Characteristic analysis and optimization of a four-bar compliant mechanism with single flexible member

LIU Shanzeng*, SUN Zhaopeng, SHEN Gang, and LI Yunwang

School of Mechanical and Electrical Engineering, China University of Mining and Technology, Xuzhou, 221116, China

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Abstract: The characteristics and optimization analysis of a four-bar compliant mechanism with one flexible member (or flexible joint) are carried out. Firstly, based on the pseudo-rigid body model theory of the compliant mechanism, the kinematics relationship, system kinetic energy and potential energy of the general four-bar compliant mechanism are analyzed, and the dynamic model of the four-bar compliant mechanism is established by using Lagrange's equation. Secondly, through the creation of the energy equation of the four-bar compliant mechanism and the analysis of the first and second derivatives of the input variables, the parametric conditions for the existence of the bistable characteristics of the four-bar compliant mechanism with one flexible member are proposed. Then, taking the compliant bistable switch as an example, the internal relations between the driving characteristics of the four-bar compliant mechanism, the initial motion position of the mechanism and the parameters of the flexible member are explored. Finally, based on the improvement of the performance of the compliant bistable switch, the optimization analysis of the maximization of the motion range of the driving link and the maximization of the deformation energy of the flexible member are carried out. The research provides a theoretical basis for the product development and control of a bistable four-bar compliant mechanism.

Keywords: compliant mechanism, pseudo-rigid body model, bistable characteristics, energy method, optimal design

1 Introduction*

Compliant mechanism is a kind of mechanical device that realizes movement, force and energy transfer or conversion by the deformation of flexible members[1]. In recent years, it has received great attention in the fields of MEMS device design, bioengineering micro-operation, self-reconfigurable dextrous manipulator, multi-channel analog switch, aerospace and other fields.

Around 1995, HOWELL, et al[2], proposed the concept of pseudo-rigid body model, which promoted the development of compliant mechanism. JENSEN, et al[3], analyzed the bistable characteristics of four-link compliant mechanisms based on the pseudo-rigid body model, and obtained a large class of four-link compliant bistable mechanisms with one flexible joint. HAN[4] proposed a tension-compression combined bistable mechanism and carried out kinematic static analysis of the beam constraint model and the chain beam constraint model. TODD, et al[5], developed a sensor based on a fully compliant bistable mechanism to record whether the package was hit during transportation, so as to understand the impact status of the goods without unwrapping the package. Inspired by the structure of auditory hair bundle, KIM, et al[6], studied a compliant bistable mechanism energy harvester, which can be used to collect low-frequency vibration energy. JUNG, et al[7], designed a bistable jumping mechanism for robots, the device was triggered by shape memory alloy actuator, and large energy could be released at the moment of jumping, thus improving the jumping height of the robot. CHALVET, et al[8], developed a digital microrobot based...
on four bistable modules. Due to the use of a bistable mechanism, the precise micro-positioning of the robot was realized by only open-loop control. HETRIK, et al[9], adopted the topology optimization method and took satisfying the motion constraints and maximizing the energy as the objective function to carry out the optimization analysis of the compliant mechanism. ZHAN, et al[10], evaluated the static strength of the structure with the sum of the magnitude of the signed von Mises stress and the mean absolute value, and used the modified Goodman fatigue criteria to evaluate the structural fatigue strength. Then, the P norm approach was used to approximate the local element stresses, and the optimization analysis of the continuum structure was carried out. Based on the principle of compliant mechanism, Wang, et al[11], discussed the structural design of dielectric elastomer actuator by using topology optimization method. PEI, et al[12], discussed the design of compliant straight-line mechanisms using flexural joints. WANG, et al[13], adopted the finite element method and Lagrange equation to carry out the dynamic modeling of the plane compliant mechanism and the dynamic stress analysis of the flexible element. LI, et al[14], summarized the electroactive bistable mechanism and introduced the electroactive bistable mechanism with in-plane mode and out-of-plane mode with respect to the motion direction and its application in soft robots.

In this paper, based on the pseudo-rigid body model theory, the conditions for the bistable characteristics of a four-bar compliant mechanism with one flexible member are derived by using the energy method. Combining with an application example of a compliant bistable switch, the driving characteristics and mechanism parameters of the four-bar compliant mechanism are optimized.

2 Dynamic analysis

A four-bar compliant mechanism and its pseudo-rigid body model are shown in Fig. 1. The four-bar compliant mechanism consists of two flexible members (ie, links 2 and 4) and a rigid member (ie, link 3). The length of the link 2, the link 3 and the link 4 is denoted as \( l_i \) (i=2,3,4) and the mass is denoted as \( m_i \) (i=2,3,4), and the moment of inertia with respect to the center of mass is denoted as \( J_i \) (i=2,3,4). The pseudo-rigid body model contains four torsional springs, and the dynamic spring constant of the torsional springs is denoted as \( k_{ii} \) (i=1,2,3,4).

Using \( y \) to represent the characteristic radius factor of the flexible member, then the rotation radii of the equivalent members 2 and 4 in the pseudo-rigid body model can be expressed as \( r_{2y} \) and \( r_{4y} \), respectively, and the centroids of the equivalent members 2, 4 and link 3 are denoted as \( S_2 \), \( S_4 \) and \( S_3 \), respectively.

![Fig. 1. Four-bar compliant mechanism](image)

2.1 Kinematics

The rotation angle, angular velocity and angular acceleration of the link 2 in Fig. 1(b) are represented by \( \theta_2 \), \( \omega_2 \) and \( \alpha_2 \) respectively. Taking point B as the origin of the coordinates and establishing a Cartesian coordinate system as shown in Fig. 1(b), we get:

\[
\begin{align*}
    r_2 \cos \theta_2 + r_2 \cos \theta_3 &= r_1 + r_4 \cos \theta_4 \\
    r_2 \sin \theta_2 + r_2 \sin \theta_3 &= r_1 \sin \theta_4
\end{align*}
\]

Taking \( \theta_2 \) as a variable and solving Eq. (1), we have:

\[
\begin{align*}
    \theta_2 &= 2 \arctan \frac{b \pm \sqrt{a^2 + b^2 - c^2}}{a + c} \quad (2) \\
    \theta_3 &= 2 \arctan \frac{b \pm \sqrt{a^2 + b^2 - d^2}}{a + d} \quad (3)
\end{align*}
\]

\[
\begin{align*}
    a &= \cos \theta_2 - \frac{r_1}{r_2} \\
    c &= \frac{r_1^2}{2} - \frac{r_2^2}{2} + \frac{r_1^2 - r_2^2}{2} + 2r_4 \cos \theta_2 \\
    d &= \frac{r_1^2}{2} + \frac{r_2^2}{2} - \frac{r_1^2 - r_2^2}{2} - 2r_4 \cos \theta_2
\end{align*}
\]

At the same time, the first derivative of Eq. (1) with respect to time \( t \) can be obtained:

\[
\begin{align*}
    \omega_3 &= r_2 \omega_1 \sin (\theta_3 - \theta_1) + r_4 \sin \theta_2 \omega_4 \\
    \omega_4 &= -r_2 \omega_1 \sin (\theta_3 - \theta_1) + r_4 \sin \theta_2 \omega_3
\end{align*}
\]

Suppose the link 3 is a homogeneous bar with uniform cross section, and its centroid coordinate is \( (x_3, y_3) \), then:

\[
\begin{align*}
    x_3 &= r_2 \cos \theta_2 + \frac{1}{2} r_4 \cos \theta_3 \\
    y_3 &= r_2 \sin \theta_2 + \frac{1}{2} r_4 \sin \theta_3
\end{align*}
\]

From Eq. (6), the centroid velocity \( V_{S3} \) of the link 3 can be expressed as:

\[
V_{S3}^2 = r_2^2 \omega_3^2 + \frac{1}{4} r_4^2 \theta_3^2 + r_2 r_4 \cos (\theta_3 - \theta_1) \omega_3 \omega_4
\]

Similarly, the centroid velocities \( V_{S2} \) and \( V_{S4} \) of the link 2 and link 4 can be expressed as:

\[
\begin{align*}
    V_{S2} &= \frac{1}{2} r_2 \omega_2 \\
    V_{S4} &= \frac{1}{2} r_4 \omega_4
\end{align*}
\]
2.2 Kinetic energy of system

The kinetic energy \( E_{k2}, E_{k3} \) and \( E_{k4} \) of the links 2, 3 and 4 in the four-bar compliant mechanism can be expressed as follows

\[
E_{k2} = \frac{1}{2} m_{2} V_{s2}^2 + \frac{1}{2} J_{2} \omega_{2}^2 
\]

(9)

\[
E_{k3} = \frac{1}{2} m_{3} V_{s3}^2 + \frac{1}{2} J_{3} \omega_{3}^2 
\]

(10)

\[
E_{k4} = \frac{1}{2} m_{4} V_{s4}^2 + \frac{1}{2} J_{4} \omega_{4}^2
\]

(11)

Hence, the total kinetic energy \( E_k \) of the four-bar compliant mechanism is given by

\[
E_k = \sum_{i=2}^{4} E_{ki}
\]

(12)

2.3 Potential energy of system

If the energy loss caused by the deformation of the flexible member and the friction between the members are ignored, then the elastic potential energy \( E_p \) stored by the flexible member is equal to the work done by the forces and moments acting on the member.

When the end of the flexible link is subjected to a moment \( M \), as shown in Fig.1. Assuming that the pseudo-rigid body angle \( \phi=0 \) when the flexible link is in the initial position, the angle that the end of the flexible link has rotated after being acted on by the moment \( M \) is \( \theta \). Then the elastic potential energy \( E_{p1} \) of the flexible link can be expressed as

\[
E_{p1} = \int_{0}^{\phi} M d\theta = \int_{0}^{\phi} c_{0} M d\phi
\]

(13)

\[
M = \gamma K_{v} \frac{E I l}{l} \phi
\]

(14)

where \( c_{0} \) denotes the parametric angle coefficient, \( K_{v} \) denotes the torsion spring stiffness coefficient, and \( l \) denotes the length of the flexible link.

When the end of the flexible link is subjected to a force \( F \), as shown in Fig.1. If the displacement of the end of the flexible link under the action of the force \( F \) is \( s \). Then the elastic potential energy \( E_{p2} \) of the flexible link can be expressed as

\[
E_{p2} = \int_{0}^{s} F d\phi = \int_{0}^{s} F_{i} \gamma l d\phi
\]

(15)

where \( F_{i} \) denotes the tangential component of the force \( F \) along the trajectory of the end of the flexible link, namely

\[
F_{i} = K_{v} \phi \frac{E I}{l}
\]

(16)

It is not difficult to obtain from equations (13) - (16) that the unified expression of the elastic potential energy of the equivalent dynamic model of the flexible link is

\[
E_{pi} = \frac{1}{2} K_{s} \phi_{i}^2
\]

(17)

where, \( \phi_{i} \) (i=1,2,3,4) and \( K_{s} \) (i=1,2,3,4) are the pseudo-rigid body angle and the dynamic spring constant of the torsion spring at the \( i \)th joint of the mechanism, respectively.

So the elastic potential energy \( E_p \) of the mechanism can be expressed as

\[
E_{p} = \sum_{i=1}^{4} E_{pi} = \frac{1}{2} \sum_{i=1}^{4} K_{s} \phi_{i}^2 = \frac{1}{2} \sum_{i=1}^{4} K_{s} \phi_{i}^2
\]

(18)

where, \( \phi_{i} \) (i=1,2,3,4) denotes the rotation angle of the torsion spring at the \( i \)th joint in the mechanism. Assuming that the position angle of the \( i \)th link is \( \theta_{i0} \) (i=2,3,4) when the torsion spring is not deformed, we have

\[
\phi_{i} = (\theta_{i} - \theta_{i0}) - (\theta_{i} - \theta_{i0})
\]

(19)

2.4 Dynamics

The Lagrange’s equations of the second kind is expressed as

\[
\frac{d}{dt} \left( \frac{\partial L}{\partial \dot{\phi}_{i}} \right) - \frac{\partial L}{\partial \phi_{i}} = q_i
\]

(20)

where, \( L \) denotes the Lagrangian function, \( q_i \) (i=1,2,3,...,n) denotes the generalized coordinate variables of the system, \( q_i \) denotes the generalized force.

By substituting equations (12) and (18) into Eq. (20) and simplifying, the dynamic equation of the four-bar compliant mechanism can be written as

\[
M_{t} \ddot{\theta}_{2} + c_{0} \dot{\theta}_{2} + \phi(\theta_{2}) = \tau_i
\]

(21)

where, \( \tau \) denotes the generalized force of the mechanism, \( M_{t}, c_{0}, \phi(\theta) \) are functions of the structural parameters of the mechanism. From Eq. (21), the dynamic characteristics of the four-bar compliant mechanism (such as natural frequency, stress, etc.) can be solved.

3 Analysis of bistable characteristics

Eq. (1) takes the first and second derivatives of angle \( \theta_{2} \), and solves and simplifies them, we get

\[
\frac{d\theta_{2}}{dt} = \frac{r_{2} \sin(\theta_{1} - \theta_{3})}{r_{2} \sin(\theta_{1} - \theta_{3})}
\]

(22)

\[
\frac{d^{2}\theta_{2}}{dt^{2}} = \frac{r_{2} \sin(\theta_{1} - \theta_{3})}{r_{2} \sin(\theta_{1} - \theta_{3})}
\]

(23)

\[
\frac{d^{2}\theta_{3}}{dt^{2}} = \frac{r_{3} \sin(\theta_{2} - \theta_{4})}{r_{3} \sin(\theta_{2} - \theta_{4})}
\]

(24)

\[
\frac{d^{2}\theta_{4}}{dt^{2}} = \frac{r_{4} \sin(\theta_{3} - \theta_{1})}{r_{4} \sin(\theta_{3} - \theta_{1})}
\]

(25)
When a four-bar compliant mechanism contains only one flexible member, without loss of generality, it is assumed that the torsion spring (or flexible joint) is located at the joint between the driven link and the frame, and its pseudo-rigid body model is shown in Fig. 2. According to equations (18) and (19), the energy equation of the mechanism can be written as

\[ E_p = \frac{1}{2} K_{44} (\theta_4 - \theta_{40})^2 \]  

Eq. (26) finds the first and second derivatives of the variable \( \theta_2 \), we get

\[
\frac{dE_p}{d\theta_2} = K_{44} (\theta_4 - \theta_{40}) \frac{d\theta_2}{d\theta_2} \\
\frac{d^2E_p}{d\theta_2^2} = K_{44} (\theta_4 - \theta_{40}) \frac{d^2\theta_2}{d\theta_2^2} + K_{44} \left( \frac{d\theta_2}{d\theta_2}\right)^2
\]

Assuming \( \sin(\theta_1 - \theta_4) \neq 0 \), combine Eq. (23) and Eq. (27), and set Eq. (27) equal to zero, we get

\[
\begin{cases}
\theta_4 - \theta_{40} = 0 \\
\text{or} \\
\sin(\theta_4 - \theta_2) = 0
\end{cases}
\]

According to Eq. (29), it is not difficult to obtain the solution of the mechanism in the equilibrium position as follows:

when \( \theta_4 = \theta_{40} \),

\[
\left\{
\begin{align*}
\theta_2 &= \theta_{20} \\
\text{or} \\
\theta_2 &= 2 \arctan \frac{r_s \sin \theta_{40}}{r_s + r_s \cos \theta_{40}} - \theta_{20}
\end{align*}
\right.
\]

when \( \sin(\theta_4 - \theta_2) = 0 \),

\[
\left\{
\begin{align*}
\theta_2 &= \theta_3 \\
\text{or} \\
\theta_2 &= \theta_3 \pm \pi
\end{align*}
\right.
\]

Substitute the two values of \( \theta_2 \) in Eq. (30) into Eq. (28), we get

\[
\frac{d^2E_p}{d\theta_2^2} = \begin{cases}
\frac{K_{44} r_2 (r_2 + r_3) (\theta_4 - \theta_{40})}{r_s r_4 \sin (\theta_4 - \theta_2)}, \text{if } \theta_2 = \theta_1 \\
\frac{K_{44} r_2 (r_2 - r_3) (\theta_4 - \theta_{40})}{r_s r_4 \sin (\theta_4 - \theta_2)}, \text{if } \theta_2 = \theta_1 \pm \pi
\end{cases}
\]

It can be seen from Eq. (32) that the bistable characteristics of the four-bar compliant mechanism are closely related to the size of each link, the position of the flexible joint and the initial motion position of the mechanism (i.e., the configuration of the mechanism without deformation of the flexible joint).

At the same time, if the four-bar compliant mechanism has bistable characteristics, then the mechanism should have an unstable equilibrium position between the two stable equilibrium positions. When \( \theta_2 = \theta_1 \) and \( \theta_2 = \theta_1 \pm \pi \) (where the \( \pm \) should be selected according to the mechanism parameters), it is not difficult to find that links 2 and 3 are in the collinear or overlapping collinear configuration (i.e., the singularity configuration of the mechanism) respectively. If the mechanism is slightly disturbed at this time, it will deviate from its original position. Therefore, it can be determined that \( \theta_2 = \theta_1 \) and \( \theta_2 = \theta_1 \pm \pi \) are the unstable equilibrium positions of the mechanism.

According to the foregoing analysis, it can be seen that if a four-bar compliant mechanism with one flexible member (or flexible joint) has bistable characteristics, then the mechanism should have a collinear configuration of the two links, and the torsion spring (i.e., flexible joint) must be installed on the opposite side of the two links with collinear configuration. In other words, the sum of the lengths of the two members connected to the flexible joint should be greater than the sum of the lengths of the other two members, or the difference between the lengths of the two members connected to the flexible joint is less than the difference between the lengths of the other two members. So, we have

\[
\begin{align*}
r_s + r_b &> r_a + r_d \\
\text{or} \\
|r_b - r_a| &< |r_b - r_d|
\end{align*}
\]

where, \( r_a, r_b \) denote the lengths of the two members connected with the flexible joint, respectively, and \( r_c, r_d \) denote the lengths of the other two members, respectively.

Corresponding to Eq. (33), the selection principle of the initial motion angle \( \theta_0 \) of the flexible joint without deformation is

\[
\pi - \alpha < \theta_0 < \pi - \alpha_2
\]

\[
\alpha_1 = \arccos \frac{r_s^2 + r_b^2 - (r_s + r_b)^2}{2r_s r_b}
\]
$$\alpha_2 = \arccos \frac{r_c^2 + r_e^2 - (r_c - r_e)^2}{2r_c r_e}$$

4 Drive characteristic analysis

The compliant bistable switch is a typical application of the four-bar compliant mechanism with single flexible member, as shown in Fig. 3. In the mechanism, positions A, B and C are hinges, member 2 is a driving link, and member 4 is a flexible link connected to the frame in the form of a cantilever beam. The angle between the frame and the horizontal plane is $\varphi = 2^\circ$, the length and centroid of each member are respectively denoted as $l_i$ ($i=1,2,3,4$) and $c_i$ ($i=2,3,4$), and the pseudo-rigid body model parameters. See Table 1.

![Fig. 3. Compliant bistable switch](image)

| Table 1. Pseudo-rigid model parameters |
|---------------------------------------|
| $r_1$ (mm) | $r_2$ (mm) | $r_3$ (mm) | $l_4$ (mm) | $\gamma$ |
|---|---|---|---|---|
| 26 | 14.8 | 7.6 | 10.6 | 0.85 | 2.876 |

4.1 Initial position influence

According to Table 1, the calculation shows that the motion range of the driving link 2 is $-36.4^\circ$~$36.4^\circ$, the motion range of the link 3 and the driven rocker 4 are $-65^\circ$~$32^\circ$ and $-32^\circ$~$57^\circ$, respectively. The angular displacement relationship curves of each member are shown in Fig.4.

![Fig. 4. Angular displacement curves of mechanism](image)

When links 2 and 3 are collinear (such as $\theta_2 = \theta_3 = 19.7^\circ$), the mechanism is in an unstable equilibrium position. Then the two stable equilibrium positions of the mechanism should be distributed on both sides of the unstable equilibrium position, and the initial motion position of the mechanism should be one of its stable equilibrium positions. Therefore, according to the angular displacement relationship of each member in Fig.4 (or calculated by Eq. (34)), the value range of $\theta_{40}$ can be determined to be $32^\circ$~$57^\circ$.

During the movement of the mechanism, the work done by the driving torque $T_{in}$ on the link 2 and the deformation energy stored on the flexible link 4 form a functional conversion. Thus, the work done by the driving torque on the link 2 can be expressed as

$$E_p = \int_{\theta_1}^{\theta_2} T_{in} \, d\theta_2 = \frac{1}{2} K_{st} \left( \theta_2 - \theta_{40} \right)^2$$

(35)

Eq. (35) takes the derivative of $\theta_2$, we get

$$T_{in} = K_{st} \left( \theta_2 - \theta_{40} \right) r_2 \sin \left( \theta_2 - \theta_1 \right)$$

(36)

It can be seen that the driving torque $T_{in}$ is numerically equal to the first derivative of the energy equation with respect to the driving variable, and the zero point of the derivative equation is the equilibrium position of the mechanism.

In Fig. 3, the material of the flexible link 4 is polypropylene, and the structural parameters and material properties are shown in Table 2. Then, the dynamic spring constant of the torsion spring in the corresponding flexible body model is

$$K_{st} = \gamma K_v \frac{E l_4}{l_4} = \gamma K_v \frac{E b_b h_4^3}{12 l_4} = 1.33 \times 10^2 \text{ N} \cdot \text{m} / \text{rad}$$

| Table 2. Parameters of flexible link |
|-------------------------------------|
| Density $\rho$(Kg/m$^3$) | Width $w_4$(mm) | Thickness $h_4$(mm) | Elastic modulus $E_v$ (N/m$^2$) | Inertia moment $I_4$(m$^4$) |
|---|---|---|---|---|
| 910 | 5 | 0.5 | $1.35 \times 10^7$ | $5.21 \times 10^{-4}$ |

![Fig. 5. Relation curve of $T_{in}$ and $\theta_{40}$](image)

Now, the relationship curve between the driving torque $T_{in}$ of the link 2 and the initial position $\theta_{40}$ of the member 4 can be obtained from Eq. (36), as shown in Fig.5. The zero point of the driving torque $T_{in}$ corresponds to the two stable equilibrium positions and an unstable equilibrium position of the four-bar compliant mechanism, and the intersection point of all curves is the unstable equilibrium.
position. It can be seen that the driving torque \( T_w \) of the link 2 and the motion range of the mechanism have an approximately inverse relationship with the initial angle \( \theta_{20} \). If the installation space between the moving and static contacts of the bistable switch is taken into account, it is advisable that \( \theta_{20}=40^\circ \). At this time, the two stable equilibrium positions of the mechanism are \( \theta_2=-35.6^\circ \) and \( \theta_2=1.5^\circ \), respectively.

### 4.2 Influence of torsion spring stiffness

Given that the compliant bistable switch is in the open state at the initial position \( \theta_{20}=-35.6^\circ \), the selection range of the torsion spring stiffness is 0~0.02N·m/\(^\circ\), and the relation between the driving torque \( T_w \) and the torsion spring stiffness \( K_{ds} \) is shown in Fig. 6. It can be seen that no matter what the value of \( K_{ds} \) is, the change trend of the driving torque \( T_w \) in the motion range of the mechanism is the same, and the variation range of the driving torque increases with the increase of the torsion spring stiffness.

![Fig. 6. Relation curve of \( T_w \) and \( K_{ds} \)](image)

The selection of the stiffness parameters of the flexible member in the compliant bistable switch depends on factors such as the drive mode, mechanical structure, energy consumption and control. At the same time, the key of bistable switch design is to select a suitable driving torque for the mechanism. The schematic diagram of the preliminarily designed compliant bistable switch structure is shown in Fig. 7.

![Fig. 7. Schematic diagram of compliant bistable switch](image)

Meanwhile, the driving torque acting on the handle is

\[
T_w = 0.0133 \times \left( \frac{\theta - \frac{2m}{9}}{9} \right) 14.8 \times \sin \left( \theta_1 - \theta_2 \right) \sin \left( \theta_3 - \theta_4 \right)
\]

### 5 Optimization design

The compliant bistable switch shown in Fig. 7 is made of polypropylene and its initial structure and material parameters are shown in Tables 1 and 2. In the following, the flexible link is used as the optimization object, its structural parameters are taken as the design variables, and the maximum motion range and strain energy of the mechanism are taken as the goals to carry out the optimal design of compliant bistable switch.

#### 5.1 Motion range optimization

1. **Design variables**
   
   Select the length of the flexible link and the initial motion position as design variables, we have
   
   \[
x^T = (l_4, \theta_{20})
   \]

2. **Objective function**
   
   One stable equilibrium position of the compliant bistable switch is its initial motion position (i.e., \( \theta_2=\theta_{20} \)), and the other stable equilibrium position can be expressed as
   
   \[
   \theta_2 = 2 \arctan \left( \frac{r_3 \sin \theta_{40}}{r_1 + r_3 \cos \theta_{40}} \right) - \theta_{20} \tag{39}
   \]

   Based on reliability and installation space considerations, in order to maximize the contact distance of the compliant bistable switch, the angle between the two stable equilibrium positions needs to be maximized, namely
   
   \[
   f(x)_{\text{max}} = \Delta \theta_2(l_4, \theta_{20}) = 2 \arctan \left( \frac{0.85 \sin \theta_{40}}{r_1 + 0.85 \cos \theta_{40}} \right) - \theta_{20} \tag{40}
   \]

3. **Constraint conditions**
   
   1. **Member length constraint**
      
      In the mechanism of compliant bistable switch shown in Fig.3, if the frame length \( l_1 \) is the longest, \( l_4 \) must satisfy the inequality \( r_1 + \frac{r_3}{2} + r_3 + 0.85l_4 \), that is, \( 4.3 \text{ mm} \leq l_4 \leq 30.5 \text{ mm} \); If the length of the flexible link \( l_4 \) is the longest, \( l_4 \) must satisfy the inequality \( 0.85l_4 \leq r_1 + r_3 + r_3 \), that is, \( 30.5 \text{ mm} \leq l_4 \leq 56.9 \text{ mm} \). Therefore, the value range of \( l_4 \) is \( 4.3 \text{ mm} \leq l_4 \leq 56.9 \text{ mm} \). In addition, from Eq. (33), the value range of the length \( l_4 \) of the flexible link is \( 0 < l_4 < 22.1 \text{ mm} \) or \( 22.1 \text{ mm} \leq l_4 \leq 39 \text{ mm} \). In summary, the value of flexible link length \( l_4 \) is shown in Table 3.

   | Table 3. Subdivision table of the value range of \( l_4 \) |
   |-----------------|-----------------|-----------------|
   | **Type**        | **Category condition** | **Value range of \( l_4 \)** |
   | 1               | longest link length | \( l_4 \) is the largest |
   |                 | shortest link      | \( l_4 \) is the shortest |
   | 2               | length > sum of the | \( l_4 \) 39mm≤l_4≤56.9mm |
   |                 | other two link      | shortest 4.3mm≤l_4≤8.8mm |
   | 3               | longest link length | shortest 8.8mm≤l_4≤22.1mm |
   |                 | + shortest link     | sum of the 22.1mm≤l_4≤39mm |

2. **Initial position constraint**

   According to the value type of \( l_4 \) in Table 3, the value
range of variable $\theta_2$ is discussed in the following section. For Type 1, the limit position of the mechanism occurs when the link 2 is collinear with the link 3 or the link 2 is overlap with the link 4, as shown in Fig.8. The value range of the variable $\theta_2$ can be obtained as

$$\arccos \frac{r_1^2 + r_2^2 - (r_4^2 - r_3^2)}{2r_1r_2} \leq \theta_2 \leq \pi$$

(41)

or

$$-\pi \leq \theta_2 \leq -\arccos \frac{r_1^2 + r_2^2 - (r_4^2 - r_3^2)}{2r_1r_2}$$

For Types 2 and 3, the limit position of the mechanism occurs when the link 2 is collinear with the link 3 or the link 3 is collinear with link 4, as shown in Fig.9. Then the value range of variable $\theta_2$ is

$$-\arccos \frac{r_2^2 + r_3^2 - (r_4^2 + r_1^2)}{2r_2r_3} \leq \theta_2 \leq \arccos \frac{r_2^2 + r_3^2 - (r_4^2 + r_1^2)}{2r_2r_3}$$

(42)

Fig. 8. No.1 limit position analysis of mechanism

Fig. 9. No.2 limit position analysis of mechanism

For Type4, the limit position of the mechanism occurs when the link 2 and the link 3 are collinear or overlap, and when the link 3 and the link 4 are collinear or overlap, as shown in Fig.10. So, the value range of variable $\theta_2$ is

$$\arccos \frac{r_1^2 + r_2^2 - (r_4^2 - r_3^2)}{2r_1r_2} \leq \theta_2 \leq \arccos \frac{r_1^2 + r_2^2 - (r_4^2 + r_3^2)}{2r_1r_2}$$

(43)

(4) Optimization analysis

When the value range of $l_4$ is $4.3 \text{mm} < l_4 \leq 8.8 \text{mm}$, the motion range of the mechanism is shown in Fig.11. It is not difficult to find that with the increase of $l_4$, the value range of the initial motion position $\theta_{20}$ of the mechanism, the change amplitude and the maximum value of the motion range of the mechanism are all increasing. When $l_4=8.8 \text{mm}$, the motion range of the mechanism (i.e., $\Delta \theta_2$) to obtain the maximum value of about 45.8°.

Fig. 11. Motion range of mechanism when $4.3 \text{mm}<l_4\leq8.8 \text{mm}$

When the value range of $l_4$ is $8.8 \text{mm} < l_4 \leq 22.1 \text{mm}$, the motion range of the mechanism is shown in Fig.12. It can be concluded that with the increase of $l_4$, the value range of the initial motion position $\theta_{20}$ becomes larger, and the motion range of the mechanism also increases slowly, but it does not change after increasing to a certain extent. The maximum motion range of the mechanism is about 61.8° (at this time $l_4=14.4 \text{mm}$).

Fig. 12. Motion range of mechanism when $8.8 \text{mm}<l_4\leq22.1 \text{mm}$

When the value range of $l_4$ is $22.1 \text{mm} < l_4 \leq 39 \text{mm}$, the motion range of the mechanism is shown in Fig.13. Similarly, with the increase of $l_4$, the value range of the initial position $\theta_{20}$ of the mechanism also increases, but the motion range of the mechanism basically remains unchanged, and the maximum value of the motion range of the mechanism is about 61.8°.
5.2 Strain energy optimization

Taking the cross-sectional parameters of the flexible link as the design variable, the optimal design of the strain energy performance of the compliant bistable switch is carried out.

(1) Design variables

Taking the cross-section parameters of the flexible link as design variables, we get

\[ x = (x_1, x_2)^T = (w_4, h_4)^T \] (44)

where, \( w_4 \) and \( h_4 \) are the cross-sectional width and thickness of the flexible link, respectively.

(2) Objective function

The strain energy of the mechanism is

\[ E_p = \frac{1}{24} \gamma K_o E w_4 h_4^4 (\theta_4 - \theta_0)^2 \] (45)

When the initial motion position and motion range parameters of the mechanism are given, the strain energy of the mechanism is only determined by the width and thickness parameters of the cross section of the flexible link. Thus, the objective function can be expressed as

\[ f(x) = f(w_4, h_4) = w_4 h_4^4 \] (46)

(3) Constraint conditions

According to experience (See references [1, 13]), the optimal solution range of \( w_4 \) and \( h_4 \) are given as 2mm~6mm and 0.1mm~1mm, respectively. At the same time, in order to improve the ability of the flexible link to store strain energy, the first-order natural frequency of the mechanism is set between 45 Hz and 60 Hz. Then the constraint conditions can be expressed as

\[
\begin{align*}
g_1(x) &= \frac{f - 60}{f} \\ g_2(x) &= \frac{45 - f}{f} \\ g_3(x) &= \frac{\sigma - 28.6}{28.6} \\ g_4(x) &= \frac{2 - w_4}{2} \\ g_5(x) &= \frac{w_4 - 6}{w_4} \\ g_6(x) &= h_4 - 1 \\ g_7(x) &= 0.1 - h_4 \\ \end{align*}
\] (47)

(4) Optimization Results

By solving equations (44), (46) and (47), the optimization results can be obtained, as shown in Table 5. The results show that the strain energy performance of the optimized compliant bistable switch is increased by about 11.10%, and the maximum stress of the flexible link is also improved to a large extent.

### Table 4. Optimization results of \( l_4 \)

| \( l_4/\text{mm} \) | Optimization solution /\( \text{mm} \) | \( \theta_{\text{opt}} \) /° | \( \Delta \theta 3 \) /° |
|-----------------|-----------------|-----------------|-----------------|
| 14.4<\( l_4 \leq 16.2 \) | \( l_4=16.2 \) | -23.6~23.7 | 61.8 |
| 39<\( l_4 \leq 44.5 \) | \( l_4=44.5 \) | 167.1~180 | -180~167.3 | 61.8 |

### Table 5. Optimization results based on strain energy

| Serial number | \( w_4/\text{mm} \) | \( h_4/\text{mm} \) | \( \sigma_{\text{max}}/\text{MPa} \) | \( f/\text{Hz} \) | Strain energy increment /% |
|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 1             | 5.0~5.6         | 0.24            | 11.066          | 57.874          | 11.06~12.39     |
| 2             | 5.7~6           | 0.23            | 10.605          | 55.495          | 11.10~11.70     |

6 Conclusion
The bistable characteristics of a four-bar compliant mechanism with a flexible member were analyzed. Taking a compliant bistable switch as an example, the driving characteristics and structural parameter optimization of the four-bar compliant mechanism were carried out. The conclusions are as follows:

1. The condition for the existence of bistable characteristics of a four-bar compliant mechanism with one flexible member is that the sum of the lengths of the two links connected by the flexible joint should be greater than the sum of the lengths of the other two links, or the difference of the lengths of the two links connected by flexible joints should be less than the difference of the lengths of the other two links.

2. The length parameter and initial motion position of the flexible member in the four-bar compliant mechanism have an important influence on the kinematics and driving characteristics of the mechanism.

3. By optimizing the structural parameters such as the length and cross section of the flexible member in the four-bar compliant mechanism, the kinematics and dynamic characteristics of the mechanism can be improved.

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Biographical notes

LIU Shanzeng, born in 1977, is currently an associate professor at China University of Mining and Technology, China. He received his PhD degree from Beijing University of Technology, China, in 2009. His research interests include mechanism, robotics and mechatronics engineering.

Tel: +86-516-83892760; E-mail: liushanzeng@163.com

SHEN Gang, born in 1982, is currently a professor and a PhD candidate supervisor at China University of Mining and Technology, China. He received PhD degree from Harbin Institute of Technology, China, in 2011.

E-mail: shenganghit@163.com

LI Yunwang, born in 1980, is currently an associate professor at China University of Mining and Technology, China.

E-mail: yunwangli@cumt.edu.cn

SUN Zhaopeng, born in 1988. He received his Master's degree in mechanical engineering China University of Mining and Technology, China. His research interests include mechanism and mechatronics engineering.

E-mail: szp19881109@126.com

Declarations

Availability of data and materials

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Competing interests

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