Repositioning of inferior alveolar nerve and implant placement in atrophic mandible - How far justified?

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Abstract
Bone resorption in posterior mandibular region creates a challenge in placement of dental implants and prosthetic rehabilitation due to presence of inferior alveolar nerve (IAN). Several alternatives treatment modalities are suggested: the use of short implants, cortical implants, guided bone regeneration, appositional bone grafting (both autogenous and allograft), distraction osteogenesis, inclined implants tangential to mandibular canal, and the lateralization of the inferior alveolar nerve. In this paper, we will present IAN repositioning cases and simultaneous implant placement and assess the success of implants, severity of neurosensory disturbances and its impact on present day implant dentistry.

Keywords: Inferior alveolar nerve (IAN), Nerve repositioning, Dental implants, Mandibular atrophy, Neurosensory disturbances.

Introduction
Dental implant is a widely accepted treatment option for edentulous posterior mandible. But with the loss of teeth, the alveolar ridge undergoes a continuous and irreversible process of bone resorption in height and width. Severe atrophy of the mandible becomes a challenge to install dental implants of adequate height due to presence of inferior alveolar nerve (IAN).¹ IAN repositioning is a surgical procedure performed during placement of dental implants in atrophied posterior mandibular ridge without damaging the contents of inferior alveolar canal. First case of IAN repositioning was performed by Alling² (1977) but he used it for rehabilitate patients with severe atrophy for dentures. Later in 1987, Jenson and Nock³ carried out IAN repositioning for dental implants placement. In this surgical procedure, after buccal cortical osteotomy, IAN is identified and released from its canal and carefully retracted aside during implant placement under direct vision. Then neurovascular bundle is placed passively disto-lateral side of the implants. During surgical manoeuvre, traction and compression injuries to IAN causes variable neurosensory disturbances which takes to resolve 1-3months³ postoperative periods.

Case Presentation

Case 1
A 65 yrs old female presented with an old distorted Fixed Partial Denture (FPD) in mandibular posterior region on right side. We removed the bridge. Intraoral examination showed multiple decayed teeth. Radiographic examination (IOPA X RAY, OPG) confirmed the intraoral findings and severe atrophied ridge on that side. All the surgical options along with its advantages and demerits were discussed thoroughly with the patient; right inferior alveolar nerve repositioning was decided, with implant placement on that side, in the same surgical step.

Preoperative pertinent exams were undertaken for the patient, informed consent explained and signed. IAN repositioning and implant placement in 46, 47 regions were done under local anaesthesia. She was given prophylactic antibiotics orally one hour before the procedure.

Fig. 1: Preoperative OPG

Fig. 2: Preoperative I/O view

Fig. 3: Identification of mental nerve
Radiographic examination (IOPA X- RAY) confirmed the intraoral findings and severe atrophied ridge on that side. We explained all the options to him. Finally, he decided to undergo IAN repositioning and implant placement. Preoperative pertinent exams were undertaken for the patient, informed consent explained and signed. Two implants in 46, 47 regions were installed along with IAN repositioning under local anaesthesia. Antibiotic prophylaxis was given one hour before the procedure.

**Fig. 4:** Osteotomy cut

**Fig. 5:** Implant placed retracting IAN safely

**Fig. 6:** Postoperative OPG

**Fig. 7:** Implant supported prosthesis

**Case 2**
A 55 years old man reported to our clinic with edentulous space in mandibular posterior region on right side.
complication of transposition of inferior dental nerve, which would be required during insertion of implants. Under general anaesthesia with five (5) number of single stage bicortical implants were inserted bilaterally in canine, premolar and molar region and one two stage conventional implant was inserted on right molar region.

Fig. 11: Implant placement

Fig. 12: Post-operative IOPA X ray

Fig. 13: Postoperative I/O view after 3 month

Fig. 14: Implant supported prosthesis

Case 3
A Lady of 46 years old reported to the clinic with four (4 number) mono-cortical implants supported over denture (in the year 2001). Patient wanted fixed prosthesis for her lower jaw. Her jawbones were severely resorbed. She was explained about bicortical implants and probable

Fig. 15: Preoperative OPG

Fig. 16: Postoperative OPG

Fig. 17: I/O view after implant

Fig. 18: Implant supported prosthesis
Surgical Procedure
The area was anaesthetized with 2% lignocaine with adrenaline (1:80000) in case no 1 and 2. No local anaesthesia was given in case no 3. A crestal incision given from 2nd molar region to distal to 2nd premolar region and a crevicular incision (where needed) was given along with the tooth surface (premolar teeth) and the releasing incision was extended up-to the mesial surface of the canine. Anterior based mucoperiosteal flap was carefully raised in the Canine-premolar region and the mental foramen was exposed and the neurovascular bundle indentified, flap extended up to the lower border of the mandible inferiorly. An oval shaped bur cut was given around the mental foramen keeping 5-6 mm distance anteriorly and distally extended up to 2nd molar.

Buccal cortical Osteotomy was performed with surgical bur (No.703) under copious irrigation. Cortical bone was separated with fine chisel. One piece cortical bone kept laterally within the soft tissue along with the IAN whereas in case of two piece osteotomy small fragment was kept along with the nerve and rest of the bony fragment kept in the normal saline. Nerve was made free from the canal very carefully with the help of specially designed instruments. Under direct vision the implants were installed keeping the nerve lateraledized with perioseal elevator. The IAN was repositioned distolateral aspect of the implants passively. Additionally one groove were made distal to last implant, so that IAN can lodge in that groove. Buccal bone fragment was repositioned carefully without pressurising the IAN. Incision was closed with 4-0 resorbable suture.

The patient was prescribed tab. (Amoxicillin 500 mg + clavulanic acid 125mg). 1 tab 8 hourly for 7 days, tab. Paracetamol 1gm, 1 tab 8 hourly for 3 days, tab. Prednisolone 10mg, 1 tab 12 hourly with tapering dose for 5 days, chlorhexidine mouthwash thrice daily.

Twenty four hours postoperative follow up, patient had no complain of pain—localized edema was there. In the evaluation of sensorineural disorder, the patient suggested a mild paraesthesia in anterior part of lower lip. All the complaints subsided after 3 months postoperative period (case no. 1 & 2). In case no 3, the only complication, which occurred, was stiffness of the lower lip for the first 3 months which disappeared totally within 6 months of time, but no neurosensory deficiency or disturbances occurred. Till now she is doing well.

Discussion
Insertion of implants in posterior atrophic mandibular ridge is a challenge for surgeon due to anatomical presence of vital structures (IAN).

Some alternative treatment options can be used to avoid or bypass IAN: guided bone regeneration, short implants, laterally tilted implants installed near the nerve, cortical implants, distraction osteogenesis, and IAN repositioning.4-6 But in case of autogenous bone grafting, second surgical site is exposed to harvest graft.

Moreover, end result of bone grafting is unpredictable.7 Whereas, allogenous bone graft is also suffering with unpredictable outcomes. Short implants have higher failure rates in terms of biomechanical properties8 and long term success rate is also in question. Tilted implants are used very rarely due to lack of availability of desired angulated abutments. Distraction osteogenesis is a long period complicated treatment procedure.9 Cortical implants also have lots of limitation and long-term data is not available. Therefore, IAN repositioning can be a viable alternative, but surgically challenging.

Besides implant installation in atrophic edentulous posterior mandible IAN repositioning is used for the following procedures:

a) In orthognathic surgeries, such as lower border shaving and total mandibular subapical osteotomy.

b) In the pre-prosthetic surgery.

c) In the anastomosis and repairing of a disrupted IAN.

d) Preservation of IAN in cancer surgery in the posterior mandible.

IAN repositioning has the following advantages while used for implant installation in atrophic posterior mandible:

1. Longer implants can be placed
2. Bicortical engagement by the implants provide better primary stability which reduces time for healing and loading.
3. Desired number of implants can be placed as per requirement.

Disadvantages include mandible fracture, osteomyelitis and most importantly nuerosensory disturbances. In case 1& case 2, nuerosensory disturbances (numbness of the concerned side) subsided within 3 months postoperative period. No other complications like

Fig. 19: Osteotomy cut design

Fig. 20: Incision line
hyperesthesia, hypoesthesia etc. occurred in these two cases. The main reasons for nerve injury were traction injury, perineural oedema, disruption of micrcirculation of the nerve during manipulation.

Case no.3 was done under general anaesthesia, where bilateral nerve repositioning were undertaken. Following postoperative day though there was swelling, but no neurosensory deficiency was detected on either side of the nerve distribution area of the anterior mandible and lip. Therefore, we can say that general anaesthesia can reduces the chances of neurosensory disturbances in IAN repositioning cases. Local anaesthesia deposition to the site and needle injury during administering local anaesthesia close to the IAN may causes neurosensory disturbances.

Many authors suggested the use of piezoelectric bone cutting instruments with minimal damage to the neurovascular bundle. A controversial topic is placing any biocompatible barrier like collagen membrane in between the nerve and implant placement. The rationality is that the membrane prevents thermal conductivity or biomechanical impact over the nerve. In our case, we didn’t use any membrane or bonegraft in the nerve implant interface but placed in such a way so that adequate distance can be maintained. Additionally one groove were made distal to last implant, so that IAN can lodge in that groove. Some studies argue about the fixation of buccal cortical plate may compress the neurovascular bundle which may lead to paraesthesia. In our procedure, we have placed the buccal plate passively, not active fixation done.

For the analysis of the neurosensory function of IAN, the most commonly used test is two-point discrimination, as reported by several authors. Other objective tests were used such as the light touch test, the heat and cold test, pin prick test, and the pressure test, as reported by several authors.

In this study, a sensorineural disorder patient was assessed by the light touch test (with fine head of light cure bonding applicator) and needle prick test (no.26 gauge) to diagnose the severity of nerve fibers damaged by the surgical procedure. The tactile discrimination test was also conducted to delimit the area affected by sensory damage in case of hypoesthesia. Monitoring during the postoperative period was performed using the two-point discrimination test.

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