Mechanically induced damage of lateral-line hair cells

Mechanical overstimulation causes acute injury and synapse loss followed by fast recovery in lateral-line neuromasts of larval zebrafish

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Abstract

Excess noise damages sensory hair cells, resulting in loss of synaptic connections with auditory nerves and, in some cases, hair-cell death. The cellular mechanisms underlying mechanically induced hair-cell damage and subsequent repair are not completely understood. Hair cells in neuromasts of larval zebrafish are structurally and functionally comparable to mammalian hair cells but undergo robust regeneration following ototoxic damage. We therefore developed a model for mechanically induced hair-cell damage in this highly tractable system. Free swimming larvae exposed to strong water wave stimulus for 2 hours displayed mechanical injury to neuromasts, including afferent neurite retraction, damaged hair bundles, and reduced mechanotransduction. Synapse loss was observed in apparently intact exposed neuromasts, and this loss was exacerbated by inhibiting glutamate uptake. Mechanical damage also elicited an inflammatory response and macrophage recruitment. Remarkably, neuromast hair-cell morphology and mechanotransduction recovered within hours following exposure, suggesting severely damaged neuromasts undergo repair. Our results indicate functional changes and synapse loss in mechanically damaged lateral-line neuromasts that share key features of damage observed in noise-exposed mammalian ear. Yet, unlike the mammalian ear, mechanical damage to neuromasts is rapidly reversible.

Keywords: Hair cell, mechanical damage, ribbon synapse, inflammation, regeneration
Introduction

Hair cells are the sensory receptors of the inner ear and lateral-line organs that detect sound, orientation, and motion. They transduce these stimuli through deflection of stereocilia, which opens mechanically-gated cation channels (LeMasurier & Gillespie, 2005; Qiu & Muller, 2018) and drives subsequent transmission of sensory information via excitatory glutamatergic synapses (Glowatzki & Fuchs, 2002). Excessive mechanical stimulation, such as loud noise, can damage hair cells and their synaptic connections to afferent nerves. The degree of damage depends on the intensity and duration of the stimulus, with higher levels of traumatic noise producing structural damage to sensory epithelia, including hair cells (Cho et al., 2013; Nordmann, Bohnе, & Harding, 2000; Slepecky, 1986) and lower levels leading to various pathologies, including damage to the hair-cell mechanotransduction complex/machinery and stereocilia (Gao, Ding, Zheng, Ruan, & Liu, 1992; Husbands, Steinberg, Kurian, & Saunders, 1999), misshapen hair cells (Bullen, Anderson, Bakay, & Forge, 2019), synaptic terminal damage, neurite retraction, and hair-cell synapse loss (Fernandez et al., 2020; Henry & Mulroy, 1995; Kujawa & Liberman, 2009; Puel, Ruel, Gervais d'Aldin, & Pujol, 1998). In addition to directly damaging hair cells, excess noise also initiates an inflammatory response (Hirose, Discolo, Keasler, & Ransohoff, 2005; Kaur et al., 2019). Such inflammation is mediated by macrophages, a class of leukocyte that responds to injury by clearing cellular debris and promoting tissue repair (Wynn & Vannella, 2016).

The variety of injury and range of severity suggests multiple mechanisms are involved in hair-cell organ damage associated with exposure to strong stimuli. Also unknown are the cellular processes mediating repair following such trauma. While hair cells show a partial capacity for repair of stereocilia and synaptic connections, some sub-lethal damage to hair cells is permanent. Numerous studies of the mammalian cochlea suggest that a subgroup of inner hair-cell synapses are permanently lost following noise exposure (Cho et al., 2013; Hickman, Smalt, Bobrow, Quatieri, & Liberman, 2018; Kujawa & Liberman, 2009; Shi et al., 2013). Glutamate excitotoxicity is likely the pathological event that initiates noise-induced hair-cell synapse loss (Hu, Rutherford, & Green, 2020; Kim et al., 2019; Puel et al., 1998), but the downstream cellular mechanisms are still undefined. Further, the cellular mechanisms that promote hair-cell synapse recovery following damage-induced loss are also not understood.

Zebrafish have proven to be a valuable model system for studying the molecular basis of hair-cell injury and repair. Zebrafish sensory hair cells are structurally and functionally homologous to mammalian hair cells (Coffin, Kelley, Manley, & Popper, 2004; Kindt & Sheets, 2018; Sebe et al., 2017). In contrast to other vertebrate model organisms, zebrafish hair cells
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are optically accessible in whole larvae within the lateral-line organs. These sensory organs, called neuromasts, contain clusters of ~14 hair cells each and are distributed throughout the external surface of the fish to detect local water movements. Zebrafish can repair and regenerate damaged tissues, including lateral-line organs (Kniss, Jiang, & Piotrowski, 2016; Xiao et al., 2015). This capacity for organ repair combined with optical accessibility allows us to study cellular and synaptic damage and repair in vivo following mechanical trauma.

In order to model physical damage to hair cell organs in zebrafish lateral line, we developed a protocol to mechanically stimulate the lateral line of free-swimming 7-day-old larvae. Using this protocol, we were able to induce mechanical injury to lateral-line organs that resembled the trauma observed in the mammalian cochlea following acoustic overstimulation. We observed synapse loss in a subset of neuromasts that appeared morphologically intact, as well as hair-cell loss and afferent neurite retraction in a subset of neuromasts that appeared morphologically disrupted. Hair cell mechanotransduction, as measured by uptake of the cationic dye FM1-43, was significantly reduced after mechanical injury. We also observed an inflammatory response similar to that observed in the mammalian cochlea after noise trauma. Remarkably, mechanically induced lateral-line damage appeared to rapidly recover; hair-cell number and morphology returned to normal within 4 hours following exposure, concurrent with clearance of cellular debris by macrophages. Additionally, neuromasts showed partial recovery of afferent innervation within 2 hours following exposure and completely recovered hair-cell morphology and FM1-43 uptake within 4 hours. Cumulatively, these results support that mechanically injured neuromasts show similar features of damage observed in noise exposed ears, yet rapidly repair.

Results

Mechanical overstimulation of zebrafish lateral-line hair cells

To mechanically damage hair cells of lateral-line organs in free-swimming 7-day-old zebrafish, we developed a stimulation protocol using an electrodynamic shaker to create a strong water wave stimulus (Fig. 1A). The frequency used for mechanical stimulation was selected and further verified (see Method Details) based on previous studies showing 60 Hz to be within the optimal upper frequency range of mechanical sensitivity of superficial posterior lateral-line neuromasts, which respond maximally between 10-60 Hz, but a suboptimal frequency for hair cells of the anterior macula of the inner ear (Levi, Akanyeti, Ballo, & Liao, 2015; Trapani & Nicolson, 2010; Weeg, Fay, & Bass, 2002). Dorsal-ventral displacement of a 6-well dish at 60 Hz and acceleration of 40.3 m/s² (+/-0.5 m/s²) created water flow and disturbance of the water surface that was strong enough to trigger ‘fast start’ escape responses—a behavior
Mechanically induced damage of lateral-line hair cells mediated in part by zebrafish lateral-line organs to escape predation (Fig. 1 B inset) (McHenry, 2009; Nair, Azatian, & McHenry, 2015).

'Fast start' escape responses can also be activated by stimulating hair cells of the lateral line and/or the posterior macula in the ear (Bhandiwad, Zeddies, Raible, Rubel, &
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Sisneros, 2013). To verify that the observed escape responses were mediated predominantly by flow sensed by lateral-line hair cells rather than hair cells of the macula, we exposed a group of larvae to low dose (3µM) copper sulfate (CuSO₄) for 1 hour to specifically ablate lateral-line hair cells, but leave hair cells of the ear intact (Olivari, Hernandez, & Allende, 2008). Following a 2 hour recovery after CuSO₄ treatment, we recorded fish behavior with a high-speed camera during the stimulus (1000 fps for 10 s) and compared the responses of fish with lesioned lateral-line organs with those of untreated control siblings (Fig. 1 B,C; Movie S1,2). When subjected to intense water flow, we found that ‘fast start’ responses—defined as a c-bend of the body occurring within 15 ms followed by a counter-bend (Burgess & Granato, 2007; McHenry et al., 2009)—occurred significantly less frequently in larvae with ablated lateral line organs than in siblings with intact lateral line (Fig. 1 C,E; avg. ‘fast start’ responses: 0.4 (± 0.1)/s in lateral-line ablated vs 1.5 (± 0.1)/s in control; 3 trials, 10 s per trial; **P=0.0043). Accordingly, some CuSO₄-treated fish were unable to escape the waves and were swept out of view (Fig. 1 E; arrowheads; Movie S2). These observations indicate that the strong water wave generated by our device is stimulating lateral-line hair cells and evoking a behaviorally relevant response.

A subset of mechanically injured neuromasts undergo physical displacement that is position dependent but does not require mechanotransduction

To induce mechanical damage to lateral line organs, larvae (10-15 per well) were exposed to an initial 20 minutes of strong water wave stimulus followed by 10 minutes of rest, then 2 hours of continuous stimulus (Supplemental Fig. 1 A). The ten-minute break in exposure was introduced early on when establishing the stimulus duration because it appeared to enhance larval survival; it was therefore maintained throughout the study for consistency. Fish were euthanized and fixed immediately after exposure, then processed for immunohistofluorescent labeling of hair cells and neurons. Unexposed sibling fish served as controls. As posterior lateral-line (pLL) neuromasts have been shown to specifically initiate escape behavior in response to strong stimuli (Liao & Haehnel, 2012), analysis of the morphology of pLL neuromasts L3, L4, and L5 was conducted for exposed and control larvae (Fig. 2 A). Initially, we divided the observed neuromast morphology into two categories: “normal”, in which hair cells were radially organized with a relatively uniform shape and size, and “disrupted”, in which the hair cells were misshapen and displaced to one side, with the apical ends of the hair cells localized anteriorly (Fig. 2 B, C; see Methods Details for measurable criteria). Position of the neuromast along the tail was also associated with vulnerability to disruption; we observed a gradient of damage in the pLL from rostral to caudal i.e. L5 was more
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Additionally, we compared mechanical stress from our sustained exposure to an exposure protocol that delivered intermittent pulses of stimulus ("periodic exposure"; Supplemental Fig. 1A). We observed neuromast disruption less frequently with periodic exposures vs. sustained exposure of the same intensity (Supplemental Figure 1B; Unpaired t-

Figure 2: Morphological changes in pLL neuromast hair cells exposed to strong water wave stimulus. (A) Schematic of a larval zebrafish. Blue dots indicate neuromasts of the lateral-line organs; green lines indicate innervating afferent lateral-line nerves. pLL neuromasts L3, L4, and L5 were analyzed (dashed circles). (B-C) Maximum intensity dorsal top-down 2D projections of confocal images of control or stimulus-exposed neuromast hair cells (blue (B) or orange (C); Parvalbumin immunolabel). Exposed neuromast hair-cell morphology was categorized as "normal" i.e. radial hair-cell organization indistinguishable from control or "disrupted" i.e. asymmetric organization with the hair-cell apical ends oriented posteriorly. (D) Maximum intensity projections of supporting cells (SCs) expressing GFP (green), immunolabeled synaptic ribbons (magenta; Ribeye b) and all cell nuclei (blue; DAPI). Note that SCs underlying displaced hair cells also appear physically disrupted (indicated by white arrows). Scale bars: 5 µm (F) Average percentage of neuromasts with "disrupted" morphology following mechanical stimulation. Each dot represents the percentage of disrupted neuromasts (NM) in a single experimental trial. Disrupted hair-cell morphology was place dependent, with neuromasts more frequently disrupted following sustained stimulus and when localized toward the posterior end of the tail (*P=0.0386, **P=0.0049, ***P=0.0004) (G) Average percentage of exposed neuromasts (NM) with "disrupted" morphology in lhfp15b mutants, which lack mechanotransduction specifically in lateral-line hair cells, vs. heterozygous WT. lhfp15b mutants show a similar gradient of neuromast disruption following mechanical injury as WT siblings. Error Bars = SEM.
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test \( **P=0.0034 \), supporting that displacement of neuromasts is a consequence of mechanical injury. Additionally, we examined hair cell morphology in the ears of larvae exposed to sustained stimulus and observed no apparent damage (Supplemental Fig. 2), indicating our overstimulation protocol produces mechanical damage specifically to lateral-line organs.

To determine if hair-cell activity plays a key role in the displacement of neuromasts, we exposed \( \text{lhfp5b} \) mutants—fish that have intact hair cell function in the ear, but no mechanotransduction in hair cells of the lateral line—to sustained stimulation (Erickson, Pacentine, Venuto, Clemens, & Nicolson, 2019). We observed comparable morphological disruption of mutant neuromasts lacking mechanotransduction (Fig. 2 G), suggesting that displacement of lateral-line hair cells is due to physical damage from the stimulus. Further, we observed the adjacent supporting cells in neuromasts with disrupted hair-cell morphology appeared similarly displaced and elongated (Fig. 2 E “disrupted”; white arrows), indicating that mechanical injury disrupts the structural integrity of the entire neuromast organ.

**Hair-cell loss and reduced afferent innervation correspond to neuromast disruption**

Moderate noise exposures can cause damage or loss of cochlear hair-cell synapses, including swelling and retraction of afferent nerve fibers, while more extended and/or severe exposures lead to hair-cell loss. To address whether mechanical damage in the lateral line produced similar morphological changes, we surveyed the number of hair cells per neuromast and the percentage of neuromast hair cells lacking afferent innervation in fish immediately following exposure to sustained stimulation (Fig. 3). We observed a reduction in the number of hair cells per neuromast immediately following exposure (Fig. 3 D, E; \( **\text{Adj P}=0.0019; N=13 \) trials) as well as a significant reduction in the percentage of hair cells per neuromast innervated by afferent neurons (Fig. 3 F, G; \( ****\text{Adj P}<0.0001; N=12 \) trials).

As described in Fig. 2 F, we found on average ~half of L3-L5 neuromasts examined showed “disrupted” hair-cell morphology immediately following sustained stimulus exposure. To define the associations between overall neuromast morphology and specific structural changes in mechanically injured neuromasts, we examined the numbers of hair cells and the percent of hair cells contacted by afferent fibers in exposed neuromasts parsed into “normal” and “disrupted” morphologies. With hair cell number, we observed significant loss specifically in “disrupted” neuromasts, while “normal” neuromast hair-cell number appeared comparable to control (Fig. 3 D, E; \( \text{Adj P}=0.3859 \) normal, \( ****\text{Adj P}<0.0001 \) disrupted). With hair-cell afferent innervation we observed a similar trend i.e., a significant number of hair cells lacked afferent innervation in stimulus exposed neuromasts with “disrupted” morphology, but not “normal” neuromasts (Fig. 3 F,G; \( \text{Adj P}=0.7503 \) normal, \( ****\text{Adj P}<0.0001 \) disrupted).
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Mechanically overstimulated neuromasts with “normal” morphology lose a greater number of hair-cell synapses when glutamate clearance is inhibited

Hair cells contain electron-dense presynaptic specializations—called dense bodies or synaptic ribbons—apposing afferent PSDs which constitute afferent synaptic contacts (Davies, Tingley, Kachar, Wenthold, & Petralia, 2001; Sheets, Trapani, Mo, Obholzer, & Nicolson, 2011).
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In the larval zebrafish lateral line, afferent nerve fibers innervate multiple hair cells per neuromast forming ~3-4 synaptic contacts per hair cell. To determine whether strong water wave stimulus exposure generated lateral-line hair-cell synapse loss, we counted the number of intact synapses (ribbons juxtaposed to PSDs; Fig. 4 A-C) in control and exposed larvae. We observed significant reduction in the number of intact synapses per hair cell following sustained mechanical overstimulation and exacerbated by blocking glutamate uptake. A-C) Representative maximum intensity projection images of unexposed (A), or stimulus exposed lateral-line neuromast with "normal" (B) or "disrupted" (C) morphology. Synaptic ribbons (magenta; Ribeye b), PSDs (green; MAGUK) and hair cells (blue; Parvalbumin) were immunolabeled. Scale bar: 5 µm (D-E) Intact synapses per neuromast hair cell. Pink box plot in D (Exp) represents pooled exposed neuromasts while, in E, gray (Norm) and red (Dis) plots represent neuromasts parsed into normal and disrupted groups. Whiskers = min to max. The average number of intact synapses per hair cell was significantly reduced in exposed neuromasts (D; **Adj P=0.0078); when parsed, this reduction was significant in the "normal" exposure group relative to control (E; **Adj P=0.0043 normal, Adj P=0.1207 disrupted). (F) Differences of least squares means in number of intact synapses per hair cell between groups. Bars represent 95% CI. (G) The number of intact synapses per hair cell in larvae co-treated with TBOA, to block glutamate clearance, or drug carrier alone during exposure. Synapse loss was significantly greater in "normal" neuromasts co-exposed to TBOA compared to fish co-exposed to the drug carrier alone (Two-way ANOVA. *P<0.0187).

Figure 4: Significant hair-cell synapse loss is observed in “normal” neuromasts following mechanical overstimulation and exacerbated by blocking glutamate uptake. A-C) Representative maximum intensity projection images of unexposed (A), or stimulus exposed lateral-line neuromast with "normal" (B) or "disrupted" (C) morphology. Synaptic ribbons (magenta; Ribeye b), PSDs (green; MAGUK) and hair cells (blue; Parvalbumin) were immunolabeled. Scale bar: 5 µm (D-E) Intact synapses per neuromast hair cell. Pink box plot in D (Exp) represents pooled exposed neuromasts while, in E, gray (Norm) and red (Dis) plots represent neuromasts parsed into normal and disrupted groups. Whiskers = min to max. The average number of intact synapses per hair cell was significantly reduced in exposed neuromasts (D; **Adj P=0.0078); when parsed, this reduction was significant in the "normal" exposure group relative to control (E; **Adj P=0.0043 normal, Adj P=0.1207 disrupted). (F) Differences of least squares means in number of intact synapses per hair cell between groups. Bars represent 95% CI. (G) The number of intact synapses per hair cell in larvae co-treated with TBOA, to block glutamate clearance, or drug carrier alone during exposure. Synapse loss was significantly greater in “normal” neuromasts co-exposed to TBOA compared to fish co-exposed to the drug carrier alone (Two-way ANOVA. *P<0.0187).
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exposure (Fig. 4 D, F; **Adj P=0.0078). When we compared “normal” and “disrupted” neuromasts following exposure, we observed a loss of intact synapses per hair cell in all exposed neuromasts, with significantly fewer synapses in “normal” exposed neuromasts relative to control (Fig. 4 E-F; **Adj P=0.0043 normal, Adj P=0.1207 disrupted). Additionally, significant synapse loss was observed in the neuromasts of fish exposed to the less mechanically damaging “periodic” stimulus (Supplemental Fig. 1 F’).

Previous studies indicate that excess glutamate signaling may be a key factor driving inner hair-cell synapse loss following exposure to damaging noise (Chen, Kujawa, & Sewell, 2010; Kim et al., 2019). We therefore inhibited glutamate clearance from neuromast hair-cell synapses by pharmacologically blocking uptake with the glutamate transporter antagonist Threo-beta-benzyl-oxy-aspartate (TBOA) during sustained stimulus exposure. We observed a significantly greater degree of hair-cell synapse loss in stimulated neuromasts with “normal” morphology co-treated with TBOA than in stimulated neuromasts co-treated with drug carrier alone (Fig. 4 E; Two-way ANOVA. *P<0.0187), suggesting glutamate excitotoxicity contributes to hair-cell synapse loss observed in mechanically overstimulated neuromasts with intact morphology.

To further characterize synapse loss in relation to afferent neurite retraction, we examined fish in which we immunolabeled synaptic ribbons, PSDs, afferent nerve fibers, and synaptic debris. Scale bars: 5µm (main panels), 1µm (insets). (C) Frequency histogram of observed synaptic debris per neuromast (NM). While control neuromasts occasionally had 1 detached synapse, exposed neuromasts were observed that had up to 5 detached synapses.

Figure 5: Mechanically overstimulated neuromasts showed retracted neurites and detached synaptic debris. (A-B) Representative images of control (A) and exposed (B) neuromasts. Synaptic ribbons (magenta; Ribeye b) and PSDs (green; MAGUK) were immunolabeled; hair cells were also immunolabeled, but not shown for clarity. Afferent neurons (white) were labeled with GFP. Insets: Arrows indicate intact synapses adjacent to afferent neurons; arrowheads (B) indicate synaptic debris. Scale bars: 5µm (main panels), 1µm (insets). (C) Frequency histogram of observed synaptic debris per neuromast (NM). While control neuromasts occasionally had 1 detached synapse, exposed neuromasts were observed that had up to 5 detached synapses.
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We then quantified instances where synapses, i.e. juxtaposed pre- and postsynaptic components associated with hair cells, were no longer adjacent to an afferent nerve terminal. As these synapses appeared detached and suspended from their associated neurons, making them no longer functional, we refer to them as synaptic debris. While we rarely observed synaptic debris in unexposed neuromasts, we observed a greater relative frequency of synaptic debris in neuromasts exposed to strong water wave stimulus (Fig. 5 C; One sample Wilcoxon test, $P=0.1250$ (control), $*P=0.0313$ (normal), $**P=0.0039$ (disrupted)). Taken together, we observed two distinct types of morphological damage to afferent synapses in mechanically overstimulated neuromasts: loss of synapses within neuromasts that appear intact that is exacerbated when glutamate uptake is blocked and a higher incidence of synaptic debris that appear detached from afferent neurites in all exposed neuromasts.

Mechanically overstimulated lateral line neuromasts show signs of hair-cell injury and macrophage recruitment

The inner ears of birds and mammals possess resident populations of macrophages, and additional macrophages are recruited after acoustic trauma or ototoxic injury (Warchol, 2019). A similar macrophage response occurs at lateral line neuromasts of larval zebrafish after neomycin ototoxicity (Warchol, Schrader, & Sheets, 2021). Analysis of fixed specimens, as well as time-lapse imaging of living fish (e.g., Hirose, Rutherford and Warchol, 2017), has demonstrated that macrophages migrate into neomycin-injured neuromasts and actively phagocytose the debris of dying hair cells. To determine whether a similar inflammatory response also occurs after mechanical injury to the lateral line, we characterized macrophage behavior after sustained stimulation. These studies employed Tg(mpeg1:yfp) transgenic fish, which express YFP in all macrophages and microglia. Fish were fixed immediately after exposure, or allowed to recover for 2, 4 or 8 hours. Control fish consisted of siblings that received identical treatment but were not exposed to mechanical stimulation. Data were obtained from the two terminal neuromasts from the pLL of each fish (Fig. 6 A). In agreement with data shown in Fig. 3 D, we observed a modest but significant decline in hair-cell number in specimens that were examined immediately and at 2 hours after sustained exposure (Fig. 6 B; $**P<0.003$). Consistent with earlier studies (Hirose, Rutherford, & Warchol, 2017), 1-2 macrophages were typically present within a 25 µm radius of each neuromast (Fig. 6 C). In uninjured (control) fish, those macrophages remained outside the sensory region of the neuromast and rarely contacted hair cells. However, at 2, 4 and 8 hours after sustained stimulus, we observed increased macrophage-hair cell contacts (Fig. 6 D; $*P=0.024$), as well as the presence of immunolabeled hair-cell debris within macrophage cytoplasm (suggestive of...
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Figure 6. Macrophage response to mechanical overstimulation of lateral line hair cells. Experiments used fish that express YFP under regulation of the macrophage-specific mpeg1 promoter. All images and data were collected from the two distal-most neuromasts of the posterior lateral line (Fig 2A; term). (A) Macrophages (green) responded to mechanical injury by entering neuromasts, contacting hair cells and internalizing otoferlin-labeled debris (arrows, magenta). Images show examples of macrophage behavior at different time points after noise trauma. (B) Quantification of hair cell number, which was significantly reduced at 0-2 hr after noise exposure (Mixed-effects analysis: \( **P<0.003 \)). (C) Quantification of macrophages within a 25 µm radius of the terminal neuromasts at 0-8 hr after noise injury. Most neuromasts possessed 1-2 nearby macrophages and this number was not changed by noise exposure. (D) Quantification of direct contacts between macrophages and hair cells. Macrophage-hair cell contacts were counted at each survival time after noise exposure and normalized to the total number of sampled neuromasts. Increased levels of contact were observed at 2 and 4 hr after noise exposure (\( \*P=0.0243 \)). (E) Quantification of phagocytosis as a function of post-noise survival time. Macrophages that had internalized otoferlin-labeled material were counted at each time point and normalized to the total number of sampled neuromasts. The percentage of macrophages that contained such debris was significantly increased at 0-2 hr after strong water wave stimulus (\( \*P=0.0465; **P=0.0013 \)). Data were obtained from 26-50 neuromasts/time point. Error Bars = SD

phagocytosis, Fig. 6 A, 4 h., arrow). Macrophage-hair cell contact and phagocytosis peaked at 2 hours after exposure (Fig. 6 E; \( **P= 0.0013 \)). Notably, the numbers of macrophages within a 25 µm radius of each neuromast remained unchanged at all time points after exposure, suggesting that the inflammatory response was mediated by local macrophages and that mechanical injury did not recruit macrophages from distant locations (Fig. 6 C).
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injury-evoked macrophage behavior is qualitatively similar to the macrophage response observed in the mouse cochlea after acoustic trauma (Hirose et al., 2005; Kaur et al., 2019; Kaur et al., 2015).

Mechanically injured neuromasts rapidly repair following exposure

To determine if damage to mechanically injured neuromasts was progressive, persistent, or reversible, we compared neuromast morphology, hair-cell number, and innervation at 0 hours, 2 hours, and 48 hours following sustained exposure to strong water wave stimulus. We observed a decrease in the percentage of neuromasts showing "disrupted" morphology 2 hours following exposure, relative to fish fixed immediately following exposure (Fig. 7 A; 54% disrupted (0 h) vs. 32% disrupted (2 h); N=4 trials), suggesting that physical disruption of neuromast morphology following mechanical injury is rapidly reversible. Consistent with this observation, the average hair-cell number per neuromast at 2 hours post-exposure appeared to recover (Fig. 7 C; *Adj P=0.0321 (0h disrupted), Adj P=0.1875 (2h disrupted); N=6 trials). Recovery of hair-cell number occurred within 2-4 hours (Fig. 6 A, B) and corresponded with macrophages infiltrating neuromasts and phagocytosing hair-cell debris (Fig. 6 A, E). We also observed, compared to immediately following exposure, a lesser degree of afferent fiber...
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retraction (Fig. 7 E; ****Adj P<0.0001 (0h disrupted), **Adj P=0.0016 (2h disrupted); N=6 trials) indicating partial recovery of innervation.

A recent study characterized zebrafish lateral-line hair-cell damage induced by exposure to ultrasonic waves and reported a delayed hair-cell death and synapse loss 48-72 hours following exposure (Uribe et al., 2018). To determine if lateral line neuromasts exposed to the strong wave stimulus generated by our apparatus underwent delayed hair-cell loss, we examined hair-cell morphology, number, and innervation 48 hours following sustained stimulus exposure. Most exposed neuromasts examined showed “normal” HC morphology (Fig. 7 B) with no significant difference in hair-cell number (Fig. 7 D; Adj P=0.4443; N=4 trials). Hair-cell afferent innervation after 48 hours was comparable to control fish; even the few neuromasts that remained morphologically “disrupted” were fully innervated (Fig. 7 F).

Figure 8: Changes in synaptic ribbon and PSD sizes following sustained mechanical overstimulation. (A-A'') Representative images of control (A) and exposed (A', A'') neuromasts. Synaptic ribbons (magenta; Ribeye b), PSDs (green; MAGUK), and hair cells (blue, Parvalbumin) were immunolabeled. Scale bars: 5µm (main panels), 1µm (insets). (B-E) Box and whisker plots of relative synapse volumes normalized to 0h control. Whiskers indicate the min. and max. values; “*” indicates the mean value, horizontal lines indicate the relative median value of the control. (B) Ribbon volume appeared comparable to control immediately following exposure but was reduced 2 hours after exposure (*P=0.0195). (C) Significant reduction in ribbon size relative to control was specific to disrupted neuromasts (Kruskal-Wallis test: ***P=0.0004 (2h)). (D) Significantly larger PSDs were observed both immediately and 2 hours following exposure (****P<0.0001). (E) Enlarged PSDs were present in both “normal” and “disrupted” exposed neuromasts, with a greater enlargement observed 0h post-exposure (Kruskal-Wallis test: ****P<0.0001 (0h); ***P=0.0001, **P=0.0024 (2h)).
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PSDs are enlarged in all neuromasts following mechanical overstimulation

Previous studies in mice and guinea pigs indicate moderate noise exposures modulate the size of synaptic components (Kim et al., 2019; Song et al., 2016). To determine if pre- and postsynaptic components were also affected in our model, we compared the relative volumes of neuromast hair-cell presynaptic ribbons and their corresponding PSDs in control and stimulus exposed larvae. We observed a moderate reduction in synaptic-ribbon size following exposure; ribbon volumes were significantly reduced relative to controls following 2 hours recovery (Fig. 8 B; Kruskal-Wallis test *P=0.0195; N=3 trials), and this reduction was specific to “disrupted” neuromasts (Fig. 8 C). While the changes in ribbon volume we observed were modest and delayed in onset, we saw dramatic enlargement of PSDs immediately and 2 hours following exposure (Fig. 8 D; Kruskal-Wallis test ****P<0.0001; N=3 trials). In contrast to the observed reduction in ribbon size, relative PSD volumes were significantly enlarged in all exposed neuromasts regardless of whether neuromast morphology was “normal” or “disrupted” (Fig. 8 E). These data reveal enlarged PSDs as the predominant structural change in mechanically overstimulated neuromast hair-cell synapses.

Mechanically injured neuromasts have damaged kinocilia, disrupted hair-bundle morphology, and reduced FM1-43 uptake immediately following exposure

An additional consequence of excess noise exposure in the cochlea is damage to mechanosensitive hair bundles at the apical end of hair cells and, correspondingly, disruption of mechanotransduction (Wagner & Shin, 2019). Larval zebrafish lateral-line hair cells each have a hair bundle consisting of a single kinocilium flanked by multiple rows of actin-rich stereocilia (Kindt, Finch, & Nicolson, 2012). To determine if our exposure protocol damaged apical hair-cell structures, we used confocal imaging and scanning electron microscopy (SEM) to assess hair bundle morphology in both unexposed control larvae and larvae fixed immediately following sustained exposure. All neuromasts throughout the fish were evaluated, but to remain consistent with our fluorescence imaging results, we closely assessed the appearance of the caudal pLL neuromasts. We found the caudal neuromasts to be more damaged than the ones positioned more rostrally: the frequency of neuromasts with apparently disrupted appearance increased the closer its position to the tail (Supplemental Fig. 3). This is consistent with our fluorescence observations (Fig. 2 F; Supplemental Fig. 4 B) in which L5 neuromasts were more likely to be disrupted than more anteriorly positioned L3.

A closer examination of neuromast morphology revealed a difference of the kinocilia length and bundling. The neuromasts of the control fish carry a bundle of long (10-15 µm), uniformly shaped kinocilia (Fig. 9 A-E). In contrast, the neuromasts of the fish fixed immediately...
after sustained exposure often appear to carry much shorter kinocilia (Fig. 9 F-H, yellow arrows), which lack bundling and, in some cases, pointing to different directions (Fig. 9 G,H). The apparent kinocilia length difference between control and overstimulated neuromasts suggests at least some kinocilia may undergo a catastrophic damage event at the time of stimulation, as their distal parts break off the hair cells. This is further supported by some
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Figure 10: Hair cell mechanotransduction was significantly reduced but rapidly recovered following mechanical overstimulation. (A-C) Representative images of hair-cell stereocilia (conjugated phalloidin, gray) and FM1-43FX fluorescence intensity of the corresponding neuromast in representative control (A) or mechanically overstimulated fish immediately following exposure. Yellow arrows in (B') indicate phalloidin labeling that appeared tapered. (D) Average relative FM1-43FX fluorescence intensity measurements in control and exposed neuromasts over 4 hours of recovery. FM1-43FX uptake was significantly reduced in exposed neuromasts immediately following mechanical overstimulation but appear to completely recover by 4 hours (Tukey’s multiple comparisons test: ****P<0.0001 (0h), P=0.0579 (1h), P=0.8387 (2h), P=0.8387 (4h)). Dashed lines indicate FM1-43FX fluorescence intensity measurements in exposed neuromasts parsed into “normal” and “disrupted” morphologies. (E) Average stereocilia length of centrally localized hair bundles in control and exposed neuromasts. Dashed lines indicate measurements in exposed neuromasts parsed into “normal” and “disrupted” morphologies. Error Bars = SD (F) Relative FM1-43FX fluorescence in both “normal” and “disrupted” exposed neuromasts was significantly reduced immediately following exposure but recovered over time (Tukey’s multiple comparisons test: ****P<0.0001, *P=0.0328 (0h); ****P<0.0001, **P=0.0098 (1h); **P=0.0025 control vs. dis, **P=0.0089 normal vs. dis (2h)). Each point represents an individual neuromast. Nearly all observed exposed neuromasts appeared morphologically normal following 4 hours; note only one neuromast data point in the disrupted category of the 4h recovery graph. Data were obtained from 26-32 neuromasts per condition over three trials.

332 examples of kinocilia with thicker, ‘swollen’ proximal shafts closer to the cuticular plate of the cell, some of which extend into a thinner distal part while others appear to lack the distal part
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completely (Fig. 9 I-K, yellow arrowheads). Accordingly, the average diameter of kinocilia at the level of the hair bundle (L2-5) was significantly larger than control, with a few kinocilia showing dramatically thicker widths ~2x greater than the thickest control (Fig. 9 L; ***P=0.0007). When measured ~3-5 µm above the bundle, the exposed neuromast kinocilia have a somewhat larger average diameter relative to control, but not as dramatic as observed at the base (Fig. 9 M; *P=0.0243). Stereocilia bundles from both groups of animals carried tip links, but we were unable to systematically evaluate and quantify their abundance. However, we observed signs of damaged bundle morphology following overstimulation, as they often appeared splayed, with gaps between the rows of stereocilia (Fig. 9 I-K).

Figure 11: Neuromasts show no change in cell proliferation following mechanical overstimulation. (A,B) Representative cross-section images of EdU (magenta) labeling of proliferating neuromast cells. Fish were exposed to EdU for 4 hours following stimulus exposure. Supporting cells (SC) were expressing GFP. Scale bars: 5µm (C) Average number of EdU+ cells per neuromast were comparable in control and exposed larvae. Data were obtained from 33-34 neuromasts per condition over three trials. (Two-way ANOVA. P=0.4193) Bars represent 95% CI.

To evaluate the effect of mechanical overstimulation on hair bundle function in relation to hair bundle morphology, we assessed mechanotransduction by briefly exposing free-swimming larvae to the fixable mechanotransduction-channel permeable dye FM1-43X (Holmgren & Sheets, 2021; Toro et al., 2015). We treated control and mechanically overstimulated larvae with FM1-43X immediately and at several time points up to 4 hours following exposure, then fixed the larvae and co-labeled hair-cell stereocilia with fluorescently-conjugated phalloidin (Fig. 10 A-C). We observed a significant reduction in the relative intensity of FM1-43 in all exposed neuromasts immediately following exposure (Fig. 10 D, F (0h); ****P<0.0001). While phalloidin labeling of stereocilia revealed what appeared to be tapered hair bundles in some exposed neuromasts (Fig. 10 B’; yellow arrows), average stereocilia length obtained from 3D interpolated confocal image stacks was not significantly altered (Fig. 10 E). Remarkably, FM1-43FX uptake
showed recovery within 30 minutes and fully recovered over several hours. (Fig. 10 C, D). The
degree of FM1-43FX fluorescence recovery following mechanical damage appeared to
correspond with recovery of neuromast morphology; following 4 hours, nearly all neuromasts
exposed to strong wave stimulus showed “normal” morphology and relative FM1-43X
fluorescence that was comparable to control (Fig 10 D, F, 4h recovery). This observed timeline
of morphological recovery coincides with macrophage recruitment and phagocytosis hair cell
debris peaking 2 hours post exposure (Fig 6 D,E) followed by full recovery of hair cell number
between 2-4 hours post exposure (Fig 6 B). Additionally, we quantified proliferating neuromast
cells by treating control and mechanically overstimulated 5-ethynyl-2-deoxyuridine (EdU) larvae
for 4 hours following exposure and saw no difference in the number of EdU positive cells per
neuromast in each condition (Fig 11 A-C). Cumulatively, these data support that most damaged
hair cells are repaired within mechanically injured neuromasts.

Discussion
To model mechanical injury resulting from noise trauma in the zebrafish lateral line, we
describe here a method to mechanically overstimulate neuromasts of the posterior lateral line.
Using this method, we observed: i) hair-cell synapse loss in a subset of stimulus exposed
neuromasts with intact morphology, ii) morphological displacement, hair-cell loss, and afferent
deinnervation in a subset of mechanically disrupted neuromasts, iii) an inflammatory response
that peaked 2-4 hours following stimulus exposure, iv) kinocilia and hair bundle damage, and v)
reduced FM1-43 uptake in all immediately following exposure. Remarkably, mechanically
injured neuromasts rapidly recover following exposure; neuromast morphology, innervation, and
mechanotransduction showed significant recovery within an hour, and most neuromasts were
completely recovered within 4 hours post exposure.

Zebrafish lateral-line as a model for sub-lethal mechanical damage and noise-induced
synapse loss
Mechanical damage to the zebrafish lateral line induced by strong water wave stimulus
is observable immediately following exposure, is specific to the lateral-line organ, and appears
to be rapidly repaired. These observations contrast with a recently published noise damage
protocol for larval zebrafish which used ultrasonic transducers (40-kHz) to generate small,
localized shock waves (Uribe et al., 2018). They reported delayed hair-cell death and modest
synapse loss that was not apparent until 48 hours following exposure, was not accompanied by
decreased mechanotransduction, and was observed in the inner ear as well as the lateral-line
organs. Some of the features of the damage they observed—delayed onset apoptosis and hair-
cell death—may correspond to lethal damage following blast injuries. We propose features of
the damage we observe with our stimulus protocol—reduced mechanotransduction, hair-cell
synapse loss, and rapid inflammatory response—may correspond to sub-lethal noise-induced
damage of hair-cell organs. Because of differences in the nature of the stimuli in these two
studies, it is difficult to directly compare the pathological outcomes. Mechanical overstimulation
in the Uribe et al., study was induced using ultrasonic (40 kHz) actuators. Such high frequencies
are far outside those that are detected by lateral line neuromasts (Levi et al., 2015; Trapani &
Nicolson, 2010) supporting that cavitation in the water medium is likely causing the observed
damage. In contrast, our study delivered a stimulus of high intensity 60 Hz water waves directly
to the fish. This frequency is within the range of sensitivity of lateral line neuromasts of larval
zebrafish and evoked a lateral-line mediated behavior (Fig 1 B, C) suggesting that the hair cells
were being directly stimulated by the water motion. The present method more closely resembles
the techniques that are typically used to study noise damage in the mammalian cochlea, where
high intensity acoustic energy causes hair cell and synaptic injury in specific regions of the
cochlea that are best-responsive to the frequency of the stimulus. This idea is further supported
by the observation that synapse loss in hair cells exposed to strong wave stimulation is greater
when glutamate uptake is blocked (Fig. 4 E), suggesting a shared mechanism of glutamate
excitotoxicity between noise-exposed mammalian ears and strong water wave stimulus exposed
lateral-line organs (Kim et al., 2019; Sebe et al., 2017).

**Disruption of neuromast morphology is a consequence of mechanical injury**

Strong water wave exposure produced a percentage of pLL neuromasts that were
morphologically “disrupted”. Several observations support that such “disrupted” neuromasts
represent mechanical injury to neuromast organs. One is that *lhfpl5b* mutant neuromasts, which
lack mechanotransduction specifically in lateral-line hair cells, were comparably vulnerable to
physical disruption as their wild-type siblings (Fig. 2 G; (Erickson et al., 2019)). This finding
supports that hair-cell activity during stimulation does not underly the physical displacement of
hair cells observed following strong water wave stimulus. Additionally, physical disruption of the
neuromast affects the whole organ—hair cells and their adjacent supporting cells (Fig. 2 D).
This observation contrasts with what is observed in mammalian ears exposed to high intensity
noise, where mechanical injury to outer hair cells is localized to stereocilia disruption (H. Wang,
Yin, Yu, Huang, & Wang, 2011). Speculatively, displacement of hair cells in mechanically
injured neuromasts may be due to loss of structural support from displaced supporting cells. As
the lateral-line organs are superficially localized on the surface of the skin, some of the intense
mechanical tension applied across the tail is likely coupled to neuromasts leading to the
physical displacement of a subset of exposed neuromasts. Finally, we observed reduced FM1-
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43 uptake in “disrupted” neuromasts (Fig. 10 G) and measurable changes kinocilia likely reflecting mechanical damage (Fig. 9; (Wagner & Shin, 2019)). It is notable how rapidly mechanically disrupted lateral-line neuromasts regain normal morphology and FM1-43 uptake (Fig. 10). The superficial lateral line’s direct exposure to the environment may require more robust mechanisms for repair, unlike hair cell organs of mammals which are encased in bone.

**Hair-cell overstimulation and synapse loss**

In contrast to de-innervation and modest hair-cell loss we observed in mechanically disrupted neuromasts, we saw significant loss of hair-cell synapses in neuromasts that were exposed to strong water wave stimulus but not mechanically disrupted i.e. “normal” (Fig. 4). Two notable observations were made in exposed neuromasts regarding synapse loss. First, loss of synapses in “normal” exposed neuromasts was markedly more severe when synaptic glutamate clearance was inhibited (Fig. 4 G), suggesting that synapse loss may reflect moderate hair-cell damage resulting from overstimulation of hair cells and excess glutamate accumulation.

Involvement of glutamate signaling as a key mediator of noise-induced synapse loss has recently been reported in mice; loss of glutamate signaling prevents noise-induced synapse loss and pharmacologically blocking postsynaptic Ca^{2+} permeable AMPA receptors protects against cochlear hair-cell synapse loss from moderate noise exposure (Hu et al., 2020; Kim et al., 2019). Second, synapse loss occurred in neuromasts that appeared to be fully innervated (Fig. 3 B, Fig. 4 B). This observation was initially surprising given that pharmacologically activating evolutionarily conserved Ca^{2+} permeable AMPARs has been shown to drive afferent terminal retraction in the zebrafish lateral line (Sebe et al., 2017). We propose that subtle damage to afferents in “normal” exposed neuromasts may accompany synapse loss but not be apparent as loss of innervation, as single afferent processes innervate multiple hair cells of the same polarity within an individual neuromast (Dow, Jacobo, Hossain, Siletti, & Hudspeth, 2018; Faucherre, Pujol-Marti, Kawakami, & Lopez-Schier, 2009). This idea is further supported by our observation that the relative frequency of synaptic debris (i.e. synaptic components that appear detached from afferent neurites) was higher in exposed neuromasts with “normal” morphology relative to control (Fig. 5 C). We speculate that synaptic debris observed in exposed neuromasts with “normal” morphology may be the result of excitotoxic damage at synaptic terminals (Sebe et al., 2017) while synaptic debris observed in “disrupted” neuromasts may reflect mechanical disruption of supporting cells and retraction of afferent innervation from a subset of hair cells (Fig 3 C, F).

In addition, glutamate signaling may not be the only driver of synapse loss resulting from excess stimulation. Studies in zebrafish and mice support that mitochondrial stress combined
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Mechanically induced damage of lateral-line hair cells with excessive synaptic activity may also contribute to hair-cell synapse loss (X. Wang et al., 2018; Wong et al., 2019). Future work using this model to examine the effect of excess mechanical stimulation on mutants with reduced glutamate release or impaired glutamate clearance (to elevate or reduce glutamate in the synaptic cleft, respectively) combined with modified mitochondrial function may define the relative roles of glutamate excitotoxicity and hair-cell mitochondrial stress to synaptic loss.

Role of inflammation following mechanical injury to lateral-line organs

Our results indicate that mechanical injury to neuromasts evokes an inflammatory response. Prior studies of larval zebrafish have shown that macrophages reside near the borders of uninjured neuromasts and migrate into neuromasts after ototoxic injury (Hirose et al., 2017). We found that macrophages migrate into neuromasts within ~2 hours of mechanical injury, where they contact hair cells and, in some cases, engulf hair-cell debris. Although this macrophage response is similar to that which occurs after ototoxic injury to neuromasts (Carrillo et al., 2016; Hirose et al., 2017; Warchol et al., 2021), the extent of hair cell loss after mechanical overstimulation is much less than the injury that occurs after ototoxicity. We observed macrophage entry in 30-40% of exposed neuromasts, despite modest hair cell loss (Fig. 6 B,D). It is possible that the morphological changes characteristic of mechanically injured neuromasts are accompanied by the release of macrophage chemoattractants. In addition, studies of noise exposure to the mammalian cochlea indicate that high levels of synaptic activity (without accompanying hair cell loss) can evoke macrophage migration to the synaptic region (Kaur et al., 2019). In either case, the signals responsible for such recruitment remain to be identified. The observation that macrophages had internalized immunolabeled hair-cell material further suggests that recruited macrophages engage in the phagocytosis of hair cell debris, but it is not clear whether macrophages remove entire hair cells or target specific regions of cellular injury (e.g., synaptic debris; Fig. 5). In any case, our data indicate that the macrophage response to mechanical injury of zebrafish lateral-line neurons is similar to that which occurs after noise injury to the mammalian cochlea (Warchol, 2019) and suggests that zebrafish may be an advantageous model system in which to identify the signals that recruit macrophages to sites of excitotoxic injury.

Hair-cell synapse morphology following mechanical overstimulation

Immediately following mechanical overstimulation, the most pronounced morphological change we observed in hair-cell synapses was significantly enlarged PSDs (Fig. 8 D, E). Speculatively, PSD enlargement may be a consequence of reduced glutamate release from hair
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cells following sustained intense stimulation. Mice and zebrafish fish lacking hair-cell glutamatergic transmission have enlarged postsynaptic structures (Kim et al., 2019; Sheets, Kindt, & Nicolson, 2012), indicating that glutamate may regulate postsynaptic size. While our data do not directly support this idea, we speculate that reduced glutamatergic transmission in mechanically overstimulated neuromasts may be a consequence of transiently impaired mechanotransduction (Fig. 10 B,D; (Zhang et al., 2018)). Alternatively, cholinergic efferent feedback, which has been shown to hyperpolarize lateral-line hair cells, may reduce hair-cell excitability during sustained strong wave exposure to protect against excess glutamate release, excitotoxic damage, and synapse loss (Carpaneto Freixas et al., 2021). Interestingly, presynaptic ribbons were not similarly enlarged, but instead showed a modest reduction in size following mechanical injury. Functional imaging of zebrafish lateral line has shown that a subset of hair cells in each neuromast are synaptically silent, and these silent hair cells can become active following damage (Zhang et al., 2018). As ribbon size has been observed to correspond with synaptic activity (Merchan-Perez & Liberman, 1996; Sheets et al., 2012), reduction in ribbon size may reflect recruitment of synaptically silent hair cells following mechanically-induced damage. Future functional studies are needed to determine if mechanical overstimulation recruits more active hair-cell synapses, and to verify whether glutamate release from active synapses is reduced following mechanical overstimulation.

Lateral-line neuromasts fully recover following mechanical damage

Previous studies indicate mammalian cochlear hair cells have some capacity for repair following sub-lethal mechanical damage, including tip-link repair and regeneration of a subset of ribbons synapses (Indzhykulian et al., 2013; Jia, Yang, Guo, & He, 2009; Kim et al., 2019). But such ability is limited, and our understanding of hair-cell repair mechanisms is incomplete. By contrast, we observe complete recovery of neuromast morphology and innervation following mechanical trauma to the zebrafish lateral line. The cellular mechanisms responsible for such repair are not fully defined, but may involve regulation of neurite growth, glutamate signaling, inflammation, and/or neurotrophic factors (Kaur et al., 2019; Kim et al., 2019; Wan, Gomez-Casati, Gigliello, Liberman, & Corfas, 2014). Further study using this zebrafish model of mechanical overstimulation may provide insights that will assist in the development of methods for promoting complete hair-cell repair following damaging stimuli to the mammalian cochlea.

We also found that mechanical trauma resulted in a small degree of hair-cell loss in disrupted neuromasts (Fig. 3D), but that hair-cell numbers had recovered after 2 hours (Fig. 6B). The mechanism that mediates this recovery is not clear, but it is notable that a low level of hair cell production normally occurs in lateral line neuromasts of larval zebrafish, as part of a
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process of ongoing turnover (Cruz et al., 2015; Williams & Holder, 2000). In the present study, we observed a small amount of proliferation in neuromasts of both mechanically-damaged and control fish. Since mechanical damage did not increase the level of cell proliferation in neuromasts relative to control (Fig 11), we believe this observed cell division is likely associated with the turnover process. Hair-cell regeneration in the vertebrate inner ear can also occur via direct phenotypic conversion of supporting cells into a replacement hair cells (Warchol, 2011). While it is conceivable that transdifferentiation of supporting cells could occur within 2 hours of mechanical injury, such transdifferentiation has not been previously demonstrated in zebrafish lateral line neuromasts (e.g. (Thomas et al., 2015)). Overall, these observations indicate that mechanical trauma does not increase the rate of hair-cell production within neuromasts, further supporting that neuromast recovery is largely due to hair-cell repair.

In summary, our data show that exposure of zebrafish lateral-line organs to strong water wave results in mechanical injury and loss of afferent synapses, but that these injuries rapidly recover. Our next steps will be to define the time course for synaptic recovery and to determine how lateral-line mediated behavior is affected by mechanically induced damage. Sub-lethal overstimulation of hair cells in the zebrafish lateral line provides a useful model for defining mechanisms of damage and inflammation and for identifying pathways that promote hair-cell repair following mechanically-induced injury.

Declaration of interests:
The authors declare no competing financial or non-financial interests.

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This study was performed with the approval of the Institutional Animal Care and Use Committee of Washington University School of Medicine in St. Louis and in accordance with NIH guidelines for use of zebrafish.

**Zebrafish**

All zebrafish experiments and procedures were performed in accordance with the Washington University Institutional Animal Use and Care Committee. Adult zebrafish were raised under standard conditions at 27-29°C in the Washington University Zebrafish Facility. Embryos were raised in incubators at 29°C in E3 media (5 mM NaCl, 0.17 mM KCl, 0.33 mM CaCl₂, 0.33 mM MgCl₂; (Nüsslein-Volhard & Dahm, 2002)) with a 14 h:10 h light:dark cycle. After 4 dpf, larvae were raised in 100-200 ml E3 media in 250-ml plastic beakers and fed rotifers daily. Sex of the animal was not considered in our studies because sex cannot be predicted or determined in larval zebrafish.

The transgenic lines TgBAC(neurod1:EGFP) (Obholzer et al., 2008), Tg(tnks1bp1:EGFP) (Behra et al., 2012), Tg(-6myo6b:βactin-EGFP) (Kindt et al., 2012) and Tg(mpeg1:YFP) (Roca & Ramakrishnan, 2013) were used in this study. Fluorescent larvae were identified at 3 dpf without anesthesia in E3 media. The mutant line lhfpl5bvo35/vo35 was also used (Erickson et al., 2019).

**Genotyping**

To genotype lhfpl5bvo35/vo35 larvae and siblings after mechanical stimulation and immunohistochemical labeling, ~1 mm tail tissue was excised, and genomic DNA was extracted by incubation in a lysis buffer (10 mM Tris pH 8.0, 50 mM KCl, 0.3% NP-40, 0.3% Tween-20). A genomic region of lhfpl5b was amplified by PCR using forward primer GCGTCATGTGGGCAGTTTTC and reverse primer TAGACACTAGCGGCGTTGC. The lhfpl5bvo35 mutation disrupts a MluCI restriction site (AATT), so PCR products were digested with MluCI, and homo- and heterozygotes were resolved by differences in band size on a 1-1.5% agarose gel.

**Experimental Apparatus**

Multi-well plates containing larvae were clamped to a custom magnesium head expander (Vibration & Shock Technologies, Woburn, MA) on a vertically-oriented Brüel+Kjær LDS Vibrator, V408 (Brüel and Kjær, Naerum, Denmark). An additional metal plate was fitted to the bottom of the multi-well dish to fill a small gap between the bottoms of the wells and the
head expander to eliminate flexing of the well plate relative to the head expander. Vibrometry of
the well bottoms and the head expander with a laser-Doppler vibrometer (OFV-2600 and OFV-
501, Polytec, Irvine, CA) confirmed that the well plate and head expander motion were equal at
stimulus frequencies. This experimental apparatus was housed in a custom sound-attenuation
chamber. An Optiplex 3020 Mini Tower (Dell) with a NI PCIe-6321, X Series Multifunction DAQ
(National Instruments) running a custom stimulus generation program (modified version of
Cochlear Function Test Suite) was used to relay the stimulus signal to a Brüel+Kjær LDS
PA100E Amplifier that drove a controlled 60 Hz vibratory stimulus along the larvae’s
dorsoventral axis (vertically). Two accelerometers (BU-21771, Knowles, Itasca, IL) were
mounted to the head expander to monitor the vertical displacement of the plate. The output of
the accelerometers was relayed through a custom accelerometer amplifier (EPL Engineering
Core). A block diagram for the EPL Lateral Line Stimulator can be found here:
https://www.masseyeandear.org/research/otolaryngology/eaton-peabody-
laboratories/engineering-core).

Mechanical overstimulation of lateral-line organs in free swimming larvae

At 7 dpf, free-swimming zebrafish larvae were placed in untreated 6-well plates
(Corning, Cat# 3736; well diameter: 34.8 mm; total well volume: 16.8 ml) with 6 ml E3 per well,
pre-warmed to 29°C. Up to 15 larvae were placed in each well. Individual wells were sealed with
Glad® Press ‘n Seal plastic food wrap prior to placing the lid on the plate. An additional metal
plate was fitted to the bottom of the multi-well dish to fill a small gap between the bottoms of the
wells and the head expander.

Mechanical water displacement exposures (stimulus parameters: 60 Hz, 40.3 ± 0.5 m/s²)
were conducted at room temperature (22-24°C) up to 2 hours after dawn. The frequency
selected for mechanical overexposure of lateral-line organs was based on previous studies
showing 60 Hz to be within the optimal upper frequency range of mechanical sensitivity of
superficial posterior lateral-line neuromasts (Weeg and Bass 2002, Trapani et al, 2009, Levi et
al, 2015). To confirm that 60 Hz was the optimal frequency to induce damage, we tested 45, 60,
and 75 Hz at comparable intensities. We observed at 75 Hz no apparent damage to lateral line
neuromasts while 45 Hz at a comparable intensity proved toxic i.e. it was lethal to the fish.

Exposures consisted of 20 minutes of stimulation followed by a 10-minute break and 2
hours of uninterrupted stimulation. We also tested periodic exposures that consisted of a series
of short pulses spanning 2 hours total: 2 20-minute exposures each followed by 10 minutes of
rest, followed by 30 minutes of stimulation, a 10-minute break, and a final 20 minutes of
stimulation. During the entire duration of exposure, unexposed control fish were kept in the
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same conditions as exposed fish i.e. placed in a multi-well dish and maintained in the same room as the exposure chamber. For experiments pharmacologically blocking glutamate uptake, fish were co-exposed to 10 µM DL-TBOA (Tocris; Cat. No.1223) + 0.1% DMSO or 0.1% DMSO alone. After exposure, larvae were either immediately fixed for histology, prepared for live imaging, or allowed to recover for up to 2 days in an incubator at 29°C.

**Ablation of lateral-line organ with CuSO₄**

Free-swimming larvae were exposed to freshly made 3 µM CuSO₄ solution in E3 for 1 hour, then rinsed and allowed to recover for 2 hours to ensure complete ablation of the lateral-line neuromasts. Neuromast ablation was confirmed by immunofluorescent labeling of hair cells. The effects of low-dose copper exposure are likely specific to lateral-line organs; a previous study in zebrafish determined exposure to low-dose CuSO₄ for 1 hour did not alter the acoustic escape response, which is similar to the fast start response we observed but evoked by higher frequency stimulation (100-500 Hz) of the anterior macula of inner ear (Buck, Winter, Redfern, & Whitfield, 2012).

**Fast-start escape response behavior assay**

Images of larval swimming behavior (1000 frames per second) were acquired with an Edgertronic SC1 high-speed camera (Sanstreak Corp). Image acquisition began 10 seconds following stimulus onset. All subsequent analysis was performed using ImageJ. To track swimming behavior, images were initially stabilized using the Image Stabilizer Plugin. In stabilized images, the position of individual larval heads (located via the pigmented eyes) in each frame were tracked using the Manual Tracking Plugin. Larvae were tracked over 10 seconds (10,000 frames total) per trial. ‘Fast start’ responses—defined as a c-bend of the body occurring within 15 ms followed by a counter-bend— were identified manually.

**Whole-mount immunohistochemistry**

For visualization of zebrafish lateral-line hair cells, neurons, and synapses: 7-9 dpf larvae were briefly sedated on ice, transferred to fixative (4% paraformaldehyde, 1% sucrose, 37.5 µM CaCl₂, 0.1 M phosphate buffer) in a flat-bottomed 2 ml Eppedorf tubes, and fixed for 5 hours at 4-8°C. Fixed larvae were permeabilized in ice-cold acetone for 5 minutes, then blocked in phosphate-buffered saline (PBS) with 2% goat serum, 1% bovine serum albumin (BSA), and 1% DMSO for 2-4 hours at room temperature (RT; 22-24°C). Larvae were incubated with primary antibodies diluted in PBS with 1% BSA and 1% DMSO overnight at 4-8°C, followed by several rinses in PBS/BSA/DMSO and incubation in diluted secondary antibodies conjugated to Pacific Blue (1:400), Alexa Fluor 488 (1:1000), Alexa Fluor 555 (1:1000), Alexa Fluor 647 (1:1000; Invitrogen), or DyLight 549 (1:1000; Thermo-Fisher) for 2 hours at RT. In some
experiments, fixed larvae were stained with 2.5 μg/ml 4’,6-diamidino-2-phenylindole (DAPI; Invitrogen) diluted in PBS to label all cell nuclei. Larvae were mounted on glass slides with elvanol (13% w/v polyvinyl alcohol, 33% w/v glycerol, 1% w/v DABCO (1,4 diazobicyclo[2,2,2] octane) in 0.2 M Tris, pH 8.5) and #1.5 cover slips.

For visualization of inflammation and macrophage recruitment: 7 dpf larvae were sedated on ice, transferred to 4% paraformaldehyde fixative in PBS, then fixed overnight at 4-8°C. The next day larvae were rinsed in PBS and blocked in PBS with 5% normal horse serum (NHS), 1% DMSO, and 1% Triton x-100 for 2 hours at RT. Larvae were incubated with primary antibodies diluted in PBS with 5% NHS and 1% Triton-x 100 overnight at RT, rinsed several times in PBS, then incubated in diluted secondary antibodies listed above for 2 hours at RT. Larvae were mounted on glass slides with glycerol/PBS (9:1); coverslips were sealed with clear nail polish.

**Primary antibodies**

The following commercial antibodies were used in this study: GFP (1:500; Aves Labs, Inc; Cat# GFP-1020), Parvalbumin (1:2000; Thermo Fisher; Cat# PA1-933), Parvalbumin (1:2000; Abcam; Cat# ab11427), Parvalbumin (1:500; Sigma-Aldrich; Cat# P3088), MAGUK (K28/86; 1:500; NeuroMab, UC Davis; Cat# 75-029), Otoferlin (1:500; Developmental Studies Hybridoma Bank/ HCS-1). Custom affinity-purified antibody generated against Danio rerio Ribeye b (mouse IgG2a; 1:2000; (Sheets et al., 2011)) was also used.

**Hair-cell labeling**

To selectively label hair-cell nuclei, live zebrafish larvae were incubated with DAPI diluted 1:2000 in E3 media for 4 minutes. Larvae were briefly rinsed 3 times in fresh E3 media, then immediately exposed to mechanical overstimulation.

Live imaging of FM1-43 did not provide the temporal resolution needed to compare relative uptake and fast recovery 0-4 hours following exposure. We therefore examined FM1-43 uptake using the fixable analogue. To label with FM1-43X (n-(3-triethylammoniumpropyl)-4-(4-(dibutylamino)-styryl) pyridinium dibromide; ThermoFisher)), free-swimming larvae were exposed to FM 1-43FX at 3 μM for 20 seconds, then rinsed 3 times in fresh E3 as previously described (Toro et al., 2015) and immediately fixed (4% paraformaldehyde, 4% sucrose, 150 μM CaCl₂, 0.1 M phosphate buffer). FM 1-43FX mean signal intensity from maximum projection images was calculated using ImageJ as the integrated pixel intensity divided by the area of the neuromast region of interest. We verified that relative labeling of hair cells at 1-3 hours appeared comparable between live FM1-43 and FM 1-43FX. We also verified loss of FM 1-
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43FX uptake in larvae following brief treatment with 5 mM BAPTA to disrupt tip links (Kindt et al., 2012). Following fixation, stereocilia were labeled by incubation with phalloidin conjugated to Alexa Fluor 488 (Invitrogen) at 66 µM in PBS, washed, and mounted on slides with elvanol.

**EdU labeling and quantification**

To label proliferating cells, we used the Click-iT EdU Cell Proliferation Kit for Imaging, Alexa Fluor 555 dye (Invitrogen). Following mechanical overstimulation, larvae were incubated in 500 µM EdU with 0.5% DMSO in E3 for 4 hours at 28°C then fixed in 4% paraformaldehyde in PBS overnight at 4°C. Larvae were washed in 3% bovine serum albumin in PBS then permeabilized with 0.5% Triton-X in PBS. GFP signal in Tg[tnks1bp1:GFP] fish was amplified using anti-GFP primary antibody (Aves), followed by a secondary antibody conjugated to Alexa Fluor 488. The EdU detection reaction was performed according to manufacturer guidelines; larvae were incubated in a reaction cocktail (4 mM CuSO4 and Alexa Fluor 555 azide in 1X Click-iT reaction buffer with reaction buffer additive) for 1 hour at 25°C. Larvae were washed, counterstained with Hoechst 33342, and mounted on slides with elvanol. Confocal images of neuromasts were acquired using an LSM 700 laser scanning confocal microscope with a 63x 1.4 NA Plan-Apochromat oil-immersion objective (Carl Zeiss). The numbers of EdU+ cells per neuromast were quantified in ImageJ.

**Confocal imaging**

Images of fixed samples were acquired using an LSM 700 laser scanning confocal microscope with a 63x 1.4 NA Plan-Apochromat oil-immersion objective (Carl Zeiss). Confocal stacks were collected with a z step of 0.3 µm over 7-10 µm with pixel size of 100 nm (x-y image size 51 x 51 µm). Acquisition parameters were established using the brightest control specimen such that just a few pixels reached saturation in order to achieve the greatest dynamic range in our experiments. These parameters including gain, laser power, scan speed, dwell time, resolution, and zoom, were kept consistent between comparisons.

**Confocal image processing and analysis**

All analysis was performed on blinded images. Digital images were processed using ImageJ software (Schneider, Rasband, & Eliceiri, 2012). In order to quantitatively measure sizes and fluorescent intensities of puncta, raw images containing single immunolabel were subtracted for background using a 20-pixel rolling ball radius and whole neuromasts were delineated from Parvalbumin-labeled hair cells using the freehand selection and “synchronize windows” tools. Puncta were defined as regions of immunolabel with pixel intensity above a determined threshold: threshold for Ribeye label was calculated using the Isodata algorithm.
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(Ridler & Calvard, 1978) on maximum-intensity projections, threshold for MAGUK label was calculated as the product of 7 times the average pixel intensity of the whole neuromast region in a maximum-intensity projection. Particle volume and intensity were measured using the 3D object counter (Bolte & Cordelieres, 2006) using a lower threshold and a minimum size of 10 voxels. To normalize for differences in staining intensity across experimental trials, all volumes were divided by the median control volume in each trial for each individual channel. The number of particles above lower threshold was quantified using the ImageJ Maximum Finder plugin with a noise tolerance of 10 on maximum-intensity projections. Intact synapses were manually counted and defined as adjoining or overlapping maxima of Ribeye and MAGUK labels. The number of synapses per hair cell was approximated by dividing the number of intact synapses within an neuromast by the number of hair cells in the neuromast. Innervation of neuromast hair cells was quantified during blinded analysis by scrolling through confocal z-stacks of each neuromast (step size 0.3 µm) containing hair cell and afferent labeling and identifying hair cells that were not directly contacted by an afferent neuron i.e. no discernable space between the hair cell and the neurite. Hair cells that were identified as no longer innervated showed measurable neurite retraction; there was generally >0.5 µm distance between a retracted neurite and hair cell. Stereocilia length measurements were obtained in ImageJ from interpolated 3D projections of z-stack images (step size 0.3 µm) containing phalloidin labeled hair bundles. Three independent measurements were obtained from the base to the tips of hair bundles at center of each neuromast, and the average length was calculated.

Quantitative data on macrophage response to mechanical injury were collected from the two caudal-most (‘terminal’) neuromasts. Confocal image stacks were obtained using a Zeiss LSM700 microscope and visualized using Volocity software. These image stacks were used to derive three metrics from each neuromast. First, the number of macrophages within 25 µm of a particular neuromast was determined by inscribing a circle of 25 µm radius, centered on the neuromast, and counting the number of macrophages that were either fully or partially enclosed by this circle. Next, the number of macrophages contacting a neuromast was determined by scrolling through the x-y planes of each image stack (1 µm interval between x-y planes, 15 µm total depth) and the counting macrophages that were in direct contact with Otoferlin-labeled hair cells. Finally, the number of macrophages that had internalized Otoferlin-labeled material (hair-cell debris) were counted and were assumed to reflect the number of phagocytic events. For each metric, the recorded number reflected the activity of a single macrophage, i.e., a macrophage that made contacts with multiple hair cells and/or had internalized debris from several hair cells was still classified as a single ‘event.’
Subsequent image processing for display within figures was performed using Photoshop and Illustrator software (Adobe).

**Scanning electron microscopy**

To image hair-cell bundles, zebrafish larvae were exposed to strong water wave stimulus, then anesthetized in 0.12% tricaine in E3 and immediately fixed in 2.5% glutaraldehyde in 0.1 M sodium cacodylate buffer (Electron Microscopy Sciences) supplemented with 2 mM CaCl$_2$. Larvae were shipped overnight in fixative, then most of the fixative (~90-95%) was removed, replaced with distilled water, and samples were stored at 4C. Next, larvae were washed in distilled water (Gibco), dehydrated with an ascending series of ethanol, critical point dried from liquid CO$_2$ (Tousimis Aurosamdri 815), mounted on adhesive carbon tabs (TedPella), sputter coated with 5 nm of platinum (Leica EM ACE600), and imaged on Hitachi S-4700 scanning electron microscope. Kinocilia diameter measurements were performed using ImageJ.

**Statistical analysis**

A hierarchical linear model analysis with fish used as random effects was used to compare each of the measures between the conditions and groups. Akaike Information Criterion (AIC) and Bayessian Information Criterion (BIC) were used to identify the best fitted covariance structure. Tukey’s adjustment was used for the alpha level to avoid type I error inflation due to multiple comparisons. Estimated marginal mean differences and 95% Confidence Intervals around them were explored and reported for quantification of effect size for group differences. Graphs for data visualization and additional statistical analyses were performed Prism 8 (Graphpad Software Inc). Mixed model analysis was used to compare time-series data. Statistical significance between synaptic ribbon and PSD volumes with was determined by Kruskal-Wallis test (one independent variable) or Mann–Whitney U test (one independent variable) and appropriate post-hoc tests. Based on the variance and effect sizes reported in previous studies, the number of biological replicates were suitable to provide statistical power to avoid Type II error (Sebe et al., 2017; Uribe et al., 2018).
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Supplemental Figure 1: Fish exposed to periodic stimulus have less mechanical damage to neuromasts, but still show synapse loss. (A) Schematic of the two exposure protocols. Sustained exposure was a 20 min. pulse followed by 120 minutes uninterrupted mechanical overstimulation; periodic exposure was 90 min. exposure with intermittent 10 min. breaks totaling 120 minutes. (B) Periodic stimulus causes less neuromast disruption. Immediately following sustained exposure, 46% of exposed neuromasts showed a “disrupted” phenotype, whereas following a periodic exposure only 17% of the neuromasts appeared “disrupted” (Unpaired t-test **P=0.0034). (C) Position of the neuromast along the tail was also associated with vulnerability to disruption with both sustained and periodic stimulation. (D-F') Measurements of hair-cell number, innervation, and synapse number averaged from individual fish (neuromasts L3-L5). (D-D') Average hair cell number per neuromast following exposure. With periodic exposure, the number of hair cells was comparable to control (*P=0.108 sustained, P=0.7233 periodic). (E-E') % of neuromast hair cells innervated (****P<0.0001 sustained, P=0.0156 periodic). (F-F') Average number of intact synapses per neuromast. There is significant loss of synapses with both periodic and sustained exposures (**P=0.0045 sustained, *P=0.0236 periodic).
Supplemental Figure 2: Hair cell organs of the ear appeared undamaged in larvae exposed to sustained stimulus. Representative maximum intensity images of hair cell organs in the ears of control (A-C) and larvae exposed to sustained strong water wave stimulus (A’-C’). Hair cells in A-B were immunolabeled with an antibody against Otoferlin; posterior macula in C were immunolabeled with antibodies against Parvalbumin to label hair cells and CtBP to label synaptic ribbons. Scale bars: 10 µm.
Supplemental Figure 3: Scanning electron microscopy imaging of tail neuromasts following mechanical injury confirms the damage is more prominent for posterior neuromasts. (A-C) Representative images of tail neuromasts of control fish larvae, presented as they are positioned on the larva: L1, L2 and terminal neuromasts. Each hair cell carries a tubulin-based primary cilium (kinocilium), which is thicker than the multiple mechanosensitive stereocilia arranged in a staircase. (D-G) Examples of tail neuromasts immediately following sustained stimulus exposure, presented as they are positioned on the larva: L2, L4, and two terminal neuromasts highlighting different levels of damage, with much more pronounced damage evident on terminal neuromasts. Scale bars: 1 µm.
Supplemental Movies
Swimming behavior of 7-day-old larvae during exposure to the strong water wave stimulus shown in Figure 2 over 500ms (1000 fps/ 500 frames).

**Movie S1:** Swimming behavior of control fish with intact lateral line organs. Magenta circle indicates a fish prior to a “fast escape” response.

**Movie S2:** Swimming behavior of larvae whose lateral-line neuromasts were ablated with CuSO₄. Magenta circles indicate larvae that were swept into the waves and could no longer tracked.