifolia, P. formusa, Euphorbia sp, and R. campanulatum. The degree of toxicity varied from plant to plant and season to season. Animals generally avoid these plants but sometimes graze them accidentally and become sick, if small amounts are eaten, or perish, if significant amounts are eaten.
The summary of DCA is presented in Table 3. The lengths of the gradients for two axes were estimated at 5.76 and 3.94 SD. When sample plots from the buffer zone were separated from the total data set, the gradient length was found to be SD = 3.95, which is still close to 4 SD.

The eigenvalue for the first DCA axis was larger than 0.5, which indicates good dispersion of species along the axes. When plots in the buffer zone area were separated, the eigenvalue was still close to 0.5, indicating good dispersion of species (Table 3). The variance explained by both axes was found to be relatively low but was statistically significant.

The species composition pattern for the SNPBZ is presented in a DCA diagram (Figure 4A). Species were found to be homogeneously dispersed along two DCA axes. In the DCA diagram, some species are located near one another, some are located a little farther apart, and some overlap. The closely located species have more similar ecological characteristics and requirements than those found far apart.

In another DCA analysis, where total species were classified into 3 groups, (1) forbs, (2) woody, and (3) grasses, species were found to be homogeneously dispersed along the first DCA axis to some extent, whereas along the second axis the forbs and woody species were found to have a longer range of dispersion compared to the grasses (Figure 4B). Relatively more grass species were found in the central part of the DCA diagram. Species found at the edge of the diagram are often rare species.

DCA analysis was performed with samples plots within the core park areas according to 3 rangeland types: winter grazing, transit or intermediate grazing, and summer grazing. Three categories of rangeland are well separated along DCA axis 1 in terms of species composition. The winter grazing plots are located at the bottom of DCA axis 1. The plots in the transit rangeland have an intermediate position in the DCA diagram. The plots of summer rangeland are located toward the end of DCA axis 1. The summer grazing plots are more dispersed along DCA axis 2 compared to their dispersal along axis 1 (Figure 4C).

**Biomass production and carrying capacity**

Among 168 rangeland species, approximately 67% are palatable and only about 33% were found to be nonpalatable to livestock; the latter are neither grazed by livestock nor used by people for hay production. According to field observations and PRA and FGD information, all grass species including sedges were found to be palatable to livestock, whereas some forbs and woody species of rangeland are not palatable. We considered only palatable biomass, which was estimated from all categories of rangelands (winter grazing, transit grazing, and summer grazing) and buffer zone areas in the SNPBZ (Table 4, Figure 5). The biomass ranged from 30 to 250 g/m$^2$. The mean biomass production was found to be 119.41, 113.06, 76.34, and 64.60 g/m$^2$ in the buffer zone (Lukla area), winter grazing, transit grazing, and summer grazing rangelands, respectively. When the buffer zone was excluded from the calculation, the mean biomass was estimated to be 3.36 g/m$^2$, including all rangeland categories in the SNPBZ.

Livestock weight of 1000 pounds was considered 1 livestock unit (LSU; Manske 2004), and in our case an adult zophio (a cross between yak and cow) was considered 1 LSU, because its weight approximates this value. The fodder consumption requirements in the field were recorded as per this reference. Besides zophio, the body weight of other grazing livestock in the SNPBZ was relatively low; therefore, total number of yak/nak, horses, and mules was factored out, with 0.7 (and cows with 0.6), to convert their values into LSU (HMGN/ADB/FINNIDA 1988). Our estimates of livestock population in the field survey were assumed to cover approximately 70% of total number livestock; hence, to get the total number of livestock, we multiplied the given numbers by 1.3, thereby getting an estimate for total LSU in the SNPBZ of 3935. The consumption requirements per LSU while grazing on kharkas were averaged from the different estimates obtained through PRA and FGD, which was

---

**TABLE 2** Summary of regression statistics.

| Species   | GLM order | df  | Res. dev. | % dev. | F value | P value |
|-----------|-----------|-----|-----------|--------|---------|---------|
| Total species | 1         | 158 | 153       | 10     | 9.0     | P < 0.010 |
| Forbs     | 1         | 158 | 147       | 11     | 21.5    | P < 0.001 |
| Grass     | ns        | 158 | ns        |        |         |         |

df, degree of freedom; Res. dev., residual deviance; % dev., % deviance explained; ns, not significant.
estimated at 15.6 kg of dry matter per day. Thus, the total fodder requirement for the total LSUs in the SNPBZ per year was estimated at 22,405.89 tons; this constitutes the demand side of the carrying capacity calculation.

To calculate the total supply of palatable fodder from the given rangeland area, we computed the estimates as follows: the mean total biomass production per year was estimated at 2.96 tons per hectare in the SNPBZ, and according to field information, out of a total rangeland area of 30,229 ha, about 35% either was not grazed due to inaccessibility factors or was covered with scrub and thus did not yield the effective supply of fodder for the livestock in the SNPBZ. This means only 19,649 ha of rangeland provide the fodder supply, with a total of 58,161 tons per year. Of this estimate of total fodder supply, only 67% is palatable, so the actual palatable biomass available to the livestock per year was estimated

| Ordination axis       | I   | II  | III | IV  | Total Inertia |
|-----------------------|-----|-----|-----|-----|---------------|
| Eigenvalues           | 0.76| 0.44| 0.30| 0.26| 11.73         |
| Lengths of gradient   | 5.76| 3.94| 3.07| 3.73|               |
| Cumulative percentage variance | 6.50| 10.20| 12.80| 15.00|               |

**TABLE 3** Summary of DCA results for plots in the SNPBZ.

**FIGURE 4** (A) DCA ordination diagram: species are distributed along the two axes, with scale marks −2 to 8 along axis 1 (horizontal) and −2 to 6 along axis 2 (vertical) in standard deviation units; (B) DCA ordination diagram showing distribution of grasses, forbs, and woody plant species on rangeland in the SNPBZ; the scale marks −2 to 8 along axis 1 (horizontal) and −2 to 6 along axis 2 (vertical) are in standard deviation units; (C) ordination diagram of DCA (horizontal axis 1 and vertical axis 2) of 140 sample plots of rangeland within the park. Plots are well dispersed along two DCA axes.
TABLE 4  Summary statistics on dry matter production (1×1 m) plots in the SNPBZ.

| Variables | Winter grazing | Transit grazing | Summer grazing | Buffer zone, Lukla |
|-----------|----------------|----------------|----------------|-------------------|
| Mean (g/m²) | 113.06 | 76.34 | 64.60 | 119.41 |
| Standard error | 5.75 | 5.08 | 4.77 | 11.29 |
| Median | 100.00 | 60.00 | 52.50 | 120.00 |
| Standard deviation | 40.27 | 32.52 | 33.70 | 46.57 |
| Sample variance | 1621.68 | 1057.53 | 1135.55 | 2168.38 |
| Range | 200.00 | 90.00 | 150.00 | 140.00 |
| Minimum | 50.00 | 30.00 | 30.00 | 40.00 |
| Maximum | 250.00 | 120.00 | 180.00 | 180.00 |

at 38,967.87 tons, giving a surplus biomass of 16,561.98 tons.

Discussion and conclusions

From 1978 to 1996, the snow cover and glacier area declined, with the land then classified in the barren land category, as shown by positive growth of the barren land category and negative growth of the glacier category. This increased barren land category was attributed to climate change and global warming. Positive growth in rangeland area might be due to decreased glacier and increased barren land. The portion of cultivated land was relatively small in the core area of the SNP and somewhat more abundant in the buffer zone, indicating less dependence on agriculture. The share of rangeland area was found to be 23.5%, indicating the importance of rangeland for livestock production, which is inextricably
linked with agriculture and the local economy in the SNPBZ.

The SNPBZ is a species-rich area, as indicated by variations of 3 to 17 per 1 m² sample plot. Species richness decreased linearly with increase in elevation. Altitude, aspect, climate, and history control the plant distribution pattern in general (Woodward 1987). The complex interaction of these biophysical factors and to a lesser extent social factors influences the vegetation pattern of the SNPBZ, as well as others parts of the Himalayas. The SNPBZ encompasses part of the cool temperate zone (2800–3000 m) and the whole subalpine and alpine zones. Even below the tree line ecotone on some mountain flanks facing eastward and too windy for forest vegetation, a few hardy forbs, grass, lichens, and mosses were found, with low growth forms and high resistance to the constraints of winds, insulation, temperature, and a short growing season, as found on high alpine pasture.

The SNPBZ has a higher percentage of forbs and grasses, which may indicate the severity of climatic conditions. This finding is in line with the findings of previous studies by Woodward (1987) and Bhattarai and Vetaas (2003) in the Himalayan region. In terms of floristic composition, we found a heterogeneous distribution of plant species. This was confirmed by the length of the gradient in the total data set, which had a value of 5.76. A gradient length greater than 4 indicates that sites at opposite ends of the first axis had hardly any species in common (Lepš & Šmilauer 2003). Furthermore, the core area of rangeland inside the park did not show a homogeneous species composition. Each site ie rangeland in the SNP and buffer zone, if taken separately, represents lower beta-diversity than both combined. The eigenvalue for the first DCA axis is greater than 0.5, which indicates good dispersion of species along the axes. The separation of 3 rangeland types along the DCA axes indicates that there is a grazing pressure gradient from winter to summer and species respond correspondingly, which is reflected in their composition.

Of the total species observed, the majority were usable value of a given palatable plant. This study was able to list some plants in the SNPBZ and has covered about 70% of the total flora. A detailed study of population dynamics is basically related to the debate about the state of biodiversity and its relationship to productivity as affected by various degrees of grazing and livestock density. Because the total biomass production exceeds the actual demand for livestock in the SNPBZ, moderate disturbance by grazing might favor greater species diversity, thereby enhancing rangeland productivity (Grime 1979). This requirement of a moderate level of grazing would not be met in the future due to gradual decline in livestock population in the SNPBZ, which could be added to the system). However, these estimates imply that the total available fodder biomass on the rangeland of the SNPBZ has not been fully utilized yet, and there is scope for addition of livestock to balance the demand and supply of the biomass (an additional 2909 LSU could be added to the system). However, these estimates should be viewed with caution, because there are other factors involved in biomass production and consumption in the rangeland ecosystem. For example, there are other large herbivores (wild ungulates, eg deer, wild sheep, and wild goat), small herbivores (mice, rabbits, etc), and insects who also depend on rangeland biomass. Thus, available biomass not only is for livestock but is utilized by wild animals as well. This study focuses on issues related to wild herbivore grazing and biomass reduction in the rangeland; a separate study dealing with this pertinent issue of wild ungulates is warranted.

The dilemma of rangeland management in the SNPBZ is basically related to the debate about the state of biodiversity and its relationship to productivity as affected by various degrees of grazing and livestock density. Because the total biomass production exceeds the actual demand for livestock in the SNPBZ, moderate disturbance by grazing might favor greater species diversity, thereby enhancing rangeland productivity (Grime 1979). This requirement of a moderate level of grazing would not be met in the future due to gradual decline in livestock population in the SNPBZ, which would lead to future rangeland deterioration. Rangeland deterioration has already been noticed in other high mountain areas, with various factors understood as causing this change, depending on whose perspective is taken into account (Liechti 2012). This indicates that to manage the rangeland properly, the ecological and socioeconomic perspectives need to be integrated.

The following recommendations for the future management of rangeland in the SNPBZ are made based on the findings of this study. The number of livestock should be augmented in the SNPBZ to maintain moderate disturbance by grazing. A complete inventory of plant species and their communities should be undertaken, and thereafter palatability and nonpalatability of these plants need to be verified. Among the verified palatable plants, a detailed nutrition analysis should be conducted to determine the usable value of a given palatable plant. This study was able to list some plants in the SNPBZ and has covered about 70% of the total flora. A detailed study of population dynamics among the most palatable and dominant species should be undertaken to understand spatial, age, and size structures in terms of demographic parameters.
ACKNOWLEDGMENTS

Financial and other logistic support were provided by the World Wildlife Fund Nepal Program. We thank Madan Suwal and Keshav Paudel for their help in improving the GIS map and Sundar Rai for his help in fieldwork. We also thank two anonymous reviewers. During the study, several institutions and individuals supported us in various ways, and we acknowledge their valuable contributions.

REFERENCES

Bhattarai KR, Vetaas OR. 2003. Variation in plant species richness of different lifeform along a subtropical elevation gradient in the Himalayas, east Nepal. Global Ecology and Biogeography 12:327–340.

Bhattarai KR, Vetaas OR, Grytnes JA. 2004. Relationship between plant species richness and biomass in arid sub-alpine grassland of the central Himalayas, Nepal. Folia Geobotanica 39:57–71.

Briske DD, Fuhlendorf SD, Smells FE. 2003. Vegetation dynamics on rangelands: A critique of the current paradigms. Journal of Applied Ecology 40:601–614.

Brower B. 1991. Sherpa of Khumbu. People, Livestock, and Landscape. New Delhi, India: Oxford University Press.

Connell JH. 1978. Diversity in the tropical rainforest and coral reefs. Science 199:1301–1310.

DOHMS [Department of Hydrology and Meteorology]. 1999. Climatological Records of Nepal. Kathmandu, Nepal: DOHMS.

Department of Survey. 1996. Toposheet. Kathmandu, Nepal: Department of Survey.

Dobson AJ. 1990. An Introduction to Generalized Linear Models. London, United Kingdom: Chapman & Hall.

ERDAS. 1997. ERDAS Imagine, version 8.5. Atlanta, GA: ERDAS.

Field Survey. 2007. Rangeland Management Status of SNPBZ. Fieldwork supported by WWF, Nepal program. Unpublished report. Kathmandu, Nepal: Nebra.

Gaston KJ, Spicer JI. 1998. Biodiversity: An Introduction. Oxford, United Kingdom: Blackwell.

Gauch HG. 1982. Multivariate Analysis in Community Ecology. Cambridge, United Kingdom: Cambridge University Press.

Gillson L, Hoffman T. 2007. Rangeland ecology in a changing world. Science 15:53–54.

Grace JB. 1999. The factors controlling species density in herbaceous plant communities. Perspectives in Plant Ecology, Evolution and Systematic 2:1–28.

Grime JP. 1973. Competitive exclusion in herbaceous vegetation. Nature 242: 344–347.

Grime JP. 1979. Plant Strategies and Vegetation Processes. Chichester, United Kingdom: John Wiley and Sons.

Grime JP. 2002. Declining plant diversity: Empty niches or functional shifts? Journal of Vegetation Science 13:457–460.

Hagen T. 1969. Report on the Geological Survey of Nepal. Denkschrift der schweizerischen naturforschenden Gesellschaft. Vol 86/1. Basel, Switzerland: Birkhaeuser.

Hill MO, Gauch HG. 1980. Detrended correspondence analysis: An improved ordination technique. Vegetatio 42:47–58.

HMGN/AD/_FINNIDA [His Majesty's Government of Nepal/Asian Development Bank/Finnish International Development Agency]. 1988.

Master Plan for Forestry Sector Nepal. Main report. Kathmandu, Nepal: HMGN/AD/_FINNIDA, Ministry of Forest and Soil Conservation.

Huston MA. 1994. Biological Diversity: The Coexistence of Species on Changing Landscapes. Cambridge, United Kingdom: Cambridge University Press.

James L, Young J, Sanders K. 2003. A new approach to monitoring rangelands. Arid Land Research Management 17:319–328.

Katona S, Roxburgh SH, Raushert ESJ. 2004. Moving from pattern to process: Coexistence mechanisms under intermediate disturbance regimes. Ecology Letters 7:491–508.

Kent M, Coper P. 1995. Vegetation Description and Analysis. A Practical Approach. London, United Kingdom: John Wiley & Sons.

Landsberg J, James CD, Morton SR, Muller WJ, Stol J. 2003. Abundance and composition of plant species along grazing gradients in Australian rangelands. Journal of Applied Ecology 40:1008–1024.

Lepi J, Smlauer P. 2003. Multivariate Analysis of Ecological Data Using CANOCO. Cambridge, United Kingdom: Cambridge University Press.

Liebhart K. 2012. The meanings of pasture in resource degradation negotiations: Evidence from post-socialist rural Kyrgyzstan. Mountain Research and Development 32(3):304–312.

Manske LL. 2004. A Method of Determining Stocking Rate Based on Monthly Standing Herbage Biomass. Annual Report. Dickinson Research Extension Center, 1089 State Avenue, Dickinson, ND, 58601.

McCullagh P, Nelder JA. 1989. Generalized Linear Models. 2nd edition. London, United Kingdom: Chapman & Hall.

Miehe G. 1989. Vegetation pattern on Mount Everest as influenced by monsoon and fohn. Vegetatio 79:21–32.

Perelman SB, Lein RJ, Bussaca JP. 1997. Floristic changes related to grazing intensity in a Patagonian shrub steppe. Ecography 20:400–406.

Vetaas OR. 2002. Guidelines for sustainable use of plants: Theory and application. In: Chaudhary RP, Subedi BP, Vetaas OR, Aase TH, editors. Vegetation and Society—Their Interaction in the Himalayas. Kathmandu, Nepal, and Bergen, Norway: Tribhuvan University and University of Bergen, pp 11–15.

Walker BH. 2003. Rangeland ecology: Understanding and managing change. AMBIO 22:80–86.

Weitz M, Dunn Q, Reeder J, Fraser G. 2003. Ecological sustainability of rangelands. Arid Land Research and Management 17:369–388.

West NE. 2003. Theoretical underpinnings of rangeland monitoring. Arid Land Research and Management 17:333–346.

Wheeler BD, Shaw SC. 1991. Above-ground crop biomass and species richness of the principal types of herbaceous rich-fen vegetation of lowland England and Wales. Journal of Ecology 79:285–302.

Woodward FF. 1987. Climate and Plant Distribution. Cambridge, United Kingdom: Cambridge University Press.

Zervas G. 1998. Quantifying and optimizing grazing regimes in Greek mountain systems. Journal of Applied Ecology 35:983–986.