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**Diversity of Virulence Phenotypes among Type III Secretion Negative *Pseudomonas aeruginosa* Clinical Isolates**

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**Abstract**

*Pseudomonas aeruginosa* is a frequent cause of acute infections. The primary virulence factor that has been linked to clinical disease is the type III secretion system, a molecular syringe that delivers effector proteins directly into host cells. Despite the importance of type III secretion in dictating clinical outcomes and promoting disease in animal models of infections, clinical isolates often do not express the type III secretion system *in vitro*. Here we screened 81 clinical *P. aeruginosa* isolates for secretion of type III secretion system substrates by western blot. Non-expressing strains were also subjected to a functional test assaying the ability to intoxicate epithelial cells *in vitro*, and to survive and cause disease in a murine model of corneal infection. 26 of 81 clinical isolates were found to be type III secretion negative by western blot. 17 of these 26 non-expressing strains were tested for their ability to cause epithelial cell rounding. Of these, three isolates caused epithelial cell rounding in a type III secretion system dependent manner, and one strain was cytotoxic in a T3SS-independent manner. Five T3SS-negative isolates were also tested for their ability to cause disease in a murine model of corneal infection. Of these isolates, two strains caused severe corneal disease in a T3SS-independent manner. Interestingly, one of these strains caused significant disease (inflammation) despite being cleared. Our data therefore show that *P. aeruginosa* clinical isolates can cause disease in a T3SS-independent manner, demonstrating the existence of novel modifiers of clinical disease.

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**Introduction**

*Pseudomonas aeruginosa* is a common nosocomial pathogen responsible for acute lung infections, blood stream and catheter-associated infections [1–3]. It is also a common cause of corneal infections due to contaminated contact lenses or associated with agricultural work [4–8]. One of the most important virulence mechanisms is the type III secretion system, which directly injects effector proteins into targeted host cells [9]. Type III secretion also allows *P. aeruginosa* to evade killing by infiltrating neutrophils [10,11].

Evasion of killing by neutrophils is a function of the effector proteins injected by *P. aeruginosa*. To date, four effector proteins have been described in *P. aeruginosa*: exoenzyme S (ExoS), ExoT, ExoU and ExoY. ExoS and ExoT are heterobifunctional enzymes with an amino-terminal Rho-GAP domain and a C-terminal ADP ribosyltransferase domain [12]. ExoU is a potent phospholipase [13] and ExoY is an adenylate cyclase [14]. The primary effectors associated with survival in mammalian models of infection are ExoS, ExoT and ExoU [15–20]. The presence or absence of ExoY generally does not seem to impact virulence greatly [11,19,20]. Analysis of the effector complement produced by strains of *P. aeruginosa* demonstrated that most isolates produce ExoT. Distribution of ExoS and ExoU, on the other hand, is generally mutually exclusive [1,2,21,22].

Detectable secretion of type III effectors *in vitro* correlates with increased morbidity, higher rates of mortality and relapse in *P. aeruginosa* ventilator-associated pneumonia and blood stream infections [2,23,24]. Despite the prominent role that type III secretion plays in animal models of infection, and its link to poor outcomes in the clinic, many clinical isolates of *P. aeruginosa* are T3SS-negative when assayed *in vitro* [2,23–26]. This observation raises the question if the apparent lack of T3SS gene expression is due to a regulatory difference in these strains, which allows expression *in vivo*, but not in culture *in vitro*. Alternatively, the bacteria could have been passengers that colonized an infected host without being the primary pathogen associated with disease, or, they could be expressing other virulence factors. One report showed that eight clinical isolates from acute *P. aeruginosa* infections were type III secretion negative isolates, and that three
displayed moderate virulence in an animal model of acute lung infection and one other strain retained a limited amount of cytotoxicity against epithelial cells. It was not determined if the observed virulence phenotypes were due to a poorly expressed type III secretion system, or due to other known or novel virulence factors [2].

Here we characterized 81 clinical isolates from patients with infections of the urinary tract, bloodstream, wound infections and infections of the urinary tract, blood stream, wound infections and one other strain retained a limited amount of cytotoxicity against epithelial cells. It was not determined if the observed virulence phenotypes were due to a poorly expressed type III secretion system, or due to other known or novel virulence factors [2].

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Affinity Purification of Antibodies
Antibodies against ExoS, ExoT, PopB and PopD were purified following a published protocol [33]. The antigens used for the purification consisted of ExoS(aa 74–433), ExoT(aa 74–457), full-length PopB or PopD lacking the transmembrane region (PopDΔTM, lacking aa 108–146), respectively. Briefly, the antigen was resuspended at a concentration of 1 mg/mL in 20 mM HEPES pH 7.6, 100 mM NaCl, 10% glycerol and coupled to Affigel-10 resin according to the manufacturer’s instructions (BioRad). After coupling of the antigen, the resin was washed with 10 mL PBS, 10 mL PBS with 500 mM NaCl, 0.1% Tween-20, 10 mL 0.2x PBS, 10 mL 100 mM glycine (pH2.5) and 20 mL PBS at which point the resin was transferred into a conical tube and rotated together with 5–10 mL of crude antisera overnight at 4°C. The bead slurry was then transferred to a column, the serum was passed through the column and passed over the column a second time. The column was then washed 10 mL PBS, 40 mL PBS with 500 mM NaCl, 0.1% Tween-20 and 10 mL 0.2x PBS. The bound antibody was eluted with 10 mL 100 mM glycine (pH 2.5). The elution fractions were neutralized with a 2 M solution of unbuffered Tris and analyzed by Bradford assay (BioRad) to determine the fractions with the eluted antibody.

Cytotoxicity Assay
A549 lung epithelial cells were seeded in 24-well plates (1 mL of cell suspension/well with 8x10^4 A549 cells in RPMI1640 with 10% FBS). P. aeruginosa isolates were grown overnight in LB-MC. The next day, the A549 cells were washed 1x with PBS and 1 mL of fresh RPMI1640 with 10% FBS was added to each well. P. aeruginosa overnight cultures were normalized for OD_600, diluted in PBS and used to infect the A549 cells at an MOI of 10. The infection was allowed to proceed for four hours, before the supernatant was removed and the cells were fixed with 3.7% formaldehyde in PBS (20° at room temperature). Images of individual wells were taken using a Nikon Eclipse TE200 inverted scope. Rounded, intoxicated cells and flat cells were counted. Cytotoxicity was expressed as % rounded A549 cells. The experiment was repeated on three separate days and the results from these three assays were averaged.

Corneal Infection Model
P. aeruginosa strains were grown overnight in tryptic soy broth (TSB, Becton Dickinson) and on the day of the infection back-diluted 1:200 in tryptic soy broth and grown to an OD_600 of 0.2. At this point 1 mL of cells was removed from the culture tube, the bacteria were pelleted by centrifugation, washed twice with PBS-MC (Dulbecco’s phosphate buffered saline (Invitrogen) with 5 mM MgCl_2 and 0.5 mM CaCl_2 added) and resuspended in PBS-MC. The optical density of the washed cells was determined and adjusted to correspond to a concentration of 8x10^7 colony forming units (CFU)/mL. 5-week-old female C57BL/6 mice were anesthetized by i.p. injection of 0.4 mL 2,2,2-triethanolamine (1.2%) (8 mice/bacterial strain). The cornea of one eye of the anesthetized mice was scored with three parallel, 1 mm scratches using a 26-gauge needle and 2.5 μL of the bacterial inoculum (2x10^5 CFU) was spotted onto the scratched cornea. After two hours, two of the mice were sacrificed and their eyes removed. The eyes were homogenized in 1 mL of PBS by sonication in the presence of metal beads and viable bacterial CFU were determined by dilution plating. Images of vegetative bacteria were taken one and two days post infection using a Leica dissection scope. Two days after infection, the remaining mice were euthanized, the infected eye was removed and homogenized by sonication in the presence of beads, as above. Surviving bacterial CFU were determined by dilution plating. C57BL/6 mice were purchased from The Jackson Laboratory (Bar Harbor, ME).

Results
Previous reports had noted that not all clinical isolates of P. aeruginosa express the type III secretion system (T3SS), which is important for virulence, both in animal models of infection and clinical disease. In order to study the virulence of these T3SS negative strains, we screened 81 clinical isolates from the microbiology laboratory in the Pathology department at University Hospitals Case Medical Center for secretion of T3SS-related proteins. We examined production of the main T3SS effectors, ExoS, ExoT and ExoU, as well as the translocator proteins PopB and PopD, which are required for delivery of effectors into targeted host proteins. We excluded isolates from cystic fibrosis (CF) patients, since many of these strains lose expression of the type III secretion system genes during the prolonged colonization of CF patients [34]. Virulence of CF isolates is thought to depend on the formation of biofilms that are resistant to antibiotic treatment and clearance by infiltrating neutrophils [35].

Clinical isolates of P. aeruginosa were grown in vitro under T3SS inducing conditions (low calcium media). Culture supernatants were then concentrated, separated by SDS-PAGE, and probed by western blot for the presence of the effectors ExoS, ExoT and ExoU, as well as the translocator proteins PopB and PopD. A representative blot is shown in Fig. 1A. Strain PAO1, which produces ExoS and ExoT, and strain 19660, which produces ExoT and ExoU, were included as controls for the western blot analysis on every experiment. Supernatant samples separated by SDS-PAGE were also stained for total protein using the fluorescent dye Sypro Ruby to ensure that the supernatants did contain secreted proteins (unpublished result). We analyzed 81 clinical isolates, which were isolated from blood, the respiratory tract, urine, or wound infections (Fig. 1B). Among the T3SS+ isolates, there were 27 secreting ExoS and ExoT, and 26 isolates secreting ExoT and ExoU. There were also two isolates that produced either ExoS only or ExoT only (Fig. 1C). The strain producing only ExoS still harbored a copy of the exoT gene on its chromosome as indicated by PCR, but the protein was not produced. The strain producing only ExoT, on the other hand, was negative for exoS and exoU by PCR. The distribution of effectors did not correlate with any specific site of isolation, aside from the two bronchoalveolar lavage isolates that were ExoU/ExoT producing strains. Overall, our data showed a greater proportion of ExoU-producing strains than had previously been reported [1,22], although a recent analysis of bloodstream isolates also reported a high percentage of ExoU+ (49%) relative to ExoS+ (27%) bacteria [24].

We found that 26 of the clinical isolates were T3SS negative by western blot. However, all isolates except one harbored copies of at least one of the effector genes on the chromosome as assayed by PCR. A PCR assay for the strains assayed in Fig. 1A is included as Fig. S1A. Of the 25 strains with at least one chromosomal copy of an effector gene, 10 were exoS+/exoT+, 11 exoS+/exoT-, 2 were exoS+/exoT+ and 2 only harbored the exoT gene, suggesting that there is no significant skew in effector complement relative to the T3SS effector-positive strains.

Notably, strain JT87 was negative for exoS, exoT and exoU, as well as the apparatus genes pscL and pscR, which are the outermost genes of the gene cluster encoding the secretion apparatus [36].
Strain JT87 produces pyocyanin and sequencing of a species-specific region of the 16S rDNA gene (nt 207–1123) confirmed that it is *P. aeruginosa*. One other strain of *P. aeruginosa* has been described in the literature that lacks the type III secretion genes, PA7 [38]. To determine if JT87 is also missing the T3SS apparatus genes, we used primers that bind in the flanking genes, PA1680 and bglX to amplify across the location of the T3SS apparatus genes. The analysis confirmed that JT87 is missing the T3SS genes since amplification yielded a product that is close to the expected size of 360bp, based on the PA7 genome (Fig. S1B).

The presence of effector genes in strains that do not secrete effectors in vitro argues that the T3SS negative phenotype stems from a regulatory phenomenon. To determine if these phenotypically T3SS negative isolates express a functional T3SS at a low level, or in a manner that is up-regulated in the presence of mammalian cells, we generated defined T3SS negative mutants.
and assayed their ability to intoxicate A549 cells in vitro. T3SS null mutations were introduced into 16 clinical isolates by deleting either the gene encoding the essential inner membrane T3SS component PscD, deleting the gene for the translocator PopD, or disrupting the gene for the essential outer membrane secretin PscC. A549 cells were then infected at an MOI of 10 for four hours and the ability to deliver effector proteins was assayed by analyzing the T3SS dependent cytopathic effect: cell rounding in ExoS producing strains or cell rounding and lysis by strains producing ExoU (Fig. 2). 13 of the 16 strains analyzed did not induce a cytopathic effect (Fig. 2A). Three isolates showed T3SS-dependent virulence (JT19, JT20, and JT72), indicating that these isolates produce a functional T3SS (Fig. 2B). Finally, isolate JT87, which lacks a T3SS, was highly cytotoxic, causing extensive cell rounding and lysis, indicated by uptake of the dye trypan blue (Fig. 2C and data not shown).

To determine if these T3SS negative clinical isolates are virulent in vivo, we used a well-characterized mouse model of P. aeruginosa corneal infection in which productive infection of the cornea depends on type III secretion [39,40]. The corneal epithelium of C57BL/6 mice was scarified and infected with clinical isolates and their T3SS negative mutant derivatives, and virulence was defined by bacterial survival and corneal opacification related to neutrophil infiltration [41].

The animal experiments revealed a complexity of phenotypes. Infection with strains JT20 and JT72, which exhibited type III-dependent cytotoxicity in our in vitro assay caused very little corneal opacification and the bacteria were rapidly cleared (Fig. 3). Strain JT10, which was type III secretion negative in our in vitro assay was similarly cleared. Strain JT28, on the other hand, despite being cleared, induced extensive corneal opacification. In marked contrast to the other isolates, strain JT4 was able to cause...
disease and survive in the cornea in a T3SS-independent manner (Fig. 3). Moreover, more JT4 was recovered than our T3SS-negative control strain PAO1 ΔpscD (p = 0.05, Mann-Whitney test), arguing that this strain produces a T3SS-independent virulence factor(s).

Discussion

Despite the prominent role that type III secretion plays in P. aeruginosa virulence in animal models, T3SS negative strains of P. aeruginosa are commonly isolated from the clinic. Here we analyzed 81 clinical P. aeruginosa isolates with respect to their production of type III secreted proteins in vitro. 55 of the strains expressed T3SS effectors, with an approximately equal number of strains producing ExoS and ExoT, and strains producing ExoU and ExoT. 26 of the strains produced no detectable ExoS, ExoT or ExoU, and did not produce the translocator proteins PopB and PopD. These secretion negative isolates displayed a range of virulence-related phenotypes, including type III secretion dependent and independent intoxication of epithelial cells in vitro, in addition to type III secretion independent disease in a corneal model of infection.

Three out of 16 of these T3SS-negative isolates were still able to deliver effectors into host cells, arguing that they encode a functional T3SS that is poorly expressed in vitro. Possible causes include a regulatory mutation that prevents expression of the type III secretion genes [42], a new layer of regulation that silences the T3SS genes when the bacteria are grown outside of the patient, or a mutation that renders the T3SS non-responsive to the removal of calcium from the medium. One isolate, JT87, lacked type III
secretion-related genes entirely, but was highly cytotoxic in vitro, suggesting that this isolate produces a new toxin.

The complement of T3SS negative strains by western blot in this study was relatively high (32%) compared to previous studies, where the frequency of T3SS negative strains isolated from acute P. aeruginosa infections ranged from 0% [9], to 11% [2,25], 13% [26] and 23% [23]. However, the frequency is lower than that reported in a recent survey of bacteremia isolates, 56% [24]. Loss of type III secretion is commonly associated with chronic infection. Isolates from cystic fibrosis patients tend to be T3SS negative by western blot with reported frequencies of T3SS-negative strains including 61% [2] and 72% [43]. In a recent survey of isolates from chronically infected cystic fibrosis patients, only 45% of P. aeruginosa isolates from first infected CF patients secreted T3SS proteins. The percentage declined to 29% in chronically infected children and 12% in chronically infected adult CF patients [34].

Analysis of effector distribution in a panel of clinical and environmental isolates found that approximately 72% of P. aeruginosa strains harbored exoS effector genes, whereas 28% harbored exoU. Presence of exoS and exoU was found to be mutually exclusive in almost all instances [1,22]. Altered effector distribution has been reported for cystic fibrosis isolates and for corneal infections. Patient isolates from cystic fibrosis patients tend to favor ExoS-producing strains [1,22]. Isolates from corneal infections tend to have more ExoU-producing strains when derived from contact-lens related infections (50–66%, [4,44,45]), but not when the infection occurred due to injury unrelated to contact-lens wear [8,21]. Two studies, focusing mainly on ventilator associated pneumonia, found the distribution of ExoU-producing strains compared to ExoU-producing strains to be closer, with 59%(S)+37%(U+) and 41%(S)+33%(U+), respectively [2,23]. Here we found the ratio of ExoS-producing to ExoU-producing strains to be equal. This high prevalence of ExoU-producing strains may be a reflection of our focus on isolates from acute infections. ExoU-producing strains have been linked to more severe disease [46].

Three strains we analyzed, JT4, JT28 and JT87, showed novel phenotypes. Infection with JT28 resulted in significant corneal opacification, despite clearance of the infection. Since opacification is primarily related to infiltration of neutrophils, not bacterial replication [41], this would suggest that JT28 infection results in a novel virulence factor or lipases that can contribute to the virulence of P. aeruginosa [47–53]. Strain JT87 was the only clinical isolate found to be devoid of T3SS-related genes by PCR, reminiscent of the taxonomic outlier P. aeruginosa strain PA7, whose genome sequence was recently reported and found to be devoid of T3SS apparatus and effector genes [38]. Interestingly, JT87 was highly cytotoxic in vitro, arguing that it encodes a novel virulence factor. Beyond promoting T3SS-independent disease, such new virulence mechanisms may also augment the virulence of type III secretion positive P. aeruginosa isolates. It has already been noted that accessory factors exist that modulate the virulence of T3SS-positive strains [54].

Taken together, our data demonstrate that type III secretion negative isolates of P. aeruginosa can not only survive in vivo, but also cause disease. Our discovery of a strain that can cause significant inflammation despite being cleared by the immune system highlights that treatment of some infections, particular in the eye where a significant portion of the disease can be attributed to damage caused by infiltrating neutrophils, could benefit from anti-inflammatory therapy. Moreover our data suggest that new virulence mechanisms remain to be discovered that allow P. aeruginosa to persist and cause disease in a type III secretion independent manner.

Supporting Information

Figure S1 PCR analysis of T3SS gene distribution. A) Presence of exoU, exoS, exoT, pscL and pscU were probed by colony PCR. B) Presence of the genes encoding the T3SS apparatus was probed using primers that bind in the flanking genes, PA1689 and bgX. Wild-type PA01F and a mutant derivative in which the T3SS apparatus genes had been deleted (ΔpscU) were used as controls. Presence of pscL and pscU in these strains was probed with the same ORF-specific primer set used in A). A schematic showing the organization of PA1689, bgX and the intervening T3SS-apparatus genes is shown below the gel.

(TIF)

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Author Contributions

Conceived and designed the experiments: MRJ EP AR. Performed the experiments: JT YS ANSF DAC. Analyzed the data: JT YS EP AR. Contributed reagents/materials/analysis tools: ANSF MRJ. Wrote the paper: EP AR.

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