Recombinant club cell protein 16 (CC16) ameliorates cigarette smoke-induced lung inflammation in a murine disease model of COPD

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Abstract. Club cell protein (CC16) is expressed primarily by club cells possesses anti-inflammatory properties and is located in the bronchiolar epithelium. Previous studies have demonstrated that CC16 deficiency is associated with the progression of chronic obstructive pulmonary disease (COPD). In the present study, the therapeutic effects of recombinant rat CC16 protein in mice with COPD were examined and the underlying mechanisms investigated. A total of 30 adult male C57/BL6 mice were randomly divided into three groups (10 mice/group). A mouse COPD model was generated by exposing 20 mice to cigarette smoke (CS) for 24 weeks. A total of 10 mice were treated intranasally with rCC16 (2.5 µg/g body weight) and control mice were exposed to normal room air. Results indicated that rCC16 treatment ameliorated pathological damage in the lungs and reduced the production of tumor necrosis factor (TNF)-α, interleukin (IL)-6 and IL-8, which were induced by CS exposure. After rCC16 administration, endogenous CC16 was upregulated and the body weight of COPD mice was increased, whereas the opposite was observed in CS-exposed mice. Additionally, rCC16 treatment inhibited the DNA binding of NF-xB/p65 in lung tissues and reduced nuclear translocation of NF-xB/p65 in BALF and epithelial cells. Moreover, rCC16 treatment lead to a decrease in the total number of BALF cells, including macrophages, which was elevated in COPD mice. In conclusion, the present results demonstrate that rCC16 has therapeutic effects on COPD by downregulating pro-inflammatory factors via the NF-xB pathway.

Introduction

Chronic obstructive pulmonary disease (COPD), a disabling and life-threatening disease, is associated with chronic inflammatory responses. By 2020, COPD is predicted to be the third leading cause of morbidity and mortality in the world (1,2). Long-term exposure to cigarette smoke (CS) is a major risk factor for COPD and accounts for 80–90% of COPD cases (3). CS exposure results in severe lung inflammation characterized by influx of inflammatory cells and secretion of cytokines in susceptible individuals (4). One type of these inflammatory cells are macrophages which play a crucial role in the progression of COPD as they secrete pro-inflammatory cytokines such as TNF-α, IL-1 and IL-8 (5,6). Although the mechanisms for the pathogenesis of COPD remain elusive, it is clear that CS-induced airway inflammatory response contributes to COPD. At present, standard COPD treatment includes inhaled corticosteroids in combination with long-acting β2-agonists. However, these treatments are often ineffective due to reduced responsiveness to corticosteroids (7,8). Therefore, new therapeutic strategies targeted to airway inflammatory response need to be devised.

The nuclear factor-xB (NF-xB) transcription factor exists mainly as a heterodimer contained subunits of the Rel family p50 and p65 and is trapped in the cytoplasm of unstimulated cells. The inhibitor proteins of NF-xB (IxB) masks the nuclear localization sequence which is contained in the Rel homology domain and retain NF-xB in the cytoplasm (9). When stimulated, the IxB kinase (IKK) complex is activated and triggers phosphorylation and degradation of IxBα (10). The resulting free NF-xB is translocated to the nucleus and induces the transcription of pro-inflammatory mediators including cytokines in macrophages in COPD (5,6). Increased nuclear localization of p65 was observed in sputum macrophages and in bronchial biopsies of COPD patients (11,12). Additionally, the increased NF-xB levels in serum were found in COPD patients compared...
to health controls (13). More and more studies showed that the NF-κB pathway has been implicated in COPD and indicated that modulating NF-κB activity may act as a therapeutic strategy for COPD treatment (6,14).

Club cell secretory protein (CC16) is a secretory protein with anti-inflammatory and immunomodulatory effects (15). CC16 is expressed primarily by non-ciliated bronchiolar epithelial cells, known as club cells (16). CC16 is also synthesized by the epithelial lining of the nose (17). Exaggerated airway inflammation has been reported in CC16 knockout mice compared with wild-type mice (18). Reduced levels of CC16 in the bronchoalveolar lavage fluid (BALF) have been reported to be associated with various lung disorders, including asthma and COPD (19,20). Our previous study revealed that recombinant rat CC16 protein (rCC16) exerted an anti-inflammatory effect by inhibiting the expression of MMP-9 and pro-inflammatory cytokines in epithelial cells and macrophages (21,22). Given the anti-inflammatory function of rCC16, the aim of the present study was to investigate the effects of rCC16 on CS-induced lung inflammation in mice and the possible mechanism through which rCC16 suppresses CS-induced lung inflammation.

**Materials and methods**

**Animals.** Adult male C57/BL6 mice (6-8 weeks old; weight, 18-20 g) were purchased from the Laboratory Animal Center of Shanxi Medical University (Shanxi, China) and were maintained under specific pathogen-free conditions in a 12-h light-dark cycle with food and water provided ad libitum. All experiments were approved by the Animal Ethics Committee of Shanxi Medical University (Permit no. SXMU-2014-16) and carried out according to the guidelines of the National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH publication no. 85-23, revised 1996) (23).

**Generation of COPD mice and rCC16 treatment.** The COPD mouse model was prepared as previously described (24). Briefly, mice were divided into three groups (10 mice/group), including a control group, COPD group and rCC16 treatment group. For CS exposure, the mice were exposed (whole body) to smoke produced by six commercially filtered cigarettes, whose filters were removed before lighting, (Daguang brand, Shanxi Kunming Tobacco Co., Ltd., Taiyuan, China) in a 27 l chamber (plexiglass, self-made, 3x3x3 m) prepared. The mean linear intercept (MLI) and the mean alveolar number (MAN) were visualized using hematoxylin and eosin (H&E) staining, and this was assessed in five randomly selected fields on each slice by Image-Pro Plus 6.0 (Media Cybernetics, Inc., Rockville, MD, USA). One investigator was responsible for inflating the lung with paraformaldehyde and two blinded investigators analyzed the MLI and MAN in order to avoid observer bias.

**Collection of blood and BALF.** After anesthetization with sodium pentobarbital (75 mg/kg body weight), blood samples were collected from 5 mice in group via retro-orbital plexus puncture and stored at -20°C for analysis. The chest wall was removed and the left lung was ligated with a silk suture (0.5 mm; Bangshan Medtec, Guangzhou, China). The trachea was cannulated using an intravenous catheter (20G Intima; Sanxin Medtec, Jiangxi, China), and the right lung was gently lavaged 1 time via a tracheal cannula with 1 ml ice-cold PBS, followed by 4 times with 1 ml PBS. BALF was collected and centrifuged at 290 x g for 10 min at 4°C. Supernatants of the first fraction were stored at -80°C for subsequent analysis of inflammatory cytokines using ELISA. BALF cells from the five different fractions were combined and resuspended in 500 µl PBS. The total number of cells was counted using a hemocytometer. A differential cell count was performed using Wright-Giemsa (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) staining for cytological determination. Finally, tissues of the left lung were removed and stored at -70°C for mRNA analysis.

**Lung histological analysis.** After anesthetization, the chest wall was removed from another five mice in each group. BALF cells from the right lung of each animal were collected as described above for further analysis. The right bronchus was ligated and the left lung was perfused with 4% paraformaldehyde through the main left bronchus before it was immersed and maintained in 4% paraformaldehyde for another 24 h. The tissue was embedded in paraffin, and 5-µm thick sections were prepared. The mean linear intercept (MLI) and the mean alveolar number (MAN) were visualized using hematoxylin and eosin (H&E) staining, and this was assessed in five randomly selected fields on each slice by Image-Pro Plus 6.0 (Media Cybernetics, Inc., Rockville, MD, USA). One investigator was responsible for inflating the lung with paraformaldehyde and two blinded investigators analyzed the MLI and MAN in order to avoid observer bias.

**Immunohistochemistry.** Immunohistochemical analysis based on the streptavidin-biotin complex was performed as previously described (27). The primary antibodies were CC16 (1:250) and NF-κB/p65 (1:100; both from Santa Cruz Biotechnology, Inc., Dallas, TX, USA). Horseradish peroxidase-conjugated secondary antibodies were obtained from Beijing Zhongshan Jingqiao Biotechnology Co., Ltd. (Beijing, China). The appearance of a tan color indicated positive staining for the target protein, and staining was analyzed using Leica QWin image processing software (Leica Microsystems GmbH, Wetzlar, Germany). Data are presented as the gray value mean ± standard deviation (SD), and a higher gray value corresponds to lower protein expression.

**Gene expression analysis by RT-qPCR.** RNA was isolated from mouse lung tissues (whole lung) using the RNApure Tissue & Cell kit (CWBio, Beijing, China) according to the manufacturer's protocols and was reverse transcribed using a Reverse Transcription kit (CWBio). For gene expression analysis, RT-qPCR was performed using UltraSYBR mixture (CWBio) and each reaction was performed in duplicate. The averages of the obtained Ct values were used for further calculations.
Gene expression levels were normalized to the expression of the reference gene, β-actin. Gene expression levels were calculated using the comparative Ct method (2^ΔΔCt) (28). The primer sequences are the same as in a previous study (22).

Determining the levels of cytokines. Serum and BALF levels of tumor necrosis factor (TNF-α), interleukin (IL)-6 and IL-8 proteins were measured using an ELISA kit (Shanghai Westang Bio-Tech. Co., Ltd., Shanghai, China) according to the manufacturer's instructions. The BALF CC16 level was measured using ELISA (Qiaodu Biotechnology, Shanghai, China) according to the manufacturer's protocols.

Immunoblotting. An NE-PER Nuclear and Cyttoplasmic Extraction kit (Thermo Fisher Scientific, Inc., Waltham, MA, USA) was used to extract nuclear and cytoplasmic proteins from BALF cells and proteins were quantified using the BCA protein assay reagent. The total protein was prepared using SDS lysis buffer containing 50 mM Tris-HCl (pH 6.8), 10% glycerol and 2% SDS. Proteins (20 µg) were loaded onto a 12% SDS-PAGE gel, separated and transferred onto a polyvinylidene fluoride (PVDF) membrane. The membrane was blocked with 5% skimmed milk, incubated overnight with the indicated primary antibodies at 4°C and then incubated with an anti-rabbit HRP-conjugated IgG antibody for 1 h at room temperature. Protein bands were visualized using the ECL blot detection system (CWBO). Lamin B and β-actin prime antibodies (Cell Signaling Technology, Inc., Danvers, MA, USA) served as references to detect nuclear proteins, total protein and cytosolic proteins.

Electrophoretic mobility shift assay (EMSA). Nuclear proteins were extracted from lung tissues and incubated with a biotin-labelled double-stranded oligonucleotide containing the consensus sequence of NF-κB DNA binding site (5′-AGTTGAGGGGACTTTCCCAGG-3′) as previously described (29). Binding reaction mixtures (20 µl), containing 8 µg nuclear extract protein, 1 µg poly(dI-Dc) (Thermo Fisher Scientific, Inc.) and 20 fcmoles biotin-labelled probe in binding buffer (10 mM Tris, 50 mM potassium chloride, 1 mM dithiothreitol, 0.1 mM EDTA, 2.5% glycerol and 5 mM magnesium chloride) were incubated for 20 min at room temperature. DNA-protein complexes were resolved on 6% non-denaturing polyacrylamide gels and blotted onto a Biodyne B ( pore size, 0.45 µm) positively charged nylon membrane (Thermo Fisher Scientific, Inc.). Bands were detected by chemiluminescence using the LightShift Chemiluminescent EMSA kit according to the manufacturer's instructions (Thermo Fisher Scientific, Inc.).

Statistical analysis. Data are presented as the mean ± standard deviation. One-way ANOVA followed by the S-N-K method was used for two-group comparisons. All statistical analyses were conducted using GraphPad Prism software (GraphPad Software, Inc., La Jolla, CA, USA). Differences with P<0.05 were considered to be statistically significant.

Results

rCC16 attenuates pathological changes in lung tissues. The amino acid sequences for mouse and rat CC16 were analyzed using DNAMAN software. The alignment showed that mouse and rat CC16 shared a 89.58% homology (Fig. 1A).

CS exposure for 24 weeks resulted in the typical pathological features of COPD, with major enlargement of alveolar spaces distributed throughout the parenchyma. rCC16 treatment could reduce the degree of alveolar enlargement, and lung structures in the control group were normal. H&E staining also revealed that, compared with exposure to CS alone, rCC16 administration alleviated the influx of inflammatory cells, which was characterized by a large number of neutrophils and macrophages in the alveolar spaces (Fig. 1B). Quantitative morphological analysis showed that MLI was much higher in CS-exposed mice (45.62±1.036 µm) compared with normal mice (31.49±0.2619 µm), and that rCC16 could decrease the MLI (39.37±0.5287 µm; Fig. 1C). Additionally, quantitative morphological analysis showed that MAN was significantly decreased in CS mice (384.3±26.35/mm²) compared with the normal group (604.4±15.63/mm²), and rCC16 treatment increased MAN (506.7±18.36/mm²; Fig. 1D). rCC16 treatment also led to increased body weight compared with CS mice (Fig. 1E). These data demonstrate that a CS-induced mouse COPD model was successfully established and that rCC16 was able to attenuate pathological changes in the lungs induced by CS exposure.

rCC16 attenuates the expression of TNF-α, IL-6 and IL-8 in CS-exposed mice. CC16 is known to possess anti-inflammatory properties (30). In order to determine the potential effect of rCC16 on the expression of pro-inflammatory cytokines, a mouse model of COPD was established and mice were treated with rCC16. Cytokine mRNA expression in the lungs and cytokine protein levels in the serum and BALF were analyzed using qPCR and ELISA assays, respectively. Compared with control mice, exposure to CS markedly increased the production of TNF-α, IL-6 and IL-8 (Fig. 2), and CS-stimulated overexpression of cytokines was inhibited by rCC16 at the mRNA (Fig. 2A-C) and protein levels (Fig. 2D-F). These results suggest that rCC16 effectively suppressed the production of pro-inflammatory cytokines in CS-exposed mice.

rCC16 inhibits the nuclear translocation and DNA binding of NF-κB/p65. Pro-inflammatory cytokines are secreted from the endothelium and immunocytes in response to various stimuli (31,32). The total number of leukocytes, neutrophils, macrophages and lymphocytes in BALF was assessed. As shown in Table I, the CS-exposed group exhibited a significant increase in the number of neutrophils, lymphocytes, macrophages and total cells compared with the control group. rCC16 treatment reduced the total number of cells and macrophages in BALF but had no effect on neutrophils and lymphocytes. Endogenous CC16 expression in club cells distributed throughout the respiratory tract was measured using immunohistochemical analysis, and levels of secreted CC16 in BALF were analyzed using ELISA. Immunohistochemistry showed that CC16 was mainly expressed in bronchial epithelial cells and that CS exposure led to a decrease in CC16 expression, while rCC16 treatment ameliorated this effect. However, rCC16 treatment did not completely rescue the level of endogenous CC16 compared with the control group (Fig. 3A and B). ELISA analysis showed that CS exposure decreased CC16
Figure 1. rCC16 ameliorates CS-induced pathological changes in the lungs of COPD mice. (A) Amino acid sequences of mouse CC16 (NP_035811.1) and rat CC16 (NP_037183.1) were aligned using DNAMAN (Lynnon, Quebec, Canada). The degree of homology is indicated by different colors. Black, 100%; blue, 50%. (B) H&E-stained lung sections from control mice, CS-exposed mice and rCC16-treated mice. Exposure to CS induced the infiltration of inflammatory cells into the lungs, as indicated by arrows (neutrophils, green; macrophages, blue). Treatment with rCC16 reduced the degree of pulmonary inflammation, as indicated by arrows. (C) rCC16 reduced the mean linear intercept, which was increased by CS exposure. (D) rCC16 augmented the mean alveolar number, which was decreased by CS exposure. (E) rCC16 treatment led to an increase in body weight, which was significantly reduced in CS-exposed mice. Data are presented as the mean ± SD (n=5/group). *P<0.05 and **P<0.01 as indicated. Scale bars represent 50 µm. COPD, chronic obstructive pulmonary disease; CS, cigarette smoke; rCC16, recombinant club cell secretory protein; SD, standard deviation.

Figure 2. Effects of rCC16 on TNF-α, IL-6 and IL-8 expression in CS-exposed mice. The expression of TNF-α, IL-6 and IL-8 (A-C) mRNA and (D-F) protein in CS-exposed mice treated with rCC16. Mice were exposed to CS for 24 weeks and treated intranasally with rCC16 for the last 4 weeks. For qPCR measurements, the results are expressed as ratios of 2^−∆∆Ct values for TNF-α, IL-6 and IL-8 mRNA/β-actin. For ELISA measurements, results are expressed as the absolute protein values of TNF-α, IL-6 and IL-8. Data are presented as the mean ± SD (n=5/group). *P<0.05 and **P<0.01 as indicated. BALF, bronchoalveolar lavage fluid; CS, cigarette smoke; rCC16, recombinant club cell secretory protein; SD, standard deviation.
Figure 3. rCC16 promotes endogenous CC16 expression and inhibits nuclear translocation and DNA binding of NF-κB/p65. (A) Endogenous CC16 expression in lung alveolar epithelial cells from each group was determined using immunohistochemical staining. Arrows indicate positive staining. (B) The intensity of positive staining was evaluated and data are expressed as the mean ± SD (n=5/group). (C) Endogenous CC16 levels in BALF were determined by ELISA. Data are presented as the mean ± SD (n=5/group). (D) Subcellular distribution of NF-κB/p65 in the bronchial epithelium, as detected by immunohistochemical staining. (Blue arrows indicate positive cytoplasmic staining; green arrows indicate positive nuclear staining). (E) The intensity of positive staining was evaluated by the gray value, and data are expressed as the mean ± SD (n=5/group). (F) The distribution of NF-κB/p65 in BALF cells was determined by immunoblotting. Potential contamination of the nuclear fractions by cytoplasmic fractions was checked and excluded. One representative experiment is shown. Lamin B and β-actin were used as internal loading controls for the nuclear fraction and the cytoplasmic fraction, respectively. (G) DNA binding of NF-κB/p65 was assessed by EMSA. One representative experiment is shown. *P<0.05 and **P<0.01 as indicated. Scale bars represent 40 μm. BALF, bronchoalveolar lavage fluid; CS, cigarette smoke; rCC16, recombinant club cell secretory protein; SD, standard deviation.
expression, while rCC16 treatment increased the level of CC16 in BALF (Fig. 3C).

Our previous studies showed that rCC16 inhibits an inflammatory mediator via the NF-κB pathway (21,22). To determine whether the NF-κB pathway is also involved in the regulation of TNF-α, IL-6 and IL-8 expression by rCC16 in CS-exposed mice, we investigated the distribution of NF-κB/p65 in bronchial epithelial and BALF cells. As shown in Fig. 3D and E, NF-κB/p65 in the nuclei of bronchial airway epithelial cells was increased in CS-exposed mice, and this was significantly reduced by rCC16 treatment. Additionally, NF-κB/p65 was upregulated in the nuclei of BALF cells and this was significantly ameliorated by rCC16 treatment. NF-κB/p65 levels in the cytosol were decreased in CS-exposed BALF cells. Treatment with rCC16 ameliorated this decrease without affecting the total cellular levels of NF-κB/p65 (Fig. 3F). Moreover, to further verify the inhibitory effect of rCC16 on NF-κB activity, EMSA was employed to determine whether rCC16 inhibited the DNA binding activity of NF-κB. As shown in Fig. 3G, CS exposure markedly augmented the DNA binding activity of NF-κB, and rCC16 suppressed CS-induced NF-κB-DNA binding. These findings indicate that rCC16 suppresses the activity of NF-κB by inhibiting nuclear translocation and blocking binding to DNA.

**Discussion**

The primary characteristic of COPD is restricted pulmonary airflow. This is typically progressive and is associated with an abnormal inflammatory response to the inhalation of noxious particles and gases. CS is a complex mixture of oxidant radicals and different chemical compounds, including reactive aldehydes and semiquinones. CS is widely recognized as a primary risk factor that is associated with the progression of COPD (33).

CC16 is a secretory protein release by club cells, which are present throughout the respiratory tract epithelium from the nose to the respiratory bronchioles. CC16 possesses anti-inflammatory and immunomodulatory properties (34). Bernard et al. (35) first reported that CC16 levels in the serum and BALF were significantly reduced in COPD patients compared with non-smoker controls. In addition, markedly decreased serum levels of CC16 were detected in healthy smokers and COPD patients compared with non-smoker controls (36). The expression of CC16 in the airway was inversely correlated with the severity of airflow obstruction in COPD patients (37), and patients with COPD GOLD stages III-IV have a much lower expression of CC16 in the airway epithelium compared with patients with COPD GOLD I-II (38). Notably, increased CC16 levels in the BALF and plasma samples were found to be associated with improved bronchial dysplasia following smoking cessation (39). In mouse models of chronic CS exposure, decreased CC16 expression was detected in the airway epithelium (38). Using the CC16-deficient (CC16/-) mouse model, Zhu et al. (40) reported the enlargement of alveolar airspaces and increased lung inflammatory cell counts in CC16/- mice exposed to CS compared with wild-type mice that were exposed to CS. Together, these studies suggest that CC16 serves a role in the progression of COPD. However, the underlying mechanism of CC16 remains unclear.

As CC16 has anti-inflammatory properties (22,38), several groups have attempted to use CC16 augmentation approaches to treat inflammatory diseases, including COPD. It has been reported that adenoviral-mediated CC16 overexpression in airway epithelial cells in mice that were acutely exposed to CS resulted in reduced CS-induced lung inflammation, and that this effect is associated with reduced activation of NF-κB in the lung (38). rCC16 protein was delivered to infants via the intra-tracheal route, and markers of acute lung inflammation and injury were reduced (26). The recombinant human CC16 protein had also been applied to respiratory distress syndrome and acute lung injury models; promising anti-inflammatory effects were reported (25,41). In our previous study, recombinant rat CC16 protein was demonstrated to have biological activity (21). There is an 89.58% similarity in the amino acid sequences of mouse and rat CC16 proteins. Importantly, rCC16 has been used as an anti-inflammatory mediator in lipopolysaccharide-activated mouse macrophages (RAW264.7) in vitro (22). In the present study, a mouse model of COPD was prepared by chronically exposing mice to CS. Moreover, rCC16 was delivered via intranasal instillation. The anti-inflammatory effects of CC16 were evaluated and its underlying mechanism was investigated.

The administration of anti-inflammatory reagents via a nasal route to treat respiratory inflammation has been reported to be beneficial (42,43). In the present study, a murine COPD model was established by exposure to CS for 24 weeks, and it was found that COPD mice displayed the hallmarks of COPD, including enlarged alveolar spaces, increased MLI and decreased MAN. When rCC16 was administered intranasally, pathological impairment in CS-exposed mice was

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**Table I. BALF cells analyzed by Wright-Giemsa staining.**

| Cells                  | Control     | CS           | CS+rCC16     |
|------------------------|-------------|--------------|--------------|
| Total cells (x10^5/ml) | 3.60±1.18   | 14.9±4.79a   | 10.57±3.89b  |
| Macrophages (x10^5/ml) | 3.57±1.09   | 14.5±4.04a   | 10.91±4.31a  |
| Neutrophils (x10^5/ml)| 0           | 0.38±0.03a   | 0.33±0.02    |
| Lymphocytes (x10^5/ml)| 0.02±0.01   | 0.31±0.06a   | 0.30±0.01    |

Data are expressed as the mean ± SEM (for n=5/treatment group). Statistical analysis was performed using one-way ANOVA followed by a S-N-K Multiple Comparison test (*P<0.01 vs. Control, **P<0.05 vs. CS group).
alleviated (Fig. 1). However, the present study is not without limitations; the pulmonary function test was not performed as the equipment was unavailable. Since lung structure can partially represent the change of pulmonary function, we evaluated the structure of the lungs by analyzing pathological alterations (MLI and MAN) after CS exposure in the presence and absence of rCC16 treatment.

Pro-inflammatory cytokines serve an important role in the development of COPD. TNF-α can trigger the activation of other pro-inflammatory cytokines, such as IL-6 and IL-8 (44). Both IL-6 and IL-8 are involved in regulating the recruitment and activation of neutrophils to regulate neutrophilic inflammation (45). Along with damage to the lung parenchyma, increased TNF-α, IL-6 and IL-8 were observed in the BALF and serum of CS-exposed mice. In contrast, rCC16 treatment downregulated pro-inflammatory cytokines in both the serum and BALF (Fig. 2).

Pro-inflammatory cytokines are produced by both epithelial cells and immune cells. The accumulation of inflammatory cells, such as macrophages, neutrophils and lymphocytes, is seen in BALF from CS-exposed mice. Among these cells, the number of macrophages is markedly increased in CS-exposed mice. It is known that an increased number of macrophages in the airway lumen are involved in the inflammatory responses of COPD, and anti-inflammation treatment is a primary strategy for COPD (46,47). In the present study, we found that rCC16 administration decreased the number of macrophages. Previous studies (21,22,38) have revealed that CC16 functions as an anti-inflammation mediator via the NF-κB pathway. First, the levels of endogenous CC16 in BALF and club cells were analyzed using ELISA and immunohistochemistry. Our data showed that rCC16 treatment upregulated endogenous CC16 in both BALF and club cells, which were reduced in CS-exposed mice. In our previous studies, ultrastructural damage was observed in club cells and a reduced number of club cells were detected in the CS-exposed rats. Moreover, the levels of CC16 protein and mRNA were also decreased in lung tissues from CS-exposed rats (48,49). These results suggest that CS exposure damages club cells and affected the synthesis of CC16. Notably, exogenous delivery of rCC16 limited injury to club cells and increased CC16 expression in the airway (48,49).

Nuclear translocation of NF-κB/p65, which is known to activate the NF-κB signaling pathway (48), was assessed. Immunohistochemistry showed that CS exposure increased the nuclear distribution of NF-κB/p65 in bronchial epithelial cells, and the administration of rCC16 reversed this effect. Immunoblotting also showed that CS exposure promoted nuclear translocation of NF-κB/p65 in BALF cells, and rCC16 treatment reversed this translocation. Additionally, EMSA further demonstrated that rCC16 suppressed CS-induced NF-κB-DNA binding. All these findings indicate that rCC16 suppresses the activity of NF-κB, which was activated by CS exposure, by inhibiting its nuclear translocation and blocking its binding with DNA. Other studies showed that NF-κB was expressed and activated in club cells in rats with induced respiratory inflammation that were exposed to hexavalent chromium (49). Nuclear translocation of the NF-κB p65 subunit and activation of NF-κB were observed in respiratory syncytial virus-infected human club-like lung (H441) cells (50). However, it was reported that CC16 does not interact with NF-κB p65 subunits directly (19). Hence, we speculated that CC16 may be directly or indirectly involved in regulating IκB-α phosphorylation, which is normally present in the cytosol and forms complexes with NF-κB dimers, thereby preventing the nuclear localization of NF-κB and ensuring a low basal transcriptional activity (51). This hypothesis needs to be investigated further.

Our present findings are in agreement with those of previous studies (30,38) which showed that airway CC16 expression was decreased in CS-induced COPD murine model, CC16 deficiency promoted CS-induced airspace enlargement and pulmonary inflammation, and that these changes were associated with increased NF-κB activation. Moreover, all of these studies revealed that CS-induced pulmonary inflammation and injury were reversed by CC16 activation. Here we further revealed that CC16 augmentation reduced NF-κB activation not only in lung tissue, but also in bronchial epithelial and BALF cells. These findings may better explain the possible mechanism of how CC16 acts in the development of COPD.

In the present study, CS-exposure led to a decrease in body weight in COPD mice, and rCC16 treatment partially reversed the effect. Here, we speculate that this may be because CS exposure leads to dysfunction of respiratory muscles and causes malnutrition in COPD mice. By contrast, rCC16 treatment inhibits inflammation in the lungs and improves the strength and endurance of respiratory muscles. The recovery of lung fuction may ameliorate nutritional imbalance in COPD mice (52). In summary, our results suggest that the administration of rCC16 alleviates pathological lung injuries and decreases the production of pro-inflammatory cytokines in CS-exposed mice by inactivating the NF-κB pathway. The anti-inflammatory effects exerted by rCC16 suggest that it may have potential as a treatment for COPD. However, further studies should be conducted to determine the underlying mechanisms of rCC16 to contribute to the discovery of new therapeutic agents for COPD treatment.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors' contributions

MP conceived and designed the experiments. TL, DW, HYL and XYH performed the experiments. BFY and XRZ...
analyzed and interpreted the data. RG and HLW contributed in designing the present study and drafted the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

All animal experiments were approved by the Animal Ethics Committee of Shannxi Medical University (Tayuan, China).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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