### Supplemental table 1  
Type of foods consumed by 6–23-month-old children (%, 95% CIs)

| Type of foods (%) | Kinh  
| (n = 449) | Thai-Muong  
| (n = 194) | Tay-Nung  
| (n = 138) | E De-Mnong  
| (n = 151) |
|----------------|-----------------|-----------------|-----------------|-----------------|
| Grains, roots, and tubers | 97.3 (95.2, 98.5) | 94.8 (89.8, 97.5) | 97.8 (93.9, 99.3) | 98.0 (94.5, 99.3) |
| Legumes and nuts | 43.0 (38.7, 47.4) | 12.9 (6.9, 22.8)* | 29.0 (25.9, 32.3)* | 25.8 (18.8, 34.3)* |
| Dairy products (milk, yogurt, cheese) | 84.2 (80.9, 87.0) | 19.1 (9.8, 33.9)* | 67.4 (62.9, 71.6)* | 53.6 (46.9, 60.2)* |
| Flesh foods (meat, fish, poultry, and liver/organ meats) | 86.2 (82.3, 89.4) | 70.1 (46.8, 86.2) | 72.5 (63.5, 79.9)* | 59.6 (51.5, 67.2)* |
| Eggs | 40.3 (35.6, 45.3) | 43.8 (27.3, 61.8) | 36.2 (28.3, 45.1) | 27.8 (24.2, 31.8)* |
| Vitamin-A rich fruits and vegetables | 84.4 (80.7, 87.5) | 14.4 (6.7, 28.3)* | 71.7 (58.0, 82.4)* | 51.0 (40.8, 61.1)* |
| Other fruits and vegetables | 67.7 (63.5, 71.7) | 56.7 (34.8, 76.3) | 51.4 (43.6, 59.2)* | 33.8 (24.3, 44.8)* |

**By number of food group (%)**

| Food Group | Kinh  
| (n = 449) | Thai-Muong  
| (n = 194) | Tay-Nung  
| (n = 138) | E De-Mnong  
| (n = 151) |
|------------|-----------------|-----------------|-----------------|-----------------|
| 0 | 0.7 (0.2, 2.1) | 4.1 (2.7, 6.2) | 1.4 (0.3, 5.9) | 0.7 (0.1, 4.6) |
| 1 | 3.6 (2.1, 6.0) | 17.5 (4.7, 47.6) | 8.0 (2.7, 21.4) | 15.9 (10.8, 22.7) |
| 2 | 3.3 (2.0, 5.4) | 11.9 (6.3, 21.3) | 8.7 (5.6, 13.2) | 15.9 (9.7, 24.9) |
| 3 | 6.5 (4.5, 9.2) | 22.2 (14.8, 31.8) | 9.4 (5.2, 16.4) | 17.9 (13.5, 23.2) |
| 4 | 16.7 (12.9, 21.4) | 26.8 (17.3, 39.0) | 21.0 (16.0, 27.1) | 17.2 (11.2, 25.6) |
| 5 | 26.5 (21.9, 31.7) | 10.8 (5.6, 19.9) | 26.1 (20.5, 32.6) | 19.2 (11.9, 29.5) |
| 6 | 25.2 (21.4, 29.4) | 4.1 (1.5, 10.6) | 19.6 (13.7, 27.1) | 9.3 (5.9, 14.2) |
| 7 | 17.6 (14.5, 21.1) | 2.6 (1.1, 6.1) | 5.8 (3.8, 8.7) | 4.0 (2.5, 6.3) |

*Data from Alive & Thrive baseline surveys, 2011 and 2012 [24, 25]. Values are percentages (95% CIs). Significantly different from the Kinh (2-sided χ² test): * P < 0.05.