Clinical Characteristics and Survival Associations of Pancreatic Neuroendocrine Tumor: Does Age Matter?

Mengqi Liu  
Fudan University Shanghai Cancer Center

Xiaoyan Sun  
Zhengzhou University First Affiliated Hospital

Zheng Zhang  
Fudan University Shanghai Cancer Center

Xiaowu Xu  
Fudan University Shanghai Cancer Center

Xianjun Yu  
Fudan University Shanghai Cancer Center

Qifeng Zhuo  
Fudan University Shanghai Cancer Center

Shunrong Ji (✉ jishunrong@fudanpci.org)  
Fudan University Shanghai Cancer Center  https://orcid.org/0000-0003-2556-3320

Research

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Abstract

Background: Pancreatic neuroendocrine tumor (pNET) is the second most common epithelial neoplasm of pancreas. As in pancreatic adenocarcinoma, patients with different onset ages display different clinical features and prognosis, we divided pNET patients into early-onset pancreatic neuroendocrine tumor (EOpNET) and typical age-at-onset pancreatic neuroendocrine tumor (TOpNET) to investigate the effect of onset age on its clinical characteristics and prognosis.

Methods: Data were collected from the Surveillance, Epidemiology, and End Results (SEER) database (2004–2015; cohort 1) and Fudan University Shanghai Cancer Center (FUSCC) (2005–2018; cohort 2) retrospectively. The clinical characteristics were compared using chi-squared tests. Cox proportional hazards regression was used to evaluate hazard ratios (HRs) and 95% confidence intervals (CIs), and overall survival were formulated by Kaplan–Meier curves.

Results: In total 5,368 and 330 patients’ data were included from the SEER database and FUSCC. Gender had no effect on survival in EOpNET group. Tumors locating in the tail (HR: 0.721, 95%CI: 0.63-0.83, P < 0.001) and body (HR: 0.712, 95%CI: 0.60-0.85, P = 0.001) had lower risks of death compared to tumors in the head in TOpNET group. The overall survival of EOpNET (136 (3-143) months) was better than TOpNET (85 (3-143) months) ( P < 0.001) in SEER database. The results in FUSCC was similar with SEER cohort.

Conclusions: EOpNET group had significantly better overall survival than TOpNET though their clinical characteristics were not significantly different. In the future personalized treatment of pNET, the onset age of patients will become another important factor for guiding the treatment and prognosis.

Background

Pancreatic neuroendocrine tumor (pNET) is the second most common pancreatic neoplasms with relatively inert biological behavior compared to pancreatic adenocarcinoma.[1] However the incidence of it has increased steadily in recent decades,[2], probably due to more sensitive detection methods and more frequent routine examinations among people.[3, 4] Recent reports suggest that early-onset pancreatic cancer (EOPC) which was defined as pancreatic adenocarcinoma (PDAC) with onset age before 50 display distinct clinical characteristics and overall survivals compared with other patients of this disease, and constitute 5–10% of all PDAC cases[5–7]. According to the reports, the mean age at diagnosis of pNET is 56.8 years old, and also a small proportion of cases are diagnosed in younger age[8]. However, research on the differences between early-onset pancreatic neuroendocrine tumor (EOpNET) and typical age-at-onset pancreatic neuroendocrine tumor (TOpNET) are very limited, probably due to difficulties in studying rare disease subset with lower incidence. Most studies are descriptive and only include relatively small populations lacking a typical age at diagnosis comparison group. In the recent report of Wang et al., onset age has an important impact on the overall survival and a factor which should be considered in the future pNETs staging systems[9]. To identify whether onset age of pNET has...
similar effects in patients as in PDAC, we conducted this study to evaluate the associations between clinical characteristics and prognosis by age at diagnosis of pNET, and how early-onset pNET (EOpNET) differs from typical age-onset pNET (TOpNET).

**Methods**

**Patients and Data Collection**

Pathologically confirmed pNET cases from 2004 to 2015 were retrieved from the SEER database. Patients with pancreatic cancer were collected according to the 2nd and 3rd editions of the International Taxonomy (ICD-O–2 / 3): C25.0 to C25.9.9. The diagnostic codes used for searching are as follows: 8150 (Pancreatic endocrine tumor); 8151 (Insulinoma); 8152 (Glucagonoma); 8153 (Gastrinoma); 8155 (Vipoma); 8156 (Somatostatinoma); 8240 (Carcinoid tumor); 8241 (Enterochromaffin cell carcinoid); 8242 (Enterochromaffin-like cell tumor); 8243 (Goblet cell carcinoid); 8246 (Neuroendocrine carcinoma); 8249 (Atypical carcinoid tumor). And TNM data were collected according to the codes below: derived the American Joint Committee on Cancer (AJCC) stage group 6th ed (2004+); collaborative stage (cs) tumor size 2004, lymph nodes 2004, metastasis at dx 2004, regional nodes positive (1988+), and regional nodes examined (1988+). Basic clinicopathologic characteristics were retrieved including gender, age, race, surgery, location of the primary site, and differentiation.

And then a single center series of Fudan University Shanghai Cancer Center (FUSCC) was analyzed and patients who were pathologically diagnosed of pNET were included. The demographic data including gender, age, grade, location of the primary site and surgical status were collected. And the data of tumor T stage, nodal status and metastases were also retrieved and classified according to the 8th AJCC staging classification. The follow-up data were confirmed by review of medical records monthly and contacting the patients or their relatives to ascertain disease progression or date of death if applicable.

Our hospital Ethics Committee approved the study and written informed consent were acquired from all participants in the study. We excluded patients with overall survival time less than 3 months to rule out perioperative mortality in both cohorts.

**Statistical Analysis**

For statistical analysis we defined patients with age < 50 years as early-onset pNET (EOpNET) and age ≥ 50 years as typical age-at-onset pNET (TOpNET) at the time of diagnosis. Means for baseline clinical features were compared by chi-squared tests or sample t-tests. The survival time starts from the date of first diagnosis and ends at the time of the last follow-up or death. Log-rank tests were used to analyze the overall survival and Kaplan-Meier method were used to compare the survival proportions. Univariate survival analysis of age, sex, grade, surgery, tumor location and so on were performed by Cox proportional hazards regression. Hazard ratios (HRs) and corresponding 95% confidence intervals (95% CIs) were calculated. SPSS Statistics version 21.0 software (IBM Corp, Armonk, NY, USA) and GraphPad
Prism 7.0 were used for the statistical analyses. All tests were two-sided and tests with $P$ values less than 0.05 were considered statistically significant.

**Results**

In total, 5,368 patients were pathologically diagnosed of pNET in the SEER database and included in the study (Table 1), including 1203 (22.4%) EOpNET patients and 4165 (77.6%) TOpNET patients, respectively. While the male/female ratio was around 1:1 in EOpNET patients (1:1.05) which was similar to previous reports\[7, 8\], the proportion of male in TOpNET patients was significantly higher than female (1.30:1, $P < 0.001$). Approximately half of the patients had a tumor located in the body and/or tail of the pancreas in both groups (45.2% and 48.1%). 92.5% and 89.4% patients had low or intermediate differentiated tumors in EOpNET group and TOpNET group respectively. Furthermore, significantly higher proportion of patients in EOpNET group received surgery treatment ($P < 0.001$) than TOpNET group. The median survival period for EOpNET group was 136 (3–143) months and for TOpNET group was 85 (3–143) months ($P < 0.001$). Factors associated with survival were evaluated by Univariate Cox proportional hazards models in both groups. We found that even though gender had no effect on the survival of EOpNET group, it seems that females had a lower risk of death than males in TOpNET group (HR: 0.871, 95%CI: 0.79–0.97, $P = 0.010$). Moreover, the married people had lower risks of death than the singles in both EOpNET group (HR: 0.729, 95%CI: 0.57–0.94, $P = 0.014$) and TOpNET group (HR: 0.843, 95%CI: 0.71–1.00, $P = 0.047$). Compared to the patients diagnosed at 2004 to 2009, the patients diagnosed at 2010 to 2015 had significantly better prognosis in both EOpNET group (HR: 0.750, 95%CI: 0.59–0.96, $P = 0.020$) and TOpNET group (HR: 0.799, 95%CI: 0.71–0.89, $P < 0.001$). In relations to the T stage of pNET, we found that T2 stage patients had 3.167-fold increased death risk compared to T1 stage patients in TOpNET group (HR: 3.167, 95%CI: 2.40–4.19, $P < 0.0001$), while there was no difference in TOpNET group (HR: 1.294, 95%CI: 0.80–2.11, $P = 0.300$), and similar results were observed in patients with pathological grade II differentiation. Compared to tumors located in pancreatic head, tumors in the body (HR: 0.712, 95%CI: 0.60–0.85, $P = 0.001$) and tail (HR: 0.721, 95%CI: 0.63–0.83, $P < 0.001$) had lower risk of death in TOpNET group, while the location had no efficacy on survival in EOpNET group. Surgery reduced the risks of death in both EOpNET group (HR: 0.128, 95%CI: 0.10–0.16, $P < 0.001$) and TOpNET group (HR: 0.191, 95%CI: 0.17–0.22, $P < 0.001$) respectively.
### Distributions by age at diagnosis

|          | EOpN | EOpNET | P values |
|----------|------|--------|----------|
| N with data available | N (%) | (age < 50) |          |
| Male     | 586  | 2354   | 0.000    |
| Female   | 617  | 1811   |          |

### Survival associations by age at diagnosis

|          | EOpNET (age <50) | TOpNET (age ≥50) |
|----------|------------------|------------------|
|          | HR (95%CI)       | HR (95%CI)       |
|          | P values         | P values         |
|          |                  |                  |
| Sex      |                  |                  |
| Male     |                  |                  |
| Female   |                  |                  |
| Marital status |                  |                  |
| MARRIED |                  |                  |
| SINGLE  |                  |                  |
| OTHER   |                  |                  |
| Race | Black | White | Others | Diagnosis years |
|------|-------|-------|--------|----------------|
|      |       |       |        | 2004 - 2009    |
|      |       |       |        | 2010 - 2019    |
| R    | 5     |       |        |                |
| a    | 3     |       |        |                |
| c    | 4     |       |        |                |
|      | 1     |       |        |                |
| B    | 17021 | 44510.7 | Re | Reference |
| l a c k | 4.2% | 2% | 0.8 | 0.1 | 0.98(0.83-1.16) |
| W h i t e | 8997 | 33681. | Refer | ence | 0.1 | 76 |
| e | 0.8 | 0.1 | 0.98(0.83-1.16) | |
| O t h e r s | 1251 | 3368.1 | 0.5 | 0.0 | 0.863(0.67-1.11) |
|      | 0.5% | 2% | 0.5 | 0.0 | 0.863(0.67-1.11) |
|      | 27 | 10 | 0.863(0.67-1.11) | |
|      | 0.32-0.86 | 0.020 | 0.799(0.71-0.89) | 0.000 |
|      | 0.000 | 0.000 | 0.000 | 0.000 |
| D i a g n o s i s y e a r s | 4483 | 125630. | Refer | ence | 0.000 | 0.000 | 0.000 | 0.000 |
|      | 7.2% | 2% | 0.07 | 0.0 | 0.799(0.71-0.89) |
| y e a r s | 2004 | 2009 | 2010 | 2019 | 2010 | 2019 | 2010 | 2019 |
|   | I   | J   | K   | L   | M   | N   | O   | P   | Q   | R   | S   | T   |
|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| A | 158(2 3.4%) | 688(28.6%) | Reference | Reference |
| B | 162(2 4.0%) | 497(20.6%) | 6.5 (2, 57- 16, 72) | 0.0 | 00 | 2.219 | 1.71- 2.89 |
| C | 21(3.1%) | 65(2.7%) | 17.05 (1, 5.7 1- 50, 90) | 0.0 | 00 | 4.871 | 3.31- 7.17 |
| D | 335(4 9.6%) | 1159(48.1%) | 26.35 (7, 10, 85- 64, 05) | 0.0 | 00 | 8.297 | 6.67- 10.33 |
| A | 104(1 9.9%) | 423(16.3%) | Reference | Reference |
| B | 223(3 6.4%) | 761(36.9%) | 1.2 | 03 | 94 | 3.167 | 2.40- |

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|    |     |     |        |    |  |     |     |     |     |  |     |     |
|---|-----|-----|--------|---|---|-----|-----|-----|-----|---|-----|-----|
| T | 3   |     |         | 1.8| 0.0| 3.707| 0.000    |     |     |     |
|   |     | 224 (34.0%) | 711 (36.5%) | 47 | 10 | 4.19 |
|   |     | (1.16-2.15) |         |     |   | 2.81-4.89 |     |     |     |
| T | 4   |     |         | 3.9| 0.0| 5.927| 0.000    |     |     |     |
|   |     | 62 (9.7%) | 204 (10.3%) | 8  | 0  | 4.36-8.06 |     |     |     |
|   |     | (2.3-6.7) |         |     |   | 4.27-8.46 |     |     |     |
| A | 2   |     |         | 3.7| 0.0| 5.927| 0.000    |     |     |     |
|   |     | (0.8-2.1) |         |     |   | 5.92-7.32 |     |     |     |
| N | 0   |     | Reference |     |   |     |     |     |     |     |
|   | 373 (59.5%) | 1453 (65.6%) |     |   |     |     |     |     |     |
| N | 1   |     | Reference |     |   |     |     |     |     |     |
|   | 254 (0.5%) | 761 (34.4%) |     |   |     |     |     |     |     |
| A | 3   |     |         | 3.7| 0.0| 5.927| 0.000    |     |     |     |
|   |     | (0.8-2.1) |         |     |   | 5.92-7.32 |     |     |     |
| M | 0   |     | Reference |     |   |     |     |     |     |     |
|   | 358 (51.7%) | 1305 (53.0%) |     |   |     |     |     |     |     |
| M | 1   |     | Reference |     |   |     |     |     |     |     |
|   | 335 (48.3%) | 1159 (47.0%) |     |   |     |     |     |     |     |
|   |     | (15.8-35) |         |     |   | 4.831 | 0.000    |     |     |     |

Reference
| Layer | Input 1 | Input 2 | Reference 1 | Reference 2 |
|-------|---------|---------|-------------|-------------|
| I     | 577     | 1897    |             |             |
|       | 72.2%   | 70.4%   |             |             |
| II    | 162     | 511     | 1.2         | 1.638       |
|       | 20.3%   | 19.0%   | 0.2         | 0.0         |
|       |         |         | 0.067       |             |
| III   | 48      | 215     | 6.6         | 5.771       |
|       | 6.0%    | 8.0%    | 0.0         | 0.0         |
|       |         |         |             | 0.335       |
| IV    | 12      | 70      | 6.9         | 6.553       |
|       | 1.5%    | 2.6%    | 0.0         | 0.0         |
|       |         |         |             |             |
| PRM   |         |         |             |             |
| Reference | Reference |
|-----------|-----------|
| **Head** | **Body** | **Tail** | **Others** |
| 349 (29.0%) | 155 (12.9%) | 388 (32.3%) | 311 (25.9%) |
| 1151 (27.6%) | 581 (13.9%) | 1423 (34.2%) | 1010 (24.2%) |
| 0.3 04 | 0.8 02 (0.53-1.2) | 0.3 78 (0.66-1.1) | 0.0 |
| 0.712 (0.60-0.85) | 0.01 | 0.0 | 0.0 | 0.0 |
| **Surgery treatment** | **N o** | **Y es** | **M** |
| | 393 (33.1%) | 796 (66.9%) | 85 (3%) |
| | 1665 (40.5%) | 2449 (59.5%) | 0.000 |
| | | 0.1 28 (0.10-0.16) | 0.0 |
| | | 0.0 00 | 0.191 (0.17-0.22) | 0.0 | 0.0 | 0.0 |
| | 0.000 | 0.0 | 0.000 | 0.0 | 0.0 | 0.0 |
Table 1
Characteristic distributions and survival associations by age at diagnosis among pancreatic neuroendocrine tumor (pNET) cases in SEER database
Totally 330 patients from Fudan University Shanghai Cancer Center (FUSCC) were pathologically diagnosed of pNETs and included in this study (Table 2), including 126 (38.2%) EOpNET patients and 204 (61.8%) TOpNET patients, respectively. The proportion of female in EOpNET group was higher than in TOpNET group, but was not statistically significant ($P = 0.362$). The ratio of tumor location (Head:body and/or tail) in pancreas of both groups were 1:1.7. Majority of patients were G1 or G2 tumors in both EOpNET group (87.0%) and TOpNET group (86.5%). Compared with SEER database, higher proportion of patients in our institution received surgery treatment in both EOpNET and TOpNET groups but was not statistically significant ($P = 0.977$). The median follow-up time in EOpNET group was 47.97 (3.6–152.83) months and in TOpNET group was 43.87 (4.33–128.67) months. G2 and G3 tumors had a 9-fold and 30-fold increased risk of death compared to G1 tumours in EOpNET group (HR: 9.437, 95%CI: 1.22–73.16, $P = 0.032$; HR: 30.44, 95%CI: 3.81–243.50, $P = 0.001$), however the risks in TOpNET group were only 1.468-fold and 4.614-fold respectively (HR: 1.468, 95%CI: 0.70–3.07, $P = 0.308$; HR: 4.614, 95%CI: 1.98–10.74, $P < 0.001$). This shows that differentiation grades play more important role in the progression of EOpNET patients. Furthermore, in accordance with the results in SEER cohort, surgery reduced the risks of death.
significantly in both EOpNET group (HR: 0.080, 95%CI: 0.03–0.20, \( P < 0.001 \)) and TOpNET group (HR: 0.168, 95%CI: 0.09–0.31, \( P < 0.001 \)).
### Distributions by age at diagnosis

| N with data available | OPNET (age <50) | OPNET (age ≥50) |
|-----------------------|-----------------|-----------------|
| (age <50)             | (N =126, deaths = 20) | (N = 204, deaths=42) |
| N (%)                 | HR (95%CI)      | HR (95%CI)      |
| (age ≥50)             | P Values        | P Values        |

### Survival associations by age at diagnosis

| Sex | EOpNET (age <50) | TOPNET (age ≥50) |
|-----|------------------|------------------|
|     | (N =126, deaths = 20) | (N = 204, deaths=42) |
|     | HR (95%CI)      | HR (95%CI)      |
|     | P Values        | P Values        |

### Table

| Gender | EOpNET (age <50) | TOPNET (age ≥50) |
|--------|------------------|------------------|
|        | (N =126, deaths = 20) | (N = 204, deaths=42) |
|        | HR (95%CI)      | HR (95%CI)      |
|        | P Values        | P Values        |

| Sex | EOpNET (age <50) | TOPNET (age ≥50) |
|-----|------------------|------------------|
|     | (N =126, deaths = 20) | (N = 204, deaths=42) |
|     | HR (95%CI)      | HR (95%CI)      |
|     | P Values        | P Values        |

| Age group | EOpNET (age <50) | TOPNET (age ≥50) |
|-----------|------------------|------------------|
|           | (N =126, deaths = 20) | (N = 204, deaths=42) |
|           | HR (95%CI)      | HR (95%CI)      |
|           | P Values        | P Values        |

| Age group | EOpNET (age <50) | TOPNET (age ≥50) |
|-----------|------------------|------------------|
|           | (N =126, deaths = 20) | (N = 204, deaths=42) |
|           | HR (95%CI)      | HR (95%CI)      |
|           | P Values        | P Values        |
| Grade (WHO 2010) | % | % | % | % | % | % | % | % |
|------------------|---|---|---|---|---|---|---|---|
| 1                | 30.2 | 63.12 | 1.241 | 0.30 | 5.20 | 7 | 6 | 8 |
| 2                | 43.7 | 94.46 | 1.656 | 0.464 | 5.907 | 0 | 4 | 3 | 7 |
| 3                | 75.83 | 119.85 | Reference | Reference |
| 1               | 15.7 | 21.50 | 3.511 | 0.301 | 41.02 | 0 | 3 | 1 | 7 |
| 3               | 90.714 | 147.72 | Reference | Reference |
| 1               | 28.6 | 57.27 | 23.270 | 6.62 | 81.83 | 0 | 0 | 0 | 11 | 10.95 |
| 2               | 48.39 | 74.37 | Reference | Reference |
|   | 1 | % | % | 2 | % | % | 3 | % | % | ce |
|---|---|---|---|---|---|---|---|---|---|----|
| G | 2 | 59\(\%\) & 48.0 & 99\(\%\) & 49.5 & 9.437 & 1.22-73.16 & 0. & 1.46 & 0.308 |
| G | 3 | 16\(\%\) & 13.0 & 27\(\%\) & 13.5 & 30.44 & 3.81-243.50 & 0. & 4.61 & 0.000 |
| Pr | 3 | 0. | 3 | 0.6 | 8 | 5 |
| H | 46\(\%\) & 36.5 & 70\(\%\) & 34.3 | Reference | Reference |
| B | 80\(\%\) & 63.5 | 134\(\%\) & 65. | 1.603 & 0.58-4.43 & 0. & 0.94 & 0.861 |
| S | 3 | 0. | 3 | 0.9 | 7 | 7 |
| N | 19\(\%\) & 15.1 | 31\(\%\) & 15.2 | Reference | Reference |
| Y | 107\(\%\) & 84. | 173\(\%\) & 84. | 0.080 & 0.03-0.20 & 0. & 0.16 & 0.000 |
| M | 47.97\(\%\) & 3.6-33. | 43.87\(\%\) & 4.152.83 & 128.67 |
Characteristic distributions and survival associations by age at diagnosis among pancreatic neuroendocrine tumor (pNET) cases in FUSCC

We further analyzed the overall survival associations by age at diagnosis of pNET in the two cohorts and Kaplan Meier method and survival curves were formulated (Figure 1). We found in SEER cohort, the overall survival in EOpNET patients was significantly better than among TOpNET patients (136 (3–143) months versus 85 (3–143) months, \( P < 0.001 \)) with median follow-up time of 92 (3–143) months. To exclude the other causes of death of pNET patients, we analyzed according to cause specific deaths, the outcome was similar 23 (3–142) months versus 16 (3–142) months, \( P < 0.001 \), with median follow-up time of 18 (3–142) months. In FUSCC cohort, the overall survival in EOpNET patients was also better than TOpNET patients with median follow-up time of 39.585 (3.6–152.8) months (N = 330), but was not statistically significant (\( P = 0.245 \)), maybe due to relatively small sample number.

**Discussion**

pNETs are relatively rare tumors, its incidence is approximately 5.25/100,000, and majority have satisfying prognosis[4]. However, their clinical features and prognosis are highly heterogeneous, and among them a small percentage of patients displayed malignant characteristics. For example, the overall 5-year survival in metastatic non-functional pNET was only 30%, which bring forth challenges to clinical practice[10]. Therefore, clarifying the clinical characteristics and survival associations could help greatly for the management of pNETs.

In our study, the proportion of EOpNET in FUSCC cohort (38.2%) was significantly higher than SEER cohort (28.9%). The average age at diagnosis of pNET in our cohort was 52.6 ± 12.6 years, which is earlier compared to SEER database (62 ± 15) years[4]. The mean age of diagnosis of PDAC in US is reported as 71 years, meanwhile in China is 62–65[11, 12]. Hence, it is reasonable to consider differences among different subgroups of races and the similar condition in PDAC. The overall survival of EOpNET
(136 (3–143) months) was significantly better than TOpNET (85 (3–143) months) \((P < 0.001)\) in SEER database, and also in the FUSCC cohort with median follow-up time of 39.585 (3.6–152.8) months \((N = 330)\), though not statistically significant \((P = 0.245)\), which was consistent with previous reports[9]. In this study, we analyzed both cohorts at 50 years age to keep their consistency, however this could be the reason that certain characteristics in FUSCC cohort are not consistent with or obvious as the SEER database. Therefore, exploring the reasons of different age of onset of disease in different states and races could provide new strategy for therapy in the future.

Surgery is the most effective therapy for localized tumors and even for metastatic NETs that more than 90% of liver tumors can be resected, cytoreductive surgery is recommended[2]. In our study, we found surgery can lower the risks of death significantly in both EOpNET or TOpNET group. Furthermore, the tumors located in the body and tail had lower risks of death compared to head in TOpNET patients while not in EOpNET patients. This may be associated with worse physical status as the age growth in TOpNET group, as well as patients with tumors located in pancreatic head underwent relatively more invasive surgery of pancreaticoduodenectomy.

Additionally, patients diagnosed between 2010 to 2015 had significantly better prognosis than those diagnosed between 2004 to 2009, which reflects that with earlier tumor detections due to more prevalent routine medical examinations and the systemic treatment options for pNET have also been adopted considerably in recent years. Somatostatin analogs, peptide receptor radionuclide and everolimus have been demonstrated to effectively improve the prognosis of pNET[13]. Combined chemotherapy with temozolomide and capecitabine is recently reported to prolong the progression-free survival of pNETs[14, 15]. Moreover, our study also shows unmarried patients had significantly higher death risks than the married, which coincides with previous reports suggesting that social support could potentially impact cancer survival significantly [16].

There is no consensus yet on optimal follow-up strategy for pNET. Most guidelines suggest performing enhanced CT or magnetic resonance imaging (MRI) of the abdomen yearly for the first 3 years, then every 1 to 2 years for a total of 10 years[17]. For tumors smaller than 2 cm, previous reports are controversial about observation or operation[18]. While from the perspective of our research, operation is recommended, as EOpNET group had significantly better overall survival than TOpNET.

pNETs are usually sporadic, but increasing evidences suggest the importance of genetic mutations in the initiation and development of pNETs. Jiao et al. performed whole exome sequencing in 68 sporadic pNETs and found that MEN1 (multiple endocrine neoplasia type 1) and DAXX/ATRX (death domain-associated protein/α-thalassemia mental retardation syndrome) mutations are in more than 40% of pNETs. Also approximately 14% of specimens had mutations in the genes involved in mTOR pathway which indicated potential therapeutic targets[19]. Scarpa et al. performed whole genome sequencing in 102 primary pNETs and found that germline mutations play more than anticipated important roles to clinically sporadic pNETs[3]. According to the “two-hit” hypothesis[20], gene mutation was closely
associated with the onset age of tumor. Therefore, future studies on the variations of genetic mutation among different age groups, especially the early-onset tumor, could help identify pNET driver genes.

The patients were all histology diagnosed in this retrospective study, hence all the patients were either from a surgical database or with positive biopsy results; thus, there may be some bias in the proportion of different stages. However, we queried the SEER database and our institution to minimize the influence of inadequate sample size and geography. Thus, the clinical characteristics of EOpNET and TOpNET and their effects on prognosis were supported and complemented by both cohorts. However, when exploring the survival associations with age at diagnosis, our database is not statistically significant, this may be due to the limited number of samples and the number of deaths. The tumor function was not distinguished, though only a small percent of pNETs were functional; this may cause the bias of prognosis, because functioning neoplasms usually have better prognosis compared to nonfunctioning tumors as a result of early diagnosis.

EOpNET constitute only 28% to 38% of the total pNET patients and have better prognosis, however due to young age of onset, the disease is responsible for much more of the total number of years-of-life-lost. Identifying the clinical characteristics and prognosis associations by the onset age of pNET could help us better understand pNET, especially those early onset ones, and potentially yield strategies to delay the onset of it, or help put forward new therapeutic methods.

Conclusions

EOpNET group had significantly better overall survival than TOpNET though their clinical characteristics seem to be not significantly different, except that the proportion of female and lymph node positive status in EOpNETs was higher than in TOpNET. In the future personalized treatment of pNET, the onset age of patients will become another important factor for guiding the treatment and prognosis.

Declarations

Ethics approval and consent to participate

The study was approved by the ethics committee of Fudan University Shanghai Cancer Center. All patients provided written informed consent.

Consent for publication

There will be no conflict of commercial interest for any of the patient with the publication of the manuscript.

Availability of data and material
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

**Competing interests**

The authors declare that they have no competing interests.

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**Authors' contributions**

M Liu, X. Sun and Z. Zhang contributed equally to this article, collected and analyzed the data, and drafted the manuscript. X. Xu and X. Yu reviewed and contributed to the revision of the manuscript. S. Ji and Q. Zhuo designed and reviewed the study. All authors read and approved the final manuscript.

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**Figures**

![Kaplan-Meier survival curves](image)

**Figure 1**

Kaplan-Meier survival curves of EOpNET and TOpNET patients in SEER database (A) all patients (B) cause specific deaths and (C) FUSCC.