INTRODUCTION

Epilepsy is a persistent long lasting medical neurological state or situation characterized by repeated, frequent and occasional seizures as a part of abnormal signal variation from neurons, affecting 1% of worldwide population. Excessive, subnormal or inordinate electrical discharges from nerve cells of brain cause these epileptic seizures. There are several reasons for epilepsy, leading to different types of epileptic seizures and syndromes, of which most common serious one is chronic epilepsy which may be caused due to brain tumors’ or stroke. These seizures can be properly diagnosed and treated with appropriate anticonvulsant medication, while some cases need surgery. The treatment of epilepsy depends on several factors such as health, medical history, age of individuals, and severity and frequency of seizures caused. Hence, epileptic seizures should be properly diagnosed for selecting appropriate treatment [1]. Most of the anticonvulsant drugs are associated with side effects and these side effects are proportional to the doses of the drug, i.e., Higher the dose, greater will be the side effects. Hence, antiepileptic drugs should be started at low dose to reduce side effects [1-3]. Side effects also depend on type of medication and length of medication. Common side effects include fatigue, sleeplessness, weight gain, stomach upset, blurred vision, hair loss, liver problems, gingivitis, and tremor. This work focuses on the preparation and evaluation of a mucoadhesive rectal hydrogel chitosan sodium alginate carbamazepine (CBZ) microspheres for the purpose of controlled release for the treatment of epilepsy to avoid the possible side effects.

MATERIALS AND METHODS

Materials

Carbamazepine (CBZ) was provided as a gift sample by Bajaj Private Limited, Mumbai, India. Chitosan was purchased from Central Institute of Fisheries and Technology, Kochi, India. All other materials used were of pharmaceutical grade.

Methods

The study was conducted to formulate controlled release chitosan sodium alginate CBZ microspheres with the dispersion of CBZ into the natural polymers chitosan and sodium alginate forming microspheres conducting along with their evaluation studies.

Results

The formulated microspheres were subjected to various evaluation parameters, and all the physical parameters examined are within the acceptable limits. Further, the optimized microsphere formulation (CMS) was characterized. Hence, the developed optimized microsphere formulation (CMS) seems to be a viable substitute to conventional drug delivery system for the effective management of epilepsy.

Conclusion

The prepared formulation also provides a desired CBZ loaded sodium alginate microspheres with the controlled release drug delivery.

Keywords: Carbamazepine, Sodium alginate microspheres, Particle size.

ABSTRACT

Objective: The objective behind our study is that a mucoadhesive rectal hydrogel chitosan sodium alginate carbamazepine (CBZ) microspheres for the purpose of controlled release for the treatment of epilepsy to avoid the possible side effects.

Methods: The study was conducted to formulate controlled release chitosan sodium alginate CBZ microspheres with the dispersion of CBZ into the natural polymers chitosan and sodium alginate forming microspheres conducting along with their evaluation studies.

Results: The formulated microspheres were subjected to various evaluation parameters, and all the physical parameters examined are within the acceptable limits. Further, the optimized microsphere formulation (CMS) was characterized. Hence, the developed optimized microsphere formulation (CMS) seems to be a viable substitute to conventional drug delivery system for the effective management of epilepsy.

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λ<sub>max</sub> of the CBZ in methanol

λ<sub>max</sub> of CBZ was determined insolvent methanol. Standard stock solution prepared by following, for few minutes 50 mg CBZ was sonicated and dissolved in 30 ml methanol and volume was made up to 50 ml mark using methanol. From the standard stock solution (1000 µg/ml), different aliquots were diluted with water separately to prepare a series of concentration from 8 to 18 µg/ml. These were scanned from 400 to 200 nm using UV spectrophotometer [6,7].

Analytical methods [8]

Calibration curve of CBZ in methanol and phosphate buffer pH 6.8 was done.

Calibration curve of CBZ

a. Preparation of standard stock solution:
   About 50 mg of CBZ was added to 30 ml methanol and sonication for 10 minutes. The volume was made up to 50 ml mark using methanol. The drug was dissolved and diluted to make a concentration of 1000 µg/ml.

b. Preparation of standard graph:
   From the above prepared stock solution (1000 µg/ml), different aliquots were withdrawn into 10 ml standard flask and diluted with methanol separately to prepare a series of concentration from range 8 to 18 µg/ml. The standard stock solution (1000 µg/ml) was scanned in the range of 400-200 nm against methanol as blank. Standard graph was obtained by plotting absorbance against concentration (µg/ml) [8,9].

Formulation of CBZ loaded chitosan sodium alginate microspheres (Fig. 1 and Table 1)

Characterization of CBZ chitosan sodium alginate microspheres [10-13]

The prepared microsphere was characterized for particle size, entrapment efficiency, in vitro drug release studies, scanning electron microscopy (SEM), etc.

Particle size by optical microscopy

Optical microscopic method (Olympus Opto System, India) is used for finding the size of microspheres.

Entrapment efficiency [14]

Determination of the concentration of entrapped drug is done by lysing the microspheres by sonication in phosphate buffer of pH 6.8. Drug CBZ filled or loaded microspheres was exactly weighed and was dissolved in 25 ml of phosphate buffer of pH 6.8, sonicated the solution

Fig. 1: Preparation of carbamazepine chitosan sodium alginate microspheres
for 15 minutes and then extracted for 12 hrs. 1 ml aliquot of this solution was then dissolved in 10 ml of phosphate buffer pH 6.8, then spectrometrically determined the concentration of loaded drug CBZ in phosphate buffer of pH 6.8 at 285.5 nm. Each sample was examined in triplicate.

In vitro release studies of drug [15-17]

Drug discharge from loaded microsphere in in vitro studies was done using USP – Type II paddle dissolution apparatus. For studying the percentage drug release from prepared microspheres, CBZ loaded microsphere was accurately weighed from each batch and was taken in 900 ml of dissolution medium (phosphate buffer pH 6.8). The solution as stirred at 100 rpm by maintaining 37±0.5°C as temperature. Aliquots of 5 ml solution were periodically withdrawn at regular intervals, for determining the concentration of the drug, at the same time 5 ml was replaced with blank which was also analyzed spectrophotometrically at 285.5 nm release studies were carried out in triplicate.

SEM [18,19]

With an adhesive carbon tape, the optimized or the perfect microsphere formulation was mounted on an aluminum stub after diluting it with distilled water, it was sputter-coated with gold using a vacuum evaporator and examined in SEM for 5-10 minutes at 40 mA and then investigated at 30 kV.

RESULTS AND DISCUSSION

Preformulation studies

FTIR spectroscopy

FTIR of obtained pure drug CBZ in Fig. 2 was found to be in conformity with the monograph (IP) (Fig. 3).

Solubility studies

The pure drug is partially soluble in water and ethanol and completely soluble in methanol, phosphate buffer pH 6.8 as mentioned in Table 2.

Melting point of the drug

The drug was found to melt at a temperature of 188-193°C and it was in accordance with that of the reference.

Table 1: Formulation composition of CBZ chitosan Na alginate microspheres

| S.No. | Ingredients                          | CM₁ | CM₂ | CM₃ | CM₄ | CM₵ | CM₶ |
|-------|--------------------------------------|-----|-----|-----|-----|-----|-----|
| 1     | Chitosan (g)                         | 1   | 1.5 | 2   | 2.5 | 3   | 3.5 |
| 2     | CBZ (mg)                             | 60  | 60  | 60  | 60  | 60  | 60  |
| 3     | Sodium alginate (g)                  | 3.2 | 3.2 | 3.2 | 3.2 | 3.2 | 3.2 |
| 4     | Heavy liquid paraffin (ml)           | 100 | 100 | 100 | 100 | 100 | 100 |
| 5     | Light liquid paraffin (ml)           | 50  | 50  | 50  | 50  | 50  | 50  |
| 6     | Acetic acid 3% (ml)                  | 15  | 15  | 15  | 15  | 15  | 15  |
| 7     | Tween 80 (ml)                        | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |

Table 2: Comparison of solubility profile of pure drug with reference

| Solvent        | Solubility |
|----------------|------------|
| Water          | -          |
| Ethanol        | -          |
| Methanol       | +          |
| 1-propanol     | -          |
| Acetone        | +          |
| 1-butanol      | -          |
| pH 6.8         | +          |

Partition coefficient

The drug was found to be insoluble in water proving that it is highly lipophilic, by showing a partition coefficient value of 1.59.

\( \lambda_{\text{max}} \text{CBZ in methanol} \)

The absorption maxima of CBZ in methanol was found to be 285 nm as shown in Fig. 4 which was in accordance with the official standard.

\( \lambda_{\text{max}} \text{of CBZ in phosphate buffer pH 6.8} \)

The absorption maxima of CBZ in pH 6.8 phosphate buffer was found to be 285.5 nm (Fig. 5).

Analytical method by UV spectrophotometer

Preparation of calibration curve for CBZ in methanol

The standard graph gave a straight line which indicates calibration curve is linear in the concentration range of 8-18 µg/mL. The calibration curves were shown in Table 3 and Fig. 6.

Preparation of calibration curve for CBZ in phosphate buffer pH 6.8

The calibration curve was linear in the concentration range of 3-18 µg/mL. The calibration curves were shown in Table 4 and Fig. 7.

Formulation of CBZ chitosan sodium alginate microspheres

The chitosan sodium alginate microspheres were prepared by injecting drug and sodium alginate mixture into already prepared chitosan
solution which contains light liquid paraffin, heavy liquid paraffin and SPAN 80. The prepared microspheres were filtered finally dried to obtain chitosan sodium alginate microspheres. The microspheres obtained were smooth and spherical in shape.

Characterization of CBZ chitosan Na alginate microspheres

Particle size by optical microscopy
The particle size of the microspheres was in the range between 70 and 100 µm.

Entrapment efficiency
Entrapment efficiency is the measure of solute retention. The entrapment efficiency of all microsphere formulations ranged between 62.67±0.29% and 92.56±0.72% as shown in Table 5 and Fig. 8. The maximum entrapment efficiency was found to be 92.56±0.72% for microsphere formulation CM5. Entrapment efficiency of the drug in microsphere increases as polymer concentration is proportional to viscosity; higher polymer concentration means higher will be the viscosity. This lead to larger polymers/solvent droplets to be formed, and more will be the time for hardening of larger particles allowing time for drug diffusion out of the particles which tend to decrease drug release.
Table 5: Entrapment efficiency of different microsphere formulations

| Formulation code | Percentage mean entrapment efficiency (%) |
|------------------|------------------------------------------|
| CM1              | 65.34±0.53                               |
| CM2              | 67.56±0.45                               |
| CM3              | 71.12±0.49                               |
| CM4              | 84.23±1.67                               |
| CM5              | 92.56±0.72                               |
| CM6              | 62.67±0.29                               |

Values are expressed as mean±standard deviation, n=3

CONCLUSION

For fighting against epilepsy, a novel drug delivery system to combat this incurable firing disorder is yet to be developed. Antiepileptic medications are used as the first line treatment option, but conventional therapy is accompanied by a handful of side effects. This study aimed to develop CBZ sodium chitosan microspheres which could minimize the side effects by dose reduction and bypasses first pass metabolism. CBZ Na alginate microspheres have been prepared and evaluated. The CBZ Na alginate microspheres (CM5) shows adequate rheological, mucoadhesive and permeability properties. The suggested formula allows the drug CBZ to the rectal mucosa for subsequent sustained release behavior with no burst effect, which is a major disadvantage of CBZ immediate release systems. In vitro release kinetics of formulation clearly indicated that the CBZ microsphere exhibited zero order release. The study emerged as a successful attempt to reduce dosing frequency and drug-related adverse drug reaction by producing sustained releasing microspheres.

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