Blunted IL17/IL22 and Pro-Inflammatory Cytokine Responses in the Genital Tract and Blood of HIV-Exposed, Seronegative Female Sex Workers in Kenya

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Abstract

Background: Identifying the immune correlates of reduced susceptibility to HIV remains a key goal for the HIV vaccine field, and individuals who are HIV-exposed, seronegative (HESN) may offer important clues. Reduced systemic immune activation has been described in HESN individuals. Conversely, pro-inflammatory T cell subsets, particularly CD4+ T cells producing the cytokine IL17 (Th17 cells), may represent a highly susceptible target for HIV infection after sexual exposure. Therefore, we characterized the cellular pro-inflammatory and IL17/IL22 cytokine immune milieu in the genital mucosa and blood of HESN female sex workers (FSWs).

Methods and Results: Blinded lab personnel characterized basal and mitogen-induced gene and cytokine immune responses in the cervix and blood of HESN FSWs (n = 116) and non-FSW controls (n = 17) using qPCR and ELISA. IL17 and IL22 production was significantly reduced in both the cervix and blood of HESNs, both in resting cells and after mitogen stimulation. In addition, HESN participants demonstrated blunted production of both pro-inflammatory cytokines and β-chemokines.

Discussion and Conclusions: We conclude that HIV exposure without infection was associated with blunted IL17/IL22 and pro-inflammatory responses, both systemically and at the site of mucosal HIV exposure. It will be important for further studies to examine the causal nature of the association and to define the cell subsets responsible for these differences.

Introduction

Human immunodeficiency virus (HIV) currently infects over 33 million people globally [1], and women are disproportionately affected [1,2]. While most infected women acquire HIV across the cervical or vaginal mucosa during sex [2], HIV transmission is surprisingly inefficient with an overall risk per coital act of much less than 1% [3]. Nonetheless, there is heterogeneity in susceptibility, and the immune milieu of the female genital tract may be an important determinant of exposure outcome [4]. Individuals who have been HIV exposed but remain seronegative (HESN) have been described in multiple settings and include female sex workers (FSWs) from HIV endemic countries, partners within HIV serodiscordant couples and some men who have sex with men [5]. Understanding the immune correlates of HIV protection in HESN individuals may inform protective vaccine and microbicide design.

Previous studies have begun to elucidate the immune correlates of protection against HIV in HESN individuals. Some individuals manifest virus-specific CD4+ and CD8+ T cell responses, although it is not clear whether these responses are causally protective (reviewed in [6]). More recently, HESN individuals have been shown to demonstrate reduced basal T cell activation in the blood compartment [7,8,9,10] while dampened immune activation in vivo has been correlated with reduced cellular susceptibility to HIV infection in culture [9]. Since HIV preferentially replicates in activated CD4+ lymphocytes [11], this relative immune quiescence may decrease the mucosal availability of activated CD4+ T cell targets, making it less likely that sexual HIV exposure will result in productive infection [7,10,12]. Indeed, macaque models show that blocking early mucosal inflammation and the recruitment of activated target cells to the genital mucosa was associated with protection from repeated SIV challenge in vivo [13]. These findings suggest that a ‘critical mass’ of activated HIV
target cells and/or inflammation at the genital mucosa may be required for productive HIV infection [14]. However, it is not known whether immune quiescence extends to genital mucosa, the site of initial HIV-target cell interaction.

The specific CD4+ T cell subsets present at the mucosal site of HIV exposure may also play a role in susceptibility [15]. IL17 producing CD4+ T cells (Th17) cells are important in coordinating mucosal anti-microbial immune responses [16]. However, many [17,18,19], but not all [20] studies have found that Th17 cells may be preferentially infected by HIV, perhaps because they are activated and terminally differentiated cells that express high levels of CCR5 and 7R [19,21,22]. IL22 producing CD4+ T cells (Th22 cells) are involved in the maintenance of mucosal integrity and may assist Th17 cells in maintaining antimicrobial immune function [23], but also express high levels of HIV coreceptors and may be preferentially depleted from mucosal sites during HIV infection [19,24].

It is possible that mucosal HIV acquisition after sexual exposure may be enhanced by an increased number/proportion of mucosal Th17 and Th22 cells and/or mucosal T cell immune activation [12,18,19,24]. Conversely, their decrease may serve as a correlate of immune protection against HIV infection. To evaluate this hypothesis, we examined the genital mucosal immune responses in cervical and blood mononuclear cells within a HESN FSWs cohort in the Majengo Nairobi area of Kenya. Here, we report that HESN FSWs co-infected with N. gonorrhoeae and C. trachomatis.

Methods

Ethics Statement

All participants provided written informed consent, and study protocols were reviewed and approved by the Research Ethics Boards at the Kenyatta National Hospital, Kenya and the Universities of Manitoba and Toronto, Canada.

Study Population and Diagnostics

HIV negative FSWs were enrolled from a dedicated sex worker cohort in the Majengo Nairobi area of Kenya. Non-pregnant women with no history of commercial sex work (low-risk controls; LRC), were recruited from the nearby Pumwani Mother-Child Maternity Clinic, where their children obtained routine care. All women were confirmed to be HIV-uninfected using both serology and an optimized sensitive PCR assay specific for env, nef and vif HIV-1 provirus genes adapted to detect African clades [25,26]. Herpes simplex type 2 serology was performed using the Kalon IgG enzyme linked immunosorbent assay (ELISA) [Kalon Biological]. T vaginalis culture was performed (In Pouch TV (Biomed Diagnostics), a gram stain was performed, and blood was tested for syphilis serology (rapid plasma reagent; RPR). Bacterial vaginosis was defined as a Nugent score of 7–10 on the Gram stain [27], and candidiasis was defined as the presence of fungal hyphae. No diagnostics were performed for N. gonorrhoeae or C. trachomatis. Blood samples and cervical cytobrush specimens were obtained from women who were not actively menstruating, and a behavioural questionnaire was completed.

Specimen Collection and in vitro Stimulation

Specimen collection and processing was performed as previously described [28,29]. Briefly, cervical samples were obtained by first scraping the external cervical os using a plastic cell scraper (Benzi Jinshuo Applicator Co) and a cervical histobrush (Histobrush Spectrum Lab) was then inserted into the cervical os and rotated through 360°. A mini-cervical lavage was then performed using 1 ml PBS to collect loosened cells. Then the scraper, swab and mini-lavage cervical samples were combined into a 50 ml sample collection tube containing 10 ml of PBS and transported to the laboratory on ice within 3 hours. Blood was collected by venipuncture into heparin Vacutainer tubes (BD Bioscience). Peripheral blood mononuclear cells (PBMC) and cervical mononuclear cells (CMCs) were isolated by density gradient centrifugation and resuspended in RPMI 1640 media with 10% heat inactivated fetal bovine serum, 1% Penicillin and 1% streptomycin (R10; FBS; Sigma). CMC and PBMC enumeration and viability were assessed by trypan blue exclusion.

PBMCs (1 x 10^5) or all available CMCs were incubated for 6 hours left in culture R10 medium alone (negative control) or

| mRNA Target | Forward Primer Sequences 5’→3’ | Reverse Primer Sequences 3’→5’ |
|-------------|---------------------------------|-------------------------------|
| β-Actin     | TCCCTGGCATCCTAAGGCCACC          | CTGCGGCTATTCTCCTTAGAGAGAG    |
| GAPDH       | TGGACCTGACCTGCGCTCA             | CTCGTTGCTGAGCAATTCC          |
| IFNγ        | AGGGAAGGGAAGAGGTCA              | GGAACACATTACTGGGATGCT        |
| IL6         | CTCGCCGTGAGGACAGACT             | AAAATTAAATATGAGCTAAGCGT      |
| IL17        | CATGAACCTGTGCCCTATCC           | CCCACGGACACCAGTATCC          |
| IL22        | TGGACATTGCCAGAGCAAAAG          | AGTGGCCTCCACCTTCCC          |

**Table 1.** Primer sequences for SYBR green real-time PCR.

**Table 2.** Summary of enrolled study participants.

| Variables                  | HESN* sex workers | Low-risk controls | p   |
|----------------------------|-------------------|-------------------|-----|
| Demographic variables      |                   |                   |     |
| Age (range)                | 39 (23–64)        | 43 (32–51)        | 0.227 |
| Menopause (%)              | 9/101 (8%)        | 2/16 (11%)        | 0.681 |
| Clinical variables         |                   |                   |     |
| Genital infections/abnormalities: |             |                   |     |
| Genital herpes (%)         | 80/103 (78%)      | 12/17 (70%)       | 0.313 |
| Syphilis (%)               | 3/104 (3%)        | 0/7 (0%)          | 0.36 |
| Trichomonas (%)            | 0/114 (0%)        | 0/17 (0%)         | 1    |
| Bacterial vaginosis (%)    | 21/116 (18%)      | 1/17 (6%)         | 0.181 |
| Candidiasis infection (%)  | 27/116 (23%)      | 3/17 (18%)        | 0.531 |

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Glyceraldehyde-3-phosphate dehydrogenase (GAPDH); Interferon Gamma (IFNγ); Interleukin 6 (IL6); Interleukin 17a (IL17); Interleukin 22 (IL22).

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stimulated with staphylococcal enterotoxin B superantigen (SEB; Sigma) at 3.0 µg/ml at 37°C in 5% CO2. SEB was used as a positive mitogen control to induce IL17, IL22 and other pro-inflammatory cytokine expression and production, similar to other studies [30,31,32,33]. A 6-hour incubation was selected to maximize both protein and RNA yield for targeted immune outputs [34]. After incubation, cell pellets and supernatants were harvested by centrifugation at 10,000 rpm for 5 minutes and cell pellets placed in RNALater solution (Ambion). Both cell pellets and culture supernatants were cryopreserved at −80°C, and were later thawed for quantification of mRNA and protein.

qPCR and mRNA Quantification

An optimized quantitative real-time PCR (qPCR) assay was used to quantify mRNA as previously described [34]. Briefly, RNA was extracted from cell pellets and genomic DNA was eliminated using the Qiagen RNAeasy Plus Kit (Qiagen) as per manufacturer’s instructions. Complementary DNA (cDNA) was created by adding 10 ng of RNA to the reverse transcription master mix and reverse-transcribed using the Superscript III Kit (Invitrogen) as per manufacturer’s instructions. Genomic DNA (gDNA) standards were isolated from purified placentale tissue and used as a universal standard over a 7–log (36 ng–0.4 ng) dilution range to calculate relative gene expression levels [34,35]. Single intra-exon gene-specific primers were generated using Primer Express Software™ (Perkin Elmer Applied Biosystems) or OligoPerfect™ (Invitrogen). Due to recovery of a limited amount of lymphocytes, within cervical cytobrush samples [34], we limited the amount of genes examined via our qPCR assay to only IL17a (IL17), IL6, IL10, MCP-1, IFNγ, RANTES, MIP1α, MIP1β, SDF-1β, IL8) or using a stand-alone ELISA (Platinum™ ELISA, c-Biosciences, IL17a, IL6, IL22) as per manufacturer’s instructions. ELISA assays required relatively little sample volume input and were multiplexed by design, which afforded us the ability to examine a relatively broader range of immune parameters using this output. All samples were run in duplicate. Unknown values were analysed using the 4PL standard curve fit model through Searchlight Array Analyst software™ (Aushon Biosystems). Cytokine levels in the media control (background) from each participant were subtracted from all presented HIV pool and SEB specific cytokine levels. In our ELISA standard curves, the following criterion was used to report all unknown value data; software reported readings falling below the lowest standard were reported as 0, and if reported as ‘undetectable’, a ‘zero’ value was inputted, while no extrapolated values were reported beyond the top known standard. For data analysis purposes, values exceeding the upper standard were reported as the upper limit of detection plus an arbitrary 1 pg/ml.

Statistical Analysis

Non-parametric Mann-Whitney U, Pearson χ² test and Wilcoxon Signed Ranks statistical analyses were performed using SPSS Version 18.0 software (SPSS Inc.). The number of unprotected sexual HIV exposures over the past year was estimated based on the number and reported condom use with each client group (casual clients, repeat clients and regular partners), assuming an HIV prevalence in male clients of 20% and a condom failure rate of 2%.

Results

Study Participants

A total of 116 HIV-uninfected FSWs (HESN FSWs) were recruited from a dedicated female sex worker clinic in Majengo, Nairobi, and 17 lower risk women with no prior history of commercial sex work were recruited from a paediatrics clinic affiliated with the Pumwani Maternity Hospital, Nairobi (low-risk controls; LRC). Age, menopause and the prevalence of genital infections were similar between controls and HESN FSWs (Table 2). Median cervical mononuclear cell (CMC) number was 1.2 × 10⁵ (range 0–4.38 × 10⁵) in the HESN FSW group and 2.5 × 10⁵ (range 0–2.22 × 10⁶) in the control group. FSW participants had been engaged in commercial sex work for a median of 9 years (range 1–30), and reported a median of 21 casual clients

Table 3. Summary of condom use in enrolled female sex workers.

| Self-reported condom use | Casual clients* | Repeat clients* | Regular client/boyfriend* |
|--------------------------|-----------------|-----------------|--------------------------|
| Never (0%)               | 0/100 (0%)      | 0/88 (0%)       | 46/67 (68%)              |
| Some (<50%)              | 1/111 (<1%)     | 1/88 (<1%)      | 2/67 (3%)                |
| Most (>50%)              | 9/111 (89%)     | 86/88 (96%)     | 14/67 (21%)              |

*Data was not available for all 116 enrolled sex workers. Respondent numbers are shown for each variable.

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per week (range 3–160). Self-reported condom use by FSWs was high with casual clients (98%) and repeat clients (98%), but much lower with boyfriends/regular partners (21%; Table 3). FSW had a median of 30 (range 4–168) estimated unprotected sexual HIV exposures over the past year. The HIV status of FSW male clients was not available.

Cytokine Production by Blood Lymphocytes in HESN Female Sex Workers

In unstimulated (media incubated) PBMC, the most striking difference between HESN and controls was a reduced production of IL17 (p = 0.009) and IL22 (p < 0.001) in the HESN group (Figure 1a). In addition, HESNs also manifested a substantial and
consistent reduction in the basal production of pro-inflammatory cytokines, including IFNγ (p = 0.002), IL8 (p = 0.006), SDF-1β (p = 0.043), MIP-1β (p < 0.001) and RANTES (p < 0.001) (Figure 1a; Table 4). After short-term incubation with the mitogen SEB, HESN participants still demonstrated a much lower production of the cytokines IL17 and IL22 in blood lymphocytes (IL17, p < 0.001; IL22, < 0.001), Figure 1b), but no difference was now apparent for other pro-inflammatory cytokines or chemokines (Table 4). Overall, the production of IL17 and IL22 was substantially reduced in HESN FSW, both in unstimulated PBMC and after incubation with the mitogen SEB, and basal production of other pro-inflammatory cytokines was also blunted. There was no association between cytokine responses in blood and either the duration of prior sex work, the number of weekly clients or the calculated number of HIV exposures over the past year (data not shown).

Since HIV acquisition generally occurs in high-risk FSWs after sexual exposure at the level of the genital mucosa, similar assays were attempted using cervical mononuclear cells. However, cytokine and chemokine protein levels in CMC supernatants consistently fell below the level of ELISA detection (~1 pg/ml), likely due to both the low recovery of mucosal cell numbers obtained from cervical cytobrush sampling [34], as well as the relatively low enrichment of mononuclear lymphocytes within such samples [36].

### Immune Gene Expression in the Blood and Cervix of HESN Female Sex Workers

Generally, qPCR assays offer high sensitivity and in theory could amplify low signals resultant from low cellular input to levels sufficient for relative quantitation [37,38]. Therefore, we also used a qPCR platform to examine Th17/Th22 associated cytokine responses in the cervix (IL17 and IL22), as well as to confirm our prior ELISA findings regarding reduced pro-inflammatory cytokine production in blood lymphocytes (two cytokines; IL6, IFNγ). In unstimulated CMC there was no difference in IL17 or IL22 gene expression between HESN and control women (Table 5), although IL6 expression was slightly reduced in the former group (p = 0.049; Figure 2a). However, after incubation with the SEB, HESN cervical cells demonstrated substantial and consistently reduced induction of IL17 (p = 0.008) and IL22 (p = 0.002), as well as of the other pro-inflammatory genes (both IFNγ and IL6; each p ≤ 0.028; Figure 2b; Table 5).

Gene expression in the blood followed a similar pattern, with significantly reduced expression of IL22 (p = 0.046) and IL6 (p = 0.004) in unstimulated PBMC from HESN FSWs, but no difference in IL17 (p = 0.661) expression (Figure 2a; Table 6). Following SEB (mitogen) stimulation there was again a relatively reduced expression of IL22 in HESN PBMC (p = 0.021), and a weak trend to reduced IL17 expression (p = 0.138; Figure 2b; Table 6). No association was seen between cervical immune gene responses and either the duration of prior sex work, the number of weekly clients or the calculated number of unprotected HIV sexual exposures over the past year (data not shown). Overall, the qPCR platform confirmed the initial ELISA results, and for the first time expanded these observations to demonstrate blunted IL22 responses and a weak trend towards reduced IL17 production in the cervix of HESN FSWs. In contrast to blood, the reduction in cervical cytokine responses was most apparent in HESNs following mitogen stimulation (rather than in resting cells).

### Discussion

Defining the immune correlates of reduced HIV susceptibility is a key goal for the HIV vaccine field. In this relatively large cohort study, HESN FSWs demonstrated a substantially reduced production of pro-inflammatory and Th17/Th22-type cytokines in both the genital tract and blood compartments, with the blunting of these immune responses most apparent in the cervix after mitogen stimulation. While previous reports have described reduced immune activation in unstimulated blood lymphocytes from HESN individuals [7,8,9,10,39] and more recently in cervical secretions [40], our current study extends these observations in two important ways. First, we broaden the range of immune responses involved in the ‘immune quiescence’ model of HIV immune protection to include the induction of the classical Th17/Th22 cytokines. Secondly, we are the first to demonstrate that functional immune responses are also quiescent in the genital mucosa, which is the putative site of most HIV acquisition in female sex workers. This is important since increased levels of genital pro-inflammatory cytokines [41] and innate immune
Figure 2. Decreased Th17 and pro-inflammatory cytokine gene expression in the HESN cervix and blood. Figure shows immune gene expression in mononuclear cells from both blood (PBMC) and cervix (CMC) in study participants that were either (a) incubated in culture medium alone (unstimulated), or (b) after SEB mitogen stimulation. A qPCR assay was used to determine mRNA induction of IL17, IL22, IFNγ, and IL6 genes. Box and whisker plots with whiskers covering the 95-5 percentiles, with horizontal lines representing the median.
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factors [42] have been associated with increased HIV acquisition in women from sub-Saharan Africa. The reduced production/induction of IL17 and IL22 in both the blood and genital tract of HESN participants might be causally related to HIV exposure without infection, since both Th17 and Th22 cell subsets are enriched at mucosal sites and may be particularly HIV susceptible [12,19,43,44,45] (although not all studies have found this [20]). Th17 (CCR4+CCR6+) cells have been shown to harbour higher HIV proviral levels than other CD4 subsets ex vivo [46], and blocking of MIP3a, the natural CCR6 ligand, can protect macaques from repeated SIV challenge in situ [13]. Additionally, Th17 cells express elevated levels of the surface marker TRAIL [47] and preferentially bind HIV gp120 envelope [19], express increased levels of the HIV entry co-receptor CCR5 [18,19], and produce lower levels of CCR5 binding β-chemokines [18] potentially increasing their susceptibility to HIV infection. Interestingly, the pro-inflammatory cytokine IL6 is a critical cofactor in the development of Th17 cells [47], and was also reduced in both the blood and genital tract of HESN participants.

Table 5. Summary of immune gene induction in cervical cells from enrolled participants.

| Immune readout (qPCR) | HESN cells in R10 media alone (median) | LRC cells in R10 media alone (median) | P | HESN cells after SEB stimulation (median) | LRC cells after SEB stimulation (median) | P |
|------------------------|----------------------------------------|--------------------------------------|---|----------------------------------------|-------------------------------------------|---|
| IL17 (ratio)           | 0.011                                  | 0.024                                | 0.603 | 0.047                                  | 0.304                                     | 0.008 |
| IL22 (ratio)           | 0.005                                  | 0.009                                | 0.471 | 0.025                                  | 0.3                                        | 0.002 |
| IFNg (ratio)           | 0.01                                   | 0.016                                | 0.235 | 0.065                                  | 0.524                                     | 0.004 |
| IL6 (ratio)            | 0.404                                  | 1.189                                | 0.049 | 0.692                                  | 2.58                                      | 0.028 |

A Mann-Whitney U test was performed to compare differences between groups and the ‘p’ statistic reported. Significant p values (p<0.05) are shown in bold. qPCR data is presented as a ratio of target gene expression over the housekeeping gene. Staphylococcus enterotoxin B (SEB); HIV exposed seronegative (HESN), Low risk control (LRC), qPCR (real time PCR).

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In addition to relative immune quiescence, HESN status has been associated with HIV-specific T cells with a pro-inflammatory functional profile (reviewed in [6]). This seems at odds with the findings of immune quiescence in our study, as well as in others [7,8,9,10,40]. While these two observations appear paradoxical, this need not be the case [7,10]. Cellular immune quiescence in the genital mucosa may result in a reduced pool of susceptible CD4+ T cells after initial sexual HIV exposure, reducing HIV acquisition risk, and repeated exposure may then generate the mucosal HIV-specific T cell responses that have been observed. Whether these responses are a paraphenomenon of exposure or contribute to protection is not known [48,49,50], but their low frequency may mean that they can contribute to protection without greatly increasing the number of mucosal activated cells [7,10,51]. Therefore, these two immune correlates may work in tandem to protect against HIV.

Despite these interesting results, it is important to acknowledge potential limitations to our study. Our immune assays do not permit identification of the exact cell subpopulations responsible for measured immune responses. While IL17 and IL22 fall under the broad category of “Th17” type cytokines, several cell types other than classical CD4+ T cells that are isolated by density centrifugation can produce them, including γδ T cells, and NKT cells [52]. Future cytometric studies will be needed to further identify these cells. Additionally, although we were readily able to measure gene induction in the genital mucosa, the inability to measure protein production here using a sensitive ELISA platform might suggest that these cells could be anergic and this would need to be evaluated in further immunologic studies. While the two platforms used (qPCR and ELISA) were generally in agreement, subtle differences in results were apparent. Discordant kinetics of mRNA expression and protein production levels may explain this observation. Peak mRNA levels and their subsequent decline may have preceded the peak protein production levels attained at the end of the 6-hour incubation period [34]. Alternatively, transcript and protein concordance has been reported to vary within various settings, and could correlate anywhere from 17%–100% [53,54,55] such that measured mRNA levels may only be partially indicative of protein secretion. Nevertheless, despite some inter-platform variability, our results consistently show that HESN FSWs have an immuno-quiescent phenotype in blood (ELISA and qPCR) and cervix (qPCR), expanding several other studies identifying immune quiescence in blood as a correlate of relative HIV protection [7,8,9,10,39], as well as a distinct pattern of soluble immune factors in genital secretions [40].

Table 6. Summary of immune gene induction in blood lymphocytes from enrolled participants.

| Immune readout (qPCR) | HESN cells in R10 media alone (median) | LRC cells in R10 media alone (median) | P | HESN cells after SEB stimulation (median) | LRC cells after SEB stimulation (median) | P |
|------------------------|----------------------------------------|--------------------------------------|---|----------------------------------------|-------------------------------------------|---|
| IL17 (ratio)           | 0.001                                  | 0.002                                | 0.681 | 0.623                                  | 0.776                                     | 0.138 |
| IL22 (ratio)           | 0.002                                  | 0.008                                | 0.046 | 1.017                                  | 1.922                                     | 0.021 |
| IFNg (ratio)           | 0.022                                  | 0.039                                | 0.112 | 3.302                                  | 3.964                                     | 0.373 |
| IL6 (ratio)            | 1.789                                  | 4.077                                | 0.004 | 2.312                                  | 3.692                                     | 0.065 |

A Mann-Whitney U test was performed to compare differences between groups and the ‘p’ statistic reported. Significant p values (p<0.05) are shown in bold. qPCR data is presented as a ratio of target gene expression over the housekeeping gene. Staphylococcus enterotoxin B (SEB); HIV exposed seronegative (HESN), Low risk control (LRC), qPCR (real time PCR).

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We estimated the number of unprotected HIV exposures over the past year, based on current condom use and numbers within various client groups, and assuming that the HIV prevalence in all male partners was 20%. However, our immune studies did not find any association between this calculated annual HIV exposure rate and other sex work parameters with the magnitude of immune responses in sex workers. Some studies have defined relative HIV ‘resistance’ in female sex workers based on criteria such as a threshold duration of prior follow up [26]. However, in this study we defined all HIV-uninfected sex workers as potentially HIV-exposed but seronegative (HESN), since all women had been engaged in commercial sex work for at least one year prior to cohort enrolment. The HIV prevention program that is offered to all cohort participants results in a very rapid increase in condom use and reduction in client numbers after enrolment [56], so that past HIV exposure may have been considerable despite low current sexual risk. In addition, despite high condom use with casual clients, condoms are infrequently used with regular partners and this represents a poorly-understood source for ongoing HIV exposure. These potential confounders mean that it is difficult to precisely correlate immune parameters with a quantitative measure of past HIV infection pressure.

The cross-sectional design of our study means that we cannot prove that the association between the HESN phenotype and immune quiescence is causal. Our eventual goal is to address this issue using prospective studies with HIV acquisition as an outcome. Frequent sexual activity amongst sex workers might conceivably confound our genital immunology results due to repeated exposure to semen, known to have both immunoregulatory and pro-inflammatory effects [48]. However, since immune quiescence was also found in blood, it is unlikely that frequent cervical semen exposure explains the immune differences seen in HESN sex workers. Finally, Herpes simplex type 2 (HSV-2) infection is associated with genital mucosal inflammation and recruitment of T cell and innate immune cells [29,57]. Most participants in the study were HSV-2 infected, and screening for asymptomatic reactivation was not performed. However, since HSV-2 was more common in the HESN women, and prior studies have shown that the pro-inflammatory mucosal immune impact of HSV-2 in HESN women is similar to controls [50], this is not likely to lead to our finding of HESN immuno-quiescence.

In summary, we find that HESN female sex workers demonstrated substantial and consistent reduction in the basal and mitogen-stimulated production of Th17/Th22-associated and pro-inflammatory cytokines in both the genital and blood compartments. These immune correlates of reduced HIV susceptibility may provide important clues for future vaccine and microbicide research.

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Author Contributions

Conceived and designed the experiments: DC, RK. Performed the experiments: DC YC SH TK CW MK SB LRM FKM AK. Analyzed the data: DC. RK. Contributed reagents/materials/analysis tools: WJ OA JK TB FAP RK. Wrote the paper: DC RK.

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