Dressed excitonic states and quantum interference in a three-level quantum dot ladder system

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Abstract. We observe dressed states and quantum interference effects in a strongly driven three-level quantum dot ladder system. The effect of a strong coupling field on one dipole transition is measured by a weak probe field on the second dipole transition using differential reflection. When the coupling energy is much larger than both the homogeneous and inhomogeneous linewidths an Autler–Townes splitting is observed. Significant differences are observed when the transitions resonant with the strong and weak fields are swapped, particularly when the coupling energy is nearly equal to the measured linewidth. This result is attributed to quantum interference: destructive or constructive interference with modest visibility is observed depending on the pump/probe geometry. The data demonstrate that coherence of both the bi-exciton and the exciton is maintained in this solid-state system, even under intense illumination, which is crucial for prospects in quantum information processing and nonlinear optical devices.

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Strong light–matter coupling of a two-level atom produces a coherent evolution of the atomic state populations, referred to as Rabi flopping. This coherence can be extended to a strongly driven three-level atom, where striking phenomena, such as Autler–Townes splitting, dark states and electromagnetic induced transparency (EIT) can be observed [1]. At the heart of dramatic effects such as EIT is quantum interference, where coherence of the driving field and the individual atomic states is crucial.

In recent years, several experiments have proven the atom-like properties of self-assembled quantum dots (QDs). Significantly, the coherence of the ground state ($|1\rangle$) to exciton ($|2\rangle$) transition has been explored in neutral [2]–[4] and negatively charged QDs [5]. However, the coherent properties of a driven three-level ladder QD system are also highly relevant [6]–[8]. The bi-exciton ($|3\rangle$) to $|2\rangle$ to $|1\rangle$ cascade in QDs is particularly interesting due to the ability to generate entangled photon pairs [9]–[11] and construct a two-bit quantum gate [12]. For solid-state media, a significant issue is whether or not dephasing mechanisms are sufficiently suppressed for quantum interference effects to be manifest. In higher dimensional structures such as quantum wells, coherence and quantum interference effects in three-level ladder systems have also been observed [13, 14]. In these systems, the dephasing rates are $\sim$ ps$^{-1}$ [13, 14], compared $\sim$ ns$^{-1}$ excitonic dephasing rates in QDs. In addition to spontaneous emission, coupling of the discrete quantum states to a continuum of states with uncontrolled degrees of freedom can lead to detrimental dephasing. Examples of deleterious coupling mechanisms include tunnelling, phonon interaction via spin–orbit coupling, hyperfine interaction and many-body interactions under intense driving fields. Here, we perform resonant pump and probe spectroscopy on a single QD ladder system. We observe the dressed states of each QD transition and demonstrate that coherence in this solid-state system is maintained under intense driving fields. Furthermore, evidence of modest quantum interference effects is elicited by swapping the pump and probe fields. In fact, the nature of the quantum interference changes from destructive to constructive depending on the pump/probe geometry.

The QD s-shell level schematic is shown in figure 1(a). Due to the electron–hole exchange interaction, the neutral exciton exhibits a fine structure with two linearly polarized ($\pi_x$ and $\pi_y$) transitions [15], energetically split for the QD studied in this report by $25 \mu$eV (figure 1(d)). Spontaneous emission leads to homogeneous linewidths $\hbar \gamma_{32}$ and $\hbar \gamma_{21}$. In this QD, the bi-exciton is red-shifted by 3.2 meV from the single exciton due to the excitonic Coulomb interaction. We obtain a three-level ladder system by choosing to work in the $\pi_y$ basis (dashed area figure 1(a)). To explore the coherence in the system, we apply a strong coupling field with energy $\hbar \Omega_C$ resonant with either the $|2,\gamma\rangle$–$|3\rangle$ or $|1\rangle$–$|2,\gamma\rangle$ transition and a weak-probe field with energy $\hbar \Omega_p$ resonant with the other transition (figures 1(b) and (c)). For $\hbar \Omega_C > \hbar \gamma$, a perturbative description of the system using Fermi’s golden rule fails and the dressed state picture, which admixes the photon and exciton eigenstates, is appropriate. In the dressed state picture, the bare states are split by $\hbar \Omega_C$ (figures 1(b) and (c)). As the probe beam is detuned relative to the bare transition two Lorentzian resonances are present: the Autler–Townes doublet [16]. This spectroscopic feature has been observed for the ground state transition of both neutral [4] and negatively charged [5] QDs and the bi-exciton states of a neutral QD [8].

Our sample consists of self-assembled InAs/GaAs QDs embedded in a charge-tunable heterostructure. We can dictate the charge state of a single QD by the applied bias [17]. The sample used is the same as in [18]. Using a confocal microscope, we first characterize a QD using photoluminescence (figure 2(a)) before switching to resonant laser spectroscopy. For this QD, we find identical linear dc-Stark shifts as a function of applied bias over the extent of the
Figure 1. (a) Schematic representation of the QD s-shell four-level system. With pure $\pi_y$ polarization, a three-level ladder system is obtained (dashed box). (b) In the first experiment, a strong driving field, $\Omega_C$, is applied to $|2_y\rangle$–$|3\rangle$, while a perturbative probe, $\Omega_P$, is scanned over $|1\rangle$–$|2_y\rangle$. When $\hbar \Omega_C > \hbar \gamma_{32}$ the dressed state picture is appropriate (right-hand side). (c) In the second experiment, $\Omega_C$ is applied to $|1\rangle$–$|2_y\rangle$ and $\Omega_P$ to $|2_y\rangle$–$|3\rangle$. (d) Transmission spectra as $\Omega_P$ is scanned over the $|1\rangle$–$|2\rangle$ transitions using three different linear polarizations. Here $\hbar \Omega_C = 0$ and the solid lines are Lorentzian fits to the data.

Voltage plateau for both the bi-exciton and exciton states ($1.14 \pm 0.05$ meV V$^{-1}$). We can detect the differential forward scattered signal ($\Delta R/R$) outside of the cryostat [19] or backscattered signal ($\Delta T/T$) in situ [20]. The single-exciton transition is first characterized in transmission (figure 1(d)). The QD examined here shows linewidths ranging from $\sim 1.8$ to $4.5 \mu$eV depending on the experimental measurement time. We observe that fast measurement (time constant = 5 ms) yields the smallest linewidths and slow measurement (time constant $\geq 0.2$ s) yields the largest linewidths, consistent with the picture of inhomogeneous broadening due to spectral fluctuations ([21] supplementary information). Direct lifetime ($\tau$) measurements on many similar QDs yield statistics exhibiting a ratio of $0.65 \pm 0.1$ for $\tau_{32}/\tau_{21}$ and typical values for $\hbar \gamma_{32}$ and $\hbar \gamma_{21}$ are 0.74 and 1.13 $\mu$eV, respectively [22]. In the transmission geometry, both the pump and probe beams strike the detector and the pump laser shot noise overwhelms the probe laser signal. In fact, the noise equivalent power is $\sim 10^4$ times worse for a strong driving field compared to a weak field [18]. Therefore, to perform the two-colour pump/probe experiment, we measure in reflection and filter out the strong driving field with greater than $10^3$ extinction ratio (figure 2(b)). In this way, we can measure the probe signal with high signal : noise. We note that differential transmission measurements yield Lorentzian lineshapes, whereas differential reflection lineshapes have a dispersive component. This is due to an interference effect: the highly coherent laser interacts with a cavity formed between the sample surface and polished fibre tip (see [19] for a study of this interference effect with a shorter cavity length). This interaction varies as a function of photon energy, hence the lineshapes in figures 3 and 5 are
Figure 2. (a) Photoluminescence spectra as a function of applied voltage. The bi-exciton \(2X^0\) is red-shifted from the single exciton \(X^0\) by 3.2 meV. For the resonant experiments, the dc-Stark shift is used to detune the QD states relative to the laser energy. The data presented in figures 3–5 were taken with \(V_g \approx -0.15\) V. (b) For the experimental setup, two tunable external cavity diode lasers are coupled into a single-mode fibre and focused onto the QD sample after passing through a polarizing beam splitter and half-waveplate. Differential transmission is measured \textit{in situ}. To filter out the strong coupling field, a single-mode fibre is spatially positioned to collect only the probe field after the reflection signal passes through a transmission grating. The probe absorption signal is measured with an avalanche photodiode.

slightly asymmetric. We note that the absence of any asymmetry or overshoot in the lineshapes observed in the transmission geometry under strong excitation rules out the presence of a Fano effect in the heterostructure [23]. Hence, exciton dephasing due to coherent coupling with any nearby electron and hole continuum states is sufficiently suppressed in this sample.

Figure 3(a) shows results for driving the \(|2_y\rangle\rightarrow|3\rangle\) transition on resonance with \(\Omega_C\) and probing the \(|1\rangle\rightarrow|2_y\rangle\) transition with \(\Omega_R\). As \(\hbar\Omega_C\) is increased from 0, the single peak splits into two. This splitting is directly proportional to the amplitude of the coupling field (as shown in figure 4), consistent with the Autler–Townes splitting. In this experiment, a maximum coupling field power of 100 \(\mu\)W was used to generate a peak–peak energy splitting of 67 \(\mu\)eV. Using the four-level model described below, we find that the peak-to-peak splitting is equal to 0.71\(\hbar\Omega_C\).
Figure 3. The effect of a coupling field on the probe absorption spectrum. (a) The coupling field is resonant with the $|2_y\rangle - |3\rangle$ transition for a dc-Stark shift of $0 \mu eV$. The peak-to-peak splitting increases with the increasing coupling field amplitude. Each spectrum is offset for clarity. (b) A simulation using the four-level model with $\gamma_{22} = 0.74 \mu eV$, $\gamma_{21} = 1.13 \mu eV$, $\hbar \Omega_p = 0.4 \mu eV$ and $\alpha_0 = 0.03$ as a function of $\hbar \Omega_C$. Black (white) colouring corresponds to a signal contrast of 0.007 (0) and the signal is convoluted with a 3 $\mu eV$ full-width half-maximum (FWHM) Lorentzian. (c) The coupling field ($\hbar \Omega_C = 24.5 \mu eV$) is detuned relative to the $|2_y\rangle - |3\rangle$ transition. A simulation of this experiment with the same dephasing values as in (b) is shown in (d).

rather than equal to $\hbar \Omega_C$ for this experiment due to the fact that both $\Omega_C$ and $\Omega_p$ are detuned together using the dc-Stark shift, as opposed to the prototypical experiment of detuning only $\Omega_p$. We have therefore achieved $\hbar \Omega_C \approx 100 \mu eV$, which corresponds to a Rabi flopping period of $\sim 6.5$ ps. Figure 3(c) shows the result of detuning $\Omega_C$ from resonance with $|2_y\rangle - |3\rangle$ with $\hbar \Omega_C = 24.5 \mu eV$. An anti-crossing is clearly observed here. Again, the peak-to-peak splitting
Figure 4. (a) The peak-to-peak splitting, from $\sim 3$–$66 \mu$eV, varies linearly with the coupling field amplitude. The black squares (red circles) represent the peak splitting observed when the dressed states of the $|2, r\rangle$–$|3\rangle$($|1\rangle$–$|2, Y\rangle$) are probed. The straight lines are fits to the data. For the fit of the red circles, the highest two intensity points are not taken into account as they showed anomalous features in the spectra. (b) The data in the low saturation regime within the dashed box of (a) are enlarged. The dashed line corresponds to minimum linewidth observed when $\hbar \Omega_c = 0$.

is not the traditional $(h \delta_c^2 + h \Omega_c^2)^{1/2}$, where $h \delta_c$ is the coupling field detuning energy, due to the fact that both the lasers are detuned simultaneously by the dc-Stark shift.

We model the system in figure 1(a) with four quantum states: $|1\rangle$, $|2, x\rangle$, $|2, y\rangle$ and $|3\rangle$. Two ac laser fields with $\pi_y$-polarization couple states $|1\rangle$–$|2, y\rangle$ and $|2, y\rangle$–$|3\rangle$ at angular frequencies $\omega_1$ and $\omega_2$, respectively. A master equation for the density matrix includes four decay terms, which account for spontaneous emission: $h \gamma_{22x} = h \gamma_{22y} = 0.74 \mu$eV and $h \gamma_{21x} = h \gamma_{21y} = 1.13 \mu$eV. We note that coupling from $|3\rangle$ to $|1\rangle$ is dipole forbidden ($h \gamma_{31} = 0$). This is crucial for observing quantum interference effects in a ladder system. We take the steady-state limit to describe the experiment as the integration time (time constant $\geq 1$ s) is longer than the relevant QD dynamics. The experimental observables are the transmission and reflection signals, which are proportional to the susceptibility, equivalently an off-diagonal component of the density matrix [21]. The computed differential transmission or reflection signal is also dependent on a prefactor $\alpha_0$, which accounts for the oscillator strength, the laser spot-size, wavelength and refractive index [24]. Furthermore, $\alpha_0$ is influenced by the experimental geometry and spectral fluctuations. Figures 3(b) and (d) show simulations of the probe field reflection signal as a function of $\hbar \Omega_c$ and detuning $\hbar \delta_c$. To account for spectral fluctuations, we convolute the calculated spectrum with a Lorentzian function corresponding to the experimentally measured linewidth (FWHM). The prefactor $\alpha_0 = 0.03$ is determined from the probe differential reflection signal when $\hbar \Omega_c = 0$ and $\hbar \Omega_p = 0.4 \mu$eV using a 3 $\mu$eV Lorentzian convolution. Using these parameters, the model reproduces the experimental signal amplitude and energy splittings of figures 3(a) and (c).

Figure 4 shows that the peak-to-peak splitting increases linearly with the strength of the coupling field. By swapping the coupling and probe fields, we have also observed the dressed states of the strongly driven $|1\rangle$–$|2, y\rangle$ transition. Notably, the ratio of peak splitting for the two pump/probe geometries is consistent with that expected from the direct lifetime measurements. These results demonstrate an elegant method to manipulate the transition energies of our solid-state nanostructure optically. This is increasingly important for applications. For example, a
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The remaining panels in figure 5 show the experimental (data points) and simulated (solid curves) evolution from a single, flat-topped peak into two distinct peaks as \( \hbar \omega_c \) is increased for both pump/probe geometries. The experimental spectra show quantitative agreement with the simulated spectra both in peak splitting and overall amplitude. A direct experimental comparison of the two pump/probe geometries can be made for the same coupling energies, \( \hbar \omega_c = 4.8 \mu eV \), in figures 5(d) and (i). For this coupling energy, two distinct peaks are observed when the upper transition is strongly pumped and the lower transition probed. Conversely, only one flat-topped peak is visible when the pump and probe lasers are swapped. In this case, when the coupling energy is increased to \( \hbar \omega_c = 7.8 \mu eV \) the peak splitting can be resolved (figure 5(h)).

We propose that the origin of the different behaviour at low pump power is a manifestation of quantum interference [1, 28]. In the first case, pumping the |1\rangle\rightarrow|2\rangle transition, there is an incomplete constructive interference; in the other case, pumping the |2\rangle\rightarrow|3\rangle transition, there is an incomplete destructive interference. Such effects in a ladder system are considered by Agarwal [28]. The probe field experiences an absorptive and a dispersive resonance at each dressed state and the net absorption spectrum can be constructed by summing the two absorptive and two dispersive contributions [28]. Significantly, the prefactors of the two absorptive contributions are always positive, whereas the prefactors of the two dispersive components can be positive or negative depending on the pump/probe geometry and dephasing rates. Quantum interference takes place between the two absorption channels: in this picture, a negative (positive) dispersive component for zero probe detuning results in destructive (constructive) interference. For further insight, Agarwal analytically solves for the absorption at the bare transition energy in the limit that \( \hbar \omega_c \gg \hbar \gamma_j \) and \( \hbar \Omega_p \ll \hbar \gamma_j \). In this regime, the quantum interference can be characterized by the parameter \( \beta \) [28]. For the ladder system, in the limit where the non-radiative dephasing rates of levels |2\rangle and |3\rangle are zero, \( \beta = \gamma_{21} - \gamma_{32} \) for strongly
pumping the upper transition and probing the lower transition and $\beta = -\gamma_{21}$ for strongly pumping the lower transition and probing the upper transition.

When the pump is resonant with the upper transition and $\gamma_{32} < \gamma_{21}$, $\beta$ is positive. This is the situation for the QD studied here. A positive $\beta$ signifies destructive quantum interference and the dispersive components are negative at the bare probe resonance. This situation is analogous to the prototypical ‘lambda’ system, which is commonly used for EIT [1]. In an idealized

**Figure 5.** A comparison of the peak splitting and signal contrast in the low saturation regime for the two experimental geometries presented in figures 1(b) and (c). The left-hand column (panels (a)–(e)) corresponds to strongly pumping the upper transition and probing the lower transition; in the right-hand panels (f)–(i) the coupling and probe lasers are swapped. The simulations shown in panels (a) and (f) highlight the different behaviour: in panel (a) the peak splitting is distinguishable for smaller values of $\delta \Omega_C$ than in (f). The grey scales have the dimensionless units $\alpha_0 \Delta R/R$. The experimental spectra in the low-coupling power regime match that predicted by the numerical simulation. The striking difference of the two experimental pump/probe geometries can be made by comparing the data for $\delta \Omega_C = 4.8 \mu eV$ and $\delta \Omega_p = 0.4 \mu eV$ in panels (d) and (i) and the predicted spectra (red curves). The peak splitting is distinguishable in panel (d), whereas a flat-topped, non-Lorentzian lineshape is measured in panel (i). The model quantitatively predicts both the lineshapes and signal amplitudes for each spectrum. The undershoot in the spectrum at $\sim 10 \mu eV$ of panels (c)–(e) is due to a wavelength-dependent interference effect in the reflectivity experiment.
Figure 6. (a) The calculated effect of varying $\hbar \gamma_{32y}$ on the probe absorption spectrum when the upper ladder transition is strongly pumped. The following parameters are used: $\hbar \gamma_{21} = 1.12 \, \mu eV$, $\hbar \Omega_p = 0.40 \, \mu eV$ and $\hbar \Omega_C = 1.0 \, \mu eV$. The parameter $\hbar \gamma_{32y}$ is listed in the legend. As $\hbar \gamma_{32y}$ increases the quantum interference changes from destructive to constructive and the dip at zero probe detuning disappears. (b) The probe absorption spectrum when the lower ladder transition is pumped. The following parameters are used: $\hbar \gamma_{32y} = 0.74 \, \mu eV$, $\hbar \Omega_p = 0.4 \, \mu eV$, $\hbar \Omega_C = 1.0 \, \mu eV$ and $\hbar \gamma_{21}$ is listed in the legend. The dotted black lines show the conditions for the QD parameters in our sample.

The spontaneous emission rates in the QD are determined by the transition matrix element and the photon density of states. Our QD sample is in free space, hence there is a continuum of available photon modes. However, by incorporating QDs into microcavities the photon modes become discrete and modification of the spontaneous emission rate for different states in a QD becomes feasible [29, 30]. This technology offers a direct route to control $\beta$ and thus modify both the visibility and nature (i.e. constructive or destructive) of quantum interference effects for the ladder system in a QD. In the current conditions (dotted black lines in figure 6), weak destructive (constructive) interference effects are observed when strongly pumping the upper (lower) transition and probing the lower (upper) transition. Notably, a 10-fold decrease in $\gamma_{ij}$
is possible with current technology [29, 30]; this would allow for much stronger interference effects to be manifest in a QD ladder system (solid red curves in figure 6).

In summary, we have observed the Autler–Townes splitting using both possible pump/probe geometries in a QD ladder system. Furthermore, our results confirm that quantum interference between the two absorption channels is clearly observed but the effect has modest consequences owing to the slightly smaller dephasing from state $|2\rangle$ compared to $|3\rangle$ due to spontaneous emission. This suggests that striking quantum interference phenomena are achievable in a QD which is embedded in a microcavity. In this case, both the strength and nature of the quantum interference become tunable.

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