Study regarding the physical-mechanical properties of knits for garments – pilling performance

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Abstract. The effect of the pilling degradation results is an important decreasing in garment quality and a negative influence on the user’s comfort to wear. There are a lot factors, such as the yarn spinning system, fabric geometry and finishing operation, which affect the pilling performance. This research paper presents the investigation of fabric surface concerning pilling formation, especially knits, influenced by the fibrous composition. As samples were used knitted fabric panels, obtained from carded yarns, with fibers composition like cotton, wool or mixed one. Regarding fabric geometry 3 types were used – single jersey, 2x2 rib and moss stitch. In order to establish which of the yarns are most appropriate for knitting garments from the point of view of pilling resistance were realized tests using the standard SR EN ISO 12945-2. The tests were performed with the Nu-Martindale – Abrasion and Pilling Tester, Model 864. For assessment were used two methods – the first one is a comparison with visual standards, tested fabrics or photographs of fabrics, to find the degree of pilling on a scale from 5 (no pilling) to 1 (very severe pilling) and the second one by determination of mass loss percent.

1 Introduction

The process of pilling appearance consists of three steps [1-2]: because of mechanical impact to the surface of garment, several fibers tips are pulled out creating a peeled surface (figure 1). Then the broken fibers come to separate tips and forms, gradually increasing pills.

The fibers that retain these balls are still subjected to mechanical stresses, due to other factors (wear, washing, etc.), resulting in the friction wear effect that leads to their fall [3-4].

The resistance to pilling of the fabric depends on the fabric density, i.e. when the length of loop structure decrease and the surface density increases, the pilling resistance grows [5-7]. The correct form of yarn, fabric and fabric formation can improve the quality of knit fabric [8-9]. Washing intensity, cleaning process [10] that varies depending on chemical softeners used during washing [11-12], however, their influence is not fully investigated.

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2 Background

There are many factors, like the yarn spinning mode, fabric geometry and finishing operations, which affect pilling performance [9, 15]. Özdil et al. compared knitted fabrics from compact spun yarns with classic ring spun yarns and find that knitted fabric from compact yarns have better pilling performance [16]. Candan & Önal test the pilling effect of weft knitted fabric made of OE and RS yarns. They say that 100% cotton samples knitted from RS yarns go to have lower pilling rates than those made from 100% cotton OE spun yarns [17]. Beltran et al. [18] compared piling effect between fabrics made from conventional worsted spun yarns, solospun ring spun yarn and jetwind modified yarns, and report that compared to conventional ring spun yarn fabric, the pilling performance of solospun yarn fabric and jetwind modified yarn fabric showed a half grade and full grade improvement.

As well as an expensive textile fabric, cashmere fiber exhibits a tiny diameter, short length and very smooth surface. The degree of pilling effect of cashmere knitted fabric has required the attention of consumers, manufacturers and researchers. Li et al. [19] found that the relationship between the pilling degree of cashmere knitted fabric and yarn properties was obtained using optimal scaling regression analysis. For the same spinning method, the dye color of cashmere fiber is of primary importance by influencing fabric pilling rates, due by the interaction of the actual yarn twisting and its CV and the yarn tensile strength.

Moreover, Liu and Wang [20] compared the cashmere yarn structure of ring, mule and rotor spinning by means of SEM observations. They showed that the structure of cashmere mule yarn was compacted and the hairiness of cashmere mule yarn was lower than that of cashmere ring yarn and rotor yarn.

3 Method and apparatus

In order to establish which of the yarns are most appropriate for knitting garments regarding the pilling performance were realized tests according to the standard EN ISO 12945-2:2000 Textiles – Determination of Fabric Propensity to Surface Fuzzing and to Pilling – Part 2: Modified Martindale method [13, 23].

The tests were performed with the Nu-Martindale – abrasion and pilling tester, model 864. Were prepared 150 mm diameter specimens of the cloth to be tested. A circular sample, mounted in a specimen holder and subjected to a specific load, is rubbed in the face of an abrasive standard fabric in a translational movement tracing a Lissajous figure, also the specimen holder is additionally freely rotatable around its own axis, perpendicular on the plane of the specimen. [24].

Fig. 1. Pilling effect appearance.
One type of the evaluation for the pilling appearance of the knitted fabric is determined from the inspection interval to degradation of the sample. In accordance to the standard mentioned above, the samples were inspected every 2000 cycles with a magnifying glass and compared with standard photographic samples to establish the degree of degradation [2]. The other type of evaluation is the calculation of the weight loss percent of the fabrics, after 4000 rubs.

4 Samples

Like samples were used knitted fabric panels, catted from garments, obtained on a flat knitting machine Cotton with different gauge (table 1), using carded yarns from fibers like cotton, wool or mixed e.g. Wool 40% + viscose 30% + polyamide 20% + Cashmere 10%, wool 70% + nylon 30%. Whole samples were conditioned [14].

Knits geometry are shown in the figure 2 and their characteristic are described in the table 1.

![Knits geometry: a – single jersey, b – 2x2 rib, c – moss stitch.](image)

**Table 1.** Knitted fabric characteristic.

| Code | Fabric geometry | Raw material | Yarn fineness [Nm] | No. of ply yarn | Fabric Density | Machine gauge |
|------|----------------|--------------|--------------------|----------------|---------------|---------------|
|      |                |              |                    |                | Wales /50mm   | Rows /50mm    |               |
| S1   | Single jersey  | Cotton       | 70/2               | 2              | 43            | 50            | 12 gg         |
| S2   | Single jersey  | Cotton       | 50/2               | 2              | 33            | 45            | 21 gg         |
| S3   | Single jersey  | Cotton       | 50/2               | 3              | 28            | 35            | 15 gg         |
| S4   | Single jersey  | Wool         | 30/2               | 1              | 38            | 45            | 12 gg         |
| S5   | Single jersey  | Wool 70% + Nylon 30% | 15/2 | 1 | 25 | 35 | 7 gg |
| S6   | Rib 4x2        | Wool 40% + Viscose 30% + Polyamide 20% + Cashmere 10% | 15/1 | 2 | 38 | 45 | 12 gg |
| S7   | Moss Stitch    | Cotton       | 70/2               | 2              | 33            | 30            | 12 gg         |
Cotton knitted fabric is breathable and transmits moisture, liquid and vapor, far away from the body and is absorbent and removes liquid from the skin, like a towel, according to Cotton Incorporated [26].

Cotton as a natural cellulose fiber, has a lot of characteristics such as: comfortable, soft hand, good absorbency, color retention, prints well, machine-washable, dry-cleanable, good strength, drapes well, easy to handle and sew [21].

Wool fiber is composed of protein substance called as keratin. The wool fibers have crimps or curls, which create air pockets and give the wool a spongy feel and create insulation for the wearer.

The characteristics of wool fiber are as follows: excellent absorbency, moisture regain is good, tend to be warmer than others, have poor resistance to alkalis but good resistance to acids, have good elasticity and resiliency [22].

### 5 Assessment

An objective evaluation of the pilling tendency of woven cloth and knitted fabric is a broad requirement of the textile industry [25].

To evaluate the pilling tendency in accordance with SN EN ISO 12945-2 a photo standard can be used, see figure 3. Each photo standard consists of a series of 4 comparable photographs. Each comparable photograph shows the boundary between 2 marks (mark 4-5, 3-4, 2-3, 1-2).

The surface condition of each test sample is judged against a photo standard, it can then be decided if the test sample is better, equal, or worse than the photo standard, resulting in a pilling mark [25].

![Fig. 3. Marking system [25]. Mark 5 = no or very little pilling, Mark 4 = light pilling formation, Mark 3 = moderate pilling formation, Mark 2 = distinct pilling formation, Mark 1 = strong pilling formation, (Half marks are allowed).](image-url)
6 Results

In the table 2 are presented the samples appearance after 2000 and 4000 rubs and the table 3 show the values of mass loss percent obtained for all knitted fabric geometry and raw material from this study.

| Code | Sample view after 2000 rubs | Sample view after 4000 rubs | EMPA Degree after 4000 rubs |
|------|-----------------------------|-----------------------------|-----------------------------|
| S1   | ![Image of S1 sample view after 2000 rubs](image1) | ![Image of S1 sample view after 4000 rubs](image2) | 4 |
| S2   | ![Image of S2 sample view after 2000 rubs](image3) | ![Image of S2 sample view after 4000 rubs](image4) | 3 - 4 |
| S3   | ![Image of S3 sample view after 2000 rubs](image5) | ![Image of S3 sample view after 4000 rubs](image6) | 4 |
| S4   | ![Image of S4 sample view after 2000 rubs](image7) | ![Image of S4 sample view after 4000 rubs](image8) | 2 |
| S5   | ![Image of S5 sample view after 2000 rubs](image9) | ![Image of S5 sample view after 4000 rubs](image10) | 1-2 |

*Table 2. Sample appearance after 2000 and 4000 rubs.*
Table 3. The percent of mass loss.

| Code | Knitted fabric geometry | Raw material          | Initial Weight [g] | Final Weight [g] | Loose Weight [%] |
|------|-------------------------|-----------------------|--------------------|------------------|-----------------|
| S1   | Single jersey           | Cotton                | 3.928              | 3.911            | 0.43            |
| S2   | Single jersey           | Cotton                | 4.583              | 4.555            | 0.61            |
| S3   | Single jersey           | Cotton                | 5.921              | 5.910            | 0.19            |
| S4   | Single jersey           | Wool                  | 4.236              | 4.172            | 1.51            |
| S5   | Single jersey           | Wool 70% + Nylon 30%  | 6.505              | 6.452            | 0.81            |
| S6   | Rib 4x2                 | Wool 40%+ Viscose 30% + Polyamide 20% + Cashmere 10% | 9.501             | 9.450            | 0.54            |
| S7   | Moss Stitch             | Cotton                | 3.417              | 3.402            | 0.44            |

Fig. 4. Histogram of weight loss, according to the raw material and fabric geometry.
7 Discussions and conclusions

In this study, the pilling tendency on a textile's surface for three type of weft knitted fabric geometry - single jersey, 2x2 rib and moss stitch - produced from ring yarns and raw material like cotton, wool and mixed yarns were evaluated. According to the raw material, percent of mass loss is higher for knitted samples from wool yarn than cotton samples.

If we increase the yarn fineness (S5 and S6), the mass loss will increase, see figure 4 and table 3.

For the same raw material (cotton 70/2 Nm), but different geometry (S7 and S1), percent of mass loss is higher in the case of S7.

For the same raw and pattern (S2 and S3) if we add one more ply yarn (e.g. S3) mass loss percent decrease by 68.85%, see figure 4 and table 3.

Concerning the influence of fabric geometry on the pilling tendency:

- If we analyze the appearance of the sample surface after 4000 rubs can observe that, single jersey has a good resistance than rib and moss stitch structure, table 3 show.
- It can be said that the knit geometry and raw material have an effect on the pilling performance of knit fabrics. To be able to produce knitted fabrics for garments whose abrasion resistance and pilling performance are high, compact yarns should be used.
- Try to avoid fabrics that are made from fiber blends. Knitted or woven fabrics that combine different types of threads - especially those that combine natural and synthetic fibers - are more likely to pilling degradation.
- We can choose woven fabrics than knits. Woven fabrics goes to pilling, less than knits. Of course we love our knits, so choose one that is tightly knit over a looser knit.
- For clothes that you suspect will pill, use the washer's gentle cycle. The slower agitation and shorter wash cycle will protect your clothes. Or, choose hand washing which is even more gentle.

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