Inhibition of *Naja naja* venom enzymes by the methanolic extract of *Leucas aspera* and its chemical profile by GC–MS

Kadiyala Gopi, Kadali Renu, Gurunathan Jayaraman*

School of Bio Sciences and Technology, Vellore Institute of Technology, Vellore 632014, Tamil Nadu, India

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**A B S T R A C T**

*Purpose:* The present investigation was aimed at evaluating the anti-ophidian properties of ethnomedicinal herb *Leucas aspera* against Indian cobra, *Naja naja* venom enzymes.

*Methods:* Methanolic extract of *Leucas aspera* was evaluated, in *vitro*, for its ability to inhibit the major enzyme activities of *Naja naja* venom including protease, phospholipase A₂, hyaluronidase and hemolytic factors. The type of phytochemicals present in the extract was analyzed. Also, the major phytoconstituents in the extract was determined by gas chromatography–mass spectrometry (GC–MS).

*Results:* Venom protease and hyaluronidase activities (two isoforms) were completely (100%) neutralized by the *L. aspera* methanolic extract at ratio of 1:50 w/w (venom:plant extract) and venom hemolytic activity was also completely neutralized at a ratio of 1:80 w/w by the plant extract. However, the extract failed to neutralize phospholipase A₂ activity even at the highest concentration used. Phytochemical analysis revealed the presence of alkaloids, acidic compounds, flavonoids, steroids and cardiac glycosides in the extract. GC–MS analysis indicated that a total of 14 compounds were present in the extract. The major bioactive constituents were found to be 6-octadecenoic acid (32.47%), n-hexadecanoic acid (25.97%), and 17-octadecen-14-yn-1-ol (14.22%) along with the minor constituents, sitosterol (2.45%) and stigmasterol (2%), which was previously reported to exhibit antivenom activity.

*Conclusion:* The results obtained demonstrate for the first time that the methanolic extract of *Leucas aspera* possesses anti-venom activity and could be considered as a potential source for the anti-ophidian metabolites.

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1. Introduction

Since time immemorial man has been dependent on plant sources for food and medicine. Recently, there has been renewed attention and interest in the use of traditional medicine. The World Health Organization (WHO) estimated that nearly 80% of the population depends on herbal medicines to meet primary health care needs due to their low cost and availability [1]. In India there are about 54 million indigenous people of different ethnic groups using medicinal plants for the treatment of various types of ailments, including snakebites [2]. Snakebite is often readily treated by traditional herbal medicines by rural population, especially in tropical and subtropical countries including India.

It is estimated that 1.2 to 5.5 million snakebites occur globally, with 94,000 deaths occurring annually [3]. In India alone, 35,000–50,000 deaths were reported every year [4,5]. The major victims are agriculturists and their families living in rural areas of the country. Snake venom is complex
mixture of enzymes, carbohydrates, proteins and several other small molecules. Among all enzymes present in the venom, proteases, phospholipases, and hyaluronidases are reported to be medically important in developing effective antidotes [6]. Proteases are known to degrade extra cellular matrixes and allow other venom components to access the local tissue. Phospholipases are multifunctional enzymes that degrade membrane phospholipids and release arachidonic acid which is a precursor molecule in causing inflammation by cyclooxygenase (COX) or lipoxygenase (LOX) pathways. Hyaluronidases are spreading factors which facilitate diffusion of venom toxins from the site of bite into general circulation and thereby increase the severity of envenomation. The only treatment available since 1895 is animal derived polyclonal antisnake venom (ASV) therapy. Despite its wide usage, due to high seasonal and biochemical variations in the venom composition, records indicate that ASV developed against big four venoms is imprecise and less effective [7] in the treatment of snakebite victims. In addition to its high cost, hypersensitive reactions were also reported from the ASV treated victims [8]. Also, the quantity of the ASV produced does not meet the demand. Therefore interest in exploring the snake venom antidotes from plant sources has increased. Hence the present study was aimed to validate the antivenomed activity of the commonly used traditional herbal plant Leucas aspera against Naja naja venom enzymes.

2. Materials and methods

2.1. Plant collection

The present investigation was carried out by conducting surveys and questionnaires with tribal people and Irulas living in Irularpatti, Vallimalai, Alamrenalapuram in Vellore district of Tamil Nadu, India and Bangarupalyam, Punganur and Chittoor in Andhra Pradesh, India. Traditional healers, called ‘Vaidyars’ from different indigenous groups were also approached for the documentation of the medicinal plants used in the treatment of snakebites. The plant species collected was identified by a Botanist Dr. Madhavachetty, Department of Botany, Sri Venkateswara University, Tirupati, Andhra Pradesh and a voucher specimen (voucher no: 1200) was deposited in the same department.

2.2. Plant extraction

Five hundred grams of shade dried powdered plant material was extracted with 1000 ml of methanol for 24 h with continuous stirring. The extraction was repeated for 3 days by changing the solvent every 24 h. The extract was concentrated using rotary vacuum evaporator under reduced pressure at 40°C. Known quantity of the dried extract was subsequently dissolved in 10 mM phosphate buffered saline (PBS pH 7.4). Centrifugation at 10,800×g (for 10 min) was performed for any insoluble. The clear solution was used for the enzyme inhibition studies. The venom activity in absence of plant extract served as the negative control.

2.3. Venom and chemicals

Lyophilized snake venom (N. naja) was purchased from Irula snake catcher’s Industrial co-operative society limited (Chennai, India). The venom was dissolved in 0.9% saline and centrifuged at 675×g for 10 min and the supernatant was used for the study. Hyaluronic acid was purchased from Sigma Aldrich (US). All other reagents and solvents were of high quality analytical grade and were purchased from SD Fine chemicals/Sisco Research Laboratory Pvt Ltd/Himedia, Mumbai.

2.4. Caseinolytic inhibition

Protease activity was determined using 1% casein as substrate in 1% agarose plates according to the method described previously [9]. 50 μg of N. naja venom was pre-incubated with various concentrations of plant extract for 1 h at 37°C. Briefly, the pre-incubated samples were loaded into 3 mm diameter wells of casein-agarose plates (0.1 M Tris–HCl buffer, pH 8.0) and incubated overnight at 37°C. Plates were then stained with Coomassie Brilliant Blue-R 250 for 1 h and destained with methanol:water:acetic acid (50:40:10). The percentage of protease inhibition was calculated by measuring the zone of clearance in the presence of plant extract. Zone of clearance values obtained for the venom in the absence of the plant extract served as control.

In addition to the plate assay, SDS-PAGE was also performed to evaluate the protease inhibition by the plant extract. Briefly, 50 μg of N. naja venom was pre-incubated with various concentrations of plant extract for 1 h at 37°C. These samples were further incubated with 15 μl of 1% casein (dissolved (w/v) in 0.1 M Tris–HCl buffer, pH 8.0, 37°C). After 30 min, the reaction was stopped by adding SDS loading buffer (containing 50 mM Tris HCl pH 6.8, 10% (v/v) glycerol, 2% (w/v) SDS, 100 mM β-mercaptoethanol and 0.1% (w/v) bromophenol blue). SDS-PAGE of the casein treated with venom in presence and absence of plant extract was then performed according to the method described previously [10] using 15% acrylamide gel.

2.5. Phospholipase (PLA2) inhibition

PLA2 inhibition was evaluated using egg yolk as substrate in 1% agarose plates according to the method described by Gutierrez et al. [11]. 50 μg of N. naja venom was pre-incubated with various concentrations of plant extract for 1 h at 37°C. The pre-incubated samples were then loaded into 3 mm diameter wells of 1% agarose plates containing 0.6% egg yolk and 5 mM CaCl2 followed by overnight incubation at 37°C. The PLA2 inhibition was calculated by measuring the zone of clearance in the presence and absence of plant extract. PLA2 activity of venom in absence of plant extract served as control.

2.6. Hemolytic inhibition

The hemolytic inhibition assay was carried out as per the method described previously [12], with slight modifications. 100 μg of N. naja venom was pre-incubated with various concentrations of plant extract in a volume of
0.1% gel samples at 10 and 200 μl PBS for 1 h at 37 °C. Briefly, human erythrocytes and 10 mM PBS (pH 7.4) were mixed (1:8 v/v) and 100 μl of this suspension was incubated with pre-incubated venom samples for 2 h at 37 °C. The reaction was stopped by adding 1 ml of ice cold PBS and centrifuged at 2500 rpm for 10 min at 4 °C. The amount of hemoglobin released in the super- natant was measured at 540 nm.

2.7. Hyaluronidase inhibition assay

Hyaluronidase inhibition assay was performed according to the method of Girish et al. [13] with minor modifications. The substrate gel for zymogram was prepared by incorporating hyaluronic acid at a final concentration of 0.17 mg/ml into 10% SDS-polyacrylamide gel matrix. 100 μg of N. naja venom was pre-incubated with different concentrations of plant extract for 1 h at 37 °C. All samples were prepared under non-reducing conditions for electrophoresis. After electrophoresis, the gel was soaked subsequently in 50 ml of 5% Triton X-100 for 1 h and then in 0.05% Triton X-100 for 30 min followed by distilled water for 1 h. The gel was equilibrated in 0.1 M sodium acetate buffer (pH 5.0) containing 0.15 M NaCl for 48 h at 37 °C. The gel was then washed with distilled water and stained with 0.1% alcan blue solution for 2 h. Destaining was carried out with 5% acetic acid until clear translucent bands appeared against dark blue background.

2.8. Phytochemical analysis

In order to obtain insight into the type of phytochemicals present in the extract, analysis was performed as per the methods described by Kokate et al. [14].

2.9. Gas chromatography–mass spectrometry analysis

Chemical composition of the methanolic extract of L. aspera was analyzed using a GC–MS CCD-HP1800A system (Hewlett-Packard, USA) equipped with a split/splitless capillary injection port. The column size was 30 m × 250 μm. An electron ionization system (Quadruples analyzer; mass range, 10–425 amu) with ionization energy of 70 eV was used for GC–MS detection. Each of these steps was carried out under high vacuum (10⁻⁴ to 10⁻⁸ Torr). Helium was used as a carrier gas at a constant flow rate of 1 ml/min and an injection volume of 2 μl was employed (split ratio of 10:1). Injector and mass transfer line temperatures were set at 250 °C and 280 °C, respectively and fragments were scanned from 50 to 600 Da. The components of extract were identified by comparison with the NIST database.

3. Results and discussion

Crude extracts of plants are being traditionally used in the treatment of wide variety of diseases including snakebite envenomations. However, in most cases the efficacy of this traditional treatment regimen is unproven. In the present study, the methanolic extract of L. aspera, one of the herbal plants widely used as an antidote by many rural populations was evaluated for its efficacy to inhibit selected enzymes in N. naja snake venom. Snake venom metalloproteases, phospholipase A₂ (PLA₂) and hyaluronidases are the key enzymes involved in tissue necrosis and extracellular matrix degradation [6,15,16]. Thus, inhibition of these enzymes is generally considered to be the rate limiting step in the management of snakebite. Therefore, in the present study, methanolic extract of L. aspera was evaluated for its potential to inhibit these major enzymes.

3.1. Protease inhibition

Agar well diffusion assay indicated that the methanolic extract of L. aspera completely inhibited the proteolytic activity of the venom at a ratio of 1:50 (w/w) venom: plant extract (Fig. 1). Also, SDS-PAGE analysis indicated that 50 μg of N. naja venom was sufficient to hydrolyse casein within the incubation period of 30 minutes at 37 °C. Similar to the plate assay results, venom caseinolytic activity was completely inhibited by the plant extract at a ratio of 1:30 w/w venom: plant extract. Fig. 2 demonstrates dose

![Fig. 1. Dose dependent inhibition of protease activity of N. naja venom by L. aspera methanolic extract. 50 μg of N. naja venom was pre-incubated with various concentrations of the plant extract (w/w) for 1 h at 37 °C. The protease activity was assayed by plate method. Venom protease activity in absence of plant extract was considered as 0% inhibition. Values represent the mean ± S.D of replicates.](image)

![Fig. 2. Inhibition of N. naja venom caseinolytic activity by L. aspera methanolic extract. 50 μg of N. naja venom was pre-incubated with various concentrations of plant extract (w/w) for 1 h at 37 °C. The protease activity was assayed in SDS-PAGE method. Lane 1: 50 μg of venom; Lane 2: casein; Lane 3: casein incubated with venom; Lane 4 to 12: samples containing casein incubated with venom in presence of different concentrations of plant extract i.e. 1:05, 1:10, 1:20 to 1:80 (w/w venom: plant extract) respectively. Arrows indicate the major bands of casein. Lane 1–3 served as controls.](image)
dependent inhibition of venom caseinolytic activity by *L. aspera* methanolic extract. Snake venom proteases majorly affect hemostasis and cause systemic hemorrhage. The most probable mechanism involved in the inhibition of these proteases by plant extracts could be due to the chelating property of phenolic components present in the extract. It is reported that, phenolic compounds form hydrogen bonds and strongly bind to the histidine residues present in Zn$^{2+}$ binding motifs of metalloproteases, resulting decrease in the hydrolytic activity of the enzyme [17]. Melo et al. [18] and Soares et al. [19] suggested that the plant extracts would have compounds that bind to divalent metal ions, which are required for enzymatic activities. As the presence of proper metal ion coordination is a pre-requisite for the hydrolytic activity of metalloproteases, any metabolite that can weaken the protease-metal ion interaction will result in inhibition of the proteolytic activity.

### 3.2. Phospholipase inhibition

In contrast to protease inhibition, the extract completely failed to neutralize venom PLA$_2$ activity even at highest concentration of extract used (Fig. 3). PLA$_2$ causes cardiotoxicity, myotoxicity, pre or postsynaptic neurotoxicity, edema, hemolysis, hypotension, convulsion, inhibition of platelet aggregation and anticoagulation [20–22]. Snake venoms are especially rich in group I (Elapidae) and II (Viperidae) PLA$_2$s. These enzymes are Ca$^{2+}$ dependent and hydrolyse the 2-acyl ester bonds of membrane glycerophospholipids producing free fatty acids and lysophospholipids which are key components of inflammatory process. Timely administration of ASV could neutralize the systemic effects caused by these myotoxic enzymes but provides no protection against local toxicities induced by the venom components. Hence, screening of herbal antidotes to averse snake venom induced toxicity is of great importance in the snakebite management [23]. *Hemidesmus indicus* root extract had been formerly reported against *Daboia russelii* and *Naja kaouthia* snake venom induced toxicities in vivo. Lupeol acetate and 2-hydroxy-4-methoxy benzoic acid isolated from methanolic root extract of *H. indicus* was demonstrated to have anti-PLA$_2$ activity against viper and cobra venoms [24,25].

### 3.3. Hemolytic inhibition

*L. aspera* methanolic extract inhibited the hemolytic activity of the venom, at a ratio of 1:80 w/w (Fig. 4). Hemolytic activity is another distinct feature of cobra venoms greatly induced by multicomponents including metalloproteases, PLA$_2$, and more specifically, cardiotoxins and cytotoxins of venom [26,27]. Though, *L. aspera* did not show inhibition on venom PLA$_2$, it completely protected the hRBC from direct hemolytic activity of *N. naja* venom. As cardiotoxins and cytotoxins also induce lysis of human erythrocytes [28], it is possible that the phytochemicals in the plant components could inhibit these toxic proteins in the venom.

### 3.4. Hyaluronidase inhibition

100 $\mu$g of *N. naja* venom exhibited two clear bands of hyaluronidase isomers (in 10% SDS-PAGE zymogram under non reducing conditions). *L. aspera* exhibited complete inhibition of both the isoforms at a ratio of 1:50 w/w venom-plant extract (Fig. 5). Local tissue damage associated with snakebite envenomation is due to the combined action of metalloproteases along with hyaluronidases and is reported to continue even after antisnake venom (ASV) treatment [29]. Hyaluronidas are a class of endo-$\beta$-glycosidases that degrade the hyaluronic acid in the cell wall and facilitate easy diffusion of venom toxins into circulation, which would otherwise take much longer time to diffuse [30,31].

### 3.5. Phytochemical analysis

Qualitative phytochemical analysis revealed the presence of acidic compounds, alkaloids, flavonoids, tannins, saponins and cardiac glycosides as major components in the methanolic extract of *L. aspera* (Table 1). The anti-venom activity of plants that are widely used against snake venom induced toxicity is majorly due to the presence of various secondary metabolites that bind directly to venom components and neutralizes their effect. Flavonoids and alkaloids isolated from different plant species demonstrated anti-inflammatory and
Table 1
Qualitative analysis of the phytochemicals present in methanolic extract of L. aspera.

| Phytochemical      | Test name           | +/− | Phytochemical      | Test name           | +/− |
|--------------------|---------------------|-----|--------------------|---------------------|-----|
| Alkali compounds   | Litmus paper (Red → Blue) | −  | Tannins            | Ferric chloride test | +  |
| Acidic compounds   | Litmus paper (Blue → Red) | +  | Proteins           | Biuret test         | −  |
| Alkaloids          | Mayers test         | +  | Steroids           | Salkowski test      | +  |
| Tannic acid test   | Hagers test         | +  | Triterpenoids      | Salkowski test      | −  |
| Carbohydrates      | Molisch's test      | +  | Saponins           | Froth test          | +  |
| Fats and fixed oils| Glycerin test       | +  | Cardiac glycosides | Keller kiliani test | +  |

+ Present, − absent.

Fig. 5. Inhibition of N. naja venom hyaluronidase activity by L. aspera methanolic extract. 100 μg of N. naja venom was pre-incubated with various concentrations of plant extract (w/w) for 1 h at 37°C. The hyaluronidase activity was assayed in substrate gel SDS-PAGE zymogram under non-reducing conditions. Lane 1 and 8: 100 μg of N. naja venom in absence of plant extract, indicating the presence of two isoforms of hyaluronidase; Lane 2 to 7: 100 μg of venom in presence of different concentrations of plant extract i.e. 1:0.5, 1:10, 1:25, 1:50, 1:75 and 1:100 (w/w venom: plant extract), respectively, showing dose dependent inhibition of hyaluronidase activity of both the isoforms. Arrows indicate two isoforms of venom hyaluronidase.

anti-hemorrhagic effects against various snake venoms. Some of them are flavonoid-like (Quercetin, kaempferol, luteolin, myricetin)/alkaloid-like (aristolochic acid and ajmalin) and have revealed strong inhibitory potential against snake venom hyaluronidases [For recent review, 6]. In the present study, L. aspera methanolic extract showed potent inhibition on protease, hemolytic and hyaluronidase activities of N. naja venom. Presence of these active secondary metabolites in the extract could have contributed for plants anti-venom activity.

3.6. GC/MS and qualitative phytochemical analysis

In order to obtain information on the major metabolites present in the extract, GC–MS was performed. Analysis revealed the presence of 6-octadecanoic acid (32.47%), n-hexadecanoic acid (25.97%), 17-octadecen-14-yn-1-ol (14.22%), methyl 13-octadecanoate (5.33%), tetradecanoic acid, 10,13-dimethyl-methyl ester (4.51%), methyl 5-6-octadecadienoate (3.98%), gamma-sitosterol (2.45%), stigmasterol (2%) as the major phytoconstituents. Table 2 describes the phytochemicals identified in the extract along with their molecular weight and formula. Previous reports indicated that tetradecanoic acid binds to catalytic site of (Bothrops neuwiedi) venom PLA2 through hydrogen bonding between ASN27, CYS and HIS47 amino acid residues and also by hydrophobic interactions with neighboring amino acid residues such as LEU2, LEU5, CYS2, TYR21, PRO17, GLY6, LYS7, ALA18, ILE9, LEU111 and PRO113 present in the catalytic site. Such competitive binding of this molecule is expected to inhibit the PLA2 activity of the toxin [32]. Also, hexadecanoic acid was demonstrated to have anti-inflammatory activity (Table 3) through competitive inhibition of PLA2 [33]. However, in the present study the PLA2 activity of N. naja venom was not inhibited by the methanolic extract of L. aspera, even though GC–MS analysis indicate the presence of these fatty acids. Sequence analysis indicated (Gopi and Jayaraman, unpublished results) that the amino acid residues present in binding site of the enzyme are significantly different at

Table 2
Phytochemicals identified in the methanolic extract of L. aspera.

| S. no. | RT  | Phytochemical name                                                                 | Mol. formula   | Mol. (wt) | Peak area (%) |
|-------|-----|------------------------------------------------------------------------------------|----------------|-----------|---------------|
| 1     | 14.56 | Heptane-1-methanesulfonic acid,7,7-dimethyl-2-oxo                                   | C_{10}H_{16}O_{4}S | 232       | 1.52          |
| 2     | 14.83 | 3-Methyl-2-(2-oxopropyl) furan                                                      | C_{6}H_{10}O_{2} | 138       | 1.54          |
| 3     | 17.71 | Tetradecanoic acid,10,13-dimethyl-methyl ester                                     | C_{12}H_{20}O_{2} | 270       | 4.31          |
| 4     | 18.18 | n-Hexadecanoic acid                                                               | C_{16}H_{32}O_{2} | 286       | 25.97         |
| 5     | 19.33 | Methyl 9-cis,11-trans-octadecadienoante 9-cis,11-trans-octadecadienoante           | C_{10}H_{18}O_{2} | 286       | 5.33          |
| 6     | 19.57 | Methyl 13-octadecenoante                                                          | C_{10}H_{18}O_{2} | 294       | 3.98          |
| 7     | 19.61 | Methyl 5-6-octadecadienoate                                                       | C_{10}H_{18}O_{2} | 294       | 3.98          |
| 8     | 19.84 | 6-Octadecanoic acid                                                              | C_{10}H_{18}O_{2} | 282       | 32.47         |
| 9     | 20.08 | 17-Octadecen-14-yn-1-ol                                                           | C_{12}H_{26}O_{2} | 264       | 14.22         |
| 10    | 20.23 | 2-(Fench-2-yl) fenchene                                                           | C_{8}H_{14}     | 274       | 1.36          |
| 11    | 25.48 | 1.1-Benzocyclohexyl]-4-carboxylic acid,4'-pentoxy-4-pentylphenyl ester             | C_{20}H_{26}O_{4} | 426       | 1.38          |
| 12    | 28.69 | Stigmasterol                                                                     | C_{19}H_{28}O_{4} | 412       | 2.00          |
| 13    | 29.36 | Gamma-sitosterol                                                                 | C_{22}H_{28}O_{5} | 414       | 2.45          |
| 14    | 29.82 | Benzene,1-methyl-2-(1-methyl-2-methylenecyclopentyl)                               | C_{14}H_{18}O_{2} | 202       | 1.49          |
these positions and therefore resulted in no inhibition of the enzymatic activity of phospholipase.

Also, plants having higher the amounts of isoprene derivatives were demonstrated to have strong antioxidant activity by preventing the free radical formation [34]. Antioxidants are known to play an important role in controlling the neurotoxicity. Hence, the presence of isoprene 3-methyl-2-(2-oxopropyl) furan in the L. aspera methanolic extract (Table 3) could help in preventing the oxidative damage caused upon snake envenomations. The derivatives of octadecenoic acid were reported to be very strong synthetic inhibitors of neurotoxins [35]. The unsaturated fatty acids found in the L. aspera methanolic extract would help in maintaining the cell integrity which in turn prevents the distribution of venom components from the bite site [36]. Apart from isoprene derivatives, octadecanoic acid derivatives in the extract would also help in inhibiting snake venom toxins and their neurotoxicity. Hemorrhage is majorly caused by the combined effect of proteases and hyaluronidases. Sitosterol and stigmasterol were demonstrated to inhibit viper venom induced lethality, neurotoxicity and hemorrhage [37]. In the present study, protease and hyaluronidase activities were completely inhibited in a dose dependent manner. This could be due to the strong anti-venom activity of the phytochemicals (sitosterol and stigmasterol) present in the extract. Fig. 6 represents some of the major bioactive components identified from L. aspera methanolic extract. In addition, these phytochemicals were previously demonstrated for their hyaluronidase inhibition activity by either forming an inhibitor-hyaluronic acid complex that restricts the substrate availability to the enzyme or direct binding to the enzyme active site that affects the enzyme activity [38–40]. Hence, the presence of these multiple bioactive (anti-snake venom) compounds in the extract could have contributed for its efficient antivenom activity in the present study. Based on the finding of the present study, it is demonstrated that methanolic extracts of L. aspera, possess antivenom activity against N. naja venom enzymes and supports their traditional use in herbal medicine against snakebites.

### Conflict of interest

None.

### Transparency document

The Transparency document associated with this article can be found in the online version.
Appendix A. Supplementary data

Supplementary data associated with this article can be found in the online version, at doi:10.1016/j.toxrep.2014.08.012.

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