Cucurbit[\(n\)]uril-Based Microcapsules Self-Assembled within Microfluidic Droplets: A Versatile Approach for Supramolecular Architectures and Materials

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1. INTRODUCTION

The synthesis and self-assembly of polymer building blocks for the construction of functional supramolecular micro/nanostructures are a major part of the emerging field of Supramolecular Polymer Chemistry.1,2 The introduction of noncovalent supramolecular interactions such as hydrogen bonding, host–guest complexation, or electrostatic interactions offers great opportunities to impart novel features and functions to these polymer systems.3 As an example of such self-assembled...
architectures, microcapsules have promising applications ranging from drug delivery, cosmetics, and encapsulation, to micro-reactors and tissue engineering, on account of their low effective density, high specific surface area, and remarkable encapsulation capability. Currently, microcapsules are commonly fabricated in the presence of soft or solid templates (e.g., droplets, polymer colloids, silica, and calcium carbonate particles). The encapsulation methods based on bulk emulsion with liquid droplets as templates are unable to control the shape, size, as well as the structure of a microcapsule. On the other hand, solid templates, with desirable morphologies, can be used to generate microcapsules by physical adsorption, sol–gel chemistry, or layer-by-layer (LbL) techniques, followed by template removal via calcination or chemical etching. Despite the uniform size achieved, these approaches typically involve multistep processes, requiring careful examination of the experimental conditions in each step. Moreover, the presence of a template might significantly limit the loading capacity of the resulting microcapsules based on these postloading strategies. Thus, in order to expand the applicability of such microcapsules, development of facile and effective fabrication and encapsulation pathways are needed.

Since some of the earliest microcapsules produced from microfluidics were reported by Weitz and co-workers, intensive studies have enabled the rapid development of microdroplet techniques for the fabrication of monodisperse capsules on the microscale. In these cases, encapsulation is generally achieved by the formation of single or double microdroplet emulsions, containing synthetic polymers, biopolymers, lipids or amphiphiles, followed by shell solidification as a result of solvent evaporation, polymerization or dewetting. Microfluidic techniques have been demonstrated to overcome challenges inherent to sacrificial template strategies, such as multiple synthesis steps and limited encapsulation efficiency. Periodic shear of the stream can be induced by flow-focusing with an immiscible sheath fluid, giving rise to uniformed microdroplets composed of precursor solutions. Microcapsule skins are generated upon subsequent solidification at the microdroplet interface. The reliance on covalent cross-linking to give a stable microcapsule structure could, in some circumstances, impede on-demand cargo release via structural destruction. Introduction of noncovalent interactions, such as supramolecular host–guest complexation and hydrophobic interactions, can impart flexibility to control both assembly and disassembly of the microcapsule motifs. On account of the dynamic binding and feasibility for building highly organized mesostructures, microcapsules that are engineered with supramolecular interactions are adaptive, dynamic, and self-repairing. Since adaptive dynamics are crucial in biological systems as well for artificial biomimetic systems, such features enable the microcapsules to be exploited in numerous biomedical applications, including drug delivery, biomedical diagnostics, living-cell-integrated assays, construction of artificial organelles, and regenerative biomedicines.

2. CUCURBIT[n]URIL-MEDIATED HOST–GUEST CHEMISTRY IN MICRODROPLETS

A supramolecular host–guest inclusion complex, formed via molecular recognition, involves noncovalent interactions between a receptor (host molecule) and a guest molecule. The host molecules usually possess a hydrophobic or hydrophilic cavity, which can accommodate guest molecules, such as organic compounds, metal ions, nanoparticles, and biomacromolecules. Cucurbit[n]urils (CB[n], n = 5–8, 10) are a class of aqueous soluble macrocyclic hosts with a rigid hydrophobic...
As stimuli-responsive properties can be inherited from both the building units and host−guest recognition motifs, this self-assembly strategy enriches the corresponding supramolecular integrities with a broad range of responsiveness and features. Similar to other macrocyclic analogues, such as cyclodextrins and pillar[n]arenes, the utility of CB[n] host−guest conjugation in various supramolecular architectures and functional materials has been widely investigated. However, as for the microcapsule motifs, very limited work has been reported in the past few years. Thus far, through the combination of CB[n] host−guest interactions and microfluidic techniques, microcapsules have been formed by colloidal particle-driven assembly, interfacial condensation-driven assembly or electrostatic interaction-driven assembly, as discussed in the following sections.

2.1. Colloidal Particles Driven Assembly of Microcapsules

In a Pickering emulsion, colloidal particles tend to localize at the interface between immiscible liquids, such as the water/oil interface, in order to minimize the interfacial energy of immiscible phases. Despite this phenomena being discovered more than a century ago, the effect has only been exploited in the past decade for the fabrication of stable microcapsules from nano- or micro-particles. By integrating Pickering emulsions and CB[8] supramolecular host−guest chemistry, Zhang et al. reported a new class of supramolecular microcapsules fabricated in a single step using a microdroplet-based microfluidic platform. Microdroplets were first generated in a microfluidic device using a simple T-junction geometry. The oil carrier phase was directed perpendicular to the aqueous dispersion phase, consisting of three inlets for aqueous solutions of CB[8], gold nanoparticles functionalized with methylviologen (MV2+) moieties, and a naphthol-functionalized copolymer. The gold nanoparticles directed the supramolecular self-assembly to the water/oil interface, pulling with them the complementary polymers for complexation, leading to the formation of a microcapsule shell. Individual microcapsules were readily isolated after evaporation of the water droplet, and shown to retain a spherical geometry upon subsequent rehydration. During microcapsule formation, cargo loading (fluorescein isothiocyanate-dextran, FITC-dextran, or Esherichia coli cells) could be readily accessed in the same step with a high yield.

![Figure 2](https://example.com/figure2.png)

**Figure 2.** Schematic representation of (a) the microdroplet generation process using a microfluidic device; and (b) the microcapsule formation process from the initial droplet stage to the dehydrated stable capsules, where gold nanoparticles serve to direct the supramolecular self-assembly at the water/oil interface. (c) Brightfield micrographs of the isolated microcapsules. Laser scanning confocal microscope images of the microcapsules containing (d) FITC-dextran; and (e) Esherichia coli cells, respectively. Insets in (d) and (e) display the corresponding fluorescence intensity profiles (I = intensity; D = distance). Adapted with permission from ref 8. Copyright 2012 AAAS.
avoid reliance on metallic nanoparticles while increasing the mechanical strength and stability of the microcapsules, leading to prolonged cargo retention.26,27

2.2. Interfacial Condensation-Driven Assembly of Microcapsules

Inspired by interfacial reaction, microcapsules have been fabricated by condensation across the interface of the microfluidic droplets, involving interfacial polymerization and interfacial molecular cross-links.28,29 Zheng and Yu et al.24 reported the formation of supramolecular microcapsules via the self-assembly of two polymers bearing different guest moieties at the interface of aqueous droplets in chloroform, exploiting such an interfacial condensation strategy within microdroplets (Figure 3). In this case, guest-containing polymers in two incompatible phases were assembled and disassembled at the microdroplet interface, mediated by noncovalent interactions (Figure 3a). Specifically, MV$^{2+}$ (first guest)-containing hydrophilic poly(HEMA-co-StMV) (P1) in water and naphthol (second guest)-containing hydrophobic poly(MMA-co-AA-co-HEMA-co-HEMANP) (P2) in chloroform were brought together at the water/chloroform interface of a microfluidic droplet, leading to the formation of a supramolecular polymeric skin, and subsequently robust polymer microcapsules (Figure 3c and d). Both water-soluble and oil-soluble polymers can be used for the skins of the microcapsules, using either oil-in-water or water-in-oil microdroplets as templates. As a result, this allows for sophisticated control over the hierarchical structures, properties and functions of the as-formed microcapsules, such as segregated domains, skin thickness, permeability, and an expanded tool set for triggered release.

2.3. Electrostatic Interaction-Driven Assembly of Microcapsules

A powerful alternative approach for the assembly of microcapsules relies on electrostatic interactions to direct the accumulation of the structural components at the microdroplet interface.31−33 For electrostatic self-assembly, charged components are selectively partitioned at the microdroplet interface by a complementary charged surfactant. The shell thickness and integrity of the microcapsules produced in a single step can be sufficient to offer robustness and improved stability as cargo carriers. Side-group functionalization of hydroxyethyl cellulose (HEC) with anthracene moieties enables dynamic cross-linking through a 2:1 homoternary complexation with CB[8] molecules (Figure 4).30 The electrostatic attractions at the droplet interface between positively charged anthracene-functionalized HEC and carboxylate head groups on the surfactants, lead to accumulation of polymer components at the interface (Figure 4d). The 2:1 host−guest complexation of anthracene with CB[8] complexation ultimately results in the formation of a supramolecular hydrogel skins (Figure 4g). Even though the biocompatibility of such anthracene-functionalized HEC-based microcapsules has not been reported, nevertheless, some investigation into the
cytotoxicity of CB$_n$-based assemblies has been carried out. In the CB$_n$-based colloidal assemblies, cytotoxicity of the MV$_{2+}$-containing colloids was substantially inhibited, upon formation of heteroternary complexes containing MV$_{2+}$, naphthol and CB[8]. Similar findings were also reported by Rotello and co-workers. Thus, we might speculate that an anthracene-functionalized HEC system might also exhibit high biocompatibility, which can be exploited in further studies.

Yu et al. further developed a hierarchical capsule assembly process, in which self-assembled micelles from amphiphilic block

Figure 4. (a) Anthracene-functionalized hydroxyethyl cellulose and CB[8]; and (b) schematic representation of the formation of homoternary complexes by accommodating two anthracene moieties in the cavity of CB[8]. (c) Schematic representation of the microcapsules generation using a charged surfactant within the carrier phase of oil, while CB[8] and anthracene functionalized HEC are dispersed in the water phase. (d) Laser-scanning confocal fluorescence image of microdroplets, confirming that Ant-HEC is localized at the microdroplet interface; (e) normalized distribution of microdroplet diameters, exhibiting a narrow size distribution (coefficient of variation 1.5%). (f) Scanning electron microscopy (SEM) image of dried microcapsules. (g) Brightfield micrographs of the microcapsule drying process, resulting in a collapsed structure (scale bars: 20 μm). Adapted with permission from ref 30. Copyright 2015 The Royal Society of Chemistry.

Figure 5. (a) Schematic representation of hierarchical assembly of supramolecular microcapsules from amphiphilic blocks copolymers; and (b) chemical structures of polymer P1 and polymer P2. (c) Fluorescence micrographs of microdroplets, illustrating the assembly of Nile red-loaded P1 micelles at the droplet interface. (d) Brightfield micrograph and (e) SEM image of dried microcapsules. Adapted with permission from ref 34. Copyright 2016 American Chemical Society.
Copolymers were immobilized at the interface of microfluidic droplets via electrostatic and CB[8] host−guest interactions, leading to multicompartmentalized microcapsules (Figure 5). The first step of supramolecular assembly involved micellization of an amphiphilic poly(methyl methacrylate)-block-poly(acrylic acid) copolymer containing pendant azobenzene moieties in the hydrophilic block (P1, Figure 5a). The presence of azobenzene moieties in the corona of the micelles facilitated complexation via CB[8] to MV2+ moieties pendant from poly(N-vinylpyrrolidone)-co-poly(hydroxyethyl methacrylate)-co-poly-(MV2+-styrene) (P2), resulting in the formation of a dynamically cross-linked polymer skin. The microdroplets exhibited a low polydispersity and the presence of red fluorescence within the shell of microcapsules confirmed the exclusive localization of Nile red-loaded micelles at the water/oil interface (Figure 5c). Evaporation of water from the capsules resulted in the collapse and distortion of the flexible polymer shell (Figure 5d). SEM images showed the skin of the microcapsule consisting of a composite network structure of the micelles embedded within the polymer matrix (Figure 5e). This architecture draws parallels between biomimetic systems for artificial organelles and multicompartmental microreactors with partitioned channels.

Parker et al.33 exploited electrostatic interactions between charged supramolecular polymer complexes in microdroplets and charged surfactants around the microdroplets to selectively assemble capsule-forming components at the interface, dynamically cross-linked via CB[8] host−guest interactions. The supramolecular microcapsules are formed by the electrostatic interactions with a complementarily charged surfactant at the water/oil interface, which results from initial accumulation of the charged building blocks as a thin and diffusive layer at the interface. Once the microcapsule formation is subjected to water evaporation, the interfacial polymer layer dynamically flows and reorganizes to decrease the microdroplet surface area, however, it remains confined to the water/oil interface on account of the supramolecular CB[8] cross-linking. At a critical point this layer undergoes a phase change, resulting in a supramolecular polymer film that buckles and collapses upon further evaporation. As an extension of this electrostatic approach, the location of orthogonally charged copolymers can also be independently manipulated within a microdroplet, allowing for selective assembly at the interface. The controllable assembly offers the advantage to explore the formation of capsules-in-capsules and opens the prospect of carrying diverse cargoes for sequential release. Moreover, the electrostatically directed assembly of small molecules to the interface of an aqueous microdroplet has also been recently demonstrated by Groombridge et al., whereby accumulation and subsequent cross-linking via CB[8] led to the formation of an interfacial supramolecular gel.37

To better understand the formation of CB[8]-mediated supramolecular skins surrounding liquid droplets, Salmon et al.38 proposed a formation mechanism that can account for a phase transition upon interfacial compression. The compression-induced phase change causes the onset of buckling at the interface of the microdroplets. A schematic representation of preferential formation of the ternary complexation of two MV+ with CB[8] over the CB[8]·MV2+·naphthol complexes in the presence of a reducing agent is shown in Figure 6a. Fluorescence micrographs of the disintegration process of the microcapsule wall material in Na2S2O4 solution or H2O over 12 h are shown in Figure 6b. Ultraviolet-light-driven photoisomerization of azobenzene moiety can be used to disassemble the heteroternary supramolecular complexes between MV+, azobenzene, and CB[8], resulting in the release of the entrapped cargo from the microcapsules. Fluorescence micrographs of the release of the molecular cargo from microcapsules with and without initial ultraviolet irradiation are shown in Figure 6d. Schematic disassembly of the ternary complexes of MV, azobenzene, and CB[8], in the presence of competitive guest, 1-adamantylamine, is shown in Figure 6e. Optical and fluorescent micrographs of dual cargo-loaded (Nile Red and 500 kDa FITC-dextran) microcapsules (f) before and (g) after hydration for 3 min in 1-adamantylamine solution (1 mM). Adapted with permission from ref 24. Copyright 2014 Nature Publishing Group.
microdroplet interface. Upon water evaporation in micro-
droplets, the interfacial film increases in both thickness and
density, until it reaches a critical density and the “buckling transition” happens. This phase change is a gelation process,
which relies on a sufficient cross-link density, thus, the micro-
capsule properties can be controlled by tuning the compressive phase changes.

3. CARGO ENCAPSULATION AND TRIGGERED RELEASE

Development of microcapsules for cargo delivery and release is of utmost importance for applications in the pharmaceutical,
agriculture, food and the cosmetic industry.4–6,39,40 While a number of reports have demonstrated that the microfluidic strategy offers a high-throughput method for microcapsule fabrication, the microdroplet-based supramolecular self-assembly approach we introduced provides a platform that guarantees an extremely high encapsulation efficiency under mild conditions and in a single step.45,41 For microcapsule systems with per-
manent cross-linking, release of the payload can only be achieved through a diffusion mechanism, swelling and/or degradation of the shell.42 Fortunately, the introduction of supramolecular cross-linking motifs not only strengthens the shell stability, but also bestows the polymer shell with extra benefits including dynamic adaptability, and thus tunable release kinetics.

3.1. Controlled Release of Cargos

In comparison to conventional disruptive conditions (pressure or shear stress) or molecular diffusion, supramolecular CB[n] host–guest interactions make possible a number of elegant routes to enable triggered release of cargoes. In addition to manipulation of the initial degree of cross-linking, partial or complete dissociation of CB[n] host–guest interaction can be activated by the addition of a reducing agent,8 competitive guest,43 or by remote photoirradiation,24 subsequently leading to swelling of the microcapsule shell and increased pore sizes, enabling release of the cargoes.

In a microcapsule system composed of CB[8]-mediated host–
guest cross-linking between MV2+ and azobenzene moieties,24 the addition of a reducing agent, sodium dithionite, can induce the reduction of MV2+ to MV+, causing the dissociation of heteroternary complexes (Figure 6a), activating the release of FITC-dextran cargo (Figure 6b). Alternatively, the use of azobenzene moieties imparts the microcapsules with photo-
responsiveness.44 Photoisomerization of azobenzene units prompts the dissociation of existing heteroternary complexes (Figure 6c), leading to a remote light-triggered release in the supramolecular assembly (Figure 6d). The simple addition of a competitive guest with a higher affinity for CB[8] molecules is another straightforward route to trigger cargo release. 1-Adamantylamine, a commonly used competitive guest (Ks of 1013 M−1),16 was employed to competitively disassemble the heteroternary complexes (Figure 6e) and trigger cargo release (Figure 6f and g).

3.2. Improved Cargo Loading Stability

An ideal cargo delivery system would be expected to encapsulate a large amount of payload, without premature release during storage and transportation. Subsequently, triggered release of the cargo should be readily achieved in a controlled manner upon application of a stimulus.46 Incorporation of covalent cross-linking, derived from CB[n] host–
guest complexation, can increase encapsulation stability. It has been reported that the photoinduced [4 + 4] dimerization of anthracene derivatives facilitated by CB[8] host molecules at 350 nm was 10 times faster than that of free anthracene molecules in solution, ascribed to the parallel alignment of two anthracene moieties within the CB[8] cavity (Figure 7a).45 In the case of microcapsules comprising of anthracene-
functionalized HEC polymers, a photoinduced dimerization of anthracene moieties can convert noncovalent cross-links to covalent cross-links.30 An improved encapsulation stability in the microcapsules was detected post UV-irradiation, demonstrated by a retarded release of FITC-dextran (250 kDa) compared to the control in the absence of any UV irradiation (Figure 7b). Extending the UV irradiation further slows the release kinetics because of a higher degree of dimerization/ 
cross-linking up to 120 s irradiation, when complete covalent cross-linking was achieved (Figure 7c). This approach demonstrates the potential of post-treatment modification to enhance supramolecular microcapsules to a specific release profile.

Figure 7. (a) Schematic representation of the [4 + 4]-photodimerization of anthracene derivatives in the CB[8] cavity. (b) Fluorescent micrographs of the release of FITC-dextran from microcapsules as a function of UV irradiation time in water over 12 h. (c) FITC-dextran release profiles from the microcapsules as a function of the UV irradiation time. Adapted with permission from ref 30. Copyright 2015 The Royal Society of Chemistry.
3.3. Dual Cargo Loading and Orthogonal Delivery

Inspired by precisely organized complex structures in Nature, chemists and in particular supramolecular chemists, have attempted to mimic biological structures and produce artificially compartmentalized assemblies, following a simple prokaryotic model or even eukaryotic level of sophistication. \cite{36,37} The introduction of a specific molecular recognition motif in the complementary microcapsule wall, mimicking a biofunctional membrane, might allow for selective permeation among segregated domains.

Double-, triple-, and multiple-emulsion microfluidic droplets have been developed, such as microcapsule-in-microcapsule architectures, for selective encapsulation of different cargoes. \cite{48,49} The encapsulation process of such nested microdroplets requires complicated microfluidic devices, which involve multistage sequential emulsion generation and precise control over the wettability of each droplet. \cite{50} In contrast, a dendritic copolymer is able to entrap a hydrophilic small molecule, such as Congo red, on account of its unique three-dimensional nanoscale structure (Figure 8a). By using dendritic polymers as the construction blocks for the microcapsules, Zheng and Yu et al. reported the exclusive localization of Congo red within the microcapsule shell, in the hydrated (Figure 8b) or dehydrated states (Figure 8c). \cite{24} In the micelle-based microcapsules, segregated domains are generated within the microcapsule core and micellar shell. This multicompartamental hierarchy enabled simultaneous encapsulation of both nonwater-soluble (Nile red, in the micelle) and water-soluble (FITC-dextran, green, in the capsule core) cargoes (Figure 8d–g). \cite{24} This system benefits from dynamic host–guest interactions, which are able to synergistically deliver cargoes with triggered release behaviors through photo-controlled porosity.

4. CHALLENGES, CONCLUDING REMARKS, AND FUTURE DIRECTIONS

This Account briefly summarizes recent advancements in monodisperse microcapsules and microcapsule-based materials, fabricated by the integrating of microfluidics and \textit{CB}[^n] supramolecular host–guest chemistry. These microcapsules are attractive for fundamental studies of supramolecular polymer shell mechanics, leading to the engineering of sophisticated hierarchical structures and materials and their applications such as cargo delivery. Additionally, dynamic host–guest interactions bestow microcapsules with intrinsic reversibility and adaptability, thus dynamic assembly/disassembly activated by diverse external stimuli and stimuli-triggered release of payloads.

One limitation of this microfluidic technique is that it produces capsules that are tens to hundreds of micrometers in diameter. Therefore, a big challenge remains in using standard microfluidic devices for certain applications, which require exceptionally small dimensions down to the nanoscale. Capillaries with small orifices and manipulation of high pressure under extremely high throughputs have been demonstrated to reduce the size of the capsules to nanoscale. \cite{51} Nevertheless, routine preparation of nanoscale capsules requires future investigation, device design, and process optimization. An important direction for future work will be expanding the range of stimuli, which can be incorporated in microcapsule formulations, featuring quantitative functions and responses that can be activated in these dynamic assemblies in a well-controlled manner. A future challenge is to develop a monitoring strategy, which not only controls the microcapsule integrity, but also tracks in situ cargoes delivery. Further in vitro and in vivo studies will be indispensable before \textit{CB}[^n]-based microcapsules are used for any biomedical applications, as most current studies focus on the methodology of microcapsule construction and techniques to trigger the structural destruction with internal or external stimuli, thus release of the cargoes.
Addressing these issues will benefit the design and fabrication of next-generation supramolecular hierarchical structures and functional materials.

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**Notes**

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Oren A. Scherman is the Director of the Melville Laboratory for Polymer Synthesis in the Department of Chemistry at the University of Cambridge and Professor of Supramolecular and Polymer Chemistry. His current research projects include the application of macrocyclic host–guest chemistry using cucurbit[n]urils in the development of novel supramolecular hydrogels and microcapsules, drug-delivery systems based on dynamic hydrogels, the conservation and restoration of important historical artefacts through the exploitation of supramolecular polymer chemistry and sensing and catalysis using self-assembled nanophotonic systems.

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