Antiviral activity of curcumin-nanoemulsion associated with photodynamic therapy in vulvar cell lines transducing different variants of HPV-16

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ABSTRACT
Vulvar intraepithelial neoplasia (VIN) is associated with human papillomavirus (HPV) infection. Curcumin is a natural bioactive compound with antineoplastic properties. The use of nanoparticles containing curcumin could allow a better performance of this compound in therapies. So, VIN biopsies were collected and HPV DNA detection was performed by PCR, positive samples were genotyped by Restriction Fragment Length Polymorphism (RFLP) and HPV-16 variants were determined by sequencing. HPV-16 positive vulva carcinoma cells (A431) were transduced with E-P and E-350G HPV-16 E6 variants. The viability of the transduced cells treated with nanoemulsions was determined by MTT assay. Besides, apoptosis was evaluated by enzymatic activity of Caspase-3/7. The cell viability assay showed that both the empty nanoemulsion (NE-V) and the nanoemulsion of curcumin (NE-CUR) had little effect on cell viability as compared to control cells. Additionally, we observed that cells irradiated in the presence of NE-CUR presented 90% of cell death. The apoptosis assay further revealed a significant increase in the activity of caspases 3 and 7 in A431 cells expressing both HPV-16 E6 variants after treatment with NE-CUR. Finally, we submitted the HPV transduced A431 cells to organotypic cultures and observed that the combination of treatments affected tissue architecture with evident signals of tissue damage. We concluded that nanoemulsions attain good biocompatibility, since no cytotoxicity was observed and NE-CUR associated with phototactivation showed promising results, leading to death only in cells subjected to irradiation. This drug delivery system associated with photodynamic therapy may become promising in the treatment of vulva lesions.

Introduction
Vulvar intraepithelial neoplasia (VIN) is characterised by a squamous intraepithelial lesions highly associated with the development of invasive carcinoma. Two types of VIN can be considered precursors of vulvar cancer: the usual type (uVIN), normally characterised by low-grade lesions associated with human papillomavirus (HPV) infection, and the differentiated type (dVIN), characterised by high-grade lesions associated with chronic lichen, squamous cell hyperplasia or untreated lichen sclerosus [1].

High-risk HPVs, mostly HPV-16, have a main role in the development of HPV related VIN [2]. Worldwide HPV-16 variants are differently distributed and share over 98% of nucleotide identity [3]. Despite the high similarity, some specific HPV-16 variants were shown to have an increased oncogenic potential in vitro and to be epidemiologically more associated to the risk for cervical carcinoma [4]. Particularly, the European variant enclosing a non-synonym alteration, T350G E6, has been associated with a higher risk for high-grade cervical lesions, although data is still controversial [4–6].

VIN treatment options include antiviral therapies such as cidofovir and intralesional or intramuscular interferon-α, as well as topical imiquimod application in the case of...
exophytic warts [7]. Additionally, vulvar lesions can also be removed surgically, by simple or radical vulvectomy. More advanced lesions can be treated with chemotherapy and radiotherapy and laser therapy may also be used in the treatment of VIN [8]. Unfortunately, adverse effects such as pain, irritation, superficial ulceration and hypersensitivity have been reported [9]. Since there is currently no effective therapeutic measure established, surgical removal, including both excision and ablation, is still recommended in more severe VIN cases. However, this intervention is still associated with high morbidity and high recurrence rates [8].

Several studies indicate that natural compounds, like curcumin, have anti-HPV and anti-cancer activity [10,11]. However, the clinical use of curcumin is still limited because of the low solubility of this drug in water and its low bioavailability when administered orally due to this compound rapid degradation and excretion [12]. To counteract these problems, several drug delivery systems, such as nanostructured materials, have been designed to improve the solubility and bioavailability of hydrophobic compounds, especially for those that present fast clearance rates [13–15].

Nanoemulsions are a class of stable emulsions formed by a monolayer of phospholipids composed of a surfactant that has an important role in nanoemulsions stabilisation [16]. These emulsions have been used in some studies associated to photoactive compounds fort topical or systemic application.

Curcumin effects are potentiated when associated with visible light and can be used as a photosensitizer agent in photodynamic therapy (PDT) [17–20]. PDT is a therapeutic approach that can be applied in the treatment of several types of tumours [21–23]. In fact, PDT in combination with natural drugs can represent an alternative non-invasive treatment modality for VIN with the advantage of minimal healthy tissue harm and low side effects [24]. In the present study we aimed to evaluate the effects of PDT and curcumin nanoemulsion in vulva cell lines grown in monolayer and organotypic cell cultures. We also investigated the effect of HPV-16 genes in cells response upon treatment with nanoemulsions with curcumin and PDT.

Materials and methods

Clinical samples

The present prospective, observational study was conducted at Sao Paulo State University in Sao Jose do Rio Preto, SP, Brazil and was approved by the Research Ethics Committee of the Sao Paulo State University in Sao Jose do Rio Preto and of the Clinical Hospital of the Ribeirão Preto Medical School (931.918). Patients enrolled attended the University of Sao Paulo study centre at Ribeirão Preto Medical School from August 2014 till November 2015. Informed written consent was obtained from all participants. VIN was diagnosed by vulvar biopsy.

Viral DNA amplification and genotyping

DNA was extracted using the QIAamp DNA Micro kit (Qiagen Inc., Hilden, Germany). HPV genotyping was performed by Polymerase Chain Reaction (PCR) using generic primers PGMY09/11 [25]. PCR was performed using 2.5 lL Buffer (10X), 4.0 mM of MgCl2, 0.32 mM of lL PGMY09/11 primers, 0.2 mM of dNTP, 2.5 U of High Fidelity Enzyme Mix (Fermentas), 80 ng of DNA and Milli-Q to a final volume of 25 lL. Reaction was then submitted to one cycle of 95 °C for 13 min, followed by 40 cycles of 95 °C for 1 min, 55 °C for 1 min and 72 °C for 1 min. A final extension cycle was performed at 72 °C for 5 min. Positive samples were genotyped by RFLP (Restriction Fragments Length Polymorphism [26]). All PCR reactions included a negative control consisting of the reaction mixture, but without DNA.

HPV-16 E6 variant characterisation

The E6 gene from HPV-16 positive samples was amplified with specific primers to genotype molecular variants (Forward: 5′-TAAAACCTAAGGGCTAACC-G-3′ – Reverse: 5′-TCTGTTATTTGATCTCCCTGCTG-3′). PCR was performed using 5 lL Buffer (10X) 1.5 mM lL MgCl2 (25 mM), 1 mM of complementary primers for the E6 region (20 mM), 0.5 mM 6 lL dNTP (2 mM), 1.5 U of High Fidelity Enzyme Mix (Fermentas), 500 ng lL DNA and milli-Q water q.s.p 50 lL final reaction volume. The cycling conditions were: 1 cycle of 95 °C for 5 min followed by 40 cycles of 95 °C for 1 min, 50 °C for 1 min and 72 °C for 2 min and one final extension cycle of 72 °C for 8 min. Following purification with the TOPO XL Gel Purification Kit (Invitrogen, California, USA), PCR products were cloned using the pCR XL-TOPO Vector (Invitrogen, California, USA). Four clones from each specimen were purified using the GeneJET™ Plasmid Miniprep Kit (Fermentas Life Sciences, Ontario, Canada). Sequencing reactions were performed in an ABI 3130XL sequencer (Applied Biosystems, California, USA) using the BigDye® Terminator v3.1 Cycle Sequencing Kit (Applied Biosystems, California, USA). Electropherograms obtained in the sequencing of E6 region were analysed by the quality analysis programme Eletropherogram Quality Analysis available online at http://www.biomol.unb.br/phph (EWING et al. 1998). Comparisons to identity the sequences were performed using the BLAST programme (Basic Local Alignment Search Tool) available at http://www.ncbi.nlm.nih.gov/BLAST (ALTSCHUL et al. 1990). Subsequently, variants detected in genotyping were identified by comparison of the sequences with reference sequences of HPV-16 variants (E-P K02718), HPV-42 (GenBank n° GQ427847.1), HPV-59 (GenBank n° EU918767) and HPV-61 (GenBank n° U31793.1). Alignment and sequence correction were performed using the BioEdit 7.0.5.3 programme [27].

Synthesis of curcumin nanoemulsions: preparation and characterisation

Nanoemulsions were synthesised by the “Photobiology and Photomedicine Group” at the Centre of Nanotechnology and Tissue Engineering of Sao Paulo University, in Ribeirão Preto, Brazil. Curcumin Nanoemulsions (NE-Cur) were prepared by curcumin solubilisation in oil phase followed by aqueous...
phase homogenisation with a hydrophilic emulsifier. The same procedure was used for empty nanoemulsion (NE), except the addition of curcumin. Further details on the formulation and preparation of nanoemulsions are in process of patent application and should be protected in accordance with the regulation of the Brazilian patent agency (Patent: Privilege of Innovation, Registration number: PI07063210).

Particle size, polydispersity index (IPd) and Zeta potential were evaluated using the Zetasizer Nano system ZS (Malvern-UK), employing a 4 mW He-Ne laser that operates in 633 nm wavelength, allowing non-invasive measurements by backscatter optics (NIBS). This methodology allows evaluating particle size in the range of 2 nm to 3 μm. Readings were performed according to the manufacturer instructions and analysis was performed using Zetasizer software version 6.01.

The stability of the liposomal formulations was studied by evaluating the size of the vesicles every 15 days, during a period of 90 days. Analysis was performed in triplicates at 25 °C. Samples were stored at room temperature protected from light.

**Generation of cell lines transducing HPV-16 E6 variants**

The E6 gene from HPV-16 variants E-P and E-350G was cloned into the retroviral expression vector pLXSN (Clontech Laboratories). Briefly, the E6 gene was amplified and cloned into the pLXSN vector (Genebank n° M28248.1). Plasmidial DNA was extracted using the GeneJet™ Plasmid Miniprep Kit (Fermentas Life Sciences, Canada) following the manufacturer's instructions, and direct sequencing was performed to confirm genotype the nucleotide sequence. Retroviral vectors were transfected by electroporation in Bosc-23 ecotropic cells, and supernatants were used to infect Am-12 amphotropic cells [28]. Infected cells were selected with 500 μg/mL G418 (Life Technologies) for 14 days. A431 cells (Genebank n° HTB-117), derived from a HPV-negative vulvar carcinoma (Sigma Aldrich), were cultured in DMEM medium supplemented with 10% foetal bovine serum and 100 U/mL penicillin, and further infected by retroviruses produced by Am-12 infected cells. Selection was performed with medium containing G418 (Life Technologies) at 600 μg/mL for another 14 days. HaCat control cells, (spontaneously immortalised keratinocytes HaCaT cell line) also were cultured in DMEM medium supplemented with 10% foetal bovine serum and 100 U/mL penicillin.

**RNA extraction and qPCR**

Total RNA was isolated using TRIzol (Life Technologies, Carlsbad, USA) according to the manufacturer's instructions. qPCR was used to assess HPV-16 E6 expression in A431 cells transduced with the different variants of HPV-16. Gene-specific primers for qPCR were described elsewhere [29]. Quantitative real-time PCR was performed using an ABI prism 7300 sequencer detector system and SybrGreen PCR Core Reagent (Applied Biosystems, Foster City, CA, USA) following the manufacturer's protocol. In brief, the reaction mixture (20 μL final volume) included 25 ng of cDNA, gene-specific forward and reverse primers for each gene, and 10 ml of 2x Quantitative Sybr Green PCR Master Mix (Applied Biosystems, Foster City, USA). Relative quantification was given by CT values, conducted in triplicate reactions and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) amplification was used as an endogenous control. The relative expression of each gene was calculated using the formula: \( R^{\text{target}} = \frac{\text{A}\text{Ct target (control – sample)}}{\text{A}\text{Ct endogenous (control – sample)}, as previously described [30]. The cut-off for analysis of gene expression was \( \geq 2 \) increased or decreased expression.

**Cellular uptake of curcumin-loaded nanoemulsions**

A431 cells transducing E6 from the different HPV-16 variants and human immortalised keratinocytes HaCat cells were plated in monolayers and incubated with 80 μM of NE-Cur for 24 h. After replacing the media, cells were analysed by fluorescence microscopy (Zeiss, Göszwitz, Germany) at 480 nm excitation spectrum, blue laser, 415 ± 15 nm, FITC/GFP.

**MTT assay**

2 × 10^4 cells were plated in 96-well plates and incubated at 37 °C in 5% CO₂. After 24 h, cells were treated with 20, 40, 80, 100 or 120 μM of free curcumin and equivalent doses of NE-Cur or NE for three hours after which media was replaced. MTT assays were performed after 24 h following media replacement with no nanoparticles. Experiments were performed in triplicates in at least three independent assays and readings were conducted at 570 nm. Obtained values were normalised with the control (cells submitted to the same conditions without the addition of the formulation under study) expressed in percentage of viability calculated according to the following relation: Viable cells = (O.D. Sample/O.D Control) x 100%.

**Phototoxicity assay**

Cells were seeded at 1 × 10^4 density in 96-well plates 24 h before to treatment, and followed incubation with 80 μM of NE and NE-Cur for three hours. Nanoemulsions were removed and cells were carefully washed with PBS, and 150 μL/well of DMEM medium without foetal calf serum (FCS) or phenol red. Cultures were then subjected to laser irradiation at 50 J/cm² for 4 min. The irradiation source comprised a higher potency LED apparatus, model Vet Light of DMC Enterprise (São Carlos, SP, Brazil) operating at 447 (± 10) nm, with 420 mW of power at 23 nm and 2.52W of total power, for 209 W/cm² of irradiancy and 80 J/cm² of fluency, set at 6.4 s/application.

After irradiation, the medium was replaced by culture medium without phenol or FCS and 24 h later cells were once more photoactivated. After 24 h the MTT assay was performed and cell viability was evaluated.
Caspase-3/7 enzymatic activity measurement

Caspase-3/7 activity was evaluated using the Caspase-Glo® 3/7 Assay Kit (Promega, USA), following the manufacturer’s instructions. Briefly, 2.5 × 10⁴ cells were seeded in 96-well plates. After 24 h, cells were incubated with 80 μM NE-Cur or only culture medium. After 3 h, cells were washed with PBS. Fresh media without FCS or Phenol red was added before cultures were subjected to laser irradiation at 50 J/cm² for 4 min. Media was then replaced by fresh media without FCS or Phenol red. Readings were performed in a luminometer and normalised relative to to control cells. Percentage of caspase activity was calculated according to the following relation: Activity of caspase: (UL sample/UL control) X 100%.

Organotypic cultures of A431 cell lines

Organotypic cultures were performed as described elsewhere [31]. Briefly, 2 × 10⁵ A431 cells expressing E6 from the different HPV-16 variants were seeded in a dermal equivalent constituted of a collagen type 1 matrix and J2 fibroblasts (feeders) in a proportion of 10³ J2 cells per 0.75 mL collagen matrix. After 24 h dermal equivalent with cell attached was transferred to a steel grid on a 60 mm diameter Petri dish. Organotypic cultures were maintained at 37°C and 5% CO₂ with 5 mL of raft medium per plate to allow cell stratification in a medium/air interface for 11 days before treatment. Organotypic cultures were divided into three treatment groups: 80 μM NE-Cur + PDT; Control 1 (DMEM + PDT) and Control 2 (DMEM). At 3 h after treatment, cultures were washed with PBS and media was replaced. With an exception of Control 2, all cultures were irradiated for 4 min as described before. Cultures were then incubated again with NE-Cur for 3 h, and a new irradiation dose was performed. After 24 h cultures were fixed in 10% buffered formalin to be processed for histology. 4 μm sections were stained with haematoxylin/eosin and slides were evaluated in an Olympus BX-60 microscope coupled to a digital camera. Image analyser system – Image-Pro-Plus® Media Cybernetics was used for photodocumentation.

Statistical analysis

Statistical analyzes were performed using the GraphPad Prism 5 software and the statistical significance of the differences between the results obtained was determined by the One-way ANOVA analysis of variance followed by the Tukey t-test test for multiple comparisons (* p < .001). All analyzes were done in triplicates.

Results

HPV detection and genotyping in vulvar intraepithelial neoplasia samples (VIN)

Whereas in cervical carcinoma, HPV DNA can be found in up to 99.7% of samples [32], HPV is present in 65–75% of VIN. High-risk HPVs, such as HPV-16 and HPV-18 are responsible for over 50% of vulvar cancers [33]. We aimed to investigate the prevalence of HPV and HPV-16 variants in VIN 24 samples collected in Ribeirão Preto Medical School of the University of Sao Paulo, Brazil, between August 2014 and November 2015. In this collection, 25% (6) of the patients were aged between 18 and 28 years, 20.8% (5) were between 29 and 39 years and 54.2% (13) of patients had over 40 years in the collection date. The average age of patients analysed was 41 years, being 18 years the minimum age and 78 years the maximum age. Patients presenting HPV + HIV coinfection (17%) developed more serious lesions such as cervical intraepithelial neoplasia (CIN). HPV DNA was detected in 50% (12/24) of the samples; HPV-16 was the most prevalent type, once the European and 350 G HPV-16 variants were detected in a proportion of 10³ J2 cells per 0.75 mL collagen matrix. After 24 h dermal equivalent with cell attached was transferred to a steel grid on a 60 mm diameter Petri dish. Organotypic cultures were maintained at 37°C and 5% CO₂ with 5 mL of raft medium per plate to allow cell stratification in a medium/air interface for 11 days before treatment. Organotypic cultures were divided into three treatment groups: 80 μM NE-Cur + PDT; Control 1 (DMEM + PDT) and Control 2 (DMEM). At 3 h after treatment, cultures were washed with PBS and media was replaced. With an exception of Control 2, all cultures were irradiated for 4 min as described before. Cultures were then incubated again with NE-Cur for 3 h, and a new irradiation dose was performed. After 24 h cultures were fixed in 10% buffered formalin to be processed for histology. 4 μm sections were stained with haematoxylin/eosin and slides were evaluated in an Olympus BX-60 microscope coupled to a digital camera. Image analyser system – Image-Pro-Plus® Media Cybernetics was used for photodocumentation.

A431 cell line infection with retroiral vectors

Once the European and 350 G HPV-16 variants were detected in the analysed samples, retroviral vectors expressing E6 were then constructed to infect the A431 HPV negative vulva carcinoma line. Confirmation of the transcriptional expression of E6 in A431/E6E and A431/E6350G was obtained by qPCR (Supplementary Figure 1).

Particle size, polydispersity and zeta potential analysis of nanoparticles containing curcumin

Particle size is known to affect drug release kinetics from nanoparticles. It also affects the amount of nanoparticles that...
can be absorbed by the cells and how it will interact with the target tissue based on the zeta potential. We performed a physical-chemical characterisation of empty nanoemulsions (NE) and nanoemulsions containing curcumin (NE-Cur). The average particle size was 180 nm in NE and 195 nm in NE-Cur, which seems to be in the range of biological active nanomaterial. In addition, polydispersity index value of the formulations was less than 0.2, indicative of a homogeneous particle size distribution. Zeta potential, which measures the effective electric charge on nanoparticle surface, confirmed that these nanoemulsions presented negative surface charge of -46.3 in NE and -53.7 in NE-Cur (Table 2), which allows the perfect interaction with the target tissue. We also confirmed that nanoemulsions were stable over a period of 90 days while stored at 25 °C (Supplementary Figure 2). These results indicate that NE-Cur are suitable for further applications.

### Cellular uptake and cytotoxicity of curcumin-loaded nanoemulsions

Curcumin absorption spectrum consists in only one characteristic band in the visible light region (400–420 nm). Based on the fact that curcumin presents natural fluorescence in the range 450–700 nm with excitation fixed at 440 nm, we evaluated the internalisation of nanoemulsions by human immortalised keratinocytes (HaCat) and A431 cells using fluorescence microscopy. After 3 h of incubation with 80 μM of NE-Cur, cells displayed cytoplasmic green fluorescence (Figure 2(a)). We also observed that A431 cells expressing E6 from the different HPV-16 variants efficiently uptake NE-Cur nanoemulsions in levels comparable to non-transduced parental cells. HPV-16 E6 expression from both E-P and E-350G variants in A431 transduced cells was confirmed by qPCR (Supplementary Figure 1).

We next evaluated the effect of NE, NE-Cur and free curcumin upon cell viability of HaCat, A431 transduced with retroviral particles expressing E6 from two different HPV-16 variants or the PLXSN empty vector. We observed that 24 h following treatment NE did not interfere with cell viability, even in the highest concentration used (120 μM) (Figure 2(b)). Viability of all cell lines tested dropped slightly when NE-Cur was used even though no dose-dependent effect was observed. In contrast, treatment with non-encapsulated curcumin had a strong negative effect upon cell viability; in concentrations higher than 80 μM, free curcumin was extremely toxic and cell viability was as low as 10% for all cell types tested. Taken together, our results indicate that NE-Cur are well tolerated and are much less toxic for cells as compared to free curcumin.

### Phototoxicity of curcumin-containing nanoemulsions

Curcumin effects can be potentiated by exposure to 430 nm light, and it has been shown that when used as a photosensitizer for PDT a strong production of cytotoxic intracellular ROS associated to increased cell death is observed. Therefore, we evaluate the cytotoxic potential of NE-Cur in A431 HPV-16 E6 transduced cells and in HaCat. Our results show that PDT of NE treated cells did not affect cell viability, even after two irradiation doses of 50 J/cm² for 4 min, performed 3 h and 24 h after treatment (Figure 3). On the other hand, NE-Cur treatment had a strong effect upon cell viability when associated with PDT: for all the cell lines analysed viability dropped over 85% after two cycles of photoradiation, independent of the cells analysed (Figure 3(a)). These results indicate that photoactivation strongly potentiates the effect of curcumin.

We next evaluated if PDT NE-Cur activation influences apoptosis. Our results show that HPV-16 E6 transduced cells treated with NE-Cur and photoactivated after 3 h following treatment attain increased in caspase3/7 activity (Figure 3(b)) as compared to non PDT exposed cells, in contrast to A431 cells infected with the empty vector. Interestingly, HaCat cell line displayed the highest caspase activation upon combined treatment of PDT and NE-Cur (Figure 3(b)). Altogether, these results indicate that PDT in the presence of NE-Cur can ultimately affect cell viability irrespective the cell type. Besides, the observations made in cells expressing HPV-16 E6 suggest that cell death can be triggered at different rates depending on the cell background or HPV status.

### Effect of nanoemulsions-containing curcumin in organotypic cultures

Photodynamic therapy treatment was approved for use of mainly superficial skin lesions [34]. Cells grown in organotypic cultures are able to form stratified cell layers, closely resembling epithelial tissues. Therefore, we sought to evaluate the effect of NE-Cur in organotypic cultures of A431 cells transduced with E6E350G and pLXSN control vector. Photoactivation was performed 3 h and 24 h after treatment. Controls in which cultures were only photoactivated (C1) or did not receive any type of treatment (C2) were also included. Our results show that, upon photoactivation, tissues treated with NE-Cur display a fragmented morphology, a strong indication of tissue damage. C1 was slightly affected by treatment, while C2 displayed no further alterations (Figure 4). In summary, our data show that nanoemulsions-containing curcumin, when combined with PDT, are able to partially destroy epithelial tissues.

### Discussion

We evaluated the prevalence of HPV and HPV-16 variants in VIN. Our results showed that biopsy of 12 out of the 24 patients analysed were positive for HPV. This result is in line with previous results indicating that HPV has a prevalence of 50% in VIN [33]. The average age sampled in the cases of uVIN and dVIN was 38.4 and 44.9 years, respectively. In
comparison to the work of Nieuwenhof et al. [35], in which was observed a median age of 47.8 years for uVIN group and 67 years for dVIN group, our results showed that in our study population dVIN appeared in much younger women. The reason behind this result is unknown and should be further investigated. We also found HPV-16 in 45.5% of our samples. Previous studies also identified HPV-16 as the most prevalent type in VIN. However, in contrast to our results, the prevalence of this particular type was on average 30% higher [36,37]. Besides HPV-16, other genotypes like 6, 42, 59 and 61 were detected. These types are not common in cases of VIN and this may reflect differences in geographical distribution of genotypes. We also identified HPV-16 variants in our study.

Six European variants were identified and among them one from the genotype E6-350G. This genotype is frequently found in cervical cancer patients and is associated with increased chance for malignant progression [38].

Compared to traditional chemotherapy and radiotherapy, PDT offers a minimally invasive treatment with very low systemic toxicity [34,39]. Curcumin potential as a photosensitizer agent is being explored for several applications including carcinoma cells and mouth cells [40,41]. Besides, curcumin has been used to treat many types of disease due to its anti-inflammatory, antimicrobial and anticancer properties [42]. However, clinical applications for curcumin are limited due to low aqueous solubility and bioavailability, as well as, rapid

Figure 2. Cellular uptake and cytotoxicity of curcumin-loaded nanoemulsions. (a) Fluorescence microscopy images of cells A431, HaCat, A431 transduced with HPV-16 E6350G and E6E. NE-Cur was incubated in a concentration of 80 μM and pictures were taken after 3 h incubation period. Magnification 40X. (b) MTT assay to evaluate empty nanoemulsion (NE), curcumin nanoemulsion (NE-Cur) and free curcumin (Free-Cur) toxicity. A431/E6350G, A431/E6E, A431/empty and HaCat cells were treated for 24 h with 20 μM, 40 μM, 80 μM, 100 μM and 120 μM of preparations.
metabolism and systemic elimination [12]. Considering this, the use of curcumin encapsulated in nanoparticles brings new therapeutic options offering increased biocompatibility and less cellular toxicity [43]. Our results show that NE-Cur are stable at room temperature, have similar size irrespective of their content and have a good polydispersity index (close to 0.2). Distribution values lower than 0.25 are known to increase nanoemulsion stability [44]. This particular formulation, with an oil-covered surface, also helps to maintain particles well separated and zeta potential have little effect on their stability [45,46].

Our cytotoxicity assay showed that, in comparison with free-curcumin, nanoemulsion containing compound are well tolerated with viability reaching 80% in comparison to approximately 15% using the non-encapsulated drug. This data is supported by other studies showing that anti-cancer drugs, such as doxorubicin, also present decreased cytotoxicity when encapsulated in polymer nanoparticle systems [47].

Intracellular uptake assay revealed that curcumin is efficiently internalised into the cells and HPV E6 expression did not affect drug uptake. Likewise, breast carcinoma cell lines and murine melanoma efficiently internalises curcumin when it is associated with nanoliposomes or when encapsulated in micelle systems [48,49]. Our phototoxicity assay also revealed that the photosensitising properties of curcumin could be used to potentiate the effect of the drug. After photoactivation, cells treated with encapsulated curcumin experienced a significant drop in viability. This result was also obtained by studies evaluating the effect of curcumin photoactivation in different carcinoma cell lines [50,51]. We also evaluated if curcumin activation by light could induce apoptosis. Interestingly, our results revealed that HPV-16 E6 expressing
cells seemed to be more affected by the treatment than the cells treated only with empty nanoparticles. On the other hand, the immortalised HaCat cells showed a strong caspase-3/7 activation. It could indicate that HPV-16 expressing cells and immortalised keratinocytes could be more prone to die than cells not expressing E6. Further investigations could help to understand such differences, especially because curcumin is able to induce apoptosis in malignant cells by mechanisms that are dependent and independent on mitochondria [52]. Considering the fact that A431 cell line is able to form stratified epithelia when grown in in organotypic cultures we tested the effect of combining NE-cur with photodynamic therapy. Our results showed that the combination of treatment strongly affected tissue architecture with evident signals of tissue damage, especially in the upper layers of the epithelia. Interestingly, organotypic cultures of cervical cancer cell line Caski treated with curcumin displayed a dramatic reduction in cell growth and epithelial thickness [53]. Our work brings a new perspective of treatment for VIN, especially those associated to HPV infection. In the future it is possible that nanoemulsions containing curcumin could be combined to PDT to offer more specific treatment options, with much less side effects.

**Disclosure statement**

No potential conflict of interest was reported by the author(s).

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