Effect of methamphetamine dependence on inhibitory deficits in a novel human open-field paradigm

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Abstract
Rationale Methamphetamine (MA) is an addictive psychostimulant associated with neurocognitive impairment, including inhibitory deficits characterized by a reduced ability to control responses to stimuli. While various domains of inhibition such as exaggerated novelty seeking and perseveration have been assessed in rodents by quantifying activity in open-field tests, similar models have not been utilized in human substance abusers. We recently developed a cross-species translational human open-field paradigm, the human behavior pattern monitor (hBPM), consisting of an unfamiliar room containing novel and engaging objects. Previous work demonstrated that manic bipolar subjects exhibit a disinhibited pattern of behavior in the hBPM characterized by increased object interactions. Objectives In the current study, we examined the effect of MA dependence on inhibitory deficits using this paradigm. hBPM activity and object interactions were quantified in 16 abstinent MA-dependent individuals and 18 matched drug-free comparison subjects. The Wisconsin card sorting task (WCST) and the positive and negative syndrome scale (PANSS) were administered to assess executive function and psychopathology. Results MA-dependent participants exhibited a significant increase in total object interactions, time spent with objects, and perseverative object interactions relative to comparison subjects. Greater object interaction was associated with impaired performance on the WCST, higher PANSS scores, and more frequent MA use in the past year. Conclusions Abstinent MA-dependent individuals exhibited impaired inhibition in the hBPM, displaying increased interaction with novel stimuli. Utilization of this measure may enable assessment of inhibitory deficits relevant to drug-seeking behavior and facilitate development of intervention methods to reduce high-risk conduct in this population.

Keywords Methamphetamine · Inhibition · Human behavior pattern monitor · Exploration · Prefrontal cortex · Cognitive deficits

Introduction

Methamphetamine (MA) is a potent and addictive drug used with increasing prevalence worldwide (Romanelli and Smith 2006). Escalating use in the United States has been described as an epidemic (Barr et al. 2006), with 1.3 million individuals reporting use over the past year (Substance Abuse and Mental Health Services Administration 2009). From 2007 to 2009, MA seizures from domestic laboratories and the Southwest border have increased significantly, indicating rising production of the drug in both the U.S. and Mexico (U.S. Department of Justice National Drug Intelli-
Chronic MA administration has been associated with cognitive dysfunction in a variety of domains, including deficits in executive function and response inhibition (Kalechstein et al. 2003; Rippeth et al. 2004; Simon et al. 2000; Simon et al. 2002). Inhibitory deficits, or the inability to withhold or control an action or thought, have a critical impact on drug-seeking behavior, aggression, and risky sexual activities associated with MA use (Jentsch and Taylor 1999; Semple et al. 2010; Watanabe-Galloway et al. 2009). Impaired inhibition in MA-dependent individuals has typically been demonstrated using standard neuropsychological tests, including variants of the Stroop color-word task (Salo et al. 2002; Salo et al. 2009b; Simon et al. 2000), the stop-signal task (Monterosso et al. 2005), and the Wisconsin card sorting task (WCST) (Woods et al. 2005). Recent evidence also indicates a direct association between MA-induced cognitive dysfunction and neurotoxicity in prefrontal cortex (PFC), a region that plays a vital role in decision making and inhibitory control (Sakagami et al. 2006). For example, impaired WCST performance in MA-dependent participants was correlated with lower frontal gray matter density (Kim et al. 2006), hypometabolism, and reduced fractional anisotropy in frontal white matter (Chung et al. 2007; Kim et al. 2005).

In contrast to the neuropsychological tests administered to humans, the effects of drugs of abuse in rodents are often assessed using open-field paradigms that enable quantification of exploration (Ellison and Eison 1983; Geyer et al. 1986). Deficits in inhibitory behavior manifest in several domains relevant to the concept of exploration, including increased novelty seeking, i.e., an increase in exploration of novel stimuli and perseveration, i.e., an inability to inhibit prepotent or ongoing responses resulting in a decline in behavioral variety (Goodwin and Jamison 1990). Inhibitory deficits may be evaluated using “object-oriented” paradigms such as the holeboard task (where rodents can investigate objects placed inside holes situated around an enclosure) (File and Wardill 1975) or the object retrieval/detour task (where primates are required to inhibit the tendency to reach directly towards a reinforcing object placed behind a transparent barrier) (Jentsch and Taylor 1999). The importance of frontal function on inhibitory behavior as assessed by response to novel objects has been demonstrated in multiple species. Ablative or excitotoxic lesions of the frontal cortex in marmoset and rhesus monkeys have been shown to impair inhibitory control on the object retrieval/detour task (Diamond and Goldman-Rakic 1985; Dias et al. 1996). Similarly, patients with frontal lobe lesions also demonstrate uncontrolled grasping behavior when objects are placed within reach (Lhermitte 1983).

While rodent behavioral assays such as the open-field test have been used to model human drug abuse and psychiatric illness for several decades (Geyer et al. 1986), there has been a surprising dearth of any corresponding paradigm in humans. To address this deficit, our group recently designed a novel human open-field paradigm (the behavior pattern monitor or hBPM), based on the traditional rodent open-field apparatus (Young et al. 2007). In this procedure, subjects are introduced into a room containing several items of furniture and a number of colorful and tactile objects designed to invite exploration (Perry et al. 2009). We have used the hBPM previously to describe the exploratory behavior of acutely hospitalized psychiatric patients diagnosed with bipolar disorder (BD) or schizophrenia (Perry et al. 2009). Our findings indicate that BD patients in a manic state exhibit a disinhibited pattern of behavior characterized by increased interaction with novel objects, more interactions with multiple objects at one time, greater object perseveration, and a tendency to approach objects more frequently compared to healthy comparison participants (Perry et al. 2010). BD patients also demonstrated a unique pattern of disregard for social norms, including wearing objects (such as masks or eyeglasses placed in the room) and opening potentially private cabinet drawers (Perry et al. 2010).

The objective of the current study was to assess inhibition in the hBPM in abstinent MA-dependent individuals and a drug-free comparison group. Given that MA exposure is characterized by impaired inhibition linked to prefrontal dysfunction, similar to BD (Leibenluft et al. 2007; Salo et al. 2009b), we hypothesized that MA-dependent participants would exhibit a pattern of increased object interaction indicative of inhibitory deficits relative to drug-free comparison subjects. Based on prior studies linking WCST performance to prefrontal cortex abnormalities (Chung et al. 2007), we also administered the WCST to evaluate the relationship between neuropsychological deficits on this task and exploration in the hBPM.

**Materials and methods**

**Participants**

Sixteen participants with a history of MA dependence were recruited in collaboration with the HIV Neurobehavioral Research Center (HNRC), an institute that works closely with community organizations and drug treatment centers in the San Diego area. Subjects met SCID (Structured Clinical Interview for Diagnostic and Statistical Manual-IV (DSM-IV) criteria (First et al. 1994)
for lifetime MA dependence, as well as DSM-IV criteria for MA abuse or dependence within the past 2 years. Subjects were also required to be abstinent from the drug for at least 7 days before testing. Drug use history, including the length of use and estimated quantity of MA exposure were obtained through a substance use questionnaire (Henry et al. 2010) (Table 1). Eighteen drug-free comparison subjects who had never met the SCID criteria for any substance use disorder were recruited from advertisements in the San Diego community. Comparison and MA groups were comparable for age, gender, education, ethnicity, and had equivalent premorbid IQ as assessed by the Peabody picture vocabulary test (Dunn and Dunn 1997) (Table 1). All participants provided written informed consent to the current protocol approved by the UCSD institutional review board.

Participants from both groups were excluded if they met any of the following conditions: (1) SCID criteria for schizophrenia, bipolar disorder, or current major depression; (2) any neurological conditions or head trauma; (3) treatment with electroconvulsive therapy; (4) infection with HIV or hepatitis C; (4) a positive result for cocaine, amphetamine, PCP, opiates, or cannabis on a urine toxicology Rapid Drug Screen (Pharmatic Inc., San Diego, CA) administered during the test session; (6) substance dependence on illegal drugs other than MA in the past 5 years; (7) alcohol abuse or dependence within the past 12 months; and (8) a remote (i.e., more than 5 years prior to study enrollment) but significant history of alcohol or other substance dependence, as described in previous studies (Rippeth et al. 2004; Woods et al. 2005).

Human behavior pattern monitor

The hBPM, which has been described elsewhere (Perry et al. 2009; Young et al. 2007), consists of a 3.5×4.9-m rectangular room furnished with a desk, two bookcases, a short filing cabinet, a corkboard mounted on the wall, several tall filing cabinets, and a rear window covered by horizontal blinds. The room does not contain any chairs in order to promote participant activity. Eleven engaging toys designed to invite contact and stimulate exploration were placed around the room. These objects were selected to meet several criteria, including being safe, colorful, tactile, and manipulable (Pierce and Courchesne 2001). Ten items were placed in visible locations around the room (on the desk, filing cabinet, bookcase shelves, and one hung from the corkboard) while one item (a harmonica) was concealed in the top drawer of the short filing cabinet. The group of toys included a feather mask which could be worn, a soft baseball, a kaleidoscope, finger puppets, a paddle ball game, and a doll. Activity in the hBPM was recorded by a hidden ceiling camera equipped with a fish-eye lens capable of viewing the entire room. Video images were stored in digital format on a computer in an adjacent room and recorded at a frequency of 30 frames per second (Perry et al. 2010).

Before entering the hBPM, each participant was fitted with a LifeShirt vest (Vivometrics 2002), an ambulatory monitoring system that records acceleration and cardiac data on a personal digital assistant (PDA) housed inside a fanny pack worn around the waist (Henry et al. 2009; Minassian et al. 2009). Participants were directed to wait in

Table 1  Demographic factors and drug use history for comparison (comp, \(n=16\)) and MA-dependent (MA, \(n=18\)) subjects

| Parameter                                      | Comparison | MA dependent | Difference |
|------------------------------------------------|------------|--------------|------------|
| Age (years)                                    | 36.1±2.5   | 36.7±2.1     | ns         |
| Gender                                         | 12, M; 4, F | 15, M; 3, F  | ns         |
| Education (years)                              | 13.9±0.6   | 13.6±0.5     | ns         |
| Ethnicity (\(n\))                             |            |              |            |
| Caucasian                                      | 12         | 13           |            |
| Latino                                         | 2          | 2            |            |
| African-American                               | 2          | 3            |            |
| Smokers/non-smokers                            | 6/10       | 11/7         | ns         |
| Peabody picture vocabulary test scores         | 102.5±3.6  | 95.8±2.2     | ns         |
| Age at first METH use (years)                  | –          | 23.5±2.1     |            |
| Duration of continuous METH use (years)        | –          | 10.3±1.6     |            |
| Frequency of METH use (per month)              | –          | 22.4±2.4     |            |
| Total amount of METH used (in grams)           | –          | 4410±678     |            |
| Number of days METH used in past year          | –          | 52.1±20.9    |            |
| Duration of METH abstinence (days)              | –          | 290.6±52.4   |            |
| PANSS total score                              | 34.9±1.0   | 43.9±1.5*    | MA>comp    |
| PANSS positive symptoms                        | 8.4±0.4    | 12.4±0.9**   | MA>comp    |
| PANSS negative symptoms                        | 7.7±0.3    | 8.1±0.6      | ns         |

Peabody picture vocabulary test scores are presented as age-adjusted standard scores. The PANSS total score can range from 30 to 210, and the positive and negative symptoms subscales range from 7 to 49. Higher scores indicate more severe psychopathology. Data are represented as means±S.E.M. METH methamphetamine, ns not significant *\(p<0.001\); **\(p<0.01\), significant group differences.
the hBPM for an indeterminate period while the experimenter prepared another task. They were not provided any other explicit instructions.

Wisconsin card sorting test

Participants were administered the WCST-64 card version (Heaton 1993). The WCST is a well-established measure of executive function, designed to assess deficits in rule attainment and cognitive set shifting linked to frontal cortex pathology (Goldberg and Miller 1986; Perry and Braff 1998). The WCST requires participants to sort cards based on three perceptual dimensions (color, shape, and number) and provides feedback to allow the subject to identify the correct matching rule. After a specific number of correct responses, the card sorting category changes. Failure to abandon the previous sorting rule when it has been explicitly changed is associated with prefrontal dysfunction and perseverative behavior, a tendency to engage in maladaptive repetitive responses (Perry and Braff 1998).

Dependent measures include: (1) total number of errors, (2) perseverative errors, and (3) number of categories completed. Error scores for the task are converted to $T$ scores corrected for age and education, where a higher score indicates better performance on the measure.

Positive and negative syndrome scale

We administered the PANSS to assess for the presence of psychopathology, given that chronic MA exposure has been associated with increased prevalence of psychotic symptoms (McKetin et al. 2006). The positive and negative syndrome scale (PANSS) consists of a 30-item rating scale designed to assess positive psychotic symptoms that include paranoia and hallucinations, negative symptoms that include flat affect and emotional withdrawal, and miscellaneous symptoms of general psychopathology that include anxiety and poor attention (Opler et al. 2007). Total PANSS scores range from 30 to 210, with higher scores indicating more severe psychopathology, while scores below 60 have been interpreted as “mild illness” and scores below 50 described as “borderline illness” (Leucht et al. 2005).

Data collection

Video footage of participant activity in the hBPM was manually scored by trained raters blind to the group condition of the subjects. Exploratory behavior during the 15-min session was quantified in 1-s increments and kappa reliability coefficients for rater-coded measures ranged from 0.91 to 0.96 (Perry et al. 2010). To assess object interaction, we quantified: (1) the total number of object interactions (defined as deliberate physical contact with a novel object with any part of the body, e.g., hand or foot); (2) time spent with objects (the number of seconds spent in physical contact with any of the objects during the 15-min session); (3) multiple object interactions (instances when a participant interacts with more than one object at the same time); (4) percent perseverative interactions (number of repeated interactions with the same objects divided by the total number of all object interactions).

In addition to quantifying interaction with the 11 toys placed in the room, we also assessed subject engagement with three other novel stimuli: (1) opening the cabinet drawers, (2) manipulating the blinds covering the rear window, (3) unzipping the fanny pack and examining the LifeShirt PDA. These actions were included as measures of exploration based on the observed prevalence of these behaviors in psychiatric populations relative to healthy comparison participants (Perry et al. 2010; Perry et al. 2009; Young et al. 2007). According to a recent study, individuals with bipolar mania were characterized by a unique tendency to investigate drawers and wear the mask in the hBPM, behaviors hypothesized to demonstrate a failure to observe socially appropriate boundaries (e.g., opening a private drawer or wearing an item that may belong to another individual) (Perry et al. 2010). Thus, these activities were also quantified in the current report.

To assess participant movement in the hBPM, a 64-sector grid was generated from $x$–$y$ coordinate data derived from the digitized videos using proprietary software (TopScan 1.0; Clever Systems Inc., Washington, DC) as previously described (Perry et al. 2009). The average time and entries in 18 object-proximal sectors, defined as sectors that are immediately adjacent to the novel objects in the room, were determined for each group. In addition, total time spent walking in the room was quantified as a measure of overall activity.

Statistical analyses

Statistical analyses were performed using SPSS. Data were examined for normality of distribution and homogeneity of variance using Levene’s test. Initial assessment of the results indicated evidence of skewed and kurtotic score distributions. To maximize normality for each variable, square root transformations were applied to total object interactions, time spent with objects, time in object-proximal sectors, and the amount of MA use in the past year while log transformations were applied to object-proximal sector entries and time spent walking (Zar 1999). Following these modifications, measures of skew and kurtosis were restricted to a range between $-1$ and $+1$ for all variables while the group inequality of variance observed for the total number of object interactions and
time spent with objects was corrected to produce a null Levene’s test for these measures.

Group effects on exploratory behavior during the 15-min hBPM session were analyzed using multivariate analysis of variance (MANOVA) for six variables, including total object interactions, mean time spent with objects, percent perseverative interactions, time spent walking, and average time and entries in object-proximal sectors. Univariate ANOVAs were subsequently conducted for each parameter. Post hoc differences were examined using Bonferroni-adjusted multiple t test comparisons, and \( r \) was calculated as the effect size (Rosenthal 1991). Given the extremely low prevalence of multiple object interactions in both groups (averaging less than one per person), this measure was assessed separately as a dichotomous variable (present or absent for each participant) and analyzed with the chi-square test. To determine if exploration varied over time, object interaction data were calculated separately for each of the three 5-min epochs within the 15-min hBPM session. Mixed-design ANOVAs were conducted for each variable with group as a between-subjects factor and epoch as a repeated measure.

Bivariate Pearson \( r \) correlations were performed to compare relationships between hBPM measures and characteristics of MA use, including the age of first drug use, duration of continuous drug use, the total amount of drug consumed, frequency of use, number of days of MA use in the past year, and length of abstinence from the drug.

WCST and PANSS measures were assessed using independent sample t tests. PANSS data were collected for all subjects; however, two individuals in the drug-free comparison group and one subject in the MA-dependent group did not receive the WCST. Bivariate Pearson \( r \) correlations were performed to compare WCST and PANSS scores with activity in the hBPM. To reduce the probability of a type I error associated with a large number of statistical analyses, the level of significance for comparisons was set at \( p<0.025 \).

Results

The MANOVA performed for hBPM data indicated a significant main effect of group \( [F(7,26)=3.9, p<0.01] \). Subsequent univariate ANOVAs revealed that MA-dependent participants exhibited an increase in total object interactions \( [F(1,32)=11.8, p<0.01] \), time spent with objects \( [F(1,32)=11.0, p<0.01] \), percent perseverative interactions \( [F(1,32)=15.9, p<0.001] \), and showed a trend towards elevated object-proximal sector entries \( [F(1,32)=3.8, p=0.057] \) compared to the drug-free comparison group as illustrated in Fig. 1. Significant group differences were characterized by moderate to large effect sizes (Table 2). In contrast, total time spent walking and time in object-proximal sectors did not differ between the groups. In addition, none of the participants in either group wore any of the objects (e.g., putting the mask on their face), while an equal number (two subjects in each group) chose to open the cabinet drawers. However, chi-square analysis indicated
that a significantly higher percentage of MA-dependent participants engaged in multiple object interactions relative to comparison ($X^2=5.2$, $p<0.05$).

Analysis of exploratory behavior over the course of the 15-min session did not indicate any significant group by epoch interaction. However, there was a main effect of epoch on total object interactions ($F(1,31)=5.8$, $p<0.01$) and walking ($F(1,31)=5.3$, $p<0.05$). Bonferroni post hoc tests indicated that total object interactions decreased in epoch 2 ($p<0.05$) and 3 ($p<0.01$) compared to the first 5 min of the session; participants also exhibited less walking in epoch 3 relative to epoch 1 ($p<0.01$). These data indicate an overall decrease in hBPM activity over time for all participants, regardless of group membership.

Given that multiple novel measures proposed in this paradigm are hypothesized to assess the one construct of inhibition, correlations between these measures were also quantified to assess their overlap and potential inter-item reliability (Table 3). The results indicated that all of the variables were consistently and significantly correlated with each other, with the singular exception of time spent in object-proximal sectors, a measure related only to the number of object-proximal sector entries. This finding may reflect the fact that some participants approach and visually examine novel objects from a close, proximal position, but do not always engage in physical contact (e.g., touching and manipulating the object). Overall, however, these data support the concept that the majority of the individual measures quantified in this study represent closely associated items with the potential to constitute a single psychometric scale to assess inhibitory deficits, in similar fashion to commonly

### Table 2: hBPM measures for drug-free comparison ($n=16$) and MA-dependent ($n=18$) subjects during the 15-min session

| hBPM measure                                      | Comparison        | METH dependent     | Effect size |
|---------------------------------------------------|-------------------|--------------------|-------------|
| Total number of object interactions               | 2.1±0.8           | 8.8±2.0*           | 0.52        |
| Mean time spent with objects (seconds)            | 55.0±26.8         | 215.3±47.2*        | 0.51        |
| Percent of participants engaging in multiple object interactions | 0%                | 28%**              | 0.39        |
| Percent object perseveration                       | 3.1±2.1           | 27.1±5.3***        | 0.58        |
| Time in object proximal sectors (seconds)         | 207.8±68.3        | 227.4±58.7         | 0.11        |
| Entries in object proximal sectors                | 11.4±3.9          | 36.7±14.6*         | 0.34        |
| Time spent walking (seconds)                       | 87±36             | 100±46.1           | 0.07        |

Data are represented as means ± S.E.M. Effect sizes are shown as $r$ values, with the exception of the multiple object interaction data, where the effect size of the chi-square analysis was estimated with Cramer’s $V$.

### METH methamphetamine

$*p<0.01$; $**p<0.05$; $***p<0.001$, significant group differences

$^a$ Indicates a trend ($p<0.1$)

### Table 3: Pearson $r$ correlations between the hBPM object interaction measures for all participants ($n=34$)

|                          | Total number of object interactions | Mean time spent with objects | Percent perseverative interactions | Time in object proximal sectors | Entries in object proximal sectors | Time spent walking |
|--------------------------|------------------------------------|-----------------------------|-----------------------------------|---------------------------------|-----------------------------------|-------------------|
| Total number of object interactions | –                                  | 0.87*                       | 0.75*                             | 0.29                            | 0.77*                             | 0.63*             |
| Mean time spent with objects | 0.87*                              | –                           | 0.80*                             | 0.27                            | 0.72*                             | 0.60*             |
| Percent perseverative interactions | 0.75*                              | 0.80*                       | –                                 | −0.02                           | 0.57*                             | 0.53**            |
| Time in object proximal sectors | 0.29                               | 0.27                        | −0.02                             | –                               | 0.47**                            | 0.18              |
| Entries in object proximal sectors | 0.77*                              | 0.72*                       | 0.57*                             | 0.47**                          | –                                 | 0.83*             |
| Time spent walking       | 0.63*                              | 0.60*                       | 0.53**                            | 0.18                            | 0.83*                             | –                 |

Multiple object interactions were not included here due to the low prevalence of this activity in our sample. All variables were significantly correlated with each other, with the exception of time spent in object proximal sectors.

$^a p<0.001$; $^* p<0.01$, significant correlations
used self-report scales of behavioral inhibition (Carver and White 1994).

We did not observe any significant correlation between hBPM measures and the length of MA use, the amount of total drug consumed, duration of abstinence, age of first use, or the frequency of monthly use. In contrast, the number of days of MA use in the past 12 months showed a trend towards a positive correlation with entries into object-proximal sectors \((r=0.43, p=0.07)\), increased object perseveration \((r=0.43, p=0.07)\), and time spent walking \((r=0.45, p=0.06)\).

MA-dependent participants exhibited significant impairment on the WCST, including more total errors \((t(29)=3.4, p<0.01)\), greater perseverative errors \((t(29)=3.9, p<0.01)\), and fewer completed categories \((t(29)=3.2, p<0.01)\) compared to the drug-free comparison group. While none of the subjects finished all six WCST categories, the majority of drug-free participants (80%), but only a small percentage of MA-dependent individuals (23%), successfully completed five categories on the test. Total WCST errors were correlated with the mean time spent with objects, perseverative object interactions, and entries into object proximal sectors, indicating that poor performance on the WCST was associated with increased object interaction in the hBPM (Table 4). Interestingly, we also observed a strong trend towards a correlation between the WCST perseverative errors \(T\) score and object perseveration \((r=-0.35, p=0.05)\) and mean time spent with objects \((r=-0.39, p=0.03)\), indicating that perseveration on the WCST is likely associated with perseveration in the hBPM. Finally, the number of completed WCST categories was negatively correlated with the mean time spent with objects, object perseveration, and object-proximal sector entries (Table 4).

The MA-dependent group exhibited significantly higher total \((t(32)=-4.80, p<0.001)\) and positive symptom \((t(32)=-3.92, p<0.001)\) PANSS scores compared to drug-free comparison subjects (Table 1), but did not differ on the negative symptom scale \((t(32)=0.51, p=0.53)\). PANSS total and positive subscale scores were significantly correlated with total object interactions, time spent with objects, and percent perseverative interactions (Table 5).

**Discussion**

The findings of the current study indicate that abstinent MA-dependent individuals engaged in greater interaction with novel objects and demonstrated elevated perseverative behavior compared to drug-free comparison participants in a human open-field paradigm. While this is the first report to quantify inhibitory deficits associated with MA dependence in the context of a cross-species translational open-field test, our findings support a substantial literature demonstrating impaired inhibition characterized by inappropriate responses to stimuli and maladaptive perseveration in this population (Hoffman et al. 2006; Monterosso et al. 2005; Salo et al. 2009a; Salo et al. 2002; Salo et al. 2009b; Scott et al. 2007; Simon et al. 2000; Woods et al. 2005). Quantification of inhibitory deficits associated with MA use has considerable public health significance, since MA dependence is an established risk factor for hazardous sexual behavior, exposure to HIV and hepatitis C, and greater mortality associated with comorbid HIV infection (Bing et al. 2001; Galvan et al. 2002; Goodkin et al. 1998; Lucas et al. 2006; Nelson et al. 2002; Semple et al. 2006; Volkow et al. 2007). While drugs of abuse have been evaluated frequently in rodents and primates using object-oriented ambulatory tasks (Jentsch and Taylor 1999), behavioral deficits in human MA users have been measured primarily with neuropsychological paradigms with more limited real-world applicability (e.g., Stroop task). Use of

**Table 4** Pearson \(r\) correlations between WCST scores and hBPM measures for all participants \((n=31)\)

| Measure                              | WCST data                          |
|--------------------------------------|-------------------------------------|
|                                      | Total errors \(T\) score | Perseverative errors \(T\) score | Categories completed |
| Total number of object interactions  | \(-0.33^*\)                      | \(-0.31^a\)                      | \(-0.40^a\)           |
| Mean time spent with objects (seconds) | \(-0.41^*\)                      | \(-0.39^a\)                      | \(-0.45^*\)           |
| Percent perseverative interactions   | \(-0.43^*\)                      | \(-0.35^a\)                      | \(-0.53^{**}\)        |
| Time in object proximal sectors (seconds) | \(-0.16\)                       | \(-0.18\)                        | \(-0.12\)             |
| Entries in object proximal sectors  | \(-0.41^*\)                      | \(-0.32^a\)                      | \(-0.42^*\)           |
| Time spent walking (seconds)         | \(-0.29\)                        | \(-0.18\)                        | \(-0.33^a\)           |

WCST total error and perseverative error data are calculated as \(T\) scores normalized for age and gender. Greater object interaction, including more object perseveration, was associated with lower \(T\) scores (indicating more WCST errors)

\(^{*}p<0.025; \quad **p<0.01, \quad \text{significant correlations}\)

\(^{a}\text{Indicates a trend (}p<0.1\text{)}\)
Table 5 Pearson r correlations between PANSS total and positive symptoms scores and hBPM measures for all participants (n=34)

| Measure                               | PANSS             |
|---------------------------------------|-------------------|
|                                       | Total score | Positive score | Negative score |
| Total number of object interactions   | 0.40*        | 0.45**        | 0.01           |
| Mean time spent with objects (seconds)| 0.44**       | 0.45**        | 0.09           |
| Percent perseverative interactions    | 0.47*        | 0.48**        | 0.09           |
| Time in object proximal sectors (seconds) | 0.25       | 0.22          | −0.08          |
| Entries in object proximal sectors    | 0.36*        | 0.38*         | −0.19          |
| Time spent walking (seconds)          | 0.24         | 0.30*         | −0.12          |

Higher total and positive PANSS scores were associated with more total and perseverative object interactions and greater time spent with objects. No significant correlations were observed for the negative symptoms subscale.

*p<0.025; **p<0.01, significant correlations

*a Indicates a trend (p<0.1)

an exploratory paradigm, such as the hBPM, allows us to quantify inhibition in a setting more germane to understanding the behavior of drug abusers (e.g., evaluating how an individual approaches and interacts with an engaging stimulus in the environment).

Several lines of evidence suggest that the behavioral responses of MA-dependent individuals in the hBPM may be mediated by inhibitory deficits associated with dysregulation of frontal cortex function. Frontal regions such as the PFC play a critical role in regulating the inhibition of motor and emotional responses by modulating activity in subcortical structures such as the striatum and amygdala (Dillon and Pizzagalli 2007; Jentsch and Taylor 1999). Our data indicate that poor WCST performance, a marker of impaired frontal function (Milner 1963), was correlated with greater object interaction in the hBPM, including a strong trend toward a relationship between perseverative errors on the WCST and perseverative object interactions (p=0.05). In addition, a number of studies demonstrate that frontal cortex lesions also induce inappropriate or excessive object interaction activity (Diamond and Goldman-Rakic 1985; Lhermitte 1983; Moll and Kuypers 1977). For example, patients with frontal lobe lesions exhibit an increased tendency to grasp and manipulate objects they are presented in the absence of any instruction or communication from an examiner (Lhermitte 1983). Finally, both MA-dependent and manic BD subjects display a similar pattern of activity in the hBPM, characterized by greater object interaction and perseveration (Perry et al. 2010). Many studies report functional and structural PFC deficits associated with BD that are remarkably comparable to the effects of chronic MA exposure, including reductions in frontal gray matter density, cerebral blood flow, and metabolite levels (Drevets et al. 1997; Lyoo et al. 2004). These findings suggest that hBPM measures of exploratory behavior may reflect inhibitory deficits common to psychiatric illness and chronic drug exposure mediated by shared frontostriatal neuropathology.

Some groups have proposed that drug-seeking behavior is mediated by two primary factors, including both impaired inhibitory control and increased salience of the rewarding effects of the agent, described as the incentive sensitization theory of addiction (Jentsch and Taylor 1999; Robinson and Berridge 1993). Incentive sensitization, putatively mediated by neuroadaptations of the mesolimbic dopamine system (Jentsch and Taylor 1999), involves an increase in the attractiveness or degree of “wanting” associated with repeated exposure to a positive stimulus. While we contend that behavioral responses in the hBPM are driven by impaired inhibitory processes, as supported by neurobiological and neuropsychological findings, the current data does not exclude the possibility that responses to novel objects may be impacted by alterations in their perceived salience in MA-dependent individuals. It is relevant to note that the hBPM paradigm does differ from typical sensitization paradigms in that the novel stimuli are presented only once and they are “neutral” in nature (e.g., not involving or associated with drug administration). Future studies might address this issue more directly by assessing responses to specific MA-associated objects (e.g., drug-specific paraphernalia) that could be placed in the room.

MA-dependent participants in this study did exhibit quite low, but significantly higher total and positive symptom PANSS scores compared to drug-free participants. However, the average total PANSS score in the MA-dependent group was approximately 44, well below the ranges designated as moderate or even mild illness (e.g., above 60) (Leucht et al. 2005). PANSS scores were positively correlated with increased object interaction, suggesting that alterations in inhibition could be related to the emergence of drug-related abnormal perceptions or thoughts, even if such symptoms are not severe enough to merit a diagnosis of MA-induced psychosis.

The current findings do have a number of limitations that warrant discussion. The sample size was relatively small, so additional studies assessing hBPM activity in larger populations would be appropriate to determine if the data are representative of adults with a history of MA dependence. In addition, the MA-dependent group included a greater number of smokers, although the difference between the two groups did not reach significance. Recent studies demonstrate that nicotine exposure and withdrawal may impact inhibitory functioning on measures such as prepulse inhibition and the continuous performance task (Harrison et al. 2009; Rabin et al. 2009); thus, we cannot exclude the
possibility that nicotine use may affect measures in our paradigm. As with many studies that examine the effect of drug use on behavior, it is possible that preexisting conditions may influence our measures. For example, premorbid deficits in executive function or inhibition may increase the probability of engaging in MA use, mediated by PFC abnormalities predating drug exposure. While more frequent MA use in the past year showed a weak association with increased exploration, hBPM activity was not related to other parameters of drug use. These results are not unique, as many other studies have observed a lack of correspondence between MA use parameters and MA-related neuropsychological impairment (Chang et al. 2002; Cherney et al. 2010; Johanson et al. 2006; McCann et al. 1998); such findings may reflect poor self-report or individual variation in vulnerability to MA-induced neurocognitive injury (Cherney et al. 2010). Finally, recent data have suggested that deficits associated with MA exposure may normalize following extended (over 1 year) periods of abstinence (Iudicello et al. 2010). Given that the average length of abstinence in the current sample was 9–10 months, the group differences we observed may diminish after more extended recovery from the drug.

In conclusion, a sample of abstinent MA-dependent individuals exhibited increased interaction with novel stimuli and elevated perseverative responses compared to a drug-free comparison group in a novel open-field paradigm. Utilization of cross-species translational measures such as the hBPM may facilitate more comprehensive assessment of inhibitory deficits associated with drug use, improve validation of concurrent animal models (Young et al. 2010), and enable the development of treatment and intervention methods in substance abuse populations.

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