LDHB Deficiency Promotes Mitochondrial Dysfunction Mediated Oxidative Stress and Neurodegeneration in Adult Mouse Brain

Jun Sung Park 1,†, Kamran Saeed 1,‡, Myeung Hoon Jo 1, Min Woo Kim 1, Hyeon Jin Lee 1, Chan-Bae Park 2, Gwang Lee 3 and Myeong Ok Kim 1,4,*

1 Division of Life Science and Applied Life Science (BK21 FOUR), College of Natural Sciences, Gyeongsang National University, Jinju 52828, Korea; jsp@gnu.ac.kr (J.S.P.); kamran.biochem@gnu.ac.kr (K.S.); audgns1217@gnu.ac.kr (M.H.J.); mwkim0322@gnu.ac.kr (M.W.K.); ljh4912@gnu.ac.kr (H.J.L.)
2 Department of Otolaryngology, Ajou University School of Medicine, Suwon 16499, Korea; pbkaist@gmail.com or chanbaepark@ajou.ac.kr
3 Department of Physiology, Ajou University School of Medicine, Suwon 16499, Korea; glee@ajou.ac.kr
4 Alz-Dementia Korea Co., Jinju 52828, Korea
* Correspondence: mokim@gnu.ac.kr; Tel.: +82-55-772-1345; Fax: +82-55-772-2656
† These authors contributed equally to this work.

Abstract: Age-related decline in mitochondrial function and oxidative stress plays a critical role in neurodegeneration. Lactate dehydrogenase-B (LDHB) is a glycolytic enzyme that catalyzes the conversion of lactate, an important brain energy substrate, into pyruvate. It has been reported that the LDHB pattern changes in the brain during ageing. Yet very little is known about the effect of LDHB deficiency on brain pathology. Here, we have used Ldhb knockout (Ldhb−/−) mice to test the hypothesis that LDHB deficiency plays an important role in oxidative stress-mediated neuroinflammation and neurodegeneration. LDHB knockout (Ldhb−/−) mice were generated by the ablation of the Ldhb gene using the Cre/loxP-recombination system in the C57BL/6 genetic background. The Ldhb−/− mice were treated with either osmotin (15 µg/g of the body; intraperitoneally) or vehicle twice a week for 5-weeks. After behavior assessments, the mice were sacrificed, and the cortical and hippocampal brain regions were analyzed through biochemical and morphological analysis. Ldhb−/− mice displayed enhanced reactive oxygen species (ROS) and lipid peroxidation (LPO) production, and they revealed depleted stores of cellular ATP, GSH:GSSG enzyme ratio, and downregulated expression of Nrf2 and HO-1 proteins, when compared to WT littermates. Importantly, the Ldhb−/− mice showed upregulated expression of apoptosis mediators (Bax, Cytochrome C, and caspase-3), and revealed impaired p-AMPK/SIRT1/PGC-1alpha signaling. Moreover, LDHB deficiency-induced gliosis increased the production of inflammatory mediators (TNF-α, NF-kB, and NOS2), and revealed cognitive deficits. Treatment with osmotin, an adipor1 natural agonist, significantly increased cellular ATP production by increasing mitochondrial function and attenuated oxidative stress, neuroinflammation, and neuronal apoptosis, probably, by upregulating p-AMPK/SIRT1/PGC-1alpha signaling. In brief, LDHB deficiency may lead to brain oxidative stress-mediated progression of neurodegeneration via regulating p-AMPK/SIRT1/PGC-1alpha signaling, while osmotin could improve mitochondrial functions, abrogate oxidative stress and alleviate neuroinflammation and neurodegeneration in adult Ldhb−/− mice.

Keywords: Lactate dehydrogenase-B; mitochondrial dysfunction; oxidative stress; inflammation; p-AMPK/Sirt1/PGC-1alpha signaling; osmotin; neurodegeneration

1. Introduction

Mitochondria play an important role in cellular metabolism; generating energy and its proficient function is paramount in the neuronal system. However, with aging, the bioenergetics’ state, characterized by impaired mitochondrial functions, is associated with not only...
the diminished ATP formation but also promotion of various neurodegenerative diseases, including Alzheimer’s disease and Parkinson disease, through retrograde signaling, such as reactive oxygen species (ROS) and calcium dyshomeostasis. The compromised brain mitochondrial functions impair cellular redox state through abnormal intermediation of the intracellular antioxidant defense system [1,2]. Thus, the impaired mitochondria with advanced age render neurons more susceptible to stresses of various endogenous and exogenous origins [3].

Lactate dehydrogenase (LDH) is an enzyme involved in the interconversion of lactate and pyruvate. LDH is a tetrameric-protein composed of two subunits, LDHA and LDHB, which assemble into five different isozymes (LDH1-LDH5) [4] expressed in tissues with high-energy demands such as skeletal muscle, heart muscle [5], and nervous system [6]. The brain requires a continuous source of energy as it has minimal glucose storage capabilities [7]. Neurons are dependent on the lactate derived from astrocytes as energy substrate via monocarboxylate transporters (MCTs); the notion is explained by the astrocyte-neuron lactate shuttle (ANLS) theory [8–11]. Downregulation of LDHB expression disrupts the conversion of lactate into pyruvate, impairing mitochondrial ATP production and suppressing oxidative phosphorylation [12,13]. During aging, the expression pattern of LDH genes (LDHA and LDHB) changes, instigating mitochondrial impairment [14].

Adiponectin (APN) is an insulin-sensitizing adipokine that regulates energy metabolism. APN improves mitochondrial functions and increases oxidative capacity in the skeletal muscles [15]. The biological actions of APN are predominantly mediated through APN receptors (AdipoR1 and AdipoR2) [16,17]. The AdipoR1 expression is ubiquitous in the rat brain [18]. AdipoR1 positively regulates and protects neuronal cells and neural stem cells after nervous system injury [19]. The regulatory actions of APN are attributed to the activation of 5' AMP-activated protein kinase (AMPK) mediated downstream, signaling through APN receptors [17,20]. AMPK function as an energy sensor and maintain cellular energy hemostasis and metabolic pathways [21]. In the brain, the energetic stress and mitochondrial insult instigate AMPK phosphorylation, which mediates a cellular response and synchronizes multiple features of mitochondrial biology [22] through downstream signaling, including the activation of peroxisome proliferator-activated receptor-γ coactivator-1α (PGC-1α) [23].

PGC-1α plays an important role in cellular energy metabolism. Recent studies accentuated the role of PGC-1α as a central regulator of mitochondrial biogenesis and cellular respiration [24]. Notably, the role of PGC-1α in neurodegeneration has been well-studied [25]. The reduced expression pattern of PGC-1α correlates with brain mitochondrial dysfunction and oxidative stress in patients with the neurodegenerative disease [26,27]. Likewise, PGC-1α null mice display an increased sensitivity to the neurodegenerative response of oxidative stress, and its expression protects neuronal cells by suppressing ROS production through induction of ROS-detoxifying enzymes [28]. Importantly, PGC1-α regulates neuronal mitochondrial density [29] and interacts with nuclear respiratory factors to enhance mitochondrial functions [30].

Osmotin, a stress-responsive natural plant protein, mimics mammalian adiponectin [31]. Osmotin initiates downstream signaling by binding to PHO36 receptor, which is a mammalian homolog of human AdipoR1 [32]. Previously, we confirmed that osmotin activates AdipoR1/AMPK axis to alleviate neuropathological deficits in amyloid precursor protein/presenilin 1 (APP/PS1) mice [33], relieve oxidative stress, improve the mitochondrial system, and protect the neonatal brain from neuronal apoptosis, in the developing rat brain, against ethanol-induced neurodegeneration [34]. Herein, we have unraveled the role of LDHB-driven alterations in the brain. We have speculated that the deficiency of the LDHB enzyme leads to mitochondrial dysfunction associated with increased brain oxidative stress, concomitant with neuroinflammation and neurodegeneration. At the same time, the administration of osmotin alleviates these discrepancies, probably, by upregulating p-AMPK/SIRT1/PGC-1α signaling, improved cellular-redox hemostasis, and cellular ATP levels in the cortex and the hippocampal brain region. To address this challenge, we have
generated and used Ldhb−/− mice to verify the role of LDHB in promoting brain oxidative stress-mediated neuroinflammation and neurodegeneration.

2. Materials and Methods

2.1. Generation of Ldhb Null Mice

LDHB null mice were generated as we have previously reported [35]. The mice were generated by the ablation of the Ldhb gene using the Cre/loxP-recombination system in the C57BL/6 genetic background. Production of homozygote (Ldhb−/−) mice was done at Ajou University School of Medicine, South Korea. The resulting mice were transferred to Gyeongsang National University. All mice were adapted for 1 week under 12-h light/dark conditions at 23–25 °C, with 60 ± 10% humidity, and were provided with free access to water and food in the university animal laboratory. All procedures were approved and conducted under the guidelines of the animal ethics committee of the Division of Applied Life Sciences, Gyeongsang National University, South Korea (Approval number: GNU-200331-M0020).

2.2. Experimental Subjects and Drug Administration

For experiments, the same aged-matched animals were randomly divided into three different groups (n = 4/group), Saline treated wild type, Ldhb−/− + Saline treated, and Ldhb−/− + Osmotin treated groups. Osmotin was administered at dose concentration 15 µg/g of body weight in saline solution, twice a week for 5-weeks, via intraperitoneal injection. Animals had free access to food and fresh water. Mice were anesthetized and decapitated at the age of 24 months. All experiments performed followed the guidelines and principles of the Animal Ethics Committee (IACUC) (Approval ID: 125) from the Division of Applied Life Sciences at Gyeongsang National University (GNU), South Korea.

2.3. Behavioral Analysis

The spatial learning and memory functions were examined using a Y-Maze and Morris water maze (MWM) test. All animal trials were recorded and route-tracked with automated-tracking software (SMART, Panlab Harward-Apparatus, Bioscience Company, Holliston, MA, USA), and statistical analysis of the data was performed using GraphPad Prism (ver.8.0.2, San Diego, CA, USA) software.

The Y-maze apparatus consists of three identical arms of equal length (50 cm L × 20 cm H × 10 cm W) at a 120° angle within each arm. To check spontaneous alterations or the innate curiosity of animals to explore the novel areas, the mice were placed in the center of Y-maze at the arms junction site and freely allowed to explore the apparatus for 8 min. An entry of an animal was considered when all four limbs were inside the arm. The total number of arm entries and successive triplets were recorded. The [%] spontaneous alternations were measured as 100 × [consecutive entries into three different arms]/the total number of arm entries − 2]. The % spontaneous alternations correlated positively with spatial working and memory function.

The MWM consists of a circular metal pool (1 m dia. × 0.4 m H) with a uniform interior, filled ~65% with water (25 ± 1 °C) opacified by supplementing with non-toxic tempera paint. A circular platform (0.1 m dia. × 0.14 m H) was submerged ~1 cm below the water’s surface in one of the four arbitrary pool quadrants for rescue purposes. The automated camera was fixed just above the center of the maze on the ceiling to monitor and document the animal routes during a behavioral test. A day before training, mice received an acclimatization period and were allowed to swim in the water pool and rested on the platform for 30 s. Each mouse (n = 4/group) was then subjected to a consecutive 4-day training period with 4 trials (60 s/trial) per day. During the training period, the mice were placed in one of the quadrants and were allowed to search the submerged platform. The animals that failed to locate the platform in the permitted time were physically guided and placed on the platform for 10 sec before being removed. For each trial, the starting location was changed from one arbitrary quadrant to another, and the escape latencies were
measured for all days. On the 5th day after training, a probe test was conducted without a platform in the pool to check the memory retention. Animals were allowed to swim from one of the quadrants for 60 sec, and both the number of times the mice crossed and the time spent in the formal platform zone were measured.

2.4. Brain Tissue Collection and Sample Preparation

After cognition assessments, the mice were anesthetized with Rompun (M&S Korea) mixed with Zoletil (M&S Korea) (1:2) (administered; 0.5 mL per 100 g of body weight). For biochemical analysis, the brains were immediately removed, and the hippocampi and cortices regions were dissected out carefully and flash-frozen with liquid nitrogen. For protein extraction, the tissues were mechanically homogenized in PRO-PEP extraction solution on the surface of the ice and centrifuged at 13,000 rpm for 30 min at 4 °C. The supernatants were collected and analyzed by SDS-PAGE. For immunostaining and morphological analysis, the animals were perfused transcardially with normal saline and then, subsequently, with 4% paraformaldehyde (PFA). The brains were removed cautiously, submerged, and fixed at 4 °C in ice-cold PFA for 72 h and were then rinsed with filter-Phosphate-buffered saline (f-PBS) and placed in 20% sucrose solution for 48 h before freezing in OCT compound (Tissue-Tek O.C.T compound medium, Sakura Finetek USA, Inc., Torrance, CA, USA #4583). Serial 14 µm coronal tissue sections were cut on CM 3050C cryostat (Leica, Nussloch, Germany) microtome and thaw-mounted on gelatin-coated slides.

2.5. Immunoblotting, Immunofluorescence and Immunohistochemistry

Western Blot was performed as we have previously reported [33]. The protein quantitation was performed for immunoblotting using Bio-Rad protein assay (Bio-Rad Laboratories, Hercules, CA, USA). Equal quantities (20 µg) of protein were fractioned by SDS-PAGE, followed by transfer to polyvinylidene difluoride (PVDF) membrane. To reduce non-specific bindings, the membranes were blocked in skim milk (5% in TBST) for 1h and incubated overnight (at 4 °C) with primary antibodies to reveal the protein of interest. β-actin levels were used as an internal control.

For immunofluorescence, the fixed brain tissue/sections were washed twice (eight min/wash) with filter-phosphate buffered saline (f-PBS). The slides were then treated with proteinase K for 5 min, and washed again twice for 5 min, each with f-PBS. The slides were then blocked with 5% goat serum (diluted with 0.3% Triton X-100 in f-PBS) for 1 h at room temperature before being rinsed with f-PBS. The slides were incubated overnight (at 4 °C) with primary antibody and then, with a secondary TRITC- or FITC-conjugated antibody for 90 min at room temperature. After incubation, the secondary antibody solution was carefully removed, followed by washing for 10 min with f-PBS and counter-staining with DAPI. The mounting medium (Dako North America, Inc. 6392 Via Real Carpinteria, CA, 93013 USA) was applied on the slides and cover-slipped. Images were acquired with laser-scanning confocal microscopy (FluoView FV 1000; Olympus, Tokyo, Japan). The data sets from both techniques were analyzed and plotted using ImageJ software (v. 1.50, NIH, Bethesda, MD, USA) and GraphPad Prism (ver. 8.0).

Immunohistochemistry for LDHB was performed by initially washing the brain slides with f-PBS (5 min), followed by incubation with proteinase K (20 mg/mL) for 10 min. The slides were then treated with 9:1 of methanol and H2O2 solution for 10 min, followed by blocking with normal goat serum in 5% BSA, containing Triton x-100(0.03%) at room temperature for 1.5 h. The brain slices were then incubated overnight at 4 °C with primary antibody (anti-LDHB) followed by washing and incubation with secondary biotinylated anti-rabbit IgG for 2 h. The sections were then treated with ABC solution for 1 h at room temperature. After DAB-chromogen application, the slides were washed with f-PBS (5 min, 2 times) and dehydrated in 50, 70, and 95% ethanol solution, respectively, for 1 min each. The tissues sections were then cleared in xylene solution for 5 min and mounted. The brain morphology of stained slides was analyzed using a microscope (Zeiss Axioskop 2 Plus, Oberkochen, Germany). The primary and secondary antibodies used are shown in Table 1.
Table 1. List of primary and secondary antibodies.

| Primary Antibodies     | Dilution       | Source       | Identifier |
|------------------------|----------------|--------------|------------|
| Anti-LDH2              | IB = 1:1000, IF = 1:200, IHC = 1:200 | Invitrogen PA5-27505 |            |
| Anti-Nrf2              | IB = 1:1000, IF = 1:500 | Santa Cruz SC-365949 |            |
| Anti-HO-1              | IB = 1:1000, IF = 1:200 | Santa Cruz SC-136960 |            |
| Anti-Bax               | IB = 1:1000 | Santa Cruz SC-7480 |            |
| Anti-Bcl-2             | IB = 1:1000 | Santa Cruz SC-7382 |            |
| Anti-caspase-3         | IB = 1:1000, IF = 1:200 | Santa Cruz SC-56052 |            |
| Anti-Cytochrome C      | IB = 1:1000 | Santa Cruz SC-8385 |            |
| Anti-AdipoR1           | IB = 1:1000 | Abcam Ab-126611 |            |
| Anti-P-AMPK            | IB = 1:1000 | Abcam #2535 |            |
| Anti-AMPK              | IB = 1:1000 | Abcam #2532 |            |
| Anti-Sirt1             | IB = 1:1000 | Santa Cruz SC-74465 |            |
| Anti-PGC-1α            | IB = 1:1000, IF = 1:200 | Santa Cruz SC-13067 |            |
| Anti-Tnf-α             | IB = 1:1000 | Santa Cruz SC-52746 |            |
| Anti-p-NF-kB           | IB = 1:1000 | Santa Cruz SC-136548 |            |
| Anti-NOS-2             | IB = 1:1000, IF = 1:200 | Santa Cruz SC-52746 |            |
| Anti-IL-1β             | IF = 1:200 | Santa Cruz sc-32294 |            |
| Anti-GFAP              | IB = 1:1000, IF = 1:200 | Sigma G-3893 |            |
| Anti-Iba-1             | IB = 1:1000 | Wako chemicals 16-20001 |            |
| Anti-SNAP-23           | IB = 1:1000 | Santa Cruz SC-166244 |            |
| Anti-PSD-95            | IB = 1:4000, IF = 1:500 | Cell signaling 3450 |            |
| Anti-β-actin           | IB = 1:1000 | Santa Cruz SC-47778 |            |
| Anti-Mouse IgG         | IB = 1:2500 | Promega W4021 |            |
| Anti-Rabbit IgG        | IB = 1:2500 | Promega W4011 |            |
| Biotinylated mouse IgG| IHC = 1:100 | Santa Cruz SC-2762 |            |
| Goat anti-mouse IgG-FITC | IF = 1:50 | Invitrogen A32723 |            |
| Goat anti-rabbit IgG-FITC | IF = 1:50 | Invitrogen A32732 |            |

2.6. Nissl Staining

Nissl staining was performed to visualize the Nissl bodies to determine the morphological and pathological changes in the brain neuronal structure [36]. In brief, the slides containing brain tissue were washed with water, to remove the salt’s residue, and stained for 8–10 min with the warm cresyl violet solution (0.5%), supplemented with a few drops of glacial acetic acid. The slides were quickly rinsed with MilliQ water to remove excess stain and then progressively dehydrated in 70, 95, and 100% ethyl alcohol for 15 min. The brain slices were then cleared twice in xylene, for 5 min each, before being mounted with a non-fluorescence permanent mounting medium and a coverslip. For morphological visualization, TIF images were acquired with a fluorescence optical light microscope, and the number of surviving neuronal cells in the hippocampi and cortices area was analyzed with ImageJ software.

2.7. ROS, Lipid Peroxidation (MDA), ATP and GSH Assays

The ROS assay was performed, as previously described, with minor modification [37]. This assay is based on the formation of 2′,7′-dichlorofluorescein (DCF) from the oxidation of 2′,7′-dichlorodihydrofluorescein diacetate (DCFH-DA) (Santa Cruz, Dallas, USA, CAS #4091-99-0). The homogenates of the cortex and hippocampus were diluted with a concentration of 1:20 in ice-cold Lock’s buffer to yield 2.5 mg/tissue/500 µL. Next, the 1 mL of the Lock’s buffer mixture (pH ± 7.4), containing 0.2 mL of homogenates, was incubated with 10 mL of DCFH-DA (5 mM) solution, at room temperature for 30 min, to make fluorescent product dichlorofluorescein (DCF). For the calculation of DCF formation, parallel blanks were measured without homogenate. The ROS levels were measured using a microplate reader, and the data are expressed as DCF formed (pmol)/the amount of protein (mg).

Quantification of lipid peroxidation was assessed by measuring malondialdehyde (MDA) concentration using an MDA colorimetric/fluorometric assay kit (Bio Vision, San Francisco, CA, USA, Cat# K739–100) according to manufacturer protocols.
The glutathione (GSH) and GSH: oxidized GSH (GSSG) levels of the brain homogenates were measured using a fluorometric GSH assay kit (Bio-Vision Inc., 155 S. Milpitas Boulevard, Milpitas, CA 95035, USA), according to the company’s approved guidelines.

For the detections of ATP levels, ATP Assay Kit (Colorimetric/Fluorometric) (ab83355) was used, according to the company’s protocol.

Fluorescence intensities of the assays were recorded (ROS: Ex/Em = 484/530 nm, MDA: Ex/Em = 532/553 nm, ATP: Ex/Em = 535/587 nm and GSH: Ex/Em = 340/420 nm and) using 96-well fluorescence microplate reader ApoTox-Glo™ (Triplex-Assay, Promega, Madison, WI, USA).

2.8. Statistical Analysis

Values are illustrated as means ± standard errors of the mean (SEM). All the data sets were plotted and statistically analyzed using one-way ANOVA, followed by Tukey’s post-hoc test, using computer-based GraphPad Prism software (ver.8.0, San Diego, CA, USA). The p values that presented less than 0.05 were considered statistically significant between the two groups. Statistical analysis is conferred in Figure legends.

3. Results

3.1. Generation of Ldhb KO mice

Complete allelic Ldhb−/− mouse strains were generated as we have previously reported [35]. Briefly, Ldhb floxed (LdhbloxP/+) mice were generated through recombination using pBS-Ldhb (Liu, Genome Res) KO targeting vector. These mice were then crossed with cre-transgenic mice in the C57/Bl6 background, expressing cre recombinase under the control of protamine1 promoter (PRM-cre) to generate Ldhb+− offspring. The Ldhb−− mice were then generated by breeding heterozygous (Ldhb+−) pairs. The schematic (Figure 1A) describes the generation of the Ldhb gene knockout locus. Ldhb KO mice were treated with osmotin intraperitoneal injections two times a week, for 5 weeks, from 19 to 24 weeks of age. The osmotin was administered at a dose of 15 μg per 1g of body weight. After behavioral tests, mice were euthanized for experiments (Figure 1B). The loss of LDHB expression was confirmed in both the brain and periphery. As expected, the immunoblot results revealed no expression pattern of LDHB enzyme in the cortex and hippocampal brain homogenates of the Ldhb KO mice (Figure 1C). Likewise, no detectable LDHB expressions were found in the kidney and liver homogenates of LDHB deficient mice (Figure 1D). Immunofluorescence and immunohistochemistry further verified the loss of LDHB protein expression in the cortical and hippocampal brain slices of the Ldhb−/− mice (Figure 1E,F). These findings confirm the generation of complete homozygous LDHB null mice.

Figure 1. Cont.
3.2. Ldhb KO Mice Display Increased Brain Oxidative Stress and Redox Dyshomeostasis

There is a wealth of literature demonstrating the physiological and pathological evidence that compromised mitochondrial function and dynamic plays important roles in aging and the pathogenesis of neurodegenerative diseases [38]. To determine whether Ldhb<sup>−/−</sup> mice exhibit mitochondrial dysfunctions, we measured the ATP levels, oxidative stress parameters, and endogenous antioxidant markers, in both the cortex and hippocampus, compared to control littermates. The Ldhb<sup>−/−</sup> mice displayed enhanced reactive oxygen species (ROS) and increased lipid peroxidation (LPO), as revealed by higher DCF fluorescence and MDA content, respectively, in the cortex and hippocampal brain homogenates (Figure 2A,B). Moreover, the brain homogenates of Ldhb KO mice presented depleted values of GSH and GSH:GSSG ratio (Figure 2C,D), as well as low level of extracellular ATP (Figure 2E) when compared to the wild type (WT) group. Moreover, immunoblot quantification revealed a significant downregulation of Nrf-2 and HO-1 expressions in the cortex and hippocampal brain regions compared to the control mouse cohort (Figure 2F). The immunofluorescence analysis of brain slices of Ldhb KO mice further invigorated the loss of Nrf-2 immunoreactivity in the cortex and within the hippocampal-DG region (Figure 2G). Together, these results demonstrate that LDHB deficiency causes mitochondrial dysfunctions and promotes brain oxidative stress and cellular-redox dyshomeostasis in adult mice.
3.3. Ldhb KO Mice Exhibit Neuronal Loss and Neurodegeneration

As oxidative stress and mitochondrial dysfunction are likely to promote neuronal loss, as observed in many neurodegenerative diseases [39], we, therefore, hypothesized that enhanced ROS might be associated with cell death and neurodegeneration in Ldhb KO mice. To investigate this notion, we analyzed the neuro-apoptotic protein expressions in the cortex and hippocampal brain homogenates. We observed a significant upregulation in Bax/Bcl-2 ratio, cytochrome C, and caspase-3 protein expressions, leading to cell death and apoptosis in Ldhb KO mice (Figure 3A). Likewise, the immunofluorescence analysis also illustrated a prominent increased caspase 3 immunoreactivity in the cortex and hippocampal brain region of Ldhb KO mice compared to control littermates (Figure 3B). Furthermore, the cresyl violet stained brain slices of LDHB deficient mice also displayed neuronal degeneration in the cortex and within the hippocampal CA-1 region, as indicated by fewer, and sparsely arranged, Nissl substances compared to WT, which presented deeper and dark stained Nissl bodies with higher density (Figure 3C). These data indicate that loss of LDHB is associated with neuronal degeneration and cell death.
Figure 3. LDHB deficiency-induced apoptotic cell death in the cortex and hippocampus of the experimental groups. (A) Western blot analysis of Bax, Bcl-2, Cytochrome C and Caspase-3 in the cortex and hippocampus of Ldhb<sup>−/−</sup> and WT mice. The bands were quantified using ImageJ software, and the differences are represented by histograms. β-actin was used as a loading control. (B) Confocal immunofluorescence photomicrographs of Caspase-3 reactivity in the cortex and hippocampus of the experimental groups. The density values are relative to the WT group and expressed in arbitrary units (A.U.). The data are presented as the mean ± SEM of 4 mice per group, ** <i>p</i> ≤ 0.01. (C) Photomicrograph of LDHB Nissl staining in the cortex and hippocampus region of the mouse brain.

3.4. Osmotin Improved Mitochondrial Functions via Regulating the p-AMPK/SIRT1/PGC-1α Axis in Ldhb KO Mice

Since p-AMPK is an energy sensor molecule, it coordinates positively with Sirt1 to regulate PGC-1α and improve mitochondrial functions [21]. We thereby determined whether osmotin treatment would trigger the p-AMPK/SIRT1 axis to activate PGC-1α in Ldhb KO mice. Immunoblot results of Ldhb<sup>−/−</sup> mice revealed reduced expressions of AdipoR1 and were associated with downregulated p-AMPK, SIRT1, and PGC-1α protein expression in cortical and hippocampal brain homogenates compared to the age-matched WT group (Figure 4A). Immunofluorescence analysis of the Ldhb KO brain slices further invigorated the downregulation of PGC-1α immunoreactivity within the cortex and hippocampal-DG region (Figure 4B). However, osmotin treatment enhanced AdipoR1 expression and was accompanied by rapid phosphorylation of AMPK (Thr172), and it increased SIRT1 expression, indicating a probable activation of AdipoR1/p-AMPK/SIRT1 signaling (Figure 4A). The treatment with osmotin also upregulated the PGC-1α expression and immunoreactivity, as revealed by both immunoblot and immunofluorescence analysis, respectively, in the cortex and hippocampal brain region (Figure 4A,B). These data suggest that a Ldhb KO mouse displays suppression of PGC-1α protein expression, probably associated with diminished p-AMPK/SIRT1 signaling, while osmotin treatment may instigate the p-AMPK/SIRT1 signaling to regulate PGC-1α to alleviate mitochondrial dyshomeostasis observed in Ldhb KO mice.
Figure 4. Treatment with osmotin upregulated p-AMPK/SIRT1/PGC-1alpha signaling, reduced by LDHB deficiency. (A) Western blot analysis of AdipoR1, p-AMPK, AMPK, SIRT1, and PGC-1alpha in the cortex and hippocampus of the experimental groups. The bands were quantified using ImageJ software, and the differences are represented by histograms. β-actin was used as a loading control. (B) Confocal immunofluorescence photomicrographs of PGC-1alpha immunoreactivity in the cortex and hippocampus of the experimental groups. The data is presented as the mean ± SEM of 4 mice per group and expressed in arbitrary units (A.U.). ** p ≤ 0.01, * p ≤ 0.05, n.s = not significant.

3.5. Osmotin Alleviates Brain Oxidative Stress and Neurodegeneration in Ldhb KO Mice

To further determine if osmotin treatment would reduce the brain oxidative stress, improve mitochondrial functions, and protect against the neurodegeneration in LDHB deficient mice, we performed LPO, ROS GSH, and ATP assay, along with immunoblots and immunofluorescence analysis, of the cortical and the hippocampal brain regions. Both ROS and LPO assays demonstrated a decrease in oxidative stress, as revealed by a loss in DCF fluorescence and MDA contents, respectively (Figure 5A,B), whilst the GSH and GSH: GSSG levels were increased in osmotin treated Ldhb KO brain compared to saline-treated Ldhb KO mice (Figure 5C,D). Moreover, osmotin enhanced extracellular ATP levels in Ldhb−/− mice (Figure 5E). Besides, osmotin treatment of Ldhb KO mice significantly enhanced Nrf2 expression and immunoreactivity, as well as HO-1 protein expression in comparison to saline-treated Ldhb−/− mice (Figure 5F,G). Likewise, treatment with osmotin also improved the mitochondrial system by downregulating the expression of Bax/Bcl-2 ratio, alleviating cytochrome C release and abolishing cell death, as visualized by deescalated caspase3 expression and immunoreactivity, when compared to the saline-treated LDHB deficient mice (Figure 5H,I). Together, these results demonstrate that osmotin treatment improves mitochondrial bioenergetics and cellular-redox homeostasis by increasing the expression of endogenous cytoprotective-enzymes (HO-1 and GSH) and ATP levels to reduce ROS and rescue cell death and neurodegeneration.
Figure 5. Osmotin alleviates oxidative stress and apoptosis, induced by LDHB deficiency in the cortex and hippocampus. (A,B) Analysis of the ROS generation and LPO production in the cortex and hippocampus of Ldhb\(^{-/-}\) and osmotin treated Ldhb\(^{-/-}\) mice. (C–E) The representative histograms show the glutathione (GSH) levels, GSH/glutathione disulfide (GSH/GSSG) ratio, and ATP levels in the brain tissue lysate of the adult mice. (F) Western blot analysis of Nrf2 and HO-1 in the cortex and hippocampus of adult mouse brains. (G) Confocal immunofluorescence photomicrographs of Nrf-2 reactivity in the cortex and hippocampus of Ldhb\(^{-/-}\) and Osmotin-treated groups. (H) Western blot analysis of Bax, Bcl-2, Caspase-3, and Cytochrome C in the cortex and hippocampus of adult mouse brains. (I) Confocal immunofluorescence photomicrographs of Caspase-3 reactivity in the cortex and hippocampus of Ldhb\(^{-/-}\) and Osmotin-treated groups. Western blot bands were quantified using ImageJ software, and the differences are presented by histograms. β-actin was used as a loading control. The density values are relative to the KO group and expressed in arbitrary units (A.U.). The data are presented as the mean ± SEM of 4 mice per group, * \( p \leq 0.05 \), ** \( p \leq 0.01 \).

3.6. Osmotin Impedes Gliosis and Neuroinflammatory Mediators in Ldhb KO Mice

Mitochondrial oxidative damage is strongly associated with neuroinflammation [40] and glial cells activation, which may contribute to the inflammatory response and play an important role in the development of neurodegenerative diseases [41]. Therefore, we further investigated whether the Ldhb deficient mice display glial cell reactivity. Immunoblot results revealed enhanced gliosis, as observed by the upregulated expression of GFAP and IBA in the cortical and hippocampal brain homogenates of LDHB deficient mice, compared to WT littermates (Figure 6A). Immunofluorescence analysis further corroborated the presence of reactive astrocytes, as indicated by the increase in GFAP immunoreactivity in the Ldhb KO brain slices (Figure 6B). Remarkably, osmotin treatment significantly alleviated gliosis, as illustrated by the downregulated IBA and GFAP protein expression and a prominently
reduced GFAP immunoreactivity in the cortex and hippocampal brain regions, compared to the WT group (Figure 6A,B). Since LDHB deficient mice displayed a modulation of glial activity, we further investigated the expression of various brain inflammatory mediators. Compared to WT, the immunoblot analysis of the Ldhb KO mice revealed increased expression of tumor necrosis factor (TNF)-α, nuclear factor Nf-kB, and inducible NO synthase (NOS2) in the cortex and hippocampal brain homogenates (Figure 6C). Fluorescence microscopy of the brain slices also revealed an increase in IL-1β immunoreactivity in the LDHB deficient mice (Figure 6D). Nonetheless, osmotin treatment significantly reduced the expression of inflammatory mediators (TNF-α, Nf-kB, and NOS2) (Figure 6C) and IL-1β immunoreactivity in the cortical and hippocampal brain regions (Figure 6D).

Figure 6. Osmotin alleviates immune response induced by LDHB deficiency in the cortex and hippocampus. (A,C) Western blot analysis of GFAP, Iba-1, TNF-α, Nf-kB, and NOS-2 in the cortex and hippocampus of adult mouse brains. The bands were quantified using ImageJ software, and the differences are represented by histograms. β-actin was used as a loading control. (B,D) Confocal immunofluorescence photomicrographs of GFAP and IL-1β reactivity, respectively, in the cortex and hippocampus of the experimental groups. The density values are relative to the WT group and expressed in arbitrary units (A.U.). The data are presented as the mean ± SEM of 4 mice per group, **p ≤ 0.01, #p ≤ 0.05.

3.7. Osmotin Curtailed Spatial Learning and Memory Deficits Observed in Ldhb KO Mice

Mitochondrial dysfunction is primary and a major contributor to cognitive defects in neurodegenerative disease such as AD. In the brain, mitochondrial impairment causes oxidative stress and bioenergetics deficiency, which aggravates AD disease pathology, leading to synaptic failure and memory loss [42]. Therefore, we determined whether our Ldhb KO mice had developed any behavioral deficits. We subjected 24-week-old mice to the Y-maze and MWM test to access spatial working memory and learning/memory functions in all the
groups. Ldhb−/− mice illustrated insignificant curiosity to explore the novel arms, as revealed by a decrease in % spontaneous alternations, with an increase in total arm entries compared to WT littermates in Y-maze analysis (Figure 7A,B). However, osmotin treated Ldhb KO mice displayed higher % spontaneous alterations with the reduced total number of arm entries (Figure 7A,B). Furthermore, to analyze spatial and long-term memory, the mice were exposed to MWM for consecutive four-day acquisition training. All experimental groups featured improvements in learning the maze with time, as indicated by shorter escape latencies in submerged platform training sessions (Figure 7D). However, during a probe test on a 5th day, when the submerged platform was removed, the LDHB deficient mice displayed a decline in time spent and in the number of platform crossing in the target quadrant compared to control littermates (Figure 7E,F). Conversely, osmotin treated Ldhb KO mice spent more time and revealed higher numbers of platform crossing compared to the saline-treated LDHB deficient group (Figure 7E,F). As the cognitive decline is directly correlated with synapse loss [43], we then investigated the pre- and post-synaptic protein expression in the cortex and hippocampal brain regions. The Ldhb KO mice presented reduced expressions of pre-synaptic synaptosomal-associated protein 23 (SNAP23) and post-synaptic density protein 95 (PSD-95) compared to the WT group (Figure S1A). The immunofluorescence analysis of brain slices also revealed a decrease in PSD-95 immunoreactivity in the cortical and hippocampal-DG region of Ldhb−/− mice (Figure S1B). Contrariwise, the osmotin administered Ldhb deficient mice revealed upregulated pre-synaptic SNAP23 expression, as well as increased PSD-95 protein expression and immunoreactivity, compared to age-matched control mice (Figure S1A,B). Together, these results illuminate that Ldhb KO mice display short-term working memory and spatial learning and retention memory deficits, whilst osmotin treatment alleviates these discrepancies to improve cognitive health in LDHB deficient mice.

![Figure 7](image_url)

**Figure 7.** Effect of osmotin on LDHB deficiency-induced cognitive and learning dysfunction. The behavioral studies were performed through the Y-maze test and the Morris water maze (MWM). (A,B) The graphs represent the % of spontaneous alternation behaviors and the total number of entries in the Y-maze test. The Ldhb−/− mice revealed significantly reduced % spontaneous alternation, with a marked difference in the total number of arm entries compared to the WT group. Treatment with osmotin enhanced % spontaneous alternation, signifying improvement in short-term memory and working memory, as well as reduced total number of arm entries in Ldhb−/− mice. (C) Represents trajectories in the Y-maze test. (D) Average escape latency time is taken by mice to reach the hidden platform (from training day 1 to 4 days) in the MWM test. The training period reveals that mice were successful in learning the maze. (E,F) In the probe test, Ldhb−/− mice, compared to WT, illustrated a decline in time spent and an average number of crossing in the arbitrary quadrant in MWM. Osmotin treatment of Ldhb−/− increased the total time spent and the number of crossings, implying an improvement in spatial reference and working memory. (G) Diagram reveals representative trajectories in the MWM test. The data are presented as the mean ± SEM of 4 mice per group, **p ≤ 0.01, *p ≤ 0.05.
4. Discussion

In the current study, we generated and used Ldhb knockout (Ldhb\(^{-/-}\)) mice. Our findings provide evidence for the role of LDHB deficiency in inducing brain mitochondrial dysfunction associated with oxidative stress, neuroinflammation, and neurodegeneration. We further exhibited that osmotin, an adiponectin natural memetic through AdipoR1, mitigated these discrepancies, possibly, by upregulated expression of p-AMPK/SIRT1/PGC-1\(\alpha\) signaling to improve mitochondrial functions and alleviate neuroinflammation and neurodegeneration in Ldhb\(^{-/-}\) mice.

Although the brain only accounts for 2% of body weight, it consumes 20% of the individual’s total energy. Due to this hefty energy requirement, a slight impairment in the brain bioenergetics may promote various neurodegenerative disorders, such as Alzheimer’s disease (AD) and Parkinson’s diseases (PD) [44]. Neurons are post-mitotic specialized cells, so they consume more than 80% of the total brain energy, and thus, they are inherently reliant on mitochondria and are particularly more vulnerable to a condition such as ageing, in which energy sources are depleted [45,46]. Lactate is an essential source of brain energy metabolism and helps in maintaining neuronal cell survival. The notion is best explained by the astrocyte-neuron lactate shuttle (ANLS) hypothesis [8,9]. LDHB is an important enzyme selectively expressed in neurons [6], and it converts the lactate shuttled from astrocytes to neurons through monocarboxylate transporters (MCTs) to be used as energy metabolite [47], making it important for long-term memory formation [48,49]. We previously reported that loss of LDHB function disrupts the neuronal conversion of lactate into pyruvate, triggers respiratory dysfunction, and suppresses oxidative phosphorylation [12,13], suggesting Ldhb gene expression may be directly associated with neuronal energy production and mitochondrial functions. Thus, we interrogated the deficiency of LDHB that might promote brain mitochondrial dysfunction associated with alteration in cellular-redox homeostasis, neuroinflammation, and neurodegeneration in Ldhb KO mice.

Mitochondrial impairment and oxidative stress are early symptoms and are commonly implicated in the pathogenesis of several neurodegenerative diseases, including AD [39,42]. Mitochondrial dysfunction causes bioenergetics deficiency and cellular redox dyshomeostasis [50] and, therefore, has detrimental effects on neuronal cells that are critically dependent on mitochondria [51]. Overexpressing Ldhb in mice muscle improved mitochondrial gene expression and respiration capacity [52]. On the contrary, suppressing Ldhb expression in hepatoma cells disrupted the conversion of lactate to pyruvate, reducing the concentration of ATP production, and causing mitochondrial dysfunction [12]. Similarly, the shRNA-mediated silencing of Ldhb in A\(\beta\)-resistant PC12 cells displayed an increased mitochondrial ROS production and neurotoxicity [53]. Likewise, the Nrf2-ARE pathway, a modulator of oxidative stress (OS) to keep ROS within the limit, is compromised during aging and neurodegeneration [54]. Nrf2 expression affects cellular bioenergetics, and its deficiency is known to be associated with impaired respiration and reduced ATP levels [55]. Consistent with these, our Ldhb deficient mice revealed low ATP levels and a decline in brain endogenous anti-oxidative ability. They also displayed enhanced ROS and LPO production, as well as reduced levels of Nrf2 and cytoprotective enzymes, such as GSH and HO-1, in the cortex and hippocampal regions. These results suggest that LDHB expression is important for mitochondrial bioenergetics, and its deficiency is associated with dysregulated intracellular-redox hemostasis.

Oxidative stress and mitochondrial impairment contribute to neurodegeneration and aging through bioenergetics failure and enhanced ROS accumulation [56]. Being considered as a key regulator of cell death and survival, mitochondria, when losing their structural integrity and function, interact with different proteins to instigate neuronal cell death, leading to neurodegeneration [57]. During apoptosis, mitochondria release various modulators of cell death, including cytochrome-c [58,59], which initiates a series of events, leading to caspase-3 activation, a key executioner of apoptotic cell death [60]. The LDHB deficient mice, which presented dysregulated mitochondrial function, also displayed enhanced neuronal loss, as visualized by increased Bax/Bcl-2 ratio, cytochrome-c
release, and upregulated caspase 3 expression. The histological analyses, using cresyl violet staining, further verified the loss of neuronal cells in the cortex and hippocampal brain regions. These results revealed that \textit{Ldhb}^{-/-} mice exhibit a neurodegenerative phenotype.

There is a strong correlation between adiponectin (APN) signaling and mitochondrial bioenergetics [61]. APN mediates AMPK and SIRT1, a metabolic energy sensor through APN-receptors (AdipoR1 and AdipoR2) to facilitate cellular energy homeostasis and regulate mitochondrial functions in different tissues [17,62]. AMPK activation is required to increase both the oxidative capacity and mitochondrial functions in skeletal muscle. Likewise, AMPK-\alpha2 null mice presented decreased expression in PGC-1\alpha [63], a nuclear transcription co-activator and a key player in promoting mitochondrial function and improving oxidative metabolism [24]. Moreover, disrupting AdipoR1 expression in muscle resulted in suppressing AMPK and SIRT1 activation by adiponectin and caused a decrease in PGC-1\alpha expression [17]. Similarly, PGC-1\alpha expression is downregulated in AD brain tissue and other neurodegenerative diseases, indicating impaired mitochondrial impairment [64]. In the current study, \textit{Ldhb} KO mice revealed a decrease in AdipoR1, p-AMPK, and SIRT1 expression. The dysregulated AdipoR1/p-AMPK/SIRT1 axis was associated with reduced PGC-1\alpha activity. Previously, we reported that osmotin and osmotin derived nanopeptide, adipoR1 agonists, regulated brain energy metabolism, and mitigated neuropathological deficits through AdipoR1/AMPK signaling in AD and Adiponectin^{-/-} mice [33,65]). Moreover, we have confirmed that osmotin action is mainly attributed to the activation of AdipoR1, as the silencing of AdipoR1 expression abolished the osmotin ability to activate p-AMPK and SIRT1 in SH-SY5Y neuroblastoma cells [33]. The \textit{Ldhb}^{-/-} mice treated with osmotin (APN homolog) may activate an AdipoR1/p-AMPK/SIRT1 signaling pathway to potentially activate the PGC-1\alpha axis. Hence, we speculate that osmotin probably instigates the p-AMPK/Sirt-1/PGC-1\alpha axis to improve mitochondrial functions in LDHB deficient mice. Correspondingly, p-AMPK/SIRT1/PGC-1\alpha axis activation by osmotin may improve mitochondrial bioenergetics, reduce brain oxidative stress, and reduce cell death and neurodegeneration in \textit{Ldhb} KO mice. PGC-1alpha plays an important role in the suppression of ROS and neuronal loss [28]. Accumulating evidence illustrated the role of PGC-1\alpha in stimulating the expressions of mitochondrial genes and ROS-detoxifying enzymes [66,67]. Activation of AMPK-PGC-1\alpha signaling reduces the hyperglycemia-induced ROS upsurge [67]. Furthermore, endothelial cells, overexpressing PGC1-\alpha, displayed increased mitochondrial membrane potential, reduced ROS, and decreased apoptotic cell death, whilst siRNA mediated downregulation of PGC-1\alpha, which reduced mitochondrial detoxification proteins expression [66]. Moreover, the brain of the PGC-1\alpha null mouse also revealed neurodegenerative lesions [68] and displayed increased sensitivity to ROS-mediated oxidative damage and the neurodegenerative effect of kainic acid and MPTP oxidative-stressors. However, overexpression of PGC-1\alpha protects the cultured neural cells from oxidative-stress-mediated death [28]. These studies collectively demonstrate the role of PGC-1\alpha as a master player in regulating the mitochondrial function and anti-oxidant response against cell death; instigating the AdipoR1/p-AMPK/PGC-1\alpha axis through natural plant protein such as osmotin might play an important role in alleviating mitochondrial alterations and oxidative stress concomitant with neurodegeneration in \textit{Ldhb} deficient mice.

OS has been reported to trigger glial cell immune response, which initiates multiple signaling pathways to induce the release of inflammatory mediators and cytokines such as IL-1\beta, iNOS, COX2, and TNF-\alpha [69,70]. Activation of astrocytes and microglia, to mediate neuroinflammation, are important components of neurodegenerative diseases [71]. Our LDHB deficient mice revealed astrocytosis and microglial cell activation and showed elevated expression of various inflammatory mediators, including TNF-\alpha, COX2, NOS-2, IL-1\beta, and NF-kB. Importantly, osmotin attenuated inflammatory response in LDHB deficient mice. Previously, we reported that osmotin attenuates LPS-induced neuroinflammation via regulating the NF\kappaB signaling pathway [72]. Moreover, osmotin has been shown to mimic the anti-inflammatory activity of adiponectin in murine models of colitis [73,74],
and it has been reported to be critical in the suppression of vascular inflammation and atherosclerosis [75].

Mitochondrial dysfunction, associated with oxidative damage, causes synapse loss and impairs neurotransmission, promoting cognitive deficits, and is predictive of the aging phenotype [76]. The neuronal ability to produce sufficient ATP is impaired during aging and neurodegenerative disorders, provoking synapse failure and neural degeneration [77]. Freshly isolated synaptosomes from the adult rat brain have revealed an increase in LDHB enzyme expression [78]. Furthermore, accumulative evidence illuminated the role of lactate, produced and transported between astrocytes and neurons through MCTs, which is required for long-term memory formation [48]. Importantly, our study revealed that \textit{Ldhb} KO mice have a decline in memory performance. LDHB deficient mice displayed spatial working and retention memory deficits, as visualized in both Y-maze and Morris Water Maze (MWM) test, compared to the age-matched wild type. Moreover, the behavioral impairments in \textit{Ldhb} KO mice were also correlated with a decline in cortical and hippocampal pre-synaptic synaptosomal-associated protein 23 (SNAP23) and postsynaptic density protein 95 (PSD-95) expression when compared to the WT group. APN has been reported to alleviate neurobehavioral deficits in aged mice after cerebral ischemia [79]. Similarly, chronic APN deficiency in aged mice leads to cognitive impairments, through attenuated APMK signaling [80], and exacerbates neuronal loss and cognitive deficits in 5xFAD mouse [81]. Previously, we reported that suppression of AdipoR1 promotes metabolic dysfunction associated with AD-like pathology and memory deficit [82], while intraperitoneal injection of osmotin alleviated neuropathological and neurobehavioral deficits in APP/PS1 mice [33]. Similarly, the expression of PGC-1\(\alpha\) is reduced, in AD, as a function of clinical dementia [83]. In line with these, our LDHB deficient mice, treated with osmotin, reduced neurobehavioral impairments and improved synaptic functions.

5. Conclusions

We conclude, to the best of our knowledge, that \textit{Ldhb}\(^{-/-}\) mice presented brain mitochondrial impairment, oxidative stress associated with neuroinflammation and revealed neurodegenerative phenotype and synapse loss/cognitive deficit. However, treatment with osmotin alleviated brain oxidative stress, neuroinflammation, and reduced neuronal degeneration, as well as improved neurobehavioral measures. Importantly, our model may present significant implications for pathologies associated with mitochondrial dysfunction/oxidative stress, including Alzheimer’s disease, aging, and other neurodegenerative conditions. A proposed simple schema to illuminate the adverse consequences of LDHB deficiency associated with brain oxidative stress and neurodegeneration, along with the potential therapeutic effect of osmotin, is depicted in Figure 8.
Figure 8. Schematic illustration of proposed detrimental consequences of LDHB deficiency on brain mitochondrial function and neurodegeneration. The schematic diagram shows that the deficiency of LDHB in the brain can induce neurodegeneration through mitochondrial dysfunction. Using osmotin improved mitochondrial bioenergetics and suppressed ROS induced oxidative stress, neuroinflammation, and neurodegeneration, probably by upregulating the p-AMPK/Sirt1/PGC-1α signaling pathway.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/antiox11020261/s1, Figure S1: Osmotin enhanced synaptic protein expression.

Author Contributions: J.S.P. designed and performed the experiments and analyzed the whole data. K.S. experimented and wrote the manuscript. M.H.J. provided technical assistance in experiments. M.W.K. discussed and commented on the results and manuscript. H.J.L. performed the behavior experiments. C.-B.P. and G.L. generated Ldhb−/− mice. M.O.K. conceptualized the research, provided critical suggestions and supervised the research. All authors discussed and commented on the manuscript. All authors have read and agreed to the published version of the manuscript.

Funding: This research was supported by the Neurological Disorder Research Program of the National Research Foundation (NRF) funded by the Korean Government (MSIT) (2016M3C7A1904391) and (2020M3E5D9080660).

Institutional Review Board Statement: This study was carried out on animals in accordance with approved guidelines (Approval ID: 125) by the animal ethics committee (IACUC) of the Division of Applied Life Science, Gyeongsang National University, Korea.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data is contained within the article and supplementary material.

Acknowledgments: The authors wish to thank Tae Ju Park for his help in the English language editing.
Conflicts of Interest: The authors declare no conflict of interest.

Abbreviations

| Abbreviation | Definition |
|--------------|------------|
| APN | Adiponectin |
| AdipoR1 | Adiponectin Receptor 1 |
| AD | Alzheimer’s disease |
| AMPK | AMP-activated protein kinase |
| ANOVA | Analysis of variance |
| ATP | Adenosine triphosphate |
| DAPI | 4’, 6’-Diamidino-2-phenylindole |
| FITC | Fluorescein isothiocyanate |
| GSH | Reduced glutathione |
| GSSG | Glutathione disulfide |
| IP | Intraperitoneal |
| LDHB | Lactate dehydrogenase B |
| LPO | lipid peroxidation |
| MPTP | 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine |
| MWM | Morris water maze |
| PBS | Phosphate-buffered saline |
| PGC-1α | Peroxisome proliferator-activated receptor gamma coactivator 1-alpha |
| ROS | Reactive oxygen species |
| SIRT1 | NAD-Dependent Protein Deacetylase Sirtuin-1 |
| TRITC | Tetramethyl rhodamine isothiocyanate |
| WT | Wild type |

References

1. Calabrese, V.; Lodi, R.; Tonon, C.; D’Agata, V.; Sapienza, M.; Scapagnini, G.; Mangiameli, A.; Pennisi, G.; Stella, A.M.; Butterfield, D.A. Oxidative stress, mitochondrial dysfunction and cellular stress response in Friedreich’s ataxia. *J. Neurol. Sci.* 2005, 233, 145–162. [CrossRef] [PubMed]
2. Esteras, N.; Dinkova-Kostova, A.T.; Abramov, A.Y. Nrf2 activation in the treatment of neurodegenerative diseases: A focus on its role in mitochondrial bioenergetics and function. *Biol. Chem.* 2016, 397, 383–400. [CrossRef] [PubMed]
3. Mattson, M.P.; Pedersen, W.A.; Duan, W.; Culmsee, C.; Camandola, S. Cellular and molecular mechanisms underlying perturbed energy metabolism and neuronal degeneration in Alzheimer’s and Parkinson’s diseases. *Ann. N.Y. Acad. Sci.* 1999, 893, 154–175. [CrossRef] [PubMed]
4. Sevinc, A.; Sari, R.; Fadillioglu, E. The utility of lactate dehydrogenase isoenzyme pattern in the diagnostic evaluation of malignant and nonmalignant ascites. *J. Natl. Med. Assoc.* 2005, 97, 79–84. [PubMed]
5. Markert, C.L.; Shaklee, J.B.; Whitt, G.S. Evolution of a gene. Multiple genes for LDH isozymes provide a model of the evolution of gene structure, function and regulation. *Science* 1975, 189, 102–114. [CrossRef]
6. Bittar, P.G.; Charnay, Y.; Pellerin, L.; Bouras, C.; Magistretti, P.J. Selective distribution of lactate dehydrogenase isoenzymes in neurons and astrocytes of human brain. *J. Cereb. Blood Flow Metab.* 1996, 16, 1079–1089. [CrossRef]
7. Bouche, C.; Serdy, S.; Kahn, C.R.; Goldfine, A.B. The cellular fate of glucose and its relevance in type 2 diabetes. *Endocr. Rev.* 2004, 25, 807–830. [CrossRef]
8. Magistretti, P.J.; Sorg, O.; Yu, N.; Martin, J.L.; Pellerin, L. Neurotransmitters regulate energy metabolism in astrocytes: Implications for the metabolic trafficking between neural cells. *Dev. Neurosci.* 1993, 15, 306–312. [CrossRef]
9. Pellerin, L.; Magistretti, P.J. Glutamate uptake into astrocytes stimulates aerobic glycolysis: A mechanism coupling neuronal activity to glucose utilization. *Proc. Natl. Acad. Sci. USA* 1994, 91, 10625–10629. [CrossRef]
10. Hyden, H.; Lange, P.W. A kinetic study of the neuron-glial relationship. *J. Cell Biol.* 1962, 13, 233–237. [CrossRef]
11. Hamberger, A.; Hyden, H. Inverse enzymatic changes in neurons and glia during increased function and hypoxia. *J. Cell Biol.* 1963, 16, 521–525. [CrossRef] [PubMed]
12. Kim, J.H.; Kim, E.L.; Lee, Y.K.; Park, C.B.; Kim, B.W.; Wang, H.J.; Yoon, C.H.; Lee, S.J.; Yoon, G. Decreased lactate dehydrogenase B expression enhances claudin 1-mediated hepatoma cell invasiveness via mitochondrial defects. *Exp. Cell Res.* 2011, 317, 1108–1118. [CrossRef] [PubMed]
13. Hong, S.M.; Lee, Y.K.; Park, I.; Kwon, S.M.; Min, S.; Yoon, G. Lactic acidosis caused by repressed lactate dehydrogenase subunit B expression down-regulates mitochondrial oxidative phosphorylation via the pyruvate dehydrogenase (PDH)-PDH kinase axis. *J. Biol. Chem.* 2019, 294, 7810–7820. [CrossRef] [PubMed]
14. Ross, J.M.; Oberg, J.; Brené, S.; Coppotelli, G.; Terzioglu, M.; Pernold, K.; Goiny, M.; Sitnikov, R.; Kehr, J.; Trifunovic, A.; et al. High brain lactate is a hallmark of aging and caused by a shift in the lactate dehydrogenase A/B ratio. *Proc. Natl. Acad. Sci. USA* **2010**, *107*, 20087–20092. [CrossRef]

15. Qiao, L.; Kinney, B.; Yoo, H.S.; Lee, B.; Schaack, J.; Shao, J. Adiponectin increases skeletal muscle mitochondrial biogenesis by suppressing mitogen-activated protein kinase phosphatase-1. *Diabetes* **2012**, *61*, 1463–1470. [CrossRef]

16. Iwabu, M.; Okada-Iwabu, M.; Yamagami, T.; Kadowaki, T. Adiponectin/adiponectin receptor in disease and aging. *NPJ Aging Mech. Dis.* **2015**, *1*, 15013. [CrossRef]

17. Iwabu, M.; Okada-Iwabu, M.; Sato, K.; Nakagawa, T.; Funata, M.; Yamaguchi, M.; Namiki, S.; Nakayama, R.; Tabata, M.; et al. Adiponectin and AdipoR1 regulate PGC-1alpha and mitochondria by Ca(2+) and AMPK/SIRT1. *Nature* **2010**, *464*, 1313–1319. [CrossRef]

18. Guillod-Maximin, E.; Roy, A.F.; Vacher, C.M.; Aubourg, A.; Bailleux, V.; Lorsignol, A.; Penicaud, L.; Parquet, M.; Taouis, M. Adiponectin receptors are expressed in hypothalamus and colocalized with proopiomelanocortin and neuropeptide Y in rodent arcuate neurons. *J. Endocrinol.* **2009**, *200*, 93–105. [CrossRef]

19. Song, J.; Kang, S.M.; Kim, E.; Kim, C.H.; Song, H.T.; Lee, J.E. Adiponectin receptor-mediated signaling ameliorates cerebral cell damage and regulates the neurogenesis of neural stem cells at high glucose concentrations: An in vivo and in vitro study. *Cell Death Dis.* **2015**, *6*, e1844. [CrossRef]

20. Thundyil, J.; Pavlovski, D.; Sobey, C.G.; Arumugam, T.V. Adiponectin receptor signalling in the brain. *Br. J. Pharmacol.* **2012**, *165*, 313–327. [CrossRef]

21. Garcia, D.; Shaw, R.J. AMPK: Mechanisms of Cellular Energy Sensing and Restoration of Metabolic Balance. * Mol. Cell* **2017**, *66*, 789–800. [CrossRef] [PubMed]

22. Mukherjee, P.; Mulrooney, T.J.; Marsh, J.; Blair, D.; Chiles, T.C.; Seyfried, T.N. Differential effects of energy stress on AMPK junction program and ameliorates Duchenne muscular dystrophy. *Genes Dev.* **2007**, *21*, 770–783. [CrossRef]

23. Herzig, S.; Shaw, R.J. AMPK: Guardian of metabolism and mitochondrial homeostasis. *Nat. Rev. Mol. Cell Biol.* **2018**, *19*, 121–135. [CrossRef] [PubMed]

24. Kelly, D.P.; Scarpulla, R.C. Transcriptional regulatory circuits controlling mitochondrial biogenesis and function. *Genes Dev.* **2004**, *18*, 357–368. [CrossRef]

25. Rona-Voros, K.; Weydt, P. The role of PGC-1alpha in the pathogenesis of neurodegenerative disorders. *Curr. Drug Targets* **2010**, *11*, 1262–1269. [CrossRef]

26. Cui, L.; Jeong, H.; Borovecki, F.; Parkhurst, C.N.; Tanese, N.; Krainc, D. Transcriptional repression of PGC-1alpha by mutant huntingtin leads to mitochondrial dysfunction and neurodegeneration. *Cell* **2006**, *127*, 59–69. [CrossRef]

27. Handschin, C.; Kobayashi, Y.M.; Chin, S.; Seale, P.; Campbell, K.P.; Spiegelman, B.M. PGC-1alpha regulates the neuromuscular junction program and ameliorates Duchenne muscular dystrophy. *Genes Dev.* **2007**, *21*, 770–783. [CrossRef]

28. St-Pierre, J.; Drori, S.; Uldry, M.; Silvaggi, J.M.; Rhee, J.; Jager, S.; Handschin, C.; Zheng, K.; Lin, J.; Yang, W.; et al. Suppression of reactive oxygen species and neurodegeneration by the PGC-1 transcriptional coactivators. *Cell* **2006**, *127*, 397–408. [CrossRef]

29. Wareski, P.; Vaarmann, A.; Choubey, V.; Saffiulina, D.; Liiv, J.; Kuum, M.; Kaasik, A. PGC-1alpha and PGC-1beta regulate mitochondrial density in neurons. *J. Biol. Chem.* **2009**, *284*, 21379–21385. [CrossRef]

30. Uittenbogaard, M.; Chiararmello, A. Mitochondrial brain biogenesis: A therapeutic target for neurodevelopmental disorders and neurodegenerative diseases. *Curr. Pharm. Des.* **2014**, *20*, 5574–5593. [CrossRef]

31. Anil Kumar, S.; Hima Kumari, P.; Shravan Kumar, G.; Mohanalatha, C.; Kavi Kishor, P.B. Osmotin: A plant sentinel and a possible agonist of mammalian adiponectin. *Front. Plant. Sci.* **2015**, *6*, 163. [CrossRef]

32. Narasimhan, M.L.; Coca, M.A.; Jin, J.; Yamauchi, T.; Ito, Y.; Kadowaki, T.; Kim, K.K.; Pardo, J.M.; Damsz, B.; Hasegawa, P.M.; et al. Osmotin is a homolog of mammalian adiponectin and controls apoptosis in yeast through a homolog of mammalian adiponectin receptor. *Mol. Cell* **2005**, *17*, 171–180. [CrossRef]

33. Shah, S.A.; Yoon, G.H.; Chung, S.H.; Abid, M.N.; Kim, T.H.; Lee, H.Y.; Kim, M.O. Novel osmotin inhibits SREBP2 via the AdipoR1/AMPK/SIRT1 pathway to improve Alzheimer’s disease neuropathological deficits. *Mol. Psychiatry* **2017**, *22*, 407–416. [PubMed]

34. Naseer, M.I.; Ullah, I.; Narasimhan, M.L.; Lee, H.Y.; Bressan, R.A.; Yoon, G.H.; Yun, D.J.; Kim, M.O. Neuroprotective effect of osmotin against ethanol-induced apoptotic neurodegeneration in the developing rat brain. *Cell Death Dis.* **2014**, *5*, e1150. [CrossRef]

35. Tian, C.; Kim, Y.J.; Hali, S.; Choo, O.S.; Lee, J.S.; Jung, S.K.; Choi, Y.U.; Park, C.B.; Choung, Y.H. Suppressed expression of LDHB promotes age-related hearing loss via aerobic glycolysis. *Cell Death Dis.* **2020**, *11*, 375. [CrossRef]

36. Pilati, N.; Barker, M.; Panteleimonitis, S.; Donga, R.; Hamann, M. A rapid method combining Golgi and Nissl staining to study neuronal morphology and cytoarchitecture. *J. Histochem. Cytochem.* **2008**, *56*, 539–550. [CrossRef]

37. Muhammad, T.; Ali, T.; Ikram, M.; Khan, A.; Alam, S.I.; Kim, M.O. Melatonin Rescue Oxidative Stress-Mediated Neuroinflammation/Neurodegeneration and Memory Impairment in Scopolamine-Induced Amnesia Mouse Model. *J. Neuroimmune. Pharmacol.* **2019**, *14*, 278–294. [CrossRef]

38. Golpich, M.; Amini, E.; Mohamed, Z.; Azman Ali, R.; Mohamed Ibrahim, N.; Ahmadian, A. Mitochondrial Dysfunction and Biogenesis in Neurodegenerative diseases: Pathogenesis and Treatment. *CNS Neuosci. Ther.* **2017**, *23*, 5–22. [CrossRef]
39. Guo, C.; Sun, L.; Chen, X.; Zhang, D. Oxidative stress, mitochondrial damage and neurodegenerative diseases. *Neural. Regen. Res.* 2013, 8, 2003–2014. [CrossRef]
40. Naik, E.; Dixit, V.M. Mitochondrial reactive oxygen species drive proinflammatory cytokine production. *J. Exp. Med.* 2011, 208, 417–420. [CrossRef]
41. Li, K.; Li, J.; Zheng, J.; Qin, S. Reactive Astrocytes in Neurodegenerative Diseases. *Aging Dis.* 2019, 10, 664–675. [CrossRef] [PubMed]
42. Chakravorty, A.; Jetto, C.T.; Manjithaya, R. Dysfunctional Mitochondria and Mitophagy as Drivers of Alzheimer’s Disease Pathogenesis. *Front Aging Neurosci.* 2019, 11, 311. [CrossRef] [PubMed]
43. Terry, R.D.; Masliah, E.; Salmon, D.P.; Butters, N.; DeTeresa, R.; Hill, R.; Hansen, L.A.; Katzman, R. Physical basis of cognitive alterations in Alzheimer’s disease: Synapse loss is the major correlate of cognitive impairment. *Ann. Neurol.* 1991, 30, 572–580. [CrossRef]
44. Camandola, S.; Mattson, M.P. Brain metabolism in health, aging, and neurodegeneration. *EMBO J.* 2017, 36, 1474–1492. [CrossRef] [PubMed]
45. Mattson, M.P.; Magnus, T. Ageing and neuronal vulnerability. *Nat. Rev. Neurosci.* 2006, 7, 278–294. [CrossRef] [PubMed]
46. Magistretti, P.J.; Allaman, I. A cellular perspective on brain energy metabolism and functional imaging. *Neuron* 2015, 86, 883–901. [CrossRef] [PubMed]
47. Roosterman, D.; Cottrell, G.S. Astrocytes and neurons communicate via a monocarboxylic acid shuttle. *A1MS Neurosci.* 2020, 7, 94–106. [CrossRef]
48. Suzuki, A.; Stern, S.A.; Bozdagi, O.; Huntley, G.W.; Walker, R.H.; Magistretti, P.J.; Alberini, C.M. Astrocyte-neuron lactate transport is required for long-term memory formation. *Cell* 2011, 144, 810–823. [CrossRef]
49. Descalzi, G.; Gao, V.; Steinman, M.Q.; Suzuki, A.; Alberini, C.M. Lactate from astrocytes fuels learning-induced mRNA translation in excitatory and inhibitory neurons. *Commun. Biol.* 2019, 2, 247. [CrossRef]
50. Gonzalez-Freire, M.; de Cabo, R.; Bernier, M.; Sollott, S.J.; Fabbrì, E.; Navas, P.; Ferrucci, L. Reconsidering the Role of Mitochondria in Aging. *J. Gerontol. A Biol. Sci. Med. Sci.* 2015, 70, 1334–1342. [CrossRef]
51. Mattson, M.P.; Gleichmann, M.; Cheng, A. Mitochondria in neuroplasticity and neurological disorders. *Neuron* 2008, 60, 748–766. [CrossRef]
52. Liang, X.; Liu, L.; Fu, T.; Zhou, Q.; Zhou, D.; Xiao, L.; Liu, J.; Kong, Y.; Xie, H.; Yi, F.; et al. Exercise Inducible Lactate Dehydrogenase B Regulates Mitochondrial Function in Skeletal Muscle. *J. Biol. Chem* 2016, 291, 25306–25318. [CrossRef]
53. Tam, T.L. The Role of Lactate Dehydrogenase B in Aerobic Glycolysis-Mediated Resistance to AB Toxicity. Electronic Thesis and Dissertation Repository. Available online: https://ir.lib.uwo.ca/etd/2218 (accessed on 17 January 2022).
54. Paladino, S.; Conte, A.; Caggiano, R.; Pierantoni, G.M.; Faraonio, R. Nrf2 Pathway in Age-Related Neurological Disorders: Insights into MicroRNAs. *Cell Physiol. Biochem.* 2018, 47, 1951–1976. [CrossRef]
55. Holmstrom, K.M.; Baird, L.; Zhang, Y.; Hargreaves, I.; Chalasani, A.; Land, J.M.; Stayer, L.; Yamamoto, M.; Dinkova-Kostova, A.T.; Abramov, A.Y. Nrf2 impacts cellular bioenergetics by controlling substrate availability for mitochondrial respiration. *Biol. Open* 2013, 2, 761–770. [CrossRef]
56. Kujoth, G.C.; Hiona, A.; Pugh, T.D.; Someya, S.; Panzer, K.; Wohlgemuth, S.E.; Hofer, T.; Seo, A.Y.; Sullivan, R.; Jobling, W.A.; et al. Mitochondrial DNA mutations, oxidative stress, and apoptosis in mammalian aging. *Science* 2005, 309, 481–484. [CrossRef]
57. Schon, E.A.; Manfredi, G. Neuronal degeneration and mitochondrial dysfunction. *J. Clin. Investig.* 2003, 111, 303–312. [CrossRef]
58. Liu, X.; Kim, C.N.; Yang, J.; Jemmerson, R.; Wang, X. Induction of apoptotic program in cell-free extracts: Requirement for dATP and cytochrome c. *Cell* 1996, 86, 147–157. [CrossRef]
59. Van Loo, G.; Saelens, X.; van Gurp, M.; MacFarlane, M.; Martin, S.J.; Vandenameele, P. The role of mitochondrial factors in apoptosis: A Russian roulette with more than one bullet. *Cell Death Differ.* 2002, 9, 1031–1042. [CrossRef]
60. Galluzzi, L.; Vitale, I.; Aaronson, S.A.; Abrams, J.M.; Adam, D.; Agostinis, P.; Alnemri, E.S.; Altucci, L.; Amelio, I.; Andrews, D.W.; et al. Molecular mechanisms of cell death: Recommendations of the Nomenclature Committee on Cell Death 2018. *Cell Death Differ.* 2018, 25, 486–541. [CrossRef]
61. Lee, B.; Shao, J. Adiponectin and lipid metabolism in skeletal muscle. *Acta Pharm. Sin.* 2012, 2, 335–340. [CrossRef]
62. Qi, Y.; Takahashi, N.; Hileman, S.M.; Patil, H.R.; Berg, A.H.; Pajvani, U.B.; Scherer, P.E.; Ahima, R.S. Adiponectin acts in the brain to decrease body weight. *Nat. Med.* 2004, 10, 524–529. [CrossRef]
63. Zong, H.; Ren, J.M.; Young, L.H.; Pypaert, M.; Mu, J.; Birnbaum, M.J.; Shulman, G.I. AMP kinase is required for mitochondrial biogenesis in skeletal muscle in response to chronic energy deprivation. *Proc. Natl. Acad. Sci. USA* 2002, 99, 15983–15987. [CrossRef]
64. Sheng, B.; Wang, X.; Su, B.; Lee, H.G.; Casadesus, G.; Perry, G.; Zhu, X. Impaired mitochondrial biogenesis contributes to mitochondrial dysfunction in Alzheimer’s disease. *J. Neurochem.* 2012, 120, 419–429. [CrossRef]
65. Ali, T.; Rehman, S.U.; Khan, A.; Badshah, H.; Abid, N.B.; Kim, M.W.; Jo, M.H.; Chung, S.S.; Lee, H.G.; Rutten, B.P.F.; et al. Adiponectin-mimetic novel nonapeptide rescues aberrant neuronal metabolic-associated memory deficits in Alzheimer’s disease. *Mot. Neurodegener.* 2021, 16, 23. [CrossRef] [PubMed]
66. Valle, I.; Alvarez-Barrientos, A.; Arza, E.; Lamas, S.; Monsalve, M. PGC-1 alpha regulates the mitochondrial antioxidant defense system in vascular endothelial cells. *Cardiovas. Res.* 2005, 66, 562–573. [CrossRef] [PubMed]
67. Kukidome, D.; Nishikawa, T.; Sonoda, K.; Imoto, K.; Fujisawa, K.; Yano, M.; Motoshima, H.; Taguchi, T.; Matsumura, T.; Araki, E. Activation of AMP-activated protein kinase reduces hyperglycemia-induced mitochondrial reactive oxygen species production and promotes mitochondrial biogenesis in human umbilical vein endothelial cells. *Diabetes* **2006**, *55*, 120–127. [CrossRef] [PubMed]

68. Lin, J.; Wu, P.H.; Tarr, P.T.; Lindenberg, K.S.; St-Pierre, J.; Zhang, C.Y.; Mootha, V.K.; Jager, S.; Vianna, C.R.; Reznick, R.M.; et al. Defects in adaptive energy metabolism with CNS-linked hyperactivity in PGC-1alpha null mice. *Cell* **2004**, *119*, 121–135. [CrossRef] [PubMed]

69. Solleiro-Villavicencio, H.; Rivas-Arancibia, S. Effect of Chronic Oxidative Stress on Neuroinflammatory Response Mediated by CD4(+)T Cells in Neurodegenerative Diseases. *Front Cell Neurosci.* **2018**, *12*, 114. [CrossRef]

70. Garcia-Revilla, J.; Alonso-Bellido, I.M.; Burguillos, M.A.; Herrera, A.J.; Espinosa-Oliva, A.M.; Ruiz, R.; Cruz-Hernandez, L.; Garcia-Dominguez, I.; Roca-Ceballos, M.A.; Santiago, M.; et al. Reformulating Pro-Oxidant Microglia in Neurodegeneration. *J. Clin. Med.* **2019**, *8*, 1719. [CrossRef]

71. Nguyen, M.D.; Julien, J.P.; Rivest, S. Innate immunity: The missing link in neuroprotection and neurodegeneration? *Nat. Rev. Neurosci.* **2002**, *3*, 216–227. [CrossRef]

72. Badshah, H.; Ali, T.; Kim, M.O. Osmotin attenuates LPS-induced neuroinflammation and memory impairments via the TLR4/NFkappaB signaling pathway. *Sci. Rep.* **2016**, *6*, 24493. [CrossRef]

73. Floran, B.; Aceves, J.; Sierra, A.; Martinez-Fong, D. Activation of D1 dopamine receptors stimulates the release of GABA in the basal ganglia of the rat. *Neurosci. Lett.* **1990**, *116*, 136–140. [CrossRef]

74. Arsenescu, V.; Narasimhan, M.L.; Halide, T.; Bressan, R.A.; Barisione, C.; Cohen, D.A.; de Villiers, W.J.; Arsenescu, R. Adiponectin and plant-derived mammalian adiponectin homolog exert a protective effect in murine colitis. *Dig. Dis. Sci.* **2011**, *56*, 2818–2832. [CrossRef]

75. Takahashi, Y.; Watanabe, R.; Sato, Y.; Ozawa, N.; Kojima, M.; Watanabe-Kominato, K.; Shirai, R.; Sato, K.; Hirano, T.; Watanabe, T. Novel phytopeptide osmotin mimics preventive effects of adiponectin on vascular inflammation and atherosclerosis. *Metabolism* **2018**, *83*, 128–138. [CrossRef]

76. Lu, T.; Pan, Y.; Kao, S.Y.; Li, C.; Kohane, I.; Chan, J.; Yankner, B.A. Gene regulation and DNA damage in the ageing human brain. *Nature* **2004**, *429*, 883–891. [CrossRef]

77. Harris, J.J.; Jolivet, R.; Attwell, D. Synaptic energy use and supply. *Neuron* **2012**, *75*, 762–777. [CrossRef]

78. O’Brien, J.; Kla, K.M.; Hopkins, I.B.; Malecki, E.A.; McKenna, M.C. Kinetic parameters and lactate dehydrogenase isozyme activities support possible lactate utilization by neurons. *Neurochem. Res.* **2007**, *32*, 597–607. [CrossRef]

79. Miao, J.; Shen, L.H.; Tang, Y.H.; Wang, Y.T.; Tao, M.X.; Jin, K.L.; Zhao, Y.J.; Yang, G.Y. Overexpression of adiponectin improves neurobehavioral outcomes after focal cerebral ischemia in aged mice. *CNS Neurosci. Ther.* **2013**, *19*, 969–977. [CrossRef]

80. Ng, R.C.; Cheng, O.Y.; Jian, M.; Kwan, J.S.; Ho, P.W.; Cheng, K.K.; Yeung, P.K.; Zhou, L.L.; Hoo, R.L.; Chung, S.K.; et al. Chronic adiponectin deficiency leads to Alzheimer’s disease-like cognitive impairments and pathologies through AMPK inactivation and cerebral insulin resistance in aged mice. *Mol. Neurodegener.* **2016**, *11*, 71. [CrossRef]

81. Ng, R.C.; Jian, M.; Ma, O.K.; Bunting, M.; Kwan, J.S.; Zhou, G.J.; Senthilkumar, K.; Iyasswamy, A.; Chan, P.K.; Li, M.; et al. Chronic oral administration of adipoRon reverses cognitive impairments and ameliorates neuropathology in an Alzheimer’s disease mouse model. *Mol. Psychiatry* **2020**, *25*, 5669–5689. [CrossRef]

82. Kim, M.W.; Abid, N.B.; Jo, M.H.; Jo, M.G.; Yoon, G.H.; Kim, M.O. Suppression of adiponectin receptor 1 promotes memory dysfunction and Alzheimer’s disease-like pathologies. *Sci. Rep.* **2017**, *7*, 12435. [CrossRef]

83. Qin, W.; Haroutunian, V.; Katsel, P.; Cardozo, C.P.; Ho, L.; Buxbaum, J.D.; Pasinetti, G.M. PGC-1alpha expression decreases in the Alzheimer disease brain as a function of dementia. *Arch. Neurol.* **2009**, *66*, 352–361. [CrossRef]