Role of Mn$^{2+}$ Doping in the Preparation of Core-Shell Structured Fe$_3$O$_4$@upconversion Nanoparticles and Their Applications in T$_1$/T$_2$-Weighted Magnetic Resonance Imaging, Upconversion Luminescent Imaging and Near-Infrared Activated Photodynamic Therapy

Yang Luo †, Wei Zhang †, Zhengfang Liao, Shengnan Yang, Shengtao Yang ‡, Xinhua Li, Fang Zuo * and Jianbin Luo *

College of Chemistry & Environment Protection Engineering, Southwest Minzu University, Chengdu 610041, China; polymerluoyang@163.com (Y.L.); w070812138@163.com (W.Z.); LiaoZfpolymer@163.com (Z.L.); yangsn1993@163.com (S.N.Y); yangst@pku.edu.cn (S.T.Y.); lxh1905@126.com (X.L.)
* Correspondence: polymerzf@swun.cn (F.Z.); luojb1971@163.com (J.L.); Tel.: +86-28-8552-3792 (F.Z.)
† These authors contributed equally to this work.

Received: 25 May 2018; Accepted: 22 June 2018; Published: 26 June 2018

Abstract: Core-shell (C/S) structured upconversion coated Fe$_3$O$_4$ nanoparticles (NPs) are of great interest due to their potential as magnetic resonance imaging (MRI) and upconversion luminescent (UCL) imaging agents, as well as near-infrared activated photodynamic therapy (PDT) platforms. When C/S structured Fe$_3$O$_4$@Mn$^{2+}$-doped NaYF$_4$:Yb/Er NPs were prepared previously, well-defined C/S-NPs could not be formed without the doping of Mn$^{2+}$ during synthesis. Here, the role of Mn$^{2+}$ doping on the synthesis of core-shell structured magnetic-upconversion nanoparticles (MUCNPs) is investigated in detail. Core-shell-shell nanoparticles (C/S/S-MUCNPs) with Fe$_3$O$_4$ as the core, an inert layer of Mn$^{2+}$-doped NaYF$_4$ and an outer shell consisting of Mn$^{2+}$-doped NaYF$_4$:Yb/Er were prepared. To further develop C/S/S-MUCNPs applications in the biological field, amphiphilic poly(maleic anhydride-alt-1-octadecene) (C$_{18}$PMH) modified with amine functionalized methoxy poly(ethylene glycol) (C$_{18}$PMH-mPEG) was used as a capping ligand to modify the surface of C/S/S-MUCNPs to improve biocompatibility. UCL imaging, T$_1$-weighted MRI ascribed to the Mn$^{2+}$ ions and T$_2$-weighted MRI ascribed to the Fe$_3$O$_4$ core of C/S/S-MUCNPs were then evaluated. Finally, chlorine e6 (Ce6) was loaded on the C/S/S-MUCNPs and the PDT performance of these NPs was explored. Mn$^{2+}$ doping is an effective method to control the formation of core-shell structured MUCNPs, which would be potential candidate as multifunctional nanoprobes for future T$_1$/T$_2$-weighted MR/UCL imaging and PDT platforms.

Keywords: Mn$^{2+}$; Fe$_3$O$_4$; upconversion; core-shell-shell; MR/UCL imaging; PDT platforms

1. Introduction

In recent years, a combination of magnetic iron oxides with upconversion to obtain magnetic-upconversion nanoparticles (MUCNPs) has received intensive attention in various biomedical fields. MUCNPs possess both useful magnetic properties and upconversion luminescent (UCL) properties. This allows them to be applied as nanoprobes for in vitro and in vivo dual-modal magnetic resonance imaging (MRI)/UCL imaging, providing high sensitivity/resolution fluorescence imaging and non-invasive and high spatial resolution MRI for real-time monitoring [1]. In addition to
bioimaging, MUCNPs have also been used for drug delivery and therapy in living cells and animals. Due to their deep penetration, UCL nanoparticles conjugated with photosensitizers have become important nanocarriers for photodynamic therapy (PDT) agents [2,3].

So far, several different methods have been developed to prepare MUCNPs, such as using mesoporous silica as an intermediate layer to combine UCNPs with Fe$_3$O$_4$ NPs [4–6], polymer encapsulation [7,8], ligand crosslinking [9,10] and direct seed-nucleation [11–13]. This seed-growth method can be applied to construct MUCNPs by using one part as a seed onto which a second component can nucleate and grow [14,15]. The seed-growth method offers products with small sizes, homogeneous structures and tunable stoichiometry and can yield MUCNPs with core-shell (C/S) structures. On the other hand, transition metal ions, such as Mn$^{2+}$, are often used as dopants to regulate the morphology and fluorescence intensity of UCNPs, which also play a role in T$_1$-weighted MRI contrast agents.

Based on these works, we previously prepared Mn$^{2+}$-doped C/S-MUCNPs (Fe$_3$O$_4$@Mn$^{2+}$-doped NaYF$_4$:Yb/Er NPs) using seed-induced growth. In this previous study, the fluorescence intensity of MUCNPs decreased due to the existence of Fe$_3$O$_4$, which was caused by an energy transfer process [16]. The Mn$^{2+}$ ions also play an important role in the formation of C/S-MUCNPs; if the Mn$^{2+}$ ions are absent, MUCNPs cannot be obtained with high quality.

In the present work, we studied the effect of Mn$^{2+}$ doping on the formation of C/S-MUCNPs. We prepared core-shell-shell (C/S/S) nanoparticles (Fe$_3$O$_4$@Mn$^{2+}$-doped NaYF$_4$:Mn$^{2+}$-doped NaYF$_4$:Yb/Er NPs) with Fe$_3$O$_4$ as the core, an inert layer of Mn$^{2+}$ doped NaYF$_4$ and an outer shell of Mn$^{2+}$-doped NaYF$_4$:Yb/Er. We hypothesized that the inert layer of Mn$^{2+}$-doped NaYF$_4$ could shield the Fe$_3$O$_4$ core from the outer upconversion shell, which would decrease the quenching induced by the presence of Fe$_3$O$_4$. Furthermore, Mn$^{2+}$-doped UCNPs were then used as imaging agents and drug carriers for PDT. Amphiphilic poly(maleic anhydride-alt-1-octadecene) (C$_{18}$PMH) modified with amine functionalized methoxy poly(ethylene glycol) (C$_{18}$PMH–mPEG), was then used to modify the C/S/S-MUCNPs in order to impart good biocompatibility. Finally, the obtained hydrophilic MUCNPs were used as contrast agents for T$_1$/T$_2$-weighted MRI and UCL imaging as well as near-infrared (NIR) activated PDT agents. The overall synthesis procedure is illustrated in Scheme 1.

![Scheme 1](image_url)

**Scheme 1.** Schematic representation of the formation of Ce6-C/S/S-MUCNPs and the near-infrared (NIR) targeting photosensitizer to generate singlet oxygen species for photodynamic therapy (PDT).

### 2. Materials and Methods

#### 2.1 Materials

All starting chemicals were obtained from commercial supplies. Ferrous sulfate heptahydrate (reagent grade, 99%) were supplied by Jinshan Chemical Technology Co., Ltd (Chengdu, China). Yttrium nitrate hexahydrate (99.99%), Ytterbium nitrate (99.99%) and Erbium trinitrate pentahydrate (99.9%) were purchased by Best Chemical Reagent Co., Ltd (Chengdu, China). Oleic acid (OA) (technical grade, 98.0%), sodium fluoride (reagent grade, 98.0%), sodium hydroxide (reagent grade, 96%), ethanol (reagent grade, 99.7%), ferric trichloride hexahydrate (reagent grade, 99.0%),...
manganese dichloride tetrahydrate (reagent grade, 98.0%), dimethyl sulfoxide (DMSO) were supplied by Kelong Chemical Technology Co., Ltd (Chengdu, China). Toluene (reagent grade, 99.5%), chloroform (reagent grade, 99.0%) and dichloromethane (reagent grade, 99.0%) were purchased from Ruijinte Chemical Technology Co., Ltd (Tianjin, China). Ammonia solution (reagent grade, 28%) and triethylamine (TEA) were supplied by Kelong Chemical Technology Co., Ltd. Poly(maleicanhydride-alt-1-octadecene) (C\textsubscript{18}PMH) were supplied by Sigma-Aldrich Co., LLC. (Shanghai, China). Methoxy poly(ethylene glycol) amine (mPEG-N\textsubscript{2}) were supplied by Aladdin company (Shanghai, China). 1-ethyl-3-(3-(dimethylamino)propyl) carbodiimide hydrochloride (EDC·HCl) and 1,3-Diphenylisobenzofuran (DPBF) were obtained from Best Chemical Reagent Co., Ltd. Chlorin e6 were supplied by Frontier Scientific (Logan, UT, USA).

2.2. Synthesis of OA Coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn (x = 0, 30 mol %) NPs

First, the hydrophobic OA coated Fe\textsubscript{3}O\textsubscript{4} NPs were prepared according to our previously reported procedure and then dispersed in toluene for use in the next step [17]. The as-prepared OA-Fe\textsubscript{3}O\textsubscript{4} NPs were used as seeds and covered with shell according to our previously reported method [18]. In the case of Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn (x = 30 mol %) NPs, as an example, 1.42 mL of 0.5 M MnCl\textsubscript{2}, 3.31 mL of 0.5 M Y(NO\textsubscript{3})\textsubscript{3} water solution were added to a mixture of NaOH (1.0 g), 5.0 mL toluene dispersion of OA-Fe\textsubscript{3}O\textsubscript{4} (12 mg/mL), OA (16.72 mL) and ethanol (33.55 mL) under stirring. Then 10 mL of deionized water containing 0.68 g NaF was drop wisely added into the mixture. After vigorous stirring for 30 min, the colloidal solution was transferred into a 100 mL Teflon-lined autoclave (Guo wei technology limited, Chengdu, China), which was sealed and heated at 200°C for 8 h and then the mixture was cooled down to room temperature. The final product was collected by magnetic-separation and then washed with ethanol and deionized water for several times. Finally, the obtained OA-coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn (x = 30 mol %) NPs (G1-NaYF\textsubscript{4}-Mn\textsuperscript{2+}MUCNPs) were dispersed in toluene.

2.3. Synthesis of OA Coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 0, 30 mol %) NPs

The OA coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 0, 30 mol %) NPs were also prepared according to our previously reported method [18]. In the procedure, the obtained OA coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 30 mol %) NPs (G2-NaYF\textsubscript{4}-Mn\textsuperscript{2+}MUCNPs) and OA coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 0 mol %) NPs (G2-NaYF\textsubscript{4}MUCNPs) were dispersed in toluene.

2.4. Synthesis of OA Coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 30 mol %) Core/Inert Shell/Active Shell Structured MUCNPs

To form the second shell, the as-prepared G1-NaYF\textsubscript{4}-Mn\textsuperscript{2+}MUCNPs were used as the nucleation seeds for growth of the active capping layer. The G1-NaYF\textsubscript{4}-Mn\textsuperscript{2+}MUCNPs were used as seeds and covered with an active shell using a facile hydrothermal method according to our previously reported method [18]. The final product was collected by magnetic-separation and then washed with ethanol and deionized water for several times. Finally, the obtained OA-coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 30 mol %) NPs (OA-C/S/S-MUCNPs) were dispersed in chloroform.

2.5. Synthesis of mPEG-Functionalized Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 30 mol %) Core/Inert Shell/Active Shell Structured MUCNPs

The synthesis of mPEG-Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 30 mol %) NPs (mPEG-C/S/S-MUCNPs) was carried out according to a published method [19–21]. At first, C\textsubscript{18}PMH-mPEG was synthesized according to a published protocol [22,23]. C\textsubscript{18}PMH-mPEG (15 mg) and OA coated Fe\textsubscript{3}O\textsubscript{4}@NaYF\textsubscript{4}:xMn@NaYF\textsubscript{4}:18%Yb/2%Er/xMn (x = 30 mol %) NPs (15 mg) were dispersed separately in chloroform (10 mL) and then mixed together to obtain a homogeneous phase. The mixture was stirred for 2 h at room temperature. After magnetic separation, the black solid was
redispersed in 10 mL of water and the large aggregates were removed using a 0.22-µm drainage membrane filter and mPEG-C/S/S-MUCNPs were stored at 4 °C.

2.6. Synthesis of mPEG-Fe₃O₄@NaYF₄:xMn@NaYF₄:18%Yb/2%Er/xMn (x = 30 mol %) Core/Inert Shell/Active Shell Structured MUCNPs loaded with Ce6

According to a previously reported method [24], chlorin e6 (Ce6) molecules were loaded onto mPEG-C/S/S-MUCNPs via hydrophobic interactions. Briefly, 5 mg Ce6 was dissolved in 5 mL DMSO as the stock solution. Ce6 with the desired concentration (1 mg/mL) was added into mPEG-C/S/S-MUCNPs (0.5 mg/mL) aqueous solution. The mixture was placed at room temperature with continuous stirring, in the dark, overnight. The samples were removed after magnetic separation and washed 3 times with deionized water. The acquired mPEG-Fe₃O₄@NaYF₄:xMn@NaYF₄:18%Yb/2%Er/xMn (x = 30 mol %) NPs loaded with Ce6 (Ce6-C/S/S-MUCNPs) complex was redispersed in water by sonication and stored at 4 °C in the dark.

2.7. Cytotoxicity Assay

The effect of mPEG-C/S/S-MUCNPs on cell viability was determined using MTT assay [25,26]. HeLa cells were seeded into 96-well plates at a density of 1 × 10⁴/mL (200 µL of fresh medium per well) and cultured at 37 °C and 5% CO₂. The cell culture medium in each well was then replaced by 200 µL of cell growth medium containing different concentrations of mPEG-C/S/S-MUCNPs (31.25, 62.50, 125, 250, 500 µg/mL). After incubation for 24 h, 200 µL of MTT (0.5 mg/mL in a phosphate-buffered saline solution) was added to each well for another 4 h at 37 °C. The growth medium was removed gently using suction, 300 µL of DMSO was added to each well as a solubilizing agent and the microplate was left at room temperature for 2 h.

2.8. In Vivo UCL Imaging

Firstly, 50 µL of mPEG-C/S/S-MUCNPs (500 µg/mL) were injected intradermally into the subcutaneous tissue of nude mice. The system includes two external adjustable CW 980 nm lasers (0–5 W) (Shanghai Connet Fiber Optics Co., Shanghai, China) sources and an Andor DU897 EMCCD as the signal collector. Images of luminescent signals were processed with the Kodak Molecular Imaging software (Rochester, NY, USA).

2.9. In Vitro T₁/T₂-Weighted MRI

Initially, 1 mL of the mPEG-C/S/S-MUCNPs solution at different Mn²⁺ concentrations or Fe concentrations were prepared before MRI. Both T₁-weighted and T₂-weighted magnetic resonance (MR) images were acquired using a 7.0 T MRI scanner (Bruker BioSpec 70/20 USR, Karlsruhe, Germany). The parameters refer to our previous method [27].

2.10. Characterization

The morphology and size of the as-prepared MUCNPs were characterized by a Tecnai F20 Transmission Electron Microscopy (TEM) (Beijing, China) with an attached energy dispersive X-ray (EDX) spectroscopy system. Powder X-ray diffraction measurements were performed on a XD-6 diffractometer (Persee, Beijing, China) at a scanning rate of 8° min⁻¹ in the 2θ range from 10° to 90° (Cu Kα line λ = 0.154 nm). The magnetic properties were assessed on a Vibrating Sample Magnetometer (VSM, HH-15, Nanjing, China) at 298 K under an applied magnetic field. The UCL spectra were performed by Hitachi F-4600 fluorescent spectrometer (Shanghai, China) using 980 nm diode laser. Fourier Transform Infrared Spectra (FTIR) were on Spectrum One (Chengdu, China) with KBr pellet in the spectral range of 4000 to 500 cm⁻¹. SDTA 851C Thermogravimetric Analyzer (TGA) (Chengdu, China) was used to analysis of upconversion nanoparticles. An inductively coupled plasma mass spectrometry (ICP-MS) system (Shimadzu Corp., Kyoto, Japan) was used to analyze the element concentration of the MUCNPs.
3. Results

3.1. Influence of Mn$^{2+}$ Doping on the Formation of Core-Shell Structured MUCNPs

In our previous work, the C/S-MUCNPs were prepared using a seeded-growth approach [18]. The obtained product precipitated in the absence of Mn$^{2+}$ doping, indicating that the doping of Mn$^{2+}$ plays an important role in the formation of C/S-MUCNPs with high-quality.

To explore the effect of Mn$^{2+}$-doping on the synthesis of C/S-MUCNPs, two groups of experiments were designed here; one group was synthesized in the presence of Y$^{3+}$ with (G1-NaYF$_4$-Mn$^{2+}$) or without Mn$^{2+}$ doping (G1-NaYF$_4$) and the other group was synthesized in the presence of Y$^{3+}$, Yb$^{3+}$ and Er$^{3+}$ with (G2-NaYF$_4$-Mn$^{2+}$) or without Mn$^{2+}$ doping (G2-NaYF$_4$). Figure 1 shows X-ray diffraction patterns (XRD) of the as-prepared products. Without Mn$^{2+}$ doping, the product possesses a cubic phase (JCPDS No. 77-2042, marked with ■) and a hexagonal phase (JCPDS No. 16-0334, marked with *) as shown in Figure 1a,c. Furthermore, the phase transformation from the coexistence of α and β-phases to pure α-phase was completed when 30 mol % Mn$^{2+}$ doping was used, as shown in Figure 1b,d. The reflection peak intensity of Fe$_3$O$_4$ contained in these products was relatively weak, likely because the magnetic materials in the composites occurred in a low concentration or had a low level of crystallization. The size and morphology of the as-prepared products were furthermore characterized by transmission electron microscopy (TEM). Figure 2a,c show TEM images of the obtained product prepared in the absence of Mn$^{2+}$, where the samples were aggregated and formed a mixture of NaYF$_4$ with α and β-phases and isolated Fe$_3$O$_4$ NPs. Figure 2b,d show TEM images of the samples prepared with 30 mol % Mn$^{2+}$ doping, showing that high quality and uniform NPs with pure cubic phase structures were obtained.

![Figure 1. X-ray diffraction patterns of G1-NaYF$_4$ (a) and G1-NaYF$_4$-Mn$^{2+}$ (b); G2-NaYF$_4$ (c) and G2-NaYF$_4$-Mn$^{2+}$ (d). The diffraction peaks of the cubic phase are marked with ■ and peaks related to the hexagonal phase are marked with *.](image-url)

The TEM and XRD results indicated that if the upconversion part contained β-phases, the obtained product was deposited and low-quality products would be obtained. On the other hand, if the upconversion part featured only cubic phases, high-quality C/S-MUCNPs were obtained. Blower and co-workers demonstrated that C/S structured Fe$_3$O$_4$@NaYF$_4$ (Yb/Er), could be formed by growing the (011) plane of cubic NaYF$_4$ on the (111) plane of Fe$_3$O$_4$ with a rotation angle of 30° [13]. Meanwhile, Yan and co-workers showed that hexagonal NaYF$_4$ could not be directly formed on the surface of Fe$_3$O$_4$ due to the lattice mismatch between Fe$_3$O$_4$ and hexagonal NaYF$_4$ [28].

According to these previous works and the findings of this study, Mn$^{2+}$ induced hexagonal-to-cubic phase transformations and the formed cubic phase grew on the surface of Fe$_3$O$_4$ to obtain MUCNPs with a C/S structured.
To determine why the precipitation only takes place in the absence of Mn\(^{2+}\), additional experiments were conducted in which only NaF was introduced into this system in the presence of oleic acid coated Fe\(_3\)O\(_4\) (OA-Fe\(_3\)O\(_4\)) NPs, precipitating the obtained product. X-ray photoelectron spectra (XPS) were then used to examine the composition of the precipitated product. As shown in Figure S1, a peak at 685.42 eV assigned to F-1s was found in the XPS spectra, indicating that F\(^-\) ions were absorbed onto the surface of Fe\(_3\)O\(_4\) NPs. According to these results, the F\(^-\) ions likely induce the desorption of OA bound onto the Fe\(_3\)O\(_4\), in the presence of Mn\(^{2+}\), causing nucleation and growth to occur on the surface of Fe\(_3\)O\(_4\), followed by OA molecules being absorbed on the formed upconversion shell to stabilize the C/S-MUCNPs. Without Mn\(^{2+}\), the rare earth ions would nucleate and grow into isolated UCNPs with lattice mismatch between Fe\(_3\)O\(_4\) and hexagonal NaYF\(_4\) and the Fe\(_3\)O\(_4\) NPs would aggregate and deposit due to the loss of stabilization provided by OA.

According to these results, the mechanism of the C/S-MUCNPs synthesis could be described as follows. The addition of NaF induced the desorption of OA molecules from the surface of Fe\(_3\)O\(_4\) NPs and then Mn\(^{2+}\) induced the nucleation and growth of the upconversion shell on the Fe\(_3\)O\(_4\) NPs, which resulted in the formation of C/S-MUCNPs stabilized by OA molecules. The proposed synthesis mechanism is illustrated in Scheme S1.

![Figure 2](image)

**Figure 2.** Transmission electron microscopy (TEM) images of G1-NaYF\(_4\) (a) and G1-NaYF\(_4\)-Mn\(^{2+}\) (b); G2-NaYF\(_4\) (c) and G2-NaYF\(_4\)-Mn\(^{2+}\) (d).

### 3.2. Preparation of Core/Inert Shell/Active Shell Structured MUCNPs

As discussed previously, an inert layer between Fe\(_3\)O\(_4\) NPs and luminescent shells in C/S structured luminescent and magnetic NPs could decrease the quenching of luminescence by the Fe\(_3\)O\(_4\) core. Core/inert shell/active shell structured MUCNPs were designed in this study, where Fe\(_3\)O\(_4\) NPs were coated by an inert shell of Mn\(^{2+}\)-doped NaYF\(_4\), onto which the active UCL shell made of Mn\(^{2+}\) doped NaYF\(_4\)-Yb/Er was formed. In the following description, C/S/S-MUCNPs refers to the core/inert shell/active shell structured MUCNPs. The composition and structure of the C/S/S-MUCNPs were characterized by XRD and TEM, respectively. Figure S2 shows the XRD spectra of the C/S/S-MUCNPs, where the diffraction peaks were indexed to cubic-phase NaYF\(_4\) (JCPDS card No. 77-2042). Figure 3a shows TEM images of the C/S/S-MUCNPs, compared with that of the C/S structured Fe\(_3\)O\(_4@Mn\(^{2+}\) doped NaYF\(_4\) NPs. The size was increased, indicating the formation of another shell on the inert shell of Mn\(^{2+}\)-doped NaYF\(_4\). The fringe distances, measured using high resolution TEM (HRTEM) (Figure 3b), were 4.85 Å and 2.73 Å for the two types of grains, which matched well with the known lattice constants for Fe\(_3\)O\(_4\) and cubic NaYF\(_4\) phases, respectively. This confirms the successful coating of Fe\(_3\)O\(_4\) with a cubic upconversion shell.
To further confirm the formation of the composite structure, energy dispersive X-ray (EDX) was conducted, where the results are shown in Figure 4. The EDX result clearly indicated that Fe, F, Na, Y, Yb, Er and Mn were detected in the central region, while no Fe signal was obtained from the shell part. The data indicated that C/S/S-MUCNPs magnetic-fluorescent nanocomposites were successfully prepared. Other signals came from the TEM grid.

The magnetic properties of the C/S/S-MUCNPs and original Fe$_3$O$_4$ NPs were then characterized with a VSM magnetometer. After the formation of the C/S/S-MUCNPs, the saturation magnetization was significantly decreased to 3.85 emu·g$^{-1}$ (Figure 5). This phenomenon was mainly caused by the presence of a high proportion of upconversion in the composite NPs. Fortunately, both the C/S/S-MUCNPs and the original Fe$_3$O$_4$ nanoparticles display superparamagnetic behavior (zero coercivity and resonance), which is crucial for use in biomedicine and biotechnology applications [29]. In the future, we plan to carry out a detailed study to improve the saturation magnetization of MUCNPs.
The optical properties of the C/S/S-MUCNPs were also investigated. A higher UCL emission intensity was clearly observed for C/S-S-MUCNPs compared to the C/S-MUCNPs (Figure 6), due to the existence of the inert shell which prevented the fluorescence from being quenched by Fe3O4 [30]. The UCL spectra of C/S/S-MUCNPs in chloroform (Figure 6) exhibited two peaks at 550 nm (green emission peak) and 660 nm (red emission peak), where the red to green intensity ratio (IR/IG) was 3.13. The intense red light (650–670 nm) luminescence was ascribed to the presence of Mn2+ [31,32].

Prior to in vitro and in vivo biological applications, the cytotoxicity of the obtained mPEG-C/S/S-MUCNPs was measured using an MTT assay, an approach widely used to measure...
mitochondria activity to quantify cell growth or cell death [33]. The viability of the untreated cells was assumed to be 100%. Figure 7 shows the cell viability after 24 h of incubation with the mPEG-C/S/S-MUCNPs at different concentrations from 31.25 to 500 µg·mL⁻¹. After 24 h of incubation at a concentration of 500 µg·mL⁻¹, the cells viability was approximately 81%. These results indicate that the prepared mPEG-C/S/S-MUCNPs exhibit low toxicity.

![Cell viability graph](image)

**Figure 7.** In vitro cytotoxicity of mPEG-C/S/S-MUCNPs against HeLa cells at different concentrations after 24 h incubation.

UCL imaging is a non-invasive and sensitive method to visualize morphological details of biological samples [34–36]. To verify the capacity of the mPEG-C/S/S-MUCNPs for UCL imaging, we injected mPEG-C/S/S-MUCNPs into the thighs of mice. UCL imaging was achieved from the injected sites using an EMCCD camera, where excitation was provided by a CW infrared laser at 980 nm and UCL signals were collected at 660 ± 12 nm. The strong NIR UCL signal was detected at the mice thigh by the in vivo Maestro (CRI) imaging system upon excitation at 980 nm (Figure 8b). The overlay image (Figure 8c) with high signal-to-noise ratio (SNR = 18.26) further confirmed that the mPEG-C/S/S-MUCNPs exhibit excellent probes for in vivo NIR UCL imaging.

The elemental composition of mPEG-C/S/S-MUCNPs was analyzed by ICP-MS, where the Fe/Mn molar ratio was estimated to be 2.38:1. In order to evaluate the ability of mPEG-C/S/S-MUCNPs as a T₁–T₂ dual modal MRI agent, the transverse relaxivity (r₂) and longitudinal relaxivity (r₁) were determined by plotting the inverse relaxation time against the Fe and Mn concentration, respectively. The r₁ was 5.24 mM⁻¹ s⁻¹ which was calculated from the curve of 1/T₁ versus the Mn²⁺ concentration (Figure 9a), Meanwhile, the r₂ was calculated to be 22.48 mM⁻¹ s⁻¹ (Figure 9b). These results suggested that the NPs could be used for both T₁- and T₂-weighted MR imaging. In future studies, we will investigate the effect of Mn and Fe contents and the interaction between Mn-doped NaYF₄ and Fe₃O₄ on the r₂/r₁ ratio to make these MUCNPs viable for use in MRI imaging.

![UCL images](image)

**Figure 8.** In vivo upconversion luminescence (UCL) imaging. Bright field image (a); UCL image after injection with mPEG-C/S/S-MUCNPs (0.5 mg/mL, 50 µL) under irradiation at 980 nm (power density of 300 mW/cm², λ emission = 660 ± 12 nm) (b); merged image of bright field image and UCL signal (c).
Figure 8. In vivo upconversion luminescence (UCL) imaging. Bright field image (a); UCL image after injection with mPEG-C/S/S-MUCNPs (0.5 mg/mL, 50 μL) under irradiation at 980 nm (power density of 300 mW/cm², λ emission = 660 ± 12 nm) (b); merged image of bright field image and UCL signal (c).

Figure 9. In vitro T₁-weighted image of mPEG-C/S/S-MUCNPs and a relaxivity plot of r₁ vs. Mn contents (a). In vitro T₂-weighted image of mPEG-C/S/S-MUCNPs and a relaxivity plot of r₂ vs. Fe contents (b).

3.4. Evaluation of PDT Performance of C/S/S-MUCNPs Loaded with Ce6

To demonstrate the feasibility of using mPEG-C/S/S-MUCNPs loaded with Ce6 (Ce6-C/S/S-MUCNPs) in PDT, Ce6 was conjugated to C/S/S-MUCNPs, as the black emission from the MUCNPs matched well with the absorption peak of Ce6 (Figure S6). To analyze the energy transfer between MUCNPs and Ce6, we measured the UC emission spectra of MUCNPs-Ce6 complexes using 980 nm excitation (Figure 10). The intensity ratio of the green emission peak (IG) to the red emission peak (IR) was about 2.2:1 for Ce6-C/S/S-MUCNPs. However, the IG:IR was only 1:2.8 for mPEG-C/S/S-MUCNPs due to resonance energy transfer from the MUCNPs to the nearby Ce6 molecules, which had an absorption peak at exactly 660 nm [37,38].

Singlet oxygen is thought to be the major cytotoxic species that causes cell death through the so-called type II mechanism [39,40]. Herein, a singlet-oxygen chemical probe, 1,4-diphenyl-2,3-benzofuran (DPBF), was chosen to evaluate the ¹O₂ generation capability of Ce6-C/S/S-MUCNPs, owing to the fact that DPBF can react irreversibly with generated ¹O₂, leading to a decreased intensity of the DPBF absorption (around 410 nm) [41,42]. The changes in the absorption spectra of DPBF in the presence of Ce6-C/S/S-MUCNPs after different irradiation times are shown in Figure 11a. Control tests were carried out to confirm that the decrease in the absorption of DPBF was induced by singlet oxygen (Figure 11b). In the presence of Ce6-C/S/S-MUCNPs, the DPBF absorption at 410 nm dramatically decreased under 980 nm irradiation (Figure 11a,b), thereby suggesting that these NPs were highly efficient in the generation of reactive ¹O₂. In contrast, there were no obvious decreases in DPBF absorbance for solutions containing mPEG-C/S/S-MUCNPs or free Ce6 (Figure 11b). The effective ¹O₂-generating capability of Ce6-C/S/S-MUCNPs under NIR radiation makes them viable for NIR-induced PDT applications.
Figure 10. UCL spectra of mPEG-C/S/S-MUCNPs (a) and Ce6-C/S/S-MUCNPs (b) under the excitation of a 980 nm diode laser.

Figure 11. Absorption spectra of 1,3-Diphenylisobenzofuran (DPBF) under NIR irradiation in aqueous dispersion of Ce6-C/S/S-MUCNPs (100 µg·mL⁻¹) (a); Consumption of DPBF over time (black); others were control experiments without UCNPs or NIR, respectively (b).

The PDT efficiency of Ce6-C/S/S-MUCNPs was preliminarily evaluated on Hela cancer cells using the standard MTT assay. As shown in Figure 12, no significant cytotoxicity was observed after treatment with Ce6-C/S/S-MUCNPs in the absence of irradiation. In contrast, the cell viability of Ce6-C/S/S-MUCNPs (300 µg/mL) decreased to approximately 44% after a 10-min laser irradiation (0.3 W/cm²). This demonstrates that these NPs can exert severe toxicity to HeLa cells upon 980 nm laser irradiation. No reduction in cell viability was noticed for cells incubated with bare NPs in the presence of NIR irradiation (Figure 12), indicating that bare NPs with irradiation did not produce cancer cell-killing singlet oxygen. These results clearly demonstrate the feasibility of Ce6-C/S/S-MUCNPs as PDT agents.
Acknowledgments: Conceptualization, F.Z. and J.B.L.; Investigation, Y.L., W.Z., S.N.Y., S.T.Y., F.Z. and J.B.L.; Methodology, Y.L., W.Z., Z.F.L., F.Z. and J.B.L.; Writing—original draft, Y.L. and W.Z.; Writing—review & editing, X.H.L., F.Z. and J.B.L.

Conflicts of Interest: The authors declare no conflict of interest.

4. Conclusions

In summary, Mn$^{2+}$ doping was confirmed to be crucial for the formation of core-shell structured MUCNPs, as the doping of Mn$^{2+}$ could induce hexagonal-to-cubic phase transformations, where only the formed cubic phase can grow on the surface of Fe$_3$O$_4$ NPs. Core/inert shell/active shell structured MUCNPs were then prepared, where Fe$_3$O$_4$ NPs were coated by the inert shell of Mn$^{2+}$-doped NaYF$_4$, on which an active UCL shell made of Mn$^{2+}$-doped NaYF$_4$:Yb/Er was formed. The inert shell prevented the UCL from being quenched by Fe$_3$O$_4$. Furthermore, water-dispersible C/S/S-MUCNPs were obtained by coating with an amphiphilic polymer (C$_{18}$PMH–mPEG), which exhibited good biocompatibility. Moreover, the prepared C$_{18}$PMH–mPEG coated C/S/S-MUCNPs could be used for in vivo UCL imaging with a signal-to-noise ratio of 18.26. The C/S/S-MUCNPs were also used as dual-mode T$_1$/T$_2$-weighted MRI agent because of the co-existence of Fe$_3$O$_4$ and Mn$^{2+}$ in the NPs, with an r$_1$ value of 5.24 mM$^{-1}$ s$^{-1}$ and r$_2$ value of 22.48 mM$^{-1}$ s$^{-1}$. On the other hand, the main UCL band at 654–674 nm was matched with the excitation wavelength of the Ce6 photosensitizer, by which singlet oxygen species were generated to kill cancer cells. Under irradiation by 980 nm laser for 10 min, the cell death of HeLa cells incubated with Ce6-C/S/S-MUCNPs (300 $\mu$g/mL) could reach approximately 56%. Therefore, the as-prepared C/S/S-MUCNPs are thought to be good multifunctional agents for T$_1$/T$_2$-weighted MR/UCL imaging and PDT platforms for cancer treatment.

Supplementary Materials: The following are available online at http://www.mdpi.com/2079-4991/8/7/466/s1, Scheme S1: Proposed synthetic mechanism for the formation of Fe$_3$O$_4$@NaYF$_4$ NPs, Figure S1: XPS spectra of Fe$_3$O$_4$ NPs treated by hydrothermal process in the presence of NaF, Figure S2: X-ray diffraction patterns of OA-C/S/S-MUCNPs (a) and mPEG-C/S/S-MUCNPs (b), Figure S3: FTIR spectra of OA-C/S/S-MUCNPs (a) and mPEG-C/S/S-MUCNPs (b), Figure S4: TGA curves of OA-C/S/S-MUCNPs (a) and mPEG-C/S/S-MUCNPs (b), Figure S5: TEM images of OA-C/S/S-MUCNPs (a) and mPEG-C/S/S-MUCNPs (b), Figure S6: UV-Vis absorbance spectrum of Ce6-C/S/S-MUCNPs (a), Ce6 (b), and mPEG-C/S/S-MUCNPs (c).

Author Contributions: Conceptualization, F.Z. and J.B.L.; Investigation, Y.L., W.Z., S.N.Y., S.T.Y., F.Z. and J.B.L.; Methodology, Y.L., W.Z., Z.F.L., F.Z. and J.B.L.; Writing—original draft, Y.L. and W.Z.; Writing—review & editing, X.H.L., F.Z. and J.B.L.

Funding: This research was funded by the National Natural Science Foundation of China (Grant number 51273220) and the Functional Polymer Innovation Team Project, Southwest University for Nationalities (No. 14CXTD04).

Acknowledgments: The authors thank Fuyou Li, Wei Feng and Cong Cao from FuDan University, who gave many instructions on UCL imaging. We would like to thank Editage [www.editage.cn] for English language editing.

Conflicts of Interest: The authors declare no conflict of interest.
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