COVID-19: Histopathological correlates of imaging patterns on chest computed tomography

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Abstract
Background and objective: Patients with coronavirus disease 2019 (COVID-19) pneumonia present with typical findings on chest computed tomography (CT), but the underlying histopathological patterns are unknown. Through direct regional correlation of imaging findings to histopathological patterns, this study aimed to explain typical COVID-19 CT patterns at tissue level.

Methods: Eight autopsy cases were prospectively selected of patients with PCR-proven COVID-19 pneumonia with varying clinical manifestations and causes of death. All had been subjected to chest CT imaging 24–72 h prior to death. Twenty-seven lung areas with typical COVID-19 patterns and two radiologically unaffected pulmonary areas were correlated to histopathological findings in the same lung regions.

Results: Two dominant radiological patterns were observed: ground-glass opacity (GGO) (n = 11) and consolidation (n = 16). In seven of 11 sampled areas of GGO, diffuse alveolar damage (DAD) was observed. In four areas of GGO, the histological pattern was vascular damage and thrombosis, with (n = 2) or without DAD (n = 2). DAD was also observed in five of 16 samples derived from areas of radiological consolidation. Seven areas of consolidation were based on a combination of DAD, vascular damage and thrombosis. In four areas of consolidation, bronchopneumonia was found. Unexpectedly, in samples from radiologically unaffected lung parenchyma, evidence was found of vascular damage and thrombosis.

Conclusion: In COVID-19, radiological findings of GGO and consolidation are mostly explained by DAD or a combination of DAD and vascular damage plus thrombosis. However, the different typical CT patterns in COVID-19 are not related to specific histopathological patterns. Microvascular damage and thrombosis are even encountered in the radiologically normal lung.

KEYWORDS
acute respiratory distress syndrome, chest CT, coronavirus disease, COVID-19, histopathological and imaging, SARS-CoV-2, viral infection

INTRODUCTION

The ongoing pandemic of coronavirus disease 2019 (COVID-19) poses a global challenge, with over 135 million confirmed cases and over 2.9 million deaths at the time of...
Crazy paving, band-like consolidations, thickened interlobular ground-glass opacities (GGOs) with or without consolidation, patient management, for example, directing choices for anti-tissue patterns could form the basis for imaging-guided demonstration of a strict correlation between imaging and typical imaging features in COVID-19 is currently lacking. An integrated understanding of the histopathology that underlies septa and traction bronchiectasis.5 In early disease, GGO is more common than consolidation but there is a significant overlap of radiological patterns at different disease stages.4 It is assumed that different stages of diffuse alveolar damage (DAD) are key tissue substrates of the CT patterns in COVID-19.6–9 In several COVID-19 autopsy cohorts, endotheliitis associated with the presence of the intracellular virus and thrombotic microangiopathy10 were described in addition to DAD.11,12 This COVID-19 vasculotropism resulting in endotheliitis, thrombosis and angiogenesis is a unique feature of COVID-19, setting the disease apart from other viral pneumonias. However, it is unknown if and how this vascular damage pattern contributes to the typical radiological findings in COVID-19. In this study, we present the first direct regional correlation of imaging findings to corresponding histological patterns in an autopsy cohort of eight COVID-19-infected patients. Our study aims to improve the interpretation of CT patterns, with the ultimate goal to provide image-based guidance to diagnostic and therapeutic strategies.

METHODS

Patient selection

We performed a prospective autopsy study at the Amsterdam University Medical Centre. Patients were included during the first wave of COVID-19 in the Netherlands, between 1 March and 10 May 2020. Inclusion criteria were (1) positive COVID-19 PCR, (2) chest CT performed in the 72 h prior to death and (3) absence of clinical evidence of comorbidities that may result in lung disease other than COVID-19. All patients fulfilling these criteria were included in the study.

Chest CT

Chest CT was performed on three multidetector CT scanners: Siemens Somatom Force (Siemens Healthineers, Erlangen, Germany), Siemens Somatom Drive and a GE Discovery 750 HD (GE Healthcare, Milwaukee, MI). All patients underwent CT scanning of the chest in the supine position during end-inspiration. Seven patients had chest CT without intravenous contrast medium and one patient with intravenous contrast medium (iobitridol, Xenetix® 300, Guerbet Laboratories, Roissy, France). Slice thickness for all scanners was between 0.625 and 1.25 mm. HD lung (GE Healthcare) kernel, pulmonary Br59F kernel (Siemens Somatom Drive) or pulmonary BI57d (Siemens Somatom Force) were applied. In four patients, at the same time, a CT pulmonary angiogram was performed for the clinical suspicion of pulmonary embolism.

To quantify pulmonary involvement on chest CT, Syngo. via CT Pneumonia software analysis program (Siemens Healthineers) was used. Chest CT findings were described according to international standard nomenclature defined by the Fleischner Society glossary.13 All CT images were reviewed by two expert pulmonary radiologists at the same time in the same sessions. Decisions were reached by consensus.

SUMMARY AT A GLANCE

We present direct regional comparison of the most frequently observed pulmonary computed tomography (CT) patterns with corresponding histopathological patterns in an autopsy cohort of eight coronavirus disease 2019 (COVID-19) patients. While different stages of diffuse alveolar damage are key tissue substrates of the CT patterns in COVID-19, vascular damage and thrombosis contribute to these typical radiological findings as well.

Autopsies and gross examination of the lungs

All autopsies were performed at the Department of Pathology of the Amsterdam University Medical Centre. Autopsy was performed within 24 h of death in order to ensure the optimal preservation of tissues. For fixation, the whole right or left lung was infused with 10% neutral buffered formalin via the main bronchus and subsequently submerged in that fixative for at least 48 h. Then, 5-mm thick slices were cut in the transversal craniocaudal plane. Gross examination and sampling for microscopical examination of the lung was performed by a specialized lung pathologist as described before14 in order to ensure the direct correlation with the chest CT. In short, the pathologist begins with orientation of the specimen, maintaining the three-dimensional (3D) anatomical orientation (in axial, sagittal and coronal planes). Distance from the lobar apex, fissure or bronchial branch relevant to the CT pattern of interest is measured on the CT scan and subsequently in the specimen in order to reach exactly the same level. Specimen is photographed.
from the medial and lateral direction delineating the 3D orientation (Figure 1) on the images.

**Integrative case evaluation**

All cases were evaluated in joint sessions in the presence of a lung pathologist, chest radiologist and a pulmonologist. For every patient, correlation was performed of lung slices during gross examination with the chest CT. After extensive CT-guided sampling, a total of 27 areas with typical COVID-19 CT findings and two radiologically unaffected pulmonary areas were correlated to regional histopathological findings.

**Histopathology**

Tissue was embedded in paraffin and 3 μm slides were cut and stained with haematoxylin and eosin. For Elastica-van-Gieson staining, slides were deparaffinized and rehydrated up to 70% alcohol, incubated for 60 min in Lawson solution, differentiated in 100% and 96% alcohol, rinsed, stained with Mayer’s haematoxylin for 5 min, rinsed for 5 min, incubated with van Gieson picrofuchsin for 5 min and dehydrated in graded ethanol and xylene.

**Statistical analysis**

Data that were normally distributed are presented as means (SD); data outside the normal distribution are presented as medians (minimum and maximum ranges). Categorical variables were summarized as counts and percentages. All data were analysed with R, version 3.6.3 (R Foundation for Statistical Computing, Vienna, Austria).

**RESULTS**

**Patient population**

Eight patients were included in this study. Patient characteristics are described in Table 1. Three patients appeared to be infected during hospitalization for other medical reasons. One patient was admitted due to an acute haematological malignancy and he suffered from severe pancytopenia and neutropenia. Median time (range) between CT and death was.
In cases with multiple CT examinations, the last pre-mortem scan was selected for analysis. The onset from COVID-19 symptoms until death ranged from 5 to 44 days, with the shortest disease course duration for the three already hospitalized patients probably due to pre-existing conditions. All previously described typical COVID-19 radiological patterns were found: patchy and diffuse GGO (thickened interlobular and/or intralobular septa) and different types of consolidation (Table 2). More atypical radiological patterns (e.g., reversed halo sign and nodules) were not observed.

### Tissue substrates of GGO: DAD, vascular damage and thrombosis

We observed three different GGO patterns in a total of 11 sampled areas: (1) patchy GGO ($n = 3$), (2) diffuse GGO with thickened interlobular septa ($n = 6$) and/or (3) with thickened intralobular septa (crazy paving) ($n = 2$). The tissue substrates of patchy GGO were DAD (1/3), vascular damage and thrombosis (1/3) or a combination of both (1/3). Prominent interlobular septa in combination with GGO on chest CT was explained by septal lymphatic stasis and oedema (Figure 2). Diffuse GGO with thickened interlobular septa mostly corresponded to the exudative or proliferative (organizing pneumonia/organization of exudate) phase of DAD (4/6), but also harboured vascular damage and thrombosis (1/6) and a combination of both (1/6). Interestingly, one of the sampled diffuse GGO areas with radiologically thickened interlobar septa correlated with segmental infarction with venulitis and venous thrombosis (Figure 3). Both sampled areas of crazy paving (2/2) in one pancytopenic patient corresponded to exudative DAD with excessive epithelial leakage, indicating severe disruption of the endothelial barrier without any immune response. Interestingly, the consolidative areas on chest CT in this patient were histologically based on prominent oedema without inflammation or organization.

### Tissue substrates of consolidation: From oedema to fibrosis

We observed three different patterns of consolidation in 16 sampled areas: (1) (band-like) consolidation with or without surrounding GGO ($n = 11$), (2) sharply demarcated consolidation ($n = 1$) and (3) consolidation with traction bronchiectasis ($n = 4$). Sampled areas of (band-like) consolidation revealed organizing DAD (3/11), a combination of DAD, vascular damage and thrombosis (3/11) or bronchopneumonia (4/11). Especially in cases with a short disease duration (5–6 days), peribronchovascular consolidation was histologically mirrored by a prominent neutrophil infiltration (bronchopneumonia) indicating an early innate inflammatory response. Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) immunohistochemistry positive cells were encountered in these regions, indicating COVID-19 infection. Furthermore, in three out of four areas of consolidation with traction bronchiectasis, we noticed simultaneous DAD, vascular damage and thrombosis. Traction bronchiectasis is considered as a typical radiological sign of pulmonary fibrosis. However, in two of the three sampled regions with this CT pattern, histopathological findings were not

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**Table 1** Baseline patient characteristics

| Patients ($n$)          | 8 |
|-------------------------|---|
| Male sex, $n$ (%)       | 7 (88) |
| Age, years              | 65.6 ± 11.2 |
| Comorbidity, $n$ (%)    |  |
| Cardiovascular disease  | 3 (38) |
| Asthma                  | 1 (13) |
| Neurological disease    | 1 (13) |
| Malignancy              | 2 (25) |
| Long-term medication, $n$ (%) |  |
| Anti-hypertensive drugs | 2 (25) |
| Statins                 | 3 (28) |
| Diabetes drugs          | 1 (13) |
| Antiplatelet drugs      | 2 (25) |

| Symptoms, $n$           |  |
|-------------------------|---|
| Fever                   | 6 |
| Cough                   | 5 |
| Dyspnoea                | 2 |
| Headache                | 2 |
| Other                   | 2 |
| Duration of COVID-19 symptoms until death, days (range) | 15.5 (5–44) |
| Pulmonary embolism, $n$ (%) | 3 (38) |
| Signs of RV dysfunction, $n$ |  |
| Histology               | 0 |
| CTPA                    |  |
| RV/LV > 1               | 2 |
| Enlarged pulmonary artery | 4 |
| Cause of death, $n$ (%) |  |
| COVID-19 respiratory failure | 4 (50) |
| Multi-organ failure      | 2 (25) |
| Malignancy              | 1 (12.5) |
| Neurological disease, not related to COVID-19 | 1 (12.5) |

**Abbreviations:** COVID-19, coronavirus disease 2019; CTPA, computed tomography pulmonary angiogram; LV, left ventricle; RV, right ventricle.
companied by collagen deposition as demonstrated with Elastica-van-Gieson staining (Figure 4) indicating no fibrosis. Finally, in one area of sharply demarcated consolidation (Figure 3), we observed acute fibrinous and organizing pneumonia. This is a recently recognized distinct histological pattern of acute lung injury with a clinical presentation similar to that of classic DAD.

**TABLE 2** Correlation of radiological patterns with tissue damage patterns

| Radiological patterns                                                                 | Clinical histopathological features                                                                 | Duration of symptoms (days) |
|---------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------|
| 1. Normal/spared pulmonary parenchyma                                                 | Focal vascular damage and thrombosis: endothelialitis/microthrombi/microhaemorrhages                  | 5–22                       |
| 2A. GGO patchy                                                                         | Patchy vascular damage and thrombosis: endothelialitis/microthrombi/microhaemorrhages                 | 6–22                       |
|                                                                                       | Exudative stage DAD                                                                                   | 22                         |
|                                                                                       | Proliferative (organization of exudate) stage DAD                                                      | 22                         |
| 2B. GGO diffuse with thickened interlobular septa                                      | Vascular damage and thrombosis: segmental infarction/microthrombi/microhaemorrhages                   | 14                         |
|                                                                                       | Exudative stage DAD                                                                                   | 14–44                      |
|                                                                                       | Proliferative (organization of exudate) stage DAD                                                      | 44                         |
| 2C. GGO with thickened interlobular and/or intralobular septa (crazy paving)           | Exudative stage DAD                                                                                   | 10                         |
| 3A. Consolidation (subpleural/peribronchovascular) with or without surrounding GGO   | Vascular damage and thrombosis: large haemorrhage/microthrombi/microhaemorrhages                      | 5–22                       |
|                                                                                       | Exudative stage DAD                                                                                   | 10–22                      |
|                                                                                       | Proliferative (organization of exudate) stage DAD                                                      | 17                         |
|                                                                                       | Bronchopneumonia                                                                                      | 5–6                        |
| 3B. Consolidation sharply demarcated                                                   | AFOP                                                                                                  | 14                         |
| 3C. Consolidation (band-like) with subpleural sparing or bronchiectasis                | Proliferative (organization of exudate) stage DAD                                                      | 14–44                      |
|                                                                                       | Fibrotic stage DAD                                                                                     | 30–44                      |

Abbreviations: AFOP, acute fibrinous and organizing pneumonia; DAD, diffuse alveolar damage; GGO, ground-glass opacity.

**FIGURE 2** (A) CT image of the right lung reveals areas of Patchy GGO (region 1 & 2) and Consolidation with surrounding GGO (region 3 and 4). (B) Corresponding histopathology of Patchy GGO (region 1 and 2) revealed prominent microthrombi (arrow) and (C) patchy stage DAD. (D) Corresponding histopathology of Consolidation with surrounding GGO (region 3 and 4) revealed exudative DAD (scale bars correspond to 50 μm)

Vascular damage and thrombosis in the radiologically unaffected lung

Surprisingly, we observed endothelialitis (endothelial cell injury, Figure 5A, panel B) or microthrombi (Figure 5B, panel B) in two samples from the radiologically normal lung. The patients with the diagnosis of acute pulmonary
embolism did not correspond to those with endothelialitis in the radiologically normal lung. A similar pattern of endothelialitis, microthrombi and microhaemorrhage was observed in the spared pulmonary parenchyma in the context of patchy GGO on chest CT, even in the absence of other histopathological signs of tissue damage.
DISCUSSION

In this study, we present the first direct regional comparison of the most frequently observed pulmonary CT patterns with corresponding histopathological patterns in an autopsy cohort of eight COVID-19 patients. Disease duration and causes of death varied between patients. This study provides a comprehensive and detailed correlation between radiology and pathology which is of value to the clinical interpretation of chest CT in COVID-19 patients. We demonstrated that the typical CT findings encountered in COVID-19 are not strictly correlated with specific histopathological patterns. Moreover, we showed that regardless of the radiological pattern, DAD and vascular damage and thrombosis are ubiquitously present in the COVID-19-infected lung.

DAD has been proposed as the main histopathological response in COVID-19. Recently, DAD was also shown to be present in COVID-19 patients who die in the community, suggesting no contribution of hyperoxaemic mechanical ventilation to the histological changes. Radio-histopathological correlation studies performed before the era of COVID-19 have already suggested that acute lung injury/DAD is responsible for most typical chest CT findings in ARDS. In line with these studies, we confirm that different stages of DAD in addition to vascular damage and thrombosis are key tissue substrates of the different CT patterns in COVID-19.

Moreover, both DAD and vascular damage and thrombosis were ubiquitously present in the COVID-19-infected lung, indicating that vascular damage and thrombosis contribute to the typical radiological findings in COVID-19 as well.
However, after direct one-to-one correlation, we did not observe unique histopathological patterns explaining the different radiological findings. For example, consolidation corresponded to organization of exudative DAD, haemorrhage or prominent neutrophil infiltration (bronchopneumonia). This is in line with studies in acute interstitial pneumonia demonstrating that HRCT findings were not specific for the pathological findings.\(^{23}\) However, other radio-histopathological correlation studies in interstitial lung disease demonstrated that areas of GGO with no concomitant radiological signs corresponded well to inflammation.\(^{24}\) Furthermore, it has been shown that CT characteristics allowed to distinguish between the various histological subtypes of non-specific interstitial pneumonia.\(^{25}\)

Remarkably, extensive pulmonary vascular damage was present in the radiologically unaffected pulmonary areas and in the histologically spared pulmonary parenchyma. This agrees with earlier findings that vascular damage can occur during the early phase of symptomatic COVID-19 infections.\(^{22}\) Possibly, these vascular changes precede the development of DAD. Vascular changes may also explain the frequent clinical observation of a disturbed gas exchange in a patient with a relatively normal chest CT. Vascular damage (including endothelial injury and microthrombi) has been reported in all stages of ARDS\(^{26}\) and histological tissue damage patterns in COVID-19 patients are partially similar to lung injury of any cause as we showed in the present study. However, the extent of microthrombi in COVID-19 ARDS was shown to be nine times as prevalent compared to patients with influenza ARDS.\(^{10}\) In addition, the amount of angiogenesis was 2.7 times as high as in patients with influenza,\(^{10}\) suggesting vascular changes are specific in COVID-19 and an important determinant of the CT findings, as demonstrated in this study.

Taken together, we demonstrate that GGO and consolidation cannot only be attributed to DAD, but there is a significant role for vascular damage and thrombosis as well consisting of endothelial cell injury, haemorrhage and thrombosis.

Beyond the common limitations of an observational study, the presented data are based on the assumption that little or nothing changed in the period between the last scan and the autopsy. Median time between the CT scan and death was 1 day. This is the best correlation that can be achieved in an autopsy cohort. The cohort described here had a heterogeneity in patient population and duration of COVID-19 and, because of the nature of this study, was restricted to a subpopulation of severe COVID-19 (six of eight patients). As our cohort was largely skewed to a subpopulation of severe COVID-19 patients, it is plausible that the histological findings of early or milder disease are missed. However, in contrast to most autopsy studies, our population included patients diverse in duration of COVID-19 symptoms (early disease) and cause of death; we think that some of the histological findings are representative for early and milder disease as well.

In addition, due to the small sample size, no association could be determined between histopathology, clinical parameters, efficacy of therapeutics or invasive ventilation.

In conclusion, we show that the radiological patterns in COVID-19 correspond to DAD, vascular damage and thrombosis or a combination of both. Nonetheless, the different typical CT patterns in COVID-19 are not related to specific histopathological patterns.

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**AUTHOR CONTRIBUTIONS**

Azar Kianzad: Conceptualization; data curation; formal analysis; methodology; visualization; writing-original draft; writing-review & editing. Lillian Meijboom: Conceptualization; data curation; formal analysis; investigation; methodology; supervision; visualization; writing-original draft; writing-review & editing. Esther Nossent: Conceptualization; data curation; formal analysis; investigation; methodology; supervision; writing-original draft; writing-review & editing. Eva Roos: Data curation; formal analysis; investigation; writing-original draft. Bernadette Schurink: Data curation; formal analysis; investigation; writing-original draft. Peter Bonta: Data curation; formal analysis; investigation; supervision; writing-original draft; writing-review & editing. Inge van den Berk: Data curation; formal analysis; investigation; supervision; writing-original draft; writing-review & editing. Rieneke Britstra: Data curation; formal analysis; investigation; supervision; writing-original draft; writing-review & editing. Jaap Stoker: Conceptualization; data curation; formal analysis; methodology; supervision; writing-original draft; writing-review & editing. Anton Vonk Noordegraaf: Conceptualization; formal analysis; methodology; supervision; writing-original draft; writing-review & editing. Paul van der Valk: Conceptualization; data curation; formal analysis; investigation; methodology; supervision; writing-original draft; writing-review & editing. Erik Thunnissen: Conceptualization; data curation; formal analysis; methodology; supervision; writing-original draft; writing-review & editing. Marianna Bugiani: Conceptualization; data curation; funding acquisition; investigation; methodology; supervision; writing-original draft; writing-review & editing. Harm Jan Bogaard: Conceptualization; formal analysis; investigation; methodology; supervision; writing-original draft; writing-review & editing. Teodora Radonic: Conceptualization; formal analysis; investigation; methodology; supervision; writing-original draft; writing-review & editing.

**CONFLICT OF INTEREST**

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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