ON THE STABILITY OF VERY MASSIVE PRIMORDIAL STARS

I. BARAFFE
Ecole Normale Supérieure, C.R.A.L. (UMR 5574 CNRS), 69364 Lyon Cedex 07, France; ibaraffe@ens-lyon.fr

AND

A. HEGER AND S. E. WOOSLEY
Department of Astronomy and Astrophysics, University of California, Santa Cruz, CA 95064; alex@ucolick.org, woosley@ucolick.org

Received 2000 September 23; accepted 2000 November 28

ABSTRACT

The stability of metal-free very massive stars (Z = 0; M = 120–500 M_☉) is analyzed and compared with metal-enriched stars. Such zero-metallicity stars are unstable to nuclear-powered radial pulsations on the main sequence, but the growth timescale for these instabilities is much longer than for their metal-rich counterparts. Since they stabilize quickly after evolving off the zero-age main sequence (ZAMS), the pulsation may not have sufficient time to drive appreciable mass loss in Z = 0 stars. For reasonable assumptions regarding the efficiency of converting pulsational energy into mass loss, we find that, even for the larger masses considered, the star may die without losing a large fraction of its mass. We find a transition between the ε- and κ-mechanisms for pulsational instability at Z ~ 2 × 10^{-4} to 2 × 10^{-3}. For the most metal-rich stars, the κ-mechanism yields much shorter ε-folding times, indicating the presence of a strong instability. We thus stress the fundamental difference of the stability and late stages of evolution between very massive stars born in the early universe and those that might be born today.

Subject headings: instabilities — stars: mass loss — stars: oscillations

1. INTRODUCTION

The formation and nature of the first generation of so-called Population III stars have been studied and speculated about for over 30 years (e.g., Schwarzschild & Spitzer 1953; Yoneyama 1972; Hartquist & Cameron 1977; Palla, Salpeter, & Stahler 1983; Silk 1983), but the extent to which they differed from present-day stars in ways other than composition is still debated. Recently, three-dimensional cosmological simulations have reached sufficient resolution on small scales to begin to address the star formation problem (Ostriker & Gnedin 1996; Abel et al. 1998). While considerable uncertainty remains regarding the continued evolution of the dense knots that they find in their calculations, these simulations do not exclude the formation of a first generation of quite massive stars, ~100–1000 M_☉ (e.g., Larson 1999; Abel, Bryan, & Norman 2000). Using different numerical methods to analyze the fragmentation of primordial clouds, Bromm, Coppi, & Larson (1999) reached similar conclusions. Without further study, especially including the complexity of radiation transport and molecular opacities, it may be premature to conclude that all Population III stars were so massive, but there certainly exists adequate motivation to examine the properties of such stars. In particular, if such massive Population III stars were ever born, would they retain their large masses until death? That is, would they die as pair-instability supernovae, with possible unique signatures of nucleosynthesis and black hole formation, or would they lose most of their mass and die much the same as present-day stars?

It is well known (Ledoux 1941; Schwarzschild & Härm 1959) that, above a critical mass, main-sequence stars are vibrationally unstable because of the destabilizing effect of nuclear reactions in their central regions. For stars of Population I composition, the critical mass for this instability is ~100 M_☉ (Schwarzschild & Härm 1959). According to nonlinear calculations, such an instability leads to mass loss rather than catastrophic disruption (Appenzeller 1970a; Talbot 1971a, 1971b; Papaloizou 1973a, 1973b). Consequently, it has been thought that stars more massive than about 100 M_☉ would not survive for long before losing a substantial fraction of their mass. Although the stability of very massive stars has been well explored since the work of Ledoux (1941), somewhat surprisingly, all these analyses have been devoted to solar-like compositions or slightly metal-poor stars (Schwarzschild & Härm 1959; Stothers & Simon 1968; Aizenman, Hansen, & Ross 1975; Stothers 1992; Glatzel & Kiriakidis 1993; Kiriakidis, Fricke, & Glatzel 1993), or to helium-core objects such as Wolf-Rayet stars (Maeder 1985; Cox & Cahn 1988). Since the temperature dependence of hydrogen burning and the surface gravitational potential of metal-poor stars are quite different, it is important to learn whether their stability criteria may also vary.

We have thus performed, to our knowledge, the first stability analysis of zero-metallicity stars with 100 ≤ M/M_☉ ≤ 500 and have also studied the stability of stars in this mass range for variable initial metal mass fraction 0 ≤ Z ≤ 0.02. The stellar models are presented in § 2. The results of the linear stability analysis are given in § 3, mass loss estimates are presented in § 4, and our conclusions follow in § 5.

2. STELLAR EVOLUTIONARY MODELS

The evolution of four stars of 120, 200, 300, and 500 M_☉ was followed from the zero-age main sequence (ZAMS) to the end of core helium burning using an implicit Lagrangian hydrodynamics code adapted to stellar modeling (Langer et al. 1988; Heger 1998; Heger, Langer, & Woosley 2000). Details of the code can be found elsewhere (Heger & Langer 2000), but to summarize the main physics, the opacity is taken from Iglesias & Rogers (1996) and the principal nuclear reaction rates from Caughlan & Fowler (1988) with the rate for ^12C(α, γ)O multiply by a constant 1.7 (see also Buchmann 1996).

The stability of primordial stars is analyzed and compared with metal-enriched stars. Such zero-metallicity stars are unstable to nuclear-powered radial pulsations on the main sequence, but the growth timescale for these instabilities is much longer than for their metal-rich counterparts. Since they stabilize quickly after evolving off the zero-age main sequence (ZAMS), the pulsation may not have sufficient time to drive appreciable mass loss in Z = 0 stars. For reasonable assumptions regarding the efficiency of converting pulsational energy into mass loss, we find that, even for the larger masses considered, the star may die without losing a large fraction of its mass. We find a transition between the ε- and κ-mechanisms for pulsational instability at Z ~ 2 × 10^{-4} to 2 × 10^{-3}. For the most metal-rich stars, the κ-mechanism yields much shorter ε-folding times, indicating the presence of a strong instability. We thus stress the fundamental difference of the stability and late stages of evolution between very massive stars born in the early universe and those that might be born today.
account, except for what is driven by the pulsations studied here. For zero-metallicity stars, radiative mass loss is probably negligible (Kudritzki 2000).

As was first noted by Ezer & Cameron (1971), massive stars with no metals do not obtain their energy on the main sequence from the PP cycle as one might naively expect. Instead, the star contracts to $\gtrsim 10^8$ K, burns a trace of helium to carbon, and then expands slightly to burn hydrogen by the CNO cycle. A CNO mass fraction of just a few helium to carbon, and then expands slightly to burn hydrogen in the core. The CNO mass fraction of the core is sufficient to catalyze even the enormous energy generation of such stars. However, owing to this small CNO mass fraction, the star retains a central temperature of $\sim 10^8$ K throughout central hydrogen burning. As Ezer & Cameron (1971) also noted, these stars are thus much more compact than their metal-enriched counterparts, and their radiation, while on the main sequence, is in the ultraviolet (Table 1).

Figure 1 shows the theoretical tracks of our $Z = 0$ stars in a Hertzsprung-Russell diagram (HRD). All begin to contract dynamically after core helium burning, and the star ceases to evolve in the HRD as a result of a shorter evolutionary timescale of the core compared to the thermal timescale of the envelope. Note however that, for $M \gtrsim 300\ M_\odot$, even metal-free stars evolve toward $T_{\text{eff}} < 10^4$ K and eventually become red supergiants, as the hydrogen-burning shell becomes more active with increasing stellar mass.

In order to analyze the pulsational stability as a function of metallicity, we repeated our calculations for a wide range of $Z$ from $Z = 2 \times 10^{-6}$ to solar, $Z = 0.02$ for the 120 $M_\odot$, and for selected values of $Z > 0$ for $M > 120\ M_\odot$. The results are displayed in Figure 2 for a 120 $M_\odot$ star. Since most of the stability analyses mentioned in § 1 (e.g., Ledoux 1941; Schwarzschild & Härm 1959; Appenzeller 1970a) are based upon models with solar metallicity but computed using only electron scattering opacity, we also calculated, for comparison, models with such an opacity (Fig. 2).

### 3. Linear Stability Analysis

A linear nonadiabatic stability analysis of all models was carried out using a radial pulsation code originally developed by Lee (1985; for recent applications see also Heger et al. 1997; Baraffe et al. 1998; Alibert et al. 1999). The main uncertainty in these calculations is the treatment of convection, which is treated in the “frozen-in” approximation, i.e., the perturbation, $\delta F_{\text{conv}}$, of the convective flux is neglected in the linearized energy equation. Although this approximation is an unavoidable consequence of our poor knowledge of the interaction between convection and pulsation, it should not be crucial. As we shall see, the relevant regions for pulsation, which are located in the deep interior of the stars, are fully convective and can be considered as adiabatic. In the outer regions, which may also be important for the pulsation, the convective flux is not the dominant energy transport.

The stability of the fundamental mode and the overtones (up to the fifth overtone) was analyzed starting from ZAMS models up to the end of core helium burning for $Z = 0$ stars.

#### 3.1. Metal-free Stars

##### 3.1.1. ZAMS Models

Table 1 gives, for metal-free ZAMS stars, the effective temperature $T_{\text{eff}}$, stellar radius $R$, central temperature $T_c$, pulsation period $P$, and the pulsational $\varepsilon$-folding time $\tau_{\varepsilon}$ (Cox 1980). Adopting a time dependence for the eigenfunctions of the form $\exp(\ operators.put(\text{i} \omega t)) \exp(Kt)$, where $\sigma = 2\pi/P$ is the eigenfrequency and $K$ the stability coefficient, the $\varepsilon$-folding time for the growth of the instability is given by $\tau_{\varepsilon} = 1/K$. For all masses studied, the ZAMS models are unstable and oscillate in the fundamental mode, whereas the overtones are stable. The excitation mechanism is related to the temperature and density dependence of the nuclear energy generation rate near the center of the star, the so-called $\varepsilon$-mechanism. As was shown by Ledoux (1941), this driving mechanism is efficient because of the large radiation pressure in such massive stars. The driving and damping zones are indicated by correspondingly positive and negative values of $dW/dM$, where $W$ is the work integral (Cox 1980; Unno et al. 1989). This is illustrated in Figure 3 for the 300 $M_\odot$ star. Note that the outer damping regions (see Fig. 3a) give a negligible contribution to the

### Table 1

Properties of ZAMS Models as a Function of Mass and Metallicity

| $M$ ($M_\odot$) | $Z$ | $T_{\text{eff}}$ (kK) | $R$ ($R_\odot$) | $T_c$ ($10^6$ K) | $P$ (days) | $\tau_{\varepsilon}$ (yr) |
|----------------|-----|---------------------|----------------|----------------|-----------|---------------------|
| 120 ……        | 0   | 99.2                | 4.6            | 1.38           | 0.064     | $1.4 \times 10^4$  |
| $2 \times 10^{-6}$ | 72.9 | 8.2                | 0.74           | 0.16           | 5.6 $\times 10^3$ |
| $2 \times 10^{-5}$ | 67.1 | 9.6                | 0.63           | 0.20           | $4.2 \times 10^4$ |
| $2 \times 10^{-4}$ | 62.6 | 11.0               | 0.55           | 0.25           | $3.7 \times 10^4$ |
| 0.01           | 53.3 | 15.2               | 0.45           | 0.34 (0.16)    | $4.6 \times 10^3$ |
| 0.02           | 48.9 | 18.4               | 0.44           | 0.36 (0.26)    | $1.9 \times 10^3$ |
| $0.02$ (e scatt.) | 67.1 | 13.2               | 0.45           | 0.34           | $7.8 \times 10^2$ |
| 0.02           | 44.9 | 32.1               | 0.46           | 0.76           | $1.3 \times 10^3$ |
| $0.02$ (e scatt.) | 70.5 | 17.5               | 0.47           | 0.45           | $5.3 \times 10^2$ |
| 0.01           | 107.0 | 7.6             | 1.47           | 0.10           | $2.6 \times 10^3$ |
| $2 \times 10^{-4}$ | 68.1 | 18.2               | 0.60           | 0.39           | $1.3 \times 10^3$ |
| 0.02           | 39.8 | 54.1               | 0.47           | 1.79           | $2.1 \times 10^3$ |
| $0.02$ (e scatt.) | 72.5 | 22.0               | 0.48           | 0.55           | $4.3 \times 10^2$ |
| 0.01           | 109.2 | 10.0           | 1.51           | 0.13           | $2.0 \times 10^3$ |

Note.—The pulsation period and $\varepsilon$-folding time are given for the fundamental mode. Only for 120 $M_\odot$ with $Z \gtrsim 0.01$ are the fundamental mode and first overtone (in parentheses) both unstable. For Z = 0.02, results based on models calculated with pure electron scattering opacity (e scatt.) are also given.
work integral as a result of the very small amount of mass involved (see Fig. 3b). The same behavior of the work integral is also found for the other masses studied.

### 3.1.2. Effects of Evolution

It is known from previous studies of solar metallicity stars that high-mass stars eventually stabilize as they evolve away from the ZAMS (Schwarzschild & Härm 1959; Stothers & Simon 1968; Aizenman et al. 1975; Maeder 1985). Stabilization comes about because of the increase of the mean molecular weight in the inner regions that increases the central condensation (for details see, e.g., Maeder 1985). The same properties are also found here for metal-free stars. As they evolve away from the ZAMS, their e-folding time increases, indicating a decrease of the driving term due to nuclear energy compared to the damping term from heat leakage in the envelope. This is a direct consequence of the increase of the central density relative to the mean density. The stars become stable (negative $K$) on the main sequence after a decrease of the central hydrogen mass fraction. This is illustrated in Figure 4, which displays the stability coefficient, $K$, as a function of time for different masses, and in Figure 5, which shows the time integration of $K$ during core hydrogen burning. In Figure 4, the larger value of $K$ at early times and its rapid variation with time are due to the adjustment of the stellar structure when the initial CNO is pro-

---

**Fig. 1.** Theoretical HRD for stars with $Z = 0$ and different masses assuming no mass loss. The timescales of evolution are indicated by marks on the curves.

**Fig. 2.** Theoretical HRD for 120 $M_\odot$ stars with different $Z$ from hydrogen ignition until 1% of hydrogen left in the center of the star, assuming no mass loss. $[Z]$ corresponds to $\log (Z/Z_\odot)$.

**Fig. 3.** (a) Differential work $dW/dM$, in arbitrary units, as a function of the temperature ($T$ in K) in the interior structure of a 300 $M_\odot$ star with $Z = 0$, on the ZAMS. The Rosseland mean opacity $\kappa$ (in cm$^2$ g$^{-1}$) is indicated by the dot-dashed line. The dashed line corresponds to the nuclear energy generation $\epsilon$ (in units of $5 \times 10^{56}$ ergs g$^{-1}$ s$^{-1}$). (b) Same as (a), but as a function of enclosed mass.
After reaching pulsational stability during central hydrogen burning, all stars studied remained stable for the rest of central hydrogen burning and most of central helium burning as well. Stars of \( \lesssim 200 \, M_\odot \) remained stable throughout core helium burning, but stars of initial mass \( \gtrsim 300 \, M_\odot \) became unstable again toward the end of helium burning. This resurgence of instability happens for a central helium mass fraction \( Y_\odot = 0.1 \) in the 300 \( M_\odot \) star and \( Y_\odot = 0.2 \) for the 500 \( M_\odot \) star, corresponding to 30 and 50 kyr before the end of central helium burning, respectively. The unstable mode is the fundamental mode, characterized by \( \tau_\odot = 14.2 \text{ days and yr} \) for the 300 star and \( \tau_\odot = 40 \text{ days and yr} \) for the 500 star. The pulsations in these blue supergiants, with \( T_{\text{eff}} \sim 10^4 \, \text{K} \), exist only in a surface layer that contains very little mass. The 500 \( M_\odot \) star, however, expands further and becomes a red supergiant with an extended convective envelope that is characterized by increasing period and decreasing \( \dot{K} \).

The instabilities during core helium burning are characterized by small values of \( \tau_\odot \) compared to the pulsation period. This indicates the presence of a strong instability that can develop rapidly and reach large amplitudes. Inspection of the work integral shows that the driving zone is located in the hydrogen/helium ionization zone and the excitation mechanism is the standard \( \kappa \)-mechanism. Note also that the helium cores would quickly become unstable to the \( \epsilon \)-instability, just like their higher metallicity counterparts, if the hydrogen envelope were removed, e.g., to a binary companion.

### 3.2. Effect of \( Z \)

Table 1 gives the pulsational properties of ZAMS models as a function of \( Z \). All models analyzed for \( Z > 0 \) are vibrationally unstable. The fundamental mode is the pulsation mode, and the overtones are stable. Only for 120 \( M_\odot \) with \( Z \gtrsim 0.01 \) are both the fundamental (F) and the first overtone (1H) unstable, with an \( \epsilon \)-folding time for 1H much shorter than for the F mode. Table 1 also gives the results for solar metallicity models calculated with pure electron scattering opacity. For such models, our results are in good agreement with previous results based on pure electron scattering or on simple opacity laws. Schwarzschild & Härm (1959) find \( P = 0.38 \text{ days and } \tau_\epsilon = 1800 \text{ yr} \) for 121...
and $P = 0.54$ days and $\tau_d = 930$ yr for $218 M_\odot$. Aizenman et al. (1975) obtain $P = 0.37$ days and $\tau_d = 644$ yr for $110 M_\odot$.

Inspection of Table 1 shows that for a given mass, the period decreases with metallicity. This is a consequence of the smaller radius and more compact structure of metal-poor stars when they reach thermal equilibrium on the ZAMS, a well-known effect of Z on evolutionary models (e.g., Ezer & Cameron 1971; Baraffe & El Eid 1991; Meynet et al 1994). The period, $P$, is related to the dynamical timescale of the star, $P \propto (R^3/M)^{1/2}$. Another important result of Table 1 is the increase of $\tau_d$ as Z decreases from $Z = 0.02$ to 0. This indicates that metal-free stars, although unstable, require a much longer time for the growth of the oscillation amplitudes than solar metallicity stars.

We also note a significant difference between $\tau_d$ obtained for $Z = 0.02$ models calculated using the most recent opacities and the electron scattering cases. This highlights an important contribution of opacity to the instability of very massive stars with solar metallicity. Indeed, the driving zones in the $Z = 0.02$ ZAMS models with $M \geq 200 M_\odot$ are located at $T \sim 5.2-5.3 K$ and are associated with a sharp peak of the opacity in this region as a result of the contribution of heavy elements (Iglesias & Rogers 1996). For 120 $M_\odot$ with $Z \geq 0.01$, our results are in agreement with the analysis of Glatzki & Kiriaikidis (1993): the driving for the first overtone is due to the $\kappa$-mechanism, whereas for the fundamental mode both the $\epsilon$- and the $\kappa$- mechanisms contribute to the driving.

As Z decreases, we find a transition between nuclear-driven pulsation and opacity-driven pulsation (i.e., the $\epsilon$- and $\kappa$-mechanisms). The $\epsilon$-mechanism is dominant for $Z \lesssim 2 \times 10^{-4}$, and the $\kappa$-mechanism dominates for $Z \approx 2 \times 10^{-3}$, for the mass range of interest. The increase of $\tau_d$ as Z decreases for $Z \approx 2 \times 10^{-4}$ is partly due to the different temperature dependence of the nuclear energy generation from the CNO cycle. As shown in Table 1, central hydrogen burning proceeds at higher $T$ for decreasing Z.

Locally, the temperature dependence of the specific nuclear energy generation rate, $\epsilon_{\text{nuc}}$, depends on temperature as $\epsilon_{\text{nuc}} \propto T^\gamma$, where $\gamma = \delta \ln \epsilon_{\text{nuc}}/\delta \ln T$. Since the temperature sensitivity, $\gamma$, of hydrogen burning by the CNO cycle decreases with increasing temperature (e.g., Kippenhahn & Weigert 1992, Fig. 18.8), the metal-rich stars have a stronger sensitivity than the metal-poor stars. We find $\gamma \approx 0.1$ for $Z = 0$, and $\gamma$ increases with Z up to $\approx 14$ for $Z = 0.02$ in the 120 $M_\odot$ star. Analytically, $\gamma$ can be computed from $\gamma = (\tau - 2)/3$, where

$$\tau = 4.248 \left( \frac{Z_1^2 Z_2^2 [A_1 A_2/\langle A_1 + A_2 \rangle]}{T_0} \right)^{1/3}.$$

(1)

$A_1$, $A_2$, $Z_1$, and $Z_2$ are mass number and charge number of the two input nuclei, and $T_0$ is the temperature in 10$^\circ$ K (Clayton 1968). For $^{14}$N($p$, $\gamma$), $\gamma = 14$ at $T_0 = 0.04$ and $\gamma = 10$ at $T_0 = 0.1$, in agreement with the values obtained above.

Since the driving of pulsations due to the $\epsilon$-mechanism depends directly on $\gamma$ with $W \propto \gamma$, it is larger in metal-rich than in metal-free stars, contributing to the decrease of $\tau_d = 1/K \propto 1/W$ as Z increases. Another contribution to $\tau_d$ comes from the total pulsation energy $E_{\text{puls}} \propto 1/P^2$, since $K \propto 1/E_{\text{puls}} \propto P^2$ (see eqs. [3] and [4]) and $P$ increases with Z, as mentioned above. As long as the contribution of metals to the opacity is negligible, this explains why $\tau_d = 1/K \propto 1/P^2 W$ decreases as Z increases. Once the $\kappa$-mechanism operates in the envelope, it yields a dramatic increase of $W$ and significantly smaller $\tau_d$, by up to 6 orders of magnitude (see Table 1).

### 4. MASS-LOSS RATES

In order to derive a realistic mass-loss rate, nonlinear calculations would be required to determine the pulsation amplitudes and dissipation due to shock wave formation. Nonlinear calculations have been performed for the solar metallicity case by various authors (Appenzeller 1970a, 1970b; Ziebarth 1970; Papaloizou 1973a; Talbot 1971a, 1971b), who unfortunately give different results. Appenzeller (1970a, 1970b) finds an upper limit $\dot{M} = 5 \times 10^{-5} M_\odot$ yr$^{-1}$ for a 130 $M_\odot$ star and $\dot{M} = 5 \times 10^{-4} M_\odot$ yr$^{-1}$ for a 270 $M_\odot$ star, whereas Papaloizou (1973b) finds stronger dissipation effects and mass-loss rates less than $10^{-6} M_\odot$ yr$^{-1}$ for similar masses.

Since the dissipation effects in Appenzeller (1970a, 1970b) may be underestimated compared to other studies, yielding larger mass-loss rates, we used his results to derive an upper limit for $\dot{M}$ for the $Z = 0$ models. Appenzeller found that when the velocity amplitude at the surface approaches the sound speed, mass loss sets in. An upper limit of the mass-loss rate came from assuming that the entire rate of gain of pulsation energy, $L_{\text{puls}}$, was used to accelerate the matter to escape velocity, $v_{\text{esc}} = (2GM/R)^{1/2}$. Thus, one has

$$\frac{\dot{M}}{2} v_{\text{esc}}^2 = L_{\text{puls}}.$$

(2)

$L_{\text{puls}}$ can be estimated from the total pulsation energy $E_{\text{puls}}$, averaged over one period, and the stability coefficient, $K$ (see Cox 1980), with

$$L_{\text{puls}} = 2KE_{\text{puls}},$$

(3)

where

$$E_{\text{puls}} = \frac{1}{2} \left( \frac{2\pi}{P} \right)^2 \int_0^T \delta r^2 dM.$$

(4)

Since the relative pulsation amplitude, $\delta r/\delta r_{\text{surf}}$, is given by our linear stability analysis, $\delta r_{\text{surf}}$ and thus $E_{\text{puls}}$ are estimated by assuming, like Appenzeller (1970a, 1970b), that the surface velocity amplitude reaches the sound speed, $c_{\text{sound}}$, i.e.,

$$\frac{2\pi}{P} \delta r_{\text{surf}} = c_{\text{sound}}.$$

(5)

For the zero-metallicity stars from 120 to 500 $M_\odot$, $c_{\text{sound}}$ is typically $(1-1.6) \times 10^4$ cm s$^{-1}$. The resulting energy, $E_{\text{puls}}$, and mass-loss rates for the $Z = 0$ models on the ZAMS are given in Table 3. Results are also given for the 120 $M_\odot$ star with $Z = 0.02$ and pure electron scattering opacity. Our upper limit for $\dot{M}$ in this case is in good agreement with Appenzeller's value of $5 \times 10^{-5} M_\odot$ yr$^{-1}$ for similar masses. A crude upper limit for the total mass lost $\Delta M$ during hydrogen burning is derived assuming that mass loss proceeds at a constant rate as long as the star remains unstable, i.e., during the time $\tau_{\text{stable}}$ (see Table 3). In any case, $\Delta M$ does not exceed 5% of the total mass for zero-metallicity stars. Note that this estimate neglects the time required for the pulsation amplitude to grow to the value $\delta r_{\text{surf}}$ characterizing the beginning of mass loss (eq. [5]).
TABLE 3

| \( M /\text{M}_\odot \) | \( Z \) | \( E_{\text{puls}} / (10^4 \text{ ergs}) \) | \( M /\text{M}_\odot \) | \( \Delta M /\text{M}_\odot \) |
|------|-----|----------------|------|--------|
| 120  | 0   | 0.5            | 7.5 \times 10^{-7} | 0.2  |
| 200  | 0   | 1              | 5 \times 10^{-6}   | 2.5  |
| 300  | 0   | 2.5            | 1.3 \times 10^{-5} | 8.5  |
| 500  | 0   | 6              | 3.5 \times 10^{-5} | 24.5 |
| 120   | 0.02 (e^{- scatt.}) | 0.2 | 1.7 \times 10^{-5} | 17   |

NOTE.—The table gives the initial mass \( M \), metallicity \( Z \), pulsation energy \( E_{\text{puls}} \), mass-loss rate at the ZAMS, and an estimate of the total mass lost during the time the stars are unstable (\( \tau_{\text{stable}} \); see Table 2) during central hydrogen burning, i.e., \( \Delta M = M_{\text{stable}} \). The results for 120 \( \text{M}_\odot \), \( Z = 0.02 \), and pure electron scattering opacity are also given.

Given the nonnegligible value of \( \tau_{\text{puls}} \) compared to \( \tau_{\text{stable}} \) (see Table 1), this time may be significant for the 120 \( \text{M}_\odot \) star. In fact, this star may never encounter pulsationally driven mass loss. Moreover, since the stars stabilize as soon as they evolve away from the ZAMS (see § 3.1.2) with decreasing \( K \) (see Fig. 4), one can expect decreasing \( M \) along the main sequence and thus even smaller values for \( \Delta M \). We thus find that even for the 500 \( \text{M}_\odot \) star, pulsations do not lead to significant mass loss on the main sequence.

For post-main sequence evolution, as found in § 3.1.2, only stars with initial masses of \( \geq 300 \text{ M}_\odot \) become unstable again during helium burning and can undergo another phase of mass loss. Any estimate of mass loss is hampered by the lack of nonlinear calculations during these late phases of evolution. Moreover, as the star evolves toward low effective temperature and eventually becomes a red supergiant, it develops a deep convective envelope, the opposite of main-sequence stars. This adds additional difficulty to any derivation of \( M \) since convection can have an important contribution to the damping or driving of the pulsation in this case.

5. DISCUSSION AND CONCLUSIONS

Our analysis has shown that even though metal-free stars with \( 120 \leq M \leq 500 \text{ M}_\odot \) are radially unstable on the main sequence (like their metal-enriched counterparts), the efficiency of the e-mechanism is reduced because of the hotter central \( T \) and more compact structure. Consequently, the e-folding times characterizing the growth of amplitudes are much longer. After burning some hydrogen, the stars stabilize (Table 2).

In order to know the effects of such oscillations and accurately estimate the resulting pulsationally driven wind, nonlinear calculations would be required. We have not done those and have only estimated the mass loss using simple arguments based upon previous nonlinear calculations. Adopting the approach of Appenzeller (1970a, 1970b) that the mass loss can be derived from the energy gain rate of the pulsation when its surface velocity reaches the local velocity of sound at least gives a quantitative result that is a reasonable upper limit (§ 4). For the 120 \( \text{M}_\odot \) star we find negligible mass loss during the central hydrogen burning phase. The integrated mass loss during central hydrogen burning of about 2.5 \( \text{M}_\odot \) for a 200 \( \text{M}_\odot \) star increases to about 25 \( \text{M}_\odot \) for the 500 \( \text{M}_\odot \) star, less than 5% of its initial mass.

We also note that Papaloizou (1973b) disagrees with the results of Appenzeller (1970a) and finds an important limitation of the pulsation amplitude, which cannot drive any mass loss. If this is the case for the solar metallicity stars, it is even more so for metal-free stars. Therefore, we conclude that mass loss during central hydrogen burning remains unimportant for the evolution of all the \( Z = 0 \) stars investigated (Table 3).

Finally, it is worth noting that the strong instability found at the end of core helium burning for \( M \geq 300 \text{ M}_\odot \) could have important consequences. What exactly happens depends on the remaining time before collapse (only a few times 10 kyr for the 300 and 500 \( \text{M}_\odot \) stars investigated here) and, especially, on the strength of the mass-loss rates achieved in these pulsating giant stars with convective envelopes. This is an important issue regarding the gamma-ray burst scenario suggested by Fryer, Woosley, & Heger (2001) and needs further investigation.

From our estimates of the mass-loss rates we conclude that primordial very massive stars of \( \lesssim 500 \text{ M}_\odot \) (but over 100 \( \text{M}_\odot \)) reach core collapse with helium cores massive enough to encounter the pair creation instability. Single stars probably do not lose their hydrogen envelope for initial masses of \( \lesssim 300 \text{ M}_\odot \). The nucleosynthetic yields of these stars can be important for the chemical evolution of the early universe, as they may eject up to \( 60 \text{ M}_\odot \) of \( ^{56}\text{Ni} \) for an \( \approx 250 \text{ M}_\odot \) star (A. Heger & S. E. Woosley 2001, in preparation). Still heavier stars make black holes (Bond, Arnett, & Carr 1984). Extrapolating from our results, we speculate that stars of \( \gtrsim 1000 \text{ M}_\odot \) might experience such strong mass loss that they end their lives as smaller objects, but clearly the stability of these massive “first stars” is a subject worthy of additional exploration beyond the first linear stability analysis presented here.

We are grateful to Gilles Chabrier for many valuable discussions. I. B. thanks the Astronomy Departments of the Universities of California at Berkeley and Santa-Cruz for hospitality during the completion of this work. This research was supported, in part, by Prime Contract W-7405-ENG-48 between The Regents of the University of California and the US Department of Energy, the National Science Foundation (AST 97-31569, INT-9726315), and the Alexander von Humboldt-Stiftung (FLF-1065004).

REFERENCES

Abel, T., Anninos, P., Norman, M. L., & Zhang, Y. 1998, ApJ, 508, 518
Abel, T., Bryan, G. L., & Norman, M. L. 2000, ApJ, 540, 39
Alfen, M. L., Hansen, C. J., & Ross, R. R. 1975, ApJ, 201, 387
Albert, Y., Baraffe, I., Haaschmidt, P. H., & Allard, F. 1999, A&A, 344, 551
Appenzeller, I. 1970a, A&A, 5, 355
Appenzeller, I. 1970b, A&A, 9, 216
Baraffe, I., Albert, Y., Méra, D., Chabrier, G., & Beaulieu, J.-P. 1998, ApJ, 499, L205
Baraffe, I., & El Eid, M. F. 1991, A&A, 245, 548
Bond, J. R., Arnett, W. D., & Carr, B. J. 1984, ApJ, 280, 825
Bromm, V., Coppi, P. S., & Larson, R. B. 1999, ApJ, 527, L5
Buchmann, L. 1996, ApJ, 468, L127
Caughlan, G. R., & Fowler, W. A. 1988, At. Data Nucl. Data Tables, 40, 283
Clayton, D. 1968, Principles of Stellar Evolution and Nucleosynthesis (Chicago: Univ. Chicago Press)
Cox, A. N., & Cahn, J. H. 1988, ApJ, 326, 804
Cox, J. P. 1980, in Theory of Stellar Pulsations (Princeton: Princeton Univ. Press), 114
Ezer, D., & Cameron, A. G. W. 1971, Ap&SS, 14, 399
Fryer, C., Woosley, S. E., & Heger, A. 2001, ApJ, in press (astro-ph/0007176)
Glattzel, W., & Kiriakiidis, M. 1993, MNRAS, 262, 85
Hartquist, T. W., & Cameron, A. G. W. 1977, Ap&SS, 48, 145
