Evaluating the ecotoxicity of different pharmaceuticals using Aliivibrio fischeri bioassays

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Original research

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Abstract
An endless list of companies has produced a large amount of pharmaceutical compounds in a year-on-year growth trend. Due to the excessive consumption of these substances and the inappropriate disposal, the environment was contaminated, especially aquatic ecosystems, with quantities of pharmaceuticals (PHACs) so that they have affected the living organisms, leading to decreased biodiversity and ecological degradation.

Many studies on PHACs environmental presence and toxic effects were performed, but unfortunately, no limit was establishing for discharging into environment, especially into the aquatic systems. The aim of this study was to use the bioluminescence of Aliivibrio fischeri bacteria as an indicator of toxical effect of different PHACs in simulated marine medium. The Microtox® bioassay is based on the PHACs inhibitory effect on the metabolism of bacteria which induced changes in their bacterial bioluminescence.

The test organisms were exposed to analgesics and anti-inflammatories such as Diclofenac, Ketoprofen, Naproxen and Ibuprofen. The results showed that based on EC50 values, Naproxen had a very low toxicity but Diclofenac, Ketoprofen and Ibuprofen had a harmful effect on the aquatic organisms.

Keywords: bioassay, pharmaceuticals, Aliivibrio fischeri, bioluminescence

Introduction
Over the last century the cause of synthesized chemicals dissemination into environment have been triggered by massive industrialization and anthropogenic activities [1]. Among the chemicals, pharmaceuticals (PHACs) have been of a particular interest due to their properties to remain biological active for long periods and to have the potential to produce toxic effects in concentrations above a certain limit [2, 3].

Their development and use in human and veterinary medicine had led to a significant reduction in mortality and morbidity rates, targeting significant infectious diseases such as syphilis, tuberculosis, gonorrhea, pneumonia and communicable childhood diseases [4].

The European Union (EU) is the second biggest consumer of PHACs in the world (24% of the world total) after the U.S.A. Consumption of human and veterinary PHACs is mostly heterogeneous across the EU Member States, for example, it ranges from 50 to 150 g/capita/year in the case of human consumption PHACs. Moreover, in the majority of EU, a large part of unused human PHACs (50% on average) has been not collected and some EU Member States have not implemented take-back schemes [5].

In spite of their benefic effects, PHACs have been also identified as an emerging class of environmental contaminants due to their overuse as well as their complex system of bioaccumulation and transformation [4]. The spread of PHACs in freshwater systems, contributes to a global dissemination and a development of multi-drug resistance organisms. This phenomenon is the most important challenge for the health care sector in the 21st century [4].

The number of the studies concerning the presence of PHACs in aquatic environments have increased in last decades. Some monitoring studies of pharmaceutical residues concentrations in international surface waters showed a concentration of 8 - 80 ng/L PHACs in Finland [6]; 1.1 - 61 ng/L in South Korea [7]; 0.5 - 620 ng/L in Taiwan [8]; 1 - 2098 ng/L in China [9]. Other studies highlighted different concentration ranges of some pharmaceutical compounds in the Waste Water Treatment Plants (WWTPs) effluents such as Diclofenac (0.289 μg/L) and Ibuprofen
(2.972 μg/L) [10]; Naproxen (0.017 μg/L) and carbamazepine (0.042 μg/L) [11].

Their massive presence into the environment have generated concerns that were addressed by numerous studies that assessed and estimated their environmental risks. However, PHACs potential toxicity in aquatic systems and ultimately in humans remains in a great measure in a state of uncertainty. As a result, PHACs are not controlled by current European water quality standards or European laws, which require evidence of their environmental contamination and intrinsic risk. An integrated approach to current sources of PHACs released into the environment, the interaction between environment and substances, their capacity to decompose and their remanence in the environment and, significantly, the risks they present are particularly important in order to be able to predict and regulate these substances in the environment [12]. PHACs were originally designed to act on specific targets in human body, but, nevertheless, there are many published studies that indicate indirect effects on organisms for which the substances were not intended [13, 14] such as Naproxen on Eisenia andrei [15] and Ketoprofen on Daphnia magna [16].

In Romania, an investigation was carried out on the Somes River where fifteen PHAC compounds including stimulants, antirheumatics, antiepileptics, analgesics, anticoagulants were detected in concentrations ranging from 30 ng/L - 10μg/L [17]. In another research project were identified amounts of PHACs at levels of 57 to 270 ng/L. These levels were determined from the water at the entrance to a treatment plant in Romania. This situation exist because low metabolic rate conversion in the human and animal organisms and inefficient removal in urban wastewater treatment plants [1, 16, 18].

A large amount of data is available concerning the monitoring of PHACs in surface water bodies such as rivers, lakes, and marshlands [19, 20], but these are not centralized or in a standardized format. Environmental PHACs concentrations were low or missing for some environment components, notably for biota in the food web and marine ecosystems [19]. As a consequence of the discharge of continental water into the marine environments, some PHACs will likely end up in the seas and oceans and certainly there is a need to increase the knowledge about their occurrence in such ecosystems [20]. Over time, different organisms from the affected areas (and not only) were used as biological material (biological models) so that, as a result, the obtained data could be extrapolated either to a certain general category of organisms, either on a human level. Most methods are based on the following categories: fish, algae, crustaceans, insects, aquatic plants, bacteria. Each of these organisms has characteristics that make them suitable for certain tests depending on the topic of interest or the expected result [13].

Within the biological methods developed in the last decades, bacterial tests have become particularly well known for being simple, fast, and inexpensive, with good correlations with other toxicity tests responses, including with superior organisms. As a result, bacterial bioluminescence inhibition tests are usually the first choice for testing potential toxicity of PHACs from environmental samples [21, 22]. Overall, PHACs could induce an acute and chronic toxic effect in aquatic species, bio accumulate in ecosystems and decrease their biodiversity [12, 21].

Toxicity tests (bioassays) were used in last decades to assess whether a chemical compound or waste present in the environment could affect living organisms. Acute and chronic tests are most known ecotoxicity bioassays. The acute toxicity bioassays use organisms such as mammals, algae, daphnia, fish, bacteria and even cell cultures [13, 23]. This kind of tests are often used to do a rapid toxicity assessment or to determine the relative sensitivity of different organisms. The chronic toxicity tests are more complex and require more time than do the previous tests. Moreover, chronic toxicity tests are designed to obtain information on teratogenicity or carcinogenesis, and other types of information that are collected during life cycles of particular species. One of the principal advantages of acute toxicity tests in nonmammalian species is that these organisms have biochemical routes similar to those of the higher organisms, short life cycles, and respond promptly to changes in their living medium [23, 24].
In this study, we tested the PHACs toxic effect by a luminescent bacteria test using *Aliivibrio fischeri* Microtox® toxicity bioassay. This method has received special attention due to its simplicity, sensitivity, reliability, and low cost [21, 22, 25].

**EXPERIMENTAL PART**

The toxic effect of PHACs on the environment was analyzed by biotests with bioluminescent bacteria *A. fischeri*. This method associated the toxic effect with the degree of bioluminescence inhibition, and it was performed according to a standard method [26] with lyophilized bacteria. In short, lyophilized *A. fischeri* NRRL B-11177 luminescent bacteria (purchased from Modern Water), stored at temperature lower than -18°C, was activated then incubated for 30 minutes in absence and presence of various concentrations of PHACs.

The blank control was prepared from 20 g/L NaCl (pH between 6.0–8.5 pH units) and it was used as a control of the optimal growth conditions. To evaluate the sensitivity of bacteria a reference test using 100 mg/L potassium dichromate (Merck, CertiPUR®) was performed (positive control). The test was considered positive control, which induced 20% to 80% inhibition after a contact time of 30 min.

| Name               | IUPAC name                                                                 | CAS        | Structure                                                                 | Molecular Formula |
|--------------------|----------------------------------------------------------------------------|------------|--------------------------------------------------------------------------|-------------------|
| Diclofenac sodium salt | Sodium {2-[(2,6-dichlorophenyl)amino]phenyl}acetate                        | 15307-79-6 | ![Structure](image)                                                       | C_{14}H_{11}ClNNaO_{2} |
| Ketoprofen         | 2-(3-Benzoylphenyl)propanoic acid                                          | 22071-15-4 | ![Structure](image)                                                       | C_{16}H_{14}O_{3}  |
| Naproxen           | (2S)-2-(6-Methoxy-2-naphthyl)propanoic acid                               | 22204-53-1 | ![Structure](image)                                                       | C_{14}H_{14}O_{3}  |
| Ibuprofen          | 2-(4-Isobutylphenyl)propanoic acid                                        | 15687-27-1 | ![Structure](image)                                                       | C_{13}H_{18}O_{2}  |

**RESULTS AND DISCUSSION**

The acute toxicity tests were performed on *A. fischeri* as a biological model. *A. fischeri* had a normal metabolic activity in presence of 20 g/L NaCl, and, the reference substance (potassium dichromate) inhibited the metabolism which could be detected between 20 and 80% inhibition of luminescence. The results on potassium dichromate showed a 50% inhibition (EC_{50}) induced at a concentration of 16.2 mg Cr/L (Fig. 1); this value is close to that specified.
in the standard method (18.7 mg Cr/L). That was performed for checking the validity of the method and the viability of bacterial strains.

![Graph](image1)

**Fig. 1.** Bioluminescence inhibition induced by potassium dichromate on *A. fischeri*.

The NaCl and potassium dichromate demonstrated that *A. Fischeri* bacterial strain was the viable and optimally respond to the chemical compounds. The next step of the experimental part was to analyze the toxic effect of other chemical compounds such as PHACs (Diclofenac, Ibuprofen, Naproxen and Ketoprofen).

The analgesics and anti-inflammatory drugs induced a wide range of toxicity, depending on their concentrations (Fig 2). Ketoprofen had the highest toxic effect, totally inhibiting the luminescence at 40 mg/L (Fig. 2B). Inhibition curve of ketoprofen showed a sharp toxic effect compared to other PHACs. At a concentration of 100mg/L, only Diclofenac (Fig. 2A) induced 100% inhibition, Ibuprofen reached 80% inhibition and Naproxen had a relative small toxic effect, inhibiting only 40%.

![Graphs](image2)

**Fig. 2.** Bioluminescence inhibition induced by four PHACs on *A. fischeri*: A) Diclofenac, B) Ketoprofen, C) Naproxen, D) Ibuprofen.

In the following paragraphs, we discuss each of PHACs separately. In the table no. 2 was introduced the name of substance, the concentrations range tested, EC_{50}, the confidence interval of 95% and the coefficient of determination.
Table 2. EC50 (30 min) data of PHACs on A. fischeri.

| Substance name | Concentrations interval tested (mg/L) | EC₅₀ (30 min) (mg/L) | Confidence range (95%) (mg/L) | Coefficient of determination (R²) |
|----------------|---------------------------------------|----------------------|------------------------------|---------------------------------|
| Diclofenac     | 12.5 – 100                            | 20.62                | 13.49 – 31.52                | 0.9730                          |
| Ketoprofen     | 5 – 40                                | 11.61                | 10.28 – 33.08                | 0.9711                          |
| Naproxen       | 12.5 – 100                            | >100                 | –                            |                                 |
| Ibuprofen      | 12.5 – 100                            | 64.41                | 36.24 – 83.30                | 0.9240                          |

Diclofenac had a 50% inhibitory effect at 20.62 mg/L (EC₅₀) which is in the same concentration range as it was described in other studies, EC₅₀ 22.9 mg/L [28], 16.31 mg/L or 11.79 mg/L [14]. Ketoprofen had an EC₅₀ of 11.61 mg/L, very similar low concentration with a high toxic effect to other studies where EC₅₀ was detected at 16.21 mg/L [16]. A possible explanation could be that chemical structure of ketoprofen is more likely to “lose” a benzene nucleus from its structure in metabolic processes [29], having the ability to combine with other radicals resulting in more toxic compounds.

A lower inhibitory effect was observed for two of the chemicals tested, Naproxen and Ibuprofen. The results obtained for ibuprofen showed an EC₅₀ at 64.41 mg/L in spite of other studies showing that was 39.89 mg/L [16]. Naproxen had a small inhibitory effect, under 50%, but there were studies showing an EC₅₀ value of 53.35 mg/L [14]. However, EC₅₀ values for naproxen were in a large range from 19.95 [16] to 53.35 mg/L [14]. An explanation about low inhibitory effect of Naproxen may be that the naphthalene nucleus inside the structure is not split into the cell and, as a result, no secondary metabolic products more toxic will be generated. Moreover, the degradation of naproxen in monosubstrate conditions occurred with a low efficiency [30].

The coefficient of determination for all PHACs tested shows that inhibition of bioluminescence is directly correlated with the concentration, but slightly lower for Naproxen because of the weak inhibition response. Regarding the confidence interval, it could only be established for three of the four PHACs tested. Because of lower inhibitory response for naproxen, it could not be establish any confidence range for it.

Ecotoxicity of the tested PHACs was compared with Passio and Smith method: extremely toxic (EC₅₀ < 0.1 mg/L), highly toxic (0.1–1.0 mg/L), moderately toxic (1–10 mg/L), slightly toxic (10–100 mg/L), practically harmless (100–1000 mg/L) and relatively harmless (> 1000 mg/L) [23]. Given these EC₅₀ intervals, we can characterize the tested substances as follows:
- Diclofenac, Ketoprofen and Ibuprofen with EC₅₀ in a range of 10–100 mg/L are slightly toxics (“harmful to the aquatic organisms” [31]).
- Naproxen with EC₅₀ > 100mg/L is practically harmless.

CONCLUSIONS
This study provides the ecotoxicological data of four drugs in simulated marine medium. A. fischeri biological model presented a good and reproducible sensibility for the PHACs in the assay. The PHACs tested (Diclofenac, Ibuprofen, Naproxen and Ketoprofen) showed that there was a dependent relationship between concentration and the toxic effect, the coefficient of determination being greater than 0.8. The highest inhibitory effect was induced by Ketoprofen (EC₅₀ of 11.61 mg/L) then by Diclofenac (EC₅₀ of 22.62 mg/L), Ibuprofen (EC₅₀ of 64.41 mg/L), and Naproxen (EC₅₀ not calculated).

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