MAIT cells are activated during human viral infections

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Mucosal-associated invariant T (MAIT) cells are abundant in humans and recognize bacterial ligands. Here, we demonstrate that MAIT cells are also activated during human viral infections in vivo. MAIT cells activation was observed during infection with dengue virus, hepatitis C virus and influenza virus. This activation—driving cytokine release and Granzyme B upregulation—is TCR-independent but dependent on IL-18 in synergy with IL-12, IL-15 and/or interferon-α/β. IL-18 levels and MAIT cell activation correlate with disease severity in acute dengue infection. Furthermore, HCV treatment with interferon-α leads to specific MAIT cell activation in vivo in parallel with an enhanced therapeutic response. Moreover, TCR-independent activation of MAIT cells leads to a reduction of HCV replication in vitro mediated by IFN-γ. Together these data demonstrate MAIT cells are activated following viral infections, and suggest a potential role in both host defence and immunopathology.

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ucosal-associated invariant T (MAIT) cells are an abundant and distinctive T cell subset first identified by Porcelli et al.1 in 1993 in humans on the basis of the invariant V-alpha chain (Vα7.2-Jα33) and later described in mice. MAIT cells comprise ~5–10% of T-cells within the periphery and are found enriched in both the gut and in the liver—where in humans they may represent between ~12% and 50% of T-cells2–6. In both mouse and man, MAIT cells are restricted to a bacterial riboflavin synthesis pathway-derived ligand presented by the conserved MHC-class I like molecule MRP1 (refs 7,8). In vivo challenge models using riboflavin synthesizing bacteria, such as Klebsiella species and mycobacteria, have confirmed an anti-bacterial role for MAIT cells8,10. MR1 tetramers loaded with the ligand rRL-6-CH₂OH have allowed the specific detection of human and murine MAIT cells11.

In recent years, a number of groups have elucidated the distinct phenotypic and functional profile of MAIT cells, characterized by the high expression of the C-type lectin CD161 (KLRB1 or NKR-P1A), and the capacity to secrete multiple cytokines, including IL-17, interferon (IFN)-γ and TNF-α12–16. The distinctive phenotype of MAIT cells appears to be driven by two key transcription factors, RORγt and PLZF13,15,17. RORγt expression is linked to development of type 17 function and expression of surface receptors such as IL23R and CCR6 (refs 5,18). This is consistent with mucosal defence and anti-bacterial functions and also consistent with the bacterial specificity of the receptor. PLZF is critical for development of invariant natural killer T cell (iNKT) cells and may be responsible for a distinct set of ‘innate’ phenotypic features, including marked upregulation of the pro-inflammatory cytokine receptors IL-18R and IL-12R19,20. This dual transcriptional drive suggests that MAIT cells may possess multiple parallel functionalities or modes of activation.

Given the specificity of the T-cell receptor (TCR), it appears that activation of MAIT cells in vivo is driven by responsiveness to bacteria (and some yeasts)21. However, given their ‘innate’ phenotype, broad range of effector functions, and tissue distribution, we addressed the question of whether they may also have evolved to respond to viral infections in vivo. If so, this would markedly widen the role of MAIT cells in human infection.

Here, we addressed MAIT cell activation in response to a set of major human viral pathogens both in vivo and in vitro. In vivo, MAIT cells are activated in response to dengue virus (DENV), hepatitis C virus (HCV) and influenza virus. In vitro, DENV, HCV and influenza virus readily trigger MAIT cell populations in an IL-18 dependent manner, in concert with other virally-driven pro-inflammatory cytokines, including IFN-α/β. Activation of MAIT cells in acute dengue correlated both with disease outcome and with IL-18 signals. Similarly, in vivo activation of MAIT cells during HCV therapy correlated with specific addition of IFN-α during therapy. Taken together, these data strongly implicate a role for MAIT cells in response to major virus infections of man and provide a mechanism for their virus-responsive nature. Overall, this significantly expands the pathogen response repertoire of this abundant human T-cell subset.

**Results**

**MAIT cell activation during acute viral infections in vivo.** Whether human MAIT cells respond during acute viral infections remains unclear. To address this we analysed MAIT cell activation in DENV and influenza virus infection. In this study, MAIT cells were defined as CD161⁺⁺Vα7.2⁺⁺CD8⁺⁺CD4⁻CD3⁺⁺T cells. DENV infection presents with a rapid onset of a febrile illness, which lasts around a week. After the virus has been cleared and fever drops, patients follow two distinct courses: an uncomplicated resolution (dengue fever; DF) or a severe course associated with organ dysfunction and haemorrhage (dengue haemorrhagic fever; DHF). The determinants driving outcome are still poorly understood. However, an aberrant immune response, around the day of defervescence, is thought to have an important role in the pathogenesis. We analysed MAIT cells in a longitudinal study of peripheral blood mononuclear cells (PBMC) from a cohort of patients with DHF or DF. Blood samples were collected at different time points during the acute phase of infection and dates were named in relation to the day fever subsided (day of defervescence, day 0). Samples taken 10 or more days after the day of defervescence (day > 10) were considered convalescent. We found a small but significant reduction in MAIT cell frequencies between the acute phase (day 0) and the convalescent phase (day > 10) of infection (Fig. 1a,b), but no differences in MAIT cell frequency between DHF and DF patients (Fig. 1c).

Analysis of CD38 revealed marked in vivo activation of MAIT cells (Fig. 1d,e), which increased over the course of infection and peaked at a critical moment for DENV infected patients—the day of defervescence. Interestingly, patients who developed the severe form of dengue had higher levels of MAIT cell activation as judged by CD38 expression compared to DF patients over the course of acute infection (Fig. 1f). MAIT cell activation resolved to healthy control levels in the convalescent sample (Fig. 1d,e).

Granulocyte B expression was also assessed due to its tight regulation in MAIT cells, and its absence in cells from healthy donors3,22. Furthermore, upregulation of Granzyme B is associated with the acquisition of cytolytic function by MAIT cells22,23. We therefore analysed Granzyme B function in acute dengue and found this followed the same time course as that of CD38 (Fig. 1g–i).

Given their role in mucosal defence, we next addressed the activation of MAIT cells in response to influenza virus, a virus with a segmented genome of negative-sense RNA. Again, patients with acute, severe influenza virus infection had reduced MAIT cell frequencies and an increase in Granulocyte B expression on MAIT cells (Fig. 1j–m).

Taken together, our results indicate substantial triggering of MAIT cells in vivo during acute viral infection.

**MAIT cell activation during chronic viral infection in vivo.** MAIT cells are found at high frequencies within the liver in both healthy and diseased states3,11,24. Therefore, we analysed MAIT cell activation during chronic infection with HCV, like DENV, a member of the Flaviviridae family of positive-sense RNA viruses. We examined MAIT cell frequency and phenotype in the PBMC of patients with persistent and resolved HCV infection (spontaneously or after therapy). In all HCV patients, regardless of status, we observed a reduction in MAIT cell frequencies compared to healthy controls (Fig. 2a). However, we only observed upregulation of Granulocyte B in patients with prolonged HCV infection (including those who had subsequently responded to antiviral therapy, Fig. 2b,c), and not in those patients with prior short-lived viremia at a distant time point associated with acute resolving infection (thus, more akin to convalescent DENV infection). Our results indicate substantial activation of MAIT cells in vivo both during acute and chronic viral infections.

**Viral MAIT cell activation in vitro.** Having observed MAIT cell activation in vivo during acute and chronic viral infections, we next established in vitro models for viral infections using PBMCs or human CD8⁺ T cells, co-incubated with infected or
Patients in the ICU, intensive care unit.

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**Figure 1 | MAIT cell activation during acute viral infections in vivo.** PBMC’s from healthy controls (HC, n = 5–10), patients suffering from severe dengue (DHF, n = 2–10), dengue (DF, n = 4–10) or acute, hospitalized patients infected with influenza A virus (n = 7–9) were analysed by flow cytometry by gating on live CD3+CD8+CD161+Vα7.2+ (MAIT) cells. (a,d,g) Representative flow cytometry plots. (b,e,h) Comparison between acute (day 0) and convalescent phase (day >10) of infection. (c,f,i) Comparison between DHF and DF patients. (j,m) Acute, hospitalized patients infected with influenza virus. (b,c,j,k) MAIT cell frequency as a proportion of the CD8+ T cell population. (e,f) Percentage of CD38 expression by MAIT cells. (h,i,l,m) Percentage of Granzyme B expression by MAIT cells. Statistical significance was determined with a Wilcoxon matched-paired test (b,e,h) or Mann–Whitney test (j,k). Bars represent means ± s.e.m. ns >0.05, *P <0.05,**P <0.01, ***P <0.001, ****P <0.0001. conv, convalescent; Gr B, Granzyme B; HC, healthy control; ICU, intensive care unit.

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Virus-treated dendritic cells (DCs) or macrophages as antigen presenting cells (APC).

MAIT cells were readily and specifically activated in response to DENV-treated APCs (multiplicity of infection (MOI) = 1), as indicated by production of IFN-γ and Granzyme B (Fig. 3a,b), as well as, expression of CD38, with minimal production of TNF-α (Supplementary Fig. 1a–c). Activation was dependent on the presence of APCs as DENV alone did not activate MAIT cells (data not shown).

We next examined activation of MAIT cells in vitro in response to influenza virus. APCs incubated with influenza virus (MOI = 1) promoted strong MAIT cell activation, inducing upregulation of CD69 and IFN-γ (with minimal TNF-α secretion), in a dose-dependent manner (Fig. 3c,d). Also, Granzyme B expression was induced (Fig. 3e). This activation was not restricted to laboratory-adapted influenza virus strains, but also was seen in response to recently-circulating strains of influenza A and B (Fig. 3f). Interestingly, MAIT cell activation was also readily induced using PBMCs instead of purified APCs (Supplementary Fig. 1d). Moreover, influenza virus exposure of purified monocyte, macrophage and DC populations all led to MAIT cell activation (Supplementary Fig. 1e).

Finally, we tested the impact of HCV on MAIT cells in vitro. MAIT cells expressed IFN-γ and Granzyme B (Fig. 3g,h), as well
as CD69 in response APC’s treated with HCV (MOI = 1), in a dose-dependent and specific manner (Supplementary Fig. 1f–i).

Taken together, we demonstrate that MAIT cells are activated in vitro in response to DENV, influenza virus and HCV-exposed APCs.

Virally activated MAIT cells respond to type I IFNs as CD69 in response APC’s treated with HCV (MOI = 1), in a dose-dependent and specific manner (Supplementary Fig. 1f–i).

Taken together, we demonstrate that MAIT cells are activated in vitro in response to DENV, influenza virus and HCV-exposed APCs.

Viral MAIT cell activation is dependent on cytokines. Next, we investigated the mechanisms of MAIT cells activation in response to viruses.

As activation was TCR-independent, we explored triggering of MAIT cells by cytokines. Previously, we have shown that TLR8 is capable of inducing IFN-γ expression in MAIT cells via IL-12 and IL-18 (ref. 24). In addition, IL-15 can specifically activate distinct functions of MAIT cells in synergy with IL-12 and/or IL-18, in a dose-dependent manner (Supplementary Figs 2 and 3)25. We extended this finding by exploring responses to a range of TLR ligands in PBMCs and found endosomal TLR3 was also a potent activator (Supplementary Fig. 4). As with TLR8, TLR3 induced MAIT cell activation via IL-12 and IL-18, and not MR112,13. TLR sensing by APC’s can occur in the absence of viral replication26,27. To assess the requirement of viral replication for MAIT cell activation, we used ultraviolet-irradiation of the viruses, which prevents transcription or replication. Ultraviolet-irradiated DENV was no longer able to activate MAIT cells (Supplementary Fig. 5a). In contrast, ultraviolet-irradiated HCV and influenza virus were still able to activate MAIT cells, although less efficiently compared to untreated virus (Supplementary Fig. 5b,c). Accordingly, DENV productively infects APCs, whereas productive influenza virus and HCV infection is limited in both primary and stem cell-derived human APCs (Supplementary Fig. 5d–f)28–30. Furthermore, the level of DENV infection correlated with MAIT cell IFN-γ expression (Supplementary Fig. 5e).

We next assessed blockade of IL-12, IL-18 and IL-15 in the in vitro virus models. Figure 4d reveals that IL-12 and IL-18 had the most significant impact on DENV-dependent MAIT cell activation using DCs, with anti-IL-18 blockade alone leading to complete suppression of IFN-γ expression. IL-18 was the most abundant cytokine induced in DC’s in response to DEN (Fig. 4e).

Anti-IL-18 also inhibited activation of MAIT cells induced by influenza virus, a result observed using purified APCs (Fig. 4f) or PBMC’s (Supplementary Fig. 6a). Blockade of IL-12 and IL-15 alone or in combination had a limited impact in influenza virus-induced MAIT cell activation using macrophages (Fig. 4f). Accordingly, IL-18, but not IL-12 or IL-15 was secreted by macrophages after incubation with influenza virus (Fig. 4f).

Viral Mait ait cell activation during chronic viral infection in vivo. PBMC’s from healthy controls (n = 20–23) or patients (n = 12–25) with persistent (treatment naive, REL, NR) and resolved HCV infection (SVR, SC) were analysed by flow cytometry by gating on live CD3 T cells. (a) MAIT cell frequency as a proportion of the CD8 T cells. (b, c) Granzyme B expression by MAIT cells. (b) Representative flow cytometry plots. Bars represent means ± s.e.m. Statistical significance was determined with the Kruskal–Wallis test followed by the Dunn’s test. ns > 0.05, * P < 0.05, ** < 0.01, *** < 0.001, **** < 0.0001. HC, healthy control; Gr B, Granzyme B; REL/NR, relapse/non-response; SC, spontaneous clearance; SVR, sustained virological response; tr., treatment.

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Next, we investigated the mechanisms of MAIT cells activation in response to viruses. The ligand presented by MR1 is derived from the riboflavin synthesis pathway, which is not found in host cells or viruses7. Consistent with this, using the models described above, we confirmed by antibody blocking of MR1 that MAIT cell activation was TCR-independent for all the viruses tested (Fig. 4a–c).

Virally triggered IL-18 correlates with MAIT cell activation. Having identified IL-18 as an important cytokine for viral MAIT cell activation in vitro, we further explored its relevance in vivo. In DENV infection, IL-18 levels in plasma were markedly increased during the acute phase compared to the convalescent phase of infection and healthy controls (Fig. 5a). In addition, patients suffering from the severe form of dengue (DHF) had significantly higher levels of IL-18 over the course of acute infection compared to patient with DF (Fig. 5b). Interestingly, expression of the IL-18 receptor (IL-18R) on MAIT cells was upregulated during the acute phase of infection and resolved to healthy control levels in the convalescent samples (Fig. 5c). As observed for IL-18, patients with DHF revealed higher expression of IL-18R on MAIT cells compared to patient with DF (Fig. 5d,e). Thus, levels of IL-18 in plasma and expression of IL-18R on MAIT cells in vivo are upregulated during the acute phase of infection, especially in those patients suffering from DHF. These findings show an association with increased activation of MAIT cells and disease severity in dengue patients (Figs 1f and 5f). These results are not restricted to DENV infection since IL-18 protein (Fig. 5g) and mRNA (Fig. 5h) were found readily in liver tissues from patients with HCV infection.

Overall, these data indicate that IL-18 is not only a dominant factor during in vitro viral MAIT cell activation, but also has an important role in vivo.

MAIT cells respond to type I IFNs in vitro and in vivo. Type I IFNs are also important cytokines known for their strong antiviral activity. Previous reports have determined a crucial role...
Figure 3 | Viral MAIT cell activation in vitro. MAIT cells from healthy individuals were analysed by flow cytometry, gated on live CD3+ CD161+ Vα7.2+ cells. (a, b) PBMC’s (n = 7) were co-cultured with autologous monocyte-derived DC’s exposed to DENV (MOI = 1) as described in ‘Methods’. (c-e) CD8+ T cells isolated from PBMC’s (n = 11–12) were co-cultured with IFN-α-exposed macrophages (MOI = 1) as described in ‘Methods’, unless indicated otherwise. (f) CD8+ T cells isolated from PBMC’s (n = 11–12) were co-cultured with macrophages exposed to the clinical H3N2 influenza A strain (A/England/691/2010 (n = 7)) or influenza B (B/Florida/04/2006 (n = 8)) (MOI = 1) as described in ‘Methods’. (g-h) CD8+ T cells isolated from PBMC’s (n = 7–12) co-cultured with macrophages exposed to HCV (MOI = 1) as described in ‘Methods’. Proportion of MAIT cells producing IFN-γ (a, c, d, f, g), TNF-α (c, d), CD69 (c, d) or Granzyme B (b, e, h). (d) Representative flow cytometry plots. All data are representative from at least two independent experiments. Bars represent means ± s.e.m. Statistical significance was determined with the Kruskal–Wallis test followed by the Dunns’ test (e) or the Mann–Whitney test (a, b, e, h). ns > 0.05, *P < 0.05, **P < 0.01, ***P < 0.001, ****P < 0.0001. Eng, England; Flor, Florida; HC, healthy control; Gr B, Granzyme B; MΦ, macrophage; REL/NR, relapse/non-response; SC, spontaneous clearance; SVR, sustained virological response; tr, treatment.

of IFN-α/β during DENV32, influenza33 and HCV34 infections in limiting viral replication and disease severity. We therefore addressed whether IFN-α/β can also influence MAIT cell activation in vitro and in vivo.

First, we tested whether IFN-α/β could trigger MAIT cells alone or in combination. We found IFN-γ secretion by MAIT cells in response to IFN-α/β in combination with IL-12 and IL-18, but not IL-15 (Fig. 6a), in a dose-dependent manner (Supplementary Fig. 7). Next, we confirmed that these TCR-independent responses to cytokines are shared with other CD161++ T-cell subsets, but not CD161− T-cell populations. CD161++ CD8+ T cells that lack expression of the Vα7.2/Jα33
**Figure 4 |** Viral MAIT cell activation is dependent on cytokines. (a–d, f,h) Isotype control, anti-IFN-γ, anti-IL-12, anti-IL-15 and/or anti-IL-18 antibodies were added to a co-culture exposed to DENV (a,d, n = 3–6), IAV (b,f, n = 5–29) or HCV (c,h, n = 7–16). IFN-γ expression by MAIT cells (gated on live CD3⁺ CD8⁺ CD161⁺ Vα7.2⁺ cells) was analysed by flow cytometry and is shown relative to the isotype control. (e,g) IL-12p70, IL-15 and IL-18 levels secreted by virus-exposed APC’s. (a) DENV-exposed DC’s (n = 4) at 42h. (g) IAV-exposed macrophages (n = 7) at 48h. (h) HCV-exposed macrophages (n = 7) at 48h. Data are representative from at least two independent experiments. Bars represent means ± s.e.m. Statistical significance was determined with the Mann–Whitney test (a,c,e,g,i) or the Kruskal–Wallis test followed by the Dunns’ test or the Mann–Whitney test (d,f,h). ns > 0.05, *P > 0.05, **P ≤ 0.01, ***P ≤ 0.001, ****P ≤ 0.0001. ND, not detected.

TCR (Supplementary Fig. 8a), CD161⁺ Vα7.2Jα33⁺ CD4 T cells (Supplementary Fig. 8b) and CD4⁺ CD8⁻ T cells (Supplementary Fig. 8c) could all be triggered in response to cytokines, unlike CD161⁻ T-cell populations (Supplementary Fig. 8d). This is in agreement with our previous findings which suggest that CD161-expressing lymphocytes display a shared innate response to cytokines.

To further explore the role of type I IFNs during viral MAIT cell triggering, we used a vaccinia virus-encoded, soluble type I IFN receptor (B18R). Macrophages treated with HCV in vitro were incubated in the presence of B18R and T cells overnight. Blockade of type I IFNs by B18R inhibited MAIT cell IFN-γ secretion (Fig. 6b), CD69 expression (Fig. 6c) and Granzyme B upregulation (Fig. 6d).

IFN-α has been an important component of HCV treatment. This gave us an opportunity to explore whether type I IFNs could contribute to MAIT cell activation in vivo. We measured the activation marker CD69 on MAIT cells from HCV patients taking part in a clinical trial in which they were treated with either sofosbuvir (SOF) + ribavirin (RBV) + pegylated IFN
Activated MAIT cells can limit HCV replication. Finally, we explored whether viral MAIT cell activation can have a functional impact on virus replication. We stimulated sorted MAIT cells in a TCR-independent manner (IL-12 and IL-18) and confirmed activation by measurement of IFN-γ secretion (Fig. 7a). The cell supernatants of unstimulated and stimulated MAIT cells were transferred to a hepatocyte line infected with HCV expressing luciferase, allowing measurement of HCV replication. The activated MAIT cell supernatants were able to potently suppress HCV replication, while no activity from control supernatants (Fig. 7b) or from IL-12 and IL-18 (data not shown) addition to hepatocytes was seen. Diluting the activated MAIT cell supernatant reduced the suppression of HCV replication in a dose-dependent manner (Fig. 7c). Addition of anti-IFN-γ reversed the HCV suppression by activated MAIT cell supernatants (Fig. 7d). In an extension of the experimental set up using virally-induced activation to trigger MAIT cells, supernatants from MAIT cells incubated with HCV-treated macrophages reduced HCV replication in the hepatocyte reporter cell line compared to mock-treated macrophages (Supplementary Fig. 10). These results indicate that activation of MAIT cells by viral triggers induces responses that can impact on viral replication in vitro.

Discussion

MAIT cells are an abundant human T-cell population with a semi-invariant TCR determining bacterial specificity. It has previously been considered that MAIT cells were not responsive to viral infection. However, in this study we provide data to show MAIT cells are also readily and specifically activated by pathogenic viruses in vivo and in vitro. Furthermore, we define mechanisms that allow this virally-driven activation, and show they are distinct in the different viral settings. The in vivo data shows that there is evidence of MAIT cell activation in response to DENV, HCV and influenza virus.
Of these the most striking is the data from acute DENV infection as it is clear that such activation is profound and rapid in this severe clinical setting. Of note, those patients who went on to develop DHF exhibited significantly higher levels of activation as judged by CD38 expression. This suggests the MAIT cell response could contribute to the pathophysiology of this condition. The correlation between levels of IL-18, levels of IL-1βR and MAIT cell activation suggests an important role for IL-18 in this activation process, consistent with the in vitro mechanisms demonstrated. In DENV, HCV and influenza virus infection we found clear evidence of activation of the MAIT cells, as judged by upregulation of Granzyme B (which is tightly regulated in MAIT cells). In addition, we noted a decrease in circulating MAIT cell frequencies. The mechanism for this is not clear. It may result from translocation of some cells from blood to tissues, or it could result from activation-induced cell death as has been suggested for HIV infection.

The data presented are correlative—however probing a non-redundant role in animal models is not straightforward. In mice the MAIT cell population is a very small minority compared to the frequencies of iNKT cells, which share overlapping functions and innate cytokine responsiveness. In humans, the situation is reversed, with MAIT cell frequencies exceeding those of iNKT cells by 1–2 logs. Existing data indicate a functional antiviral role for iNKT cells in control of virus infections in tissues such as lung, in mouse models: given similar molecular mechanisms of activation apply, and similar effector functions are induced, it seems reasonable to extrapolate from this that MAIT cell activity would have a parallel role in human infection. Emerging models with increased MAIT cell frequencies in mice may help address this question using new in vivo approaches.

MR1 tetramers unequivocally identify MAIT cells, but these reagents are not yet widely available. In this study we used CD161+CD4+Vα7.2+ as a surrogate marker for MAIT cells, which is a commonly used staining approach and includes the majority of tetramer-positive MAIT cells. We further defined MAIT cells as CD8+CD4−CD3+ T cells, and for in vitro experiments PBMCs from healthy individuals were used. CD8 is expressed by the majority of MAIT cells, and CD4 only by a small proportion of MAIT cells. This approach has been used in recent transcriptional studies and allows ready comparison with related CD161-expressing subsets. Future studies using MR1 tetramers are needed to further establish the distribution of MAIT cell phenotype in virally infected humans in more detail. As we did not have access to the tetramer, the observed loss of MAIT cells in virally infected patients may be potentially explained by down-regulation of CD161, as previously suggested. However, Fernandez et al. showed that in HIV-1 infected patients, MR1 tetramers do not bind CD161+Vα7.2+ T cells, and the loss of MAIT cells in the periphery may be due to recruitment to the site of infection or activation-induced cell death. Of note, our data are not restricted to CD161+Vα7.2+ cells but also includes responses from the minority CD161+Vα7.2− cells, which we have previously described as sharing phenotypic and functional properties with MAIT cells and which likely also include some recently described Vα7.2−MR1-restricted T cell populations. The mechanisms we have explored reveal a central role for IL-18 in virus-induced activation. However, the critical co-stimulation was not restricted to a single cytokine. In the case of HCV we repeatedly observed an important role for IL-15. IL-15 levels in these experimental conditions were very low, but upregulation of IL-15R was seen and importantly antibody-blockade of IL-15 revealed a crucial role for this cytokine. In addition, we observed a role for type I IFNs in the activation of MAIT cells in response to HCV. This was clear in both addition and blockade experiments and is consistent with data from natural killer cells, where such cytokine-mediated activation is described.

The cytokine activation of MAIT cells was mediated by APCs with a role for viral sensing and replication. In the case of DENV, viral replication was required for MAIT cell activation and this was positively correlated with the level of productive infection in the APC. Although we observed a reduction of MAIT cell activation in response to UV-irradiated HCV and IAV, replication does not have a key role in this context, since HCV and influenza poorly replicate in macrophages. As APCs have continual and extensive endo/lysosomal activity, viral recognition can occur through endocytosis of viral particles as well as through direct infection. Using TLR agonists, we found that both surface and endo/lysosomal TLRs can trigger MAIT cells, in particular viral pathogen-associated molecular patterns. Using murine bone marrow-derived DCs, Le Bourhis et al. has previously shown that MAIT cells are not responsive to viral infection. This discrepancy is likely due to the use of murine, rather than human cells, which may reflect differential abilities in secreting, as well as, responding to cytokines.

IFN-γ-mediated activation of MAIT cells is clinically and functionally relevant, as demonstrated in vivo in the well-controlled BOSON clinical trial. In addition to directly acting antiviral drugs (SOF in combination with RBV), IFN-γ was included in one arm only and associated with MAIT cell activation and an enhanced therapy response. It is possible that MAIT cells act as local amplifiers of IFN-γ-mediated therapies, contributing to an antiviral effect through secretion of further local antiviral cytokines or potentially via clearance of infected cells. The specific activation by type I IFNs appears to be important evidence in favour of an evolution of MAIT cells in response to virus signals. Although type I IFN signalling is not exclusive to virus infections, a wealth of data links IFN pathways with antiviral defence, and we propose that MAIT cells form an important part of this network in humans. Of note, IFN-γ signalling alone was insufficient to fully activate MAIT cells, indicating a potentially fail-safe mechanism to prevent harmful over-activation.

The secondary consequences of MAIT cell activation could be of significance for both protection and immunopathology. Activation of MAIT cells in tissues could provide both direct and indirect antiviral effects. HCV, for example, is known to be highly sensitive to T-cell-derived IFN-γ. Accordingly, we found that activation of MAIT cells by HCV-induced responses that limited HCV replication in vitro, in an IFN-γ dependent manner. Thus, the local activation of MAIT cells can be plausibly correlated with a direct antiviral function in vivo.

Loss of MAIT cell frequencies (as we have observed in blood) may contribute to impairment of both viral and bacterial control, whereas excess cytokine secretion by MAIT cells may lead to immunopathologic outcomes. For example, high levels of MAIT cell activation could contribute to the cytokine ‘storm’ associated with DHF and severe cases of influenza virus. Activation-induced loss of MAIT cells is potentially relevant in the context of influenza virus infection, which is epidemiologically associated with secondary bacterial pneumonia due to Staphylococcus aureus or Streptococcus pneumoniae. Both of these organisms possess the MAIT cell ligand and it is plausible that depletion of MAIT cells in situ could lead to transient impairment of local control of these pathogens. Interestingly, the transcription factor PLZF, which likely drives the innate phenotype and functionality of MAIT cells, may also contribute to the induction of activation-induced cell death, through upregulation of specific intracellular caspases.
In conclusion, human MAIT cells are activated in response to virus infections (as illustrated by a simplified model depicted in Supplementary Fig. 11), through overlapping mechanisms dependent on the virus and likely the environment and cell types affected. These data extend the likely functions of these abundant human lymphocytes well beyond their traditional roles in innate immunity and as targets for vaccines.

Methods

Patient samples. All samples were collected with appropriate patient consent and local ethics committee approval. Samples were frozen and stored at −80 °C as healthy donors were defined by the NHS Blood Service without any further donor information. The study on DENV patient samples was approved by the Scientific and Ethical Committee of the Khon Kaen Hospital in Thailand and the Riverside Ethics Committee in the UK (06/Q0401/22). Laboratory confirmation of DENV infection was determined by RT–PCR detection of DENV nucleic acid (which also confirmed the infecting serotype) or seroconversion in an ELISA of IgM. Secondary infection was defined based on the ratio of DENV-specific IgM to IgG <1.2 on or after day 6 of illness. Disease severity was classified according to 1997 World Health Organization criteria. Of the patients enrolled in the study, 10 patients were classified as mildly symptomatic of dengue fever and 10 patients were classified as severely symptomatic of haemorrhagic fever with plasma leakage and bleeding (Supplementary Table 1).

The day of defervescence was defined as day 0, the day before defervescence as day −1, the day after defervescence as day +1, and so forth. PBMCs were isolated from whole blood by Ficoll-Hypaque density-gradient centrifugation at various time points during hospitalization and cryopreserved until further use.

Patients with influenza virus infection requiring hospitalization were recruited from two hospitals based in Oxford and Glasgow during the 2009 H1N1 pandemic under ethical approval (09/H0606/09). Influenza virus infection was diagnosed using an in-house generic influenza A real-time PCR assay based on the Matrix gene and confirmed with swine-origin H1N1/09 specific Matrix gene PCR (56,57). Patients had concomitant conditions as documented in Supplementary Table 2, but were not on immunosuppressants or steroids at the point of sampling. Two patients were pregnant, and one was 6 days post-partum.

Viruses. DENV serotype 2, strain 16681, was grown in C6/36 cells in Leibovitz's L-15 medium with l-glutamine and supplemented with 2% fetal calf serum. PBMCs were co-cultured with DENV and cultured at 1:20 until 80% of the cells were determined by a focus-forming assay on Vero cells and expressed as focus-forming units per ml. Briefly, virus was serially diluted and incubated with Vero cells for 2 h at 37 °C. The monolayers were then overlaid with 1.5% carboxymethylcellulose and incubated at 37 °C for 3 days. Virus foci were stained with anti–DENV E antibody followed by peroxidase-conjugated anti-mouse Ig and visualized by the addition of DAB substrate. Infection rates of DENV infected DCs were assessed using an antibody detecting the non-structural DENV protein, NS3, by flow cytometry. The mouse monoclonal anti-DENV NS3 (E1D8) and anti-DENV E (4G2) were gifts from E. Harris and AFRIMS.

A total of 10 ng RNA transcribed from genotype 2a HCV strain J6CF-JFH1 (obtained from Prof. Bartenschlager26) was electroporated into Huh-7.5 cells (obtained from Apath) and were cultured for up to 3 weeks. Cell culture supernatants were collected for up to 20 days post electroporation centrifuged and concentrated using an Amicon Ultra-15 (Millipore). This inoculum was used to infect the HCV-7.5 cells. HCV-7.5 cells were fixed with methanol-acetone, blocked with BSA/phosphate-buffered saline (PBS) solution, washed with PBS, stained with anti–HCV core primary antibody (Cambridge Biosciences), washed with PBS and Alexa Fluor 488 donkey polyclonal secondary antibody to Mouse IgG (ab50150, Abcam). To measure HCV replication a HCV luciferase reporter Jci1FLAG(p7-nSgluc2A) virus was used. Jci1FLAG(p7-nSgluc2A) was grown in naive Huh-7.5 cells63 and the infectivity titre was determined by limiting dilution titration on naive Huh-7.5 cells as median tissue culture infective dose (TCID50). To measure HCV replication, Huh-7.5 cells were plated in a 96-well plate and infected at an MOI of 0.1 for 6 h. After 1 h incubating the Huh-7.5 cells, supernatants from (un)stimulated MAIT cells were added in the presence or absence of a neutralizing IFN-γ (clone MD-1, 14-7317-85 eBioscience). Supernatants were collected 4 days post infection and luciferase expression determined using the Renilla Luciferase Assay System (Promega) and a Berthold’s Luminescence Counter. HCV core/HCV NS3/NS4a NS5a A/WSN/33 (H1N1 virus) (WSN) was grown in Madin Darby Canine Kidney (MDCK, obtained from the European Collection of Cell Cultures) cells in Minimum Essential Medium Eagle (Sigma) with 2 mM l-glutamine and 0.5% fetal calf serum. To produce virus stocks, 160 cm² tissue culture flask containing confluent MDCK cells were infected at low-multiplicity. After 48 h of culture in a 37 °C humidified incubator, supernatants were collected and clarified by low-speed centrifugation (3 min, 2,000 g and 30 min, 3,000 g). Next, WSN was transfected through a 30–60% sucrose gradient by ultracentrifugation (90 min, 150,000 g, 4 °C). The visible band of virus was drawn off with a needle. (Hutchinson, E. and Fodor, E., Nature Protocol Exchange, 'Purification of influenza virions by haemadsorption and ultracentrifugation,' http://www.nature.com/protocolexchange/protocol/33154),45. Plaque assays were performed on MDCK cells using standard techniques. Influenza A (H3N2) virus A/England/601/2010 is a clinical sample isolated by Public Health England (PHE), as part of the MOSAIC project. Influenza B virus, B/Florida/04/2006 was derived from reverse genetics systems by de novo synthesis (GeneArt).

In vitro virus experiments. Unless specified differently, for co-culture experiments using viruses, APCs were treated with virus at a MOI of 1, as determined based on the viral titre and number of cells plated, for 90 to 120 min at 37 °C. Virus was washed off and isolated CD8+ T-cells were added instead of isolated CD8 T-cells. In the case of influenza virus infection, the CD8 T-cell was determined by immunofluorescence.

In vitro cytokine stimulations. For cytokine stimulation experiments, isolated CD8+ T-cells or PBMCs were stimulated for 24 h with 50 ng ml−1 IL-12 (Miltenyi Biotech), 50 ng ml−1 IL-18 (R&D Systems Europe), 50 ng ml−1 IL-15 (Miltenyi Biotech) or 2,000 U ml−1 IFN-γ (Sigma-Aldrich) or 50 ng ml−1 IFN-β (Miltenyi Biotech) or combinations thereof. For blocking experiments, neutralizing antibodies were used together with the CD8 T-cells or PBMCs. Blocking antibodies against IL-12p40/70 (508804, eBioscience), IL-12p70 (508804, eBioscience), IL-10 (508804, eBioscience) or 50 ng ml−1 IFN-β (Miltenyi Biotech) or combinations thereof. Antibodies were added before the influenza A/WSN/33 (H1N1 virus) infection (0.5 μg ml−1 IFN-β and 1 μg ml−1 IL-12) or 1 h before influenza A/WSN/33 (H1N1 virus) infection (1 μg ml−1 IFN-β and 1 μg ml−1 IL-12).
Cytokine measurements. Cytokines in this study were measured from cell culture supernatants or heparin plasma samples. Cell culture supernatants from macrophages treated with mock, HCV or influenza A were collected at 48 h. Cell culture supernatants from DCs treated with mock or DENV were collected at 42 h. Heparin plasma samples were collected from DENV infected patients at different phases of illness or from healthy controls. Cell culture supernatants and heparin plasma samples were frozen at –80°C until further use. Cytokine levels were analysed using Bio-Plex human cytokine kits (BioRad) and acquired on a Luminex 100 (Luminex) or a Bio-Plex 200 reader (BioRad) according to the manufacturer’s instructions.

Statistical analysis. Statistical analysis was carried out with GraphPad Prism software. Statistical significance was reported as ns P > 0.05; *P < 0.05; **P < 0.01; ***P < 0.001; ****P < 0.0001. Error bars on graphs represent s.e.m. Mann–Whitney test was used to calculate significance levels between two groups. Wilcoxon matched-pair test was used to calculate significance levels between two paired groups. For comparisons of means from multiple groups against one control group the Kruskal–Wallis with Dunn’s multiple comparison post-test analysis was performed. Shapiro–Wilk test was used to calculate correlation of cytokine expression. Sample sizes were adequate to detect large effects between groups, as determined by the reproducibility and variability of each particular experiment and limited by the availability of patient samples. No randomization or blinding was used.

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Conceived and designed the experiments: B.W., I.S., P.K., C.W., G.S., J.M.; performed the experiments: B.W., I.S., C.L., T.I., A.K., C.K., P.F., F.T.; analyzed the data: B.W., I.S., A.K., C.W.; contributed to the collection of clinical samples: S.C., V.Y., W.L., P.M., D.Y., L.D.; STOP-HCV, P.F., M.G., Y.O., L.H.; contributed other reagents/materials/analysis tools: E.H., N.R., S.M.L., L.D.B., M.D.; contributed to the writing of this manuscript: P.K., B.W., C.W., G.S., I.S., J.M., L.B.D.

Additional information

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