Selective vulnerability of inhibitory networks in multiple sclerosis

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Abstract
In multiple sclerosis (MS), a chronic demyelinating disease of the central nervous system, neurodegeneration is detected early in the disease course and is associated with the long-term disability of patients. Neurodegeneration is linked to both inflammation and demyelination, but its exact cause remains unknown. This gap in knowledge contributes to the current lack of treatments for the neurodegenerative phase of MS. Here we ask if neurodegeneration in MS affects specific neuronal components and if it is the result of demyelination. Neuropathological examination of secondary progressive MS motor cortices revealed a selective vulnerability of inhibitory interneurons in MS. The generation of a rodent model of focal sub-pial cortical demyelination reproduces this selective neurodegeneration providing a new preclinical model for the study of neuroprotective treatments.

Keywords Multiple sclerosis · Neurodegeneration · Interneurons · Myelin · Synapses

Introduction

Multiple sclerosis (MS) is a chronic neuroinflammatory disease of the human central nervous system (CNS) characterised by inflammation, focal areas of demyelination and neurodegeneration. At the early stages of the disease, inflammatory cells target the myelin sheath that insulates and supports the axons. Current treatments that modulate this immune attack suppress the inflammatory demyelinating white matter lesions (as assessed by magnetic resonance imaging—MRI) and accompanying relapses, but ultimately fail to prevent neurodegeneration [16].

Neurodegeneration in MS is reported to consist of neurite transection, diffuse synaptic dysfunction and overall neuronal loss [1, 12, 36, 39, 46, 48]. Long term disability better correlates with brain atrophy on MRI rather than with white matter demyelinating lesion load, but the mechanisms leading to these changes remain largely unknown [7, 8, 22]. This limited understanding may contribute to the lack of successful therapies counteracting neurodegeneration. Thus, two fundamental questions need to be addressed: first, which neuronal components are primarily affected? Second, does neurodegeneration result directly from demyelination?

Given that cortical thinning/atrophy in MS is widespread, one may predict that all neuronal classes are potentially affected. However, in a recent transcranial magnetic
between myelin sheaths [37, 38, 43–45, 51]. Although demyelination in MS is classically identified in the white matter, due to the relative ease of identification on MRI scans, it is well-recognised that demyelination is also common in the grey matter [3, 4, 23, 26]. Focal demyelinated lesions occur in the grey matter, including in the cortex, disrupting neuronal signaling directly or via an inflammatory toxic environment [18, 31]. Differential effects of these lesions on various cortical neurons is possible due to spatial patterning, with lesions identified in both superficial (subpial lesions) and deeper cortical layers (intracortical, leukocortical lesions) [3, 4, 26]. Furthermore, the pattern of myelination of neuronal subtypes is variable, potentially increasing their susceptibility to neurodegeneration via demyelination: only some subtypes of cortical inhibitory interneurons are myelinated and while some pyramidal excitatory neuronal axons are fully myelinated along their length, others have discontinuous patterns of myelination, with large unmethylated gaps between myelin sheaths [37, 38, 43–45, 51].

Notably, it is still controversial as to whether or to what extent neurodegeneration is caused by demyelination directly. Proponents suggest that demyelination deprives the axon of insulation and essential metabolic supplies from the oligodendrocyte which can lead to axonal degeneration in animal models, via mitochondrial dysfunction and persistent oxidative stress [13, 49]. Supporting this, in chronic inactive demyelinated MS lesions, which by definition have little inflammation, there is slow axonal disintegration [27, 39]. However, opponents of this theory point out that demyelination in MS is also accompanied by (or driven by) inflammation, including cytotoxic T cells and macrophages, which can trigger acute axonal damage by releasing neurotoxic factors such as cytokines and reactive oxygen species outside the areas of demyelination and perhaps unconnected to it [18, 30–33]. Supporting this, is the widespread neurodegeneration seen in MS, which does not correlate with the number of demethylated MS lesions at least in the white matter [7]. Furthermore, in the rodent model of experimental autoimmune encephalomyelitis (EAE), inflammation appears to mediate demyelination and neurodegeneration independently [48].

A better understanding of what neurodegeneration consists of in MS and the mechanism of damage, may aid the development of therapeutic strategies to limit it. To address this, we first asked if there is specific vulnerability of different neurons to neurodegeneration in MS brains. By neuropathological examination of the motor cortex of secondary progressive MS patients, compared to non-neurological controls, we found that inhibitory neurons are more susceptible to neurodegeneration. Next, to examine if grey matter demyelination leads to neurodegeneration, we generated a rodent model of focal cortical subpial demyelination that also shows selective inhibitory neuron and synapse loss and provided temporal evidence of demyelination-induced neurodegeneration. Our data support the idea that neurodegeneration can be secondary to demyelination irrespective of the presence of diffuse inflammation in the cortex, whilst developing a preclinical model for screening drugs to improve neuroprotection in MS patients.

### Materials and methods

#### Human tissue

Post-mortem brain tissue (motor cortices) from MS patients and non-neurological controls were provided by a UK prospective donor scheme with full ethical approval from the UK Multiple Sclerosis Society Tissue Bank (MREC/02/2/39) and from the MRC-Edinburgh Brain Bank (16/ES/0084). MS diagnosis was confirmed by neuropathological means by F. Roncaroli (Imperial College London) and Prof. Colin Smith (Centre for Clinical Brain Sciences, Centre for Comparative Pathology, Edinburgh) and clinical history was provided by R. Nicholas (Imperial College London) and Prof. Colin Smith. Tables 1 and 2 include details on samples used for histological analysis and array tomography, respectively (Online Resource Table 1,2). Table 3 gives a detailed list of the tissue samples used for each individual analysis (Online Resource Table 3). For histological analysis, tissue blocks of 2 cm × 2 cm × 1 cm were collected, fixed, dehydrated and embedded in paraffin blocks. 4 μm sequential sections were cut and stored at room temperature. Grey matter MS lesions were identified using anti-Proteolipid Protein (PLP) immunostaining (Online Resource Fig. 1a, b). The samples chosen had obviously myelinated and demyelinated areas on the same section. MS demyelinated areas refer to areas with distinct lesions in the upper cortical layers and MS myelinated to normal appearing myelinated cortical layers. For array tomography, 1 cm³ motor cortex blocks were collected upon autopsy and further dissected in 1 mm × 1 mm × 5 mm array tomography samples before processing. The mean age for all samples is 63.75 years (control) and 62.70 years (MS), subdivided into paraffin samples: 77.60 years (control) and: 58.78 years (MS) and AT samples: 49.90 years (control) and 67.40 years (MS). Overall, 23 male and 30 female samples were used (controls: 15 male and 5 female samples, MS: 8 male and 25 female samples). Each sample was assessed by a neuropathologist and no signs of confounding neurodegenerative diseases were seen in any sample.
Animals

Mice were housed and used according to the standard UK Home Office regulations, under project license PAFD15B79. PSD95-eGFP animals were a gift from S.G.N. Grant (Centre for Clinical Brain Sciences, University of Edinburgh) [50]. 8–10-week-old male mice were used for all experiments.

Array tomography (AT)

Dissected tissue blocks were processed as previously described [25]. Briefly, small tissue blocks containing all 6 cortical layers were fixed for 2–3 h in 4% PFA, 2.5% sucrose in 0.01 M PBS and washed in 3.5% sucrose, 50 mM glycine in 0.01 mM PBS at 4 °C overnight. AT samples were then dehydrated in graded series of ethanol for 5 min each, followed by 5-min incubation with 50:50 ethanol 100% LRWhite (London Resin Medium grade, Agar scientific) and 100% LRWhite alone. Samples were then left overnight at 4 °C in LRWhite for complete infiltration, transferred to gelatin capsules filled with cold LRWhite and polymerized at 52 °C overnight. Tissue was sectioned into ribbons of 70 nm serial sections (30–40 sections/ribbon) with an ultramicrotome (Leica Ultracut) using a Ultrajumbo Diamond Knife 35° (Diatome) and mounted on gelatin covered coverslips that were allowed to air dry before immunohistochemistry.

LPC-induced cortical demyelinating lesion in cortex

In 8–10-week-old C57BL/6 or PSD95-eGFP anesthetized male mice; a craniotomy was made above the left motor cortex. Briefly, using a 0.6 mm dental drill tip and low drilling speed we thinned the skull above the M1 and M2 areas (2 mm Ø) avoiding brain overheating. When the skull was adequately thinned saline application allows for the removal of the cranial top avoiding damage to the underlying brain tissue. Macroporous, poly(ethylene glycol) (PEG) based cylindrical scaffolds (cryogel) were synthesized as previously reported [14] to dimensions 2 mm Ø×0.5 mm depth and loaded with either PBS (control) or 10 mg/mL L-α-Lysocephatidylcholine (LPC, L4129, Sigma-Aldrich) and placed onto the exposed cortical surface. The skin was subsequently sutured back over the cryogel and the animals were left to recover. The release properties of LPC from the 2 mm Ø×0.5 mm cryogel showed successful release of 80% of the total LPC amount within 48hrs and 100% by 120hrs (Online Resource Fig. 5). Two time points were chosen for the present study (2 and 3 weeks post-surgery), characterized by the presence of focal demyelination in the superficial layers of the motor cortex. Mice were subsequently perfused with 4% PFA (Sigma-Aldrich), the brain tissue was harvested, cryoprotected in 30% sucrose, frozen in 2-methylbutane (Sigma-Aldrich) and stored at −80 °C.

Immunohistochemistry

Human post-mortem brain tissue

Paraffin sections were rehydrated and microwaved for 15 min in Vector Unmasking Solution for antigen retrieval (H-3300, Vector). For chromogenic immunohistochemistry, endogenous peroxidase and alkaline phosphatase activities were blocked for 10 min with Bixial solution (SP-6000, Vector). Sections were then blocked with 2.5% normal horse serum (S-2012, Vector) for 1 h at room temperature. Primary antibodies were incubated in antibody diluent solution (003,118, Thermo Fisher Scientific) over night at 4 °C in a humidified chamber. The next day, horse peroxidase or alkaline phosphatase-conjugated secondary antibodies (Vector) were applied for 1 h at room temperature. Staining was developed with either DAB peroxidase substrate kit or alkaline phosphatase substrate kit (both from Vector) according to the manufacturer’s instructions.

For immunofluorescence, sections were incubated with Autofluorescent Eliminator Reagent (2160, MERCK-Millipore) for 1 min and briefly washed in 70% ethanol after antigen retrieval. The sections were subsequently incubated with Image-iT® FX Signal Enhancer (I36933, Thermo Fisher Scientific) for 30 min at room temperature, washed and blocked for 1 h with 10% normal horse serum, 0.3% Triton-X in PBS. Primary antibodies were diluted in antibody diluent solution (as above) and incubated overnight at 4 °C in a humidified chamber. The next day sections were incubated with Alexa Fluor secondary antibodies (Thermo Fischer Scientific, 1:1000) for 1 h at room temperature and counterstained with Hoechst for nuclear visualization. All slides were mounted using Mowiol mounting medium (475,904, MERCK- Millipore).

Array tomography

Dried ribbons were incubated in 50 mM glycine in 0.01 M PBS for 5 min, washed in 3.5% sucrose, 50 mM glycine in 0.01 mM PBS and blocked with 0.1% BSA, 0.05% Tween-20 in Tris Buffered Saline solution (TBS) for 30 min at room temperature. Primary antibodies were diluted in blocking solution (all antibodies 1:50 dilution) and placed on ribbons overnight at 4 °C. The following day ribbons were washed in TBS and incubated with secondary antibodies diluted in blocking solution with 0.01 mg/mL DAPI for 30 min at room temperature (all secondary antibodies diluted 1:100). Finally, ribbons were washed
and mounted on microscope slides with Shandon Immuno- 
mount (Thermo Scientific).

**Mouse tissue**

10 μm thick cryosections were briefly washed in PBS and 
microwaved for 15 min in Vector Unmasking Solution for 
antigen retrieval (H-3300, Vector) before blocking with 
10% normal horse serum, 0.3% Triton-X in 1xPBS for 1 h 
at room temperature. Primary antibodies were diluted in 
antibody diluent (003,118, Thermo Fisher Scientific) and 
sections were incubated overnight at 4 °C in a humidified 
chamber. The following day, cryosections were incubated 
with Alexa Fluor secondary antibodies (Thermo Fischer Sci- 
tentific, 1:1000) for 1½ hrs at room temperature and coun-
terstained with Hoechst for nuclear visualization. All slides 
were mounted using Mowiol mounting medium (475,904, 
MERCK- Millipore).

**Image acquisition and analysis.**

**Human post-mortem tissue**

Entire sections were imaged using the Zeiss Axioscan Slide 
scanner or the Vectra® Polaris™ Automated Quantitative 
Pathology Imaging System. All quantifications were per-
formed using Zeiss Zen lite imaging software and QuPath 
open source software [2].

For cell density quantification 5–10 fields were chosen 
that included all cortical layers or L2/3 only, manually quan-
tified and presented as cells/mm² or cells/cm². GM thickness 
was manually quantified by measuring the distance from the 
cortical surface to the lower edge of cortical layer six. At 
least 20 different measurements were obtained per section. 
Axonal measurements were obtained after double blinded 
quantification of SMI312-possitive axons as previously 
described [24]. Briefly, the relative axonal density crossing 
100 μm line was measured from 10–20 different areas 
depending on the section size.

For synaptic density quantification, 5–6 stacks 
(184.58 μm x 184.58 μm each) from layer 2/3 (L2/3) of 
the motor cortex were obtained using high resolution con-
focal microscopy (Leica TCS SP8; 3144 x 3144 resolution, 150 nm optical z-step, 2 μm total thickness). Each field was 
subdivided in 10 μm x 10 μm regions of interest covering the 
area of the neuropil avoiding cell bodies and blood vessels. Images were cropped and segmented using automated local 
thresholding Fiji (Fiji, RRID:SCR_002285) algorithms. 
Segmentation parameters were exclusive for each channel 
but the same for all sections. To avoid false positive signal, 
objects that were not present in at least two consecutive 
sections were removed. Quantification of adjacent pre and post 
synaptic objects (object centers within 1 μm distance) in the 
tissue volume was obtained using an in-house MATLAB 
algorithm. Values were averaged for each animal and pre-
sented as synapses/mm³.

**Array tomography**

Images were obtained using a Zeiss AxioImager Z2 epif-
fluorescent microscope with a CoolSnap digital camera and 
AxioImager software with array tomography macros (Carl 
Zeiss, Ltd, Cambridge UK). A tile scan of the ribbon is ini-
ially taken in low magnification followed by the generation 
of a position list that outlines the area of the ribbon. Serial 
high-resolution images are then taken with a 63 x 1.4 NA 
Plan Apochromat objective and aligned using MultiStack-
Reg 1.4  Fiji plugin (Fiji, RRID:SCR_002285) [25]. Two to 
five image stacks were captured per tissue block per case. 
Synaptic quantification was performed as described above.

**Mouse tissue**

All sections were imaged using a Leica TCS SP8 confo-
cal microscope. For cell density quantification 3–9 fields 
(150 μm x150μm each) were obtained from each section 
depending on the lesion size. Total number of cells was 
quantified in the lesion and perilesion area and represented 
as cells/mm². Perilesion area was defined as the area span-
ning 150 μm from the lesion border. 3–5 sections were ana-
lyzed per animal and the numbers were averaged for each 
animal. For signal area quantification, the same size and 
number of areas were thresholded and automatically quanti-
fied using in-house Fiji macros (Fiji, RRID:SCR_002285).

Synaptic density quantification was done similarly to 
human tissue. 3 stacks (184.58 μm x 184.58 μm each) from 
L2/3 of the motor cortex were obtained using high resolu-
tion confocal microscopy (3144 x 3144 resolution, 150 nm 
optical z-step, 2 μm total thickness). 3–5 sections were ana-
lyzed per animal. Quantification of adjacent pre and post 
synaptic objects (object centers within 0.5 μm distance) in 
the tissue volume was obtained using an in-house MATLAB 
algorithm. Values were averaged for each animal and pre-
sented as synapses/mm³.

Images were randomised using the File randomizer Fiji 
(Fiji, RRID:SCR_002285) macro prior to analysis.

Illustrations created with BioRender.com.

**In vitro slice electrophysiology**

Slices containing LPC lesion and PBS control neurons 
were prepared from mice which had been implanted with 
cryogels overlaying the motor cortex (M1), as previously 
described [5, 6]. Briefly, mice were sedated with isofluorane, 
decapitated and their brains rapidly removed and placed 
in ice-cold sucrose-modified artificial cerebrospinal fluid
fused with ACSF (in mM: 125 NaCl, 2.5 KCl, 25 NaHCO₃, 1.25 NaH₂PO₄, 25 glucose, 75 sucrose, 0.5 CaCl₂); saturated with carbogen (95% O₂/5% CO₂). 300 μm coronal brain slices were then sliced on a vibratome (VT1200S, Leica, Germany) covering the region that was overlain by the cryogel, as assessed by eye during dissections, then transferred to submerged holding chambers filled with sucrose-ACSF at 35 °C for 30 min, then room temperature until needed.

Whole-cell patch-clamp recordings were performed to record miniature EPSCs and IPSCs. Slices were transferred to a submerged recording chamber which was perfused with ACSF (in mM: 125 NaCl, 2.5 KCl, 25 NaHCO₃, 1.25 NaH₂PO₄, 25 glucose, 1 MgCl₂, 2 CaCl₂, containing 500 nM tetrodotoxin, TTX) and bubbled with carbogen, at a rate of 4–6 mL min⁻¹, recordings were maintained at 30 ± 1 °C with an inline Peltier heating device (Scientifica, Brighton, UK). Slices were first visualised under low-power magnification (4 × Objective 0.2 NA, Neoplan, Olympus, Japan) with infrared differential-inference contrast microscopy using a digital camera (SciCamPro, Scientifica, UK) mounted on an upright microscope (SliceScope, Scientifica, UK) to the dorsal pole of the slice. Neurons were identified for recording with a high-power 40 × water-immersion objective lens (1.0 NA., Olympus, Japan) and chosen based on having an ovoid soma located in the upper region of L2, with an apical dendrite oriented towards the pial surface. Recording pipettes were pulled from borosilicate glass capillaries (1.7 mm outer/1 mm inner diameter, Harvard Apparatus, UK) on a horizontal electrode puller (P-97, Sutter Instruments, CA, USA) and filled with a Cs-glucuronate based intracellular solution (in mM 140 Cs-glucuronate, 3 CsCl, 0.2 EGTA, 10 HEPES, 2 Na₂ATP, 2 MgATP, 0.3 Na₂GTP, 10 Na₂Phosphocreatine, 2.7 Biocytin, 5 QX-314, Cl⁻ pH = 7.4, 290–310 mOsM), which gave 3–5 MΩ resistance electrodes and a measured Cl⁻ reversal of ~74 mV under these recording conditions. Liquid junction potential was not corrected. Cells were rejected from further recording, if they required more than 200pA current injection to maintain a -70 mV holding potential, series resistance >30 MΩ, or series resistance changed by more than 20%. All recording was performed with a Multiclamp 700B amplifier (Molecular Devices, CA, USA) and filtered online at 2 kHz with the amplifiers 4-pole Bessel Filter and digitised at 20 kHz (Digidata1550B, Molecular Devices, CA, USA.).

All in the presence of 500 mM TTX, mEPSCs were recorded from -70 mV voltage clamp. 5 min of continuous recording were performed with series resistance measured before and after this period. Following mEPSC recordings, the membrane potential was switched to between 0 and 5 mV — depending on measured mEPSC reversal—and 5 min of mIPSCs recorded. Following recording, the series resistance was measured again to confirm recording stability.

Out-side out patches were then performed on recorded neurons, to seal the included biocytin within cells. A further 2–3 cells were recorded from each slice and then slices fixed in 4% PFA in 0.1 M PB overnight, then transferred to PBS until processed for histology.

mPSCs were detected offline using a template fitting approach, whereby exemplary mini-PSCs were fit with a triexponential curve [10], with thresholds of 4–7 imposed for detection. Following signal extraction, individual traces were excluded for analysis if they failed to exceed the threshold of 3*SD of the baseline noise. EPSCs were detected as inward currents and ISPCs as outward currents. Traces were collected in pCLAMP 9 (Molecular Devices, CA, USA) and stored on a desktop computer. All analysis of electrophysiological data was performed offline using the Stimfit electrophysiological package [21]. All data collection and analysis were performed blind to treatment group.

### Results

**Selective loss of myelinated interneurons and inhibitory synapses in the MS motor cortex.**

To assess the effects of MS on cortical structure, we first examined gross neurodegeneration in the motor cortex of post-mortem secondary progressive MS tissue and non-neurological controls. Grey matter (GM) thickness, measured as the distance between layers 1 to 6, was similar between control and MS samples (Online Resource Fig. 1c). However, there was significant axonal loss in the MS motor cortex, as quantified using the pan-axonal marker SMI312 (Online Resource Fig. 1d,e and f), in accordance with studies reporting broad axonal loss in MS GM.

By their location in L2/3, these lost axons are either cortico-cortical projection axons, excitatory axon collaterals or inhibitory interneuron axons. Therefore, we next checked for changes in density of excitatory and inhibitory synapses between control and MS motor cortices, assuming overlap of pre- and post-synaptic puncta as evidence of a functional synapse. Using confocal microscopy and array tomography, we stained sections for the pre-synaptic marker synapsin1 (SYN1) and the excitatory post-synaptic marker post-synaptic density protein 95 (PSD95) (Fig. 1a, b, Online Resource Fig. 2a, b and c) or the inhibitory pre-synaptic marker vesicular GABA transporter (VGAT) and post-synaptic marker Gephyrin (Fig. 1e, f). Synapses were quantified in L2/3 of the cortex where the majority of cortico-cortical connections are formed, using automated methods previously described [25]. Both methods showed that there is no difference in the density of excitatory synapses or in individual pre- and post-synaptic components in the MS motor cortex when compared to controls (Fig. 1c and d & Online Resource Fig. 2d). However, we
observed a significant ~58% reduction in inhibitory synapses in MS motor cortices when compared to controls (Fig. 1g), attributed primarily to a significant reduction of post-synaptic components (Fig. 1h).

We then asked if these changes in inhibitory synapse density can be attributed to a selective loss of inhibitory interneurons. As not all interneurons are myelinated, we investigated whether there was a differential effect on interneuron subtypes. To do this, we immunolabelled cortical slices using antibodies against the calcium binding proteins parvalbumin (PV), calretinin (CR), calbindin (CB), or the neuropeptides somatostatin (SST) and cholecystokinin (CCK). We found a significant reduction in the density of PV expressing (PV+) and SST-expressing (SST+) interneurons (which usually have myelinated axons) (Fig. 1i, j & Online Resource Fig. 1g, h, i and j), but no change in the density of CR, CCK and CB expressing subtypes, which typically have unmyelinated axons (Fig. 1k, l and m & Online Resource Fig. 1k, l, m, n, and p). In accordance with the lack of change of excitatory synaptic densities, there was no difference in the densities of excitatory motor neurons (using an antibody against the LIM-homeobox domain markers Islet1/2) (Fig. 1n & Online Resource Fig. 1q, r) between control and MS cortex indicating that they survive even in late progressive MS. To assess changes in the overall neuronal densities in MS samples or a possible effect on the CUX2-positive population of projection neurons as previously reported by Schirmer et al.[40], we used the pan neuronal marker NEUN and the upper cortical layer marker CUX2 respectively (Online Resource Fig. 1s, t, w, x).
Fig. 1 a and b Immunohistochemistry of control (a) and MS (b) motor cortex (L2/3) for SYN1 (red), PSD95 (green), with Hoechst (blue). Scale bar: 5 μm. Inset images of boxed areas in a or b showing merged (i) and single channels of the synaptic proteins PSD95 (ii) and SYN1 (iii). c Quantification of SYN1 + /PSD95 +-excitatory synapses in L2/3 neuropil of control and MS myelinated or demyelinated motor cortex (Control: mean: 2.589e +008 ± 1.860e +007 SEM punctas/mm³, N = 15, MS Demyelinated: mean: 2.562e +013 ± 1.813e +007 SEM synapses/mm³, N = 15, MS Demyelinated: mean: 2.696e +008 ± 2.462e +007 SEM synapses/mm³, N = 15; each point is a patient, One-way ANOVA). d Quantification of SYN1 +/pre-synaptic or PSD95 +/post-synaptic puncta in L2/3 neuropil of control and MS myelinated or demyelinated motor cortex (SYN1 + : Control mean: 4.167e +008 ± 2.275e +007 SEM puncta/mm², N = 10, MS Myelinated: mean: 3.933e +008 ± 2.533e +007 SEM puncta/mm³, N = 15, MS Demyelinated: mean: 3.818e +008 ± 2.907e +007 SEM puncta/mm³, N = 15; MS Demyelinated: mean: 3.818e +008 ± 2.907e +007 SEM puncta/mm³, N = 15; Kruskal–Wallis test; PSD95 + : Control mean: 3.731e +008 ± 4.300e +007 SEM punctas/mm², N = 10, MS Myelinated: mean: 4.144e +008 ± 3.467e +007 SEM puncta/mm², N = 15, MS Demyelinated: mean: 3.837e +008 ± 4.337e +007 SEM puncta/mm², N = 15; each point is a patient; One-way ANOVA). e–f Immunohistochemistry of control (e) and MS (f) motor cortex (L2/3) for VGAT (red) Gephyrin (green) with Hoechst (blue). Scale bar: 5 μm. Inset images of boxed areas in e or f showing merged (i) and single channels of the synaptic proteins Gephyrin (ii) and VGAT (iii). g Quantification of VGAT + /Gephyrin +/inhibitory synapses in L2/3 neuropil of control and MS myelinated or demyelinated motor cortex (Control: mean 9.217e +007 ± 8.997e +006 SEM synapses/mm³, N = 10, MS Myelinated: mean 5.444e +007 ± 6.163e +006 SEM synapses/mm³, N = 15, MS Demyelinated: mean 5.274e +007 ± 5.401e +006 SEM synapses/mm³, N = 15; each point is a patient, One-way ANOVA). h Quantification of VGAT +/pre-synaptic or Gephyrin +/post-synaptic puncta in L2/3 neuropil of control and MS myelinated or demyelinated motor cortex (VGAT + : Control mean: 1.630e +008 ± 9.452e +007 SEM punctas/mm³, N = 10, MS Myelinated: mean 1.354e +008 ± 1.087e +007 SEM puncta/mm³, N = 15, MS Demyelinated: mean 1.302e +008 ± 1.006e ±007 SEM puncta/mm³, N = 15; One-way ANOVA; Gephyrin + : Control mean: 2.151e +008 ± 4.040e +007 SEM punctas/mm³, N = 10, MS Myelinated: mean 1.124e +008 ± 7.416e ±007 SEM puncta/mm³, N = 15, MS Demyelinated: mean 1.148e +008 ± 8.094e ±007 SEM puncta/mm³, N = 15; each point is a patient; Kruskal–Wallis test). i Quantification of PV +/interneuron density in all six cortical layers in control and MS myelinated or demyelinated motor cortex (Control: mean: 1.413e +008 ± 3.834 SEM neurons/mm², N = 10, MS Myelinated: mean 19.49 ± 1.961 SEM neurons/mm², N = 15, MS Demyelinated: mean 20.14 ± 2.782 SEM neurons/mm², N = 15; each point is a patient, One-way ANOVA). j Quantification of SST +/interneuron density in all six cortical layers in control and MS myelinated or demyelinated motor cortex (Control: mean: 65.68 ± 5.713 SEM neurons/mm², N = 10, MS Myelinated: mean 46.55 ± 8.406 SEM neurons/mm², N = 15, MS Demyelinated: mean 28.95 ± 4.123 SEM neurons/mm², N = 15; each point is a patient, One-Way ANOVA). k Quantification of calbindin (CB) +/interneuron density in all six cortical layers in control and MS myelinated or demyelinated motor cortex (Control: mean: 9.377 ± 1.353 SEM neurons/mm², N = 10, MS Myelinated: mean: 9.276 ± 1.101 SEM neurons/mm², N = 15, MS Demyelinated: mean: 9.156 ± 0.985 SEM neurons/mm², N = 15; each point is a patient, Kruskal–Wallis test). l Quantification of calretinin (CR) +/interneuron density in all six cortical layers in control and MS myelinated or demyelinated motor cortex (Control: mean: 27.27 ± 1.731 SEM neurons/mm², N = 10, MS Myelinated: mean: 23.08 ± 2.096 SEM neurons/mm², N = 15, MS Demyelinated: mean: 26.66 ± 3.178 SEM neurons/mm², N = 15; each point is a patient, Kruskal–Wallis test). m Quantification of cholecystokinin (CCK) +/interneuron density in all six cortical layers in control and MS myelinated or demyelinated motor cortex (Control: mean 5.668 ± 0.6581 SEM neurons/mm², N = 10, MS Myelinated: mean: 5.052 ± 0.4246 SEM neurons/mm², N = 15, MS Demyelinated: mean: 4.251 ± 0.5581 SEM neurons/mm², N = 15; each point is a patient, Kruskal–Wallis test). n Quantification of ISLET1/2 +/motor neuron density in all six cortical layers in control and MS myelinated or demyelinated motor cortex (Control: 258.6 ± 10.95 SEM neurons/mm², N = 10, MS Myelinated: mean: 229.7 ± 18.63 SEM neurons/mm², N = 15, MS Demyelinated: mean: 229.4 ± 18.84 SEM neurons/mm², N = 15; each point is a patient, One-way ANOVA). We did not observe a significant reduction in either case (Online Resource Fig. 1u, v, y).

This selective reduction of two interneuron subtypes, PV + and SST + , which are normally myelinated, suggested an increased susceptibility of these to neurodegeneration in MS. These changes were present in areas of motor cortex that appeared to possess typical levels of myelination (normal appearing grey matter-NAGM) and those that were clearly demyelinated (Fig. 1i, j), with the caveat that NAGM areas show similar axonal loss to the demyelinated areas (Online Resource Fig. 1f) and so cannot be considered as normal healthy tissue. No correlation was found between the extent of loss of interneurons, inhibitory synapses or axons and patient characteristics such as age at the time of death, post-mortem interval, disease duration and years of progressive disease. These results clearly show that specific interneuron subtypes are susceptible to neurodegeneration in the cortex of MS patients. Hence, we next tested whether cortical demyelination drives this pattern of neurodegeneration by developing an animal model.

Loss of inhibitory neurons and synapses in mouse cortical demyelinated lesions

To investigate whether this selective neurodegeneration is driven by demyelination, we developed a novel, toxin-induced mouse model of focal subpial cortical demyelination. Using a macroporous poly(ethylene glycol) (PEG) based cylindrical scaffold (termed cryogel), we delivered the demyelinating toxin lysophosphatidylcholine (LPC) directly onto the surface of the motor cortex (Fig. 2a). We have previously shown that this method generates focal cortical lesions ex vivo, in organotypic slice cultures [14]. In vivo, a single subpial focal demyelinating lesion was formed below the LPC-loaded cryogel at two weeks post-surgery (Fig. 2e, h) as shown by the lack of myelin basic protein (MBP) signal at the lesion site and reduced signal in the perilesion area in the upper cortical layers (defined as the area extending 150 μm from the lesion border in cortical L2/3—Online Resource Fig. 3a). The demyelinated lesions extended approximately 250 μm from the cortical surface into L2/3 and were an average of 654 μm wide at 2 weeks.
post-surgery (Online Resource Fig. 3c, d). In both lesion and perilesion sites, there were increased numbers of ionized calcium binding adaptor molecule 1 (IBA1)-positive microglia/macrophages (Online Resource Fig. 3e, g, i) and glial fibrillary acidic protein (GFAP)-positive astrogliosis (Online Resource Fig. 3j, l, n). No effects on gliosis or myelin were observed in the contralateral hemisphere (Fig. 2d, g, Online Resource Fig. 3b, f, h) or when PBS-loaded cryogels were applied (Fig. 2b, c & Online Resource Fig 3k, m). At 3 weeks post-surgery, the focal demyelination persisted (Fig. 2f, h), but with a significant reduction of microglia in the lesion compared to 2 weeks post-surgery (Online Resource Fig. 3g, i) and an attenuation of astrogliosis (Online Resource Fig. 3l, n). Axonal loss was not
the area covered by PV + puncta, excluding PV + cell bodies 3 weeks post-surgery (Fig. 3d). Additionally, we assessed perilesion areas (Fig. 3a, b and c) and this persisted at the LPC treated motor cortex, affecting both lesion and density of PV + interneurons at 2 weeks post-surgery in lead to selective neurodegeneration. We found a reduced Fig. 3o, p and q).

Using our model, we asked if demyelination can directly lead to selective neurodegeneration. We found a reduced density of PV + interneurons at 2 weeks post-surgery in the LPC treated motor cortex, affecting both lesion and perilesion areas (Fig. 3a, b and c) and this persisted at 3 weeks post-surgery (Fig. 3d). Additionally, we assessed damage to PV + fibers (axons, dendrites) by quantifying the area covered by PV + puncta, excluding PV + cell bodies, (Fig. 3e, f) which revealed a marked loss of inhibitory fibers in both lesion and perilesion areas by 3 weeks post-surgery (Fig. 3g, h), accounting for the observed total axonal loss seen in Fig. 2i. In contrast, LPC-induced focal subpial demyelination did not alter the densities of vesicular glutamate transporter 2 (VGLUT2)—expressing excitatory pyramidal neurons in cortical L2/3 when compared to PBS controls at 2 or 3 weeks post-surgery (Fig. 3i, j, k and l); consistent with the human post-mortem data.

The impact of demyelination on the inhibitory network was further corroborated by a differential effect on the density of inhibitory (Fig. 4a, b) and excitatory synapses (Fig. 4c, d) between PBS control and LPC-lesioned animals at 2 and 3 weeks post-surgery. Fewer inhibitory synapses were detected in the demyelinated lesions by 3 weeks post-surgery compared to PBS controls as measured by automated quantification of the density of overlapping pre-synaptic VGAT and post-synaptic Gephyrin puncta (Fig. 4d), with the reduction initiating at 2 weeks (Fig. 4c). The reduction of the inhibitory synapses was attributed to a loss of pre-synaptic components, evident in both lesion and perilesion sites (Online Resource Fig. 4e, d). However, excitatory synapses (overlapping presynaptic vesicular glutamate transporter 1 (VGLUT1) and post-synaptic PSD95 from PSD95-GFP reporter transgenic mouse) did not differ at either time point between LPC-lesion, perilesion and control cortex (Fig. 4g, h; Online Resource Fig. 4a, b).

In summary, the generation of a single and focal subpial demyelinated cortical lesion in the mouse motor cortex caused a significant and early reduction in the numbers of PV + interneuron somata and corresponding fibers and synapses, but without any change in excitatory neuron number and synaptic density. Our results successfully replicate the pattern of neurodegeneration seen in the human MS motor cortex and show that focal demyelination can lead to this neurodegeneration.

**Functional loss of inhibition is the earliest event after lesion formation**

Histological evidence from our mouse model indicates a selective effect of demyelination on inhibitory neural components. We next asked whether this translated into a functional impairment of neuronal circuitry. To determine the functional consequences of these structural changes, we performed whole-cell patch-clamp recordings from L2 neurons within the LPC-induced demyelinated lesion in the motor cortex compared to PBS controls at 2 weeks post-surgery. To assess the formation of functional synapses, we recorded miniature excitatory and inhibitory postsynaptic currents (mEPSC and mIPSC) recorded at −70 mV and 0 mV, respectively, in the presence of 500 nM tetrodotoxin (TTX, Fig. 4i). We could reliably identify mEPSCs, resulting from putative AMPA receptor-mediated excitatory synapses and mIPSCs, arising from putative GABA A receptor-mediated inhibitory synapses, which reflect synapses located closest to the soma [19]. The properties of mEPSCs was similar to previous reports from L2/3 of the motor cortex[29]. Consistent with our histological analysis, we observed no difference in the amplitude (Fig. 4j), frequency (Fig. 4k) or charge-transfer (Fig. 4l) of mEPSCs in L2 neurons from demyelinated or control animals. To assess the function of inhibitory synapses, we next assessed mIPSC properties. In neurons from demyelinated lesions at 2 weeks post-surgery, there was a significant 25% decrease in mIPSC amplitude (Fig. 4l), which was accompanied by a 32% decrease in mIPSC frequency (Fig. 4k). Together, this resulted in a net 44% reduction in total inhibitory charge (Fig. 4m), consistent with a major loss of inhibitory synapses. These data verify a functional effect, consistent with of the observed inhibitory synapse loss after demyelination.
**Fig. 3** a and b Immunohistochemistry of PBS (a) and LPC (b) treated animals for PV (white) with Hoechst (blue) two weeks post-surgery. Scale bar: 100 μm. c–d Quantification of PV+ neurons in L2/3 of PBS and LPC-treated animals two weeks (c, PBS: mean 136.1 ± 12.71 SEM neurons/mm², N=5, Lesion: mean 12.71 ± 9.107 SEM neurons/mm², Perilesion: mean 69.96 ± 17.23 SEM neurons/mm², N=5; each point is an animal, One-way ANOVA) and three weeks post-surgery (d, PBS: mean 120.8 ± 4.876 SEM neurons/mm², N=5, Lesion: mean 25.46 ± 5.756 SEM neurons/mm², Perilesion: mean 59.35 ± 10.80 SEM neurons/mm², N=6; each point is an animal, One-way ANOVA). e–f Immunohistochemistry of PBS (e) and LPC (f) treated animals for PV (white) with Hoechst (blue) focusing on PV+ puncta at L2/3, two weeks post-surgery. Scale bar: 50 μm. g–h Quantification of PV+ area in L2/3 of PBS and LPC-treated animals two weeks (g, PBS: mean 1211 ± 45.12 SEM μm², N=3, Lesion: mean 831.7 ± 47.26 SEM μm², Perilesion: 981.0 ± 40.64 SEM μm², N=6; each point is an animal, One-way ANOVA) and three weeks post-surgery (h, PBS: mean 1373 ± 102.4 SEM μm², N=4, Lesion: mean 968.1 ± 50.00SEM μm², Perilesion: mean 1121 ± 90.13 SEM μm², N=6; each point is an animal, One-way ANOVA). i–j Immunohistochemistry of PBS (i) and LPC (j) treated animals for VGLUT2 (white) with Hoechst (blue) two weeks post-surgery. Scale bar: 100 μm. k–l Quantification of VGLUT2+ neurons in L2/3 of PBS and LPC-treated animals two weeks (k, PBS: mean 1328 ± 93.33 SEM neurons/mm², N=4, LPC: mean 1234 ± 31.72 SEM neurons/mm², N=5; each point is an animal, Mann Whitney test) and three weeks post-surgery (l, PBS: mean 1741 ± 54.65 SEM neurons/mm², N=3, LPC: mean 1492 ± 39.51 SEM neurons/mm², N=5; each point is an animal, Mann Whitney test)
These electrophysiological recordings confirm that focal subpial grey matter demyelination is sufficient to cause functional loss of inhibitory synapses with no change in excitation in the cortex, in line with the selective anatomical neurodegeneration of the inhibitory components.

Discussion

We have identified a distinct neurodegenerative signature in the secondary progressive MS motor cortex characterized by the selective loss of interneuron subtypes and their connections. In a preclinical mouse model, we showed that this selective vulnerability is secondary to cortical demyelination and affects PV+, fast-spiking interneurons. The anatomical loss of PV+ interneurons is quickly translated into a functional neurophysiological impairment of the inhibitory circuitry, providing a link between grey matter demyelination and selective neurodegeneration of inhibitory neuronal components.

The selective effect on the inhibitory network in the human progressive MS motor cortex opposes the initial hypothesis that MS-induced neurodegeneration affects all neuronal types equally. Although at post-mortem we can only study the end-stage of a chronic and progressive disease, our results indicate that the inhibitory neural network is more susceptible to damage and/or less receptive to repair than the excitatory one. This is in direct contrast to a recent article showing no loss of PV neurons but instead a loss of the upper layer CUX2-expressing projection neurons in MS tissue, using snRNAseq [40]. This may simply be as these samples were combinations of white matter and grey matter with PV+ cells forming less than 2% of the total cells so that population changes in this low number of cells may have been missed. We saw no significant change in CUX2+ cells using a CUX2 antibody in our samples, rather than a CUX2 RNA probe (as used in [40]). It is worth noting that the CUX2 transcript is expressed in the PV interneuron cluster as well as in the excitatory neurons, therefore, the loss seen may be related to the loss of some PV+ neurons.

Post-mortem analysis cannot explain the exact role of demyelination in MS neurodegeneration as there is no temporal data and inflammatory damage or excitotoxic damage due to neuronal network dysfunction still remain potential contributors to the observed interneuron vulnerability [15, 31]. As our findings are very similar between demyelinated and normal appearing grey matter, it is possible that the latter is not normal, either due to damage followed by remyelination (which is difficult to distinguish due to sparse cortical myelination) or as perilesional areas (with the demyelinated lesion excluded from the sampled section due to tissue size). Therefore, to understand if demyelination was the cause of the selective neurodegeneration in human motor cortex, the development of our mouse model was necessary.

Our preclinical model complements existing other rodent models of cortical demyelination: focal EAE (experimental allergic encephalomyelitis) and global cuprizone. Our model permits the generation of a focal subpial cortical lesion of controlled and limited size, in contrast to the global cortical and white matter demyelination observed in the cuprizone model [34] and avoids T-cell driven inflammatory demyelination, provoked in EAE [35]). It successfully models the subpial lesions of cortical demyelination also seen in human post-mortem MS tissue and it is well tolerated.

A single focal demyelinated lesion in the superficial cortical layers of mouse replicated the loss of interneuron somata, axons and their inhibitory synapses, as observed in the human tissue and resulted in a functional impairment of inhibitory transmission. PV+ interneurons, PV+ fibers and inhibitory synapses were very quickly lost after demyelination which led us to the question as to why inhibitory interneurons are more at risk than pyramidal neurons after cortical demyelination. Part of the answer may rely on the location of myelinated neurons, the amount of myelination per axon and the importance of myelination for their metabolic support.

Excitatory pyramidal neurons have their soma in a specific cortical layer and send their axons over long distances, often innervating distant brain areas. Many also show discontinuous patterns of myelination [45]. Conversely, most cortical interneurons have short but elaborate axonal processes that reside in the same cortical area [17]. A large fraction of cortical interneuron axons is myelinated in rodents and humans, the majority of which belong to the PV+ basket cells, the most abundant cortical interneuron subtype [37, 38, 42, 43, 51]. In mouse, approximately 65% of each PV+ axon is covered by myelin compared to approximately 25% for SST+ and 10% for vasoactive intestinal polypeptide expressing interneurons suggesting that these different myelination patterns reflect nuances in the importance of myelination for each neuronal subtype [51]. Heavily myelinated PV+ basket cells directly target the soma and proximal dendrites of pyramidal neurons and other interneurons mediating fast rhythmic inhibition, which requires a constant supply of ATP as manifested by their increased numbers of axonal and pre-synaptic mitochondria and cytochrome c oxidase [11, 20]. This implies that PV+ axons are more reliant on the metabolic coupling between the axon and the oligodendrocyte for nutrient supply. Indeed, previous studies in which the cytochrome c oxidase pathway was ablated showed preferential deficits in the recruitment of inhibition suggesting a causal link [5]. Given the location of these cells, their locally projecting axons and their dependence on myelination it is reasonable to speculate that the relative amount of myelin...
lost per axon is higher for PV+ interneuron axons than pyramidal ones, which renders them more susceptible to irreversible damage when the superficial cortical layers are demyelinated.

In the mouse model, the fast loss of PV+ interneurons after demyelination coincided with a marked accumulation of microglia and increased astrogliosis at the lesion site. Although no reactivity of either cell type was observed prior to demyelination in our model, in contrast to what was observed previously for EAE [48] and that LPC-induced demyelination is known to provoke a microglial and astroglial response, these responses may also contribute to the overall interneuron damage after demyelination. The fast loss of PV+ interneurons also resulted in a marked reduction
in the frequency, amplitude and charge transfer of inhibitory post-synaptic currents albeit with no effect on excitatory post synaptic currents. This functional impairment of inhibitory transmission observed in rodents is of relevance to human MS. In the healthy human motor cortex, GABAergic neurotransmission is related to motor learning and use-dependent plasticity [28, 41]. In secondary progressive MS, GABA levels were found reduced in the somatosensory cortex of patients and were linked to reduced motor performance [9, 47]. We now provide evidence that this selective neurodegeneration observed in both our rodent model and human MS can be secondary to cortical demyelination, primarily through loss of PV+ interneurons, their axons and synapses. This new understanding of the pattern of cortical neurodegeneration in MS allows us to think more strategically about neuroprotective therapies, perhaps by providing increased and targeted support to PV+ interneurons and selectively increasing their remyelination. Our new preclinical mouse model gives us a tractable relevant system to carry out drug screens to test this strategy with the aim of developing new treatments for progressive MS.

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