Automatic Optimization of Dialogue Management

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Abstract
Designing the dialogue strategy of a spoken dialogue system involves many nontrivial choices. This paper presents a reinforcement learning approach for automatically optimizing a dialogue strategy that addresses the technical challenges in applying reinforcement learning to a working dialogue system with human users. We then show that our approach measurably improves performance in an experimental system.

1 Introduction
Recent advances in spoken language understanding have made it possible to develop dialogue systems for many applications. The role of the dialogue manager in such systems is to interact in a natural way to help the user complete the tasks that the system is designed to support. Typically, an expert designs a dialogue manager by hand, and has to make many nontrivial design choices that can seriously impact system performance. This paper applies reinforcement learning (RL) to automatically learn design choices that optimize system performance for a chosen performance measure (Levin et al., 2000; Walker et al., 1998).

Consider the spoken dialogue system named NJFun, which we built to help users find fun places to go in New Jersey. A sample dialogue with NJFun is shown in Figure 1, with system utterances labeled $S_i$ and user utterances labeled $U_i$. When NJFun greets the user, it can provide an open greeting such as utterance $S_1$, expecting that the user will take the initiative. Alternatively, it can provide a directive greeting in which the system takes the initiative, as in “Welcome to NJFun. Please say an activity name or say ‘list activities’ for a list of activities I know about.” After the user’s response $U_1$, NJFun must decide whether it should explicitly confirm its understanding, as in utterances $S_2$ and $S_3$. NJFun can also simply continue on with the dialogue, as when it does not explicitly confirm that the user wants to find out about wineries. In NJFun, as shown in more detail below, decisions about initiative and confirmation strategies alone result in a

S1: Welcome to NJFun. How may I help you?
U1: I’d like to find um winetasting in Lambertville in the morning. (ASR output: I’d like to find
out wineries the in the Lambertville in the morning.)
S2: Did you say you are interested in Lambertville?
U2: Yes.
S3: Did you say you want to go in the morning?
U3: Yes.
S4: I found a winery near Lambertville that is
open in the morning. It is [...] Please give
me feedback by saying ‘good’, ‘so-so’, or ‘bad’.
U4: Good.

Figure 1: An example dialogue with NJFun.
problem of optimizing dialogue strategy selection in the NJFun system, and experimentally demonstrates the utility of the approach. Section 2 explains how we apply RL to dialogue systems, then Section 3 describes the NJFun system in detail. Section 4 describes how NJFun optimizes its dialogue strategy from experimentally obtained dialogue data. Section 5 reports results from testing the learned strategy demonstrating that our approach improves task completion rates (our chosen measure for performance optimization). A companion paper provides only an abbreviated system and dialogue manager description, but includes additional results not presented here (Singh et al., 2000), such as analysis establishing the veracity of the MDP we learn, and comparisons of our learned strategy to strategies hand-picked by dialogue experts.

2 Reinforcement Learning for Dialogue

Due to space limitations, we present only a brief overview of how dialogue strategy optimization can be viewed as an RL problem; for more details, see Singh et al. (1999), Walker et al. (1998), Levin et al. (2000). A dialogue strategy is a mapping from a set of states (which summarize the entire dialogue so far) to a set of actions (such as the system's utterances and database queries). There are multiple reasonable action choices in each state; typically these choices are made by the system designer. Our RL-based approach is to build a system that explores these choices in a systematic way through experiments with representative human users. A scalar performance measure, called a reward, is then calculated for each experimental dialogue. (We discuss various choices for this reward measure later, but in our experiments only terminal dialogue states have nonzero rewards, and the reward measures are quantities directly obtainable from the experimental set-up, such as user satisfaction or task completion.)

This experimental data is used to construct an MDP which models the users' interaction with the system. The problem of learning the best dialogue strategy from data is thus reduced to computing the optimal policy for choosing actions in an MDP—that is, the system's goal is to take actions so as to maximize expected reward. The computation of the optimal policy given the MDP can be done efficiently using standard RL algorithms. How do we build the desired MDP from sample dialogues? Following Singh et al. (1999), we can view a dialogue as a trajectory in the chosen state space determined by the system actions and user responses:

\[ s_1 \rightarrow a_{1,r_1} \rightarrow s_2 \rightarrow a_{2,r_2} \rightarrow s_3 \rightarrow a_{3,r_3} \rightarrow \ldots \]

Here \( s_i \rightarrow a_{i,r_i} \rightarrow s_{i+1} \) indicates that at the \( i \)th exchange, the system was in state \( s_i \), executed action \( a_i \), received reward \( r_i \), and then the state changed to \( s_{i+1} \). Dialogue sequences obtained from training data can be used to empirically estimate the transition probabilities \( P(s'|s,a) \) (denoting the probability of a transition to state \( s' \) given that the system was in state \( s \) and took action \( a \)), and the reward function \( R(s,a) \). The estimated transition probabilities and reward function constitute an MDP model of the user population's interaction with the system.

Given this MDP, the expected cumulative reward (or Q-value) \( Q(s,a) \) of taking action \( a \) from state \( s \) can be calculated in terms of the Q-values of successor states via the following recursive equation:

\[
Q(s,a) = R(s,a) + \sum_{s'} P(s'|s,a) \max_{a'} Q(s',a').
\]

These Q-values can be estimated to within a desired threshold using the standard RL value iteration algorithm (Sutton, 1991), which iteratively updates the estimate of \( Q(s,a) \) based on the current Q-values of neighboring states. Once value iteration is completed, the optimal dialogue strategy (according to our estimated model) is obtained by selecting the action with the maximum Q-value at each dialogue state.

While this approach is theoretically appealing, the cost of obtaining sample human dialogues makes it crucial to limit the size of the state space, to minimize data sparsity problems, while retaining enough information in the state to learn an accurate model. Our approach is to work directly in a minimal but carefully designed state space (Singh et al., 1999).

The contribution of this paper is to empirically validate a practical methodology for using RL to build a dialogue system that optimizes its behavior from dialogue data. Our methodology involves 1) representing a dialogue strategy as a mapping from each state in the chosen state space \( S \) to a set of dialogue actions, 2) deploying an initial training system that generates exploratory training data with respect to \( S \), 3) constructing an MDP model from the obtained training data, 4) using value iteration to learn the optimal dialogue strategy in the learned MDP, and 4) redeploying the system using the learned state/action mapping. The next section details the use of this methodology to design the NJFun system.

3 The NJFun System

NJFun is a real-time spoken dialogue system that provides users with information about things to do in New Jersey. NJFun is built using a general purpose platform for spoken dialogue systems (Levin et al., 1999), with support for modules for automatic speech recognition (ASR), spoken language
understanding, text-to-speech (TTS), database access, and dialogue management. NJFun uses a speech recognizer with stochastic language and understanding models trained from example user utterances, and a TTS system based on concatenative diphone synthesis. Its database is populated from the nj online webpage to contain information about activities. NJFun indexes this database using three attributes: activity type, location, and time of day (which can assume values morning, afternoon, or evening).

Informally, the NJFun dialogue manager sequentially queries the user regarding the activity, location and time attributes, respectively. NJFun first asks the user for the current attribute (and possibly the other attributes, depending on the initiative). If the current attribute’s value is not obtained, NJFun asks for the attribute (and possibly the later attributes) again. If NJFun still does not obtain a value, NJFun moves on to the next attribute(s). Whenever NJFun successfully obtains a value, it can confirm the value, or move on to the next attribute(s). When NJFun has finished acquiring attributes, it queries the database (using a wildcard for each unobtained attribute value). The length of NJFun dialogues ranges from 1 to 12 user utterances before the database query. Although the NJFun dialogues are fairly short (since NJFun only asks for an attribute twice), the information access part of the dialogue is similar to more complex tasks.

As discussed above, our methodology for using RL to optimize dialogue strategy requires that all potential actions for each state be specified. Note that at some states it is easy for a human to make the correct action choice. We made obvious dialogue strategy choices in advance, and used learning only to optimize the difficult choices (Walker et al., 1998). In NJFun, we restricted the action choices to 1) the type of initiative to use when asking or reasking for an attribute, and 2) whether to confirm an attribute value once obtained. The optimal actions may vary with dialogue state, and are subject to active debate in the literature.

The examples in Figure 2 show that NJFun can ask the user about the first 2 attributes using three types of initiative, based on the combination of the wording of the system prompt (open versus directive), and the type of grammar NJFun uses during ASR (restrictive versus non-restrictive). If NJFun uses an open question with an unrestricted grammar, it is using user initiative (e.g., GreetU). If NJFun instead uses a directive prompt with a restricted grammar, the system is using system initiative (e.g., GreetS). If NJFun uses a directive question with a non-restrictive grammar, it is using mixed initiative, because it allows the user to take the initiative by supplying extra information (e.g., ReAsk1M).

NJFun can also vary the strategy used to confirm each attribute. If NJFun asks the user to explicitly verify an attribute, it is using explicit confirmation (e.g., ExpConf2 for the location, exemplified by S2 in Figure 1). If NJFun does not generate any confirmation prompt, it is using no confirmation (the NoConf action).

Solely for the purposes of controlling its operation (as opposed to the learning, which we discuss in a moment), NJFun internally maintains an operations vector of 14 variables. 2 variables track whether the system has greeted the user, and which attribute the system is currently attempting to obtain. For each of the 3 attributes, 4 variables track whether the system has obtained the attribute’s value, the system’s confidence in the value (if obtained), the number of times the system has asked the user about the attribute, and the type of ASR grammar most recently used to ask for the attribute.

The formal state space \( S \) maintained by NJFun for the purposes of learning is much simpler than the operations vector, due to the data sparsity concerns already discussed. The dialogue state space \( S \) contains only 7 variables, as summarized in Figure 3. \( S \) is computed from the operations vector using a hand-designed algorithm. The “greet” variable

| Action | Prompt |
|--------|--------|
| GreetS | Welcome to NJFun. Please say an activity name or say ‘list activities’ for a list of activities I know about. |
| GreetU | Welcome to NJFun. How may I help you? |
| ReAsk1S | I know about amusement parks, aquariums, cruises, historic sites, museums, parks, theaters, wineries, and zoos. Please say an activity name from this list. |
| ReAsk1M | Please tell me the activity type. You can also tell me the location and time. |
| Ask2S | Please give me more information. |
| Ask2U | Please tell me the name of the town or city that you are interested in. |
| ReAsk2S | Please tell me the name of the town or city that you are interested in. |
| ReAsk2M | Please tell me the location that you are interested in. You can also tell me the time. |

Figure 2: Sample initiative strategy choices.
tracks whether the system has greeted the user or not (no=0, yes=1). “Attr” specifies which attribute NJFun has after obtaining a value for an attribute. The values 0, 1, and 2 represent the lowest, middle and highest ASR confidence values. The values 3 and 4 are set when ASR hears “yes” or “no” after a confirmation question. “Val” tracks whether NJFun has obtained a value for the attribute (no=0, yes=1). “Times” tracks the number of times that NJFun has asked the user about the attribute. “Gram” tracks the type of grammar most recently used to obtain the attribute (0=non-restrictive, 1=restrictive). Finally, “hist” (history) represents whether NJFun had trouble understanding the user in the earlier part of the conversation (bad=0, good=1). We omit the full definition, but as an example, when NJFun is working on the second attribute (location), the history variable is set to 0 if NJFun does not have an activity, has an activity but has no confidence in the value, or needed two queries to obtain the activity.

As mentioned above, the goal is to design a small state space that makes enough critical distinctions to support learning. The use of $S$ reduces the number of states to only 62, and supports the construction of an MDP model that is not sparse with respect to $S$, even using limited training data. The state space that we utilize here, although minimal, allows us to make initiative decisions based on the success of earlier exchanges, and confirmation decisions based on ASR confidence scores and grammars.

The state/action mapping representing NJFun’s initial dialogue strategy EIC (Exploratory for Initiative and Confirmation) is in Figure 4. Only the exploratory portion of the strategy is shown, namely those states for which NJFun has an action choice. For each such state, we list the two choices of actions available. (The action choices in boldface are the ones eventually identified as optimal by the learning process, and are discussed in detail later.) The EIC strategy chooses randomly between these two actions.

2For each utterance, the ASR output includes not only the recognized string, but also an associated acoustic confidence score. Based on data obtained during system development, we defined a mapping from raw confidence values into 3 approximately equally populated partitions.

362 refers to those states that can actually occur in a dialogue. For example, greet=0 is only possible in the initial dialogue state “0 1 0 0 0 0 0”. Thus, all other states beginning with 0 (e.g. “0 1 0 0 1 0 0”) will never occur.

Figure 4: Exploratory portion of EIC strategy.
4 Experimentally Optimizing a Strategy

We collected experimental dialogues for both training and testing our system. To obtain training dialogues, we implemented NJFun using the EIC dialogue strategy described in Section 3. We used these dialogues to build an empirical MDP, and then computed the optimal dialogue strategy in this MDP (as described in Section 2). In this section we describe our experimental design and the learned dialogue strategy. In the next section we present results from testing our learned strategy and show that it improves task completion rates, the performance measure we chose to optimize.

Experimental subjects were employees not associated with the NJFun project. There were 54 subjects for training and 21 for testing. Subjects were distributed so the training and testing pools were balanced for gender, English as a first language, and expertise with spoken dialogue systems.

During both training and testing, subjects carried out free-form conversations with NJFun to complete six application tasks. For example, the task executed by the user in Figure 1 was: “You feel thirsty and want to do some winetasting in the morning. Are there any wineries close by your house in Lambertville?” Subjects read task descriptions on a web page, then called NJFun from their office phone. At the end of the task, NJFun asked for feedback on their experience (e.g., utterance $S_4$ in Figure 1). Users then hung up the phone and filled out a user survey (Singh et al., 2000) on the web.

The training phase of the experiment resulted in 311 complete dialogues (not all subjects completed all tasks), for which NJFun logged the sequence of states and the corresponding executed actions. The number of samples per state for the initial ask choices are:

\[
\begin{array}{cccccc}
0 & 0 & 0 & 0 & 0 & 0 & \text{GreetU} = 155 & \text{GreetS} = 156 \\
1 & 2 & 0 & 0 & 0 & 0 & \text{Ask}2U = 72 & \text{Ask}2S = 93 \\
1 & 2 & 0 & 0 & 0 & 1 & \text{Ask}2U = 48 & \text{Ask}2S = 36 \\
\end{array}
\]

Such data illustrates that the random action choice strategy led to a fairly balanced action distribution per state. Similarly, the small state space, and the fact that we only allowed 2 action choices per state, prevented a data sparseness problem. The first state in Figure 4, the initial state for every dialogue, was the most frequently visited state (with 311 visits). Only 8 states that occur near the end of a dialogue were visited less than 10 times.

The logged data was then used to construct the empirical MDP. As we have mentioned, the measure we chose to optimize is a binary reward function based on the strongest possible measure of task completion, called StrongComp, that takes on value 1 if NJFun queries the database using exactly the attributes specified in the task description, and 0 otherwise. Then we computed the optimal dialogue strategy in this MDP using RL (cf. Section 2). The action choices constituting the learned strategy are in boldface in Figure 4. Note that no choice was fixed for several states, meaning that the Q-values were identical after value iteration. Thus, even when using the learned strategy, NJFun still sometimes chooses randomly between certain action pairs.

Intuitively, the learned strategy says that the optimal use of initiative is to begin with user initiative when reasking for an attribute. Note, however, that the specific backoff method differs with attribute (e.g., system initiative for attribute 1, but generally mixed initiative for attribute 2). With respect to confirmation, the optimal strategy is to
mainly confirm at lower confidence values. Again, however, the point where confirmation becomes unnecessary differs across attributes (e.g., confidence level 2 for attribute 1, but sometimes lower levels for attributes 2 and 3), and also depends on other features of the state besides confidence (e.g., grammar and history). This use of ASR confidence by the dialogue strategy is more sophisticated than previous approaches, e.g. (Niiini and Kohayashi, 1996; Litman and Pan, 2000). NJPun can learn such fine-grained distinctions because the optimal strategy is based on a comparison of 24 possible exploratory strategies. Both the initiative and confirmation results suggest that the beginning of the dialogue was the most problematic for NJPun. Figure 1 is an example dialogue using the optimal strategy.

5 Experimentally Evaluating the Strategy

For the testing phase, NJPun was reimplemented to use the learned strategy. 21 test subjects then performed the same 6 tasks used during training, resulting in 124 complete test dialogues. One of our main results is that task completion as measured by StrongComp increased from 52% in training to 64% in testing (p < .006).5

There is also a significant interaction effect between strategy and task (p < .01) for StrongComp. Previous work has suggested that novice users perform comparably to experts after only 2 tasks (Kamm et al., 1998). Since our learned strategy was based on 6 tasks with each user, one explanation of the interaction effect is that the learned strategy is slightly optimized for expert users. To explore this hypothesis, we divided our corpus into dialogues with “novice” (tasks 1 and 2) and “expert” (tasks 3-6) users. We found that the learned strategy did in fact lead to a large and significant improvement in StrongComp for experts (EIC=.46, learned=.69, p < .001), and a non-significant degradation for novices (EIC=.60, learned=.55, p < .05).

An apparent limitation of these results is that EIC may not be the best baseline strategy for comparison to our learned strategy. A more standard alternative would be to compare to a very best hand-designed fixed strategy. However, there is no agreement in the literature, nor amongst the authors, as to what the best hand-designed strategy might have been. There is agreement, however, that the best strategy is sensitive to many unknown and unmodeled factors: the user population, the specifics of the task, the particular ASR used, etc. Furthermore, EIC was carefully designed so that the random choices it makes never results in an unnatural dialogue. Finally, a companion paper (Singh et al., 2000) shows that the performance of the learned strategy is better than several “standard” fixed strategies (such as always use system-initiative and no-confirmation).

Although many types of measures have been used to evaluate dialogue systems (e.g., task success, dialogue quality, efficiency, usability (Danieli and Gerbino, 1995; Kamm et al., 1998)), we optimized only for one task success measure, StrongComp. However, we also examined the performance of the learned strategy using other evaluation measures (which possibly could have been used as our reward function). WeakComp is a relaxed version of task completion that gives partial credit: if all attribute values are either correct or wildcards, the value is the sum of the correct number of attributes. Otherwise, at least one attribute is wrong (e.g., the user says “Lambertville” but the system hears “Morristown”), and the value is -1. ASR is a dialogue quality measure that approximates speech recognition accuracy for the database query, and is computed by adding for each correct attribute value and .5 for every wildcard. Thus, if the task is to go winetasting near Lambertville in the morning, and the system queries the database for an activity in New Jersey in the morning, StrongComp=0, WeakComp=1, and ASR=-2. In addition to the objective measures discussed above, we also computed two subjective usability measures. Feedback is obtained from the dialogue (e.g., $4 in Figure 5), by mapping good, so-so, bad to 1, 0, and -1, respectively. User satisfaction (UserSat, ranging from 0-20) is obtained by summing the answers of the web-based user survey.

Table 1 summarizes the difference in performance of NJPun for our original reward function and the above alternative evaluation measures, from training (EIC) to test (learned strategy for StrongComp). For WeakComp, the average reward increased from 1.75 to 2.19 (p < .02), while for ASR the average reward increased from 2.5 to 2.67 (p <.04). Again, these improvements occur even though the learned strategy was not optimized for these measures.

The last two rows of the tables show that for the

| Measure     | EIC (n=311) | Learned (n=124) | p   |
|-------------|-------------|-----------------|-----|
| StrongComp  | 0.52        | 0.64            | .06 |
| WeakComp    | 1.75        | 2.19            | .02 |
| ASR         | 2.50        | 2.67            | .04 |
| Feedback    | 0.18        | 0.11            | .42 |
| UserSat     | 13.38       | 13.20           | .55 |

Table 1: Main effects of dialogue strategy.
subjective measures, performance does not significantly differ for the EIC and learned strategies. Interestingly, the distributions of the subjective measures move to the middle from training to testing, i.e., test users reply to the survey using less extreme answers than training users. Explaining the subjective results is an area for future work.

6 Discussion

This paper presents a practical methodology for applying RL to optimizing dialogue strategies in spoken dialogue systems, and shows empirically that the method improves performance over the EIC strategy in NJFun. A companion paper (Singh et al., 2000) shows that the learned strategy is not only better than EIC, but also better than other fixed choices proposed in the literature. Our results demonstrate that the application of RL allows one to empirically optimize a system’s dialogue strategy by searching through a much larger search space than can be explored with more traditional methods (i.e. empirically testing several versions of a system).

RL has been applied to dialogue systems in previous work, but our approach differs from previous work in several respects. Biermann and Long (1996) did not test RL in an implemented system, and the experiments of Levin et al. (2000) utilized a simulated user model. Walker et al. (1998)’s methodology is similar to that used here, in testing RL with an implemented system with human users. However that work only explored strategy choices at 13 states in the dialogue, which conceivably could have been explored with more traditional methods (as compared to the 42 choice states explored here).

We also note that our learned strategy made dialogue decisions based on ASR confidence in conjunction with other features, and also varied initiative and confirmation decisions at a finer grain than previous work; as such, our learned strategy is not a standard strategy investigated in the dialogue system literature. For example, we would not have predicted the complex and interesting back-off strategy with respect to initiative when reasking for an attribute.

To see how our method scales, we are applying RL to dialogue systems for customer care and for travel planning, which are more complex task-oriented domains. As future work, we wish to understand the aforementioned results on the subjective reward measures, explore the potential difference between optimizing for expert users and novices, automate the choice of state space for dialogue systems, investigate the use of a learned reward function (Walker et al., 1998), and explore the use of more informative non-terminal rewards.

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