Exotic phase diagram of a cluster charging model of bosons on the kagome lattice

Sergei V. Isakov,1 Arun Parmeekanti,1 and Yong Baek Kim1,2

1Department of Physics, University of Toronto, Toronto, Ontario M5S 1A7, Canada
2School of Physics, Korea Institute for Advanced Study, Seoul 130-722, Korea
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We study a model of hard-core bosons on the kagome lattice with short-range hopping (t) and repulsive interactions (V). This model directly maps on to an easy-axis S = 1/2 XXZ model on the kagome lattice and is also related, at large V/t, to a quantum dimer model on the triangular lattice. Using quantum Monte Carlo (QMC) numerics, we map out the phase diagram of this model at half-filling. At T = 0, we show that this model exhibits a superfluid phase at small V/t and an insulating phase at large V/t, separated by a continuous quantum phase transition at Vc/t ≈ 19.8. The insulating phase at T = 0 appears to have no conventional broken symmetries, and is thus a uniform Mott insulator (a ‘spin liquid’ in magnetic language). We characterize this insulating phase as a uniform Z2 fractionalized insulator from the topological order in the ground state and estimate its vison gap. Consistent with this identification, there is no apparent thermal phase transition upon heating the insulator. The insulating phase instead smoothly crosses over into the high-temperature paramagnet via an intermediate cooperative paramagnetic regime. We also study the superfluid-to-normal thermal transition for V < Vc. We find that this is a Kosterlitz-Thouless transition at small V/t but changes to a first order transition for V closer to Vc. We argue that this first order thermal transition is consistent with the presence of a nearby Z2 insulating ground state obtained from the superfluid ground state by condensing double vortices.

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I. INTRODUCTION

Spin liquids are quantum disordered paramagnetic phases that preserve all lattice symmetries. While there has been considerable progress in understanding the effective field theories and properties of such spin liquid phases,1,2,3,4,5,6,7,8 showing that the excitations in this phase carry fractional quantum numbers and interact with emergent gauge fields, there are very few microscopic models which can be convincingly shown to exhibit a spin liquid phase and they fall, roughly, into two categories. One class of microscopic Hamiltonians are quantum dimer models,7,8 which have been proposed to describe spin gapped phases of quantum magnets. Some of these models, on the triangular and kagome lattice in two dimensions, exhibit Z2 fractionalized quantum disordered phases. However, the Hilbert space of such quantum dimer models has a strong local constraint, namely, the number of dimers emerging from a site is fixed. It is therefore interesting to examine other models which do not have such local Hilbert space constraints and, thus, no extra conservation laws other than the total spin or total Sz. Under this second category are models, which incorporate a so-called “cluster charging” energy,9 which penalizes spin configurations where Sz summed over a local “cluster” of sites differs significantly from its mean value. Some simple models of this type can be shown to reduce to effective quantum dimer Hamiltonians in the limit of a large charging energy, with the Hilbert space constraints emerging at low energy from energetic considerations. By the usual mapping between S = 1/2 spins and hard core bosons, such quantum spin models can be alternatively viewed as boson models. The spin liquid phase of the spin model at zero magnetization then corresponds to a uniform Mott insulator of bosons at half-filling.

In this paper we study, using a generalized stochastic series expansion QMC algorithm,10,11 a “cluster charging” model of hard core bosons on the kagome lattice...
with the Hamiltonian

\[ H_b = -t \sum_{\langle i,j \rangle} \left( b_i^\dagger b_j + \text{H.c.} \right) + V \sum_\mathcal{O} (n_\mathcal{O})^2 - \mu \sum_i n_i. \tag{1} \]

Here \( b_i^\dagger (b_j) \) is the boson creation (annihilation) operator, \( t > 0 \) is the hopping amplitude, \( V > 0 \) is the repulsion strength, \( n_i = b_i^\dagger b_i \) is the number operator, and \( \mu = 12V \) is the chemical potential which fixes the boson density to be at half-filling. The hopping term connects only the first, second and third neighbors. The repulsive interaction is similarly short-ranged. The main result of this paper is the phase diagram summarized in Fig. 1.

We begin by reviewing our earlier results\(^{12}\) which show that model (1) exhibits, at \( T = 0 \), a superfluid-insulator quantum phase transition at \( \langle V/t \rangle_c \approx 19.8 \). The insulating phase is a uniform, topologically ordered, \( Z_2 \) Mott insulator. We then present new results for the finite temperature phase diagram. We find that the insulator crosses over into the high temperature normal phase via a cooperative fluctuation regime but with apparently no intervening thermal phase transitions. This bolsters the case for no broken lattice symmetries in the insulating phase. On the superfluid side, for small values of \( V/t \), raising temperature leads to a Kosterlitz-Thouless (KT) transition from the superfluid phase to a normal phase. As we approach the quantum critical point however, with \( V/t \gtrsim 13 \), the KT transition converts into a first order transition. We argue, from a renormalization group analysis of an appropriate sine Gordon model, that this is consistent with an underlying quantum phase transition into a \( Z_2 \) insulating phase driven by double vortex condensation.

Our model in Eq. (1) is inspired by an XXZ spin model for \( S = 1/2 \) quantum spins proposed by Balents, Fisher and Girvin\(^{13} \) (BFG), with a Hamiltonian

\[ H_{\text{XXZ}} = -J_\perp \sum_\mathcal{O} \left[ (S^x_\mathcal{O})^2 + (S^y_\mathcal{O})^2 - 3 \right] + J_z \sum_\mathcal{O} (S^z_\mathcal{O})^2. \tag{2} \]

Here \( S^i_\mathcal{O} = \sum_{i \in \mathcal{O}} S^i_i \) is a sum over the six spins on each hexagon of the kagome lattice unit cell, \( \mathcal{O} \) denotes a sum over all hexagons on the lattice. This model is easily seen to be a short-range anisotropic XXZ model, with only the first, second and third neighbors being nonzero and equal to each other.

Analyzing the model in Eq. (2) for \( J_\perp < 0 \) and \( J_z/|J_\perp| \gg 1 \), and interpreting each up-spin as a dimer on a triangular lattice, BFG showed\(^{13} \) that the Hamiltonian is dual to an effective triangular lattice quantum dimer model with three dimers touching each site. In spin language, this effective model takes the form of a ring-exchange model, with an exchange scale \( J_{\text{ring}} = J_z^2/J_\perp \), which describes quantum dynamics in the Hilbert space with \( S^z_\mathcal{O} = 0 \) on each hexagon, the local constraint arising from energetic considerations at large \( J_z/J_\perp \).

Supplementing this model with an additional four-site (Rokhsar-Kivelson (RK)\(^{14} \)) potential term of strength \( v_4 \) they showed that this modified Hamiltonian is in spin liquid phase for \( v_4 = J_{\text{ring}} \), which was argued to be stable for small deviations \( v_4 < J_{\text{ring}} \). Later exact diagonalization (ED) numerics\(^{15} \) showed that the ring-exchange model appears to be in this spin-liquid phase down to \( v_4 = 0 \), but only system sizes up to 20 unit cells could be explored.

The relation of the XXZ model to the hard core boson model we study follows upon using the standard mapping between \( S = 1/2 \) quantum spins and hard core bosons. Specifically, the Hamiltonian we study in this paper at half-filling is equivalent to that in Eq. (2) if we set \( J_\perp = t > 0 \) and \( J_z = V > 0 \). Since the ring-exchange physics is independent of the sign of \( J_\perp \), we expect to recover, for large values of \( J_z \), the physics of the XXZ model with \( J_\perp < 0 \) studied by BFG. On the technical side, the choice of \( J_\perp > 0 \) eliminates the QMC sign problem and allows us to go significantly beyond earlier work on this class of models.

This paper is organized as follows. Section II reviews some of our earlier results and presents some new results on the zero temperature phase diagram, including a discussion of topological order in the insulator. Section III discusses the finite temperature region of the insulating phase, including the temperature dependence of the energy and an estimate of the vison gap. Section III discusses numerical and analytical results for the finite temperature superfluid-normal phase transition. Section IV presents a summary of the results.

### II. ZERO TEMPERATURE PHASE DIAGRAM

We begin by reviewing the zero temperature phase diagram of model (1) which was studied by us in an earlier paper\(^{12} \). For \( V/t = 0 \), the bosons only experience the hard-core constraint, and therefore condense into a superfluid phase. As we turn on interactions, the local charging energy \( V \) penalizes those configurations where the total number of bosons on any hexagon deviates from its mean value of \( \langle n_\mathcal{O} \rangle = 3 \). At large \( V/t \), this cluster charging energy leads to locally incompressible hexagons. This suppresses off-diagonal long range order (and superfluidity) and drives the system into an insulating phase. In the following subsections we review our earlier numerical results which show that the superfluid insulator transition is a continuous quantum phase transition with \( z = 1 \). We also review our results and present new numerical data which show that the insulator has four degenerate, topologically distinct, ground states.

#### A. Quantum superfluid-insulator phase transition

For small values of \( V/t \), we expect the ground state of model (1) to be a superfluid. We characterize this superfluid phase by its superfluid density \( \rho_s \) measured through winding number fluctuations\(^{16} \). \( W_{\text{sdw}} \) in each of
so as to satisfy the hard core constraint obtained by Gutzwiller projecting a free Bose condensate with increasing large \( \frac{V}{t} \) in that case, interactions are restricted to the nearest neighbor only — in two lattice directions, with

\[
\rho_s = \frac{\langle W_{a_1}^2 \rangle + \langle W_{a_2}^2 \rangle}{2\beta} ,
\]

where \( \beta \) is the inverse temperature. For small \( \frac{V}{t} \), \( \rho_s \) is large and its value agrees with the mean field estimate obtained by Gutzwiller projecting a free Bose condensate so as to satisfy the hard core constraint. \( \rho_s \) decreases with increasing \( \frac{V}{t} \), eventually vanishing for \( \frac{V}{t} \gtrsim 20 \) suggesting a phase transition to an insulating phase (\( \mathcal{I}^* \)). This behavior is in sharp contrast to a nearly identical kagome lattice model where the hopping and repulsive interactions are restricted to the nearest neighbor only — in that case a uniform superfluid persists for arbitrarily large \( \frac{V}{t} \). The absence of a jump in \( \rho_s \) on going through the transition suggests that the \( \mathcal{S}\mathcal{F} - \mathcal{I}^* \) transition is continuous.

In the vicinity of a continuous QPT, the superfluid density should scale as

\[
\rho_s = L^{-z} F_{\rho_s}(L^{1/\nu}(K_c - K), \beta/L^z), \quad (3)
\]

where \( F_{\rho_s} \) is the scaling function, \( L \) is the linear system size, \( z \) the dynamical critical exponent, \( \nu \) the correlation length exponent, and \( (K_c - K) \propto \frac{(V_c - V)/t}{L} \) is the distance to the critical point. Thus if we plot \( \rho_s L^z \) as a function of \( \frac{V}{t} \) at fixed aspect ratio \( \beta/L^z \), the curves for different system sizes should intersect at the critical point. The inset of Fig. 2 shows such a plot for \( z = 1 \) and \( \beta/L = 3/(4t) \) with a clear crossing point at \( (\frac{V}{t})_c \approx 19.8. \) The data is thus consistent with a continuous \( \mathcal{S}\mathcal{F} - \mathcal{I}^* \) transition with the dynamical exponent \( z = 1 \). To obtain the correlation length exponent \( \nu \), we plot \( \rho_s L \) as a function of \((\frac{V}{t})_c - \frac{V}{t})L^{1/\nu} \) for different system sizes. It follows from Eq. (3) that the curves for different system sizes should collapse onto a universal curve \( F_{\rho_s} \) for a properly chosen \((\frac{V}{t})_c \) and \( \nu \). In Fig. 2 we show such a data collapse for \((\frac{V}{t})_c = 19.80(2) \) and \( \nu = 0.67(5) \). The error bars are estimated from the stability of the collapse towards varying the parameters. To summarize, we find a continuous \( \mathcal{S}\mathcal{F} - \mathcal{I}^* \) transition with exponents \( z = 1 \) and \( \nu = 0.67(5) \). We next examine the nature of the insulator \( \mathcal{I}^* \).

### B. Characterizing \( \mathcal{I}^* \): Topological degeneracy and absence of broken symmetries

In order to test whether the insulating phase of this model is a conventional broken symmetry state, we have studied correlation functions in \( \mathcal{I}^* \). We have looked for signatures of diagonal (density), bond or plaquette ordering by studying the equal-time density and bond structure factors to check for different ordering patterns. Even for system sizes as large as \( 48 \times 48 \) kagome unit cells and temperatures as low as \( T/J_{\text{ring}} \approx 0.2 \), where \( J_{\text{ring}} = t^2/V \), we find no evidence of any Bragg peaks, or any ordering tendency, in these correlators. This appears to rule out the possibility that \( \mathcal{I}^* \) is a conventional lattice symmetry broken state. Additional evidence for a uniform insulating phase comes from the fact that if the insulator had broken lattice symmetries it would not be smoothly connected to the high temperature paramagnet but be necessarily be separated from it by a thermal phase transition. However, we find no apparent signs of any thermal phase transition upon heating up from \( T = 0 \) towards the uncorrelated high \( T \) paramagnet.

For a system of bosons, momentum counting arguments show that an insulating state at half-filling could either be a conventional state with broken lattice symmetries or must necessarily have topological order which means the ground state degeneracy depends on the topology of the system. Since we have ruled out, as best as we can, the possibility that the insulating phase breaks lattice symmetries, we next examine the insulating phase for signs of topological order.

On a lattice with periodic boundary conditions in both lattice directions, the subspace of configurations with \( n_Q = 3 \) on every hexagon of the kagome lattice is identical to the Hilbert space of a triangular lattice quantum dimer model, with three dimers touching each site (identifying the hardcore boson with a dimer). It is well known that such quantum dimer models have well defined topological sectors, distinguished by the eigenvalues of a
FIG. 3: (color online). Average parities as a function of Monte Carlo time for two different system sizes and $T = t/20$ in the insulator at $V/t = 24$. The start configuration has $p_{1,2} = 0$. The parities are finite because there is a small density of defects. The parities for $L = 12$ do not fluctuate indicating that the system does not change its topological sector whereas they strongly fluctuate for $L = 10$ indicating that the topological sector is changing.

nonlocal operator, which do not mix under the dynamics generated by the Hamiltonian. In the context of our model, if we set $t/V = 0$ and examine the classical ground states, which do respect $n_\circ = 3$, these sectors correspond to having, for each lattice direction $a_{1,2}$, an odd (or even) number of bosons on each row (or column) of the lattice (so called “parity sectors”). The row/column parities defined in this manner do not, however, specify topological sectors of model $\mathbb{1}$ since for any nonzero $t$, no matter how small, there will be a small density of defect hexagons\(^{24}\) with $n_\circ \neq 3$ so that the row or column parity is not conserved under the Hamiltonian dynamics. How do we then look for topological sectors in the ground state of model $\mathbb{1}$?

We have checked in our QMC numerics, that if we start from a configuration which lies in the dimer subspace with a certain row/column parity, then the QMC algorithm generates a small density of particle-hole pair defects in equilibrium, so that the quantum ground state no longer lies in the “dimer subspace”. However, for a large enough linear system size $L$ at a given value of $V/t$ (e.g., $L \gtrsim 10$ at $V/t = 26$), our simulations with the longest accessible MC steps do not lead to any non-local boson moves which wind around the lattice, see Fig. 3. Thus the winding number identically vanishes, and each configuration in the simulation which lies in the dimer subspace belongs to the same parity sector as the initial configuration. The full ground state accessed by the QMC is, in this sense, perturbatively connected to the initial parity sector. In other words, we can start with the equilibrium QMC ground state and erase nearby particle-hole defects in pairs and obtain a state which lies entirely in the starting topological sector. It is in this sense that we can identify the four topological sectors even for model $\mathbb{1}$, and we can continue to label them simply by the row/column parity of that component of the ground state wavefunction which lies in the dimer subspace. The four ground state wavefunctions can be thus be written as

$$
|\psi_{00}\rangle = |\psi_{00}'\rangle + |\psi_{01}'\rangle,
|\psi_{01}\rangle = |\psi_{01}'\rangle + |\psi_{01}\rangle,
|\psi_{10}\rangle = |\psi_{10}'\rangle + |\psi_{10}\rangle,
|\psi_{11}\rangle = |\psi_{11}'\rangle + |\psi_{11}\rangle,
$$

where $|\psi_{ab}'\rangle$ denote the components of the wavefunctions that lie in the dimer subspace defined by parities $a$ and $b$ and $|\psi_{ab}\rangle$ denote the components of the wavefunctions that do not lie in the dimer subspace but are connected to $|\psi_{ab}\rangle$ by short range hops of the bosons. It is clear that these wavefunctions are distinct eigenstates of our local Hamiltonian and they are not connected by local moves. For a topologically ordered insulator, the ground state energy should be identical in each of the four topological sectors (on a torus) leading to a ground state degeneracy of four. We have computed the energy of the four ground states by starting our simulations from configurations in the dimer subspace lying in four different parity sectors. We find that they are equal within statistical errors, which is strong evidence for topological order\(^{22}\).

C. Vison correlations

A second signature of $Z_2$ fractionalization is that visons, which are gapped $Z_2$ vortices in the effective field theory description, should have exponentially decaying spatial correlations. The spatial vison-vison correlation function is the expectation value of a string operator in terms of the spins. For the ring-exchange model (valid for $V/t \to \infty$), it takes the form\(^{23}\)

$$
C_{vv}(r_{ij}) = \langle 0 \prod_{k=i}^j e^{i\pi n_k} |0\rangle,
$$

where $|0\rangle$ denotes the ground state and the product is along some path on the kagome lattice that contains an even number of sites, starts at site $i$, and ends at site $j$, making only “$\pm 60^\circ$” turns to the left or right. $n_k = 0, 1$ is the number of bosons at site $k$. The absolute value of the product in Eq. $4$ is path-independent in the dimer subspace, and it is expected to decay exponentially in the topologically ordered phase. In model $\mathbb{1}$ at finite $V/t$, ground state no longer lies entirely in the dimer subspace, but will mix in configurations with particle-hole defects. However, in the same manner as we have used the dimer subspace component of the wavefunction to define topological sectors, we can similarly use that wavefunction component to also compute the vison correlator. We have found that $C_{vv}(r_{ij})$, computed by essentially dropping all configurations containing particle-hole
defects, decays exponentially in $T^*$, again signaling topological order in $T^*$. At $V/t = 20.5$, we estimate a “decay length”, $\xi = 1.43(5)$, which is comparable to its value at the RK point of the ring-exchange model\(^{13}\), $\xi \approx 1$, and to that found by ED\(^{15}\), $\xi \approx 1.7$, in the ring-exchange model with $v_4 = 0$. This exponential decay shows us that significant local particle rearrangements and fluctuations are possible even in the insulating phase — such fluctuations are generated by the effective ring exchange dynamics of the bosons.

### III. HEATING THE INSULATOR: COOPERATIVE PARAMAGNETIC REGIME AND THE VISON GAP

To provide further evidence for gapped vison excitations, we display the temperature dependence of the system energy per site and compressibility

$$\kappa = \frac{\beta}{N} \left( \sum_i n_i \right)^2$$

in Fig. 4. Upon heating up from the ground state, the energy exhibits a two-step increase, with a distinct intermediate plateau. At the lowest temperature, the energy increases exponentially from the spin-liquid ground state as seen from the inset of Fig. 4. The energy then reaches a plateau at a temperature $T \sim J_{\text{ring}}$. This plateau corresponds to a regime where the system dominantly explores configurations with $n_O = 3$ on each hexagon. In spin language, it corresponds to a “cooperative paramagnet”. Upon heating further, the energy increases beyond its plateau value when the temperature becomes comparable to the local charge gap set by $V$. We confirm this by noting that there is a sharp increase in $\kappa$ at this higher temperature (also shown in Fig. 4).

Heating up from $T=0$, we therefore identify the lowest energy excitations out of the ground state as coming from vison-pair excitations of the spin liquid (since the charge gap is much larger). The temperature dependence of the energy thus gives us a rough idea of the single vison gap; for $V/t = 20.5$, we estimate $E_s/t \sim 0.35(15)$.

Note that the classical model with $t = 0$ has a large entropy at $T = 0$ arising from a macroscopic number of degenerate classical ground states. When one turns on a nonzero $t$, this degeneracy is lifted as the ground state becomes a quantum spin liquid which supports vison excitations ($\mathbb{Z}_2$ vortices). From the point of view of the spin liquid ground state, we can therefore view the large entropy density of the classical dimer state as arising from the large entropy density of multiple vison excitations as the system is heated. This means that the energy curve should have a finite temperature plateau at the energy level with the largest entropy density where, very roughly, half of all allowed visons get excited which contributes to a large configurational entropy of visons. This happens at an energy $E_s \approx E_0/2$ as measured from zero classical ground state energy, where $E_0$ is the quantum ground state energy. This is consistent with our numerical data.

### IV. HEATING THE SUPERFLUID: SUPERFLUID-NORMAL PHASE TRANSITION

For $V < V_c$, the system is in a superfluid ground state. Heating this superfluid leads to transition from a superfluid phase to a normal liquid phase at finite temperatures. This transition is usually of a Kosterlitz-Thouless (KT) type\(^{23,24}\) that is driven by vortex unbinding. In principle, this transition can also be first order when the vortex core energy is small enough\(^{25,26}\). We find from our numerics that the thermal superfluid normal transition is a KT transition at small enough values of $V/t$. This goes along with the conventional wisdom. However, the transition becomes first order roughly at $V/t \gtrsim 13(1)$. This appears to be a novel example of a discontinuous thermal superfluid-normal transition in a microscopic two-dimensional quantum model.

#### A. QMC results for the SF-normal thermal transition

In Fig. 5 we show the superfluid density $\rho_s$ and the system energy $E$ as a function of temperature at $V/t = 4$. Both quantities exhibit smooth behavior. The superfluid density should be discontinuous at the KT transition with the universal jump

$$\Delta \rho_s = \frac{2T_{KT}}{\pi},$$

where $T_{KT}$ is the KT critical temperature. However, this discontinuity is approached only logarithmically as the
system size increases. The RG equations\textsuperscript{27} predict that in the vicinity of the KT transition the superfluid density scales as:\textsuperscript{28,29,30}

\[
\rho_s = \frac{2T}{\pi} \left\{ 1 + \frac{F[(T - T_{KT}) \ln^2(L/L_0)]}{2 \ln(L/L_0)} \right\}, 
\]

where \( F \) is the scaling functions such that \( F(x) \approx 1 + O(x) \) for small values of \( x \), \( L \) is the linear system size, and \( L_0 \) is some length scale. If one plots \( (\pi \rho_s/T - 2) \ln(L/L_0) \) as a function of \( (T - T_{KT}) \ln^2(L/L_0) \) then it follows from Eq. 5 that the curves for different system sizes should collapse onto a universal curve \( F \) for a properly chosen \( T_{KT} \) and \( L_0 \).

In Fig. 5 we show such a data collapse for \( T_{KT} = 2.486t \) and \( L_0 = 2 \). Thus we can conclude that the transition at \( V/t = 4 \) is a KT transition.

The situation is strikingly different for values of \( V/t \) roughly larger than 13. In Fig. 7 we show the superfluid density and the system energy as a function of temperature at \( V/t = 16 \). Both the superfluid density and the energy jump suggesting that the transition is first order. As can be seen from Fig. 8 the distribution of the kinetic energy, \( E_k = -t \langle b_i^\dagger b_j + H.c. \rangle \), close to the transition has a clearly visible double peaked structure even for very small system sizes indicating that the transition is strongly first order. The double peaked structure becomes more pronounced, leading to two well-separated peaks, as the systems size increases. We also observe hysteresis effects by crossing the transition point upon heating or cooling the system (not shown). This is also indicates that the transition is first order.

For \( 13 < V/t < 17.5 \), the normal liquid just above \( T_c \) has an energy which is nearly temperature independent for a range of temperatures. In this sense, it is analogous to the finite temperature plateau regime shown in Fig. 4.
deep in the superfluid. At large relevant excitation is the superfluid sound mode. This temperature specific heat and entropy thus scale as 

\[ S_n \sim \frac{E_n}{V} \]

In the superfluid, the only excitation is the superfluid sound mode. The low temperature superfluid state thus leads to a large entropy mismatch, \( S_{cl} - T^2/c_s \), at the transition when \( T_c \) is small. Clearly, once \( T_c \) decreases below a certain value, this entropy mismatch cannot be satisfied by the configurational entropy of a dilute gas of vortices. The superfluid to normal transition must, at this stage, involve producing a large number of vortices over a small temperature interval to make up for this entropy mismatch, implying a large vortex fugacity. Such a large vortex fugacity is well known to modify the KT transition into a first order transition. Of course this argument does not hold very close to the quantum critical point where the normal state just above \( T_c \) is not a simple classical liquid with an entropy \( S_{cl} \), but is instead a quantum critical liquid.

In what follows, we will provide a slightly different view of the thermal transition. It is well known that a \( Z_2 \) fractionalized insulating ground state can be obtained from a superfluid ground state by condensing double vortices instead of single vortices. If the superfluid is proximate to such an exotic insulating ground state, as our other results show, then the thermal excitations of such a superfluid must include low lying double vortex excitations in addition to single vortices. Our aim here will be to infer the presence of these low energy double vortices from the observed first order superfluid-normal transition. We will therefore attempt to study the thermal SF-normal transition taking into account both single and double vortices in a sine Gordon model.

C. Phenomenological model

Our discussion will use the classical sine Gordon model to describe the thermal phase transition from the superfluid to the normal phase. To obtain this, we begin with the classical XY model written in vortex language

\[ \beta H_v = 2\pi^2 k \sum_{r,r'} n_r n_{r'} G(r-r') + \sum_r \beta E_v(n_r) \]

where \( n_r \) is the vortex number, \( G(r-r') \) is the vortex interaction (which is logarithmic at large distances), \( K \) is the superfluid stiffness normalized by the temperature, and \( E_v(n_r) \) is the local core energy of a vortex with vorticity \( n_r \). We expect that at a fixed temperature \( T \), the normalized stiffness \( K \) will decrease as we increase \( V/t \).

The hope is that such a classical description is adequate to qualitatively capture the physics of the thermal transition with quantum fluctuations being important in fixing the parameters of this classical vortex Hamiltonian.

We can go to \( k \)-space where the vortex interaction takes the simple form \( G(k) = 1/(4-2\cos k_x - 2\cos k_y) \) for a 2D square lattice. Actually, the only important thing is that \( G(k \to 0) = 1/k^2 \). The detailed form and the lattice geometry are unimportant. We can then do a Hubbard-Stratonovitch decoupling of the vortex interaction term,
we can simplify the above RG flow equations by working around $g \sim 1/8x$. Over a range of $g$ near this value, we approximate $\alpha_{1,1}(g) \approx 5.5g$, $\alpha_{3,4}(g) \approx 6.5g$, and $\alpha_{3,4}(g) \approx 1.5g$. Thus, $A \approx 0.45$, $B \approx 0.11$, $C_1 \approx 0.005$, $C_2 \approx 0.02$. With these simplifications, we have numerically studied the above RG flow equations.

E. Flows for $v_1 \ll 1$ and $v_2 \ll v_1$

For initial $v_2(0) = 0$ and $v_1(0) \ll 1$, we recover the Kosterlitz-Thouless RG flow. Namely, there is a line of fixed points $(v_1, v_2, g) \equiv (0, 0, g^*)$ with $0 < g^* < 1/8\pi$. The termination of this line of fixed points is the KT transition point at which the stiffness (normalized by the transition temperature), $K^* = 1/(4\pi^2 g^*) = 2/\pi$, is a universal number. Beyond this point, $g$ flows to strong coupling, so that the superfluid stiffness $K \to 0$, signalling the non-superfluid phase. For a nonzero $v_2(0) \ll v_1(0)$, the above picture remains unchanged, i.e., the Kosterlitz-Thouless transition is unaffected by a small fugacity of double-vortices.

F. Flows for $v_1 \ll 1$ and $v_2 \sim 1 \gg v_1$

For large $v_2(0)$, we find that $v_2(t)$ very quickly renormalizes to small values since it is strongly irrelevant in the superfluid phase. However, in the initial stages of the RG flow, it significantly affects the flow of $v_1(t)$. While $v_1(t)$ tends to decrease due to the first order term $(2 - 1/4\pi g)v_1$, this decrease is partially offset by the positive contribution from the second order term which couples $v_1$ and $v_2$. For our calculated couplings, in the regime where $v_1$ is eventually irrelevant, it flows to zero more slowly for nonzero $A$. A comparison of the flows of
FIG. 9: Numerically computed flows for $v_1, v_2, g$ shown for two different choices of $v_2(0)$. We have fixed a small $v_1(0) = 0.2$ and $8\pi^2 g(0) = 0.5$. The top panels show the flows for $A = 0.45$ in the flow equations which is the result of our perturbative calculation. The bottom panels show the flows for an artificially large $A = 4.5$ to indicate that it leads to an enhancement of $v_1$.

$v_1$ and $g$ for small and large $v_2(0)$ is shown in the upper panel of Fig. 9.

A more striking result is obtained by artificially increasing the coefficient $A$ in the flow equation for $v_1$. We find that increasing this to values larger than that given by the above perturbative calculation leads to a dramatic rise of $v_1$ in the initial stages of the RG flow, due to coupling with $v_2$. This is illustrated in the lower panel of Fig. 9, where we have chosen $A = 4.5$ instead of our calculated result $A = 0.45$. This modification of the flow equation is in a purely phenomenological spirit. Such an enhancement might be possible once we include the effect of quantum fluctuations or higher winding number vortices which we have ignored, but which do become important near the superfluid-insulator quantum phase transition; however, this is beyond the scope of our perturbative analysis.

Fig. 9 is the central qualitative result of our RG calculation. Namely, the interconversion between double vortices and single vortices together with the low core energy (a large bare fugacity) for double vortex excitations can lead to a significantly enhanced fugacity for single vortices. At the same time, the double vortices are themselves irrelevant at long length scales.

We will next use this strongly enhanced single vortex fugacity, obtained at intermediate length scales in the RG, to argue for a first order superfluid-normal thermal transition. Let us begin from the $SG_2$ sine-Gordon theory with $v_2(0) \gg v_1(0)$, and follow the RG flows until we reach a fixed length scale $\xi$ where $v_2(\xi) \ll v_1(\xi)$. At this stage, we can drop $v_2$ altogether and study $SG_1$ with only $v_1 \neq 0$. We have shown that at some intermediate scale, $v_1(\xi)$ can become large. In order to accommodate this large $v_1(\xi)$ within the $SG_1$ theory, the $SG_1$ action must be tuned to have a large bare fugacity for single vortices — in other words, if we ignore double vortices (which we have shown is reasonable), the large $v_1(\xi)$ must be viewed as arising from a large $v_1(0)$.

G. Analysis of the usual sine-Gordon model

From our above RG analysis, we conclude that it makes sense to capture the effect of double vortices by studying the effect of a large bare $v_1$ in the phase diagram of $SG_1$. We appeal to a variational method to study this following Ref. [31]. The variational treatment for the sine-Gordon model $SG_1$ replaces the action

$$S_{SG} = \int d^2 r \left[ \frac{g}{2} (\nabla \phi)^2 - v_1 \cos \phi \right]$$

by the variational action

$$S_0 = \int d^2 r \left[ \frac{\tilde{g}}{2} (\nabla \phi)^2 + \frac{1}{2} m \phi^2 \right]$$

with the understanding that when $g$ gets large enough, $v_1$ will tend to pin the field $\phi$ to integer values leading to a mass for $\phi$ fluctuations.

At leading order, the variational free energy

$$f_{\text{var}} \approx f_0 + \langle (S_{SG} - S_0) \rangle_0$$

is minimized for a mass $m$ which satisfies the self-consistency condition

$$\tilde{g} = g$$

$$m = v_1(1 + 4\pi g)$$

It is easy to show that for $v_1 \lesssim 0.5$, the mass is zero for $g < g_{KT} = 1/8\pi$ while it increases continuously for $g > 1/8\pi$. This is the regime in which the continuous KT transition obtains in this model. At larger $v_1 \gtrsim 0.5$, the mass jumps discontinuously from zero to a nonzero value at a transition point $g_c < 1/8\pi$. This phase diagram is qualitatively illustrated in Fig. 10(b).

H. Scenario for the SF-normal thermal transition

We now appeal to the above results to understand the thermal transition from the SF-normal thermal transition. Far from the quantum phase transition between the superfluid and the $Z_2$ fractionalized insulator, the thermal disordering of the superfluid proceeds via the usual KT transition. As the zero temperature phase approaches the quantum critical point however, the fugacity of double vortices at finite nonzero $T$ becomes much larger than the fugacity of single vortices since the SF-$T'$ quantum phase transition is driven by double-vortex condensation. We model this situation in our classical Hamiltonian by setting $E_c(2) \rightarrow 0$ near the quantum phase transition, and keeping a nonzero and large $E_c(1)$. We expect this effective classical description to be adequate so long as we are not too close to the quantum critical point. Fig. 10(a) illustrates the expected qualitative
behavior of the single and double vortex core energies, as well as \( T_c \), as a function of \( V/t \).

Let us imagine a trajectory at fixed temperature but along increasing \( V/t \). In this case, the bare superfluid stiffness decreases with increasing \( V/t \), so that \( g \) is increasing monotonically. Let us assume for simplicity that the bare single vortex core energy \( E_c(1) \) does not change with \( V/t \). However \( E_c(2) \) rapidly drops near the quantum phase transition upon increasing \( V/t \). From our earlier discussion the large \( v_2 \) then leads to an effectively larger \( v_1 \). Thus, constant temperature trajectories in the \((V/t,T/t)\) plane are expected to translate into trajectories depicted in Fig. 10(b) in the \((g,v_1)\) plane. We argue that this may be responsible for the observed first order thermal transition from the superfluid to the normal phase close to the quantum phase transition point. This first order transition must be accompanied by a nonuniversal jump in the superfluid stiffness which is larger than that predicted by KT theory. This is consistent with numerical observations presented in the previous sections.

V. CONCLUSION

To summarize, we have studied the zero and finite temperature phase diagram of a model of hard core bosons with local interactions which exhibits a topologically ordered \( Z_2 \) insulating phase at zero temperature. In magnetic language, this is equivalent to finding a quantum spin liquid phase of a \( S = 1/2 \) quantum magnet. We have presented a number of numerical results, and some analytical arguments, in support of this identification. We have also studied the finite temperature phase diagram and identified a “cooperative paramagnet” regime, and seen that the superfluid to “cooperative paramagnet” transition is a first order transition rather than a BKT transition. Further work is needed to see if there is any connection between spin liquids found in simple model Hamiltonians, such as the one studied here, and the experimentally observed spin liquids in quantum magnets on kagome lattices.\(^{32}\)

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