Combined Oxygen and Glucose Deprivation in Cortical Cell Culture: Calcium-dependent and Calcium-independent Mechanisms of Neuronal Injury

Mark P. Goldberg and Dennis W. Choi
Department of Neurology, Washington University School of Medicine, St. Louis, Missouri 63110

Murine neocortical cell cultures were transiently deprived of both oxygen and glucose, producing widespread neuronal swelling in less than 60 min, followed by neuronal degeneration over the ensuing several hours, despite return to normal medium. Cultured glia (>95% astrocytes) were irreversibly injured only by oxygen-glucose deprivation exposures exceeding 4–6 hr.

Reversing either Na+ or Cl− with impermeant ions blocked acute neuronal swelling but did not prevent delayed neuronal degeneration. While neuronal swelling and death were increased by removing Ca2+ from the exposure medium, combined removal of extracellular Ca2+ together with Na+ or Cl− substitution blocked both acute and delayed injury. If acute swelling was limited by a hyperosmolar medium, then neuronal loss depended on extracellular [Ca2+].

Oxygen-glucose deprivation was associated with a large increase in extracellular glutamate concentration. Both early swelling and later neuronal degeneration were blocked by addition of NMDA receptor antagonists to the exposure medium, but not by the AMPA/kainate receptor antagonist 6-cyano-7-dinitroquinoxaline-2,3-dione (CNQX), dihydropyridines nifedipine or nimodipine, or TTX. Oxygen-glucose deprivation induced substantial neuronal uptake of tracer 44Ca2+ from the exposure medium that was reduced by NMDA receptor antagonists and closely paralleled the degree of subsequent neuronal loss.

These observations suggest the presence of two distinct components of hypoxic injury, each involving NMDA receptor activation and each capable of leading to neuronal death. Acute swelling is mediated by influx of Na+, Cl−, and water, and is enhanced by removal of extracellular Ca2+. Delayed neuronal degeneration depends on the presence of extracellular Ca2+ and correlates closely with cellular uptake of 44Ca2+.

[Key words: hypoxia, ischemia, neurons, glia, calcium, cell culture, glutamate receptors, NMDA receptors]

The brain requires a continuous supply of oxygen and glucose to maintain normal function and viability. Loss of this supply for only a few minutes can trigger a cascade of events leading to neuronal death; if the deprivation is sustained, glial and endothelial cells also succumb. Recent evidence has suggested that the toxic overactivation of neuronal NMDA receptors may contribute to hypoxic-ischemic neuronal injury, at least in focal ischemia (Meldrum, 1985; Rothman and Olney, 1986; Choi, 1988). Implication of NMDA receptors in hypoxic-ischemic neuronal injury provides an attractive link to previous studies suggesting that this injury may be due to calcium overload (Sie-sjo and Bengtsson, 1989), as the rapidly triggered neurotoxic injury induced by NMDA receptor overstimulation may be initiated by excessive calcium influx through NMDA receptor-gated channels (MacDermott et al., 1986; Choi, 1987). However the idea that extracellular Ca2+ plays a central role in hypoxic neuronal injury has been challenged by in vitro observations that removal of extracellular Ca2+ fails to block neuronal damage in cell culture (Goldberg et al., 1986; Nedergaard, 1991), hippocampal slice (Olsen et al., 1987; Raley-Susman and Lipton, 1990), or isolated retina (Ames and Nesbitt, 1983) preparations.

We have found that the degeneration of cultured cortical neurons induced by deprivation of either oxygen (Goldberg et al., 1987) or glucose (Monyer et al., 1989) alone could be blocked by NMDA antagonists. It would be of interest to examine the role of extracellular Ca2+ in these forms of neuronal degeneration, but these cultures do not tolerate Ca2+ removal for the several hours required to induce widespread neuronal injury in each case. Therefore, we turned to the injury induced by combined oxygen and glucose deprivation, an insult that more closely approximates the conditions associated with cerebral ischemia in vivo, and induces injury rapidly enough to permit manipulation of extracellular ionic conditions. Specifically, we sought support for the hypothesis that the neuronal degeneration induced by this insult, like that induced by exogenously added glutamate, would be due in large part to Ca2+ overload triggered by the excess influx of extracellular Ca2+ through NMDA receptor-gated channels.

Abstracts have appeared previously (Goldberg et al., 1988a, 1989).

Materials and Methods

Cell cultures. Mixed neocortical cultures, containing both neurons and glia, were prepared from fetal mice at 14–17 d gestation, generally as previously described (Choi et al., 1987, Rose et al., 1993). Dissociated cells were plated at 2.75–3.75 hemispheres per 24-well (15 mm) culture
vessel (Falcon Primaria) in a plating medium consisting of Eagle’s mini-
mal essential medium (MEM; Earle’s salts, supplied glucose-free) supplemented with glucose (final concentration, 20 mM), 2 mM glutamic acid, 10% fetal bovine serum, and 10% horse serum. When the glial monolayer reached confluency (7–10 d in vitro), non-neuronal cell division was arrested by 1–3 d exposure to 10 μM cytosine arabinoside. Cultures were subsequently fed twice weekly with a medium identical to plating medium, except that it contained 10% horse serum and no fetal serum. Alternatively, cells were plated on a previously established glial monolayer (see below) in plating medium containing 5% fetal bovine serum and no horse serum, and cytosine arabinoside was added 4–8 d after plating. Cultures plated on glia were more consistent in cell density and neuronal survival; however, these two methods yielded comparable experimental results. Cultures were maintained at 37°C in a humidified incubator containing 5% CO₂ and atmospheric oxygen. Cultures were used for experiments between 14 and 18 d in vitro.

Glial cultures were prepared from newborns of postnatal (day 1–3) mice (McCarty and de Vellis, 1980) and plated at 0.5–2.0 hemispheres per 24-well vessel, in plating medium as described above (10% horse serum and 10% fetal bovine serum). After 2 weeks in vitro, cultures were fed weekly with the same medium as for mixed cultures. Glial cultures were used for experiments after 2–4 weeks in vitro. Glial cells for feeder cultures were prepared with the following modifications: plating density was reduced to 0.25–0.5 hemispheres per 24-well vessel (Falcon Primaria) in a plating medium consisting of Eagle’s minimal essential medium (MEM, Earle’s salts, supplied glutamine-free) with the following ionic composition (in mM): Na⁺, 143.6; K⁺, 5.4; Ca²⁺, 1.8; Mg²⁺, 0.8; Cl⁻, 125.3; HCO₃⁻, 26.2; H₂SO₄⁻, 1.0; SO₄²⁻, 0.8; and phenol red, 10 mg/liter. The medium was supplemented with 10 ng/ml epidermal growth factor (Sigma), and cultures were not fed prior to plating mixed cultures at 2–3 weeks in vitro.

Oxygen-glucose deprivation. Cultures were transferred to an anaerobic chamber (Forma Scientific) containing a gas mixture of 5% CO₂, 10% H₂, 85% N₂. The culture medium was replaced by thorough exchange (effective dilution < 1:1000) with deoxygenated glucose-free balanced salt solution (BSS), with the following ionic composition (in mM): Na⁺, 143.6; K⁺, 5.4; Ca²⁺, 1.8; Mg²⁺, 0.8; Cl⁻, 125.3; HCO₃⁻, 26.2; H₂SO₄⁻, 1.0; SO₄²⁻, 0.8; and phenol red, 10 mg/liter. The cultures were then placed in a humidified 37°C incubator within the anaerobic chamber. Oxygen-glucose deprivation was terminated by replacing the exposure medium with oxygenated MEM containing 5.5 mM glucose and 2 mM L-glutamine (Sigma; freshly added from concentrated solution stock 1:500 in TBS). Glucose-deprived cultures were not fed prior to plating mixed cultures at 2–3 weeks in vitro.

Prior to use, BSS, was equilibrated with the anaerobic gas mixture by bubbling for 3–5 min, adjusted to pH 7.4 if necessary, and heated to 37°C. Oxygen content of the chamber atmosphere and exposure medium (< 2 mm Hg) were monitored with an oxygen-sensitive electrode (Microelectrodes, Inc.). In some experiments, oxygen-glucose deprivation was terminated by thoroughly replacing deoxygenated by bubbling with the anaerobic gas mixture and diluted 1:3 in TBS with 2% NGS; biotinylated goat anti-rabbit serum (Sigma) and biotinylated, and stored on a microcomputer disk.

High-performance liquid chromatography (HPLC). Amino acid accumulation in the extracellular medium was measured by reversed-phase HPLC with o-phthalaldehyde precolumn derivatization and fluorescence detection (Lindroth and Mopper, 1979). Exposure medium was sampled during oxygen-glucose deprivation and stored at −20°C. A small amount of LDH was present in the media of cultures exposed to energy-depleted conditions, most (or all) of this LDH signal reflected neuronal injury: these exposures were not sufficiently prolonged to destroy significant numbers of glial cells (see Results). Glial injury was assessed in separate experiments by measuring LDH release from pure glial cultures. All LDH measurements presented here represent at least three similar experiments.

Assessment of neuronal swelling. Cultures were fixed using an image analysis system (Universal Imaging) by tracing neuronal outlines from phase-contrast videomicrographs (400×, Javelin CCD camera) and then using image processing software to count and measure neuronal injury. Nifedipine and nipardoxine were first dissolved in dimethyl sulfoxide at 100–1000 μM; control experiments showed that this vehicle alone did not alter oxygen-glucose deprivation injury. Reagents were obtained as follows: d-aminophosphonovalerate (D-APV; Tocris Neuramin), 7-chlorokynurenic acid (CNQX, Tocris), 6-cyano-7-nitroquinoline-2,3-dione (CNQX, Tocris, or CRB), MK-801 (Merck, Sharp & Dohme), CY-51 (Ciba-Geigy), and dextrorophin (Hoffmann–La Roche). Most other reagents were obtained from Sigma.

Results

Morphological changes

Neuronal cell bodies in mixed cortical cell cultures are readily distinguished from the underlying glial monolayer using either phase-contrast optics in unfixed cells or bright-field optics after fixation and Nissl staining (Choi et al., 1987). In mature cultures (> 10 d in vitro), immunocytochemical staining using antibodies for neuronal marker tau (Boime et al., 1985), for astrocyte marker glial fibrillary acidic protein (GFAP), and for oligodendrocyte marker myelin basic protein (MBP) revealed well-delineated neuronal, glial, and oligodendroglial compartments. Neuronal cell bodies in mixed cortical cell cultures are readily distinguished from the underlying glial monolayer using either phase-contrast optics in unfixed cells or bright-field optics after fixation and Nissl staining (Choi et al., 1987). In mature cultures (> 10 d in vitro), immunocytochemical staining using antibodies for neuronal marker tau (Boime et al., 1985), for astrocyte marker glial fibrillary acidic protein (GFAP), and for oligodendrocyte marker myelin basic protein (MBP) revealed well-delineated neuronal, glial, and oligodendroglial compartments.
directed against NSE additionally revealed the presence of a dense network of neuronal processes (Fig. 1). Cultures exposed to oxygen–glucose deprivation for 50 min, fixed immediately, and stained for Nissl substance or NSE showed little early change in gross neuronal morphology. Although cultures were then returned to normal oxygen- and glucose-containing MEM, neuronal morphology deteriorated in the next 1–2 hr, with progressive neuronal swelling and loss of NSE and Nissl staining (Fig. 1). The neurite layer developed a vacuolar appearance. By the following day, most neurons were replaced by debris, with nuclear remnants stained with trypan blue (not shown). In contrast, brief deprivation of oxygen and glucose produced no gross morphological injury in the underlying glial monolayer, and glial cells excluded trypan blue.

In unfixed cultures viewed under phase-contrast optics, neuronal cell bodies immediately following oxygen–glucose deprivation were markedly swollen with phase-dark nuclei and loss of phase-bright contours (see Fig. 6B). Mean neuronal area increased from 188 ± 59 μm² in cultures exposed to normoxic wash conditions to 320 ± 114 μm² in sister cultures deprived of oxygen and glucose for 45 min (mean ± SD, n = 100 neurons from four cultures in each condition, p < 0.01). Observation with an inverted microscope and closed-circuit video camera placed in the anaerobic chamber revealed that these changes occurred even before replacement of cells in normal MEM, and therefore were not a consequence of reoxygenation (i.e., “reperfusion injury”).

**Time course of neuronal injury**

During acute oxygen–glucose deprivation exposure (up to 70 min), LDH in the medium did not exceed the baseline amount found in normoxic wash controls (not shown). Substantial LDH release first appeared within 2 hr of the conclusion of oxygen–glucose deprivation, and was maximal by 12–16 hr later. The LDH signal measured 1 d after exposure reflected the degree of overall neuronal injury assessed morphologically (Goldberg et al., 1987). Using LDH release measured 20–28 hr after exposure as a quantitative index, we examined the relationship between the duration of exposure to oxygen–glucose deprivation and resulting injury (Fig. 2).

Exposures shorter than 30 min produced little neuronal loss by the next day. Exposure durations between 40 and 60 min produced intermediate neuronal injury, with maximal injury and LDH release observed after 70 min exposure. This maximal injury consisted of the death of >90% of neurons, as assessed by phase-contrast observation and trypan blue dye exclusion. The exposure duration required for half-maximal neuronal injury (typically 40–50 min) varied between cultures of different platings but was generally consistent among sister cultures derived from a single plating. Therefore, critical comparisons were always made between sister cultures exposed to oxygen–glucose deprivation on the same day.

We compared the time course of oxygen–glucose deprivation neuronal injury to that produced by removal of oxygen (Goldberg et al., 1987) or glucose (Monyer and Choi, 1990) alone (Fig. 2). As previously noted, these latter two insults were capable of producing widespread neuronal degeneration only after several hours of continuous exposure. The exposure duration required for a pure hypoxic insult to induce comparable neuronal loss depended on glucose concentration over a wide range: half-maximal injury occurred after 4–8 hr with glucose maintained near 2.0 mM, 8–14 hr with glucose maintained near 5.5 mM, and >24 hr with glucose maintained near 20 mM. Isolated glucose deprivation in atmospheric oxygen produced half-maximal neuronal loss after 6–8 hr, with maximal neuronal damage following 10–12 hr exposures (not shown). Despite these temporal differences, maximal LDH release was similar in each condition except for hypoxic exposure in 20 mM glucose, which caused only partial neuronal loss at the longest exposure duration tested (24 hr). These time courses are somewhat longer than we have previously reported for isolated oxygen or glucose deprivation, due likely, in the case of oxygen deprivation, to maintenance of medium glucose near starting levels and, in the case of glucose deprivation, to omission of amino acids from the exposure medium (Goldberg et al., 1988b; Monyer and Choi, 1990).

**Glial injury**

In previous experiments, glial cells in mixed cultures were not visibly injured by oxygen or glucose deprivation sufficient to destroy virtually all of the neurons (Goldberg et al., 1987; Monyer et al., 1989) or glucose (Monyer et al., 1989) alone (Fig. 2). As previously noted, these latter two insults were capable of producing...
Figure 3. Morphology of glial injury following prolonged oxygen-glucose deprivation. Phase-contrast photomicrographs show representative fields from sister glial cultures (> 95% astrocytes) before (A) and 4 hr after (B) 6 hr oxygen-glucose deprivation. Bright-field photomicrographs show fields after fixation and immunoperoxidase staining for GFAP, before (C) and 1 d after (D) 6 hr oxygen-glucose deprivation. Following exposure, astrocyte cytoplasm was contracted and many cells detached from the culture surface. D shows one intact astrocyte surrounded by GFAP-reactive debris. Scale bar, 100 μm.

Similarly, combined oxygen-glucose deprivation for 60 min produced widespread loss of neurons but not glia (Figs. 1, 3). To examine glial vulnerability to more prolonged insults, we prepared astrocyte cultures consisting of a confluent monolayer of flat, polygonal cells (Fig. 3A), more than 95% of which stained immunohistochemically for GFAP (Fig. 3C). Oxygen-glucose deprivation for less than 4 hr produced neither visible injury nor measurable LDH release, whereas exposure durations in the range of 4–12 hr yielded graded glial injury. This appeared under phase-contrast optics initially as a contraction of astrocyte cytoplasm and darkening around the nucleus (Fig. 3B). With exposures longer than 6–8 hr, increasing numbers of glia failed to exclude trypan blue dye and many cells subsequently detached from the cell culture surface (Fig. 3B, D). Similar astrocyte injury could be produced by prolonged glucose deprivation (>36 hr) in the presence of atmospheric oxygen (Fig. 4). In contrast, oxygen deprivation when glucose was maintained near 5.5 mM caused little glial injury even after 5 d continuous exposure. Hypoxic exposures longer than 5 d did produce substantial glial loss (two experiments, not shown); however, in these cultures the pH of the bathing medium fell below 6.5, alone sufficient to cause glial death in our system (Giffard et al., 1990b).

Glutamate release

Glutamate concentration in normoxic culture medium was approximately 0.1 μM, near the detection limit for our HPLC system, and did not rise over 60 min. Extracellular glutamate concentration remained low during oxygen-glucose deprivation exposure briefer than 30 min, but with longer exposures glutamate rose substantially, reaching levels of 1.5–2.5 μM (four experiments) after 60 min (Fig. 5).

Pharmacology of oxygen-glucose deprivation injury

Oxygen-glucose deprivation–induced neuronal swelling (Figs. 6, 7A) and subsequent death (Figs. 6, 7B) were blocked by inclusion in the exposure medium of several selective NMDA antagonists, including the noncompetitive antagonists MK-801 (10–100 μM; Fig. 6) and dextrophan (100 μM); the competitive antagonists D-APV (300–1000 μM), CPP (100 μM), and CGS 19755 (100 μM); and the NMDA receptor–associated glycine antagonist 7-chlorokynurenate (300 μM). Neurons protected by inclusion of NMDA antagonists excluded trypan blue and remained morphologically intact (by phase-contrast, Nissl, or anti-NSE staining) for at least 2 d after exposure.

The effect of NMDA antagonists was concentration depen-
bringing glucose to 5.5 mM (if necessary), and returning cultures to the deprivation, medium glucose was sampled daily and supplemented as required to return to 5.5 mM. In each case, exposure was terminated by bringing glucose to 5.5 mM (if necessary), and returning cultures to the normoxic incubator. Note expanded time scale in first 24 hr.

Figure 4. Time dose-response of glial injury following oxygen deprivation, glucose deprivation, or combined insult. Sister glial cultures were exposed to medium with (+ O2) or without oxygen (− O2), and with the glucose concentration (0 or 5 mM) indicated. Cell injury was assessed by measurement of LDH in the medium 1 d following exposure, except glucose concentration (0 or 5 mM) indicated. Cell injury was assessed exposed to medium with (+ O2) or without oxygen (− O2), and with the ionic conditions in that acute neuronal swelling was greatly enhanced by reducing Mg*+ in the exposure medium (normally 0.8 mM) (Fig. 8C).

Addition of the AMPA/kainate antagonist CNQX (10 μM) did not reduce neuronal swelling (Fig. 7A) or death (Fig. 7B). CNQX partially attenuated neuronal loss when added at concentrations >30 μM (three experiments, not shown); however, at these concentrations CNQX nonselectively blocks NMDA receptor-mediated injury in our system, presumably by interacting with the glycine site (Koh and Choi, 1991). We found no reduction of neuronal swelling (Fig. 7A) or cell death (Fig. 7B) with even high concentrations of the voltage-gated Ca*+ L-channel antagonists nifedipine (10−100 μM) or nimodipine (30 μM), or the voltage-sensitive Na+ channel blocker TTX (10 μM). [Nifedipine at 100 μM enhanced neuronal injury in some experiments (Fig. 7A).] None of the tested agents attenuated cell death in glial cultures following 6 hr oxygen–glucose deprivation exposure (Fig. 8D).

**Effect of Ca**+** removal**

The rapidity with which combined oxygen and glucose deprivation induced neuronal injury allowed us to examine the effects of altering the ionic composition of BSS, during the exposure period. At the conclusion of oxygen–glucose deprivation, all cultures were returned to MEM with normal ionic composition. Removal of Ca*+ from the BSS exposure solution did not reduce subsequent neuronal degeneration (Figs. 9A, bottom; 10B). Under conditions of submaximal injury, Ca*+ removal actually increased overall neuronal loss (Fig. 10B). Neuronal injury in BSS, with no added Ca*+ differed from that seen under normal ionic conditions in that acute neuronal swelling was greatly enhanced (Figs. 9A, top; 10A) and substantial LDH efflux occurred even before the conclusion of oxygen–glucose deprivation (Fig. 10B, crosshatched bar). We considered the possibility that neuronal injury in nominally Ca**2+**-free medium was due to the presence of residual medium Ca**2+**. However, addition of 100–500 μM EGTA further increased injury (four experiments); therefore, we did not include EGTA in subsequent media. EGTA was not toxic at these concentrations under normoxic conditions.

We examined the pharmacology of the enhanced neuronal loss seen following oxygen–glucose deprivation in medium with no added Ca**2+**. Because this form of injury is unlikely directly to involve transmembrane Ca**2+** entry during exposure, one prediction might be that mechanisms other than NMDA receptor activation play a role. In fact, the pharmacology of injury was similar to that in normal ionic exposures: NMDA antagonists attenuated neuronal damage; CNQX, nifedipine, and TTX did not prevent either acute neuronal swelling (not shown) or delayed death (Fig. 11).

**Effect of sodium or chloride substitution**

A markedly altered pattern of neuronal injury was seen in cultures deprived of oxygen and glucose in low-Na**+** medium (residual Na**+, 27.2 mM; NaCl replaced by choline chloride; >20 experiments; or by N-methyl-D-glucamine, three experiments). Acute neuronal swelling immediately following exposure was greatly attenuated, with many neurons maintaining normal phase-bright contours and cell area (Figs. 9B, top; 10A). However, within 1 hr of returning cells to normal MEM, neuronal outlines became progressively more granular, and by the following day, neuronal degeneration was as widespread as in sister cultures exposed to oxygen–glucose deprivation in BSS (Figs. 9B, bottom; 10B). The same sequence of events was observed in low-Cl**−** BSS, in which NaCl was replaced by sodium iodionate (residual Cl**−**, 3.6 mM). Low Cl**−** exposure resulted in even better preservation of acute neuronal morphology than low Na**+** but also did not block late degeneration. Neither Na**+** nor Cl**−** substitution significantly attenuated neuronal loss assessed by late LDH release (Fig. 10B). However, both acute hypoxic swelling and delayed degeneration were substantially attenuated when Na**+** or Cl**−** substitution was combined with Ca**2+** removal (Figs. 9, 10).

The most likely explanation for the ability of Na**+** or Cl**−**...
substitution to reduce the acute neuronal swelling induced by oxygen-glucose deprivation is that these substitutions limit the movement of Na⁺, Cl⁻, and water across cell membranes associated with glutamate receptor activation (Bourke and Tower, 1966; Rothman and Olney, 1986; Choi, 1987). To test the hypothesis that the acute neuronal swelling was an osmotically driven event, we added 100 mM sucrose (osmolarity increased approximately ½) to the BSS₀ exposure solution. Like Na⁺ or Cl⁻ substitution, addition of sucrose to Ca²⁺-containing BSS₀ reduced acute neuronal swelling (not shown) but not delayed injury (Fig. 12). We considered the possibility that the surprising failure of extracellular Ca²⁺ removal to block oxygen-glucose deprivation-induced neuronal death was explained by the ability of the same maneuver to potentiate acute swelling. Indeed, when 100 mM sucrose was used to reduce acute swelling, neuronal death was then reduced by extracellular Ca²⁺ removal; increasing Ca²⁺ increased neuronal death (Fig. 12).

**⁴Ca²⁺ accumulation**

Like rapidly triggered excitotoxicity (Kurth et al., 1989; Hartley et al., 1993), the neuronal injury induced by oxygen-glucose deprivation was associated with substantial movement of labeled extracellular Ca²⁺ into the cell layer (Marcoux et al., 1989). **⁴Ca²⁺ uptake in cultures exposed to oxygen-glucose deprivation for 45–60 min was increased approximately four- to eightfold compared to sister cultures exposed only to normoxic wash conditions** (Fig. 13A). No specific **⁴Ca²⁺ uptake was observed in glial cultures following the same exposure conditions** (Fig. 13A). Neuronal **⁴Ca²⁺ accumulation was blocked by NMDA antagonists MK-801, dextrorphan, and D-APV, but not by 10 μM CNQX or 100 μM nifedipine** (Fig. 13B).

The amount of **⁴Ca²⁺ accumulated during oxygen-glucose deprivation exposures correlated well with the extent of neuronal degeneration as assessed by LDH release the following day. The time course of **⁴Ca²⁺ accumulation closely paralleled the development of subsequent neuronal injury** (Fig. 13C); there was minimal specific uptake during exposures <30 min, and uptake increased progressively between 40 and 60 min. When neuronal injury was reduced in a graded fashion by addition of 1–1000 μM D-APV to the exposure solution, **⁴Ca²⁺ uptake was reduced in parallel with neuronal loss** (Fig. 13D).

**Discussion**

We have previously examined the injury of cultured cortical neurons induced by deprivation of either oxygen or glucose alone. The present study develops a quantitative characterization of the injury induced by deprivation of oxygen and glucose together. As in the single-deprivation paradigms, combined oxygen-glucose deprivation caused selective destruction of neurons but not glia. Combining the two insults greatly decreased the exposure time required to trigger widespread neuronal death—less than 1 hr compared with more than 6 hr for either oxygen or glucose deprivation alone under otherwise similar conditions. Because of this acceleration of injury induction, it was possible to examine several issues previously refractory to study, including the existence of delayed injury, direct comparison of neuronal and glial vulnerability, effect of altering the extracellular ionic milieu, and correlation of extracellular **⁴Ca²⁺ accumulation with subsequent neuronal death.**

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*Figure 6. Blockade of oxygen-glucose deprivation-induced neuronal swelling and cell death by MK-801. Phase-contrast photomicrographs show identified fields of sister cultures before (A), immediately after (B), and 24 hr after (C) 50 min oxygen-glucose deprivation. Left, control culture with no added drug; right, culture with 10 μM MK-801 included in the exposure medium. Note prominent swelling of phase-bright neuronal cell bodies immediately following exposure. Scale bar, 50 μm.*

*Figure 7. NMDA receptor antagonists reduce oxygen-glucose deprivation-induced injury. A, NMDA antagonists block acute neuronal swelling. Neuronal areas were measured from phase-contrast videomicrographs taken immediately after deprivation of oxygen and glucose for 50 min, with no added drug (solid bar, control) or in the presence of the indicated antagonist (hatched bars): MK, MK-801, 10 μM; CNQX, 10 μM; Nif, nifedpine, 100 μM; or TTX, tetrodotoxin, 10 μM. Values represent percentage change in neuronal area (mean ± SEM, n = 100 neurons in each condition), compared to neurons in sister cultures exposed only to normoxic wash conditions (actual area = 164 ± 4.3 μm²). B, NMDA antagonists block neuronal death. Cultures were deprived of oxygen and glucose for 45 min, with no added drug (solid bar, control) or in the presence of the indicated antagonist (hatched bars): MK, MK-801, 30 μM; APV, 100 μM; D,-aminophosphonovalerate, 1 μM; CGS, 100 μM; or TTX, 10 μM. Drugs were present only during oxygen-glucose deprivation. Values represent mean LDH ± SEM (n = 3 or 4) 1 d after exposure, scaled to the mean LDH present in controls (= 100). Asterisks indicate significant difference (p < 0.05) from control by ANOVA and Student-Neuman-Keuls test.*
Early and late components of hypoxic neuronal degeneration

The gross morphologic changes of ischemic neuronal degeneration in vivo can appear hours to days after a vascular occlusive event (Pulsinelli et al., 1982a). In our previous studies of hypoxia or glucose deprivation in vitro, substantial neuronal damage was apparent even before the conclusion of the 6-8-hr-long insult. In contrast, the rapidity with which neuronal death was triggered by combined oxygen-glucose deprivation allowed delineation of a delayed component of neuronal degeneration, perhaps analogous to that seen in vivo. Immediately after oxygen-glucose deprivation, neurons in Nissl-stained, fixed cultures appeared generally unremarkable (Fig. 1); under phase contrast, neurons were swollen (Fig. 6) but had intact cell membranes and excluded trypan blue. Widespread neuronal degeneration occurred over the ensuing hours, despite the resupply of normal oxygen and glucose.

Effect of glucose

The observed destructive synergy between hypoxia and glucose deprivation was part of a more general inverse dependence of hypoxic neuronal degeneration on extracellular glucose concentration over the range of 0–20 mM (Fig. 2). With a starting glucose concentration of 20 mM, even a 24 hr period of hypoxia damaged less than half of the neuronal population.

Other in vitro studies have also suggested that an increased availability of extracellular glucose may reduce the impact of hypoxia on central neurons. In hippocampal slice, recovery from hypoxia-induced synaptic transmission failure depends directly on the concentration of extracellular glucose (Dong et al., 1988). Furthermore, hypoxic injury in striatal (Goldberg et al., 1986) or hippocampal cultures (Tombaugh and Sapolsky, 1990a) occurred only when both glucose and oxygen were removed from the exposure medium. Longer periods of combined oxygen and glucose deprivation (5–6 hr) were needed to induce neuronal degeneration in those studies than in the present study; possible explanations include the differences in neuronal type, differences in experimental technique, or, in the striatal cultures, a lower density of glutamatergic synapses. It should be noted that 45–60 min duration of oxygen–glucose deprivation required to produce irreversible neuronal loss in the present model is still longer than observed in models involving slice preparations or experimental stroke in vivo.

Elevated extracellular glucose might improve neuronal and neuronal injury.

Figure 8. Pharmacology of oxygen-glucose deprivation. A, Concentration-dependent injury reduction with the NMDA antagonist dextrorphan. Sister cultures were deprived of oxygen and glucose for 45 min with no added drug (open circle, control) or in the presence of dextrorphan at the indicated concentration (solid circles). Values represent mean LDH ± SEM (n = 3 or 4), scaled to the mean LDH present in controls (= 100). B, Partial protection with postexposure NMDA antagonist. Cultures were deprived of oxygen and glucose for 40 min in normal BSS+, and dextrorphan was added at the indicated time following exposure. C, Removal of extracellular Mg²⁺ enhances oxygen-glucose deprivation injury. Cultures were deprived of oxygen and glucose for 40 min in normal BSS+, and dextrorphan was added at the indicated time following exposure. D, No tested drug blocks injury following oxygen-glucose deprivation. Glial cultures were deprived of oxygen and glucose for 6 hr, with no added drug (solid bar, control) or in the presence of the indicated antagonist (hatched bars): MK, MK-801, 30 μM; CNQX, 100 μM; Nif, nifedipine, 100 μM; or TTX, tetrodotoxin, 10 μM.
Figure 9. Effect of calcium and sodium removal on oxygen-glucose deprivation-induced neuronal injury. Phase-contrast photomicrographs demonstrate neuronal morphology in representative fields immediately after 45 min oxygen-glucose deprivation (top panels) and in the same microscopic fields 1 d later (bottom panels). In this figure, exposure was terminated by replacing experimental medium with MEM containing oxygen and 5.5 mM glucose and returning cultures to the normoxic incubator. A, Exposure in BSS, with no added Ca²⁺. Note marked acute neuronal swelling followed by widespread neuronal death. B, Exposure in BSS, with NaCl replaced with choline chloride, resulting in early preservation of neuronal morphology but not reduction in delayed neuronal loss. C, Exposure in BSS, with low Na⁺ and no added Ca²⁺, blocking both early and late manifestations of neuronal injury. Scale bar, 100 μm.

Glial cell energy status, leading to reduced glutamate efflux, increased glutamate uptake, or improved Ca²⁺ homeostasis. Improving the glycogen content of astrocytes in our cortical cultures reduces vulnerability to damage by glucose deprivation (Swanson and Choi, 1993). In contrast, in some in vivo models elevated preischemic blood glucose levels worsen cerebral infarction (Welsh et al., 1980; Pulsinelli et al., 1982b). The key difference may be that lactic acid accumulates to a greater extent in vivo than in vitro; deleterious effects of lactic acidosis (Plum, 1983) outweigh the benefits of increased glucose availability on neuronal survival. In the immature brain, high glucose levels are not detrimental, perhaps due to decreased intracerebral lactate accumulation (Voorhies et al., 1986; Hattori and Wasterlain, 1990).

Glial vulnerability
Consistent with in vivo observations, cultured astrocytes were much more resistant than neurons to damage by oxygen-glucose deprivation. Half-maximal destruction of cultured astrocytes required approximately a 6 hr exposure (Fig. 4), roughly eightfold longer than the 45 min required for half-maximal neuronal injury under the same experimental conditions (Fig. 2). Similarly, isolated glucose deprivation resulted in half-maximal glial injury after approximately 36 hr, compared to 6–8 hr for neurons. If extracellular glucose was continuously maintained around 5 mM, glia were profoundly resistant to oxygen deprivation, surviving as long as 5 d. This powerful protective effect of glucose on hypoxic glial injury is consistent with other in vitro observations (Yu et al., 1989; Callahan et al., 1990; Haun et al., 1991) and suggests that cultured glia, unlike neurons, may be able to survive for extended periods using glycolytic metabolism alone. The resistance of astrocytes to oxygen–glucose deprivation may be viewed as a target for neuroprotective strategies: if all of the mechanisms responsible for heightened neuronal vulnerability can be counteracted, perhaps neuronal vulnerability can be made to resemble glial vulnerability.
Figure 10. Ionic dependence of cell swelling and of delayed death following oxygen-glucose deprivation. A. Cell areas of individual neurons measured from phase-contrast videomicrographs immediately after 45 min oxygen-glucose deprivation. Values represent percentage increase in neuronal area (mean ± SEM, 42-100 consecutively measured neurons from three or four cultures each) compared to mean area of neurons in sister cultures exposed to normoxic wash conditions (actual mean area = 188 ± 3.1 μm²). Substantial swelling was seen during oxygen-glucose deprivation in normal BSS, (solid bar); this was increased by exposure in BSS without added Ca²⁺ and was blocked by Na⁺ or Cl⁻ substitution. B, Neuronal loss 1 d after 45 min oxygen-glucose deprivation. Bars represent mean LDH ± SEM (n = 3 or 4) compared to mean area = 188 ± 3.1 μm². Substantial swelling was seen during oxygen-glucose deprivation in normal BSS, (solid bar); this was increased by exposure in BSS without added Ca²⁺ and was blocked by Na⁺ or Cl⁻ substitution. B, Neuronal loss 1 d after 45 min oxygen-glucose deprivation. Bars represent mean LDH ± SEM (n = 3 or 4), scaled to mean LDH measured in cultures exposed in BSS, with normal ionic composition (= 100, solid bar). Cross-hatched area indicates LDH present in exposure medium before medium replacement. Asterisks indicate significant difference (p < 0.05) from BSS, control by ANOVA and Student-Newman-Keuls test.

Pharmacology of oxygen-glucose deprivation injury

Inclusion of selective NMDA antagonists during the exposure period blocked both acute neuronal swelling and late neuronal degeneration with associated efflux of LDH to the bathing medium. This was not confined to a specific mechanism of receptor blockade, as it was observed using competitive antagonists of the glutamate recognition site of the NMDA receptor (D-APV, CGS 19755), a competitive blocker of the strychnine-insensitive glycine site (7-chlorokynurenate), as well as noncompetitive NMDA antagonists including MK-801 and dextrophan (Fig. 7). In addition, removal of extracellular Mg²⁺, which would be expected to enhance NMDA channel activation (Mayer et al., 1984; Nowak et al., 1984) and increase glutamate-mediated toxicity (Finkbeiner and Stevens, 1988), substantially increased injury (Fig. 8C). With briefer insult durations (< 50–60 min), partial neutroprotective effects were seen even when NMDA antagonists were not added until after insult conclusion and return to normal oxygen and glucose (Fig. 8B).

These results indicate that the injury induced by combined oxygen-glucose deprivation, like the injury induced in vitro by glutamate exposure (Choi, 1987), hypoxia (Goldberg et al., 1987), or glucose deprivation (Monyer et al., 1989), or like the injury induced in vivo by focal hypoxia–ischemia (see Aiba et al., 1989), is substantially mediated by NMDA receptors. It is noteworthy that high concentrations of the competitive NMDA antagonist D-APV were required (Fig. 13D; EC₅₀, 100–300 μM), compared to about 10 μM against a pure hypoxic insult (Goldberg et al., 1987), suggesting that effective extracellular glutamate concentrations may reach higher levels after oxygen-glucose deprivation than after oxygen or glucose deprivation alone. This requirement for high concentrations of competitive antagonists may account for the incomplete neutroprotective effects of glutamate receptor blockade described in previous studies of oxygen-glucose deprivation in cultured striatal (Goldberg et al., 1986) and hippocampal (Tombaugh and Sapolsky, 1990a) neurons.

NMDA antagonists blocked oxygen-glucose deprivation–induced acute neuronal swelling as well as cell death (Fig. 6). The degree of swelling reduction was somewhat unexpected, as neuronal swelling induced by brief glutamate exposure is only partially attenuated by NMDA antagonists (Choi et al., 1987). One possible explanation is that NMDA receptor activation may play a more critical role than non-NMDA receptors in hypoxic cortical injury, compared to injury induced by exogenously applied glutamate. Alternatively, the neuroprotective actions of NMDA antagonists may be mediated by reduction of presynaptic glutamate release as well as postsynaptic glutamate neurotoxicity (Bustos et al., 1992; Choi and Lobner, 1993).

In contrast to the neuroprotection afforded by NMDA receptor blockade, the AMPA/kainate receptor antagonist CNQX was ineffective at selective concentrations (<30 μM). This observation is consistent with the inability of CNQX to block the rapidly triggered excitotoxic injury induced by brief, intense glutamate exposure (Koh and Choi, 1991). It does not exclude a contribution of AMPA or kainate receptors to injury. On cortical neurons, AMPA or kainate receptors mediate a more
slowly triggered excitotoxic injury than NMDA receptors (Frandsen et al., 1989; Choi, 1990a; Koh et al., 1990); thus, NMDA receptor overstimulation may reach lethal levels first, masking injury mediated by AMPA or kainate receptors. If NMDA receptor-mediated injury is blocked by saturating levels of an NMDA antagonist, then addition of low concentrations of CNQX produce substantial neuromodulation against a prolonged oxygen-glucose deprivation insult (Kaku et al., 1991).

The promising protective effects of AMPA/kainate antagonists recently observed in animal models of global ischemia (Sheardown et al., 1990; Buchan et al., 1991) may occur because NMDA receptor-mediated injury has been attenuated by endogenous factors (Choi, 1990b), such as extracellular acidity (Giffard et al., 1990a; Tang et al., 1990; Tombaugh and Sapolsky, 1990b) or zinc concentration (Koh and Choi, 1988).

The pharmacological similarity between rapidly triggered, NMDA receptor-mediated excitotoxic injury, and oxygen glucose deprivation-induced injury extended to dihydropyridine antagonists of voltage-gated calcium channels. High concentra-

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**Figure 12.** Calcium dependence of oxygen-glucose deprivation injury under hyperosmolar conditions. Sister cultures were deprived of oxygen and glucose for 45 min in the presence of the indicated Ca^2+ concentration, in normal BSS, (open circle) or with addition of 100 mM sucrose (solid circles). Values represent mean LDH ± SEM (n = 4), scaled to LDH from cultures exposed in BSS, with normal Ca^2+ and no added sucrose (= 100, open circle). Asterisks indicate significant difference (p < 0.05) from control by ANOVA and Student-Neuman-Keuls test.

**Figure 13.** A, Selective neuronal accumulation of ⁴⁰Ca⁺ during oxygen-glucose deprivation. Cultures were exposed to normoxic wash conditions or to oxygen-glucose deprivation for 60 min in the presence of trace ⁴⁰Ca⁺, and total intracellular accumulation was measured after thorough washing. Left, mixed cultures (neurons + glia); right, glial cultures. B, ⁴⁰Ca⁺ accumulation is blocked by NMDA antagonists. Bars represent mean neuronal ⁴⁰Ca⁺ accumulation after 45 min oxygen-glucose deprivation in the presence of the indicated antagonist, scaled to ⁴⁰Ca⁺ present in controls (= 100, solid bar). Antagonist concentrations: MK, MK-801, 100 µM; DX, dextrorphan, 100 µM; CGS, CGS 19755, 100 µM; 7CIK, 7-Chlorokynurenic acid, 300 µM; CNQX, 100 µM, Nif, nifedipine, 100 µM; Nim, nimodipine, 30 µM. Asterisks indicate significant difference (p < 0.05) from control by ANOVA and Student-Neuman-Keuls test. C, Time course of oxygen-glucose deprivation. Values represent mean ⁴⁰Ca⁺ accumulation during oxygen-glucose deprivation for the indicated duration (open circles) or LDH release the next day (solid circles), both scaled to mean values measured after 60 min oxygen-glucose deprivation. D, Concentration dependence of blockade by D-APV. Cultures were deprived of oxygen and glucose for 45 min with no added drug (control), or with addition of the indicated concentration of D-APV. Values are as indicated in C.
tion of these drugs, ineffective against rapidly triggered excitotoxic injury in our system, were also ineffective against the neuronal injury induced by oxygen-glucose deprivation. Marcoux et al. (1989) also found that several voltage-gated calcium channel antagonists did not protect rat brain cultures against an oxygen-glucose deprivation insult. In vivo, dihydropyridines have been shown to reduce ischemic intracellular Ca\(^{2+}\) accumulation (Uematsu et al., 1989), although neuroprotective effects have been mixed (Hossmann, 1990); protective effects may be more clear cut if the drugs are combined with an NMDA antagonist (Uematsu et al., 1989).

**Glutamate efflux**

Pharmacological blockade of oxygen-glucose deprivation injury by NMDA antagonists supports the hypothesis that neuronal injury in this model results from toxic activation of glutamate receptors, presumably reflecting excessive amounts of endogenous glutamate in the vicinity of neuronal glutamate receptors (Benveniste et al., 1984; Drejer et al., 1985). We found that extracellular medium glutamate increased substantially during oxygen-glucose deprivation (Benveniste et al., 1984; Drejer et al., 1985). We found that extracellular medium glutamate increased substantially during oxygen-glucose deprivation and that this increase first occurred after a duration of insult sufficient to induce neuronal death. However, the concentrations measured in the bathing medium never exceeded the low micromolar range, far less than that needed to kill cortical neurons in healthy mixed cultures (Choi et al., 1987).

Several explanations may be put forward to explain this apparent discrepancy. First and most important, the concentration of glutamate in the bathing medium may not accurately reflect levels local to postsynaptic glutamate receptors. Indeed, the high concentrations of the competitive antagonist D-APV required for protective efficacy suggest that glutamate levels at effective cellular sites are much higher than medium concentrations indicate. Second, the glutamate concentrations required to kill energy-depleted neurons (Novelli et al., 1988) or neurons near energy-depleted glia (Kauppinen et al., 1988; Rosenberg and Aizenman, 1989) might be considerably less than those required to kill neurons in normal mixed cell cultures. Finally, it remains possible that compounds other than glutamate or aspartate might contribute to the toxic activation of NMDA receptors.

**Role of Ca\(^{2+}\) in oxygen-glucose deprivation neuronal injury**

We originally predicted that the removal of extracellular Ca\(^{2+}\) would ameliorate oxygen-glucose deprivation neuronal death. However, this manipulation actually increased the death induced by submaximal insults (Figs. 9, 10). This paradoxical enhancement is probably explained by the observed potentiation of acute neuronal swelling, leading to frank cell lysis and LDH release. Removal of extracellular Ca\(^{2+}\) also potentiated neuronal swelling after 5 min exposure to exogenous glutamate (Choi, 1987), but cell death was decreased, perhaps because cultures were returned to normal ionic solutions before cell lysis occurred. If glutamate or NMDA exposures are extended to 50 min, then Ca\(^{2+}\) removal does increase both early neuronal swelling and cell death (M. P. Goldberg and D. W. Choi, unpublished observations).

The marked neuronal swelling induced by oxygen-glucose deprivation in the absence of extracellular Ca\(^{2+}\) was specifically dependent on NMDA receptor activation, since it could be blocked by NMDA antagonists but not by CNQX, TTX, or nifedipine. The swelling also depended on extracellular Na\(^+\) and Cl\(^-\). Ca\(^{2+}\) removal may enhance Na\(^+\) influx through the NMDA receptor-gated channels by reducing ionic interference or Ca\(^{2+}\)-dependent desensitization; enhanced Na\(^+\) influx together with passive transfer of Cl\(^-\) and water presumably leads to the observed expansion of intracellular volume. Ca\(^{2+}\) removal may also promote swelling by other means, including reduction of membrane mechanical stability, enhancement of neuronal burst firing (Konnerth et al., 1986), and enhancement of ATP depletion (Lobner and Lipton, 1991).

If neuronal swelling was limited by replacement of extracellular Na\(^+\) or Cl\(^-\), or by sucrose addition to raise extracellular osmolality, late neuronal degeneration still occurred. However, if Ca\(^{2+}\) was then removed from the bathing medium, late neuronal degeneration was attenuated (Figs. 9–11). Although Na\(^+\) replacement during the exposure period was not itself protective, we cannot exclude a synergistic toxicity of Na\(^+\) together with Ca\(^{2+}\). Kischowski et al. (1992) have recently observed sustained elevation of intracellular [Na\(^+\)] as well as [Ca\(^{2+}\)] following toxic glutamate exposure.

Supporting the importance of the Ca\(^{2+}\)-dependent injury component was the observed close relationship between the uptake of 45Ca\(^{2+}\) induced by oxygen-glucose deprivation and subsequent cell death (Fig. 13C,D). Marcoux et al. (1990) have observed increased 45Ca\(^{2+}\) accumulation in cortical cultures 12 hr following isolated hypoxia. In the present, more rapid injury paradigm, substantial Ca\(^{2+}\) entry occurred during the period of oxygen-glucose deprivation itself. For the exposure durations studied (up to 60 min), such uptake was largely neuronal, as glial cultures showed no enhanced 45Ca\(^{2+}\) uptake under matched conditions (Fig. 13A).

The exact relationship between transmembrane Ca\(^{2+}\) influx and cytosolic free Ca\(^{2+}\) concentration ([Ca\(^{2+}\)]\(_{cyt}\)) remains to be established. In cortical culture, neuronal [Ca\(^{2+}\)]\(_{cyt}\), increases up to 10-fold over basal levels during oxygen-glucose deprivation (Goldberg and Choi, 1990). However, large cyanide-induced elevations in [Ca\(^{2+}\)]\(_{cyt}\), in hippocampal neurons can occur dissociated from cell death (Dubinsky and Rothman, 1991), suggesting that the mechanism of [Ca\(^{2+}\)]\(_{cyt}\), elevation may be important. As [Ca\(^{2+}\)]\(_{cyt}\), represents only a small fraction of total cell Ca\(^{2+}\), it is possible that Ca\(^{2+}\) entry measured by [Ca\(^{2+}\)]\(_{cyt}\) accumulation may more accurately reflect the cell damage induced during energy depletion than measurements of cell body [Ca\(^{2+}\)]\(_{cyt}\).

These results suggest that two injury components can be delineated, the first independent of extracellular Ca\(^{2+}\), and a second dependent on extracellular Ca\(^{2+}\). Acute neuronal swelling is enhanced when Ca\(^{2+}\) is removed from the bathing medium; it depends on extracellular Na\(^+\) and Cl\(^-\) and can be attenuated by adding extracellular sucrose. The second injury component, delayed cell degeneration, is mediated primarily by Ca\(^{2+}\) entry. The importance of Ca\(^{2+}\)-independent acute cell swelling may be exaggerated in the open architecture of dissociated cell cultures. In vivo, the small volume of extracellular space and fixed cranial size limit changes in ischemic cell size. Our observations suggest that both forms of injury involve excessive release of glutamate and toxic overactivation of NMDA receptors.

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