The Role of Glucose Transporter 1 in Drug Delivery: Transporter, Receptor and/or Signaling Component

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Abstract

The targeting of cell surface molecules is a promising strategy in drug delivery. Glucose modified-nanocarrier interacts with glucose transporter 1 (GLUT1) as a target molecule and increases nanocarrier-drug internalization to cancer and brain endothelial cells. The mechanism by which GLUT1 promotes nanocarrier internalization remains unclear. Herein, we propose that the interaction of GLUT1 and nanocarrier absorbs and traps the nanocarrier and simultaneously activates cell signaling pathways that is responsible for activation of the endocytosis system.

Keywords: GLUT1; Nanocarrier; Drug delivery; Signaling pathway

Introduction

Nonspecific-drug delivery is a challenging problem in nanoparticle-based drug delivery. The uptake of nanoparticles from blood is higher in cancer than normal tissue, because the endothelial of cancer vessels shows higher permeability and leakage [1]. This mechanism of drug delivery system is known as passive targeting [2]. Endothelial permeability and dysfunction are not observed in all cancers; therefore, passive targeting is not effective in all cancer types and leads to the development of another strategy known as active targeting. In active targeting, specific molecules are targeted in cancer tissues, which are differentially expressed between normal and malignant tissues. Moieties on the nanoparticle serve as a ligand that targets the receptors on the cancer tissue [3]. More than fifteen molecules have been targeted in order to deliver chemotherapeutic drugs in cancer therapy, including transferrin receptors, integrins, growth factor receptors, cluster of differentiation (CD) markers, glucose transporters (GLUTs), and asialoglycoprotein receptors [4]. Glucose and other monosaccharide are conjugated to nanocarrier for targeting GLUTs and asialoglycoprotein receptor. In nanoparticle-based drug delivery setting, these modification and targeting receptors increase nanoparticle internalization and delivery rate [5]. Fig. 1 summarizes the role of GLUT1 in cancer.

Glucose Transporter 1

Glucose transporter 1 (GLUT1) is overexpressed in several cancers. GLUT1 gene contains a Cis element recognized by a hypoxia-inducible factor 1 transcription factor that enhances GLUT1 expression in the cancer cells [6]. GLUT1 plays critical role in cancer progression by inducing of glucose uptake. The
higher glucose uptake provides fuel for cancer growth that is consumed via anaerobic glycolysis [7]. Some evidence has shown that GLUT1 activates intracellular signaling pathways and induces cancer progression via the independent manner of glucose uptake [8-10]. However, the inhibition of this transporter reduces cancer growth and progression by reducing intracellular glucose. In addition to the pathologic role, GLUT1 overexpression is considered as the biomarker for cancer diagnosis, prognosis and classification. GLUT1 overexpression is associated with poor prognosis and treatment outcome [11, 12]. Recent efforts have tried to use GLUT1 as tools to deliver drugs in cancer treatment. The overexpression and cell surface presentation are two main characteristics of an antigen for targeting in drug delivery. The overexpression and cell surface presentation are two main characteristics of an antigen for targeting in drug delivery. The modification of nanocarrier with glucose leads to increase of the specific interaction between GLUT1 and modified-nanocarrier that promotes the efficacy of drug delivery. Several reports have used glucose-modified nanoparticles for drug delivery by targeting GLUT1 in the cancer and brain tissue [13-15]. In spite of the promising results, the authors did not explain the molecular mechanism of the action.

**Molecular Mechanisms**

As the first hypothetical mechanism, the central transport pores of GLUT1 which do not exceed 5 nm contribute to the internalization of the modified nanocarrier [16]. This mechanism puts forward the observation that the inhibition of GLUT1 transporter activity via inhibitors such as STF-31 and phloretin impaired the modified nanoparticle internalization [17]. Because the size of nanocarrier is often over 10 nm, the internalization of the modified nanocarrier via central transport pore is not explainable. As the second well-documented mechanism, nanocarrier-GULT1 complex is internalized via transporter-mediated endocytosis. Glucose-modified nanocarrier interacts with GULT1 and produces a complex that is uptaken via clathrin and caveolin mediated endocytosis [18]. A question is raised as to how the modified nanocarrier and GULT1 interaction activates the intercellular endocytosis systems including clathrin and caveolin. Therefore, the role of GULT1 is beyond a simple molecular gripper or brake for ceasing the nanocarrier movement. Herein, we hypothesize that GULT1 promotes nanocarrier internalization via mechanism other than a simple interaction.

**Controversial Aspects and New Hypothesis**

We propose that the interaction of nanoparticle and GLUT1 triggers intercellular processes that facilitates the internalization of nanoparticles such as cell signaling dependent endocytosis activation. This suggestion is based on the observations which showed GLUT1 regulated the MAPK and Src/FAK signaling
pathways via glucose transport independent manner [19]. On the other hand, these signaling pathways modulate the clathrin-dependent and -independent endocytosis [20, 21]. It is more possible that glucose conjugated nanocarrier and GLUT1 interaction induces the cell signaling pathway activation that triggers endocytosis in the cancer cell, resulting in drug internalization and delivery.

As the second controversial issue, if the translocation of nanocarrier is not mediated via GLUT1 pore, how the GLUT1 inhibitors impair nanoparticle internalization? Phloretin is a multifunctional drug with antioxidant and anti-inflammatory properties, and inhibits several intercellular enzymes and signaling pathways [22-25]. Hence, it remains unclear which properties of phloretin mediate the inhibition of nanoparticle internalization. We and other researchers have shown that NAC, an antioxidant agent could affect the nanoparticle internalization in the cell culture model [26, 27]. And at the same time, STF-31 interacts directly with GLUT1 and probably interferes with nanocarrier and GLUT1 interaction. Another study has shown that polyclonal anti-GLUT1 antibody has similar effects on glucose-coated superparamagnetic iron oxide nanoparticles [28]. Fig. 2 illustrates the current knowledge and novel aspects of new hypothesis.

**Fig. 2** The interaction of nanocarrier and GLUT1 may induce endocytosis system in cell signaling dependent manner.

Conclusions

Taken together, we conclude that the modification of nanocarrier increases the GLUT1 dependent drug delivery. EGF receptor activates several downstream signaling pathways. This receptor plays a pivotal role in drug cargo internalization as a component of the endocytosis system [29, 30]. We suggest that the GLUT1 role in drug delivery may occur in a similar way.

**Perspective and the Future**

The evaluation of signaling pathways which are involved in the upstream of endocytosis system in the presence of modified-nanocarrier may be helpful to elucidate the mechanism of action. Moreover, the inhibition of these pathways by inhibitors may confirm the underlying mechanism.

Apart from that, the co-administration of nanocarrier and endocytosis inducers may be an effective method to increase drug delivery rate in cancer treatment.

**Conflicts of Interest**

The authors declare no conflict of interest.
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