Problems and puzzles in echinoderm demography

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ABSTRACT

Introduction: There are problems and puzzles in understanding reproduction, growth and mortality in echinoderm life cycles. Objective: Explore problems and puzzles in life cycles that are important and challenging. Methods: The literature is used to elucidate problems associated with all life stages. Results: Sources of larvae that settle at a site are explored using oceanographic modelling and genetic methods. There are few studies that have estimated larval mortality in the plankton under field conditions and results differ from experimental results or patterns of settlement. In a small number of studies, mortality rate of newly settled larvae appears to change rapidly as individuals grow. There are problems measuring size, and measurement bias that interferes with many tagging methods used to estimate growth. There also are problems with the use of natural growth lines and commonly used software to estimate both growth and mortality from size-frequency data. An interesting puzzle is that echinoderms may show negative senescence with mortality rate decreasing with size. There is a problem in fertilization success based on density so there should not be rare species where sexes are separate with free spawning of gametes yet there seem to be rare echinoderms. Conclusions: All parts of echinoderm life cycles provide problems and puzzles that are important and challenging.

Key words: echinoderm; life-cycle; plankton; connectivity; growth, mortality; reproduction.

The following review explores problems and puzzles in the demography of echinoderms in the context of a complete life cycle for species that have planktonic larvae (Fig. 1). This is not intended to be an exhaustive review of literature but rather to show areas of echinoderm biology that are important and require attention and creative approaches. Some echinoderm groups have limited number of publications on particular aspects of life cycles and echinoids by far have the most detailed studies. In part, this is due to their importance both as grazers in near-shore environments and in fisheries. Holothurians also have important fisheries but are very difficult to study because size is difficult to measure and they lack hard parts with natural growth lines. Asteroids also are difficult to study and in general have limited commercial importance other than as pests or as the souvenir trade. Ophiuroids in some habitats have natural lines that can be used to estimate growth but because they lack any commercial value have not benefited from many detailed studies of all parts of life cycles for single species. Finally, crinoids have nearly no detailed studies of their life cycles.

Linkage of sources and sinks: Recognition of linking sources of larvae with sites of settlement is not new (e.g. Thorson, 1961)
but the problem is how to determine the links between sources and sinks and estimate probabilities (Fig. 2). The general framework for such discussions is connectivity (Wing, Gibbs, & Lamare, 2003; Cowen, Gawarkiewicz, Pine-da, Thorrold, & Werner, 2007).

**Ocean currents:** Modelling ocean currents can provide a framework for study and a means of generating hypotheses that need to be tested (Pineda, Hare, & Sponaugle, 2007). An example of this approach is for the echinoid *Loxechinus albus* (Blanco, Ospina-Álvarez, Navarrete, & Fernández, 2019). The simulation presented by these authors used oceanographic data along the coast of Chile together with a reasonable estimate of larval development time for *L. albus*, 20 days. The simulation started with establishing blocks along the coast and seeding these with passive particles and examining the distribution of particles after a simulation run of 20 days. The pattern of particles provides reasonable hypotheses for testing the connectivity of *L. albus* at sites along the coast. How one does this is a major problem.

**Geochemical tags:** Natural geochemical tags have been used for a variety of species to indicate sources of larvae (e.g. Thorrold et al., 2002; Levin, 2006; White, Standish, Thorrold, & Warner, 2008). Use of elemental signatures in calcareous structures to trace the transport of echinoderm larvae, however, may have limited use. Holothurian and asteroid larvae lack calcareous structures. Ophiuroids lose larval spicules during metamorphosis. Echinoids, however, retain remnants of larval spicules at metamorphosis (Gordon, 1926; Emlet, 1985) but these are very small and may be too small for analysis. This has not been explored. A related issue is whether there are elemental differences in echinoid skeletons along a coastline of interest that could be used to identify source areas for larvae. This is a question that could be addressed with current technology using samples from spines that show regenerating tips and internal regions separated by growth interruption lines. Spine tips regenerate rapidly and so represent close to point-samples in time.
(i.e. Ebert, 1967; Heatfield, 1971; Gorzelak, Stolarski, Dubois, Kopp, & Meibom, 2011). Analysis of regenerating spine tips would be a rapid way of discovering whether local elemental signatures might be useful in identifying sources of echinoid larvae that settle.

**Genetic markers**: Genetic measures of connectivity (Hedgecock, Barber, & Edmands, 2007) provide large-scale patterns that show accumulation of differences over many years. All echinoderm classes are represented in such studies: crinoids (Hemery et al., 2012), asteroids (Marcus, 1977; Keever et al., 2009; Yasuda et al., 2012), ophiuroids (Cho & Shank, 2010), holothuroids (Uthicke & Benzie, 2003), and echinoids (Watts, Johnson, & Black, 1990; Miller, Supernault, Li, & Withler, 2006; Casilagan, Juinio-Meñez, & Crandall, 2013).

Connectivity on a finer scale to indicate sources and sinks is less common and may indicate the nature of the problem of addressing the source or sources of larvae that settle at a site. There are studies of the echinoid *Strongylocentrotus purpuratus* in southern California and Mexico that explore genetic patterns. Edmands, Moberg, and Burton (1996) using allozymes found differentiation over short distances could be as great as those seen at larger scales. A lack of genetic pattern in recruits of *S. purpuratus* was reported by Flowers, Schroeter, and Burton (2002) with no indication of reproductive sweepstakes in the sense that for any year some females provided more offspring than others. Settlers on brushes with ages of one or two weeks appeared to have resulted from many females. Changes in the shape of the coastline appeared not to generate patterns at least for species with long generation times so sufficient unusual settlement events can obscure differences (e.g. Olivares-Bañuelos, Enríquez-Paredes, Ladah, & De La Rosa-Vélez, 2008).

Major coastal features can create patterns for some species and indicate that sources and sinks are within particular subregions of overall distribution. The echinoid *Arbacia stellata* was studied along the central coast of Baja California, Mexico, and around up into the middle of the Gulf of California (Olguín-Espinoza, 2003) using allozyme analysis of ten polymorphic loci. Breaks were evident associated with Punta Eugenia and the tip of Baja California (Fig. 3). Further differentiation was evident along the east coast of the peninsula to

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**Fig. 3.** Connectivity of *Arbacia stellata* around Baja California, Mexico based on analysis of ten polymorphic loci. **A.** locations of intertidal study sites. **B.** genetic relationships among populations based on a distance Wagner tree rooted at the midpoint of the longest path; there are breaks associated with coastline features: Punta Eugenia and Cabo San Lucas; distance is important within the Gulf of California (after Olguín-Espinoza, 2003).
Bahía de los Angeles. The differentiation may indicate restrictions to gene flow and so aid in understanding the connectivity of sources and sinks. Generation times may be very short for Arbacia species based on rapid growth and size structure (Olguín-Espinoza, 2003; Barrera, 2018) and short generation times would promote differentiation.

The problem of connectivity using genetic methods is difficult and made more so with echinoderm species that have mixed reproduction methods such the holothurian Stichopus chloronotus (Uthicke, Benzie, & Ballment, 1999; Soliman, Takama, Fernandez-Silva, & Reimer, 2016; Pirog et al., 2017).

Understanding the connectivity of echinoderms and other marine species becomes very important in the development of marine reserves and fishing regulations. If larvae are mixed from many sites as indicated by Flowers et al. (2003) importance for maintaining a species may depend very little on particular marine reserves and more on the overall stock density. On the other hand, species that have short generation times and high dispersal may benefit from both site selection and size of reserves. Connecting populations may continue to be best done using a combination of genetics and oceanographic models as suggested by Hedgecock et al. (2007) with a focus on following cohorts, which is not an easy problem to solve.

Mortality in the plankton: A major problem in the plankton studies is the estimation of mortality. It is generally agreed that loss in the plankton must be very high given the large number of eggs produced per female and the number of new individuals age-one that appear in benthic populations. But what are the mortality values? Two studies in particular have estimates of planktonic mortality rates under field conditions. Rumrill (1987) sampled plankton in an arm of Barkley Sound, Vancouver Island, British Columbia, Canada, and estimated densities of early developmental stages of the echinoids Strongylcentrotus droebachiensis and S. purpuratus on a daily basis during spawning episodes. The rate of decline from peak density was used to estimate daily mortality. A similar approach was used by Lamare and Barker (1999) to estimate daily mortality of the echinoid Evechinus chloroticus larvae in Doubtful Sound, South Island, New Zealand.

An experimental approach to larval mortality focused on just the role of predation (Johnson & Shanks, 2003). In experimental chambers, daily losses due to predation could be very low and approaching zero. A different approach to estimating larval mortality is given by analyzing the consequences of larval cloning where persistence in the plankton during development would require low rates of mortality (Ebert & Janies, 2020). Comparison of different estimates (Table 1) shows the wide divergence of estimates.

An additional complication to survival in the plankton is provided by settlement of S. purpuratus larvae on brushes in southern California. Gonads increase in mass during summer and fall with a drop indicating spawning (e.g. Basch & Tegner, 2007). Ocean circulation is complex south of Point Conception. The Channel Islands provide conditions favorable to formation of eddies and gyres in the Santa Barbara Channel (e.g. Harms & Winant, 1998) that may hold larvae near shore and increase the settlement season. Larval retention in the Santa Barbara Channel may be the explanation for the striking difference between settlement at Scripps Institution of Oceanography and Gaviota (Fig. 4). A short period of spawning and a long period of settlement means that survival in the plankton may be much better than indicated by the work of Rumrill (1987) and Lamare and Barker (1999). We still have a very poor understanding of survival and sources of mortality in the plankton.

Post-settlement growth and mortality: There are few studies of post-settlement growth and survival of echinoderms under field conditions. Rowley (1990) followed cohorts of newly-settled S. purpuratus at Naples Reef near Santa Barbara, California. Based on his Figure 7, mortality, M day⁻¹, was 0.034 in barrens and 0.060 in a kelp bed. Growth between
habitat types also was different with early post-settlement growth faster on barrens for the first 50 days (0.42 mm month$^{-1}$ vs. 0.31 mm month$^{-1}$). After 50 days and sizes of 0.8-1.2 mm, feeding begins on pieces of algae and growth becomes much faster in the kelp bed so by the end of a year, age-one sea urchins feeding on algae had an estimated diameter of 1.7 cm whereas they attained only 0.36 cm living on the barrens area. Early mortality of the asteroid *Acanthaster planci* (Keesing, Halford, & Hall, 2018) was estimated as 6.5 and 7.8 % d$^{-1}$ for 1.0 and 1.6 mm individuals, decreasing with size to 1.2 % d$^{-1}$ (2.7 mm) and 0.45 % d$^{-1}$ (5.5 mm). The rapid changes in mortality with small increases in size differ from the more constant rates observed by Rowley (1990) for *S. purpuratus*. Studies of newly settled echinoderms are rare and have emphasized the role of small predators and so differences between the work on *Strongylocentrotus* and *Acanthaster* may reflect different predators or other factors. Clearly, more field studies of newly-settled echinoderms are needed.

### Growth and survival
Past early growth and survival there are general problems of estimating growth, which lead to problems

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**TABLE 1**

Estimates of mortality (M) of echinoderm larvae in the plankton; Johnson and Shanks (2003) measured losses in replicated chambers due to predation over one-day periods; Ebert and Janies (2020) are calculations based on the assumption that a population of larvae could be sustained in the plankton by budding only with development time of 25 days.

| Species                  | Location                      | days | M day$^{-1}$ | Reference                  |
|--------------------------|-------------------------------|------|--------------|----------------------------|
| *Evechinus chloroticus*  | Doubtful Sound, South Is., New Zealand | 14   | 0.171        | Lamare & Barker, 1999      |
| *Evechinus chloroticus*  | Doubtful Sound, South Is., New Zealand | 17   | 0.242        | Lamare & Barker, 1999      |
| *Evechinus chloroticus*  | Doubtful Sound, South Is., New Zealand | 30   | 0.209        | Lamare & Barker, 1999      |
| *Evechinus chloroticus*  | Doubtful Sound, South Is., New Zealand | 10   | 1            | Lamare & Barker, 1999      |
| *Strongylocentrotus droebachiensis* | Barkley Sound, Vancouver Is., Canada | 13   | 0.156        | Rumrill, 1987, 1990        |
| *Strongylocentrotus droebachiensis* | Barkley Sound, Vancouver Is., Canada | 17   | 0.063        | Rumrill, 1987, 1990        |
| *Strongylocentrotus purpuratus* | Barkley Sound, Vancouver Is., Canada | 11   | 0.266        | Rumrill, 1987, 1990        |
| *Dendraster excentricus* | Coos Bay, OR, & Friday Harbor, WA, USA | 1    | 0.001        | Johnson & Shanks, 2003     |
| *Oreaster sp. with one bud* | Gulf Stream-Florida Current | 25   | 0.028        | Ebert & Janies, 2020       |
| *Oreaster sp. with two buds* | Gulf Stream-Florida Current | 25   | 0.044        | Ebert & Janies, 2020       |
of estimating mortality. The first problem is measuring size. For some echinoderms the problem is obvious: holothurians are very difficult to measure. Both length and weight are subject to changes in size of individuals in response to being handled or their resting state. For example, Herrero-Pérezruzl, Reyes-Bonilha, García-Domínguez and Cintra-Buenrostro (1999) working with the holothurian *Isostichopus fuscus* measured length underwater with a tape to avoid disturbing the sea cucumbers and then brought individuals to the surface to determine weight. They found a positive allometric relationship between length and weight but with a wide spread of data points so individuals that were 20 cm long weighed between 100 and 500 g. *Isostichopus fuscus* that measured 30 cm long weighed between 300 and 800 g. Measuring size of holothurians is difficult and it is not clear whether length is a more consistent measure than weight or whether contracted length is better than relaxed length. Inter-radial ossicle width is related to contracted body length in Holothuria (*Halodeima*) *atra* (Ebert, 2010). An inter-radial ossicle 4 mm wide can be associated with a length of 6 to 22 cm. A further complication of the relationship is due to asexual reproduction by fission that will result in large ossicles in short sea cucumbers or very small ossicles in the regenerating posterior segment.

Although measuring sea urchins seems simple, the presence of spines and associated tubercles can lead to size-specific biases. For example, red sea urchins, *Mesocentrotus franciscanus*, from San Nicolas Island, California, were measured live and individuals were again measured following cleaning in 5 % sodium hypochlorite bleach. The difference between cleaned and live plotted against diameter measured live (Fig. 5) shows that there is substantial measurement bias so a sea urchin that was measured with a diameter of 9 cm, when measured following cleaning may have been only 8.3 cm but also may have been very close to 8.3 cm when measured wet. The important point is that there is bias in measurement and the level of bias can exceed the amount to growth over a period of study such as a year or longer. The implication is that any tagging method that uses external tags such as Floy or dart tags or internal tags like PIT or coded wire will produce flawed growth curves that will tend to have an estimated maximum size much smaller than actual growth.

Natural growth lines have been used to estimate age for many echinoderm species: ophiuroids (Gage, 1990; Dahm, 1996; Quiroga & Sellanes, 2009), echinoids (Deutler, 1926; Moore, 1935; Nichols, Sime, & Bishop, 1985; Cabanac & Himmelman, 1996; Ourénś, Flores, Fernández, & Freire, 2013), and holothuroids (Sun, Hamel, Gianasi, & Mercier, 2019). There are several problems with using natural lines. The first is the dependence on worker variation in what lines are counted. For example, two studies of the sand dollar *Echinarchniius parma* (Cocanour, 1969; Cabanac

Fig 5. Bias in measurement of *Mesocentrotus franciscanus* collected in 1990 at San Nicolas Island, California (Ebert & Russell, 1992); sea urchins were measured live (wet) and again following cleaning with sodium hypochlorite that removes spines. A. measurements by M.P. Russell. B. measurements by T.A. Ebert; the trend is there is a greater probability that large sea urchins will have greater bias in wet measurements.
& Himmelman, 1996) show differences in the estimates of age and growth (Fig. 6) that are the result of what lines are classed as annual. A second problem is found in old individuals that are growing so slowly that annual lines cannot be resolved. This problem usually is not addressed and the result is that age of large individuals is seriously underestimated and hence a growth model that is selected may be flawed and estimates of mortality underestimated. Some authors, however, have recognized and commented on the problem (Brey, Pearse, Basch, McClintock, & Slattery, 1995; Shelton, Woodby, Hebert, & Witman, 2006). Validation of lines with tetracycline show clear support for annual growth of small and medium sized sea urchins but tetracycline lines can be so close to the edge of small ossicles of large individuals that they have been considered to be errors (Ouréns et al., 2013).

**Mortality estimation:** Estimating mortality is difficult and usually is done using a combination of growth and size. A general approach is to use a lengthconverted catch curve where growth parameters are used to change size-frequency into age-frequency. The decline in age-categories are used to estimate mortality. Common programs for doing this are FISAT II, ELEFAN in R, and TropFishR. These methods use the von Bertalanffy growth model and so have an asymptotic size, S∞, which has problems associated with estimation (Schwamborn, 2018). The problem can be illustrated using data from tagged *Echinometra mathaei* when the von Bertalanffy model is used. When von Bertalanffy growth parameters were estimated from tagging, asymptotic size was estimated to be at the mode of large sea urchins (Fig. 7). To estimate mortality, growth has to be known for individuals on the descending limb of the size-frequency distribution, which is not possible with the parameters determined using von Bertalanffy growth. A solution is to estimate a different maximum size and this is done using the Powell-Wetherall plot method (Powell, 1979; Wetherall, 1986). With a larger asymptotic size, a new value for the parameter K can be determined by drawing a line through the mean of the growth data, the dashed line in Figure 7. The new growth parameters can now be used to estimate annual mortality, M, using a length-converted catch curve. The estimate of M is 0.146 yr⁻¹, which is the same, 0.145 yr⁻¹, as determined using the Richards function and combining the size data from 1976 and 1977 (Ebert, 1982). These estimates are similar to the means of 1976 and 1977 estimated using means of size data and different growth models (Ebert, 2013): 0.136 yr⁻¹ for von Bertalanffy and 0.141 yr⁻¹ using the Tanaka model. The von Bertalanffy growth parameters derived using the Powell-Wetherall method are poor compared with the actual tagging data. The estimates of annual mortality, however, are not unreasonable. This is interesting and deserves

Fig. 6. Number of growth lines counted in the sand dollar, *Echinarchnium parma*, showing the difference between counts by different workers. A. Cocanour (1969). B. Cabanac and Himmelman (1996); the consequence of differences results in different estimates of size at age and different growth models that would be appropriate.
additional exploration using different growth models with the length-converted catch curve.

**Senescence:** The model used to describe adult mortality, M, is the simple decaying exponential:

\[ N_t = N_0 e^{-Mt} \]

This equation is used because information is lacking to require a more complicated model that would include changes in mortality rate with age or size; M is a constant. A consequence of having a constant mortality rate regardless of age or size is that there is no senescence or negligible senescence (Finch, 1990). A question is whether echinoderms show changes in mortality with age or size and there is evidence that they do. Survival rate may actually improve rather than decline with age. Vaupel, Baudisch, Dölling, Roach, and Gampe (2004) coined the term negative senescence and proposed that candidates should have indeterminate growth, begin reproduction early in life and then continue to reproduce for as long as they live. Data for echinoderms to test the presence of these characteristics are few. Three sea urchin species have sufficient data that show changes in size-specific reproduction, growth, and mortality (Ebert, 2019). An example, *S. purpuratus*, shows indeterminate growth, increased reproductive output with size, and decreased mortality with size (Fig. 8). It is unknown how common this pattern might be for other echinoderms. Problems include demonstrating indeterminate growth, which requires using a method that can measure very small growth increments, which as indicated above probably must be done using chemical tagging of all sizes. Size-specific reproduction requires gonad changes for all sizes and analysis done with raw data rather than using restricted sizes. Changes in mortality can be estimated using the method of Van Sickle (1977) but there may be problems that need exploration such as how variance in size changes with time and how this might impact the estimate of mortality. Determining whether negative senescence is common in echinoderms is challenging.

**Rarity and fertilization success:** Can echinoderm species with separate sexes and a planktonic stage, also be rare? Collections at a location may contain species that are uncommon or rare but merely reflect local conditions such as shown by ophiuroids collected under intertidal rocks at False Point, La Jolla, California (Muscat, 1975). Not all of the species in Table 2 have planktonic larvae. Both, the ophiuroids *Ophioplocus esmarki* and *Amphiopholis squamata* are brooders and *Ophiactis simplex* has mixed reproduction that includes fission. Also, the intertidal under rock habitat is not preferred by some species. For example,
Ophiothrix (Ophiothrix) spiculata is very abundant subtidally and O. simplex is abundant in sponges so being uncommon or rare can just result from sampling in marginal habitats. What remains is Ophiocnida hispida. Is it rare or just not sampled in a preferred habitat? Little is known about O. hispida. Austin & Hadfield (1980) simply say that it occurs in the intertidal of southern California. It is present farther south (Granja-Fernández et al., 2014) but few specimens were collected in survey. Little is known about the biology of O. hispida but it probably has separate sexes with free spawning of gametes. These are traits that Vermeij & Grosberg (2018) argue are not compatible with persistence because of problems of fertilization when individuals are widely spaced.

The newly discovered asteroid Oreaster (Janies et al., 2019) appears to be rare as a benthic stage but it is possible that population maintenance is through budding in the plankton as indicated above. Rarity is a problem and a usual conjecture is that the species may be much more common in some place that has yet to be discovered. Problems with fertilization can be related to rates of adult mortality. If mortality rates are low then low rates of fertilization can be compensated for by having many spawning events over a lifetime. Most years may be unsuccessful but occasionally successful fertilization occurs. Mortality rates are the result of mechanisms that promote life and hence under forces of selection. Problems with fertilization close the life-cycle (Fig. 1) started at the beginning of this manuscript.

**Conclusion:** Work is needed for all echinoderm groups to resolve problems and puzzles to understand growth and survival at all life stages from connectivity across geographic regions through processes in the plankton, early post-settlement growth and mortality,

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**Table 2**

| Species                        | Total |
|--------------------------------|-------|
| Ophionereis annulata           | 2513  |
| Ophioplocus esmarki            | 2401  |
| Amphipholis squamata           | 618   |
| Ophiothrix (Ophiothrix) rudis   | 545   |
| Ophioderma panamense           | 209   |
| Ophiopteris papillosa          | 101   |
| Ophiothrix (Ophiothrix) spiculata | 61    |
| Ophiactis simplex              | 8     |
| Ophiocnida hispida             | 2     |

**Fig. 8.** Strongylocentrotus purpuratus growth (A. Sunset Bay, Oregon); maximum and minimum gonad sizes (B. Sunset Bay and Gregory Point Oregon); size structure and annual size-specific mortality rate, M, (C. Sunset Bay 1964-2009); S. purpuratus has indeterminate growth, no reduction of game production with size (age) and shows decreasing mortality, M yr-1, with size; these are attributes of negative senescence.

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problemas con medidas de tamaño y determinación de patrones de crecimiento y mortalidad, cambios en mortalidad con la edad o el tamaño que pueden indicar una senescencia negativa, y problemas de rareza. Todos estos problemas están interrelacionados en el ciclo de vida completo.

**Ethical statement**: Los autores declaran que todos se encuentran de acuerdo con la publicación y hechos significativos; que no existen conflictos de interés de ningún tipo; y que todos los autores acuerdan con esta publicación y la han hecho.

**Palabras clave**: equinodermos; ciclo de vida; plancton; Strongylocentrotus purpuratus.

**RESUMEN**

**Problemas y acertijos en la demografía de los equinodermos**

**Introducción**: Existen problemas y acertijos en la comprensión de la reproducción, crecimiento y mortalidad en los ciclos de vida de los equinodermos. **Objetivo**: Explorar los problemas y acertijos en los ciclos de vida que son importantes y desafiantes. **Métodos**: La literatura es usada para dilucidar los problemas asociados con todas las etapas de vida. **Resultados**: Las fuentes de larvas que se asientan en un sitio se exploran usando modelos oceánicos y métodos genéticos. Existen pocos estudios que son de interés y desafiantes.

**Conclusiones**: Todas las partes de los ciclos de vida de los equinodermos provienen problemas y acertijos que son importantes y desafiantes.

**Palabras clave**: equinodermos; ciclo de vida; plancton; conectividad; crecimiento; mortalidad; reproducción.

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