Variations in cell surfaces of estrogen treated breast cancer cells detected by a combined instrument for far-field and near-field microscopy

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Abstract. The response of single breast cancer cells (cell line T-47D) to 17β-estradiol (E2) under different concentrations was studied by using an instrument that allows to combine far-field light microscopy with high resolution scanning near-field (AFM/SNOM) microscopy on the same cell. Different concentrations of E2 induce clearly different effects as well on cellular shape (in classical bright-field imaging) as on surface topography (atomic force imaging) and absorbance (near-field light transmission imaging). The differences range from a polygonal shape at zero via a roughly spherical shape at physiological up to a spindle-like shape at un-physiologically high concentrations. The surface topography of untreated control cells was found to be regular and smooth with small overall height modulations. At physiological E2 concentrations the surfaces became increasingly jagged as detected by an increase in membrane height. After application of the un-physiological high E2 concentration the cell surface structures appeared to be smoother again with an irregular fine structure. The general behaviour of dose dependent differences was also found in the near-field light transmission images. In order to quantify the treatment effects, line scans through the normalised topography images were drawn and a rate of co-localisation between high topography and high transmission areas was calculated. The cell biological aspects of these observations are, so far, not studied in detail but measurements on single cells offer new perspectives to be empirically used in diagnosis and therapy control of breast cancers.

Keywords: Light microscopy, scanning near-field optical microscopy (SNOM), transmission light SNOM, breast cancer cells, cell surface response, estrogen (17β-estradiol) treatment

1. Introduction

Light microscopy is one of the most important inventions of man offering an insight into the mi-
light source, sample, and detector are large.

Despite the great benefit such high resolution, modern light microscopes have brought into life sciences, the nowadays commercially available instruments show principle short-comings especially for nano-structure investigations. Diffraction and other non-ideal optical conditions of biological specimens like variations of the refraction index limit the spatial resolution of a far-field light microscope \cite{51,53} in practice to about 250 nm or even worse \cite{15,28}. A general approach to overcome this limitation in fluorescence far-field microscopy is spectral precision distance microscopy \cite{10}, a technique that has been successfully applied in cytogenetics (e.g., \cite{17}). This technique, however, does not image structural contrast and limits the attainable information to objects labelled by fluorochromes.

The challenge to break the diffraction limit in resolution has led to the development of several novel imaging techniques, the so-called “near-field” techniques, which close the resolution gap between far-field light microscopy and electron microscopy in the visualisation of nano-structures. These near-field techniques use short distance interactions (typically in the range of molecular dimensions) between the sample and a scanning tip as parameters for imaging. The most prominent near-field technique in biological and medical applications is Atomic Force Microscopy (AFM), in which an atomically sharp probe attached to a cantilever is scanned over a sample surface. AFM has made nano-metre resolution also attainable in cell biology (e.g., \cite{30}). However, although AFM produces a high-resolution topographical picture of the sample, it lacks specificity measurable by light absorption or fluorescence.

A combination of super-resolution optical microscopy and atomic force microscopy is therefore realised in another scanning probe technique: Scanning Near-Field Optical Microscopy (SNOM) \cite{3,4,35,38,39,45,54,59} which has been successfully applied to nanostructure analysis in solid state physics (e.g., \cite{27,60}) and is going to become also a useful instrumental technology in life sciences (for review see e.g., \cite{12}). As in AFM, a sharp probe scans the surface of the sample to obtain a topographic image. In addition, a laser beam is coupled into the probe tip for instance by means of an optical fibre. The most generally applied probes for biological specimen have an aperture with a diameter less than 100 nm which is much smaller than the wavelength of the laser light. This aperture acts as a point-like light source that due to its size and shape emits predominantly evanescent waves and not, as a far-field light source, propagating waves. The intensity of these evanescent waves decreases exponentially in a range of some ten nano-metres around the probe tip so that the evanescent photons can only considerably contribute to sample illumination if the tip is close to the sample surface, i.e., in the range of molecular distances (typically in the order of about 10 nm). In principle, a SNOM probe can be compared with a head-phone in acoustics whereas a standard light source in far-field microscopy works like a loud-speaker emitting a long range propagating sound wave.

Due to the size of the SNOM probe only a region of the sample less than 100 nm can be illuminated and only fluorophores in such a region can be excited to fluoresce. The transmitted light or sample fluorescence can be subsequently detected by a conventional far-field optics and transformed into an optical image that can be acquired simultaneously with the topographic (AFM) image. The spatial resolution of SNOM is approximately given by the aperture size and not by the wavelength of the illuminating light \cite{4}. As in far-field light microscopy, the optical conditions of the sample influence the attainable resolution in practice. Biological objects are soft samples and three dimensionally extended with large height modulations (typically in the range of some \(\mu m\)). These height modulations can limit the scan rate \cite{57} and might cause interpretation problems since a strong coupling between topographic and optical imaging is not always preserved \cite{2,21,25}. Recent estimates \cite{4}, however, have shown that also for biological samples near-field light microscopy with a spatial resolution in the sub-hundred nano-metre range becomes feasible.

SNOM imaging of biological objects has been shown for instance for cellular surfaces of fibroblasts, white blood cells, red blood cells, cytoskeletal actin, green fluorescent protein in bacteria, cortical neurons, or mitotic and meiotic chromosomes \cite{1,16,20,31,34,35,38,39,45,54,59}. These applications show the principle advantages of using SNOM to study biological systems:

- The topographic nano-structure of the surface of the object together with specific optical information can be visualised with sub-hundred nm resolution.
- Optical and non-optical parameters can be acquired simultaneously and correlated quantitatively.
The near-field scanning unit can be adapted to a standard far-field microscope allowing near-field and far-field imaging under identical specimen conditions.

Although SNOM instruments optimised for biological investigations do not require special sample carriers and can be run with preparations on glass slides as in far-field microscopy, some constraints have to be considered in routine experiments. Since the SNOM tip to sample distance control is more critical to implement in a liquid environment than in air [12,29], the requirement for dry specimens is still state of the art, although promising approaches exist for SNOM in fluids [40]. Nevertheless good results were obtained by easy to handle structure conserving drying procedures as short time exposure to HMDS (see also Section 3: Cell preparation) [45].

It is well established that estrogens exhibit a large variety of functions in different cell-types, but the mechanisms of the estrogenic pathways are not yet fully understood [7,8,11,33]. The impact of environmental estrogenic contaminants on human and wildlife health is also discussed in scientific literature e.g., [24,32,47,49,58]. Estrogens induce rearrangements of cytoskeleton associated components in breast cancer cells resulting in alterations of cell morphologies and membrane structures [9,13,14,50,52]. For the investigations presented here, cells of the breast cancer cell line T-47D were bio-chemically modulated with the gations presented here, cells of the breast cancer cell line T-47D were bio-chemically modulated with the

2. Instrumentation and image analysis

SNOM images were acquired using a SNOM 210 (Fig. 1a) in the \( \beta \)-type state with standard instrumen-
tation equipment (Carl Zeiss Jena GmbH). The piezo scanning unit was integrated into the microscope condenser (Fig. 1b) of an Axiovert 135 microscope [20]. This allowed far-field and near-field imaging with the same instrument without changing the sample, i.e., both, far-field and near-field image acquisition modes, were performed on the same cell. In addition, the advantage of using standard glass slides allowed cell culture, growth and analysis on the same slides in order to minimise the preparation steps.

In order to correlate the whole cellular shape with the near-field image and to pre-select appropriate single cells for the near-field analysis, bright-field images were recorded using a CCD camera and a frame grabber board (Scion-Corporation). Image recording was controlled by the Scion Image 4.0 software running under Windows on a PC.

For SNOM, micro-fabricated SNOM-probes with silicon nitride tips coated with aluminium were mounted in a shear-force sensor support. The tips had an aperture of \( \leq 100 \) nm as specified by the manufacturer (Institut für Mikrotechnik, Mainz). Typically the SNOM tip was used for about 10 hours scan-time until destruction of the aperture by laser exposure became visible. The instrument was equipped with an argon ion laser \( C = 458 \) nm, 488 nm) and two HeNe lasers \( C = 543 \) nm, 633 nm) for near field illumination. For each laser wavelength, the illumination intensity was tuned by an AOTF (Acousto Optical Tuneable Filter) independently. The laser light was coupled into the SNOM tip by glass fibres.

The topographic scan was controlled by measuring the interaction on the lateral shear-force oscillation (piezo bimorph excitation typically at about 70 kHz) of the SNOM probe. This limited the application to dry specimens only. Light absorption in the near-field range was detected in air through the glass slide by an Achroplan long distance objective 40 \( \times \)/NA 0.6 korr. and transferred to a photo-multiplier using appropriate band-pass filter settings (Zeiss Filter No. 15 and 16).

The instrument is controlled by the NanoScope IIIa (Digital Instruments Vecco GmbH) controller. The scans were performed on sections of cell surfaces after far-field pre-selection. The scan velocity of the SNOM probe was less than 1 \( \mu \text{m/s} \) for typical image sizes of \( 2 \times 2 \) \( \mu \text{m}^2 \). All near-field images were recorded and visualised in three dimensional topographic false colour plots using the NanoScope IIIa software (version 4.42r1) running under Windows on a PC.

In order to analyse the cell surface height modulation of the differently treated samples by line scan rou-
Fig. 1. (a) Setup of SNOM 210 based on an inverted far-field microscope. The arrow points at the condenser holding, the SNOM scan unit, and fibre probe schematically described in (b). (b) Schematic representation of the condenser and the integrated SNOM scan unit. (First published in Hausmann et al., *Microscopy and Analysis* 71 (May 2001), 5–7.)

Fig. 2. (a) Far-field image of a cell of the breast cancer cell line T-47D (control without E$_2$ treatment) detected with 40× magnification; the typical polygonal shape is visible. (b) Near-field topographic image of a cellular surface section of the same breast cancer cell showing typical rosettes; (c) near-field transmission light image of the same surface section. Regions of the rosettes correspond to low absorbance regions.
times, the compared topographic images were re-scaled to identical ordinates by means of the Nanoscope software. Then the images were exported and further analysed using the Zeiss LSM software version 2.0.4. A diagonal line scan averaged over a width of five pixels was performed and plotted after normalisation of the abscissas of the exported images. The corresponding topographic and transmission images recorded simultaneously were analysed for a correlation between topographic height and surface absorbance ("surface quality factor"). For this purpose a programme was written under Scion Image 4.02 beta (Scion Corporation) on a Windows PC. Height and transmission images were normalised to maximum and minimum values by the Nanoscope software. These normalised images were subtracted pixel by pixel (relative topography – relative transmission) on a Windows PC. Height and transmission imaging topographic height and surface absorbance ("surface quality factor"). For this purpose a programme was written under Scion Image 4.02 beta (Scion Corporation) on a Windows PC. Height and transmission images were normalised to maximum and minimum values by the Nanoscope software. These normalised images were subtracted pixel by pixel (relative topography – relative transmission = "surface quality "). This means for instance that high topographic values in combination to high transmission (= low absorbance) led to low differential values or low surface quality factors, respectively. A high topography in combination with low transmission (= high absorbance) led to a high surface quality factor. For graphic visualisation the resulting pixel values of the surface quality factor were divided by two and 128 arbitrary units were added. Thus, the results ranged from 0 to 255 which was represented by a histogram of 50 classes, where at 128 the lowest surface quality factor was found. By these histograms, images with a close correlation of topographic height and high transmission were represented by a distribution of a small width.

3. Cell preparation

Breast cancer cells of the cell line T-47D (ATCC HTB 133) were grown on chambered glass slides (Nalge Nunc International, Naperville, USA) and cultivated in RPMI 1640 cell culture medium with 10% fetal calf serum at 37°C with 5% CO₂ in a humidified atmosphere. 3–4 days before reaching a confluent cell monolayer the medium was changed to phenol red free RPMI 1640 including 5% charcoal-stripped fetal calf serum, 1% antibiotic/antimycotic solution ( Gibco BRL Life Technologies), 2 mM glutamine, and 1% non-essential amino acids solution. The medium was tested to be free from residual estrogens and components with estrogen like activities. If not stated otherwise all cell culture media and supplements were purchased from Biochrom KG Seromed, Berlin, Germany.

After 6 days of further cultivation aliquots of the cells were treated for 48 hours with 17/β-estradiol (E₂) ( Sigma-Aldrich Chemie GmbH, Deisenhofen, Germany) at concentrations of $5 \times 10^{-9}$ M, $5 \times 10^{-7}$ M, or $5 \times 10^{-5}$ M. The E₂ stock solution was prepared in ethanol. For microscopy the cell culture medium was removed and the cells were washed twice in PBS (30 min each). Then the cells were fixed with 4% formaldehyde in PBS for 15 min (room temperature), washed again in PBS for 15 min and dehydrated by an ethanol series (70%, 80%, 90%, 100%) for 5 min each. In order to maintain cellular structures, air-drying of the specimen was performed after hexamethyldisilazane (HMDS) exposure for 3 min [45] because HMDS was known to reduce surface tension and to induce cross-linking in proteins.

4. Results

Cells were cultivated directly on chambered glass slides in 0.8 ml medium per sample ensuring parallel preparation and detection conditions for all different aliquots. Bright field images were recorded at a 40× magnification. 15–20 cells were selected and imaged for each E₂ concentration and the non-treated control. A dose-dependent E₂ stimulation of T-47D cell proliferation was observed: After application of $5 \times 10^{-9}$ M and $5 \times 10^{-7}$ M E₂ more cells with a higher degree of confluence were found on the glass slides. For E₂ treatment with the highest concentration ($5 \times 10^{-5}$ M) the cell density was decreased in comparison to the untreated control.

As a selection criterion for SNOM, single cells spatially separated from the confluent cell colony were taken for image acquisition. In these cases the cells showed a typical treatment dependent single cell shape. From these pre-selected cells, surface sections were selected for SNOM imaging. A topographic image and a near-field light transmission image at 488 nm were acquired simultaneously.

In Fig. 2, a typical example of an untreated control cell is shown. The far-field image (Fig. 2a) revealed a typically flat, epitheloid cell of polygonal shape. In the topographical near-field image (Fig. 2b) typical rosette like structures were visible. The surface appeared to be regular and the overall height modulations over a µm-dimensional surface region were small (Fig. 6). In the near-field transmission image (Fig. 2c) the areas of low absorbance corresponded to the rosettes in the topographical image.
In contrast to Fig. 2, the cellular appearance changed with E2 treatment. After application of $5 \times 10^{-9}$ M E2 (Fig. 3) the polygonal shape disappeared and globular cells were typically found (Fig. 3a). In the topographic image (Fig. 3b) the rosettes were higher and some were more pronounced due to separation by elongated furrows. In these furrows flat rosettes were detected. A correlation to low absorbance regions was only found for a few rosettes but not for all (Fig. 3c).

The latter effect was also detected for $5 \times 10^{-7}$ M E2 (Fig. 4c). In this case the topographic images revealed strongly furrowed surfaces with less rosettes (Fig. 4b) accompanied by an increased globularity of the cell shape as detected in the bright-field image (Fig. 4a).

Globularity, furrowed surfaces, and an increased absorbance in the rosettes could be assigned to an E2 treatment under physiological concentrations. This behaviour was completely different for the un-physiological concentration of $5 \times 10^{-5}$ M E2. Under this condition the cells appeared spindle-like shaped in the bright-field (Fig. 5a). Again the cellular surface was flat but only a few, intimated rosettes were visible in the topographic image (Fig. 5b). Moreover, the optical response of the surface expressed by the light transmission image (Fig. 5c) was neither compatible to the control nor to the low dose E2 treatment. Nearly no correlation between high or low absorbance areas and the remaining uncomplete rosettes were found (Fig. 7).

To quantify the high modulation of the cells treated with different concentrations of E2 line scans along the normalised diagonals of the images were measured. In Fig. 6 they are plotted for the four typical exam-
Fig. 4. (a) Far-field image of cells of the breast cancer cell line T-47D (after 48 hours treatment with $5 \times 10^{-7} \text{M} \ E_2$) detected with 40× magnification; typical globular shape is visible. (b) Near-field topographic image of a cellular surface section of the breast cancer cell indicated in (a) by an arrow; strong furrows with a few rosettes only are visible; (c) near-field transmission light image of the same surface section. Regions of the rosettes do not always correspond to low absorbance regions.

Figures shown in Figs 2–5. A dose dependent increase in high modulations and membrane ruffling occurred in the range from 0 to $5 \times 10^{-7} \text{M} \ E_2$. Increasing the $E_2$ concentration to $5 \times 10^{-5} \text{M}$ the membrane structure was completely flattened.

In Fig. 7 the histograms of the surface quality factors are shown for the examples of Figs 2–5. A high rate of co-localisation between high topography and high transmission (corresponding to a small histogram width of about 128) was found for the untreated control. In this case the rosettes were the regions of high transmission. The treatment of the cells with physiological $E_2$ concentrations ($5 \times 10^{-9} – 5 \times 10^{-7} \text{M}$) induced a clearly decrease of the correlation (visible as a broader histogram). At un-physiological high concentrations nearly no co-localisation was found between membrane height and transmission.

5. Discussion and conclusion

Human breast cancer cells maintained in long term culture containing estrogen and progesteron receptors constitute a good experimental model for studying hormon–tumour interaction. The cell lines are diverse in their origin and their responsiveness to cytochemical treatments [55]. Signal transduction and regulatory pathways induce cellular modifications to its environmental status (e.g., the estradiol concentration). This
Fig. 5. (a) Far-field image of cells of the breast cancer cell line T-47D (after 48 hours treatment with $5 \times 10^{-5}$ M E$_2$) detected with 40$\times$ magnification; typical spindle like shape is visible. (b) Near-field topographic image of a cellular surface section of the breast cancer cell indicated in (a) by an arrow; only intimated rosettes are visible; (c) near-field transmission light image of the same surface section. Regions of the rosettes do not correspond to low absorbance regions.

Fig. 6. Line scans along the diagonal of the normalised topographic images. In comparison to the untreated control the height modulation increased with the E$_2$ concentration from $5 \times 10^{-9}$ M to $5 \times 10^{-7}$ M. With a further increase to $5 \times 10^{-5}$ M the cytotoxic effect becomes visible with flattening of the membrane topology.
can be detected in detail by controlling the level of expression of genes with molecular techniques, e.g., [44]. Since such molecular mechanisms should influence the supra-molecular appearance of cell surfaces we tried to establish surface portraits of single human breast cancer cells by SNOM in correlation to bright-field imaging of the whole cell. The results indicate that E2 treatment of different concentrations can be visualised on the single cell level by typical structures detected by means of SNOM. To quantify such effects, the surface quality factors correlating near-field topography with near-field light transmission can be used as a reasonable measure for treatment response.

Although [22] have reported that T-47D cell growth was not influenced by both, estrogens and anti-estrogens, several studies revealed a clear estrogen stimulation of proliferation. This ranged from a 2-fold to a 13-fold increase of cells as assessed by cell counting [19,23], evaluation of cellular DNA [5,6,18,56] or measuring of $^3$H thymidine [6]. On the other hand it has been shown that this stimulation is inhibited by anti-estrogens [18,19,48,56]. Depending on the special experimental conditions a very different degree of responsiveness of the T-47D cells was found. A proliferating effect of estrogen was also found for an other well established breast cancer cell line named MCF-7 [36,42,43].

Since we worked with fixed, air dried specimen, we did not make such proliferation measurements in correlation to our single cell SNOM results. However, our findings in general agree with the fact that E2 has a mitogenic effect. We observed a dose-dependent T-47D cell proliferation by inspection of the cell confluence in comparison to the untreated control. These observations agree in principle with [56] in which a cytotoxic effect of E2 on T47-D at concentrations above $10^{-6}$ M has been described. A biphasic effect but with maximal growth stimulation at $10^{-9}$ M was found by [6]. The differences may depend on similar factors as described for the variation in estradiol responsiveness.

In this report we have concentrated on the practicability of SNOM for systematic studies. The use of a commercial standard far-field microscope with an implemented SNOM unit brought this technique into a routine laboratory of cell biology. The combination of far-field and near-field imaging in one instrument under identical specimen conditions allowed the detection of micro structures and sub-hundred nano-metre, supra-molecular structures of the same cell.

Although the $z$-range for our scan head was only 1.7 $\mu$m which was rather small for scanning on surfaces of intact cells, this limited $z$-range was high enough, if accurate positioning and landing of the SNOM tip on the pre-selected surface section was achieved. However, it should be mentioned that this was time consuming and not always easy to handle. A scan head with a $z$-range of 5 $\mu$m which is meanwhile available would reduce this shortcoming.

Nevertheless, series of cells could be acquired and the typical modifications in the cellular shape and sur-
face morphology were extracted. In comparison with the polygonal shapes and regular topologies of control cells the E2 treated cells exhibited dose-dependant alterations concerning morphologies and topographic patterns. The cellular membrane appeared to be destroyed by toxicity of the un-physiological high E2 concentration, since structural sub-units like rosettes disappeared in an un-structured flat surface. The sub-toxic concentrations ($5 \times 10^{-9} - 5 \times 10^{-7} \text{M}$), however, showed an increase in membrane height which might correspond to cell activity and proliferation. Obvious morphological changes (more elongated and spindle shaped cells) observed by far-field microscopy were also found for human endothelial cells after stimulation of proliferation by an infection with two *Bartonella* species. This infection is associated with proliferative neovascular lesions [41].

The specimen drying procedure using ethanol dehydration and HMDS treatment [45] was well manageable and had no apparent destructive influence on the cellular shape or surface. However, working with dry samples seems to be still the most difficult shortcoming of SNOM for biological research. It might limit a general application as a high resolution optical technique breaking the diffraction limit. In addition, working in air reduces the photo-stability of many fluorochromes which are applied in modern biology for specific labelling of cells and sub-cellular components. The challenge of future developments will be to overcome these shortcomings of SNOM for biological analyses [12].

Here, we did not use fluorescent labels and analysed the native absorbance of the specimen. Using three dimensionally intact cells the question is, whether the near-field transmission signal was readily contrasted by the surface of the cell. In far-field imaging the illumination light is passing the whole cell and therefore the detected image is an integrated signal across the entire cell thickness. Due to the exponential attenuation of the illumination light away from the near-field aperture, the near-field transmission light image is mostly contrasted from the few ten nanometres thick layer close to the surface and therefore represents the optical density of the membrane. The chosen image sections for SNOM were small compared to highly absorbing organelles in the cell like for instance a nucleus. Thus, it can be concluded that detailed structures in the transmission light image can only be registered if the absorbance of the cytoplasm can be assumed to be homogenous and therefore negligible.

We acknowledge that so far our results are only descriptive and lack a functional correlation. However, we believe that in future a detailed knowledge about cellular mechanisms like protein induced membrane ruffling [37] and its modulation by chemical treatment might explain typical cell surface portraits. Our experiments, therefore, may methodologically be seen as a first study to investigate cellular responsiveness by a single cell technique. The observations may also offer perspectives to be empirically used in diagnosis and therapy control of breast cancers.

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