Altered basal forebrain BOLD signal variability at rest in posttraumatic stress disorder: A potential candidate vulnerability mechanism for neurodegeneration in PTSD

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Abstract

Individuals with posttraumatic stress disorder (PTSD) are at increased risk for the development of various forms of dementia. Nevertheless, the neuropathological link between PTSD and neurodegeneration remains unclear. Degeneration of the human basal forebrain constitutes a pathological hallmark of neurodegenerative diseases, such as Alzheimer's and Parkinson's disease. In this seed-based resting-state (rs-)fMRI study identifying as outcome measure the temporal BOLD signal fluctuation magnitude, a seed-to-voxel analyses assessed temporal correlations between the average BOLD signal within a bilateral whole basal forebrain region-of-interest and each whole-brain voxel among individuals with PTSD (n = 65), its dissociative subtype (PTSD+DS) (n = 38) and healthy controls (n = 46). We found that compared both with the PTSD and healthy controls groups, the PTSD+DS group exhibited increased BOLD signal variability within two nuclei of the seed region, specifically in its extended amygdaloid area: the nucleus accumbens and the sublenticular extended amygdala. This finding is provocative, because it mimics staging models of neurodegenerative diseases reporting allocation of neuropathology in early disease stages circumscribed to the basal forebrain. Here, underlying candidate etiopathogenetic mechanisms are neurovascular uncoupling, decreased connectivity in local- and large-scale neural networks, or disrupted mesolimbic dopaminergic circuitry, acting indirectly upon the basal forebrain cholinergic pathways. These abnormalities may underpin reward-related deficits representing a putative link between persistent traumatic memory in PTSD and anterograde memory deficits in neurodegeneration. Observed alterations of the basal forebrain in the dissociative subtype of PTSD point towards the urgent need for further exploration of this region as a potential candidate vulnerability mechanism for neurodegeneration in PTSD.

KEYWORDS

basal forebrain, dissociative subtype, extended amygdaloid area, local BOLD hemodynamic signal variability, neurodegenerative illnesses, posttraumatic stress disorder, resting-state functional magnetic resonance imaging
1 | INTRODUCTION

Epidemiological studies in military and civilian populations of both sexes provide clinical and population-level evidence for a link between posttraumatic stress disorder (PTSD) and increased risk for the development of various forms of dementia (Flatt, Gilsanz, Quesenberry, Albers, & Whitmer, 2018; Qureshi et al., 2010; Weiner et al., 2013; Yaffe et al., 2010). In a recent stratified, retrospective cohort study including a total of 181,093 male veterans 55 years or older, when compared with those without PTSD, veterans diagnosed with PTSD showed a nearly two-fold increased risk of developing Alzheimer’s disease (AD), frontotemporal dementia (FTD), Lewy Body dementia (LBD), vascular dementia (VaD), and senile dementia (SN) (Yaffe et al., 2010). These rates were replicated in another stratified, retrospective cohort study assessing the prevalence of AD, VaD, and other nonspecific dementia in 499,844 civilians of both sexes 60 years or older (Flatt et al., 2018). In addition, a longitudinal study including 7,280 civilians of both sexes 45 years or older, demonstrated a nearly four-fold increased risk of developing Parkinson’s disease (PD) in subjects diagnosed with PTSD (Chan et al., 2017).

Nevertheless, the neuropathological link between PTSD and dementia remains to be identified (Greenberg, Tanev, Marin, & Pitman, 2014). Several candidate etiopathogenetic mechanisms have been proposed due to their presence in both PTSD and neurodegenerative diseases. These include hippocampal atrophy, alterations of the hypothalamic–pituitary–adrenal (HPA)-axis activity, and neuroendocrine-immune interactions (Greenberg et al., 2014; Herbert et al., 2006; Pitman, 2010; Yaffe et al., 2010). However, careful analysis demonstrates that the mechanistic underpinnings of these processes in PTSD and neurodegenerative diseases are dissimilar and not associated (Greenberg et al., 2014; Pitman, 2010), pointing towards the need for identification of alternative mechanisms that may form, in part, the neurobiological underpinnings of PTSD-related neurodegeneration.

Here, we investigate patterns of resting-state activity of the basal forebrain in PTSD, a potential imaging marker of vulnerability for neurodegeneration in this population. Critically, the basal forebrain emerges as one of the first brain regions to show neuropathology in association with early asymptomatic or prodromal phases of neurodegenerative diseases such as AD (Arendt, Brückner, Morawski, Jäger, & Gertz, 2015; Mesulam, Shaw, Mash, & Weintraub, 2004; Nie et al., 2017; Schmitz et al., 2016; Schmitz et al., 2018; Teipel et al., 2014; Yi et al., 2016), PD (Bohlen & Albin, 2011; Zeighami et al., 2015), and LBD (Grothe et al., 2014). Emerging evidence supports the use of resting-state fMRI as an imaging biomarker of neurodegenerative diseases (Cope et al., 2018; Hampton et al., 2020; Hohenfeld, Werner, & Reetz, 2018; Wisch et al., 2020) suggesting that in early, preclinical phases of neurodegenerative diseases, moment-to-moment variability in BOLD signal at rest may be related to the load of neurodegeneration associated neuropathology (Millar et al., 2020), and may signal either abnormalities in neurovascular coupling (Hillman, 2014; Solis, Hascup, & Hascup, 2020) or alterations in functional connectivity specifically associated with the basal forebrain (Chiesa et al., 2019; Wang, Belden, Hansen, Geddes, & Loui, 2020).

Although neurodegenerative diseases such as AD are robustly associated with alterations in the basal forebrain magnocellular cholinergic nuclei (Hampel et al., 2018; Mesulam, 2013; Schmitz et al., 2016), and PTSD in the basal forebrain extended amygdaloid region (Gerlicher, Tüscher, & Kalisch, 2019; Liberzon & Garfinkel, 2009), emerging evidence is suggesting that both conditions share structural and functional neuropathology affecting the extended amygdala nucleus accumbens (NAc) (Arendt et al., 2015; Lieberman, Gorka, Funkhouser, Shankman, & Phan, 2017; Zeighami et al., 2015).

Importantly, structural and functional alterations of basal forebrain extended amygdaloid region NAc in PTSD are subtype-specific (Liberzon & Garfinkel, 2009; Lieberman et al., 2017). Specifically, alterations of the basal forebrain NAc are seldom observed in the classical PTSD presentation (Logue et al., 2018), with only one study reporting an increase in their BOLD signal among such patients showing severe hyperarousal symptoms (Pavic et al., 2003). By contrast, recurrent decreased activation or degeneration of EANAc nuclei has been reported among patients with the dissociative subtype of PTSD (PTSD+DS) (Felmingham et al., 2014; Green, Corsi-Travali, & Neumeister, 2013; Lieberman et al., 2017; Ospina et al., 2019), a presentation apparent in ~14–30% of patients with PTSD (Stein et al., 2013; Steuwe, Lanius, & Frewen, 2012; Wolf et al., 2012), and characterized by symptoms of depersonalization and derealization (Frewen & Lanius, 2013; van Huijstee & Vernetten, 2018). Critically, cognitive dysfunction, similar in pattern, although of lesser magnitude to neurodegenerative conditions, is strongly associated with dissociative symptomatology, the hallmark presentation of this subtype of PTSD (Boyd et al., 2018).

Structural and functional pathology of the NAc in PTSD+DS is often reported in association with a plethora of signs and symptoms characterizing its presentation, such as blunted reward processing (Lieberman et al., 2017) associated with fear memory processes (Izquierdo, Furini, & Myskiw, 2016), as well as hedonic and motivational deficits, includinganhedonia (Klawonn & Malenka, 2018; Olson, Kaiser, Pizzagalli, Rauch, & Rosso, 2018; Russo & Nestler, 2013) and apathy (Pineau, Marchand, & Guay, 2015; Sailer et al., 2008). These (Pineau et al., 2015; Sailer et al., 2008) are concurrent with heightened signs of fear and anxiety belonging to PTSD+DS presentation, such as more freezing and fewer vocalizations (Shackman & Fox, 2016).

Similarly, NAc structural and functional neuropathology underlying neurodegenerative diseases such as AD and PD is characterized by the severe neuronal loss (Lehéricy et al., 1989; Oyanagi et al., 1994) an aberrant reduction of the NAc's volume and shape.
Anatomical studies of the NAc postmortem have further revealed pathophysiological markers of neurodegeneration such as aggregates of neurofibrillary tangles (Kawakami et al., 2014; Selden, Mesulam, & Geula, 1994). In a pattern similar to that observed for PTSD+DS, these abnormalities have been associated with underlying reward-based cognitive and behavioral deficits, including apathy and aberrant fear memory in AD (Jeong et al., 2018; Nasrouei, Rattel, Liedlgruber, Marksteiner, & Wilhelm, 2020; Nobili et al., 2017) and PD (Carriere et al., 2014; Kinoshita, Tada, Muroi, Unno, & Ishii, 2015; Muhammed et al., 2016).

These observed commonalities in not only underlying disease pathogenesis but also the clinical presentation of reward deficits typically associated with dysfunctional EA activity across the dissociative subtype of PTSD and several neurodegenerative conditions, suggests that abnormal structure or functioning of the human basal forebrain EA nuclei, specifically the NAc, may predict vulnerability to neurodegeneration in PTSD, a pattern most likely to be observed in the dissociative subtype PTSD (Bohnen & Albin, 2011; Carriere et al., 2014; Grothe et al., 2014; Izquierdo et al., 2016; Jeong et al., 2018; Klawonn & Malenk, 2018; Liberzon & Garfinkel, 2009; Pineau et al., 2015; Ryle, Court, Smith, & Morris, 1975; Sailer et al., 2008; Schmitz et al., 2016; Zeighami et al., 2015).

Here, we examined the resting state activity of the basal forebrain in PTSD (n = 65), its dissociative subtype (PTSD+DS) (n = 38), and healthy controls (n = 46). Following the hypothesis stated above, we predicted that in the present study, we would observe an abnormal pattern of resting-state activity of the basal forebrain extended amygdaloid area (EA), which would manifest as an abnormal increase in BOLD signal variability at the rest of the NAc in the PTSD+DS patient group.

2 | METHODS

2.1 | Participants

One-hundred and forty-nine age- and sex-matched subjects were included in the study: 65 patients with a primary diagnosis of PTSD without the dissociative subtype (PTSD), 38 patients with a primary diagnosis of PTSD with the dissociative subtype (PTSD+DS), and 46 healthy control individuals. Of these, 83.5% of the patients with PTSD (PTSD-DS and PTSD+DS) met the criteria for interpersonal childhood trauma according to responses on the Childhood Trauma Questionnaire (CTQ) (Bernstein et al., 1994; DiLillo et al., 2006). Participants were recruited from 2009 to 2016 via referrals from family physicians, mental health professionals, psychology/psychiatry clinics, community programs for traumatic-stress survivors and posters/advertures within the London, Ontario community.

A primary PTSD diagnosis was determined using the CAPS-4 (n = 122) or CAPS-5 (n = 27) (Clinician-Administered PTSD Scale; CAPS-4 cut-off score 50) (Blake et al., 1995). As per standard methods, PTSD patients with the dissociative subtype were further required to score at least “2” on both the frequency and intensity scales assessing depersonalization and derealization symptoms (Nicholson et al., 2015). For each participant, comorbid Axis-I disorders were assessed using the SCID (structured clinical interview for DSM-IV Axis I disorders). A battery of questionsnaires was also administered, including the beck depression inventory (BDI) (Beck, Guth, Steer, & Ball, 1997), the child trauma questionnaire (CTQ) (Bernstein et al., 1994), and the multiscale dissociative inventory (MDI) (Briere, Weathers, & Runtz, 2005). State reliving and depersonalization/derealization symptoms experienced during the resting state scan were assessed using the response to script driven imagery scale (RSDI) (Hopper, Frewen, van der Kolk, & Lanius, 2007; Mickleborough et al., 2011), adapted to resting state.

Exclusion criteria for all participants included the presence of metal implants that violated 3.0 T scanner safety regulations, a previous head injury associated with loss of consciousness, current or past history of neurological disorders, significant untreated medical illness, and pervasive developmental mental disorders. Patients with PTSD were excluded further if they met the criteria for current or past history of bipolar or psychotic disorders, or if patients had alcohol/substance dependency or abuse that had not sustained full remission for at least 6 months before study entry. Control participants were excluded if lifetime criteria were met for any Axis-I psychiatric disorder.

All scanning took place at Robarts Research Institute’s Center for Functional and Metabolic Mapping or at Lawson Health Research Institute in London, Ontario, Canada. The study was approved by the Research Ethics Board of the Western University of Canada. All participants provided written informed consent to partake in the study.

2.2 | Data acquisition

Whole-brain fMRI (functional magnetic resonance imaging) data were obtained using a 3.0 T scanner (Magnetom Tim Trio, Siemens Medical Solutions, Erlangen, Germany) with a 32-channel phased-array head coil where the participant’s head was supported with foam padding. BOLD (blood-oxygen level-dependent) fMRI data were collected using a manufacturer’s standard gradient-echo planar imaging (EPI) pulse sequence (single-shot, blipped-EPI) with an interleaved slice acquisition order with the following parameters: time resolution (TR) = 3.000 ms, echo-time (TE) = 20 ms, voxel size = 2 × 2 × 2 mm³, Field of View (FOV) = 192 × 192 × 128 mm³ (94 × 94 matrix, 64 contiguous slices), flip angle (FA) = 90°. High-resolution T1-weighted anatomical images were also obtained (MP-RAGE: 192 slices, voxel size = 1 × 1 × 1 mm³). Resting-state data were obtained for 6 min according to standard methods (Bluhm et al., 2009; Fransson, 2005).

2.3 | Resting-state fMRI data preprocessing

Image pre-processing was performed with CONN v.18.a toolbox (The Gabrieli Lab, McGovern Institute for Brain Research, Cambridge, MA).
for MATLAB R2018a (Mathworks Inc., MA). The functional images for each subject were realigned to the mean fMRI image using a 6-parameter rigid-body transformation (6 time series containing the three translation and three rotation parameters over time for each subject and session) to correct for subject head motion. Moreover, in order to address microhead motion (<0.1 mm), an important source of spurious correlations in resting-state functional connectivity analysis (Van Dijk, Sabuncu, & Buckner, 2012), further removal of motion artifacts was performed through the artifact detection tool (ART), as implemented in the CONN toolbox preprocessing routine, censoring procedure of volumes where high-motion was detected, the so-called “scrubbing” strategy (Power et al., 2014). Functional images were segmented simultaneously into gray matter, white matter, and cerebrospinal fluid (CSF) and normalized to the MNI space. The structural images were also segmented simultaneously into gray matter, white matter, and CSF and normalized to the MNI space. The functional images were then smoothed with a three-dimensional isotropic Gaussian kernel of 8 mm FWHM (full-width at half maximum). The smoothed functional images were subsequently denoised with the Compcor method, which regresses out of the data the white matter and CSF time courses. Smoothed and denoised functional images were bandpass-filtered to reduce the signal-to-noise ratio using 0.012 and 0.1 Hz as the high-pass and low-pass frequency cut-offs, respectively.

2.4 | Seed-based region of interest

The current study employed a stereotactic mask of the bilateral basal forebrain developed at the German Center for Neurodegenerative Diseases, Rostock, Germany, in conformity to the standard MNI152 template (1 mm), and designed after the coordinates and anatomical landmarks reported in (Teipel et al., 2005).

2.5 | Seed-based analysis

Connectivity analyses were performed using the CONN v.18.a toolbox (The Gabrieli Lab, McGovern Institute for Brain Research, Cambridge, MA) for MATLAB R2018a (Mathworks Inc., MA). Individual seed-based connectivity (SBC) maps representing the level of functional connectivity between the seed located at the bilateral basal forebrain and every voxel in the brain were computed as the Fisher-transformed bivariate correlation coefficient between the seed average BOLD time series and each whole-brain voxel BOLD time series (Z-values, the inverse hyperbolic tangent values of the correlation coefficient).

2.6 | Second-level analysis

Second-level statistical analyses was performed using statistical parametric mapping software (SPM12, Wellcome Trust Center for Neuroimaging, London, UK: http:// www.fil.ion.ucl.ac.uk/spm) within MATLAB R2018a (Mathworks Inc., MA). The Fischer's Z-transformed correlations between the seed BOLD time series (averaged across all voxels within the bilateral basal forebrain mask) and the time series of all other individual voxels in the brain were used to compute functional connectivity differences between groups. A one-way analysis of variance (ANOVA) including three groups, PTSD, PTSD dissociative subtype (PTSD+DS) and healthy controls, was conducted for the second-level analyses. As our groups were age- and sex-matched, and exhibited an equivalent medication status (past and current), only motion parameters (6-parameter rigid-body transformation) were included as nuisance covariates in our analyses. To determine significant correlations, results were explored at the whole-brain activation level at voxel-level height-threshold fwe-corrected p-value <.05 (Table 1).

2.7 | Demographic and psychological measures

Quantile-Quantile plots demonstrated that participants’ ages across all three groups were not normally distributed. Accordingly, a Kruskall-Wallis test was performed to assess age differences across participant groups, and to ensure that groups were age-matched. A Pearson’s Chi-square test assessed sex differences between groups, as well as differences between medication status, past and current.

When assessing potential between-group differences in psychological measures, Levene’s test of homogeneity of variances demonstrated that the principle of homogeneity of variances was violated in all tested measures. As such, a one-way between-groups analysis of variance (ANOVA), followed by post hoc Games-Howell testing, was used to assess between-group differences in total CAPS-IV scores, averaged MDI scores for trait depersonalization, and derealization, state reliving, depersonalization, derealization and numbness RSDI scores, BDI and CTQ scores.

2.8 | Correlational analysis

Using SPM12 multiple regression analyses, CAPS-IV total scores, averaged MDI depersonalization and derealization scores, state reliving, depersonalization/derealization and numbness (during the resting state scan) RSDI scores, were assessed as predictors of basal forebrain connectivity among individuals in the PTSD and PTSD+DS groups.

3 | RESULTS

The primary finding of our study was increased BOLD signal variability at rest within the seed region, the basal forebrain, specifically, at the extended amygdaloid area (EA) nuclei, the nucleus accumbens (NAc) and the sublenticular extended amygdala (SLEA), in the dissociative subtype PTSD group. No such pattern was observed in the comparison groups.
### TABLE 1

Medication status previous to and at the scanning moment, absolute figures of patient per group

|                           | PTSD Past | PTSD Present | PTSD + DS Past | PTSD + DS Present |
|---------------------------|-----------|--------------|----------------|------------------|
| **Selective serotonin reuptake inhibitor (SSRI)** |           |              |                |                  |
| Citalopram               | 3         | 2            | 1              | 1                |
| Fluoxetine               | 4         | 1            | 2              | 3                |
| Fluvoxamine              | 1         | -            | -              | -                |
| Paroxetine               | 3         | -            | -              | -                |
| Sertraline               | 3         | 2            | 1              | -                |
| **Serotonin antagonist and reuptake inhibitor (SARI)** |           |              |                |                  |
| Trazodone                | 1         | 3            | 1              | 2                |
| **Serotonin-norepinephrine reuptake inhibitor (SNRI)** |           |              |                |                  |
| Venlafaxine              | 7         | 5            | 1              | -                |
| **Norepinephrine-dopamine reuptake inhibitor (NDRI) and nicotinic receptor antagonist** |           |              |                |                  |
| Bupropion                | 2         | 1            | 5              | 1                |
| **Reversible inhibitor of monoamine oxidase-A (RIMA)** |           |              |                |                  |
| Moclobemide             | 1         | -            | -              | -                |
| **Tricyclic antidepressant (TCA)** |           |              |                |                  |
| Amitriptyline            | 3         | -            | -              | -                |
| Protriptyline           | 1         | -            | -              | -                |
| **Dopamine and serotonin receptors blocker** |           |              |                |                  |
| Olanzapine               | 1         | -            | -              | -                |
| Quetiapine               | 4         | 1            | 2              | -                |
| **Dopamine and serotonin antagonist** |           |              |                |                  |
| Risperidone             | 2         | 1            | -              | -                |
| Dibenzoxazepine         |           |              |                |                  |
| Loxapine                | 1         | -            | -              | -                |
| CYP3A4 inhibitor        |           |              |                |                  |
| Haloperidol             | -         | 1            | -              | -                |
| **Dopamine and norepinephrine reuptake inhibitor** |           |              |                |                  |
| Methylphenidate         | 1         | -            | -              | -                |
| **Serotonin, dopamine, and norepinephrine transporters inhibition or reversion** |           |              |                |                  |
| Dextroamphetamine       | 1         | -            | -              | -                |
| **Benzodiazepine**      |           |              |                |                  |
| Clonazepan              | -         | 1            | 1              | 2                |
| Diazepam                | -         | 1            | -              | -                |
| Lorazepam               | 2         | 1            | 3              | 2                |
| Temazepam               | 3         | -            | -              | -                |
| **Triazolobenzodiazepine (TBZD)** |           |              |                |                  |
| Alprazolam              | 1         | -            | -              | -                |
| **Nonbenzodiazepine**   |           |              |                |                  |
| Zopiclone               | 2         | 1            | 3              | 1                |

Abbreviations: PTSD, nondissociative PTSD group; PTSD + DS, dissociative subtype PTSD group.

### 3.1 Between-group analysis of clinical variables scores at the behavioral level

A one-way between-group ANOVA, followed by a post hoc Games-Howell test given the heterogeneity of variance, was performed on CAPS, CTQ, and BID scores. For all three variables, the respective analysis yielded significant differences between all three groups. For the CAPS scores, the PTSD + DS group exhibited higher scores than the PTSD ($p = .018$) and the control ($p < .001$) groups. The PTSD group exhibited lower scores than the PTSD + DS group and higher
scores than the control group only \((p < .001\)). Likewise, for the CTQ variables, higher scores were observed in the PTSD+DS group as compared to the PTSD group \((p = .002\) and the control group \((p < .001\)). The PTSD group exhibited lower scores than the PTSD+DS group and higher scores than the control group only \((p < .001\)). This pattern of results was replicated for the BDI scores, where the post hoc Games-Howell testing yielded higher scores in the PTSD+DS group as compared to the PTSD group \((p = .002\) and the control group \((p < .001\)). The PTSD group exhibited lower scores than the PTSD+DS group and higher scores than the control group only \((p < .001\)).

A one-way between-group ANOVA performed on the averaged RSDI item assessing numbness symptoms during the resting state scan also violated the assumption of homogeneity of variance. Follow-up post hoc Games-Howell testing revealed a significant difference between the control and PTSD groups. Specifically, both the PTSD+DS \((n = 38)\) \((p < 0.001\) and PTSD \((n = 61)\) \((p < 0.001)\) groups exhibited higher scores as compared to the control group \((n = 45)\).

### 3.2 | Within-group results

Within-group analyses revealed abundant, widespread connectivity of the bilateral basal forebrain with the frontal lobe in the control and PTSD groups, a pattern not present in the PTSD+DS group.

### 3.3 | Within-group results: Healthy controls

The control and PTSD groups showed a highly overlapping functional connectivity pattern. Analysis of healthy control data at the whole-
brain level ($p_{fwe} = 0.05$) revealed increased connectivity of the bilateral basal forebrain with the bilateral nucleus accumbens (NAC) (controls MNI $= \pm 8$ 6–12, $p < 0.001$, $k = 1927$).

### 3.4 Within-group results: PTSD

In the PTSD group, a whole-brain analysis ($p_{fwe} = 0.05$) revealed increased functional connectivity of the bilateral basal forebrain with the bilateral NAC (MNI $= \pm 8$ 6–12, $p_{fwe} < 0.001$, $k = 2476$). Moreover, increased connectivity with the left anterior cingulate cortex (MNI $= -8$ 48–4, $p_{fwe} < 0.001$, $k = 161$), a cluster extending into the right anterior prefrontal cortex (MNI $= 4$ 56–4, $p_{fwe} = 0.002$; MNI $= 8$ 46–8, $p_{fwe} = 0.004$), was observed. Finally, increased connectivity was also observed between the bilateral basal forebrain and the right parahippocampal area (MNI $= 24$ 24–12, $p_{fwe} = 0.003$, $k = 23$).

### 3.5 Within-group results: PTSD + DS

In the PTSD subtype dissociative patient group (PTSD+DS), a whole-brain analysis ($p_{fwe} = 0.05$) did not yield any significant results (Tables 2 and 3).

### 3.6 Between-group results: Effects of interest

A full-factorial analysis at the whole-brain level ($p_{fwe} = 0.05$) revealed significant increased functional connectivity within the basal forebrain extended amygdaloid area (EA), notably, the bilateral SLEA (MNI $= -18$ 0–12, $p_{fwe} < 0.001$; MNI $= 20$ 2–12, $p_{fwe} < 0.001$; MNI $= 12$ 8–12, $p_{fwe} < 0.001$) (Table 4).

### 3.7 Between-group results: Differential functional connectivity between PTSD, PTSD + DS, and controls

The whole-brain ($p_{fwe} = 0.05$) analysis revealed that when compared to the PTSD dissociative subtype (PTSD+DS), healthy controls exhibited a cluster of activations overlapping with the seed region, the basal forebrain, in its extended amygdaloid (EA) region. Here, our results suggest an increase in hemodynamic signal variability within the EA, with peaks localized in the left nucleus accumbens (NAc) (MNI $= -18$ 6–12, $p_{fwe} < 0.001$, $k = 292$) and the right SLEA (MNI $= 20$ 2–12, $p_{fwe} < 0.001$, $k = 137$). A strikingly similar result was observed when comparing the PTSD patient group to the PTSD+DS group. At whole-brain ($p_{fwe} = 0.05$) level analysis, we observed a cluster of activations also overlapping with the seed region, the basal forebrain, in its extended amygdaloid (EA) region. Again, our results suggest an increase in hemodynamic signal variability within the EA, with peaks localized in the left NAC (MNI $= -10$ 6–12, $p_{fwe} < 0.001$, $k = 312$), a cluster extending ipsilaterally to the left SLEA (MNI $= -18$ 2–12, $p_{fwe} < 0.001$). Additionally, a third peak of activation was observed outside of the basal forebrain, in the right piriform cortex (MNI $= 14$ 8–14, $p_{fwe} < 0.001$, $k = 228$).

When compared with the PTSD patient group, healthy controls exhibited no suprathreshold clusters in the whole-brain analysis. Similarly,

### TABLE 3 Whole-brain $p_{fwe} = .05$ corrected for multiple comparisons

| Contrast       | Seed region              | Target region      | MNI x y z   | $p_{fwe}$ | Cluster size | T-score | Z-score |
|----------------|--------------------------|--------------------|-------------|-----------|--------------|---------|---------|
| Control        | Basal forebrain bilateral| Striatum bilateral | 8 6 –12    | < .001   | 1927         | 21.49   | Inf     |
|                |                          |                    | –8 6 –12   | < .001   |              | 20.63   | Inf     |
| PTSD           | Basal forebrain bilateral| Striatum bilateral | 8 6 –12    | < .001   | 2,476        | -       | -       |
|                |                          |                    | –8 6 –12   | < .001   |              |         |         |
|                |                          | Cingulate anterior left (BA 32) | –8 48–4   | < .001   | 161          | 6.48    | 6.06    |
|                |                          |                    |             |           |              |         |         |
|                |                          | Frt med orbital right (BA 10) | 4 56–4   | 0.002    | 181          | 5.9     | 5.58    |
|                |                          |                    |             |           |              |         |         |
|                |                          | Hippocampus R       | 24 –24–12  | 0.003    | 23           | 5.8     | 5.5     |
|                |                          |                    |             |           |              |         |         |
|                |                          | Parahippocampal right | 24 –26–22 | 0.023    | 23           | 5.35    | 5.10    |
| PTSD+DS        | Basal forebrain bilateral| No Suprathreshold   | -          | -         | -            | -       | -       |

Note: Within-group Basal Forebrain connectivity—Whole-brain analysis $p_{fwe}$.05.

Abbreviations: Inf, infinitum; MNI, Montreal Neurological Institute; PTSD, nondissociative PTSD group; PTSD+DS, dissociative subtype PTSD group.

### TABLE 4 Whole-brain $p_{fwe} = .05$ corrected for multiple comparisons

| Contrast          | Seed region              | Target region       | MNI x y z   | $p_{fwe}$ | Cluster size | F-score | Z-score |
|-------------------|--------------------------|---------------------|-------------|-----------|--------------|---------|---------|
| Effects of interest | Basal forebrain bilateral| NAc-SLEA left       | –18 0–12    | < .001   | 299          | 67.37   | Inf     |
|                   |                          |                     | –10 6–12    |           |              | 66.21   | Inf     |
|                   | NAc-SLEA right           | 20 –2–12            | < .001      | 192       | 44.78        | 42.41   | 7.8     |
|                   |                          | 12 8–12             |             |           |              |         |         |

Note: Effects of interest Whole-brain analysis $p_{fwe} = .05$.

Abbreviations: Inf, infinitum; MNI, Montreal Neurological Institute; NAc, nucleus accumbens; PTSD, nondissociative PTSD group; PTSD+DS, dissociative subtype PTSD group; SLEA, sublenticular extended amygdala.
when compared with healthy controls, the PTSD patient group showed no significant connectivity at the whole-brain level analysis (Table 5).

### 3.8 Clinical variable correlations to functional connectivity within the PTSD + DS group

State emotional numbness, as measured by the RSDI during the resting state scan, predicted bilateral basal forebrain connectivity with the right SLEA (MNI = 16 -8 -20, \( p_{fwe} = .004 \), \( k = 9 \)) in the PTSD + DS group (Table 6).

### 4 DISCUSSION

#### 4.1 Increased BOLD signal variability at rest in the basal forebrain extended amygdala nuclei of the dissociative subtype of PTSD

In the current study, the most significant findings emerged when comparing both the PTSD and the healthy control group to the PTSD + DS patient group. Specifically, our analysis revealed an increase in hemodynamic signal variability at rest of the basal forebrain extended amygdala (EA) in PTSD + DS patients. In SBC analysis, results encompassing the seed area are used to indirectly quantify the level of homogeneity or correlation of voxels within the seed. The observed increase in hemodynamic signal variability at rest observed here suggests that EA nuclei voxels are decorrelated from the remaining basal forebrain nuclei, a finding that argues against the notion that this region serves as a node or vertices supporting network connectivity among patients with this subtype.

There are several potential neurobiological explanations for this finding. For example, this increase in hemodynamic signal variability may have a purely hemodynamic origin, supporting an impairment in neurovascular coupling (Hillman, 2014; Liu, 2013), the process by which neuronal activity underlies changes in deoxyhemoglobin driven by localized changes in brain blood flow and oxygenation, ultimately constituting the BOLD signal detected in fMRI. Such patterns of abnormal blood flow and oxygenation may underlie neurodegenerative diseases such as AD, PD and FTD and are thought to arise from a complex bidirectional link between the accumulation and aggregation of amyloid-B (AB) plaques and hyperphosphorylated tau tangles in the affected region, both preceding their appearance or being worsened by it (Park et al., 2020; Solis et al., 2020).
Alternatively, our results may represent neural factors associated with a disruption of resting-state neuronal connectivity between adjacent nuclei of the basal forebrain, specifically, connectivity between the EA region NAc and SLEA nuclei, the nucleus basalis of Meynert, the diagonal band of Broca, the medial septal nucleus, and the substantia innominata. Here, it is well known that local node properties also induce alterations in remote functional connectivity (Deco et al., 2014). Changes in hemodynamic signal variability are concomitant with changes in functional connectivity, such that nodes with the greatest increase in signal variability also experience the greatest decrease in functional connectivity. Signal variability is highly associated with functional embedding of individual areas in large-scale networks (Shafiei et al., 2019). As such, our observation of increased hemodynamic signal variability of the basal forebrain EA region NAc and SLEA nuclei among PTSD+DS patients may indicate the disconnection of these regions from the large-scale networks in which they are normally embedded (Figures 1 and 2).

From an etiopathogenetic standpoint, our results are in keeping with one main staging model of neurodegenerative diseases such as AD, which suggests an initial allocation of pathology in the basal forebrain, subsequently resulting in its dysfunction and degeneration (Mesulam et al., 2004; Schmitz et al., 2016). Only in later stages of the disease is it thought that this pathology spreads to other nodes or vertices of the basal forebrain projection pathways (Schmitz et al., 2018). As such, our results among patients with the dissociative subtype of PTSD are in keeping with the purported initial or prodromal stage of neurodegenerative diseases, where the presence of pathophysiology and neurodegeneration, is typically confined to the basal forebrain itself. Taken together, these findings provide a preliminary signal that abnormal neurovascular coupling or neuronal processes within the basal forebrain among individuals with PTSD+DS may serve as candidate neuroimaging markers of vulnerability to subsequent neurodegeneration in this population.

Longitudinal studies, as well as complementary neuropathological examination of postmortem brain tissue of PTSD+DS patients, will be necessary to clarify whether this local decorrelation is related to neurodegeneration-related neuropathology in the basal forebrain in patients with this condition (Cordella et al., 2018; Seeley, Crawford, Zhou, Miller, & Greicius, 2009). Such investigation would also allow for monitoring of the progressive spread of putative neuropathology through other basal forebrain nuclei, or through other nodes of the remote functional networks constituting the NAC’s and SLEA’s spatially distinct projection systems (Cordella et al., 2018; Schmitz et al., 2018; Seeley et al., 2009) (Table 7).

4.2 | Increased hemodynamic signal variability in core nodes of the reward processing circuitry: A link between traumatic memory in PTSD and declarative memory deficits (anterograde amnesia) in AD and PD?

Our findings point further to the disconnection of the NAc and the SLEA from the long-range functional networks in which they are normally embedded in, including the network underlying the reward processing circuitry (Brown, Latimer, & Winn, 1996; Russo & Nestler, 2013; Sailer et al., 2008; Sharma et al., 2017; Waraczynski, Abbott, & Schultz, 2017).

Specifically, the NAc integrates the best-characterized reward circuitry in the human brain, represented by its bidirectional connections with the ventral tegmental area (VTA) (Russo & Nestler, 2013). Importantly, impairment of the VTA-NAc circuitry affects the reward-based learning thought to underlie fear memory extinction in PTSD, a dysfunctionality that is believed to contribute to the development of persistent trauma memories (Brown et al., 1996; Korem, Lange, Hillard, & Akirav, 2017; Radke et al., 2019; van der Kolk, Hopper, & Osterman, 2001). By contrast, enhanced brain reward function is
thought to play a central role in resilience to trauma (Vythilingam et al., 2009). Reward sensitivity processes are also disproportionately affected in neurodegenerative diseases, including reward-based memory processes (Nobili et al., 2017; Perry & Kramer, 2015). Remarkably, dysfunctional fear extinction processes are common to the presentation of AD (Nasruei et al., 2020) and PD (Kinoshita et al., 2015). Prior to reinforcement and reversal learning, though, it is thought that coordinated activity of the hippocampus and the VTA-NAc circuitry (Cordella et al., 2018; Nobili et al., 2017; Perry & Kramer, 2015) enhances memory encoding and consolidation thus playing a role in declarative memory formation (Miedlizarewska, Bavelier, & Schwartz, 2016; Setlow, 1997). Accordingly, disruption in this circuitry is thought to contribute to anterograde memory deficits observed in neurodegenerative diseases such as AD and PD with dementia (PD + D) (Braak & Braak, 1991; Braak & Del Tredici, 2017).

Further studies, however, are warranted to determine just how much overlap exists between the underlying dysfunction or degeneration of the VTA-NAc circuitry that has been associated with abnormal fear memory processes in PTSD and in neurodegenerative conditions. Moreover, it will be critical to examine the potential role of the VTA-NAc circuitry as a neurobiological link playing a role in the dysfunction and degeneration of the basal forebrain cholinergic nuclei, namely, the nucleus basalis of Meynert, the diagonal band of Broca, the medial septal nucleus, and the substantia innominata exhibit similar activity patterns across PTSD, PTSD + DS and healthy controls. Thus, we did not find direct evidence that PTSD is associated with one of the main etiopathogenetic mechanisms of several neurodegenerative diseases: the dysfunction and degeneration of the basal forebrain cholinergic pathways (Bohnen & Albin, 2011; Grothe et al., 2014; Hampel et al., 2018; Mesulam, 2004; Mesulam, 2013).

4.3 | The SLEA and threat-related responses in PTSD + DS patient group

The SLEA is a cell column in the ventral forebrain comprised of neurons that represent an extension of the central and medial nucleus of the amygdala (CeA), connecting it to the bed nucleus of the stria terminalis (BSTL) (Paxinos & Mai, 2004). Because of this bridging role, the SLEA is implicated in stress-induced behavior (Fudge et al., 2017) relevant for fear memory processes. Notably, the SLEA is thought to contribute to the instantiation of fear and anxiety states (Kovner et al., 2019; Shackman & Fox, 2016; Tillman et al., 2018), thus playing a central role in the evaluation of potentially threat-related information. Additionally, the SLEA assists in the preparation of threat-related defensive responses (Oler et al., 2017; Shackman & Fox, 2016).

The increase in hemodynamic signal variability in the SLEA in PTSD + DS group, observed in the present study may help to explain differences in threat-related defensive responses observed in PTSD and in PTSD + DS. Specifically, whereas PTSD patients exhibit most frequently hyperarousal and active defensive responses, PTSD + DS is most frequently characterized by passive defensive responses such as emotional blunting and tonic immobility/freeze responses, responses likely stemming, in part, from hedonic and motivational deficits associated with dysfunctional reward-based processes (Harricharan et al., 2016; Lanius et al., 2017; Olivé et al., 2018). To the best of our knowledge, however, the SLEA is not associated directly with the etiopathogenetic mechanisms underpinning neurodegenerative diseases.

4.4 | Altered dopaminergic and “intact” cholinergic projection pathways

Our results point towards specific alterations in the dopaminergic projection pathways in the PTSD + DS patient group, where the EA region, including both the NAc and SLEA, forms a critical part of the dopaminergic mesolimbic system (Klawonn & Malenka, 2018; Volkow, Wise, & Baler, 2017). The emergence of dopaminergic dysfunction or loss in AD and PD pathogenesis has been extensively documented (Esposito, Di Matteo, & Di Giovanni, 2007; Martorana & Koch, 2014; McAuley, 2003; Murray et al., 1995). By contrast, these results suggest that the basal forebrain cholinergic nuclei, namely, the nucleus basalis of Meynert, the diagonal band of Broca, the medial septal nucleus, and the substantia innominata exhibit similar activity patterns across PTSD, PTSD + DS and healthy controls. Thus, we did not find direct evidence that PTSD is associated with one of the main etiopathogenetic mechanisms of several neurodegenerative diseases: the dysfunction and degeneration of the basal forebrain cholinergic pathways (Bohnen & Albin, 2011; Grothe et al., 2014; Hampel et al., 2018; Mesulam, 2004; Mesulam, 2013).

 FIGURE 2 Schematic diagram of the basal forebrain in the dissociative subtype PTSD group, featuring the extended amygdaloid region (NAc and SLEA) and the magnocellular nuclei (NbM, DBB, and MSN), their reciprocal disrupted dopaminergic and cholinergic projections, the disrupted dopaminergic projections within the mesolimbic dopaminergic system (NAc and VTA) and the intact cholinergic projections to the cortex. Abbreviations: NAc, nucleus accumbens; SLEA, sublenticular extended amygdala; NbM, nucleus basalis of Meynert; DBB, diagonal band of Broca; MSN, medial septal nucleus; VTA, ventral tegmental area.
Nevertheless, in the absence of more comprehensive study, it is not possible to rule out entirely the potential impact of dopaminergic dysfunction upon cholinergic activity in PTSD. Here, previous studies indicate that the EA dopaminergic nuclei send direct modulatory projections to the basal forebrain cholinergic nuclei (Smiley, Subramanian, & Mesulam, 1999), which modulate indirectly cholinergic cortical excitability in AD patients (Martorana et al., 2009). Since cholinergic dysfunction and loss affects cortical structures in the advanced stages of neurodegenerative diseases (Mesulam, 2004; Schmitz et al., 2016), longitudinal studies may be necessary to examine any putative link between disrupted resting-state connectivity of the basal forebrain extended amygdaloid area in PTSD+DS and potential cholinergic neuropathology in the cortex.

### TABLE 7 Differences between PTSD and PTSD+DS phenotypes, in conformity with the new DSM-V classification

| Symptom                      | PTSD | PTSD + DS |
|------------------------------|------|-----------|
| Aggressive/externalizing symptoms | X    | X         |
| Increased heart-rate          | X    | X         |
| Guilt/shame symptoms          | X    | X         |
| Dysphoric anhedonic symptoms  | X    | X         |
| Psychogenic amnesia           | X    | X         |
| Depersonalization             | X    |           |
| Derealization                 | X    |           |

Abbreviations: PTSD, nondissociative PTSD group; PTSD+DS, dissociative subtype PTSD group.

### 4.5 PTSD-related neurodegeneration: A manifold, subtype-, and disease-specific condition

Epidemiological studies have provided clinical and population-level evidence for a link between PTSD and increased risk for the development of various forms of dementia including AD, PD, Vascular Dementia, and FTD. The present findings reveal a pattern of dysfunction of the basal forebrain extended amygdala NAc in the PTSD dissociative subtype that is highly similar to patterns of dysfunction and degeneration of the NAc reported previously in AD and PD, providing a preliminary signal that dysfunction in this region may serve as a selective vulnerability mechanism to neurodegeneration among individuals with subtype.

Interestingly, other neurodegenerative diseases do not show a similar pattern of dysfunction or degeneration of the basal forebrain, including, to the best of our knowledge, FTD. Thus, efforts to elucidate the neurobiological and behavioral correlates of PTSD-related neurodegeneration must consider not only differences in PTSD presentation, but also the likelihood of developing specific neurodegenerative disease: the etiopathogenetic mechanisms underpinning the increased risk of dementia in PTSD are many. In keeping with the National Institute of Mental Health (NIMH) Research Domain Criteria Initiative (RDoC) (Kozak & Cuthbert, 2016) strategic goals, which advocate the revision of subject inclusion criteria to correspond to the appropriate range of disease variance, attempts to examine the neurobiological and behavioral correlates of increased risk for dementia in specific PTSD presentations and specific neurodegenerative disease may result in more personalized treatment approaches.

### 5 CONCLUSION

Our results are novel in revealing an increase in hemodynamic signal variability in the basal forebrain extended amygdaloid region in PTSD. This result is in keeping with staging models of neurodegenerative diseases reporting allocation of neuropathology in early disease stages circumscribed to the basal forebrain. Our result may be associated with etiopathogenetic mechanisms such as neurovascular uncoupling, decreased connectivity in local- and large-scale neural networks, or disrupted mesolimbic dopaminergic circuitry, acting indirectly upon the basal forebrain cholinergic projection pathways. These abnormalities may underpin reward-related deficits representing a putative link between persistent traumatic memory in PTSD and anterograde memory deficits in neurodegeneration. Accordingly, we hypothesize that increased hemodynamic signal variability at the level of the basal forebrain extended amygdaloid region represents an important candidate neuroimaging marker predicting vulnerability to neurodegeneration in the dissociative subtype of PTSD. Given what appears to be the heightened risk of developing neurodegenerative conditions in PTSD, these suppositions must be urgently investigated.

### 6 LIMITATIONS AND FUTURE DIRECTIONS

The current study presents several limitations related primarily to our use of a retrospective dataset, whose original research goals, and experimental design were not the study of the neurobiological underpinnings of PTSD-related neurodegeneration. Here, one of the main limitations of the current study is its cross-sectional character where no longitudinal data were available to assess the relation between altered connectivity of basal forebrain extended amygdaloid region in PTSD+DS and the emergence of associated changes in neuropsychological functioning. Moreover, we did not have available data sampling the pathological hallmarks of neurodegeneration: CSF or blood tests aimed to detect the building up of plaques of misfolded proteins or neurofibrillary tangles (Clouston et al., 2019; Mohamed et al., 2018). Cytokine levels in the brain were also not available. Future studies are also needed to assess the basal forebrain nuclei-specific connectivity, as well as the interplay between neurochemical systems and PTSD medications, such as psychotropic medication and novel antidepressants, that have been linked to increased dementia risk (Mawanda, Wallace, McCoy, & Abrams, 2017). Future research should be aimed at filling these critical gaps.
ACKNOWLEDGMENTS
The current study has as contract grant sponsors the Canadian Institutes for Military and Veteran Health Research, contract grant number W7714-125626/001/SV, and the Canadian Institutes of Health Research, contract grant numbers 137150, 148784, and 97914.

The authors of the current study would like to thank Dr. Michel Grothe from the German Center for Neurodegenerative Diseases Rostock (DZNE) for sharing masks of the basal forebrain developed by his working group, as well as for his thorough explanation about the anatomy of the basal forebrain; Alfonso Nieto for technical guidance on the use of CONN toolbox, as well as for help in the interpretation of our results; and Prof. Marek M. Mesulam for key comments made during elaboration of the current article. We also thank the patients who contributed their data to this study and to members of Prof. Ruth Lanius’ laboratory, Suzy Southwell and Nancy Mazza.

DISCLOSURE OF INTERESTS
The authors of the current study have no competing financial or non-financial interests to report.

DATA AVAILABILITY STATEMENT
The data that support the findings of this study are available on request from the senior author RAL. The data are not publicly available due to them containing information that could compromise research participant privacy/consent.

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