Monocyte-Derived Dendritic Cells from Patients with Dermatophytosis Restrict the Growth of *Trichophyton rubrum* and Induce CD4-T Cell Activation

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**Abstract**

Dermatophytes are the most common agents of superficial mycoses that are caused by mold fungi. *Trichophyton rubrum* is the most common pathogen causing dermatophytosis. The immunology of dermatophytosis is currently poorly understood. Recently, our group investigated the interaction of *T. rubrum* conidia with peritoneal mouse macrophages. We found that macrophages phagocytose *T. rubrum* conidia resulting in a down-modulation of CD38 major histocompatibility complex (MHC) antigens and in the expression of co-stimulatory molecules. Furthermore, it induced the production of IL-10, and *T. rubrum* conidia differentiated into hyphae that grew and killed the macrophages after 8 hrs of culture. This work demonstrated that dendritic cells (DCs) and macrophages, from patients or normal individuals, avidly interact with pathogenic fungus *T. rubrum*. The dermatophyte has two major receptors on human monocyte-derived DC: DC-SIGN and mannose receptor. In contrast macrophage has only mannose receptor that participates in the phagocytosis or bound process. Another striking aspect of this study is that unlike macrophages that permit rapid growth of *T. rubrum*, human DC inhibited the growth and induces Th activation. The ability of DC from patients to interact and kill *T. rubrum* and to present Ags to T cells suggests that DC may play an important role in the host response to *T. rubrum* infection by coordinating the development of cellular immune response.

**Introduction**

Dermatophytes are a group of fungi that have the capacity to invade keratinized tissue to produce infection denominated Dermatophytosis. Dermatophytosis are caused by mold fungi belonging to the genera *Trichophyton*, *Microsporum*, and *Epidermophyton* [1]. Among the human pathogenic dermatophytes, the anthropophilic species *Trichophyton rubrum* is clinically the most commonly observed [2]. Global prevalence of dermatomycoses is as high as 20% according to the World Health Organization and approximately 10% of the human population suffers of onychomycosis [3]. Severe dermatophytosis is often seen in AIDS patients [4] [5] indicating the importance of cellular immunity in the control of fungal growth. Disseminated deep dermatophytosis is a rare presentation of *T. rubrum* infection, which occurs exclusively in immunosuppressed patients [6].

The immunology of dermatophytosis is currently poorly understood. Some works have focused on T cell immunity against dermatophytes [7,8]. It is now accepted that a cell-mediated immune (CMI) response is responsible for the control of infection by dermatophytes. On the other hand, susceptibility to chronic dermatophytosis is associated with atopy and with immediate type hypersensitivity [9].

The understanding of innate immunity against fungi has experienced great progress throughout the past few years with the discovery of Toll-like receptors and glucan receptors such as dectin-1 and dectin-2 [9] [10]. The interaction of fungi with these receptors has been contributing to the better comprehension of the innate response. Professional phagocytes, consisting of neutrophils, macrophages and dendritic cells, have an essential role in the initiation of the specific immune response [11].

Innate immunity is instrumental for the development of adaptive cell-mediated immune responses controlling mycotic infections or for disease progression. It participates in conferring phagocytic cells their ability to ingest and/or inhibit fungal growth, as well as in triggering an acute inflammatory reaction, or in presenting fungal antigens to T cells [12,13]. These cells could phagocytose fungal cells, initiate antigen presentation, as well as secrete key cytokines such as tumor necrosis factor-α (TNF-α) and interleukin (IL)-12 [14], chemokines and other molecules that initiate the inflammatory reaction and modulate the infection [15].
Dendritic cells (DCs) are antigen-presenting cells able to “link” between the innate and adaptive immune response, being the only ones to migrate to secondary lymphoid organs to present antigen to naive T cells to become antigen presenting cells “Professional” [16]. Besides being efficient at capturing antigen, are able to process them and present their peptides via MHC-II to T lymphocytes “naı¨ve” [17].

Dendritic cells are located at sites of antigen exposure as the mucosa and peripheral tissues. The precursors of these cells originate in the bone marrow and migrate to constantly various tissues such as skin (where they are known as Langerhans cells), the gastrointestinal, respiratory, blood and lymph. In peripheral tissues, these cells are inefficient in antigen presentation and activation of T cells, because they have immature phenotype [18]. Immature dendritic cells have low expression of co-stimulatory molecules and molecules of MHC class I and II but have large phagocytic capacity.

Our group investigated the interaction of T. rubrum conidia with peritoneal mouse macrophages [19]. We found that macrophages phagocyte T. rubrum conidia and that this process is inhibited by T. rubrum exoantigens or mannan. We also found that the phagocytosis of T. rubrum has functional consequences for macrophages since it resulted in a down-modulation of MHC class II and in the expression of co-stimulatory molecules. Furthermore, it induced the production of IL-10, a potent anti-inflammatory cytokine. Moreover, the ingested T. rubrum conidia differentiated into hyphae that grew and killed the macrophages after 8 hrs of culture. These results indicated that fungal was able to inhibit macrophage functions or to induce suppressive cytokines that could favor fungal evasion from host responses. The aim of this work was evaluate the interaction of macrophages and dendritic cells from patients or control individuals with conidia of T. rubrum.

Materials and Methods

Patients

Ten patients (7 men and 3 women; age range: 40–70 years) with clinical diagnoses of dermatophytosis, attended at the Department of Dermatology, Medical School of the University of São Paulo, were included in the present study. All diagnoses were confirmed by direct mycological examination and culture. In all cases, Trichophyton rubrum fungus was isolated. Healthy individuals (10 individuals: 7 men and 3 women; age range: 35–75 years) with no history of dermatophytosis were used as controls.
Ethics Statement
This study was approved by Ethical Committee of Faculty of Pharmacy and Medical School – University of Sao Paulo. The participants provide their written informed consent to participate in this study.

Preparation of human macrophage
Human monocytes were purified from patients or control. After partial purification via Ficoll-Hypaque centrifugation, monocytes were separated from lymphocytes by positive selection with anti-CD14. For positive selection of CD14⁺ monocytes, PBMCs were mixed with antihuman CD14 antibody-conjugated microbeads (Miltenyi Biotec, Auburn, CA, USA). CD14⁺ monocytes were separated from other cells using a magnetic separation column under a magnetic field (Miltenyi Biotec, Auburn, CA, USA) according to the manufacturer instructions and washed thoroughly to remove any non-specific binding to the beads. CD14⁺ cells were then eluted in PBS containing fetal-calf serum (FCS) (2%). Macrophages were obtained by culture of monocytes at 1×10⁶/ml in Teflon beakers in RPMI 1640 medium containing 15% human serum, 10 µg/ml gentamicin (Sigma-Aldrich) and 100 U/ml penicillin and 100 µg/ml streptomycin (Sigma-Aldrich) for 5–7 days.

Generation of DCs
PBMCs were isolated by gradient centrifugation over Ficoll-Hypaque (400×g, 30 min). The phase containing white cells was removed and washed in RPMI-1640. CD14⁺ monocytes were separated from other cells using a magnetic separation column under a magnetic field (Miltenyi Biotec, Auburn, CA, USA) as described above. Isolated CD14⁺ cells were cultured in presence of granulocyte-macrophage colony-stimulating factor (GM-CSF) and IL-4 (50 and 1 ng/ml, respectively; 7 days). Cultures were fed every 2 days with GM-CSF and IL-4. DCs thus obtained were more than 95% as assessed by flow-cytometry analysis.

Conidia of T. rubrum
In order to obtain large numbers of conidia, fungal fragments from Sabouraud medium cultures were scraped off the agar and incubated in Potato-broth medium (50 g of potatoes, 5 g of glucose (MERCK – Germany) and 500 mL of distilled water) at 25°C under constant rotation for 4 days. The fungal suspension was then filtered through a sterile micropore Whatman #1 filter to remove hyphae fragments but not microconidia. The conidia were washed with PBS and counted in a hemocytometer.
Exoantigens from *T. rubrum*

Exoantigens from *T. rubrum* were obtained from fungal fragments that were scraped from Sabouraud medium agar and incubated in Sabouraud medium broth under constant rotation for 7 days, at room temperature. The fungal suspension was then filtered to remove hyphal fragments and/or microconidia. Protein contents were determined by the Bradford method.

Interaction of macrophages and dendritic cell with conidia

1×10⁶ macrophages and dendritic cells were layered on glass coverslips for 1 h to allow for adherence. The glass attached macrophages and dendritic cells were rinsed in PBS and placed in 24-well plates and incubated with 1 mL complete RPMI-1640 medium containing conidia (rate conidia/cell = 3:1) for 4, 8, and 12 h at 37°C in a 5% CO₂ atmosphere. The glass coverslips were then washed with PBS and stained with Giemsa. To assess the involvement of mannose and DC-SIGN receptors on phagocytosis, assays were performed incubating anti-CD206 or anti-CD209 or both for 30 minutes before the addition of conidia. A dose response experiment using 1, 10, 20 and 50 μg/ml of antibody was realized. As control was used the purified mouse IgG1 kappa isotype to anti-CD206, and purified mouse IgG2b kappa isotype control to anti-CD209. For inhibition studies, macrophages and dendritic cells were incubated with different concentrations of exoantigen (5, 10, 15 mg/ml) for 30 min before the addition of *T. rubrum*.

Subsequently, after 12 h of phagocytosis, the coverslips were washed with 1X PBS to remove non-phagocytosed or bound conidia and stained with Giemsa (MERCK - Germany) and subsequently analyzed by standard optical microscope (400x and 1000x).

The Phagocytic Index (PI) is the percentage of phagocytic cells in relation to the total number of cells multiplied by the mean number of internalized or bound particles.

Cytotoxicity assays

Cell viability of *T. rubrum*-infected macrophages and dendritic cells was determined by measuring the release of LDH. Briefly, cells suspensions containing 1×10⁶ macrophages and dendritic cells were layered onto 96-well tissue culture microplates (Corning costar Co., Cambridge, MA) for 1 h to allow adherence. The attached macrophages and dendritic cells were rinsed in PBS and incubated with 1 mL complete RPMI-1640 medium containing conidia at 1:3 ratio in 100 μL in RPMI complete medium for 4, 8, 12 and 16 h at 37°C in a 5% CO₂ atmosphere. The supernatant was collected for lactate dehydrogenase (LDH) determination. Briefly, 50 μL of samples were mixed with color reagent LDH Liquiform (Labtest Diagnostic) and the absorbance was measured at 320 nm using a multispectrophotometer (Cobas Mira Plus – Roche). The concentration of LDH in samples was then determined using a standard curves generated by the serial dilution of LDH.

Cytokine measurements

The levels of TNF-α, IL-12 and IL-10 in the supernatants of cells cultures were determined using a sandwich ELISA kit according to manufacturer’s instructions. Cells were incubated with conidia as previously described and after 12 h the supernatants were harvested and stored at -70°C for cytokine quantification. TNF-α, IL-12 and IL-10 were quantified in the supernatants by enzyme-linked immunosorbent assay (ELISA) (R&D), according to the manufacturer’s instructions. Cytokine activity was determined employing curves with serial dilutions of mouse recombinant TNF-α, IL-12 and IL-10. The results were expressed as a means obtained from two experiments +/- standard deviation (S.D.).

Assays of Ag presentation

DCs were prepared as described above and incubating (24 h) with conidia of *T. rubrum* (rate conidia/cell = 3:1). Afterwards, DCs were plated (2×10⁶ cells/well, triplicate) on a 96-well flat-bottom plate. Autologous CD4+ T cells were purified from non-adherent PBMCs using positive separation with anti-human CD4 antibody-conjugated microbeads and added (2×10⁵ cells/well). Proliferation of CD4 T cells was evaluated after 5 days of culture by measuring [³H]-thymidine uptake during the last 16 h of the assay. As negative control was used only CD4 T cells. The supernatant of this assay was harvest and assayed for IFN-γ, IL-4 and IL-10 by enzyme-linked immunosorbent assay (ELISA) according to the manufacturer instructions (R&D).

Statistical analysis

Statistical comparisons were made by analysis of variance (ANOVA) and by the Tukey-Kramer test. All values were reported as the mean +/- standard error deviation of the means.

Results

Outcome of *T. rubrum* infection in macrophages and dendritic cells

We were interested in determining the fate of *T. rubrum* after its uptake by macrophages and dendritic cells from patients and normal individuos, since that was demostrate by our lab that macrophage from mice were susceptible to grows of fungus. For this, human macrophages and dendritic cells were infected with conidia and after different intervals of time fixed, stained and examined under light microscopy. The analyze of microscopy showed that after interaction of *T. rubrum* conidia with patients macrophages, the fungus differentiated into hyphae after 8 hrs of incubation (Figure 1a). In contrast, the conidea was not be able to differentated in hyphae in the presence of DCs from patients (Figure 1b). The same results was observed using cells from normal individuos (data not shown). Cytotoxicity assays revealed that macrophage viability decreased with time of culture. After 10 h of culture the majority of macrophages died as determined by LDH activity in macrophage supernatants (Figure 1c). On the other hand, dendritic cells were not affected by conidea, even after 10 hours of incubation remained viable (Figure 1c). In order to verify the participation of mannose and DC-SIGN receptors on phagocytosis, dendritic cells and monocyte derived from patients were incubated with anti-CD206 and anti-CD209 for 30 minutes. After this period, was added to culture, *T. rubrum* conidia and evaluated the phagocytic index. A decrease in the rate of phagocytic index of conidia by dendritic cell was observed when...
T-cell in presence of T. rubrum 30 min after adding conidia. The presence of exoantigens during the phagocytic test inhibited in a dose-dependent manner the phagocytic index (Figure 2B).

Production of cytokines by macrophages and human DCs exposed to T. rubrum in vitro

In order to assess the pattern of cytokine production by macrophages and DCs upon interaction of the fungus, macrophages and DCs from patients and normal individuals were exposed to the fungus. Cytokines were determined by ELISA. Cytokine analysis showed that only basal levels of IL-12, IL-10, and TNF-α were produced by cell from controls. However, high levels of IL-12, IL-10, and TNF-α were produced when DCs from patients were stimulated with conidia when compared with DC controls and macrophages (Figure 3A). On the other hand, the macrophages from patients produced IL-10 and TNF-α, but not IL-12 (Figure 3B).

Proliferation of T cells

As showed above that DCs were resistant to death by conidia, we assess whether the antigen presenting properties were preserved. DCs were prepared as described above and incubating (24 h) with conidia of T. rubrum (rate conidia/cell = 3:1). The results showed that DCs incubated with conidia, were able to process and present antigen from the fungus and induce autologous T-cell proliferation in patients, but not in healthy non-immune individuals (Figure 4). The results indicate the specificity of the response, because T-cells from healthy individual did not proliferate in presence of dendritic cells. To analyze the pattern of cytokine production by the CD4 cells, IL-4, IL-10 and IFN-γ were quantified. The results showed production of all cytokine tested, indicating that dendritic cells in presence of T. rubrum was not able to induce the predominance of Th1 (IFN-γ) neither their Th2 (IL-10 and IL-4) response (Figure 5).

Discussion

Recently we found that T. rubrum phagocytosis has functional consequences for macrophages since phagocytosis of T. rubrum resulted in down-modulation of MHC-II and co-stimulatory molecules expression and conidia differentiated in hyphae that grew and killed the macrophages [19]. These results indicate that fungal cells are able to inhibit macrophages functions that could favor fungal evasion from host responses. Here we determine if macrophages or dendritic cells from patients and control individuals could phagocyte and kill the T. rubrum.

DCs are the most potent APC of the immune system and are vital for the initiation of primary T cell-mediated immune responses that are the hallmark of CMI [20]. As host defense against T. rubrum requires the induction of CMI, we sought to determine a role for DCs and macrophages in this process. The data presented herein demonstrate that human DCs and macrophages upon interaction of the fungus, macrophages and DCs from patients and normal individuals were exposed to the fungus. Cytokines were determined by ELISA. Cytokine analysis showed that only basal levels of IL-12, IL-10, and TNF-α were produced by cell from controls. However, high levels of IL-12, IL-10, and TNF-α were produced when DCs from patients were stimulated with conidia when compared with DC controls and macrophages (Figure 3A). On the other hand, the macrophages from patients produced IL-10 and TNF-α, but not IL-12 (Figure 3B).

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Recently, it has been demonstrated the collaboration between Pattern Recognition Receptors (PRRs) such as C-type lectin and Toll-like receptors in initiates optimal antifungal responses. The work demonstrated that *Fonsecaea pedrosoi*, which causes chromoblastomycoses, was shown to be recognized by CLR, but not TLRs, and this resulted in defective inflammatory responses and susceptibility to infection. Moreover, exogenous administration of TLR agonists restored protective inflammatory responses and led to clearance of the infection *in vivo* [24].

Another striking aspect of this study is that unlike macrophages that permit rapid intracellular growth of *T. rubrum*, human DCs inhibited the intracellular growth. In a previous study [19], we demonstrated that macrophages were not able to kill and digest internalized *T. rubrum*. Thus, it is curious that hyph generated from conidia was quite restricted in macrophages, we hypothesize that those conidia that were successful in this enterprise were able to modulate the phagosome, possibly by preventing phagolysosomal fusion. Further studies are required to address this hypothesis. Newman et al. 2011 demonstrate that macrophage provide a permissive environment for the transformation of conidia into yeasts of *Histoplasma capsulatum*. In contrast, conidia ingested by DCs are severely restricted in their ability to transform into yeasts compared to macrophages [25].

Since DCs are the main antigen presenting cells of the immune system, we analyzed with conidea residing in DCs are degraded and antigens processed for presentation to T cells. Ours results showed that DCs from patients were able to present antigens and activate and mix of Th1/Th2 response with production of IL-4, IL-10 and IFN-γ. The ability of DCs to kill *T. rubrum* and to present Ags to T cells suggests that DCs may play an important role in the host response to *T. rubrum* infection by coordinating the development of CMI. Current efforts are directed toward delineating the mechanism by which human DCs inhibit the intracellular growth of conidea.

**Author Contributions**

Conceived and designed the experiments: SRA PC. Performed the experiments: KS GFB. Analyzed the data: KS GFB PC SRA. Contributed reagents/materials/analysis tools: SRA. Contributed to the writing of the manuscript: SRA.

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**Figure 5. Cytokine production by CD4+ T-cell in presence of DCs and *T. rubrum* conidia (rate conidia/cell = 3:1).** After 5 days of proliferation the supernatant was harvested and cytokine determined. The results represent the mean ± SD of three independents experiments, where the blood was collected from each study subjects (10 patients and 10 controls). As negative control was used only CD4+ T-cell and the result of cytokine production always <20 pg/ml. Each dot correspond to an individual. *p<0.05 was considerate significant.

doi:10.1371/journal.pone.0110879.g005
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