Field Evaluation of the Efficacy of *Mycobacterium bovis* Bacillus Calmette-Guérin against Bovine Tuberculosis in Neonatal Calves in Ethiopia

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Bovine tuberculosis (bTB), caused mainly by *Mycobacterium bovis*, is characterized by the formation of granulomatous lesions primarily in the lymph nodes (LNs) and lungs. More than 50 million cattle are infected with *M. bovis*, resulting in economic losses of approximately $3 billion annually worldwide (19), and in developing countries, *M. bovis* infection is thought to account for 5 to 15% of human TB (2). Conventionally, the control of bTB is based on a test and slaughter strategy, which has reduced the incidence and prevalence of the disease in developed countries, except in those with wildlife reservoirs such as the United Kingdom and New Zealand. However, this method is too costly to be applicable to most of the developing world. Vaccination of cattle represents an alternative intervention strategy to reduce the impact of bTB on livestock productivity and human health in developing countries. The only developed countries, except in those with wildlife reservoirs such as the United Kingdom and New Zealand. However, this method is too costly to be applicable to most of the developing world. Vaccination of cattle represents an alternative intervention strategy to reduce the impact of bTB on livestock productivity and human health in developing countries. The only protective vaccine against tuberculosis is the human vaccine *M. bovis* bacillus Calmette-Guérin (BCG). BCG has been used in cattle in a large number of experiments and trials with variable efficacies (reviewed by Buddle et al. [8]). A series of field trials in East Germany and Malawi found no evidence of protection (3, 4, 11). In contrast, field trials in Malawi and Madagascar reported protective efficacies of 25% and 45%, respectively (9, 23), and other workers have reported 50% protection in field trials in Malawi and the United Kingdom, as well as New Zealand (10, 25). Higher levels of protection have been reported in the United Kingdom by Vordermeier et al. (20). Experimental infection studies over the last 15 years using intratracheal or aerosol challenge routes have optimized the use of BCG in cattle and reaffirmed the ability of BCG to protect cattle against BTB (5, 6, 24). However, few recent studies have evaluated the ability of BCG to protect cattle in a more natural cattle-to-cattle transmission setting using naturally infected donor cattle as the source of infection.

In this study, we assessed the efficacy of neonatal BCG vaccination in a natural transmission setting by introducing BCG-vaccinated and control calves into a herd composed of tuberculin skin test reactor animals in a farm in central Ethiopia. The farm was managed under routine Ethiopian intensive husbandry conditions, and protective efficacy was determined after 10 to 23 months in contact with infected animals by postmortem examination and *M. bovis* culture. We also evaluated whether prototype reagents for the differential diagnosis of infected and vaccinated animals (DIVA reagents) were able to distinguish vaccinated and protected animals from those that were vaccinated but not protected.
MATERIALS AND METHODS

Study neonates and their sources. The experiment was conducted at a high-intensity farm in central Ethiopia. The cattle in this farm (all purebred Holstein) were tested for bTB in October 2002; 48% of the herd was positive by the comparative intradermal tuberculin test (CIDT). On the basis of this result, the herd was separated into CIDT-positive and CIDT-negative cohorts, which were physically separated and managed independently. This was followed by three more rounds of CIDTs on the “negative” herd and removal of reactors to the positive herd, reducing the incidence of bTB to below 1% a year. Since this action, the farm has been continuously tested for the control of bTB in the negative herd and the prevalence of bTB has remained low. Neonates for the present study were recruited from the negative herd. In addition, they were tested for bTB using the gamma interferon (IFN-γ) test before their recruitment into the experiment. The observation that all unvaccinated control calves were CIDT negative at the time they were brought into contact with the infected donors further demonstrated that the calves used in this study were free from infection with M. bovis. Before this experiment was undertaken, it was approved both by the local Ethics Committee and the Ethical Review Board of the Veterinary Laboratories Agency.

Vaccination schedule of the neonates. This experiment was undertaken on 27 neonates, of which 13 were vaccinated within 2 weeks of birth by subcutaneous injection with 1 × 10^7 CFU BCG Danish (Serum Staten Institute [SSI], Copenhagen, Denmark), which was supplied as freeze-dried preparation and reconstituted in Sauton’s medium as per the supplier’s instructions. Fourteen calves were used as nonvaccinated controls. As the delivery of the cows was not synchronous, the 27 neonates were recruited at different times and randomly allocated to control and vaccinated groups. Until calves were introduced into the reactor herd, at 2 months of age, the neonates were kept in individual calf pens, which were situated in the negative herd, and fed with milk, concentrate, and grass. At around 6 weeks postvaccination (when the animals were about 2 months old), the calves were moved to the positive herd and kept in contact with reactor animals. During the course of the experiment, the farm followed a government protocol for progressive removal of CIDT reactor animals, and the number of positive animals in the positive herd declined from 120 at the beginning of the experiment to 42 at the end.

Comparative intradermal tuberculin test. The CIDTs were performed by a veterinarian who was in charge of the farm and did not know the vaccination status of each calf. The tests were performed twice: prior to exposure to infected cows and immediately before slaughter. On each occasion, 2.500 IU/ml each of bovine purified protein derivative (PPD-B) and avian PPD (PPD-A) (both supplied by the Veterinary Laboratories Agency, Addlestone, Surrey, United Kingdom) was injected, and the increase in skin thickness was measured 72 h later. Results were interpreted according to the recommendations of the World Organization for Animal Health (OIE) (16). Briefly, when the color of the solution changed from purple to yellow. Thereafter, 0.1 ml of (0.1 N) HCl with phenol red as an indicator. Neutralization was achieved when the supernatant was discarded, while the sediment was neutralized with 1% NaOH and centrifuged at 3,000 rpm for 15 min. The supernatant was discarded, while the sediment was neutralized with 1% saline solution and then transported to the laboratory for bacterial isolation. Individual lymph node and lung pathology scores were added up to calculate the lymph node score. Finally, both lymph node and lung pathology scores were added up to determine the total pathology score per animal. Using the pathology data obtained, a theoretical meat inspection was also undertaken to determine the proportion of animals that would have been condemned at an abattoir.

Isolation of mycobacteria. Isolation of mycobacteria from tissue was performed in accordance with OIE protocols (16). Briefly, tissue specimens from the lymph nodes and lungs were collected into sterile universal bottles in 5 ml of 0.9% saline solution and then transported to the laboratory for bacterial isolation. Individual lymph node and lung samples were cultured; if lesions were visible, lesional material was cultured. If no lesions were visible, a selection of tissue was cultured from each lymph node representing a cross section of each node. Thereafter, they were sectioned into pieces with sterile blades and then homogenized with a pestle and a mortar. The homogenate was decontaminated by adding an equal volume of 4% NaOH and centrifuged at 3,000 rpm for 15 min. The supernatant was discarded, while the sediment was neutralized with 1% (0.1 N) HCl with phenol red as an indicator. Neutralization was achieved when the supernatant was discarded, while the sediment was neutralized with 1% saline solution and then transported to the laboratory for bacterial isolation. Individual lymph node and lung pathology scores were added up to calculate the lymph node score. Finally, both lymph node and lung pathology scores were added up to determine the total pathology score per animal. Using the pathology data obtained, a theoretical meat inspection was also undertaken to determine the proportion of animals that would have been condemned at an abattoir. The meat inspection criteria used in Great Britain were applied (http://www.food.gov.uk/multimedia/pdfs/mhsmanualch2partrev33.pdf).

Statistical analysis. TB status of the study calves was defined by the detection of typical lesions in the tissues, by culture positivity for M. bovis, or by both criteria. To estimate the incidence of TB per group, the number of calves that developed TB was divided by the total number of calves. Vaccine efficacy was estimated using the formula described by Oestrein et al. (17), which considers the incidence rates of disease in the vaccinated and unvaccinated calves; i.e., vaccine efficacy is the percentage reduction in the incidence rate of disease among vaccinated calves compared to the unvaccinated calves. The formula used for calculating vaccine efficacy (VE) in this study was VE = (1 - ARV/ARU) × 100%, where ARU is attack rate in the unvaccinated group and ARV is the attack rate in the vaccinated group. Comparisons of gross pathology, bacteriology, and extent of organ condemnation due to TB between the vaccinated and control calves were made using Fisher’s exact test. The risk of TB infection was estimated by relative risk analysis (14). Means of optical density at 450 nm (OD50) values for the IFN-γ responses in the vaccinated and control groups were compared using Student’s t test. Pathology scores for vaccinated and control groups were compared using the Mann-Whitney U test. Poisson’s correlation coefficient, r, was used to estimate the association between different variables. Statistical significance was fixed at P < 0.05.

RESULTS

Skin test. Table 1 shows the result of the CIDTs performed on the experimental calves 6 weeks postvaccination and immediately before their slaughter. Six weeks postvaccination (i.e., before exposure to the infected herd), all vaccinated calves were CIDT positive, while all control calves were CIDT neg-
TABLE 1. Comparative intradermal tuberculin test results from experimental neonatal calves upon exposure to an infected herd and at completion of the exposure time.

| Test group                  | No. of results: |       |       |       |       |
|-----------------------------|-----------------|-------|-------|-------|-------|
|                             |                 | Negative | Positive | Doubtful | Total |
| Skin test upon exposure     |                 | 14     | 0     | 1     | 15    |
| Control                     |                 | 14     | 0     | 1     | 15    |
| Vaccinated                  |                 | 14     | 12    | 1     | 13    |
| Total                       |                 | 28     | 12    | 2     | 15    |
| Skin test upon slaughter    |                 | 3      | 11    | 2     | 16    |
| Control                     |                 | 3      | 15    | 14    |
| Vaccinated                  |                 | 6      | 5     | 2     | 13    |
| Total                       |                 | 15     | 16    | 14    |

In contrast, after completion of the exposure period, 79% (11/14) of the control calves were CIDT positive, while less than half (5/13) of the vaccinated calves were CIDT positive.

Protective efficacy of BCG. The protective efficacy of BCG against bTB was evaluated by postmortem examination and culture of M. bovis from lymph nodes and lung tissues. The results of these investigations are presented in Table 2. A high transmission rate of pulmonary TB was observed in control animals, where 86% (12/14) presented with visible lesions and transmission rate of pulmonary TB was observed in control animals. These differences were not statistically significant (P > 0.05). Lastly, the total pathology scores, which combine lymph node and lung scores, were also significantly reduced in vaccinated animals (from 14.1 in controls to 4.6 in vaccinated calves; P = 0.014) (Table 3).

Blood IFN-γ responses after vaccination and challenge. The production of IFN-γ after in vitro stimulation with PPD-B and PPD-A was determined regularly up to 18 months postvaccination and postchallenge. The results representing PPD-B-biased responses (PPD-B responses − PPD-A responses) are shown in Fig. 1. Following vaccination, modest PPD-B-biased IFN-γ responses were detected 2 weeks after vaccination only in BCG-vaccinated calves that showed no lesions at postmortem (BCG NVL [i.e., no visible lesions]; Fig. 1A). In contrast, no increases were found in the lesioned, unprotected BCG-vaccinated animals (BCG VL [i.e., visible lesions]; Fig. 1A) or in the unvaccinated controls (control VL and NVL; Fig. 1B). After challenge, IFN-γ responses developed rapidly in all groups, peaking 4 months postvaccination (2.5 months after animals were put in contact with the infected donor cattle) in BCG vaccinates and in the VL control calves (Fig. 1A and B). The early onset of IFN-γ responses postcontact suggests that transmission from donors to sentinels occurred within weeks of contact. NVL control calves showed a mild initial increase in PPD-B-biased response 2 weeks postcontact only and then remained negative throughout the remainder of the experiment period. This may indicate that they were exposed to M. bovis early postcontact but that disease did not develop subsequently. Third, after 3.5 months of contact with infected donors, mean IFN-γ levels stabilized in both VL BCG-vaccinated and VL control groups (5 months postvaccination) but increased again toward the end of the in-contact period (Fig. 1A and B, 18 months postvaccination). Interestingly, the level of IFN-γ production in protected BCG NVL calves decreased during the in-contact period (Fig. 1A). These observations were supported by further analysis that integrated the in vitro IFN-γ production over the experimental period by calculating areas under the curves (AUC). First, only protected BCG-vaccinated calves produced IFN-γ following vaccination (AUC BCG NVL: 0.16 compared to 0.07 in BCG-VL and control groups). Second, following challenge, the IFN-γ produced as

TABLE 2. Protective efficacy of BCG against bTB in vaccinates and nonvaccinated calves after 10 to 23 months of exposure to the infected herd.

| Parameter                  | Overall pathology | M. bovis culture positivity | Spread outside head and lung regions | Condemned at meat inspection |
|----------------------------|-------------------|-----------------------------|-------------------------------------|------------------------------|
| No. (%) of control calves  | 12 (86)           | 11 (79)                     | 3 (21)                              | 10 (71)                      |
| No. (%) of vaccinated calves | 5 (39)            | 4 (31)                      | 1 (8)                               | 3 (23)                       |
| P value (Fisher’s exact test) | 0.018             | 0.021                       | NS                                  | 0.021                        |
| Protective efficacy (%)    | 56                | 61                          | 63                                  | 68                           |
| Relative risk              | 2.23              | 2.55                        | 2.62                                | 3.10                         |
measured by AUC was similar in unprotected vaccinates and lesioned controls (AUC for BCG VL and control VL, 11.8 and 10.1, respectively), while protected BCG NVL calves presented with a considerably smaller AUC: 5.1. This might reflect the previous observation that in vitro IFN-γ production can correlate to some degree with the degree of pathology and bacterial loads (13, 20).

**Duration of exposure and severity of pathology.** To test whether differences in the extent of pathology between the two groups reflected different periods of exposure, we compared the pathology scores found at postmortem with the time period that individual animals were in contact with the reactor herd of infected cattle. As Fig. 2 demonstrates, there is no correlation between the exposure time and disease severity in vaccinated calves. Indeed, the animals in contact the longest (10 and 23 months) were fully protected. In contrast, unvaccinated control animals presented with visible pathology independent of the in-contact period (Fig. 2).

**Performance of a DIVA reagent based on ESAT-6 and CFP-10.** DIVA reagents based on several antigens that are not recognized immunologically by BCG-vaccinated animals have been developed (7, 18). We took the opportunity in the present study to establish whether a prototype DIVA reagent based on the antigens ESAT-6 and CFP-10 was capable of distinguishing not only BCG-vaccinated from infected animals but also calves that were vaccinated and fully protected (i.e., without visible lesions: NVL/M. bovis culture negative) from those that were vaccinated but developed visible pathology (VL). Therefore, at the last bleed before slaughter, whole blood was collected and stimulated in vitro with PPD-A, PPD-B, and a cocktail of ESAT-6 and CFP-10 in the form of recombinant proteins. The IFN-γ produced was then measured, using the Bovigam IFN-γ assay. The results in Fig. 3 demonstrate that ESAT-6 and CFP-10 induced strong responses in nonvaccinated cattle and in vaccinates that presented with visible lesions, but not in the BCG-vaccinated cows without lesions (NVL; Fig. 3). In contrast, PPD-B did not allow this distinction (Fig. 3). Therefore, these data suggest that ESAT-6 and CFP-10 when used as DIVA reagents not only will distinguish between BCG-vaccinated and infected cattle but also will differentiate between vaccinated, protected and vaccinated, unprotected, or partially protected individuals.

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**TABLE 3. Mean pathology scores of lung and lymph nodes in vaccinates and controls**

| Group or parameter | Mean no. of lesioned LNs/animal (95% CI)a | Mean LN score (95% CI) | Mean no. of lesioned lung lobes/animal (95% CI) | Mean lung score (95% CI) | Mean total pathology score (95% CI) |
|--------------------|------------------------------------------|------------------------|-----------------------------------------------|--------------------------|-----------------------------------|
| Control (n = 14)   | 1.9 (0.9–3.0)                            | 6.4 (3.4–9.5)          | 1.6 (1.4–3.5)                                 | 7.6 (0–16.2)             | 14.1 (2.5–24.6)                   |
| Vaccinated (n = 13)| 0.5 (0–1.1)                              | 1.3 (0–3.3)            | 1.1 (0–2.7)                                   | 3.3 (0–7.9)              | 4.6 (0–10.5)                      |
| Mann-Whitney U test (P value) | 0.019                                    | 0.006                  | NS                                            | NS                       | 0.014                             |

*a 95% CI, 95% confidence interval.

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**FIG. 1.** In vitro IFN-γ responses following vaccination and challenge. (A) Responses of BCG vaccinates; (B) responses of control animals. Results are expressed as mean ΔOD450 responses (OD450 values induced by PPD-A subtracted from PPD-B values). Time is shown as months postvaccination. VL, animals with visible lesions; NVL, animals with no visible lesions. Please note that NVL BCG-vaccinated animals and controls were also M. bovis culture negative.* P < 0.05 between BCG-vaccinated VL and BCG-vaccinated NVL (Student’s *t* test).

**FIG. 2.** Association between the severity of pathology of bTB in experimental calves and the duration of exposure to the infected herd. Circles, BCG-vaccinated calves; squares, control animals.

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**DISCUSSION**

In the present trial, the efficacy of BCG against bTB was evaluated in a natural transmission setting using bovine neonates in Ethiopia. To avoid any interference with environmental mycobacteria in the development of BCG-induced immu-
nity, we vaccinated calves neonatally. This was demonstrated by very low PPD-A responses before vaccination (data not shown). To our knowledge, this is one of the few recent studies in which BCG activity was determined in a natural cattle-to-cattle transmission setting on a farm managed under routine husbandry conditions. For transmission studies to result in statistically robust data, a high transmission rate in the control animals is required. This was achieved in the present study (12/14 diseased control animals) by having a high-prevalence donor herd (100% CIDT positive) and a high donor/sentinel ratio. Our results demonstrate that BCG is a potent vaccine against bTB, confirming expectations from a number of recent studies using experimental challenge via intranasal, intratracheal, or aerosol routes (8, 21). However, in contrast to the findings from experimental studies in which BCG vaccination results in significantly reduced pathology but rarely in full protection (NVL/culture-negative), we found that under conditions of natural transmission, BCG vaccination significantly reduced the number of lesioned and culture-positive animals despite continued exposure to M. bovis over 10 to 23 months. This may be due to exposure of animals to a higher infectious dose in challenge compared to natural transmission experiments. This is an encouraging result and highlights the potential utility of BCG vaccination in a bTB control program, particularly in developing countries where testing and culling are prohibitively expensive.

Detailed postmortem examination and bacteriology were employed for estimation of the efficacy of BCG in the present experiment, and the efficacy of BCG recorded in the present trial was similar to the efficacy of BCG (around 60%) reported in Mexico by Lopez-Valencia et al., using a similar experimental design on the basis of in vitro tests (12), although they were unable to perform postmortem examinations on all animals. Thus, the advantage of our experiment was that the natural transmission was effective, and as a result, lesions of various severities including disseminated types developed in the experimental calves. Lopez-Valencia and coworkers concluded that BCG protection waned at around 1 year postvaccination. In contrast, our data suggest that protective immunity could be maintained for up to 23 months. A key finding is that significantly more vaccinated animals would have passed slaughterhouse meat inspection than the control calves. This is particularly important in the context of developing countries, in which the major economic impact of bTB is in reduced productivity and carcass condemnation, in contrast to the emphasis in developed countries on trade regulations based on skin test reactivity rather than extent of disease.

Based on PCR analysis of nasal exudates, Lopez-Valencia et al. (12) demonstrated a significant reduction in shedding of M. bovis by BCG-vaccinated animals: i.e., 21.7% of the control animals shed bacilli into nasal secretions, whereas no shedding was detected in the BCG-vaccinated calves (12). While for logistical reasons we did not directly test shedding in our study, the reduction in the number of transmission-associated thoracic lymph nodes and lung lesions (15) also supports the notion that BCG vaccination will reduce bTB transmission. Future trials to measure the impact of BCG on transmission will be important in assessing the potential economic benefits of vaccination.

As it proved impossible to source sufficient calves from disease-free mothers to initiate the experiment fully at one time point, vaccinated and unvaccinated sentinels had to be introduced into the experiment when they became available over a 12-month period. Furthermore, despite our plan to continue the experiment until all calves would have been in the donor herd for the same period, the herd owner significantly accelerated the depopulation of the infected herd. This meant that we had to terminate the experiment with some sentinels being in contact for only 10 months. All sentinels animals were therefore killed at the same time. This could have affected the transmission rate or protective efficacy due to some calves being in contact for shorter periods and the gradual reduction in the number of infected donor cattle. However, as shown in Fig. 2, there was no relationship between duration of the infection period or the number of donor animals and protection, transmission rate, or the degree of pathology. Such a gradual removal of infected animals in conjunction with restocking with BCG-vaccinated calves may constitute a practical control strategy in high-value herds in developing countries that cannot afford large-scale whole-herd depopulation. Our study could form the basis of a cost-benefit analysis of this approach in a developing country setting.

We also studied cell-mediated immune responses before and after exposure by measuring CIDT (skin test) and in vitro IFN-γ responses. As expected, all BCG-vaccinated animals were skin test positive at about 6 weeks after vaccination. They were also producing IFN-γ on in vitro stimulation, although this was restricted to calves that were fully protected (NVL). This is an important observation as it suggests that skin test responses did not correlate with or predict protection, while in vitro blood responses did. Interestingly, at the end of the experiment, after 10 to 23 months of exposure to infected cattle, only 5 BCG vaccinated tested skin test negative. As this test negativity correlated with the NVL animals, it is therefore possible to continue with a tuberculin skin test-based test and control strategy even in the context of BCG vaccination if one adheres to a defined period postvaccination when skin testing cannot be applied. However, this skin test exclusion period has to be defined more carefully. We also demonstrated that prototype DIVA reagents based on ESAT-6 and CFP-10 applied.
in the Bovigam IFN-γ assay can be used to distinguish between BCG-vaccinated and infected animals, as observed earlier (22). Furthermore, the results from this study demonstrate that these DIVA reagents also allow the discrimination of vaccinated and fully protected cattle from those vaccinated but only partially or not protected. This outcome has been suggested previously from results obtained after intratracheal challenge experiments (20), and it is encouraging that these observations were confirmed in this natural transmission experiment. It should be noted that unprotected (VL) vaccinated animals showed a PPD-B bias at almost every time point postinfection (Fig. 1). However, on several occasions—for example, as shown in Fig. 3—PPD-A responses were stronger than PPD-B responses. These animals would therefore have tested negative for bovine tuberculosis. In contrast, they responded to ESAT-6 and CFP-10, which further highlights the advantages of using defined antigens like ESAT-6 and CFP-10.

In conclusion, the present study has demonstrated the efficacy of BCG in an Ethiopian transmission setting in a farm managed under routine conditions. This control strategy may be particularly applicable to the type of farms that are found in Ethiopia. Further studies of this nature, human health as well as reducing economic losses in developing countries such as Ethiopia. Further studies of this nature, measuring the effect of vaccination on both disease development and onward transmission, are required in order to produce economic impact studies to determine if BCG vaccination represents a cost-effective control strategy.

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