INTRODUCTION

Cannabis sativa L., commonly known as hemp, is an annual herbaceous plant belonging to the Cannabaceae family, which is cultivated in China and Canada (ElSohly et al., 2017; Jian et al., 2018). Hemp has been an important source of raw materials in manufacturing and industry, including use of the hemp seeds, fiber, meal, and oil (Grof, 2018; Potter, 2014). Industrial hemp seeds are a novel variety of cannabis which contain low levels of δ-9-tetrahydrocannabinol (THC), with a concentration of less than 0.3%; industrial hemp seeds are now legally grown across dozens of countries worldwide (Mechoulam & Gaoni, 1967) and have been used in the development of numerous products, including clothing, chemicals, bioenergy, and food health, among others (Zengin et al., 2018). The medicinal properties of hemp seeds have been documented for some time and include inhibition LPS-activated primary human monocytes inflammatory response (for a detailed list see the 2000 edition of the "Pharmacopoeia of the People's Republic of China" and the 2001 edition of "Medicinal and Food Homologous") (Bonini et al., 2018).
seeds is rich in polyunsaturated fatty acids, proteins, and essential amino acids (Malomo et al., 2014).

Protein hydrolysates, produced by conversion of protein to peptides, have demonstrated a range of biological health effects both in vitro and in vivo, including antioxidant, antihypertensive, antimicrobial, antithrombotic, hypocholesterolemic, mineral-binding, anticoagulant, immunomodulatory, anti-inflammatory, and cyto-modulatory properties. Moreover, several such peptides have been demonstrated to possess more than one of these properties. Over the past decade, exploration and use of hemp peptides (HP) for their health benefitting properties have been proposed. A number of studies have identified specific benefits of HP, including angiotensin-converting enzyme (ACE) inhibition (Orío et al., 2017), antioxygenation (Atalay et al., 2019; Teh et al., 2016), anticholinesterase (AChE) activity (Asaduzzaman et al., 2014; Yan et al., 2015), cholesterol regulation (Zanoni et al., 2017), and regulation of serum glucose levels (Najafipour & Beik, 2016).

Liver cancer is a common malignant tumor of adulthood and represents a major cause of morbidity and mortality worldwide (Zhou et al., 2016). Liver cancer is rarely diagnosed at early stage; cases typically present with hepatic disease, cirrhosis, and poor hepatic function symptomatic of advanced stage cancer (Lin et al., 2014). First-line treatment for liver cancer comprises cytotoxic chemotherapy which is associated with serous side effects, including agents such as 5-fluorouracil (5-FU), cisplatin, and shikonin (Bruix et al., 2016). Hence, novel effective anticancer therapies with fewer side effects remain an area of intense research interest in liver cancer treatment.

Among their other biological activities, peptides have demonstrated antitumor activity; peptides harbor higher specificity and affinity in comparison with conventional medicines and are associated with fewer side effects while demonstrated greater tissue penetration (Li et al., 2014). Recently, a number of studies have demonstrated that peptide-like molecules such as dietary proteins and amino acids display anti-inflammatory, antioxidation, anti-proliferative, and anticancer properties; such molecules therefore represent novel candidate drugs for future clinical trials (Anwanwan et al., 2020). Specifically, maize peptides, mung bean peptides, and soybean peptides have been shown to induce cancer cell apoptosis, autophagy, or cell cycle arrest (Día & Mejía, 2010; Hernández-Ledesma et al., 2013; McConnell et al., 2015; de Mejía & Día, 2010; Soucek et al., 2006). However, the anticancer properties of HP in the context of liver cancer are poorly understood.

Here, we investigate the effect of protein hydrolysate HP on liver cancer cells; we measure the impact of HP treatment on liver cancer cell viability, migration, mitochondrial membrane potential, and reactive oxygen species (ROS) levels, making use of the Hep3B human liver cancer cell line. We determine the impact of HP treatment on cellular signaling pathways, including classical GSK-3β/β-catenin signaling. Our findings improve upon the current understanding of the anticancer properties of HP as novel candidate anticancer molecules.

2 | MATERIALS AND METHODS

2.1 | Preparation of hemp peptides

Defatted hemp seed meal was obtained from Liaoning Qiaopai Biotech Co., Ltd. 20% (w/v, protein basis) aqueous hemp seed protein isolate were soaked in neutral protease (3%w/v, protein basis) and papain (0.4%w/v, protein basis) at pH 5.0 at 70°C for 3 hr, heated to 95°C for 15 min, and centrifuged at 10,000 g for 15 min at 4°C. The supernatant was discarded to obtain hemp protein powder (Pap et al., 2020), which was then hydrolyzed to produce hemp protein hydrolysates (Gabotti et al., 2019).

2.2 | Ultrafiltration

Hemp protein hydrolysates were separated into a low molecular weight fraction by ultrafiltration using the Pellicon®2 Mini Cassette (Membrane NMWC-1: 1 Ku; EMD Millipore Co.). Soluble peptides were collected using a <1 Ku membrane. Small molecule peptides were freeze-dried and stored at −20°C prior to use.

2.3 | Cells culture

Hep3B liver cancer and L02 normal hepatocyte cell lines were cultured in Dulbecco’s Modified Eagle’s medium (DMEM) (Invitrogen); medium was supplemented with 10% fetal bovine serum (FBS, Hyclone), penicillin (100 U/ml), and streptomycin (100 mg/ml) (P/S) (Solarbio life sciences); cells were incubated at 37°C with 5% CO2.

2.4 | Cell viability assay

Cell viability was assessed by MTT colorimetric assay [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide, Sigma-Aldrich]. Hep3B and L02 cells were seeded in 96-well plates at 4 × 10^3 cells/well and treated with HP (0, 0.5, 2.5, 5, and 10 mg/ml) for 24 hr. Following treatment, cells were incubated with 10 μl (0.5 mg/ml) of MTT at 37°C in 5% CO2 for 2 hr. The supernatant was then removed, and formazan was solubilized with DMSO. Absorbance was measured at 490 nm using the UV MAX kinetic microplate reader platform (Molecular Devices, LLC).

2.5 | Apoptosis detection with Annexin V-FITC

Apoptosis levels were determined by Annexin V fluorescence assay. Hep3B and L02 cells were seeded in 6-well plates at 2 × 10^5 cells/well and following 0, 6-, and 12-hr incubation with 10 mg/ml HP. Levels of apoptosis were measured using the Annexin V-FITC and PI detection Kit (Solarbio life sciences); signal was detected by fluorescence microscopy (EVOS®xl core cell culture microscope, Advanced Microscopy...
Group, Paisley) and flow cytometry (FACSCalibur, BD Biosciences); data were analyzed using WinMDI version 2.9 (BD Biosciences).

### 2.6 Wound healing assay

Cell migration was assessed by wound healing assay. Hep3B cells were seeded in 6-well plates at $1 \times 10^6$ cells/well. A linear scratch across the cell monolayer was made using small pipette tip. Cells were rinsed three times with PBS prior to addition of HP (0, 2, and 10 mg/ml). Cells were imaged at 0 and 24-hr timepoints using a fluorescence microscopy (EVOS®xl core cell culture microscope, Advanced Microscopy Group, Paisley) to assess migration.

### 2.7 Detection of ROS production

Cellular and mitochondrial ROS levels of cells were determined using DCFH-DA (Thermo Fisher Scientific) and MitoSOX (Thermo Fisher Scientific) staining. Hep3B cells were seeded in 6-well plates at $2 \times 10^5$ cells/well and treated with 10 mg/ml HP for 0, 6, and 12 hr. Nuclei were visualized under a microscope following 20-min incubation with DAPI stain (Solarbio life sciences, Beijing, P.R. China).

### 2.8 Mitochondrial depolarization assays

Mitochondrial membrane potential was assessed by JC-1 assay (Beyotime). JC-1 is a membrane-permeable dye that selectively enter mitochondria; change in mitochondrial membrane potential can be detected by the fluorescence transition of aggregates. Hep3B cells were treated with 10 mg/ml HP for 0, 6, and 12 hr prior to incubation with 20 mM JC-1 for 15 min at 37°C and then washed with PBS. Nuclei were visualized by DAPI (Solarbio life sciences) staining. After washing with PBS, cells were imaged using a fluorescence core cell culture microscope (EVOS®xl core cell culture microscope); fluorescence intensity was assessed qualitatively.

### 2.9 Western blotting analysis

Hep3B cells were seeded in 6-well plates at $2 \times 10^5$ cells/well and treated with 10 mg/ml HP for 0, 1, 3, 6, and 12 hr. Cell protein lysates were separated on 12% SDS-PAGE (sodium dodecyl sulfate-polyacrylamide gels) and transferred onto nitrocellulose membranes (Millipore). Membranes were blotted with primary antibodies against caspase-3 (Cell Signaling Technology, #9661), Bad (Cell Signaling Technology, #9268), Bcl-2 (Cell Signaling Technology, #15071), Akt (Cell Signaling Technology, #2920), p-Akt (Cell Signaling Technology, #4060), caspase-3, and others.

**Figure 1** Molecular weight (M.W.) distribution of hemp peptides estimated by MALDI-TOF/TOF mass spectrometry
Gsk-3β (Beyotime, #AG751), p-Gsk-3β (Beyotime, #AG753), β-catenin (Beyotime, #AC106), p-β-catenin (Bioss, #bs-3085), and β-actin (Cell Signaling Technology, #3700) (dilution 1:2,000) at 4°C overnight. Membranes were washed five times with Tris-buffered saline containing Tween-20 (TBST) (10 mM Tris-HCl (pH 7.5), 150 mM NaCl, and 0.2% Tween-20) and were subsequently incubated with Horseradish Peroxidase-conjugated goat antirabbit IgG (Sangon Biotech) or antimouse IgG (Sangon Biotech) for 1 hr at room temperature (RT). After the removal of excess antibodies by washing with TBST, signal detection was performed using chemiluminescence (GE Healthcare Life Sciences) according to the manufacturer's instructions.

2.10 Statistical analysis

Data from at least three independent experiments were described as the means ± standard deviation (SD). Repeated measures analysis of variance (ANOVA) was used to analyze changes across time and differences between groups in each experiment. Unpaired two-tailed Student's t test was used to determine statistical significance between groups. *p < .05 was considered statistically significant (*p < .05; **p < .01; ***p < .001).

3 | RESULT

3.1 Hemp peptides preparation and identification

Hemp protein underwent hydrolysis by papain and neutral protease, yielding HP. Assessment of molecular weight distribution by MALDI-TOF/TOF mass spectrometry indicated a distribution range of 170–900 ku. The bulk of peptides were <400 ku (Figure 1), indicating the obtained HP mainly comprise 2–3 amino acid residues. It has been reported that short oligopeptides, especially dipeptides or tripeptides, are easily absorbed and utilized by the human body (McGraw et al., 2014); these low molecular weight HP therefore represent those most likely to be absorbed and exert their biological activity.

3.2 Effect of hemp peptides on apoptosis and migration in Hep3B liver cancer cells

Hep3B liver cancer cells and comparator L02 normal liver cells were treated with varying HP concentrations for 24 hr. The cellular viability and proliferation (using 1% and 10% FBS, respectively) were measured by MTT assay. HP treatment effectively reduced both cellular viability and proliferation in Hep3B cancer cells, while the L02
normal liver cell line was not affected (Figure 2a,b): 10 mg/ml HP induced cell death in >50% of Hep3B cells after 24 hr of exposure. HP treatment lead to a significant time-dependent increase in apoptosis in Hep3B cells (Figure 2c,d), with no effect seen in the L02 comparator cells, suggesting selective cytotoxicity. HP treatment also significantly inhibited Hep3B cell migration in a concentration-dependent manner as determined by wound healing assay (Figure 2e).

3.3 | Cellular ROS levels plays major roles in HP-induced liver cancer cell apoptosis

Changes to intracellular and mitochondrial ROS levels were determined by DCFH-DA/DAPI and MitoSOX/DAPI fluorescence imaging. Treatment of Hep3B cells with HP resulted in increased intracellular and mitochondrial ROS levels over time (Figure 3a,b). HP also significantly increased MMP as determined by JC-1 assay (Figure 3c). Pretreatment of Hep3B cells with 5mM N-Acetylcysteine (NAC) for 30 min decreased HP-induced ROS and MMP elevation (Figure 3d–f) and decreased HP-induced effects on migration and apoptosis (Figure 3g,h).

3.4 | HP induces apoptosis through mitochondria-dependent and Akt/GSK3β/β-catenin signaling pathways in Hep3B cells

Caspases and Bcl-2 protein family members were investigated by Western blot as key players in mitochondrial-dependent cell death pathways. HP-treated Hep3B cells demonstrated upregulation of proapoptotic Bad and cleaved caspase 3, while the antiapoptotic...
protein Bcl-2 was downregulated (Figure 4a). HP treatment also induced a significant reduction in Akt phosphorylation, while GSK-3β and β-catenin phosphorylation was increased (Figure 4b).

4 | DISCUSSION

Protein hydrolysates have become the focus of substantial research interest due to their therapeutic properties in multiple disease settings, including inflammatory and metabolic diseases. Such hydrolysates have also demonstrated anticancer properties. 1 ku molecular weight donkey serum albumin peptides, produced by hydrolysis, have been demonstrated to inhibited cell proliferation in human leukemia, liver cancer and breast cancer cells, suggesting these molecules may be of therapeutic interest in the context of cancer treatment. It has also been reported that cannabis sativa L.ethanolic extract can be useful as a treatment for skin inflammation (McGrath et al., 2014) and that cannabinoids can induce apoptosis in pancreatic cancer (Carracedo et al., 2006) and breast cancer (Shrivastava et al., 2011) cells through endoplasmic stress and ROS elevation. Hemp extract has been shown to inhibit the proliferation and growth of prostate cancer (De Petrocellis et al., 2013) and melanoma (Blázquez et al., 2006)cells, and hemp derivatives are able to alter mitochondrial permeability of rat liver cells and increase cytochrome c release (Zaccagnino et al., 2012), suggesting that hemp peptides represent candidate anticancer agents. It has also been reported that the biological activities of peptides are modulated by molecular weight, with low molecular weight correlating with increased activity (Dugnol & Riera, 2016; Li et al., 2019).

In this study, we investigate the potential anticancer properties of small molecular weight HP produced from hemp seed meal. Anticancer agents frequently act via induced of apoptosis in cancer cells, and this has been demonstrated as an important mechanism by which other peptide types exert anticancer activity; rapeseed protein source peptide has been shown to induce apoptosis in HUVEC cells via downregulation of Bcl-2 and increased cleaved caspase-3 and Bax expression (Xu et al., 2018). We demonstrate that HP treatment induces apoptosis in Hep3B liver cancer cells, while L02 cells—a cell line representing normal liver cells—are unaffected. We identify increased Bad and cleaved caspase-3 following HP treatment, with a corresponding decrease in antiapoptotic Bcl-2 expression. These data provide preliminary biological mechanisms by which HP induced apoptosis in Hep3B cells.

Cellular ROS levels are an important determinant of cell proliferation, survival, angiogenesis, and metastasis in cancer cells (Khan et al., 2015,2016). Abnormal accumulating of ROS leads to the changes in MMP, endoplasmic reticulum stress, membrane lipid peroxidation, protein denaturation, and DNA damage, resulting in decreased cell viability (Liu et al., 2020). Similarly, ROS levels can modulate cancer cell migration, including via intracellular ROS changes in response to cancer treatment (Malfettone et al., 2017). We demonstrate that HP treatment significantly increases cellular ROS levels and correlate this with reduce migration and colony formation in Hep3B cells. Moreover, scavenging of ROS with NAC pretreatment rescues the phenotypes we observe in response to HP, strongly suggesting increased ROS levels act as a major mechanism by which HP exerts anticancer activity.
The Wnt/β-catenin signaling pathway regulates a large number of cellular activities, including proliferation, differentiation, migration, and cell apoptosis (Nusse & Clevers, 2017). Aberrant Wnt/β-catenin activation has been identified as a driver event in a number of cancer types; accumulation of cytoplasmic β-catenin and subsequent entry into the nucleus leads to activation of the TCF/LEF transcriptional program, promoting cell survival (Daneman et al., 2009). Previous studies have shown that knockdown of SOX9 in human lung carcinoma cells induces apoptosis via decreased p-Wnt and β-catenin expression (Guo et al., 2018) and that β-catenin is a pivotal target for glioma and ovarian cancer therapy (Arend et al., 2013; He et al., 2019). It has also been reported that prodigiosin inhibits the phosphorylation of GSK-3β, restraining β-catenin-mediated Wnt activation and subsequent transcriptional activation of prosurvival genes, such as cyclin D1, slowing tumor progression in a breast cancer tumor model mice (Wang et al., 2016). Phosphorylated Akt has the ability to phosphorylate GSK-3β as a key molecule in this process, which in turn inhibits cell survival via β-catenin phosphorylation and induction of apoptosis (Liu et al., 2019). The β-catenin pathway is abnormally activated in liver cancer and has been implicated in tumor formation, progression, metastasis, and drug resistance (Vilchez et al., 2016). A large number of anticancer agents targeted at β-catenin have been developed, but few have entered clinical trials (Nambotin et al., 2011; Qin et al., 2013; Wei et al., 2011). We demonstrate that HP treatment leads to inactivation of the Akt/GSK3β/β-catenin signaling pathway via AKT phosphorylation, GSK-3β inactivation, and subsequent phosphorylation and degradation of β-catenin.

Together, these data demonstrate that HP from hemp seed protein hydrolysates display anticancer properties. Increase in cellular ROS levels represents a crucial mechanism by which HP exerts its antiproliferative and proapoptotic activity and HP treatment modulates activity of the Akt/GSK/β-catenin signaling pathway. Our findings suggest that HP represents a promising anticancer therapy in the context of liver cancer; further investigation of the anticancer properties of foodborne protein hydrolysates is warranted.

ACKNOWLEDGMENTS
This work was supported by Heilongjiang Academy of Sciences Basic Applied Technology Research Project (ZNBZ2018DQ04) and Bidding Project of Heilongjiang Academy of Sciences (ZB20180004), China.

CONFLICT OF INTEREST
The authors declare no conflicts of interest.

AUTHOR CONTRIBUTIONS
Lian-Hui Wei, Yan Dong, Yu-Feng Sun, Xue-Song Mei, and Xue-Song Ma contributed to data curation; Jie Shi, Qing-li Yang, Hu-Nan Sun, Yan-Ru Ji, and Zheng-Hai Zhang contributed to formal analysis; Shu-Min Song contributed to funding acquisition; Lian-Hui Wei and Shu-Min Song contributed to supervision.

DATA AVAILABILITY STATEMENT
Research data are not shared.

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**How to cite this article:** Wei L-H, Dong Y, Sun Y-F, et al. Anticancer property of Hemp Bioactive Peptides in Hep3B liver cancer cells through Akt/GSK3β/β-catenin signaling pathway. *Food Sci Nutr*. 2021;9:1833–1841. https://doi.org/10.1002/fsn3.1976