Direct visualization of out-of-equilibrium structural transformations in atomically thin chalcogenides

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Two-dimensional (2D) transition metal dichalcogenides (TMDCs) have been the subject of sustained research interest due to their extraordinary electronic and optical properties. They also exhibit a wide range of structural phases because of the different orientations that the atoms can have within a single layer, or due to the ways that different layers can stack. Here we report a unique study involving direct visualization of structural transformations in atomically thin layers under highly non-equilibrium thermodynamic conditions. We probe these transformations at the atomic scale using real-time, aberration-corrected scanning transmission electron microscopy and observe strong dependence of the resulting structures and phases on both heating rate and temperature. A fast heating rate (25 °C/sec) yields highly ordered crystalline hexagonal islands of sizes of less than 20 nm which are composed of a mixture of 2H and 3R phases. However, a slow heating rate (25 °C/min) yields nanocrystalline and sub-stoichiometric amorphous regions. These differences are explained by different rates of sulfur evaporation and redeposition. The use of non-equilibrium heating rates to achieve highly crystalline and quantum-confined features from 2D atomic layers present a new route to synthesize atomically thin, laterally confined nanostructures and opens new avenues for investigating fundamental electronic phenomena in confined dimensions.

npj 2D Materials and Applications (2020) 4:16; https://doi.org/10.1038/s41699-020-0150-2

INTRODUCTION

Two-dimensional nanomaterials have received significant attention due to the wide range of exciting properties that they exhibit1. Transition metal dichalcogenides (TMDCs) have garnered particular interest due to their ability to be utilized in novel electronic device applications2,3. There have been several studies investigating the effect of heat treatments on the structural properties of these systems, but to date these have largely focused on amorphous to crystalline transformation kinetics, point defect kinetics, and dislocation kinetics under equilibrium conditions from ranging ambient to elevated temperatures4-8. Among 2D materials, the TMDCs of Mo and W can exist in multiple phases like 2H, 1T, and 1T′, few of them induced by atomic distortions. Furthermore, additional phases, namely 2H′ and 3R, are formed by the stacking of 2D layers with different rotational arrangements. In particular, MoS2—both as a monolayer and in multilayer form—is known to exhibit multiple structural phases. These include the chalcogen distortion-induced 1T phases for both monolayers and thicker crystals and stacking alignment-induced 3R phases in multilayers6-9. The 2H phase is the most thermodynamically stable phase, while the 1T phase and 3R phases are metastable and revert back to the 2H phase over time, or upon application of some form of energy that allows them to overcome the associated activation barrier10,16. Despite the fact that several studies regarding phase identification and evolution have been conducted, the nucleation and formation of metastable phases is still a topic of major debate and discussion11-13. Thus far, in situ electron microscopy studies of TMDCs (such as MoS2, WS2, etc.) have largely focused on observations of the kinetics of individual point defects16-19. However, with the rapid growth of interest in the optical, electronic, and mechanical properties of TMDCs20-22, several studies have used in situ scanning transmission electron microscopy (STEM) to document structural transformations under equilibrium conditions5,23-27. In addition, some observations of in situ heterojunction formation and growth have also been made in the same class of materials28,29. These microscopic investigations have shown that defects and vacancies form due to the application of multiple types of external stimuli, along with the dynamic migration of transition metal and chalcogen atoms towards favorable grain boundary formations28,29. There is, however, a lack of understanding on how processing conditions impact atomic scale structure and phase evolution in confined dimensions, including how they lead to the formation of new, metastable phases.

Here, we have studied the effect of equilibrium vs. non-equilibrium diffusion conditions during the heating of atomically thin 2D MoS2 sheets. We find that the effect of heating rate on the morphology of bilayer/few-layer MoS2 is consistent with the equilibrium bulk binary phase diagram of Mo and S32,33. We see that stoichiometric MoS2 can phase-separate at low temperatures (T < 500 °C) into a two-phase region of Mo + MoS2 if the sulfur concentration is reduced. At higher temperatures (500 °C < T < 1000 °C), the same process leads to a mixture of Mo2S3 and 3R phase of MoS2. Furthermore, if the sulfur content is reduced to below 60 atomic percent, a mixture of Mo and Mo2S3 forms. It has been established in the literature that sulfur vacancies, having a low formation energy, are the dominant defect species in few-layer MoS234. In this study, we find that annealing in the 500 °C < T < 1000 °C range can lead to loss of sulfur atoms on a time scale of just 30 min15. Moreover, the general phenomena of melting point depression in quantum-confined materials relative to their bulk counterparts is well known33. Based on these concepts, we propose that
changing the heating rate of a bilayer MoS₂ sample can be used as a proxy to tune the sulfur concentration and change the material structure and morphology of a stoichiometric crystal after synthesis. Direct observation of atomic level diffusion indicates the different crystalline states across the entire thermal diffusion process. Lateral heterophase formation along with statistical observation of particle evolution provides a new pathway for materials engineering in the quantum mechanically relevant size regime.

RESULTS

Phase transformation processes in equilibrium vs. non-equilibrium heating conditions

Schematics presented in Fig. 1a show the thermal diffusion process in 2D layered MoS₂ crystals, mechanically exfoliated from bulk crystals, when subjected to two different heat treatments: (1) localized, fast heating rates, using embedded heating elements on a chip, which create highly non-equilibrium thermodynamic conditions, and (2) global, slow heating in an equilibrium environment in a hot-walled reactor.

To accomplish these experiments and visualize their atomic structure, exfoliated MoS₂ layers were transferred to heater-embedded TEM grids (Hummingbird Scientific) HAADF-STEM images in Fig. 1b, e represent the as-prepared 2D MoS₂ layer before thermal treatment, while Fig. 1c, f shows the transformed MoS₂ after thermal treatment in non-equilibrium and equilibrium conditions, respectively. Since we are using a 200 kV accelerating voltage, it is important to consider the possibility of beam induced transformations in 2D MoS₂ layers at the transformation temperature. After cooling the sample to room temperature, we systematically investigated regions that were not exposed to the electron beam and found that the disintegration process was identical throughout the sample. This clearly indicates that the primary source of the observed structural changes is the applied thermal stimulus and not the electron beam. Similar results for another set of samples are shown in Supplementary Fig. 1 along with completely unexposed regions after disintegration, Supplementary Fig. 2 to confirm the reproducibility of our experiments.

In the case of non-equilibrium (fast) heating, we observe discrete disintegration of continuous, atomically thin and uniform layers of MoS₂ into highly crystalline nanostructures or nanoparticles with lateral dimensions of less than 20 nm, which is within the regime of electronic quantum confinement. Figure 1d presents examples of nanoscale islands of MoS₂ that form after fast ramping of the flakes shown in Fig. 1b to an elevated temperature (700 °C). Conversely, a slow increase in temperature results in decomposition of the stoichiometric, single crystalline MoS₂ layers into amorphous structures. The sections below discuss the detailed mechanisms and structures observed in each case and correlate them with theoretical insights which account for different evaporation rates of sulfur from the structures.

Macroscopic thermal diffusion in non-equilibrium conditions and the restructuring of heterophase formation

While studies of phase evolution through heating or beam induced transformation have been previously carried out on 2D layered chalcogenides, those studies have been limited to small area, atomic scale investigations which offer limited insight into dynamic phenomena. Large area analysis and observations at different length scales using electron microscopy are lacking. For the case of fast heating, we show this in Fig. 2a, b where a magnification series of images show how the disintegrated portion of an MoS₂ flake taken through a rapid heating cycle develops, including analysis of its atomic structure and crystalline order. It is clear from these images that upon rapid heating the

![Fig. 1 Direct visualization of diffusion processes for non-equilibrium vs. equilibrium environments. a Schematic of the pathways for disintegration vs. decomposition of 2D layers in two discrete environments. b, e Scanning transmission electron microscopy (STEM) imaging of pristine bilayer MoS₂, as transferred to the specific microfabricated heating chips with supporting SiNₓ membrane underneath for b fast heating (non-equilibrium) and e slow heating (equilibrium). c, f Post-heating images of MoS₂ flakes for c fast heating showing nanoscale crystals with uniform intensity contrast and well-defined shapes and f slow heating showing disordered spherical structures with non-uniform thickness contrast, as imaged using annular dark field (ADF)-STEM. d Fast heating produces ordered nano-crystallites of MoS₂ containing multiple phases while g slow heating causes decomposition of MoS₂ leading to amorphous/disordered structures at the atomic scale. STEM images in d and g taken correspond to sub-regions in c and f, respectively (scale bars: b, c: 200 nm, d: 5 nm, e, f: 1 µm, g: 2 nm).]
MoS$_2$ single crystal flake disintegrates into highly crystalline, nanosized islands that retain hexagonal symmetry. This is also evident from the Fast fourier transform (FFT) patterns in Fig. 2a, b. Additional atomic resolution STEM images and compositional analysis via energy dispersive X-ray spectroscopy (EDS) are provided in Supplementary Figs. 3 and 4. In addition to observing the highly ordered nature of the disintegrated MoS$_2$ crystal, we also observe polymorphic phase formation, as highlighted in Fig. 2b, d. FFT and EDS analysis indicated that the crystal symmetry of the 2H phase remained intact. Figure 2b clearly shows the formation of different phases and structural rearrangements of MoS$_2$ nanostructures, determined to be the 2H and 3R phases. In Fig. 2c, we present image simulations (QSTEM package) using the same experimental parameters to replicate the observed contrast and structural arrangements seen in the experimental HAADF-STEM images. Only the 2H and 3R phases match with the experimentally observed contrast, and we do not see formation of any other phases, such as 1T and 1T', elsewhere. However, we did find regions interconnecting the 2H and 3R phases which appear as transition states (Fig. 2b, d). Additional analysis of structural arrangement of atoms and stacking order of planes for different phases in these transition regions is provided in Fig. 2d, e. Atomically sharp heterojunction formation is observed at the intersection of the 2H and 3R regions (Fig. 2d) in partially disintegrated regions, suggesting that the equilibrium 2H phase transforms into a metastable 3R phase in certain regions following a fast-thermal treatment. We speculate that the heat supply and dissipation across the flake is non-uniform and the partially disintegrated regions occur when the top atomic layers of the crystal have already disintegrated but the bottom layers have yet to disintegrate at the time of termination of the experiment. We observe that the occurrence of the 3R phase is strictly limited to fully/partially disintegrated regions of the original 2H-phase continuous crystal. The continuous regions of the original crystal that do not disintegrate all remain in the pure 2H phase, while the partially disintegrated islands show a mixture of 2H and 3R phases (Supplementary Fig. 6). We hypothesize that the 3R phase is formed and stabilized in this case as a result of restacking and vertical mass transport of the van der Waals layers during fast thermolysis of MoS$_2$. Atomic scale line profiles along [11\overline{2}0] of the two phases have also been plotted in the inset of Fig. 2e. This clearly resolves the atomic locations (peak placement) and chemistry (peak height, equivalent to $\sim Z^2$ contrast) in the two different structures. Additional images and analysis related to the structural model, distributions of 2H and 3R phases, as well as thickness variation after disintegration are provided in Supplementary Figs. 5–7 and Supplementary Video V1.

Coalescence and epitaxial alignment
The above discussion describes the structure of the disintegrated phase upon rapid heating. While this provides new insight into the structural evolution, the dynamics of the transformation are difficult to capture in real-time measurements. This is particularly challenging since, upon reaching the desired temperature, layer disintegration is very rapid and occurs over the acquisition time of only two or three STEM images. We have therefore collected a sequence of bright field TEM images at different times (Fig. 3), at a fixed temperature (650 °C) using a high-frame rate camera (GATAN One-View 1S)\textsuperscript{61}. The sample was slowly heated from room...
temperature to 550 °C and then rapidly heated from 550 to 650 °C and observed in situ.

Figure 3a, b shows representative images of few-layer MoS$_2$ when heated to 550 °C at a slow ramping rate (25 °C/min). Small etch pits form (Fig. 3b), which suggests slow evaporation of chalcogen atoms and associated defect creation in the MoS$_2$ lattice, see Supplementary Fig. 8 for more details. Upon ramping at an accelerated rate of 25 °C/sec from 550 to 650 °C, we observe a dramatic transformation of the MoS$_2$ sheet into disintegrated nanoscopic domains or islands (Fig. 3c, Supplementary Fig. 9). We have also examined the non-irradiated regions (i.e. those not exposed to the electron beam) and find that the MoS$_2$ sheet undergoes a similar disintegration process after reaching 650 °C. Further analysis of sequential phase contrast TEM images (Fig. 3d–g) shows the different stages of coalescence of the MoS$_2$ nanostructure when held at a constant elevated temperature. Figure 3d–g is a time series of BF-TEM images from the in situ video taken from outside the continuous e-beam exposed region and recorded just after reaching the transformation temperature, 650 °C. It is worth noting that with rapid heating these nanostructures spontaneously form on a time scale that is less than the 10 ms/frame of the camera. In contrast, their slow evolution when held at a constant temperature can be captured. As seen in Fig. 3d–g, after 55 s, multiple smaller crystallites of MoS$_2$ have coalesced into a larger crystal of ~10 nm in diameter with a hexagonal shape. For Fig. 3d–g, the coalescence is prominently visible in the bottom right corner of the image (blue dashed oval). We speculate that the initial disintegration mechanism breaks down the continuous few-layer-thick MoS$_2$ into regions with geometrical shapes based on energetically favorable facets. As the sample is held at an elevated temperature over time, partial etching ensues resulting in the loss of sulfur atoms via evaporation and the migration of atoms overall. With time, newly formed islands further restructure to reduce their surface energy leading to strongly faceted particles. Figure 3d–g shows that the island extends only slightly in the lateral dimension as the shape evolves, and that the thickness increases. This is evident from the decreased prominence of lattice fringes and darker contrast in the center of the island. These observations are consistent with well-established theories of particle coalescence, wherein surface diffusion at the point of contact drives restructuring to reduce the total local curvature. It is noteworthy that this thermally driven spontaneous disintegration into nanoscale islands occurs in both free standing as well as substrate supported crystals, as seen in Fig. 3c. While there appears to be a partially connected network of particles in the free-standing region, on the amorphous non-epitaxial SiNx membrane support the particles are isolated and separated into “quantum-dot” sized islands (see Supplementary Fig. 7 for more images and Supplementary video V2 for dynamics of coalescence). The high degree of crystallinity of the lattice both during coalescence (see in situ Supplementary Video V2) and in the sub-10 nm size islands is remarkable and has not been seen before via chemical exfoliation or bottom up synthetic routes for Mo and W chalcogenides, to our knowledge. van der Waals interactions, though weak in nature, can influence growth and epitaxial alignment of the nanoscale islands. Similar van der Waals epitaxy has been exploited for aligned growth of heterostructures on 2D layered materials, as a well as TMDs growth on standard substrates.

Furthermore, upon rapid heating, we observe an interesting epitaxial relationship between fully and partially disintegrated regions of few-layer MoS$_2$ deposited on an amorphous support layer (SiNx), which is detailed in Fig. 4. High magnification TEM images show that the few-layer MoS$_2$ goes through a layer-by-layer disintegration, followed by coarsening of the 2D layers. Figure 4a presents a low-magnification TEM image that shows that a large portion of the MoS$_2$ layer has fully disintegrated into faceted nanostructures, while a small portion in the top-left corner remains only partially disintegrated. Analysis of the geometric alignment of the nanoscale MoS$_2$ islands indicates that the MoS$_2$...
nanostructures in the fully disintegrated region do not exhibit any preferential alignment or epitaxy with one another. However, the islands that sit above a continuous single crystalline MoS\(_2\) layer exhibit some preferential alignment (Fig. 4b). We observe that the fully disintegrated MoS\(_2\) nanostructures are transformed into “quantum dot” or faceted nanostructures with random orientations and alignment with respect to one another. In contrast, in the partially disintegrated regions (Fig. 4c, inset) the nanoscale islands maintain perfect epitaxial orientation with the remaining continuous MoS\(_2\) layer. We propose that the disintegration mechanism occurs via point defect formation and aggregation\(^{17,50}\) (discussed later in Fig. 6), which originates by preferential sulfur vacancy formation at the surface furthest from the substrate. These surface sulfur vacancies have a lower formation energy than bulk interior sulfur vacancies\(^{34}\). Forming these vacancies primarily at the surface preserves the integrity of vdW interactions between the interior layers, along with the substrate–MoS\(_2\) interactions. Since the sample thickness is significantly less than the mean free path for perpendicular heat transport\(^{31}\), we expect that quasi-ballistic heat transport perpendicular to the substrate prevents the near-substrate layers from melting and forming a solid–liquid interface first. Although this prior study\(^{51}\) was conducted at room temperature, the temperature of their experiment was high enough to activate all the acoustic modes which dominate vertical heat transfer\(^{52}\), implying a similar phonon mean free path at high temperature. These perpendicular phonons with a high incidence angle can reflect or scatter diffusely at the top surface, which may lead to coupling with in-plane modes and accelerated point defect formation\(^{53}\). Additional characterization details of the nanoscale islands including information regarding their composition is provided in Supplementary Fig. 10.

Our large area, in situ analysis allows for shape characterization of the population of nanocrystalline islands which form after rapid heating and annealing at 650 °C. The ADF-STEM images such as Fig. 4c are segmented using morphological image filters and a connected components algorithm\(^{54}\) to identify each nanoscopic island of MoS\(_2\) from the void or substrate background. The perimeter and area of each island are then measured in terms of number of pixels on the edge and the interior of the island, respectively. We then scale the perimeter of each island to the average (260 pixels) and scale the area by the square of the scale factor. This enables us to use the perimeter to area ratio to characterize the shape of each island, removing the effect of dilation. A histogram of this shape factor is plotted in Fig. 4d for the smallest 775 nanostructures, comprising 90% of the islands detected by the automated segmentation algorithm. The lines overlaid for reference correspond to the shape factors of regular polygons with equivalent perimeters, with the circle having the smallest perimeter/area ratio. The regular hexagon and equilateral triangle are also shown since these shapes have been commonly observed in CVD growth experiments of TMDCs\(^{55}\). We see that the majority of the nanoscale islands adopt a shape somewhere between the circle and hexagon, suggesting a rounded hexagonal morphology, broadly consistent with the HAADF-STEM images in Fig. 4. The distribution of island shape factors can be empirically fit by an inverse Gaussian function presented in Eq. (1):

\[
f(x, \mu) = \frac{1}{\sqrt{2\pi}\mu^2} \exp\left(-\frac{(x - \mu)^2}{2\mu^2}\right)
\]
with a shape factor $\mu$ of 2.1. A non-normal distribution like this is expected due to the energetic preference for specific edge configurations.$^{56}$ The dominance of the hexagonal shape is indicative of a neutral chemical potential environment with a stoichiometric balance and a mixture of chalcogen and metal-terminated edges. Triangular flakes tend to form in extremums of the chemical potential since the edges are either all chalcogen or have a metal-rich zig-zag structure.$^{57}$ This is further evidence that the rapid in situ heating rate preserves the composition of the lattice at the initial MoS$_2$ ratio. This will be discussed in more detail in the Discussion section.

Decomposition and amorphization of MoS$_2$ under slow, equilibrium heating

The above sections discuss the structural changes that occur during the rapid heating of 2D MoS$_2$. To isolate the specific effects of the heating rate, we performed a comparative analysis with ex situ, slow heating of the MoS$_2$ layers on SiNx membranes. A few prior studies have suggested that slow formation of vacancies due to chalcogen removal and migration at elevated temperatures ultimately leads to the formation of voids. Our observations agree with these earlier reports in monolayer to few-layer MoS$_2$. Figure 5 presents a detailed analysis for describing these phenomena over a wide range of temperatures and over a large area. Ex situ thermal treatments were carried out in a quartz tube furnace in two different environments (vacuum as well as ultra-high purity Ar gas) using the slow heating rate (25 °C/min), as detailed in the “Methods” section. The slow heating rate and the uniformity of temperature inside the tube furnace makes this an equilibrium heating condition, leading to a fundamentally different disintegration process (called decomposition) than the one observed in the non-equilibrium (rapid heating) case. Slow heating to elevated temperatures results in formation and migration of vacancies, starting with the ones that have the lowest formation energies as described in the literature.$^{30,59,60}$ This results in the formation of nanoscale voids in the layers, as shown in Fig. 5a, b. Another distinctive feature of slow heating induced disintegration is that the affected region is localized to high energy or defective regions such as the flake edges, atomic layer step edges, or previously formed defects. Interestingly, areas adjacent to the affected regions maintain high structural integrity and crystalline quality as seen in Fig. 5b (also in Supplementary Fig. 11). This is in sharp contrast to the rapid heating case where the entire flake/crystal simultaneously disintegrates into nanoscale, faceted and highly crystalline islands of stoichiometric MoS$_2$. Multiple ex situ experiments have been carried out to determine the required thermal conditions to initiate the disintegration process in MoS$_2$ layers, see Supplementary Fig. 12 for more details. The formation of S vacancies as the temperature is slowly increased leads to a volatile ejection of sulfur compounds, reducing the composition of sulfur in the lattice. This mechanism has been well explored at atomic level in previous reports.$^{20,61,62}$ Since there is a net loss of S from the lattice due to the low energy of vacancy formation and adatom evaporation, this results in a non-stoichiometric decomposition which leads to the formation of nanocrystalline to amorphous MoS$_2$ or Mo nanocrystals. This can be clearly seen in the atomically resolved HAADF-STEM images as well as the corresponding Fast Fourier Transform (FFT) pattern analyses (Fig. 5c, d, Supplementary Fig. 13). To further clarify our ex situ observations of samples subjected to a slow heating rate, we also carried out the same thermal decomposition for samples held at fixed temperature (525 °C) for different lengths of time (5 and 10 min), as shown in Supplementary Fig. 14. These HAADF-STEM images provide insight into the mechanistic behavior during ex situ thermal decomposition: as the time at 525 °C increases, the formation rate and areal density of pores also increases, which leads to increased void formation in the multilayers and monolayers (Supplementary Fig. 14c). After 10 min of annealing, bright contrast regions begin to appear, which indicates the formation of Mo/MoS$_2$ nanocrystals along with adjacent regions of amorphized MoS$_2$. This suggests that the non-stoichiometric disintegration first results in formation of nanocrystalline or amorphous Mo$_{n}$S$_{2n}$, followed by near complete removal of S to form Mo metal nanocrystals. BF-TEM image and compositional analysis are provided in Fig. 5e. To verify that the ex situ, slowly heated samples in a furnace are not affected by trace oxygen or different quality of vacuum in a tube furnace vs. the TEM column, we have also performed control experiments in an inert, ultra-high purity Ar environment (99.995%) where we observed similar etching results (see Supplementary Fig. 15). Here, the increased vapor pressure due to the Ar environment as compared to vacuum raises the disintegration temperature, consistent with our proposed mechanism described below (Fig. 6).

DISCUSSION

During rapid in situ heating, the samples are heated at 25 °C/sec from 500 to 700 °C (Fig. 6a), while during the ex situ experiment shown in Fig. 6b the sample was heated over the same temperature range at a rate of 25 °C/min. The non-equilibrium heating rate (Fig. 6a) causes sulfur vacancies to form quickly, leading to S adatoms on the MoS$_2$ surface. Over time, collisions between the rapidly expanding adatom population lead to formation of volatile elemental sulfur compounds (S$_2$, S$_8$) which leave the surface. However, in only a few seconds, the temperature increases to the point where Mo vacancies begin to form (700 °C), leading to Mo adatoms on the MoS$_2$ surface. This is assisted by the formation of sulfur vacancy line defects, which reduce the formation energy of a Mo vacancy by increasing the local chemical potential of Mo.$^{17,50}$ The chemical potential imbalance occurs because the diffusion rate of the S vacancies is much faster (barrier of 0.8 eV) than that of the S adatoms (barrier of 1.6 eV), which allows the Mo adatoms to begin forming before the volatile S compounds form and leave the surface.$^{56,63}$ The combination of line defects and sulfur conservation on the surface leads to both void formation and a CVD-type environment for stoichiometric nucleation. CVD growth studies have shown that temperatures of 700–800 °C preferentially lead to vertically stacked MoS$_2$ growth instead of monolayer growth.$^{55,63,64}$ Random nucleation of these additional layers can lead to a mixture of 2H and 3R stackings, but as voids become larger and multilayer islands become thicker, we expect a shift toward the 3R morphology below 1000 °C, consistent with the bulk phase diagram.$^{17}$ In contrast, the sample in Fig. 6b spends several minutes in the regime where sulfur vacancies can form but where the temperature is too low to activate Mo adatoms, due to the lower heating rate. The slow heating rate allows for enough time for volatile sulfur compounds to form and leave the surface. This explains the increased depression of the melt process in vacuum vs. the neutral Ar environment, where the reduced vapor pressure accelerates the formation and evolution of the volatile sulfur-rich compounds. This pushes the remaining atomic composition of the lattice into the Mo + MoS$_2$ or Mo + Mo$_2$S$_3$ regimes on the bulk phase diagram. The phase transition temperature is affected by both the vapor pressure and the melting point suppression effect of nanoconfinement. At this reduced sulfur concentration, we expect two-phase regions of Mo and either MoS$_2$ or Mo$_2$S$_3$ to form, as observed in the ex situ heating experiments.

In conclusion, we have performed a detailed analysis of thermal decomposition and disintegration of atomically thin MoS$_2$ via electron microscopy and spectroscopic analysis. We observe that high heating rates lead to spontaneous disintegration of MoS$_2$ single crystalline flakes into highly crystalline, nanosized crystals down to 5 nm in diameter, which is in the regime of strong electronic quantum confinement.$^{38}$

Published in partnership with FCT NOVA with the support of E-MRS
Exfoliated MoS$_2$ layers were transferred to the TEM chips/grids with help of the exfoliated layers has been intentionally chosen such that each creation of an atomically thin, highly ordered, quantum-dot-like structures via top-down processing which could exhibit unforeseen electronic and optical properties for optoelectronic or catalytic applications. After transferring MoS$_2$ to TEM grids, samples were annealed in a quartz tube furnace in a closed gas (Ar + H$_2$) environment to remove all PDMS contaminants. Annealing was performed at 300°C for 2 h to clean contaminants as well as release the strain developed during the pressure-based transfer method. In situ heating experiments at various temperatures have been done in a specialized TEM holder from Hummingbird Scientific, where a uniquely designed microfabricated heating chip was used. An embedded heating element provides robust stability to perform in situ thermal diffusion analysis at elevated temperatures. Here we have used a microfabricated heating element for heating inside the TEM column (in situ). Because of the very small size of the heating element, we can achieve an ultra-fast heating rate (max 200 °C/s). In contrast, we used quartz tube furnace for our ex situ experiments, which can achieve a maximum of 40 °C/min. We chose a 25 °C/min heating rate, respectively, for all samples in order avoid any overshoot in temperature at the final setpoint. We used the ultra-fast 25 °C/sec heating rate for the in situ heating set-up because during ramping, it takes several seconds (~8 s) to reach the final transformation temperature. This time interval is sufficient to allow for correction of defocusing in the height/image plane of the sample for TEM/STEM imaging, since the rapid heating leads to a change in the vertical position of the sample. Heating calibration was received from the manufacturer to achieve controlled heating based on resistance measurements. We have also verified the heating chip calibrations through Raman Thermometry using Si particles (details provided in Supplementary Information discussion on Raman thermometry along with the temperature calibration curve shown in Supplementary Fig. 16). Equilibrium/slow heating was best-performed ex situ whereas uniform heating (over a few cm$^2$ area) has been achieved with a constant heating rate for many different temperatures inside a quartz tube furnace (Lindberg/Blue M mini-mite; Thermo Fisher Scientific). The rough vacuum level of the quartz tube furnace is ~10$^{-3}$ mbar, and the TEM column is at a high vacuum (~10$^{-6}$ mbar). Since the vacuum level is directly related to the vapor pressure of the MoS$_2$, the temperature at which the disintegration phenomena occur are different for in situ vs. ex situ heating, illustrated in Fig. 1. We do not expect any significant differences for slow heating in situ. The in situ conditions with a higher vacuum would...

**METHODS**

Materials synthesis and experimental procedures

Mechanically exfoliated 2D MoS$_2$ layers were prepared using the conventional scotch tape method, as described elsewhere. The thickness of the exfoliated layers has been intentionally chosen such that each sample could be reproduced for further thermal diffusion analysis. Exfoliated MoS$_2$ layers were transferred to the TEM chips/grids with help of a poly-dimethyl siloxane (PDMS) strip, using a dry transfer technique that utilizes micromanipulator stages attached to an optical microscope. After transferring MoS$_2$ to TEM grids, samples were annealed in a quartz furnace at various temperatures to study the disintegration phenomena of MoS$_2$.
lead to even more thorough removal of the S as it evaporates during slow heating. Additional conditions used for the in situ and ex situ experiments are mentioned in Supplementary Table 1.

STEM measurements

STEM has been used to measure and analyze all the samples made for in situ and ex situ heating experiments. Two different TEM/STEM systems were used: a JEOL F200 S/TEM and probe-corrected JEOL NEOARM STEM, both operated at 200 kV accelerating voltage. For the JEOL NEOARM STEM, the condenser lens aperture was 40 μm with a camera length of 4 cm for imaging. The probe current was 120 pA. All of the captured TEM images were collected on GATAN IS One View (JEOL F200) and Ultra-scan cameras (JEOL NEOARM), and the STEM images were recorded on the integrated JEOL bright field and annular dark field detectors. In situ TEM videos were acquired on the JEOL F200 using GATAN OneView IS camera at 50 fps with 2k x 2k resolution. Corresponding elemental identification has been performed using a dual detector EDX on the F200 system. Experimentally acquired STEM images are smoothed using the adaptive Gaussian blur function (with radius of 1–2 pixels) available in ImageJ. Image simulation has been performed using QSTEM software40. QSTEM is combined with ImageSim for focal series reconstructor and QMB model builder. Adopted parameters for the image simulation were the same as in the experimental conditions for AC-STEM measurements. Image analysis and feature extraction were preformed using the open source SciKit-Image54 python library.

DATA AVAILABILITY

Most of the datasets generated or analyzed during this study are included in this article (and its Supplementary Information File). Additional findings of this study are available from the corresponding author upon reasonable request.

Received: 21 February 2020; Accepted: 29 April 2020;
Published online: 12 June 2020

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Pennsylvania for a graduate fellowship. C.C.P. and V.B.S. acknowledge support from NSF grant CMMI-1727717. The authors thank Douglas Yates and Jamie Ford in the Singh Center for Nanotechnology for help with the TEM/STEM measurements.

AUTHOR CONTRIBUTIONS
P.K., E.A.S., and D.J. conceived and planned the project; P.K. prepared the samples with assistance from N.A.; P.K. performed all in situ and ex situ heating and microscopy imaging experiments with assistance from J.P.H. on temperature calibration and A.C.F. on HAADF imaging; P.K. and J.P.H. completed QSTEM simulation and crystal maker image analysis; J.P.H. performed the particle size and shape distribution analysis; C.C.P. and V.B.S. provided theoretical support and mechanistic understanding of the observed experimental phenomena; P.K., E.A.S., and D.J. wrote the whole manuscript with contribution of all co-authors.

COMPETING INTERESTS
The authors declare no competing interests.

ADDITIONAL INFORMATION
Supplementary information is available for this paper at https://doi.org/10.1038/s41699-020-0150-2.

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