Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|------------------------------------|-----------------------------|
| TITLE         |         | Title 1 Identify the report as a Narrative Review of …                | Page 1/Line 1                      | Title                       |
|               |         | ABSTRACT Unstructured summary 2 Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | Page 2/Lines 25-39                | Abstract                    |
| INTRODUCTION  |         | Rationale/background 3 Describe the rationale for the review in the context of what is already known. | Page 3/Lines 42-55                | Introduction                |
|               |         | Objectives 4 Specify the key question(s) identified for the review topic. | Page 3/Lines 55-58                | Introduction                |
| METHODS       |         | Research selection 5 Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | Page 3/Lines 59-65                | Methods                     |
| DISCUSSION/SUMMARY |     | Narrative 6 Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 4-13/Lines 67-287            | Narrative review-Discussion |
|               |         | Summary 7 Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 13/Lines 289-291             | Conclusions                 |

Article information: http://dx.doi.org/10.21037/tan-20-1436
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.