The challenge for reconstructive surgeons in the twenty-first century: manufacturing tissue-engineered solutions

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BACKGROUND

These are exciting times in the field of plastic and reconstructive surgery. Meaningful advances in a wide range of basic science and clinical spheres have been made in the field in recent years, with direct translation to patient care. As a community, we are fortunate to be involved in such a vast, complex, increasingly interdisciplinary, rapidly expanding, and intellectually challenging field of surgery. Plastic surgery aims to restore “form and function” following a wide range of congenital or acquired defects, with procedures often transcending anatomic boundaries. This versatility promotes innovation, and with the recent advances in medical imaging (1), microsurgery (2), composite tissue allotransplantation (3, 4), nanotechnology (5), cell biology and biomaterials (6), and 3D printing (7), treatment options for patients are wider than ever before. For centuries, the “reconstructive ladder” was restricted to local flaps and skin grafts. Although these autologous options are reliable, plastic surgeons, with their constant wish to refine techniques, have become increasingly cognizant that there is the real potential for a paradigm shift in reconstructive surgery in the medium term. Tissue-engineered solutions (Figure 1A) offer the potential to alleviate the need for donor sites and their associated morbidity and to reduce hospital stay and associated costs (8).

EXTENT OF THE PROBLEM

Reconstructive plastic surgeons have a diverse workload and contrary to the perceptions of the media, it comprises a relatively small proportion of purely aesthetic procedures (9). The majority of operations relate to wound management and neoplasia, with a significant health economic impact (9). In the year 2013–2014 alone, over one million patients were treated in NHS England by plastic surgeons (10, 11). Evidence suggests that this workload will continue to increase (12). With a continual supply of major trauma and neoplasia, plastic surgeons are facing more challenging composite defects than ever before coupled with internet and media savvy patients with increasing expectations (13).
INNOVATIONS IN RECONSTRUCTIVE SURGERY

Technological innovation in plastic and reconstructive surgery in the twentieth century revolutionized the specialty, opening up the possibility for surgeons to operate on microvascular structures using specialized microscopes and instruments, enabling them to undertake free tissue transfers (2) and extremity replantations. Despite these developments in practice, we are still confronted with shortcomings relating to the availability of donor tissues. In order to overcome this, novel approaches have been investigated. Transplantation of organs and tissues, first performed by a plastic surgeon and Nobel laureate (Dr. Joseph Murray) in 1954 (14, 15), has rapidly expanded over the twentieth century from traditional solid organ transplant to a range of vascularized composite tissue allografts including the upper extremity (3) and face (4). Although excellent medium-term outcomes have been reported, there have been ongoing debates surrounding ethical (16, 17), psychological, and medical issues in the long term, especially relating to the effects of immunosuppression (18). The more attractive concept, obviating the need for long-term immunosuppression, is tissue engineering. The Medical Research Council states that regenerative medicine and tissue engineering “holds the promise of revolutionizing patient care in the twenty-first century” and the UK government highlighted regenerative medicine as one of the key areas, which could provide a global competitive advantage for the UK (19, 20). In 2014, it was highlighted as one of the eight great technologies in the industrial strategy government manifesto worthy of significant investment.

THE CHALLENGES

Tissue engineering is a modern, interdisciplinary field combining principles of engineering, physics, and life sciences. It shares a common objective with plastic and reconstructive surgery: “to restore form and function” (21, 22). The surgical community worldwide is becoming increasingly aware of the research landscape. The American Society of Plastic surgeons have highlighted the role of tissue engineering in the future of plastic surgery (23), particularly the need for a focus on translation from bench research to clinical practice, which would provide clarity on avenues for upscaling and tissue engineering supply chains (Figure 1B).

Although the UK government and others have recognized the potential of regenerative medicine and tissue engineering to impact on the health service, they also highlighted the current “lack of coordination” in the field as a whole (24). Despite recent
in vitro and in vivo studies attesting to the feasibility of tissue engineering for use in a range of clinical scenarios (25–30), barriers have been identified that are inhibiting clinical translation (Figure 1B). These barriers to translation are deep rooted at the basic science level, manifesting in insufficient understanding of the safety and durability of tissue-engineered constructs (31, 32). Understandably, before these hurdles are overcome, investors are unwilling to shoulder the financial, ethical, and regulatory burden of translational research that may not be commercially viable, which then impacts on funding and further progress in the field (33).

Scientific Unknowns
The term “tissue engineering” was first coined almost 30 years ago, with skin being one of the first to be used clinically (34). Despite numerous successes in this exciting field, there have been very few reports of successful clinical translation. This is due to a combination of factors, including lack of clarity regarding ideal cell sources and scaffolds (35), methods of vascularizing larger constructs (36), reliable cell and construct characterization pre-implantation and evidence of safety (37), and durability in large animal models (35). This is not surprising given the complexity of research in this field that cross cuts cell biology, material science, biochemistry, and engineering. As cells are complex, dynamic, and interactive, it is crucial to have a solid scientific foundation regarding their stability, functional capacity, and response to host environment (38). It is generally accepted that it takes 20–30 years from the start of basic science research to clinical utility, demonstrated by contemporary treatments such as bone marrow transplantation (39).

Ethical and Regulatory Milestones
There is a lack of international standards for the use of stem cell and tissue engineering therapies in human patients, which has led to the use of unproven treatments in unregulated international clinics which damages the research in this field (40, 41). Stem cell hype has also generated unrealistic patient hopes, which raises ethical concerns when initiating clinical trials of cell-based therapies (42). Tissue-engineered constructs do not easily fit into the U.S. Food and Drug Administration (FDA) and the European Medicines Agency (EMA) classifications for medical products (43). Since many of these constructs are complex and consist of more than one component, i.e., biomolecule, cell, and biomaterial, they are classed as combination products that fall under the advanced therapy medicinal products (ATMPs) category (44, 45). The review of any regulated product is therefore undertaken on a case-by-case basis but generally considers four aspects: product manufacture, preclinical testing (laboratory and animal models), clinical performance, and product labeling according to claim of intended use. These processes are time, labor, and money intensive and have often been criticized for lack of clarity and inconsistencies between different regulatory agencies (46, 47), which have in turn hindered the availability of products in some areas. The tissue-engineering field is still in early development and hence regulatory requirements are also continuing to evolve with it. There is now increasing dialog between the international TERMIS committees and regulatory bodies in order to work toward a consensus on regulatory requirements in order to foster innovation while continuing to ensure the safety and efficacy of tissue-engineered solutions (46).

Lack of Funding
Despite investment in the tissue-engineering sector from a number of companies, the high production costs, unrealistic promises from the scientific community, and regulatory hurdles have limited successful clinical translation and commercial success of these early products (48–50). It has been suggested that alliances between companies or collaboration between industry and government funding agencies, who can share expertise as well as the financial burden, will be the key to driving translation from bench to bedside through clinical trials (33, 49). Partnerships within and across different sectors, such as the CASMI Translational Stem Cell Consortium (CTSCC) (51) (an academic-industry consortium), are already emerging and aimed to identify key hurdles in commercialization. There is also an increasing focus on developing “translation centers” such as Harvard Stem Cell Institute (HSCI), Centre for Commercialisation of Regenerative Medicine (CCRM), and the Cell Therapy Catapult (51).

Infrastructure for Scale Up and Scale Out
Biomanufacturing is an often overlooked but vital process of clinical translation (52). Once a successful tissue-engineered construct has been developed and tested in the laboratory, there are a number of considerations when driving the product toward clinical trials and widespread commercial use. Many methods of cell isolation, expansion, differentiation, and seeding onto scaffolds continue to be variable bench processes. These processes need to be refined by using batch-tested reagents, defined culture and bioreactor conditions, and automated techniques to ensure the process is quality controlled and able to be verified and validated according to regulatory requirements (38). A key component is the transition from manual laboratory based techniques to certified good manufacturing practice (cGMP) processes, which require a sound business model, significant infrastructure, personnel and automated scale-up and scale-out strategies. In order to set up these processes for widespread use in health services, there needs to be synergized communication between basic researchers, clinicians, industry experts, and regulators. There are initiatives to set up translational hubs for ATMPs, such as the European Advanced Translational Research Infrastructure in Medicine (EATRIS), in order to fill the gap between basic science and clinical practice and overcome the bottlenecks for translation (45).

CONCLUSION
There is a clear and unmet clinical need for an adequate solution to reconstruct tissue defects following tumor resections, severe trauma, or deep burns, which removes the morbidity and mortality associated with donor sites. Tissue engineering, with its potential to biomanufacture constructs to repair and restore complex defects, holds great promise (53). The innovative and complex nature of these constructs results in a number
of scientific, ethical, regulatory, financial, and infrastructural challenges, which currently hinder clinical translation. Answers to the fundamental scientific questions as well as our ability to overcome the translational challenges rely on multidisciplinary working groups (academic, clinicians, patient representatives, investors, manufacturing experts, and regulators) as well as governmental support (5-4) before we will see widespread use of tissue-engineered constructs in reconstructive surgery.

**AUTHOR CONTRIBUTIONS**

ZJ and SA-H undertook the literature review and drafted the manuscript. MC revised the manuscript. IW conceived the study and revised the manuscript. All authors read and approved the final manuscript.

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