Brazilian version of the Quality of Care Scale: the perspective of people with disabilities

Versão brasileira do Quality of Care Scale: qualidade de cuidado na perspectiva de pessoas com incapacidades

ABSTRACT

OBJECTIVE: To analyze evidence of the validity and reliability of a Brazilian Portuguese version of the Quality of Care Scale from the perspective of people with physical and intellectual disabilities.

METHODS: There were 162 people with physical disabilities and 156 with intellectual disabilities from Porto Alegre and metropolitan region, who participated in the study in 2008. Classical psychometrics was used to independently analyze the two samples. Hypotheses for evidence of criterion validity (concurrent type) were tested with the Mann-Whitney test for non-normal distributions. Principal components analysis was used to explore factorial models. Evidence of reliability was calculated with Cronbach alpha for the scales and subscales. Test-retest reliability was analyzed for individuals with intellectual disabilities through intra-class correlation coefficient and the Wilcoxon test.

RESULTS: The principal components in the group with physical disabilities replicated the original model presented as a solution to the international project data. Evidence of discriminant validity and test-retest reliability was found.

CONCLUSIONS: The transcultural factor model found within the international sample project seems appropriate for the samples investigated in this study, especially the physical disabilities group. Depression, pain, satisfaction with life and disability may play a mediating role in the evaluation of quality of care. Additional research is needed to add to evidence of the validity of the instruments.

DESCRIPTORS: Disabled Persons. Health of the Disabled. Quality of Health Care. Scales. Validation Studies.
Concern with the quality of care given in health services stems from the relationship between this construct and expectation and quality of life. The World Health Organization (WHO) understands that quality in a health system presupposes a constant concern with six fundamental dimensions: efficacy (concern with real demands), efficiency (maximization of resources and reduction of waste), acceptance (focus on the patient, consideration of the preferences and cultural aspirations of each community), accessibility, equality, and safety. Quality of care (QC) involves the application of these quality dimensions in health to the offer of care and well-being and makes its confirmation possible from evaluating perspectives.

It is estimated that more than one billion people in the world live with disabilities and approximately 200 million of those people have considerable functional difficulties. According to the United Nations Organization (UN), 2/3 of the people with disabilities live in developing countries. This number increases continuously with population growth, wars and other forms of violence, inappropriate medical care, accidents, and increasing life expectancy. According to the UN, in 2010, 3.9% of the people in Brazil had disabilities, which represents 23.9% of the general population in that period. Considering the people affected indirectly by the disability of someone close, more than half of the world population is affected by issues related to disability. Thus, studies on QC received by people with disabilities have become important for public health.

QC evaluation in the scope of healthcare is extremely important and must be made with seriousness and care to prevent gathering unreliable evidence. In addition, the QC evaluation must consider that the concept is
The present study analyzes the validity and reliability of the QC scale that measures QC from the perspective of people with physical and intellectual disabilities. This study was originally drafted in the Brazilian Portuguese Language.

METHODOLOGY

This study is one stage of the DISQOL Project, coordinated by the WHO Quality of Life Group (WHOQOL Group), whose objective was to develop three instruments to evaluate people with disabilities: (1) quality of life, (2) quality of care, and (3) attitudes towards disabilities. The exploration of the concept by focal groups, comprising people with disabilities, family members, professionals, and caregivers, was followed by the pilot study and a field test that consolidated the results of 16 centers participating in the project.

The present study included 320 individuals, whose ages ranged from 18 to 65 years; who had physical or intellectual disabilities for at least two years and who were hospitalized in an institution that cares for disabled people, in an NGO, and in a school or health service center in Porto Alegre and its metropolitan region. In the case of people with physical disability, the disability needed to be self-declared by answering positively to the question: “Do you have a disability?” or at least to one of two additional questions: “Does your chronic disease cause you any limitation in your daily activities?” or “Does your chronic disease cause you any social restriction (social participation)?” These questions were included to respect the definition of disability given by the International Classification of Functioning, Disability, and Health (ICF) published by the WHO. The exclusion criterion for the people with intellectual disability was a failure in at least one of the two tests used in the pre-interview screening: the Acquiescence Test (adapted from Cummins), which identifies the tendency to agree and the Discriminative Competence Test (adapted from Dalton), which evaluates the competence to discriminate choices on a three-point scale. The sample was obtained by convenience. The WHOQOL Group stipulates a number of participants per center based on its broad experience with studies of this kind. It is difficult to find a base on literature or on conventional sample size calculations due to the transcultural nature, simultaneity, and originality of the study. Thus, the goal of 150 people with physical disabilities and 150 people with intellectual disabilities for each participating center was stipulated.

The individuals answered the following instruments:

• World Health Organization Disability Assessment Schedule II (WHODAS II): disability measurement in the ICF conceptual frame developed by the WHO (2000). Cronbach α: 0.98.

• Sociodemographic questionnaire: questions on socioeconomics and perception of the participant on his or her health condition and disability.

• Quality of Care Scale – Physical Disabilities (QOCS-D): instrument that evaluates QC for people with physical disabilities (Annex). This instrument contained 17 items developed from the material generated by international focus groups. Two items (18 and 19; Annex) were added to this transcultural proposal and inserted after analyzing the material generated in the local focus groups.

• Quality of Care Scale – Intellectual Disabilities (QOCS-ID): instrument that evaluates QC for people with intellectual disability. It is identical to QOCS-D (including local questions), but with a variation in the scale of answers, which has three points in this version. This version has graphic images (“smile faces”) introduced to facilitate the understanding of the respondents.

• Satisfaction with Life Scale (SWLS): this is a scale with five items. The higher the score, the higher the satisfaction with life. Cronbach α: 0.82.

• Beck Depression Inventory – version II (BDI-II): version with 21 items, translated and validated to Brazilian Portuguese to evaluate depression. Cronbach α: 0.92.

Due to practical constraints, a retest was only made with the sample of people with intellectual disabilities.

Independent analyses were made for the two samples and followed the classic psychometric principles. The distributions were tested by the Shapiro-Wilk and Kolmogorov-Smirnov tests. The results showed exclusively non-standard distributions, which resulted in the choice of non-parametric tests. Confidence intervals

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1 Organização Mundial da Saúde. Classificação Internacional de Funcionalidade, Incapacidade e Saúde - CIF. 2003. Original publicado em 2001.
2 Cummins RA. Comprehensive Quality of Life Scale – Intellectual/Cognitive Disability. 5.ed. (Com Qol-I5). Melbourne: Deakin University School of Psychology; 1997.
3 Hutz CS, Giacomoni CH. Adaptação da Escala de Satisfação de Diener para o Brasil. Porto Alegre: UFRGS, 1998. Manuscrito.
4 Beck AT, Steer RA, Brown GK. Manual for the Beck Depression Inventory-II. San Antonio, TX: Psychological Corporation; 1996.
5 Gorenstein C, Pang WY, Argimon IL, Werlang BSG. Manual do Inventário de Depressão de Beck – BDI II: adaptação brasileira. São Paulo: Casa do Psicólogo, 2012.
were stipulated at 95%. Absent data was filled in by the median of nearby points, which calculates the median of the points distributed above and below the results of the participant in the tabulation of the data. Factorial analyses were made with the analysis of main components and varimax rotation with Kaiser normalization.

The hypotheses for evidence of criterion validity (in this case, discriminant) were tested by the Mann-Whitney test for the variables: depression, satisfaction with life, disability, health status, disability status, age, income, and – in the case of the group with physical disability – schooling. The analysis of criterion validity seeks to predict the performance of a certain group of individuals. In the discriminant validity criterion, an evaluation is made regarding the degree to which the developing instrument correlates significantly with the variables that theoretically should correlate with it – and vice-versa. The reliability (analysis that refers to how close the score generated by the new instrument is to its real score in this construct) was calculated by the Cronbach α for scales and subscales (in both samples) and by means of a test-retest (only for those with intellectual disabilities). In this case, the calculation was made by the intraclass correlation coefficient (ICC, average measures, two-way-random) and Wilcoxon test for paired samples from averages of the domains. The Statistical Package for Social Sciences (SPSS) for Windows™ version 18.0 was used.

The project was approved by the Ethics Committee of the Hospital de Clínicas de Porto Alegre (HCPA – Process 06-020). The informed consent form emphasized the possibility of withdrawing from the study at any time. The signature of the term by one of the parents or guardian was requested for the participation of persons with intellectual disabilities. Candidates who were excluded from the study, in the case of people with intellectual disabilities, were not notified of the reason (failure in the screening tests). An action protocol was developed for the cases of moderate to severe depression and for the cases with either answer 2 or 3 for suicidal ideation (question 9 of the BDI-II). The protocol ranged from notifying the participant of the need for a depression evaluation to the notification of the medical staff in cases of confirmed suicidal ideation. The research was conducted within the standards determined by the Helsinki Declaration, ensuring anonymity and confidentiality.

RESULTS

A total of 162 people with physical disabilities (98 females, 60.5%) and 156 people with intellectual disabilities (55 females, 35.2%) from the metropolitan region of Porto Alegre participated in the study in 2008. The average age was 45.5 years for physical disabilities (12.3 SD) and 30.5 years for intellectual disabilities (9.4 SD). The group of people with physical disabilities comprised a variety of health conditions; the most common were visual impairments (15.4%), auditory impairments (6.8%), and sequelae from a cerebral vascular accident (2.5%). The rates of absent data for the groups remained at 0.1% for people with physical disabilities and 0.7% for people with intellectual disabilities. Two subjects were responsible for 58.0% of absent data in the second group. The absent data was equally distributed in the group with physical disabilities and there was no occurrence of more than one data absence for the same question. The highest rate of data absence (1.9%) was observed in item 9 (“I achieve more because of my disability”) for people with intellectual disabilities.

The internal consistency analyses showed satisfactory Cronbach α for the global scales (0.866 and 0.74 for the physical and intellectual disability versions, respectively) and for most of the subscales, in this case varying from 0.741 (Information factor) to 0.847 (Meeting Needs factor) for the physical disability version, and from 0.604 (Access to Health Care factor) to 0.708 (Meeting Needs factor) for the intellectual disability version. The inclusion of two local items in the internal consistency analyses made no practical alterations in the results of the Cronbach α, resulting in 0.876 for the physical disability version and 0.75 for the intellectual disability version.

The analysis of the main components of the sample of people with physical disabilities resulted in a four-factor model, as in the transcultural study, with the maintenance of the same distribution of items in the factors and same sequence of importance of the factors (Table 1). Two local items formed a dual group in a fifth factor. The analysis of main factors resulted in a six-factor model in the sample of people with intellectual disabilities, with a grouping of four of the items from F1 (from the original transcultural distribution) in a first factor (Table 2). Forcing an analysis of the four-factor model, a first factor was comprised, almost exclusively, of items from the original F1 was obtained. F4 items were grouped into a second factor. The items from F2 and F3 were mingled in the last two factors (Table 3). The local items numbered 18 and 19, when included in the exploratory analysis, were grouped in the factors 5 and 6, respectively, and in the factors 3 and 4 during a second analysis based on the quantity of factors obtained from the transcultural analyses of the WHOQOL Group.

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5 World Medical Association. Declaration of Helsinki: ethical principles for medical research involving human subjects: updated version – 2008 [cited 2011 Jan 23]. Available from: http://www.wma.net/
**Table 1.** Exploratory factorial analysis: group of people with physical disability. Porto Alegre, RS, Southern Brazil, 2012. (N = 160)

| Item                        | Component | Factor in which the item clustered in the international scale |
|-----------------------------|-----------|--------------------------------------------------------------|
|                             | 1         | 2       | 3       | 4       | 5       | 6       |
| 10 - Support for leisure activities | 0.824     | 0.072    | 0.241   | 0.048   | F1      |
| 12 - Standards of care      | 0.773     | 0.228    | 0.211   | 0.200   | F1      |
| 11 - Support for social activities | 0.745     | 0.034    | 0.307   | -0.038  | F1      |
| 9 - Support for activities of daily living | 0.717     | 0.263    | -0.036  | -0.078  | F1      |
| 13 - Safety of care         | 0.578     | 0.258    | 0.335   | 0.239   | F1      |
| 1 - Competence of care providers | 0.053     | 0.769    | 0.056   | 0.075   | F2      |
| 3 - Person centred care     | 0.186     | 0.743    | 0.204   | 0.196   | F2      |
| 2 - Knowledge of care providers | 0.147     | 0.738    | 0.060   | 0.148   | F2      |
| 4 - Autonomy                | 0.183     | 0.709    | 0.120   | 0.055   | F2      |
| 15 - Information about services | 0.227     | 0.119    | 0.780   | 0.056   | F3      |
| 16 - Information about benefits | 0.138     | 0.094    | 0.771   | -0.065  | F3      |
| 17 - Clarity of information | 0.217     | 0.081    | 0.698   | 0.310   | F3      |
| 14 - Information about disability | 0.138    | 0.177    | 0.536   | 0.304   | F3      |
| 8 - Cost of care            | 0.310     | -0.057   | 0.127   | 0.708   | F4      |
| 7 - Rights to care          | 0.048     | 0.389    | 0.019   | 0.701   | F4      |
| 6 - Access to services      | -0.259    | 0.160    | 0.143   | 0.669   | F4      |
| 5 - Availability of services | 0.143     | 0.487    | 0.199   | 0.493   | F4      |

KMO: 0.836. Barlett test: p < 0.001. Variance explained: 61.407%.

Extraction: Principal components method. Rotation: Varimax with Kaiser normalization. Eigenvalues > 1.0. F1: Meeting Needs; F2: Information; F3: Staff Quality; F4: Accessibility of care.

The values in bold are those that showed the highest value.

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**Table 2.** Factorial analysis: group of people with intellectual disability. Porto Alegre, RS, Southern Brazil, 2012. (N = 156)

| Item                        | Component | Factor in which the item clustered in the international scale |
|-----------------------------|-----------|--------------------------------------------------------------|
|                             | 1         | 2       | 3       | 4       | 5       | 6       |
| 10 - Support for leisure activities | 0.796     | 0.016    | 0.014   | 0.132   | -0.092  | 0.143   | F1      |
| 11 - Support for social activities | 0.695     | 0.271    | -0.046  | 0.128   | -0.039  | -0.001  | F1      |
| 9 - Support for activities of daily living | 0.668     | 0.159    | -0.080  | -0.132  | 0.260   | -0.043  | F1      |
| 12 - Standards of care      | 0.564     | 0.073    | 0.076   | 0.047   | 0.245   | 0.182   | F1      |
| 1 - Competence of care providers | 0.515     | 0.357    | 0.356   | -0.033  | -0.058  | -0.224  | F3      |
| 3 - Person centred care     | 0.235     | 0.690    | 0.145   | -0.059  | 0.237   | -0.098  | F1      |
| 2 - Knowledge of care providers | 0.173     | 0.623    | 0.157   | 0.381   | -0.175  | 0.099   | F2      |
| 4 - Autonomy                | 0.204     | 0.579    | 0.199   | 0.127   | 0.111   | 0.139   | F3      |
| 15 - Information about services | 0.095     | 0.488    | -0.143  | 0.327   | 0.383   | -0.050  | F2      |
| 16 - Information about benefits | 0.018     | 0.304    | 0.725   | -0.052  | 0.177   | 0.070   | F4      |
| 17 - Clarity of information | 0.043     | 0.204    | 0.696   | -0.161  | -0.078  | 0.090   | F4      |
| 5 - Availability of services | 0.052     | -0.318   | 0.668   | 0.396   | 0.106   | -0.191  | F4      |
| 16 - Information about benefits | 0.007     | 0.056    | -0.083  | 0.794   | -0.096  | -0.009  | F2      |
| 15 - Information about services | 0.108     | 0.226    | -0.009  | 0.726   | 0.239   | 0.046   | F2      |
| 2 - Knowledge of care providers | 0.080     | 0.163    | 0.011   | 0.151   | 0.749   | 0.184   | F3      |
| 6 - Access to services      | 0.125     | 0.003    | 0.423   | -0.207  | 0.581   | -0.219  | F4      |
| 4 - Autonomy                | 0.149     | 0.037    | 0.023   | 0.003   | 0.063   | 0.917   | F3      |

KMO: 0.707. Barlett test: p < 0.001. Variance explained: 61.7%.

Extraction: Principal components method. Rotation: Varimax with Kaiser normalization. Eigenvalues > 1.0. F1: Meeting Needs; F2: Information; F3: Staff Quality; F4: Accessibility of care.

The values in bold are those that showed the highest value.
The analyses to verify the discriminant validity of QOCS-D in the group of people with physical disabilities showed no significant difference between groups stratified by the need for medical treatment. The year of study, health and disability status showed a slightly significant difference only in F2 (for physical disabilities, corresponding to the Information factor). Moreover, age also showed a slightly significant difference in the groups, but only in F3 (for physical disabilities, corresponding to the Staff Quality factor) (Table 4). The analyses for discriminant validity in the group of people with intellectual disabilities showed no significant differences between the groups created by the variables of age, need of medical treatment, and health status. There was a slightly significant difference in F4 (Accessibility of Care) in the stratification of groups by the variable disability status (Table 5).

From the 96 participants with intellectual disabilities who participated in retest, 27 were excluded due to the occurrence of an important situation (positive or negative) in their lives in the testing interval period. This data was obtained by the question: “Was there any important fact or change in your life in the last month? (For example: Did you separate from your partner? Have you become ill? Has any family member or person close to you died? Did you lose your job? Did you get married?) (yes/no)” The average interval period between test and retest was 28 days (13.58 SD). Significant differences were found in the analysis with ICC for all the four factors (p > 0.05). Simultaneously, no significant differences were found in the Wilcoxon test for paired samples. Both these pieces of information reinforce the hypothesis of evidence of test-retest reliability.

**DISCUSSION**

The result of analyzing the main components of the group with physical disabilities replicated the original model shown as a solution to the international data of the project. This is an important result, considering that the initial objective was to develop a valid instrument for use in the Brazilian Portuguese language that would also be transcultural. Nevertheless, the groupings showed differences in relation to the transcultural model in the sample of people with intellectual disabilities. The presence of the “Accessibility of Care” factor, in second place in the four-factor forced model, may point to the social questions related to the difficulty of accessing health care in Brazil.

The maintenance of F1 (“Meeting Needs”) in almost all items in all the models tested points to a definition of QC from the perspective of people with disabilities. This definition is wider than those linked exclusively to the quality of health care. This is clear when observing the content of items in this factor: support for leisure activities, for social activities, and daily living activities, and health service standards – this last one more obviously linked to quality. The attitudes of health professionals influence the perception of QC and may be easily worked with behavioral intervention strategies.16
Table 4. Discriminant validity of QOCS for people with physical disability. Porto Alegre, RS, Southern Brazil, 2012.

| Factor (a) | Income | To what extent do you feel that (physical) pain prevents you from doing what you need to do? (WHOQOL-Bref, question 3) | (n = 68) | (n = 91) | df = 157 | (n = 91) | (n = 102) | (n = 57) | df = 157 |
|------------|--------|--------------------------------------------------------------------------------------------------------------------------------|---------|---------|-----------|---------|---------|---------|---------|
|            | Mean   | SD     | Median | Min | Max | Mean   | SD     | Median | Min | Max | Mean   | SD     | Median | Min | Max | Z | r    | Mean   | SD     | Median | Min | Max | Z | d |
| F1         | 15.47  | 5.63   | 16.5   | 5   | 25  | 19.09  | 4.73   | 20     | 5   | 25  | 18.42  | 5.23   | 19     | 5   | 25  | -4.23b | -0.34  | 15.96  | 5.45   | 17     | 5   | 25  | -2.86a | -0.43  |
| F2         | 12.6   | 4.06   | 12.5   | 4   | 20  | 14.56  | 3.76   | 15     | 4   | 20  | 14.53  | 3.75   | 15     | 4   | 20  | -3.07a | -0.24  | 12.28  | 4.06   | 12     | 4   | 20  | -3.52b | -0.28  |
| F3         | 15.53  | 3.53   | 16     | 7   | 20  | 16.48  | 3.07   | 17     | 8   | 20  | 15.87  | 3.58   | 16.5   | 7   | 20  | -1.61 | -0.13  | 16.35  | 2.75   | 16     | 10  | 20  | -0.46 | -0.04  |
| F4         | 12.32  | 3.63   | 12     | 6   | 20  | 14.27  | 3.9    | 15     | 6   | 20  | 13.5   | 4.18   | 13     | 6   | 20  | -3.1a  | -0.25  | 13.32  | 3.35   | 14     | 7   | 19  | -0.25 | -0.02  |

| Factor (a) | Thinking about your care over the last six months, did you have any unmet needs? (QOCS, Objective module, question 20.1) | Depression (BDI-II) (b) | (n = 44) | (n = 96) | df = 138 | ≤ 11 (n = 79) | ≥ 12 (n = 79) | df = 156 |
|------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|---------|---------|-----------|---------|---------|---------|---------|
|            | Mean   | SD     | Median | Min | Max | Mean   | SD     | Median | Min | Max | Mean   | SD     | Median | Min | Max | Z | r    | Mean   | SD     | Median | Min | Max | Z | d |
| F1         | 15.59  | 5.97   | 16.5   | 5   | 25  | 18.31  | 5.01   | 19     | 6   | 25  | 19.84  | 4.36   | 20     | 5   | 25  | -2.6a  | -0.22  | 15.38  | 5.52   | 16     | 5   | 25  | -5.36a | -0.43  |
| F2         | 12.36  | 4.22   | 12     | 4   | 20  | 14.04  | 3.81   | 14.75  | 4   | 20  | 14.96  | 3.81   | 16     | 4   | 20  | -2.3a  | -0.19  | 12.47  | 3.84   | 12     | 4   | 20  | -4.12b | -0.33  |
| F3         | 14.84  | 3.39   | 15.5   | 7   | 20  | 16.63  | 3.18   | 17     | 8   | 20  | 16.8   | 2.97   | 17     | 8   | 20  | -2.85a | -0.24  | 15.34  | 3.46   | 15     | 7   | 20  | -2.7a  | -0.21  |
| F4         | 11.4   | 3.28   | 11     | 7   | 18  | 14.41  | 3.18   | 15     | 6   | 20  | 14.73  | 3.85   | 15     | 6   | 20  | -4.25b | -0.36  | 12.22  | 3.56   | 12     | 6   | 20  | -4.04b | -0.32  |

| Factor (a) | Satisfaction with life (SWLS) (b) | Functionality (WHODAS-II) (b) | ≤ 23 (n = 80) | ≥ 24 (n = 80) | df = 158 | ≤ 25 (n = 76) | ≥ 26 (n = 80) | df = 154 |
|------------|-------------------------------------|---------------------------------|---------|---------|-----------|---------|---------|---------|---------|
|            | Mean   | SD     | Median | Min | Max | Mean   | SD     | Median | Min | Max | Mean   | SD     | Median | Min | Max | Z | r    | Mean   | SD     | Median | Min | Max | Z | d |
| F1         | 16.23  | 5.73   | 17     | 5   | 25  | 18.9   | 4.75   | 19.5   | 5   | 25  | 19.03  | 4.67   | 19.5   | 6   | 25  | -3.2a  | -0.25  | 16.48  | 5.74   | 18     | 5   | 25  | -2.72a | -0.22  |
| F2         | 12.98  | 3.95   | 13     | 4   | 20  | 14.45  | 3.91   | 15     | 4   | 20  | 14.78  | 3.48   | 15.5   | 6   | 20  | -2.46a | -0.19  | 12.82  | 4.24   | 13     | 4   | 20  | -2.9a  | -0.23  |
| F3         | 15.68  | 3.39   | 16     | 7   | 20  | 16.44  | 3.17   | 17     | 8   | 20  | 16.01  | 3.48   | 17     | 7   | 20  | -1.44 | -0.11  | 16.16  | 3.15   | 16     | 8   | 20  | -0.1 | -0.01  |
| F4         | 12.98  | 3.64   | 13     | 6   | 20  | 13.93  | 4.09   | 14     | 6   | 20  | 13.96  | 3.98   | 14     | 6   | 20  | -1.54 | -0.12  | 12.94  | 3.81   | 13     | 6   | 20  | -1.61 | -0.13  |

WHOQOL-Bref: World Health Organization Quality of Life-Brief Instrument; BDI-II: Beck Depression Inventory –II; SWLS: Satisfaction With Life Scale; WHODAS-II: World Health Organization Disability Assessment Schedule-II; F1: Meeting Needs; F2: Staff Quality; F3: Information; F4: Accessibility to care.

(a) Factors in accordance with those found in the transcultural project (global sample).
(b) Stratified by quantiles.

* p < 0.05
* p ≤ 0.001
Table 5. Discriminant validity of QOCS for people with intellectual disability. Porto Alegre, RS, Southern Brazil, 2012.

| Factor (a) | Income | To what extent do you feel that (physical) pain prevents you from doing what you need to do? (WHOQOL-Bref, question 3) |
|-----------|--------|---------------------------------------------------------------------------------------------------------------|
|           | Well below or Slightly below average (n = 60) | Average, Slightly above or Well above average (n = 91) | df = 149 | Not at all (n = 93) | Moderately and Totally (n = 59) | df = 150 |
|           | Average SD Median Min Max | Average SD Median Min Max | Z | r | Average SD Median Min Max | Average SD Median Min Max | Z | r |
| F1 | 12.45 2.08 13 6 15 | 12.79 2.57 14 5 15 | -1.52 -0.12 | 12.83 2.38 13 5 15 | 12.31 2.44 13 5 15 | -1.5 -0.12 |
| F2 | 8.22 2.03 8 4 12 | 9.56 2.17 10 4 12 | -3.85b -0.31 | 9.01 2.23 9 4 12 | 9.08 2.15 9 5 12 | -0.06 0.00 |
| F3 | 10.28 1.57 10.5 6 12 | 10.46 1.53 11 7 12 | -0.79 -0.06 | 10.48 1.54 11 7 12 | 10.21 1.64 10 6 12 | -1.04 -0.08 |
| F4 | 8.37 2.11 8 4 12 | 8.63 2.46 9 4 12 | -0.75 -0.06 | 9.27 2.37 9 4 12 | 7.56 1.88 8 4 12 | -0.39 -0.32 |

Thinking about your care over the last six months, did you have any unmet needs? (QOCS, Objective module, question 20.1)

| Factor (a) | Yes (n = 25) | No (n = 104) | df = 127 | ≤ 5 (n = 70) | ≥ 6 (n = 82) | df = 150 |
|-----------|-------------|-------------|-----------|-------------|-------------|-----------|
|           | Mean SD Median Min Max | Mean SD Median Min Max | Z | R | Mean SD Median Min Max | Mean SD Median Min Max | Z | R |
| F1 | 11.28 2.26 11 6 15 | 12.77 2.49 14 5 15 | -2.96a -0.26 | 13.23 1.96 14 9 15 | 12.12 2.62 12.5 5 15 | -2.59a -0.21 |
| F2 | 8.36 2.1 8 4 12 | 9.47 2.11 10 4 12 | -2.41a -0.21 | 8.95 2.23 9 4 12 | 9.1 2.21 9.5 4 12 | -0.42 -0.03 |
| F3 | 9.28 1.72 9 7 12 | 10.5 1.52 11 6 12 | -3.21 b -0.28 | 10.69 1.42 11 7 12 | 10.07 1.63 12 6 12 | -2.38 -0.19 |
| F4 | 7.08 2.12 8 4 11 | 8.7 2.43 9 4 12 | -2.86a -0.25 | 8.87 2.33 9 4 12 | 8.07 2.25 8 4 12 | -2.21 -0.18 |

Satisfaction with life (SWLS) (b)

| Factor (a) | ≤ 30 (n = 72) | ≥ 31 (n = 82) | df = 152 | ≤ 18 (n = 82) | ≥ 19 (n = 73) | df = 153 |
|-----------|---------------|---------------|-----------|---------------|---------------|-----------|
|           | Mean SD Median Min Max | Mean SD Median Min Max | Z | R | Mean SD Median Min Max | Mean SD Median Min Max | Z | R |
| F1 | 12.04 2.37 12 6 15 | 13.21 2.3 14.5 5 15 | -3.43b -0.28 | 13.34 2.15 14.25 5 15 | 11.88 2.43 12 6 15 | -4.04b -0.32 |
| F2 | 8.47 2.18 8 4 12 | 9.53 2.14 10 4 12 | -3.03a -0.24 | 9.23 2.34 10 4 12 | 8.82 2.04 9 4 12 | -1.29 -0.10 |
| F3 | 9.92 1.69 10 6 12 | 10.77 1.34 11 7 12 | -3.19a -0.26 | 10.82 1.34 11 7 12 | 9.86 1.64 10 6 12 | -3.77 -0.30 |
| F4 | 8.17 2.28 8 4 12 | 8.76 2.34 9 4 12 | -1.54 -0.12 | 8.99 2.26 9 4 12 | 7.88 2.27 8 4 12 | -3.11 -0.25 |

Depression (BDI-II) (b)

WHQOL-Bref: World Health Organization Quality of Life-Brief Instrument; BDI-II: Beck Depression Inventory–II; SWLS: Satisfaction With Life Scale; WHODAS-II: World Health Organization Disability Assessment Schedule-II; F1: Meeting Needs; F2: Information; F3: Staff Quality; F4: Accessibility to care

(a) Factors in accordance with those found in the transcultural project (global sample).

(b) Stratified by quantiles.

*p < 0.05

*p ≤ 0.001
The resulting factorial model for people with physical disabilities reinforces the maintenance of the transcultural model. More studies are needed with larger samples before refuting the transcultural model for people with intellectual disabilities that can be proposed. The local questions did not explain the model as a whole and should be treated as experimental and independent from other factors in new investigations.

The analysis between groups pointed to the existence of evidence of discriminant validity in the two first QOCS-D factors (F1, “Meeting Needs” and F2, “Staff Quality”) for the variables of income, physical pain, satisfaction with life, disability, need for health care not met, and depression. Elements such as the technical competence of the health services and its professionals and human proximity in the rendering of these services had been valued before by the people with disabilities as important for the quality of the health care team. There was evidence of discriminant validity in two other factors (F3, “Information”, and F4, “Accessibility of Care”) on the variables need for treatment not met and depression. This may indicate the need for control of depression and pain in the QC evaluations that can act as confusing variables for the evaluation of quality. There was evidence of discriminant validity between the groups as to the income for F4, pointing to the perception of more difficulty in the access to health from the perspective of people with physical disability and less income in this study.

In QOCS-ID version, evidence of discriminant validity was observed for all the factors only in the need for treatment not met variable. This, added to what was observed in QOCS-D in relation to this variable, suggests the construct validity of the instrument, especially when considering the groups stratified by the variable as criterion groups. Factor F1 (“Meeting Needs”) showed significant differences for the group with intellectual disabilities based on depression, satisfaction with life, and disability. F2 (“Information”) generated a highly significant difference and a significant difference for income and satisfaction with life, respectively. F3 (“Staff Quality”), for depression, satisfaction with life, and disability, and the differences were highly significant in the last two. F4 (“Accessibility of Care”) generated significant differences in the variables physical pain, depression, and disability, and the differences were highly significant in the last. This suggests a mediating role of the perception of disability in the QC evaluation that should be better investigated in future studies. The fact that variables such as income, physical pain, satisfaction with life, disability, need for treatment not met, and depression did not show significantly different scores between the groups in a QC evaluation instrument does not necessarily indicate a failure of the instrument; it may rather indicate the unimportance of these variables in the determination of the outcome.

The analysis of the test-retest reliability, evaluated in people with intellectual disabilities, has shown a highly significant level of ICC for F2 (“Information”) and a significant level for other factors. At the same time, the Wilcoxon test did not point to the occurrence of significant differences between the interval measurements. This confirms the hypothesis of the test-retest reliability of the instrument and reinforces the idea of competence of people with light to moderate intellectual disability to self-report their perception of the abstract constructs – discussion currently present in the literature.

The models of factors found in the international samples of the DISQOL project showed a similar performance when applied to the samples reported here, especially the physical one. Additional studies are necessary to gather evidence as to the validities of QOCS-D and QOCS-ID instruments. The authors suggest that these analyses be made with control for depression, pain, satisfaction with life, and disability – variables that seem to have a mediating role in the QC evaluation.

The present study shows limitations that stem mainly from the sampling as to convenience sampling and size. Therefore, generalizations must not be made based on these results, and more studies on validity and reliability and with other samples and populations are necessary. Simultaneously, it is believed that QOCS-D and QOCS-ID are useful tools in the survey of information on the care offered to people with disabilities, and may supply information with the potential to aid the development of public policies focused on improving the quality of care and, consequently, the well-being.
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### ANNEX

Items from QCOS for people with physical and intellectual disabilities. Porto Alegre, RS, Southern Brazil, 2008.

| Item | Question |
|------|----------|
| 1    | Are the people who provide your care (the professional staff) good at their jobs? |
| 2    | Do the people who provide your care know enough about your condition or disability? For example, do they know enough about the problems or difficulties you experience? |
| 3    | Do the people who provide your care meet your needs? |
| 4    | Do the people who provide your care involve you in decisions about your health and/or social care? |
| 5    | Do you have to wait a long time to see the people who provide your care? For example, does it take long to get appointments with doctors, psychologists, nurses, physiotherapists, social workers etc.? |
| 6    | Do you have to do a lot of paperwork to get the services you need? For example, do you have to fill in lots of forms? |
| 7    | Do you have to fight for the care and support you need? |
| 8    | Does a lack of services where you live limit the care and support you get? For example, if there is a lack of facilities, staff, or money for medicines or other treatments. |
| 9    | Does a lack of services where you live limit the care and support you get? For example, if there is a lack of facilities, staff, or money for medicines or other treatments. |
| 10   | Can you get help to take part in leisure activities? For example, things you like to do for fun, your hobbies and interests. |
| 11   | Can you get help to take part in social activities? For example, meeting friends or going out for a meal. |
| 12   | Do you get enough care and support? For example, do you have enough people looking after you to meet your needs? |
| 13   | Do you feel safe about the care you get? For example, do you feel secure and protected, that you will not have an accident or get hurt, that you will not suffer abuse etc.? |
| 14   | Have you been given enough information about your disability? For example, has someone talked to you about your disability or health problems? |
| 15   | Do you know about the services and support you can get to help you? For example, treatments, therapies, medicines, support associations, aids and equipment. |
| 16   | Do you know about the money and other benefits you can get to help you? For example, a pension, free transport, day services. |
| 17   | Are you given information in a way that you can understand easily? For example, do people tell you things in a way you can understand and explain things clearly to you; is any written material easy to understand? |

**Local Items**

| Item | Question |
|------|----------|
| 18   | Is it easy to get appointments with health care professionals? For example, doctors, psychologists. |
| 19   | Is it easy to get appointments with non-medical professionals? For example, occupational therapists, social workers. |