Tetramethylpyrazine reduces inflammation levels and the apoptosis of LPS-stimulated human periodontal ligament cells via the downregulation of miR-302b

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Abstract. Periodontitis is the main cause of tooth or tissue loss. Human periodontal ligament stem cells (hPDLSCs), which have high proliferative, self-renewal and multi-differentiation abilities, are vital for the restoration of periodontitis-induced injuries. The anti-inflammatory and anti-apoptotic agent, tetramethylpyrazine (TMP), is a promising agent used for the protection of PDLSCs from apoptosis and inflammation induced by periodontitis. The aim of the present study was to investigate the effects of TMP on lipopolysaccharide (LPS)-stimulated hPDLSCs. LPS-stimulated hPDLSCs were established as the cell model. CCK-8 assay was performed to evaluate cell viability, western blot analysis was performed to measure protein expression and flow cytometry was performed to detect cell apoptosis levels. Detection kits were used to evaluate the levels of tumor necrosis factor (TNF)-α, interleukin (IL)-1β and IL-6. Reverse transcription-quantitative PCR analysis was performed to detect gene expression. TMP alleviated the effects of LPS on cell viability, inflammation levels and cell apoptosis. TMP downregulated microRNA (miR)-302b levels in LPS-stimulated cells. Transfection with miR-302b mimic reversed the anti-inflammatory and anti-apoptotic effects of TMP on LPS-stimulated cells. TMP reduced inflammation and the apoptosis of LPS-stimulated human periodontal ligament cells via the downregulation of miR-302b. The anti-inflammatory and anti-apoptotic effects exerted by TMP render it a promising agent for the protection of PDLSCs from injuries induced by periodontitis. The findings of the present study may aid in the development of a novel strategy for the treatment of periodontitis and may pave the way for further research.

Introduction

Periodontitis, which has a high incidence rate, is a chronic inflammatory disease that results in tooth loss (1). Periodontitis is characterized by the loss of alveolar bone periodontal ligament and gingival tissue, and is caused by numerous factors, including poor dental hygiene, the deposition of bacterial plaque on the teeth, traumatic misalignment of the teeth and imbalances of the inflammatory and immune response (2,3). In addition, periodontitis has been reported to be associated with a number of diseases, such as hypertension, chronic kidney disease and diabetes (4-7). Therefore, the treatment for periodontitis is vital for health. The current treatments for periodontitis include flap curettage, scaling and root planing procedures (8-10). However, the effects of the aforementioned methods can only control the development of periodontitis (10). At present, there is still no effective treatment for periodontitis, at least to the best of our knowledge.

As mesenchymal stem cells, periodontal ligament stem cells (PDLSCs) have been the focus of research in the field of restoration and regeneration (11,12). Regeneration therapy based on mesenchymal stem cells has yielded promising results (13). PDLSCs have been reported to possess a high proliferative, self-renewal and multi-differentiation abilities (14-17). Following transplantation, PDLSCs are expected to generate new tissues or reconstruct damaged tissues. PDLSC damage is a critical factor behind tooth loss. In addition, elevated inflammation levels promote the progression of periodontitis (18,19). Therefore, it is vital to control the inflammatory damage of PDLSCs for the restoration of tissue and to inhibit the progression of periodontitis.

Lipopolysaccharide (LPS), a major stimulator of inflammation, rapidly promotes the generation of pro-inflammatory cytokines or inflammatory mediators. Therefore, LPS has been widely used for the construction of experimental models of periodontitis (20). Studies have indicated that LPS levels are high in patients with periodontitis (21). LPS is a vital factor and LPS-stimulated cell models can provide a reference for clinical diagnosis and therapy. LPS-stimulated human periodontal ligament cells were constructed as a cell model in the present study.
Chinese herbal monomers have exhibited improved anti-inflammatory abilities in numerous diseases (22-25). Tetramethylpyrazine (TMP), which is extracted from *Ligusticum wallichii*, has been used in cardiovascular disorders in clinical practice (26). LPS has been confirmed to possess numerous bioactivities, such as anti-inflammatory, anti-apoptotic and antioxidant effects (26). Furthermore, TMP has been reported to possess anti-inflammatory bioactivity in spinal cord ischemia-reperfusion injury, human umbilical vein endothelial cell inflammation injury and brain injury (27-30). However, the effects of TMP on periodontitis remain to be elucidated. The present study investigated the effects of TMP in LPS-stimulated human PDLSCs (hPDLSCs). The results revealed that TMP exerted anti-inflammatory and anti-apoptotic effects against LPS-stimulated hPDLSCs via the downregulation of microRNA (miR)-302b.

**Materials and methods**

**Cells and cell culture.** hPDLSCs (HUM-iCELL-m002; iCell Bioscience Inc.) were cultured at a density of 1x10^4 cells/well in DMEM (Gibco; Thermo Fisher Scientific, Inc.) containing 10% FBS in 5% CO₂ at 37°C.

**CCK-8 assay.** To evaluate the effects of LPS on hPDLSCs, the cells were divided into the control group and LPS group. Cells were treated with 1 µg/ml LPS (Sigma-Aldrich; Merck KGaA). Subsequently, the cells were incubated for 24, 48 and 72 h, at 37°C. To evaluate the effects of TMP on hPDLSCs, the cells were divided into the control and experimental groups. Cells in the experimental group were treated with various concentrations of TMP (10, 20 and 30 µm) and incubated for 24, 48 or 72 h at 37°C. To investigate the effects of TMP on LPS-stimulated hPDLSCs, the cells were divided into the control and experimental groups. The cells in the experimental groups were treated with various concentrations (10, 20 and 30 µm) of TMP (purity ≥98%; Beijing Solarbio Science and Technology Co., Ltd.) in the presence of 1 µg/ml LPS. Following treatment, 10 µl CCK-8 solution was added to each well and the cells were incubated at 37°C for 1 h. Cell viability was determined by reading the absorbance at 450 nm using a Varioskan™ LUX multimode microplate reader (Thermo Fisher Scientific, Inc.).

**Assessment of inflammation levels.** The inflammatory markers, tumor necrosis factor (TNF)-α, interleukin (IL)-1β and IL-6, were evaluated. The cells were treated with 1 µg/ml LPS and various concentrations of TMP (10, 20 and 30 µm). The experimental groups were treated with various concentrations of TMP in the presence of LPS. Cells treated with 1 µg/ml LPS were considered as the LPS group. Cells in the control, LPS and experimental groups were lysed with 0.25% trypsin and centrifuged at 16,000 x g 4°C for 15 min to harvest the supernatant. The levels of TNF-α, IL-1β and IL-6 in the supernatants were determined using the following ELISA kits: Human TNF-α (cat. no. ab181421; Abcam), human IL-1β (cat. no. ab100562; Abcam) and human IL-6 (cat. no. ab78013; Abcam).

**Measurement of cell apoptosis.** Following treatment, cells were digested with 0.25% trypsin and harvested. Cells were then rinsed with PBS (0.01 mol/l) and resuspended in binding buffer. A total of 1x10^6 cells were stained with Annexin V-FITC (5 µl) and propidium iodide staining solution (10 µl). The cell apoptosis of the different groups was analyzed using a flow cytometer (BD Biosciences).

**Western blot analysis.** Cells in each experimental group were lysed in lysis buffer (Beyotime). The protein concentration was measured using a bicinchoninic acid protein assay kit (Pierce; Thermo Fisher Scientific, Inc.). Total protein was separated by 10% SDS-PAGE. Separated proteins were then transferred to nitrocellulose membranes. Following blocking with skim milk, the membranes were incubated with primary antibodies against pro-caspase-3 (1:1,000; cat. no. ab32499; Abcam), Bax (1:200; cat. no. ab53154; Abcam), cleaved caspase-3 (1:1,000; cat. no. ab2302; Abcam), and Bcl-2 (1:500; cat. no. ab194583; Abcam) at 4°C overnight. Subsequently, the membranes were incubated with horseradish peroxidase-labeled secondary antibody (1:2,000; Beyotime Institute of Biotechnology) for 1 h, at room temperature. Protein bands were visualized using enhanced chemiluminescence reagent. Protein expression was determined using an ImageQuant LAS500 chemiluminescence camera (GE Healthcare Life Sciences) and ImageJ 1.52 k software (National Institutes of Health).

**Reverse transcription-quantitative PCR (RT-qPCR).** miR-302b expression was measured using the RT-qPCR detection system (Applied Biosystems; Thermo Fisher Scientific, Inc.). Total RNA was extracted using TRIzol® reagent (Invitrogen; Thermo Fisher Scientific, Inc.) and was reverse transcribed into cDNA using a PrimeScript RT reagent kit (Takara Biotechnology Co., Ltd.). RT-qPCR analysis was performed as previously described (31).

**Cell transfection.** To verify the successful construction of the miR-302b mimic group, cells were divided into the control, miR-negative control (NC) and miR-302b mimic groups. The cells were transfected with 50 nmol/l miR-NC and 50 nmol/l miR-302b mimic and incubated for 5 min at 37°C. To investigate the effects of miR-302b mimic on inflammation and apoptosis, the cells were divided into the hPDLSC group, LPS group, LPS (1 µg/ml for 72 h) + TMP (30 µm) group, LPS (1 µg/ml for 72 h) + TMP (30 µm) + miR-NC group and LPS (1 µg/ml for 72 h) + TMP (30 µm) + miR-302b mimic group.

**Statistical analysis.** Data are presented as the means ± SD. Data analysis was performed using SPSS software (version no. 11.0; IBM Corp.) and GraphPad Prism (version no. 8.0; GraphPad Software, Inc.). One-way and two-way ANOVA were performed followed by Tukey’s post hoc test for differential comparisons between groups.

**Results**

**TMP alleviates the effects of LPS on cell viability.** The concentrations of 10, 20 and 30 µm TMP exerted no effect on cell viability, confirming that TMP had no toxic effect on the hPDLSCs (Fig. 1A). Following treatment with 1 µg/ml LPS for 48 and 72 h, the cell survival rate was significantly lower compared with that of the control group, indicating that LPS exerted an inhibitory effect on cell viability (Fig. 1B). TMP...
treatment increased the survival rate of LPS-stimulated cells in a concentration-dependent manner (Fig. 1C and D).

**Figure 1.** Effects of TMP tetramethylpyrazine on the viability of cells stimulated with LPS. (A and B) Cell viability at 24, 48, and 72 h in the different groups. (C and D) Cell viability at 48 and 72 h, respectively in the different groups. *P<0.05, **P<0.01 vs. hPDLSc group; †P<0.05, ‡P<0.01 vs. LPS (1 µg/ml) group.

TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPDLSc, human periodontal ligament stem cell.

**Figure 2.** Effects of TMP on inflammation level in cells stimulated with LPS. Levels of TNF-α, IL-1β, and IL-6 in the different groups are shown. ***P<0.001 vs. hPdLSc group; **P<0.01 and ###P<0.001 vs. LPS (1 µg, 72 h). TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPDLSc, human periodontal ligament stem cell; TNF-α, tumor necrosis factor α; IL, interleukin.

**TMP reduces the inflammation levels in LPS-stimulated hPDLScs.** Compared with the control group, TNF-α, IL-1β...
and IL-6 levels were increased following LPS treatment, confirming that the present cell model of periodontitis was successfully established. The inflammation levels induced by LPS were reduced by TMP treatment in a concentration-dependent manner (Fig. 2).

**TMP reduces the cell apoptosis of LPS-stimulated hPDLSCs.** Cell apoptotic levels were evaluated by flow cytometry. Cell apoptosis was elevated in the LPS group compared with the control group (Fig. 3). TMP alleviated the apoptosis of LPS-stimulated hPDLSCs in a concentration-dependent manner. The expression of apoptosis-related proteins was also evaluated. Compared with the control group, the levels of the pro-apoptotic proteins, Bax and cleaved caspase-3, were upregulated, while the levels of the anti-apoptotic protein, Bcl-2, was decreased in the LPS-stimulated cells.

![Figure 3](image1.png)  
**Figure 3.** Effects of TMP on cell apoptosis induced by LPS. (A and B) Cell apoptotic level in the different groups. ***P<0.001 vs. hPdLSc group; ###P<0.001 vs. LPS (1 µg, 72 h) TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPdLSc, human periodontal ligament stem cell.

![Figure 4](image2.png)  
**Figure 4.** Effects of TMP on apoptosis-related proteins in cells stimulated with LPS. Expression levels of Bcl-2, Bax and cleaved caspase-3 in the different groups. ***P<0.001 vs. hPdLSc group; #P<0.05, ##P<0.01 and ###P<0.001 vs. LPS (1 µg, 72 h). TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPdLSc, human periodontal ligament stem cell.
Following treatment with TMP, the Bax and cleaved caspase-3 levels decreased, and the Bcl-2 levels increased in a concentration-dependent manner in the LPS-stimulated cells. This indicated that TMP exerted protective effects on cell

Figure 5. TMP inhibits the miR-302b expression level in LPS-stimulated cells. miRNA-302b expression level in the different groups. ***P<0.001 vs. hPDLSC group; **P<0.01 and ###P<0.001 vs. LPS (1 µg, 72 h); TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPDLSC, human periodontal ligament stem cell.

Figure 6. miR‑302b overexpression blocks the anti‑inflammatory effect of TMP on LPS‑stimulated cells. (A) miR‑302b expression level in the different groups. (B) Levels of TNF‑α, IL‑1β and IL‑6 in the different groups. **P<0.01 vs. miR‑NC group; ***P<0.001 vs. hPDLSC group; ###P<0.001 vs. LPS (1 µg, 72 h), ΔΔP<0.01 and ΔΔΔP<0.001 vs. LPS (1 µg, 72 h) + TMP (30 µm) + miRNA‑NC. TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPDLSC, human periodontal ligament stem cell; TNF‑α, tumor necrosis factor α; IL, interleukin.
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apoptosis induced by LPS via the downregulation of Bax and cleaved caspase-3, and the upregulation of Bcl-2.

**Figure 7.** miR-302b overexpression blocks the anti-apoptotic effect of TMP on LPS-stimulated cells. (A and B) Cell apoptosis level in the different groups. ***P<0.001 vs. hPdLSc group; ###P<0.001 vs. LPS (1 µg, 72 h), ΔΔΔP<0.001 vs. LPS (1 µg, 72 h) + TMP (30 µm) + miRNA-Nc. TMP, tetramethylpyrazine; LPS, lipopolysaccharide; hPDLSC, human periodontal ligament stem cell.

**Figure 8.** miR-302b overexpression reverses the effect of TMP on the expression levels of apoptosis-related proteins in LPS-stimulated cells. Expression levels of Bcl-2, Bax and cleaved caspase-3 in the different groups. ***P<0.001 vs. hPDLSC group; **P<0.01 and ###P<0.001 vs. LPS (1 µg, 72 h), ΔΔΔP<0.001 and ΔΔΔP<0.001 vs. LPS (1 µg, 72 h) + TMP (30 µm) + miRNA-NC.

**TMP downregulates the miR-302b levels in LPS-stimulated cells.** Compared with the control group, the miR-302b levels
were upregulated in the LPS group. The miR-302b levels were downregulated by TMP in the LPS-stimulated cells in a concentration-dependent manner, indicating that miR-302b may play a role in LPS-induced injury and is a potential target of TMP (Fig. 5).

miR-302b mimic reverses the anti-inflammatory effects of TMP in LPS-stimulated cells. As shown in Fig. 6A, the miR-302b levels were higher compared with those in the control and miRNA-NC groups, indicating that miR-302b mimic was successfully transfected. LPS stimulation increased the levels of TNF-α, IL-1β and IL-6 compared with the controls, and this effect was reversed by TMP in a concentration-dependent manner (Fig. 6B). Following transfection with miR-302b mimic, inflammation levels increased in the LPS-stimulated cells compared with the LPS (1 µg/ml 72 h) + TMP (30 µm) group, indicating that the anti-inflammatory effect of TMP in LPS-stimulated cells was achieved via the downregulation of miR-302b.

miR-302b mimic reverses the anti-apoptotic effects of TMP in LPS-stimulated cells. Cell apoptotic levels were higher in the LPS group compared with the control group (Fig. 7). LPS-induced cell apoptosis was reduced by TMP and this effect was weakened by miR-302b mimic transfection, indicating that the anti-apoptotic effect of TMP was achieved via the downregulation of miRNA-302b. The levels of the pro-apoptotic proteins, Bax and cleaved caspase-3, were elevated by LPS stimulation and the levels of the anti-apoptotic protein, Bcl-2, were decreased by LPS stimulation (Fig. 8). The effect induced by LPS was reversed by TMP. In addition, compared with the LPS (1 µg/ml, 72 h) + TMP (30 µm) group, the levels of pro-apoptotic proteins increased, while those of Bcl-2 were downregulated in the LPS (1 µg/ml, 72 h) + TMP (30 µm) + miR-302b mimic group, demonstrating that the anti-apoptotic effect of TMP was reversed by miR-302b mimic. The results revealed that the anti-apoptotic effect of TMP on the LPS-stimulated cells was achieved via the downregulation of miR-302b mimic.

Discussion

Periodontitis is a chronic disease that results in the loss of alveolar bone periodontal ligament and gingival tissue. Considering the poor microorganism sessile growth and biofilm penetration by biocides or antibiotics, current drug therapies, such as biocides or antibiotics are not ideal (32). Based on the high-proliferation, self-renewal and multi-differentiation abilities of PDLScs, PDLScs are vital for tissue restoration induced by periodontitis (17). Therefore the discovery of a novel a drug that can protect PDLScs from apoptosis and inflammation-related injury is vital. The present study used LPS as the inflammation stimulator for the construction of the cell injury model.

The results of the present study demonstrated that the inflammation levels induced by LPS were higher, and this finding is consistent with those of previous studies (33-35). Previous studies have demonstrated that cell proliferation increases under inflammatory conditions (36,37). In the present study, although the inflammation level was increased, the cell proliferation was decreased. This may be due to the different concentration and LPS-induced inflammation exposure time used from the previous study. The effects of inflammation on cell proliferation need to be further elucidated in future research.

The results of the present study demonstrated that TMP is a promising Chinese medicine monomer that protects PDLScs from apoptosis and inflammation injury. Firstly, the cytotoxicity of TMP was evaluated. The present data indicated that treatment with 30 µm TMP had no effect on cell survival. A previous study indicated that treatment with 400 µm TMP exerted no toxic effects on PC12 cells and exerted protective effects against neurotoxicity (38).

Subsequently, the effects of LPS on PDLScs were investigated. The results revealed that stimulation with 1 µg/ml LPS for 24 h significantly inhibited cell viability. Previous studies have demonstrated that TMP exerts anti-inflammatory effects on hepatic stellate cells, a mouse model of Parkinson's disease and myocardial cells (39-41). The present study demonstrated that inflammation levels induced by LPS were significantly reduced by TMP in a concentration-dependent manner.

Previous studies have demonstrated that TMP exerts an inhibitory effect on cell apoptosis in numerous cells, such as vascular endothelial cells, HepG2 cells, myocardial cells and bone marrow-derived mesenchymal stem cells (42-45). In the present study, cell apoptotic levels induced by LPS were markedly decreased by TMP in a concentration-dependent manner. In addition, the expression levels of apoptotic proteins were investigated as further evidence. The expression of the anti-apoptotic protein, Bcl-2, was decreased, and the levels of the pro-apoptotic proteins, Bax and cleaved caspase-3, were elevated in the LPS-stimulated PDLScs. The aforementioned effects induced by LPS in the cells were all reversed by TMP. The results demonstrated that TMP is a promising agent for use in protecting PDLScs from apoptosis and inflammation-related injury.

The mechanisms of action of TMP were also investigated in the present study. miRNAs have been confirmed as vital biomarkers in a number of diseases and regulate protein expression at the post-transcriptional level. miR-302b overexpression was confirmed to enhance the effects of LPS on apoptosis, inflammation and cell viability (46). In the present study, the miR-302b levels were elevated in the LPS-stimulated PDLScs and were downregulated by TMP in a concentration-dependent manner. The present study further investigated whether miR-302b overexpression exerts effects on the LPS + TMP-treated cells. The results revealed that the anti-inflammatory and anti-apoptotic effects of TMP in the LPS-stimulated cells were inhibited by miR-302b overexpression. The results demonstrated that the anti-inflammatory and anti-apoptotic effects of TMP on LPS-induced cells was achieved via the downregulation of miR-302b.
required to confirm the effects of TMP on multi-lineage differentiation.

To conclude, the present study found that TMP, with its anti-inflammatory and anti-apoptotic effects, may be a promising agent for use in protecting PDLSCs from periodontitis-induced injury. TMP is expected to be a novel agent for use in the treatment of periodontitis, while further research is still required to confirm the effects of TMP in vivo.

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Availability of data and materials
The analyzed data sets generated during the present study are available from the corresponding author on reasonable request.

Authors' contributions
The first author YD prepared the manuscript, and was involved in all the experiments and analyzed the data. WA was involved in the cell experiments, as well as in the literature search and figure preparation. YW was involved in some sample preparations and literature searches. JW was involved in the communication with the journal during the manuscript submission and peer review and also contributed to the conception and design of the study. The present study was designed by YD and WA with the guidance of JW. All authors read and approved the final version of the manuscript.

Ethics approval and consent to participate
Not applicable.

Patient consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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