Epigallocatechin gallate inhibits angiotensin II-induced endothelial barrier dysfunction via inhibition of the p38 MAPK/HSP27 pathway

Dan YANG1, Jing LIU1, Cui TIAN1, Yong ZENG2, Yue-hong ZHENG3, Quan FANG2, Hui-hua Li1,*

1Department of Pathology, School of Basic Medical Sciences, Capital Medical University, Beijing 100069; 2Department of Cardiology; and 3Department of Vascular Surgery, Peking Union Medical Hospital, Beijing 100730, China

Aim: To investigate the effect of epigallocatechin gallate (EGCG) on angiotensin II (Ang II)-induced stress fiber formation and hyperpermeability in endothelial cells.

Methods: Human umbilical vein endothelial cells (HUVECs) were treated with Ang II in the absence or presence of EGCG or mitogen-activated protein kinases (MAPKs) inhibitors. The resulting stress fibers were stained with rhodamine-phalloidin and examined using confocal microscopy. The permeability of the endothelium was tested with fluorescein-isothiocyanate labeled bovine serum albumin (FITC-BSA), and the phosphorylation levels of several proteins were determined using Western blot analysis.

Results: Ang II (1–100 nmol/L) treatment markedly provoked stress fiber formation and hyperpermeability in HUVECs in a time- and dose-dependent manner. These effects were abolished by pretreatment with the p38 MAPK inhibitor SB203580 10 μmol/L, indicating that the Ang II-induced endothelial barrier dysfunction was via activation of the p38 MAPK/HSP27 pathway. Furthermore, treatment with EGCG (5–25) μmol/L inhibited Ang II-induced activation of the p38 MAPK/HSP27 pathway, thereby reducing endothelial stress fiber formation and hyperpermeability.

Conclusion: Our data demonstrate that EGCG inhibits Ang II-induced endothelial stress fiber formation and hyperpermeability via inactivation of p38 MAPK/HSP27 pathway, and suggest that EGCG may protect against endothelial barrier dysfunction and injury.

Keywords: angiotensin II; epigallocatechin gallate; endothelial barrier function; mitogen-activated protein kinases; heat-shock protein 27

Introduction

The vascular endothelium acts as a barrier and plays an important role in maintaining the integrity of the endothelial surface. Damage to the endothelial barrier results in pathological vascular hyperpermeability, which is associated with changes in the filamentous actin (F-actin) cytoskeleton[5]. It has been previously reported that actin cytoskeleton reorganization, such as disruption of actin filaments and the formation of stress fibers leads to cell contraction and paracellular gap formation, thereby enhancing endothelial permeability. A multitude of growth factors and proinflammatory cytokines, such as the transforming growth factor-beta (TGF-β), thrombin, and tumor necrosis factor-alpha (TNF-α) can trigger downstream signaling pathways that initiate reorganization of the actin cytoskeleton and increase endothelial permeability[2,3].

Angiotensin II (Ang II) is a prominent vasoconstrictor of the renin-angiotensin system that controls cardiovascular homeostasis and regulates cell growth and inflammation[4]. Ang II has multiple effects on endothelial cells, such as production of reactive oxygen species (ROS), apoptotic signaling pathway activation, and thrombosis[5]. Furthermore, Ang II increases vascular permeability indirectly via pressure-induced mechanical injury, increases production of prostaglandins, and increases production of vascular endothelial growth factors (VEGF)[6]. In addition, Ang II can activate mitogen-activated protein kinases (MAPKs), including extracellular signal-regulated kinase 1/2 (ERK1/2), c-Jun NH2-terminal kinase 1/2 (JNK1/2), and p38 MAPK[7]. A recent study demonstrated that Ang II induces actin cytoskeletal remodeling in human umbilical vein endothelial cells (HUVECs) and bovine aortic endothelial cells (BAECs)[8]. Although several studies have shown that the effect of Ang II on actin cytoskeleton is medi-
ated by Rac1\textsuperscript{[9]} and Rho kinase\textsuperscript{[30]}, the mechanisms underlying Ang II-induced endothelial stress fiber formation and hyperpermeability are not well-known.

Epigallocatechin gallate (EGCG), the major catechin that is derived from green tea, protects the cardiovascular system through its anti-oxidative, anti-inflammatory, and anti-thrombogenic effects\textsuperscript{[31]}. It has been suggested that EGCG alleviates Ang II-induced vascular smooth muscle cell (VSMC) hypertrophy by inhibiting JNK1/2\textsuperscript{[12]}. Furthermore, EGCG maintained endothelial barrier function and insulin sensitivity by activating the phosphatidylinositol 3-kinase (PI3K)/AKT/eNOS pathway\textsuperscript{[12–15]}. However, the effect of EGCG on Ang II-induced endothelial stress fiber formation and hyperpermeability remains unclear. In the present study, we determined the role of EGCG in Ang II-induced endothelial barrier dysfunction.

Materials and methods

Chemical reagents

Ang II was obtained from Sigma-Aldrich. Endothelial cell medium (ECM), endothelial cell growth supplement (EGCS), fetal bovine serum (FBS), and penicillin/streptomycin solutions (P/S) were purchased from Sciencell. Anti-ERK1/2, anti-phospho-ERK1/2, anti-p38 MAPK, anti-phospho-p38 MAPK, anti-JNK1/2, anti-phospho-JNK1/2, anti-HEK27, anti-phospho-HEK27, and anti-beta-actin (β-actin) primary antibodies, as well as horseradish peroxidase (HRP)-conjugated secondary antibodies were purchased from Cell Signaling Technology. SP600125 and SB203580 were purchased from Calbiochem. EGCG was purchased from Promega, dissolved in sterile water at a stock concentration of 50 mmol/L, and stored at 4 °C.

Cell culture

HUVECs (Sciencell) were cultured in ECM that was supplemented with 5% FBS, 1% ECGS, and 1% P/S. The cells were maintained at 37 °C with 5% CO\textsubscript{2} in a humidified atmosphere as previously described\textsuperscript{[16]}. HUVECs were harvested between passages 4 and 6 and were subsequently used for the experiments. Before the indicated treatments, cellular growth was halted by serum starvation. The growth medium was removed and replaced with serum-free medium 12 h before experimental treatment.

Western blot analysis

The HUVECs were lysed with extraction buffer (50 mmol/L Tris-HCl pH 7.5, 0.5% Triton X-100, 0.5% NP40, 150 mmol/L NaCl, 2 mmol/L EDTA, 1 mmol/L NaF, 1 mmol/L PMSF, 1 mmol/L NaVO\textsubscript{4}, and 10% protease inhibitors). The extracts were separated by SDS-PAGE on a 10% gel and were transferred to a nitrocellulose membrane. The membranes were soaked in blocking buffer (5% skim milk), incubated with primary antibodies overnight, then incubated with an HRP-conjugated secondary antibody for 1 h. The blots were developed with a chemiluminescent system, and the relative intensities of the protein bands were determined. To quantify the phospho-specific proteins, we normalized the signal to the amount of total target protein and β-actin, as described previously\textsuperscript{[17]}.

F-actin staining

The HUVECs were cultured, fixed with paraformaldehyde, and permeabilized for 5 min with 0.1% Triton X-100. The cells were subsequently incubated with blocking buffer (1% BSA) for 30 min and were stained with rhodamine-phalloidin as previously described\textsuperscript{[16]}. The nuclei were counterstained with the DNA-binding dye 2-(4-aminophenyl)-6-indolecarbamidinechloride (DAPI). The stained HUVECs were visualized under a confocal microscope (TCS SP2 laser-scanning spectral confocal system; Leica Microsystems, Germany) using a 40/1.25 objective.

Permeability assay

The HUVECs were cultured in 24-well plates with transwell inserts (0.4 μm, Costar). Fluorescein-isothiocyanate labeled bovine serum albumin (FITC-BSA, 10 mg/mL, Sigma) was added to the cells in the upper compartment. The cells were subsequently treated with Ang II in the absence or presence of EGCG or MAPK inhibitors, which were added to both the upper and lower compartments. Cell culture medium was removed from the lower compartment at various time points. The concentration of FITC-BSA was quantified with a fluorescence spectrophotometer as described previously\textsuperscript{[16]}. The BSA flux was calculated as a ratio between the fluorescence intensity in the lower compartment and the upper compartment. The data are expressed as a percentage of the control.

Statistical analysis

Each experiment was performed at least in triplicate. The data are presented as the mean±SD. Statistical comparisons were made with the Student’s t-test, and significance was defined as P<0.05.

Results

Ang II induces endothelial stress fiber formation and hyperpermeability

To determine the effect of Ang II on endothelial cells, HUVECs were treated with Ang II at a concentration of 0, 1, 10, or 100 nmol/L for 60 min, or with 100 nmol/L for 0, 5, 15, 30, and 60 min. The formation of stress fibers was determined by confocal microscopy, and the endothelial permeability was assessed with the FITC-BSA assay described in the methods. As shown in Figure 1, F-actin was mostly present in cortical structures and was evenly distributed in the control group (0 min). In contrast, treatment with Ang II markedly induced the formation of stress fibers and endothelial hyperpermeability in a dose- and time-dependent manner, indicating that Ang II may stimulate endothelial barrier dysfunction.

Ang II-induced endothelial barrier dysfunction is dependent upon the p38 MAPK/HSP27 pathway

To elucidate the mechanisms by which Ang II regulates endothelial barrier dysfunction, we examined the levels of
Figure 1. Ang II induces endothelial stress fiber formation and hyperpermeability. (A) HUVECs were treated with Ang II at a concentration of 0, 1, 10, or 100 nmol/L for 60 min. The stress fibers were stained with rhodamine-phalloidin and examined by confocal microscopy (n=3, Bar=20 μm). (B) HUVECs were treated as in A and the endothelial permeability was determined with a FITC-BSA assay (n=4, mean±SD). bP<0.05 vs 0 nmol/L (control). (C) HUVECs were treated with 100 nmol/L of Ang II for 0, 5, 15, 30, and 60 min. The stress fibers were stained and examined as in A (n=3, Bar=20 μm). (D) HUVECs were treated as in C, and the endothelial permeability was determined as in B. bP<0.05 vs 0 min (control).

Figure 2. Ang II induces endothelial barrier dysfunction via the p38 MAPK/HSP27 pathway. (A) Ang II induces activation of the p38 MAPK/HSP27 pathway. HUVECs were treated with 100 nmol/L of Ang II for various periods of time. As shown in Figure 2A, Ang II treatment caused an increase in the phosphorylation of p38 MAPK and HSP27, which reached a peak at 15 min and declined to near basal levels at 60 min. Consistent with the pattern of p38 MAPK and HSP27 phosphorylation, JNK1/2 phosphorylation was increased with Ang II treatment and peaked at 15 min, followed by a slow decline after 60 min (data not shown). In contrast, ERK1/2 phosphorylation was not significantly

p38 MAPK, JNK1/2, ERK1/2, and HSP27 phosphorylation in HUVECs that were treated with 100 nmol/L of Ang II for various amounts of time. As shown in Figure 2A, Ang II treatment caused an increase in the phosphorylation of p38 MAPK and HSP27, which reached a peak at 15 min and declined to near basal levels at 60 min. Consistent with the pattern of p38 MAPK and HSP27 phosphorylation, JNK1/2 phosphorylation was increased with Ang II treatment and peaked at 15 min, followed by a slow decline after 60 min (data not shown). In contrast, ERK1/2 phosphorylation was not significantly
upregulated by Ang II treatment during the 5−60 min time-frame (data not shown).

To further assess which signaling pathway contributes to Ang II-induced endothelial stress fiber formation and hyperpermeability, specific MAPK inhibitors were tested. Since Ang II efficiently stimulates phosphorylation of p38 MAPK and JNK1/2, the cells were pretreated with the p38 MAPK inhibitor SB203580 (SB, 10 μmol/L) or the JNK1/2-specific inhibitor SP600125 (SP, 20 μmol/L) for 30 min prior to incubation with 100 nmol/L of Ang II. As shown in Figure 2B, SB203580 significantly inhibited Ang II-induced phosphorylation of p38 MAPK and HSP27. Although the JNK1/2 inhibitor SP600125 blocked JNK1/2 and c-Jun phosphorylation, it did not decrease HSP27 phosphorylation (data not shown). Furthermore, SB203580 decreased the Ang II-induced formation of stress fibers and endothelial hyperpermeability in HUVECs (Figure 2C, 2D), whereas SP600125 had no effect (data not shown). Collectively, these data indicate that the p38 MAPK/HSP27 pathway plays a critical role in Ang II-induced endothelial barrier dysfunction.

**EGCG inhibits Ang II-induced endothelial barrier dysfunction via inhibition of the p38 MAPK/HSP27 pathway**

EGCG, which is the major catechin derived from green tea, is associated with a reduced risk of cardiovascular disease[11]. Thus, we wanted to determine if EGCG affects Ang II-induced endothelial stress fiber formation and hyperpermeability. The HUVECs were pretreated with 0 to 25 μmol/L of EGCG for 30 min and subsequently stimulated with 100 nmol/L of Ang II. As shown in Figure 3A and 3B, EGCG attenuated Ang II-induced endothelial stress fiber formation and hyperpermeability in a dose-dependent manner, and there was complete inhibition with 25 μmol/L of Ang II. These results demonstrate that EGCG protects against Ang II-induced endothelial barrier dysfunction.

Since activation of the p38 MAPK/HSP27 pathway is required for Ang II-induced endothelial stress fiber formation and hyperpermeability (Figure 2), we next investigated whether EGCG attenuates the Ang II-induced endothelial response via inhibition of the p38 MAPK/HSP27 pathway. HUVECs were pretreated with 0 to 25 μmol/L of EGCG for 30 min and subsequently stimulated with 100 nmol/L of Ang II for 15 min. As shown in Figure 4A and 4B, Ang II significantly induced phosphorylation of p38 MAPK and HSP27. This effect was inhibited by EGCG in a dose-dependent manner; at a concentration of 25 μmol/L, EGCG completely abolished Ang II activation of the p38 MAPK/HSP27 pathway (Figure 4). Collectively, these results demonstrate that EGCG...
suppresses Ang II-induced endothelial barrier dysfunction through inhibition of the p38 MAPK/HSP27 pathway.

**Discussion**

In this report, we demonstrate that Ang II stimulation drastically increased endothelial stress fiber formation and hyperpermeability. These effects were predominantly mediated via activation of the p38 MAPK/HSP27 pathway. Additionally, EGCG treatment inhibited the p38 MAPK and HSP27 pathway and prevented Ang II-induced endothelial barrier dysfunction. Thus, EGCG may protect against endothelial injury.

The MAPKs, including p38 MAPK, JNK1/2, and ERK1/2 play a role in regulating endothelial permeability and barrier dysfunction during various pathological insults[2, 19–24]. p38 MAPK is known to regulate a variety of cellular processes, including inflammation, apoptosis, cell migration, and contraction[25]. It has been shown that pertussis toxin and TNF-α induce p38 MAPK activation in the endothelium, thereby leading to formation of stress fibers and an increase in endothelial permeability[20, 23, 24]. However, there is little information about the role of MAPKs in Ang II-induced endothelial stress fiber formation and hyperpermeability. In the present study, we have shown that Ang II significantly induces formation of stress fibers and endothelial hyperpermeability in HUVECs in a dose- and time-dependent manner (Figure 1). In addition, treatment of HUVECs with Ang II resulted in a significant increase in phosphorylation of p38 MAPK (Figure 2) and JNK1/2 (data not shown); however, no significant changes were observed in the level of ERK1/2 phosphorylation (data not shown). Interestingly, specific inhibition of p38 MAPK with SB203580 attenuated Ang II-induced endothelial stress fiber formation and hyperpermeability (Figure 2), whereas a specific JNK1/2 inhibitor had no effect (data not shown). These data suggest that activation of p38 MAPK is required for Ang II-induced endothelial barrier dysfunction.

HSP27, an actin-binding protein, is closely associated with the regulation of F-actin assembly[25] and is a known central downstream target of p38 MAPK[26]. The activation of p38 MAPK results in activation of MAPK activated protein kinase-2 (MAPKAPK-2), which subsequently phosphorylates HSP27, leading to reorganization of the actin cytoskeleton, and ultimately results in the formation of stress fibers[27]. HSP27 is known to play a critical role in actin polymerization in response to TNF-α and various types of stress, including oxidative stress[23, 26–30]. Similar to the previously published data, our data here show that Ang II markedly induces phosphorylation of HSP27, leading to endothelial stress fiber formation and hyperpermeability. Collectively, these results demonstrate that Ang II induces endothelial barrier dysfunction via activation of the p38 MAPK/HSP27 pathway.

Several studies suggest that EGCG may improve endothelial barrier function through induction of eNOS and NO, which is mediated through the PI3K/AKT pathway[13, 15, 21]. Furthermore, as a potential anti-inflammatory agent, EGCG can prevent the interferon gamma (IFNγ)-induced increase in epithelial permeability, which is a STAT1- and MAPK-independent event[32]. In addition, EGCG effectively alleviates ritonavir (a HIV protease inhibitor)-induced endothelial hyperpermeability, which is related to the ERK1/2 pathway[33]. However, little is known about the effect of EGCG treatment on Ang II-induced endothelial barrier dysfunction and the related intracellular signaling pathways. In this study, we demonstrate that EGCG inhibited Ang II-induced endothelial stress fiber formation and hyperpermeability via inactivation of the p38 MAPK/HSP27 pathway. Interestingly, a recent study demonstrated that EGCG suppresses phosphorylation of HSP27 when stimulated by sphingosine 1-phosphate via attenuation of the PI3K/AKT pathway; however, EGCG does not impact phosphorylation of the p38 MAPK pathway in osteoblasts[34]. Taken together, these results suggest that the effects of EGCG may depend on physiopathological agents and the cells/tissues upon which it acts.

In conclusion, our novel findings provide evidence that Ang II induces endothelial barrier dysfunction via activation of the p38 MAPK/HSP27 pathway. Furthermore, EGCG selectively inhibits Ang II-induced p38 MAPK and HSP27 phosphorylation, resulting in suppression of endothelial stress fiber formation and hyperpermeability. Our observations explain the beneficial effects of physiological concentrations of green tea (≤25 μmol/L) in cardiovascular disease. Finally, our data suggest that the p38 MAPK/HSP27 pathway may be a novel target in the treatment of atherosclerotic cardiovascular disease.

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**Author contribution**

All of the authors guarantee the integrity of the study. Hui-hua LI designed the study concepts; Hui-hua LI, Yue-hong ZHENG, and Dan YANG designed the study; Hui-hua LI, Dan YANG, and Jing LIU researched the literature; Dan YANG and Yong ZENG acquired the data; Dan YANG, Jing LIU, and Cui TIAN analyzed and interpreted the data; Hui-hua LI, Dan YANG, and Jing LIU performed the statistical analyses; Jing LIU and Quan FANG prepared the manuscript; Dan YANG, Jing LIU, Quan FANG contributed to the manuscript preparation; Hui-hua LI, Yue-hong ZHENG, Quan FANG edited the manuscript; and Dan YANG and Jing LIU reviewed the manuscript. The final version was approved by all of the authors.

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