Role of three-dimensional transvaginal sonography compared with magnetic resonance imaging in diagnosis of Mullerian duct anomalies

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Abstract

Background: Mullerian duct anomalies are a heterogenous group of congenital anomalies due to abnormalities during the ductal development, fusion, or alteration of septal resorption. These lead to the occurrence of different uterine anomalies. The present study aimed to assess the value of three-dimensional transvaginal sonography (3DTVS) in comparison with pelvic MRI to diagnose uterine anomalies. We prospectively evaluated 30 female patients, from January 2016 to May 2017. Their ages ranged from 18 to 40 years. Cases were referred from obstetrics and gynecology clinic with suspected uterine anomalies by 2DUS or with HSG done for infertility workup. 3DTVS and MRI examination were done for all patients.

Results: The final diagnosis of patients by MRI according to The European Society of Human Reproduction and Embryology–European Society for Gynaecological Endoscopy consensus classification included 2/30 (6.7%) patients classified as class U0, 4/30 (13.3%) patients classified as class U1, 17/30 (56.7%) cases classified as class U2, 2/30 (6.7%) patients classified as class U3, 3/30 (10%) patients classified as class U4, and 2/30 (6.7%) patients were classified as class U5. There was a significant strong agreement between the diagnosis by 3D-transvaginal ultrasound and MRI ($P < 0.01$).

Conclusion: 3DTVS proved to be highly accurate in the diagnosis of uterine anomalies and showed strong agreement with MRI, as both can provide valuable information about both the internal details and the external contour of the uterus.

Keywords: 3DTVS, MRI, Mullerian duct, Uterine, Anomalies

Background

Mullerian duct anomalies are a heterogenous group of congenital anomalies due to abnormalities during the ductal development, ductal fusion, or alteration of septal resorption. These lead to the occurrence of different uterine anomalies [1].

Early detection and proper diagnosis of uterine anomalies are needed to distinguish operable from inoperable cases. Most of the patients present with infertility, repeated first-trimester abortion, fetal intrauterine growth restriction, and obstetric complications [1].

Several trials have been made for proper and accurate classification of Mullerian duct anomalies. The American Society for Reproductive Medicine (ASRM) classification is considered the most commonly used one (Fig. 1) [3]. The European Society of Human Reproduction and Embryology–European Society for Gynaecological...
Endoscopy (ESHRE–ESGE) is used to limit the subjective diagnosis of the American classification. It helps in the differentiation of septate uterus from similar anomalies, regardless of the absolute morphological characteristics [4]. The arcuate uterus entity is not present in the ESHRE–ESGE classification. This classification includes uterine anomaly main classes and subclasses as well as cervical and vaginal anomalies as coexistent subclasses, as shown in Tables 1 and 2 [6, 7].

There are different imaging modalities that can be used for the diagnosis of uterine malformations. Hysterosalpingography (HSG) and hysteroscopy are considered good modalities to assess the uterine cavity. Laparotomy and laparoscopy are also used for providing information about the external contour and uterine cavity [7]. Pelvic magnetic resonance imaging (MRI) has also been proven to be excellent in the diagnosis of Mullerian duct anomalies due to high soft tissue resolution. MRI examination is more expensive and less available than other imaging modalities [8].

Three-dimensional ultrasound represents a valid alternative or adjunct to pelvic MRI. It is less expensive than MRI and being better tolerated by patients. Three-dimensional transvaginal sonography (3DTVS) provides image quality like those provided by magnetic resonance imaging [9].

So, the aim of our study was to assess the value of 3DTVS in comparison with that of pelvic MRI to diagnose cases with uterine anomalies.

**Methods**

**Patients**

The study included 30 married female patients. They were referred to the Radiology Department from the obstetrics and gynecology clinic of a university hospital in the period from January 2016 to May 2017. The study was approved by the ethical committee of our institution. All participants signed informed consent prior to the examinations. Most of the cases were presented with infertility and some cases with repeated abortion.

They were initially suspected to have uterine anomalies by 2D US or with HSG done for infertility workup, and then 3DTVS and MRI examinations were done for all patients. Exclusion criteria included cases with general contraindications to MRI examination and cases with prior gynecological operations.

**Methods**

**3DTVS**

- We used (GE Voluson S6) ultrasound machine, equipped with endocavitary 3D probe RAB2-6 5–9 MHz.
- The uterus was first examined by a two-dimensional ultrasound in a strict mid-sagittal view showing the uterus from the fundus to the cervix, with the
In any uterus with a large transverse diameter, another acquisition was made from a transverse section, where we used a 90° sweep angle to obtain a multiplanar view of the uterus. The volume data were observed in three orthogonal planes and processed to do the needed reconstructions. The time of examination required for the diagnosis of uterine anomalies using a three-dimensional US, varied from 4 min to maybe up to 15 min in some complex cases.

**MRI imaging**

MRI was done by Siemens Magnetom Aera 1.5 T using senes body coil 18. Before the examination, all patients were instructed to have a full bladder. Preliminary scout localizers in axial, coronal, and sagittal planes were done. Routine conventional MR study including axial T1 and T2, sagittal T2, and coronal T2 was done for all patients. Sequences were oriented according to the axis of the uterus. Coronal T2-weighted FSE was

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### Table 1: Ultrasound criteria for the classification of congenital uterine anomalies by ESHRE–ESGE [5]

| Class | Uterine cavity shape | External contour |
|-------|----------------------|------------------|
| Class U0: normal uterus | Straight, curved interstitial line or internal indentation < 50% myometrial thickness | Normal outline or external cleft < 50% of uterine wall thickness |
| Class U1: dysmorphic uterus | Abnormal | Normal outline or external cleft < 50% of uterine wall thickness |
| a. T-shaped | Narrow cavity; thickened lateral walls; correlation of two-third uterine corpus and one-third cervix | |
| b. Infantilis | Narrow cavity without wall thickening; correlation of one-third uterine body and two-third cervix | |
| c. Others | Internal indentation < 50% myometrial thickness | |
| Class U2: septate uterus | Internal indentation > 50% myometrial thickness | Normal outline or external cleft < 50% of uterine wall thickness |
| a. Partial | Division above the internal cervical os | |
| b. Complete | Division up to the internal cervical os | |
| Class U3: bicorporeal uterus | External cleft > 50% myometrial thickness | |
| a. Partial | Division above the internal cervical os | |
| b. Complete | Division up to the internal cervical os | |
| c. Bicorporeal septate | Midline fundal indentation (myometrial thickness at the central point of the external cleft) > 150% uterine wall thickness (average myometrial thickness) | |
| Class U4: hemi-uterus | Unilateral formed cavity | Unilateral formed corpus |
| a. With a rudimentary (functional) cavity | With communicating or non-communicating functional contralateral horn of cavity | |
| b. Without rudimentary (functional) cavity | Without functional contralateral horn of cavity | |
| Class U5: aplastic uterus | Cavity remnant/s present | Cavity remnant/s present |
| a. With rudimentary (functional) cavity | | |
| b. Without rudimentary (functional) cavity | Cavity remnants absent | Full uterine aplasia or uterine remnants present |
| Class U6: unclassified cases | Infrequent anomalies, subtle changes, or combined anomalies | |

### Table 2: ESHRE–ESGE main classes, subclasses, and coexistent cervical/vaginal subclasses [6]

| Uterine anomaly | Main class | Main subclass | Coexistent subclass |
|-----------------|------------|---------------|---------------------|
| Normal uterus   | Class 0    | Normal uterus | Cervix              |
| Dysmorphic uterus | Class I   | a. T-shaped | C1 septate |
| Septate uterus  | Class II   | a. Partial | C3 unilateral cervix/dysplasia |
| Dysfused uterus | Class III  | a. Partial | C4 aplasia/dysplasia |
| Unilaterally formed uterus | Class IV | a. Rudimentary horn with cavity (communicating or not) | V0 normal vagina |
| Aplastic dysplasia | Class V   | a. Rudimentary horn with horn (bi-or unilateral) | V3 transverse vaginal septum/imperforate hymen |
| Aplastic uterus | Class VI   | a. Rudimentary horn with cavity | V4 vaginal aplasia |

The endometrial line in a horizontal plane and perpendicular to the ultrasound beam.

- In any uterus with a large transverse diameter, another acquisition was made from a transverse section, where we used a 90° sweep angle to obtain a multiplanar view of the uterus.
- The volume data were observed in three orthogonal planes and processed to do the needed reconstructions.
- The time of examination required for the diagnosis of uterine anomalies using a three-dimensional US, varied from 4 min to maybe up to 15 min in some complex cases.
oriented parallel to the major uterine axis. The examination time took about 15 min.

**Evaluation of findings**

The uterine morphology was interpreted in the coronal plane of the uterus with the interstitial portion of both Fallopian tubes as points of reference. We measured the internal indentation in the midcoronal plane, and according to its length, we classified cases into different classes. The external cleft also was measured in the midcoronal plane. The wall thickness was evaluated in the mid-sagittal plane (Fig. 2). The

![Fig. 2](image)

*Fig. 2* How to measure internal indentation and external cleft in the midcoronal plane (a and c) and uterine wall thickness at the mid-sagittal plane (b) [10]

![Fig. 3](image)

*Fig. 3* Classification of congenital uterine anomalies as described by the European Society of Human Reproduction and Embryology and the European Society for Gynaecological Endoscopy (ESHRE–ESGE) [6]
findings were analyzed using the ESHRE–ESGE consensus classification as shown in Table 1 and Fig. 3.

**Statistical analysis**

- Scale data were presented as mean and standard deviation. Categorical data were presented as number (frequency) and percent.
- The agreement between both three-dimensional transvaginal ultrasound and MRI was presented as crosstab and kappa index of agreement. All significant $P$ values were less than 0.05.
- The accuracy was calculated in the form of sensitivity, specificity, negative predicted value, and positive predicted value.

**Results**

According to the MRI findings, 2/30 (6.7%) patients were categorized as class U0, 4/30 (13.3%) cases were class U1, 17/30 (56.7%) patients were considered as class U2, 2/30 (6.7%) patients were class U3, 3/30 (10%) were class U4, and 2/30 (6.7%) cases were considered as class U5.

The following were according to the 3DTVUS findings:

Class U1 (dysmorphic uterus) included five cases: four true cases (4/5, 80%) were (infantile) (Fig. 4). They showed internal indentation < 50% of the wall thickness, body to cervix ratio = 1:1, and no external cleft. One false case (1/5, 20%) was diagnosed as dysmorphic uterus class U1 while by MRI, it was classified as U0 associated with adenomyosis (Fig. 5). The diagnostic indices of 3DTVUS were sensitivity = 100%, specificity = 96.1%, PPV = 100%, NPV = 100%, and kappa = 0.970.
Class U2 included 16 cases: 15/16 (93.7%) were true septate (Fig. 6) in which the internal indentation was > 50% of the wall thickness, with no external cleft. Only one false case (1/16, 6.2%) was diagnosed as subseptate by 3DTVS while by MRI, it was diagnosed as fibroid/adenomyosis uterus (class U0) (Fig. 7). The diagnostic indices of 3DTVS were sensitivity = 88.2%, specificity = 92.3%, PPV = 93.8%, NPV = 85.7%, and kappa = 0.936.

Class U3 included 4 cases: 2/4 (50%) were true bicorporeal (Fig. 8) and 2/4 (50%) were wrongly diagnosed by 3D TVS as bicorporeal and diagnosed by MRI as septate (class U2) (Figs. 9 and 10). The diagnostic indices of 3DTVS were sensitivity = 100%, specificity = 92.8%, PPV = 50%, NPV = 100%, and kappa = 0.940.

Class U4 included 3 cases: 3/3 (100%) were true unicornuate (Fig. 11). The diagnostic indices of 3DTVS were sensitivity = 100%, specificity = 100%, PPV = 100%, NPV = 100%, and kappa = 1.000.

Class U5 included 2 cases: 2/2 (100%) were true hypoplastic. The diagnostic indices of 3DTVS were sensitivity = 100%, specificity = 100%, PPV = 100%, NPV = 100%, and kappa = 1.000.

Concomitant other genitourinary anomalies were found in 7/30 (23.3%) cases, the reported anomalies in 4/30 (13.3%) cases were absent kidney, 2/30 (6.6%) cases were malrotated kidney/anterior sacral meningocele, and 1/30 (3.3%) case was vaginal cyst (Table 3).

The diagnostic accuracy and agreement of 3DTVS compared to MRI were illustrated in (Tables 4 and 5). There was a significant strong agreement between the diagnosis by 3D transvaginal ultrasound and MRI examination.

Discussion
Uterine anomalies are different groups of malformations with a broad spectrum of presentations [11]. Mullerian
Fig. 8 A 23-year-old married female patient. a 3D TVS showing complete bicorporeal with two cervices and two vaginas (class U3b). b MRI coronal oblique T2 showing two uterine bodies and two cervices. c Coronal T2 oblique showed left vaginal lesion high signal in T2 and low signal in T1 (d).

Fig. 9 A 28-year-old married female patient, complaining of infertility. a Bicorporeal septate uterus (class U3c) diagnosed by 3DTVS. It showed an external indentation at the fundal midline exceeding 50% of the uterine wall thickness and an internal indentation width exceeded 50% the uterine wall thickness. b MRI coronal oblique T2 showed straight fundal outline and complete septum. So, it was diagnosed by MRI as class U2b or complete septate uterus.

Fig. 10 A 40-year-old married female patient complaining of recurrent abortion. a Partial bicorporeal uterus (class U3a) diagnosed by 3DTVS showing external fundal indentation partially dividing cavity. b MRI coronal oblique T2 revealed straight fundal outline with septum partial dividing uterine cavity, diagnosed as partial septate uterus (class U2a).
anomalies are initially suspected by 2DUS and/or with HSG done for infertility workup [8].

MRI is the most accurate imaging study for uterine anomalies; it reached a sensitivity and specificity of 92% and 100%, respectively, compared to the results of combined hysteroscopy and laparoscopy [12].

In this study, we compared the efficiency of 3DTV in diagnosing uterine anomalies to the MRI study, considering MRI as the standard reference. We used the ESHRE–ESGE consensus classification which provides objective parameters to classify uterine anomalies. This classification allows an accurate distinction between the different types of uterine anomalies with 3DTV and MRI. This agrees with the study done by Graupera et al. [13] who reported that the ESHRE–ESGE classification provides objective parameters for diagnosing Mullerian duct anomalies (MDA).

The ESHRE–ESGE classification is more valuable than the ASRM classification. It shows uterine malformation main classes and subclasses. Cervical and vaginal anomalies are included as separate subclasses. So, ESHRE–ESGE classification is more helpful in the diagnosis of complex anomalies of the female genital system [5].

We agreed with Robins et al. [14] who reported that septate uterus is the commonest uterine anomalies. In the present study, we found that septate uterus represented 17/30 (56.7%) of our study population.

Septate uterus shows different morphological changes in both classifications. The ratio of internal fundal indentation to myometrial thickness was significantly lower in the ESHRE–ESGE classification than in the ASRM classification. Diagnosis of septate uterus by ESHRE–ESGE classification resembles the arcuate or normal uterus in the ASRM system [5]. The most important point in these classifications is to limit the overdiagnosis and improper treatment in cases of uterine anomalies. ESHRE–ESGE classification can guide the gynecologist to do the appropriate surgical treatment [10].

The limited positive predictive value of 3DTV in our study was met in class U3 where four cases were included: 2/4 (50%) were true bicorporeal and 2/4 (50%) were wrongly diagnosed by 3DTV as bicorporeal and diagnosed by MRI as septate (class U2), sensitivity = 100%, specificity = 92.8%, PPV = 50%, and NPV = 100%. We attributed this to the limited tissue

Table 3: The associated anomalies with the Mullerian duct abnormalities in the study group

| Associated anomalies                                      | Number | Percent |
|-----------------------------------------------------------|--------|---------|
| No other anomalies                                        | 23     | 73.3    |
| Absent kidney                                             | 4      | 13.3    |
| Malrotated kidney and anterior sacral meningocele         | 1      | 3.3     |
| Malrotated kidney only                                    | 1      | 3.3     |
| Vaginal cyst (Gartner duct cyst)                          | 1      | 3.3     |
| Total                                                     | 30     | 100     |

Table 4: Accuracy of 3DTV compared with MRI regarding diagnosis of Mullerian duct abnormalities of the present study

| Anomaly       | Sensitivity | Specificity | PPV | NPV | Kappa |
|---------------|-------------|-------------|-----|-----|-------|
| Dysmorphic    | 4/4 (100)   | 25/26 (96.1)| 4/5 (80)| 26/26 (100)| 0.970 |
| Septate       | 15/17 (88.2)| 12/13 (92.3)| 15/16 (93.8)| 12/14 (85.7)| 0.936 |
| Bicorporeal   | 2/2 (100)   | 26/28 (92.8)| 2/4 (50)| 26/26 (100)| 0.940 |
| Unicornuate   | 3/3 (100)   | 27/27 (100)| 3/3 (100)| 27/27 (100)| 1.000 |
| Aplastic      | 2/2 (100)   | 28/28 (100)| 2/2 (100)| 28/28 (100)| 1.000 |
resolution of US compared to MRI, and ultrasound is operator dependent. If the midcoronal plane is not ideal, this will give the wrong diagnosis. The problem of misdiagnosing the two cases of septate uterus by 3DUS in our study might be due to improper location of the line of the US beam during 3D reformatting which was at the level of the septum and not at the fundal level. So, it was better to move the line a little bit higher to assess the external contour of the uterus.

We found that 7/30 (23.3%) cases had associated renal and other anomalies; this coincides with Li et al. [15] who reported that concomitant renal anomalies are found in 29% of Mullerian duct anomalies cases.

In this study, the overall agreement between 3DTVS and MRI was 86.7% and the agreement coefficient (kappa) was 0.743; this coincided with the work of Bermejo et al. [7] who reported good agreement between 3D transvaginal US and MRI in diagnosing Mullerian duct anomalies, with a kappa index of 0.880.

The limitations in our study were sampling bias, since we did 3DTVS only to patients with suspected uterine anomalies and some uterine anomalies that had a limited number in our study.

**Conclusion**

3DTVS proved to be highly accurate in the diagnosis of uterine anomalies and showed strong agreement with MRI, as both can provide valuable information about both the internal details and external contour of the uterus.

**Abbreviations**

3DTVS: Three-dimensional transvaginal sonography
ASRM: The American Society for Reproductive Medicine
ESHRE–ESGE: The European Society of Human Reproduction and Embryology–European Society for Gynaecological Endoscopy
MDA: Mullerian duct anomalies
HSG: Hysterosalpingography

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**Authors’ contributions**

SA carried out the statistical analysis, data collection, image analysis, and drafting and editing of the paper. NA shared in the image analysis and interpretation. AS shared in the design and drafting of the manuscript. MS participated in the data collection and clinical assessment. All contributing authors have read and approved the final manuscript.

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**Availability of data and materials**

All data are available at the corresponding author who has the authority to respond if there is any query.

**Ethics approval and consent to participate**

The study was approved by the ethical committee of Faculty of Medicine Beni-Suef University (FWA00015575). The data were collected after obtaining informed written consent of all cases.

**Consent for publication**

All patients included in this research gave written informed consent to publish the data contained in this study.

### Table 5 Agreement between MRI and 3DTVS regarding diagnosis of Mullerian duct abnormalities of the current study

| MRI | (U0) Normal uterus No (%) | (U1) Dysmorphic No (%) | (U2) Septate No (%) | (U3) Bicornoreal No (%) | (U4) Unicornuate ± rud. Cavity No (%) | (U5) Aplastic /hypoplastic No (%) | Total No (%) |
|-----|--------------------------|------------------------|--------------------|------------------------|--------------------------------------|----------------------------------|-------------|
| 3D ultrasound |                          |                        |                    |                        |                                      |                                  |             |
| (U1) Dysmorphic | 1(50)                    | 4(100)                 | 0(0)               | 0(0)                   | 0(0)                                | 0(0)                             | 5(16.7)     |
| (U2) Septate   | 1(50)                    | 15(88.2)               | 0(0)               | 0(0)                   | 0(0)                                | 16(53.3)                         |             |
| (U3) Bicornoreal | 0(0)                    | 0(0)                   | 2(11.8)            | 2(100)                 | 0(0)                                | 4(13.3)                          |             |
| (U4) Unicornuate | 0(0)                    | 0(0)                   | 0(0)               | 0(0)                   | 3(100)                              | 0(0)                             | 3(10)       |
| (U5) Aplastic /hypoplastic | 0(0)                   | 0(0)                   | 0(0)               | 0(0)                   | 2(100)                              | 2(6.7)                           |             |
| Total          | 2(100)                   | 4(100)                 | 17(100)            | 2(100)                 | 3(100)                              | 2(100)                           | 30(100)    |

The shaded data represent disagreement in the diagnosis between MRI and 3DTVS
Competing interests
The authors declare that they have no competing interests.

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