Risk factors associated with drug-resistant tuberculosis in prisons in São Paulo State, Brazil (2006-2016)

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Abstract

Introduction: Prisons are high-risk settings for drug-resistant tuberculosis because the prevalence of the tuberculosis (TB) is much higher than in the general population. This study investigated the factors associated with drug-resistant tuberculosis in prisons in the state of São Paulo, Brazil.

Methodology: Retrospective cohort of drug-resistant TB cases for incarcerated people in São Paulo state, reported in the Tuberculosis Patient Control System between 2006 and 2016. To analyze the factors associated with drug-resistant TB, the backward method (likelihood ratio) was used, determining the adjusted odds ratio and respective 95%CI coefficients. Multiple models were proposed to adjust for potential confusion and interaction. The best fit model was selected based on the lowest Akaike information criterion coefficient.

Results: In total, 473 drug-resistant tuberculosis cases were reported in the prison population of São Paulo state, the majority were male. The cases that presented negative results for sputum smear and sputum culture had, respectively, an aOR=0.6 and aOR=0.16 for drug-resistant tuberculosis in relation to the cases with positive results. The cases where the patient had AIDS and reported alcoholism, respectively, an aOR=1.47 and aOR=1.60 for drug-resistant TB. Individuals with a background treatment history for TB presented a stronger association with drug-resistant tuberculosis, aOR=35.08.

Conclusions: Sputum smear, sputum culture, chest X-ray, AIDS, alcoholism and background treatment history for TB were factors associated with resistance to antituberculosis drugs among prisoners. This is useful for the implementation of disease control measures related to the detection and monitoring of cases in the prison system.

Key words: Tuberculosis drug-resistant; tuberculosis multidrug-resistant; prisons; tuberculosis control.

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Introduction

Drug-resistant tuberculosis (DR-TB) remains a public health threat worldwide. According to World Health Organization (WHO) estimates, in 2018 there were about 500,000 new cases of drug-resistant tuberculosis. Among new tuberculosis (TB) cases, which account for most of the global TB burden, an estimated 4.1% have multidrug/rifampicin-resistant tuberculosis (MDR/RR-TB). The proportion is higher among people previously treated for TB, at 19% [1].

Brazil ranks 20th on the list of 30 priority countries for TB, according to the WHO ranking (2016-2020). In 2016, 1,044 cases of drug-resistant TB were reported, 700 of which were new cases and 344 cases were repeat treatments [2]. One of the challenges in controlling these cases is the high incidence of TB in vulnerable populations, including the people incarcerated in prisons.

Prisons are high-risk settings for TB because the prevalence of the disease is much higher than in the general population, regardless of it being a high- or low-income country [3,4]. A report in Russia showed that the prevalence of drug resistance in new cases in prisons ranged from 7.2% to 38% [5]. In the largest prison in Dhaka, Bangladesh, resistance to isoniazid and rifampicin was 11.4% and 0.8%, respectively [6].

In Brazil, the prevalence of DR-TB among prisoners was not evaluated systematically, but a survey conducted in the state of Rio de Janeiro showed a MDR-TB rate of 1.5% [7], and surveys conducted in different
prisons in the south of the country showed a mono-
resistance rate of 8% and 15% [8].

The country had 726,354 people detained in prisons in 2017, the third largest incarcerated population in the world, only behind the United States and China. In relation to the total number of beds available in the prison system, there is a deficit of more than 303,000 beds, with an average occupation rate of 171.62% in the prisons [9]. In Latin American countries with serious socio-political and economic problems, the penitentiary system becomes an indispensable object of intervention, as this system mostly affects economically and socially disadvantaged populations [10].

In this context, there is a high prevalence of transmissible diseases like TB, with improper management of the disease becoming a risk factor for the development of drug-resistant strains and disease transmission in the community [11,12].

A systematic review of the literature showed that cases of TB with previous treatment had a higher prevalence of MDR-TB than new cases of the disease in prisons in countries that were part of the former Soviet Union [13].

Another study conducted in Samara, Russia, found high rates of resistance to first-line drugs among prisoners. The factors associated with drug resistance were background treatment of TB for more than four weeks, smoking (resistance to isoniazid), presence of cavitation in the chest X-ray, and prison [5].

Although understanding the factors associated with drug-resistant TB among prisoners is a relevant object for TB surveillance activities in prisons, in Brazil, there are still few studies focusing on this aspect. Thus, we sought to investigate the factors associated with drug-resistant TB in prisons in the state of São Paulo, Brazil.

Methodology

This is a retrospective cohort study of cases of sensitive and drug-resistant TB in the São Paulo state’s prisons. The state of São Paulo is one of 27 federal units in Brazil, located in the Southeast of the country. It has a population of approximately 45 million people distributed across 645 cities, representing 22% of the Brazilian population [14].

The current structure of the prison system in the state of São Paulo is composed of 175 units distributed into five regions: Capital and Greater São Paulo, Vale do Paraíba and Litoral, Central, Northwest and West [15].

The imprisonment rate of the state is 52% higher than the national average, with 536.5 prisoners per 100,000 inhabitants. In the period from 2008 to 2018, the number of prisoners in the state grew 59% (from 144,425 to 229,556 prisoners) [15].

The cases included in the study were who has been diagnosed as TB-sensitive or bacteriologically confirmed with MDR-TB or RR-TB from January 1, 2006 to December 31, 2016, which was classified as “prisoner” in the “address type” field of the notification form. These cases were obtained through the Tuberculosis Patient Control System (TBWEB) [16], a specific information system in São Paulo state created to the notification of tuberculosis.

The State of São Paulo has its own system for computing information about TB since the 1990s. The State has launched its database even after the national implementation of the Sistema Nacional de Agravos de Notificação Compulsória (National System of Compulsory Notification of Diseases - SINAN) in 1998, access to TBWEB is restricted to professionals responsible for the epidemiological surveillance in the municipality [17].

In the exploratory approach of the database, duplicates were removed, considering the person's name, mother's name, and date of birth. Cases without information regarding the type of resistance and bacteriological confirmation were excluded. In drug-resistant TB cases, the first notification of drug resistance was considered and, in non-resistant TB cases, the most recent notification in the system.

For the study, the following variables were considered: gender (male; female); age group (in years: ≤39; 40 to 59; 60 and more); education level (<8 years; ≥8 years); race (white; non-white); occupation rate/geographical region of the prison units (≤190%; >190%); clinical form (pulmonary; extrapulmonary); type of screening (active case finding; no active case finding); result of sputum smear culture (positive; negative; not executed); chest X-ray (cavitary; non-cavitary; normal; not executed); HIV serology result (positive; negative; not executed); presence/absence of Acquired Immunodeficiency Syndrome (AIDS), diabetes (type I; type II), illicit drug use, smoking and alcoholism; type of treatment (supervised; self-administered). There was more than one treatment record of the same individual in the study period to determine the presence/absence of previous treatment for TB.

A descriptive analysis of the sociodemographic, clinical and epidemiological characteristics of cases of non-resistant TB and DR-TB among prisoners was carried out in order to characterize the study population by means of absolute and relative frequency.
distribution. This analysis was performed in SPSS, version 20.0 (IBM Corp., Armonk, United States).

To analyze the factors associated with drug-resistant TB, the variables were submitted to univariate analysis, calculating the association between the odds ratio (OR) and the respective 95% confidence interval (95% CI), taking as a reference the cases of non-resistant TB of prisoners and, as independent variables, the individual information from the cases reported during the study period.

The variables with \( p < 0.20 \) in the hypothesis test were selected for inclusion in the multiple regression model and then the backward method (likelihood ratio) was used to select the variables for the best explanatory model, determining their adjusted odds ratio (aOR) and their respective 95%CI values. The absence of multicollinearity among the variables was verified to be a prerequisite. Multiple models were proposed to adjust for potential confusion and interaction. The model with the lowest Akaike information criterion (AIC) was selected [18].

To check the accuracy of the final model and check for significant differences between the classifications of the model and what was observed, we adopted the Hosmer-Lemeshow test \( (p > 0.05) \) and the area under the receiver operating characteristics curve (ROC) [18,19]. The level of significance of each coefficient in the model was measured using Wald’s test. The pseudo determination coefficient (McFadden’s \( R^2 \)) was calculated to verify the extent to which (%) the set of independent variables belonging to the final model explain the drug-resistant TB outcome. These analyses were performed using the statistical software R version 3.6.0.

This study was approved by the Research Ethics Committee of the Ribeirão Preto College of Nursing, with Ethical Appreciation Certificate (CAAE) 99807018.3.0000.5393.

**Results**

Between January 2006 and December 2016, 17,187 TB cases were reported in the incarcerated population of São Paulo state. Of this total, 217 (1.3%) were excluded due to lack of information on the type of resistance and bacteriological confirmation, and 16,970 TB cases were confirmed, among which 473 cases of DR-TB were confirmed, among which 473 cases of DR-TB were confirmed in the prison system of the state of São Paulo, 2.7% of all TB cases, as presented in Figure 1.

Among the cases of DR-TB, the majority were male \( (n = 462; \ 97.7\%) \). The most affected age group was \( \leq 39 \) years \( (n = 293; \ 61.9\%) \). Those non-white race were predominant \( (n = 194; \ 41.0\%) \) and the majority had less than eight years of education level \( (n = 234; \ 49.5\%) \), as shown in Table 1.

![Flowchart of reported tuberculosis cases in prisons in São Paulo State, Brazil, 2006-2016.](image)

| Characteristics | Drug-resistant TB cases |
|-----------------|------------------------|
| **Sex**         |                        |
| Male            | 462 (97.7)             |
| Female          | 11 (2.3)               |
| **Age group (years)** |                    |
| \( \leq 39 \)   | 293 (61.9)             |
| 40-59           | 168 (35.5)             |
| \( \geq 60 \)   | 10 (2.1)               |
| Not given       | 2 (0.5)                |
| **Race**        |                        |
| White           | 187 (39.5)             |
| Non-White       | 194 (41.0)             |
| Not given       | 92 (19.5)              |
| **Education level (years)** |        |
| \(< 8\)         | 234 (49.5)             |
| \(\geq 8\)      | 118 (24.9)             |
| No information  | 121 (25.6)             |

**Table 1.** Sociodemographic characteristics of drug-resistant tuberculosis cases in the prisons of São Paulo State, Brazil, 2006-2016. \( (n = 473) \).
99.8%); the type of screening in most cases was no active case finding (n = 306; 64.7%). At the time of diagnosis, there was a predominance of positive results for sputum smear and sputum culture. A chest X-ray was not executed in most cases (n = 320; 67.6%) and HIV serology was not executed in 52 (11.0%) cases (Table 2).

The most frequent comorbidities among DR-TB cases were illicit drug use (n = 88; 18.6%), alcoholism (n = 48; 10.1%), AIDS (n = 46; 9.7%), smoking (n = 33; 6.9%) and diabetes (n = 6; 1.3%). The directly observed treatment (DOT) method was utilized for most of the DR-TB cases (n = 406; 85.8%). A background treatment history for TB was identified in 105 (22.2%) cases (Table 2).

The best fit predictive model with the lowest AIC for DR-TB in the prison system was model 3, as shown in Table 3.

The regression model for DR-TB presented an area under the ROC curve corresponding to 0.79 (95% CI = 0.77-0.81), which represents satisfactory discriminatory power. Moreover, the diagnosis of the final model by performing the tests indicated good fit and no violation of assumptions, according to indices shown in Table 4.

Sputum smear, sputum culture, chest X-ray, AIDS, alcoholism and background treatment history for TB were factors associated with resistance to antituberculosis drugs after adjusted analysis for the variables included in the multiple regression model. On the other hand, occupation rate, clinical form, illicit drug use and type of treatment were no longer significant predictions of drug-resistant TB among prisoners after adjustment of the multiple model, as presented in Table 4.

At the time of diagnosis, the cases that presented negative results for sputum smear and sputum culture had, respectively, an aOR = 0.65 (95% CI = 0.52-0.82) and aOR = 0.16 (95% CI = 0.10-0.26) for drug-resistant TB in relation to the cases with positive results. For chest X-rays, suspected cases without cavity and cases that did not perform the exam showed aOR = 0.19 (95% CI = 0.13-0.28) and aOR = 0.31 (95% CI = 0.23-0.41), compared to suspected cases with cavity.

Cases where the patient had AIDS and reported alcoholism presented, respectively, an aOR of 1.47 (95% CI = 1.03-2.05) and aOR of 1.60 (95% CI = 1.07-2.35) for drug-resistant TB. Individuals with a background treatment history for TB presented a stronger association with the outcome (drug-resistant TB), aOR of 35.08 (95% CI = 25.80-47.74), as shown in Table 4.

Discussion

The study revealed evidence of the association of DR-TB among prisoners with diagnostic tests for suspicion and confirmation of cases (sputum smear, sputum culture and chest X-ray), comorbidities such as

**Table 2.** Clinical-epidemiological characteristics of drug-resistant tuberculosis cases in prisons of São Paulo State, Brazil, 2006-2016. (n = 473).

| Variables                                | Drug-resistant TB cases n (%) |
|------------------------------------------|------------------------------|
| Occupation rate/regions of prison units  |                              |
| ≤190%                                    | 175 (37.0)                   |
| >190%                                    | 298 (63.0)                   |
| Clinical form                            |                              |
| Pulmonary                                | 472 (99.8)                   |
| Extrapulmonary                           | 1 (0.2)                      |
| Type of screening                        |                              |
| Active case finding                      | 146 (30.9)                   |
| No active case finding                   | 306 (64.7)                   |
| No information                           | 21 (4.4)                     |
| Sputum smear                             |                              |
| Positive                                 | 324 (68.5)                   |
| Negative                                 | 127 (26.8)                   |
| Not executed                             | 22 (4.7)                     |
| Sputum culture                           |                              |
| Positive                                 | 437 (92.4)                   |
| Negative                                 | 36 (7.6)                     |
| Chest x-ray                              |                              |
| Cavitary                                 | 89 (18.8)                    |
| Non-cavitary                             | 49 (10.3)                    |
| Normal                                   | 15 (3.2)                     |
| Not executed                             | 320 (67.7)                   |
| HIV serology                             |                              |
| Positive                                 | 48 (10.2)                    |
| Negative                                 | 373 (78.8)                   |
| Not executed                             | 52 (11.0)                    |
| AIDS                                     |                              |
| Yes                                      | 46 (9.7)                     |
| No                                       | 427 (90.3)                   |
| Diabetes                                 |                              |
| Yes                                      | 6 (1.3)                      |
| No                                       | 467 (98.7)                   |
| Alcoholism                               |                              |
| Yes                                      | 48 (10.1)                    |
| No                                       | 425 (89.9)                   |
| Illegal drugs use                        |                              |
| Yes                                      | 88 (18.6)                    |
| No                                       | 385 (81.4)                   |
| Smoking                                  |                              |
| Yes                                      | 33 (6.9)                     |
| No                                       | 440 (93.1)                   |
| Treatment type                           |                              |
| Supervised                               | 406 (85.8)                   |
| Self-administered                        | 67 (14.2)                    |
| Treatment background                     |                              |
| Yes                                      | 105 (22.2)                   |
| No                                       | 368 (77.8)                   |
AIDS and alcoholism, as well as background treatment history for TB.

During the study period, 473 cases of DR-TB were confirmed in the prison system of the state of São Paulo, 2.7% of all TB cases. A study of TB surveillance in prisons in the European region showed a high level of drug-resistant TB among prisoners, with a predominance of cases in Estonia, corresponding to 50% of all cases, which the authors highlight as a warning to review the strategies for disease control in prisons [20].

Sánchez et al. [21], when comparing the sociodemographic characteristics of TB cases from different prison units in the state of Rio de Janeiro, showed a young population with a low level of education, similar to the profile found in this study.

Authors point out that the low level of education (less than eight years of study) has been associated with a higher risk of treatment abandonment during the treatment of DR-TB, and this, in turn, is associated with a set of precarious socioeconomic conditions [22].

In Brazil, the National Program for Tuberculosis Control recommends that the health and surveillance teams that operate in the prison system detect new cases of TB through spontaneous demand, based on the questioning of the presence of cough upon entry into the prison system, active systematic search, treatment supervision and raising awareness of the disease among prisoners [23].

The active case-finding in prison units in Brazil must take place at the time of entry and through mass screening, at least once a year, prioritizing prison units with the highest incidences of TB. Two methods can be

Table 3. Predictive models proposed for drug-resistant tuberculosis in the prisons of São Paulo State, Brazil, 2006-2016.

| Models | Explanatory variables | AIC* |
|--------|-----------------------|------|
| Complete | Race, age group, education level, occupation rate/regions of prison units, clinical form, sputum smear, sputum culture, chest x-ray, HIV serology, AIDS, alcoholism, illegal drugs use, treatment type and treatment background | 3,549.9 |
| 1 | Race, age group, education level, occupation rate/regions of prison units, clinical form, sputum smear, sputum culture, chest x-ray, AIDS, alcoholism, illegal drugs use, treatment type and treatment background | 3,546.2 |
| 2 | Age group, occupation rate/regions of prison units, clinical form, sputum smear, sputum culture, chest x-ray, AIDS, alcoholism, illegal drugs use, treatment type and treatment background | 3,543.6 |
| 3 | Occupation rate/regions of prison units, clinical form, sputum smear, sputum culture, chest x-ray, AIDS, alcoholism, illegal drugs use, treatment type and treatment background | 3,538.8 |

*Akaike information criterion.

Table 4. Determinants associated with drug-resistant tuberculosis in the prisons of São Paulo State, Brazil, 2006-2016.

| Explanatory variables | Univariate analysis | Multiple regression |
|-----------------------|---------------------|---------------------|
|                       | OR  | 95% CI   | p-value* | aOR | 95% CI | p-value** |
| Occupation rate/regions of prison units ≤ 190% | 0.79 | 0.65-0.96 | 0.018 | 0.86 | 0.70-1.06 | 0.180 |
| > 190% | 1 |           |          |      |        |         |
| Clinical form Pulmonary | 1 |  |  |  |  |  |
| Extrapulmonary Positive | 0.10 | 0.06-0.45 | 0.023 | 0.25 | 0.01-1.39 | 0.208 |
| Sputum smear Negative | 0.88 | 0.71-1.08 | 0.232 | 0.65 | 0.52-0.82 | <0.001 |
| Not executed | 0.63 | 0.39-0.95 | 0.039 | 0.64 | 0.39-1.00 | 0.059 |
| Sputum culture Negative | 0.19 | 0.12-0.29 | <0.001 | 0.16 | 0.10-0.26 | <0.001 |
| Cavitary | 1 |  |  |  |  |  |
| Chest x-ray Non-cavitary | 0.17 | 0.12-0.24 | <0.001 | 0.19 | 0.13-0.28 | <0.001 |
| Normal | 0.62 | 0.34-1.05 | 0.098 | 0.52 | 0.27-0.95 | 0.042 |
| Not executed | 0.34 | 0.27-0.44 | <0.001 | 0.31 | 0.23-0.41 | <0.001 |
| Aids Yes | 1.54 | 1.11-2.08 | 0.005 | 1.47 | 1.03-2.05 | 0.027 |
| No | 1 |  |  |  |  |  |
| Alcoholism Yes | 1.96 | 1.42-2.63 | <0.001 | 1.60 | 1.07-2.35 | 0.019 |
| No | 1 |  |  |  |  |  |
| Illegal drugs use Yes | 1.42 | 1.12-1.79 | 0.003 | 0.99 | 0.73-1.34 | 0.991 |
| No | 1 |  |  |  |  |  |
| Treatment type Supervised | 0.76 | 0.58-0.99 | 0.048 | 0.91 | 0.67-1.21 | 0.547 |
| Self-administered | 1 |  |  |  |  |  |
| Treatment background Yes | 39.94 | 30.08-53.01 | <0.001 | 35.08 | 25.80-47.74 | <0.001 |
| No | 1 |  |  |  |  |  |

* Significance level: < 0.20; ** Significance level: < 0.05; ROC curve = 0.79 (95% CI = 0.77-0.81); Pseudo R² (McFadden R²) = 17%; Wald = 51.1 and p < 0.001; Hosmer-Lemeshow = 4.1 and p = 0.85.
used to select, in a systematic way, such as: individually interviewing the entire incarcerated population about the presence of cough (of any length) and / or HIV infection or history of previous treatment; subject prisoners to an X-ray examination, regardless of the existence of symptoms [23].

Among resistant cases, 64.7% were identified through strategies such as outpatient demand, urgent/emergency care and hospitalization, defined for the study as "no active case search". It was also observed that, in most cases, chest X-rays were not performed and 11% of the cases did not collect serology for HIV.

Chest X-ray (CXR) is an important tool for TB triaging and screening; it is also a useful aid in TB diagnosis [24]. Studies indicate greater sensitivity in detecting TB cases of radiological screening in prisons [25,26]. However, the availability of equipment and professionals for this purpose is not a reality for most prisons [27].

This finding is related to the data of our study, in which the majority of the prison units do not have equipment to perform screening by image examination, and the only option would be the mobilization of a large number of prisoners to a health service to perform radiological examination, which is an obstacle that is difficult to overcome.

Although, HIV testing is recommended, preferably the gene expert test (RT) for all incarcerated population diagnosed with tuberculosis [23], 11% of the cases in the study did not perform the test, which may be associated with operational difficulties in prisons with overcrowding, as well as trained health professionals. Thus, it is necessary to strengthen and implement measures aimed at early detection and control of the disease, appropriate to the reality of prison units in the country.

Studies indicate that TB control strategies in prison units in Brazil are essentially of a biomedical nature and that the form of discovery occurs upon spontaneous demand when people incarcerated voluntarily seek medical care with acute symptoms of the disease, which reveals weaknesses in case-screening and monitoring, as well as a possible increase in DR-TB in these scenarios [28,29].

Regarding diagnostic tests such as sputum smear, sputum culture and chest X-ray, when the results were positive for sputum smear and sputum culture and there was suspicion of cavities in the chest X-ray, there was an increased chance of drug-resistant TB cases in people incarcerated, which may be related to the higher degree of infectivity and bacillary load with positive bacteriological tests and the emergence of cavitary processes in the lungs [30].

The most common diagnostic tests for pulmonary TB are bacilloscopy and sputum culture. Bacilloscopy is more used for being simple, fast, and low-cost; however, its sensitivity is low, allows detect 60% to 80% of pulmonary TB cases in adults. Recommendation from Ministry of Health reinforces the need to collect two samples: one in the first visit to the health service and the other in the following morning, regardless of the outcome of the first [23].

On the other hand, sputum culture, both in solid medium (Löwenstein-Jensen and Ogawa-Kudoh) and liquid medium (MGIT – mycobacteria growth indicator tube), is considered the standard diagnostic test, as it detects 70 to 90% of cases, and has virtually 100% specificity. In positive cases, the minimum time for diagnosis is approximately 14 days. In negative cases – when no colonies grow –, the observation period can reach 60 days (incubation period of the microorganism) [23].

Another factor associated with DR-TB among prisoners was alcoholism. A study of the border regions of Brazil, Paraguay and Bolivia identified that individuals with a history of alcoholism represented a 2.1 times greater chance of developing any pattern of resistance, compared to those without alcohol dependence [31]. Although there is not enough evidence to explain this association, research points to alcoholism as a factor associated with the failure of TB treatment, which may explain the greater chance of developing resistance patterns for the disease [32,33].

The association between DR-TB and cases of AIDS identified in the study emerges as a great challenge in confronting and controlling TB/HIV co-infection in incarcerated population. Although different studies [34,35] point out conflicting data on this association in the literature, a systematic review and meta-analysis showed consistent evidence of association and increased risk of MDR-TB among people living with HIV [36].

For this finding, one should consider the rapid progression of the disease in places where drug-resistant TB is prevalent with a higher probability of exposure to drug-resistant M. tuberculosis in overcrowded and unhealthy environments, such as prisons [37]. In addition, the malabsorption of drugs, especially rifampicin and etambutol has led to treatment failure in people co-infected with HIV [38].

We have found association between DR-TB and cases with a history of previous treatment for TB. There is a consensus in the world literature that this is a risk
factor for resistance to antituberculosis drugs in prison and even beyond this environment [7,39,40]. In two investigations carried out in prisons in countries of the former Soviet Union, individuals with MDR-TB had five times greater chance of failure during their prior treatment [4,41].

Based on this evidence, the need for effective measures to control the disease in this population is revealed, ensuring adequate medication dosage, use of effective drugs, individual-centered care, improvement in the quality of care and access to drug sensitivity testing. The authors acknowledge that the lack of resources and the presence of operational difficulties have revealed failures in the implementation of case tracking and monitoring strategies in the prison system, which they consider a great challenge for the control of DR-TB [26,42].

In the prisons of Malawi, in east Africa, the best results of progress toward TB control have been evidenced by the effective implementation of active case-finding, Directly Observed Treatment Short-Course (DOTS) strategy, integration of a national TB control strategy with prison health services, qualification of laboratory services, proper inmate screening and isolation, awareness of the disease and the political commitment of the government [43].

The control of TB in prison units follows the general recommendations of the Brazilian Ministry of Health in the prison context. In order to detect cases in this overpopulated environment, it is essential to identify and treat TB cases as quickly as possible, it is then recommended: Passive search based on the spontaneous demand of prisoners, the team investigates the disease; Active search for respiratory symptoms (at the time of entry and mass tracking) [23].

Due to its high accuracy, the Rapid Molecular Test for Tuberculosis (RMT-TB) is the recommended diagnostic test for all incarcerated people with symptoms suggestive of TB, replacing sputum smear microscopy, considering the high frequency of multidrug-resistant forms in this population, culture and the sensitivity test should be performed on the identified respiratory symptoms, in addition to sputum smear microscopy or RMT-TB.

The treatment of TB for prisoners should be Directly Observed and performed exclusively by health professionals, including monthly consultations and regular weight measurement, which may indicate adjustment of medications, in addition to requesting bacilloscopy for control [23]. Unfortunately, this strategies mentioned above are not or only partially applied in developing countries.

Although continued vigilance and prompt investigation of all inmates and staff with suspicious symptoms are called for at all times in a setting with both high TB prevalence and unfavorable environmental factors.

It should be highlighted that this study comes with limitations, such as the use of secondary data from the prison units of São Paulo state, which are not standardized and were not developed for research purposes. This could clarify the reasons that made the individuals involved present their treatment background and the healthcare structure at the investigated units. In addition, there may be cases of underreporting, mainly due to the difficulty diagnosing DR-TB among prisoners.

Conclusions

The study presents evidence regarding the factors associated with DR-TB in persons deprived of their freedom. This is useful for the implementation of disease control measures related to the detection and monitoring of cases in the prison system. Confinement results in the rapid progression of the bacillus and increases treatment costs, directly affecting the Brazilian national health system. Finally, the approach used illustrates the need for further research to understand a singular context in which the access to health should be a priority.

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Authors’ contributions

JAC, LHA, ACVR and FLS analyzed the data and drafted the manuscript. TZB, ATIB, LLLS, YMA and MY led the study design. ARS, HLPA, FPM, ICP and PFP revised the manuscript critically for important intellectual content. RAA participated in the coordination of data collection and critical review of the manuscript. All authors read and approved the final manuscript.

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