Synergistic value of fractional flow reserve and low-density non-calcified plaque based on coronary computed tomography angiography for the identification of lesion-specific ischemia

LIN-MENG TANG1*, FENG LIU1*, TING-YU DONG1, FEI YANG1 and SHU-JUN CUI1,2

1Graduate School, Hebei North University; 2Department of Medical Imaging, The First Affiliated Hospital of Hebei North University, Zhangjiakou, Hebei 075000, P.R. China

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Abstract. Increasing evidence has suggested that plaque characteristics are closely associated with ischemia, and coronary computed tomography (CT) angiography-derived fractional flow reserve (FFR<sub>CT</sub>) based on deep machine learning algorithms has also been used to identify lesion-specific ischemia. Therefore, the aim of the present study was to explore the predictive ability of plaque characteristics in combination with deep learning-based FFR<sub>CT</sub> for lesion-specific ischemia. To meet this end, invasive FFR was used as a reference standard, with the joint aims of the early prediction of ischemic lesions and guiding clinical treatment. In the present study, the plaque characteristics, including non-calcified plaque (NCP), low-density NCP (LD-NCP), plaque length, total plaque volume (TPV), remodeling index, calcified plaque, fibrous plaque and plaque burden, were obtained using a semi-automated program. The FFR<sub>CT</sub> values were derived based on a deep machine learning algorithm. On the basis of the data obtained, differences among the values between the atopic ischemia and the non-significant lesions groups were analyzed to further determine the predictive value of independent predictors for atopic ischemia. Of the plaque features, FFR<sub>CT</sub>, LD-NCP, NCP, TPV and plaque length differed significantly when comparing between the lesion-specific ischemia and no hemodynamic abnormality groups, and LD-NCP and FFR<sub>CT</sub> were both independent predictors for ischemia. Additionally, FFR<sub>CT</sub> combined with LD-NCP showed a greater ability at discriminating ischemia compared with FFR<sub>CT</sub> or LD-NCP alone. Taken together, the findings of the present study suggest that the combination of FFR<sub>CT</sub> and LD-NCP has a synergistic effect in terms of predicting ischemia, thereby facilitating the identification of specific ischemia in patients with coronary artery disease.

Introduction

A non-reversible imbalance in myocardial blood supply and demand results in myocardial ischemia in patients with coronary artery disease (CAD), which can further lead to heart failure and myocardial infarction. CAD is currently a major cause of death worldwide, with 31% of all deaths resulting from it (1). During invasive coronary radiography, fractional flow reserve (FFR) is measured, and this is used as a gold standard for determining myocardial ischemia caused by coronary stenosis. However, both its invasive nature and the risk of complications serve to limit its clinical applicability (2). Coronary computed tomography (CT) angiography (CCTA) is recognized as the most accurate means for excluding CAD (3). Nevertheless, a purely anatomical assessment of hemodynamics is hardly able to provide sufficient guidance for clinical treatment.

Currently, the application of non-invasive techniques to assess myocardial ischemia due to abnormal coronary hemodynamics reduces the occurrence of adverse cardiac events. FFR obtained by CCTA (FFR<sub>CT</sub>), based on deep machine learning algorithms, has been shown to be an effective assessment method for detecting ischemia, demonstrating a high diagnostic performance compared with invasive FFR (4-6). Additionally, when CCTA-derived plaque characteristics and composition have been obtained using a semi-automated program, this has been shown to improve the ability of CCTA to predict hemodynamic abnormalities by obtaining more information about the lesion (7,8). Previous studies have also suggested that low-density non-calcified plaque (LD-NCP) acts as a substitute for the necrotic lipid core, and the larger its volume, the higher the possibility of ischemia (9,10). However, the potential of quantitative CCTA-derived plaque combined with FFR<sub>CT</sub> for lesion-specific ischemia detection needs to be explored further. To meet this end, the present study aimed...
to evaluate the predictive performance of deep learning-based FFR$_{CT}$ in combination with CCTA-derived plaque characteristics for identifying lesion-specific ischemia according to the gold standard of invasive FFR.

Materials and methods

Study population. The present study was a retrospective study conducted at a single center. A total of 144 patients with coronary heart disease admitted to The First Affiliated Hospital of Hebei North University (Zhangjiakou, China) between February 2019 and March 2022 were included in the current study. Invasive coronary angiography (ICA) and CCTA were both performed on all patients, and the interval between the two examinations was ≤30 days. The inclusion criteria were as follows: i) Complete clinical data and CCTA images were available for the patient; and ii) these were of sufficient quality for FFR$_{CT}$ and plaque analysis. The exclusion criteria were as follows: i) Poor coronary CT image quality; ii) patients who had previously undergone revascularization procedures (for example, cardiac bypass graft and/or percutaneous coronary intervention); iii) the patient had contraindications to adenosine, nitrates or β-blockers; and iv) the patient had been diagnosed with a combination of severe cardiovascular disease (for example, severe arrhythmias and/or severe heart failure). The current study was approved by the Ethics Committee of The First Affiliated Hospital of Hebei North University (Zhangjiakou, China; approval no. K2020237), and written informed consent was obtained from all of the participants.

ICA and FFR techniques. ICA and FFR were performed in accordance with standard practices (11). The FFR pressure-wire was placed at least 20 mm distal to the ≥2 mm vessel stenosis after ICA. Adenosine (140-180 µg/kg/min; Pfizer, Inc.) was used to induce hyperemia, and both the distal coronary pressure (Pd) and the aortic pressure (Pa) were measured simultaneously at baseline and during maximal hyperemia. Based on a beat-to-beat calculation, the FFR was determined as the mean Pd divided by the mean Pa at maximal hyperemia. Lesion-specific ischemia was defined upon calculating a FFR value of ≤0.80.

CCTA acquisition. CCTA was performed using an Aquilion ONE ViSION CT scanner (320-MDCT; Canon Medical Systems Corporation). Nitroglycerin (0.8 mg; Xinyi Pharmaceutical Co., Ltd.) was given sublingually to all patients prior to the CT scan, and patients whose heart rate pre-scan was >60 beats/min were administered metoprolol (AstraZeneca Pharmaceutical Co., Ltd.) orally (20-40 mg), with the heart rate held at ≤60 beats/min. The isotonic contrast agent, iodixanol (320 mg iodine/ml; Jiangsu Hengrui Medicine Co., Ltd.), was injected at a rate of 5.5 ml/sec using a double-barrel hyperbaric syringe, followed immediately by injection of 30 ml of 0.9% sodium chloride solution at the same rate. Regarding the scan parameters, the tube voltage was set at 100 kV, and the tube current was automatically modulated. Monitoring was set in the descending aorta at 100 kV, and the tube current was automatically modulated.

Deep learning-based FFR$_{CT}$. FFR$_{CT}$ measurements were conducted using deep learning-based DEEPVESSEL® FFR software (version 1.0; Beijing Keya Medical Technology Co., Ltd.), and the CCTA images of the patients were uploaded to its image-computing platform using Digital Imaging and Communications in Medicine (DICOM), the standard for the communication and management of medical imaging information and associated data. The system automatically calculated the FFR$_{CT}$ value of each coronary artery via a hydrodynamic model (17), which was presented as a color coronary tree, with different colors indicating different FFR$_{CT}$ values. FFR$_{CT}$ values ≤0.80 were considered to be indicative of lesion-specific ischemia (18).

Statistical analysis. The continuous variables are expressed as the mean ± standard deviation (SD) or median (interquartile range), whereas categorical variables are expressed as numbers (percentages). As required, unpaired Student's t-test, Pearson's
χ² test or Mann-Whitney U-test were used for data comparisons. To determine the predictors of ischemia, logistic regression analysis was conducted (for FFR<sub>CT</sub> values ≤0.80). Receiver operating characteristic (ROC) curves and the area under the curve (AUC) were used to evaluate the predictive values of FFR<sub>CT</sub>, LD-NCP, and the combination of FFR<sub>CT</sub> and LD-NCP for lesion-specific ischemia, and pairwise comparisons of AUC were made using the DeLong test (19). P<0.05 with a 95% confidence interval (CI) was considered to indicate a statistically significant difference. All of the statistical analyses were conducted using SPSS software, version 26.0 (IBM Corp.) and MedCalc software, version 20 (MedCalc Software bvba).

Results

Patient characteristics. In the study population, 144 patients with 243 vessels were investigated by FFR (Fig. 1). The mean age (± SD) of the patients was 62.0±5.4 years, the mean body mass index (± SD) was 25.0±1.5 kg/m<sup>2</sup> and 96/144 (66.7%) of the participants were male. Regarding risk factors for coronary heart disease, 67/144 (46.5%) of the patients had hypertension, 43/144 (29.9%) had diabetes, 76/144 (52.8%) had hyperlipidemia and 47/144 (32.6%) had a history of smoking. All patients underwent ICA within 30 days of CCTA, with a mean interval (± SD) of 19.1±5.8 days. Of the 243 vessels, 136/243 (56.0%) were the LAD, 57/243 (23.5%) were the RCA and 50/243 (20.6%) were the LCX. The basic characteristics of the included study population are shown in Table I.

Association of plaque characteristics and lesion-specific ischemia. Associations between plaque characteristics and lesion-specific ischemia were evaluated. The plaque characteristics RI, CP, fibrous plaque volume, plaque burden, napkin-ring sign, spotty calcifications and stenosis >50%
showed no significant differences when comparing between lesion-specific ischemia and non-significant lesions (P>0.05). By contrast, NCP, LD-NCP, total plaque volume and plaque length were significantly different in lesion-specific ischemia compared with non-significant lesions (P<0.05). Table II summarizes the different quantitative and qualitative plaque characteristics and their association with FFR<sub>CT</sub> ≤0.80. Univariate logistic regression analysis demonstrated that NCP (odds ratio (OR), 1.158; 95% CI, 1.103-1.215; P<0.0001), LD-NCP (OR, 1.128; 95% CI, 1.094-1.164; P<0.0001) and plaque length (OR, 1.147; 95% CI, 1.043-1.261; P=0.005) were significantly associated with lesion-specific ischemia. Finally, multivariate logistic regression revealed that LD-NCP was an independent predictor of lesion-specific ischemia (Table III).
Figure 2. Diagnostic performance of FFR<sub>CT</sub> and LD‑NCP for the identification of lesion‑specific ischemia. The receiver operating characteristic curves were created with metrics, including FFR<sub>CT</sub> and LD‑NCP. Model 1 included LD‑NCP alone (blue line) with an AUC of 0.79; model 2 included FFR<sub>CT</sub> alone (green line) with an AUC of 0.88 (P<0.01 vs. LD‑NCP); and model 3 included FFR<sub>CT</sub> + LD‑NCP (orange line) with the highest predictive value (AUC: 0.92; P<0.0001 vs. LD‑NCP; P=0.0057 vs. FFR<sub>CT</sub>). FFR<sub>CT</sub>, computed tomography angiography‑derived fractional flow reserve; LD‑NCP, low‑density non‑calcified plaque; CI, confidence interval; AUC, area under the curve.

Table III. Univariate and multivariate logistic regression analysis of coronary CT angiography‑derived plaque markers and FFR<sub>CT</sub>.

| Variable                                  | Univariate analysis | Multivariate analysis |
|-------------------------------------------|---------------------|-----------------------|
|                                           | P‑value             | OR (95% CI)           | P‑value | OR (95% CI) |
| FFR<sub>CT</sub> <0.80                     | <0.0001<sup>a</sup> | 23.197 (11.171‑48.084)| <0.0001 | 23.276 (3.505‑54.561) |
| Non‑calcified plaque, mm<sup>3</sup>       | <0.0001<sup>a</sup> | 1.158 (1.103‑1.215)   | 0.0630  | 1.130 (0.994‑1.286)  |
| Low‑density non‑calcified plaque, mm<sup>3</sup> | <0.0001<sup>a</sup> | 1.128 (1.094‑1.164)   | 0.0030  | 1.178 (1.105‑1.256)  |
| Plaque length, mm                          | 0.0050<sup>a</sup>  | 1.147 (1.043‑1.261)   | 0.6180  | 0.866 (0.492‑1.525)  |
| Total plaque volume, mm<sup>3</sup>        | 0.0610              | 1.004 (1.000‑1.007)   | -       | -               |

<sup>a</sup>P<0.05. CT, computed tomography; FFR<sub>CT</sub>, coronary CT angiography‑derived fractional flow reserve; OR, odds radio; CI, confidence interval.

Table IV. Diagnostic performance of coronary CT angiography‑derived plaque markers and FFR<sub>CT</sub> for the identification of lesion‑specific ischemia.

| Variable                              | LD‑NCP | FFR<sub>CT</sub> | FFR<sub>CT</sub> + LD‑NCP |
|---------------------------------------|--------|------------------|--------------------------|
| Area under the curve                  | 0.789  (0.732‑0.838) | 0.882 (0.835‑0.920) | 0.918 (0.877‑0.950) |
| Sensitivity, % (95% CI)               | 66.43  (58.1‑74.1)  | 71.33 (63.2‑78.6)  | 83.22 (76.1‑88.9)   |
| Specificity, % (95% CI)               | 82 (73.1‑89.0)      | 89 (81.2‑94.4)     | 86 (77.6‑92.1)      |
| Positive predictive value, % (95% CI) | 84.1 (77.4‑89.1)    | 90.3 (84.0‑94.2)   | 89.5 (83.9‑93.3)    |
| Negative predictive value, % (95% CI) | 63.1 (57.1‑68.8)    | 68.5 (62.4‑73.9)   | 78.2 (71.2‑83.9)    |
| Cut‑off value                         | 46.3 mm<sup>3</sup> | 0.80             | 0.41                   |

CT, computed tomography; FFR<sub>CT</sub>, coronary CT angiography‑derived fractional flow reserve; LD‑NCP, low‑density non‑calcified plaque; CI, confidence interval.
were 0.79 (95% CI, 0.732-0.838) for LD-NCP, 0.88 (95% CI, 0.835-0.920) for FFR_{CT} and 0.92 (95% CI, 0.877-0.950) for LD-NCP + FFR_{CT}. FFR_{CT} showed a better predictive performance relative to LD-NCP for lesion-specific ischemia (0.88 vs. 0.79; P=0.01). The addition of FFR_{CT} to LD-NCP further enhanced the predictive performance, albeit with incremental discriminatory power, compared with LD-NCP alone (0.92 vs. 0.79; P<0.0001) or FFR_{CT} alone (0.92 vs. 0.88; P=0.0057). In Fig. 2 and Table IV, analyses of the ROC curves for optimal thresholds for identifying lesion-specific ischemia are shown, as well as the results of the sensitivity, specificity, positive predictive value, negative predictive value and cut-off value calculations.

Discussion

The results of the present study have demonstrated that CCTA-based FFR_{CT} and plaque characteristics, especially LD-NCP, are predictors of lesion-specific ischemia. Importantly, FFR_{CT} and LD-NCP have been shown to be significant predictors of specific ischemia, and in combination, they synergistically increase the predictive value for ischemia compared with FFR_{CT} or LD-NCP alone.

Several studies have found a correlation between CCTA-derived plaque characteristics and ischemia, as well as significant differences between ischemia and non-significant lesions based on multiple quantitative and qualitative plaque characteristics (20-22). In the present study, it was found that plaque length, NCP volume and LD-NCP volume were not only significantly different when comparing between ischemia-causing lesions and non-significant lesions, but they were also useful in terms of predicting lesion-specific ischemia. These findings are similar to those reported by Diaz-Zamudio et al (23) and Iguchi et al (24), showing the predictive value of plaque length, NCP volume and LD-NCP volume. However, contrary to the findings of the present study, Gaur et al (25) reported a significant association between CCTA-derived RI and the presence of ischemia. By contrast, a different study indicated no significant correlation between plaque length or RI derived from CCTA and ischemia (26). It is likely that the determinants of study outcomes will differ significantly, which could explain the differences in results seen among studies.

LD-NCP is considered a surrogate for necrotic core plaques, and it has been shown to be useful in assessing the hemodynamic significance of coronary arteries (27). Notably, the results of the present study revealed that LD-NCP volume was an independent predictor for lesion-specific ischemia; this is a similar result to that found in a previous total-vessel study, which revealed that a higher probability of ischemia was associated with a higher LD-NCP volume (28). A retrospective study also suggested that LD-NCP volume predicts acute coronary syndromes, both on a per-patient and a per-vessel basis (29). Notably, the volume of LD-NCP was shown to be associated with the endothelial dysfunction caused by local inflammation and oxidative stress, and an increase in the LD-NCP volume led to reduced bioavailability of the vasodilator, nitric oxide, which made it difficult for the blood vessels to dilate under conditions of stress, thereby leading to ischemia (9). This mechanism may account for the ability of LD-NCP to act as a significant predictor of ischemia. However, in the presence of high-grade stenosis, plaque analysis, such as that of NCP and LD-NCP, may be less useful in terms of diagnosing ischemia (28).

Over the course of the last few decades, researchers have pursued an ideal non-invasive imaging diagnostic for ischemia. Numerous studies have shown a higher diagnostic accuracy of FFR_{CT} for lesion-specific ischemia compared with invasive FFR (30-33). In addition, FFR_{CT} based on deep-learning algorithms has been used to evaluate the hemodynamics of coronary arteries (34). A combined multicenter meta-analysis study revealed a high predictive value of FFR_{CT} for lesion-specific ischemia, with an AUC value of 0.86 (35). A similar AUC value was derived in the present study (AUC, 0.88), and deep-learning FFR_{CT} showed excellent predictive performance (OR, 23.19; P<0.0001) in terms of identifying ischemia. Additionally, FFR_{CT} provided superior discriminatory performance over LD-NCP (AUC, 0.88 vs. 0.79; P=0.006), and the addition of FFR_{CT} to LD-NCP demonstrated an incremental increase in predictive value (AUC, 0.92 vs. 0.79; P<0.0001), which is consistent with the findings of a previous study by von Knebel Doeberitz et al (36). However, in contrast with the present study results, a previous study found that the combination of FFR and LD-NCP was unable to increase the predictive value of FFR alone for lesion-specific ischemia (25). However, this previous study added stenosis >50% as a predictive index, and the presence of a difference in FFR_{CT} when accompanied by markedly stenotic coronary arteries may explain why the addition of FFR_{CT} had no incremental value for ischemia.

The present study had certain limitations. Firstly, the design protocol for retrospective studies and the relatively small sample size of the included study cases may have led to the existence of selection bias. Therefore, more prospective, multicenter studies are needed in the future to validate the findings. Secondly, FFR_{CT} values may vary, depending on factors such as fluid dynamics models, blood viscosity and individual differences (37), which require continuous optimization of image quality and algorithms. Combining FFR_{CT} and plaque features based on deep machine learning models may improve the identification of ischemia. Thirdly, the analysis of plaque characteristics may be limited by the resolution of CT, and the volume measurement of LD-NCP will also be affected to a certain extent (38). Therefore, in addition to improving the CT resolution, it is necessary to verify different CT scanners and different tube voltages prior to their clinical application. Fourthly, patients with severe cardiovascular disease or previous revascularization were excluded from the present study, and the predictive performance of FFR_{CT} and LD-NCP for ischemia in this group of patients requires further study. Lastly, since the automated software only calculated the total plaque length and burden, but could not measure the length of different types of plaques or the volume of blood vessels where they were located (39), the algorithm needs to be improved in the future to explore the predictive value of plaque length, volume and burden for lesion-specific ischemia.

In conclusion, CCTA-derived plaque characteristics and FFR_{CT} have been demonstrated to have predictive value in terms of identifying lesion-specific ischemia. Furthermore, the addition of FFR_{CT} to LD-NCP showed incremental discriminatory power for ischemia compared with FFR_{CT} or LD-NCP alone.
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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions

SC and LT conceived the study and wrote the manuscript. LT, FY and TD performed the experiments. LT and FL carried out the data collection and data analysis. SC and FY assessed the quality of the studies. LT, SC and FL confirm the authenticity of all the raw data. SC, LT, TD, FL and FY reviewed the results. All authors have read and approved the final manuscript.

Ethics approval and consent to participate

The Ethics Review Board of The First Affiliated Hospital, Hebei North University (Zhangjiakou, China) examined and approved the study protocol. All patients included in the study provided written informed consent.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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