Preparation and evaluation of poly(2-hydroxyethyl aspartamide)-hexadecylamine-iron oxide for MR imaging of lymph nodes

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Abstract

The purpose of this study was to synthesize biocompatible poly(2-hydroxyethyl aspartamide)–C16-iron oxide (PHEA-C16-iron oxide) nanoparticles and to evaluate their efficacy as a contrast agent for magnetic resonance imaging of lymph nodes. The PHEA-C16-iron oxide nanoparticles were synthesized by coprecipitation method. The core size of the PHEA-C16-iron oxide nanoparticles was about 5 to 7 nm, and the overall size of the nanoparticles was around 20, 60, and 150 nm in aqueous solution. The size of the nanoparticles was controlled by the amount of C16. The 3.0-T MRI signal intensity of a rabbit lymph node was effectively reduced after intravenous administration of PHEA-C16-iron oxide with the size of 20 nm. The in vitro and in vivo toxicity tests revealed the high biocompatibility of PHEA-C16-iron oxide nanoparticles. Therefore, PHEA-C16-iron oxide nanoparticles with 20-nm size can be potentially useful as T2-weighted MR imaging contrast agents for the detection of lymph nodes.

Keywords: Magnetic resonance imaging; Lymph node; Ultrasuperparamagnetic iron oxide; Nanoparticles

Background

Accurate diagnosis of lymph node metastasis in various cancer patients is very important as it is one of the most important factors for the choice of preoperative chemoradiotherapy, surgical treatment, and patient prognosis [1]. Recently, magnetic resonance (MR) imaging with ultrasmall superparamagnetic iron oxide (USPIO) has gained approval as a noninvasive method for the detection of lymph node metastases in several tumors [2,3]. MR provides images with excellent anatomical detail but, at the same time, is relatively insensitive to lymph node metastases due to the limited sensitivity of current node size criteria in differentiating benign from malignant nodes. However, the MR results can be improved by using a superparamagnetic contrast agent such as USPIO [4,5]. USPIO acts as a negative contrast agent, and therefore, normal functioning lymph nodes can be distinguished from lymph node metastases on the basis of magnetic resonance signal characteristics, independent of nodal size [6-9]. USPIO nanoparticles have offered new potential for early detection of lymph nodes and their metastases using magnetic resonance imaging (MRI). These nanoparticles are taken up by macrophages in normal lymph nodes and show signal reduction (e.g., by susceptibility-based relaxation). Because less nanoparticle uptake is seen in metastatic nodes, these nodes may be overlooked as a result of the minimal signal change in the occupying mass. Fortunately, among various MR protocols that show the lymph nodes, susceptibility base sequences are very sensitive to small magnetic changes inside the nodes [10]. Some USPIO particles (mean diameter less than 50 nm) are used as MRI contrast agents (e.g., Sinerem®, European Medicines Agency, Canary Wharf, London; Combidex®, Radboud University Nijmegen Medical Centre, Nijmegen, Netherlands; Clariscan™, Nycomed, Drammensveien, Asker, Norway) to differentiate metastatic nodes from lymph nodes. These USPIOs are composed of iron oxide nanoparticles coated with polymers such as low molecular weight dextran and polyethylene glycol (PEG).
In the present study, we used an amphiphilic poly (2-hydroxyethyl aspartamide) (PHEA) graft copolymer, and not a block copolymer, to form biocompatible USPIO (less than 30 nm in diameter). PHEA, which is a poly(amino acid) derivative, was used to coat the iron oxide (Fe₃O₄) nanoparticles for MRI applications. PHEA has a synthetic polymer having a protein-like structure, obtained by the reaction of ethanolamine with poly-succinimide (PSI), which is prepared by thermal poly-condensation of D,L-aspartic acid. PHEA has good biopharmaceutical properties as drug carrier such as high water solubility, multi-functionality, absence of toxicity, antigenicity, immunogenicity, and low cost of production [11-17]. Hydrophobic side chain was grafted to the PHEA backbone to aid in good solubility of hydrophobic Fe₃O₄ nanoparticles in aqueous phases. Hexadecyl alkyl groups permit hydrophobic interaction with ligands on Fe₃O₄ nanoparticles, and hydrophobic van der Waals interaction affords good stability in aqueous solution [18].

In this paper, we synthesized amphiphilic graft derivatives of PHEA by the introduction of hydrophobic hexadecylamine (C₁₆) as a linker of iron oxide. We evaluated the feasibility of using PHEA-C₁₆-iron oxide nanoparticles as MRI contrast agent for the detection of lymph nodes and performed in vitro and in vivo toxicology studies.

**Methods**

**Materials**

Polysuccinimide (2,000 ~ 3,000 g/mol) was purchased from Baypure, Bayer Chemicals AG, Leverkusen, Germany. 1-Hexadecylamine (C₁₆-NH₂), ethanolamine, ammonium hydroxide (NH₃ content 28 % ~ 30 %), ferrous chloride tetrahydrate (FeCl₂·4H₂O), ferric chloride hexahydrate (FeCl₃·6H₂O) were purchased from Aldrich Chemical Company, Inc., Milwaukee, WI, USA. N, N-dimethylformamide (DMF) was purchased from Junsei Chemical Co., Ltd., Tokyo, Japan. Hallow fiber filter membrane (dialysis with tangential flow separation module) and peristatic pump for the purification of large amounts of contrast agent were purchased from KD Scientific, Holliston, MA, USA. Freeze dryer Bondiro and deep freezer Gudero were purchased from Ilshin, Daejeon, South Korea. Pure 18.2 MΩ cm distilled water was used by Milli-Q, Millipore, Molsheim, France. All the other reagents were commercially available and used without further purification. A commercial contrast agent, Resovist® (SH U 555 A) as a control for comparison with experiment was purchased from Schering Bayer AG, Berlin, Germany.

**Synthesis of PHEA-C₁₆-iron oxide**

Different amounts of C₁₆ (3.26, 6.51, and 13.02 g) in DMF (15, 30, and 60 ml) were added dropwise to a solution of PSI (15 g, 1.5 x 10⁻³ mol) in DMF (100 ml). The mixture was stirred at 70°C under a nitrogen atmosphere. After 1 h, ethanolamine (7.49 ml, 0.125 mol) was added dropwise to the reaction solution. The mixture was stirred at room temperature for 24 h, under a nitrogen atmosphere. The reaction solution was precipitated and filtered with ethyl ether for the removal of DMF and unreacted materials. The filtered PHEA-C₁₆ was washed with ethyl ether and dried under vacuum at 60°C. PHEA-C₁₆ (1.16 g, 2 x 10⁻⁴ mol), FeCl₂·4H₂O (0.0794 g, 4 x 10⁻⁴ mol), and FeCl₃·6H₂O (0.1584 g, 6 x 10⁻⁴ mol) were dissolved in distilled water (40 ml). The resulting mixture was stirred at 80°C for 1 h under vigorous mechanical stirring, and ammonia solution (3 ml) was added dropwise to the reaction solution. During this process, the initial orange color of the solution gradually turned into a brownish black colloidal solution. The colloidal solution was cooled to room temperature for 10 min, and distilled water (80 ml) was added to the brownish black colloidal solution. This solution was centrifuged at 6,000 rpm for 15 min. The upper-layer solution of the unreacted polymer was removed from the PHEA-C₁₆-iron oxide, with the pH adjusted, and concentrated using hollow fiber. And, the diazoyl colloidal solution was freeze-dried.

**Characterization analysis**

The results of polymerization were confirmed by ¹H NMR (300 and 500 MHz, Bruker, Billerica, MA, USA). Dimethyl sulfoxide (DMSO, Aldrich) was used as a solvent. Particle size distribution of the PHEA-C₁₆-iron oxide nanoparticles in the colloidal was analyzed using an electrophoresis light scattering (ELS 8000, OTSUKA Electronics Co., Ltd., Osaka, Japan). The size and morphology of the PHEA-C₁₆-iron oxide nanoparticles were examined using a transmission electron microscope (TEM; JEM-2010, JEOL, Tokyo, Japan). The powder after being dissolved in ethanol was drop casted onto a 300-mesh carbon-coated copper grid, and the grid was air-dried at room temperature before viewing under the microscope. The magnetic properties of the PHEA-C₁₆-iron oxide nanoparticles were examined at room temperature with /H/ ≤ 20 kOe using Quantum Design MPMS 5 SQUID magnetometer (San Diego, CA, USA).

**In vitro MRI test**

To confirm the feasibility of the PHEA-C₁₆-iron oxide nanoparticles as an MRI contrast agent, we first prepared a ferrofluid phantom consisting of PHEA-C₁₆-iron oxide nanoparticles and Resovist® with Fe concentrations varying from 9 to 1,250 μM in deionized water. Every sample was filled into an arrangement of 2-ml tubes without air in a plastic rack. The tubes containing the samples were embedded in a phantom which consisted...
of tanks filled with water to obtain appropriate image [19]. MRI was performed using a 3.0-T MRI system (Intera Achieva 3.0 T, Philips Medical Systems, Philips Co., Best, The Netherlands). The T2-weighted image of the phantom was obtained with a turbo spin echo technique. The sequence parameters were 4,341 ms of repetition time (TR), 79.4 ms of echo time (TE), 1-mm thickness, and 256-mm field of view (FOV).

In vivo MRI test
To observe the in vivo MRI effect of lymph node, T2-weighted MRI was performed in normal healthy New Zealand White rabbits weighing 3.3 kg. The rabbits were anesthetized with an injection of pentobarbital (1 M). The PHEA-C16-iron oxide (0.45 mmol Fe, 25.13 mg Fe) was administered into a marginal vein of the rabbit’s ear through the catheter. The T2-weighted MRI images were obtained before administration and 20 min after administration of the PHEA-C16-iron oxide nanoparticles. The T2-weighted MR imaging of the lymph node was performed with a turbo spin echo technique. The sequence parameters were 5,383 ms of TR, 79.4 ms of TE, 1-mm thickness, and 112-mm FOV. The rabbit was sacrificed immediately after MR imaging test for the confirmation of PHEA-C16-iron oxide nanoparticles taken up by lymph node. The specimens was fixed in 10% formalin for 24 h and embedded in paraffin. Prussian blue staining was performed on 5-μm thick sections: the preparations were treated with a mixture of equal parts of 20% hydrochloric acid and 10% potassium ferrocyanide solution for 20 min and counterstained with nuclear fast red for 5 min. The principle of this method is that the ferric iron (Fe3+) in the tissue combines with the ferrocyanide and results in the formation of a bright blue pigment called Prussian blue.

In vitro and in vivo toxicity tests
A single-dose intravenous toxicity study of PHEA-C16-iron oxide in Sprague–Dawley rats
This study was carried out to evaluate the toxicity of PHEA-C16-iron oxide in Sprague–Dawley rats (8 weeks old, Koatech, Seoul, South Korea) after a single intravenous administration. PHEA-C16-iron oxide was administered intravenously at dose levels of 0 (vehicle control), 800, 1,200, and 1,800 mg/kg. Each group consisted of five rats of both sexes. After the administration, the mortality rate, clinical signs, body weights, and gross necropsy findings were compared with those of the vehicle control group. All experiments were performed at the preclinical research center of ChemOn, Inc., a nationally recognized testing laboratory recognized by Korea Food and Drug Administration (KFDA), according to the guidelines of GLP: the standards of toxicity study for medicinal products (notification no. 2005–60 (October 21, 2005, KFDA)) and good laboratory practice regulation for nonclinical laboratory studies (notification no. 2005–79 (December 21, 2005, KFDA)).

Micronucleus test of PHEA-C16-iron oxide in bone marrow cells of female ICR mice (intravenous study)
A micronucleus test of PHEA-C16-iron oxide was conducted using female imprinting control region (ICR) strain-specific pathogen-free (SPF) mice. The PHEA-C16-iron oxide was dissolved in sterilized distilled water. Seven-week-old female ICR mice were intravenously administered with PHEA-C16-iron oxide for two consecutive days at doses of 0, 125, 250, and 500 mg/kg/day. Six mice were assigned per dose group. The positive control (cyclophosphamide-H2O, 70 mg/kg) was given once intraperitoneally on the day of second administration. All animals were sacrificed about 24 h after the second administration, and bone marrow preparations were made.

Bacterial reverse mutation test of PHEA-C16-iron oxide
Bacterial reverse mutation test of PHEA-C16-iron oxide was evaluated for its potential effect to induce reverse mutation in the histidine auxotroph strains of Salmonella typhimurium TA 100, TA 1535, TA 98, and TA 1537, and atryptophan auxotroph strain of Escherichia coli WP2 uvrA. PHEA-C16-iron oxide for treatment was dissolved in sterilized distilled water, filtered with a syringe filter (pore size 0.2 μm), and serial dilutions were made. All bacterial strains were exposed to PHEA-C16-iron oxide in the presence and absence of exogenous metabolic activation system. The metabolic activation system was prepared with Aroclor 1254-induced rat liver homogenate (S-9) and cofactor. The dose levels of the PHEA-C16-iron oxide were 62, 185, 556, 1,667, and 5,000 μg/plate for all strains. For all strains, corresponding vehicle control and positive control groups were also included. Three plates were used per dose, and tester strains were exposed to the PHEA-C16-iron oxide by direct plate incorporation method. The plates were incubated for about 48 h after treatment, and colonies were counted.

In vitro mammalian chromosome aberration test of PHEA-C16-iron oxide in cultured Chinese hamster lung cells
This study was carried out to evaluate the mutagenic potential of PHEA-C16-iron oxide in terms of clastogenicity using cultured Chinese hamster lung (CHL) cells in the presence (+S) and absence (−S) of metabolic activation system. The metabolic activation system was prepared with Aroclor 1254-induced rat liver homogenate and cofactor. The PHEA-C16-iron oxide was suspended in complete culture medium (minimum essential medium), and serial dilutions were made for treatment. The highest dose for each treatment series was determined based
on the relative cell count (RCC) as a cytotoxicity index. The doses are 138, 275, 550, and 600 μg/ml (6 h); 10, 20, 40, and 50 μg/ml (6 h); and 10, 20, 30, 40 μg/ml (24 h) with appropriate negative and positive controls to evaluate the mutagenic potential of PHEA-C_{16}-iron oxide in presence (+S), absence (−S), and absence (−S) of metabolic activation system, respectively.

All the experiments were performed in duplicate for each dose. Rapidly growing cell cultures were trypsinized, and three series of 25-cm^2 culture flasks (Falcon, Corning, Inc., Tewksbury MA, USA) were seeded with 6 × 10^4 cells, each in 5-ml medium, and incubated for 3 days before the chemical treatment. The mitotic cells of each flask were harvested 24 h after the start of treatment, and chromosome preparations were made. A hundred metaphases per culture (200 metaphases per dose) were analyzed from a selected slide in each culture.

All tests were performed according to the guidelines of GLP: the standards of toxicity study for medicinal products (notification no. 2005–60 (October 21, 2005, KFDA)), good laboratory practice regulation for non-clinical laboratory studies (notification no. 2005–79 (December 21, 2005, KFDA)), and OECD Guideline for the Testing of Chemicals (TG 473 (1997) ‘In vitro Mammalian Chromosomal Aberration Test’).

**Results**

**Synthesis and characterization of PHEA-C_{16}-iron oxide**

To prepare the PHEA-C_{16}-coated iron oxide nanoparticles as a contrast agent, PHEA-C_{16} was synthesized by amidolysis of PSI with ethanol amine and hexadecylamine. The overall synthetic route of PHEA-C_{16} and ^1H NMR of PSI and PHEA-C_{16} are shown in Figure 1. In PSI, the signals at 5.04 ppm were assigned to the methylene proton (a) of the repeating succinimide unit, and those at 2.5 to 3.5 ppm were assigned to methylene proton (b). The degree of substitution (DS) of C_{16} in the grafted PHEA polymer was calculated by comparing the integral of the CH_{2} peak at δ 1.3 of hexadecylamine to the integral of the peak at δ 5.04 assigned to the protons that belong to the PSI unit. Hydroxyethyl alkyl groups interact with iron oxide nanoparticles through hydrophobic van der Waals interaction, which lead to a formation of a spherical-shaped structure [18]. Hydrophobic Fe_{3}O_{4} nanoparticles were synthesized by a typical coprecipitation method. The particle sizes were controlled by varying the degree of substitution of the hydrophobic hexadecylamine groups. With the increase of DS of C_{16}, the mean particle sizes decreased, as presented in Table 1.

**Characterization analysis of iron oxide nanoparticles**

Figure 2 is the TEM image and DLS data of the PHEA-C_{16}-iron oxide nanoparticles. The TEM image shows that the diameter of the iron oxide core is 5 to 7 nm as illustrated in Figure 2A. In the aqueous solution, the colloidal nanoparticles have a hydrodynamic diameter of about 20, 60, and 150 nm with various amounts of C_{16} by dynamic light scattering (DLS) measurements (Figure 2B,C,D).

The hysteresis loop of the PHEA-C_{16}-iron oxide nanoparticles shown in Figure 3 had no coercive force, showing superparamagnetic behavior and a high magnetic moment in a high magnetic field (generally, about 5 to about 90 emu/g of metal oxide). The saturation magnetization of the PHEA-C_{16}-coated iron oxide nanoparticles was 20 emu/g Fe.

**In vitro MRI test**

T2-weighted MRI was obtained with a 3.0-T MRI system (Intera Achieva 3.0 T, Philips Medical Systems, Philips Co.) for the comparison of the MR contrast effect of the phantom made of the synthesized PHEA-C_{16}-iron oxide nanoparticles.
colloids and Resovist®. Figure 4A shows the images of the synthesized PHEA-C16-iron oxide colloids and Resovist® in the same concentration gradient in distilled water. Figure 4B shows the signal intensity values converted by the image analysis tool for quantitative measurement. The results indicate that the PHEA-C16-iron oxide is slightly better than Resovist® as a T2 negative contrast agent for MRI.

**In vivo MRI test**

The PHEA-C16-iron oxide nanoparticles were injected intravenously into a marginal vein of the rabbit's ear through the catheter to obtain T2-weighted MRI images. Figure 5 shows the T2-weighted MRI images before and after the injection of the PHEA-C16-iron oxide nanoparticles into a rabbit. It shows a profound negative enhancement of the bone marrow and lymph node after the injection of the PHEA-C16-iron oxide nanoparticles. From the results, we confirmed that the synthesized PHEA-C16-iron oxide significantly improved the detection of the bone marrow and lymph node by MRI. Figure 6 shows the uptake of the PHEA-C16-iron oxide nanoparticles by the lymph node of rabbit on Prussian blue staining 20 min after the injection of PHEA-C16-iron oxide.

**In vitro and in vivo toxicity tests**

_A single-dose intravenous toxicity study of PHEA-C16-iron oxide in Sprague-Dawley rats_

All male and female animals in the 1,800-mg/kg treatment group were observed dead, and one dead female animal was found in the 1,200-mg/kg treatment group. The clinical signs included abnormalities attributable to the PHEA-C16-iron oxide such as hematuria, loss of tail, soft stool, reddish tear, hypothermia, inanimation, and death. Based on the aforementioned results, following the single-dose intravenous administration of PHEA-C16-iron oxide in Sprague–Dawley rats, the lethal dose 50 (LD50) was 1,494 mg/kg Fe for males and 1,300 mg/kg Fe for females. A 95% confidence interval was not calculated.

| Overall particle size of PHEA-C16-iron oxide (nm) | C16 DD (mol%) |
|-----------------------------------------------|--------------|
| 20                                            | 35           |
| 60                                            | 25           |
| 150                                           | 15           |

**Table 1 Particle size with various amounts of C16**

**Figure 2 TEM image and size distribution.** (A) TEM image and size distribution of (B) 20-nm, (C) 60-nm, and (D) 150-nm PHEA-C16-iron oxide nanoparticles.
Micronucleus test of PHEA-C16-iron oxide in bone marrow cells of female ICR mice (intravenous study)

There was no statistically significant increase in the frequencies of MNPCEs among 2,000 PCEs in any dose level of PHEA-C16-iron oxide. The ratio of PCE to total erythrocytes (PCE/PCE + NCE) was 0.36 in all groups treated with PHEA-C16-iron oxide, and there was no statistically significant difference at any dose levels of PHEA-C16-iron oxide when compared with the vehicle controls. No mortality was observed at any of the dose levels, and there were no abnormal clinical signs attributed to the administration of PHEA-C16-iron oxide. Therefore, PHEA-C16-iron oxide did not induce micronucleus in the bone marrow cells of ICR mice used in the present study.

Bacterial reverse mutation test of PHEA-C16-iron oxide

There was no microbial colony in any of the plates for sterility check of high-dose PHEA-C16-iron oxide and S-9 mix. The viable cell counts of tester strains were $0.71 \times 10^9$ to $1.65 \times 10^9$ CFU/ml for TA strains, and $2.31 \times 10^9$ CFU/ml for WP2 $uvrA$. It showed that

Figure 3 Magnetization curve of the PHEA-C16-iron oxide nanoparticles with 20 nm at room temperature.

![Magnetization curve](image_url)

Figure 4 Images of the synthesized PHEA-C16-iron oxide colloids and Resovist®, and signal intensity values. (A) Phantom images acquired from T2-spin-eco-weighed MR images at different iron concentrations. (B) The T2 MR signal intensity is affected by the iron concentrations of Resovist® and the PHEA-C16-iron oxide.
appropriate numbers of bacteria were treated. There was no precipitation of the PHEA-C16-iron oxide in the top agar. There was neither significant increase nor growth inhibition of colony in all PHEA-C16-iron oxide-treated plates in all strains. In all positive control groups, positive response was obtained. It was concluded that the PHEA-C16-iron oxide was not able to induce reverse mutation in the tester strains used in this study.

In vitro mammalian chromosome aberration test of PHEA-C16-iron oxide in cultured Chinese hamster lung cells

There were no statistically significant increases in the frequencies of aberrant metaphases with structural or numerical aberrations in the PHEA-C16-iron oxide-treated groups compared with the corresponding negative control groups. In the positive control groups treated with benzo[a]pyrene (+S) or ethylnmethanesulfonate (-S), positive responses were observed. Therefore, it was concluded that PHEA-C16-iron oxide did not induce chromosomal aberrations in the CHL cells which were used in this study.

Discussion

In this study, we have prepared biocompatible PHEA-C16-iron oxide nanoparticles with sizes of 20, 70, and 150 nm, controlled by the amount of C16 as a hydrophobic side chain. In vitro and in vivo experiments were performed with 20-nm particles; USPIO was used because the purpose of this study was to develop a novel MRI contrast agent for the detection of lymph nodes. The PHEA-C16-iron oxide as compared with Resovist®, a clinically approved MRI contrast agent, showed slightly
better imaging contrast in lower concentration of iron from the in vitro phantom test. The PHEA-C16-iron oxide could also effectively detect bone marrow and lymph node of the rabbit by MRI. A single-dose intravenous toxicity and gene toxicity study of the PHEA-C16-iron oxide was commissioned by the preclinical research center of ChemOn, Inc. The results of LD50 from single-dose toxicity test were calculated 1,500 mg/kg for males and 1,300 mg/kg for females. PHEA-C16-iron oxide was confirmed biocompatible and nontoxic because genetic toxicity tests show negative results. These results indicate the great potential applications of PHEA-C16-iron oxide for the detection of lymph nodes by MRI.

Conclusions

The results suggest that the PHEA-C16-iron oxide has slightly better imaging contrast effect than the clinically approved contrast agent Resovist®. The PHEA-C16-iron oxide has excellent imaging contrast in the liver, blood vessel, and even in the lymph node. With its biocompatible and nontoxic characteristics, the PHEA-C16-iron oxide is a promising candidate for a new contrast agent.

Competing interests

We certify that there is no conflict of interest with any financial organization regarding the material discussed in the manuscript.

Authors’ contributions

As the main author, DCH conceived of the study and participated in its design and overall experiments. HYL drafted the manuscript and participated in the design of the study. YWS carried out the in vivo MRI experiments. BCS and SHC took part in the synthesis of the nanoparticle compounds. SHY carried out the NMR characterization analysis. YWC assisted with the toxicity experiments. CWC oversaw the study and provided insightful guidance. All authors read and approved the final manuscript.

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doi:10.1186/1556-276X-9-38
Cite this article as: Ha et al: Preparation and evaluation of poly(2-hydroxyethyl aspartamide)-hexadecylamine-iron oxide for MR imaging of lymph nodes. Nanoscale Research Letters 2014 9:38.