Calculations of pseudoscalar decay constants of $B$, $B_s$, $K$ and $\pi$ mesons with physical light quarks are presented. We use HISQ ensembles that include $u, d, s$ and $c$ sea quarks at three lattice spacings. HISQ is used for the valence light quarks and a radiatively improved NRQCD action for the heavy quarks. The key results are $f_{B^+} = 0.184(4)$ GeV, $f_{B_s} = 0.224(4)$ GeV, $f_{B}/f_{B^+} = 1.217(8)$, $f_{K^+}/f_{\pi^+} = 1.1916(21)$, $f_{K^+} = 155.37(34)$ MeV, giving a significant improvement over previous results that required chiral extrapolation. We also calculate the Wilson flow scale $w_0$, finding $w_0 = 0.1715(9)$ fm.
1. \( N_f = 2 + 1 + 1 \) HISQ ensembles including physical light quarks

Lattice QCD calculations of decay constants containing light quarks have historically suffered from large uncertainties due to extrapolations to the correct pion mass. Since precision calculations of pseudoscalar decay constants are a central goal of lattice flavour physics, finding use in predicting rare decays and determining standard model parameters, it is a worthwhile investment to compute directly at the physical point. A number of collaborations are now generating ensembles with physical light quark masses, including the MILC collaboration \cite{1, 2} who use a Symanzik improved gluon action and include \( N_f = 2 + 1 + 1 \) flavours of sea quarks with the highly improved staggered quark (HISQ) action. We employ eight gluon ensembles with scales from 0.09 – 0.15 fm and with pion masses ranging from 330 MeV down to physical, the details are shown below:

| Set | \( \beta \) (fm) | \( M_\pi \) (MeV) | \( L \) (fm) | \( L/a \times T/a \) | \( n_{\text{cfg}} \) |
|-----|-----------------|-----------------|-----------|-----------------|-------------|
| 1   | 5.8             | 300             | 2.5       | 16 \times 48    | 1020        |
| 2   | 5.8             | 215             | 3.7       | 24 \times 48    | 1000        |
| 3   | 5.8             | 130             | 4.8       | 32 \times 48    | 1000        |
| 4   | 6.0             | 300             | 3.0       | 24 \times 64    | 1052        |
| 5   | 6.0             | 215             | 3.9       | 32 \times 64    | 1000        |
| 6   | 6.0             | 130             | 5.8       | 48 \times 64    | 1000        |
| 7   | 6.3             | 300             | 2.9       | 32 \times 96    | 1008        |
| 8   | 6.3             | 130             | 5.6       | 64 \times 96    | 621         |

HPQCD have previously studied the \( \Upsilon \) and B-meson spectra on a subset of these ensembles \cite{3, 4, 5}.

We have calculated the lattice spacing of each ensemble using a variety of methods, the \( \Upsilon(2S-1S) \) splitting, \( r_1/a \) from MILC and the Wilson flow scales \( w_0, \sqrt{t_0} \) \cite{6}. We have used the \( \Upsilon(2S-1S) \) for the heavy decay constants results and \( w_0 \) for the light decay constants, using \( f_\pi \) to set the overall scale. \( w_0/a \) was determined with the Wilson (as opposed to Symanzik improved) flow as in \cite{7} after binning over 12 adjacent configurations (60-72 MD steps.) Fig. 1 compares determinations of \( w_0 \) using \( f_\pi \) and the \( \Upsilon(2S-1S) \), which agree as \( a \to 0 \) albeit with larger errors and scaling violations for the \( \Upsilon \) method.

These proceedings summarise the results of two papers \cite{8, 9} to which we refer the reader for more details.

2. \( B, B_s \) decay constants

The \( B \) meson decay constants are calculated using a \( v^4 \) NRQCD action including 1-loop radiative corrections to most of the Wilson coefficients \cite{3}. In particular, it includes corrections to the spin-magnetic coupling that generates the hyperfine splittings. This was shown to give excellent agreement with experimental splittings in both the B-meson \cite{4} and bottomonium \cite{3} spectra. The NRQCD currents are perturbatively matched to the full QCD current \( \langle A_0 \rangle \) through \( \mathcal{O}(\alpha_s, \alpha_s \Lambda_{\text{QCD}}/m_b) \) using

\[
J_0^{(0)} = \bar{\Psi}_q \gamma_5 \gamma_0 \Psi_Q, \quad J_0^{(1)} = -\frac{1}{2m_b} \bar{\Psi}_q \gamma_5 \gamma_0 \gamma \cdot \nabla \Psi_Q, \quad J_0^{(2)} = -\frac{1}{2m_b} \bar{\Psi}_q \gamma \cdot \nabla \gamma_5 \gamma_0 \Psi_Q, \quad (2.1)
\]
where we used $\alpha_W$ at $q = 2/a$. We find the overall renormalisation to be very small at 0.8% on the 0.15 fm lattice and 0.2% on the 0.09 fm lattice [8, 10]. We allow an error for missing higher order effects by allowing for an $\alpha_s^2$ coefficient which is 10 times the order $\alpha_s$ coefficient.

32 random wall sources were used on each configuration including two different gaussian smeared sources for the $b$ quark, which are fit together in a multi-exponential Bayesian fit. This was found to give good statistical errors for the ground state energies and matrix elements [4]. We performed two separate analyses: one using NLO heavy meson chiral perturbation theory with effects by allowing for an $\alpha_s^2$ coefficient which is 10 times the order $\alpha_s$ coefficient.

The coefficients $b_s, b_l$ have priors of $0 \pm 1$, and $\Lambda^2$ denotes the chiral scale. Discretisation terms are allowed by multiplying the function by $(1 + d_1(\Lambda a)^2 + d_2(\Lambda a)^4)$ with a scale $\Lambda = 0.5$ GeV and priors of $0 \pm 1$ on the $d_i$, which are also allowed a mild dependence on $am_b$. We take a prior on $g$ of $0.5(5)$ which encompasses most recent values. Finite volume corrections are included via the chiral logarithms and have negligible effect. The physical point only analysis includes only the $d_i$ terms and sets 3, 6, 8. We also compared the results from a fit to staggered HM$\chi$PT [11, 12] which gave consistent results.

The results from both analyses agree within $1\sigma$ and we quote the chiral fit results as this allows us to correct for isospin breaking effects that distinguish the $B^+$ and $B^0$ mesons. The effect is a 2 MeV shift from the average u/d mass, which is a $1\sigma$ effect.
Figure 3: Chiral fit to $B$-meson decay constants, and their ratio, against $M_{π}^2/M_{η_s}^2$. Errors on the points are statistical/scale only, errors on the fit bands (grey) include error estimates for missing higher loop renormalisation.

(a) Error budget for the heavy meson decay constants and mass splittings in percent. (b) Error budget for the light decay constants and $w_0$ in percent.

Table 1: Error budgets for the two calculations.

The fit is shown in Fig. 3 and a full error budget in 1a. The errors are typically dominated by missing higher loop renormalisation or higher order NRQCD operators, whose error we have estimated by power counting. The final results are:

\[ f_{B^+} = 0.184(4) \text{ GeV}, \quad f_{B_s} = 0.224(4) \text{ GeV}, \quad f_{B^+}/f_{B^+} = 1.217(8), \quad M_{B_s} - M_{B} = 85(2) \text{ MeV}, \]

where the mass splitting includes an estimated shift of 1(1) MeV for missing electromagnetism and is in good agreement with experiment (87.3(3) MeV [13]).

3. $K, π$ decay constants

Decay constants of the $π$, $K$ and fictitious $η_s$ (̅$s$) meson were calculated from pseudoscalar correlators using the PCAC relation so that no renormalisation is required with the HISQ action. We used 16 $U(1)$ random wall sources on each configuration. The $π, K, η_s$ are fit simultaneously with 6 exponentials and the correlations between the results are stored for use in the chiral fit. We begin by multiplying the results by $w_0/a$ to perform the fit in units of $w_0$ which is a free parameter in the fit with prior 0.1755(175). The overall scale is then set by $f_π^+$. 

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We then perform a Bayesian fit with SU(3) NLO PQχPT [14] supplemented by higher order and discretisation terms. It is worth noting that since we include data at physical pion masses the fit is used just to correct for mistunings of the bare quark masses which are small effects. The fit function is of the form

\[ f_{\text{NLO}}(x_a, x_b, x_s^\text{sea}, x_s^\text{sea}, L) + \delta f_K + \delta f_{\text{lat}}, \tag{3.1} \]

where the χPT is expressed in terms of the bare meson masses \( x_i = M_0^2 / \Lambda^2 \), \( x_s = (2M_0^2 - M_0^2) / \Lambda^2 \). Subtracting the 1-loop chiral correction removes (small) finite volume corrections in the masses. Generic higher order terms are included in the fit

\[
\delta f_K \equiv c_{2a}(x_a + x_b)^2 + c_{2b}(x_a - x_b)^2 + c_{2c}(x_a + x_b)(2x_s^\text{sea} + x_s^\text{sea}) + c_{2d}(2x_s^\text{sea} + x_s^\text{sea})^2 \\
+ c_{2e}(2x_s^\text{sea} + x_s^\text{sea}) + c_{3a}(x_a + x_b)^3 + c_{3b}(x_a + x_b)(x_a - x_b)^2 + c_{3c}(x_a + x_b)^2(2x_s^\text{sea} + x_s^\text{sea}) \\
+ c_4(x_a + x_b)^4 + c_5(x_a + x_b)^5 + c_6(x_a + x_b)^6,
\]

with priors of \(0(1)\). Discretisation terms are included up to \(a^8\) with the coefficients allowed to depend on the meson masses to model taste breaking

\[
\delta f_{\text{lat}} \equiv \frac{4}{\sum_{n=1}^4} d_n \left( \frac{a\Lambda}{\pi} \right)_n^{2n}, \quad d_n = d_{n,0} + d_{n,1a}(x_a + x_b) + d_{n,1b}(2x_s^\text{sea} + x_s^\text{sea}) + d_{n,1c}(x_a + x_b)^2.
\]

Prior of \(0(1)\) were used with the scale set to \(\Lambda = 1.8 \text{ GeV}\). This is adequate to account for the discretisation effects in the data and the fit implies a much lower scale. We have also compared a fit with staggered χPT [11, 12] which agrees within 1-σ. Finite volume effects in the chiral logarithms are computed numerically and found to be less than 0.5% on all but the smallest ensemble. We allow for higher order finite volume corrections by multiplying this by 1.00(33).

We have compared two methods of estimating the statistical errors in the fit. Firstly, we fit the correlator data binned over 2-4 adjacent configurations. With this approach an SVD cut is needed in the chiral fit due to round-off errors in the covariance matrix which increases the statistical error in the chiral fit significantly. Secondly, we binned over 16 adjacent configurations (80-96 MD steps) in the correlator fits which, with the increased errors, allowed for a fit without the svd cut. The result agrees with the first fit within 1-σ and with smaller errors. We quote the first fit, with the larger error.

The fit is evaluated at the appropriate mass for the \(\pi^+\) and \(K^+\) correcting for isospin and EM effects. This is done using \(m_\pi = \sqrt{0.65(9)}M_\pi^{\text{phys}}\) (from the PDG \(m_u / m_d\) with \(2M_K^2 - m_\pi^2\) fixed and by allowing for corrections to Dashen’s theorem, see [9] for more detail. The key results are:

\[
f_{K^+} / f_{\pi^+} = 1.1916(21), \quad f_{K^+} = 155.37(34) \text{ MeV}, \quad f_K / f_{K^+} = 1.0024(6) \\
f_{h_1} = 181.14(55) \text{ MeV}, \quad M_{h_1} = 688.5(2.2) \text{ MeV}, \quad w_0 = 0.1715(9) \text{ fm} \tag{3.2}
\]

The fit results are shown in Figs. 4 with the data corrected for strange quark mistuning. The error budget is shown in Fig. 1b. We have compared three methods for setting the scale in the fit, \(w_0, \sqrt{t_1}\) and \(\Gamma_1\) all of which agree within a standard deviation. We find that \(\sqrt{t_0}\) has worse scaling behaviour than \(w_0\) and, combined with the difficulties in determining \(\Gamma_1 / a\), \(w_0\) is our preferred method. Our result for \(f_{K^+} / f_{\pi^+}\) gives a determination of \(|V_{us}|\) with lattice errors comparable to other sources and an improved test of 1st row unitarity

\[
|V_{us}| = 0.22564(28)_{\text{EM}}(20)_{\text{lat}}(5)_{\text{PDG}}, \quad 1 - |V_{ud}|^2 - |V_{us}|^2 - |V_{ub}|^2 = -0.00009(51).
\]
4. Discussion

We have presented results for pseudoscalar decay constants using physical light quark masses that are part of HPQCD’s flavour physics programme on the $N_f = 2 + 1 + 1$ HISQ ensembles. Related calculations underway include $B$ meson bag parameters, $B \rightarrow \pi l\nu$ form factors at zero recoil and the pion charge radius. Including results for charmed decay constants from the MILC collaboration presented at lattice 2013 [15, 16], we now have precision results for SU(3) breaking ratios with a light, strange, charm or bottom quark on the $N_f = 2 + 1 + 1$ ensembles. We see for the first time a difference in the ratio as a function of this second quark mass.

Our result for $w_0$ differs by 2-$\sigma$ from that of BMW [7] using $N_f = 2 + 1$ HEX smeared Wilson quarks (and also stout smeared staggered). At this conference MILC gave results for $w_0$ on their configurations in good agreement with ours [17].

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