Article

Scenarios of Bioenergy Recovery from Organic Fraction of Residual Municipal Waste in the Marche Region (Italy)

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Abstract: In the Marche Region (Central Italy), the residual municipal waste (RMW) is commonly processed in mechanical biological treatment (MBT) systems. In these systems, following a first mechanical selection, the undersize organic fraction from RMW (us-OFRMW) undergoes a partial aerobic biological treatment before being landfilled as a biostabilised fraction (bios-OFRMW) without dedicated energy or material recovery. Alternative us-OFRMW management scenarios have been elaborated for this region, at both present (reference year 2019) and future (reference year 2035) time bases. In the first scenario, the potential bioenergy recovery through anaerobic digestion (AD) from the us-OFRMW was evaluated. The second scenario aimed at evaluating the residual methane generation expected from the bios-OFRMW once landfilled, thus contributing also to the potential environmental impact connected with landfill gas (LFG) diffuse emissions from the regional landfills. The diversion to AD, at the present time, would allow a potential bioenergy recovery from the us-OFRMW equal to 4.35 MW el, while the alternative scenario involves greenhouse gas (GHG) emissions equal to 195 kg CO2 eq. per ton of deposited bios-OFRMW. In the future, the decreased amount of the us-OFRMW addressed to AD would still contribute with a potential bioenergy recovery of 3.47 MW el.

Keywords: anaerobic digestion; bioenergy recovery; biostabilisation; environmental planning; landfill; mechanical biological treatment; methane emission; organic fraction; region; residual municipal waste

1. Introduction

One of the main issues related to municipal waste (MW) is the management of the related organic fraction (OFMW). In Italy, the generation of MW in 2019 was about 30.1 million ton [1]. In the same year, the separately collected MW (sc-MW) accounted for 61.3% of the totally generated MW [1]. The OFMW, representing a level of about 35.4% in the composition of the generated MW (as the Italian average estimate in the multiyear period 2009–2019), is mainly diverted as a separately collected stream (sc-OFMW), accounting in Italy for 39.5% of the total amount of sc-MW in 2019 [1]. However, a non-negligible amount of organic fraction still remains in the residual municipal waste (RMW) stream [2], that accounted in Italy for about 11.6 million ton in 2019 [1]. The direct disposal of organic waste in landfills can generate potential environmental impacts on the air, soil, and water through the uncontrolled release of biogas and leachate [3].

At least at the European level, to prevent or reduce the potential environmental impacts from landfills, the mechanical biological treatment (MBT) concept is playing a key role in the preliminary treatment of the organic fraction of RMW (OFRMW) prior to landfilling [4,5]. Particularly, in the common MBT technological variation targeted at biostabilising
the OFRMW, usually referred to as biostabilisation MBT, a mechanical selection is typically performed first on the RMW to obtain (as an intermediate output) an undersize stream rich in putrescible organic matter (us-OFRMW), which is further partially biodegraded (mainly with aerobic systems) to produce a stabilised organic output destined for landfilling [2,6–9]. However, a recent study found that the aerobically biostabilised organic output (bios-OFRMW), produced from the aerobic biostabilisation MBT, still presents a residual biochemical methane potential (BMP) [10]. Since the bios-OFRMW is generally destined for landfilling, this means that it may still contribute to landfill methane generation, but also to greenhouse gas (GHG) diffuse emissions, as the methane produced in landfills is not totally conveyed by the implemented landfill gas (LFG) collection and extraction systems [11]. Although aerobic biostabilisation MBT plants represent well established systems to manage the RMW, they are expected to be energy consuming (in particular, to guarantee the forced aeration in the aerobic phase [12]); moreover, they do not allow the recovery of fuels (in the prevailing situation, at least in Italy, of the mechanically separated, oversize fraction of RMW—os-RMW—similarly addressed to landfilling [1]) or other valuable organic material recovery (compared, for instance, to compost obtained from the aerobic treatment of the sc-OFMW). Thus, under the important role that the overall biowaste stream can play in the transition towards a circular economy [13], the potential diversion of the us-OFRMW to an anaerobic biological treatment step, still within the MBT concept, could represent a valuable and environmentally friendly strategy. In fact, the methane-rich biogas generated by the anaerobic digestion (AD) of biomass resources and organic waste constitutes a renewable bioenergy that can displace fossil-fuel-based energy production [13,14].

Given the above considerations, this study aimed at elaborating and comparing alternative scenarios for bioenergy recovery through anaerobic processes from the OFRMW in the Marche Region (Central Italy, Adriatic Sea side). The first scenario, called “BIOENERGYus-OFRMW”, estimated and evaluated the potential bioenergy recovery in the case of an anaerobic biological treatment step of the us-OFRMW within the MBT concept, as an alternative to the current aerobic step. The second scenario, called “BIOENERGY-IMPACTbios-OFRMW”, focused on the evaluation of the potential residual methane generation expected from the disposal of the bios-OFRMW at the regional landfills in case the us-OFRMW continues to be treated aerobically in MBT systems. Moreover, two time bases were considered for the development of the scenarios: present (reference year 2019) and future (reference year 2035). The main objective of this study was to assess the extent to which the potential anaerobic biological treatment step within the MBT concept could be advantageous as bioenergy recovery from the us-OFRMW generated (and generable) in the Marche Region or, conversely, the extent to which the actual and unchanged management approach could negatively contribute to the potential environmental impact connected with GHG diffuse emissions from the landfilling of aerobically treated us-OFRMW.

2. Methodology

2.1. Synthetic Overview on MW Management in the Marche Region

The Marche Region is composed of five provincial territories (hereinafter identified as PT1–PT5: Figure 1), with a total population of about 1,525,000 inhabitants in 2019 [15] and an extension of about 9400 km² [16]. The MW generation in the Marche Region in 2019 was equal to 792,645 ton, with a corresponding per capita MW generation of 520 kg person⁻¹ year⁻¹ [15]. The obtained regional level of sc-MW was equal to 70.5% in 2019 [15]. Referring to the management of sc-OFMW in 2019, an amount of 99,590 ton was reported to be treated in composting plants located in the regional territory, while a further amount of 97,974 ton was reported from recovery facilities located outside the Marche Region [1]. No AD or waste-to-energy plants for MW are operated in the regional territory [1]. The resulting RMW, identified by the European Waste Code (EWC) 20 03 01 [17], is addressed to no. 5 aerobic biostabilisation MBT systems (Figure 1). Particularly, each provincial territory from PT2 to PT5 is provided by an aerobic biostabilisation MBT plant whose main final material outputs, i.e., the bios-OFRMW (identified by the EWC 19 05
03 [17]) and the os-RMW (identified by the EWC 19 12 12 [17]), are both disposed of at a pertaining controlled landfill [1,15]. Concerning instead the provincial territory PT1, the implemented complementary aerobic biostabilisation MBT system comprises no. 2 mechanical (selection) treatment (MT) steps, located in the coastal districts, whose generated us-OFRMW streams (identified by the EWC 19 05 01 [17]) are addressed to the aerobic biological treatment phase of the complete MBT plant located in the inland district: similarly to the other provincial territories, the generated bios-OFRMW and os-RMW are disposed of at pertaining controlled landfills [1,15]. Table SI of the Supplementary Material reports representative characteristics of the aerobic biostabilisation MBT systems located in the Marche Region. A synthetic representation of the overall MW management in the Marche Region is provided in Figure S1 of the Supplementary Material.

Figure 1. Overview on the Italian division in regional territories with detail (in red) of the Marche Region (left). The enlarged map (right) shows the provincial territories (PTs) of the Marche Region and the location of the respective MBT/MT and landfill facilities (status at the reference year 2019) (additional legend for PT1: blue line = disaggregation into two coastal districts and one inland district).

2.2. Derivation of the Mass Balances of the Provincial MBT Systems

The mass balance of each provincial aerobic biostabilisation MBT system was derived based on the collection and elaboration of the respective operational data and the actual configurations of the systems (see Table S1 of the Supplementary Material). The input was given by the received RMW, while the following final outputs were typical (Figure 2): os-RMW; bios-OFRMW; possibly metal (identified by the EWC 19 12 02 [17]) from magnetic separation; possibly leachate or aqueous liquid waste (identified by the EWC 19 07 03 or 16 10 02 [17]) from the aerobic biological treatment step; and process losses. Concerning the intermediate output represented by the targeted us-OFRMW, the resulting percentage by mass (%us-OFRMW) was derived based on the following expression:

\[
%\text{us-OFRMW} = 100 - (\%\text{os-RMW} + \%\text{metal}) \tag{1}
\]

where %os-RMW and %metal represent the percentages by mass of the final outputs os-RMW and metal, respectively.
2.3. Characterisation of the RMW, us-OFRMW, and bios-OFRMW

For the qualitative characterisation of the RMW, compositional analyses were conducted on samples of the RMW addressed to the respective provincial aerobic biostabilisation MBT systems in the Marche Region. These analyses were performed in accordance with the sequential procedure (consisting of the heaping and removal of possible bulky materials, quartering, screening, manual sorting, and weighing) adopted by the Environmental Protection Agency of the Marche Region [18] and summarised in Table S2 of the Supplementary Material. In this study, the considered material fractions were diaper, glass, metal (assumed as the aggregation of pertaining packaging and other metal), organic (OFRMW, assumed as the aggregation of pertaining green waste, kitchen waste, and fines [8,19]), paper/cardboard (assumed as the aggregation of pertaining paper and cardboard), plastic (assumed as the aggregation of pertaining packaging and other plastic), textile, wood (assumed as the aggregation of pertaining packaging and other wood), and other (assumed as the aggregation of inert, hazardous waste, waste electrical and electronic equipment, and residue from sorting).

Samples of us-OFRMW (from the coastal districts in PT1 and the other provincial territories from PT2 to PT5) and bios-OFRMW (from all the provincial territories) were characterised in terms of moisture, total solids (TS), volatile solids (VS), total Kjeldahl nitrogen (TKN), total ammoniacal nitrogen (TAN), total phosphorus (TP), total potassium (TK), and heavy metals (Cd, Cr, Cu, Ni, Pb, and Zn). The adopted analytical procedures are summarised in Section 2.6.

2.4. Development of the BIOENERGYus-OFRMW Scenario

The BIOENERGYus-OFRMW scenario aimed at evaluating the potential bioenergy recovery through AD from the us-OFRMW in the Marche Region (Figure 3, left-down), as an alternative to the current aerobic biological treatment step within the implemented MBT concept (see Figure S1 of the Supplementary Material).
To develop the BIOENERGY\textsubscript{us-OFRMW} scenario in the present time basis, starting from the amounts of RMW processed by each provincial MBT system at the reference year 2019 and the related mass balances (see Section 2.2), it was possible to determine the resulting amounts of us-OFRMW produced by each provincial territory. Consequently, the estimation of the biomethane production expected through AD from the us-OFRMW was based on the initial assumption of a BMP of 445.6 Nm\textsuperscript{3} CH\textsubscript{4} ton VS\textsuperscript{−1}, obtained in a previous experimental study [10] as representative of the us-OFRMW from the MT step located in one coastal district of provincial territory PT1 (see Figure 1). Moreover, by knowing the VS and TS contents of the us-OFRMW samples collected from the remaining coastal district in PT1 and the provincial territories from PT2 to PT5 (see Section 2.3), the assumed BMP per VS unit was adapted to the profile of us-OFRMW produced by each provincial territory to derive a pertaining BMP per fresh matter (FM) unit.

Given the resulting estimate of biomethane production in each provincial territory, the corresponding gross electrical energy produced by the recovered biomethane was calculated by assuming a methane lower heating value equal to 36 MJ Nm\textsuperscript{−3} and an electrical efficiency equal to 38% [20,21]. The related electrical power (i.e., the parameter used to estimate the size of a feasible AD line) was obtained by dividing the gross electrical energy by the yearly working hours of the AD line (assumed to be equal to 8200 h) [20]. The net electrical energy, to be fed into the electricity grid [22], was derived by assuming an overall consumption to operate the AD line and run the gas engine equal to a proportion of 9.5% of the produced gross electricity, determined as the average value of the derivable range of 7–12% for small-scale and large-scale biogas plants [23]. In the combined heat and power (CHP) configuration, the gross CHP energy was determined by assuming a total energy efficiency equal to 82.5% as the average value of the reported range of 80–85% [24].

Regarding the future time basis, 2035 was chosen as the reference year, in line with its consideration as the farthermost targeted year by the representative European framework waste legislation as amended by directive 2018/851 [25], related to the European circular
economy strategy. The following assumptions were made to estimate the amounts of sc-OFMW and us-OFRMW that will be produced in the Marche Region at the reference year 2035:

- Per capita MW generation of 472.1 kg person\(^{-1}\) year\(^{-1}\) as the objective of reducing the generation of waste set by the Marche’s regional waste management plan [26].
- Regional population of 1,474,769 inhabitants, officially estimated (as the forecast median scenario) by the Italian National Institute of Statistics [27].
- Percentage of sc-OFMW set at 43.7% of the total regional amount of sc-MW, determined as the mean value from 2012 to 2019.
- Percentage of us-OFRMW (related to the total regional amount of RMW) determined as the mean from the mass balances of the provincial MBT systems (see Section 2.2).
- Estimate of the level of sc-MW based on the fitting procedure of the available regional levels from 2001 to 2019 [15,28] with a modified Gompertz modelling [29] purposely adapted with the following equation:

\[
\%\text{scMW} = (\%\text{scMW}\text{max} - 11.9) \exp\left\{-\exp\left[\frac{R \cdot e}{(\%\text{scMW}\text{max} - 11.9)} (\lambda - t + 1)\right]\right\} + 11.9
\]  

where \%scMW is the level of sc-MW in the Marche Region at year \(t\), \%scMW\text{max} is the expected upper horizontal asymptote (set at 74.7%, as a reference based on the maximum level reached by the most virtuous Italian region in 2019 [1]), \(R\) is the maximum increasing rate of \%scMW, \(e\) is the Neper number, \(\lambda\) is the lag time, and 11.9 represents the resulting \%scMW in the Marche Region at the selected initial year, 2001 [28].

By comparing the assumed objective of per capita MW generation in 2035 to the resulting means from 2015 to 2019 in the Marche Region (equal to 526.0 kg person\(^{-1}\) year\(^{-1}\)) and in Central Italy (equal to 544.8 kg person\(^{-1}\) year\(^{-1}\)) [1], the expected relative decreases (calculated as \([\text{mean}_{2015-2019} - \text{objective}_{2035}] / \text{mean}_{2015-2019} \times 100\) would be equal to 10 and 13%, respectively, representing a desirable effort on the waste prevention that is required by the mentioned directive 2018/851 [25]. In the future time basis, the representative BMP per FM unit for the us-OFRMW at the regional level was assumed as the resulting mean of the respective BMPs per FM unit derived for each provincial territory.

As a complementary evaluation of the overall potential bioenergy recovery from the whole OFMW, the additional option of addressing the sc-OFMW to potential regional AD plants was also considered within the BIOENERGY\textsubscript{us-OFRMW} scenario (Figure 3, left-down). In this perspective, the following assumptions were made for the sc-OFMW: a BMP of 445 Nm\(^3\) CH\(_4\) ton VS\(^{-1}\), a TS content of 22.5% FM, and a VS content of 88.2% TS as the means of the ranges of 401–489 Nm\(^3\) CH\(_4\) ton VS\(^{-1}\), 20–25% FM, and 85–91.44% TS, respectively, derivable for separately collected and source-sorted organic waste from literature indications [30,31].

### 2.5. Development of the BIOENERGY-IMPACT\textsubscript{bios-OFRMW} Scenario

The BIOENERGY-IMPACT\textsubscript{bios-OFRMW} scenario aimed at evaluating the potential residual methane generation and GHG diffuse emissions expected from the bios-OFRMW disposed of at the regional landfills (Figure 3, right-up), in the case that the us-OFRMW continues to be treated aerobically in the existing MBT systems located in the Marche Region (see Figure 1 and Supplementary Material Figure S1).

For the present time basis (reference year 2019), the annual amounts of bios-OFRMW destined for landfilling in the provincial territories were obtained based on the mass balances of the provincial MBT systems (see Section 2.2). The potential residual methane generation, intended as the total (cumulative) production from the yearly deposited bios-OFRMW that is expected to be approached exponentially during the landfill lifetime [32,33], was derived starting from a considered BMP of 143.4 Nm\(^3\) CH\(_4\) ton VS\(^{-1}\), obtained in a previous experimental study [10] performed on a sample of bios-OFRMW representative of the provincial territory PT1 in the Marche Region (see Figure 1). Based on the resulting VS and TS contents of the bios-OFRMW samples collected from the provincial territories.
(see Section 2.3), the assumed BMP per VS unit was adapted to the profile of bios-OFRMW produced by each provincial territory to derive a pertaining BMP per FM unit.

While all the biomethane produced by the us-OFRMW in the previous scenario is destined to energy recovery, in this alternative scenario the residual methane generation from deposited bios-OFRMW is mainly recovered energetically but partly represents a potential environmental impact in terms of diffuse GHG emissions (Figure 3, right-up). In particular, a volumetric methane extraction proportion of 79.2% and a complementary volumetric methane diffuse emission incidence of 20.8% were assumed, as derived from a multiyear (2007–2016) LFG emission monitoring study with the static, non-stationary chamber approach [11,34] performed at one coastal landfill located in provincial territory PTI of the Marche Region (see Figure 1). To derive the overall gross electrical energy expected from the on-site conversion of the recovered LFG, the gas engine electrical efficiency was assumed to be equal to 37% [35]. To account for the methane component in the emitted LFG as overall GHG emission, the respective global warming potential (GWP), over a 100-year time horizon, was set to 28 (without inclusion of climate-carbon feedback) [36].

To estimate the bios-OFRMW production expected at the regional level in the future time basis (reference year 2035), an average mass balance of the regional MBT systems (see Section 2.2) was considered. In the future time basis, the representative BMP per FM unit for the bios-OFRMW at the regional level was assumed as the resulting mean of the respective BMPs per FM unit derived for each provincial territory.

2.6. Analytical Procedures

The moisture and TS contents were determined by drying at 105 °C, while the VS content was determined by loss-on-ignition at 550 °C. The TKN and TAN contents were determined following the analytical method established for wastewater sludge [37]. The TP content was determined via inductively coupled plasma optical emission spectrometry [38,39]. The TK and heavy metal contents were determined through a pretreatment based on microwave digestion [38], followed by an analysis with inductively coupled plasma mass spectrometry [40].

3. Results

3.1. Mass Balances of the Provincial MBT Systems

Table 1 shows the resulting mass balances of the provincial aerobic biostabilisation MBT systems located in the Marche Region. Concerning the final outputs in each provincial MBT system, the prevailing component was represented by the os-RMW, followed by the targeted bios-OFRMW.

Table 1. Resulting mass balances of the provincial aerobic biostabilisation MBT systems in the Marche Region and related regional means.

| Output                        | PT1  | PT2  | PT3  | PT4  | PT5  | Regional Mean |
|-------------------------------|------|------|------|------|------|---------------|
| os-RMW (% RMW)               | 78.1 | 67.3 | 64.6 | 64.0 | 67.3 |               |
| metal (% RMW)                 | 0.0  | 1.5  | 0.03 | 0.1  | 0.3  | 0.39          |
| bios-OFRMW (% RMW)           | 13.3 | 28.1 | 25.4 | 27.9 | 25.5 | 24.0          |
| leachate/aqueous liquid waste (% RMW) | 0.0  | 0.0  | 3.02 | 0.0  | 1.1  | 0.8           |
| process losses (% RMW)        | 8.6  | 9.4  | 2.45 | 7.4  | 9.1  | 7.4           |
| total (% RMW)                 | 100  | 100  | 100  | 100  | 100  | 100           |
| us-OFRMW (% RMW)             | 21.9 | 37.5 | 30.9 | 35.3 | 35.7 | 32.3          |

Interestingly, the resulting levels of the final output represented by the os-RMW and the intermediate output represented by the targeted us-OFRMW were evaluated in the association with the screen size of sieving in the MT step of the respective provincial MBT systems. In particular, as illustrated in Figure 4, a strong inverse correlation in the association of the os-RMW with the screen size of sieving was revealed by the obtained correlation coefficient (r) value of −0.826; concurrently, a strong positive correlation in the association of the us-OFRMW with the screen size of sieving was revealed by the
obtained r value of 0.821 [41]. Regarding the mutual comparison of the MT steps in PT1 and PT3 (with resulting higher os-RMW and lower us-OFRMW levels, respectively, in PT1 than in PT3: see Figure 4 and Table 1), it should be observed that the sieving in PT3, although characterised by a lower screen size (45 mm), was preceded by a double system of shredding (see Table S1 of the Supplementary Material). Instead, only a bland shredding preceded the sieving in PT1 presenting a higher screen size (48 mm, as the representative mean from the coastal and inland districts) (see Table S1 of the Supplementary Material).

Finally, the resulting regional means of 32.3% for us-OFRMW and 24.0% for bios-OFRMW in Table 1 were assumed in the elaboration of the future time basis of the BIOENERGYus-OFRMW and BIOENERGY-IMPACTbios-OFRMW scenarios, respectively (see Sections 2.4 and 2.5).

3.2. Representative Compositional Characteristics of the RMW

Figure 5 displays the resulting compositions of the RMW in the provincial territories of the Marche Region and as a regional mean. On the regional average (Figure 5f), the overall organic component represented the highest compositional level (equal to 30.8%) in the RMW: at the individual provincial territories, the incidence of the overall organic component in the RWM ranged from 21.0% in PT4 (i.e., the least populated provincial territory in the Marche Region [1]: Figure 5d) to 43.0% in PT2 (i.e., the most populated provincial territory in the Marche Region [1]: Figure 5b). For the remaining fractions, the resulting incidences in the RMW were, on the regional average (Figure 5f), in the following decreasing order: plastic (ranging from 10.0% in PT4 to 21.5% in PT5, with a regional mean of 16.6%), diaper (ranging from 7.5% in PT1 to 29.3% in PT4, with a regional mean of 13.6%), paper/cardboard (ranging from 7.1% in PT4 to 18.7% in PT3, with a regional mean of 12.7%), other (ranging from 1.0% in PT1 to 25.5% in PT4, with a regional mean of 11.7%), textile (ranging from 3.8% in PT3 to 16.0% in PT2, with a regional mean of 7.3%), metal (ranging from 1.5% in PT4 to 5.0% in PT5, with a regional mean of 3.4%), wood (ranging from 0.8% in PT4 to 4.4% in PT3, with a regional mean of 2.5%), and glass (ranging from 0.4% in PT2–PT4 to 2.3% in PT1, with a regional mean of 1.4%).
Figure 5. Resulting compositions of the RMW in the provincial territories (PTs, (a–e)) of the Marche Region and as a regional mean (f).
3.3. Representative Physico-Chemical Characteristics and BMPs of the us-OFRMW and bios-OFRMW

The analytical data on the physico-chemical characteristics of the investigated us-OFRMW and bios-OFRMW from the provincial territories in the Marche Region are reported in Tables 2 and 3, respectively.

**Table 2.** Representative physico-chemical characteristics of the us-OFRMW from the provincial territories in the Marche Region.

| Provincial Territory | PT1 | PT2 | PT3 | PT4 | PT5 |
|----------------------|-----|-----|-----|-----|-----|
| Moisture (% FM) 1    | 42.66 | 36.45 | 41.41 | 38.42 | 51.01 |
| TS (% FM) 1          | 57.34 | 63.55 | 58.59 | 61.58 | 48.99 |
| VS (% TS) 1          | 46.33 | 49.55 | 61.23 | 41.97 | 55.80 |
| TKN (g kg TS\(^{-1}\)) 1 | 7.74 | 22.97 | 17.07 | 23.55 | 8.37 |
| TAN (g kg TS\(^{-1}\)) 1 | 0.75 | 0.42 | 1.03 | 2.24 | 1.32 |
| TP (g kg TS\(^{-1}\)) 1 | 3.84 | 1.50 | 4.25 | 6.52 | 2.83 |
| Cd (mg kg TS\(^{-1}\)) 1 | 0.16 | 0.00 | 0.00 | 0.00 | 0.00 |
| Cr (mg kg TS\(^{-1}\)) | 13.94 | 73.43 | 134.14 | 162.4 | 0.00 |
| Cu (mg kg TS\(^{-1}\)) | 40.80 | 136.38 | 2651.19 | 81.20 | 81.65 |
| Ni (mg kg TS\(^{-1}\)) | 5.39 | 15.74 | 17.07 | 16.24 | 0.00 |
| Pb (mg kg TS\(^{-1}\)) | 5.44 | 31.47 | 22.76 | 162.39 | 0.00 |
| Zn (mg kg TS\(^{-1}\)) | 417.97 | 3252.03 | 1018.38 | 1553.53 | 571.55 |

1 Mean of three determinations; 2 Individual determination; 3 Average condition from the resulting characteristics of the us-OFRMW obtained from the MT steps located in the coastal districts (see Figure 1).

The moisture contents in the us-OFRMW from PT1, PT3, and PT5 (Table 2) resulted within the range of 40–57.85% FM derivable for mechanically sorted organic fractions of RMW from literature indications [42,43], while the moisture contents in the us-OFRMW from PT2 and PT4 (Table 2) were close to the lower limit of this range. The VS contents in the us-OFRMW from PT2, PT3, and PT5 (Table 2) were close to the lower limit of this range. The TKN contents in the us-OFRMW from PT2, PT3, and PT4 (Table 2) were within the range of 11.2–34 g kg TS\(^{-1}\) derivable for mechanically sorted organic fractions of RMW from literature indications [30,42], while the TKN contents in the us-OFRMW from PT1 and PT5 (Table 2) resulted below the lower limit of this range. Except for PT4, the TP contents in the us-OFRMW from the remaining provincial territories

**Table 3.** Representative physico-chemical characteristics of the bios-OFRMW from the provincial territories in the Marche Region.

| Provincial Territory | PT1 | PT2 | PT3 | PT4 | PT5 |
|----------------------|-----|-----|-----|-----|-----|
| Moisture (% FM) 1    | 25.19 | 17.00 | 37.44 | 36.99 | 13.73 |
| TS (% FM) 1          | 74.81 | 83.00 | 62.56 | 63.01 | 86.27 |
| VS (% TS) 1          | 49.67 | 26.10 | 60.01 | 70.09 | 45.10 |
| TKN (g kg TS\(^{-1}\)) 1 | 17.15 | 7.05 | 15.98 | 16.82 | 23.18 |
| TAN (g kg TS\(^{-1}\)) 1 | 0.50 | 1.19 | 5.56 | 2.84 | 0.47 |
| TP (g kg TS\(^{-1}\)) 1 | 2.05 | 2.17 | 1.47 | 2.30 | 2.20 |
| Cd (mg kg TS\(^{-1}\)) 1 | 0.53 | 0.00 | 0.00 | 0.00 | 0.00 |
| Cr (mg kg TS\(^{-1}\)) | 23.77 | 1596.39 | 95.91 | 31.74 | 57.96 |
| Cu (mg kg TS\(^{-1}\)) | 123.98 | 698.80 | 31.74 | 23.18 | 23.18 |
| Ni (mg kg TS\(^{-1}\)) | 5.39 | 698.80 | 255.71 | 31.47 | 11.59 |
| Pb (mg kg TS\(^{-1}\)) | 217.84 | 131.33 | 7885.76 | 2920.17 | 7519.03 |

1 Mean of three determinations; 2 Individual determination.
(Table 2) fell within the range of 0.5–2.2 g kg TS$^{-1}$ reported in the literature for the mechanically sorted organic fraction of RMW [30]. The resulting regional mean (equal to 3.79 g kg TS$^{-1}$) of the TK contents in the us-OFRMW from all the provincial territories (Table 2) was close to the value of 4.26 g kg TS$^{-1}$ obtained for a mechanically recovered organic fraction [31]. Finally, comparing the resulting heavy metal contents in Table 2 in each provincial territory, Zn showed the highest level in four provincial territories (PT1, PT2, PT4, PT5), while Cu presented the highest level in the remaining provincial territory (PT3).

Regarding the bios-OFRMW, the moisture contents from PT1–PT4 (Table 3) resulted within the range of 13.78–42.80% FM derivable for aerobically stabilised organic fractions of RMW from literature indications [44,45], while the moisture content from PT5 (Table 3) remained practically at the lower limit of this range. The VS contents in the bios-OFRMW from PT1, PT3, and PT5 (Table 3) were within the range of 29.30–63.67% TS derivable for aerobically stabilised organic fractions of RMW from literature indications [43,44], while the VS contents in the bios-OFRMW from PT2 and PT4 (Table 3) were close to the lower and upper limits of this range, respectively. The TKN contents in the bios-OFRMW from all the provincial territories (Table 3) fell within the range of 6.8–26 g kg TS$^{-1}$ for total nitrogen derivable for biologically stabilised organic fractions of RMW from literature indications [46,47].

The TP contents in the bios-OFRMW from all the provincial territories (Table 3) were within the range of 0.9–3.77 g kg TS$^{-1}$ derivable for aerobically stabilised organic fractions of RMW from literature indications [45,48]. The TK contents in the bios-OFRMW from PT1-PT4 (Table 3) were within the range of 2.10–23.71 g kg TS$^{-1}$ derivable for aerobically stabilised organic fractions of RMW from literature indications [45,49], while the TK content in the bios-OFRMW from PT5 (Table 3) remained below the lower limit of this range. As found in the us-OFRMW, Zn showed in Table 3 the highest content among the analysed heavy metals in the prevailing number of provincial bios-OFRMW (from PT1, PT3, and PT5), while Cr and Cu presented in Table 3 the highest contents in the bios-OFRMW from PT2 and PT4, respectively. Indeed, comparative conditions with Zn, Cr, and Cu presenting the largest amounts among the detected heavy metals in aerobically stabilised organic fractions of RMW were similarly revealed in the literature [46,50,51].

Interestingly, the direct comparison between the respective provincial us-OFRMW (Table 2) and bios-OFRMW (Table 3) revealed mutual decreases in the moisture content: on the regional average, the relative reduction (calculated as \(\left[\text{moisture}_{\text{us-OFRMW}} - \text{moisture}_{\text{bios-OFRMW}}\right]/\left[\text{moisture}_{\text{us-OFRMW}}\right] \times 100\)) was equal to 38% (given the resulting regional mean moistures of 41.99 and 26.07% FM, respectively). In general, decreases in moisture and VS contents could be indicative of progress in a typical aerobic biodegradation process [10,52]. Concerning the VS content, mutual decreases between us-OFRMW (Table 2) and bios-OFRMW (Table 3) appeared for PT3, PT5, and PT2, with resulting relative reductions (calculated as \(\left[\text{VS}_{\text{us-OFRMW}} - \text{VS}_{\text{bios-OFRMW}}\right]/\left[\text{VS}_{\text{us-OFRMW}}\right] \times 100\)) equal to 2, 19, and 47%, respectively. Indeed, the influence of heterogeneity in materials such as the mechanically separated OFRMW should be considered [2,43,46]. In particular, the presence of non- (i.e., plastic and rubber) or not readily (i.e., paper/cardboard) biodegradable volatile matter, generally occurring in the mechanically separated OFRMW, may mask the actual biogenic VS reduction obtained by the aerobic biological treatment [2,43,45,53]. In this regard, it should be considered that plastic, diaper (which is expected to be primarily made of polymers, including cellulose, polypropylene, polyester, and polyethylene [54]), and paper/cardboard fractions presented, on average, relevant incidences in the RMW of the Marche Region (see Section 3.2 and Figure 5f): even individually in PT4, diaper represented the highest compositional level in the respective RMW (see Figure 5d). Moreover, the influence of the procedure (in this study) of sampling at the same time both the us-OFRMW and bios-OFRMW, rather than sampling the same input material along the biological step, could also be expected [46].

Based on the VS and TS contents in Tables 2 and 3 and the adopted experimental BMPs per VS unit (see Sections 2.4 and 2.5), the derived BMPs per FM unit for the us-OFRMW
and bios-OFRMW from each provincial territory are reported in Table 4. As shown in Table 4, the us-OFRMW from each provincial territory presented a higher BMP than the respective bios-OFRMW; the resulting relative differences (calculated as \(\frac{(\text{BMP}_{\text{us-OFRMW}} - \text{BMP}_{\text{bios-OFRMW}})}{\text{BMP}_{\text{us-OFRMW}}} \times 100\)) ranged from 45% in PT4 to 78% in PT2. Finally, based on the respective provincial values in Table 4, the resulting regional means of 131.1 Nm\(^3\) CH\(_4\) ton FM\(^{-1}\) for us-OFRMW and 51.5 Nm\(^3\) CH\(_4\) ton FM\(^{-1}\) for bios-OFRMW constituted the representative BMPs in the elaboration of the future time basis of the BIOENERGY\(_{\text{us-OFRMW}}\) and BIOENERGY-IMPACT\(_{\text{bios-OFRMW}}\) scenarios, respectively (see Sections 2.4 and 2.5).

### Table 4. Derived BMPs per FM unit for the us-OFRMW and bios-OFRMW from each provincial territory in the Marche Region.

| Provincial Territory | BMP \([\text{Nm}^3 \text{CH}_4 \text{ton FM}^{-1}]\) |
|----------------------|------------------------------------------|
|                      | us-OFRMW | bios-OFRMW |
| PT1                  | 118.4     | 53.3        |
| PT2                  | 140.3     | 31.1        |
| PT3                  | 159.9     | 53.8        |
| PT4                  | 115.2     | 63.3        |
| PT5                  | 121.8     | 55.8        |

#### 3.4. Resulting BIOENERGY\(_{\text{us-OFRMW}}\) Scenario

Table 5 shows the resulting amounts of the us-OFRMW and the related potential bioenergy recovery in the provincial territories of the Marche Region at the present time basis (reference year 2019). At the whole regional level, the production of the us-OFRMW amounts to about 70,000 ton year\(^{-1}\) (Table 5). In the Marche Region, the alternative anaerobic biological treatment of the us-OFRMW would provide 4.35 MW\(_{el}\) of electrical power, a gross and net electrical energy production of 35.68 and 32.28 GWh year\(^{-1}\), respectively, and a gross CHP energy recovery of 77.46 GWh year\(^{-1}\) (Table 5).

### Table 5. BIOENERGY\(_{\text{us-OFRMW}}\) scenario, present time basis: resulting amounts of the us-OFRMW and related potential bioenergy recovery through AD in the provincial territories and the whole Marche Region.

| Provincial Territory/Total | us-OFRMW (ton year\(^{-1}\)) | Biomethane Production (Nm\(^3\) year\(^{-1}\)) | Gross Electrical Energy (GWh year\(^{-1}\)) | Electrical Power (MW\(_{el}\)) | Net Electrical Energy (GWh year\(^{-1}\)) | Gross CHP Energy Recovery (GWh year\(^{-1}\)) |
|----------------------------|------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------|---------------------------------------------|-----------------------------------------------|
| PT1                        | 11,268                       | 1,334,160                                  | 5.07                                        | 0.62                            | 4.59                                        | 11.01                                         |
| PT2                        | 25,997                       | 3,647,362                                  | 13.86                                       | 1.69                            | 12.54                                       | 30.09                                         |
| PT3                        | 12,159                       | 1,943,819                                  | 7.39                                        | 0.90                            | 6.68                                        | 16.04                                         |
| PT4                        | 7,822                        | 901,132                                    | 3.42                                        | 0.42                            | 3.10                                        | 7.43                                          |
| PT5                        | 12,826                       | 1,562,152                                  | 5.94                                        | 0.72                            | 5.37                                        | 12.89                                         |
| Marche Region              | 70,072                       | 9,388,625                                  | 35.68                                       | 4.35                            | 32.28                                       | 77.46                                         |

Interestingly, by comparing (Table 6) the potential bioenergy recovery through AD from the us-OFRMW to representative electrical energy production sources in the Marche Region [55], there would be a positive contribution of 1.8% and, particularly, 24.4% on the gross electrical energy productions from renewable sources and bioenergy, respectively; moreover, the positive contribution on the regional gross thermoelectric (CHP) energy production would be equal to 8.0%. The further comparison of the expected regional net electrical energy production from the us-OFRMW to electrical energy consumptions by representative regional sectors [55] reveals, in Table 6, alternative shares ranging from 1.3% in the manufacturing industry to 30.8% in the public offices.
Table 6. BIOENERGYus-OFRMW scenario, present time basis: comparison of the potential bioenergy recovery through AD from the us-OFRMW to electrical energy productions and consumptions in the Marche Region.

| Contribution to Energy Production or Consumption | us-OFRMW |
|------------------------------------------------|-----------|
| **Contributions on regional electrical energy production sources** [55] |           |
| - regional gross electrical energy production from renewable sources (%) | 1.8       |
| - regional gross electrical energy production from bioenergy (%) | 24.4      |
| Gross CHP energy recovery (see Table 5) on regional gross CHP energy production (%) | 8.0       |
| **Alternative shares in regional electrical energy consumptions by representative sectors** [55] |           |
| - regional electrical energy consumption by agriculture (%) | 28.5      |
| - regional electrical energy consumption by manufacturing industry (%) | 1.3       |
| - regional electrical energy consumption by commercial sector (%) | 5.7       |
| - regional electrical energy consumption by public offices (%) | 30.8      |
| - regional electrical energy consumption by health service (%) | 26.3      |
| - regional electrical energy consumption by public lighting (%) | 19.1      |
| - regional electrical energy consumption by hospitality sector (%) | 10.1      |
| - regional electrical energy consumption by domestic sector (%) | 2.1       |

As shown in Table 5, the resulting electrical powers in four provincial territories (PT1-PT3 and PT5) refer to the capacity category of large-scale biogas plants (≥500 kWel [23]), while the resulting electrical power in the remaining provincial territory (PT4) falls within the capacity category of small-scale biogas plants (<500 kWel [23]). For the present time basis, a reasoned location of the potential AD lines for the bioenergy recovery from the us-OFRMW was assessed based on two alternative approaches. In the first approach displayed in the left map (a) of Figure 6, all the provincial territories were maintained as the zones of influence for MW management; then, the AD lines were properly placed in areas already designed for MW treatment (which for PT1 is indicatively set in one of the coastal districts). Instead, the second approach aimed at reaching an overall economy of scale (in terms of expected capital and operation costs [56]) by implementing solely large-scale AD lines. In particular, as displayed in the right map (b) of Figure 6, the provincial territory PT4 was properly grouped with the adjoining provincial territory PT5; then, for this combined zone of influence, the single AD line (with a cumulative electrical power of 1.14 MWel) may be located alternatively in one of the two provincial territories.

In accordance with the complementary evaluation (see Figure 3, left-down) at the present time basis, if the provincial sc-OFMW streams were also treated through AD, the aggregation of the potential bioenergy recovery from both the us-OFRMW (see Table 5) and sc-OFMW (Table S3 of the Supplementary Material) would raise the overall regional performances (in terms of electrical power, gross and net electrical energy, and gross CHP energy recovery) to the respective levels displayed in Table S4 of the Supplementary Material. Consequently, as shown in Table S5 of the Supplementary Material, the overall positive contributions on the regional gross electrical energy productions from renewable sources and bioenergy [55] would raise to 6.0% and even 79.6%, respectively; moreover, the overall positive contribution on the regional gross CHP energy production [55] would raise to 26.2%. As further shown in Table S5 of the Supplementary Material, the overall net electrical energy production from both the us-OFRMW and sc-OFMW would raise the resulting shares in regional energy consumptions [55] to the increased range from 4.3% in the manufacturing industry to full coverage in the public offices.
Figure 6. BIOENERGY_{us-OFRMW} scenario, present time basis: reasoned location of the potential AD lines for the bioenergy recovery from the us-OFRMW in the Marche Region in accordance with (a) the maintenance of all the provincial zones for MW management and (b) an overall economy of scale.

In the future time basis (reference year 2035), the combination of the assumed containment of regional population and per capita MW generation (see Sections 2.1 and 2.4) and a certain increase in the level of sc-MW (estimated to be equal to 74.6% based on the strong fit with the modified Gompertz modelling displayed in Figure S2 of the Supplementary Material, with a resulting high value of the $R^2$—coefficient of determination—of 0.990 [41]) would reduce the estimated regional amount of the us-OFRMW (shown in Table 7) as compared with the generated amount in the present year 2019 (see Table 5). Consequently, the estimated regional performances of the potential bioenergy recovery through AD from the us-OFRMW in the future year 2035, shown in Table 7 in terms of electrical power, gross and net electrical energy, and gross CHP energy recovery, would be reduced compared with the respective levels in the present year 2019 (see Table 5), with resulting individual relative decreases (calculated as $[(\text{performance}_{2019} - \text{performance}_{2035})]/(\text{performance}_{2019}) \times 100$) equal to 20.2%. Indeed, as shown in Table 7, a regional electrical power of 3.47 MW_{el} would still be provided in 2035, which ideally corresponds to zonal means of 0.69 and 0.87 MW_{el} related to the maintenance of the provincial zones of MW management (Figure 6a) or to the optimised zones (Figure 6b), respectively. Both average conditions fall within the category of large-scale biogas plants ($\geq 500$ kW_{el} [23]).

Table 7. BIOENERGY_{us-OFRMW} scenario, future time basis: estimated amount of the us-OFRMW and related potential bioenergy recovery through AD in the whole Marche Region.

|                      | us-OFRMW          |
|----------------------|-------------------|
| Amount (ton year$^{-1}$) | 57,132            |
| Biomethane production (Nm$^3$ year$^{-1}$) | 7,490,751         |
| Gross electrical energy (GWh year$^{-1}$) | 28.46             |
| Electrical power (MW_{el}) | 3.47              |
| Net electrical energy (GWh year$^{-1}$) | 25.76             |
| Gross CHP energy recovery (GWh year$^{-1}$) | 61.80             |

In the complementary evaluation at the future time basis, due to the estimated increase in the level of sc-MW, the expected regional performances of the potential bioenergy recovery through AD from the sc-OFMW, shown in Table S6 of the Supplementary Ma-
terial in terms of electrical power, gross and net electrical energy, and gross CHP energy recovery, would present individual relative decreases limited to 5.9% compared with the present year 2019 (see Table S3 of the Supplementary Material). Finally, the overall regional performances in 2035, expected from the aggregation of the potential bioenergy recovery from both the us-OFRMW and sc-OFMW, are provided in Table S7 of the Supplementary Material.

3.5. Resulting BIOENERGY-IMPACT<sub>bios-OFRMW</sub> Scenario

Table 8 shows the resulting amounts of the bios-OFRMW and the related proportions of overall bioenergy recovery and impact as GHG diffuse emissions from the deposited bios-OFRMW in the provincial territories of the Marche Region at the present time basis (reference year 2019). At the whole regional level (Table 8), the bios-OFRMW amounts to about 51,600 ton year<sup>−1</sup>, with an expected overall bioenergy recovery as gross electrical energy (during the landfill lifetime) limited to 7.07 GWh; concurrently, the overall impact in terms of landfill GHG diffuse emissions would consist in about 10,000 ton CO<sub>2</sub> eq., resulting in 195 kg CO<sub>2</sub> eq. per ton of deposited bios-OFRMW.

Table 8. BIOENERGY-IMPACT<sub>bios-OFRMW</sub> scenario, present time basis: resulting amounts of the bios-OFRMW and related proportions of overall bioenergy recovery and impact as GHG diffuse emissions from the deposited bios-OFRMW in the provincial territories and the whole Marche Region.

| Provincial Territory/Total | bios-OFRMW (ton year<sup>−1</sup>) | Residual Landfill Biomethane Generation<sup>1</sup> (Nm<sup>3</sup>) | Overall Bioenergy as Gross Electrical Energy (GWh) | Overall Impact as GHG Diffuse Emissions (ton CO<sub>2</sub> eq.) |
|----------------------------|-----------------------------------|----------------------------------------------------------|------------------------------------------------|---------------------------------------------------------------|
| PT1                        | 6843                              | 364,746                                                  | 1.07                                            | 1522                                                          |
| PT2                        | 19,480                            | 605,838                                                  | 1.78                                            | 2527                                                          |
| PT3                        | 9995                              | 537,708                                                  | 1.57                                            | 2243                                                          |
| PT4                        | 6183                              | 391,354                                                  | 1.15                                            | 1633                                                          |
| PT5                        | 9161                              | 511,190                                                  | 1.50                                            | 2133                                                          |
| Marche Region              | 51,662                            | 2,410,836                                                | 7.07                                            | 10,058                                                         |

<sup>1</sup> Total (cumulative) production from the yearly deposited bios-OFRMW that is expected to be approached exponentially during the landfill lifetime.

In the future time basis (reference year 2035), the combination of the assumed containment of regional population and per capita MW generation (see Sections 2.1 and 2.4) and a certain increase in the level of sc-MW (see Section 3.4) would reduce the estimated regional amount of the bios-OFRMW to be deposited (shown in Table 9) as compared with the resulting amount at the present year 2019 (see Table 8). Consequently, the estimated overall bioenergy recovery and impact as GHG diffuse emissions, shown in Table 9, would be lower compared with the respective levels at the present year 2019 (see Table 8), with resulting individual relative decreases (calculated as [(bioenergy/impact<sub>2019</sub> − bioenergy/impact<sub>2035</sub>) / (bioenergy/impact<sub>2019</sub>)] * 100) limited to about 9%.

Table 9. BIOENERGY-IMPACT<sub>bios-OFRMW</sub> scenario, future time basis: estimated amount of the bios-OFRMW and related proportions of overall bioenergy recovery and impact as GHG diffuse emissions from the deposited bios-OFRMW in the whole Marche Region.

| bios-OFRMW | Amount (ton year<sup>−1</sup>) | Residual landfill biomethane generation (Nm<sup>3</sup>)<sup>1</sup> | Overall bioenergy as gross electrical energy (GWh) | Overall impact as GHG diffuse emissions (ton CO<sub>2</sub> eq.) |
|------------|-------------------------------|----------------------------------------------------------|------------------------------------------------|---------------------------------------------------------------|
|            | 42,451                        | 2,184,514                                                | 6.40                                            | 9113                                                          |

<sup>1</sup> See Table 8.
4. Discussion

The physico-chemical characteristics (in terms of moisture, VS, TKN, TP, TK) of the investigated us-OFRMW and bios-OFRMW from the provincial territories in the Marche Region were mostly in line with or close to the literature data on the mechanically sorted and aerobically stabilised organic fractions of RMW, respectively (see Tables 2 and 3 and Section 3.3). Similarly, the resulting partitions in terms of the largest contents of heavy metals in the investigated bios-OFRMW were noticed in the literature for aerobically stabilised organic fractions of RMW (see Table 3 and Section 3.3). Thus, the studied provincial MBT systems in the Marche Region appeared to be representative examples of the aerobic biostabilisation variation of the MBT concept.

Interestingly, the elaboration and comparative evaluation of the mass balances for the provincial MBT systems in the Marche Region revealed the influence of sieving size (and, eventually, also of optimised shredding) in the MT step on the resulting quantitative partition between the os-RMW and the targeted us-OFRMW (see Figure 4 and Section 3.1). At the reference year 2035 of the future time basis, the assumed regional mean of 32.3% as the mass balance level for the us-OFRMW (see Table 1 and Section 3.1) would be close to the regional level of 30.8% for the overall organic component in the RMW (see Figure 5f and Section 3.2). This resulting condition of similar levels reflects the desirable effort in the coming years to harmonise and optimise the MT steps in the provincial MBT systems of the Marche Region in order to perform an effective separation of the organic fraction in the undersize streams.

At the present time (reference year 2019), the potential diversion of the us-OFRMW to alternative AD steps within the regional MBT concept, in accordance with the application of the BIOENERGY-us-OFRMW scenario (see Section 3.4), could supply an electrical power of 4.35 MW_{el} in the whole Marche Region (see Table 5), thus representing a renewable option of net electrical energy production (see Table 5) potentially available to contribute to cover electrical energy consumptions by representative regional sectors (see Table 6). Eventually, a limited reorganisation of the existing zones of influence for MW management in the Marche Region (see Figure 6b) could allow for the implementation of related AD lines that would result in the favourable capacity category of large-scale biogas plants. On the contrary, if the current RMW management in the Marche Region continues to be applied, in accordance with the BIOENERGY-IMPACT_bios-OFRMW scenario (see Section 3.5), an overall impact of about 10,000 ton CO_{2} eq. as GHG diffuse emissions during the lifetime of landfills is expected from the regional bios-OFRMW deposited at the present year, 2019 (see Table 8). Moreover, the concurrent overall gross electrical energy of 7.07 GWh, which is expected during the lifetime of landfills from the bioenergy recovery of the regional bios-OFRMW deposited in 2019 (see Table 8), would represent a limited share (19.8%) of the yearly gross electrical energy of 35.68 GWh year^{-1} from the alternative valorisation through AD of the us-OFRMW (see Table 5). This resulting comparative condition points out two relevant and linked aspects: (1) the intrinsically contained bioenergy potential of a biostabilised organic residue (as the bios-OFRMW) compared with the initial untreated organic residue (as the us-OFRMW) [10], which is mathematically confirmed in this study by the resulting relative differences in the respective BMPs of Table 4 (see Section 3.3); and (2) the different temporal scales generally expected to reach a similar degree of biodegradation in landfills (decades) compared with AD plants (days) [57,58].

At the future time (reference year 2035), a reduction in the potential bioenergy recovery through AD from the us-OFRMW would be expected in the whole Marche Region due to reasonable assumptions on the containment of regional population and per capita MW generation and a moderate increase of the regional level of sc-MW (see Section 2.4 and Figure S2 of the Supplementary Material): nevertheless, an electrical power of 3.47 MW_{el} could still be guaranteed (see Table 7). On the long-term scale (from 2019 to 2035) considered in this study, the expected total beneficial effects of implementing the bioenergy recovery through AD from the us-OFRMW in the Marche Region are clearly shown in Table S8 of the Supplementary Material.
With a synergic MW management approach in the Marche Region, the potential bioenergy recovery through AD from the us-OFRMW could be complementarily integrated by a similar anaerobic biological treatment of the sc-OFMW in regional facilities (see Tables S3, S4, S6 and S7 of the Supplementary Material). The resulting aggregation of the expected net electrical energy productions from the potential bioenergy recovery of both organic streams would considerably increase the overall contribution to cover electrical energy consumptions by representative sectors in the Marche Region at the considered present time basis (see Table S5 of the Supplementary Material).

Finally, the feasibility of implementing an AD step within a biostabilisation MBT system is indicated by some full-scale MBT facilities including AD, documented in the literature, with operative locations in France [59,60], Germany [61], Poland [62], Spain [45,59], and the UK [63,64]. Moreover, a similar interest in implementing an MBT scheme including AD is documented in the literature for a municipal case-study area in another Mediterranean country, such as Greece [65].

5. Conclusions

Two alternative scenarios were elaborated and evaluated in this study to investigate the management of the organic fraction of RMW in the Marche Region (Central Italy) on a long-term period (from the present time basis in 2019 to the future time basis in 2035).

Possible developments of this study could cover the extension of experimental BMP tests to the us-OFRMW and bios-OFRMW from all the provincial territories in the Marche Region, together with additional organic residues of interest at the regional level (including the components of the complementary sc-OFMW from all the provincial territories). Finally, the overall data obtained in the study could be properly exploited through a life cycle assessment.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/su132011462/s1, Figure S1: Synthetic representation of the overall MW management in the Marche Region. Table S1: Representative characteristics of the aerobic biostabilisation MBT systems located in the Marche Region. Table S2: Sequential procedure adopted to conduct the compositional analyses of the RMW streams addressed to the provincial aerobic biostabilisation MBT systems in the Marche Region. Table S3: Complementary evaluation in the BIOENERGY\textsubscript{us-OFRMW} scenario, present time basis: resulting amounts of the sc-OFMW and related potential bioenergy recovery through AD in the provincial territories and the whole Marche Region. Table S4: Complementary evaluation in the BIOENERGY\textsubscript{us-OFRMW} scenario, present time basis: resulting aggregation of the potential bioenergy recovery through AD from the us-OFRMW (see Table 5) and sc-OFMW (see Table S3) in the whole Marche Region. Table S5: Complementary evaluation in the BIOENERGY\textsubscript{us-OFRMW} scenario, present time basis: comparison of the aggregation of the potential bioenergy recovery through AD from the us-OFRMW and sc-OFMW to electrical energy productions and consumptions in the Marche Region. Figure S2: BIOENERGY\textsubscript{us-OFRMW} scenario, future time basis: resulting estimate of the level of sc-MW in the reference year 2035 based on the modified Gompertz modelling (see Section 2.4). Table S6: Complementary evaluation in the BIOENERGY\textsubscript{us-OFRMW} scenario, future time basis: estimated amount of the sc-OFMW and related potential bioenergy recovery through AD in the whole Marche Region. Table S7: Complementary evaluation in the BIOENERGY\textsubscript{us-OFRMW} scenario, future time basis: resulting aggregation of the potential bioenergy recovery through AD from the us-OFRMW (see Table 7) and sc-OFMW (see Table S6) in the whole Marche Region. Table S8: BIOENERGY\textsubscript{us-OFRMW} versus BIOENERGY-IMPACT\textsubscript{bios-OFRMW} Scenario: expected beneficial effects of the potential bioenergy recovery through AD from the us-OFRMW on the long-term scale (from 2019 to 2035) in the whole Marche Region.

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