**Synthesis and Biodegradation of Poly(L-lactide-co-β-propiolactone)**

Yuushou Nakayama 1,*, Kazuki Aihara 1, Zhengguo Cai 2, Takeshi Shiono 1,† and Chikara Tsutsumi 3

1 Department of Applied Chemistry, Graduate School of Engineering, Hiroshima University, Higashi-Hiroshima 739-8527, Japan; kazuki.a.1988@gmail.com
2 State Key Laboratory for Modification of Chemical Fibers and Polymer Materials, College of Material Science and Engineering, Donghua University, Shanghai 201620, China; caizg@dhu.edu.cn
3 Department of Applied Chemistry and Biotechnology, Niihama National College of Technology, Niihama 792-8580, Japan; tsutsumi@chem.niihama-nct.ac.jp

* Correspondence: yuushou@hiroshima-u.ac.jp (Y.N.); tshiono@hiroshima-u.ac.jp (T.S.);
Tel.: +81-82-424-7746 (Y.N.)

Received: 28 April 2017; Accepted: 13 June 2017; Published: 20 June 2017

**Abstract:** Although the copolymerizations of L-lactide (LA) with seven- or six-membered ring lactones have been extensively studied, the copolymerizations of LA with four-membered ring lactones have scarcely been reported. In this work, we studied the copolymerization of LA with β-propiolactone (PL) and the properties of the obtained copolymers. The copolymerization of LA with PL was carried out using trifluoromethanesulfonic acid as a catalyst and methanol as an initiator to produce poly(LA-co-PL) with $M_n$ of ~50,000 and PL-content of 6–67 mol %. The $T_g$ values of the copolymers were rapidly lowered with increasing PL-contents. The $T_m$ and $\Delta H_m$ of the copolymers gradually decreased with increasing PL-contents, indicating their decreased crystallinity. Biodegradation test of the copolymers in compost demonstrated their improved biodegradability in comparison with the homopolymer of LA.

**Keywords:** copolymerization; L-lactide; β-propiolactone; trifluoromethanesulfonic acid; poly(L-lactide-co-β-propiolactone); thermal properties; biodegradation

---

**1. Introduction**

Aliphatic polyesters such as poly(L-lactic acid) (or poly(L-lactide), PLA), poly(ε-caprolactone) (PCL), and poly(β-hydroxyalkanoates) (PHAs) such as poly(β-hydroxybutyrate) (PHB) are known as typical biodegradable polymers [1–7]. PLA is one of the most promising biodegradable polymers with a glass transition temperature ($T_g$) of ca. 60 °C and a melting temperature ($T_m$) of ca. 170 °C. PLA is known for its renewability, biocompatibility, and high rigidity, and thus has been utilized for biomedical, pharmaceutical, and agricultural applications as well as commodity applications [4,5]. However, biotic degradations or degradations in the natural environment of polylactides tend to be relatively slow among the biodegradable polyesters [8–10]. In order to improve the degradability of PLA, several copolymers of L-lactide (LA) with other cyclic esters such as ε-caprolactone (CL) and blends of PLA with other polyesters have been extensively studied [8,9,11–13].

PHAs are known for their good biodegradability [14,15]. PHAs including PHB were originally produced by fermentation with some bacteria [14,15], while the ring-opening polymerization of the corresponding four-membered ring lactones such as β-butyrolactone (BL) also gives the structurally same polymers with PHAs [16,17]. Unsubstituted four-membered ring lactone, β-propiolactone (PL), can also be subjected to ring-opening polymerization to form poly(β-propiolactone) (PPL) [16], which is known to show excellent degradability [18–21]. PPL, a structural isomer of polylactide, typically
shows $T_g$ at around $-20\,^\circ C$ [22,23] and $T_m$ at around 80 $^\circ C$ [24,25], and could potentially be utilized in biomedical applications such as tissue engineering and drug delivery. Thus, the introduction of PL units into PLA could improve the biodegradability of PLA. However, to the best of our knowledge, the synthesis and biodegradation of high molecular weight poly(LA-co-PL) has not been reported systematically, possibly due to the difficulty in their synthesis.

Several catalysts such as distanoxane derivatives [26,27] and salen complexes of aluminum [28–30] have been reported to give copolymers of LA with BL. However, those catalysts are not commercially available and more convenient catalysts are desirable. In this work, we studied the copolymerization of LA with PL using trifluoromethanesulfonic acid (TfOH) as a catalyst (Scheme 1) to produce high molecular weight poly(LA-co-PL) with different PL-contents, and performed the biodegradation of the obtained copolymers in a compost.

#### 2. Results

##### 2.1. Copolymerization of LA with PL

Table 1 summarizes the results of the copolymerization of LA and PL at a 1:1 feed molar ratio using TfOH, SmMe(C$_5$Me$_3$)$_2$(THF) (Sm-1), and tin 2-ethylhexanoate (Sn(Oct)$_2$) as catalysts. The use of TfOH resulted in the formation of the copolymer with relatively high molecular weight ($M_n = 11,000$) in 65% yield, while Sm-1 and Sn(Oct)$_2$ did not produce polymers under the present conditions. Figure 1 shows the $^1$H NMR spectrum of the obtained poly(LA-co-PL) by TfOH, indicating that the obtained copolymer contained PL and LA units at a 2:1 molar ratio. Thus, TfOH was adopted as a catalyst for the further LA-PL copolymerization experiments.

**Table 1.** Comparison of catalysts for the copolymerization of LA and PL.$^1$

| Run | Catalyst | [LA$_0$/[PL]$_0$/[init.]/[cat.]] | Temp. ($^\circ C$) | LA-Conv. $^2$ (%) | PL-Conv. $^3$ (%) | $M_n$ $^4$ (10$^3$) | $M_w/M_n$ $^4$ | PL-Cont. $^5$ (mol%) |
|-----|----------|----------------------------------|-------------------|-------------------|-------------------|------------------|----------------|------------------|
| 1 $^6$ | TfOH | 125/125/1/1 | 50 | 48 | 98 | 11 | 1.2 | 67 |
| 2 $^6,7$ | Sm-1 | 250/250/1/1 | 0 | 0 | 0 | - | - | - |
| 3 $^8$ | Sn(Oct)$_2$ | 500/500/4/1 | 100 | 0 | 0 | - | - | - |

$^1$ Conditions: Solvent = toluene (5 mL), LA$_0$ = PL$_0$ = 5 mmol, time = 24 h; $^2$ Conversion of LA calculated from polymer yield and the composition of the resulting copolymer; $^3$ Conversion of PL calculated from polymer yield and the composition of the resulting copolymer; $^4$ Determined by gel permeation chromatography (GPC) in tetrahydrofuran (THF) calibrated with standard polystyrenes; $^5$ PL-content determined by $^1$H NMR analysis; $^6$ Init. = CH$_3$OH; $^7$ Time = 12 h; $^8$ Init. = PhCH$_2$OH.
was increased to 750/1. Table 2 summarizes the result of LA-PL copolymerization under different
TfOH, we performed the copolymerization experiments in a short polymerization time (3 h). Then, the
molecular weights of the resulting polymers also increased with time and reached to
varied from 100:0 to 80:20 (runs 8–12). All runs afforded high molecular weight PLA or poly(LA-
the reactivity ratios were estimated to be
evaluate the effect of PL-content on the polymer properties, the feed [LA]0/[PL]0 molar ratios were
further experiments. When the polymerization time was extended from 24 to 48 and 96 h (runs 5,7,
conversion was observed at the [init.]/[cat.] of 1/2 (run 5), and thus this condition was applied to
table polystyrenes; 3 Conversion of PL calculated from polymer yield and the composition of the resulting copolymer; 4 Determined by GPC in THF calibrated with standard polystyrenes; 5 Determined by 1H NMR analysis.

Table 2. Copolymerization of LA and PL by TfOH 1.

| Run | [LA]0/[PL]0 | [init.]/[cat.] | Time (h) | LA-Conv. 2 (%) | PL-Conv. 3 (%) | Mn 4 (10^3) | Mn/Mn 4 | PL-Cont. 5 (mol %) |
|-----|-------------|----------------|----------|---------------|---------------|-------------|-----------|------------------|
| 4   | 90/10       | 1/1            | 24       | 32            | >99           | 10          | 1.11      | 27               |
| 5   | 90/10       | 1/2            | 24       | 67            | >99           | 26          | 1.16      | 18               |
| 6   | 90/10       | 1/3            | 24       | 64            | >99           | 30          | 1.17      | 15               |
| 7   | 90/10       | 1/2            | 48       | 86            | 96            | 37          | 1.11      | 11               |
| 8   | 90/10       | 1/2            | 96       | 98            | 98            | 55          | 1.53      | 10               |
| 9   | 100/0       | 1/2            | 96       | 95            | -             | 41          | 1.59      | 0                |
| 10  | 95/5        | 1/2            | 96       | 89            | >99           | 35          | 1.73      | 6                |
| 11  | 85/15       | 1/2            | 96       | 90            | 93            | 32          | 1.51      | 17               |
| 12  | 80/20       | 1/2            | 96       | 68            | >99           | 25          | 1.25      | 27               |

1 Conditions: Solvent = toluene (5 mL), LA0 + PL0 = 10 mmol, (LA0 + PL0)/init. = 750/1, init. = MeOH, temp. = 50 °C; 2 Conversion of LA calculated from polymer yield and the composition of the resulting copolymer; 3 Conversion of PL calculated from polymer yield and the composition of the resulting copolymer; 4 Determined by GPC in THF calibrated with standard polystyrenes; 5 Determined by 1H NMR analysis.

In order to synthesize high molecular weight copolymers, the feed monomer to initiator ratio
was increased to 750/1. Table 2 summarizes the result of LA-PL copolymerization under different
feed molar ratios. At feed [LA]0/[PL]0 of 90/10, the ratio of the initiator (init.) and the catalyst (cat.)
was varied in the range of 1/1–1/3 (runs 4–6) for the copolymerization. As a result, the highest
conversion was observed at the [init.]/[cat.] of 1/2 (run 5), and thus this condition was applied to
The molecular weights of the resulting polymers also increased with time and reached to Mn = 55,000
after 96 h, while the molecular weight distribution became rather broad (Mw/Mn = 1.53). In order to
evaluate the effect of PL-content on the polymer properties, the feed [LA]0/[PL]0 molar ratios were
varied from 100:0 to 80:20 (runs 8–12). All runs afforded high molecular weight PLA or poly(LA-co-PL) having similar or slightly higher PL-contents in comparison with the feed PL ratio in good yields.

In order to reveal the features of the present LA-PL copolymerization system catalyzed by TfOH, we performed the copolymerization experiments in a short polymerization time (3 h). Then, the reactivity ratios were estimated to be rPL = 55.2 and rLA = 0.2 by the Fineman–Ross method [31].

Figure 1. 1H nuclear magnetic resonance (NMR) spectrum of the poly(LA-co-PL) (Table 1, run 1).
2.2. Thermal Properties of Poly(LA-co-PL)

The thermal properties of the poly(LA-co-PL)s were determined by differential scanning calorimetry (DSC) analysis and summarized in Table 3. Upon increasing the PL-content, the \( T_g \) values of the copolymers were rapidly lowered. Each copolymer exhibited only one glass transition. The \( T_m \) and the heat of fusion (\( \Delta H_m \)) values of the copolymers were gradually lowered with increasing the PL-content. A similar tendency has also been observed for poly(LA-co-CL) [12]. The poly(LA-co-PL)s (runs 8 and 10–12) showed only one \( T_m \) value corresponding to the PLA segment and no melting transition corresponding to the poly(\( \beta \)-propiolactone) (PPL) segment. This is in sharp contrast to the fact that an 80:20 blended sample of PLA and PPL homopolymers (run 13) showed two melting transitions at 178.3 and 71.6 °C corresponding to \( T_m \) of PLA and PPL homopolymers, respectively (Figure 2).

![DSC traces](image-url)

**Figure 2.** Differential scanning calorimetry (DSC) traces of poly(LA-co-PL) (run 12) and a blended sample of poly(L-lactide) and poly(\( \beta \)-propiolactone) homopolymers (run 13).
17 mol % was completely degraded within 10 weeks. We chose TfOH, Sm-1, and Sn(Oct)2 for the LA-PL copolymerization in this work. A super acid TfOH was reported to catalyze the polymerization of BL [34]. Rare earth alkoxides such as Y(OMe)(C5Me5)2(THF) [35] and Sm(OEt)(C5Me5)2(THF) [35] were reported to catalyze the polymerization of PL and BL to give polymers with relatively high molecular weights. TfOH [36,37] and rare earth metal complexes similar to Sm-1 [12,38] are also active for the polymerization of lactide. Sn(Oct)2 have commonly been used for the polymerization of lactide and middle size lactones such as CL [39,40]. Because TfOH and Sn(Oct)2 are used in combination with a protic initiator such as alcohols, we adopted the Sm-1-MeOH system in this study, which should generate Sm(OMe)(C5Me5)2(THF) [35]. In addition, the polymerization of PL by rare earth alkoxide was reported to be accompanied with an elimination as Y(OMe)(C5Me5)2(THF) [35] and Sm(OEt)(C5Me5)2(THF) [35] were reported to catalyze the polymerization of PL by rare earth alkoxide was reported to be accompanied with an elimination of PEG monomethyl ether (mPEG 550) as an initiator [42], the molecular weight of the copolymer remained very low (Mn ~ 103). To the best of our knowledge, this is the first example of poly(LA-co-PL) with high molecular weight (Mn > 104). The low activity of the metal catalysts could be attributed to the stable six-membered ring intermediate after the incorporation of PL [35]. In addition, the polymerization

Table 3. Thermal properties of poly(LA-co-PL) 1.

| Run | PL-Content | Tg (°C) | Tm (°C) | ΔHm (J/g) |
|-----|------------|---------|---------|-----------|
| 9   | 0          | 62      | 172     | 55        |
| 10  | 6          | 45      | 170     | 53        |
| 8   | 10         | 41      | 167     | 49        |
| 11  | 17         | 24      | 165     | 45        |
| 12  | 27         | 11      | 166     | 42        |
| 13  | 20         | -       | 72,178  | 4,46      |

1 Determined by DSC analysis; 2 A mixture of PLA and PPL homopolymers.

2.3. Biodegradation of Poly(LA-co-PL) in a Compost

We performed biodegradation tests of the poly(LA-co-PL)s as well as PLA in a compost at 60 °C (Figure 3). The PLA homopolymer took 16 weeks for complete weight loss. With increasing PL-contents, the degradation of the copolymers became faster, and the copolymer with a PL-content of 17 mol % was completely degraded within 10 weeks.

3. Discussion

Among the many catalysts reported for the polymerization of PL, BL, and lactide [16,32,33], we chose TfOH, Sm-1, and Sn(Oct)2 for the LA-PL copolymerization in this work. A super acid TfOH was reported to catalyze the polymerization of BL [34]. Rare earth alkoxides such as Y(OMe)(C5Me5)2(THF) [35] and Sm(OEt)(C5Me5)2(THF) [35] were reported to catalyze the polymerization of PL and BL to give polymers with relatively high molecular weights. TfOH [36,37] and rare earth metal complexes similar to Sm-1 [12,38] are also active for the polymerization of lactide. Sn(Oct)2 have commonly been used for the polymerization of lactide and middle size lactones such as CL [39,40]. Because TfOH and Sn(Oct)2 are used in combination with a protic initiator such as alcohols, we adopted the Sm-1-MeOH system in this study, which should generate Sm(OMe)(C5Me5)2 species [41]. The results shown in Table 1 clearly demonstrated that TfOH was effective for the copolymerization of LA and PL to produce poly(LA-co-PL) with relatively high molecular weight (Mn = 1.1 × 104). Although poly(ethylene glycol)-block-poly(D,L-lactide-co-PL) has been synthesized by the copolymerization of D,L-lactide and PL catalyzed by Sn(Oct)2 in the presence of PEG monomethyl ether (mPEG 550) as an initiator [42], the molecular weight of the copolymer remained very low (Mn ~ 103). To the best of our knowledge, this is the first example of poly(LA-co-PL) with high molecular weight (Mn > 104). The low activity of the metal catalysts could be attributed to the stable six-membered ring intermediate after the incorporation of PL [35]. In addition, the polymerization
of PL by rare earth alkoxide was reported to be accompanied with an elimination side reaction to form an acrylate end-group [43]. The ring-opening polymerization of cyclic esters by TfOH was proposed to proceed in a monomer activation mechanism, as shown in Scheme 2 [37]. We agree with this mechanism and suppose that it is the reason for its lower sensitivity to the ring-size of cyclic ester monomers in the TfOH system in comparison with metal catalyst systems.

\[
\text{O} \quad \xrightarrow{\text{H}^+} \quad \text{O}^\bullet \quad \xrightarrow{\text{ROH}} \quad \text{RO} \quad \xrightarrow{-\text{H}^+} \quad \text{O} \quad \text{H}
\]

**Scheme 2.** Proposed mechanism of the polymerization of cyclic esters by TfOH.

At a high feed ratio of monomer to initiator (Table 2), the initiator to catalyst ratio of 1:2 in feed resulted in the highest polymer yield (runs 4–6). In the reported TfOH-catalyzed polymerization of BL, LA, and CL, the initiator to catalyst ratio of 1:1 was applied [34,36,37,44], where the monomer to initiator ratios were rather low. The high monomer to initiator ratio in the present conditions could prefer the initiator to catalyst ratio of 1:2. The molecular weight of the resulting copolymer reached up to \( M_n = 5.5 \times 10^4 \). The increasing molecular weights against polymer yields (runs 5, 7, and 8) suggest that the molecular weights of the resulting polymers can be somewhat controlled by polymerization time and feed monomer to initiator ratio in this polymerization system, although increasing \( M_w/M_n \) with time suggests some side reactions such as trans-esterification.

The PL-contents in the copolymers were higher than those in the feed ratios, indicating the preferential polymerization of PL rather than LA in this copolymerization system. The estimated monomer reactivity ratios indicate that PL is preferentially incorporated into both the PL- and LA-ended propagating chains. The PL-preference in the LA-PL copolymerization should be attributed to the higher ring-strain of PL than that of LA [45]. The large \( r_{PL} \cdot r_{PL} \) value of 11 suggests the blocky character of the resulting copolymers.

One glass transition for each copolymer (Table 3) suggests the homogeneous nature of their amorphous phase. Considering the \( T_g \) values of the homopolymers (ca. 60 °C for PLA and ca. –20 °C for PPL [22,23]), the \( T_g \) values of the LA-PL copolymers drastically decreased with increasing PL-contents. This could be attributed to the higher PL-contents of the amorphous phase in the copolymers than those of the whole polymers, because the crystalline phase in the copolymer should be composed of only PLA segments. The \( T_m \) and \( \Delta H_m \) values of the copolymers were gently lowered with increasing the PL-content, indicating a mild decrease of crystallinity of the copolymers with increasing PL-contents. These features could come from the blocky nature of the present LA-PL copolymers as mentioned above. On the other hand, the obtained copolymers did not show melting temperatures corresponding to the PPL segment, while the blended sample of PLA and PPL homopolymers (run 13) showed two melting transitions for both the PLA and PPL segments. The \( T_m \) value for the PLA segment and total \( \Delta H_m \) values in run 13 is also higher than those of the poly(LA-co-PL)s (runs 11 and 12) with similar PL-contents, indicating a decreased crystallinity of the poly(LA-co-PL)s. These results imply higher miscibility between the PLA and PPL segments in the poly(LA-co-PL)s than that in the blended homopolymers, possibly due to LA-PL conjugations in the copolymer, and they support that the products from the copolymerization of LA and PL were not merely the mixtures of homopolymers but were in fact copolymers.

Because PLA had been known as a compostable plastic [11,46] and actually used in composting applications, here we adopted biodegradation tests in a compost. In the degradation test (Figure 2), the LA-PL copolymers degraded faster than PLA homopolymer. The degradation rate of the copolymers increased with the PL-contents. Thus, it was demonstrated that the incorporation of PL units into PLA enhanced its biodegradability. The improved degradability of the copolymers...
could come from the inherent degradability of the PPL segment and/or the decreased crystallinity of the copolymers.

4. Materials and Methods

4.1. General

All the polymerization reactions were performed under a dry nitrogen atmosphere using standard Schlenk techniques. \(^1\)H NMR spectra were recorded on a JNM-LA400 spectrometer (400 MHz for \(^1\)H nuclei) (JEOL, Tokyo, Japan). Chemical shifts of \(^1\)H NMR spectra in chloroform-\(d\) were calibrated by using the signals for residual chloroform (\(\delta = 7.26\) ppm). Molecular weights and polydispersities of the polymers were determined by gel permeation chromatography (GPC) measurements on a Tosoh GPC system (SC-8010) (Tosoh, Tokyo, Japan) equipped with a refractive index detector. GPC curves were calibrated using standard polystyrenes. THF was used as an eluent at a flow rate of 1.0 mL/min at 40 °C. The melting temperature (\(T_m\)), heat of fusion (\(\Delta H_m\)), and glass transition temperature (\(T_g\)) of the polymers were measured on a differential scanning calorimetry (DSC) using a DSC 6220 apparatus (Seiko, Tokyo, Japan). The heating rate was 10 °C/min in a nitrogen stream. The thermodegradation behavior was measured by thermogravimetric analysis on a TG/DTA 6300 apparatus (Seiko, Tokyo, Japan).

4.2. Materials

Dehydrated tetrahydrofuran (Kanto Chemical, Tokyo, Japan) was further purified by distillation from Na-benzophenone under nitrogen prior to use. Toluene was purified by distillation from sodium-benzophenone. Each solvent was stored over sodium. Chloroform was dried over CaH\(_2\) overnight and then distilled. Methanol (Kanto Chemical) and PhCH\(_2\)OH (Wako Pure Chemical, Tokyo, Japan) was distilled, and stored over activated molecular sieves (3A). LA and PL were purchased from Tokyo Chemical Industry (Tokyo, Japan). LA was sublimated under nitrogen before use. PL and TfOH (Sigma-Aldrich Japan, Tokyo, Japan) were distilled under reduced pressure before use. Sn(Oct)\(_2\) was purchased from Sigma-Aldrich and used without further purification. SmMe(C\(_5\)Me\(_5\))\(_2\)(THF) (Sm-1) was synthesized according to Reference [47].

4.3. Copolymerization of LA and PL Catalyzed by TfOH

Certain amounts of TfOH and methanol were added to a mixture of prescribed amounts of L-lactide and \(\beta\)-propiolactone in toluene. The mixture was stirred at 50 °C for a given time. The mixture was poured into an excess amount of methanol to precipitate the polymer, which was collected by centrifugation and dried in vacuo.

4.4. Copolymerization of LA and PL Catalyzed by Sm-1

Sm-1 (0.02 mmol) was reacted in situ with one equivalent of methanol in toluene (1 mL). A solution of LA (0.72 g, 5.0 mmol) and PL (0.31 mL, 5.0 mmol) in toluene (4 mL) was added to the reaction mixture of Sm-1 and methanol in toluene, and the mixture was stirred at 0 °C for 12 h. The mixture was poured into excess methanol to precipitate the polymer, however, no precipitation appeared.

4.5. Copolymerization of LA and PL Catalyzed by Sn(Oct)\(_2\)

A solution of LA (0.0.73 g, 5.0 mmol) and PL (0.31 mL, 5.0 mmol) in toluene (5 mL) was added to Sn(Oct)\(_2\) (3.2 \(\mu\)L, 0.01 mmol) and PhCH\(_2\)OH (4.1 \(\mu\)L, 0.04 mmol) in toluene. The mixture was stirred at 100 °C for 24 h. Then, the resulting mixture was poured into excess methanol to precipitate the polymer, however, no precipitation appeared.
4.6. Degradation of the Polymers by a Compost

The degradation tests were carried out according to the literatures [38,48]. Commercially available effective microorganism (EM)-fermented solution (30 mL) containing *Rhodospirillum*, *Rhodopseudomonas*, *Pseudomonas*, *Micrococcus*, *Bacillus*, *Lactobacillus*, *Streptococcus*, *Saccharomyces*, *Aspergillus*, *Penicillium* etc. and theriaca syrup (40 mL) was added to 2000 mL of water, and this solution was sprayed on the mixture of rice hulls (5 kg) and rice bran (15 kg). The resulting material was wrapped with a polyethylene film and then dried in the shade for 1 day. The content of water was evaluated by the weight loss of the samples after heating them to 200 °C. The poly(LA-co-PL)s and PLA were shaped into films by solution casting from CHCl₃. The film samples were sealed in polyethylene mesh and held in the resulting compost for a fixed time. The evaluation of the biodegradation was carried out by measuring the weight loss with the compost.

5. Conclusions

In conclusion, LA-PL copolymerization was studied using several catalysts. TfOH was found to be an effective catalyst for the LA-PL copolymerization to afford poly(LA-co-PL) with high molecular weight ($M_n \approx 50,000$) and various PL-contents (6–67 mol%). The obtained copolymers exhibited rapidly decreasing $T_g$ values with increasing PL-contents, while their $T_m$ and $\Delta H_m$ values gradually decreased with increasing PL-contents. Biodegradation test of the copolymers in compost demonstrated the biodegradability of the copolymers increasing with PL-contents.

Acknowledgments: This work was partly supported by JSPS KAKENHI Grant Number 24550136.

Author Contributions: Yuushou Nakayama and Takeshi Shiono conceived and designed the experiments; Kazuki Aihara and Chikara Tsutsumi performed the experiments; Kazuki Aihara and Zhengguo Cai analyzed the data; Zhengguo Cai contributed reagents/materials/analysis tools; Yuushou Nakayama and Takeshi Shiono wrote the paper.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Anderson, J.M.; Shive, M.S. Biodegradation and biocompatibility of PLA and PLGA microspheres. *Adv. Drug Deliv. Rev.* 1997, 28, 5–24. [CrossRef]
2. Li, S. Hydrolytic degradation characteristics of aliphatic polyesters derived from lactic and glycolic acids. *J. Biomed. Mater. Res.* 1999, 48, 342–353. [CrossRef]
3. Drumright, R.E.; Gruber, P.R.; Henton, D.E. Polylactic Acid Technology. *Adv. Mater.* 2000, 12, 1841–1846. [CrossRef]
4. Gupta, A.P.; Kumar, V. New emerging trends in synthetic biodegradable polymers–Polylactide: A critique. *Eur. Polym. J.* 2007, 43, 4053–4074. [CrossRef]
5. Williams, C.K.; Hillmyer, M.A. Polymers from renewable resources: A Perspective for a special issue of Polymer Reviews. *Polym. Rev.* 2008, 48, 1–10. [CrossRef]
6. Sission, A.L.; Schroeter, M.; Lendlein, A. Polyesters. In *Handbook of Biodegradable Polymers: Synthesis, Characterization and Applications*; Indlein, A., Sission, A., Eds.; Wiley-VCH: Weinheim, Germany, 2011; pp. 1–21.
7. Garrison, T.F.; Murawski, A.; Quirino, R.L. Bio-based polymers with potential for biodegradability. *Polymers* 2016, 8, 262. [CrossRef]
8. Nampoothiri, K.M.; Nair, N.R.; John, R.P. An overview of the recent developments in polylactide (PLA) research. *Bioresour. Tech.* 2010, 101, 8493–8501. [CrossRef] [PubMed]
9. Fukushima, K.; Feijoo, J.L.; Yang, M.-C. Comparison of abiotic and biotic degradation of PDLLA, PCL and partially miscible PDLLA/PCL blend. *Eur. Polym. J.* 2013, 49, 706–717. [CrossRef]
10. Karamanlioglu, M.; Preziosi, R.; Robson, G.D. Abiotic and biotic environmental degradation of the bioplastic polymer poly(lactic acid): A review. *Polym. Degrad. Stab.* 2017, 137, 122–130. [CrossRef]
11. Yasuda, H.; Yamamoto, K.; Nakayama, Y.; Tsutsumi, C.; Lecomte, P.; Jerome, R.; McCarthy, S.; Kaplan, D. Comparison of Sn complexes with Sn compounds for syntheses of copolymers composed of lactide and ε-caprolactone and their biodegradabilities. React. Funct. Polym. 2004, 61, 277–292. [CrossRef]

12. Shirahama, H.; Ichimaru, A.; Tsutsumi, C.; Nakayama, Y.; Yasuda, H. Characteristics of the biodegradability and physical properties of stereocomplexes between poly(l-lactide) and poly(d-lactide) copolymers. J. Polym. Sci. A Polym. Chem. 2005, 43, 438–454. [CrossRef]

13. Nakayama, Y.; Aihara, K.; Yamanishi, H.; Fukuoka, H.; Tanaka, R.; Cai, Z.G.; Shiono, T. Synthesis of biodegradable thermoplastic elastomers from epsilon-caprolactone and lactide. J. Polym. Sci. Pol. Chem. 2015, 53, 489–495. [CrossRef]

14. Anderson, A.J.; Dawes, E.A. Occurrence, metabolism, metabolic role, and industrial uses of bacterial polyhydroxyalkanoates. Microbiol. Rev. 1990, 54, 450–472. [PubMed]

15. Sudesh, K.; Abe, H.; Doi, Y. Synthesis, structure and properties of polyhydroxyalkanoates: Biological polyesters. Prog. Polym. Sci. 2000, 25, 1503–1555. [CrossRef]

16. Coulembier, O.; Dubois, P. Polyesters from β-lactones. In Handbook of Ring-Opening Polymerization; Dubois, P., Coulembier, O., Raquez, J.-M., Eds.; Wiley-VCH: Weinheim, Germany, 2009; pp. 227–254.

17. Jaffredo, C.G.; Carpentier, J.-F.; Guillaume, S.M. Organocatalyzed controlled ROP of β-lactones towards poly(hydroxyalkanoate): From β-butyrolactone to benzyl β-malolactone polymers. Polym. Chem. 2013, 4, 3837–3850. [CrossRef]

18. Asano, M.; Yoshida, M.; Fukuzaki, H.; Kumakura, M.; Mashimo, T.; Yuasa, H.; Imai, K.; Yamanaka, H. Effect of crystallinity on the in-vivo degradation of poly(β-propiolactone) prepared by radiation-induced solid polymerization in organic solvent system at low temperature. Eur. Polym. J. 1990, 26, 29–33. [CrossRef]

19. Mathisen, T.; Lewis, M.; Albertsson, A.-C. Hydrolytic degradation of nonoriented poly(β-propiolactone). J. Appl. Polym. Sci. 1991, 42, 2365–2370. [CrossRef]

20. Furuhashi, Y.; Iwata, T.; Kimura, Y.; Doi, Y. Structural characterization and enzymatic degradation of α-, β-, and γ-crystalline forms for poly(β-propiolactone). Macromol. Biosci. 2003, 3, 462–470. [CrossRef]

21. Cortizo, M.S.; Molinuevo, M.S.; Cortizo, A.M. Biocompatibility and biodegradation of polyester and polyfumarate based-scaffolds for bone tissue engineering. J. Tissue Eng. Regen. Med. 2008, 2, 33–42. [CrossRef] [PubMed]

22. Watanabe, M.; Togo, M.; Sanui, K.; Ogata, N.; Kobayashi, T.; Ohtaki, Z. Ionic conductivity of polymer complexes formed by poly(β-propiolactone) and lithium perchlorate. Macromolecules 1984, 17, 2908–2912. [CrossRef]

23. Kumagai, Y.; Doi, Y. Enzymatic degradation of binary blends of microbial poly(3-hydroxybutyrate) with enzymatically active polymers. Polym. Degrad. Stab. 1992, 37, 253–256. [CrossRef]

24. Shimamura, E.; Scandola, M.; Doi, Y. Microbial Synthesis and characterization of poly(3-hydroxybutyrate-co-3-hydroxypropionate). Macromolecules 1994, 27, 4429–4435. [CrossRef]

25. Crescenzi, V.; Manzini, G.; Calzolari, G.; Borri, C. Thermodynamics of fusion of poly-β-propiolactone and poly-ε-caprolactone. Comparative analysis of the melting of aliphatic polylactone and polyester chains. Eur. Polym. J. 1972, 8, 449–463. [CrossRef]

26. Hori, Y.; Takahashi, T.; Yamaguchi, A.; Nishishita, T. Ring-opening copolymerization of optically active β-butyrolactone with several lactones catalyzed by distannoxane complexes: Synthesis of new biodegradable polyesters. Macromolecules 1993, 26, 4388–4390. [CrossRef]

27. Hori, Y.; Suzuki, M.; Yamaguchi, A.; Nishishita, T. Ring-opening polymerization of optically active β-butyrolactone using distannoxane catalysts: Synthesis of high-molecular-weight poly(3-hydroxybutyrate). Macromolecules 1993, 26, 5533–5534. [CrossRef]

28. Cross, E.D.; Allan, L.E.N.; Decken, A.; Shaver, M.P. Aluminum salen and salan complexes in the ring-opening polymerization of cyclic esters: Controlled immortal and copolymerization of rac-β-butyrolactone and rac-lactide. J. Polym. Sci. A Polym. Chem. 2013, 51, 1137–1146. [CrossRef]

29. MacDonald, J.P.; Parker, M.P.; Greenland, B.W.; Hermida-Merino, D.; Hamley, I.W.; Shaver, M.P. Tuning thermal properties and microphase separation in aliphatic polyester ABA copolymers. Polym. Chem. 2015, 9, 1445–1453. [CrossRef]

30. Fagerland, J.; Finne-Wistrand, A.; Pappalardo, D. Modulating the thermal properties of poly(hydroxybutyrate) by the copolymerization of rac-β-butyrolactone with lactide. New J. Chem. 2016, 40, 7671–7679. [CrossRef]
31. Fineman, M.; Ross, S.D. Linear method for determining monomer reactivity ratios in copolymerization. *J. Polym. Sci.* 1950, 5, 259–264. [CrossRef]

32. Dech-y-Cabaret, O.; Martin-Vaca, B.; Bourissou, D. Polyesers from Dilactones. In *Handbook of Ring-Opening Polymerization*; Dubois, P., Coulembier, O., Raquez, J.-M., Eds.; Wiley-VCH: Weinheim, Germany, 2009; pp. 255–286.

33. Santos, M.; Gangoiti, J.; Llama, M.J.; Serra, J.L.; Keul, H.; Möller, M. Poly(3-hydroxyoctanoate) depolymerase from Pseudomonas fluorescens GK13: Catalysis of ester-forming reactions in non-aqueous media. *J. Mol. Catal. B Enzym.* 2012, 77, 81–86. [CrossRef]

34. Jaipuri, F.A.; Bower, B.D.; Pohl, N.L. Protic acid-catalyzed polymerization of -lactones for the synthesis of chiral polyesters. *Tetrahedron Asymmetry* 2003, 14, 3249–3252. [CrossRef]

35. Yamashita, Y.; Takemoto, Y.; Ihara, E.; Yasuda, H. Organolanthane-initiated living polymerization of ε-caprolactone, 6-valerolactone, and β-propiolactone. *Macromolecules* 1996, 29, 1798–1806. [CrossRef]

36. Kricheldorf, H.R.; Dunsing, R. Polylactones, 8. Mechanism of the cationic polymerization of L,L-dilactide. *Macromol. Chem. Phys.* 1999, 144, 289–302. [CrossRef]

37. Bourissou, D.; Martin-Vaca, B.; Dumitrescu, A.; Graullier, M.; Lacombe, F. Controlled cationic polymerization of lactide. *Macromolecules* 2005, 38, 9993–9998. [CrossRef]

38. Nakayama, Y.; Yasuda, H.; Yamamoto, K.; Tsutsumi, C.; Jerome, R.; Lecomte, P. Comparison of Sm complexes with Sn compounds for syntheses of copolymers composed of lactide and cyclic carbonates and their biodegradabilities. *React. Funct. Polym.* 2005, 63, 95–105. [CrossRef]

39. Degée, P.; Dubois, P.; Jérôme, R.; Jacobsen, S.; Fritz, H.-G. New catalysis for fast bulk ring-opening polymerization of lactide monomers. *Macromol. Symp.* 1999, 144, 289–302. [CrossRef]

40. Kricheldorf, H.R.; Kreiser-Saunders, I.; Stricker, A. Polylactones 48. SnOct₂-Initiated polymerizations of lactide: A mechanistic study. *Macromolecules* 2000, 33, 702–709. [CrossRef]

41. Schumann, H.; Albrecht, I.; Gallagher, M.; Hahn, E.; Muchmore, C.; Pickardt, J. Organometallic compounds of the lanthanides XLIV. Bis(cyclopentadienyl)lutetium alkoxides, thiolates and selenolates. Crystal structures of (C₅Me₅)₂Lu(µ-SCH₂CH₂)₂Li(THF)₂ and (C₅H₅)₂Lu(µ-SeC₄H₅)₂Li(THF)₂. *J. Organomet. Chem.* 1988, 349, 103–115. [CrossRef]

42. Chen, C.F.; Lin, C.T.Y.; Chu, I.M. Study of novel biodegradable thermo-sensitive hydrogels of methoxy-poly(ethylene glycol)-block-polyester diblock copolymers. *Polym. Int.* 2010, 59, 1428–1435. [CrossRef]

43. Save, M.; Soum, A. Controlled ring-opening polymerization of lactones and lactide initiated by lanthanum isopropoxide. 2. Mechanistic studies. *Macromol. Chem. Phys.* 2002, 203, 2591–2603. [CrossRef]

44. Gazeau-Bureau, S.; Delcroix, D.; Martin-Vaca, B.; Bourissou, D.; Navarro, C.; Magnet, S. Organo-catalyzed ROP of ε-caprolactone: Methanesulfonic acid competes with trifluoromethanesulfonic acid. *Macromolecules* 2008, 41, 3782–3784. [CrossRef]

45. Save, M.; Schappacher, M.; Soum, A. Controlled ring-opening polymerization of lactones and lactides initiated by lanthanum isopropoxide, 1 General aspects and kinetics. *Macromol. Chem. Phys.* 2002, 203, 889–899. [CrossRef]

46. Kale, G.; Auras, R.; Singh, S.P.; Narayan, R. Biodegradability of polylactide bottles in real and simulated composting conditions. *Polym. Test.* 2007, 26, 1049–1061. [CrossRef]

47. Evans, W.J.; Chamberlain, L.R.; Ulibarri, T.A.; Ziller, J.W. Reactivity of trimethylaluminum with (C₅Me₅)₂Sm(THF)₂: Synthesis, structure, and reactivity of the samarium methyl complexes (C₅Me₅)₂[(µ-Me)AlMe₂(µ-Me)]₂Sm(C₅Me₅)₂ and (C₅Me₅)₂SmMe(THF). *J. Am. Chem. Soc.* 1988, 110, 6423–6432. [CrossRef]

48. Nakayama, Y.; Inaba, T.; Toda, Y.; Tanaka, R.; Cai, Z.; Shiono, T.; Shirahama, H.; Tsutsumi, C. Synthesis and properties of cationic ionomers from poly(ester-urethane)s based on polylactide. *J. Polym. Sci. A Polym. Chem.* 2013, 51, 4423–4428. [CrossRef]

© 2017 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).