Metal Fluoride Complexes of Na,K-ATPase

CHARACTERIZATION OF FLUORIDE-STABILIZED PHOSPHOENZYME ANALOGUES AND THEIR INTERACTION WITH CARDIOTONIC STEROIDS*

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The Na,K-ATPase belongs to the P-type ATPase family of primary active cation pumps. Metal fluorides like magnesium-, beryllium-, and aluminum fluoride act as phosphate analogues and inhibit P-type ATPases by interacting with the phosphorylation site, stabilizing conformations that are analogous to specific phosphoenzyme intermediates. Cardiotonic steroids like ouabain used in the treatment of congestive heart failure and arrhythmias specifically inhibit the Na,K-ATPase, and the detailed structure of the highly conserved binding site has recently been described by the crystal structure of the shark Na,K-ATPase in a state analogous to E2-2K\(^+\)-P, with ouabain bound with apparently low affinity (1). In the present work inhibition, and subsequent reactivation by high Na\(^+\), after treatment of shark Na,K-ATPase with various metal fluorides are characterized. Half-maximal inhibition of Na,K-ATPase activity by metal fluorides is in the micromolar range. The binding of cardiotonic steroids to the metal fluoride-stabilized enzyme forms was investigated using the fluorescent ouabain derivative 9-anthroyl ouabain and compared with binding to phosphorylated enzyme. The fastest binding was to the Be-fluoride stabilized enzyme suggesting a preformed ouabain binding cavity, in accord with results for Ca-ATPase where Be-fluoride stabilizes the E2-P ground state with an open luminal ion access pathway, which in Na,K-ATPase could be a passage for ouabain. The Be-fluoride stabilized enzyme conformation closely resembles the E2-P ground state according to proteinase K cleavage. Ouabain, but not its aglycone ouabagenin, prevented reactivation of this metal fluoride form by high Na\(^+\) demonstrating the pivotal role of the sugar moiety in closing the extracellular cation pathway.

The Na,K-ATPase is indispensable in maintaining cellular homeostasis in animals. This integral membrane protein is an ion pump fueled by ATP and responsible for maintaining electrochemical gradients for Na\(^+\) and K\(^-\) across animal cell membranes, which is essential for many physiological processes like secondary active co- and counter-transport, volume regulation, and forms the basis for generating the resting membrane potential.

In sarco(endo)plasmic Ca\(^{2+}\)-ATPase from skeletal muscle (SERCA1a), another representative member of P-type ATPases, metal fluorides are potent inhibitors of ATPase activity, binding to the enzyme phosphorylation site (D351) as analogues of phosphate (2–5).

In Ca-ATPase various structural analogues of enzyme phosphoforms (EP) have been stabilized and structurally characterized using fluoride analogues of phosphate. Thus, complexes of magnesium, aluminum, and beryllium with fluoride (MgFx, AlFx, and BeFx) stabilize analogues of the E2-P product state (E2-MgF\(_3\))\(^-\), the E2–P transition state (E2-AlFx\(^-\)), and the E2-P ground state (E2-BeF\(_3\))\(^-\), respectively (reviewed in Ref. 6). Inclusion of ADP together with AlFx stabilizes an E1–P-ADP form (7, 8). In Na,K-ATPase similar effects of various fluoride analogues are found (9, 10), but are less well characterized. Recently, Na,K-ATPase from pig kidney and shark rectal glands with 2 K\(^-\)-ions, or Rb\(^-\)-ions, in the cation binding site, and MgF\(_3\))\(^-\) in the phosphorylation site has been crystallized (11, 12), which is presumed to represent the E2-2K\(^+\)-P, state.

Cardiotonic steroids (CTSs) like ouabain are specific inhibitors of the Na,K-ATPase (13). This is the basis for the therapeutic action of CTSs like digoxin and digitoxin in treatment of congestive heart failure and arrhythmia (14). Inhibition of myocardial Na,K-ATPase leads to elevated intracellular Na\(^+\)-concentration, which suppresses NCX, the 3Na\(^+\)-Ca\(^{2+}\)-exchanger, thus increasing intracellular Ca\(^{2+}\) and producing an increase in the contractility of the heart and cardiac output (the isotropic effect). Ouabain binds to the extracellular side of the Na,K-ATPase and mainly to a phosphorylated intermediate (15); however, it is still not known to which intermediate ouabain principally binds during enzyme turnover. The ouabain binding site was recently determined for the shark enzyme in an apparent low affinity E2-2K\(^+\)-P\(_i\) form (1). A low-resolution (~5 Å) crystal structure of kidney Na,K-ATPase in the E2P state indicates that ouabain is bound in a similar position, but likely with high affinity (16).

In the present study interactions of various metal fluorides (MeF), acting as phosphate analogues, with shark Na,K-ATPase are investigated and the binding of ouabain and its aglycone ouabagenin to various fluoride analogues of EP-intermediates...
of Na,K-ATPase is characterized to elucidate structural constraints for binding of CTS to various EP phosphoforms, especially regarding the importance of the sugar moiety of CTS.

**EXPERIMENTAL PROCEDURES**

**Materials**—The cardiotonic steroids ouabain and ouabagenin (OG), MgCl₂, BeSO₄, AlCl₃, and NaF were from Sigma. 9-Anthroyl ouabain (AO) was from Invitrogen (Carlsbad, CA).

**Preparation of Shark Na,K-ATPase**—Crude membrane fractions (microsomes) from the rectal gland of the shark Squalus acanthias were prepared by homogenization followed by washing and isolation by centrifugation in 30 mM histidine, 1 mM EDTA, 0.25 M sucrose, pH 6.8.

The purified microsomes were activated by a mild DOC treatment (~0.15% DOC) to extract extrinsic proteins and to open sealed vesicles. After washing and resuspension the purified membrane preparation was obtained by differential centrifugation as previously described (17). The preparation was suspended in histidine/EDTA buffer with 25% glycerol and kept at −20 °C. The preparation had a specific hydrolytic activity of ~30 units/mg at 37 °C and contained the α₁, β₁-subunits together with the FXYD10 regulatory subunit (18). Protein concentrations, ranging from 3–5 mg/ml, were determined using Peterson’s modification (19) of the Lowry method (20), using bovine serum albumin as a standard.

**Na,K-ATPase Activity**—The specific enzyme activity was measured using either the Fiske and SubbaRow method (21) with Anidol as the reducing agent, or the more sensitive method of Baginsky et al. (22). The activity was measured at 23 °C in a test medium containing 130 mM NaCl, 20 mM KCl, 4 mM MgCl₂, 3 mM Tris-ATP, and 0.33 mg/ml bovine serum albumin. Histidine or imidazole (30 mM) was used as buffer, depending on pH.

**Inhibition of Na,K-ATPase by Fluorides and Cardiotonic Steroids**—The inhibition of Na,K-ATPase activity by MgFₓ, by equilibrium binding was characterized by mixing 5 mM MgCl₂ and increasing concentrations of NaF (1–100 mM) in imidazole 30 mM pH 6.5, 7.5, or 8.5 followed by addition of Na,K-ATPase and preincubation for 10 min. at 23 °C. The inhibition by BeFₓ and AlFₓ was performed by mixing 5 mM NaF and increasing concentrations of BeSO₄ or AlCl₃ (1–200 μM) followed by preincubation with the enzyme, as described above. The reaction with AlFₓ·ADP was produced by including 1 mM ADP in the AlFₓ reaction media. Following preincubation, the Na,K-ATPase activity at 23 °C was determined at optimal turnover conditions, i.e. in 130 mM Na⁺, 20 mM K⁺, 4 mM Mg²⁺, 3 mM ATP, and 30 mM imidazole (pH 7.5).

The time course of inhibition at various concentrations of fluorides was varied by the time of preincubation with fluorides (15–180 s) as described above, followed by addition of the enzyme activity test medium. After 1 min, the reaction was stopped by 50% TCA and liberated P₁ was determined.

The rate of inhibition induced by binding of CTS to non-phosphorylated or MgP₁-phosphorylated Na,K-ATPase was determined by preincubation of enzyme in 30 mM imidazole (pH 7.5) with either 5 mM Mg²⁺ or 5 mM Mg²⁺ + 1 mM P₁, with 1 μM ouabain, ouabagenin, or anthroyl ouabain for varying time periods followed by measurement of hydrolytic activity.

**Reactivation of Na,K-ATPase after Fluoride Treatment**—The enzyme was first reacted with metal fluoride complexes by incubating in 5 mM NaF (or KF), 30 mM imidazole pH 7.5 and either 5 mM MgCl₂, 5 mM BeSO₄, 200 μM AlCl₃, or 200 μM AlCl₃ plus 1 mM ADP for 10 min. at 23 °C to obtain maximum inhibition. Then 150 mM NaCl was added to the enzyme and the hydrolytic activity measured at different time intervals (0–60 min). The reactivation of metal fluoride-treated enzyme reacted with ouabain or ouabagenin was tested by including the CTS in the metal fluoride reaction medium for 50 min after the initial 10 min preincubation with metal fluoride followed by addition of 150 mM NaCl and measurement of hydrolytic activity.

**Fluorescence Measurements**—Fluorescence associated with 9-anthroyl ouabain (AO) binding to the Na,K-ATPase was measured using a Spex Fluorolog-3 spectrophotometer (Horiba Jobin Yvon). Excitation wavelength was set at 370 nm using a band-pass of 5 nm, and the emission wavelength was 480 nm with band-pass 10 nm. The sample was placed in a thermostated cuvette (20 °C) with magnetic stirring and contained 30 mM Tris-buffer pH 7.0, 4 mM MgCl₂, and 1 μM anthroyl ouabain. Before fluorescence measurements the enzyme was incubated with 4 mM MgCl₂, 4 mM P₁ to produce the E2P-state, or with different metal fluorides as indicated above to produce the enzyme complexes E·MgFₓ, E·BeFₓ, E·AlFₓ, and E·AlFₓ·ADP. Enzyme was incubated for 3 min at 20 °C followed by incubation on ice for 1 h before measurements. To measure AO fluorescence ~60 μg of the incubated enzyme was added to the cuvette in a final volume of 2 ml with 1 μM AO. Baseline fluorescence was measured with enzyme preincubated with 1 mM ouabain.

**Proteinase K Cleavage of Fluoride-stabilized Na,K-ATPase**—Controlled proteolysis of the shark rectal gland α-subunit was performed in a reaction mixture containing 100 μg of protein suspended in 25 mM histidine pH 7.0, and the following ligands to stabilize the enzyme in specific conformations: 4 mM NaF and 4 mM MgCl₂ (E·MgFₓ), 4 mM NaF, and 50 μl BeSO₄ (E·BeFₓ), 4 mM NaF, 100 μM AlCl₃ (E·AlFₓ), or 4 mM NaF and 100 μM AlCl₃ plus 1 mM ADP (E·AlFₓ·ADP). The reaction was initiated by the addition of 2 μg of proteinase K for 40 min at 20 °C and terminated with SDS sample buffer containing 1% trichloroacetic acid to irreversibly inhibit the protease. 40 μg of protein was loaded onto 8% SDS-PAGE, and the gel was stained with Coomassie Blue. Identification of cleavage products was performed by Edman degradation analysis (Alphalyse, Odense, DK).

**Statistics and Curve Fitting**—Results are expressed as mean ± S.E. Inhibition by fluorides was evaluated by fitting to a sigmoid dose-response equation (Hill Equation 1) using the Graphpad program Prism 5,

\[
y = y_0 + \frac{y_{max} - y_0}{1 + 10^{LogIC_{50} - x/x_{h}}} \quad (Eq. 1)
\]

where \(y_0\) and \(y_{max}\) are baseline and maximum activity and \(x\) is the concentration of inhibitor. \(K_i\) is the inhibitor concentration that gives 50% inhibition and \(n_{H}\) is the Hill coefficient. The time course of fluoride inhibition or AO fluorescence was fitted with one phase exponential Equation 2,
indicating inhibition by binding of more than one metal ion in solutions containing 5 mM NaF and increasing concentrations of NaF (1–100 μM) at pH 7.5 is illustrated. The data were fitted by a Hill equation as shown in the solid curve. The Hill coefficients were significantly different from −1 in all cases. A, inhibition by MgFx. The fit parameters were: \( K_i = 133 \pm 3 \, \mu M, n_H = -1.63 \pm 0.07 \). B, inhibition by BeFx. The inhibitor constant \( K_i = 2.42 \pm 0.02 \, \mu M, n_H = -1.44 \pm 0.08 \). C, inhibition by AlFx. The inhibitor constant \( K_i = 10.9 \pm 0.2 \, \mu M, n_H = -3.2 \pm 0.2 \). D, inhibition by AlFx in the presence of 1 mM ADP. The inhibitor constant \( K_i = 20.9 \pm 0.3 \, \mu M, n_H = -1.59 \pm 0.07 \).

Comparison between best-fit values was performed using an F test and \( p < 0.05 \) was considered significant. Structural figures were prepared using PyMol.

RESULTS

Inhibition of Na,K-ATPase Activity by Metal Fluorides at Different pH Values—Inhibition of Na,K-ATPase activity by increasing concentration of NaF at a constant MgCl2 concentration of 5 mM is demonstrated in Fig. 1 at pH 6.5, 7.5, and 8.5. The data were fitted with a Hill equation and showed an increase in the NaF inhibitor constant (\( K_i \)) as the pH is increased. Thus \( K_i \) increased from 1.1 mM to 6.4 mM when pH increased from 6.5 to 8.5. The Hill coefficient (shared at the different pH values) was −2.2 and significantly different from −1. As the Hill coefficient is empirical and provides only lower limits on the binding stoichiometry, this is in accordance with four fluorine atoms present in the stable complex MgF\(_{4}\) in the recent crystal structure of shark Na,K-ATPase (12). There was no systematic variation in the Hill coefficient with pH indicating that the coordination number for fluoride did not change within this pH range, as indicated in other nucleotide-binding proteins (23).

Equilibrium binding of MgFx, BeFx, AlFx, and AlFx, ADP to Na,K-ATPase was evaluated by measuring the inhibition of specific ATPase activity after preincubation for 10 min at 23 °C in solutions containing 5 mM NaF and increasing concentrations of MgCl\(_2\), BeSO\(_4\), AlCl\(_3\), or AlCl\(_3\) + 1 mM ADP. Fig. 2 shows inhibition by MgCl\(_2\) (panel A), BeSO\(_4\) (panel B), AlCl\(_3\) (panel C), or AlCl\(_3\) + ADP (panel D), all at 5 mM NaF and pH 7.5. The data were fitted with a Hill equation and the inhibitor dissociation constant and Hill coefficient evaluated. The Hill coefficient was significantly different from −1 at all conditions indicating inhibition by binding of more than one metal ion in the phosphorylation domain. In the case of MgCl\(_2\), this is in accordance with the binding of two Mg\(^{2+}\) ions in the phosphorylation domain, one with MgF\(_{2}\) near D376 and one at the Mg\(^{2+}\) subsite near D717 in shark, Fig. 3 (12). From the present data it seems likely that also beryllium and aluminum will bind to the Mg\(^{2+}\) subsite in the absence of Mg\(^{2+}\). Beryllium and aluminum have not previously been identified in the P-domain (D703) of SERCA crystal structures (see Ref. 8), and identification by crystallography will probably be difficult due to lack of strong anomalous signals from these metals. The inhibitor constants measured at pH 6.5, 7.5, and 8.5 are given in Table 1. As indicated the inhibitor affinity increased with decreasing pH and the inhibitor affinity was highest for BeFx followed by AlFx, AlFx, ADP, and MgFx. This order did not change with pH. The inhibition by AlFx, ADP was much less pH-sensitive, as seen from Table 1. No systematic variation in the fitted Hill coefficients was present at the different pH values, and the Hill coefficient was therefore shared in the fitting procedure to data at the various pH values.

Time Course of Inhibition by Metal Fluoride Complexes—In Fig. 4A the time course of Na,K-ATPase inhibition induced by adding enzyme to a premix of 5 mM MgCl\(_2\) and increasing concentrations of NaF (1–100 mM) at pH 7.5 is illustrated. The data could be satisfactorily fitted with a mono-exponential relation with an observed rate constant, \( k_{app} \). In Fig. 4B the \( k_{app} \) is plotted against the concentration of NaF. The relation is steeply sigmoidal and the data are compatible with a Hill equation where the \( K_{H} \) is 42 mM when \( n_H \) is set to 4, in accordance with four fluorine atoms in the metal fluoride complex, MgF\(_{4}\), that binds to the phosphorylation site (12 cf. Fig. 3). At pH 7.5 the observed rate constant at saturating NaF (75 mM) was 0.13 s\(^{-1}\) comparable to an apparent second order rate constant of \( k_{app} \).
1.7 s⁻¹ M⁻¹. These rather small values indicated that a slow isomerization step follows the initial collision interaction between the Mg²⁺-bound Na,K-ATPase (denoted E for simplicity) and metal fluoride (MeF), shown in Reaction Scheme I,

\[
\begin{align*}
K_{\text{MeF}} & \quad k_2 \\
E + \text{MeF} & \xleftrightarrow{\text{k}_2} E:\text{MeF} \xleftrightarrow{\text{k}_2} E:2\text{MeF} \\
\end{align*}
\]

**REACTION SCHEME I**

in which \(K_{\text{MeF}}\) is the MeF dissociation constant. In Fig. 5 the observed rate constant, \(k_{\text{obs}}\) for inhibition of Na,K-ATPase activity by increasing concentrations of BeSO₄, AlCl₃, and AlCl₃ + ADP (1 mM) all in the presence of 5 mM NaF are shown. The concentrations of BeSO₄ and AlCl₃ were converted to concentrations of the metal fluoride complexes BeF₃ and AlF₄ as estimated to comprise ~70 and 60% of the total metal fluoride complexes in the presence of 5 mM fluoride (24). The relation between the rate of inhibition and concentration of MgCl₂ in the presence of 5 mM NaF could not be measured accurately because of very low \(k_{\text{obs}}\) of this reaction. As seen \(k_{\text{obs}}\) was a hyperbolic function of the metal fluoride concentration in accordance with Reaction Scheme I, and not linear as expected for a one-step reaction. According to this reaction the following analytical expression, Equation 4, for the observed rate constant is given.

\[
k_{\text{obs}} = \frac{k_2[\text{MeF}]}{K_{\text{MeF}} + [\text{MeF}]} + k_{-2}
\]  

(Eq 4)

Using this equation to fit the data shown in Figs. 5A–C \(K_{\text{MeF}}, k_2\), and \(k_{-2}\) were found. Thus \(k_{-2}\) is the intercept with the y axis, and \(k_{\text{obs}}\) at saturating metal fluoride concentration equals \(k_{-2} + k_2\). The dissociation constants for BeF₃, AlF₄, and AlF₄-ADP at pH 7.5 found from the fits were: 358 μM, 149 μM, and 218 μM, respectively. As indicated all values of \(K_{\text{MeF}}\) were significantly larger than the half-saturation inhibitor constants (\(K_i\)) calculated from equilibrium measurements of metal fluoride inhibition of enzyme activity shown in Fig. 2. This is expected, since \(K_{\text{MeF}}\) will be larger than \(K_i\) by a factor of \((k_2 + k_{-2})/k_{-2}\) as indicated by the reaction given in scheme I. Taking this into account the calculated \(K_{0.5}(K_i)\) values at pH 7.5 became 9 μM for BeF₃, 17 μM for AlF₄, and 26 μM in the case of AlF₄-ADP, in reasonable agreement with the measured \(K_i\) value given in Fig. 2 given the uncertainty in the estimation of \(k_{-2}\).

**Characterization of Metal Fluoride Stabilized EP Forms by Proteinase K Cleavage**—To characterize the various fluoride-stabilized phosphoform analogues proteinase K (PK) cleavage was employed. The proteinase K cleavage pattern of SERCA1a has previously been characterized in details to probe the protein folding (25, 26). In Fig. 6A the PK cleavage patterns of enzyme stabilized by the various fluoride analogues of phosphate are shown and compared with the cleavage pattern of E₂P produced by phosphorylation of the enzyme with MgPi. As seen the PK cleavage patterns for E-BeF₃ and E-Mg₃P (lanes 3 and 5) were very similar. In both cases a clear band with approximately molecular mass of 95 kDa was observed, which is missing or much weaker in all other conditions. This band is probably equivalent to the p95 band in SERCA obtained after PK cleavage in the absence of Ca²⁺ arising from cleavage at L119/K120 (25, 26). In shark Na,K-ATPase this cleavage site is equivalent to F161/K162 positioned at a similar short helix (M2') in the connection between M2 and the A-domain (as in SERCA), and previously demonstrated to be a trypsin cleavage site exposed by ouabain binding (27). The cleavage pattern of E-MgF₃ and E-AlF₄ appeared similar, both lacking the 95 kDa band, although the α subunit seemed to be somewhat protected from PK cleavage by AlF₄. In Fig. 6 (panels B and C) the time course of PK cleavage of BeF₃- and AlF₄-treated enzyme is shown. As

**TABLE 1**

| Inhibitor constant \((K_i/\mu M)\) for various metal fluorides at different pH values | \(K_i/\mu M\) | \(n_H(\text{shared})^a\) |
|---|---|---|
| **pH 6.5** | **pH 7.5** | **pH 8.5** |
| MgCl₂ | 39.7 ± 0.7 | 133 ± 3 | 708 ± 67 | -1.63 ± 0.07 |
| BeSO₄ | 2.6 ± 0.2 | 2.5 ± 0.3 | 5.2 ± 0.2 | -1.41 ± 0.09 |
| AlCl₃ | 8.5 ± 0.3 | 12.5 ± 0.2 | 26.4 ± 0.2 | -2.06 ± 0.15 |
| AlCl₃-ADP | 39.5 ± 0.2 | 32.4 ± 0.3 | 42.6 ± 0.7 | -1.33 ± 0.11 |

^a The value of the Hill coefficient in the fitting is shared between experiments performed at the three pH values. In all cases, the \(n_H\) value was found to be significantly different from −1.0.
seen AlF₄⁻ protected completely the cleavage site producing the 95 kDa band. In the presence of ADP (panel A, lanes 6 and 7) the PK cleavage pattern of enzyme treated with AlF₄⁻ or MgP₀ changed, the band migrating at ~55 kDa was much more prominent than in all other cleavage patterns, whereas the 30 kDa band was weaker. The latter band probably arises from secondary cleavage of the 55 kDa band (see panels B and C) and Edman degradation analysis indicated an N-terminal sequence RKTG that could be recognized in the shark Na,K-ATPase sequence as corresponding to the phosphorylation site indicating cleavage at S375 just next to the aspartate D376, the residue phosphorylated. Thus, this fragment seems to be equivalent to the p30 fragment in the PK cleavage of SERCA, which has a phosphorylation domain (25). In Fig. 7 the PK cleavage sites were determined for the shark Na,K-ATPase and as identified in SERCAa (25, 26) (translated to shark Na,K-ATPase numbering) are indicated in a schematic view (panel A) and in the ribbon model (panel B) of the shark Na,K-ATPase crystal structure (12). According to this, the 55 kDa peptide includes amino acids E278 to I749/V762, and the 30 kDa peptide comprises D376 to V603. Although the sequence around the phosphorylation site is conserved between SERCA and Na,K-ATPase the PK digestion pattern was different in the two enzymes, because in SERCA this cleavage site is protected completely in all of the phasoforms (28–30). This could indicate that the cytoplasmic headpiece of the Na,K-ATPase is more loosely organized in the E2P conformation than in SERCA, in accordance with the Na,K-ATPase crystal structure (12) (in fact SERCA E2P has the most compactly organized headpiece of any intermediate).

In the presence of MgP₀, the 95 kDa band was absent after 40 min of digestion when ADP was present (Fig. 6, lane 7). Thus ADP seems to change the cleavage pattern from the typically E2P-like patterns observed with BeFx and MgP₀ (lanes 3 and 5) probably shifting the enzyme conformation toward an E1-like conformation. Accordingly, oligomycin, an inhibitor that stabilizes the E1P conformation (31), did not change the PK cleavage pattern of the AlF₄⁻·ADP-stabilized enzyme (not shown).

Interaction of Cardiotonic Steroids with Metal Fluoride Complexes of Na,K-ATPase—To investigate the rate of inhibition by CTS binding to ATPase stabilized by different metal fluorides, the fluorescence associated with the binding of 9-anthroyl ouabain (AO) to the different phosphoenzyme intermediates was measured at 23 °C. Binding of AO to the enzyme resembles that of ouabain regarding specificity and ligand requirements, but in addition binding results in a large fluorescence increase making it possible to monitor directly the interaction with the enzyme (32). In Fig. 8 the fluorescence responses following the addition of AO to enzyme in the presence of Mg²⁺ alone (E(+Mg²⁺)), or to phosphoforms formed by MgP₀ (E2P) were compared with those with different metal fluoride complexes of Na,K-ATPase. As indicated in Fig. 8A binding of AO to the E(+Mg²⁺) and E2P state proceeded with a similar rate constant of about 0.013 s⁻¹ and caused a relative fluorescence increase (ΔF/F₀) of 13.1% and 34.8%, respectively. As seen from Fig. 8B, which has the same ordinate scale as Fig. 8A, binding of AO to E·BeFx was faster with a rate constant of 0.033 s⁻¹ and caused a much larger fluorescence increase (ΔF/F₀ of 67.4%). The rate constant for AO binding to E·AlFx was 0.0017 s⁻¹ and the ΔF/F₀ = 1.5%. The fluorescence increase following binding of AO to E·MgFx or E·AlF₄⁻·ADP was too low to be detected at the AO concentration used and within the measured time interval of 600 s. The small very rapid fluorescence increase immediately after addition of enzyme is probably due to partitioning of AO into the lipid phase of the membranes (33). Comparison of fluorescence change with the inhibition of hydrolytic activity after preincubation of enzyme for variable time periods in the presence of

FIGURE 4. Time course of NaF inhibition of Na,K-ATPase activity at increasing NaF-concentration and a constant MgCl₂ concentration of 4 mM at pH 7.5. A, rate of inhibition at increasing NaF concentrations (1, 3, 10, 30, 50, 75, and 100 mM). The curves are one-phase exponential fits. β, observed rate constants, kobs as a function of the NaF concentration. The stippled curve shows the fitted Hill equation with a K₀.5 values of 42 ± 4 mM and a Hill coefficient set to 4.0.

FIGURE 5. Fluoride concentration dependence of kobs for inhibition of Na,K-ATPase activity by different fluoride complexes at pH 7.5. A, BeFx; B, AlFx; C, AlF₄⁻·ADP. The curves show fit of the equation kobs = (kₒ[MF⁻])/(kₒ[MF⁻] + [MF⁻]) to the data. The fitted kₒ, k₁, and Kₓ values for BeFx (panel A) are: 0.32 ± 0.14 s⁻¹, 0.099 ± 0.004 s⁻¹, and 358 ± 65 μM for AlFx (panel B); 0.16 ± 0.05 s⁻¹, 0.008 ± 0.002 s⁻¹, and 149 ± 25 μM. For AlF₄⁻·ADP (panel C); 0.070 ± 0.004 s⁻¹, 0.009 ± 0.002 s⁻¹, and 218 ± 63 μM. From these values, the calculated inhibitor constant Kᵢ = Kₓ([Mg⁺][k₊]/[k₋]) becomes 9 ± 4 μM for BeFx, 17 ± 5 μM for AlFx, and 26 ± 7 μM for AlF₄⁻·ADP.
cardiotoxic steroids and either Mg$^{2+}$ or MgPi confirmed the fluorescence results that cardiotoxic steroids bind to free enzyme in the presence of Mg$^{2+}$ with a rate similar to that to the phosphoenzyme, but with lower inhibitory potency or affinity (Fig. 9). As indicated the inhibitory effects of anthroyl ouabain closely resembled that of ouabain. Ouabagenin inhibition seemed to be somewhat faster, at least for binding to E2P, but with less inhibitory potency, in accord with previous findings (26).

**Reactivation of Enzyme Activity after Inhibition with Metal Fluorides**—Reactivation of Na,K-ATPase activity stabilized in the E-MgFx form by high Na$^{+}$ concentrations has previously been demonstrated to be a very slow process with a rate constant of about $3 \cdot 10^{-3}$ s$^{-1}$ at 37°C and 150 mM NaCl independent of ATP, Mg$^{2+}$, and pH, but antagonized by K$^{+}$ (10). In the present investigation reactivation of the enzyme stabilized by various metal fluorides was followed by addition of 150 mM NaCl at 23°C and pH 7.5. As seen from Fig. 10A the reactivations followed single exponentials (black curves) with pseudo first order rate constants that varied between 1.4 $\cdot 10^{-3}$ and 28 $\cdot 10^{-3}$ s$^{-1}$ depending on the metal fluoride (Table 2). Reactivation of the enzyme treated with BeFx was the fastest followed by AlFx and AlFx-ADP-treated enzyme. Inhibition by MgFx was only very slowly relieved by Na$^{+}$ reactivation. In all cases Na$^{+}$ reactivation of the metal fluoride-treated enzyme activity was complete. Inclusion of Mg$^{2+}$ (5 mM) during incubation with BeSO$_4$ or AlCl$_3$, as used for SERCA (4, 5, 36), decelerated reactivation of Na,K-ATPase by 150 mM Na$^{+}$ by a factor of $\sim 20$ (not shown), probably due to formation of enzyme with bound MgFx. If the enzyme was inhibited by the same metal fluorides, but with KF instead of NaF as the fluoride donor, the reactivations were much lower (gray curves), except for the BeFx-treated enzyme, indicating that when K$^{+}$ is bound or occluded

\begin{figure}
\centering
\includegraphics[width=\textwidth]{image.png}
\caption{Localization of PK cleavage sites in shark Na,K-ATPase. A, sketch showing the localization of PK cleavage sites as determined in shark Na,K-ATPase (red) and from investigations using SERCA1a (25, 27). The numbers in parentheses refer to the SERCA sequence. According to the sketch the p95 peptide is the large fragment resulting from cleavage at K162, the p55 peptide runs from E278 to either I749 or V762 (both sites are cleaved in SERCA), and the p30 peptide results from cleavage of p55 at S375, just before the phosphorylation site (circled P), and at V603. Five of the cleavage sites, except the sites at V603, I749, and N838 (I611, V734, and D818 in SERCA), are conserved between SERCA and Na,K-ATPase. B, a ribbon model of the cytoplasmic part of the shark Na,K-ATPase (the stippled frame in panel A) with the cleavage sites indicated in stick presentation. N838 is the tryptic cleavage site giving rise to the C-terminal 19 kDa peptide. The N-, P-, and A-domains are indicated.}
\end{figure}
As seen from Fig. 8 the only metal fluoride analog of Na,K-ATPase phosphoenzyme that readily binds anthroyl ouabain was the BeFx-treated enzyme. To measure the effects of CTS binding to the E-BeFx form on Na\(^+\) reactivation, the enzyme was first incubated for 10 min with BeFx and then either 10 \(\mu\)M ouabain or 100 \(\mu\)M ouabain was included for a further 50 min. These concentrations are saturating for inhibition of the Na,K-ATPase activity but decreases to non-inhibiting concentrations after the 200 times dilution during reactivation and activity test (26). When the reactivation of BeFx-treated enzyme was investigated after inclusion of 10 \(\mu\)M ouabain in the fluoride incubation medium reactivation was very limited (Fig. 10C, black curve) indicating that ouabain-binding effectively blocked the access pathway for Na\(^+\) reactivation, in accordance with Na\(^+\) reactivation taking place from the extracellular side. In contrast the reactivation by Na\(^+\) was substantial, but slow, for the ouabagenin-bound form (Fig. 10C, gray curve), indicating that Na\(^+\) access to the (extracellular) binding sites was limited, but still possible after ouabagenin binding to the BeFx-treated enzyme. Thus, ouabain, but not ouabagenin, blocks the Na\(^+\)-induced release of the metal fluoride from the phosphorylation site. This is in accordance with the AO fluorescence experiments shown in Fig. 8B, where access of K\(^+\) is blocked by AO binding to the E-BeFx conformation.

**DISCUSSION**

Fluoride complexes with magnesium, beryllium, and aluminum have been demonstrated to bind to P-type ATPases by acting as phosphate analogues at the phosphorylated aspartate (2–5). From the crystal structures of Ca-ATPase and Na,K-ATPase the bound metal fluoride complexes are demonstrated to be MgF\(_4^2\) (7, 11, 12), BeF\(_3\) and AlF\(_3\) (34, 35). Biochemical and structural studies of interactions of metal fluorides with Ca-ATPase and Na,K-ATPase have demonstrated that they are useful tools in the study of the change in conformational states of these P-type ATPases that couples ATP hydrolysis to active cation transport. MgF\(_4^2\) bound at the catalytic site has a tetrahedral geometry and is equivalent to the non-covalently bound P\(_i\), representing the product state of the E2-P hydrolysis. BeF\(_3\) also has a tetrahedral geometry, but is likely to form a covalent bond with a carboxyl oxygen of the Asp so that it mimics aspartylphosphate (i.e. E2-P ground state) (36). The bound AlF\(_3\) has a planar structure, where an oxygen from the hydrolytic water molecule and an Asp oxygen coordinate to the aluminum ion thus producing the trigonal bipyramidal structure like the penta-coordinated P\(_i\) in the E2-P transition state. In SERCA1, if Ca\(^{2+}\) is present, AlF\(_3\) plus ADP stabilizes a transition state analog (i.e. E1–P–ADP) (7, 8). This seems also to be the case with Na,K-ATPase, as indicated by the PK cleavage pattern of the AlF\(_3\)-ADP-stabilized enzyme conformation (Fig. 6), which was clearly distinct from the Be-fluoride and MgP\(_i\) stabilized E2-P ground states. Several other properties were also distinct for the E-AlF\(_3\)-ADP form including the inhibition pattern, with a lower pH sensitivity (Table 1) and a high affinity reactivation by Na\(^+\) (Fig. 10B). As with SERCA, the E-BeFx state closely resembled the E2-P state. The PK cleavage pattern in Fig. 6A clearly showed this, as PK yielded a 95 kDa fragment in both E-BeFx and E2-MgP\(_i\) (lanes 3 and 5), which was absent in E-AlF\(_3\) (Fig. 6C).
As seen from Fig. 1 the inhibition by NaF at a constant MgCl₂ concentration of 5 mM had an inhibitor constant, \( K_i \), that increased from 1.3 mM at pH 6.5 to 6.4 mM at pH 8.5 at 24 °C. The Hill coefficient \( (n_H) \) was about −2.2, in accordance with the theoretical lower limit for the number of bound fluorines in the complex, MgF₂⁻. In Fig. 2 the inhibition by MgCl₂, BeSO₄, AlCl₃, and AlCl₃ +1 mM ADP at 5 mM NaF is shown at pH 7.5. Previously an inhibitor constant, \( K_i \), of 0.32 \( \mu \)M for AlCl₃ at 0.3 mM Na₂F and 5.7 mM MgCl₂ to pig kidney Na,K-ATPase at pH 6.8 at 37 °C has been measured (2), which is somewhat lower than the 12.5 \( \mu \)M found in the present investigation (Table 1) under different conditions and at 23 °C.

In Table 1 the inhibitor constants at varying pH are collected. In all cases the apparent affinity as deduced from these values was higher at low pH (compared with high pH) values. Similar effects of pH have previously been observed, and attributed to a stabilization of the E₂ conformation at low pH (9). Also, a high pH shifts the E₁P/E₂P poise and stabilizes E₁P (27, 37).

Also seen from Table 1 is that the Hill coefficient for inhibition was significantly larger than one for all metal fluoride complexes tested. Although \( n_H \) is an empirical parameter in the fitting process it has a structural correlate, i.e., \( n_H \neq -1 \) indicates that more than one metal ion is bound in the Na,K-ATPase phosphorylation domain. For Mg²⁺ this suggests that two Mg²⁺ ions are found in the phosphorylation domain in the Na,K-ATPase crystal structure and responsible for inhibition, one with MgF₂⁻ and one at the Mg²⁺ sub-site in the P-domain (D717 in shark, Fig. 3) (12). For SERCA it is well documented that the metal ion site in the P-domain (D703) accommodates almost any divalent metal in E₁P and E₂P (38). Therefore Be²⁺ may be able to bind to the Mg²⁺ site in the P-domain of Na,K-ATPase. The Hill coefficient for AlCl₃ was about 2 indicating binding of more than one Al³⁺ in the phosphorylation domain. In the E₁-AlF₄⁻ADP crystal structures of SERCA there is one AlF₄⁻ in the phosphorylation site and two additional Mg²⁺ ions, one binds to the P domain and the other to ADP. Thus in the absence of ADP it is likely that two Al³⁺ ions can bind. As the crystal structures of Na,K-ATPase and SERCA1 in the E₂-MgF₄⁻ form show somewhat different positions for the A-domain, it is also possible that other metal ions can be accommodated in the phosphorylation site of Na,K-ATPase.

The rate of inhibition by the various metal fluorides could all be fitted with monoeponential time functions characterized by a single pseudo-first-order rate constant (Fig. 4). The observed rate constants for inhibition by the different metal fluorides were hyperbolic functions of the metal fluoride concentrations indicating that the reaction of enzyme with MeF proceeds through formation of an intermediate E:MeF complex, which slowly transforms to the E-MeF form (see Reaction Scheme I). From the experiments the dissociation constants \( (K_{MeF}) \) for BeF₃⁻, AlF₄⁻, and AlF₄⁻-ADP at pH 7.5 were 358, 149, and 218 \( \mu \)M, respectively, corresponding to half-maximal saturation constants, \( K_{MeF} \), of 9, 17, and 26 \( \mu \)M, respectively.

Similar to phosphate and vanadate, metal fluorides have been demonstrated to promote binding of ouabain to Na,K-ATPase (6, 39), and this ouabain binding is antagonized by extracellular K⁺. The rate of inhibition and ease of binding of CTS to different metal fluoride complexes of Na,K-ATPase should reflect the structural compatibility for binding, i.e., the extent of structural rearrangements necessary for accommodating the binding of the CTS. The crystal structure of the E₂-2K⁺-Pᵢ intermediate with ouabain bound at low affinity that was recently characterized (1) strongly suggests that ouabain binding takes place through a structure equivalent to the luminal Ca²⁺ exit pathway observed in the crystal structure of the E₂-P groundstate (E₂-BeF₃⁻) of Ca-ATPase (34, 35).

As seen in Fig. 8, the highest binding rate and fluorescence intensity of anthroyl ouabain occurred in the E-BeF₃⁻ form, with an observed rate constant twice that of binding to dephosphoenzyme and E₂P, and 20-fold faster than to the E-AlF₄⁻ intermediate. AO binding to enzyme intermediates stabilized by AlF₄⁻ADP or MgF₂⁻ was immeasurable suggesting a very low affinity of these complexes for CTS. K⁺ addition to the E-BeF₃⁻ form after AO binding decreased the AO fluorescence only

FIGURE 10. Time course of reactivation of fluoride-inhibited Na,K-ATPase. A, time course of reactivation of Na,K-ATPase at 23 °C pH 7.5 by incubation in 150 mM NaCl prior to measurement of hydrolytic activity. The enzyme was treated with 5 mM NaF (black curves), or KF (gray curves) and either 5 mM MgCl₂ (○), 5 \( \mu \)M BeSO₄ (●), 200 \( \mu \)M AlCl₃ (□), 200 \( \mu \)M AlCl₃ plus 1 mM ADP (○). The curves are monoexponential fits to the data. The observed rate constants, \( k_{rel} \), are given in Table 2. The black symbols are with 5 mM NaF, and the gray symbols are with 5 mM KF as the fluoride donor. B, activity after 60 min reactivation as a function of Na⁺ concentration in the reactivation medium. Enzyme was treated with metal fluorides as indicated in Table 2. C, reactivation of BeF₃⁻-treated enzyme with bound ouabain (10 \( \mu \)M, black curves) or ouabagenin (100 \( \mu \)M, gray curves). The CTS were included for 50 min in the metal fluoride incubation media before reactivation by 150 mM NaCl and activity test. The \( k_{rel} \), for the reactivation in the presence of OG is 0.67 \( \pm \) 0.04 \( \times \) 10⁻³ s⁻¹.

TABLE 2

|        | NaF       | KF        |
|--------|-----------|-----------|
|        | \( k_{rel} \) | \( K_{MeF} \) | \( k_{obs} \) |
|        | \( 10^{-4} \text{s}^{-1} \) | \( \text{mM} \) | \( 10^{-4} \text{s}^{-1} \) |
| MgCl₂  | 1.40 ± 0.03 | 89.0 ± 1.1* | 0.300 ± 0.005 |
| BeSO₄  | 27.3 ± 3.1  | 8.1 ± 1.4  | 29.5 ± 1.3  |
| AlCl₃  | 19.3 ± 1.0  | 7.0 ± 1.1  | 2.53 ± 0.08 |
| AlCl₃+ADP | 14.8 ± 1.0  | 0.8 ± 0.4  | 0.40 ± 0.07 |

* The relation is clearly sigmoid with a Hill coefficient of 2.1 ± 0.1.
slowly within the recorded time period, suggesting that the K$^+$-access pathway is blocked by the bound AO (Fig. 8B, upper trace). Comparison of the fluorescence responses with the rate of inhibition of catalytic activity under otherwise identical conditions (20 °C and 1 μM AO) showed very similar rates, and with very similar relative levels of inhibition and fluorescence increase (Fig. 9).

The binding of AO to the dephosphoenzyme in the presence of only Mg$^{2+}$ was as fast as binding of AO to phosphorylated enzyme, but with a reduced level of fluorescence (Fig. 8A) and level of inhibition (Fig. 9). This is not a unique property of shark Na,K-ATPase because similar results were obtained using pig kidney enzyme (not shown). Similar AO binding to the dephospho-form of rabbit kidney Na,K-ATPase was observed by Fortes at 37 °C, although the binding was ~10 times slower than that to phosphorylated enzyme (32, 33). In any case, it does not seem to be mandatory that the enzyme is phosphorylated to bind ouabain, in accord with the thermal fluctuation hypothesis mentioned below.

Structurally, CTS are composed of three major components: a 5-membered lactone ring, a steroid core, and a sugar moiety, which in the case of ouabain is rhamnose. Ouabagenin is identical to ouabain, but without an attached rhamnose. Traditionally, the slow binding of CTS to Na,K-ATPase has been explained by an induced fit, multi-step binding mechanism where the lactone ring binds first, the steroid core then opens a binding cavity, and the glycoside finally stabilizes the binding (40). It is indeed feasible that ouabain binds to Na,K-ATPase by an induced fit mechanism. However, it seems likely that the conformations induced by CTS binding are attainable even in its absence. Ouabain may simply stabilize one particular conformation, which may not be highly populated in the absence of ouabain. In the E2-P ground state, M1 and M2 are closer to M4 and there may already be a cavity/channel for releasing Na$^+$. Then, ouabain may simply fit there, as in thapsigargin binding to SERCA. Thapsigargin binds to E2-BeF$^3$ without affecting the cytoplasmic domains (36). This means that the transmembrane domain undergoes significant independent thermal fluctuations. Binding of CTS to the Na,K-ATPase was most pronounced (fast and with high fluorescence) with the E-BeF$^3$ form, which is compatible with the fact that BeF$^3$ stabilizes the E2-P ground state in SERCA. In the crystal structure a luminal Ca$^{2+}$ pathway is already formed (34, 35) and the structure equivalent in Na,K-ATPase could serve as an entrance pathway for ouabain (1).

The inhibition of Na,K-ATPase by metal fluoride complexes was reversible. Reactivation by high Na$^+$ concentration was slow for MgF$^x$ complexes, as also previously shown with dog kidney Na,K-ATPase (10). The fastest reactivation, except for E-AlF$^x$ADP, at 150 mM NaCl, 23 °C and pH 7.5 was for the E-BeF$^x$ form, which had a $k_{obs}$ of 2.8×10$^{-2}$ s$^{-1}$, twenty times faster than reactivation of the E-MgF$^x$ form (Table 2). Reactivation of E-AlF$^x$ADP took place with much higher Na$^+$ affinity than for the other EP analogues, indicating that this form is an E1~P:ADP like conformation (Fig. 10B). The reactivation of metal fluoride treated enzyme by Na$^+$ was strongly opposed by the presence of K$^+$ during the metal fluoride incubation, except for BeF$^x$-treated enzyme (Fig. 10A). Thus, in the E2-BeF$^x$ conformation Na$^+$ and K$^+$ seem to be exchangeable, in accord with an open extracellular cation pathway, whereas in the E2-AlF$^x$ADP and in the E2-MgF$^x$ conformation, K$^+$ seems to be tightly bound preventing Na$^+$ reactivation of the enzyme. As in SERCA the cation entrance pathway probably closes as a result of the structural rearrangements associated with the change in phosphate coordination in the phosphorylation site from the covalently bound tetrahedral E2-P ground state (E-BeF$^x$ analog), via the trigonal bipyramidal E2~P transition state (E-AlF$^x$ analog), to the non-covalently bound E2-P product state (E-MgF$^x$ analog) (36). It also supports the notion that reactivation is taking place by Na$^+$ binding to the K$^+$ sites on E2P-like conformations, i.e. to the extracellular sites. Thus, the situation resembles SERCA, where Ca$^{2+}$ reactivation takes place by low affinity binding of Ca$^{2+}$ to the luminal transport sites (36).
Reactivation of BeF$_x$-treated Na,K-ATPase with bound ouabain (Fig. 10C) shows that ouabain binding to E2-BeF$_x$ prevented reactivation by high concentration of Na$^+$, demonstrating that ouabain binding blocks the extracellular pathway for cations, in accord with the lack of K$^+$ effects on fluorescence after binding of anthroyl ouabain (Fig. 8B). In contrast, reactivation of the ouabagenin-bound enzyme was significant, although about 40 times slower than for the unbound form (Fig. 10C) indicating that the CTS sugar moiety is pivotal in closing the CTS binding cavity. Exactly identical results were found comparing reactivation after digoxin/digoxigenin and digitoxin/digitoxigenin demonstrating the general nature of these effects. Probably, the unbinding reaction of ouabagenin is fast enough to allow Na$^+$ ions to bind each time ouabagenin comes off. The results are thus in agreement with the finding that the dissociation rate constants for the aglycones are much larger than for the glycosides (41). An even more specific role of the CTS sugar moiety was assigned recently by Katz et al. (42), who demonstrated that the sugar determines the isoform specificity. Thus residues similar in human α2 and α3 but different in α1 (Q126, E314, V888, and W894 in human α1, which are equivalent to A126, G314, V888, and W894 in shark; cf. Fig 11) are all located in the extracellular loops close to the CTS sugar moiety. Aglycones like ouabagenin show no isoform selectivity since the structural differences between the α isoforms are spatially confined to areas close to the sugar moiety.

All these findings are in keeping with the recent low-affinity ouabain-bound crystal structure of the Na$_x$K$_y$ATPase from the shark (1), which demonstrates that ouabain is wedged deeply into the transmembrane domain of Na$_x$K$_y$ATPase interacting mainly with the M1-M2 and M4-M6 helices (Fig. 11). The lactone ring is placed near the K$^+$-binding sites and the sugar moiety is exposed to the solvent. The binding of ouabain causes rearrangements of the M1-M4 transmembrane helices to create a binding cavity much like the one observed in the crystal structure of SERCA1a in the E2-P ground state stabilized by BeF$_3^-$ (34, 35). In the homology model of the high-affinity ouabain bound crystal structure based on this E2-P ground state (E2-BeF$_3^-$) of Ca$_2$-ATPase the rearrangements in the extracellular domain necessary to confer high affinity binding of ouabain are described (1). The M1-M2 helices have moved to form a complementary surface to ouabain and in doing so close the binding cavity (see Fig. 11). The Glu-122 side chain in the M1-M2 loop comes within hydrogen bond distance of the OH-group at C3* in rhamnose, which explains why the sugar moiety is important for high affinity binding. A similar closing of the binding cavity by thapsigargin is observed in SERCA (34) and in the recent high affinity ouabain-bound structure of Na$_x$K$_y$ATPase from pig kidney (16). The prevention of Na$^+$ reactivation of BeF$_x$-treated Na$_x$K$_y$ATPase by bound ouabain but not with ouabagenin emphasizes the pivotal role of the sugar moiety for stabilization of the high affinity binding of cardiotonic steroids, and suggests that after closing of the ouabain binding cavity Na$^+$ access to the extracellular cation binding sites are limited.

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Na,K-ATPase Metal Fluoride Complexes