Axonal abnormalities in vanishing white matter

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Funding Information
This work was supported by a grant from the Zeldzame Ziekten Fonds, The Netherlands. SvdS is funded by the Netherlands Scientific Organization (NWO/MaGW: VIDI-452-12-014). VMH is supported by ZonMw VIDI research grant 91712343 and E-Rare Joint Call project 9003037601. MSvdK is supported by the NWO Spinoza grant.

Received: 13 December 2017; Accepted: 30 December 2017

Annals of Clinical and Translational Neurology 2018; 5(4): 429–444
doi: 10.1002/acn3.540

Abstract

Objective: We aimed to study the occurrence and development of axonal pathology and the influence of astrocytes in vanishing white matter. Methods: Axons and myelin were analyzed using electron microscopy and immunohistochemistry on Eif2b4 and Eif2b5 single- and double-mutant mice and patient brain tissue. In addition, astrocyte-forebrain co-culture studies were performed. Results: In the corpus callosum of Eif2b5-mutant mice, myelin sheath thickness, axonal diameter, and G-ratio developed normally up to 4 months. At 7 months, however, axons had become thinner, while in control mice axonal diameters had increased further. Myelin sheath thickness remained close to normal, resulting in an abnormally low G-ratio in Eif2b5 mutant mice. In more severely affected Eif2b4-Eif2b5 double-mutants, similar abnormalities were already present at 4 months, while in milder affected Eif2b4 mutants, few abnormalities were observed at 7 months. Additionally, from 2 months onward an increased percentage of thin, unmyelinated axons and increased axonal density were present in Eif2b5-mutant mice. Co-cultures showed that Eif2b5 mutant astrocytes induced increased axonal density, also in control forebrain tissue, and that control astrocytes induced normal axonal density, also in mutant forebrain tissue. In vanishing white matter patient brains, axons and myelin sheaths were thinner than normal in moderately and severely affected white matter. In mutant mice and patients, signs of axonal transport defects and cytoskeletal abnormalities were minimal. Interpretation: In vanishing white matter, axons are initially normal and atrophy later. Astrocytes are central in this process. If therapy becomes available, axonal pathology may be prevented with early intervention.

Introduction

Vanishing white matter (VWM) commonly presents in early childhood, but onset may vary between antenatal period to senescence.¹ Age of onset is inversely related to clinical severity.² Clinically, VWM is characterized by chronic neurological decline with additional episodes of rapid, severe deterioration provoked by stressors like febrile infections and minor head trauma, which may end in coma and death.³–⁶ As yet, no curative treatment is available.

VWM is caused by mutations in the genes encoding the five subunits of the eukaryotic translation initiation factor 2B (eIF2B), EIF2B1 through EIF2B5,⁷,⁸ eIF2B is an enzyme complex essential for translation of mRNAs into proteins and central in downregulating the rate of
translation under different stress conditions. It is unclear why mutations in this housekeeping factor lead to a disorder specifically affecting the brain white matter, whereas other organs are mostly spared.

The neuropathological findings in VWM include diffuse lack of myelin and cystic degeneration of the cerebral white matter. U-fibers, corpus callosum, internal capsule, and brainstem are better preserved. Considering the degree of cerebral white matter damage, reactive astrogliosis is disproportionately meager. Astrocytes are dysmorphic and immature. In relatively preserved white matter areas, lack of myelin is associated with increased numbers of oligodendrocyte progenitor cells (OPCs), while mature, myelinating oligodendrocytes are scarce.

Axons are lost in cavitated white matter and their numbers are variable in less severely involved areas. Remaining axons have been reported as abnormally thin. Axonal swellings and spheroids have been described around cavitated areas and in the subcortical white matter. Otherwise, axons have been reported as microscopically intact with a normal cytoskeleton at ultrastructural level. Cortex and central gray matter structures remain largely preserved without evident neuronal loss.

White matter astrocytes and oligodendrocytes are selectively affected. Recent studies indicate that astrocyte dysfunction is primary and oligodendrocyte dysfunction secondary. As astrocytes and oligodendrocytes are important for axonal support, their dysfunction in VWM may affect axonal integrity and function, but a primary axonal defect in VWM has not been ruled out.

In this study, we investigated axonal morphology in brain tissue of VWM patients and mutant mice, in the latter at different time points, and used primary cell cultures to assess whether axonal abnormalities are primary or secondary to abnormality of VWM astrocytes.

Materials and Methods

Animals

Mouse models (background strain C57Bl/6J) were generated by inserting a point mutation in Eif2b4 (Eif2b4Arg484Trp/Arg484Trp) or Eif2b5 (Eif2b5Arg191His/Arg191His) and bred into homozygous single mutants as well as heterozygous-homozygous double-mutants, which in increasing order of severity are referred to as, respectively, 2b4ho, 2b5ho, and 2b4/2b5heho mice. These mice replicate the human disease in clinical and pathological features and in variation in severity. Timed mating was performed with wild-type or mutant mice, with the day of plugging denoted as embryonic day 0 (E0).

Cell culture

Astrocytes or forebrain mixed cells were isolated from cerebral hemispheres of E18 mice and cultured following previously described methods with minor modifications. Cultures were kept in a humidified incubator at 37°C and 7.5% CO2 at all times. For astrocyte cultures, cells were passaged two times, frozen and stored in liquid nitrogen until further use. Before starting a co-culture, astrocytes were first plated into a flask and cultured for 1 week in order to let them recover. Astrocyte-forebrain co-cultures were performed in poly-L-lysine-coated 96-well plates (Greiner). Fifteen thousand astrocytes were plated per well and cultured until confluence (4 days), after which 15,000 forebrain mixed cells, including neurons, oligodendrocytes, microglia, and a few astrocytes per well were plated on top of the astrocytes. Multiple wells with astrocytes were maintained without forebrain cells in order to determine astrocyte monolayer purity. As previously described, for the first 11 days, the co-culture medium contained insulin, followed by 17 days without insulin but with triiodothyronine (T3, Sigma-Aldrich). Half of the medium was replaced with fresh medium 3 times a week. Experiments were performed at least four independent times with at least three replicates per combination of astrocyte-forebrain co-culture.

Immunocytochemistry

Cells were fixed with 4% paraformaldehyde (PFA, Thermo Scientific) and 4% sucrose (Sigma-Aldrich) for 20 min at room temperature, washed two times with PBS, and permeabilized and blocked with 0.5% Triton X100 (Sigma-Aldrich) in PBS 1 h at room temperature. Subsequently, cells were stained overnight at 4°C with primary antibodies in staining solution containing PBS, 0.1% Triton X100, and 10% normal goat serum. Then, cells were washed three times with PBS, followed by a 2-h incubation of secondary antibodies in staining solution. Finally, cells were washed two times with PBS and stored in PBS at 4°C until further analysis.

Primary antibodies used were directed against neuronal nuclei (NeuN, MAB377, 1:150, Millipore), microtubule-associated protein 2 (MAP2, AB5543, 1:3000, Chemicon), neurofilament 165 (NF165, 2H3, 1:250, Hybridoma Bank), neurofilament 200 (NF200, N4142, 1:2000, Sigma-Aldrich), phosphorylated neurofilament (SMI-31R, 1:1000, Covance), nonphosphorylated neurofilament (SMI-32R, 1:1000, Covance), vesicular glutamate transporter 1 (VGLUT1, AB5905, 1:5000, Millipore), postsynaptic density 95 (PSD95, MA1-046, 1:250, Thermo Scientific), myelin basic protein (MBP, ab7349, 1:400,
Abcam), oligodendrocyte nuclei (Olig2, AB9610, Chemicon), microglia (CD11b, M1/70.15.11.5.2, 1:50, Hybridoma Bank), chondroitin sulfate proteoglycan (NG2, AB5320, 1:200, Millipore), and glial fibrillary acidic protein (GFAP, ZO334, 1:1000, Dako). Secondary antibodies conjugated to Alexa Fluor (Thermo Fisher Scientific) 488, 568, 594 (all 1:1000) or 647 (1:800) were used as appropriate. Nuclei were stained with Hoechst (0.2 μg/mL, Molecular Probes).

**Imaging**

Culture plates were scanned using the Opera LX high content screening system (PerkinElmer). For each condition, three wells for astrocyte monolayers or five to six wells for astrocyte-forebrain co-cultures were analyzed. For cell counts, 14 images (20x objective) were captured per well. For quantitative analysis of neurite densities and MBP, 30 images (40x objective) were captured per well. For quantitative analysis of synapses 50 images (40x objective) were captured per well.

**Quantitative analysis**

Quantitative analysis was performed using Columbus 2.2 (PerkinElmer). Neurite (NF165, NF200, SMI31, or SMI32 for axons and MAP2 for dendrites) densities were given as area occupied by neurites relative to total area of the image (with or without correction for differences in number of NeuN+ neurons). MBP was quantified as area occupied by MBP immunoreactivity relative to total area of the image. Synaptic density was calculated by counting synapses (VGLUT1+ or PSD95+) located on top of a dendrite or within a distance of 1.6 μm from a dendrite and dividing the number by total dendrite length per image. Co-localization of VGLUT1+ and PSD95+ was determined by searching for PSD95+ spots located on top of VGLUT1+ spots or within a distance of 0.65 μm from VGLUT1+ spots. SMI31- or SMI32-positive neurites were quantified when co-localized with NF200- or MAP2-positive neurites and given as total length in μm per well or as total length ratio relative to NF200 or MAP2. Percentage of microglia present in the astrocyte monolayer was determined by counting CD11b-positive cells relative to the number of nuclei (oligodendrocytes or neurons were not detected).

**Electron microscopy**

Previously, we reported on electron microscopy (EM) analysis of corpus callosum of 7-month-old wild-type, 2b4heho and 2b5heho mice and 4-month-old 2b4/2b5heho mice, because the latter do not live up to 7 months.23 Here, we additionally analyzed wild-type and 2b5heho mouse corpus callosum at 2 and 4 months (two animals per group). Mouse brains were drop-fixed in 2% glutaraldehyde and 4% PFA in 0.1 mol/L sodium cacodylate buffer (pH 7.4). Human EM analysis included formalin-fixed corpus callosum tissue of a female 10-year-old control subject that died due to a brainstem tumor and a female 10-year-old patient diagnosed with classical VWM. Corpus callosum was dissected, postfixed in 1% osmium tetroxide and 1.5% potassium ferricyanide in 0.1 mol/L sodium cacodylate buffer, dehydrated and embedded in epoxy resin. Sagittally cut ultrathin sections were contrasted with uranyl acetate and lead citrate and analyzed using a FEI Tecnai 12 electron microscope. A peer researcher renamed the images in order to guarantee blinded quantifications by the assessor. Axonal diameters and myelin sheaths thicknesses were measured for at least 400 axons per genotype using ImageJ and G-ratios, defined as axon diameter/total axon + myelin diameter, were calculated. As most axons are not completely circular, the shortest diameter was measured. In addition, percentages of unmyelinated axons and total number of axons were quantified for at least 10 fields of view per genotype.

**Histochemistry and immunohistochemistry**

From our collection of VWM patient brain tissue, tissue of 14 patients, involving seven different brain regions (frontal, temporal, parietal, and occipital lobes; corpus callosum; internal capsule; and cerebellum) was analyzed by two different investigators. However, being archive material, only qualitative microscopic analysis of previously stained sections was possible and no additional stains for quantification could be performed. Formalin-fixed, paraffin—embedded tissue sections (6 μm thick) were deparaffinated and stained with haematoxylin and eosin or Bodian. For immunohistochemistry, heat—induced antigen retrieval was performed in 0.01 mol/L citrate buffer (pH 6) in microwave at low setting, followed by incubation with antibodies against NF (MON3004; 1:50; Monosan), MBP (MAB387; 1:50; EMD Millipore), proteolipid protein (MCA839G; 1:3,000; AbD Serotec), phosphorylated neurofilament (SMI-31R, 1:1000, Covance), or non-phosphorylated neurofilament (SMI-32R, 1:1000, Covance) and subsequently a horseradish peroxidase secondary antibody. Immunopositivity was detected with 3,3’-Diaminobenzidine (DAB) as chromogen. Images were acquired on a Leica DM6000B microscope (Leica Microsystems).

**Golgi staining procedure**

Golgi stain was performed on fresh 4-month-old mouse brains (two wild-type and two 2b5heho mice) using the FD
Rapid GolgiStain Kit (FD Neurotechnologies, Inc.) according to the manufacturer’s instructions. Tissue sections were cut at 150 \( \mu \text{m} \), stained, and coverslipped with DePeX (Serva), after which images were acquired on a confocal microscope (Zeiss LSM510) with a 10x objective (numerical aperture 0.3, 0.7x mechanical zoom) or a 40x oil objective (numerical aperture 1.3, 1x or 2.5x mechanical zoom), as z stacks with a 1-\( \mu \text{m} \) interval. Images were analyzed with the freely available RECONSTRUCT software (http://synapses.clm.utexas.edu).\textsuperscript{32} Spine densities were determined along primary apical dendrites of layer V pyramidal neurons, starting quantification at a distance of 25 \( \mu \text{m} \) from the cell body.

**Statistical analysis**

Mouse EM data were tested for median differences using Mann–Whitney U test or Kruskal–Wallis test followed by post hoc Mann–Whitney U test, as assumptions for parametric tests were not met.

Independent co-culture experiments were performed at least four times with at least three replicates per co-culture condition. To analyze the data of all experiments simultaneously, we ran a multi-level analysis with experiment as clustering variable. Astrocyte genotype, forebrain genotype, and their interaction term were included as fixed effects. The interaction term between astrocyte and forebrain mixed cells was removed from the models in case this term was not significant. To accommodate variation across experiments in a specific outcome parameter, and variation in the effects of astrocyte genotype and forebrain genotype, random effects for these parameters were included in the model as nuisance parameters. Data are presented in multiple plots comparing two possible combinations of astrocyte-forebrain (wild-type vs. 2b5\textsuperscript{ho} cells) co-cultures, with each data point representing the mean of an individually performed experiment. Spine data were analyzed using an independent Student’s \( t \) test.

All data were analyzed using two-sided tests. As effect size, Pearson’s correlation coefficient \( r \) was used, with values of .10, .30, and .50 denoting a small, medium or large effect, respectively. A Bonferroni correction of the \( \alpha \) was applied (standard \( \alpha = 0.05 \)) when performing multiple
Whereas axonal diameter and myelin sheath thickness were normal or close to normal in 2- and 4-month-old \textit{2b5ho} mice, axonal diameter was smaller in 7-month-old \textit{2b5ho} than in wild-type mice (wild-type median 0.61 vs. \textit{2b5ho} median 0.33, $Z = -11.05$, ****$P < 0.0001$, $r = 0.46$), while myelin sheath thickness remained close to normal. In the \textit{2b4/2b5heho} mice, myelin sheaths were thicker than normal (wild-type median 0.64 vs. \textit{2b4/2b5heho} median 0.75, $Z = -3.91$, ****$P < 0.0001$, $r = 0.14$). In the \textit{2b4ho} mice, the axons were smaller compared to wild-type mice (wild-type median 0.61 vs. \textit{2b4ho} median 0.49, $Z = -2.89$, #$P = 0.0039$, $r = 0.11$; which is a borderline significant trend with a Bonferroni-corrected $P$ value of 0.0033 for all 15 comparisons performed in A and B). Slopes of correlations between myelin sheath thickness and axonal diameter were similar between wild-type mice and \textit{2b5ho} and \textit{2b5heho} mutants, but slightly higher in the 4-month-old \textit{2b4/2b5heho} mice. (B) G-ratio’s were comparable in 2- and 4-month-old wild-type and \textit{2b5ho} mice and in 7-month-old wild-type and \textit{2b4ho} mice. Aberrant G-ratio’s were detected for 4-month-old \textit{2b4/2b5heho} mice (wild-type median 0.76 vs. \textit{2b4/2b5heho} median 0.72, $Z = -5.78$, ****$P < 0.0001$, $r = 0.20$) and 7-month-old \textit{2b5ho} mice (wild-type median 0.78 vs. \textit{2b5ho} median 0.66, $Z = -11.68$, ***$P < 0.001$, $r = 0.49$). (C) Wild-type mice showed a clear shift to thicker myelinated axons from 2 to 4, to 7 months of age, whereas the \textit{2b5ho} mice showed a shift to thicker axons from 2 to 4 months but shifted back to smaller axons at 7 months, comparable as the 2-month-old mice. (A, B) Mann-Whitney $U$ test.

**Figure 2.** Disproportionally smaller axonal diameter and lower G-ratio in VWM mouse corpus callosum in more severely affected animals. (A) Whereas axonal diameter and myelin sheath thickness were normal or close to normal in 2- and 4-month-old \textit{2b5ho} mice, axonal diameter was smaller in 7-month-old \textit{2b5ho} than in wild-type mice (wild-type median 0.61 vs. \textit{2b5ho} median 0.33, $Z = -11.05$, ****$P < 0.0001$, $r = 0.46$), while myelin sheath thickness remained close to normal. In the \textit{2b4/2b5heho} mice, myelin sheaths were thicker than normal (wild-type median 0.64 vs. \textit{2b4/2b5heho} median 0.75, $Z = -3.91$, ****$P < 0.0001$, $r = 0.14$). In the \textit{2b4ho} mice, the axons were smaller compared to wild-type mice (wild-type median 0.61 vs. \textit{2b4ho} median 0.49, $Z = -2.89$, #$P = 0.0039$, $r = 0.11$; which is a borderline significant trend with a Bonferroni-corrected $P$ value of 0.0033 for all 15 comparisons performed in A and B). Slopes of correlations between myelin sheath thickness and axonal diameter were similar between wild-type mice and \textit{2b5ho} and \textit{2b5heho} mutants, but slightly higher in the 4-month-old \textit{2b4/2b5heho} mice. (B) G-ratio’s were comparable in 2- and 4-month-old wild-type and \textit{2b5ho} mice and in 7-month-old wild-type and \textit{2b4ho} mice. Aberrant G-ratio’s were detected for 4-month-old \textit{2b4/2b5heho} mice (wild-type median 0.76 vs. \textit{2b4/2b5heho} median 0.72, $Z = -5.78$, ****$P < 0.0001$, $r = 0.20$) and 7-month-old \textit{2b5ho} mice (wild-type median 0.78 vs. \textit{2b5ho} median 0.66, $Z = -11.68$, ***$P < 0.001$, $r = 0.49$). (C) Wild-type mice showed a clear shift to thicker myelinated axons from 2 to 4, to 7 months of age, whereas the \textit{2b5ho} mice showed a shift to thicker axons from 2 to 4 months but shifted back to smaller axons at 7 months, comparable as the 2-month-old mice. (A, B) Mann-Whitney $U$ test.

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comparisons. Normality tests and multi-level analyses were performed using IBM SPSS Statistics 22. All other statistical analysis and plots were carried out and prepared using Prism 6.0 (GraphPad Software, Inc).

**Study approval**

Mouse brain tissue was obtained in strict compliance with the animal welfare policies of the Dutch government and approved by the IACUC of the VU University of Amsterdam. Written informed consent was obtained according to the Declaration of Helsinki and was provided by patients or their parents for the collection and use of patients’ samples. The Medical Ethics committee of the VU University Medical Centre approved the procedures.

**Results**

**Secondary axonal atrophy in VWM mice**

EM analysis of the corpus callosum of mice of different ages was performed to investigate the onset and development of possible abnormalities in axon size and axon-myelin proportion (Fig. 1). There was an impact of

![Figure 3](image-url)  
**Figure 3.** Thinner myelin in vanishing white matter patients’ corpus callosum. EM on formalin-fixed tissue of (A, B) a control and (C, D) a vanishing white matter subject showed that, although several tissue preparation artifacts were present, myelin sheaths were thinner in patients’ corpus callosum than in the control (arrows indicate axons of similar size but with different myelin sheath thicknesses). (A, C) Scale bar: 1 µm. (B, D) Pictures zoomed in on an axon. Scale bar: 500 nm.
disease severity on axon diameter and axon diameter-myelin thickness ratio. In clinically presymptomatic $2b5^{ho}$ mice at 2 and 4 months, no clear differences were seen compared to wild-type mice, although myelin sheaths tended to be slightly thinner (Fig. 2A, B). By contrast, in clinically symptomatic $2b5^{ho}$ mice at 7 months, clear
differences were seen. While myelin sheaths remained on average slightly thinner than in wild-type mice, axons had become disproportionately thin for the myelin sheath thickness, resulting in a lower G-ratio than in wild-type mice, especially for thinner axons (Figs. 1 and 2A, B). Interestingly, a few myelin sheaths were much thicker than normal. In the more severely affected 2b4/2b5hho mice, abnormalities were already present at 4 months, which is end-stage for these mutants. Myelin sheaths were thicker and axons were slightly thinner than in 4-month-old wild-type mice, resulting in a decreased G-ratio (Fig. 2A, B). Strikingly, again a few myelin sheaths were seen that were much thicker than normal. In the less severely affected 2b4ho mice, abnormalities were less obvious; myelin sheaths were close to normal, but axons were relatively small, although with a striking variation in diameter and presence of several very thick axons. Like wild-type mice, the G-ratio was similar for different axonal sizes. A few myelin sheaths were thicker than normal, but less so than in 4-month-old 2b4/2b5hho mice and 7-month-old 2b5ho mice.

Regarding the diameter distribution of myelinated axons at different ages, an increase in axonal size in both 2b5ho mutant and wild-type mice occurred between 2 and 4 months, with a further increase in 7-month-old wild-type mice, while axonal diameter distribution in 7-month-old 2b5hho mice had reversed to that of 2-month-old mice, indicating secondary axonal atrophy (Fig. 2C). Regarding variation in myelin sheath thickness in wild-type and 2b5ho mice at different ages, 2b5hho mice had slightly higher frequencies of very thin sheaths at 2 and 4 months and a greater variation in thickness at 7 months (data not shown).

Thin myelin sheaths and axons in VWM patients

EM analysis of human corpus callosum clearly showed thinner myelin sheaths in the VWM patient than in the control, but because of postmortem artifacts and long-term storage in formalin before being processed for EM, no reliable quantification and statistical analysis could be performed (Fig. 3). Histochemical and immunohistochemical analysis of patients brain tissue revealed that axons were normal where tissue damage was mild (mild tissue rarefaction), but were thin where tissue damage was at least moderate (severe tissue rarefaction to cavitation, data not shown).

High numbers of thin, unmyelinated axons and increased axonal density in 2b5ho mouse corpus callosum; increased axonal density in primary co-cultures

EM analyses of 7-month-old wild-type, 2b4ho, 2b5ho and 4-month-old 2b4/2b5hho mice revealed presence of many thin, unmyelinated axons in the mutants’ corpus callosum, with the highest numbers in the double-mutants (Fig. 4A). Additional EM analyses of younger animals showed that higher percentages of thin unmyelinated axons were already present from 2 months onward, although less high than at 4 and 7 months (Fig. 4B). These thin axons were associated with a higher axonal density at 4 and 7 months (Fig. 4C).

In order to further explore the development of axonal abnormalities, we prepared primary myelinating cell cultures consisting of a layer of mouse forebrain mixed cells, including neurons, oligodendrocytes, microglia, and a few astrocytes, plated on a monolayer of mouse forebrain-derived astrocytes, cultured together for 4 weeks. The astrocyte monolayers contained ~6.5% or ~3.1% microglia when derived from wild-type or 2b5ho mouse, respectively (data not shown). Co-culture data of all experiments were analyzed simultaneously with multi-level analysis. When cultured with wild-type mixed forebrain cells, a monolayer of 2b5ho astrocytes suppressed total MBP amounts compared to a monolayer of wild-type astrocytes, (Fig. 5A, $t(5.03) = -2.73, \ P < 0.05, \ r = 0.77$) and in most cultures, the percentage of Olig2-positive cells expressing MBP, although the latter was...
overall not significant (Fig. 5B, \( t(4.03) = -1.69, P = 0.17, r = 0.64 \)), while having no effect on the total number of Olig2\(^+\) cells (Fig. 5C, \( P = 0.68 \)).

Regarding the effect of 2b5\(^{hs} \) astrocytes compared to wild-type astrocytes on axonal density, we found a significant main fixed effect for astrocyte (\( t(6.88) = 3.48, P < .01, r = 0.80 \)), but no main fixed effect for forebrain mixed cells (\( t(4.92) = 1.31, \text{ns, } r = 0.51 \)), indicating that the genotype of the astrocyte monolayer does affect axonal density, but the genotype of the forebrain mixed cells on top does not. Further analysis demonstrated that the 2b5\(^{hs} \) astrocyte monolayers promoted a higher axonal density than wild-type astrocyte monolayers in wild-type forebrain cells (Fig. 5D, E; \( t(7.07) = 3.86, P < 0.01, r = 0.82 \)) without changing neuronal cell numbers (Fig. 5F, G). The difference in the effect of 2b5\(^{hs} \) astrocytes compared to wild-type astrocytes on axonal density for 2b5\(^{hs} \) forebrain cells was smaller (data not shown; borderline significance, \( t(5.07) = 2.52, P = .052, r = 0.75 \)). Comparing cultures in which both the astrocyte and forebrain layers were either 2b5\(^{hs} \) mutant or wild-type showed that the effect of mutant astrocytes compared to wild-type astrocytes on axonal density was similar to the effects observed in wild-type forebrain cells (Fig. 5H; \( t(5.10) = 3.92, P = 0.01, r = 0.89 \), vs. Fig. 5E), indicating lack of a significant additional effect of the mutant forebrain cells on axonal density. Neuronal cell numbers in cultures with both layers consisting of 2b5\(^{hs} \) cells were higher than when both layers consisting of wild-type cells (\( t(49.08) = 3.28, P < 0.01, r = 0.42 \), Fig. 5I, J), indicating some effect of the mutant astrocytes combined with the mutant 2b5\(^{hs} \) astrocytes on neuronal cell number. When cultured on wild-type astrocytes, 2b5\(^{hs} \) forebrain cells had no effects on axonal density or neuronal cell number compared to wild-type forebrain cells (Fig. 5K–M) and neither did they have an effect when cultured on 2b5\(^{hs} \) astrocytes (data not shown).

Regarding effects on dendritic density, neuronal cell body size and on the ratio between axonal and dendritic density, no significant differences were detected with these combinations of wild-type or 2b5\(^{hs} \) astrocytes and forebrain cells (Fig. 6 and data not shown).

**Evidence of mild axonal damage in VWM patient white matter**

In order to assess whether axonal swellings and spheroids primarily occur in regions with severe tissue damage, we microscopically examined brain tissue of VWM patients for the presence of axonal swellings and spheroids using immunohistochemistry. In most patients, only a few scattered swellings and spheroids were detected (Fig. 7A). Also in severely damaged tissue only a few spheroids were found (Fig. 7B), the presence of which was not dependent on brain region (Fig. 7C). Of note was the presence of many spheroids in the occipital lobe of one of the oldest VWM patients (37 years at demise, Fig. 7D), while tissue structure and myelin content (not shown) were relatively preserved. No obvious signs of impaired axonal cytoskeletal architecture (SMI31 vs. SMI32) were detected in patient tissue and co-culture experiments (data not shown).

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**Figure 6.** No significant differences in dendritic density and neuronal cell body size between co-cultures consisting of 2b5\(^{hs} \) versus wild-type mouse-derived cells. No effect of 2b5\(^{hs} \) in comparison to wild-type astrocytes on neuronal cell body size was detected when wild-type forebrain cells (A–C) or 2b5\(^{hs} \) forebrain cells (not shown) were cultured on top. Also two layers of 2b5\(^{hs} \) versus wild-type cells (D–F) or 2b5\(^{hs} \) forebrain cells on either (C) wild-type astrocytes or 2b5\(^{hs} \) astrocytes (not shown) did not give a difference in dendritic density or neuronal cell body size. (A–I) The different plots present data of the same five to seven individual experiments, the same experiments as plotted in Fig. 4. Each data point represents the mean of an individually performed experiment, for the specified co-culture combination. Statistics were obtained by multi-level analysis on the raw data of all experiments combined. Astr = astrocyte monolayer; Fb = forebrain cells.

**Figure 7.** Axonal damage in VWM patients’ white matter. (A) NF-staining of frontal lobe of a 37-yr-old VWM patient showed a few swellings (arrows). (B) Frontal lobe of a 10-yr-old VWM patient showed a few spheroids (arrows), whereas tissue damage was severe. (C) Internal capsule of the same 10-yr-old VWM patient showed one spheroid (arrow), whereas tissue damage was meager. (D) NF staining of occipital lobe of the same 37-yr-old VWM patient showed many axonal swellings and spheroids, while the tissue and myelin (not shown) was relatively intact. Scale bar: 50 \( \mu \)m for all.
Unaffected synapse or spine density in primary co-cultures or along primary apical dendrites of layer V pyramidal neurons

Synaptic densities were quantified in co-cultures of various combinations of wild-type and 2b5ho mouse-derived cells (Fig. 8A–F). No difference in synaptic density was found when wild-type forebrain mixed cells (P = 0.17, Fig. 8D) or 2b5ho forebrain mixed cells (P = 0.40, not shown) were cultured on a monolayer of 2b5ho astrocytes compared to wild-type astrocytes. Also no significant effect of 2b5ho versus wild-type forebrain cells on synaptic density was found with either wild-type astrocytes (P = 0.09, Fig. 8E) or 2b5ho astrocytes (P = 0.20, data not shown). A trend for a lower synaptic density was found when both layers consisted of 2b5ho cells compared to two layers of wild-type cells (t(5.09) = −2.334, P = 0.07, r = 0.72; Fig. 8F).

In Golgi stains of fresh 4-month-old mouse brains (Fig. 8G–I), no difference in spine density was detected along apical dendrites of wild-type versus 2b5ho layer V pyramidal neurons (Fig. 8I).

Discussion

VWM is a devastating leukodystrophy, for which the underlying cellular mechanisms have yet to be unraveled. The current view is that astrocytes and oligodendrocytes are selectively affected, and that astrocyte pathology drives oligodendrocyte pathology.23 We previously developed mutant VWM mice that are representative of the human disease.23 Here, we studied axonal abnormalities in VWM Eif2b4- and Eif2b5-mutant mice with different disease severities and of different ages, in order to assess whether and when axonal abnormalities occur. In addition, we used primary astrocyte-forebrain co-cultures based on brain cells of the Eif2b5 mice to assess whether axonal abnormalities are primary or secondary to abnormality of VWM astrocytes. We verified findings in brain tissue of patients.

In 2b5ho mice, average axon diameter and relative myelin sheath thickness and their variation are initially normal, although myelin sheaths tend to be slightly thinner from early on. It is only at 7 months that axons are disproportionately small and myelin sheaths are still slightly thinner than normal, but thicker than expected for the axonal diameter, reflected by a lower G-ratio, especially for the smaller axonal diameters. The distribution of axonal diameters in 2b5ho mice is close to normal at 2 and 4 months with a normal shift to greater axonal diameters at 4 months. However, the distribution of axonal diameters at 7 months has returned to that at 2 months, while in wild-type mice, a further shift to larger diameters has occurred. In the more severely affected 2b4/2b5ho mice, deviating results for axonal diameter, relative myelin sheath thickness, and G-ratio are already present at 4 months. In the less severely affected 2b4ho mice, differences from wild-type mice at the age of 7 months are less clear than in 2b5ho mice of the same age. Overall, our results indicate that axons and relative myelin sheath thickness are initially normal or close to normal and only secondarily axonal atrophy occurs, dependent on disease severity. Previously, a different Eif2b5 mutant mouse model was reported to display a higher proportion of thin axons in the internal capsule associated with thinner myelin sheaths and a normal G-ratio at 3 weeks.33 Axonal diameter and myelin sheath thickness at later ages were not reported, but it was demonstrated that in the cerebral peduncle of 15-month-old mutants an increased proportion of axons had no or thinner myelin than of wild-type mice.

The mouse findings were in part confirmed in VWM patient tissue. Notably, patient tissue was obtained at autopsy and therefore at end-stage disease, whereas mice were sacrificed at the time of appearance of clinical symptoms. EM analysis of the corpus callosum of a VWM patient suggested that myelin sheaths are thinner than in an age-matched control subject, but, as explained above, no definitive quantification of myelin sheath thickness or axonal diameter could be performed. However, examination of multiple patients’ white matter regions overall demonstrated that axons were normal where tissue damage was mild, but were thin where tissue damage was moderate to severe, in line with the findings in the VWM mouse. Thin axons in human brain tissue have been described before.6 Taken together, these data indicate that axonal morphological aberrancies are related to the severity of the white matter disease.

A new finding is the presence of numerous thin, unmyelinated axons in the corpus callosum of mutant mice, not present in similar numbers in wild-type mice, resulting in increased axonal density. The highest percentage was found in the most severely affected 2b4/2b5ho mice, suggesting that the density of thin unmyelinated axons also correlates with disease severity. Our mouse astrocyte-forebrain co-culture model provided us with the opportunity to assess if axonal density is related to the influence of mutant astrocytes on axons. Interestingly, in 2b5ho mouse-derived cell cultures axonal density is also increased compared to wild-type cultures. A layer of 2b5ho astrocytes suffices to achieve this effect in wild-type or 2b5ho forebrain cells; a layer of 2b5ho astrocytes cultured with 2b5ho forebrain cells does not have an additional effect. Notably, a layer of 2b5ho forebrain cells on wild-type astrocytes is associated with a normal axonal density. These findings indicate that the effect is not intrinsic to axons or neurons, but mediated by 2b5ho...
astrocytes, which promote higher axonal density. These data imply that axons are not primarily affected in VWM, but atrophy secondarily due to astrocytes or astrocyte-secreted factors.

Another new finding is the observation of some very large axons in the 7-month-old 2b4ho mice and some very thick myelin sheaths in the 4-month-old 2b4/2b5heho mice and 7-month-old 2b4ho and 2b5ho mice, associated with a

**Figure 8.** No difference in synapse or spine density in primary co-cultures or along primary apical dendrites of layer V pyramidal neurons (A) Co-culture of wild-type forebrain cells on wild-type astrocytes stained for dendrites (MAP2, red), presynapses (VGLUT1, cyan), and postsynapses (PSD95, green). For the sake of clarity, the astrocytes themselves are not shown. Scale bar: 20 μm. (B) Zoomed in picture of boxed area in A. (C) Identification of dendrites and synapses included in quantification. No difference in synaptic density was detected when wild-type forebrain cells (D) or 2b5ho forebrain cells (not shown) were cultured on 2b5ho astrocytes compared to wild-type astrocytes (P = 0.17 and P = 0.40, respectively). Also no significant effect of 2b5ho versus wild-type forebrain cells was detected on either (E) wild-type or (not shown) 2b5ho astrocytes (P = 0.09 and P = 0.20, respectively). (F) Two layers of 2b5ho cells in comparison to wild-type cells resulted in a trend for a lower synaptic density ((t(5.09) = −2.334, P = 0.07, r = 0.72). (G, H) Golgi-stained mouse layer V pyramidal neuron. (G) Scale bar: 20 μm. (H) Scale bar: 5 μm. (I) No difference in spine density was detected along primary apical dendrites of wild-type and 2b5ho layer V pyramidal neurons. (D-F) The different plots present data of the same four to six individual experiments. Each data point represents the mean of an individually performed experiment, for the specified co-culture combination. Statistics were obtained by multi-level analysis on the raw data of all experiments combined. Astr = astrocyte monolayer; Fb cells = forebrain cells.

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very low G-ratio. Apparently the strict relationship between axon diameter and myelin sheath thickness is disrupted in more than one way. The cause of this remains unclear.

Previously, we showed that astrocyte pathology is a first sign of the disease in VWM mice and occurs before myelin pathology: we observed immaturity of astrocytes at postnatal day 14, followed by lower than normal MBP expression at day 21 in the same 2b5ho mouse model. In co-cultures of different composition, we demonstrated that oligodendrocyte maturation defect and lack of MBP production are induced by VWM astrocytes and not intrinsic to VWM oligodendrocytes. In this study, we confirmed that a layer of 2b5ho astrocytes in astrocyte-forebrain co-cultures inhibits total MBP production and the percentage of MBP-expressing Olig2+ cells.

All available evidence indicates that VWM astrocytes are primarily affected and axonal pathology is also secondary. It is an open question whether the process of axonal dystrophy is directly caused by the astrocytes through, for example, lack of energy supply or secretion of a toxic factor, or mediated through the impact of astrocytes on oligodendrocytes and their ability to provide metabolic support to axons. The effect of astrocytes on axonal density may be related to immaturity of VWM astrocytes, which better promote axonal growth or regeneration than mature astrocytes, while having no differential effect on dendrite growth. It has been postulated that astrocytes provide general support for process growth through secreted factors and that the differential effect of mature versus immature astrocytes on axonal growth, but not on dendritic growth, is due to cell-cell contact.

Axonal swellings and spheroids, evidence of disturbed axonal transport, are rare in VWM patient tissue. Most patients have only a few scattered swellings or spheroids throughout the brain white matter, even in the presence of severe white matter damage. The current observation of the highest number of spheroids in one of our oldest patients, and the previous observation of spheroids in older but not in younger 2b5ho mice suggests that axonal transport problems develop over time. The mechanism is unclear. We found no clear signs of impaired axonal cytoskeletal architecture in patient tissue and co-culture experiments. The older patient, who had a high number of spheroids, also had relatively intact myelin, indicating that spheroids are not caused by absence of myelin. Anyhow, disturbed axonal transport does not appear to be a central problem in VWM.

It is likely that the clinical features in VWM are at least in part caused by axonal dysfunction. In our 2b5ho mice, clinical signs arise around the age of 5 months. Interestingly, the shift from normal-sized axons to disproportionally thin axons occurs between the ages of 4 and 7 months. These abnormalities potentially lead to a reduction in signal conduction velocity, as observed in VWM patients, which correlates more closely to axon diameter than fiber (axon + myelin) diameter.

To conclude, current data support the concept that astrocytic dysfunction drives VWM pathology, affecting not only oligodendrocyte mature functions but also the trophic condition of axons. A very important finding is that axons and relative myelin sheath thickness are initially normal or close to normal, indicating a window of opportunity for treatment. It may be possible to prevent axonal morphological changes when interventions are undertaken in time.

Acknowledgments

The authors thank the patients, families, and referring physicians for their co-operation and contribution. This work was supported by a grant from the Zeldzame Ziekten Fonds, The Netherlands. SvDS is funded by the Netherlands Scientific Organization (NWO/MaGW: VIDI-452-12-014). VMH is supported by ZonMw VIDI research grant 91712343 and E-Rare Joint Call project 9003037601. MSvdK is supported by the NWO Spinoza grant.

Author Contribution

M.D.K., M.B., and M.S.v.d.K. conceptualized and designed the study. All authors contributed to data acquisition and analysis. M.D.K. and M.S.v.d.K. primarily drafted the text; M.D.K prepared the figures.

Conflict of Interest

Nothing to report.

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