Filopodia initiation
Focus on the Arp2/3 complex and formins

Changsong Yang and Tatyana Svitkina*
Department of Biology; University of Pennsylvania; Philadelphia, PA USA

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Abbreviations: F-BAR, a subfamily of BAR (Bin-Amphiphysin-Rvs) domain; FH1, formin-homology 1; FH2, formin-homology 2; N-WASP, neural Wiskott-Aldrich syndrome protein; NPF, nucleation-promoting factor; PI(4,5)P2, phosphatidylinositol-4,5-bisphosphate; WA, WASP-homology region and acidic region; WAVE, WASP-family verprolin-homologous protein; VCA, verprolin homology, central and acidic region.

Filopodia are long, slender, actin-rich cellular protrusions, which recently have become a focus of cell biology research because of their proposed roles as sensory and exploratory organelles that allow for “intelligent” cell behavior. Actin nucleation, elongation and bundling are believed to be essential for filopodia formation and functions. However, the identity of actin filament nucleators responsible for the initiation of filopodia remains controversial. Two alternative models, the convergent elongation and tip nucleation, emphasize two different actin filament nucleators, the Arp2/3 complex or formins, respectively, as key players during filopodia initiation. Although these two models in principle are not mutually exclusive, it is important to understand which of them is actually employed by cells. In this review, we discuss the existing evidence regarding the relative roles of the Arp2/3 complex and formins in filopodia initiation.

Introduction

Filopodia were first documented more than a century ago and defined as long, slender cellular protrusions, as reflected in their name.1-2 Filopodia are found in many different cell types and typically display active protrusive, retractile and sweeping motility, which may be necessary for their proposed roles as cellular sensors. During cell and tissue motility, filopodia are believed to explore the adhesive surfaces and sense soluble cues to determine the direction of cell locomotion. Thus, filopodia in growth cones of neuronal cells recognize attractive and repulsive cues and direct the axon to its destination,3,4 whereas filopodia of endothelial tip cells guide the growth of blood vessels during angiogenesis.5 A critical filopodial protein, fascin, is dramatically overexpressed in certain cancers, which may explain why metastatic cancer cells are better able to find their way to blood vessels compared to non-metastatic cells.6 In cell communication, filopodia find a proper cellular partner and make initial contacts, which subsequently mature into functional junctions specific for a particular cell-cell interaction. In epithelia, initial filopodial point contacts zipper into continuous cell-cell junctions characteristic for epithelial sheets.7,8 In dendrites of neuronal cells, filopodia serve as precursors of dendritic spines which establish excitatory synapses.9-11 Filopodia are also involved in ability of antigen-presenting dendritic cells to interact with and activate T lymphocytes.12 The many essential roles of filopodia in morphogenesis and disease call for a better understanding of how these structures are organized structurally and molecularly, how they sense the signals, and how they transform signals into actions.

Much progress in understanding the biology of filopodia has been made over the past century, especially in last three decades, and it has been recently discussed in several excellent and comprehensive reviews covering a broad range of questions including potential functions of filopodia, roles of individual molecules and signaling pathways, and physical and mathematical aspects of filopodia protrusion.13-20 Interestingly, the accumulated knowledge fed back onto the original, shape-based definition of filopodia resulting in more detailed, but variable, definitions, which include many structural and dynamic features of filopodia.14,21-24 Although the precise definition has a clear scientific value, it also has limitations, because information obtained in one cell type and/or experimental system may not be applicable to other cells and systems. Initially, when most studies dealt with filopodia formed at the leading edge of various migrating cells, the advantages of exhaustive definitions prevailed over disadvantages. However, it is becoming increasingly clear that filopodia defined purely by shape significantly vary in their structure, behavior and molecular composition. A striking example of this point is dendritic filopodia of neuronal cells, which share very few structural and molecular features with the leading edge filopodia except for their thin elongated shape.25 On the other hand, certain structures that do not have a thread-like shape, such as microspikes, are highly homologous to the leading edge filopodia by structure, kinetics and molecular composition.26 Therefore, detailed definitions of filopodia become impractical. Furthermore, if someone begins to study a totally novel experimental system and observes thin elongated protrusions, it is convenient to use a general term until all physiological details of newly discovered protrusions are
understood. To overcome this problem, Higgs and coworkers proposed to use “linear protrusions” as a general term that would encompass all types of filopodia. However, since it is virtually a literal translation of the term “filopodia”, we propose to continue using “filopodia” as a general term to refer to any thin elongated cell surface protrusions, as defined originally and attach a specific adjective, such as “leading edge filopodia” or “dendritic filopodia” when biological features of these structures become known and they can be further categorized.

For our review, we chose to concentrate on the design of the cytoskeletal machinery responsible for initiation of the best studied type of filopodia, the leading edge filopodia of migrating cells. Much information about this class of filopodia has been obtained by studying various cell types that migrate as a whole cell, but also from analyses of neuronal growth cones that migrate away from a relatively stationary cell body causing cell elongation and generation of the axon. Remarkably, even though growth cone filopodia and dendritic filopodia in hippocampal neurons are generated by the same cells, they are dramatically different from each other, with growth cone filopodia sharing all typical features of leading edge filopodia of other cell types and dendritic filopodia being very divergent.

Leading edge filopodia are characterized by the presence of an actin filament bundle, in which individual filaments span the entire length of the filopodium, are uniformly oriented with barbed ends toward the filopodial tip, and are cross-linked by fascin. During protrusion, actin subunits are incorporated at the filopodial tips, move away from the tip as a part of the filament lattice, and are released at the rear of filopodia in the process termed treadingmill. Actin filament elongation in filopodia is assisted by barbed end-binding proteins, formins and Ena/VASP proteins. Although unrelated, both classes of proteins allow for incorporation of new actin subunits to the barbed end without dissociating from it. Elongation may be even accelerated because both formins and Ena/VASP proteins bind profilin, through which they recruit multiple profilin-actin complexes and thus increase the local concentration of actin subunits near the barbed end. In addition, both formins and Ena/VASP proteins prevent binding of capping proteins to the barbed ends, which would terminate elongation, and keep the elongating ends near the membrane to increase efficiency of pushing.

In contrast to overall consensus regarding mechanisms of actin filament elongation and turnover in leading edge filopodia, the mechanisms of filopodia initiation remain a matter of debate. Two alternative models, the convergent elongation and tip nucleation, emphasize two different actin filament nucleators, the Arp2/3 complex or formins, respectively, as key players during filopodia initiation. The Arp2/3 complex nucleates branched filaments and is responsible for generation of the dendritic actin filament network in lamellipodia and several other actin-based structures. Intrinsically inactive Arp2/3 complex can be activated in cells by numerous nucleation-promoting factors (NPFs), the best studied of which are the WAVE (or Scar) complex-binding WA (or VCA) domain of Scar inhibited naturally formed filopodia in macrophages. Subsequently, using thorough structural-kinetic analyses of filopodia initiation in mouse melanoma cells, we have shown that filopodia emerge from the lamellipodial dendritic network, so that individual filaments of the filopodial bundle originate at branching points on other filaments. These branch points are usually scattered around the base of the filopodium, so that filaments converge into the bundle after coming from a broad area of the lamellipodium. These findings allowed us to propose the convergent elongation model.
A similar pathway of filopodia initiation was also observed in growth cones of neuronal cells, where filopodia emerged from small regions of dendritic network within interfilopodial veils, and in Drosophila embryos undergoing dorsal closure, where live imaging of GFP-Ena in leading edge cells revealed that filopodia were formed from lamellipodia. Immuno-electron microscopy of the Arp2/3 complex localization in platelets also provided data consistent with this view.

The convergent elongation model has now been supported by functional studies that test contribution of individual molecules to filopodia formation using a range of experimental approaches from in vitro reconstitution systems to cultured cells to whole organisms. The reorganization of dendritic networks (like in lamellipodia) into parallel bundles (like in filopodia) has been reconstituted in cell-free systems using cytoplasmic extracts or purified proteins. These studies showed that fascin and, importantly, the Arp2/3 complex were necessary for the formation of bundles, whereas capping protein had an inhibitory effect. Moreover, mathematical modeling of bundle formation in this system supported the convergent elongation mechanism, rather than the tip nucleation model. A strong support for the convergent elongation model of filopodia initiation has been recently provided by in vitro reconstitution of filopodia-like structures self-assembling on supported P(1,4,5)P2-containing lipid bilayers in the presence of cytoplasmic extracts. Time-resolved recruitment of individual molecules to filopodia-like structures during their initiation in this system revealed that an F-BAR domain protein Toca-1 is first to be recruited to lipid bilayers through interaction with P(1,4,5)P2. Toca-1 recruitment is followed by appearance of its interaction partner, N-WASP, after which the Arp2/3 complex and F-actin appear simultaneously, whereas elongation factors, formin mDia2 and Ena/VASP, are recruited subsequently, and fascin is recruited last. Moreover, Lee et al. have found that Arp2/3 complex-dependent nucleation is vital for the formation of filopodia-like structures in this reconstitution system. These findings are consistent with the convergent elongation model, but contradict the model of tip nucleation.

Various loss-of-function and gain-of-function approaches in cultured cells and in animals, also provided supportive evidence for the convergent elongation model. Thus, knockdown of the Arp2/3 complex in cultured neurons significantly inhibited the rate of filopodia initiation, which led to a decreased number of filopodia in growth cones. Similarly, Arp2/3 complex loss-of-function mutations caused significant defects of filopodia initiation in developing neuronal growth cones of C. elegans in vivo and in cultured Drosophila neurons. Furthermore, delocalization of the Arp2/3 complex by Scar-WA in macrophages or by N-WASP-VCA in HeLa cells resulted in inhibition of endogenous synapton-induced filopodia. Filopodia inhibition was also observed after interference with NPFs. Thus, in cultured Drosophila cells, RNAi-mediated depletion of SCAR, the only member of the WAVE subfamily of Arp2/3 complex activators, strongly inhibited both lamellipodia and filopodia. Inhibition of filopodia was also observed after expression of dominant negative Rac1 in cultured fibroblasts, and in developing Drosophila pupae. Since the most prominent effect of Rac1 on the actin cytoskeleton is induction of lamellipodia through activation of the WAVE complex, which activates the Arp2/3 complex, these data can be best explained from a point of view of the convergent elongation model. Involvement of another potent NPF, N-WASP, in filopodia formation has been repeatedly observed using gain-of-function approaches, although loss-of-function data indicated that N-WASP is not essential for filopodia formation. A potential explanation of these results is that overactive N-WASP increases a pool of branched filaments in cells, which can then be elongated and cross-linking proteins for remodeling into filopodial bundles regardless of the originally intended destiny of these filaments. On the other hand, inhibition of N-WASP may have no effect on filopodia because of the presence of other NPFs. It should be pointed out, however, that although activation of the Arp2/3 complex appears to be the main biochemical activity of N-WASP, N-WASP may also function as a barbed end-associated elongation factor or an Arp2/3 complex-independent nucleator leaving the exact mechanism of potential contribution of N-WASP to filopodia formation uncertain.
whether lamellipodial filaments that ended up in the filopodial bundle were directly nucleated by mDia2 or they were nucleated by the Arp2/3 complex and their barbed ends were subsequently captured by mDia2 to assist the processive elongation.

The existing arguments in favor of the tip nucleation model and direct nucleation of filopodial actin filament by formins are based on two sets of data: (1) Induction of filopodia by upregulated formins or inhibition of filopodia after their downregulation,80,82 and (2) persistence of filopodia upon downregulation of the Arp2/3 complex or its activators. 83 In the former set of arguments, the role of formins in filopodia generation can be equally well explained by the ability of formins to function as nucleators and as elongation factors, so these data are consistent with both models. However, when constitutively active mDia2 is overexpressed in cells, it indeed appears to nucleate actin filaments, as can be inferred from our observation of multiple unattached pointed ends of actin filaments appearing at the rear of induced filopodia and lamellipodia,47,73,74,80 but other formins are also able to perform this function.24,75,81 However, despite attractive biochemical properties and beautiful simplicity of the tip nucleation model, direct evidence supporting the use of this mechanism by cells is missing. In fact, our analysis of mDia2 functions in cells47 was motivated exactly by this model and we were aiming to prove it experimentally. By performing correlative light and electron microscopy of filopodia that were induced in cells by constitutively active mDia2, we hoped to observe a birth of a filopodium from a spot-like cluster of fluorescently labeled mDia2, as predicted by the tip nucleation model. However, we failed to observe such events and instead found that GFP-mDia2 was initially evenly distributed along the lamellipodial leading edge and then gradually condensed to the tip of a newly formed filopodium converging with the convergence of actin filaments into a bundle from their initially broad distribution in lamellipodia.47 This observation indicated that the filopodial actin filaments were born all over the lamellipodium, not at a focal point as predicted by the tip nucleation model, and then gradually converged during elongation with their barbed ends congregating into the filopodial tip. These data, however, did not discriminate whether lamellipodial filaments that ended up in the filopodial bundle were directly nucleated by mDia2 or they were nucleated by the Arp2/3 complex and their barbed ends were subsequently captured by mDia2 to assist the processive elongation.

The second set of data, preservation of filopodia after inhibition of the Arp2/3 complex or NPFs, was frequently used as an argument against the convergent elongation model and a role of the Arp2/3 complex in filopodia initiation, but in favor of the tip nucleation model. The combination of biochemical activities of formins, which are able to nucleate, elongate, protect from capping and cross-link actin filaments, makes them perfect candidates to both initiate and maintain filopodia, thus setting a stage for the tip nucleation model. Formin mDia2 (or its non-mammalian homologs) is the primary candidate to play a role in filopodia,47,73,74,80 but other formins are also able to perform this function.24,75,81 However, despite attractive biochemical properties and beautiful simplicity of the tip nucleation model, direct evidence supporting the use of this mechanism by cells is missing. In fact, our analysis of mDia2 functions in cells47 was motivated exactly by this model and we were aiming to prove it experimentally. By performing correlative light and electron microscopy of filopodia that were induced in cells by constitutively active mDia2, we hoped to observe a birth of a filopodium from a spot-like cluster of fluorescently labeled mDia2, as predicted by the tip nucleation model. However, we failed to observe such events and instead found that GFP-mDia2 was initially evenly distributed along the lamellipodial leading edge and then gradually condensed to the tip of a newly formed filopodium converging with the convergence of actin filaments into a bundle from their initially broad distribution in lamellipodia.47 This observation indicated that the filopodial actin filaments were born all over the lamellipodium, not at a focal point as predicted by the tip nucleation model, and then gradually converged during elongation with their barbed ends congregating into the filopodial tip. These data, however, did not discriminate whether lamellipodial filaments that ended up in the filopodial bundle were directly nucleated by mDia2 or they were nucleated by the Arp2/3 complex and their barbed ends were subsequently captured by mDia2 to assist the processive elongation.

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nucleation model and a role of formins in nucleation of filopodial filaments. In the most frequently cited paper of this kind, the authors inhibited components of the Arp2/3 complex or WAVE complex in mouse melanoma cells co-transfected with constitutively active Cdc42 and dominant negative Rac1 to exaggerate the formation of filopodia. They reported that although lamellipodia were abrogated in these cells, filopodia remained normal. To support this observation, they quantified a total fraction of filopodia-containing cells in the population in different conditions, and also fractions of cells containing <5, 6–10 or >10 filopodia, and found no differences with either approach. However, a closer look at their quantitative data reveals that although the first approach indeed shows no differences between control and siRNA-treated samples, as expected for cells expressing this cocktail of GTPases, the quantification after binning showed a clear decrease of the “>10” category with a concomitant increase of the “<5” category in Arp3-depleted cells, which is also consistent with visual impression from images provided in the paper. A similar, albeit less clear, trend can also be seen in WAVE-WASH expressing cells, suggesting that either depletion or delocalization of the Arp2/3 complex might decrease the overall number of filopodia in cells, supporting a role of this nucleator in filopodia generation contrary to the claim in the paper. We propose that quantification of the actual number of filopodia per cell, or even better, quantification of the rate of filopodia initiation, is more suitable way to evaluate the phenotype in such studies.

Even when the number of filopodia decreases after Arp2/3 complex knockdown, many of them do persist, raising a question of how the remaining filopodia are initiated. Surprisingly, a common way of reasoning in this situation is that if any filopodia remain, they should be nucleated by formins. However, an alternative possibility is that they are nucleated by surviving Arp2/3 complex, because knockdowns are not absolute. In cases, when NPFs are inhibited instead of the Arp2/3 complex, the situation is even more uncertain because of the presence of other NPFs. Therefore, additional experiments are needed to address this point. In our study, we performed electron microscopy of newly formed filopodia in Arp2/3 complex-depleted cells to distinguish these possibilities. We found that individual filaments in remaining filopodia originated as branches on other filaments at the base of the filopodium, as expected for Arp2/3 complex-mediated nucleation. These data allowed us to conclude that remaining filopodia were initiated by the remaining Arp2/3 complex. Notably, it is essential to investigate nascent filopodia in these experiments, because actin filaments debranch very rapidly and filopodial filaments are subsequently maintained by treadmilling, although they may continue to recruit additional Arp2/3-nucleated filaments. As a result, old filopodia do not display branched filaments at their roots, whereas nascent filopodia do. Although Steffen et al. provided electron microscopic images of filopodia in p16 (Arp2/3 complex component) knockdown cells, they did not determine whether these filopodia were newly formed. Also, they did not show the pointed ends of filopodial filaments at sufficient resolution to determine whether they originate as branches on other filaments or not. However, their images showed that filopodial filaments did not start at the same focal spot, as predicted by the tip nucleation model, but gathered into a bundle from a broad area, as predicted by the convergent elongation model. In another study, the origin of filopodia was evaluated by light microscopy with a conclusion that filopodia arise from regions not containing lamellipodia. However, light microscopy does not have enough resolution to detect small patches of branched network that might be used for filopodia initiation, as we observed in neuronal growth cones. Therefore, arguments in favor of the tip nucleation model that are built on the “negative” argument that filopodia remain after Arp2/3 complex inhibition are not solid enough to claim that this mechanism is actually used by cells.

At first glance, it seems surprising that after dramatic depletion, sometimes up to 95%, the Arp2/3 complex still can function for filopodia initiation. However, numeric estimates of the remaining amount of the Arp2/3 complex in such cases makes things less puzzling. In normal conditions, fibroblast-like cells have large excess of the Arp2/3 complex, which can be used only in challenging situations. As a result, even significant knockdown of the Arp2/3 complex leaves enough activity to maintain limited lamellipodia production. As compared to lamellipodia, filopodia need much less Arp2/3 complex and only during initiation. As estimated by Higgs and colleagues, after ~95% depletion, the cytoplasmic concentration of the Arp2/3 complex in 3T3 cells is expected to be ~76 nM. For the cytoplasmic (excluding nucleus) volume of ~2,000–3,000 μm^3 for these cells, this concentration translates into tens of thousands Arp2/3 complex molecules per cell. Considering that a typical filopodium has 10–30 filaments, the Arp2/3 complex-depleted cell can produce up to a thousand filopodia, if all Arp2/3 complexes are activated. Since the life time of a filopodium is significantly longer than the life time of the Arp2/3 complex in its root, the number of filopodia existing in the cell at any given moment may increase several fold. Of course, this estimate gives an upper limit for the amount of filopodia per cell, which unlikely can be reached in reality, but it shows that a knockdown cell has much more Arp2/3 complex than it needs to nucleate the observed number of filopodia in such cells. Therefore, the presence of filopodia even after deep depletion of the Arp2/3 complex does not rule out its role in filopodia initiation.

A likely cause of confusion regarding the role of the Arp2/3 complex in filopodia initiation is that a level of filopodia inhibition is frequently disproportionally lower than the degree of Arp2/3 complex depletion. One potential explanation for this phenomenon is that many cells form microspikes, or “hidden” filopodia, that are completely embedded into the lamellipodial network and protrude at the same speed as lamellipodia. Inhibition of the Arp2/3 complex has a more dramatic effect on the protrusion rate of lamellipodia, which require constant Arp2/3 complex-dependent nucleation of actin filaments, as compared to microspikes, which can continue to protrude through filament elongation. As a result, microspikes “win the race” and begin to protrude faster than lamellipodia, thus transforming into typical finger-like filopodia, which may give an impression that even more filopodia are formed after inhibition the Arp2/3 complex.

Another possibility is that the Arp2/3 complex knockdown cells switch to a higher rate of lamellipodia-to-filopodia...
conversion in conditions of insufficient supply of the Arp2/3 complex. A potential underlying mechanism is that the molecular machinery converting the branched network into filopodial bundles, such as elongation factors and cross-links, keeps working with the same efficiency and overwhelms the weakened nucleation machinery. This idea is consistent with results obtained in reconstitution studies that showed that more and longer actin bundles were formed in vitro, when the concentration of the Arp2/3 complex was decreased, while the concentrations of other components, such as WASP-VCA, actin and fascin, kept constant. A naturally high rate of lamellipodia-to-filopodia transition is observed in neuronal growth cones, which do not form extensive lamellipodia, but rapidly reorganize their small lamellipodial regions into filopodia. Another factor that may contribute to this phenomenon in Arp2/3 complex knock-down cells is that when actin monomers are less consumed by Arp2/3 complex, a higher concentration of them becomes available for actin filament elongation, thus shifting the actin dynamics at the leading edge toward filopodia.

Concluding Remarks

Two proposed models of filopodia initiation, the convergent elongation and tip nucleation, are both theoretically possible. Moreover, they are not mutually exclusive and can easily co-exist, especially considering the diversity and variability of broadly defined filopodial protrusions. However, the challenge is to determine which of these theoretical possibilities is actually realized in cells. Evaluation of experimental evidence provided in this review indicates that some data fit both models, whereas other data are only consistent with the convergent elongation model. Moreover, direct evidence that the convergent elongation mechanism is used by at least some cells is available, whereas this is not the case for the tip nucleation model, although the existing data do not exclude a possibility that the tip nucleation mechanism functions in yet to be discovered physiological situations. The major problem in interpretation of formin gain-of-function and loss-of-function phenotypes is that all effects can be explained by actin nucleation, but equally well by actin elongation. Since the actin-nucleating and actin-elongating activities of formins reside in the same FH2 domain and require the same amino acid residues, it is hard, if not impossible, to design mutations that would separate these two activities in formins and therefore allow for obtaining a definitive proof that formins nucleate actin filaments for filopodia.

Acknowledgments

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