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End-to-End Rate-Distortion Optimized MD Mode Selection for Multiple Description Video Coding

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Received 10 March 2005; Revised 13 August 2005; Accepted 1 September 2005

Multiple description (MD) video coding can be used to reduce the detrimental effects caused by transmission over lossy packet networks. A number of approaches have been proposed for MD coding, where each provides a different tradeoff between compression efficiency and error resilience. How effectively each method achieves this tradeoff depends on the network conditions as well as on the characteristics of the video itself. This paper proposes an adaptive MD coding approach which adapts to these conditions through the use of adaptive MD mode selection. The encoder in this system is able to accurately estimate the expected end-to-end distortion, accounting for both compression and packet loss-induced distortions, as well as for the bursty nature of channel losses and the effective use of multiple transmission paths. With this model of the expected end-to-end distortion, the encoder selects between MD coding modes in a rate-distortion (R-D) optimized manner to most effectively tradeoff compression efficiency for error resilience. We show how this approach adapts to both the local characteristics of the video and network conditions and demonstrates the resulting gains in performance using an H.264-based adaptive MD video coder.

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1. INTRODUCTION

Streaming video applications often require error-resilient video coding methods that are able to adapt to current network conditions and to tolerate transmission losses. These applications must be able to withstand the potentially harsh conditions present on best-effort networks like the Internet, including variations in available bandwidth, packet losses, and delay.

Multiple description (MD) video coding is one approach that can be used to reduce the detrimental effects caused by packet loss on best-effort networks [1–7]. In a multiple description system, a video sequence is coded into two or more complementary streams in such a way that each stream is independently decodable. The quality of the received video improves with each received description, but the loss of any one of these descriptions does not cause complete failure. If one of the streams is lost or delivered late, the video playback can continue with only a slight reduction in overall quality. For an in-depth review of MD coding for video communications see [8].

There have been a number of proposals for MD video coding each providing their own tradeoff between compression efficiency and error resilience. Previous MD coding approaches applied a single MD technique to an entire sequence. However, the optimal MD coding method will depend on many factors including the amount of motion in the scene, the amount of spatial detail, desired bitrates, error recovery capabilities of each technique, current network conditions, and so forth. This paper examines the adaptive use of multiple MD coding modes within a single sequence. Specifically, this paper proposes an adaptive MD coder which selects among MD coding modes in an end-to-end rate-distortion (R-D) optimized manner as a function of local video characteristics and network conditions. The addition of the end-to-end R-D optimization is an extension of the adaptive system proposed in [9]. Some preliminary results with this approach were presented in [10].

This paper continues in Section 2 with a discussion of the MD coding modes used and the advantages and disadvantages of each. Sections 3 and 4 present an overview of how end-to-end optimized mode selection can be achieved in MD systems. The details of the proposed system are provided in Section 5, and experimental results are given in Section 6.

2. MD CODING MODES

A multiple description (MD) coder encodes a media stream into two or more separately decodable streams and transmits these independently over the network. The loss of any one of
these streams does not cause complete failure, and the quality of the received video improves with each received description. Therefore, even when one description is lost for a significant length of time the video playback can continue, at a slight reduction in quality, without waiting for rebuffering or retransmission.

Perhaps the simplest example of an MD video coding system is one where the original video sequence is partitioned in time into even and odd frames, which are then independently coded into two separate streams for transmission over the network. This approach generates two descriptions, where each has half the temporal resolution of the original video. In the event that both descriptions are received, the frames from each can be interleaved to reconstruct the full sequence. In the event one stream is lost, the other stream can still be straightforwardly decoded and displayed, resulting in video at half the original frame rate.

Of course, this gain in robustness comes at a cost. Temporally subsampling the sequence lowers the temporal correlation, thus reducing coding efficiency and increasing the number of bits necessary to maintain the same level of quality. Without losses, the total bitrate necessary for this MD system to achieve a given distortion is generally higher than the corresponding rate for a single stream encoder to achieve the same distortion. This is a tradeoff between coding efficiency and robustness. However, in an application where we stream video over a lossy packet network, it is not so much a question of whether it is useful to give up some amount of efficiency for an increase in reliability as it is a question of finding the most effective way to achieve this tradeoff.

This paper proposes adaptive MD mode selection in which the encoder switches between different coding modes within a sequence in an intelligent manner. To illustrate this idea, the system discussed in this paper uses a combination of four simple MD modes: single description coding (SD), temporal splitting (TS), spatial splitting (SS), and repetition coding (RC), see Figure 1. This section continues by describing these methods and their advantages and disadvantages; see Table 1.

Single description (SD) coding represents the typical coding approach where each frame is predicted from the previous frame in an attempt to remove as much temporal redundancy as possible. Of all the methods presented here, SD coding has the highest coding efficiency and the lowest resilience to packet losses. On the other extreme, repetition coding (RC) is similar to the SD approach except the data is transmitted once in each description. This obviously leads to poor coding efficiency, but greatly improves the overall error resilience. As long as both descriptions of a frame are not lost simultaneously, there will be no effect on decoded video quality. The remaining two modes provide additional tradeoffs between error resilience and coding efficiency. The temporal splitting (TS) mode effectively partitions the sequence along the time dimension into even and odd frames. Even frames are predicted from even and odd frames from odd frames. Similarly, in spatial splitting (SS), the sequence is partitioned along the spatial direction into even and odd lines. Even lines are predicted from even lines and odd from odd.

We chose to examine these particular modes for the following reasons. First, these methods tend to complement each other well with one method strong in regions where another method is weak, and vice versa. This attribute will be illustrated later in this paper. Secondly, each MD mode makes a different tradeoff between compression efficiency...
and error resilience. This set of modes examines a wide range on the compression efficiency/error resilience spectrum, from most efficient single description coding to most resilient repetition coding. Finally, these approaches are all fairly simple both conceptually and from a complexity standpoint. Conceptually, it is possible to quickly understand where each one of these modes might be most or least effective, and in terms of complexity, the decoder in this system is not much more complicated than the standard video decoder. It is important to note that additional MD modes of interest may be straightforwardly incorporated into the adaptive MD encoding framework and the associated models for determining the optimized MD mode selection. In addition, it is also possible to account for improved MD decoder processing which may lead to reduce distortion from losses (e.g., improved methods of error recovery where a damaged description is repaired by using an undamaged description [1, 11]), and thereby effect the end-to-end distortion estimation performed as part of the adaptive MD encoding.

### 3. OPTIMIZED MD MODE SELECTION

Each approach to MD coding trades off some amount of compression efficiency for an increase in error resilience. How efficiently each method achieves this tradeoff depends on the quality of video desired, the current network conditions, and the characteristics of the video itself. Most prior research in MD coding involved the design and analysis of novel MD coding techniques, where a single MD method is applied to the entire sequence; this approach is taken so as to evaluate the performance of each MD method. However, it would be more efficient to adaptively select the best MD method based on the situation at hand. Since the encoder in this system has access to the original source, it is possible to calculate the rate-distortion statistics for each coding mode and select between them in an R-D optimized manner.

The main question then is how to make the decision between different modes. Lagrangian optimization techniques can be used to minimize distortion subject to a bitrate constraint [12]. However, this approach assumes the encoder has full knowledge of the end-to-end distortion experienced by the decoder. When transmitted over a lossy channel, the end-to-end distortion consists of two terms; (1) known distortion from quantization and (2) unknown distortion from random packet loss. The unknown distortion from losses can only be determined in expectation due to the random nature of losses. Modifying the Lagrangian cost function to account for the total end-to-end distortion gives the following:

$$J(\lambda) = D_i^\text{quant} + E[D_i^\text{loss}] + \lambda R_i$$

Here, $R_i$ is the total number of bits necessary to code region $i$, $D_i^\text{quant}$ is the distortion due to quantization, and $D_i^\text{loss}$ is a random variable representing the distortion due to packet losses. Thus, the expected distortion experienced by the decoder can be minimized by coding each region with all available modes and choosing the mode which minimizes this Lagrangian cost.

Calculating the expected end-to-end distortion is not a straightforward task. The quantization distortion $D_i^\text{quant}$ and bitrate $R_i$ are known at the encoder. However, the channel distortion $D_i^\text{loss}$ is difficult to calculate due to spatial and temporal error propagation. In [13], the authors show how to estimate expected distortion in a pixel-accurate recursive manner for SD and Bernoulli losses. In the next section, we discuss this approach and the extensions necessary to apply it to the current problem of MD coding over multiple paths with Gilbert (bursty) losses.

### 4. MODELING EXPECTED DISTORTION IN MULTIPLE DESCRIPTION STREAMS

As discussed in Section 3, random packet losses force the encoder to model the network channel and estimate the expected end-to-end distortion. With an accurate model of expected distortion, the encoder can make optimized decisions to improve the quality of the reconstructed video stream at the decoder. A number of approaches have been suggested in the past to estimate end-to-end distortion. The problem was originally considered for optimizing intra/inter decisions in single description streams to combat temporal error propagation. Some early approaches to solving this problem in an R-D optimized framework appear in [14, 15]. In [13], the authors suggest a recursive optimal per-pixel estimate (ROPE)

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**Table 1: List of MD coding modes along with their relative advantages and disadvantages.**

| MD mode | Description | Advantages | Disadvantages |
|---------|-------------|------------|---------------|
| SD      | Single description coding | Highest coding efficiency of all methods | Least resilience to errors |
| TS      | Temporal splitting | Good coding efficiency with better error resilience than SD coding. Works well in regions with little or no motion | Increased temporal distance reduces the effectiveness of temporal prediction leading to a decrease in coding efficiency |
| SS      | Spatial splitting | High resilience to errors with better coding efficiency than RC. Works well in regions with some amount of motion | Field coding leads to decreased coding efficiency, with typically lower coding efficiency than TS mode |
| RC      | Repetition coding | Highest resilience to errors of all the methods. The loss of either stream has no effect on decoded quality | Repetition of data is costly leading to low coding efficiency |
for optimal intra/inter mode selection. Here, the expected distortion for any pixel location is calculated recursively as follows. Suppose $f_n^i$ represents the original pixel value at location $i$ in frame $n$, and $\tilde{f}_n^i$ represents the reconstruction of the same pixel at the decoder. The expected distortion $d_n^i$ at that location can then be written as

$$d_n^i = E\left[ (f_n^i - \tilde{f}_n^i)^2 \right] = f_n^i - 2f_n^iE[\tilde{f}_n^i] + E[\tilde{f}_n^i].$$

(2)

At the encoder, the value $f_n^i$ is known and the value $\tilde{f}_n^i$ is a random variable. So, the expected distortion at each location can be determined by calculating the first and second moment of the random variable $\tilde{f}_n^i$.

If we assume the encoder uses full pixel motion estimation, each correctly received pixel value can be written as $\tilde{f}_n^i = \hat{e}_n^i + \tilde{f}_{n-1}^i$, where $\tilde{f}_{n-1}^i$ represents the pixel value in the previous frame which has been used for motion-compensated prediction and $\hat{e}_n^i$ represents the quantized residual (in the case of intra-pixels, the prediction is zero and the residual is just the quantized pixel value). The first moment of each received pixel can then be recursively calculated by the encoder as follows

$$E[\tilde{f}_n^i | \text{received}] = \hat{e}_n^i + E[\tilde{f}_{n-1}^i].$$

(3)

If we assume the decoder uses frame copy error concealment, each lost pixel is reconstructed by copying the pixel at the same location in the previous frame. Thus, the first moment of each lost pixel is

$$E[\tilde{f}_n^i | \text{lost}] = E[\tilde{f}_{n-1}^i].$$

(4)

The total expectation can then be calculated as

$$E[\tilde{f}_n^i] = P(\text{received})E[\tilde{f}_n^i | \text{received}] + P(\text{lost})E[\tilde{f}_n^i | \text{lost}].$$

(5)

The calculations necessary for computing the second moment of $\tilde{f}_n^i$ can be derived in a similar recursive fashion.

In [16], this ROPE model is extended to a two-stream multiple description system by recognizing the four possible loss scenarios for each frame: both descriptions are received, one or the other, description is lost, or both descriptions are lost. For notational convenience, we will refer to these outcomes as 11, 10, 01, and 00 respectively. The conditional expectations of each of these four possible outcomes are recursively calculated and multiplied by the probability of each occurring to calculate the total expectation,

$$E[\tilde{f}_n^i] = P(11)E[\tilde{f}_n^i | 11] + P(10)E[\tilde{f}_n^i | 10]$$

$$+ P(01)E[\tilde{f}_n^i | 01] + P(00)E[\tilde{f}_n^i | 00].$$

(6)

Graphically, this can be depicted as shown in Figure 3(a). The first moments of the random variables $\tilde{f}_{n-1}^i$ as calculated in the previous frame are used to calculate the four intermediate expected outcomes which are then combined together using (6) and stored for future frames. Again, the second moment calculations can be computed in a similar manner.

These previous methods have assumed a Bernoulli-independent packet loss model where the probability that any packet is lost is independent of any other packet. However, the idea can be modified for a channel with bursty packet losses as well. Recent work has identified the importance of burst length in characterizing error resilience schemes, and that examining performance as a function of burst length is an important feature for comparing the relative merits of different error-resilient coding methods [11, 17, 18].

For this system, we have extended the MD ROPE approach to account for bursty packet loss. Here we use a two-state Gilbert loss model, but the same approach could be used for any multistate loss model including those with fixed burst lengths. We use the Gilbert model to simulate the nature of bursty losses where packet losses are more likely if the previous packet has been lost. This can be represented by the Markov model shown in Figure 2 assuming $p_0 < p_1$.

The expected value of any outcome in a multistate packet loss model can be calculated by computing the expectation conditioned on transitioning from one outcome to another multiplied by the probability of making that transition. For the two-state Gilbert model, this idea can be roughly depicted as shown in Figure 3(b). For example, assume $T_{A}^B$ represents the event of transitioning from outcome $A$ at time $n-1$ to outcome $B$ at time $n$, and $P(T_{A}^B)$ represents the probability of making this transition. Then the expected value of outcome 11 can be computed as shown in (7),

$$E[\tilde{f}_n^i | 11] = P(T_{11}^0) \cdot E[\tilde{f}_n^i | T_{11}^0] + P(T_{11}^1) \cdot E[\tilde{f}_n^i | T_{11}^1]$$

$$+ P(T_{01}^1) \cdot E[\tilde{f}_n^i | T_{01}^1] + P(T_{00}^1) \cdot E[\tilde{f}_n^i | T_{00}^1].$$

(7)

The remaining three outcomes can be computed in a similar manner. Due to the Gilbert model, the probability of transitioning from any outcome at time $n-1$ to any other outcome at time $n$ changes depending on which outcome is currently being considered. For instance, when computing the expected value of outcome 00, the result when both streams are lost, the probability that the previous outcome was 10, 01, or 00 is much higher than when computing the expected value of outcome 11. Since the transitional probabilities vary from outcome to outcome, it is not possible to combine the four expected outcomes into one value as can be done in the Bernoulli case. The four values must be stored separately for future use as shown in Figure 3(b). Once again, the second moment values can be computed using a similar approach.

The above discussion assumed full pixel motion vectors and frame copy error concealment, but it is possible to extend this approach to subpixel motion vector accuracy and more complicated error concealment schemes. As discussed in [13], the main difficulty with this arises when computing the second moment of pixel values which depend on a linear combination of previous pixels. The second moment depends on the correlations between each of these previous pixels and is difficult to compute in a recursive manner. We have modified the above approach in order to apply it to the H.264 video coding standard with quarter-pixel motion.
vector accuracy and more sophisticated error concealment methods by using the techniques proposed in [19] for estimation of cross-correlation terms. Specifically, each correlation term $E[XY]$ is estimated by

$$ E[XY] = \frac{E[X]}{E[Y]} E[Y^2]. \tag{8} $$

Figure 4 demonstrates the performance of the above approach in tracking the actual distortion experienced at the decoder. Here we have coded the Foreman and Carphone test sequences at approximately 0.4 bits per pixel (bpp) with the H.264 video codec using the SD approach mentioned in Section 2. The channel has been modeled by a two path channel, where the paths are symmetric with Gilbert losses at an average packet loss rate of 5% and expected burst length of 3 packets. The expected distortion as calculated at the encoder using the above model has been plotted relative to the actual distortion experienced by the decoder. This actual distortion was calculated by using 1200 different packet loss traces and averaging the resulting squared-error distortion. As shown in both of these sequences, the proposed model is able to track the end-to-end expected distortion quite closely. Also shown in this figure for reference is the quantization only distortion (with no packet losses).

5. MD SYSTEM DESIGN AND IMPLEMENTATION

The system described in this paper has been implemented based on the H.264 video coding standard using quarter-pixel motion vector accuracy and all available intra- and interprediction modes [20]. We have used reference software version 8.6 for these experiments with modifications to support adaptive mode selection. Due to the in-loop deblocking filter used in H.264, the current macroblock will depend on neighboring macroblocks within the frame, including blocks which have yet to be coded. This deblocking filter has been turned off in our experiments to remove this causality issue and simplify the problem.

The adaptive mode selection is performed on a macroblock basis using the Lagrangian techniques discussed in Section 3 with the expected distortion model from Section 4. Note that this optimization is performed simultaneously for

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**Figure 2**: Gilbert packet loss model. Assuming $p_0 < p_1$, the probability of each packet being lost increases if the previous packet was lost. This causes bursty losses in the resulting stream.

**Figure 3**: Conceptual computation of first moment values in MD ROPE approach: (a) Bernoulli case: the moment values from the previous frame are used to compute the expected values in each of the four possible outcomes which are then combined to find the moment values for the current frame; (b) Gilbert losses: due to the Gilbert model, the probability of transitioning from any one outcome at time $n-1$ to any other outcome at time $n$ changes depending on which outcome is currently being considered. Thus, the four expected outcomes cannot be combined into one single value as was done in the Bernoulli case. Each of these four values must be stored separately for future calculations.
both traditional coding decisions (e.g., inter versus intra coding) as well as for selecting one of the possible MD modes.

As mentioned in Section 2, the current system uses a combination of four possible MD modes: single description coding (SD), temporal splitting (TS), spatial splitting (SS), and repetition coding (RC). Note that when coded in a non-adaptive fashion, each method (SD, TS, SS, RC) is still performed in an R-D optimized manner as mentioned above. All of the remaining coding decisions, including inter versus intra coding, are made to minimize the end-to-end distortion. For instance, the RC mode is not simply a straightforward replica of the SD mode. The system recognizes the improved reliability of the RC mode and elects to use far less intra-coding allowing more intelligent allocation of the available bits. Also, it was necessary to modify the H.264 codec to support macroblock level adaptive interlaced coding in order to accommodate the spatial splitting mode. The temporal splitting mode, however, was implemented using the standard compliant reference picture selection available in H.264.

The packetization of data differs slightly for each mode (see Figure 5). In both the SD or TS approaches, all data for a frame is placed into a single packet. The even frames are then sent along one stream and the odd frames along the other. While in the SS and RC approaches, data from a single frame is coded into packets placed into both streams. For SS, even lines are sent in one stream and odd lines in the other, while for RC all data is repeated in both streams. Therefore, for SD and TS each frame is coded into one large packet which is sent in alternating streams, while for SS and RC each frame is coded into two smaller packets and one small packet is sent in each stream. Since the adaptive approach (ADAPT) is a combination of each of these four methods, there is typically one slightly larger packet and one smaller packet and these alternate streams between frames.

If a frame is lost in either the TS or SD method, no data exists in the opposite stream at the same time instant, so the missing data is estimated by directly copying from the previous frame. Note that here we copy from the most previous frame in either description, not the previous frame in the same description. In the SS method, if only one description is lost, the decoder estimates the missing lines in the frame using linear interpolation, and if both are lost, it estimates the missing frame by copying the previous frame. Similarly for RC, if only one description is lost, the decoder can use the data in the opposite stream, while if both are lost, it copies the previous frame.
6. EXPERIMENTAL RESULTS

The following results have been obtained using our modified H.264 JM 8.6 codec (described above) with the Foreman and Carphone video test sequences. Both sequences are 30 frames per second at QCIF resolution. The Foreman sequence has 400 frames and the Carphone sequence has 382 frames.

To measure the actual distortion experienced at the decoder, we have simulated a Gilbert packet loss model with packet loss rates and expected burst lengths as specified in each section below. For each of the experiments, we have run the simulation with 300 different packet loss traces and averaged the resulting squared-error distortion. The same packet loss traces were used throughout a single experiment to allow for meaningful comparisons across the different MD coding methods.

Each path in the system is assumed to carry 30 packets per second where the packet losses on each path are modeled as a Gilbert process. For wired networks, the probability of packet loss is generally independent of packet size so the variation in sizes should not generally affect the results or the fairness of this comparison. When the two paths are balanced or symmetric, the optimization automatically sends half the total bitrate across each path. For unbalanced paths, the adaptive system results in a slight redistribution of bandwidth as is discussed later.

In each of these experiments, the encoder is run in one of two different modes: constant bitrate encoding (CBR) or variable bitrate encoding (VBR). In the CBR mode, the quantizer and associated lambda value is adjusted on a macroblock basis in an attempt to keep the number of bits used in each frame approximately constant. Keeping the bitrate constant allows a number of useful comparisons between methods on a frame-by-frame basis such as those presented in Figure 6. Unfortunately, the changes in quantizer level must be communicated along both streams in the adaptive approach which leads to some significant overhead. While this signaling information is included in the bitstream, the amount of signaling overhead is not currently incorporated in the R-D optimization decision process, hence leading to potentially suboptimal decisions with the adaptive approach. We mention this since if all of the overhead was accounted for in the R-D optimized rate control then the performance of the adaptive method would be even slightly better than shown in the current results. In the VBR mode, the quantizer level is held fixed to provide constant quality. In this case, there is no quantizer overhead and this approach yields results closer to the optimal performance. Since the rates of each mode may vary when in VBR mode (where the quantizer is held fixed), it is not possible to make a fair comparison between different modes at a given bitrate. Therefore, in experiments where we try to make fair comparisons among different approaches at the same bitrate per frame, we operate in CBR mode, for example, Figure 6, and we use VBR mode to compute rate-distortion curves, like those shown in Figure 9.

6.1. MD coding adapted to local video characteristics

We first evaluate the system’s ability to adapt to the characteristics of the video source. The channel in this experiment was simulated with two balanced paths each having 5% average packet loss rate and expected burst length of 3 packets. The video was coded in CBR mode at approximately 0.4 bits per pixel (bpp). Figure 6 demonstrates the resulting distortion in each frame averaged over the 300 packet loss traces for the adaptive MD method and each of its nonadaptive MD counterparts.

The Foreman sequence contains a significant amount of motion from frames 250 to 350 and is fairly stationary from...
frame 350 to 399. Notice how the SS/RC methods work better during periods of significant motion while the SD/TS methods work better as the video becomes stationary. The adaptive method intelligently switches between the two, maintaining at least the best performance of any nonadaptive approach. Since the adaptive approach adapts on a macroblock level, it is often able to do even better than the best nonadaptive case by selecting different MD modes within a frame as well. Similar results can be seen with the Carphone sequence. The best performing nonadaptive approach varies from frame to frame depending on the characteristics of the video. The adaptive approach generally provides the best performance of each of these.

Also shown in Figure 6 are the results from a typical video coding approach which we will refer to as standard video coding (STD). Here, R-D optimization is only performed with respect to quantization distortion, not the end-to-end R-D optimization used in the other approaches. Instead of making inter/intra coding decisions in an end-to-end R-D optimized manner as performed by SD, it periodically intra updates one line of macroblocks in every other frame to combat error propagation (this update rate was chosen since the optimal intra refresh rate [21] is often approximately 1/p, where p is the packet loss rate).

The adaptive MD approach is able to outperform optimized SD coding by up to 2 dB for the Foreman sequence, depending on the amount of motion present at the time. Note that by making intelligent decisions through end-to-end R-D optimization, the SD method examined here is able to outperform the conventional STD method by as much as 4 or 5 dB with the Foreman sequence. The adaptive MD approach outperforms optimized SD coding by up to 1 dB with the Carphone sequence, and optimized SD coding outperforms the conventional STD approach by up to approximately 3 dB.

In Figure 7, we illustrate how the mode selection varies as a function of the characteristics of the video source. Specifically, we show the percentage of macroblocks using each MD mode in each frame of the Foreman sequence. From this distribution of MD modes, one can roughly segment the Foreman sequence into three distinct regions: almost exclusively SD/TS in the last 50 frames, mostly SS/RC from frames 250–350, and a combination of the two during the first half. This matches up with the characteristics of the video which contains some amount of motion at the beginning, a fast camera scan in the middle, and is nearly stationary at the end.

### 6.2. MD coding adapted to network conditions

In our second experiment, we examine how the system adapts to the conditions of the network. The channel in this experiment was simulated with two balanced paths each with expected burst length of 3 packets. The video was coded in CBR mode at approximately 0.4 bits per pixel (bpp) and the average packet loss rate was varied from 0 to 10%. Figure 8 demonstrates the resulting distortion in the sequence for the adaptive MD method and each of its nonadaptive MD counterparts. These results were computed by first calculating the meansquared-error distortion by averaging across all the frames in the sequence and across the 300 packet loss traces, and then computing the PSNR.

Notice how the adaptive approach achieves a performance similar to the SD approach when no losses occur, but its performance does not fall off as quickly as the average packet loss rate is increased. Near the 10% loss rate, the adaptive method adjusts for the unreliable channel and has a performance closer to the RC mode. Note that the intra update rate for the STD method was adjusted in the experiment to be as close as possible to 1/p, where p is the packet loss rate, as an approximation of the optimal intra update frequency. Since this update rate could only be adjusted in an integer manner, the STD curves above tend to have some jagged fluctuations and in some cases the curves are not even monotonically decreasing. As an example, an update rate of 1/p would imply that one should update one line of macroblocks every 2.22 frames at 5% loss and every 1.85 frames at 6% loss. These two cases have both been rounded to an update of one line of macroblocks every 2 frames resulting in the slightly irregular curves.

Table 2 shows the distribution of MD modes in the adaptive approach at 0%, 5%, and 10% average packet loss rates. As the loss rate increases, the system responds by switching
Figure 8: PSNR versus average packet loss rate: (a) Foreman sequence; (b) Carphone sequence. Video coded at approximately 0.4 bpp. The average packet loss rate for this experiment was varied from 0–10%, and the expected burst length was held constant at 3 packets.

Figure 9: End-to-end R-D performance of ADAPT and nonadaptive methods: 5% packet loss rate, expected burst length 3: (a) Foreman sequence; (b) Carphone sequence.

Table 2: Comparing the distribution of MD modes in the adaptive approach at 0%, 5%, and 10% average packet loss rates. (a) Foreman sequence. (b) Carphone sequence.

| MD mode | 0% Loss | 5% Loss | 10% Loss |
|---------|---------|---------|---------|
| SD      | 70.87%  | 50.73%  | 43.57%  |
| TS      | 18.13%  | 21.22%  | 18.97%  |
| SS      | 10.81%  | 10.69%  | 10.15%  |
| RC      | 0.19%   | 17.36%  | 27.31%  |

| MD mode | 0% Loss | 5% Loss | 10% Loss |
|---------|---------|---------|---------|
| SD      | 67.49%  | 61.92%  | 57.51%  |
| TS      | 17.29%  | 22.53%  | 20.68%  |
| SS      | 15.13%  | 9.57%   | 9.19%   |
| RC      | 0.09%   | 5.98%   | 12.63%  |
from lower redundancy methods (SD) to higher redundancy methods (RC) in an attempt to provide more protection against losses. It is interesting to point out that even at 0% loss the system does not choose 100% SD coding. The adaptive approach recognizes that occasionally it can be more efficient to predict from two frames ago than from the prior frame, so it chooses TS coding. Occasionally, it can be more efficient to code the even and odd lines of a macroblock separately, so it chooses SS coding. The fact that it selects any RC at 0% loss rate is a little counterintuitive, but this results since coding a macroblock using RC changes the prediction dependencies between macroblocks. The H.264 codec contains many intra-frame predictions including motion vector prediction and intra-prediction. In order for the RC mode to be correctly decoded even when one stream is lost, the adaptive system must not allow RC blocks to be predicted in any manner from non-RC blocks. If RC blocks had been predicted from SD blocks, for example, the loss of one stream would affect the SD blocks which would consequently alter the RC data as well. Occasionally, prediction methods like motion vector prediction may not help and can actually reduce the coding efficiency for certain blocks. If this is extreme enough, it can actually be more efficient to use RC, where the prediction would not be used, even though the data is then unnecessarily repeated in both descriptions.

### 6.3. End-to-end R-D performance

Figure 9 shows the end-to-end R-D performance curves of each method. This experiment was run in VBR mode with fixed quantization levels. To generate each point on these curves, the resulting distortion was averaged across all 300 packet loss simulations, as well as across all frames of the sequence. The same calculation was then conducted at various quantizer levels to generate each R-D curve. By switching between MD methods, ADAPT is able to outperform optimized SD coding by up to 1 dB for the Foreman sequence and about 0.5 dB for the Carphone sequence. The ADAPT method is able to outperform the STD coding approach by as much as 4.5 dB with the Foreman sequence and up to 3 dB with the Carphone sequence. ADAPT is able to outperform TS, which more or less performs the second best overall, by as much as 0.5 dB.

One interesting side result here is how well RC performs in these experiments. Keep in mind that this is an R-D optimized RC approach, not simply the half-bitrate SD method repeated twice. The amount of intra coding used in RC is significantly reduced relative to SD coding as the encoder recognizes the increased resilience of the RC method and chooses a more efficient allocation of bits.

### 6.4. Balanced versus unbalanced paths

In our final experiment, we analyze the performance of the adaptive method when used with unbalanced paths where one path is more reliable than the other. The channel consisted of one path with 3% average packet loss rate and another with 7%, both with expected burst lengths of 3 packets. The video in this experiment was coded at approximately 0.4 bpp in CBR mode. Table 3 shows the distribution of MD modes in even frames of the sequence versus odd frames. The even frames are those where the larger packet (see Figure 5) is sent along the more reliable path and the smaller packet is sent along the less reliable path. The opposite is true for the odd frames. It is also interesting to compare the results from Table 3 with those from Table 2 at 5% balanced loss. The average of the even and odd frames from Table 3 matches closely with the values from the balanced case in Table 2.

As shown in Table 3, the system uses more SS and RC in the less reliable odd frames. These more redundant methods allow the system to provide additional protection for those frames which are more likely to be lost. By doing so, the adaptive system is effectively moving data from the less reliable path into the more reliable path. Table 4 shows the bitrate sent along each path in the balanced versus unbalanced cases. In this situation, the system is shifting between 5–6% of its total rate into the more reliable stream to compensate for conditions on the network. Since the nonadaptive methods are forced to send approximately half their total rate along each path, it is difficult to make a fair comparison across methods in this unbalanced situation. We are considering ways to compensate for this. However, it is quite interesting that the end-to-end R-D optimization is able to adjust to this situation in such a manner.

### 7. Conclusions

This paper proposed end-to-end R-D optimized adaptive MD mode selection for multiple description coding. This approach makes use of multiple MD coding modes within a given sequence, making optimized decisions using a model of expected end-to-end distortion. The extended ROPE model
presented here is able to accurately predict the distortion experienced at the decoder taking into account both bursty packet losses and the use of multiple paths. This allows the encoder in this system to make optimized mode selections using Lagrangian optimization techniques to minimize the expected end-to-end distortion. We have shown how one such system based on H.264 is able to adapt to local characteristics of the video and to network conditions on multiple paths and have shown the potential for this adaptive approach, which selects among a small number of simple complementary MD modes, to significantly improve video quality. The results presented above demonstrate how this system accounts for the characteristics of the video source, for example, using more redundant modes in regions particularly susceptible to losses, and how it adapts to conditions on the network, for example, switching from more efficient methods to more resilient methods as the loss rate increases. The results with this approach appear quite promising, and we believe that adaptive MD mode selection can be a useful tool for reliably delivering video over lossy packet networks.

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