The Impact of Halogenated Phenylalanine Derivatives on NFGAIL Amyloid Formation

Suvrat Chowdhary,[a] Johann Moschner,[a] Dorian J. Mikolajczak,[a] Maximilian Becker,[b]
Andreas F. Thüenemann,[c] Claudia Kästner,[c] Damian Klemczak,[d] Anne-Katrin Stegemann,[a]
Christoph Böttcher,[e] Pierangelo Metrangolo,[f] Roland R. Netz,[b] and Beate Koksch*[a]

The hexapeptide hIAPP22–27 (NFGAIL) is known as a crucial amyloid core sequence of the human islet amyloid polypeptide (hIAPP) whose aggregates can be used to better understand the wild-type hIAPP’s toxicity to β-cell death. In amyloid research, the role of hydrophobic and aromatic-aromatic interactions as potential driving forces during the aggregation process is controversially discussed not only in case of NFGAIL, but also for amyloidogenic peptides in general. We have used halogenation of the aromatic residue as a strategy to modulate hydrophobic and aromatic-aromatic interactions and prepared a library of NFGAIL variants containing fluorinated and iodinated phenylalanine analogues. We used thioflavin T staining, transmission electron microscopy (TEM) and small-angle X-ray scattering (SAXS) to study the impact of side-chain halogenation on NFGAIL amyloid formation kinetics. Our data revealed a synergy between aggregation behavior and hydrophobicity of the phenylalanine residue. This study introduces systematic fluorination as a toolbox to further investigate the nature of the amyloid self-assembly process.

Introduction

Native proteins can undergo misfolding and aggregation under conditions of environmental stress.[1] A well-known example are amyloid fibrils, which are pathological signatures of neurodegenerative disorders like Alzheimer’s disease (AD), Huntington’s disease (HD), Parkinson’s disease (PD) and type II diabetes (T2D).[2] In case of T2D, the human islet amyloid polypeptide (hIAPP) aggregates into highly structured amyloid plaques.[3] It is suspected, that hIAPP’s toxicity is related to a disruption of the cell membrane of insulin-producing β-cells within the pancreas induced by transient oligomeric aggregates.[4] Several reports studied the complex nature of membrane-associated amyloid formation causing β-cell dysfunction in order to understand the correlation between amyloid growth and cell damage.[5] Thus, an in-depth understanding of the nucleation process of amyloid fibrils is of paramount importance to enable the development of efficient techniques for regulating their kinetics. In 1990, Westermark et al. reported that IAPP-derived amyloids are only formed by humans, cats, and some non-human primates and not observed in case of rodents possessing the rat sequence rIAPP which differs by six amino acids mostly located in the region of residue 20–29.[6] Initial studies revealed hIAPP’s amyloidogenicity substantiated in the 20–29 region since the sequence hIAPP20–29 (SNNFGAILSS) exposed an amyloidogenic behavior, whereas rIAPP20–29 (SNNLGVPPLL) does not form fibrils.[7] Interestingly, Brender et al. studied these sequences in context of membrane disrupting effects and observed membrane fragmentation due to interaction of hIAPP20–29 (SNNFGAILSS) with phospholipid bilayers.[8] Tenidis et al. explored the hexamer hIAPP22–27 (NFGAIL) as amyloid core domain, which is assembling into β-sheet-containing amyloid fibrils and possesses a similar cytotoxicity towards the pancreatic cell line RIN5fm as the full-length protein.[9] Among many theoretical[10] and experimental studies[11] about the importance of aromatic residues in amyloid formation, an alanine-scanning mutagenesis experiment[12] indicated attractive interactions between phenylalanine residues as main driving forces. In addition, previous studies described the onset of early NFGAIL-oligomers by use of ion mobility-mass spectrometry combined with gas-phase IR spectroscopy.[13] Recent articles in amyloid...
research highlighted the utilization of computational methods to explore the nature of amyloidogenic peptides. In particular, conformational and structural changes of $\alpha_{3-42}$ due to its interaction with toxic gas like CO$_2$ and NO$_x$ were reported, but also the investigation of membrane binding behaviors of $\alpha_{3-42}$ in different oligomeric states using coarse-grained (CG) MD simulations.

Selective incorporation of fluorinated amino acids is known as a powerful tool to fine-tune biophysical and chemical properties of peptides and proteins. This type of protein engineering has been exploited as a tool to study, for instance, amyloid fibrillogenesis in real-time by $^{19}\text{F}$ NMR spectroscopy combined with CD spectroscopy as reported for the peptides $\alpha_{3-42}$ and $\alpha_{3-42}$.$^{[17]}$ Incorporation of fluorinated amino acids into amyloidogenic peptides enables to define its impact on the overall fibril structure by probing $^{19}\text{F}–^{19}\text{F}$ distances by solid-state $^{19}\text{F}$ NMR spectroscopy.$^{[18]}$ In general, fluorine has shown to alter important features like hydrophobicity, protolytic stability and secondary structure propensity of respective amino acids, but this alteration is still difficult to predict.$^{[14,15]}$ On the other hand, H–F substitution of a phenylalanine side chain leads to a rearrangement of the electrostatic potential (ESP) and, in extreme cases, reverses the quadrupole moment of aromatic systems.$^{[19]}$ This strategy can be used to further elucidate the aggregation process, yet reports of its impact are scarce. The impact of aromatic fluorinated amino acids in amyloid formation was studied by substitution of Phe in $\alpha_{3-42}$ and $\alpha_{3-42}$.$^{[20]}$ Mono-fluorination at para-position$^{[21]}$, and, ultimately, perfluorination of the aromatic side chain$^{[22]}$ in these model peptides led to faster aggregation kinetics. However, whether the amyloidogenicity of aromatic residues is due to high hydrophobicity or formation of stabilizing $\pi–\pi$ interactions is controversially discussed.$^{[20,21]}$

Thus, the state of the art in this field of research called for a systematic study regarding the impact of the aromatic residue on the kinetics of NFGAIL amyloid formation. Our approach was to introduce fluorine and iodine substituents in different numbers and positions into the Phe residue of NFGAIL. A library of NFGAIL variants was prepared, in which Phe is systematically substituted with the selected symmetrical halogenated building blocks $[4\text{F}]$Phe, $[3.5\text{F}]$Phe, $[2.3.5.6\text{F}]$Phe, $[2.3.4.5.6\text{F}]$Phe and $[2.3.5.6\text{F}]$Phe. These sequences were studied by employing thioflavin T fluorescence assays, transmission electron microscopy (TEM) and small-angle X-ray scattering (SAXS).

Results and Discussion

Design of halogenated NFGAIL variants

Although the replacement of carbon-bonded hydrogen with fluorine is generally considered to be isosteric,$^{[22]}$ incorporation of fluorinated amino acids has shown to drastically change the chemical properties of peptides and proteins.$^{[15c,16]}$ To the best of our knowledge, a hydrophobicity scale for fluorinated analogues of aromatic amino acids has not been reported yet. In order to establish a suitable indicator of hydrophobicity for the here studied phenylalanine derivatives (Figure 1a), we introduced a condensed-phased plot (Figure 1b) generated by comparison of the retention time of both Fmoc-protected natural and fluorinated amino acids as part of a standardized HPLC assay correlated to computed vdW volumes of their side chains.$^{[23]}$ Also, we calculated corresponding MlogP values for Phe, $[4\text{F}]$Phe, $[2.3.5.6\text{F}]$Phe, $[2.3.4.5.6\text{F}]$Phe and $[2.3.5.6\text{F}]$Phe as published by Moriguchi et al. (Figure 1c).$^{[24]}$ Both the experimentally determined hydrophobicity scale (Figure 1b) and the calculated MlogP plot (Figure 1c) confirm an outstanding shift in hydrophobicity and size of the side chain of Phe due to fluorination as shown in Figure 1b, while the extent of fluorination determines the dimension of the change. The presented fluorinated Phe variants can be classified as "partially fluorinated" and "perfluorinated".

According to the condensed-phased RP-HPLC-assay, partially fluorinated analogues $[4\text{F}]$Phe $t_s$ (HPLC-assay): 15.44 min, $[3.5\text{F}]$Phe $t_s$ (HPLC-assay): 16.15 min and $[2.3.5.6\text{F}]$Phe $t_s$ (HPLC-assay: 15.81 min) show enhanced hydrophobicity compared to Phe $t_s$ (HPLC-assay: 14.38 min) but comparatively small differences to themselves, whereas a stronger increase is observed in case of $[2.3.5.6\text{F}]$Phe $t_s$ (HPLC-assay: 18.57 min) and its iodinated analogue $[2.3.5.6\text{F}]$Phe $t_s$ (HPLC-assay: 19.99 min). The latter exhibits the most hydrophobic character combined with the highest vdW volume among all studied Phe variants. Furthermore, recent investigations provided experimental evidence for 4-iodotetrafluorophenylalanine to act as halogen bond-donor, which could also affect amyloid formation.$^{[25]}$ Interestingly, a consistent correlation between a growing degree of side-chain halogenation and increasing hydrophobicity is not fully accounted in case of $[2.3.5.6\text{F}]$Phe. While the HPLC assay depicts slightly weaker hydrophobic properties of the tetrafluorinated Phe variant in contrast to $[3.5\text{F}]$Phe, their MlogP values appoint an succinctly opposite trend. This is not surprising, since significant differences between both scales exist as they are based on different principles.$^{[26]}$ To overcome this limitation, our group was recently involved in the development of a universal hydrophobicity scale based on clustering of amino acids in the gas phase revealing a unique behavior of fluorinated Phe variants by a decrease in hydrophobicity compared to Phe.$^{[27]}$

Besides hydrophobicity, $\pi–\pi$ interactions have been proposed to play a significant role during amyloid formation in general but several conflicting reports about their importance exist.$^{[21,28]}$ These interactions can be defined as a sum of the interplay between aromatic side chains involving hydrophobic, van der Waals, and also electrostatic forces.$^{[29]}$ They are based on specific types of geometries (face-face/edge-face) that differ by the angle between two rings and their offset value (Figure 2a).$^{[28b,c]}$ Experimental studies showed a very low amyloidogenic potential in case of the related sequence NFGAILSS and explained this circumstance through a disruption in face-face-stacking by the substitution of Phe with Tyr, as molecular dynamics simulations predicted mainly edge-face interactions for Tyr–Tyr pairs.$^{[28]}$ In contrast, substitution of Phe with Leu in NFGAIL was reported to retain its amyloidogenic
Herein, the fine-tuned electron density in selected fluorinated phenylalanine analogues allows to gain a deeper insight into occurrences and geometries of aromatic–aromatic interactions in NFGAIL amyloid formation. Calculated electrostatic potential maps of [2.3.5.6F]Phe (Figure 2b,[4]) and [2.3.4.5.6F]Phe (Figure 2b,[5]) highlight the edge-face interaction as favored geometry for the tetrafluorinated variant during amyloid formation, whereas face-face stacking is expected for the perfluorinated derivative as previously reported for native phenylalanine.[9a,30b,31] It was concluded that the electrophilic H-atom of [2.3.5.6F]Phe at para-position could retard the preorganization of amyloid formation kinetics by occupying an edge-face geometry, whereas incorporation of the perfluorinated Phe variant [2.3.5.6F]Phe would result in a face-face geometry during NFGAIL nucleation. It must be mentioned that during NFGAIL self-assembly, aromatic–aromatic interactions are proposed to act as a tool for preorganization in molecular recognition processes, particularly the association to oligomeric nuclei. Investigation of this part of the self-assembly process gives important information about amyloid nucleation, while structural characterization can define a possible aryl-aryl geometry in solid fibrils formed during the saturation phase. Based on MD simulations[32] and X-ray crystallography experiments[28b,33] Guo and co-workers and Eisenberg and co-workers reported for hAPP22–27 (NFGAILSS) an orientation of cross-β pattern in the fibril with interactions between Phe and Ile residues of opposite strands. Furthermore, Nielsen and co-workers used solid-state NMR spectroscopy to determine a supramolecular structure for hAPP22–29 (SNFNGAILSS) based on an antiparallel steric zipper type with interacting Phe and Leu residues between two neighboring β-sheets as well as between Phe and Ile of the opposite β-sheet strands.[31]

Thioflavin T fluorescence assay for the detection of NFGAIL amyloid formation

The hexapeptide NFGAIL is capable to form amyloid fibrils at neutral pH.[8] Kinetics of fibril formation were monitored in real-time using thioflavin T staining. We used this method for defining amyloid formation kinetics of the corresponding NFGAIL variants N-[4F]Phe-GAIL (Figure 3a), N-[3.5F]Phe-GAIL (Figure 3b), N-[2.3.5.6F]Phe-GAIL(Figure 3c), N-[2.3.5.6F]Phe-GAIL (Figure 3d) and N-[2.3.5.6F][4I]Phe-GAIL (Figure 3e). During the lag time, early nuclei formation takes place. An initial step of nucleation consists in the slow and reversible association of monomers. This thermodynamically unfavorable self-assembly process has a high-energy barrier and is the rate-limiting step.

Figure 1. a) Peptide library of halogenated NFGAIL variants. The Phe residue is substituted with the given fluorinated/iodinated analogues. b) Retention times (RP-HPLC assay) of Fmoc-protected amino acids plotted against the vdW volume of their side chains. Phe and its halogenated analogues are represented in red, whereas further native Fmoc-protected amino acids are appearing as black triangles for comparison. The retention time (tR) of amino acids acts as an experimentally defined dimension of hydrophobicity. c) Hydrophobicity plot based on MlogP values of native Phe [MlogP: 1.374],[4F]Phe [MlogP: 0.953],[3.5F]Phe [MlogP: 0.535],[2.3.5.6F]Phe [MlogP: 0.293],[2.3.4.5.6F]Phe [MlogP: 0.435] and[2.3.5.6F][4I]Phe [MlogP: 0.846].
during the entire aggregation event.\textsuperscript{[34]} All ThT curves show sigmoidal aggregation profiles as a typical feature of nucleation-dependent polymerization mechanism and their lag times are listed in Table 1.\textsuperscript{[2a,35]} Recently, we examined the aggregation kinetics of the native NFGAIL sequence and fibril formation was detected after 20 h at 4 mM and confirmed by visualization of NFGAIL amyloids by transmission electron microscopy.\textsuperscript{[11]} A distinctive critical concentration is an indispensable criterion to initiate fibril formation.\textsuperscript{[36]} Recent studies provided experimental data for a critical-concentration dependency in case of A$\beta_{1–42}$ amyloid aggregation.\textsuperscript{[37]} In contrast, Brender et al. examined the full-length polypeptide hIAPP and determined a lack of concentration-dependency during amyloid aggregation at low initial concentrations, but a significant acceleration in fiber formation near a threshold concentration.\textsuperscript{[38]} Our kinetic data demonstrate a strict concentration-dependency of amyloid formation rates. It can be concluded that the lag time of aggregation significantly decreases with increasing concentration. Thus, a minimal concentration of 4 mM was determined for N-[4F]Phe-GAIL and N-[3.5F]Phe-GAIL, whereas in analogous experiments at 3 mM concentration formation of aggregates was not detected in time scales of 20–40 h (for all selected concentrations, see Table S1 in the Supporting Information).

![Figure 2](image_url)

**Figure 2.** a) Probing the role of $\pi-\pi$ interactions as supramolecular driving force in NFGAIL self-assembly with systematic fluorination of aromatic residues. We experimentally studied a possible correlation between the changes in electron density distribution of incorporated phenylalanine derivatives and an alteration of aromatic interactions during molecular recognition in NFGAIL fibril formation. Aromatic residues predominantly occupy a stacked (face-face) or a T-shaped (edge-face) geometry. Perturbations in $\pi$-stacking geometries were conjectured to provoke interferences in formation of continuous hydrogen-bond-directed $\beta$-sheets and therefore affect NFGAIL aggregation kinetics. b) Electrostatic potential (ESP) maps calculated from density-functional theory on interpolated van der Waals radius surfaces (blue means greater or equal the maximum positive potential, red means greater or equal maximum negative potential) of the side-chains of [1]phenylalanine and its halogenated derivatives [2][4F]Phe, [3][3.5F]Phe, [4][2.3.5.6F]Phe, [5][2.3.5.6F]Phe and [6][2.3.5.6F][4I]Phe, which were incorporated into NFGAIL.

| Table 1. Lag times of halogenated NFGAIL variants determined by ThT fluorescence staining. Errors were obtained as standard deviations of measurements taken from independent experiments. (± SD, n = 3, further congruent curves can be found in the Supporting Information). |
| --- |
| Sequence | Conc. [mM] | Lag time [h] |
| N-[4F]Phe-GAIL | 4 | 6.00 ± 0.37 |
| N-[3.5F]Phe-GAIL | 4 | 18.16 ± 1.10 |
| N-[2.3.5.6F]Phe-GAIL | 4 | 1.00 ± 0.22 |
| N-[2.3.5.6F][4I]Phe-GAIL | 3 | 8.33 ± 0.14 |
| N-[2.3.5.6F]Phe-GAIL | 3 | 0.33 ± 0.19 |
| N-[2.3.5.6F][4I]Phe-GAIL | 1 | 3.33 ± 0.17 |
comparison, the native sequence NFGAIL follows a nucleation dependent growth mechanism at 4 mM.\(^{[11]}\) N-[2.3.4.5.6F]Phe-GAIL and N-[2.3.5.6F][4I]Phe-GAIL showed lower minimal concentrations (3 mM, 1 mM), whereas higher concentrations led to immediate aggregation. Nevertheless, it must be mentioned that our initial concentrations are very high compared to experimentally defined values for the polypeptide hIAPP (0.5–5 \(\mu\)M)\(^{[38]}\) and hIAPP\(_{20–29}\) (SNNFGAILSS; 0.25 mM)\(^{[33]}\) but in accordance to initial studies of the sequences hIAPP\(_{23–27}\) (FGAIL) and hIAPP\(_{22–27}\) (NFGAIL; each 5 mM).\(^{[8]}\) Also, the nature of the buffer has an impact on the formation of amyloids. For each of the above-mentioned peptides different buffers were used.

Figure 3. Thioflavin T assays of NFGAIL variants a) N-[4F]Phe-GAIL [4 mM] b) N-[3.5]Phe-GAIL [4 mM] c) N-[2.3.5.6F]Phe-GAIL [4 and 3 mM] d) N-[2.3.5.6F][4I]Phe-GAIL [3 mM] and e) N-[2.3.5.6F][4I]Phe-GAIL [3 and 1 mM] incubated at 37 °C with orbital shaking for 2 s (amplitude: 2 mm, frequency: 280.8 rpm) before each measurement (10 min intervals) and dissolved in ammonium acetate (10 mM) buffer containing 20 \(\mu\)M thioflavin T, pH 7.0. The fluorescent dye gives a strong fluorescence upon binding to amyloids caused by rotational immobilization. Fluorescence emission was measured at 485 nm and normalized with respect to its maximum value.
Our fluorescence data are in accordance to conclusions of theoretical studies and show a correlation between hydrophobicity and amyloid formation rate.\textsuperscript{[9a,32]} N-[2,3,5,6F]\textsuperscript{4I}Phe-GAIL (3 mM; Figure 3d) folds into amyloids much faster than N-[4F]Phe-GAIL (4 mM; Figure 3a). These results are consistent to experimental studies reporting an acceleration by incorporation of 2, 3, 4, 5, 6-pentafluorophenylalanine in cognate sequences hIAPP\textsuperscript{20–29} (SNNFGAILSS) and hIAPP\textsuperscript{22–29} (NFGAILSS).\textsuperscript{[20]} At a concentration of 4 mM, the tetrafluorinated variant N-[2,3,5,6F]\textsuperscript{4I}Phe-GAIL (Figure 3c) displayed here faster aggregation kinetics than its monofluorinated and difluorinated derivatives. An immediate aggregation of N-[2,3,5,6F]\textsuperscript{4I}Phe-GAIL (Figure 3e) at a concentration of 3 mM was found, which we explain based on its pronounced hydrophobicity, which is the strongest amount of all here studied phenylalanine derivatives (Figure 4a–b). Therefore, higher values of the “C–I”-bond length and atomic size of iodine compared to fluorene could have led to more demanding situations that could have disturbed the aggregation process. Beside hydrophobic interactions also halogen bonding with, for example, the side chain of Asn or the peptide backbone, could affect the preorganization of N-[2,3,5,6F]\textsuperscript{4I}Phe-GAIL in solution and, thus, contribute to NFGAIL fibril formation.

In terms of aromatic–aromatic interactions, our experimental data do not reveal further information about specific π-stacking geometries. Opposite π-stacking modes (N-[2,3,5,6F]Phe-GAIL = face-face/N-[2,3,5,6F]Phe-GAIL = edge-face) were not observed to significantly affect the NFGAIL aggregation process and, therefore, seemed to be less important for fibril formation. It is most noteworthy that in previous studies sterically demanding groups were reported to decelerate aggregation kinetics.\textsuperscript{[20a]} Our results surprisingly reveal an independency of amyloid formation rate to the side chain’s size in NFGAIL fibril formation. Moreover, we determined a significant increase in vdw volume by incorporation of fluorene and especially iodine and, at the same time, an acceleration of self-assembly into distinct ordered amyloid fibrils as seen in particular for N-[2,3,5,6F]\textsuperscript{4I}Phe-GAIL and confirmed by transmission electron microscopy.

Modulation of aromatic σ-frameworks: Interaction energies of fluorinated phenylalanine derivatives in water

An interesting exception is constituted by the difluorinated NFGAIL variant N-[3,5F]Phe-GAIL (Figure 3b) which showed the longest lag time (18.16 ± 1.10 h) of all here studied NFGAIL analogues. Considering its hydrophobic properties (Figure 4a–b), incorporation of [3,5F]Phe should result in an acceleration of NFGAIL amyloid formation compared to [4F]Phe. We assumed the modulated σ-framework within [3,5F]Phe to possibly serve as a diametrical effect towards the amyloid self-assembly process. Previous computational studies about aromatic carbon-bound fluorene revealed the side chain of [3,5F]Phe as a peculiar pattern by possessing two fluorene atoms able to participate in hydrogen bonding including a very acidic aromatic hydrogen atom at para-position.\textsuperscript{[40]} In an aqueous solution, this structure generates adjacent binding sites which could not only facilitate C–H–O interactions known in literature as non-classical hydrogen bonds (NCHBs), but also F–H bonds with water molecules.\textsuperscript{[38–42]} To quantify this argument, we calculated interaction energies of water molecules with the toluene derivatives at zero temperature using density functional theory and post-Hartree-Fock methods. The resulting minimal energy structures and the binding energies are shown in Figure 5 (see computational methods for details). In case of [3,5F]Phe, we find multiple favorable water-binding motifs, stemming from its alternating positively and negatively charged binding sites (Figure 2b). First, we optimized the structure of single water molecules that interact with the fluorinated aromatic systems, the resulting equilibrium geometries are depicted in Figure 5a. It is seen that single water molecule binding to partially fluorinated systems is strongly enhanced by an alternating H–F configuration. There, the water molecule can act as acceptor and donator at the same time (Figure 5a\textsuperscript{[5]}), compared to the water molecule arranging at two fluorene atoms (Figure 5a\textsuperscript{[6,7]}). We see that [3,5F]Phe has a total of four possible strong binding modes of the H–F type (Figure 5a\textsuperscript{[3,4]} each counted twice with its symmetric counterpart) and thus is suggested to have stronger interactions with water than all the

Figure 4. Lag times of halogenated NFGAIL variants were plotted against a) the experimentally determined retention times of incorporated phenylalanine derivatives and b) their calculated M\textsubscript{1}g\textsubscript{0}P\textsubscript{0} values. Both plots reveal a correlation between decreased lag times and enhanced hydrophobic properties of the Phe residues due to side-chain halogenation [4F]Phe = [2,3,5,6F]Phe = [2,3,5,6F]Phe = [2,3,5,6F][4I]Phe, which results in accelerated aggregation kinetics.

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other compounds. We note that the reported interaction energies are substantially smaller than water-water interaction energies, which we calculated to be 17.15 kJ/mol at the chosen level of theory for two water molecules, indicating that all fluorinated compounds studies here are hydrophobic. The top region of [3,5]F-Phe and [2.3.5.6]F-Phe with its F-H-F binding motif allows for a specific 3-water cluster which binds to the aromatic ring while maintaining a hydrogen bond network in between the water molecules (Figure 5b). Therefore, we calculated interaction energies for 5-water cluster for these two compounds. The complexation energy of the [3.5]F-Phe 5-water cluster (Figure 5b,1) is larger by 7.62 kJ/mol then of the corresponding [2.3.5.6]F-Phe 5-water cluster (Figure 5b,2), because of the additional two binding sites of H-F type at the

![Image of various optimized water-binding geometries](image-url)
bottom of the structure. Comparably well-structured 5-water clusters could not be found for the remaining compounds. The outlined energetically favorable hydration patterns of [3.5F]Phe could accommodate for relatively strong interactions with the aqueous buffer, providing an explanation for the retardation of amyloid nucleation.

**Determination of the morphology of halogenated NFGAIL fibrils by transmission electron microscopy (TEM)**

For structural investigation of resulting fibrils, negative-staining TEM images were recorded for all halogenated NFGAIL-derivatives (Figure 6). Generally, all selected samples show rather linear and tightly packed fibrillar structures, but a unique morphology and diameter due to incorporation of fluorine and iodine. N-[3.5F]Phe-GAIL formed filaments that bundle into larger fibrils with a diameter of 168.3 ± 27.5 nm, whereas for N-[3.5F]Phe-GAIL (11.5 ± 1.6 nm), N-[2.3.5.6F]Phe-GAIL (21.3 ± 6.2 nm), N-[2.3.5.6F]Phe-GAIL (27.3 ± 7.7 nm) and N-[2.3.5.6F][4]Phe-GAIL (10.5 ± 1.5 nm) a homogeneous structure was found for a single unit of resulting fibrils, possessing a largely unbranched structure. Obviously, halogenation of the phenylalanine residue changes not only the kinetics of fibril formation but does also affect the aggregate’s morphology. Large fibril filaments were detected for N-[4F]Phe-GAIL, whereas amyloids composed of N-[3,5]Phe-GAIL with analogue concentrations revealed comparatively thinner fibrils, although an opposite finding could have been expected with regards to the higher vdW volume of [3,5]Phe compared to [4]Phe. As the mechanisms of amyloid formation in general are still not fully understood due to the complexity of occurring processes within amyloid fibril formation, detailed interpretations of the structure of amyloids based on TEM images are not possible. Therefore, high-resolution structural studies could provide further fundamental information about the role of aromatic interactions in amyloid fibril formation of these NFGAIL variants.

Small-angle X-ray scattering experiments were proceeded for the native NFGAIL sequence and its fluorinated variants N-[2.3.5.6F]Phe-GAIL and N-[2.3.5.6F]Phe-GAIL (for full SAXS analysis; Figures S37 and S38). As a result, the amyloid fibrils obtained from both native and fluorinated sequences seem to possess a ribbon-like appearance and are comparable to the values as published for a parallelepiped by Langkilde et al.40

**Conclusion**

In this study, we presented a series of fluorinated and iodinated analogues of the amyloidogenic model peptide NFGAIL derived from the human islet amyloid polypeptide (hIAPP). We used selective halogenation as a tool to fine-tune the biophysical properties and size of the aromatic residue. As shown through a HPLC-based assay (Figure 1a), calculated MlogP values (Figure 1b) and ESP maps (Figure 2b), fluorination of the aromatic side-chain leads to an alteration in hydrophobicity and electronic changes in their \( \sigma \)-frameworks. To study the amyloidogenic behavior of halogenated NFGAIL variants, we used ThT fluorescence assay to study amyloid nucleation and propagation, molecular modeling of the fluorinated side chains, but also TEM and SAXS measurements to study the morphology of resulting fibrils. Our kinetic data revealed a synergy between the hydrophobic nature of incorporated Phe analogues and respective aggregation kinetics in NFGAIL amyloid formation. Also, we probed the role of aromatic-aromatic interactions in NFGAIL self-assembly by a possible perturbation of \( \pi \)-stacking geometries and, thus, in molecular self-recognition. Based on our experimental data we suggest an amyloidogenic behavior of these peptides independent from \( \pi \)-stacking geometries. Furthermore, we found a remarkable experimental result given by the elongated lag time of the difluorinated variant N-[3.5F] Phe-GAIL, for which, as shown by molecular modeling, we assume its enhanced polarity to act as a diametrical effect towards the amyloid self-assembly process. TEM micrographs revealed specific morphologies and diameters caused by incorporation of fluorine and iodine but confirmed amyloid
formation for all sequences. In addition, SAXS data obtained for the native NFGAIL sequence and its fluorinated derivatives N-[2.3.5.6F]Phe-GAIL and N-[2.3.5.6F]Phe-GAIL indicated the occurrence of ribbon-like structures that typically resemble amyloid fibrils possessing similar dimensions. The aggregation kinetics of NFGAIL reported herein and the underlying design principle may play a crucial role for future design of amyloidogenic biomaterials or for developing strategies for the inhibition of amyloid formation.

**Experimental Section**

**General methods**

1H, 13C and 19F NMR spectra (Figures S1–S12) were recorded at room temperature using a JEOL ECX 400, a JEOL ECP 500 (JEOL, Tokyo, Japan) or a Bruker AVANCE III 700 (700 MHz, Bruker). Chemical shifts δ are reported in ppm with the solvent resonance as the internal standard (CDCl3 = 7.26 ppm, CD2OD = 3.31 ppm). HRMS were determined on an Agilent 6220 ESI-TOF MS instrument (Agilent Technologies). For analysis, the MassHunter Workstation Software Version B.02.00 (Agilent Technologies) was used. Fmoc-L-amino acids were purchased from ORPEGEN Peptide Chemicals GmbH (Heidelberg, Germany). Fluorinated Fmoc-L-amino acids were purchased from commercial sources as follows:Fmoc-[4F]Phe-OH (VWR, Darmstadt, Germany), Fmoc-[3.5F]Phe-OH (ABC-R, Karlsruhe, Germany), Fmoc-[2.3.4.5.6F]6F]Phe-OH (Oxchem, Wood Dale, USA). Fmoc-[2.3.4.5.6F]6F]Phe-OH was kindly provided by Prof. Dr. Pierangelo Metrangolo. Fmoc-[2.3.4.5.6F]6F]Phe-OH was synthesized according to literature.19a

**Peptide synthesis**

All peptides were synthesized according to standard Fmoc-chemistry using preloaded Fmoc-Leu-NovaSyn®TGA[0.2 mmol/g] resin. Standard couplings were performed in DMF with Fmoc-amino acids and HOAt/DIC and COMU/DIPEA with double couplings of one hour coupling time. For coupling chemistry using preloaded Fmoc-Leu-NovaSyn®TGA[0.2 mmol/g] all NFGAIL variants were dissolved in MeOH. A linear gradient of 5-70 % ACN over 30 min was applied at room temperature and all experiments were performed in triplicates. The vdw volumes of the side chains were calculated according to Zhao et al.23b

**HPLC assay for estimation of hydrophobicity**

The protocol for the RP-HPLC assay was previously established by our group.[15d] The retention times of Fmoc-[4F]Phe-OH, Fmoc-[3.5F] Phe-OH, Fmoc-[2.3.4.5.6F]6F]Phe-OH, Fmoc-[2.3.4.5.6F]6F]Phe-OH and Fmoc-protected native amino acids as reference were determined on a C8 column (Capcell C18, 5 μm). The samples were dissolved in 1 mL of a mixture of 40 % (v/v) ACN in 60 % (v/v) Milli-Q water containing 0.1 % TFA and filtered over a syringe filter with 0.2 μm pore size. A linear gradient from 40 to 70 % ACN over 30 min was applied at room temperature and all experiments were performed in triplicates. The vdw volumes of the side chains were calculated according to Zhao et al.23b

**Thioflavin T fluorescence assay**

As a general procedure, stock solutions of NFGAIL variants were prepared by dissolving the purified peptides in 1,1,1,3,3,3-hexafluoropropan-2-ol ([HFP]) (3–4 mL) and further sonication for 15 min to dissolve all preformed aggregates. Aliquots of these stock solutions were dried and then redissolved in ammonium acetate buffer (10 mM, pH ~7), containing 20 μM ThT. The buffer containing ThT was previously filtered over a nylon syringe filter with 0.2 μm pore size. After dissolution, the sample was sonicated for 30 s, transferred on a BRAND® microplate (size: 96 wells, color: black;
Transmission electron microscopy

Aliquots (5 μL) of the aqueous amyloid samples were applied to a Formvar/carbon-covered copper grid (400 mesh, PLANO GmbH, Wetzlar) which was hydrophilized by 60 s glow discharging at 8 W in a BALTEC MED 020 device directly before use. After 45 s of sedimentation, excess liquid was removed with blotting paper and the sample was stained for 45 s using a solution of phosphotungstic acid (PTA, 1%). After excess PTA was removed with blotting paper, the grid was allowed to air dry for at least 30 min. The grid was then transferred to a Talos L120 C transmission electron microscope (FEI Company, Oregon) equipped with a LaB6 electrode operating at an acceleration voltage of 120 kV. Image data were recorded using a 4k × 4k Ceta CMOS camera.

Computational methods

Calculation of MlogP values according to Moriguchi et al. were carried out by using MedChem Designer[29] (Simulations Plus Inc., Lancaster, USA).[30,31] All QM density-functional calculations were carried out using Gaussian 16. Geometry optimizations were performed on the B3LYP/6-31(d,p) level of theory; interaction energies were computed from MP2/cc-pVTZ single energy calculations of the optimized structures. All MP2 level computations were corrected for the basis set superposition error using the counterpoise method. Electrostatic potential plots were generated from B3LYP/6-31(d,p) geometry optimized structures by mapping the resulting electrostatic potentials on isosurfaces from volumetric Gaussian density maps generated by the QuickSurf algorithm in VMD.

Small-angle X-ray scattering

The SAXS of the samples were performed with a SAXSess camera (Anton Paar, Austria). This Kratky type of camera is attached to a laboratory X-ray generator (PW3830, PANalytical), and is operated with a fine focus glass X-ray tube at 40 kV and 40 mA (Cu laboratory X-ray generator (PW3830, PANalytical), and is operated at 37°C during the whole experiment. The fluorescence intensity at 485 nm was normalized with respect to its maximum value.

Author Contributions

B.K. and J.M. conceived the project and provided guidance on data analysis and interpretation. S.C. designed and performed experiments, analyzed, and interpreted data and wrote the manuscript. D.J.M performed TEM measurements. M.B. performed calculations, analyzed, and interpreted data. D.K. and A.K.S. performed experiments. A.F.T. and C.K. performed SAXS experiments. C.B. and R.R.N. provided expertise and feedback. P.M. provided reagents.

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Conflict of Interest

The authors declare no conflict of interest.

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