p38α MAPK signaling drives pharmacologically reversible brain and gastrointestinal phenotypes in the SERT Ala56 mouse

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Autism spectrum disorder (ASD) is a common, male-predominant, neurodevelopment disorder with a significant and complex genetic risk architecture (1, 2), characterized by deficits in social communication/interaction and restricted and repetitive behavior (3). Recent estimates indicate a prevalence of ASD in the United States of 1 in 59 children, with a well-established 4:1 male predominance (4, 5). The economic burden on families for lifelong support of individuals with ASD is substantial, with individual costs for care in the United States estimated at $2.4 million (6), yielding a societal burden expected to exceed $400 billion annually by 2025 (7). Contributing to these costs are inadequate pharmacotherapies. Currently, there are only two Food and Drug Administration-approved medications for the treatment of ASD (aripiprazole and risperidone), neither of which ameliorate core symptoms of the disorder (8). Several recent advancements in the understanding of ASD mechanisms have spawned hope for the development of biologically grounded therapeutics (9, 10).

For over 50 y (11, 12), studies have found elevated whole-blood serotonin (5-HT) levels, termed hyperserotonemia, in a substantial subpopulation comprising 25–30% of children with ASD. Hyperserotonemia is unique to ASD, as opposed to other developmental disorders (13, 14), and blood 5-HT levels are highly heritable, as is ASD (15, 16). In the blood, 5-HT is contained almost entirely in platelets, which lack the ability to synthesize 5-HT, acquiring the monoamine via a high-affinity, plasma membrane 5-HT transporter (SERT) (11, 12, 17). SERT is a Na+/Cl– dependent, high-affinity 5-HT transporter that, along with high expression in platelets, is also significantly expressed by neurons of the central and enteric nervous systems (CNS/ENS), subsets of endocrine cells (18), gastrointestinal epithelial cells, and placental syncytiotrophoblasts (19), among other cells (20–22). SERT is antagonized by commonly prescribed antidepressants (23). Alterations in SERT expression and function have been linked to neuropsychiatric disorders, including depression, anxiety, obsessive-compulsive disorder, ASD (24, 25), as well as irritable bowel syndrome and inflammatory bowel disease (26). SERT is encoded by a single gene with no coding differences distinguishing CNS and peripheral transporters. The contribution

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Significance

Autism spectrum disorder (ASD) is a neurodevelopmental disorder characterized by communication and social behavior deficits, repetitive behaviors, and medical comorbidities, including gastrointestinal dysfunction. No pharmacologic treatments are available that ameliorate core symptoms. Genetic variants in the serotonin transporter (SERT) are linked to ASD. Here we demonstrate that administration of a CNS-penetrant p38α MAPK antagonist normalizes multiple physiological and behavioral perturbations reminiscent of ASD in adult, SERT Ala56 mice. Conditional genetic manipulations validate a requirement for 5-HT neuron p38α MAPK signaling in establishing perturbations observed in SERT Ala56 mice. Our findings suggest that p38α MAPK may be a potential target for treatment of adults with ASD, particularly in relation to traits driven by elevated SERT activity and diminished 5-HT signaling.

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made by SERT to the CNS and peripheral 5-HT uptake, however, is highly regulated posttranslationally, including the control of transporter surface trafficking and 5-HT affinity, each of which can arise from activation of endogenous receptors and signaling pathways that ultimately lead to changes in 5-HT uptake and clearance rates (27, 28).

In a search for polymorphisms that contribute to male-specific linkage to ASD on chromosome 17, we identified five rare SERT coding variants (24, 29). The most common of these variants, Gly56Ala, is present in ∼1% of individuals in the United States. In our study of multiplex pedigrees, the Ala56 variant was overtransmitted to ASD individuals and associated with ASD, with a specific enrichment of rigid-compulsive traits and sensory aversion (24). In lymphoblastoid cell lines (30), as well as transfected cells (31), each of the SERT variants identified, including Ala56, conferred elevated 5-HT transport activity. Kinetic analyses revealed that the elevated activity of SERT Ala56 derives from an increase in 5-HT 4 affinity (31), mirroring a transporter state that arises transiently following acute p38 MAPK activation (32). In transfected cells, we found SERT Ala56 to be hyperphosphorylated via a p38 MAPK-dependent pathway (31) and have implicated immune-responsive p38 MAPK signaling in SERT activation, 5-HT clearance, and behavior (33, 34). Importantly, elevated expression of p38 MAPK signaling components has been reported in the brains of autism patients (35).

In vivo characterization of SERT Ala56 knockin mice (36) demonstrated multiple phenotypes reminiscent of ASD, including hyperserotonemia, repetitive behavior, and deficits in social interactions and communication (37, 38). Recently, these mice have been shown to exhibit deficits in multisensory integration (39), a deficit observed in ASD (40), and consistent with the association of SERT Ala56 with sensory abnormalities (24). Mirroring the common occurrence of constipation (41), which correlates with whole-blood 5-HT levels in ASD (42), SERT Ala56 mice demonstrate increased intestinal transit time due to CNS dysfunction, phe- notype prevented by in utero and postnatal treatment of animals with the 5-HT 1A agonist, prucalopride. These findings are consistent with the hyperactivity of SERT Ala56 in limiting access of 5-HT 4 receptors to their natural agonist (43). In the CNS, SERT Ala56 mice exhibit increased 5-HT clearance, as assessed by in vivo chronoamperometry. Consistent with these findings, 5-HT 2A/C and 5-HT 1A receptors demonstrate hypersensitivity to peripherally administered receptor agonists, suggesting compensatory receptor up-regulation as a consequence of limited 5-HT stimulation (37).

As with cultured cells, adult SERT Ala56 mice exhibit elevated basal transporter phosphorylation, an effect normalized by ex vivo treatment of synaptosomal preparations with a p38 MAPK inhibitor (37). The latter findings suggested to us that some physio- logical or behavioral manifestations of SERT Ala56 hyperactivity may be reversible in adulthood.

With respect to reversal of SERT Ala56 traits through in vivo p38 MAPK inhibition, several challenges are readily apparent, foremost being the lack, until recently (44, 45), of CNS penetrant, isoform-selective p38 MAPK antagonists. Four genes (α, β, γ, δ) encode p38 MAPks, each with a broad tissue distribution (46). Recently, we demonstrated that conditional elimination of p38 MAPK in serotonergic neurons eliminated the ability of peripheral lipopolysaccharide (LPS) to support SERT activation by peripherally administered LPS (33). We hypothesized, therefore, that an α-isoform-selective, small-molecule inhibitor might reduce CNS SERT Ala56 activity and potentially lead to phenotype reversal. Recently, Roy and coworkers (44, 47) reported the development of a potent, bioavailable and CNS penetrant, p38α MAPK-selective inhibitor, with rodent studies demonstrating suppression of both proinflammatory cytokine up-regulation and cognitive deficits in two distinct amyloid-based Alzheimer’s disease models (45, 48). Herein, we demonstrate the ability of pharmacologic inhibition of p38α MAPK to normalize phenotypic and physiologic traits in the SERT Ala56 mouse model, effects mirrored by the effects of conditional p38α MAPK elimination in 5-HT neurons. Our findings support ongoing p38α MAPK signaling as essential to the physiological and behavioral alterations observed in SERT Ala56 mice and warrant consideration of the pharmacological targeting of p38α MAPK signaling pathways as a strategy for a therapeutic intervention of adults with ASD.

Results

Repeated Administration of a Selective p38α MAPK Inhibitor Normalizes 5-HT Clearance in SERT Ala56 Mice.

Previous in vitro and ex vivo studies have established the presence of a trafficking-independent, SERT stimulatory pathway downstream of p38 MAPK activation (28). Anisomycin (49, 50) or IL-1β (32, 34) triggers increased 5-HT uptake in cultured cells and mouse brain synaptosomes, an effect antagonized by nonselective p38 MAPK inhibitors, although siRNAs targeted to the α-isoform can block anisomycin-induced SERT activation. Consistent with a role of p38α MAPK in SERT regulation, two recently developed, selective p38α MAPK inhibitors (MW108 and MW150) antagonized anisomycin (10 min, 100 nM) stimulation of SERT in stably transfected SK-N-MC cells. As shown in SI Appendix, Fig. S1, both reagents effectively attenuated anisomycin-induced SERT activation.

To explore the role of p38α MAPK in sustaining the functional hyperactivity of SERT Ala56 in vivo, we injected adult mice with 5 mg/kg MW150 once per day (QD) for 1 wk before evaluating hippocampal clearance of exogenously applied 5-HT by high-speed chronoamperometry (51). As previously reported (37), saline-injected SERT Ala56 mice demonstrated significantly elevated basal 5-HT clearance rates compared with SERT Gly56 littermates (Fig. 1 A and B). In mice treated with MW150, however, this difference was eliminated, with SERT Ala56 clearance rates reduced to those displayed by SERT Gly56 animals. Neither the elevated SERT activity of SERT Ala56 mice nor the normalization of SERT Ala56 activity by MW150 can be explained by changes in SERT protein production, as revealed by SERT Western blots (Fig. 1 C and D). MW150 also did not alter CNS 5-HT levels (Fig. 1 E) or 5-HT turnover (5-HIAA-S-HT ratio) (Fig. 1 F), consistent with a selective contribution of p38α MAPK in 5-HT neurons to SERT-mediated 5-HT clearance, compared with 5-HT synthesis, storage, or release. A lack of genotype effects on CNS 5-HT ho- meostasis in the context of a model that exhibits hyperserotonemia likely reflects differential impact of SERT on the synthesis, vesicular release, clearance, and metabolism of 5-HT in the periphery versus the CNS. We also found no effects of MW150 on CNS tissue levels of dopamine or norepinephrine (SI Appendix, Fig. S2). Similarly, we detected no differences in total SERT protein pro- duction, dopamine levels, or 5-HT turnover in either SERT Gly56 or SERT Ala56 mice administered MW108 (10 mg/kg, QD for 1 wk) (SI Appendix, Fig. S3).

Ongoing p38α MAPK Activity Sustains Pharmacologically Reversible 5-HT Receptor Hypersensitivities.

In prior studies (37), we found that SERT Ala56 mice, relative to littermate controls, display hyper- sensitivity of 5-HT 1A receptors in vivo, as reflected by increased 5-OH-DA assay-induced hypothermia. We hypothesize that these findings reflect an in vivo up-regulation of 5-HT 1A signaling that arises as a consequence of more limited 5-HT exposure in the context of the elevated 5-HT clearance. Whether this alteration is a compensatory response to lifelong elevated 5-HT clearance, or is a consequence of ongoing reductions in 5-HT availability is unclear. To address this issue, we treated mice as described above with either saline or 5 mg/kg MW150, once a day for a week. As shown in Fig. 2 A, saline-injected SERT Ala56 mice demonstrated a significantly increased hypothermic response to 8-OH-DA, repeating our earlier observations. Whereas treatment of SERT Gly56 mice with MW150 did not modify 8-OH-DA body temperature re- sponses, SERT Ala56 mice treated with MW150 exhibited a normalization of hypothermia induced by 8-OH-DA, statistically indistinguishable to that seen with SERT Gly56 animals.

To determine whether findings of reversibility of 5-HT 1A receptor signaling generalize to other 5-HT receptors, we assessed 1A, 2A, and 2C receptors in SERT Ala56 mice using a selective contribution of p38α MAPK in 5-HT neurons to SERT-mediated 5-HT clearance, compared with 5-HT synthesis, storage, or release. A lack of genotype effects on CNS 5-HT homeostasis in the context of a model that exhibits hyperserotonemia likely reflects differential impact of SERT on the synthesis, vesicular release, clearance, and metabolism of 5-HT in the periphery versus the CNS. We also found no effects of MW150 on CNS tissue levels of dopamine or norepinephrine (SI Appendix, Fig. S2). Similarly, we detected no differences in total SERT protein production, dopamine levels, or 5-HT turnover in either SERT Gly56 or SERT Ala56 mice administered MW108 (10 mg/kg, QD for 1 wk) (SI Appendix, Fig. S3).
MAPK-driven SERT Ala56 hyperactivity in mutation-induced modulation of 5-HT signaling pathways.

**Ongoing p38α MAPK Activity Supports Social Interaction Deficits in SERT Ala56 Mice.** SERT Ala56 mice display perturbations of normal social behavior, assessed in the three-chamber test of social interactions and in the tube test (37). Because the 129S4/S6 background on which the SERT Ala56 mice and their SERT Gly56 littermates are maintained imposes a general, SERT-independent reduction in spontaneous locomotor activity, making reversal studies in the three-chamber test inherently variable, we tested the effects of p38α MAPK inhibition on SERT Ala56-mediated social interaction deficits using the tube test. Consistent with our prior tube-test studies, vehicle-treated, adult SERT Ala56 knockin mice withdrew from an encounter with SERT Gly56 animals of the same genetic background (noted as “reduced wins”) at levels significantly greater than expected (Fig. 2C). Once-a-day treatment with 5 mg/kg MW150 for 1 wk resulted in tube-test performance of SERT Ala56 mice equivalent to that of SERT Gly56 littermates. Similarly, once-a-day administration of MW108 was found to dose-dependently normalize SERT Ala56-mediated social interaction deficits (SI Appendix, Fig. S4C). These findings reveal that the reversibility of SERT Ala56 phenotypes extends beyond hypersensitivity of 5-HT receptors and encompasses complex behaviors initiated by p38α receptor activity in SERT Ala56 mice.

Previously (37), we demonstrated that SERT Ala56 mice, relative to SERT Gly56 littermates, demonstrate an increase in head-twitch responses in the ALX1A assay and other behavioral measures in this strain. These responses are mediated by cortical 5-HT2A and 5-HT3 receptors (52–54). Previously (37), we demonstrated that SERT Ala56 mice, relative to SERT Gly56 littermates, demonstrate an increase in head-twitch responses. Together with our findings of a normalization of 5-HT2A receptor sensitivity in SERT Ala56 mice, MW108 was found to dose-dependently normalize head-twitch responses to DOI in a similar fashion as MW150 administration (SI Appendix, Fig. S4B).

**Fig. 1.** Repeated p38α MAPK inhibitor administration normalizes hippocampal SERT activity in SERT Ala56 mice. (A) SERT Ala56 mice exhibit an elevated rate of hippocampal 5-HT clearance compared with their SERT Gly56 counterparts, an effect that is mitigated following repeated p38α MAPK inhibition with MW150 (5 mg/kg, i.p., QD × 7 d) (two-way repeated-measures ANOVA, main-effect group, F1, 16 = 3.945, P = 0.02; main-effect 5-HT concentration, F2, 64 = 10.84, P < 0.001, interaction of group by 5-HT concentration, F2, 64 = 4.514, P = 0.001; n = 5 per group, followed by post hoc Bonferroni’s multiple comparison tests, *P ≤ 0.05, ***P ≤ 0.001 saline SERT Gly56 vs. saline SERT Ala56, ***P ≤ 0.001 MW150 SERT Ala56 vs. saline Ala56). (B) Grouped hippocampal 5-HT clearance curves for both SERT Gly56 and SERT Ala56 mice repeatedly administered either MW150 (5 mg/kg, i.p., QD × 7 d) or saline (n = 5 per group). (C) Unaltered total midbrain SERT expression postchronic p38α MAPK inhibition using MW150 (5 mg/kg, i.p., QD × 7 d) in SERT Gly56 or SERT Ala56 mice. (D) Quantified total SERT protein expression level as represented in C (two-way ANOVA treatment-genotype interaction F1, 16 = 0.7898, P = 0.3873, n = 5 per group, followed by post hoc Bonferroni’s multiple comparison tests, n.s., not significant). (E) No differences in total 5-HT levels were detected after p38α MAPK inhibition in either SERT Gly56 or SERT Ala56 mice in the midbrain, hippocampus, or frontal cortex (two-way ANOVA interaction F4, 71 = 0.6374, P = 0.6999, followed by post hoc Tukey’s multiple comparison tests, n.s., n = 6–9 per group). (F) No alterations were detected in 5-HT turnover in the midbrain, hippocampus, or frontal cortex in SERT Gly56 or SERT Ala56 after p38α MAPK inhibition (two-way ANOVA interaction F4, 71 = 0.2619, P = 0.6780 n = 6–9 per group, followed by post hoc Tukey’s multiple comparison tests, n.s.).
through social interactions, and further documents a role for ongoing p38α MAPK activity in SERT Ala56 phenotypes.

Repeated Administration of MW150 Is Required for Pharmacological Efficacy in Adult SERT Ala56 Mice. To ascertain whether acute inhibition of p38α MAPK results in the normalization of perturbations evident in the SERT Ala56 mice, these animals and their SERT Gly56 counterparts were treated with saline or 5 mg/kg MW150, intraperitoneally, 30 min before evaluation of DOI-induced head-twitch and tube-test behavior. We found that a single, acute administration of MW150 was without effect on 5-HT₁₂₂₃ receptor hypersensitivity evident in SERT Ala56 mice (SI Appendix, Fig. S5A). Acute inhibition of p38α MAPK also lacked the effects seen after 1-wk exposure for social interaction changes as assessed in the tube test (SI Appendix, Fig. S5B). These results indicate that the physiological and behavioral impact of p38α MAPK inhibition we describe with the SERT Ala56 model does not occur immediately, but rather arises from time-dependent changes in 5-HT signaling and neurormodulation.

Gastrointestinal Dysfunction in Adult SERT Ala56 Mice Relies on p38α MAPK Activity. Gastrointestinal (GI) dysfunction is a common medical comorbidity of ASD (55, 56). The presence of SERT and multiple 5-HT receptors in neurons, epithelial cells, and endocrine cells in the gut (34) GI dysfunction that accompanies genetic elimination of 5-HT biosynthesis, SERT, and GI 5-HT receptors (57), suggested to us that the SERT Ala56 model might display structural and functional GI abnormalities, adding further evidence for these mice as a face-valid model of ASD. Indeed, our prior studies revealed that SERT Ala56 mice demonstrate multiple gut abnormalities, including an enteric hypoeffervination, diminished density of late-born enteric neuronal subsets, altered epithelial structure, and functional bowel deficits in motility (19). These changes were prevented when SERT Ala56 mice were exposed in utero and until weaning to the 5-HT₁₂ receptor agonist prazosin, a receptor critical to proper ENS development. These findings are consistent with hyperfunction of SERT Ala56 limiting access of GI 5-HT receptor to 5-HT during development, with the agonist able to replace the action of native 5-HT. As such, we expected MW150 would lack efficacy in reversing the GI abnormalities of SERT Ala56 mice when treatments were administered to adult animals. Surprisingly, ex vivo assessment of colonic motility suggests that this is not entirely true. Using isolated preparations of colon, we initiated colonic migrating motor complexes (CMMC) by increasing the intraluminal pressure of these preparations as described in Methods. Video analysis revealed spatiotemporal maps of contractile activity patterns (Fig. 3A) that with SERT Ala56 preparations demonstrated reductions in CMMC frequency (Fig. 3B) and velocity (Fig. 3C) relative to SERT Gly56 preparations, similar to our previous reports (19). Remarkably, we found that 1-wk administration of MW150 at the same dose used for behavioral and CNS 5-HT clearance/pharmacology studies resulted in the normalization of SERT Ala56 deficits in both parameters (Fig. 3 B and C). Administration of MW150 induced an unexpected reduction in CMMC frequency in SERT Gly56 mice, the opposite effect of that seen with SERT Ala56 preparations, suggesting contributions of basal p38α MAPK signaling that may be lost with lifelong SERT Ala56 expression. Regardless, these effects point to an active, ongoing role of p38α MAPK signaling in maintaining normal, physiologic CMMC contributions to gut motility.

Genetic Evidence That p38α MAPK Expression in 5-HT Neurons Drives Phenotypes in SERT Ala56 Mice. Although we found that systemic treatment of SERT Ala56 animals with MW150 can rescue multiple biochemical, physiologic, and behavioral phenotypes, including ones reminiscent of either core or comorbid traits of ASD, we cannot conclusively link p38α MAPK to these phenotypes through pharmacological strategies alone, because of the inherent limits to understanding the full spectrum of a drug’s action. Our prior studies demonstrating p38 MAPK-dependent hyperphosphorylation of SERT Ala56 in both transfected cells (31) and in nerve terminal preparations (37) suggests that the requisite site of p38α MAPK inhibition may be within serotonergic neurons. Because SERT is also expressed by nonneuronal cells (22, 58–62), our hypothesis cannot be tested using only systemic drug studies. To validate the specific site of MW150 action and determine whether 5-HT neuron p38α MAPK supports SERT Ala56 phenotypes, we implemented a conditional gene-targeting strategy, whereby the SERT Ala56 variant is expressed in mice with a 5-HT neuron-specific elimination of p38α MAPK. In prior studies, we established that 5-HT neuron-specific elimination of p38α MAPK, achieved by expressing Cre in p38α MAPK Cre reporter mice under the control of the Pet-1 promoter (63, 64), could prevent SERT stimulation and depression-like behavior following a peripheral LPS injection (33). Here, we crossed the SERT Ala56 allele onto a p38α MAPK ePet1::Cre background and then bred animals to generate p38α MAPK ePet1::Cre SERT Ala56 (Ala56 p38α𝐻−/−), and p38α MAPK ePet1::Cre SERT Ala56 (Ala56 p38α𝐻−/−) litters. With these mice, we tested for 5-HT₁ and 5-HT₁₂₂₃ sensitivity and social function, as described above.

Similar to our previous reports utilizing p38α MAPK ePet1::Cre mice (33), we observed a marked reduction of p38α MAPK immunoreactivity in 5-HT neurons of Ala56 p38α𝐻−/− mice compared with their Ala56 p38α𝐻+/− litters (Fig. 4). Using the in vivo 8-OH-DPAT–induced hypothermia assay, we found that Ala56 p38α𝐻−/− mice displayed a significant reduction in 5-HT₁ and 5-HT₁₂₂₃ receptor sensitivity, compared with their Ala56 p38α𝐻+/− litters (Fig. 5A). Similarly, Ala56 p38α𝐻−/− mice exhibited a significantly reduced sensitivity to 5-HT₁₂₂₃ receptor stimulation in the DOI-induced head-twitch assay (Fig. 5B) compared with Ala56 p38α𝐻+/− controls. Finally, Ala56 p38α𝐻−/− mice demonstrated increased “wins” in the tube
test, whether using SERT Gly56 animals for comparison (Fig. 5C), or when tested against Ala56 p38α−HT+ animals (Fig. 5D). These studies provide genetic evidence in support of p38α MAPK activity in 5-HT neurons as a major, ongoing determinant of receptor and behavioral changes arising in SERT Ala56 mice.

Discussion
Therapeutics that ameliorate the core symptoms of ASD remain unavailable and, with the increasingly recognized high prevalence of the disorder (5), are sorely needed. Although we recognize that complex behavioral disorders like ASD are only incompletely modeled in animals, these constructs provide key opportunities to test hypotheses related to brain alterations that may drive ASD risk and novel therapeutic leads. The identification of rare, disease-associated genetic variation that lies within protein-coding regions provides an opportunity to build such models following validation of functional effects in vitro. We identified the SERT Ala56 substitution, along with four other SERT coding variants, in a multiplex ASD population (24, 29). Remarkably, we found each variant to confer elevated 5-HT uptake using transfected cells, compared with cells transfected with WT SERT Gly56. In this multiplex population, SERT Ala56 was overtransmitted to affected subjects who were enriched for rigid-compulsive traits and sensory aversion (24). In our knockin mice, SERT Ala56 produces readily discernible serotonergic system dysfunction and behavioral changes (36, 37, 43). SERT Ala56 mice also exhibit a p38 MAPK-induced elevation in SERT phosphorylation (37), consistent with p38 MAPK signaling as a critical determinant of SERT Ala56 hyperactivity (27, 50, 65). Recently, we demonstrated that both pharmacologic inhibition and genetic elimination of p38α MAPK in 5-HT neurons can normalize elevated SERT activity, as well as despair-like behaviors, which arise following acute innate immune system activation (33, 34).

In the present study, we sought to determine whether p38α MAPK signaling underlies phenotypes observed in the SERT Ala56 knockin mouse. We initially implemented a pharmacological approach, using two CNS penetrant and isoform-selective p38α MAPK inhibitors, MW108 and MW150. Following initial positive findings with MW108 (data in figures in SI Appendix), a MW108 analog with improved drug development potential and comparable potency/selectivity for p38α MAPK inhibition, MW150, became available. Our report therefore focuses on the use of this reagent to ascertain the role of p38α MAPK in SERT Ala56 phenotypes. Indeed, we observed a normalization of elevated 5-HT clearance after daily, repeated administration of MW150 to adult mice, and a remarkable ability of the drug to reverse multiple physiological and behavioral phenotypes. We obtained evidence that supports the specificity of MW150 (Fig. 4) for p38α MAPK through genetic elimination of the enzyme, and gained further evidence for a cell-autonomous role of p38α MAPK by selectively eliminating the kinase in 5-HT neurons, where we also observed normalization of 5-HT receptor hypersensitivity and social interaction deficits. Trait normalization by MW150 in adult SERT Ala56 mice was not immediate, but required repeated administration of the drug. The lack of efficacy of acute MW150 administration suggests a time-delay between a normalization of synaptic 5-HT availability and the molecular, cellular, or circuit adaptations that drive physiological and behavioral serotonergic control. Possible time-dependent mechanisms include change in 5-HT neuron firing arising from changes in 5-HT1A receptor signaling, alterations in the expression of postsynaptic 5-HT1 receptors, or circuit-based adaptations that require gene induction and the synthesis of key signal transduction machinery. A greater understanding of the temporal requirement for p38α MAPK inhibition may reveal additional targets for therapeutic development, particularly as it relates to ASD risk impacted by changes in 5-HT signaling. More remarkable is that treatment of adult animals with MW150 produced trait normalization. We acknowledge that the assays employed in our study sample only a small proportion of likely deficits exhibited in the model, and that the impact of elevated 5-HT clearance on brain development may establish traits that do not respond to p38α MAPK inhibition. It is also possible that the hyperactivity of SERT Ala56 is absent early in development due to contextual factors that limit the actions of p38α MAPK.

We found that the inhibition of p38α MAPK normalizes social-interaction behavior in the tube test, an assay predominantly used to probe social hierarchies and dominance (66, 67). In the present report, SERT Ala56 mice and their SERT Gly56 counterparts were paired off against noncage-mates, whereas classically the assay is conducted with cage-mate pairings to assess dominance relationships established via pre-established social hierarchy (66). In our version of the tube test, we probe initial, albeit forced social interactions between two animals that have never encountered one another, precluding establishment of such hierarchies. We hypothesize that conducting the assay in this manner queries aspects of social interaction independent of dominance-driven aggression behaviors. Consistent with this idea, a recent report indicates that tube-test behavior correlates with social motivation, as assessed in the Crawley three-chamber sociability task, although more work is clearly needed in this area (67). It should be noted that the SERT Ala56 mice also exhibit social deficits in the...
Crawley three-chamber analysis (37). However, because of in-adequate levels of spontaneous locomotor activity in the SERT Ala56 line (37), attempts at pharmacologic reversal in this assay using this particular genetic line are problematic. Moreover, we were encouraged to pursue the tube test to query social interactions because of reports of deficits in this test using Fmr1−/− mice (68), animals expressing the most common genetic cause of ASD.

Alterations in 5-HT homeostasis and signaling have been reported in ASD for many years (69–72), beginning with the studies of Schain and Freedman (11, 13) who first described hyper-serotonemia as a quantitative trait associated with ASD. Besides subsequent replications of hyperserotonemia (11, 13, 17), early post-mortem emission tomography (PET) studies of CNS 5-HT turnover found differences between ASD subjects and typically developing individuals (72–74). Association studies have implicated variation in the SERT gene (SLC6A4), as well as the SERT-associated protein integrin subunit β-3 gene (ITGB3) in establishing both genetic and environmental murine models for ASD. As in our model, mice expressing the ASD-associated 16p11.2 deletion exhibited increased head-twitch responses to DOI (93). Moreover, Walsh et al. (94) have provided compelling evidence for diminished 5-HT signaling in the nucleus accumbens in this model that drives sociability deficits. 5-HT2A receptor functionality has been linked to maternal infection during pregnancy (95). Moreover, there is evidence that exhibits profound social behavior deficits (96–98). The BTBR T+TF/J model has multiple abnormalities in the 5-HT system (99); moreover, antagonizing BTBR T+TF/J 5-HT2A receptor function reverses these deficits (95) and reduces excessive grooming behavior (100). Maternal infection with the viral-mimetic Poly I:C (MIA, a commonly utilized model for environmental triggers of ASD) has been shown to result in adult offspring with increased sensitivity to DOI, an effect that correlated to increased expression of 5-HT2A receptors within the prefrontal cortex (101). An examination of the ability of MW150 and serotonergic p38α MAPK deletion to normalize physiological and behavioral traits in these models should be explored in future studies.

Although the diagnostic features of ASD are behavioral in nature, medical comorbidities are common, including constipation, which is associated with whole-blood 5-HT levels (42, 102, 103). Functional differences in the GI tract of ASD probands is associated with rigid-compulsive behavior (104), clinical deficits that mirror the functional and behavioral deficits exhibited in SERT Ala56 mice (37, 43). We have previously shown that SERT Ala56 mice exhibit deficits in ENS development, whereas the SERT Gly56 counterparts. These findings indicate the presence of a normal-life administration of the SRI fluoxetine (92). The BTBR T+TF/J model has multiple abnormalities in the 5-HT system (99); moreover, antagonizing BTBR T+TF/J 5-HT2A receptor function reverses these deficits (95) and reduces excessive grooming behavior (100). Maternal infection with the viral-mimetic Poly I:C (MIA, a commonly utilized model for environmental triggers of ASD) has been shown to result in adult offspring with increased sensitivity to DOI, an effect that correlated to increased expression of 5-HT2A receptors within the prefrontal cortex (101). An examination of the ability of MW150 and serotonergic p38α MAPK deletion to normalize physiological and behavioral traits in these models should be explored in future studies.

In the present study, we demonstrated a reduction in CMMC frequency, whereas this parameter is normalized in preparations obtained from their SERT Ala56 mice results in a significant reduction in 5-HTα receptor sensitivity as assessed using an in vivo DOI-induced head-twitch assay (unpaired t test, ***P < 0.0007, t = 3.974, n = 9–12 per group). (C) Ala56 p38α−/− mice exhibit a reversal of social interaction deficits present in SERT Ala56 mice compared with their Ala56 p38α−/− counterparts as assessed using an in vivo DOI-induced head-twitch assay (unpaired t test, ***P < 0.0007, t = 3.974, n = 9–12 per group). (D) Ala56 p38α−/− mice exhibit a reversal of social interaction deficits present in SERT Ala56 mice compared with SERT Gly56 animals (χ^2 with Yates correction, n = 74–121 bouts per group, χ^2 ≤ 0.05 SERT Gly56 vs. Ala56, χ^2 ≤ 0.05 Ala56 vs. Ala56 p38α−/−). (E) Conditional elimination of p38α MAPK in 5-HT neurons of SERT Ala56 mice results in a significant reduction in 5-HTα receptor sensitivity as assessed using an in vivo DOI-induced head-twitch assay (unpaired t test, ***P < 0.0007, t = 3.974, n = 9–12 per group). (F) Ala56 p38α−/− mice exhibit a reversal of social interaction deficits present in SERT Ala56 mice compared with their Ala56 p38α−/− counterparts (χ^2 with Yates correction, n = 127 bouts/ group, ***P < 0.001 Ala56 p38α−/− vs. Ala56 p38α−/−).
108). Finally, constitutive expression of SERT Ala56 may drive inflammation in the gut, with an alleviation of symptoms arising from reductions in inflammatory cytokine signaling elicited by the inhibition of p38α MAPK. Future studies should address whether the beneficial effects of MW150 arise in the SERT Ala56 model from a functional potentiation of 5-HT signaling or more indirectly, such as through gut- or microbiome-modulated inflammatory signaling that intersects with gut-5-HT mechanisms. Regardless, p38α MAPK inhibition represents a potentially useful strategy for relief of GI distress in ASD, possibly of greatest benefit to subjects with other indications of altered 5-HT function, such as hyperserotonemia. Activation of p38α MAPK can arise from a myriad of physiologic and environmental factors, including heat stress, inflammation, and the actions of proinflammatory cytokines, UV light, and reactive oxygen and reactive nitrogen species (46, 109). Additionally, activation of the α-form of p38 MAPK is involved in innate immune responses to these stimuli (46), an effect that we have previously linked to increased CNS SERT clearance (32, 34). Aberrations in immune system function have repeatedly been detected in ASD cohorts (110, 111) (including increases in IL-1 β, a proinflammatory cytokine which activates p38 MAPK signaling) (112), and in various environmental and genetic rodent models for ASD (113–115). Furthermore, postmortem genetic analysis in ASD cohorts has revealed altered p38 MAPK signaling (35). Models for environmentally induced ASD, such as mice subjected to MIA, have revealed long-lasting immune system dysregulation and behavioral changes reminiscent of the disorder (114, 116, 117). Combined, these studies suggest a convergence of p38 MAPK-dependent inflammatory signaling mechanisms and 5-HT-dependent pathways in ASD that may represent a promising target for ASD pharmacotherapy development.

Based on previous studies, as well as our present results, p38α MAPK is emerging as a neurotherapeutic target in a diverse array of neurologic disorders, particularly where origins appear to stem from an intersecion of neuronal and inflammatory signaling (44, 45, 118). MW150 is a highly selective, CNS-penetrant, orally bioavailable drug candidate with a unique set of pharmacological features that removes previous barriers to the clinical development of p38α MAPK inhibitors (45, 119). Prior studies have revealed utility of this class of molecules for ameliorating the effects of genetic and environmental insults imposed to model neurodegenerative disorders, including stroke and Alzheimer’s disease (45, 119, 120). Our work extends the potential utility of p38α MAPK inhibitors for the treatment of a prevalent behavioral disorder, one where effective pharmacotherapies are limited.

Methods

MW108 and MW150 Generation and Administration. MW150 and MW108 were synthesized and characterized as previously described (44, 119). Both MW108 and MW150 were tested for kinase selectivity using single blinded studies designed to detect cross-over to other kinase members, detectable to a level of approximate 0.5% sensitivity (44, 119). Similarly, cross-over to major G protein-coupled receptor classes were done via cell-based functional screens for agonist or antagonist function. Dose-dependent efficacy, target engagement, and pharmacodynamic effects, as well as high-dose range-finding studies with associated toxicokinetics and observational and histological analyses were also performed. Although both MW108 and MW150 have comparable CNS penetrance (BP ratio ≥ 0.9) and isoform selectivity, we focused our efforts on our two efforts on MW150 due to its superior metabolic stability and bioavailability (44, 119). All p38α MAPK inhibitor treatments were conducted utilizing drug dissolved in sterile saline ( Hospira) in sterile vials (Thermo Scientific) and used at 0.1 mL/10 g body weight for all doses. Vehicle treatments were conducted using sterile saline injections (0.1 mL/10 g body weight, intraperitoneally). Repeated administration regimens of p38α MAPK inhibitors consisted of intraperitoneal, QD for 7 d before behavioral/biochemical analyses. Dosing regimens were selected based upon previous reports of p38α MAPK inhibition utilizing MW150 in vivo (45, 121). Single administration dosing consisted of an intraperitoneal injection or either MW150 or vehicle (sterile saline) 30 min before commencement of behavioral/biochemical assay. Additional time windows for single administration effects were not conducted as part of this investigation.

Animals. Mice on a 129Sv/sv background that are homozygous for sequences encoding SERT Gly56 (WT) or SERT Ala56 proteins were used to test drug and genetic manipulation of p38α MAPK. Littermates homozygous for either variant were obtained from heterozygous dams and sires. All data from animals were derived from multiple cohorts that were bred and analyzed under a protocol annually reviewed by the Institutional Animal Care and Use Committees of Vanderbilt University or Florida Atlantic University. Animals were housed on a 12:12 light-dark cycle and tested during the light phase. Food was provided ad libitum. All studies were performed with male animals because of the 4:1 male bias observed with ASD, the male-specific linkage region that harbors the SLC6A4 gene encoding SERT, and the preponderance of published data demonstrating trait differences in male, SERT Ala56 mice.

Behavioral Analyses. All behavioral experiments were conducted in the Vanderbilt University or Florida Atlantic University Murine Behavior Core using mice that were transferred to the facility between the ages of 5 and 8 wk of age. All mice were between 8 and 16 wk of age at time of testing. All experiments were conducted after at least a 7-d acclimation period. Each experiment was conducted after at least a 30-min acclimation period to the specific testing facility.

Tube Test. The tube test was conducted as previously described (37). Male SERT Ala56 mice and their SERT Gly56 littermates were administered either vehicle (saline, 0.1 mL/10 g body weight, intraperitoneally, acutely or acutely administered) MW108 (5–10 mg/kg, i.p.) or MW150 (5–10 mg/kg, i.p., repeatedly or acutely administered). Animals were trained for 2 d before the testing day. Training days consisted of running the mice through the tube apparatus that consists of a 30-cm-long, 3.5-cm-diameter clear acrylic tube with small, acrylic funnels attached to each end to aid in entry into the tube. Progress completely through the tube in both directions on training days resulted in the mice being placed back into their respective home cages. Mice that did not initially enter the tube were encouraged to walk forward with a gentle pull of the tail. On testing day, pairings were run in both directions as previously described to avoid positional bias and were paired off against all counterparts present in the opposing home cage (37, 68). For each testing bout, randomized mice from the same sex and age cohorts but separate and distinct home cages were placed at the opposite ends of the tube and released. Each subject was declared a “winner” when their respective opponent backed out of the tube. If neither animal backed out of the tube after a time period of 2 min, a draw was declared. Draws were excluded from analysis. All wins and losses were included in analysis of tube-test data.

DOI-Induced Head Twitch. DOI-induced head twitch was conducted as previously described (37). Briefly, male SERT Ala56 mice and their SERT Gly56 littermates were administered either vehicle (saline, 0.1 mL/10 g body weight, intraperitoneally, repeatedly or acutely administered) MW108 (5–10 mg/kg, i.p.) or MW150 (5–10 mg/kg, i.p., repeatedly or acutely administered) under treatments of DOI (1.0 mg/kg, i.p.; Sigma Aldrich) dissolved in sterile saline (0.1 mL/10 g body weight). Thirty-four minutes posttreatment, each respective mouse was placed in a large glass beaker (4 L) containing bedding (1 cm) and two independent reviewers blinded to genotype independently counted head twitches over a period of 15 min. Head twitches were quantified and analyzed.

8-OH-DPAT-Induced Hypothermia. 5-HT1A receptor sensitivity was assessed utilizing treatments of 8-OH-DPAT, as previously described (37). Thirty minutes before treatment with 8-OH-DPAT (Sigma Aldrich), mice underwent their final administration of either vehicle (saline), MW108, or MW150 as described above. Following this injection of either vehicle (saline) or respective p38α MAPK inhibitor, each respective mouse had its core body temperature recorded once every 10 min for a total of 80 min using a BAT12 thermometer (Physitemp, Stoelting). Immediately preceding the third temperature reading, mice were administered 8-OH-DPAT (0.1 mg/kg, subcutaneously, 0.1 mL/10 g body weight). Body temperature was recorded for 1 h posttreatment with 8-OH-DPAT, with recordings conducted every 10 min. This experimental design allowed for us to also determine whether MW108 or MW150 exhibited any effects on body temperature on its own in addition to determine whether MW108 or MW150 administration results in a normalization of 5-HT1A receptor sensitivity in SERT Ala56 mice.
HPLC Analysis of Monoamine Levels. Before assessment of monoamine levels, male, SERT Ala56 mice and their SERT Gly56 littermate counterparts were administered either saline (0.1 mLM g body weight, intraperitoneally, QD × 7 d), MW108 (10 mg/kg, i.p., QD × 7 d), or MW150 (5 mg/kg, i.p., QD × 7 d) before sample collection. Samples were collected by rapid decapitation. Brain regions were isolated and flash-frozen in liquid nitrogen. Bioenergetic amine levels were detected utilizing HPLC through the Vanderbilt Molecular Neurocore facility, as previously described (37). Bioenergetic amines were eluted with a mobile phase consisting of 89.5% 0.1 M TCA, 10−4 M sodium acetate, 10−5 M EDTA, and 10.5% (vol/vol) methanol (pH 3.8). Concentrations were determined using comparisons to injections with known standards.

Western Blotting. Male SERT Ala56 mice and their SERT Gly56 littermate counterparts were treated with either saline (0.1 mL/10 g body weight, intraperitoneally, QD × 7 d), MW108 (10 mg/kg, i.p., QD × 7 d), or MW150 (5 mg/kg, i.p., QD × 7 d) for 1 wk before sample collection. Midbrain samples isolated from these mice after rapid decapitation were flash-frozen in liquid nitrogen and stored at −80 °C until use. Midbrain samples were subsequently homogenized in 350 μL of RIPA buffer (50 mM Tris, pH 7.4, 150 mM NaCl, 1 mM EDTA, 1% Triton X-100, 1% sodium deoxycholate, 0.1% SDS) that contained protease inhibitors (1:100; Sigma Aldrich). Samples were solubilized for 1 h at 4 °C and protein lysates were centrifuged at 14,000 × g for 10 min at 15,000 × g to remove insoluble material. Protein concentrations were determined using the BCA method (ThermoFisher). The concentration of total protein was separated by 10% SDS/PAGE and then transferred to PVDF using a semidry transfer unit (Bio-Rad). Membranes were blocked using 5% dry milk in PBS-T for 2 h at room temperature. Membranes were incubated with primary SERT antibody (#HTG-PP-AF1400; Frontier Institute; 1:12,000 for Western blots) overnight at 4 °C. Immuno-reactive bands were identified by chemiluminescence (Western Lightning ECL; PerkinElmer) and imaged with ImageQuantTM LAS4000 (GE Healthcare Life Sciences). SERT expression was normalized to β-actin and analysis was conducted utilizing ImageJ software.

In Vivo Chronoamperometry. Hippocampal current of SHT mediated by SERT was measured through the use of in vivo chronoamperometry in a manner as previously described (37, 51). Male SERT Ala56 mice and their respective SERT Gly56 littermates were anesthetized using a combination of chloralose (100 mg/kg) and 40 μg of total protein was separated by 10% SDS/PAGE and then transferred to PVDF using a semidry transfer unit (Bio-Rad). Membranes were blocked using 5% dry milk in PBS-T for 2 h at room temperature. Membranes were incubated with primary SERT antibody (HTG-PP-AF1400; Frontier Institute; 1:12,000 for Western blots) overnight at 4 °C. Immunoreactive bands were identified by chemiluminescence (Western Lightning ECL; PerkinElmer) and imaged with ImageQuantTM LAS4000 (GE Healthcare Life Sciences). SERT expression was normalized to β-actin and analysis was conducted utilizing ImageJ software.

Statistics. All statistical analyses were conducted utilizing Graphpad Prism 7. One-way or two-way ANOVA, followed by post hoc Tukey’s, Bonferroni’s, Fisher’s, or Sidak’s multiple comparison tests were utilized where applicable. Two-way repeated-measures ANOVA, followed by post hoc Bonferroni’s multiple comparison tests were utilized to analyze data stemming from 8-OH-DPAT-induced hypothermia assays. McNemar’s tests or χ2 analyses with Yates correction were utilized where applicable for paired control or treatment group comparisons in all tube tests for social-dominance experiments.

Study Approval. All experiments conducted using animal subjects were conducted according to the National Institutes of Health Guide for the Care and Use of Laboratory Animals (124). All experiments involving animal subjects were conducted as preapproved by the Vanderbilt University, Columbia University Medical Center and Florida Atlantic University Institutional Animal Care and Use Committees. Male SERT Ala56 mice and their SERT Gly56 male counterparts were generated using heterozygous breeding pairs in a manner described previously (37). Mice utilized for current studies were weaned at 21 d of age, separated by sex, and housed in cages of three to five mixed-genotype littermates per cage. All mice utilized for studies contained herein were between 8 and 16 wk of age and were age-matched to generate cohorts of animals varying by no more than 4 wk of age. All
animals were randomized and coded and all experimenters were blinded to genotype until after all experiments were completed.

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