Recurrent urinary tract infection and risk of bladder cancer in the Nijmegen bladder cancer study

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Background: Controversy exists on whether urinary tract infection (UTI) is a risk factor for urinary bladder cancer (UBC). Here, the association is investigated using data from one of the largest bladder cancer case–control studies worldwide.

Methods: Information on (i) history and age at onset of regular cystitis (‘regular low-UTI’) and (ii) number and age at onset of UTI treated with antibiotics (‘UTI-ab’) from 1809 UBC patients and 4370 controls was analysed. Odds ratios (ORs) and 95% confidence intervals (CI) adjusted for age, education, smoking, and use of aspirin/ibuprofen were generated, for men and women separately.

Results: Regular low-UTI was associated with an increased UBC risk (men: OR (95% CI) 6.6 (4.2–11); women: 2.7 (2.0–3.5)), with stronger effects in muscle-invasive UBC. Statistically significant decreased risks (ORs \( \leq 0.65 \)) were observed for up to five UTI-ab, specifically in those who (had) smoked and experienced UTI-ab at a younger age. In women, UTI experienced after menopause was associated with a higher UBC risk, irrespective of the number of episodes.

Conclusions: Regular cystitis is positively associated with UBC risk. In contrast, a limited number of episodes of UTI treated with antibiotics is associated with decreased UBC risk, but not in never-smokers and postmenopausal women.

Urinary tract infections (UTIs) refer to the presence of microbial pathogens in the urethra or bladder (lower urinary tract), or ureter and pelvis of the kidney (upper urinary tract). In men, the prostate may be involved as well. UTIs are among the most prevalent infectious diseases with varying frequencies among sexes and age categories. About 80% of UTIs occur in women; it is estimated that 40–50% of females experience at least one symptomatic UTI and that half of them will experience a recurrence within 1 year (Foxman, 2010; Salvatore et al, 2011). The majority of UTIs is caused by *E. coli* and manifests as cystitis. Risk factors for (recurrent) UTI include obstruction of the urinary tract, use of a bladder catheter, a suppressed immune system, oestrogen deficiency, a genetic predisposition, and sexual intercourse, and may differ between men and pre- and postmenopausal women (Foxman et al, 2000; Nicolle, 2002; Foxman, 2010; Salvatore et al, 2011).

There is strong evidence linking infection of the bladder by *Schistosoma haematobium*, endemic in certain low- and middle-
income countries but rare in high-income countries, and by spinal cord injury-related catheter use to squamous cell carcinoma of the bladder (IARC Working Group on the Evaluation of Carcinogenic Risks to Humans, 1994; Hess et al, 2003). However, whether common, recurrent UTIs are involved in the aetiology of urothelial carcinoma of the bladder remains unclear. Several epidemiological studies, most from the second half of the twentieth century and conducted in small populations, have investigated the association between episodes of (lower) UTI and the risk of urinary bladder cancer (UBC). The majority of these studies report increased UBC risks for any vs no UTI, in both men and women (Wynder et al, 1963; Dunham et al, 1968; Howe et al, 1980; Kantor et al, 1984; Claude et al, 1986; La Vecchia et al, 1991; Kunze et al, 1992; Sturgeon et al, 1994; Jhamb et al 2007; Sun et al, 2013), whereas some do not support a positive association (Piper et al, 1986; Kjaer et al, 1989; González et al, 1991; Jiang et al, 2009). A few studies specifically address the number of UTI episodes or the duration between UTI and UBC diagnosis, the latter to prevent potential misclassification. Overall, positive associations tend to weaken as the time lag between UTI and UBC increases (González et al, 1991; La Vecchia et al, 1991; Sun et al, 2013) and the number of UTIs decreases (Kantor et al, 1984; La Vecchia et al, 1991). In contrast to these findings, Jhamb et al (2007) and Jiang et al (2009) report a decreased risk of UBC with an increasing number of kidney and bladder infections with the lowest risk for more than three episodes of infection.

In this study, we analysed data of the Nijmegen Bladder Cancer Study (NBCS), one of the largest case–control studies for UBC worldwide, as to gain better insights into the role of recurrent infections of the (lower) urinary tract as a risk factor for UBC.

MATERIALS AND METHODS

Subjects and data extraction. Within the framework of the NBCS, UBC patients living in the catchment area of seven hospitals in the eastern part of the country were identified through the Netherlands Cancer Registry (NCR) held by the Comprehensive Cancer Centre the Netherlands (IKNL) (Kiemeneiy et al, 2008). Patients diagnosed in the periods 1995–2006, 2006–2007, 2007–2009, and 2009–2010 under the age of 76 years were batch-wise invited for participation. Participants were asked to fill out a questionnaire and donate a blood sample for DNA extraction. All patients had histologically confirmed carcinoma of the urinary bladder. Data on tumour characteristics were obtained via the NCR. The response rate to the questionnaire was 65%.

Controls in the NBCS were individuals recruited for the Nijmegen Biomedical Study (NBS), a population-based survey that aimed to provide a generic reference group for case–control studies. The NBS was conducted by the Departments for Health Evidence and Clinical Chemistry of the Radboud University Medical Center, Nijmegen, The Netherlands. In 2002, 22 451 age- and sex-stratified inhabitants were randomly selected from the demography registration of the municipality of Nijmegen and invited to fill out a questionnaire and donate a blood sample for DNA extraction. All patients had histologically confirmed carcinoma of the urinary bladder. Data on tumour characteristics were obtained via the NCR. The response rate to the questionnaire was 65%.

For this study, we selected UBC patients of self-reported Caucasian ethnicity and controls that filled out questionnaires 1–3 (that contained information relevant for this study), had no prior history of bladder cancer at time of recruitment, and were of self-reported Caucasian ethnicity.

Statistical analysis. Univariable and multivariable logistic regression analyses were used to evaluate the association between regular low-UTI and frequency of UTI-ab and bladder cancer risk. Odds ratios (ORs) and corresponding 95% confidence intervals (CIs) were adjusted for the following, potentially confounding, factors: age at UBC diagnosis/at time of completing questionnaire (in years), smoking status (categorical variable: never smokers, former smokers, current smokers (i.e., those who had not stopped in the year prior to the year of UBC diagnosis (for patients) or filling out the questionnaire (for controls)), cumulative smoking exposure in terms of pack-years of cigarettes, use of aspirin and ibuprofen/brufen (prior to UBC diagnosis) were extracted.

Characteristics of UBC patients and controls. This study included 1809 UBC patients (81% male) and 4370 controls (45% male). Average age of male patients and controls was 63 and 62 years, respectively. Average age for female patients and controls was 61 and 57 years. Patients were less educated, were more likely to smoke, and more likely to have regularly used non-steroidal anti-inflammatory drugs, as compared with controls. Among the patients, 83% of male and 75% of female cases were categorised as non-muscle invasive bladder cancer patients (stages Ta, T1, and CIS). Almost all patients were diagnosed with urothelial carcinoma (Table 1).

The frequencies of regular low-UTI and UTI-ab in patients and controls are given in Table 2. As expected, these were higher in women compared with men. The overlap in reported regular low-
Recurrence of UTI and bladder cancer risk

**Table 1. Baseline characteristics of the study population**

|                           | Controls (n = 3437) | Patients (n = 1463) | Controls (n = 2396) | Patients (n = 346) |
|---------------------------|--------------------|--------------------|--------------------|--------------------|
| **Highest education**     |                    |                    |                    |                    |
| Primary                   | 122 (6.2)          | 213 (14.6)         | 184 (7.7)          | 70 (20.2)          |
| Lower vocational secondary| 305 (15.5)         | 363 (24.8)         | 307 (12.9)         | 82 (23.7)          |
| Intermediate general secondary | 246 (12.5)   | 202 (13.8)         | 432 (18.1)         | 87 (25.1)          |
| Intermediate vocational secondary | 296 (15.1) | 219 (15.0)         | 277 (11.6)         | 36 (10.4)          |
| Higher general secondary  | 186 (9.5)          | 84 (5.7)           | 276 (11.6)         | 13 (3.8)           |
| Higher vocational secondary | 379 (19.3)     | 219 (15.0)         | 580 (24.3)         | 39 (11.3)          |
| University                | 428 (21.8)         | 113 (7.7)          | 331 (13.9)         | 5 (1.4)            |
| Other                     | 3 (0.2)            | 49 (3.4)           | 1 (0.0)            | 14 (4.0)           |
| **Smoking status**        |                    |                    |                    |                    |
| Never                     | 483 (24.5)         | 120 (8.2)          | 1034 (43.3)        | 88 (25.4)          |
| Former                    | 1170 (59.3)        | 860 (58.8)         | 996 (41.7)         | 131 (37.9)         |
| Current                   | 319 (16.2)         | 482 (33.0)         | 358 (15.0)         | 127 (36.7)         |
| **NSAIDS**                |                    |                    |                    |                    |
| Aspirin                   | 474 (24.0)         | 524 (35.8)         | 462 (19.3)         | 126 (36.4)         |
| Ibuprofen/brufen          | 232 (11.8)         | 239 (16.3)         | 503 (21.0)         | 73 (21.1)          |
| **Tumour stage**          |                    |                    |                    |                    |
| NMIBC (Ta, T1, CIS)       | —                  | 1220 (83.4)        | —                  | 260 (75.1)         |
| MIBC (≥T2)                | —                  | 183 (12.5)         | —                  | 70 (20.2)          |
| Missing                   | —                  | 60 (4.1)           | —                  | 16 (4.6)           |
| **Tumour histology**      |                    |                    |                    |                    |
| Urothelial carcinoma      | —                  | 1440 (98.4)        | —                  | 327 (94.5)         |
| Squamous cell carcinoma   | —                  | 4 (0.3)            | —                  | 11 (3.2)           |
| Adenocarcinoma            | —                  | 5 (0.3)            | —                  | 6 (1.7)            |
| Other                     | —                  | 14 (1.0)           | —                  | 4 (0.6)            |

Abbreviations: NSAIDS = non-steroidal anti-inflammatory drugs; NMIBC = non-muscle invasive bladder cancer; MIBC = muscle invasive bladder cancer; sd = standard deviation.

*predominant histology according to the 1995 to 2000 ICD-O-2 and the 2000 to 2006 ICD-O-3.

UTI and frequent UTI-ab by the study participants was considerable (Table 3).

**Association between UTI and UBC.** A positive history of regular low-UTI was associated with an increased risk of UBC in both men (ORadjusted 95% CI) 6.6 (4.2–11)) and women (ORadj 2.7 (2.0–3.5)). In contrast, a positive history of UTI-ab was associated with a decreased UBC risk, again in both men (ORadj 0.76 (0.61–0.94)) and women (ORadj 0.82 (0.64–1.1)). Stratification on frequency of UTI-ab revealed that the protective effect was only seen for up to five episodes of infection. An increased UBC risk was observed for men with more than 10 UTI-ab episodes (ORadj 6.0 (1.2–30)) but numbers of male patients and controls in this stratum were low (Table 2).

As the symptoms of bladder cancer may be confused with those of a UTI, we repeated the analyses while omitting those regular low-UTI or UTI-ab that took place within 5 years prior to the date of diagnosis of bladder cancer (for patients) or the questionnaire (for controls). Resulting risks were only slightly changed (Table 2) and for subsequent analyses, we did not take the time lag between UTI and UBC into account.

The stratified analyses (Table 4) indicated that the UBC risk increase for regular low-UTI and multiple episodes of UTI-ab was more pronounced in muscle-invasive bladder cancer compared with non-muscle invasive bladder cancer. The UBC risk decrease for a low number of UTI-ab is specifically observed in those who (had) smoked and the group of subjects that experienced UTI at a younger age (i.e., below the sex-specific median age at onset UTI).

For women, large differences in UTI-ab-associated risks for premenopausal (≤51 years) vs postmenopausal (>51 years) state were seen. The decrease of UBC risk for a limited number of UTI-ab was only observed for premenopausal state UTI; a strong increase in risk for UBC was observed for postmenopausal state UTI-ab, irrespective of the number of episodes. Omission of UTI-ab that occurred within 5 years prior to UBC diagnosis/questionnaire led to even higher risks (data not shown).

**DISCUSSION**

Infection of the urinary tract has been thought to play a role in urinary bladder carcinogenesis, but has only been particularly evidenced and widely accepted for the association between schistosomiasis and catheter use in spinal cord injury with squamous cell carcinoma (IARC Working Group on the Evaluation of Carcinogenic Risks to Humans, 1994; Hess et al, 2003). We show in this case–control study that UTI in the form of regular cystitis is associated with an increased risk of carcinoma of the bladder and that a limited number of UTI treated with antibiotics (i.e., ≤ 5) is associated with decreased UBC risk.

We analysed data on regular cystitis and the number of UTI treated with antibiotics. These two variables are both measures of recurrent UTI but do not reflect the exact same information. In addition to differential recall bias or misclassification, disparity between results for regular low-UTI and a high number of UTI-ab as observed in our study can be contributed to the distinctions between (i) regular and a high number of episodes, (ii) cystitis and UTIs, and (iii) use and no use of antibiotics. Indeed, disparate risks for bladder and kidney infections have been reported by Jiang et al (2009) and Jhamb et al (2007). Also, inhibition of cell proliferation and anti-cancer effects in transitional cell carcinoma cell lines for two of the most commonly used antibiotics in UTI in Dutch
One possible explanation for the fact that regular cystitis associates positively with UBC is the mediating role of nitric oxide (NO). NO is produced during inflammation by the activation of inducible nitric oxide synthase (iNOS) and may promote tumour growth and proliferation (Xu et al, 2002; Lin et al, 2003). Indeed, studies have shown that iNOS-specific proteins and ribonucleic acid products are present in urothelial tumours of the bladder but not in control bladder tissue (Swana et al, 2011), suggesting that repeated activation of iNOS and thus NO production in both recurrent UTI episodes and in UBC may be a common pathway involved in urothelial response. One may

### Table 2. Associations between regular bladder infection (regular low-UTI) and UTI treated with antibiotics (UTI-ab) and urinary bladder cancer in men and women

| Number of UTI-ab | Controls (n = 1974) | Patients (n = 1950) | OR (95% CI) | OR adjusted* (95% CI) | Controls (n = 2396) | Patients (n = 2377) | OR (95% CI) | OR adjusted* (95% CI) |
|------------------|---------------------|---------------------|-------------|-----------------------|---------------------|---------------------|-------------|-----------------------|
| 0                | 1569 (83.7)         | 1174 (87.4)         | Ref         | Ref                   | 1170 (84.9)         | 192 (14.1)          | Ref         | Ref                   |
| 1–2              | 217 (11.6)          | 103 (7.7)           | 0.63 (0.50–0.81) | 0.63 (0.48–0.82) | 530 (23.7)         | 43 (14.9)           | 0.53 (0.38–0.76) | 0.63 (0.43–0.91) |
| 3–5              | 75 (4.0)            | 42 (3.1)            | 0.75 (0.51–1.1) | 0.82 (0.54–1.2) | 333 (14.9)         | 32 (11.1)           | 0.63 (0.42–0.94) | 0.65 (0.43–1.0) |
| 6–10             | 11 (0.6)            | 14 (1.0)            | 1.77 (0.73–3.8) | 1.2 (0.52–2.9) | 159 (7.1)          | 22 (7.6)            | 0.91 (0.57–1.5) | 1.1 (0.64–1.8) |
| ≥11              | 2 (0.1)             | 11 (0.8)            | 7.4 (1.6–33)  | 6.0 (1.2–30)       | 107 (4.8)           | 23 (8.0)            | 1.4 (0.83–2.2) | 1.1 (0.64–1.8) |

**Omission ≤ 5 years**

| Number of UTI-ab | Controls (n = 1974) | Patients (n = 1950) | OR (95% CI) | OR adjusted* (95% CI) | Controls (n = 2396) | Patients (n = 2377) | OR (95% CI) | OR adjusted* (95% CI) |
|------------------|---------------------|---------------------|-------------|-----------------------|---------------------|---------------------|-------------|-----------------------|
| 0                | 1623 (86.5)         | 1231 (90.1)         | Ref         | Ref                   | 1224 (53.4)         | 187 (59.7)          | 0.77 (0.61–0.98) | 0.72 (0.56–0.94) |
| 1–2              | 270 (14.3)          | 135 (9.9)           | 0.66 (0.53–0.82) | 0.63 (0.49–0.80) | 1068 (46.6)        | 126 (40.3)          | 0.53 (0.38–0.76) | 0.63 (0.43–0.91) |
| 3–5              | 75 (4.0)            | 42 (3.1)            | 0.75 (0.51–1.1) | 0.82 (0.54–1.2) | 333 (14.9)         | 32 (11.1)           | 0.63 (0.42–0.94) | 0.65 (0.43–1.0) |
| 6–10             | 11 (0.6)            | 14 (1.0)            | 1.77 (0.73–3.8) | 1.2 (0.52–2.9) | 159 (7.1)          | 22 (7.6)            | 0.91 (0.57–1.5) | 1.1 (0.64–1.8) |
| ≥11              | 2 (0.1)             | 11 (0.8)            | 7.4 (1.6–33)  | 6.0 (1.2–30)       | 107 (4.8)           | 23 (8.0)            | 1.4 (0.83–2.2) | 1.1 (0.64–1.8) |

### Table 3. Overlap in reported regular bladder infections (regular low-UTI) and episodes of UTI-ab for patients and controls and men and women separately

| Number of UTI-ab | Controls N (%) | Patients N (%) | Controls N (%) | Patients N (%) |
|------------------|---------------|---------------|---------------|---------------|
| 0                | 1585 (99.8)   | 3 (0.2)       | 1112 (94.7)   | 62 (5.3)      |
| 1–2              | 199 (98.5)    | 3 (1.5)       | 86 (83.5)     | 17 (16.5)     |
| 3–5              | 63 (88.7)     | 8 (11.3)      | 20 (47.6)     | 22 (52.4)     |
| 6–10             | 5 (45.5)      | 6 (54.5)      | 3 (21.4)      | 11 (78.6)     |
| ≥11              | 1 (50.0)      | 1 (50.0)      | 5 (45.5)      | 6 (54.5)      |

Abbreviations: CI = confidence interval; OR = odds ratio; UTI = urinary tract infection; UTI-ab = urinary tract infection treated with antibiotics.

*OR adjusted for age (at diagnosis for patients and at filling out questionnaire for controls), highest education, smoking status (current, never, former), pack-years cigarettes, use of aspirin, use of ibuprofen/brufen.

†Regular low-UTI for which the number of years between age of UTI and filling out questionnaire (controls)/age of UBC diagnosis (patients) was 5 years or less were set to zero.

§UTI-ab for which the number of years between age of first UTI and filling out questionnaire (controls)/age of UBC diagnosis (patients) was 5 years or less were set to zero.
Table 4. Associations between regular bladder infection (regular low-UTI) and UTI-ab and urinary bladder cancer, stratified by stage of bladder cancer, median age at onset of infection, menopausal state at onset infection (i.e., older than 51 years of age or not), and smoking status (never vs ever)

| Tumour stage | Controls/patients OR adjusted* (95% CI) | Controls/patients OR adjusted* (95% CI) | Controls/patients OR adjusted* (95% CI) | Controls/patients OR adjusted* (95% CI) |
|--------------|----------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|
|              | Men                                    | Women                                  | Men                                    | Women                                  |
| Regular low-UTI |                                        |                                        |                                        |                                        |
| No           | 1950/1119                               | 24/101                                 | 1950/153                               | 24/30                                  |
| Yes          | 1569/978                                | 324/160                                | 1569/148                               | 324/24                                 |
| UTI-ab        |                                        |                                        |                                        |                                        |
| No           | 1569/174                                | 108/31                                 | 1569/1174                              | 103/31                                 |
| Yes          | 1569/174                                | 108/31                                 | 1569/1174                              | 103/31                                 |
| Number of UTI-ab |                                        |                                        |                                        |                                        |
| 0            | 1569/174                                | 108/31                                 | 1569/1174                              | 103/31                                 |
| 1–2          | 217/86                                  | 75/33                                  | 217/12                                 | 75/7                                   |
| 3–5          | 11/12                                   | 6.5 (1.3–32)                           | 11/1                                 | 6.8 (0.50–92)                           |
| ≥11          | 2/10                                    | Ref                                    | 2/1                                  | Ref                                    |
| Age regular low-UTI/UTI-ab | < median age | > median age | < median age | > median age |
| Regular low-UTI |                                        |                                        |                                        |                                        |
| No           | 1950/1372                               | 5/7                                    | 1950/1372                              | 5/7                                    |
| Yes          | 1569/1174                              | 108/31                                 | 1569/1174                              | 103/31                                 |
| Number of UTI-ab |                                        |                                        |                                        |                                        |
| 0            | 1569/174                                | 108/31                                 | 1569/1174                              | 103/31                                 |
| 1–2          | 78/18                                   | 0.33 (0.19–0.58)                       | 93/47                                 | 0.64 (0.43–0.94)                       |
| 3–5          | 25/7                                    | 0.35 (0.14–0.88)                       | 32/23                                 | 1.1 (0.61–2.0)                         |
| 6–10         | 3/3                                     | 0.89 (0.14–5.6)                        | 4/6                                  | 1.4 (0.37–5.3)                         |
| ≥11          | 0/3                                     | —                                     | 2/6                                  | 4.8 (0.90–25)                         |
| Menopausal state | Pre (<51 years) | Post (>51 years) | Pre (<51 years) | Post (>51 years) |
| Regular low-UTI |                                        |                                        |                                        |                                        |
| No           | 2039/232                               | 211/57                                 | 2039/232                               | 211/57                                 |
| Yes          | 1110/169                               | 632/68                                 | 1110/169                               | 632/68                                 |
| Number of UTI-ab |                                        |                                        |                                        |                                        |
| 0            | 1110/169                               | 632/68                                 | 1110/169                               | 632/68                                 |
| 1–2          | 78/18                                   | 0.33 (0.19–0.58)                       | 93/47                                 | 0.64 (0.43–0.94)                       |
| 3–5          | 25/7                                    | 0.35 (0.14–0.88)                       | 32/23                                 | 1.1 (0.61–2.0)                         |
| 6–10         | 3/3                                     | 0.89 (0.14–5.6)                        | 4/6                                  | 1.4 (0.37–5.3)                         |
| ≥11          | 0/3                                     | —                                     | 2/6                                  | 4.8 (0.90–25)                         |
| Smoking status | Never | Ever | Never | Ever |
| Regular low-UTI |                                        |                                        |                                        |                                        |
| No           | 478/110                                 | 5/10                                   | 1470/1216                               | 5/10                                   |
| Yes          | 59/18                                   | 1.1 (0.61–2.1)                         | 265/174                               | 0.71 (0.57–0.88)                       |
| Number of UTI-ab |                                        |                                        |                                        |                                        |
| 0            | 478/110                                 | 5/10                                   | 1470/1216                               | 5/10                                   |
| 1–2          | 5/10                                    | 1.1 (0.61–2.1)                         | 265/174                               | 0.71 (0.57–0.88)                       |
| Abbreviations: CI = confidence interval; MIBC = muscle invasive bladder cancer; NMIBC = non-muscle invasive bladder cancer; OR = odds ratio; UTI = urinary tract infection; UTI-ab = urinary tract infection treated with antibiotics.

*OR adjusted for age (at diagnosis for patients and at filling out questionnaire for controls), highest education, smoking status (current, never, former), pack-years cigarettes, use of aspirin, use of ibuprofen/brufen.

**Median ages (in years) at onset UTI (with omission UTI = 5 years prior to age at UBC diagnosis/questionnaire): regular low-UTI males: 50.0, regular low-UTI females: 52.5, UTI-ab males: 42.0, UTI-ab females: 24.5

| Smoking status | Regular low-UTI | UTI-ab | Number of UTI-ab |
|----------------|----------------|--------|------------------|
| Never          | 478/110        | 406/90 | 0               |
| Ever           | 59/18          | 161/1083 | 10/1             |
| Never          | 265/174        | 481/38 | 0               |
| Ever           | 498/127        | 481/38 | 0               |

**OR adjusted for age (at diagnosis for patients and at filling out questionnaire for controls), highest education, use of aspirin, pack-years cigarettes, use of ibuprofen/brufen.
speculate that the protective effect of a limited number of UTI treated with antibiotics suggests that the beneficial anti-cancer effect of antibiotics as described by Seay et al (1996) and Kamat and Lamm (2004) outweighs the detrimental effects of (sporadic) infection and subsequent NO production. It is, however, unclear whether only a few short courses of antibiotics can decrease bladder cancer risk. Note that the decreased rate of UTI-ab in bladder cancer patients compared with controls was not seen for the few UBC patients in our population with squamous cell and adenocarcinoma but only for urothelial carcinoma (as predominant histology) (data not shown).

Exact comparison between our findings and those from previous studies is hampered by the fact that only few studies have addressed the number, location, and treatment of the UTIs in detail. The observed increased UBC risk for regular cystitis confirms findings from Kantor et al (1984) and La Vecchia et al (1991) whose studies show that more than three episodes of cystitis increases UBC risk. The observed decreased risk of UBC for a limited number of UTI is in line with a recent study from Jiang et al (2009) in which one, two to three, and more than three episodes of cystitis were associated with reduced risk of UBC in women. Unfortunately, those women who experienced more than three episodes were combined in one category, thereby preventing us to evaluate the association for those with a higher number of episodes in more detail. Most studies, however, report a higher UBC risk for a patient-reported positive history of UTI (Wynder et al, 1963; Jhamb et al, 2007).

A number of the previous studies into the association between UTI and UBC have described a decrease in the OR for UTI and bladder cancer risk after excluding those UTI that occurred within the years prior to UBC diagnosis (González et al, 1991; La Vecchia et al, 1991; Jhamb et al, 2007; Jiang et al, 2009; Sun et al, 2013). These findings support the existence of a diagnostic bias. This is underlined by studies that have described UTI diagnosis as a cause for delay in bladder cancer diagnosis (Henning et al, 2013; Cohn et al, 2014). The results of our study were, however, only marginally affected by omission of infections occurring within 5 years prior to UBC diagnosis.

We showed that our results for UTI-ab were similar for men and women; the increased UBC risk for regular cystitis was higher in men than women. However, note that, in contrast to women, regular cystitis is rare among the male population. Further stratified analyses, more or less hampered by limited numbers in specific subcategories, did identify deviating findings in some subgroups. Timing of the onset of UTI was found to be of importance; the protective effect of a small number of UTI-ab was only found for those UTI that were experienced at a relatively young age (i.e., below the sex-specific median age) and the increase in UBC risk for recurrent cystitis was more pronounced for an older age of UTI-onset. Especially the increased risk of bladder cancer for history of UTI-ab, irrespective of frequency, in postmenopausal women was striking and warrants further research. It is notable that these subgroups that showed stronger increased UBC risk for recurrent cystitis, that is, men, those with UTI onset at an older age, and postmenopausal women, are also more likely to experience a complicated and recurrent (course of) UTI because of the presence of anatomical, functional, or metabolic conditions (e.g., prostatitis, diabetes, vaginal atrophy). Furthermore, the higher UBC risk for regular cystitis was much stronger in muscle-invasive bladder cancer compared with non-muscle invasive bladder cancer, in line with Kantor et al (1984) and Sturgeon et al (1994). The protective effect of a small number of UTI-ab was only seen in (former) smokers; we could not confirm the positive interaction between smoking and history of cystitis on UBC risk as reported in earlier studies (Kantor et al, 1984; La Vecchia et al, 1991).

In conclusion, our study showed a protective effect on UBC risk for a small number (≤ 5) of UTI episodes treated with antibiotics, specifically at a younger age of onset and in (former) smokers and increased UBC risk for regular cystitis. We underline the importance of considering the total number of UTI, age at onset, location in the urinary tract, and use of antibiotics when considering the association of UTI with bladder cancer in future research as to allow for further unravelling of their separate effects.

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