Baron Palace Myths: A Horror Tourism Destination in Egypt

Shaimaa Nagib, Ghada Hammoud, Hosam Refai and Manal Bourhan

Abstract

Simply Dark Tourism are those that relate to death, whether the destinations are linked to uniquely or violently dead. Dark tourism can enlighten an understanding of how contemporary societies deal with and represent their significant dead. Dark tourism is concerned with death and dying through its social scientific study; Dark tourism tells us more about life. Horror or Ghost tourism, includes any form of travel or leisure that involves encounters with or learning about ghosts or hauntings; it is simply a tour for places believed to be haunted - ghost sightings, haunted rooms or any other type of adventures. In addition, whether it is called ghost tourism, paranormal tourism or even haunted tourism, this type of travel takes you to places that are in some way thought to be unusual.

The research attempts to conclude how applying horror tours inside the Baron Palace using the rumors and mysteries related to the site. Additionally, it is one of the unique Horror and mystery touristic sites because of its rare design, large space and stories about the Baron himself and his family. Thus, it would be a unique adventure and experience when visiting the Palace because it combines secrets with information. Additionally, the audience will be part of the historical legend for the location, Horror Tourism; The Thrill of Fear without danger.

Keywords

Horror Tourism, Dracula`s Castle, Niche Tourism and Baron Palace

Introduction

There are various forms of Niche tourism as Adventure tourism, Agri-tourism, Cruise tourism, Culture/heritage tourism, Ecotourism, Educational tourism, Indigenous tourism, Medical tourism, Music tourism, Religious tourism, Sports tourism, Volunteer tourism, Photographic tourism, Geo tourism, Gastronomic Tourism, Rural tourism, Festival tourism, Religious tourism, Research tourism, Wildlife tourism, Virtual tourism, Dark tourism and Horror tourism. For instance, sites of tragedy and death have become increasingly attractive to tourists and tourism studies. Furthermore, everything from places of past wars, car accidents, murderers` homes, Myths and murder tours, have been captured under the theme of Horror Tourism according to Stone (2006). Consequently, Dark Tourism is the act of travelling to sites and exhibitions that have actual death or suffering as the principal theme. Likewise, Horror tourism involves travel to places connected with unusual death and agony or to places where tragedies or historically noteworthy deaths had occurred and so far, continue to affect our lives.

The growing interest in Dark Tourism

Evidence suggests that contemporary tourists are increasingly travelling to destinations associated with death, suffering, and tragedies or historically noteworthy deaths had occurred and so far, continue to affect our lives.5. Car accidents, murderers` homes, Myths and murder tours, have been captured under the theme of Horror Tourism according to Stone (2006). Consequently, Dark Tourism is the act of travelling to sites and exhibitions that have actual death or suffering as the principal theme. Likewise, Horror tourism involves travel to places connected with unusual death and agony or to places where tragedies or historically noteworthy deaths had occurred and so far, continue to affect our lives.

Table (1): Europe’s top tourist cities:

| Ranking | City        | Number. Of Visitors | Website (English version) |
|---------|-------------|---------------------|---------------------------|
| 1st     | Romania     | 500000              | http://www.bran-castle.com/ |
| 2nd     | London      | 13266               | http://www.visitlondon.com/ |
| 3rd     | Amsterdam   | 11669               | http://www.amsterdam.nl/en/visiting |
| 4th     | Rome        | 5466                | http://www.turismomozomma.it/?lang=en |
| 5th     | Paris       | 4512                | http://en.parisinfo.com/    |
| 6th     | Prague      | 4290                | http://www.prague.eu/en     |
| 7th     | Istanbul    | 3149                |                           |
| 8th     | Vienna      | 3076                | http://www.wien.info/en     |
| 9th     | Barcelona   | 2820                | http://www.turismodebarcelona.net/ |
| 10th    | Milan       | 775                 | http://www.visitmilano.it/turismo_en/ |
| 11th    | Venice      | 167                 | http://www.venice-tourism.com/en/visit-venice.html |

Source: Raymond Powell et al., “Dark Cities: A dark tourism index for Europe’s tourism cities, based on the analysis of DMO websites.” International Journal of Tourism Cities (March 2018).

1. Joanneignon, "Volunteer Tourism: How do we know it is Making a Difference," Volunteer Tourism: Theoretical Frameworks and Practical Applications (2011): 211-222.
2. John McLaughlin, "The Role of Niche Tourism Products in Destination Development," PhD thesis, Edinburgh Napier University (2010).
3. Richard Sharpley and Stone Philip, "A Dark Tourism Spectrum: Towards a Typology of Death and Macabre Related Tourist Sites, Attractions and Exhibitions," Tourisme: Meditations Znannosti-Senosti čipki 54, no. 2 (Jan 2006): 145-160.
4. J. Leonard and M. Foley, "Dark Tourism: The Attraction of Death and Destruction," London: Cengage Learning (2011): 211-222.
5. Peter Tarlow, "Dark Tourism," Niche Tourism 47 (Jun 2007).
6. Richard Sharpley and Stone Philip, Eds. "The Darker Side of Travel: The Theory and Practice of Dark Tourism," Channel View Publications (August 2009).
7. Chengpung Zheng and Lee Colgin, Laura, "A Neural Mechanism for the Recall of Bad Events" Nature Neuroscience 20, no. 4 (April 2017): 501-503.
8. Duncan Mavor, "From Mass Tourism to Niche Tourism," Research Themes for Tourism (2011): 1-11.
9. Griep Elke and Robinson Neil, "Dark tourism," Research Themes for Tourism (2011): 205-217.
10. Barry Isaac and Flatekamp Vincent, "Drainage Versus Aquatic: An Uncertain Search for Identity. Through Dark Tourism—Palestine as a Case Study" In The Palgrave Handbook of Dark Tourism Studies, Palgrave Macmillan, London (2015): 211-225.
11. Warren John Carter, Storrier, Sweeney, Evangelis, Baker Books (Jun 2006).
People usually attempt to visit sites associated with mysteries, unusual stories, or paranormal instances\textsuperscript{12}. Additionally, some museums, and exhibitions are dedicated particularly for that objective\textsuperscript{13}. Thus, horrifying characters like Vampires and Werewolves, all have a factual history behind them, a unique example of which is Dracula’s myth which became an international brand in Transylvania in Romania (Table, 2).

Romania used this myth to present its heritage strongly as a Horror tourism destination, where Dracula’s site is associated with both fiction and history. It is hard to categorize Dracula as a particular type of tourism that can be categorized as cultural tourism, literary tourism, movie-induced tourism or Horror tourism and heritage tourism\textsuperscript{14}. Hence, mixing historical sites with fictional stories triggered the curious feeling among people who want to know the truth. Dracula castle was not always a foremost tourist destination before the 1970s, but in the 20th and 21st century, the site has been developed to attract more tourists and gain more profits\textsuperscript{15}. Today, Transylvania became an iconic destination for a unique type of Niche Tourism, which is known as Horror tourism that attracted Dracula and vampire admirers\textsuperscript{16}.

| Country         | Number of Visitors Per year | Number of Tourists in the whole country Peryear | Sites Prices | Service in sites | Contribution to the economy |
|-----------------|-----------------------------|-----------------------------------------------|--------------|------------------|------------------------------|
| Romania/Dracula Castle | 835,116 tourists. Over 60% of the visitors were foreigners, in 2017 | 12,706,133 in 2017 | $9.42 | Nothing | 6 million Euro in 2017 |

\textsuperscript{12} Danum Light, “The Dracula Defense: Tourism, Identity and the State in Romania,” Routledge (March 2016).

\textsuperscript{13} Kosovo Bos et al., “A draft genome of Yersinia pestis from victims of the Black Death.” Nature 478, no. 7370 (October 2011): 506-510.

\textsuperscript{14} David Inglis and Holmes Mary, “Highland and Other Haunts: Ghosts in Scottish Tourism,” Annals of Tourism Research 30, no. 1 (January 2003): 50-63.

\textsuperscript{15} Matthew Batchelor, “From Dreams to Dracula: The Creation of the Modern Vampyre Myth,” Reaktion Books (December 2008).

\textsuperscript{16} Ashworth, Allison. “Beaver’s Place and Story: Geotourism in Imaginary.” Annals of Tourism Research 39 (4 October 2012): 1797-1816.

\textsuperscript{17} Amoury Fitchen and Megan Ngip, “Mood Marketing- the New Destination Branding Strategy: A Case Study of Wales: The Brand, Journal of Vacation Marketing 4, no. 3 (July 1998): 213-229.

Today Horror tourism is a well-established type of tourism that could be practised not only in Romania but also in cities as Edinburgh and York that have a long history of offering ghost tours. In addition, Whitty in England, Salem and New Orleans are a focus for those interested in the supernatural adventures\textsuperscript{18}. Egypt has many similar heritage places that could be used for the first time as horror tourism, where Baron Palace is one of them. It contains the elements that allow its re-use in the same way as Dracula’s site\textsuperscript{19}. Thus, all the visits will aim to discover whether these are mere fantasies, facts or both\textsuperscript{20}.

\textsuperscript{18} Kirsten Bos et al., “A draft genome of Yersinia pestis from victims of the Black Death.” Nature 478, no. 7370 (October 2011): 506-510.

\textsuperscript{19} Edward Empain’s palace hosted many prestigious guests such as the Belgian King Albert I. The palace was built in 1911; it was said that the Baron had enjoyed watching the pyramids from his palace’s terrace\textsuperscript{21}. The Palace is surrounded by a large garden from all sides as seen in the layout. It is composed of a basement, ground floor and a roof and it consists of two floors above the ground, two other floors underground, and a tower built in the middle of them\textsuperscript{22}. On the walls of the palace, there are statues made of marble for wonderful dancers from India and amazing elephants, studded with small pieces of Belgium glass. It is interesting to note that the palace was designed so as not to lose sight of the sun the whole day, (See Photo 1).

| Reason for choosing the Baron Palace as a Horror site: |
|------------------------------------------------------|
| • The location is easily accessible, near the airport and the palace is the highlight of Heliopolis. |
| • The design is unique, thus, attracting visitors especially those who are interested in the style of the Indian culture. |
| • The area is huge and can be used for various activities like selling. |
| • Available opportunities to finance the reuse of the Baron Palace due to its importance. |
| • The Horror museum inside the Palace exhibits artefacts relating to the tragedy. |
| • The Horror tour through visual reality inside the palace using different interpretations and Myths related to the site. |

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The History and Design

The Palace of Baron Empain exists at Heliopolis in Cairo as a unique architectural masterpiece and for a long time the palace was uninhabitable\textsuperscript{23}. Baron Empain had chosen for his palace a particular style unrelated to any local traditional architecture. He commissioned two famous French artists to design his palace, Alexandre Marcel, for the exterior design and his associate, Georges Louis, for its elaborate interior\textsuperscript{24}. Marcel drew inspiration of the Palace design from the Hindu architecture of Angkor Wat; it is an ancient temple complex in Cambodia. Edouard Empain’s palace hosted many prestigious guests such as the Belgian King Albert I. The palace was built in 1911; it was said that the Baron had enjoyed watching the pyramids from his palace’s terrace\textsuperscript{25}. The Palace is surrounded by a large garden from all sides as seen in the layout. It is composed of a basement, ground floor and a roof and it consists of two floors above the ground, two other floors underground, and a tower built in the middle of them\textsuperscript{26}. On the walls of the palace, there are statues made of marble for wonderful dancers from India and amazing elephants, studded with small pieces of Belgium glass. It is interesting to note that the palace was designed so as not to lose sight of the sun the whole day, (See Photo 1).

Legend and Horror Stories:

The Baron palace contains several unusual stories that can be used to create the horror tour inside it, for instance:

• The myth of the Palace design on Indian mythology, the conflict between evil and goodness\textsuperscript{27}.

• The body of the Baron’s wife found in the food elevator and his sister, who fell from the top of the tower and died. Also, it is said that the Baron was interested in magic related to life after death or calling up spirits and protection from evil spirits.

• The story about the restricted room or Pink room, where he brought the spirit of his sister to ask for forgiveness for not saving her. Moreover, Empain’s daughter Ann was spending a lot of time in the basement, where Ann used to burn incense, which had been smelted during those times. Moreover, what made the story more exciting was the death of the six house cleaners, consecutively in mysterious accidents that were related to Ann\textsuperscript{28}.

• Besides, there is a story about the Baron’s brother who was also killed in the basement.

Indeed, the stories and landmarks associated with horror locus through narratives, which means re-building an attractive image by merging fiction and reality, to increase guest’s interest and attraction to horror tourism, which raises the symbolic value of places. Besides, the tour operators emphasize unique destination features by using similar techniques and discourses, technology, literary elements, movie references and hence creating horror tours by using the stories related to the sites, as follows:

20. Lawrence Durrell, “Spirit of Place: Letters and Essays on Travel,” Open Road Media (Jun 2012).

21. Lucie Ryzova, “Strolling in Enemy Territory: Downtown Cairo, Its Publics and Urban Heterotopias” (Orient-Institute Studies, 3, (December 2015).

22. Jacques Dumarçay and Royère Pascal, “Cambodian Architecture, Eighth to Thirteenth Centuries,” Brill (April 2001).

23. Miriam Stark et al., “Residential Patterning at Angkor Wat,” Antiquity 89, no. 348 (December 2015): 1439-1455.

24. Mackenzie Brown, “Hindu Perspectives on Evolution: Darwin, Dharma, and Design,” Routledge, (January 2012).

25. Stephanie Marie Yeld, “Dark Tourism: Understanding Visitor Motivation at Sites of Death and Disaster,” PhD thesis, Texas A&M University (2004).
Implementing Horror tourism inside the Baron Palace (Ghost tour using V/R technology):

- Duration of the tour: 1 hour.
- Location: Inside the Palace (to see the actual place where the mysterious stories happened).
- Price: 150 L.E including Photos during the tour.
- Number of visitors: 10 person per tour on two groups.
- Tour details: Ghost tours provide a metaphysical interpretation of real human tragedy and turn the experience of visiting the Horror Tourism sites into a thrilling experience. So, imagine a walkabout with one of the palace’s ghosts as an adventure to explain and discover the site in which tourists desire to see the places connected with rumors or mysteries spread by people to explore reality through fiction. Visitors hope to experience this adventure inside the palace to discover the actual events and connect with the place where the themes of many rumors take place. In our opinion, the film industry and the media have played an important role in the propaganda of Baron Palace myths. According to Smith (1999), it is important to concentrate on the role of narrative that lifts sites in value, besides the myths and narratives that signify heroism and self-sacrifice, which promote specific areas as sites or places of mysteries. As mentioned, the auras surrounding those places produce or provoke a response within the individual to visit these sites.

SWOT analysis of Horror Tourism in Egypt:
Due to lack of studies, which dealt with the type of Horror tourism, a set of brainstorming sessions were conducted and implemented in the presence of numerous specialists and academics to discuss the weaknesses and strengths of horror tourism as well as the opportunities and challenges that may face implementation in Egypt. Additionally, considering Romania horror tourism as a reference for the study:

SWOT analysis of Horror Tourism in Egypt:

| Strengths | Weaknesses |
|-----------|------------|
| - Diversity of horror tourism sites in Egypt. | - Lack of proper coordination between stakeholders and investors. |
| - Egyptian heritage includes many mysterious and horror stories. | - Neglect of some sites and destruction. |
| - Competitive edge for the companies. | - The sites are next to crowded suburban. |
| - Using technology in Horror Tourism scenarios. | - Nuclear market strategy or legislation on Horror tourism in Egypt. |
| - Neatness from services. | - Lack of awareness about horror tourism and its importance. |
| - Easy to access. | - Lack of qualified services. |

Opportunities

Threats

26 Anthony Smith, “Myths and Memories of the Nation,” Vol. 288. Oxford: Oxford University Press, (January 1999).

The Study Recommends

1. Raising awareness through the Supreme Council of antiquities about Horror tourism for both domestic and foreign tourism to visit and learn about Horror tourism, to show the importance and benefits of it.
2. The need for cooperation between the stakeholders in order to develop Horror Heritage sites.
3. Including Baron Palace as a horror heritage site the Travel agencies.
4. Creating scenarios for tours in the palace, viewing the stories related to the site.
5. Removing obstacles that may face Horror tourism in Egypt, as putting new lawful regulations that help implement the Horror tourism in Heritage sites.
6. Implementing Horror tourism provides several job opportunities, creates craft activities and helps attract investments in the tourism sector.

Conclusion

Sites of murders, disasters and supernatural occurrences are drawing hordes of tourists from all over the world. These sites have built around themselves an aura of mystery and intrigues like so many other places that have been witness to catastrophes and disasters. Tourism authorities around the world are now cashing in on a trend called Horror tourism; it involves travelling to places that have witnessed various human sufferings and tragedies besides sites of terrorist attacks, murders and haunted houses. Egypt has various sites that can be used as Horror tourism such as the Baron Palace, which has all the horror elements and stories that can be effectively utilized. Likewise, the massacre of Mohamed Aly, is also a place of the historical tragedy which can be displayed through a 3D dimension film to demonstrate the incidence as it happened. Consequently, the study aims to shed light on Horror tourism sites as a new trend in the tourism industry using the Baron Palace as a case study.
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