Weak Langmuir turbulence in disordered multimode optical fibers

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We consider the propagation of temporally incoherent waves in multimode optical fibers (MMFs) in the framework of the multimode nonlinear Schrödinger (NLS) equation accounting for the impact of the natural structural disorder that affects light propagation in standard MMFs (random mode coupling and polarization fluctuations). By averaging the dynamics over the fast disordered fluctuations, we derive a Manakov equation from the multimode NLS equation, which reveals that the Raman effect introduces a previously unrecognized nonlinear coupling among the modes. Applying the wave turbulence theory on the Manakov equation, we derive a very simple scalar kinetic equation describing the evolution of the multimode incoherent waves. The structure of the kinetic equation is analogous to that developed in plasma physics to describe weak Langmuir turbulence. The extreme simplicity of the derived kinetic equation provides physical insight into the multimode incoherent wave dynamics. It reveals the existence of different collective behaviors where all modes self-consistently form a multimode spectral incoherent soliton state. Such an incoherent soliton can exhibit a discrete behavior characterized by collective synchronized spectral oscillations in frequency space. The theory is validated by accurate numerical simulations: The simulations of the generalized multimode NLS equation are found in quantitative agreement with those of the derived scalar kinetic equation without using adjustable parameters.

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I. INTRODUCTION

Multimode optical fibers (MMFs) constitute ideal test beds for the study of complex spatiotemporal nonlinear optical phenomena. The phenomena that can be tested include multi-octave spanning supercontinuum generation involving intense visible frequency combs, multiple filamentation processes, or multimode solitons [1–6]. Actually, light dynamics in MMFs involves a variety of nonlinear effects whose complexity requires a deep understanding of spatiotemporal nonlinear propagation, with a multitude of applications such as the improvement of optical signal processing techniques for spatial division multiplexing [7], or the development of novel high-energy versatile fiber sources [8].

Aside from potential applications, MMFs also provide a natural platform for the study of the interplay of nonlinearity and disorder [9–11], which is a fundamental problem of general interest [12–15]. As a matter of fact, light propagation in a conventional MMF is known to be affected by a structural disorder of the material due to inherent imperfections and external perturbations (e.g., bending, twisting, tensions, or core-size variations in the fabrication process) [7], a feature which is relevant to endoscopic imaging for instance [16]. When such a natural disorder of the fiber dominates over nonlinear effects, the nonlinear Schrödinger (NLS) equation describing the propagation of light can be reduced to an effective equation through the so-called Manakov approximation, a procedure originally developed for single-mode fibers [17] and more recently extended to MMFs [18–23].

From a different perspective, a fundamental phenomenon of spatial beam self-organization, termed “beam self-cleaning,” has been recently discovered in (graded-index) MMFs [24,25]. At variance with an apparently similar phenomenon driven by the dissipative Raman effect in MMFs, known as Raman beam cleanup [26], this self-organization process is due to a purely conservative Kerr nonlinearity [25]. While the detailed understanding of spatial beam cleaning is still debated, different works indicate that certain regimes of beam self-cleaning can be described as a natural process of optical wave thermalization to thermal equilibrium [27–31], a feature that has been recently demonstrated experimentally [32–34]. This has motivated the development of a wave turbulence formalism that takes into account the structural disorder inherent to light propagation in MMFs. Following this approach, a wave turbulence kinetic equation has been derived, which revealed that the structural disorder leads to a significant acceleration of the process of thermalization and condensation, a feature that can help to understand some regimes of spatial beam cleaning in MMFs [28].

Our aim in this paper is to study the interplay of disorder and nonlinearity in the framework of a different regime of light propagation in MMFs. At variance with the previous theoretical works describing the purely spatial dynamics [27,28], here we consider the spatiotemporal multimode dynamics where temporally incoherent waves propagate through the MMF. On the basis of the wave turbulence theory [35–47], we show that the temporal multimode turbulent dynamics
is dominated by the Raman effect. More precisely, under the assumption that the structural disorder dominates over nonlinear effects, we derive a multimode Manakov equation from the multimode NLS equation. The new Raman term in this Manakov equation unveils a previously unrecognized nontrivial coupling among the modes, which is responsible for a collective behavior of the multimode incoherent field. Indeed, applying the wave turbulence theory to the multimode Manakov equation, we derive a simple scalar kinetic equation that governs the evolution of the temporal averaged spectrum of the multimode optical field. The kinetic equation has a form analogous to that developed in plasma physics to describe weak Langmuir turbulence in plasma [47–50]. The derived kinetic equation then greatly simplifies the multimode NLS equation and provides physical insight into the incoherent wave dynamics. It reveals the existence of several multimode collective behaviors of the incoherent waves that propagate through the MMF. As a general rule, the multimode turbulent system exhibits a self-organization process, in which all modes self-consistently form a vector spectral incoherent soliton (VSIS). This provides a generalization of the scalar (or bimodal) spectral incoherent solitons that were previously investigated by always ignoring the structural disorder of the fiber [6,41,51–53]. The reported VSIS can also exhibit a discrete behavior, which is characterized by collective synchronized spectral oscillations of the discrete soliton in frequency space. The numerical simulations of the generalized multimode NLS equation are found in remarkable quantitative agreement with the derived kinetic equation without using adjustable parameters.

From a broader perspective, we remark that Langmuir turbulence in the strongly nonlinear regime has been widely studied both theoretically and experimentally [54,55], in particular in hydrodynamics [55–57], or in laboratory [58,59] and space plasma experiments [60,61], while cavitating Langmuir turbulence has been evidenced in Earth’s natural aurora driven by solar wind [61]. However, aside from preliminary experiments in Ref. [53], experimental evidence of weak Langmuir turbulence has not been reported in the context of nonlinear optics [41]. In this work we show that random mode coupling in optical fibers has a stabilizing role in the dynamics of spectral incoherent solitons, which makes disordered MMFs promising for the experimental study of weak Langmuir turbulence in optics.

II. MULTIMODE NLS EQUATION

We consider the generalized NLS equation describing the propagation of the optical field in a multimode fiber with N modes (i.e., 2N modes accounting for polarization effects) [62]. Following the notations of Ref. [62], the vector electric field can be expanded into a superposition of the individual modes \( E(r, z, t) = \sum_{p} F_p(r) A_p(z, t) \), where \( F_p(r) \) denotes the normalized transverse vector mode profile and \( A_p(z, t) \) the modal envelope with \( z \) the longitudinal propagation variable, \( r = (x, y) \) the vector in the transverse plane, and \( t \) the time variable. The modal vector can be written \( A(z, t) = (A_p(z, t))_{p=1}^{2N} \), where the components \( A_{2j-1}, A_{2j} \) refer to the orthogonal linear polarization components of the \( j \)th mode. The field satisfies the generalized multimode NLS equation [62]:

\[
\begin{align*}
\ii \partial_t A + D(z) A + D_0 A + iV \partial_z A - W \partial_{zz} A \\
+ \gamma (1 - f_R) P(A) + \gamma f_R Q(A) = 0.
\end{align*}
\]

Here, \( D_0, V, \) and \( W \) are deterministic \( 2N \times 2N \) diagonal matrices that model respectively the propagation constants, the modal inverse group velocity, and the modal dispersion (relative to the fundamental fiber mode). The terms \( P(A) \) and \( Q(A) \) are, respectively, the Kerr nonlinearity and the Raman nonlinearity, which have the general forms

\[
\begin{align*}
[P(A)]_p &= \sum_{l,m=1}^{2N} S^l_{plmn} A_l A_m A^*_n, \\
[Q(A)]_p &= \sum_{l,m=1}^{2N} S^{(2)}_{plmn} A_l \ast (A_m A^*_n),
\end{align*}
\]

where \( R(t) \) is the Raman response function that is constrained by the causality condition \( R(t) = 0 \) for \( t < 0 \). The superscript \( \ast \) stands for complex conjugation and the symbol \( \ast \) denotes the convolution product. The Raman term contributes with a fraction \( f_R \) to the overall nonlinearity (\( f_R = 0.18 \) for silica glass fibers) [6]. The nonlinear coefficient is \( \gamma = n_t \omega_0 / c = n_2 k_0 \), where \( \omega_0 \) is the laser carrier frequency and \( \lambda = 2\pi / k_0 \) the corresponding wavelength. The tensors \( S^l_{plmn} \) and \( S^{(2)}_{plmn} \) are given in explicit form in Ref. [62].

We consider the regime of strong random coupling among the spatial modes and polarization states, which is relevant for large propagation lengths in the MMF, typically larger than a few hundred meters [63]. The most general form of random mode coupling that conserves the total power \( P = \sum_{p=1}^{2N} |A_p|^2 \) is provided by a \( 2N \times 2N \) random matrix-valued process \( D(z) \) that is Hermitian. Note that the structural disorder of the MMF may also affect the group velocity and the group-velocity dispersion of the propagating modes, which can be modeled by considering random matrices \( V(z) \) and \( W(z) \) in Eq. (9) as will be discussed later.

III. MANAKOV REDUCTION

We consider the so-called Manakov regime where the impact of strong linear random coupling dominates over nonlinear effects [20], i.e., \( L_{nl} \gg \ell_c, 2\pi / \sigma \), where \( L_{nl} = 1 / (\gamma P) \) is the nonlinear length, while \( \ell_c \) and \( \sigma \) denote the correlation length and standard deviation of the random process \( D(z) \) that models the structural disorder. We recall that the Manakov reduction has already been applied to the multimode NLS equation without the Raman effect [18–20,22]. On the other hand, the Manakov approximation has been considered to study the Raman amplification process in Ref. [21], and applied to the multimode NLS equation accounting for the first-order correction of the Raman response [23]. Here, we generalize the derivation of the Manakov equation, which reveals that the Raman effect introduces a nontrivial coupling among the modes that plays a key role for the incoherent propagation regime.

Let us introduce the unitary matrix \( U(z) \) solution of \( \ii \partial_t U = DU \), with \( U(0) = I \), and define the mode amplitudes in the local disordered axes \( B(z, t) = U^{-1}(z) A(z, t) \), with
\( \mathbf{U}^{-1}(z) = \mathbf{U}^\dagger(z) \), where the superscript \( \dagger \) denotes the conjugate transpose. We now follow the idea originally introduced for single-mode fibers by Wai and Menyuk [17], in which birefringence fluctuations are assumed so strong that the probability density of the polarization state uniformly covers the surface of the Poincaré sphere, so that one can average the propagation equation over all polarization states. By generalizing to MMFs, we assume that the linear coupling among the modes due to \( \mathbf{D}(z) \) is the dominant effect, so that the random matrix-valued process \( \mathbf{U}(z) \) becomes uniformly distributed in the set of unitary matrices. In this way, we derive in Appendix A the following homogenized Manakov multimode NLS equation:

\[
\begin{align*}
&i\partial_t \mathbf{B} + \frac{\mathbf{b}}{v} \partial_t \mathbf{B} - \frac{\beta}{2} \partial_{tt} \mathbf{B} \\
&\quad + \gamma (1 - f_R) \tilde{\mathbf{P}}(\mathbf{B}) + \gamma f_R \tilde{\mathbf{Q}}(\mathbf{B}) = 0,
\end{align*}
\tag{4}
\]

with

\[
\begin{align*}
[\tilde{\mathbf{P}}(\mathbf{B})]_p &= (\tilde{S}^{(1)}_1 \mathbf{S}^{(1)}_2) \sum_{i=1}^{2N} |B_i|^2 B_p, \\
[\tilde{\mathbf{Q}}(\mathbf{B})]_p &= \gamma^2 \mathbf{B}_p \mathbf{R} \left( \sum_{i=1}^{2N} |B_i|^2 \right).
\end{align*}
\tag{5}
\]

and we have for \( X \in \{K, R\} \)

\[
\begin{align*}
\tilde{S}^{(1)}_X &= \frac{1}{4N^2 - 1} \sum_{\rho, \rho'} S^{(1)}_{\rho' \rho}, \\
\tilde{S}^{(2)}_X &= \frac{1}{4N^2 - 1} \sum_{\rho, \rho'} S^{(2)}_{\rho' \rho},
\end{align*}
\tag{6}
\]

As already discussed in previous works [18–20], Eq. (5) shows that any instantaneous cubic nonlinearity gives rise to an effective (phase-insensitive) deterministic Manakov-type nonlinear term. Equation (6) also shows the contribution of the Raman effect, which gives rise to an effective Raman nonlinear term that depends only on two parameters, \( \tilde{S}^{(1)}_1 \) and \( \tilde{S}^{(2)}_1 \).

Note that, as a result of the Manakov averaging procedure, the propagation constant, the group velocity, and the dispersion coefficients have been homogenized in Eq. (4):

\[
\begin{align*}
\mathbf{d} &= \frac{1}{2N} \text{Tr}(\mathbf{D}_0), \\
\mathbf{b} &= \frac{1}{2N} \text{Tr}(\mathbf{V}), \\
\beta &= \frac{1}{N} \text{Tr}(\mathbf{W}).
\end{align*}
\]

Accordingly, all of the modes evolve with the same propagation constant, group velocity, and dispersion coefficient. Note, however, that this results from the assumption that the matrices \( \mathbf{V} \) and \( \mathbf{W} \) in Eq. (1) are deterministic and constant. If the matrix \( \mathbf{V}(z) \) in Eq. (1) is randomly varying, with random fluctuations that could be correlated to those of \( \mathbf{D}(z) \), then the transport term in Eq. (4) would have the form \( \mathbf{V} \partial_t \mathbf{B} \) instead of \( \frac{i}{v} \partial_t \mathbf{B} \), with the effective matrix \( \mathbf{V} = (\mathbf{U}^\dagger(z) \mathbf{V}(z) \mathbf{U}(z)) \), where \( \cdot \) stands for the average with respect to the stationary distribution of \( \mathbf{U}(z) \), \( \mathbf{V}(z) \). The same argument holds for the dispersion effects \( \mathbf{W} \), and the corresponding effective matrix \( \mathbf{W} = (\mathbf{U}^\dagger(z) \mathbf{W}(z) \mathbf{U}(z)) \).

We finally remark that the nonlinear Raman-type terms in Eq. (4) are different from those reported in Ref. [23], because in this latter work the authors made use of the assumption that the nonlinear terms are co-polarized with the field, which is not justified in general. In particular, when one considers the propagation of incoherent waves, the terms that are not co-polarized [i.e., the ones associated with \( \tilde{S}^{(1)}_1 \) in Eq. (6)] are the only ones that give rise to a coupling among the modes. These terms should not be neglected in our framework, a feature that will become apparent from the weak Langmuir turbulence kinetic equation discussed in the next section.

### IV. WEAK LANGMUIR TURBULENCE KINETIC EQUATION

In the following we derive the weak Langmuir turbulence kinetic equation governing the evolution of the averaged spectra of the incoherent waves that propagate in the MMF. For this purpose, we consider the weakly nonlinear regime where linear dispersion effects dominate over nonlinear effects \( L_{\text{lin}} \ll L_0 \), where \( L_{\text{lin}} = t_c \bar{\omega} \) and \( L_0 = 2t_c \bar{\omega}^2 \) denote the characteristic propagation lengths associated to the first- and second-order dispersion effects in the modal NLS equation [Eq. (1)], and \( t_c \) is the correlation time of the incoherent waves. Note that the regime of weak nonlinear interaction is also analyzed by considering an improved criterion of applicability of the wave turbulence kinetic equation, a feature that is discussed in Appendix C in relation with the numerical simulations in Sec. V.

We are interested in the propagation of incoherent waves, where \( A_p(z = 0, t) \) are random functions with fluctuations that are statistically stationary in time. Then the components \( B_p(z = 0, t) \) are also random functions with statistically stationary fluctuations, and this property is preserved in the evolution. By taking an average over the random initial conditions \( B_p(z = 0, t) \), we can derive the wave turbulence Langmuir kinetic equation by following the procedure of Ref. [41]. More precisely, we show in Appendix B that the (statistically stationary) spectra of the waves \( n_{B_p}(\omega, z) = \int (B_p(z, t + \tau/2)B_p^*(z, t - \tau/2)) \exp(-i\omega \tau) d\tau \) verify the multimode weak Langmuir turbulence kinetic equations:

\[
\begin{align*}
\partial_t n_{B_p}(\omega) &= \gamma_1 n_{B_p}(\omega) \int_{j=1}^{2N} g(\omega - \omega') n_{B_p}(\omega') d\omega' \\
&\quad + \gamma_2 n_{B_p}(\omega) \int_{j=1}^{2N} g(\omega - \omega') n_{B_p}(\omega') d\omega',
\end{align*}
\tag{7}
\]

where \( \gamma_j = \gamma f_R \tilde{S}^{(j)}_1 / \pi \) for \( j = 1, 2 \), and \( g(\omega) = \text{Im}[\bar{\mathbf{R}}(\omega)] \) denotes the Raman gain function, \( \mathbf{R}(\omega) = \int_0^\infty \bar{\mathbf{R}}(t) \exp(-i\omega t) dt \) being the Fourier transform of the response function. Note that the Raman gain \( g(\omega) \) is an odd function [see the inset of Fig. 1(a)], reflecting the fact that the low-frequency components are amplified to the detriment of the high-frequency components.

It becomes apparent in kinetic equation (7) that only the first term proportional to \( \gamma_1 = \gamma f_R \tilde{S}^{(1)}_1 / \pi \) gives rise to a non-
FIG. 1. Multimode discrete spectral incoherent soliton: Evolution of the spectrum of the field during the propagation obtained by simulation (a) of the generalized multimode NLS equation [Eq. (1)], and (b) of the scalar weak Langmuir turbulence kinetic equation [Eq. (9)]. Spectral profiles in (c) normal scale and (d) logarithmic scale, at the propagation length $z = 16$ km: The blue line reports the result of the simulation of the NLS equation [Eq. (1)] (averaged over the six fiber modes), and the red line reports the result of the simulation of the weak Langmuir turbulence kinetic equation [Eq. (9)]. The gray solid lines in (c) and (d) report the initial conditions of the six modes, while the dashed black lines denote the corresponding average. (e) Evolution during the propagation (z) is in logarithmic scale) of the relative amount of power of the six fiber modes from the simulation of the generalized NLS equation [Eq. (1)]; Random mode coupling induces an equipartition of power among the $2N = 6$ modes after a propagation length $z \gtrsim \ell_c$ ($\ell_c = 10$ cm, $\sigma = 63$ m$^{-1}$, $P = 17$ W). The inset in (a) shows the Raman gain spectrum $g(v)$, with $v = \omega/(2\pi)$. The quantitative agreement between the NLS [Eq. (1)] and kinetic [Eq. (9)] simulations is obtained without adjustable parameters.

linear coupling among the modes. In other terms, only the new terms in the derived Manakov equation [i.e., the ones associated with $\delta R$ in Eq. (6)] give rise to a mode coupling in kinetic equation (7).

More generally, we note that the instantaneous Kerr nonlinearity does not contribute to kinetic equation (7); solely the noninstantaneous Raman nonlinearity ($f_R \neq 0$) contributes to the kinetic equation. Actually, the derivation of a kinetic equation with a pure Kerr nonlinearity (i.e., $f_R = 0$) requires a higher-order closure of the hierarchy of the moments equations, which leads to a collision term in the kinetic equation that is characterized by a cubic nonlinearity. Because of degenerate resonances, such a collision term vanishes identically in one spatial dimension (see, e.g., Sec. 6 of Ref. [41]). As discussed in detail in Appendix B, in the present study the causality condition inherent to the noninstantaneous Raman response function $R(t) = 0$ for $t < 0$ fundamentally changes the derivation of the kinetic equation: Because the Fourier transform of $R(t)$ is not real valued [$g(\omega) \neq 0$], the closure of the moments equations is achieved at the lowest order, then leading to the quadratic nonlinear kinetic equation [Eq. (7)], which is also relevant to purely one-dimensional systems [41,47].

It is important to note that the initial conditions in the basis $B_p$ can be homogenized. Indeed, let the field propagate over a few correlation lengths $\ell_c$, in such a way that the matrix $U$ becomes uniformly distributed while other linear and nonlinear effects are still negligible. Under such circumstances, the initial conditions for $B_p(z, t)$ are such that $(B_p(z = 0^+, t)B_p^*(z = 0^+, t')) = \delta_{p,l} \delta_{l,l'} \sum_{j=1}^{2N} |A_j(z = 0, t)A_j^*(z = 0, t')|$, where $\delta_{p,l} = 1$ if $p = l$ and zero otherwise. Taking the Fourier transform, we obtain an homogeneous initial condition for the spectra $n_B(\omega, z = 0^+) = \frac{1}{2N} \sum_{j} n_{A_j}(\omega, z = 0)$ for $p = 1, \ldots, 2N$. Another important point to stress is that this homogeneous initial condition is preserved during the propagation: As a consequence of the averaging Manakov procedure, the modal coupling coefficients $\gamma_1$ and $\gamma_2$ in kinetic equation (7) are identical for all the modes, so that the spectra $n_{B_p}(\omega, z)$ verify

$$n_{B_p}(\omega, z) = n_B(\omega, z) \quad p = 1, \ldots, 2N.$$

The multimode kinetic equation (7) then reduces to a single scalar kinetic equation:

$$\partial_t n_B(\omega) = (2N\gamma_1 + \gamma_2)n_B(\omega) \int g(\omega - \omega')n_B(\omega')d\omega', \quad (8)$$

with $n_B(\omega, z = 0^+) = \frac{1}{2N} \sum_{j} n_{A_j}(\omega, z = 0)$. Following a similar argument, the spectra $n_{A_j}(\omega, z)$ verify

$$\frac{1}{2N} \int \sum_{j=1}^{2N} n_{B_p}(\omega, z) = n_B(\omega, z) \quad p = 1, \ldots, 2N$$

if the initial modal spectra $n_{A_j}(\omega, z = 0)$ are different from each other (see Appendix A). Then we arrive at the main conclusion that the averaged spectra in the original basis $A$ verify the scalar weak Langmuir turbulence kinetic equation:

$$\partial_t n_A(\omega) = (2N\gamma_1 + \gamma_2)n_A(\omega) \int g(\omega - \omega')n_A(\omega')d\omega'. \quad (9)$$

We stress the remarkable simplicity of kinetic equation (9) as compared to the original multimode NLS equation [Eq. (1)]. First, as in the usual scalar case, both effects of linear dispersion and instantaneous Kerr nonlinearity do not enter the kinetic equation, a property that has been confirmed by several previous works in different circumstances [41]. Second, the structural disorder leads to an effective homogenization that is characterized by an equipartition of the power among the modes, which further simplifies the vector kinetic equation [Eq. (7)] to the scalar kinetic equation [Eq. (9)]. The kinetic equation (9) has two conserved quantities, the power $P = \int n_A(\omega, z)d\omega$ and the “entropy” $S = \int \ln(n_A(\omega, z))d\omega$ [41].

Finally, we recall the formal analogy between the universal form of the kinetic equation describing the weakly nonlinear regime of Langmuir turbulence [47] and the kinetic equations derived in this work. The formal mathematical similarity mainly relies on the analogy between the molecular vibrations mediated by the optical Raman effect in optical fibers and the excitations of ion sound waves mediated by the decay of plasma oscillations [41].
V. NUMERICAL SIMULATIONS

We have tested the validity of the theory by performing numerical simulations of the original NLS equation [Eq. (1)] and of the derived scalar weak Langmuir turbulence kinetic equation [Eq. (9)]. We have considered a step-index bimodal fiber (core diameter 6 μm, index difference Δ = 0.005, wavelength λ = 1.55 μm) in which the fundamental LP01 mode is coupled to two degenerate modes LP01a and LP01b, which results in a total of 2N = 6 coupled equations for the multimode NLS equation [Eq. (1)]. As described in the theory, we have considered the regime of strong random linear coupling among all modes, with variance σ2 and correlation length ℓc. We have also considered the standard form of the damped harmonic oscillator Raman function in silica optical fibers, \( R(t) = H(t)(\tau_1^{-2} + \tau_2^{-2})\tau_t \exp(-t/\tau_2)\sin(t/\tau_1) \) with \( \tau_1 = 12.2 \) fs and \( \tau_2 = 32 \) fs, \( H(t) \) being the Heaviside function [\( v_R = 1/(2\pi\tau_1) \approx 13 \) THz denoting the resonant Raman frequency] [6]. The corresponding Raman gain function then reads

\[
g(\omega) = \frac{1 + \eta^2}{2\eta} \frac{1}{1 + (\eta + \tau_2/\omega)^2} \frac{1}{1 + (\eta - \tau_2/\omega)^2},
\]

with the time ratio \( \eta = \tau_2/\tau_1 \).

We consider a partially coherent optical field that is injected in the MMF and populates different modes. In the following, for simplicity, we assume that the different modes are initially populated with partially coherent waves with a Gaussian spectrum and random spectral phases, i.e., \( A_p(z = 0, \tau) \) has stationary Gaussian statistics with mean zero and Gaussian covariance function and the modes \( p = 1, \ldots, 2N \) are independent from each other. Note that, because of the strong random coupling regime, this latter assumption is verified in practice after a propagation length \( z \gg \ell_c \) that remains smaller than the nonlinear length \( z < L_{\text{nl}} \). This latter property has been verified by numerical simulations of the generalized NLS equation [Eq. (1)].

We recall that, as discussed above, we consider in the numerical simulations the weakly nonlinear regime of propagation, \( L_{\text{lin},p} \ll L_{\text{nl},p} \), where \( L_{\text{lin},p} \) (\( L_{\text{nl},p} \)) is the typical propagation length associated to linear (nonlinear) effects, for the mode \( p \). We have verified this property by considering an improved criterion of applicability of the kinetic equation [36,37], which compares the linear and nonlinear evolution frequencies [see Eq. (C1) below]. In all simulations presented in this paper, we have verified that the linear dispersive dynamics dominates the nonlinear dynamics, as evidenced in Fig. 4 discussed in Appendix C.

A. Multimode discrete spectral incoherent soliton

In the following we illustrate different turbulent regimes of the system that depend on the spectral widths of the launched optical field. Figure 1 reports a typical example of the evolution for a spectral width of the initial condition of the order of \( \Delta \nu \approx 15 \) THz. Since this spectral width is of the same order as the spectral width of the Raman gain, the redshift of the wave spectrum exhibits a discrete behavior, because the leading edge of the low-frequency tail of the spectrum exhibits a larger gain as compared to the mean gain of the whole front of the spectrum [see the inset in Fig. 1(a)]. As a result of cascad Raman scattering [6,64], the spectrum exhibits a discrete spectral shift that is determined by the Raman frequency \( v_R \). The remarkable result is that the global spectral redshift of the field is regular and exhibits a discrete solitonlike behavior. As already discussed in the literature [53,65], the discrete soliton propagates with a constant velocity in frequency space for arbitrary long distances, without emitting apparent radiation. We recall that the spectral incoherent soliton is “hidden” in frequency space, in the sense that the soliton behavior cannot be identified in the temporal domain, where the field \( A(t, z) \) is a random wave featured by a stationary statistics [51]. In this respect, the VSISs are fundamentally different in nature from optical solitons recently investigated in MMFs [66,67]. Also note that a constant noise background has been added in the simulations. Such a spectral noise is important in order to sustain a steady incoherent soliton propagation [41]; otherwise, the soliton would undergo a slow adiabatic reshaping so as to adapt its shape to the local value of the noise background. This noise background can also simulate the presence of a quantum noise background.

We stress the remarkable quantitative agreement that has been obtained between the simulation of the multimode NLS equation [Eq. (1)] and of the scalar kinetic equation [Eq. (9)], without using any adjustable parameter. Such a good agreement is clearly visible in the normal and logarithmic plots reported in Figs. 1(c) and 1(d) at a particular propagation length. In this simulation, the different modes are initially populated with a different amount of powers, as illustrated in Fig. 1(c) (gray solid lines). As expected from the theory, we can observe in Fig. 1(e) that random mode coupling leads to an equipartition of power among the modes, after a propagation length of the order of the correlation length \( z \gtrsim \ell_c = 10 \) cm.

B. Multimode continuous spectral incoherent soliton

In this section we illustrate a turbulent regime characterized by the emergence of a continuous spectral incoherent soliton. Indeed, when the spectral width of the initial field becomes larger than the resonant Raman frequency, then the low-frequency tail of the spectrum sees a gain comparable to the mean gain of the spectral front as a whole. In the example of Fig. 2 we have considered a spectral width \( \Delta \nu \approx 50 \) THz, which is much larger than in Fig. 1. As a consequence, we can see in Figs. 2(a) and 2(b) that the redshift of the wave spectrum is no longer discrete, but continuous, giving rise to a continuous VSIS behavior. We remark that, for the broad spectral widths considered in Fig. 2, higher-order terms should be included in the NLS model to accurately describe light propagation in the fiber [62] (also see Ref. [68]). However, our purpose here is just to provide a qualitative overview of different possible incoherent dynamics, while a more realistic regime of light propagation in MMFs will be considered in the next section.

The continuous spectral incoherent soliton reported in Fig. 2 can be described theoretically as a stationary soliton solution of the Langmuir kinetic equation [Eq. (9)] [69]:

\[
\sigma^2 = \frac{n_{\text{sol}}(\bar{\omega})}{n_{\text{lin}}(\bar{\omega})} \frac{n^m_{\text{lin}} - n^0_{\text{lin}}}{\sigma_0^2} \exp \left[ - \ln \left( \frac{n_{\text{lin}}(\bar{\omega})}{n_{\text{lin}}(\bar{\omega})} \sigma_0^2 \right) \right].
\]

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where \( \tilde{\omega} = \omega - V_z \), \( n_A^0(\gg n_A^0) \) is the soliton spectral amplitude, and \( \omega_0 \) denotes the typical spectral width of Raman gain defined by \( \omega_0 = \sqrt{2 \int - \partial_\omega g(0)^{1/2} - \int_{-\infty}^{\infty} g(\omega) d\omega}^{1/2} \). The soliton [Eq. (11)] propagates in frequency space with a constant velocity given by

\[
V = -(2N \gamma_1 + \gamma_2) \frac{\int n_A(\omega) - n_A^0 d\omega}{\ln(n_A(\omega)/n_A^0)d\omega} \int \omega g(\omega) d\omega. \tag{12}
\]

We can observe a remarkable agreement between the analytical soliton solution given by Eq. (11) and the numerical simulations of both the generalized NLS equation [Eq. (1)] and the kinetic equation [Eq. (9)], as illustrated in Figs. 2(c) and 2(d). Note, however, in the logarithmic plot in Fig. 2(d) a discrepancy between solution (11) and the simulations in the tails of the soliton, a feature that can be explained by the fact that Eq. (11) is valid in the vicinity of the soliton peak. As a matter of fact, the computation of the soliton velocity is very sensitive to the tails of the soliton profile, as revealed by the expression of \( V \) in Eq. (12), whose denominator involves the logarithm of the soliton profile. Consequently, the computation of \( V \) with analytical solution (11) matches the numerics qualitatively but not quantitatively, while a very good agreement of the soliton velocity [Eq. (12)] with the numerics is obtained by considering the soliton profile generated in the simulation, as illustrated by the dashed white lines in Figs. 2(a) and 2(b) that are parallel to the soliton trajectory.

C. Synchronization of incoherent spectral oscillations

To complete our study, we consider a more realistic numerical simulation in which the incoherent source launched into the MMF is characterized by a relatively narrow frequency bandwidth, \( \Delta \nu \simeq 2 \text{ THz} \), which can be accessible from an amplified spontaneous emission (ASE) source (see, e.g., Ref. [70]). In addition, we have included the impact of the fiber losses in the numerical simulations, with a typical value of 0.2 dB/km.

The results of the numerical simulations of the generalized NLS equation [Eq. (1)] and the kinetic equation [Eq. (9)] are reported in Figs. 3(a) and 3(b). As a consequence of the narrowness of the initial spectrum, the discrete nature of the spectral shift gets more apparent as compared to the discrete VSIS discussed above through Fig. 1. This reinforces the idea of synchronization of the spectral oscillations of the fiber modes in the simulation of the NLS equation [Eq. (1)]. Indeed, we have reported in Fig. 3(a) the spectrum averaged over the six fiber modes. If the spectral oscillations were not synchronized, then the average among the six modes would be characterized by a significant spectral broadening. The good
agreement between the NLS and kinetic simulations shown in Figs. 3(a) and 3(b) reflects the accurate synchronization among the spectral oscillations of the fiber modes. Note that the fiber losses naturally induce a significant reduction of the nonlinear effects during the propagation, which thus limits the spectral redshift of the field. Accordingly, we have removed the fiber losses in the simulation reported in Figs. 3(c) and 3(d), which considerably improves the visualization of the synchronization of the spectral oscillations of the fiber modes.

VI. CONCLUSION AND DISCUSSION

In summary, we have studied the propagation of spatiotemporal incoherent waves in MMFs in the presence of a random coupling among the modes. By averaging over the fast disordered fluctuations, we have derived the multimode Manakov equations [Eqs. (4)–(6)]. The new Raman term (6) in the multimode Manakov equation unveils a coupling among the modes, which is responsible for the emergence of a collective multimode behavior of the incoherent waves. Indeed, applying the wave turbulence theory to the multimode Manakov equation, we have derived a very simple scalar kinetic equation governing the evolution of the averaged spectrum of the multimode field. The theory has been validated by the numerical simulations, which confirm the robustness of the process of modal attraction toward the dynamics described by the scalar kinetic equation: A quantitative agreement between the simulations of the NLS equation [Eq. (1)] and the kinetic equation [Eq. (9)] has been obtained, without using any adjustable parameters. The simulations reveal that the fields that propagate in different modes of the MMF self-organize and self-trap to form a VSIS. In particular, the VSIS can exhibit a discrete behavior characterized by collective synchronized spectral oscillations in frequency space. This work should stimulate the realization of optical experiments in MMFs. Aside from the discrete multimode spectral solitons, the reduction of the multimode NLS equation to the effective scalar kinetic equation [Eq. (9)] can be exploited to study different turbulent regimes predicted in the scalar case, such as the formation of incoherent spectral shock waves [71].

We recall that we have considered in this work the case of strong random coupling among the modes. A similar analysis can be carried out by considering a weak random mode coupling, where only (quasi)degenerate modes are coupled to each other. Actually, weak random mode coupling is known to be relevant when relatively short propagation lengths in optical fibers are considered [63]. However, the validity of the kinetic approach requires a weak nonlinear regime, $L_{\text{lin}} \ll L_{\text{nl}}$, so that large propagation lengths, typically larger than a few hundred meters, are required to observe the formation of multimode spectral incoherent solitons in optical fibers. For such a large propagation length, it is commonly admitted that random coupling among nondegenerate modes should not be neglected and must be taken into account [63], which legitimates the consideration of strong mode coupling in our work.

We remark that the validity of the derived kinetic equation [Eq. (9)] becomes questionable when the optical spectrum feels the presence of a zero-dispersion frequency of the optical fiber. Near a zero-dispersion frequency, linear dispersive effects become perturbative. The dynamics turns out to be dominated by nonlinear effects, which invalidates the weakly nonlinear assumption underlying the derivation of the kinetic equation. In this case one needs to include higher-order contributions in the closure of the hierarchy of the moments equation in the wave turbulence theory. To next order, the instantaneous Kerr nonlinearity coupled to higher-order dispersion effects leads to a collision term in the kinetic equation that describes an incoherent (turbulent) regime of supercontinuum generation [41]. It would be interesting to develop a generalized kinetic formulation of spatiotemporal effects in MMFs, which would unify the Langmuir formulation discussed here with the wave turbulence formulation accounting for random mode coupling discussed in Refs. [27,28]. Such a generalized theory can also shed new light on the recent experiments of supercontinuum generation that can be characterized by spatial beam cleaning effects [72–75]. From a broader perspective, this would contribute to the development of a wave turbulence theory that accounts for the presence of a structural disorder of the nonlinear medium [27,28,76–78].

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APPENDIX A: DERIVATION OF THE MANAKOV EQUATION

We derive the Manakov multimode NLS equation [Eq. (4)]. Without approximations, the vector field $B(z, t)$ is a solution of

$$i\partial_t B + U^\dagger D^0 UB + iU^\dagger VU\partial_t B - U^\dagger WU\partial_t^2 B + \gamma (1 - f_R)U^\dagger P(UB) + \gamma f_R U^\dagger Q(UB) = 0, \quad (A1)$$

where

$$[U^\dagger D^0 UB]_p = \sum_l \left[ \sum_{p',p''} U^*_{p'p} D^0_{p''p''} U_{l''} \right] B_l,$$
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\[
[U^1 V U \partial_t B]_p = \sum_l \left[ \sum_{p', m} U^*_{p' p} V_{p m} U_{m l} \right] \partial_t B_l,
\]

\[
[U^1 W U \partial_t^2 B]_p = \sum_l \left[ \sum_{p', m} U^*_{p' p} W_{p m} U_{m l} \right] \partial_t^2 B_l,
\]

\[
[U^1 P(UB)]_p = \sum_{l, m, n} \left[ \sum_{p', j, i, m', n'} S^B_{p j i, m' n'} U^*_{p' p} U_{j i} U_{m m'} U_{n n'}^* \right] B_l B_m B_n^*.
\]

\[
[U^1 Q(UB)]_p = \sum_{l, m, n} \left[ \sum_{p', j, i, m', n'} \tilde{S}^B_{p j i, m' n'} U^*_{p' p} U_{j i} U_{m m'} U_{n n'}^* \right] B_l [R \ast (B_m B_n^*)].
\]

We assume here that the linear coupling between modes due to \( D(z) \) is strong enough so that this effect dominates and the random matrix-valued process \( U(z) \) becomes uniformly distributed in the set of unitary matrices. We can then replace the linear and nonlinear terms by the homogenized coefficients

\[
[U^1 D^0(UB)]_p = \sum_l \left[ \sum_{p', m} (U^*_{p' p} U_{m l}) D^0_{p m} \right] B_l,
\]

\[
[U^1 V U \partial_t B]_p = \sum_l \left[ \sum_{p', m} (U^*_{p' p} U_{m l}) V_{m l} \right] \partial_t B_l,
\]

\[
[U^1 W U \partial_t^2 B]_p = \sum_l \left[ \sum_{p', m} (U^*_{p' p} U_{m l}) W_{m l} \right] \partial_t^2 B_l,
\]

\[
[U^1 P(UB)]_p = \sum_{l, m, n} \left[ \sum_{p', j, i, m', n'} S^B_{p j i, m' n'} (U^*_{p' p} U_{j i} U_{m m'} U_{n n'}^*) \right] B_l B_m B_n^*,
\]

\[
[U^1 Q(UB)]_p = \sum_{l, m, n} \left[ \sum_{p', j, i, m', n'} \tilde{S}^B_{p j i, m' n'} (U^*_{p' p} U_{j i} U_{m m'} U_{n n'}^*) \right] B_l [R \ast (B_m B_n^*)],
\]

where the expectation is taken with respect to the stationary distribution of the random process \( U(z) \), that is the Haar measure on the unitary group in dimension \( 2N \). Integration with respect to the Haar measure on the unitary group has been studied in the mathematical physics literature for a long time \([79,80]\). A general formula for calculating monomial integrals is given in Ref. \([81]\). In the case of monomials of rank 2 and 4, we have (see Proposition 4.2.3 of Ref. \([82]\))

\[
\begin{align*}
\langle U_{i j} U_{i' j'} \rangle &= \frac{1}{2N} \delta_{i i'} \delta_{j j'} , \quad \tag{A2} \\
\langle U_{i j} U_{i j}^* U_{i' j'} U_{i' j'}^* \rangle &= \frac{1}{4N^2 - 1} \left( \delta_{i i'} \delta_{j j'} \delta_{i' j} + \delta_{i i'} \delta_{j j'} \delta_{i j'} \delta_{j i} \right) \\
&\quad - \frac{1}{2N(4N^2 - 1)} \left( \delta_{i i'} \delta_{j j'} \delta_{i' j} \delta_{j i} + \delta_{i i'} \delta_{j j'} \delta_{j i} \delta_{i' j} \right) . \quad \tag{A3}
\end{align*}
\]

Using these formulas we find

\[
[U^1 D^0(UB)]_p = \tilde{d} B_p,
\]

\[
[U^1 V U \partial_t B]_p = \frac{1}{V} \partial_t B_p,
\]

\[
[U^1 W U \partial_t^2 B]_p = \frac{\bar{P}}{2} \partial_t^2 B_p,
\]

\[
[U^1 P(UB)]_p = \sum_{l, m, n} \tilde{S}^B_{p l m m} B_l B_m B_n^*,
\]

\[
[U^1 Q(UB)]_p = \sum_{l, m, n} \tilde{S}^B_{p l m m} [R \ast (B_m B_n^*)].
\]
\[ d = \frac{1}{2N} \text{Tr}(D^0), \]  
\[ \frac{1}{\bar{v}} = \frac{1}{2N} \text{Tr}(V), \]  
\[ \bar{\beta} = \frac{1}{N} \text{Tr}(W), \]  
\[ S_{plmn}^X = \delta_{ln} \delta_{mp} \left\{ \frac{1}{4N^2 - 1} \sum_{p',l} S_{p'l'l}^X - \frac{1}{2N(4N^2 - 1)} \sum_{p',l} S_{p'l'l}^X \right\} \]  
\[ + \delta_{lp} \delta_{mn} \left\{ \frac{1}{4N^2 - 1} \sum_{p',l} S_{p'l'l}^X - \frac{1}{2N(4N^2 - 1)} \sum_{p',l} S_{p'l'l}^X \right\}, \quad X \in \{K, R\}, \]  
or equivalently
\[ S_{plmn}^X = S_{(1)}^X \delta_{ln} \delta_{mp} + S_{(2)}^X \delta_{lp} \delta_{mn}, \quad X \in \{K, R\}, \]  
with
\[ S_{(1)}^X = \frac{1}{4N^2 - 1} \sum_{p',l} S_{p'l'l}^X - \frac{1}{2N(4N^2 - 1)} \sum_{p',l} S_{p'l'l}^X, \quad X \in \{K, R\}, \]  
\[ S_{(2)}^X = \frac{1}{4N^2 - 1} \sum_{p',l} S_{p'l'l}^X - \frac{1}{2N(4N^2 - 1)} \sum_{p',l} S_{p'l'l}^X, \quad X \in \{K, R\}. \]

In other words the mode amplitudes \( B \) satisfy
\[ i \partial_t B + d B + \frac{i}{\bar{v}} \partial_t B - \frac{\bar{\beta}}{2} B \partial_t B + \gamma (1 - f_R) \tilde{\mathcal{P}}(B) + \gamma f_R \tilde{\mathcal{Q}}(B) = 0, \]  
with
\[ \langle \tilde{\mathcal{P}}(B) \rangle_p = \left( S_{(1)}^K + S_{(2)}^K \right) \left[ \sum_{l=1}^{2N} |B_l|^2 \right] B_p, \]  
\[ \langle \tilde{\mathcal{Q}}(B) \rangle_p = \left( S_{(1)}^R + S_{(2)}^R \right) \left[ \sum_{l=1}^{2N} |B_l|^2 \right] B_p. \]

We remark that, if the initial conditions in Eq. (4) are deterministic, then the components \(|B_p|^2(z, t)\) are deterministic and the components \(A_p(z, t)\) of the field are random and given by \( A = UB \), so that they verify \(|A_p|^2(z, t) = \sum_{j,k} U_{pj}(z) U_{pk}^*(z) B_j(z, t) B_k^*(z, t) \) and, using Eq. (A2), \(|A_p|^2(z, t) = \frac{1}{2N} \sum_j |B_j|^2(z, t)\) for any \( t \) and \( z \) much larger than the correlation length of \( D(z) \), say, \( \ell_c \). In other words, we have equipartition in the \( A \) basis. Note that this result is obtained for the expectation [with respect to the distribution of \((D(z))_{z > 0}\)] of the components \(|A_p|^2(z, t)\).

We also remark that, if the initial conditions are random [and independent of \((D(z))_{z > 0}\)], then the components \(|B_p|^2(z, t)\) are governed by the deterministic equation (4) and the components \(A_p(z, t)\) are given by \( A = UB \), so that they verify \(|A_p|^2(z, t) = \sum_{j,k} U_{pj}(z) U_{pk}^*(z) B_j(z, t) B_k^*(z, t)\) and, using Eq. (A2), \(|A_p|^2(z, t) = \frac{1}{2N} \sum_j |B_j|^2(z, t)\) for any \( t \) and \( z \) much larger than \( \ell_c \). Following the same remark, we have \(|A_p(z, t + \tau/2)A_p^*(z, t - \tau/2) = \frac{1}{2N} \sum_j |B_j(z, t + \tau/2)B_j^*(z, t - \tau/2)|\) for any \( p \) for \( z \gg \ell_c \).

**APPENDIX B: DERIVATION OF THE WEAK LANGMUIR KINETIC EQUATION [EQ. (7)]**

In this Appendix we derive the kinetic equation [Eq. (7)] from the Manakov equation [Eq. (4)]. We define the Fourier transforms \( \tilde{B}_p(z, t) = \int B_p(t, z) \exp(-i\omega t) dt, \tilde{R}(\omega) = \int R(t) \exp(-i\omega t) dt \), then taking the Fourier transform of Eq. (4), we obtain
\[ i \partial_t \tilde{B}_p(\omega) + d \tilde{B}_p(\omega) + \frac{1}{\bar{v}} \omega \tilde{B}_p(\omega) + \frac{\bar{\beta}}{2} \omega^2 \tilde{B}_p(\omega) = -\gamma (1 - f_R) \tilde{\mathcal{T}}_p^{(1)}(\omega) - \gamma f_R \tilde{\mathcal{T}}_p^{(2)}(\omega) - \gamma f_R \tilde{\mathcal{T}}_p^{(3)}(\omega), \]  
where
\[ \tilde{\mathcal{T}}_p^{(1)}(\omega) = \sum_{l=1}^{2N} |B_l|^2 \tilde{B}_l(\omega), \]  
\[ \tilde{\mathcal{T}}_p^{(2)}(\omega) = \sum_{l=1}^{2N} |B_l|^2 \tilde{T}_l(\omega), \]  
\[ \tilde{\mathcal{T}}_p^{(3)}(\omega) = \sum_{l=1}^{2N} |B_l|^2 \tilde{\mathcal{Q}}_l(\omega) \]
with
\[ T_p^{(1)}(\omega) = \int e^{-i\omega t} \sum_{l=1}^{2N} |B_l|^2 B_p dt = \frac{1}{(2\pi)^2} \sum_{l=1}^{2N} \int \int \int \hat{B}_p(\omega_1) \hat{B}_p(\omega_2) \hat{B}_p^*(\omega_3) \delta(\omega_1 + \omega_2 - \omega_3 - \omega) d\omega_1 d\omega_2 d\omega_3, \]
\[ T_p^{(2)}(\omega) = \int e^{-i\omega t} \sum_{l=1}^{2N} B_l(\mathcal{R} \star B_p B_l) dt = \frac{1}{(2\pi)^2} \sum_{l=1}^{2N} \int \int \hat{B}_p(\omega_1) \hat{B}_p(\omega_2) \hat{B}_p^*(\omega_3) \mathcal{R}(\omega_2 - \omega_3) \delta(\omega_1 + \omega_2 - \omega_3 - \omega) d\omega_1 d\omega_2 d\omega_3, \]
\[ T_p^{(3)}(\omega) = \int e^{-i\omega t} B_p R(\sum_{l=1}^{2N} |B_l|^2) dt = \frac{1}{(2\pi)^2} \sum_{l=1}^{2N} \int \int \hat{B}_p(\omega_1) \hat{B}_p(\omega_2) \hat{B}_p^*(\omega_3) \mathcal{R}(\omega_2 - \omega_3) \delta(\omega_1 + \omega_2 - \omega_3 - \omega) d\omega_1 d\omega_2 d\omega_3, \]
where \( d\omega_1, d\omega_2, d\omega_3 \). Because of the cubic nonlinearity, the equation for the second-order moment (\( \langle \hat{B}_p(\omega) \hat{B}_p^*(\omega') \rangle \)) depends on the fourth-order moment. In the same way, the equation for the fourth-order moment depends on the sixth-order moment, and so on. One then obtains an infinite hierarchy of moment equations, in which the \( n \)-th order moment depends on the \( (n + 2) \)-th order of the field. This makes the equations impossible to solve unless some way can be found to truncate the hierarchy. This refers to the fundamental problem of achieving a closure of the infinite hierarchy of the moment equations [35].

In the weakly nonlinear regime, linear dispersive effects dominate the nonlinear interaction and bring the fields close to Gaussian statistics [38]. By virtue of the factorizability property of statistical Gaussian fields, the fourth-order moments can be factorized as a product of second-order moments, which achieves the closure of the hierarchy.

In the present case, the statistics is stationary (homogeneous in time), the modes are decorrelated, and we have
\[ \langle \hat{B}_l(\omega) \hat{B}_l^*(\omega') \rangle = n_{B_l}(\omega) 2\pi \delta(\omega - \omega') \delta_{\rho,q}, \]
where \( \delta_{\rho,q} \) denotes the Kronecker symbol, \( n_{B_l}(\omega) = \int \langle \hat{B}_p(t + \tau/2) \hat{B}_p^*(t - \tau/2) \rangle \exp(-i\omega \tau) d\tau \).

The fourth-order moments can be factorized as
\begin{equation}
\langle \hat{B}_l(\omega_1) \hat{B}_p(\omega_2) \hat{B}_p^*(\omega_3) \hat{B}_p^*(\omega_4) \rangle = n_{B_l}(\omega_1) n_{B_p}(\omega_2)(2\pi)^2 \delta(\omega_1 - \omega_3) \delta(\omega_2 - \omega_4) + n_{B_l}(\omega_1) n_{B_p}(\omega_2)(2\pi)^2 \delta(\omega_1 - \omega_3) \delta(\omega_2 - \omega_3) \delta^K_{\rho,p,q}.
\end{equation}

Starting from Eq. (B1), we compute the equation for the second-order moment (\( \langle \hat{B}_p(\omega) \hat{B}_p^*(\omega') \rangle \)). In this equation, the contributions of the linear dispersive terms on the left-hand side of Eq. (B1) vanish identically. On the other hand, using Eq. (B2), the term \( T^{(2)} \) contributes to the equation for \( i\partial_t \langle \hat{B}_p(\omega) \hat{B}_p^*(\omega') \rangle \) with a term proportional to
\begin{equation}
\langle T^{(2)}(\omega) \hat{B}_p^*(\omega') \rangle - \langle \hat{B}_p(\omega) T_q^{(2)}(\omega')^* \rangle = \sum_{l=1}^{2N} \int n_{B_l}(\omega_1) n_{B_p}(\omega_2) (\mathcal{R}(\omega - \omega_1) - \hat{R}^*(\omega - \omega_1)) d\omega_1 \delta(\omega' - \omega) \delta^K_{\rho,p,q},
\end{equation}
\begin{equation}
+ \int n_{B_l}(\omega_1) n_{B_p}(\omega)(\hat{R}(0) - \hat{R}^*(0)) d\omega_1 \delta(\omega' - \omega) \delta^K_{\rho,p,q}.
\end{equation}
The last term is zero because \( \hat{R}(0) \) is real valued. The contribution of the term \( T^{(1)} \) has the same form as Eq. (B3), but with \( \hat{R}(\omega) = 1 \) that is real valued, so that the contribution vanishes and the instantaneous Kerr nonlinear term \( T^{(1)} \) does not contribute to the kinetic equation. The contribution of the term \( T^{(3)} \) to \( i\partial_t \langle \hat{B}_p(\omega) \hat{B}_p^*(\omega') \rangle \) provides the modal self-interaction:
\begin{equation}
\langle T^{(3)}(\omega) \hat{B}_p^*(\omega') \rangle - \langle \hat{B}_p(\omega) T_q^{(3)}(\omega')^* \rangle = \sum_{l=1}^{2N} \int n_{B_l}(\omega_1) n_{B_p}(\omega)(\hat{R}(0) - \hat{R}^*(0)) d\omega_1 \delta(\omega' - \omega) \delta^K_{\rho,p,q},
\end{equation}
\begin{equation}
+ \int n_{B_l}(\omega_1) n_{B_p}(\omega)(\hat{R}(\omega - \omega_1) - \hat{R}^*(\omega - \omega_1)) d\omega_1 \delta(\omega' - \omega) \delta^K_{\rho,p,q}.
\end{equation}
The first term is zero because \( \hat{R}(0) \) is real valued. Collecting the contributions of \( T^{(2)} \) in Eq. (B3), and \( T^{(3)} \) in Eq. (B4), we obtain the kinetic equation [Eq. (7)]:
\[ \partial_t n_{B_p}(\omega) = \frac{\gamma f_{\text{SR}}}{\pi} n_{B_p}(\omega) \sum_{l=1}^{2N} g(\omega - \omega_1) n_{B_l}(\omega_1) d\omega_1 + \frac{\gamma f_{\text{SR}}}{\pi} n_{B_p}(\omega) \int g(\omega - \omega_1) n_{B_p}(\omega_1) d\omega_1. \]

**APPENDIX C: CRITERION FOR THE APPLICABILITY OF THE KINETIC EQUATION**

We have verified that the propagation of the multimode beam takes place in the weakly nonlinear regime, which validates the applicability of the weak turbulence kinetic equation [Eq. (9)]. Note that, because the noninstantaneous Raman effect breaks the Hamiltonian structure of the NLS equation [Eq. (1)], we cannot proceed as usual by comparing the linear and nonlinear contributions to the Hamiltonian. Here, we resort to an improved criterion of applicability of the wave turbulence theory [36,37], which compares the linear frequency \( k_{\text{lin}}^m(\omega) = V_{\rho,\omega} - W_{\rho,\omega}^2 \) [see the linearized NLS equation, Eq. (1)] to the nonlinear frequency
FIG. 4. Criterion of weak nonlinear regime: Evolution during the propagation of the maximum value \(\max_\omega (R_p(\omega, z))\) for the three simulations reported in Fig. 1 (solid blue line), Fig. 2 (dashed red line), and Fig. 3 (dot-dashed yellow line), for the mode LP11 \((p = 3)\).

In all cases \(R_p(\omega, z) \ll 1\), which confirms the applicability of the kinetic equation in the weakly nonlinear regime.

\[
k_{p}^{nl} (\omega) = \frac{\partial \rho_p(\omega, z)}{\rho_p(\omega, z)};
\]

\[
R_p(\omega, z) = \frac{|k_{p}^{nl} (\omega)|}{k_{p}^{lin} (\omega)} = \frac{|\partial \rho_p(\omega, z)|}{\rho_p(\omega, z) |k_{p}^{lin} (\omega)|}.
\]

(C1)

When \(R_p(\omega, z) \ll 1\), then linear effects dominate nonlinear effects. Note that a major advantage of this criterion with respect to the usual one is that it depends explicitly on the frequency \(\omega\). We have computed \(R_p(\omega, z)\) from the simulations of the NLS equation [Eq. (1)] \(|\rho_p(\omega, z)|\) denoting the spectrum \(|\tilde{A}_p(\omega, z)|\) reported in Figs. 1–3, where the \(z\) derivative has been computed by finite difference with a \(z\) step of the order of the nonlinear characteristic length \(L_{nl}\). We report in Fig. 4 the evolutions during the propagation \(z\) of the maximum value \(\max_\omega (R_p(\omega, z))\) for the mode LP11 \((p = 3)\) [note that similar evolutions of \(R_p(\omega, z)\) are obtained for the other modes]. We can verify that in all cases \(R_p(\omega, z) \ll 1\) throughout the propagation, which confirms the applicability of the weakly nonlinear kinetic equation.
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