Dexmedetomidine Improves Locomotor Function and Alleviates Thermal Hyperalgesia Following Sciatic Nerve Crush Injury in Rats

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Purpose: The effects of dexmedetomidine on locomotor function and thermal hyperalgesia in sciatic nerve crush injury (SNCI) were investigated using rats.

Methods: After exposing the right sciatic nerve, the sciatic nerve was crushed for 1 minute by a surgical clip. One day after nerve injury, dexmedetomidine (5, 25, and 50 µg/kg) was directly applied to the injured sciatic nerve once a day for 14 days. Walking track analysis was used to assess locomotor function and plantar test was conducted to assess thermal pain sensitivity. Immunohistochemistry was performed to determine the expression of c-Fos in the ventrolateral periaqueductal gray (vlPAG) and paraventricular nucleus (PVN). Western blot was used to evaluate the expression level of nerve growth factor (NGF) and myelin basic protein (MBP) in the sciatic nerve.

Results: SNCI resulted in deterioration of locomotor function and increased thermal pain sensitivity. The level of c-Fos expression in the PVN and vlPAG was increased and the level of NGF and MBP expression in the sciatic nerve was enhanced by SNCI. Dexmedetomidine treatment improved locomotor function and upregulated expression of NGF and MBP in the sciatic nerve of SNCI. Dexmedetomidine treatment alleviated thermal hyperalgesia and downregulated expression of c-Fos in the vlPAG and PVN after SNCI.

Conclusions: Dexmedetomidine may be used as a potential new treatment drug for recovery of locomotion and control of pain in peripheral nerve injury.

Keywords: Dexmedetomidine; Locomotion; Pain; Peripheral nerve injury; Sciatic nerve

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Peripheral nerve injury is usually encountered in clinical practice and often causes deficits in motor function [1]. Damage to the peripheral nervous system causes secondary complication such as permanent impairment of sensorimotor function and neuropathic pain, leading to loss of function and deteriorating quality of life [2]. Sciatic nerve crush injury (SNCI) is a type of painful neuropathy, and the affected limb expresses hyperalgesia, abnormal gait, and swelling [3].

Neuropathic pain is clinically classified as irritation-independent pain (or spontaneous progressive pain) and irritation-dependent pain (or induced pain). Induced pain depends on the presence of a stimulus, and it is characterized by hyperexcitability of the nervous system [4]. The afferent fibers in periaqueductal gray (PAG) and paraventricular nucleus (PVN) process nociceptor by receiving signals from nociceptive neurons of the spinal cord and sending projection to the thalamic nuclei. Expression of c-Fos can be used as an indicator of neuronal activation according to noxious stimulation [5]. c-Fos is one of the immediate early genes, and expression of c-Fos is altered by the metabolic activity of neurons [6]. Expression of c-Fos is also used to assess neuronal responses to various internal stimuli [7].

Peripheral nerve damage causes many reactions in the cells surrounding the injury site and affects the progression of axonal degeneration and regeneration occurring early in the injury [8]. Proper control of cell signaling and gene expression is important in regulating degenerative and regenerative potentials [9].

Animal experiments and clinical studies have identified that neurotrophic factors are important in enhancing nerve regeneration [10,11]. Among neurotrophic factors, nerve growth factor (NGF) is implicated in the regulation of survival, growth, and differentiation of neurons [12]. Topically applied NGF stimulated nerve regeneration and promoted functional recovery in SNCI rats [13]. Another important factor for peripheral nerve regeneration is myelin basic protein (MBP), which is also affected by SNCI [9,14]. MBP is expressed in oligodendrocytes and Schwann cells, and MBP has a regulatory function in myelination [15].

Dexmedetomidine, selective α2-adrenoreceptor agonist, acts as an analgesic, sedative, and anesthetic [16]. Moreover, dexmedetomidine is approximately 8 times more selective for the α2-adrenoceptor than clonidine [17]. Clinically, dexmedetomidine has shown desirable analgesic property against acute inflammatory pain, postoperative pain, and even neuropathic pain unresponsive to opioid analgesics [18,19]. Clinical effects of dexmedetomidine on various types of pain are well-established; however, the efficacy of dexmedetomidine for sciatic nerve regeneration after SNCI was not proved.

In this experiment, the effect of dexmedetomidine on locomotor function and thermal hyperalgesia following SNCI was verified using rats. Walking tract analysis and plantar test were performed. Immunohistochemistry was used to determine c-Fos expression in PVN and vPAG. NGF and MBP expression in the sciatic nerve was calculated by western blot.

**MATERIALS AND METHODS**

**Animals and Treatments**

Male Sprague-Dawley rats weighing 250 ± 10 g (12 weeks old) were used for this experiment. We followed the Guidelines for the Care and Use of Animals approved by the National Institute of Health Council for the management and use of laboratory animals. This experimental design was approved by the Institutional Care and Use Committee of Kyung Hee University (KHUASP[SE]-17-094). The animals were randomly classified into the following 5 groups (n = 8 in each group): sham-operated group, SNCI-induced group, SNCI-induced and 5-μg/kg dexmedetomidine treatment group, SNCI-induced and 25-μg/kg dexmedetomidine treatment group, and SNCI-induced and 50-μg/kg dexmedetomidine treatment group. For the dexmedetomidine treatment groups, the appropriate dosage of dexmedetomidine (Precedex, Pfizer, NY, USA) was injected directly into the injury site (200 μL) one time per a day during 10 days, starting 3 days after SNCI induction. Previous study was considered for determining the dosage of dexmedetomidine [20]. The rats in the sham-operated group and in the SNCI-induced group received direct injection of 200 μL 0.9% NaCl into the right sciatic nerve for the same duration.

**Induction of Sciatic Nerve Crushed Injury**

SNCI was induced by the following experimental protocol [5]. The rats were anesthetized with Zoletil 50 (40 mg/kg; Virbac Laboratories, Carros, France). After exposing the right sciatic nerve, the sciatic nerve was crushed for 1 minute with a surgical clip at a pressure 125 g (Fine Science Tools Inc., San Francisco, CA, USA). For the sham-operated group, the sciatic nerve was exposed, but the nerve was not crushed.
Walking Tract Analysis
To assess locomotor recovery, walking track analysis was carried out as previous described method [5]. Walking track analysis was performed 0, 2, 8, and 11 days following SNCI. First, the rats were placed on an 8 × 66-cm walking track with a sheet of white paper at the bottom of the track. When the rats walked, red ink was applied to the hind paw to leave fingerprints on the paper. The maximum value of each measurement was used for the analysis, and the print length (PL), toe spread (TS), and middle toe spread (IT) were all measured. Data were recorded with the prefix E for the experimental side and N for the nonoperated side. From the intact left (nonoperated) foot (NPL, NTS, and NIT) and the injured right (experimental) foot (EPL, ETS, and EIT), these parameters were obtained. The sciatic functional index (SFI) is an indicator of the degree of nerve dysfunction and was calculated using a formula previously reported [5]. The following formula was used for data acquisition: SFI = (-38.3 ± PLF) + (109.5 ± TSF) + (13.3 ± ITF) – 8.8. Print length factor (PLF) = (EPL–NPL)/NPL. Toe spread factor (TSF) = (ETS–NTS)/NTS. Intermediary toe spread factor (ITF) = (EIT–NIT)/NIT. SFI varies from 0 to -100, 0 corresponds to normal function, and -100 corresponds complete dysfunction.

Plantar Test
Plantar test was performed using an algometer (Ugo-Basile, Comerio, Italy). Thermal hyperalgesia was determined 12 days after SNCI. The rats were positioned in a plastic box and acclimatized to the testing space for at least 5 minutes before starting the plantar test. After acclimatization, radiant heat was applied to the plantar surface of the ipsilateral hind paw until the rat pull out. When the reflected light was blocked (for example, when the animal lifted its feet), the photocell automatically turned off the heat source. The time was recorded as the withdrawal latency of the paw (seconds). In order to induce activation of nonmyelinated fibers, the strength was set to a low power (40 mW/cm²) at a heating rate of 1°C/sec.

Tissue Preparation
According to the previous described method [16,21], tissue preparation was performed. Immediately after undergoing the plantar test, the animals were sacrificed. Zoletil 50 (40 mg/kg, intraperitoneally; Vibac Laboratories) was used to anesthetize the rats, and the crushed sciatic nerve was removed. And then, 50mM phosphate-buffered saline (PBS) was transcardially perfused with a freshly prepared solution consisting with 4% paraformaldehyde in 100mM phosphate buffer (pH, 7.4). Brains were dissected and then stored overnight in the same paraformaldehyde solution. For cryoprotection, the brains were immersed in 30% sucrose. Using a cryostat (Leica, Nussloch, Germany), 40-μm thick coronal sections were made. Ten sections on average containing PVN and vIPAG were collected.

Immunohistochemistry for c-Fos
According to the previous described method [3,22], we conducted c-Fos immunohistochemistry to detect c-Fos expression in the PVN and vIPAG. Rabbit anti-c-Fos antibody (1:1,000; Santa Cruz Biotechnology, Santa Cruz, CA, USA) was incubated with the free-floating sections overnight. Biotinylated anti-rabbit secondary antibody (1:200; Vector Laboratories, Burlingame, CA, USA) was incubated with the sections for 1 hour. Then, avidin-biotin-peroxidase complex (Vector Laboratories) was incubated with the sections at room temperature during 1 hour. The sections were incubated with a solution containing 0.03% 3,3-diaminobenzidine and 0.01% H₂O₂ in 50mM Tris-buffer (pH, 7.6) for 3 minutes, and immunoreactivity was visualized. The sections were mounted on gelatin-coated slides after washing 3 times with PBS. The slides were covered with coverslips by Permount (Fisher Scientific, New Jersey, NJ, USA), followed air dry at room temperature overnight.

Western Blotting for NGF and MBP
According to the previous described method [16], we conducted western blot analysis to detect NGF and MBP expression in the sciatic nerve. Sciatic nerve tissues were homogenized on ice and then lysed in lysis buffer. Using a Bio-Rad Colorimetric Protein Assay kit (Hercules, CA, USA) was incubated with the sections at room temperature during 1 hour. The sections were incubated with a solution containing 0.03% 3,3-diaminobenzidine and 0.01% H₂O₂ in 50mM Tris-buffer (pH, 7.6) for 3 minutes, and immunoreactivity was visualized. The sections were mounted on gelatin-coated slides after washing 3 times with PBS. The slides were covered with coverslips by Permount (Fisher Scientific, New Jersey, NJ, USA), followed air dry at room temperature overnight.
Data Analysis
Immunoreactive bands of NGF and MBP were analyzed by an Image-Pro Plus imaging system (Media Cybernetics Inc., Silver Spring, MD, USA). The number of c-Fos-positive cells in the PVN and vPAG was calculated hemilaterally through a light microscope (Olympus, Tokyo, Japan). One-way analysis of variance with Duncan post hoc test was used for statistical analysis. The experiment results were shown as the mean ± standard error of the mean and P < 0.05 was given significance.

RESULTS

Effect of Dexmedetomidine on Locomotor Function
Locomotor function was determined by walking tract analysis (Fig. 1). SFI was measured on days 2, 8, and 11 after SNCI. SFI in the sham-operated group remained constant during the experiment for approximately -10 to -20. At the beginning of the experiment, SFI in all SNCI groups had fallen to near -100. In the SNCI groups, the SFI slowly changed during the experiment. However, in the dexmedetomidine treatment groups, the increase of SFI appeared on day 8 after induction of SNCI (P < 0.05). On day 11 after SNCI induction, the 50-µg/kg dexmedetomidine treatment group showed more palpation of recovery (P < 0.05). The present results suggest that treatment with dexmedetomidine improved locomotor function after SNCI induction.

Effect of Dexmedetomidine on Thermal Pain Sensitivity
Plantar test was conducted to measure thermal pain sensitivity (Fig. 2). Induction of SNCI significantly decreased the paw withdrawal latency (P < 0.05). In contrast, dexmedetomidine treatment significantly increased paw withdrawal latency according to the dose-dependent manner (P < 0.05). These results indicate that treatment with dexmedetomidine alleviated thermal hyperalgesia following SNCI.

Effect of Dexmedetomidine on c-Fos Expression.
Fig. 3 represents the relative level of c-Fos expression in the PVN and vPAG. Induction of SNCI significantly enhanced expression of c-Fos in the PVN and vPAG (P < 0.05). In contrast, dexmedetomidine treatment significantly inhibited SNCI-induced c-Fos expression according to the dose-dependent manner (P < 0.05). The present results suggest that treatment with dexmedetomidine ameliorated pain transmission caused by SNCI.

**Fig. 1.** Effect of dexmedetomidine treatment on sciatic functional index (SFI) following sciatic nerve crush injury. x, sham-operated group; ●, sciatic nerve crush injury (SNCI)-induced group; □, SNCI-induced and 5-µg/kg dexmedetomidine treatment group; ▲, SNCI-induced and 25-µg/kg dexmedetomidine treatment group; ○, SNCI-induced and 50-µg/kg dexmedetomidine treatment group. *P < 0.05 compared to the sham-operation group. †P < 0.05 compared to the SNCI-induced group. ‡P < 0.05 compared to the SNCI-induced and 5-µg/kg dexmedetomidine treatment group.

**Fig. 2.** Effect of dexmedetomidine on thermal hyperalgesia in the plantar test. Sham, sham-operated group; SNCI, sciatic nerve crush injury-induced group; SNCI+5 µg Dex, SNCI-induced and 5-µg/kg dexmedetomidine treatment group; SNCI+25 µg Dex, SNCI-induced and 25 µg/kg dexmedetomidine treatment group; SNCI+50 µg Dex, SNCI-induced and 50 µg/kg dexmedetomidine treatment group. *P < 0.05 compared to the sham-operated group. †P < 0.05 compared to the SNCI-induced group. ‡P < 0.05 compared to the SNCI-induced and 5-µg/kg dexmedetomidine treatment group.
Effects of Dexmedetomidine on NGF and MBP Expression

Fig. 4 represents the relative level of NGF and MBP expression in the sciatic nerve. The level of NGF and MBP expression in the SNCI-induced group was higher than in the sham-operated group (P < 0.05). Moreover, treatment with dexmedetomidine resulted in overexpression of NGF and MBP in the SNCI rats according to the dose-dependent manner (P < 0.05). These results indicate that treatment with dexmedetomidine facilitated SNCI-induced NGF and MBP expression.

DISCUSSION

Increase of SFI represents improvement of locomotor function and decrease of SFI represents exacerbation of locomotor function. In our study, the rats with SNCI showed a characteristic footprint pattern, indicating a decrease in the SFI value. However, the SFI values in the dexmedetomidine treatment groups were sharply increased beginning at 8 days after SNCI. In the SFI values determined by the last walking tract analysis, 50-µg/kg dexmedetomidine treatment showed the strongest increase in SFI value.

In SNCI, the affected limb displays hyperalgesia, abnormal gait due to pain, and swelling [23]. Sciatic nerve damage is known to cause cold allodynia and heat hyperalgesia [23]. The plantar test has been used to evaluate heat hypersensitivity and sensory functional recovery in rats [24]. Increase of paw withdrawal latency indicates that time to pain perception is increased. Decrease of paw withdrawal latency indicates that time to pain perception is decreased. In our study, paw withdrawal latency was decreased following SNCI, however, dexmedetomidine treatment increased withdrawal latency in SNCI.

Changes in descending inhibitory system and ascending fa-
cilitatory system cause sustained pain [25,26]. Painful experiences have been shown to induce c-Fos expression in the dorsal horn of spinal cord, anterior cingulate cortex, PVN, and PAG of brain [5,27]. The frontal cortex, thalamus, and PAG are the main structures for coordination of pain perception. Ligation of sciatic nerve increased the level of c-Fos expression in these brain regions [28]. Increase of c-Fos expression indicates that pain transmitted to the PVN and vlPAG was enhanced. In our study, SNCI increased the number of c-Fos-positive cells in the PVN and vlPAG, indicating that SNCI activated these nociceptive centers.

Activation of the α₂-adrenoceptor by dexmedetomidine produced analgesia [29]. Higher dosage of dexmedetomidine affected thermal latency and mechanical threshold in both injured and uninjured hindlimbs, demonstrating that dexmedetomidine has antinociceptive and analgesic effects [17]. It is known that the α₂-adrenoceptor is implicated in reducing allodynia and inhibiting hyperalgesia [30]. In addition, α₂-adrenoceptor agonist suppressed c-Fos overexpression in the dorsal horn of the spinal cord following chronic constriction injury in rats [31]. In our study, dexmedetomidine suppressed c-Fos overexpression in the PVN and vlPAG caused by SNCI, resulting in alleviation of thermal hyperalgesia.

Enhancing axonal regeneration and promoting reinnervation are important outcomes when developing therapeutic agents. An important direction for ongoing research is the development of therapeutic strategies that enhance axon regeneration and promote selective target repenetration [32]. NGF and MBP are implicated in promoting nerve repair and enhancing functional recovery after sciatic nerve damage [9,11]. NGF expression correlates with hyperalgesia in tissue inflammation [33]. NGF facilitated nerve regeneration and recovery of motor and sensory function after SNCI in rats [13]. NGF expression in the brachial plexus was enhanced at 6 hours after injection of dexmedetomidine [16]. MBP expression is implicated in peripheral nerve regeneration [14]. Close correlation exists between MBP density and functional recovery following sciatic nerve injury [34]. Increase of NGF and MBP indicates promoting nerve repair and enhancing functional recovery. In our study, NGF and MBP expression in sciatic nerve was enhanced by SNCI. In addition, NGF and MBP expression was more potently increased by dexmedetomidine treatment, suggesting that dexmedetomidine...
promoted nerve regeneration in SNCI rats.

Our findings indicate that SNCI caused a deterioration in locomotor function and increased thermal pain sensitivity. However, dexmedetomidine treatment improved locomotor function by upregulating NGF and MBP expressions in the sciatic nerve of SNCI. Dexmedetomidine treatment alleviated thermal hyperalgesia through down-regulation of c-Fos expression in the vPAG and PVN after SNCI. These effects of dexmedetomidine suggest the possibility that dexmedetomidine is also effective for intractable urogenital ulceration such as urinary bladder ulcers. Dexmedetomidine may be used as a potential new treatment drug for recovery of locomotion and control of pain in peripheral nerve injury.

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