Exploiting Multi-Hop Relaying to Overcome Blockage in Directional mmWave Small Cells

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Abstract:
With vast amounts of spectrum available in the millimeter wave (mmWave) band, small cells at mmWave frequencies densely deployed underlying the conventional homogeneous macrocell network have gained considerable interest from academia, industry, and standards bodies. Due to high propagation loss at higher frequencies, mmWave communications are inherently directional, and concurrent transmissions (spatial reuse) under low inter-link interference can be enabled to significantly improve network capacity. On the other hand, mmWave links are easily blocked by obstacles such as human body and furniture. In this paper, we develop a Multi-Hop Relaying Transmission scheme, termed as MHRT, to steer blocked flows around obstacles by establishing multi-hop relay paths. In MHRT, a relay path selection algorithm is proposed to establish relay paths for blocked flows for better use of concurrent transmissions. After relay path selection, we use a multi-hop transmission scheduling algorithm to compute near-optimal schedules by fully exploiting the spatial reuse. Through extensive simulations under various traffic patterns and channel conditions, we demonstrate MHRT achieves superior performance in terms of network throughput and connection robustness compared with other existing protocols, especially under serious blockage conditions. The performance of MHRT with different hop limitations is also simulated and analyzed for a better choice of the maximum hop number in practice.

Index Terms: Heterogeneous cellular networks, small cells, MAC scheduling, millimeter wave communications, 60 GHz, blockage.

I. INTRODUCTION

WITH the explosive growth of mobile data demand, there has been an increasing interest in deploying small cells underlying the conventional homogeneous macrocell network to improve network capacity, which is usually referred to as heterogeneous cellular networks (HCNs). With huge bandwidth available, small cells in the mmWave band are able to support multi-gigabit wireless services, including high-speed data transfer between devices, such as cameras, pads, and personal computers, as well as real-time streaming of both compressed and uncompressed high definition television (HDTV). Furthermore, rapid progress in complementary metal-oxide-semiconductor radio frequency integrated circuits accelerates popularization and standardization of wireless products and services in the mmWave band [1], [2]. Several standards have been defined for indoor wireless personal area networks (WPAN) or wireless local area networks (WLAN), e.g., ECMA-387 [3], IEEE 802.15.3c [4], and IEEE 802.11ad [5].

With high carrier frequency, mmWave communications have two features, directivity and vulnerability to blockage, which are fundamentally different from other existing communication systems using lower carrier frequencies. On one hand, due to high propagation loss in the mmWave band, high gain directional antennas are utilized at both the transmitter and receiver to extend the communication range [6], [7]. Under directional transmissions, carrier sensing cannot be performed by the third party nodes with low signal strength received from the current transmissions, which is referred to as the “deafness” problem [8]. Meanwhile, the reduced interference to neighboring links enables concurrent transmissions (spatial reuse) of multiple links, which improve network capacity significantly. Therefore, efficient coordination and scheduling mechanisms are needed to solve the deafness problem and maximize the gain of spatial reuse. On the other hand, with a small wavelength, mmWave links are sensitive to blockage by obstacles like humans and furniture. Specially, blockage by a human penalizes the link budget by 20–30 dB [9]. Considering human mobility, mmWave links are intermittent. For delay-sensitive applications such as HDTV, maintaining seamless network connectivity is a big challenge for mmWave small cells, and should be addressed carefully to ensure good user experience.

In this paper, we develop a multi-hop relaying transmission scheme, termed MHRT, to overcome blockage and improve transmission efficiency. In MHRT, we establish a relay path of multi-hop to steer the blocked flows around obstacles. In a typical indoor environment, relaying provides robust connectivity facing stationary and moving obstacles [9]. Since the relay path selection has a serious impact on the transmission efficiency of schedules, we optimize the relay path selection of flows for better use of concurrent transmissions. With the results of relay path selection, we design a heuristic concurrent transmission scheduling algorithm to fully exploit the potential of concurrent transmissions to maximize the transmission efficiency, which eventually improves network throughput significantly. The contributions of this paper are four-fold, which are summarized as follows.

- We design a relay path selection algorithm to choose proper relay nodes for blocked flows, aiming at better use of concurrent transmissions for maximizing transmission efficiency. Since adjacent links sharing common vertices cannot be scheduled for
concurrent transmissions, the relay paths for blocked flows are selected not to accumulate too much traffic around (from or to) one node to achieve a balanced traffic distribution among nodes after relaying.

- We formulate the optimal multi-hop transmission scheduling problem into a mixed integer linear programming (MILP), i.e., to minimize the number of time slots to accommodate the traffic demand of all flows. Concurrent transmissions, i.e., spatial reuse, are explicitly considered under the signal to interference plus noise ratio (SINR) interference model in this formulated problem.

- We propose an efficient and practical transmission scheduling algorithm to solve the formulated NP-hard problem with low complexity. In this algorithm, concurrent transmissions are enabled if the SINR of each link is able to support its transmission rate.

- Extensive simulations under various traffic patterns and channel conditions in the 60 GHz band are carried out to demonstrate the superior network performance of MHRT in terms of network throughput and connection robustness compared with other state-of-the-art protocols. Besides, we also analyze the impact of the maximum hop number on the performance of MHRT, which provides references for the choice of the maximum hop count in practice.

The rest of this paper is organized as follows. Section III introduces the system model and illustrates the procedure and problems of MHRT by an example. Section IV presents our relay path selection algorithm for better use of spatial reuse in the transmission scheduling. After relay path selection, we formulate the problem of optimal multi-hop transmission scheduling into a MILP, and propose an efficient and practical multi-hop transmission scheduling algorithm in Section V. Section VI shows the performance evaluation of MHRT under various traffic patterns and channel conditions, and the comparison with other existing protocols. The related work is introduced and discussed in Section II. Finally, we conclude this paper in Section VII.

II. RELATED WORK

There has been some related work on directional MAC protocols for small cells in the mmWave band. Since ECMA-387 [3] and IEEE 802.15.3c [4] adopt TDMA, some work is also based on TDMA [10], [11], [12], [13], [14], [15], [16]. Cai et al. [11] introduced the concept of exclusive region (ER) to enable concurrent transmissions, and derived the ER conditions that concurrent transmissions always outperform TDMA. In two protocols [12], [15] based on IEEE 802.15.3c, multiple links can communicate simultaneously in the same slot if the multi-user interference (MUI) is below a specific threshold. Qiao et al. [10] proposed a concurrent transmission scheduling algorithm for an indoor IEEE 802.15.3c WPAN, where non-interfering and interfering links are scheduled to transmit concurrently to maximize the number of flows with the quality of service requirement of each flow satisfied. Also based on IEEE 802.15.3c, multi-hop concurrent transmissions are enabled to address the link outage problem and combat huge path loss to improve flow throughput [16]. For protocols based on IEEE 802.15.3c, the piconet controller is operating in the omni-directional mode during the random access period, which may not be feasible for mmWave systems operating in the multi-gigabit domain with highly directional transmission, and will also lead to the asymmetry-in-gain problem [17]. Besides, for TDMA based protocols, the medium time for bursty data traffic is often highly unpredictable, which will cause unfair medium time allocation among flows.

There are also some centralized protocols, where the piconet coordinator (PNC) coordinates all the transmissions in small cells. Gong et al. [18] proposed a directive CSMA/CA protocol, which exploits the virtual carrier sensing to solve the deafness problem. However, it does not consider the blockage problem and also does not exploit the spatial reuse fully. The multihop relay directional MAC (MRDMAC) establishes a relay to steer around obstacles [9]. Since most transmissions go through the PNC, concurrent transmission is also not considered in MRDMAC. Chen et al. [19] proposed a spatial reuse strategy to schedule two different service periods (SPs) to overlap with each other for an IEEE 802.11 ad WPAN. It does not fully exploit the spatial reuse since only two links are considered for concurrent transmissions. Son et al. [20] proposed a frame based directional MAC protocol (FDMAC), which achieves high efficiency by amortizing the scheduling overhead over multiple concurrent transmissions in a row. FDMAC, however, does not give a solution to the blockage problem. Chen et al. [21] proposed a directional cooperative MAC protocol (D-CoopMAC) to coordinate the uplink channel access among stations in an IEEE 802.11ad WLAN. Since most transmissions go through the access point (AP), spatial reuse is not considered in D-CoopMAC. Recently, Niu et al. [22] proposed a blockage robust and efficient directional MAC protocol (BRDMAC), which overcomes the blockage problem by two-hop relaying. In BRDMAC, relay selection and spatial reuse are optimized jointly to achieve near-optimal network performance in terms of delay and throughput. However, only two-hop relaying is considered in BRDMAC, and under serious blockage conditions, there is probably no two-hop relay path between the sender and the receiver, which cannot guarantee robust network connectivity.

There is also some work on the blockage problem. Genc et al. [23] exploited reflection from walls and other surfaces to steer around the obstacles. Reflection brings about additional attenuation and reduces the power efficiency. An et al. [24] overcame link blockage by switching the beam path from a LOS link to a NLOS link. NLOS transmissions suffer from huge attenuation and cannot support high data rate [9], [16], [25]. Zhang et al. [26] exploited multi-AP diversity to overcome the blockage problem. There are multiple APs deployed, and when one of wireless links is blocked, another AP can be selected by the access controller to complete remaining transmissions. However, this scheme does not exploit the spatial reuse to improve network throughput. To the best of our knowledge, we are the first to optimize the multi-hop relay path selection and spatial reuse jointly to provide an efficient and robust solution to the blockage problem.
III. SYSTEM OVERVIEW

A. System Model

We consider an mmWave small cell with \( n \) nodes, one of which is the piconet controller (PNC) [4]. Nodes except the PNC are non-PNC stations (STAs). With small cells densely deployed in HCNs, we assume each node has the communication modes of both 4G operation and mmWave operation. With the 4G macrocell coupled with the small cells to some extent, some control signaling can be performed in the 4G mode [27]. The system is partitioned into non-overlapping time slots of equal length, and the PNC synchronizes the clocks of STAs and schedules the medium access of all the nodes to accommodate their traffic demand. Electronically steerable directional antennas are equipped at STAs and the PNC to support directional transmissions between any pair of nodes. The system runs a bootstrapping program [28], by which each node knows the update-to-date network topology and the location information of other nodes. On the other hand, the network topology and location information can also be obtained via the reliable 4G networks. With this information, each node can direct its beam towards other nodes. We also assume the beamforming between nodes has been completed before data transmission, and appropriate beam training or beam tracking techniques are applied to ensure the beams of the transmitter and receiver directed towards each other when needed [6], [7]. All the nodes are assumed to be half-duplex.

In MHRT, time is divided into a sequence of non-overlapping frames as in [20]. Each frame consists of two phases, scheduling phase and transmission phase. In the scheduling phase, the PNC polls the traffic demand of STAs, selects relay paths for blocked flows, and computes schedules to accommodate the traffic demand of flows. In the transmission phase, STAs and the PNC start concurrent transmissions following the selected relay paths and schedule.

Every node has \( n-1 \) virtual traffic queues to store the packets destined to other nodes. For each node \( i \), we define an \( n \)-element traffic demand vector \( \mathbf{d}_i \); each element \( d_{ij} \) of \( \mathbf{d}_i \) denotes the number of packets from node \( i \) to node \( j \). We denote the traffic demand matrix for all nodes by \( \mathbf{D} \), whose \( i \)th row is \( \mathbf{d}_i \).

For wireless channels in the 60 GHz band, non-line-of-sight (NLOS) transmissions suffer from higher attenuation compared with line-of-sight (LOS) transmissions [25]. NLOS transmissions also suffer from a shortage of multipath [9], [25]. To achieve high transmission rate and maximize the power efficiency [9], we consider the directional LOS transmission case in this paper. The directive link from node \( i \) to node \( j \) is denoted by \((i, j)\). Then according to the path loss model in [10], we can obtain the received signal power at node \( j \) as

\[
P_r = k_0 P_t d_{ij}^{-\gamma},
\]

where \( P_t \) denotes the transmit power, \( k_0 = 10^{PL(d_0)/10} \) is the constant scaling factor corresponding to the reference path loss \( PL(d_0) \) with \( d_0 \) equal to 1 m, \( l_{ij} \) denotes the distance between node \( i \) and node \( j \) normalized by \( d_0 \), and \( \gamma \) denotes the path loss exponent [10].

Due to the difference in link distance, accuracy of beam directing, and existence of obstacles, the channel transmission rates of different links vary significantly. We denote the channel transmission rate of link \((i, j)\) by \( c_{ij} \), which is equal to the number of packets link \((i, j)\) can transmit in a time slot numerically. We denote the \( n \times n \) channel transmission rate matrix by \( \mathbf{C} \), and its \((i, j)\) element is \( c_{ij} \). There is a channel transmission rate measurement procedure in the system to update the channel transmission rate matrix \( \mathbf{C} \), where concurrent channel transmission rate measurements are enabled to improve the measurement efficiency [29]. In this procedure, firstly the sender of each link transmits measurement packets to the receiver. With the measured signal to noise ratio (SNR) of these packets, the receiver obtains the achievable transmission rate and appropriate modulation and coding scheme (MCS) according to the correspondence table about SNR and MCS. Then the receiver will transmit an acknowledgement packet to inform the sender about the transmission rate and MCS. With the duration of a time slot only a few microseconds, the dynamics of the network topology and channel conditions are relatively low, and the procedure will be executed periodically [10].

Under relatively low multi-user interference (MUI), concurrent transmissions (spatial reuse) can be enabled to greatly improve network capacity [10], [30]. In this paper, we adopt the interference model in Ref. [10] and the ideal flat-top antenna model, whose antenna gain is constant within the beamwidth and zero outside the beamwidth. For link \((u, v)\) and \((i, j)\), we define a binary variable \( f_{u,v,i,j} \) to indicate whether node \( u \) and node \( j \) direct their beams towards each other. If it is, \( f_{u,v,i,j} = 1 \); otherwise, \( f_{u,v,i,j} = 0 \). Then the received SINR at node \( j \) can be calculated as

\[
\text{SINR}_{ij} = \frac{k_0 P_t l_{ij}^{-\gamma}}{W N_0 + \rho \sum_u \sum_v f_{u,v,i,j} k_0 P_t l_{u,j}^{-\gamma}},
\]

where \( \rho \) denotes the MUI factor related to the cross correlation of signals from different links, \( W \) denotes the bandwidth, and \( N_0 \) denotes the one-side power spectral densities of white Gaussian noise [10]. For each unblocked link \((i, j)\), we denote the minimum SINR to support its transmission rate \( c_{ij} \) by \( \text{MS}(c_{ij}) \). Therefore, link \((i, j)\)’s SINR \( \text{SINR}_{ij} \) should be larger than or equal to \( \text{MS}(c_{ij}) \) to support its concurrent transmissions with other links. Besides, due to the half-duplex assumption, each node has at most one connection with one neighbor at a time, and thus adjacent links cannot be scheduled for concurrent transmissions.

In Fig. 1, we give a time-line illustration of MHRT, where there are 5 nodes and node 5 is the PNC. The scheduling phase consists of three parts; in the first part, all the STAs direct their beams towards the PNC, and the PNC polls the traffic demand of STAs one by one, which will take time \( t_{\text{poll}} \); in the second part, the PNC selects relay paths for blocked flows and computes a schedule to accommodate the traffic demand of all nodes, which takes time \( t_{\text{sch}} \); in the third part, the PNC pushes the schedule and selected relay paths to the STAs by directing its beam towards the STAs one by one, which takes time \( t_{\text{push}} \). In the transmission phase, all nodes start transmission following the schedule until their traffic demand is cleared. In each schedule, there are multiple pairings, and in each pairing, multiple links are activated simultaneously for concurrent transmissions. To max-
imize transmission efficiency, concurrent transmissions (spatial reuse) should be fully exploited in the transmission phase. Since relay path selection influences the efficiency of spatial reuse, relay paths should be selected elaborately for higher transmission efficiency.

In the scheduling phase, if the direct link between one STA and the PNC is blocked, the PNC will perform the lost node discovery procedure in Ref. [9] to establish a relay path for the lost STA. If the PNC cannot find the lost STA by the procedure, the PNC will remove the lost STA from the network. With low human mobility and LOS transmissions, the network topology and channel conditions are assumed static during each frame. When there are a shortage of nodes in vicinity and the relay path cannot be established, cheap relay nodes can be deployed in vicinity as STAs to ensure the efficacy of relaying to overcome blockage.

\[
C = \begin{pmatrix}
0 & 3 & 1 & 0 & 2 \\
3 & 0 & 2 & 1 & 1 \\
1 & 2 & 0 & 3 & 1 \\
0 & 1 & 3 & 0 & 2 \\
2 & 1 & 1 & 2 & 0
\end{pmatrix}, \quad (4)
\]

which suggests that link (1, 4) is blocked, and link (1, 2) can transmit 3 packets in a time slot. As shown in Fig. 2, since link (1, 4) is blocked, we establish a relay path of three hops, 1 → 2 → 3 → 4, to forward the traffic of 1 → 4, six packets named a. Besides, the packets from node 4 to 5 and from node 5 to 1 are named b and c respectively. Then with the schedule already showed in Fig. 1, we can accommodate the traffic demand of these three flows in 7 time slots. This schedule has three pairings. In the first pairing, the first hop of flow 1 → 4, link (1, 2) and link (4, 5) transmit for two time slots; in the second pairing, the second hop of flow 1 → 4, link (2, 3) and link (5, 1) transmit for three time slots; in the third pairing, the third hop of flow 1 → 4, link (3, 4) transmits for two time slots. For each connection in each pairing, we assume its SINR can support its transmission rate. If we select node 5 to forward the traffic of flow 1 → 4, link (1, 5) will have six packets named a to transmit, which takes three time slots. Similarly, link (5, 4) needs three time slots to transmit six packets named a. In this case, with the traffic of flow 4 → 5 and 5 → 1 taken into account, we need at least eleven time slots to accommodate the traffic demand in (3) since link (1, 5), (5, 4), (4, 5), and (5, 1) are adjacent and cannot be scheduled concurrently. As we can observe, relay path selection has a big impact on the spatial reuse, and should be optimized to achieve higher transmission efficiency. Besides, how to schedule concurrent transmissions to maximize transmission efficiency is also an important problem.

\[
D = \begin{pmatrix}
0 & 0 & 0 & 6 & 0 \\
0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 0 \\
0 & 0 & 0 & 0 & 4 \\
6 & 0 & 0 & 0 & 0
\end{pmatrix}, \quad (3)
\]

which suggests that there are 6 packets from node 1 to 4, 4 packets from node 4 to 5, and 6 packets from node 5 to 1. The channel transmission rate matrix is

B. Problem Overview

For blocked flows, we maintain their connectivity by establishing relay paths. However, different relay path selection has different impact on the transmission efficiency in the transmission phase. If we distribute too much traffic to adjacent links after relay path selection, concurrent transmissions will not be fully exploited in the transmission phase, which will degrade the network performance eventually. After relay path selection, we should fully exploit spatial reuse to improve the transmission efficiency as much as possible.

Now, we present an example to illustrate the operation of MHRT and our basic idea. We assume a small cell of 5 nodes. In the scheduling phase, the traffic demand matrix polled by the PNC is

\[
C = \begin{pmatrix}
0 & 3 & 1 & 0 & 2 \\
3 & 0 & 2 & 1 & 1 \\
1 & 2 & 0 & 3 & 1 \\
0 & 1 & 3 & 0 & 2 \\
2 & 1 & 1 & 2 & 0
\end{pmatrix}, \quad (4)
\]

IV. RELAY PATH SELECTION

In this section, we propose a heuristic relay path selection algorithm to establish relay paths for blocked flows, and also to enhance the spatial reuse as much as possible.

With the traffic demand matrix D and the channel transmission rate matrix C, the relay path selection algorithm computes
optimized relay paths for blocked flows. As in Ref. [20], \( D \) can be represented by a directed and weighted multigraph, \( G(V, E) \), where \( V \) denotes the set of vertices and \( E \) denotes the set of direct and weighted edges. For each non-zero traffic \( d_{ij} \), there is an edge \( e_{ij} \in E \) from node \( i \) to node \( j \), and its weight \( w(e_{ij}) \) is equal to \( d_{ij} \). From \( C \), the algorithm obtains the set of blocked edges in \( E \), denoted by \( E_b \). For \( e_{ij} \), the set of possible paths originating from \( i \) is denoted as \( P(e_{ij}) \), and is initialized to node \( i \). We denote the selected relay path for \( e_{ij} \) in \( E_b \) by \( P_s(e_{ij}) \). We denote the maximum number of hops for each path by \( H_{max} \).

The relay path selection algorithm selects relay paths for blocked flows in descending order of relay probability. Then for each blocked flow \( e_{ij} \) in \( E_b \), the algorithm searches for all the possible relay paths from node \( i \) to \( j \) with the number of hops less than or equal to \( H_{max} \). Since adjacent links sharing common vertices cannot be scheduled for concurrent transmissions, we should distribute traffic among nodes after relaying in a balanced way and not accumulate too much traffic from or to one node for better use of concurrent transmissions after relaying. Thus, for each candidate relay path \( p \) for \( e_{ij} \in E_b \), we first select it as the relay path for \( e_{ij} \in E_b \), and calculate the maximum sums of the normalized weights of edges from or to each vertex in \( V \). Then the algorithm selects the relay path in \( P(e_{ij}) \) with the minimum maximum as the final relay path \( P_s(e_{ij}) \) for \( e_{ij} \in E_b \). For blocked flows that cannot be relayed successfully, their traffic demand will not be considered in MHRT.

For each edge \( e_{ij} \) in \( E_b \), we define a metric, called relay probability, \( r(e_{ij}) \) to evaluate the probability that \( e_{ij} \) can be relayed by other nodes successfully. \( r(e_{ij}) \) is calculated as \( r(e_{ij}) = L(i) \times R(j) \), where \( L(i) \) denotes the number of neighbors node \( i \) can reach without being blocked, and \( R(j) \) denotes the number of neighbors that can reach node \( j \) without being blocked. For each path \( p \in P(e_{ij}) \), we denote its last node as \( l_p \). For each path \( p \in P(e_{ij}) \), the weights of edges on it are equal to \( w(e_{ij}) \). For each unblocked edge \( e_{ij} \) in \( G(V, E) \), we define its normalized weight \( w_c(e_{ij}) \) as the number of time slots to accommodate the traffic demand indicated by its weight, which can be calculated as \( w_c(e_{ij}) = \left[ w(e_{ij})/c_{ij} \right] \).

The pseudo-code of the relay path selection algorithm is presented in Algorithm 1. The algorithm iteratively selects relay paths for all blocked flows in \( E_b \) in descending order of relay probability, as indicated by lines 1–2. Lines 4–32 find out all the possible relay paths with the number of hops less than or equal to \( H_{max} \). By extending each path in \( P(e_{ij}) \) to generate new paths of no loop, the algorithm obtains paths with more hops originating from node \( i \), as indicated by lines 6–13. Then the algorithm examines the last node of each path in \( P(e_{ij}) \) to see whether this path reaches node \( j \), as indicated by lines 14–15. If it is, the algorithm updates \( G(V, E) \) by adding edges on this path to \( E \), and obtains the normalized weights of edges in \( E \), as indicated by lines 16–18. Then the algorithm computes the maximum sums of the normalized weights of edges from or to each vertex in \( G(V, E) \), and record it by \( MS(p) \), as indicated by lines 19–24. In lines 26–28, the algorithm records the path with the minimum \( MS(p) \) by \( P_s(e_{ij}) \), and its \( MS(p) \) is recorded by \( OP(e_{ij}) \). After all possible relay paths are examined, the path with the minimum \( MS(p) \), \( P_s(e_{ij}) \), will be selected as the relay path for \( e_{ij} \in E_b \), and outputted in line 34. For the example in Section III-B, with \( H_{max} \) set to 3, the relay path for flow 1 → 4 selected by the algorithm is 1 → 2 → 3 → 4, and is already illustrated in Fig. 2. The relay path distributes the traffic of flow 1 → 4 to idle nodes as 2 and 3, which enables more concurrent transmissions of hops in this path and other two unblocked flows, 4 → 5 and 5 → 1. To estimate the complexity, we can observe the outer while loop has \( |E_b| \) iterations, and the for loop in line 14 has \( |P(e_{ij})| \) iterations, where \( |P(e_{ij})| \) in the worst case is \( O(n^{H_{max}}) \). Besides, the for loop in line 18 has \( |V| \) iterations, where \( |V| \) is \( O(n) \). Thus, the relay path selection algorithm has the computational complexity of \( O(|E_b| n^{H_{max}+1}) \), which can be implemented in practice.

Algorithm I Relay Path Selection Algorithm.

Initialization:

\[
\begin{align*}
&\text{Obtain } G(V, E) \text{ from } D, \text{ and } E_b \text{ from } G(V, E) \text{ and } C; \\
&\text{Obtain the relay probability of edges in } E_b; \\
&\text{Remove } E_b \text{ from } E; \\
&\text{Iteration:} \\
&\text{while } (|E_b| > 0) \text{ do} \\
&\quad h = 0; \quad P(e_{ij}) = \{i\}; \quad P_s(e_{ij}) = \emptyset; \quad OP(e_{ij}) = 0; \\
&\quad \text{while } (|P(e_{ij})| > 0 \text{ and } h < H_{max}) \text{ do} \\
&\quad\quad h = h + 1; \quad P_{new} = \emptyset; \\
&\quad\quad \text{for each } p \in P(e_{ij}) \text{ do} \\
&\quad\quad\quad \text{if } (v \text{ is not on } p) \text{ then} \\
&\quad\quad\quad\quad \text{Generate a new path } p' \text{ by extending } p \text{ to } v; \\
&\quad\quad\quad\quad P_{new} = P_{new} \cup p'; \\
&\quad\quad\quad \text{end if} \\
&\quad\quad \text{end for} \\
&\quad\quad \text{end for} \\
&\quad \text{for each } p \in P(e_{ij}) \text{ do} \\
&\quad\quad \text{if } (l_p = j) \text{ then} \\
&\quad\quad\quad MS(p) = 0; \\
&\quad\quad\quad \text{Update } G(V, E) \text{ by adding edges on } p \text{ to } E; \\
&\quad\quad\quad \text{Obtain the normalized weights of edges in } E; \\
&\quad\quad\quad \text{for each } v \in V \text{ do} \\
&\quad\quad\quad\quad S(v) = \sum_{e_{uv} \in E} w_c(e_{uv}) + \sum_{e_{uv} \in E} w_c(e_{uv}); \\
&\quad\quad\quad\quad \text{if } (S(v) > MS(p)) \text{ then} \\
&\quad\quad\quad\quad\quad MS(p) = S(v); \\
&\quad\quad\quad \text{end if} \\
&\quad\quad \text{end for} \\
&\quad \text{end for} \\
&\quad \text{while} \\
&\quad\quad \text{Recover } G(V, E) \text{ by removing edges on } p \text{ from } E; \\
&\quad\quad\quad \text{if } P_s(e_{ij}) = \emptyset \text{ and } MS(p) < OP(e_{ij}) \text{ then} \\
&\quad\quad\quad\quad P_s(e_{ij}) = p; \quad OP(e_{ij}) = MS(p); \\
&\quad\quad\quad \text{end if} \\
&\quad \text{end if} \\
&\quad \text{end for} \\
&\quad \text{end while} \\
&\quad \text{Update } G(V, E) \text{ by adding edges on } P_s(e_{ij}) \text{ to } E; \\
&\quad E_b = E_b - e_{ij}; \quad \text{Output } P_s(e_{ij}); \\
&\quad \text{end while}
\end{align*}
\]
V. MULTI-HOP TRANSMISSION SCHEDULING

After the relay path selection, we should accommodate the traffic demand of flows after relaying with the minimum number of time slots to maximize spatial reuse and transmission efficiency. In this section, we first formulate the problem of optimal multi-hop transmission scheduling into a mixed integer linear programming (MILP) based on the problem formulation in FD-MAC [20], and then propose a practical multi-hop transmission scheduling algorithm to fully exploit concurrent transmissions for near-optimal transmission efficiency.

A. Problem Formulation

For each flow from node \( i \) to \( j \) after relay path selection, we denote the number of hops of its transmission path by \( H_{ij} \). For each unblocked flow \( u \rightarrow v \), \( H_{uv} \) is equal to 1. We denote the \( h \)th hop link of flow \( i \rightarrow j \) as \((i, j, h)\), and also denote its transmission rate by \( c_{ijh} \). For link \((i, j, h)\) and \((u, v, k)\), we define an indicator variable \( I_{ijh, uvk} \) to indicate whether they are adjacent. If they are, \( I_{ijh, uvk} \) is equal to 1; otherwise, \( I_{ijh, uvk} \) is equal to 0. Besides, we also denote the sender of link \((i, j, h)\) by \( s_{ijh} \), and the receiver by \( r_{ijh} \).

We assume there are \( T \) pairings in the schedule to accommodate the traffic demand of flows, and denote the number of time slots of \( t \)th pairing by \( \delta^t \). In the \( t \)th pairing, for each link \((i, j, h)\), we define a binary variable \( \alpha^t_{ijh} \) to indicate whether link \((i, j, h)\) is scheduled for transmission in the \( t \)th pairing. If it is, \( \alpha^t_{ijh} \) is set to 1; otherwise, \( \alpha^t_{ijh} \) is set to 0. To optimize transmission efficiency, the traffic demand of flows should be accommodated with the minimum number of time slots [20]. Therefore, the problem of optimal multi-hop transmission scheduling (P1) can be formulated as follows.

\[
\begin{align*}
\min \quad & T \sum_{t=1}^{T} \delta^t \\
\text{s.t.} \quad & \sum_{t=1}^{T} \alpha^t_{ijh} = 1, \text{ if } d_{ij} > 0 \text{ & } h \leq H_{ij}, \quad \forall i, j, h \\
& \sum_{t=1}^{T} (\delta^t \cdot \alpha^t_{ijh}) \geq \left[ \frac{d_{ij}}{c_{ijh}} \right], \text{ if } d_{ij} > 0 \text{ & } h \leq H_{ij}, \quad \forall i, j, h \\
& \sum_{h=1}^{H_{ij}} \alpha^t_{ijh} \leq 1; \quad \forall i, j, t \\
& \sum_{t=1}^{T} a^t_{ijh} \geq \sum_{t=1}^{T} a^t_{ij(h+1)} \quad \text{if } H_{ij} > 1; \\
& \quad \forall i, j, h = 1 \sim (H_{ij} - 1), \quad \bar{T} = 1 \sim T \\
& a^t_{ijh} + a^t_{uvk} \leq 1, \text{ if } I_{ijh, uvk} = 1; \quad \forall t, (i, j, h), (u, v, k)
\end{align*}
\]

We explain these constraints as follows.
- Constraint (6) indicates for each link \((i, j, h)\), if flow \( i \rightarrow j \) has traffic, then it should be scheduled once in one pairing of the schedule.
- Constraint (7) indicates for each link \((i, j, h)\), the schedule should accommodate its traffic \( \delta^t \).
- Constraint (8) indicates links in the same relay path cannot be scheduled concurrently due to the inherent order of transmission on the path.
- Constraint (9) indicates the \( h \)th hop of the relay path of flow \( i \rightarrow j \) should be scheduled for transmission ahead of the \( (h+1) \)th hop due to the inherent order of transmission on the path. Constraint (9) represents a group of constraints since \( \bar{T} \) varies from 1 to \( T \).
- Constraint (10) indicates due to the half-duplex assumption, adjacent links cannot be scheduled concurrently in the same pairing.
- Constraint (11) indicates to enable concurrent transmissions, the SINR of each link in the same pairing should be larger than or equal to the minimum SINR to support its transmission rate. If link \((i, j, h)\) is not scheduled into the \( t \)th pairing, \( \alpha^t_{ijh} \) is equal to 0, and this constraint does not work.

B. Problem Reformulation

Since constraints (7) and (11) are nonlinear, problem P1 is a mixed integer nonlinear programming (MINLP) problem, which is generally NP-hard. By a relaxation technique, the Reformulation-Linearization Technique (RLT) [31], [32], we can linearize constraints (7) and (11). For constraint (7), we define a substitution variable \( s^t_{ijh} = \delta^t \cdot \alpha^t_{ijh} \). The number of time slots of each pairing, \( \delta^t \), is bounded as \( 0 \leq \delta^t \leq \bar{T} \), where \( \bar{T} = \max \left\{ \frac{d_{ij}}{c_{ijh}} \right\} \text{ for all } i, j, h \). With \( 0 \leq s^t_{ijh} \leq 1 \), we can obtain the RLT bound-factor product constraints for \( s^t_{ijh} \) as

\[
\begin{align*}
& s^t_{ijh} \geq 0 \\
& \delta^t - s^t_{ijh} \geq 0 \\
& \bar{T} \cdot a^t_{ijh} - s^t_{ijh} \geq 0 \\
& -\bar{T} \cdot \delta^t + \bar{T} \cdot a^t_{ijh} + s^t_{ijh} \geq 0
\end{align*}
\]

The RLT procedure for constraint (11) is similar and thus omitted. By substituting the substitution variables into constraint (7) and (11), we reformulate problem P1 into a mixed integer linear programming (MILP) as

\[
\min \quad \sum_{t=1}^{T} \delta^t
\]

s.t.
The pseudo-code of the multi-hop transmission scheduling algorithm is presented in Algorithm 2. The algorithm first obtains the set of transmission paths of flows after relay path selection, $P_s$, and the set of hops in $P_s$, $E_s$. Since we should start scheduling the first hop of each path $p_{ij} \in P_s$, $F_{ij}$ is set to 1 initially. In the iteration process, the algorithm iteratively schedules the hops in $E_s$ into each pairing until $E_s$ becomes empty, as indicated by line 1. In the scheduling of each pairing, the algorithm iteratively schedules each selected hop in the pairing until all the paths in $P_s$ are visited or the number of links in the pairing reaches $\lfloor n/2 \rfloor$. First, we obtain the unscheduled headmost hops of unvisited paths, and represent them by $G(V_f, E_f)$, as indicated by line 5. Then we obtain the set of edges with the minimum number of adjacent edges in $G(V_f, E_f)$, $E_{ma}$, as in line 6. In line 7, we obtain the edge $(i, j, F_{ij})$ with the largest weight $w_{ij}F_{ij}$. Line 8 checks whether the selected edge $(i, j, F_{ij})$ is adjacent to the edges already in this pairing. If it is not, $(i, j, F_{ij})$ will be selected as the candidate link, and added to this pairing as in line 9. Then the concurrent transmission conditions of links in this pairing will be checked as in lines 10–15. If the concurrent transmission conditions of any link in this pairing cannot be met, this candidate link will be removed from this pairing, as indicated by lines 12–14 and 21; otherwise, the candidate link will be scheduled successfully into this pairing, and the number of time slots of this pairing will be updated to accommodate the traffic demand of this link as in line 16. If all the hops on path $p_{ij}$ have been scheduled, $p_{ij}$ will be removed from $P_s$ as in lines 17–19. Furthermore, the hop number of the unscheduled headmost hop on path $p_{ij}$ will be updated as in line 20. In line 23, the visited path $p_{ij}$ is removed from $P_u$. Finally, the scheduled links in each pairing and the number of time slots of this pairing are outputted in line 25.

For the example in Section III-B, in the scheduling for pairing 1, $G(V_f, E_f)$ consists of link $(1, 2)$ (the first hop of flow 1 $\rightarrow$ 4), link $(5, 1)$, and link $(4, 5)$. Since link $(1, 2)$ has the minimum adjacent links and largest weight, $(1, 2)$ is scheduled into pairing 1 first. Then since link $(5, 1)$ is adjacent to link $(1, 2)$, link $(4, 5)$ is scheduled into pairing 1 for concurrent transmissions with link $(1, 2)$. Other pairings are scheduled similarly. The complete schedule has three pairings, and is already illustrated in Fig. 1. The total number of time slots of this schedule is 7, which is the same as the solution of YALMIP [33]. To estimate the complexity, we can observe the outer while loop has $|E_s|$ iterations, where $|E_s|$ in the worst case is $O(|P_s| H_{max})$. The inner while loop has $O(n)$ iterations, since $|E^t| < \lfloor n/2 \rfloor$. Besides, the procedure in line 10 has complexity of $O(|E_f|)$, where $|E_f|$ in the worst case is $|P_s|$. Thus, our algorithm has the complexity of $O(|P_s|^3 n)$, which is a pseudo-polynomial time solution and suitable for the implementation in practical mmWave small cells.

VI. PERFORMANCE EVALUATION

In this section, we evaluate the performance of our proposed MHRT under various traffic patterns and channel conditions, and compare it with two state-of-the-art protocols.
Algorithm 2 Multi-Hop Transmission Scheduling Algorithm

Initialization:
- Obtain the set of transmission paths of all flows, \( P_s \);
- Obtain the set of hops in \( P_s, E_s \);
- Obtain the weight of each hop \((i, j, h) \in E_s, w_{ijh}\);
- Set \( F_{ij} = 1 \) for each \( p_{ij} \in P_s; t=0; \)

Iteration:
1. while \((|E_s| > 0)\) do
2. \( t = t + 1; \)
3. Set \( V^t = \emptyset, E^t = \emptyset, \) and \( \delta^t = 0; \) Set \( P_u^t \) with \( P_u^t = P_s; \)
4. while \((|P_u^t| > 0) \) and \(|E^t| < \lfloor n/2 \rfloor \) do
5. Obtain \( G(V_f, E_f) \) with \( E_f = \{(i, j, F_{ij})|p_{ij} \in P_u^t\}; \)
6. Obtain \( E_{ma} \) with \( E_{ma} = \arg \min_{(i,j,F_{ij}) \in E_f} A_{s_{ij}F_{ij}r_{ij}F_{ij}}; \)
7. Obtain the edge in \( E_{ma} \) with the largest weight, \((i, j, F_{ij}); \)
8. if \((s_{ij}F_{ij} \notin V^t \) and \( r_{ij}F_{ij} \notin V^t)\) then
9. \( E^t = E^t \cup \{(i, j, F_{ij})\}; \)
10. \( V^t = V^t \cup \{s_{ij}F_{ij}, r_{ij}F_{ij}\}; \)
11. for each link \((u, v, k)\) in \( E^t \) do
12. Calculate the SINR of link \((u, v, k)\), \( SINR_{uvk} \);
13. if \((SINR_{uvk} < MS(c_{uvk})\) then
14. Go to line 21
15. end if
16. end for
17. if \((F_{ij} = H_{ij})\) then
18. \( P_s = P_s - p_{ij}; \)
19. end if
20. \( F_{ij} = F_{ij} + 1; \) Go to line 23
21. \( E^t = E^t - \{(i, j, F_{ij})\}; \)
22. \( V^t = V^t - \{s_{ij}F_{ij}, r_{ij}F_{ij}\}; \)
23. \( P_u^t = P_u^t - p_{ij}; \)
24. end while
25. Output \( E^t \) and \( \delta^t; \)
26. end while

A. Simulation Setup

In the simulation, we consider an mmWave small cell of 10 nodes uniformly distributed in a square area of \(10m \times 10m\), and the simulations are conducted in MATLAB. According to the distances between nodes, we set three transmission rates, 2 Gbps, 4 Gbps, and 6 Gbps. We set the data packet size to 1000 bytes. According to the simulation parameters in Table II of Ref. [9], we set the duration of a time slot to 5 \(\mu s\), and with a transmission rate of 2 Gbps, a packet can be transmitted in a time slot. The simulation parameters are listed in Table 1. Since the AP can access \( T_{HY} \) nodes in one time slot [20], the PNC can complete the traffic demand polling or the schedule pushing in a time slot. For the simulated network, it takes a few time slots for the PNC to compute the relay paths and schedule [20]. In the simulation, we assume nonadjacent links can be scheduled concurrently, and their SINRs are able to support their transmission rates.

In the simulation, there are 10 flows in the network, and we set two kinds of traffic modes:

- [9]: the AP can access \(T_{HY}\) nodes in one time slot [20], the PNC can complete the traffic demand polling or the schedule pushing in a time slot. For the simulated network, it takes a few time slots for the PNC to compute the relay paths and schedule [20]. In the simulation, we assume nonadjacent links can be scheduled concurrently, and their SINRs are able to support their transmission rates.

A. Poisson Process

packets of each flow arrive following a Poisson process with

arrival rate \(\lambda\). The traffic load, denoted by \(T_1\), can be calculated as

\[ T_1 = \frac{\lambda \times L \times N}{R}, \quad (15) \]

where \(L\) denotes the size of data packets, \(N\) denotes the number of flows, and \(R\) is set to 2 Gbps.

A.2 Interrupted Poisson Process

packets of each flow arrive following an interrupted Poisson process (IPP). The parameters of the interrupted Poisson process are \(\lambda_1, \lambda_2, p_1\) and \(p_2\), and the arrival intervals of an IPP obey the second-order hyper-exponential distribution with a mean of

\[ E(X) = p_1 \frac{1}{\lambda_1} + p_2 \frac{1}{\lambda_2}. \quad (16) \]

Since the interrupted Poisson process can also be represented by an ON-OFF process, IPP traffic is typical bursty traffic. The traffic load \(T_1\) in this mode is defined as:

\[ T_1 = \frac{L \times N}{E(X) \times R}. \quad (17) \]

As in [22], we also define a metric, the blockage rate \(B_r\), to evaluate the performance of MHRT under different blockage conditions. \(B_r\) can be calculated as

\[ B_r = \frac{N_b}{n^2}, \quad (18) \]

where \(N_b\) denotes the number of blocked links in the network.

We evaluate the network throughput of MHRT by the number of successful transmissions until the end of simulation. The network is simulated for \(5 \times 10^4\) time slots. If a packet is relayed successfully through a multi-hop relay path, it will be counted as a successful transmission. Besides, to show the robustness of MHRT under different blockage conditions, we also define a metric, called the relay ratio, which is the fraction of packets relayed successfully over the total arrived packets of blocked flows.

In order to show the advantages of MHRT, we compare MHRT with the following two protocols:

1. FDMAC: the frame-based scheduling directional MAC protocol. The core of FDMAC is the greedy coloring (GC) algorithm, which fully exploits the spatial reuse by iteratively...
scheduling each flow into each concurrent transmission pairing in non-increasing order of traffic demand [20]. However, it does not give a solution to the blockage problem.

2) **BRDMAC**: the blockage robust and efficient directional MAC protocol [22]. BRDMAC overcomes blockage by two-hop relaying, and achieves high transmission efficiency by optimizing relay selection and spatial reuse jointly. To the best of our knowledge, BRDMAC achieves best performance in terms of robustness and transmission efficiency among the existing protocols. However, the two-hop relaying scheme fails to work when the two-hop relay path between the sender and the receiver does not exist.

### B. Comparison with Other Protocols

We plot the network throughput of the three protocols under different blockage rates in Fig. 3. In this simulation, \(H_{\text{max}}\) for MHRT is set to 4, and the traffic load is set to 5. When the blockage rate increases by 0.1, we block one more flow and nine additional links. From the results, we can observe the network throughput of MHRT decreases with the blockage rate, and MHRT outperforms BRDMAC and FDMAC significantly under both Poisson and IPP traffic, especially under serious blockage conditions. When the blockage rate is 0.6, MHRT improves network throughput by about 31% and 64% compared with BRDMAC and FDMAC respectively under Poisson traffic. This can be explained as follows. Under serious blockage conditions, the two-hop relaying scheme in BRDMAC often fails due to a lack of two-hop relay paths. Consequently, packets of many blocked flows cannot be relayed successfully. For FDMAC, since no mechanism exists to overcome blockage, only packets of unblocked flows can be transmitted successfully.

In Fig. 5, we plot the network throughput of three protocols under different traffic loads. The blockage rate is set to 0.6. We can observe MHRT outperforms BRDMAC and FDMAC significantly under both Poisson and IPP traffic. Under light load, the network throughput of MHRT increases with the traffic load. When the traffic load exceeds 3, the network throughput of MHRT reaches saturation, while BRDMAC and FDMAC reach saturation at the traffic load of 2.5. Under Poisson traffic, MHRT improves network throughput by about 30% and 63% compared with BRDMAC and FDMAC respectively at the traffic load of 3.

### C. Impact of the Maximum Number of Hops

To evaluate the impact of the maximum number of hops, \(H_{\text{max}}\), on the performance of MHRT, we investigate three cases, with \(H_{\text{max}}\) equal to 2, 3, and 4 respectively, and denote these three cases by MHRT-2, MHRT-3, and MHRT-4 respectively. We plot the network throughput of MHRT with different \(H_{\text{max}}\) under different blockage rates in Fig. 6. We can observe MHRT-4 outperforms MHRT-3 and MHRT-2 significantly under serious blockage conditions. When the blockage rate is 0.6, MHRT-4 improves the network throughput by about 23% and 55% compared with MHRT-3 and MHRT-2 respectively under Poisson traffic. When the blockage rate is small, most of the relay paths selected by MHRT are two-hop paths, and thus larger \(H_{\text{max}}\) does not improve the network throughput significantly. However, under serious blockage conditions, many blocked flows cannot be relayed by two-hop paths, and in this case, larger \(H_{\text{max}}\) will significantly enhance the network throughput.
including the fairness and energy consumption, under the realistic antenna models and when there are input parameter errors. Besides, we are developing a practical prototype of mmWave small cells in the 60 GHz band, and the performance of MHRT will be evaluated and demonstrated on this prototype.

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