Conjugated linoleic acid (CLA) present in dairy products and beef is a collective term used to describe the mixture of positional and geometric isomers of linoleic acid with conjugated double bonds. The conjugated double bonds are located from positions from 6 and 8 to 12 and 14, respectively, thus including a total of 28 positional and geometric isomers.¹ The special structure of conjugated linoleic acid makes it suitable for wide application in industries and in healthy foods. Conjugated linoleic acid is highly reactive towards polymerization, which makes it attractive for various industrial uses, for example, conjugated drying oils have faster drying rates, better resistance to water, and improved toughness.² Much attention has been paid to the physiological effects of CLA. Three CLA isomers, cis-9, trans-11 CLA; trans-10, cis-12 CLA; and trans-9, trans-11 CLA, have been recognized to have health effects, including decrease in body fat quantity and increase in muscle³, anti-inflammatory,⁴ anticarcinogenic,⁵ growth-promoting,⁶ anti-diabetic⁷ and antiatherogenic effects.⁸ The amount of CLA in meat and dairy products can depend on the diet of the ruminant animals, but the amount is usually very low, in the range of 2–5 mg g⁻¹ of total fat.⁹ Therefore, these foods are not likely to be a significant source of CLA. Nowadays, CLAs can be mass produced by microbial biosyntheses and chemical isomerization of linoleic acid. It has been suggested that CLAs can be prepared by isomerization of linoleic acid over a heterogeneous catalyst, leading to higher productivity and cleaner chemistry.¹⁰ A heterogeneous catalyst would be easier to filter and reuse, and environmental problems and separation difficulties can be avoided. Bernas and Kreich¹¹–¹³ conducted many pathbreaking works on producing CLA using heterogeneous catalysts and the materials Ru, Pd, Ni, Pt, Rh, Pt–Rh, Ir, and Os supported on various supports were shown to be catalytically active for isomerization of linoleic acid to CLA. However, it can be found that hydrogen is required for a majority of heterogeneous catalytic process to form half-hydrogenated intermediates, which finally transform into CLAs. This requirement of half-hydrogenated intermediates led to the formation of unwanted hydrogenated by-products.¹⁴ Though the production of CLAs by heterogeneous catalysts without hydrogen is a difficult and complicated process, it can reduce the production of unwanted by-products. Therefore, Bernas et al.¹⁵ further developed an isomerization catalyst; they used Ru/C catalyst for the isomerization of linoleic acid without the use of H₂, but the CLA production rate was only 23 g(CLA) per g(metal) per h. Philip-paerts et al.¹⁶ described H₂-free production of CLA using Ru-loaded zeolite catalysts with high CLA production rate; however, the process needed negative pressure during the reaction itself and the catalysts synthesis process was complex. Having used Ru–MgAl hydroxides for production of CLA in the absence of hydrogen,¹⁷,¹⁸ our productivity was as high as 438 g(CLA) per g(metal) per h, and the main products were the three biologically active CLA isomers. In addition, almost no hydrogenated by-products were formed. The influence of Mg/Al molar ratio on Ru–MgAl hydroxides prepared was investigated, demonstrating that Ru–MgAl hydroxides with Mg/Al molar ratio of 4 : 1 was the optimal material for the linoleic acid
isomerization reaction. Having discussed the roles of Ru and basicity sites, we deemed that Ru–MgAl was a bifunctional catalyst and the basicity sites together with ruthenium had a synergistic effect on catalytic activity. However, the catalytic reaction mechanism is still unclear. Which basic sites and ruthenium activity sites contribute to the catalysis activity and how does the synergistic effect of the two activity sites help the isomerization reaction need further study. It is well known that synthesis conditions of catalysts such as preparation methods, molar ratios of metals, and preparation pH value have significant effects on the structural properties of materials. In particular, the pH value in the co-precipitation step is known to be a key factor for the successful formation of an active phase. It was found that the co-precipitation pH value could strongly influence the distribution of surface acidity, surface chemical state, distribution of metal particles, catalytic performance and so on. In this work, Ru–MgAlO hydroxides synthesized by co-precipitation with different pH values (pH = 7–12), surface basicities, surface morphologies, Ru dispersion abilities, and surface chemical states were studied. Through the different co-precipitation conditions, the role of the basic sites and ruthenium in the catalytic reaction was investigated. We aimed to give insight into the origin of active sites and elucidate the synergy between ruthenium and basicity by revealing the catalytic reaction mechanism.

2. Experimental

Ru–MgAlO hydroxides were synthesized by calcination of hydroxalite, which was prepared by co-precipitation at different pH values. MgCl2·6H2O, AlCl3·6H2O and RuCl3·xH2O were dissolved in 100 mL deionized water (Mg/Al molar ratio = 4 : 1, content of Ru was 0.8 wt%). The second solution contained certain amounts of Na2CO3 and NaOH [2[CO32–] = [Al3+]1, 3 [CO32–] = 2[OH–]]. Then, the two solutions were slowly added dropwise to a glass flask with stirring at 60 °C for 30 min at different pH; the pH was set at 7, 8, 9, 10, 11, and 12. The content was transferred into a Teflon-coated stainless-steel autoclave and aged at 80 °C for 16 h under autogenous water vapor pressure. After 16 h, the precipitate formed was filtered and washed thoroughly with hot distilled water until the filtrate was free from Cl– as tested using silver nitrate solution. The obtained filter cake was dried in an oven at 80 °C for 14 h. For comparison, the sample labeled as HT was also synthesized as per the above-mentioned procedure without adding RuCl3·xH2O or MgCl2·6H2O. These samples were formed by calcination in air at 450 °C for 4 h at a heating rate of 10 °C min–1. Consequently, the catalysts were denoted as Ru–MgAlP, where x stands for the different co-precipitation pH.

2.1. Characterization of catalysts

Powder X-ray diffraction (XRD) patterns of synthesized catalysts were recorded on a Philips X’Pert MPD system equipped with XRK 900 reaction chamber, using Ni-filtered Cu Kz radiation (λ = 1.54056 Å) over a 2θ range of 10–80°. Operating voltage and current were maintained at 40 kV and 40 mA, respectively. Crystalline phases were identified by matching JCPDS files. N2 adsorption–desorption isotherm at −196 °C was obtained using a gas adsorption analyzer (ASAP 2020M; Micromeritics, Inc.). Prior to N2 adsorption, the samples were previously degassed at 300 °C for 8 h. BET specific areas were calculated from these isotherms using the BET method. Chemisorption study was carried out using an AutoChem 2920 instrument (Micromeritics) via the pulse method by introducing 5% CO and 95% He over a sample maintained at 25 °C. The dispersion sizes of Pt particles were calculated from the cumulative volume of CO adsorbed during the pulse chemisorptions. To calculate metal dispersion, an adsorption stoichiometry of CO/Ru = 1 was assumed. CO2-TPD studies of the samples were performed using a Micromeritics ASAP 2920 instrument equipped with a thermal conductivity detector (TCD). Samples (50 mg) were pretreated under helium stream at 450 °C for 2 h (10 °C min–1, 50 mL min–1). Then, the temperature was decreased to 70 °C and a flow of pure CO2 (50 mL min–1) was subsequently introduced into the reactor for 1 h. CO2-TPD study was carried out between 70 and 900 °C under helium flow (10 °C min–1, 30 mL min–1). TPR studies of the samples were performed on a Micromeritics ASAP 2920 instrument equipped with a thermal conductivity detector (TCD). Before reduction, the sample (around 50 mg) was dried under helium flow at 120 °C for 4 h. TPR was carried out between room temperature and 750 °C at a heating rate of 10 °C min–1 under 10% H2/90% Ar (H2–TPR). Isopropyl alcohol gel (–88 °C) and a liquid nitrogen trap were used to remove water formed during tests. XPS measurements were performed using a Thermo Scientific Escalab250 with AlKz radiation (1486.6 eV). The catalysts were first pressed into a disk and immediately transferred to the pretreatment chamber after fixing onto the sample holder. In the chamber, each sample was degassed overnight at 1 × 10–6 Torr to remove volatile contaminants and was then transferred to an analyzing chamber for XPS analysis. The spectra were obtained at analyzer energy of 25.5 eV and an electron take-off angle of 45°. The vacuum in the test chamber was maintained below 1.33 × 10–8 Torr during collection. Binding energies were corrected for surface charging by referencing them to the energy of C 1s peak of the contaminant carbon at 284.6 eV.

2.2. Catalysis measurements

Isomerization of linoleic acid (>98% purity) was conducted in a stirred batch reactor (25 mL) that was provided with a reflux condenser and a heating jacket. In a typical experiment, 10 mL of 1 mol L−1 linoleic acid solvent and 0.4 g catalyst were charged all at once. Nitrogen was fed through the reactor before and during the isomerization to ensure an inert atmosphere and the reactor outlet was blocked by a fluid to prevent back-diffusion of oxygen into the reactor. The system was stirred at 400 rpm to keep the catalyst uniformly dispersed in the reaction medium and to eliminate external mass-transfer problems. Catalytic tests were performed at 180 °C for 2 h. For reusability of the catalysts, the spent catalyst was washed with n-hexane to remove adsorbed reactants/products from the surface of catalysts. After that,
the catalyst was dried for 10 h at 80 °C and reused for the isomerization reaction.

2.3. Products analysis

The sample from the reactor was made to undergo methyl esterification by using BF₃-methanol. After methyl esterification, 20 μL of the sample was dissolved in 1 mL isooctane and analyzed by a gas chromatograph (GC, Agilent 7890A) equipped with a 100 m HP-88 column (inner diameter: 0.25 mm and film thickness: 0.25 μm), flame ionization detector (FID), and an autosample injector. The injector and detector temperature was 240 °C. The column temperature was maintained at 120 °C for 1 min, increased at 10 °C min⁻¹ to 175 °C and held there for 15 min, increased at 5 °C min⁻¹ to 210 °C and held there for 5 min and finally increased at 5 °C min⁻¹ to 230 °C and held there for 5 min. Heptadecane was used as the internal standard. Most CLA isomers were identified based on retention times using standard references. Other CLA isomers were identified based on previous data.

3. Results and discussion

The composite oxides were used to isomerize linoleic acid to CLA. Fig. 1 shows CLA yield as a function of pH values of catalysts in co-precipitation, indicating that co-precipitation pH value has a marked effect on catalyst activity. In the range of 7 to 11, the activity of the catalyst increased with increasing pH values. The pH value of 11 exhibited the best catalytic activity. However, the catalytic activity sharply dropped when the pH value increased to 12 and higher. For Ru–MgAlP11, 72% yield was observed, while only 52% yield was obtained for Ru–MgAlP12.

Fig. 2 shows the XRD patterns of Ru–MgAlPₓ catalysts prepared at different pH values of co-precipitation. The XRD patterns show peaks corresponding to MgO-type (2θ = 34.8°, 43°, 62.5°, JCPDS 01-1154) and RuO₂-type phases (2θ = 28°, 35.1°, 54.4°, JCPDS 40-1290). It is interesting to note that a different phase was formed depending on the pH value during the co-precipitation step. When Ru–MgAl materials were synthesized below pH = 8, the RuO₂ phase and MgO phase could be obtained. However, as pH increased, RuO₂ diffraction peaks weakened and finally disappeared, while MgO diffraction peaks strengthened, which indicated that a part of the ruthenium oxide species was highly dispersed and the other part was segregated bulk RuO₂ under pH = 7; as the pH values increased, ruthenium became highly dispersed on the surface of Mg (Al) O mixed oxides, but the particle size was too small (<3 nm) to detect by XRD. Meanwhile, diffraction peaks of Al₂O₃ were not obtained, which suggests that Al was also incorporated in the MgO lattice to form a solid solution.

To determine the textural properties of Ru–MgAlPₓ catalysts, low-temperature N₂ adsorption/desorption experiments were implemented. As depicted in Fig. 3, a type IV isotherm with an obvious H₂ hysteresis loop according to IUPAC is present, indicating typical mesoporous materials. On the basis of the adsorption/desorption isotherms, the textural properties are calculated and summarized in Table 1. It can be noted that the

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**Fig. 1** CLA yield of Ru–MgAlPₓ catalysts as a function of pH value of co-precipitation.

**Fig. 2** XRD patterns of Ru–MgAlPₓ catalysts.

**Fig. 3** Low-temperature N₂ adsorption/desorption isotherms of Ru–MgAlPₓ catalysts.
specific surface area ($S_{\text{BET}}$) of the Ru–MgAlP7 catalyst is markedly lower than those of the catalysts prepared in higher alkaline environments. It can be explained that under alkaline conditions, the increase of $–\text{OH}$ groups leads to an increase in negative charge on the surface. Thus, an electrostatic repulsion force is established, and more mesopores are formed, resulting in a relatively higher $S_{\text{BET}}$ than that of Ru–MgAlP7 catalysts.

CO chemisorption was conducted to characterize the accessible surface Ru$^0$ atoms. The amount of CO adsorption is listed in Table 1. Using a CO/Ru $= 1$ stoichiometry, the number of surface Ru$^0$ atoms can be calculated, from which Ru dispersion and particle size can be derived. It can be seen that the Ru–MgAlP7 catalysts exhibits the lowest Ru dispersion of 10.9%, which is ascribed to the ruthenium forming segregated bulk RuO$_2$. The Ru dispersion increases with pH values of coprecipitation. The highest Ru dispersion is obtained over the Ru–MgAlP12 sample. It can be explained by that a high pH value may promote Ru species diffusion into the MgO lattice and prevent agglomeration. CLA yield increases with decreasing Ru crystallite size and with increasing Ru surface area.

The surface morphology of Ru–MgAlP$x$ catalysts were observed by SEM analysis and the micrographs are presented in Fig. 4. The typical mesoporous morphology for all the samples can be noted, which is characteristic of solids consisting aggregates or agglomerates of particles forming pores. With increase in pH value of co-precipitation from 7 to 10, the flake-like structure becomes much clearer. The clearest slit-shaped pores ascribed to nano flakes interleaving with each other can be found over Ru–MgAlP9 and Ru–MgAlP10. As the pH value further increases to 12, the flake-like morphology becomes inconspicuous. Therefore, it is believed that the co-precipitation pH value can strongly affect surface morphology of catalysts. Zeng$^{30}$ and Xia$^{27}$ also reported a similar morphology for LDH materials.

The surface basicity of Ru–MgAlP$x$ catalysts was detected by CO$_2$-TPD and is summarized in Fig. 5. Semiquantitative analysis was performed by deconvoluting the peaks with Gaussian curve fitting method. The calculated results are listed in Table 2. As can be seen from Fig. 5, all the samples exhibit three peaks at 110–200 °C, 200–400 °C and 450–750 °C, which can be ascribed to the surface sites of weak ($\text{OH}^-$), medium (metal–oxygen pairs) and strong (isolated O$^{2-}$ anions) basicity sites of Ru–MgAlP$x$, respectively. It can be seen that the temperatures of maximal peak intensity are almost constant regardless of co-precipitation pH value, while the peak areas vary greatly with

| Sample          | $S_{\text{BET}}$ (m$^2$ g$^{-1}$) | $V_p$ (cm$^3$ g$^{-1}$) | $D_{\text{Ru}}$a (%) | $d_{\text{Ru}}$a (nm) | $S_{\text{Ru}}$a (m$^2$ g$^{-1}$) |
|-----------------|-------------------------------|--------------------------|----------------------|------------------------|-------------------------------------|
| Ru–MgAlP7      | 105                           | 0.25                     | 10.9                 | 12.8                   | 23                                   |
| Ru–MgAlP8      | 132                           | 0.30                     | 20.0                 | 6.9                    | 42                                   |
| Ru–MgAlP9      | 190                           | 0.39                     | 23.4                 | 6.0                    | 49                                   |
| Ru–MgAlP10     | 166                           | 0.35                     | 25.2                 | 5.5                    | 65                                   |
| Ru–MgAlP11     | 155                           | 0.32                     | 42.2                 | 3.3                    | 78                                   |
| Ru–MgAlP12     | 142                           | 0.31                     | 45.0                 | 3.0                    | 89                                   |

$^a$ Calculated from CO chemisorption experiment and adsorption stoichiometry of CO/Ru $= 1$.  

Fig. 4 SEM micrographs of Ru–MgAlP$x$ catalysts.
pH value. The strong basicity sites increase as co-precipitation pH values of catalyst increase to pH = 10 and decrease with further increase in pH. The strong basic sites are attributed to the migration of Al\(^{3+}\) into the MgO framework, which creates a cationic vacancy; the surface then acts as a sink for the vacancy and Mg\(^{2+}\) is removed from the surface by Al\(^{3+}\), leading to the formation of an additional surface O\(^2-\)/C\(^0\). In other words, the generation of strong basic sites is ascribed to the cleavage of the Mg–O pairs.

According to XRD results, the cleavage of the Mg–O pairs may be due to Al\(^{3+}\) incorporated to crystal phase MgO.

The high activity of RuO\(_2\) heterogeneous catalysts for double bond isomerization can be explained by the fact that the catalysts can interact with the bonds of linoleic acid and are capable of activating the adjacent C–H bond. These reactions are influenced by the concentration of chemisorbed hydrogen. These indicate that the ability of catalytic migration of double bonds is associated with the reducibility of the ruthenium oxides species. Fig. 6 shows H\(_2\)-TPR profiles of Ru–MgAl\(_x\) catalysts to characterize the reducibility of catalysts. There are three reduction peaks with maxima at around 130 °C, 170 °C and 230–280 °C. The two peaks at around 130 °C and 170 °C are assigned to the reduction of bulk RuO\(_2\) species.\(^{28}\) As the co-precipitation pH increases, the two low temperature reduction peaks decrease gradually and eventually disappear, which coincides with the XRD results. The peak at around 230–280 °C is assigned to the reduction of finely dispersed RuO\(_2\), which strongly interacts with the support (MgO). As can be seen from the H\(_2\)-TPR profiles, the high temperature reduction peak gradually shifts to higher values, indicating that ruthenium and the support have strong metal-support interaction (SMSI) with increased pH of co-precipitation.\(^{32}\) One possible explanation is that as co-precipitation pH increases, more Ru species diffuse into MgO lattice, thus strengthening SMSI. Meanwhile, SMSI can transfer the protons adsorbed by strong basicity sites from MgO to the Ru species, which avoid the protons and carbanion recombination, thus accounting for improvement in catalytic performance.

To obtain information about the chemical state of the surface, XPS characterization was performed (Fig. 7). As the profiles show, Ru 3d\(_{5/2}\) peak can be observed at 281.1–282.7 eV; the binding energy can be assigned to finely dispersed Ru metal particles.\(^{29}\) As co-precipitation pH increases, Ru binding energy decreases, which indicates that interaction between the Ru species and the support is strengthened. Ryndin et al.\(^{33}\) have

### Table 2 Amount of CO\(_2\) desorption from CO\(_2\)-TPD profiles

| Catalysts   | 1\(^{st}\) peak | 2\(^{nd}\) peak | 3\(^{rd}\) peak | Total   |
|-------------|----------------|----------------|----------------|---------|
| Ru–MgAlP7   | 1.23           | 1.96           | 3.40           | 6.59    |
| Ru–MgAlP8   | 0.57           | 1.65           | 4.04           | 6.26    |
| Ru–MgAlP9   | 0.66           | 1.34           | 5.40           | 7.40    |
| Ru–MgAlP10  | 0.75           | 0.92           | 5.67           | 7.34    |
| Ru–MgAlP11  | 0.77           | 1.81           | 4.84           | 7.42    |
| Ru–MgAlP12  | 0.87           | 2.05           | 4.31           | 7.23    |

![Fig. 5 CO\(_2\)-TPD profiles of Ru–MgAl\(_x\) catalysts.](image)

![Fig. 6 H\(_2\)-TPR profiles of Ru–MgAl\(_x\) catalysts.](image)

![Fig. 7 Ru 3d\(_{5/2}\) XPS profiles of Ru–MgAl\(_x\) catalysts.](image)
also reported that the binding energy of Pd and Pd/C increases with increasing Pd dispersion. Thus, the XPS results are generally in agreement with CO chemisorption measurement, confirming the formation of finely dispersed Ru metal on Ru-MgAlPₓ. Meanwhile, we think that the decrease in Ru binding energy is also related to the strong basicity sites of the catalysts. O^{2-} strong basicity sites increases (CO₂-TPD) rich electron transfer to Ru, increasing the shielding effect and decreasing the binding energy of Ru 3d₅/₂ decreased.

4. Mechanism

In order to understand the mechanism of isomerization catalytic reaction, the yields of CLAs with different catalysts were investigated. Interestingly, the CLA yield of Ru–AlP₁₀ and MgAlP₁₀ catalysts approached zero (Table 3, entries 7 and 8), suggesting that the basic site and the Ru are the active sites for the catalysis reaction. Comparing Ru dispersion (Table 1) with CLA yield, it can be found that the yields of CLAs increased with increase in Ru dispersion and the yields of Ru–MgAlP₁₁ catalyst was the highest. However, the yield of CLA did not increase with Ru dispersion. To better investigate the relationship between catalytic activity and Ru dispersion, a plot of CLA yield versus $S_{Ru}$ is shown in Fig. 8. It can be seen that no direct linear correlation between CLA yield and Ru surface area existed for this reaction.

The result indicated that Ru dispersion was not the sole factor affecting catalytic activity. However, $S_{Ru}$ was an important parameter for isomerization catalytic activity.

In addition to basicity sites, we found that strong basicity plays an important role in catalytic isomerization of linoleic acid to CLA. Herein, the plot of CLA yield versus density of the stronger basicity sites was drawn, as shown in Fig. 9. Obviously, the CLA yield increased linearly with increase in density of strong basicity sites. Hence, it can be concluded that strong basicity sites are another important factor contributing to the increase in catalytic activity.

Hence, based on the above facts, it seems that strong basicity sites on the catalyst and ruthenium activity sites have a synergistic effect on catalytic activity. According to H₂-TPR and Ru 3d₅/₂ XPS characterization, we think that SMSI effect is the link between strong basicity sites and Ru activity sites. Their relationship can be described as shown in Fig. 10. The catalyst should possess a high $S_{Ru}$ so that it exposes a large number of active sites; with the help of an appropriate SMSI effect, the Ru dispersion and active sites would increase; the catalyst’s basicity needs to be stronger, which is beneficial for allyl-H migration.

![Fig. 8](image8.png) **Fig. 8** Relationship between yield of CLAs and Ru surface area. $S_{Ru}$ was determined by CO-pulse chemisorptions.

![Fig. 9](image9.png) **Fig. 9** Relationship between yield of CLAs and strong basicity sites.

![Fig. 10](image10.png) **Fig. 10** Relationship of essential factors for a highly effective CLA synthesis catalyst.
from γ-carbon atom to metal; only if all three factors take effect together on this catalyst would highly effective active sites be formed for the isomerization of linoleic acid to CLA.

According to the above facts, the possible reaction mechanism for isomerization of linoleic acid to CLA is proposed as follows (Fig. 11). Initially, the linoleic acid reacted with Ru–MgAlP\textsubscript{x} catalyst and the allyl-H migrated from γ-carbon to strong basicity site (step I) and the carboanion 1 was formed. The next step (II) is the interaction of carboanion 1 with RuO\textsubscript{2} to form a π-complex 2, which leads to double bond migration.\textsuperscript{14} It has already been suggested that ruthenium at its highest oxidation state favours double-bond isomerization.\textsuperscript{18} Then the hydrogen migrated from the allyl-H shifted from the basicity sites to RuO\textsubscript{2} due to SMSI. Step IV involves migration of the hydrogen to the γ-carbon atom. The dissociation of active catalyst species from complex 5 in results the formation of CLA.

5. Conclusions

Ru–MgAlP\textsubscript{x} catalysts prepared with different co-precipitation pH values (x = 7–12) have a strong effect on the specific surface area, surface morphology, distribution of surface basicity, dispersion of RuO\textsubscript{2} particles and isomerization catalytic activity. The strong basicity sites and highly dispersed RuO\textsubscript{2} particles were the active sites for linoleic acid isomerization. The strong basicity, highly dispersed RuO\textsubscript{2} particles and SMSI effect have a synergistic influence on the catalytic isomerization reaction.

Conflicts of interest

There are no conflicts to declare.

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