Cost-effectiveness of incorporating *Mycobacterium indicus pranii* vaccine to multidrug therapy in newly diagnosed leprosy cases for better treatment outcomes & immunoprophylaxis in contacts as leprosy control measures for National Leprosy Eradication Programme in India

Malaisamy Muniyandi¹, Malkeet Singh², Manjula Singh¹, Kavitha Rajshekhar² & Kiran Katoch⁴

¹Department of Health Economics, ICMR-National Institute for Research in Tuberculosis, Chennai, Tamil Nadu, ²Department of Health Research, Ministry of Health & Family Planning, Government of India, ³Division of Epidemiology & Communicable Diseases, Indian Council of Medical Research (ICMR), New Delhi & ⁴Distinguished Dr A.S. Paintal Scientist Chair of ICMR at Indian Institute of Health Management Research University, Jaipur, Rajasthan, India

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Background & objectives: The elimination goal for leprosy as a public health problem at the national level was achieved in 2005 in India. However, the number of new cases reporting annually remained nearly the same during the last 10-15 years. Moreover, a substantial number of these new cases reported disabilities for the first time. Therefore, besides multidrug therapy (MDT), newer strategies with focus on effectively decreasing the number of new cases, optimizing the treatment of detected cases, averting disabilities and arresting the transmission of the disease are required. So the objective of this study was to assess the cost-effectiveness of *Mycobacterium indicus pranii* (MIP) vaccine implementation in National Leprosy Eradication Programme (NLEP) for newly diagnosed leprosy patients as well as their contacts to arrest/decrease the transmission and occurrence of new cases.

Methods: This was a model-based estimation of incremental costs, total quality-adjusted life years (QALYs) gained, new cases averted, deaths averted, incremental cost-effectiveness ratio (ICER) and budget impact of the vaccination intervention. This model included the addition of MIP treatment intervention to the newly detected leprosy patients as well as vaccination with MIP to their contacts.

Results: Using the societal perspective, discounted ICER was estimated to be ₹73,790 per QALY gained over a five-year time period. Probabilistic sensitivity analysis (PSA) was assessed by varying the values of input parameters. Majority (96%) of simulations fell in North East quadrant of cost-effectiveness plane, which were all below the willingness to pay threshold.

Interpretation & conclusions: Introduction of MIP vaccination in the NLEP appears to be a cost-effective strategy for India. Significant health gains were reduction in the number of new leprosy cases, decreased
Leprosy is a chronic infectious disease caused by *Mycobacterium leprae* and continues to be a public health problem in India. It has a low mortality rate but is characterized by several complications in the form of reactions, impairment and loss of sensory and/or motor function, disabilities, social stigma as well as socio-economic implications. Though India achieved the leprosy elimination goal as a public health problem in 2005, it still has a high burden of the disease and reported 120,334 new leprosy cases in 2017-2018\(^1\). These constituted about 57.7 per cent of the global burden of new cases in 2018\(^2\). The Indian National Leprosy Eradication Programme (NLEP) has scaled up campaigns for early case detection and implemented new initiatives and interventions to accelerate leprosy elimination goals at all sub-national levels (https://dghs.gov.in). Reporting of a nearly stable incidence of new cases in the last 10-15 yr and also increasing reports of disabilities in new cases, are a pointer that the current multidrug therapy (MDT) strategy alone may not be able to effectively control the disease and its transmission. Better treatment strategies, early diagnosis and care of reactions, reducing disabilities and sensory and motor impairments, preventing relapses and controlling the transmission of leprosy are required.

*Mycobacterium indicus pranii* (MIP), previously called *Mw*, is a rapidly growing, saprophytic, non-pathogenic *Mycobacterium* and shares several antigens with *M. leprae*\(^3\). Killed MIP is an effective immunomodulator, safe, well accepted, and has both immunotherapeutic\(^4-9\), as well as immunoprophylactic\(^10-12\) properties against leprosy. It is well established that household contacts are about seven times more likely to be infected, while social contacts are 3-4 times more likely to be infected, as compared to the general population\(^13,14\). Moreover, this risk further increases several folds if a co-prevalent case is also present concurrently.

Immunomodulation is a good option to arrest the transmission of diseases, due to its dual action (both on the host as well as on the infecting organism). Several related mycobacteria, which share antigens with *M. leprae* and mount an effective immune response, have been used and tried in leprosy, such as *Bacillus Calmette–Guerin* (BCG)\(^15,16\), BCG+killed *M. leprae*\(^16,17\), Indian Cancer Research Centre (ICRC)\(^18\), *M. vaccae*\(^19\), *M. habana*\(^20\) and MIP\(^4,10,12,21-27\). BCG being a live vaccine has its inherent disadvantages, and importantly, leprosy is still prevalent in countries, where for several years, BCG has, and is being widely used for TB prophylaxis.

MIP has been studied extensively, evaluated both in field situations and in well-controlled clinical studies in several tertiary care hospitals in India\(^4-12,22-27\). It is safe and well accepted and both Drugs Controller General of India (DCGI) and U.S. Food and Drug Administration (FDA) approved it as an immunomodulator assess. This study was undertaken to estimate the total cost-effectiveness of MIP immunotherapy as an adjunct to current MDT for all newly diagnosed leprosy patients in NLEP, and to estimate the MIP immuno-prophylaxis to the contacts of the newly diagnosed patients in NLEP to arrest/decrease the transmission and occurrence of new cases.

**Material & Methods**

**Study design:** This study design analysis involved a model-based simulation to estimate the incremental cost-effectiveness of implementing MIP vaccination as a new strategy under the existing NLEP in India. The proposed intervention was compared with the current MDT treatment including active follow up of leprosy patients and their contacts (Table I). The various costs included in the model were cost of vaccination to the leprosy patients and their contacts, cost of treatment for leprosy patient with MDT, cost of reconstructive surgery (RCS), provision of steroids for reactions, microcellular rubber footwear to patients with disabilities and loss of foot sensations, incentives given to healthcare workers and patients for RCS and disability correction.

The effectiveness was estimated to include the overall health outcomes of reactions and disabilities...
Prevented, deaths averted, life years saved and quality-adjusted life years (QALYs) gained by leprosy patients. It also includes the gains accrued by prevention of leprosy in contacts of these newly diagnosed cases.

Study population: The study population consisted of newly diagnosed leprosy patients reporting to the NLEP (to be administered MIP as an adjunct immunotherapy with MDT) and their close contacts who were at increased risk of infection (for immunoprophylaxis).

Audience: The policy makers and health departments, programme managers, hospitals/programmes treating leprosy patients, constituted the primary audience. Other audiences included the aid providing agencies, international development and lending institutions, non-governmental organizations (NGOs), private health care providers etc.

Study perspective: An abridged societal perspective which accounted for all the relevant costs to the patient who accessed NLEP health facilities for leprosy diagnosis and treatment was considered. This perspective also accounted for direct and indirect costs experienced by the patients and their families.

Time horizon: A five-year time horizon was considered for comparing the costs and outcomes of intervention of MIP+MDT treatment as compared to MDT alone for treatment of the new cases, and MIP administration to the contacts of these newly detected case in comparison to only active follow up (as done in the NLEP) (Tables I-III and Fig. 1).

Model assumptions: The proposed vaccination intervention involved vaccinating newly detected leprosy patients and their contacts (who provided written informed consent). Two doses of vaccination for new paucibacillary (PB) patients (one at the start of current MDT and one at the end of MDT) and three doses of vaccination for new multibacillary (MB) patients (at six monthly intervals from start to completion of treatment); two doses for contacts of newly detected patients, at an interval of six months. The predictive modelling approach was used to calculate the costs and effectiveness of these two intervention strategies.

Strategy 1 was the standard MDT treatment for newly diagnosed leprosy patients, examine their contacts and follow them for five years; Strategy 2 is the current proposed intervention consisting of MIP vaccination for newly detected patients in addition to the standard MDT treatment; and MIP vaccination for their contacts and follow up (Fig. 1). The standard guidelines for Consolidated Health Economic Evaluation Reporting (CHEERS) were followed.

Model structure: The outcomes of the two strategies and their respective costs were evaluated by adopting a decision tree model (Fig. 1). In strategy 1, newly diagnosed leprosy patients were treated with MDT, disabilities noted and corrected as admissible, clinically followed up during and after completion of treatment for five years. The contacts of these patients were also examined and followed by healthcare workers who were incentivized by the NLEP for five years.

In strategy 2, newly diagnosed leprosy patients were administered MIP vaccine (as described above) in addition to MDT. They were followed up and reactions and disabilities were noted as per NLEP. The contacts...
of these patients were given MIP vaccination (two doses as described above), to prevent leprosy, and were also followed up for five years.

**Model input parameters:** Data on model input parameters were collected from different sources and are presented in Table IV. The parameters included, demographic, epidemiological, cost and quality of life estimates. Population data were collected from the office of the Registrar General and Census Commissioner, India. Life expectancy was taken from the India’s life table published based on the SRS data. Epidemiological parameters included incidence of leprosy, mean age of leprosy patients at diagnosis, incidence among contacts and incidence among general population (Table IV). The total patients registered for treatment under the NLEP were taken from NLEP annual report 2015-2016 and 2016-2017. Parameter estimates on vaccine efficacy, quality of life of leprosy patients, mortality due to leprosy, relapse rate, number of contacts and cost of leprosy treatment from health system were collected from the published literature as indicated (Table IV). All the costs have been adjusted to the current value using Consumer Price Index (CPI) inflator for India.

For strategy 2 a micro-costing was used to derive unit costs of MIP vaccination. This included cost for vaccine vial (as quoted by M/s Cadila Pharma and submitted to Department of Health Research, MoHFW, Government of India, June, 2018), number of doses required, staff training and time, storage, maintenance of cold chain and transportation (Table II). The capital costs included supervision and monitoring and overhead costs. The proportion of MB and PB patients in the country, and the average values of disabilities at the current standards of care were used. The vaccination cost in strategy 2 was added to the current MDT treatment which included the overall treatment, cost of provider and patient and incentive to healthcare workers.
Vaccine efficacy for adjunct immunotherapy with multidrug therapy (MDT): Efficacy parameters were assessed using published data from an immunotherapeutic clinical trial where MIP was administered in addition to MDT for 156 MB patients who were followed up for seven years after treatment. Based on the results, an optimal 60 per cent adjunct immunotherapy efficacy was used for the current analysis.

Vaccine efficacy for immunoprophylaxis: Vaccine efficacy parameter was used from published data, of a large-scale, double-blind immunoprophylactic trial of a leprosy vaccine conducted at Kanpur, India, among a population of 420,823 covering 272 villages. The population consisted of 1226 MB and 3757 PB cases and 24,060 household contacts. The study population was followed up at 3, 6 and 9-10 yr after the initial vaccination. The protective efficacy (PE) reported was 68, 60 and 28 per cent at the end of the first, second and third re-surveys, respectively.

Model outcome parameters: The outcomes of the model were expressed in terms of QALYs lived per patient and overall costs incurred per patient in both intervention and comparator arms. The projection for averted new leprosy cases and deaths was calculated based on the vaccine efficacy rate.

Base case analysis: The total cost was calculated by multiplying unit cost by expected number of persons to be vaccinated. Based on the estimated incidence rate of leprosy among contacts, and the expected number of contacts, the expected number of persons to be vaccinated was calculated. Future costs and consequences were discounted at three per cent per year. A total of 1000 individuals were entered in the decision analytic model for the estimation of incremental costs and QALYs gained by including MIP vaccination. The incremental cost-effectiveness ratio (ICER) between the MIP-vaccinated and -non-vaccinated strategies was calculated. ICER was compared with the cost-effectiveness thresholds (CETs) value. The one-time Gross Domestic Product (GDP) per capita of the country was taken as ₹120,000 as in 2018. Results were expressed in terms of undiscounted QALYs gained, discounted QALYs gained, undiscounted life years gained, discounted life years gained and deaths averted (Tables III and IV).

Sensitivity analysis: To account for uncertainty, variations in key parameters such as cost of treatment, mortality due to leprosy, incidence in contacts, quality of life of leprosy patients, vaccine efficacy and cost of vaccination were considered by doing one-way sensitivity analysis. This analysis was performed to assess the impact of various individual parameters that are likely to have effect on ICER. The Tornado diagram representing the effect of parameters on ICER is depicted in Fig. 2.
The probabilistic sensitivity analysis (PSA) was performed to find out the joint effect of variation in these parameters on ICER (Fig. 2). The robustness of model results was tested using Monte–Carlo simulations (1000 times) with 95 per cent confidential intervals. PSA was done by MS Excel using visual basic analysis code. The results are represented on a Cost-Effectiveness Acceptability Curve (CEAC), which indicates the model’s probabilistic response to a CET, expressed in terms of cost per QALYs (Fig. 3).

| Parameters used | Base case | Lower limit | Upper limit | Distribution | Reference number |
|-----------------|-----------|-------------|-------------|--------------|------------------|
| Demographical data |           |             |             |              |                  |
| Life expectancy at age 27 (yr) | 44.75 | 33.56 | 55.93 | NA | 30 |
| Average age of leprosy patient at diagnosis (yr) | 27 | 20.25 | 33.75 | NA | 31 |
| Epidemiological parameters |           |             |             |              |                  |
| New leprosy patients in 2016-2017 | 135,485 | 101,614 | 169,356 | NA | 33 |
| Contacts per new patient | 20 | 6 | 25 | NA | 25,35 |
| Contacts in 2016-2017 | 2,709,700 | 609,684 | 4,233,900 | NA | 32 |
| Incidence of leprosy in the population |           |             |             |              |                  |
| Incidence in contacts 2016-2017 | 0.0008 | 0.0006 | 0.0010 | Beta | 32 |
| Incidence in general population 2016-2017 | 0.00010 | 0.00007 | 0.00012 | Beta | 32 |
| Vaccine effect used in the study |           |             |             |              |                  |
| Vaccine efficacy | 0.60 | 0.45 | 0.75 | Beta | 9,10 |
| Disability rate |           |             |             |              |                  |
| Proportion of leprosy patients getting disability | 0.04 | 0.03 | 0.05 | Beta | 43,44. |
| Mortality |           |             |             |              |                  |
| Mortality due to leprosy | 0.089500 | 0.067125 | 0.111875 | Beta | 35 |
| Quality of Life (QoL) |           |             |             |              |                  |
| QoL of healthy Indian | 1 | 1 | 1 | Beta | Assumption |
| QoL of leprosy patient | 0.848 | 0.636 | 1 | Beta | 34 |
| QoL of leprosy patient with disability | 0.6021 | 0.451575 | 0.752625 | Beta | 33 |
| Relapses in patients in percentage |           |             |             |              |                  |
| Relapse rate | 0.02 | 0.015 | 0.025 | NA | 30, 32 |
| Costs/expenses estimated in Indian rupees |           |             |             |              |                  |
| Cost of vaccinating per person | 96.6 | 72.45 | 120.75 | Gamma | Table III |
| Cost of leprosy treatment (health system) | 14,000 | 10,000 | 36,000 | Gamma | 38 |
| Cost of leprosy treatment (patient) | 10,680 | 8010 | 13,350 | Gamma | 39 |
| Cost of treatment (health system perspective) | 24,680 | 18,010 | 49,350 | Gamma | 32 |
| Cost of foot wear | 1400 | 1080 | 1800 | Gamma | 32 |
| Expenses incurred for RCS | 5142 | 3856 | 6427 | Gamma | 32 |
| Incentives to health workers | 750 | 563 | 938 | Gamma | 32 |
| Discounting rate as used in the study |           |             |             |              |                  |
| Discounting rate (costs) | 0.03 | 0.03 | 0.03 | Beta | 40 |
| Discounting rate (QoL) | 0.03 | 0.03 | 0.03 | Beta | 40 |
| CET (Cost effectiveness thresholds) |           |             |             |              |                  |
| Per capita in Indian rupees GDP India 2018 | 120,000 | 120,000 | 120,000 | NA | 42 |

QoL, quality of life; CET, cost-effectiveness thresholds; RCS, reconstructive surgery; GDP, gross domestic product.
Budget impact analysis and net health benefit: The annual cost of nationwide implementation of incorporating MIP vaccination for newly detected leprosy patients and their contacts in the present NLEP was estimated. Based on the estimated incidence of leprosy, the incidence of leprosy among contacts, the expected number of contacts and the expected number of persons to be vaccinated, as well as the tentative budget required was calculated. However, the cost of administering single-dose rifampicin (SDR) to contacts of index case was not accounted for, in the comparator arm, as this strategy was recently introduced in the NLEP and that too only in endemic districts.

Results

With the present trend of identifying about 100,000 to 110,000 cases/year in the Programme (this includes cases also detected in the special campaigns launched by NLEP, India), about 500,000-600,000 new cases are expected to be enrolled and vaccinated in the next five years. Assuming about 20 contacts/new patients, about 1-1.2 million household contacts were assumed/estimated to be vaccinated. The budget cost of MIP vaccination to both patients and contacts was estimated to be ₹27.49 million in five years (this was estimated taking into consideration of 135,485 new cases detected and reported by the NLEP in the year 2016-2017). In addition, the cost of MDT and Programme costs were added and the results are summarized in Table IV.

Cost-effectiveness: The discounted and non-discounted costs, QALYs gained, life years gained and deaths averted by addition of MIP using this model are detailed in Table IV. The discounted QALYs gained was ₹73,790. The increase in cost in NLEP due to vaccination gets largely compensated by preventing new leprosy cases as well as preventing reactions and disabilities in the new cases over a five-year period. Besides this, the life-long stigma and shortcomings due to it (which have not been accounted for), it also brings down the cost burden of the Programme.

Incremental cost-effectiveness ratio (ICER): The ICER of incorporating MIP vaccine for newly diagnosed leprosy patients and their contacts was ₹73,790/- per QALYs gained, which was much less than willingness to pay [one times per capita Gross Domestic Product (GDP)] in India. It is important to mention that this
estimated ICER value in this analysis does not reflect the psycho-social benefits of preventing disabilities to patients and their family members which also contribute to the economic costs besides the psycho-social aspect.

Impact of parameters on ICER values: Fig. 2 shows a Tornado diagram depicting the cost-effectiveness results of the one-way sensitivity analyses. It has been observed that the results are sensitive to the unit cost of vaccination, vaccine efficacy rate, incidence of leprosy and mortality due to leprosy.

Probability of cost-effectiveness: PSA involving 1000 random interactions of ICER value was performed. This PSA analysis highlighted that more than 96 per cent of times, ICER fell in the second quadrant indicating that the new intervention was highly cost effective (Fig. 3), even after adding the cost of vaccination. Cost-effectiveness acceptability curve indicates 100 per cent probability of this intervention being very cost-effective since none of the ICER value was higher than willingness to pay threshold of country (Fig. 4).

Budget and net monetary benefits: The budget required for incorporating MIP vaccination for the new leprosy patients was ₹13 million; for their contacts, it was estimated to be ₹262 million. This amounts to a total cost of ₹275 million over a five-year period. Additionally, the net monetary benefit of incorporating MIP vaccination in NLEP in India in terms of discounted QALYs gained was estimated to be ₹1450 million over a five-year period. The resulting return on investment was 1.62 times the investment on vaccination and is very cost effective.

Discussion

In the present cost effectiveness analysis, the cost of addition of MIP to the treatment was moderate and acceptable, and less than one time the GDP of our country as well as willingness to pay threshold. The gains obtained were more in terms of reducing disabilities, improvement in sensation of the affected part, better and faster treatment outcomes which have also been clinically observed and reported in biopsies and tissue sections. Also there were no relapses and reactions in post-treatment follow up ranging from 2-12 yr. These complications, besides, adding to the morbidity of leprosy, also have an economic burden, as well affect the socio-psychological wellbeing of affected patients, which has also been highlighted by Global Health Action Forum.

It is well established that close household contacts are more prone to develop leprosy as compared to the general population. Besides this, age of the exposed individual and type of leprosy in the index case are independent risk factors for development of leprosy in contacts. NLEP also has taken cognizance of this and conducts active follow up of this population to diagnose leprosy early, provide early treatment and reduce transmission of the disease. Therefore, follow up of contacts of all new cases did not involve extra cost in this study. The extra cost incurred of administering MIP was largely covered by the reduction in new cases in the population as is evident from Figs 2 and 3.

In the Kanpur study, it was observed that the protective efficacy (PE) by administration of MIP to contacts of newly diagnosed leprosy cases was 68 per cent after three years post-vaccination, 60 per cent at the end of 5-6 yr post-vaccination and 28 per cent at the end of 9-10 yr post-vaccination. As per approved protocol, the vaccine was administered in two doses at an interval of six months. This differed from the protocol adopted by the vaccine study in Tamil Nadu, South India, where only a single dose of vaccine was administered. Furthermore, in the South India study, surveys were started immediately after the vaccination of the general population. The PE reported for Mw (MIP) was 41 in the third re-survey (nine-year post-vaccination) in the general population. On re-analysis, for observing the PE in contacts of index cases only, it was reported that MIP vaccine efficacy, using the Cochran-Mantel-Haenszel (MH) test for measuring the vaccine efficacy was 50-60 per cent in household contacts after nine years of vaccination.
The present vaccine efficacy still evolving and there are still no clear directives of by 50 per cent in five years. A case will be required for reducing the new case load to 4-5 such neighbouring households near the index estimated 4.9 contacts/index case) and administering of PEP-SDR to household contacts (for India, they have published reduction of new leprosy cases globally has been number of people requiring PEP to achieve significant long-term cost-effectiveness of SDR-PEP, it is reported that the MIP vaccination among newly diagnosed patients, together with reducing the incidence of new cases and is cost-effective for the Programme needs.

SDR-PEP (Single Dose Rifampicin-Post Exposure Prophylaxis) is being used/tried in NLEP in the endemic districts only, for prevention of leprosy in contacts, since the end of 2018. It is early to comment on its efficacy as the strategies to implement them are still evolving/being debated whether to repeat it after two years or replace it with single dose MDT instead of SDR. In a modelling study reported, from India, on long-term cost-effectiveness of SDR-PEP, it is reported that one leprosy case prevented among different contacts was found to be cost-effective with a saving of $214 to $856 over a 25 yr period. More recently, a mathematical model-based study estimate of the number of people requiring PEP to achieve significant reduction of new leprosy cases globally has been published. The investigators opine that administration of PEP-SDR to household contacts (for India, they have estimated 4.9 contacts/index case) and administering to 4-5 such neighbouring households near the index case will be required for reducing the new case load by 50 per cent in five years. Furthermore, SDR is still evolving and there are still no clear directives of its repetition after two years, nor of use of MDT as a single dose for post-exposure prophylaxis (PEP). Whatever may be the decided strategy, it will add to the costs in the comparator arm and will therefore, benefit the cost-effectiveness of the present intervention arm in the study.

Using different methods and statistical tools in the present study, the estimated ICER was of $1054 (₹73,790) for each discounted QALY gained by vaccinating both the newly detected case and their contacts (6-20 contacts per index case) over a five-year period. It is premature in a disease like leprosy with a long and variable incubation period, to draw comparisons between the two methods with widely different approaches and mechanisms of action of interventions used. More importantly, the present strategy outlined in the study will use a two pronged approach of better treatment outcomes and limiting the transmission by vaccinating the close contacts.

Limitations of the study: The present vaccine efficacy estimate was derived from a single, large, controlled clinical trial done in India. Meta-analysis was not possible due paucity of such studies in leprosy. Secondly, the present study has not accounted for SDR administration in contacts in the high endemic districts. Thirdly, it has not accounted for the gains likely to be accrued in mental and social well-being of the patient and their contacts by the reduction of both self-stigma and stigma prevailing in the society. Addition of these socio-economic gains may substantially increase the cost-effectiveness of the intervention proposed in the study.

In conclusion, the results of the analysis showed that the MIP vaccination among newly diagnosed leprosy patients and their contacts was safe, effective, socially acceptable, operationally feasible, cost-effective and beneficial. While MDT has undoubtedly helped in containing leprosy in India, still the pattern of disease in the last 10-15 yr emphasizes the need for multipronged approaches to overcome the challenges of the disease. The present analysis showed that addition of MIP to newly detected cases for better treatment outcomes, reducing the morbidity of the disease, stigma of the disabilities, improving the quality of life of patients, together with reducing the incidence of new cases and is cost-effective for the Programme needs.

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For correspondence: Dr Kiran Katoch, Distinguished Scientist Chair of ICMR at IIHMR University, Jaipur 302 011, Rajasthan, India

E-mail: katochkiran1@gmail.com