Short Communication

REDUCED SPONTANEOUS ANTITUMOUR RESISTANCE OF THE ELDERLY RAT IS RESTORED BY CORYNEBACTERIUM PARVUM

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It is generally agreed that ageing appears to be a strong determinant of cancer incidence (Doll et al., 1970; Teller, 1972; Peto et al., 1975). This suggests that the steps leading to malignant transformation accumulate over many years. Environmental factors are particularly determining for carcinogenesis, but the exact role played by transforming agents such as carcinogens and viruses, and by the adaptive capacity of host defense mechanisms such as innate spontaneous resistance, or acquired immunologically specific response, remains to be determined. In recent years, the classic concept of immunological surveillance as an acquired, thymus-dependent, immune mechanism capable of efficiently destroying tumours in situ has been challenged by various observations (Möller, 1976; Stutman, 1977). On the other hand, evidence is increasing, which suggests that a variety of cellular and humoral inborn mechanisms may considerably contribute to tumour resistance. Among these, the possible role of mononuclear phagocytes has thus far been investigated most thoroughly (Nelson, 1976; Fink, 1976; James et al., 1977). In rodents, the capacity of adherent, predominantly phagocytic, mononuclear cells to express cytotoxicity against diverse target cells in vitro is already fully developed a few days after birth, is then more or less preserved over a period of several months, but is clearly reduced in senescence (Keller, 1978b). I report here, not only that the in vivo resistance of rats to the inoculation of carcinogen-induced fibrosarcoma ascites tumour cells shows a similar age dependence, but also that, even in old rats with greatly diminished spontaneous resistance, the capacity to increase tumour resistance on inoculation of Corynebacterium parvum organisms still exists.

A typical experiment presented in the Figure shows that spontaneous resistance to a carcinogen-induced DA rat fibrosarcoma of low immunogenicity, growing in ascites form (Keller, 1977a), was highest in the youngest age group examined (i.e. in rats of 30 days), was slightly lower in rats of 3–4 months, and was consistently distinctly reduced in rats of 12 and 16–18 months of age, and was thus quite independent of the actual body weight (Fig.). A similar decrease in spontaneous resistance to this particular tumour with increasing age has been ascertained in 7 further, similar experiments. These in vivo findings are in keeping with the growth characteristics of some tumours (Teller, 1972; Zinzar al., 1976), but differ from those of other tumours (Kutner & Southam, 1960; Adams et al., 1967; Forberg & Staffan, 1969; Forni & Comoglio, 1973).

To investigate the thesis that the well-documented capacity to efficiently stimulate antitumour resistance showed a comparable age dependence, DA rats of different ages were given heat-killed
C. parvum before tumour challenge. Data such as those in the Figure demonstrate that the potential to increase the host's local antitumour resistance on i.p. inoculation of C. parvum organisms, was roughly similar in rats of 30 days and 3-4 months; in both age groups, C. parvum treatment was well supported and the survival time after the inoculation of tumour cells was significantly prolonged. Pretreatment with C. parvum was distinctly more toxic for rats aged 12 m, and 16-18 m, and caused the loss of 20-30% of these animals within 10 days. In rats of 12 and 16-18 months and surviving the C. parvum treatment, resistance to the tumour challenge varied within a large range. In 5 out of 6 experiments, pretreatment with C. parvum caused a distinct enhancement of local tumour resistance which was sometimes even more pronounced than in younger animals (Fig.); in one experiment, only minor stimulatory effects were detectable.

The spontaneous cytotoxicity expressed in vitro against a variety of syngeneic, allogeneic and xenogeneic target cells has been found to be associated with adherent, predominantly phagocytic, mononuclear cells which were selectively eliminated by silica particles (Keller, 1978a). On the basis of these properties, and the differences in the time required to express cytotoxicity (Keller, 1977b), in their distribution at diverse anatomical sites of various strains of rats and mice (Keller, 1978a), and in the age pattern of the cytolytic potential (Keller, 1978b) it has been concluded that these macrophage-like effectors are different from other cells with inherent cytolytic capacity, such as T and B cells, K or NK cells (Goodman & Makinodan, 1975; Nathan et al., 1977; Herberman et al., 1978; Kiessling & Haller, 1978; Keller, 1977b; Brunner et al., 1970).

Previous in vivo findings have shown that spontaneous tumour resistance is significantly reduced by agents which interfere with macrophage functions in vitro, such as silica particles (Keller, 1976) carrageenan (Keller, 1976; Thomson & Fowler, 1977) or gold salts (McBride et al., 1975). Moreover, the well-known antitumour effect of bacterial adjuvants, such as BCG or C. parvum, was abrogated by silica particles (Keller, 1977a; Hopper et al., 1976) carrageenan (Keller, 1977a) or gold salts (McBride et al., 1975). There is evidence that under in vivo conditions the effects of antimacrophage agents (Keller, 1976; Bennett et al., 1976) and of immunostimulants (Laucius et al., 1974; Scott, 1974; Ojo et al., 1978) are manifold and can affect the response of T and B lymphocytes, of mononuclear phagocytes
and of NK cells. Therefore, the present data do not help to identify the cell system(s) contributing to antitumour resistance.

In summary, in the present in vivo rat fibrosarcoma model system, spontaneous resistance to the tumour is high early after birth, gradually declining with increasing age, and is markedly diminished in senescence. In sharp contrast, the antitumour effect of C. parvum operates not only in the very young rat already showing high spontaneous resistance to the tumour, but is often fully preserved in senescent rats with markedly reduced natural tumour resistance. The present demonstration that the weakened spontaneous antitumour resistance characteristic of the elderly host can be effectively enhanced locally by appropriate agents, i.e. that the mechanisms expressing such resistance are still preserved, seems particularly relevant.

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