Microbial competition reduces metabolic interaction distances to the low µm-range

Rinke J. van Tatenhove-Pel · Tomaž Rijavec · Aleš Lapanje · Iris van Swam · Emile Zwering · Jhonatan A. Hernandez-Valdes · Oscar P. Kuipers · Cristian Picioreanu · Bas Teusink · Herwig Bachmann

Received: 6 May 2020 / Revised: 21 September 2020 / Accepted: 2 October 2020 / Published online: 19 October 2020 © The Author(s) 2020. This article is published with open access

Abstract

Metabolic interactions between cells affect microbial community compositions and hence their function in ecosystems. It is well-known that under competition for the exchanged metabolite, concentration gradients constrain the distances over which interactions can occur. However, interaction distances are typically quantified in two-dimensional systems or without accounting for competition or other metabolite-removal, conditions which may not very often match natural ecosystems. We here analyze the impact of cell-to-cell distance on unidirectional cross-feeding in a three-dimensional aqueous system with competition for the exchanged metabolite. Effective interaction distances were computed with a reaction-diffusion model and experimentally verified by growing a synthetic consortium of 1 µm-sized metabolite producer, receiver, and competitor cells in different spatial structures. We show that receivers cannot interact with producers located on average 15 µm away from them, as product concentration gradients flatten close to producer cells. We developed an aggregation protocol and varied the receiver cells’ product affinity, to show that within producer–receiver aggregates even low-affinity receiver cells could interact with producers. These results show that competition or other metabolite-removal of a public good in a three-dimensional system reduces metabolic interaction distances to the low µm-range, highlighting the importance of concentration gradients as physical constraint for cellular interactions.

Introduction

Microbial interactions are observed in dense biofilms (0 µm between cells) as well as in oceans (>100 µm between cells), demonstrating that cells interact at various distances [1–4]. These interactions influence the selection pressure within an environment, and therefore affect the structure and evolution of microbial communities [5]. As these communities play an important role in many ecosystems, from global biogeochemical fluxes [6] to human health [7], understanding and controlling these interactions is of high importance.

Metabolites or signaling molecules involved in interactions can be exchanged via contact-dependent and contact-independent transfer mechanisms. Contact-dependent mechanisms require short cell-to-cell distances and use for instance direct contact between cells, vesicle chains, or nanotubes for exchange [5]. Contact-independent mechanisms require passive or active transport of the produced compound to the extracellular space, where it subsequently moves via diffusion and convection [5]. Contact-independent
interactions can be local (mainly between neighboring cells) or global (within the whole population), depending on the profile of the concentration gradient. *Saccharomyces cerevisiae* for instance uses its extracellular enzyme invertase to split sucrose, resulting in a glucose and fructose gradient around the cell. At high sucrose concentrations both aggregated and single yeast cells can grow (global interactions), while at low sucrose concentrations only aggregated yeast cells grow (local interactions) [8]. A similar pattern is observed for the extracellular protease of *Lactococcus lactis*, which activity results in a peptide gradient around the cell. At high cell densities both protease positive and protease negative cells grow, while at low cell densities mainly protease positive cells grow, since only they can benefit from their produced peptides [9].

Whether contact-independent interactions are local or global depends on the distance between cells and the concentration gradient profile, which is affected by the metabolite source, the metabolite-sink and the diffusion and convection rate between them. The metabolite source can for instance be a producer cell [10], a nutrient pool in the environment [11] or an extracellular enzyme [8, 9]. The metabolite-sink can be a metabolite consuming cell [12, 13], a metabolite degrading enzyme [14], liquid flow [15], or the volume of the system, as dilution reduces the metabolite concentration [8, 9]. Although the exact nature of the source and sink are often only implicitly mentioned in these studies, their importance is well-known. Costly cooperative interactions are for instance more likely to evolve when cells are close to each other, because cooperators compete with wild-type noncooperators for the excreted metabolite [5, 16, 17]. Selection for interactions is therefore often done by co-culturing cells on agar plates [18–20], and it is also described that interacting cells evolved aggregating phenotypes [21].

These examples show that in the presence of a metabolite-removing sink, concentration gradients constrain the distances over which interactions can occur. It is however not clear at what distances such interactions occur. Previous studies either estimated these distances in two-dimensional systems [11–13] or without a metabolite-removing sink [13, 14], while natural microbial communities reside in three-dimensional environments in which competing metabolite consumers and other types of metabolite-removing sinks are very likely to be present. We therefore combined computational and experimental analyses to provide a more systematic and quantitative perspective on the impact of cell-to-cell distance on metabolic interactions in three dimensions and in the presence of metabolite-removing sinks. We focused on the diffusion of glucose in a static, aqueous system. The reaction-diffusion model and experimental results show that in these conditions receiver cells cannot interact with glucose producing cells that are fixed at an average distance of 15 μm. However, producer–receiver aggregation facilitates metabolic interactions even when receiver cells have a low affinity for the product, caused by genetic variation of their glucose import systems. These results suggest that for sugars, organic acids, and amino acids competition or other metabolite-removal in a three-dimensional aqueous system reduces metabolic interaction distances to the low μm-range.

### Materials and methods

#### Strains and media

All the strains that were used are listed in Table 1. *L. lactis* NZ9000 strains PT5man_GFP, PTScell_GFP, and GlcU_GFP were obtained by a single-crossover integration of vector pSEUDO::Pusp45-gfp [22] into the *pseudo* 10 locus on the chromosome of *L. lactis* NZ9000ΔptcCΔGlcU, NZ9000ΔptnABCDΔGlcU, and NZ9000ΔptnABCDΔptcC [23], respectively. Integration was performed as previously described [24]. Transformants were selected on M17-agar plates supplemented with glucose, sucrose, and 5 μg/mL erythromycin. In all GFP-positive strains GFP-expression was under control of the constitutive usp45 promotor.

*L. lactis* was grown in chemically defined medium (CDM) described by Otto et al. [25], with the following changes: 0.6 g/L NH₄-citrate, 2.5 mg/L biotin, 0.02 mg/L riboflavin, and no folic acid. *L. lactis* NZ9000 Glc-Lac+ was pre-cultured in CDM + 0.95 wt% lactose, *L. lactis* MG5267 in CDM + 0.5 wt% lactose and *L. lactis* MG1363 [26], *L. lactis* MG1363_GFP, *L. lactis* NZ9000_GFP_PTSman, *L. lactis* NZ9000_GFP_GlcU and *L. lactis* NZ9000_GFP_PTScell in CDM + 0.5 wt% glucose. Agarose beads contained CDM + 0.4 wt% carbon source and were incubated surrounded by oil, or by CDM + 0.2 wt% carbon source. Mono-cultures were incubated with the same carbon source as their pre-culture, co-cultures were incubated in the presence of lactose. Incubations were done at 30 °C for at least 16 h.

#### Aggregation protocol

Producer and receiver cell pre-cultures (10 mL) were washed three times with 0.9% sodium chloride. Receiver cells were resuspended in 2 mL 0.225% sodium chloride, producer cells were resuspended in 0.9% sodium chloride and diluted to an OD₆₀₀ of 1.1. Both were incubated in an ultrasonication bath (Branson 200 Ultrasonic cleaner, Branson Ultrasoundics, Danbury, CT, USA) at 46 kHz for 5 min to ensure complete resuspension to single cells.

The surface of (non-)producer cells was charged positively by electrostatic deposition of polyethyleneimine
(PEI; Mr 600,000–1,000,000; ~50% in H2O; Sigma-Aldrich, Saint Louis, MO, USA) as follows. Sonicated producer cells were mixed with 0.25% PEI (hydrated, pH 7) in a 1:1 (v/v) ratio and incubated at the room temperature for 5 min. After incubation cells were collected by centrifugation (900 g, 3 min) and washed by replacing the supernatant with 0.9% sodium chloride five times without resuspending the pellet. Washed cells were resuspended in 200 µL 0.9% sodium chloride and sonicated as described above. The surface of washed receiver cells was negatively charged and therefore not further modified [27]. Cell concentrations in the prepared producer and receiver suspensions were measured with flow cytometry (Accuri C6, BD Biosciences, San Jose, CA, USA).

Aggregates were formed electrostatically by mixing the positively charged producer cells with the negatively charged receiver cells, such that the oppositely charged cells stuck to each other. The suspension with negatively charged receiver cells was mixed using a T10 basic ULTRA TURRAX homogenizer with an S10N-5G dispersing element (IKA, Staufen, Germany) at 8000 rpm for 15–20 min. While mixing, the positively charged producer cells were added to the negatively charged receiver cells using a 1 mL syringe (Terumo, Tokyo, Japan), a Chemex Fusion 200 syringe pump (125–400 µL/h, Chemex Inc., Stafford, TX, USA) and polyethylene tubing (inner diameter 0.38 mm, BD, Franklin Lakes, NJ, USA). The mixing time (15–20 min) and syringe pump flow rate (125–400 µL/h) were adjusted within the mentioned ranges such that the final aggregate percentage was ~3%.

### Table 1: Bacterial strains and plasmids used in this study.

| L. lactis strain       | Description                                      | Reference |
|-----------------------|--------------------------------------------------|-----------|
| NZ9000ΔptcCΔGlcU      | Derivative of L. lactis NZ9000 containing a 1254 bp deletion in ptcC and a 864 bp deletion in GlcU. | [23]      |
| NZ9000ΔptnABCDΔGlcU   | Derivative of L. lactis NZ9000 containing a 1736 bp deletion in ptnABCD and a 864 bp deletion in GlcU. | [23]      |
| NZ9000ΔptnABCDΔptcC   | Derivative of L. lactis NZ9000 containing a 1736 bp deletion in ptnABCD and a 1254 bp deletion in ptcC. | [23]      |
| MG5267                | L. lactis MG1363 with the lactose operon integrated into the genome. | [27]      |
| NZ9000 Glc-Lac+       | NZ9000ΔglkΔptnABCD containing a 657-bp deletion in ptcBA, carrying pMG8020 (lactose mini-plasmid of 23.7 kb, containing lacFEGABCD, derivative of pLP712). | [28]      |
| MG1363_GFP            | L. lactis MG1363 carrying pSEUDO::Pusp45-gfp.    | [22]      |
| NZ9000_PTSman_GFP     | Ery, NZ9000ΔptcCΔGlcU carrying pSEUDO::Pusp45-gfp. | This work |
| NZ9000_PTScel_GFP     | Ery, NZ9000ΔptnABCDΔGlcU carrying pSEUDO::Pusp45-gfp. | This work |
| NZ9000_GlcU_GFP       | Ery, NZ9000ΔptnABCDΔptcC carrying pSEUDO::Pusp45-gfp. | This work |

| Plasmids               | Description                                      | Reference |
|-----------------------|--------------------------------------------------|-----------|
| pSEUDO::Pusp45-gfp    | Ery, integration vector, pSEUDO::Pusp45-sfgfp(Bs) derivative, carrying the gene coding for the green fluorescent protein (Dasher-GFP). | [22]      |

### Agarose beads formation and analysis

Agarose beads in oil were made by mixing a water and an oil phase. The oil phase contained Novoc HFE 7500 fluorinated oil (3 M, Maplewood, MN, USA) and 0.2% PicoSurf 1 surfactant (Sphere Fluidics, Cambridge, UK). The water phase contained CDM, 1 wt% melted agarose with ultra-low gelling temperature (Type IX-A, A2576, Sigma-Aldrich, Saint Louis, MO, USA) and cells, and it was prepared as follows. Pre-cultures were washed with phosphate-buffered saline and the OD₆₀₀ was measured to determine the cell concentration (assuming OD = 10⁹ cells/mL). The total cell concentration in the aggregate suspension was determined using flow cytometry (Accuri C6). The producer cell or aggregate concentration in CDM with agarose was set to 2.7 × 10⁹/mL, the receiver cell concentration to 8.9 × 10⁷ cells/mL.

300 µL water phase and 700 µL oil phase were mixed using a T10 basic ULTRA TURRAX homogenizer with an S10N-5G dispersing element at 8000 rpm for 5 min, resulting in the formation of water-in-oil emulsions. The agarose in the water phase was subsequently solidified by placing emulsions on ice for at least 20 min, yielding agarose beads surrounded by oil. After solidification cells were fixed in the agarose matrix and growth therefore resulted in micro-colony formation within the agarose bead. Formed agarose beads had an average volume of 26 pL (diameter of 37 µm, Supplementary information section 1, Figs. S1 and S2). The distribution of cells over droplets in such an emulsion is described by a Poisson distribution [28]. This means that with an average
volume of 26 µL and the cell concentrations described above, each bead contained on average 8 receiver cells. In addition to the receivers, ~2% of the beads contained two or more producer cells/aggregates and ~19% contained one producer cell/aggregate (~79% contained no producer/aggregate). The cell concentration in a 26 µL bead containing eight receiver cells and one producer is 3 × 10⁸ cells/mL. Assuming a homogenous spread of cells within agarose beads results in an average distance of 15 µm between cells. Microscopy images of agarose beads with cells confirmed this homogenous spread, and indicate that the average distance between cells was indeed close to 15 µm (Fig. S2).

To incubate agarose beads in CDM, 1 mL CDM and 1 mL perfluorooctanol (PFO, Alfa Aesar, Ward Hill, MA, USA) were added to the emulsion after solidification. This leads to the breaking of the emulsion and separation of the water and oil phase upon gently mixing. Subsequently the water phase, containing agarose beads in CDM, was separated from the oil phase and incubated for at least 16 h, while rotating. For incubation in the presence of competing glucose-consumers 10⁹ L. lactis MG1363 cells per mL were added to the CDM surrounding the agarose beads (Supplementary information section 2, Fig. S3).

Growth in agarose beads was analyzed with flow cytometry (Accuri C6). Agarose beads in CDM were measured directly. For agarose beads in oil the emulsion was first broken by adding 240 µL PBS and 300 µL PFO to 60 µL emulsion, followed by gently mixing. The water phase, containing agarose beads in PBS, was separated from the oil phase and measured using flow cytometry. Details about the flow cytometry gating strategy and data analysis are shown in Supplementary information section 3, Figs. S4 and S5.

**Reaction-diffusion models**

Numerical reaction-diffusion models were implemented in COMSOL Multiphysics (COMSOL 5.0, Comsol Inc., Burlington, MA, USA).

For simulations in two- and three-dimensional systems without receiver cells, a glucose producing cell with a diameter of 1 µm was placed in the middle of a very thin rectangular block (1.1 µm thickness) to represent a quasi-two-dimensional system, or in the middle of a cube with the same volume to represent a three-dimensional system. For the cube, the concentration at the cube boundaries were set to zero (metabolite-sink) or insulated (no-flux boundary condition, no metabolite-sink). For the thin plate the concentration at the four lateral faces were set to zero, and the top and bottom boundaries were set to zero (metabolite-sink) or insulated (no-flux boundary condition, no metabolite-sink). The total volume of both systems was 1 nL (1 × 10⁶ cells/mL). The diffusion coefficient of glucose in water (D_water) was based on literature values and set to 6.7 × 10⁻¹⁰ m²/s (aqueous conditions), to 25% of D_water (biofilm) or to 10% of D_water (colony) [29, 30].

For simulations in three-dimensional systems with agarose beads and producer and receiver cells, two spherical agarose beads were placed in a cubic computational domain. One bead contained a producer cell that secreted glucose with a constant rate, and both beads contained eight receiver cells that consumed glucose based on Monod (saturation) kinetics. The concentration at the agarose bead surface resulted from a partition coefficient which was set to 0 to model incubation in oil, and to 1 to model incubation in CDM. The diffusion coefficient of glucose (D_water) was the same inside and outside agarose beads [31], and 10 times lower in microcolonies [29, 30].

Time-dependent studies of these systems yielded the spatial distribution of glucose. Supplementary information section 4 gives more details about the geometry (Fig. S6), used parameters (Table S1) and simulation results (Figs. S7–S11, Table S2).

**Results**

**Reaction-diffusion modeling predicts short metabolic interaction distances in three-dimensional systems with a metabolite-sink**

The basic ideas behind diffusion and the resulting concentration gradients are well-understood. To better understand the biological impact of these concentration gradients, we made reaction-diffusion models where concentration gradient profiles around a producer cell were calculated either in a cube to mimic a three-dimensional system, or in a thin plate to mimic a two-dimensional system (plate thickness of 1.1 µm, roughly matching the producer cell diameter of 1 µm, Fig. 1). In both cases the total volume was 1 nL (10⁶ cells/mL). We used the diffusion coefficient of glucose as it is similar to that of other sugars, organic acids, and amino acids [30], compounds relevant in many metabolic interactions. Factors like viscosity, the presence of extracellular polymeric substances and the local cell concentration vary between environmental conditions, and affect the diffusion coefficient [30, 32]. To visualize their effect on concentration gradient profiles we modeled diffusion in conditions representing aqueous, biofilm, and colony environments (Table S2).

In simulations without a metabolite-sink the produced glucose accumulated (Fig. 1). After 5 h the minimal glucose concentration was around 1500 µM in both two- and three-dimensional systems (Fig. 1, Table S2), indicating that glucose is biologically available (i.e. above the threshold for growth based on transporter affinities) in the whole system. The introduction of a metabolite-sink limited the glucose accumulation, resulting in concentrations close to 0 µM.
In the aqueous two-dimensional system the glucose concentration dropped below a threshold of 10 µM (approximate threshold for growth based on transporter affinities) at a distance of 269 µm from the producer, while in a three-dimensional system this threshold was already reached at 0.7 µm. A decrease in the diffusion coefficient increased the distance at which the glucose concentration dropped below 10 µM, but predicted distances were still in the low µm-range (<7.5 µm, Fig. 1, Table S2).

Together these results indicate that in three-dimensional systems with a metabolite-sink metabolic interaction distances might be reduced to around the size of single cells.

**Design of a synthetic consortium and three-dimensional spatial structure for growth**

To predict how glucose concentration gradients constrain interactions between micro-organisms in a three-dimensional environment, we extended the cubic model to contain producer and receiver cells (Supplementary information section 4.1 and 4.2, Fig. S6 and Table S1), and analyzed the impact of cell-to-cell distance on the interaction. To experimentally validate the model results we constructed synthetic consortia using four *L. lactis* strains. (1) A “producer” that takes up lactose and hydrolyzes it intracellularly to glucose and galactose. It was engineered to not metabolize glucose, which was therefore secreted while the cells grew on galactose. (2) A GFP-expressing “receiver” that can take up and grow on glucose, but not lactose. As receivers can only grow on glucose, their growth is indicative for the glucose availability at their position. (3) A “non-producer” that takes up lactose. It uses both the glucose and galactose moiety for growth, and therefore does not secrete glucose. (4) A “competing glucose-consumer” (Fig. 2A). To co-culture these cells in a three-dimensional system, glucose-producers and -receivers (the unidirectional cross-feeders) were encapsulated in solidified agarose beads with an average diameter of 40 µm. *L. lactis* was chosen because compared to other model organisms (e.g. *Escherichia coli*, *S. cerevisiae*) its metabolism and biomass yield are not sensitive to variations in oxygen and it can reach high cell concentrations inside these agarose beads. For negative controls glucose-producers were replaced by glucose-“non-producers”. Cells were embedded in the beads either as separate cells (on average 15 µm between cells, Supplementary information section 1, Fig. S2) or as aggregates (0 µm between cells, Fig. 2B). During incubation agarose beads were separated either by oil or by CDM (Fig. 2C). Separation by oil prevented diffusion of glucose from beads and therefore each agarose bead acted as an individual compartment. This enabled us to validate if cells could grow and interact in agarose beads. Separation by CDM resulted in glucose diffusion from beads, enabling us to study unidirectional cross-feeding in the presence of a concentration gradient in a three-dimensional system. To investigate the effect of metabolite-removal on the interaction distances, interactions were analyzed in the presence and absence of competing glucose-consumers outside the beads (Fig. 2C).

**Producer and receiver cells can grow and interact within agarose beads**

To analyze if we could detect growth in agarose beads, we cultured producers and receivers in beads surrounded by medium with glucose or lactose. We analyzed the beads before and after incubation using flow cytometry. When cells were incubated in the presence of a carbon source they
could not use, the forward scatter before and after incubation was similar (Fig. S5). However, after incubation in the presence of a carbon source on which cells could grow the forward scatter was increased significantly, and we could separate beads with and beads without growth from each other using a forward scatter threshold (Figs. S4 and S5). To subsequently analyze if only producer cells, only receiver cells or both were grown, we calculated the average fluorescence of the grown cells (Supplementary information section 3, Fig. S4). As the population of grown cells can consist of only producer cells, only fluorescent receiver cells, or both, we expect the average fluorescence of the grown cells to scale with the receiver cell fraction within the population of grown cells. Consistent with this expectation the average fluorescence of the grown cells was low for beads with producers and high for beads with GFP-expressing receivers (Fig. 3B2). Together these results show that using the forward scatter signal we can detect in which percentage of the beads cells could grow, and using the average fluorescence of the grown cells we can detect which cell-types were grown within these beads.

To compare growth in agarose beads with growth in liquid medium, we estimated the number of receivers in a fully grown agarose bead by dividing the total fluorescence of an agarose bead by the fluorescence of single receiver cells. These measurements indicated a cell concentration of $7.8 \times 10^8 \pm 0.7 \times 10^8$ cells/mL in fully grown agarose beads, which is similar to what is reached in liquid medium with the same glucose concentration ($7.4 \times 10^8$ cells/mL). These results show that the compartmentalization method and the incubation conditions do not affect the biomass yield of receiver cells.
To validate that cells could not only grow, but also interact within agarose beads, we made beads with producer and receiver cells. Producer cells could always grow, while receivers could only grow when glucose secreted by producers was available to them (Fig. 2A). Based on the chosen droplet loading all beads contained...

---

**Model predictions**

| A | B₁ | B₂ |
|---|----|----|
| ![Schematic summary](image1) | ![Graph](image2) | ![Graph](image3) |

**Experimental results**

| C | D₁ | D₂ |
|---|----|----|
| ![Schematic summary](image1) | ![Graph](image2) | ![Graph](image3) |

**Schematic summary**

- **A**: No diffusion from beads - ~21% growth, ~79% no growth.
- **B₁**: Beads after growth - ~21% growth, ~79% no growth.
- **B₂**: Only receivers co-localized with producers grow.
- **C**: Diffusion from beads - ~15 µm between cells within a bead.
- **D₁**: Beads after growth - ~21% growth, ~79% no growth.
- **D₂**: Almost all receivers grow.
- **D₃**: Beads after growth - None of the receivers grows.
- **D₄**: Beads after growth - None of the receivers grows.
- **E**: Diffusion from beads - aggregates, with competing glucose-consumers.
- **F₁**: Beads after growth - Almost all receivers grow.
- **F₂**: Only receivers co-localized with producers grow.

---

694 R. J. van Tatenhove-Pel et al.
receiver cells and ~21% of them also contained a producer cell. The results show that after incubation 14 ± 1% of the agarose beads showed an increased forward scatter, indicating growth (Fig. 3B1, Table 2). As this is close to 21%, this indicates that there was only growth in beads containing producers and receivers. Within these beads the grown cells had a high average fluorescence (Fig. 3B2), indicating that receiver cells grew on glucose provided by producer cells. Negative controls with non-producers instead of producer cells showed growth of non-producer cells only (low average fluorescence of the grown cells, Fig. 3B2, Table 2), confirming cross-feeding between producer and receiver cells.

Altogether this setup forms a synthetic consortium where spatial interactions can be manipulated in a three-dimensional environment, and which allows the detection of growth and interactions using flow cytometry. It furthermore shows that when surrounded by oil, receiver cells only grow when localized in beads with producer cells.

**Under glucose competition receivers cannot interact with producers that are on average 15 µm away**

In the example above glucose could not diffuse from beads and each agarose bead acted as an individual compartment. In contrast, when glucose can diffuse from agarose beads the model predicted that the glucose concentration flattens close to the producer. In that case receivers at a distance of 15 µm from a producer in the same bead are exposed to similar glucose concentrations as receivers in beads without a producer (Fig. 3C). When...
the producer and receiver cells are randomly distributed within the agarose beads, the glucose uptake of receivers might change depending on their positioning. However, in almost 60% of the simulated configurations the glucose uptake changed less than twofold compared to the default positioning from Fig. 2B, and in over 90% the change was less than fourfold (Fig. S9). To reduce the computational time, we used the default positioning in subsequent simulations.

If the model prediction that all receivers see similar glucose concentrations is correct, we expect that most receivers can grow when the global glucose concentration builds up (Fig. 1, Table S2). However, in case of glucose competition the glucose concentration is expected to stay low and even receivers 15 µm away from a producer in the same bead should not be able to grow. To test these predictions we incubated agarose beads in CDM, which allows glucose diffusion from beads. Without competing glucose-consumers in the medium outside the beads 75 ± 7% of the beads showed growth and the average fluorescence of the grown cells was high (Fig. 3D1, D2 and Table 2). The percentage of beads showing growth is higher than the percentage of beads containing a producer cell (around 21%), indicating growth of both receivers with and receivers without a producer in their bead. When we took the same beads but added competing glucose-consumers outside the beads, only 15 ± 3% of the beads showed growth. Within these beads the average fluorescence of the grown cells was low, indicating that only producers grew (Fig. 3D3, D4 and Table 2). These results are consistent with the model predictions (Figs. 3C and S9), and show that under glucose competition even microcolonies of producers cannot sustain growth of receivers that are on average 15 µm away.

Without competing glucose-consumers still 25 ± 7% of the beads were gated as “no growth”, although the model predicted that all receivers could grow (Fig. 3C, D1). These beads could be false negatives caused by our stringent gating strategy (Supplementary information section 3, Figs. S4 and S5), or by empty beads with single fluorescent cells attached to their outside.

For the beads gated as “growth”, we observed an increased average fluorescence compared to the single receiver controls (Fig. 3D2). It is known that fluorescence of individual cells increases with decreasing growth rate [33, 34], suggesting that in co-cultures the higher average fluorescence could be caused by glucose limited and therefore slower growth of the receivers in the beads.

Together the data show that competition for glucose in a three-dimensional environment prevents interactions of cells that are on average 15 µm apart, because the presence of competing public good-consumers leads to steep concentration gradients.

**Aggregated producers and receivers interact even under glucose competition**

In the presence of steep concentration gradients microbial interactions might be facilitated by bringing producers and receivers into close proximity. Consistently, the model predicted that cell aggregation would allow receivers to grow under glucose competition (Fig. 3E). We developed a protocol to make producer–receiver aggregates. Defined aggregates were formed by adding positively charged producers to an excess of negatively charged receivers, ensuring that producers were directly surrounded by receivers. In this way we obtained a mixture of single receivers and aggregates of one producer with approximately eight receivers attached to its surface (Fig. 2B). We roughly estimated the aggregate concentration in the mixture based on the added amount of positively charged producer-cells. These aggregates were subsequently encapsulated in agarose beads following a Poisson distribution, with the aim to add an aggregate to at most 21% of the beads. The actual percentage of beads containing a viable aggregate is likely lower, as not all producers remain viable, and as some aggregates contain multiple producer cells due to clumping. However, underestimating the percentage of beads with a viable aggregate would not affect the results, as we only analyze agarose beads with growth after incubation (Supplementary information section 3, Figs. S4 and S5).

We incubated the formed agarose beads in CDM with competing glucose-consumers. After incubation we saw an increased scatter in 3 ± 2% of the beads (Fig. 3F1, Table 2), indicating only growth in beads with both producers and receivers. Within these beads the average fluorescence of the grown cells was increased compared to the producer mono-culture (Fig. 3F2), indicating growth of both producers and receivers. Negative controls with non-producers and receivers showed an average fluorescence similar to the producer mono-culture, indicating that the aggregate concentration is likely only (Fig. 3F3). We did not include samples without competing glucose-consumers, as Fig. 2 shows that all receivers will grow in these conditions.

Overall, the results show that close proximity through cell aggregation facilitates microbial interactions, even in a three-dimensional system with competition for the public good.

**Aggregation results in dense microcolonies, facilitating growth of receivers with low affinity and low Vmax glucose transporters**

Glucose uptake can be affected by cellular properties and environmental conditions. Consistent with Fig. 1, the model predicts that decreasing the diffusion coefficient has limited effect on the glucose uptake of receiver cells that are either 0 or 15 µm away from producer cells (Fig. S11). The model
Microbial competition reduces metabolic interaction distances to the low µm-range

**Fig. 4** Effect of glucose transporter affinity and $V_{\text{max}}$ on the receiver response. Mono- and co-cultures of (non-)producers and receivers with different glucose transporter types were incubated in agarose beads surrounded by CDM. Receivers are ordered based on their growth rate (Supplementary information section 5, Table S3). *L. lactis* NZ9000, PTSman has a $K_m$ of 0.013 mM and a $V_{\text{max}}$ of 0.22 µmol/min/mg protein, *L. lactis* NZ9000, PTScel has a $K_m$ of 8.7 mM and a $V_{\text{max}}$ of 0.25 µmol/min/mg protein, and *L. lactis* NZ9000, GlcU has a $K_m$ of 2.4 mM and a $V_{\text{max}}$ of 0.08 µmol/min/mg protein [23] (Supplementary information section 4.5). A Producer mono-cultures were incubated in the presence of lactose, receiver mono-cultures in the presence of glucose. In producer mono-cultures agarose beads contained separated cells. B Co-cultures were incubated in the presence of lactose. Agarose beads contained either separated cells (on average 15 µm between cells within a bead), or producer–receiver aggregates (0 µm between cells). The beads were incubated in CDM with and without competing glucose-consumers. For each culture the median and standard error of the average fluorescence of the grown cells is shown ($n = 3$). Corresponding density plots are shown in Supplementary information section 6, Fig. S12.

Furthermore predicts that increasing the glucose production rate increases the interaction distance, but interactions are still limited to the low µm-range (Fig. S9). As in the presence of a glucose-sink the glucose concentration is low, we expected that the glucose affinity ($K_m$) and maximal glucose uptake rate ($V_{\text{max}}$) of receiver cells would affect the efficiency of interactions. This effect could however be countered by receiver-independent growth of producers, which increases the glucose production rate and therefore the local glucose concentration (Fig. S9), resulting in a similar glucose uptake of the different mutant-receivers.

To study the effect of changes in $q_{\text{max}}$ in more detail, we modeled producer–receiver aggregates with receivers that contained one of the three different glucose transporter types of *L. lactis*—PTSman, PTScel, and GlcU, which are characterized in detail by Castro et al. [23] (Supplementary information section 4.5). Within aggregates the effective diffusion coefficient ($D_{\text{eff,s}}$) is described to be 10–70% of the diffusion coefficient in water ($D_s$), depending on the aggregates’ density [29, 30]. When we assume the presence of 50 producer cells and set $D_{\text{eff,s}}$ to 10% of $D_s$, the model predicts that receivers with the low $K_m$ and high $V_{\text{max}}$ transporter PTSman ($K_m = 0.013$ mM, $V_{\text{max}} = 0.22$ µmol/min/mg protein [23]) consume about 15 times more glucose than receivers with a high $K_m$ or low $V_{\text{max}}$ transporter PTScel: $K_m = 8.7$ mM, $V_{\text{max}} = 0.25$ µmol/min/mg protein, GlcU: $K_m = 2.4$ mM, $V_{\text{max}} = 0.08$ µmol/min/mg protein [23]) (Supplementary information section 4.5, Fig. S10). When $D_{\text{eff,s}}$ is 70% of $D_s$, this difference is around 70-fold.

To validate the model results, we constitutively expressed GFP in engineered *L. lactis* strains which each contained only one of the three glucose transporters PTSman, PTScel, or GlcU [35]. We subsequently analyzed if their glucose uptake was high enough to interact with producers. The experimental results show that in mono-culture controls the average fluorescence of the grown cells decreased with an increasing growth rate (Fig. 4 and Supplementary information section 5, Table S3), an effect that we saw before. When producers and receivers were on average 15 µm away from each other, the mutant-receivers show similar behavior as the wild-type-receiver: in the absence of competing glucose-consumers receivers grew independently of their distance from a producer cell, while in the presence of competing glucose-consumers producers could not sustain growth of receivers (Figs. 4b and S12). Fig. 4 further shows that in producer–receiver aggregates even the low-affinity receivers could grow. These results are consistent with the model prediction that at a high glucose production rate $q_p$ and with the formation of dense microcolonies with a low $D_{\text{eff,s}}$, the glucose uptake of the different mutant-receivers is high (Fig. S10). Aggregates with receivers containing the low $K_m$ and high $V_{\text{max}}$ transporter PTSman showed the highest

---

**Diagram**: A. Mono-cultures B. Co-cultures

**Legend**
- Single cells controls
- Separated cells, without competing consumers
- Separated cells, with competing consumers
- Aggregates, with competing consumers

**Cell type**
- Producers
  - *L. lactis* MG5267
  - *L. lactis* NZ9000_G Lac-

- Receivers
  - *L. lactis* MG1363_GFP
  - for NZ9000_GFP available glucose transporter is indicated
average fluorescence of the grown cells. This finding is consistent with the model predictions that receivers containing PTSman have the highest glucose uptake rate. Altogether the data show that in a three-dimensional system with a metabolite consuming sink a steep concentration gradient is obtained, and cells that are on average 15 µm away from each other cannot interact through glucose cross-feeding. This physical constraint can be overcome by bringing cells together in the low µm-range, as achieved through cell aggregation—physical contact.

**Discussion**

Contact-independent interactions can be local or global, depending on the profile of the concentration gradient. Previous studies quantified interaction distances either in monolayers of cells (two-dimensional system) or in absence of a competing metabolite-sink [13, 14]. While these studies give valuable insight, they have a limited resemblance to environmental conditions, which are typically three-dimensional and harbor competing organisms and other metabolite-removing sinks. A reaction-diffusion model predicted that in three-dimensional systems in the presence of a metabolite-removing sink, a concentration of 10 µM glucose was reached at a two orders of magnitude shorter distance than in two-dimensional systems, reducing the interaction distances to around the size of single cells (Fig. 1, Table S2). This was the case in conditions representing aqueous, as well as biofilm and colony systems. These results suggest that in more realistic environmental conditions interaction ranges might be much shorter than the in vitro two-dimensional systems predict. In this study we therefore analyzed the impact of cell-to-cell distance on unidirectional cross-feeding of glucose in a three-dimensional aqueous environment, in the presence and absence of a competing metabolite consumer as a public good-removing sink.

We found a global receiver-response in the absence of competing glucose-consumers, and a local receiver-response in the presence of competing glucose-consumers (Fig. 3). Diener et al. observed a similar pattern of local and global interactions during *S. cerevisiae* mating [14]. Haploid cells secrete a peptide, which is sensed and degraded by haploid cells of the opposite mating type. This results in a local high peptide concentration and local interactions: cells from opposite mating types initiate mating specifically in each other’s direction. However, incubation of mutants that could not degrade the peptide resulted in a global high peptide concentration, and independent of their location cells initiated mating in different directions.

For wild-type cells Diener et al. predicted that the maximum information content of the peptide distribution is similar for cells ~17 and ~2 µm away from each other [14], suggesting that yeast cells interact efficiently when they are 17 µm away from each other. Similar interaction distances (3.2–12.1 µm) were found by Dal Co et al. when they grew bidirectionally cross-feeding *E. coli* cells in a microfluidic chamber [13]. Our data however show that in a three-dimensional environment with a metabolite-sink the interaction distances are shorter, as producers and receivers that were on average 15 µm away from each other could not cross-feed (Fig. 3D, D4). These results match the model prediction that in the presence of a metabolite-sink, interaction distances in three-dimensional systems are shorter than in two-dimensional systems. In the set-ups of Dalco et al. and Diener et al. the metabolite is only degraded/consumed by the receiver itself, so the metabolite concentration will decrease close to receiver cells. When receivers compete with metabolite-sinks, such as competing metabolite consumers, continuous liquid flow or a dilute system, the overall metabolite concentration will be lowered, resulting in shorter interaction distances. Consistent with this idea Koschwanez et al. showed that at low cell densities and low sucrose concentrations, where the volume acts as the main metabolite-sink, *S. cerevisiae* cannot grow even though invertase splits sucrose into glucose and fructose in the periplasmic space, so very close to the receiver cell [8].

During evolution of cooperation in which costly compounds are secreted, wild-type noncooperators form a competing public good-sink. Our results therefore indicate that for glucose-like compounds in an aqueous environment, cell-to-cell distances in the low µm-range are required to evolve costly cooperation. Aggregation also allows (evolution of) contact-dependent transfer mechanisms, like nanotubes or vesicle chains. To our knowledge *L. lactis* does not exchange cytosolic material using these contact-dependent transfer mechanisms and the model indicates that just diffusion can explain our experimental results. When cells aggregate or grow in biofilms the diffusion distance and diffusion rate will be reduced [32, 36], and this might increase the efficiency of interactions [16, 37]. Efforts to understand the micro-scale structure of aggregates and biofilms might therefore reveal important information about the underlying interactions in natural communities [36, 38]. We furthermore found that high and low-affinity receivers and receivers with a low $V_{\text{max}}$ glucose transporter were all unable to grow when they were on average 15 µm away from producers, but all did grow when aggregated with producers (Fig. 4). This suggests that dense microcolonies with a low diffusion rate were formed (Supplementary information section 4.5, Fig. S10). Aggregating cells therefore seem to kill two birds with one stone: they decrease both the cell-to-cell distance and the diffusion rate, two factors which were previously reported to promote interaction [16, 37].
However, aggregation also slows down the diffusion of inhibiting metabolic end-products from the micro-colony and the diffusion of extracellular nutrients into the micro-colony [39, 40], and it therefore not always increases the interaction efficiency. Aggregation of the cross-feeding yogurt consortium (Lactobacillus bulgaricus and Streptococcus thermophilus) in 100–300 µm capsules reduced for instance their growth and acidification rates, and proteolysis was only faster in the first hour [41], indicating that in this case the aggregation costs did not outweigh the benefits.

When producer cells can form aggregates or micro-colonies independently of receiver cells (e.g. in unidirectional cross-feeding), the local metabolite production rate and hence the local metabolite concentration increases (Fig. S9). This might facilitate interactions, as shown for invertase positive aggregates of yeast cells [8]. Our study shows that even producer microcolonies that were on average 15 µm away from receiver cells could not sustain receiver-growth, emphasizing the importance of close proximity for both uni- and bidirectional cross-feeding systems. Future research could focus on bidirectional cross-feeding in aggregates: as the mutual dependency reduces the metabolite production rate factors like receiver affinity might play a bigger role here. The described platform can be used to study both aerobic and anaerobic organisms [42], and could furthermore be used to study for example the effect of confinement size (determined by the agarose bead size) or metabolite-sink strength.

In the presence of a metabolite-sink, interactions involving molecules with diffusion coefficients similar to glucose (e.g. other sugars, organic acids, amino acids [30]) require cell-to-cell distances in the low µm-range. Consistently, many extracellular substrate-degrading enzymes are attached to the cell, which places the source (enzyme) close to the receiver (cell). Invertase is for instance located in the periplasmic space of S. cerevisiae [43], the protease of L. lactis is attached to the cell wall [9] and in both fungi and bacteria cellulases are also attached to the cell wall [44]. Hauert et al. argue that when a producer also benefits from its own product, which is the case for extracellular enzymes, spatially structured localization of cells is only advantageous when the enzyme production costs are high [45]. Attachment of extracellular enzymes to the cell wall therefore suggests that these enzymes are costly. This is consistent with Bachmann et al., who showed in L. lactis that protease negative strains outcompeted protease positive strains with a cell wall bound protease, unless they were more than 1 mm apart (cell density lower than 10^7 cells/mL) [9].

Larger compounds like enzymes have a lower diffusion coefficient [29, 46], which is expected to increase the interaction distances in the presence of a metabolite-sink (Fig. 1, Table S2). However, also here concentration gradients shaped the evolution of molecular mechanisms involved in the interaction. Slow diffusion of large, aggregated resources like particulate iron (>0.4 µm) can for instance cause cellular iron uptake to become diffusion limited. It is therefore hypothesized that cells increase their iron uptake rate by secreting siderophores that bind to iron particles, extract iron ions, and subsequently form fast-diffusing iron-siderophore complexes [47].

Controlled metabolite exchange is a critical feature of living cells [48], and forms the basis for extracellular metabolism of nutrients and interactions with other cells. This study points to constraints—and opportunities—that concentration gradients may impose on cellular interactions, how it shaped their evolution and their role in microbial consortia, and how researchers can use these principles to understand and steer these interactions.

Acknowledgements We thank Sieze Douwenga and Daan de Groot for fruitful discussions. RJvT, IVS, EZ, JAH, OPK, BT, and HB were financed by the Netherlands Organisation for Scientific Research (NWO), as part of the research programme TTW with project number 13858. AL and TR were financed by the Slovenian Research Agency (Grant no. J1-9194, N1-0100), international grant supported by Helmholtz-Zentrum Dresden-Rossendorf and the European Commission (Grant no. 826312) and the European Regional Development Fund (Grant No. UA02-228).

Author contributions RJvT, BT, and HB conceived the study, designed experiments, interpreted the data, and wrote the paper. RJvT, IVS, and EZ carried out the experiments. TR and AL developed the aggregation protocol. CP and RJvT built the COMSOL Multiphysics model. JAH and OPK constructed the strains L. lactis NZ9000_PTSman_GFP, L. lactis NZ9000_PTScel_GFP and L. lactis NZ9000_GluC_GFP. All authors helped improving the manuscript.

Compliance with ethical standards

Conflict of interest HB is employed by NIZO Food Research, a contract research organization. NIZO Food Research had no role in the study design, data collection, and analysis, decision to publish, or preparation of the manuscript.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article’s Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article’s Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/.
42. van Tatenhove-Pel RJ, Hernandez-Valdes JA, Kuipers OP, Fischlechner M. Microdroplet screening and selection for improved microbial production of extracellular compounds. Curr Opin Biotechnol. 2020;61:72–81.
43. Gore J, Youk H, van Oudenaarden A. Snowdrift game dynamics and facultative cheating in yeast. Nature. 2009;459:253–6.
44. Haitjema CH, Gilmore SP, Henske JK, Solomon KV, de Groot R, Kuo A, et al. A parts list for fungal celluloses revealed by comparative genomics. Nat Microbiol. 2017;2:17087.
45. Hauert C, Doebeli M. Spatial structure often inhibits the evolution of cooperation in the snowdrift game. Nature. 2004;428:643–6.
46. Peulen T-O, Wilkinson KJ. Diffusion of nanoparticles in a biofilm. Environ Sci Technol. 2011;45:3367–73.
47. Leventhal GE, Ackermann M, Schiessl KT. Why microbes secrete molecules to modify their environment: the case of iron-chelating siderophores. J R Soc Interface. 2019;16:20180674.
48. Kretschmer S, Ganzinger KA, Franquelim HG, Schwille P. Synthetic cell division via membrane-transforming molecular assemblies. BMC Biol. 2019;17:43.