SYMMETRIC CRITICAL KNOTS FOR O'HARA’S ENERGIES

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Abstract. We prove the existence of symmetric critical torus knots for O’Hara’s knot energy family $E_\alpha$, $\alpha \in (2,3)$ using Palais’ classic principle of symmetric criticality. It turns out that in every torus knot class there are at least two smooth $E_\alpha$-critical knots, which supports experimental observations using numerical gradient flows.

1. Introduction

Experimenting with R. Scharein’s computer program KnotPlot [33] L. H. Kauffman observed in [23] that there might be several distinct local minima present in the presumably complicated knot energy landscape. In particular, a numerical gradient flow implemented in KnotPlot may deform different configurations of the same knot type into distinct final states. For example, the observed shape of the final knot configuration in the torus knot class $T(2,3)$ heavily depends on whether you start Scharein’s flow with a $(2,3)$– or with a $(3,2)$–representative; see [23, Section 3]. Moreover, Kauffman reports the presence of a highly symmetrical $(3,4)$-torus knot as the final configuration of that flow that does not yield the absolute minimum of the energy. We have made similar observations using Hermes’ numerical gradient flow [22] for integral Menger curvature.

It is the purpose of this paper to support these experimental observations with rigorous analytic results establishing the existence of at least two symmetric critical knots in each torus knot class. Since Kauffman used Scharein’s implementation of a Coulomb type self-repulsion force according to an inverse power of Euclidean distance of different curve points, we focus here on the family of self-repulsive potentials

$$E_\alpha(\gamma) := \int_{\mathbb{R}/L\mathbb{Z}}^{L/2} \left( \frac{1}{|\gamma(u + w) - \gamma(u)|^\alpha} - \frac{1}{d_\gamma(u + w, u)^\alpha} \right) |\gamma'(u + w)||\gamma'(u)| \, dw \, du$$

for $\alpha \in (2,3)$, which forms a subfamily of J. O’Hara’s energies introduced in [28]. Here, \( \gamma : \mathbb{R}/(L\mathbb{Z}) \to \mathbb{R}^3 \), $L > 0$, is a Lipschitz continuous closed curve, and

$$d_\gamma(u + w, u) := \min \{ \mathcal{L}(\gamma|_{[u,u+w]}, \mathcal{L}(\gamma) - \mathcal{L}(\gamma|_{[u,u+w]}) \}$$

for $|w| \leq L/2$

denotes the intrinsic distance, i.e., the length of the shorter arc on $\gamma$ connecting the points $\gamma(u)$ with $\gamma(u + w)$.

Remark 1.1. 1. For $\alpha = 2$ the energy $E_2$ is called Möbius energy because of its invariance under Möbius transformations; see [17, Theorem 2.1]. For arbitrary $\alpha \in (2,3)$ one still has invariance under isometries in $\mathbb{R}^3$ and under reparametrizations.
2. \( E_2 \) can be minimized in arbitrary prescribed prime knot classes according to Freedman, He, and Wang [17, Theorem 4.3], whereas \( E_\alpha \) for \( \alpha \in \{2, 3\} \) is minimizable in every given tame knot class as shown by O’Hara in [29, Theorem 3.2].

3. For all \( \alpha \in \{2, 3\} \) the once-covered circle uniquely minimizes the energy \( E_\alpha \), which was shown by Abrams et al. in [1].

For the scaling-invariant version
\[
S_\alpha := L^{\alpha-2} \cdot E_\alpha
\]
we prove the following central result.

**Theorem 1.2.** Let \( a, b \in \mathbb{Z} \setminus \{0, \pm 1\} \) be relatively prime, \( \alpha \in \{2, 3\} \). Then there are at least two arclength parametrized, embedded \( S_\alpha \)-critical curves \( \Gamma_1, \Gamma_2 \in C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) \) both representing the torus knot class \( T(a, b) \), such that there is no isometry \( I : \mathbb{R}^3 \to \mathbb{R}^3 \) with \( I \circ \Gamma_1(\mathbb{R}/\mathbb{Z}) = \Gamma_2(\mathbb{R}/\mathbb{Z}) \).

In consequence, the gradient flow for \( S_\alpha \) (or the flow for a linear combination of \( E_\alpha \) and length \( L \)) treated analytically by S. Blatt [6] might very well get stuck in one of these critical points without having reached the absolute energy minimum. Theorem 1.2 could explain some of the experimental effects described above — in particular those displaying symmetric non-minimizing final configurations since we used discrete rotational symmetries to construct \( \Gamma_1 \) and \( \Gamma_2 \). However, Theorem 1.2 contains no statement about stability, so these \( S_\alpha \)-critical knots may be local minima or merely saddle points.

In contrast to the work of J. Cantarella et al. [11] on symmetric criticality for the non-smooth ropelength functional, we obtain here smooth critical points of the continuously differentiable energy functional \( S_\alpha \) since we can apply the classic principle of symmetric criticality made rigorous by R. Palais in [30]. This principle can also be applied to various types of geometric curvature energies such as integral Menger curvature or tangent-point energies investigated in [35–37], to produce symmetric critical knots in any knot class that possesses at least one symmetric representative. Suitably scaled versions of those energies do converge to ropelength in the \( \Gamma \)-limit sense as their integrability exponents tend to infinity. This implies, in particular, that the symmetric critical knots we produce by Palais’ principle converge to symmetric ropelength-critical knots; see [18, 19]. At this point, however, it is not clear if we thus obtain in the \( \Gamma \)-limit the same ropelength-critical points as the ones Cantarella et al. provide in [11].

The Möbius energy, i.e., the case \( \alpha = 2 \), is excluded in Theorem 1.2; in ongoing work [7] we treat this technically more challenging energy. D. Kim and R. Kusner, however, have chosen in [24] a different, in a sense one-dimensional approach to symmetric criticality for the Möbius energy. They restrict their search to torus knots that actually lie on the surfaces of tori foliating the \( S^3 \) through variations of the tori’s radius ratio. It would be interesting to investigate the relation between their Möbius-critical torus knots and the ones we aim for in [7]. Kim and Kusner conjecture in [24, p. 2] on the basis of their numerical experiments with Brakke’s evolver [9] that stability of Möbius critical torus knots in \( T(a, b) \) should only be expected when \( a = 2 \) or \( b = 2 \). Stability for symmetric critical knots is still an open problem not only for the scaled O’Hara energies \( S_\alpha \) but also for all other knot energies mentioned so far.

Let us briefly outline the structure of the paper. In Section 2 we recall the relevant aspects of Palais’ principle of symmetric criticality on Banach manifolds. The most important properties of O’Hara’s energies \( E_\alpha \) are presented in Section 3, such as self-avoidance
(Lemma 3.1), semicontinuity (Lemma 3.5), and Blatt’s characterization [5] of energy spaces (Theorem 3.2) in terms of fractional Sobolev spaces, so-called Sobolev-Slobodetskij spaces. This characterization is crucial in Section 4 to identify the correct Banach manifold (Corollary 4.2), on which Palais’ principle of symmetric criticality is applicable. Then we describe discrete rotational symmetries of parametrized curves in terms of a group action of the cyclic group (Definition 4.3 and Lemma 4.4). After checking the effects of reparametrizations on symmetry properties (Corollary 4.7) we focus on the torus knot classes \( T(a, b) \) to find symmetric representatives (Lemma 4.8), and use a direct method in the calculus of variations to minimize \( S_{\alpha} \) in symmetric subsets (Theorem 4.9). Using well-known knot theoretic periodicity properties of \( T(a, b) \), we can finally identify two geometrically different symmetric critical knots, which establishes Theorem 1.2. This proof is based on a general result on possible rotational symmetries for general tame knots (Theorem 4.12), for which we present a purely geometric proof, and which may be of independent interest. Some technical intermediate results, e.g. on the Sobolev-Slobodetskij seminorm, or on sets invariant under discrete rotations, are proven in the appendix.

The paper is essentially self-contained not only for the convenience of the reader but also because in places we needed somewhat more refined versions of known results such as Theorem 3.2.

2. The principle of symmetric criticality

In this section we briefly recall the notion of a group action on a in general infinite dimensional Banach manifold in order to formulate a version of Palais’ principle of symmetric criticality suitable for our application.

**Definition 2.1.** Let \( k \in \mathbb{N} \cup \{0\} \) and \( B \) a Banach space. Then a Hausdorff space \( \mathcal{M} \) is a *Banach manifold modelled over* \( B \) *of class* \( C^k \), or in short, a *\( C^k \)-manifold over* \( B \) if and only if the following two conditions hold:

(i) For all \( x \in \mathcal{M} \) there is an open set \( V_x \subset \mathcal{M} \) containing \( x \), and some open set \( \Omega_x \subset B \) containing \( 0 \), and a homeomorphism \( \phi_x : \Omega_x \to V_x \) with \( \phi_x(0) = x \).

(ii) For two distinct points \( x, y \in \mathcal{M} \) with \( x, y \in V_x \cap V_y \), the corresponding homeomorphisms \( \phi_x : \Omega_x \to V_x \subset \mathcal{M} \) and \( \phi_y : \Omega_y \to V_y \subset \mathcal{M} \) satisfy

\[
\phi_y^{-1} \circ \phi_x |_{\Omega_x \cap \Omega_y} \in C^k(\Omega_x \cap \Omega_y, \mathcal{M}).
\]

\( \mathcal{M} \) is a smooth, or \( C^\infty \)-manifold over \( B \) if \( \mathcal{M} \) is a \( C^k \)-manifold over \( B \) for all \( k \in \mathbb{N} \). The maps \( \phi_x \) are called *local parametrizations*, and their inverse mappings \( \phi_x^{-1} : V_x \to \Omega_x \) are the *local charts*. The collection of all charts together with their respective domains forms a \( C^k \)-*atlas* of the Banach manifold \( \mathcal{M} \).

**Example 2.2.** Every open subset \( \Omega \subset B \) of a Banach space \( B \) is a smooth manifold over \( B \), since for every \( x \in \Omega \) one may choose the parametrization \( \phi_x := \text{Id}_B, \) so that the atlas of this simple Banach manifold contains only one element, namely \( (\text{Id}_B, \Omega) \).

In order to incorporate symmetry in a mathematically rigorous way, one uses groups and their action on Banach manifolds; cf. [30] pp. 19,20.

**Definition 2.3.** Let \((G, \circ)\) be a group, \( B \) a Banach space, and \( \mathcal{M} \) a \( C^k \)-manifold over \( B \) for some \( k \in \mathbb{N} \).
(i) $G$ acts on $\mathcal{M}$ if and only if there is a mapping $\tau: G \times \mathcal{M} \to \mathcal{M}$ mapping a pair $(g, x)$ to a point $\tau_g(x) \in \mathcal{M}$, such that

$$\tau_{gh}(x) = \tau_g(\tau_h(x))$$

for all $g, h \in G$, $x \in \mathcal{M}$.

(Such a mapping $\tau$ is called a representation of $G$ in $\mathcal{M}$.)

(ii) $\mathcal{M}$ is called a $G$-manifold (of class $C^k$) if and only if for each $g \in G$ the mapping $\tau_g: \mathcal{M} \to \mathcal{M}$ is a $C^k$-diffeomorphism. If $G$ is an infinite Lie group then it is additionally required that the representation $\tau: G \times \mathcal{M} \to \mathcal{M}$ is of class $C^k$ for $\mathcal{M}$ to be a $G$-manifold.

(iii) For a $G$-manifold the subset of $G$-symmetric points, or in short the $G$-symmetric subset $\Sigma \subset \mathcal{M}$ is defined as

$$\Sigma := \{ x \in \mathcal{M} : \tau_g(x) = x \text{ for all } g \in G \}.$$

(iv) A function $E: \mathcal{M} \to \mathbb{R}$ is $G$-invariant if and only if

$$E(\tau_g(x)) = E(x)$$

for all $g \in G$, $x \in \mathcal{M}$.

Now, Palais’ principle of symmetric criticality reads as follows; cf [30, Thm.5.4].

**Theorem 2.4** (Palais). Let $G$ be a compact Lie group and $\mathcal{M}$ a $G$-manifold of class $C^1$ over the Banach space $\mathcal{B}$ with $G$-symmetric subset $\Sigma \subset \mathcal{M}$, and let $E: \mathcal{M} \to \mathbb{R}$ be a $G$-invariant function of class $C^1$. Then $\Sigma$ is a $C^1$-submanifold of $\mathcal{M}$, and $x \in \Sigma$ is a critical point of $E$ if and only if $x$ is critical for $E|_\Sigma: \Sigma \to \mathbb{R}$.

Since any finite group is a Lie group [12, p. 48, Example 5] one immediately obtains the following result which will be of relevance in our application.

**Corollary 2.5.** If $G$ is a finite group, $\mathcal{M}$ a $G$-manifold of class $C^1$ over the Banach space $\mathcal{B}$ with $G$-symmetric subset $\Sigma \subset \mathcal{M}$, and if $E: \mathcal{M} \to \mathbb{R}$ is a $G$-invariant function of class $C^1$, then $x \in \Sigma$ is $E$-critical if and only if it is $E|_\Sigma$-critical.

**Remark 2.6.** In our application the Banach manifold $\mathcal{M}$ will be an open subset $\Omega \subset \mathcal{B}$ of a Banach space $\mathcal{B}$, so that the differential of a $C^1$-function $E: \Omega \to \mathbb{R}$ coincides with the classic Fréchet-differential

$$dE_x: T_x \Omega \simeq \mathcal{B} \to T_{E(x)}^* \mathbb{R} \simeq \mathbb{R},$$

which may be calculated using the first variation, or Gâteaux-derivative:

$$dE_x[h] = \delta E(x, h) := \lim_{\varepsilon \to 0} \frac{E(x + \varepsilon h) - E(x)}{\varepsilon} \quad \text{for } h \in \mathcal{B}.$$

**Theorem 2.4** then implies that in order to establish criticality of a point $x \in \Sigma$ it suffices to show

$$dE_x[h] = 0 \text{ for all } h \in T_x \Sigma,$$

and not for all $h \in \mathcal{B}$.

3. **Properties of O'Hara’s knot energies $E_\alpha$**

We start with the following bi-Lipschitz estimate due to O’Hara [28, Theorem 2.3], whose proof we present here for the convenience of the reader.
Lemma 3.1. Any \( \gamma \in C^{0,1}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) \) with \( |\gamma'| > 0 \) a.e. and with \( E_\alpha(\gamma) < \infty \) for some \( \alpha \in [2, 3) \) is injective. More precisely, for all \( b \geq 0 \) there is a constant \( C = C(b) \geq 0 \) such that \( E_\alpha(\gamma) \leq b \) implies the bi-Lipschitz estimate

\[
|\gamma(s) - \gamma(t)| \geq C d_\gamma(s, t) \quad \text{for all } s, t \in \mathbb{R}/\mathbb{Z}.
\]

**Proof.** Since \( |\gamma'| > 0 \) a.e. there is a one-to-one correspondence between the original parameters \( s, t \in \mathbb{R}/\mathbb{Z} \) and the respective arclength parameters \( \sigma(s) = \int_0^s |\gamma'(\tau)| \, d\tau \) and \( \sigma(t) = \int_0^t |\gamma'(\tau)| \, d\tau \), so we may assume without loss of generality that \( \alpha \in (\gamma'(\tau)|\gamma'(\tau)| = 1 \) for a.e. \( \tau \in \mathbb{R}/\mathbb{Z} \), and (by a parameter shift) that

\[
0 \leq s < t \leq s + \frac{1}{2}.
\]

Consequently, \( (t - s) = |s - t| \) which equals the intrinsic distance

\[
d_\gamma(s, t) = |s - t|_{\mathbb{R}/\mathbb{Z}} := \min(|s - t|, 1 - |s - t|).
\]

Setting

\[
d := |\gamma(s) - \gamma(t)| \quad \text{and} \quad \delta := (t - s)
\]

we assume first that \( d \leq \delta/4 \), so that we can estimate for \( 0 \leq u, v \leq \delta/8 \)

\[
|\gamma(s + u) - \gamma(t - v)| \leq d + u + v
\]

and

\[
|(t - v) - (s + u)| = (t - s) - (u + v) = \delta - (u + v) \geq \frac{3}{4}\delta,
\]

where, again, the left-hand side equals the intrinsic distance \( d_\gamma(s + u, t - v) \). By means of (5) and (6) we may now bound the energy from below to obtain

\[
b \geq \int_{s}^{s + \frac{\delta}{4}} \int_{0}^{\frac{\delta}{4}} \left( \frac{1}{|\gamma(x) - \gamma(y)|^\alpha} - \frac{1}{d_\gamma(x, y)^\alpha} \right) \, dy \, dx
\]

\[
= \int_{0}^{\frac{\delta}{4}} \int_{0}^{\frac{\delta}{4}} \left( \frac{1}{|\gamma(s + u) - \gamma(t - v)|^\alpha} - \frac{1}{d_\gamma(s + u, t - v)^\alpha} \right) \, du \, dv
\]

(5)

\[
\geq \int_{0}^{\frac{\delta}{4}} \int_{0}^{\frac{\delta}{4}} \left( \frac{1}{(d + u + v)^\alpha} - \frac{1}{(\frac{3}{4}\delta)^\alpha} \right) \, du \, dv
\]

(6)

\[
= \int_{0}^{\frac{\delta}{4}} \int_{0}^{\frac{\delta}{4}} \frac{1}{(d + u + v)^\alpha} \left[ 1 - \left( \frac{d + u + v}{\frac{3}{4}\delta} \right)^\alpha \right] \, du \, dv.
\]

To estimate the term in square brackets in (7) notice that \( d + u + v \leq d + (\delta/4) \leq \delta/2 \) so that \( (d + u + v)/(3\delta/4) \leq 2/3 \), from which we infer

\[
b \geq \left( 1 - \left( \frac{2}{3} \right)^\alpha \right) \int_{0}^{\frac{\delta}{4}} \int_{0}^{\frac{\delta}{4}} \frac{1}{(d + u + v)^2} \, du \, dv = \left( 1 - \left( \frac{2}{3} \right)^\alpha \right) \log \left( \frac{d + \frac{\delta}{4}}{d + \frac{2}{3}\delta} \right)
\]

by explicit integration. With \( d + (\delta/8) \geq (d + (\delta/4))/2 \) we can bound the argument of the logarithm by \( \delta/(16d) \) from below to obtain

\[
b \geq \left( 1 - \left( \frac{2}{3} \right)^\alpha \right) \log \frac{\delta}{16d}.
\]
which leads to \( e^{b/(1-(2/3)^{\alpha})} \geq \delta/(16d) \) or

\[
(8) \quad d \geq \frac{1}{16} e^{b/(1-(2/3)^{\alpha})} \delta \quad \text{if } d \leq \delta/4.
\]

This verifies our claim with constant

\[
C := \min \left\{ \frac{1}{4}, \frac{1}{16} e^{b/(1-(2/3)^{\alpha})} \right\} = \frac{1}{16} e^{b/(1-(2/3)^{\alpha})}.
\]

\[
\square
\]

Crucial for the application of Palais’ principle of symmetric criticality is the identification of a suitable Banach manifold in our context of knotted curves and O’Hara’s energy \( E_{\alpha} \). This will be an open subset of an appropriate Sobolev-Slobodetskij space, which – according to the important contribution of Blatt [5] – characterizes curves of finite \( E_{\alpha} \)-energy. Here is a slightly refined statement of Blatt’s theorem.

**Theorem 3.2 (Blatt).** For any \( \alpha \in [2, 3) \) the following is true.

(i) If \( \gamma \in C^{0,1}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) \) with length \( 0 < L := \mathcal{L}(\gamma) \) satisfies \( |\gamma'| > 0 \) a.e. and \( E_{\alpha}(\gamma) < \infty \), then \( \gamma|_{[0,1]} \) is injective, and its arclength parametrization \( \Gamma \in C^{0,1}(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^3) \) is of class \( W^{(\alpha+1)/2,2}(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^3) \) with unit tangent \( \gamma' \) satisfying

\[
(9) \quad |\Gamma'|^{2/(\alpha-1)/2} \leq 4^3 \cdot 2^{2-2\alpha} E_{\alpha}(\gamma).
\]

(ii) If, on the other hand, \( \alpha \in (2, 3) \) and \( \gamma \in W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) \) with \( |\gamma'| > 0 \) a.e., and if \( \gamma|_{[0,1]} \) is injective, then \( E_{\alpha}(\gamma) < \infty \).

Blatt actually proved part (ii) only for arclength parametrized curves, but for the full two-parameter family of O’Hara’s energies which also includes the case \( \alpha = 2 \).

Before giving the proof of Theorem 3.2 let us quickly recall the concept of Sobolev-Slobodetskij spaces, where it suffices for our applications to focus on the case of periodic functions of one variable. For that we define for fixed \( L > 0 \), \( s \in (0, 1) \) and \( \rho \in [1, \infty) \) the seminorm

\[
(10) \quad [f]_{s,\rho} := \left( \int_{\mathbb{R}/(\mathbb{LZ})} \int_{-L/2}^{L/2} |f(u+w) - f(u)|^\rho \frac{|w|^{1+\rho s}}{|w|} \, dw \, du \right)^{1/\rho}
\]

for an integrable function \( f \in L^p(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^n) \), which explains our notation in (9).

**Definition 3.3.** For \( k \in \mathbb{N} \), the set

\[
W^{k+s,\rho}(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^n) := \{ f \in W^{k,\rho}(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^n) : \|f\|_{W^{k+s,\rho}} < \infty \},
\]

where

\[
\|f\|_{W^{k+s,\rho}} := \|f\|_{W^{k,\rho}} + [f^{(k)}]_{s,\rho},
\]

is called the Sobolev-Slobodetskij space with (fractional) differentiability order \( k + s \) and integrability \( \rho \). (Here, \( W^{k,\rho} \) denotes the usual Sobolev space of functions whose generalized derivatives up to order \( k \) are \( \rho \)-integrable.)
Remark 3.4. It is well-known that Sobolev-Slobodetskij are Banach spaces, and one has the following continuous Morrey-type embedding\(^1\) into classical Hölder spaces:

\[
W^{k+\rho}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n) \hookrightarrow C^{k,\rho-(1/\rho)}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n) \quad \text{for} \quad \rho \in (1, \infty), \ s \in (1/\rho, 1).
\]

In our context we obtain for \(\alpha \in (2, 3), \ s = (\alpha - 1)/2 \in (1/2, 1), \) and \(\rho = 2\) the continuous embedding

\[
W^{(\alpha+1)/2,2}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n) = W^{1+s,2}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n) \hookrightarrow C^{1,s-(1/2)}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n)
\]

which means that there is a constant \(C_E = C_E(L, n)\) such that

\[
\|f\|_{C^{1,s-(1/2)}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n)} \leq C_E\|f\|_{W^{(\alpha+1)/2,2}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n)} \quad \text{for all} \quad f \in W^{(\alpha+1)/2,2}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n).
\]

This uniform estimate will turn out to be quite useful in our context, e.g., to obtain compactness, or to conserve the prescribed knot class in the limit of minimal sequences; see Section 4.

Proof of Theorem 3.2 (i) Injectivity follows from Lemma 3.1. Since \(E_\alpha\) is invariant under reparametrization we have \(E_\alpha(\gamma) = E_\alpha(\Gamma)\). So, we can estimate

\[
\infty > E_\alpha(\Gamma) = \int_{\mathbb{R}/(L\mathbb{Z})} \left( \frac{1}{\int \mathbb{R}/(L\mathbb{Z})} \int_{-1/2}^{1/2} \frac{1}{|w|^\alpha} \left| \frac{\Gamma(u+w) - \Gamma(u)w}{|w|^\alpha} \right|^\alpha \right) \frac{dw}{|w|^\alpha} 
\]

where we have used that the arclength parametrization \(\Gamma\) is Lipschitz continuous with Lipschitz constant 1, and \(\alpha \geq 2\). Now, the numerator of the last integral may be rewritten as

\[
\int_0^1 \int_0^1 \left( 1 - \Gamma'(u+\sigma w) \cdot \Gamma'(u+\tau w) \right) d\sigma d\tau = \frac{1}{2} \int_0^1 \int_0^1 \left( \Gamma'(u+\sigma w) - \Gamma'(u+\tau w) \right)^2 d\sigma d\tau,
\]

which inserted into (13) and combined with Fubini’s theorem – leads to the following lower bound for \(E_\alpha(\Gamma)\):

\[
\frac{1}{2} \int_0^1 \int_0^1 \int_{-1/2}^{1/2} \int_0^1 \frac{1}{|w|^\alpha} \left| \frac{\Gamma'(u+\sigma w) - \Gamma'(u+\tau w)}{|w|^\alpha} \right|^2 \frac{d\sigma d\tau}{|w|^\alpha} 
\]

which can be transformed via the substitution \(z := u+\sigma w\) into

\[
\frac{1}{2} \int_0^1 \int_{-1/2}^{1/2} \int_{-1/2}^{1/2} \int_{-1/2}^{1/2} \frac{1}{|w|^\alpha} \left| \frac{\Gamma'(z) - \Gamma'(z+(\tau-\sigma)w)}{|w|^\alpha} \right|^2 \frac{d\sigma d\tau}{|w|^\alpha} 
\]

By L-periodicity we may replace the inner integration by the integral on \(\mathbb{R}/(L\mathbb{Z})\), and we estimate the resulting quadruple integral from below by restricting the integration with respect to \(\tau\) to the interval \([3/4, 1]\) and the \(\sigma\)-integration to \([0, 1/4]\), before we interchange

\[^1\text{For this and many more advanced facts on fractional Sobolev spaces we refer, e.g., to [32], [14], [3], or to the monographs [33]-[40].}\]
the inner two integrations with Fubini and substitute then \( y := (\tau - \sigma)w \), to arrive at the new lower bound for \( E_\alpha(\Gamma) \):

\[
\frac{1}{2} \int_{3/4}^{1} \frac{1}{(\tau - \sigma)\alpha} \int_{R/(LZ)} \left( \frac{(\tau - \sigma)L/2}{|y|^\alpha} \right) dydzd\sigma d\tau,
\]

which itself is bounded from below by

\[
\frac{1}{2} \left( \frac{1}{4} \right)^2 \int_{R/(LZ)} \frac{|\Gamma'(z) - \Gamma'(z + y)|^2}{|y|^\alpha} dydz.
\]

The Sobolev-Slobodetckij seminorm \( (10) \) for \( s = (\alpha - 1)/2 \) and therefore \( 1 + 2s = \alpha \), on the other hand, may be estimated by means of the triangle inequality as

\[
|\Gamma|^2_{(\alpha-1)/2,2} = \int_{R/(LZ)} \frac{\left| \Gamma'(z + x) - \Gamma'(z) \right|^2}{|x|^\alpha} dx dz
\]

\[
\leq 2 \int_{R/(LZ)} \frac{\left| \Gamma'(z + x) - \Gamma'(z + (x/2)) \right|^2}{|x|^\alpha} dx dz
\]

\[
+ 2 \int_{R/(LZ)} \frac{\left| \Gamma'(z + (x/2)) - \Gamma'(z) \right|^2}{|x|^\alpha} dx dz.
\]

Substituting \( y := x/2 \) transforms the second double integral on the right-hand side into

\[
2^{1-\alpha} \int_{R/(LZ)} \int_{L-Z}^{L/4} \frac{\left| \Gamma'(z + y) - \Gamma'(z) \right|^2}{|y|^\alpha} dy dz.
\]

In the first integral on the right-hand side of (18) we first use Fubini to interchange the order of integration, then the substitution \( \zeta := z + x \) in the \( x \)-integral to arrive at

\[
\int_{L-Z}^{L/4} \int_{L-Z}^{L/4} \frac{\left| \Gamma'(\zeta) - \Gamma'(\zeta - (x/2)) \right|^2}{|x|^\alpha} d\zeta dx = \int_{L-Z}^{L/4} \int_{R/(LZ)} \frac{\left| \Gamma'(\zeta) - \Gamma'(\zeta - (x/2)) \right|^2}{|x|^\alpha} d\zeta dx,
\]

where we used \( L \)-periodicity of \( \Gamma' \). Interchanging the order of integration again, and then substituting here \( y := -x/2 \) in the \( x \)-integration finally leads to the term (19) again. Thus, inserting (19) for both double integrals on the right-hand side of (18), and combining this with (17) we obtain the desired energy estimate (9).

(ii) By Lemma A.1 also the arclength parametrization \( \Gamma : R/(LZ) \rightarrow R^3 \) of \( \gamma \) is of class \( W^{(\alpha+1)/2,2} \) with the estimate (55), where \( L = L(\gamma) \) denotes the length of \( \gamma \). So, it suffices to work with \( \Gamma \) due to the parameter invariance of \( E_\alpha \). In addition, we prove in the appendix (see Corollary A.3) that \( \Gamma \) is bi-Lipschitz continuous satisfying

\[
\frac{1}{B} |w| \leq |\Gamma(u + w) - \Gamma(u)| \leq |w| \text{ for all } u \in R/(LZ), |w| \leq L/2
\]

for some constant \( B = B(\alpha, \Gamma) \) depending on \( \alpha \) and on the curve \( \Gamma \). Similarly as in the proof of part (i) we first rewrite the energy of \( \Gamma \) as

\[
E_\alpha(\Gamma) = \int_{R/(LZ)} \int_{L-Z}^{L/2} \left( 1 - \frac{|\Gamma(u + w) - \Gamma(u)|^\alpha}{|w|^\alpha} \right) \frac{|w|^\alpha}{|\Gamma(u + w) - \Gamma(u)|^\alpha} dw du
\]

\[
\leq B \int_{R/(LZ)} \int_{L-Z}^{L/2} \left( 1 - \frac{|\Gamma(u + w) - \Gamma(u)|^\alpha}{|w|^\alpha} \right) dw du,
\]
where we used (20) for the inequality. By the elementary inequality

$$1 - x^\alpha \leq (\alpha + 1)(1 - x^2) \quad \text{for all} \quad \alpha \in [2, \infty), \ x \in [0, 1]$$

proved in Lemma A.4 in the appendix we can estimate the right-hand side of (21) from above by

$$(\alpha + 1)B^\alpha \int_{\mathbb{R}/(LZ)} \frac{1 - |\Gamma(u+w) - \Gamma(u)|^2}{|w|^{\alpha}} \ dw du.$$

This double integral is identical with the one in (13) (only with a different domain of integration), so we can perform exactly the same manipulations using Fubini and one substitution as in (14), (15), (16), to rewrite (22) as

$$\frac{1}{2}(\alpha + 1)B^\alpha \int_0^1 \int_{\mathbb{R}/(LZ)} \int_{-L/2}^{L/2} \frac{|\Gamma'(z) - \Gamma'(z + (\tau - \sigma)w)|^2}{|w|^{\alpha}} \ dw dz d\sigma d\tau,$$

where in the z-integration we may replace the domain of integration by $\mathbb{R}/(LZ)$ due to 1-periodicity of $\Gamma$. Exchanging the order of the z-integration with the w-integration we can substitute $y(w) := (\tau - \sigma)w$ to obtain

$$\frac{1}{2}(\alpha + 1)B^\alpha \int_0^1 \int_{\mathbb{R}/(LZ)} \int_{-\alpha}^{\alpha} \frac{|\Gamma'(z) - \Gamma'(z + y)|^2}{|w|^{\alpha}} \ dy dz d\sigma d\tau,$$

where the integration domain of the $y$-integration may be replaced by the full interval $[-L/2, L/2]$ since $|\tau - \sigma| \leq 1$, giving

$$\frac{1}{2}(\alpha + 1)B^\alpha \int_0^1 \int_{\mathbb{R}/(LZ)} \int_{-L/2}^{L/2} \frac{|\Gamma'(z) - \Gamma'(z + y)|^2}{|w|^{\alpha}} \ dy dz d\sigma d\tau = \frac{1}{2}(\alpha + 1)B^\alpha |\Gamma'|^2_{(\alpha - 1)/2,2},$$

as an upper bound for $E_\alpha(\Gamma)$. Combining this with (55) in Lemma A.1 in the appendix we conclude

$$E_\alpha(\gamma) = E_\alpha(\Gamma) \leq \frac{1}{2}(\alpha + 1)B^\alpha |\Gamma'|^2_{(\alpha - 1)/2,2},$$

(25)

$$\leq \frac{1}{2}(\alpha + 1)B^\alpha \left(\frac{1}{c}\right)^{2+\alpha} \left[\left(\frac{1}{c}\right)^2 + C^6\right] \cdot |\gamma'|^2_{(\alpha - 1)/2,2},$$

where $c = \min_{|\gamma'|} |\gamma'|$ and $C = \max_{|\gamma'|} |\gamma'|$, which finishes the proof. \hfill \Box

Lower semicontinuity of $E_\alpha$ was shown in the case $\alpha = 2$ by Freedman, He, and Wang in [17, Lemma 4.2], and their argument works also for any $\alpha \in [2, 3]$.

**Lemma 3.5.** Let $\alpha \in [2, 3]$ and assume that $\gamma, \gamma_1 : \mathbb{R}/Z \to \mathbb{R}^n$ are absolutely continuous curves with $|\gamma'| > 0$ and $|\gamma_1'| > 0$ a.e. on $\mathbb{R}/Z$ for all $i \in \mathbb{N}$, such that $\gamma_1 \to \gamma$ pointwise everywhere on $\mathbb{R}/Z$ as $i \to \infty$. Then

$$E_\alpha(\gamma) \leq \liminf_{i \to \infty} E_\alpha(\gamma_i).$$

**Proof.** We may assume that the limit on the right-hand side is finite, and that it is realized as the limit $E_\alpha(\gamma_i)$ (upon restriction to a subsequence again denoted by $\gamma_i$). It is well-known that the length functional $L$ is lower semicontinuous with respect to pointwise convergence, so that also $d_\gamma(u + w, u) \leq \liminf_{i \to \infty} d_{\gamma_i}(u + w, u)$; hence

$$\limsup_{i \to \infty} d_{\gamma_i}(u + w, u) \leq \limsup_{i \to \infty} d_{\gamma}(u + w, u) \leq \liminf_{i \to \infty} d_{\gamma_i}(u + w, u) \quad \text{for all} \quad u \in \mathbb{R}/Z, |w| \leq 1/2.$$
Together with the pointwise convergence \(|γ|(u + w) − γ(u)| → |γ(u + w) − γ(u)|\) as \(i → ∞\)
we obtain
\[
\frac{1}{|γ(u + w) − γ(u)|^α} - \frac{1}{d_{γ}(u + w, u)^α} \leq \liminf_{i \to ∞} \left( \frac{1}{|γ_i(u + w) − γ_i(u)|^α} - \frac{1}{d_{γ_i}(u + w, u)^α} \right)
\]
for all \(u ∈ 𝕀, |w| ≤ 1/2\).

In addition, using again the lower semicontinuity of length, we can estimate for any \(0 < h ≪ 1\) and any \(s ∈ 𝕀\),
\[
|γ(s + h) − γ(s)| ≤ d_{γ}(s + h, s) ≤ \liminf_{i \to ∞} d_{γ_i}(s + h, s) = \liminf_{i \to ∞} \int_s^{s + h} |γ′(τ)| dτ.
\]
Dividing this inequality by \(h\) and taking the limit \(h → 0\) we obtain at differentiability points \(s\) that are also Lebesgue points of \(γ\) and of all \(|γ_i|\) simultaneously – hence for a.e. \(s ∈ 𝕀\) – the limiting inequality
\[
|γ′(s)| ≤ \liminf_{i \to ∞} |γ′_i(s)|.
\]
Combining (26) with (27) we obtain that the integrand of \(E_α\) is bounded from above by the limes inferior of the integrands of \(E_α(γ_i)\) as \(i → ∞\). This together with Fatou’s Lemma and the monotonicity of the integral proves the claim.

\[\text{Remark 3.6.}\] In [8, Theorem 1.1] Blatt and Reiter prove that \(E_α\) is continuously differentiable on the space of all injective regular curves of class \(W^{(α+1)/2,2}\), and they give an explicit formula of the differential \(dE_γ[\cdot]\) in the case of an arclength parametrized curve \(γ ∈ W^{(α+1)/2,2}(𝕀, ℝ^n)\). The explicit structure of this differential is not needed in our context, but the differentiability of \(E\) is, of course, crucial to apply Palais’ principle of symmetric criticality to obtain classic critical points – in contrast, e.g. to the notion of criticality for the non-smooth ropelength functional formulated by Cantarella et al. in [11].

Moreover, Blatt and Reiter’s main theorem [8, Theorem 1.2] states that any arclength parametrized critical point of the linear combination \(E_α + λ\mathcal{L}\) is \(C^∞\)-smooth. Here, \(\mathcal{L}\) denotes as before the length functional, and \(λ ∈ ℝ\) is an arbitrary parameter, that, e.g., comes up as a Lagrange parameter for a minimization problem for \(E_α\) under a fixed length constraint. Alternatively, and important for our construction of symmetric critical points in Section 4, such a scalar parameter appears if one considers the scale-invariant version \(S_α\) of \(E_α\) defined in (2) in the introduction. The differential of \(S_α\) evaluated at some injective regular curve \(γ ∈ W^{(α+1)/2,2}(𝕀, ℝ^n)\) has the form
\[
d(S_α)_γ = d(\mathcal{L}^{α−2}E_α)_γ = \mathcal{L}(γ)^{α−2}d(E_α)_γ + ((α − 2)\mathcal{L}(γ)^{α−1}E_α(γ))d\mathcal{L}_γ.
\]
Hence Blatt and Reiter’s regularity theorem applies to any arclength parametrized critical point \(γ\) of \(S_α\) (setting \(λ := (α − 2)\mathcal{L}(γ)E_α(γ)\)) implying the smoothness of such \(γ\).

4. Critical torus knots

We first establish an open subset of the Banach space \(W^{(α+1)/2,2}(𝕀, ℝ^n)\) as the Banach manifold on which Palais’ principle of symmetric criticality is applicable.
Lemma 4.1. For any tame knot class $\mathcal{K}$ and for any $\alpha \in (2, 3)$ the set

$$\Omega_\mathcal{K} := \{\gamma = (\gamma^1, \gamma^2, \gamma^3) \in W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) : |\gamma'| > 0, (\gamma^1)^2 + (\gamma^2)^2 > 0, [\gamma] = \mathcal{K}\}$$

is an open subset of $W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$.

(Here, $[\gamma]$ denotes the knot class represented by $\gamma$. In particular, $[\gamma] = \mathcal{K}$ implies automatically that $\gamma|_{[0,1]}$ is injective.)

Corollary 4.2. The set $\Omega_\mathcal{K}$ defined in Lemma 4.1 is a smooth manifold modeled over the Banach space $\mathscr{B} := W^{(1,3)}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$.

Proof of Lemma 4.1. Fix $\gamma \in \Omega_\mathcal{K}$, and notice that $\gamma$ is of class $C^{1, (\alpha/2 - 1)}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ since $\alpha > 2$ so that the Morrey-type embeddings hold; see (11). In particular, there is a constant $c_\gamma > 0$ such that $\min \{ |\gamma'|, \sqrt{(\gamma^1)^2 + (\gamma^2)^2} \} \geq c_\gamma$ on $[0,1]$. Thus, for every $h \in W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ we find by means of (12)

$$\min \left\{ |(\gamma + h)'|, \sqrt{(\gamma^1 + h^1)^2 + (\gamma^2 + h^2)^2} \right\} \geq c_\gamma - \|h\|_{C^{1, (\alpha/2 - 1)}}$$

(12)

$$\geq c_\gamma - C_E \|h\|_{W^{(\alpha+1)/2,2}} \geq \frac{1}{2} c_\gamma > 0,$$

if $\|h\|_{W^{(\alpha+1)/2,2}} \leq c_\gamma/(2C_E)$, where $C_E = C_E(1,3)$ is the constant in the embedding inequality (12) in ambient space dimension $n = 3$. According to the stability of the isotopy class under $C^1$-perturbations (see, e.g. [31] or [4]) there exists some $\varepsilon_\gamma > 0$ such that all curves $\xi \in B_{\varepsilon_\gamma}(\gamma) \subset C^1(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ are ambient isotopic to $\gamma$. This implies that for any $h \in W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ with $\|h\|_{W^{(\alpha+1)/2,2}} \leq \varepsilon_\gamma/C_E$ we have $\gamma + h \in B_{\delta_\gamma}(\gamma) \subset C^1(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$, so that $[\gamma + h] = \mathcal{K}$. Setting $\delta := \min(\varepsilon_\gamma, c_\gamma/2)/C_E$ we conclude that the open ball $B_\delta(\gamma) \subset W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ is actually contained in $\Omega_\mathcal{K}$.

Since we are going to look at symmetric knots under rotations with a fixed angle we are led to consider the finite cyclic group $\mathbb{Z}/(m\mathbb{Z})$, for which we recall its definition.

Definition 4.3. For $m \in \mathbb{Z}$ with $|m| \geq 2$ let $G := \mathbb{Z}/(m\mathbb{Z})$ be the subgroup of $(\mathbb{Z}, +)$ consisting of the equivalence classes $[z]$ determined by the equivalence relation

$$z_1, z_2 \in \mathbb{Z} \text{ are equivalent denoted by } z_1 \sim z_2 \iff z_1 = z_2 + km \quad \text{ for some } k \in \mathbb{Z}.$$

The group $(G, +)$ forms a group with $m$ elements, where the addition is defined as $[z_1] + [z_2] = [z_1 + z_2]$ which is well-defined since it does not depend on the choice of representatives.

As we deal with parametrized curves we need to adjust rotations in space by appropriate parameter shifts in the domain. To be precise we establish in the following lemma a set of group actions of $G$ (depending on an additional integer parameter) on the Banach manifold $\Omega_\mathcal{K}$ for any given knot class $\mathcal{K}$. Here, and also later, we use the notation

$$\text{Rot}(\beta) := \begin{pmatrix} \cos \beta & -\sin \beta & 0 \\ \sin \beta & \cos \beta & 0 \\ 0 & 0 & 1 \end{pmatrix} \in \text{SO}(3)$$

$\triangleleft$ A knot class is called tame if it contains polygonal loops. Any knot class containing $C^1$-representatives is tame, see R. H. Crowell and R. H. Fox [13, App. I], and vice versa, any tame knot class contains smooth representatives.
for the rotation matrix about the z-axis (with respect to the standard basis of $\mathbb{R}^3$), and we write, more generally, $\text{Rot}(\beta, \nu)$ for a rotation about an arbitrary axis $\nu$ with rotational angle $\beta$. Notice that in that case $\nu$ does not necessarily contain the origin.

**Remark 4.5.** As $G$ is a group, which implies according to Definition 2.3 that any $\gamma$ on $\Omega$ represents a rotation, and hence $\tau^\gamma$ is a representation of $G$ where $D$ for the rotation matrix about the $z$-axis.

Finally, one has smoothness of $\tau^\gamma_g$ on $\Omega_X$. Indeed, for $\gamma, h \in G$ we may choose the representative $l_{g+h} = l_g + h$ as a representative for the group element $g+h \in G$, so that

$$
\tau^\gamma_{g+h}(\gamma)(t) = D_{g+h}\gamma (t + \frac{1}{m}l_{g+h}) = D_{g}\gamma (t + \frac{1}{m}l_g + h(t) + \frac{1}{m}l_h)
= D_{g}\gamma (t + \frac{1}{m}l_g) + D_{g}\gamma h(t) + \frac{1}{m}l_h) = D_{g}\gamma (t + \frac{1}{m}l_g) = \tau^\gamma_g (\tau^\gamma_h(\gamma))(t).
$$

Finally, one has smoothness of $\tau^\gamma_g : \Omega_X \to \Omega_X$ for any fixed $g \in G$ since $\tau^\gamma_g$ is linear:

$$
\tau^\gamma_{g}(\lambda \gamma + \eta)(t) = D_{g}(\lambda \gamma + \eta) (t + \frac{1}{m}l_g)
= \lambda D_g \gamma (t + \frac{1}{m}l_g) + D_{g}\eta (t + \frac{1}{m}l_g) = \lambda \tau^\gamma_g(\gamma) + \tau^\gamma_g(\eta)
$$

for all $\gamma, \eta \in W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ and $\lambda \in \mathbb{R}$. In particular, for the differential of $\tau^\gamma_g$ at $\gamma \in \Omega_X$ one simply has at $\gamma \in \Omega_X$

$$
(d \tau^\gamma_g)_\gamma[\eta] = \tau^\gamma_g(\eta) \quad \text{for all} \quad \eta \in W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3),
$$

which implies according to Definition 2.3 that $\Omega_X$ is a smooth $G$-manifold, since $\tau^\gamma_g$ is an isomorphism with inverse mapping

$$(\tau^\gamma_g)^{-1}(\gamma) := D_{-g}\gamma (t + \frac{1}{m}l_{-g})$$.
where \( l_{-g} \) is a representative of the group element \(-g \in G\) (with \( g + (-g) = e := [0] \in G\)), e.g. \( l_{-g} = -l_g \).

For technical reasons we will have to reparametrize to arclength later in our existence proof of minimizers in the G-symmetric subset, and therefore we need to understand what kind of symmetry the arclength parametrization inherits from a symmetric curve.

**Lemma 4.6.** Let \( m, k \in \mathbb{Z} \) and \( G = \mathbb{Z}/(m\mathbb{Z}) \), and \( \gamma : \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3 \) be an absolutely continuous curve with \( |\gamma'| > 0 \) a.e. and with length \( \mathcal{L}(\gamma) = L \in (0, \infty) \), such that for \( g = [l_g] \in G \) the identity \( \tau_g^k(\gamma) = \gamma \) holds with \( \tau_g^k \) as in \((29)\). Then the corresponding arclength parametrization \( \Gamma \in C^{0,1}[\mathbb{R}/(\mathbb{L}\mathbb{Z}), \mathbb{R}^3] \) satisfies

\[
 D_g \Gamma (s + \frac{k}{m}l_g L) = \Gamma(s) \quad \text{for all} \quad s \in [0, L).
\]

Since arclength reparametrizations of curves in \( W^{(\alpha+1)/2,2} \) inherit the same regularity as shown in the appendix in Lemma \(A.1\) we immediately infer the following corollary.

**Corollary 4.7.** Let \( m, k \in \mathbb{Z} \) and \( G = \mathbb{Z}/(m\mathbb{Z}) \) and let \( K \) be any knot class, and \( \Omega_K \) be the Banach manifold defined in Lemma \(4.4\) with G-symmetric subset \( \Sigma_K \) with respect to the group action given by \( \tau_k^k \) defined in \((29)\). Then, if \( \gamma \in \Sigma_K \) with length \( \mathcal{L}(\gamma) = 1 \), its arclength parametrization \( \Gamma : \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3 \) is contained in \( \Sigma_K \) as well.

**Proof of Lemma 4.6** Differentiating the relation \( \tau_k^k(\gamma) = \gamma \) with respect to \( t \) one obtains

\[
 D_g \gamma'(t + \frac{k}{m}l_g) = \gamma'(t) \quad \text{for a.e.} \quad t \in \mathbb{R}/\mathbb{Z}.
\]

Since \( D_g \in \text{SO}(3) \) we find that \( |\gamma'| \) is not only 1-periodic but also \( k l_g / m \)-periodic, so that we can calculate for the arclength parameter

\[
 s \left( \frac{k}{m}l_g \right) = \int_0^{\frac{k}{m}l_g} |\gamma'(t)| \, dt = \frac{1}{m} \int_0^{k l_g} |\gamma'(t)| \, dt = \frac{k}{m} l_g. 
\]

With \( \Gamma(s(t)) = \gamma(t) \) for all \( t \in \mathbb{R}/\mathbb{Z} \) we infer from this for \( t = 0 \) by definition of the group action \((29)\)

\[
 (31) \quad \Gamma(t) = \Gamma(s(0)) = \gamma(0) = \tau_k^k(\gamma)(0) \quad \Rightarrow \quad D_g \gamma \left( \frac{k}{m}l_g \right) \quad = \quad D_g \Gamma \left( s \left( \frac{k}{m}l_g \right) \right) 
\]

By

\[
 D_g \Gamma(\mathbb{R}/(\mathbb{L}\mathbb{Z})) = D_g \gamma(\mathbb{R}/\mathbb{Z}) \quad \Rightarrow \quad \gamma(\mathbb{R}/\mathbb{Z}) = \Gamma(\mathbb{R}/(\mathbb{L}\mathbb{Z}))
\]

we derive the existence of two equally oriented arclength parametrizations \( D_g \Gamma \) and \( \Gamma \) of the same curve, which implies according to \([2, \text{Lemma 2.1.14}]\) that there is some parameter shift \( \beta \in \mathbb{R} \) such that \( D_g \Gamma(s + \beta) = \Gamma(s) \) for all \( s \in \mathbb{R}/(\mathbb{L}\mathbb{Z}) \). Evaluating this for \( s = 0 \) we infer from \((31)\) that \( \beta = L \frac{k}{m} l_g \), which proves the claim.

\[\text{\footnotesize \footnote{which can easily be adapted to the present setting of absolutely continuous curves as in this case, the \text{parameter transform has to be absolutely continuous, see \cite{[15], Thm. 3.2.6}, and \cite{[26], Thm. 9.2.2} leads to the generalized argument.}}\]
Now we turn our attention to torus knots. For relatively prime integers \( a, b \in \mathbb{Z} \setminus \{0, \pm 1\} \) and some fixed \( \rho \in (0, 1) \) the curve
\[
y_\rho(t) := \text{Rot}(2\pi at) \left( \begin{array}{c} 1 + \rho \cos(2\pi bt) \\ 0 \\ \rho \sin(2\pi bt) \end{array} \right) = \left( \begin{array}{c} \cos(2\pi at)(1 + \rho \cos(2\pi bt)) \\ \sin(2\pi at)(1 + \rho \cos(2\pi bt)) \\ \rho \sin(2\pi bt) \end{array} \right) \text{ for } t \in \mathbb{R}/\mathbb{Z}
\]
is a smooth representative of the torus knot class \( \mathcal{T}(a, b) \). According to [10, Theorem 3.29] one has \( \mathcal{T}(a, b) = \mathcal{T}(b, a) = \mathcal{T}(-a, -b) = \mathcal{T}(-b, -a) \). We can use the particular representative \( y_\rho \) defined in (32) to show that the G-symmetric subset of the Banach manifold \( \Omega_{\mathcal{T}(a, b)} \) with respect to the group action (29) is not empty.

**Lemma 4.8.** Let \( \alpha \in (2, 3) \), \( a, b \in \mathbb{Z} \setminus \{0, \pm 1\} \) relatively prime, and let \( m \in \mathbb{N}, m > 1 \), divide \( a \) or \( b \). Then the following is true: For any \( k \in \mathbb{Z} \setminus \{0\} \) with
\[
\begin{cases} [ak + 1] = e = [0] \in G & \text{if } m \mid b \\ [bk + 1] = e = [0] \in G & \text{if } m \mid a 
\end{cases}
\]
one has a nonempty G-symmetric subset
\[
\Sigma_{\alpha, b}^m := \{ \gamma \in \Omega_{\mathcal{T}(a, b)} : \tau_g(\gamma) = \gamma \text{ for all } g \in G \},
\]
where \( G = \mathbb{Z}/(m\mathbb{Z}) \) and \( \tau_g \) is defined in (29).

**Proof.** It suffices to treat the case \( m \mid b \). In Lemma A.5 in the appendix we show that such \( k \in \mathbb{Z} \setminus \{0\} \) with (33) do exist, furthermore, \( k \) is unique modulo \( m \). Taking \( y_\rho \) as in (32) as a smooth and regular representative for \( \mathcal{T}(a, b) \) that avoids the z-axis, we find that \( y_\rho \in \Omega_{\mathcal{T}(a, b)} \), and we directly compute
\[
\tau_g(\gamma_\rho)(t) = D_g y_\rho(t + \frac{k}{m}l_g) = \text{Rot}(2\pi l_g/m) \text{Rot}(2\pi\alpha(t + \frac{k}{m}l_g)) \left( \begin{array}{c} 1 + \rho \cos(2\pi bt) \\ 0 \\ \rho \sin(2\pi bt) \end{array} \right) = y_\rho(t),
\]
where we used (33) in the argument of the last rotation. Hence, \( y_\rho \in \Sigma_{\alpha, b}^m \).

Now we are ready to prove the existence of symmetric minimizers for the scaled O’Hara energy defined in (2) in the introduction. Notice that since \( E_\alpha \) is continuously differentiable on the space of regular curves (see Remark 3.6), so is \( S_\alpha \) since the length functional is continuously differentiable, even in the class of regular curves of class \( W^{1,1}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) \), and hence in particular on the Banach manifold \( \Omega_X \) for any (tame) knot class \( X \).

**Theorem 4.9.** Let \( \alpha \in (2, 3) \), \( a, b \in \mathbb{Z} \setminus \{0, \pm 1\} \) relatively prime, and let \( m \in \mathbb{N}, m > 1 \), divide \( a \) or \( b \). Then for any \( k \in \mathbb{Z} \setminus \{0\} \) satisfying condition (33) of Lemma 4.8 there exists an arclength parametrized curve \( \Gamma_{\alpha, b}^m \in \Sigma_{\alpha, b}^m \subset \Omega_{\mathcal{T}(a, b)} \) such that
\[
S_\alpha(\Gamma_{\alpha, b}^m) = \inf_{\Sigma_{\alpha, b}^m} S_\alpha.
\]
Here $\Sigma_{a,b}^m$ is the nonempty $G$-symmetric subset of $\Omega_{\mathcal{I}(a,b)}$, $G = \mathbb{Z}/m\mathbb{Z}$, with respect to the group action of $\tau$ defined in (29); see Lemma 4.8.

**Proof.** Without loss of generality we may assume $m|b$, the case $m|a$ can be treated analogously. According to Lemma 4.8 we have $\Sigma_{a,b}^m \neq \emptyset$. The energy is finite on this set (see part (ii) of Theorem 3.2), so we find a minimizing sequence $(\gamma_i) \subset \Sigma_{a,b}^m$ with

$$\lim_{i \to \infty} S_\alpha(\gamma_i) = \inf_{\Sigma_{a,b}^m} S_\alpha \in [0, \infty).$$

Since $S_\alpha$ is scale-invariant we may assume, in addition, that $\mathcal{L}(\gamma_i) = 1$ for all $i \in \mathbb{N}$ (simply by scaling the $\gamma_i$ with scaling factor $\mathcal{L}(\gamma_i)^{-1}$ if necessary). In addition, by translations in the $z$-direction (thus keeping the symmetry), we may also assume that all $\gamma_i$ intersect the $x$-$y$-plane.

By (35),

$$S_\alpha(\gamma_i) = E_\alpha(\gamma_i) \leq C \quad \text{for all} \quad i \in \mathbb{N},$$

where $C$ is a constant independent of $i$. Since $\mathcal{L}(\gamma_i) = 1$ for all $i \in \mathbb{N}$, the corresponding arclength parametrizations $\Gamma_i$ all have the common domain $\mathbb{R}/\mathbb{Z}$ and $E_\alpha(\Gamma_i) = E_\alpha(\gamma_i)$ for all $i \in \mathbb{N}$. Moreover, according to (9) in part (i) of Theorem 3.2 these arclength parametrizations are all of class $W^{(\alpha+1)/2,2}([\mathbb{R}/\mathbb{Z}, \mathbb{R}^3])$ satisfying

$$[\Gamma'_i]_{(\alpha-1)/2,2} \leq 4^{3} \cdot 2^{2-2\alpha} C \quad \text{for all} \quad i \in \mathbb{N}.$$  \hspace{1cm} (36)

Since all $\Gamma_i$ have length $1$, each $\Gamma_i$ is contained in a closed ball $B_i \subset \mathbb{R}^3$ of radius $\sqrt{3}/2$. All these closed balls $B_i$ must intersect the $x$-$y$-plane since $\Gamma_i$ does for each $i \in \mathbb{N}$. In addition, by symmetry the $B_i$ also intersect the $z$-axis. Indeed, the orbit of a point $x \in \Gamma_i$ under the action of $G$ lies in a hyperplane orthogonal to the $z$-axis, and the convex hull of this orbit is an $m$-gon in that hyperplane that intersects the $z$-axis and is contained in $B_i$, so that $B_i$ itself intersects the $z$-axis as well. Therefore all $B_i$ and thus all $\Gamma_i(\mathbb{R}/\mathbb{Z})$ are contained in a cube of edge length $4$ centered at the origin, so that

$$\|\Gamma_i\|_{\mathcal{L}} \leq \sqrt{8} \quad \text{for all} \quad i \in \mathbb{N}.$$  

Combining this with (36) and the identity $|\Gamma'_i| = 1$ for all $i \in \mathbb{N}$ we arrive at

$$\|\Gamma_i\|_{W^{(\alpha+1)/2,2}} \leq C_1 \quad \text{for all} \quad i \in \mathbb{N},$$

where $C_1$ is independent of $i$. Together with the embedding inequality (12) we arrive at a uniform $C^{1,(\alpha/2)-1}$-bound

$$\|\Gamma_i\|_{C^{1,(\alpha/2)-1}} \leq C_E C_1 \quad \text{for all} \quad i \in \mathbb{N}.$$  

By the Arzela-Ascoli compactness theorem we find a subsequence (again denoted by $\Gamma_i$), which converges strongly in $C^1$ to a limit curve $\Gamma \in C^1,\mu$ for all $\mu \in (0,(\alpha/2)-1)$. This convergence implies in particular that $|\Gamma'| \equiv 1$. We have shown in Lemma 3.5 that $E_\alpha$ is lower semicontinuous even with respect to pointwise convergence, which implies that $E_\alpha(\Gamma) \leq \liminf_{i \to \infty} E_\alpha(\Gamma_i) \leq C$. According to Part (i) of Theorem 3.2 the limit curve $\Gamma$ is of class $W^{(\alpha+1)/2,2}$ and injective. Now, the isotopy stability under $C^1$-convergence mentioned before (see [31] or [4]) gives $|\Gamma| = |\Gamma_i| = \mathcal{I}(a,b)$ for all $i \in \mathbb{N}$. In order to establish the symmetry of $\Gamma$ we use Corollary 4.7, which implies that

$$D_g \Gamma_i(s + \frac{k}{m}l_g) = \Gamma_i(s) \quad \text{for all} \quad s \in [0,1], \; i \in \mathbb{N}.$$  

\hspace{1cm} 4or even in a closed ball of radius $1/4$; see the short argument in [27].
Taking the limit $i \to \infty$ in this relation (for the subsequence $\Gamma_i$ converging in $C^1$ to $\Gamma$) implies
\begin{equation}
D_g \Gamma \left( s + \frac{k}{m} 1_g \right) = \Gamma(s) \text{ for all } s \in [0, 1],
\end{equation}
and hence $\tau_g \Gamma = \Gamma$ for all $g \in G$. Now, if there was some parameter $s \in \mathbb{R}/\mathbb{Z}$ such that $(\Gamma^1(s))^2 + (\Gamma^2(s))^2 = 0$ we could apply (37) to find that
\begin{equation}
\Gamma \left( s + \frac{k}{m} 1_g \right) = \Gamma(s) \text{ for all } g \in G,
\end{equation}
since the rotation $D_g = \text{Rot} \left( 2\pi 1_g / m \right)$ about the $z$-axis and hence also its inverse leave every point on the $z$-axis fixed. But (38) contradicts the injectivity of $\Gamma$ since $k \neq 0$ and $g \in G$ may be chosen to be non-trivial. Thus we have shown that $\Gamma \in \Sigma_{a,b}^m \subset \Omega_{\mathcal{T}(a,b)}$. This together with the lower semicontinuity of $E_\alpha$ established in Lemma 3.5 finally implies minimality for $\Gamma_{\min}^m := \Gamma$ because
\[
\inf_{\Sigma_{a,b}^m} S_\alpha \leq S_\alpha(\Gamma) = E_\alpha(\Gamma) \leq \liminf_{i \to \infty} E_\alpha(\Gamma_i) = \lim_{i \to \infty} S_\alpha(\Gamma_i) = \inf_{\Sigma_{a,b}^m} S_\alpha.
\]
\hfill $\square$

Now we can convince ourselves that these symmetric minimizing torus knots are all critical for the scaled energy functional $S_\alpha$ on all of $\Omega_{\mathcal{T}(a,b)}$.

**Corollary 4.10.** Any of the minimizing torus knots $\Gamma_{\min}^m \in \Sigma_{a,b}^m$ found in Theorem 4.9 are critical points of the scaled energy $S_\alpha = \mathcal{L}^{\alpha-2} E_\alpha$ and therefore of class $C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$.

**Proof.** We have seen in Corollary 3.2 that $\Omega_{\mathcal{T}(a,b)}$ is a smooth manifold modeled over the Banach space $W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$. In addition, according to Lemma 4.4 $\Omega_{\mathcal{T}(a,b)}$ is even a smooth $G$-manifold under the action of the finite group $G := \mathbb{Z}/(m\mathbb{Z})$ for $m \in \mathbb{N} \setminus \{1\}$. Moreover, the scaled energy $S_\alpha = \mathcal{L}^{\alpha-2} E_\alpha$ is of class $C^1$ on an open subset of the Banach space $W^{(\alpha+1)/2,2}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ containing $\Omega_{\mathcal{T}(a,b)}$ as mentioned in Remark 3.6 and $S_\alpha$ is invariant under the action of $\tau$ since rotations in the ambient space and parameter shifts obviously do not alter the energy value; see Remark 1.1. Since the $\Gamma_{\min}^m$, minimize $S_\alpha$ in $\Sigma_{a,b}^m$, they are $S_\alpha|_{\Sigma_{a,b}^m}$-critical and therefore, according to Palais’ Theorem 2.4, the $\Gamma_{\min}^m$ are also critical for $S_\alpha$ on the full domain $\Omega_{\mathcal{T}(a,b)}$. The smoothness now follows by the regularity theorem of Blatt and Reiter mentioned in Remark 3.6. \hfill $\square$

In order to show that there are at least two $S_\alpha$-critical knots in every non-trivial torus knot class $\mathcal{T}(a, b)$ we recall the definition of periodicity of knots from [10, p. 256] (see also [25, Definition 8.3]): Any curve $\gamma \in C^0(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ being injective on $[0, 1)$ that does not intersect the $z$-axis, and for which there is an integer $q \in \mathbb{N} \setminus \{1\}$ such that
\[
\text{Rot} \left( 2\pi/q \right) \gamma(\mathbb{R}/\mathbb{Z}) = \gamma(\mathbb{R}/\mathbb{Z})
\]
has period $q$, or is $q$-periodic.

For torus knots the possible periods are known; see [10, Proposition 14.27]:

**Theorem 4.11.** If $q \in \mathbb{N} \setminus \{1\}$ is a period of a curve $\gamma \in C^0(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ with $|\gamma| = \mathcal{T}(a, b)$ for relatively prime integers $a, b \in \mathbb{Z} \setminus \{0, \pm 1\}$, then $q | a$ or $q | b$. Conversely, if $q \in \mathbb{N} \setminus \{1\}$ divides $a$ or $b$, then there is a representative $\gamma \in C^0(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$ such that $q$ is a period of $\gamma$. 
This result allows us to prove that there are at least two $S_\omega$-critical knots in every torus knot class, which is our central result, Theorem 1.2 mentioned in the introduction.

Proof of Theorem 1.2 For each $m \in \mathbb{N} \setminus \{1\}$ dividing $a$ or $b$, and for each $k \in \mathbb{Z}$ satisfying (33) Theorem 4.9 in connection with Corollary 4.10 gives us at least one arclength parametrized curve

$$\Gamma_{\min}^m \in \Sigma_{a,b} \cap C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$$

that is $S_\omega$-critical. Choosing $m_1 := a$ and $k_1$ such that $k_1$ satisfies (33) for $m = m_1$, as well as $m_2 := b$ and $k_2$ satisfying (33) for $m = m_2$, we obtain two curves

$$\Gamma_1 := \Gamma_{\min}^a \in \Sigma_{a,b} \cap C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3) \text{ and } \Gamma_2 := \Gamma_{\min}^b \in \Sigma_{a,b} \cap C^\infty(\mathbb{R}/\mathbb{Z}, \mathbb{R}^3)$$

with

(39) $$D_g \Gamma_1(\mathbb{R}/\mathbb{Z}) = \Gamma_1(\mathbb{R}/\mathbb{Z}) \text{ for all } g \in \mathbb{Z}/(a\mathbb{Z}),$$

(40) $$D_h \Gamma_2(\mathbb{R}/\mathbb{Z}) = \Gamma_2(\mathbb{R}/\mathbb{Z}) \text{ for all } h \in \mathbb{Z}/(b\mathbb{Z})$$

by means of (30) with $L = 1$ for $m = m_1 = a$, and for $m = m_2 = b$, respectively.

Any isometry $I : \mathbb{R}^3 \to \mathbb{R}^3$ can be written as $I(x) = Ox + \xi$, $x \in \mathbb{R}^3$, for some orthogonal matrix $O \in O(3)$ and some vector $\xi \in \mathbb{R}^3$. Since the orthogonal group $O(3)$ is the semi-direct product of $SO(3)$ and $O(1)$ [16, p. 50], we can write $O = SR$ for some rotation $R \in SO(3)$ and some $S \in O(1)$, and the latter may be a reflection across one two-dimensional subspace $E \subset \mathbb{R}^3$, or else $S$ is the identity mapping. But if $S$ is a reflection and we assume that

(41) $$I \circ \Gamma_1(\mathbb{R}/\mathbb{Z}) = \Gamma_2(\mathbb{R}/\mathbb{Z}),$$

then (since translations and rotations do not alter the knot class)

(42) $$I(\mathbb{R}/\mathbb{Z}) = I(\mathbb{R}/\mathbb{Z}) \text{ for all } g \in \mathbb{Z}/(a\mathbb{Z}),$$

which is a contradiction. To justify the inequality in (42) note that according to [10, Theorem 3.29] the torus knot class $\mathcal{T}(a, b)$ is not amphichiral, i.e., the reflection $S\gamma$ of any curve $\gamma$ with $[\gamma] = \mathcal{T}(a, b)$ at some two-dimensional subspace $E \subset \mathbb{R}^3$ would represent the different torus knot class $\mathcal{T}(a, -b) \neq \mathcal{T}(a, b)$; see [10, Prop. 3.27]. So, the assumption (41) necessarily leads to the representation $I(x) = Rx + \xi$, $x \in \mathbb{R}^3$, for some rotation $R \in SO(3)$ (about some axis through the origin) and some translational vector $\xi \in \mathbb{R}^3$.

This together with (39), (40), and the fact that $\Gamma_1, \Gamma_2 \in \Omega_{\mathcal{T}(a, b)}$ both do not intersect the $z$-axis, implies under the assumption (41) that $\Gamma_2 = I \circ \Gamma_1$ is $a$-periodic with respect to the axis $I(\mathbb{R}e_3)$ in addition to being $b$-periodic with respect to the $z$-axis; see also Lemma A.7 in the appendix. Theorem 4.12 below then implies that the axis $I(\mathbb{R}e_3)$ coincides with the $z$-axis since the two rotational axes must necessarily intersect, and if there were only one intersection point of these axes, then the two different rotational angles $2\pi/a \neq 2\pi/b$ would lead to a nonempty intersection of $\Gamma_2$ with one of the rotational axes contradicting the periodicity of $\Gamma_2$; see Part (1)(iii) of Theorem 4.12.

Since the $z$-axis equals its image under the isometry $I$ we can infer in particular that the vector $\xi = R0 + \xi = I(0)$ is contained in the $z$-axis; hence $\xi = (0, 0, \xi_3)$. Therefore, we find some $\lambda \in \mathbb{R}$ such that the point $I(e_3) = Re_3 + \xi_3e_3$ which is also contained in the $z$-axis may be written as $I(e_3) = \mu e_3$ so that $Re_3 = (\lambda - \xi_3)e_3 =: \mu e_3$. So $\mu$ is a real eigenvalue for the rotation $R \in SO(3)$; hence $\mu$ is either $+1$ or $-1$. In the first case $e_3$ belongs to the fixed point set of $R$ which implies that $R$ is a rotation about the $z$-axis. If $\mu = -1$, on the
other hand, $R$ is a rotation about an axis perpendicular to the $z$-axis with the rotational angle $\pi$.

In both cases $R$ commutes with $D_h$ on $\Gamma_1$, see Lemma A.8 which itself is a rotation about the $z$-axis, so that we infer (omitting the domain $R/\mathbb{Z}$ in each term)

$$R\Gamma_1 + \xi \equiv \Gamma_2 \equiv D_h\Gamma_2 \equiv D_h(R\Gamma_1 + \xi) = D_hR\Gamma_1 + D_h(\xi) = D_hR\Gamma_1 + \xi = RD_h\Gamma_1 + \xi,$$

where the second to last equality is due to the fact that $\xi$ is contained in the $z$-axis. This leads to

$$R\Gamma_1(R/\mathbb{Z}) = RD_h\Gamma_1(R/\mathbb{Z}),$$

which implies a second symmetry of $\Gamma_1$ in addition to (39):

$$(43) \quad D_h\Gamma_1(R/\mathbb{Z}) = \Gamma_1(R/\mathbb{Z}) \quad \text{for all } h \in \mathbb{Z}/(b\mathbb{Z}).$$

Now choosing $g = [1] \in \mathbb{Z}/(a\mathbb{Z})$ and $h = [1] \in \mathbb{Z}/(b\mathbb{Z})$ we find another period of $\Gamma_1$ as follows (again omitting the domain $R/\mathbb{Z}$ in each term):

$$(44) \quad \Gamma_1 = \text{Rot} \left( \frac{2\pi}{a} \right) \text{Rot} \left( \frac{2\pi}{b} \right) \Gamma_1 = \text{Rot} \left( \frac{2\pi}{ab} \cdot (b + a) \right) \Gamma_1.$$

The two integers, $(a + b)$ and $ab$, are relatively prime (see Lemma A.6 in the appendix), so that $(a + b)$ is invertible modulo $ab$, which means that we can find some integer $k \in \mathbb{Z}$ such that $k(a + b) \equiv 1 \mod ab$. This implies by means of (44) that

$$\Gamma_1 = \text{Rot} \left( \frac{2\pi}{ab} \cdot (a + b) \right)^k \Gamma_1 = \text{Rot} \left( \frac{2\pi}{ab} \cdot k(a + b) \right) \Gamma_1 = \text{Rot} \left( \frac{2\pi}{ab} \right) \Gamma_1.$$

In other words, $\Gamma_1$ is $(ab)$-periodic, which contradicts Theorem 4.11 since $ab$ divides neither $a$ nor $b$. This is the final contradiction and concludes the proof of the theorem. $\square$

Essential for the previous proof is the following result on possible rotational symmetries of general non-trivial knots. Most of these facts can also be extracted from Grünbaum and Shephard’s classification of possible symmetry groups of knots [21] in combination with their characterization of finite subgroups of $O(3)$ in [20]. Here we present a purely geometrical approach, adding information about possible periods of a knot.

**Theorem 4.12 (Rotational symmetries of knots).** If a non-trivial tame knot $\Gamma$ has a rotational symmetry about an axis $v$ with angle $\varphi \in (-\pi, \pi]$ and $\Gamma \cap v \neq \emptyset$, then $\varphi = \pi$. If $\Gamma$ has two axes $v_1$ and $v_2$ of rotational symmetry with respect to rotation angles $\varphi_1 = \frac{2\pi}{a_1}$, $\varphi_2 = \frac{2\pi}{a_2}$ for some integers $a_1, a_2 \geq 2$, then $v_1 \cap v_2 \neq \emptyset$.

Furthermore, if $v_1 \cap v_2 = \{p\}$ for some $p \in \mathbb{R}^3$, the following holds.

1. For $\varphi_1 \neq \varphi_2$ we have
   (i) $v_1 \perp v_2$;
   (ii) Either $a_1 = 2$ and $a_2 \geq 3$, or vice versa;
   (iii) If $a_1 = 2$ in Part (ii) then $v_1 \cap \Gamma = \emptyset$ and $v_2 \cap \Gamma \neq \emptyset$. If $a_2 = 2$ in Part (ii) then $v_2 \cap \Gamma = \emptyset$ and $v_1 \cap \Gamma \neq \emptyset$.
2. If $\varphi_1 = \varphi_2$, then we have $\varphi_1 = \varphi_2 = \pi$.

Before proving this theorem let us provide a slight generalization of a result of Grünbaum and Shephard [21, Lemma 1] whose paper actually motivated our purely geometric proof of Theorem 4.12.

**Lemma 4.13.** For $a \in \mathbb{N}$, $a \geq 3$, a knot cannot have more than one axis of rotational symmetry with rotational angle $2\pi/a$. 
Proof. Assume that there are two axes \( v \) and \( w \) (not necessarily through the origin) of rotational symmetry for a knot \( \Gamma \in \mathbb{R}^3 \) with respect to the rotational angle \( \beta := 2\pi/a \) for some integer \( a \geq 3 \). Fix a point \( x \in \Gamma \) and look at its orbit

\[
O_v := \{x, x_1, x_2, \ldots, x_{a-1}\} \subset \Gamma
\]

under the action of the rotation \( \text{Rot}(\beta, v) \), i.e., \( x_i := \text{Rot}(\beta i, v)x \) for \( i = 1, \ldots, a-1 \), where the symbol \( \text{Rot}(\beta, v) \) denotes the rotation about the axis \( v \) with angle \( \beta \). The points in \( O_v \) are separated on \( \Gamma \) by subarcs of length \( \beta/|\beta|/a \), and those points form a regular \( a \)-gon spanning an affine plane \( E \), perpendicular to the axis \( v \) since \( a \geq 3 \). Let

\[
O_w := \{x, \xi_1, \xi_2, \ldots, \xi_{a-1}\} \subset \Gamma
\]

be the corresponding orbit of \( x \) under the rotation \( \text{Rot}(\beta, w) \), which also forms a regular \( a \)-gon spanning an affine plane \( E_w \), perpendicular to the other axis \( w \). The points in \( O_w \) are separated on \( \Gamma \) by subarcs of length \( \beta/|\beta|/a \) as well, so that either \( x_i = \xi_i \), or \( x_i = \xi_{a-1-i} \) for \( i = 1, \ldots, a-1 \). In both cases the regular \( a \)-gons coincide, as well as the affine planes \( E \) and \( E_w \). Hence \( v \) and \( w \) are parallel, and since both axes of rotational symmetry must intersect the midpoint of the \( a \)-gon

\[
(x + x_1 + x_2 + \cdots + x_{a-1})/a = (x + \xi_1 + \xi_2 + \cdots + \xi_{a-1})/a,
\]

the axes \( v \) and \( w \) must coincide. \( \Box \)

Proof of Theorem 4.12. To prove the first assertion, consider an angle \( \varphi \) of an arbitrary rotation about an axis \( v \) with \( v \cap \Gamma \neq \emptyset \) with \( \varphi \neq \pi \). Then we have \( 2\pi/|\varphi| > 2 \) arcs entering \( x \in v \cap \Gamma \). But then \( \Gamma \) is not embedded. Hence, if \( \varphi \neq \pi \), we need to have \( v \cap \Gamma = \emptyset \).

Now we consider the case of rotational symmetry about two different axes. We start by showing that a knot may not have two rotational symmetry axes which are disjoint, no matter which angles are considered.

To that extent, assume \( \Gamma \) has two rotational symmetry axes \( v_1, v_2 \) with rotational angles \( \varphi_1 = 2\pi/a_1 \) and \( \varphi_2 = 2\pi/a_2 \) for some integers \( a_1, a_2 \geq 2 \), such that \( v_1 \cap v_2 = \emptyset \). If \( a_1 = a_2 = 2 \) we argue as follows. Consider the two parallel affine planes \( E_1, E_2 \subset \mathbb{R}^3 \) such that \( v_1 \subset E_1 \) and \( v_2 \subset E_2 \), and \( d := \text{dist}(E_1, E_2) > 0 \). Then \( \Gamma \) cannot be fully contained in the closed infinite slab

\[
S := \{x \in \mathbb{R}^3 : \text{dist}(x, E_i) \leq d \text{ for } i = 1, 2\},
\]

since any point in the open interior of \( S \) gets mapped into the exterior \( \mathbb{R}^3 \setminus S \) by each of the rotations \( \text{Rot}(\varphi_i, v_i) \), \( i = 1, 2 \). The only possibility left for the (connected) curve \( \Gamma \) would be to be contained in one of the affine planes, say in \( E_1 \). But all points of \( E_1 \) are mapped into \( \mathbb{R}^3 \setminus S \) under the rotation \( \text{Rot}(\varphi_2, v_2) \), hence \( \Gamma \) would have points outside of \( E_1 \), which is a contradiction. Now without loss of generality we may assume that \( E_1 \) and \( E_2 \) are parallel to the \( x-y \)-plane, i.e.,

\[
E_i := \left\{ y = (y^1, y^2, y^3) \in \mathbb{R}^3 : y^3 = R_i \right\} \quad \text{for } i = 1, 2
\]

with \( R_1 > R_2 \), and we denote the curve points with the largest and the smallest \( z \)-coordinate by \( x_{\max} \in \Gamma \) and \( x_{\min} \in \Gamma \), respectively. We may assume without loss of generality that

\[
\text{dist}(x_{\max}, S) \geq \text{dist}(x_{\min}, S),
\]
and deduce for the point \( x^* := \text{Rot}(\pi, v_2)x_{\text{max}} \) by means of (45) the identity
\[
\text{dist} (x^*, E_2) = \text{dist} (x_{\text{max}}, E_2) = \text{dist} (x_{\text{max}}, S) + d \geq \text{dist} (x_{\text{min}}, S) + d \geq \text{dist} (x_{\text{min}}, S).
\]
Therefore, \( x^* \) has a strictly smaller \( z \)-coordinate than \( x_{\text{min}} \) since \( x^* \) lies in \( \mathbb{R}^3 \setminus S \) below the lower affine plane \( E_2 \), which contradicts the minimality of \( x_{\text{min}} \). This settles the case \( a_1 = a_2 = 2 \).

If, say \( a_1 \geq 3 \) and \( a_2 \geq 2 \), we can apply repeatedly Lemma A.7 in the appendix to the set \( M := \Gamma \) and to the isometry \( I \) defined as the rotation about an axis \( v_2 \) with respect to the rotational angle \( \varphi_2 = 2\pi/a_2 \). The fact that \( I(\Gamma) = \Gamma \) because of the rotational symmetry of \( \Gamma \) with respect to the rotation about \( v_2 \), together with (72) allows us to find new symmetry axes for \( \Gamma \) by rotating \( v_1 \) about the other axis \( v_2 \). That is, all axes
\[
v_i^1 = \text{Rot} \left( \frac{2\pi i}{a_2}, v_2 \right) v_1, \quad i = 0, ..., a_2 - 1
\]
are axes of rotational symmetry for \( \Gamma \) with rotational angle \( \varphi_1 = \frac{2\pi}{a_1} \), where, as before, the symbol \( \text{Rot}(\beta, w) \) denotes the rotation about an axis \( w \) with rotational angle \( \beta \in \mathbb{R} \). Since \( a_2 \geq 2 \) and \( v_1 \cap v_2 = \emptyset \), there are now at least two different axes of rotational symmetry with respect to the angle \( \varphi_1 = 2\pi/a_1 \), contradicting Lemma 4.13. Thus we have shown that \( v_1 \cap v_2 \neq \emptyset \).

We will now assume that \( v_1 \cap v_2 = \{p\} \) for some \( p \in \mathbb{R}^3 \). W.l.o.g. we may restrict to the case \( p = 0 \) because of translational invariance of the remaining claims. The corresponding rotational angles are \( \varphi_1 = \frac{2\pi}{a_1} \) and \( \varphi_2 = \frac{2\pi}{a_2} \), for some integers \( a_1, a_2 \geq 2 \). To prove Part (1) we take \( a_1 \neq a_2 \) and consider the possible combinations of \( a_1 \) and \( a_2 \).

1. \( a_1, a_2 \geq 3 \).
   In this case both rotational angles are contained in \( (0, \pi) \) so that the first part of the theorem implies that \( \Gamma \) is disjoint from both axes \( v_1 \) and \( v_2 \). As before, we may construct copies of \( v_1 \) such that \( \Gamma \) is rotational symmetric with respect to the axis \( v_1 \), as well as to its copies
\[
v_i^1 = \text{Rot} \left( \frac{2\pi i}{a_2}, v_2 \right) v_1, \quad i = 0, ..., a_2 - 1.
\]
In other words, all these lines are axes of rotational symmetry for \( \Gamma \) with the same rotational angle \( \varphi_1 = \frac{2\pi}{a_1} \), and there are at least two of those since \( a_2 \geq 3 \), contradicting Lemma 4.13. Thus, either \( a_1 = 2 \) and \( a_2 \geq 3 \), or \( a_2 = 2 \) and \( a_1 \geq 3 \) which proves Part (1)(ii). Furthermore, the presented argument implies Part (2).

2. \( a_1 \geq 3, a_2 = 2 \), (the case \( a_1 = 2 \) and \( a_2 \geq 3 \) can be treated analogously).
   In this case, we will have to take into account the angle \( \xi(v_1, v_2) := \alpha \in (0, \pi/2) \). Assume that \( 0 < \alpha < \pi/2 \). Then we may construct a second rotational symmetry axis for \( \Gamma \) with rotational angle \( \varphi_1 = \frac{2\pi}{a_1} \), namely
\[
v_i^1 = \text{Rot}(\pi, v_2)v_1.
\]
Notice that
\[
\xi(v_1, v_i^1) = \min(2\alpha, \pi - 2\alpha) \in (0, \pi/2],
\]
so that in particular \( v_i^1 \neq v_1 \). So, there are two distinct axes of rotational symmetry for \( \Gamma \) with rotational angle \( 2\pi/a_1 \) with \( a_1 \geq 3 \), contradicting Lemma 4.13 again. Therefore, we have \( v_1 \perp v_2 \), which is (1)(i).

Since the first part of the theorem already implies that \( \Gamma \cap v_1 = \emptyset \) because \( \varphi_1 \in (0, \pi) \) it suffices to show \( v_2 \cap \Gamma \neq \emptyset \) to finally establish Part (1)(iii).
Assume that \( v_2 \cap \Gamma = \emptyset \), then both axes \( v_1 \) and \( v_2 \) are disjoint from \( \Gamma \). Then the rotational symmetry is a periodicity, see \([10\text{, p. 256}]\). We denote by \( L := \mathcal{L}(\Gamma) \) the length of \( \Gamma \). The plane \( H := v_1^\perp \) contains \( v_2 \) according to Part \((1)(i)\), and we immediately deduce that \( H \cap \Gamma \neq \emptyset \) because of the periodicity about \( v_2 \). Fix a point \( x_0 \in H \cap \Gamma \), and look at its orbit
\[
O_{v_1} := \{x_0, \ldots, x_{a_1-1}\} \subset H \cap \Gamma
\]
under the action of the rotation \( \text{Rot}(\varphi, v_1) \) but now – in contrast to the proof of Lemma \([4,13]\) – labelled according to the corresponding arclength parameters. That is, \( x_i = \Gamma(s_i) \)
for \( i = 0, \ldots, a_1 - 1 \) such that \( 0 \leq s_0 < s_1 < \ldots < s_{a_1-1} < L \), and there exists \( k \in \mathbb{N} \) with \( \text{gcd}(k, a_1) = 1 \) and unique modulo \( a_1 \), such that
\[
(46) \qquad x_i = \text{Rot} \left( \frac{2\pi k i}{a_1}, v_1 \right) x_0, \quad i = 0, \ldots, a_1 - 1.
\]
To justify this, observe first that periodicity of \( \Gamma \) implies that the subarcs on \( \Gamma \) connecting consecutive \( x_i \) have equal length, i.e., \( s_{i+1} - s_i = L/a_1 \) for all \( i = 0, \ldots, a_1 - 1 \), and in general
\[
(47) \qquad s_{j} - s_{i} = \frac{1}{a_1} (j-i) \quad 0 \leq i \leq j \leq a_1 - 1.
\]
Reordering the points in the orbit \( O_{v_1} \), according to the rotation counterclockwise, starting at \( y_0 := x_0 \) leads to \( \{y_0, \ldots, y_{a_1-1}\} \) defined as \( y_j := \text{Rot}(2\pi j/a_1, v_1) y_0 \). There is an integer \( m \in \{1, \ldots, a_1 - 1\} \) such that \( y_1 = \Gamma(s_m) = x_m \), so the oriented subarc on \( \Gamma \) starting at \( x_0 = y_0 \) with endpoint \( y_1 = x_m \) has length \( s_m - s_0 = mL/a_1 \) by means of \((47)\). The same holds true for every oriented subarc from \( y_j \) to \( y_{j+1} \) for \( j = 1, \ldots, a_1 - 1 \), so that we arrive at the general relation
\[
(48) \qquad x_{[j \cdot m]} = \Gamma(s_{[j \cdot m]}) = y_j = \text{Rot} \left( \frac{2\pi j}{a_1}, v_1 \right) y_0 = \text{Rot} \left( \frac{2\pi j}{a_1}, v_1 \right) x_0, \quad j = 1, \ldots, a_1 - 1,
\]
where we denoted \( [j \cdot m] = j \cdot m \mod a_1 \). If we had \( \text{gcd}(m, a_1) > 1 \) then the least common multiple \( \text{lcm}(m, a_1) \) of \( m \) and \( a_1 \) could be written as \( \text{lcm}(m, a_1) = m \cdot a_1 / \text{gcd}(m, a_1) =: n \cdot m \), where \( 1 < n < a_1 - 1 \) is a positive integer. Thus, \( n \cdot m = 0 \mod a_1 \), so that \((48)\) implies \( x_{[n \cdot m]} = \Gamma(s_0) = y_n \). But this would mean that the remaining points \( y_{n+1}, \ldots, y_{a_1-1} \) would not be in the orbit \( O_{v_1} \) under the rotation, which is a contradiction.

Hence \( \text{gcd}(m, a_1) = 1 \) so that \( m \) possesses an inverse modulo \( a_1 \), i.e., there is a unique \( k \in \{1, \ldots, a_1 - 1\} \) such that \( k \cdot m = 1 \mod a_1 \). Inserting this into \((48)\) we obtain \( x_{[j \cdot m]} = \text{Rot} \left( \frac{2\pi j \cdot m \cdot k}{a_1}, v_1 \right) x_0 \) for \( j = 1, \ldots, a_1 - 1 \). Given any \( i \in \{1, \ldots, a_1 - 1\} \) we choose \( j := i \cdot k \) to finally obtain \((48)\).

As \( \Gamma \) is 2-periodic around \( v_2 \subset H \), there exist \( \bar{x}_i = \Gamma(\bar{s}_i) = \in \Gamma \cap H \) such that
\[
(49) \quad \bar{x}_i = \text{Rot} \left( \frac{2\pi k (-i)}{a_1}, v_1 \right) \bar{x}_0, \quad i = 0, \ldots, a_1 - 1.
\]
In terms of arclength on \( \Gamma \) we find \( |s_i - \bar{s}_i| = L/2 \) for each \( i = 0, \ldots, a_1 - 1 \).

By a short calculation, e.g., by means of the matrix representations of \( \text{Rot}(\pi, v_2) \) and \( \text{Rot}(2\pi k i/a_1, v_1) \) with respect to an orthonormal basis containing the unit vectors through \( v_1 \) and \( v_2 \), we arrive at
\[
(49) \quad \bar{x}_i = \text{Rot} \left( \frac{2\pi k (-i)}{a_1}, v_1 \right) \bar{x}_0, \quad i = 0, \ldots, a_1 - 1.
\]
Next, we consider the circle \( S := \partial B_r(0) \cap H \) with \( r := \text{dist}(x_0, 0) \). We have \( x_i, \bar{x}_i \in S \) for all \( i = 0, \ldots, a_1 - 1 \). We are going to determine the order of these points on \( S \), and
consider first only the $x_i$. Due to the $a_1$-periodicity, there is a unique successor $x_{i_k}$ of $x_0$ (counterclockwise) on $S$ which has a distance of $2\pi r/a_1$ to $x_0$ on $S$ and is defined by (46):

$$x_{i_k} = \text{Rot} \left( \frac{2\pi k i_k}{a_1}, v_1 \right) x_0 = \text{Rot} \left( \frac{2\pi l}{a_1}, v_1 \right) x_0$$

which is equivalent to $k i_k \equiv a_1 \cdot 1$. Thus $i_k$ is the unique inverse of $k$ in $\mathbb{Z}/a_1 \mathbb{Z}$ which exists as $\gcd(k, a_1) = 1$. Repeating this argument for the other successors, we arrive at the order (50)

$$x_0 - x_{i_k} - x_{2 i_k} - \cdots - x_{(a_1 - 1) i_k}.$$

In an analogous way we arrive by using (49) at the following (counterclockwise) order for the $\overline{x}_i$, $i = 0, ..., a_1 - 1$ on the circle $S$:

$$\overline{x}_0 - \overline{x}_{(a_1 - 1) i_k} - \overline{x}_{(a_1 - 2) i_k} - \cdots - \overline{x}_{i_k}.$$

On $S$ we have (52)

$$\mathcal{L} (a_S (x_{i_k}, x_{i_k + 1 i_k})) = 2\pi l/a_1 = \mathcal{L} (a_S (\overline{x}_{i_k}, \overline{x}_{i_k + 1 i_k})),$$

where $a_S(x, y)$ is the circular subarc of $S$ connecting $x$ and $y$ counterclockwise. Now we are going to determine the order on $S$ of both sets of points combined. To this extent, we consider a pair $(x_i, \overline{x}_i)$ such that $x_i$ minimizes $\text{dist} (x_k, v_2 \cap S)$ for $k = 0, ..., a_1 - 1$. W.l.o.g. let this be $j = 0$ and assume further w.l.o.g. that $a_S (x_0, \overline{x}_0) \leq a_S (x_0, x_0)$. Now we claim (53)

$$\beta := \mathcal{L} (a_S (x_0, \overline{x}_0)) < 2\pi l/a_1.$$

Indeed, if $\beta > 2\pi l = a_1$, then (52) implies $x_{i_k} \in a_S (x_0, \overline{x}_0)$ and therefore $\text{dist} (x_{i_k}, v_2 \cap S) < \text{dist} (x_0, v_2 \cap S)$, which contradicts the minimality of $x_0$. If $\beta = 2\pi l/a_1$, then $x_{i_k} = \overline{x}_0$, and for the lengths of the connecting subarcs on $\Gamma$ we have

$$L/2 = |s_0 - \overline{s}_0| = |s_0 - s_{i_k}| = s_{i_k} - s_0 \leq \frac{L}{a_1} i_k.$$

If $a_1$ is odd, this is a contradiction straight away. If $a_1$ is even, then $i_k = \frac{a_1}{2}$ and thus has to be even, too, since $a_1 \geq 3$; hence $\gcd(i_k, a_1) = 2m$, with $m \in \mathbb{N}$. But recall that $i_k$ satisfies $k i_k \equiv a_1 \cdot 1$, i.e., $k$ is the unique inverse to $i_k$ in $\mathbb{Z}/a_1 \mathbb{Z}$, which exists if and only if $\gcd(i_k, a_1) = 1$, contradiction. Therefore, our claim (53) is proven.

Combining (53) with (52) leads to the counterclockwise ordered combined chain (54)

$$x_0 - \overline{x}_0 - x_{i_k} - \overline{x}_{(a_1 - 1) i_k} - x_{2 i_k} - \overline{x}_{(a_1 - 2) i_k} - \cdots - x_{(a_1 - 1) i_k} - \overline{x}_{i_k},$$

since there are no $x_{i_k}, \overline{x}_i$ in the circular arc $a_S (x_0, \overline{x}_0) \subset S$ because of the minimality of $x_0$, and the possible successors of $x_0$ and $\overline{x}_0$, respectively, are $x_{i_k}$ and $\overline{x}_{(a_1 - 1) i_k}$. Equation (52) delivers that $x_{i_k}$ has to appear before $\overline{x}_{(a_1 - 1) i_k}$. From there one can continue to form the whole combined chain (54).

The $a_1$-periodicity now gives us information on the shorter subarcs $a(p, q) \subset \Gamma$ connecting consecutive points $p$ and $q$ on the combined chain (54):

$$a (x_{i_k}, \overline{x}_{(a_1 - 1) i_k}) = \text{Rot} \left( \frac{2\pi l}{a_1}, v_1 \right) a (x_0, \overline{x}_0) \quad \text{for all} \quad l \in \mathbb{N}.$$
APPENDIX A. ESTIMATES FOR ARCLENGTH PARAMETRIZATIONS

At the beginning of the proof of the second part of Theorem 3.2 we have used the following lemma stating that the (finite) Sobolev-Slobodetskij norm is conserved (up to constants) if one reparametrizes a regular absolutely continuous curve to arclength. Note that we have assumed $\alpha > 2$ in that part of Theorem 3.2, so that we state this auxiliary lemma in the range of Sobolev exponents that allow for a continuous embedding into classic function spaces with H"older continuous first derivatives; cf. Remark 3.4.

Lemma A.1. Assume that $\gamma \in W^{1+s, \rho}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ for $\rho \in (1, \infty)$ and $s \in (1/\rho, 1)$, and that $|\gamma'| > 0$ on $\mathbb{R}/\mathbb{Z}$. Then the corresponding arclength parametrization $\Gamma$ is of class $W^{1+s, \rho}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n)$ satisfying the estimate

$$|\Gamma|_{W^{1+s, \rho}}^\rho \leq \left( \frac{1}{c} \right)^{3+sp} \left[ \left( \frac{1}{c} \right)^\rho + \left( \frac{c}{c^2} \right)^\rho \right] \cdot |\gamma|_{W^{2+s, \rho}}^\rho,$$

where $L := L'(\gamma)$ denotes the positive and finite length of $\gamma$, and $c := \min_{[0,1]} |\gamma'|$, $C := \max_{[0,1]} |\gamma'|$.

Proof. Since $W^{1+s, \rho}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ continuously embeds into $C^{1,s-(1/\rho)}(\mathbb{R}/\mathbb{Z}, \mathbb{R}^n)$ we have

$$c := \min_{[0,1]} |\gamma'| \leq |\gamma'(\tau)| \leq \max_{[0,1]} |\gamma'| =: C \text{ for all } \tau \in [0,1],$$

so that the arclength parameter $s(t) := \int_0^t |\gamma'(\tau)| \, d\tau$ is a bi-Lipschitz continuous function $s : [0, 1] \to [0, L]$ with

$$|s(t_1) - s(t_2)| \leq C|t_1 - t_2| \text{ for all } t_1, t_2 \in [0, 1],$$

and its inverse function $t := s^{-1} : [0, L] \to [0, 1]$ satisfies

$$\frac{1}{C}|s_1 - s_2| \leq |t(s_1) - t(s_2)| \leq \frac{1}{c}|s_1 - s_2| \text{ for all } s_1, s_2 \in [0, L].$$

Moreover, using (56) for the derivative $t'(s) = 1/|\gamma'(t(s))|$ one has

$$\frac{1}{C} \leq |t'(s)| \leq \frac{1}{c} \text{ for all } s \in [0, L].$$

Now we start estimating the seminorm of the arclength parametrization $\Gamma(\cdot) = \gamma \circ t(\cdot)$.

$$|\Gamma|_{W^{1+s, \rho}}^\rho = \int_{\mathbb{R}/(L\mathbb{Z})}^{L/2} \int_{-L/2}^{L/2} \frac{|\gamma'(t(u+w)) - \gamma'(t(u))|^\rho}{|w|^{1+sp}} \, dw \, du$$

$$= \int_{\mathbb{R}/(L\mathbb{Z})}^{L/2} \int_{-L/2}^{L/2} \frac{|\gamma'(t(u+w))t'(u+w) - \gamma'(t(u))t'(u)|^\rho}{|w|^{1+sp}} \cdot \frac{|t(u+w) - t(u)|^{1+sp}}{|w|^{1+sp}} \, dw \, du$$

$$\leq \int_{\mathbb{R}/(L\mathbb{Z})}^{L/2} \int_{-L/2}^{L/2} \frac{|\gamma'(t(u+w)) - \gamma'(t(u))|^\rho |t'(u+w)|^\rho}{|w|^{1+sp}} \cdot \frac{|t(u+w) - t(u)|^{1+sp}}{|w|^{1+sp}} \, dw \, du$$

$$+ \int_{\mathbb{R}/(L\mathbb{Z})}^{L/2} \int_{-L/2}^{L/2} \frac{|\gamma'(t(u))|^\rho |t'(u+w) - t'(u)|^\rho}{|w|^{1+sp}} \cdot \frac{|t(u+w) - t(u)|^{1+sp}}{|w|^{1+sp}} \, dw \, du. \leq (60)$$

By means of (59) and (58) we can estimate the first double integral on the right-hand side of (60) by

$$\left( \frac{1}{c} \right)^{1+(s+1)p} \int_{\mathbb{R}/(L\mathbb{Z})}^{L/2} \int_{-L/2}^{L/2} \frac{|\gamma'(t(u+w)) - \gamma'(t(u))|^\rho}{|t(u+w) - t(u)|^{1+sp}} \, dw \, du.$$
With the help of (59) we find
\[ |t'(u + w) - t'(u)| = \left| \frac{1}{|y'(t(u + w))|} - \frac{1}{|y'(t(u))|} \right| \leq c^{-2} |\gamma'(t(u)) - \gamma'(t(u + w))|, \]
and this combined with (58) gives for the second double integral on the right-hand side of (60) the upper bound
\[
\int_{\mathbb{R}/(L\mathbb{Z})} \int_{t(u - (L/2))}^{t(u + (L/2))} \frac{1}{|y'(z)|} \frac{|\gamma'(z) - \gamma'(t(u))|^\rho}{|z - t(u)|^{1 + s\rho}} \, dz \, du.
\]

The integrals in (61) and (62) are identical and may be transformed using first the substitution \( z(w) := t(u + w) \) with
\[
dz(w) = t'(u + w) \, dw = \frac{1}{|y'(t(u + w))|} \, dw = \frac{1}{|y'(z)|} \, dw\]
for the \( w \)-integration, giving
\[
\int_{\mathbb{R}/(L\mathbb{Z})} \int_{t(u - (L/2))}^{t(u + (L/2))} \frac{1}{|y'(z)|} \frac{|\gamma'(z) - \gamma'(t(u))|^\rho}{|z - t(u)|^{1 + s\rho}} \, dz \, du,
\]
and then \( y(u) := t(u) \) for the integration with respect to \( u \) with \( dy(u) = |\gamma'(y)|^{-1} \, du \), which leads to
\[
\int_{\mathbb{R}/Z} \int_{t(u - (L/2))}^{t(u + (L/2))} \frac{1}{|y'(y)|} \frac{1}{|\gamma'(y)|} \frac{|\gamma'(z) - \gamma'(y)|^\rho}{|z - y|^{1 + s\rho}} \, dz \, dy.
\]

Notice that the integration with respect to \( z \) is over a full period, so it can be replaced by the integration from \(-1/2\) to \(1/2\), and (56) can be used to estimate the resulting double integral from above by the expression
\[
\left( \frac{1}{c} \right)^2 \int_{\mathbb{R}/Z} \int_{-1/2}^{1/2} \frac{|\gamma'(z) - \gamma'(y)|^\rho}{|z - y|^{1 + s\rho}} \, dz \, dy = \left( \frac{1}{c} \right)^2 [\gamma]^\rho_{W^{1+s,\rho}}.
\]

Recall that (63) serves as an upper bound for the double integral that appears both in (61), and in (62). So, combining this with (60) leads to the desired estimate
\[
\left[ \Gamma \right]^\rho_{W^{1+s,\rho}} \leq \left( \frac{1}{c} \right)^{3 + s\rho} \left[ \left( \frac{1}{c} \right)^\rho + \left( \frac{C}{c^2} \right)^\rho \right] \cdot \left[ \gamma \right]^\rho_{W^{1+s,\rho}}.
\]

With a simple argument (similar to the one in [34, Lemma 4.2]) we now show that injective arclength curves in \( C^{1,\mu} \) are bi-Lipschitz.

**Lemma A.2.** Let \( \mu \in (0, 1], L > 0, \) and \( \Gamma \in C^{1,\mu}(\mathbb{R}/(L\mathbb{Z}), \mathbb{R}^n) \) with \( |\Gamma'| \equiv 1 \) on \([0, L]\), such that \( \Gamma|_{[0, L]} \) is injective. Then there is a constant \( B = B(\mu, \Gamma) \geq 1 \) such that
\[
\frac{1}{B} |w| \leq |\Gamma(u + w) - \Gamma(u)| \leq |w| \quad \text{for all} \quad u \in \mathbb{R}/(L\mathbb{Z}), |w| \leq L/2.
\]

From the Morrey-type embedding mentioned in Remark 3.4 and the specification in (11) we directly derive the following corollary.
Corollary A.3. Let $L > 0$, $\rho \in (1, \infty)$, $s \in (1/\rho, 1)$, and $\Gamma \in W^{1+s, \rho}(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^n)$ be an injective arclength parametrized curve. Then there is a constant $B = B(s, \rho, \Gamma) \geq 1$ such that

$$\frac{1}{B}|w| \leq |\Gamma(u + w) - \Gamma(u)| \leq |w| \text{ for all } u \in \mathbb{R}/(\mathbb{LZ}), |w| \leq L/2.$$  

In particular, there is a constant $B = B(\alpha, \Gamma)$ such that any injective arclength parametrized curve $\Gamma \in W^{(\alpha+1)/2, 2}(\mathbb{R}/(\mathbb{LZ}), \mathbb{R}^n)$ satisfies (64).

Proof of Lemma A.4 We only need to prove the left inequality of the bi-Lipschitz estimate since the upper bound follows from $|\Gamma'| = 1$ on $[0, L]$. W.l.o.g. we may assume that $\Gamma'(u) = (1, 0, \ldots, 0) \in \mathbb{R}^n$ so that we may estimate the tangent’s first component $\Gamma_1'$ from below as

$$\Gamma_1'(u + w) \geq \Gamma_1'(u) - |\Gamma_1'(u) - \Gamma_1'(u + w)| \geq 1 - \|\Gamma\|_{C^{1, \mu}}|w|^\mu \geq \frac{3}{4} \text{ for all } |w| \leq \varepsilon_0 := \left(\frac{1}{4\|\Gamma\|_{C^{1, \mu}}}\right)^{1/\mu},$$

which implies

$$|\Gamma(u + w) - \Gamma(u)| \geq |\Gamma_1(u + w) - \Gamma_1(u)| = \int_0^{u + w} \Gamma_1'(\tau) \, d\tau \geq \frac{3}{4}|w| \text{ for all } |w| \leq \varepsilon_0.$$  

The continuous function $g(u, w) := |\Gamma(u + w) - \Gamma(u)|$, on the other hand, is uniformly continuous on the compact set

$$\Sigma := \{(u, w) \in \mathbb{R}/(\mathbb{LZ}) \times [-L/2, L/2] : |w| \geq \varepsilon_0\},$$

and $g$ is strictly positive on $\Sigma$ since $\Gamma|_{[0, L]}$ is assumed to be injective. Hence there is a positive constant $c = c(\Gamma)$ such that $g|_\Sigma \geq c$, which implies

$$|\Gamma(u + w) - \Gamma(u)| \geq c \geq \frac{2c}{L}|w| \text{ for all } \varepsilon_0 \leq |w| \leq L/2.$$  

Combining (65) with (66) we obtain the desired bi-Lipschitz estimate for the constant $B = B(\mu, \Gamma) := \max\{\frac{3}{4}, \frac{2c}{L}\}$. \hfill $\square$

In the proof of part (ii) of Theorem 3.2 we have also used the following elementary inequality.

Lemma A.4. For any $\alpha \in (1, \infty)$ one has

$$1 - x^\alpha \leq (\alpha + 1)(1 - x) \text{ for all } x \in [0, 1].$$

In particular, if $\alpha \in [2, \infty)$, the following holds.

$$1 - x^\alpha \leq (\alpha + 1)(1 - x^2) \text{ for all } x \in [0, 1].$$

Proof. It suffices to prove that the function $f_\alpha(x) := x^\alpha - (\alpha + 1)x + \alpha$ is non-negative for all $x \in [0, 1]$, and for all $\alpha \in (1, \infty)$, since $f$ may be rewritten as

$$f(x) = x^\alpha + (\alpha + 1)(1 - x) - 1.$$  

One immediately checks for the derivative (which exists as $\alpha > 1$)

$$f'(x) = \alpha x^{\alpha - 1} - (\alpha + 1) \leq -1 \text{ for all } x \in [0, 1],$$

so that $f$ strictly decreases from the positive value $f(0) = \alpha$ to the value $f(1) = 0$ on $[0, 1]$. \hfill $\square$
Lemma 4.8 requires the existence of some \( k \in \mathbb{Z} \) satisfying specific equivalence class relations, established in the following elementary result.

Lemma A.5. For relatively prime numbers \( a, b \in \mathbb{Z} \setminus \{0, \pm 1\} \) and some \( m \in \mathbb{N}, m > 1 \), dividing either \( a \) or \( b \), there is an integer \( k \in \mathbb{Z} \), which is unique modulo \( m \), such that

\[
\begin{cases}
[a + 1] = e = [0] \in \mathbb{Z}/m\mathbb{Z} & \text{if } m | b \\
bk + 1 = e = [0] \in \mathbb{Z}/m\mathbb{Z} & \text{if } m | a.
\end{cases}
\]  

(67)

Proof. It suffices to treat the case \( m | b \). The required condition \([a + 1] = [0]\) (identifying \( k \) uniquely modulo \( m \)) is equivalent to \([ak] = [−1]\) or \([−a]k = [1]\), which means that \( (−a) \) is invertible modulo \( m \), or, equivalently that \( (−a) \) and \( m \) are relatively prime. Assuming that there is a common divisor \( d \in \mathbb{Z}, |d| \geq 2 \) of \( (−a) \) and \( m \), then \( d \) divides also \( b \) since \( m | b \), but this contradicts our assumption that \( a \) and \( b \) are relatively prime. \( \square \)

For the proof of Theorem 1.2 we needed the following elementary number theoretical result.

Lemma A.6. If two integers \( a, b \in \mathbb{Z} \setminus \{0\} \) are relatively prime then also the two integers \( a + b \) and \( ab \).

Proof. The condition \( \gcd(a, b) = 1 \) implies

\[
\gcd(a + b, b) = 1 \quad \text{and} \quad \gcd(a + b, a) = 1,
\]  

(68)

since, e.g, for any divisor \( m \in \mathbb{Z} \) of \( b \) with \( |m| > 1 \) one has

\[
\frac{a + b}{m} = \frac{a}{m} + \frac{b}{m},
\]

which is not an integer since \( (b/m) \) is an integer, but \( (a/m) \) is not, because otherwise \( |\gcd(a, b)| \geq |m| > 1 \) contradicting our assumption. This proves the first equation in (68), the second is symmetric. Assuming now that \( a + b \) and \( ab \) are not relatively prime, we can find an integer \( n \) with \( |n| > 1 \) such that \( n|a + b \) and \( n|ab \). But (68) implies that

\[
n \not|a \quad \text{and} \quad n \not|b.
\]  

(69)

If we now consider the prime decomposition of \( n \),

\[
n = p_1^{\alpha_1} \cdot p_2^{\alpha_2} \cdot \cdots \cdot p_l^{\alpha_l} \cdot q_1^{\beta_1} \cdot q_2^{\beta_2} \cdot \cdots \cdot q_k^{\beta_k}
\]  

(70)

for some non-negative integers \( \alpha_i \) and \( \beta_j \), \( i = 1, \ldots, l, j = 1, \ldots, k \), where the prime numbers \( p_i \) divide only \( a \) and the prime numbers \( q_j \) divide only \( b \), we find by virtue of (69) that there must be at least one index \( i \in \{1, \ldots, l\} \) and at least one \( j \in \{1, \ldots, k\} \) such that \( \alpha_{i*} \geq 1 \) and \( \beta_{j*} \geq 1 \). Indeed, assuming, e.g., \( \alpha_i = 0 \) for all \( i = 1, \ldots, l \) in (70) then \( n | b \) contradicting (69). Choosing now \( m := p_{i*} \) then \( m | n \) and therefore \( m | (a + b) \) by assumption, but we also have \( m | a \) thus contradicting (68) again. \( \square \)

In the proof of Theorem 4.12 we used the following simple result concerning images of rotationally symmetric sets under isometries of \( \mathbb{R}^3 \).
Lemma A.7. Let \( v \in S^2, \beta \in \mathbb{R} \setminus \{0\} \), and \( I : \mathbb{R}^3 \to \mathbb{R}^3 \) an orientation preserving isometry of \( \mathbb{R}^3 \) with \( I(v) \neq 0 \). Then for any set \( M \subset \mathbb{R}^3 \) with

\[
(71) \quad \text{Rot} (\beta, I(v)) M = M
\]

one has

\[
(72) \quad \text{Rot} (\beta, I(v)) I(M) = I(M),
\]

where similarly as before \( \text{Rot} (\beta, w) \) stands for the rotation about the affine line \( w = \mathbb{R} e_w + \mathbb{R} d \subset \mathbb{R}^3 \) for some \( e_w \in S^2 \) and \( d \in \mathbb{R}^3 \) with rotational angle \( \beta \in \mathbb{R} \), such that for any \( \xi \notin v \), the set

\[
\mathcal{B} := \{ \xi - \Pi_w (\xi), \text{Rot} (\beta, w) \xi - \Pi_w (\text{Rot} (\beta, w) \xi), e_w \}
\]

forms a positively oriented basis of \( \mathbb{R}^3 \) if \( \beta > 0 \). (Here \( \Pi_w \) denotes the orthogonal projection onto the affine line \( w \).)

Proof. For \( Y \in I(M) \) there is exactly one \( \eta \in M \) such that \( Y = I(\eta) \). Exploiting the isometry \( (71) \) we find exactly one \( \xi \in M \) such that \( \eta = \text{Rot} (\beta, v) \xi \). Let \( \xi_0 := \Pi_v (\eta) \) be the orthogonal projection of \( \eta \) onto the rotational axis \( v \) so that

\[
\xi_0 \in \mathbb{R} v, \quad (\xi - \xi_0) \perp v, \quad (\eta - \xi_0) \perp v, \quad |\xi - \xi_0| = |\eta - \xi_0|
\]

and such that the set \( \mathcal{C} := \{ \xi - \xi_0, \eta - \xi_0, v \} \) forms a positively oriented basis of \( \mathbb{R}^3 \) if \( \eta \notin v. \) Since I is an orientation preserving isometry we can write \( I(x) = Sx + b, x \in \mathbb{R}^3 \), for some \( S \in SO(3) \) and \( b \in \mathbb{R}^3 \), and find \( I(\xi_0) \in I(v) \) and

\[
(I(\xi) - I(\xi_0)) \perp Sv, \quad (I(\eta) - I(\xi_0)) \perp Sv, \quad |I(\xi) - I(\xi_0)| = |I(\eta) - I(\xi_0)|,
\]

and the set \( \mathcal{D} := \{ I(\xi) - I(\xi_0), I(\eta) - I(\xi_0), Sv \} \) forms a positively oriented basis of \( \mathbb{R}^3 \). In addition, by isometry,

\[
\cos \beta = \frac{(\xi - \xi_0) \cdot (\eta - \xi_0)}{|\xi - \xi_0||\eta - \xi_0|} = \frac{|I(\xi) - I(\xi_0)| \cdot (I(\eta) - I(\xi_0))}{|I(\xi) - I(\xi_0)||I(\eta) - I(\xi_0)|},
\]

so that for \( X := I(\xi) \) we arrive at

\[
\text{Rot} (\beta, I(v)) X = \text{Rot} (\beta, I(v)) I(\xi) = I(\eta) = Y,
\]

which proves the inclusion

\[
(73) \quad I(M) \subset \text{Rot} (\beta, I(v)) I(M) \quad \text{for arbitrary } \beta \in \mathbb{R} \setminus \{0\}.
\]

This inclusion is trivial if \( \beta = 0 \) or if \( Y = I(\eta) \) for some \( \eta \in v \) because in both cases \( \text{Rot} (\beta, I(v)) I(\eta) = I(\eta) \).

Since we proved \( (73) \) for arbitrary \( \beta \) we can apply the inverse rotation \( \text{Rot} (\beta, I(v))^{-1} = \text{Rot} (-\beta, I(v)) \) to \( (73) \) and use the above argument again. \( \square \)

Lemma A.8. Let \( A \in SO(3) \) be a rotational matrix with angle \( \phi = 2\pi/b, \) \( b \in \mathbb{N} \), about the \( z \)-axis and \( M \subset \mathbb{R}^3 \) be a set invariant with respect to said rotation, i.e. \( AM = M \). For any rotational matrix \( B \in SO(3) \) about an axis \( v \) with \( v \perp e_3, v \cap \mathbb{R} e_3 = \{0\}, \) and rotational angle \( \pi \) we have

\[
ABM = BAM = BM.
\]

\footnote{That is, the \( 3 \times 3 \)-matrix mapping \( \mathcal{B} \) onto the standard basis \( \{e_1, e_2, e_3\} \) has positive determinant.}
Proof. The case \( b = 1 \) is trivial. Therefore let \( \phi = 2\pi/b \), \( b \geq 2 \), be the rotational angle of \( A \), and \( e_v \in S^2 \) be a unit vector contained in \( v \), and set \( f := e_3 \wedge e_v \). The matrix representations of \( A \) and \( B \) with respect to the orthonormal basis \( \mathcal{B} := \{e_v, f, e_3\} \) are given by

\[
A = \begin{pmatrix}
\cos \phi & -\sin \phi & 0 \\
\sin \phi & \cos \phi & 0 \\
0 & 0 & 1
\end{pmatrix}, \quad B = \begin{pmatrix}
1 & 0 & 0 \\
0 & -1 & 0 \\
0 & 0 & -1
\end{pmatrix}.
\]

Further, the assumption \( AM = M \) implies

\[
y := A^k x \in M \quad \text{for all} \quad x \in M, \ k \in \mathbb{Z}/(b\mathbb{Z}).
\]

Hence it suffices to show that there is \( k \in \mathbb{Z}/(b\mathbb{Z}) \) such that

\[
(74) \quad ABx = BAA^k x \quad \text{for all} \quad x \in M
\]

to prove the inclusion \( ABM \subset BAM \). On the other hand, if \( (74) \) is established for some \( k \in \mathbb{Z}/(b\mathbb{Z}) \) then we can use our assumption \( AM = M \), hence also \( A^k M = M \) again to write any \( y \in M \) as \( A^k x = y \) for an appropriate \( x \in M \), so that \( (74) \) implies also the reverse inclusion \( BAM \subset ABM \).

To establish \( (74) \) we calculate for \( x = (x^1, x^2, x^3) \in M \)

\[
ABx = \begin{pmatrix}
\cos \phi & -\sin \phi & 0 \\
\sin \phi & \cos \phi & 0 \\
0 & 0 & 1
\end{pmatrix} \begin{pmatrix}
1 & 0 & 0 \\
0 & -1 & 0 \\
0 & 0 & -1
\end{pmatrix} x = \begin{pmatrix}
\cos \phi & -\sin \phi & 0 \\
\sin \phi & \cos \phi & 0 \\
0 & 0 & 1
\end{pmatrix} \begin{pmatrix}
x^1 \\
x^2 \\
x^3
\end{pmatrix}
\]

as well as

\[
BAA^k x = BA^{k+1} x = \begin{pmatrix}
1 & 0 & 0 \\
0 & -1 & 0 \\
0 & 0 & -1
\end{pmatrix} \begin{pmatrix}
\cos ((k+1)\phi) & -\sin ((k+1)\phi) & 0 \\
\sin ((k+1)\phi) & \cos ((k+1)\phi) & 0 \\
0 & 0 & 1
\end{pmatrix} \begin{pmatrix}
x^1 \\
x^2 \\
x^3
\end{pmatrix}
\]

Due to the symmetry properties of sine and cosine we arrive at \( (74) \) if and only if \( k + 1 \equiv_{b} -1 \) or \( k = -2 \mod b \).

\[\square\]

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CRITICAL TORUS KNOTS

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