Systematic review: agreement between the latent tuberculosis screening tests among patients with rheumatic diseases

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**Background/Aims:** To estimate the level of agreement and positivity rates of latent tuberculosis infection (LTBI) tests prior to the use of tumor necrosis factor (TNF) inhibitors in relation to underlying rheumatic diseases and endemic tuberculosis levels.

**Methods:** The Ovid-Medline, Embase, and Cochrane Libraries were searched for articles before October 2013 involving LTBI screening in rheumatic patients, including rheumatoid arthritis (RA), ankylosing spondylitis (AS), juvenile idiopathic arthritis (JIA), and psoriatic arthritis.

**Results:** In pooled analyses, 5,224 rheumatic patients had undergone both a tuberculin skin test (TST) and an interferon-gamma release assay (IGRA) before TNF inhibitors use. The positivity of TST, QuantiFERON-TB Gold In Tube (QFT-GIT), and T-SPOT.TB (T-SPOT) tests were estimated to be 29%, 17%, and 18%, respectively. The agreement percentage between the TST and QFT-GIT, and between the TST and T-SPOT were 73% and 75%. Populations from low-to-moderate endemic TB presented with slightly less agreement (71% between TST and QFT-GIT, and 74% between TST and T-SPOT) than patients from high endemic countries (73% between TST and QFT-GIT, and 81% between TST and T-SPOT). By underlying disease stratification, a lower level of agreement between TST and QFT-GIT was found among AS (64%) than among JIA (77%) and RA patients (73%).

**Conclusions:** We reaffirm the current evidence for accuracy of LTBI test done by TST and IGRA among rheumatic patients is inconsistent. Our stratified analysis suggests different screening strategies might be needed in clinical settings considering the endemic status in the patient’s country of origin and the precise nature of underlying diseases.

**Keywords:** Latent tuberculosis; Rheumatic diseases; Interferon-gamma release tests; Tuberculin test; Tumor necrosis factor-alpha

**INTRODUCTION**

Tuberculosis (TB) remains a major concern and is extremely prevalent in patients with rheumatic diseases due to their immune dysregulation and the immuno-suppressive agents used in their treatment [1]. Subsequent to the introduction of biologic agents, the reactivation of latent tuberculosis infection (LTBI) and new TB infections both increase. Therefore, it is recommended that all patients who are candidates for treatment...
with tumor necrosis factor (TNF) inhibitors should be screened for *Mycobacterium tuberculosis* infection before treatment is initiated [2,3]. Recently, in 2012, the American College of Rheumatology (ACR) recommended the use of a tuberculin skin test (TST) or an interferon-gamma release assay (IGRA) to identify LTBI in rheumatoid arthritis (RA) patients who are being considered for biologic agent therapy [4].

Screening tests such as the TST and IGRA for LTBI, are commercially available; these would include the U.S. Food and Drug Administration (FDA)-approved Quantiferon-TB Gold In Tube (QFT-GIT; ELISA, Cellestis Ltd., Carnegie, Australia) or the T-SPOT.TB (T-SPOT; Elispot, Oxford Immunotec Inc., Oxford, UK). They have been tested for accuracy, but the agreement levels vary across all studies [5-24]. Although several studies have evaluated diagnostic accuracy and agreement across LTBI screening tests implemented before starting TNF inhibitors with patients with rheumatic diseases, there has been controversy between the individual studies and between countries.

In this study, we conducted a meta-analysis of the level of agreement and positivity rates of LTBI screening tests prior to the use of TNF inhibitors according to the underlying rheumatic disease and the endemic TB status of each country. We then calculated the proportion of patients with rheumatic diseases targeted for treatment for LTBI before starting biologic agents according to each screening strategy and according to the endemic TB status of their countries of origin.

**METHODS**

**Literature search strategy**

A computerized search of the Ovid-Medline, Embase, and Cochrane databases was conducted to find relevant studies published prior to October, 2013. We did not restrict the start date. The following search terms were used: (latent tuberculosis) AND [(rheumatoid AND arthritis) OR (ankylosing AND spondylitis) OR (juvenile AND idiopathic AND arthritis) OR (psoriatic AND arthritis)]. Our search was restricted to human subjects and to articles written in English. We also screened the bibliographies of selected papers to find other eligible articles.

**Inclusion criteria**

Studies were eligible for inclusion if patients with rheumatic diseases were screened for the detection of LTBI prior to the use of TNF inhibitors. Studies that satisfied all of the following criteria were included (i) population: patients with rheumatic diseases such as RA, psoriatic arthritis (PsA), ankylosing spondylitis (AS), and juvenile idiopathic arthritis (JIA) were included. All patients enrolled in the studies met the ACR criteria for the classification of rheumatic diseases; (2) intervention: LTBI screenings using either TST or one IGRA (QFT-GIT or T-SPOT) had been conducted, mostly before using TNF inhibitors (more than 90% of the population should not have previously used TNF inhibitors); (3) study designs: all observational studies (retrospective or prospective) and clinical trials; and (4) outcomes: results reported in sufficient detail to obtain a positive rate of LTBI and an agreement percentage between TST and one IGRA.

**Exclusion criteria**

The exclusion criteria were as follows: (1) case reports, case series, review articles, editorials, letters, comments, and conference abstracts; (2) studies with insufficient data to calculate a positive rate or agreement percentage between TST and one IGRA; (3) studies that used a non-FDA approved LTBI screening test; (4) studies including more than 10% of patients on current or previous TNF inhibitors. However, if the studies included a minor proportion of patients who were currently using or had previously used TNF inhibitors, which was less than 10% of the total population, these studies were included; (5) studies out of the field of interest; and (6) studies that overlapped with other studies due to patient overlap. Two reviewers independently reviewed the literature using a standardized protocol, and disagreements were resolved by a meeting where a consensus was established.

**Data extraction**

We extracted the data available for a meta-analysis from the studies included as follows: (1) study characteristics (authors, year of publication, location and period of study, population size, and study design); (2) demographics and clinical characteristics of the patients (age, sex, disease duration of rheumatic disease, concomitant medications, Bacille Calmette-Guerin [BCG] vaccination status, specific rheumatic disease type, and coun-
try setting); and (3) Outcome characteristics: number of positive cases and number of total cases collected to calculate the positive rates of LTBI as measured by TST and IGRA. A number of pairs of TST results and IGRA results, including TST+/IGRA+, TST+/IGRA–, TST–/IGRA+, and TST–/IGRA– were extracted to estimate the agreement percentages between the two screening tests. Two reviewers (J.P. and Y.K.S.) extracted the data from the studies by consensus.

Data synthesis and statistical analysis
To explore the discrepancies in the prevalence as measured by the TST and the IGRAs, a pooled positive rate and an agreement percentage across the LTBI screening tests before TNF inhibitor use were adopted as the meta-meters of our meta-analysis. The positive rate of a test is the proportion of positive cases to the total number of the population screened. In addition, we pooled the data for the agreement percentage (%), which was adopted as an indicator of the agreement level across the diagnostic tests, as the agreement index for this analysis. The agreement percentage (%) is the proportion of the concordance cases to the total number of concordance and discordance cases between the TST and one IGRA.

We obtained the pooled positive rates and the agreement percentage calculated from all the studies. We then performed two sets of subgroup analyses stratified by the endemic TB rating of the region and the specific rheumatic disease. First, we stratified the studies and synthesized the outcomes of interest according to the endemic TB regions as based on the country settings. This was done to explore the differences across countries with various TB endemic ratings. According to the TB prevalence per 100,000 population from the 2011 World Health Organization (WHO) report, we classified the studies into two categories: studies conducted in low-to-moderate endemic TB regions (less than 20/100,000), and high endemic TB regions (more than 20/100,000). Next, we stratified the studies according to the specific rheumatic diseases (RA, AS, JIA) provided a specific rheumatic disease was reported as a subset with a separate outcome analysis in the article. DerSimonian-Laird random-effect models were constructed to synthesize the pooled positive rate and the agreement percentage with 95% confidence intervals (CIs) in order to consider potential heterogeneity across studies.

This methodological approach was based on an inverse variance technique to calculate the weights and pooled outcomes with 95% CIs. To investigate the heterogeneity, we calculated the Cochran’s Q test and the $I^2$ statistics, which were considered significant if the $I^2$ statistics were greater than 50%, and the $p$ value of the Cochran’s Q test was less than 0.10. To assess publication bias, we plotted funnel plots and conducted Begg’s test to further detect asymmetry.

In addition, we estimated the number and proportion of patients with rheumatic diseases targeted for LTBI treatment according to each screening strategy across the TB endemic regions. Four screening strategies were used to determine further prophylactic treatment: TST only positive, IGRA only positive, both TST and IGRA positive, and either TST or IGRA positive were all examined. The R version 3.0.1 (https://www.r-statistics.com/2013/05/r-3-0-1-is-released/) package was used for analysis with the metafor command.

This systematic review was conducted according to the Preferred Reporting Items for Systematic Revise and Meta-Analyses (PRISMA) statement.

RESULTS

Literature search
Our literature search process is illustrated in Fig. 1. After removing duplicates, 280 articles were screened for eligibility in the Ovid-Medline, Embase, and Cochrane databases. Of these, 253 articles were excluded after a review of the titles and abstracts: 171 were reviews/letters/editorials/abstracts; seven were case reports/series; six studies used a non-FDA approved LTBI screening test; three studies included patients on current or previous TNF inhibitors; 10 studies had no comparisons across LTBI screening tests; 10 studies used LTBI tests for non-rheumatic diseases (e.g., other autoimmune diseases, human immunodeficiency virus [HIV]); and
46 studies were out of the field of interest (e.g., safety/efficacy studies of TB prophylaxis or studies evaluating TB incidence).

The full texts of the remaining 27 articles were retrieved. The following nine articles were then excluded after a review of the full texts: three studies included patients on current or previous TNF inhibitors; three studies had no comparisons across the LTBI screening tests; one study included insufficient data to yield our meta-meters of interest; one study did not separate the data for patients with rheumatic diseases from that for other autoimmune diseases; and one study was out of the field of interest for our research. On searching the bibliographies of the articles included two additional eligible studies were included [18,19]. Finally, a total of 20 studies were used for the qualitative and quantitative review [1-20].

**Study characteristics**

The basic characteristics of the 20 studies are summarized in the Supplementary Table 1. The author, publication year, disease population, number of patients, age, female proportion, concomitant medications, previous BCG vaccination, disease duration, country setting, comparison groups with cut-off information, and summarized positive rate and agreement level of each study are presented in detail, and stratified according to the TB endemic regions (Supplementary Table 1). Nine studies, with a total of 1,359 patients, were conducted in high endemic TB areas (Brazil, China, Peru, Poland, Korea, Taiwan, and Turkey); 10 studies with a total of 1,493 patients were in low-to-moderate TB endemic settings (Canada, Czech, France, Greece, Ireland, Israel, and Spain); and one study of 2,282 patients was conducted in a global setting across all regions (Asia, North/Latin America, and Europe). In this review, the total population was 5,224, which included 3,026 clearly defined RA patients (57.9%), 1,009 AS patients (19.3%), 559 PsA patients (10.7%), 141 JIA patients (2.7%), and 489 others (9.3%), including the unknown disease population. A TST positive test was conducted among 5,051 patients, QFT-GIT among 4,799 patients, and T-SPOT among 846 patients. The agreement level between TST and QFT-GIT was compared among 4,830 patients and between TST and T-SPOT among 864 patients.

**Positive rates for the LTBI screening tests**

The pooled positive rates among all the 5,051 patients with rheumatic diseases across the LTBI screening tests

**Table 1. Estimated number of patients according to screening strategies for latent tuberculosis infection treatment**

| Variable                  | Total  | High endemic | Low to moderate endemic |
|---------------------------|--------|--------------|-------------------------|
| TST only positive         | 736 (32.8) | 502 (34.8)   | 234 (29.3)              |
| IGRA only positive        | 507 (22.6) | 390 (27.0)   | 117 (14.7)              |
| TST and IGRA positive     | 300 (33.4) | 243 (16.8)   | 57 (7.1)                |
| TST or IGRA positive      | 943 (42.0) | 649 (55.0)   | 294 (36.8)              |
| Total no. of patients     | 2,241  | 1,443        | 798                     |

Values are presented as number (%). This table represents the estimated number of patients targeted for latent tuberculosis infection treatment according to each screening strategy as a subset of our literature review.

TST, tuberculosis skin test; IGRA, interferon-gamma release assay.
before the use of TNF inhibitors are summarized in Fig. 2A. The overall positive rates for TST (>5 mm), QFT-GIT, and T-SPOT among all the patients included under the random-effect modeling were estimated as 29% (95% CI, 24 to 34), 17% (95% CI, 11 to 23), and 18% (95% CI, 11 to 26), respectively. A greater positive diagnosis of LTBI was found on the TST test than on the QFT-GIT or T-SPOT.

In a stratified analysis according to TB endemic region (Fig. 2A), all patients with rheumatic diseases (n = 1,322) in the low-to-moderate endemic setting presented positive rates by TST, QFT-GIT, and T-SPOT of 33% (95% CI, 25 to 41), 10% (95% CI, 6 to 14), and 20% (95% CI, 15 to 25), respectively. Among all patients with rheumatic

### Table

| Study | TST PR% (95% CI) | N | Study | QFT-GIT PR% (95% CI) | N | Study | TSPOT PR% (95% CI) | N |
|-------|------------------|---|-------|-----------------------|---|-------|---------------------|---|
| RA    |                  |   | RA    |                       |   | RA    |                      |   |
| Chang, 2011 | 20 (8-31)   | 46 | Chang, 2011 | 37 (23-51)   | 46 | Marques, 2009 | 29 (16-42)   | 48 |
| Kim, 2012 | 28 (24-32)   | 497 | Hatern, 2012 | 45 (35-54)   | 101 | Hatern, 2012 | 34 (19-49)   | 38 |
| De Leon, 2008 | 27 (18-35) | 101 | De Leon, 2008 | 45 (35-54)   | 101 | Hatern, 2012 | 34 (19-49)   | 38 |
| Xie, 2011 | 21 (10-31)  | 58 | Kim, 2012 | 22 (3-41)  | 18 | De Leon, 2008 | 22 (3-41)  | 18 |
| Pooled value | 29 (20-38) | 90 | Marques, 2009 | 11 (1-22)  | 35 | De Leon, 2008 | 29 (19-49) | 38 |
| Hsia, 2012 | 9 (8-11)   | 228 | Hsia, 2012 | 7 (6-8)   | 228 | De Leon, 2008 | 7 (6-8)   | 228 |
| Overall Pooled Value | 29 (24-36) | 501 | Overall Pooled Value | 27 (11-29) | 4799 | De Leon, 2008 | 27 (11-29) | 4799 |

### Figure 2

Figure 2. Pooled analysis of the positive rate (PR%) of latent tuberculosis infection screening tests (A) by tuberculosis endemic area and (B) by disease type. TST, tuberculin skin test; QFT-GIT, Quantiferon-TB Gold In Tube; CI, confidence interval; TSPOT, T-SPOT.TB test; N, number; RA, rheumatoid arthritis; AS, ankylosing spondylitis; JIA, juvenile idiopathic arthritis.
diseases (n = 1,447) from the high endemic settings, the positive rates by TST, QFT-GIT, and T-SPOT were 28% (95% CI, 24 to 32), 29% (95% CI, 21 to 37), and 15% (95% CI, –12 to 42), respectively. In this analysis, substantial heterogeneity was found, evidenced by an I² value greater than 50% and a p value < 0.10 for the Q test.

In the subgroup analysis according to the underlying rheumatic diseases (Fig. 2B), the RA population (n = 1,025) presented consistent positive rates by TST, QFT-GIT, and T-SPOT of 26% to 28%. Among the AS and JIA patients, the positivity rates were not consistent according to the LTBI screening tests. Positivity measured by TST was significantly larger than that by QFT-GIT among the AS and JIA populations. Heterogeneity across studies seemed to be attenuated when analyzed according to the specific underlying disease type, even though significant heterogeneity still existed among RA populations for both the TST and QFT-GIT positive rates, and among AS populations for the QFT-GIT positive rates (Q test; p = 0.023, p < 0.0001, and p = 0.021, respectively). However, we cannot exclude the possibility that the nonheterogeneity was potentially driven by the small number of studies among the subgroups.

No statistically significant publication or reporting bias existed in the pooled positive rates of TST, QFT-GIT, and T-SPOT, as demonstrated by the nonsignificant Begg’s test results (Fig. 3).

Percentage agreement in the LTBI screening tests
The pooled agreement percentage among all the 4,830 patients with rheumatic diseases across the LTBI screening tests is summarized in Fig. 4. The overall agreement percentage between TST (> 5 mm) and QFT-GIT, and between TST (> 5 mm) and T-SPOT among all patients resulted in 73% (95% CI, 68 to 78) and 75% (95% CI, 70 to 80), respectively (Fig. 4A).

Even though the differences in the agreement percentage by TB endemic stratification were not substantial (Fig. 4A), the agreement level in the low to moderate endemic areas appears to be numerically lower (71% for TST vs. QFT-GIT, 74% for TST vs. T-SPOT) than that of the high endemic areas (73% for TST vs. QFT-GIT, 81% for TST vs. T-SPOT). In addition, there were significant heterogeneities across all the stratified analyses.

Subgroup analyses by the underlying diseases RA, AS, and JIA showed that the agreement percentage between the TST and the QFT-GIT was lower among the AS patients (64%; 95% CI, 58% to 70%) than among the RA patients (73%; 95% CI, 69% to 78%) and the JIA patients (77%; 95% CI, 58% to 96%). The subgroup analysis, measuring the agreement level between TST and T-SPOT, was available only for the RA population, which presented as 86% (95% CI; 77 to 95). Heterogeneity seems to be attenuated by the subgroup analysis; however, we cannot exclude the possibility that the smaller number of studies resulted in the nonheterogeneity.

No statistically significant publication or reporting bias existed for the pooled agreement percentage between the TST and QFT-GIT, or between the TST and T-SPOT, a result which was derived from all the studies included, as demonstrated by the nonsignificant Begg’s test results (Fig. 5).

Estimated number and proportion of patients for LTBI treatment
In high endemic regions, 34.8% of patients are targeted for treatment for LTBI according to a TST-only positive strategy, 27.0% of patients per a IGRA-only positive strategy, 16.8% of patients per a both TST and IGRA positive strategy, while 55.5% of patients were targeted per an either TST or IGRA positive strategy as needing LTBI treatment (Table 1). In low to moderate endemic regions, 29.3%, 14.7%, 7.1%, and 36.8% of patients needed LTBI treatment according to the screening strategies described above. The screening strategy that resulted in the largest proportion of patients requiring LTBI prophylaxis was the either TST or IGRA positive, followed by the TST-only positive, the IGRA-only positive, and last the both TST and IGRA positive outcome.

DISCUSSION
We reaffirm that the current evidence for the accuracy of the LTBI screening test as done by the TST and IGRA among patients with rheumatic diseases is inconsistent. We also found that among all patients with rheumatic diseases there were more positive diagnoses by TST than were obtained by screenings done with either of the IGRA tests. However, in this meta-analysis, we detected a numerical indication that populations originating from low-to-moderate endemic TB regions present-
ed with slightly more disagreement in accuracy, mainly due to the lower positive rates from TST being closer to the rates obtained by IGRAs, than in patients from the high endemic TB regions. When stratified according to underlying disease, a lower level of agreement between TST and IGRAs was found among the AS patients than among the RA and JIA patients. However, we have to interpret this with caution since it was not statistically significant.

The lack of a gold standard for diagnosing LTBI makes an assessment of the diagnostic performance of TST and the IGRAs contentious [25]. The TST is a long-established method widely used to identify LTBI due to its simplicity and efficiency, although it has several inherent drawbacks, such as a cross-reaction with the BCG vaccination and other environmental mycobacteria infections resulting in variability in interpreting the results [26,27]. Testing for LTBI using risk factors and TST has been shown to reduce the incidence of reactivation of tuberculosis in patients taking TNF inhibitors. IGRAs have shown excellent results for screening after exposure to tuberculosis. However, their ability to detect LTBI in patients with rheumatic diseases is not yet proven.

Recommendations for screening for LTBI in current guidelines vary on the subject of replacing TST with IGRAs or of utilizing both tests [28]. In general, the current international guidelines recommend TST first and IGRA in cases of suspected false-negative TST in patients at risk for M. tuberculosis exposure, or if a history of previous BCG vaccination is present, but in Switzerland, TST is no longer recommended, and IGRA is the only test advised [29]. In addition, it has been shown that serial TST together with IGRA may be useful to identify a false-negative response in cases of LTBI and new TB infections during long-term TNF inhibitor use, es-

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**Figure 3.** Assessment of publication bias through funnel plots for positive rates. (A) Tuberculin skin test (TST), (B) QuantiFERON TB-Gold In-Tube test (QFT-GIT, Cellestis Ltd.), and (C) T-SPOT.TB (TSPOT, Oxford Immunotec Inc.).
especially in areas with an intermediate TB burden, such as Korea. It has also been shown that the risk of TST conversion increases significantly over 3 years of therapy [30]. Some differences in recommendations due to endemic prevalence might be reasonable, but its effectiveness has yet to be proven. In our study, 55.5% of patients were targeted to treat LTBI according to the either TST or QFT positive strategy in the high endemic regions. LTBI treatment for more than half of patients before starting with biologic agents has the distinct possibility of increasing the occurrence of adverse events such as liver function abnormalities and decreasing compliance related to polypharmacy [31].

Our study suggested that the results of both tests differ

Figure 4. Pooled analysis of the agreement percentage between the TST and interferon-gamma release assay (IGRA) tests (A) by tuberculosis endemic area and (B) by disease type. TST, tuberculin skin test; QFT-GIT, QuantiFERON-TB Gold In Tube; TSPOT, T-SPOT.TB test; AR, agreement rate; CI, confidence interval; N, number; RA, rheumatoid arthritis; AS, ankylosing spondylitis; JIA, juvenile idiopathic arthritis.

![Figure 4](https://doi.org/10.3904/kjim.2016.222)
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agreement between the underlying rheumatic disease and the endemic TB origins of the patient. Therefore, an optimal screening strategy for LTBI is needed that considers both tuberculosis risk and patient disease. Considering the different false positivity of screening methods and the adverse drug reactions due to unnecessary prophylactic medications, the selection of a screening strategy requires circumspection. Thus, balancing cost, efficacy, and safety should be considered in choosing a screening strategy to determine the prophylactic treatments to be employed.

Our study had several limitations. The most important limitation might be the wide heterogeneity of the summarized results. Diagnostic results came from patients with all rheumatic diseases, of various statuses relating to BCG vaccination and corticosteroid use; they included a minor population of TNF inhibitor use, and different country settings, all of which could contribute to the inconsistencies. Furthermore, a thorough subgroup analysis by underlying disease was impossible since many articles report their diagnostic results only for aggregated patients with rheumatic diseases, rather than separately for each type of disease.

In conclusion, a lower level of agreement between the TST and IGRAs was found in the low-to-moderate endemic countries than in the high endemic countries, and in AS populations as compared to the other rheumatic disease populations. Thus, differing strategies may be needed for patients with rheumatic diseases when detecting LTBI in clinical settings so that endemic origins and underlying diseases are also taken into consideration.

**KEY MESSAGE**

1. The latent tuberculosis infection (LTBI) screening test results by tuberculin skin test and interferon-gamma release assay among rheumatic patients were inconsistent, which were also modified by endemic status of origin country and underlying disease.

2. Our study suggest a different clinical strategy may be required to detect LTBI by considering patient’s origin of country and precise nature of underlying disease.

**Conflict of interest**

No potential conflict of interest relevant to this article was reported.

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## Supplementary Table 1. Study characteristics of the included literature

| Study | Population | No. of patients, disease type | Age, yr | Female sex | Concomitant medication | BCG vaccination, % | Mean disease duration, yr | Country setting | Comparison | Outcome: (1) positivity, (2) agreement |
|-------|------------|-------------------------------|---------|------------|------------------------|-------------------|--------------------------|----------------|-----------|-------------------------------------|
|       |            |                               |         |            |                        |                   |                          |                |           | Low to moderate TB endemic region   |
| Showman et al. (2009) [21] | 35 RA patients | 35 RA patients | 60       | 23 (66) | MTX: 71%  
Prednisone: 66%  
Hydroxychloroquine: 42% | 74 | 7.1 | Israel | QFT-G vs. TST (> 5 mm) | (1) 48% in TST, 11.4% in QFT-G  
(2) 56% b/w TST and QFT-G |
| Minguez et al. (2012) [16] | 53 Patients with rheumatic diseases (RA 34%,  
AS 24.5%, PsA 17%, others 24.5%) | 53 All rheumatic patients | 49.6 ± 13.0 | 35 (66) | Previous steroid use: 39.9%  
Previous DMARDs: 73.6%  
Anakinra: 3 patients | 6 | 8.8 | Spain | QFT-G vs. TST (> 5 mm),  
T-SPOT vs. TST | (1) 13.2% in TST, 17% in QFT-G, 20.8% in T-SPOT  
(2) 77.4% b/w TST and T-SPOT and QFT-G |
| Mariette et al. (2012) [14] | 392 Patients (128 RA, 178 SpA, 91 CD) | 392 All rheumatic patients | 45 (34–56) | 162 (41) | Previous corticosteroid: 35.7%  
Previous corticosteroid or immunosuppressants: 59.7% | 65.7 | NR | France | QF T-GIT vs. TST,  
T-SPOT vs. TST | (1) 35.2% in TST, 9.9% in QF-T-GIT, 15.1% in T-SPOT  
(2) 33.3% b/w TST and T-SPOT,  
31.1% b/w TST and QF-GIT |
| Vassilopoulos et al. (2011) [23] | 155 Patients (74 RA, 35 PsA, 31 AS, 13 other SpA, 2 other) | 155 All rheumatic patients | 52 ± 16 | 90 (58) | DMARDs and/or steroids: 63%  
DMARDs: 52%  
Steroids: 43% | 76 | NR | Greece | TST (> 5 mm) vs. T-SPOT,  
QF T-GIT | (1) 37% in TST, 25% in T-SPOT,  
31% in QF-GIT  
(2) 71% b/w TST and T-SPOT,  
54% TST and QF-GIT |
| Vassilopoulos et al. (2008) [22] | 70 Patients (32 RA, 18 AS, 12 PsA, 8 others) | 70 All rheumatic patients | 50.9 ± 16.9 | 37 (53) | DMARDs: 55.7%  
Steroids: 41.4% | 40 | NR | Greece | T-SPOT vs. TST (> 5 mm) | (1) 38.6% in TST, 22.8% in T-SPOT  
(2) 72.9% b/w TST and T-SPOT |
| Saidenberg-Kermani et al. (2012) [19] | 123 Rheumatic patients (46 RA, 53 AS, 15 PsA, 9 others) | 123 All rheumatic patients | 50.4 ± 11.9 | 66 (54) | DMARDs: 47.9%  
DMARDs and corticosteroids: 28.5%  
Corticosteroids: 38.2% | 56.1 | NR | France | TST (> 6 mm) vs. QFT-GIT | (1) 47.3% in TST, 17.9% in QFT-GIT  
(2) 57% b/w TST and QFT-GIT |
| Study                  | Population                              | No. of patients, disease type | Age, yr | Female sex | Concomitant medication | BCG vaccination, % | Mean disease duration, yr | Country setting | Comparison | Outcome: (1) positivity, (2) agreement |
|-----------------------|-----------------------------------------|-------------------------------|---------|------------|------------------------|--------------------|---------------------------|----------------|------------|------------------------------------|
| Martin et al. (2010)  | 150 Patients (87 RA, 37 PsA, 22 AS, 2 JIA, 2 others) | 150 All rheumatic patients   | 50.1 (17–88) | 91 (61) | DMARDs: 80.5%          | 82 (9.7 uncertain)  | 11.6          | Ireland       | QFT-GIT vs. TST, T-SPOT vs. TST (> 5 mm) | (1) 18% in TST, 9.2% in T-SPOT, 7.1% in QFT-GIT (2) 81.1% b/w TST and T-SPOT, 82.9% b/w TST and QFT-GIT |
| Scrivo et al. (2012)  | 119 Patients (61 RA, 40 PsA, 13 AS, 5 Behcet’s disease) | 119 All rheumatic patients   | 47 (18–80) | 82 (69) | DMARDs: 16% DMARDs and glucocorticoids: 54.6% Glucocorticoids: 10.1% No immunosuppressant: 19.3% | 5.8               | NR            | Italy          | QFT-GIT vs. TST (> 5 mm) | (1) 11.7% in TST, 4% in QFT-GIT (2) 85.7% b/w TST and QFT-GIT |
| Klein et al. (2013)   | 305 Patients (117 RA, 110 AS, 6 PsA, 72 JIA) | 161 All rheumatic patients (pre-treatment patients number for both TST and QFT-GIT test) | 44.18 ± 1477 | 165 (54) | Glucocorticoids: RA 67.6%, AS 11.8%, PsA 83.3%, JIA 45.8% MTX: RA 63.2%, AS 14.5%, PsA 33.3%, JIA 58.3% Leflunomide: RA 14.5%, AS 1.8%, PsA 16.6%, JIA 12.5% Sulfasalazine: RA 5.9%, AS 25.4%, PsA 33.3%, JIA 12.5% No DMARDs/GC therapy: RA 11.1%, AS 65.4%, PsA 0%, JIA 18.1% | NR               | NR            | Czech          | QFT-GIT vs. TST (> 5 mm) | (1) 3.9% in QFT-GIT, 4.2% in TST (2) 66% b/w TST and QFT-GIT |
| Ringrose et al. (2011) | 91 Patients (not detailed demographic information provided for total population) | 91 All rheumatic patients     | 557 (31–81) for only 12 positive population | 7 (98) for only 12 positive population | NR | 5 (3 uncertain) for only 12 positive population | NR | Canada       | QFT-GIT vs. TST (> 10 mm) | (1) 26.4% in TST, 6.6% in QFT-GIT (2) κ Coefficient 0.380 b/w TST and QFT-GIT (it was inverted to agreement % in analysis) |
### Supplementary Table 1. Continued

| Study               | Population                                | No. of patients, disease type | Age, yr | Female sex | Concomitant medication | BCG vaccination, % | Mean disease duration, yr | Country setting | Comparison | Outcome: (1) positivity, (2) agreement |
|---------------------|-------------------------------------------|-------------------------------|---------|------------|------------------------|--------------------|--------------------------|-----------------|-----------|-------------------------------------|
| **High TB endemic region** |                                           |                               |         |            |                        |                    |                          |                 |           |                                     |
| Chang et al. (2011) [6] | 107 Patients (61 AS, 46 RA)               | 46 RA patients                | 52      | 45 (98)   | Glucocorticoids: 67% MTX: 85% | BCG scars 21 patients (46) | NR                       | Korea          | QFT-GIT vs. TST (>10 mm)             | (1) 20% in TST; 37% in QFT-GIT |
|                      |                                           | 61 AS patients                | 31      | 5 (8)     | Glucocorticoids: 10% MTX: 5% | BCG scars 42 patients (69) | NR                       | Korea          |                                     | (1) 4.4% in TST; 31% in QFT-GIT |
| Marques et al. (2009) [13] | 48 RA Patients                           | 48 RA patients                | 49.71 ± 12.41 | 43 | MTX: 62.5% Prednisone: 12.7 ± 6.7 mg/day (only dosage reported for prednisone) | 100                  | 10.2                     | Brazil         | T-SPOT vs. TST (>5 mm in RA)         | (1) 14% in TST; 25% in T-SPOT |
|                      |                                           |                               |         |            |                        |                    |                          |                 |                                     | (2) 89.6% b/w TST and T-SPOT (calculated from PPV, NPV, sensitivity, specificity in the paper) |
| Camlar et al. (2011) [5] | 39 Patients with JIA                      | 39 JIA patients               | 11.1 ± 4.2 | 21 (54)   | MTX + steroid: 7.5% Steroid: 5% Sulfasalazine + steroid: 7.5% Sulfasalazine: 26% | 33                  | NR                       | Turkey         | QFT-GIT, TST (>10 mm)                | (1) 28% in TST; 5% in QFT-GIT |
|                      |                                           |                               |         |            |                        |                    |                          |                 |                                     | (2) 66.7% b/w TST and QFT-GIT |
| Kim et al. (2013) [12] | 724 Patients (497 RA, 198 AS, 29 JIA; detailed demography available for each disease group) | 497 RA patients               | 54      | 425 (85.5) | MTX: 66.6% Glucocorticoids: 75.1% Prior TNF inhibitor: 6.8% | NR                  | NR                       | Korea          | QFT-GIT vs. TST (>5 mm)              | (1) 28.2% in TST, 30.2% in QFT-GIT |
|                      |                                           | 198 AS patients               | 33.5    | 57 (28.8) | MTX: 23.7% Glucocorticoids: 47.6% Prior TNF inhibitor: 9.1% | NR                  | NR                       | Korea          |                                     | (1) 45.5% in TST, 16.2% in QFT-GIT |
|                      |                                           |                               |         |            |                        |                    |                          |                 |                                     | (2) 64.7% b/w TST and QFT-GIT |
## Supplementary Table 1. Continued

| Study                        | Population                                      | No. of patients, disease type | Age, yr | Female sex | Concomitant medication                                      | BCG vaccination, % | Mean disease duration, yr | Country setting | Comparison                      | Outcome: (i) positivity, (2) agreement                      |
|------------------------------|-------------------------------------------------|-------------------------------|---------|------------|-------------------------------------------------------------|-------------------|---------------------------|------------------|---------------------------------|------------------------------------------------------------|
| Ponce de Leon et al. (2008)  | 101 RA patients                                 | 101 RA patients               | 57.6 ± 12.6 | 91 (90.1)  | Prednisolone use: 91.1% MTX: 73.3%                         | NR                | NR                        | Korea            | QFT-G vs. TST (≥ 5 mm)          | (1) 86.2% b/w TST and QFT-G                              |
| Chen et al. (2012)           | 242 RA patients                                 | 242 RA patients               | 54.7 ± 12.6 | 192 (82.4) | MTX: 97.4% Sulfasalazine: 94.4% Daily steroid dose: 5.5 mg | 80.2              | NR                        | Peru             | QFT-G vs. TST (≥ 5 mm)          | (1) 26.7% in TST, 44.6% in QFT-G                           |
| Paluch-Oles et al. (2013)    | 90 Patients (81 RA, 9 AS)                       | 90 All rheumatic patients     | 53.1 (19–82) | 67 (74.4)  | NR                                                         | NR                | NR                        | Poland           | QFT-GIT vs. TST (≥ 5 mm)         | (1) 28.9% in TST, 22.2% in QFT-GIT                           |
| Hatemi et al. (2012)         | 40 RA patients                                  | 40 RA patients                | 52.6 ± 13.5 | 29 (72.5)  | MTX: 31 patients Sulfa salazine: 7 Prednisolone: 33         | 62.5 (BCG scar)   | NR                        | Turkey           | QFT-G vs. TST (≥ 5 mm)          | (1) 22% in TST, 60% in QFT-G                               |
| Xie et al. (2011)            | 58 Patients (25 AS, 24 RA, 4 undifferentiated SpA, 3 PsA, 2 reactive arthritis) | 58 All rheumatic patients     | 35.4 (16–71) | 25 (43.1)  | DMARDs: 58 patients Glucocorticoid: 16                      | 89.7              | 6.6                       | China            | T-SPOT vs. TST (≥ 5 mm)          | (1) 20.7% in TST, 2.3% in T-SPOT                            |
| Study                  | Population                                                                 | No. of patients, disease type | Age, yr | Female sex | Concomitant medication | BCG vaccination, % | Mean disease duration, yr | Country setting      | Comparison                        | Outcome: (1) positivity, (2) agreement |
|------------------------|----------------------------------------------------------------------------|--------------------------------|---------|------------|------------------------|---------------------|-------------------------|-------------------|-----------------------------------|---------------------------------------|
| Hsia et al. (2012)[10] | 2,282 Patients before golimumumab treatment (67% RA, 17.6% PsA, 15.5% AS; 20.0% patients used biologics as previous treatment); pooled analysis from 5 phase III clinical trial data | 2,282 All rheumatic patients | 49.0    | 1,515 (65.8) MTX: 1,269 patients DMARDs: 1,771 Corticosteroid: 1,599 | 34.2            | 60.8% were more than 3 years    | Global (Asia, North/Latin America, Europe) | IGRA vs. TST (> 5 mm)                           | (1) 9.4% in TST, 7.0% in IGRA (2) 87.2% b/w TST and IGRA |

Values are presented as number (%), mean ± SD, or median (range).

BCG, Bacille Calmette-Guerin; TB, tuberculosis; RA, rheumatoid arthritis; MTX, methotrexate; QFT-G, QuantiFERON-TB Gold; TST, tuberculin skin test; b/w, between; AS, ankylosing spondylitis; PsA, psoriatic arthritis; DMARDs, disease-modifying antirheumatic drugs; QFT-GIT, QuantiFERON TB-Gold (in tube format: Cellestis Ltd., Carnegie, Australia); T-SPOT, TSPOT. TB (Oxford Immunotec, Inc., Oxford, UK); NR, not reported; SpA, spondyloarthritis; CD, Crohn’s disease; JIA, juvenile idiopathic arthritis; GC, glucocorticoid; PPV, positive predictive value; NPV, negative predictive value; TNF, tumor necrosis factor; IGRA, interferon-gamma release assays.