A novel variant in MAP3K7 associated with an expanded cardiospondylocarpofacial syndrome phenotype

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Abstract The transforming growth factor-β-activated kinase 1 (TAK1) encoded by mitogen-activated protein kinase kinase kinase 7 (MAP3K7) is widely expressed and participates in multiple molecular and cellular processes, including growth, differentiation, inflammation, and apoptosis. Pathogenic variants in MAP3K7 have recently been associated with two disorders: cardiospondylocarpofacial syndrome (CSCFS) and frontometaphyseal dysplasia 2 (FMD2). To date, all small in-frame deletions and splice variants in MAP3K7 have been associated with CSCFS, whereas missense variants have been reported in both CSCFS and FMD2. Here, we present a patient with a novel heterozygous likely pathogenic variant, c.125_127del, p.(Val42del), in MAP3K7, only the sixth variant associated with CSCFS to be described in the literature. Although this patient has a phenotype that is most consistent with that of CSCFS, including valvular heart disease, short stature, fusions of the spine and bones of the hands and feet, and certain facial dysmorphisms, he interestingly has some features reported previously in FMD2 but not CSCFS. These include flexion contractures of the elbow and widely spaced first and second toes, highlighting new points of overlap between these two syndromes. We additionally point out features in the patient presented here that are rare but recurrent among CSCFS patients previously reported in the literature, as well as a new distinctive cutaneous finding not previously reported.

[Supplemental material is available for this article.]

PATIENT PRESENTATION

Patient 1 was born at 41 and 4/7 wk gestation after a pregnancy notable only for emesis during the second trimester. His birth weight was 7 pounds and 12 ounces, and Apgar scores were 7 and 8. A benign sacral dimple, shortened limbs, and small hands and feet with shortened digits were noticed at birth. A heart murmur and respiratory distress led to identification of pulmonary valve stenosis. He was hospitalized in the NICU for the first 5–6 wk of life primarily for feeding issues.

Now an 18-yr-old male, Patient 1 has had numerous clinical evaluations. For many years his working diagnosis clinically, but not genetically, was Noonan syndrome. Prior negative genetic testing had included a karyotype, microarray, proband-only exome sequencing, fragile X testing, subtelomeric fluorescence in situ hybridization (FISH), FISH for 22q11.2 as well as X,Y, 13,18, and 21, and 7-dehydrocholesterol levels. Specific gene sequencing...
of the MID1 and PTPN11 genes had been performed without revealing any variants of concern. Patient 1 has a number of multisystem findings which are detailed below (Table 1).

**Gastrointestinal**: Feeding issues persisted throughout childhood. He had frequent emesis and was admitted for failure to thrive three times in the first few years of life. He was diagnosed with dysphagia and microaspiration during feeds and oral aversion, and he had a nutritionist and feeding therapist for years. He was diagnosed with Crohn’s disease at age 10 yr for which he continues to receive infliximab and methylprednisolone.

**Cardiovascular**: His pulmonary valve stenosis was managed medically until age 26 mo when he required balloon valvuloplasty; no additional cardiac interventions have been required. His most recent echocardiogram at age 15 yr showed bicuspid aortic valve with mild stenosis and mild regurgitation. The mitral and pulmonary valves were mildly stenotic with mild to moderate right ventricular dilation. He experienced a possible cardiac arrest at induction of anesthesia during a routine tympanostomy surgery at age 15 yr but recovered without significant sequelae.

**Musculoskeletal**: He was treated with growth hormone for short stature. His most recent height at age 17 yr 11 mo was 152.1 cm ($z = -3.25$). He was identified in infancy to have congenital cervical vertebral fusions of C2–3 (anterior) and C5–7 (posterior, possibly anterior as well) and minimal pectus, which spontaneously resolved. At age 7 yr, he was diagnosed with avascular necrosis of the hip with subluxation of the femoral head. Hand and foot abnormalities became more noticeable with age (Fig. 1C–F). Hand X ray at age 13 yr demonstrated bilateral accessory proximal epiphyses within the second metacarpal and synostosis between the right lunate and triquetrum (Fig. 1). He has widely spaced first and second toes (Fig. 1F). Incomplete extension of the elbows was noted at age 14 mo, and by his teen years he was diagnosed with fusion at the elbow (Fig. 1H). He has mild thoracolumbar scoliosis with minimal L5 on S1 anterolisthesis (Fig. 1J,K) and has had no specific treatment for this.

**Infections/Pulmonology/Otolaryngology**: Upper and lower respiratory infections have been numerous. He had three bouts of pneumonia from age 6 to 7. He continues to have frequent ear infections to date with several otolaryngologic procedures including tonsillectomy and adenoidectomy (both requiring revisions) and six tympanostomy tube surgeries. He has conductive hearing loss and has been prescribed hearing aids.

**Craniofacial**: He has distinctive facial features including a prominent forehead with bitemporal narrowing, downslanted palpebral fissures, upturned nares, and small posteriorly rotated ears (Fig. 1A,B). Prior exam features included high narrow palate with dental crowding requiring orthodontia but without a palate expander.

**Ophthalmology**: He developed strabismus by age 7 yr, which was initially treated with glasses, though he required surgery at age 11 and 16 yr.

**Integumentary**: His skin has been described as soft. He has a wrinkled appearance of the soles and palms though without deep creases (Fig. 1G).

**Genitourinary**: He had orchiopexy for undescended testicles at age 1 yr.

**Neurodevelopmental**: He had a normal brain MRI, but had mild developmental delay (gross and fine motor) and speech delay. Occupational therapy assisted with feeding difficulties and adapting to life with short stature and digits. He was on stimulant therapy in the past for behavioral issues. He repeated first grade primarily as a result of school absences for frequent illness.

**Technical Analysis**

Genomic DNA was prepared from blood or saliva using standard procedures. Exome capture was performed using an xGen target capture kit from IDT, and 99 base paired end sequencing on the Illumina platform (HiSeq 4000) was performed at the Yale
| Clinical Features in Patient 1 and Others with CSCFS/FMD2 | CSCFS | Patient 1 | FMD2 |
|----------------------------------------------------------|------|---------|------|
| **Constitutional**                                       |      |         |      |
| Short stature                                            | ✓    | ✓       | (Rare) |
| Failure to thrive                                       | ✓    | ✓       |       |
| **Face**                                                 |      |         |      |
| Facial gestalt                                           | ✓    | ✓       |       |
| Hypotonic face                                           | ✓    | ✓       |       |
| Full cheeks                                              | ✓    | ✓       | ✓     |
| Macrostomia                                              | ✓    |         |       |
| Long philtrum                                            | ✓    |         |       |
| Prominent forehead/bitemporal narrowing*                | ✓    | ✓       |       |
| Antverted nare                                           | ✓    |         |       |
| Broad nasal bridge                                       | ✓    |         | ✓     |
| **Ears**                                                 |      |         |      |
| Posteriorly rotated ears                                 | ✓    | ✓       | (and small) |
| Recurrent otitis media                                   | ✓    |         |       |
| Conductive hearing loss, bilateral                       | ✓    |         |       |
| Inner ear malformation                                   | ✓    |         |       |
| Strabismus                                               | ✓    |         |       |
| Dystopia canthorum/hypertelorism                         | ✓    |         |       |
| Fullness of the upper and/or lower eyelid                | ✓    | ✓       |       |
| Downslanted palpebral fissures                           | ✓    | ✓       |       |
| Ptosis                                                    | ✓    |         |       |
| **Cardiovascular**                                       |      |         |      |
| Valve dysplasia                                          | ✓    | ✓       |       |
| Aortic arch abnormalities                                | ✓    |         |       |
| **Gastrointestinal**                                     |      |         |      |
| Feeding difficulties since birth                         | ✓    |         |       |
| Gastroesophageal reflux                                  | ✓    |         |       |
| Gastrostomy tube                                         | ✓    |         |       |
| Gastrointestinal dysmotility                             | ✓    |         |       |
| **Genitourinary**                                        |      |         |      |
| Small testis                                             | ✓    |         |       |
| Ectopic testis/cryptorchidism                            | ✓    | ✓       | ✓     |
| **Skeletal**                                             |      |         |      |
| Delayed bone age                                         | ✓    |         |       |
| Pectus excavatum                                         | ✓    | (Mild)  | ✓     |
| Dorsal spine synostosis                                  | ✓    |         |       |
| Scoliosis                                                | ✓    | (Mild)  | ✓     |
| Cervical vertebral fusion                                | ✓    |         |       |
| **Limbs**                                                |      |         |      |
| Short extremities                                        | ✓    |         |       |
| Elbow contractures                                       | ✓    |         |       |
| Joint laxity                                             | ✓    |         |       |
| Brachydactyly                                            | ✓    |         |       |
| Cone-shaped epiphysis                                    | ✓    |         |       |
| Carpal/tarsal fusion                                     | ✓    |         |       |
| Pseudoepiphysis                                          | ✓    |         |       |
| **Hands/feet**                                           |      |         |      |
| Widely spaced first and second toes*                     | ✓    | ✓       | ✓     |
| **Integumentary**                                       |      |         |      |
| Soft/velvety skin                                        | ✓    | ✓       | (Rare) |
| Wrinkled skin of palms and soles                         | ✓    |         |       |

(Yellow) Cardiospondylocarpofacial syndrome (CSCFS) features from Sousa et al. (2010), Le Goff et al. (2016), Morlino et al. (2018); (blue) frontometaphyseal dysplasia 2 (FMD2) features from Basart et al. (2015), Wade et al. (2016, 2017), Costantini et al. (2018); (green) features found in both CSCFS and FMD2; (red) novel phenotype.

*Not described, but pictured in said publications.
Center for Genome Analysis. The sequence reads were converted to FASTQ format and were aligned to the reference human genome (hg19). GATK best practices were applied to identify genetic variants, and variants were annotated by ANNOVAR (Supplemental Table 1).

Figure 1. (A,B) Portrait and profile of face. (C,D) Small hands with brachydactyly. (E,F) Small feet. Note widely spaced first and second toes as well as brachydactyly. (G) Thin, wrinkled appearing skin of the palms. (H) Maximum extension of the elbow. Note bilateral elbow contractures left more so than right with left maximally extended to 140° and right to 150°. (I) Hand X ray demonstrating bilateral accessory proximal epiphyses within the second metacarpal (arrow) and synostosis between the right lunate and triquetrum (arrowhead). (J,K) Scoliosis survey demonstrating thoracolumbar scoliosis with minimal L5 on S1 anterolisthesis.
Variant Interpretation

Comparison of Patient 1’s clinical exome sequencing with his parents’ research exome sequencing revealed a novel de novo variant in MAP3K7, c.125_127del, p.(Val42del) (Table 2). This variant was confirmed as present in the proband by Sanger sequencing. Although this variant has not been previously reported in the literature, it is closely situated to other known pathogenic variants, most closely to p.Arg44_Gly45del and p.Val50del (Le Goff et al. 2016). We classified p.(Val42del) as likely pathogenic as per recommended variant interpretation guidelines (Richards et al. 2015). It was determined to be a de novo variant (PS2) and absent from control individuals (PM2). Additionally, it causes a change in protein length (PM4) as p.(Val42del) lies in the protein kinase domain and, furthermore, it is the first amino acid in a nine-residue nucleotide binding region found near the amino terminus of the protein. Although the disease is likely too rare and with too much overlap with other disorders to say the patient’s phenotype is highly specific for cardiospondylocarpofacial syndrome (CSCFS), his presentation certainly aligns with the diagnosis. Additionally, indel variants are recurrent in patients with CSCFS. Although this variant in MAP3K7 was deemed the most likely etiology of the patient’s syndrome, two other genes were identified to have rare compound heterozygous variants (Supplemental Table 1). These genes (TCHH and EHHADH) were associated with phenotypes unrelated to the patient’s findings and thus discarded as candidate genes. No rare hemizygous nor additional de novo variants were identified.

SUMMARY

The MAP3K7 gene is located on Chromosome 6q15 and encodes for the MAP3K7 protein, which is also known as TAK1 (transforming growth factor-β-activated kinase 1). TAK1 is a serine-threonine protein kinase that forms a complex with its associated binding proteins and then modulates a number of downstream effectors, including c-Jun amino-terminal kinases (JNKs), extracellular-signal regulated kinases (ERKs), p38 MAP kinase, and nuclear factor-κB, thereby affecting a wide range of cellular processes including cell growth and differentiation, immune function, stress responses, and apoptosis (Aashaq et al. 2019). The nearly ubiquitous expression of TAK1 and the early lethality of knockout mice speak to the importance of the protein in embryonic development (Sato et al. 2005; Ajibade et al. 2013).

MAP3K7 has been associated with human disease since 2016 with the simultaneous publication of reports of FMD2 and CSCFS (Le Goff et al. 2016; Wade et al. 2016). However, fewer than a dozen total MAP3K7 variants have been described to date in well-characterized patients. Many features of FMD2 and CSCFS overlap, with both syndromes featuring valvular heart disease, conductive hearing loss, certain facial features, genitourinary issues, scoliosis, and cervical vertebral fusion. Yet there are also key differences, with some CSCFS and FMD2 features that could be considered “opposites.” CSCFS features long philtrum, brachydactyly, and joint laxity, whereas FMD2 features short philtrum, long slender digits, and joint

| Table 2. Details of MAP3K7 variant |
|-----------------------------------|
| Gene    | Genomic location | HGVS cDNA | HGVS protein | Zygosity | ClinVar ID | Parent of origin | Variant interpretation |
|---------|------------------|-----------|--------------|----------|-----------|------------------|------------------------|
| MAP3K7  | Chr 6:91281524_91281526del (GRCh37) | NM_145331.2: c.125_127del | p.(Val42del) | Heterozygous | VCV000684731 | De novo | Likely pathogenic |

A novel MAP3K7 variant with mixed features
contractures. There is some molecular evidence that differences between the two syndromes may be explained by variable effects on TAK1 function, as some FMD2 variants show increased TAK1 autophosphorylation, whereas some CSCF variants show decreased TAK1 autophosphorylation (Le Goff et al. 2016; Wade et al. 2016). These findings were noted in different experimental systems (overexpression vs. primary patient fibroblasts, respectively), however, and it will be interesting to see future experiments comparing CSCFS and FMD2 variants in the same context to see if TAK1 phosphorylation status can be used to assist with clinical diagnosis.

Although phosphorylation testing for Patient 1’s variant was not performed, his phenotype falls most closely within the CSCFS spectrum, given his largely normal developmental status, short stature in the absence of severe scoliosis and osteosclerosis, and the characteristic features of carpal fusion, long philtrum, brachydactyly, and significant feeding issues from infancy into childhood. He has the novel feature of wrinkled skin of the hands and palms, which has not previously been described in CSCFS or FMD2, as well as velvety skin, which has been described in at least one other patient with CSCFS. However, the patient reported here is the first with CSCFS known to have flexion contractures of the elbow. He also has widely spaced first and second toes, which was observed in a patient with a deletion involving 6q15, where MAP3K7 resides (Klein et al. 2007). Although not explicitly commented on, medical photography demonstrates this finding in FMD2 as well (Wade et al. 2017). Still, the limited number of reports of patients with MAP3K7 variants makes it difficult to conclude whether these are true distinctions between CSCFS and FMD2.

Finally, although Crohn’s disease, as seen in Patient 1, has complicated genetics, it is interesting that ulcerative colitis has been described as a rare manifestation of FMD2 (Basart et al. 2015). Additionally, the continued infections in Patient 1 could suggest some amount of immune dysregulation. MAP3K7 has roles in inflammation and the immune system (Ajibade et al. 2013); therefore, it is not clear if inflammatory bowel disease and recurrent otitis media are directly related to MAP3K7 variation or if these are significant but unrelated findings.

The novel MAP3K7 variant seen in Patient 1 is close to two previously recorded mutations associated with CSCFS, p.Arg44_Gly45del and p.Val50del, all within the kinase domain of the protein (Le Goff et al. 2016). All but one of the recorded variants in patients with FMD2 or CSCFS have been in the kinase domain (Morlino et al. 2018); however, it is important to note that a single missense variant in the carboxyl terminus of MAP3K7, p.Pro512Leu, is responsible for FMD2 in multiple unrelated individuals who typically have a more severe presentation than those with variants in the kinase domain (Wade et al. 2017). To date, all small in-frame deletions and splice variants (the latter of which results in an in-frame small duplication) have been associated with CSCFS instead of FMD2, whereas missense variants have caused both FMD2 and CSCFS (Le Goff et al. 2016; Wade et al. 2017). No frameshift or nonsense variants have been reported in this gene in association with CSCFS or FMD, suggesting that haploinsufficiency or loss of gene function are not causes of CSCFS or FMD2 phenotypes.

In summary, we present here a patient with a novel MAP3K7 variant, p.(Val42del), associated with CSCFS, including a new finding of wrinkled skin of hands and palms. Given that the two overlapping MAP3K7-associated syndromes have only recently been identified with a small number of patients, it remains unclear whether CSCFS and FMD2 are truly distinct syndromes or a spectrum of findings within a single disorder. At this time, with both overlap and consistent differences, as well as some genotype–phenotype relationships, it appears prudent to consider them distinct disorders on a clinical basis, with the expectation that additional patients and further molecular investigation will clarify the clustering of MAP3K7 phenotypes in the future.
ADDITIONAL INFORMATION

Database Deposition and Access
The MAP3K7 variant described in this family was submitted to ClinVar (https://www.ncbi.nlm.nih.gov/clinvar), with accession number VCV000684731.1. Raw data were not deposited to public access databases in the absence of patient consent but may be available through correspondence with the authors.

Ethics Statement
This study was approved by the Yale University Institutional Review Board. The individuals referenced in this case report have provided written consent to participate in our research protocol and its publication of deidentified data and provided specific consent for the inclusion of medically relevant photography.

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Author Contributions
F.A. analyzed data and wrote the manuscript. L.J. analyzed clinical data and contributed to writing the manuscript. W.J. analyzed sequencing data and critically reviewed the manuscript. J.M.M. analyzed clinical data and critically reviewed the manuscript. S.A.L. guided experimental design and data analysis and contributed to writing the manuscript.

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Competing Interest Statement
S.A.L. is part owner of Qiyas Higher Health, a start-up company unrelated to this work. No other authors have any disclosures to report.

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