Italian Workers at Risk During the COVID-19 Epidemic

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Abstract
We analyze the task-content of occupations operating in about 600 sectors of the economy with a focus on the dimensions that expose workers to contagion risks during the COVID-19 epidemic. We do so in the Italian context, leveraging extremely detailed and granular information from ICP, the Italian equivalent of O*Net (the survey that describes the task content of US occupations). We find that several sectors need physical proximity to operate, mainly in services and retail trade. Workers at risk of complications from COVID-19 (mainly males above the age of 50) are concentrated in sectors characterized by little physical proximity or where working from home is feasible. We then study the sectoral lockdowns put in place by the Italian Government in March 2020. We find that governmental restrictions hit the sectors where the risk of contagion in the workplace was more widespread: the effect is stronger for proximity to the public than that with co-workers. The share of workers who have the possibility to work from home is higher in sectors that were not forced to close. The evidence we provide is useful to identify which activities pose larger risks for contagion among workers in the workplace and where to reinforce safety measures.

Keywords Working conditions · Working from home · COVID-19 epidemics · Safety · Crisis policies

JEL Classification J28 · J81 · H12 · I18

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1 Introduction

The spread of the new coronavirus has caused serious impacts on labour markets in 2020. Unprecedented social and economic measures have been adopted to preserve public health and keep most workers safe (Baldwin and Weder di Mauro 2020; Brodeur et al. 2020), including locking down several industrial sectors (Ascani et al. 2020; Bonacini et al. 2021a; Caselli et al. 2020; Qiu et al. 2020). Yet some workers are more at risk than others because they work in physical proximity to other people. In this paper, we analyse the content of Italian occupations operating in about 600 sectors with a particular focus on the dimensions that expose workers to contagion risks during the COVID-19 epidemics. First, we classify the occupations according to workers’ degree of physical proximity (first with co-workers and then with external customers and clients) and to their possibility to work from remote. Mapping occupations into sectors at the 4-digit level, we construct sectoral indexes of risks and work-from-home possibility.1 We also classify occupations according to their degree of exposure to diseases: this index is relevant mainly for medical professions directly exposed to virus circulation. Second, we characterize the sectoral lockdowns put in place by the Italian Government on March 11 and March 25, 2020, with a particular focus on workers exposed to high risk of contagion, mapping the sectors to the lists of the Italian Government decrees.2

We leverage extremely detailed information on the content of about 800 occupations derived from the Italian Sample Survey on Professions (ICP), and we combine these data with the 2019 Italian labour force survey data (LFS). The main advantages of the ICP data are its richness in terms of job characteristics and its specificity to the Italian context: thus, no international crosswalk (based for instance on US data) is needed. We match sectors to the ICP occupational data through the LFS by weighing each index by the occupational employment share in each sector.

We show that workers who are exposed to infection and disease risks tend to work in close physical proximity to other people because of the required tasks and general working conditions. This is especially true for occupations prevalent in sectors that are vital during an epidemic outbreak such as, rather obviously, the health industry: these sectors were not put in lockdown, but specific subsectors experienced some restrictions (e.g., dentists). Second, several other sectors are not directly exposed to infections and diseases, but need physical proximity to operate. Physical proximity is particularly problematic when it involves interactions between workers and external customers: because of this, workers in service activities and in retail trade are at higher risk of contagion. Finally, groups who are at risk of contagion

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1 An original analysis about risk profiles at the occupational level appeared in The New York Times on March 15, 2020, which also contains a graph similar to our Fig. 1 (L. Gamio, “The workers who face the greatest coronavirus risk,” https://www.nytimes.com/interactive/2020/03/15/business/economy/coronavirus-worker-risk.html, last accessed March 25, 2020).

2 The decrees listed the 6-digit sectors that were deemed essentials, while the other were forced to close. The public administration was among the essential sectors and it includes the education sector, which, however, was forced to operate from remote. For the rest of the analysis, we consider schools as an essential sector.
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and complications from COVID-19 (mainly males, and workers above the age of 50) work in sectors that are either little exposed to physical proximity (such as agriculture), have been shut down during the first wave or could, at least in principle, work from remote (for instance, public administration and some education subsectors).

We then establish that the early lockdown measures—i.e., those implemented in March 2020—targeted sectors with a higher share of workers that perform tasks in high physical proximity to external costumers (first decree of March 11). On the contrary, the more stringent measures implemented on March 25 involved more sectors, with a more heterogeneous structure in terms of the proximity index score. Shutdown sectors, instead, did not have, on average, a higher share of workers at high risk of infections than those that stayed open: if anything, such share is lower in shutdown sectors. This result holds even if we do not include the health sector, which remained operational. Last, the share of workers who have the possibility to do their work from home is significantly higher in sectors that were not forced to close. This means that the number of people who had to commute to a workplace was much lower than that just implied by the lockdown measures. Therefore, by working from remote, the risk of contagion among active workers in the service sectors has likely declined while keeping these activities largely operational.

Our paper contributes to the literature that investigates the economic consequences of the pandemic looking at the task content of jobs and in particular at dimensions of risk and safety of workers. In this respect, we map not only professions, but also sectors of economic activity according to dimensions that expose workers to contagion risk: sectors have been the unit of observations mainly used by policy makers to adopt job-related containment measures. We further consider different indexes together: proximity (to the public and to co-workers), disease exposure and the possibility to work from remote as they capture different risks posed by viral circulation among workers. Second, we are able to estimate if and to what extent sectoral lockdowns put in place in March 2020 in Italy effectively targeted workers at risks of contagion in the workplace. Moreover, our approach has one important advantage: by using relative measures, we allow for greater flexibility about how to consider the tasks performed and their associated risks. Most of the literature classifies jobs in absolute terms (e.g., safe vs. not safe; see next section) while we implicitly rank sectors with respect to the national distributions of risk—either due to physical proximity or disease exposure—and work from home possibility. To our knowledge, this is the first paper that describes the characteristics of sectors relating them to the sectoral lockdowns that have been put in place in many countries during the pandemic.3

Finally, it is worth clarifying some aspects of our analysis. First, the scale of the physical proximity, disease exposure and working from remote indexes is arbitrary; therefore, they cannot be interpreted quantitatively, but only provide a qualitative judgment about these three job characteristics. We provide comparisons with similar

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3 The results cannot provide a complete nor a sufficient picture, as we cannot take into account actual working conditions of each individual worker nor broader epidemiological and public health considerations, such as local diffusion of the contagions, that should be given priority during the pandemic.
indexes developed by the literature that confirm the validity of our results. Second, our focus is on sectors and workers’ interactions among colleagues and with the public, not among consumers themselves, and thus is uninformative for the overall extent of COVID-19 contagion. For example, public transportation and theatres sectors do not necessarily involve high level of physical proximity for workers, but do so for all other customers and users. Analyses of risks for the broader population are beyond the scope of this paper. Finally, and most importantly, the descriptive analysis of the lockdown measures should not be interpreted as a fully exhaustive evaluation of containment policies. The goal of lockdown measures was much broader, i.e., reducing the COVID-19 contagion among the entire population. Thus, our analysis offers a characterization of the sectors that have been shut down by the governmental decrees and of the workers who are at risk of contagion in the work places because operate in close physical proximity, are more exposed to diseases and infections and of those who bear little risk because they can work from home.

2 The Current Literature on the Job-Related Risk of Exposure to COVID-19

The outbreak of the pandemic has led to a growing body of research on the characterization of jobs and sector of economic activities along the dimensions of risk and safety for workers during the epidemic. This new area of research classifies occupations and economic activities according to their task content, building upon the literature that studies the effects of technological change on labour market outcomes through the tasks workers perform (Autor et al. 2003; Firpo et al. 2011; Autor and Dorn 2013).

Many works have defined rankings of jobs according to the degree of required face-to-face interactions and physical proximity (Koren and Peto 2020; Leibovici et al. 2020; Mongey et al. 2020). Koren and Peto (2020) show that, before the pandemic, in the USA 43 million workers worked in occupations characterized by high physical proximity and that employment losses have been concentrated in these jobs. Montenovo et al. (2020) highlight that the hardest-hit US workers were those with occupations that require physical proximity (Leibovici et al. 2020) show similar results at the state level). Moreover, Beland et al. (2020) rank US workers according to the degree of proximity and risk of diseases and estimate the short-term consequences of the pandemic on employment and wages. Their findings suggest that workers in occupations with a relative high degree of proximity and a low risk of disease are more affected in terms of labor market outcomes. The authors show that occupations with a higher risk of disease suffer the lowest reductions of employment and wages, due to the higher share of essential workers in these occupations. Finally, Mongey et al. (2020) analyze the socio-economic characteristics of workers

4 Similarly, interactions within the households between workers and other household members are extremely relevant for the risk of contagion, but are beyond the scope of our paper (according to Boeri et al. 2020, almost 6 out of 10 of worker under 35 still live with their parents or older relatives).
more exposed to the risk of infections—since employed in jobs that are less likely to be carried out from home or that require a high degree of physical proximity. They further show that these workers are also more vulnerable because have low levels of education, low level of income and low home ownership rates.

We add to this literature by mapping sectors of economic activity according to the risk of contagion of workers. Moreover, we further build different indexes capturing different aspects of potential disease contagion, i.e. proximity, direct viral exposure and the possibility to work from home. Third, we use relative measures, thus ranking professions and sectors with respect to the national distributions of risks, while literature usually classifies jobs in absolute terms drawing on strong assumptions.

Other papers have analyzed the degree of the so-called working-from-home (WFH) feasibility. Dingel and Neiman (2020) using pre-pandemic data find out that 37% of the USA jobs could be carried out remotely and that jobs with a high degree of working from home feasibility also enjoy a substantial wage premium. Beland et al. (2020) evidences that workers in the US with a higher capacity to WFH are less affected by the current crisis. Boeri et al. (2020) and Basso et al. (2021) also use information from O*Net and compare job safety in the main European labour markets and in the US. Boeri et al. (2020) investigate some European countries (France, Italy, Spain, Sweden, UK) and show that the share of jobs that can be performed without putting workers’ health at risk is lower than the 50%. Basso et al. (2021), drawing on evidence from 27 European countries and the US suggest that the most economically vulnerable workers (i.e. low-educated, low-wage workers, immigrants, workers on temporary contracts, and part-timers) are concentrated in unsafe jobs and in particular in non-essential activities. They further show that workers who face an ex-ante risk of contagion as defined by their indexes indeed suffer a higher incidence of COVID-19 infections and sick leaves. With respect to Boeri et al. (2020) and Basso et al. (2021) who build indexes of working from home for Italy using O*Net questions, we use data that are specific to the Italian economic structure: thus, we do not need any crosswalk between US and Italian occupations, which possibly reflects US-specific technology and ways of work.

Overall, we inform policy makers about risk of contagion among professions and sectors, thus allowing them to adopt evidence-based policies by deciding which threshold to choose based on their evaluation of the contagion and risks.

### 3 How to Measure the Job-Related Risk of Exposure to COVID-19

ICP is a survey last run in 2013 by the Italian National Institute for Public Policies Analysis (INAPP) of about 16,000 workers occupied in around 800 occupations, according to the 5-digit CP2011 classification (the Italian equivalent of the ISCO-08 ILO’s classification). The ICP investigates the characteristics of the occupations through a particularly rich and articulated questionnaire structured in seven sections (knowledge, skills, attitudes, generalized work activities, values, work styles and working conditions).

The ICP directly asks workers to answer the questionnaire, rather than experts, to focus on the point of view of those who exercise daily occupational activities.
under consideration and have a direct and concrete assessment of the level of use of certain characteristics essential to carry out one’s job. The survey describes all the professions existing in the Italian labour market: those operating in private companies, those present in public institutions and state-owned enterprises, and those carried out by the self-employed and regulated professionals. The survey is based on the US. Occupational Information Network (O*Net) run by the US Department of Labor. As the ICP is based on Italian occupations, and not those of the US, it is more reliable in capturing characteristics of the Italian production structure, technology and industrial relations. Thus, we possibly avoid potential biases arising when information referring to the US occupational structure (those contained in the US O*Net repertoire) are linked to labour market data referring to different economies such as the European ones.5

The ICP survey includes questions that are particularly relevant to shed light on the potential risks for workers in the current COVID-19 emergency. In particular, the survey directly asks about physical proximity and disease exposure for every profession, based on the following questions, respectively: “Are you close to other people during your work?” and “How often does your job expose you to diseases and infections?”. The score that goes from a 0 to 100 (from less to more intense) is then calculated for each 5-digit occupation (more details in the Appendix B).6

The survey collects information also on the importance of dealing with the public and of directly interacting with co-workers. This additional information can be used to disentangle the source of physical proximity (co-workers or external customers) and thus to understand better which measures should be adopted or reinforced to keep workers safe. Thus, we first compute a “proximity to co-workers” index as a weighted average between degree of physical proximity and interaction with co-workers (with weights respectively of 0.75 and 0.25). Then, we compute a “proximity with the public” index averaging over the degree of physical proximity and interactions with the public (with weights respectively of 0.75 and 0.25).7 Moreover, we

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5 Answers are averaged and should reflect underlying latent variable. We do not observe the individual responses to the questionnaire: we have the average of the twenty interviews carried out for each of 800 professional units (PUs), which cover the entire Italian Classification of professions (CP 2011, the Italian equivalent to the international classification ISCO-08) at the highest level of detail (5-digit). The selection of the sample of workers takes place from lists of companies or entities in which it is highly probable to identify the PUs under investigation. A mixed strategy is envisaged for sample selection. The procedures for extracting the names of the workers to be interviewed vary in fact, depending on the context in which the work is carried out. The ICP was recently used in Bonacini (2021b, c), Cetrulo et al. (2020). More details about the survey are in Appendix B.

6 The standardization formula is $X = \left( \frac{Y-\text{min}}{\text{max}-\text{min}} \right) \times 100$, where $Y$ is the original answer (from 1 to 5) and min and max are the minimum and maximum value reported for that occupation. For each of the questions in the survey we only observe the standardized value (not the 5 distinct points). Each value for each occupation is then standardized over the about twenty answers received from workers in that occupation. The index, therefore, has no cardinal interpretation.

7 Both the “proximity to coworkers” and the “proximity with the public” index are composite indexes where a weight of 0.75 is given to the physical proximity component and a 0.25 weight is given to the degree of interaction with the coworkers or with the public. The weights have been chosen in accordance with the criteria of using the degree of physical proximity as the main explanatory factor for the ranking. Different weights (e.g., a weight of 0.5 for each component) lead to rankings that gives too little empha-
built a composite index (also ranging from 0 to 100) that proxies for the feasibility of a remote working arrangement, which we use in additional analyses in subsection 4.2. The index is computed by taking the average of the following seven questions: (1) importance of performing general physical activities (which enters reversely); (2) importance of working with computers; (3) importance of maneuvering vehicles, mechanical vehicles or equipment (reversely); (4) requirement of face-to-face interactions (reversely); (5) dealing with external customers or with the public (reversely); (6) physical proximity (reversely); (7) time spent standing (reversely; more details in the Appendix B). Note that this index is similar to the offshorability index by Autor and Dorn (2013), the face-to-face and on-site job indexes by Firpo et al. (2011) and the measures of safe jobs recently developed by Boeri et al. (2020). These indexes are based on similar O*Net questions to those contained in the ICP survey that we use to construct the remote working index. As any other task-based classification, however, our indexes are somewhat arbitrary and this could affect the results. At the same time, comparisons between classifications are often complicated by the definition of occupations used and by the approach in deriving such indexes. To provide evidence that our classification is robust and capture the underlying task content of jobs, we compared it with those of two papers. First, we take the working from home classification of Boeri et al. (2020): transforming our occupation definition from CP2011 into ISCO 3-digit, we show that the two have a ranking correlation of 0.57 (up to 0.81 using an alternative index they constructed). Second, we replicate the same exercise using the working from home index of Montenovo et al. (2020): at the 5-digit CP2011 level, the rank correlation between our and their indexes is 0.55. The differences in the rankings seem due to their classifications of jobs that does not fully coincide with common sense and anecdotal evidence (especially regarding that of Montenovo et al.). To this extent, we report in Appendix Table A1 the lists of top 10 occupations that can be done from home according to three categorizations. In that of Boeri et al. and even more in so in that of Montenovo et al. managerial jobs often rank among the top as workable from home despite these need many interactions with administrative staff, junior managerial positions and customers. On the other end, our classification lists among the top workable from home occupations many jobs in the service sector whose tasks can be clearly performed from remote with little to no interaction with other people.

In the spirit of Autor and Dorn’s routine employment share (RSH; see Eq. 17, Autor and Dorn 2013), we also calculate the percentage of sectoral employment in the top tercile of the employment-weighted distribution of each index (physical proximity, physical proximity to co-workers, physical proximity to external customers, disease exposure and working from remote) at the 4-digit occupation level. For the physical proximity index, for instance, such percentage is calculated for each sector $j$ as follows:

Footnote 7 (continued)
is to the physical proximity dimension (e.g., a certain profession may score high because requires a very high degree of interactions with coworkers, but mainly through the phone).
| Sectors         | Workers | Physical-proximity index | % workers > 66th pct | Disease exposure index | % workers > 66th pct | Working from remote index | % workers > 66th pct | % male > 50 y.o | % female > 50 y.o | % male < 50 y.o | % female < 50 y.o |
|----------------|---------|--------------------------|----------------------|------------------------|----------------------|--------------------------|----------------------|----------------|-----------------|----------------|-----------------|
| A- Agriculture | 908.8   | 31.0                     | 4.8                  | 4.7                    | 48.2                 | 46.1                     | 8.3                  | 29.4          | 10.7            | 44.7           | 15.2            |
| B- Extraction  | 24.7    | 45.0                     | 3.9                  | 1.1                    | 27.4                 | 54.4                     | 38.8                 | 33.7          | 3.5             | 54.6           | 8.2             |
| C-Manufacturing| 4,321.0 | 51.8                     | 11.4                 | 1.2                    | 7.6                  | 51.9                     | 32.5                 | 22.4          | 7.2             | 51.5           | 18.9            |
| D-Energy, Gas  | 114.1   | 51.6                     | 12.9                 | 1.5                    | 13.7                 | 58.8                     | 66.8                 | 32.2          | 6.8             | 41.8           | 19.2            |
| E-Water, Waste | 242.8   | 44.1                     | 3.2                  | 13.8                   | 63.8                 | 52.3                     | 29.2                 | 35.8          | 5.6             | 48.3           | 10.3            |
| F-Construction | 1,339.4 | 52.8                     | 8.5                  | 1.0                    | 8.2                  | 42.1                     | 13.4                 | 30.4          | 1.9             | 63.0           | 4.8             |
| G-Trade        | 3,286.5 | 62.0                     | 56.8                 | 3.1                    | 13.5                 | 40.0                     | 13.6                 | 18.8          | 10.9            | 39.7           | 30.6            |
| H-Transportation| 1,142.7 | 47.3                     | 18.2                 | 4.2                    | 40.0                 | 50.1                     | 28.7                 | 28.3          | 6.9             | 51.1           | 13.7            |
| I-Hotel, rest. | 1,480.2 | 71.3                     | 85.8                 | 2.6                    | 31.5                 | 34.5                     | 7.5                  | 11.1          | 11.7            | 38.4           | 38.8            |
| J-Information, comm | 618.1 | 50.0                     | 7.4                  | 0.3                    | 3.7                  | 67.3                     | 91.4                 | 19.5          | 7.8             | 50.9           | 21.8            |
| K-Finance, Insurance | 635.6 | 51.2                     | 13.3                 | 1.0                    | 13.2                 | 61.2                     | 71.8                 | 22.7          | 12.9            | 32.2           | 32.1            |
| L-Real estate  | 164.0   | 45.5                     | 1.3                  | 0.5                    | 2.3                  | 60.7                     | 48.6                 | 23.3          | 14.6            | 30.3           | 31.9            |
| M-Professional services | 1,516.4 | 45.0                     | 1.7                  | 2.2                    | 8.2                  | 65.8                     | 90.7                 | 19.6          | 11.0            | 33.5           | 35.9            |
| N-Other bus. serv | 1,027.9 | 47.1                     | 15.7                 | 7.1                    | 55.6                 | 53.7                     | 31.0                 | 15.5          | 16.1            | 32.5           | 35.9            |
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Note: Authors’ elaborations on ICP survey and LFS data. The table reports the size of the sectors in terms of employment, as reported by the ISTAT LFS 2019. The average physical proximity and disease indexes reported are weighted by the 5-digit employment in each sector. The average sectoral indexes go from 0 to 100 according to the definition in Sect. 2, where 100 means the most exposed sector. The percentage of workers exposed to physical proximity and disease exposure is calculated as described in Eq. (1). The full list of sectors is available from the authors upon request.

Please note that total employment in 2019 is 23,360 thousand. The discrepancy with the grand total reported in the table is because we do not account for military personnel in the Armed forces in the analysis.

| Sectors                  | Workers | Physical-proximity index | % workers > 66th pct | Disease exposure index | % workers > 66th pct | Working from remote index | % workers > 66th pct | % male > 50 y.o | % female > 50 y.o | % male < 50 y.o | % female < 50 y.o |
|--------------------------|---------|--------------------------|----------------------|------------------------|----------------------|---------------------------|----------------------|----------------|------------------|---------------|------------------|
| O-Public Administration  | 1,008.3 | 52.9                     | 21.1                 | 10.2                   | 35.5                 | 56.7                      | 64.6                 | 32.9           | 26.3             | 24.9          | 16.0             |
| P-Education              | 1,589.5 | 69.3                     | 69.5                 | 15.2                   | 77.7                 | 48.5                      | 22.4                 | 12.1           | 36.7             | 12.5          | 38.7             |
| Q-Health                 | 1,922.2 | 66.8                     | 64.2                 | 54.4                   | 85.4                 | 43.0                      | 24.9                 | 14.7           | 25.1             | 15.5          | 44.7             |
| R-sport, recreational    | 318.2   | 59.5                     | 42.6                 | 3.5                    | 34.1                 | 48.1                      | 35.5                 | 16.0           | 10.4             | 41.8          | 31.8             |
| S-Other services         | 711.6   | 58.0                     | 44.1                 | 13.6                   | 70.2                 | 43.4                      | 26.0                 | 13.8           | 18.7             | 24.3          | 43.2             |
| T-Household Activities   | 738.9   | 41.3                     | 40.3                 | 12.5                   | 96.4                 | 53.6                      | 54.6                 | 4.1            | 38.6             | 7.8           | 49.5             |
| U-International org      | 13.6    | 47.7                     | 5.1                  | 1.6                    | 13.8                 | 60.8                      | 73.1                 | 13.9           | 13.2             | 38.2          | 34.7             |
| Total economy            | 23,124.7| 55.1                     | 33.1                 | 8.8                    | 33.6                 | 49.0                      | 33.3                 | 20.0           | 14.4             | 37.3          | 28.2             |

Table 1 (continued)

Note: Authors’ elaborations on ICP survey and LFS data. The table reports the size of the sectors in terms of employment, as reported by the ISTAT LFS 2019. The average physical proximity and disease indexes reported are weighted by the 5-digit employment in each sector. The average sectoral indexes go from 0 to 100 according to the definition in Sect. 2, where 100 means the most exposed sector. The percentage of workers exposed to physical proximity and disease exposure is calculated as described in Eq. (1). The full list of sectors is available from the authors upon request.

Please note that total employment in 2019 is 23,360 thousand. The discrepancy with the grand total reported in the table is because we do not account for military personnel in the Armed forces in the analysis.
$L_{kj}$ is the employment in occupation $k$ in sector $j$ and $1[\cdot]$ is the indicator function, which takes the value of one if the occupation’s physical proximity is above the 66th percentile of the employment-weighted index. To give a sense of which workers are considered in the top proximity category, “Unqualified staff in restaurants and catering services” and “Motorboats conductors” are two of the occupations just above the threshold of the top tercile of the employment-weighted proximity index. Occupations that are just above the threshold of those with a high exposure to disease are “Small trade firms managers” and “General chemistry machine operators”, which are either exposed to customers or potentially hazardous material. Lastly, work from remote is possible for occupations very much heterogeneous among themselves: those just above the 66th percentile of the work from remote index include “Members of municipal government bodies”, “Directors of service companies”, “Radio announcers” and “Craftsmen of musical instruments”.

Finally, we derive the distribution of occupational employment at the 5-digit level across about 600 4-digit sectors from the 2019 LFS. These employment-based occupation weights are then used to derive indexes of physical proximity, exposure to disease and infections and working from remote at the sectoral level, as well as the percentage of workers in each of the three top terciles of the indexes.\(^\text{10,11}\)

\[ %\text{Top Proximity}_j = 100 \times \left( \sum_k L_{kj} \times 1[\text{Proximity Index}_k > \text{Proximity Index}_{66}] \right) \times L_j^{-1} \]  

\(^{10}\) Information contained in the 2013 wave of the ICP survey is used to describe the task content of occupation in 2019. Thus, according to the literature that uses a task approach to describe the effect of technological change on the labour market (Firpo et al. 2011) we are assuming that the task content of jobs is time invariant. To support this assumption, we compare the occupational rankings based on the three indexes (physical proximity, disease exposure and working from home) built with the 2007 and 2013 waves of the ICP survey. We find a rank correlation of 0.7 between the physical coefficient index in 2007 and in 2013, a rank correlation of 0.88 for the working from remote index and a rank correlation of 0.75 for the disease exposure index (the rankings are comparable only after some adjustments because the occupational classification changed between the two waves, from CP2001 to CP2011).

\(^{11}\) To check the robustness of our analysis we also derive the percentage of workers in the top 25% and in the top 50% of the indexes. Results of our baseline analysis are discussed in Sect. 5 and robustness checks performed using different thresholds (top 25% and top 50% of the indexes) are reported in Appendix A.

\(^{8}\) Note that the diseases exposure index is skewed and most occupations with high value of the index are in the health sectors, while 42% of about 500 occupations have a value of zero.

\(^{9}\) Sectors are defined according the 2007 ATECO classification, the Italian equivalent of Nace Rev. 2. The ICP survey does not collect information on military occupations. Therefore, this group of workers is excluded from the analysis.
Sectors that are most exposed to infections and diseases heavily employ workers in medical occupations and health services, whereas among the top sectors in terms of physical proximity we find the education industry and retail trade activities. Figure 1 allows us to appreciate the relationship between the two indexes. In the northeast quadrant, we find sectors more at risk of contagion because their activities require both a high level of physical proximity and exposure to diseases. It shows, rather obviously, that workers in sectors most exposed to infectious diseases are also operating in physical proximity, although there is a large degree of heterogeneity at the 4-digit level. Some of these sectors are large as measured by the size of the bubble, which is proportional to the sectoral occupation in 2019. The health industry, in particular, records high values in both indexes (see also Ng et al. 2020). However, many of its subsectors, which are among the most exposed to infectious diseases, have not been shut down as they serve primary needs especially during the current health emergency. The figure also shows that physical proximity risks are present in many large sectors of the Italian economy. Many of these do not serve primary needs and thus have been ordered to close. The question on how, whether and when allowing again such working activities was of outmost importance during the phase-out of the first lockdown, without compromising the efforts of the social distancing measures applied in this period.

Fig. 1 Correlation between exposure to infectious diseases and physical proximity by sector. Note: Authors’ elaborations on ICP survey and LFS data. The indexes go from 0 to 100 according to the definition in Sect. 2, where 100 means the most exposed sector. The size of the bubbles is proportional to sectoral employment

4 Sectors at Risk

The first five sectors in terms of exposure to disease are veterinaries, hospital services, dentists, residential care and general medicine. The first five sectors in terms of physical proximity are preschools, nurseries, dentists, pharmacies and bars.
To understand better which sectors entail a greater exposure to personal contacts on the job, we first report a graph showing the sectoral distribution in the ten deciles of the physical proximity index (Fig. 2). Most of the employment in occupations highly exposed to interpersonal contacts is in the services sector (including healthcare), and in retail trade. While manufacturing makes up the bulk of employment between the 30th and the 60th percentile of the physical proximity index distribution, agriculture, which also provides necessary goods, accounts for most of the employment at the other end of the spectrum (little to no physical proximity). In terms of workers demographic characteristics, it is interesting to note that women make up about 60% of the employment among those working at closest contact with other people (Fig. 3): such exposure to co-workers and the public is high for both under and over 50-year-old female workers. Women, however, also work in jobs that entail very little personal contacts (first decile): such a bimodal distribution reflects their prevalence in high-skilled service jobs (e.g., professional services) and in the health sector.

Table 1 shows additional information in finer sectors (21 categories), such as the average value of the physical proximity, diseases exposure and feasibility of remote working indexes (weighted by 4-digit sectoral employment), and the percentage of workers in each sector who are in the top tercile of the nationwide index distribution calculated as in Eq. (1). Moreover, the table provides information about the workers’ demographics, namely gender and age, which appear to be crucial dimensions along which the COVID-19 infection hits (Poletti et al. 2020). According to this study, and other descriptive evidence, the probability to develop symptoms increased with
age and older subjects, especially males, were more likely to experience critical disease. Moreover, mortality is considerably higher for the elderly (Ferguson et al. 2020; Jin et al 2020; Acemoglu et al. 2020) and for men than for women (Guan et al. 2020; Xie et al. 2020; The Lancet 2020a, b).

Three main messages emerge. First, as already seen, the sectors with the highest physical index are hotel and restaurants, education, healthcare and trade (mainly retail), and whose average indexes are all above 60. The healthcare sector has remained fully operational in Italy to date and it employs about 1.9 million workers (about 8% of total employment). The education sector, which employs mainly females above the age of 50, is sizeable (1.6 million people, 7% of total employment), remained also largely operational through distance education arrangements. While school and university teachers were working from home, preschool and nursery schools—the top 2 sectors in terms of physical proximity (Fig. 1A)—were shut down. The trade and the hotel, restaurants and bars sectors, instead, were largely under lockdown (with the exception of food retail and other emergency stores such as pharmacies, which amount to about 1 million workers); overall, they occupy almost 5 million workers, about a third of them are over the age of 50. In the trade sector, moreover, there is high degree of heterogeneity in terms of size and physical

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13 See also the report on the diffusion of COVID-19 in Italy at the end of March by the Italian Centre for Diseases Control (ISS) available at https://www.epicentro.iss.it/coronavirus/bollettino/Bollettino-sorveglianza-integrata-COVID-19_26-marzo%202020.pdf (in Italian).
proximity. The index is high also in subsectors that are rather small and involved in non-food retail.\textsuperscript{14}

Second, sectors that have the possibility to work from remote and have a low value of the physical proximity index, such finance and insurance and professional services are rather small and employ mainly younger workers. Similarly, for the most part, parts of the public administration can work from remote, but more than 50\% of its employees are above the age of 50. Either those activities most exposed to the public (e.g., clerks) were closed or public contacts have been highly regulated.

Third, the manufacturing sector, which employs about the 19\% of total employment, and is indeed very heterogeneous in terms of physical proximity (see Figure A1, panel B, in the Appendix), has low values of the index. Moreover, two thirds of the workers are below the age of 50 (about 3 million people) and are probably less exposed to the COVID-19 infections and its complications.

5 The Italian Sectoral Lockdowns

5.1 Workers at Risk

To reduce the epidemic spreading, the Italian Government adopted several social distancing measures including two consecutive sectoral lockdowns, on March 11 and March 25. Each decree lists the sectors that were forced to close their workplaces.\textsuperscript{15} Other sectors, such as the health and food industries as well as their value chains, were kept open; it was also strongly advised to work from remote for those who could (including primary to college education). In this section, we describe the lockdown in terms of employment, with a particular regard to workers exposed to risks because working in proximity to other people or because of their age and gender.\textsuperscript{16} Note that our focus is on sectors because the Government enacted shutdown policies at this level. While we do not take a stand on whether this is the optimal observational unit on which adopting this kind of policy, it is reasonable under the assumption that occupations within each sector act under perfect complementarity. That is, within each sector, a certain amount of input in terms of occupations is needed in order for the sector to produce output, where these amounts are given by the sector-specific occupational employment weights.\textsuperscript{17}

\textsuperscript{14} See also Figure A1, Panel A, in the Appendix.

\textsuperscript{15} The decree of March 22, implemented on March 25, lists the sectors at the 6-digit level, which we aggregate to 4-digit by taking mean values (the list used is the latest made available by the Ministry of Economic Development). In about 1\% of the cases, some 6-digit subsectors of a 4-digit sector were forced to shut down and others were not. In the regression analysis, we attribute a value of zero if such share is below 0.5, and a value of 1 if equal or above 0.5.

\textsuperscript{16} We also analyze the relationship between workers exposure to diseases and sector lockdown. However, the exposure to disease index is high mainly for medical professions and shows little variation across sectors. Thus, results are not particularly relevant and informative for our purpose (table A4 and table A5 in the Appendix).

\textsuperscript{17} Note that our quantification of the lockdown may slightly differ from other available estimates because of different sources of data, reference period or measurement error. In particular, we may overestimate the number of people currently not working because the LFS accounts also for undeclared work.
The first decree has left 2.7 million of workers at home, which amounts to around 11.6% of total employment. It specifically targeted some service sectors, “Accommodation and food service activities” and “Arts, sports and recreational activities”. After March 25, only a few main sectors were fully operative: “Energy and gas”, “Water supply and waste management”, “Transportation and storage”, “Finance and insurance”, “Public administration” and, rather obviously, the “Health and social assistance” and the agricultural sectors (note that a very small agricultural subsector involved in forestry activities has been put under lockdown).

To understand better whether sectors that were forced to close were also more exposed to risks, we first correlate the sectoral lockdowns with the physical proximity index in a simple univariate OLS regression (Table A3 in the Appendix). The first lockdown targeted sectors where workers’ physical proximity was particularly high, while this was much less so if we consider the March 25 lockdown that involved many more sectors. However, the physical proximity index does not give information as to whether a certain profession requires one to carry out tasks in physical proximity to co-workers or to interact frequently with external customers and clients. These two sub-dimensions of physical proximity are important since they imply a different degree of worker exposure to contagion risk. It is easier to implement safety measures that minimize contagion risk—e.g., trace and isolate infected workers and co-workers who have been in contact with them—when workers operate in physical proximity to other co-workers in the same firm. However, it could be harder to adopt measures to contain and control the spread of COVID-19 infections when workers carry out tasks that imply interaction with the public. Thus, we also correlate the sectoral lockdowns with the proximity to co-workers and proximity to the public indexes (Panel B and Panel C of Table A3 in the Appendix, respectively). The lockdown sectors, on average, are characterized by higher values of the proximity to the public index than the proximity to co-workers one.

The analysis above, however, is uninformative about whether these policies implicitly also targeted workers at high risk. Table 2 reports the correlations between the shares of workers at high risk (dependent variables) on the sectoral lockdown dummies (independent variable; column 1) that we recover from OLS regressions: in the other columns, we report different specifications, in turn excluding the health industry and weighting the regressions by sectoral employment. The observations indicate the number of sectors at the 4-digit level for which the lockdown decision

Footnote 17 (continued)
For instance, ISTAT reports two different, and lower, numbers of workers in the document filed to the Italian Senate, one based on 2017 administrative data (Table 4 of the ISTAT report) and the other on the entire year of the 2019 LFS (Table 5; see https://www.istat.it/it/files/2020/03/Aggiornamento-26-marzo-2020-Memoria-Istat-AS-1766.pdf). In a previous version of the paper, the number of workers in lockdown was slightly higher due to a different method of aggregating 6-digit sectors.

18 Table A1 reports the details of the two sectoral lockdown and the number of workers affected.

19 These results are robust if we modify the indexes by including only the top 25% of workers at risk, or if we include the top 50% (table A6 and table A7 in Appendix A). In this latter case, the main difference is that the March 11 decree seems to have the reduced the share of workers in the upper median of the disease exposure distribution (Table A7).
Table 2 Percentage of workers in the top tercile of risk indexes and sectoral lockdown

| Panel A: % employment in top tercile of the proximity index distribution | (1) | (2) | (3) | (4) | (5) | (6) |
|---|---|---|---|---|---|---|
| 1 = locked-down after March 11 | 43.955** (4.405) | 44.916** (4.398) | 53.596** (6.333) | 2.187 (2.054) | 3.872* (2.016) | 9.501 (7.725) |
| 1 = locked-down after March 25 | 2.187 (2.054) | 3.872* (2.016) | 9.501 (7.725) | 0.002 | 0.006 | 0.020 |
| Observations | 605 | 593 | 593 | 605 | 593 | 593 |
| $R^2$ | 0.205 | 0.229 | 0.320 | 0.002 | 0.006 | 0.020 |
| Health sector | No | No | No | No | No | No |
| Empl-we’d | Yes | Yes | Yes | Yes | Yes | Yes |

| Panel B: % employment in top tercile of the proximity to co-workers index distribution | (1) | (2) | (3) | (4) | (5) | (6) |
|---|---|---|---|---|---|---|
| 1 = locked-down after March 11 | 25.415** (3.812) | 26.472** (3.801) | 39.384** (8.096) | −1.062 (1.779) | 0.789 (1.712) | 8.556 (7.103) |
| 1 = locked-down after March 25 | −1.062 (1.779) | 0.789 (1.712) | 8.556 (7.103) | 0.001 | 0.000 | 0.020 |
| Observations | 605 | 593 | 593 | 605 | 593 | 593 |
| $R^2$ | 0.091 | 0.111 | 0.211 | 0.001 | 0.000 | 0.020 |
| Health sector | No | No | No | No | No | No |
| Empl-we’d | Yes | Yes | Yes | Yes | Yes | Yes |

| Panel C: % employment in top tercile of the proximity to the public index distribution | (1) | (2) | (3) | (4) | (5) | (6) |
|---|---|---|---|---|---|---|
| 1 = locked-down after March 11 | 46.923** (4.259) | 47.976** (4.250) | 55.430** (5.464) | 1.276 (2.150) | 3.102 (2.107) | 8.404 (7.828) |
| 1 = locked-down after March 25 | 1.276 (2.150) | 3.102 (2.107) | 8.404 (7.828) | 0.001 | 0.004 | 0.015 |
| Observations | 605 | 593 | 593 | 605 | 593 | 593 |
| $R^2$ | 0.213 | 0.240 | 0.316 | 0.001 | 0.004 | 0.015 |
| Health sector | No | No | No | No | No | No |
| Empl-we’d | Yes | Yes | Yes | Yes | Yes | Yes |

Authors’ elaborations on ICP survey and LFS data and sectors under lockdown listed in the governmental decree of March 11 and March 22 (implemented on March 25). The observations indicate the number of sectors at 4-digit level. The table reports OLS regression coefficients and heteroscedastic-robust standard errors (in parenthesis). The percentage of workers in the top tercile of each index is calculated as described in Eq. (1). *$p<0.10$, *$p<0.05$, **$p<0.01$. 
have been taken by the governmental decrees. Panel A of Table 2 reports as dependent variable the share of workers in the top tercile of the physical proximity index, defined as in Eq. (1). Results suggest that the first decree involved sectors with a relatively higher percentage of workers at high risk, having involved workers in the restaurants and accommodation industries and in some retail stores; such percentage is higher by up to 54% points. The second decree was not significantly associated with a high share of workers at risk as it targeted many more sectors: notably, also the R-squared drops from 0.32 in column (3) to 0.02 in column (6). The correlation—still positive and significant—is lower when looking at the share of workers that score high in the proximity to co-workers index as outcome variable (Table 2, Panel B), whereas it has a similar size when considering the share of workers in the top tercile of the proximity to the public index distribution (Table 2, Panel C). Thus, the first decree targeted those sectors where it is more difficult to adopt measures to prevent contagion and stop the spread of the infection.

Table 3 shows another important dimension of health risk related to workers’ demographics: we focus on the percentage of male workers above the age of 50 by sector. The regression’s results indicate that there was a negative association between the sectors locked-down and their percentage of above-50 male workers; namely, the sectors that stayed open had a higher share of workers who were male above the age of 50. The second lockdown, by targeting many sectors, hit indistinctively sectors regardless of their percentage of above-50 male workers.

Despite the evidence that many workers at risk are in essential sectors (e.g., about one third of all school instructors in Italy are above 50 years of age), optimal policies should take the age dimension in consideration due to the high susceptibility of this population (Favero et al. 2020; Brotherhood et al. 2020; Rampini 2020; Glover et al. 2020). To this end, Acemoglu et al. (2020), with an application to the US, show that optimal policies differentially targeting risk/age groups of population significantly outperform optimal uniform policies and that the oldest group would have more

### Table 3 Percentage of male workers above the age of 50 and sectoral lockdown

|              | (1)       | (2)       | (3)       | (4)       | (5)       | (6)       |
|--------------|-----------|-----------|-----------|-----------|-----------|-----------|
| % males above 50 years of age |            |           |           |           |           |           |
| 1 = locked-down after March 11 | -5.857*   | -6.099*   | -9.572**  |           |           |           |
| Observations | 605       | 593       | 593       | 605       | 593       | 593       |
| R²           | 0.012     | 0.014     | 0.102     | 0.002     | 0.001     | 0.001     |
| Health sector | No        | No        | No        | No        | No        | Yes       |
| Empl-we’d    | Yes       | Yes       |           |           |           |           |

Note. Authors’ elaborations on ICP survey and LFS data and sectors under lockdown listed in the governmental decree of March 11 and March 22 (implemented on March 25). The observations indicate the number of sectors at 4-digit level. The table reports OLS regression coefficients and heteroscedastic-robust standard errors (in parenthesis). The percentage of male workers is calculated over the total sectoral employment. *p < 0.10, *p < 0.05, **p < 0.01.
advantages. However, to our knowledge, relaxation of the lockdown measures in Italy and other European countries adopted so far did not target the age of workers.

5.2 Working from home

Some workers are less at risk of COVID-19 infections than others because they carry out tasks that can be done at home. Moreover, these workers remained plausibly operative during the sectoral lockdowns. By lowering social interactions, they also put less pressure on public health at the first peak of the epidemic. Table 1 showed that the sectors with the greater share of workers that could work from home are “Energy”, “Finance”, “Public Administration” and “Professional services”, not the sectors affected by the lockdown decrees. Given the share of those who can work from home (Table 1), there could be up to 3 million persons who worked from home in essential (i.e., open) sectors and not in workplaces during the first wave of the pandemic.\footnote{In particular, we consider the share of workers who can easily work from home (as measured by those whose index is in the top tercile of the national distribution) in the following sectors: “Energy and gas”, “Water and waste management”, “Finance and insurance”, “Professional services” and “Public administration”. This number sums up to about 3 million workers.}

To formally test the hypothesis that lockdown involved sectors with a lower percentage of workers who can easily work from remote, we run a regression similar to those reported in Tables 2 and 3. On the left hand side, we now have the percentage of workers in the sector whose job is among those with the highest chance to be performed from remote. In this case, we expect to see a negative association between such percentage of workers and the lockdown measures. The results in Table 4 confirm this hypothesis: on average, the sectors that were shut down by the two decrees,
had a lower share of workers with a high possibility to work from remote. This goes from about 29% after March 11 decree, to 18% after the March 25 adoption of the second decree. The much broader scope of this latter lockdown, also reflected in a lower R-squared (see columns (3) and (6)), may have contributed few workers with a lower need to work from a specific workplace to keep working from home.

6 Conclusions

Our paper describes in details the Italian sectors and workers most exposed to risks during the recent COVID-19 outbreak. We find that sectors exposed to diseases are, rather obviously, those related to health; several activities, mainly in trade, personal services and leisure sectors are not directly exposed to virus circulation, but need physical proximity to operate and nevertheless face high hazard of infections. The lockdown measures adopted by the Italian Government in March 2020 involved sectors with a relatively higher percentage of workers at high risk of proximity and a lower proportion of workers whose activities can be easily carried out from home.

Such evidence may be tailored to all countries that are trying to contain the epidemic and simultaneously minimize the dampening of economic activities. Our categorization allows to identify which activities present risks for workers, where to design and reinforce workplace safety measures, and it is flexible enough to allow policy makers to select the risk tolerance they are willing to bear. As the restrictions on the economic activities are lifted, our categorization could be useful in deciding which to open first and to identify categories of workers for whom vaccine inoculation should be prioritized. The Government goal during an epidemic is much broader and complex than that described in this paper, i.e., that of preventing the spread of the virus among the population at large. Restriction measures can be of various types targeting different areas, occupations, sectors, and limiting short and long-distance travels. We do not take a stand on optimal policies (see, among other, Krueger et al. 2020), but our evidence on health hazards on the workplace could inform policy decisions that aim to a better targeting of the sectors at risk. Further research that relates the health risks for workers and for the public, for instance by studying the extent of commuting and transmission of the virus among the public during events (e.g., concerts) is clearly warranted.

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21 Results are robust if we use as dependent variable the percentage of worker in the top 25% of the index distribution (table A6 panel D in Appendix A) and also the percentage of worker in the top 50% of the index distribution (table A7 panel D in Appendix A).
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**Availability of data and material** Individuals interested in data used in this analysis can apply for them from the National Institute for Public Policies Analysis (INAPP), by visiting the following site: https://inapp.org/it/dati.

**Code availability** Available upon request.

**Declarations**

**Conflict of interest** The authors declare that they have no conflict of interest.

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