Fine analysis of critical knots
Stationary points of the Möbius energy are smooth

S. Blatt*  Φ. Reiter**  A. Schikorra***

February 27, 2012

We prove that if a curve $\gamma \in H^{3/2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ parametrized by arc length is a stationary point of the Möbius energy introduced by Jun O’Hara in [O’H91], then $\gamma$ is smooth. Our methods, interestingly, only rely on purely analytical arguments, entirely without using Möbius invariance.

Contents

1. Introduction 2

2. Euler-Lagrange equation: Proof of Theorem I 5

3. Initial regularity: Proof of Theorem III 16
  3.1. Estimate of the normal part ........................................ 18
  3.2. Estimate of the tangential part ................................... 19
  3.3. Conclusion of the proof of Theorem III ......................... 21
  3.4. Essential Euler-Lagrange estimate: Proof of Lemma 3.3 .... 22
  3.5. Key-estimate of $\Gamma$: Proof of Lemma 3.4 .................. 27
  3.6. Right-hand side estimate: Proof of Lemma 3.5 ............... 31

4. Bootstrapping: Proof of Theorem IV 32

*Simon Blatt, Mathematics Institute, Zeeman Building, University of Warwick, Coventry CV4 7AL, United Kingdom, S.Blatt@warwick.ac.uk
**Philipp Reiter, Abteilung für Angewandte Mathematik, Universität Freiburg, Hermann-Herder-Straße 10, 79104 Freiburg i. Br., Germany, reiter@mathematik.uni-freiburg.de
***Armin Schikorra, MPI Leipzig, Germany, armin.schikorra@mis.mpg.de
1. Introduction

To find nice geometric representatives within a given knot class, several new energies have been invented in the last two decades. The earliest knot energy for smooth curves was the so-called Möbius energy introduced by Jun O’Hara in [O’H91],

\[ E(2)(\gamma) := \int \int \frac{1}{|\gamma(u+w) - \gamma(u)|^2} \left( \frac{1}{d_\gamma(u+w,u)^2} \right)^\frac{1}{2} \left| \gamma'(u+w) - \gamma'(u) \right| |\gamma'(u)| \, dw \, du \]

which was later on extended to the family of energies

\[ E(\alpha,p)(\gamma) := \int \int \frac{1}{|\gamma(u+w) - \gamma(u)|^2} \left( \frac{1}{d_\gamma(u+w,u)^2} \right)^\alpha \left| \gamma'(u+w) - \gamma'(u) \right| |\gamma'(u)| \, dw \, du \]

for \( \alpha, p \in [1, \infty) \), see [O’H94]. Here \( d_\gamma(u+w,u) \) denotes the intrinsic distance between \( \gamma(u+w) \) and \( \gamma(u) \) on the curve \( \gamma \). More precisely,

\[ d_\gamma(u+w,u) := \min \left( \mathcal{L}(\gamma|_{[u,u+w]}), \mathcal{L}(\gamma) - \mathcal{L}(\gamma|_{[u,u+w]}) \right) \]

provided \( |w| \leq \frac{1}{2} \) where \( \mathcal{L}(\gamma) := \int_0^1 |\gamma'(\theta)| \, d\theta \) is the length of \( \gamma \).

Crucially using the Möbius invariance of this knot energy, Michael Freedman, Zheng-Xu He, and Zhenghan Wang [FHW94] were able to show that there are minimizers of the Möbius energy within every prime knot class and that these are in fact of class \( C^{1,1} \). More precisely, they could show that if \( \gamma \) is a local minimizer with respect to the \( L^\infty \)-topology, and if \( \gamma \) is parametrized by arc length, then \( \gamma \) is \( C^{1,1} \). Together with a bootstrapping argument due to He [He00], one then obtains that local minimizers of the Möbius energy are smooth, also see [Rt10].

Unfortunately, motivated by numerical evidence, Rob Kusner and John Sullivan were led to conjecture that there are no minimizers within composite knot classes [KS97]. In contrast to that, there are minimizers of the energies \( E(\alpha,p) \) in the case that \( jp > 2 \) as shown in [O’H94].

In this article, we will prove that even only stationary points of the Möbius energy are of class \( C^\infty \) under the mildest condition one can think of: that \( E^{(2)}(\gamma) \) is finite - an assumption which, as shown in a recent work of the first author [Bla10], is equivalent to assuming that \( \gamma \)
is an injective curve of class $H^2(R/Z, R^n)$. Our motivation to do so is twofold: First of all, of course, this is a much stronger result than the smoothness of local minimizers as stated above. Secondly, the Möbius invariance is not essential for proving smoothness of local minimizers as we do not need it in our arguments. Thus there is the chance to study other, possibly not Möbius invariant, critical knot energies, using the techniques developed in this article.

The price we pay is that, instead of the very appealing geometric argument in [FHW94], we have to adapt some sophisticated techniques originally developed by Tristan Rivièr and Francesca Da Lio [DLR11a, DLR11b, DL11] and the third author [Sch12, Sch11] to deal with $\frac{\partial}{\partial v}$-harmonic maps into manifolds.

The first task in order to prove this result, is to derive the Euler-Lagrange equation for such stationary points. In [FHW94], it was shown that for simple closed curves $\gamma \in C^{1,1}(R/Z, R^n)$ and $h \in C^{1,1}(R/Z, R^n)$ we have

$$\delta E^{(2)}(\gamma; h) := \lim_{\tau \to 0} \frac{E^{(2)}(\gamma + \tau h) - E^{(2)}(\gamma)}{\tau} = \int_{R/Z} \int_{R/Z} \left( \frac{\gamma''(u) h'(u) - \frac{\gamma'(u) h'(u) - h'(u) \gamma(u)}{\|\gamma(u) - \gamma(v)\|^2}}{\|\gamma(u) - \gamma(v)\|^2} \right) \|\gamma'(u)\| \|\gamma'(u)\| \, dv \, du.$$  

We will show that this formula is still valid under the weaker assumption that $\gamma \in H^{3/2}(R/Z, R^n)$, i.e., if for $\gamma$ we only assume that the Möbius energy is finite. We call a curve regular if there is a positive constant $c = c(\gamma)$ with $|\gamma'(x)| \geq c$ for all $x \in R/Z$.

**Theorem 1** ($E^{(2)} \in C^{1}(H^{3/2}_W \cap H^{1,\infty})$). The energy $E^{(2)}$ is continuously differentiable on the space of injective and regular curves belonging to $H^{3/2} \cap H^{1,\infty}$. Furthermore, if $\gamma \in H^{3/2}$ is injective and parametrized by arc-length and $\varphi \in H^{3/2} \cap H^{1,\infty}$ the first variation

$$\delta E^{(2)}(\gamma; \varphi) := \lim_{\tau \to 0} \frac{E^{(2)}(\gamma + \tau \varphi) - E^{(2)}(\gamma)}{\tau}$$

exists and equals

$$2 \lim_{\tau \to 0} \int_{U_\varepsilon} \left( \gamma'(u), \varphi'(u) \right) - \frac{\gamma'(u + w) - \gamma(u), \varphi(u + w) - \varphi(u)}{\|\gamma(u + w) - \gamma(u)\|^2} \right) \frac{dw \, du}{\|\gamma(u + w) - \gamma(u)\|^2}$$

where

$$U_\varepsilon := R/Z \times \left( [-\frac{1}{\varepsilon}, -\varepsilon] \cup \{ \varepsilon, \frac{1}{\varepsilon} \} \right).$$  

1.2

Though the space $H^{3/2} \cap H^{1,\infty}$ seems somewhat artificial at first sight, it just guarantees that we do not use bad parametrizations of our curves. The proof of this result is similar to [BR12].

We will then use the resulting Euler-Lagrange equation for stationary points of the Möbius energy to prove that these points are smooth:

3
**Theorem II** (Stationary points are smooth). Any stationary point $\gamma \in H^2(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ of $E^{(2)}$, i.e., any curve $\gamma \in H^1(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ for which
\[
\delta E^{(2)}(\gamma; h) = 0 \quad \text{for all } h \in C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n),
\]
belongs to $C^\infty$ when parametrized by arc-length.

In [BR12], improving a previous result [Rt12], the smoothness of stationary points of finite energy was already shown for the case of $E^{(\alpha)} := E^{(\alpha,1)}$, $\alpha \in (2,3)$, instead of the Möbius energy. It is worth noting, that those energies lead to a subcritical Euler-Lagrange equation, and that in some sense the regularity theory can be based on Sobolev embeddings for fractional Sobolev and Besov spaces. In contrast to this, the Euler-Lagrange equation of the Möbius energy is critical. As for well-known critical geometric equations – like the Euler-Lagrange equation of the Willmore functional, see, e.g., [Sim93, Riv08], or harmonic maps on $\mathbb{R}^2$, see, e.g., [Hel91, Riv07], – one has first to find a way to gain an $\varepsilon$ of additional regularity (via gaining a $\delta$ of additional integrability) and then start a bootstrapping argument. That is, in a quite natural way, the proof of Theorem II is an immediate consequence of two technically independent steps:

**Theorem III** (Initial Regularity). Let $\gamma \in H^2(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$, $\gamma' \in S^{n-1}$, be a stationary point of the Möbius energy, i.e. satisfying $\delta E^{(2)}(\gamma, \varphi) = 0$ for all $\varphi \in C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$. Then $\gamma \in C^{1,\alpha}$, for some $\alpha > 0$, and $\gamma \in H^{1,p}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ for some $p > 2$.

**Theorem IV** (Bootstrapping). For some $p > 2$, let $\gamma \in H^{1,p}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$, $\gamma' \in S^{n-1}$, be a stationary point of the Möbius energy. Then $\gamma$ is smooth.

Theorem III is proven in Section 3, Theorem IV in Section 4. While Theorem IV relies mainly on bringing together Sobolev embeddings and standard commutator estimates for Bessel potential spaces with techniques developed in [Bla10], some very delicate estimates are needed to get anything more than the critical and initial regularity $H^2$ for stationary points as stated in Theorem III.

Both theorems rely on a decomposition of the first variation dating back to [He00, Formula (4.5)] which already proved to be helpful in the analysis of the functionals $E^{(\alpha)}$ for $\alpha \in (2,3)$ (cf. [BR12]) and the gradient flow of the energies $E^{(\alpha)}$ for $\alpha \in [2,3)$ [Bla11a, Bla11b].

For $f, g : \mathbb{R} \to \mathbb{R}^n$, $\varepsilon > 0$ let
\[
Q_\varepsilon(f,g) := \int_0^1 \int_{[-\frac{\varepsilon}{2},0]} \left( (f'(u), g'(u)) \cdot w^2 - \frac{1}{|f(u+w) - f(u)|^2} \right) \frac{du}{w^2} \, dv,
\]
\[
T_\varepsilon(f,g) := -\int_0^1 \int_{[-\frac{\varepsilon}{2},0]} \left( f'(u), g'(u) \right) \left( \frac{1}{|f(u+w) - f(u)|^2} - \frac{1}{|w|^2} \right) \frac{du}{w^2} \, dv,
\]
\[
(1.3) \quad \text{and} \quad (1.4)
\]
and

\[ T_2(f, g) := \int_0^1 \int_{-\frac{1}{2}}^{\frac{1}{2}} \langle f(u + w) - f(u), g(u + w) - g(u) \rangle \left( \frac{1}{|f(u + w) - f(u)|^t} - \frac{1}{|w|^t} \right) dw \, du. \]  

From Theorem I we deduce that a critical knot \( \gamma \in H^3(R/\mathbb{Z}, \mathbb{R}^n) \), parametrized by arc length, satisfies

\[ Q(\gamma, h) := \lim_{\varepsilon \to 0} Q_\varepsilon(\gamma, h) = T_1(\gamma, h) + T_2(\gamma, h) \text{ for all } h \in C^\infty(R/\mathbb{Z}). \]  

This is the form of the Euler-Lagrange equation, we will work with in the proofs of Theorem III and Theorem IV.

Let us conclude this introduction by remarking that, in contrast to stationary points of \( E(\alpha, 1) \), for \( p > 1 \) we do not expect stationary points of \( E(\alpha, p) \) to be \( C^\infty \)-smooth: The resulting Euler-Lagrange equation should be in some sense a nonlocal degenerate elliptic equation. Keeping in mind the regularity theory for elliptic degenerate equations, one might expect nevertheless that stationary points are at least a bit more regular than an arbitrary finite-energy curve alone.

Acknowledgements. The first author was supported by Swiss National Science Foundation Grant Nr. 200020_125127 and the Leverhulm trust. The second author was supported by DFG Transregional Collaborative Research Centre SFB TR 71. The third author has received funding from the European Research Council under the European Union’s Seventh Framework Programme (FP7/2007–2013) / ERC grant agreement no 267087, DAAD PostDoc Program (D/10/50763) and the Forschungsinstitut für Mathematik, ETH Zürich. He would like to thank Tristan Rivière and the ETH for their hospitality.

2. Euler-Lagrange equation: Proof of Theorem I

This section is devoted to the proof of Theorem I which especially involves the derivation of a formula for the first variation.

By \( H^{3/2}_{ir} \) we will denote the set of injective and regular curves in \( H^{3/2} \). The set \( H^{1,\infty} \) is defined accordingly. First we will need the following lemma, to guarantee that \( E^{(2)} \) is well defined on a \( H^{3/2}_{ir} \cap H^{1,\infty} \) neighborhood of the curve \( \gamma \):

**Lemma 2.1** \( (H^{3/2}_{ir} \cap H^{1,\infty} \) is open in \( H^{3/2} \cap H^{1,\infty} \). For any \( \gamma \in H^{3/2}_{ir}(R/\mathbb{Z}, \mathbb{R}^n) \cap H^{1,\infty}(R/\mathbb{Z}, \mathbb{R}^n) \) there is some \( \tau_0 = \tau_0(\gamma) > 0 \) with

\[ Y := \{ \gamma + \varphi \mid \varphi \in H^{1,\infty}(R/\mathbb{Z}, \mathbb{R}^n), \| \varphi' \|_{L^\infty} \leq \tau_0 \} \subset H^{1,\infty}. \]

Moreover, there is a constant \( c = c(\gamma) > 0 \) with

\[ \min\{|\tilde{\gamma}(u + w) - \tilde{\gamma}(u)|, d_\gamma(u + w, u)\} \geq c|w|, \quad |\tilde{\gamma}'(u)| \geq c \]
for all \( \hat{y} \in Y \) and \((u, w) \in U_0\).

**Proof.** We first show that \( y \) is bi-Lipschitz. To this end, choose \( \delta \in (0, \frac{1}{2}) \) with

\[
\left( \int_{B_1(0)} \int_{B_1(0)} \frac{|y'(u + w) - y'(u)|^2}{|u|^2} \, dw \, du \right)^{1/2} \leq \frac{1}{2}
\]

for all \( z \in \mathbb{R}/\mathbb{Z} \) and all \( r \in [0, \delta] \) which gives

\[
\frac{1}{2r} \int_{B_r(0)} |y'(x) - \frac{1}{2r} \int_{B_r(0)} y'(y) \, dy| \, dx \leq \frac{1}{4r^2} \int_{B_r(0)} \int_{B_r(0)} |y'(x) - y'(y)| \, dx \, dy \leq \left( \frac{1}{4r^2} \int_{B_r(0)} \int_{B_r(0)} |y'(x) - y'(y)|^2 \, dx \, dy \right)^{1/2}
\]

\[
\leq \left( \int_{B_r(0)} \int_{B_r(0)} \frac{|y'(x) - y'(y)|^2}{|x - y|^2} \, dx \, dy \right)^{1/2} \leq \frac{1}{2}
\]

Since \( \left| \frac{1}{2r} \int_{B_r(0)} y'(y) \, dy \right| \leq 1 \) we deduce that

\[
\inf_{\substack{a \in \mathbb{R} \mid \delta \leq 1 \atop \|a\| \leq 1}} \frac{1}{2r} \int_{B_r(0)} |y'(y) - a| \, dy \leq \frac{1}{2}.
\]

For \( x, y \in \mathbb{R}/\mathbb{Z} \) with \( |x - y| \leq 2\delta \) let \( r := \frac{1}{2} |x - y| \) and \( z \in \mathbb{R}/\mathbb{Z} \) be the midpoint of the shorter arc between \( x \) and \( y \). Then

\[
|y(x) - y(y)| = \sup_{\substack{a \in \mathbb{R} \mid \delta \leq 1 \atop \|a\| \leq 1}} \int_{B_r(0)} \langle y'(t), a \rangle \, dt
\]

\[
= \sup_{\substack{a \in \mathbb{R} \mid \delta \leq 1 \atop \|a\| \leq 1}} \int_{B_r(0)} \langle y'(t), y'(t) + (a - y'(t)) \rangle \, dt
\]

\[
\geq \left( 1 - \inf_{\substack{a \in \mathbb{R} \mid \delta \leq 1 \atop \|a\| \leq 1}} \frac{1}{2r} \int_{B_r(0)} |y'(t) - a| \, dt \right) |x - y|
\]

6
≥ \frac{1}{2}|x - y|

for all \( x, y \in \mathbb{R}/\mathbb{Z} \) with \( |x - y| \leq 2\delta \). Since \( \gamma \) is embedded and

\[
(x, y) \mapsto \frac{|\gamma(y) - \gamma(x)|}{|y - x|}
\]

defines a continuous positive function on \( I_\delta := \{(x, y) \in (\mathbb{R}/\mathbb{Z})^2 : |x - y| \geq 2\delta \} \), we furthermore have

\[
|\gamma(x) - \gamma(y)| \geq \min_{(\bar{x}, \bar{y}) \in \delta} \frac{|\gamma(\bar{y}) - \gamma(\bar{x})|}{|\bar{y} - \bar{x}|} |x - y|
\]

for all \( (x, y) \in I_\delta \). Hence, there is a \( c_0 = c_0(\gamma) > 0 \) with

\[
|\gamma(x) - \gamma(x + w)| \geq c_0|w|
\]

for all \( w \in [-1/2, 1/2] \). Lessening \( c_0 \) if necessary, we can also achieve by regularity

\[
\left| \gamma' \right| \geq c_0 \quad \text{on } \mathbb{R}/\mathbb{Z}.
\]

Letting \( \tau_0 := \frac{1}{2}c_0 \) we obtain for arbitrary \( \tilde{\gamma} \in Y \)

\[
|\tilde{\gamma}(u + w) - \tilde{\gamma}(u)| \geq |\gamma(u + w) - \gamma(u)| - |(\tilde{\gamma} - \gamma)(u + w) - (\tilde{\gamma} - \gamma)(u)|
\]

\[
\geq c_0|w| - \|\gamma' - \tilde{\gamma}'\|_{L^\infty} |w|
\]

\[
\geq \frac{1}{2}c_0|w|
\]

and

\[
\left| \tilde{\gamma}' \right| \geq \left| \gamma' \right| - \left| \gamma' - \tilde{\gamma}' \right| \geq c_0 - \|\gamma' - \tilde{\gamma}'\|_{L^\infty} \geq \frac{1}{2}c_0.
\]

From the latter estimate we deduce by (1.1) for \( u \in \mathbb{R}/\mathbb{Z}, w \in [-\frac{1}{2}, \frac{1}{2}] \)

\[
d_f(u + w, u) \geq d_f(u \pm w, u) \geq \frac{1}{2}c_0|w|.
\]

We have established (2.2) which gives (2.1).

We will use the last lemma to prove the following theorem, from which Theorem I will follow quite easily.
Lemma 2.3. For \( \varepsilon \in (0, \frac{1}{2}) \) the functional \( E^{(2)}_{\varepsilon} \) is continuously differentiable on \( H^{3/2}_{\varepsilon} \cap H^{1,\infty} \). The directional derivative at \( \gamma \in H^{3/2}_{\varepsilon} \) in direction \( \varphi \in H^{3/2}_{\varepsilon} \) exists and is given by

\[
\delta E^{(2)}_{\varepsilon}(\gamma; \varphi) = \int_{U_\varepsilon} \left\{ \frac{1}{|\gamma(u + w) - \gamma(u)|^2} \left( \frac{\gamma'(u)}{|\gamma'(u)|^2}, \varphi'(u) \right) - \left( \frac{\gamma(u + w) - \gamma(u), \varphi(u + w) - \varphi(u)}{|\gamma(u + w) - \gamma(u)|^3} \right) - \frac{d_3(u + w, u)^3}{|\gamma'(u)||\gamma'(u)|} \right\} \, dw \, du.
\]
Lemma 2.4. We have

\[ E^{(2)}_\varepsilon(\gamma) \to E^{(2)}(\gamma) \]
for all $\gamma \in H^{3/2}_w \cap H^{1,\infty}_w$.

Furthermore, for any $\gamma_0 \in H^{3/2}_w \cap H^{1,\infty}_w$ there is an open subset $Y \subset H^{3/2}_w \cap H^{1,\infty}_w$ and a constant $C = C(\gamma_0) < \infty$ such that

$$\limsup_{\varepsilon_1, \varepsilon_2 \to 0} \int_{X \cap Y} (E^{(2)}_{\varepsilon_1} - E^{(2)}_{\varepsilon_2}) \leq C\delta$$

(2.7)

for all subsets $X \subset H^{3/2}_w \cap H^{1,\infty}_w$ satisfying (2.6) with $\delta \in [0, 1]$.

Proof. From Lemma 2.1 we get a $H^{3/2}_w \cap H^{1,\infty}_w$ neighborhood $Y_0 \subset H^{3/2}_w \cap H^{1,\infty}_w$ of $\gamma$ such that (2.2) holds for all $\gamma \in Y_0$. Making $U_0$ smaller if necessary, we may also assume the existence of an $\varepsilon_0 > 0$ with

$$d_\gamma(u + w, u) = \mathcal{L}(\gamma|_{[u, u + w]})$$

for all $\gamma \in Y$ and $w \in [-\varepsilon_0, \varepsilon_0]$.

In order to bring the integrand in the definition of $E^{(2)}$ and $E^{(2)}_w$ in a more convenient form we introduce the function

$$g(\zeta, \eta, \vartheta, \iota) := \frac{c^{-2} - \eta^2}{\eta^2 - \zeta^2} \vartheta \iota$$

which is Lipschitz continuous and positive on $[\bar{c}, \infty)^4$ for any $\bar{c} > 0$. We define for $u \in \mathbb{R}/\mathbb{Z}$, $w \in [-\varepsilon_0, \varepsilon_0]$,

$$\mathcal{G}_\gamma : (u, w) \mapsto g \left( \int_0^1 \gamma'_1(u + \vartheta_1 w) d\vartheta_1, \int_0^1 \gamma'_2(u + \vartheta_2 w) d\vartheta_2, \int_0^1 \gamma'_3(u + w) d\vartheta_3, \int_0^1 \gamma'_4(u) d\vartheta_4 \right).$$

We have chosen $Y$ in such a way that the arguments in $\mathcal{G}$ are uniformly bounded away from zero. Then we decompose the integrand in the definition of $E^{(2)}$ for $|w| \leq \varepsilon_0$ into

\[
\begin{align*}
&\left( \frac{1}{|\gamma(u + w) - \gamma(u)|^2} - \frac{1}{d_\gamma(u + w, w)^2} \right) |\gamma'(u + w)||\gamma'(u)| \\
&= \frac{1}{w^2} \left( \int_0^1 |\gamma'(u + \vartheta_1 w) d\vartheta_1| - \frac{1}{\left( \int_0^1 |\gamma'(u + \vartheta_2 w)| d\vartheta_2 \right)^2} \right) |\gamma'(u + w)||\gamma'(u)| \\
&= \mathcal{G}_\gamma(u, w) \frac{\left( \int_0^1 |\gamma'(u + \vartheta_2 w)| d\vartheta_2 \right)^2 - \left( \int_0^1 |\gamma'(u + \vartheta_1 w) d\vartheta_1 \right)^2}{|w|^2} \\
&= \mathcal{G}_\gamma(u, w) \frac{\int_0^1 (|\gamma'(u + \vartheta_1 w)||\gamma'(u + \vartheta_2 w)| - (\gamma'(u + \vartheta_1 w), \gamma'(u + \vartheta_2 w))) d\vartheta_1 d\vartheta_2}{|w|^2}.
\end{align*}
\]
Using $2|a||b| - 2 \langle a, b \rangle = |a - b|^2 - ||a||^2$ for $a, b \in \mathbb{R}^n$ this can be written as

$$
\frac{1}{2} \mathcal{G}_\gamma(u, w) \int_{[0,1]^2} \left| y'(u + \theta_1 w) - y'(u + \theta_2 w) \right|^2 d\theta_1 d\theta_2
$$

$$
- \frac{1}{2} \mathcal{G}_\gamma(u, w) \int_{[0,1]^2} \left| y'(u + \theta_1 w) - y'(u + \theta_2 w) \right|^2 d\theta_1 d\theta_2.
$$

Using the decomposition of the integrand above, we get

We first use this to get

$$
E^{(2)}(\gamma) - E^{(2)}_x(\gamma) \leq C \int \int_{\mathbb{R}/\mathbb{Z} - \epsilon} \mathcal{G}_\gamma(u, w) \int_{[0,1]^2} \left| y'(u + \theta_1 w) - y'(u + \theta_2 w) \right|^2 d\theta_1 d\theta_2 du dw
$$

$$
\leq C \int \int_{\mathbb{R}/\mathbb{Z} - \epsilon} \int_{[0,1]^2} \left| y'(u + \theta_1 w) - y'(u + \theta_2 w) \right|^2 d\theta_1 d\theta_2 du dw \xrightarrow{\epsilon \to 0} 0
$$

which proves the pointwise convergence stated in the lemma.

Let now $0 < \epsilon_1 < \epsilon_2 < \epsilon_0$ and set

$$
F := E^{(2)} - E^{(2)}_{x_1}.
$$

Using the decomposition of the integrand above, we get

$$
F(\gamma) = \frac{1}{2} \int \int_{\mathbb{R}/\mathbb{Z} - \epsilon_1 < \epsilon < \epsilon_2} \mathcal{G}_\gamma(u, w) \int_{[0,1]^2} \left| y'(u + \theta_1 w) - y'(u + \theta_2 w) \right|^2 d\theta_1 d\theta_2 du dw
$$

$$
- \frac{1}{2} \int \int_{\mathbb{R}/\mathbb{Z} - \epsilon_1 < \epsilon < \epsilon_2} \mathcal{G}_\gamma(u, w) \int_{[0,1]^2} \left| y'(u + \theta_1 w) - y'(u + \theta_2 w) \right|^2 d\theta_1 d\theta_2 du dw
$$

$$
= \frac{1}{2} F^{(2)}_1(\gamma) - \frac{1}{2} F^{(2)}_2(\gamma).
$$

To estimate the difference $F(\gamma) - F(\gamma)$, we first consider

$$
|\mathcal{G}_{\gamma_1}(u, w) - \mathcal{G}_{\gamma_2}(u, w)|
$$

$$
\leq C \left| \int_{0}^{1} \gamma_1'(u + \theta_1 w) d\theta_1 - \int_{0}^{1} \gamma_2'(u + \theta_2 w) d\theta_2 \right|
$$

$$
+ C \left| \int_{0}^{1} \left( |\gamma_1'(u + \theta w)| - |\gamma_2'(u + \theta w)| \right) d\theta \right|
$$

$$
+ C \left| \gamma_1'(u + w) - |\gamma_2'(u + w)| + C \left| \gamma_1'(u) - |\gamma_1'(u)| \right|
$$

11
\[ \frac{1}{C} \int_0^1 \left| \gamma'(u + \theta w) - \gamma'(u + \theta w) \right| d\theta + C \left| \gamma'(u + w) - \gamma'(u) \right| \\
\leq C \left\| \gamma' - \gamma' \right\|_{L^\infty}.
\]
We arrive at
\[
\left| F^{(2)}_1(\gamma) - F_1(\gamma) \right| \\
\leq \int_{\mathbb{R}/[0,1]} \left| \mathcal{G}_\gamma(u, w) - \mathcal{G}_\gamma(u, w) \right| \left( \frac{\int_{[0,1]} \left| \gamma'(u + \theta_1 w) - \gamma'(u + \theta_2 w) \right|^2 d\theta}{w^2} \right) dw du \\
+ C \int_{\mathbb{R}/[0,1]} \int_{[0,1]} \left| \mathcal{G}_\gamma(u, w) \right| \left( \frac{\int_{[0,1]} \left| \gamma'(u + \theta_1 w) - \gamma'(u + \theta_2 w) \right|^2 d\theta_1}{w^2} \right) dw du \\
\leq C \left| \gamma' \right|_{H^1_{2\pi}} \left\| \gamma' - \gamma' \right\|_{L^\infty} + C \left[ \gamma' + \gamma' \right]_{H^1_{2\pi}} \left[ \gamma' - \gamma' \right]_{H^1_{2\pi}}
\]
where we set for \( \epsilon \in (0, \frac{1}{2}) \)
\[
\left[ f \right]_{H^1_{2\pi}}^{1/2} := \left( \int_{\mathbb{R}/[0,1]} \frac{|f(u + w) - f(w)|^2}{w^2} dw du \right)^{1/2}.
\]
For the second term we compute
\[
\left| F^{(2)}_2(\gamma) - F^{(2)}_2(\gamma) \right| \\
\leq \int_{\mathbb{R}/[0,1]} \left| \mathcal{G}_\gamma(u, w) - \mathcal{G}_\gamma(u, w) \right| \left( \frac{\int_{[0,1]} \left| \gamma'(u + \theta_1 w) - \gamma'(u + \theta_2 w) \right|^2 d\theta_1}{w^2} \right) dw du
\]
Using the chain and product rule for Sobolev spaces and the formula

\[
\text{The claim follows from}
\]

Proof of Proposition 2.2. In order to prove that directional derivatives exist at \( \gamma_0 \in H^{1/2}_w \cap H^{1,\infty} \) for all directions \( \varphi \in H^{3/2} \cap H^{1,\infty} \) let \( Y \) be as in the proof of Lemma 2.3 and

\[
X_0 := \{ \gamma_0 + \tau \varphi \mid \tau \in (-1,1) \}.
\]
First we observe that $X_0$ satisfies (2.6), thus being an admissible set for Lemma 2.4. Indeed, for $\gamma_\tau := \gamma_0 + \tau \varphi$, $|\tau| \leq 1$,

$$
\left( \int_{\mathbb{R}/\mathbb{Z} \times [-\varepsilon, \varepsilon]} \frac{\left| \gamma'_\tau(u + w) - \gamma'_\tau(u) \right|^2}{|w|^\alpha} \, dw \, du \right)^{1/2} \\
\leq \left( \int_{\mathbb{R}/\mathbb{Z} \times [-\varepsilon, \varepsilon]} \frac{\left| \gamma'(u + w) - \gamma'(u) \right|^2}{|w|^\alpha} \, dw \, du \right)^{1/2} + \left( \int_{\mathbb{R}/\mathbb{Z} \times [-\varepsilon, \varepsilon]} \frac{\left| \varphi'(u + w) - \varphi'(u) \right|^2}{|w|^\alpha} \, dw \, du \right)^{1/2}
$$

$$
\xrightarrow{\varepsilon \searrow 0} 0.
$$

(2.8)

from which we deduce, for

$$f_\varepsilon : \tau \mapsto E^{(2)}_\varepsilon(\gamma + \tau \varphi),$$

that

$$
\left| f'_{\varepsilon_1}(\tau) - f'_{\varepsilon_2}(\tau) \right| = \left| \delta E^{(2)}_{\varepsilon_1}(\gamma + \tau \varphi; \varphi) - \delta E^{(2)}_{\varepsilon_2}(\gamma + \tau \varphi; \varphi) \right| \\
\leq \limsup_{\varepsilon \to 0} \left| E^{(2)}_{\varepsilon_1}(\gamma + (\tau + \theta)\varphi) - E^{(2)}_{\varepsilon_2}(\gamma + \tau \varphi) - E^{(2)}_{\varepsilon_1}(\gamma + (\tau + \theta)\varphi) - E^{(2)}_{\varepsilon_1}(\gamma + \tau \varphi) \right| \theta \\
\leq \text{lip}_{\varepsilon_1, \varepsilon_2 \searrow 0} \left( E^{(2)}_{\varepsilon_1} - E^{(2)}_{\varepsilon_2} \right) \| \varphi \|_{H^{3/2}}
$$

(2.9)

As $E^{(2)}_\varepsilon \to E^{(2)}$ pointwise, this proves that $(f_\varepsilon)_{\varepsilon \geq 0}$ is a Cauchy sequence in $C^1((-\tau_0, \tau_0))$ converging to $E^{(2)}(\gamma + \tau \varphi) = \lim_{\varepsilon \to 0} E^{(2)}_\varepsilon(\gamma + \tau \varphi)$ as $\varepsilon \to 0$. Hence, especially all directional derivatives of $E^{(2)}$ exist and

$$\delta E^{(2)}(\gamma; \varphi) = \lim_{\varepsilon \searrow 0} \delta E^{(2)}_\varepsilon(\gamma; \varphi)$$

for all $\gamma \in H^{3/2}_{\text{ir}}, \varphi \in H^{3/2}$. The next step is to establish Gâteaux differentiability. To this end we merely have to show $\delta E^{(2)}(\gamma_0, \cdot) \in \left( H^{3/2} \right)^*$ for $\gamma_0 \in H^{3/2}_{\text{ir}}$. Linearity carries over from $E^{(2)}_\varepsilon$. In order to prove boundedness we introduce

$$X_\delta := \{ \gamma \in H^{3/2} : \| \gamma - \gamma_0 \|_{H^{3/2}} \leq \delta \} \quad \text{for } \delta \in (0, 1]$$

(2.10)

which also satisfies (2.6) as for $\gamma \in X_\delta$ we have

$$
\left( \int_{\mathbb{R}/\mathbb{Z} \times [-\varepsilon, \varepsilon]} \frac{\left| \gamma'(u + w) - \gamma'(u) \right|^2}{|w|^\alpha} \, dw \, du \right)^{1/2} \\
\leq \left( \int_{\mathbb{R}/\mathbb{Z} \times [-\varepsilon, \varepsilon]} \frac{\left| \gamma'_\delta(u + w) - \gamma'_\delta(u) \right|^2}{|w|^\alpha} \, dw \, du \right)^{1/2} + \delta \xrightarrow{\varepsilon \searrow 0} \delta.
$$

(2.11)
Now
\[
\delta E^{(2)}(\gamma_0; \varphi) = \delta E^{(2)}_\varepsilon(\gamma_0; \varphi) + \delta E^{(2)}(\gamma_0; \varphi) - \delta E^{(2)}_\varepsilon(\gamma_0; \varphi)
\]
\[
= \delta E^{(2)}_\varepsilon(\gamma_0; \varphi) + \lim_{\varepsilon_1 \to 0} \left( \delta E^{(2)}_\varepsilon(\gamma_0; \varphi) - \delta E^{(2)}_\varepsilon(\gamma_0; \varphi) \right)
\]
and thus, arguing as in (2.9) and recalling \( \delta E^{(2)}(\gamma_0; \cdot) \in \left( H^{3/2} \cap H^{1,\infty} \right)^* \),
\[
|\delta E^{(2)}(\gamma_0; \varphi)| \leq |\delta E^{(2)}_\varepsilon(\gamma_0; \varphi)| \leq \lim_{\varepsilon_1 \to 0} \lVert \text{lip}_{X_\varepsilon}(\text{E}^{(2)}_\varepsilon - \text{E}^{(2)}_\varepsilon^\prime) \rVert_{H^{3/2}} < \infty
\]
\[
\leq C(\lVert \varphi \rVert_{H^{3/2}} + \lVert \varphi \rVert_{H^{1,\infty}})
\]
for all \( \gamma_0 \in H^{3/2} \cap H^{1,\infty} \) and \( \varphi \in H^{3/2} \cap H^{1,\infty} \). Hence, \( E^{(2)} \) is Gâteaux differentiable and the differential is given by
\[
\left( E^{(2)} \right)^\prime(\gamma_0) = \delta E^{(2)}(\gamma_0; \cdot)
\]
for all \( \gamma_0 \in H^{3/2} \cap H^{1,\infty}, \varphi \in H^{3/2} \cap H^{1,\infty} \).

Finally, to see that the differential is continuous, let \( \sigma > 0 \) be given and let us choose \( \delta > 0 \) and \( \varepsilon > 0 \) so small that
\[
\text{lip}_{X_\varepsilon}(\text{E}^{(2)}_\varepsilon - \text{E}^{(2)}_\varepsilon^\prime) \leq C \delta \leq \frac{1}{2} \sigma
\]
for all \( \varepsilon_1, \varepsilon_2 < \varepsilon \) where \( X_\delta \) is as in (2.10). Then we have for \( \gamma \in X_\delta \cap Y \) and any \( \varphi \in H^{3/2} \cap H^{1,\infty} \)
\[
|\delta E(\gamma; \varphi) - \delta E(\gamma_0; \varphi)| \leq |\delta E^{(2)}(\gamma; \varphi) - \delta E^{(2)}_\varepsilon(\gamma; \varphi)| + |\delta E^{(2)}_\varepsilon(\gamma; \varphi) - \delta E^{(2)}_\varepsilon(\gamma_0; \varphi)|
\]
\[
+ |\delta E^{(2)}_\varepsilon(\gamma_0; \varphi) - \delta E^{(2)}_\varepsilon(\gamma_0; \varphi)|
\]
\[
\leq C(\delta) \leq \frac{1}{2} \sigma(\lVert \varphi \rVert_{H^{3/2}} + \lVert \varphi \rVert_{H^{1,\infty}}).
\]
Since \( E^{(2)}_\varepsilon \) is \( C^1 \) we deduce that there is an open neighborhood \( V \subset X_\delta \) of \( \gamma_0 \) such that
\[
|\delta E^{(2)}_\varepsilon(\gamma; \varphi) - \delta E^{(2)}_\varepsilon(\gamma_0; \varphi)| \leq \frac{1}{2} \sigma(\lVert \varphi \rVert_{H^{3/2}} + \lVert \varphi \rVert_{H^{1,\infty}})
\]
and hence
\[
|\delta E^{(2)}(\gamma; \varphi) - \delta E^{(2)}(\gamma_0; \varphi)| \leq \sigma(\lVert \varphi \rVert_{H^{3/2}} + \lVert \varphi \rVert_{H^{1,\infty}}).
\]
This proves that \( \left( E^{(2)} \right)^\prime \) is continuous from \( H^{3/2}_u \) into \( \left( H^{3/2} \cap H^{1,\infty} \right)^\prime \) and hence \( E^{(2)} \) is \( C^1 \left( H^{3/2}_u \cap H^{1,\infty} \right) \).

\textbf{Proof of Theorem I.} Using Lemma 2.3 we merely have to derive the formula of the first variation for a curve \( \gamma \in H^{3/2}_u \cap H^{1,\infty} \) parametrized by arc-length and \( \varphi \in H^{3/2} \cap H^{1,\infty} \). As \( |\gamma'| \equiv 1 \) a. e. we deduce from Proposition 2.2 and Equation (2.4)
\[
\delta E^{(2)}(\gamma; \varphi) \leftarrow 0 \int_{U_{\varepsilon}} \left\{ \left( \frac{1}{|\gamma'(u + w) - \gamma(u)|^2} - \frac{1}{w^2} \right) \langle \gamma'(u), \varphi(u) \rangle \right\}
\]

Most techniques for dealing with critical partial differential equations on the real line have been developed for equations on the whole Euclidean space. For that reason, we prefer working on the real line over working on the circle.

Note that if we consider the constant factors to be irrelevant with respect to the mathematical argument, for the sake of simplicity we will omit them in the calculations, writing \( \lesssim, \gtrsim, \approx \) instead of \( \lesssim, \gtrsim, = \).

Most techniques for dealing with critical partial differential equations of fractional order have been developed for equations on the whole Euclidean space. For that reason, we prefer working on the real line over working on the circle.

We will show that for every \( \gamma > 0 \) sufficiently large we have

\[
-2 \left\{ \frac{\langle \gamma(u + w) - \gamma(u), \varphi'(u + w) - \varphi'(u) \rangle}{|\gamma(u + w) - \gamma(u)|^2} - \frac{\varphi'(u + w)}{|u|^4} \right\} \, dw\, du
\]

where now

\[
\frac{d}{dx} \bigg|_{x=0} d_{x+\tau u} \varphi(u + w, u) = |u| \int_0^1 \langle \gamma'(u + \theta w), \varphi'(u + \theta w) \rangle \, d\theta
\]

for all \( (u, w) \in \mathbb{R}/\mathbb{Z} \times (-\frac{1}{2}, \frac{1}{2}) \). Hence,

\[
\delta E^{(\gamma; \varphi)} \overset{\epsilon \to 0}{\longrightarrow} 2 \int_{\mathbb{U}} \left\{ \left( \frac{1}{|\gamma(u + w) - \gamma(u)|^2} - \frac{1}{u^2} \right) \langle \gamma'(u), \varphi'(u) \rangle - \left( \frac{\langle \gamma(u + w) - \gamma(u), \varphi(u + w) - \varphi(u) \rangle}{|\gamma(u + w) - \gamma(u)|^4} - \frac{\varphi(u + w)}{|u|^4} \right) \right\} \, dw\, du
\]

\[
= 2 \int_{\mathbb{U}} \left( \frac{\langle \gamma'(u), \varphi'(u) \rangle}{|\gamma(u + w) - \gamma(u)|^2} - \frac{\langle \gamma(u + w) - \gamma(u), \varphi(u + w) - \varphi(u) \rangle}{|\gamma(u + w) - \gamma(u)|^4} \right) \, dw\, du
\]

\[
= 2 \int_{\mathbb{U}} \left( \frac{\langle \gamma'(u), \varphi'(u) \rangle}{|\gamma(u + w) - \gamma(u)|^2} - \frac{\langle \gamma(u + w) - \gamma(u), \varphi(u + w) - \varphi(u) \rangle}{|\gamma(u + w) - \gamma(u)|^4} \right) \, dw\, du.
\]

\[
\Box
\]

3. Initial regularity: Proof of Theorem III

Note that if we consider the constant factors to be irrelevant with respect to the mathematical argument, for the sake of simplicity we will omit them in the calculations, writing \( \lesssim, \gtrsim, \approx \) instead of \( \lesssim, \gtrsim, = \).

Most techniques for dealing with critical partial differential equations of fractional order have been developed for equations on the whole Euclidean space. For that reason, we prefer working on the real line over working on the circle.

We will show that for every \( u \in \mathbb{R}/\mathbb{Z} \) we have

\[
\Delta^{\frac{1}{2}} g' \in L^p((u - 1/20, u + 1/20))
\]

for a \( p > 2 \). Due to the invariance of the problem under shifting the parametrization, it is enough to show this for \( u = 1/2 \), i.e.

\[
\Delta^{\frac{1}{2}} g' \in L^p((9/20, 11/20)).
\] (3.1)
Let $\Delta^{s} = (-\Delta)^{s/2}$ be the fractional Laplacian on $\mathbb{R}$. Then $\Delta^{-1}$, $s \in (0, 1)$, can be represented using the Riesz potential by

$$\Delta^{-1} f(x) = c_s \int_{\mathbb{R}} \frac{f(y)}{|x - y|^{1+s}} \, dy. \quad (3.2)$$

In case of positive powers of the Laplacian $\Delta^s$, $s \in (0, 1)$, we use the corresponding formula

$$\Delta^s f(x) = c_s \int_{\mathbb{R}} \frac{f(y) - f(x)}{|x - y|^{1+s}} \, dy. \quad (3.3)$$

For a detailed introduction to the fractional Laplacian we refer to [Sch10, Section 2.5].

To move from the circle to the real line, we interpret functions on $\mathbb{R}/\mathbb{Z}$ as functions on $\mathbb{R}$ which are periodic with period 1. We then choose a cutoff function $\eta \in C_0^{\infty}(\mathbb{R})$, $\eta \equiv 1$ on $[-3, 4]$ and consider

$$g = \eta \cdot \gamma \quad (3.4)$$

instead of $\gamma$. We will show that $\Delta^s g' \in L^p((17/40, 23/40), \mathbb{R})$, for some $p > 2$ to conclude the proof.

Before we begin to outline the structure of the proof, let us shortly recapitulate the notion of Lorentz spaces and the main properties we are going to use in this article. For a measurable function $f : \Omega \to \mathbb{R}$ and $\Omega \subset \mathbb{R}$ one considers the *decreasing rearrangement*

$$f^*(t) := \inf \left\{ s > 0 : \mathcal{L}^1(|f| > s) \leq t \right\}$$

where $\mathcal{L}^1$ denotes the Lebesgue measure. We define

$$|f|_{(p,q),\Omega} := \left\{ \begin{array}{ll}
\left( \int_0^{\infty} \left( \sup_{t \geq 0} t^{1/p} f^*(t)^q \right)^{1/q} \right)^{1/q} & \text{if } p, q \in [1, \infty), \\
\sup_{t \geq 0} t^{1/p} f^*(t) & \text{if } q = \infty.
\end{array} \right. \quad (3.5)$$

Note that $| \cdot |_{(1, q), \Omega}$ and $| \cdot |_{(\infty, \infty), \Omega}$ are defined for $q_1 = 1$, $q_\infty = \infty$, only. Furthermore, $|f|_{(p, p), \Omega} \approx \|f\|_{L^p}$ for all $p \in [1, \infty]$. If $\Omega = \mathbb{R}$ we will omit $\Omega$ in the notation. Though $| \cdot |_{(p, q), \Omega}$ is not a norm, as it does not obey the triangle inequality, there is a norm $\| \cdot \|_{(p, q), \Omega}$ on the Lorentz spaces which is equivalent to $| \cdot |_{(p, q), \Omega}$. These norms satisfy a *Hölder inequality*, i.e., for $p_1, p_2, p \in [1, \infty)$ and $q_1, q_2, q \in [1, \infty]$ with $1/p_1 + 1/p_2 = 1/p + 1/q_1 + 1/q_2 = 1/q$ we have

$$\|fg\|_{(p, q), \Omega} \leq \|f\|_{(p_1, q_1), \Omega} \|g\|_{(p_2, q_2), \Omega}. \quad (3.5)$$

For $p_1, p_2, p \in (1, \infty)$ and $q_1, q_2 \in [1, \infty]$ with $1/p_1 + 1/p_2 = 1/p + 1$ and $1/q_1 + 1/q_2 = 1/q$ we have the *Young-O’Neil inequality* [Hun66]

$$\|f \ast g\|_{(p, q), \Omega} \leq \|f\|_{(p_1, q_1), \Omega} \|g\|_{(p_2, q_2), \Omega}. \quad (3.6)$$
Furthermore, we have the Sobolev inequality
\[ \| \Delta^{s} f \|_{(p, q)} \lesssim \| f \|_{(p, q)} \]
for all \( s \geq 0, p \in [1, \infty), q \in [1, \infty] \) and \( p^* := \frac{1}{1 - sp} \in [1, \infty) \). Further information and proofs can be found in [Hun66, Gra08, Tar07].

The main reason for using Lorentz spaces in the context of critical equations, i.e. equations to which standard Gagliardo-Nirenberg-Sobolev embeddings cannot be applied to gain regularity, is the following fact. Although for functions \( f \) the \( L^2 \)-norm of \( \Delta^{1/4} f \) does not control the \( L^\infty \)-norm of \( f \), the \( L^2, 1 \) norm does, i.e. we have the estimate
\[ \| f \|_{\infty} \lesssim \| \Delta^{1/4} f \|_{(2, 1)}. \]
We will also need this in the more general form
\[ \| f \|_{\infty} \lesssim \| \Delta^{s/2} f \|_{(1, 1)}, \]
for all \( s \in (0, 1) \).

In order to prove our regularity result, we will prove a Dirichlet growth theorem for the weak \( H^1/2 \)-energy of \( \gamma' \) on balls in a manner comparable to [DLR11a, Sch12] – which are as well in the setting of sphere-valued mappings. In contrast to these papers, the techniques from [DLR11b, DL11, Sch11] deal with a more general setting, but have to work (as we will here) with estimates of the \( L^{2, \infty} \)-norm instead of the \( L^2 \)-norm. Note, that our right-hand side looks different from their’s. In order to obtain the estimates of the norms \( \| \Delta^{s/2} g' \|_{(2, \infty)} \) on small balls, we will have to use different arguments.

To prove the regularity theorem, we begin with an approach appearing in [DLR11a, Sch12] and divide \( \Delta^{s/2} g' \) into the part parallel to \( g' \) (and thus normal to the sphere \( S^{n-1} \)) and the term perpendicular to \( g' \) (tangential to the sphere). More precisely, we use that for \( p \in [1, \infty), q \in [1, \infty] \)
\[ \| \Delta^{s/2} g' \|_{(p, q), B_r} \lesssim \| \langle g', \Delta^{1/2} g' \rangle \|_{(p, q), B_r} + \sup_{\omega_{ij}} \| g'_j \omega_{ij} \Delta^{s/2} g'_i \|_{(p, q), B_r}, \]
where the supremum is over \( \omega_{ij} = -\omega_{ji} \in [-1, 0, 1] \). For a detailed version of this linear algebraic fact, the interested reader is referred to the appendix of [DLS12].

### 3.1. Estimate of the normal part

We have
\[ \langle g', \Delta^{1/2} g' \rangle = -\frac{1}{2} H_{\Delta^{1/2}}(g', g') + \frac{1}{2} \Delta^{s} |g'|^2, \]
where
\[ H_s(a, b) := \Delta^{s}(ab) - a \Delta^{s} b - b \Delta^{s} a. \]
Note that for any $s \in (0, 1)$, we have

$$\Delta^\sharp |g'|^2 \overset{(3.4)}{=} \Delta^\sharp \eta^2 + 2\Delta^\sharp (\eta' g') + \Delta^\sharp (|\eta'|^2 |g'|^2) \in L^\infty((0, 1)).$$

(3.10)

In fact, $\Delta^\sharp \eta^2 \in L^\infty$ by interpolation inequalities. For the remaining terms we use the quasi-locality, Lemma A.1, and the support of $\eta$ and $\eta'$.

As in [Sch11] we will use pointwise estimates for $H_s$ and some quantitative version of the quasi-locality to estimate the normal part of $\Delta^\sharp g'$:

**Lemma 3.1.** For any $s \in [0, \frac{1}{2})$ there exists $\theta > 0$ such that for any $B_r \subset [0, 1]$, $\Lambda > 2$

$$\|\Delta^\sharp (g', \Delta^\sharp g')\|_{L^\infty, B_r} \leq \|\Delta^\sharp g'\|^2_{L^\infty, B_r} + \|\Delta^\sharp g'\|_{L^\infty, B_r}^2 \sum_{k=2}^\infty \Lambda^{-\theta(k-1)} \|\Delta^\sharp g'\|_{L^\infty, B_r} + r^{\theta s}. \quad (3.11)$$

For the readers’ convenience, a proof will be given in the appendix.

### 3.2. Estimate of the tangential part

It then remains to estimate the part normal to $g'$ (tangential to the sphere), i.e. for $\omega_{ij} = -\omega_{ji} \in \{-1, 0, 1\}$, $1 \leq i, j \leq n$ we need to estimate suitable norms on small balls of the term $g' \omega_{ij} \Delta^\sharp g'_i$.

We have

$$\int_{B_r} g' \omega_{ij} \Delta^\sharp g'_i \Delta^\sharp \varphi = \int_{B_r} \Delta^\sharp g'_i \Delta^\sharp (\omega_{ij} g'_j) \varphi - \int_{B_r} \Delta^\sharp g'_i \omega_{ij} \Delta^\sharp g'_j \varphi - \int_{B_r} \Delta^\sharp g'_i \omega_{ij} H_{1/2} (g'_j, \varphi)$$

$$= \int_{B_r} \Delta^\sharp g'_i \Delta^\sharp (\omega_{ij} g'_j) \varphi - \int_{B_r} \Delta^\sharp g'_i \omega_{ij} H_{1/2} (g'_j, \varphi) \quad (3.12)$$

where we have used that due to $\omega_{ij} = -\omega_{ji}$ the second term on the right-hand side of the first line vanishes.

The second term can be estimated analogously to similar terms in [DLR11b, DL11, Sch11] using again quasi-locality together with Sobolev embeddings.

**Lemma 3.2.** There is $\theta > 0$, $s_0 \in (0, \frac{1}{2})$ such that for all $\phi \in C^\infty_0 (B_r)$, $\Lambda > 10$, $s \in [0, s_0)$ we have

$$\int_{B_r} \Delta^\sharp g' \omega_{ij} H_{1/2} (g'_j, \phi) dx$$

$$\leq \|\Delta^\sharp g'\|_{L^\infty, B_r} + \|\Delta^\sharp g'\|_{L^\infty, B_r}^2 \sum_{k=2}^\infty \Lambda^{-\theta(k-1)} \|\Delta^\sharp g'\|_{L^\infty, B_r}.$$

19
A proof is provided in the appendix.
It remains to estimate the first term on the right-hand side of Equation (3.12) for which we will use the Euler-Lagrange equation (1.6).

Combining this equation with the formula
\[
\int_{\mathbb{R}} \Delta^{1/4} f_1^{1/4} f_2' = c \lim_{\varepsilon \to 0} \int_{\mathbb{R}} \int_{(-\varepsilon, \varepsilon)} \left( f_1'(u) - f_2'(u) \right) du \quad (3.13)
\]
due to He [He99, Proposition 2] we get the following estimate which contains all the information of the Euler-Lagrange equation we need to proceed in the proof:

**Lemma 3.3** (Essential Euler-Lagrange equation). There is a constant \( C < \infty \) such that
\[
\int_{\mathbb{R}} \left\langle \Delta^{1/4} f', \Delta^{1/4} g' \right\rangle \leq C \int_{\mathbb{R}} |\phi'(u)| du + C \|\phi\|_{L^2} \quad (3.14)
\]
for any \( \phi \in C_0^\infty((4/10, 6/10), \mathbb{R}^n) \) with \( \langle \phi, \gamma' \rangle \equiv 0 \) where
\[
\Gamma(u) := \int_{(-1,1)^4} \int_{-1/4}^{1/4} \frac{|g'(u) - g'(u + s_2 w)| |g'(u + s_3 w) - g'(u + s_4 w)|^2}{|w|^2} dw ds.
\]
The heart of the proof of Theorem III is the following pointwise estimate of the term \( \Gamma(u) \) which afterwards will be transformed into a bound of its \( L^1 \)-norm.

**Lemma 3.4** (Key-estimate of \( \Gamma \)). We have
\[
\Gamma(u) \leq \left| \Delta^{1/2} \Delta^{1/2} g'(u) \right|^2 \quad (3.15)
\]
almost everywhere.

Lemmata 3.3 and 3.4 are the essential new estimates in this article. Using these and the above mentioned improved Sobolev embeddings for Lorentz spaces, we are ready to prove the following estimate. This will then allow us to prove a Dirichlet growth of the \( L^{2, \infty} \)-norm of \( \Delta^{1/2} g' \).

**Lemma 3.5.** There exist \( R > 0, s_0 \in (0, 1/2) \), and \( \sigma > 0 \) such that for any \( \Lambda > 2, s \in [0, s_0), B_{\Lambda r} \subset (\frac{5}{10}, \frac{9}{10}), r \in (0, \Lambda^{-1} R) \) and \( \varphi \in C_0^\infty(B_1) \) we have
\[
\int g'(\omega_1) \Delta^{1/2} f_1' \Delta^{1/2} \varphi
\]
\[ \leq \| \Delta^s \Delta^k \varphi \|_{L^p_{\omega, s}} \left( r^s + \| \Delta^k \varphi \|^2_{L^p_{\omega, s}} + \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2 \sum_{k=2}^{\infty} \Lambda^{-\theta(k-1)} \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2 \right). \]

### 3.3. Conclusion of the proof of Theorem III

Combining Lemma 3.5 with Proposition A.3, we get

\[ \| \Delta^k \varphi \|_{L^p_{\omega, s}} \leq \left( r^s + \| \Delta^k \varphi \|^2_{L^p_{\omega, s}} + \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2 \sum_{k=2}^{\infty} \Lambda^{-\theta(k-1)} \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2 \right) + r^{-\eta} \sum_{k=2}^{\infty} \Lambda^{-\theta(k-1)} \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2, \]  

(3.16)

for some \( \theta > 0 \) uniformly in \( \Lambda \).

Let us first use this for \( s = 0 \), to get in view of (3.7) and Lemma 3.1 that for all \( \varepsilon > 0 \) we have for sufficiently small \( r > 0 \), \( B_r \subset \left( \frac{4}{10}, \frac{6}{10} \right) \) and big enough \( \Lambda \)

\[ \| \Delta^k \varphi \|_{L^p_{\omega, s}} \leq C \left( r^s + \| \Delta^k \varphi \|^2_{L^p_{\omega, s}} + (1 + \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2) \sum_{k=2}^{\infty} \Lambda^{-\theta(k-1)} \| \Delta^k \varphi \|_{L^p_{\omega, s}}^2 \right), \]

uniformly in \( \Lambda \) and \( \varepsilon \).

Let us fix such an \( r_0 \), and consider the above equation for \( r = \Lambda^{-k} r_0 \) (w.l.o.g. \( r_0 = 1 \)). Setting \( b_0 := \| \Delta^k \varphi \|_{L^p_{\omega, s}} \) and \( b_k := \| \Delta^k \varphi \|_{L^p_{\omega, s}} \) the above estimate for any \( k \in \mathbb{N} \) reads as

\[ b_k \leq \Lambda^{-\theta k} + \varepsilon b_{k-1} + \sum_{l=0}^{k-2} \Lambda^{-\theta(k-l)} b_l. \]

Using the iteration argument, Lemma A.8, leads to

\[ \| \Delta^k \varphi \|_{L^p_{\omega, s}} \leq C \gamma r^\rho \]

(3.17)

for all \( B_{\Lambda r} \subset \left( \frac{4}{10}, \frac{6}{10} \right) \), \( r \in (0, R) \). In fact, (3.17) holds for all \( B_{\Lambda r}(x_0) \) with \( x_0 \in \left( \frac{4}{10}, \frac{6}{10} \right) \) and \( r > 0 \) with a constant \( C \) depending on \( \text{dist} \left( \left\{ x_0, \frac{4}{10}, \frac{6}{10} \right\} \right) \). To see this, consider a given compact set \( K \subset \left( \frac{4}{10}, \frac{6}{10} \right) \) and \( x_0 \in K \). If \( B_{\Lambda r}(x_0) \subset \left( \frac{4}{10}, \frac{6}{10} \right) \) then (3.17) holds for \( r < R \) by the iteration argument. If \( r \geq R \) we also obtain (3.17) where \( C \) additionally depends on \( R \). If, however, \( B_{\Lambda r}(x_0) \notin \left( \frac{4}{10}, \frac{6}{10} \right) \) then \( r > R_0(K) \) for some \( R_0(K) \) which again leads to (3.17).

This immediately implies Hölder regularity of the solution \( \varphi \). Instead, let us iterate the above argument to get \( \Delta^k \varphi \in L^p_{\omega, s}((4/10, 6/10)) \).

Let us assume without loss of generality that \( \sigma < \frac{4}{5} \). Then, plugging (3.17) into (3.16) one obtains

\[ \| \Delta^k \varphi \|_{L^p_{\omega, s}} \leq C_{\Lambda, \gamma, T, R} \rho_{\min}^{\min(\sigma, \theta, \sigma - 2 \sigma)} \]
for small enough $s \geq 0$. We are interested in this inequality for small $s > 0$ and $\delta := \min\{\tau, \tilde{\tau}, \tilde{\sigma} - s\} > 0$.

On the other hand, (3.17) and (3.11) together imply for any small enough $r > 0$, $B_r$ centered within $K \subset \subset (\frac{4}{10}, \frac{6}{10})$, setting $\Lambda := r^{-\frac{3}{2}}$

$$
\|\Delta_1^4 (g', \Delta_1^4 g')\|_{(\frac{4}{3}, \infty), R} \leq \|\Delta_1^4 g'\|_{(2, \infty), B_r}^2 + r^2 \|\Delta_1^4 g''\|_{(2, \infty), R}^2
$$

That is, $\Delta_1^4 (g', \omega_j \Delta_1^4 g')$, and $\Delta_1^4 (g', \Delta_1^4 g')$ both belong locally to a Morrey space $L^{p, q}_{loc}$ on $(\frac{4}{10}, \frac{6}{10})$. More precisely, for some $\lambda \in (0, 1)$ we have

$$
\Delta_1^4 (g', \omega_j \Delta_1^4 g') \in L^{\frac{4}{3}, \infty}_{loc} (\frac{4}{10}, \frac{6}{10}),
$$

$$
\Delta_1^4 (g', \Delta_1^4 g') \in L^{\frac{4}{3}, \infty}_{loc} (\frac{4}{10}, \frac{6}{10}).
$$

The boundedness of Riesz potentials on Morrey spaces, as shown in [Ada75], imply that for some $p > 2$

$$
g', \omega_j \Delta_1^4 g', (g', \Delta_1^4 g') \in L^p_{loc} \left(\frac{4}{10}, \frac{6}{10}\right).
$$

Together, using (3.7), we have shown

$$
\Delta_1^4 g' \in L^p_{loc} \left(\frac{4}{10}, \frac{6}{10}\right),
$$

which finishes the proof of Theorem III.

3.4. Essential Euler-Lagrange estimate: Proof of Lemma 3.3

The main idea is to use $\phi$ as the derivative of a test function for the Euler-Lagrange equation. Of course this is not possible directly, but after some precaution we can actually do it. For $\phi \in C^\infty_0 ((4/10, 6/10))$ we set

$$
h(u) := \int_0^u \phi(t) dt - au
$$

where $a = \int_0^1 \phi(t) dt$ is chosen such that $h(0) = h(1)$. Hence, if we set

$$
h_k(t + k) := h(t), \quad \forall t \in [0, 1), k \in \mathbb{Z},
$$
\[ \phi_{\pi}(k + t) := \phi(t), \quad \forall t \in [0, 1), k \in \mathbb{Z}, \]

\( h \) is a smooth one periodic function satisfying

\[ h'(u) = \phi_{\pi} - a. \]

and, as we assume in Lemma 3.3 that \( \langle \phi_{\pi}, \gamma' \rangle \equiv 0 \), also

\[ \langle \phi_{\pi}, \gamma' \rangle \equiv 0. \]

Since \( \gamma \) is a stationary point of the Möbius energy, testing the equation (1.6) with \( h_{\pi} \), (recall (1.4), (1.5),(1.3))

\[ Q(\gamma, h_{\pi}) := \lim_{\varepsilon \to 0} Q_{\varepsilon}(\gamma, h_{\pi}) = T_{1}(\gamma, h_{\pi}) + T_{2}(\gamma, h_{\pi}). \] (3.18)

As \( \phi_{\pi} \) is perpendicular to \( \gamma' \) we can estimate the term \( T_{1}(\gamma, h_{\pi}) \) by

\[ T_{1}(\gamma, h_{\pi}) = \int_{-1/2}^{1/2} \int_{-1}^{1} \langle \gamma'(u), \phi_{\pi}(u) - a \rangle \left( \frac{1}{|\gamma(u + w) - \gamma(u)|^2} - \frac{1}{w^2} \right) \] \[ \leq |a|E^{(2)}(\gamma) \leq C||\phi||_{L^1} \leq C||\phi||_{L^2}. \] (3.19)

As for the remaining terms \( Q(\gamma, h_{\pi}) \) and \( T_{2}(\gamma, h_{\pi}) \), we will identify them essentially with the left-hand side of (3.14) and the \( \Gamma \)-term on the right-hand side of (3.14), respectively. A technical detail one has to take into account here, is that the domain of (3.18) is the torus \( \mathbb{R}/\mathbb{Z} \), whereas the respective domain in (3.14) is the real line \( \mathbb{R} \). To estimate the other terms, let us introduce for \( f_{1}, f_{2} \in H^{1/2}_{loc}(\mathbb{R}, \mathbb{R}^{n}) \) the operators

\[ \tilde{Q}_{\varepsilon}(f_{1}, f_{2}) := \int_{L_{\varepsilon}} \int_{0}^{1} \left( \langle f_{1}'(u), f_{2}'(u) \rangle - \frac{\langle f_{1}(u + w) - f(u), f_{2}(u + w) - f_{2}(u) \rangle}{w^2} \right) \] \[ \int_{0}^{1} dw du \] \[ = \int_{L_{\varepsilon}} \int_{0}^{1} \int_{0}^{1} \left( \langle f_{1}'(u), f_{2}'(u) \rangle - \frac{\langle f_{1}'(u + s_{1}w), f_{2}'(u + s_{2}w) \rangle}{w^2} \right) \] \[ \int_{0}^{1} ds_{1} ds_{2} dw du, \]

where \( L_{\varepsilon} := [-1/4, 1/4] \ \setminus [-\varepsilon, \varepsilon] \),

\[ \tilde{Q} := \lim_{\varepsilon \to 0} \tilde{Q}_{\varepsilon}, \]
and

\[
T_2(f_1, f_2) = \int_{0}^{1/4} \int_{0}^{1/4} \left( f_1(u + w) - f_1(u), f_2(u + w) - f_2(u) \right) \frac{1}{\|\gamma(u + w) - \gamma(u)\|^2} \, dw \
\]

Recall that \([-\frac{1}{2}, \frac{1}{2}] \setminus (-\epsilon, \epsilon)\) is used for the definition of \(Q\) and \(\tilde{T}_\epsilon := [-1/4, 1/4] \setminus [-\epsilon, \epsilon]\) is used for \(Q\), so the difference only contains the set where \(|w| > \frac{1}{4}\), thus \(|w|^{-2}\) is not a singularity. Quantitatively, this reads as

\[
|\tilde{Q}(y, h) - Q(y, h)| + |\tilde{T}_2(y, h) - T_2(y, h)| \leq C||y'||_{L^2}||h'||_{L^2} \leq C||y'||_{L^2}||\phi||_{L^2},
\]

where we have used that \(\gamma\) is bi-Lipschitz in order to deal with \(T_2\).

We now compute

\[
\tilde{Q}_\epsilon(y, h_\epsilon) = \int_{\tilde{T}_\epsilon} \int_{0}^{1} \int_{0}^{1} \left( \langle \gamma'(u), h_\epsilon'(u) \rangle - \langle \gamma'(u + s_1 w), h_\epsilon'(u + s_2 w) \rangle \right) \, ds_1 \, ds_2 \, dw \
\]

\[
= \int_{\tilde{T}_\epsilon} \int_{0}^{1} \int_{0}^{1} \left( \langle \gamma'(u), \phi_\epsilon \rangle - \langle \gamma'(u + s_1 w), \phi_\epsilon(u + s_2 w) \rangle \right) \, ds_1 \, ds_2 \, dw \
\]

\[
- \int_{\tilde{T}_\epsilon} \int_{0}^{1} \int_{0}^{1} \left( \langle \gamma'(u), a \rangle - \langle \gamma'(u + s_1 w), a \rangle \right) \, ds_1 \, ds_2 \, dw \
\]

\[
= \int_{\tilde{T}_\epsilon} \int_{0}^{1} \int_{0}^{1} \left( \langle \gamma'(u), \phi(u) \rangle - \langle \gamma'(u + s_1 w), \phi(u + s_2 w) \rangle \right) \, ds_1 \, ds_2 \, dw. \tag{3.22}
\]

Here we have used that \(\int_{\tilde{T}_\epsilon} \gamma'(u + w) \, dw = 0\) for all \(\tilde{w}\), i.e. the term (3.22) is constantly zero for any \(w\). The term (3.23) essentially is the \(L^2\)-pairing of \(\Delta^2 \gamma'\) and \(\Delta^2 \phi\). More precisely we will show

\[
|\tilde{Q}(y, h_\epsilon) - \int_{R} \Delta^2 \gamma' \Delta^2 \phi| \leq C_{\gamma}||\phi||_{L^2}. \tag{3.24}
\]

24
Proof of (3.24). Using (3.13), we have for any $f_1, f_2 \in C^0_0(\mathbb{R})$ as $\varepsilon \to 0$

\[
\int_\mathbb{R} \Delta_1^2 f_1 \Delta_1^2 f_2 \, du + o(1)
\]

\[
= c \int_\mathbb{R} \int_0^1 \int_0^1 \left( (f_1'(u), f_2'(u)) - (f_1'(u + s_1 w), f_2'(u + s_2 w)) \right) \, ds_1 \, ds_2 \frac{dw}{|w|^2} \, du.
\]

(3.25)

We now connect and (3.25) and (3.23). The technical problem is, that the integral of $\phi$ is not a feasible test-function for (3.25). Let therefore for $\eta_{[-10,10]} \in C^0_0((-11,11))$ and $\eta_{[-10,10]} \equiv 1$ in $[-10, 10]$,

\[
\psi := \left( u \mapsto \eta_{[-10,10]} \int_0^u \phi \right) \in C^0_0(\mathbb{R}).
\]

Thus, $\psi$ is a feasible test-function for (3.25), which $\phi$ is not. Moreover,

\[
\psi' = \eta_{[-10,10]} \phi + \eta_{[-10,10]}' \int_0^u \phi \sup_{\sup_{[\cdot]} \equiv \eta_{[-10,10]}} \phi + \eta_{[-10,10]}' \int_0^u \phi.
\]

(3.26)

We thus arrive at

\[
\tilde{Q}_c(\gamma, h) = \int_\mathbb{R} \int_0^1 \int_0^1 \left( (g'(u), \phi(u)) - (g'(u + s_1 w), \phi(u + s_2 w)) \right) \, ds_1 \, ds_2 \frac{dw}{|w|^2} \, du
\]

\[
= \int_\mathbb{R} \int_0^1 \int_0^1 \left( (g'(u), \psi(u)) - (g'(u + s_1 w), \psi(u + s_2 w)) \right) \, ds_1 \, ds_2 \frac{dw}{|w|^2} \, du
\]

\[
- \int_\mathbb{R} \int_0^1 \int_0^1 \left( (g'(u), \psi(u)) - (g'(u + s_1 w), \psi(u + s_2 w)) \right) \, ds_1 \, ds_2 \frac{dw}{|w|^2} \, du
\]

\[
\equiv \int_\mathbb{R} \int_0^1 \int_0^1 \left( (g'(u), \psi(u)) - (g'(u + s_1 w), \psi(u + s_2 w)) \right) \, ds_1 \, ds_2 \frac{dw}{|w|^2} \, du
\]

(3.25)

\[
- \int_\mathbb{R} \int_0^1 \int_0^1 \left( (g'(u), \psi(u)) - (g'(u + s_1 w), \psi(u + s_2 w)) \right) \, ds_1 \, ds_2 \frac{dw}{|w|^2} \, du
\]

25
\( \langle \Delta^{1/4} g', \Delta^{1/4} \phi \rangle \)

\[ + \int \langle \Delta^{1/4} g', \Delta^{1/4} (\eta'_{[-10,10]} \int_0 \phi) \rangle \]

\[- \int \int \int \int (\langle g'(u), \psi'(u) \rangle - \langle g'(u + s_1 w), \psi'(u + s_2 w) \rangle) \ ds_1 \ ds_2 \ dw^2 \ du. \]

\[+ o(1). \]

Now, by usual interpolation and/or imbedding of Sobolev spaces, see, e.g. \[ Tar07, Sch10 \]

\[ \|\Delta^{1/4} f\|_{L^2, \mathbb{R}} \leq \|f\|_{L^2, \mathbb{R}} + \|f'\|_{L^2, \mathbb{R}}. \]

we have

\[ \|\Delta^{1/4} (\eta'_{[-10,10]} \int_0 \phi)\|_{L^2, \mathbb{R}} \leq \|\phi\|_1 + \|\phi\|_2 \sup_{\text{supp} \phi} \leq \|\phi\|_2. \]

Moreover,

\[ \int \int \int \int (\langle g'(u), \psi'(u) \rangle - \langle g'(u + s_1 w), \psi'(u + s_2 w) \rangle) \ ds_1 \ ds_2 \ dw^2 \ du \]

\[ \leq \int \int \ |w|^{-2} \|g'\|_2 \|\psi'\|_2 \]

\[ \leq \|g'\|_{L^2, \mathbb{R}} \left( \|\phi\|_{L^1, \mathbb{R}} + \|\phi\|_{L^2, \mathbb{R}} \right) \sup_{\text{supp} \phi} \]

\[ \leq C_\gamma \|\phi\|_{L^2, \mathbb{R}}. \]

Thus, we have shown that \( (3.24) \) holds. \( \square \)

To estimate \( \tilde{T}_2(\gamma, h) \) we calculate

\[ \tilde{T}_2(\gamma, h) = \int \int \int \int \langle \gamma'(u + s_1 w), \phi_s(u + s_2 w) + a \rangle w^2 \]

\[ \cdot \left( \frac{1}{|\gamma(u + w) - \gamma(u)|^2} - \frac{1}{|w|^2} \right) \ ds_1 \ ds_2 \ dw \ du \]
From (3.5) we get

\[ \left( \frac{1}{|\gamma(u + w) - \gamma(w)|^2} - \frac{1}{|w|^2} \right) ds_1 \, ds_2 \, dw \, du \]

and using

\[ w^2 \left( \frac{1}{|\gamma(u + w) - \gamma(w)|^2} - \frac{1}{|w|^2} \right) = \frac{u^4}{|\gamma(u + w) - \gamma(w)|^2} \left( 1 - \frac{|\gamma(u+w) - \gamma(w)|^2}{u^2} \right) \leq C \frac{1}{u^2} \]

we get

\[ |T_2(\gamma, h)| \leq |a| E^{(2)}(\gamma) \]

\[ + \int_0^{1/4} \int_0^{1/4} \int_0^{1/4} \int_0^{1/4} \frac{|\gamma'(u + s_1 w) - \gamma'(u + s_2 w)|}{|\gamma'(u + s_1 w) - \gamma'(u + s_2 w)|^2} \left| |\gamma(u + s_2 w) - \gamma(u + s_2 w)|^2 \right| \phi(u + s_2 w) \, ds \, dw \, du \]

\[ \leq C \|\phi\|_{L^2} + \int_0^{1/4} \int_0^{1/4} \int_0^{1/4} \int_0^{1/4} \frac{|\gamma'(u + s_1 w) - \gamma'(u)|}{|\gamma'(u) + s_2 w) - \gamma'(u + s_2 w)|^2} \left| |\gamma(u + s_2 w) - \gamma(u + s_2 w)|^2 \right| \phi(u) \, ds \, dw \, du \]

(3.27)

From (3.21),(3.19),(3.24), and (3.27) one gets the claim, since \( \gamma' = g' \) on \([-1/4, 5/4]\).

### 3.5. Key-estimate of \( \Gamma \): Proof of Lemma 3.4

Let

\[ F(u) := |\Delta^2 g'(u)|. \]

Since \( g', \Delta^2 g' \in L^2 \), we obtain

\[ g'(x) - g'(y) = \Delta^{-\frac{1}{2}}(\Delta^2 g')(x) - \Delta^{-\frac{1}{2}}(\Delta^2 g'(y)) \]

\[ = c_2 \left( \int |x - \xi|^{1+\frac{1}{2}} \Delta^{\frac{1}{2}} g'(\xi) d\xi - \int |y - \xi|^{1+\frac{1}{2}} \Delta^{\frac{1}{2}} g'(\xi) d\xi \right), \]

27
then
\[ |g'(x) - g'(y)| \leq \int_{\mathbb{R}} |\xi - x|^{-1+\frac{k}{2}} - |\xi - y|^{-1+\frac{k}{2}}| \, F(\xi) \, d\xi, \]
and hence
\[ \Gamma(u) \leq \int_{(-1,1)^3} \int_{\mathbb{R}^3}^{1/4} F(\xi_1) \, F(\xi_2) \, k(\xi, u, s, w) \, dw \, d\xi \, ds, \]
where for almost every \( s = (s_1, s_2, s_3) \in (-1, 1)^3, \xi = (\xi_1, \xi_2, \xi_3) \in \mathbb{R}^3, w \in \mathbb{R}, u \in \mathbb{R}, \)
\[ k(\xi, u, s, w) = \frac{m(\xi_1 - u, 0, s_1, w) \, m(\xi_2 - u, s_2, s_3, w) \, m(\xi_3 - u, s_2, s_3, w)}{|u|^4} \]
and
\[ m(a, s, t, w) := ||a + sw|^{-\frac{k}{2}} - |a + tw|^{-\frac{k}{2}}|. \]
The characteristic behavior of \( k \) is as follows: The factors \( m(\cdot, \cdot, \cdot, w) \) will behave like \( |u|^\delta \) in a neighborhood of \( w = 0 \) such that they somewhat absorb the singularity of \( w^{-2} \), i.e. \( k \) becomes integrable around \( w = 0 \). More precisely, we will derive the estimate
\[ \int_{(-1,1)^3} k(\xi, u, s, w) \, ds \]
\[ \leq |u|^{3k-2} |\xi_1 - u|^{-1/2-\delta} \sum_{(\sigma(2), \sigma(3)) \in \{2, 3, (2, 3)\}} \int_{-1}^{1} |\xi_{\sigma(2)} - u|^{-1/2-\delta} \int_{-1}^{1} |\xi_{\sigma(3)} - u + tw|^{-1/2-\delta} \, dt \]  
\[ + |u|^{3k-2} |\xi_1 - u|^{-1/2-\delta} \int_{-1}^{1} |\xi_2 - u + tw|^{-1/2-\delta} |\xi_3 - u + tw|^{-1/2-\delta} \, dt. \]  
We start with some abstract treatment of \( m \).

In case 1,
\[ \max (|a + sw|, |a + tw|) \geq 2|s - t||u|, \]
we obtain
\[ |a + sw| = |a + tw|. \]
Applying the mean value theorem, for any \( \delta \in (0, 1) \) we arrive at
\[ m(a, s, t, w) \leq \max \left( |a + sw|^{-3/2}, |a + tw|^{-3/2} \right) |s - t||u| \]
\[ \leq \max \left( |a + sw|^{-1/2-\delta}, |a + tw|^{-1/2-\delta} \right) \max \left( |a + sw|^{-1+\delta}, |a + tw|^{-1+\delta} \right) |s - t||u| \]
\[ \leq \max \left( |a + sw|^{-1/2-\delta}, |a + tw|^{-1/2-\delta} \right) \int_{-2^\delta}^{2^\delta} |u|^\delta \]
\[ \leq 2^\delta. \]
In case 2, we immediately obtain

\[ m(a, s, t, w) \leq \max \left( |a + sw|^{-1/2}, |a + tw|^{-1/2} \right) |w|^\delta. \]  

(3.34)

We begin with the first factor in (3.28). In case 1 we always have

\[ m(\xi_1 - u, 0, s_1, w) \leq |\xi_1 - u|^{-1/2} |w|^\delta. \]  

(3.35)

In case 2 we have either

\[ |\xi_1 - u + s_1 w| \geq \frac{1}{2} |\xi_1 - u| \]  

which immediately results in (3.35) or the opposite

\[ |\xi_1 - u + s_1 w| \leq \frac{1}{2} |\xi_1 - u| \]  

(3.36)

which leads to

\[
\int_{-1}^{1} \chi_{|\xi_1 - u + s_1| \leq |\xi_1 - u|} m(\xi_1 - u, 0, s_1, w) |\xi_1 - u + s_1 w|^{-1/2} |w|^\delta \, ds_1 \leq |w|^\delta \int_{|\xi_1 - u + s_1| \leq |\xi_1 - u|} |\xi_1 - u + s_1 w|^{-1/2} |w|^\delta \, ds_1
\]

\[
\leq |w|^\delta |\xi_1 - u + s_1 w|^{-1/2} |w|^\delta \int_{|\xi_1 - u + s_1| \leq |\xi_1 - u|} |\xi_1 - u + s_1 w|^{-1/2} |w|^\delta \, ds_1
\]

\[
\leq |w|^\delta |\xi_1 - u|^{-1/2} |w|^\delta \]  

(3.37)

\[
\leq |\xi_1 - u|^{-1/2} |w|^\delta \text{ for } \delta \in (0, \frac{1}{2}).
\]

Here we made use of the fact that, given case 2 for \( a := \xi_1 - u \) and (3.36),

\[
|a| \leq \min (|a + sw| + |s||w|, |a + tw| + |t||w|) \leq \min (|a + sw|, |a + tw|) + |w|
\]

(3.36)

\[
\leq \frac{1}{2} |a| + |w|,
\]

implies

\[ |a| \leq 2|w|. \]  

(3.38)
Applying (3.32) and (3.34), we arrive at
\[
\int_{[-1,1]^2} k(\xi, u, s, w) \, ds \\
\leq |w|^{\delta-2} |\xi_1 - u|^{1/2-\delta} \int_{[-1,1]^2} m(\xi_2 - u, s_2, s_3, w)m(\xi_3 - u, s_2, s_3, w) \, ds_2 \, ds_3 \\
\leq |w|^{3\delta-2} |\xi_1 - u|^{1/2-\delta} \int_{[-1,1]^2} \mu_2 \left( |\xi_2 - u + s_2 w|^{1/2-\delta}, |\xi_2 - u + s_3 w|^{1/2-\delta} \right) \\
\cdot \mu_3 \left( |\xi_3 - u + s_2 w|^{1/2-\delta}, |\xi_3 - u + s_3 w|^{1/2-\delta} \right) \, ds_2 \, ds_3
\]  
(3.39)

where
\[
\mu_i = \mu_i(\xi_i - u, s_2, s_3, w) \in [\min, \max], \quad i = 2, 3,
\]
depending on the respective case. If case 1 holds for at least one of the two factors in the integrand, say the first one, we may choose the argument of
\[
\mu_2 \left( |\xi_2 - u + s_2 w|^{1/2-\delta}, |\xi_2 - u + s_3 w|^{1/2-\delta} \right)
\]
which contains the same integration variable as the second one. This results in terms of type (3.29b). If, however, case 2 applies to both factors, the integral in (3.39) is bounded by
\[
\int_{[-1,1]^2} \left( |\xi_2 - u + s_2 w|^{1/2-\delta} + |\xi_2 - u + s_3 w|^{1/2-\delta} \right) \\
\cdot \left( |\xi_3 - u + s_2 w|^{1/2-\delta} + |\xi_3 - u + s_3 w|^{1/2-\delta} \right) \, ds_2 \, ds_3.
\]
Expanding the integrand, the terms \( |\xi_2 - u + s_i w|^{1/2-\delta} |\xi_3 - u + s_i w|^{1/2-\delta}, \ i = 2, 3 \), lead us to (3.29b). For the two remaining terms we may separate the integrals which gives
\[
\sum_{(\sigma(2), \sigma(3)) \in \{(2, 3), (3, 2)\}} \int_{[-1,1]^2} |\xi_{\sigma(2)} - u + s_2 w|^{1/2-\delta} \, ds_2 \int_{[-1,1]^2} |\xi_{\sigma(3)} - u + s_3 w|^{1/2-\delta} \, ds_3.
\]
One integral is kept in order to arrive at (3.29a), the other one is treated analogously to (3.36) and (3.37). In order to estimate \( \Gamma(u) \), we obtain thus for \( \delta_1, \delta_2 \in (0, 1/2) \)
\[
\int_{\mathbb{R}^3} \int_{[-1,1]^5} F(\xi_1) F(\xi_2) F(\xi_3) k(\xi, u, s, w) \, ds \, d\xi \\
\approx \int_{[-1,1]} \frac{1}{|w|^{1+3\delta-1}} |\Delta \frac{k}{1} F(u)|^2 \, \Delta \frac{k}{1} F(u - tw) \, dt \\
+ \int_{[-1,1]} \frac{1}{|w|^{1+3\delta-1}} \Delta \frac{k}{1} F(u) |\Delta \frac{k}{1} F(u - tw)|^2 \, dt,
\]
30
which implies

\[ \Gamma(u) \lesssim \int_{-1}^{1} \int_{-1}^{1} \int_{-1}^{1} |\tilde{u}|^{-1+(3k-1)} |\Delta^{-\frac{k}{2}} F(u)|^2 \Delta^{-\frac{k}{2}} F(u) \, \tilde{u} \, du \, dv \]

\[ + \int_{-1}^{1} \int_{-1}^{1} \int_{-1}^{1} |\tilde{u}|^{-1+(3k-1)} |\Delta^{-\frac{k}{2}} F(u)|^2 \Delta^{-\frac{k}{2}} F(u) \, \tilde{u} \, du \, dv \]

\[ = |\Delta^{-\frac{k}{2}} F(u)|^2 \Delta^{-\frac{k}{2}} F(u) + |\Delta^{-\frac{k}{2}} F(u)|^2 \Delta^{-\frac{k}{2}} F(u) \Delta^{-\frac{k}{2}} |\Delta^{-\frac{k}{2}} F(u)|^2 \]
Observe,
\[
\|\Delta^{-\frac{1}{2}} F\|_{L^2}\leq \| F\|_2,
\]
and because \(\frac{1}{12} + \frac{1}{12} + \frac{1}{6} = 1\),
\[
\|\Delta^{-\frac{1}{2}} F\|_{L^1}\leq \| F\|_2.
\]
Consequently, \(\Theta\) is uniformly small, if \(r\) is small enough. In order to conclude, it only remains to apply Lemma A.2 to \(f := |F|\).

4. Bootstrapping: Proof of Theorem IV

In Theorem III we have shown, that \(\Delta^\frac{1}{4} g' \in L^p\) for some \(p > 2\). We now work with Bessel-potential / Sobolev spaces \(H^{\frac{1}{4}_p}\), cf. [RS96, Tar07, Tri83], and the fact that \(\Delta^\frac{1}{4} g' \in L^p\) readily implies that \(g' \in H^{\frac{1}{4}_p}\) for some \(\tilde{p} \in (2, p)\). The proof of Theorem IV relies on the decomposition of the first variation
\[
\delta E^{(2)}(\gamma, h) = \lim_{\varepsilon \searrow 0} \int_{U_\varepsilon} \left( \frac{\gamma(u + w) - \gamma(u), h(u + w) - h(u)}{|\gamma(u + w) - \gamma(u)|^2} - \frac{\gamma'(u), h'(u)}{|\gamma(u + w) - \gamma(u)|^2} \right) dw \, du,
\]
\(U_\varepsilon\) as in (1.2), into
\[
2 \left( Q(\gamma, h) - T_1(\gamma, h) - T_2(\gamma, h) \right).
\]
For a stationary point of the Möbius energy we have
\[
Q(\gamma, h) = T(\gamma, h) := T_1(\gamma, h) + T_2(\gamma, h)
\]
for all \(h \in H^{3/2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)\).

Let us bring these terms in a common form. Using
\[
\frac{1}{|\gamma(u + w) - \gamma(u)|^\alpha} - \frac{1}{|w|^\alpha} = \frac{|w|^\alpha}{|\gamma(u + w) - \gamma(u)|^\alpha} \left( 1 - \frac{|\gamma(u + w) - \gamma(u)|^\beta}{|w|^\beta} \right)
\]

\[
= G^\alpha \left( \frac{\gamma(u + w) - \gamma(u)}{w} \left( 2 - \frac{2|\gamma(u + w) - \gamma(u)|^2}{|w|^2} \right) \right)
\]
\[
\int_0^1 \int_0^1 G^\beta \left( \frac{\gamma(u + w) - \gamma(u)}{w}, \frac{\gamma'(u + \tau_1 w) - \gamma'(u + \tau_2 w)}{|w|^p} \right) d\tau_1 d\tau_2
\]

where

\[
G^\beta(z) := \frac{1}{2|z|^p} \cdot \frac{1 - |z|^q}{1 - |\beta|^q}
\]

is an analytic function away from the origin. We hence get

\[
T_1(\gamma, h) = -\int_0^1 \int_0^1 \int_0^1 \int_0^1 \int_0^1 T_4 \left( s_1, s_2, \tau_1, \tau_2 \right) (h) d\tau_1 d\tau_2 ds_1 ds_2
\]

\[
T_2(\gamma, h) = \int_0^1 \int_0^1 T_2 \left( 0, 0, \tau_1, \tau_2 \right) (h) d\tau_1 d\tau_2
\]

where

\[
T_{s_1, s_2, \tau_1, \tau_2}^\beta(h) := \int_0^{1/2} \int_{-1/2}^{1/2} G^\beta \left( \frac{\gamma(u + w) - \gamma(u)}{w}, \frac{\gamma'(u + \tau_1 w) - \gamma'(u + \tau_2 w)}{|w|^2} \right) \gamma'(u + s_1 w) h'(u + s_2 w) dw du.
\]

In the rest of this section, we will derive some estimates for the linear operators \( T_{s_1, s_2, \tau_1, \tau_2}^\beta \) that do not depend on \( s_1, s_2, \tau_1, \) and \( \tau_2. \)

For this task, we will work with the Besov spaces \( B^\beta_{p,q}. \) Given \( s \in (0,1) \) and \( p, q \in [1,\infty) \) one way to define the norm on these spaces is to set

\[
|f|_{B^\beta_{p,q}} := \left( \int_{-1/2}^{1/2} \left( \int_{\mathbb{R}/\mathbb{Z}} |f(u + w) - f(u)|^p \, dw \right)^{q/p} |u|^{s+q} \, du \right)^{1/q}
\]

and to put

\[
\|f\|_{B^\beta_{p,q}} := \|f\|_{L^p} + |f|_{B^\beta_{p,q}}.
\]

The Besov space \( B^\beta_{p,q}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n) \) then consists of all functions \( f \in L^p \) with \( |f|_{B^\beta_{p,q}} < \infty. \)

Apart from this definition we just need the Sobolev embedding

\[
H^{s,p} \subset B^\beta_{p,q}
\]

if \( s < \beta \) and \( s - \frac{1}{p} > \beta - \frac{1}{p}, \) which can be found in textbooks like, e.g., [RS96, Tar07, Tri83].

The proof relies furthermore on the following Leibniz rule for Bessel potential spaces.
Lemma 4.1 (Fractional Leibniz rule [CM78]). Let \( f \in H^{s,p}(\mathbb{R}^n, \mathbb{R}^m), g \in H^{\alpha,q}(\mathbb{R}^n, \mathbb{R}^m) \) with \( s > 0, p \in (1, \infty), q \in (1, \infty) \) and \( 1/p + 1/q = 1/r \).

Then \( fg \in H^{\beta,r}(\mathbb{R}^n, \mathbb{R}^m) \) and

\[
\|fg\|_{H^{\beta,r}} \leq C \left( \|f\|_{H^{\beta,r}} \|g\|_{L^\alpha} + \|f\|_{L^p} \|g\|_{H^{\beta,r}} \right).
\]

The key to the proof of Theorem IV is the following lemma.

Lemma 4.2. Let \( \gamma \in H^{\frac{1}{2}, \beta_0}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n) \), and \( \beta_0 > \beta > 0, p \in (1, \infty) \) be such that \( \beta_0 - 1/q > \beta - \frac{1}{mp} \). Then for all \( \tau_1, \tau_2, s \in [0, 1] \) the function

\[
g(u) := \frac{1}{\sqrt{Z}} \int_{-\frac{1}{2}}^{1/2} G^\beta \left( \frac{\gamma(u + w) - \gamma(u)}{w} \right) \frac{|\gamma'(u + \tau_1 w) - \gamma'(u + \tau_2 w)|^2}{w^2} \, \gamma'(u + s w) \, dw
\]

is in \( H^{\beta,p} \). Furthermore, there is a constant \( C < \infty \) depending on \( \|\gamma\|_{H^{\beta_0, q}} \) and \( \alpha \), but not on \( \tau_1, \tau_2, \) and \( s \), such that

\[
\|g\|_{H^{\beta,p}} \leq C.
\]

Proof. Note that

\[
\|g\|_{H^{\beta,p}} \leq \int_{-1/2}^{1/2} \frac{\|g_w\|_{H^{\beta,p}}}{|w|^2} \, dw
\]

where

\[
g_w(u) := G^\beta \left( \frac{\gamma(u + w) - \gamma(u)}{w} \right) \gamma'(u + s w) |\gamma'(u + w + \tau_1 w) - \gamma(u + \tau_2 w)|^2.
\]

Using that

\[
\frac{\gamma(u + w) - \gamma(u)}{w} = \int_0^1 \gamma'(u + \tau w) \, d\tau,
\]

that \( \gamma \) is bi-Lipschitz, and that \( G^\beta \) is analytic away from the origin, we get

\[
\left\| G^\beta \left( \frac{\gamma(\cdot + w) - \gamma(\cdot)}{w} \right) \right\|_{H^{\beta,p}} \leq C \|\gamma\|_{H^{\beta_0, q}} \leq C.
\]

Using the fractional Leibniz rule (Lemma 4.1), we derive

\[
\|g_w\|_{H^{\beta,p}} \leq C \left( \left\| G^\beta \left( \frac{\gamma(\cdot + w) - \gamma(\cdot)}{w} \right) \right\|_{H^{\beta,p}} \|\gamma'(\cdot + \tau_1 w) - \gamma'(\cdot + \tau_2 w)\|_{L^p}^2
\] + \|\gamma'\|_{L^p}^2 \|\gamma'(\cdot + \tau_1 w) - \gamma'(\cdot + \tau_2 w)\|_{L^p}^2 \right).
\]

34
\[ \leq C \left( \| \gamma' (\cdot + \tau_1 w) - \gamma' (\cdot + \tau_2 w) \|^2_{L^p} \\
+ \| \Delta^{\gamma_1} \gamma (\cdot + \tau_1 w) - \Delta^{\gamma_1} \gamma (\cdot + \tau_2 w) \|^2_{L^p} \right). \]

Hence,

\[ \| g \|_{H^p} \leq \frac{C}{2} \int_{-\frac{1}{2}}^{\frac{1}{2}} \frac{\| \gamma' (\cdot + \tau_1 w) - \gamma' (\cdot + \tau_2 w) \|^2_{L^p}}{u^2} dw \]

\[ + C \int_{-\frac{1}{2}}^{\frac{1}{2}} \frac{\| \Delta^{\gamma_1} \gamma (\cdot + \tau_1 w) - \Delta^{\gamma_1} \gamma (\cdot + \tau_2 w) \|^2_{L^p}}{u^2} dw \]

\[ \leq C \int_{-\frac{1}{2}}^{\frac{1}{2}} \frac{\| \gamma' (\cdot) - \gamma' (\cdot + (\tau_2 - \tau_1) w) \|^2_{L^p}}{u^2} dw \]

\[ + C \left( \int_{-\frac{1}{2}}^{\frac{1}{2}} \frac{\| \Delta^{\gamma_1} \gamma (\cdot) - \Delta^{\gamma_1} \gamma (\cdot + (\tau_2 - \tau_1) w) \|^2_{L^p}}{u^2} dw \right) \]

\[ \leq C |\tau_2 - \tau_1| \int_{-1}^{1} \frac{\| \gamma' (\cdot) - \gamma' (\cdot + w) \|^2_{L^p}}{u^2} dw \]

\[ + C |\tau_2 - \tau_1| \int_{-1}^{1} \frac{\| \Delta^{\gamma_1} \gamma (\cdot) - \Delta^{\gamma_1} \gamma (\cdot + w) \|^2_{L^p}}{u^2} dw \]

\[ \leq C \| \gamma' \|^2_{L^p} + C \| \Delta^{\gamma_1} \gamma \|^2_{L^p} \leq C \]

if

\[ \beta_0 - \frac{1}{q} > \beta - \frac{1}{2p}. \]

This proves Lemma 4.2. \qed

We use the last lemma to prove

**Corollary 4.3.** Let \( \gamma, \beta_0, \beta, p \) and \( q \) be as in Lemma 4.2 and \( p' \) be such that \( \frac{1}{p} + \frac{1}{p'} = 1 \). Then

1. for all \( \alpha > 0 \) there is a constant \( C \) such that

\[ |T^\alpha_{s_1, s_2, \tau_1, \tau_2} (h) | \leq C \| h \|_{H^{1-\beta p'}} \]

for all \( s_1, s_2, \tau_1, \tau_2 \in [0, 1] \) and \( h \in C^\infty \),
• the operator $T(y, \cdot) = T_1(y, \cdot) + T_2(y, \cdot) \in \left(H^{3/2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)\right)^\prime$ can be extended to a bounded operator on $H^{1-\beta, \rho'}$.

Proof. For $h \in C^0(\mathbb{R}/\mathbb{Z}, \mathbb{R}^p)$ we have

$$T(y, h) = -\int_0^1 \int_0^1 \int_0^1 T_{s_1, s_2, t_1, t_2}^4(h) ds_1 ds_2 dt_1 dt_2 + \int_0^1 \int_0^1 T_{0, 0, t_1, t_2}^2(h) dt_1 dt_2$$

and hence the second part is an immediate consequence of the first one.

Let $\Lambda^\prime := (id - \Delta)^\prime$. Using that $\Lambda^\beta$ is self adjoint, we get

$$T_{s_1, s_2, \tau_1, \tau_2}^\beta(h) = \int_{-1/2}^{1/2} \int_{\mathbb{R}/\mathbb{Z}} G^\beta \left(\frac{\gamma(w) - \gamma(s)}{w}\right) \frac{\gamma'(u + \tau w) - \gamma'(u + \tau_2 w)}{w^2} \gamma'(u + s_1 w) \Lambda^\beta \Lambda^\beta h(u + s_2 w) du dw$$

and hence

$$|T_{s_1, s_2, \tau_1, \tau_2}(h)| \leq C \|g\|_{H^{1-\beta, \rho'}} \|h\|_{H^{1-\beta, \rho'}} \leq C \|h\|_{H^{1-\beta, \rho'}}$$

where $C < \infty$ as in Lemma 4.2 does not depend on $s_1, s_2, \tau_1, or \tau_2$. \hfill $\square$

Using the two statements above, we are led to the following fact from which Theorem IV immediately follows.

**Lemma 4.4.** Let $\gamma \in H^{3/2 + \beta_0, q}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$, $\beta_0 \geq 0$, $q < \infty$ and $\beta_0 - \frac{1}{p} > -1/2$ be a stationary point of the M"obius energy parametrized by arc length. Then,

- if $\beta_0 = 0$, we have $\gamma \in H^s$ for all $s < 3/2 + 2(1/2 - 1/q)$,
- if $0 < \beta_0 < 1/2$, we have $\gamma \in H^s$ for all $s < 3/2 + 2(\beta_0 + 1/2 - 1/q)$,
- if $\beta_0 \geq 1/2$, we have $\gamma \in H^{3/2 + \beta_0 + 1/4}$.

Proof. We set

- $\beta = 0, \quad \frac{1}{p} = \frac{2}{q} + \varepsilon, \quad \text{if } \beta_0 = 0,$
- $\beta = 0, \quad \frac{1}{p} = \frac{2}{q} - 2\beta_0 + \varepsilon, \quad \text{if } 0 < \beta_0 < 1/2,$
- $\beta = \frac{1}{2}, \quad \frac{1}{p} = \frac{2}{q} + \frac{1}{2}, \quad \text{if } \beta_0 = 1/2,
\[\beta = \beta_0 - 1/4, \quad \frac{1}{p} = 1/2, \quad \text{if } \beta_0 \geq 1/2\]

and see that in each case the exponents satisfy the assumptions for the last lemma for all small enough \(\varepsilon > 0\).

From the last lemma we get that for \(p'\) with \(\frac{1}{p} + \frac{1}{p'} = 1\) the functional \(T(\gamma, \cdot) = T_1(\gamma, \cdot) + T_2(\gamma, \cdot)\) can be extended to an operator in \((H^{3/2-1/p'-\beta})^*\). From the fact that \(\gamma\) is a stationary point of the M"obius energy we then deduce that \(Q(\gamma, \cdot) \in (H^{3/2-1/p'-\beta})^*\)

and a comparison of the fourier coefficients gives \(\gamma \in H^{3/2+\beta'}\).

Since

\[
\frac{3}{2} + \beta + \frac{1}{p'} = \frac{5}{2} + \beta - \frac{1}{p} = \begin{cases} 
\frac{3}{2} + 2(1/2 - 1/q) - \varepsilon & \text{if } \beta_0 = 0, \\
\frac{3}{2} + 2(\beta_0 + 1/2 - 1/q) - \varepsilon & \text{if } 0 < \beta_0 \leq 1/2, \\
\frac{3}{2} + \beta_0 + 1/4 & \text{else,}
\end{cases}
\]

this proves Lemma 4.4. \(\Box\)

### A. Appendix

In this section we gather some parts which can already be found in [Sch11] in slightly different version. The main aim is to prove Lemma 3.1 and 3.2 which both rely on quasi-locality of the Riesz potential. Afterwards, we give an easy proof of the iteration lemma needed to deduce Dirichlet growth.

#### A.1. Quasi-locality

The essential tool apart from Sobolev inequalities is the following quantitative version of the quasi-locality of the fractional Laplacian and the Riesz potential.

**Lemma A.1** (Quasi-locality). Let \(p_1, p_2, q_1, q_2 \in [1, \infty]\), where we assume that \(q_2 = 1\) if \(p_2 = 1\), \(s \in (-1, 1)\) and \(\Omega_1, \Omega_2\) be disjoint domains with \(d := \text{dist}(\Omega_1, \Omega_2) > 0\) and with positive and finite Lebesgue measure. Then

\[
\|\Delta_{\gamma}^{1/2}(f \chi_{\Omega_2})\|_{(p_1, q_1), \Omega_1} \leq d^{-1-s}\|\Omega_1^{1/p_1}\|_{\Omega_2}^{1-1/p_2}\|f\|_{(p_2, q_2), \Omega_2}
\]
Recall that \( \| \cdot \|_{(p_1,q_1)} \) and \( \| \cdot \|_{(\infty,q_\infty)} \) are not defined for \( p_1 > 1 \) and \( p_\infty < \infty \).

**Proof.** For \( \tilde{k}_s(z) = \frac{1}{\|z\|^{1/p}} \chi_{R(z)}(z) \) we have for all \( x \in \Omega_1 \)

\[
\Delta^{s/2} f(x) = c(\tilde{k}_s * f)(x)
\]

and hence

\[
|\Delta^{s/2} f(x)| \leq \|f\|_{1,\Omega_1} \|\tilde{k}_s\|_\infty \leq d^{1-s} \|f\|_{1,\Omega_2}.
\]

Hence,

\[
\|\Delta^{s/2} f\|_{(p_1,q_1),\Omega_1} \leq \|f\|_{1,\Omega_1}^{1/p_1} \|\Delta^{s/2} f\|_{\infty,\Omega_1} \leq d^{1-s} \Omega_1^{1/p_1} \|f\|_{1,\Omega_2}.
\]

\[
\leq d^{1-s} \Omega_1^{1/p_1} \Omega_2^{1-1/p_1} \|f\|_{(p_2,q_2),\Omega_2}.
\]

\[\Box\]

An quite immediate consequence of this quasi-locality and Sobolev imbeddings is the following lemma. To state it, let

\[
A^*_\Lambda := B_{\Lambda^{s/p}} - B_{\Lambda^{-s/p}}.
\]

**Lemma A.2.** Let \( p \in (1, \infty) \), \( q \in [1, \infty] \), \( s \in [0, 1/p) \) and \( \frac{1}{p'} = s - \frac{1}{p} \). We have

\[
\|\Delta^{-s/2} f\|_{(p',q'),B_r} \lesssim \|f\|_{(p,q),B_{\Lambda^{s/p}}} + \sum_{\Lambda \geq 1} \left( A^{s/2}_\Lambda \right)^{1/p} \|f\|_{(p,q),A^{s/p}_\Lambda}
\]

uniformly for all \( \Lambda \geq 2 \). Especially,

\[
\|\Delta^{-s/2} f\|_{(p',q'),B_r} \lesssim \sum_{\Lambda \geq 1} \left( A^{s/2}_\Lambda \right)^{1/p} \|f\|_{(p,q),B_{\Lambda^{s/p}}}.
\]

**Proof.** Since the inequality trivially holds for \( s = 0 \) let us assume that \( s > 0 \). We decompose \( f = \chi_{B_{\Lambda^s}} f + \sum_{\Lambda \geq 1} \chi_{A^s_{\Lambda}} f \) and estimate using Sobolev’s inequality

\[
\|\Delta^{-s/2}(\chi_{B_{\Lambda^s}} f)\|_{(p',q'),B_{\Lambda^s}} \lesssim \|f\|_{(p,q),B_{\Lambda^s}}
\]

and using Lemma A.1

\[
\|\Delta^{-s/2}(\chi_{A^s_{\Lambda}} f)\|_{(p',q'),B_{\Lambda^s}} \lesssim \left( A^{-s/2}_\Lambda \right)^{1/p} \|f\|_{(p,q),A^{s/p}_\Lambda}
\]

which finishes the prove. \( \Box \)

Finally, we use the quasi-locality to prove
Proposition A.3. For $p \in (1, \infty)$, $q \in [1, \infty]$, $s, t \geq 0$ with $s + t < 1$ there is a $\theta > 0$ such that we have for any $f \in L^p(E)$, $\Lambda \geq 2$, and $r > 0$:

$$\|\Delta^s f\|_{(p,q),B_r} \leq \sup_{\varphi \in C_c^\infty(B_{2r}), \|\Delta^s \varphi\|_{(p',q')}, \leq 1} \int f \Delta^s \varphi + r^{-\theta} \Lambda^{-\theta} \|f\|_{(p,q),B_r} + r^{-t} \sum_{i=1}^{\infty} \Lambda^{-\theta} \|f\|_{(p,q),A_{r_i}}.$$

Proof. Assume that

$$\sup_{\varphi \in C_c^\infty(B_{2r}), \|\Delta^s \varphi\|_{(p',q')}, \leq 1} \int f \Delta^s \varphi \leq K.$$

For $g \in C_0^\infty(B_r)$ we consider

$$\int (\Delta^{t/2} f) g = \int f \Delta^{t/2} g dx = \int f \Delta^{t/2} g dx + \sum_{i=1}^{\infty} \int f \Delta^{t/2} g dx$$

For the first term we use a smooth partition of unity $\eta_k$ with $\text{supp} \eta_0 \subset B_{r_{1/2}}$ and $\text{supp} \eta_k \subset B_{(\Lambda + 1) r_{2k-1}} - B_{(\Lambda - 1) r_{2k}}$ to get

$$\left| \int f \Delta^{t/2} g dx \right| \leq \int f \Delta^{(t+s)/2} (\eta_0 \Delta^{-t/2} g) dx \right| \leq K\|g\|_{(p',q')} + \|f\|_{(p,q),B_r} \sum_{i=1}^{\infty} \|\Delta^{(t+s)/2} (\eta_0 \Delta^{-t/2} g)\|_{(p,q),B_r}.$$ 

Since by Lemma A.1 we have

$$\|\Delta^{(t+s)/2} \eta_0 \Delta^{-t/2} g\|_{(p',q'),B_r} \leq (\Lambda^t r^{1-t-s})^{1/p'} \Lambda^{(t+s)/2} \|\eta_0 \Delta^{-t/2} g\|_{(p',q')} \leq (\Lambda^t r^{1-t-s})^{1/p'} \Lambda^{(t+s)/2} \|\eta_0 \Delta^{-t/2} g\|_{(p',q')} \leq (\Lambda^t r^{1-t-s})^{1/p'} \Lambda^{(t+s)/2} \|\eta_0 \Delta^{-t/2} g\|_{(p',q')}$$

we can estimate this further by

$$K\|\Delta^{-t/2} g\|_{(p',q')} + \Lambda^{-t-s} r^{-t-s} \|f\|_{(p,q),B_r} \|g\|_{(p',q')} + K\|\eta_0 \Delta^{-t/2} g\|_{(p,q),B_r} \|\Delta^{-t/2} g\|_{(p',q')}$$

for $\theta_1 = t + s + 1/p'$.

Since $\text{supp} g \subset B_r$ we get a scaled Poincaré inequality by applying first the Sobolev and then the Hölder inequality

$$\|\Delta^{-t/2} g\|_{(p',q')} \leq \|g\|_{(p',q'),B_r} \leq r^{t} \|g\|_{(p,q')}$$

and using the quasi-locality (Lemma A.1) once more

$$\|\Delta^{s/2} g\|_{(p',q'),A_{r_i}} \leq \Lambda^{-t/2} r^{-s} \|g\|_{(p',q')}.$$
for $\theta_2 = s + 1/p'$.

Hence,

$$\int K f dx \leq \left( K + \Lambda^{-\theta} r^{-s} ||f||_{p,q,0} + r^{-s} \sum_{l=1}^{\infty} (\Lambda^l)^{-\theta} ||f||_{p,q,A_{l,0}} \right) ||g||_{p',q'},$$

for $\theta = \min(\theta_1, \theta_2)$ which by duality this proves the proposition. \qed

### A.2. Proofs of Lemmata 3.1 and 3.2

The following lemma is the starting point for the estimates of $H_s$ and essentially follows from the mean value theorem or a first-order Taylor expansion.

**Lemma A.4.** Let $\delta \in [0, 1]$, $\alpha \in (0, 1)$. Then for almost all $x, y, \xi \in \mathbb{R}^s$ we have

$$\|x - \xi|^{-1+\alpha} - |y - \xi|^{-1+\alpha}\| \leq |x - y|^\delta \left(|y - \xi|^{1+\alpha-\delta} + |x - \xi|^{1+\alpha-\delta} \chi_{|x-y|>2|x-\xi|}\right).$$

**Proof.** If $|x - y| > 2|x - \xi|$ we get

$$|y - \xi| \geq |y - x| - |x - \xi| \geq \frac{1}{2}|x - y| > |x - \xi|$$

and hence

$$\|x - \xi|^{1+\alpha} - |y - \xi|^{1+\alpha}\| \leq |x - y|^\delta \|x - \xi|^{1+\alpha-\delta}.$$

If $|x - y| \leq 2|x - \xi|$ we first observe that the above argument leads to

$$\|x - \xi|^{1+\alpha} - |y - \xi|^{1+\alpha}\| \leq |x - y|^{\delta} \|y - \xi|^{1+\alpha-\delta}$$

if $|x - y| > 2|y - \xi|$. To deal with the case that both $|x - y| \leq 2|x - \xi|$ and $|x - y| \leq 2|y - \xi|$ we observe that then

$$|y - \xi| \leq |x - \xi| + |x - y| \leq 3|x - \xi|.$$

Hence, we get using the mean value theorem

$$\|x - \xi|^{1+\alpha} - |y - \xi|^{1+\alpha}\| \leq |x - y| \max \left(|x - \xi|^{-2+\alpha}, |y - \xi|^{-2+\alpha}\right) \leq |x - y||y - \xi|^{1+\alpha-\delta}.$$

\qed

We use the lemma above to derive the following pointwise estimate for $H_{1/2+s}$. \[40\]
Lemma A.5 ([Sch11]). For $s \in [0, 1/2)$ there exists $\varepsilon_0 > 0$ such that for functions $a, b$,

$$a = \Delta^{s+\delta}\Delta^a $$

and

$$b = \Delta^{s+\delta}\Delta^b $$

the following holds for any $\varepsilon \in [0, \varepsilon_0)$.

$$|H_{1/2,s}(a, b)| \leq \Delta^{-1/12s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/12s+3/6}|\Delta^{s+\delta}b|)
+ \Delta^{-1/6s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/6s+3/6}|\Delta^{s+\delta}b|)
+ \Delta^{-1/12s+6s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/12s+6s+3/6}|\Delta^{s+\delta}b|)
+ \Delta^{-1/8s+4s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/8s+4s+3/6}|\Delta^{s+\delta}b|).$$

Equation (A.2) is satisfied, e.g., for compactly supported smooth functions $a, b$.

Proof. We use $a = \Delta^{s+\delta}\Delta^a (\Delta^{s+\delta}a)$ and $b = \Delta^{s+\delta}\Delta^b (\Delta^{s+\delta}b)$. For simplicity assume now $\varepsilon = 0$. Then,

$$|H_{1/2,s}(a, b)(x)| \leq \int \int \int \frac{(y - z)^{-1+1/2} - |x - z|^{-1+1/2}}{|y - x|^{1/2+s+\delta}} \Delta^\delta a(z) \Delta^\delta b(w) dw dz dy.$$ 

Applying Lemma A.4 we get

$$\left(\frac{(y - z)^{-1+1/2} - |x - z|^{-1+1/2}}{|y - x|^{1/2+s+\delta}}\right) (y - w)^{-1+1/2} - |x - w|^{-1+1/2})$$

$$\leq \frac{(y - w)^{-1+1/2 - \delta} + |x - w|^{-1+1/2 - \delta} (1, y < 2|x| - w)}{|y - x|^{1+1/2+s+\delta}}$$

$$\leq \frac{|y - w|^{-1+1/2 - \delta} |y - z|^{-1+1/2 - \delta} + |x - w|^{-1+1/2 - \delta} |y - z|^{-1+1/2 - \delta} + |y - w|^{-1+1/2 - \delta} |x - z|^{-1+1/2 - \delta}}{|y - x|^{1+1/2+s+\delta}}$$

$$+ \frac{1}{|x - y|^{1+1/2+s+\delta}} |x - z|^{-1+1/2 - \delta}$$

For $\delta = 1/3 + s/3$ we hence get

$$|H_{1/2,s}(a, b)| \leq \Delta^{-1/12s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/12s+3/6}|\Delta^{s+\delta}b|)
+ \Delta^{-1/12s+6s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/12s+6s+3/6}|\Delta^{s+\delta}b|)
+ \Delta^{-1/6s+2s+3/6}(|\Delta^{s+\delta}a| \Delta^{-1/6s+2s+3/6}|\Delta^{s+\delta}b|) + A$$

where

$$A \leq \int \int \int \frac{|x - w|^{-1+1/2 - \delta} |x - z|^{-1+1/2 - \delta}}{|x - y|^{1+1/2+s+\delta}} \chi(|x - y| > 2|x| - w) \chi(|x - y| > 2|x| - z) |\Delta^{s+\delta}a(w)||\Delta^{s+\delta}b(z)| dw dz.$$
\[ \leq \int \int |x-w|^{-1/2-s/2}|x-z|^{-1/2-s/2}|\Delta^{k/4}a(w)||\Delta^{k/4}b(z)|dwdz \]

\[ \leq \Delta^{-1/4+s/4}(|\Delta^{k/4}a|+|\Delta^{k/4}b|). \]

\[ \square \]

To estimate this further, we will use the following fact about lower order products which we get using the quasi-locality.

**Lemma A.6 (Lower order products).** Let \( 0 \leq s_1, s_2, s_3, r < 1/2 \) with \( s_1 + s_2 + s_3, r = 1/2 - s \) for some \( s \in [0, 1/2), s_1 \geq 1/2 \), \( q \in [1, \infty] \). Then there exist \( \theta > 0 \) such that for any bilinear operator \( G \) the following pointwise estimate holds,

\[ |G(u, v)| \leq \sum_{\nu=1}^{N} \Delta^{-s_1/2} \left( \Delta^{-s_2/2}|u| \Delta^{-s_3/2}|v| \right), \]

then for any \( \Lambda > 2, \varepsilon \in [0, s_3], \delta \in [0, s_2] \) we have for \( \frac{1}{q} = \frac{1}{s_1} + \frac{1}{s_2} \)

\[ |\|G(u, v)|||_{\langle 1, q \rangle, B_r} \leq \||\Delta^{\delta/4}u|||_{\langle 1, q \rangle, B_r} \||\Delta^{\delta/4}v|||_{\langle 1, q \rangle, B_r} + \||\Delta^{\delta/4}u|||_{\langle 1, q \rangle, B_r} \sum_{k=2}^{\infty} \Delta^{-\theta(k-1)} \||\Delta^{\delta/4}v|||_{\langle 1, q \rangle, B_r}. \]

If \( \text{supp} \Delta^{\delta/4}v \subset B_r \) we furthermore get for any \( k \geq 2, \Lambda \geq 16, \)

\[ |\|G(u, v)|||_{\langle 1, q \rangle, A^N_{\theta, \nu}} \leq \Delta^{-\theta(k-1)} \||u|||_{(2, \infty), R} \||\Delta^{\delta/4}v|||_{\langle 1, q \rangle, B_r}. \]

**Proof.** It is enough to prove the statements for the case \( N = 1 \) and we set in this case \( s_i := s_{i,1} \) for \( i = 1, 2, 3 \). Note that in case \( s = 0 \) at least two of the parameters \( s_1, s_2, s_3 \) are positive.

Now we use several times the quasi-locality (Lemma A.2, e.g., in the first application with \( \Lambda^{1/2} \) in place of \( \Lambda \), for \( \frac{\nu}{2} \leq \frac{1}{1+s} \), \( q \geq \infty \), \( s \geq s_1, p \geq \frac{2}{1+(s_1,1,1)} \), Hölder’s and Sobolev’s inequalities. Let \( \varepsilon \in [0, s_3], \delta \in [0, s_2] \),

\[ |\|G(u, v)|||_{\langle 1, q \rangle, B_r} \]

\[ \leq \sum_{k=1}^{\infty} (\Lambda^{(k-1)/2} - 1/2)^{-1}\||\Delta^{\delta/4}u|||_{\langle 1, q \rangle, B_{r_{k,1}}}, \]

\[ \leq \sum_{k=1}^{\infty} (\Lambda^{(k-1)/2} - 1/2)^{-1}\||\Delta^{\delta/4}u|||_{\langle 1, q \rangle, B_{r_{k,1}}}, \]

\[ \leq \sum_{k=1}^{\infty} \sum_{l_1=1}^{\infty} \sum_{l_2=1}^{\infty} (\Lambda^{(k-1)/2} - 1/2)^{-1}\||\Delta^{\delta/4}u|||_{\langle 1, q \rangle, B_{r_{k,1}}}. \]

42
We thus have shown, 

\[ \|A^{-\theta}u\|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, B_{\alpha_k+1/2}}, A^k_{\alpha_k} \leq \|A^{-\theta}u\|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, B_{\alpha_k+1/2}}, A^k_{\alpha_k} \]

for \( \theta > 0 \) small enough, depending on \( s_1, s_2, s_3 \), but not on \( e \). As for the second estimate, using Lemma A.1 and again Lemma A.2, we have for \( k \geq 1 \),

\[ \|G(u, v)\|_{(\frac{2}{k+1})\cdot \mathcal{A}^{\alpha_k}_{A^k}, \mathcal{A}^{\alpha_k}_{A^k}} \leq \|A^{-\theta} (A^{-\theta} [u] \Delta^{-\theta} [v])\|_{(\frac{2}{k+1})\cdot \mathcal{A}^{\alpha_k}_{A^k}, \mathcal{A}^{\alpha_k}_{A^k}} \]

\[ \leq \Lambda^{-\frac{k}{2} + 1/2}, \|A^{-\theta} [u] \|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

\[ + \|A^{-\theta} [u] \|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

\[ + \sum_{l=2}^{\infty} \|A^{-\theta} [u] \|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

\[ \leq \Lambda^{-\frac{k}{2} + 1/2}, \|u\|_{(2, \infty), \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

\[ + \|u\|_{(2, \infty), \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

\[ + \sum_{l=2}^{\infty} \|v\|_{(2, \infty), \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

Since 

\[ \Delta^{-\frac{k}{2}} v = \Delta^{-\frac{k}{2}} v, \]

under the assumption \( \supp \Delta^{-\frac{k}{2}} v \subset \overline{B_1} \), Lemma A.1 with \( s_1 = \frac{1}{2} - s_3, p_1 = \frac{2}{k+1}, p_2 = \infty, \Omega_1 = B, \) implies (note this is a rather rough, and non-optimal Lorentz-space estimate, which nonetheless suffices for our purposes!)

\[ \|A^{-\theta} v\|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{B}_{\alpha_k+1/2}}, \mathcal{A}^{\alpha_k}_{A^k} \leq \Lambda^{-\frac{k}{2} + 1/2}, \|A^{-\theta} v\|_{(2, \infty), \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

and

\[ \|A^{-\theta} v\|_{(\frac{2}{k+1})\cdot \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}} \leq \Lambda^{-\frac{k}{2} + 1/2}, \|A^{-\theta} v\|_{(2, \infty), \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

We thus have shown,

\[ \|G(u, v)\|_{(\frac{2}{k+1})\cdot \mathcal{A}^{\alpha_k}_{A^k}, \mathcal{A}^{\alpha_k}_{A^k}} \leq \left( \Lambda^{-\frac{k}{2} + 1/2}, \Lambda^{-\frac{k}{2} + 1/2}, \Lambda^{-\frac{k}{2} + 1/2}, \right) \|u\|_{(2, \infty), \mathcal{B}_{A^k+1/2}, \mathcal{B}_{\alpha_k+1/2}, \mathcal{A}^{\alpha_k}_{A^k}}, \]

43
This implies (A.4) for a $\theta > 0$ depending on $s_1, s_2, s_3$ and not on $\varepsilon \in [0, s_3]$. \hfill \square

We also have the following:

**Lemma A.7.** There are $\delta > 0$, $\varepsilon > 0$ such that,

$$
||H_\delta^I (a, b)||_{2,q_1,B_0} \leq ||\Delta^{\varepsilon}\Delta^\delta a||_{(\L^2(q_1),B_0)} ||\Delta^{\varepsilon}\Delta^\delta b||_{(\L^2(q_1),B_0)} + \\
+ ||\Delta^{\varepsilon}\Delta^\delta a||_{(\L^2(q_1),B_0)} \sum_{k=2}^\infty \Lambda^{-\theta(k-1)} ||\Delta^{\varepsilon}\Delta^\delta b||_{(\L^2(q_1),B_{\delta_k})}.
$$

If $\text{supp } b \subset B$, we furthermore get for any $k \geq 2$, $\Lambda \geq 16$,

$$
||H^I (a, b)||_{(\L^2(q_1),B_0)} \leq \Lambda^{-\theta k} ||\Delta^\delta a||_{(\L^\infty,\R)} ||\Delta^{\varepsilon}\Delta^\delta a||_{(\L^2(1),\R)}.
$$

**Proof.** Immediately from Lemma A.5, Lemma A.6 we get the claim where $\Delta^\delta a, \Delta^\delta b$ is replaced by $|\Delta^\delta a|, |\Delta^\delta b|$. But in fact, by the more precise estimates involving $\varepsilon$ in Lemma A.5, one obtains the same result, following the steps of the proof of Lemma A.6 without the absolute value – if we take $\delta$, $\varepsilon$ small enough. We leave the details to the interested reader. \hfill \square

We use the lemma above to estimate the tangential part as stated in Lemma 3.1.

**Proof of Lemma 3.1.** With (3.10) we obtain $||\Delta^{s/2} y || \leq r^{s/2}$. In order to show (3.11) by the decomposition (3.8) it remains to treat the $H$-term. We rewrite

$$
\Delta^\delta H^I_\varepsilon (a, b) = \underbrace{H^{I,\varepsilon}_+ (a, b)}_{=I} + \underbrace{a \Delta^{\varepsilon} \Delta^\delta b - \Delta^\delta (a \Delta^\varepsilon b) + b \Delta^{\varepsilon} \Delta^\delta a - \Delta^\delta (b \Delta^\varepsilon a)}_{=II}.
$$

We will show that all three terms satisfy the hypotheses of Lemma A.6. Due to Lemma A.5 this is true for the term $I$.

As for $II$ note that $II = 0$ in case $s = 0$. If $s \in (0, 1)$, the potential definition (3.2) of $\Delta^\delta$ gives

$$
II(x) = c \left( a(x) \int \frac{\Delta^\delta b(y) - \Delta^\delta b(x)}{|x-y|^{1+s}} dy - \int \frac{a(y) \Delta^\delta b(y) - a(x) \Delta^\delta b(x)}{|x-y|^{1+s}} dy \right) \\
= c \int \frac{(a(x) - a(y)) \Delta^\delta b(y)}{|x-y|^{1+s}} dy.
$$

Using $a = \Delta^\delta \Delta^\varepsilon a$ we arrive at

$$
||II(x)|| \leq \int \frac{|a(y) - a(x)||\Delta^\delta a(y)|}{|x-y|^{1+s}} dy \leq \int \frac{|y-z|^{-1+s} - |x-z|^{-1+s}||\Delta^\delta b(y)||\Delta^\delta a(z)|}{|x-y|^{1+s}} dy dz.
$$
For almost all \(x, y, z\) we get from Lemma A.4 choosing \(\delta := \frac{1}{2} + \frac{1}{2}\)
\[
\frac{|y - z|^{-1 + \frac{1}{s}} - |x - z|^{-1 + \frac{1}{s}}}{|x - y|^{1+\frac{1}{s}}} \leq (|x - z||x - y|)^{-1 + \frac{1}{s}} + (|y - z||x - y|)^{-1 + \frac{1}{s}},
\]
which implies, using again (3.2)
\[
|H(x)| \leq \Delta^{-\frac{1}{2}} |\Lambda^\frac{1}{2} a| \Delta^{-\frac{1}{2}} |\Lambda^\frac{1}{2} b| + \Delta^{-\frac{1}{2}} \left( |\Lambda^\frac{1}{2} b| \Delta^{-\frac{1}{2}} |\Lambda^\frac{1}{2} a| \right).
\]
By symmetry a respective estimate holds also for the term III. Applying Lemma A.6 one concludes. \(\square\)

**Proof of Lemma 3.2.** Again the proof relies on quasi-locality. First we decompose
\[
\left| \int \Delta^\frac{1}{2} g_j' \omega_j H_{1/2}(g_j', \phi) \right| \leq \int \Delta^\frac{1}{2} g_j' \omega_j H_{1/2}(g_j', \phi) + \sum_{k=2}^\infty \int \Delta^\frac{1}{2} g_j' \omega_j H_{1/2}(g_j', \phi)
\]
\[
\leq \|\Delta^\frac{1}{2} H_{1/2}(g_j', \phi)\|_{L^1(B_{\lambda/2}^1)} + \sum_{k=2}^\infty \|\Delta^\frac{1}{2} g_j'\|_{L^1(B_{\lambda/2}^1)} \|H_{1/2}(g_j', \phi)\|_{L^1(A_{\lambda/2}^1)}.
\]
Using Lemma A.7, the first summand can be estimated by (for some uniform \(\varepsilon > 0\))
\[
\|\Delta^\frac{1}{2} H_{1/2}(g_j', \phi)\|_{L^1(B_{\lambda/2}^1)} \leq \left( \|\Delta^\frac{1}{2} g_j'\|_{L^1(B_{\lambda/2}^1)} + \|\Delta^\frac{1}{2} g_j'\|_{L^1(B_{\lambda/2}^1)} \sum_{k=2}^\infty \Lambda^{-\varepsilon k} \|\Delta^\frac{1}{2} g_j'\|_{L^1(B_{\lambda/2}^1)} \right).
\]
Applying the second part of Lemma A.7, the infinite sum can be estimated by
\[
\|\Delta^\frac{1}{2} e|\Lambda^\frac{1}{2} \phi\|_{L^1(B_{\lambda/2}^1)} \|\Delta^\frac{1}{2} g_j'\|_{L^1(B_{\lambda/2}^1)} \sum_{k=2}^\infty \Lambda^{-\varepsilon k} \|\Delta^\frac{1}{2} g_j'\|_{L^1(B_{\lambda/2}^1)}.
\]
\(\square\)

**A.3. Iteration lemma**

We also need an iteration lemma in order to prove Dirichlet growth using an argument which appears, e.g., in [Tao01, DLR11a]. One should see this as a generalized version of De Giorgi’s Iteration Lemma, cf., e.g., [Gia83].
Lemma A.8 (Iteration lemma). Let $C < \infty$, $\bar{\Lambda} > 1$ and $\theta > 0$ be given. If $b_k \geq 0$ for $k \in \mathbb{N}_0$ satisfy

$$b_{k+1} \leq \varepsilon b_k + C(\Lambda^{-\theta(k+1)} + \sum_{l=1}^{k} \Lambda^{-\theta l} b_{k-l})$$  \hspace{1cm} (A.5)$$

for all $k \in \mathbb{N}_0$ and $\varepsilon > 0$ small enough, $\Lambda$ big enough, then

$$b_k \lesssim \bar{\Lambda}^{-k}$$

for all $k \in \mathbb{N}_0$.

Proof. We will prove that

$$\infty \sum_{k=1}^{\infty} \bar{\Lambda}^k b_k \leq b_0 + 1$$

Multiplying Equation A.5 with $\bar{\Lambda}^k$, and summing over $k$ we get

$$\bar{\Lambda}^{-1} \sum_{k=0}^{\infty} \bar{\Lambda}^{k+1} b_{k+1} \leq \varepsilon \sum_{k=0}^{\infty} \bar{\Lambda}^k b_k + C \sum_{k=0}^{\infty} \Lambda^{-\theta(k+1)} \bar{\Lambda}^k + C \sum_{k=0}^{\infty} \sum_{l=1}^{k} \Lambda^{-\theta l} \bar{\Lambda}^l b_{k-l}$$

$$\leq \varepsilon \sum_{k=0}^{\infty} \bar{\Lambda}^k b_k + C \sum_{k'=0}^{\infty} \sum_{l'=1}^{k'} \Lambda^{-\theta l'} \bar{\Lambda}^{k'} b_{k'} + C \Lambda^{-\theta}$$

Choosing $\Lambda$ so large that $C \bar{\Lambda}^2 \Lambda^{-\theta} < 1/4$ and $0 < \varepsilon < \frac{1}{4\Lambda}$ we get

$$\sum_{k=1}^{\infty} \bar{\Lambda}^k b_k \leq \frac{1}{2} \left( \sum_{k=1}^{\infty} \bar{\Lambda}^k b_k + b_0 + C \right)$$

and hence

$$\sum_{k=1}^{\infty} \bar{\Lambda}^k b_k \leq b_0 + C$$

if the infinite series converges. If the sum was infinite, we apply the above argument to the cut off series

$$\tilde{b}_k = b_k \text{ if } k < 0$$

$$\tilde{b}_0 = 0 \text{ else}$$

and get the uniform bound $\sum_{k=1}^{N} \tilde{b}_k \leq b_0 + 1$. Letting $N \to \infty$ we conclude. \hfill $\Box$

46
References

[Ada75] D. R. Adams. A note on Riesz potentials. *Duke Math. J.*, 42(4):765–778, 1975.

[Bla10] S. Blatt. Boundedness and regularizing effects of O’Hara’s knot energies. Accepted for publication by the Journal of Knot Theory and its Ramification, 2010.

[Bla11a] S. Blatt. The energy spaces of the tangent-point energies. Preprint, 2011.

[Bla11b] S. Blatt. The gradient flow of the mbius energy near local minimizers. *Calculus of Variations and Partial Differential Equations*, pages 1–37, 2011. 10.1007/s00526-011-0416-9.

[BR12] S. Blatt and Ph. Reiter. Stationary Points of O’Hara’s Knot Energies. *Manuscripta mathematica*, 2012.

[CM78] R. R. Coifman and Y. Meyer. *Au delà des opérateurs pseudo-différentiels*, volume 57 of *Astérisque*. Société Mathématique de France, Paris, 1978.

[DL11] F. Da Lio. Fractional Harmonic Maps into Manifolds in odd dimension n > 1. Preprint, arXiv:1012.2741v1, 2011.

[DLR11a] F. Da Lio and T. Riviè re. 3-Commutators Estimates and the Regularity of 1/2-Harmonic Maps into Spheres. *APDE*, 4(1):149–190, 2011.

[DLR11b] F. Da Lio and T. Riviè re. Sub-criticality of non-local Schrödinger systems with antisymmetric potentials and applications to half-harmonic maps. *Advances in Mathematics*, 227:1300–1348, 2011.

[DLS12] F. Da Lio and A. Schikorra. n/p-Harmonic maps: regularity for the sphere case. Preprint, arXiv:1202.1151v1.

[FHW94] M. H. Freedman, Z.-X. He, and Z. Wang. Möbius energy of knots and unknots. *Ann. of Math. (2)*, 139(1):1–50, 1994.

[Gia83] M. Giaquinta. *Multiple integrals in the calculus of variations and nonlinear elliptic systems*, volume 105 of *Annals of Mathematics Studies*. Princeton University Press, Princeton, NJ, 1983.

[Gra08] L. Grafakos. *Classical Fourier analysis*, volume 249 of *Graduate Texts in Mathematics*. Springer, New York, second edition, 2008.

[Gra09] L. Grafakos. *Modern Fourier analysis*, volume 250 of *Graduate Texts in Mathematics*. Springer, New York, second edition, 2009.

[He99] Z.-X. He. A formula for the non-integer powers of the Laplacian. *Acta Math. Sin. (Engl. Ser.)*, 15(1):21–24, 1999.

[He00] Z.-X. He. The Euler-Lagrange equation and heat flow for the Möbius energy. *Comm. Pure Appl. Math.*, 53(4):399–431, 2000.

[Hé91] F. Hélein. Régularité des applications faiblement harmoniques entre une surface
et une variété riemannienne. C. R. Acad. Sci. Paris Sér. I Math., 312(8):591–596, 1991.

[Hun66] R. Hunt. On $L(p, q)$ Spaces. L’Enseignement Mathématique, 12:249–276, 1966.

[KS97] R. B. Kusner and J. M. Sullivan. Möbius energies for knots and links, surfaces and submanifolds. In Geometric topology (Athens, GA, 1993), volume 2 of AMS/IP Stud. Adv. Math., pages 570–604. Amer. Math. Soc., Providence, RI, 1997.

[O’H91] J. O’Hara. Energy of a knot. Topology, 30(2):241–247, 1991.

[O’H94] J. O’Hara. Energy functionals of knots. II. Topology Appl., 56(1):45–61, 1994.

[Riv07] T. Rivièere. Conservation laws for conformally invariant variational problems. Invent. Math., 168(1):1–22, 2007.

[Riv08] T. Rivièere. Analysis aspects of Willmore surfaces. Invent. Math., 174(1):1–45, 2008.

[RS96] T. Runst and W. Sickel. Sobolev spaces of fractional order, Nemytskij operators, and nonlinear partial differential equations, volume 3 of de Gruyter Series in Nonlinear Analysis and Applications. Walter de Gruyter & Co., Berlin, 1996.

[Rt10] Ph. Reiter. Regularity theory for the Möbius energy. Commun. Pure Appl. Anal., 9(5):1463–1471, 2010.

[Rt12] Ph. Reiter. Repulsive knot energies and pseudodifferential calculus for O’Hara’s knot energy family $E^{(w)}$. Mathematische Nachrichten, 2012.

[Sch10] A. Schikorra. Regularity of n/2-harmonic maps into spheres. PhD-Thesis, arXiv:1003.0646, 2010.

[Sch11] A. Schikorra. Interior and Boundary-Regularity of Fractional Harmonic Maps on Domains. Preprint, arXiv:1103.5203, 2011.

[Sch12] A. Schikorra. Regularity of n/2-harmonic maps into spheres. J. Differential Equations, 252:1862–1911, 2012.

[Sim93] L. Simon. Existence of surfaces minimizing the Willmore functional. Comm. Anal. Geom., 1(2):281–326, 1993.

[Tar07] L. Tartar. An introduction to Sobolev spaces and interpolation spaces, volume 3 of Lecture Notes of the Unione Matematica Italiana. Springer, Berlin, 2007.

[Tao01] T. Tao. Harmonic analysis in the phase plane. Lecture notes, http://www.math.ucla.edu/~tao/254a.1.01w, 2001.

[Tri83] Hans Triebel. Theory of function spaces, volume 78 of Monographs in Mathematics. Birkhäuser Verlag, Basel, 1983.