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A method for visualizing surface-exposed and internal PfEMP1 adhesion antigens in *Plasmodium falciparum* infected erythrocytes

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Abstract

**Background:** The insertion of parasite antigens into the host erythrocyte membrane and the structure and distribution of *Plasmodium falciparum* adhesion receptors on that membrane are poorly understood. Laser scanning confocal microscopy (LSCM) and a novel labelling and fixation method have been used to obtain high resolution immuno-fluorescent images of erythrocyte surface PfEMP1 and internal antigens which allow analysis of the accumulation of PfEMP1 on the erythrocyte membrane during asexual development.

**Methods:** A novel staining technique has been developed which permits distinction between erythrocyte surface PfEMP1 and intracellular PfEMP1, in parasites whose nuclear material is exceptionally well resolved. Primary antibody detection by fluorescence is carried out on the live parasitized erythrocyte. The surface labelled cells are then fixed using paraformaldehyde and permeabilized with a non-ionic detergent to permit access of antibodies to internal parasite antigens. Differentiation between surface and internal antigens is achieved using antibodies labelled with different fluorochromes and confocal microscopy.

**Results:** Surface exposed PfEMP1 is first detectable by antibodies at the trophozoite stage of intracellular parasite development although the improved detection method indicates that there are differences between different laboratory isolates in the kinetics of accumulation of surface-exposed PfEMP1.

**Conclusion:** A sensitive method for labelling surface and internal PfEMP1 with up to three different fluorochromes has been developed for laser scanning confocal optical microscopy and the analysis of the developmental expression of malaria adhesion antigens.
Background
*Plasmodium falciparum* malaria parasites radically alter the host erythrocyte’s membrane structure and adhesion properties [1,2]. Mature parasitized cells withdraw from the peripheral circulation to a variety of endothelial sequestration sites, after malaria parasite adhesion receptors are inserted into the erythrocyte membrane [3-5]. Blocking this cytoadhesion reaction and reversing sequestration is a potential malaria vaccination strategy to alleviate the pathology caused by tissue sequestration and force adhesion-blocked parasites to carry out their entire development in the hostile environment of the spleen-filtered peripheral circulation [6]. The best understood malaria adhesins are the PfEMP1 proteins. Their transport to the erythrocyte membrane has been the subject of many studies although a comprehensive model for the transport and insertion of PfEMP1 antigens into the erythrocyte membrane has not yet emerged [6-9].

Laser scanning confocal microscopic (LSCM) visualization of the distribution of fluorescently labelled antigens of malaria parasites is limited by the fact that identification of surface-exposed epitopes requires antibody binding to intact cells but detection of intracellular proteins involves fixation and permeabilization. The use of organic solvents and detergents to achieve this can lead to protein extraction and denaturation [10-12]. New epitopes also become exposed after denaturation and this increases the risk of non-specific antibody cross-reactivity, a frequently encountered problem in malaria immunology and cell biology [13].

This study reports a method for combining surface antigen labelling of live cells with subsequent internal antigen staining. The technique gives excellent preservation of internal parasite structures such as the dividing nuclei and achieves improved distinction between of surface and internal antibody staining. Antibodies against two well-characterized PfEMP1 antigens and the erythrocyte glycophorin A antigen have been used label PfEMP1 antigens on the surface of live *P. falciparum* infected erythrocytes and validate the specificity of the method.

Methods
*Plasmodium falciparum lines*

Indirect immuno-fluorescence assays (IFA) were performed on clonal lines of *P. falciparum*, genotyped regularly using nested GLURP and MSP2-specific primers in a single PCR reaction [14]. Continuously cultured parasites of the FCR3 lineage are referred to as FCR3 (unselected) parasites. The FCR3/BeWo parasites are so named because they have been pre-selected for adhesion to human syncytiotrophoblastic BeWo cells [15]. To obtain cells expressing the *var2csa* PfEMP1 gene and the corresponding VAR2CSA protein, 3D7/3D7*var4* cells were raised in rabbits immunized with a recombinant fragment of the VAR4-CIDRα PfEMP1 (PFD1235w).

**Antibodies**

A monoclonal antibody against glycophorin A (mouse anti-human CD235a) was purchased from BD Biosciences. Rabbit antisera against baculovirus-produced recombinant domains of the VAR2CSA PfEMP1 protein (VAR2 antisera) have been described [17,18]. VAR4 antisera are derived by immunizing rabbits with a recombinant antigen containing both the DBL4 and DBL5 domains of the *var4* gene [16,19]. Antisera were depleted of antibodies reacting with human red cell antigens by mixing equal amounts of rabbit antiserum with human O+ erythrocyte suspension in 2% FCS in PBS, then incubating the mixture at 4°C for one hour. Affinity purified rabbit antiserum against the conserved sequence DITSSEYELDINDIC, present in the intracellular (Exon 2) domain of all known PfEMP1 proteins, was used in the co-staining experiments [20].

**Live parasite surface staining**

Magnetic cell-sorted mature parasites were washed three times in 1% BSA (Sigma) in PBS. For surface antigen staining, two microlitres of the parasite pellet was mixed with 100 microlitres of a 1/250 dilution of anti-PfEMP1 antibody and/or a 1/10,000 dilution of anti-glycophorin A antibody. The primary antibody incubation was for 30 mins at 4°C. The secondary incubation with Alexa-conjugated anti-mouse or anti-rabbit IgG (diluted 1/2000) was for 30 mins at 4°C, after which surface stained cells are ready for the internal staining procedures.

**Fixation and permeabilization of the surface labelled cells**

Ten microlitres (10%) of the surface labelled cell suspension was air dried onto a multi-well microscope slide (Diagnostika). Cells were fixed by covering the surface with a 4% paraformaldehyde solution for 10 mins. The formaldehyde fixative was washed off with PBS and the slide incubated in a 0.1% Triton X-100 permeabilization solution for five minutes. The permeabilization solution was again washed off with PBS prior to incubating the slide in a blocking solution of 1% PBS/BSA for 30 mins. All steps were carried at 4°C.

**Post-fixation staining**

Fixed, permeabilized cells were incubated with all antibodies targeted to internal antigens (in these experiments, internal PfEMP1) for one hour at 4°C in a humid box kept in the dark. For routine experiments Alexa564 labelled anti-IgG (1/2000) and DAPI (10 ng/ml) were used. In the
validation experiments requiring specific surface staining with two fluorochromes and internal staining of a third antigen, *P. falciparum* staining (1/500) was used as the internally staining fluorochrome. IFA slides mounted with anti-fade reagent (Invitrogen) were visualized on a confocal microscope.

Confocal microscopy
All images were taken using a model TE 2000-E Nikon Eclipse confocal microscope, with 60 × (numerical aperture 1.4) Apochromat oil immersion objective lens, equipped with a Differential Interference Contrast (DIC) beam shearing interference contrast-enhancing system. The quality of the slide, the parasite preparation, labelling and background were checked using a fluorescence microscope with fluorescence-free immersion oil (Fluka). Images were captured using the EZ-C1 Gold imaging system (version 3.30). Images of the labelled cells were captured using the Frame Lambda channels, with gain adjusted manually for each laser (450/35, 515/30 and 605/75). Pixel Dwell was 4–6 ms, with steps 512 × 512 pixels. The images were averaged on seven scanned images using the normal scan mode.

Merged images were captured using the Trans and Frame Lambda channel devices. Gain was adjusted manually for each laser. Optical sectioning for the z direction imaging was carried out in either 150 nanometre steps. Images were saved in IDS software format and processed using Adobe Photoshop software for sharpening edges, contrast and light adjustment. Images are displayed with the 5 μm scale bar calculated by the EZ-C1 software, except the fluorescence alone or ‘plane of best focus’ fluorescence images of infected erythrocytes, where the scale is not calculated.

Results
Optimized fixation and staining for immuno-fluorescence microscopy of *P. falciparum* infected erythrocytes
Light microscopy with malaria parasites has traditionally used Giemsa’s modified Romanowsky stain, fixing the PE to the glass slide with methanol. This long established methodology may not be optimal for confocal immuno-fluorescence microscopy and reported contra-indications on the use of methanol and acetone fixation [10,12] led us to compare methanol or methanol/acetone fixation with paraformaldehyde fixation/Triton X-100 permeabilization protocols.

No pronounced difference in capacity to immuno-detect surface or internally labelled antigen was noted in comparative fixations, although particulate background fluorescence was a persistent problem following acetone fixation. Using non-ionic detergent for cell permeabilization improved fluorescence signals and reduced non-specific background fluorescence. The paraformaldehyde/Triton X-100 protocol described above was therefore adopted. In avoiding methanol and acetone in favour of paraformaldehyde fixation, this protocol is similar to another recently published method for improving the preparation of *P. falciparum* infected erythrocytes for microscopy [21], but uses low concentrations of non-ionic detergent rather than glutaraldehyde to enhance antibody binding and reduce background staining.

Validation of antibody and labelling specificity when staining live *P. falciparum*-infected erythrocytes selected for cytoadhesion
A monoclonal antibody against glycophrin A, was used as a control antibody for surface staining of a host erythrocyte membrane protein. There are around a million copies of the glycophrin A 36 kDa trans-membrane sialoglycoprotein on the red blood cell surface [22]. Figure 1 (plates a1 and a2) shows live staining of two intact infected erythrocytes of unselected FCR3 with the anti-glycophorin A antibody, detected with Alexa®568-conjugated anti-mouse IgG. Glycophorin A staining appears uniform across the surface of these intact, infected erythrocytes selected for cytoadhesion. All plates in the odd numbered series show the DIC shadow-cast image of with the fluorescence image superimposed. All even numbered plates show the fluorescence image alone. The a series shows antibody binding to unselected *P. falciparum* FCR3 infected erythrocytes. Plates in the b series show *P. falciparum* FCR3 infected erythrocytes which have been pre-selected for adhesion to BeWo cells. Before preparation for microscopy magnetically purified cells were seeded with control uninfected erythrocytes. The antibodies used in each row of images are indicated on the left. Scale bar 5 μM.

**Figure 1**

Specific fluorescent antibody labelling of surface antigens on live *P. falciparum*-infected erythrocytes selected for cytoadhesion. All plates in the odd numbered plates show the DIC shadow-cast image of with the fluorescence image superimposed. All even numbered plates show the fluorescence image alone. The a series shows antibody binding to unselected *P. falciparum* FCR3 infected erythrocytes. Plates in the b series show *P. falciparum* FCR3 infected erythrocytes which have been pre-selected for adhesion to BeWo cells. Before preparation for microscopy magnetically purified cells were seeded with control uninfected erythrocytes. The antibodies used in each row of images are indicated on the left. Scale bar 5 μM.
Figure 2
Specific co-staining of *P. falciparum* infected erythrocyte surface and internal antigens. All plates in the odd numbered plates show the DIC shadow-cast image of with the fluorescence image superimposed. All even numbered plates show the fluorescence image alone. The a series shows antibody binding to unselected *P. falciparum* FCR3 infected erythrocytes. Plates in the b series show *P. falciparum* FCR3 infected erythrocytes which have been pre-selected for adhesion to BeWo cells. Before preparation for microscopy magnetically purified cells were seeded with control uninfected erythrocytes. The antibodies used in each row of images are indicated on the left. Scale bar 5 μM.

Specific detection of the VAR2CSA PfEMP1 on FCR3/BeWo cells is also shown in Figure 1. Both infected (plate b1, right cell), and uninfected erythrocytes (plate b1, left cell) are intact and recognized by the anti-glycophorin A antibody. Plates b3 and b4 illustrate the specific reactivity of the anti-VAR2CSA antibody with the surface of FCR3/BeWo cells. Plates b5 & b6 show that the intra-cellular PfEMP1 domain is, as expected, not accessible to the anti-Exon 2 antiserum in live, infected erythrocytes (the bottom right cell in plate b5 is uninfected). Plates b7 & b8 show that co-incubating FCR3/BeWo with anti-glycophorin A and anti-VAR2CSA antibodies results in double staining of the infected erythrocytes but glycophorin A staining alone on the uninfected erythrocyte (centre top in plates b7 & b8). Due to the proximity of host and parasite surface antigens on the erythrocyte membrane, there is significant co-localization of the two fluorochromes (rendered as yellow 'false' staining), the result of both Alexa*®*568 (Glycophorin A) and Alexa*®*488 (VAR2CSA) derived photons being detected in the same image pixels.

Validation of antibody and labelling specificity of co-stained surface and internal PfEMP1 antigens in *Plasmodium falciparum* infected erythrocytes.

Figure 3
Summary of the validation experiments demonstrating specific labelling and distribution of surface and internal PfEMP1 antigens in *Plasmodium falciparum* infected erythrocytes.
staining. Because this antibody binds a conserved epitope in the intra-cellular domain of all PfEMP1 antigens, it detects any PfEMP1 antigen synthesized by a *P. falciparum*-infected cell. Glycophorin A/Exon 2 co-staining of FCR3/BeWo cells expressing surface VAR2CSA protein (plates b1 & b2) thus shows the same internal staining phenotype as that seen in unselected but parasitized erythrocytes.

When surface staining for the VAR2CSA antigen, unselected FCR3 infected erythrocytes are negative, although they are positive for internal PfEMP1 antigen (Figure 2) (plates a3 and a4). By contrast, FCR3/BeWo parasites are surface stained by the anti-VAR2CSA antibody (plates b3 & b4). Absence of surface reactivity of the anti-Exon 2 antibody with all parasitized erythrocytes is confirmed in plates a5-a6 & b5-b6.

Triple staining of surface and internal antigens can also be achieved. Figure 2 (plates a7-a8) shows unselected FCR3 infected erythrocytes reacted with the two surface-specific antibodies followed by internal staining of intracellular PfEMP1. These cells are positive for glycophorin A, negative for VAR2CSA and positive for internal PfEMP1 antigens. By contrast, FCR3/BeWo parasites are positive for VAR2CSA (green), glycophorin A (red) and Pacific Blue (internal PfEMP1). Since glycophorin A and VAR2CSA co-localize to the FCR3/BeWo infected erythrocyte surface membrane, yellow false colouring indicates emission from both fluorochromes being detected in the same image pixels. The results of all the methodological validation experiments are summarized in Figure 3.

**Confocal optical sectioning infected erythrocytes with fluorescence labelled VAR2CSA and ethidium bromide stained DNA**

Figure 4 illustrates the resolution of surface detectable PfEMP1 on the erythrocyte membrane obtained using this methodology to assess membrane loading of PfEMP1 during asexual parasite development. The image shows the ‘surface of best focus’ [24] of four *P. falciparum*-infected (FCR3/BeWo) erythrocytes surface stained with anti-VAR2CSA antibodies in the presence of ethidium bromide, allowed to settle onto a poly-L-lysine coated microscope slide. This picture is a composite of 150 nanometre spaced optical sections carried out using the z-dimensional stacking function of the microscope. Each optical section, from the basal erythrocyte surface adhering to the poly-L-lysine coated slide, up through the cell to the top surface, is shown in Figure 5.

The photonic emission from laser-excited fluorochrome on the detection antibody, varies in intensity as the inverse of the square of the distance from the source to the detector. The intensity of light emitted from point sources on the erythrocyte surface membrane thus increases as the distance to the optical plane decreases and diminishes as the point source recedes during the optical sectioning. There is no internal labelling of the intact parasitized erythrocytes with the antibody, although the erythrocyte membrane is permeable to the nucleophilic dye, ethidium bromide. As the optical sectioning (Fig. 5) reaches the middle of the erythrocyte, the punctuate anti-PfEMP1 staining marks out a circumference, giving the characteristic ‘necklace-of-beads’ pattern of staining associated with fluorescence labelled anti-PfEMP1 antibodies reacting with punctuate, dispersed structures on erythrocyte surface membrane.

Division of the parasite nuclear material is exceptionally well displayed in Figure 4. This helps in correlating the relationship between the development of the parasite and the amount of surface expression of PfEMP1 (see also Fig.
5). The top two infected erythrocytes shown in Figure 4 are relatively early stage trophozoites. The bottom cell is a late trophozoite/early schizont in which four distinct nuclei are about to become separate. The lower middle cell is clearly a late schizont, in which 13–14 nuclear bodies are in the process of what appears to be near-synchronous division. Interestingly, the amount of surface labelled VAR2CSA does not appear to significantly differ between these different developmental stages of blood stage *P. falciparum*. The optical sections shown in Figure 5 demonstrate that this equivalence is not simply an artefact of the strong schizont nuclear fluorescence masking surface PfEMP1-derived fluorescence, as the equivalence of staining intensity is a surface property which is visible before interference by nuclear fluorescence becomes apparent.

**Surface PfEMP1 accumulation during parasite development**

Figure 6 (plate 6a) shows the DIC images of three parasitized erythrocytes (3D7 lineage) containing, from right to left, progressively larger haemozoin granules. These cells have been surface stained as live cells, then fixed for visualization of surface and internal and internal antigen staining. Plate 6c shows the blue DAPI-stained parasitized cells are, from left to right, uninucleate, binucleate and hexanucleate. The two methods of estimating the developmental stage correlate well and the fixed *P. falciparum*...
ever, in these infected erythrocytes (expressing PfEMP1 than dinucleate early schizonts (Figure 6b). How-

cleate infected cells can have as much or more surface

morphological markers of the age of the parasite. Uninu-

surface detectable PfEMP1 is often not directly related to

like those shown in Figure 4, indicate that the amount of

DAPI nuclear stained fluorescence image. These images,

shows the PfEMP1 surface stained image merged with the

resolution of the surface fluorescent staining

cates Alexa®488 labelled, surface-exposed Group A-type

yclonal anti-PfEMP1 antiserum. Green fluorescence indi-

fixation with anti-VAR4 antibodies to a Group A type-

Plate 6b shows the results of live staining the cells before

infected erythrocytes are clearly an early trophozoite, an

ey early schizont and a mid-stage schizont, respectively.

Plate 6b shows the results of live staining the cells before

fixation with anti-VAR4 antibodies to a Group A type-
PfEMP1, followed by internal staining with the same pol-

cyclonal anti-PfEMP1 antiserum. Green fluorescence indi-
cates Alexa®488 labelled, surface-exposed Group A-type

PfEMP1. The resolution of the surface fluorescent staining
allows comparison of the stage of parasite development
with the amount of surface labelled Var4 PfEMP1 (green Alexa®488

fluorescence). Red Alexa®568 fluorescence indicates intra-
cellular reaction with the anti-PfEMP1 antisera. Nuclei are

stained with DAPI. Scale bar 5 μM.

Figure 6
Visualizing surface Var 4 PfEMP1 at different stages
of parasite development. Surface and internal staining of
Var4-type PfEMP1 antigens on the erythrocyte surface and
within the parasitized cell. 3D7 infected erythrocytes are
shown at three different stages of development with different
amounts of surface labelled Var4 PfEMP1 (green Alexa®488
fluorescence). Red Alexa®568 fluorescence indicates intra-
cellular Var4 antibody, with intracellular reactivity detected using
Alexa®568 red conjugated secondary antibody. The sec-

ondary staining of intracellular PfEMP1 indicates that
most of this material may still be within the parasitopho-
rous vacuole membrane, even in schizonts, although
more marker antigens are required to confirm this locali-

Figure 6 also shows fluorescence derived from antibodies
reacting with internal sources of PfEMP1 in the fixed cells.
Plate 6d shows the results of staining with polyclonal anti-

VAR4 antibody, with intracellular reactivity detected using
Alexa®568 red conjugated secondary antibody. The sec-

ondary staining of intracellular PfEMP1 indicates that
most of this material may still be within the parasitopho-
rous vacuole membrane, even in schizonts, although
more marker antigens are required to confirm this locali-

zation. Plates 6e and 6f show merging of the Alexa®488
green surface PfEMP1 staining with the Alexa®568 red

intra-cellular PfEMP1 staining, superimposed on the fluo-
encescence and DIC images respectively.

Discussion
This novel fluorescence labelling method gives improved
detection and resolution of erythrocyte surface exposed
antigens and a tool to correlate surface antigen distribu-
tion with intracellular antigen distribution. The use of
antibodies against VAR2CSA and a Var4 type PfEMP1 con-
firms that surface-exposed epitopes of these PfEMP1 anti-
gens first appear on the surface of the infected erythrocyte
membrane in the early trophozoite stages of both the
FCR3 and 3D7 parasites used in this study. However, it
remains unclear for how long PfEMP1 continues to be
deposited into the erythrocyte membrane and how the
cytadhesion complex is actually assembled.

It has been proposed that the surface distribution of
PfEMP1 on the erythrocyte membrane is not a continuous
process but limited to a period following the onset of tro-
phozoite stage. Such a ‘trophozoite-limited’ PfEMP1 load-
ing model was first proposed to explain data showing a
lack of replenishment of surface PfEMP1 following sur-
face trypsinization [25] In the present study, FCR3/BeWo
parasites did not show a significant increase in the
amount of the VAR2CSA PfEMP1 present on the erythro-
cyte surface, between early trophozoite and late schizont
stages (Figure 4). This observation is consistent with the

hypothesis of a ‘trophozoite-limited’ and relatively nar-
row time window of PfEMP1 membrane loading.

However, the results of the study on surface exposure of
Var4 type PfEMP1 on 3D7 lineage cells show a different
relationship between parasite stage and amount of surface
PfEMP1. In these experiments, an approximate equality in
the amount of surface-exposed PfEMP1 present on all
post-trophozoitic stages was not observed (Figure 6).
Older schizonts showed considerably more surface
PfEMP1. This implies that, at least for var4 PfEMP1 load-
ing on 3D7 lineage parasites, the process is more continu-
ous and continues into the later stages of development of
P. falciparum. This opens the possibility that there are iso-
late and/or PfEMP1 antigen-specific differences in the
kinetics of surface adhesion appearance.
These experiments with this novel surface antigen labeling methodology indicate that a degree of uncertainty exists in our knowledge of parasite adhesion, which has implications for malaria pathogenesis and adhesion-blocking therapies. During the course of malaria parasite development, is there a short phase of deposition of PfEMP1 antigen onto the erythrocyte surface which rapidly precipitates tissue sequestration? Or alternatively, is there a longer period of membrane loading of PfEMP1, continuing after endothelial sequestration? The former implies that adhesion antigens may not be a long-lived target for adhesion blocking antibodies. The latter would imply that increasing quantities of surface PfEMP1 and increasing numbers of adhesion complexes may be necessary to maintain sequestration, as the mass of the developing parasite increases during schizogony. It may be necessary to move beyond the idiosyncratic behaviour of long term laboratory cultured isolates and investigate these issues in P. falciparum samples taken directly from human clinical infections.

Conclusion
A novel method for combining surface labelling of live, intact cells with subsequent fixation and permeabilization for internal staining achieves significantly improved resolution of fluorescence-labelled surface and intracellular antigens in P. falciparum infected erythrocytes.

Authors’ contributions
DEA and DB conceived the study, which was largely carried out by DB. KMS helped design the studies and carried out parasite culture and manipulation. AS, ARTJ, LJ, LT and TGT discussed experiments and results and provided antibodies and reagents. DEA wrote and then edited the manuscript. All authors discussed the data and helped finalize the manuscript. All authors read and approved the final manuscript.

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