Evaluation of an Enzyme-Linked Immunosorbent Assay Based on Crude *Leishmania* Histone Proteins for Serodiagnosis of Human Infantile Visceral Leishmaniasis

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Human visceral leishmaniasis (VL) is routinely diagnosed by detecting IgG that specifically binds to *Leishmania* antigens. The enzyme-linked immunosorbent assay (ELISA) remains a widely used method. However, the biggest challenge remains the choice of antigen with the highest specificity and sensitivity. This study is aimed at assessing the diagnostic performances of crude *Leishmania* histone (CLH) protein-based ELISAs in Mediterranean VL patients. The CLH proteins were biochemically purified from promastigote nuclear extracts. Their reactivities were analyzed by Western blotting (WB) using rabbit polyclonal antibodies against *Leishmania* recombinant histones and sera from VL patients, respectively. Then, the diagnostic potential of CLH proteins was validated by the CLH-based ELISA using 42 infantile VL patients’ sera and 70 control subjects. The CLH-based ELISA performance was compared to that of the soluble *Leishmania* antigen (SLA)- and the recombinant K39 (rK39)-based ELISAs.

Analysis of the WB profile with the use of polyclonal antibodies confirmed the histone origin of low molecular mass proteins (12 to 16 kDa). All VL samples tested presented antibodies reacting against different antigen fractions; however, recognition patterns were different depending on the reactivity of each serum. CLH-based ELISA showed an excellent ability to discriminate between VL cases and healthy controls (97.6% sensitivity and 100% specificity). It had a diagnostic performance similar to that of rK39-based ELISA (97.6% sensitivity and 97.1% specificity, \( P = 0.5 \)) and a better serodiagnosis accuracy than the SLA-based ELISA (85.7% sensitivity and 90% specificity, \( P < 0.05 \)). Therefore, crude *Leishmania* histone extract could be a valuable antigen for clinical use.

Several studies demonstrated that *Leishmania* histones are immuno- nogenic. In spite of being among the most highly conserved proteins along the evolutionary scale, *Leishmania* histones have accumulated substantial sequence differences to trigger a specific immune re- sponse (11, 30). The starting point for most of the studies concerning the antigenicity of *Leishmania* histones was the screening of expression libraries with infected dogs’ sera. The identification of the *L. infantum* histone H2A, after immunoscreening with a canine VL (CVL) serum, was the first report of a specific immune response against histones during parasitic infection (33). The subsequent char- acterization of histone H3, strongly recognized by CVL sera, showed that this parasite owns the most divergent histone H3 described to date (34). It was also demonstrated that the other two histones, H2B and H4, belonging to the nucleosomal core of *L. infantum* are recog- nized by CVL sera (36). In addition, antibodies against H2A and H2B were detected in the sera of a large group of VL patients (22, 24, 29). However, these previous reports did not evaluate the accuracy of serodiagnosis of these histone fractions in Mediterranean VL. Like- wise, there are no data concerning the serodiagnosis value of H1, H3, and H4 histones in human VL and no study employing crude histone extract in VL immunodiagnosis. The purpose of this work was to assess and compare the diagnostic performance of the crude *Leish-
The recombinant protein of *L. infantum*, namely, rK39 (a 39 amino acid repetitive immunodominant B-cell epitope of kinesin-related antigen) (6) was kindly provided by the Infectious Disease Research Institute, Seattle, WA. The SLA extracted from *L. infantum* promastigotes after ultrasonic treatment was prepared as described elsewhere (25). The CLH proteins, however, were extracted by following a standard approach of histone protein isolation with some modifications (32). Briefly, mid-log-phase *L. infantum* promastigotes (2 × 10^6/) were pelleted, washed in cold PBS buffer and freeze-thawed three times before lysis in hypotonic buffer [10 mM Tris-HCl (pH 8), 1 mM KCl, 1.5 mM MgCl₂, 1 mM dithiothreitol] supplemented with 1× protease inhibitor (cocktail tablets from Roche Applied Science, Mannheim, Germany). Released nuclei were pelleted by centrifugation at 10,000 × g for 10 min at 4°C, resuspended in ice-cold 0.4 N H₂SO₄ and incubated on a rotator overnight at 4°C. Centrifugation at 16,000 × g for 10 min was performed to remove nuclear debris. Histone precipitation was obtained after transferring the supernatant into clean tubes, addition of ice-cold acetone, and overnight incubation at −20°C. After centrifugation (16,000 × g for 10 min) the pellet was air-dried and resuspended in distilled water. The CLH protein concentration was estimated by the Bradford method (5). The histone extract (1, 5, and 10 µg) was separated by 15% SDS-PAGE and stained with Coomassie brilliant blue solution to characterize the histone concentration before SDS-PAGE Western blotting. Polyclonal antibodies against *Leishmania* recombinant histones (rH2A, rH2B, rH3, and rH4) were raised in immunized rabbits as previously described (7). They were used as WB controls for *Leishmania* histone extraction.

### Western blotting

The CLH proteins (50 µg per single well) were resuspended in Laemmlı’s buffer (20), heated for 5 min and separated by 15% SDS-PAGE by using a Bio-Rad protein electrophoresis minigel system (Hercules, CA). The gels were transferred onto nitrocellulose membranes (GE Healthcare, United Kingdom). The blots were probed individually with the human sera (1:100), anti-rH2A, anti-rH2B, anti-rH3 (1:1,000), and anti-rH4 (1:500) polyclonal rabbit antibodies. The secondary antibody, horseradish peroxidase-conjugated anti-human IgG (1:5,000) or anti-rabbit IgG (1:7,500) (Sigma-Aldrich, St. Louis, MO) were used. The protein bands were revealed with H₂O₂ and diaminobenzidine.

Enzyme-linked immunosorbent assays. Nunc MaxiSorp ELISA microplates (Thermo Fisher Scientific, Roskilde, Denmark) were individually coated with three different antigens, rK39, SLA, and CLH, as follows: 100 µl per well of either rK39, SLA, or CLH protein was diluted in ELISA coating buffer [0.1 M NaHCO₃ - Na₂CO₃ (pH 9.6)] at a concentration of 0.25 µg/ml, 5 µg/ml, or 5 µg/ml, respectively. Incubation lasted 1 h and overnight at 37°C and 4°C, respectively. ELISA microplates were then rinsed three times with a washing buffer (PBS, 0.1% Tween 20) and blocked with a PBS buffer (pH 7.2) containing 0.1% Tween 20 and 5% skim milk. Sera were diluted to 1:100 into the blocking buffer and incubated for 1 h at 37°C. All samples were tested in duplicate. Plates were then rinsed five times and incubated with anti-human IgG antibody (Fc specific) (Sigma-Aldrich, St. Louis, MO) conjugated with horseradish peroxidase for 1 h. The substrate solution [0.4 mg/ml ortho-phenylenediamine dihydrochloride (Sigma-Aldrich, Steinheim, Germany) in 0.1 M citrate buffer (pH 5) and 0.03% H₂O₂] was added at a volume of 100 µl/well. The reaction, developed at room temperature, was stopped with 50 µl of 4 N H₂SO₄. Optical densities were read at dual wavelengths (492 and 620 nm) by the ELISA reader (Anthos 2020, Biochrom Ltd., United Kingdom) for each serum, the mean optical density (OD) value, computed from the duplicate, was recorded.

### Statistical analysis

Statistical analysis was performed by the MedCalc statistical software. The receiver operating characteristic (ROC) curves were used to analyze the diagnostic performances of each test in discriminating patients with VL from those without (14) and to assess the sensitivities and specificities of diagnostic assays. Analysis of the areas under the ROC curves (AUCs) allowed comparison of the performance characteristics of one test with those of another. The AUCs were compared as described by Hanley and McNeil (15). A test was considered significant if the P value was <0.05.

### RESULTS

**CLH antigen**. Coomassie blue-stained SDS gels with acid-extracted histones showed 3 major bands of low molecular mass with approximate molecular sizes of 12, 14 to 16, and 17 kDa. These migrating bands probably constitute the four histone core histone proteins and the *Leishmania* histone linker H1, which were previously described (28). However, higher molecular weight proteins were also apparent (data not shown). Rabbit antibodies anti-rH2A, anti-rH2B, and anti-rH3 reacted with specific bands located between 14 and 16 kDa, whereas anti-rH4 reacted with a specific band of 12 kDa, confirming the histone origin of these low molecular mass proteins (Fig. 1). High molecular weight proteins do not seem to be histone aggregates, since they are not recognized by the antihistone polyclonal antibodies. Preimmune sera, used as negative controls, showed no specific signal.

**CLH antigenicity during human VL**. In order to analyze the antigenicity of the CLH proteins, sera of 10 VL patients and 3 controls were incubated with a nitrocellulose membrane containing...
taining the *L. infantum* CLH proteins (Fig. 1A). The VL serum samples recognized several protein bands. Recognition patterns were different depending on the reactivity of each serum. However, despite the obtained variability, 3 immunodominant regions (12- to 16-kDa, 26- to 29-kDa, and 50- to 70-kDa proteins) reacted with positive samples. The sera from control subjects were negative, and only a few protein bands were faintly detected. On the other hand, comparison of recognition patterns of different sera against 2 different batches of *Leishmania* histone extracts indicated that purification seems to be reproducible (Fig. 1B).

The immunoreactivity of sera against the CLH was subsequently measured by ELISA. Figure 2A shows the absorbance values of the VL patients' sera (n = 42) and sera from controls (n = 135). Absorbance values were above the cutoff in 97.6% of VL sera, whereas 100% of the control sera ODs were under the same threshold.

**Comparison of rK39-, SLA-, and CLH-based ELISAs for serodiagnosis of VL.** ROC curves were plotted to compare clinical values of rK39-, SLA-, and CLH-based ELISAs applied for human VL diagnosis (Fig. 2B). Optimal sensitivities of rK39 and SLA were 97.6% and 85.7%, respectively, whereas optimal specificities were 97.1% and 90%, respectively. There was no statistical difference between the AUCs for VL diagnostic assays based on CLH proteins and rK39 (P = 0.6). However, there was a significant difference between AUCs for VL diagnostic assays based on CLH proteins and SLA (P < 0.05). These results suggest that CLH-based ELISA has the same performance in discriminating VL cases from healthy controls as an rK39-based ELISA but gave better discrimination between VL cases and controls than the SLA-based ELISA (Fig. 2B).

**DISCUSSION**

Recombinant histones, rH2A, rH2B, rH3, and rH4, obtained from *L. infantum* have been successfully applied in the field of veterinary medicine and particularly in leishmaniasis serodiagnosis (36). Recombinant histone-based ELISA revealed specificity but little sensitivity, especially when recombinant antigens were individually tested (sensitivities of 72%, 60%, 68%, and 44% for H2A, H2B, H3, and H4, respectively) (35, 36). On the other hand, only 88% of CVL sera reacted with at least one of these 4 recombinant histone proteins (35, 36). Lower sensitivities of recombinant fractions were related to the heterogeneous humoral response elicited against parasite proteins observed in each infected dog (36). However, less sensitivity could also be associated with a loss of antigenicity. In fact, heterologous proteins produced by bacterial expression systems, such as *Escherichia coli*, might not correctly handle posttranslational modifications (8). Previous studies reported that *Leishmania* histone proteins share many posttranslational modifications, including acetylation, methylation, and phosphorylation (18, 39). These modifications take place on the N-terminal tail domains (18, 39) and probably modulate immune recognition of *Leishmania* histone proteins. Therefore, the use of purified native parasite antigen, including the different *Leishmania* histone fractions, seems to be an alternative for improving ELISA performance.

Most of the histone extraction work was based on histone solubility in acid conditions (HCl or H2SO4) under which most of the other nuclear proteins and nucleic acids could precipitate (26). This method is easy to perform, is reproducible, with a good yield, and allows a routine and reliable extraction of *Leishmania* histone proteins (32). WB using anti-rH2A, anti-rH2B, anti-rH3, and anti-rH4 showed that the CLH protein preparation contains at least the four core histones H2A, H2B, H3, and H4, whose approximate molecular sizes range from 12 to 16 kDa. These proteins were recognized by most VL patients’ sera. The additional bands revealed in WB could be explained by the recognition of either histone isoforms, variants, or other histone-coextracted nucleoproteins (41). In that way, histone-like proteins and high-mobility group proteins are the major components of the general family of acid-extractable proteins (12, 16).

Parasite histone proteins were employed as the source of antigen for ELISA. This technique is precise, sensitive and more adapted for the screening of large sample numbers. CLH-based
ELISA showed an excellent ability to discriminate between VL patients and controls. In the present work, the CLH-based ELISA was revealed to be more accurate than the SLA-based ELISA in VL diagnosis, and it had the same sensitivity but was more specific. In fact, the SLA-based ELISA specificity largely depends on the antigen preparation, which may give some false-positive results when tested with sera of patients affected with VL-coendemic diseases (17). CLH-based ELISA was revealed to be as accurate as the rK39-based ELISA in VL diagnosis, with no statistical differences between sensitivity and specificity in both tests. It is important to note that rK39 antigen is known to be specific, highly sensitive, and predictive of acute disease onset (10, 19).

In conclusion, CLH-based ELISA showed high accuracy in VL diagnosis, making CLH a promising antigen for clinical use. The identification and characterization of Leishmania histone antigenic protein fractions, specifically those involved in immune response, and the production of the corresponding recombinant proteins in yeast expression systems such as Pichia pastoris could provide interesting perspectives (21). In fact, this expression system allows eukaryotic protein folding and posttranslational modifications of target proteins, which may offer more specific and sensitive tools for VL diagnosis.

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The authors report that they have no conflicts of interest.

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