Development of the Human Pancreas From Foregut to Endocrine Commitment

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Knowledge of human pancreas development underpins our interpretation and exploitation of human pluripotent stem cell (PSC) differentiation toward a β-cell fate. However, almost no information exists on the early events of human pancreatic specification in the distal foregut, bud formation, and early development. Here, we have studied the expression profiles of key lineage-specific markers to understand differentiation and morphogenetic events during human pancreas development. The notochord was adjacent to the dorsal foregut endoderm during the fourth week of development before pancreatic duodenal homebox-1 detection. In contrast to the published data from mouse embryos, during human pancreas development, we detected only a single-phase of Neurogenin 3 (NEUROG3) expression and endocrine differentiation from approximately 8 weeks, before which Nirenberg and Kim homeobox 2.2 (NKX2.2) was not observed in the pancreatic progenitor cell population. In addition to revealing a number of disparities in timing between human and mouse development, these data, directly assembled from human tissue, allow combinations of transcription factors to define sequential stages and differentiating pancreatic cell types. The data are anticipated to provide a useful reference point for stem cell researchers looking to differentiate human PSCs in vitro toward the pancreatic β-cell so as to model human development or enable drug discovery and potential cell therapy. Diabetes 62:3514–3522, 2013

The in vitro differentiation of embryonic stem cells (ESCs) or induced pluripotent stem cells (iPSCs) to pancreatic β-cells is an ambitious hope for cell therapy in diabetes, a tool for mechanistic understanding of monogenic diabetes, and a potential platform for drug discovery to promote β-cell regeneration (1,2). Most stem cell differentiation protocols aim to mimic normal development by steering pluripotent cells sequentially through endoderm, foregut, pancreatic progenitor, and then endocrine cell fates (1–4). Comprehensive knowledge of this pathway has come from extensive analyses of laboratory model species, such as mouse, chick, and frog (5–8). This has demonstrated patterning of the foregut endoderm by transient proximity to the notochord that permits subsequent development of the dorsal pancreatic bud (9,10), with additional inductive influences provided by the dorsal aorta and other vasculature (11,12).

The intercellular signaling underlying these events and others has been mimicked as additives to the culture media during stem cell differentiation. In parallel, genetic inactivation in mouse has shown the sequential requirement for key transcription factors (5–8). Some of these factors, for which robust antibodies are available, have been used as phenotypic markers to identify stages of β-cell differentiation from stem cells in vitro (2–4). Examples include SRY (sex determining region Y)-box-17 (SOX17), Gata-binding protein 4 (GATA4), forkhead box A2 (FOXA2), pancreatic and duodenal homeobox 1 (PDX1), two Nirenberg and Kim homeobox (NKX) factors, NKX6.1 and NKX2.2, and Neurogenin 3 (NEUROG3, also called NGN3) (5–8,13–15). Nevertheless, if the goal is to differentiate human stem cells by mimicking human development, this approach contains an assumption; namely, that human embryogenesis is very similar, if not identical, to that which occurs in small mammalian, avian, or amphibian species.

Research on human embryos is limited by availability and appropriate ethical restrictions. Previous data mostly arise from studies initiated at 7–8 weeks of fetal development, by which time the two pancreatic buds have coalesced as a single organ, and NEUROG3 detection implies endocrine commitment has already started (16–23). Subsequent profiles of transcription factors have been reported that culminate in the development of human islets from ~12 weeks of fetal age (18,21,23). In stark contrast, knowledge of earlier events is exceptionally restricted; for instance, the detection of PDX1 in a single dorsal pancreatic bud at ~4 weeks of development and SOX9 transcripts by mRNA in situ hybridization soon after (20,24). Foregut development, the potential for patterning by nearby structures, and gene expression profiles during pancreatic bud formation, pancreatic growth, and early lineage differentiation has remained unexplored despite being essential for β-cell development. Here, we describe these early developmental events in a series of human embryos. The data help to minimize current interspecies assumptions made about stem cell differentiation, identify simple transcription factor combinations that signify differentiating pancreatic cell types, and provide a reference point for the validity of using stem cells at a particular stage of differentiation to model human developmental mechanisms in vitro.

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RESEARCH DESIGN AND METHODS

Human tissue collection. The collection, use, and storage of human embryonic and fetal tissue (n = 31) was done with ethical approval from the North West Research Ethics Committee, under the codes of practice issued by the
RESULTS

Postimplantation human embryos are classified by Carnegie stage (CS), which uses morphology visible by light microscopy to ascribe stages that can be correlated to embryonic days (e) of mouse development (Supplementary Table 2). At CS9, which occurs at 22–26 dpc and is defined by the presence of up to 4 somite pairs, the definitive endoderm openly communicated along much of the embryo’s anterior-posterior axis with the visceral endoderm of the yolk sac (Fig. 1A, long double-headed arrow). However, by CS10 (25–27 dpc; 4–12 somites), folding in the head and “tail” regions and along both flanks had created the blind-ending tubes of foregut and hindgut, thereby restricting the opening of the yolk sac to the intervening midgut (Fig. 1A, short double-headed arrow). The anterior end of this opening constitutes the foregut-midgut boundary and is termed the anterior intestinal portal (AIP). It allows demarcation of the most distal region of foregut from where the dorsal and ventral pancreatic buds (and liver) arise. In three CS10 embryos, the dorsal foregut epithelium at this location was a single cell thick and adjacent to the notochord (Fig. 1B and C). In chick embryos, the immediacy of the notochord causes exclusion of sonic hedgehog (Shh) expression from the dorsal foregut endoderm, which, in turn, allows later expression of Pdx1 and dorsal pancreatic budding (10). A similar exclusion of Shh was visible in human embryos at CS10 (Fig. 1D, arrow), extending across the entire dorsal surface of the endoderm, in contrast to the detection of Shh throughout the thicker pseuodstratified epithelium of the ventrolateral endoderm adjacent to the lateral mesoderm (Fig. 1D, arrowhead). This pattern of Shh detection was observed from the level of the second to the ninth somites. Nuclear FOXA2 was present in all of the epithelial cells of the endoderm (Fig. 1E), whereas SOX17 was restricted to the region that lacked Shh (Fig. 1F, arrowhead). At this stage of development, neither GATA4 nor PDX1 were detected in the foregut (Fig. 1G and data not shown).

The proximity between notochord and gut is possible until the paired dorsal aortae intervene and fuse in the midline with its surrounding mesoderm, which had occurred by CS12 (29–31 dpc). At this stage, PDX1 was first apparent over stretches of ~15 cells immediately anterior to the AIP (Fig. 2A–C). In keeping with the thicker ventral wall of the foregut at CS10, the ventral domain of PDX1 contained approximately twice as many cells as its dorsal counterpart. The presumptive duodenal-pancreatic endoderm also contained nuclear GATA4, FOXA2, and SOX17 (Fig. 2D–F). Expression of these three transcription factors extended posterior to the AIP into the distal duodenum/midgut. In contrast, SOX9 was predominantly expressed in the hepatic bud with FOXA2 and was only very weakly colocalized with PDX1 (Fig. 2C, E, G, and J). NKX6.1 and NKX2.2 were not detected in the endoderm at this stage but were detected in the neural tube (Fig. 2F and data not shown).

At CS13 (30–33 dpc), distinct buds of dorsal and ventral pancreas were visible, the latter lying just posterior to the embryonic gall bladder (Fig. 3A and B). Both pancreatic buds were within a few cells from the ventral and dorsal anastomoses of the left and right vitelline veins, which eventually form the portal vein, and contained nicrolumens (Fig. 3D, inset). Ventral and dorsal pancreatic cells and the intervening duodenum were uniformly positive for nuclear PDX1, with weaker staining extending into the extrahepatic biliary duct and the gall bladder (Fig. 3C). GATA4 was also apparent within pancreatic and duodenal cells and was extended into the gall bladder but was barely detected in the extrahepatic biliary duct (Fig. 3D). It was also present in the mesenchymal cells surrounding the hepatic cords and gallbladder. SOX9 was extensively expressed in the developing pancreas, with SOX17 and PDX1, with weaker staining extending into the extrahepatic biliary duct (Fig. 3D). It was also present in the mesenchymal cells surrounding the hepatic cords and gallbladder. SOX9 was extensively

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**FIG. 1. Early foregut endoderm and its proximity to the notochord.**

A: Human embryos at CS9/22–26 dpc (the small horizontal arrows indicate three somite pairs) and CS10/25–27 dpc (11 somite pairs, visible in the inset). At CS9, the double-ended arrow highlights the large communication between the gut tube/diffusible endoderm and the yolk sac compared with its restriction at CS10 (smaller double-ended arrow). The dashed line indicates the level of the AIP at CS10. Bright-field transverse images at CS10/25–27 dpc stained with hematoxylin and eosin (B and C) or toluidine blue after immunohistochemistry (brown) for SHH, FOXA2, SOX17, and PDX1 (D–G). Arrows and arrowheads point to absence of and detection of SHH (D) and SOX17 (F), respectively. Im, lateral mesoderm; noto, notochord; nt, neural tube; s, somite. The CS9 embryo is 2 mm in length; scale bars represent 50 μm (B and C–G).
detected in the dorsal and ventral pancreas as well as in the extrahepatic biliary duct but was only weakly detected in the duodenum and gall bladder (Fig. 3E). At this stage, pancreatic NKX6.1 was first detected, most readily in the dorsal bud, but NKX2.2 remained absent (Fig. 3F and data not shown). In line with earlier (and later stages), FOXA2 uniformly stained all epithelial cell nuclei in the branching hepatic cords, extrahepatic biliary duct, duodenum, and pancreas; in contrast, SOX17 was no longer detected at this or later stages within the duodenum or pancreas but was present in the embryonic gallbladder (data not shown).

By CS15 (35–37 dpc), the pancreas was widely separated from the aorta; however, gut rotation had brought both ventral and dorsal pancreatic buds to either side of the portal vein (Fig. 4A–C). The epithelial cells contained nuclei that stained uniformly for PDX1, FOXA2, SOX9, and

SOX9 (green) colocalization. d, duodenum; dp, dorsal pancreatic endoderm; hb, hepatic bud; scv, right subcardinal vein; vp, ventral pancreatic endoderm. Scale bars represent 200 μm (A), 100 μm (B–H), and 50 μm (I).
NKX6.1 (Fig. 4D, F–H). GATA4 was present in the stomach epithelium (Fig. 4E, inset) but was barely detected in the pancreas compared with levels found at CS13, except for some occasional stained nuclei scattered throughout the pancreas (Fig. 4E, arrow). These transcription factor profiles were the same at CS16 (37–40 dpc; Fig. 4I–K and data not shown), by which time the epithelium was mostly one or two cells thick and clearly branched, with peripheral and more centrally located cells (Fig. 4I–K). As in earlier stages, NKX2.2 was not detected in the pancreas (Fig. 4L) but was present in the ventral neural tube (Fig. 4M). The lack of pancreatic NKX2.2 corresponded to negligible pancreatic reads (<1 read per kilobase per million base pairs) for NKX2.2 transcripts in unpublished RNA-seq datasets at CS13–15).
During mouse development, commitment of the acinar cell lineage from the pool of multipotent progenitor cells is largely complete by ~ e14 (13,28–30). These cells, located at the tips of a branched pancreas, contain Gata4 but lack Nkx6.1 and Sox9 compared with the trunk cells that express Nkx6.1 and Sox9 but lack Gata4 (13,29–32). During human development at CS19 (45–47 dpc) GATA4 was clearly apparent for the first time in the nuclei of some peripheral cells but was restricted from the central trunks (Fig. 5A). Cells in both locations still contained nuclear Nkx6.1, Foxa2, and Sox9 at CS19 and CS21 (49–52 dpc), when the peripheral GATA4-positive tip cells also immunostained for carboxypeptidase A1 (CPA1; Fig. 5F–G, and data not shown). By 10 wpc (~2.5 weeks later), the CPA1/GATA4-positive tip cells uniformly lacked Nkx6.1 (data not shown) and mostly lacked Sox9 (Fig. 5H). By 14 wpc, GATA4 and Sox9 detection was almost entirely mutually exclusive, implying terminal differentiation of GATA4-containing acinar cells surrounding Sox9-positive centroacinar (and ductal) cells (Fig. 5J).

In mouse, cells in the trunk domain are characterized by Nkx6.1, Sox9, and Hnf1β expression and possess the potential for duct or, if they transiently produce Neurog3, endocrine differentiation (5–8,13,29,33). Murine Neurog3 expression is biphasic, with an initial wave from e8.5 to e11 (34). The second phase starts at e12, peaks at e15.5, and is much reduced by e18.5. We did not detect Neurog3, insulin, or glucagon as protein or transcripts to correlate with the first phase of expression in mouse (Supplementary Fig. 1). The increase in Neurog3 expression and of Neurog3-positive cells during late embryogenesis was closely timed to the appearance of fetal insulin (Fig. 6A and B). Compared with CS20–21 (47–52 dpc), Neurog3 transcripts had increased 3.6-fold by 8–8.5 wpc and 6.1-fold by 9–10 wpc, with corresponding increases in insulin of 34-fold and 193-fold. Cell counting at the same time points produced increases of 59- and 102-fold for Neurog3-positive cells and 140- and 684-fold for insulin-positive cells. Nuclear Sox9 was absent in all cells with robust Neurog3 detection (Fig. 6C) and in insulin-positive cells (data not shown); however, by increasing the imaging gain and using more concentrated primary antibody, a weak anti-Neurog3 signal could be gained in some Sox9-positive cells. Clusters of fetal β-cells were apparent at 10 wpc (Fig. 6D), which contained Nkx2.2, Foxa2, and Nkx6.1 in serial sections (Fig. 6E–G); however, as in earlier embryogenesis, Nkx2.2 was absent from the trunk progenitor domain (Fig. 6E, arrow) that contained Foxa2, Nkx6.1 (Fig. 6F and G, arrow), and Sox9 (Fig. 6C). These data were confirmed by immunofluorescence, which showed Nkx2.2 was largely restricted to β-cells at 10 wpc (Fig. 6H), whereas Nkx6.1 still colocalized extensively with Sox9 in duct-like cells as well as with insulin in β-cells at 14 wpc (Fig. 6I and J).

**DISCUSSION**

By the time pregnancy can be confirmed biochemically (i.e., once menstruation has been clearly postponed), the
embryo has most commonly developed for 3 weeks or longer. Under ethically approved programs of accessing human material from social or voluntary termination of pregnancy, it is thus impossible to research gastrulation and very early lineage commitment (35). Thereafter, potential comparison can be made with early events in model species, although such reports in human tissue are rare. This study aimed to describe human pancreas development up to and including endocrine commitment, after which other reports have detailed the appearance of NEUROG3 and subsequent islet development (16–23). The purpose was to complement data acquired in mouse and chick models (5–8) and to provide defining features of the early human pancreas to match the growing need for assessment of human stem cells differentiated to different points along the pathway to a pancreatic β-cell fate (2,4) (Table 1 and Fig. 7).

After gastrulation, the earliest patterning event leading to pancreas development is the exclusion of SHH from the dorsal endoderm where it contacts the notochord. This was originally described in chick and is mediated in part by activin signaling from the notochord (10). In human embryos, just before 3 weeks of development (CS10), the extent of SHH exclusion was consistent with fate mapping in chick, which demonstrated that the dorsal pancreas is made up of endoderm cells that originated from between the third and ninth somites (6). Additional patterning of pancreatic endoderm comes from vessels. In mouse and chick, the dorsal aorta induces pancreas development and, specifically, promotes insulin expression in the dorsal pancreatic endoderm (11). This occurs before separation of the pancreatic endoderm from the two aortae by the intervening splanchnic mesoderm (36). At the level of the AIP, the paired dorsal aorta did not contact the dorsal endoderm, perhaps explaining why an early phase of endocrine differentiation was not apparent at this site in human embryos by insulin, glucagon, or NEUROG3 detection. GATA4 was not apparent in the foregut at CS10 (when it was robustly detected in developing human heart; data not shown), which was surprising when it is one of the key factors for gut closure in mouse (37,38). In mouse, Sox17 has been variably reported as absent from the foregut at e8.5 (39) or colocalized with Pdx1 in ventral endoderm, before becoming restricted to the primordial gall bladder by e10.5 (40). This latter study corresponds to our data in human embryos at CS12 (29–31 dpc) and in the embryonic gallbladder at CS13 (30–33 dpc). However, before this, SOX17 was also detected in the SHH-negative cells of dorsal foregut at CS10 (which corresponds to e8–8.5; Supplementary Table 2) at the level of the AIP (Fig. 1F) and more cranially (Supplementary Fig. 2).

Acquiring multipotent pancreatic progenitors is a key step in the differentiation of human ESCs/iPSCs toward the pancreatic β-cell (1,2,4). From studies mostly in mouse, several transcription factors are critical for establishment and proliferation of multipotent pancreatic progenitors, including Pdx1, Ptf1a, Sox9, Mnx1, and Foxa2 (5–8,41). In human embryos, robust PDX1 detection was

### TABLE 1
Comparison of pancreas development between mouse and human

| Event during mouse development | Event during human development |
|-------------------------------|--------------------------------|
| **Foregut development, pancreatic specification, and bud formation** | |
| Pdx1 in dorsal endoderm (i.e., pancreatic specification) while adjacent to the notochord and dorsal aortae (by e8.75/10 somite pairs, before gut closure) (5–8,42) | PDX1 not detected at late CS10/11 somite pairs; first apparent at CS12 (21–29 somite pairs) after gut closure once mesenchyme has separated notochord and aorta from dorsal foregut |
| Gata4 present in ventral foregut endoderm at e8; important for gut closure (37,38,43) | GATA4 not detected in foregut endoderm at CS10; detected later at CS12 |
| Sox17 not detected in dorsal foregut endoderm at e8.5, variably detected in ventral foregut endoderm (39,40) | SOX17 detected in dorsal foregut endoderm at CS10 and CS12; detected in ventral endoderm at CS12 |
| **Multipotent pancreatic progenitors** | |
| Nkx2.2 marks multipotent pancreatic progenitors before endocrine commitment (6,14,15) | NKX2.2 not detected in pancreatic progenitors before endocrine commitment |
| **Differentiation of the acinar lineage** | |
| Nkx6.1 excluded from tip cells by e14.5 (CS19–20) (13) | NKX6.1 still detected in peripheral cells at CS21 |
| Gata4 localized to tip cells with Sox9 exclusion by e16.5 (CS23) (31–33) | GATA4 in peripheral cells and excluded from trunk cells at CS19; GATA4 colocalization with CPA1 at CS21; however, SOX9 exclusion in acinar cells only completed between 10–14 wpc |
| **Differentiation of the endocrine lineage** | |
| Two phases of Neurog3 during embryogenesis; the second major phase (so-called secondary transition) occurs from ~e12 (CS15) until e18, peaking at ~e15.5 (CS21–22) (34) | One phase of NEUROG3, which only starts near the end of embryogenesis (CS21–22), followed by β-cell differentiation |
| Islets only formed close to birth (e19–21) (5–8) | Islets apparent at 12 wpc (20) |

In the left column, timings in italics are the anticipated human equivalent of the mouse developmental stage; the actual timing of the event during human development is provided in the right column.
initially accompanied by only very weak detection of SOX9 in presumptive pancreatic endoderm, which by CS12 (29–31 dpc) also expressed GATA4, SOX17, and FOXA2. Recent data in mouse have shown that Gata factors are required at least in part for appropriate Pdx1 expression (25) if not its initiation (26). After this, SOX17 was lost from the pancreatic buds, SOX9 was strongly detected, and NKX6.1 was first apparent. From our examinations over the next 2 weeks, this profile of PDX1, SOX9, NKX6.1, and FOXA2 would distinguish multipotent pancreatic progenitors in human ESC/IPSC differentiation protocols (without NKX6.1, a combination of FOXA2, SOX9, and weak PDX1 detection could indicate extrahepatic biliary duct cells) (Fig. 7). Previously, NKX6.1 has only been reported in human pancreas with the onset of β-cell differentiation (18). An unexpected difference from studies in mouse was the absence of pancreatic NKX2.2 in human embryos before endocrine differentiation. Although Nkx2.2 is present in multipotent progenitors in mouse (14), our data are consistent with it being dispensable for pancreatic progenitor development but essential for β-cell formation (14,15) (Table 1). Endocrine commitment, by virtue of nuclear NEUROG3 detection in central pancreatic epithelial cells, commenced at the end of the embryonic period tightly correlated to the appearance of fetal β-cells containing insulin. From our data here and previous observations (17,18,20,23), the detection of NEUROG3 in differentiating human ESCs/IPSCs should correlate with the loss of SOX9 and the subsequent detection of nuclear NKX2.2, NKX6.1, PDX1, and ISL1.

Our data demonstrate that the phases of pancreas development are the same between mouse and human, with the demarcation of pancreatic domains in the ventral and dorsal foregut, bud formation, and outgrowth, followed by differentiation of the separate pancreatic lineages (5–8). However, differences in timing are apparent between the two species. This is not simply a reflection of longer human gestation, because embryogenesis can be compared directly across species (Supplementary Table 2). In human embryos, PDX1 was only detected after the endoderm was separated from the notochord and aorta(e) by mesenchyme. In mouse, it occurs earlier (e8.5–8.75, 10 somite pairs) while the dorsal foregut still contacts these structures (42) (the CS10 human embryo in Fig. 1, which lacked PDX1, already contained 11 somite pairs). Transcription factor profiles were also slow to resolve during acinar differentiation. In mouse, Gata4-positive acinar cells arise from multipotent precursors that expressed Pdx1, Hnf1b, Ptf1a, Sox9, and Nkx6.1 (5–8,41). The commitment of these cells with the exclusion of Nkx6.1 and Sox9 is largely complete by e14–e14.5 (13,28,29,33), which corresponds to

FIG. 7. Transcription factors to define different cell types and stages of differentiation for the early human pancreas. Combinations of transcription factors (plus SHH and insulin) are shown to identify different cell types and stages of development for the foregut, extrahepatic biliary duct, and pancreas based on the current data and previous immunohistochemical studies by us and others (18,20,23).
approximately CS19 (45–47 dpc). In human pancreas, however, these peripheral GATA4-positive cells uniformly possessed NKX6.1 and SOX9 at CS19 and for at least another week of development (CS21 [49–52 dpc], when they also contained CPA1). GATA4 expression still overlapped partially with SOX9 expression at 10 wpc. It was only by 14 wpc that expression profiles for GATA4 and SOX9 had fully resolved to acinar and centroacinar populations, respectively. Thus, differentiating human ESCs/IPSCs, which according to mouse development seemingly possess a mixed profile of transcription factors, might actually still represent normal human development rather than an aberrant cell type.

In summary, our data do not support an early phase of endocrine differentiation in human embryos analogous to primary transition during mouse development, and we did not observe NKX2.2 in the pancreatic progenitor population before endocrine commitment. Instead, the current data provide combinations of transcription factors directly in human tissue that can describe the different cell types and stages of early human pancreas development (Fig. 7). We anticipate that this combinatorial approach using commercial reagents will assist in the characterization of cells differentiated in vitro from human ESCs/IPSCs toward pancreatic β-cells.

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