Drug Use by Music Festival Attendees: A Novel Triangulation Approach Using Self-Reported Data and Test Results of Oral Fluid and Pooled Urine Samples

Hallvard Gjerde, Linn Gjersing, Jose Antonio Baz-Lomba, Lubertus Bijlisma, Noelia Salgueiro-González, Håvard Furuhaugen, Anne Line Bretteville-Jensen, Félix Hernández, Sara Castiglioni, Ellen Johanna Amundsen, and Ettore Zuccato

Section of Drug Abuse Research, Department of Forensic Sciences, Oslo University Hospital, Oslo, Norway; Department of Alcohol, Tobacco and Drugs, Norwegian Institute of Public Health, Oslo, Norway; Norwegian Institute for Water Research, Oslo, Norway; Research Institute for Pesticides and Water, University Jaume I, Castellón, Spain; Istituto di Ricerche Farmacologiche Mario Negri IRCCS, Milan, Italy

ABSTRACT

Background: Self-reported data are commonly used when investigating illicit substance use. However, self-reports have well-known limitations such as limited recall and socially desirable responding. Mislabeling or adulteration of drugs on the illicit market may also cause incorrect reporting. Objectives: We aimed to examine what could be gained in terms of illicit drug use findings among music festival attendees when including biological sample test results in the assessment. Methods: We included 651 attendees at three music festivals in Norway from June to August 2016. Self-reported drug use was recorded using questionnaires, and samples of oral fluid were analyzed to detect use of illicit drugs. In addition, we analyzed samples of pooled urine from portable toilets at each festival. Results: All methods identified cannabis, MDMA, and cocaine as the most commonly used drugs. Overall, 6.6% of respondents reported use of illicit substances during the previous 48 hours. Oral fluid testing identified a larger number of drug users as 12.6% tested positive for illicit drugs. In oral fluid testing, we identified ketamine and three new psychoactive substances (NPS) that had not been reported on the questionnaire. In pooled urine testing, we identified amphetamine and three additional NPS that were neither reported used nor found in oral fluid samples. Conclusions/Importance: Drug testing of biological samples proved to be an important supplement to self-reports as a larger number of illicit substances could be detected.

KEYWORDS

Recreational drug use; illicit drugs; music festivals; self-reported drug use; oral fluid; pooled urine; drug testing

Introduction

Illicit substance use is most commonly studied using self-reported data collected via questionnaires and/or interviews (Johnson & VanGeest, 2017; Sloboda, 2002). In addition to detailed information on drug use and consumption history, individual data on a range of potentially important variables can be collected for every respondent. However, self-reports have well-known limitations, such as under- or overreporting of actual drug use. Incorrect reporting may result from factors such as limited recall and socially desirable responding (Johnson & Richter, 2004; Johnson & Fendrich, 2005). Selection bias may be a problem, either because participants are nonrandomly recruited or because some subgroups may have a lower probability of participation (Harrison & Hughes, 1997; Johnson, 2014). One particular problem for studies on the use of illicit drugs is that users may not know exactly what they have consumed (EMCDDA, 2016b; Tanner-Smith, 2006; Togni, Lanaro, Resende, & Costa, 2015; Vogels et al., 2009). The problem may apply in particular to inexperienced users, but even experienced users may not always know the true content of the substances used. This problem may have increased in recent years as a large number of so-called New Psychoactive Substances (NPS) have appeared on the drug market. NPS are defined as new narcotic or psychotropic drugs that were not included in the United Nations’ Single Convention on Narcotic Drugs (UNODC, 1961) or the Psychotropic Substances...
Convention (UNODC, 1971). These mainly include synthetic stimulants, depressants, hallucinogens, and cannabinoids (EMCDDA, 2017; Nelson, Bryant, & Aks, 2014), but some plant-based drugs may also be classified as NPS (Schifano, Orsolini, Duccio Papanti, & Corkery, 2015). In cases where sales information or labels exist, these may be inaccurate or misleading due to intended mislabeling or adulteration of common drugs with NPS (Oliver et al., 2019; Palamar et al., 2017; Scherbaum, Schifano, & Bonnet, 2017; UNODC, 2016) or the chemical name may be difficult to remember. Hence, even when reporting to the best of their knowledge, users may still do so incorrectly.

An alternative to self-reports is drug testing of biological samples such as urine, oral fluid (saliva), sweat, hair, or blood (Fendrich, Johnson, & Becker, 2017; Fendrich, Johnson, Wislar, Hubbell, & Spiehler, 2004; Gjerde, Øiestad, & Christophersen, 2011; Salomone, Palamar, Gerace, Di Corcia, & Vincenti, 2017), which may be used to detect recent use of a wide range of substances. However, the refusal rate may be high if the sample collection is regarded as intrusive (Gjerde et al., 2011). Fendrich and coworkers found in a population survey that about 10% refused to give a sample of oral fluid, whereas about 24% refused to provide urine sample (Fendrich, Johnson, Wislar, & Hubbell, 2004). Some participants may fear that drug findings may be traced to the sample provider. Low participation rates may introduce a significant selection bias. Further, analysis of NPS presents a challenge compared with that of classical illicit drugs due to the large number of new substances and rapid changes in availability, as well as a complex pattern of metabolites in urine samples.

Wastewater-based epidemiology (WBE) has been recognized as a complementary tool for objectively monitoring the use of illicit drugs at population level (Bade et al., 2017; Brewer, Banta-Green, Ort, Robel, & Field, 2016; Burgard, Banta-Green, & Field, 2014; Thomas et al., 2012; Zuccato, Chiabrando, Castiglioni, Bagnati, & Fanelli, 2008). The methodology has recently also been explored for NPS (Bade et al., 2017; Gonzalez-Marino, Gracia-Lor, Bagnati, et al., 2016; Gonzalez-Marino, Gracia-Lor, Rousis, et al., 2016); in the latter case, the above challenges also exist for WBE in relation to the low incidence of NPS use and therefore low concentrations in wastewater.

As an alternative to wastewater, analysis of pooled urine samples can be used to evaluate the consumption of both classical and new psychoactive drugs (Archer, Hudson, Wood, & Dargan, 2013; Mardal et al., 2017). Drug concentrations are obviously higher in pooled urine than in wastewater due to the much lower dilution factor, thereby increasing the possibility of detecting rarely used drugs, which is an important advantage. Few samples are needed, and a large number of different substances can be analyzed using the same sample, which represents a large number of individuals. As with wastewater testing, informed consent from individuals is not needed, and the sampling process is neither intrusive nor invasive. A disadvantage is that information about the participants is difficult to collect, including the number of people contributing to the pooled urine sample. Therefore, pooled urine testing does not contribute to estimating prevalence of illicit drug use. Nevertheless, pooled urine testing is a useful tool for determining the types of drugs consumed.

Advanced analytical methodologies are required to examine drugs in wastewater, pooled urine, oral fluid, or other biological samples, particularly for NPS (Hernandez et al., 2018). The most common approach is the monitoring of only specified substances. This allows quantification of very low drug concentrations in the samples, using techniques like liquid chromatography (LC) coupled to tandem mass spectrometry (MS/MS). Although this approach is highly useful and robust, it cannot be used to detect drugs that are not among the targeted compounds. Alternatively, the use of LC coupled to high-resolution mass spectrometry (HRMS), linked to large mass spectral libraries, enables qualitative screening (i.e., detection and identification) of a large number of drugs, when quantification is not a primary objective. This is of particular relevance when many drugs are investigated, and/or when reference standards are not all available in the laboratory, which is a common situation when dealing with NPS.

Studies of nightlife settings and events such as music festivals have reported high rates of illicit substance use (Bijlsma, Serrano, Ferrer, Tormos, & Hernandez, 2014; Gripenberg-Abdon et al., 2012; Hesse & Tutenges, 2012; Hoegberg et al., 2018; Jenkinson, Bowring, Dietze, Hellard, & Lim, 2014; Johnson, Voas, Miller, & Holder, 2009; Lim, Hellard, Hocking, & Aitken, 2008; Miller, Byrnes, Branner, Voas, & Johnson, 2013; Miller et al., 2009, 2015; Mohr, Frisca, Yeakel, & Logan, 2018; Riley, James, Gregory, Dingle, & Cadger, 2001). Particularly high rates have been found at electronic dance music (EDM) events (Hesse & Tutenges, 2012; Johnson et al., 2009; Mohr et al., 2018; Riley et al., 2001). In addition to the use of classical drugs such as cannabis, amphetamines, cocaine, and MDMA (ecstasy), the use of NPS has been detected, although at lower levels than for classical drugs (Hoegberg et al., 2018; Riley
et al., 2001; Palamar, Acosta, Sherman, Ompad, & Cleland, 2016; Palamar et al., 2017).

To the best of our knowledge, no previous studies have combined self-reported data and test results for drugs in oral fluid and pooled urine samples in settings such as music festivals. In this study, we aimed to examine what could be gained in terms of illicit drug use findings among music festival attendees when including biological sample test results in the assessment.

**Materials and methods**

**Setting**

Norway has a population of 5.2 million and the largest city has approximately 600,000 inhabitants. We selected three music festivals in Norway during the summer of 2016 for this study: a pop/rock music festival and an EDM festival, which both took place in a large city (>200,000 inhabitants), and a pop/rock music festival in a small town in a rural area. All three festivals had several thousand (8,500–20,000) visitors on each day of the festival.

**Recruitment of participants**

At each festival site, a geographical recruitment area was defined. These were located in high-traffic areas, such as close to the entrances or exits or near toilet facilities. Data collection began between 7:00 and 9:00 p.m. and continued for about 3 to 4 hours, until about 200 participants had been recruited. All festivals had a large number of patrons passing through the selected area(s); it was therefore not possible to invite all patrons to participate or to use systematic random sampling. Consequently, this was a convenience sample. Participants were informed of the study and consented to taking part in the study. Data were collected using a questionnaire, and participants provided an oral fluid sample for drug testing. Participants received a voucher for food or soft drinks in lieu of reimbursement. Further details on participant recruitment and data collection have been previously published (Gjersing, Bretteville-Jensen, Furuhaugen, & Gjerde, 2019).

Participant recruitment and collection of data and oral fluid samples were approved by the Regional Committee for Medical and Health Research Ethics (approval no. 2016/337).

**Self-report data**

A questionnaire for self-completion was used to record data on age, sex, education (less than 12 years; 12–13 years; bachelor’s degree or higher), occupation (full-time job; part-time job; student; unemployed; sick leave), and self-reported use of cannabis, amphetamines, MDMA/ecstasy, cocaine, NPS, and MOP (which was a fictitious “dummy substance”, to study the extent of overreporting) during the previous 48 hours, previous 12 months, and lifetime (yes/no for each drug class). Participants were asked to report which NPS they had used or tried during their lifetime, not during previous 48 hours or 12 months. We did not ask for use of specified NPS. If someone asked if a substance was included in the NPS category, and the research assistants were unsure, we asked them to tick “yes” and specify the type of substances used. The substances reported were assessed at a later stage.

**Oral fluid samples**

Oral fluid samples were collected using the Intercept® Oral Fluid Collection Device (OraSure Technologies Inc., Bethlehem, PA, USA). Samples of oral fluid were analyzed to detect classical recreational drugs and a selection of NPS using ultra high-performance LC-MS/MS. The sample preparation and analytical methods have been described previously (Gjerde et al., 2016). Samples were analyzed by testing for either the active drug or inactive metabolites; this was done for classical illicit drugs (amphetamines, MDMA, cocaine, cannabis, LSD, and heroin), ketamine, salvinorin A, as well as for 20 NPS, which were selected based on the opinion of experts and the types of NPS that participants reported using (see Supplementary Table S1). Sample extracts were reanalyzed to confirm tentative NPS findings using LC-HRMS with a quadrupole time-of-flight (q-TOF) mass spectrometer. Analytical data were matched with an in-house mass spectral library of approximately 1700 compounds.

**Pooled urine samples**

After each study day, the portable toilets on the festival grounds were emptied into a sewage disposal truck. Pooled urine samples were collected from the truck between 6:00 and 8:00 a.m. The samples were analyzed for the presence of a larger number of NPS than for the oral fluid samples due to differences in analytical methodologies; see Supplementary Table S1 for details. Qualitative analyses were performed for more than 190 NPS with HRMS using both quadrupole-time-of-flight and Orbitrap® (Thermo Fisher Scientific, Waltham, MA, USA) mass spectrometers, as described elsewhere (Bade et al., 2015; Gonzalez-Marino, Gracia-Lor, Bagnati, et al., 2016; Gonzalez-Marino, Gracia-Lor,
We used mass spectral libraries or specific publications for identification of substances. Quantitative analyses were performed with LC-MS/MS (Bade et al., 2017; Bijlsma, Beltran, Boix, Sancho, & Hernandez, 2014; Gonzalez-Marino, Gracia-Lor, Bagnati, et al., 2016; Gonzalez-Marino, Gracia-Lor, Rousis, et al., 2016; Zuccato et al., 2016) for the same classical illicit drugs as listed above in oral fluid testing, except for LSD. Some selected NPS (mostly synthetic cathinones) were also quantified. The referenced quantitative methods were adapted (i.e., sample preparation and preconcentration steps) and validated for the analysis of pooled urine, as these original methods were developed for the determination of illicit drugs and NPS in wastewater.

For cannabis, we only tested its main metabolite, 11-nor-9-carboxy-Δ9-tetrahydrocannabinol (THC-COOH) in pooled urine because the active substance tetrahydrocannabinol (THC) is mainly metabolized to THC-COOH and excreted via urine. This metabolite is generally used as a stable biomarker for cannabis in wastewater analysis (Bijlsma, Serrano, et al., 2014; Thomas et al., 2012).

**Statistical analysis**

We used Pearson’s chi-squared test for categorical data to compare age distributions, education, and drug use among attendees at the three festivals. Wilson’s binomial 95% confidence intervals for proportions were calculated incorporating continuity correction (Newcombe, 1998).

**Results**

**Questionnaire responses**

Of the 651 study participants, 49% (n = 320) were females. The proportion of participants younger than age 24 years was significantly higher at the EDM festival (74.1%) than the two pop/rock festivals (15.5% and 18.6%; χ² = 201.3, p < .001), and a larger proportion had not completed bachelor’s degree or higher education (66.8% among EDM festival participants versus 20.4% and 19.5% among participants at the pop/rock festivals; χ² = 136.2, p < .001). Most attendees at the pop/rock festivals had full-time jobs, and four out of five held a bachelor’s degree or higher. Characteristics of the three music festivals and the study cohorts are presented in Table 1.

In total, 6.6% of respondents reported use of illicit drugs during the previous 48 hours. Cannabis was the most commonly reported drug (5.1%), followed by MDMA (1.7%) and cocaine (1.1%). Cannabis was also most commonly reported drug used in the previous 12 months (21.8%), followed by MDMA (5.7%) and cocaine (5.4%). Details for each of the three festivals are presented in Tables 1 and 2. A larger proportion of the participants at the EDM festival reported use of MDMA during the previous 48 hours (3.9%) than attendees at the other festivals (0.7%; χ² = 8.8, p = .003).

**Table 1. Characteristics of music festivals and participants.**

|                        | Pop/rock festival (large city) | EDM festival (large city) | Pop/rock festival (small town) |
|------------------------|--------------------------------|---------------------------|--------------------------------|
| No. of attendees (approximate, per d) | 20,000 | 18,000 | 8,500 |
| No. of study participants | 226 | 205 | 220 |
| Response rate (%) | 60.2 | 53.7 | 77.5 |
| Male sex (%) | 46.5 | 54.1 | 47.3 |
| Age, years (%) | | | |
| 16–23 | 15.5 | 74.1* | 18.6 |
| 24–30 | 47.3 | 21.5 | 41.8 |
| 31–40 | 25.7 | 3.9* | 25.9 |
| 41+ | 10.6 | 0.0* | 13.6 |
| Not recorded | 0.9 | 0.5 | 0.0 |
| Education (%) | 79.6 | 33.2* | 80.5 |
| Bachelor’s degree or higher | 72.6 | 42.4* | 69.1 |
| Part-time or student | 23.0 | 52.7 | 24.1 |
| Full-time | 4.4 | 4.9 | 6.4 |
| Not recorded | 0.0 | 0.0 | 0.5 |
| Employment status, previous 30 days (%) | | | |
| Self-report drug use, previous 12 months (%) | | | |
| Amphetamines | 2.7 | 9 | 0.5 |
| Cocaine | 6.6 | 7.3 | 2.3 |
| MDMA | 6.6 | 10.06 | 0.9 |
| Cannabis | 23.5 | 23.9 | 18.2 |
| NPS | 0.0 | 1.5 | 0.9 |
| MOP | 0.0 | 1.5 | 0.0 |

* p < .001, $p$ < .005 when comparing participants at the EDM and the two pop/rock festivals. Abbreviations: EDM, electronic dance music; NPS, new psychoactive substances. MOP, a fictitious “dummy substance”, to study the extent of overreporting.
| Substance          | Pop/rock festival (large city) | EDM festival (large city) | Pop/rock festival (small town) |
|-------------------|--------------------------------|--------------------------|-------------------------------|
|                   | Drug testing                   | Self-reported use previous | Drug testing                   | Self-reported use previous | Drug testing                   | Self-reported use previous |
|                   | Pooled urine (µg/L) | Oral fluid % (95% CI) | 48 h % (95% CI) | Pooled urine (µg/L) | Oral fluid % (95% CI) | 48 h % (95% CI) | Pooled urine (µg/L) | Oral fluid % (95% CI) | 48 h % (95% CI) |
| Amphetamine       | 4.9 | 0.0 (0.0–2.1) | 0.0 (0.0–2.1) | 5.4 | 0.0 (0.0–2.3) | 1.0 (0.2–3.9) | 8.3 | 0.0 (0.0–2.1) | 0.0 (0.0–2.1) |
| Methamphetamine   | 3.8 | 0.0 (0.0–2.1) | – | 1.6 | 0.0 (0.0–2.3) | – | 1.6 | 0.0 (0.0–2.1) | – |
| Cocaine           | 46.2 | 4.0 (2.0–7.7) | 1.3 (0.3–4.2) | 7.9 | 6.8 (3.9–11.4) | 2.0 (0.6–5.3) | 1.7 | 0.0 (0.0–2.1) | 0.0 (0.0–2.1) |
| Benzoyleucgonine  | 13.4 | 1.8 (0.6–4.8) | – | 11.0 | 2.0 (0.6–5.3) | – | 0.9 | 0.0 (0.0–2.1) | – |
| MDMA (ecstasy)    | 28.6 | 4.6 (2.0–7.7) | 1.3 (0.3–4.2) | 38.3 | 7.3 (4.3–12.0) | 3.9 (1.8–7.8) | 3.0 | 0.0 (0.0–2.1) | 0.0 (0.0–2.1) |
| Cannabis          | – | – | 5.8 (3.2–9.9) | – | – | 7.8 (4.7–12.6) | – | – | 1.8 (0.6–4.9) |
| THC               | n.a. | 8.8 (5.8–13.5) | – | n.a. | 7.3 (4.3–12.0) | – | n.a. | 1.8 (0.6–4.9) | – |
| THC-COOH          | 1.3 | n.a. | – | 0.0 | n.a. | – | 3.3 | n.a. | – |
| Ketamine          | 0.1 | 0.0 (0.0–2.1) | – | 0.0 | 1.0 (0.2–3.9) | – | 0.0 | 0.0 (0.0–2.1) | – |
| NPS               | See below | 1.3 (0.3–4.2) | 0.0 (0.0–2.1) | See below | 0.0 (0.0–2.3) | 0.5 (0.0–3.1) | See below | 0.9 (0.2–3.6) | 0.0 (0.0–2.1) |
| Methcathinone     | 0.3 | n.a. | – | 0.0 | n.a. | – | 0.0 | n.a. | – |
| 4-chloro-alpha-PPP | Positive c | n.a. | – | n.a. | n.a. | – | n.a. | n.a. | – |
| 2-phenethylamine  | Positive | n.a. | – | Positive | n.a. | – | Positive | n.a. | – |
| Alpha-PVP         | 0.0 | 0.4 (0.0–2.8) | – | n.a. | 0.0 (0.0–2.3) | – | n.a. | 0.0 (0.0–2.1) | – |
| Dimethyltryptamine| n.a. | 0.0 (0.0–2.1) | – | n.a. | 0.0 (0.0–2.3) | – | n.a. | 0.9 (0.2–3.6) | – |
| 2C-B              | n.a. | 0.5 (0.2–3.5) | – | n.a. | 0.0 (0.0–2.3) | – | n.a. | 0.0 (0.0–2.1) | – |

a Inactive metabolite of cocaine.
b Inactive metabolite of THC.
c Tested positive, not quantified.
n.a.: not analyzed.
–: not queried or not applicable.
Only nine participants (1.5%) reported lifetime use of NPS, five (0.8%) during the previous 12 months and only one within the previous 48 hours. Respondents were only asked to specify the types of NPS used during their lifetime and not those used in the previous 48 hours; three participants reported having tried synthetic cannabinoids or “spice”, two reported having used 2C-B (a psychedelic drug), and four did not specify which substance they had used.

**Oral fluid test results**

Illicit drugs were found in 12.6% of oral fluid samples, which is a significantly larger proportion than self-reported use during the previous 48 hours ($\chi^2 = 13.5$, $p < .001$). The most commonly detected drugs were THC, cocaine, and MDMA, the proportions and frequencies of which varied among the three festivals (Table 2).

Similar to the questionnaire responses, a larger proportion of participants at the EDM festival tested positive for MDMA ($\chi^2 = 11.1, p = .001$) and cocaine ($\chi^2 = 9.5, p = .002$) than attendees at the two pop/rock festivals. At the same time, a smaller proportion of participants tested positive for THC at the pop/rock festival in the small town than attendees at the two festivals in large cities ($\chi^2 = 10.3, p = .001$). In analysis of oral fluid samples, we detected the use of ketamine by two persons at the EDM festival. Three NPS were detected: alpha-PVP and 2C-B had been used by a few participants at the large city pop/rock festival, and dimethyltryptamine by two participants at the small town pop/rock festival.

**Pooled urine test results**

In line with self-reports and results of oral fluid sample testing, analysis of pooled urine also revealed the highest proportion of MDMA use at the EDM festival. The highest concentrations of cocaine and its metabolite were found in the pooled urine sample from the pop/rock festival in the large city, with relatively high levels of MDMA detected as well. The sample from the small-town pop/rock festival showed the highest concentration of THC-COOH. Ketamine was detected only in the sample from the large city pop/rock festival. Overall, three NPS were detected: methcathinone, 4-chloro-alpha-PPP, and 2-phenethylamine; all three substances were found in the sample from the large city pop/rock festival, 2-phenethylamine also in samples from the two other festivals.

In some cases, a drug or its metabolite was found in pooled urine but it was not found in oral fluid samples nor its use reported on the questionnaires (amphetamine at the two pop/rock festivals and cocaine at the small town pop/rock festival; Table 2). Conversely, at the EDM festival, the use of cannabis was confirmed in self-reports and oral fluid testing but not in the pooled urine test results. A comparison of the three festivals based on self-reports and oral fluid testing was therefore slightly different than a comparison of the festivals using the pooled urine test results.

Finally, only 29 of the 82 persons (35.4%) who tested positive for illicit drugs in oral fluid, including NPS, reported having used the detected substance or NPS during the previous 48 hours. Among those who tested positive for cannabis, 51.3% reported such use during the previous 48 hours, whereas among those testing positive for cocaine or MDMA, only 25.5% reported such use ($\chi^2 = 6.1, p = .014$).

**Discussion**

To the best of our knowledge, this is the first study of illicit drug use at music festivals that combines self-reports with drug testing of both oral fluid and pooled urine samples. Although all methods identified the three same most commonly used drugs, the biological sample test results identified a larger number of illicit substances than the self-reports. Drug testing of biological samples therefore appears to be an important supplement to self-reports when investigating illicit substance use.

The biological sample test results and questionnaire responses indicated that the type of substances used differed among festivals. MDMA was more common among EDM festival attendees whereas cannabis was more common among participants at the pop/rock festival in the large city. At the small-town pop/rock festival, cannabis was the most commonly reported substance; few participants had used other drugs, as confirmed by analytical testing of oral fluid or pooled urine, and no one reported use of any other substance during the previous 48 hours.

Each of the three methods used – questionnaires, oral fluid sample testing, and pooled urine sample testing – have strengths and weaknesses. The use of a questionnaire enables the collection of sociodemographic data and information of self-reported drug use over a longer time period than can be detected with analysis of oral fluid or urine. We also used the questionnaire to collect data that are not presented in
this article, such as the frequency and amount of drug use, other drug use habits, and some risk assessments.

Oral fluid drug testing is a more objective method to determine recent drug use than self-reporting. This methodology can be used to detect a large number of substances; we included 29 individual substances in our study; however, the number of oral fluid samples was relatively low. Each festival had thousands of attendees per day, so the selected study cohorts of about 200 people per festival constituted a small fraction of the total attendees at each event. Consequently, it was not possible to accurately estimate the prevalence rate of substance use in each festival, and it is possible that we did not detect all NPS used. However, the latter was the main strength of the pooled urine samples; using pooled urine testing, we were able to identify substances not detected using the questionnaire or in oral fluid analysis.

It is difficult to estimate the prevalence rate of drug use based on pooled urine testing. It is also difficult to quantitatively compare the drug use levels at the different festivals because the number of participants contributing to the public toilet samples was unknown. In addition, the total drug dose per user might have been different at each festival.

Overall, all three methods had individual weaknesses, but when used in combination, these were able to strengthen the findings.

Discrepancies between self-reported data and results of oral fluid and urine testing

The use of cocaine and MDMA during the previous 48 hours was clearly underreported. Underreporting was investigated in greater detail in a study including participants from six music festivals, including the three festivals in the present study (Gjerde, Gjersing, Furuhaugen, & Bretteville-Jensen, 2019). Underreporting has also been observed in previous studies (Gripenberg-Abdon et al., 2012; Harrison & Hughes, 1997; Johnson et al., 2009; Rendon, Livingston, Suzuki, Hill, & Walters, 2017); the magnitude may depend on age, sex, race, as well as type of drug (Harris, Griffin, McCaffrey, & Morral, 2008; Johnson, 2014; Rendon et al., 2017; Rosay, Najaka, & Herz, 2007). For example, there seems to be less hesitancy to report the use of cannabis than the use of amphetamine and cocaine in some settings (Gripenberg-Abdon et al., 2012; Johnson et al., 2009), possibly because the use of the latter drugs are more stigmatized. This seemed to be the case in our study as well.

Drug findings in oral fluid and pooled urine samples are not directly comparable. Drug detection in oral fluid samples mostly reflects drug use during the previous 10–50 hours, depending on the type of drug, whereas drug findings in urine samples may reflect drug use during the previous several days (Verstraete, 2004). Analysis of pooled urine samples revealed some drugs that were neither reported as having been used nor found in oral fluid samples; this is because the drugs found in pooled urine reflected drug intake by all users of the portable toilets during the entire festival day and not only the selection of participants who provided oral fluid samples and completed the questionnaire. The reason for not detecting the same NPS in pooled urine as those detected by oral fluid testing was probably that the drug concentrations in pooled urine were too low, either because of few users or because of drug metabolism before excreted in urine. Many NPS are extensively metabolized, therefore mainly metabolites of those drugs can be found in urine with very low concentrations of the parent drugs (Favretto, Pascali, & Tagliaro, 2013). Further undetectable substances may therefore have been consumed.

The discrepancy for cannabis at the EDM festival suggests that pooled urine testing is less sensitive than oral fluid testing in detection of cannabis use; this has also been previously reported to be a challenge in wastewater drug testing (Causanilles et al., 2017).

Furthermore, drugs might have been intentionally or unintentionally dumped into the public toilets, causing elevated drug concentrations that do not reflect actual drug use. The latter might have occurred for cocaine, as the observed ratio between cocaine and benzoylecgonine concentrations (3.4 and 1.8 for the two pop/rock festivals, respectively) was much higher than the commonly observed concentration ratios in wastewater (0.42 ± 0.28), which reflects the excretion rate of human metabolism (EMCDDA, 2016a).

Combining the three methods

The findings when using the three methods were somewhat different; no single method gave a complete picture of drug use in the studied cohorts. Combining the three types of data, each with distinctive pros and cons, gave the most comprehensive picture of drug use. The three methods had advantages and limitations, with some overlapping information regarding qualitative data.

Self-reports and oral fluid samples provided specific information on the prevalence of individual drug use,
including some NPS. The proportion who reported drug use during previous 48 hours was lower than the prevalence of drug findings in oral fluid samples due to under-reporting. However, self-reported data was needed to obtain information about drug use during the previous month, year and during lifetime as well as other information.

Pooled urine analysis is not well suited to study drug prevalence, but may instead show generic use in the studied cohorts. The wide-scope screening methodologies used and the large number of festival attendees contributing to the urine samples allowed for the potential detection of a very large number of drugs (190 NPS plus all traditional drugs); therefore, we were able to detect drugs whose use had not been reported.

The results indicated that neither amphetamine, methamphetamine, ketamine, cathinones, phenethylamines nor other NPS were used by a significant proportion of the participants. From other sources we know that the prevalence of NPS use is low in Norway (EMCDDA, 2018).

Conclusions
The combination of three methods used in this study provided the most complete picture of illicit drug use. Although all methods identified the same three most commonly used drugs, the biological sample test results identified a larger number of illicit substances than the self-reports. Analysis of pooled urine samples did not add information on the prevalence of drug use, but identified some drugs that had been used by a small number of participants. Drugs used by few individuals may, however, not always be detected in pooled urine due to low concentrations. The drug testing of biological samples proved to be an important supplement to self-reporting. Future studies examining the type of substances used in a specific setting have much to gain by the addition of these methods. More comprehensive drug use data may indicate which measures are needed to reduce drug related harm and contribute to better policy making.

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Declaration of interest
The authors report no conflicts of interest.

ORCID
Hallvard Gjerde http://orcid.org/0000-0003-1465-3128
Linn Gjersing http://orcid.org/0000-0003-0829-2020
Jose Antonio Baz-Lomba http://orcid.org/0000-0002-4923-3337
Lubertus Bijlsma http://orcid.org/0000-0001-7005-8775
Noelia Salgueiro-González http://orcid.org/0000-0002-4079-658X
Anne Line Bretteville-Jensen http://orcid.org/0000-0001-5356-2777
Félix Hernández http://orcid.org/0000-0003-1268-3083
Sara Castiglioni http://orcid.org/0000-0002-7313-8495
Ellen Johanna Amundsen http://orcid.org/0000-0001-9754-1628

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