Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) is not induced in artificial human inflammation and is not correlated with inflammatory response

Short title: PCSK9 is not induced in artificial human inflammation

Matthias Wolfgang Heinzl (MD), Michael Resl (MD), Carmen Klammer (MSc), Margot Egger (MD), Benjamin Dieplinger (MD), Martin Clodi (MD),

Correspondance:
Martin Clodi, Saint John of God Hospital Linz
Seilerstaette 2, 4021 Linz, Austria;
martin.clodi@bblinz.at; Fax: +43732789724398; Tel.: +43732789724305

Affiliations:
Konventhospital Barmherzige Brueder Linz (St. John of God Hospital Linz), Austria,
Department of Internal Medicine, (M.W.H., M.R., C.K., M.C.) and Department of Laboratory Medicine (M.E., B.D.,)
ICMR – Institute for Cardiovascular and Metabolic Research, JKU Linz, Austria (M.H., M.R., C.K., M.C.)

Key Words: Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) pathogen lipids low-density lipoprotein (LDL) inflammation lipopolysaccharide (LPS) Human Endotoxin Model
Abstract

Background: Lipoproteins as well as Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) have been shown to play a key role in the innate immune response. However, knowledge about the role and kinetics of PCSK9 in human inflammation is currently insufficient. The aim of this study was to investigate the interaction between inflammation and lipid metabolism including the possible role of PCSK9.

Methods: A single-blinded, placebo-controlled cross-over study using the Human Endotoxin Model was performed. Ten healthy men received lipopolysaccharide (LPS) or placebo on two different study days after overnight fasting. Lipoproteins as well as PCSK9 were measured repetitively over 48 hours.

Results: PCSK9 plasma concentrations were not induced by LPS infusion and no correlation between PCSK9 plasma concentrations and the degree of inflammation could be identified. The observed LDL response to inflammation was more complex than anticipated, especially in the very early phase after the inflammatory stimulus. Baseline concentrations of LDL as well as HDL correlated negatively with inflammatory response.

Conclusions: Our data suggest that the lipoprotein response to inflammation seems to be independent of PCSK9. The proposed elevations of PCSK9 and suspected correlations between PCSK9 levels and inflammatory response are not supported by our data.

Clinical Trial Registration: URL: https://www.clinicaltrials.gov. Unique identifier: NCT03392701
Introduction

Interactions between inflammation and lipid metabolism have widely been recognised. Plasma cholesterol behaves as a negative acute phase reactant, decreasing after surgery, trauma, liver dysfunction, acute haemorrhage and sepsis (1-4). The extent of hypocholesterolemia is a marker of severity of illness and poor prognosis in critically ill patients (5, 6).

In inflammatory conditions, lipoproteins seem to exert an important role in the binding and processing of bacterial endotoxins. Clearance of pathogen lipids such as lipopolysaccharide (LPS) from the circulation usually occurs through hepatic Kupffer cells and other macrophages. During this process, these cells are activated and secrete proinflammatory cytokines such as tumor necrosis factor α (TNFα) (7). Alternatively, LPS can be bound by transfer proteins before being incorporated in high-density lipoprotein (HDL) and, subsequently, very-low-density lipoprotein (VLDL) and low-density lipoprotein (LDL) (8, 9). When bound to lipoproteins, LPS seems to be eliminated mostly by hepatocytes and subsequent biliary excretion. In animal models, the neutralisation of endotoxin by lipoproteins has been shown to be protective against hypotension, fever and death (7, 10). Furthermore, infusion of lipoproteins improved survival in sepsis models (11). Clearance of LPS via this lipoprotein-dependent pathway seems to be beneficial in infection due to more rapid clearance of endotoxin and reduced proinflammatory immune response (7, 10).

Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) is a serine protease which is produced in the liver and secreted into the plasma. It plays a major role in regulating
LDL-cholesterol by binding to hepatic LDL-receptors and promoting their degeneration.

Pharmacological inhibition of PCSK9 has been shown to lower LDL-C levels as well as reduce cardiovascular risk (12).

In animal models, PCSK9 has been shown to be a crucial factor in the pathogenesis of LPS induced inflammation. PCSK9 plasma concentrations are increased under inflammatory circumstances in murine in vivo as well as in vitro studies (13, 14). PCSK9 knockout mice show considerably lower levels of proinflammatory cytokines such as TNFα, Interleukin (IL)-6, IL-8 and IL-10 following LPS administration and were shown to eliminate LPS much more rapidly than controls. This reduced clearance of LPS under the influence of PCSK9 seems to be due to a lower uptake of LPS by human hepatocytes (10). Furthermore, the pharmacological inhibition of PCSK9 using monoclonal anti-PCSK9 antibodies in a murine sepsis model also leads to lower plasma concentrations of inflammatory cytokines and, importantly, significantly increased survival rates (10).

In clinical studies, PCSK9 plasma concentrations were markedly elevated in trauma as well as in sepsis patients and significant associations with severity of illness and organ failure have been shown (15, 16).

Administration of Gram-negative bacterial lipopolysaccharide has been used as a model of inflammation and infection in humans and has been shown to reliably induce a febrile systemic inflammatory response (17-22). This Human Endotoxin Model is the most widely used model to study the pathophysiology of systemic inflammation in humans (23).

In summary, PCSK9 seems to play an important role in inflammation (10). However, knowledge about the role and kinetics of PCSK9 in human inflammation and, importantly, the potential benefits of its pharmacological inhibition in infection, is still
scarce. The aim of this study was to evaluate the effect of human inflammation on lipid metabolism and PCSK9 using the Human Endotoxin Model in healthy volunteers.

Methods

The study was approved by the local research ethics committee (Institutional Review Board of the St. John of God Hospital Linz) and the ethics committee of the Medical University of Vienna. Informed consent was obtained orally and in writing from each subject before enrolment in the study.

Protocol

The study was performed as a prospective, single blinded, randomized, placebo controlled cross-over study. In total, ten healthy non-smoking male subjects aged 18 to 40 years without any notable history of illness were included after a pre-screening examination, which included a physical examination, routine laboratory testing and an electrocardiogram.

On 2 different study days, separated by a washout period of at least two weeks, these volunteers received bacterial Endotoxin [intravenous injection of 2 ng/kg National Reference Bacterial Endotoxin over 5 minutes together with saline 0.9% during 90 minutes (200 ml/h)] or saline alone as a placebo [intravenous injection of saline 0.9% (5 ml) over 5 minutes together with saline 0.9% during 90 minutes (200 ml/h)] on the other day in a random order and single blinded manner.
Subjects were studied at 08.00h after an overnight fast. Participants were asked to refrain from caffeine-containing beverages 24 hours before as well as throughout the study day. Subjects were allowed to eat after completion of the respective study day (6 hours after infusion) and were allowed to drink non-sparkling mineral water during the study day.

Intravenous Catheters (B-Braun) were inserted into a vein on each arm (infusion line and sampling line). During the study, subjects rested in a supine position and were monitored continuously (electrocardiogram, heart rate, non-invasive blood pressure and temperature).

U.S. Standard Reference Endotoxin (lot #94332B1) was obtained from the Investigational Drug Management at the National Institutes of Health (NIH), Bethesda, Maryland. The purified lipopolysaccharide was prepared from Escherichia coli 0113 and vialled under good manufacturing practice guidelines. Endotoxin was supplied in vials as a sterile, white, lyophilized powder, with each vial containing 10 000 Endotoxin Units (1 µg). Before infusion, Endotoxin was reconstituted with sterile water and prepared according to the recommendations of the manufacturer.

Blood sampling, laboratory measurements and statistical analysis

Blood samples for the measurement of PCSK9 and other parameters were taken at multiple points. The first blood sample was taken after the placement of the intravenous sampling line. After infusion of LPS or Placebo, respectively, repetitive sampling was then performed after 15, 30, 45, 60, 90, 120, 180, 240 and 360 minutes as well as 24
hours and 48 hours after infusion. The last two samples of blood were taken at 08:00h in the morning after overnight fasting.

Using VACUETTE polyethylene terephthalate glycol blood collection tubes (Greiner Bio-One), EDTA and lithium-heparin anticoagulated blood was collected. IL-6, C-reactive protein (CRP), HDL-cholesterol, LDL-cholesterol, Apolipoprotein (Apo)A1 and ApoB were quantified within 2 hours of blood collection in all study participants in lithium-heparin plasma. IL-6 was determined with a chemiluminescent microparticle immunoassay on a Cobas e411 HITACHI (Roche Diagnostics). CRP, HDL-cholesterol, and LDL-cholesterol were directly measured with standard assays on an Architect c16000 analyser (Abbott Diagnostics). ApoA1 and ApoB were measured with standard assays on the BN-Prospec system (Siemens Healthcare Diagnostics).

EDTA plasma aliquots were stored at -80°C and subsequently used for determination of PCSK9 plasma concentrations, which were measured in one batch approximately 1 month after the recruitment period on a BEP 2000 instrument (Siemens Healthcare Diagnostics) with a quantitative PCSK9 sandwich immunoassay (Quantakine ELISA, R&D Systems) according to the manufacturer’s instruction.

To evaluate the precision of the PCSK9 assay in our laboratory, we performed a replication study according to the Clinical and Laboratory Standards Institute (CLSI; formerly NCCLS) Guideline EP5-A. Two pooled patient plasma samples were aliquoted into twenty 1.5-mL plastic tubes for each concentration level and frozen at -80°C. We analysed these samples in duplicate in one run per day for 20 days on a single BEP® 2000 instrument. Within-run and total analytical imprecision (CVA) was calculated with the CLSI single-run precision evaluation test. The PCSK9 assay had a within-run CVA of 4.7% and a total CVA of 5.9% at a mean concentration of 156 ng/mL and a within-run CVA of 4.5% and a total CVA of 5.3% at a mean concentration of 226 ng/mL.
Statistical analysis was performed using IBM SPSS Statistics 25. Statistical tests included paired t-tests and repeated measures analysis of variance (RM-ANOVA). When sphericity could not be assumed according to Mauchly's test of sphericity, the Greenhouse-Geisser correction was used.

Results

Proband characteristics

All probands were recruited from December 2017 until June 2018. Altogether, 24 volunteers were screened, of which 6 were excluded after screening and 8 chose not to participate. The mean age was 24.1 (SD 3.7) years and the average Body Mass Index (kg/m²) was 25.2 (SD 1.6).

Inflammation after LPS Infusion

As expected, all subjects except one experienced flu-like symptoms like chills, myalgia and headache after LPS infusion (23). The peak of symptoms was observed between 60 minutes and 90 minutes after infusion. After 300 minutes, the vast majority of symptoms had abated in all probands. No subject experienced symptoms of any importance after the administration of placebo.

IL-6 as a rapid marker of inflammation was markedly elevated in all subjects following the administration of LPS. Peak levels were observed at 180 minutes after infusion. The difference in IL-6 plasma concentrations between LPS infusion and placebo was statistically significant, as analysed in a RM-ANOVA (p = 0.018, graph shown in Figure
Similarly, CRP plasma concentrations were also significantly induced following LPS administration (p < 0.001 as analysed in a RM-ANOVA, graph shown in Figure 1).

**PCSK9 response after LPS infusion**

Both after the infusion of LPS and placebo, PCSK9 plasma concentrations decreased over the study day in all participants. Overall, there was no significant difference in PCSK9 concentrations between the administration of LPS and placebo, as calculated by RM-ANOVA over 12 points in time (p = 0.44, graph shown in Figure 2). PCSK9 plasma concentrations did not differ significantly at any point after LPS infusion in comparison to placebo.

**Impact of PCSK9 plasma concentrations on inflammatory response**

There was no significant correlation between PCSK9 plasma concentrations at baseline and levels of IL-6 after LPS infusion (data shown in Table 1). Neither was there a significant correlation between the course of PCSK9 levels after LPS infusion and peak IL-6 plasma concentrations after LPS infusion. Similarly, no significant correlation between PCSK9 plasma concentrations and CRP elevation could be identified.

**Lipoprotein response to inflammation**

There was a small, statistically not significant difference in HDL as well as LDL levels at baseline between the two study days with HDL mean values of 42.8 (placebo) vs. 46.1 (LPS) mg/dL and LDL mean values of 105 (placebo) vs. 114.3 (LPS) mg/dL (p = 0.175 and 0.170, respectively). Thus, for statistical calculations regarding LDL, HDL, ApoA1
Following the administration of LPS, baseline-corrected plasma concentrations of LDL significantly differed from values after placebo administration with LDL decreasing after LPS administration, especially after 90 minutes following infusion (p < 0.001, see Figure 3). Of note, there was a distinct peak in LDL levels 60 minutes after LPS administration, which was not statistically significant when calculated by RM-ANOVA up to 90 minutes after infusion (p = 0.065).

While there was a significant difference in corrected ApoA1 levels (p = 0.003), there was no significant difference in corrected HDL (p = 0.073, see Table S1 of the Online Supplement) and ApoB (p = 0.267) values using the Greenhouse-Geisser correction of RM-ANOVA. Similar to LDL, there was a relative, statistically non-significant peak in HDL levels 60 minutes after LPS administration (p = 0.175).

Lipoprotein plasma concentrations and inflammatory response

Furthermore, it was analysed whether there was a correlation between plasma concentrations of different lipoproteins at baseline and inflammatory response. As shown in Table 1, plasma concentrations of HDL and ApoA1 at baseline correlated negatively with IL-6 at 360 minutes and 24 hours after LPS administration. For LDL, this negative correlation was weaker and only significant for IL-6 levels 24 hours after LPS administration (see Table 1, Figure 4 and Figure S1-5 of the Online Supplement). There was no significant correlation between ApoB or Lp(a) at baseline and markers of inflammation.
Due to these correlations of HDL and LDL at baseline with markers of inflammation, it was further analysed whether there was a correlation between the course of HDL and LDL following LPS infusion with markers of inflammation. For this purpose, the above-mentioned ratio of LDL and HDL values at a respective time point after LPS infusion to baseline was divided by the respective ratio at this time point after placebo administration (see Online Supplement). This new parameter was calculated to illustrate relative changes of the two parameters at a given time point following LPS administration in comparison to placebo in a single parameter and was termed “change ratio”.

The degree of the decrease of neither LDL nor HDL correlated with neither marker of inflammation, as shown in Table 2. However, both the relative peak in LDL levels as well as in HDL levels, as calculated by the "change ratio" at 60 minutes, correlated significantly with IL-6 levels at 360 minutes after LPS (p = 0.028 for LDL and p = 0.034 for HDL). The relative LDL-peak at 60 minutes also correlated with IL-6 at 180 minutes after LPS (p = 0.031) as well as CRP levels at 360 minutes (p = 0.049), 24 hours (p = 0.012) and 48 hours (p = 0.022) after LPS (Table 2 and Table S3 as well as Figures S6 and S7 of the Online Supplement).

**Discussion**

The Human Endotoxin Model was successfully performed in this study in all 10 participants with elevations of IL-6 and CRP after LPS infusion as expected and previously published by other groups (24, 25). The decrease of PCSK9 plasma concentrations under fasting conditions observed after LPS and placebo infusion in our
study is in accordance with the previously published diurnal variation of PCSK9 plasma concentrations (26).

278  **PCSK9 response in infection**

279  In our study of experimental human inflammation, there was no significant difference in PCSK9 plasma concentrations after the infusion of bacterial endotoxin in comparison to placebo (Figure 2). Moreover, there was no significant correlation between PCSK9 levels and any marker of inflammation. This stands in contrast to the hypotheses drawn from previously published in vitro data and clinical data in human sepsis (10, 13-15).

281  PCSK9 levels have been reported to be elevated in the early phase of sepsis and to be correlated with complications (15). Using immortalized human hepatocytes, it was reported that high concentrations of PCSK9 directly suppress uptake of lipopolysaccharide by hepatocytes and thus reduce endotoxin clearance. Deficiency of PCSK9 thus seems to be beneficial in infection and sepsis due to improved endotoxin clearance (10, 27).

289  The pathophysiological purpose of this previously suspected elevation of PCSK9 in inflammation is largely unclear, even more so regarding the proposed negative effects of PCSK9 in this setting (10). Moreover, LDL levels were reported to be decreased in critically ill patients and severe infections (5, 6), although elevated levels of PCSK9 should, in theory, increase levels of LDL-cholesterol. It has thus been suggested that the propagated increase of PCSK9 plasma concentrations in sepsis might be a secondary effect following hypocholesterolemia after an inflammatory stimulus (8).

298  Our study is the first to evaluate PCSK9 response to experimental inflammation by LPS infusion in healthy probands. Previously published data reporting elevations of PCSK9
in infection have mostly derived from animal models (13, 14) and, in a clinical setting without a direct control cohort within the study, among septic patients upon presentation at the emergency department (15). Although measuring parameters in infection in a clinical cohort can identify important correlations in a real-life setting, it is impossible to know the exact onset of the inflammatory stimulus and the actual state of endotoxin clearance. This outlines the advantages of an experimental model, which may be able to investigate underlying pathophysiological processes in greater detail.

Another reason for the disparity to previous data may be the rather short presence of LPS in the bloodstream after bolus injection in contrast to prolonged presence of endotoxins in clinical sepsis as well as the sufficient capacity of young and healthy subjects to neutralise the limited amount of infused LPS. Possibly, this inflammatory stimulus or the LDL decrease observed in our study was not sufficiently pronounced to trigger PCSK9 elevation.

Our results do not rule out a possible upregulation of PCSK9 in longer or very severe states of inflammation such as sepsis. However, our data do not support a central role of PCSK9 in the human immune response to short inflammatory stimuli, as simulated in this experimental model.

**Lipoprotein response in inflammation**

The significant negative correlation between both HDL and ApoA1 at baseline and markers of inflammation after LPS infusion (see Table 1) match very well with existing data on this correlation and knowledge of the protective effects of HDL in inflammation (28), suggesting validity of our data. In our study, we additionally found a positive correlation between LDL levels at baseline and inflammatory response (see Figure 4).
that is, to our knowledge, yet unknown. This outlines the importance of HDL as well as LDL in the innate immune response to infectious stimuli and matches very well with population-based studies, in which associations between low LDL plasma concentrations and all-cause mortality in elderly populations have been shown (29, 30). This inverse correlation between LDL and risk of mortality in the elderly may be due to increased susceptibility to acute fatal diseases such as infections.

In contrast to previous studies identifying hypocholesterolaemia as a distinct negative acute phase marker associated with complications and mortality (1-6), we found a rather more complex LDL response to inflammation in this setting. As expected, LDL levels decreased after LPS infusion with a significant difference between the two study days (Figure 3). However, this relative decrease only occurred after 90 minutes following LPS infusion. Over the first 90 minutes following LPS infusion, we observed a relative increase of LDL as well as HDL levels with a peak at 60 minutes after LPS infusion, although this short relative increase was not statistically significant after correction for baseline differences between the two study days.

Furthermore, our data indicate that the individuals with the highest inflammatory response to LPS infusion showed the highest relative LDL and HDL increase, since this relative difference as expressed by the calculated “change ratio” correlated with IL-6 and CRP levels (see Table 2 and Table S3 as well as Figures S6 and S7 of the Online Supplement). Interestingly, the extent of LDL decrease following LPS did not correlate with the degree of inflammation. Naturally, the results regarding the dynamics of LDL over the first 90 minutes as well as their correlation with the degree of inflammation must be interpreted with caution due
to the small number of subjects and other limitations based on the experimental setting of our study. However, these results are interesting since such data can only be obtained from experimental studies like this, since such short periods of time following an inflammatory onset can hardly be investigated in a clinical setting, where the exact onset of inflammatory stimuli is usually impossible to know. It is known that lipoproteins play an important role in infection by binding and neutralising pathogen lipids such as LPS. Considering the correlation between relative short-term upregulation of LDL following LPS with the degree of inflammation it may be hypothesized that rapid up-regulation of lipoproteins in infection might reflect a defence mechanism against infectious antigen load to prevent excessive inflammatory processes and dysregulation of the immune response. On the other hand, it may also be interpreted that excessive short-term upregulation may cause increased inflammatory response. However, this remains mere speculation, for whether this non-significant short-term up-regulation reflects a beneficial physiological response cannot be answered by our data.

While our data suggest that there seem to be mechanisms raising LDL plasma concentrations in the very early phase of infections and that this rise seems to correlate with the degree of inflammation, this effect of LDL recovery in inflammation is entirely independent of PCSK9.

Conclusion

Our data indicate that LDL response in the earliest phase of infections may be more complex than previously thought and that LDL as well as HDL levels at baseline correlate negatively with inflammatory response. Although PCSK9 has been reported to be induced in animal models of inflammation as well as in human sepsis, our
experimental data neither support this theory of PCSK9 augmentation in infection and inflammation nor could any correlation between PCSK9 levels and inflammatory response be observed.

**Acknowledgments**

We acknowledge the support of the NIH Clinical Center in providing the endotoxin used in this study.

**Sources of Funding:**

Supported by funds of the Oesterreichische Nationalbank (Oesterreichische Nationalbank, Anniversary Fund, project number: 16415)

**Author Contributions:**

All authors contributed substantially to the study. The study was designed and performed by Matthias W. Heinzl, Michael Resl, Carmen Klammer and Martin Clodi. Laboratory analysis was primarily performed by Margot Egger and Benjamin Dieplinger. The manuscript was drafted by Matthias Heinzl in close collaboration with the other authors, who all read and approve of the manuscript.
Conflicts of interest

The authors have nothing to disclose
References

1. Giovannini I, Boldrini G, Chiarla C, Giuliante F, Vellone M, Nuzzo G. 1999. Pathophysiologic correlates of hypocholesterolemia in critically ill surgical patients. Intensive Care Med 25:748-51.

2. Dunham CM, Fealk MH, Sever WE, 3rd. 2003. Following severe injury, hypocholesterolemia improves with convalescence but persists with organ failure or onset of infection. Crit Care 7:R145-53.

3. Biller K, Fae P, Germann R, Drexel H, Walli AK, Fraunberger P. 2014. Cholesterol rather than procalcitonin or C-reactive protein predicts mortality in patients with infection. Shock 42:129-32.

4. Lee SH, Lee JY, Hong TH, Kim BO, Lee YJ, Lee JG. 2018. Severe persistent hypocholesterolemia after emergency gastrointestinal surgery predicts in-hospital mortality in critically ill patients with diffuse peritonitis. PLoS One 13:e0200187.

5. Chiarla C, Giovannini I, Giuliante F, Zadak Z, Vellone M, Ardito F, Clemente G, Murazio M, Nuzzo G. 2010. Severe hypocholesterolemia in surgical patients, sepsis, and critical illness. J Crit Care 25:361 e7-361 e12.

6. Fraunberger P, Schaefer S, Werdan K, Walli AK, Seidel D. 1999. Reduction of circulating cholesterol and apolipoprotein levels during sepsis. Clin Chem Lab Med 37:357-62.

7. Khovidhunkit W, Kim MS, Memon RA, Shigenaga JK, Moser AH, Feingold KR, Grunfeld C. 2004. Effects of infection and inflammation on lipid and lipoprotein metabolism: mechanisms and consequences to the host. J Lipid Res 45:1169-96.

8. Walley KR, Francis GA, Opal SM, Stein EA, Russell JA, Boyd JH. 2015. The Central Role of Proprotein Convertase Subtilisin/Kexin Type 9 in Septic Pathogen Lipid Transport and Clearance. Am J Respir Crit Care Med 192:1275-86.

9. Levels JH, Marquart JA, Abraham PR, van den Ende AE, Molhuizen HO, van Deventer SJ, Meijers JC. 2005. Lipopolysaccharide is transferred from high-density to low-density lipoproteins by lipopolysaccharide-binding protein and phospholipid transfer protein. Infect Immun 73:2321-6.

10. Walley KR, Thain KR, Russell JA, Reilly MP, Meyer NJ, Ferguson JF, Christie JD, Nakada TA, Fjell CD, Thair SA, Cirstea MS, Boyd JH. 2014. PCSK9 is a critical regulator of the innate immune response and septic shock outcome. Sci Transl Med 6:258ra143.

11. Read TE, Grunfeld C, Kumwenda Z, Calhoun MC, Kane JP, Feingold KR, Rapp JH. 1995. Triglyceride-rich lipoproteins improve survival when given after endotoxin in rats. Surgery 117:62-7.

12. Sabatine MS, Giugliano RP, Keech AC, Honarpour N, Wiviott SD, Murphy SA, Kuder JF, Wang H, Liu T, Wasserman SM, Sever PS, Pedersen TR. 2017. Evolocumab and Clinical Outcomes in Patients with Cardiovascular Disease. N Engl J Med 376:1713-1722.
13. Costet P, Krempf M, Cariou B. 2008. PCSK9 and LDL cholesterol: unravelling the target to design the bullet. Trends Biochem Sci 33:426-34.

14. Feingold KR, Moser AH, Shigenaga JK, Patzek SM, Grunfeld C. 2008. Inflammation stimulates the expression of PCSK9. Biochem Biophys Res Commun 374:341-4.

15. Boyd JH, Fjell CD, Russell JA, Sirounis D, Cirstea MS, Walley KR. 2016. Increased Plasma PCSK9 Levels Are Associated with Reduced Endotoxin Clearance and the Development of Acute Organ Failures during Sepsis. J Innate Immun 8:211-20.

16. Le Bras M, Roquilly A, Deckert V, Langhi C, Feuillet F, Sebille V, Mahe PJ, Bach K, Masson D, Lagrost L, Costet P, Asehnoune K, Cariou B. 2013. Plasma PCSK9 is a late biomarker of severity in patients with severe trauma injury. J Clin Endocrinol Metab 98:E732-6.

17. Fong YM, Marano MA, Moldawer LL, Wei H, Calvano SE, Kenney JS, Allison AC, Cerami A, Shires GT, Lowry SF. 1990. The acute splanchnic and peripheral tissue metabolic response to endotoxin in humans. J Clin Invest 85:1896-904.

18. Michie HR, Manogue KR, Spriggs DR, Revhaug A, O'Dwyer S, Dinarello CA, Cerami A, Wolff SM, Wilmore DW. 1988. Detection of circulating tumor necrosis factor after endotoxin administration. N Engl J Med 318:1481-6.

19. Vila G, Riedl M, Resl M, van der Lely AJ, Hofland LJ, Clodi M, Lugger A. 2009. Systemic administration of oxytocin reduces basal and lipopolysaccharide-induced ghrelin levels in healthy men. J Endocrinol 203:175-9.

20. Vila G, Resl M, Stelzeneder D, Struck J, Maier C, Riedl M, Hulsmann M, Pacher R, Lugger A, Clodi M. 2008. Plasma NT-proBNP increases in response to LPS administration in healthy men. J Appl Physiol (1985) 105:E686-91.

21. Clodi M, Vila G, Geyeregger R, Riedl M, Stulnig TM, Struck J, Lugger TA, Lugger A. 2008. Oxytocin alleviates the neuroendocrine and cytokine response to bacterial endotoxin in healthy men. Am J Physiol Endocrinol Metab 295:E686-91.

22. Vila G, Maier C, Riedl M, Nowotny P, Ludvik B, Lugger A, Clodi M. 2007. Bacterial endotoxin induces biphasic changes in plasma ghrelin in healthy humans. J Clin Endocrinol Metab 92:3930-4.

23. Andreasen AS, Krabbe KS, Krogh-Madsen R, Taudorf S, Pedersen BK, Moller K. 2008. Human endotoxemia as a model of systemic inflammation. Curr Med Chem 15:1697-705.

24. Mehta NN, McGillicuddy FC, Anderson PD, Hinkle CC, Shah R, Prusciono L, Tabita-Martinez J, Sellers KF, Rickels MR, Reilly MP. 2010. Experimental endotoxemia induces adipose inflammation and insulin resistance in humans. Diabetes 59:172-81.

25. Hudgins LC, Parker TS, Levine DM, Gordon BR, Saal SD, Jiang XC, Seidman CE, Tremaroli JD, Lai J, Rubin AL. 2003. A single intravenous dose of endotoxin rapidly alters serum lipoproteins and lipid transfer proteins in normal volunteers. J Lipid Res 44:1489-98.

26. Persson L, Cao G, Stahle L, Sjoberg BG, Troutt J, Konrad RJ, Galman C, Wallen H, Eriksson M, Hafstrom I, Lind S, Dahlin M, Aamark P, Angelin B, Rudling M. 2010. Circulating proprotein convertase subtilisin kexin type 9 has a diurnal rhythm.
synchronous with cholesterol synthesis and is reduced by fasting in humans.
Arterioscler Thromb Vasc Biol 30:2666-72.

27. Genga KR, Lo C, Cirstea MS, Leitao Filho FS, Walley KR, Russell JA, Linder A, Francis GA, Boyd JH. 2018. Impact of PCSK9 loss-of-function genotype on 1-year mortality and recurrent infection in sepsis survivors. EBioMedicine 38:257-264.

28. Birjmohun RS, van Leuven SI, Levels JH, van ’t Veer C, Kuivenhoven JA, Meijers JC, Levi M, Kastelein JJ, van der Poll T, Stroes ES. 2007. High-density lipoprotein attenuates inflammation and coagulation response on endotoxin challenge in humans. Arterioscler Thromb Vasc Biol 27:1153-8.

29. Liang Y, Vetrano DL, Qiu C. 2017. Serum total cholesterol and risk of cardiovascular and non-cardiovascular mortality in old age: a population-based study. BMC Geriatr 17:294.

30. Ravnskov U, Diamond DM, Hama R, Hamazaki T, Hammarskjold B, Hynes N, Kendrick M, Langsjoen PH, Malhotra A, Mascitelli L, McCully KS, Ogushi Y, Okuyama H, Rosch PJ, Schersten T, Sultan S, Sundberg R. 2016. Lack of an association or an inverse association between low-density-lipoprotein cholesterol and mortality in the elderly: a systematic review. BMJ Open 6:e010401.
Figure Legends

**Figure 1:** Mean plasma concentrations of interleukin-6 (IL-6) and C-reactive protein (CRP)

The difference between Placebo and LPS administration was statistically significant for IL-6 ($p = 0.018$) as well as CRP ($p < 0.001$), as measured by RM-ANOVA.

IL-6 values are given in pg/ml, the assay’s upper limit of normal is 15 pg/ml.

CRP values are given in mg/dl, the assay’s upper limit of normal is 1.0 mg/dl.

**Figure 2:** RM-ANOVA – PCSK9

There was no statistically significant difference in PCSK9 plasma concentrations between Placebo and LPS administration ($p = 0.44$ using the Greenhouse-Geisser correction). Time points are shown on the abscissa, plasma concentrations of PCSK9 are shown on the ordinate (values given in ng/mL). Error bars depict 95% confidence interval. The decrease of PCSK9 throughout the study day is due to fasting conditions and diurnal variation (26).

**Figure 3:** RM-ANOVA – LDL

The difference in LDL- plasma concentrations between Placebo and LPS administration was statistically significant ($p < 0.001$ using the Greenhouse-Geisser correction).

Time points are shown on the abscissa, the ratio of LDL values to baseline is shown on the ordinate. Error bars depict 95% confidence interval.

Of note, there was a distinct peak in LDL levels 60 minutes after LPS administration. This relative elevation of LDL levels following LPS infusion was not statistically significant after correction for baseline difference ($p = 0.065$ using the Greenhouse-Geisser correction).

**Figure 4:** Scatter Plot depicting the negative correlation between LDL levels at baseline and IL-6 levels 24 hours after the administration of LPS.

This negative correlation was statistically significant

(Pearson coefficient of correlation = -0.699; $p = 0.024$)
Figure 1: Mean plasma concentrations of interleukin-6 (IL-6) and C-reactive protein (CRP)
Figure 2: RM-ANOVA – PCSK9
Figure 3: RM-ANOVA – LDL
Correlations – lipid parameters and IL-6

|                          | IL-6 360 min after LPS | IL-6 24h after LPS |
|--------------------------|------------------------|-------------------|
| **PCSK9† at baseline**   | Pearson Correlation    | -.326             |
|                          | p-level (2-tailed)     | .358              |
| **HDL‡ at baseline**     | Pearson Correlation    | -.682             |
|                          | p-level (2-tailed)     | .030              |
| **ApoA1§ at baseline**   | Pearson Correlation    | -.783             |
|                          | p-level (2-tailed)     | .007              |
| **LDL|| at baseline**    | Pearson Correlation    | -.494             |
|                          | p-level (2-tailed)     | .147              |
| **ApoB# at baseline**    | Pearson Correlation    | -.441             |
|                          | p-level (2-tailed)     | .202              |
| **Lp(a)• at baseline**   | Pearson Correlation    | .002              |
|                          | p-level (2-tailed)     | .995              |

Table 1: Correlations between lipid parameters at baseline and IL-6 as a marker of inflammation after LPS infusion.

There was a significant correlation between LDL and IL-6 at 24 hours after LPS infusion. HDL and ApoA1 show significant correlations with IL-6 at both 360 minutes as well as 24 hours after LPS infusion. For PCSK9 as well as ApoB there was no significant correlation with markers of inflammation.

All baseline values were measured before LPS administration.

Abbreviations: *: interleukin-6; †: Proprotein Convertase Subtilisin/Kexin Type 9; ‡: High-density lipoprotein; §: apolipoprotein A-I; ||: Low-density lipoprotein; #: Apolipoprotein B; •: Lipoprotein(a)
Figure 4: Scatter Plot depicting the negative correlation between LDL levels at baseline and IL-6 levels 24 hours after the administration of LPS.
Correlations – inflammatory markers and course of LDL/HDL (“change ratio”)

|                          | IL-6* 360 min after LPS | CRP| 24h after LPS |
|--------------------------|--------------------------|----|--|---|
| “change ratio” LDL|| at 60 minutes | Pearson Correlation | .686 | .755 |
|                          | p-level (2-tailed)    | .028 | .012 |
| “change ratio” LDL at 240 minutes | Pearson Correlation | -.329 | -.328 |
|                          | p-level (2-tailed)    | .354 | .354 |
| “change ratio” LDL at 24 hours | Pearson Correlation | -.353 | -.380 |
|                          | p-level (2-tailed)    | .316 | .279 |
| “change ratio” HDL‡ at 60 minutes | Pearson Correlation | .671 | .612 |
|                          | p-level (2-tailed)    | .034 | .060 |
| “change ratio” HDL at 240 minutes | Pearson Correlation | -.176 | -.256 |
|                          | p-level (2-tailed)    | .627 | .475 |
| “change ratio” HDL at 24 hours | Pearson Correlation | .069 | -.185 |
|                          | p-level (2-tailed)    | .849 | .609 |

Table 2 Correlations between inflammatory markers and the course of LDL/HDL as calculated by the “change ratio”

To illustrate the course of LDL and HDL levels after LPS administration relative to placebo, a “change ratio” was calculated by dividing the ratio of a value at a given time point after LPS administration to baseline by the same ratio following placebo. The degree of the decrease of neither LDL nor HDL, as calculated by the “change ratio”, correlated with neither marker of inflammation. The “change ratio” at 60 minutes as a calculated number depicting the relative, non-significant peak of LDL and HDL at this time point, correlated significantly with IL-6 levels at 360 minutes after LPS and, in the case of LDL, there was also a significant correlation with IL-6 at 180 minutes (p = 0.31) as well as CRP levels at 360 minutes (p = 0.049), 24 hours (p = 0.12) and 48 hours (p = 0.22) after LPS. All correlations between inflammatory markers and “change ratios” at 60 minutes after LPS infusion were positive.

Abbreviations: *: interleukin-6; ‡: High-density lipoprotein; ||: Low-density lipoprotein; ⁞: C-reactive protein.