Face-to-Face EML Transceiver Tandem for Full-Duplex Analogue Radio-Over-Air

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Abstract—An analogue coherent-optical free-space link for local cloud-based radio access networks is proposed and experimentally demonstrated. The adoption of a single externally modulated laser as optical transmitter and coherent homodyne receiver at either link end guarantees conceptual simplicity for the opto-electronic sub-systems of this optical fronthaul. The realization of full-duplex signal transmission over a single, laser-based transceiver device further allows to off-load the directional split in the optically fronthauled radio signal chain to the radio-frequency domain. We prove this concept for an in-door link and show that bidirectional transmission of orthogonally frequency division multiplexed radio signals with 64-point quadrature amplitude modulated formats is possible over an optical budget of 21.3 dB, or over an estimated reach of $r_{\text{opt}} = 0.00 \text{ m}$ in case of bad atmospheric conditions. A small penalty of less than 1% in terms of error vector magnitude compared to a direct-detection receiver confirms the correct operation of the low-complexity coherent homodyne detector, even though no digital signal processing functions are applied for the purpose of signal recovery. Continuous long-term measurements including Ethernet payloads confirm the stability of the free-space optical link architecture, for which a small fraction of less than 1% has shown an excursion in reception penalty.

Index Terms—Free-space optical communication, mobile fronthaul, optical communication terminals, optical signal detection.

I. INTRODUCTION

The ongoing densification of wireless networks and the adoption of mobile fronthauling for the purpose of cloud-based radio signal processing render optical communication technology as an important pillar of 5G infrastructure. In such cloud-based radio access networks (C-RAN), the signals of many remote radio heads (RRH) are jointly processed in a datacenter warehouse where computational resources of baseband units (BBU) can be effectively pooled [1]. However, the strict latency requirements of time-sensitive applications require mobile edge computing close to the end-user [2], which suggests the deployment of local C-RANs.

Mobile fronthauling can be in principle supported by radio frequency (RF) communications at elevated carrier frequencies. Despite the progress in mm-wave technology [3], the delivery of multi-band radio is often strongly limited by the system bandwidth and propagation effects. For example, self-interference and operation at low heights may cause frequent interruptions for mm-wave links.

In light of this, the beneficial properties of broadband optics allow for transparent antenna remoting, which is mostly accomplished over deployed fiber [4]. The bandwidth of fiber-optic links can be exploited by digitizing the radio signal and transmitting it as binary signal [5], [6]. However, in order to retain a low complexity during optical signal relay, analogue-to-digital conversion should be omitted. Instead, analogue optical radio signal transmission in combination with linear opto-electronic converters [7], [8] achieves transparent fronthauling and thus guarantees a cost- and energy-effective method.

Optical fiber is nevertheless a scarce resource and might not be available in many deployment scenarios. Therefore, free-space optics [9]–[11] can be an alternative solution for local optical line-of-sight fronthauling (Fig. 1). Unlike point-to-multipoint fiber networks where complex opto-electronic transceivers can be cost-shared at the head-end of the link, such free-space point-to-point links require conceptually simple and ideally analogue transceivers at both, RRH and BBU sites.

In this work, we experimentally demonstrate full-duplex analogue radio-over-air transmission using an externally modulated laser (EML) as both, transmitter and receiver. This low-complexity transceiver is employed at head- and tail-end sites of an optical fronthaul link. We show bidirectional...
orthogonal frequency division multiplexed (OFDM) transmission loaded with 64-point quadrature amplitude modulation (QAM) over an optical budget of 21.3 dB. Compared to a half-duplex receiver based on a PIN photodiode, a small <1% penalty in error vector magnitude (EVM) is experienced for the EML-based transceiver pair in full-duplex mode. In addition to the static measurements on this analogue optical radio pipe, as previously introduced in brevity [12], long-term measurements including Ethernet-based data transmission and high-definition video streaming are conducted to investigate the stability of this face-to-face EML transceiver configuration.

This paper is organized as follows. Section II introduces the transparent analogue radio-over-air link. Section III presents the experimental settings, while Section IV discusses the transmission performance. Section V evaluates the long-term performance of the face-to-face transceiver arrangement. Finally, Section VI concludes the work.

II. FRONTHAUL BASED ON EML TRANSCEIVER PAIR

State-of-play optical transmission systems build on dedicated transmitter and receiver sub-systems that are laid out for the sole purpose of opto-electronic conversion from the optical to the RF domain, or vice versa. The directional split, which enables bidirectional use of the channel, is commonly implemented in the optical domain by means of duplexing, for which wavelength division multiplexing (WDM) is typically applied. The corresponding signal chain for such a full-duplex transmission link is illustrated in Fig. 2(a).

In the present work, we build on a versatile transceiver that can perform both functions, transmission and reception. Moreover, the employed transceiver performs these functions simultaneously without doubling the required opto-electronic components. A simple device such as an EML suits these requirements, as we have recently demonstrated [13]. Its electro-absorption modulator (EAM) can be used to modulate an RF signal on an optical carrier provided by the distributed feedback (DBF) laser section. Alternatively, the EAM can serve as photodiode to absorb an optical signal that is delivered to the EML. The emission from the DFB section can be exploited as a local oscillator (LO). The detuning between local emission and injected signal determines the electrical frequency to which the input signal is converted. In this way, photonic up-conversion of a baseband signal can be accomplished [14]. For the particular case that the DFB section is biased to emit nearly at the same optical frequency as the incident signal, the external optical feed to the EML will, in case it is strong enough, lock the DFB laser so that two fields with the same optical frequency beat at the EAM. The requirement to do so is a frequency detuning between the two optical sources within the injection locking range, which for the employed EMLs typically is 200 MHz for an injected power of −30 dBm [13]. Homodyne signal detection can thus be realized in an analogue coherent receiver implementation that does not require additional digital signal processing (DSP) functions to correct a frequency mismatch between the local oscillator and received optical signal [15].

Both fundamental functions, transmission and coherent reception, can be facilitated simultaneously, which leads to a transceiver implementation with a single fiber and a single RF port. This results in a very low physical-layer complexity and cost reductions in component assembly and packaging for the BBU and RRH optics. The signal flow for such a technologically lean link is reported in Fig. 2(b). The directional split is advantageously shifted from the optical domain to the RF domain. Duplexing is now applied at the frequency rather than on the wavelength level and serves the prerequisite that crosstalk among the transmitted and received signal is minimized through non-overlapping spectra. Frequency division duplex (FDD) of the radio signals at the two carrier frequencies $f_U$ and $f_L$ is employed for this purpose of simultaneous up-/downlink transmission. FDD is foreseen in 5G radio systems with a paired spectrum [16]. Alternatively, a common carrier frequency could be used in combination with a frequency-agnostic RF circulator with high port isolation or time division duplexing.

It shall be noted that the spectral selectivity that is inherently provided through the coherent detection process is not exploited since the present work aims at a point-to-point link. However, it supports the robustness of the free-space link to residual near infra-red components of the sunlight or other luminaries installed in the vicinity of the BBU and RRH transceivers. In addition the reception sensitivity is improved compared to direct-detection systems. It shall further be pointed out that polarization management, which is typically mandatory for coherent reception, can be omitted as the free-space channel is non-birefringent.

Compared to our previous work [17], the same transceiver methodology is employed, yet at both, head- and tail-end of the link. Through that a symmetrical optical pipe with low-cost
transceivers at both sites is yielded, which greatly simplifies the link architecture. In particular, [17] used an optically isolated dual-feeder fiber which is common in optical access, but may not apply to other communication segments. By using the same low-complexity transceiver at both end points of the link, as endeavored in the present paper, cost-effective deployment is enabled, even in point-to-point applications where no cost-sharing applies. However, an investigation on the stability of such a link design is required, since no optical isolation is now employed anymore.

III. EXPERIMENTAL FREE-SPACE OPTICAL RADIO LINK

The proposed concept was evaluated in an in-door lab environment, for which the experimental in-door link setup is presented in Fig. 3.

A. Optical Plane

A non-commercial transistor-outline (TO) EML with integrated micro-cooler and an emission wavelength of 1547.7 nm is employed as optical transceiver at BBU and RRH. The EMLs are coupled to a telescope at each end of the link through a polarization-maintaining (PM) patchcord. A 2-inch collimation lens ensures good coupling between the two telescopes, which were spaced by a distance of 5 meters. The optical budget between the fiber ports of the EML at BBU and RRH was 19.3 dB. A neutral density (ND) filter has been inserted between the telescopes to further emulate an increased free-space path loss as it would apply for an extended line-of-sight link reach.

In order to perform transparent translation of the radio signals between optical and RF domain through coherent homodyne reception, the emission frequencies $\nu$, $\nu^\prime$ of both EMLs are tuned through temperature and DFB bias current setting so that one of the emission frequencies is falling within the injection locking range of the other. Unlike the EAM bias, which is optimized according to full-duplex transmission, as will be discussed shortly, the DFB bias current is set irrespectively of the duplex mode.

B. RF Plane

The EAM as opto-electronic converter connects the optical to the RF plane. The FDD scheme and thus the functional split is implemented through a duplexer (DPX). Its edge frequency of 3.1 GHz splits the lower ($f_{UL}$) and upper ($f_{UL}$) frequency bands for bidirectional radio signal transmission in down- and uplink direction, respectively. A low-noise amplifier (LNA) is used for signal conditioning after coherent optical reception. This is sub-optimal in terms of noise and bandwidth reception; however, it allows to prove the concept in combination with TO-can EMLs for which no external co-integration with a transimpedance amplifier (TIA) is possible.

C. DSP Plane

The radio signals have been generated with an arbitrary wave-form generator (AWG). OFDM signals with 128 sub-carriers over a bandwidth of 125 MHz have been used in down- and uplink direction. 64-QAM was loaded to all sub-carriers. The OFDM carrier frequencies were $f_{DL} = 1.5$ GHz for the downlink and $f_{UL} = 5$ GHz for the uplink signal. The reception performance is evaluated through acquisition of the received radio signals with a real-time oscilloscope and subsequent off-line signal demodulation and EVM estimation. There have been no further DSP functions adopted to compensate channel or reception impairments.

It shall be stressed that radio signal transmission in millimeter-wave bands allows for higher signal bandwidths that exceed 1 GHz [18]. A high-bandwidth radio signal can be supported by the large electro-optic EAM bandwidth, provided that the EML device is amenable for co-integration with a TIA-based front-end at low parasitic capacitance. Since this was not the case for the present TO-can EML, the radio signal bandwidth has been chosen with 125 MHz.

IV. FULL-DUPLEX RADIO SIGNAL TRANSMISSION

A. Spectral Integrity

The received radio signal spectra after coherent homodyne detection are shown in Fig. 4 at the RRH and BBU receiver. At both full-duplex operated EML transceivers, analogue coherent reception is providing a correct signal translation during the conversion between the RF and the optical domain, even without assistance through DSP. This is evidenced by the clearly delimited OFDM signal spectra for both, down- ($\delta$) and uplink ($\nu$), which confirm the correct homodyne operation. Otherwise, coherent intradyne signal reception would wash out these spectra due to a residual and time-dependent frequency offset.

The excellent signal integrity of the downlink OFDM signal $\delta$, transmitted from the BBU at $f_{DL}$, is not affected when the uplink transmitter at the RRH is activated. As Fig. 4 shows, the finite RF isolation at the DPX leads to a crosstalk $\xi$ at the uplink band at $f_{UL}$. However, this out-of-band crosstalk note does not lead to increased noise below the edge frequency $\psi$ of the DPX.

Similar conditions apply for the uplink, which is received at the BBU. An activated downlink transmitter, emitting at $f_{UL}$, causes a crosstalk signal $\zeta$ in the lower frequency band. Higher-order products appear due to non-linearity at 3 and 4.5 GHz; however, the received uplink OFDM signal $\psi$ is not affected.

Fig. 3. Experimental setup of the free-space optical lab link.
increasing the EAM bias [17] proves the operation at a low bias of $-0.35 \, \text{V}$ as feasible.

In view of full-duplex operation at a common bias value, the bias of the receiving EML was fixed to this optimal value of $-0.35 \, \text{V}$ and the bias of the transmitting EML was pulled down to the same level (curve $\gamma$). Due to a reduced intensity modulation index of 4.2 dB, the EVM increases to 7.9% as the transmitter bias falls to $-0.35 \, \text{V}$. However, the EVM remains below the limit of 8% [19]. It shall be stressed that the rather high reduction in modulation extinction ratio does not affect the performance of the radio signal in the same way as it would apply to two-level on-off keying. This is because of the non-linearity of the EAM, which introduces an EVM floor that increases with the optical modulation amplitude [20].

C. EVM Performance

After setting the optimal bias point, the full-duplex EVM performance has been investigated. The corresponding EVM measurements for full-duplex up- ($f_U$) and downlink ($f_L$) transmission are presented in Fig. 5(c) and 5(d), respectively. The uplink at $f_U$ (▲) shows an average EVM of 7.21% for an optical loss budget of 19.3 dB between the two EML fiber ports, including the free-space optical path. The clear 64-QAM constellation diagram for the compound OFDM signal evidences that coherent homodyne reception and full-duplex operation is supported, without resorting to additional DSP functions. Only a small fraction of 6 out of the 124 data sub-carriers show an EVM value above the set limit of 8%. For comparison with the full-duplex EML transceiver, a commonly used PIN/TIA receiver has been used for signal reception in half-duplex mode (●). This direct-detection receiver, which enjoys a noise-optimized TIA front-end and a better fiber-to-chip coupling efficiency, leads to an average EVM that is slightly improved by 0.73%. Provided that the EML is enabling bidirectional signal transmission even with a sub-optimal LNA front-end at its receiver branch, this small penalty trades well in view of the cost-optimized full-duplex transceiver solution. The downlink EVM performance at $f_L$ (●), which is reported in Fig. 5(d), shows an average of 7.46% and performs marginally worse than the uplink.

In order not to exclusively rely on EVM for the performance evaluation, the bit error ratio (BER) has been evaluated as an additional metric by means of bit error counting. Fig. 6 presents the relation between the obtained EVM and the corresponding BER values. A low BER below typically used FEC thresholds can be obtained, which confirms the correctness of the EVM as an error metric. Moreover, the relation between BER and EVM stands in agreement with the model [21].

D. Link Reach

In order to roughly estimate the compatible link reach for the free-space optical fronthaul, the dependence of the average EVM on the optical loss budget between the EMLs has been investigated. Fig. 7 presents the EVM as function of the optical loss budget for which ND filters have been inserted in the free-space path.

Fig. 4. Received RF signal spectra at the RRH and the BBU for half- and full-duplex down/uplink radio transmission. The spectra are characterized by the down- (δ) and upstream (ψ), the respective crosstalk notes ζ and ξ and the edge frequency ψ of the duplexer.

B. Optimal Transceiver Bias

The radio signal transmission performance over the free-space optical fronthaul has been assessed in terms of EVM measurements. In order to perform the compelling task of full-duplex signal transmission by using not more than a single EML, its EAM bias point has to be first optimized to simultaneously accommodate transmission and reception. While the bias of the transmitting EAM determines the intensity extinction and the magnitude of generated non-linear products, the bias of the receiving EAM determines the signal absorption and locking range. Fig. 5(a) shows the average EVM for 64-QAM OFDM reception at $f_U$ at the BBU receiver in half-duplex mode, meaning that there is no concurrent radio signal transmission at $f_L$.

To investigate the impact of the bias point setting, the bias of the transmitting EML at the RRH is first kept constant at $-0.8 \, \text{V}$ while the bias of the receiving EML at the BBU is varied (curve $\rho$). At this transmitter bias, an intensity modulation extinction ratio of 8.6 dB is obtained. The average EVM drops with reduced bias for the receiving EML since crosstalk from direct-detection (DD) terms is reduced. It reaches an EVM value of 7.52% at a receiver bias of $-0.35 \, \text{V}$. A typical received RF spectrum for the uplink is shown in Fig. 5(b). When the DFB section is left unbiased, DD terms can be seen above the noise floor. Under DFB bias the optical signal reception benefits from the sensitivity gain of coherent detection, which lifts the signal clearly above the DD terms. However, these terms do render as non-negligible when comparing to the noise background. The early saturation in the detected signal magnitude when...
The compatible loss budget is 21.3 dB at the EVM limit of 8%. The EVM improves marginally towards a lower loss budget, for which an error floor due to EAM non-linearity can be surmised. To estimate the corresponding free-space reach that is supported by this optical budget, geometric losses for the free-space link and fiber coupling efficiencies of 50% have been taken into consideration. The geometric losses are derived from the transmitter and receiver aperture sizes and the beam divergence [22].

Fig. 7 includes reach distances as function of the loss budget for two atmospheric scenarios: Firstly, an ideal channel that is not subject to further attenuation, which is referred to as “clear-sky” scenario (dashed line), and secondly, a worst-case scenario in which dense fog is assumed (chain-dotted line), leading to typical atmospheric attenuation of 110 dB/km [22]. For this second scenario with unfavorable atmospheric conditions, a reach of \( \sim 100 \) meters can be anticipated for the compatible optical budget \( \Phi \). This fits well to the deployment setting of a local C-RAN and falls in a range setting where additional atmospheric effects such as scintillations are negligible [23].

It shall be stressed that a practical deployment has to account for pointing, acquisition and tracking mechanism to account for thermal expansion or building sway for a fixed terrestrial installation. However, the complexity of these mechanisms can be greatly relaxed for stationary links by applying a wide enough beam at the transmitter in order to compensate for pointing errors due to the aforementioned effects [24].

Moreover, link margins should be considered to further account for vibrations and atmospheric turbulences [22]. Ambient noise due to scattered, reflected or direct sunlight requires filtering, which is partially accomplished through the coherent detection process. It shall be noted that the statistical incident probability for the most detrimental case of direct sunlight has been estimated with less than 1 hour per year [25].

V. LINK STABILITY

Long-term EVM measurements have been conducted for the uplink at \( f_U \) in order to investigate the stability of the face-to-face EML link architecture. Fig. 8(a) presents the EVM per OFDM sub-carrier, which has been regularly monitored over a time period of more than one hour. The average EVM was 7.2%
and only a few EVM excursions have been noticed. A fraction of 8.2% of all measurements is exceeding the EVM limit, as can be seen from the histogram in Fig. 8(b). These excursions are attributed to the cavity nature of the link, which is believed to result in sporadic mode hops and thus locking instabilities. However, for the majority of the measurement period, stable radio transmission is observed.

In order to allow for a more representative and continuous performance evaluation, an Ethernet connection has been collapsed over the downlink direction of the free-space optical link. The corresponding experimental setup is presented in Fig. 9. The 100 M Ethernet signals of two switches have been fed to the EMLs at BBU and RRH site by means of protocol terminators, which serve as opto-electronic signal converter for the serial
optical Ethernet signal. In this way an electrical representation of the Ethernet signal is yielded and can be transparently fed over the downlink channel of the EML-to-EML link. For the sake of simplicity, the uplink return channel of the Ethernet link has been implemented as wired connection.

A server at the BBU site is used as traffic generator in order to load the Ethernet link. Moreover, it streams a high-definition video with a resolution of 1280 × 720 pixels (sourced by Sample Video Developers). Both, the dummy traffic and the video are received and by a client that acts as sink for the purpose of continuous performance monitoring.

Fig. 10(a) shows the Ethernet throughput over a duration of two hours, in which the received downlink traffic has measured in intervals of two seconds. The average rate for the loaded link is 97.9 Mb/s. We have encountered 27 occurrences of reduced throughput, which indicate instabilities in the optical link. However, with a cumulated probability of 0.8% at a rate of 90 Mb/s (Fig. 10(b)), these excursions are rendered as very sporadic events. This confirms the link stability found in the earlier long-term EVM measurements. Moreover, the performance of the demonstrated link does align with the requirements sought for wireless fronthauling, for which availabilities of more than 99% are expected [26].

Finally, video streaming (see inset in Fig. 9) has been conducted in order to evaluate the impact on the sporadic excursions on real-time traffic, as they might trigger larger block errors. No artifacts have been noticed for the video transmission over a period of 15 min, which confirms a steady end-to-end performance for the optical link.

VI. CONCLUSION

We have experimentally demonstrated a conceptually simple, bidirectional free-space optical link based on a pair of EML transceivers. Full-duplex analogue 64-QAM OFDM radio transmission has been conducted in virtue of coherent homodyne detection, without resorting to DSP functions besides the mandatory OFDM demodulation. A small EVM penalty of 0.73% has been confirmed with respect to an ideal PIN/TIA receiver. A compatible link reach of ~100 m has been estimated to be compatible, which stands in good agreement with local C-RAN applications based on a free-space optical fronthaul. Long-term measurements on EVM and Ethernet-based data transmission have confirmed the stability of the face-to-face EML link architecture. Only a small fraction of less than 1% of measurements showed an excursion, which confirms the principal stability of the optical link.

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