GALACTIC WARPS IN TRIAXIAL HALOS

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ABSTRACT

We study the behavior of galactic disks in triaxial halos both numerically and analytically to see if warps can be excited and sustained in triaxial potentials. We consider the following two scenarios: (1) galactic disks that are initially tilted relative to the equatorial plane of the halo (for a pedagogical purpose), and (2) tilted infall of dark matter relative to the equatorial plane of the disk and the halo. With numerical simulations of 100,000 disk particles in a fixed halo potential, we find that in triaxial halos, warps can be excited and sustained just as in spherical or axisymmetric halos but they show some oscillatory behavior and even can be transformed to a polar-ring system if the halo has a prolate-like triaxiality. The nonaxisymmetric component of the halo causes the disk to nutate, and the differential nutation between the inner and outer parts of the disk generally makes the magnitude of the warp slightly diminish and fluctuate. We also find that warps are relatively weaker in oblate and oblate-like triaxial halos, and since these halos are the halo configurations of disk galaxies inferred from cosmological simulations, our results are consistent with the fact that most of the observed warps are quite weak. We derive approximate formulae for the torques exerted on the disk by the triaxial halo and the dark matter torus, and with these formulae we successfully describe the behavior of the disks in our simulations. The techniques used in deriving these formulae could be applied for realistic halos with more complex structures.

Key words: galaxies: evolution – galaxies: halos – galaxies: kinematics and dynamics – methods: N-body simulations

Online-only material: color figures

1. INTRODUCTION

The outer parts of the disks in most spiral galaxies, even in isolated ones, are warped (Ann & Park 2006, and references therein), and this implies that the warps must be either long-lived or be repeatedly excited. Early proposals for the excitation mechanism of disk warps include the reorientation of a massive galactic halo by the cosmic scale shorter than a Hubble time. Thus a successful scenario for the warp should not give rise to significant dynamical friction. Plausible scenarios that do not suffer the damping problem include the reorientation of a massive galactic halo by the cosmic infall (Ostriker & Binney 1989; Jiang & Binney 1999; Shen & Sellwood 2006) and the external torque produced in the disk by the accretion of the intergalactic medium (Rezv & Pfenniger 2001; Lopez-Corredoira et al. 2002).

Shen & Sellwood (2006) performed simulations of an idealized form of cosmic infall on to a disk galaxy and obtained warps that persist for a few Gyr. They found that the damping from the live halo is very weak compared to that in initially tilted disk scenarios, and attributed the difference to the facts that (1) the source of the torque in their model resides in the outer halo only, (2) the precession rate of their disk is very low, and (3) the effect of the torque in their model kicks in gradually.

It appears that the model by Shen & Sellwood (2006) is a highly feasible way of exciting and sustaining a warp, because their warps closely resemble those observed and do not significantly suffer the damping problem. But their halo is modeled to be spherical, whereas many numerical studies on the shape of the dark matter halos anticipate that the triaxiality of the dark matter halos is not negligible (Jing & Suto 2002; Bailin & Steinmetz 2005; Allgood et al. 2006, among others). Thus it is worth checking if the results of the cosmic infall scenario are significantly altered when the halo is modeled to be axisymmetric or triaxial. Furthermore, as the triaxiality of the halo exerts a torque that periodically increases and decreases the
inclination angle of the tilted disk (see Section 2), the initially tilted disk scenario deserves a revisit to see if the extra torque by the halo triaxiality can diminish the effect of the damping.

For these reasons, in the present paper we study the evolution of the self-gravitating disks in axisymmetric and triaxial halos for two scenarios: (1) initially tilted disks in triaxial halos and (2) tilted cosmic infall in axisymmetric and triaxial halos. As discussed above, the first scenario does not appear to be a plausible mechanism for real warps, but we first study this scenario in detail to understand the influence of the triaxial potential alone to the disk. After successfully describing it with simulations and some analytical formulae, we then analyze the behavior of the warp in the second scenario.

As a first step, the halos in the present paper are fixed, and this will enable us to concentrate on studying how the axisymmetry and/or triaxiality of the halo alters the evolution of the warp compared to the spherical or axisymmetric cases. As a subsequent study to the present one, we will examine the disks in “live” axisymmetric and triaxial halos, which can properly treat the effect of dynamical friction between the disk and the halo.

Note that the aim of the present study is to understand the fundamental dynamics between the disk and the axisymmetric or triaxial halo for the above two scenarios, rather than to find the conditions that best reproduce the various observed structures in a disk galaxy created by gravitational interactions of gas than in optical observations of stars. However, in the present study, we only consider the stellar component of the disk to avoid the model complexity and computing cost involved with the consideration of the hydrodynamic (and even magnetohydrodynamic) effects. Thus the warps in our simulations are to be compared to the inner parts of the observed, extended warps.

We describe the models and the numerical method in Section 2, and discuss some theoretical backgrounds necessary for the analyses of our simulations in Section 3. The results and analyses of our simulations for initially tilted disks are presented in Section 4, and those for the tilted cosmic infall scenario are presented in Section 5. We summarize and discuss our results in Section 6.

2. MODELS

For the simulations presented here, we use a parallel version of the tree N-body code named GADGET (Springel et al. 2001). The code can calculate hydrodynamic forces using the smoothed particle hydrodynamics (SPH) technique, but we only consider gravitational forces for the present work, i.e., we do not consider the effects of gas component in the disk. GADGET was the choice of numerical method also for a recent study on tidal structures in a disk galaxy created by gravitational interactions with a perturbing companion (Oh et al. 2008).

Our model galaxies consist of a disk and a dark matter halo. The disk is represented by 100,000 particles, and the halo is modeled by a fixed potential. Thus the evolution of the disk is governed by the self-gravity within the disk and the external gravity from the halo (plus the dark matter torus for the cosmic infall scenario), but the effect of the disk on the halo and its reaction back to the disk, such as dynamical friction, is not considered. In this way, we would be able to observe the role of various triaxial halos on the excitation and maintenance of the warp separately from the effect of mutual back reaction.

Following Ideta et al. (2000), we adopt the compound galaxy model by Hernquist (1993) and modify it for triaxial halos. The distribution of the disk particles is given by

\[ \rho_d(R, z) = \frac{M_d}{4\pi R_d^2 z_d^2} \exp(-R/R_d) \text{sech}^2\left(\frac{z}{z_d}\right), \]

where \( R \) is the galactocentric radius projected on to the galactic plane, \( z \) is the vertical height from the plane, \( M_d \) is the disk mass, \( R_d \) is the radial scale length, and \( z_d \) is the vertical scale thickness. The density profile for the trixial halo is given by

\[ \mu = \frac{1}{2\pi abc} \mu(1 + \mu)^2, \]

where \( M_h \) is the halo mass and \( \mu \) is defined by

\[ \mu^2 = \frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2}. \]

The triaxiality parameters \( a, b, \) and \( c \) are the scale lengths along the \( x-, y-, \) and \( z\)-axes. Our triaxial halos are named either “oblate-like” or “prolate-like;” Oblate-like halos have major and intermediate axes in the equatorial plane, while prolate-like halos have minor and intermediate axes in the equatorial plane. Table 1 lists \( a, b, \) and \( c \) values of our models.

Using the method of ellipsoidal shells (Kellogg 1953; Chandrasekhar 1969; Binney & Tremaine 2008), the halo potential can be written as

\[ \Phi_h(\mu) = -G M_h \int_0^\infty \frac{du}{\sqrt{a^2 + u\sqrt{b^2 + u\sqrt{c^2 + u[1 + \mu(u)]^2}}}}, \]

where

\[ \mu^2(u) = \frac{x^2}{a^2 + u} + \frac{y^2}{b^2 + u} + \frac{z^2}{c^2 + u}. \]

and we calculate the force exerted by the halo by numerically differentiating this potential.\(^4\)

Our simulations are in units of \( G = 1, R_d = 1, \) and \( M_d = 1, \) where \( G \) is the gravitational constant. If these units are scaled to physical values appropriate for the Milky Way, i.e., \( R_d = 3.5 \) kpc and \( M_d = 5.6 \times 10^{10} M_\odot, \) unit time and velocity become \( 1.31 \times 10^7 \) yr and \( 262 \) km s\(^{-1}\). We set \( z_d = 0.2 \) and \( M_h = 17.8 \) for all of our simulations. These numbers result in the minimum Toomre \( Q \) parameter of about 1.5, thus the disk is stable against the bar instability. The orbital period at the half-mass radius, \( R \approx 1.7, \) is 13.4 in our system of units. We perform our simulations until \( T = 600, \) which is \( ~45 \) orbital periods at the half-mass radius of the disk. To achieve an equilibrium configuration, we sampled velocities from Gaussian distributions with means and dispersions derived from the Jeans equation following the prescription by Hernquist (1993). The total energy is conserved to better than 0.2%.

In our first set of simulations (initially tilted disk models), the disks are initially tilted by 30° with respect to the equatorial \((x-y)\) plane of the halo in order to initiate the vertical oscillation of the disk particles.

In the second set of simulations, the disks are initially in the equatorial plane of the halo with no systematic vertical motions.

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\(^4\) After performing all of our simulations, we realized that Merritt & Fridman (1996) present an integral form of the force for our halo potential. They give the triaxial generalization of Dehnen (1993) models (both potentials and forces), and our halo model is a \( \gamma = 1 \) case of the Dehnen model family.
and following Shen & Sellwood (2006), we assume that the late infalling material in hierarchical galaxy formation models forms a gradually growing torus of radius \( R_t = 10.7 R_d \). Its mass increases linearly from 0 at \( T = 0 \) to \( M_t = 2.5 M_d \) at \( T = 200 \), and its cross section has a Gaussian density profile with a standard deviation of 0.2\( R_t \). The torus plane is inclined at 15° relative to the equatorial plane of the halo, and its the ascending node aligns with the negative y-axis. The torus is represented by 5000 particles that initially have circular motions with velocities equal to the local circular speed. We assume that the torus does not precess as its precession rate due to the interaction with the disk or halo is much longer than our simulation period and also assume that the torus is dynamically stable for the sake of simplicity. To avoid the instability of a cold, self-gravitating torus, we keep the torus particles at their initial positions during the whole simulation period. Note that our models for the cosmic infall scenario are different from Shen & Sellwood (2006) in that their halo density profile is represented by 5000 particles that initially have circular motions with velocities equal to the local circular speed.

### 3. THEORETICAL BASIS

Following Ideta et al. (2000), we analyze the behavior of the disk in terms of the relative differences in the inclination and in the line of ascending node (LON) between the inner and outer parts of the disk. In order for the disk to be observed as a warp, the inclination of the outer disk needs to be different enough from that of the inner disk, but the LONs of both inner and outer disks should not wind up and need to nearly coincide.

The disk precesses when the torque applied to the disk has a nonzero LON component, and the precession makes the longitude of the LON, \( \lambda \), evolves. The inclination of the disk, \( i \), evolves when the torus has a nonzero component that is normal to both the LON and the \( z \)-axis. Since the components of the aforementioned torques are either parallel or normal to the LON, we adopt a rotating frame where the \( L \)-axis aligns with the LON of the disk and the \( P \)-axis is normal to the \( L \)-axis in the halo equatorial plane such that when the positive \( L \)-axis aligns with the positive \( x \)-axis, the positive \( P \)-axis aligns with the positive \( y \)-axis (see Figure 1). In this frame, the LON evolves due to the \( L \)-component of the torque, \( T_L \) (see Equation (A17)), while the inclination evolves due to the \( P \)-component of the torque, \( T_P \) (see Equation (A16)).

Our disks have angular momenta whose \( z \)-component values are positive, i.e., our disks rotate counterclockwise when viewed from the positive \( z \)-axis (the \( V_c \) values in Equations (A16) and (A17) are defined to be positive for such rotations). Thus a positive (negative) \( T_L \) will induce a prograde (retrograde) precession, while a positive (negative) \( T_P \) will result in the decrease (increase) of the inclination.

### 3.1. Torques by the Triaxial Halo

Approximate formulae for the torques by triaxial halos are derived in Appendix A. The characteristics of the halos are described with the coefficients \( J_{20} \) and \( J_{22} \) (see Equations (A5) and (A6) for their definitions, and Table 2 for their values at \( r = 2 \) and 4; \( r \) is a three-dimensional galactocentric radius), which are related to the spherical harmonic functions of degree \( l = 2 \) and order \( m = 0, 2 \). Oblate halos have negative \( J_{20} \) values and prolate halos have positive \( J_{20} \). While both oblate and prolate halos have \( J_{22} = 0 \), triaxial halos have a nonzero

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**Figure 1.** Definitions of the \( L \)- and \( P \)-axes. The positive \( L \)-axis coincides with the line of ascending node (LON) of the ring, and the \( P \)-axis is normal to the \( L \)-axis in the halo equatorial plane such that \( \vec{L} \times \vec{P} \) aligns with the positive \( z \)-axis. Note that both \( L \)- and \( P \)-axes always lie in the \( x-y \) plane.

**Table 1**

| Model     | \( a \) | \( b \) | \( c \) | Remark | Torus |
|-----------|--------|--------|--------|--------|------|
| Initially Tilted Disks |        |        |        |        |      |
| TD-O      | 10     | 10     | 7.5    | Oblate | No   |
| TD-OL7    | 10.7   | 9.3    | 7.5    | Oblate-like, 7% | No |
| TD-OL13   | 11.3   | 8.7    | 7.5    | Oblate-like, 13% | No |
| TD-P      | 7.5    | 7.5    | 10     | Prolate | No   |
| TD-PL7    | 8.03   | 6.98   | 10     | Prolate-like, 7% | No |
| TD-PL13   | 8.48   | 6.53   | 10     | Prolate-like, 13% | No |
| Tilted Cosmic Infall |        |        |        |        |      |
| CI-S      | 10     | 10     | 10     | Spherical | Yes  |
| CI-O      | 10     | 10     | 7.5    | Oblate | Yes   |
| CI-OL7    | 10.7   | 9.3    | 7.5    | Oblate-like, 7% | Yes |
| CI-OL7b   | 9.3    | 10.7   | 7.5    | Oblate-like, 7% | Yes |
| CI-P      | 7.5    | 7.5    | 10     | Prolate | Yes   |
| CI-PL7    | 8.03   | 6.98   | 10     | Prolate-like, 7% | Yes |
| CI-PL7b   | 6.98   | 8.03   | 10     | Prolate-like, 7% | Yes |
that the contribution of the triaxial component twice during one full precession of the LON (negative in the first and third (second and fourth) quadrants), the magnitudes of the torques. Equations (A14) and (A15) show Equations (A16) and (A17)).

Another consequence of the triaxial halo is the oscillations in the magnitudes of the torques. Equations (A14) and (A15) show that the contribution of the triaxial component $J_{22}$ to both $T_L$ and $T_P$ has a sinusoidal form ($\cos 2\lambda$ or $\sin 2\lambda$). In this subsection, we discuss the behavior of the disk in triaxial halos with $a > b$ (all of our triaxial halos except those in models CI-OL7b and CI-PL7b have $a > b$), which have positive $J_{22}$ values. In oblate-like halos, the LON undergoes a retrograde precession (because of the negative $J_{20}$), thus the absolute value of $T_L$ decreases (increases) when $\lambda$ is in the first and third (second and fourth) quadrants. In prolate-like halos, the LON advances forward (because of the positive $J_{20}$) and thus as in the oblate-like halos, the absolute value of $T_L$ decreases (increases) when $\lambda$ is in the first and third (second and fourth) quadrants. These effects cause the precession rate to oscillate twice during one full precession of the LON ($|d\lambda/dt|$ decreases (increases) when $\lambda$ is in the first and third (second and fourth) quadrants).

As for $T_P$, the sign of its value is more important than the decrease or increase of the value. In both oblate-like and prolate-like halos, $T_P$ will be negative (positive) in the first and third (second and fourth) quadrants. This causes $i$ to oscillate twice during one full precession of the LON ($d\lambda/dt$ is positive (negative) in the first and third (second and fourth) quadrants), i.e., the disk nutates as it precesses.

### 3.2. Torques by the Accreting Torus

The accreting torus is inclined at a small angle ($15^\circ$) relative to the halo equatorial plane, thus the torus has a negative $J_{20}$, i.e., the most significant nonspherical component of the torus is the oblateness. Furthermore, since the mass distribution of the torus has a sinusoidal deviation from the equatorial plane with an azimuthal period of $2\pi$, the torus has a nonzero $J_{21}$ component (see Table 2 for these values at $r = 2$ and 4), which is not present in triaxial halos and is much more important than the $J_{22}$ component of the torus.

Equations (B8) and (B9) show that $d\lambda/dt$ and $d\lambda/dt$ are sinusoidal functions of $\lambda$ and imply that $i$ and $\lambda$ will oscillate around certain equilibrium values. The circular velocity of the disk is nearly constant in the outer disk region, thus Equations (B8), (B9), and (B2)–(B4) imply that $d\lambda/dt$ and $d\lambda/dt$ by the torus are approximately proportional to $r$, whereas $di/dt$ and $d\lambda/dt$ by the halo decrease as $r$ increases.

### 3.3. Torques by the Inner Disk

We adopt a simple two-disk (inner and outer disks) model to describe the effect of the self-gravity within the disk. Equations (C3) and (C2) imply that if $\lambda$ of the outer disk is ahead (in the sense of disk spin) of that of the inner disk (i.e., a leading spiral of the LON), $di/dt$ is positive, and vice versa. Equations (C4), (C1), and (C2) state that $d\lambda/dt$ by the inner disk is negative on average when the inclination of the inner disk, $i_{id}$, is smaller than $\sim 55^\circ$, and has a large $\lambda$ dependence when $i$ of the outer disk is small.

### 4. Initially Tilted Disks

Here we present the results obtained from our simulations for the initially tilted disks and analyze them by comparing the axisymmetric and triaxial cases.

#### 4.1. Oblate-Like Halos

Figure 2 shows the evolution of the initially tilted disk in an oblate halo (model TD-O). This simulation is set up in the same way as the oblate model of Ideta et al. (2000) in order to check the agreement between the two simulation results and to describe the results of our triaxial models in comparison to the axisymmetric ones. We find that our model TD-O gives almost the same result as the oblate model of Ideta et al. First we briefly discuss the evolution of the disk in model TD-O in terms of torques following the analysis by Ideta et al. (2000).

Oblate halos exert negative $T_L$ on the disk, and the oblate halo adopted here has the absolute precession rate that decreases as $r$ increases. Thus the LON undergoes a retrograde precession with a shape of a leading spiral. Since the LON of the outer disk is ahead (in the sense of disk spin) of the LON of the inner disk, the inclination of the outer disk increases forming a type I warp (terminology used by Sparke & Casertano 1988), which bends upward away from the halo equatorial plane. This is because the inner disk behind the outer disk exerts a negative $T_P$ on to the outer disk, which results in an increase of $i$ (see Section 3.3). However, a larger inclination causes a slower precession ($|d\lambda/dt| \propto \cos i$; see Equation (A17)), thus the LON of the outer disk leads even further and does not have a chance to catch up the inner disk. As the LONs of the inner and outer disks become significantly misaligned, the disk is not observed as a warp anymore.

This can be clearly seen in the $i_{td}$–$\lambda$ diagrams (so-called Briggs diagrams, Briggs 1990) in panel (b), which effectively shows the radial profiles of $\lambda$ and the inclination relative to that at the central region of the disk, $i_{ref}$. Each circle represents an annulus of $0.4 R_d$ between $1 R_d$ and $4.6 R_d$. The

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**Table 2**

| Model        | $r = 2$                     |                      |                      |
|--------------|-----------------------------|----------------------|----------------------|
|              | $J_{20}$ | $J_{21}$ | $J_{22}$ | $J_{20}$ | $J_{21}$ | $J_{22}$ |
| Halo         |          |          |          |          |          |          |
| TD/CI-O     | $-5.05E-2$ | ... | ... | $-6.67E-2$ | ... | ... |
| TD/CI-OL7   | $-5.05E-2$ | ... | $1.22E-2$ | $-6.62E-2$ | ... | $1.62E-2$ |
| TD/CI-OL13  | $-4.90E-2$ | ... | $2.28E-2$ | $-6.49E-2$ | ... | $3.09E-2$ |
| TD/CI-P     | $5.84E-2$ | ... | ... | $7.61E-2$ | ... | ... |
| TD/CI-PL7   | $5.89E-2$ | ... | $1.43E-2$ | $7.66E-2$ | ... | $1.81E-2$ |
| TD/CI-PL13  | $6.01E-2$ | ... | $2.66E-2$ | $7.78E-2$ | ... | $3.36E-2$ |
| Torus        | $-7.31E-3$ | $1.02E-3$ | $-2.72E-4$ | $-2.93E-2$ | $4.07E-3$ | $-1.09E-3$ |
Figure 2. Disk evolution of model TD-O. (a) Projected density distribution of the simulation particles as seen from the ascending line of node (LON) of the disk. The abscissa aligns with the x–y plane. The color bar shows the level of the surface density in units of number of particles per projected area of 0.1^2. (b) $i_{\text{rel}}$–$\lambda$ plot (the “Briggs diagram”) for nine equal-size radial bins between $r = 1.0$ and 4.6 (thus each bin has a width of 0.4). The distance from the plot center corresponds to $i_{\text{rel}}$, the inclination relative to the central region of the disk, and the azimuthal angle from the positive x-axis corresponds to $\lambda$, the longitude of the ascending LON. Each concentric circle marks 10°. The inclination of the disk center is defined to be the average $i$ of the two innermost radial bins ($r = 1.0$–1.8). Open symbols are for the radial bins whose peak projected density is smaller than 20 particles per 0.1^2 area. (c) $i$ evolution of two radial bins that represent the inner and outer disks (the radial ranges of these bins are indicated in the plot). (d) $\lambda$ evolution of the same two radial bins as in panel (c).

(A color version of this figure is available in the online journal.)

disk particles in some of the outermost annuli tend to spread out in the projected sky making them not recognized as a part of the disk in actual observations, so we use open circles to indicate the annuli that have a peak projected density less than 20 particles per 0.1^2 area. In such diagrams, an observable warp would be manifested as an extended alignment of filled circles. The filled circles are extended out to $\sim 10^\circ$ only until $T \approx 200$ and remain inside $i_{\text{rel}} \approx 7^\circ$ afterward. Panel (a) indeed shows that a warp phenomenon is significant only until this epoch.

Figure 3 plots the evolution of a disk in our moderately oblate-like halo, model TD-OL7 (note that all of our oblate and oblate-like halos have similar $[a^2 + b^2]/c^2$ ratios so that they have similar $J_{20}$ values and thus similar precession rates). It shows that the triaxiality of the halo does not greatly change the global aspect of the evolution. The most significant difference between the oblate and oblate-like cases is that $i$ and $\lambda$ oscillate periodically in the latter, which is the result of $P$- and $L$-component torques from the triaxial component of the halo, respectively–$T_P$ and $T_L$ are sinusoidal functions when $J_{22}$ has a nonzero value (see Equations (A14) and (A15)). The phase of the oscillation coincides with the quadrant of the LON, which indicates that the oscillation is indeed caused by the triaxial component of the halo. As discussed in Section 3, when $\lambda$ is in the first or third quadrant, the disk experiences a negative $P$-component torque and the inclination increases. Likewise, the inclination decreases when $\lambda$ is in the second or fourth quadrant.

A similar evolutionary picture is observed even in the more extremely oblate-like case, model TD-OL13. Figure 4 shows that the global evolution of this model is very similar to that of model TD-OL7.

In both models TD-OL7 and TD-OL13, the magnitude of the warp slightly oscillates, but the average magnitude of the warp is similar to that of model TD-O. To summarize, when $J_{20}$ of the halo is negative, the warp in an initially tilted disk scenario
is very weak except at the beginning, and even the triaxiality of the halo is not effective in increasing the magnitude of the warp.

### 4.2. Prolate Versus Prolate-like Halos

The evolution of the disk in a prolate halo, model TD-P, is shown in Figure 5. Prolate halos exert positive $T_i$ on the disk, and our prolate halos have an absolute precession rate that decreases as $R$ increases. Thus the LON undergoes a prograde precession with a shape of a trailing spiral. Because the LON of the outer disk is behind (in the sense of disk spin) that of the inner disk, $T_i$ exerted by the inner disk on to the outer disk is positive, and the inclination of the outer disk decreases (see Section 3.3) forming a type II warp, which bends down toward the halo equatorial plane. Since a smaller inclination causes a faster precession ($d\lambda/dt \propto \cos i$; see Equation (A17)), the LON of the outer disk catches up that of the inner disk, the outer disk will have a larger inclination and its precession rate will become smaller. Thus the self-gravity between the inner and outer disks plays a role of restoring force that leads to an alignment of the LONs between the inner and outer disks. The simulation shows that after about one revolution of the precession, the inner and outer disks settle into a stable equilibrium, and the LONs of the two disks remain close to each other afterward, making the disk observed as a warp.

This analysis can be generally applied to the evolution of the disk in a moderately prolate-like halo, model TD-PL7 (Figure 6). Note that all of our prolate and prolate-like halos have similar $(a^2 + b^2)/c^2$ ratios so that they have similar precession rates. Again, the most considerable difference from the prolate case is the oscillation in both $i$ and $\lambda$. Since the LON of the inner disk advances faster than that of the outer disk in the beginning of the simulation, the oscillation phase of the inner disk is ahead of that of the outer disk afterward. Because of this phase lag, the inclination gap between the two disks increases and decreases periodically (without the phase lag, the inclinations of the two disks would oscillate with an almost constant gap). Therefore, as seen in panels (a) and (b), the magnitude of the warp oscillates with a period of precession as well. The warp nearly disappears at $T \simeq 250$ and 400, and grows back to its peak at $T \simeq 350$ and 500. Note that when the magnitude of the warp reaches its peak, it becomes larger than that of the prolate case with a similar prolateness $(c^2/(a^2+b^2))$. The $i_{\text{red}}$ value of the outermost annulus remains inside $15^\circ$ in model TD-P, but it reaches near $20^\circ$ at $T = 350$ and 500 in model TD-PL7. Thus the triaxiality of the prolate-like halo periodically suppresses and augments the magnitude of the warp.
In a more extremely prolate-like halo (model TD-PL13), the disk evolves quite differently from the above two cases. As seen in panel (c) of Figure 7, the inclinations of both inner and outer disks increase fairly quickly while oscillating. This appears to be because of the \( \sin i \) factor in \( \frac{di}{dt} \) term (Equation (A16))—when the magnitude of the triaxiality (\( J_{22} \)) is large, the peak of the oscillating \( i \) can reach higher, and at a higher \( i \), \( \frac{di}{dt} \) is larger. Thus when \( J_{22} \) is larger than a certain critical value, the peak \( i \) value in each oscillation gradually increases and eventually \( i \) becomes larger than 90°. This happens at \( T \approx 500 \) for model TD-PL13, after which the LON evolves in the reverse direction because the \( \cos i \) term in \( \frac{d\lambda}{dt} \) (Equation (A17)) becomes negative.

The large \( J_{22} \) value and thus the large oscillation in \( i \) of model TD-PL13 causes the outer disk to disperse so severely that it is not recognized as a part of the disk anymore after \( T \approx 450 \), making the size of the whole disk appear to be much smaller than in the beginning. The debris from the outer disk spreads out randomly around the inner disk after this epoch, and the warped configuration nearly disappears.

Although panel (c) of Figure 7 shows the evolution up to \( T = 650 \), we have evolved model TD-PL13 up to \( T = 800 \) and find that after \( T \approx 400 \), \( i \) and \( \lambda \) of the inner disk keep oscillating around 90° and 360°, respectively, indicating that the disk plane tumbles about the minor axis of the halo. Such a phenomenon has been also observed in numerical and analytical studies on the dynamics of stars and gas in triaxial potentials (Aarseth & Binney 1978; Steiman-Cameron & Durisen 1984; Arnaboldi & Sparke 1994, among others): the particles in triaxial halos prefer the orbits whose principal plane tumbles about its minor axis.

To summarize, when \( J_{20} \) of the halo is positive, an initially tilted disk can excite and sustain the warped configuration for a considerable time as far as the triaxial component of the halo is not too large, and a mild triaxiality can augment the peak magnitude of the warp.

5. TILTED COSMIC INFALL

Now we present and analyze our simulations for the cosmic infall scenario. In these simulations, the disk is initially in the equatorial plane of the halo and the dark matter torus, whose mass gradually increases over \( T = 100 \), is tilted at 15° relative to the halo equatorial plane such that its ascending LON coincides with the negative y-axis.

5.1. Spherical Halo

Figure 8 shows the evolution of the disk in a spherical halo (model CI-S). This model is to be compared with the
axisymmetric and triaxial halo cases. As the halo in our model CI-S is perfectly spherical, the evolution of the outer disk is driven by the interaction with the torus and with the inner disk only. The tilted torus gives an effect similar to an oblate halo to the disk—it exerts a negative $T_L$ on the disk and makes the disk precess in a retrograde sense about the axis normal to the torus plane. But unlike in model TD-O, the precession rate caused by the torus is an increasing function of $R$ (see Appendix A of Shen & Sellwood 2006 and our Appendix B, but note that the precession rate given in the former is along the torus plane while that in the latter is along the equatorial plane), resulting in a trailing spiral of LON. Thus the inner halo exerts a positive $T_P$ on the outer disk, and the inclination of the outer disk decreases forming a Type II warp.

The inclination relative to the equatorial plane evolves significantly with time (see Figure 8(c)), but the inclination of the disk relative to the torus plane stays constantly (this phenomenon is to be compared with those in nonspherical halo models below). The increase and decrease of $i$ are well explained by Equation (B8).

5.2. Oblate and Oblate-like Halos

Figure 9 shows the evolution of the disk in an oblate halo (model CI-O). Since the oblate halo does not have a $J_{22}$ component, the change of $i$ is caused only by the accreting torus. Once the $i$ value departs from zero, $\lambda$ first moves toward $-90^\circ$ and then both $i$ and $\lambda$ oscillate. The oscillatory behavior is found to be driven by combined torques from the nonspherical halo and the tilted torus. Figure 10 shows four different sign combinations of $di/dt$ and $d\lambda/dt$ from the combined torques, and the arrangement of the sign combinations is in such a way that the evolution of a point on the $i-\lambda$ plane follows a round, counterclockwise revolution about the equilibrium point (the point where both $di/dt$ and $d\lambda/dt$ are equal to zero). Note that the center of $\lambda$ oscillation, $-90^\circ$, coincides with the longitude of the ascending node of the torus, but the inclinations of both outer and inner disks are somewhat smaller than that of the torus.

Inclinations of both inner and outer disks oscillate, but since the equilibrium point is located at a higher $i$ for a larger $r$, the mean $i$ value of the outer disk is higher than that of the inner disk, and thus the disk forms a type-I warp, the opposite of the spherical halo case. Thus in oblate halos, the magnitude of the warp or $i_{rel}$ is determined by the radial gradient of the equilibrium inclination, and is found to be smaller than that in the spherical halo model. Unlike in model TD-O, the $\lambda$ values of the inner and outer disks in model CI-O are not significantly separated. This is because in model CI-O, the inclinations of both inner and outer disks are so small that the cos $i$ factors in Equations (A17) and (B9) are not so effective in making the
two $\lambda$’s separated as in model TD-O (i.e., the $\cos i$ values of the inner and outer disks are similar).

Figure 11 shows the evolution of the disk in one of our oblate-like halos (model CI-OL7). In this model, the shorter of the two halo axes in the equatorial plane aligns with the LON of the torus, thus the oblate-like halo induces a positive $di/dt$ when $\lambda$ is in the fourth quadrant ($270^\circ \lesssim \lambda \lesssim 360^\circ$) and a negative $di/dt$ when $\lambda$ is in the third quadrant ($180^\circ \lesssim \lambda \lesssim 270^\circ$). Such $\lambda$ dependence of $di/dt$ is opposite to that by the torus, but the contribution on $di/dt$ by the oblate-like halo is much smaller than that by the torus because of the small value of $\sin i$ in Equation (A16). The average inclinations of both inner and outer disks are smaller than that by the torus because of the small value of $\sin i$ in Equation (A16). The average inclinations of both inner and outer disks are smaller than that by the torus because of the small value of $\sin i$ in Equation (A16). The average inclinations of both inner and outer disks are smaller than that by the torus because of the small value of $\sin i$ in Equation (A16). The average inclinations of both inner and outer disks are smaller than that by the torus because of the small value of $\sin i$ in Equation (A16). The average inclinations of both inner and outer disks are smaller than that by the torus because of the small value of $\sin i$ in Equation (A16). The average inclinations of both inner and outer disks are smaller than that by the torus because of the small value of $\sin i$ in Equation (A16).

We find that the evolution of the disk in model CI-OL7b (figure not presented), where the longer, not the shorter, of the two halo axes in the equatorial plane aligns with the LON of the torus, is very similar to that of model CI-O as well, implying that the orientation of the tilt of the torus relative to the orientation of the oblate-like halo is not an important factor in determining the configuration and the magnitude of the warp. The only noticeable difference between models CI-OL7b and CI-OL7 is the higher average $i$ values for both inner and outer disks of the former model because of the positive $J_{22} \cos 2\lambda$ value in Equation (A17) for $\lambda \sim 270^\circ$. Note that, however, all of our oblate and oblate-like halo models have nearly the same magnitudes of the warp (i.e., nearly the same $i_{\text{rel}}$).

5.3. Prolate and Prolate-like Halos

Figure 13 shows the evolution of the disk in a prolate halo (model CI-P), which is rather different from those in spherical and oblate halos. In a prolate halo, the magnitude of the warp is much larger, and the outermost part of the disk is even detached from the rest of the disk when the LONs of the outermost part and the main disk are apart by $\sim 180^\circ$.

This rather large difference is thought to be because of the strong radial dependence of the combined $d\lambda/dt$ from the halo and the torus. Figure 14 shows that the combined $d\lambda/dt$ for the prolate halo has a significantly stronger radial dependence than that for the oblate halo. Thus unlike in the oblate halo, the outer disk in the prolate halo can evolve separately from the inner disk from the beginning of the simulation. The LON
of the inner disk oscillates around the equilibrium $\lambda$, 90° (see Figure 15), whereas the LON of the outer disk, which is more affected by the self-gravity within the disk than the inner disk is, appears to experience more complicated evolution. In the beginning of the simulation ($T \lesssim 150$), the combined $d\lambda/dt$ on the outer disk from the halo, torus, and the inner disk is nearly zero, so $\lambda$ of the outer disk barely evolves. But once the $\lambda$’s of the inner and outer disks are apart by more than 90°, the second term in Equation (C4) becomes negative. This then breaks the subtle equilibrium and makes the outer disk precess in a retrograde fashion.

Unlike in model TD-P, the $\lambda$ values of the inner and outer disks in model CI-P are well separated. In model TD-P, the $\cos i$ factor in $d\lambda/dt$ (Equation (A17)) causes the outer disk, which has a smaller $i$ than the inner disk, to catch up the $\lambda$ of the inner disk. But in model CI-P, the inclinations of the inner and outer disks are both so small in the beginning of the simulation that the $\cos i$ factor in the combined $d\lambda/dt$ from the halo and the torus is not so effective in making the two $\lambda$’s move together ($|d\cos i/dt|$ is smaller for small $i$’s).

Because $\lambda$ of the inner disk is initially ∼90° ahead (in the sense of disk spin) of that of the outer disk, the inner disk experiences a positive $di/dt$ from the outer disk (see Equation (C3)), thus has an equilibrium $i$ value that is higher than the one determined by considering the torques from the halo and torus only as in Figure 15. The $i$ value of the outer disk increases in the first half of the simulation and decreases in the second half of the simulation because the combined $di/dt$ by the halo and the torus is positive when $\lambda$ is in the fourth quadrant and negative when $\lambda$ is in the third quadrant (see Figure 15).

While the evolution of both inner and outer disks in spherical and oblate halos can be explained by the combined torques from the halo and the torus only, in a prolate halo, the self-gravity within the disk plays a nonnegligible role in the $i$ and $\lambda$ evolutions of the disk. This is because in a prolate halo, (1) the $di/dt$ term from the inner disk is not negligible as the LONs of the inner and outer disks are apart from each other (see Equation (C3)) and (2) the $d\lambda/dt$ term from the inner disk is relatively more important as the $J_{20}$ values of the halo and the torus have opposite signs.

Figure 16 shows the evolution of the disk in one of our prolate-like halo models (model CI-PL7), where the shorter of the two halo axes in the equatorial plane aligns with the ascending LON of the torus. The evolution of CI-PL7 is generally similar to that of CI-P except that the magnitudes of the warp and the detachment of the outer disk less significant than those in model
CI-P. This is because the $J_{22}$ component of this triaxial halo induces a negative $d\lambda/dt$ on to the outer disk when $\lambda$ is in the fourth quadrant (i.e., during the first half of the simulation), causing the peak $i$ that the outer disk acquires to be smaller than that in model CI-P.

Figure 17 shows the evolution of the disk in another prolate-like halo (models CI-PL7b), where the longer of the two halo axes in the equatorial plane aligns with the ascending LON of the torus. The second term in Equation (A17) now causes a positive (instead of negative as in model CI-PL7) $d\lambda/dt$ for the outer disk when $\lambda \sim 270^\circ$, and this apparently balances the negative $d\lambda/dt$ from the inner disk when $\lambda$’s of the inner and outer disks are apart by more than $90^\circ$ so that $\lambda$ of the outer disk stays near $290^\circ$ after $T \simeq 200$. At this equilibrium $\lambda$, the combined $di/dt$ on the outer disk from the halo and the torus is positive (see Figure 18). Consequently, $i$ keeps increasing even after the outer disk is completely detached from the inner disk, and eventually the system resembles polar-ring galaxies.

While the evolutions of the disks in oblate and oblate-like halos are alike and can be described rather simply and coherently without a consideration of the self-gravity within the disk, those in prolate and prolate-like halos sensitively depend on the relative importances between the torques from the halo, the torus, and the disk itself, as well as on the relative orientation between the halo and the torus. The two-disk analysis that we adopted to describe the effect of the self-gravity is found to give qualitatively correct descriptions, but does not give quantitatively accurate estimates for the torques. Thus it is rather difficult to generally describe the evolution of the disk when the self-gravity is not negligible, which is the case of the disks in prolate and prolate-like halos.

6. SUMMARY AND DISCUSSION

We have performed a series of simulations of galactic warps for two scenarios: (1) stellar disks that are initially tilted relative to the equatorial plane of triaxial halos and (2) stellar disks in axisymmetric or triaxial halos with late infall of dark matter that is modeled as a torus tilted relative to the equatorial plane of the disk and the halo.

In our initially tilted disk (TD) simulations, the triaxiality in the oblate halo does not significantly alter the characteristics and magnitude of the warp, although the latter oscillates as the disk precesses and is smaller for a larger triaxiality. Moderate (7%) triaxiality of the prolate halo results in the warp similar to that in the axisymmetric prolate halo with an oscillatory behavior, while a larger (13%) triaxiality makes the disk precess about the minor axis of the halo, instead of the major axis that
the disk initially precessed about, and considerably reduces the magnitude of the warp.

In our cosmic infall (CI) simulations, the magnitude of the warp in the nonspherical halo is determined by the difference in the "equilibrium \( I_i \)" between the inner and outer disks. While the magnitude of the warp in oblate and oblate-like halos is smaller than that in the spherical halo, in prolate and prolate-like halos the warp can grow larger and the outermost part of the disk can even detach from the main disk body. For a prolate-like halo system where the ascending LON of the dark matter torus aligns with the longer of the two halo axes in the equatorial plane, the detachment becomes more extreme and the system resembles polar-ring galaxies. Note that, however, cosmological simulations show that the angular momentum vector of the halo preferentially aligns with the minor axis of the halo (see the references below), thus the disk morphologies found in our prolate and prolate-like halo simulations (detached outer disk and polar-ring configuration) are not expected to take place often.

Regardless of the warp scenario, the triaxiality of the halo causes \( i \) and \( \lambda \) to oscillate (i.e., it causes the disk to nutate). The differential nutation between the inner and outer disks generally makes the magnitude of the warp slightly diminish and fluctuate, but this could also cause the outermost part of the disk to completely detach from the main body if this effect is boosted by the torque from the dark matter torus as in model CI-PL7b.

In the appendices we derived the approximate formulae for the torques exerted on the disk by the triaxial halo and the dark matter torus, and with these formulae, we have successfully described the \( i \) and \( \lambda \) evolutions of the disks. The characteristics of the halo and the torus are represented by three parameters \( J_{20}, J_{21}, \) and \( J_{22}, \) which can be useful in predicting the evolution of a disk in various different halo and torus models, or in estimating the relative importance between the halo and the torus.

The techniques used in deriving these formulae could be applied for halos with more complex structures. Bailin & Steinmetz (2005) found from their \( \Lambda \text{CDM} \) \( N \)-body simulations that the principal axes of the galaxy dark matter halos are internally misaligned (i.e., the directions of the principal axes are functions of galactocentric radius). In such systems, although the stellar disk will quickly be in equilibrium with the inner halo, it may experience torques from the misaligned outer halo for an extended period, and the higher order terms than \( J_{21} \) and \( J_{22}, \) might be important. Such configuration could be responsible for U- or L-shaped warps, and for these cases, each radial bin of...
the disk could be modeled with two broken half-rings, instead of a whole ring.

The main goal of the present study is to understand the fundamental dynamics between the disk and the nonspherical halo (with and without the dark matter torus), thus we have considered models that result in relatively prominent warps (a large initial tilt angle of the disk and a large nonsphericity of the halo). However, most of the observed edge-on disk galaxies have only a hint of warped structure, if any, near the halo. For example, Ann & Park (2006) found that out of their 325 sample galaxies 165 (51%) have an S-shaped warp, and 142 (86%) of these S-shaped warps have warp angles $\alpha$ smaller than 5° ($\alpha$ is the inclination angle of the tip of the outermost isophotes from the mean disk major axis, and is very close to our $i_{\text{el}}$).

Our simulations for the initially tilted disk scenario show that prolates and prolates-like halo models can excite more prominent warps than oblate and oblate-like halo models. However, this does not necessarily imply that, as Ideta et al. (2000) interpreted, oblate and oblate-like models are not appropriate to explain the observed warps—they may not be able to sustain a prominent warp, but surely can resemble the majority of the observed warps, i.e., those with small $\alpha$ values. On the other hand, prolates and prolates-like models can explain warps with both large and small $\alpha$ values by having different initial tilt angles or halo axis ratios. Figure 19 shows that $i_{\text{el}}$ can become smaller if prolates and prolates-like models have an initial tilt angle of 10°, instead of 30°, or a halo axis ratio of $\sqrt{ab/c}$ is 0.85, instead of 0.75.

Our simulations for the tilted cosmic infall scenario also show that prolates and prolates-like halo models can excite more prominent warps than oblate and oblate-like halo models. The outermost disk in those models can detach from the main disk body or even form a polar ring at least for some time, but such systems are barely observed. The magnitude of the warp is suppressed in oblate and oblate-like halos, and is even smaller than in the spherical halo. Thus for the cosmic infall scenario, the way to obtain a nice and clean, prominent warp would be to have a (nearly) spherical halo and/or dark matter infall that gives a large $J_2$ value.

These results appear to be consistent with the recent A cold dark matter cosmological simulations. Bailin et al. (2005) found in their hydrodynamic simulations that the (inner) halo minor axes are nearly aligned with the disk axis, and Bett et al. (2007) analyzed the Millennium simulation (Springel et al. 2005) to find that the majority of halos have their angular momentum vector aligned with their minor axis. Both of these, which confirm the findings of earlier studies by Dubinski (1992) and Warren et al. (1992), imply that most of the disks are situated in an oblate or oblate-like halo, and can explain why (1) most of the observed warps are quite weak (warp suppression in oblate and oblate-like halos) and (2) disks with detached outer part or polar-ring systems are not observed or rare.

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APPENDIX A

APPROXIMATE TORQUES BY THE TRIAXIAL HALO

Here we derive approximate torques exerted on a ring of disk material by triaxial halos following the procedure in Steinmetz-Cameron & Durisen (1984), who considered the halo mass distribution inside the ring only. We extend their work and consider the halo mass distribution both inside and outside the radius of the ring. We then derive the rates of changes in inclination and LON of the ring due to the nonspherical components of the halo.

Gravitational potential from a mass distribution $\rho$ can be written as an expansion in spherical harmonics $Y_{lm}$.

$$
\Phi(r, \theta, \phi) = -4\pi G \sum_{l=0}^{\infty} \sum_{m=-l}^{l} \frac{Y_{lm}(\theta, \phi)}{2l + 1} \int_{r}^{\infty} \rho(r') r'^{d-2} dr' + \int_{r}^{\infty} \rho(r') r'^{d-1} dr'.
$$

(A1)

Here $\rho_{lm}$ are the $\rho$-coefficients of the shell lying between $r$ and $r + \Delta r$,

$$
\rho_{lm} = \int Y_{lm}^{*}(\theta, \phi) \rho(r', \theta, \phi) d\Omega.
$$

(A2)

where $Y_{lm}^{*}$ are the spherical Legendre conjugate functions, and $d\Omega$ is the solid-angle element. Then the first-order corrections
to the potential can be written as

$$\Phi_1 = -\frac{G}{4} [J_{20}(3 \cos^2 \theta - 1) + 3 J_{22} \sin^2 \theta \cos 2\phi],$$  \hspace{1cm} (A3)

where $J_{20}$ and $J_{22}$ are defined by

$$J_{20}(r) = J_{20}^{\text{int}}(r) + J_{20}^{\text{ext}}(r)$$

$$J_{22}(r) = J_{22}^{\text{int}}(r) + J_{22}^{\text{ext}}(r)$$  \hspace{1cm} (A4)

and

$$J_{20}^{\text{int}}(r) = \frac{1}{r^3} \int_{r'=0}^{r'=r} (2z'^2 - x'^2 - y'^2) \rho dV'$$  \hspace{1cm} (A5a)

$$J_{20}^{\text{ext}}(r) = r^2 \int_{r'=r}^{r'=\infty} (2z'^2 - x'^2 - y'^2) \frac{\rho}{r'^3} dV'$$  \hspace{1cm} (A5b)

$$J_{22}^{\text{int}}(r) = \frac{1}{r^3} \int_{r'=0}^{r'=r} (x'^2 - y'^2) \rho dV'$$  \hspace{1cm} (A6a)

$$J_{22}^{\text{ext}}(r) = r^2 \int_{r'=r}^{r'=\infty} (x'^2 - y'^2) \frac{\rho}{r'^3} dV'.$$  \hspace{1cm} (A6b)
Oblate halos have negative $J_{20}$ values while prolate halos have positive $J_{20}$'s. Also note that oblate and prolate halos have $J_{22} = 0$, and triaxial halos with $a > b$ ($b > a$) have positive (negative) $J_{22}$'s.

Now with Equations (A16)–(A18) of Steiman-Cameron & Durisen (1984), the average first-order potential corrections for a ring of disk material that has a radius of $r$, inclination $i$, and the longitude of ascending LON $\lambda$ become

$$\langle \Phi_1 \rangle = -\frac{G}{8} \left[ J_{20}(3 \sin^2 i - 2) + 3J_{22} \cos 2\lambda \sin^2 i \right]. \quad (A7)$$

If the spin of the ring is much faster than the precession or the inclination change of the ring, the Lagrange equations of motion for the ring become (Habe & Ikeuchi 1985)

$$\frac{di}{dt} = -\frac{1}{rV_c \sin i} \frac{\partial \langle \Phi_1 \rangle}{\partial \lambda}. \quad (A8)$$

$$\frac{d\lambda}{dt} = \frac{1}{rV_c \sin i} \frac{\partial \langle \Phi_1 \rangle}{\partial i}. \quad (A9)$$

where $V_c$, the circular (spin) velocity of the ring, is defined to be positive when the ring spins counterclockwise when viewed
from the positive $z$-axis, and the Hamiltonian equations of motion for the ring yield (Arnaboldi & Sparke 1994)

$$\dot{p}_i = - \frac{\partial \langle \Phi(r, i, \lambda) \rangle}{\partial i},$$

(A10)

$$\dot{p}_\lambda = - \frac{\partial \langle \Phi(r, i, \lambda) \rangle}{\partial \lambda}.$$  

(A11)

Since the $L$-axis coincides with the LON, we have

$$T_L = \dot{p}_i$$  

(A12)

and since the $P$-component angular momentum of the ring is $-mrV_c \sin i$, we have

$$T_P = -mrV_c \cos i \frac{di}{dt}$$  

(A13)

(see Section 3 for the definitions of $L$- and $P$-axes). Now the $L$ and $P$ components of the torque become

$$T_L = - \frac{\partial \langle \Phi(r, i, \lambda) \rangle}{\partial i} = \frac{3G}{4}(J_{20} + J_{22} \cos 2\lambda) \sin i \cos i$$  

(A14)
Figure 17. Same as Figure 8, but for model CI-PL7b.  
(A color version of this figure is available in the online journal.)

\[ T_P = -\cot i \frac{\partial (\Phi_1(r, i, \lambda))}{\partial \lambda} = -\frac{3G}{8} J_{22} \sin 2\lambda \sin 2i. \]  

(A15)

Finally, from Equations (A8), (A9), (A14), and (A15), the rate of inclination change and the precession rate can be given by

\[ \frac{di}{dt} = -\frac{T_P}{rv \cos i} = \frac{3G}{4rv} J_{22} \sin 2\lambda \sin i \]  

(A16)

\[ \frac{d\lambda}{dt} = \frac{T_L}{rv \sin i} = \frac{3G}{4rv} (J_{20} + J_{22} \cos 2\lambda) \cos i. \]  

(A17)

**APPENDIX B**

**APPROXIMATE TORQUES BY THE DARK MATTER TORUS**

Here we derive approximate torques exerted on a ring of disk material by the accreting torus of a mass \( M_t \) that is inclined at \( i \), from the equatorial \((x-y)\) plane of the halo with the ascending LON aligned with the negative \( y \)-axis. We assume that the torus has an infinitesimally small cross section and a radius of \( R_t \) that is larger than that of the ring.

The potential by the torus does not have \( l = 1 \) terms as in the case of triaxial halos, but it does have \( l = 2, m = \pm 1 \) terms besides \( l = 2, m = 0, \pm 2 \) terms. Then the first-order corrections to the potential can be written as

\[ \Phi_1 = -\frac{G}{4} [J_{20}(3 \cos^2 \theta - 1) + 6J_{21} \sin 2\theta \cos \phi + 3J_{22} \sin^2 \theta \cos 2\phi]. \]  

(B1)

We find that the coefficients \( J_{20}, J_{21}, \) and \( J_{22} \) have the following forms for the torus:

\[ J_{20}(r) = \frac{M_t}{2} \frac{r^2}{R_t^2} (3 \sin^2 i - 2) \]  

(B2)

\[ J_{21}(r) = \frac{M_t}{4} \frac{r^2}{R_t^2} \sin 2i, \]  

(B3)

\[ J_{22}(r) = -\frac{M_t}{2} \frac{r^2}{R_t^2} \sin^2 i. \]  

(B4)
Now with Equations (A16)–(A18) of Steiman-Cameron & Durisen (1984), the average first-order potential corrections for a ring of disk material that has a radius of \( r \), inclination \( i \), and the longitude of ascending \( \lambda \) become

\[
\langle \Phi_1 \rangle = -\frac{G}{8} \left[ J_{20}(3 \sin^2 i - 2) - 6J_{21} \sin \lambda \sin 2i + 3J_{22} \cos 2\lambda \sin^2 i \right].
\]

(B5)

Then from Equations (A14) and (A15), the \( L \) and \( P \) component torques are given by

\[
T_L = \frac{3G}{8}(J_{20} \sin 2i - 4J_{21} \sin \lambda \cos 2i + J_{22} \cos 2\lambda \sin 2i)
\]

(B6)

\[
T_P = \frac{3G}{8}(4J_{21} \cos \lambda \cos^2 i + J_{22} \sin 2\lambda \sin 2i).
\]

(B7)

and as in Appendix A, the rate of inclination change and the precession rate are given by

\[
\frac{di}{dt} = \frac{3G}{4rV_c} \left( 2J_{21} \cos \lambda \cos i + J_{22} \sin 2\lambda \sin i \right)
\]

\[
\simeq \frac{3G}{4rV_c} 2J_{21} \cos \lambda \cos i
\]

(B8)

\[
\frac{d\lambda}{dt} = \frac{3G}{4rV_c} \left( J_{20} \cos i - 2J_{21} \sin \lambda \sin 2i + J_{22} \cos 2\lambda \cos i \right)
\]

\[
\simeq \frac{3G}{4rV_c} \left( J_{20} \cos i - 2J_{21} \sin \lambda \sin 2i \right).
\]

(B9)

Note that for our torus, \( J_{22} \) terms are negligible compared to the other terms (see Table 2).

Shen & Sellwood (2006) derives the precession rate of a disk due to an accreting torus by assuming that the torus lies in the equatorial plane and the disk is inclined at a certain angle relative to the equatorial plane (note that our \( i \) and \( \lambda \) are defined to be the inclination and the LON respectively in the coordinates where the torus is inclined relative to the equatorial plane; when the torus lies in the equatorial plane, the inclination of the disk does not change and only \( \lambda \) of the disk evolves). The rates of changes in \( i \) and \( \lambda \) can be also derived from the precession rate by Shen & Sellwood,

\[
\frac{d\lambda'}{dt} = -\frac{3GM_i r}{4R_i V_c} \cos i',
\]

(B10)

where \( \lambda' \) is the LON of the disk along the torus plane and \( i' \) is the inclination of the disk relative to the torus plane. By transforming the coordinates from the torus plane to the equatorial plane, one obtains the following rates of changes:

\[
\frac{di}{dt} = -\cos \lambda' \sin i \frac{d\lambda'}{dt}
\]

(B11)

\[
\frac{d\lambda}{dt} = (\cos i'_1 + \cot i \sin \lambda \sin i'_1) \frac{d\lambda'}{dt}.
\]

(B12)

The \( \cos i' \) term in \( d\lambda'/dt \) can be transformed to the equatorial coordinates by

\[
\cos i' = -\sin i \sin \lambda \sin i_1 + \cos i \cos i_1.
\]

(B13)
APPENDIX C

APPROXIMATE TORQUES BY THE INNER DISK

Here we estimate approximate torques on the outer disk by the inner disk using the results obtained in Appendix B. If the inner disk is considered in place of the torus, Equations (B2) and (B3) can be written as

\[ J_{20}(r) = \frac{M_{id}}{2} \frac{R_{id}^2}{r^3} (3 \sin^2 i_{id} - 2) \]  
\[ J_{21}(r) = \frac{M_{id}}{4} \frac{R_{id}^2}{r^3} \sin 2i_{id} \]

and the rates of changes become

\[ \frac{di}{dt} \simeq \frac{3G}{4rV_c} 2J_{21} \sin(\lambda - \lambda_{id}) \cos i \]  
\[ \frac{d\lambda}{dt} \simeq \frac{3G}{4rV_c} \left( J_{20} \cos i + 2J_{21} \cos(\lambda - \lambda_{id}) \cos 2i \sin i \right) \]

where the variables with a subscript id are for the inner disk and those with no subscripts are for the outer disk.

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