Concomitant of hodgkin lymphoma and papillary thyroid carcinoma

Bdioui Ahlem1*, Mhammedi Nozha1, Ben N Marwa2 and Mokni Moncef1

1 Department of Pathology, Farhat Hached Hospital of Sousse, Tunisia
2 Department of ENT, Farhat Hached Hospital of Sousse, Tunisia

Abstract

Patients with primary multiple malignancies are progressively increasing due to the advances in the diagnostic techniques. We report a case of 51 years old woman, with no medical history; referred to the ENT department, complaining of cervical lymph node enlargement. Physical examination was unremarkable other than left cervical lymphadenopathy and the lab investigations were within normal limits. Biopsy was performed; showed sclerosis nodular classic Hodgkin lymphoma. The assessment of extension, CT scan showed cervical adenopathy and left lobe thyroid nodule, which was removed, the nodule was diagnosed as papillary carcinoma. The concomitance of both malignancies is very rare, particularly with no history of radiation which made this case an interesting for further studying.

Introduction

Patients with multiple primary malignancies are progressively increasing. Some studies have reported the association of thyroid papillary carcinoma (TPC) with lymphoma, mainly Hodgkin’s lymphoma (HL), treated with radiotherapy [1]. But less than 10 cases have illustrated the concomitant of these two tumours with no history of radiotherapy. Therapeutically, a multi-disciplinary and patient-oriented approach should be considered [2].

The case in this study illustrates an example of the rare two synchronous cancers of which one was fortuitously discovered.

Case report

We report a case of 51 years old woman, with no medical history, in particular with no history of radiation. The patient was non-smoker, denied alcohol consumption and she was admitted to the ENT department complaining of cervical lymph node enlargement. Physical examination was unremarkable other than left cervical lymphadenopathy. Cervical ultrasound revealed large bilateral, multiple conglomerated lymphadenopathies in the submandibular, cervical, and supraclavicular districts.

Laboratory tests showed normal hemogram, biochemistry, and thyroid function results. Biopsy was performed; showed sclerosis nodular classic Hodgkin lymphoma (Figure 1) and the atypical cells were positive for CD30 and CD15 in immunohistochemical staining (Figure 2).

In the assessment of extension, the CT scan was performed, showing that the cervical adenopathies was associated to the left lobe thyroid nodule. A lobectomy was performed and the microscopical examination of the nodule diagnosed as papillary carcinoma of classic variant (Figure 3), without vascular or lymphatic embolization.

Complement of thyroidectomy was performed with preserving the inferior and superior laryngeal nerve and the four parathyroids, while the cervical lymphadenectomy revealed metastases of papillary carcinoma in 5 out of 8 lymph nodes; three of them was infiltrated by hodgkin’s lymphoma (Figure 4).

Discussion and conclusion

Obviously, the increasing surveillance by improving exploration techniques, have allowed the detection of more papillary carcinoma,

*Correspondence to: Bdioui Ahlem, Department of Pathology, Farhat Hached Hospital of Sousse, Tunisia, Tel: 0021652422384; E-mail: ahlembdioui@hotmail.com

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even at an early stage. This explains the surge in the prevalence of thyroid papillary carcinomas (TPC) on one hand and the detection of many concomitant cancers on the other hand [3,4]. In addition, according to autopsy data, the TPC is more frequent than previously thought. Often indolent, it is found incidentally in 5 to 35% of autopsy and surgical removed glands [5].

Simultaneous thyroid carcinomas and other head and neck carcinomas are mainly explained by common environmental risk factors which initiating both primary cancers. Some studies have reported the association of thyroid papillary carcinoma (TPC) with lymphoma essentially Hodgkin’s lymphoma (HL) treated with radiotherapy [1]. But less than 10 cases have illustrated the concomitant of these two tumours with no history of radiotherapy [6].

TPC and Hodgkin Lymphoma do not share the same factors. A genetic origin remains possible but so far, no mutation has been revealed linking these two cancers. Many mutations have been involved in the development of these tumors separately. For example, the BRAF mutation described in the TPC and numerous non-hodgkin’s lymphomas has never been described in the HL [7]. Thus, the existence of these entities and these rare events could be used for molecular diagnosis of a common oncogene origin.

As regards the therapeutic approach, a total thyroidectomy was performed for our patient followed by chemotherapy mainly targeting the HL.

It has been described that metachronous TPC and HL has a poor survival. But the scarcity of synchronous forms does not make it possible to evaluate their real survival impact [8].

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