ABSTRACT

Objectives Current strategies to prevent adult pneumococcal disease have been recently reviewed in Italy. We did a postlicensure study to estimate the direct vaccine effectiveness (VE) of the 13-valent pneumococcal conjugate vaccine (PCV13) against adult pneumococcal community-acquired pneumonia (pCAP).

Study design Between 2013 and 2015, a 2-year prospective cohort study of adults with CAP was conducted in the Apulia region of Italy where the average vaccine uptake of PCV13 was 32% among adults ≥65 years. The test-negative design was used to estimate VE against all episodes of confirmed pCAP and vaccine-type (VT)-CAP VE in a subgroup of patients managed in the community was also estimated using a matched case–control design. VE was calculated as one minus the OR times 100%.

Results The overall VE of PCV13 was 33.2% (95% CI −106.6% to 82%) against pCAP irrespective of serotype and 38.1% (95% CI −131.9% to 89%) against VT-CAP in the cohort of adults ≥65 years. The VE was 42.3% (95% CI −244.1% to 94.7%) against VT-CAP in the age group at higher vaccine uptake. For the subgroup of cases managed in the community, the overall VE against disease due to any pneumococcal strain was 88.1% (95% CI 4.2% to 98.5%) and 91.7% (95% CI 13.1% to 99.2%) when we controlled for underlying conditions.

Conclusions Although our results are non-significant, PCV13 promises to be effective against all confirmed pCAP already with modest levels of uptake in the population of adults ≥65 years of age. Larger studies are needed to confirm the direct vaccine benefits.

INTRODUCTION

Routine administration of the 7-valent pneumococcal conjugate vaccine (PCV7) since 2000 and of the second-generation conjugate vaccines (PCV10 and PCV13) since 2010 has resulted in an overall reduction in the rates of pneumococcal disease in both vaccinated and unvaccinated children, and indirectly among adults in several countries, owing to herd immunity.1 2 However, the most recent available data suggest that significant burden still results from pneumococcal infection in older adults.

In the USA, the annual incidence of community-acquired pneumonia (CAP) requiring hospitalisation in 2010–2012 was 24.8 cases (95% CI 23.5 to 26.1) per 10 000 adults aged 18 years or older, with a prevalence of pneumococcal disease of 5% and an incidence that was almost five times as high among adults aged 65 years or older as among younger adults.3 In 2013, an estimated 10% of CAP cases in adults aged ≥65 years were caused by Streptococcus pneumoniae serotypes potentially preventable with the use of PCV13 in this population.4

In the UK, incidence of adult pneumococcal pneumonia declined over the 2008–2013 period, with serotypes included in PCV13 declining post-PCV13 introduction, suggesting an early herd protection effect from infant PCV13 on adult bacteraemic and
non-bacteraemic disease. However, the most recent available data from 2012 to 2013 showed an incidence of 20.6 per 100000 population for hospitalised adult pneumococcal CAP (pCAP) and 8.6 per 100000 population for PCV13 serotype CAP.

In Italy, high infant PCV13 coverage has been achieved since 2011 (vaccine uptake rate 90%–95%). For adults, only 23-valent pneumococcal polysaccharide vaccine (PPSV23) was recommended for routine immunisation of those aged ≥65 years and at-risk individuals, but the vaccine uptake rates have been low to date. In recent years, some Italian regions have recommended PCV13 to adults with underlying diseases and to the elderly.

Impact of PCV infant vaccination on adult pneumococcal pneumonia has not been well established in Italy. The hospitalisation rates for pneumococcal pneumonia in the elderly population have remained relatively stable over the past decade, indicating a lack of herd protection among older age groups.

In 2014, the Community-Acquired Pneumonia Immunization Trial in Adults (CAPITA) trial conducted in the Netherlands demonstrated the efficacy of PCV13 for the prevention, in those aged ≥65, of vaccine-type (VT) pCAP. Evidence from the CAPITA trial led to new Advisory Committee on Immunization Practices (ACIP) PCV13 recommendations, of which a review is planned for 2018 owing to potential changes in the epidemiological situation. In particular, studies evaluating the postlicensure effectiveness of PCV13 for prevention of invasive and non-bacteraemic pneumococcal pneumonia among adults ≥65 years old using a case–control design are needed. This study attempts to address this unmet need.

We report findings of the direct impact of PCV13 from a 2-year prospective study of a cohort of pCAP adults.

METHODS
From January 2013 to January 2015, a prospective, multicentre, population-based, active surveillance study of adults with CAP was conducted over 2 years in Apulia, a large Italian region of approximately 4 000 000 inhabitants. PPSV23 was introduced in Apulia in 2000 for use in adults aged ≥65 years and was replaced by PCV13 in November 2011 for adults aged 65, 70 and ≥75 years. In 2015, the average vaccine uptake of PCV13 was 32% among adults aged 65–75 years (11 cohorts) and 10% in the overall population ≥75 years.

According to 2013 census figures, the designated surveillance area included about 788 000 adults aged 65 years or older. Patients were enrolled in two different study settings from a network of 31 sentinel physicians. Surveillance for suspected CAP was conducted by 16 treating physicians among patients presenting at 13 hospitals located in the region (a total of 13 841 patients aged ≥65 years admitted to Departments of Respiratory Medicine in 2013–2014) and by 15 general practitioners (GPs) providing primary care for a total of 5010 persons aged ≥65 years throughout the region.

Adults ≥65 years with symptoms suggestive of lower respiratory tract infection were eligible for enrolment if they presented to a study hospital or to their GP for a clinical assessment; resided in the study region; had at least 2 of the 11 clinical criteria listed in box 1 and had evidence of new infiltrates on chest radiography consistent with pneumonia. Patients were excluded if they had been hospitalised recently (<10 days) or were functionally dependent nursing home, long-term care facility or other institution residents (healthcare-associated pneumonia cases).

Written informed consent was obtained from all the patients or their caregivers before enrolment. Study sentinel physicians used a standardised electronic case report form to collect information regarding patient demographics, clinical information, microbiological investigations and status regarding receipt of pneumococcal vaccination; pneumonia severity was assessed using the CURB-65 score (confusion, urea >7 mmol/L, respiratory rate ≥30 breaths/min, low systolic <90 mm Hg or diastolic ≤60 mm Hg blood pressure, age ≥65 years). Patients were contacted 30 days after enrolment for outcome measures collection (30-day mortality, recovery with sequelae).

The study was conducted according to the principles expressed in the Declaration of Helsinki.

Blood samples and nasopharyngeal swabs were obtained from the patients who presented to sentinel centres/GPs with symptoms of lower respiratory tract infection within 24 hours after presentation. In the case of patients with a productive cough, sputum was obtained. Bronchoalveolar-lavage (BAL) samples, blood culture and sputum specimens that had been obtained for clinical care were sent to the Regional Reference Laboratory for Invasive Bacterial Diseases and analysed for the study.

*S. pneumoniae* was isolated by PCR and multiplex sequential PCR. Bacterial genomic DNA was extracted from 200 µL of biological samples using the QIAamp DNAeasy Blood and Tissue kit (Qiagen), according to the manufacturer’s instructions. Detection of *S. pneumoniae* was performed using a commercial multiplex assay.
(Pneumobacter ACE Detection for blood and Meningitis ACE Detection for Cerebro Spinal Fluid, Seegene; Sensitivity: detection limit of the Seeplex Pneumobacter ACE Detection=10^{3}copy/reaction—10^{3}copy/3µL DNA). *S. pneumoniae* serotyping was performed on PCR positive samples through a sequential multiplex PCR.10 Twenty-nine primer pairs were designed to target serotypes 1, 3, 4, 5, 6 A/B, 7F, 7C, 8, 9V, 10A, 11A, 12F, 14, 15A, 15 B/C, 16F, 17F, 18, 19A, 19F, 20, 22F, 23F, 31, 33F, 34, 35B, 35F and 38. A primer pair (primers cpsA-f and cpsA-r) was also included as an internal control targeting the cpsA (pneumococcal capsular polysaccharide synthesis gene) locus found in all *pneumococci*.11 The amplified products, ranging from 250 bp to 988 bp, were analysed by means of electrophoresis on a 2% agarose gel (Life Technologies) and visualisation under ultraviolet light.

Patients with a positive PCR result for *S. pneumoniae* on blood/sputum/BAL were deemed to have pCAP. Nasopharyngeal swab samples were not used for the diagnosis of pCAP, due to the poor sensitivity and specificity previously reported.3

**Vaccine effectiveness analysis**

To estimate the vaccine effectiveness (VE) of PCV13 in the prevention of pCAP, a test-negative design was performed on cases enrolled during the study surveillance period. The analysis included two primary end points:

1. **VE in preventing confirmed pCAP irrespective of serotype**, where cases were patients who had an episode of invasive or non-invasive pCAP due to any pneumococcal strain and controls were participants with an episode of non-pneumococcal pneumonia.

2. **VE in preventing confirmed VT CAP**, where cases were patients with an episode of invasive or non-invasive pCAP due to VT strains and controls were patients with non-VT (NVT) pCAP, non-typeable isolates or non-pneumococcal pneumonia.

These two end points were further assessed among patients who had underlying conditions.

The exposure of interest was vaccination with PCV13. The exposure to PPSV23 given <5 years prior to enrolment (table 1) was also included as an internal control targeting the cpsA (pneumococcal capsular polysaccharide synthesis gene) locus found in all *pneumococci*.11

**RESULTS**

From the 1867 eligible adults identified over the 2-year period, 226 consented to the study. Main reasons why patients (or a relative) declined to participate were old age, difficulty in reading and/or understanding the invite letter, acute confusion or cognitive impairment, or a desire not to have medication altered. Of 226 patients recruited, 176 (77.9%) were admitted to Departments of Respiratory Medicine and 50 (22.1%) were registered with a GP. Pneumonia severity was low, moderate and high in 47 (20.8%), 167 (73.9%) and 12 (5.3%) adults, respectively. Forty patients were excluded as they were unable to provide a blood or a sputum/BAL sample, leaving 186 in the cohort for analyses. The median age of the cohort was 79 years (IQR, 73–85) and 65 (34.9%) were female. Twenty (10.8%) had received PCV13 and 60 (32.3%) had received PPSV23 <5 years prior to enrolment (table 1). The seasonal distribution of CAP cases followed a pattern similar to that of many other respiratory diseases, with similar peaks during the winter months of the 2-year period (figure 1).

A nasopharyngeal swab was obtained from 171 of the 186 (91.9%) participants, a blood sample from 152 (81.7%), a sputum specimen from 139 (74.7%) and a BAL specimen from 3 (1.6%). *S. pneumoniae* was detected in 71 (41.5%) nasopharyngeal swab, 2 (1.3%) blood, 55 (39.6%) sputum and 2 (66.7%) BAL.

Of 186 in the CAP cohort, 59 (31.7%, 95% CI 25.7% to 38.9%) adults were identified as pCAP. More than half (31, 52.5%) had disease caused by one of the PCV7 serotypes, of which 23F, 9V, 14, 4 and 19F were the most common; 8 (13.6%) had CAP due to additional PCV13 serotypes, of which 19A and 3 were the most common; 9 (15.2%) had CAP due to serotypes only contained in PPSV23; four (6.8%) had NVT disease; 7 (11.9%) had non-typeable pCAP (figure 1). Five had received one dose of PCV13 and 20 one dose of PPSV23 <5 years prior to enrolment. Of 39 patients infected with serotypes contained in PCV13, three had received this vaccine (disease caused by 9V in two cases and 23F in one) (figure 2).
Baseline characteristics and outcomes were balanced between pneumococcal and non-pneumococcal groups (Table 1).

**Vaccines effectiveness**

PCV13 VE estimate was 33.2% (95% CI −106.6% to 82%) against pCAP irrespective of serotype and 38.1% (95% CI −131.9% to 89%) against VT CAP in the cohort of adults ≥65 years. The VE was 42.3% (95% CI −244.1% to 94.7%) with respect to VT-CAP in the age group at higher vaccine uptake (65–75 years).

The VE was 34.6% (95% CI −104.6% to 82.5%) against CAP due to any pneumococcal strain and 40.1% (95% CI −127.5% to 89.4%) against CAP due to VT strains for adults with underlying conditions.

PCV13 VE against the two primary end points in patients naïve to PPSV23 or vaccinated with PPSV23 ≥5 years prior to enrolment was 27.35% (95% CI −136.5% to 81.5%) and 17% (95% CI −234.7% to 85.9%), respectively, lower than VE estimates in subgroups defined irrespective of PPSV23 immune status (Table 2).

PPSV23 was not shown to have effectiveness against pCAP in either all adults (VE −4%, 95% CI −115.4% to 50.4%) or those with comorbidities (VE −5.5%, 95% CI −130.5% to 52.2%) naïve to PCV13.

Post hoc subgroup analysis of 21 confirmed cases reported by GPs network (Table 1) provided estimates of PCV13 effectiveness in preventing pCAP managed in the community.

We identified 4965 asymptomatic adults as potential controls, of whom 129 (2.6%) died and 95 (1.9%) were excluded because they left the GP’s practice during the study period. Among the remaining 4741 controls, 63 (three per case) were selected for the analysis. Nine (14.2%) controls were replaced for difficulty in obtaining consent.

Review of GP records showed that the controls were of similar age and gender to cases, but differed in vaccination and clinical history: one case (4.8%) and one control (1.6%) had received PCV13 at least 2 weeks before enrolment, whereas 18 controls (28.6%) were vaccinated during the study period; 16 cases (76.2%)...
and 36 controls (57.1%) had at least one comorbid disorder.

The overall effectiveness of PCV13 against disease due to any pneumococcal strain was 88.1% (95% CI 4.2% to 98.5%) and 91.7% (95% CI 13.1% to 99.2%) when we controlled for underlying conditions (figure 3).

**DISCUSSION**

To our knowledge, this is the first study to investigate the effectiveness of PCV13 for prevention of invasive and non-invasive pneumococcal pneumonia among adults ≥65 years. The overall VE was 33.2% against pCAP irrespective of serotype and 38.1% against VT-CAP. The
VE was 42.3% against VT-CAP in the age group at higher vaccine uptake. Moreover, we estimated a VE of 88.1% against confirmed pCAP managed in the community, where most patients are treated as outpatients. Given that a substantial proportion of studies are based on hospitalised patients, the true burden of disease is not known in Europe, where only Finland, Spain and the UK have precise epidemiological data on CAP.18 19

In this study, PCV13 serotypes accounted for 66% of all confirmed pCAP. National invasive bacterial diseases surveillance data from Italy showed that, despite an uncertain reduction in the proportion of PCV13 serotypes in the period 2010–2012, these were still responsible for about 56% of cases among over 65s.20 These data suggest that PCV13 VT pneumococcal disease continues to have a high burden in adults in Italy despite childhood PCV13 vaccination and would indicate a lack of herd protection effects in older age groups, in comparison to the vaccinated paediatric population.8 20 21 The most recent data in the UK suggest that, despite an ongoing trend of reduced incidence of PCV13 serotype CAP from paediatric conjugate vaccines,5 22 PCV13 serotypes currently account for 12.6% of all cases of CAP and 41% of pCAP in adults.18 In Ireland, over 5 years following PCV13 introduction to routine childhood vaccination, the number of invasive pneumococcal disease (IPD) associated with additional PCV13 serotypes in adults ≥65 years of age has remained relatively unchanged due to the persistence in serotypes

Table 2  PCV13 effectiveness estimates against all episodes of confirmed pCAP and CAP due to vaccine serotypes in adults by vaccination status and the presence of underlying conditions

| Cases vaccinated/ unvaccinated | Controls vaccinated/ unvaccinated* | Vaccine effectiveness (%) | 95% CI |
|---------------------------------|-----------------------------------|---------------------------|--------|
| pCAP (any strain)               | 5/54                              | 15/108†                   | 33.2   | −106.6% to 82% |
| VT-CAP                          | 3/36                              | 17/126‡                   | 38.1   | −131.9% to 89% |
| VT-CAP in the age group at higher vaccine uptake (65–75 years) | 2/14                              | 8/32‡                     | 42.3   | −244.1% to 94.7% |
| pCAP in patients with ≥1 comorb dis order | 5/46                              | 15/90†                   | 34.6   | −104.6% to 82.5% |
| VT-CAP in patients with ≥1 comorb dis order | 3/31                              | 17/105‡                   | 40.1   | −127.5% to 89.4% |
| pCAP in patients naïve to PPSV23 or vaccinated with PPSV23 ≥5 years prior to enrolment | 5/34                              | 14/69†                    | 27.3   | −136.5% to 81.5% |
| VT-CAP in patients naïve to PPSV23 or vaccinated with PPSV23 ≥5 years prior to enrolment | 3/19                              | 16/84‡                    | 17     | −234.7% to 85.9% |

*Vaccine data were missing for four controls.
†Controls were patients with an episode of non-pneumococcal pneumonia.
‡Controls were patients with NVT pneumococcal CAP, non-typeable isolates or non-pneumococcal pneumonia.
CAP, community-acquired pneumonia; NVT, non-vaccine-type; pCAP, pneumococcal community-acquired pneumonia; PCV13, 13-valent pneumococcal conjugate vaccine; PPSV23, 23-valent pneumococcal polysaccharide vaccine; VT, vaccine-type.

Figure 3  PCV13 effectiveness (%) estimates against CAP due to any pneumococcal strain managed in the community. Fourteen cases (66.7%) had CAP caused by one of the PCV7 serotypes, of which 14 and 9V were the most common; three cases (14.3%) were due to additional PCV13 serotype 19A; three cases (14.3%) had CAP due to other serotypes; one (4.7%) had non-typeable pneumococcal CAP. One case vaccinated with PCV13 was caused by serotype 12F. CAP, community-acquired pneumonia; PCV13, 13-valent pneumococcal conjugate vaccine.
3 and 19A in this age group. In Spain, 13 years after introduction of PCV7/PCV13 for children, a significant proportion of adults continue to develop vaccine serotype CAP, suggesting an insufficient indirect protection. Because it cannot be assumed that a decline in pneumococcal disease incidence observed in some countries will always be mirrored elsewhere in the same time, adults aged ≥65 years may have a great potential for disease reduction from PCV13 and may be a primary target of vaccination programmes. This is particularly noteworthy for Italian population because the burden of CAP and pneumococcal disease in general is expected to increase with the ageing society, even with the impact of childhood and adult vaccine programmes.

In our study, most of CAP was caused by PCV13 serotypes 23F, 9V, 14, 19A, 4, 19F and 3 (figure 2) that are among the less susceptible to antibiotics. Recent findings for Switzerland showed that, while non-serosubtype 19A, 9V, 6B, 23F and 14 among invasive and non-invasive S. pneumoniae decreased over time in patients up to age 64 years due to PCV’s infant vaccination, in patients older than 64 years with invasive S. pneumoniae resistance rates remained unchanged. By preventing disease caused by resistant strains, adult PCV13 vaccination provides a robust strategy for combating antimicrobial resistance that is a growing problem in Europe.

On 19 January 2017, PCV13 has been introduced into the routine vaccination schedule in Italy for all adults aged 65 years followed by a dose of PPV23. The decision-making regarding its introduction was based on the CAPITA trial results and the ACIP recommendations, but also on a long history of experience of adult pneumococcal conjugate vaccination in some Italian regions including Apulia.

In this prospective cohort study of adults with CAP, we found that PCV13 promise to be protective against all episodes of confirmed pCAP (VE 33.2%) and against disease caused by serotypes contained in the vaccine (VE 38.1%). Recently published findings of the exploratory efficacy endpoint analysis of the CAPITA trial showed VE of 29% for all episodes of confirmed pCAP and 43% for all non-bacteremic and non-invasive episodes of VT pCAP, findings consistent with the primary efficacy analysis. On an ecological level, a preliminary analysis of hospitalisation rates for adult pCAP in Apulia region showed early PCV13 impact after the implementation of an adult vaccine programme (from 180.5 per 100000 during 2006–2011 to 162.4 per 100000 during 2012–2016; hospitalisation risk ratio: 0.9, 95% CI 0.83 to 0.97) (unpublished observations).

Moreover, our results showed that PCV13 promise to be effective for prevention of VT CAP already with modest levels of uptake in the target population (VE 42.3%). These data would suggest that rapid uptake and improved coverage of PCV13 among adults in the short term could maximise its impact.

The incidence of pCAP is greatly increased in many individual clinical risk groups. Since when the ACIP recommended PCV13 for immunocompromised adults in 2012, there remains little evidence regarding the efficacy of the vaccine in at risk populations. Our findings would suggest that vaccination with PCV13 may be effective in preventing pneumococcal disease in adults ≥65 years with comorbid disorders. This observation, taken together with no effectiveness showed by PPV23 in our cohort, will require further studies to verify how adults with chronic diseases may fully benefit of the ACIP and the new Italian recommendations for the use of both PCV13 and PPSV23 in series. A recent systematic review and meta-analysis designed to estimate the efficacy of PPV23 in the prevention of pCAP, particularly in patients above 60 years of age and adults with underlying diseases showed that PPV23 vaccination ‘alone’ does not demonstrate clear efficacy, supporting the administration of a dose of PCV13 first followed by a dose of PPV23 at least 8 weeks later.

Another recent systematic review of the burden of vaccine preventable pneumococcal disease in UK adults did not identify studies that were conducted in the community, where the majority of pCAP is managed. In our study, as it was designed to capture both invasive and non-invasive pCAP, approximately 36% of cases had been reported by GPs, suggesting that hospital-based studies may underestimate the true impact of pneumococcal disease. Post hoc subgroup analysis of cases managed in the community provided estimates of PCV13 effectiveness with respect to CAP from any pneumococcal serotype and this value did not change when we controlled for the presence of underlying disorders.

This study has several limitations. First, it was performed in a single region with a long-lasting history of experience of adult pneumococcal conjugate vaccination. Therefore, data from our setting may not be representative of the entire Italian adult population or generalisable to other settings. Moreover, data regarding the epidemiology of pCAP in adults in Italy are very limited and a large variability among published studies exists.

Second, the recruitment rate was very low affecting the representativeness of the sample. The presudy sample size calculation was 750 CAP cases aged over 64 years in the selected study area over a 3-year period of observation foresen. We had estimated this sample size in the absence of a VE estimate as that provided by the CAPITA trial in 2014. As a reflection of the impact of stopping the study early (for administrative reasons), we had a much smaller recruitment than originally planned. However, there was not a risk for selection bias since both cases and controls were recruited in one process and arose from the whole population when the same enrolment criteria were met.

Third, 40 out of 226 enrolled patients were unable to provide a blood or a sputum/BAL sample, which could have led to underestimation or overestimation of pneumococcal aetiology rates. Owing to ethical and feasibility considerations, specimens were obtained only for clinical care and no invasive procedures were performed for this
study, which may have reduced the microbiological yield. However, 82% of the adults had at least one specimen type available for S. pneumoniae detection.

The study size was small reducing the power to detect statistically significant effects, although pneumococcal aetiology was identified in 31.7% CAP adults. Recent corresponding figure from Rodrigo et al for UK was 29.3%. The main limitation, however, pertains to the small numbers of PCV13 vaccinated cases and controls underlying the estimation of the VE accounting for wide 95% CIs including zero. Although VE estimates should be interpreted with caution, our calculation reflected the still low PCV13 coverage achieved in the vaccinated cohorts. It was, therefore, too early to narrow the confidence limits around the point-estimate of effectiveness.

Fourth, the test-negative method may overestimate VE if, by reducing the risk of acquiring VT serotypes, vaccination increases the risk of acquiring NVT as is likely to be the case if there is serotype replacement.

Fifth, we were not able to assess the effectiveness of individual vaccine serotypes, as there were too few cases to allow statistical comparison between study groups.

Nonetheless, our study pointed out important gaps regarding the burden of pCAP in Italy where there are limited data outside of national surveillance of IPD and the only available data for non-invasive disease are limited data outside of national surveillance of IPD and regarding the burden of pCAP in Italy where there are limited data outside of national surveillance of IPD and

Patient consent obtained.

Ethics approval The study protocol was approved by the Institutional Review Board at the Apulian Regional Observatory for Epidemiology (PROT:18/08/2012, 20 February 2012).

Provenance and peer review Not commissioned; externally peer reviewed.

Data sharing statement There are no unpublished data available.

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