3D-M3: High-spatial resolution spectroscopy with extreme AO and 3D printed micro-lenslets

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1. INTRODUCTION

A plethora of intrinsic and extrinsic information can be collected through astronomical spectroscopy, such as distance, motion properties, chemical characteristics as well as the existence of nearby celestial bodies [1]. New techniques are rapidly advancing to extract more information from the spectral data, which translates to discoveries about celestial phenomena.

By combining integral field spectroscopy with extreme adaptive optics we are now able to resolve objects close to the diffraction-limit of large telescopes, exploring new science cases. We introduce an integral field unit designed to couple light with a minimal platescale from the SCExAO facility at NIR wavelengths to a single-mode spectrograph. The integral field unit has a 3D-printed micro-lens array on top of a custom single-mode multi-core fiber, to optimize the coupling of light into the fiber cores. We demonstrate the potential of the instrument via initial results from the first on-sky runs at the 8.2 m Subaru Telescope with a spectrograph using off-the-shelf optics, allowing for rapid development with low cost.

Almost half a century ago, the first fiber-fed instruments began supplementing existing astronomical spectrographs (e.g., Ref. [2–4]). With the help of optical fibers, it became possible to guide starlight from the telescope to remotely located instruments. This relaxed the mechanical constraints due to varying gravity vectors affecting the spectrograph, and the measurement precision increased as the instrument could be stabilized and controlled far better in a stable environment as opposed to that
in the telescope dome. The fibers in these instruments are typically large in diameter multi-mode fibers (MMFs), in order to couple as much light as possible from a seeing-limited image [5, 6].

A contemporary development of fiber spectrographs was the integral field unit (IFU). A fibered IFU makes use of several fibers to provide separate spatial samples, to investigate small regions of the image plane (e.g., adjacent or extended objects) [7]. The spectra from different locations of the image plane are positioned on the same detector, but physically displaced to avoid cross contamination. The use of fibers for integral field spectroscopy (IFS) provides spatial information of the target object, as well as improved flexibility to reformat the obtained spectra to fit the limited detector space.

Using multiple MMFs with relatively large core diameters of greater than \( \sim 50 \mu \text{m} \) to form an IFU that couples seeing-limited starlight, is today a relatively standard practice (e.g., Ref. [8–11]), which has enabled many discoveries. However, these instruments are large, due to conservation of étendue, which means they are costly and difficult to stabilize. The ability to reduce the size would open up new avenues and reduce cost. One solution which has been proposed for several types of instruments (e.g., Ref. [12–18]), is to use fibers with smaller core diameter, or single-mode fibers (SMFs). The main roadblock is that coupling starlight into SMFs from telescopes with a 4 m or larger primary diameter with a seeing-limited output, scale that is larger than the Fried parameter \( r_0 \), is extremely inefficient.

Various efforts have been undertaken to increase the coupling efficiency to SMFs, with great success in recent years (e.g., Ref. [17, 19–27]). This is in large part due to adaptive optics (AO) systems, which reduce the point spread function (PSF) size and wavefront deformation to acceptable levels. In particular, extreme adaptive optics (ExAO) systems have demonstrated over 90% Strehl ratio correction (restoring the PSF close to the diffraction-limit) in the H-band (1.5-1.8 \( \mu \text{m} \)) (e.g., Ref. [28–33]), allowing close to optimum coupling. ExAO systems are also able to maintain a constant PSF position, in better than median seeing on-sky conditions, which is essential for efficient coupling [34].

Using SMFs also enables astronomers to take advantage of the diffraction-limited imaging provided by AO. Together these can open up science cases not available to conventional instruments. Examples include spatially resolving the surface of barely resolved stellar photospheres as well as their chemical composition of their close molecular layer known as MOLsphere. The Subaru Coronagraphic Extreme Adaptive Optics (SCExAO) system at the Subaru Telescope is an ideal platform for combining such approaches [31]. The list of stars that could be imaged includes (in an angular diameter size order), Betelgeuse (\( \alpha \) Orionis) \( \sim 50 \) milli-arcseconds (mas), Mira (\( \circ \) Ceti) \( \sim 50 \) mas, W Hya \( \sim 42 \) mas, Antares (\( \alpha \) Scorpii) \( \sim 40 \) mas, \( \alpha \) Her \( \sim 36 \) mas, R Leo \( \sim 31 \) mas, Arcturus (\( \alpha \) Bootis) \( \sim 21 \) mas, \( \mu \) Cep \( \sim 21 \) mas, \( \gamma \) Her \( \sim 21 \) mas and Aldebaran (\( \alpha \) Tau) \( \sim 19 \) mas. These are mostly giants with complex mass loss through a cool \((\sim 2000 \text{ K})\) molecular wind \((\sim 10 \text{ km s}^{-1})\) and/or a hot corona \((\sim 10,000 \text{ K})\) [35]. A spectrograph with a resolving power of several tens of thousand is enough to distinguish the differential spectral velocities of the surface that are of order a few km s\(^{-1}\) and to probe the atmospheric structure by measuring the wavelength-dependence of the stellar diameter [36]. A single observation will provide useful information regarding the photosphere of the star in high resolution, while a sequence of observations can inform on the differential rotation of the surface features, probing the magnetic field properties and the mass loss of the target (e.g., Ref. [37–42]).

Further science applications involve the study of Mira variables where the mass loss kinematics are of special importance as well as their dust and wind properties (e.g., Ref. [43]), and investigation of the orbital parameters of sub-arcsecond companions such as the unevenly bright yet well resolved Mira AB system, which is the closest wind accretion binary (e.g., Ref. [44–46]). Additionally, with a high resolution spectrograph the stellar chromospheres can be studied by observing chromospherically sensitive lines, such as the Paschen lines in the infrared (IR) regime and the He I IR triplet lines at 1083 nm, which are valuable indicators of chromospheric activity [47]. Lastly, stabilizing the environment of the instrument will enable precise radial velocity (RV) measurements.

Whilst single-mode (SM) IFUs enable high-spatial resolution spectroscopy and open these new science cases, they suffer from an issue with fill fraction. Due to the need for a cladding region around the central core, fiber IFUs can only sample a certain percentage of the light at the focal plane. Originally the percentage of sampled light was of the order of 60-65% for MMF-IFUs, though recent developments have increased this to 73% [9]. To increase the coupling efficiency, microlenses can be attached to the IFU, increasing the fill fraction (e.g., Ref. [48]). However, aligning these arrays and fiber bundles is difficult as the alignment tolerances are of the order of a few microns.

To reduce these problems, an alternative and more versatile type of fiber that can act as an IFU, i.e. the multi-core fiber (MCF) could be utilized. This is a combination of at least two fiber cores forming an individual fiber using a common cladding. The cores of a MCF can sample light across the image plane making it ideal for constructing an IFU. By 3D printing lens structures on top of its cores using lithography techniques, we save time and avoid alignment issues, dramatically improving the free-space coupling of light into the fiber and relaxing the requirement for precise alignment of the input (e.g., Ref. [49–53]).

Currently, the replicable high-resolution exoplanet and asteroseismology spectrograph (RHEA) at Subaru [18, 54] is one of the few IFU configured instruments using SMFs [17, 55, 56]. It uses the visual arm for wavelengths below 900 nm, of the SCExAO system, but suffers from low coupling efficiency and the presence of modal noise. The low coupling efficiency is likely due to mis-alignments in the commercial off-the-shelf micro-lens array (MLA) and anamorphic prisms to couple the light into the cores of the bundle of the fibers (stacked and glued together), which are sensitive to alignment, illustrating the difficulties of applying conventional approaches to SM technology. Following a similar approach as detailed below, the IFU of RHEA was upgraded recently with 3D-printed MLAs on a MCF in the visual band [57].

In this paper, we show the first demonstration of a custom MCF with in-situ 3D printed MLA on top of its 19 cores using two-photon polymerization lithography, in combination with a high resolving power compact SM spectrograph optimized for the 900-1100 nm wavelength range; further on referred to as 3D-printed mono-mode multi-core fiber spectrograph (3D-M3). This spectrograph takes design cues from RHEA@Subaru [18] for a wavelength range in the near-infrared (NIR) and the multicore fiber Photonic TIGER Échelle spectrometer [13, 15]. The instrument is designed for operation in the NIR arm of the SCExAO facility, making 3D-M3 the first instrument to take advantage of the phase-induced amplitude apodization (PIAA) optics in that path. PIIA are custom optics [58] that induce a softer apodization on the collimated beam, forming a near-Gaussian profile
PSF output in the image plane [25]. This makes the coupling of starlight more efficient as the PIAA beam intensity profile is close to the mode-field profile of an SMF. The setup was tested on-sky using SCExAO at the 8.2 m Subaru Telescope; it covers an instantaneous 54 mas field of view (FOV). The custom MCF achieves high throughput coupling by using the 3D printed MLA on top of each of its cores, which provide a very high fill factor of the fiber surface and are extremely efficient for off-axis field injection while acting as an IFU. Combined with the SM spectrometer and SCExAO, the instrument shows potential towards a precise high-resolution IFS with astrophysical sources due to its inherent SMF stability and absence of modal noise as the MCF is designed to exhibit SM behavior in the wavelength regime of operation.

In Section 2 we discuss the conceptual design and parameters, followed by a description of the experimental setup to characterize performance. Then in Section 3 we present the laboratory and on-sky results. Finally, we summarize in Section 4.

2. METHODS

To efficiently inject light from an 8-m class telescope into the cores of a MCF and a diffraction-limited spectrograph, the following elements are required: a high performance AO system, an IFU with micro-lenses to dissect the focal plane image and direct light to the individual cores efficiently, the MCF itself, and the spectrograph, which must be able to handle a multi-core input. In this section these elements will be discussed in detail.

A. Instrument architecture

To simulate the instrument, we compile component specifications from the resulting beam output of the telescope down to the detector. Starting with the 8-m Subaru Telescope, starlight continues through the complex set of the AO systems at Subaru, namely AO188 and SCExAO, where the intensity distribution of the resulting output beam is close to a Gaussian profile.

To efficiently couple light into the SM cores of the MCF, a custom fiber injection unit is required. This system has to be carefully optimized to match the parameters of the MCF, which has a 5.3 $\mu$m mode-field diameter (MFD) at 980 nm ($1/e^2$) with a SM cut-off at $\sim$800 nm with an upper working wavelength limit of 1400 nm (a microscope image of the cross-section of the fiber is presented in Fig. 1). The core-to-core spacing (pitch) of the MCF is 40 $\mu$m. This is important to make sure that the cross-coupling of light between the cores is negligible, as they are physically sufficiently separated with a ratio of pitch/MFD of 7.5:1, resulting in a theoretical cross-coupling less than few percent. To maximize the amount of light coupled to the fiber cores, micro-optics are 3D printed on top of the cores using a custom lithography system described below. To demonstrate the potential of such an injection unit system, a compact spectrograph was built with off-the-shelf optics detailed in the following sections.

To spatially resolve a stellar surface without compromising the throughput, the selected plate scale was 0.45"/mm. That means that each fiber core subtends 18 mas on the sky. As a reference, the Subaru Telescope with the SCExAO facility is able to spatially resolve the surface of stars with an angular diameter of $\sim$50 mas, which is the apparent size of a handful of giant stars, such as, for example, Betelgeuse (α Ori), or Mira (α Ceti). The required focal ratio to achieve the 0.45"/mm plate scale is $f/57.5$. The diffraction limit of the Subaru Telescope at 980 nm is 25 mas. The plate scale of 0.45"/mm was selected for a sub-diffraction limit sampling in order to seek for the sweet spot between spatially resolve the stellar surface and perform decently in terms of throughput.

B. The SCExAO infrastructure

SCExAO is installed at the NIR Nasmyth focus of the 8.2 m Subaru Telescope. Detailed information and schematic layouts are provided in [31]. Initially the starlight from the 8.2 m Subaru Telescope enters the AO188 facility, which offers 30-40% Strehl PSF correction in the H-band under moderate atmospheric seeing conditions [59–61]. After a series of components in the optical train for manipulation of the beam, the light undergoes further wavefront corrections of higher-order spatial and temporal modes caused by the atmosphere. Next, it is filtered using a dichroic filter and split in two paths, the visible channel ($\sim$900 nm) and the NIR ($>900$ nm) channel. However, the wavelength response of the dichroic filter does not have a sharp cut-off profile, and there is a slight overlap of wavelengths between both channels. After that, the starlight is focused using a gold-coated off-axis parabola (OAP) with $f = 519$ mm onto the 3D-printed MLA surface. The 3D-printed end of the MCF was installed on the NIR bench of SCExAO (see Fig. 2).

C. Simulations

To simulate the output beam, the profile of the Subaru Telescope and the key parameters of SCExAO from the literature (e.g. Ref. [25, 31]) were used.

The physical-optics propagation (POP) module of the commercial Zemax [62] ray tracing software was used to simulate the output beam profile of the Subaru Telescope, including the effect of the PIAA optics [58] installed in the NIR optical train of SCExAO, where the fiber is positioned. This output was used as an input for optimizing the performance of the MLA structure that forms the IFU.

To optimize the coupling efficiency of the SCExAO beam output at its focal plane, the physical-optics propagation module was used again to model the surface shape of the MLA structure.
Even polynomials with coefficients up to eighth order were used to model the aspheric lens surfaces of the MLA, forming a hexagonal aperture at the top end of the lenslets where they are merged together leaving no space in between. Since the 3D printing method is able to achieve surface roughness with a root-mean-square (RMS) of 37 nm [52], the roughness of the structure is expected to be better than $\lambda/20$ at the wavelength of operation. This resulted to a total coupling efficiency of 48.8% (coupling efficiency 56.4%, transmission through the MLA 86.4%, total coupling 48.8%).

D. Micro-optic manufacturing process
The structure of the MLA as detailed in Section 2.C was directly printed in a single block using two-photon lithography into the commercially available negative-tone photosensitizer IP-Dip [63]. The MLA was printed on the cleaved facet of the MCF, which had been manually glued into an FC-PC connector and then polished to achieve a flat surface to enable straight-forward printing on the front face of the fiber. A lithography machine built in house [50–52, 64] was used to generate the lenses. The system is equipped with a 780 nm femtosecond laser [65] and a $40 \times$ Zeiss oil immersed objective lens with numerical aperture (NA) = 1.4. For high-precision alignment and writing with high shape fidelity, machine control software developed in house was used.

The fiber was back-illuminated with a red LED, which was used together with machine vision to detect the 19 cores of the MCF and align the individual lenses to each core. To compensate for any slight location and pitch variation of the individual cores of the MCF, the full 3D-model is generated only after core detection. Prior to printing, the individual models of the lenses are merged by a Boolean operation to avoid unnecessary double illumination. Automated detection of the fiber end-face tilt is employed and the structures are corrected accordingly. The writing distances between subsequent lines and layers, i.e., both hatching and slicing distance, were set to 100 nm. The fabricated structure is developed in propylene-glycol-methyl-ether-acetate (PGMEA), flushed with isopropanol, and subsequently blow dried. In the next stage, scanning electron microscopy (SEM) and vertically-scanned white-light interferometry (VSI) images of the structure were acquired to check the quality of the manufacturing process (see Fig. 3).

E. Fiber injection unit
In order to achieve precise repeatable positioning of the injection fiber across the PSF of the target, a 5-axis remotely controlled stage was used. The 5-axis stage (Newport, M-562-XYZ & 562F-TILT) was equipped with computer controlled stepper motors (Zaber, T-NA08A25), which allowed a minimum step translation of $\sim 50$ nm and $< 1$ µm of unidirectional repeatability (see Fig. 4). To align the fiber for tip-tilt, adjustments were performed manually at the L-bracket on which the fibers were mounted. The alignment of the fiber to the optical axis was achieved by adjusting the Gaussian illumination at the pupil to be centered while the fiber was back-illuminated with a HeNe laser. Immediately in front of the L-bracket, a $-48$ mm focal length plano-concave lens (Edmunds #67-995) was installed to re-adjust the $f/#$ to match that of the fiber. This was accomplished by using rails to translate the plano-concave lens and the 5-axis mount together and independently of each other. Using this arrangement a range of $f/#$ from 28 to 60 could be achieved.

The L-bracket was designed to support 2 fibers, the MCF and another fiber with SMA connector. On the SMA slot, a MMF was installed (365 µm core, NA = 0.22, Thorlabs - FG365LEC) to calibrate the throughput measurements as the 5-axis stage moves laterally (sideways).

In order to achieve $f/#$ of 57.5 (see Section 2.A), the spacing between the focusing OAP ($f = 519$ mm), the concave lens and the fiber was adjusted. Zemax simulations served as a reference starting point, and then further optimized using a detector imaging the near field output of the MCF to confirm the required $f/#$.

F. Throughput measurement setup
To measure the total throughput performance of the custom IFU, a throughput test experiment was constructed. A schematic illustration of this setup is presented in Fig. 5. The light from each of the fibers was collimated using a set of microscope lenses; L1 -...
Fig. 3. Scanning electron microscope image of the 3D printed micro-lens array structure on top of the multi-core fiber ferrule. All 19 cores were 3D printed, though only 7 were used for the on-sky run.

Fig. 4. Illustration of the fiber-injection opto-mechanic setup on the SCExAO NIR bench. The MCF (blue tubing) with the 3D-printed MLA is attached to a fiber socket and inserted in the beam path. An MMF (orange tubing) can be inserted in the beam for calibration of the system.

Fig. 5. Throughput test setup for measuring the efficiency of the 3D printed micro-lens array. Starlight from SCExAO is sampled by one of the fibers at any time. The calibration of the throughput is achieved using the multi-mode fiber, lenses (L1-L2-L3) for collimation and focusing of the beam, beamsplitter (BS) and CMOS detector (D) for sampling the light output.

Throughput setup

Thorlabs RMS20X-PF for the MMF and L2 - Thorlabs RMS4X-PF for the MCF. Both beams were directed towards a 50:50 non-polarizing beamsplitter (BS) (Thorlabs CM1-BS014). After the BS, a 50 mm achromatic lens (L3 - Thorlabs AC254-050-B-ML) was used to re-focus the light on the detector (D - ASI-120MM-S mono). To measure the total throughput (including the coupling losses) of the MCF, the throughput of the MMF was used to calibrate the absolute flux. This was achieved by translating the 5-axis stage at the telescope focus to couple it to each core of the MCF input, and then normalizing each collected signal by the flux measured in the MMF.

G. Spectroscopic setup

To show the potential of using a 3D printed MLA in conjunction with an MCF, a spectrograph similar to the RHEA at Subaru design [18, 66] and the MCF Photonic TIGER Échelle spectrograph [13, 15] was built. The benchtop instrument is a compact diffraction-limited échelle spectrograph using only off-the-shelf components.

As illustrated in Fig. 6, the spectrograph is composed of the MCF with the 3D printed MLA (P1), a combination of optical lenses (P2) to collimate the beam (EO#49-656-12mm, EO#47-655-INK-36mm, Thorlabs TTL200-A) an échelle R2 grating (P3) (Thorlabs GE2550-0363) for dispersion, then cross-dispersion using a transmission grating (P4) (2" 2001/mm Baader Plane-tarium) and finally a lens (P5) (Thorlabs TTL200-B) to focus the beam onto the detector (P6) (ASI-183MM-pro mono).

3D-M3 makes use of only the 7 inner cores of the MCF out of 19 in total in order to avoid overlapping of cores on the detector. A custom aperture to mask off the outer ring of 12 cores was positioned in between the MCF exit and the FC/PC connector mounted on the spectrograph side. The MCF was rotated around its central core until all the spectra from the individual cores were well separated and equidistant (see Fig. 13 bottom panel and Ref. [13, 15]). The resolving power of the spectrograph was measured as 30,000 at 1 μm, while the footprint of the spectrograph is 300 × 600 mm. It was installed on the Nasmyth NIR platform of the Subaru Telescope.
Fig. 6. Illustration of the spectroscopic setup of the 3D-M3 using only off-the-shelf components. The footprint of the breadboard is 300 × 600 mm. The light injected from the MCF (P1) is collimated by a combination of optical lenses (P2) before it is chromatically dispersed by an échelle grating (P3), cross-dispersed using a transmission grating (P4) and focused down using an optic (P5) on to the detector (P6). For a detailed description of the parts see Section 2.G.

3. RESULTS

A. Laboratory throughput results

To characterize the performance of the injection system prior to on-sky operation, we performed throughput measurements in lab conditions as described in Section 2.F. The results are presented here.

SCExAO is equipped with an internal calibration system using a Fianium supercontinuum source to inject light using an endlessly-single-mode fiber (SMF) delivering a broadband (from visible to K-band) diffraction-limited PSF into the facility following the same optical path as the light entering from the Subaru Telescope and the AO188 facility. This source was used to inject light into SCExAO (see Fig. 4) reaching the 3D printed MLA facet. Frames with exposure times of a fraction of a second were acquired with both fibers, the MCF and the large MMF used as a reference, using the experiment apparatus described in Section 2.F. Dark frames were also recorded, which were averaged and subtracted from the data frames before further processing.

Two different experiments were performed to calculate the throughput performance of the IFU; in the first the maximum coupling of light into each core was calculated by measuring the optimal throughput after centering the incoming light on the fiber core, and in the second the sensitivity of the coupling efficiency to mis-alignment of the injected beam was calculated by measuring the throughput of the central core of the MCF as the injected beam was laterally displaced by steps of 5 µm (9% of the each lenslet diameter) in order to evaluate the performance of the fiber in a more realistic scenario, where the target affected by atmospheric perturbations will be moving.

Through simulation we determined that the MMF coupled all of the injected light. Therefore, we could use the power coupled into the MMF to normalize the flux from the MCF. To this end, we scanned the 5-axis stage to optimize the coupling into each core.

The results were derived using the PIAA optics of SCExAO. The outcome of the first experiment are shown in Fig. 7. The average throughput was 35.8 ± 1.6% with a maximum equal to 40.7 ± 2%. From the calculation of the average the low throughput of the fiber core #2 (12.3 ± 2%) was excluded as it was not representative of the rest of the lenslet structure due to manufacturing errors. The maximum achieved throughput corresponds to 83 per cent of the theoretically expected value (48.8%) according to Zemax calculations (see Section 2.C). The throughput across all the 7 lenslets when illuminated by a single, unresolved star was measured to be 70 ± 3% while the simulated is 83% (84.8% of the theoretical value The residual throughput loss of ~8% can be attributed to Fresnel reflections (~4%), impurities of the imperfectly polished fiber facets (less than few percent estimated based on past lab experience), and mode-field mismatch at the focus (3-5%).

Fig. 7. Throughput efficiency for each of the 7 cores of the fiber (see Fig. 1 for the correspondence of core # to position on the fiber). The injected f/# was fixed to f/57.5 by positioning the 5-axis mount and the fiber to the desired location.

The results of the second experiment are shown in Fig. 8, which shows that the mis-alignment tolerances of the injected beam are relaxed using the micro-lenses, maintaining the throughput to within 35% of the peak even for a lateral ~20 µm off-axis injection.

Fig. 8. Throughput efficiency of the central core as a function of lateral displacement for SCExAO data compared to simulations with Zemax. Results are normalized to the maximum throughput and error-bars are smaller than the data points.
B. Turbulence impact on the throughput

Figures 7 and 8 represent the throughput efficiency of ideal atmospheric conditions with a nearly perfect wavefront. However, under realistic atmospheric conditions the performance is reduced as a function of the injected wavefront errors post AO correction. In order to assess the coupling efficiency of the starlight into the IFU system the throughput across all of the 7 cores of the MCF was measured, representative of an unresolved target. The measurements were performed using the turbulence simulator of SCExAO in laboratory conditions. A detailed description of the turbulence simulator can be found in Ref. [25, 31].

The turbulence simulator was configured to produce a range of atmospheric turbulence amplitudes to replicate a variety of on-sky conditions ranging from 0-200 nm RMS wavefront errors with variable steps of 12.5 and 25 nm. This was done to address the coupling performance of the IFU under different strehl ratios (SRs). Three types of data frames were captured: 1) PSF with the PIAA, 2) PSF without the PIAA and 3) dark data images for the background subtraction of the previous two data frames. Following the data reduction, the SR as a function of the turbulence amplitude was calculated. Using the data frames without the PIAA optics, the reduced data frames were compared with a simulated y-band (960-1080 nm) PSF in order to work out the absolute SR as a sanity check. The maximum measured SR was found to be ~90% as a result of the image sampling that is close to the Nyquist criterion in addition to uncorrected low-order errors left on the optical train. After that, the measured PSF was used as our reference for the SR derivation with the PIAA. The ten variations of injected PSFs as well as the calculated SRs as a function of the turbulence amplitude are presented in Fig. 9 as captured by the internal camera of the SCExAO. On the top sub-figure of Fig. 9 from its top to middle, the ten injected PSFs are shown without the PIAA optics while in the middle to bottom frame the corresponding to those acquired with the usage of PIAA optics on train.

The output flux of the IFU was measured using the above mentioned setup in Section 2.F. The results from this experiment are presented in Fig. 10. This figure shows the relation of the normalized throughput efficiency as a function of the measured SR. A linear fit was performed to highlight the linear response of the throughput as a function of the SR. The mathematical equation of the linear fit at 980 nm is given by $\text{SR} = \eta \times 1.07 - 0.01\%$, where $\eta$ is the coupling efficiency. This means theoretically that the coupling efficiency using the SCExAO can be as high as 24-33% provided that a SR of 60-80% is achieved for the fine platescale of 18mas. As the fiber was found to be damaged near the non 3D-printed end, the following measurements are normalized. This then neglects the damage to the fiber, whilst showing the performance of the MLAs.

C. On-sky photometric results

The on-sky performance of the IFU system was tested on the night of 7th of October 2020 during a SCExAO engineering run. Consequently, the true performance of the system was measured under real observing conditions. However, as mentioned above the IFU cable was damaged and thus the maximum expected throughput performance was not achieved.

The starlight follows the optical path as described in Section 2.B. Similarly to the laboratory experiments, the PIAA optics were used to apodize the injected beam.

In order to evaluate the on-sky conditions, right after the end of the observation, data of the injected PSF was gathered for ~4 min. These data are from a non-common focal plane with the IFU (see bottom left of Fig. 2).

The photometric image data were acquired using the setup described in Section 2.F, (see Fig. 5). The image data were taken with exposure times of a fraction of a second. Three types of on-sky data frames were gathered: 1) output data images of the focal plane of the IFU, 2) dark data images for the background subtraction of the output data images and 3) bias frames for pixel-to-pixel variation correction. Following that, the averaged bias and dark data images were subtracted from the output images as well as abnormal pixel values (hot, dead).

Two different targets were selected to be observed in order to characterize the efficiency of the IFU system, a target resolved by the Subaru Telescope and an unresolved one. The selected targets were Mira (o Ceti), as a representative of resolved target with an angular dimension of ~50 mas and Psc, an unresolved target with an angular diameter of about ~4 mas. The atmospheric conditions during the night of observation were...
Fig. 10. Normalized throughput efficiency as a function of strehl ratio, calculated using laboratory data in the y-band (960-1080 nm). A linear fit is overplotted onto the data points and the seeing limited, AO188 and SCExAO correction regimes are shown.

within acceptable values (mean Seeing 0.42″, mean humidity 30%, http://mkwc.ifa.hawaii.edu/current/seeing/images/20201007.meteogram.jpg) resulting in a mean SR of 0.4 in the y-band as calculated.

Numerous image data sets were captured on the photometer on both targets and the best overall throughput summed from all the 7 cores was 11.9 ± 2.5% for the o Ceti and 10.9 ± 3% for δ Psc. As mentioned in Section 3.A the laboratory measured throughput across all the 7 lenslets for the case of a single unresolved star is 70%. The coupling results in the experiment were limited by the above mentioned damaged fiber. The photometric results are presented in Fig. 11. From the figure it can be seen that the dispersion around the maximum throughput highlights the MLA performance in keeping the coupling uniform even with the fine platescale of 18 mas. That produces uniform spectral traces of the individual MCF cores on the spectrograph detector for a resolved target, while a great portion of the light of an unresolved target is sampled mostly by the central core of the fiber.

D. On-sky spectroscopic results

To evaluate the on-sky performance of the 3D-M3 instrument, it was tested on the night of 16th of October 2019 during a SCExAO engineering run. Thus, the true performance of the 3D-M3 was measured under real observing conditions. However, due to restrictions in available on-sky time, only one exposure of 8 min duration was captured at 6:00 (UTC-11) (see Fig. 12).

As explained in Section B, starlight from the Subaru Telescope enters through the AO188 [61] into the SCExAO instrument. With the intent of maximizing the starlight coupling into the IFU, the wavefront sensor (WFS) loop was closed and the PIAA optics deployed. Specifically, additional software modules were used to improve the sensitivity by predictive control applied on the WFS to remove resonances [67] and enhance the wavefront correction. In addition, PIAA optics apodize the injected beam as was the case for the laboratory experiments.

After the end of the observation, PSF data of the injected beam was collected for ~4 min in order to assess the on-sky co-

Fig. 11. Calculated on-sky throughput results as a function of the occurrence rate for o Ceti and δ Psc.

Fig. 12. Illustration of time vs. airmass/altitude of the observation at 6:01 UTC -10 on the 17th of Oct. 2019 from Mauna Kea Observatory (green vertical region), for γ Geminorum (solid blue line) and the moon (red dashed). Exposure started at the very end of observing time, close to sunrise.
ditions. However, the acquired data were from a non-common focal plane with the IFU, so there were non-common path errors as expected (see bottom left of Fig. 2).

The spectroscopic image data were acquired with the ASI-183MM-pro mono CMOS detector with 8 min of exposure time. For the spectroscopic analysis four types of on-sky data images were collected: 1) output data images were taken at the focal plane of the spectrograph, 2) dark frames that were used for the background subtraction of the the output data images, 3) bias frames for correction of the pixel-to-pixel variations and 4) flat frames for the output normalization. Following the acquisition of data images, the averaged dark and bias frames were subtracted from the output images, abnormal (hot, dead) pixels were removed, and the averaged flat frames were used to normalize the final spectrum image data. The reduced frame is presented in Fig. 15.

The target was γ Geminorum, which is an A1.5IV+ sub-giant star expected to be almost free of absorption features, except for broad hydrogen lines. The resulting low signal to noise ratio (SNR) spectrum (SNR∼9) from this observation is shown in Fig. 13. In this figure, only the spectrum over the range of 925-935 nm is presented (908-968 nm is the full range), focusing on a narrow region where the spectral absorption features that are caused by the Earth’s atmosphere are most intense. The figure shows the spectra for all of the 7 cores individually. In the bottom panel of the figure, the 2D image of a part of the full spectrum is included for visual clarity of the geometry. The hexagonal pattern of the MCF at optimal rotation appears as 7 lines for each order.

In the next step the spectra from each of the 7 cores were summed together in order to further increase the SNR, representative of the case of a single unresolved star spectrum observation. The resultant combined spectrum is presented in Fig. 14. The observed spectrum is represented with black color, with blue color the model spectrum for an γ Geminorum-like star from the PHOENIX spectral library [68] without the effect of telluric absorption, and with orange color the PHOENIX model spectrum with telluric absorption as calculated using ESO’s SkyCalc [69, 70].

E. Adaptive optics performance

To quantify and evaluate the performance of the AO correction, the on-sky PSF profile data were captured as explained in Section 3.D. The PSF was recorded in Flexible Image Transport System (FITS) format, with data cubes composed of 1000 instantaneous frames each, where the total exposure time of each data cube was ∼0.83 sec in total. For calibration purposes, additional PSF data cubes were captured off-sky as well using the internal calibration source of SCExAO, which follows the same optical path as the starlight (see center left of Fig. 2) and represents the case of an ideally shaped and stabilized target. Lastly, dark frames were collected for background subtraction.

Initially, each of the 1000 frames in the data cubes, for off and on-sky data, were dark current subtracted and averaged. After this, the ratio of the maximum intensity (I_{max}) to 90% of corresponding flux (Flux) was calculated and stored for all of the data. To approximate the Strehl ratio during the observation time, the stored maximum to flux ratios for each data-set (off and on-sky) were divided; this results in

\[ S = \frac{I_{max_{on-sky}}}{I_{max_{off-sky}}} \times \frac{Flux_{off-sky}}{Flux_{on-sky}}. \]  

The result of the calculation was \( S = 0.2 \), representing an estimation of the Strehl ratio on-sky. From this analysis we confirm the visually observed low Strehl for the spectroscopic observation and highlight the reduced Strehl with respect to the night when the photometry was collected.

In the next step, the averaged intensity of a data cube was plotted along with a Gaussian fit. This was done for the laboratory PSF data as well. The resultant profile and fit are presented in Fig. 16. In the top panel of the figure the normalized intensity profile of the averaged on-sky data along one axis, its Gaussian fit and the profile from the laboratory ideal beam measurements are plotted together. In the bottom panels the 2D image of the on-sky PSF is plotted in linear and logarithmic scale for better clarity.

Following that, the 1000 data images from each data cube of the on-sky data, were averaged per data cube. Afterwards, the center of mass for each of them was calculated. In addition, the ratio of the on-sky to the laboratory beam full width at half maximum (FWHM) was calculated as a function of time through the exposure to visualize the beam diameter changes as experienced on-sky. Results are presented in Fig. 17; they suggest that the center of mass shift of the on-sky beam was rather big. Furthermore the size of the on-sky beam was twice as large compared to the laboratory one as illustrated in the bottom panel of the figure. Consequently, the position stability of the PSF was not representative of the typical SCExAO system performance but it was a consequence of the atmospheric conditions mentioned in Section 3.D and the time of the observation.

4. DISCUSSION

A. Laboratory throughput limitations

One of the crucial benefits of the 3D-printed MLAs is to significantly reduce the off-axis mis-alignments of the injected beam to a SMF, and as a consequence the light loss during the free-space coupling is reduced.

The results of the intended lateral beam displacements as shown in Fig. 8 suggest that there is a difference between the expected and the laboratory measured performance. The difference ranges between 0 and ∼27% depending on the position of the injected beam. This is caused by several factors sorting them by their importance are, the high sensitivity on the the PIAA lenses alignment that apodize the beam, the surface roughness of the MLA structure that is limited by the manufacturing process at the moment and any mismatch of the injected f/#.

The actions to reduce the influence of these factors involve, the more accurate alignment of the PIAA lenses regularly to confirm the position as well as the shape of the apodized beam. An additional step is the validation of the injected f/# of the beam by imaging it before its entrance in the IFU. Moreover, a better physical protection layer of the fiber will be implemented to avoid any future damaged to the fiber when it is exposed in the telescope environment.

B. On-sky observation limitations

As explained in Sections 3.D and 3.E, the atmospheric conditions influenced the observation (mean Seeing 0.62", high humidity over 70%, http://mkwc.ifa.hawaii.edu/current/seeing/?night=20191017&lastURLnight=20191017). Additionally, at the time of the observation (sunrise) the sky brightness was not negligible and thus it was driving the WFS close to its saturation levels, leading to an under-performing AO system. Furthermore, the wind was rather high in strength and variable in direction.
Fig. 13. **Top panel:** Spectra of γ Geminorum from the 7 individual cores of the MCF in the wavelength range of 925-935 nm where the many telluric absorption features are visible. Each spectrum is self-normalized and offset with respect to its intensity for clarity. **Bottom panel:** 2D detector image of a part of a spectral order from γ Geminorum. All 7 cores are visible with sampled starlight. Notice the rotated pattern of the MCF formed by absorption features marked in red circles. On both axes numbers represent the detector pixels $4.8 \times 4.8 \, \mu \text{m}$.
Fig. 14. Full spectrum of $\gamma$ Geminorum derived from combining all the fiber cores overplotted (in blue) with a PHOENIX synthetic star spectrum [68], and also (in orange) including telluric absorption estimated with ESO’s SkyCalc [69, 70]. The model spectra were convolved down to $R\sim 30,000$ for the comparison. The two broad features in the stellar spectrum are the Paschen 8 and 9 lines.

(16 km/h), inducing vibrations to the structure of the telescope. Consequently, the stabilization and the shape of the beam coupled into the MLA facet was far from ideal as shown in Fig. 17 [71]. All the factors mentioned above are represented in the data. In more detail, the target under observation, which is unresolved by the Subaru Telescope, and the majority of its light should have been sampled by the central core of the MCF as inferred from Section 2.C. However, as appears in Fig. 15, the illumination of the fiber cores is almost uniform, resulting in a loss of spatial information of the input. A likely explanation of this is the very poor AO performance in correcting the shape and the stabilization of the injected beam. On the other hand, this demonstrates that our IFU can couple light from a point source rather efficiently into an SM spectrograph, even under poor conditions.

The expected performance of the IFU system encountered on-sky can be reproduced by Zemax simulations. In more detail, the POP module was used to simulate the performance of one lenslet out of the 7, as the lenslets are considered homogenous. Two simulations were performed to calculate the expected flux output at the end facet of the MCF; in the first one, representative of the ideal on-sky conditions, we used a Gaussian beam with a $72 \mu m$ MFD, which is a good approximation of the output beam profile of the Subaru Telescope, in combination with the SCExAO and PIAA optics, as described in Section 2.A. In the second one, we used a $2 \times$ bigger beam ($144 \mu m$) in MFD size, as the input to our simulations (as observed in Section 3.E), which had also a lateral displacement term, relative to the central on-axis fiber core equal to $11 \mu m$ (as observed in Fig. 17).

The apparent magnitude of $\gamma$ Geminorum is taken from the literature and is approximately equal to 1.88 in NIR wavelengths. The transmission properties of the sky at Maunakea as well as the performance of all of the optical components of the telescope down to the injection fiber (without the spectrograph), as well as the performance of all of the optical components of the telescope down to the injection fiber (without the spectrograph), for the corresponding optical band, were adapted from the literature and combined. The throughput of the IFU system was taken from Section 3.A. The resulting maximum flux derived from the simulations for the first experiment was found to be $1.63 \times 10^9$ photons/sec in the Y photometric band (970-1007 nm) where a bandwidth of 104 nm of the spectroscopic band were used. The resulting throughput for the second experiment was found to be equal to 2.4% corresponding to an average flux of $1.04 \times 10^8$ photons/sec. This is shown in Fig. 18, where the flux performance of the system up to the IFU level corresponds to 6% of the value measured in laboratory.

Fig. 15. Image of the spectrograph detector of the $\gamma$ Geminorum.

Fig. 16. Top panel: Intensity profile of the apodized injected point spread function normalized to its peak using the phase-induced amplitude apodization optics, for the on-sky and laboratory data. A Gaussian fit was performed to the on-sky data. Bottom panel: 2D image of the PSF on-sky in linear (left) and logarithmic (right) color scale for better clarity. The exposure time was $\sim 0.83$ sec.
The analysis above provides a solid explanation of the observed on-sky performance. Moreover, the on-sky results are useful for predicting the expected performance of the system for future reference. To extrapolate the acquired results, given a photometric sky and median seeing conditions when Strehl ratios are over 60%, the required exposure time for achieving similar levels of SNR as experienced on-sky, would be 48 secs instead of 8 min.

5. CONCLUSIONS

In this study we accomplished the first technology demonstration of a high resolution diffraction-limited integral field spectrograph, 3D-M3. It utilizes a custom MCF with 3D printed micro-optics on top of its cores in order to increase the coupling efficiency of starlight from SCExAO at the 8.2 m Subaru Telescope while the the spatial information of the input is retained.

The injection IFU system is optimized for an on-sky angular dimension of 34 mas, using the output beam profile of SCExAO that makes use of PIAA optics shaping the output PSF to a near Gaussian profile.

The MLA was directly 3D printed onto the MCF using two-photon lithography, considerably improving the coupling of light to each of the fiber cores from a few per cent levels up to a theoretical maximum of 48.8% with the MLA. In addition to this, the mis-alignment tolerances of the injected beam were relaxed with this method, performing decently even for a lateral $\sim 20 \mu$m off-axis injection.

The throughput results on SCExAO confirm the theoretical expectation. A maximum of $40.7 \pm 2\%$ of throughput per core was achieved (corresponding to $\sim 83\%$ of the theoretical value) reaching an average of $35.8 \pm 1.6\%$ per core. The throughput performance of the IFU system across all the 7 lenslets, representing the case of a single unresolved target was measured to be $70 \pm 3\%$ (corresponding to $\sim 84.8\%$ of the theoretical value). The difference between the theoretical and measured values can be attributed to the Fresnel losses at the interfaces of the MLA with the MCF and to their surface roughness. These results were obtained with SCExAO and an artificial light source, which closely represents the performance of the facility under good observing conditions. A short on-sky observation suffered from windshake and bad seeing, resulting in considerably lower throughput of less than 2% compared to the laboratory measurements during the spectrum acquisition.

The on-sky throughput results on SCExAO did not reach the expected performance as measured in the laboratory due to technical problems. However, demonstrate the principle and will serve as a baseline for future reference. A maximum throughput of $10.9 \pm 3\%$ was achieved for the unresolved target while $11.9 \pm 2.5\%$ was measured for the case of the resolved target.

Our system met the expectations and performed reasonably well given the conditions; the results highlight the importance of good on-sky conditions allowing optimal performance. If normal photometric conditions are met, the required exposure time for an observation with an SNR of 20 is reduced by a factor of ten. Compared to conventional high resolution IFS [72], the achieved SNR is still low due to the performance limitations of the optical components, mostly the detector efficiency in this wavelength regime.

Aims for future work include further optimization of the optical design by performing more simulations using Zemax, replacing the spectrometer optics with custom built ones using appropriate coatings for the wavelength range used, and invest-
ing in the stabilization of the instrument with enclosures and controls.

Observation aims for the future involve a list with a variety of targets (resolvable star, non-resolvable, double star system, massive confirmed exoplanets, spectroscopic standard stars) for evaluating its scientific potential.

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