NEW approaches to expedite the development of safe and effective pediatric dosing regimens and first-in-child doses are urgently needed. Model-based approaches require quantitative functions on the maturation of different metabolic pathways. In this study, we directly incorporated a pediatric covariate model for the glucuronidation of morphine into a pediatric population model for zidovudine glucuronidation. This model was compared with a reference model that gave the statistically best description of the data. Both models had adequate goodness-of-fit plots and normalized prediction distribution errors (NPDE), similar population clearance values for each individual, and a \( \Delta \) objective function value of 13 points \( (\Delta \text{df}) \). This supports our hypothesis that pediatric pharmacokinetic covariate models contain system-specific information that can be used as semiphysiological functions in pediatric population models. Further research should explore the validity of the semiphysiological function for other UDP-glucuronosyltransferase 2B7 substrates and patient populations and reveal how this function can be used for pediatric physiologically based pharmacokinetic models.

\[ \text{CPT: Pharmacometrics & Systems Pharmacology (2012) 1, e9; doi:10.1038/psp.2012.11; advance online publication 3 October 2012} \]
collected on 68 occasions from 29 individuals varying from term neonates to infants up to 5 months of age (PACTG 049). For each patient, dense data were available from multiple occasions that were days or weeks apart. Zidovudine was administered both intravenously and orally to each patient. Data were obtained after single-dose administrations on separate occasions and for eight patients, data from administrations that were part of a long-term oral dosing regimen were available as well. This data set was used to develop the two population models in this study. An example of the data records for two patients at the extremes of the age range is provided in the Supplementary Data online.

A data set of morphine and its glucuronides in 248 preterm and term neonates to 3-year-old infants was used to obtain the pediatric covariate model used in the system-specific model. In Table 1, study and patient characteristics for the zidovudine data set used for both models in this analysis and the morphine data sets used to obtain the pediatric covariate model are shown for comparison.

System-specific and reference model for zidovudine

Figure 1 shows the structural model for zidovudine, which is the same for both the system-specific model and the reference model, and the covariate equations, which are different between the two models.

For the structural model, a two-compartment model ($V_1$ and $V_2$) was found to describe the bimodal decline in zidovudine concentrations in time. Both distribution volumes were set to be equal. A one-compartment model was used to describe the time course of the zidovudine-glucuronide ($V_g$) with the distribution volume estimated as a fraction of the central compartment ($V_c$). Zidovudine absorption was described by first-order absorption ($k_a$) and the oral bioavailability ($F$) was estimated.

For the error model, significant interindividual variability could be identified in both models for the absorption rate constant ($k_a$), the formation ($Cl_1$) and elimination ($Cl_2$) clearance of zidovudine-glucuronide, the distribution volume of the central compartment ($V_c$), and the bioavailability ($F$). The interindividual variability and residual error for both models were best described by a proportional error model.

The covariate model was different for the system-specific model and the reference model (Figure 1).

System-specific model. A previously published covariate model for glucuronidation of morphine in patients varying from preterm neonates to children of 3 years (i.e., linear, exponential, or sigmoidal) were obtained. On the basis of objective function, postnatal age was found to be a slightly superior covariate for both $Cl_1$ and $Cl_2$. The inclusion of this covariate was most optimal in a sigmoidal relationship on $Cl_1$, and in a linear relationship with estimated $\gamma$-intercept on $Cl_2$. No other statistically significant covariates were identified.

In Table 2, the model parameter estimates obtained for the system-specific and reference models are provided, showing similar values for the structural parameters and the parameters of the error model. The table also shows that for both models the coefficients of variation of the fixed effects remain well below 50%, indicating that the parameters can be estimated with acceptable precision. The coefficients of variation of some of the variance estimates of the interindividual variability did exceed 50%, indicating that the information in the data set was uninformative for precise estimation of these parameter values. The NONMEM code for two final models is provided in the Supplementary Data online.

Figure 2 shows population-predicted zidovudine clearances ($Cl$) for the reference model vs. the system-specific model. As data were available on different occasions that were days or weeks apart, the covariates (body weight and postnatal age) differed for each child on the different occasions, yielding different clearance predictions per child per occasion. The figure shows that both models estimate similar population clearance values for each individual at each occasion, despite the differences in covariate model as depicted in Figure 1.

Table 1 Patient and study characteristics of the zidovudine data set that was analyzed in this study to build the system-specific model and the reference model, and of the morphine data set that was used to build the pediatric covariate model applied in the system-specific model

| Characteristic          | Zidovudine data set | Morphine data set |
|-------------------------|---------------------|-------------------|
| Number of patients      | 29                  | 248               |
| Number of samples of parent compound | 473              | 792               |
| Number of samples of glucuronide | 173 (G-ZDV) | 684 (M3G); 722 (M6G) |
| Administration route    | Oral and bolus i.v. | Short term and continuous i.v. |
| Duration                | Multiple occasions days or weeks apart | Single occasion of up to 5 days |
| Sampling                | Dense               | Sparse            |
| Population              | Healthy patients    | Ventilated and postoperative (noncardiac surgery) patients |
| Postnatal age (median (range), days) | 21 (2–145) | 33 (0–1,071) |
| Postmenstrual age (median (range), weeks) | 43 (36–57) | 42 (25–193) |
| Body weight (median (range), kg) | 3.8 (1.9–6) | 3.6 (0.5–16.8) |
| Sex (M/F)               | 18/11 (62%/38%)     | 144/104 (58%/42%) |

G-ZDV, zidovudine-glucuronide; M3G, morphine-3-glucuronide; M6G, morphine-6-glucuronide.
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![Structural model diagram](image)

**Table 2** Final parameter estimates of the system-specific model and the reference model for zidovudine glucuronidation

| Pharmacokinetic parameter (unit) | System-specific model Value (CV%) | Reference model Value (CV%) |
|----------------------------------|----------------------------------|-----------------------------|
| Fixed effects                    | Model parameter (unit)           | Value                        | Model parameter (unit) | Value                        |
| F                               | θ                                | 1.55 (30.6)                  | θ                              | 1.56 (21.0)                  |
| F (%)                            |                                  | 82.5                         |                               | 82.6                         |
| kₐ (min⁻¹)                      |                                  | 0.031 (17.7)                 |                               |                             |
| V₁ = V₂                         | (l/kg)                           | 1.08 (11.4)                  |                               |                             |
| V₁ (fraction of V₂)             |                                  | 0.211 (18.3)                 |                               |                             |
| Cl₁                             | Cl₁<10days (l/min/kg1.44)        | 0.00435 (12.1)               |                               |                             |
|                                 | Cl₁<10days (l/min/kg1.44)        | 0.00853 (11.7)               |                               |                             |
| Qₑ                               |                                  | 0.00231 (10.7)               |                               |                             |
| Qₑ (l/min)                      |                                  | 0.0289 (11.7)                |                               | 0.0275 (11.8)                |
| Interindividual variability     |                                  |                              |                               |                             |
| αF (F)                          |                                  | 2.82 (45.0)                  |                               | 2.78 (42.5)                  |
| αF (kₐ)                         |                                  | 0.607 (39.9)                 |                               | 0.625 (36.8)                 |
| αF (V₁)                         |                                  | 0.366 (49.7)                 |                               | 0.443 (56.2)                 |
| αF (Cl₁)                        |                                  | 0.255 (54.1)                 |                               | 0.328 (38.7)                 |
| αF (Cl₂)                        |                                  | 0.112 (70.3)                 |                               | 0.142 (46.3)                 |
| αF (V₁–Cl₁) interaction         |                                  | —                            |                               | 0.312 (54.5)                 |
| Residual error                  |                                  |                               |                               |                               |
| σ² (ZDV)                        |                                  | 0.11 (11.5)                  |                               | 0.11 (7.2)                   |
| σ² (G-ZDV)                      |                                  | 0.158 (15.5)                 |                               | 0.152 (13.3)                 |

Cl, clearance of designated route; CV, coefficient of variation; G-ZDV, zidovudine-glucuronide; kₐ, absorption rate constant; Qₑ, intercompartmental clearance; V₁, distribution volume of designated compartment; ZDV, zidovudine; F, bioavailability presented as value of θ in Eq. 2 and population value of F calculated with Eq. 2; αF, variance of the normal distribution that quantifies the interindividual variability on the designated parameter according to Eq. 1 or Eq. 2 for bioavailability; σ², variance of the normal distribution that quantifies the residual error of the designated observation according to Eq. 3.
Model evaluation

The reference model was statistically superior over the system-specific model in describing the zidovudine data, as demonstrated by a difference in objective function value of 13 points at a 2-point difference in degrees of freedom. Figure 3 shows the goodness-of-fit graphs that are stratified by age into one group that is older than and another group that is younger than 38 days (the median age of the individuals at the different occasions). Visual inspection of these graphs shows that both models can describe the observed zidovudine concentrations in children older and younger than the median age without bias and that the difference between the plots of the two models is negligible.

The plots in Figure 4 show that the covariate relationships for zidovudine clearance (Cl₁) of both the system-specific and reference model describe individual glucuronidation clearances without bias, despite the use of different covariates (i.e., body weight for the system-specific model and postnatal age for the reference model). Accuracy of the individual zidovudine clearance values compared with the population values described by the covariate relationships was numerically quantified as mean percentage error and was 20.5% for the reference model and 11.3% for the system-specific
model. The precision, numerically quantified as root mean square error, was 19.2% for both models.

In terms of predictive performance, the two models perform similar as well, as expressed by the results of the normalized prediction distribution error (NPDE) analysis shown in Figure 5. This figure shows that the system-specific model and the reference model can accurately predict the median zidovudine concentrations, but they slightly overestimate the variability in the observations. In addition, there is no bias in NPDEs in time or across the concentration range for any of the models.

DISCUSSION

Our group previously described and defined a distinction between drug-specific and system-specific parameters in population models. This investigation is a proof-of-concept study to examine whether the context of system-specific properties can be extended to include not only static descriptors of the physiological system but also temporal changes in the physiological system as a result of developmental changes in the pediatric population. It was shown that a covariate model for the glucuronidation of morphine in preterm and term neonates to children up to the age of 3 years also accurately describes the population clearance values are indicated with lines. For the plot of the system-specific model (left), individual post hoc parameter estimates and population estimates of children younger than 10 days are indicated with circles and a solid line, respectively, for children older than 10 days, triangles and a dotted line are used, respectively.

FIGURE 4 Individual post hoc parameter values of the glucuronidation clearance to zidovudine-glucuronide (Cl.) for each individual at each separate study occasion vs. the most predictive covariate, which is body weight for the system-specific model (left) and postnatal age for the reference model (right). The covariate relationships describing the population clearance values are indicated with lines. For the plot of the system-specific model (left), individual post hoc parameter estimates and population estimates of children younger than 10 days are indicated with circles and a solid line, respectively, for children older than 10 days, triangles and a dotted line are used, respectively.

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changes in acid–base balance, and changes in the amount and composition of drug-binding plasma proteins and other blood components that may influence plasma protein binding. Unfortunately, quantitative knowledge on all these underlying processes is incomplete especially for the pediatric population, impeding the use of pediatric physiologically based PK (PBPK) models. In addition, data on enzyme activity obtained from in vitro data may not accurately reflect the in vivo situation, especially for uridine 5′-diphosphate glucuronosyltransferase enzymes. Combining information from population PK models with PBPK approaches may therefore be necessary to obtain functions to describe the maturational changes in metabolic and/or elimination pathways. These modeling approaches are crucial for determining evidence-based pediatric dosing algorithms and first-in-child doses.

The proposed semiphysiological modeling approach can be performed using data routinely obtained in pediatric pharmacokinetic trials. In fact, this approach allows for the use of denser information or information from a wider age range than may be available for the analysis of the unstudied drug. This is especially important in the pediatric population where often only limited data are available for ethical and practical reasons. The system-specific model of this analysis was, for instance, based on data from 248 patients ranging from preterm neonates to infants of 3 years, whereas in the current zidovudine analysis, data from only 29 patients ranging from term neonates to infants of 5 months were available (Table 1). The small range in age and body weight of the patients in the zidovudine data set made it difficult to discriminate model performance between submodels. The covariate relationship identified for morphine glucuronidation was probably not identified as most significant in the comprehensive covariate analysis of the current zidovudine data due to the indistinctive curvature of this relationship in the body weight range of the zidovudine data set. Nonetheless, in the system-specific model, direct incorporation of the pediatric covariate model obtained with morphine did provide a good description of the population and individual zidovudine clearance parameters as shown in Figure 4. In this approach, it is, however, a prerequisite that the covariate...
models are validated both internally and externally and that the population to which the covariate model applies is well defined in terms of other potentially important covariates, like, for instance, genetics or disease status. In case covariates other than size and/or age are identified in a pediatric covariate model, we envision that the complete covariate model describes the biological system and that therefore this complete covariate model should be extrapolated between drugs.

In contrast to PBPK models, a drawback of population PK modeling is that the analysis has to be repeated for each individual drug for each pediatric age group. This study suggests that the between-drug extrapolation of semiphysiological pediatric covariate functions can be used to develop pediatric population PK models of hitherto unstudied drugs in a more time-efficient manner. However, the use of the semiphysiological glucuronidation function in the population analysis of zidovudine still relied on the availability of at least a limited amount of pediatric data to determine the population value of the clearance, which is mainly determined by the drug-specific parameters $K_m$ and $V_{max}$. This does not pose a problem for marketed drugs that are already being used off-label in a population, but when in drug development a drug has never been used in a pediatric age range before, a methodology that does not rely on in vivo pediatric data of the drug under investigation is required. To date, there is no suitable methodology based on population PK modeling available to extrapolate pediatric PK parameters from older to younger age ranges in the drug development process. If system-specific profiles on developmental changes in specific metabolic pathways were, however, available over the entire pediatric age range, these profiles could be used in a semiphysiological modeling approach to design successive studies in children of decreasing ages for unstudied drugs. These studies could then be of a confirmative rather than an explorative nature.

Concerning the net observed maturational changes in drug clearance in this study, it is emphasized that the weight that each change in the physiological system has may be different for drugs with different physicochemical and PK properties. Morphine and zidovudine are quite similar with respect to these properties. Their molecular masses are 285 and 267 g/mol, respectively. The acid dissociation constant ($pK_a$) values for morphine are 7.9 and 9.6 and for zidovudine this value is around 9.7 and the octanol/water partition coefficient (log P) values for these compounds were reported to be around 0.75 and 0.05, respectively. Plasma protein binding in adults ranges between 23 and 38% for both drugs and their hepatic extraction ratios in adults range between 0.5 and 0.65. We cannot exclude that these similarities in drug characteristics have contributed to the good extrapolation potential of the pediatric covariate model for glucuronidation observed in this study, therefore, further studies on the applicability of the semiphysiological function for glucuronidation in
children are required. For this, in silico studies using a PBPK modeling approach could be performed to reveal whether, how, and to what extent differences in physicochemical drug properties influence the between-drug extrapolation potential of the semiphysiological glucuronidation function. This can be done by simulating in vivo pediatric drug clearance of hypothetical drugs with various physicochemical drug properties that are all eliminated through the same pathway (see Part II of this article, ref. 27). Investigation of maturation patterns in individual physiologic parameters and PBPK simulations of scenarios in which values of these parameters are altered may reveal whether the changes in drug clearance quantified by a pediatric semiphysiological function mainly result from changes in a single or multiple parameters (see Part II of this article, ref. 27). This can be used to determine whether a population covariate relationship can be directly incorporated in PBPK models or whether further deconvolution of the covariate relationship is necessary. The advantage of PBPK model in drug development would be that it may aid in determining the absolute value of drug clearance without prior pediatric in vivo data.

In conclusion, this proof-of-concept study supports our hypothesis that pediatric population covariate models that describe the developmental changes in drug elimination pathways constitute system-specific rather than drug-specific information. This system-specific information can be used in a semiphysiological manner in the development of pediatric population PK models of drugs that share clearance pathways. Further analysis of the physicochemical and physiological basis of the pediatric semiphysiological glucuronidation function should reveal whether this function can be directly incorporated in PBPK models for all substrates or whether it is necessary to separate the covariate relationship further into components to describe the influence of the various physiological changes.

METHODS

Study design. Two population PK models were developed for a single data set of zidovudine and its glucuronide.

System-specific model: In this model, a covariate model for morphine glucuronidation in patients younger than 3 years that was validated both internally and externally using various tools9,10 was directly incorporated.

Reference model: For this model, a comprehensive covariate analysis was performed yielding a PK model with a set of covariate relationships that best described the current zidovudine data according to predefined statistical criteria. The performance of both models was evaluated according to intraindividual variability on the model parameters was tested for the structural model. For the error model, individual bioavailability estimates of more than 100% were obtained. In these equations, $P_i$ is the individual parameter estimate for the $i$th individual, $\theta$ represents the population parameter estimate for parameter $P$, and $\eta_i$ is a random variable for the $i$th individual from a normal distribution with a mean of zero and estimated variance of $\omega^2$. For the intraindividual variability and residual error in the observed zidovudine and zidovudine-glucuronide concentrations, proportional, additive, and combination error models were tested.

The likelihood ratio (assumed to be $\chi^2$ distributed) was used to assess whether the difference between (sub)models was statistically significant. A decrease in the objective function corresponding to $P < 0.01$ was considered to be significant. In addition, the following basic goodness-of-fit plots were used for diagnostic purposes: (i) observed vs. individually predicted concentrations, (ii) observed vs. population-predicted concentrations, (iii) conditional weighted residuals vs. time, and (iv) conditional weighted residuals vs. population-predicted concentrations. Furthermore, the 95% confidence intervals of the model parameters and the correlation matrix were assessed.

The third and final step of the model development process (i.e., choice of the covariate model) was different for the reference model and the system-specific model:

System-specific model: The previously obtained and validated covariate model for morphine glucuronidation in children within 3 years9,10 was directly incorporated into the model for zidovudine. Specifically, a body weight-based exponential equation with an exponent of 1.44 for the formation and elimination of zidovudine-glucuronide with a reduced formation clearance of zidovudine-glucuronide in neonates within 10 days of birth was included, as was a linear correlation for distribution volume of the parent compound and metabolite. Although this pediatric covariate model describes the rate of developmental changes in clearance and distribution volume, the population values of these parameters for zidovudine were estimated by NONMEM.
Reference model: A comprehensive covariate analysis with forward inclusion and backward deletion of covariates was performed to obtain a covariate model with the best description of the current zidovudine data according to statistical criteria. The following covariates were tested for significance: post-natal age, postmenstrual age, gestational age at birth, body weight, sex, and creatinine clearance. The continuous covariates were tested in linear equations, exponential equations with estimated exponents, or sigmoidal equations. A decrease in the objective function corresponding to $P < 0.01$ for the forward inclusion of covariates was considered to be significant. In addition, the aforementioned diagnostic criteria were used. When more than one significant covariate was identified, the most significant covariate was included in the model and the resulting model served as the basis for the subsequent exploration of additional covariate effects. For the backward deletion of covariates, an increase in objective function corresponding to $P < 0.001$ was considered to be significant.

Model evaluation. Although the system-specific and reference models are not nested, they are based on the same patients and data, and therefore, the $-2 \log$ likelihood, by means of the NONMEM objective function, was used to statistically compare the description of the zidovudine data by the system-specific model with the description of the zidovudine data by the reference model. To directly compare clearance predictions between the two models, population prediction calculations from the reference model were plotted vs. population prediction predictions from the system-specific model. For each patient, data were obtained at multiple occasions, as age and body weight change rapidly in this young population one population prediction was obtained per patient per occasion.

According to the framework for the validation of pediatric population models, the basic goodness-of-fit plots of the models were inspected. These plots were stratified by age into a group that was younger and a group that was older than 38 days (the median age of the individuals at the different occasions) to ascertain that the entire age range was described equally well. In addition, the covariate relationships describing the population-predicted zidovudine clearance ($Cl_1$) and the individual post hoc clearance estimates of each individual at each separate study occasion were plotted in one graph for each model to visually assess the description of the individual zidovudine glucuronidation clearances ($Cl_1$) by the covariate relationships. Finally, bias and precision of the individual zidovudine glucuronidation clearance values compared with the population-predicted clearances described by the covariate relationships were quantified by calculating the percentage mean prediction error (%MPE, Eq. 3) and the root mean square error (RMSE, Eq. 4), respectively.

\[
\text{%MPE} = \frac{\sum_{i=1}^{n} \left( \frac{\text{population Cl}_i - \text{individual Cl}_i}{\text{individual Cl}_i} \right) \times 100}{n} \quad (3)
\]

\[
\text{RMSE} = \sqrt{\frac{\sum_{i=1}^{n} (\text{population Cl}_i - \text{individual Cl}_i)^2}{n}} \quad (4)
\]

To compare the predictive properties of both models, an NPDE analysis, which is a simulation-based diagnostic, was used. The entire data set was simulated 1,000 times in NONMEM and subsequently each observed concentration was compared with the reference distribution of the simulated data points using the NPDE add-on package in R. Acknowledgments. This study was performed within the framework of Top Institute Pharma project number D2-104. The work of C.A.J.K. is supported by the Innovation Research Incentives Scheme (Veni grant, July 2006) of the Dutch Organization for Scientific Research (NWO). Overall support for the International Maternal Pediatric Adolescent AIDS Clinical Trials Group (IMPAACT) was provided by the National Institute of Allergy and Infectious Diseases (NIAID) (U01 AI068632), the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), and the National Institute of Mental Health (AI068632). The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health. This work was supported by the Statistical and Data Analysis Center at Harvard School of Public Health, under the NIAID cooperative agreement no. 5 U01 AI41110 with the Pediatric AIDS Clinical Trials Group (PACTG) and no. 1 U01 AI068616 with the IMPAACT Group. Support of the sites was provided by the NIAID and the NICHD International and Domestic Pediatric and Maternal HIV Clinical Trials Network funded by NICHD (contract number N01-DK-9-001/HHSN267200800001C). We thank Gregory Sivolapenko from the Laboratory of Pharmacokinetics of the University of Patras for his support.

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Conflict of Interest. All authors declared no conflict of interest.

Study Highlights

WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?
Drug clearance differs between adults and children and between children of different ages, which is believed to be the major cause of age-dependent differences in pediatric drug dosing requirements.

WHAT QUESTION DID THIS STUDY ADDRESS?
To improve the availability of maturation functions for specific elimination pathways that can be used for modeling and simulation, this study tests whether biological system-specific information can be obtained from pediatric population PK covariate models.

WHAT THIS STUDY ADDS TO OUR KNOWLEDGE
Using two drugs with similar physicochemical properties in a pediatric population younger than 3 years, this proof-of-principle study supports the hypothesis that pediatric population covariate models for drug clearance contain biological system-specific information and can be extrapolated between drugs that share elimination pathways in a semiphysiological modeling approach.

HOW THIS MIGHT CHANGE CLINICAL PHARMACOLOGY AND THERAPEUTICS
A semiphysiological modeling approach will expedite the development of pediatric population models and physiologically based models that are crucial for the development of evidence-based and first-in-child dosing regimen.
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Supplementary Information accompanies this paper on the CPT: Pharmacometrics & Systems Pharmacology website (http://www.nature.com/psp)