Cervical Cancer and Human Papillomavirus Vaccine Knowledge, Utilisation, Prevention Educational Interventions and Policy Response in Nigeria: A Scoping Review

Yetunde O. John-Akinola, PhD¹, Chizoma M. Ndikom, PhD², Mojisola M. Oluwasanu, PhD¹, Temitayo Adebisi, MSc³, and Oluwaponmile Odukoya, MPH⁴

Abstract

Purpose: This review evaluated the knowledge, utilisation, prevention education, and policy response across the six geopolitical regions of Nigeria to inform national efforts for the prevention and control of cervical cancer.

Methods: A keyword-based systematic search was conducted in PubMed/MEDLINE (NCBI), Google Scholar, and AJOL electronic databases, including a manual scan of papers, journals and websites to identify relevant peer-reviewed studies. Articles were screened and assessed for eligibility.

Results: Many (158) articles were downloaded and after duplicates were removed, 110 articles were included in the final analysis. These were made up of qualitative, quantitative (cross-sectional), intervention and policy studies. Studies have generally reported poor knowledge and awareness of cervical cancer screening but those carried out in urban areas demonstrated a slightly higher level of awareness of Human Papilloma Virus (HPV) vaccine, HPV vaccination uptake and utilization of cervical cancer preventive services than the rural studies. The studies did not show strong government support or policies in relation to cervical cancer control.

Conclusion: Knowledge and uptake of cervical cancer preventive services across diverse groups in Nigeria remain poor. These could be linked to socio-cultural factors, the lack of an organised cervical cancer screening programme and low financial resource pool for cervical cancer prevention. Therefore, it is necessary to increase government, donor prioritisation and political support in order to ensure increased investment and commitment to cervical cancer elimination in Nigeria.

Keywords
prevention education, knowledge, screening, uptake, policy response

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¹Department of Health Promotion and Education, Faculty of Public Health, College of Medicine, University of Ibadan, Ibadan, Nigeria
²Department of Nursing, College of Medicine, University of Ibadan, Ibadan, Nigeria
³Department of Radiation Oncology, University College Hospital, Ibadan, Nigeria
⁴Department of Radiation Oncology, College of Medicine, University of Ibadan, Ibadan, Nigeria

Corresponding Author:
Yetunde O. John-Akinola, PhD, Department of Health Promotion and Education, Faculty of Public Health, College of Medicine, University of Ibadan, Queen Elizabeth Road, Ibadan 200221, Nigeria.
Email: zfsay@yahoo.com

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Background

Globally, cervical cancer (CC) is one of the leading gynecologic malignancies of public health concern with approximately 570,000 new cases in 2018 and with 80% of these occurring in low- and middle-income countries. Over 99% of cervical cancer cases have been linked to infection with the Human Papillomavirus (HPV). According to recent projections, the number of new cases will increase to 700,000 by 2030 while annual deaths from the disease will rise from 311,000 to 400,000. Higher incidences and mortality rates have also been documented in the SSA region compared to other regions of the world, with over 75,000 annual new cases and an estimated 50,000 deaths per year. In Africa, cervical cancer affects 27.6 per 100,000 women annually, and a significant proportion - 17.5 per 100,000 women results in death compared to its incidence of 6 new cases per 100,000 women among the African American population. The West African region has an age-standardized incidence rate of 31.5 per 100,000 women, mortality rate of 17.9 per 100,000 women and the prevalence of the Human Papilloma virus in the general population is 17.9%. Nigeria is Africa’s most populous country located in the West African region and data from the Cervical Cancer Global Crisis Card ranks her as the 5th leading nation with the highest death count from cervical cancer, after India, China, Brazil and Bangladesh. Data from two population-based cancer registries in Nigeria showed that the age standardised incidence rate for cervical cancer is 34.5 per 100,000. Nigeria is faced with similar challenges like other Low Health Development Index nations, with 44,699 deaths and 73,417 new cases of cervical cancer in women in 2020. Cervical cancer contributed 12,075 which is 9.7% of new cases and 7968 (10.1%) cancer deaths in Nigeria in 2020, making it the second most common cancer after breast cancer. Most, over 70% of patients with cervical cancer present late at the invasive stage of the disease leading to poor outcome. All the six geopolitical zones in Nigeria (South-east, South-west, North-east, North-west and North-central) are faced with similar circumstances with regards to cervical cancer screening access and uptake. Prevention remains the major strategy to tackle the growing burden of cervical cancer in Nigeria. The World Health Organisation Global Strategy for the elimination of cervical cancer proposes ambitious targets aimed at ensuring girls are fully vaccinated with the HPV vaccine, women are screened, and those with precancerous lesions or cervical cancer are treated. These approaches have contributed to the significant decrease in cervical cancer burden in developed countries.

However, many sub-Saharan African countries have been unable to attain a reduction in the cervical cancer burden due to resource limitations and implementation challenges thus underscoring the global inequities. Most African countries like Nigeria have developed strategic plans for cervical cancer control, but these have not been well implemented using best practices except for South Africa. For example, “There is still no national policy or programme regarding cervical cancer screening in Ghana and that could be contributing to the persisting low patronage of cervical cancer screening in Ghana.” It was documented that South Africa has a national policy document with a structured cervical cancer control programme, which is well implemented. The policy has good algorithms that guide cervical cancer screening unlike most other African countries. This is compounded by the complex interplay of socio-cultural, biological and health systems factors. In Nigeria, routine population-based screening programmes are lacking, and this contributes to less availability of screening facilities and late detection of the disease. Furthermore, HPV vaccination has not been fully integrated into the national vaccination schedule in Nigeria and this is currently provided to female clients at an average cost of $13 per dose, which is beyond what most Nigerians can afford thus limiting its availability and affordability.

Several studies have been conducted in Nigeria to identify factors influencing the uptake of HPV vaccination and cervical cancer screening. However, these have been limited in scope and geographic coverage. Furthermore, there are no national or regional data on HPV vaccination uptake and cervical cancer screening in Nigeria. Given the public health burden of cervical cancer in Nigeria, it is imperative to examine individual-level behavioural factors within and across the geopolitical regions to provide a holistic overview and understanding of cervical cancer prevention and control in Nigeria and appropriate interventions. This article aims to comprehensively analyse knowledge, utilisation, prevention education and policy response across the six geopolitical regions of Nigeria, and to suggest actionable solutions to inform national efforts for the prevention and control of cervical cancer in Nigeria.

Methodology

This review was done with available original research studies. No ethical approval was required.

Description of the Study Setting

The review focused on studies conducted in Nigeria, Africa’s most populous country. Healthcare delivery in Nigeria remains the responsibility of the three tiers of government: the local, state and federal government. The primary health care system is managed by the local government with support from the state ministries of health. The secondary health care system is managed by the state ministries of health and patients are often referred from the primary health care or private facilities. This is the
first level of specialty services and is available at different divisions of the state. The Federal government manages the tertiary facilities which provides the highest level of care. These include teaching hospitals and specialist hospitals.

**Information Sources and Search Strategy**

We searched PUBMED, Google Scholar and AJOL and sourced for original research articles that were published in the last 10 years. We included studies that reported awareness/knowledge/acceptability/willingness of cervical cancer screening and HPV vaccination in Nigeria.

Databases (PubMed/MEDLINE (NCBI), Google Scholar) and AJOL were searched for records in English. We divided the review topic into the following concepts: 1) cervical cancer, 2) HPV vaccine, 3) educational intervention and 4) prevention education. We adopted suitable MeSH terms and truncated keywords and employed Boolean operators AND/OR to link the concept and associated terms in the following way: (Cervical cancer) AND (Knowledge OR Awareness OR Acceptability OR Willingness) AND (Nigeria[Tiab]) (Figure 1 shows details of the search strategy). The authors further manually searched reference lists identified in relevant publications, journals and websites.

**Eligibility Criteria**

For a study to be eligible, it had to be a peer-reviewed research, written in English language, human studies, primary research in Nigeria and included female or other participants. Articles that reported in their aims, primary outcome (quantitative studies) or main theme (qualitative studies) on cervical cancer screening and HPV vaccine (knowledge, awareness, acceptability or willingness, educational intervention, prevention education, policy (ies) OR effect of intervention on knowledge and/or acceptability) were included. Of the one hundred and eighty studies which were published between 2012 and until the final search date mid-2021, 110 met the criteria and were included.

**Study Selection**

Articles that were included were checked and double screened at two stages; title and abstract, and full-text review. The authors discussed to resolve the variance of opinions at each stage.

**Scope of the Review**

The team searched for studies that reported on cervical cancer screening and HPV vaccine awareness, knowledge, acceptability and willingness, HPV vaccine; educational intervention and policy. Interventional studies were also reported. Results regarding literature and systematic reviews, knowledge or awareness of cervical cancer alone, treatment of cervical cancer, risk factors for HPV infection and general screening for all cancer types were not included. In addition, the search strategy did not focus on studies related to prevalence and mortality of cervical cancer.

**Data Extraction, Data Charting Process and Data Items**

Each study was independently reviewed to assess its consistency with the review objectives. Four authors extracted data independently, and data plotting fields for data on awareness, knowledge, utilization, willingness and prevention education included; authors’ names; title of paper; publication year; journal; volume; issue; geopolitical region; state; LGA; study setting; type of study; primary aim of the paper; study population; sample size; sampling technique; results; statistical test; predictors/co-variates for cancer screening and uptake/non-uptake of HPV vaccination; conclusion; study limitation.

**Study Characteristics**

A total of 158 studies was downloaded after which each article was screened to avoid duplication and exclude studies not relevant to the search objective. At the end of this stage, we were left with a total of 118 articles covering all the six geopolitical zones of Nigeria. For HPV vaccination, the South-west returned (27 studies), followed by South-east (15 studies), North-central (8 studies) and South-south (6 studies). Two studies covered the North-east, while the North-east had the lowest coverage with just one study. Twenty four studies were conducted in an urban setting, hospital based with 14 studies, sub-urban (7 studies), 2 studies were carried out in rural settings while 6 studies were carried out in a mixed setting. All studies were carried out between one and three years.

For cervical cancer screening, 35 studies were retrieved for southwest, 19 for southeast, 13 for north central, 5 for north west and south south with just one study from north east. Most studies were conducted in urban setting (33), hospital based with 11 studies, sub-urban (9 studies), 7 studies were carried out in a rural settings and (8) studies were from mixed settings. All studies were carried out between one and three years.

**Results**

**Study Designs of Included Research**

Both observational (descriptive) and interventional studies (quasi-experimental intervention studies) were included in the review. A total of 110 studies were included, which consisted of: 6 qualitative, 95 quantitative (cross-sectional) and 9 intervention studies. Study research methods included: focus group discussions, in-depth interviews, surveys using questionnaires and intervention-control assessment intervention
studies. The study designs limit the level of evidence available on the topic.

**Population and Geographic Locations of Included Research**

Overall data were reported from approximately 23,607 study participants. Study population included women aged 15 and older, women participating in mass cervical cancer screening in community, institutional and hospital settings, HIV positive women, female attendees of the antenatal and gynaecological clinics, female sex workers, female secondary school students, mothers of female adolescents (aged 10-19 years), health care professionals and medical students students, fathers and husbands.

Studies took place in all the six geo-political zones of Nigeria. The studies were done in urban, rural or a mixture of both settings.

**Quality of Research Overall**

A systematic quality assessment of the articles was not performed since this is not a required activity in a scoping review. The emphasis was a comprehensive coverage of available information rather than a synthesis for evidence-based healthcare.

**Awareness and Knowledge of Cervical Cancer Screening and HPV Vaccine**

**Awareness and knowledge of cervical cancer screening**

Several researchers assessed the awareness and knowledge of cervical cancer screening among various groups in Nigeria.33-73 Fourteen in the south east34,38,43,48,49,51,52,57-63, one in the north central53 north east55 and south south;56 fourteen in the south east34,38,43,48,49,51,52,57-63, with thirteen in the southwest. The studies reviewed, generally showed poor awareness and knowledge of cervical cancer and screening across all the geopolitical zones of Nigeria.

In a cross-sectional study carried out among market women in a sub-urban area of Northwest, Nigeria,43 it was reported that more than 68% of the respondents were aware of cervical cancer screening before the study, but 43.5% of those aware of the screening had good knowledge of it. In another study44 in an urban setting in south east Nigeria, it was reported that only 19.0% of those who were aware of cervical cancer screening (55.2%) had ever taken the test. In another study in an urban area of south south, Nigeria, among in-school female adolescents, the authors reported that majority of the students had poor awareness (14.8%) and knowledge of risk factors (2.4%) and causes of cervical cancer, but fair knowledge of prevention and treatment of cervical cancer pre-training intervention. However awareness (97.8%) and knowledge (93.4%) of students was significantly increased after a training intervention.45 Studies that have reported good knowledge and awareness (greater than or equal to 60%) were majorly carried out in urban areas of south east and south west Nigeria41,43,44,56,60,65 and one in a rural area in north central Nigeria.36

**Awareness and Knowledge of HPV Vaccine**

Many researchers in a bid to investigate the reasons for low uptake of human papilloma virus (HPV) vaccine have assessed knowledge and awareness of the vaccine. A study that assessed the knowledge, practice and acceptability of HPV vaccine among parents of in-school adolescent girls in north central, Nigeria reported that only 35.1% were aware of HPV vaccine and many (58.7%) had never heard of the...
vaccine. Other studies that assessed HPV vaccine awareness and vaccination history among women in an outpatient clinic in south west, and among women in south west and north central, Nigeria, reported awareness of (35% and 11.8% respectively) for HPV vaccine among the groups.47-49 Another population study in south west and south east, Nigeria,49 reported that only 31.97% of respondents having ever heard of HPV, while only 9.91% knew the correct name for the vaccine. However, a hospital based survey that assessed the knowledge, belief and practice of cervical cancer screening and prevention among 1200 women in north east Nigeria57 reported that 90.3% of women were aware that HPV infection could be prevented by HPV vaccination but majority were not vaccinated.

Also, a survey among a heterogeneous sample of health care providers,50 revealed that less than half (44%) of the health care providers had knowledge of HPV vaccine. In another study that assessed the knowledge and perception of Obstetricians and Gynaecologists towards human papilloma virus vaccination in Nigeria (employing consultants, senior and junior residents), the majority (85%) of the physicians had knowledge that HPV vaccine could prevent cancer of the cervix and were willing to recommend the vaccine for their prospective clients.51 However, less than half (44.5%) had adequate knowledge of the vaccination protocol.

Overall, knowledge of HPV vaccine was not high: only six of nineteen studies reported good knowledge among respondents. However, studies carried out among health care professionals reported good knowledge.51,52 In comparing the awareness and knowledge statistics of HPV vaccine, it could be implied that awareness did not translate to good knowledge.53,54 We recommend that emphasis should be placed on population level educational interventions for improved HPV vaccination awareness and knowledge.

Acceptability and Willingness of Cervical Cancer Screening and HPV Vaccine

Acceptability and willingness of cervical cancer screening

In this section, the context of willingness or acceptability of HPV screening were assumed as same term because literature uses both terms interchangeably. Many of the studies reviewed reported high acceptability and willingness for cervical cancer screening services.

Over 50% of the respondents in eight studies were willing to undergo a screening test.55-62 However, in some studies where respondents had high willingness to screen (88.9%), about seventy percent would require the consent of their spouses.64 This was similarly noted in a study55 where 81% reported the likelihood of going for screening but their decision could be influenced by husbands (58.1%), physicians (49.5%) and co-workers (48.3%). It was also reported that 64.1% women considered it important to discuss screening with their spouse.66 In a pre-screening assessment, a high level of cervical cancer screening willingness and acceptability was reported at baseline in an intervention study,63 and although there was an increase following intervention, the changes were not significant.

Nonetheless, in other studies, women indicated unwillingness for cervical cancer screening using Pap smear test in the future.67 The feeling of embarrassment (94%), high cost (45.2%) and lack of access to screening centres (35%) were some reasons for refusal.68 However, it was reported that there was acceptability of cervical cancer screening when HPV DNA based tests were incorporated into routine antenatal care.69 This suggests that employing implementation science research could enhance integrating this evidence into routine practice. Furthermore, high acceptability was reported in a study that employed self-sampling method.70 However, a decline in willingness and acceptability of respondents was noted if a fee was attached.64 Two studies however documented that respondents considered it important to pay for screening.66,71

The studies in the south west and north central geopolitical zones all had high willingness and acceptability to screen. Howbeit across all zones, only studies in the south east took into cognisance the cost of screening. Although many studies reported high willingness, this needs to translate into practice for a reduced morbidity and mortality rates. This could be achieved by addressing the mitigating factors influencing willingness, in addition to local advocacy campaigns to alter this disparity.

Acceptability and Willingness of HPV Vaccine

The HPV vaccine prevents pre-cancer lesions by preventing infections. The willingness and acceptability of the vaccine remains an important aspect that could translate to uptake. There was high willingness among parents to vaccinate their female children,42,50-52,72-76 and to recommend the vaccine to others (91.0%).72 In addition, at baseline in an experimental study in north-central Nigeria, 73.9% (experimental group) and 83.1% (control group) of the mothers were willing to accept HPV vaccination for their adolescent daughters.73 However, in another study in north central Nigeria, 44.9% women were not willing to vaccinate their children with HPV vaccine.46 Various women however, including health professionals, were willing to be vaccinated.49,61,78,79

The studies reviewed did not cut across all geopolitical zones and although many parents were willing to vaccinate their daughters, the cost, availability, accessibility, sociocultural and religious factors and other limiting factors for HPV vaccination contributed an important role in eventual uptake. Therefore, there is the need for more studies in other parts of the country, including the northern and south south
regions, to allow for regional comparison and for a more robust overview.

Cervical Cancer Screening and Human Papilloma Virus Vaccination Uptake

Uptake of cervical cancer screening and HPV vaccination are fundamental for any cervical cancer preventive packages. Structured programmes aimed at reducing cervical cancer are divided into four (4) stages of prevention; primary (vaccination against HPV), secondary (screening and treatment of pre-cancerous lesions), tertiary (diagnosis and treatment of invasive cervical cancer) and palliative care. Even though cervical cancer screening is very critical in successful prevention of the disease, the services are not readily available in developing countries. Suboptimal coverage and constraints of accessibility to services offering screening and preventive treatment contribute to this challenging public health situation.

Utilisation of various screening services makes early detection possible thereby making invasive cervical cancer preventable as well as effective reduction in mortality rate. The level of progress and disparity in reduction of cervical cancer between developed and developing nations could be linked with the utilization of screening services, and the uptake of the screening services has not been quite encouraging in Nigeria.

Cervical Cancer Screening Uptake in Nigeria

Studies from across various regions in Nigeria have reported that the proportion of women who have ever used cervical screening services ranged between .6% to 19% with most studies reporting less than 10% which is quite dismal. In a study among women attending the gynaecological clinics of health facilities in south east Nigeria, it was reported that only 19.0% out of 3712 had utilised screening services. Despite being hospital patients with gynaecological problems, yet most of them were not screened for cervical cancer. Similar study in the south east region reported a range of .6 to 12.2% screening among women. In south west Nigeria, the pattern of uptake was similar to other regions that had reported a range of 3% to 12.2% uptake of cervical cancer screening among the women.

The situation was similar in Northern Nigeria; a study among market women in Niger state showed that only one respondent (1.1%) had ever done Pap smear before. From a study among Federal Civil Servants in north central Nigeria, uptake of Pap smear test among the population was 10.2%. While it was reported that only 8.0% of the women studied had ever been screened for the disease. They further reported that screening for cervical cancer was significantly higher among respondents who had positive attitude towards screening, who were aware of cervical cancer screening, as well as those who were aware of cancer of the cervix.

Human Papilloma Virus Vaccination Uptake in Nigeria

Vaccines prevent cervical cancers, but not much has been achieved in the area of uptake of HPV vaccines in Nigeria. Less progress has been achieved for uptake of HPV vaccination among parents/caregivers of female children in south-east, Nigeria. Accessibility and affordability were the most common challenges among those aware of the vaccine. An improvement in HPV vaccination uptake from .9% to 33.2% was reported among girls aged 9-13 years after a quasi-experimental study in south east Nigeria. Poor HPV vaccination uptake was reported in studies in south west Nigeria, south south, north central, north east and the capital city-Abuja, Nigeria.

It can be deduced from these studies that HPV vaccination uptake and the utilisation of cervical cancer preventive services in Nigeria is generally poor. This has been shown to be due to some barriers, including lack of awareness, cost and accessibility. Associations between perception and uptake of HPV vaccine and parental approval and readiness for HPV vaccine uptake has been documented in a study.

Prevention and Educational Interventions for Cervical Cancer and HPV Vaccination

Educational Interventions for HPV and cervical cancer screening

Behavioural interventions that employ educational delivery methods have a potential to influence positive outcomes, however few studies that employ educational or communication methods for cervical cancer prevention, especially HPV vaccination, have been documented. Few studies in Nigeria have employed educational interventions to improve the uptake of both cervical cancer screening and HPV vaccination in the last 10 years. Most studies have focused on cross sectional surveys to highlight the level of awareness, knowledge, willingness, acceptability and uptake of both cervical cancer screening and HPV vaccination. These studies have shown a dearth of knowledge about cervical cancer, HPV and HPV vaccination among Nigerian adolescents, women, and in rural communities.

More of the educational intervention studies have focused on increased awareness and knowledge of cervical cancer risk factors, symptoms, treatment, causative agent/virus and preventive strategies. More of these educational intervention studies have targeted cervical screening knowledge and uptake, among women at community levels and health care workers (nurses). Fewer studies have targeted increased HPV vaccination. Educational intervention strategies that were employed included peer education, community health education.
and educational intervention strategies and methods, including health education, training, use of electronic and multimedia methods and seminars.

Educational interventions for the creation of awareness and to increase knowledge of cervical cancer and prevention practices are very vital for its elimination in Nigeria. Educational interventions are important and have the potential to translate to practice but behaviour change is complex and many factors influence adaptation of positive behaviour. Health promotion strategies, which goes beyond health education to include reorientation of health services and advocacy, and employing peer education, community engagement/involvement and health education communication strategies, are important in reinforcing and sustaining optimal uptake of cervical cancer screening and HPV vaccination in different settings across Nigeria. Scale up of educational interventions in communities and settings to ensure validity and reliability of interventions is important. In addition, different factors, including age, level of education, marital status, parity, employment status influence awareness, knowledge and/or uptake of cervical cancer prevention. Interventions should take into consideration these various factors in targeting the appropriate intervention to particular target groups.

Also, the reorientation of services at the primary care level, provision of cervical cancer prevention services at the primary and secondary healthcare levels including subsidised Pap smear screening test are essential for the successful implementation of a national cervical cancer control and HPV vaccination programme.

Despite the strong global call for the elimination of cervical cancer by the WHO, and the policy efforts by the Nigerian government to reduce the national prevalence of cervical cancer, there are still many gaps to cover in the process of eliminating cervical cancer in Nigeria. Implementation sciences studies that employ educational strategies and methods targeting both individual and community groups are needed to understand and highlight evidence-based interventions for reducing the burden of cervical cancer in Nigeria.

Government Policies and Interventions on CC Screening and HPV Vaccination in Nigeria

The Nigerian government articulated a National Cancer Control Policy (2018-2022) for the prevention and control of different types of malignancies. The policy stipulates strategies for cervical cancer prevention and control, specifically outreachs to increase awareness about HPV vaccination and screening, the establishment of nationwide routine screening programmes and management of precancerous lesions at Primary Healthcare centres. The proposed actions align with the WHO Global Strategy for the elimination of cervical cancer.

To support this process, the Nigerian Federal Ministry of Health and the World Health Organisation developed a costed National Strategic Plan on Prevention and Control of Cervical Cancer: Nigeria, 2017—2021. According to this costed 5-year national strategic plan, the government will require an estimate of US$ 1.017 billion to implement activities for the primary, secondary and tertiary prevention of cervical cancer. Of the total estimated sum, 2% will cover cost of vaccination, 90% for cervical cancer service delivery for screening and pre-cancer treatment, 6% will address cancer diagnosis, treatment and palliative care.

Although laudable, the feasibility for implementation and sustainability of this costed plan is currently unknown however this seems unlikely given the country’s current economic situation and historical antecedence of poor political prioritisation, funding and implementation of health policies and programmes. For instance, an evaluation of the implementation of National Cancer Control Plans in Africa revealed that poor resource and partner mobilisation was a major challenge. Cancer control planners are inhibited by the sub-optimal budget allocation with grave implication on the human, technical, education and infrastructure resources required for its implementation.

Conclusions

This review evaluated the knowledge, utilisation and, prevention education for cervical cancer prevention and HPV vaccination uptake across the six geopolitical regions of Nigeria. It also documented policy support to inform national efforts for the prevention and control of cervical cancer. It outlined regional differences and factors influencing uptake. Review highlighted that knowledge and uptake of cervical cancer preventive services across diverse groups in Nigeria remains poor. This could be linked to socio-cultural factors, the lack of an organized cervical cancer screening programme and low financial resource pool for cervical cancer prevention. Unlike the global HIV/AIDS response, there is less centralised financial resource pool for cancer prevention in Nigeria. Compounding this is the fragmentation of cancer control programmes within different departments of the ministry of health with no dedicated cancer-control officer or budget. In order to achieve the cancer-related goals, there is need for increased government and donor prioritisation and political buy-in to ensure increased investment and commitment to cervical cancer elimination in Nigeria.

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Authors’ Contribution

Authors (YOJA and MMO) conceptualized the review. All authors contributed to the development of the data charting process, data extraction and writing first draft of the manuscript. All authors read and approved the final manuscript.
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ORCID iDs

Yetunde O. John-Akinola https://orcid.org/0000-0002-5291-765X
Chizoma M. Ndikom https://orcid.org/0000-0002-4036-156X
Mojisola M. Oluwasanu https://orcid.org/0000-0001-7186-1113

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