An Efficient Solid-Phase Extraction-Based Liquid Chromatography Method to Simultaneously Determine Diastereomers α-Tocopherol, Other Tocols, and Retinol Isomers in Infant Formula

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The separation and simultaneous quantitation of diastereomers of DL-α-tocopherol, eight tocol forms, and retinols (trans and cis) have been conducted by reversed-phase liquid chromatography followed by solid-phase extraction. A chiral silica stationary phase modified with polysaccharide derivative on the monodisperse macroporous silica gel (Unichiral OD-5H column, 150 mm × 4.6 mm, 5 μm, NanoMicro Technology Co., Ltd.) was employed for eluting each target compound. Instead of conventional solvent extract, a green and eco-friendly solid-phase extraction column, packing with nonpolar polystyrene divinylbenzene, was optimized in terms of capacity and solvent used in steps. Validation of the method was examined and confirmed to be satisfactory, with excellent linearity regression (r ≥ 0.9999), acceptable accuracy (74.66% ~ 112.92%), and precision (0.20% ~ 10.52%) results. Limit of detection ranged from 0.05 mg kg⁻¹ (retinols) to 0.4 mg kg⁻¹ (tocols). The method was checked by infant formula reference material SRM 1849a as well, which illustrated good agreement of mass fraction with certified value and enriched the important isomer data.

1. Introduction

Measurement of vitamins in foods and supplements is important for monitoring and controlling nutrient intakes of various populations, especially for specific groups (like elders and infants). Excess and deficient intakes of fat-soluble vitamins could cause a disorder of protein metabolism [1], immune system, version and regulation of cell growth, and differentiation [2].

Vitamin A belongs to the fat-soluble vitamin group that helps maintain normal reproduction, vision, and immune function. It comes in several forms (like retinol, retinal, retinoic acid, or retinyl ester). Isomers of vitamin A have different activities. All-trans-retinol is defined to the 100% reference activity level, while 13-cis-retinol and 11-cis are 75% and 30% active, respectively, and the other isomers have activities lower than 20% [3]. In general, all-trans and 13-cis retinol are the most common forms found in foods and supplements. However, the determinations of vitamin A always focus on total vitamin A or total retinol only, which could lead to underestimation of vitamin A when cis-isomers are also present.

Vitamin E, another main group of fat-soluble vitamins, plays an important role in animal reproduction, antioxidant, and anticancer activities. Consisting of tocopherols and tocotrienols (α-, β-, γ-, and δ-form), both natural and synthetic forms of vitamin E are used as additives in food and food supplement. For the sake of different presentence of 2, 4', and 8' asymmetric carbon atoms in tocopherol molecule, the natural α-tocopherol (D-α-tocopherol) and synthetic tocopherol (DL-α-tocopherol) result in eight stereoisomers [4, 5]. Natural D-α-tocopherol is the most effective assigned 1.49 IU vitamin E equivalent, whereas DL-α-tocopherol (all-rac) was assigned 1.10 IU vitamin E.
equivalent [6]. Besides, β-, γ-, δ-tocopherol and tocotrienol congeners act out significantly different activities. Consequently, the distinction of α-tocopherol forms and vitamin E isomers is important for quality control and analysis.

Liquid chromatography is the method most frequently employed for the analysis of retinol and tocol isomers. Normal-phase liquid chromatography (NP-LC) has successfully been applied to separations of isomers of retinol [7–9], and tocol isomers, which has been reviewed by Ruperez et al. and Fanali et al. [5, 10]. When saponification is not essential, the NP-LC method could conduct direct quantitative of target compounds through sample extraction and elution with hexane. However, considering robustness of the chromatographic columns, reproducibility of chromatographic peak characteristics, and reduction of volatile and hazardous solvents, reverse-phase liquid chromatography (RP-LC) offers greater suitability, especially in the analysis of multiple vitamin isomers separation. Silica-C30, pentafluorophenyl (PFP), and high-density C18 stationary phase with polymeric stationary phase have been employed in RP-LC for the separation of β- and γ-tocols [4, 11, 12], while it has been a bit rarely used for retinol isomers.

To distinguish the natural tocol (D-α-tocopherol) in a product, it is only necessary to demonstrate a single peak using the chiral stationary column. To date, several publications have been reported to separate α-tocopherol stereoisomers, based on the three chiral centers in the phytyl tail. With different polymeric bonding modified chiral stationary phases, some scientific researches have been done to separate isomers of DL-α-tocopherol into more than two peaks [4, 13, 14]. Although there is rarely a report showing the differentiation between diastereomers of vitamin E and retinol congeners simultaneously, the differentiation by RP-LC would be usefully considered for the sake of reversed-phase mode advantages and versatilitys.

Solute extraction is a classical method in vitamin A and vitamin E analysis, as in the case of the standardized method in authority [15–17]. Except for tedious steps, those methods are not satisfied with the economy and environmental friend. For their peculiarities, extraction methods, including solid-phase extraction (SPE), supercritical fluid extraction, and pressurized liquid extraction, have been developed to meet the scientific trend of simplification, speediness, wastage reduction, costs, and safety. Among them, SPE is a rapid, effective, and versatile technique and has been employed in various matrices for fat-soluble compounds extraction, such as the concentration of tocols in rice brans [18], and tocols and carotenoids in cereal samples [19]. To the best of our knowledge, there is no study to describe simultaneous extraction of vitamin E congeners and retinols (cis and trans isomers) in infant formula by SPE.

The present study aims to develop and validate an accurate, precise, sensitive, and eco-friendly RP-LC method for the determination of tocols (tocopherols and tocotrienols) and retinol (cis and trans) isomers simultaneously using polysaccharide derivative modified silica stationary phase (Unichiral OD-5H column, 150 mm × 4.6 mm, 5 μm), which was proven to be sufficient for the distinction of the DL-α-tocopherol and D-α-tocopherol. A green sample preparation technique was employed instead of solvent extraction and was applied in infant formula samples successfully.

2. Materials and Methods

2.1. Chemicals and Materials. All-trans-retinol, 9-cis-retinol, and 13-cis-retinol were obtained from Toronto Research Chemicals (Irvine, CA, USA). D-Tocopherols (D-α-, β-, γ-, and δ-tocopherol) and tocotrienols (D-α-, β-, γ-, and δ-tocotrienol) were obtained from Supelco (Bellevonte, PA, USA), as well as DL-α-tocopherol. Stock solutions (1 mg·mL−1 of all-trans-retinol, 100 μg·mL−1 of cis-retinol, 20 mg·mL−1 of DL-α-tocopherol, 5 mg·mL−1 of tocopherols and tocotrienols) were prepared in anhydrous alcohol and stored in brown glass bottles at −20°C. Their concentrations were evaluated spectrophotometrically based on their specific absorption coefficients: α-tocopherol = 75.8 at 292 nm, β-tocopherol = 89.4 at 296 nm, γ-tocopherol = 91.4 at 298 nm, δ-tocopherol = 87.3 at 298 nm, α-tocotrienol = 91.0 at 292 nm, β-tocotrienol = 87.5 at 295 nm, γ-tocotrienol = 103.0 at 298 nm, δ-tocotrienol = 83.0 at 292 nm, all-trans-retinol = 1830 at 325 nm, and 13 cis-retinol = 1686 at 328 nm [15, 20]. Take one milliliter of each stock standard solution and makeup to 100 mL with methanol in a 100-mL volumetric flask. Working solutions were prepared by methanol in available dilution times.

HPLC grade of methanol (MeOH) and acetonitrile (ACN) were purchased from Merck (Darmstadt, Germany). Ultrapure water was obtained from Millipore (Bedford, MA, USA). All other reagents were of analytical grade and were purchased from local suppliers. The packings with polystyrene divinylbenzene (PS-DVB) SPE cartridges in three brands were evaluated, SelectCore PSN from NanoMicro Technology Co., Ltd. (Suzhou, China), Bond Elut Plexa from Agilent Technologies, Inc. (CA, USA), and Welchrom PS/DVB column from Welch Technologies Shanghai Co., Ltd. (Shanghai, China). The infant powder matrix sample was purchased and information was collected from a local supplier.

2.2. Instrumentation. LC system was composed of 1-Class Waters Acquity™ UPLC with a fluorescent detector (Large volume flow cell), a photo-diode array detector, and a 20-μL sample loop. The chiral column, 150 mm × 4.6 mm inner diameter, 5 μm particle size, Unichiral OD-5H column (NanoMicro Technology Co., Ltd, China), which was packed with polysaccharide derivative on the surface of spherical silica stationary phase, was conducted at 35°C. The two-component mobile phase (A-water, B-75% ACN/25% MeOH) was delivered at a flow rate of 1.2 mL·min−1 as the following time table: 0–23 min, 75% B; 23–32.5 min, 75%–80% B; 32.5–35 min, 80%–100% B; 35–39 min, 100% B, 39–39.5 min, 100%–75% B; total run time was 45 min. Tocopherols and tocotrienols were detected with fluorescence at 294 nm excitation and 328 nm emission, while retinols were detected with a photo-diode array detector at 328 nm.
2.3. Method Validation. The established RP-LC method was validated in an aspect of specificity, linearity, range, limits of detection (LOD), limits of quantification (LOQ), precision, and accuracy. The linearity of each analyte was evaluated by calculating the slope, intercept, and correlation coefficient of each calibration curve. The LODs and LOQs were determined by spiking various low concentration levels and determined as the lowest concentrations that produce chromatographic peaks at a signal-to-noise ratio (S/N) of 3 and 10, respectively. Accuracy and precision of the method were conducted by adding three levels of standard working solution to infant formula sample in six parallel levels, whereas spiking concentrations were based 0.75-, 1.5-, and 3-folds on the content of analytes in infant formula sample (which is mainly calculated based on the content of D-α-tocopherol). The selectivity of the method was analyzed by comparing the chromatograms of analyte-free samples and the spiked ones. Furthermore, the method was validated and applied for an infant/adult nutritional formula analyzed by comparing the chromatograms of analyte-free infant formula sample (which is mainly calculated based on the content of D-α-tocopherol). In this study, a chiral silica stationary phase modified with polysaccharide derivative on the monodisperse macroporous silica gel (Unichiral OD-5H column, 150 mm x 4.6 mm, 5 μm) was tested. Methanol and acetonitrile were primarily examined as mobile phases. Starting isotropic elution with methanol, the overlapping peak of δ-tocopherol and γ-tocotrienol was observed, as well as the longer retention times of all analytes. With acetonitrile solvent, the elution was so quick that the complete separation of trans and cis retinols could not be achieved. Different proportions of these two solvents were tested consequently. The best separation was conducted by the gradient elution system started with 75% of ACN/MeOH (75/25, v/v) mixture. Under optimization conditions, those compounds were separated sufficiently by the Unichiral OD-5H column and the whole elution lasted less than 40 min. Figure 1(c) illustrates that there would be two peaks in DL-α-tocopherol standard solution, while it would be only one peak in the D-α-tocopherol standard, which would be employed to distinguish the α-tocopherol form in samples.

3. Results and Discussion

3.1. Separation of Asymmetric α-Tocopherol and Retinol Isomers. The first and crucial study was carried out here to pick up the analytical column and address the optimization of the mobile phase. Different stationary phase columns were considered, as alkyl-bonded C30 silica, high-density C18 stationary phase with polymeric bonding, and PFP column were reported to separate β and γ tocotrienol isomers. In an aspect of retinols, few pieces of literature were discussed about the RP-LC method for trans and cis isomers separation. In the present study, C30 and PFP stationary phases were proven to be of satisfying performance for the separation of trans and cis retinols, while both of them could not distinguish DL-α-tocopherol and D-α-tocopherol. Normal C18 stationary phase could not be used for the separation of β and γ tocotrienol isomers. According to previous reports, chiral stationary phases were available for asymmetric α-tocopherol.

3.2. Optimization of SPE Parameters. For disadvantages of solvent extraction in long extraction time with a lot of toxic solvents consumption and tedious steps, several environmental extraction methods have been developed for the release of tocols depending on the characteristics of the samples. In this study, a green SPE method was established and optimized, including the choice of sorbent, wash, and eluent solvent. The simultaneous extraction of tocols and retinols was more complicated. A commercial nonpolar polystyrene divinylbenzene (PS-DVB) packing column was taken on researchers’ interest based on its advantage of high-throughput assays, alkali resistance, and strong hydrophobicity. Bond Elut Plexa column (500 mg, 6 mL), Bond Elut Plexa column (200 mg, 6 mL), SelectcCore PSN column (200 mg, 6 mL), and Welchrom PS/DVB column (200 mg, 6 mL) were compared and illustrated in Figure 2. The simulated saponification extract solution consists of available tocols and retinols standards mixture, and 40% potassium hydroxide in ethanol solution. Figure 2 illustrates that different brand packing columns showed different retention capabilities for analytes. There was no significant difference between the capabilities of SelectcCore PSN and that of Welchrom PS/DVB. Bond Elut Plexa columns demonstrated fewer capacities for partial analytes, especially
Figure 1: Continued.
200 mg size column. And the speed of extracts passed by Bond Elut Plexa column (500 mg, 6 mL) was much slower during the loading step. Thus, both of SelectCore PSN (200 mg, 6 mL) and Welchrom PS/DVB (200 mg, 6 mL) could be chosen in the following steps.

For cleaner samples and reducing ion suppression, the washing solution was optimized. Different percentages of organic solution (10 mL of 0%, 2%, 5%, 10% methanol solution, and 40% ethanol, respectively) were compared and the results showed 10% methanol solution was the best with

**Figure 1:** Typical chromatograms of (a) tocopherols and tocotrienols in fluorescent detector and (b) retinols in photo-array detector: (A) presents all analytes in mixture standard solution, (B) presents analytes in matrix extraction, (c) presents peaks of D-α-tocopherol (C) and DL-α-tocopherol (D) in the relative standard solution, (d) presents chromatograms of components in SRM 1849a, (E) retinols in photo-array detector, (F) tocopherols and tocotrienols in fluorescent detector.
higher than 80% recoveries of all analytes. Recoveries of δ-toccols were lower than 70% when 40% ethanol solution was used for washing, which explicated a higher organic washing solution was undesirable. In the elution step, 7.5 mL of ACN/MeOH mixture (75/25, v/v) was necessary to provide high recoveries of analytes, which ranged from 90.25% to 103.3% for tocotrienols, 89.54% to 98.36% for tocopherols, and 93.13 to 116.03% for retinols.

Besides being satisfied with the simulated saponification solution, it would be available for real infant formula samples. To confirm the SPE conditions, a mixture of several different brands of infant formula samples was conducted for the sake of enriching tocols and retinols instead of spiking standards. Also, it is more economical and effective to investigate the purification ability and applicability of the SPE method to potential impurities. The results were evaluated by each compound content in the mixture sample. In practice, there was no difference in washing and eluting steps between simulation solution and mixture infant formula sample, except the loading step. When loading sample saponification extract directly, the contents of δ-toccols would be half of that from the loading sample with a onefold volume of water. This is matched with the simulation extract recoveries obtained from 40% ethanol used as a washing solution. The high percentage of ethanol in saponification extract would cause less reservation of analytes. Onefold bulk of the water was added to decrease the percentage of organic solvent.

3.3. Analytical Characteristics of the Method. The typical chromatograms of analytes extracted from the mixture infant formula sample and standards solution are presented in Figures 1(a) and 1(b), as well as DL-α-tocopherol and D-α-tocopherol standard solution (Figure 1(c)). The separation of each retinol and tocol compound exhibited good specificity. No unidentified peaks in the selected samples interfered with the analytes.

The linearity calculation was based on the six increasing concentrations of the standard solution of each isomer. Ranging from 0.01 μg·mL⁻¹ to 25 μg·mL⁻¹, all of retinols and tocols compounds showed good linear regressions (r > 0.999) as displayed in Table 1, which allowed acquiring reliable and effective data for infant formula samples and relative modified products with low and high contents of vitamin E and retinols. The LODs and LOQs, from 0.05 mg/kg to 0.4 mg·kg⁻¹, and from 0.15 mg·kg⁻¹ to 1.2 mg·kg⁻¹, respectively, were reported here matched with small amounts of analytes in infant formula samples, which referred to the sensitivity of the instrument.

Accuracy and precise constructed for the spiked infant formula sample with approximate standard concentration, prepared as described in Section 2.4, are presented in Table 2. It is noticed that the results performed excellent repeatability and satisfactory precision, with RSD values lower than 11%, and mean recoveries were between 74.66% and 112.92%.

Finally, the reliability of the method was further checked by using the reference material SRM 1849a. The results obtained are listed in Table 3 and illustrated in Figure 1(d). Figure 1(d) displays the variety of components in SRM 1849a, containing cis and trans retinols, and four isomers of tocopherols (α-, β-, γ-, and δ-), compared with NIST official document report. The form of α-tocopherol is D-α-tocopherol mainly, for the sake of one
peak, appeared in relative retention time. Table 3 shows the mass fraction of total (cis and trans) retinols was a little bit higher than the certified content, whereas the total of all-trans and 13-cis retinols was in agreement. With respect to vitamin E, the result of D-α-tocopherol was in the range of assigned value, and the contents of γ- and δ-tocopherols were also abundant. Such data confirmed the efficacy of the methodology and the extraction procedure. And what is more, it is necessary to identify each isomer of retinols and tocotrienols compound in infant formula when evaluating biological activity and estimate the equivalent by rule and line.

4. Concluding Remarks

The optimized RP-LC method offers advantages over previous literature, such as simultaneous quantitation of variety analytes, quicker distinction of α-tocopherol form, and estimation of common retinol isomers. The choice chiral chromatographic column was recommended to utilize in routine practice for the relatively low cost and available effective time. For the trend of quicker, simpler, cheaper, and safer requests in sample preparations, the SPE method takes place of the conventional solvent extraction method. Although the sorbent (PS-DVB) in the packing
column is not a novel material, it is the first time to be employed in vitamin E and retinols concentrated.

**Abbreviations**

NP-LC: Normal-phase liquid chromatography  
RP-LC: Reverse-phase liquid chromatography  
PFP: Pentafluorophenyl  
SPE: Solid-phase extraction  
MeOH: Methanol  
LOD: Limits of detection  
LOQ: Limits of detection  
S/N: Signal-to-noise ratio  
BHT: Butylated hydroxytoluene  
PS-DVB: Polystyrene divinylbenzene.

**Data Availability**

The data used to support the study are included within the article.

**Conflicts of Interest**

The authors declare no conflicts of interest.

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