Quantum Coherence Tomography of Light–Controlled Superconductivity

L. Luo$^{1\ast}$, M. Mootz$^{1,2\ast}$, J. H. Kang$^{3\ast}$, C. Huang$^1$, K. Eom$^3$, J. W. Lee$^3$, C. Vaswani$^1$, Y. G. Collantes$^4$, E. E. Hellstrom$^4$, I. E. Perakis$^2$, C. B. Eom$^3$ and J. Wang$^{1†}$

$^1$Department of Physics and Astronomy, Iowa State University and Ames Laboratory, Ames, IA 50011 USA
$^2$Department of Physics, University of Alabama at Birmingham, Birmingham, AL 35294-1170, USA
$^3$Department of Materials Science and Engineering, University of Wisconsin-Madison, Madison, WI 53706, USA
$^4$Applied Superconductivity Center, National High Magnetic Field Laboratory, Florida State University, Tallahassee, FL 32310, USA.

$\ast$Equal contribution

$†$To whom correspondence should be addressed; E-mail: jwang@ameslab.gov.

The coupling between superconductors and strong lightwave pulses is an emerging control concept for superconducting quantum electronics. While progress has been made towards terahertz-driven superconductivity and supercurrents, the interactions able to drive non-equilibrium pairing are still poorly understood, partially due to the lack of measurements of high-order correlation functions. Particularly, sensing of the exotic collective modes that would uniquely characterize light-driven superconducting coherence, in a way analogous to the Meissner effect, is very challenging but much needed. Here we report the discovery of parametrically-driven superconductivity by light-induced order parameter collective oscillations in iron-based superconductors. The time-
periodic relative phase dynamics between the coupled electron and hole bands
drives the transition to a distinct non-equilibrium superconducting state. This
light-induced emergent state is characterized by a unique phase–amplitude
collective mode with Floquet-like sidebands at twice the Higgs frequency. We
measure non–perturbative, high–order correlations of this parametrically-driven
superconductivity by separating the terahertz multi-dimensional coherent spec-
tra into pump–probe, Higgs mode, and bi–Higgs frequency sideband peaks.
We find that the higher–order bi-Higgs sidebands dominate above critical field,
which indicates the breakdown of the susceptibility perturbative expansion in
this parametrically-driven quantum matter.

Alternating “electromagnetic” bias, in contrast to DC bias, is emerging as a universal con-
trol concept to enable dynamical functionalities by terahertz (THz) modulation [1–9]. THz–
lightwave–accelerated superconducting (SC) and topological currents [8–17] have revealed ex-
otic quantum dynamics, e. g., high harmonics [9, 10, 18] and gapless quantum fluid states [19],
and light-induced Weyl and Dirac nodes [1,14]. However, high–order correlation characteristics
far exceeding the known two-photon light coupling to superconductors are hidden in conven-
tional single-particle spectroscopies and perturbative responses, where a mixture of multiple
excitation pathways contribute to the same low-order responses [20, 21]. A compelling solu-
tion to sensing light–induced SC coherence far–from–equilibrium is to be able to identify their
correlations and collective modes [8, 22–27]. The dominant collective excitations of the equi-
librium SC phase range from amplitude oscillations (Higgs mode) to oscillations of interband
phase differences (Leggett mode) of the SC order parameter. Although amplitude modes have
been observed close to equilibrium when external AC [9, 18] and DC [17, 28, 29] fields break
inversion symmetry (IS), the order parameter phase–amplitude coherent oscillations have never been observed in spite of their fascinating opportunity to parametrically drive quantum states.

Figure 1a illustrates the parametrically driven SC state, which is characterized by distinct phase–amplitude collective modes arising from strong light-induced couplings between the amplitude and phase channels in iron-based superconductors (FeSCs). The ground state of FeSCs is known to have $s_{\pm}$, rather than BCS, pairing symmetry, which is determined by strong coupling between electron ($\text{e}$) and hole ($\text{h}$) bands. The state can be viewed as the relative orientation of correlated Anderson pseudo-spins located at different momentum points $\mathbf{k}$ [9]. Up and down pseudo-spins correspond to filled and empty ($\mathbf{k}$, $-\mathbf{k}$) Cooper-pair states, while canted spins are the superposition of up and down pseudo-spins. In FeSCs, the pseudo-spins are anti-parallel oriented between $\text{e} - \text{h}$ bands with order parameter phase difference of $\pi$ (red and blue arrows in upper left box, Fig. 1a) (Methods Section 1.2). The THz-driven dynamics causes time-dependent deviations of this $s_{\pm}$ relative phase and leads to precession of the correlated pseudo-spins, which in turn parametrically drives pseudo-spin canting (upper right box, Fig. 1a) from the equilibrium anti-parallel configuration. The latter results from the different dynamics of the SC phase in each band, which leads to different $\text{e} - \text{h}$ pseudo-spin rotations. Consequently, the strong light-induced coupling between pseudo-spins ($\Delta \rho$) in each band and the relative phase between them ($\Delta \theta$), marked in Fig. 1a, can lead to phase–amplitude oscillations and emergent collective modes, absent for either DC currents or weak field driving.

THz frequency, multi-dimensional coherent nonlinear spectroscopy (THz-MDCS) [11, 30–35] represents a correlation tomography and control tool to distinguish between different many-body response functions and collective modes. Unlike for THz–MDCS studies of semiconductors [11, 31, 32, 36], magnets [33], and molecular crystals [34], Fig. 1a illustrates three distinct features of our THz-MDCS scheme which is applied for the first time here on superconductors. First, our approach is based on measuring the phase of the supercurrent coherent nonlinear
emission, in addition to the amplitude, by using phase-resolved coherent measurements with two intense phase–locked THz pulses of similar field strengths. Taking advantage of both the real time and the relative phase of the two THz fields, we separate in two-dimensional (2D) frequency space spectral peaks generated by light-induced correlations and collective mode interactions from the conventional pump–probe, four–wave–mixing, and high–harmonic–generation signals [9, 23]. This 2D separation of spectral peaks arising from high–order nonlinear processes achieves a “super” resolution of higher order interactions and collective modes in highly non-perturbative states. This capability is not possible with traditional single-particle or pump–probe spectroscopies [9, 19, 23]. Second, as a result of lightwave condensate acceleration by the effective local field inside a thin–film SC induced by THz-pulse-pairs and electromagnetic propagation effects [9], the Cooper pairs \((k, -k)\) of the equilibrium BCS state experience SC pairing with finite center-of-mass momentum \(p_S(t)\) (Fig. 1a). Precisely, this phase persists well after the two strong pulses and exhibits \((k + p_S(t)/2, -k + p_S(t)/2)\) Cooper pairing, due to dynamical symmetry breaking of the centrosymmetric pairing states [9]. Third, the finite–momentum–pairing quantum state with supercurrent-flow \(\propto p_S(t)\) controllable by two–pulse interference can host distinct collective modes that parametrically drive the time-dependent pseudo-spin oscillators. This process triggers the phase-amplitude dynamics illustrated in Fig. 1a, whose nonlinear interactions determine the THz–MDCS spectral profile [35].

In this Article, we reveal a parametrically driven SC state by time–periodic light–induced dynamics of the order parameter phase in a Ba(Fe\(_{1-x}\)Co\(_x\))\(_2\)As\(_2\) superconductor. Such a effect parametrically drives time–dependent Anderson pseudo–spin canting from the anti-parallel equilibrium orientation, consistent with our quantum kinetic simulations. Such parametric driving becomes important when the phase dynamics is amplified by a unique phase–amplitude collective mode that develops with increasing THz pulse–pair driving and gives rise to the drastic nonlinear shift from \(\omega_{\text{Higgs}}\) to \(2\omega_{\text{Higgs}}\) peaks.
THz multidimensional coherent spectroscopy of FeSCs

We measured optimally Co-doped BaFe$_2$As$_2$ (Ba-122) epitaxial thin film (60 nm) with $T_c \sim 23$ K and lower SC gap $2\Delta_1 \sim 6.8$ meV (Methods section 1.1). We used THz-MDCS to measure the responses to two phase-locked, nearly single-cycle THz pulses A and B of similar field strength (Fig. 1b), with central frequency $\omega_0 \sim 4$ meV (black arrow, Fig. 1c) and broadband frequency width of $\Delta \omega \sim 6$ meV (purple dashed line, Fig. 1c). Representative time scans of these THz-MDCS experiments driven by laser fields $E_{\text{THz,A,B}} = 229$ kV/cm, are shown in Fig. 1d. The measured nonlinear differential emission correlated signal, $E_{\text{NL}}(t, \tau) = E_{AB}(t, \tau) - E_A(t) - E_B(t, \tau)$, was recorded as function of both the gate time $t$ (Fig. 1d) and the delay time $\tau = t_B - t_A$ between the two pulses A and B (Fig. 1e). We note three points. First, as demonstrated by $E_{\text{NL}}(t, \tau)$ shown in Fig. 1d (pink cross), measured at fixed delay $\tau = 6.5$ ps, the electric field in the time domain allows for simultaneous amplitude-/phase-resolved detection of the coherent nonlinear responses induced by the pulse–pair and has negligible contributions from the individual pulses. This is achieved by subtracting the individual responses, $E_A(t)$ and $E_B(t, \tau)$ (red and blue solid lines), from the full signal obtained in response to both phase-locked pulses, $E_{AB}(t, \tau)$ (black solid line). Second, $E_{\text{NL}}(t, \tau)$ in Fig. 1e vanishes above $T_c$, as seen by comparing the 5 K (red diamond) and 40 K traces (black cross). Third, the THz-MDCS signals persist even when the two pulses do not overlap in time, e. g., at $\tau = 6.5$ ps (Figs. 1d–1e). The long–lived correlated signal $E_{\text{NL}}(t, \tau)$ indicates that the two sub-gap laser excitations, centered below $2\Delta_1$ (Fig. 1c), have generated robust supercurrent–carrying macroscopic states persisting well after the pulse.

Figure 2 compares the 2D THz temporal profile of the coherent nonlinear signal $E_{\text{NL}}(t, \tau)$ for relatively weak (Fig. 2a), intermediate (Fig. 2b), and strong (Fig. 2c) driving fields. The $E_{\text{NL}}(t, \tau)$ dynamics reveals that pronounced coherent temporal oscillations last much longer

5
than the temporal overlap between the two driving pulses (Fig. 1b). One can introduce fre-
quency vectors characterizing the two pulses A and B, \( \omega_A = (\omega_0 \pm \Delta \omega, 0) \) and \( \omega_B = (\omega_0 \pm \Delta \omega, -\omega_0 \mp \Delta \omega) \), which are centered around \( \omega_0 \sim 4 \text{ meV} \) (black arrow, Fig. 1c). Following these notations, the observed long–lived coherent responses generate sharp THz-MDCS spectral peaks visible up to \( \sim 8 \text{ meV} \) below substrate absorption (Methods section 1.1). These spectra were obtained by Fourier transform of \( E_{NL}(t, \tau) \) with respect to both \( t \) (frequency \( \omega_t \)) and \( \tau \) (frequency \( \omega_\tau \)) (Figs. 2d–2f). We observe multiple distinguishing and well-defined resonances with unique lineshapes that drastically change with increasing field strength. These \( E_{NL}(\omega_t, \omega_\tau) \) spectra differ strongly from the conventional ones measured, e. g., in semiconduc-
tors [11, 31, 32], where peaks are observable at multiples of the THz driving pulse frequency \( \omega_0 \sim 4 \text{ meV} \) (magenta dashed line), as expected in the case of a rigid excitation energy bandgap.

The observed peaks in FeSCs are much narrower than the excitation pulse width \( \Delta \omega \) (Fig. 1c). This result implies that \( E_{NL}(t, \tau) \) oscillates with the frequencies of SC collective mode exci-
tations that lie within the \( \Delta \omega \) of the few-cycle driving pulses. The width of the THz–MDCS spectral peaks is determined by the SC mode damping and not by \( \Delta \omega \) of the driving pulses.

The normalized \( E_{NL}(\omega_t, \omega_\tau) \) experimental spectra (Figs. 2g–2i) visualize nonlinear cou-
plings of SC collective mode resonances and their field-dependences. For the weaker pump field of \( E_0 = 229 \text{ kV/cm} \) (Fig. 2g), \( E_{NL}(\omega_t, \omega_\tau) \) shows four dominant peaks. Intriguingly, the two strongest peaks are located at the higher frequencies, roughly \( (6, 0) \text{ meV} \) and \( (6, -6) \text{ meV} \), with the weaker peaks at the lower frequencies, slightly below \( (2, 0) \text{ meV} \) and \( (2, -2) \text{ meV} \).

This observation is in strong contrast to the expectation from conventional harmonic generation that high–order nonlinear signals should be weaker than lower–order ones which indicates the breakdown of the susceptibility perturbative expansion around the SC equilibrium state. For the intermediate field of \( E_0 = 333 \text{ kV/cm} \) (Fig. 2h), \( E_{NL}(\omega_t, \omega_\tau) \) shows several peaks close to each other (red and green lines), centered at new frequencies \( \sim (5, 0) \text{ meV} \) and \( (5, -5) \text{ meV} \),
which exhibit similar non-perturbative behavior as the dominant high order THz-MDCS spectral peaks. The spectral profile changes again with increasing THz driving: four peaks are observable in the THz-MDCS spectrum for the highest studied pump field of $E_0 = 475$ kV/cm. The two strongest THz–MDCS peaks are roughly located at $(2.3, 0)$ meV and $(2.3, -2.3)$ meV, while two weaker peaks become detectable at $(6.2, 0)$ meV and $(6.2, -6.2)$ meV (Fig. 2i). These high field peaks should be distinguished from the low field ones at similar frequencies (Fig. 2g), as the latter have red-shifted with increasing field due to the SC gap reduction. The evolution of the MDCS spectral peaks reflect the emergence of different collective modes with increasing driving field, which characterize the transition to different non-equilibrium SC states.

### Light-induced drastic changes of collective modes

We first introduce some basic principles to classify the observed peaks in $(\omega_t, \omega_r)$ space. First, the non-equilibrium SC state driven by the THz pulse–pair is characterized by a quenched asymptotic value of the time–evolved SC order parameter, which defines the Higgs frequencies $\omega_{H,i} = 2\Delta_{\infty,i}$, where $i = 1$ ($i = 2$) denotes the hole (electron) pocket of the FeAs bandstructure. The above Higgs mode frequencies decrease from their equilibrium values of $2\Delta_{0,i}$ with increasing field, which leads to a redshift of the THz–MDCS spectral features observed in Figs. 2g–2i. Note that we only probe the lower Higgs mode, $\omega_{H,1} \sim 6.8$ meV, while the higher Higgs frequency, $\omega_{H,2} \sim 19$ meV, lies outside of the measured spectral range (Fig. 1c). Second, the THz pulses drive the Anderson pseudo-spin oscillators \cite{9, 35} at the different momenta $k$ (Methods section 1.4). The pseudo-spin dynamics is dominated by frequencies $\sim \omega_{H,i,A} = (\omega_{H,i}, 0)$ and $\sim \omega_{H,i,B} = (\omega_{H,i}, -\omega_{H,i})$, i. e., field-dependent Higgs and quasi-particle pair excitations, or $\sim 2\omega_{A,B}$, i. e., quasi-particle excitations driven at the laser frequency.

To identify which nonlinear process generates each peak measured in Figs. 2g–2i, we use our quantum kinetic simulations (Methods section 1.3) and the above three principles. Light-
wave propagation inside a SC thin film geometry determines the effective driving field \( E(t) = E_{\text{THz}}(t) - \frac{n c}{2} \hat{J}(t) \), which is obtained from Maxwell’s equations [37] and differs from the applied field \( E_{\text{THz}}(t) \) \((n\) is the refractive index). This effective field drives the nonlinear supercurrent \( J(t) \), described self-consistently by solving the gauge-invariant SC Bloch equations [23, 35, 37] (Methods section 1.3) for a 3-pocket SC model with strong electron–hole pocket interaction \( U \) far exceeding the intra–band pairing interaction. We simulate directly the \( E_{\text{NL}}(t, \tau) \) temporal dynamics measured in the experiment (Fig. 3a as an example) and then obtain the \( E_{\text{NL}}(\omega_l, \omega_r) \) spectra (Figs. 3b–3e). These simulations are fully consistent with the observed drastic change in the THz–MDCS spectra, where non-perturbative spectral peaks emerging with increasing field (Figs. 2g–2i) are indicative of a transition to light-driven SC states with different, emergent collective modes.

We elaborate the above quantum state transitions by identifying three different excitation regimes. They are marked in Figs. 3f (black dash lines) and distinguished by the field-strength dependence of the interband phase difference \( \delta \theta(\omega) \) peak: I, the perturbative susceptibility regime; II, the non-perturbative state with dominant Higgs amplitude mode; regime III, the parametrically-driven SC state determined by phase–amplitude collective mode. We first examine regime I, where the Higgs frequency \( \omega_{H,1} \) remains close to its equilibrium value, \( 2\Delta_1 \sim 6.8 \text{ meV} \), similar to the “rigid” excitation energy gap in semiconductors. The simulated THz–MDCS spectrum (Fig. 3b) then shows several peaks (Table 1, Methods) splitting along the \( \omega_r \) vertical axis, at \( \omega_l = \omega_0 \) (dashed magenta line) and \( \omega_l = \omega_{H,1} \) (dashed green line). The conventional pump–probe signals are observed at \((\omega_0, -\omega_0)\) and \((\omega_0, 0)\) in Fig. 3b, generated by the familiar third-order processes \( \omega_A - \omega_A + \omega_B \) and \( \omega_B - \omega_B + \omega_A \), respectively. Four-wave mixing signals are also observed at \((\omega_0, \omega_0)\) and \((\omega_0, -2\omega_0)\), generated by the third–order processes \( 2\omega_A - \omega_B \) and \( 2\omega_B - \omega_A \). However, the perturbative behavior in this regime is inconsistent with the dominance of higher–order peaks (Fig. 2g) for the much stronger fields used in the
experiment to achieve the necessary signal–to–noise ratio.

By increasing the field strength (Figs. 3c–3e), the calculated signals along the $\omega_r$ vertical axis and at $(\omega_0, -\omega_0)$, $(\omega_0, 0)$ diminish. Only peaks along $(\omega_t, 0)$ and $(\omega_t, -\omega_t)$ are then predicted by our calculation, consistent with the experiment in Figs. 2g–2i. For the lower field strength of 250 kV/cm (Fig. 3c), our calculated $E_{NL}(\omega_t, \omega_r)$ shows two weak peaks at $\omega_t \sim 2$ meV (black dashed line) and two strong broken–IS peaks at $\omega_t = \omega_{H,1} \sim 6$ meV (green dashed line) similar to the experimental THz-MDCS peaks in Fig. 2g. The weak peaks at $\omega_t \sim 2$ meV (black dashed line) arise from high-order difference-frequency Raman processes (PP, Table 2 in Methods), which generate pump–probe signals at $\omega_t = \omega_{H,1} - \omega_0$, as observed in Fig. 2g. The strong peaks at the Higgs frequency $\omega_t = \omega_{H,1} \sim 6$ meV (green dashed line) dominate for intermediate fields up to $\sim 400$ kV/cm (regime II, Fig. 3f). However, they vanish if we neglect the electromagnetic propagation effects as discussed later. The BCS ground state evolves into a finite–momentum–pairing SC state, which is determined by the condensate momentum $p_S$ generated by nonlinear processes (Supplementary Fig. 4c, Note 4). This condensate momentum persists well after the pulse. Higgs frequency peaks then arise from ninth–order IS breaking nonlinear processes generated by the coupling between the Higgs mode and the light-wave accelerated supercurrent $J(t)$ (IS Higgs, Table 2 in Methods). The superior resolution achieved for sensing the collective modes by using THz–MDCS with 2D coherent excitation is far more than that achieved by using a static IS symmetry breaking scheme using a DC current (Supplementary Fig. 9, Note 7).

For even higher field strengths of 350 kV/cm (Fig. 3d) and 700 kV/cm (Fig. 3e), the THz–MDCS spectra change above the excitation threshold where the order parameter phase dynamics becomes significant (regime III, Fig. 3f). In this regime III, new dominant THz–MDCS peaks emerge at $\omega_t = 2\omega_{H,1} - \omega_0$ (blue dashed line), referred to as bi-Higgs frequency sideband. Satellite peaks are also observed at $\omega_t = 2\omega_{H,1} - 2\omega_0$ (red dashed line). Figure 3g demonstrates
a threshold nonlinear behavior of these bi-Higgs frequency sideband peak strengths, which coincides with the development of strong phase dynamics (Fig. 3f). These theoretical predictions are fully consistent with our experimental observations in Figs. 2h and 2i. For the intermediate field in Fig. 3d, the THz–MDCS peaks at $\omega_t = 2\omega_{H,1} - 2\omega_0 \sim 4$ meV (red dashed line) and $\omega_t = \omega_{H,1} \sim 6$ meV (green dashed line) are close to each other. As a result, they merge into a single broad resonance around $(5, 0)$ meV and $(5, -5)$ meV which agrees with the measured broad, overlapping THz–MDCS peaks $\sim 5$ meV in Fig. 2h. The calculated $\omega_t = 2\omega_{H,1} - \omega_0$ peak (blue line) is not visible experimentally due to the substrate absorption. For the highest studied field strength (Fig. 3e), the calculated THz–MDCS signals are dominated by the bi–Higgs frequency nonlinear sidebands at $\omega_t = 2\omega_{H,1} - \omega_0 \sim 6.0$ meV and $\omega_t = 2\omega_{H,1} - 2\omega_0 \sim 2.0$ meV. Both sidebands peaks now fall into the substrate transparency region and are clearly resolved in Fig. 2i. The emergence of these new THz-MDCS peaks in Regime III is a direct manifestation of the phase-driven Anderson pseudo-spin canting (Fig. 1a), as further discussed later.

Figure 4 demonstrates the strong temperature dependence and redshift of the observed peaks as we approach $T_c$. The THz-MDCS spectrum $E_{NL}(\omega_t, \omega_r)$ at temperature 16 K is shown in Fig. 4a for the intermediate field of $E_0 = 333$ kV/cm. It is compared in Fig. 2h with the spectrum at $T = 5$ K for same excitation. The broken-IS signals observed at the Higgs mode frequency $\omega_t = \omega_{H,1}$ red-shift with increasing temperature, from $(5, 0)$ meV and $(5, -5)$ meV peaks at 5 K to broad peaks slightly below $(2.5, -2.5)$ meV and $(2.5, 0)$ meV at 16 K (green line). This redshift arises from the thermal quench of the SC order parameter $2\Delta_1$ with increasing temperature. However, unlike for the case of THz coherent control of the order parameter demonstrated in Fig. 2h, a thermal quench does not produce any obvious bi–Higgs frequency THz–MDCS peaks, expected at $\sim 1$ meV, which is indicative of the coherent origin of the latter. Figures 4b and 4c show the temperature dependence of the measured differential coherent emission $E_{NL}(t, \tau)$ and the corresponding $E_{NL}(\omega_t, \tau)$ at a fixed pulse separation $-\tau = 6.5$ ps. It is
clearly seen, by comparing the 5 K (black line) and 22 K (gray) traces, that, when approaching \(T_c\) from below, the coherent nonlinear emissions quickly diminish and red-shift. Finally, Figs. 4d–4e show a detailed plot of \(E_{NL}(\omega, \tau)\) up to 100 K. The integrated spectral weight shown in Fig. 4d correlates with the SC transition at \(T_c\) (gray dashed line).

**The phase–amplitude mode and parametric driving**

Figure 5 offers more insight into the physical mechanism behind the observed transition in the THz–MDCS spectra with increasing field. First, we compare \(E_{NL}(\omega_t, \omega_\tau)\) for a field strength of 250 kV/cm between (i) the full calculation that includes electromagnetic propagation and interference effects leading to slowly decaying \(p_S(t)\) after the pulse (Fig. 5a), and (ii) a calculation without electromagnetic propagation effects, where \(p_S(t)\) oscillates during the THz pulse and vanishes afterwards (Fig. 5b). The \(\omega_t = \omega_{H,1}\) peaks vanish in Fig. 5b (green dashed line) and \(E_{NL}(\omega_t, \omega_\tau)\) is dominated by broad pump–probe (PP) peaks at \(\omega_t = \omega_0 \sim 4\) meV. This result suggests that the peaks at \(\omega_{H,1}\), which dominate the PP peaks in nonlinear regime II, (Fig. 2g (experiment) and Fig. 5a (theory)), provide coherent sensing of non-perturbative Higgs collective modes underpinning the finite–momentum–pairing SC phase (Supplementary Note 7).

Next, we turn to the transition from Higgs to dominant bi-Higgs signals at \(\omega_t = 2\omega_{H,1} - \omega_0\). We associate this transition with the development of a time–dependent pseudo-spin canting from the equilibrium anti-parallel pseudo-spin directions, which is parametrically–driven by amplified relative phase dynamics at frequency \(\omega_{H,1}\) (Methods sections 1.4 and 1.5). If the inter–band Coulomb coupling exceeds the intra–band pairing interaction, the Leggett mode phase oscillations lie well within the quasi–particle continuum (regime I for weak THz fields), so they are overdamped (Fig. 3f). Above critical THz driving (regime III), however, the THz–modulated superfluid density of strongly–Coulomb–coupled electron and hole pockets (Methods section 1.5 and Supplementary Note 4) enhances the nonlinear coupling of the order parameter phase.
and amplitude oscillations. This leads to phase oscillations at the same Higgs frequency $\omega_{H,1}$ as the amplitude oscillations, which we refer as to the phase–amplitude collective mode. The latter interacts with quasi–particle excitations at energy $\sim \omega_{H,1}$, which amplifies the THz–MDCS sideband peaks at frequencies $\sim 2\omega_{H,1}$ (Fig. 3e). This amplification is at the expense of the Higgs mode peak at $\omega_{H,1}$ which dominates in regime II.

To further corroborate the transition from Higgs amplitude to phase–amplitude collective mode, we compare in Figs. 5c and 5d THz–MDCS spectra obtained from the full calculation for 700.0 kV/cm driving with those obtained by turning off the pseudo–spin canting around the $s_\pm$ equilibrium state driven by the $\omega_{H,1}$ time–periodic phase oscillations (Supplementary Figs. 4d and 6, Note 4). Our formulation of the gauge–invariant SC Bloch equations in terms of two coupled pseudo–spin nonlinear oscillators (Methods section 1.4) shows that non–adiabatic pseudo–spin canting is parametrically driven with time–dependent strength $\sim |\Delta_1|^2 \sin(2\delta\theta)\rho_{1,2}$, where $\rho_1$ and $\rho_2$ are the x and y Anderson pseudo-spin components. Such phase-dependent contribution to the nonlinear response is amplified by the strong THz modulation of the superfluid density characterized by light–induced changes in $|\Delta_1|^2$. Consequently, the threshold nonlinear field dependence of this coupling (Supplementary Fig. 4d) leads to the strong field dependence of the $\sim 2\omega_{H,1}$ sideband (Fig. 3g). By comparing Figs. 5c and 5d, we see that the signals at frequencies $\omega_t = 2\omega_{H,1} - \omega_0$ (blue dashed line) and $\omega_t = 2\omega_{H,1} - 2\omega_0$ (red dashed line) are absent when the order parameter phase can be approximated by its equilibrium value. We also compare the full result with a calculation without interband Coulomb interaction between the electron and hole pockets (Fig. 5e), which again diminishes the bi-Higgs frequency signals.

**Conclusion**

We demonstrate parametrically-driven superconductivity enabled by light-induced phase–amplitude coupling and by time-periodic relative phase dynamics. The discovery, characterization and
control of the light-induced high–order correlations, superconducting coherence and entangle-ment in parametrically-driven quantum matter is of direct interest to quantum information, sens-ing, and superconducting electronics.
**Fig. 1. Lightwave parametrically-driven superconductivity in FeSCs.** a, Schematics of THz multidimensional coherent spectroscopy via THz-pulse-pair excitations and detections. A time-dependent phase-driven Anderson pseudo-spin canting is shown schematically (upper right box) where the pseudo-spin components are defined by density matrix $\Delta \rho$ (Methods section 1.3). The equilibrium anti-parallel pseudo-spin configuration (upper left box) is driven non-adiabatically by the light-induced time dependence of the order parameter electron–hole relative phase $\Delta \theta$ at the Higgs frequency. b, Temporal waveforms of the nearly single-cycle THz pulse–pair used in the experiment (red and blue lines), and c, spectra of the used pulses with $\omega_0 = 4$ meV (vertical dashed arrow); purple dashed line indicates the broadband frequency width $\Delta \omega$. d, Temporal dynamics of the measured coherent nonlinear transmission $E_{NL}(t, \tau)$ (pink) = $E_{AB}(t, \tau)$ (black) − $E_A(t)$ (red) − $E_B(t, \tau)$ (blue) as a function of gate time $t$ at a fixed delay time between the two pulses, $-\tau = 6.5$ ps, under THz driving fields of 229 kV/cm at temperature of 5 K. e, Temporal dynamics of the $E_{NL}(t, \tau)$ amplitude decay below (red diamond, 5 K) and above (black cross, 40 K) $T_c$, as a function of pulse–pair time delay $\tau$ under THz driving fields of 333 kV/cm. The correlated nonlinear signal $E_{NL}(t, \tau)$ (red) decays over timescales much longer than the pulse duration.

**References**

[1] Vaswani, C. et al. Light-driven Raman coherence as a nonthermal route to ultrafast topology switching in a Dirac semimetal. *Phys. Rev. X* **10**, 021013 (2020).

[2] Fausti, D. et al. Light-induced superconductivity in a stripe-ordered cuprate. *Science* **331**, 189–191 (2011).

**Fig. 2. Drastic changes of correlation peaks and collective modes revealed in the driving electric field dependence of THz-MDCS.** a-c, Two-dimensional (2D) false-colour plot of the measured coherent nonlinear transmission $E_{NL}(t, \tau)$ of FeSCs at 5 K induced by THz pump electric fields of (a) 229 kV/cm, (b) 333 kV/cm, and (c) 475 kV/cm. d-f, The corresponding THz 2D coherent spectra $E_{NL}(\omega_t, \omega_r)$ at 5 K for the above three pump electric fields, respectively. Pump frequency $\omega_0$ is indicated by vertical dashed lines. g-i, The normalized $E_{NL}(\omega_t, \omega_r)$ spectra are plotted for the same pump fields to highlight the pump field-dependent evolution of the correlation peaks along the 2D frequency vector space. Peaks marked by the dashed lines are located at frequencies associated with pump–probe signal (black), Higgs mode (green) and bi-Higgs frequency sidebands (red and blue) consistent with the theory shown in Fig. 3.
Fig. 3. Gauge-invariant quantum kinetic simulation of THz-MDCS. a, An example of calculated $E_{NL}(t, \tau)$ as a function of gate time $t$ and delay time $\tau$ for 250 kV/cm pump field. b-e, 2D Fourier transform of $E_{NL}(t, \tau)$ for THz pump electric fields of (b) 25 kV/cm, (c) 250 kV/cm, (d) 350 kV/cm, and (e) 700 kV/cm. Dashed black (blue) lines indicate pump-probe $\omega_t = \omega_{H,1} - \omega_0$ (bi-Higgs frequency sideband $\omega_t = 2\omega_{H,1} - \omega_0$) while IS-breaking signals at Higgs $\omega_t = \omega_{H,1}$ (bi-Higgs frequency sideband $\omega_t = 2\omega_{H,1} - 2\omega_0$) are marked by vertical dashed green (red) line; pump–probe peaks at $\omega_t = \omega_0$ are indicated by a vertical dashed magenta line. f, Field-strength dependence of the dominant peak in the spectrum of the interband phase difference $\delta \theta(\omega)$. g, Field-strength dependence of the bi-Higgs frequency sidebands at $2\omega_{H,1} - \omega_0$ follows the $\delta \theta(\omega)$ behavior in (f), which identifies the importance of light–induced time–periodic phase dynamics at the $\omega_{H,1}$ frequency in driving a non–equilibrium SC state. Three excitation regimes are marked (main text).

Fig. 4. Temperature dependence of THz-MDCS signals. a, THz-MDCS spectra $E_{NL}(\omega_t, \omega_\tau)$ at 16 K for pump electric field of 333 kV/cm. b, Temporal profiles of two-pulse THz coherent signals $E_{NL}(t, \tau)$ at various temperatures from 5 K to 22 K for a peak THz pump electric field of $E_{\text{pump}} = 229$ kV/cm and $-\tau = 6.5$ ps. Traces are offset for clarity. c, The corresponding Fourier spectra of the coherent dynamics in (b). d-e, A 2D false-color plot of THz coherent signals (e) as a function of temperature and frequency $\omega_t$ with (d) integrated spectral weight at various temperatures. Dashed gray line indicates the SC transition temperature.

Fig. 5. Origin of correlation and collective mode peaks in THz-MDCS signals. a-b, $E_{NL}(\omega_t, \omega_\tau)$ for (a) the full calculation with lightwave propagation ($E_0 = 250$ kV/cm) and for (b) a calculation without pulse propagation effects ($E_0 = 250$ kV/cm). Dashed black (green) lines indicate $\omega_t = \omega_{H,1} - \omega_0$ (\omega_t = \omega_{H,1}). The IS peaks at $\omega_t = \omega_{H,1}$ vanish without persisting IS breaking. c-e, $E_{NL}(\omega_t, \omega_\tau)$ for (c) the full calculation with lightwave propagation ($E_0 = 700$ kV/cm), for (d) a calculation without phase–amplitude coupling ($E_0 = 400$ kV/cm), and for (e) a calculation without interband interaction, $U = 0$ ($E_0 = 100$ kV/cm). To directly compare the different THz-MDCS spectra, the field strengths of the different calculations are chosen such that $\omega_{H,1}$ are comparable, $\omega_{H,1} \sim 5.0$ meV. Dashed blue lines indicate $\omega_t = 2\omega_{H,1} - \omega_0$, while IS-breaking signals at Higgs $\omega_t = \omega_{H,1}$ (bi-Higgs $\omega_t = 2\omega_{H,1} - 2\omega_0$) are marked by vertical dashed green (red) lines. Note that the bi-Higgs frequency sideband peaks are strongly suppressed without phase–amplitude coupling or without interband interaction.
[3] A. F. Kemper, M. A. Sentef, B. Moritz, J. K. Freericks & T. P. Devereaux Direct observation of Higgs mode oscillations in the pump-probe photoemission spectra of electron-phonon mediated superconductors. Phys. Rev. B 92, 224517 (2015).

[4] Knap, M., Babadi, M., Refael, G., Martin, I. & Demler, E. Dynamical Cooper pairing in nonequilibrium electron-phonon systems. Phys. Rev. B 94, 214504 (2016).

[5] M. A. Sentef, A. F. Kemper, A. Georges & C. Kollath Direct observation of Higgs mode oscillations in the pump-probe photoemission spectra of electron-phonon mediated superconductors. Phys. Rev. B 93, 144506 (2015).

[6] Mitrano, M. et al. Possible light-induced superconductivity in K$_3$C$_60$ at high temperature. Nature 530, 461–464 (2016).

[7] Buzzi, M. et al. Higgs-mediated optical amplification in a nonequilibrium superconductor. Phys. Rev. X 11, 011055 (2021).

[8] Matsunaga, R. et al. Light-induced collective pseudospin precession resonating with Higgs mode in a superconductor. Science 345, 1145–1149 (2014).

[9] Yang, X. et al. Lightwave-driven gapless superconductivity and forbidden quantum beats by terahertz symmetry breaking. Nat. Photon. 13, 707–713 (2019).

[10] Linder, J. & Robinson, J. W. Superconducting spintronics. Nat. Phys. 11, 307 (2015).

[11] Maag, T. et al. Coherent cyclotron motion beyond Kohn’s theorem. Nature Physics 12, 119–123 (2016).

[12] Reimann, J. et al. Subcycle observation of lightwave-driven Dirac currents in a topological surface band. Nature 562, 396–400 (2018).
[13] Lingos, P. C., Kapetanakis, M. D., Wang, J. & Perakis, I. E. Light-wave control of correlated materials using quantum magnetism during time-periodic modulation of coherent transport. *Communications Physics* **4**, 60 (2021).

[14] Luo, L. *et al.* A light-induced phononic symmetry switch and giant dissipationless topological photocurrent in ZrTe$_5$. *Nat. Mater.* **20**, 329–334 (2021).

[15] Rajasekaran, S. *et al.* Parametric amplification of a superconducting plasma wave. *Nat. Phys.* **12**, 1012–1016 (2016).

[16] Dienst, A. *et al.* Bi-directional ultrafast electric-field gating of interlayer charge transport in a cuprate superconductor. *Nature Photon.* **5**, 485–488 (2011).

[17] Nakamura, S. *et al.* Infrared activation of the Higgs mode by supercurrent injection in superconducting NbN. *Phys. Rev. Lett.* **122**, 257001 (2019).

[18] Vaswani, C. *et al.* Terahertz second-harmonic generation from lightwave acceleration of symmetry-breaking nonlinear supercurrents. *Phys. Rev. Lett.* **124**, 207003 (2020).

[19] Yang, X. *et al.* Terahertz-light quantum tuning of a metastable emergent phase hidden by superconductivity. *Nat. Mater.* **17**, 586 (2018).

[20] Cea, T., Castellani, C. & Benfatto, L. Nonlinear optical effects and third-harmonic generation in superconductors: Cooper pairs versus Higgs mode contribution. *Phys. Rev. B* **93**, 180507 (2016).

[21] Murotani, Y. & Shimano, R. Nonlinear optical response of collective modes in multiband superconductors assisted by nonmagnetic impurities. *Phys. Rev. B* **99**, 224510 (2019).

[22] Krull, H., Bittner, N., Uhrig, G., Manske, D. & Schnyder, A. Coupling of Higgs and Leggett modes in non-equilibrium superconductors. *Nat. Commun.* **7**, 11921 (2016).
[23] Vaswani, C. et al. Light quantum control of persisting Higgs modes in iron-based superconductors. Nat. Commun. 12, 258 (2021).

[24] Giorgianni, F. et al. Leggett mode controlled by light pulses. Nat. Phys. 15, 341–346 (2019).

[25] Udina, M., Cea, T. & Benfatto, L. Theory of coherent-oscillations generation in terahertz pump-probe spectroscopy: From phonons to electronic collective modes. Phys. Rev. B 100, 165131 (2019).

[26] Chu, H. et al. Phase-resolved Higgs response in superconducting cuprates. Nature Commun. 11, 1793 (2020).

[27] Schwarz, L., Fauseweh, B. & Tsuji, N. e. a. Classification and characterization of nonequilibrium Higgs modes in unconventional superconductors. Nat. Commun. 11, 287 (2020).

[28] Moor, A., Volkov, A. F. & Efetov, K. B. Amplitude Higgs mode and admittance in superconductors with a moving condensate. Phys. Rev. Lett. 118, 047001 (2017).

[29] Puviani, M., Schwarz, L., Zhang, X.-X., Kaiser, S. & Manske, D. Current-assisted Raman activation of the Higgs mode in superconductors. Phys. Rev. B 101, 220507 (2020).

[30] Cundiff, S. T. & Mukamel, S. Optical multidimensional coherent spectroscopy. Physics Today 66, 44–49 (2013).

[31] Kuehn, W., Reimann, K., Woerner, M., Elsaesser, T. & Hey, R. Two-dimensional terahertz correlation spectra of electronic excitations in semiconductor quantum wells. J. Phys. Chem. B 115, 5448–5455 (2011).
[32] Junginger, F. et al. Nonperturbative interband response of a bulk InSb semiconductor driven off resonantly by terahertz electromagnetic few-cycle pulses. *Phys. Rev. Lett.* **109**, 147403 (2012).

[33] Lu, J. et al. Coherent two-dimensional terahertz magnetic resonance spectroscopy of collective spin waves. *Phys. Rev. Lett.* **118**, 207204 (2017).

[34] Johnson, C. L., Knighton, B. E. & Johnson, J. A. Distinguishing nonlinear terahertz excitation pathways with two-dimensional spectroscopy. *Phys. Rev. Lett.* **122**, 073901 (2019).

[35] Mootz, M., Luo, L., Wang, J. & Perakis, I. E. Visualization and quantum control of light-accelerated condensates by terahertz multi-dimensional coherent spectroscopy. *Communications Physics* **5**, 47 (2022).

[36] Mahmood, F., Chaudhuri, D., Gopalakrishnan, S., Nandkishore, R. & Armitage, N. P. Observation of a marginal Fermi glass. *Nature Physics* **17**, 627–631 (2021).

[37] Mootz, M., Wang, J. & Perakis, I. E. Lightwave terahertz quantum manipulation of nonequilibrium superconductor phases and their collective modes. *Phys. Rev. B* **102**, 054517 (2020).

1 Methods

1.1 Sample preparation and quality

We measure optimally Co-doped BaFe$_2$As$_2$ epitaxial single crystal thin films [38] which are discussed in Supplementary Note 8 (Supplementary Figs. 10-12). They are 60 nm thick, grown on 40 nm thick SrTiO$_3$ buffered (001)-oriented (La;Sr)(Al;Ta)O$_3$ (LSAT) single-crystal substrates. The sample exhibits a SC transition at $T_c \sim 23$ K (Supplementary Fig. 11).
spectra are visible up to $\sim 8$ meV below substrate absorption (Supplementary Fig. 12). The base pressure is below $3 \times 10^{-5}$ Pa and the films were synthesized by pulsed laser deposition with a KrF (248 nm) ultraviolet excimer laser in a vacuum of $3 \times 10^{-4}$ Pa at 730$^\circ$ C (growth rate: 2.4 nm/sec). The Co-doped Ba-122 target was prepared by solid-state reaction with a nominal composition of Ba/Fe/Co/As = 1:1.84:0.16:2.2. The chemical composition of the thin film is found to be Ba(Fe$_{0.92}$Co$_{0.08}$)$_2$As$_{1.8}$, which is close to the stoichiometry of Ba122 with 8 % (atomic %) optimal Co-doping. The PLD targets were made in the same way using the same nominal composition of Ba(Fe$_{0.92}$Co$_{0.08}$)$_2$As$_{2.2}$.

The epitaxial and crystalline quality of the sample were confirmed by four-circle X-ray diffraction (XRD), complex THz conductivity, and other extensive chemical, structural and electrical characterizations (Supplementary Figs. 10-12). Equilibrium low frequency electrodynamics measurements show that the superfluid density $n_s$ vanishes above $T_c \sim 23$ K and that the lower SC gap is $\sim 6.2-7$ meV, in agreement with the values quoted in the literature [39,40]. We measured temperature-dependent electrical resistivity for superconducting transitions by the four-point method (Supplementary Fig. 10). Onset $T_c$ and $T_c$ at zero resistivity are as high as 23.4 K and 22.0 K, respectively, and $\Delta T_c$ is as narrow as 1.4 K. These are the highest and narrowest values for Ba-122 thin films. In our prior papers, we also checked the zero-field-cooled magnetization $T_c$ and clearly showed a diamagnetic signal by superconducting quantum interference device (SQUID) magnetometer measurements.

1.2 THz-MDCS of Anderson pseudo-spin canting states

Following the early work of Anderson, a superconducting state can be viewed in terms of an N-spin/pseudo-spin state, with one 1/2 spin at each momentum point interacting with all the rest. The spin texture resulting from this long-range spin interaction, determined by the relative orientation of the different correlated spins located at different momentum points, describes
the properties of the superconducting state. Unlike in one-band SCs with BCS order parameter, the properties of the multi-band iron pnictide superconductors studied here are determined by the strong coupling between electron and hole bands and corresponding pseudo-spins. The ground state is known to have $s_{\pm}$ order parameter symmetry. This means that, in equilibrium, the Anderson pseudo-spins are anti-parallel oriented between electron and hole bands, as shown in Fig. 1a for a pictorial illustration. This anti-parallel pseudo-spin orientation between different bands reflects a phase difference of $\pi$ between the electron and hole components of the order parameter. Collective excitations of the superconducting state may be described as magnon-like collective excitations of the Anderson pseudo-spins, while quasi-particle excitations correspond to flipping a single spin. THz excitation leads to precession of the correlated pseudo-spins around their equilibrium positions. The new light-driven dynamics proposed here causes time-dependent deviations of the order parameter relative phase between electron and hole bands, which in turn parametrically drive Anderson pseudo-spin time-dependent canting from the equilibrium anti-parallel orientation corresponding to electron-hole phase difference of $\pi$. Such canting from the anti-parallel pseudo-spin orientation between electron and hole bands results from the different dynamics of the SC phase in each band, which leads to different electron and hole pseudo-spin rotations.

Close to equilibrium, time-dependent oscillations of the electron–hole relative phase that drives pseudo-spin canting results in the Leggett phase collective modes. These collective modes are additional to the Higgs amplitude modes. However, the Leggett linear response modes are damped in iron pnictides, as their energy lies within the quasi-particle excitation continuum, higher than the frequency of the lower Higgs amplitude mode which coincides with twice the SC gap $2\Delta_1$. Our numerical results presented in the main text show that strong light-induced time-dependent nonlinear coupling of the order parameter phase and amplitude oscillations leads to phase oscillations at the same Higgs frequency as the amplitude oscillations.
tions. We refer to such phase–amplitude simultaneous oscillations at the same frequency of twice the SC energy gap, as the phase–amplitude collective mode of the highly driven non-equilibrium state. This phase–amplitude collective mode replaces the Higgs amplitude and Leggett phase collective modes, which describe the perturbative low order responses to the THz driving electric field. Since the relative phase of the order parameter electron and hole components determines the anti-parallel pseudo-spin configuration that defines the SC equilibrium state of iron pnictides, the development of relative phase oscillations around $\pi$ at the same frequency as the amplitude Higgs oscillations drives non-adiabatically an ultrafast spin canting from the equilibrium anti-parallel pseudo-spin configuration. Such phase-driven Anderson pseudo-spin canting, shown schematically in Fig. 1a of the main text, corresponds to a time-dependent change in the relative pseudo-spin orientation between the electron and hole bands. This ultrafast canting from the anti-parallel orientation oscillates at the Higgs rather than Leggett frequency above THz excitation threshold. It is in addition to the collective pseudo-spin precession within each individual band, which describes the hybrid-Higgs light-induced collective mode of iron pnictides introduced in our previous work [23]. The relative phase oscillations around the equilibrium value of $\pi$ are long-lived when their frequency shifts to the Higgs mode frequency of twice the SC energy gap, which is below the quasi-particle continuum leading to the damping of the Leggett phase mode. Therefore, this frequency shift, induced by the strong light-induced coherent coupling of the order parameter phase and amplitude oscillations above threshold field, parametrically drives a non-equilibrium state characterized by time-dependent pseudo-spin canting from the anti-parallel equilibrium configuration. The nonlinear coupling between pseudo-spin and phase oscillations at the Higgs frequency results in THz-MDCS side-bands at twice the Higgs frequency, which is confirmed by our numerical results in the main text.

To create and characterize the Anderson pseudo-spin canting states, the FeAs SC film is
excited with two broadband THz pulses of similar amplitude, with a center frequency $\sim 1$ THz (4.1 meV) and broadband frequency width of $\Delta \omega \sim 1.5$ THz (Fig. 1c). The measured nonlinear coherent differential transmission $E_{NL}(t, \tau) = E_{AB}(t, \tau) - E_A(t) - E_B(t, \tau)$ is plotted as a function of gate time $t$ and the delay time between the two pulses A and B, $\tau$. The time-resolved coherent nonlinear dynamics is then explored by varying the inter-pulse delay $\tau$ between the two THz pulses. Measuring the electric fields in time-domain through electro-optic sampling (EOS) by a third pulse allows for phase-resolved detection of the sample response as a function of gate time $t$. The signals arise from third and higher order nonlinear pump–probe responses of the superconducting state, which are separated from the linear response background to obtain an enhanced resolution. Details of our THz setup can be found elsewhere [9, 19, 41, 42]

1.3 Gauge-invariant theory and simulations of THz-MDCS signals

Details are presented in Supplementary Note 1 and Note 2. In thin film SCs, electromagnetic propagation effects combined with strong SC nonlinearity leads to an effective driving electric field and Cooper pair center-of-mass momentum that persist well beyond the duration of the laser pulse. To model both effects in a gauge–invariant way, we use the Boguliobov–de Gennes Hamiltonian [43, 44]

$$H = \sum_{\nu, \alpha} \int d^3 x \, \psi_{\alpha, \nu}^\dagger(x) \left[ \xi_\nu(p + eA(x, t)) - \mu - e\phi(x, t) + \mu_H^\nu(x) + \mu_F^{\alpha, \nu}(x) \right] \psi_{\alpha, \nu}(x)$$

$$- \sum_\nu \int d^3 x \left[ \Delta_\nu(x) \psi_{1, \nu}^\dagger(x) \psi_{1, \nu}(x) + h.c. \right],$$

(1)

where the fermionic field operators $\psi_{\alpha, \nu}^\dagger(x)$ create an electron characterized by the spin index $\alpha$ and the band index $\nu$; $\xi_\nu(p + eA(x, t))$ is the band dispersion, with momentum operator $p = -i\nabla_x$, vector potential $A(x, t)$, and electron charge $-e$; $\mu$ denotes the chemical potential, while $\phi(x, t)$ is the scalar potential. The complex SC order parameter component in band $\nu$ is
given by
\[ \Delta_\nu(x) = -2 \sum_\lambda g_{\nu,\lambda}(\psi_{\nu,\lambda}(x)) = |\Delta_\nu(x)|e^{i\theta_\nu(x)}. \] (2)

The Hartree and Fock energy contributions are
\[ \mu^{H}_\nu(x) = 2 \sum_\sigma \int d^3x' V(x - x') n_{\sigma,\nu}(x') \] (3)
and
\[ \mu^{F}_{\alpha,\nu}(x) = -g_{\alpha,\nu} n_{\alpha,\nu}(x), \] (4)
respectively, where \( n_{\sigma,\nu}(x) = \langle \psi^\dagger_{\sigma,\nu}(x) \psi_{\sigma,\nu}(x) \rangle \). \( V(x - x') \) is the long–ranged Coulomb potential, with Fourier transform \( V_q = e^2/(\varepsilon_0 q^2) \), which pushes the in-gap Nambu–Goldstone mode up to the plasma frequency according to the Anderson–Higgs mechanism [45]. The Fock energy \( \mu^{F}_{\alpha,\nu}(x) \) ensures charge conservation. \( g_{\lambda,\nu} \) describes the effective inter- \((\lambda \neq \nu)\) and intra-band \((\lambda = \nu)\) pairing interactions.

The multi-band Hamiltonian (1) is gauge invariant under the general gauge transformation [46]
\[ \Psi_\nu(x) \rightarrow e^{i\sigma_3 \Lambda(x)/2} \Psi_\nu(x), \] (5)
when the vector potential, scalar potential, and SC order parameter phases transform as
\[ A(x) \rightarrow A(x) + \frac{1}{2e} \nabla \Lambda(x), \quad \phi(x) \rightarrow \phi(x) - \frac{1}{2e} \frac{\partial}{\partial t} \Lambda(x), \quad \theta_\nu(x) \rightarrow \theta_\nu(x) + \Lambda(x). \] (6)

Here, we introduced the field operator in Nambu space, \( \Psi_\nu(x) = (\psi^\dagger_{\nu,\nu}(x), \psi_{\nu,\nu}(x))^T \), and the Pauli spin matrix \( \sigma_3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \). However, the density matrix \( \rho^{(\nu)}(x, x') = \langle \hat{\rho}^{(\nu)}(x, x') \rangle = \langle \Psi_\nu(x)\Psi^\dagger_\nu(x') \rangle \) depends on the specific choice of the gauge. To obtain gauge-invariant SC equations of motion, we introduce center-of-mass and relative coordinates \( R = (x + x')/2 \) and
\[ r = x - x' \] and define the transformed density matrix \([37]\)

\[
\tilde{\rho}^{(\nu)}(r, R) = \exp \left[ -i e \int_0^{\frac{1}{2}} d\lambda A(R + \lambda r, t) \cdot r \sigma_3 \right] \\
\times \rho^{(\nu)}(r, R) \exp \left[ -i e \int_{-\frac{1}{2}}^0 d\lambda A(R + \lambda r, t) \cdot r \sigma_3 \right],
\]

(7)

where \(\rho^{(\nu)}(r, R) = \langle \Psi_\nu(R + \frac{r}{2}) \Psi_\nu^\dagger(R - \frac{r}{2}) \rangle\). By applying the gauge transformation (5), the density matrix \(\tilde{\rho}^{(\nu)}(r, R)\) transforms as \([37]\)

\[
\tilde{\rho}^{(\nu)}(r, R) \to \exp [i \sigma_3 \Lambda(R)/2] \tilde{\rho}^{(\nu)}(r, R) \exp [-i \sigma_3 \Lambda(R)/2].
\]

(8)

After applying a Fourier transformation with respect to the relative coordinate \(r\), we perform an additional gauge transformation

\[
\tilde{\rho}^{(\nu)}(k, R) = e^{-i \sigma_3 \theta_{\nu_0}(R)/2} \tilde{\rho}^{(\nu)}(k, R) e^{i \sigma_3 \theta_{\nu_0}(R)/2},
\]

(9)

to eliminate the phase \(\theta_{\nu_0}\) of the SC order parameter for a reference band \(\nu_0\). The equations of motion then depend on the phase difference, \(\delta \theta_\nu = \theta_{\nu_0} - \theta_\nu\), of the order parameter components between different bands \(\nu \neq \nu_0\). The latter relative phases also determine the equilibrium symmetry of the multi–band SC order parameter (e. g., \(s_{++}\) or \(s_{\pm}\)).

Assuming that the multi-band SC system is only weakly spatially-dependent \([35, 37]\), we express the gauge-invariant density matrix in terms of Anderson pseudo-spin components at each wavevector \(k\):

\[
\tilde{\rho}^{(\nu)}(k, R) = \sum_{n=0}^3 \tilde{\rho}_n^{(\nu)}(k) \sigma_n.
\]

(10)

Here, \(\sigma_n, n = 1 \cdots 3\), are the Pauli spin matrices, \(\sigma_0\) is the unit matrix, and \(\tilde{\rho}_n^{(\nu)}(k)\) are the pseudo-spin components of band \(\nu\). We then straightforwardly derive gauge-invariant SC Bloch
equations of pseudo-spins, thus generalizing Ref. [37] to the multi-band case:

\[
\frac{\partial}{\partial t} \tilde{\rho}_0^{(\nu)}(k) = -e E(t) \cdot \nabla_k \tilde{\rho}_3^{(\nu)}(k) - |\Delta_\nu| \left[ \sin \delta_{\nu}(\tilde{\rho}_1^{(\nu)}(k_-) - \tilde{\rho}_1^{(\nu)}(k_+)) + \cos \delta_{\nu}(\tilde{\rho}_2^{(\nu)}(k_-) - \tilde{\rho}_2^{(\nu)}(k_+)) \right],
\]

\[
\frac{\partial}{\partial t} \tilde{\rho}_1^{(\nu)}(k) = -E_\nu(k) \tilde{\rho}_2^{(\nu)}(k) - |\Delta_\nu| \sin \delta_{\nu} N_\nu(k),
\]

\[
\frac{\partial}{\partial t} \tilde{\rho}_2^{(\nu)}(k) = E_\nu(k) \tilde{\rho}_1^{(\nu)}(k) - |\Delta_\nu| \cos \delta_{\nu} N_\nu(k),
\]

\[
\frac{\partial}{\partial t} \tilde{\rho}_3^{(\nu)}(k) = -e E(t) \cdot \nabla_k \tilde{\rho}_0^{(\nu)}(k) - |\Delta_\nu| \left[ \sin \delta_{\nu}(\tilde{\rho}_1^{(\nu)}(k_-) + \tilde{\rho}_1^{(\nu)}(k_+)) + \cos \delta_{\nu}(\tilde{\rho}_2^{(\nu)}(k_+) + \tilde{\rho}_2^{(\nu)}(k_-)) \right],
\]

(11)

where \(k_\pm = k \pm p_s/2\). The above equations were solved numerically coupled to Maxwell’s equations to compare with the experiment. Three different sources drive light-induced pseudo-spin motion in the above equations: Condensate center-of-mass momentum \(p_s\), effective chemical potential \(\mu_{\text{eff}}\), and order parameter phase difference between different bands \(\nu\), \(\delta_{\nu} = \theta_{\nu_0} - \theta_{\nu}\). The coupling of the laser field leads to the time-dependent band energy

\[
E_\nu(k) = \xi_\nu(k_-) + \xi_\nu(k_+) + 2(\mu_{\text{eff}} + \mu_\nu^\nu).
\]

(12)

This time-dependence comes from the light-induced condensate momentum \(p_s(t)\), the effective chemical potential \(\mu_{\text{eff}}\), and the Fock energy

\[
\mu_\nu^\nu \equiv \frac{1}{2} \left( \mu_\nu^\uparrow + \mu_\nu^\downarrow \right) = -g_{\nu,\nu} \sum_k \left[ 1 + \tilde{\rho}_3^{(\nu)}(k) \right].
\]

(13)

The spin–\(\uparrow\) and spin–\(\downarrow\) electron populations determine the phase-space filling contributions:

\[
N_\nu(k) = \tilde{\rho}_0^{(\nu)}(k_-) - \tilde{\rho}_3^{(\nu)}(k_-) - \tilde{\rho}_0^{(\nu)}(k_+) - \tilde{\rho}_3^{(\nu)}(k_+).
\]

(14)

Compared to the conventional pseudo-spin models used in the literature before, the gauge-invariant SC Bloch equations (11) include quantum transport terms proportional to the laser electric field, such as \(e E \cdot \nabla_k \tilde{\rho}_3^{(\nu)}(k)\), which also lead to \(\pm p_s(t)/2\) k–space displacements.
of the coherences and populations in the finite-momentum-pairing SC state. Dynamically induced inversion symmetry breaking leads to the coupling between $\tilde{\rho}_0(k)$ and $\tilde{\rho}_3(k)$ described by Eq. (11). As already discussed in Refs. [9, 18, 19, 35, 37], by also including the lightwave electromagnetic propagation effects inside the SC system, described by Maxwell’s equations, the above inversion symmetry breaking persists after the driving pulse.

We obtain the experimentally–measured signals by calculating the gauge-invariant supercurrent [37]

$$ J(t) = e \sum_{k, \lambda} \nabla_k \xi_{\lambda}(k) \tilde{\rho}_{0,\lambda}(k) $$

with pseudo-spin component $\tilde{\rho}_{0,\lambda}(k)$. The nonlinear differential transmission measured in the experiment is obtained in terms of $J(t)$ by calculating the transmitted $E$-field after solving Maxwell’s equations. For a SC thin film geometry, we obtain the effective driving field [37]

$$ E(t) = E_{THz}(t) - \frac{\mu_0 c}{2n} J(t), $$

where $E_{THz}(t)$ is the applied THz electric field and $n$ is the refractive index of the SC system. THz lightwave propagation inside the SC thin film is included in our calculation by self-consistently solving Eq. (16) and the gauge-invariant SC Bloch equations (11) [37]. Using the above results, we calculated the nonlinear differential transmission correlated signal measured in the THz–MDCS experiment, which is given by

$$ E_{NL} = E_{AB}(t, \tau) - E_A(t) - E_B(t, \tau) $$

for the collinear 2-pulse geometry used in the experiment (Fig. 1a). $E_{AB}(t, \tau)$ is the transmitted $E$-field induced by both pulses A and B, which depends on both the gate time $t$ and the delay time between the two pulses, $\tau$. $E_A(t)$ and $E_B(t, \tau)$ are the transmitted electric fields resulting from pulse A and pulse B separate driving. The THz–MDCS spectra are obtained by Fourier
transform of $E_{NL}(t, \tau)$ with respect to both $t$ (frequency $\omega_t$) and $\tau$ (frequency $\omega_{\tau}$). To analyze the spectra, we introduce “time vectors” $t' = (t, \tau)$ and “frequency vectors” $(\omega_t, \omega_\tau)$, such that the electric fields used in the calculations can be written as $E_A(t') \sin(\omega_A t')$ and $E_B(t') \sin(\omega_B t')$. In the calculations here, we assume Gaussian envelope functions $E_{A,B}(t')$.

The corresponding frequency vectors of the two pulses A and B are $\omega_A = (\omega_0, 0)$ and $\omega_B = (\omega_0, -\omega_0)$ where $\omega_0$ is the central frequency of the pulses.

We solve the gauge-invariant optical Bloch equations (11) for a 3-pocket model with a hole (h) pocket centered at the $\Gamma$-point and two electron (e) pockets located at $(\pi, 0)$ and $(0, \pi)$. We include the inter e-h pocket interactions ($g_{e,h} = g_{h,e}$) as well as intra-pocket interactions ($V_{\lambda} = g_{\lambda,\lambda}$) and neglect inter e–e pocket interactions for simplicity. We use an interband-to-intraband interaction ratio of $U = g_{e,h}/V_{\lambda} = 3$ to model the dominance of interband coupling between e-h pockets over intraband interaction in Fe-based superconductors.

The pockets are described by using the square lattice nearest-neighbor tight-binding dispersion $\xi_{\nu}(k) = -2 [J_{\nu,x} \cos(k_x) + J_{\nu,y} \cos(k_y)] + \mu_{\nu}$ with hopping parameter $J_{\nu,i}$ and band-offset $\mu_{\nu}$. We choose a circular hole pocket with $J_{1,x} = J_{1,y} = 25.0$ meV and $\mu_1 = -15.0$ meV. We introduce the known particle-hole asymmetry between electron and hole pockets in our system [47–49] by considering elliptical electron pockets with $J_{2,x} = J_{3,y} = -25.0$ meV, $J_{2,y} = J_{3,x} = -80.0$ meV, and $\mu_2 = \mu_3 = 15.0$ meV. Such asymmetry strongly suppresses the higher Higgs mode in the spectra of $E_{NL}$ in our calculation as discussed in Ref. [23]. We assume $s_{\pm}$-pairing symmetry with equilibrium SC order parameters $\Delta_1 = 3.4$ meV for the hole pocket and $\Delta_2 = \Delta_3 = 9.7$ meV for the electron pockets. The multi-band SC system is excited with two equal broadband pulses with center frequency $\omega_0 = 1$ THz.
1.4 Pseudo-spin canting driven parametrically by phase oscillations

To identify the physical origin of the THz–MDCS peaks, we derive nonlinear oscillator equations of motion from the full gauge–invariant equations of motion (11). Details are discussed in Supplementary Note 3. First, we express the density matrix \( \tilde{\rho}^{(v)}(k) \) describing the non-equilibrium SC state as

\[
\tilde{\rho}^{(v)}(k) = \tilde{\rho}^{(v),0}(k) + \Delta \tilde{\rho}^{(v)}(k),
\]

where \( \tilde{\rho}^{(v),0}(k) \) is the density matrix of the equilibrium (stationary) state and \( \Delta \tilde{\rho}^{(v)}(k) \) is the non-equilibrium change induced by the strong driving fields. We consider \( s_{\pm} \)-symmetry in the SC ground state, as in the studied iron pnictide system. \( \delta \theta^0 = 0, \pi \) then defines the equilibrium pseudo–spin orientations in the different bands, while \( \tilde{\rho}^{(v),0}_2(k) = 0 \), and \( \tilde{\rho}^{(v),0}_1(k) \neq 0 \), i. e., the pseudo-spins point along the \( x \)-axis and are anti-parallel between electron and hole bands. By taking the second time derivative of Eq. (11), we obtain the deviations of the \( x \) and \( y \) pseudo-spin components from equilibrium, \( \Delta \tilde{\rho}^{(v)}_1(k) \) and \( \Delta \tilde{\rho}^{(v)}_2(k) \), in terms of equations of motion for two non-linearly coupled oscillators:

\[
\begin{align*}
\partial_t^2 \Delta \rho^{(v)}_1(k) + &\left[ E^{(v)}_0(k) + \left| \Delta \nu \right|^2 \sin^2 \Delta \theta \right] \Delta \rho^{(v)}_1(k) + \left[ \partial_t E^{(v)}_\nu(k) + 2 |\Delta \nu|^2 \sin 2 \Delta \theta \right] \Delta \rho^{(v)}_2(k) \\
= &\quad S^{(1)}_{\nu}(k) - \left[ \partial_t \delta \Delta^{v}_\nu - \delta \Delta^{v}_\nu E^{(v)}_\nu(k) \right] N^{(v)}_\nu(k), \\
\partial_t^2 \Delta \rho^{(v)}_2(k) + &\left[ E^{(v)}_0(k) + \left| \Delta \nu \right|^2 \cos^2 \Delta \theta \right] \Delta \rho^{(v)}_2(k) + \left[ -\partial_t E^{(v)}_\nu(k) + 2 |\Delta \nu|^2 \sin 2 \Delta \theta \right] \Delta \rho^{(v)}_1(k) \\
= &\quad S^{(2)}_{\nu}(k) - \left[ \partial_t \delta \Delta^{v}_\nu + \delta \Delta^{v\nu}_\nu E^{(v)}_\nu(k) \right] N^{(v)}_\nu(k).
\end{align*}
\]

The above coupled oscillator equations of motion describe light-induced pseudo-spin canting parametrically driven by long-lived time-dependent phase oscillations \( \Delta \theta = \delta \theta - \delta \theta^0 \). \( \delta \Delta^{v}_\nu = \Delta^{v}_\nu - \Delta^{v\nu}_\nu \), and \( \delta \Delta^{v\nu}_\nu \) describe the light–induced order parameter collective dynamics.
where we introduced the real and imaginary parts of the complex-valued order parameters

\[
\Delta'_\nu = |\Delta_\nu| \cos \theta_\nu = -2 \sum_{\lambda, k} g_{\nu, \lambda} \bar{\rho}_1^{(\lambda)}(k), \quad \Delta''_\nu = |\Delta_\nu| \sin \theta_\nu = 2 \sum_{\lambda, k} g_{\nu, \lambda} \bar{\rho}_2^{(\lambda)}(k). 
\]

The first terms on the right-hand side (rhs) of Eqs. (19), \(S^{(1,2)}_\nu(k)\), describe pseudo-spin driving by sum- and difference-frequency Raman and quantum transport processes, previously discussed in Ref. [35], modified here by \(\Delta_\nu \neq 0\) (Supplementary Note 3). The second term on the rhs of Eqs. (19), proportional to the light-induced order parameter deviations from equilibrium \(\delta \Delta'_\nu\) and \(\delta \Delta''_\nu\), describes the collective modes arising from the non-perturbative coupling of the different \(k\) pseudo-spins.

The main new effect here comes from parametric driving of the nonlinear oscillator equations of motion (19) by the time-dependent order parameter relative phase \(\Delta_\nu(t)\). This parametric driving results in non-adiabatic canting of the pseudo-spins from their equilibrium directions defined by \(\delta \theta_\nu^0 = 0, \pi\). It originates from the dependence of the left-hand side of Eqs. (19) on \(\Delta_\nu(t)\), which is enhanced by the phase–amplitude collective mode of the driven non-equilibrium SC state, discussed in the next section. By expanding the nonlinear coupled–oscillator equations of motion to lowest order in the driving \(\Delta_\nu(t)\) and \(p_S(t)\), we show that pseudo-spin canting from the equilibrium direction, \(\Delta \bar{\rho}_2^{(\nu)}(k) \neq 0\), is described by the time–dependent coupling to

\[
[\partial_t E_\nu(k) - 4|\Delta_\nu|^2 \Delta_\nu(t)] \Delta \bar{\rho}_2^{(\nu)},
\]

where \(\partial_t E_\nu(k) \approx e (E(t) \cdot \nabla_k)(p_S \cdot \nabla_k) \varepsilon(k)\) is approximated by expanding the band dispersions in powers of the center-of-mass momentum \(p_S\). Equation (21) drives light–induced pseudo-spin canting determined by the competition between condensate momentum and order parameter relative phase dynamics oscillating at \(\sim \omega_{H,1}\). In particular, \(\partial_t E_\nu(k)\) drives pseudo-spin canting via difference-frequency Raman processes \(\omega_{A,B} - \omega_{A,B} \sim 0\) and sum-frequency
Raman processes $\omega_{A,B} + \omega_{A,B} \sim 2 \omega_0 > \omega_{H,1}$ On the other hand, the time-dependence of the interband phase difference is dominated by strong oscillations close to the Higgs frequency $\omega_{H,1}$, rather than the Leggett mode frequency well within the quasi–particle continuum, when a phase–amplitude collective mode develops above critical field (Supplementary Fig. 1).

When the quasi-particle excitations are resonantly driven by the pulse $E^2$-spectrum, as is the case for the broad pulses used here, the $\tilde{\rho}_1^{(\nu)}(k)$ spectra are dominated by a momentum-dependent peak centered at the quasi-particle excitation energy,

$$E_k^{(1)} = 2 \sqrt{[\varepsilon_1(k) + \mu_{\text{eff}} + \mu_1^{(1)}]^2 + |\Delta_{1,\infty}|^2},$$

(22)
determined by the quenched order parameter asymptotic value $|\Delta_{1,\infty}|$. The dominant contribution of the pseudo-spin oscillations that determine the time–dependence of $\Delta\tilde{\rho}_1^{(\nu)}(k)$ comes from quasi-particle excitations close to the excitation energy minimum, which is located close to the Higgs mode energy $\omega_{H,1}$ (Supplementary Fig. 2). As a result, $\Delta\tilde{\rho}_1^{(\nu)}(k)$ mainly oscillates close to $\omega_{H,1}$. We thus obtain, through the nonlinear coupling Eq. (21), THz–MDCS sidebands centered at the sum of the frequencies of $\Delta\theta_\nu(t)$ oscillations (phase–amplitude collective mode frequency close to $\omega_{H,1}$) and $\Delta\rho_1^{(\nu)}$ oscillations (quasi–particle excitations close to $\omega_{H,1}$). Above critical driving, this nonlinear coupling is amplified by the light-induced quench of the superfluid-density (Supplementary Fig. 4d) as discussed in more detail in Supplementary Notes 3 and 4.

### 1.5 Phase–amplitude collective mode and bi–Higgs frequency sidebands

To clarify the role of the phase–amplitude collective mode in enhancing the parametric pseudo–spin driving, we have studied the field dependence of the order parameter amplitude spectrum $|\Delta_1(\omega)|$ and the spectrum of the relative phase $\Delta\theta(\omega)$ for strong Coulomb interband coupling as in the iron-based SCs studied here (Supplementary Figs. 4a and 4b). At low fields, $|\Delta_1(\omega)|$ is dominated by a peak at $\sim \omega_{H,1}$, while $\Delta\theta_\nu(\omega)$ shows a peak located within the quasi-particle
continuum, corresponding to the Leggett mode. This low–field result reproduces previous collective mode results obtained by using susceptibility expansions. With increasing driving field, nonlinear coupling between phase and amplitude moves the relative phase mode towards $\omega_{H,1}$ by creating phase–amplitude collective modes. The emergence of a strong $\Delta \theta(\omega)$ peak at the Higgs frequency $\omega_{H,1}$ results from a light–induced phase–amplitude collective mode at $\omega_{H,1}$. This collective mode displays strong phase oscillations at $\omega_{H,1}$, which allows for resonant parametric driving of the coupled nonlinear harmonic oscillators (19). The resulting time–dependent pseudo–spin canting leads to the sideband signals at twice the Higgs energy $\omega_{H,1}$ (Supplementary Fig. 4e).

To clarify the transition from Higgs collective mode to coupled phase–amplitude mode with energy $\omega_{H,1}$, we compare the field-dependence of the persisting superfluid momentum $p_S$ (Supplementary Fig. 4c), which breaks the inversion symmetry and characterizes the strength of the Higgs mode signals at $\omega_t = \omega_{H,1}$, and the maximum of the $|\Delta|^2 \sin 2\Delta \theta$ spectrum (Supplementary Fig. 4d), which drives pseudo–spin canting in response to the time–dependent changes of the relative phase. $p_S$ arises from the coupling between SC nonlinearity and electromagnetic propagation effects, which determines the effective driving field Eq. (16) dependent on the supercurrent $J(t)$. At low driving fields, the increase of $p_S$ is proportional to $E_0^3$, since in this regime it is generated to lowest order by third-order nonlinear processes when lightwave propagation effects are included [37]. This initial excitation regime is, however, followed by another excitation regime, where, in a two-band SC, the quench of the SC gap is only slightly modified as the driving field increases as observable in Supplementary Fig. 4a. This behavior is unlike the one-band case [18, 37] and results from the strong interband coupling between electron and hole pockets leading to the formation of a hybrid-Higgs collective mode [23]. In this non-perturbative excitation regime, the contribution of Higgs collective effects to the nonlinear response dominates over quasi-particle excitations, which results in the different nonlinear in-
crease of $p_S$ as compared to the initial regime seen in Supplementary Fig. 4c. Above 600 kV/cm driving, a further increase of the driving field leads to a complete quench of the SC gap (results are only shown up to an order parameter quench of 25% in Supplementary Fig. 4) which results in a stronger nonlinear increase of $p_S$ compared to the one in the initial excitation regime seen in Supplementary Fig. 4c. This behavior is in agreement with the results in one-band superconductors discussed in Refs. [18, 37]. Compared to the increasing superfluid momentum $p_S$, the maximum of the $|\Delta_1|^2 \sin 2\Delta \theta$ spectrum (Supplementary Fig. 4d) remains near zero in the perturbative excitation regime. In this susceptibility regime, parametric time–periodic driving of pseudo-spin canting by the phase dynamics is negligible, and we recover previously obtained results without any bi–Higgs frequency sidebands. However, above critical laser field, Supplementary Fig. 4d shows a (two-step) nonlinear increase in $|\Delta_1|^2 \sin 2\Delta \theta$, up to 400 kV/cm excitation. In this regime, the coupled phase–amplitude mode emerges when the relative phase mode gets close to $\omega_{H,1}$ (Supplementary Fig. 4b). A further increase of $E_0$ leads to a strong increase of the maximum of the $|\Delta_1|^2 \sin 2\Delta \theta$ spectrum, which coincides with the emergence of the non–perturbative bi–Higgs frequency sidebands in the THz–MDCS spectra (Supplementary Fig. 4e). In this high excitation nonlinear regime, the SC order parameter is quenched, which leads to a stronger increase of the relative phase oscillation amplitude, enhanced by $1/|\Delta_1|$. Due to the strong nonlinear increase above driving field threshold, Supplementary Fig. 4d, the pseudo–spin canting driven by $|\Delta_1|^2 \sin 2\Delta \theta$ dominates over that due to the increase of $p_S$, Supplementary Fig. 4c. This is in contrast to the behavior at lower fields, where $p_S$ increases while $|\Delta_1|^2 \sin 2\Delta \theta$ remains small. As a result, the THz–MDCS signals generated by the phase–amplitude mode at $\omega_t = 2\omega_{H,1} - \omega_0$ and $\omega_t = 2\omega_{H,1} - 2\omega_0$ dominate over the Higgs collective mode nonlinear signals at $\omega_t = \omega_{H,1}$. 33
1.6 Nonlinear processes contributing to the THz-MDCS spectra

In this section, we summarize all nonlinear processes that contribute to the THz-MDCS spectra in Figs. 2 and 3 as discussed in Supplementary Note 5–7. First, we list the conventional pump–probe (PP) and four-wave-mixing (FWM) signals already known from THz-MDCS spectroscopy experiments on semiconductors. Such peaks significantly contribute to the THz-MDCS spectra here only in the perturbative excitation regime (Fig. 3b) and result from the nonlinear processes summarized in Table 1.

| signal | nonlinear process | frequency space |
|--------|------------------|----------------|
| PP     | $\omega_B - \omega_A$ | $(\omega_0, 0)$ |
| PP     | $\omega_A - \omega_B$ | $(\omega_0, -\omega_0)$ |
| FWM    | $2\omega_B - \omega_A$ | $(\omega_0, -2\omega_0)$ |
| FWM    | $2\omega_A - \omega_B$ | $(\omega_0, \omega_0)$ |

Table 1. Third-order nonlinear processes contributing to the THz-MDCS spectra

With increasing field strength, new high order correlated wave-mixing signals emerge, which dominate over the above conventional pump–probe and four-wave mixing signals. In particular, lightwave propagation inside the SC system leads to dynamical inversion-symmetry breaking persisting after the pulses. As a result, new wave-mixing signals (ISWM) emerge at $\omega_t = \omega_{H,1}$ which are generated by nonlinear processes involving amplitude Higgs mode excitation. Bi-Higgs frequency and inversion-symmetry breaking bi-Higgs frequency (IS bi-Higgs) sideband peaks emerge with increasing field strength and exceed the Higgs signals at elevated $E_0$. In addition, difference-frequency Raman process assisted by quasi-particle excitations leads to high order correlated pump–probe signals. All high order correlated wave-mixing spectral peaks and corresponding nonlinear processes are summarized in Table 2.
| signal   | nonlinear process                                                                 | frequency space               |
|----------|-----------------------------------------------------------------------------------|-------------------------------|
| IS Higgs | $\omega_{H,1;A} + (\omega_{A} - \omega_{A}) + (2\omega_{B} - 2\omega_{B})$        | $(\omega_{H,1}, 0)$           |
| IS Higgs | $\omega_{H,1;B} + (\omega_{B} - \omega_{B}) + (2\omega_{A} - 2\omega_{A})$        | $(\omega_{H,1}, -\omega_{H,1})$|
| Bi-Higgs | $2\omega_{H,1;A} + (2\omega_{B} - 2\omega_{B}) - \omega_{A}$                      | $(2\omega_{H,1} - \omega_{0}, 0)$|
| Bi-Higgs | $2\omega_{H,1;B} + (2\omega_{A} - 2\omega_{A}) - \omega_{B}$                      | $(2\omega_{H,1} - \omega_{0}, -2\omega_{H,1} + \omega_{0})$|
| IS bi-Higgs | $(\omega_{H,1;A} - 2\omega_{A}) + \omega_{H,1;A} + (2\omega_{B} - 2\omega_{B})$ | $(2\omega_{H,1} - 2\omega_{0}, 0)$|
| IS bi-Higgs | $(\omega_{H,1;B} - 2\omega_{B}) + \omega_{H,1;B} + (2\omega_{A} - 2\omega_{A})$ | $(2\omega_{H,1} - 2\omega_{0}, -2\omega_{H,1} + 2\omega_{0})$|
| PP       | $\omega_{H,1;A} + (\omega_{A} - \omega_{A}) + (2\omega_{B} - 2\omega_{B}) - \omega_{A}$ | $(\omega_{H,1} - \omega_{0}, 0)$|
| PP       | $\omega_{H,1;B} + (\omega_{B} - \omega_{B}) + (2\omega_{A} - 2\omega_{A}) - \omega_{B}$ | $(\omega_{H,1} - \omega_{0}, -\omega_{H,1} + \omega_{0})$|

Table 2. High-order nonlinear processes contributing to the THz-MDCS spectra

**Data availability**

The data that support the plots within this paper and other findings of this study are available from the corresponding author upon reasonable request.

**Code availability**

All computer codes are available from the corresponding author upon reasonable request.

**References**

[38] Lee, S. *et al.* Template engineering of Co-doped BaFe$_2$As$_2$ single-crystal thin films. *Nat. Mater.* 9, 397–402 (2010).

[39] Tu, J. J. *et al.* Optical properties of the iron arsenic superconductor BaFe$_{1.85}$Cco$_{0.15}$As$_2$. *Phys. Rev. B* 82, 174509 (2010).

[40] Charnukha, A. Optical conductivity of iron-based superconductors. *J. Phys.: Condens. Matter.* 26, 253203 (2014).
[41] Xu, Y. Ultrafast nonthermal terahertz electrodynamics and possible quantum energy transfer in the $\text{N}_s\text{Sn}$ superconductor. Physical Review B. 99, 094504 (2019).

[42] Charnukha, A. Light control of surface–bulk coupling by terahertz vibrational coherence in a topological insulator. npj Quantum Materials 5, 13 (2020).

[43] Stephen, M. J. Transport equations for superconductors. Phys. Rev. 139, A197–A205 (1965).

[44] Yang, F. & Wu, M. W. Gauge-invariant microscopic kinetic theory of superconductivity: Application to the optical response of Nambu-Goldstone and Higgs modes. Phys. Rev. B 100, 104513 (2019).

[45] Anderson, P. W. Random-phase approximation in the theory of superconductivity. Phys. Rev. 112, 1900–1916 (1958).

[46] Nambu, Y. Quasi-particles and gauge invariance in the theory of superconductivity. Phys. Rev. 117, 648–663 (1960).

[47] Liu, C. et al. Evidence for a Lifshitz transition in electron-doped iron arsenic superconductors at the onset of superconductivity. Nature Physics 6, 419–423 (2010).

[48] Fernandes, R. M. & Schmalian, J. Competing order and nature of the pairing state in the iron pnictides. Phys. Rev. B 82, 014521 (2010).

[49] Yang, X. et al. Nonequilibrium pair breaking in $\text{Ba(Fe}_{1-x}\text{Co}_x\text{)}_2\text{As}_2$ superconductors: Evidence for formation of a photoinduced excitonic state. Phys. Rev. Lett. 121, 267001 (2018).
Acknowledgments

THz spectroscopy work was designed and supported by National Science Foundation 1905981 (M.M. and J.W.). Data processing and analysis (L.L.) was supported by the Ames Laboratory, the US Department of Energy, Office Office of Science, Basic Energy Sciences, Materials Science and Engineering Division under contract No. DEAC0207CH11358. THz instrument (J.W.) was supported by the W.M. Keck Foundation (initial design and commission) and by the U.S. Department of Energy, Office of Science, National Quantum Information Science Research Centers, Superconducting Quantum Materials and Systems Center (SQMS) under the contract No. DE-AC02-07CH11359 (upgrade for improved cryogenic operation). The work at UW-Madison (J.H.K, K.E., J.W.L, and C.B.E) was supported by the US Department of Energy (DOE), Office of Science, Office of Basic Energy Sciences (BES), under award number DE-FG02-06ER46327 (synthesis and characterizations of epitaxial thin films). Modeling work at the University of Alabama, Birmingham (I.E.P) was supported by the US Department of Energy under contract # DE-SC0019137 and was made possible in part by a grant for high performance computing resources and technical support from the Alabama Supercomputer Authority.

Author Contributions

J.W., M.M. and I.E.P. design the project. L.L. with help of C.H. and C.V. processed and analyzed the raw data. I.E.P., M.M. and J.W. developed the physical picture with discussions from all authors and M.M. performed calculations. J.H.K, K.E., J.W.L, and C.B.E. grew the samples and performed crystalline quality and transport characterizations. Y. G. C and E. E. H made Ba122 target for epitaxial thin films. The paper is written by J.W., M.M., and I.E.P with help of all authors. J.W. coordinated the project.
Competing interests

The authors declare no competing interests.

Supplementary materials

Materials and Methods
Supplementary Text
Figs. S1 to S12
References