Research Article

DNMT3B Expression Might Contribute to Abnormal Methylation of RASSF1A in Larger Colorectal Adenomatous Polyps

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Background. It is pretty well known that DNA methyltransferases (DNMTs) are actively involved in abnormal cell growth. The goal of the current study is to explore the correlation between DNMT expression and colorectal adenomatous polyps (CAPs).

Method. Twenty pairs of CAP samples with a diameter ≥ 10 mm and corresponding normal colorectal mucosa (NCM) tissues from patients were used in the present study. The expression levels and activity of DNA methyltransferases (DNMTs) were measured in the CAP tissues. The global methylation and the promoter methylation level of 3 kinds of tumor suppressor gene were detected.

Results. mRNA and protein levels of DNMT3B were found to be elevated in the CAP tissues compared with the control tissue. Additionally, the methylation of long interspersed nuclear elements-1 (LINE-1/L1) was decreased in the CAP tissue. Furthermore, methylation of the promoter of a tumor suppressor gene Ras association domain family 1A (RASSF1A) was increased in the CAP tissues, while the mRNA levels of RASSF1A were decreased.

Conclusions. These results suggest that the overexpression of DNMT3B may contribute to a role in the genesis of CAPs through the hypomethylation of chromosomes in the whole cell and promoter hypermethylation of RASSF1A.

1. Introduction

Colorectal cancer (CRC) ranks as the fifth and third most commonly diagnosed cancer in the Chinese and American populations [1, 2]. Around the world, CRC is the third leading cause of cancer-related death. Colorectal adenomatous polyps (CAPs) are regarded as CRC precursors and known to be precancerous lesions. Stryker et al. revealed that a very small number of polyps that were initially 2–5 mm in diameter would eventually become invasive carcinomas. They suggested that the diminutive size of most of these polyps might be hyperplastic rather than adenomatous and, thus, not at risk for malignant change. While, in comparison, some colonic polyps ≥ 10 mm in diameter were eventually shown to harbour invasive carcinoma, and the risk of carcinoma approached 25% at 20 years [3]. It has been widely accepted that there are multiple transformations in the colorectal adenoma–carcinoma sequence. Both genetic and epigenetic mechanisms play roles in the stepwise progression from normal to dysplastic epithelium and to carcinoma [4–6].

The silence of tumour suppressor genes or tumour-related genes is one important mechanism caused by epigenetics, which may act as an alternative to genetic mutations, in molecular carcinogenesis [7]. Abnormal epigenetic alterations of DNA methylation should be considered to be a hallmark of carcinomas. DNA methylation belongs to post-synthetic modifications, which take place at the carbon-5 position of cytosine nucleotides in CpG dinucleotides and...
are regulated by DNA methyltransferase (DNMT). Increases in DNMT expression have been found in polyps and may be regarded as a remarkable accrual of genetic instability affairs, accompanied with early events in cell transformation [8]. It is well known that three DNMTs, including DNMT1, DNMT3A, and DNMT3B, are responsible for directing mammalian genomic methylation patterns. While DNMT1 works primarily as a maintenance enzyme, DNMT3A and DNMT3B work as de novo enzymes [9]. Public dataset (https://www.proteinatlas.org) showed that high expression of DNMT1, DNMT3A, and DNMT3B was 46%, 74%, and 80% in CRC, respectively. And DNMT levels correlated significantly with the reduced survival probability. However, it still remains obscure about which DNMTs contribute to the risk of malignant change.

It has been accepted that some colonic polyps ≥ 10 mm have more risk of progression into invasive carcinoma [3]. To clarify the role of DNMTs in the stepwise progression from normal to dysplastic epithelium and to CRC, samples of CAPs ≥ 10 mm were collected and the expression of DNMTs was measured. Carcinogenesis was associated with changes in two distinct opposing DNA methylation affairs: hypermethylation in antioncogene and hypomethylation in global methylation. Long interspersed nucleotide elements (LINE) are 6–8 kb long, have GC-poor sequences, and make up 15% of the human genome. Alu-repetitive elements are shorter, about 300 bp in length, are GC-rich, and make up 10% of the human genome [10]. The methylation level of LINE-1 or Alu can be regarded as the global genomic methylation level. Simultaneously, the methylation levels of LINE-1 or Alu in these samples were detected. Furthermore, the methylation levels of promoters for these three tumour suppressors were estimated. In this study, we revealed that DNMT3B was increased; LINE-1 methylation levels were decreased, while the promoter of RASSF1A was hypermethylated, and its expression was decreased. These epigenetic affairs may be responsible for the formation of bigger colorectal adenomatous polyps, which may be a key step in the adenoma–carcinoma sequence.

### 2. Materials and Methods

#### 2.1. CAP Tissue Sample Collection

Twenty pairs of tissue samples were acquired from CAP patients who had undergone endoscopic resection of polyps between 2017 and 2018 at the Second Affiliated Hospital of Baotou Medical College (Table 1). Consent forms were signed by all participating patients, and this study was approved by the College Ethics Committee.

#### 2.2. Real-Time PCR

Total RNA was prepared using a RNeasy mini kit (Qiagen, Valencia, CA, USA) from CAP tissue and normal colorectal mucosa (NCM) tissue. cDNA synthesis was performed using a Superscript III FIRST Strand synthesis kit (Invitrogen, Carlsbad, CA, USA). The following genespecific PCR primers Table 2 were used for real-time PCR:

| Parameters | Values |
|------------|--------|
| Age        | Mean 57.16 ± 7.07 |
|           | Range 39-69 |
| Gender     | Male 13 |
|           | Female 7 |
|           | Male:female 1.86:1 |
| Site       | Colon 9 |
|           | Rectosigmoid colon 5 |
|           | Rectal 6 |
| Size       | Mean 13 mm |
|           | Range 10–19 mm |
| Histopathological types (%) | Tubular 13 (65%) |
|           | Tubulovillous 6 (30%) |
|           | Villous 1 (5%) |

for 30 sec, 40 cycles at 60°C for 60 sec, and a final extension at 60°C for 2 min in a 50 μl reaction mixture containing 2 μl of each cDNA, 0.2 μM of each primer, and 25 μl 2 X real-time master mix. Real-time analyses were performed in triplicate for each sample-primer set as the CT value. The relative mRNA expression levels were calculated using the DD value (β-actin as control) [12]. In order to further confirm the relative mRNA levels of target genes, the fragments of target genes were cloned into the TA vector as standard, and plasmid DNA (0.1 μg) was cut with 10 units of EcoRI (Takara, Dalian, China). The absolute values of target genes mRNA level were measured as Whelan et al. described [13].

#### 2.3. Immunoblotting

Protein from CAP tissues and NCM tissues was prepared with a RIPA buffer (Beyotime Institute of Biotechnology, Jiangsu, China), and the protein concentrations were determined by the BCA method (Beyotime Institute of Biotechnology, Jiangsu, China). A total of 15 μg of protein was separated on 12% gel using SDS-PAGE, and then gel proteins were electrically transferred onto a nitrocellulose membrane (Roche, Germany), which was blocked with a blocking buffer containing 10% skimmed milk. Primary antibodies against DNMTs (Novus Biologicals, Littleton, CO, USA) and β-actin (Sigma, St. Louis, Mo. USA) were used to bind the target protein. Secondary antibody binding was carried out following the manufacturer’s recommendations. Protein signals on membranes were captured and analysed by Tanon 4600 (Biotanon, Shanghai, China).

#### 2.4. DNA Methyltransferase Activity Assay

Nuclear proteins from both CAP and NCM tissues were purified using the commercial Kit (Epigentek, Brooklyn, NY, USA). The total DNA methyltransferase activities for DNMT, DNMT1, and DNMT3A were measured following the manufacturer’s
instructions of the DNA methyltransferase (DNMT) activity assay kit (Epigentek, Brooklyn, NY, USA). DNA methyltransferase activity analysis was conducted on three different samples and performed in triplicate for each sample.

2.5. Global DNA Methylation of CAP Tissues. It is well known that methylation of repeated DNA elements (REs), such as Alu and LINE-1 elements, can present the genetic global DNA methylation level. A DNA extraction kit (Qiagen Inc., Valencia, CA, USA) was used to isolate DNA from the CAP and NCM tissues. The methylation levels of Alu and LINE-1 were measured by combined bisulfite restriction analysis (COBRA), after the DNA was treated by bisulfite (ZYMO Research, Irvine, CA). The primers of Alu and LINE-1, PCR cycling conditions, and analysis of COBRA product were performed as previously described [11].

2.6. hMLH1, P16, and RASSF1A Methylation-Specific PCR (MS-PCR). hMLH1, P16, and RASSF1A methylation was determined by sodium bisulfite treatment of DNA as described above, followed by MS-PCR. The MS-PCR primers Table 3 and the experimental conditions that were used were identical to those reported [14–16].

Nested PCR was performed, and the results of the methylation levels were analysed as previously described [11]. PCR product (5 µl) was detected by 4% agarose gel electrophoresis with ethidium bromide (EtBr) using ultraviolet (UV) light in a transilluminator.

2.7. Quantification and Statistical Analysis. The resulting data of immunoblotting bands and PCR experiments were collected and analysed as previously described [11]. All data are expressed as mean ± standard deviation (SD). Analysis of variance (ANOVA) or Tukey’s HSD test was used for statistical analysis. A P value < 0.05 was considered to be statistically significant.

3. Results

3.1. DNMT3B Expression Levels Increased in CAP Tissues. To measure the expression levels of DNMTs (DNMT1, DNMT3A, and DNMT3B) in CAP tissues and NCM tissues, we analysed 20 pairs of tissue samples, which included CAP tissue and NCM tissue (obtained sample 10 cm from CAPs [17]), using real-time PCR. Relative expression levels of DNMT3B mRNA were significantly higher in the CAP tissues than those in the NCM tissue (P < 0.05). While, in comparison, no statistically significant difference was observed in relative mRNA levels of DNMT1 and DNMT3A between CAP and NCM tissues (Figures 1(d) and 1(e)). Therefore, consistent with the result from real-time PCR, our data found

| Name   | Forward  | Reverse                        |
|--------|----------|--------------------------------|
| DNMT1  | F: AACCTTCACCTAGCCCCAG         | R: CTGTCCGATTTGCTCTTTCA         |
| DNMT3A | F: GACAAAGATTGCCACAACAG        | R: CCATCTCGAACCACATGAC          |
| DNMT3B | F: AGGGAAGACTCGATCTCCGTC       | R: CGTTCGAAACCACATGAC           |
| P16    | F: ATGAGGCCCTGCGGTGACT         | R: GTAACTATCGGCGGTGGGA          |
| hMLH1  | F: TCTGGGCGAGGGTGTTAC         | R: GCTCTGCCTTTTAAACTCATT        |
| RASSF1A| F: AGGAGGGTTTCAACACGAGG        | R: TGGGAGGTAAAGGAATTG           |
| β-actin| F: CATGTACGGGTCGATCCAGC        | R: CTCTTATGTCACGCAGG           |

Table 2

| Name   | Forward  | Reverse                        |
|--------|----------|--------------------------------|
| FI- hMLH1 | F: GTATTGTTTATAATTGGTGGAT | R: ATTACCAATCAAATTTCTCAACTCTT |
| M-hMLH1 | F: TAAAAAGGAATATTAGGAGAGC  | R: CTTCTAAAAATTACTAAATCTCTTGG |
| UM-hMLH1| F: TAAAAAGAATATTAGGAGAGC   | R: CTTCTAAAAATTACTAAATCTCTTCA |
| FI-P16 | F: GGAGAGGGGGAGAGTATGGT    | R: CTACAAACCTCCTACCACCTT       |
| M-P16  | F: TGGGGGGAATAGGAGTGTTGT    | R: GACCAGGAGCGGGACGTAA         |
| UM-P16 | F: TGGGGGAATAGGAGTGTTGT    | R: CAACCCAAACACACAACTAA        |
| FI-RASSF1A | GGGTACGGGTGGTTGTTTGGT    | R: CCRCAACCTCAAATACCTCAACT    |
| M-RASSF1A| GGGTACGGGTGGTTGTTTGGT    | R: GATTAACCCGTCCTACCT          |
| UM-RASSF1A| GGGTACGGGTGGTTGTTTGGT    | R: AACATAACCAATTTACCACCTACTCT |

Table 3
Figure 1: Continued.
**Figure 1: Continued.**

(c) DNMT3B mRNA level (beta-actin as control)

(d) DNMT1 relative protein abundance (beta-actin as control)
Figure 1: The analysis of DNMT expression levels in CAP and NCM tissues. The relative expression for the mRNA of DNMT1 (a), DNMT3A (b), and DNMT3B (c). The relative protein level for DNMT1 (d), DNMT3A (e), and DNMT3B (f) determined by western blotting protein. (*P < 0.05).
Figure 2: Continued.
levels in the CAP and NCM tissues were 0.00056 (Figures 2(a) and 2(b)). In contrast, as shown in Figure 2(c), DNMT3B activity in the CAP tissues (0.0028 ± 0.00062) was higher than the NCM tissues (0.0017 ± 0.00056) (P < 0.05).

3.3. CAP Tissues Exhibit a Greater Genomic Unmethylation Level than Normal Mucosa Tissue. Methylation levels of Alu and LINE-1 elements, which present the methylation of global genomic DNA, were assessed by COBRA. DNA methylation of Alu and LINE-1 elements was calculated as previously described [11]. The LINE-1 methylation levels in CAP and NCM tissues were 0.569 ± 0.056 and 0.637 ± 0.034 (Figures 3(a) and 3(b)). The LINE-1 methylation level was higher in the CAP tissues compared to NCM tissues (P < 0.05). Finally, the LINE-1 unmethylation levels in the CAP and NCM tissues were 0.605 ± 0.072 and 0.515 ± 0.033 (Figures 3(c) and 3(d)). The LINE-1 unmethylation level was lower in the CAP tissues than in the NCM tissues (P < 0.05). There was a difference between the CAP and NCM tissues in LINE-1 elements DNA methylation and DNA unmethylation levels (P < 0.05). The Alu methylation levels in the CAP and NCM tissues were 0.110 ± 0.054 and 0.096 ± 0.025. There was no difference between these (P > 0.05) (Figures 3(e) and 3(f)).

3.4. CAP Tissues Exhibit Hypermethylation in RASSF1A Promoter Sequences and Lower Expression of RASSF1A mRNA. The promoter methylation levels of RASSF1A, P16, and hMLH1 were asserted by methylation specific PCR (MS-PCR), and the DNA methylation level was calculated as the OD of methylation products/methylation products + unmethylation products. The promoter methylation levels of RASSF1A were increased in the CAP tissues (0.611 ± 0.082) as compared with that in NCM tissues (0.556 ± 0.081). There was a statistically significant difference between these (P < 0.05) (Figures 4(a) and 4(b)). No differences in the promoter methylation levels of P16 (Figures 4(d) and 4(e)) and hMLH1 (Figures 4(g) and 4(h)) could be discerned between the CAP and NCM tissues (P > 0.05).

Real-time PCR was used to detect the mRNA levels of hMLH1, P16, and RASSF1A in the CAP and NCM tissues. RASSF1A mRNA expression levels in CAP tissues (0.047 ± 0.007) were found to be nearly two times lower than those of the NCM tissues (0.083 ± 0.016) (P < 0.05) (Figure 4(c)). There were no differences in P16 (Figure 4(f)) and hMLH1 (Figure 4(i)) mRNA levels in the CAP and NCM tissues (P < 0.05).

4. Discussion

DNA methylation patterns, catalysed by DNMTs, are characteristically stable in somatic cells and are changeable in cancer cells [11]. Aberrant DNA methylation pattern is one of the most consistent epigenetic changes in human cancers. Generally, cancer cells have features of global DNA hypomethylation. At the same time, hypermethylation was found in some specific gene promoter regions in cancer cells [18, 19]. Interestingly, both the decrease of the global methylation level and increase of some tumour-associated gene
Figure 3: Continued.
Figure 3: Global methylation of LINE-1 and Alu in CAP and NCM tissues. (a) Representative electrophoresis images of COBRA products (LINE-1 DNA sequence + TaqI digestion). (b) The statistical analysis showed the rate of DNA methylation in the LINE-1 DNA sequence has a difference between CAP and control tissues (\( P < 0.05 \)). (c) Representative electrophoresis images of COBRA products (LINE-1 DNA sequence + Tsp509I digestion) in agarose gel. (d) The statistical analysis showed the rate of DNA unmethylation in the LINE-1 DNA sequence has a difference between CAP and control tissues (\( P < 0.05 \)). (e) Representative electrophoresis images of COBRA products (Alu DNA sequence + MboI digestion). (f) The statistical analysis showed the rate of DNA methylation in Alu DNA sequence did not exhibit any difference between CAP and control tissues.
Figure 4: Continued.
Figure 4: Continued.
promoters were found in CAPs [20, 21]. Therefore, DNMTs may be a critical regulator in the process of multiple alterations in the adenoma–carcinoma sequence. Huang et al. reported that DNMTs were upregulated in para-CRC tissues [17], and it has been well established that total DNMTs were found to be at a 60-fold increase in premalignant CAPs [8]. However, it still remains unclear as to which subtype of DNMT contributes as a pivotal role in the adenoma–carcinoma sequence.

DNA methyltransferase expression and activity in 20 pairs of CAP samples with a diameter ≥ 10 mm was analysed in the current study. mRNA expression of the DNMTs was measured by Q-PCR, with only DNMT3B showing significant upregulation levels in the CAP tissues. DNMT3B protein levels were increased in 12/20 of the CAP patients. Similar to our results, using an immunohistochemical method, Ibrahim and his colleagues found that DNMT3B expression increased significantly from normal to hyperplastic, from CAP to CRC samples [22]. On the contrary, Eads and his colleagues found DNMTs, including DNMT3B, were increased or not in tumours when RNA levels had normalized using different housekeeping gene controls. Their data
implied that the upregulation of DNMT gene expression did not significantly contribute to the establishment of tumour-specific abnormal DNA methylation patterns in CRC [23]. This discrepancy could be due to mRNA level changes which did not always directly reflect the protein levels. At the same time, DNMT3B polymorphism may be responsible for susceptibility to colorectal adenomatous polyps and adenocarcinoma [24, 25]. These results suggest that there is a potential relationship between increased DNMT3B expression and tumour transformation from normal cells to conventional adenoma cells.

DNMT expression and global genomic methylation levels of CAPs with a diameter ≥10 mm were investigated in this study, and it is well known that some colonic polyps ≥10 mm have more risk of becoming an invasive carcinoma [3]. Qasim and colleagues reported that the global genomic methylation level was significantly lower in large size adenomas (≥10 mm) than in small-sized ones [26]. Repetitive DNA elements contain much of the CpG methylation and represent the global genomic methylation level. About 45% of genomic DNA is repetitive DNA elements, such as ALU and LINE-1, and the methylation levels of repetitive DNA elements have been considered to represent the level of 5-methylcytosine in the genome [27]. The lack of DNA methylation in repetitive DNA elements may be the main cause of global hypomethylation, a feature of most human cancers [27]. Jiang et al. reported that the hypomethylation of LINE-1 in polyps from colorectal patients was associated with the presence of synchronous CRC [20]. Sarabi and Naghibalhossaini found that there was a positive correlation between the expression of DNMT and the global DNA methylation level in CRC cells [28]. In the current research, the methylation levels of LINE-1 were decreased in the samples where DNMT3B was increased in the CAP tissues (≥10 mm). Therefore, the global genomic methylation level and the expression DNMT3B may be involved in the stepwise progression of adenoma–carcinoma. Inhibitors of the DNMTs have been used in a clinical setting in myelodysplastic syndrome [29]. Thus, our findings implied that DNMT inhibitor may be used as a potential epigenetic therapy in larger CAP to interrupt the stepwise progression of adenoma–carcinoma.

Aberrant DNMT expression may increase some antioncogene promoter methylation levels which lead to the silence. In the present study, we focused on the methylation levels of three genes, which have been suggested to play roles in the development of CRC. Human Mut L homologue1 (hMLH1), Cdkn2A/p16, and Rassf1A are these genes belonging to DNA repair genes or tumour suppressor. Some reports found that there were aberrant hypermethylation in the promoters of certain tumour suppressor and DNA repair genes, and it silenced the expression of them in CRC and CAPs [30, 31]. It was found that in hMLH1, a DNA repair gene, promoter methylation showed a stepwise increase in normal colon mucosa, adenoma, and carcinoma, respectively [31]. The frequency of Cdkn2A/p16 promoter methylation was very rare in normal colorectal tissue, and the hypermethylation of the Cdkn2A/p16 promoter led to the development of invasive carcinomas [32, 33]. Cdkn2A/p16 hypermethylation was found in 38% of CRCs and was not found in CAPs and normal serum [34]. Rassf1A is functionally involved in cell cycle control, and its DNA methylation has been associated with CRC development [35, 36]. In the current study, the methylation levels and expression of hMLH1 and Cdkn2A/p16 did not show any difference between CAP and NCM tissues, while Rassf1A expression was decreased and its promoter was hypermethylated. Therefore, the hypermethylation of Rassf1A leads to its expression decrease, which may contribute to the development of bigger CAPs. At the same time, Palakurthy et al. proved that the overexpression of DNMT3B correlated with the hypermethylation and silencing of Rassf1A expression [37]. On the other hand, decreased DNMT3B can facilitate the demethylation of the Rassf1A promoter and restore its expression [38]. Thus, the overexpression of DNMT3B may be responsible for the hypermethylation and silencing of Rassf1A in the formation of bigger CAPs.

It is well known that epigenetic and genetic alterations contribute to the process of adenomas to malignant carcinoma. Kirsten rat sarcoma viral oncogene homolog (KRAS) and V-raf Murine Sarcoma Viral Oncogene Homolog B1 (BRAF) were regarded as genetic biomarkers in CRC. BRAF is an immediate downstream effector of KRAS in the MAPK signaling pathway [39]. It is well known that some potential molecular targets for cancer diagnosis and treatment are in the MAPK signaling pathway, and these targets play important roles in neoplastic gastrointestinal tissues as well [40]. Fujishita et al. found that MEK/ERK signaling plays key roles in intestinal adenoma formation in ApcΔ716 mice [41]. Yuen et al. reported that BRAF mutations are biologically similar to RAS mutations in colorectal cancer because both occur at approximately the same stage of the adenoma–carcinoma sequence [42]. Dehghanizadeh et al. found that BRAF mutation correlates with a reproducible unique DNA methylation signature in sessile serrated polyps using exome sequencing [43]. The coexistence of KRAS and BRAF mutations may have profound clinical implications for disease progression and therapeutic responses [40, 44]. The activation of the MAPK pathway associates with the invasive behavior of several tumours and that hyperstimulation of several tyrosine kinases and MAPK has been found in solid. Prospective clinical trials including the inhibitor of the MAPK pathway, a potential clinical target, may be considered in the treatment of certain cancer [45]. So, there should be many different and complicated molecular mechanisms involved in epigenetic and genetic changes, which can affect cell behavior, cell environment, and contribute to the adenoma–carcinoma sequence. We found an epigenetic mechanism that the overexpression of DNMT3B may be involved in the formation of larger CAP. Genetic mechanism, such as KRAS and BRAF mutations and others, may be needed to clarify in bigger CAP in our further study.

5. Conclusion

DNMT3B overexpression is associated with the hypomethylation of LINE-1 and the hypermethylation and silencing of Rassf1A expression in bigger CAPs. Our findings
demonstrate that DNMT3B should play a critical role in the stepwise progression from normal to dysplastic epithelium. Considering that DNMT3B is a potential target of biomarker and chemoprevention, the results of this study may have considerable clinical implications.

**Data Availability**

The (western blot, real-time PCR, MS-PCR, ELISA, and COBRA) data used to support the findings of this study are included within the article.

**Conflicts of Interest**

The authors declare that there is no conflict of interest.

**Authors’ Contributions**

Na Liu, Wei Zhang, Jingjie Zhang, and Yanbin Jia conducted the experiments. Guo Shao designed the experiments and drafted the manuscript. Xianmei Meng and Tong Dang designed the experiments. Kerui Gong revised the manuscript critically. Xianmei Meng and Na Liu contributed equally to this work.

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**Supplementary Materials**

S Figure 1: the absolute quantification of DNMTs expression levels in CAP and NCM tissues (Supplementary Materials)

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