Emerging roles of glycogen synthase kinase 3 in the treatment of brain tumors

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INTRODUCTION

Glycogen synthase kinase 3 (GSK3) has been shown over the past three decades to regulate a myriad of cellular functions including cell polarity, cell fate, metabolic homeostasis, development, apoptosis, microtubule function, and neuronal growth and differentiation. Elegant cellular checkpoints and highly regulated equilibrium of protein levels are responsible for the precise control of GSK3 activity. GSK3, while involved in many critical functions, still remains a nearly untapped source of modulation therapeutically. The emergence of GSK3 as an attractive therapeutic agent could stem from its involvement in several of the critical signaling pathways. Multiple genes involved in these pathways are often susceptible to activating mutations which lead to multiple tumor types and/or tumor resistance (Brugge et al., 2007). By targeting GSK3, one could potentially attenuate these dysregulated pathways to improve tumor response in patients.

More importantly, GSK3 inhibition may also impact quality of life. The standard curative treatment regimen for primary and metastatic brain tumors typically involves cranial irradiation (IR), which often results in long-term neurological side effects, especially in the pediatric population (Roman and Sperduto, 1995; Anderson et al., 2000; Boehme et al., 2008). There have been reports of intellectual impairment, reduction in performance IQ, memory loss, and dementia after exposure of the brain to radiation. This cognitive decline observed may be due to IR-induced damage to the hippocampus, a critical area of the brain responsible for learning and memory (Yazlovitskaya et al., 2006). Consistent with these findings, radiation to the hippocampus is associated with more pronounced cognitive deficits compared with radiation to other areas of the brain (Abayomi, 2002). As GSK3 inhibition has been shown to protect neurocognitive function following cranial irradiation, the therapeutic value of GSK3 in cancer may also be related, in part, to its effects on DNA repair and its emerging role in neuroprotection of normal neuronal tissues from radiation induced apoptosis (Thotala et al., 2008; Yang et al., 2009, 2011). These combined effects of GSK3 inhibition, namely inducing tumor cell death while protecting normal cells, again make GSK3 an attractive therapeutic target for brain tumors.

In this review, we will discuss the rationale for therapeutic targeting of GSK3 in oncology, due to the involvement of GSK3 in apoptosis, DNA damage/repair, and autophagy. Obstacles to targeting GSK3 include its varied and highly regulated role in cellular homeostasis in addition to the existence of highly homologous GSK3 isoforms, which will be discussed. Despite these hurdles, GSK3 nevertheless has been tagged as a potential target in human cancers, and more importantly, as a protector of normal tissues at high risk for treatment-related side effects. These characteristics may ultimately improve the therapeutic ratio and enhance patient quality of life.

GSK3 MODULATION OF TUMORIGENIC SIGNALS

Glycogen synthase kinase 3 is essentially expressed ubiquitously in all mammalian tissues and is almost always in an active state in cells, even when not stimulated by mitogenic or hormonal signals. There are two mammalian GSK3 isoforms encoded by distinct genes: GSK3α and GSK3β. GSK3α and GSK3β, although structurally similar, are functionally diverse. GSK3α and GSK3β are highly conserved and widely expressed kinases that share 98%
sequence homology within their catalytic domains. Interestingly, loss of GSK3β isoform is embryonically lethal due to liver degeneration caused by extensive hepatocyte apoptosis (Hoeflich et al., 2000). Moreover, GSK3α is unable to rescue this phenotype. It is also well established that GSK3 activity is regulated primarily at the posttranslational level, chiefly by protein–protein interactions or posttranslational modifications (Cohen and Frame, 2001). Phosphorylation of GSK3 N-terminally at S9 lowers its activity toward its substrates (Cohen and Frame, 2001). We refer the readers to some excellent reviews in this special issue for further details on GSK3, including its isoforms, regulation of these isoforms, and their distinct functions.

Dysregulation in GSK3 activity has been linked to multiple cancers. However, the direction by which GSK3 is dysregulated, i.e., suppressed vs. activated, is heterogeneous among tumor types as discussed below. In general, GSK3 primarily functions by inactivating its substrates via phosphorylation, thus altering their conformation, localization, and/or degradation (Figures 1 and 2). This, in turn, can affect the subsequent ability of these substrates to interact and trigger downstream signaling events. Usually, the substrates of GSK3 need to be “primed” by a separate kinase to allow GSK3 to bind and subsequently phosphorylate the target molecule. Here we look at the direct and indirect roles of GSK3 in cancer.

DIRECT ROLES OF GSK3 IN CANCER

Though various roles of GSK3 in cancer have been proposed, the direct vs. indirect roles of GSK3 in this disease are difficult to tease out due to the embryonic lethality of GSK3 loss. In addition, the significant cross talk between different signaling pathways and varied role of GSK3 in these pathways makes it all the more difficult to pinpoint one player. However, we will detail in the next section the direct roles of GSK3 in cancer as reported in the literature.

Expression of GSK3β is drastically diminished in multiple cancers as listed in Table 1. Ma et al. (2007) have demonstrated that normal patient skin tissue specimens express higher GSK3β and pGSK3β expression when compared to cancer. Moreover, utilizing different constructs, they show that modulation of GSK3β activity negatively regulates epidermal cell transformation. In the complex web underlying skin tumorigenesis and involving interactions among multiple signaling cascades and various transcription factors, GSK3β appears to be an important component in the signaling cascade since modulation of GSK3β expression/activity is sufficient to alter the transformation potential of epidermal cells. Thus, GSK3β is a target for skin cancer prevention and treatment strategies.

Interestingly, in pancreatic cancer, pharmacological inhibition of GSK3 decreased proliferation and survival of these cancer cells (Ougolkov et al., 2005). The mechanism was shown to be related to blockade of GSK3β-mediated upregulation of NF-kB-mediated gene transcription. Similarly, brain, bladder, colorectal, myeloma, leukemia, and stomach cancers were also responsive to inhibition of GSK3 (Mishra, 2010; Naito et al., 2010). For example, pharmacological inhibition of GSK3 downregulated BCL-2 and XIAP protein expression levels leading to decreased survival of bladder cancer cells. Furthermore, aberrant nuclear accumulation of GSK3β in urothelial and bladder cancer was observed. Nuclear expression of GSK3β has been associated with high grade tumors, metastasis and worse survival in bladder cancer patients and thus may be a prognostic marker for this cancer (Naito et al., 2010).

In addition, GSK3 inhibition has been shown to promote apoptosis in leukemic cells via modulation of chromatin structure through histone modifications that abrogate the transcriptional activity of NFκB (Ougolkov et al., 2007). GSK3 can also promote mixed lineage leukemia (MLL) cell proliferation and transformation via destabilization of the cyclin-dependent kinase inhibitor p27Kip1 (Wang et al., 2008). Similarly, inhibition of GSK3β has been shown to promote apoptosis in neuroblastoma by promoting G2/M cell cycle arrest, accumulation of β-catenin and subsequent inhibition of NFκB activity (Dickey et al., 2011). Furthermore, recent studies in prostate, pancreatic, and colorectal cancer cell lines indicate that GSK3 inhibitors significantly decrease cell growth and proliferation (Martinez et al., 2006). Thus, taken
**Table 1 | Evidence for GSK3 involvement in distinct cancers.**

| Evidence | Cancers                  | References                                      |
|----------|--------------------------|-------------------------------------------------|
| Active GSKβ promotes growth and inhibition of GSK3 decreases cell growth and proliferation of cancer cells | Colon/cancer | Ougolkov et al. (2005) |
|          | Liver                    | Aijing Sun et al. (2007)                        |
|          | Pancreas                 | Tiebang Kang et al. (2008)                      |
|          | Prostate                 | Ma et al. (2006)                                |
|          | Renal                    | Adler et al. (2009)                             |
|          | Stomach                  | Ougolkov et al. (2005)                          |
|          | Thyroid                  | Pancreas Ougolkov et al. (2005)                 |
|          | Brain                    | Zhou et al. (2008)                              |
|          | Colorectal               | Mishra et al. (2010)                            |
|          | Myeloma                  | Thotala et al. (2008)                           |
|          | Pancreas                 | Ma et al. (2006)                                |
|          | Stomach                  | Ougolkov et al. (2005)                          |
|          | Lung                     | Tien et al. (2006)                              |
|          | Oral                     | Ougolkov et al. (2005)                          |
|          | Skin                     | Ougolkov et al. (2005)                          |

**INDIRECT ROLES OF GSK3 IN CANCER**

In addition to the aforementioned direct roles of GSK3 in cancer, it may also indirectly be involved in cancer due to its participation in dysregulated signaling pathways. For example, one of the major upstream protein kinases known to phosphorylate and inactivate GSK3 is protein kinase B (PKB/AKT), which is often dysregulated in tumors (Robinson et al., 2011). AKT is able to enhance growth-factor mediated survival by multiple mechanisms. One method is the phosphorylation of the pro-apoptotic protein, BCL2-associated agonist of cell death (BAD), leading to inhibition of complex formation between BAD and BCL-2. This dissociation causes a shift from apoptosis to cellular survival (Downward, 2004). Another possibility is the ability of AKT to activate NF-κB by the non-canonical pathway involving activation of IKKα which increases p53 production. This increase in NF-κB activity is implicated in transformation of murine fibroblasts as well as involvement in breast and skin cancers (Gustin et al., 2006). Additionally, AKT promotes nuclear translocation of mouse double minute 2 (MDM2), an E3 ubiquitin ligase, thereby downregulating p53-mediated apoptosis (Mayo and Donner, 2001). The tumor suppressor phosphatase and tensin homolog (PTEN) antagonizes this PI3K/Akt pathway. For example, in certain brain cancers, PTEN dysfunction may contribute to the formation of gliomas in multiple ways including having effects on stem cell self-renewal, migration, invasion as well as by enhanced degradation of p53 via increased expression of MDM2 (Endersby and Baker, 2008).

Glycogen synthase kinase 3 can also phosphorylate the pro-oncogenic molecules β-catenin, c-myc, and c-Jun, targeting them for degradation or inactivation. This results in inhibition of cell proliferation and self-renewal. Dysregulation in these pathways and gain-of-function mutations in these three proteins interfere with the function of GSK3 and have been linked to cancers of the skin, colon, prostate, and liver (Polakis, 2007).
controlling this malignancy. Emerging research suggests a critical role of GSK3β as a tumor suppressor in oral cancer. Furthermore, GSK3β may be vital in regulating key players that control transcription, accelerated cell cycle progression, activation of invasion/metastasis, and anti-apoptosis (Goto et al., 2002; Chien et al., 2010; Iwai et al., 2010). P-cadherin triggers GSK3β mediated inactivation and subsequent cytoplasmic translocation of Snail in oral squamous cell carcinoma, thus conferring mesenchymal cells with epithelial features (Bauer et al., 2009). These results contradict the idea of GSK3 as a therapeutic target. However, as discussed below, in a subset of cancers, GSK3 inhibition can induce death or halt tumor progression.

Specifically, in brain tumors, GSK3β may have an indirect role in glioblastomas which is one of the most lethal brain tumors. Glioblastomas are notoriously difficult to treat and have a median survival time of ~14 months. As mentioned above cancers are driven by cells with stem cell properties. Expression of GSK3β, which is consistently expressed in primary glioblastoma, is functionally linked to Bmi1, a protein involved in neural stem cell self-renewal and anti-oxidant defense in neurons (Kotliarova et al., 2008; Korur et al., 2009). Research has also shown that inhibition of Bmi1, a member of the polycomb family of proteins, results in reduced GSK3β as well as increased differentiation of glioma (Korur et al., 2009). While fully differentiated normal brain tissue has no Bmi1 expression, it is marked in 84% of primary glioblastomas and 71% of primary oligodendroglioma. Downregulation of Bmi1 in glioma cells results in an increase in cell differentiation toward an astrocytic fate and a decrease in expression of Nestin, Sox2, and GSK3β.

Furthermore, inactivation of GSK3α and GSK3β has been reported to block differentiation in brain progenitor cells, and instead lead to substantial hyperproliferation of the neural progenitor cells, thus, expanding the population (Kim et al., 2009). These observations were attributed to dysregulation of β-catenin, SHH, Notch, and fibroblast growth factor signaling. This critical GSK3-mediated homeostatic control was only removed by a major reduction of GSK3 signaling. Since brain development requires a balance of progenitor proliferation and differentiation this might, in a more sporadic background, lead to amplification of stem cells. This may, at least theoretically, lead to subsequent tumor formation. Thus, GSK3 signaling is integral to homeostatic controls and further dissection of these intricate processes will elucidate the therapeutic role of GSK3 in cancer.

Another potential mechanism of GSK3 activation in cancer may be via the epidermal growth factor receptor (EGFR) pathways. The EGFR family of proteins (EGFR/HER/ErbB2) plays an essential role in modulating proliferation, differentiation, and survival. EGFR has become a heavily targeted pathway as a novel cancer therapeutic strategy since its overexpression confers resistance to therapy. It has also been recently reported that lapatinib, a small molecule tyrosine kinase inhibitor targeting EGFR and HER2, is associated with changes in Akt and GSK3 (Li et al., 2011). Accordingly, EGFR and phosphorylated GSK3β have been validated as good prognostic markers for EGFR overexpressing lung carcinoma (Zheng et al., 2007). Thus, it is intriguing to hypothesize that there may be significant cross-talk between GSK3 and EGFR signaling pathways. Interestingly, dysregulation in the EGFR family of proteins is observed in glioblastoma (Furnari et al., 2007; Chiu, 2008; Parsons et al., 2008; Bredel et al., 2011). The EGFR signaling pathway may be activated alternatively via NF-κB and can be repressed by the nuclear factor of κ-light polypeptide gene enhancer in B-cells inhibitor-α (NFκBIA). It has been suggested that NFκBIA may function as a tumor suppressor in multiple cancers (Osborne et al., 2005; Sjöblom et al., 2006; Bu et al., 2007). Not surprisingly, NFκBIA is often deleted in glioblastomas and confers resistance to chemotherapy (Bredel et al., 2011). Since NF-κB is also known to be an important player in the survival of glioma cells, it is not surprising that attenuation of GSK3 inhibits NF-κB leading to decreased glioma cell growth (Kasuga et al., 2004; Robe et al., 2004). TRAIL, DR4/5, and c-myc are induced upon GSK3 inhibition in a dose-dependent manner. Furthermore, GSK3 inhibition has been reported to have synergistic effects in combination with the chemotherapeutic drug, carboplatin, on glioma cytotoxicity.

Further evidence of this link lies in the signal transducer and activator of transcription (STAT) family of transcription factors, which is downstream of EGFR and plays a central role in cancer. STAT3 is constitutively activated in many human cancers where it functions as a critical mediator of oncogenic signaling through transcriptional activation of genes encoding apoptosis inhibitors [e.g., BCL-x(L) and survivin], cell-cycle regulators (e.g., cyclin D1 and c-myc) and inducers of angiogenesis (e.g., vascular endothelial growth factor). The STAT3 gene has been reported to regulate cancer stem cells in brain cancer. Importantly, GSK3 inhibitors have been demonstrated to block STAT3 DNA binding activity and reduce the expression of STAT3-induced Glial fibrillary acidic protein (GFAP) and B-cell CLL/lymphoma 3 (BCL-3; Beurel and Jope, 2008).

The above findings suggest that GSK3 inhibition indeed may be beneficial in brain tumors. However, one must be cautioned and consider the actions of GSK3 in normal neurons. Dysregulation of GSK3 in a variety of brain abnormalities supports its function as the switch between basic mechanisms of neuronal functions. It plays a pivotal role in brain bioenergetics, establishment of neuronal circuits, modulation of neuronal polarity, migration, neuronal proliferation, and survival (Frame and Cohen, 2001). In particular, the role of GSK3 in phosphorylation of cytoskeletal proteins impacts neuronal plasticity. Since cytoskeletal constituents are involved in the development and maintenance of neurites, alterations in the rate of stabilization/destabilization of microtubules influences major cellular compartments of neurons, such as dendrites, spines, axons, and synapses. This modulates synaptic plasticity in the adult brain (Peineau et al., 2008). Due to the effects of GSK3 on synaptic plasticity, the use of GSK3 inhibitors for cancer therapy must be approached with caution. However, a subset of cancer patients may benefit from GSK3 inhibition, due to the paradoxical effect of GSK3 activity on tumor growth. Further investigation to determine the full extent of GSK3 dysregulation in cancer is thus warranted.

**GSK3 INHIBITION AND PROTECTION OF IRRADIATED NEURONS**

Nevertheless, the role of GSK3 inhibition in brain tumor therapy may extend beyond tumoricidal effects and provide neuroprotection following irradiation, which increases the therapeutic index
and improves patient quality of life (Figure 3). Cranial irradiation therapy is a standard method for treatment of brain cancer. Since radiation cannot be selectively delivered to cancer cells, it leads to many destructive cellular processes including apoptosis, genomic instability, and autophagy. Cranial irradiation is known to cause long-term cognitive defects especially in the developing brains of children (Meadows et al., 1981). The subgranular zone of the hippocampus, housing the actively proliferating neuronal progenitor cells, is thought to be the area most affected by cranial irradiation leading to neurocognitive deficits (Nagai et al., 2000).

Interestingly, it has been known for some time that lithium treatment has neuroprotective effects against various insults to neuronal tissues (Nonaka et al., 1998; Cimarosti et al., 2001; Hongisto et al., 2003). As previously mentioned, lithium is known to modulate GSK3 activity by attenuating GSK3 activity at therapeutic concentrations via the PI3K/AKT pathway (~1 mM; De Sarno et al., 2002; Jope, 2003). These neuroprotective effects of GSK3 inhibition have led to the hypothesis that GSK3 can potentially be targeted to attenuate the side effects of cranial irradiation (Inouye et al., 1995; Yazlovitskaya et al., 2006; Thotala et al., 2008). Treatment with LiCl increases phosphorylation of GSK3β at S9 and concomitantly decreases the activating phosphorylation of GSK3β, GSK3β-T216. The major kinase responsible for the inhibitory phosphorylation of GSK3 at S9 is Akt which is activated upon LiCl treatment as well as treatment with ionizing radiation. A two-fold increase in protein levels of the downstream targets of GSK3, β-catenin, and cyclin D1, has been reported following treatment with LiCl. Together these show that LiCl treatment has a direct effect on GSK3 activity, which may be explained by an increase in Akt activity. Importantly, both lithium prophylaxis and prophylaxes with small molecule GSK3β inhibitors prior to cranial irradiation maintained neurocognitive function in irradiated mice (Thotala et al., 2008). Thus lithium can potentially improve neurocognitive function following irradiation and the mechanism of action may be attributed to reduction of radiation-induced apoptosis of hippocampal neurons.

While apoptosis is one consequence of this type of treatment, radiation induced DNA damage is certainly another potential trigger leading to neuronal death and subsequent neurocognitive decline. There are multiple types of DNA damage that can occur in a given cell, the most lethal and critical being the double-strand break (DSB; Rich et al., 2000). There are two major DSB repair pathways, homologous recombination (HR) and non-homologous end-joining (NHEJ; van Gent et al., 2001). Cells with radiation-induced DSBs utilize the NHEJ pathway predominantly. During NHEJ-mediated repair, DNA-dependent protein kinase catalytic subunit (DNA-PKcs) undergoes autophosphorylation upon exposure to ionizing radiation. Thus, another mechanism of neuroprotection by GSK3 inhibition may involve augmenting DNA repair via one of these major repair pathways to attenuate DNA damage.

Supporting this notion, GSK3 inhibition using LiCl selectively augments DSB repair following IR in normal tissues but not cancer (Yang et al., 2009). Moreover, the accelerated repair of DSB in normal tissues but not tumor involves the NHEJ-mediated repair pathway. These findings support the rationale for the use of lithium as a neuroprotector for normal cells exposed to ionizing radiation.

Since LiCl has multiple targets, neuroprotection via specific inhibition of GSK3β was subsequently investigated. Thotala et al. (2008) used specific GSK3β inhibitors or a kinase-inactive GSK3β to show that GSK3β is indeed required for apoptosis and neurocognitive decline in hippocampal neurons as a result of radiation treatment. Additionally, it has been shown that GSK3 inhibition using these selective inhibitors augment DSB repair following IR in normal tissues but not cancer (Yang et al., 2011). Moreover, the accelerated repair of DSB in normal tissues but not tumor involves the NHEJ-mediated repair pathway. These results were validated using genetic models as well and support the rationale for the use of GSK3 inhibitors as neuroprotectors for normal cells exposed to ionizing radiation.

The role of GSK3 in genomic instability is only recently gaining attention. It follows that since LiCl and other inhibitors of GSK3 exhibits neuroprotective effects manifesting as a decrease in apoptosis resulting from radiation treatment, and DNA damage is another known characteristic of radiation exposure, that GSK3 could potentially modulate DNA damage or repair. It should be noted that lithium has its drawbacks as a neuroprotector. Besides being non-specific, lithium requires a long 7-day prophylaxis, has a narrow therapeutic window, and lacks specificity. Thus, it is not feasible for the majority of brain tumors which require immediate treatment. This necessitates efforts to discover novel GSK3 inhibitors that have greater therapeutic potential. Nevertheless, several clinical trials have been initiated to test the efficacy of lithium in neuroprotection during the treatment of brain tumors (Table 2). It should be noted that the trials are still in their early stage. It remains to be seen if, indeed, lithium can improve the lives of cancer patients.

**FIGURE 3** | Inhibitors of GSK3 can selectively protect normal tissues from radiation induced toxicities.
Table 2 | Lithium in clinical trials as a potential neuroprotector.

| Institution                  | Phase | Trial          | Study population                                                                 | Treatment                                                                 |
|------------------------------|-------|----------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| New York University School of Medicine | II    | NCT01105702    | Newly diagnosed high grade glioma (WHO Grade III and IV)                           | Temodar (Temozolomide), Bevacizumab, lithium, and radiation for high grade glioma |
| Vanderbilt-Ingram Cancer Center | I     | NCT00469937    | -Histopathologically confirmed extracranial primary malignancy                    | Lithium during whole brain radiotherapy for patients with brain metastases |
|                              |       |                | -Multiple (i.e., >3) brain metastases OR < 3 metastases with at least 1 metastasis |                                                                            |
|                              |       |                | >4.0 cm in diameter                                                               |                                                                            |
|                              |       |                | -Not eligible for radiosurgery                                                     |                                                                            |
|                              |       |                | -No requirement for immediate whole-brain radiotherapy                            |                                                                            |
|                              |       |                | -No metastases to the midbrain or brainstem                                       |                                                                            |

Information from www.Clinicaltrials.gov accessed on August 1, 2011. *Italicized = completed trials.*

It is perplexing that inhibition of GSK3 selectively upregulates DNA repair in normal cells. One explanation may be that GSK3 is already maximally inhibited in the majority of cancer. It is also intriguing to postulate that, perhaps, the status of p53 determines cellular response to GSK3 inhibition. Perhaps, there are different roles of GSK3 in p53 wild-type vs. mutated tumors and the p53-independent component also mediates repair that is only apparent when p53 is mutated as is the case in the majority of cancer. Further research is warranted in this avenue.

The mechanisms by which GSK3 is involved in DNA repair are still forthcoming. Since GSK3 is implicated in several of the pathways that contribute to successful DNA repair, it is likely GSK3 could act as a direct regulator. One method could involve GSK3 interaction with key repair proteins. Our lab is currently exploring this and other avenues to determine the full extent by which GSK3 is involved DNA damage/repair and how this relates to GSK3-induced neuroprotection. This has the potential to improve the quality of life of cancer patients, especially in the pediatric population.

SUMMARY AND CONCLUSION

Glycogen synthase kinase 3 is proving to be an even more complex regulator of cellular function than was previously thought. Its role in programmed cellular death pathways including apoptosis and autophagy as well as its effects on DNA damage/repair and subsequent neuroprotection provide rationale for novel and specific methods of targeting GSK3, especially for brain tumors. This would be the ideal therapeutic strategy which would maximize the therapeutic index by promoting tumor cell kill while protecting normal tissues. Nevertheless, the utility of GSK3 as a therapeutic target must be approached with caution. Firstly, one must verify the direction of GSK3 dysregulation as the impetus for tumor development to ensure that benefit can be realized with GSK3 inhibition. Second, due to the effects of GSK3 on synaptic plasticity in the adult brain, the use of GSK3 inhibitors for cancer therapy must be approached with caution. Third, effects on both peripheral tissue and tumor from using GSK3 inhibitor as neuroprotector need to be teased out. Expression profile and subcellular localization of GSK3 in different cancers may provide a lead in this aspect. Furthermore, since GSK3 has multiple critical roles in cellular metabolism, inhibition of its activity may have unwanted side effects. Further thorough evaluation is necessitated in this field before GSK3 can be embraced as a target for cancer therapy.

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