Estimation of the Young’s Modulus of Nanometer-Thick Films Using Residual Stress-Driven Bilayer Cantilevers

Luis A. Velosa-Moncada 1, Jean-Pierre Raskin 2, Luz Antonio Aguilera-Cortés 3, Francisco López-Huerta 4 and Agustín L. Herrera-May 1,5,6*

1 Micro and Nanotechnology Research Center, Universidad Veracruzana, Boca del Río 94294, Mexico; luchoa_23@hotmail.com
2 Institute of Information and Communication Technologies, Electronics and Applied Mathematics (ICTEAM), Université Catholique de Louvain (UCL), 1348 Louvain-la-Neuve, Belgium; jean-pierre.raskin@uclouvain.be
3 Departamento de Ingeniería Mecánica, DICIS, Universidad de Guanajuato, Salamanca 36885, Mexico; aguilera@ugto.mx
4 Facultad de Ingeniería Eléctrica y Electrónica, Universidad Veracruzana, Boca del Río 94294, Mexico; frlopez@uv.mx
5 Maestría en Ingeniería Aplicada, Facultad de Ingeniería de la Construcción y el Hábitat, Universidad Veracruzana, Boca del Río 94294, Mexico
6 Correspondence: leherrera@uv.mx

Abstract: Precise prediction of mechanical behavior of thin films at the nanoscale requires techniques that consider size effects and fabrication-related issues. Here, we propose a test methodology to estimate the Young’s modulus of nanometer-thick films using micromachined bilayer cantilevers. The bilayer cantilevers which comprise a well-known reference layer and a tested film deflect due to the relief of the residual stresses generated during the fabrication process. The mechanical relationship between the measured residual stresses and the corresponding deflections was used to characterize the tested film. Residual stresses and deflections were related using analytical and finite element models that consider intrinsic stress gradients and the use of adherence layers. The proposed methodology was applied to low pressure chemical vapor deposited silicon nitride tested films with thicknesses ranging from 46 nm to 288 nm. The estimated Young’s modulus values varying between 213.9 GPa and 288.3 GPa were consistent with nanoindentation and alternative residual stress-driven techniques. In addition, the dependence of the results on the thickness and the intrinsic stress gradient of the materials was confirmed. The proposed methodology is simple and can be used to characterize diverse materials deposited under different fabrication conditions.

Keywords: bilayer cantilever; deflections; thin films; residual stresses; young’s modulus

1. Introduction

Accurate values of the Young’s modulus are essential to correctly quantify the stiffness of the structures under different loading conditions. A comprehensive understanding of this mechanical property in very thin films is critical to the proper design of small-scale micromachined devices. The Young’s modulus of materials with nanometric dimensions (especially below 100 nm) can vary due to the effect of small size [1] and the fabrication process [2]. Therefore, its correct estimation is an area of great interest in many fields such as microelectronics, protective coatings, and nanoelectromechanical systems (NEMS). At this level, the determination of the Young’s modulus requires very different procedures to the traditional uniaxial tensile tests of bulk samples. Several techniques, including nanoindentation [3–5], bulge test [6–8], electrostatic pull-in experiments [9,10], or resonant-based methods [11,12] have been developed for this purpose. However, they often require complex experimental setups and extraction procedures that complicate the replicability of the experimental results. The main difficulty of these tests lies in the need to apply external loads that can eventually disturb the samples and produce noise in the measurements.
The residual stresses of materials deposited by surface micromachining processes can be used as a means of actuation to extract the Young’s modulus of thin films without external manipulation of the samples. An example is the on-chip nanomechanical testing laboratory developed to apply a uniaxial load to the tested films using the internal stress present in a well-characterized reference material [13]. The test methodology is simple, which allows the study of the stress-strain response of a wide range of materials. Thus, different properties such as Young’s modulus, yield stress or fracture stress, fracture strain, and strain hardening can be estimated. In addition, this procedure can also be implemented in a semiconductor device production line [14]. Although ultrathin films can be evaluated with this technique, long actuator beams are needed to provide accurate measurements and large strains. This is an important challenge because of the difficulty of fabricating structures with high aspect ratios (length/thickness). Another proposal consists of combining the measurement of the internal stress after film deposition with the measurement of the corresponding internal elastic strain of freestanding beams [15]. This method is simple and easy to implement but is limited to thin films that have high internal stresses. Furthermore, the accuracy of the strain measurement requires long beams that can suffer from stiction in the release steps. Recently, the deflections of residual stress-driven bilayer cantilevers integrated by a tested film and a well-characterized reference layer have been used to study the elastic properties of ultrathin films [16,17]. In these cases, the parameters that are evaluated are both Young’s modulus and mismatch strain of the tested film. Due to these reasons, several cantilevers with different thickness ratios between the tested film and the reference layer must be fabricated. Thus, the intersection of the corresponding stress-deflection curves gives the solution under the assumption that the mismatch strain is the same in all specimens. Accurate measurements can be achieved by applying this method on tested films with thicknesses less than 100 nm due to the large curvatures of the deflected cantilevers. However, the control of thickness in the micromachining process is a critical issue that could limit the reproducibility of the results and hinder the evaluation of materials with high etching rates. Moreover, the presence of intrinsic stress gradients and the use of an adherence layer seriously influence the precision of the results.

In this work, we propose the use of residual stress-driven bilayer cantilevers to estimate the Young’s modulus of thin films with nanometer thicknesses. Our proposal is motivated by the large curvature variations of fully released cantilevers, resulting in increased sensitivity to tested film characteristics. However, we consider wafer-level measurement of residual stresses in both the reference layer and the tested film in comparison to the investigations reported in previous reports [16,17]. The in-situ measurement of these residual stresses allows the characterization of the elastic mismatch strain. Therefore, it is not required to vary the thickness ratio among the fabricated cantilevers, since the Young’s modulus of the tested film is the only parameter to evaluate. Fabricating cantilevers with common thicknesses eliminates the impact that changes in material sizes have on the results and simplifies thickness control in the fabrication process. The tested film is characterized by relating the measured residual stresses to the corresponding deflections. For this, we propose analytical and finite element models from a static analysis of the cantilever. The models consider the effects of intrinsic stress gradients through the thickness of the materials and the possible use of an adhered layer to strengthen the bond between the reference layer and the tested film. The consideration of these effects is relevant for the correct estimation of the elastic properties of the thin films. The results of our methodology are in good agreement with experimental data reported in the literature.

2. Estimation Methodology

Bilayer cantilevers deflect when released from their base substrate due to the difference in the residual stresses in the materials used to fabricate them. The magnitude of the deflection depends on the elastic properties of the materials and the intensity of the residual stresses stored during the fabrication process. Therefore, the Young’s modulus of the tested film can be deduced if the mechanical properties of the reference layer are known and
both deflections and residual stresses are measured. Occasionally, an additional layer is deposited to promote adhesion between the reference layer and the tested film. In such cases, it is also necessary to know the residual stresses and the mechanical properties of this adherence layer to correctly characterize the tested film. The mechanical relationship between deflections and residual stresses was found through analytical and finite element models. The analytical model was developed from a large deflection analysis of the flexible structure, while the finite element model (FEM) was carried out in the ANSYS® Workbench software using nonlinear static structural analysis.

2. Estimation Methodology

The relaxation of the residual stresses stored in the materials during the fabrication process causes an internal bending moment that deflects the cantilever to an equilibrium position. The radius of curvature \( R \) of the deflected cantilever can be related to the internal bending moment \( M \) from the Euler–Bernoulli beam equation \([18,19]\):

\[
\frac{1}{R} = \frac{M}{(EI)_e},
\]

where \((EI)_e\) is the equivalent bending rigidity of the cantilever.

The horizontal \((a)\) and vertical \((b)\) deflections of the cantilever are determined as shown in Figure 1a:

\[
a = R \sin \left( \frac{L}{R} \right),
\]

\[
b = R \left[ 1 - \cos \left( \frac{L}{R} \right) \right],
\]

where \( L \) is the length of the cantilever.

![Schematic representation of the residual stress-driven cantilever. (a) Deflection profile after released. \( \theta \) is the angular deflection of the cantilever. (b) Geometrical parameters of the cross-section. The reference layer is supposed to be the material located at the bottom of the structure.](image)

2.1. Analytical Modeling

The equivalent bending rigidity of the cantilever \((EI)_e\) is given as reported in a previous report \([20]\):

\[
(EI)_e = E_r [I_r + z_r A_r (z_r - z_N)] + E_f \left[ I_f + z_f A_f (z_f - z_N) \right] + E_a [I_a + z_a A_a (z_a - z_N)],
\]

2.1.1. Bending Rigidity of the Cantilever

The horizontal \((a)\) and vertical \((b)\) deflections of the cantilever are determined as shown in Figure 1a:
where $z_{r,f,a}$ is the distance between the neutral axis of each material and the bottom of the cantilever. The subscripts $r, f, a$ denote the reference layer, the thin film, and the adherence layer, respectively. In case of homogeneous cross sections, $z_r, z_f$, and $z_a$ are calculated as shown in Figure 1b:

$$z_r = \frac{h_r}{2},$$

$$z_a = \frac{h_r + h_a}{2},$$

$$z_f = h_r + h_a + \frac{h_f}{2},$$

where $h_{r,f,a}$ is the thickness of each individual material.

Considering rectangular cross-sections, the cross-sectional area ($A_{r,f,a}$) and moment of inertia ($I_{r,f,a}$) of the three materials are determined as:

$$A_{r,f,a} = wh_{r,f,a},$$

$$I_{r,f,a} = \frac{1}{12}wh_{r,f,a}^3,$$

where $w$ is the width of the cantilever. The moment of inertia of each individual material is calculated with respect to its own neutral axis, that is, passing through its center of symmetry.

The position of the neutral axis of the entire structure ($z_N$) is obtained as mentioned in previous reports [20]:

$$z_N = \frac{z_rE_rA_r + z_fE_fA_f + z_aE_aA_a}{E_rA_r + E_fA_f + E_aA_a}$$

(10)

The biaxial Young’s modulus of each material ($E_{r,f,a}$) is:

$$E_{r,f,a} = \frac{E_{r,f,a}}{1 - \nu_{r,f,a}},$$

(11)

where $E_{r,f,a}$ and $\nu_{r,f,a}$ are the Young’s modulus and the Poisson ratio, respectively.

### 2.1.2. Internal Bending Moment

The residual stresses in each material (Figure 2a) can be divided into a uniform component and an intrinsic stress gradient (Figure 2b). Uniform residual stresses are positive if they cause compression in the materials once the cantilever is released from its base substrate. On the other hand, intrinsic stress gradients are positive if they produce out-of-plane deflection towards the positive $z$-axis. The uniform stress and the intrinsic stress gradient can be represented as an axial force and a moment load, respectively, both acting uniformly over the material cross-section (Figure 2c). By the moment equilibrium around $z_N$,

$$M = F_a(z_a - z_N) + F_f(z_f - z_N) + F_r(z_r - z_N) + M_a + M_r + M_f,$$

(12)

where $M$ is the internal bending moment that deflects the fully released cantilever. The axial force of each material $F_{r,f,a}$ expressed in terms of the uniform stress $\sigma_{r,f,a}$ is given by:

$$F_{r,f,a} = \sigma_{r,f,a}A_{r,f,a}$$

(13)

Generally, $\sigma_{r,f,a}$ is determined using the Stoney formula by the measurement of the radius of curvature of the base substrate before and after deposition of each material [21]. Changes in substrate curvatures can be accurately measured using mechanical, capacitive, or optical methods [21]. This technique is quick and practical for the estimation of the
uniform residual stresses of wafer-level thin films. However, it has the limitation of being accurate only if the deposited material produces substantial changes in the initial curvature. Curvature changes are practically imperceptible when the thickness of the deposited material is extremely small compared to that of the substrate. In such cases, alternative experimental techniques, such as X-ray diffraction, ultrasound, or Raman spectroscopy should be considered [21,22].

Figure 2. (a) Residual stresses stored in the materials during the fabrication process of the cantilever. (b) Uniform stresses and intrinsic stress gradients that form the total residual stresses. (c) Equivalent system of axial forces and moments.

The moment load of the individual materials \( M_{r,f,a} \) can be experimentally estimated by applying Equation (1) in corresponding freestanding monolayer beams. Monolayer beams can be fabricated alongside bilayer cantilevers over the same base substrate following a single fabrication process. Then,

\[
M_{r,f,a} = \frac{E_{r,f,a} I_{r,f,a}}{R_{r,f,a}},
\]

where \( R_{r,f,a} \) is the radius of curvature of each monolayer beam. The radii of curvature of the cantilevers \( (R) \) and \( R_{r,f,a} \) are estimated from the deflection profile using the Taubin method [23]. Nevertheless, Equations (2) and (3) can be used to estimate each radius of curvature in the cases in which only the horizontal or vertical deflections of the cantilever tip are measured.

2.1.3. Solution and Simplification Procedures

The Young's modulus of the tested film \( E_f \) is obtained by numerically solving the system of linear equations composed of Equations (1) and (4)–(14). However, the analytical model can be reduced to a single expression:

\[
k = \frac{-6C_1 + h_f E_f C_2}{h_s E_s \left[ m_f^2 \lambda_f^2 + 4m_a^3 \lambda_a \left( m_f \lambda_f + 1 \right) + 6m_f^2 \left( m_f^2 \lambda_a \lambda_f + 2m_f \lambda_f + \lambda_a \right) + 4m_a \left( m_f^3 \lambda_a \lambda_f + 3m_f^2 \lambda_f + 3m_f \lambda_f + \lambda_a \right) \right] + h_s E_s C_3},
\]

where,

\[
C_1 = \left[ m_a m_f \left( m_a + m_f \right) \left( \lambda_a \sigma_a - \lambda_f \sigma_f \right) \right] + \left[ m_a \left( m_a + 1 \right) \left( \lambda_a \sigma_a - \sigma_a \right) \right] + \left[ m_f \left( m_f + 2m_a + 1 \right) \left( \lambda_f \sigma_f - \sigma_f \right) \right],
\]

\[
C_2 = \left( k_a m_f^2 \lambda_a + k_f m_f^2 \lambda_f + k_r \right) \left( m_a \lambda_a + m_f \lambda_f + 1 \right),
\]

\[
C_3 = 1 + m_f \lambda_f \left( 4 + 6m_f + 4m_f^2 \right) + m_f^3 \lambda_f^2,
\]

where \( \lambda_f = \frac{E_f}{E_s} \) is the biaxial modulus ratio of the tested film and the reference layer, and \( \lambda_a = \frac{E_a}{E_s} \) is the biaxial modulus ratio of the adherence layer and the reference layer. \( m_f = h_f/h_r \) is the thickness ratio of the tested film and the reference layer, and \( m_a = h_a/h_r \) is the thickness ratio of the adherence layer and the reference layer. \( k = 1/R, k_r = 1/R_r \).
where and top sections of each material, respectively. The terms related to the adherence layer are overridden in the analytical model if the deposition of this material is not required during the fabrication process. In those cases, Equation (15) can be simplified as:

\[
k = \frac{-6m_f (m_f + 1) (\lambda_f \sigma_r - \sigma_f)}{h_r E_r} + \frac{h_r E_r (m_f \lambda_f + 1) (k_f m^3 \lambda_f + k_r)}{1 + m_f \lambda_f (4 + 6m_f + 4m^2_f) + m^4_f \lambda^2_f}
\]

Equation (19) can be further simplified if the reference layer and the tested film do not develop intrinsic stress gradients \(M_{rf} = 0\):

\[
k = \frac{-6m_f (\lambda_f \sigma_r - \sigma_f)}{h_r E_r} \frac{(m_f + 1)}{1 + m_f \lambda_f (4 + 6m_f + 4m^2_f) + m^4_f \lambda^2_f}
\]

Equation (20) can be also expressed in terms of the uniform residual strain of the reference layer \(e_r\) and the tested film \(e_f\) using the Hooke’s law \(e_f = \sigma_f E_r\):

\[
k = \frac{-6\lambda_f m_f (e_r - e_f)}{h_r} \frac{(m_f + 1)}{1 + m_f \lambda_f (4 + 6m_f + 4m^2_f) + m^4_f \lambda^2_f}
\]

This expression is the generalization of the Stoney formula for uniform mismatch strain in the tested film [24]. It was used in the aforementioned bilayer cantilever-based methods to extract the Young modulus of ultrathin films [16,17]. However, Equation (21) can be only used in the cases where the contribution of the intrinsic stress gradients to the internal bending moment is very small compared to that from the uniform stress components.

Finally, if the stiffness of the reference layer is much larger than the tested film \((h_r \gg h_f)\) such that it does not develop uniform residual stresses (i.e., \(\sigma_r = 0\), the second part of Equation (20) is simplified, obtaining the classical Stoney formula:

\[
k = \frac{6m_f \sigma_f}{h_r E_r} = \frac{6h_f \sigma_f}{h_f^2 E_r}
\]

2.2. Finite Element Modeling

The cantilever is modeled by grouping the materials into a multibody solid that is then fixed at one end (Figure 3a). Each material is split into two symmetrical sections over its thickness. The symmetry of the structure in the \(yz\)-plane is exploited to simplify the model to half the width. All parts are connected using shared topologies rather than contact regions to have a continuous mesh across the model. The model is meshed with SOLID186 higher-order 3D 20-node hexagonal elements that exhibit quadratic displacement behavior.

Deflections are induced in the model by applying a uniform temperature gradient \(\Delta T\) to the multilayer material of the solid body. The application of the uniform temperature gradient produces thermal strains in the sections according to the following expression:

\[
e_{1,(r,f,a)} = a_{1,(r,f,a)} \Delta T,
\]

\[
e_{2,(r,f,a)} = a_{2,(r,f,a)} \Delta T,
\]

where \(e_{1,(r,f,a)}\) and \(e_{2,(r,f,a)}\) are the thermal strain of the bottom and top sections of each material, respectively. \(a_{1,(r,f,a)}\) and \(a_{2,(r,f,a)}\) are the specific thermal expansion coefficients of the bottom and top sections of each material, respectively.
Figure 3. Finite element model of the bilayer cantilever. (a) 3D multibody solid meshed with hexagonal elements. (b) The thermal strains applied to the two sections of each material produce axial forces due to the interaction between the parts. (c) The combined action of the two axial forces in each material produces the uniform stresses and intrinsic stress gradients.

Thermal strains produce axial forces in the sections due to the interaction between the parts (Figure 3b). The values of the thermal strains expressed in terms of their respective axial forces are:

$$
e_{1}(r,f,a) = \frac{F_{1}(r,f,a)}{E_{r,f,a}A_{r,f,a}}$$ \hspace{1cm} (25)

$$
e_{2}(r,f,a) = \frac{F_{2}(r,f,a)}{E_{r,f,a}A_{r,f,a}}$$ \hspace{1cm} (26)

where $F_{1}(r,f,a)$ and $F_{2}(r,f,a)$ are the axial forces in the bottom and top sections of each material, respectively.

The required axial forces are determined by applying the following two boundary conditions to each material. First, the sum of the axial forces of the material must be equal to the equivalent force produced by the uniform residual stress (Figure 3c):

$$F_{1}(r,f,a) + F_{2}(r,f,a) = -F_{r,f,a}$$ \hspace{1cm} (27)

Second, the sum of the moments around the neutral axis of the material must be equal to the moment load produced by the intrinsic stress gradient (Figure 3c):

$$F_{2}(r,f,a) - F_{1}(r,f,a) = \frac{-4M_{r,f,a}}{h_{r,f,a}}$$ \hspace{1cm} (28)

The minus sign appears in Equations (27) and (28) due to the relaxation of positive and negative uniform stresses produce compression and tension in the materials, respectively.

Once the values of the thermal strains are estimated using Equations (25)–(28), the thermal expansion coefficients are specified through Equations (23) and (24) by setting the $\Delta T$ value. Negative thermal expansion coefficients or with a value of zero can be required to perform the simulations correctly. If a material does not develop intrinsic stress gradients, it is not mandatory to split it into two sections, since its respective thermal expansion coefficients will have the same value. The combined action of all axial forces causes the deflection of the cantilever until an equilibrium position is reached.
The Young’s modulus of the tested film \( (E_f) \) is found by varying its magnitude in the model until the simulated deflections coincide with those experimentally measured. The simulated deflection profile is extracted from the plane of symmetry of the structure and can be quantified in terms of \( a, b, \) or \( R \) (Figure 1a).

2.3. Accuracy of the Proposed Models

The results of the analytical model may differ from those obtained using FEM if the deflection of the cantilever becomes extremely large. To illustrate this, the deflections of three different residual stress-driven cantilevers (S1, S2, and S3) are considered as examples. The geometric dimensions of the cantilevers, the elastic properties of the materials, the curvatures of the monolayer beams, and the uniform residual stresses are indicated in Tables 1 and 2. The parameters indicated in Table 1 are common in the examples, whereas the parameters indicated in Table 2 vary according to the cantilever. The uniform residual stress of the tested film is varied in each example to cover a broad range of deflections in the analysis. The cantilevers exhibit similar deflections with the indicated parameters. The examples include the use of adherence layers and the development of intrinsic stress gradients in the materials.

Table 1. Common parameters in the analyzed examples.

| Parameter                                           | Value      |
|-----------------------------------------------------|------------|
| Cantilever width, \( w \)                          | 12 \( \mu \)m |
| Cantilever length, \( L \)                          | 150 \( \mu \)m |
| Thickness of the adherence layer, \( h_a \)         | 30 nm      |
| Thickness of the tested film, \( h_f \)             | 60 nm      |
| Biaxial Young’s modulus of the reference layer, \( E_r \) | 250 GPa    |
| Biaxial Young’s modulus of the adherence layer, \( E_a \) | 125 GPa    |
| Young’s modulus of the tested film, \( E_f \)        | 160 GPa    |
| Poisson ratio of the tested film, \( v_f \)          | 0.2        |
| Curvature of the reference layer beam, \( k_r \)     | \(-890 \) m\(^{-1}\) |
| Curvature of the adherence layer beam, \( k_a \)     | 0          |
| Curvature of the tested film beam, \( k_f \)        | \(1790 \) m\(^{-1}\) |
| Uniform residual stress of the reference layer, \( \sigma_r \) | \(-50 \) MPa |
| Uniform residual stress of the adherence layer, \( \sigma_a \) | 0          |

Table 2. Parameters for cantilevers S1, S2 and S3.

| Parameter                                           | S1     | S2     | S3     |
|-----------------------------------------------------|--------|--------|--------|
| Thickness of the reference layer, \( h_r \) [nm]    | 120    | 240    | 480    |
| Uniform residual stress of the tested film, \( \sigma_f \) [MPa] | 40–200 | 100–500| 300–1500|

First, the given parameters are used to calculate the deflection of the cantilevers through the proposed models. In these calculations, the Young’s modulus of the tested film has been considered as an input value. The evolution of the normalized curvature \( (k^*) \) with respect the normalized internal bending moment \( (M^*) \) in each cantilever is shown in Figure 4. The expressions for \( k^* \) and \( M^* \) are derived following the normalization procedure proposed in previous report [16]:

\[
M^* = \frac{M}{1 \times 10^{-8}[N \cdot m]} \frac{w^2}{(h_r + h_a + h_f)^2}, \tag{29}
\]

\[
k^* = k \frac{w^2}{h_r + h_a + h_f}, \tag{30}
\]
where $M$ and $k$ are the internal bending moment and the curvature of each bilayer cantilever, respectively. The analytical model solutions indicate that curvatures are directly proportional to the internal bending moments. However, the results estimated by FEM show that the relationship between the two parameters evolves nonlinearly as the deflections increase beyond their initial values. Nonlinearity can be attributed to stress hardening (which usually appears in structures with very low bending stiffness) and shear deformations. These effects are not considered in the analytical model as it is derived from the Euler-Bernoulli beam theory (Equation (1)). Nevertheless, it is observed that the nonlinear effects drop considerably as the total thickness of the structures increases (results for cantilever S3).

Figure 4. Normalized curvature $k^*$ vs. normalized internal bending moment $M^*$ for the cantilevers S1, S2, and S3. The dotted curve with circular markers corresponds to the results estimated by FEM. The dashed line represents the results obtained by the analytical model (Equation (15)). The dash-dotted line shows the results obtained by the analytical model if the parameters related to the adherence layer and intrinsic stress gradients are not considered (Equation (20)).

Nonlinear deflection of cantilevers can have a significant impact on the accuracy of the analytical model. The Young’s modulus of the tested film ($E_f$) is calculated from the curvatures obtained by FEM using Equation (15). Figure 5a shows the calculated $E_f$ values with respect to the curvatures exhibited in each cantilever ($k$). As expected, the analytical model solutions deviate from the real value of $E_f$ as the deflections increase. However, it is confirmed that the errors produced by nonlinear effects are greater on the cantilevers with smaller thickness (cantilever S1). In other words, for cantilevers with very thin tested films and adherence layers, the accuracy of the analytical model improves with higher $h_r$ values.

Figure 5. Effect of nonlinear deflections on the estimation of the Young’s modulus of the tested films ($E_f$). The results were calculated from the curvatures obtained from FEM solutions using: (a) Equation (15) and (b) Equation (20). The vertical axis on the left side of both graphs represents the results of $E_f$. The vertical axis on the right side of the graphs represents the error of the results with respect to the real value of $E_f$ (indicated in Table 1).
The accuracy of the analytical model also decreases when the effects of adherence layers and intrinsic stress gradients are neglected. If the parameters related to these characteristics are not considered in the calculations, Equation (20) can be used to obtain the results. Based on this mathematical expression, the slope of the curves $M^*$ versus $k^*$ are greater than those obtained using Equation (15) (Figure 4). A comparative analysis of Equations (15) and (20) shows that the effects of the adherence layer can be omitted in the analyzed examples if $h_a$ is equal to or less than 3 nm, 6 nm, and 3 nm of the cantilevers S1, S2, and S3, respectively. Likewise, it can be determined that the effects of intrinsic stress gradients can be neglected when the relative difference between the internal bending moment ($M$) and the moment produced by the uniform stresses and is less than 2%. However, this last condition is satisfied only if $\sigma_f$ is greater than 360 MPa, 1300 MPa, and 5100 MPa of the cantilevers S1, S2, and S3, respectively. These values of uniform residual stresses of the tested film are very far from those indicated in Table 2.

It is difficult to establish the validity range of the analytical model proposed in this work due to the large number of variables involved in the equations. However, good results were observed for cantilevers with normalized curvatures below 1.7 ($k^* \leq 1.7$). This condition is generally fulfilled in cantilevers with angular deflections (Figure 1a) less than ninety degrees ($\theta < 90^\circ$) and with a reference layer of thickness greater than or equal to four hundred nanometers ($h_r \geq 400$ nm). Finite element models are generally more accurate because they consider the nonlinear response of the cantilevers when they experience very large deflections. However, some effects that can limit the accuracy of the results are excessive etching of materials and non-homogeneous deposition of the thin films. Furthermore, it is important to note that the models consider initially straight cantilevers with linearly elastic and inextensible materials.

3. Results and Discussions

We use the methodology proposed in this work to estimate the Young’s modulus of previously reported silicon nitride (Si$_3$N$_4$) tested films in two different cases. In the first case, the bilayer cantilever comprises a reference layer of silicon oxide (SiO$_2$) [25]. In the second case, the reference layer is made of silicon (Si) [16]. Originally, the research reported by Lacoste et al. in [25] aimed to estimate the residual stresses generated in materials during the fabrication process. On the other hand, in the report reported by Favache et al. [16], the bilayer cantilevers were also used to determine the Young’s modulus of Si$_3$N$_4$ by applying a different procedure. In both reports, the samples were fabricated in the WINFAB (Wallonia Infrastructure Nano Fabrication) cleanroom facilities at Université catholique de Louvain, Louvain-la-Neuve, Belgium (https://sites.uclouvain.be/winfab/NEW_website/). Retrieved 30 November 2021) under similar conditions using different substrates. The results are validated with those previously obtained in the same laboratory using alternative techniques.

3.1. Case 1: SiO$_2$/Si$_3$N$_4$ Bilayer Cantilever

The fabrication process of the SiO$_2$/Si$_3$N$_4$ bilayer cantilever started with the growth of a thermal SiO$_2$ layer on a silicon substrate at 1000 °C under a mixed O$_2$/H$_2$ atmosphere. Afterward, Si$_3$N$_4$ was deposited over the thermal SiO$_2$ at 800 °C by low pressure chemical vapor deposition (LPCVD) with a stoichiometric mixture of dichlorosilane with an ammonia (SiH$_2$Cl$_2$/NH$_3$) ratio of 1:3. Individual layers of SiO$_2$ and Si$_3$N$_4$ were separately deposited on two different silicon wafers to obtain the monolayer beams. After growing the thin layers, the structures were defined by photolithography and patterned using a plasmaetching for the silicon nitride and hydrofluoric acid (HF) for the thermal silicon oxide. The thick silicon wafers were etched in 20% tetramethyl ammonium hydroxide (TMAH) solution at 90 °C for one hour to release the cantilevers and then rinsed in de-ionized water and dried in methanol to avoid structural damage. The deposition of an adherence layer
was not considered in the fabrication process because the materials showed high adhesion. A schematic diagram of the fabrication steps is shown in Figure 6.

Figure 6. Schematic representation of the main fabrication steps for the case 1. (a) SiO$_2$/Si$_3$N$_4$ bilayer cantilever: thermal growth of the SiO$_2$ layer, deposition of the Si$_3$N$_4$ layer, patterning of the deposited layers and release from the Si substrate. (b) SiO$_2$ beam: growth and patterning of the SiO$_2$ layer and release from the Si substrate. (c) Si$_3$N$_4$ beam: deposition and patterning of the Si$_3$N$_4$ film and release from the Si substrate.

Corresponding uniform components of the residual stresses were measured using the Stoney formula by wafer curvature measurements [21]. The thicknesses of the deposited materials were verified by ellipsometry while the in-plane dimensions of the cantilevers were measured by SEM. Figure 7 shows the SEM views of the fabricated cantilevers after being released from the Si substrate. The vertical deflection for 100 µm length and 10 µm wide cantilevers was measured using an optical microscope comparing the focus on both ends.

Figure 7. SEM views of the released cantilevers in case 1 (longest showed cantilevers are 150 µm long). (a) SiO$_2$/Si$_3$N$_4$ Bilayer Cantilever. (b) SiO$_2$ beam. Deflection reveals the presence of strain gradients over film thickness. (c) Si$_3$N$_4$ beam. Some stiction appeared after rinsing with water and drying in methanol. Reprinted with permission from [25]. Copyright©2006, Springer Nature.

Monolayer SiO$_2$ beams exhibited a notable vertical deflection that revealed the presence of intrinsic stress gradients in this material (Figure 7b). In contrast, the tested film appears to be free of the intrinsic stress gradients as their respective freestanding beams remained straight after being released (Figure 7c). The Young’s modulus and the Poisson ratio of the SiO$_2$ reference layer and the Poisson ratio of the tested Si$_3$N$_4$ material were reported in the literature [25]. The dimensions of the structures, the uniform residual stresses, the vertical deflections of the cantilevers, and the elastic properties of the materials are indicated in Table 3.
Table 3. Parameters for case 1 (SiO$_2$/Si$_3$N$_4$ bilayer cantilever).

| Parameter                        | Value          | Measurement Technique                      |
|----------------------------------|----------------|--------------------------------------------|
| Cantilever width, $w$            | 10 $\mu$m      | SEM                                       |
| Cantilever length, $L$           | 100 $\mu$m     | SEM                                       |
| Thickness SiO$_2$ layer, $h_f$   | 433 nm         | Ellipsometry                              |
| Thickness Si$_3$N$_4$ film, $h_f$| 288 nm         | Ellipsometry                              |
| Vertical deflection bilayer cantilever, $b$ | 50.51 $\mu$m | Optical microscopy                        |
| Vertical deflection SiO$_2$ beam, $b_r$ | 12 $\mu$m | Optical microscopy                        |
| Vertical deflection Si$_3$N$_4$ beam, $b_f$ | $\approx$0 | Optical microscopy                        |
| Young’s modulus SiO$_2$, $E_f$   | 70 GPa         | Reported in [25]                          |
| Poisson ratio SiO$_2$, $\nu_f$   | 0.2            | Reported in [25]                          |
| Poisson ratio Si$_3$N$_4$, $\nu_f$ | 0.27          | Reported in [25]                          |
| Uniform residual stress SiO$_2$ layer, $\sigma_{fr}$ | $-281$ MPa | Wafer curvature measurement and Stoney formula |
| Uniform residual stress Si$_3$N$_4$ film, $\sigma_f$ | 914 MPa | Wafer curvature measurement and Stoney formula |

The analytical solution was estimated using Equation (19) since the SiO$_2$ layer developed intrinsic stress gradients during the fabrication process. The radii of curvature of the bilayer cantilever and the monolayer beams were calculated from their respective vertical deflections using Equation (3). For the FEM solution, the 3D model was meshed with 250 elements over the length, 15 elements over the half width, 1 element over the thickness of the two sections of the SiO$_2$ layer, and 1 element over the thickness of the Si$_3$N$_4$ film. The silicon nitride tested film was not split into two symmetrical sections since it was free of intrinsic stress gradients. Several simulations were conducted varying the $E_f$ value from 284 to 292 GPa to obtain different Young’s Modulus versus deflection responses. Subsequently, a linear regression was performed on the recorded data to approximate the relationship between the two variables (Figure 8). Then, the correct value of $E_f$ was obtained by evaluating the experimentally measured bilayer cantilever deflection on the fitted linear function. Both silicon oxide and silicon nitride were considered isotropic materials [25].

Figure 8. Estimated Young’s modulus of the Si$_3$N$_4$ tested films for case 1 (SiO$_2$/Si$_3$N$_4$ bilayer cantilever). The colored dots indicate the FEM results for different values of $E_f$ from which linear fits (dashed lines) are made. The correct value of $E_f$ is found by evaluating the measured vertical deflection on the fitted linear function. The incidence of the intrinsic gradient of the SiO$_2$ layer on the results is evidenced in the lower values of the Young’s modulus of the Si$_3$N$_4$ when it is assumed that $M_r = 0$.

The Young’s modulus values of the 288 nm thick Si$_3$N$_4$ tested films found through the models proposed in this work are listed in Table 4. The results of the analytical model agree well with those obtained by FEM. The incidence of the intrinsic gradient of the SiO$_2$ layer...
has on the results was studied by repeating the calculations with $M_r = 0$. The elimination of $M_r$ leads to an underestimation of 4.9 and 5.7% in the $E_f$ values estimated by the analytical and FEM models, respectively.

Table 4. Estimated values of the Young’s modulus of the Si$_3$N$_4$ tested films for case 1 (SiO$_2$/Si$_3$N$_4$ bilayer cantilever).

| Result                      | Analytical Model | FEM       | Relative Difference |
|-----------------------------|------------------|-----------|---------------------|
| $E_f$ [GPa]                 | 299.3 $^1$       | 288.3     | 3.8%                |
| $E_f$ ($M_r = 0$) [GPa]     | 284.7 $^2$       | 271.9     | 4.7%                |

$^1$ Equation (19). $^2$ Equation (20).

The results of the Young’s modulus of the Si$_3$N$_4$ films for case 1 are slightly above the upper range of the reported values for the same lab (summarized in Table 5). The lack of resolution in the optical microscope and the ineffectiveness of the strategy used to estimate vertical deflection may be the reason. Furthermore, edge effects at the free end of the cantilevers can cause miscalculation of the respective radii of curvature. Nevertheless, it is worth mentioning that Young’s modulus of the silicon nitride can vary from 193 GPa to 338.5 GPa according to the review of existing data reported in the previous report [16].

Table 5. Young’s modulus of silicon nitride thin films deposited in the WINFAB laboratory.

| Method                                    | Thickness (nm) | Value (GPa) | Reference |
|-------------------------------------------|----------------|-------------|-----------|
| Nanoindentation                           | 250            | 235 ± 10    | [13]      |
| Stoney and freestanding beams             | 301            | 233         | [15]      |
| Nanoindentation                           | 301            | 241         | [15]      |
| Bilayer cantilever                        | 55             | 270 ± 20    | [16]      |

| This work (case 1)                        | 288            | 288.3       | –         |

| This work (case 2)                        | 46             | 242.9       | –         |
|                                           | 63             | 236.2       | –         |
|                                           | 102            | 222.4       | –         |
|                                           | 133            | 213.9       | –         |

3.2. Case 2: Si/Si$_3$N$_4$ Bilayer Cantilever

In this case, the structures were fabricated on a silicon-on-insulator (SOI) wafer following the process shown in Figure 9. The first step was the patterning of the upper Si layer of the SOI wafer by reactive ion etching (RIE) with a sulfur hexafluoride (SF$_6$)-based plasma. The Si$_3$N$_4$ film was then deposited at 790 °C through LPCVD and then patterned by RIE using a mixture of sulfur hexafluoride and silicon tetrachloride (SF$_6$/SiCl$_4$)-based plasma. At this point, the wafer was cut into four samples (G1, G2, G3, and G4) before releasing the structures by the etching of the SiO$_2$ sacrificial layer using HF (73 vol.%). Since HF also etches Si$_3$N$_4$ at a slower rate than SiO$_2$, the release time was varied in each sample to expect obtain bilayer cantilevers with different tested film thicknesses $h_f$ (Table 6). The fabrication process allows the production of Si/Si$_3$N$_4$ bilayer cantilevers and freestanding monolayer Si and Si$_3$N$_4$ beams of several lengths.

Table 6. Thicknesses and Curvatures of the Si/Si$_3$N$_4$ bilayer cantilevers.

| Dimension                        | G1    | G2    | G3    | G4    |
|----------------------------------|-------|-------|-------|-------|
| Thickness Si layer [nm], $h_r$   | 400   | 400   | 400   | 400   |
| Thickness Si$_3$N$_4$ film [nm], $h_f$ | 46    | 63    | 102   | 133   |
| Curvature bilayer cantilever [m$^{-1}$], $k$ | 5479  | 6250  | 7143  | 7407  |
were used to estimate the uniform residual strains. The residual strains of the Si and Si3N4 films were indicated in Table 7.

Table 6. Dimensions and elastic properties for case 2 (Si/Si3N4 bilayer cantilever).

| Parameter                   | Value  | Measurement Technique |
|-----------------------------|--------|-----------------------|
| Cantilever width, $w$       | 10 μm  | Optical microscopy    |
| Cantilever length, $L$      | 200 μm | Optical microscopy    |
| Poisson ratio Si3N4 film, $v_f$ | 0.27   | reported in [16]      |
| Uniform residual strain Si layer, $e_r$ | ≈0     | SEM                   |
| Uniform residual strain Si3N4 film, $e_f$ | 0.0032 | SEM                   |

Figure 9. Schematic representation of the main fabrication steps for the case 2 (Si/Si3N4 bilayer cantilever). (a) SOI wafer; (b) patterning of the top Si; (c) deposition of Si3N4; (d) patterning of Si3N4; (e) etching of the SiO2 sacrificial layer.

The thickness of the Si reference layer was obtained from the SOI wafer specifications, whereas the thickness of the Si3N4 films was measured by ellipsometry using the Cauchi model [26]. On the other hand, the deflection profile shown by the bilayer cantilevers after being released (Figure 10) was measured using SEM and interferometry. Subsequently, the respective radii of curvature were estimated by interpolating a circle on the deformed shape applying the Taubin method [23].

Figure 10. SEM view of the fully released Si/Si3N4 (sample G1) bilayer cantilevers. Reprinted with permission from [16]. Copyright©2016, AIP Publishing.

Freestanding monolayer Si and Si3N4 beams did not exhibit perceptible deflections, indicating the absence of intrinsic stress gradients. Therefore, the in-plane deformations were used to estimate the uniform residual strains. The residual strains of the Si3N4 and Si beams were $e_f = 0.0032$ and $e_r ≈ 0$ (indicating the absence of uniform residual stresses at the top of the Si layer of the SOI wafer), respectively. The measured thicknesses and curvatures of the Si/Si3N4 bilayer cantilevers are given in Table 6, while the geometrical and elastic properties required in the models are indicated in Table 7.
The analytical solution was estimated from the uniform residual strains using Equation (21) since the materials were free of intrinsic stress gradients. The FEM solution was found following the same extraction methodology of case 1 (Figure 11). The model was meshed with 160 elements over the length, 15 elements over the half width, and 1 element over the thickness of the Si layer and the Si$_3$N$_4$ film. The materials were not split into two symmetrical sections as they did not develop intrinsic stress gradients during the fabrication process. Experimentally, it was observed that the radius of curvature does not have significant changes in the bilayer cantilevers with lengths ranging between 100 µm and 1.9 mm. Therefore, a length of 200 µm is appropriate to perform the simulations with better results. The thermal expansion coefficients of the materials were calculated from the uniform residual strains using Equations (23) or (24). The simulated deflection profile was extracted in the range of 10 µm to 190 µm across the long axis to avoid edge effects.

![Figure 11. Estimated Young's modulus of the Si$_3$N$_4$ tested films for case 2 (Si/Si$_3$N$_4$ bilayer cantilever).](image)

In the solutions, Si$_3$N$_4$ was considered isotropic while Si was considered orthotropic [16]. According to the global coordinate system of Figure 3, the elastic constants of the orthotropic silicon are [27]:

$$\begin{align*}
E_x, E_y, E_z &= [169, 169, 130] \text{ GPa} \\
\nu_{xy}, \nu_{yz}, \nu_{zx} &= [0.064, 0.36, 0.28] \\
G_{xy}, G_{yz}, G_{zx} &= [50.9, 79.6, 79.6] \text{ GPa}
\end{align*}$$

(31)

where $E$, $\nu$, and $G$ refer to Young’s modulus, Poisson’s ratio, and shear modulus, respectively. For the analytical solution, the biaxial Young’s modulus of silicon was taken from the elastic constants in the $xy$–plane:

$$E_f = \frac{E_x}{1-\nu_{xy}} = \frac{E_y}{1-\nu_{xy}} = 180.55 \text{ MPa}$$

(32)

Table 8 presents the Young’s modulus values of the Si$_3$N$_4$ tested films for each of the four samples. The results are in good agreement with those values obtained in silicon nitride films fabricated under similar experimental conditions (Table 5).

**Table 8.** Estimated values of the Young’s modulus of the Si$_3$N$_4$ tested films for case 2 (Si/Si$_3$N$_4$ bilayer cantilever).

| Sample | Analytical Model [GPa] | FEM [GPa] | Relative Difference |
|--------|------------------------|-----------|---------------------|
| G1     | 228.5                  | 242.9     | 5.9%                |
| G2     | 218.3                  | 236.2     | 7.6%                |
| G3     | 197.1                  | 222.4     | 11.4%               |
| G4     | 184.7                  | 213.9     | 13.7%               |

1 Equation (21).
The values obtained using the analytical models agree well with those obtained by FEM, but the relative difference between them increases with higher tested film thickness $h_f$. The increase of $h_f$ has more incidence on the internal bending moment $M$ than on the bending rigidity $(EI)_c$ due to the high magnitude of $\sigma_f$. Nonproportional increase in the values of $M$ and $(EI)_c$ results in larger deflections of the bilayer cantilever. Under large deflections, the curvature $k$ does not vary linearly with the internal bending moment $M$ and the accuracy of the analytical model decreases (as explained in Section 2.3).

The dependence of the results on the size of the tested film is seen in the $E_f$ versus $h_f$ plot shown in Figure 12. Specifically, it is noticed that the Young’s modulus of the Si$_3$N$_4$ tested film increases as its thickness decreases. The estimated Young’s modulus of Si$_3$N$_4$ tested film with a thickness of 40 nm (sample G1) is about 14% higher than that of Si$_3$N$_4$ tested film with a thickness of 133 nm (sample G4). Nevertheless, it should be considered that the estimation of the Young’s modulus of ultrathin layered materials can be influenced by defects in the test material or by internal factors such as roughness. The study of the influence of these internal parameters on the results is not part of the objectives of this work.

![Graph](image.png)

Figure 12. Young’s modulus $E_f$ vs. thickness $h_f$ for case 2 (Si/Si$_3$N$_4$ bilayer cantilever).

Finally, it was found that the Si$_3$N$_4$ films tested in case 1 (SiO$_2$/Si$_3$N$_4$ bilayer cantilever) have a higher Young’s modulus than Si$_3$N$_4$ films tested in case 2 (Si/Si$_3$N$_4$ bilayer cantilever). This may be because the structural properties of the Si$_3$N$_4$ deposited on SiO$_2$ can be different from the structural properties of the Si$_3$N$_4$ deposited on Si [25]. In addition, some specific parameters of the fabrication process, such as deposition time, etching time, or etch solutions (which are different in the two investigated cases) can alter the properties of the tested films.

4. Conclusions

A methodology to predict the Young’s modulus of nanometer-thick films using residual stress-driven bilayer cantilevers was reported. The bilayer cantilever consists of a well-known reference layer and a tested film that store residual stresses during the fabrication process. The fully released cantilever deflects due to the difference in the residual stresses of the two materials. The measured deflections and residual stresses are related using analytical or finite element models to calculate the Young’s modulus of the tested film. The proposed models include the intrinsic stress gradients and the use of adherence layers. Our methodology was applied to previously reported silicon nitride (Si$_3$N$_4$)-tested films deposited on silicon oxide (SiO$_2$) and silicon (Si) reference layers. The estimated Young’s modulus for the 288 nm thick Si$_3$N$_4$ tested films deposited on SiO$_2$ was 288.3 GPa. On the other hand, the estimated Young’s modulus for the Si$_3$N$_4$ tested films deposited on Si with thicknesses ranging between 43 and 133 nm varied from 242.9 GPa to 213.9 GPa. The results obtained in this work were in good agreement with reported literature data of Si$_3$N$_4$ films fabricated under similar conditions. This methodology can be easily used for thin films of
different materials. However, it is limited by the resolution of the techniques employed to estimate the residual stresses, deflections, and in-plane dimensions. Future research will focus on estimating the Young’s modulus of thin films using residual stress-driven structures but reducing the dependence of the methodology on the Poisson’s ratio of the tested film and the elastic properties of the reference layer.

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