A National Study of Community Health Centers’ Readiness to Address COVID-19

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Research Objective: Community health centers (CHCs) serve as the patient medical home for populations that are disproportionately more susceptible to COVID-19; yet, there is a lack of understanding of the current efforts in place by CHCs across the United States working to prepare for and respond to the current pandemic. The purpose of this mixed-methods assessment was to understand community health centers’ needs and readiness to address COVID-19.

Study Design: We conducted a sequential explanatory mixed-methods approach. A pilot-tested, web-based, cross-sectional survey was employed to understand organizational and individual staff needs, and best practices currently in place to prepare for and prevent spread of COVID-19, was administered to and completed by 240 primary care employees from 201 organizations across 44 states, the District of Columbia, and Puerto Rico. Focus group interviews were subsequently conducted with a convenience sample (n = 39) from the survey respondents to understand the needs and current efforts in place by CHCs across the United States working to prepare for and respond to COVID-19. We applied the transcript-based analysis approach to the focus group data and derived themes using the constant comparative method.

Population Studied: The majority of respondents (59%) held administrative leadership roles at their respective agencies, while the remainder of the participants served in patient-facing roles as physicians (8%), nurses (13%), and medical support staff (20%). Over a third (38%) of the participants came from practices in the Northeast region of the country, with the rest of respondents coming from the West (19%), South (19%), and Midwest (23%) regions, and minor representation from Puerto Rico (1%).

Principal Findings: Respondents identified guidance regarding COVID-19 infection prevention and control (77.1%), safety precautions (72.1%), and screening, diagnostic testing, and management of patients (67.1%) as their major educational needs. Findings from the focus groups highlighted five key themes relevant to foundational aspects of readiness: leadership, communication, formal policies and procedures, resources, and workforce capacity. Responses from the focus groups clearly reflected the difficulty imposed on an already stretched, understaffed workforce in pivoting to rapidly address the expected surge in demand from patients related to the pandemic.

Conclusions: The COVID-19 pandemic has exacerbated long-standing capacity issues that CHCs face, making it challenging for these safety-net practices to adequately respond to the current disease outbreak. In addition to the more universal concerns about lack of testing and personal protective equipment, these findings highlight the special challenge posed by lack of staffing resources in CHCs as recruitment and retention of staff in rural and other medically underserved practice locations has burdened health centers long before the current pandemic.

Implications for Policy or Practice: The COVID-19 pandemic is occurring at a time when CHCs nationwide are experiencing great economic uncertainty. There is a need for Congress to prioritize reauthorization of funding for CHCs in order to prevent major hiring freezes, layoffs, and reduced patient care services, especially during a pandemic. Similarly, greater Federal financial support for CHCs is needed to ensure these practices have the capacity to continue serving the most vulnerable members of society, thereby helping relieve the stress on hospitals and flatten the spread of COVID-19.

Organizational Characteristics Associated with High Performance in Medicare’s Comprehensive End-Stage Renal Disease Care Initiative

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Research Objective: In 2016, the 1% of Medicare beneficiaries with end-stage renal disease (ESRD) constituted > 7% of total Medicare spending ($35 billion). To improve the value of care for the ESRD population, the Centers for Medicare and Medicaid Services (CMS) implemented an alternative payment model (APM) for ESRD care, the ESRD Seamless Care Organization (ESCO). This model shares savings with organizations that reduce spending for their ESRD patients below a defined benchmark. This study evaluated the relationship between key organizational, provider, community characteristics, and ESCO performance.

Study Design: We constructed a novel, linked ESCO-level data set capturing key information for all 37 Wave 2 (2017) ESCOs. After describing the organizational diversity of 2017 ESCOs, we performed bivariate comparisons of high- and low-performing (eg, above versus below median) ESCOs based on three key outcomes: