Subcritical route to turbulence via the Orr mechanism in a quasi-two-dimensional boundary layer

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A subcritical route to turbulence via purely quasi-two-dimensional mechanisms, for a quasi-two-dimensional system composed of an isolated exponential boundary layer, is numerically investigated. Exponential boundary layers are highly stable and are expected to form on the walls of liquid metal coolant ducts within magnetic confinement fusion reactors. Subcritical transitions were detected only at weakly subcritical Reynolds numbers (at most ≈70% below critical). Furthermore, the likelihood of transition was very sensitive to both the perturbation structure and initial energy. Only the quasi-two-dimensional Tollmien–Schlichting wave disturbance, attained by either linear or nonlinear optimization, was able to initiate the transition process, by means of the Orr mechanism. The lower initial energy bound sufficient to trigger transition was found to be independent of the domain length. However, longer domains were able to increase the upper energy bound, via the merging of repetitions of the Tollmien–Schlichting wave. This broadens the range of initial energies able to exhibit transitional behavior. Although the eventual relaminarization of all turbulent states was observed, this was also greatly delayed in longer domains. The maximum nonlinear gains achieved were orders of magnitude larger than the maximum linear gains (with the same initial perturbations), regardless if the initial energy was above or below the lower energy bound. Nonlinearity provided a second stage of energy growth by an arching of the conventional Tollmien–Schlichting wave structure. A streamwise independent structure, able to efficiently store perturbation energy, also formed.

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I. INTRODUCTION

There is significant interest in understanding transitions to quasi-two-dimensional (Q2D) turbulence, given the wide range of natural and industrial flows which exhibit quasi-two-dimensionality. These include magnetohydodynamic (MHD), shallow channel, and atmospheric flows [1,2]. The conditions under which 3D MHD turbulence becomes quasi-two dimensional, and the appearance of three-dimensionality in Q2D MHD turbulence have been clarified [3–6]. However, a clear subcritical path to Q2D turbulence from a Q2D laminar state has not been identified. The aim of the present work is thus to establish a purely Q2D subcritical route to turbulence. This is motivated by the design of coolant ducts in magnetic confinement fusion reactors, where pervading field strengths range between 4 and 10 T [7,8]. Understanding transition in coolant ducts is important for ensuring sufficient heat transfer at the plasma-facing (Shercliff) wall [9–13] and to establish the feasibility of self-cooled reactor designs [7]. Limits on maximum pressure gradient [9,14,15] and...
pumping efficiency \cite{11,16–18} motivate seeking the most efficient route to turbulence. However, quasi-two-dimensional turbulence is unlikely to arise in blankets via strongly three-dimensional turbulence \cite{7}. Thus, this work limits itself only to the use of an initial two-dimensional perturbation; secondary excitations with three-dimensional random noise are not applied.

Transitions in MHD flows have previously been initiated by a perturbation comprising either two three-dimensional oblique-waves or a two-dimensional initial field with three-dimensional random noise \cite{19,20}, which are routes prohibited in Q2D systems. Using these techniques, for Hartmann channel flow, Ref. \cite{19} found excellent agreement with the critical Reynolds numbers at which transition was observed experimentally \cite{21}, observing a strongly three-dimensional subcritical transition. Although less energetic perturbations generated more growth, they did not sufficiently modulate the base flow. The perturbations which attained the highest maximum energy, regardless of initial energy, were most likely to incite transition. Complicating matters at high field strengths, three-dimensional noise relaminarized the flow, instead of triggering transition.

To assess subcritical transitions in Q2D MHD flows, the SM82 model \cite{3} is applied, as realistic magnetic confinement field strengths (4–10 T) are currently beyond the capability of three-dimensional numerics. The SM82 model governs the evolution of a velocity field averaged along uniform magnetic field lines. In the limit of quasistatic Q2D MHD, the magnetic field is imposed and the Lorentz force dominates all other forces. The bulk flow is two-dimensional, with thin Hartmann layers formed along walls perpendicular to field lines. In the SM82 model, the presence of Hartmann layers is modeled with linear friction on the average flow. The validity of the SM82 approximation is well supported in the quasi-two-dimensional limit \cite{22–25}. Departure from the two-dimensional average has been observed in regions of strong viscosity or inertia. Reference \cite{23} demonstrates errors less than 10% between quasi-two-dimensional and laminar three-dimensional Shercliff layers, which do not vanish, even in the asymptotic limit when the Lorentz force dominates. There is also excellent agreement at high magnetic field strengths \cite{26} between the linear transient growth of full three-dimensional simulations, and Q2D simulations based on the SM82 model.

The linear stability and linear transient growth of duct flows under strong magnetic fields are determined solely by boundary layer dynamics \cite{27,28}. Direct numerical simulations depict instabilities isolated to the Shercliff layers, on walls parallel to the magnetic field \cite{26,29}. As such, an exponential boundary layer in isolation is considered. The isolated quasi-two-dimensional boundary layer profile is identical to an asymptotic suction boundary layer \cite{30}, where friction replaces wall suction. The analogy has been highlighted in \cite{31}, by performing a change of variables, such that the wall suction boundary condition becomes impermeable. This introduces an additional term in the governing equations for the transformed velocity, of the form \(-\left(\partial u/\partial y\right)/Re\). Comparatively, the friction term in the SM82 model is \(-u/Re\). However, as the underlying exponential boundary layer remains the same, both flows are very stable \cite{30,32}.

Nonlinear optimization and edge tracking algorithms have been widely used to assess subcritical turbulent transitions in hydrodynamic pipe \cite{33,34}, plane Couette \cite{35,36}, and plane Poiseuille flows \cite{37,38}, as well as in Blasius \cite{39–42} and asymptotic suction \cite{43,44} boundary layers. A fundamental part of this process involves searching the state space for separatrices, which divide the basins of attraction of the laminar fixed point and turbulent state \cite{43}. The minimal seed is then the nonlinearly optimized perturbation with the smallest initial energy that is able to cross the separatrix \cite{33}. Separatrix 1 is henceforth defined as a segment of the laminar-turbulent basin boundary where the minimal seed crosses. Hydrodynamic studies of three-dimensional turbulent transitions have determined that the laminar-turbulent basin boundary is the “edge” of a stable manifold. At a saddle node (the edge state) an unstable solution crosses \cite{43,45}. However, such an unstable solution is not necessarily the minimal seed \cite{36} as the separatrix can be closer to the fixed laminar point elsewhere in the state space. This discussion is aided by Fig. 1, which depicts two initial conditions with slightly different initial energies. One perturbation has an initial energy \(E_0 < E_D\) and returns back to the laminar state without crossing separatrix 1, such that \(E_D\) is the minimum initial energy sufficient to cross separatrix 1. The case with \(E_0 > E_D\) continues on to
FIG. 1. A state space representation of the problem. Four cases are considered, two with initial energies $E_0$ just below and above the minimum initial energy sufficient to cross separatrix 1 ($E_D$) and two with $E_0$ just above and below the maximum initial energy sufficient to cross separatrix 2 ($E_{D,2}$). An initial energy $E_0 < E_0 < E_{D,2}$ either crosses separatrix 1 (red curve crosses solid dark green line) or avoids crossing separatrix 2 (blue curve eventually avoids solid light green line) to transition to turbulence. Eventually the turbulent state relaminarizes.

Nonlinear optimization has also been used to demonstrate that nonlinear transient growth occurs solely via the collaboration of multiple linear transient growth mechanisms [34]. This cannot occur in two-dimensional systems, as only the Orr mechanism is present. Thus, nonlinear optimization effectively degenerates to linear optimization. The two-dimensional inviscid Orr mechanism is characterized by an initial perturbation that is tilted opposite to the mean shear [46]. Energy from the mean shear transiently grows the perturbation energy, as the base flow advects the structure into an upright position. Perturbation energy decays as the structure is further tilted into the mean shear, returning energy to the base flow [47]. Initially, this work compares linearly and nonlinearly optimized perturbations, which may form the minimal seeds for inciting subcritical turbulent transitions.

Therefore, this paper considers:

(1) What roles linear transient growth (in particular, the Orr mechanism) and nonlinearity play in Q2D transition scenarios.

(2) Whether distinct initial energies representing separatrix 1 and 2 on the laminar-turbulent boundary can be defined, as for 3D systems.

(3) How sensitive transition is to the structure and wavelength of the initial field.

This paper proceeds as follows: the problem setup, Sec. II, establishes the Shercliff boundary layer domain and base flow. Section III details the determination, validation and results of the linear transient growth analysis, as linear optimals form the initial seeds for nonlinear simulations. Section IV discusses and validates the approach for determining nonlinear optimals and compares the linear optimals to their nonlinear counterparts for small target times. Section V validates the
nonlinear evolutions of linear optimals, for prescribed initial energies, and then considers the energies delineating transitional states, perturbation structures through growth and decay stages, and the effect of domain length. Conclusions are drawn in Sec. VI.

II. PROBLEM SETUP AND SOLUTION PROCESS

A. Problem setup

An incompressible Newtonian fluid with density \( \rho \), kinematic viscosity \( \nu \) and electric conductivity \( \sigma \) flows through a duct with rectangular cross-section of width \( a \) (z direction) and height \( 2L \) (y direction). A uniform magnetic field \( B_{ez} \) is imposed. Quasi-two-dimensionality, based on the SM82 model \([3,23]\) is assumed. The relevant length scale is the Q2D Shercliff boundary layer thickness \( \delta_S = L/H^{1/2} \), where the Hartmann friction parameter \( H = L^2(2B/a)(\sigma/\rho\nu)^{1/2} \) \([27]\). Normalizing lengths by \( \delta_S \), velocities by maximum undisturbed duct velocity \( U_0 \), time \( t \) by \( \delta_S/U_0 \) and pressure \( p \) by \( \rho U_0^2 \), the governing momentum and mass conservation equations become

$$\frac{\partial \mathbf{u}}{\partial t} = -(\mathbf{u} \cdot \nabla) \mathbf{u} - \nabla p + \frac{1}{\text{Re}_S} \nabla^2 \mathbf{u} - \frac{1}{\text{Re}_S} \mathbf{u},$$

(1)

$$\nabla_\perp \cdot \mathbf{u} = 0,$$

(2)

where \( \mathbf{u} = (u, v) \) is the quasi-two-dimensional velocity vector, representing the z-averaged field, and \( \nabla_\perp = (\partial_x, \partial_y) \) and \( \nabla^2_\perp = \partial^2_x + \partial^2_y \) are the quasi-two-dimensional gradient and vector Laplacian operators, respectively. The flow is governed by one dimensionless parameter, a Reynolds number based on the boundary layer thickness, \( \text{Re}_S = U_0\delta_S/\nu \). Hereafter, quantities are expressed in dimensionless form unless specified otherwise. The rightmost term in Eq. (1) is a linear friction term describing Hartmann braking from the two out-of-plane duct walls \([3]\). At \( H \gg 100, \delta_S \ll L \) \([26,27]\), such that the sidewall boundary layer that dictates transition behavior is isolated. A domain extending from the sidewall a distance \( L_x \) into the flow is considered, with streamwise-periodic length \( L_x \), as depicted in Fig. 2. The streamwise length \( L_x = nl \) spans \( n \) integer repetitions of a flow structure having streamwise length \( l = 2\pi/\alpha \) and streamwise wave number \( \alpha \).

Instantaneous variables \( (\mathbf{u}, p) \) are decomposed into base \( (U, P) \) and perturbation \( (\mathbf{u}, \mathbf{p}) \) components via small parameter \( \epsilon \), as \( \mathbf{u} = U + \epsilon \mathbf{u}; \ p = P + \epsilon \mathbf{p} \), for use in linear transient growth analysis. The fully developed, time steady, parallel flow \( \mathbf{u} = U(y)e_x \), with boundary conditions \( U(y = 0) = 0, \ U(y \to \infty) = 1 \), and a constant driving pressure gradient scaled to achieve a unit maximum velocity, is \( U = [1 - \exp(-y), 0] \).

B. Solver

An in-house nodal spectral element solver temporally integrates Eqs. (1) and (2) using a third-order backward differencing scheme with operator splitting. The two-dimensional Cartesian domain

\[ L_y \delta_S \]

\[ v = \phi = 0 \]

\[ U(y) \]

\[ \delta_S \]

\[ L_x \delta_S = 2\pi n/\alpha \]
is discretized with quadrilateral spectral elements over which Gauss–Legendre–Lobatto nodes are placed. The Navier–Stokes solver, with the inclusion of the friction term, has been previously introduced and validated \([11,26,48,49]\). No-slip velocity boundary conditions are applied at the impermeable wall, \(u = \dot{u} = 0\), supplemented by high-order Neumann pressure boundary conditions \([50]\). Pressure is decomposed into a constant pressure gradient, and a fluctuating component \(p'\), and periodicity is imposed between the upstream and downstream boundaries on the velocity and fluctuating pressure. At the stress-free boundary a parallel flow condition \((v = \dot{v} = 0)\) is strongly enforced. A constant flow rate condition is also enforced in nonlinear simulations, by appropriate adjustment of the flow rate after each time step.

### III. LINEAR TRANSIENT GROWTH

#### A. Formulation and validation

At subcritical Reynolds numbers, all eigenmodes of the linear evolution operator decay. Thus, to begin establishing a subcritical route to turbulent transitions, the linear initial value problem is considered. Linear growth is generated by the superposition of decaying nonorthogonal Orr–Sommerfeld modes \([51,52]\). To interrogate the transient growth of a perturbation, total kinetic energy \(E = (1/2) \int \hat{u} \cdot \hat{u} \, d\Omega = (1/2)\|\hat{u}\|\) is chosen to quantify growth, following \([53,54]\), where \(\Omega\) represents the computational domain. The maximum possible linear transient growth is found by determining the initial condition for perturbation \(\hat{u}_r(t = 0)\) maximizing \(G = \|\hat{u}(\tau)\|/\|\hat{u}(0)\|\) via evolution to time \(\tau\). For a given \(Re_S\), \(G_{\text{max}} = \max(G(\tau, \alpha))\) is sought, along with the optimal time horizon \(\tau_{\text{opt}}\) and streamwise wave number \(\alpha_{\text{opt}}\). Thereby \(L_x_{\text{opt}} = 2\pi/\alpha_{\text{opt}}\). The analysis proceeds with integration of the linearized forward evolution equations,

\[
\frac{\partial \hat{u}}{\partial t} = -(\hat{u} \cdot \nabla)U - (U \cdot \nabla)\hat{u} - \nabla \cdot \hat{\rho} + \frac{1}{\text{Re}_S} \nabla^2 \hat{u} - \frac{1}{\text{Re}_S} \hat{u},
\]

\[
\nabla \cdot \hat{u} = 0,
\]

from time \(t = 0\) to \(t = \tau\). This is followed by backward time integration of the adjoint equations,

\[
\frac{\partial \hat{u}^\dagger}{\partial t} = (\nabla \cdot U)^T \cdot \hat{u}^\dagger - (U \cdot \nabla)\hat{u}^\dagger - \nabla \cdot \hat{\rho}^\dagger - \frac{1}{\text{Re}_S} \nabla^2 \hat{u}^\dagger - \frac{1}{\text{Re}_S} \hat{u}^\dagger,
\]

\[
\nabla \cdot \hat{u}^\dagger = 0,
\]

for the Lagrange multiplier of the velocity perturbation \(\hat{u}^\dagger\), from \(t = \tau\) to \(t = 0\). Boundary conditions \(\hat{u} = \hat{u}^\dagger = 0\) are applied at the wall and \(\dot{v} = \dot{v}^\dagger = 0\) at the stress-free boundary. “Initial” conditions for forward and backward evolution are \(\hat{u}(0) = \hat{u}^\dagger(0)\) and \(\hat{u}^\dagger(\tau) = \hat{u}(\tau)\), respectively. \(G\) is then the largest real eigenvalue of the operator representing the sequential action of forward then adjoint evolution \([53,54]\), obtained by a Krylov subspace scheme. The scheme iterates until a specified eigenvalue tolerance is reached. The corresponding eigenvector contains the optimal initial field (optimal for short).

The mesh for computation of linear optimals has a region of high resolution near the wall, with sparse resolution further away. Element spacing is also sparse in the streamwise direction, as the variation must be sinusoidal (from linearity). Three key factors are considered when assessing accuracy, the number of elements in the wall normal direction, the temporal resolution and the domain height where the stress-free condition is applied, as shown in Tables I and II. Based on the magnitude and behavior of the errors, the highest near wall resolution \((N_{el} = 154\) mesh from Table I\) was selected, with \(\Delta t = 1.25 \times 10^{-3}\). Based on Table II, \(L_y = 14.14\) is sufficient for determining the linear \(\tau_{\text{opt}}\) and \(\alpha_{\text{opt}}\). However, it was deemed pertinent to increase \(L_y\) to 28.28 and to recompute time and wave number optimized fields to initiate the nonlinear evolutions reported in Sec. V. This ensures that the parallel flow assumption remains valid if structures increase in height due to vortex merging.
TABLE I. The real component of the leading eigenvalue, at \( \text{Re}_S = 7.071 \times 10^3 \), \( \alpha = 0.7071 \), and \( \tau = 42.43 \) (close to optimal), with domain height \( L_y = 14.14 \) and polynomial order \( N_p = 15 \) for various numbers of elements. Meshes with 1, 2, and 4 elements per unit height \( (N_{el} = 70, 98, \text{and } 154, \text{respectively}) \) within the first five units from the wall are compared. Absolute percentage errors are quoted for each mesh separately, relative to the smallest time step case, except the last row, which compares to the \( N_{el} = 154 \) mesh. The eigenvalue convergence tolerance is \( 10^{-7} \).

| \( \Delta t \) | \( N_{el} = 70 \) | % Error | \( N_{el} = 98 \) | % Error | \( N_{el} = 154 \) | % Error |
|--------------|----------------|---------|----------------|---------|----------------|---------|
| \( 2.5 \times 10^{-3} \) | 33.25571762 | 2.45 \times 10^{-1} | 33.36191967 | 2.59 \times 10^{-3} | 33.36189331 | 2.60 \times 10^{-3} |
| \( 1.25 \times 10^{-3} \) | 33.23149556 | 1.72 \times 10^{-1} | 33.36145641 | 1.20 \times 10^{-3} | 33.36142823 | 1.20 \times 10^{-3} |
| \( 6.25 \times 10^{-4} \) | 33.20232632 | 8.45 \times 10^{-2} | 33.36122729 | 5.15 \times 10^{-4} | 33.36119843 | 5.15 \times 10^{-4} |
| \( 3.125 \times 10^{-4} \) | 33.17957603 | 1.59 \times 10^{-2} | 33.36111304 | 1.73 \times 10^{-4} | 33.36108413 | 1.72 \times 10^{-4} |
| \( 1.5625 \times 10^{-4} \) | 33.17428683 | 0 | 33.36105549 | 0 | 33.36102678 | 0 |
| \( 5.60 \times 10^{-1} \) | 33.14 | 8.61 \times 10^{-5} | 33.36102678 | 0 | 33.36102678 | 0 |

B. Results

At least one infinitesimal disturbance can achieve exponential growth at Reynolds numbers above the critical Reynolds number \( \text{Re}_{S,crit} \). \( \text{Re}_{S,crit} \) thereby forms a bound above which transition to turbulence is possible, so long as the domain length has a corresponding wave number within the neutral curve. For this problem, \( \text{Re}_{S,crit} \) can be determined by rescaling the results of Ref. [27]; changing length scale from \( L \) to \( \delta_S \). Thus \( \text{Re}_{S,crit} = 4.835 \times 10^4 \) and \( \alpha_{S,crit} = 0.1615 \). The ratio \( r_c = \text{Re}/\text{Re}_{S,crit} \) is then defined.

Linear transient growth results are presented in Fig. 3. Duct results from Ref. [27] at finite \( H \) are also included in Fig. 3(a), supporting the argument that the boundary layer at each duct wall is sufficiently isolated at large \( H \), and can be modeled separately. At \( r_c = 0.00135, G_{max} = 1 \), while by \( r_c = 1, G_{max} \approx 100 \). This modest rise in gain with increasing \( r_c \) may be attributed to two factors. The first is that the base flow is naturally highly stable [32]. The second is that two-dimensional systems only permit growth via the Orr mechanism [47]. This greatly reduces optimal growth, and produces the modest scaling of \( G_{max} \sim \text{Re}_S^{2/3} \) for large \( \text{Re}_S \). Representative initial and optimal fields are provided in Fig. 4, which exhibit the classic initial condition of a strongly sheared wave which transiently grows as it is advected upright, until \( \tau_{opt} \). The modes otherwise resemble those of Ref. [27], excepting wall confinement effects at low \( H \) in the aforementioned work.

IV. NONLINEAR TRANSIENT GROWTH

A. Formulation and validation

In this work, nonlinear transient growth is employed solely to assess the similarities between the linear and nonlinear optimals for small target times \( (\tau \sim \tau_{opt}) \). Admittedly, nonlinear transient

TABLE II. The real component of the leading eigenvalue, varying the domain height, for various \( \text{Re}_S \). Initially, \( \text{Re}_S = 7.071 \times 10^3 \) at \( \alpha = 0.7071 \) and \( \tau = 42.43 \) was tested as part of a formal validation, \( N_{el} = 154 \) for \( L_y = 14.14, \Delta t = 2.5 \times 10^{-3}, N_p = 15 \). The optimals at \( \text{Re}_S = 7.071 \times 10^2 \) and \( 7.071 \times 10^4 \) were tested post validation, \( N_{el} = 250 \) for \( L_y = 14.14, \Delta t = 1.25 \times 10^{-3}, N_p = 13 \).

| \( L_y \) | \( 7.071 \times 10^2 \) | % Error | \( 7.071 \times 10^3 \) | % Error | \( 7.071 \times 10^4 \) | % Error |
|----------|----------------|---------|----------------|---------|----------------|---------|
| 14.14    | 6.11779740087 | 3.14 \times 10^{-6} | 33.3619198126 | 2.66 \times 10^{-6} | 166.410928536 | 1.04 \times 10^{-3} |
| 28.28    | 6.11779759275 | 7.63 \times 10^{-10} | 33.3619206992 | 7.05 \times 10^{-10} | 166.409189845 | 2.76 \times 10^{-9} |
| 56.57    | 6.11779759280 | 0 | 33.3619206994 | 0 | 166.409189849 | 0 |

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FIG. 3. Linear transient growth of an exponential boundary layer as a function of $r_c = \text{Re}_c/\text{Re}_{c\text{, crit}}$. (a) Growth optimized over initial field, wave number and time interval. Present data (squares) are compared against Q2D duct results from [27] (circles). The arrow indicates increasing $H$ through 1, 3, 10, 100, and 1000. With increasing $H$, the duct results [27] approach the isolated exponential boundary layer results (this work). (b) Optimal wave number. (c) Optimal time interval.

FIG. 4. Optimized $\hat{v}$-velocity fields. (a) $r_c = 0.0146$, $\alpha_{\text{opt}} = 0.7071$. (b) $r_c = 0.146$, $\alpha_{\text{opt}} = 0.5586$. Simulations computed with $L_y = 28.28$ and images clipped at $y = 10$. Solid lines (red flooding) positive; dotted lines (blue flooding) negative.
growth routines can identify the initial energy representing separatrix 1, if the target time specified is long enough to allow the minimal seed to reach the turbulent attractor [33,34]. This target time is not known a priori. It is shown in Sec. V that the turbulent attractor is reached between \( t = 1.4 \times 10^3 \) and \( t = 2 \times 10^3 \) at \( r_c = 0.585 \). As \( t_{\text{opt}} = 75.94 \) at \( r_c = 0.585 \) (Fig. 3) the additional computation cost is proportional to \( t / t_{\text{opt}} = 18.44–26.34 \). In contrast, the hydrodynamic pipe flow work in [33] had \( t_{\text{opt}} \lesssim 30 \), while the minimal seed reached the turbulent attractor by \( t = 75 \), so \( t / t_{\text{opt}} \lesssim 2.5 \). Thus, for this problem, it was not amenable to determine separatrix 1 directly from the nonlinear transition growth algorithm.

The scheme to determine the nonlinear growth \( G_N = \| \hat{u}(\tau) \| / \| \hat{u}(0) \| \), for a specified target time \( \tau \), optimized over all initial perturbations, requires maximizing the functional [33,55],

\[
\mathcal{L} := \left\{ \frac{1}{2} \hat{u}(\tau)^2 - \lambda_0 \left[ \frac{1}{2} \hat{u}(0)^2 - E_p \right] - \int_0^\tau (\Pi \nabla \cdot \hat{u}) dt - \int_0^\tau \Gamma(t) (\hat{u} \cdot e_2) dt \right\}
\]

where the Lagrange multipliers \( \lambda_0, \Pi \) and \( \Gamma(t) \) are constraints on the specified initial energy of the perturbation \( E_p = (1/2) \int \hat{u}(0)^2 d\Omega \), mass conservation and flow rate, respectively. Pressure is decomposed into a time-varying pressure gradient \( \Lambda(t) \), to maintain the flow rate, and fluctuating component \( p' \). \( \ldots \) represent integrals over the computational domain. The Lagrange multiplier \( \hat{u}^\perp \) ensures that the full nonlinear Navier–Stokes equations are enforced over all times \( 0 < t < \tau \) [56].

Each iteration \( j \) of the optimization procedure begins with the forward evolution, from \( t = 0 \) to \( t = \tau \), of the nonlinear perturbation equation [within the square brackets of the last term of Eq. (7)]. If \( G_N \) for iteration \( j \) is larger than for iteration \( j - 1 \), then the adjoint “initial” field is \( \hat{u}^\perp(\tau) = \hat{u}(\tau) \) and the iteration continues with backward evolution via the adjoint equations,

\[
\frac{\partial \hat{u}^\perp}{\partial t} = (\nabla \cdot U)^T \cdot \hat{u}^\perp - (U \cdot \nabla \perp) \hat{u}^\perp + (\nabla \perp \hat{u})^T \cdot \hat{u}^\perp - (\hat{u} \cdot \nabla \perp) \hat{u}^\perp + \Gamma(t) e_2 - \nabla \perp \Pi - \frac{1}{\text{Re}_S} \nabla \perp^2 \hat{u}^\perp - \frac{1}{\text{Re}_S} \hat{u}^\perp,
\]

\[
\nabla \perp \cdot \hat{u}^\perp = 0,
\]

from time \( t = \tau \) to \( t = 0 \). An under-relaxation factor \( \epsilon_N \) is chosen (say, 0.5) for the first iteration, or adjusted as described in Ref. [33]. The initial field for the \( j + 1 \) iteration is \( \hat{u}^{j+1}(0) = \hat{u}^j(0) + \epsilon_N[-\lambda_0 \hat{u}^j(0) + \hat{u}^{j-1}(0)] / \lambda_0 \), where \( \lambda_0 \) is sought such that \( \langle \hat{u}^{j+1}(0) \cdot \hat{u}^{j+1}(0) \rangle = 2E_p \). However, if \( G_N \) does not increase in iteration \( j \), then adjoint evolution is not performed, as the updated field (iteration \( j \)) is further from the optimal than the previous \( (j-1) \) field. An additional adjustment is then made to the under-relaxation factor, \( \epsilon_N \rightarrow \epsilon_N / 4 \). The forward iteration restarts with \( \hat{u}^j(0) = \hat{u}^{j-1}(0) + \epsilon_N[-\lambda_0 \hat{u}^{j-1}(0) + \hat{u}^{j-2}(0)] / \lambda_0 \). This ensures monotonic growth in successive iterations, and avoids contaminating the initial field after iterations with too large an \( \epsilon_N \). Iterations continue until the relative change in \( \lambda_0 \) and residual \( [\delta \mathcal{L} / \delta \hat{u}(0)] / \lambda_0^2 \) are both below a specified tolerance, following Ref. [33].

Validation of the nonlinear transient growth is provided in Table III at \( r_c = 0.293 \), considering the polynomial order and time step, for two initial energies. The same mesh for determination of the linear optimals is used, with \( L_y = 28.28 \). As the nonlinear transient growth scheme does not evolve the perturbations through turbulent states, the resolution requirements are similar to those of the linear computations, Sec. III A, rather than the nonlinear forward evolutions, Sec. V A. For consistency, the same time step of \( \Delta t = 1.25 \times 10^{-3} \) was selected, with \( N_p = 15 \).
TABLE III. Validation of the time step and polynomial order for the nonlinear transient growth, for initial perturbation energies of $10^{-6}$ and $10^{-4}$, at $r_c = 0.293$, $n = 1$. The mesh is based on the $N_{el} = 154$ case from linear optimization, except with $L_y = 28.28$. The tolerance for convergence was $10^{-7}$. Nonlinear computations use the linear $\alpha_{opt}$ and $\tau_{opt}$.

| $\Delta t$  | $G_N; E_P = 10^{-6}$ | $|\%$ Error$| | N_p | $G_N; E_P = 10^{-4}$ | $|\%$ Error$|
|-------------|-----------------------|----------------|-----|-----------------------|----------------|
| $5 \times 10^{-3}$ | 55.9721743040676 | $1.88 \times 10^{-5}$ | 11 | 54.6714139912327 | $5.24 \times 10^{-4}$ |
| $2.5 \times 10^{-3}$ | 55.9721692244256 | $9.69 \times 10^{-6}$ | 13 | 54.6711233880979 | $7.81 \times 10^{-6}$ |
| $1.25 \times 10^{-3}$ | 55.9721654578752 | $2.96 \times 10^{-6}$ | 15 | 54.6711274190738 | $4.31 \times 10^{-7}$ |
| $6.25 \times 10^{-4}$ | 55.9721633006764 | $8.91 \times 10^{-7}$ | 17 | 54.6711283768056 | $1.32 \times 10^{-6}$ |
| $3.125 \times 10^{-4}$ | 55.9721637955307 | $1.25 \times 10^{-3}$ | 19 | 54.6711275649269 | 0 |

B. Results

Nonlinear optimals were computed with $\tau = \tau_{opt}$ and domain lengths based on $n = 1$, $n = 2$ or $n = 3$ repetitions of $l_x_{opt}$, for various initial energies. These results are shown in Fig. 5(a), which compares the difference between the linear transient growth of the linear optimal and the nonlinear transient growth of the nonlinear optimal (red data points), with the former always greater than the latter (all results are positive valued). As nonlinear collaboration between linear transient growth mechanisms cannot occur, the maximum growth obtained at vanishingly small initial energy is greater than with finite initial energy. Figure 5(a) also shows that for an initial energy defined per unit duct length, the results are not dependent on domain length. Thus, it is the initial energy density that is the important parameter.

Additionally, Fig. 5(a) compares the difference in the linear transient growth of the linear optimal and the nonlinear transient growth of the linear optimal scaled to $E_0$ (square symbols). These results are almost coincident with those for the nonlinear growth of the nonlinear optimal (triangle symbols). Thus, the difference between the nonlinear and linear growth is mostly due to the finite

![Graph](image_url)

FIG. 5. Comparison between linear and nonlinear optimals for various initial energies $E_0 = \int \hat{u}^2 + \hat{v}^2 \, d\Omega / \int U^2 \, d\Omega$ at $r_c = 0.293$. (a) Difference in the maximum linear growth obtained with the linear optimal (LOP) and maximum nonlinear growth with the nonlinear optimal (NLOP), for three domain lengths, and difference in the linear growth of the LOP and the nonlinear growth of the LOP scaled to $E_0$ ($n = 1$ only). (b) Comparison between the nonlinear growth of the NLOP and nonlinear growth of the LOP scaled to $E_0$ ($n = 1$). The linear growth of the LOP is $G_{\text{max}} = 55.9876$.  

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energy of the initial field. The mode structure is only very weakly dependent on initial energy (the linear and nonlinear optimals are virtually indistinguishable; not shown). This supports a remark made by [34], that in two-dimensional systems the nonlinear optimal contains the linear mode trivially. This comparison is further highlighted in Fig. 5(b), which directly compares the nonlinear growth of the nonlinear optimal to the nonlinear growth of the linear optimal. This difference is very small for initial energies up to $E_0 \approx 10^{-6}$, where $E_0 = \int \tilde{u}^2 + \hat{v}^2 \, d\Omega/\int U^2 \, d\Omega$ is considered to account for the varying domain length.

For $E_0 \gtrsim 10^{-6}$ the nonlinear growth of the nonlinear optimal then slightly exceeds the nonlinear growth of the rescaled linear optimal. However, the differences are still small at $E_0 = 10^{-5}$, which is an initial energy more than sufficient to generate large amounts of nonlinear second-stage growth, as is discussed in detail in Sec. V. Thus, there is little “error” in estimating the minimal seed energy with the linear optimal, for the initial energies of interest.

V. NONLINEAR EVOLUTION AT SPECIFIED INITIAL ENERGIES

A. Validation

The initial energy of each linear optimal is scaled to $E_0$ when seeded onto the base flow. Forward evolution of the full nonlinear Eqs. (1) and (2) then commences. The measures $E_v = (1/2) \int \tilde{u}^2 \, d\Omega$ and $E = (1/2) \int \tilde{u}^2 + \hat{v}^2 \, d\Omega$ are defined. These separate the growth of the perturbation, captured by $E_v$, and the effective modulation of the base flow, via a streamwise-independent structure, captured by $E$.

The effect of time step variation is depicted in Figs. 6(a) and 6(b). These show negligible differences between $\Delta t = 1.25 \times 10^{-3}$ and significantly smaller time step sizes. $\Delta t = 1.25 \times 10^{-3}$ was therefore deemed satisfactory. The polynomial order has to be more carefully selected, as the spatial accuracy is strongly dependent on $Re_S$ and $E_0$, as shown in Figs. 6(c) and 6(d). Discrepancies within chaotic regions cannot reasonably be avoided, although the trajectories thereafter match well. A polynomial order of $N_p = 19$ is sufficient for smaller initial energies (all $r_c$), and either $N_p = 23 \ (r_c = 0.293 \text{ or } 0.585)$ or $N_p = 29 \ (r_c = 1.463)$ for larger initial energies, based on resolution testing approximately 40 different $Re_S - E_0$ combinations.

B. Delineation energy

The nonlinear evolution of linear optimal perturbations in domains with lengths based on $n = 1$ repetitions of $l_{c,\text{opt}}$ are considered first. The lower delineation energy $E_D$, representing separatrix 1, is shown in Fig. 7(a) as a function of Reynolds number. Figures 7(b) and 7(c) demonstrate how the delineation energy is determined at $r_c = 0.585 \ (E_D = 2.69187 \times 10^{-6})$. $E_D$ is determined with a bisection method [35,41,42]. However, the bisection method is modified as when $E_0 = E_D$ the energy-time history does not hover about a mean value [41], as the solution is not on the edge of a stable manifold. Furthermore, all turbulent flows eventually relaminarize. Thus, the flow is deemed returning to a laminar state if its energy reaches a secondary local maximum, and is deemed to be turbulent if its energy exhibits a secondary local inflection point. An initial energy between the largest initial energy that remains laminar, and smallest that incurs transition to turbulence, is then tested, and defined as either the new laminar or new turbulent bound. This process is repeated until $E_D$ is determined to 4 significant figures.

For the $r_c$ simulated, Fig. 7(a), there is no clear trend in $E_D$ with $Re_S$ (the dashed guideline has an $r_c^{-1}$ trend). A dot-dashed line at $r_c = 0.293$ provides a rough lower estimate for the $Re_S$ at which no perturbation is capable of reaching the turbulent attractor, with any initial energy (in an $n = 1$ domain). At $r_c = 0.293$ nonlinear second-stage growth yielded a maximum in $E$ greater than the initial linear maximum, at best. For $r_c \lesssim 0.146$ the linear growth provided the global maximum in $E$.

A second delineation energy $E_{D,2} = 1.09646 \times 10^{-5}$ could also be defined for $r_c = 0.585$, denoting separatrix 2. The bisection method is unchanged, except that now it is the larger initial energy.
FIG. 6. (a, b) temporal and (c, d) spatial resolution testing of the nonlinear evolution of linear optimals, for various initial energies $E_0$. (a & c) $r_c = 0.293$. (b & d) $r_c = 0.585$. The smaller polynomial order (value annotated for each curve), or larger time step (see legend), is denoted by a long dashed line for each $E_0$. $n = 1$ unless otherwise stated. A black long dashed line represents the linear evolution.

that is considered laminar, and the smaller initial energy that transitions to turbulence. Thus, there is only a finite band of initial energies $E_D \leq E_0 \leq E_{D,2}$ able to attain a temporary turbulent state. Only perturbations which resemble conventional, linearly grown TS waves were able to take advantage of the nonlinear second-stage growth, which appears to be the only subcritical route to high energy turbulent states. This process is disrupted at larger $E_0$, which noticeably distort the perturbation, inducing rapid decay after the linear growth, similar to the discussion in Ref. [45]. These arguments are also supported by additional nonlinear simulations, at $r_c = 0.585$ and $r_c = 1.463$. The initial seeds tested for comparison were the eigenvector field which generates the second largest linear growth in $\tau_{opt}$, and random noise, in the same size domains and over a wide range of initial energies. In none of these simulations was a TS wave structure observed akin to that necessary to obtain the nonlinear second-stage growth observed in Fig. 7(b). The eigenvector generating the second largest linear growth managed to achieve only very small amounts of nonlinear second-stage growth. Random noise seeds monotonically decayed. Overall, only the eigenvector which generates the largest linear growth was able to transition to turbulence, by virtue of at least an additional order of
FIG. 7. (a) The lower delineation energy as a function of $r_c = \text{Re}_S/\text{Re}_{\text{crit}, S}$ ($n = 1$ domain). The dot-dashed line roughly approximates the maximum $r_c$ for which the delineation energy is undefined. (b) Energy time histories at $r_c = 0.585$, varying $E_0$. Light red curves with $E_0 < E_D$ have a secondary local maximum at best. The orange arrow indicates the switch from local maximum to inflection point, and the lowest initial energy (dashed dark green curve; $E_D$) sufficient to cross separatrix 1. All green curves transition to turbulence. The largest initial energy that avoids crossing separatrix 2 ($E_{D,2}$) is also dashed. Light blue curves with $E_0 > E_{D,2}$, which are briefly chaotic, all cross separatrix 2, with the purple arrow indicating the switch back from an inflection point to a local maximum. All curves are rescaled to start at unity to aid visualization, and the linear curve is denoted with a black long dashed line. At $r_c = 0.585$, $G_{\text{max}} = 89.9630$, while the maximum gain at $E_0 = E_D$ exceeds $10^3$. (c) Same results as (b), except depicted as a 3D surface, to accentuate the discontinuous changes at the separatrices.

magnitude of nonlinear growth. It will be shown later that $E_D$ does not vary with $n$ (for $r_c \geq 0.439$) but that $E_{D,2}$ does.

C. Temporal evolution of optimals

The observable effects of nonlinearity are similar so long as nonlinear second-stage growth occurs and regardless whether $E_0 > E_D$, $E_0 < E_D$ or if $E_D$ is even defined ($r_c = 0.293$). As such, a linearized evolution at $r_c = 0.293$ is depicted in Fig. 8 and compared to the corresponding nonlinear evolution at $E_0 = 1.10 \times 10^{-5}$ in Fig. 9. Animations comparing the linear and nonlinear evolutions

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are also provided as supplementary material [57]. The first relevant differences are discerned at $t = 49.50$. The nonlinear evolution shows a mode which appears pinched at the wall, while the linear structure remains flat-bottomed. Following the nonlinear case, as time progresses, the structure rolls over this more slowly moving pinch point. At $t = 63.64$, additional localized circulation has appeared near the wall, with a very small region of negative velocity immediately upstream of the pinch point (at $x \sim 10.5$). Nonlinear second-stage growth then occurs, as the structure alternates between an arched TS wave ($t = 155.6$) and structures which break apart ($t = 169.7$) and coalesce into an arched TS wave again ($t = 282.8$). After this occurs a few times, the arched TS wave structure retains the form seen at $t = 282.8$ for over a thousand times units [see Fig. 13(b) for the corresponding energy time history], unlike the rapidly decaying linear counterpart. The advecting arched TS wave structure is eventually smoothed out near the wall (online animation only), and
finally decays in the same manner as the linear counterpart. The linearized evolution monotonically decays as the structure leans into the mean shear ($t = 63.64$). This decay is more rapid for the near wall structure, leaving teardrop-shaped remnants outside the boundary layer as shown at $t = 1273$.

The arching of the TS wave appears paramount to the second-stage growth, as flatter TS waves only decay, if outside the neutral curve. An enlarged arched TS wave is shown in Fig. 10(a). A high-pass-filtered in-plane vorticity $\hat{\omega}_z = \partial \hat{v}/\partial x - \partial \hat{u}/\partial y$ is overlaid (streamwise Fourier coefficients of modes $\kappa \leq 3$ have been removed) to help guide the eye along the backbone of the arch, which is a thin, highly sheared layer. The largest vorticity magnitudes are still near the pinch point. To highlight the differences, a conventional TS wave is provided in Fig. 10(b), in its upright position, from the linear simulation. The arch is distinctly nonlinear, as the high-pass-filtered vorticity is zero for the conventional, linear TS wave. With increasing time, the conventional TS wave will tilt into the mean shear, whereas the arched TS wave remains upright, and will continue advecting through the domain relatively unchanged.

D. Roles of streamwise and wall-normal velocity components

The disturbance is now considered in more detail by separating growth solely in $E$, Fig. 11(a), and $E_v$, Fig. 11(b), for $E_0$ just greater than $E_D$. Growth appears larger in the latter measure as the wall-normal velocity makes up a smaller fraction of the energy in the initial field. Both $\hat{u}^2$ and $\hat{v}^2$ show noticeable second-stage growth. However, the $\hat{v}$-velocity magnitudes rapidly decrease after the second-stage growth, while the $\hat{u}$-velocity magnitudes, and thus $E$, decrease slowly.

The flow structures throughout this evolution are depicted in Fig. 12(a) for $\hat{u}$ and Fig. 12(b) for $\hat{v}$. While the maximum and minimum $\hat{v}$-velocities have similar magnitude, the $\hat{u}$ structures have a much larger magnitude minimum velocity (compared to the positive maximum). The $\hat{u}$ structures elongate until they eventually become uniform in the streamwise direction. Thus, as $\hat{v}$ decays, rather than reducing the magnitude of $\hat{u}$, continuity [Eq. (2)] is instead satisfied by reducing $\partial \hat{u}/\partial x$. This stores perturbation energy, recalling the slow decay of $E$ in Fig. 11(a). The streamwise-independent structure forms regardless if $E_0 > E_D$ or $E_0 < E_D$. However, there is more perturbation energy to store if the flow transitions to turbulence, when $E_0 > E_D$. Last, it is worth noting that in this configuration, any nonsinusoidal streamwise variation indicates nonlinearity. Thus, the formation

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FIG. 10. (a) An example of the arched TS wave depicted by the $\hat{v}$-velocity contour lines (solid positive; dotted negative), at $r_c = 0.585, E_0 = 2.69187 \times 10^{-6} > E_D, t = 2.121 \times 10^3$. The underlying backbone of the arch is highlighted by overlaying the high-pass-filtered vorticity $\hat{\omega}_z$, where streamwise Fourier coefficients of modes $\kappa \leq 3$ have been removed. (b) An example of the conventional TS wave from the linear transient growth analysis, at $r_c = 0.585, t = 77.78$. 

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FIG. 11. Energy growth at \( r_c = 0.439 \), \( E_0 = 3.869 \times 10^{-6} > E_D \), \( n = 1 \). (a) \( E = (1/2) \int \hat{u}^2 + \hat{v}^2 \, d\Omega \). (b) \( E_v = (1/2) \int \hat{v}^2 \, d\Omega \). At \( r_c = 0.439 \), \( G_{\text{max}} = 73.9706 \), and \( E_D = 3.853 \times 10^{-6} \). All curves are rescaled to unit initial energy. The linear evolution is shown as a black long dashed line.

of the streamwise-independent structure is distinctly nonlinear. Streamwise-independent structures are also commonly observed in the final form of 3D simulations, e.g., Ref. [19]. By comparison, the \( \hat{v} \) structures maintain similar size until they rapidly decay to a structure resembling the long time state of the linear optimal.

FIG. 12. Temporal evolution at \( r_c = 0.439 \), \( L_y = 28.28 \), \( n = 1 \), with \( E_0 = 3.869 \times 10^{-6} > E_D \). (a) Streamwise perturbation \( \hat{u} = u - U \). (b) Wall-normal perturbation \( \hat{v} = v \). Solid lines (red flooding) positive; dotted lines (blue flooding) negative.
FIG. 13. Energy time histories at $r_c = 0.293$, varying the initial energy and domain length via repetitions $n$ of $l_{x, \text{opt}}$. (a) $E = (1/2) \hat{u}^2 + \hat{v}^2 \ d\Omega$. Additional nonlinear growth is provided for even multiples of $n$, for all initial energies tested at $r_c = 0.293$, via pairwise coalescence of TS wave repetitions. All curves are rescaled to unit initial energy. The linear curves are presented with black long dashed lines. At $r_c = 0.293$, $G_{\text{max}} = 55.9876$.

E. Influence of domain length

In Sec. VB, $E_D$ and $E_{D,2}$ were considered in $n = 1$ domains. The effect of increasing the domain length on $E_D$ and $E_{D,2}$ is now discussed, for integer repetitions up to $n = 4$ ($L_x = n l_{x, \text{opt}}$). Growth measures $E$ and $E_v$ are shown in Fig. 13 for $r_c = 0.293$, with four distinct influences of domain length discussed. Recall that in the $n = 1$ domain at $r_c = 0.293$ some $E_0$ can attain growth to a secondary local maximum (e.g., $E_0 = 1.10 \times 10^{-5}$) but no $E_0$ transition to turbulence (cross separatrix 1). The first influence of domain length is that if two instances of the same perturbation evolve in an $n = 2$ domain, an inflection point appears in the energy-time history, indicating a crossing of separatrix 1. This occurs as the two individual repetitions of the TS wave structure coalesce into a single wave structure, with a rapid jump in energy at the secondary maximum from the $n = 1$ case. Second, at $E_0 = 1.10 \times 10^{-5}$, but with an $n = 3$ domain, this extra jump in energy does not occur ($n = 3$ follows $n = 1$). There would be a mismatch in wavelengths if only one pair of structures coalesced, prohibiting the interaction of all three repetitions. Third, again at $E_0 = 1.10 \times 10^{-5}$, the $n = 4$ case can experience both the $n = 2$ pairwise coalescence ($4 \rightarrow 2$ repetitions), and then another coalescence ($2 \rightarrow 1$ repetition), which allows for an additional, albeit smaller, jump in energy. In the $E_0 = 1.10 \times 10^{-5}$ case, the $n = 4$ curve closely follows the $n = 2$ curve early on, indicating the time it takes for the lower energy case to sense the full domain length. However, fourth, the $E_0 = 5.48 \times 10^{-5}$ case differs between $n = 2$ and $n = 4$, with the structure able to increase in size more rapidly in the latter case when reforming to an arched TS wave structure. This is inhibited in smaller ($n = 1$) domains, in which the structure decays because it is distorted by too large an initial energy. The same is true of even larger initial energies, $E_0 = 1.64 \times 10^{-4}$ and $3.29 \times 10^{-4}$, which undergo second-stage growth in the $n = 2$ domain, while the $n = 1$ cases only decay after the linear maximum.

The $v$-velocity fields are depicted in Fig. 14 for $E_0 = 5.48 \times 10^{-5}$, $n = 2$ at $r_c = 0.293$. Recall that with $n = 1$, $E_0 = 1.10 \times 10^{-5}$ attains second-stage growth, whereas $E_0 = 5.48 \times 10^{-5}$ is too highly energized and rapidly decays, as the flow field does not resemble an arched TS wave, e.g., Fig. 10(a). The two repetitions of the distorted TS wave shown in Figs. 14(a), 14(b) are not yet interacting. The interaction between the two wavelengths is shown in Fig. 14(c), where one repetition becomes dominant, and will shortly subsume the other, Fig. 14(d). In Fig. 14(e), the wave
FIG. 14. Temporal evolution at $r_c = 0.293$, $L_y = 28.28$, $n = 2$, $E_0 = 5.48 \times 10^{-5}$; $\hat{u}$-velocity contours. Solid lines (red flooding) positive; dotted lines (blue flooding) negative. This case decays in an $n = 1$ domain, but undergoes second-stage growth in an $n = 2$ domain because it restructures to an arched TS wave after the coalescence of the two individual perturbation repetitions.

has re-formed into a single repetition of the arched TS wave structure. The arched TS wave then undergoes nonlinear second-stage growth, as it slowly relaxes back to a conventional TS wave, Fig. 14(g). It finally decays to a field resembling the long time solution of a linear transient growth computation. However, unlike a linear optimal, this process will still have stored perturbation energy in a sheet of negative $\hat{u}$-velocity, visible when comparing the energy measures shown in Figs. 13(a) and 13(b).

The energy growth at larger Reynolds numbers is depicted in Fig. 15. These illustrate the length of time over which high energy states are maintained when $E_0 > E_D$. At $r_c = 0.585$, $n = 1$, $E_0 =

FIG. 15. Energy time histories, varying the initial energy and domain length via repetitions $n$ of $l_{opt}$. (a) $r_c = 0.585$, $G_{\text{max}} = 89.9630$, $E_D = 2.6919 \times 10^{-6}$, maximum nonlinear gain observed for $E_0 > E_D$ is $\approx 4 \times 10^4$ ($n = 2$). (b) $r_c = 1.463$, $G_{\text{max}} = 166.4092$, $E_D = 1.2096 \times 10^{-6}$, maximum nonlinear gain observed for $E_0 > E_D$ is $\approx 2 \times 10^4$ ($n = 2$). All curves are rescaled to unit initial energy. $E_0 < E_D$ are unable to take advantage of the extra domain length, and still rapidly decay.
$2.67 \times 10^{-6} < E_D$ rapidly decays, while $E_0 = 2.71 \times 10^{-6} > E_D$ maintains large energies for the order of $10^4$ time units, particularly so when $n = 2$. This is even clearer at $r_c = 1.463$, with very large amounts of growth, and a very slow decay, when $E_0 = 1.213 \times 10^{-6} > E_D$. A case $E_0 = 1.209 \times 10^{-6}$ just slightly below $E_D = 1.2096 \times 10^{-6}$ provides a clearer indication of the additional growth due to reaching the turbulent attractor, compared to the underlying nonlinear second-stage growth (to a local maximum). Of additional interest is that it takes a far greater time to relaminarize turbulent states in larger domains. The oscillations appear to be less energetic, or otherwise damped out more rapidly, in the $n = 1$ domains. Last, all $r_c = 0.585$ and $r_c = 1.463$ cases show that $E_0 < E_D$ cannot take advantage of the extra space afforded in $n = 2$ domains, and decay following the $n = 1$ curves, such that $E_D$ does not depend on domain length. Note that at $r_c = 1.463$ the wave numbers in $n = 1$ and $n = 2$ domains are outside the neutral curve.

One final influence of the domain length is considered. At $r_c = 0.585$, $E_{D,2} = 1.09646 \times 10^{-5}$ when $n = 1$, Fig. 7(b). Over-energized cases, with $E_0 = 1.43 \times 10^{-5} > E_{D,2}$ and in longer domains ($n = 2$ through $n = 4$), are shown in Fig. 15(a). These all appear to decay coincidentally with the $n = 1$ case, seemingly implying that $E_{D,2}$ has not significantly changed with increasing domain length, at $r_c = 0.585$. Comparatively, at $r_c = 0.293$ with $n = 2$ (Fig. 13) second-stage growth is observed (akin to cases with $E_D \leq E_0 \leq E_{D,2}$), in multiple over-energized situations, via the restructuring depicted in Fig. 14. This would imply that at $r_c = 0.293$, $E_{D,2}$ has changed noticeably with increasing domain length. At $r_c = 0.585$, with a larger initial energy, the vortex merging process may occur too rapidly, unlike the $r_c = 0.293$, $n = 2$ cases. At $r_c = 0.585$ the $n = 3$ and $n = 4$ cases reformed into the simpler conventional flat bottomed TS wave structure, shown part way through their decay in Fig. 16, rather than arched TS waves capable of nonlinear second-stage growth. This issue may also be exacerbated by the wavelength restrictions imposed by the periodic boundary conditions, recalling the $r_c = 0.293$, $n = 3$ case indicated that a mismatch in wavelength between TS wave instances can also prevent growth. Overall, results in longer domain do not contradict the fact that $E_0 = 1.43 \times 10^{-5}$ does not incite sustained turbulence at $r_c = 0.585$, so that separatrix 2 is still clearly defined. However, they do indicate that $E_{D,2}$ can be very difficult to accurately determine, as consistent behavior was not observed across all Reynolds numbers tested. As a final note, the investigations at $r_c = 0.585$, $n = 3$ and $n = 4$ also highlight that the energy growth is due to the form of the merged structure, and not coalescence, as the cases monotonically decay after the linear peak, during which time they are merging.
VI. CONCLUSIONS

The present work has numerically illustrated a subcritical route to turbulence driven by purely quasi-two-dimensional mechanisms, in a laminar Q2D exponential boundary layer. This system approximates a magnetohydrodynamic duct flow under a strong transverse magnetic field. It was shown that the linear optimals form an excellent approximation of the nonlinear optimals, when tested for small (linear $\tau_{\text{opt}}$) target times. The transition process then has two stages. First, linear transient growth, via the Orr mechanism. This was followed by a second stage of substantial nonlinear growth, able to propel the flow across the laminar-turbulent basin boundary. However, only linear optimals with specific initial energies $E_D \leq E_0 \leq E_{D,2}$ were capable of following this route to a temporary turbulent state, before later relaminarizing. The lower bound, $E_D$, defines the minimal seed energy capable of transition. The upper bound, $E_{D,2}$, represents an initial perturbation too highly energized, which chaotically distorts the TS wave, inducing rapid dissipation, rather than transitioning to turbulence.

The additional nonlinear growth which leads to the existence of the delineation energy $E_D$ (separating states which rapidly relaminarize, and those which temporarily maintain turbulence) is linked to the formation of an arched TS wave, which forms when a conventional TS wave becomes pinched close to the wall. The arched TS wave still provides significant nonlinear growth when $E_0 < E_D$, but does not transition because the optimal is too far (measured in an energy norm) from the boundary of the turbulent attractor. While closer to the basin boundary at $E_0 > E_{D,2}$, distortion of the conventional TS wave prevents the arch from forming. If the arch forms, then the relaxing of the arched TS wave into its conventional counterpart eventually results in the decay of the perturbation. However, during this process, perturbation energy is stored in a streamwise sheet of negative velocity, which effectively becomes a modulation to the original base flow. This modulated base flow may prove easier to re-excite if targeted by flow control methods. Overall, this quasi-two-dimensional system was found to be highly sensitive to the energy and structure of the initiating perturbation, with only the optimal initial field capable of transition for tests in shorter domains.

Larger domain lengths were also investigated. First, this showed that successive vortex merging may be capable of increasing the upper delineating energy $E_{D,2}$, by allowing distorting structures which would naturally rapidly decay, to instead coalesce into an arched TS wave structure, capable of sustaining turbulence over longer times. However, for sufficiently large initial energy, even very long domains still indicated the existence of high energy states which only rapidly decay after the initial linear growth. Perturbations with energy below the lower delineating energy $E_D$ could not make use of the merging process, and still decayed in longer domains. Perturbations with $E_0 > E_{D,2}$, which are sufficient to transition to turbulence, made use of the longer domains by pairwise coalescence of TS wave repetitions, achieving up to an order of magnitude of additional growth (compared to the shorter domains). The largest nonlinear gains are therefore achieved with $E_0 > E_D$ and in longer domains. The comparison between the nonlinear growth of the linear optimal and the linear growth of the linear optimal is striking at larger Reynolds numbers. The nonlinear gains achieved, at Reynolds numbers approximately 40% below and above critical, were $\approx 4 \times 10^3$ and $\approx 2 \times 10^4$, respectively, compared to the optimized linear gains of 89.96 and 166.4, respectively. Furthermore, it appeared to take noticeably longer for turbulent oscillations to become subdued in longer domains.

The prospect of subcritical transitions is promising for the feasibility of self-cooled liquid metal reactor ducts. However, the fact that all Reynolds numbers are scaled on the boundary layer thickness must be kept in mind. Although a sidewall Reynolds number of $10^5$ provided both very large growth, and slow relaminarization, at a realistic magnetic field strength, the corresponding Reynolds number based on the half duct height would be around $10^7$. This is well beyond what is currently expected for reactor operation, which range from $10^4$ to $10^6$ [7,58,59]. Furthermore, no assessment of the sensitivity to wall properties on the formation of the arched TS wave has been performed, which given the thermal, electrical and slip issues considered in magnetohydrodynamic
coolant duct flows [60–63], provides an important avenue for future work for self-cooled reactor designs.

Last, further investigation is warranted from a theoretical point of view. Although subcritical turbulent transitions were obtained, it is curious that all turbulent flow fields relaminarized. It would be worth exploring whether the turbulent states are in a true basin of attraction. The Q2D turbulent states may be unstable, such that a small deviation from their trajectory drives them out of the basin, causing relaminarization. However, it cannot be excluded that the behavior originates from the numerical method, or choice of periodic boundary conditions.

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