Intravenous Cloxacillin Induced Agranulocytosis in a Haemodialysis Patient

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Abstract
Cloxacillin is a commonly used antibiotic to cover suspected Gram-positive infection and methicillin sensitive Staphylococcus aureus, especially in catheter-related infection. A case of severe agranulocytosis induced by prolonged high dose intravenous cloxacillin is reported here. Changing the antibiotic here led to rapid resolution of the potentially fatal situation caused by this antibiotic. Monitoring of blood count and high index of suspicions are important.

Keywords: Cloxacillin; Agranulocytosis; Infective endocarditis; Haemodialysis

Introduction
Cloxacillin is a common antibiotic prescribed for suspected Gram-positive infection and confirmed methicillin sensitive Staphylococcus aureus (MSSA) infection. We report a case of cloxacillin induced agranulocytosis in a haemodialysis patient, initially presented as catheter-related infection (CRI), complicated by infective endocarditis.

Case Report
Madam H is 60 year-old lady, with a history of hypertension for over 20 years duration. She was diagnosed to have advanced chronic kidney disease (CKD) in early 2011, and a left radio-cephalic fistula (RCF) was fashioned in preparation for her haemodialysis. She was eventually initiated on haemodialysis using the fistula since March 2012. Unfortunately, the fistula was thrombosed after 3 weeks of use, and she needed a temporary right-sided internal jugular double lumen catheter insertion to continue her dialysis. The catheter was then converted to a tunnel catheter on 3rd July 2012. She developed high grade fever the next day, and she was then treated as CRI with intravenous (IV) cloxacillin 1g qid, and IV ceftriazone 1g od. On examination there was a pansystolic murmur over the left sternal edge. The blood culture done on 4th July 2012 grew Staphylococcus aureus, sensitive to cloxacillin. An echocardiography done on 8th July 2012 showed one small organized vegetation attached to the left coronary cusp of aortic valve, associated with mild aortic regurgitation. It was then treated as infective endocarditis, and her IV cloxacillin was increased to 2 g every four hour, and her IV ceftriazone was stopped. The plan was to continue the IV cloxacillin at that dose for at least four weeks. Her concomitant medications were: nifedipine 15 mg tds, calcitriol 0.25 mcg bd, valsartan 80 mg od, calcium carbonate 500 mg tds, metoprolol 50 mg bd.

After two weeks of high dose IV cloxacillin, on 23rd July 2012, she developed high grade fever, and it was noted that her white blood cell count (WBC) was 0.72 (x10³), her haemoglobin (Hb) was 9.04 g/dL, and platelet count of 358. She was treated as neutropenia, and IV cloxacillin was stopped, and replaced by IV meropenam and IV gentamicin. She was otherwise comfortable, showing no signs of sepsis beside the high grade fever. Her vital signs (blood pressure and pulse were within normal ranges). Her serial counts were as below in Table 1.

| Date     | WBC  (x10³) | Hb (g/dL) | Platelet (x10³) |
|----------|-------------|-----------|-----------------|
| 23 July  | 0.72        | 9.04      | 358             |

A peripheral blood film showed reduced haemoglobin, white blood cells were of leucopenia with neutropenia, no blast seen, and adequate platelet. There was no eosinophilia. As her TWBC was improving after stopping the cloxacillin, in view of her Staphylococcal infective endocarditis, it was decided to stop the meropenam and gentamicin, and replaced with IV vancomycin on 31st July 2012. The frequency of

the IV vancomycin was adjusted according the monitored vancomycin level (keeping the level between 15-20 mg/L).

Repeated blood cultures on 27th July were negative. A repeated Echocardiography on 7th August showed the presence of the same vegetation (no increase in size, no worsening aortic regurgitation, no aortic root abscess). Her CRP was coming down, and there was no further plan from our cardiology such as surgical intervention. She was given a total of four weeks of IV vancomycin (last dose was given on 22nd August 2012). She remained well a year later.

Discussion
This case demonstrated the potentially fatal side effect of a commonly used antibiotic we use for catheter related sepsis and infective endocarditis. Infective endocarditis is one of the serious complications from an indwelling venous catheter. In some patients on haemodialysis, a double-lumen catheter is important as a vascular access while awaiting a permanent placement of a native fistula. In a developing country with limited resources and necessary personnel (vascular access surgeons), the fashioning of a fistula may be delayed. Thus some patient may need the catheter for a longer than desired period. This increases the probability of a complication such as infection and infective endocarditis. In our centre, IV cloxacillin and ceftazidime or ceftriazone are used as first line antibiotics while awaiting the culture results.

A few antibiotics were known to cause agranulocytosis, such as trimethoprim-sulfamethoxazole, ceftazidime, cloxacillin, clindamycin, gentamycin, and chloramphenicol [1]. Although our patient was given both the IV ceftriazone and IV cloxacillin, it is unlikely that the cause is due to ceftriazone as it was stopped within a few days of its initiation. A few risk factors were also studied and noted to be associated with IV cloxacillin such as serious infections (osteomyelitis, infective endocarditis), prolonged course of IV cloxacillin, with daily dose of 8-12 g [2]. In fact, it was suggested that a total dose of >150 g was associated with the development of neutropenia. The average duration

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of treatment before the development of agranulocytosis is 23 days (in our case, 20 days). As with previous reported cases, the neutrophil count recovered rapidly after the cloxacillin was stopped. A granulocyte colony stimulating factor was not needed.

The pathogenesis is poorly understood, though two mechanisms were proposed: direct toxic effect of the drug, and immunological allergic reaction and creation of neutrophil antibodies [3]. The presence of eosinophilia may suggest the second option, but it is not found in our case.

This case demonstrated a rather commonly used antibiotic can cause a potentially fatal result in treating patients with severe Staphylococcal infection, and it is important to monitor such patients during treatment, with a high index of suspicion should WBC is in decreasing trend towards neutropenia.

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| Date         | Total white blood cell (TWB C, x10^3) | Neutrophil count (x10^3) | CRP (mg/dL, <0.3) |
|--------------|--------------------------------------|--------------------------|------------------|
| 8 July 2012  | 6.2                                  | 3.8                      | 32.38            |
| 25 July 2012 | 9.6                                  | 4.0                      | 19.13            |
| 26 July 2012 | 6.0                                  | 0.0                      | 54.57            |
| 28 July 2012 | 1.0                                  | 0.4                      |                  |
| 29 July 2012 | 1.3                                  | 4.0                      |                  |
| 30 July 2012 | 1.7                                  | -                        |                  |
| 31 July 2012 | 2.0                                  | -                        |                  |
| 2 August 2012 | 2.7                                | -                        |                  |
| 3 August 2012 | 3.71                               | 0.27                     | 2.89             |
| 5 August 2012 | 5.06                                | 0.72                     | 1.82             |
| 7 August 2012 | 7.42                                | 1.66                     |                  |
| 13 August 2012 | 7.97                               | 2.02                     |                  |

Table 1: Serial TWBC/neutrophil count/CRP over the course of hospitalization.