Effects of shot peening and artificial surface defects on fatigue properties of 50CrV4 steel

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Abstract
Shot peening processes are commonly used for improving the fatigue properties of steels. Shot peening introduces a compressive residual stress field in the near surface of steel, which can reduce or stop the growth of fatigue cracks and improve fatigue properties. This study experimentally investigated the effect of shot peening on the fatigue properties of 50CrV4 steel alloys with different artificial surface defects. Drilling tools were used to introduce different artificial defects with root radii of 0.585 mm and 0.895 mm on the surface of unpeened samples. The shot peening was applied to the drilled and undrilled samples. Scanning electron microscopy (SEM) observations, micro-hardness and X-ray diffraction residual stress measurements were conducted to analyse the characteristics of the shot-peened and unpeened samples. The results show that the shot peening leads to the transformation of the retained austenite to martensite in the near-surface microstructure. The hardness rates of the surface and near surface both increase by 8% after the shot peening. The peened samples exhibit compressive residual stresses with a high degree of isotropy in the near surface. The fatigue properties of samples were experimentally evaluated by conducting 3-point bending tests. The results indicate that the shot peening improves the fatigue life of drilled and undrilled samples. For the defects with the root radius of 0.895 mm, the shot peening leads to a 500% improvement in the fatigue life compared to unpeened samples regardless of defect depth. For the defects with the root radius of 0.585 mm, the improvement in fatigue life is 40% for the defect depth of 0.2 mm compared to unpeened samples. The improvement increases to 60% and 200% by increasing the defect depths to 0.4 mm and 0.6 mm. The fatigue properties are linked to the changes in the features of defects mainly caused by the deformation hardening and compressive residual stress after shot peening.

Keywords Fatigue life · 50CrV4 steel · Shot peening · Artificial defect

1 Introduction
High-strength 50CrV4 steel alloys are widely used for load-bearing applications where both toughness and resistance to abrasion are key requirements, including gears, pinions, shafts and axles [1]. Small surface defects and scratches can be produced due to manufacturing processes such as casting, forging, welding, installation and foreign object damages during the service. When these parts are subjected to cyclic stresses at high loads, fatigue cracks can initiate and propagate from these surface defects [2, 3]. Moreover, the micro-cracks, voids and porosities that tend to grow during cyclic loading decrease their fatigue resistance [4]. For high-strength steel alloys, these defects increase the probability of fatigue failure at very-high-cycle fatigue (VHCF) regimes [2, 3]. However, when stress is below the fatigue limit, these defects are rarely the origins of crack propagation and may become non-propagating cracks [5]. Metallurgical defects such as...
inclusions can act as stress raisers and initiate fatigue cracks in VHCF regimes below the fatigue limit [6].

The effects of small surface defects on the fatigue properties have been extensively studied for metals [7–10]. It is generally concluded that the fatigue strength depends on the size and characteristics of the defects. For example, the defects up to a size of approximately 50 μm do not decrease—compared to a defect-free material—the fatigue strength of mild steels [9], while non-metallic inclusions with a size of a few microns can be detrimental to high-strength steels [11]. When a scratched metal is subjected to the bending fatigue cycle, the performance is mainly governed by the root radius of the scratch [12]. Recent studies have explored to understand the effects of interaction between defects [13, 14], the mean applied load [15] and loading conditions [16] on the fatigue life in the presence of surface defects. Other micro-structural discontinuities such as micro-shrinkage cavities frequently cause not only significant deterioration but also large scatter in fatigue strength [17]. Therefore, the ability to understand the negative effects of those defects on the fatigue life and prevent them is crucial in engineering design [16].

Surface treatments that generate compression-type residual stresses are ideal for improving the fatigue life of the treated parts [18]. Shot peening processes have been used to effectively improve fatigue strength of steel alloys [19, 20]. It has been shown that the fatigue life can be improved by 600–1500%, when an appropriate shot peening process has been employed for high-strength steel alloys [21]. Shot peening also leads to changes in material’s microstructures, surface morphology and the isotropy of mechanical properties [20]. Shot peening includes the flowing of balls with high kinetic energy to induce a plastic deformation and a compressive residual stress in the near surface [22]. The compressive residual stress counteracts the tensile stress due to the mechanical cycle loads and improves the fatigue properties of materials [19, 23]. However, the improvement in the fatigue life depends on the surface quality of a component after shot peening [7, 24] as it changes surface topography [25]. It has been shown that when a scratch of a certain size is produced on the surface of a shot-peened component, the benefit of shot peening on the fatigue properties can be reduced or even completely eliminated depending on scratch size [26, 27]. Jiwang Zhang et al. [19] studied the EA4T axle steel specimens which were subjected to micro-shot peening and then artificial defects were introduced in the specimens. They found that the critical defect sizes with no negative effect on fatigue strength were 60 μm and 70 for unpeened and shot-peened specimens, respectively. A. Turnbull et al. [28] showed that a significant benefit of shot peening on the fatigue life of steam turbine blade steel is still retained even for corrosion pits with depth of about 300 μm.

It is widely accepted that if surface defects are rendered harmless through shot peening and the fatigue limits of such materials improve, a marked improvement in component reliability and a decrease in costs can be achieved. There have been few studies regarding the effects of shot peening on materials containing an original surface defect. More recently, it has been pointed out that the bending fatigue limit of high-strength steel specimens containing a small drilled hole [29, 30] or a semi-circular slit [31] can be increased by shot peening. The small defects with a depth of less than 0.1 mm for drilled holes and 0.15 mm for circular slit can be rendered harmless on the bending fatigue limit. However, the effects of shot peening on the fatigue properties of samples containing different types and sizes of surface defects are unclear. This study aims to provide insight into the possibility of using the shot peening process to repair damaged components with surface defects. In this study, artificial defects with different dimensions and root radii were introduced on the surface of the 50CrV4 steel. The 3-point fatigue bending tests with both as-received and artificially defected samples were performed. The defected samples were shot-peened. Subsequently, their fatigue properties were evaluated and compared with unpeened samples.

### 2 Experimental procedure

The material used in this study was 50CrV4 steel alloy with the chemical composition shown in Table 1. The mechanical properties of as-received material are listed in Table 2. The average of three tensile tests was evaluated, and Table 2 contains both test results and their mean. Samples were machined for fatigue testing. Figure 1 shows the shape and dimensions of a 3-point fatigue test sample. After the machining, the samples were austenised at 900 °C for 10 min followed by oil quenching with 25 m2/s viscosity at 40 °C. Then, they were tempered at 400 °C for 180 min. After heat treatment, artificial surface defects (drill holes) with different sizes were created using two different drilling tools in the middle of the samples. Details of the defects are shown in Table 3. It is worth mentioning that defect diameter (d) is the diameter of the hole on the surface of samples created using drilling bit. Shot peening was applied to drilled and undrilled samples. Table 4 shows the shot peening conditions in this study. After heat treatment, all samples were slightly polished to remove scales. The average roughness (Ra) was 0.22 μm while it was 2.5 μm after shot peening. Almen intensity was 10 A and A type plates were used. The shot-peened surface coverage reached 98%, so the surface has been fully covered.

A standard Vickers indenter (Future-Tech FM-700) with an indentation load of 50 g with 10-s hold at the maximum load was used. The micro-hardness distribution in depth of the shot peening affected layer near the sample surface was measured on the cross-sections and compared with unpeened material.
Scanning electron microscopy (SEM) examinations were carried out to observe the change in surface characteristics due to shot peening using Carl Zeiss 300VP. The phases were identified by the X-ray diffraction analysis using a Panalytical Empyrean XRD diffractometer. The micro-hardness distribution was obtained along the longitudinal profile using a FM Future-Tech Vickers hardness device.

The magnitude and distribution of surface residual stresses were investigated by the sin²Ψ method \[32\]. The \( \Psi \) is the angle between the normal of the surface and the normal of the diffraction plane. The sample was tilted at angles \( \Psi = 0°, \pm 17°, \pm 24°, \pm 30°, \pm 35°, \pm 40° \) and \( \pm 45° \) during X-ray diffraction residual stress analysis. For the stress calculation, Young’s modulus \( E = 210 \text{ MPa} \) and the Poisson’s ratio \( \nu = 0.3 \). Cr-Kα was used as the X-ray source. Measurements were made in the diffraction lattice plane (211). The Bragg angle was 156.11°. Surface residual stress measurements were performed at different orientations of \( \Phi = 0°, 45° \) and \( 90° \) at the same location. Moreover, surface principal residual stresses were calculated for unpeened and shot-peened samples.

The fatigue tests were performed using a 20-kN Sincoteck 3-bending fatigue machine with a Power Swing Mot high-frequency resonator at room temperature at 45-Hz frequency. The stress ratio was \( R = 0 \). The specimens were fatigued at constant maximum stress until failure. The stress amplitudes were 50–75% of 0.2% offset yield strength.

### 3 Results and discussion

#### 3.1 Micro-hardness profile

Figure 2 shows the micro-hardness distribution along the thickness of heat-treated samples before and after shot peening. The micro-hardness values for as-received samples are shown for the comparison. It is evident that shot peening increases the surface hardness of samples. However, the surface harnesses of heat-treated peened and unpeened samples were lower compared to the hardness of the core of the samples. The loss of hardness on the surface of the samples was due to decarburisation that occurred during the heat treatment. It is worth noting that unlike defects such as flaws, scratches and inclusions, the decarburisation is not the origin of stress concentration. However, it decreases the surface hardness and has the deleterious effect on the fatigue strength \[33\]. As it can be seen in Fig. 2, the shot peening recovers some degree of hardness loss due to the decarburisation. When the shot peening was applied, the surface and near-surface hardness increased by ~8% compared to unpeened samples.

#### 3.2 Microstructural characteristics

Figure 3 shows near-surface microstructures for shot-peened and unpeened samples. For unpeened samples, the near-surface microstructure contains a large amount of the retained austenite. The retained austenite is detectable as shiny white islands (Fig. 3b), in sharp contrast to light black plate-shaped martensite plates. The near-surface microstructure of the peened samples shows that the amount of retained austenite decreases. In addition, with the shot peening, it appears that the morphology of the retained austenite changes due to the breakage or the reunion of the retained austenite induced by deformation. The decrease in the amount of retained austenite after shot peening can be a result of the strain-induced martensite transformation. This is a phase transformation that can occur by the severe plastic deformation after shot peening. The strain-induced martensite derives from the transformation of austenite into body centred tetragonal (\( \alpha' \)-martensite). The transformation to strain-induced martensite from the retained austenite will benefit fatigue strength as the martensite is a harder phase compared to the austenite \[34\].

### Table 1 Chemical composition of 50CrV4

| C   | Si  | Mn  | P   | S   | Cr  | V   |
|-----|-----|-----|-----|-----|-----|-----|
| 0.47–0.55 | Max 0.4 | 0.70–1.1 | Max 0.035 | Max 0.030 | 0.90–1.20 | 0.10–0.20 |

### Table 2 Mechanical properties of as-received material

| Sample no. | Yield strength (MPa) | Avr. yield strength (MPa) | Tensile strength (MPa) | Avr. tensile strength (MPa) | Elongation (%) | Avr. elongation (%) |
|------------|----------------------|--------------------------|------------------------|-----------------------------|----------------|---------------------|
| 1          | 1256                 | 1262                     | 1332                   | 1342                        | 21             | 21                  |
| 2          | 1216                 | 1314                     | 1314                   | 21                          | 21             |                     |
| 3          | 1314                 | 1381                     |                        | 20                          |                |                     |
are shown in Fig. 4b. It can be clearly seen that the shot peening process reduces the number of γ-Fe peaks. These results clearly show that shot peening reduces the retained austenite phases. The microstructural observations in Fig. 3 support this discussion. AlMangour and Yang obtained high compressive residual stress, microstrain, and grain refinement at the shot-peened 17-4 stainless steel component surface which was produced by direct metal laser sintering. The authors revealed that the shot peening generated an austenite-to-martensite transformation via severe plastic deformation [35].

3.3 Residual stress

The biaxial surface stress field is defined by the principal stresses, $\sigma_1$ and $\sigma_2$, with no stress normal to the surface. The stress to be determined is the stress, $\sigma_\varphi$, tending in the plane of the surface at an angle, $\varphi$, to the maximum principal stress, $\sigma_1$ [36, 37]. As it is known, the direction of measurement is determined by the diffraction plane. In this research, the stress in any direction (for 0, 45, 90) was determined by rotating the specimen in the X-ray beam. According to residual stress measurement theory, if the stress is measured in at least three different directions, the principal stresses and their orientation can be calculated [37]. In this study, the surface principal stresses were also calculated for unpeened and shot-peened samples. Table 5 shows surface residual stress measurements at $\phi = 0^\circ$, 45$^\circ$ and 90$^\circ$ directions for the near surface of unpeened and shot-peened samples and also surface principal stresses. For unpeened samples, the directions of $\phi = 0^\circ$ and 90$^\circ$ exhibit the compressive residual stresses of $-20$ and $-198$ MPa, respectively. However, the direction of $\phi = 45^\circ$ shows a tensile residual stress of 117 MPa. For these samples, the residual stresses vary largely between 117 MPa and $-198$ MPa indicating a large amount of anisotropy. For shot-peened samples, compressive residual stresses are identified in all directions, which slightly vary between a maximum of $-501 \pm 10$ MPa (at $\phi = 45^\circ$) and a minimum of $-470 \pm 7$ MPa (at $\phi = 0^\circ$). These results show that a significant amount of compressive residual stress is introduced into the samples through the shot peening process. In addition, the small difference in the residual stresses at different directions indicates that the shot-peened samples possess a high degree of isotropy in microstructures and properties.

3.4 Fatigue properties

Figure 5 shows the effect of shot peening on the fatigue life of undrilled samples. For these samples, the shot peening considerably increases the fatigue life by 800% at the fatigue stress of 672 MPa. As discussed in Section 3.3, the shot peening creates the near-surface compressive residual stress field that increases the threshold of the crack initiation during fatigue. This reduces the probability of fatigue crack initiation, thus extending the service life of the component [38–40]. For the microscopic cracks already established in the materials, the compressive stress field has the ability to arrest small cracks that initiate at the surface and may lead to a non-propagating crack [41, 42]. Furthermore, the plastic deformation increases the dislocation density in the near-surface region, which is purported to hinder dislocation movement, associated with crack initiation [43]. Moreover, investigations show that fatigue crack sources are pushed into the area beneath the hardened layer [44].

Figure 6 shows the effect of different artificial surface defects (drilled holes) and shot peening on the fatigue properties. In general, for the unpeened condition, the samples with the drilled holes exhibit lower fatigue life due to stress concentration in comparison with undrilled samples in Fig. 5. This greatly depends on the size and shape of the drilled holes. By increasing the depth ($h$) and diameter ($d$) of the drilled holes, the fatigue life reduces (Fig. 5). It can be assumed that the deep holes result in early crack initiation and the holes with

| Sample | Drill bit angles | $d$, mm | $h$, mm | $R$, mm |
|--------|-----------------|---------|---------|---------|
| 90-02  | 90$^\circ$      | 0.4     | 0.2     | 0.585   |
| 90-04  | 90$^\circ$      | 0.8     | 0.4     |         |
| 90-06  | 90$^\circ$      | 1.2     | 0.6     |         |
| 150-02 | 150$^\circ$     | 1.5     | 0.2     | 0.895   |
| 150-04 | 150$^\circ$     | 3.0     | 0.4     |         |
| 150-06 | 150$^\circ$     | 4.5     | 0.6     |         |
large diameters create a greater number of nucleation sites along the defect root [45]. Similar observations have been reported for aluminium alloys that increasing the depth and the sharpness of the defect root reduces the fatigue life [4].

The samples drilled using the 90° drill bit show lower fatigue lives compared to samples drilled using the 150° drill bit. For example, at the fatigue stress of 624 MPa, the samples drilled with the 150° drill bit at the depth of 0.4 mm (150-04 samples) had a fatigue life of 231,337 cycles for the unpeened condition, while the fatigue life was 112,550 cycles for 90-04 samples (the samples drilled with the 90° drill bit at the depth of 0.4 mm). The corresponding losses in the fatigue lives are approximately 30% and 65% compared to the undrilled samples with a fatigue life of 320,600 cycles. The holes created by the 150° drill bit have considerably larger diameters ($d$) and surface areas compared to holes created by the 90° drill bit. For example, with a same depth of 0.4 mm, the diameter ($d$) of hole is 3 mm for the 150° drill bit, while it is 0.8 mm for the 90° drill bit (Table 3). This may suggest that the holes created with the 150° drill bit have a larger surface area for cracks to initiate. However, as discussed, there is more loss in fatigue life for specimens drilled with the 90° drill bit. This is due to the fact that the holes created by the 90° drill bit are much sharper with the root radius of 0.585 mm compared to the ones created by the 150° drill bit with the radius of 0.895 mm. The reduction in the root radius increases the stress concentration factor that dramatically reduces the fatigue life [46]. Furthermore, the transition from elastic to plastic state of the material is significantly affected by the root radius size of a defect [47]. This is due to the inelastic behaviour of the local strains at the root radius of the defect. Accordingly, when the radius size decreases (that means the sharpness increases) the transition to a plastic state becomes faster and requires a smaller number of cycles. Therefore, it can be concluded that a sharp defect is more detrimental to fatigue life compared to a large defect (with a large surface area), but less sharp.

It can be seen in Fig. 6 that the shot peening improves the fatigue life for the artificially defected samples. For the samples with 150° holes (Fig. 6a), this improvement is remarkable with ~ 500% increase in the fatigue life at the fatigue stress of 672 MPa. Very importantly, for these samples at all hole depths, the fatigue life is considerably higher (~ 280%) in comparison with the undrilled samples without shot peening in Fig. 5. It seems that the shot peening significantly eliminates the harmful effects of 150° holes of all depths. For the specimens with the 90° holes, the shot peening slightly (~ 40%) improves the fatigue life of the holes with 0.2-mm depth at the fatigue stress of 672 MPa. The improvement in the fatigue life is more noticeable for the holes with 0.4-mm and 0.6-mm depths with 65% and 200% increases compared to unpeened samples. It is worth noting that the shot peening increases the fatigue life of samples with the 90° holes to the values equivalent to the fatigue life of undrilled samples without any shot peening (as-received material).

Figure 7 shows the features of artificial defects before and after shot peening. The traces of machining are visible on the unpeened samples (Fig. 7a and c). The shot peening introduces some degrees of plastic deformation on the defects. However, the features of deformation at the 90° and 150° holes are different. For the 150° holes, it appears that a large surface area of holes and their roots are fully hit by balls during shot peening as the traces of machining are significantly eliminated in the holes (Fig. 7b). This is mainly due to the fact that the diameter of the holes ($d = 1.5 - 4.5$ mm, Table 3) for all testing conditions is larger than the diameter of the shot peening balls (0.6

![Fig. 2](Image)
mm). Therefore, it can be expected that the significant amounts of plastic deformation and residual compressive stresses are introduced on the surface of these defects. The beneficial effect of shot peening on the fatigue life of samples with 150° holes can be clearly seen in the fatigue life of these samples (Fig. 6a), as the increase in the fatigue life is ~ 500% compared to the unpeened samples. For the 90° holes, it seems that the surface area of the holes are partially hit by the shot peening balls depending on the diameter of the holes (Fig. 7d, e). For the holes with 0.8 mm diameter (0.4 mm depth, Fig. 7d), it appears that only the top surface of the holes is hit by balls during the shot peening, which does not effectively introduce the beneficial effect of shot peening on the defects. For these samples, the formation of laps (indicated by arrows) is also observed on the edge of the holes due to plastic deformation. The laps are defined as locations where the material is folded over itself on the surface. The flow of material due to the impact of balls onto the edge of the defects generates lap/fold that has the potential to become harmful for fatigue life [48]. Therefore, the partial ball hits on the surface of the holes and the formation of laps can be responsible for the limited improvement of 40% and 60% in the fatigue life of samples containing the 90° holes with 0.2-mm and 0.4-mm depths, respectively (corresponding to 0.4-mm and 0.8-mm hole diameters, respectively). When the hole depth increases to 0.6

### Table 5  Surface residual stress measurements in 0°, 45° and 90° direction and surface principal residual stress measurements

|                | Residual stresses in any direction | Principal residual stresses |
|----------------|-----------------------------------|----------------------------|
| Unpeened (MPa) | $\sigma_{0^\circ} = -20 \pm 8$       | $\sigma_{1^\circ} = -65$    |
|                | $\sigma_{45^\circ} = 117 \pm 10$    | $\sigma_{2^\circ} = -206$   |
|                | $\sigma_{90^\circ} = -198 \pm 17$   |                            |
| Shot peened (MPa)| $\sigma_{0^\circ} = -470 \pm 7$       | $\sigma_{1^\circ} = -409$    |
|                | $\sigma_{45^\circ} = -501 \pm 10$    | $\sigma_{2^\circ} = -711$   |
|                | $\sigma_{90^\circ} = -487 \pm 8$     |                            |
mm, the hole diameter becomes 1.2 mm, which is larger than the diameter of the shot peening balls (0.6 mm). Therefore, during shot peening, the balls can hit and cover a larger surface area of the defects. This is reflected in the fatigue life of these samples, as the improvement in the fatigue life is ~ 200% compared to unpeened samples. However, the formation of laps for these samples is still visible for these samples (Fig. 7e).

4 Conclusion

The surface defects have negative effect on the fatigue properties of components. These defects can be due to manufacturing processes such as machining or during service originated from foreign object damage. This study aims to demonstrate that shot peening can be used to repair these defects and improve their fatigue properties. The effects of shot peening on the fatigue life of 50CrV4 steel, containing artificial surface defects of 90° holes with a root radius of 0.585 mm and 150° holes with a root radius of 0.895 mm, were investigated for different hole depths.

- The shot peening increases the surface hardness of 50CrV4 steel from 340 HV to 365 HV. Microstructural characterisations show that the content of retained austenite reduces in the near-surface layers after the shot peening, due to the deformation induced the transformation of retained austenite to martensite. The shot peening produced a significant amount of compressive residual stress in the near surface with a maximum of $-501 \pm 10.6$ MPa and a high degree of isotropy.

- For the 150° surface defects, the shot peening significantly improved the fatigue life of samples by 500% at the fatigue stress of 672 MPa compared to the fatigue life of unpeened samples, regardless of the defect depth.

- For the 90° surface defects, the improving effect of shot peening on the fatigue life appeared limited, which greatly depended on the depth of the defects. For the 0.2-mm-deep defects, the increase in the fatigue life was ~ 40%, while it was 60% and 200% for the 0.4 mm and 0.6 mm-deep defects for the fatigue stress of 672 MPa, respectively. For the samples with the 90° surface defects, the shot peening improved the fatigue life to values equivalent to the unpeened samples without any artificial defects (as-received material).

- SEM observations showed that the surface of the 90° defects was partially hit during the shot peening while a full coverage appeared for the more open 150° defects. For the 90° defects, the formation of laps was also observed on the edge of the defects due to the impact of balls.
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Data availability  The raw/processed data required to reproduce these findings cannot be shared at this time. Data will be made available upon request.

Compliance with ethical standards

Ethical approval  There was no ethical issue in this project.

Consent to participate  There were no participants in this project.

Consent to publish  The authors are the owner of the data in this project and have consent to publish.

Competing interests  The authors declare that they have no competing interests.

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