How CRISPR/Cas9 Gene Editing Is Revolutionizing T Cell Research

Kristoffer Haurum Johansen

Clustered regularly interspaced short palindromic repeats (CRISPR)/Cas9 allows for precise gene targeting in mammalian cells, including T cells, allowing scientists to disrupt or edit specific genes of interest. This has enabled immunologists to investigate T cell functions as well as opened the path for novel therapeutics involving gene editing of T cells ex vivo before transferring these back to patients to increase T cell efficacy. This review outlines how CRISPR/Cas9 has transformed T cell research allowing immunologists to rapidly probe the roles of genes in T cells thus paving the way for novel therapeutics. Furthermore, this review describes how these tools reduce the requirement for genetic mouse models, while increasing the translational potential of T cell research.

Keywords: CRISPR/Cas9, T cells, 3R, screening, gene editing

Introduction

Clustered regularly interspaced short palindromic repeats (CRISPR)/Cas9 has revolutionized the way scientists approach research in all fields of biology and medicine. By enabling easy, swift, and precise manipulation of the genetic code, scientists can probe the roles of novel genes with an unprecedented speed and precision. The Nobel prize awarded to Jennifer Doudna and Emmanuelle Charpentier in 2020 for their discoveries of CRISPR/Cas9 celebrates the beginning of a biological revolution. CRISPR was discovered in bacteria as a defense mechanism used to disrupt invading foreign DNA from invading bacterial viruses (i.e. bacteriophages) by guiding a DNA cleaving nuclease to the foreign genomic DNA (Makarova et al., 2006; Barrangou et al., 2007; Garneau et al., 2010). Multiple CRISPR nucleases have since been discovered that cut the foreign DNA, with the most investigated nuclease being the single subunit type II CRISPR nuclease, Cas9. CRISPR/Cas9 is not the first or only gene editing tool, but it is adaptable to edit most sections of the genome with high precision and ease. In T cell immunology, the application of CRISPR/Cas9 has allowed scientists to investigate which genes are necessary for cancer immune evasion (Kearney et al., 2018; Pan et al., 2018; Lawson et al., 2020), immune-mediated cancer elimination and tumor infiltration (Dong et al., 2019; Wei et al., 2019), infection of host cells (Park et al., 2017; Li et al., 2020; Zhu et al., 2021), development of immune cell subsets and functions of the subsets (Shifrut et al., 2018; Cortez et al., 2020), as well as allowed for genetic engineering of highly efficient chimeric antigen receptor T cells (CAR-T) for fighting cancers (Rupp et al., 2017). This review describes how CRISPR/Cas9 is catalyzing research in T cells, and how it is not just speeding up discoveries, but also aiding translational T cell research.

T Cell Research and Translational Potential

T cells are critical to adaptive immune reactions where they are required for fighting pathogens and cancers. When dysregulated, T cells can be responsible for autoimmune disorders, such as multiple sclerosis or rheumatoid arthritis where aberrant autoreactive T cells disrupt tissue homeostasis. Harnessing and regulating T cells has, therefore, for decades been sought as a possible path to targeting cancers, infections, and autoimmunity. Consequently, numerous therapies have successfully targeted T cell activity, including cancer immunotherapies (Waldman et al., 2020). However, T cells are highly diverse in their functions and their regulation is complex.

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Traditionally, T cell studies have relied on genetically modified mouse models where the gene of interest has either been knocked out, knocked in, or deleted by conditional Cre-lox-mediated recombination where the targeted gene is deleted in specific cellular subsets (Fig. 1A). This has allowed for evaluating the roles of genes as well as manipulation of specific genes in T cell subtypes. Mice are relatively easy and cheap to keep and can be bred under controlled pathogen-free conditions, thereby decreasing variability. These studies have enabled extensive characterization of immune and T cell functions in mice and allows for a way of probing functions of specific genes in vivo, including in infection models, autoimmune models, T cell development, and migration. Yet, there are caveats to these approaches. First, generation of genetic mouse models is time consuming, laborious, and expensive. Furthermore, although T cell findings in mice have to a remarkable extent translated to humans, there are notable differences, such as their development, subset composition, and expression patterns (Mestas and Hughes, 2004), and only a fraction of therapies with efficacy in mouse models successfully translate to humans in clinical trials (von Herrath and Nepom, 2005; Mak et al., 2014; Tao and Reese, 2017). Consequently, there has been an increased effort in developing systems that are directly translational to human disease. One such system is CRISPR/Cas9.

Mechanism of CRISPR/Cas9

Cas9 is guided to the foreign DNA by a guide RNA (gRNA) composed of a trans-activating CRISPR RNA (tracrRNA), which facilitates binding of the Cas9 enzyme, and a CRISPR RNA (crRNA), which engages the target DNA and the tracrRNA bound in the Cas9 enzyme, thus guiding the enzyme specifically to its target site. The gRNA-bound Cas9 enzyme binds gRNA-complementary genomic DNA sequences upstream of protospacer adjacent motifs (PAM) (Anders et al., 2014), and cleaves the DNA inducing a double-stranded break (Garneau et al., 2010; Anders et al., 2014).

The creative discovery that initially catalyzed the applicability of CRISPR/Cas9 in common scientific research was the combination of the tracrRNA with the crRNA to create a single gRNA (sgRNA) (Jinek et al., 2012). Introducing this sgRNA and the Cas9 enzyme into eukaryotic cells allowed scientists to cut the genome at any sequence upstream of a PAM motif recognized by the chosen Cas9 enzyme (NGG for Streptococcus pyogenes Cas9) with high specificity and efficacy (Doench et al., 2016). As these PAM motifs are short and commonly found throughout the genome, sgRNAs can be designed for targeting most regions throughout the genome, thus allowing for precisely targeting most, if not all, genes. The double-stranded break is then repaired by either
nonhomologous end joining (NHEJ) or homology-directed repair (HDR). NHEJ is error prone and often results in random insertions or deletions; in turn, these errors often result in frameshift mutations or deletions that knockout (KO) the targeted gene (i.e., prevent effective translation of the mRNA encoded by the gene). CRISPR/Cas9 was thus adapted as a gene KO tool in mammalian cells (Cho et al., 2013; Cong et al., 2013; Jinek et al., 2013; Mali et al., 2013).

By introducing a DNA template alongside the Cas9 enzyme and sgRNA, Cas9 can also be adapted as a gene editing tool, where the template DNA is used as template for HDR-mediated repair, thereby replacing the DNA at the site of the double-stranded break (Cho et al., 2013; Cong et al., 2013; Jinek et al., 2013; Mali et al., 2013). Thereby CRISPR/Cas9 can be used to repair faulty genes as therapy, as well as for research purposes for genetic modification. Together, these tools have quickly transformed the way scientists study the genome and led to numerous tools harnessing the sequence-specific selectivity of the sgRNA/Cas9 complex.

**CRISPR/Cas9-Mediated Gene KO in T Cells**

In mouse T cells, CRISPR/Cas9 mutagenesis can be performed in multiple ways. It can be done by directly introducing Cas9-encoding mRNA and sgRNAs (Mandal et al., 2014; Su et al., 2016) or sgRNAs coupled to Cas9 protein (Cas9 ribonuclear proteins [RNPs]) using electroporation (Seki and Rutz, 2018; Nussing et al., 2020). Electroporation of such RNPs is preferred over electroporation of Cas9-encoding mRNA, as RNPs have been shown to have higher targeting efficiency in T cells (Schumann et al., 2015). Alternatively, the sgRNA is introduced by γ-retroviral transduction into Cas9 transgenic mice expressing the Cas9 enzyme endogenously in T cells. γ-Retroviruses efficiently infect activated proliferating mouse T cells (Zhang et al., 2003; Kerkar et al., 2011), and this approach has been shown to effectively target mouse T cell genes (Huang et al., 2019; Roy et al., 2020). Retroviral delivery of sgRNAs has the important added benefit that retroviruses are integrated into the genome, and hence can be identified by next-generation sequencing allowing for pooled CRISPR/Cas9-mediated screening. In human T cells simple retroviral delivery of the sgRNA is not sufficient as Cas9 has to be introduced alongside the sgRNA. All-in-one lentivector vectors that express both the sgRNAs and Cas9 exist (Sanjana et al., 2011), but the viral vector size will approach the packaging limit of retroviruses (8–10 kb) (Miller, 1992) resulting in reduced transduction efficacy. A creative solution to this problem termed sgRNA lentiviral infection with Cas9 protein electroporation (SLICE), solves this by combining electroporation of Cas9 with lentiviral introduction of sgRNAs (Shifrut et al., 2018). These techniques allow for effective CRISPR/Cas9-mediated screening directly in human T cells.

**How CRISPR/Cas9 Is Benefiting T Cell Research and Therapies**

**CRISPR/Cas9 in T cell research**

CRISPR/Cas9 allows immunologists to study the roles of genes in a high-throughput manner directly in human T cells, which will likely provide increased translational potential in preclinical studies as a supplement to genetically modified animal models (Fig. 1). CRISPR/Cas9 has the benefit of speeding up research considerably by reducing the need for generating genetic mouse models for each gene of interest with the important added benefit that fewer mice are needed, supporting the principles of the 3Rs (Reduce, Reuse, and Recycle) (Fig. 1) (Kirk, 2018).

As outlined, genes can be manipulated with CRISPR/Cas9 in both human and mouse T cells in vitro (Fig. 1B, C). These *in vitro* assays provide an accessible method for screening roles of genes directly in human T cells and can be designed to answer a broad range of cell biology questions without the need for mice. However, they risk being overly simplistic and do not take into account the tissue distribution of the cells as well as interactions with other cell types in vivo. Mouse T cells can be studied *in vivo* with CRISPR/Cas9 with relative ease by adoptive T cell transfer of Cas9-edited mouse T cells (Fig. 1C) (or by reconstitution with Cas9-edited hematopoietic stem cells (LaFleur et al., 2019)). These studies provide valuable insight into tissue distribution, interplay between the cells and the tissues, biological function, and differentiation *in vivo*, and allow for investigating immunological responses to pathogens, autoimmune disease, or cancer.

CRISPR/Cas9 has already aided in discovery of multiple gene programs critical for human T cell activation, proliferation, and signaling (Shifrut et al., 2018), as well as genetic circuits involved in T cell differentiation (Schumann et al., 2020). One challenge of studying human T cells is that they cannot easily be studied *in vivo* after Cas9-mediated editing. To overcome this challenge, scientists could combine Cas9-modified human T cells with organoid systems, where organized three-dimensional tissue cultures are grown in culture (Dijkstra et al., 2018; Yuki et al., 2020), to investigate the functions of the Cas9-modified T cells *in situ* to simulate *in vivo* conditions. Nonetheless, such organoid systems so far only allow for experiments involving one tissue (and do not effectively replicate the complex interplay between tissues), and are limited to studying certain tissue types. Cas9-edited human T cells can also be studied *in vivo* in so-called humanized mice, which are immunodeficient mice that are reconstituted with human immune cells. These have shown some potential in increasing translational potential of therapies from preclinical models (Tao and Reese, 2017; Allen et al., 2019), and could in combination with Cas9-modified T cells allow for studies of genetically modified human T cells in an *in vivo* setting. Unfortunately, these models are not trivial to set up and are generally not broadly available to the research community (Fig. 1B) (Allen et al., 2019). Nonetheless, Cas9-mediated editing of human T cells provides a novel tool for overcoming many of the hurdles with translation of T cell research conducted in mice.

In summary, these described model systems have the advantage of being high throughput compared with conventional genetically modified mouse models. Furthermore, as Cas9-edited human T cells are somewhat easier to generate, it is now possible to conduct studies in a model with greater translational potential, while accommodating the principles of the 3Rs. These benefits of using CRISPR/Cas9 in T cell research are also applicable to many other cell types. Although it is still a challenge to effectively implement these tools with many other primary human cell types, future innovation will likely enable this.
CRISPR/Cas9 in T cell therapies

CRISPR/Cas9 has further allowed for generation of genetically modified T cells that can be used in patients for therapies. CRISPR/Cas9 has been adapted for generating efficacious CAR-T cells for therapy, which have an artificially introduced antigen receptor (Eyquem et al., 2017; Liu et al., 2017; Rupp et al., 2017), as well as for adoptive T cell transfers of cancer-specific T cells as therapy for cancer after KO of immune checkpoint inhibitors thereby increasing the T cell efficacy (Su et al., 2016; Stadtmauer et al., 2020; Fix et al., 2021; Kamali et al., 2021). Multiple technological advances involving CRISPR/Cas9 have markedly increased the promise of efficacious CAR-T cell therapy. By using CRISPR/Cas9 in generation of CAR-T cells, the CAR can be integrated in the T cells at the T cell receptor α loci resulting in superior CAR-T cells (Eyquem et al., 2017) and simultaneously, CRISPR/Cas9 can be applied to disrupt checkpoint inhibition of the CAR-T cells by KO of PD1 (Rupp et al., 2017). In conjunction, the use of the Cas12a/Cpf1 CRISPR system has proven to be superior to Cas9-mediated CAR-T cell generation, and allows for CAR-T cell knock-in while simultaneously knocking out checkpoint inhibitors (Dai et al., 2019). CRISPR/Cas9-mediated editing of T cells has already shown efficacy in clinical trials (Stadtmauer et al., 2020), and multiple clinical trials on CAR-T cells are ongoing (Razeghian et al., 2021). Similarly, it is likely that CRISPR/Cas9 will also be applied to fix genetic defects in T cells in patients with T cell-mediated primary immunodeficiencies (defective T cell responses due to gene defects).

Conclusions

CRISPR/Cas9 has changed the way scientists conduct research in multiple fields, including the field of immunology. In T cell research CRISPR/Cas9 mutagenesis has already been used for multiple important discoveries, and has paved the way for novel, faster, and more translational techniques that in coming years have the potential to disrupt the way T cell studies are performed. Future developments will likely further enable CRISPR/Cas9-mediated development of highly efficacious T cells for cancer therapies, including CAR-T cells and adoptive T cell transfer.

Authors’ Contributions

K.H.J. conceived the ideas for the review and wrote the article.

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