A rapid, nondestructive method for vascular network visualization

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Abstract

The quantitative analysis of blood vessel networks is an important component in many animal models of disease. We describe a nondestructive technique for blood vessel imaging that visualizes in situ vasculature in harvested tissues. The method allows for further analysis of the same tissues with histology and other methods that can be performed on fixed tissue. Consequently, it can easily be incorporated upstream to analysis methods to augment these with a three-dimensional reconstruction of the vascular network in the tissues to be analyzed. The method combines iodine-enhanced micro-computed tomography with a deep learning algorithm to segment vasculature within tissues. The procedure is relatively simple and can provide insight into complex changes in the vascular structure in the tissues.

Method summary

A nondestructive technique for blood vessel imaging that visualizes in situ vasculature in harvested tissues while preserving tissue structures and epitopes for other histological analyses and outcomes.

Keywords:

blood vessels • convolutional neural networks • imaging • microCT • microvasculature • nondestructive • vasculature • visualization

Materials & methods

Tissue harvest & processing

All experimental procedures were approved and conducted according to animal care guidelines of The University of Texas at Austin Institutional Animal Care and Use Committee (Protocol ID AUP-2019-00328). Male Sprague-Dawley rats at 3 months of age were anesthetized, heparinized and perfusion-fixed with 10% phosphate-buffered formalin. Tissues were further fixed at 4°C for 1 day and then...
Table 1. U-net convolutional neural network parameters.

| Category         | Parameter           | Brain | Heart | Nerve |
|------------------|---------------------|-------|-------|-------|
| Augmentation     | Flip horizontally   | Yes   | Yes   | Yes   |
|                  | Flip vertically     | Yes   | Yes   | Yes   |
|                  | Rotation (degrees)  | 0–171 | 0–171 | 0–171 |
|                  | Scale (%)           | 90–110| 85–115| 90–110|
| Training data    | # of slices         | 12    | 10    | 7     |
|                  | Training            | Input patch size | 64   | 64   | 64   |
|                  | Epochs              | 1000  | 2000  | 100   |
|                  | Batch size          | 64    | 64    | 64    |
|                  | Loss function       | Categorical cross-entropy |       |       |
|                  | Optimization algorithm | Adadelta | Adadelta | Adadelta |

stained in 2.5% Lugol’s iodine solution for the following times based on the tissue types: sciatic nerve (2 days), heart (3 days) and brain (5 days). Prior to imaging the samples were rinsed in phosphate-buffered saline (PBS) and imaged semi-dry.

MicroCT

All tissues were imaged at the University of Texas High-Resolution X-ray Computed Tomography Facility and were scanned at room temperature. No calibration phantom was used and the references for all of samples were acquired through air. Each sample varied in the degree of staining; therefore each scan was individually optimized at reconstruction to utilize the full 16-bit dynamic range of the detector. For the sciatic nerve, the tissues were scanned on an Xradia MicroXCT 400 (Zeiss) using the 4× objective and the MicroXCT controller software (Controller MicroXCT 8.2.2720.12315 ©2010). The tissue sample was cut to 6 mm in length and had a diameter of approximately 1 mm. The sample was inserted into a standard 200-μl micropipette tip and sealed with a piece of tape to minimize desiccation. The bottom of the pipette tip was secured using a stage specific pin vise. The source–object distance was 37 mm and the detector–object distance was 8 mm. This resulted in 5.54 μm resolution. The x-ray source was set to 70 kV and 10 W and no x-ray prefilter was employed. A total of 1261 views were acquired over 360 degrees of rotation, at 2 s/view. During reconstruction (Xradia XMReconstructor – Cone Beam ©2010), a beam-hardening correction of 3 was applied and the data were byte-scaled to a range of -50 to 2800.

For the heart, the tissue was scanned with a custom scanner (North Star Imaging, Inc., MN, USA). The tissue was positioned in a carved cradle of florist foam. The scan used the Fein Focus High Power source with 130 kV and 0.14 mA (no filter). X-rays were detected with a Perkin Elmer detector using 0.25 pF gain, 1 fps, 1 × 1 binning, no flip and a source-to-object distance of 143.0 mm. The overall source-to-detector distance was 1316.717 mm. A continuous computed tomography (CT) scan, with no frames averaged, 0 skip frames, 3600 projections and 5 gain calibrations was taken. A 5-mm calibration phantom was used. A data range of -40.0 to 755.0 was set and a beam-hardening correction of 0.4 was used. A post-reconstruction ring correction was applied using the following parameters: oversample = 2, radial bin width = 21, sectors = 32, minimum arc length = 8, angular bin width = 9, angular screening factor = 1. This resulted in a voxel size of 11.8 μm, leading to 1961 total slices on the transverse axis of the heart.

For the brain tissues, the sample was scanned with a custom scanner (North Star Imaging). The tissue was positioned in a carved cradle of florist foam. The scan used the Fein Focus High Power source set to 110 kV and 0.18 mA (no filter). X-rays were detected with a Perkin Elmer detector with 0.25 pF gain, 1 fps, 1 × 1 binning, no flip and a source-to-object distance of 137.5 mm. The overall source-to-detector distance was 1316.635 mm. A continuous CT scan with 2 frames averaged, 0 skip frames, 3600 projections and 5 gain calibrations was taken. A calibration phantom of 0.762 mm was used. A data range of -40.0 to 695.0 was set and a beam-hardening correction of 0.3 was used. A post-reconstruction ring correction was applied using the following parameters: oversample = 2, radial bin width = 21, sectors = 64, minimum arc length = 2, angular bin width = 9, angular screening factor = 2. The resulting voxel size was 10.5 μm, leading to 1989 slices on the coronal axis of the brain.

Convolutional neural network & visualization

Using the Deep Learning Tool in the Dragonfly 4.1 software (Object Research Systems, Inc.; QC, Canada), we developed a binary segmentation model to automatically identify the blood vessels of the three tissues following a standard U-Net architecture. The convolutional neural network model parameters are outlined in Table 1. Using five pooling layers and five upsampling layers, we were able to develop robust models of binary segmentation in the three tissues. The max pooling layers contained two subsequent 2D convolutions followed by the 2 × 2 max pooling operation. The upsampling layers contain an up-convolution, a concatenation with a skip connection and two subsequent 2D convolutions. Training data sets were taken randomly throughout the CT slices using a random number genera-
tor to select slice numbers. The selected slices were then manually segmented to form the training dataset. To reduce the background data imbalance, the images were substantially cropped and a mask was applied that covered the regions of interest. As with previous iterations of the U-net convolutional neural network, data augmentation was used to increase the robustness of the segmentation (Table 1). After training, the model was then used to segment the respective dataset. The segmented data were exported as a binary region of interest and imported into the Avizo 9 software (ThermoFisher, NJ, USA) for visualization. In Avizo 9, volume renderings and cutaway animations were created. The blood vessel radii were also calculated using a built-in network analysis tool. The models for the brain and heart were pretrained with the nerve segmentation model before being applied to the more complex tissues. Vessel radius quantification was performed using ImageJ by measuring the pixel area of each vessel and calculating the radius of a circle with the same area.

Immunostaining

Following imaging, the samples were washed with PBS with changes every 12 h for 3–5 days to remove the iodine staining. Tissues were then cryoprotected with progressive sucrose solutions increasing from 0 to 30% in PBS. The tissues were then placed in a corresponding tissue matrix and a cryotome blade was used to cut subsections of the tissues. Using the tissue matrix, the tissue position could be maintained and accurate distances could be measured into the tissue. The subsections were then embedded in optimal cutting temperature medium and frozen in isopentane chilled with liquid nitrogen. The samples were then further sliced into 4 μm thick sections using a cryotome (Leica CM1850 Cryostat) while tracking for tissue depth to register with the microCT imaging. The sections were then dried onto slides at 60 °C for 30 min before being stored at -20 °C until immunostaining. The slides were warmed to room temperature for 20 min before being rehydrated in PBS for 5 min. Antigen retrieval was performed using citric acid buffer (pH 6.0) for 20 min in a 95 °C water bath. After the slides were cooled, the sections were permeabilized with 1% fetal bovine serum and 0.4% Triton™ X-100 in PBS for 5 min. The slides were washed with PBS and blocked in PBS with 20% fetal bovine serum at room temperature for 45 min. The slides were then incubated with the primary antibody overnight at 4 °C. The primary antibodies used were PECAM-1 (1:100 dilution, R&D Systems AF3628) combined with β-III tubulin (1:100 dilution, Abcam ab18207) for the sciatic nerve sections, Troponin T (1:100 dilution, Abcam 47003) for heart sections, or NeuN (1:100 dilution, Abcam ab128886) for brain tissues. The next day the slides were washed three-times with 1% bovine serum albumin in PBS for 5 min each. Then the slides were incubated with Alexa Fluor® 488 and 594 (Abcam ab150073 and ab150108) dye-conjugated secondary antibodies in 1% bovine serum albumin in BSA at room temperature (1.500 dilutions). After a final wash, the slides were mounted with antifade mounting media and stored at 4 °C until imaging. Images were taken with a Fluoview FV1000 confocal laser scanning microscope (Olympus) and z-stacks were created with ImageJ.

Results & discussion

Iodine-enhanced microCT imaging paired with neural network-based analysis allows the visualization of the peripheral nerve vascular network

The sciatic nerve was imaged using microCT and the vasculature segmented using a trained convolutional neural network that was optimized for each tissue technique (Figure 1). We first tested the method on the sciatic nerve from the rats because this tissue has a vascular network Iodine-enhanced microCT imaging paired with neural network-based analysis allows the visualization of the peripheral nerve vascular network. We then tested the method on the sciatic nerve from the rats because this tissue has a vascular network. The vessel measurements obtained by microCT were consistently slightly larger than those from histological analysis; this may reflect the effects of further tissue processing in the histology measurements.

Iodine-enhanced microCT imaging paired with neural network-based analysis allows visualization of larger vessels in the heart but is limited in resolving smaller vessels

We next used similar methods to process the tissue of the heart. Visualization of the vessels of the coronary vasculature, in particular, would add valuable information to the models of vascular disease and cardiomyopathy [19,20]. We repeated the methods on the heart tissues and created a reduced volume microCT image stack (1208 × 1246 × 1961 pixels; Figure 3A). The pretrained convolutional neural network was further trained on ten microCT slices from the heart that were taken randomly through the CT image stack. This algorithm was then used to segment the vasculature in the heart tissue (Figure 3B). The reconstructed vascular network was then superimposed on a volume rendering of the segmented vasculature (Figure 3C & D). To assess the accuracy of the vascular segmentation, we identified the effects of further tissue processing in the histology measurements.

The vessel measurements obtained by microCT were consistently slightly larger than those from histological analysis; this may reflect the effects of further tissue processing in the histology measurements.
Following perfusion fixation and staining in Lugol’s solution, the tissue was scanned with microCT. The scans were then reconstructed and segmented with the convolutional neural network. Following imaging, the tissue was cleared of the contrast agent and sectioned for histological preparations.

a small region in the left ventricle (Figure 3E), sectioned this part of the tissue and then stained for cardiac muscle (troponin T) and blood vessels (PECAM-1) (Figure 3F & G). For vessels larger than \(~10~\mu\text{m}\) in diameter, the neural network was able to register and segment the vessels with a high degree of accuracy. However, some vessels below \(10~\mu\text{m}\) in diameter were not recognized using the method (Supplementary Figures 1 & 2). There are several reasons for the reduced resolution of the vessels for the heart, including voxel size limitations due to the size of the tissue and the lower contrast of the vessels to the myocardial tissues with the iodine staining. A higher-resolution scan over a smaller volume may improve these results but this capability would depend on the microCT instrumentation used for imaging and the volume of interest.

Iodine-enhanced microCT imaging with neural network-based analysis of the brain provides a general visualization of the larger vasculature

To further test the limitations of the method, we examined its ability to characterize the complex vascular network of the brain. We repeated the technique on the perfusion-fixed tissues of the brain and constructed a reduced microCT image stack (1431 × 969 × 1989; Figure 4A). The pretrained convolutional neural network was further trained on 12 CT slices from the brain and we then used this algorithm to segment the images (Figure 4B). An overall reconstruction was created for the brain (Figure 4C) and then the volume rendering of the segmented vasculature was superimposed onto this structure (Figure 4D). Anatomical landmarks within the vascular network, including the full circle of Willis, were easily visualized with this method (Supplementary Figure 3). There were similar issues as for the heart tissue, with loss of recognition for smaller vessels. However, the technique captured a substantial number of descending vessels, including in this case 10,465 individual segments (Supplemental Figure 4). The segmentation technique captured a wide range of mean blood vessel radii, from the resolution limit up to \(62.7~\mu\text{m}\). We sectioned a portion of the cortex and stained for NeuN and PECAM-1, demonstrating the maintenance of tissue epitopes in the brain after contrast-enhanced microCT processing, and qualitatively matched the major aspects of the vascular network (Figure 4E). Overall, while this method did visualize many aspects of the brain vasculature, it was far less accurate for brain tissue vasculature compared with the results for peripheral nerve or heart tissues.

Conclusion & future perspective

Convolutional neural networks have emerged as powerful segmentation tools for biomedical imaging in situations where researchers may want to rapidly scan and identify regions of interest in huge data sets [16–18]. U-net convolutional neural network architectures require a much smaller set of training images – traditionally a bottleneck for biomedical image segmentation [21]. Furthermore, U-net-based segmentation tools are widely available and can be employed in many different software environments, including Dragonfly [22].
Figure 2. Application of the staining and segmentation applied to rat sciatic nerves. (A) The reconstructed microCT images were cropped to a reduced volume. Scale bar = 500 µm. (B) The nerve was then segmented using our convolutional neural network. Scale bar = 500 µm. (C) The maximum intensity projection of the unsegmented microCT stack. Scale bar = 1 mm. (D) The volume rendering of the segmented blood vessels. Scale bar = 1 mm. (E) A close-up of the inset in (B), showing the segmented blood vessels in greater detail. Scale bar = 100 µm. (F) The nerve was subsequently processed for histological analysis and stained for blood vessels (PECAM-1, red) or axons (β-III tubulin, green). I, II and III indicate corresponding regions in (E & F). Scale bar = 100 µm. (G) The frequency of measured radii of microCT-segmented blood vessels shows our technique can segment both vessels at the voxel size limit and larger blood vessels. (H) A measurement of vessel radii on confocal and microCT images revealed no significant difference in vessel radius.

Figure 3. Application of the staining and segmentation method applied to a rat heart. (A) The reconstructed microCT images were cropped to a reduced volume. Scale bar = 5 mm. (B) The heart was then segmented using the convolutional neural network. Scale bar = 5 mm. (C) The maximum intensity projection of the unsegmented microCT stack. Scale bar = 2.5 mm. (D) The volume rendering of the segmented blood vessels. Scale bar = 2.5 mm. (E) Higher magnification for inset shown in part (B). Scale bar = 200 µm. (F) Histological sections from the left ventricle of the heart. Immunostaining was performed for cardiac muscle (troponin T, green) and blood vessels (PECAM-1, red). I, II and III indicate corresponding regions in (E & F). Scale bar = 200 µm. (G) A higher-magnification image of the heart tissues, showing the microvasculature. Immunostaining was performed for cardiac muscle (troponin T, green) and blood vessels (PECAM-1, red). Scale bar = 100 µm.
and ImageJ [23]. Here we demonstrate the application of a convolutional neural network for segmenting vascular networks in microCT images obtained using a reversible contrast staining procedure [24–26]. With this technique, tissues can be perfusion-fixed and processed using standard methods compatible with subsequent histological analyses. The method can provide insights into vasculature in the whole tissue and can augment traditional histological vascular network analyses. The major limiters of the method used here include voxel resolution by the microCT imager for the desired field of view and the tissue-specific contrast obtainable with the reversible iodine staining technique. For a small tissue sample imaged with small voxel size and high tissue-to-vessel contrast, as in the case of the sciatic nerve, there was a high degree of correspondence with the registered histology sections. With larger voxel sizes and less contrast with the surrounding tissues, as in the case of the heart and brain, the method worked well with only the larger vessels within the vascular network. Despite these limitations, the ability to visualize the overall vascular tree in three dimensions provides important information that can be used to better understand vascular network remodeling in the entire tissue and guide targeted analyses of the tissues by histology. In addition, the overall simplicity of the technique and its nondestructive nature and relatively short processing time make the method easy to incorporate into the experimental pipelines of studies on vascular network remodeling.

Supplementary data
To view the supplementary data that accompany this paper please visit the journal website at: www.future-science.com/doi/suppl/10.2144/btn-2020-0108

Author contributions
A Veith performed the experiments, analyzed the data and wrote the paper. A Baker analyzed the data and wrote the paper.

Financial & competing interests disclosure
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Ethical conduct of research
All of the experiments performed were approved by the UT Austin Institutional Animal Care and Use Committee and in accordance with NIH guidelines.

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