Primary pulmonary arterial sarcoma treated with endostar injection and radiotherapy

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ABSTRACT

We present a case of primary pulmonary arterial sarcoma (PPAS) treated with endostatin (endostar) injection and radiotherapy. We discuss the diagnosis, clinical manifestations, and pathology of PPAS. The patient complained of cough with sputum, fever, and chest pain with hemoptysis. Numerous nodules were observed in the computed tomography (CT) scan. The patient was diagnosed with pulmonary embolism (PE) by computed tomography pulmonary angiography (CTPA). The pathology and immunohistochemistry results indicated soft tissue sarcomas, indicative of angiosarcoma. The nodules shrank after 5 courses of endostatin and one course of radiotherapy, as determined in the CT scan. Primary pulmonary arterial sarcoma is clinically rare with nonspecific symptoms. Hence, it can be easily misdiagnosed as PE, and biopsy must be performed for confirmation. Current treatment methods, including surgery, are limited. Therefore, administration of endostatin injection combined with other therapies may be an alternative treatment method.

Keywords: PPAS, endostatin, radiotherapy

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Primary pulmonary arterial sarcoma (PPAS) is a rare malignant soft tissue tumor. To date, less than 300 cases have been reported. Due to the lack of specific symptoms and physical signs, PPAS is difficult to diagnose, and is easily misdiagnosed as pulmonary thromboembolism (PTE). The majority of cases need surgery or autopsy for confirmation. Comprehensive treatment including surgery is considered, but the curative effect remains poor and unsatisfactory due to a very few reported cases. Herein, we present a case of PPAS treated with endostar injection adjuvant to radiotherapy, resulting a good curative effect (Figure 1). This case will facilitate proper treatment of PPAS in the future.

Case Report. We present the case of a 34-year-old male patient who was diagnosed with primary pulmonary arterial sarcoma. Written informed consent was obtained before admission. He was admitted to our hospital due to cough and hemoptysis with chest pain for one month. He developed a cough without any obvious cause, with yellow-green purulent sputum, blood in phlegm, intolerable persistent pain in the right side of the chest during inhalation and coughing, with chills and fever, shortness of breath after activity relieved after rest.

Clinical findings. Physical examination diagnosed that breath sound was coarse with no rales. Heart rhythm was normal, and no edema. Chest CT (Figure 2) showed multiple nodules on the cupula pleura of the right
Figure 1 - Timeline flowchart.

Figure 2 - Multiple nodules (white arrow) of unequal size in the right lung, with involvement of pleura.

Figure 3 - Tumor was composed of fibroblast-like spindle cells, with obvious atypia and pale cytoplasmic HE staining.
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lung. Cardiac ultrasound showed moderate pulmonary hypertension with mild mitral valve regurgitation, and mild pulmonary valve regurgitation. Computed tomography pulmonary angiography showed right pulmonary artery embolism, with bilateral pleural effusion. The deep vein ultrasound of lower limbs showed no abnormalities. Two percutaneous lung biopsies were negative. Right lung biopsy was conducted under a thoracoscope at our hospital. Postoperative pathological biopsy (Figure 3) showed normal structure replaced by tumor cells, which were spindle-shaped, fibroblast-like and diffusely arranged, and showed obvious atypia with multinucleated giant cells, nuclear fission, intranuclear inclusion bodies, and pale colored cytoplasm. Immunohistochemistry showed CK-, EMA-, Vim+, CD31++, S-100-, AACT+, a few cells were CD68+, actin+, and desmin -. In fact, AACT and CD68 do not refer to tumor cells, but to the surrounding stromal cells. Because the whole lesion is cut off when the operation is performed, there are tumors and surrounding tissues in the pathological section.

Diagnostic assessment. Pathology and immunohistochemistry results indicated characteristic soft tissue sarcomas, indicative of angiosarcoma according to clinical symptoms, CT imaging features and pathological biopsy results. We have examine the whole body but were not found other site of angiosarcoma. He was diagnosed as PPAS.

Therapeutic intervention. He was recommended for surgery as the treatment of choice. Due to excessive bleeding from lung and pleural adhesion, the operation could not be a success. He declined chemotherapy and received 15 mg/day endostatin injection for 14 days. Computed tomography scan was repeated after 5 sessions (Figure 4), which showed that the chest nodules had obviously shrunken. A cycle of radiotherapy was initiated after 6 months. Radiotherapy was carried out only once at 200 cGy/F, external location 2-3 cm from the local lesion field. Due to radioactive pneumonia, he received radiotherapy once. Chest CT was repeated (Figure 5), which showed the nodules had significantly shrunken. Nine months after radiotherapy, another chest CT indicated that the lesions had progressed and spread to the left shoulder joint.

Follow-up and outcomes. The patient died of massive hemoptyis at his home after about a month. From
the onset of the disease to the death, the total survival duration was approximately 18 months.

**Discussion.** Angiosarcoma is a malignant tumor originating from the vascular endothelium. Primary pulmonary arterial sarcoma is one of angiosarcomas that grow within the pulmonary artery. The World Health Organization (WHO) classified PPAS into wall sarcomas (mainly leiomyosarcoma) and endometrial sarcomas, which are most prevalent. Symptoms usually include progressive dyspnea, cough or hemoptysis, and chest pain, sometimes accompanied by fever. Blocked blood flow caused by mass growth within the pulmonary artery, result in similar pathophysiological changes and clinical manifestations as PE, which makes the differential diagnosis difficult. CTPA indicating pulmonary artery wall erosion is a characteristic feature. The key differences between PE and PPAS are: PPAS most commonly occurs in the main pulmonary artery or proximal pulmonary artery, with often visible complete filling defect, its clinical symptoms do not involve anticoagulation mechanism; no thrombus source; multiple nodules in lung parenchyma; lumen outside the cavity is affected; and visible swollen lymph nodes in the mediastinum and hilum; PPAS is often a unilateral disease, while PE shows bilateral lesions; also, PPAS can show uneven enhancement due to tumor angiogenesis. Primary pulmonary arterial sarcoma has high degree of malignancy and poor prognosis, with average survival time of 13-18 months, while 1-year survival rates was 22% and 2-years was 7%. Without surgical intervention, the average survival time is only 1.5 months after diagnosis. There is no ideal treatment strategy for PPAS. The preferred treatment is complete surgical resection. Pneumonectomy is only suitable for unilateral pulmonary artery involvement. If sarcoma infiltrates outside the walls of blood vessels, pneumonectomy should be performed for unilateral lesion but not for bilateral lesions. Chemotherapy and radiotherapy are considered for patients with contraindications to surgery. But their efficacy remains unclear due to the absence of large sample clinical studies. There are no standard chemotherapy regimens for pulmonary artery sarcoma. Penel et al reported 7 pulmonary artery sarcoma patients with failed doxorubicin chemotherapy. Hirose reported recurrence in a postoperative patient treated with amrubicin hydrochloride and carboplatin with a poor curative effect but a good radiation effect. Dacarbazine, ifosfamide, mesna and etoposide (DIME) scheme may have certain curative effects on PPAS. Other treatment options include Adriamycin, ifosfamide, carboplatin and paclitaxel. Endostar, a human recombinant endostatin injection, can inhibit the tumor growth by inhibiting tumor angiogenesis, with less toxic side-effects. Its first-choice indications are chemotherapy regimens (plus vinorelbine and cisplatin, NP) for the initial treatment or retreatment of stage III/IV non-small cell lung cancer patients. Qin reported that endostar combined with chemotherapy was effective in advanced malignant lung tumors, while it showed partial remission (PR) when combined with gemcitabine and hydroxycamptothecine (GH) for malignant vascular endothelial tumor cells.

In this case study, endostatin was effective in treatment of PPAS. Endostar was chosen for study because, having broad-spectrum anti-angiogenic activity and inhibits tumor neovascularization by inhibiting the migration of endothelial cells forming blood vessels. For PPAS, proliferation or metastasis of malignant vascular endothelial cells may be inhibited by endostar treatment. The patient received only one dose of radiotherapy, which is not effective for radiotherapy except for treatment of the follow-up effects of angiogenesis inhibitors.

Endostar is not currently been used for the treatment of PPAS. We have shown that it had curative effects in our patient, although the underlying mechanism remains unknown. It has a broad-spectrum anti-angiogenesis activity by inhibiting vascular endothelial cell migration, which then inhibits tumor proliferation. Pulmonary artery sarcoma exhibits high levels of EGFR, PDGFRA and MDM2; whether endostar plays a role for these targets remains unclear and needs further study. Primary pulmonary arterial sarcoma is also sensitive to radiation therapy.

Primary pulmonary arterial sarcoma is clinically rare, has nonspecific symptoms, and is easily misdiagnosed as PE. It often requires a biopsy for confirmatory diagnosis. Treatment options are limited. In conclusion, in addition to surgery, Endostar combined with chemotherapy or radiotherapy may be an alternative option.

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