## Narrative Review Checklist

| Section/Topic      | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|--------------------|---------|----------------------------------------------------------------------|------------------------------------|-------------------------------|
| **TITLE**          |         |                                                                      |                                    |                               |
| Title              | 1       | Identify the report as a Narrative Review of …                      | Page 1, Line 2                     | Title                         |
| **ABSTRACT**       |         |                                                                      |                                    |                               |
| Unstructured summary | 2     | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 3                            | Abstract, Paragraph 1         |
| **INTRODUCTION**   |         |                                                                      |                                    |                               |
| Rationale/background | 3     | Describe the rationale for the review in the context of what is already known. | Page 3                            | Introduction, Paragraph 1     |
| Objectives         | 4       | Specify the key question(s) identified for the review topic.        | Page 4                             | Introduction, Paragraph 2     |
| **METHODS**        |         |                                                                      |                                    |                               |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 4-5                          | Methods, Paragraph 1          |
| **DISCUSSION/SUMMARY** |     |                                                                      |                                    |                               |
| Narrative          | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 5-10                          | Discussion, Paragraph 1-15    |
| Summary            | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 10-11                         | Conclusion, Paragraph 1       |

Article information: http://dx.doi.org/10.21037/jid-20-2682

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.