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Self-moments stiffening effect and buckling strength of periodic Vierendeel beams

Received: 18 August 2020 / Revised: 22 September 2020 / Accepted: 8 October 2020 / Published online: 23 December 2020
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Abstract This paper deals with the buckling phenomenon of periodic Vierendeel beams. Closed-form solutions for critical loads and deformed shapes are presented. They are built by exploiting several auxiliary solutions obtained for the discrete periodic girder and for a geometrically nonlinear micro-polar equivalent model. In particular, the girder when subjected to sinusoidal self-equilibrated systems of inner bending moments (self-moments) is analysed. The corresponding results are used for solving the large-deflection equilibrium problem of the continuous equivalent model by means of the eigenfunction expansion technique. Girder buckling conditions are then defined in terms of kinematics of the micro-polar model: more precisely, they are attained when special distributions of self-moments, able to bend the continuous system without violating compatibility of shear strains, act in the girder. It is shown that these systems, neglected in the theories presented so far, have a significant stiffening effect on the buckling girder behaviour. Moreover, they are governed by the continuity equation for micro-rotations that is solved in closed form by the Galerkin method, with the micro-polar model eigenfunctions as basis functions. The accuracy of the proposed solutions is verified by comparing them with those achieved by a series of finite element girder models.

1 Introduction

Periodic beams are very attractive design solutions from a structural point of view, since they have high strength and stiffness to density ratios. In addition, their modular character allows for both economy of manufacturing and energy and material savings; hence, they are also environmentally sustainable. In particular, the Vierendeel beam has found innumerable applications in several engineering fields like bridge and building structures, composite materials and ship constructions (i.e., [1–7]).

Another remarkable application of this kind of girder is the railway track. Actually, to study the conditions for the thermal buckling in the lateral plane, rails, sleepers and fasteners are treated as a Vierendeel girder constrained to the ballast by nonlinear springs whose load–deflection curve is identified by special tests [8–14].

The buckling properties of a Vierendeel beam under axial load may be studied by the Engesser method [15]. In [16], it is shown that this method is equivalent to modelling the discrete girder by a Timoshenko beam whose stiffness has to be evaluated by a suitable homogenization procedure (i.e. [17–20]). However, it gives unsatisfactory results when the cell size is not small compared with the girder length or non-negligible transversal shear forces and bending moments are induced in the chords [21,22]. For these reasons, several theories have been formulated to overcome these limitations [6,23–27].

An alternative approach to take into account these local effects is instead based on non-classical continuum theory. Till now, many micro-polar models have been proposed to study the behaviour of periodic beam
lattices [28–45]. Very recently, a micro-polar formulation has been adopted to analyse the buckling of web-core sandwich panels [46]. However, to the author’s best knowledge, very few publications can be found in the literature presenting continuous micro-polar models for analysing buckling properties of beam-like lattice systems.

In [17], the effective stiffness of a substitute micro-polar model was evaluated by energy equivalence concepts. The model, however, presents some doubtful stiffness couplings that make awkward the solution of its equilibrium equations. Furthermore, girder joint elasticity is not considered.

A special finite element is developed in [21] for calculating the buckling load of web-core sandwich beams. A geometrically nonlinear model is instead reported in [47] where the beam theory of [48,49] is used. The corresponding equilibrium equations, however, cannot be solved in closed form, and the finite element method reported in [50] is adopted.

Some closed-form solutions for the buckling modes and critical loads of the Vierendeel girder are given in [51]. The continuous micro-polar model from which they are derived is based on the eigen-analysis of the unit cell transfer matrix [19,52,53]. The major drawback of this approach is that strains due to the longitudinal shear force are geometrically non-compatible, since they are associated to jumps in elementary cell micro-rotations. For this reason, predictions of this model are affected by large errors when the girder response is dominated by longitudinal shear strains. This occurs typically in the lateral thermal buckling of railway tracks. Actually, the present study is part of a long-term project aimed at developing a track model for designing against the thermal buckling phenomenon.

In this paper, accurate closed-form solutions for buckling loads and critical deformed shapes of the periodic girder are reported. They are obtained following a two-step methodology. First, some auxiliary solutions are built. In particular, the discrete girder response to sinusoidal self-equilibrated systems of inner bending moments (self-moments) is analysed. Next, the large-deflection equilibrium problem of the micropolar model of [51] is solved.

These results are used to study the conditions under which the girder may assume (neutral) equilibrium configurations without jumps in micro-rotations, namely it is bent without violating both equilibrium and geometrical compatibility. It is shown that the girder buckles when special distributions of self-moments act in it. These latter have been neglected in existing theories and have a significant stiffening effect on the buckling behaviour.

The remainder of this paper is organized as follows. Section 2 synthetically reviews the main aspects of the micro-polar girder model of [51]. In Sect. 3, the girder behaviour when subjected to sinusoidal self-moments is studied and the large-deflection equilibrium problem of the equivalent model under this loading condition is solved by means of the eigenfunction expansion technique. Girder critical loads and deformed shapes are obtained in Sect. 4 from the condition of continuity of the micro-rotations, using the Galerkin method. In Sects. 5 and 6, the results of a validation study carried out by the finite element method are presented and conclusions are finally drawn.

2 The micro–polar model

The unit cell generating the periodic beam is shown in Fig. 1. It has height \( l_w \) and width \( l_c \). In this scheme, web members are hinged to the chords and rotations of their end sections are restrained by torsional springs of stiffness \( k_t \) fixed on the chords. These springs take into account the elasticity of the real girder joints. The chords and web rods are assumed to be Bernoulli–Euler beams made of linear elastic materials having Young’s moduli \( E_c \) and \( E_w \), respectively. We will denote by \( A_c \) and \( I_c \) the chords cross-sectional area and by \( I_t \) and \( I_b \) chord and girder web second-order moments, correspondingly. Finally, web are assumed axially inextensible.

Any quantity related to the girder \( i \)th nodal section will be affected in the following by the subscript \( i \). Similarly, a quantity related to the top or bottom node of a nodal section will be denoted by the superscripts \( t \) or \( b \), respectively. Finally, symbols \( i_t \) and \( i_b \) denote, respectively, top and bottom nodes of the section \( i \) (Fig. 2).

We denote by \( F_{i,t}^{ib}, F_{i,y}^{ib} \) and \( m_{i,t}^{ib} \) and by \( F_{i,t}^{ib}, F_{i,y}^{ib} \), and \( m_{i,t}^{ib} \), respectively, the horizontal and vertical force components and the moment applied on nodes \( i_b \) and \( i_t \) of a girder cell (Fig. 3).

Each girder node has three degrees of freedom: the horizontal and vertical displacements \( u \) and \( v \) and the rotation \( \phi \). However, in order to identify the girder’s deformed shape is more advantageous to adopt the following kinematic quantities: the mean axial displacement \( u_i = 1/2(u_i^t + u_i^b) \), the nodal section rotation \( \psi_i = (u_i^b - u_i^t)/l_w \), the transverse displacement \( v_i \) and, finally, the symmetric and antisymmetric parts of the section nodal rotations \( \varphi_i = 1/2(\psi_i^s + \psi_i^a) \) and \( \tilde{\varphi}_i = 1/2(\psi_i^s - \psi_i^a) \).
Hence, the inner static quantities performing work as results of changes of the previous kinematic variables are: the axial force $n_i = (F_i^b + F_i^l)/2$, the bending moment $M_i = (F_i^b - F_i^l) l_w$ generated by the anti-symmetric axial forces, the shear force $V_i = F_i^t + F_i^v$, the resultant of the nodal moments $m_i = m_i^v + m_i^b$ and, finally, the difference between these moments $\tilde{m}_i = m_i^v - m_i^b$.

In the following, the usual convention of the beam theory is adopted for the moments $M_i$ and $m_i$ acting on a girder nodal section; namely, they will be positive if they act, respectively, counter-clockwise and clockwise on the right and left end section of a cell.

The state vector $\mathbf{s}$ of a girder nodal cross section consists of its displacements vector $\mathbf{d} = [u, \psi, v, \phi, \tilde{\phi}]^T$ and the vector $\mathbf{f} = [n, M, V, m, \tilde{m}]^T$ of the forces that the section transfers. Hence, the state vectors of the end sections of the cell $i$ are $\mathbf{s}_{i-1} = [\mathbf{d}_{i-1}^T, \mathbf{f}_{i-1}^T]^T$ and $\mathbf{s}_i = [\mathbf{d}_i^T, \mathbf{f}_i^T]^T$. They are related by the unit cell transfer matrix $\mathbf{G}$:

$$\mathbf{G} \mathbf{s}_{i-1} = \mathbf{s}_i.$$
The inner force transmission modes of the Vierendeel girder are sketched in Fig. 4. They are defined by the principal vectors of the matrix $G$. More details on the construction of the matrix $G$ and the derivation of its principal vectors may be found in [12, 19].

As shown in Fig. 4, during transmission of the bending moment, cell nodes and nodal sections to which they belong rotate by the same angle and the cell web rods remain undeformed. As a consequence of cell bending, the nodal and sectional rotations have the same change, namely $\Delta\psi = \Delta\varphi = \theta$. Furthermore, the bending moment is composed of two parts: $M_b = 1/2 \beta_c \vartheta$, with $\beta_c = E_c A_c l_w^2 / l_c$, is the primary bending moment and is engendered by the couple of axial forces acting on the chords; $m_p = 2\eta_c \vartheta$, with $\eta_c = E_c l_c / l_c$, is the secondary moment and is exclusively produced by the curvature change of the chords.

The shear force transmission mode is instead generated by superposing the independent cell deformations shown in Figs. 5a and b. In the first one, only deformations of the chords occur. They produce the transversal shear forces $V$ given by

$$V = \pm 24(\eta_c / l_c)\gamma_v,$$

with $\gamma_v$ being the cell shear strain highlighted in the same figure. In the second deformed shape, chords remain undeformed. Cell nodal sections rotate with respect to cell nodes by the angle $\Delta\psi$. Consequently, the longitudinal shear forces

$$V_H = \pm 24(\eta_w / l_w)\Delta\psi,$$
where $\eta_w = (E_w I_w)/[l_w [1 + 6 (E_w I_w)/(k_0 I_w)]]$, and the primary bending moment change $\Delta M_h = V_H l_w$ are generated.

Finally, the axial force transmission mode causes only chords axial deformations; hence, the unit cell axial stiffness is $\beta_a = 2 E_c A_c/l_c$.

A continuous model consistent with the inner force transmission modes of Fig. 4 may be built by averaging the strain energies associated to these modes. For this aim, it is convenient to express sectional and nodal rotations in the following form:

$$\psi = \overline{\psi},$$
$$\varphi = \overline{\psi} - \xi,$$

with $\overline{\psi}$ being the common part of $\psi$ and $\varphi$ and $\xi$ the relative rotation of a section with respect to its nodes (Fig. 6).

Hence, the cell strain energy $E_u$ due to inner forces transmission modes can be written as [12]:

$$E_u = \frac{1}{2} \left( \frac{\beta_c}{2} + 2 \eta_c \right) \Delta \psi_i^2 + E_s + 12 \eta_c \left( \overline{\psi_i} - \xi_i - \frac{\Delta u_i}{l_c} \right)^2 + 12 \eta_w \xi_i^2 + \frac{1}{2} \beta_a \Delta u_i^2,$$

where $\Delta (\cdot)$ and $\overline{(\cdot)}$ denote, respectively, the change and the mean value of a quantity over the cell $i$ and $E_s$ is the strain energy pertaining to the symmetric bending due to shear.

The strain energy density $E$ of the 1-D equivalent continuum is obtained by normalizing the energy $E_u$ with respect to $l_c$ and evaluating the limit of this energy as $l_c \to 0$. Keeping in mind that $E_s$ is a higher-order infinitesimal quantity and denoting by $\overline{\psi}(x)$, $\xi(x)$, $u(x)$ and $v(x)$, respectively, the absolute and relative
rotations and the transversal and horizontal displacements of the equivalent medium cross section, the density $E$ may be expressed as:

$$E = \frac{1}{2} \Gamma_b \left( \frac{d\tilde{\psi}(x)}{dx} \right)^2 + \frac{1}{2} \kappa_V \gamma_\psi^2 + \frac{1}{2} \kappa_H \xi(x)^2 + \frac{1}{2} \kappa_a \epsilon_a^2,$$

where $\Gamma_b = \Gamma_h + \Gamma_p$, with $\Gamma_h = l_c \beta_c / 2$ and $\Gamma_p = 2 \eta_w / l_c$ is the equivalent medium bending stiffness, $\kappa_a = \beta_a l_c$ the axial stiffness, $\kappa_V = 24 \eta_c / l_c$ and $\kappa_H = 24 \eta_w / l_c$, respectively, the transversal and longitudinal shear stiffness. In addition, $d\tilde{\psi}/dx$ is the bending curvature, $\gamma_\psi = \left( \tilde{\psi}(x) - \xi(x) - du(x)/dx \right)$ is the transverse shear strain and $\epsilon_a = du/dx$ is the axial strain.

In Fig. 7 the deformed shapes of an elementary cell of the continuum medium due to the axial force, bending moment and the shear forces are shown.

Linear constitutive equations of the equivalent girder are obtained by differentiating $E_s$ with respect to these generalized strains:

$$M_b = \Gamma_b \frac{d\tilde{\psi}}{dx} = \left( \Gamma_h + \Gamma_p \right) \frac{d\tilde{\psi}}{dx}, \quad V = \kappa_V \gamma_\psi.$$

In Eq. (2), the total bending moment is additively decomposed as $M_b = M_h + m_p$, where $M_h = \Gamma_h (d\tilde{\psi}/dx)$ and $m_p = \Gamma_p (d\tilde{\psi}/dx)$ are, respectively, the primary and secondary bending moments; moreover, $V$ is the transversal shear force, $N$ is the axial force, and finally $T_H$ is the primary bending moment change generated in a unit length elementary cell by the longitudinal shear force.

The importance of the micro-polar effect of the girder model may be estimated by the internal bending length $l_b$, given by the square root of the ratio between the longitudinal fibre bending modulus and its axial stiffness [54]. Assuming that couple stresses generating the micro-polar or secondary bending moment are uniformly distributed on the cross sections, the bending modulus $\Gamma_p$ of the longitudinal fibres of the continuum medium may be evaluated as

$$\Gamma_p = \frac{\Gamma_p}{2A_c} = \frac{E_c I_c}{A_c},$$

while the fibres axial stiffness is equal to the chord’s Young’s modulus $E_c$. Hence, for the length $l_b$ we obtain the following very simple expression, independent of the unit cell sizes $l_c$ and $l_w$:

$$l_b = \rho_c,$$
where $\rho_c$ is the central (inertial) radius of gyration of the chord cross section. Since, from results listed in Fig. 4, we easily recognize that also the ratio of the unit cell secondary bending stiffness to the cell axial stiffness is equal to $\rho_c$, we may affirm that the internal length $l_b$ given by Eq. (3) is perfectly consistent with the stiffness properties of the girder unit cell.

The equilibrium equations of the simply supported equivalent girder under the assumption of large deflections are derived by the principle of virtual work, assuming that the continuum medium is axially inextensible. The reference frame is chosen with the origin at the centre of the left end section and the $x$ axis aligned with the girder axis. Constraints are such that the axial displacement at $x = 0$ is zero, while on the right end section, at $x = L$, the axial load $P$ is applied.

Under the large deflection assumption, the axial and transversal displacements $u$ and $v$ of each point of the girder elastic line are not independent. Since the length $dx$ of an elementary cell is unchanged during girder bending, it results (Fig. 8):

$$ du = -\frac{1}{2} \left( \frac{dv}{dx} \right)^2 dx $$

This corresponds in expressing the axial deformation of the 1D equivalent medium by the nonlinear Von Karman strain:

$$ \epsilon_a = \frac{du}{dx} + \frac{1}{2} \frac{dv^2}{dx^2}. $$

Equilibrium conditions at inner points of the medium are:

$$ \Gamma_h \frac{d^2 \bar{\psi}}{dx^2} = \kappa_H \bar{\xi}; \quad (4a) $$

$$ \Gamma_b \frac{d^2 \bar{\psi}}{dx^2} = \kappa_V \left( \bar{\psi} - \bar{\xi} - \frac{dv}{dx} \right); \quad (4b) $$

$$ \kappa_V \left( \frac{d\bar{\psi}}{dx} - \frac{d\bar{\xi}}{dx} - \frac{d^2 v}{dx^2} \right) = -P \frac{d^2 v}{dx^2}. \quad (4c) $$

Furthermore, at the end sections $x = 0$ and $x = L$ the following equalities must hold:

$$ \Gamma_b \left. \frac{d\bar{\psi}}{dx} \right|_{x=0,L} = 0, $$

$$ \Gamma_B \left. \frac{d\psi}{dx} \right|_{x=0,L} = 0, $$

$$ v \big|_{x=0,L} = 0. $$
Equation (4) are very similar to the equilibrium equations of a Timoshenko couple stress beam [48], frequently adopted as substitute continuum for Vierendeel girders [18, 20, 28], and well highlight that, to model consistently the girder shear behaviour, it is essential to consider separately the contributions to the bending moment due to the chord axial forces and bending as primary and micropolar bending moments. They reduce to the classical Timoshenko beam equilibrium equations when the relative rotations $\xi$, caused by the longitudinal shear force, are negligible that is for very stiff or rigid web rods.

Equations (5) are the boundary equilibrium conditions for the primary and micropolar bending moments. Equations (6) are instead the transversal constraint conditions for the simply supported equivalent medium. Besides the deformations due to the inner forces, also the effects of self-equilibrated systems of bending moments have to be considered. These moments will be referred to as self-moments, for the sake of simplicity, and the same sign convention of the primary bending moment will be adopted for them. Typically, they arise each time a bending moment $M_b$ applied on an end nodal section $S$ of the girder, is composed of primary and secondary parts $M'_h$ and $m'_p$ different from the parts $M_h = \alpha_h M_b$ and $m_p = \alpha_p m_p$ of the bending moment transferring mode, being $\alpha_h = \Gamma_h / \Gamma_b$ and $\alpha_p = \Gamma_p / \Gamma_b$. Since any system of primary and micro-polar bending moments $(M'_h, m'_p)$ may be univocally decomposed in a system that is transferred according to the De Saint Venant principle, at a distance sufficiently large from $S$ the self-moment $\mu$ will be negligible since it is decayed and the transmitted bending moment will be composed only of the parts $M_h$ and $m_p$.

Alternatively, two adjacent cells may interact by a self-moment to generate in the nodal section they share a jump in the nodal rotations $\phi$. It is shown in Sect. 4 that these jumps are needed to accommodate the changes in the longitudinal shear strains.

Cell strains generated by a self-moment are given by the eigenvectors of the transfer matrix $G$ associated to nonzero eigenvalues. In the case of a self-moment $\mu_{(+)}$ decaying along the positive $x$ axis (Fig. 9a), the strains it causes are:

$$
\Delta \psi_{(+)} = 2\eta_r \frac{(\lambda - 1) \mu_{(+)}}{\lambda \Delta \mu},
$$

$$
\Delta \phi_{(+)} = -\frac{1}{2}\beta_r \frac{(\lambda - 1) \mu_{(+)}}{\lambda \Delta \mu},
$$

$$
\gamma_{\psi_{(+)}} = \psi_{(+)} - \frac{\Delta v_{(+)}}{\lambda c} = -\frac{1}{4} \left(4 \eta_c + \beta_c\right) \frac{(\lambda + 1) \mu_{(+)}}{\lambda \Delta \mu},
$$

with $\Delta \mu = \beta_c \eta_c (\lambda - 1) - 6\eta_w (\beta_c + 4\eta_c)$ and where $\lambda$ is the eigenvalue greater than unit of the transfer matrix, given by the following quadratic equation:

$$
\lambda^2 - \left(2 + 12 \frac{\eta_w}{\eta_c} + 48 \frac{\eta_w}{\beta_c}\right) \lambda + 1 = 0.
$$
In addition, it may be shown that cell deformations due to $\mu(+)\) are such that the quantity $\gamma_{\psi}(+) = \hat{\psi}(+) - \Delta u(+) / l_e$ is equal to zero $[\text{12}].$

The cells strains due to a self-moment decaying in the negative verse may be derived by simple symmetry considerations (Fig. 9b). They are:

$$\Delta \psi(-) = 2 \eta c \frac{(\lambda - 1)}{\Delta \mu} \mu(-),$$  \hspace{1cm} (8a)

$$\Delta \varphi(-) = -\frac{1}{2} \beta c \frac{(\lambda - 1)}{\Delta \mu} \mu(-),$$  \hspace{1cm} (8b)

$$\gamma_{\psi}(-) = \frac{1}{4} \left( 4 \eta c + \beta c \right) \frac{(\lambda + 1)}{\Delta \mu} \mu(-),$$  \hspace{1cm} (8c)

Also in this case, the cell deforms with $\gamma_{\psi}(-) = \hat{\psi}(-) - \Delta u(-) / l_e = 0.$

### 3 Girder analysis

We analyse the deformations occurring in a unit cell when it is subjected to a self-moment $m_r$ applied on its right-side nodal section. This particular loading condition can be built by superimposing the two systems of self-moments $\mu(+)\) and $\mu(-)$ decaying through the cell in the positive and negative direction, respectively. $\mu(+)\) and $\mu(-)$ have to satisfy the conditions

$$\mu(+) + \mu(-) = 0$$ \hspace{1cm} at the left end section,

$$\frac{\mu(+) + \lambda \cdot \mu(-)}{\lambda} = m_r$$ \hspace{1cm} at the right end section.  \hspace{1cm} (9)

The solution of Eq. (9) is:

$$\mu(+) = -\mu(-) = \frac{\lambda}{1 - \lambda^2} \cdot m_r.\hspace{1cm} (10)$$

Since cell strains due to $\mu(+)\) and $\mu(-)$ can be evaluated by Eqs. (7) and (8), those generated by $m_r$ can be written by the superposition principle as

$$\Delta \psi_r = \Delta \psi(+) \mu(+) + \Delta \psi(-) \mu(-) = \frac{\lambda}{1 + \lambda} \Delta \psi(+) m_r = c_{\psi} \cdot m_r,$$

$$\Delta \varphi_r = \Delta \varphi(+) \mu(+) + \Delta \varphi(-) \mu(-) = \frac{\lambda}{1 + \lambda} \Delta \varphi(+) m_r = c_{\varphi} \cdot m_r,$$

$$\gamma_r = \Delta \gamma(+) \mu(+) + \Delta \gamma(-) \mu(-) = \frac{\lambda}{1 - \lambda} \gamma(+) m_r = c_{\gamma} \cdot m_r,$$

where the subscript $r$ at the RHS is adopted to indicate that these strains are due to $m_r$ and

$$c_{\psi} = \frac{\lambda}{1 + \lambda} \Delta \psi(+) = \frac{2 \eta c \lambda - 1}{\Delta \mu \lambda + 1},$$

$$c_{\varphi} = \frac{\lambda}{1 + \lambda} \Delta \varphi(+) = - \frac{\beta c \lambda - 1}{2 \Delta \mu \lambda + 1},$$

$$c_{\gamma} = \frac{\lambda}{1 - \lambda} \gamma(+) = \frac{2 \eta c + \beta c / 2 \lambda + 1}{2 \Delta \mu \lambda + 1}.\hspace{1cm} (12)$$

The deformations due to a self-moment $m_l$ applied on the left nodal section are straightforwardly derived from those of $m_r$ by simple symmetry considerations. They are:

$$\Delta \psi_l = c_{\psi} m_l,$$

$$\Delta \varphi_l = c_{\varphi} m_l,$$

$$\gamma_l = -c_{\gamma} m_l.$$

(13)
We study now the behaviour of a simply supported girder composed of $N$ cells hinged each other as shown in Fig. 10. In each nodal section $i$ of this girder, the positive self-moment

$$m_i = m_n \sin \left( \frac{n \pi L}{N} x_i \right) = m_n \sin \left( \frac{n \pi}{N} i \right)$$  \hspace{1cm} (14)$$

is applied, where $x_i = i l_c$ is the abscissa of the section $i$, $L = N l_c$ is the girder length, $n$ an arbitrary integer number and $m_n$ a real parameter defining the self-moments amplitude.

The strains in the cells of this girder may be evaluated by formulae (11)–(13), by invoking the superposition principle:

$$\Delta \psi_{i} = c_{\psi} \left( m_i + m_{i-1} \right),$$  \hspace{1cm} (15a)$$

$$\Delta \varphi_{i} = c_{\varphi} \left( m_i + m_{i-1} \right),$$  \hspace{1cm} (15b)$$

$$\phi_{i} = c_{\varphi} \left( m_i - m_{i-1} \right).$$  \hspace{1cm} (15c)$$

In addition, it will result $\phi_{i} = \hat{\phi}_i - \Delta v_i / l_c = 0$.

Since the cell strains are known, the deformed shape of the girder may be derived. By virtue of Eq. (15a), nodal section rotations, actually, are given by

$$\psi_j = \psi_0 + \sum_{i=1}^{j} \Delta \psi_i = \psi_0 + c_{\psi} \sum_{i=1}^{j} (m_i + m_{i-1}),$$  \hspace{1cm} (16)$$

where $\psi_0$ is the rotation of the left end section, to be determined by the boundary conditions.

When Eq. (14) is substituted in Eq. (16), since $\sin \left( \frac{n \pi L}{N} x_0 \right) = \sin (0) = 0$, we may write the result

$$\psi_j = \psi_0 + c_{\psi} \left[ \sum_{i=1}^{j} \sin \left( \frac{\pi n L}{N} x_i \right) + \sum_{i=1}^{j} \sin \left( \frac{\pi n L}{N} x_{i-1} \right) \right] =$$

$$= \psi_0 + c_{\psi} \left[ \sin \left( \frac{\pi n L}{N} x_j \right) + 2 \sum_{i=1}^{j-1} \sin \left( \frac{\pi n L}{N} x_i \right) \right].$$  \hspace{1cm} (17)$$

Furthermore, it can be shown that (Appendix A):

$$\sin \left( \frac{\pi n L}{N} x_j \right) + 2 \sum_{i=1}^{j-1} \sin \left( \frac{\pi n L}{N} x_i \right) = \left\{ \begin{array}{ll}
0, & \text{if } n = h \cdot (2N), \\
\cos (n \pi / 2N) \left[ 1 - \cos \left( \frac{\pi n L}{N} j \right) \right], & \text{otherwise},
\end{array} \right.$$  \hspace{1cm} (18)$$

with $N = L / l_c$ as the number of cells composing the girder and $h$ an integer number. Hence, when $n \neq h \cdot (2N)$, the sectional rotation $\psi_j$ may be written in the simple form

$$\psi_j = \psi_0 + c_{\psi} m_n \frac{\cos (n \pi / 2N)}{\sin (n \pi / 2N)} \left[ 1 - \cos \left( \frac{\pi n L}{N} j \right) \right].$$  \hspace{1cm} (19)$$
As shown by the sketch of Fig. 11, the transversal displacement change $\Delta v_i$ over the cell $i$ is given by

$$\Delta v_i = l_c \cdot \left( \psi_{i-1} + \frac{1}{2} \Delta \psi_i - \gamma_i \right).$$  \hspace{1cm} (20)

Therefore, taking into account the girder boundary conditions, the displacement $v_j$ of the nodal section $j$ is given by:

$$v_j = \sum_{i=1}^{j} \Delta v_i = l_c \cdot \left( \sum_{i=1}^{j} \psi_{i-1} + \frac{1}{2} \sum_{i=1}^{j} \Delta \psi_i - \sum_{i=1}^{j} \gamma_i \right).$$  \hspace{1cm} (21)

By virtue of Eqs. (14) and (15), the summations of the changes $\Delta \psi_i$ and shear strains $\gamma_i$ may be written as

$$\sum_{i=1}^{j} \Delta \psi_i = \sum_{i=1}^{j} (\psi_j - \psi_{j-1}) = \psi_j - \psi_0,$$

$$\sum_{i=1}^{j} \gamma_i = c_\gamma m_n \sum_{i=1}^{j} \left\{ \sin \left( \frac{n\pi i}{N} \right) - \sin \left( \frac{n\pi (i-1)}{N} \right) \right\} = c_\gamma m_n \sin \left( \frac{n\pi j}{N} \right).$$  \hspace{1cm} (22)

In addition, for $n \neq h(2N)$, it may be shown that (see also Appendix B):

$$\sum_{i=1}^{j} \psi_{i-1} + \frac{1}{2} \sum_{i=1}^{j} (\psi_i - \psi_{i-1}) = \sum_{i=0}^{j-1} \psi_i + \frac{1}{2} (\psi_j - \psi_0)$$

$$= j \left( \psi_0 + c_\psi m_n \frac{\cos(n\pi/2N)}{\sin(n\pi/2N)} \right) - \frac{1}{2} c_\psi m_n \frac{\cos^2(n\pi/2N)}{\sin^2(n\pi/2N)} \sin \left( \frac{n\pi j}{N} \right).$$  \hspace{1cm} (23b)

Substituting Eqs. (22) and (23) into Eq. (21), results in

$$v_j = l_c \left\{ j \left( \psi_0 + c_\psi m_n \frac{\cos(n\pi/2N)}{\sin(n\pi/2N)} \right) - \frac{1}{2} c_\psi m_n \frac{\cos^2(n\pi/2N)}{\sin^2(n\pi/2N)} \sin \left( \frac{n\pi j}{N} \right) \right\} - c_\gamma m_n \sin \left( \frac{n\pi j}{N} \right), \quad \text{with } n \neq h(2N).$$  \hspace{1cm} (24)

Since at the girder boundaries ($j = 0, N$) the conditions $v_0 = v_N = 0$ must hold from Eq. (24), we derive the following result for $\psi_0$:

$$\psi_0 = -c_\psi m_n \frac{\cos(\pi n/2N)}{\sin(\pi N/2N)}.$$
that, when substituted in Eqs. (19) and (24), allows to write, respectively, the sectional rotations \( \psi_j \) and the transversal displacements \( v_j \) as

\[
\begin{align*}
\psi_j &= -m_n \frac{\cos(n\pi/2N)}{\sin(n\pi/2N)} \cos \left( \frac{n\pi}{N} j \right), \\
v_j &= -l_c m_n \left( c_\psi + \frac{1}{2} c_\gamma \cos^2(n\pi/2N) \right) \sin \left( \frac{n\pi}{N} j \right),
\end{align*}
\]

(25a)

(25b)

with \( n \neq h(2N) \).

We denote by \( \varphi_i^(-) \) and \( \varphi_i^+ \) the nodal rotations that occur, respectively, at the left and right end sections of the cells \( i \) and \( i + 1 \), sharing the nodal section \( i \) of the girder (Fig. 10).

These rotations are evaluated observing that the cells deform with \( \gamma_\psi = 0 \). Hence, the following condition holds for the nodal rotations of the cell \( i \):

\[
\hat{\varphi}_i = \frac{1}{2} \left( \varphi_{i-1}^+ + \varphi_i^- \right) = \varphi_{i-1}^+ + \frac{1}{2} \Delta \varphi_i = \frac{\Delta v_i}{l_c}.
\]

When Eq. (20) is substituted in the previous result, we obtain

\[
\varphi_{i-1}^+ = \psi_{i-1} + \frac{1}{2} \Delta \psi_i - \gamma_\psi i - \frac{1}{2} \Delta \varphi_i.
\]

(26)

The nodal rotation \( \varphi_i^- \) is then straightforwardly evaluated as

\[
\varphi_i^- = \psi_{i-1} + \Delta \varphi_i = \psi_{i-1} + \frac{1}{2} \Delta \psi_i - \gamma_\psi i + \frac{1}{2} \Delta \varphi_i.
\]

(27)

Thus, at each nodal section \( i \) of the considered girder the jump

\[
\delta \varphi_i = \varphi_i^+ - \varphi_i^-.
\]

(28)

in the nodal rotations occurs. From Eq. (28), by means of Eqs. (26),(27), (25) and (15) and some simplifications carried out by the prosthaphaeresis formulae, the following expression of \( \delta \varphi_i \) is derived:

\[
\begin{align*}
\delta \varphi_i &= (\psi_i - \psi_{i-1}) + \frac{1}{2} \left[ (\Delta \psi_{i+1} - \Delta \psi_i) - (\Delta \varphi_{i+1} + \Delta \varphi_i) - (\gamma_\psi i + 1 - \gamma_\psi i) \right] \\
&= 2 m_n \left( c_\psi - c_\gamma \cos^2 \left( \frac{\pi n}{2N} \right) + 2 c_\gamma \sin^2 \left( \frac{\pi n}{2N} \right) \right) \sin \left( \frac{\pi n}{L} x_i \right).
\end{align*}
\]

(29)

If \( n \) is an integer multiple of the cell number \( N \), namely \( n = hN \), then \( m_i = m_n \sin(\pi h i) = 0 \) (with \( i = 0 \ldots N \)), the girder will remain in the undeformed configuration and it will be trivially

\[
v_i = \psi_i = \varphi_i^+ = \varphi_i^- = \delta \varphi_i = 0.
\]

From previous results, a continuous approximation of the girder behaviour under sinusoidal distributions of inner self-moments may be straightforwardly derived. For this aim, the discrete solutions given by Eq. (25) are extended to the real range \([0, L]\) by substituting the discrete quantity \( i \) by the ratio \( x/l_c \). In the following, we will denote these continuous approximations, respectively, as \( \psi_0^{(n)}(x) \), \( v_0^{(n)}(x) \) where the superscript \( (n) \) is used to denote that they are obtained for a sinusoidal self-moments of wavelength \( L/n \), with \( n \neq h(2N) \). Obviously, the continuous approximation of the girder response when \( n = h(2N) \) is \( \psi_0^{(n)}(x) = v_0^{(n)}(x) = 0 \).

The nodal rotations \( \varphi_0^{(n)}(x) \) of the elementary cells composing the continuum medium are instead obtained by a limiting process observing that total changes over a cell of the nodal rotations of the discrete girder may be expressed as

\[
\Delta \varphi_i = \Delta \varphi_i + \delta \varphi_i \mathbf{H}(x - x_i),
\]

where \( \mathbf{H} \) is a matrix of nodal forces, which depends on the girder geometry, and is

\[
\mathbf{H} = \begin{bmatrix} \mathbf{H}_{1} & \mathbf{H}_{2} \\ \end{bmatrix},
\]

\[
\mathbf{H}_{1} = \begin{bmatrix} 0 & \mathbf{1} \\ \end{bmatrix},
\]

\[
\mathbf{H}_{2} = \begin{bmatrix} \mathbf{1} & 0 \\ \end{bmatrix},
\]

\[
\mathbf{1} = \begin{bmatrix} 1 \\ 1 \\ \end{bmatrix},
\]

\[
\mathbf{0} = \begin{bmatrix} 0 \\ 0 \\ \end{bmatrix}.
\]
Fig. 12 Simply supported girder subjected to the axial load $P$

having denoted by $H(x)$ the Heaviside function. Hence, the nodal rotation $\varphi_j$ at section $j$ of the discrete girder is given by

$$\varphi(x_j) = \varphi_0 + \sum_{i=1}^{j} \Delta \varphi_i + \sum_{i=1}^{j} \delta \varphi_i H(x_j - x_i),$$  

(30)

where $\varphi_0$ is the nodal rotation at section $i = 0$ to be evaluated by Eq. (26) and

$$\sum_{i=1}^{j} \Delta \varphi_i = m_n c_\psi \frac{\cos(n\pi/2)N}{\sin(n\pi/2)N} \left[ 1 - \cos \left( \frac{n\pi}{L} x_j \right) \right].$$  

(31)

This latter result is obtained from Eq. (15b) by the same procedure as Eq. (19).

In the limit of $lc/L \to 0$, from Eq. (30), taking into account Eqs. (29) and (31), we obtain

$$\varphi_0^{(n)}(x) = \bar{\varphi}_n + \int_{0}^{x} d\varphi + \int_{0}^{x} \delta \varphi,$$  

(32)

with $\bar{\varphi}_n = \varphi_0$ initial value of $\varphi_0^{(n)}$, while

$$\int_{0}^{x} d\varphi = \lim_{j \to \infty} \lim_{j \to \infty} \left( \sum_{i=1}^{j} \Delta \varphi_i \right) = m_n c_\psi \frac{\cos(n\pi/2)N}{\sin(n\pi/2)N} \left[ 1 - \cos \left( \frac{n\pi}{L} x \right) \right]$$  

(33)

and

$$\int_{0}^{x} \delta \varphi = \lim_{j \to \infty} \lim_{j \to \infty} \left( \sum_{i=1}^{j} \delta \varphi_i H(x_j - x_i) \right) = \lim_{j \to \infty} \lim_{j \to \infty} \left( \sum_{i=1}^{j} \delta \varphi_i \frac{l_c}{x_i - x_{i-1}} \right)$$  

(34)

are, respectively, the finite changes of the rotations $\varphi_0^{(n)}(x)$ due to the cell deformations and the micro-jumps occurring at each girder cross section. When Eq. (29) is substituted in Eq. (34) and the limit is evaluated, the following results are finally obtained for the equivalent system micro-jumps:

$$\delta \varphi_0^{(n)}(x) = \frac{2m_n}{l_c} \left[ (c_\psi - c_\varphi) \cos^2 \left( \frac{\pi n}{2N} \right) + 2 c_\gamma \sin^2 \left( \frac{\pi n}{2N} \right) \right] \sin \left( \frac{\pi n}{N} x \right) dx.$$  

(35)

It is worth noting that in [6] an analysis is reported that is also based on the Heaviside function. It allows for determining the local deflections of the face plates in web-core sandwich beams. Here, instead the $H()$ function is used for evaluating limit as $lc/L \to 0$ of the jumps $\Delta \varphi_i$.

We study now the response of the girder when it is distorted by the self-moments of Eq. (14) and the axial load $P$ is applied on it (Fig. 12). For this aim, we use the homogenized model of Sect. 2. Its equilibrium equations, Eq. (4), are modified by adding the term $-P \frac{dv_0}{dx}$ at the RHS of Eq. (4)c, to take into account the shear force generated by the axial load as consequence of the initial deflections $v_0^{(n)}$:

$$k_v \left( \psi - \xi - \frac{dv}{dx} \right) = -P \frac{dv}{dx} - P \frac{dv_0^{(n)}}{dx},$$  

(36)
where by virtue of Eq. (25b)

\[
\frac{dv_0^{(n)}}{dx} = \frac{n\pi}{L} v_0^{(n)} \cos \left( \frac{n\pi}{L} x \right),
\]

with

\[
v_0^{(n)} = \begin{cases} 0, & \text{if } n = hN, \\ -Lcn \left( c_{\gamma} + \frac{1}{2} c_{\psi} \frac{\cos^2(n\pi/2N)}{\sin^2(n\pi/2N)} \right), & \text{otherwise.} \end{cases}
\]

Equations (4a and b) and (36) may be solved by the Navier solution procedure. The unknown functions are expressed by the following expansion series:

\[
v(x) = \sum_{k=1}^{\infty} V_k \sin \left( \frac{\pi k}{L} x \right),
\]

\[
\psi(x) = \sum_{k=1}^{\infty} \Psi_k \cos \left( \frac{\pi k}{L} x \right),
\]

\[
\xi(x) = \sum_{k=1}^{\infty} \Xi_k \cos \left( \frac{\pi k}{L} x \right),
\]

where \( V_k, \Psi_k \) and \( \Xi_k \) are amplitudes to be determined and the basis functions are the eigenfunctions of the large deflection problem (4)–(6).

Equation (39) satisfies the boundary conditions, Eq. (5), for any value of \( V_k, \Psi_k \) and \( \Xi_k \). By substituting them in equilibrium equations (4a-b) and (36), we obtain:

\[
\sum_{k=1}^{\infty} \left[ k^2 \pi^2 \frac{L^2}{\Gamma_h} \Psi_k + k \psi \Xi_k \right] \cos \left( \frac{k\pi}{L} x \right) = 0,
\]

\[
\sum_{k=1}^{\infty} \left[ k^2 \pi^2 \frac{L^2}{\Gamma_h} \Psi_k + k \psi \left( \Psi_k - \Xi_k - \frac{k\pi}{L} V_k \right) \right] \cos \left( \frac{k\pi}{L} x \right) = 0,
\]

\[
\sum_{k=1}^{\infty} \left[ k \psi \left( \Psi_k - \Xi_k - \frac{k\pi}{L} V_k \right) + \frac{P}{L^2} \left( V_k + V_{0k} \right) \right] \cos \left( \frac{k\pi}{L} x \right) = 0.
\]

When each of previous equations is multiplied by \( \sin(m\pi x/L) \), with \( m = 1, 2, \ldots, +\infty \), and integrated over \((0, L)\), the following systems of algebraic equations are achieved

\[
\begin{align*}
\frac{m^2 \pi^2}{L^2} - \Gamma_h \Psi_m + k \psi \Xi_m &= 0, \\
\frac{m^2 \pi^2}{L^2} - \Gamma_h \Psi_m + k \psi \left( \Psi_m - \Xi_m - \frac{n\pi}{L} V_m \right) &= 0, \\
k \psi \left( \Psi_m - \Xi_m - \frac{n\pi}{L} V_m \right) + \frac{P}{L^2} \left( V_m + \delta_{mn} V_0^{(n)} \right) &= 0,
\end{align*}
\]

with \( \delta_{mn} \) being the Kronecker symbol. Their solutions are

\[
\Psi_m = V_m = \Xi_m = 0, \quad \text{if } m \neq n,
\]

and

\[
\begin{align*}
\Psi_m &= \Psi_n = \frac{n\pi}{L} \frac{P/P_{en}}{1 - P/P_{cr n}} V_{0n}, \\
\Xi_m &= \Xi_n = -\frac{n^3 \pi^3}{L^3} \frac{\Gamma_h}{k_H} V_{0n} \frac{P/P_{en}}{1 - P/P_{cr n}}, \\
V_m &= V_n = -\frac{P/P_{cr n}}{1 - P/P_{cr n}} V_{0n}.
\end{align*}
\]
if \( m = n \). In Eq. (41), \( P_{cr n} \) and \( P_{en} \) are given by

\[
P_{cr n} = \frac{P_{en}}{1 + \frac{P_{en} \chi}{1}}.
\]

\[
P_{en} = n^3 \pi^3 \frac{\Gamma_b}{L^2},
\]

where \( \chi = 1/\kappa_V + \alpha_h/\kappa_H \) with \( \alpha_h = \Gamma_b/\Gamma_H \). They are the \( n \)th critical loads, respectively, of the equivalent model of Sect. 2 and the simply supported Euler–Bernoulli beam having bending stiffness equal to \( \Gamma_b \).

In conclusion, by virtue of Eqs. (39) and (41), when the axial load \( P \) is applied on the girder distorted by the self-moments of wavelength \( n \), it causes the following rotations and transversal displacements changes:

\[
\psi^{(n)}_P(x) = \frac{n \pi}{L} \frac{P}{P_{cr n}} - \frac{P}{P_{cr n} \chi} V_0 n \cos \left( \frac{n \pi}{L} x \right),
\]

\[
\xi^{(n)}_P(x) = -n^3 \pi^3 \frac{\Gamma_b}{L^3} \frac{P}{P_{cr n}} \frac{\chi}{1 - P/P_{cr n}} V_0 n \cos \left( \frac{n \pi}{L} x \right),
\]

\[
v^{(n)}_P(x) = \frac{P}{P_{cr n}} \frac{P}{P_{cr n}} V_0 n \sin \left( \frac{n \pi}{L} x \right).
\]

Obviously, the solutions given by Eqs. (44) make sense only when \( P \neq P_{cr n} \).

### 4 Buckling load

In the homogenized girder the \( \xi \) relative rotations are generated by the longitudinal shear is force \( V_H \). From Eqs. (4a and b) and (36), it can be easily recognized that this inner force is given by

\[
V_H = \alpha_h \frac{V}{l_w} = -\alpha_h \frac{P}{l_w} \left( \frac{dv_0}{dx} + \frac{dv}{dx} \right).
\]

Since the transversal shear force is variable along the girder, the equilibrium deformed shape given by Eq. (44) is not kinematically admissible. In fact, if we consider two adjacent elementary cell located at abscissae \( x \) and \( x + dx \), these are subjected to the longitudinal shears \( V_H \) and \( V_H + dv H \). Therefore, the relative rotations \( \xi \) and \( \xi + d\xi \) will be produced in these cells. As is shown in Fig. 13, as a consequence of the elementary change \( d\xi \), in the nodal section common to the two cells the jump

\[
\delta \varphi = -d\xi
\]
in the nodal rotations will occur.

Strains due to transversal shear and bending moments, on the other hand, are always geometrically compatible, since they do not involve deformations of the transversal fibres.

The jumps in the nodal rotations of the continuous model, or equivalently the interpenetrations/gaps between the elementary cells, transversal fibres, may be eliminated if we imagine that the cells may interact also in terms of self-moments. This implies that when the equivalent medium deforms under an external action, a continuous distribution \( m(x) \) of self-moments arises. It produces relative rotations \( \xi(x) \) such that the total jump \( \delta \phi(x) \) in nodal rotations is zero in each section. In other words, the continuous model is bent with the additional (inner) constraint \( \delta \phi = 0 \), which is satisfied thanks to the actions of the (inner) self-moments \( m(x) \).

By such a constrained model (subjected to self-moments \( m(x) \)), accurate estimates of the girder critical loads and deformed shapes may be obtained. In this case, buckling conditions are attained when bent configurations satisfying Eqs. (4–6) and the continuity condition \( \delta \phi = 0 \) are possible. Equivalently, the equivalent girder may buckle when special distributions of self-moments act in it. They are able to bend the system subjected to the axial load without violating equilibrium conditions and the inner compatibility of shear strains or equivalently the continuity of nodal rotations, i.e. \( \psi(x) = 0, \forall x \in [0, L] \). We assume that these distributions of self-moments may be expressed, without loss of generality, by the sine series

\[
m(x) = \sum_{n=0}^{\infty} m_n \sin \left( \frac{n\pi x}{L} \right),
\]

where \( m_n \) are the unknown self-moment amplitudes. By invoking the superposition principle, by means of results of Sects. 2 and 3 the continuity condition of nodal (micro-) rotations may be written as

\[
\delta \phi(x) = \sum_{n=0}^{\infty} \left( \delta \phi_0^{(n)} + \delta \phi_p^{(n)} \right) = 0,
\]

with \( \delta \phi_0^{(n)} \) the jumps generated in the girder free of axial load by the \( n \)th harmonic component of \( m(x) \) and are given by Eq. (35), \( \delta \phi_p^{(n)}(x) \) are instead the changes of these jumps that occur when \( P \) is applied on the girder. These latter have to be evaluated by means of Eq. (44b) and are given by

\[
\delta \phi_p^{(n)}(x) = -\frac{d\xi_p^{(n)}(x)}{dx} dx = -\frac{n^4\pi^4}{L^4} \frac{\Gamma_h}{\kappa_h} \frac{P}{P_{en}} \frac{V_{0n} \sin \left( \frac{n\pi x}{L} \right)}{1 + \frac{P}{P_{crn}}} dx.
\]

Equation (46) is readily solved by the Galerkin method, that is by multiplying it by each basis function \( \sin(k\pi x/L) \) of series (45) and integrating over \( (0, L) \). This corresponds to equating to zero the virtual work made by the self-moments \( \sin(k\pi x/L) \) for jumps in micro-rotations due to \( m(x) \). By this way, we obtain the set of independent algebraic equations in the unknown self-moment amplitudes \( m_k \):

\[
\frac{2m_k}{l_c} \left\{ \left[ (c_\psi - c_\psi) \cos^2 \left( \frac{\pi k}{2N} \right) + 2c_\psi \sin^2 \left( \frac{\pi k}{2N} \right) \right] - \frac{k^4 \pi^4 \Gamma_h}{L^4} \frac{V_{0k} \frac{P}{P_{ek}}}{1 + \frac{P}{P_{crk}}} \right\} = 0.
\]

The quantities in braces are dependent on the applied load \( P \). The values \( P_k \) of \( P \) for which they are zeroed are the searched critical loads of the girder. In fact, when \( P \) equals one of \( P_k \), say \( P_h \), the girder may bend under the action of the self-moments \( m_h \sin(h\pi x/L) \), of undetermined amplitude \( m_h \), without jumps in nodal rotations \( \phi \). Hence, from Eq. (48) we derive the following condition for the critical values of \( P \):

\[
\frac{1}{P_k} = \frac{1}{P_{ek}} + \chi - \tilde{\chi}_k
\]

with

\[
\tilde{\chi}_k = \left( \frac{k\pi}{2N} \right)^2 \frac{\alpha_h/\kappa_h}{\sin^2(k\pi/2N)} \frac{2c_\psi \sin^2(k\pi/2N)}{2c_\psi \sin^2(k\pi/2N) + (c_\psi - c_\psi) \cos^2(k\pi/2N)}.
\]

Critical transversal displacements \( \psi^{(k)} \) and sectional rotations \( \psi^{(k)}_{cr} \) are given, up to the factor \( m_k \), by adding, respectively, to \( \psi^{(k)}_0 \) and \( \psi^{(k)}_0 \) Eq. (44a and b) written with \( P = P_k \), respectively. Regarding the corresponding
nodal (micro-)rotations \( \phi^{(k)}_{cr} \), from Eq. (32), taking into account the continuity condition (47) and Eq. (44), we have

\[
\phi^{(k)}_{cr} = \phi^{(k)}_0(x) + \psi^{(k)}_{cr}(x) - \xi^{(k)}_P(x)
\]

\[
= \bar{\phi}_k + \int_0^x d\phi^{(k)}_0 + \int_0^x \delta\phi^{(k)}_0 + \psi^{(k)}_{cr}(x) - \xi^{(k)}_P(0) - \int_0^x d\xi^{(k)}_P
\]

here, both quantities \( \xi^{(k)}_P(0) \) and \( d\xi^{(k)}_P \) have to be evaluated with \( P = P_k \).

The girder Euler load \( P_E \) is the lowest of the \( P_k \) given by Eq. (49). It is obtained when \( k = 1 \) and may be written as:

\[
P_E = \pi \frac{\Gamma_b}{L^2} \frac{1}{1 + \pi \frac{\Gamma_b}{L^2} (\chi - \bar{\chi}_1)},
\]

(51)

where \( \bar{\chi}_1 \) is obtained from Eq. (50) evaluated with \( k = 1 \). Equation (51) has the same formal structure as the Engesser buckling load [15] and the equivalent girder Euler load derived in [51] and given by Eq. (42) evaluated with \( k = 1 \). In the Engesser formula, in place of \( \chi \) we found the shear compliance:

\[
\chi_{Eng} = \frac{l_c l_w}{24 E_w I_w} + \frac{l_c^2}{24 E_c I_c}.
\]

(52)

Instead, in Eq. (42) self-moment effects are neglected and in place of \( \chi - \bar{\chi}_1 \) there is only \( \chi \). In the Engesser shear compliance equation (52), girder joint elasticity is not taken into account. Hence, in order to compare buckling load estimates of the present method with those of the Engesser formula, the following modified compliance has to be used:

\[
\chi_{Eng} = \frac{1}{\kappa_V} + \frac{1}{\kappa_H}.
\]

(53)

This formula is derived in Appendix C with the same basic assumptions of the Engesser method, namely that under the action of a transverse shear force, chords and web members deform with points of inflection located at their centre (Fig. 20 of Appendix B).

Since \( \alpha_k < 1 \), we get:

\[
\chi - \bar{\chi}_1 < \chi < \chi_{Eng};
\]

(54)

therefore, we also have that:

\[
\frac{1}{P_E} < \frac{1}{P_{cr 1}} < \frac{1}{P_{Eng}}
\]

with \( P_{Eng} \) being the buckling load estimated by the Engesser formula. This result is a direct consequence of the fact that both in Eq. (42) and in Engesser theory cell interactions by means of self-moments are neglected. These latter require additional strain energy and external work and consequently the elementary cells deform with a higher stiffness.

5 Validation study

The range of applicability of the results derived in Sect. 4 is now analysed by means of a data set obtained from a series of girder finite element models.

Both chords and web members of the unit cells composing these models were two node Euler beam rods having cubic polynomial shape functions. The girder global stiffness matrix was obtained by additive assembling of standard and geometrical stiffness matrix of single composing cells. All the phases of the FE analyses (namely, topological matrix generation, girder stiffness matrix assembling and condensation,
Fig. 14 Buckling loads versus girder aspect ratio $\rho = L/l_w$

Fig. 15 Critical sectional rotations $\psi$, nodal rotations $\varphi$ and self-moments distributions of girders having $l_w = 300$ mm
Self-moments stiffening effect and buckling strength

In all the models of the validation study, both chords and webs members are assumed to have HEA100 cross section. Moreover, their Young’s moduli $E_c$ and $E_w$ were chosen as 206,000 MPa.

We recall that rotations and displacements of the critical deformed shapes obtained by FE and the method of Sect. 3 are defined up to an arbitrary factor. Hence, in order to compare these shapes, theoretical and numerical solutions were normalized so that the maximum transversal displacements $v_{max}$ were equal to the unit value. However, the transversal displacements are not reported here for the sake of simplicity, since in all the examined cases those obtained by FE analysis perfectly match with the theoretical sinusoidal function (see Eq. (20a) and Eq. (44c)).

First of all, the effects the joint stiffness $k_j$ on the accuracy of theoretical buckling loads and critical deformed shapes are examined. For this aim, in Fig. 14 critical loads of girders with $l_w$ equal to 300 mm and 1200 mm and cell aspect ratio $\delta = l_w/l_c$ equal to, respectively, 1.0 and 2.0 are reported as function of the ratio $\rho = L/l_w$. The stiffness $k_j$ of these girders was chosen such that the relative compliance increment

$$z = \frac{3EI_w}{k_jl_w}$$

attains the values 5, 50 and 100.

It is noteworthy that as $z$ increases, the longitudinal shear compliance also increases and the stiffening effect due to the self-moments becomes more important. This is evident in Fig. 14 where buckling loads of the present theory are compared with the estimates obtained by Eq. (42) with $k = 1$ and the Engesser method that do not take into account the self-moments effects. It has to be noticed that the range of $\rho$ values where these latter estimates differ significantly from those of the present theory gradually extends as the $z$ parameter is increased.

Predictions of Eq. (51) are in very good agreement with FE models results for all $z$ values considered and in the whole range of $\rho$. In addition, as is evident in the diagrams of Figs. 15 and 16, theoretical deformed shapes and self-moments distributions match very well with FE analysis results in all the examined cases.
In the case of squat girders, both Eq. (42) and the Engesser method underestimate the girder buckling load. Instead, as the girder span increases, the shear strains have a gradually weaker influence on the buckling loads and predictions obtained from Eq. (42) and the Engesser formula tend towards results obtained from FE analysis and the theory of Sect. 4.

When the cross sections of chords and web members are assigned, the relative importance of the transversal and longitudinal shear strains depends on the girder height $l_w$, since this parameter regulates the ratio between the bending moments $M_h$ and $M_p$ and their unit changes, respectively, given by $V$ and $T_H$. Moreover, shear strains magnitude depends also on the cell shape ratio $\delta = l_c / l_w$, because this parameter determines the number of web rods for girder unit length. Therefore, in order to investigate the theory accuracy for girders where strains due to $V$ and $T_H$ have different magnitude, a second series of FE analysis was carried out. The considered girders have height $l_w = 400, 800$ and $1600$ mm, $z$ ratio equal to 150 and cell shape ratio $\delta = 0.5, 1$ and 2.

Numerical results are compared with theoretical predictions in diagrams of Fig. 17, where buckling load estimates obtained by Eq. (42) with $k = 1$ are also reported in order to highlight the stiffening effect due to self-moments. It is evident that the theory presented is able to evaluate with good accuracy the instability loads for almost all the girder geometries examined. Large errors on buckling load estimates are noticeable only in the limit cases where $\delta = 2$ and $\rho = 10$, that is for girders composed only of 5 cells to which the application of any homogenization theory does not make sense.

In Figs. 18 and 19, critical sectional and nodal rotations of the girders of Fig. 17 with $l_w = 400$ and $1600$ mm are diagrammed together with the corresponding self-moment distributions. The theoretical predictions for critical values of $\psi$ are in good agreement with results obtained by FE buckling analysis in all presented cases. Nodal rotations and self-moments values are affected by significant homogenization errors only in the extreme case of very squat girders having $\rho = 10$ and cell shape ratio $\delta = 2$. These errors are instead negligible for all the girder having shape ratio $\rho > 10$.

6 Conclusions

The behaviour of a Vierendeel girder subjected to sinusoidal distributions of self-moments has been analysed. More precisely, the girders deformed shape has been obtained by composing the deformations of the unit cell given by eigenvectors of its transfer matrix associated to self-moments decaying in positive and negative verses. This result has then been extended to a micro-polar geometrically nonlinear equivalent model and the effects of the axial load on the girder initially distorted by the self-moments have been evaluated in closed form.

By means of these solutions, an alternative formulation of the buckling problem of the periodic beams is then given in terms of kinematics of the micro-polar model: buckling occurs when special distributions of self-moments are present. They are able to bend the girder without violating compatibility of the longitudinal shear strains. These systems have a significant stiffening effect on the girder buckling behaviour and are governed
by the continuity equation for micro-rotations of the equivalent medium. Using the Galerkin method with the micro-polar model eigenfunctions as basis functions, closed-form solutions for critical load and deformed shape have been obtained. The validation study carried out by the results from a family FE models shows that the proposed solutions are accurate in modelling the self-moment stiffening effects influencing the beam buckling behaviour when large strains due to the longitudinal shear occur.

Acknowledgements The author would like to thank prof. A. Gesualdo and prof. G. Cricri for many valuable comments and fruitful discussions.

Funding Open access funding provided by Università degli Studi di Napoli Federico II within the CRUI-CARE Agreement.
Appendix A

Derivation of Eq. (18) is based on the following result [55]:

$$\sum_{i=0}^{j-1} \sin \left( \frac{n\pi}{N} i \right) = \begin{cases} 0, & \text{if } \sin \left( \frac{n\pi}{2N} \right) = 0, \\ \frac{\sin \left( \frac{n\pi}{2N} j \right)}{\sin \left( \frac{n\pi}{2N} \right)} \sin \left[ \frac{n\pi}{2N} (j - 1) \right], & \text{elsewhere,} \end{cases}$$

with $h$ being an integer number. Hence, assuming $n \neq h \cdot (2N)$, we may write

$$\sin \left( \frac{n\pi}{L} x_j \right) + 2 \sum_{i=1}^{j-1} \sin \left( \frac{n\pi}{L} x_i \right) = \sin \left( \frac{n\pi}{N} j \right) + 2 \frac{\sin \left( \frac{n\pi}{2N} j \right)}{\sin \left( \frac{n\pi}{2N} \right)} \sin \left[ \frac{n\pi}{2N} (j - 1) \right]$$

Fig. 19 Critical sectional rotations $\psi$, nodal rotations $\phi$ and self-moments $sm$ of girders having $l_\omega = 1600$ mm
where the last equality follows from the Werner formula. Then, applying the cosine subtraction formula for the numerator of the last fraction, after some trivial simplification the RHS of Eq. (18) is obtained.

Appendix B

Equation (23) has been achieved by means of the following result [55]:

\[
\sum_{i=0}^{j-1} \cos \left( \frac{n \pi}{N} i \right) = \begin{cases} 0, & \text{if } n = h \cdot (2N), \\ \frac{\sin \left( \frac{\pi n}{2N} \right)}{\sin \left( \frac{\pi n}{2N} \right)} \left[ \frac{\pi n}{2N} \right] \cos \left[ \frac{\pi n}{2N} \right], & \text{elsewhere,} \end{cases}
\]

Hence, under the assumption \( n \neq h \cdot (2N) \) and taking into account Eq. (19), we may write the sum over \( i \) of sectional rotations \( \psi_i \) as

\[
\sum_{i=0}^{j-1} \psi_i = j \psi_0 + c \phi m_n \frac{\cos \left( \frac{n \pi}{2N} \right)}{\sin \left( \frac{n \pi}{2N} \right)} \left[ j - \sum_{i=0}^{j-1} \cos \left( \frac{n \pi}{N} i \right) \right] = j \psi_0 + c \phi m_n \frac{\cos \left( \frac{n \pi}{2N} \right)}{\sin \left( \frac{n \pi}{2N} \right)} \left[ j - \frac{\sin \left( \frac{n \pi}{2N} \right) \cos \left[ \frac{n \pi}{2N} \right]}{\sin \left( \frac{n \pi}{2N} \right)} \left[ \frac{\pi n}{2N} \right] \cos \left[ \frac{\pi n}{2N} \right] \right].
\]

Equation (23b) is achieved by substituting previous result into Eq. (23a) after having simplified the numerator in the bracket parenthesis by the Werner and subtraction formulae.

Appendix C

The lateral relative deflection of the unit cell obtained by sectioning the girder as shown in Fig. 20 consists of the displacements \( \delta_1 \) due to bending of the webs and deformation of the torsional springs, and \( \delta_2 \) due to bending of the chords. On each torsional spring fastened at the end of the web rod, the couple \( Vl_c/2 \) acts and the rotation angle of the free ends of the springs is

\[
\theta = \frac{Vl_c}{2\eta_w}.
\]
Hence, the lateral deflection due to deformations in web rod and springs is

\[ \delta_1 = \frac{V}{2EI_c} \]

From the expression of the deflection of a cantilever beam, we obtain for the deflection \( \delta_2 \)

\[ \delta_2 = \frac{V}{2EI_c} \]

In conclusion, the shear strain of the unit cell of Fig. 20 is

\[ \gamma = \frac{\delta_1 + \delta_2}{l_c/2} = \chi_{Eng} V, \]

with

\[ \chi_{Eng} = \frac{1}{\kappa_H} + \frac{1}{\kappa_V}. \]

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