The Zap-X Radiosurgical System in the Treatment of Intracranial Tumors: A Technical Case Report

BACKGROUND AND IMPORTANCE: The Zap-X system (Zap Surgical Systems Inc, San Carlos, California) is a radically new surgical robot designed for brain and head and neck radiosurgery. It represents the first new dedicated brain stereotactic radiosurgery platform in almost half a century optimizing the goals of safety, speed, and accuracy. The Zap-X system was used in a required Chinese National Medical Products Administration clinical study. In early January 2020, 2 patients were treated with the Zap-X robot prior to a national COVID-19 lockdown. Both were closely followed via clinical exam and magnetic resonance imaging (MRI) imaging. Prospectively collected data were used to generate this report.

CLINICAL PRESENTATION: Two female patients, each harboring either a trigeminal schwannoma or petroclival meningioma, were treated with the Zap-X robot. Respective tumor volumes were 2.60 and 4.02 cm$^3$. A radiation dose of 13 Gy was prescribed to the 50% isodose line. At 8 mo of follow-up, preoperative symptoms were either resolved or stable and MRI imaging demonstrated a 31% and 56% reduction in lesion volume, respectively. In both patients, symptoms improved, and tumor volumes decreased, whereas no major complication was observed.

CONCLUSION: Given only 2 patients and short-term follow-up, any conclusions about the safety and efficacy of the Zap-X radiosurgery robot are preliminary. However, in the absence of any other published outcomes to date, this small case series may be of interest to many radiosurgical specialists.

KEY WORDS: Stereotactic radiosurgery, Intracranial, Tumor, Meningioma, Schwannoma

Stereotactic radiosurgery (SRS) is a widely accepted procedure for managing most brain and nonbrain tumors, as well as other lesions. The Zap-X uses image-guided targeting and a compact S-band linear accelerator to deliver high-dose precision radiosurgery to intracranial and cervical spine lesions.

Methodology

Under Institutional Review Board supervision, patient consent for Zap-X treatment was obtained. In early January 2020, 2 previously untreated female patients ages 17 and 45, each with a skull base lesion, were the first 2 undergoing radiosurgical treatment with the Zap-X system 1 in China. As per study protocol, patients were followed-up both clinically and with contrast magnetic resonance imaging (MRI) at 3 mo and then again at 8 mo post-SRS.

Changes in tumor volume were determined via serial contrast MRI. For relative comparison purposes, volumes were approximated using idealized ellipsoids, the Coniglobus formula approximation, enabling the quantification of relative volume changes over time. Importantly, this technique provides a different tumor volume baseline than the more precise, slice by slice, axial measurement calculated by treatment planning.

Case Presentation and Treatment

Case 1

This 17-yr-old female presented with 6 mo of intermittent left-sided facial pain occasionally accompanied by 3 to 4 min of facial numbness.

ABBREVIATIONS: DVH, dose volume histogram; MRI, magnetic resonance imaging; SRS, stereotactic radiosurgery
MRI showed a multilobulated lesion with mass effect involving the left middle and posterior fossae. Based on characteristic imaging and symptomatology, a presumptive trigeminal schwannoma of the left middle and posterior cranial fossae was diagnosed. On January 8, 2020, Zap-X radiosurgery was administered to a 4.02 cm³ tumor volume prescribing 13 Gy to the 50% isodose line (Figure 1A and 1B). A total of 3 mo postra-diosurgery, the patient reported persistent mildly bothersome
left facial numbness but also the complete remission of pain. Brain MRI imaging showed no significant change in tumor size; neither brain edema nor necrosis were visualized. At 8 mo postradiosurgery, the maximum tumor dimension was found to have decreased from 2.7 to 2.2 cm (Figure 2A-2C), and the tumor volume decreased by 31% from 4.20 to 2.90 cm$^3$. In addition, a stereotypic loss of central contrast enhancement within the tumor volume was noted at 8 mo of follow-up.

Case 2
This 45-yr-old female presented with 8 mo of intermittent headaches and dizziness. Contrast brain MRI revealed a left-sided skull base lesion displacing adjacent anatomical structures diagnostically consistent with petroclival meningioma. Single-session Zap-X radiosurgery was performed on January 8, 2020, to a 2.60 cm$^3$ target volume prescribing 13 Gy to the 50% isodose line (Figure 3A and 3B). A total of 3 mo postradiosurgery, the patient complained briefly of worsening headaches which remitted spontaneously. At 3 mo post-SRS, follow-up contrast brain MRI revealed no significant change in tumor size, no discernible brain edema or brain necrosis. Meanwhile, at 8 mo post-SRS, the maximum axial tumor dimension was found to have decreased from 2.6 to 2.2 cm (Figure 4A-4C) and relative tumor volume by 56% from 3.40 to 1.50 cm$^3$.

DISCUSSION

Key Results
At last clinical follow-up 8 mo post-SRS, pretreatment symptoms had largely resolved for both patients, excepting some persistent left-sided facial numbness in Case 1; such persistent numbness has been previously reported with SRS-treated trigeminal schwannoma.$^2$ Meanwhile, MRI imaging showed neither radiation-induced brain injury nor more limited brain edema. Follow-up contrast MRI revealed a decrease in estimated tumor volume, which is often a favorable finding presaging ultimate long-term tumor control in most benign brain tumors.

Clinical success was judged by a decrease in symptoms, the absence of complications, and a reduction in tumor volume. Radiosurgery was deemed a technical success by virtue of the clinical outcome and both a safe and efficient treatment delivery.

Technological Analysis
Although the preliminary findings we report herein need to be confirmed in a multitude of additional patients, the outcomes are not surprising. On a technical basis, the Zap-X has been designed from the ground up to offer state-of-the-art brain radiosurgery. The combination of lower beam energy (3 MV), more solid angle gyroscopic crossfire, robust variable 15-cm thick (tungsten) cylindrical collimation, and shorter source-to-axis-distance enable a radiosurgery platform with exceptional penumbra.$^3$ Meanwhile, the Zap-X’s image-to-image x-ray correlation technology ensures spatially accurate SRS delivery. In aggregate, these technical attributes enable the precision delivery of ionizing radiation combined with a surrounding steep dose gradient. The Zap-X also includes a first of its kind real-time megavoltage dose detector device that measures and verifies transit dosimetry.$^4$

Generalizability
Despite the small number of patients being treated, our findings and results are consistent with conventional radiosurgical treatments of a wide variety of intracranial pathologies.

Limitations
The present report involves only 2 patients with short follow-up, which prevent any statistically significant conclusions.
FIGURE 3. A, Zap-X radiosurgery treatment plan and B, DVH for Case 2.
CONCLUSION

The treatment of 2 benign skull base lesions with the Zap-X radiosurgical robot was without early adverse effects and resulted in image-based visible tumor shrinkage. Despite its preliminary nature, this verification of the safety and short-term efficacy of the Zap-X in these two brain tumor patients provides some reassurance that the technology may perform as expected.

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Disclosures

Dr Adler and Dr Weidlich are employed or under contract with Zap Surgical Systems Inc. The other authors have no personal, financial, or institutional interest in any of the drugs, materials, or devices described in this article.

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