The interplay between autophagy (ATG) and ubiquitin proteasome (UP) cell-clearing systems was recently evidenced at biochemical and morphological levels, where subunits belonging to both pathways co-localize within a novel organelle named autophagoproteasome (APP). We previously documented that APP occurs at baseline conditions, while it is hindered by neurotoxicant administration. This is bound to the activity of the mechanistic target of rapamycin (mTOR), since APP is stimulated by mTOR inhibition, which in turn, is correlated with cell protection. In this brief report, we provide novel morphological and biochemical evidence on APP, suggesting the presence of active UP subunits within ATG vacuoles. Although a stream of interpretation considers such a merging as a catabolic pathway to clear inactive UP subunits, our data further indicate that UP-ATG merging may rather provide an empowered catalytic organelle.

**Key words:** Autophagy; proteasome; LC3, Beclin 1; P20S; alpha-synuclein; transmission electron microscopy; confocal microscopy.

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Introduction

The eukaryotic cell-clearing systems autophagy (ATG) and ubiquitin proteasome (UP) ensure proteostasis by clearing unfolded, misfolded, oxidized, or disordered proteins. As such, ATG and UP regulate most cell functions including cell cycle and differentiation, immune response, endo- and exocytosis, synaptic plasticity, and neuronal survival. Inhibition of either ATG or UP in experimental models produces detrimental effects which are bound to impaired protein turnover. This is magnified within neuronal cells, which are mostly susceptible to metabolic and oxidative alterations. For ages, ATG and UP have been viewed as two independent pathways, concerning different substrate specificity, compartmentalization, and catalytic activity. Challenging such a concept, recent studies documented that a coordinated interplay occurs between the two systems.

Firstly, several proteins operate at the crossroad between UP and ATG to regulate the sorting and shuttling of protein substrates towards either system, including ubiquitin chains, and the ubiquitin-binding scaffold protein p62. Again, the mechanistic target of rapamycin (mTOR), which is a well-known ATG-inhibiting kinase, was recently found to modulate the UP. In detail, mTOR inhibition activates overall UP activity aside from it inducing ATG. Finally, besides operating in the cytosol, UP associates with vesicular organelles, including synaptic vesicles, lysosomes, mitochondria, and ATG-vacuoles. Such a placement of free UP within membrane-limited cell compartments underlines a functional cooperation aimed at ensuring the effectiveness of endocytic, secretory/trafficking, and degradation pathways. While vacuolar organelles may shuttle UP back and forth across various cell compartments, the UP may handle the turnover of vesicle-associated proteins. This hypothesis follows up recent studies from our research group characterizing the morphology of an organelle named “autopagoproteasome” (APP), where ATG and UP markers (LC3 and P20S, respectively) co-localize at both cellular and ultrastructural levels, as per Autophagy Guidelines policy.

Again, biochemical experiments documenting the presence of P20S and p62 within LC3-positive immunoprecipitates (roughly corresponding to the APP) suggested molecular binding mechanisms between ATG and UP. Within such LC3 immunoprecipitates hosting P20S we could also detect shared protein substrates, such as alpha-synuclein, likely to be shuttled by p62 as ubiquitinated substrates, along with UP itself, within ATG-vacuoles. The APP occurs at baseline conditions, being the crossroad between UP and ATG to regulate the sorting and precipitation. A further effect, the shuttling of UP within ATG vacuoles is useful for the turnover of vesicle-associated proteins. This hypothesi is validated in previous studies for immunogold-based ultrastructural morphology. Ultrathin sections were collected on nickel grids, and incubated on droplets of aqueous sodium metaperiodate (NaIO4), for 30 min, at 22°C, to remove OsO4. Grids were washed in PBS and incubated in a blocking solution of 10% goat serum and 0.2% saponin, with 0.2% saponin, for 30 min. Subsequently, grids were incubated with rabbit or mouse primary antibodies (1:50). Grids were washed in PBS, grids were incubated with the secondary antibodies (1:30, 10 nm diameter for anti-mouse, BB International) in 0.2% saponin and 1% goat serum in a humidified chamber overnight, at 4°C. After washing in PBS, grids were incubated with the secondary antibodies conjugated with gold particles (1:30, 10 nm diameter for anti-rabbit, 20 nm diameter for anti-mouse, BB International) in 0.2% saponin and 1% goat serum PBS, for 1 h, at RT. After washing in PBS, grids were incubated on 1% glutaraldehyde droplets for 3 min and washed in distilled water. Counts of immunogold particles were performed directly at TEM at 8000x magnification for concomitant identification of immunogold particles and cell organelles. Assessment of APP and measurement of immunogold particles were carried out according to previous studies and the “Guidelines for the Use and Interpretation of Assays for Monitoring Autophagy (3rd edition).” Samples were examined using a JEOL JEM-100SX TEM (JEOL, Tokyo, Japan).

Transmission electron microscopy

Cells were centrifuged at 1000 g for 5 min, and the pellet rinsed in PBS and fixed in a solution of 2.0% paraformaldehyde and 0.1% glutaraldehyde in 0.1 M PBS (pH 7.4) for 90 min at 4°C. Specimens were post-fixed in 1% osmium tetroxide (OsO4) for 1 h at 4°C, dehydrated in ethanol, and embedded in epoxy resin, as validated in previous studies for immunogold-based ultrastructural morphology. Ultrathin sections were collected on nickel grids, and incubated on droplets of aqueous sodium metaperiodate (NaIO4), for 30 min, at 22°C, to remove OsO4. Grids were washed in PBS and incubated in a blocking solution of 10% goat serum and 0.2% saponin, for 30 min. Subsequently, grids were incubated with rabbit or mouse primary antibodies (1:50) in 0.2% saponin and 1% goat serum in a humidified chamber overnight, at 4°C. After washing in PBS, grids were incubated with the secondary antibodies conjugated with gold particles (1:30, 10 nm diameter for anti-rabbit, 20 nm diameter for anti-mouse, BB International) in 0.2% saponin and 1% goat serum PBS, for 1 h, at RT. After washing in PBS, grids were incubated on 1% glutaraldehyde droplets for 3 min and washed in distilled water. Counts of immunogold particles were performed directly at TEM at 8000x magnification for concomitant identification of immunogold particles and cell organelles. Assessment of APP and measurement of immunogold particles were carried out according to previous studies and the “Guidelines for the Use and Interpretation of Assays for Monitoring Autophagy (3rd edition).” Samples were examined using a JEOL JEM-100SX TEM (JEOL, Tokyo, Japan).

Confocal Microscopy

Cells were PBS-washed and fixed with paraformaldehyde 4% for 5 min at RT. Antigen retrieval was carried out in 100 mM Tris-HCl, 5% urea at 95°C for 10 min. After washing in PBS, cells were permeabilized in 0.2% Triton X-100 for 10 min, and then blocked in PBS containing 0.1% Tween-20, supplemented with 1% bovine serum albumin (BSA) and 23 mg/mL of glycine, for 30 min. Cells were incubated overnight at 4°C in 1% BSA in PBS-T containing 1:50 anti-LC3 antibody (Abcam), and 1:30 anti-P20S (Abcam). Finally, cells were incubated for 1 h with fluorophore-conjugated secondary antibodies (1:200; goat anti-rabbit Alexa 488 and goat anti-mouse Alexa 594, Molecular Probes, Life Technologies) in 1% BSA in PBS-T at RT. Cells were washed in PBS, and mounted in ProLong Diamond Antifade Mountant (Molecular Probes, Life Technologies). The analysis was performed by a sequential scanning procedure at Leica TCSSP5 confocal laser scanning micro-

Materials and Methods

Cell line

PC12 cells (IRCCS San Martino Institute, GE, Italy) were grown in RPMI 1640 medium supplemented with heat-inactivated 10% horse serum and 5% fetal bovine serum, penicillin (50 IU/ml)/streptomycin (50 mg/ml, Sigma-Aldrich, St. Louis, MO, USA), and maintained in a humidified atmosphere at 5% CO2 at 37°C. For transmission electron microscopy (TEM) and immunoprecipitation, 1×10⁶ cells were seeded in a final volume of 5 mL. For confocal microscopy, 5×10⁶ cells were grown on polylysine slides placed in 24-well plates at a final volume of 1 mL/well. For confocal microscopy, and immunoprecipitation, cells were treated with the mTOR inhibitor rapamycin 100 nM and 1 μM for 72 h to investigate the effects of mTOR inhibition upon UP activity. Rapamycin doses and timing were chosen from previous studies. Again, biochemical experiments documenting the presence of P20S and p62 within LC3-positive immunoprecipitates (roughly corresponding to the APP) suggested molecular binding mechanisms between ATG and UP. Within such LC3 immunoprecipitates hosting P20S we could also detect shared protein substrates, such as alpha-synuclein, likely to be shuttled by p62 as ubiquitinated substrates, along with UP itself, within ATG-vacuoles. The APP occurs at baseline conditions, being the crossroad between UP and ATG to regulate the sorting and precipitation. A further effect, the shuttling of UP within ATG vacuoles is useful for the turnover of vesicle-associated proteins. This hypothesi is validated in previous studies for immunogold-based ultrastructural morphology. Ultrathin sections were collected on nickel grids, and incubated on droplets of aqueous sodium metaperiodate (NaIO4), for 30 min, at 22°C, to remove OsO4. Grids were washed in PBS and incubated in a blocking solution of 10% goat serum and 0.2% saponin, for 30 min. Subsequently, grids were incubated with rabbit or mouse primary antibodies (1:50) in 0.2% saponin and 1% goat serum in a humidified chamber overnight, at 4°C. After washing in PBS, grids were incubated with the secondary antibodies conjugated with gold particles (1:30, 10 nm diameter for anti-rabbit, 20 nm diameter for anti-mouse, BB International) in 0.2% saponin and 1% goat serum PBS, for 1 h, at RT. After washing in PBS, grids were incubated on 1% glutaraldehyde droplets for 3 min and washed in distilled water. Counts of immunogold particles were performed directly at TEM at 8000x magnification for concomitant identification of immunogold particles and cell organelles. Assessment of APP and measurement of immunogold particles were carried out according to previous studies and the “Guidelines for the Use and Interpretation of Assays for Monitoring Autophagy (3rd edition).” Samples were examined using a JEOL JEM-100SX TEM (JEOL, Tokyo, Japan).

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scope (Leica Microsystems, Mannheim, Germany). Confocal images were collected every 400 nm intervals through the z-axis of each section, through 63x oil lenses. Z-stacks of serial optical planes were analyzed using the Multicolor Package software.

**Chymotrypsin-like P20S enzymatic activity within LC3 immunoprecipitates**

Cells were sonicated at 4°C in an ice-cold lysis buffer. One μL of homogenates was used for protein determinations. Proteins (800 μg) were incubated at 4°C overnight with primary rabbit anti-LC3 antibody (2 μg; Sigma-Aldrich, MI, Italy). The antibody/antigen complex was pulled out using protein A-Sepharose beads to isolate LC3-positive precipitates. Chymotrypsin-like enzymatic activity of P20S was measured in these same LC3-immunoprecipitated cell lysates through Chemicon APT280 Proteasome Activity Assay Kit (Merck, Darmstadt, Germany). This is based on the detection of the fluorophore 7-Amino-4-methylcoumarin (AMC) after cleavage from the labeled UP substrate LLVY-AMC. As per manufacturer instructions, after incubation of LC3-immunoprecipitates (20 μL) with the kit reagents (final volume 100 μL) for 2 h at 37°C, AMC fluorescence was quantified using a 380/460 nm filter set in a 96-wells microplate fluorimeter. The protein amount of LC3-positive immunoprecipitates following mTOR inhibition was not normalized on purpose in order to avoid misinterpretation of the assay.

Indeed, the principle of detecting P20S activity within the APP is based on the molecular bond between LC3 and P20S particles. Following rapamycin treatment, there is an increase of LC3 immunoprecipitated fractions, which implies a higher amount of LC3-bound P20S being specifically recruited within APP. Thus, normalizing the amount of LC3 immunoprecipitates following rapamycin would have lowered the amount of LC3 to which P20S is bound, underestimating P20S activity within the APP.

**Statistical analysis**

P20S activity in LC3 immuno-precipitates is expressed as AMC % of controls ± SEM. Statistical analyses to evaluate differences in the P20S enzymatic assay were carried out by using the Student’s t-test. Null hypothesis (H0) was rejected for p≤0.05.

**Results and Discussion**

The occurrence of the APP at cellular level was confirmed by confocal microscopy. This is indicated in representative Figure 1 by the merging puncta between LC3 and P20S signals, which is weak at baseline (Figure 1A), and increases impressively following mTOR inhibition by rapamycin (Figure 1B). When analyzed at

![Figure 1. Immunofluorescent detection of APP. Representative immunofluorescence from PC12 cells stained for ATG and UP markers (LC3, green, and P20S red, respectively) and their merging within the APP, at baseline (A) and following mTOR inhibition by rapamycin (B). Arrows point at puncta. Scale bar = 3.5 μm.](image)
Ultrastructural morphometry at TEM, these merging units between P20S and LC3 corresponding to APP, appear as vacuoles owning different shape, structure, and electron density according to different maturation stages (Figure 2). In line with our previous studies, and the Autophagy Guidelines (4th edition), the APP appears as a single-, double-, and multiple-membrane vacuole, where ATG and UP immunogold markers co-localize (Figure 2). In this frame, we extend our previous observations by documenting that beyond LC3, the ATG-related protein Beclin1 is an APP marker as well. Again, ATG vacuoles hosting P20S stain for alpha-synuclein, confirming that misfolded proteins are APP substrates. Finally, preliminary data from UP enzymatic assay measured within LC3-immunoprecipitated cell lysates suggest an ongoing UP activity within the APP (Figure 3). Remarkably, the activity of P20S detected at baseline is increased following administration of the mTOR inhibitor rapamycin, confirming at biochemical level our previous morphological evidence on the effects of rapamycin upon APP stimulation. The presence of active UP within APP containing the substrates alpha-synuclein and p62, coupled with our previous data documenting the neuroprotective effects of APP, confirms an empowered catalytic activity as the main action of APP, which at late stages may also lead to degradation of UP components (proteaphagy). As described in the latest Autophagy Guidelines (4th edition), the concept of the APP refers to an ultrastructural organelle. From a functional viewpoint, the APP may feature empowered substrate clearance through the concomitant activity of both ATG and UP, while in other cases the UP component itself may be destroyed under the process of proteaphagy. In our hands, degradation of inactive UP, despite occurring, is not the primary goal of the APP, which indeed empowers vacuolar degradation with strong implications for neuroprotection. Considering the role of ATG and UP in the modulation of proteostasis, which is key for a variety of cell functions, these data are expected to provide an experimental platform aimed at dissecting the contribution of such a cell-clearing machinery in physiological and pathological conditions spanning from neurotoxicity up to tumors and neurodegenerative proteinopathies.

Figure 2. Ultrastructural morphology of APP vacuoles. a) APP staining for LC3 (10 nm, arrowhead) and P20S (20 nm, arrow). This corresponds to a double membrane vacuole at early stages of maturation, as evidenced by the irregular shape and the presence of still undigested vacuolar cargoes. b) APP staining for Beclin1 (10 nm, arrowhead) and P20S (20 nm, arrow). This corresponds to a mature, gold-standard ATG vacuole in the form of APP, as witnessed by a double membrane, the round shape, the overall electron density which overlaps to that of the cytosol, and the presence of scattered electron dense halos reminiscent of substrates which are going to be degraded. c) Presence of alpha-synuclein (10 nm, arrowhead) and P20S (20 nm, arrow) within a multiple membrane APP vacuole at late stages of maturation, as evidenced by the multi-lamellar structures (whorls) which are about to end up in electron dense non-membrane limited bodies. Scale bar=0.3 nm.

Figure 3. UP enzymatic activity within LC3 immunoprecipitates. Chymotrypsin-like P20S activity is ongoing in baseline conditions, while increases by 50% following mTOR inhibition by 1 μM rapamycin. Figure 3: Pancreatic trypsin-like P20S activity in LC3 immuno-precipitates is expressed as AMC % of controls ± S.E.M. * p ≤ 0.05 vs. control; RAP = rapamycin.
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