RESEARCH ARTICLE

Influence of the cultivation medium and pH on the pigmentation of *Trichophyton rubrum*

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Abstract

*Trichophyton rubrum* is a human pathogenic fungus. As a dermatophyte it causes athlete’s foot, fungal infection of nails, jock itch and ringworm. The pigmentation of *T. rubrum* is variable and can range from white or yellow to wine-red. We demonstrate that the pigmentation is strongly influenced by pH. Under alkaline conditions, *T. rubrum* has a red pigmentation, whereas at acid conditions, *T. rubrum* has a yellow pigmentation. Moreover, the color change immediately from yellow to red by adding NaOH and reverse immediately from red to yellow by adding HCl. We suggest that the chemical compound Xanthomegnin is responsible for red as well for yellow pigmentation in *T. rubrum*. To figure out, why *T. rubrum* has red pigmentation on Trichophyton medium, adjust to alkaline, but not on Synthetic-Complete medium, also adjusted to alkaline, we measure the pH of liquid media, adjusted to pH 3.5, 6 and 8, over a period of four weeks. The pH of both cultivation media changes significantly, with a maximum of five pH levels. Whereas the Trichophyton medium, initially adjusted to pH 8, stays alkaline, the pH of the Synthetic-Complete medium drops to acid conditions. The acidification of the SC medium and the alkalization of the Trichophyton medium explains the different pigment color of the *T. rubrum* colonies.

Introduction

*Trichophyton rubrum* (Castellani) Sabouraud 1911 is a human pathogenic fungus. As a dermatophyte it causes athlete’s foot, fungal infection of nails, jock itch and ringworm. To find an appropriate treatment for the disease, an accurate diagnosis is mandatory. Therefore the diagnosis of the fungal infections involves in many cases microscopic examination and fungal cultivation. According to a survey among dermatologists, direct microscopy was the most important diagnostic tools followed by cultivation of the pathogen [1]. Whereas direct microscopy is often sufficient to detect a fungal infection, the identification of the pathogen requires in most cases fungal cultivation. And a correct identification is important, since the treatment approach is dependent on the pathogen [2]. The appearance of *T. rubrum* is to a certain degree
inconsistent and the discrimination from related species is sometimes intricate. Variations in
the colony surface, culture pigmentation and conidia production are known [3]. Three factors
account principal for variations: the genome, the epigenetics and the environment. Since all of
these factors are complex, it is challenging to determine which of the factors are responsible
for an observed variation. Moreover, a phenotype can be influenced by all three factors.

The pigmentation of *T. rubrum* is one such variable trait. The cultivation-media has a great
influence on the pigmentation of the fungus. On Sabouraud-Dextrose Agar a weak pigmenta-
tion became visible after four weeks of cultivation, whereas on Corn-Meal Dextrose Agar the
pigmentation was notably stronger. On Lab-lemco Dextrose Agar the pigmentation was visible
already after two weeks and after four weeks the pigmentation was more distinctive in compar-
ison to SDA and CDA media. On all three media, tryptose inhibited the red pigmentation [4].

Beside the environmental influence, it is also reported that strains behaved differently after
long-lasting cultivation on artificial medium. [5] isolated 207 *T. rubrum* strains and compared
the original phenotype with the phenotype after one year cultivation on Sabouraud Agar. Of
these strains, 54 showed morphological variations after one year. Some of the strains failed to
develop pigmentation until repeated sub-cultivations, other lost pigmentation in the sub-cul-
tures and some even change color from red to yellow or reverse in the different sub-cultures.
Despite the fact that the red pigmentation is characteristic for *T. rubrum* and the scientific
name derived from the colorations, it is a variable trait. The aim of this study was to evaluate
which environmental parameters influence the pigmentation of *T. rubrum*.

### Materials and methods

#### Fungal strains

In all experiments, we used the *T. rubrum* strains STRB008 and STRB012 (Table 1). In the test
with 46 strains we used additional clinical isolates from Lanzhou University Second Hospital
(total 7 strains), Huashan Hospital Fudan University in Shanghai (8), Institute of Dermatology
and Hospital for Skin Diseases in Nanjing, Chinese Academy of Medical Sciences & Peking
Union Medical Collage (10), Dalian Hospital for Skin Disease (10), Sun Yat-Sen Memorial Hos-
pital Sun Yat-Sen University in Guangzhou (8) and the strain *T. rubrum* CBS 139224 [6]. The clin-
ical strains were isolated for diagnostic purposes and were identified by the clinical personal of the
corresponding hospitals. The identifications had been verified by morphological and physiological
analysis. Currently the genomes of these strains are sequenced by NGS in the Whole Genome
Diversity project and publicly available at the NCBI with the numbers SRX5814810-SRX5814857.

#### Cultivation media

In the experiments, the Trichophyton medium Nr.1 (Tr1 medium: 40g dextrose, 2.5g casa-
mino acids, 1.8g KH₂PO₄, 0.1g MgSO₄, 18g agar) and Synthetic complete medium (SC
medium: 20g glucose, 6.7g bacto-yeast nitrogen base with ammonium sulfate, 2g amino acid
mix, 18g agar) were used. For maintenance of the fungus, the pH of the media was adjusted
before autoclaving to pH 5.8. In the experiments, the pH was adjusted, after autoclaving, with
NaOH respectively HCl. The pH of the agar plates was adjusted to 3.5, 6 and 8.5. The liquid
media was adjusted to pH 3.5, 6 and 8. The pH of solid media was measured with pH paper,
the pH of liquid media was measured with a pH electrode.

#### Cultivation

The fungi were cultivated at 28˚C. For the liquid cultures, 250 ml Erlenmeyer flasks were filled
with 150 ml medium and incubated with shaking at 120 rpm. For the inoculations the fungi
Table 1. Strains used in this study.

| strain   | origin    | reference          |
|----------|-----------|--------------------|
| STRB008  | Nanjing   | this study         |
| STRB012  | Nanjing   | this study         |
| TI†      | China     | Zhan et al. 2018   |
| 192      | Lanzhou   | SRX5814843**       |
| 193      | Lanzhou   | SRX5814842**       |
| 194      | Lanzhou   | SRX5814845**       |
| 197      | Lanzhou   | SRX5814844**       |
| 198      | Lanzhou   | SRX5814847**       |
| 200      | Lanzhou   | SRX5814848**       |
| 201      | Lanzhou   | SRX5814846**       |
| 465      | Shanghai  | SRX5814852**       |
| 467      | Shanghai  | SRX5814853**       |
| 480      | Shanghai  | SRX5814828**       |
| 486      | Shanghai  | SRX5814856**       |
| 487      | Shanghai  | SRX5814854**       |
| 503      | Shanghai  | SRX5814857**       |
| 510      | Shanghai  | SRX5814840**       |
| 513      | Shanghai  | SRX5814829**       |
| 774      | Nanjing   | SRX5814851**       |
| 784      | Nanjing   | SRX5814850**       |
| 785      | Nanjing   | SRX5814822**       |
| 786      | Nanjing   | SRX5814823**       |
| 804      | Nanjing   | SRX5814820**       |
| 805      | Nanjing   | SRX5814821**       |
| 806      | Nanjing   | SRX5814826**       |
| 807      | Nanjing   | SRX5814827**       |
| 823      | Nanjing   | SRX5814824**       |
| 852      | Nanjing   | SRX5814825**       |
| 1045     | Dalian    | SRX5814833**       |
| 1046     | Dalian    | SRX5814832**       |
| 1047     | Dalian    | SRX5814839**       |
| 1048     | Dalian    | SRX5814830**       |
| 1049     | Dalian    | SRX5814837**       |
| 1050     | Dalian    | SRX5814834**       |
| 1051     | Dalian    | SRX5814831**       |
| 1052     | Dalian    | SRX5814838**       |
| 1053     | Dalian    | SRX5814836**       |
| 1054     | Dalian    | SRX5814835**       |
| 1055     | Guangzhou | SRX5814818**       |
| 1056     | Guangzhou | SRX5814815**       |
| 1057     | Guangzhou | SRX5814810**       |
| 1058     | Guangzhou | SRX5814813**       |
| 1059     | Guangzhou | SRX5814819**       |
| 1060     | Guangzhou | SRX5814814**       |
| 1063     | Guangzhou | SRX5814816**       |
| 1096     | Guangzhou | SRX5814812**       |

*CMCC(F)T 1i (CBS 139224)

** T. rubrum whole genome diversity project of the Nanjing Hospital for Skin Disease. Sequence Read Archive (SRA) number of NCBI.

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were precultured for 10 days in liquid medium and approximately 0.05g, semi-dry weight, of the precultured mycelium were used as inoculum.

Results

Cultivation of *T. rubrum* on two different media

We cultivated the strain *T. rubrum* STRB012 on two different media and observed two distinct phenotypes. On Tr1 medium (pH adjusted to 5.8) the strain developed a wine-red pigmentation and on SC medium (pH 5.8) a yellow pigmentation. To find out the reason for the differences in the phenotypes, we evaluated the influence of the pH on the pigmentation.

Cultivation on petri dishes, split in acid and alkaline sections

We chose six *T. rubrum* strains (STRB008, STRB012, 197, 804, 1049, 1058) for inoculation on split petri dishes, with a diameter of 9 cm. The pH of the Tr1 medium was adjusted to 3.5 on one side and to 8.5 to the other side (Fig 1A–1D). Whereas the growth on low pH was compact, the growth on alkaline medium was more diffuse. In the first two weeks, the mycelium had a whitish color. Afterwards, the mycelium and culture medium started to get colored. After three weeks, the colonies became yellow brownish, whereas on acid conditions the brownish color was more pronounced. After four weeks on acid conditions, the brownish color got stronger, whereas on alkaline conditions the colony had turned wine-red. We inoculated at total six different *T. rubrum* strains on the split petri dishes and all of them had a similar appearance in respect to growth pattern, color expression and time. Under acid conditions the brownish color of two strains on acid were less pronounced in comparison to the other four strains.

Cultivation on Tr1 and SC medium pH 3.5, 6 and 8.5

Next, aiming to evaluate the variability of the phenotypes among different *T. rubrum* strains, we chose the strains STRB008, STRB012, T1 and additional 43 strains of the *T. rubrum* Whole Genome project.

We prepared petri dishes with Tr1 and SC medium with a pH of 3.5, 6 and 8.5. On each dish we inoculated four strains. After four weeks the differences in the phenotypes among the different conditions were striking, whereas there was no significant difference among the strains. All strains, cultivated on Tr1 medium (with a pH adjusted to 8.5), developed the wine-red color. On Tr1 medium with a pH of 6, the red color was less pronounced and had a tendency towards beige (Fig 1E and 1F). At low pH as well as on SC medium, none of the strains developed a red pigmentation (Table 2). Comparing the phenotype of the strains at constant conditions, only low differences in the color strength and low differences in the time course were seen.

Reversible color change through HCl respectively NaOH

We also wanted to know whether the constitution of the color is directly influenced by the pH. For this, we cultivated strain STRB008 in liquid Tr1 medium for 3 weeks. We aliquoted 1ml of each culture liquid and added 100μl 10% HCl respectively 1M NaOH. The original liquid had a yellow color with a faint brown shading. After adding the acid, the liquid turned immediately into a sheer yellow, whereas after adding the alkaline, the liquid turned to wine-red (Fig 2A). The color change could be repeatedly reversed by adding acid or alkaline (Fig 2B and S1 Video). However, adding H₂O₂ bleached the liquid and no further color change could be induced.
pH changes of the medium caused by *T. rubrum*

To evaluate the influence of *T. rubrum* on the pH, we inoculated strain STRB008 and STRB012 to 150ml liquid Tr1 medium with a pH adjusted to 3.5, 6 and 8 (Fig 2C), each combination was set up three times. We measured the pH every second day, over a period of four weeks (Fig 2D–2G), by retrieving 2 ml liquid (Fig 2I and 2J). We detected a considerable change of the pH with a maximum amplitude of more than 2.5 (Fig 3A and 3B). In the low pH trial, the pH increased from approximately 3.5 to 6 and dropped afterwards again. In the pH 6 trial, the amplitude decreased, by approximately 0.8. At alkaline conditions, the pH increased at the beginning only slightly and afterwards dropped by approximately 0.5.

**Table 2. Overview of the pigment color of the *T. rubrum* grown on two different media for four weeks.**

| pH   | Tr1 medium     | SC medium                  |
|------|----------------|----------------------------|
| 3.5  | white to yellowish | white to yellowish brown  |
| 6.0  | dark beige to wine-red | white, yellowish with brown center |
| 8.5  | wine-red         | yellow brown with darker center |

*initial pH at time of the inoculation*
Every week, we visually classified the growth of the fungus and the color of the medium. Further, we added 1 M NaOH to the aliquot, to trace whether color changes could be induced. We observed that the growth rate at pH 6 was the highest, followed by the trials with pH 8 and pH 3.5.

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pH 3.5. At the beginning of the experiment and after one week, the culture liquids were merely clean with a trace of coloring due to the autoclaving. The first obvious color changes of the media were observed three weeks after inoculation in the pH 6 and 8 trials. Strain STRB012 turned, at pH 6, to sheer yellow and in one Erlenmeyer flask to brownish red. By adding 1M NaOH a color change to red could be induced (Fig 2I). After 4 weeks, all liquid media, at pH 6 and 8, had turned red (Fig 2J). Strain STRB008 turned the liquid media at pH 6 and as well at pH 8 into brownish red and after four weeks in all trials at pH 6 and 8 the liquid media had a dark color. At pH 3.5 a faint red color was visible by adding 1M NaOH to the media.

**pH changes of the SC medium**

We demonstrated, that all tested *T. rubrum* strains developed a strong red color on solid Tr1 medium, which had been adjusted to pH 6 and 8. On SC this color expression was missing. Since the color expression is strongly dependent on the pH, we wondered how the fungal growth influenced the pH of SC medium. We inoculated strain STRB012 to liquid SC medium with a pH adjusted to 3.5, 6 and 8. The course of pH alteration differed from the Tr1 medium (Fig 3C). About three weeks after inoculation, the pH started to drop and reached acid conditions of approximately pH 3 in the fourth week. An acidification happened in the pH 3.5, 6 as well as in the pH 8 trials.

**Discussion**

The pigmentation of *T. rubrum* is variable and is influenced by many factors. We demonstrate, that the pigmentation is strongly influenced by the pH. Since the phenotype is quite constant among the fungal strains at constant conditions, but variable among the different conditions, we conclude that the environment is the determining factor in our experiments. At alkaline conditions, *T. rubrum* has a red pigmentation, whereas at acid condition *T. rubrum* has a yellow pigmentation.

*T. rubrum* possess three main pigments. [7] isolated and crystallized the three pigments from the mycelium and described them as Red Needles, Orange Plates and Purple Needles. Then these chemical components were isolated in greater quantity [8] and the structures of the substances were identified (Fig 4). The Orange Plates was named Xanthomegnin [9], the Purple Needle as Viopurpurin and the Red Needles as Vioxanthin [10] (Table 3). All three substances belong to the family of 1,4-naphthoquinone and are synthesized from polyketides [11]. Since Xanthomegnin is the main pigment in *T. rubrum* and isolated Xanthomegnin also changes color from yellow to red by alkalization, we attribute our observations of the color change mainly to Xanthomegnin.

The three pigments are typical for *Trichophyton* species and were detected only in very few other fungal species outside of the *Arthrodermataceae* family. Only few *Aspergillus* [12][13] and *Penicillium* [14] species are also known to synthesis these compounds. At least from Xanthomegnin and Vioxanthin it is known, that they are bioactive on the human body or even toxic. Xanthomegnin can influence the immune-response by inhibition of Inducible Nitric Oxide Synthase [15]. Further it has effects on mitochondria, as measured in rat liver mitochondria [16][17] and interacts with serum albumin [18]. Vioxanthin is a strong inhibitor of the human KLK5 and KLK7 genes. Both enzymes, Kallikrein-5 and Kallikrein-7, are most abundantly expressed in human skin and have an important role in skin desquamation [19]. Further, Semivioxanthin influences the TNF-a production through NF-κB and MAPK signaling pathways [20].

We demonstrate that *T. rubrum* changes the pH of the environment. [21] also observed a pH shift of a non-buffered liquid medium, with keratin as only source of nutrients, from 5 to
approximately 8.5 within 96 hours after inoculation with *T. rubrum* conidia. [22] conclude that for *T. rubrum* an adequate pH is important for virulence. Whereas the human skin is mildly acidic, the highest proteolytic [23] and keratinolytic [24] activity in *Trichophyton* were measured at slight alkaline conditions in the range pH 7 to 8. Another important factor is the pH in the phagosome of macrophage. The intra-phagosomal pH in macrophages progressively decreases over 15 to 60 min down to pH 4 to 5 and this acidification is important for killing of diverse pathogens [25]. Sensing the intra- and extracellular pH and an adequate response is important for a cell. In fungi the PacC/Pal is a conserved pathway and regulates pH-conditioned gene expression. *T. rubrum* possesses the transcription factor PacC and six pal genes [26]. The PacC/Pal pathway is well studied in *Aspergillus* species and [22] compiled these data with the data of *T. rubrum*, and concluded that the signaling cascade is highly conserved in dermatophytes. It is known from other pathogenic fungi, animal and as well plant pathogenic fungi, that the pH regulation is a key factor for virulence, for example for *Botrytis cinerea* [27], *Candida albicans* [28] and *Colletotrichum gloeosporioides* [29]. One of the main pH-influencing factors in fungi is the release of urea or ammonia into the environment [28]. Therefore the α-amino group of an amino acid gets transferred by a transaminase to an α-ketoadic to form glutamate. Glutamate is then converted into ammonia and oxaloacetate by a glutamate dehydrogenase. Interestingly in *Saccharomyces cerevisiae* the glutamate dehydrogenase GDH2 is very sophisticated regulated, by 6 transcriptional regulation elements. Two of the elements behave as upstream activation sites, while the remaining four elements inhibit the effects of the two sites [30]. But at least for *Candida albicans* it is known that it can increase the pH of the environment by a second mechanism. It can rapidly neutralize acidic environments when utilizing carboxylic acids like pyruvate, α-ketoglutarate or lactate as the primary carbon source. Unlike cells growing in an amino acid-rich medium, this does not result in ammonia release and is genetically distinct [31]. Since both of the media we used in our experiments are rich in amino acid, we attribute the alkalization of the medium to ammonia activity. The main difference of the SC medium to the Tr1 medium is the high amount of ammonium sulfate, which leads to an increased acidification of the medium which leads to yellow pigmentation.
We conclude that the color of the pigmentation is influenced by pH. At high pH the pigmentation is red and at low pH yellow. We attribute both colors to the same chemical compound Xanthomegnin. We demonstrate that *T. rubrum* change the pH of cultivation media. One medium change to alkaline condition, another medium to acid condition. On the first medium *T. rubrum* has a wine-red pigmentation, on the other a yellow pigmentation.

**Supporting information**

S1 Video. Color change of liquid cultivation medium induced by HCl and NaOH. By adding HCl the medium changes to yellow, by adding NaOH it changes to wine-red.

(MP4)

**Author Contributions**

**Conceptualization:** Oliver Blechert, Hailin Zheng, Weida Liu.

**Data curation:** Oliver Blechert, Xiaohui Zang.

**Funding acquisition:** Qiong Wang, Weida Liu.

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**Supervision:** Weida Liu.

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**Writing – review & editing:** Oliver Blechert, Hailin Zheng.

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Table 3. Comparison of the three main pigments of *T. rubrum*.

|                | Viopurpurin | Vioxanthin | Xanthomegnin |
|----------------|-------------|------------|--------------|
| Crystallized   | purple*     | red**      | orange***    |
| 1N NaOH        | Dark blue***| Purple***  | Purplish-red***|
| Glac. Acetic Acid | Wine Red**  | Yellow***  | Yellow***    |

*[*10]  **[8]  ***[7]  
https://doi.org/10.1371/journal.pone.0222333.t003
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