Advances in the Regulatory Effects of Bioactive Peptides on Metabolic Signaling Pathways in Tumor Cells

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Abstract

Changes in cell metabolism are an important feature of tumors that has always been an intense topic of study, particularly in regard to whether metabolic disorders are a cause or an effect of tumorigenesis. Studies have shown that the processes underlying metabolic changes in tumors involve the activation of protooncogenes and the inactivation of cancer suppressor genes, as well as changes in metabolic flux in cells due to the abnormal activation of signaling pathways that modulate metabolic enzymes and/or metabolic regulatory proteins at several levels, including transfer and posttranslational modification. Thus, the repair of abnormal metabolic pathways via intervention in the relevant tumor metabolic pathways that impact specific targets has become a new method of cancer prevention and treatment. Bioactive peptides, which have many biological functions, could specifically target malignant tumors. Their interaction with signal transduction molecules involved in the development and transference of tumors could regulate the relevant cell metabolic pathways and inhibit the development of tumors and/or accelerate apoptosis in tumor cells. In this review, several aspects of tumor suppression using bioactive peptides will be discussed and summarized, including the regulation of the PI3K/AKT/mTOR, AMPK, and STST3 signaling pathways, the modulation of the TRAIL death receptor signaling pathway, the regulation of aerobic glycolysis by PKM2, and the modulation of the NF-κB signaling pathway, to aid in the search for better and more specific antineoplastic drugs in the form of bioactive peptides.

Key words: bioactive peptide, tumor, cell metabolism, signaling pathway

Introduction

Changes in cell metabolism are an important feature of tumors in terms of tumorigenesis and the development of the tumor; whether these changes are a cause or an effect of tumorigenesis has always been a topic of intense study. It was first revealed by the Nobel Prize winner Otto Warburg in 1924 that compared to normal mature cells, tumor cells consume more glucose with greater efficiency to generate energy and support the need for rapid growth. Even when enough oxygen is present, the tumor cell degrades excess glucose it takes in via glycolysis, which produces a large amount of lactic acid, instead of using the process that involves the three carboxylic acid cycle and oxidative phosphorylation. This describes the famous “Warburg Effect” [1]. The only way for a tumor cell to acquire energy is via the degradation of glucose, which is an essential metabolic process in malignant tumors [2,3]. Both genetic and epigenetic factors have different levels of impact on various signaling pathways in cells. The carcinogenic signaling pathway would eventually alter the metabolic pathways, including those underlying glyco-metabolism, lipid metabolism, cholesterol metabolism, and iron metabolism. These changes in metabolism are an indispensable part of the process of tumorigenesis and the development of tumors [4]. Through these unusual metabolic pathways, tumor cells acquire the necessary materials and energy for nonstop proliferation; thus, research on the relevant metabolic pathways and mechanisms may improve
the treatment of cancer by finding ways to intervene in signaling pathways in tumor cells, to inhibit cancer development and transference and, finally, to induce apoptosis in cancer cells [5].

Usually, bioactive peptides would have 2-20 amino acid residues, and their activity would vary depending upon the different kinds of amino acids they contained and their sequence. They have many biological functions, including anti-oxidation, anti-proliferation, and the inhibition of tubulin polymerization and cytotoxicity. The functions of these peptides show that they have the potential to be used in cancer treatment [6-8]. There are various kinds of bioactive peptides that possess different biological functions and have close relationships with many regulation systems in the human body. Scholars in this field have already conducted many studies on various aspects of cancer, including its pathology, cellular molecules, genes and proteins, and the results have shown that bioactive peptides are preferable for use in the modulation of growth and metabolism in tumor cells. The peptides that have been studied include bioactive peptides that were extracted from the splenic organs of animals and spirulina [9-11].

There are several metabolic pathways in tumor cells: the PI3K/AKT/mTOR pathway, AMPK pathway, STAT pathway, various stress pathways (heat shock, DNA damage, p53, anaerobic, and p38/JNK pathways), inflammatory cytokine pathways (cox-2 and NF-κB pathways), survival pathways (NF-κB pathway), TNF-apoptotic pathway, and anti-proliferation pathway (TGF-β pathway) [12-17]. In this review, the main signaling pathways used by bioactive peptides to modulate the metabolism of tumor cells, including the PI3K/AKT/mTOR, AMPK, STAT3, TRAIL death receptor signal, and NF-κB signaling pathways, will be discussed and summarized. This review is expected to provide a reference for further studies on the mechanisms underlying the inhibition of the proliferation of tumor cells by bioactive peptides, as well as the development of antineoplastic foods and drugs.

Regulation of the PI3/AKT/mTOR signaling pathway by bioactive peptides

PI3/AKT/mTOR signaling pathway

The PI3K/AKT/mTOR signaling pathway, which is closely related to the growth and proliferation of cells, is an important pathway in cells [18]. The PI3K/AKT/mTOR signaling pathway in tumor cells is always activated, which increases their rates of growth and survival. There are three main ways to activate this pathway: 1) saltation of PI3KCA; 2) activation of receptor tyrosine kinase; 3) loss of PTEN activity, which reduces the decomposition of acid groups that are activated by PI3K in tumor cells [19]. Studies have shown that AKT, one of the downstream effector genes of PI3K, could stimulate tumor cells and switch their method glucose consumption to aerobic glycolysis. AKT, which is activated by PI3K, PDK1, and mTORC2, accelerates anaerobic respiration and aerobic oxidative catabolism in cells after activation by upregulating the expression of glucose transporters (GLUT1, GLUT2, and GLUT4) and directing them to the cell membrane, which increases the uptake of glucose. Additionally, AKT1 can phosphorylate the key enzymes involved in glycolysis, including hexokinase and phosphofructokinase 2 [20]. In addition, usually only hypoxic conditions lead to the abundant expression of HIF1α, which would not be ubiquitinated and decomposed rapidly under in those circumstances. However, when PI3K/AKT/mTORC1 is activated, even when there is enough oxygen, the expression of HIF1α will be upregulated. As a translator, HIF1α could promote the expression of many key proteins involved in anaerobic respiration [21]. In addition, mTORC1 could promote the de novo synthesis of some lipids and the expression of key enzymes that interact withpentose phosphoric acid, which would contribute to the process of glycolysis in tumor cells and, in turn, promote proliferation and invasion [22].

Recently, researchers have found a new kind of polypeptide that is encoded by lncRNA LING00961 and is located in nucleus and lysosome that interacts with the lysosomal V types of ATP enzymes to inhibit the activity of mTORC1. This polypeptide is known as the small regulatory polypeptide of amino acid response (SPAR). Further studies have shown that when it is damaged, the lncRNA encoding SPAR would be inhibited when skeletal muscle is damaged; in the meantime, SPAR could lower the activity of mTORC1 and aid in the process of anathrepsis, which implies that the activity of mTORC1 may be modulated in a tissue in a specific way in response to damage and provides new evidence for the regulation of certain organized biological functions by the lncRNA-coded polypeptide [23].

Li and his colleagues have discovered a polypeptide fragment within the noncollagen NC1 domain of the collagen IVα3 chain that encodes a tumstatin with a relative molecular weight of 28 kDa that contains 244 amino acid residues. When combined with integrin αvβ on the surface of endotheliocytes independently of RGD, the polypeptide fragment is able to inhibit the phosphorylation of the tyrosine residues in FAK (focal adhesion kinase), which inhibits the activity of FAK and, in turn, leads to the suppression of PI3 kinase (phosphatidylinositol
3 kinase); as a result, the activity of PKB/Akt (protein kinase B) would be inhibited and endotheliocyte proliferation would be slowed. On the other hand, tumstatin is the inhibitor of the mTOR kinases and an essential protein for the process of cellular signal conduction; therefore, the phosphorylation of 4E-BP1 would be inhibited and the binding of 4E-BP1 and eIF4E would be strengthened, and this would result in the inhibition of HAT-dependent translation and the generation of endotheliocytes, which would thus promote their apoptosis [24]. As shown in Fig 1.

**Regulation of the AMPK signaling pathway by bioactive peptides**

AMPK (AMP-activated protein kinase) functions as a coordinator of the growth and metabolism of cells. By inhibiting mTORC1, AMPK can, in turn, regulate the activity of AKT; thus, AMPK is essential for metabolism regulation [25]. In tumor cells, some oncogenes and saltated antioncogenes inhibit the AMPK signaling pathway, which causes the growth of cells to no longer be regulated in step with energy metabolism and would lead to the survival of tumor cells even in abnormal nutritional conditions. For example, LKB1, an antioncogenic kinase that is required for the activation of AMPK, is usually saltated nonsmall cell cancer and cervical cancer [26]. After the loss of AMPK activity, AKT is able to activate mTOR and HIF1 [27].

The research of Wang [28] and Mo[29] has shown that the Hippo signaling pathway may be manipulated to regulate the metabolism of glucose. During this process, there are two key proteins, YAP and AMPK, that are involved in signal cascade events. YAP functions as a helper in the growth and transference of cancer cells. The researchers found that when there is insufficient glucose in the environment, the AMPK enzymes would be activated and cause the YAP protein to be deactivated. Additionally, the regulation of YAP can be achieved via partial manipulation of the GLUT3 gene, which participates in processes involved in glucose metabolism. As shown in Fig 2.

**Figure 1.** The PI3/AKT/mTOR signaling pathway in tumor cells and regulation by bioactive peptides of the PI3/AKT/mTOR signaling pathway. The PI3/AKT/mTOR pathway is an important signaling pathway for intracellular glucose metabolism, lipid metabolism, and protein metabolism. Small regulatory polypeptide of amino acid response (SPAR) reduced the activity of mTORC, while tumstatin inhibited the mTOR pathway.

**Figure 2.** Functioning of the AMPK signaling pathway in cell metabolism and its regulation by bioactive peptides. The regulation of YAP can be achieved via partial manipulation of the GLUT3 gene, which participates in processes involved in glucose metabolism.
Regulation of the STAT3 signaling pathway by bioactive peptides

STAT3 is the most ancient and active member of the STAT family. It is widely expressed in many organisms and can be activated in many ways. In addition, it participates in many biological processes, including those underlying chronic inflammation, oxidative stress, apoptosis, cell proliferation, and the restoration and regeneration of tissues. Meanwhile, it has different functions in various cells and tissues and therefore performs differently in various internal environments and disease states [30,31]. The gene encoding STAT3 is located on chromosome 12 in humans. To date, three types of STAT3 coding genes have been discovered: STAT3α, STAT3β, and STAT3γ. STAT3 exists in the cytoplasm and can be activated by various substances, including cytokines, growth factors, and G-CSF, and transferred into the nucleus to combine with its target gene to regulate the expression of the genes that carry out its functions [32]. Usually, STAT3 can be activated through the JAK/STAT pathway, Ras/MAPK pathway and nonreceptor tyrosine kinase pathway. The most common way STAT3 is activated is through the JAK/STAT pathway, which occurs via the following process: 1) ligands combine with receptors on the cell membrane to cause dimerization of the receptors; 2) the dimerized receptors activate JAK and facilitate its phosphorylation; 3) activated JAK facilitates phosphorylation of STAT3, which has many phosphorylation sites, including tyrosine, serine, and cysteine; the most important of these is the tyrosine 705 site that is required for the activation of STAT3 (the latest research has shown that the serine 727 is an inhibitor of downstream signal conduction, and the cysteine 259 site functions as an inhibitor of the STAT3 pathway as well); 4) the phosphorylated STAT3 dimerizes and enters the nucleus to bind with target gene promoters and thus increase their expression [33-35].

Currently, studies of the targeted inhibition of STAT3 during treatment of tumors have shown that the following methods are theoretically efficient for use in the treatment of cancer: the inhibition of protein kinases upstream of the STAT3 pathway; the inhibition of inflammation factors and receptor coupling compounds (e.g., IL-6, IL-6R/gp130 compound); inhibition of the dimerization of STAT3; blockage of nuclear translocation of STAT3; promotion of phosphatase activity upstream of the STAT3 pathway; decrease in the DNA binding ability and transcriptional activity of the STAT3 pathway [36,37] Although tyrosine-phosphorylated short-peptides can greatly promote the proliferation of normal cells and reduce their apoptosis, they can hardly pass through the membrane, which restricts their wide application. Recent studies have been focused on the use of benzoyl drugs to filter, fabricate and modify them so their inhibition efficacy and biological structure-activity can be improved to increase their ability to be effective for treatment [38,39]. Nagel-Wolfrum et al. filtrated a STAT3 peptide aptamer that has been shown to have specific actions using a traditional yeast two-hybrid system [40]. After it was applied to the tumor cells, they discovered that the expression level of Bcl-xL protein was decreased within the entire STAT3 pathway, which led to the apoptosis of tumor cells. Borghouts et al. combined Western blot, gel electrophoresis and filtration with an anti-His tag to produce a specific STAT3 aptamer that inhibited signaling of STAT3 in human MZ-54 glioma cells, which resulted in the inhibition of proliferation in tumor cells [41]. As shown in Fig 3.

Regulation of the TRAIL death receptor pathway by bioactive peptides

TNF-related apoptosis inducing ligand (TRAIL), which is also known as APO2L, is a type II transmembrane protein and a member of the TNF family. TRAIL functions as immunological surveillance for anti-tumor purposes as part of the immune system, and its apoptosis-inducing c-terminal region is highly homologous with that of other TNF family members (including Fas and TNF). It is one of the important representatives of tumor cell apoptosis-inducing biological drugs [42]. Usually, TRAIL acts on two kinds of receptors in the human body: TRAIL R1 and R2, which are also known as DR4 and DR5. The receptors are located on the cell membrane and can induce exogenous cell apoptosis or the death receptor pathway, which does not require the presence of p53; therefore, its antineoplastic activity is more extensive than that of therapeutic agents for DNA damage [43].

Under physiological conditions, TRAIL can act on four different transmembrane receptors in the human body: DR4, DR5, DCR1, and DCR2. TRAIL and its ligand combine to form a homogenous trimer, which is the functional form that activates APO2L when it acts on related receptors [44]. Because DCR1 lacks an intracellular domain while DCR2 has a truncated intracellular domain, they compete against one another to bind to TRAIL at similar binding sites. In addition, TRAIL can act on OPG to negatively regulate osteoclast formation and bone resorption, but the effects of TRAIL on OPG are much weaker than on other receptors. Cell apoptosis was shown to be initiated by the binding of DR4 and DR5 with ligands in the co-located signal domain of cell death [45]. Similarly, to CD95L, TRAIL has apoptotic effects but does not affect normal cells, which makes TRAIL an attractive research target for cancer therapy.
Mahmood et al. found that many tumor cells resist apoptosis by developing resistance to TRAIL ligands or inhibition of the relevant signal transduction pathways, mainly by upregulating the expression of various apoptotic inhibitors, such as IAPs, anti-apoptotic Bcl-2 family protein, Caspase family proteins, c-FLIP, cytochrome C and Smac in mitochondria [46]. Wilson et al. used phage display technology to identify PLVAP peptides that contain sulfide structures in their conserved area, which can prevent DR5 signaling in lung cancer cells and thereby block apoptosis; however, because the DR protein combining site has several different functions, if other similar combinations of small molecular peptides can be made with DR5, it may be plausible to induce DR conformational changes and signaling pathway activation to trigger the TRAIL apoptosis signal and thereby initiate apoptosis [47]. Shen et al. applied a low dose of glutathione oxidase simulant 2-TeCD in the presence of TRAIL to kill breast cancer cells and found that 2-TeCD could moderately upregulate the expression of DR protein in the TRAIL pathway and block the activation of the NF-κB pathway, thus reducing metabolism in breast cancer cells. They also speculated that after adjusting the dose of the analog 2-TeCD, the TRAIL pathway could be sensitized by 2-TeCD via activation of the caspase pathway and thus induce apoptosis [48]. Our previous study found that anticancer bioactive peptides (ACBPs) had the remarkable ability to inhibit human gastric cancer growth both in vitro and in vivo [49] and to sensitize tumor cells to cisplatin [50]. Furthermore, we also found that ACBPs suppress human colorectal tumor cell growth and induce apoptosis via modulation of the PARP-p53-Mcl-1 signaling pathway [51]. As shown in Fig 4.

**Regulation of the NF-κB signaling pathway by bioactive peptides**

As a member of the NF-κB/Rel family, NF-κB is a heterologous dimer composed of p50 and Rel A. The NF-κB signaling pathway can be found in most eukaryotes. It participates in the transcriptional regulation of many genes and is involved in tumor formation, the inflammatory cascade and apoptosis [52]. Experiments have proven that many factors can promote the activation of the NF-κB signal conduction pathway. Three main pathways have been found: the classical pathway, the bypass pathway and the NF-κB activation pathway, which involves precursor protein p105 [53]. Sustained activation of the NF-κB signaling pathway allows for the transcription of genes that are highly expressed in some tumor cells, while NF-κB can promote the expression of angiogenesis-related...
factors, including u-PA, VEGF, ICAM-1 and MMP, and the proliferation of malignant tumor vessels [54,55]. Researchers have found that in many tumor cells, mutagenesis or abnormal degradation will occur in the presence of IkB, while in normal cells the number of IkB molecules does not change [56]. In addition, NF-kB can be activated by cancerous proteins and viruses in many cells and thereby induce cell carcinogenesis [57].

As for the relationship between the activity of NF-kB and tumors, the growth or proliferation of tumor cells can be blocked by inhibiting the activity of related proteins in the NF-kB signaling pathway, thereby reducing the metastasis of tumor cells and improving the therapeutic effects of tumor treatment [58]. SP is a type of bioactive peptide that is widely distributed in the central nervous system. Not only does it enhance phagocytic activity in mononuclear macrophages, promote the proliferation of T cells, and increase the synthesis and secretion of immunoglobulin by B cells, but it also binds to the signaling receptor NK-1 and activates MAPK to initiate the NF-kB signaling pathway [59]. Lieb et al. found that in the NF-kB signaling pathway, SP can transform the external information obtained from the binding of molecules to receptors into a signal that can be recognized inside tumor cells, which will then stimulate the expression of cell growth factor, induce DNA synthesis, and promote the proliferation and migration of tumor cells. In addition, the amount of p65 protein in cells is very small prior to their over-activation by the NF-kB pathway, which causes the massive expression of p65 and the nuclear displacement of p65 to serve as important markers of activation of NF-kB pathway and initiation of the NF-kB inflammatory factor pathway [60]. Shahrokhi et al. found that SP could promote the expression of p65 in tumor cells and activate the nuclear transcription factor NF-kB using a Western blot method that effectively identified p65 protein in the osteoclast tumor cells. This mechanism mainly promotes the nuclear translocation of p65 proteins. Since DNA in tumor cells and p65 have a very high affinity, p65 can serve as an efficient identifier of specific targeted tumor cells [61]. As shown in Fig 5.

Conclusions

Due to the development of metabolomics and imaging detection technology, the complex metabolic changes that are involved in the occurrence and development of tumors have become increasingly clear. The topics of research into tumor metabolism have also gradually shifted from simple glycolysis to interactions with the tumor microenvironment, tumor heterogeneity and clinical diagnosis. Metabolic regulation is not only a basic activity during tumor growth but also a powerful tool that can be used by the tumor to break through the growth barrier. The flexible and complex metabolic patterns in a tumor can not only promote tumor adaptation to different microenvironments but also contribute to the secretion of inflammatory factors that will inhibit the functioning of immune cells in the microenvironment and, thus, will interfere with normal metabolism in the body to create an environment that will promote the malignant progression of tumor cells. In addition, tumor cells share the same metabolic pathways as normal cells, which makes it difficult to intervene in processes of tumor metabolism without affecting normal cells. Therefore, there are still many difficulties remaining for the targeted treatment of tumor metabolism, and there are still many problems to be solved in the field of tumor metabolic regulation. Generally, active peptides consist of 2 to 30 amino acid residues and have beneficial features, such as strong curative effects, reduced side effects, small molecular weights, and easy absorption, that allow them to specifically bind to tumor tissues and interact with tumor growth-related and metastasis-related signal transduction molecules to inhibit tumor growth and metastasis and promote apoptosis in tumor cells. The signaling pathways involved in tumor metabolism to which bioactive peptides can be applied include PI3K/AKT/mTOR, AMPK, STAT3, TRAIL death receptor, and NF-kB signaling pathways. Based on this knowledge, polypeptide drugs designed and developed for targeted intervention in signaling pathways are designed to provide better choices for the treatment of the related clinical diseases.

At present, the application of bioactive peptides as drugs, vaccines, guiding drugs, diagnostic reagents, enzyme inhibitors and drug lead compounds has a wide theoretical basis and application value. However, there are still many challenges in the actual production and clinical application of antitumor peptides. The key to the industrialization of peptide production is the transformation of related high-tech research achievements (nanotechnology, gene engineering, enzyme engineering, etc.) in ways that promote activity protection and the use of steady-state technology for the production of anti-tumor active peptides. There are many defects in antitumor active peptides, such as frequent degradation within the body, short half-lives, unstable structures, and low bioavailability; also, macromolecular polypeptides may induce immune responses in the body, which greatly limits the clinical application of antitumor active peptides. Due to complexity in the spatial structure of peptides, their molecular characterization
is difficult. Therefore, to further improve their application to this field, it is suggested that researchers vigorously develop all types of resources for antitumor active peptides, improve the efficiency of the preparation of antitumor active peptides, reduce their production cost using molecular modification, and utilize slow release or corresponding pseudo-peptide drug development methods to improve the stability of the peptides in the body in a way that increases their solubility and biological titer and prolongs their half-life. In addition, the mechanisms underlying the effects of antitumor active peptides from various sources and their clinical applications should be studied further.

Figure 4. The TRAIL death receptor pathway and its regulation by bioactive peptides. TRAIL acts on two kinds of receptors in human body: TRAIL R1 and R2, which are also known as DR4 and DR5. Other receptors, TRAIL R3 and R4, which are known as DcR1 and DcR2, are decoy receptors for OPG. PLVAP peptides may cause DR conformational changes and signaling pathway activation, which triggers the TRAIL apoptosis signal and leads to apoptosis. Furthermore, 2-TeCD could moderately upregulate the expression of DR protein in the TRAIL pathway and, thus, inhibit metabolism in cancer cells.

Figure 5. Regulation of NF-κB signaling pathway by bioactive peptides. As a member of the NF-κB/Rel family, NF-κB is a heterologous dimer composed of p50 and Rel A (p65). SP can transform the external information obtained from the binding of molecules to receptors into a signal that can be recognized inside tumor cells, which can then promote the expression of p65 in tumor cells and activate the nuclear transcription factor NF-κB.
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Author Contributions

H.C., W.H. and X.S. designed the study, and wrote the review. X.S. conceived, designed the review. H.C., J.Z. and Z.Z. edited and revised review. All authors discussed and approved the final version.

Competing Interests

The authors have declared that no competing interest exists.

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