Effect of copper sulphate on the regulation of nitrogen metabolism in the *Rita rita* fish

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**ABSTRACT**

Effect of copper sulphate (CuSO4.5H2O) to Rita rita (catfish) species was investigated using toxicity index of 96 hours LC50 and the quantal response determined by the statistical probit analysis method. In response to the lethality of the copper toxicant, behavioral anomalies (locomotor response) of the exposed fish species were studied as indication of toxic effects of the heavy metal. Fish species shows different mortality responses to the varying concentrations of copper sulphate studied (10 ppm to 50 ppm) due to toxicity. Copper was significantly (no overlap in 95% C.L of 96 hrs LC50 values) more toxic to *Rita rita* fish. 96 hrs LC50 values were revealed to be 34 mg/l. On termination of the experimental period (7 days, 15 days and 30 days) the biochemical analysis: tissue protein; total free amino acids; ammonia; urea and glutamic acid. There is need to control the use of copper because of its observed toxicity and fish avoidance test shows to be an important predictive and sensitive biomarker in aquatic monitoring and pollution management.

**Key words**: Copper sulphate, *Rita rita*, 96 hrs LC50

**INTRODUCTION**

The environment of water is a chief sink for a variety of potentially detrimental chemicals from industrial and domestic sources to which resident organisms are exposed. Copper sulphate (CuSO4.5H2O) is a mixture containing compounds ranging from low molecular weight molecules. Pollutant induced death of organisms depends on the homeostatic-assimilative competence of a given species in dealing with sub lethal effects of toxicants. Early recognition of pollutants effect involves description and evaluation of sub lethal toxic effects which may eventually contribute to mortality (Rudolph *et al.*, 2002).

Copper sulphate is frequently used as an algaecide in commercial and recreational fish ponds to control growth of phytoplankton and filamentous algae, and to control certain fish diseases (Tucker *et al.*, 1990). Conversely, above a particular concentration, copper is toxic to fishes including such cultured species as salmonids, cyprinids and catfishes (Wur *et al.*, 1994).
Consequently, treating plankton with copper compounds might lead to copper bioaccumulation reaching a toxic stage in fish. The toxic effect of copper is correlated to its aptitude for catalyzing oxidative reactions, leading to the production of reactive oxygen species (Lopes et al., 2001).

Fishes are superlative organisms to examine aquatic systems because they engage positions towards the zenith of food pyramids and could, consequently, imitate effect of heavy metals on other organisms including human beings as well as direct stresses on themselves (Van et al., 2003). This study investigates the lethal effects of copper sulphate on the Rita rita by determination of 96-hour LC 50 value.

**METHODOLOGY**

**Acute toxicity study (LC 50)**

The bioassay methods adopted in the present investigation were the same as that of Doudoroff et al. (1953). Rita rita which were collected from the Nerbada River, Hoshagabaad region of Madhya Pradesh. Initially, they were kept in large tanks where a continuous and gentle flow of dechlorinated tap water was maintained. They were fed on a commercial diet and were acclimated in tanks for a month before the experiment.

For experimentation, the laboratory acclimatized fish were sorted into batches of eight each and kept in 50 l glass tanks containing dechlorinated tap water to maintain biomass theory (1g/ l). Water in the tanks was changed daily and aerated to prevent hypoxic conditions lest it may also influence toxicity. During the experimental period the animals were fed on the same commercial diet so as to avoid the effects of starvation on normal physiological processes. For LC 50-1 determination, five different concentrations of copper sulphate (CuSO4.5H2O) (10-50 ppm) were selected. For each concentration, 12 fish were used, exposing two fish at a time in a 40 l capacity glass tank. This procedure was adopted throughout the investigation to maintain biomass theory. Each experiment was repeated six times at the selected copper sulphate concentration, every time noting the number of fish killed at each concentration up to 96 h. The tanks containing control and experimental fish were aerated throughout the experiment to prevent hypoxic condition if any. The average mortality in each concentration was taken to determine the LC 50 by graphic method in which the probit mortality was plotted against log concentration of copper sulphate. From this method, it was calculated that 15 ppm was the LC 50 value for the copper sulphate for Rita rita. Sublethal concentration selected for the experiment was 34 ppm copper sulphate concentration was selected in the present study.

**Biochemical analysis of the tissues and blood:**

On termination of the experimental period (7 days, 15 days and 30 days) the fish were killed by pithing (by damaging the brain and severing the spinal cord between the head and the trunk region using a sharp needle) and the tissues viz., liver, was removed from its body, wiped thoroughly using blotting paper to remove blood and other body fluids. Subsequently they were washed in ice cold 0.33 M sucrose and again blotted dry and desired amount of the tissues were weighed and used. Blood was drawn from the candal vein in 1 ml disposable syringe. The following are the methods used for the biochemical analysis: tissue protein (Lowry et al., 1951); total free amino acids (Moore and Stein, 1954); ammonia (Bergmeyer, 1965) and urea (Natelson, 1971).

**RESULTS AND DISCUSSION**

Effect of 34 ppm concentrations of copper sulphate exposure for four weeks on the protein content, free amino acids, ammonia and urea in the liver of Rita rita fish were studied and the results were statistically analysed by ANOVA followed by LSD (Least Significance Difference).

Two-factor ANOVA revealed an overall significant decrement (p<0.001) in the levels of proteins in different tissues (Fig. 1). The decrease in proteins of different tissues suggests the existence of high protein hydrolytic activity due to the elevation of proteases as observed in the present study. From the results it is clear that when the fish was exposed to 34 ppm concentration of copper sulphate, the impact of protein hydrolysis was exposures. This would lead to an increase in the free amino acid pool (Bayne et al., 1981).
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Table 1: Effect of Copper sulphate on *Rita rita* fish Liver on termination of the different experimental period

| Fish Organs           | 7 Days   | 15 Days  | 30 Days  |
|-----------------------|----------|----------|----------|
| Total Protein (mg/gm) | 57±1.5   | 44±1.2   | 38±1.8   |
| Total Amino Acid (µg/gm) | 36±2     | 34±1.8   | 40±2.1   |
| Total Ammonia (µg/gm) | 36±1.7   | 42±2.2   | 50±1.9   |
| Total Urea (µg/gm)    | 14±1.8   | 17±1.6   | 22±1.9   |
| Total Glutamic Acid   | 22±1.6   | 26±2     | 32±1.8   |

Fig.1. Levels of Total protein in the Liver tissues exposed to 34 ppm copper sulphate of the different experiment period.

Fig.2. Levels of Total amino acid in the Liver tissues exposed to 34 ppm copper sulphate of the different experiment period.
Total Protein:
This result stands in good agreement with the observation reported by Viarengo and Moore (1982), who observed that significantly reduced the protein level and thus disrupted the normal metabolism of the digestive gland. Similar decrement in protein content was also observed when fish were exposed to copper sulphate (Mikhaylova, 1983). The amino acids may be utilised for ATP production in two different ways. They could be converted to keto acid via transaminase and then fed to the TCA cycle. Alternatively they could be channeled into gluconeogenic pathway. Oxidation in Kreb’s cycle meets the higher energy demands under copper sulphate toxic impact.

Total amino acid
The total free amino acid content showed a significant increase (p<0.001) in the tissues of fish exposed to different concentrations of copper sulphate. It was investigated that liver was highly affected because liver is the major site of detoxification. The increase in the free amino acid content is supported by increased proteolytic action caused by the stress due to copper sulphate. From the results it is inferred that the increased free amino acids can be utilised for energy production (ATP) by feeding them into the TCA cycle through aminotransferase reaction, Dange et al. (1985).

![Fig.3. Levels of Total Ammonia in the Liver tissues exposed to 34 ppm copper sulphate of the different experiment period.](image1)

![Fig.4. Levels of Total urea in the Liver tissues exposed to 34 ppm copper sulphate of the different experiment period.](image2)
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Total ammonia:
The rate of ammonia excretion is closely related to the metabolic rate of an animal (Robert *et al.*, 1998). In the present study, a significant elevation ($p<0.001$) of ammonia was observed in the tissues of fish exposed to copper sulphate. Copper sulphate exposure reflecting enhanced utilisation of protein reserves for maintenance and survival. In agreement with this observation, in the present study, there was an elevation in the levels of ammonia which corroborates with the increased levels of protein hydrolysis, since ammonia forms the main end product of protein catabolism (Robert *et al.* 1998).

Total Urea
The levels of urea in the fish exposed to 34 ppm of copper sulphate showed a steady and statistically significant increase ($p<0.001$) over the control in Liver tissues (Fig. 4). The elevation of urea level remained highest under 34 ppm copper sulphate dosed experimental animals. The increased level of urea under copper sulphate stress may be due to the increased degradation of nucleotides (Bayne *et al.*, 1985). Even though fish are mostly ammonotelic there are many reports on the excretion of urea by fish (Wekell and Brown, 1973).

Total Glutamic Acid
The total glutamic acid content showed a significant increase ($p<0.001$) in the tissues of fish exposed to different concentrations of copper sulphate. It was investigated that liver was highly affected because liver is the major site of detoxification. The increase in the free amino acid content is supported by increased proteolytic action caused by the stress due to copper sulphate. From the results it is inferred that the increased glutamic acids can be utilised for energy production (ATP) by feeding them into the TCA cycle through aminotransferase reaction, Dange *et al.* (1985).

CONCLUSION
It may be summarized that the nitrogen metabolism of *Rita rita* dosed with copper sulphate was significantly affected. The elevation in free amino acids, ammonia and urea with corresponding decrease in protein levels in the selected tissues showed the effective operation of regulatory mechanisms in fish exposed to copper sulphate.

Conflicts of interest: The authors stated that no conflicts of interest.

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