Seroprevalence of IgM and IgG anti-SARS-COV-2 and associated factors among agricultural workers in Colombia

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Abstract

Background: The population of South America has been severely affected by the COVID-19 pandemic. In this region, during the year 2020, high seroprevalence percentages were reported, which have been associated with the socioeconomic characteristics of the population, mainly in urban areas. However, a relative lack of information on the dynamics of the pandemic in rural areas of these countries, where the population is more vulnerable, is still present. This study determined antibody prevalence against SARS-CoV-2 in urban and rural food producing workers in Colombia.

Methods: A total of 1242 workers, urban and rural, linked to poultry, dairy, and meat production and supply chains, were analyzed through a sociodemographic survey and two serological tests against S and N proteins of SARS-CoV-2.

Results: 78.7% were male. 50.9% of the participants were rural inhabitants, with an average age of 40.9 years old. 39.2% had IgM and IgG against SARS-CoV-2 S protein and 31.3% against N protein for the same virus; 83.6% had not been tested with an RT-PCR test for COVID-19 and 75.7% did not report symptoms related to the disease. The associated risk factors were low education, OR: 1.46, greater number of cohabitants, OR: 1.36, and contact with people infected with COVID-19, OR: 2.03.

Conclusions: The seroprevalences found suggest an important interconnectivity between rural and urban areas, where asymptomatic subjects and sociodemographic factors facilitate the virus’ spread in the population.

Keywords: Agricultural workers, Colombia, COVID-19, SARS-CoV-2 antibody levels

Introduction

The South American population has been severely affected by COVID-19, with more than 40 million confirmed cases as of January 2022 [1]. This region, relative early in the pandemic, reported the highest seroprevalence to SARS-CoV-2 in the world, with Iquitos, Peru, (70.0%) [2], in Manaus (Brazil) (76.0%) [3] and Buenos Aires, Argentina, (53.4%) [4]. In Colombia, the first national seroprevalence survey, in September 2020, found seroprevalence between 68.0% and 27.0% [5]. The second wave of the COVID-19 pandemic was reported in January 2021, and the third wave started in the last weeks of April, with the highest number of cases and deaths reported, reaching 4,886,897 confirmed cases by August of 2021 [6]. High seroprevalence in Colombia seems to have been associated with contact with COVID-19 asymptomatic patients and sociodemographic conditions [7–11]. Even so, in Colombia, there is little evidence of the virus’s mode of spread in urban and rural communities [12]. Therefore, we aimed to determine the prevalence of antibodies against SARS-CoV-2 in urban and rural food-producing workers in Colombia.

Material and methods

Study design and sampling

A cross-sectional epidemiological study was conducted in rural and urban communities linked to three animal protein...
production and supply chains in Colombia (dairy, livestock/meat and milk and poultry value chains). The sample size was calculated for an expected proportion between 14.6% and 50.4% of infected individuals (RT-PCR positive for SARS-CoV-2) reported by the National Health Institute (INS) of Colombia, in each region where the respective value chains were located [6]. The size of the sample was determined with a confidence level of 95% and an expected error of 5%, including 1262 adults. Inclusion criteria: inhabitants of rural and urban areas, who are adults and workers, as well as family members, linked to the selected production chains. Exclusion criteria: people vaccinated with one or two doses of COVID-19. Non-probabilistic sampling was carried out through the snowball method, between March and June 2021 (a period corresponding to the third peak of the pandemic in Colombia) by registered nurses from Health Service Providers Institutions.

**Ethics statement**

All participants signed the informed consent endorsed by the Ethics Committee from the Health Sciences Faculty through folio No. 065, complying with the 1975 Declaration of Helsinki.

**Data collection and laboratory processing**

A self-administered questionnaire was distributed by letter to participants’ workplaces, to collect the sociodemographic data and health status in the last six months. Following the biosafety protocol, a venous blood sample was collected without anticoagulant, which was transported to the laboratory in an ice chamber within 12 hours. The serum was separated by centrifugation (1200 rpm × 10 min) and stored at -70 °C, until processing.

**Serological tests**

The COV2T (Siemens Healthineers, USA) test was carried out, for IgG and IgM detection against the RBD region of the SARS-CoV-2 S protein in human serum and plasma. The test has a 100% sensitivity after 7 days of the presence of symptoms and a 99.8% clinical specificity (95% CI 99.4-99.9%) [13]. In-house serological test: LaSalleCoV2N for the detection of IgG and IgM antibody against SARS-CoV-2 Nr protein, produced in BL21 (DE3) cells (donated by Universidad Nacional de Colombia) transformed with pET-28a (+) Vector using the SARS-COV-2 nucleoprotein gene, donated by BEI Resources, NIAID, NIH: NR-53507 (USA). Immunoplates (SPL Life Sciences, Korea) were sensitized with 0.2 μg/mL of Nr protein. Sera were added in duplicate at 100-fold dilution and secondary antibodies: Goat Anti-Human IgG F(ab)² (Invitrogen, USA) and Goat Anti-Human IgM F(ab)² (SouthernBiotech, USA), HRP conjugated (each at 5000-fold dilution). The reaction was revealed with luminol (ABCAM, USA) and read on a luminoskan (Thermo Fischer, USA). Each trial used the international standard S321834 NIBSC 1000 IU/mL, donated by the WHO Solidarity II group. The LaSalleCoV2N test in symptomatic positive RT-PCR patients versus pre-pandemic sera has a 91.3% sensitivity (95% CI 86.1-94.8%) and a 93.0% specificity (95% CI 86.8-97.0%). In asymptomatic positive RT-PCR patients, it has a 70.4% sensitivity (95% CI 58.4-80.7%) and a 93.0% specificity (95% CI 86.8-97.0%).

**Statistical analysis**

Descriptive analysis included sociodemographic and health variables. The final seroprevalence estimates were adjusted for the COV2T test sensitivity and specificity. Student’s t and Chi-square tests were used to determine the difference significance in the bivariate analyses. Multivariate analyses were carried out using logistic regression models. The quality of logistic regression models was compared by using Akaike Information Criterion (AIC). The model with the lowest AIC value was considered as the best fit to data. The other selection criterion was based on the Pseudo R2 values of the model that slightly better explain the variability of data compared to the other models. This is the statistical model that was used:

$$\text{Logit(}\text{SARS—CoV—2 presence)} = \beta_0 + \beta_{\text{education level}} + \beta_{\text{contact with people with COVID—19}} + \beta_{\text{number of cohabitants}} + \beta_{\text{age}} + \beta_{\text{use of bus transport}} + \beta_{\text{live with health personnel}} + \beta_{\text{COVID—19 compatible symptoms}} + \text{error}$$

For each variable, odds ratios (OR) and their corresponding 95% confidence intervals (95% CI) were calculated. In all cases, a $P < 0.05$ value was considered statistically significant. The analyses were conducted with the R software, version 4.0.2 (The R Foundation for Statistical Computing).

**Results**

A total of 1242 adults linked to the dairy, livestock/meat and milk, and poultry chains were surveyed. The average age of the participants was 40.9 years old (SD ± 13.0) (Dairy chain: 38.8 ± 13.9; Poultry chain: 36.8 ± 12.1; livestock/meat and milk chain: 36.0 ± 12.3). The greater number of workers were male, especially in the poultry chains (78.5%) and livestock/meat and milk chain (70.7%). Most of the workers had some degree of secondary education, with the lowest level of schooling being found in the poultry chain. The motorcycle was the most used...
means of transport, mainly in livestock/meat and milk chain (70.3%). Households with the highest number of inhabitants were found in the poultry chain (Table 1). 83.6% of the participants did not have a confirmed COVID-19 diagnosis by RT-PCR. The poultry chain showed the highest percentage of workers without a confirmatory diagnosis for this infection (92.8%). 75.7% of the participants did not report any disease-related symptoms in the previous 6 months, and the poultry chain had the highest percentage of asymptomatic workers (83.1%) for COVID-19 (Table 2).

At the sampling date, it was found that 39.2% of the subjects had antibodies against the SARS-CoV-2 S protein (COV2T), and 31.3% against the N protein (LaSalleCoV2N). In the dairy chain, 33.3% of the participants had antibodies against the virus S protein, and 34.5% had antibodies against the N protein. Seropositivity percentages were similar among the inhabitants of rural and urban areas. 55.4% of the workers in the livestock/meat and milk chain had antibodies against S protein and only 17.8% had antibodies against N protein. No correlation was found between the two serological tests in this community. For the poultry chain, 40.7% of people had antibodies against S protein and 36.6% against N protein. In urban areas, seropositivity percentages against SARS-CoV-2 were higher (Fig. 1).

Of the total participants, 50.9% were rural inhabitants and 55.5% worked in this area. In rural workers, COVID-19 seropositivity was significantly associated with a low educational level (p < 0.001) and also being older than 50 years old (p = 0.033). Urban inhabitants presented higher seropositivity to SARS-CoV-2 and this was significantly associated with contact with COVID-positive people (p = 0.011), inter-municipal travel (p = 0.017) and greater number of cohabitants (p = 0.044) (Table 3).

For the multivariate analysis, the results of the comparison between the models show that the best model had the AIC value (152.1) and (R² = 0.43). Multivariate analysis revealed that the lowest educational level, OR: 1.46 (95% CI 1.05–2.03, p = 0.027), a greater number of inhabitants in the household, OR: 1.36 (95% CI 1.01 – 1.85, p = 0.047), and having had contact with people infected with COVID-19, OR: 2.03 (95% CI 1.32 - 3.11, p = 0.001) predispose to infection from SARS-CoV-2.

Statistical analysis by value chain showed that many variables were associated with COVID-19 seropositivity in the dairy chain: low educational level (p = 0.002), having contact with people diagnosed with the disease (p = 0.011), the use of public transportation (p = 0.043) and living with more than 4 people (p < 0.001) (Table 4).

**Discussion**

This research, based on rural and urban food-producing communities in Colombia, found higher seropositivity to SARS-CoV-2 than that reported in the national seroepidemiological study [5], which was to be expected since the beginning of the sampling matched the third wave of the COVID-19 pandemic in

**TABLE I. Sociodemographic characteristics of the people linked to the food production chain in Colombia**

| Sociodemographic characteristics | Dairy chain | Livestock/meat and milk chain | Poultry chain | Total |
|----------------------------------|-------------|-------------------------------|---------------|-------|
| Total number of participants     | 544 100     | 195 100                       | 503 100       | 1242 100 |
| Gender                           | Male        | Farm workers                 | Employees of company/plant |
|                                  | 291 53.5    | 138 70.7                      | 106 54.4       | 365 72.6 |
| Occupation                       | Farm workers | 228 41.9                      | 90 16.5        | 318 61.3 |
|                                  | Employees of company/plant | 106 54.4                      | 67 34.4        | 173 33.4 |
|                                  | Student     | 16 2.9                        | 8 4.1           | 24 4.6 |
|                                  | Unknown     | 210 38.6                      | 14 7.2          | 224 42.9 |
| Educational level                | No school education | 8 1.5                        | 1 0.5           | 9 1.7 |
|                                  | Elementary school | 57 10.5                      | 26 13.3         | 83 15.8 |
|                                  | Middle and high school | 134 24.6                     | 82 42.1         | 216 40.3 |
|                                  | Technician1 | 53 9.7                        | 35 18.0         | 88 16.5 |
|                                  | Professional | 51 9.4                        | 44 22.6         | 95 18.1 |
|                                  | Unknown     | 241 44.3                      | 8 4.1           | 250 47.4 |
| Household                        | Urban       | 113 20.8                      | 117 60.0        | 230 42.9 |
|                                  | Rural       | 283 52.0                      | 77 39.5         | 360 65.5 |
|                                  | ND          | 148 27.2                      | 1 0.5           | 149 26.6 |
| Number of cohabitants           | <4 persons  | 132 24.3                      | 121 62.1        | 253 46.3 |
|                                  | > = 4 persons | 152 27.9                      | 68 34.8         | 220 40.7 |
| Transport                        | Unknown     | 260 47.8                      | 6 3.1           | 266 48.8 |
|                                  | Car         | 87 16.0                       | 36 18.5         | 123 22.5 |
|                                  | Motorcycle  | 89 16.4                       | 137 70.3        | 226 41.0 |
|                                  | Bus         | 52 9.6                        | 1 0.5           | 53 9.7 |
|                                  | Bicycle/walking | 118 21.7                     | 11 5.6          | 129 23.5 |
|                                  | Others      | 7 1.3                         | 6 3.1           | 13 2.4 |
|                                  | Unknown     | 191 35.1                      | 4 2.2           | 195 36.1 |

1Technician: 1–2 years of studies, Professional: 4-5 years.
The country. In urban inhabitants, seropositivity to the virus was significantly associated with variables that reflect the dynamics of virus expansion in cities, overcrowding in homes, contact with COVID-positive people, and inter-municipal mobility [14–16]. The only variables associated with seropositivity in rural residents were a low educational level and being over 50 years old. Given that the level of education was similar in the two areas, it is possible that city inhabitants have an improved adherence to self-care protocols due to the ease of access to technologies of information and communication. Other countries have identified the same risk factors associated with COVID-19 prevalence and mortality in rural areas [17–20]. We confirm the importance of sociodemographic factors in the virus's transmissibility and disease severity in countries with high inequity [21–23].

According to the value chain, in the dairy and poultry chain many sociodemographic and health conditions were significantly associated with seropositivity to SARS-CoV-2 in the workers; this happens in part due to the structure of these chains. Most dairy and poultry farms are relatively small, close to cities, and the owners and/or workers live in the same place where they work, reducing the rural-urban interface. Furthermore, we show a high (35.5%) seroprevalence to SARS-CoV-2 in rural areas, indicating that the disease had a relatively early and fast widespread in Latin America rural population [18,19,24,25]. These might be explained by a lack of state

**TABLE 2. Variables related to the COVID-19 pandemic in workers linked to food production chains in Colombia**

|                               | Dairy chain | Livestock/meat and milk chain | Poultry chain | Total |
|-------------------------------|-------------|--------------------------------|---------------|-------|
|                               | n (%)       | n (%)                          | n (%)         | (%)   |
| **COVID diagnosis**           |             |                                |               |       |
| Yes                           | 19 (3.5)    | 18 (9.2)                       | 34 (6.8)      | 71 (5.7) |
| No                            | 395 (72.6)  | 176 (90.3)                     | 467 (92.8)    | 1038 (83.6) |
| Unknown                       | 130 (23.9)  | 1 (0.5)                        | 2 (0.4)       | 133 (10.7) |
| **Contact with COVID-positive people** | |                                |               |       |
| Yes                           | 20 (3.7)    | 28 (14.4)                      | 64 (12.7)     | 112 (9.0) |
| No                            | 345 (63.4)  | 164 (84.1)                     | 435 (86.5)    | 944 (76.0) |
| Unknown                       | 179 (32.9)  | 3 (1.5)                        | 4 (0.8)       | 186 (15.0) |
| **Live with health workers**  |             |                                |               |       |
| Yes                           | 7 (1.3)     | 9 (4.6)                        | 18 (3.6)      | 34 (2.7) |
| No                            | 362 (66.5)  | 184 (94.4)                     | 483 (96.0)    | 1029 (82.9) |
| Unknown                       | 175 (32.2)  | 2 (1.0)                        | 2 (0.4)       | 179 (14.4) |
| **Symptoms of COVID-19 previous 6 months** | |                                |               |       |
| Yes                           | 46 (8.5)    | 32 (16.4)                      | 78 (15.5)     | 156 (12.6) |
| No                            | 314 (57.7)  | 160 (82.1)                     | 418 (83.1)    | 892 (71.8) |
| Unknown                       | 184 (33.8)  | 3 (1.5)                        | 7 (1.4)       | 194 (15.6) |

**FIG. 1.** Seroprevalence of antibodies against S and N protein of SARS CoV-2 in people linked to food production chains in Colombia. The value of the Pearson correlation coefficient (r) between the tests in each community is presented.

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presence; a historically weak health system; and non-compliance with regulations due to a lack of education or lack of resources. Regardless of the causes of the high seroprevalence, our findings indicate a large number of undiagnosed COVID-19 cases, either due to lack of access to diagnostic tests or because many cases were asymptomatic.

Seventy percent of seropositive cases did not report COVID-19 symptoms in the previous six months, which is a higher proportion than Oran and Topol reported for this disease (40%–45%) [26]. Asymptomatic infection could explain the rapid and increasing SARS-CoV-2 seroprevalence and why it is higher than the cumulative incidence based on PCR testing.

### TABLE 3. Association between seropositivity to SARS-CoV-2 (COV2T test) and sociodemographic and health conditions in urban and rural workers linked to food-production chains in Colombia

|                     | Urban COV2T test | Rural COV2T test |
|---------------------|------------------|-----------------|
|                     | Negative n (%)   | Positive n (%)  | P     | Negative n (%) | Positive n (%) | P     |
| Educational level   |                  |                 |       |                |                |       |
| Elementary school or less | 218 (57.4) | 162 (42.6) | 0.459 | 210 (60.9) | 135 (39.1) | <0.001 |
| Middle school or more | 33 (52.4) | 30 (47.6) |             | 128 (75.3) | 42 (24.7) |             |
| Contact with COVID-positive people | No | 221 (59.9) | 148 (40.1) | 0.011 | 349 (64.6) | 191 (35.4) | 0.128 |
| Yes | 33 (44.0) | 42 (56.0) |             | 17 (51.5) | 16 (48.5) |             |
| Inter-municipal travel | No | 220 (54.7) | 182 (45.3) | 0.017 | 349 (63.7) | 199 (36.3) | 0.292 |
| Yes | 33 (73.3) | 12 (26.7) |             | 11 (52.4) | 10 (47.6) |             |
| Bus use as transportation | No | 230 (56.4) | 178 (43.6) | 0.542 | 325 (64.2) | 181 (35.8) | 0.296 |
| Yes | 21 (61.8) | 13 (38.2) |             | 32 (57.1) | 24 (42.9) |             |
| Live with health workers | No | 236 (56.3) | 183 (43.7) | 0.546 | 364 (63.6) | 208 (36.4) | 0.866 |
| Yes | 18 (61.8) | 11 (38.2) |             | 3 (60.0) | 2 (40.0) |             |
| Symptoms of COVID-19 | No | 197 (55.2) | 160 (44.8) | 0.433 | 331 (65.0) | 178 (35.0) | 0.572 |
| Yes | 48 (60.0) | 32 (40.0) |             | 45 (61.6) | 28 (38.4) |             |
| Number of cohabitants | <4 | 205 (59.2) | 141 (40.8) | 0.044 | 259 (65.7) | 135 (34.3) | 0.408 |
| >4 | 50 (48.1) | 54 (51.9) |             | 143 (62.4) | 86 (37.6) |             |
| Age (years) | <50 | 62 (61.4) | 39 (38.6) | 0.277 | 107 (71.8) | 42 (28.2) | 0.033 |
| >50 | 193 (55.3) | 156 (44.7) |             | 295 (62.2) | 179 (37.8) |             |

*Chi Square test was performed. Bold values, values statistically significant.

### TABLE 4. Association between seropositivity to SARS-CoV-2 (COV2T test) and sociodemographic and health conditions according to food-production chain in Colombia

|                      | Dairy chain COV2T test | Livestock/meat and milk chain COV2T test | P     | Poultry chain COV2T test |
|----------------------|------------------------|------------------------------------------|-------|--------------------------|
|                      | Negative n (%)         | Positive n (%)                           |       | Negative n (%)           | Positive n (%) | P     |
| Educational level    |                        |                                          |       |                          |                |       |
| Elementary school or less | 167 (70.8) | 69 (29.2) | 0.002 | 72 (45.3) | 87 (54.7) | 0.935 |
| Middle school or more | 58 (89.2) | 7 (10.8) |             | 12 (44.4) | 15 (55.6) |             |
| Contact with COVID-positive people | No | 249 (72.6) | 94 (27.4) | 0.011 | 76 (46.9) | 86 (53.1) | 0.272 |
| Yes | 14 (73.7) | 5 (26.3) |             | 10 (35.7) | 18 (64.3) |             |
| Inter-municipal travel | No | 248 (72.3) | 95 (27.7) | 0.713 | 82 (44.6) | 102 (55.4) | <0.001 |
| Yes | 13 (68.4) | 6 (31.6) |             | 3 (42.9) | 4 (57.1) |             |
| Bus use as transportation | No | 214 (72.8) | 80 (27.2) | 0.043 | 84 (44.7) | 104 (55.3) | 0.267 |
| Yes | 40 (71.4) | 16 (28.6) |             | 1 (100) | 0 (0) |             |
| Number of cohabitants | <4 | 163 (76.5) | 50 (23.5) | <0.001 | 70 (43.2) | 92 (56.8) | 0.388 |
| >4 | 196 (60.3) | 129 (39.7) |             | 16 (51.6) | 15 (48.4) |             |
| Age (years) | <50 | 138 (70.1) | 59 (29.9) | 0.214 | 13 (38.2) | 21 (61.8) | 0.414 |
| >50 | 221 (64.8) | 120 (35.2) |             | 73 (45.9) | 86 (54.1) |             |

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in many countries [27–29]. At the end of 2021, the confirmed cases in Colombia by PCR were approximately 10% of the population, much lower than the seroprevalence reported in this and other seroepidemiological studies in the country [9–11]. This could be explained by the high percentage of asymptomatic patients who are not tested for confirmatory molecular tests. Therefore, close contact tracing and serological follow-up are fundamental tools in the public health surveillance programs in the region to interrupt the transmission of the SARS-CoV-2 virus.

On the other hand, estimation of the prevalence of prior infection from serosurveillance studies depends on the sensitivity of the test, the kinetics of antibody decay, and the type of antigen used. Follow-up studies have shown that antibodies against SARS-CoV-2 N protein decay faster with time than antibodies against S protein [30–32]. We find in the workers in the livestock/meat and milk chain, the highest antibody prevalence (55.4%) against S protein, and in turn, the lowest percentage of antibodies against N protein (17.8%) (Fig. 1).

According to the kinetics of antibodies decaying against N protein, these workers were exposed early, as evidenced in the report of accumulated RT-PCR positive cases for the virus in this region of Colombia [6]. In the workers of the other food production chains, the percentages of antibodies against protein S and N were similar, indicating a more recent exposure to the virus. Taking into account that nucleocapsid antibody titers are undetectable approximately eight months after initial seroconversion [32], and that they are rapidly detected at the onset of infection, we consider that the N protein of SARS-CoV2 represents a good option to measure natural infection under the new conditions of the pandemic where most countries are already facing the third and fourth waves of the pandemic, with a considerable proportion of the population vaccinated, especially with protein S of the virus.

The major limitations of the present study were convenience sampling and the lack of infection confirmation by molecular tests. It is also important to note that many participants, especially in the dairy chain, refused to answer the sociodemographic survey, which probably skewed some interpretations in this community.

Conclusion

The high seroprevalence of SARS-CoV-2 found in the present study based on food-producing communities in Colombia suggests an important interconnectivity between urban and rural areas, with the aggravating circumstance that most of those infected were asymptomatic, and that in rural areas the sociodemographic conditions were more precarious. It is important to highlight that low schooling was only associated with the seropositivity of workers who lived in rural areas, so we reiterate the need to prioritize health education programs aimed at improving the knowledge of the population about COVID-19 vaccination to ensure compliance and application of prevention measures during the pandemic. Additionally, it is necessary to promote public health policies aimed at continuous epidemiological surveillance with different diagnostic tests.

Conflict of interest

The authors declare that they have no conflict of interest.

Acknowledgments

To all the participants, community leaders, and the Secretariats of Health of Guasca, Nemocón, Duitama and Zipaquirá. To the livestock associations, the Avian Pathology Association (ASPA, per its acronym in Spanish), the Delhuevo and El Guamito poultries, as well as to small and medium producers. To the BIOVET laboratory from Bucaramanga, LIAC from Universidad de La Salle, the Solidarity II group from WHO, BEI Resources, Universidad Nacional de Colombia, Universidad de Antioquia and Pontificia Universidad Javeriana, for their donations and the technical assistance received. To the students of La Salle Visual and Ocular Health research seedbed, for their support in entering the data. The study was funded by the Ministry of Science and Technology of Colombia and Universidad de La Salle, Bogotá, Grant 362-2020 code1243101577464.

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