Linguistic constraints modulate speech timing in an oscillating neural network

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Abstract

Neuronal oscillations putatively track speech in order to optimize sensory processing. However, it is unclear how isochronous brain oscillations can track pseudo-rhythmic speech input. Here we investigate how top-down predictions flowing from internal language models interact with oscillations during speech processing. We show that word-to-word onset delays are shorter when words are spoken in predictable contexts. A computational model including oscillations, feedback, and inhibition is able to track the natural pseudo-rhythmic word-to-word onset differences. As the model processes, it generates temporal phase codes, which are a candidate mechanism for carrying information forward in time in the system. Intriguingly, the model's response is more rhythmic for non-isochronous compared to isochronous speech when onset times are proportional to predictions from the internal model. These results show that oscillatory tracking of temporal speech dynamics relies not only on the input acoustics, but also on the linguistic constraints flowing from knowledge of language.
Introduction

Speech is a biological signal that is characterized by a plethora of temporal information. The temporal relation between subsequent speech units allows for the online tracking of speech in order to optimize processing at relevant moments in time [1-7]. Neural oscillations are a putative index of such tracking [3, 8]. The existing evidence for neural tracking of the speech envelope is consistent with such a functional interpretation [9, 10]. In these accounts, the most excitable optimal phase of an oscillation is aligned with the most informative time-point within a rhythmic input stream [8, 11-14]. However, the range of onset time difference between speech units seems more variable than fixed oscillations can account for [15-17]. As such, it remains an open question how is it possible that oscillations can track a signal that is at best only pseudo-rhythmic [16].

Oscillatory accounts tend to focus on the prediction in the sense of predicting “when,” rather than predicting “what”: oscillations function to align the optimal moment of processing given that timing is predictable in a rhythmic input structure. If rhythmicity in the input stream is violated, oscillations must be modulated to retain optimal alignment to incoming information. This can be achieved through phase resets [15, 18], directly coupling of the acoustics to oscillations [19], or the use of many oscillators at different frequencies [2]. However, the optimal or effective time of processing stimulus input might not only depend on when you predict something to occur, but also on what stimulus is actually being processed [20-23].

What and when are not independent, and certainly not from the brain’s-eye-view. If continuous input arrives to a node in an oscillatory network, the exact phase at which this node reaches threshold activation does not only depend on the strength of the input, but also on how sensitive this node was to start with. Sensitivity of a node in a language network is naturally affected by predictions in the what domain generated by an internal language model [24-27]. If a node represents a speech unit that is likely to be spoken next, it will be more sensitive and therefore active earlier, that is, on a less excitable phase of the oscillation. In the domain of working memory, this type of phase precession has been shown in rat hippocampus [28, 29] and more recently in human electroencephalography [30]. In speech, phase of activation and perceived content are also associated [31-34] and phase has been implicated in tracking of higher-level linguistic structure [18, 35, 36]. However, the direct link between phase and the predictability flowing from a language model has yet to be established.
The time of speaking/speed of processing is not only a consequence of how predictable a speech unit is within a stream, but also a cue for the interpretation of this unit. For example, phoneme categorization depends on timing (e.g., voice onsets, difference between voiced and unvoiced phonemes), and there are timing constraints on syllable durations (e.g., the theta syllable [19, 37] that affect intelligibility [38]. Even the delay between mouth movements and speech audio can influence syllabic categorizations [20]. Most oscillatory models use oscillations for parsing, but not as a temporal code for content [39-42]. However, the time or phase of presentation does influence content perception. This is evident from two temporal speech phenomena. In the first phenomena, the interpretation of an ambiguous short /α/ or long vowel /a:/ depends on speech rate (in Dutch; [43-45]). Specifically, when speech rates are fast the stimulus is interpreted as a long vowel and vice versa for slow rates. However, modulating the entrainment rate effectively changes the phase at which the target stimulus - which is presented at a constant speech rate – arrives (but this could not be confirmed in [46]). A second speech phenomena shows the direct phase-dependency of content [31]. Ambiguous /da/-/ga/ stimuli will be interpreted as a /da/ on one phase and a /ga/ on another phase. An oscillatory theory on speech tracking should account for how temporal properties in the input stream can alter what is perceived.

In the speech production literature, there is strong evidence that the onset times (as well as duration) of an uttered word is modulated by the frequency of that word in the language [47-49] showing that internal language models modulate the access to or sensitivity of a word node [24, 50]. This word-frequency effect relates to the access to a single word. However, it is likely that during ongoing speech internal language models use the full context to estimate upcoming words [51]. If so, the predictability of a word in context should provide additional modulations on speech time. Therefore, we predict that words with a high predictability in the producer’s language model should be uttered relatively early. In this way word-to-word onset times map to the predictability level of that word within the internal model. Thus, not only the processing time depends on the predictability of a word (faster processing for predictable words; see [52, 53]), but also the production time (earlier uttering of predicted words).

Language comprehension involves the mapping of speech units from a producer’s internal model to the speech units of the receiver’s internal model. In other words, one will only understand what someone else is writing or saying if one’s language model is sufficiently similar to the speakers (and if we speak in Dutch, fewer people will understand us). If the producer’s and receiver’s internal
language model have roughly matching top-down constraints they should similarly influence the speed of processing (either in production or perception; Figure 1A–C). Therefore, if predictable words arrive earlier (due to high predictability in the producer’s internal model), the receiver also expects the content of this word to match one of the more predictable ones from their own internal model (Figure 1C). Thus, the phase of arrival depends on the internal model of the producer and the expected phase of arrival depends on the internal model of the receiver (Figure 1D). If this is true, pseudo-rhythmicity is fully natural to the brain and it provides a means to use time or arrival phase as a content indicator. It also allows the receiver to be sensitive to less predictable words when they arrive relatively late. Current oscillatory models of speech parsing do not integrate the constraints flowing from an internal linguistic model into the temporal structure of the brain response. It is therefore an open question whether the oscillatory model the brain employs is actually attuned to the temporal variations in natural speech.

Here, we aim to investigate how the pseudo-rhythmicity of speech can be explained through linguistic constrains modulations in an

**Figure 1.** Proposed interaction between speech timing and internal linguistic models. A) Isochronous production and expectation when there is a weak internal model. All speech units arrive around the most excitable phase B) When the internal model of the producer does not align with the model of the receiver temporal alignment and optimal communication fails. C) When both producer and receiver have a strong internal model, speech is non-isochronous and not aligned to the most excitable phase, but fully expected by the brain. D) Expected time is a constraint distribution which center can be shifted due to linguistic constraints.
oscillatory network. First, we show that speech timing from the Corpus Gesproken Nederlands (CGN), a Dutch spoken speech corpus, depend on the constraints flowing from the internal language model (estimated through a recurrent neural net). Next, we use a computational model to investigate how well a stable oscillator can process speech when it is combined with top-down linguistic predictions. The proposed model can explain speech timing in natural speech as well as explaining how the phase/time of presentation can influence content perception. Intriguingly, this model shows stronger rhythmic responses (higher power at mean presentation rate) for non-isochronous compared to isochronous stimuli as long as the timing is proportional to the predictions of the internal model. Our results reveal that tracking of speech needs to be viewed as an interaction between ongoing oscillations as well as constraints flowing from an internal language model [21, 24]. In this way, oscillations do not have to shift their phase after every speech unit and can remain at a relatively stable frequency as long as the internal model of the speaker matches the internal model of the perceiver.
Results

Word frequency influences word duration

We used the Corpus Gesproken Nederlands (CGN; (Version 2.0.3; 2014)) to extract the temporal properties in naturally spoken speech. This corpus consists of elaborated annotations of over 900 hours of spoken Dutch and Flemish words. We focus here on the subset of the data of which onset and offset timings were manually annotated at the word level in Dutch. Cleaning of the data included removing all dashes and backslashes. Only words were included that were part of a Dutch word2vec embedding (github.com/coosto/dutch-word-embeddings; needed for later modeling) and required to have a frequency of at least 10 in the corpus. All other words were replaced with an <unknown> label. This resulted in 574,726 annotated words with 3096 unique words. 2848 of the words were recognized in the Dutch Wordforms database in CELEX (Version 3.1) in order to extract the word frequency as well as the number of syllables per word. Mean word duration was 0.392 seconds, with an average standard deviation of 0.094 seconds (Supporting Figure 1A). By splitting up the data in sequences of 10 sequential words we could extract the average word, syllable, and character rate (Figure Supporting Figure 1B). The reported rates fall within the generally reported ranges for syllables (5.2 Hz) and words (3.7 Hz; [5, 54]).

We predict that knowledge about the language statistics influences the duration of speech units. As such we predict that more prevalent words will have on average a shorter duration (also reported in [49]). In Figure 2A the duration of several mono- and bi-syllabic words are listed with their word frequency. From these examples it seems that words with higher word frequency generally have a shorter duration. To test this statistically we entered word frequency in an ordinary least square regression with number of syllables as control. Both number of syllables (coefficient = 0.1008, t(2843) = 75.47, p < 0.001) as well as word frequency (coefficient = -0.022, t(2843) = -13.94, p < 0.001) significantly influence the duration of the word. Adding an interaction term did not significantly improve the model (F (1,2843) = 1.320, p = 0.251; Figure 2B+C). The effect is so strong that words with a low frequency can last three times as long as high frequency words (even within mono-syllabic words). This indicates that word frequency could be an important part of an internal model that influences word duration.

The previous analysis probed us to expand on the relation between word duration and length of the words. Obviously, there is a strong correlation between word length and mean word duration (number of characters 0.824, p < 0.001; number of syllables: ρ = 0.808, p < 0.001; for
number of syllables already shown above; Figure 2D+E). In contrast, this correlation is present, but much lower for the standard deviation of word duration (number of characters: $\rho = 0.269$, $p < 0.001$; number of syllables: $\rho = 0.292$, $p < 0.001$). Finding a strong correlation does not imply that for every time unit increase in the word length, the duration of the word also increases with the same time unit, i.e., bi-syllabic words do not necessarily have to last twice as long as mono-syllabic words. Therefore, we recalculated word duration to a rate unit considering the number of syllables/characters of the word. Thus a 250 ms mono- versus bi-syllabic word would have a rate of 4 versus 8 Hz respectively. Then we correlated character/syllable rate with word duration. If word duration increases monotonically with character/syllable length there should be no correlation. We found that the syllabic rate varies between 3 and 8 Hz as previously reported (Figure 2E right; [5, 54]). However, the more syllables there are in a word, the higher this rate ($\rho = 0.676$, $p < 0.001$). This increase was less strong for the character rate ($\rho = 0.499$, $p < 0.001$; Figure 2D right).
These results show that the syllabic/character rate depends on the number of characters/syllables within a word and is not an independent temporal unit [37]. This effect is easy to explain when assuming that the prediction strength of an internal model influences word duration: transitional probabilities of syllables are simply more constrained within a word than across words [55]. This will reduce the time it takes to utter/perceive any syllable which is later in a word. Unfortunately, the CGN does not have separate syllable annotations to investigate this possibility directly. However, we can investigate the effect of transitional probabilities and other statistical regularities flowing from internal models across words (see next section and [17] for statistical regularities in syllabic processing).

**Word-by-word predictability predicts word onset differences**

The brain’s internal model likely provides predictions about what linguistic features and representations, and possibly about which specific units, such as words, to expect next when listening to ongoing speech [21, 24]. As such, it is also expected that word-by-word onset delays are shorter for words that fit the internal model (i.e. those that are expected; [51]). To investigate this possibility, we created a simplified version of an internal model predicting the next word using recurrent neural nets (RNN). We trained an RNN to predict the next word from ongoing sentences (Figure 3A). The model consisted of an embedding layer (pretrained; github.com/coosto/dutch-word-embeddings), a recurrent layer with a tanh activation function, and a dense output layer with a softmax activation. To prevent overfitting, we added a 0.2 dropout to the recurrent layers and the output layer. An adam optimizer was used at a 0.001 learning rate and a batch size of 32. We investigated four different recurrent layers (GRU and LSTM at either 128 or 300 units; see Supporting Figure 4). The final model we use here includes a LSTM with 300 units. Input data consistent of 10 sequential words (label encoding) within the corpus (of a single speaker; shifting the sentences by one word at a time), and an output consisted of a single word. A maximum of four unknown labeled words was allowed in the input, but not in output. Validation consisted of a randomly chosen 2% of the data.

The output of the RNN reflects a probability distribution in which the values of the RNN sum up to one and each word has its own predicted value (Figure 3A). As such we can extract the predicted value of the uttered word and compare it with the stimulus onset delay relative to the
previous word. We entered word prediction in a regression using the stimulus onset difference between the current word in the sentence and the previous word (i.e. onset difference of words). We added the control variables bigram (using the NLTK toolbox based on the training data only), frequency of previous word, syllable rate, and mean duration of previous word (all variables that can account for part of the variance that affects the duration of the last word). We only used the test data (total of 7361 sentences, excluding all word not present in Celex. 4837 sentences). Many of the variables were skewed to the right, therefore we transformed the data accordingly (see Table 1; results were robust to changes in these transformation).

All predictors except word frequency of the previous word showed a significant effect (Table 1). The variance explained by word frequency was likely captured by the mean duration variable of the previous word which is correlated to word frequency. The RNN predictor could capture more variance than the bigram model suggesting that word duration is modulated by the
level of predictability within a fuller context than just the conditional probability of the current word given the previous word (Figure 3B+C). Importantly, it was necessary to use the trained RNN model as a predictor; entering the RNN predictions after the first epoch did not result in a significant predictor \( t(4837) = -1.191, p = 0.234 \). Also adding the predictor word frequency of the current word did not add significant information to the model \( F(1, 4830) = 0.2048, p = 0.651 \). These results suggest that words are systematically lengthened (or pauses are added). However, the same predictors are also significant when excluding sentences containing pauses.

**Speech Timing in a Model Constrained Oscillatory Network (STiMCON)**

In order to investigate how much of these duration effects can be explained using an oscillator model, we created the model Speech Timing in a Model Constrained Oscillatory Network (STiMCON). STiMCON in its current form will not be exhaustive; however, it can extract how much an oscillating network can cope with asynchronies by using its own internal model illustrating how the brain’s language model and speech timing interact [56]. The current model is capable of explaining how top-down predictions can influence the processing time as well as provide an explanation for two known temporal illusions in speech.

STiMCON consists of a network of semantic nodes of which the activation \( A \) of each level \( l \) is governed by:

\[
A_{l,T} = C_{l-1 \rightarrow l} * A_{l-1,T} + C_{l+1 \rightarrow l} * A_{l+1,T} + \text{inhib}(Ta) + \text{osc}(T)
\]  

in which \( C \) represents the connectivity patterns between the levels, \( T \) the time in a sentence, and \( Ta \) the vector of times of an individual node in an inhibition function (in milliseconds). The inhibition function is a gate function:
in which BaseInhib is a constant for the base level of inhibition (negative value, set to -0.2). As such nodes are by default inhibited, as soon as they get activated above threshold (activation threshold set at 1) Ta sets to zero. Then, the node will have suprathreshold activation, which after 20 milliseconds returns to increased inhibition until the base level of inhibition is returned. The oscillation is a constant oscillator:

\[ \text{osc} (T) = A_m \cdot e^{2\pi \omega T + i\varphi} \]  

in which Am is the amplitude of the oscillator, \( \omega \) the frequency, and \( \varphi \) the phase offset. As such we assume a stable oscillator which is already aligned to the average speech rate (see [15, 19] for phase alignment models).

**Language models influence time of activation**

To illustrate how STiMCON can explain how processing time depends on the prediction of internal language models, we instantiated a language model that had only seen three sentences and five words presented at different probabilities (I eat cake at 0.5 probability, I eat nice cake at 0.3 probability, I eat very nice cake at 0.2 probability; Table 2). This language model will serve as the feedback arriving from the l+1-level to the l-level. The l-level consists of five nodes that each represent one of the words and receives proportional feedback from l+1 according to Table 2 with a delay of 0.9*\( \omega \) milliseconds, which then decays at 0.01 unit per millisecond and influences the l-level at a proportion of 1.5. This feedback is only initiated when supra-activation arrives due to l-1-level bottom-up input. l-1-level input is modelled as linearly function representing increasing sensory confidence at a length of 125 milliseconds (half a cycle). \( \varphi \) is set such that the peak of a 4 Hz oscillation aligns to the peak of sensory input of the first word. Sensory input is presented at a base stimulus onset asynchrony of 250 milliseconds (i.e. 4 Hz).

| Table 2. Example of a language model |
|-------------------------------------|
| I | eat | very | nice | cake |
|---|-----|------|------|------|
| I | 0 | 1 | 0 | 0 | 0 |
| eat | 0 | 0 | 0.2 | 0.3 | 0.5 |
| very | 0 | 0 | 0 | 1 | 0 |
| nice | 0 | 0 | 0 | 1 | 0 |
| cake | 0 | 0 | 0 | 0 | 0 |

This model has seen three sentences at different probabilities. Rows represent the prediction for the next word, e.g. /I/ predicts /eat/ at a probability of 1, but after /eat/ there is a wider distribution.
When we present this model with different sensory input at an isochronous rhythm of 4 Hz it is evident that the timing at which different nodes reach activation depends on the level of feedback that is provided (Figure 4). For example, while the /I/-node needs a while to get activated after the initial sensory input, the /eat/-node is activated earlier as it is pre-activated due to feedback. After presenting /eat/ the feedback arrives at three different nodes and the activation timing depends on the stimulus that is presented (earlier activation for /cake/ compared to /very/).

**Time of presentation influences processing efficiency**

To investigate how the time of presentation influences the processing efficiency we presented the model with /I eat XXX/ in which the last word was varied in content (either /I/, /very/, /nice/, or /cake/), intensity (linearly ranging from 0 to 1), and onset delay (ranging between -125 to +125 relative to isochronous presentation). We extracted the time at which the node matching the stimulus presentation reached activation threshold first (relative to stimulus onset, and relative to isochronous presentation).

Figure 5A shows the output. When there is no prediction strength, i.e., for the /I/ presentation, a classical efficiency map can be found in which processing is most optimal (possible at lowest stimulus intensities) at isochronous presentation and then drops to either side. For nodes that have feedback, input processing is possible at earlier times relative to isochronous presentation.
and parametrically varies with prediction strength (earlier for /cake/ at 0.5 probability, then /very/ at 0.2 probability). Additionally, the activation function is asymmetric. This is a consequence of the interaction between the supra-activation caused by the feedback and the sensory input. As soon as supra-activation is reached due to the feedback, sensory input at any intensity will reach supra-activity (thus at early stages of the linearly increasing confidence of the input). This is why for the /very/ stimulus activation is still reached at later delays compared to /nice/ and /cake/ as the /very/-node reaches supra-activation due to feedback at a later time point.

Figure 5. Model output on processing efficiency and rhythmicity. A) Time of presentation influences efficiency. Dashed line is presented to ease comparison between the four content types. White indicates that threshold is never reached. B) Same as A, but estimated at a threshold of 0.53 showing that oscillations regulate feedforward timing. Panel A shows that the earlier the stimuli are presented (on a weaker point of the ongoing oscillation), the longer it takes until supra-threshold activation is reached. This figure shows that timing relative to the ongoing oscillation is regulated such that the stimulus activation timing is closer to isochronous. Line discontinuities are a consequence of stimuli never reaching threshold for a specific node. C) Strength of 4 Hz power depends on predictability in the stream. When predictability is alternated between low and high, activation is more rhythmic when the predictable odd stimulus arrives earlier and vice versa. D) Slice of D at intensity of 0.8 and 1.0. E) Magnitude spectra at three different odd word offsets at 1.0 intensity. To more clearly illustrate the differences the magnitude to the power of 20 is plotted.
When we investigate timing differences in stimulus presentation it is important to also consider what this means for the timing in the brain. Before, we showed that the amount of prediction can influence timing in our model. It is also evident that the earlier a stimulus was presented the more time it took (relative to the stimulus) for the nodes to reach threshold (more yellow colors for earlier delays). This is a consequence of the oscillation still being at a relatively low excitability point at stimulus onset for stimuli that are presented early during the cycle. However, when we translate these activation threshold timing to the timing of the ongoing oscillation, the variation is strongly reduced (Figure 5B). A stimulus timing that varies between 130 milliseconds (e.g. from -59 to +72 in the /cake/ line; excluding the non-linear section of the line) only reaches the first supra-threshold response with 19 milliseconds variation in the model (translating to a reduction of 53% to 8% of the cycle of the ongoing oscillation, i.e. a 1:6.9 ratio). This means that within this model (and any oscillating model) the activation of nodes is robust to some timing variation in the environment. This effect seemed weaker when no prediction was present (for the /I/ stimulus this ratio was around 1:3.5. Note that when determining the /cake/ range using the full line the ratio would be 1:3.4).

Top-down interactions can provide rhythmic processing for non-isochronous stimulus input

The previous simulation demonstrate that oscillations provide a temporal filter and the processing itself can actually be closer to isochronous than what can be solely extracted from the stimulus input. Next, we investigated whether dependent on changes in top-down prediction, processing within the model will be more or less rhythmic. To do this, we create stimulus input of 10 sequential words at a base rate of 4 Hz to the model with constant (low at 0 and high at 0.8 predictability) or alternating word-to-word predictability. For the alternating conditions word-to-word predictability alternates between low to high (sequences which word are predicted at 0 or 0.8 predictability, respectively) or shift from high to low. For this simulation we used Gaussian sensory input (with a standard deviation of 42 ms aligning the mean at the peak of the ongoing oscillation; see Supporting Figure 5 for output with linear sensory input). Then, we vary the onset time of the odd words in the sequence (shifting from -100 up to +100 ms) and the stimulus intensity (from 0.2 to 1.5). We extracted the overall activity of the model and computed the Fast Fourier transform of the created time course (using a Hanning taper only including data from 0.5 – 2.5 seconds to exclude the onset responses).
The first thing that is evident is that the model with no content predictions has overall stronger power, and specifically around isochronous presentation (odd word offset of 0 ms) at high stimulus intensities (Figure 5C-E). Adding overall high predictability drops the power, but also here the power seems symmetric around zero. The spectra of the alternating predictability conditions look different. For the low to high predictability condition the curve seems to be shifted to the left such that 4 Hz power is strongest when the predictable odd stimulus is shifted to an earlier time point (low-high condition). This is reversed for the high-low condition. At middle stimulus intensities there is a specific temporal specificity window at which the 4 Hz power is particularly strong. This window is earlier for the low-high than the high-low alternation (Figure 5D, Figure 5E, and Supporting Figure 6). These results show that even though stimulus input is non-isochronous, the interaction with the internal model can still create a potential rhythmic structure in the brain (see [57, 58]). Note that the direction in which the brain response is more rhythmic matches with the natural onset delays in speech (shorter onset delays for more predictable stimuli).

**STiMCON’s sinusoidal modulations of RNN predictions relates to word onset differences**

Next, we aimed to investigated whether the predictions as instantiated in STiMCON can explain the exact word-by-word onset differences in CGN. At a stable level of intensity of the input and inhibition, the only aspect that changes the timing of the interaction between top-down predictions and bottom-up input within STiMCON is the ongoing oscillation. Considering that we only want to model how prediction \( C_{l-1-l} \times A_{l-1,l} \) influences timing we can set the contribution of the other factors from equation (1) to zero remaining with the relative contribution of prediction:

\[
C_{l+1-l} \times A_{l+1,l} = \text{topdown influence} = -\text{osc}(T)
\]

We can solve this formula in order to investigate the relative time shift (T) in processing that is a consequence of the strength of the prediction (ignoring that in the exact timing will also depend on the strength of the input and inhibition):

\[
\text{relative time shift} = \frac{1}{2\pi \omega} (\arcsin \left( \frac{C_{l+1-l} \times A_{l+1,l}}{-A_m} \right) - \varphi)
\]

\( \omega \) was set as the syllable rate for each sentence, \( A_m \) and \( \varphi \) were systematically varied. We again fitted a linear model, however as we were interested in how well non-transformed data could predict the exact onset timing we did not perform any normalization besides equation (5). As this
might involve violating some of the assumptions of the ordinary least square fit, we estimate model performance by repeating the regression 1000 times fitting it on 90% of the data (only included the test data from the RNN) and extracting R² from the remaining 10%.

Results show a modulation of the R² dependent on the amplitude and phase offset of the oscillation (Figure 6A) which was stronger than the non-transformed R² (which was 0.389). This suggests that oscillatory modulated top-down predictions influence word-by-word duration. This was even more strongly so for specific oscillatory alignments (around -0.25π offset) suggesting an optimal alignment phase relative to the ongoing oscillation [3, 8]. Interestingly, the optimal transformation seemed to automatically alter a highly skewed prediction distribution (Figure 6B) towards a more normal distribution of relative time shifts (Figure 6C).

**STiMCON can explain perceptual effects in speech processing**

Due to the inhibition after suprathreshold feedback stimulation, STiMCON is more sensitive to lower predictable stimuli at phases later in the oscillatory cycle. This property can explain two illusions that have been reported in the literature, specifically, the observation that the interpretation of ambiguous input depends on the phase of presentation [31, 32, 59] and on speech rate [45]. The only assumption that has to be made is that there is an uneven base prediction balance between the ways the ambiguous stimulus can be interpreted.

![Figure 6. Relative time shift dependent on predictability. A) Phase offset and amplitude of the oscillation modulate the fit to the word-to-word onset durations. B) Histogram of the predictions created by the deep neural net. C) Histogram of the relative time shift transformation at phase of -0.15π and amplitude of 1.5.](image)
To illustrate the phase dependent effect, we use our original internal language model (/I eat very nice cake/; Table 2) and present the model with /I eat XXX/. XXX is varied to have different proportion of the stimulus /very/ (0.2 probability) and /nice/ (0.3 probability; ranging from 0% /very/ to 100% /very/ in 12 times steps) and varying stimulus onset asynchronies. We extract the time that a node reaches suprathreshold activity after stimulus onset. Results showed that for the most ambiguous stimuli, the delay determines which node is activated first, modulating the ultimate percept of the participant (Figure 7A).

To produce the speech rate effect we repeated the previous simulation, but fixed the onset of the target word at 300 milliseconds and varied the frequency of presentation (2-6 Hz). Indeed, for ambiguous stimuli, content interpretation depended on the speech rate (Figure 7B; but see [46].
Discussion

In the current paper, we combined an oscillatory model with a proxy for linguistic knowledge, an internal language model, in order to investigate the model’s processing capacity for onset timing differences in natural speech. We show that word-to-word speech onset differences relate to predictions flowing from the internal language model (estimated through an RNN). Fixed oscillations aligned to the mean speech rate are robust against natural temporal variations and even optimized for temporal variations that match the predictions flowing from the internal model. Strikingly, when the pseudo-rhythmicity in speech matches the predictions of the internal model, responses were more rhythmic for matched pseudo-rhythmic compared to isochronous speech input. These results show that part of the pseudo-rhythmicity of speech is expected by the brain and it is even optimized to process it in this manner, but only when it follows the internal model.

Speech timing is variable and in order to understand how the brain tracks this pseudo-rhythmic signal we need a better understanding of how this variability arises. Here, we isolated one of the components explaining speech time variation, namely, constraints that are posed by an internal language model. This goes beyond extracting the average speech rate [5, 19, 54], and might be key to understanding how a predictive brain uses temporal cues. We show that speech timing depends on the predictions made from an internal language model, even when those predictions are highly reduced to be as simple as word predictability. While syllables generally follow a theta rhythm, there is a systematic decrease in syllabic rate as soon as more syllables are in a word. This is likely a consequence of the higher close probability of syllables within a word which reduces the onset differences of the later uttered syllables [55]. However, an oscillatory model constrained by an internal language model is sensitive to these temporal variations, it is actually capable of processing them optimally.

The oscillatory model we here pose has three components: oscillations, feedback, and inhibition. The oscillations allow for the parsing of speech and provide windows in which information is processed [3, 38, 60, 61]. Importantly, the oscillation acts as a temporal filter, such that the activation time of any incoming signal will be confined to the high excitable window and thereby is relatively robust against small temporal variations (Figure 5B). The feedback allows for differential activation time dependent on the sensory input (Figure 5A). As a consequence, the model is more sensitive to higher predictable speech input and therefore active earlier on the duty cycle. The inhibition allows for the network to be more sensitive to less predictable speech units.
when they arrive later (the higher predictable nodes get inhibited at some point on the oscillation; best illustrated by the simulation in Figure 7A). In this way speech is ordered along the duty cycle according to its predictability [42, 62]. This form of inhibition in combination with an oscillatory model can explain speech rate and phase dependent content effects. Moreover, it is an automatic temporal code that can use time of activation as a cue for content [41]. The three components in the model are common brain mechanisms [29, 41, 63-66] and follow many previously proposed organization principles (e.g. temporal coding and parsing of information). While we implement these components on an abstract level (not veridical to the exact parameters of neuronal interactions), they illustrate how oscillations, feedback, and inhibition interact to optimize sensitivity to natural pseudo-rhythmic speech.

The current model is not exhaustive and does not provide a complete explanation of all the details of speech processing in the brain. For example, it is likely that the primary auditory cortex is still mostly modulated by the acoustic pseudo-rhythmic input and only later brain areas follow more closely the constraints posed by the language model of the brain. Therefore, more hierarchical levels need to be added to the current model (but this is possible following equation (1)). Moreover, the current model does not allow for phase or frequency shifts. This was intentional in order to investigate how much a fixed oscillator could explain. We show that onset times matching the predictions from the internal model can be explained by a fixed oscillator processing pseudo-rhythmic input. However, when the internal model and the onset timings do not match the internal model phase and/or frequency shift are still required and need to be incorporated (see e.g. [15, 19]. Still, any coupling between brain oscillations and speech acoustics [19] needs to be extended with the coupling of brain oscillations to brain activity patterns of internal models [67].

In the current paper we use an RNN to represent the internal model of the brain. However, it is unlikely that the RNN captures the wide complexities of the language model in the brain. The decades-long debates about the origin of a language model in the brain remains ongoing and controversial. Utilizing the RNN as a proxy for our internal language model makes a tacit assumption that language is fundamentally statistical or associative in nature, and does not posit the derivation or generation of knowledge of grammar from the input [68, 69]. In contrast, our brain could as well store knowledge of language that functions as fundamental interpretation principles to guide our understanding of language input [21, 24, 50, 61, 70]. Knowledge of language and linguistic structure could be acquired through an internal self-supervised comparison process.
extracted from environmental invariants and statistical regularities from the stimulus input [71-73]. Future research should investigate which language model can better account for the temporal variations found in speech.

A natural feature of our model is that time can act as a cue for content implemented as a phase code [42, 62]. This code unravels as an ordered list of predictability strength of the internal model. We predict that if speech nodes have a different base activity, ambiguous stimulus interpretation should dependent on the time/phase of presentation (see [31, 59]). Indeed, we could model two temporal speech illusions (Figure 7). There have also been null results regarding the influence of phase on ambiguous stimulus interpretation [46, 74]. For the speech rate effect, when modifying the time of presentation with a neutral entrainer (summed sinusoidals with random phase), no obvious phase effect was reported [46]. A second null result relates to a study where participants were specifically instructed to maintain a specific perception in different blocks which likely increases the pre-activation and thereby the phase [74].

Future studies need to investigate the use of temporal/phase codes to disambiguate speech input and

**Figure 8.** Predictions of the model. A) Acoustics signals will be more rhythmic when a producer has a weak versus a strong internal model (top right). When the producer's strong model matches the receiver's model the brain response will be more rhythmic for less rhythmic acoustic input. B) When a producer realizes the model of the receiver is weak it might transform its model and thereby their speech timing to match the receiver's expectations.
specifically use predictions in their design.

The temporal dynamics of speech signals needs to be integrated with the temporal dynamics of brain signals. However, it is unnecessary (and unlikely) that the exact duration of speech matches with the exact duration of brain processes. Temporal expansion or squeezing of stimulus inputs occur regularly in the brain [75, 76] and this temporal morphing also maps to duration [77-79] or order illusions [80]. Our model predicts increased rhythmic responses for non-isochronous speech matching the internal model. The perceived rhythmicity of speech could therefore also be an illusion generated by a rhythmic brain signal somewhere in the brain.

When investigating the pseudo-rhythmicity in speech it is important to identify situations where speech is actually more rhythmic. Two examples are the production of lists [81] and infant-directed speech [82]. In both these examples it is clear that a strong internal predictive language model is lacking either on the producer’s or on the receiver’s side, respectively. The infant-directed speech also illustrates that a producer might proactively adapt its speech rhythm to the expectations of the internal model of the receiver to align better with the predictions from the receiver’s model (Figure 8B; similar to when you are speaking to somebody that is just learning a new language). Other examples in which speech is more isochronous is during poems, during emotional conversation [83], and in noisy situations [84]. While speculative, it is conceivable that in these circumstances one puts more weight on a different level of hierarchy than the internal linguistic

| Table 3. Predictions from the current model |
|--------------------------------------------|
| The more predictable a word, the earlier this word is uttered. |
| When there is a flat constraint distribution over an utterance (e.g., when probabilities are uniform over the utterance) the acoustics of speech should naturally be more rhythmic (Figure 8A). |
| If speech timing matches the internal language model, brain responses should be more rhythmic even if the acoustics are not (Figure 8A). |
| The more similar the internal language models of two speakers, the more effective they are in ‘entraining’ each other’s brain. |
| If speakers suspect their listener to have a flatter constraint distribution than themselves (e.g., the environment is noisy, or the speakers are in a second language context), they adjust to the distribution by speaking more rhythmically (Figure 8B). |
| One adjusts the weight of the constraint distribution to a hierarchical level when needed. For example, when there is noise, participants adjust to the rhythm of primary auditory cortex instead of higher order language models. As a consequence, they speak more rhythmically. |

The theoretical account provides various predictions that are listed in this table.
model. In the case of poems and emotional conversation an emotional route might get more weight in processing. In the case of noisy situations, stimulus input has to pass the first hierarchical level of the primary auditory cortex which effectively gets more weight than the internal model.

Conclusions

We argued that pseudo-rhythmicity in speech is in part a consequence of top-down predictions flowing from an internal model of language. This pseudo-rhythmicity is created by a speaker and expected by a receiver if they have overlapping internal language models. Oscillatory tracking of this signal does not need to be hampered by the pseudo-rhythmicity, but can use temporal variations as a cue to extract content information since the phase of activation parametrically relates to the likelihood of an input relative to the internal model. Brain responses can even be more rhythmic to pseudo-rhythmic compared to isochronous speech if they follow the temporal delays imposed by the internal model. This account provides various testable predictions which we list in Table 3 and Figure 8. We believe that by integrating neuroscientific explanations of speech tracking with linguistic models of language processing [21, 24], we can improve to explain temporal speech dynamics. This will ultimately aid our understanding of language in the brain and provide a means to improve temporal properties in speech synthesis.

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Competing interests

The authors declare no competing interests.
Supporting Figures

Supporting figure 1. Distribution of mean duration (A) and of average rate (B).
Supporting figure 2. Distribution of mean duration split up for word length (in characters).

Supporting figure 3. Distribution of mean duration split up for syllable length.
Supporting figure 4. Recurrent neural network evaluation. Probability is defined as the mean of the model output value at the node representing the next word.

Supporting figure 5. Power at 4 Hz using linearly increasing sensory input. Conventions are the same as in Figure 5D and E.
Supporting figure 6. Example of overall activation at threshold 0.8 (gaussian shaped input).
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