Research Article

Reactive Oxygen Species in Planarian Regeneration: An Upstream Necessity for Correct Patterning and Brain Formation

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Recent research highlighted the impact of ROS as upstream regulators of tissue regeneration. We investigated their role and targeted processes during the regeneration of different body structures using the planarian Schmidtea mediterranea, an organism capable of regenerating its entire body, including its brain. The amputation of head and tail compartments induces a ROS burst at the wound site independently of the orientation. Inhibition of ROS production by diphenyleneiodonium (DPI) or apocynin (APO) causes regeneration defaults at both the anterior and posterior wound sites, resulting in reduced regeneration sites (blastemas) and improper tissue homeostasis. ROS signaling is necessary for early differentiation and inhibition of the ROS burst results in defects on the regeneration of the nervous system and on the patterning process. Stem cell proliferation was not affected, as indicated by histone H3-P immunostaining, fluorescence-activated cell sorting (FACS), in situ hybridization of smedwi-1, and transcript levels of proliferation-related genes. We showed for the first time that ROS modulate both anterior and posterior regeneration in a context where regeneration is not limited to certain body structures. Our results indicate that ROS are key players in neuroregeneration through interference with the differentiation and patterning processes.

1. Introduction

Reactive oxygen species (ROS) exert a dual role in cells, tissues, and organs [1–3]. On the one hand, diverse pathologies such as neurodegeneration, cardiovascular malfunctioning, and cancer are associated with a disturbed redox balance. On the other hand, the cellular redox signaling also modulates various physiological processes including immunity, development, neurological functioning, wound healing, and angiogenesis [1, 2, 4, 5]. Although many recent studies have extensively investigated this dual role of the redox signature, it remains unclear which redox characteristics direct cells towards a positive or negative outcome.

ROS were recently put forward as early signals in the induction of tissue regeneration [6, 7]. Regeneration is the ability to restore damaged or lost structures without the formation of scar tissue and with complete functional integration in the preexisting body parts. Many organisms can regenerate in early live stages, especially as embryos or larvae, but lose this ability during metamorphosis, puberty, and aging [8]. Some animals maintain excellent regeneration capacities throughout their adult lives, but this varies greatly between species, from invertebrates such as planarians and Hydra to vertebrates including Xenopus species and axolotl, and between tissues within the same organism. For example,
the human liver and skin have good regenerative capacities while neuroregeneration is almost nonexistent in the human body [9-11]. Many studies show that regenerative animals are less vulnerable to aging and are less likely to develop tumors [8, 12-14]. As such, these animal models are crucial to fully understand the regeneration process to overcome or reverse unwanted diseases. Until now, molecular pathways activated during regeneration were extensively studied, but upstream signals remain poorly understood. In 2013, both Love and Gauron described an amputation-induced ROS response during tail regeneration in Xenopus and zebrafish, respectively, showing a rapid increase in ROS levels, specifically hydrogen peroxide (H$_2$O$_2$), at the wound site. Interfering with the ROS burst via NADPH oxidase (NOX) inhibitors impaired regeneration [6, 7, 15]. Accumulating evidence suggests that controlling the intra- and extracellular redox balance holds the answer for the treatment of multiple conditions. de Barros and colleagues (2013) showed that manipulation of ROS signaling (using hypoxic preconditioning) increases the angiogenic capacities of human adipose stroma/stem cells, thereby improving their application in medical therapies [16].

Redox alterations appear crucial in (re-)directing cellular outcomes. In the current study, redox characteristics are linked with stem cell behavior and regeneration, which is essential information that can be used for several (regenerative) applications. A population of pluripotent stem cells, called neoblasts, provides planarians with an unlimited regeneration capacity as they are able to regenerate entire body structures in a matter of days [17-26]. These animals can even regenerate their central nervous system, including the cephalic ganglia, which is a unique ability which only a few species possess [20]. This makes planarians such as Schmidtea mediterranea interesting model organisms in regeneration research, especially concerning the process of neuroregeneration [27]. The importance of ROS signaling for correct neuroregeneration was already hypothesized in multiple studies, both in vivo and in vitro [28-34]. For example, dual oxidases (DUOX)-mediated ROS production is associated with the differentiation of neuronal stem cells [3, 30, 35, 36], whereas in C. elegans, a mutation in the peroxidasin (pxn-2) gene, which encodes an extracellular peroxidase, results in improved regeneration capacities of mechanosensory axons [37]. Rieger and Sagasti showed that increased hydrogen peroxide levels at the wound site are necessary for peripheral sensory axon regeneration following skin injury in zebrafish larvae [32]. However, these studies still leave some important questions unanswered since they investigated neither the role of redox signaling on regeneration of the central nervous system nor the role of ROS on neuroregeneration in the context of whole body structure regeneration due to limitations of their chosen model system/organism. The remarkable regenerative capacity of planarians makes it is possible to study the importance of ROS production on neuroregeneration as well as on the regeneration of different body structures, thereby comparing both anterior and posterior regeneration. We hypothesize that ROS signaling is necessary not only for posterior regeneration, as indicated by recent studies [6, 7], but also for the regeneration of anterior-situated body structures and more specifically for the formation of a functionally integrated brain. In the current study, we investigated the downstream effects of an impaired ROS burst on both anterior and posterior regeneration in the planarian S. mediterranea.

2. Materials and Methods

2.1. Planarian Cultivation. Asexual strains of the freshwater planarian S. mediterranea were maintained in deionized and distilled water containing 1.6 mM NaCl, 1.0 mM CaCl$_2$, 1.0 mM MgSO$_4$, 0.1 mM MgCl$_2$, 0.1 mM KCl, and 1.2 mM NaHCO$_3$. The animals were continuously kept in the dark at a temperature of 20°C and were fed once a week with calf liver. Prior to experiments, the worms were starved for at least 7 days [38].

2.2. Experimental Design. Since homologue NOX or DUOX enzymes have not yet been identified in this species, we used two types of ROS inhibitors to test our hypothesis. Diphenyleneiodonium chloride (DPI, Sigma Aldrich, D2926) is a nonspecific flavoprotein inhibitor which interferes with many different electron transporters [3, 39]. Apocynin (APO, 4′-hydroxy-3′-methoxy-acetophenone, Sigma Aldrich, A10809) inhibits the NOX enzymes, acting on the translocation of the cytoplasmic subunits of the enzymes [39, 40]. As such, a maximum reduction of ROS levels during regeneration is ascertained to explore the effects of impaired ROS signaling. After an initial range-finding experiment, we chose to expose the animals to 2 or 3 μM DPI, depending on the type of experiment and time points of interest or to 400 μM APO. Animals were incubated for 1 hour prior to amputation or staining and exposed during regeneration. Experiments were performed on regenerating head, trunk, and tail fragments, unless described otherwise (Figures 1–3). DPI and APO solutions were prepared in 0.01% dimethylsulfoxide (DMSO, Sigma Aldrich, 471267) and a DMSO control group was added to each experiment to investigate possible effects of DMSO exposure. DMSO is a solvent which is regularly used to dissolve hydrophobic compounds. However, in higher concentrations, DMSO is known to influence cell proliferation and have neurotoxic characteristics in S. mediterranea [38]. Therefore, we used the lowest concentration of DMSO possible to dissolve both DPI and APO and always added a DMSO-exposed control group.

Buthionine sulfoximine (BSO, Sigma Aldrich, B2515) and oligomycin A (OMA, Sigma Aldrich, 75351) were used to investigate the effects of ROS overproduction during regeneration. A series of concentrations of both substances were used to evaluate the effects of the exposure. Regenerating head, trunk, and tail fragments (n = 5) were exposed to either 1 mM and 5 mM BSO or 0.1 μM, 0.5 μM, and 1 μM OMA. Intact animals (n = 3) experienced an exposure to 10 mM BSO and 0.05 μM, 0.1 μM, 0.5 μM, 2 μM, and 5 μM OMA. Control groups exposed to either the cultivation medium or 0.05% DMSO were also included during the phenotypical observation. Animals were observed...
Figure 1: Visualization of ROS levels using carboxy-H$_2$DCFDA, 30 minutes post amputation. For each condition a representative image of the entire animal is shown followed by close-ups of both the anterior and posterior wound sites as bright field (upper) and fluorescence (lower) images. (a) ROS levels in regenerating head parts. ROS were produced at the amputation site in control animals (10 out of 13 (10/13) heads displayed fluorescence at the wound site), while ROS levels were visibly diminished in DPI (4/6 displayed diminished fluorescence) and APO-exposed organisms (2/3 displayed diminished fluorescence). (b) ROS levels in regenerating trunks. Amputation-induced ROS were produced at both the anterior and posterior wound site of the control trunk fragment (10/13 trunks displayed fluorescence at the anterior wound sites and 11/13 trunks displayed fluorescence at the posterior wound sites). During DPI and APO exposure, ROS levels were visibly reduced at both amputation sites (DPI: 5/5 displayed diminished fluorescence at the anterior wound sites and 4/5 displayed diminished fluorescence at the posterior wound sites; APO: 3/4 displayed diminished fluorescence at the anterior wound sites and 4/4 displayed diminished fluorescence at the posterior wound sites). A close-up of each wound site is pictured with first the anterior wound site and next the posterior wound site. (c) ROS levels in regenerating tails. ROS are produced at the anterior amputation site (8/10 tails displayed fluorescence at the wound site). DPI and APO exposure reduced ROS levels at the anterior wound site (DPI: 5/7 displayed diminished fluorescence; APO: 2/3 displayed diminished fluorescence). A close-up is shown of each anterior wound site. ROS production in control animals was studied in at least 10 individual fragments. Animals were exposed to 3 μM DPI (n ≥ 5) or 400 μM APO (n ≥ 3) administered in the cultivation medium. All animals were exposed for at least one hour before the staining procedure. Scale bars total image: 200 μm, scale bars close-ups: 400 μm.
for 4 weeks; every 2 weeks the planarians were fed and the exposure solutions were replaced.

2.3. Reactive Oxygen Species (ROS) Detection. The compound 5-(and-6)-carboxy-2',7'-dichlorodihydrofluorescein diacetate (carboxy-H$_2$DCFDA, Image-iT LIVE Green Reactive Oxygen Species Detection Kit, Molecular Probes, Invitrogen, I36007) was used to visualize the production of ROS in vivo. We were especially interested in the ROS production at the amputation site of the planarians. Fluorescent carboxy-DCF is produced through ROS oxidation. Planarians were exposed to 3 μM DPI or culture medium for 5 hours prior to staining. Next, the planarians were incubated in carboxy-H$_2$DCFDA (25 μM, 1 mL), which was dissolved in their exposure solution, for 1 hour prior to amputation. Amputated animals were again exposed to carboxy-H$_2$DCFDA for 15 minutes before immobilization using 0.03% MS222 (ethyl 3-aminobenzoate methanesulfonate, Sigma Aldrich, E10521) and 1% low melting point agarose (Invitrogen). Since the visualization of the ROS production was performed on living organisms, not every image was of sufficient quality due to movement of the animals. Although small differences in fluorescence between anterior and posterior sites may be observed in the selected pictures, no such pattern was
detected in the overall observations. Fluorescence detected outside the animal is derived from cells detached from the wound site, as a consequence of the movement. Confocal imaging was performed 30 minutes post amputation using a Zeiss LSM510 META (Carl Zeiss, Jena, Germany) mounted on an Axiovert 200 M (Laser: 488 nm; Filter: BP 500–550 IR; Beam splitters: MBS: HFT 488, DBS1: mirror, DBS2: NFT 490). Quantification of the observed fluorescence was performed using ImageJ (v1.49p, National Institute of Health) and the total pixel intensity at the wound site was normalized to the body size of the animals which was also determined using ImageJ (v1.49p, National Institute of Health).

2.4. Immunohistochemistry. Regenerating planarians were fixed and processed as previously described [41]. Primary antibodies used were 3C11 (anti-SYNORF-1, Developmental Studies Hybridoma Bank, dilution 1:50), anti-phosphoserine 10 Histone H3 (H3P, Millipore, dilution 1:600), and anti-SMEDWI-1 (1:1500; Guo et al., 2006 [42]; März et al., 2013 [43]). Secondary antibodies used were Alexa 488-conjugated goat anti-mouse (Molecular Probes, dilution 1:400) and Alexa 568-conjugated goat anti-rabbit (Millipore, dilution 1:500). To determine the mitotic activity of the stem cells, the total number of mitotic neoblasts was normalized to the body size of the animals before sampling. Nuclear counterstaining was performed using DAPI (1μg/mL) overnight at 4°C. The animals were examined with fluorescence microscopy performed with a Nikon Eclipse 80i (Nikon Instruments, Melville, USA) and confocal imaging was performed using a Zeiss LSM510 META (Carl Zeiss, Jena, Germany) mounted on an Axiovert 200 M (Laser: 488 nm; Filter: BP 500–550 IR; Beam splitters: MBS: HFT 488, DBS1: mirror, DBS2: NFT 490), and a Leica TCS-SPE (Leica, Heidelberg, Germany).

2.5. Fluorescence-Activated Cell Sorting. Planarian dissociation and cell population analysis were performed as described before [44] with small adjustments. The planarian worms were incubated in 2% L-cysteine HCl (plus 5 M NaOH until pH 7.0) for 2 minutes at room temperature and washed with CMFH (25.6 mM NaH2PO4·2H2O, 142.8 mM NaCl, 102.1 mM KCl, 94.2 mM NaHCO3, 0.1% BSA, 0.5% glucose, 15 mM Heps, and pH 7.2) before being amputated into small pieces (in 250 μL CMFH). Papain solution (30 U/mL CMFH) was added for cell dissociation (1 hour at 26°C). Next DNase I and Trypsin inhibitor were added before cells were filtered (35 μm), collected through centrifugation (350 g, 5 minutes), and resuspended in CMFH plus Calcein AM (1:20000; 2 hours of incubation at room temperature, shaking). Ruby was added 30 minutes before flow cytometry analysis using a BD FACSAria II Cell Sorter.

2.6. In Situ Hybridization. To perform whole mount in situ hybridizations, animals were fixed in the same way as with the immunochemistry procedures. Animals were rehydrated through a series of ethanol washes and treated with 20 μg/mL protease K (Ambion)/PBST for 5 minutes at 37°C. The protease K/PBST was removed with two 5/8 Holtfreter washes and the animals were exposed to 4% paraformaldehyde (PFA)/(5/8) Holtfreter. Tissues were acetylated by incubation in 0.1M TEA after which 2 × 25 μL of acetic anhydride was added. The animals were washed with PBS before being incubated in prehybridization buffer for at least 1 hour at 56°C. Hybridization was carried out for at least 16 hours at 56°C in hybridization buffer. Afterwards, samples were washed through a series of posthybridization buffers and buffer I (0.01 M maleic acid, 0.15 M NaCl, 0.15 M NaOH, and pH 7.5) and next blocked in Buffer II (Buffer I with 1% Blocking Solution). Samples were incubated at RT for 3 hours in 1:2000 anti-DIG/Buffer II.
The antibody was removed by washing with Buffer I. Colour development was performed by incubation of the samples in 20 μL/mL NBT/BCIP at RT. When the colour reaction was complete, the animals were washed with PBS and fixed in 4% PFA/PBS. A series of ethanol washes was performed to optimize the colour development [45, 46]. The RNA in situ probes were synthesized using the DIG RNA labeling kit (Sp6/T7, Roche) following manufacturer’s instructions (smed-wi-1, forward primer: GTGACGCAGAAGACGAAAG, reverse primer: TTGGAATGCCCATCTTGG; smed-gpas, forward primer: GCGGAAAGGACCATGAAAG, reverse primer: CGACTTCGTAGCACATCCTG [23]; smed-sfr-1, forward primer: AATGTCGAGATTGACTGG, reverse primer: /CGATTGGTGATGTTGACT [47]; smed-notum, forward primer: CGAGTGGTTTGCTGGTCTGG, reverse primer: CGTGGAGTCGTTGATTGTTG [48]; smed-fz-4, forward primer: TGTGTTGGGGGGGATTGTTTG, reverse primer: GGGTCTGGTTCTCTCTT [48]. Fluorescent in situ hybridization was performed using the protocol published by King and Newmark [49]. The number of stained cells in the prepharyngeal area was determined using the Cell Counter plugin of ImageJ and the number of positive cells was normalized to the surface area of the prepharyngeal region. Bright field images were digitized on a Nikon SMZ800 (Nikon Instruments, Melville, USA) using a DFK 41AF02 camera (The ImaginSource, Bremen, Germany) or using a ProgRes C3 camera (Janoptik, Jena, Germany). Confocal imaging was performed using a Zeiss LSM510 META (Carl Zeiss, Jena, Germany) mounted on an Axiovert 200 M (Laser: 488 nm; Filter: BP 500–550 IR; Beam splitters: MBS: HFT 488, DBS: mirror, DBS2: NFT 490), and a Leica TCS-SPE (Leica, Heidelberg, Germany).

2.7. qPCR. RNA or DNA was isolated using a phenol-chloroform extraction procedure [50] and was precipitated with Na-acetate and 70% ethanol. Nucleotide concentrations were assessed on the NanoDrop ND-1000 spectrophotometer (NanoDrop Technologies). For RNA samples, genomic DNA was removed with the Turbo DNA free kit (Ambion). cDNA was synthesized using the Superscript III First-Strand DNA was synthesized using the Abi PRISM 7900 (Applied Biosystems) reaction kit following manufacturer’s instructions. SYBR Green (Applied Biosystems) was used to visualize nonspecific ROS levels, since no signal was observed (2 μM) head fragments. Genes used to measure mtDNA were cyb (cytochrome b, forward primer: TGTTCTC- TTTGAGGAGCTACTG, reverse primer: CCACCTCAC- AACCCTCAAC) and col (cytochrome oxidase subunit 1, forward primer: CTGTTATGATTGAGGATTTTG, reverse primer: CATATTATTAGCCAGGAAAG), while the nDNA was measured using alasi (aminolevulinate, delta-synthase 1, forward primer: ATACCGGAAACGATC- CAAAC, reverse primer: AGTCTATCCACCCAGGCAGA- GA), cat (catalase, forward primer: TTTCTAGAACAA- CCGATAAG, reverse primer: TTTCATTCTTCCGC- CAAAC), and smed-NB.11L (novel gene, forward primer: GTCTCCGCAAAATCAAGTA, TTTCATGCAATCTGC- TTTG). Analyses were performed in a similar way as the qPCR experiments.

2.8. Statistics. After normality was checked, groups were statistically compared using either one-way ANOVA analyses or the Kruskal-Wallis test. p values less than 0.1 were considered significant. The statistical analyses were performed using R 3.0.2.

3. Results and Discussion

Recent studies show that ROS are able to modulate the process of regeneration. Before these findings can be extrapolated to regenerative and therapeutic applications, information must be gathered on the specific role and downstream targets of ROS. Our results supplement previous findings as we investigated the effects of an impaired ROS burst on processes such as proliferation, differentiation, and patterning. We used an organism with unlimited regenerative capacities, the planarian Schmidtea mediterranea, and compared the effects of a decreased ROS burst on both anterior and posterior regeneration [17–26].

3.1. Reactive Oxygen Species Are Produced during Wound Healing. To evaluate the ROS burst during both anterior and posterior regeneration, organisms were amputated along two planes, one in front and one behind their pharynx, creating three individual organisms (head, trunk, and tail) as illustrated in the figures. We used carboxy-H2DCFDA to visualize nonspecific ROS levels, a ROS detection method which has been applied in various experimental conditions, including in regeneration contexts [6, 54]. The observed ROS production at the wound sites (Figure 1) correlated with the results shown in zebrafish and Xenopus studies [6, 7]: a rapid ROS production at the wound sites within minutes after amputation (Figure 1). The orientation of the wound did not influence the intensity of the amputation-induced ROS burst, but the ROS burst at both wound sites of the trunk fragments was less intense compared to the ROS-induced fluorescence at the wound sites of the head and tail fragments (Figure 1; supplementary Figure 1A). The signal was diminished in all body fragments after exposure to two different types of inhibitors, diphenyleneiodonium (DPI, a nonspecific flavoprotein inhibitor) and apocynin (APO, an inhibitor of NOX-like enzymes) (Figure 1). In Figure 1, a representative fragment of each group is shown. The observed signals are not the result of nonspecific autofluorescence, since no signal was observed.
detected in the unstained control fragments (supplementary Figure I(B)).

3.2. Amputation-Induced ROS Are Needed for Proper Blastema Formation. The amputation-induced ROS burst is crucial for successful regeneration (Figure 2). Both ROS inhibitors DPI and APO noticeably reduced fluorescent signaling of ROS at all the different wound sites (Figures I(a)–I(c), supplementary Figure I(A)) causing improper regeneration of all fragments, similar to the observed tail regeneration defaults in Xeno-
pus and zebrafish studies [6, 7]. Although no differences in ROS production were observed between anterior and posterior wound site, ROS inhibition was most effective in the head fragments (supplementary Figure I(A)). This correlates with the observed differences in vulnerability between the different body fragments. Head fragments were more susceptible (especially to DPI exposure) in comparison to trunks and tails resulting in higher mortality rates and more significant effects on the regeneration capacity (Figure 2).

In the regenerating head fragments, we investigated the effects of the DPI exposure on the redox balance via gene expression analyses and noticed that not only prooxidant levels, but also antioxidant levels were affected as shown by the upregulation of the antioxidative enzyme CuZnSOD at 72 HPA (hours post amputation, \( p = 0.016 \), Figure 3, supplementary Table 1).

Regeneration defects due to the diminished ROS burst include reduced blastema sizes, lack of photoreceptor formation, and loss of preexisting photoreceptors (Figures 2(a) and 2(c)), phenotypes which were observed in each body fragment exposed during regeneration (total number of DPI-exposed fragments over various experiments = 293). DPI-induced defects on blastema size as well as lethality were more profound in comparison with the observed defects in APO-exposed animals. The more severe defects caused by DPI could be explained by the nonspecificity of the compound (Figure 1). While APO specifically blocks NOX-like enzymes, DPI can also disturb other sources of ROS production, like the mitochondrial respiratory chain [55, 56]. Therefore, we investigated whether DPI exerted an effect on regeneration via interference with the mitochondrial metabolism, which is linked with mitochondrial abundance [57]. No effect of DPI exposure was detected on the mitochondrial abundance (supplementary Figure 2); therefore it seems that the number of mitochondria and their metabolic functioning is not influenced by the inhibition of the amputation-induced ROS burst.

Although a decreased ROS level at the wound site resulted in a failure of regeneration, a disturbance of the redox balance in favor of ROS production did not affect the regenerative capacity. Exposure to two types of ROS-promoting compounds, buthionine sulfoximine (BSO, inhibitor of gamma-glutamylcystein synthetase, thereby inhibiting glutathione synthesis) and oligomycin A (OMA, inhibitor of ATP synthase) did not cause any noticeable regeneration defects or phenotypical abnormalities in intact animals, although an overproduction of ROS at the wound site was observed (supplemen-
tary Figure 3). These data demonstrate that although regenerating organisms need ROS signaling for correct regeneration, they are able to cope with increased ROS levels without any regeneration defaults, probably through the activation of the antioxidative systems and DNA repair machineries in the stem cells [58].

In intact organisms, similar effects were detected. Also in these animals, the anterior region was most vulnerable to redox manipulations (i.e., less ROS production). A DPI exposure resulted in a regression of the heads and animals exposed to APO developed lesions at their head region after approximately 7 days of exposure (Figure 2(b)). Long-term exposure (≥7 days) to both inhibitors eventually resulted in death of the animals. The increased vulnerability of the head regions and fragments might be the result of ROS production in the brain as we observed ROS-induced fluorescence in neuronal-like structures (supplementary Figure I(C)). Therefore, we investigated the effects of an inhibition of neuronal-derived ROS by diminishing the expression of monoamine oxidase (mao), an enzyme that produces ROS as a side product of neurotransmitter degradation [59, 60], through RNA interference (RNAi). Although the mao knockdown did not result in an impaired regeneration, it was lethal for regen-
erating head pieces and resulted in the formation of lesions in the head region of intact animals and in regenerating trunk and tail pieces (supplementary Figure 4), comparable to the phenotypic effects caused by APO exposure. The dissimilar effects of mao(RNAi) and DPI/APO exposure on blastema formation might be due to the restricted localization of the ROS production in the neurons or the limited effects of the RNAi treatment on neuronal maintenance.

Overall, since DPI induced the strongest ROS decrease resulting in the most severe phenotypical effects in both regenerating and intact organisms, we continued with DPI in the following experiments to further investigate the impact of an impaired ROS burst on key processes involved in regeneration (proliferation, differentiation, and patterning).

3.3. Reduced ROS Levels Do Not Affect Wound Closure. Although the inhibited ROS production clearly affected blastema formation, DPI exposure did not influence wound closure or early phases of regeneration (Figure 4(a)). To investigate the time point at which ROS signaling is necessary for correct regeneration to proceed, we exposed regenerating planarians at different time points during regeneration, either before or after amputation. Exposure to the inhibitor 1 hour before amputation or 30 minutes, 1 hour, and even 24 hours post amputation all resulted in a similar blastema size reduction (Figure 4(b)). When we exposed the animals before amputation (BA) but placed them in culture medium in absence of the inhibitor during the regeneration process, the exposed animals were able to form a normal blastema (Figure 4(b)). These data suggest that although the ROS burst is present within minutes after the amputation, the necessity of ROS signaling for successful regeneration happens at a later time point (later than 24 HPA).

3.4. Reduced ROS Levels Do Not Affect Stem Cell Proliferation. Stem cells (neoblasts) are the underlying force of successful regeneration [17, 19, 24, 25]. Despite drastic regeneration defects caused by a diminished ROS production, DPI did not affect the regular stem cell proliferation peaks at 4 hours and
(a) DPI exposure does not inhibit wound closure or early blastema formation. Contractions of the muscles at the wound site are observed in both control and DPI-exposed animals directly after amputation. At early time points of regeneration (12 HPA and 1 DPA) reepithelialization and early blastema formation occurred normally in DPI-exposed organisms while at late time points (3 DPA) the effect of a diminished ROS production on blastema size was clearly noticeable. Scale bar: 500 μm. (b) Inhibition of the ROS burst exerted an effect on blastema formation at a later time point of regeneration. A similar reduction of blastema size was observed in animals exposed to DPI at 30 minutes, 1 hour, or 24 hours post amputation in comparison to the inhibition before amputation (n ≥ 4). When animals were exposed to DPI 1 hour before amputation (BA) but were repositioned in culture medium during regeneration, no reduction in blastema size was observed. Relative blastema sizes were determined at 7 days post amputation. **p < 0.05. ***p < 0.01. p values were obtained via one-way ANOVA analyses.
Figure 5: DPI exposure does not affect stem cell proliferation. (a) Cell proliferation in DPI-exposed (2 μM) head, trunk, and tail fragments at 4, 48, and 72 hours post amputation. No significant effects of DPI exposure on cell proliferation were observed (n ≥ 3). (b) DPI exposure did not affect stem cell proliferation in intact animals. 7 days of DPI exposure before immunostaining (n ≥ 5). (c) Schematic figure of the cell cycle and visualization of the different stem cell populations. (d) FACS data of the three stem cell populations (X₁, X₂, and X_ins) during DPI exposure in comparison with control animals at 4 HPA and 72 HPA. Each sample at 4 HPA existed of 6 regenerating head fragments, while measurements at 72 HPA were performed with 4 animals/sample. No effects of the DPI exposure were observed on any of the different neoblast populations or on their distributions.
which was observed in regenerating tails and fins of *Xenopus* and zebrafish, respectively, after ROS reduction [6, 7]. On the other hand, we must keep in mind that proliferative responses during regeneration in *Xenopus* species and zebrafish were measured on mitotic, dedifferentiated epidermal cells, while regeneration in *S. mediterranea* is the result of proliferation of pluripotent stem cells.

Similar to the regenerating parts, stem cell proliferation was also unaffected by a diminished ROS production in intact animals (Figure 5(b)). The number of mitotic cells after 7 days of DPI exposure did not differ from the number of mitoses in control animals. Since regeneration defaults and homeostatic imbalances caused by a diminished ROS production are not induced by a reduced proliferation, ROS signaling must affect other processes involved in regeneration.

3.5. An Inhibition of ROS Production Affects Early Neoblast Differentiation. During regeneration, stem cells not only need to proliferate, but also need to differentiate to regrow the missing tissues. Various redox-modulated signaling pathways, such as the MAPK cascade, regulate this differentiation process [66]. Since stem cell proliferation was not affected after inhibition of the ROS production, the effect of DPI exposure on differentiation was investigated. Both the expression of *smedwi-1* and the presence of the SMEDWI-1 protein were studied in control and DPI-exposed animals. During normal regeneration, *smedwi-1*-expressing neoblasts migrate to the wound site where they will differentiate to form the blastema. As the neoblasts differentiate, they no longer express *smedwi-1*; however, the protein will remain present in the early neoblast progeny and will eventually degrade in the differentiated cells [66, 67]. Therefore, *smedwi-1* expression is observed throughout the mesenchyme of the animal and this gene is not highly expressed within the blastema. After DPI exposure, *smedwi-1* expression was not affected at an early (3 DPA, Figure 6(a)) or a later (7 DPA, Figure 6(b)) time point of regeneration. *Smedwi-1* was expressed in similar quantities and patterns in all the regenerating organisms. These data confirm that the defects on blastema formation do not result from depletion of the stem cell population. When the SMEDWI-1 protein was observed, the SMEDWI-1 positive cells were normally distributed within the anterior blastema of the control trunk and tail fragments, indicating that the blastemas consist of early neoblast progeny and differentiated cells. However, in DPI-exposed animals, these SMEDWI-1-positive cells were more abundant in comparison with the control animals and accumulated at the wound sites (Figure 6(c)), suggesting that those neoblasts in the DPI-exposed animals fail to fully differentiate. This increased cell density was also observed in the blastemas of DPI-exposed organisms with the DAPI staining, which visualizes the nuclei of the cells (Figure 6(d)). These data suggest that the SMEDWI-1-positive cells are unable to proceed to a differentiated state which confirms that the phenotypical defects observed after exposure to the ROS inhibitor do not result from any effects on neoblast proliferation or survival but rather result from an effect on stem cell dynamics. To clarify the effects of DPI exposure on early neoblast differentiation, the number of cells expressing *smed-NB21.11e*, a marker for early neoblast postmitotic progeny [68], was determined in the prepharyngeal area at 3 DPA using fluorescent *in situ* hybridization. The number of early neoblast progeny cells significantly decreased in both DPI-exposed trunk and tail parts in comparison with the control animals (27-28% less *smed-NB21.11e*-positive cells in DPI-exposed trunk and tail fragments in comparison with control (*p = 0.0014) and DMSO-exposed animals (*p = 0.0008), Figures 6(e) and 6(f)) confirming that ROS signaling is necessary for proper early neoblast differentiation rather than neoblast proliferation or maintenance. Gene expression analyses reinforce this hypothesis since expression levels of *smedwi-2* were significantly downregulated at 4 HPA (*p = 0.056) and upregulated at 72 HPA (*p = 0.016) in DPI-exposed regenerating head fragments. SMEDWI-2 is an enzyme which is needed for the production of neoblast progeny capable of replacing aged differentiated cells during homeostasis and missing tissues during regeneration [67]. *smedwi-2(RNAi)* planarians display defects comparable to the DPI- and APO-exposed phenotypes, including regression of the tissue anterior to the photoreceptors and incapability of regeneration [67]. Also, *smedwi-2(RNAi)* did not affect the normal proliferative wounding response of the neoblasts, since stem cells were able to proliferate and migrate to the wound site [67].

3.6. An Inhibition of ROS Production Disturbs Neuroregeneration. To characterize the effects of ROS inhibition on differentiation, we investigated the regeneration of the central nervous system since we observed a decrease in the size of the brain in the DPI-exposed animals visualized by the DAPI staining (Figure 6(d)). Although the importance of ROS signaling for proper neuroregeneration has been identified before, we show for the first time their involvement in the restoration of the central nervous system (CNS) and more specifically in the regeneration of the brain. DPI-exposed trunk and tail fragments had reduced cephalic ganglia in comparison with the control animals, which was visualized by both immunohistochemistry using an anti-SYNORF-1 antibody and *in situ* hybridization of the *smed-gpa2* gene (Figures 7(a) and 7(b)). In accordance with these data, the transcript levels of prohormone convertase 2 (pc2), a neurotransmitter convertor [69], and nou-darake (ndk), a fgfr-related gene which restricts brain development to the head region [70], were significantly reduced during DPI exposure (pc2: *p = 0.016; ndk: *p = 0.016*), which showed that correct regeneration of the (central) nervous system relies on ROS signaling (Figure 3, supplementary Table 1).

To obtain more information concerning the effect of a diminished ROS burst on the regeneration of the cephalic ganglia, we investigated the formation of various types of neurons after DPI exposure by using additional neuronal and anterior markers (Figure 8). After 7 days of regeneration the expression of *smed-cintillo* (mechano sensory neurons, [71]) and *smed-gad* (GABAergic neurons, [72]) was clearly reduced at the anterior site after DPI exposure, which might indicate that there are problems with the differentiation of these neuronal cells. Interestingly, the expression of *smed-th*
Figure 6: Effects of DPI exposure on neoblast differentiation. (a) Smed-wil expression at 3 days post amputation (3 DPA) in head, trunk, and tail fragments. Exposure to DPI (3 μM) did not affect the expression (pattern) of the smedwi-1 gene (n ≥ 4). Scale bar: 1 mm. (b) Smedwi-1 expression at 7 days post amputation (7 DPA) in head, trunk, and tail fragments. Exposure to DPI (3 μM) did not affect the expression (pattern) of the smedwi-1 gene (n ≥ 5). Scale bar: 1 mm. (c) An increase of SMEDWI-1 positive cells was observed at the wound sites of trunk and tail fragments after exposure to DPI (3 μM) in comparison to the control fragments at 7 days post amputation (7 DPA) (n ≥ 5). Scale bar: 500 μm. (d) An increase in cell density was noticeable at the wound site of the DPI-exposed animals after 7 days of regeneration (7 DPA) in comparison to the control animals (n ≥ 5). Scale bar: 500 μm. (e) A decrease of early neoblast progeny, marked by the expression of smed-NB21.11e, was observed in DPI-exposed (3 μM) trunk and tail fragments (n ≥ 5). Scale bar: 500 μm. (f) Quantification of the number of smed-NB.21.11e-positive cells. The number of cells was counted in the prepharyngeal area of the regenerating trunk and tail fragments. A significant decrease was observed in the DPI-exposed trunk and tail fragments in comparison to the trunks and tails of the control groups. *** p < 0.01. p values were obtained via one-way ANOVA analysis.
Figure 7: DPI exposure impairs proper neuroregeneration. (a) Regenerating head, trunk, and tail fragments exposed to either control medium, 0.01% DMSO, or DPI (2 μM) during a regeneration period of 5 days were stained using anti-SYNORF-1, visualizing the central nervous system (CNS). In the DPI-exposed trunks (4/4) and tails (4/4), the amputated brain failed to regenerate properly, indicated by red arrow heads. (n = 4). Close-ups of the blastemas were presented below the respective figure for the regenerating trunk and tail fragments. Scale bars: 1 mm. Scale bars close-ups: 500 μm. (b) Gpas expression in 7-days-regenerating head, trunk, and tail fragments visualized using in situ hybridization. Reduction of the cephalic ganglia in DPI-exposed trunks (4/5) and tails (5/5) was observed, as well as improper formation of the regenerating pharynx in regenerating head pieces (4/4). Close-ups of the blastemas are presented below the respective picture of regenerating trunk and tail fragments. Scale bars: 1 mm. Scale bars close-ups: 500 μm.

(dopaminergic neurons, [73, 74]), smed-tbh (octopaminergic neurons, [22, 75]), and smed-ndl-4 (a FGF receptor-like protein of the nou-darake family [70, 76]) seemed to be upregulated at the anterior blastema in the DPI-exposed trunks and tails in comparison with the control animals. However, the observed accumulation of cells expressing these neuronal genes might be the result of the reduced blastema and the mispatterning of the brain (Figure 7). It is not clear whether there are actually more smed-th-, smed-tbh-, and smed-ndl-4-expressing cells in the blastema or whether they are mispatterned without an additional number of cells. On the other hand, we also observed ectopic expression of smed-th and smed-cintillo in the posterior blastemas in the DPI-exposed trunk fragments while these neurons are normally absent at the posterior wound site. The formation of these neuronal cells in the posterior region suggests that diminished ROS levels result in identity issues of the differentiating neoblasts and that ROS signaling is necessary to not only initiate but also coordinate the differentiation process.

3.7. An Inhibition of ROS Production Affects Proper Pattern- ing and Polarity. Based on the diminished cephalic ganglia, posterior expression of neuronal cells, and seemingly increased expression of the anterior marker smed-ndl-4, we investigated the effect of an inhibited ROS production on polarization and patterning. In situ hybridizations with the polarity determinants smed-notum [48, 77] and smed-wnt-1 [47, 78, 79] were performed at different time points during regeneration to further characterize the effects of DPI on polarity. During normal regeneration smed-notum follows a distinct pattern of expression. Within 12 HPA, smed-notum is expressed at the anterior wound site in a number of distinct cells. By 1 DPA, the number of smed-notum-expressing cells decreases and at approximately 3 DPA these smed-notum-positive cells gather at the tip of the anterior blastema. In the final phases, between 5 and 8 DPA, the expression of smed-notum becomes restricted to a small number of cells located at the tip of the head, along the midline and in the two cephalic ganglia. After DPI exposure, smed-notum was normally expressed at the anterior wound sites at the 1 DPA and 3 DPA (Figure 9(a)). At 7 days post amputation smed-notum expression seemed to be upregulated in the anterior blastemas after DPI exposure in comparison with the control animals (Figure 9(a)). The accumulation of smed-notum-expressing cells in DPI-exposed trunk and tail fragments in comparison with the control animals might be a result of the reduced blastema and mispatterned brain, similar to the
expression of smed-th, smed-tbh, and smed-ndl-4 (Figure 8). Interestingly, smed-notum-expressing cells were also present in some posterior blastemas after DPI exposure at 1 DPA. This defect was no longer visible at 3 DPA or 7 DPA. The ectopic expression of smed-notum clearly indicates that ROS signaling is required to obtain a correct posterior identity, which is confirmed by the presence of anteriorly situated neuronal cells (dopaminergic smed-th-expressing cells and mechanosensory smed-cintillo-expressing cells, Figure 8) in the posterior blastema of DPI-exposed trunk parts. These data correlate with the decreased wnt/β-catenin signaling observed by Love and colleagues in DPI- and APO-exposed Xenopus, which also indicates defects in the establishment of posterior identity after inhibition of ROS production [7]. These possible defects on posterior identity were supported by the ectopic expression of smed-sfrp-1 in DPI-exposed fragments at 7 DPA (Figure 9(a)), smed-sfrp-1, an anterior marker related to the Wnt signaling pathway, is expressed at the anterior wound site within 3 HPA during normal regeneration and a strong cluster of smed-sfrp-1-expressing cells (similar to intact organisms) is observed starting 1 DPA [80]. An increase of smed-sfrp-1 expression was observed in both blastemas in the DPI-exposed animals (Figure 9(a)). In addition to the data obtained by the in situ hybridizations, the gene expression data show that at 4 HPA both smed-sfrp-1 and smed-pbx were significantly downregulated in DPI-exposed head fragments (pbx, p = 0.016; sfrp-1, p = 0.063, Figure 3, supplementary Table 1) [80, 81].

We further investigated the effects of DPI exposure on polarity and patterning by visualizing the expression of posterior markers, smed-wnt-1, and smed-fz-4 (Figure 9(b)). In amputated control animals, smed-wnt-1 expression becomes upregulated in distinct cells between 12 HPA and 1 DPA at both the anterior and posterior wound sites. By 3 DPA, the expression of this gene becomes strictly regulated at the posterior blastema while the expression of smed-wnt-1 at the anterior blastema is lost. By 7 DPA smed-wnt-1 expression is restricted to a small number of cells located at the tip of the tail. Although smed-wnt-1 expression remained unaffected by the DPI exposure at early time points of regeneration, expressed at both wound sites at 1 DPA and posterior at 3 DPA, smed-wnt-1 expression increased at 7 DPA in the posterior blastemas of DPI-exposed head and trunk fragments (Figure 9(b)), indicating that there is a problem with the posterior patterning. Similar results were obtained when the expression of smed-fz-4 was investigated. During normal regeneration, frizzled 4 (fz-4) is expressed at the posterior wound site within 12 hours post amputation, inhibiting activation of β-catenin and thus promoting posteriorization [47, 80]. In DPI-exposed regenerated head fragments, smed-fz-4 expression was slightly decreased at the posterior wound site after DPI exposure (Figure 9(b)). The smed-fz-4 staining

Figure 8: The expression of specific neuronal markers after DPI exposure at 7 days post amputation (7 DPA). The smed-th and smed-tbh expressing cells noticeably increased at the anterior blastemas of DPI-exposed trunk (n = 6/6) and tail fragments (n = 5/5) in comparison to control organisms, while smed-cintillo (trunks: n = 6/6; tails: n = 4/4) and smed-gad (trunks: n = 6/6; tails: n = 4/4) expressing cells were clearly reduced at the anterior sites after DPI exposure (3 μM). At the posterior wound sites of the DPI-exposed trunks, expression of smed-th (n = 6/6), smed-tbh (n = 3/6) and smed-cintillo (n = 4/6) was observed which was absent in the control animals. Expression of the anterior marker smed-ndl-4 was noticeably increased in DPI-exposed trunks (n = 5/6) and tails (n = 3/4). Differences in the expression of these genes are indicated in the figure by red arrow heads. Scale bar: 500 μm.
### Figure 9: In situ hybridizations of anterior (smed-notum and smed-sfrp-1) and posterior (smed-wnt-1 and smed-fz-4) markers at different time points during regeneration after DPI exposure.

#### (a) The expression of anterior markers smed-notum and smed-sfrp-1 in regenerating head, trunk, and tail fragments at different time points during regeneration. Posterior expression of smed-notum was observed after DPI exposure (3 μM) at 1 DPA in both head (n = 3/5) and trunk fragments (n = 3/6). At 7 DPA, an increased expression of both smed-notum and smed-sfrp-1 was observed in anterior blastemas of the DPI-exposed trunk and tail fragments in comparison to the control animals. Differences in gene expression are indicated with red arrow heads. Scale bar: 500 μm.

#### (b) The expression of posterior markers smed-wnt-1 and smed-fz-4 in regenerating head, trunk, and tail fragments at different time points during regeneration. Increased expressions of smed-wnt-1 and smed-fz-4 were observed at 7 DPA in DPI-exposed trunk and tail fragments (3 μM) in comparison to control animals. Differences in gene expression are indicated with red arrow heads. Scale bar: 500 μm.
was separated into two spots, which could explain the two-tailed phenotype that was observed in a few DPI-exposed heads (Figure 9(b); supplementary Figure 5). In the DPI-exposed trunk fragments, on the other hand, smed-fz-4 expression was clearly upregulated at the posterior wound site in comparison with the control animals, but no differences were observed in the anterior blastemas, confirming the patterning problems observed by the smed-wnt-1 expression (Figure 9(b)). Similarly as with the expression of the neuronal genes, smed-notum and smed-sfrp-1, the seemingly increased expression of both smed-wnt-1 and smed-fz-4 at 7 DPA in the DPI-exposed animals might be the result of the failed formation of the blastemas. However, it is clear that an inhibition of ROS production induces patterning defects as observed by the expression defects of the different genes visualized via in situ hybridizations as well as issues with polarization that were indicated by the ectopic expression of smed-th, smed-cintillo, and smed-notum.

We can state that inhibition of ROS production affects the regeneration process by disturbing correct patterning and polarization (as indicated by the expression of different anterior and posterior markers) as well as by impairing (neuro)differentiation. Due to the interaction between both processes, it remains a question whether the effects on patterning and polarity are a consequence of impaired differentiation or whether they are caused by reduced ROS levels independently of the differentiation defects. Moreover, we must take into account that the presence of neurons also influences the regeneration process. Many studies, on both invertebrate and vertebrate model systems, have elucidated the importance of neuronal signaling for proper blastema formation [82–87]. So at this point, it remains unclear whether the effect on regeneration observed after inhibition of the ROS production is a direct effect of the diminished ROS levels or an indirect effect caused by impaired neuronal regeneration. Future experiments are required to solve these questions and to characterize the direct downstream targets of ROS signaling that influence the regeneration process.

4. Conclusion

Amputation-induced ROS production was identified as an important early signaling trigger of regeneration. We demonstrated for the first time that ROS are produced independently of the orientation of the wound site and that impaired ROS production leads to loss of the regeneration capacity of both anterior and posterior body parts. Underlying these regeneration defaults, we found that diminished ROS levels did not alter stem cell proliferation but resulted in a failure of the stem cells to differentiate into the required tissues. More specifically, reduced ROS levels prevented successful regeneration of the nervous system, resulting in reduced cephalic ganglia and the ectopic formation of neuronal cells. However, we hypothesize that reactive oxygen species play an important role in the modulation of the differentiation process of all tissues, since they affect the differentiation of early neoblast progeny. The patterning process was also affected by inhibition of ROS production, as was characterized by different anterior and posterior markers. Whether incorrect patterning is a direct result of reduced ROS levels or an indirect result of improper neuroregeneration and differentiation must still be clarified.

In conclusion, we can certainly state that initial redox signaling is crucial for correct anterior and posterior regeneration, including regeneration of the central nervous system. Future research is necessary to unravel the underlying redox-controlled mechanisms that affect the differentiation and patterning processes.

Abbreviations

| Abbreviation | Description |
|--------------|-------------|
| APO          | Apocynin    |
| alaSI        | Aminolevulinic acid synthase |
| BA           | Before amputation |
| β-act        | Beta-actin |
| β-catenin    | Beta-catenin |
| BSA          | Bovine serum albumin |
| BSO          | Buthionine sulfoximine |
| Carboxy-H2DCFDA | 5-(and-6)-carboxy-2',7'-dichlorodihydrofluorescein diacetate |
| Carboxy-DCF  | 5-(and-6)-carboxy-2',7'-dichlorofluorescein |
| cat          | Catalase |
| cdc73        | Cell division cycle 73 |
| CNS          | Central nervous system |
| col          | Cytochrome oxidase subunit 1 |
| CuZnSOD      | Superoxide dismutase copper zinc |
| cyb          | Cytochrome B |
| cys          | Cystatin |
| DAPI         | 4',6-Diamidino-2-phenylindole |
| DIG          | Digoxigenin |
| DMSO         | Dimethylsulfoxide |
| DPA          | Days post amputation |
| DPI          | Diphenylenedioindion |
| DUOX         | Dual oxidase |
| FACs         | Fluorescence-activated cell sorting |
| fz-4         | Frizzled 4 |
| gad          | Glutamate decarboxylase |
| gapdh        | Glyceraldehyde-3-phosphate dehydrogenase |
| gm2a         | GM2 ganglioside activator |
| gpas         | G protein α-subunit |
| H2O2         | Hydrogen peroxide |
| HPA          | Hours post amputation |
| mao          | Monoamine oxidase |
| MAPK         | Mitogen-activated protein kinase |
| MS222        | Tricaine methanesulfonate |
| mtDNA        | Mitochondrial DNA |
| mRNA         | Messenger RNA |
| NB21.1le     | Neoblast |
| BCl         | 5-Bromo-4-chloro-3-indolyl-phosphate |
| NBt          | Nitro blue tetrazolium chloride |
| ndl-4        | Nou-darake-like |
| ndk          | Nou-darake |
| nDNA         | Nuclear DNA |
Conflict of Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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