Determinants of anthroponotic cutaneous leishmaniasis by case-control study in Morocco

Mounia Amane1, Mohamed Echchakery1,2, Mohamed Daoudi1, Mohamed Hafidi1, Samia Boussaa1,3*

1 Microbial Biotechnologies, Agrosciences and Environment Laboratory (BioMAgE), Faculty of Sciences Semlalia, Cadi Ayyad University, Marrakesh, Morocco, 2 Epidemiology and Biomedical Unit, Laboratory of Sciences and Health Technologies, Higher Institute of Health Sciences, Hassan First University, Settat, Morocco, 3 ISPITS-Higher Institute of Nursing and Technical Health Occupations, Ministry of Health and Social Protection, Rabat, Morocco

* samiaboussa@gmail.com

Abstract

Leishmaniasis is endemic in Morocco where both cutaneous and visceral forms coexist. To date, anthroponotic cutaneous leishmaniasis (ACL) determinants remain poorly investigated in Morocco. However, the disease risk factors identification is vital to determine the specific preventive process. In this aim, a case-control study was conducted in the main active ACL foci in central Morocco. Epidemiological data were extracted from bulletins, registers and annual reports of the regional direction of Health offices. The socioeconomic and environmental data were collected from epidemiological surveys, completed by a questionnaire intended for accessible positive population and control people selected from the cases' entourage. The study included 258 cases and 395 controls. Our results showed that many socioeconomic factors were associated with ACL in Morocco such as the rural habitation (OR = 4.163; 95% CI: 2.91–5.96), movement to endemic area (OR = 4.53; 95% CI: 3.03–6.77), provenance from leishmaniasis foci (in Essaouira focus OR = 5.34; 95% CI: 1.19–24.03) and poverty. In addition, environmental factors like proximity of vegetation (OR = 2.45; 95% CI: 1.14–5.25), poor domestic hygiene, particularly the absence of sewage system/waste management (OR = 1.63; 95% CI: 1.35–1.96), and presence of animals (OR = 2.67; 95% CI: 1.14–5.25) increase the risk of ACL in Morocco. Except for Matrimonial status (married people, OR = 4.11; 95% CI: 1.80–9.41), there is however no significant association of the disease with the other socio-demographic factors in the study area (p>0.05). These several risk factors must be taken in consideration to prevent this disease through multidisciplinary collaboration and community participation.

Introduction

Leishmaniasis is endemic in Morocco where both cutaneous and visceral forms coexist. Human visceral leishmaniasis is caused by Leishmania (L) infantum MON-1, while cutaneous
Leishmaniasis is caused by three *Leishmania* species. *Leishmania major* MON-1 is responsible for the endemic zoonotic cutaneous form in the southeastern region; *L. infantum* MON-24 is responsible for sporadic cutaneous cases mainly in the northern region; and *L. tropica* causes anthroponotic cutaneous leishmaniasis (ACL) primarily in central Morocco [1, 2].

According to many authors, epidemiological status of visceral leishmaniasis by *L. infantum* and cutaneous leishmaniasis by *L. major* remain comparatively stable in Morocco in terms of geographical distribution [1–3]; while cutaneous leishmaniasis by *L. tropica* continues to appear in non-endemic regions [4, 5]. *Leishmania tropica* notably has the largest geographic distribution in Morocco [6] and it is an etiological cause of human cutaneous leishmaniasis in rural as well as in urban and peri-urban area of Morocco [3, 5]. In addition, Moroccan strains of *L. tropica* show highest genetic diversity with eight zymodems: MON-102, MON-107, MON-109, MON-112, MON-113, MON-122, MON-123 and MON-273 that were reported from human cases, dogs, and the sand fly vector [5, 7].

*Phlebotomus sergenti* is the only proven vector of *L. tropica* in Morocco [6, 7] where it is widespread [8]. The disease is often described as being anthroponotic [7]; however, *L. tropica* was isolated several times from dogs in northern and central Morocco [9–11] and from rodents in central Morocco [12]. Over a period of ten years (2008–2017) 54,838 cases of all forms of leishmaniasis have been reported in Morocco, of which ACL represents 43.3% of all recorded cases. It is characterized by an increasingly widespread dynamic in peri-urban and urban areas with rural character [13].

To date, local ACL determinants remain poorly investigated in Morocco. However, the disease risk factors identification is vital to determine specific preventive methods. In fact, several risk factors have been identified in the spread of leishmaniasis, namely physical and biotic factors, ecosystem diversity, socioeconomic conditions, environmental factors, deforestation due to urbanization, domestic animals and standard of living [14, 15]. Indeed, multiple studies have addressed the effect of seasonality [16], climatic factors [14, 17, 18] and the effect of urbanization on the distribution of leishmaniasis vectors [19–21]. However, in Morocco, studies that address the association between leishmaniasis and human factors are absent. The present study aims to determine the different factors associated with the distribution of ACL in Morocco. Thus, a case-control study was conducted in central Morocco where *L. tropica* ACL still a big health problem.

### Materials and methods

#### 1. Study area

**a. Geographical and environmental conditions.** The Marrakech-Safi region lies in central west Morocco (Fig 1) and contains one Prefecture (Marrakech) and seven Provinces (Al Haouz, Chichaoua, El Kelâa Des Sraghna, Essaouira, Rhamna, Safi and Youssoufia), with a total area of 39,167 km² [22]. The total population of Marrakech-Safi region is 4,520,569 inhabitants, with 43% urban and 57% rural populations, according to High Planning Commission [23].

The 0–500 meters elevation class represents 56.5% of the total area of the Region. Mountain Zone is the mountains of Al Haouz, characterized by high and medium altitudes which rise in the High Atlas range to 4,165 m (Toubkal Mount) [24].

The climate of the region is characterized by apparent variability (average summer temperature of the maxima 37.7°C and minima 4.9°C) with low and irregular rainfall. The rain varies from 800mm in the mountains to 190mm in the plain, influenced by the Atlantic Ocean and the high altitudes of the High Atlas. The arid and semi-arid climates are consistent throughout the region; the sub-humidity appears only in the High Atlas between 1,500 and 2,000 meters.
Almost half of the regional area has rainfall below 300 mm/year [22]. The forests of the Marrakech-Safi region cover an area of 721,876 hectares, representing 22.6% of the national total, including nearly 65,120 hectares of artificial forest and fruit plantations in DRS (Defense and Restoration of Soil). The rate of forest cover in mountain and forest areas is around 43%, with an average of 22% for the entire region. The mountainous character of the Atlas range gives it a pastoral and forestry vocation [23].

b. Epidemiological status. Marrakech-Safi region is one of the regions most affected by L. tropica cutaneous leishmaniasis (Fig 2). Provinces of Chichaoua, Essaouira, and Al Haouz are the main endemic foci of ACL by L. tropica in Morocco. In 2017 they reached respectively 471, 77 and 65 new cases according to Moroccan Ministry of Health [13].

2. Study design and population
An unmatched case-control study was conducted to explore the risk factors associated with ACL by L. tropica at socio-demographic, socioeconomic and environmental levels. Case population was recruited based on the ACL incidence data, provided by the Epidemiology and Parasitic Disease office of the Regional Health Direction. All patients reported positive for ACL between 2018 and 2020 were eligible if they had resided in the target area for at least one year. The control population was selected from the declared cases’ entourage by domicile visit.

The sample size was estimated in OpenEpi (version 3.01) [25], considering the following parameters: Type I error (α) of 0.05 (Using a 95% confidence interval), normal power approximation with continuity correction (1-β) of 90%, minimum detectable OR of 2.00 and 1:1.5 case to control ratio. The ‘Fleiss Method with Continuity Correction’ was used [26].

Fig 1. Presentation of study area [24].
https://doi.org/10.1371/journal.pone.0266291.g001
Thus, 232 cases and 356 controls were calculated as the minimum number of participants required for this study. However, to account for non-participation and incomplete questionnaires, this number was increased adding 10%. Finally, 258 cases and 395 controls were selected randomly to participate in the present study.

3. Variable definition

In the present study, a confirmed case of ACL is a person that presents clinical signs (skin or mucosal lesions) with parasitological confirmation of the diagnosis (positive smear or culture) [27] registered between 2018 and 2020 in Marrakech Safi region.

Control individual is a person without clinical signs, with negative rapid test, negative smear or culture. Controls are recruited from the reports of epidemiological surveys conducted by Health personnel around confirmed cases recorded between 2018 and 2020.

4. Data collection

Epidemiological data were extracted from the bulletins, registers and annual reports of the Regional Direction of Health offices. The epidemiological surveys were completed by a structured questionnaire intended for accessible positive population as well as for the control people.

The questionnaire form was designed for an exploratory approach and it covered three sections: socio-demographic (Gender, Age, Matrimonial status, Level of study, Knowledge about leishmaniasis), socio-economic (Number of children per family, Person per household, Provinces, Monthly income, Zone, Travel to endemic area, Profession) and environmental data (Sewage system/waste management, Toilet/Waste water management, Mosquito nets, Vegetation, Farm animals, Companion animals). The categorization was based on previous studies exploring the factors of leishmaniasis in all its forms [28]. The questionnaire form was
validated first by conducting a pre-testing on a small group of local population not included in the final participant list.

5. Data analysis
The data were analyzed by using SPSS statistical software (version 21). The association between the dependent and independent variables was measured using the Chi-Square Test (S1 Data). Risk factor data were analyzed by binary logistic regression (S1 Data). Odd Ratio was calculated with a 95% confidence interval for each variable. All statistical tests were performed at a significance level of 0.05 (S1 Data).

6. Ethical statement
This study was part of a project approved by the Ethical Hospital-University Committee (Faculty of Medicine and Pharmacy, University of Cadi Ayyad, Marrakech, Morocco) with approval number 020/2016, to carry out an epidemiological study on leishmaniasis in the Marrakech-Safi region. In addition, the official authorization to examine files and data collection was obtained from the Regional Direction of the Moroccan Ministry of Health and Social Protection (Ref.1080/2020). Informed verbal consent was taken from all participants (adults and a parents or guardians of minor participants) before enrolment in the study.

Results
A total of 653 participants were recruited in our study. 258 (39%) were confirmed cases of ACL caused by *L. tropica* recorded in the region between 2018 and 2020, while 395 (61%) were the correspondent controls (S1 Data).

1. Socio-demographic factors
When considering socio-demographic characteristics (Table 1, S1 Data), cases and controls groups were largely represented by the age categories (from 0 to more than 40 years). Females are more affected by the disease (53.49%) and the chances of getting ACL are slightly higher in women (OR = 1.16, 95% CI: 0.84–1.60). The marital status seemed to be associated significantly with ACL (*p* = 0.005). 51.2% of the cases are single while 67.6% of the controls are married, thus to be married is a risk factor for ACL (OR = 4.11, 95% CI: 1.80–9.41) in the study area.

Regarding population knowledge, the majority of cases and controls had low knowledge about the disease, while exclusively 2.32% had high knowledge about leishmaniasis. No significant correlation was detected between the knowledge variable and ACL, however, a negative correlation was noted between ACL and the level of study (Table 1, S1 Data).

2. Social and economic factors
Concerning the socio-economic characteristics (Table 2, S1 Data), most participants in the study are people living in a household of more than three people, but no significant association between household size and ACL disease was found (*p* = 0.460), unlike the number of children per household. In fact, 77.78% of the cases and 54.55% of the controls have more than two children, while 45.45% of the controls and only 22.22% of the cases have a number of children between 0 and 2. The risk of developing the ACL is higher in families with more than five children (OR = 1.61 95% CI: 0.12–21.39). On the one hand, the association between occupation and ACL is significant statistically (*p* = 0.056), as almost half of the cases and controls are unemployed, and 34% of the cases and 42.2% of the controls are artisans, farmers, workers or employees. The OR of ACL is the lowest (OR = 0.09) in Civil servants (95% CI: 0.01–0.72).
monthly salary of more than 5,000 Dirham can be a protective factor for ACL (OR = 0.06. 95% CI: 0.03–0.14).

The presence of the disease was strongly associated with origin (p ≤ 0.001). Our results confirm that the risk of ACL in Essaouira is 5.34 times higher (95% CI: 1.19–24.03), followed by Marrakech (OR = 1.91) and Chichaoua (OR = 1.28). Among the ACL cases, 57.39% were moved to an endemic area. The majority of controls (77.08%) have no notion of recent travel to endemic area. This showed a strong association between the disease and population displacement (p ≤ 0.001). The chance of acquiring ACL is 4.53 times higher (95% CI: 3.03–6.77). Regarding the living environment, 71.60% of ACL cases against only 37.71% of controls were from rural area. A strong association was explored between the residence area and the disease (p ≤ 0.001). The risk of ACL is 4.17 times higher (CI 95%: 2.91–5.96) in rural area compared to the urban setting.

3. Environmental factors

Two-thirds (65.39%) of the cases did not have a sanitation and waste management system (Table 3, S1 Data), there is a strong association between sanitation/waste management system and the ACL disease (p ≤ 0.001). The absence of a sanitation and waste management system tended to increase the risk of ACL 1.63 times higher (95% CI: 1.35–1.96). However, in this study, there was no significant association between the disease and the provision of toilets and wastewater management.

Inside housing, the majority of cases (72.87%) and majority of controls (83.50%) do not use mosquito nets to protect themselves from sand flies and other insects. In contrast, the use of mosquito nets was considered a risk factor (OR = 2.17; 95% CI 0.58–8.18) in the present study. Presence of vegetation was also associated with ACL (p = 0.009), most cases (74.80%) and controls (89.70%) had vegetation around their housing. Its absence seemed to increase the risk

| Variables          | Modalities    | Case N (%) | Control N (%) | OR     | CI for Exp (B) 95% | P-value |
|-------------------|---------------|------------|---------------|--------|--------------------|---------|
| Gender            | Male          | 120(46.51) | 175(49.72)    | Ref    | Ref               | 0.242   |
|                   | Female        | 38(53.49)  | 177(50.28)    | 1.16   | 0.84               | 1.60    |
| Age (years)       | 0–5           | 43(16.67)  | 49(13.92)     | Ref    | Ref               | Ref     |
|                   | 6–19          | 71(27.52)  | 96(27.28)     | 1.19   | 0.71               | 1.98    |
|                   | 20–40         | 87(33.72)  | 116(32.95)    | 1.19   | 0.72               | 1.94    |
|                   | > 40          | 57(22.09)  | 91(25.85)     | 1.43   | 0.84               | 2.42    |
| Matrimonial status| Single        | 62(51.2)   | 9(26.5)       | Ref    | Ref               | Ref     |
|                   | Married       | 52(43)     | 23(67.6)      | 4.11   | 1.80               | 9.41    |
|                   | Widowed       | 6(4.9)     | 1(2.9)        | 3.45   | 0.73               | 16.27   |
|                   | Divorced      | 1(0.9)     | 1(2.9)        | 6.89   | 0.40               | 120.13  |
| Level of study    | Literary      | 31(23.7)   | 9(18)         | Ref    | Ref               | Ref     |
|                   | Primary       | 55(42)     | 27(54)        | 1.69   | 0.71               | 4.05    |
|                   | Secondary     | 39(29.8)   | 14(28)        | 1.24   | 0.48               | 3.24    |
|                   | Higher level  | 6(4.6)     | 0(0)          | 0.00   | 0.00               | 0.00    |
| Knowledge about leishmaniasis | Low | 81(62.30)   | 42(76.36)     | Ref    | Ref               | Ref     |
|                   | Medium        | 46(35.38)  | 13(23.64)     | 0.545  | 0.265              | 1.119   |
|                   | High          | 3(2.32%)   | 0(0)          | 0.000  | 0.000              | 0.000   |

N: number, OR: Odd Ratio, CI: Confidence Interval, Ref: reference category.

https://doi.org/10.1371/journal.pone.0266291.t001
Table 2. Socio-economic determinants associated with ACL, in the Marrakech-Safi region, Morocco between 2018 and 2020.

| Variables                      | Modalities | Case (N %) | Control (N %) | OR (CI for Exp(B) 95%) | P-value |
|--------------------------------|------------|------------|---------------|------------------------|---------|
|                                |            | N (%)      | N (%)         | Lower | Upper |                  |
| Number of children per family  | < 2        | 12(22.22)  | 10(45.45)     | Ref   | Ref   | Ref               |
|                                | 2 to 5     | 29(53.70)  | 5(22.73)      | 1.33  | 0.12  | 13.65             |
|                                | > 5        | 13(24.08)  | 7(31.82)      | 1.61  | 0.12  | 21.39             |
| Person per household           | < 2        | 7(5.56)    | 0(0)          | Ref   | Ref   | Ref               |
|                                | 2 to 5     | 63(50)     | 7(50)         | 0.00  | 0.00  |                  |
|                                | > 5        | 56(44.45)  | 7(50)         | 0.89  | 0.30  | 2.70              |
| Province                       | Al Haouz   | 52(20.16)  | 110(27.85)    | Ref   | Ref   | Ref               |
|                                | Chichaoua  | 82(31.78)  | 26(6.58)      | 1.28  | 0.29  | 5.62              |
|                                | Essaouria  | 21(8.14)   | 19(4.81)      | 5.34  | 1.19  | 24.03             |
|                                | Marrakech  | 90(34.88)  | 212(53.67)    | 1.91  | 0.94  | 9.15              |
|                                | Rhamna     | 10(3.88)   | 23(5.82)      | 0.69  | 0.16  | 2.97              |
|                                | Youssoufia | 3(1.16)    | 5(1.27)       | 0.74  | 0.15  | 3.70              |
| Monthly income (dhs)           | < 2000     | 57(50.4)   | 0(0)          | Ref   | Ref   | Ref               |
|                                | 2000–5000  | 44(38.9)   | 11(17.2)      | 0.00  | 0.00  |                  |
|                                | > 5000     | 12(10.6)   | 53(82.8)      | 0.06  | 0.03  | 0.14              |
| Zone                           | Urbain     | 73(28.40)  | 185(62.29)    | Ref   | Ref   | Ref               |
|                                | Rural      | 184(71.60) | 112(37.71)    | 4.17  | 2.91  | 6.00              |
| Travel to endemic area         | No         | 75(42.61)  | 232(77.08)    | Ref   | Ref   | Ref               |
|                                | Yes        | 101(57.39) | 69(22.92)     | 4.53  | 3.03  | 6.77              |
| Profession                     | C1         | 22(44)     | 26(57.8)      | Ref   | Ref   | Ref               |
|                                | C2         | 17(34)     | 19(42.2)      | 0.68  | 0.03  | 1.57              |
|                                | C3         | 7(14)      | 0(0)          | 0.09  | 0.01  | 0.72              |
|                                | C4         | 4(8)       | 0(0)          | 0.15  | 0.02  | 1.38              |

CI: No profession, C2: Craftsmen, farmers, workers, employees…, C3: Civil servants, C4: Liberal professions, large traders, N: number, OR: Odd ratio, CI: confidence interval, Ref: reference category, dhs: Dirham.

https://doi.org/10.1371/journal.pone.0266291.t002

Table 3. Environmental determinants of ACL in Marrakech-Safi region, Morocco, between 2018 and 2020.

| Variables                      | Modalities | Case (N %) | Control (N %) | OR (CI for Exp(B) 95%) | P-value |
|--------------------------------|------------|------------|---------------|------------------------|---------|
|                                |            | N (%)      | N (%)         | Lower | Upper |                  |
| Sewage system/waste management  | Yes        | 45(34.61)  | 187(59.74)    | 0.58  | 0.45  | 0.75              |
|                                | No         | 85(65.39)  | 126(40.26)    | 1.63  | 1.35  | 1.96              |
| Toilet/ Waste water management | Yes        | 51(46.36)  | 185(59.10)    | 0.93  | 0.77  | 1.11              |
|                                | No         | 59(53.64)  | 128(40.90)    | 1.11  | 0.88  | 1.40              |
| Mosquito nets                  | Presence   | 35(27.13)  | 2(12.50)      | 2.17  | 0.58  | 8.18              |
|                                | Absence    | 94(72.87)  | 61(89.13)     | 0.84  | 0.68  | 1.03              |
| Vegetation                     | Presence   | 95(74.80)  | 61(89.70)     | 0.84  | 0.84  | 0.95              |
|                                | Absence    | 32(25.20)  | 14(10.30)     | 2.45  | 2.45  | 5.25              |
| Farm animals                   | Presence   | 70(55.12)  | 6(37.50)      | 1.47  | 1.47  | 2.82              |
|                                | Absence    | 57(44.88)  | 10(62.50)     | 0.72  | 0.72  | 1.10              |
| Companion animals              | Presence   | 70(66.67)  | 5(25.00)      | 2.67  | 2.67  | 5.77              |
|                                | Absence    | 35(33.33)  | 15(75.00)     | 0.45  | 0.45  | 0.65              |

N: number, OR: Odd ratio, CI: confidence interval

https://doi.org/10.1371/journal.pone.0266291.t003
of ACL 2.45 times (95% CI 1.14–5.25). Finally, presence of companion animals in close proximity to habitants increase the risk of ACL (OR = 2.67 CI 95% 1.14–5.25) (Table 3).

Discussion
With the aim to detect the main risk factors of ACL in Morocco, many variables were analyzed in the present study. In our results, socioeconomic factors are most significant variables, corroborating with the results of other study that confirm the association of socioeconomic factors with the disease incidence in vulnerable human populations of arid and tropical developing regions [29]. Overcrowded housing attracts sand flies because it is a good source of blood meals [30]. In addition, there is a strong association between the disease and travel to endemic area, which is consistent with other studies showing that the number of cases is increasing according to the increasing number of travelers returning from endemic countries [31]. Regarding occupation, the association with ACL was negatively significant, and the category of civil servants people can be a protective factor for ACL. Generally, outdoor occupations increase the risk of leishmaniasis incidence due to a greater risk of contact with the sand fly vectors [32]. In the other hand, a salary above 5,000 Dirham is a protective factor for ACL, this result is in agreement with a study in Brazil that confirms that the presence of cutaneous leishmaniasis is more important in economically active adults, whose monthly income does not exceed 5,000$ [33]. In the same sense, according to several authors, poverty could be the main determinant of the transmission of leishmaniasis, especially its visceral form [30, 31], as well as the cutaneous form [34]. Conversely, authors in Morocco did not associate the poverty rate with the distribution of cutaneous leishmaniasis [21, 35]. That can be explained by the economic homogeneity of their study population.

The rural environment is associated with a risk of ACL compared to the urban environment. This result is similar to most of the studies conducted in Morocco and elsewhere, on visceral [20], as well as for cutaneous leishmaniasis [34, 36, 37]. The present study shows also that the presence of ACL disease is strongly associated with provenance. The risk comes mainly from Chichaoua and Essaouira, as these Provinces are active foci of cutaneous leishmaniasis [13]. Indeed, the proximity to cases within 50 meters is a risk factor for visceral leishmaniasis [30]. The city of Marrakech may also be at risk of ACL, this result can be explained by urbanization which has a significant effect on the distribution of sand flies the vector and consequently the disease [21, 38]. Certainly, the movement of people from rural to urban area, where housing conditions are unfavorable, contributes to the emergence of the disease [39].

Regarding the environmental factors, our findings show the presence of livestock and the placement of companion animals in close proximity to habitants increase the risk of ACL. This is consistent with previous investigation that confirms an association between cutaneous leishmaniasis and keeping animals at home and in peri-domestic area [33]. The presence of toilets, water pipes and, consequently, a sewage disposal system reduces the incidence of leishmaniasis [33]. Indeed, housing conditions and domestic hygiene are major determinants in the spread of visceral [31] and cutaneous leishmaniasis [40], as they may increase the breeding and rest biotopes of sand flies, as well as their access to humans. Improved housing conditions and personal protection efforts by the poor have the potential to reduce the incidence of visceral leishmaniasis [30]. Inside the home, the majority of local population did not use mosquito nets to be protected from sand flies; this variable was oddly considered as a risk factor. In a study in Pakistan, 63% of infected people with cutaneous leishmaniasis had used mosquito nets [41]. Whereas mosquito nets are a primary form of vector control, especially those impregnated with insecticides [42, 43]. In Iran, several studies confirmed the effect of these strategies for
controlling of zoonotic cutaneous leishmaniasis [44] and ACL [45]. Our result can be explained by adoption of these preventive measures exclusively in the active foci of leishmaniasis, where control program is solicited and implemented by the local Health System [46]. Based on significant association between vegetation and ACL disease, vegetation is considered in our study as a protective factor. Conversely, several studies confirm its positive association with the distribution of cutaneous leishmaniasis [47], mainly natural vegetation [29, 48, 49]. Sand flies are more abundant where vegetation cover and density were greater [50]. The incidence of the disease is associated with a normalized difference in vegetation index (NDVI) [18, 51] and in some cases, deforestation rather reduces human infection [27]. Similarly in Morocco, NDVI showed positive correlation with density of Phlebotomus sergenti, the proven vector of ACL [8]. However, others results showed different patterns and magnitudes of the lagged relationship between the vegetation index and cutaneous leishmaniasis incidence [51]. Our results can be explained in one hand by sand fly dispersal, oviposition and feeding behavior. In fact, the results in India showed the mean number of sand flies were significantly higher in banana trees than in other vegetation and in female palmyra palm trees [52]. In other hand, vegetation is not the only factor that influences the incidence of cutaneous leishmaniasis. Other factors, such as temperature, rainfall, and floating population, may also affect the prevalence of the disease [45].

Among the socio-demographic factors only marital status is related to ACL. The risk of developing ACL is four times higher in married than single people in the study area. Although marital status showed significant association with the disease (married people are protected to be affected) in Sri Lanka, it cannot significantly predict the disease incidence [53]. These significant statistic relationships in the univariate analysis are likely to be a result of confounding effects [54], which is not the case of the present study because of the use of regression models [54].

Our results show a predominance of the age category 19–40 years in cases, contrary to other studies that have found the incidence of ACL higher in children [37] between 5 and 14 years [55], and at young age 0–9 years [17, 39]. Generally, the highest prevalence of visceral leishmaniasis is found in children [20, 33, 56], whereas cutaneous leishmaniasis occurs mainly in adult [14, 36, 56]. No association was determined between gender and the disease, corroborating with results of many authors [57, 58]. The preponderance of ACL in females was highlighted [39, 55], however, others confirm a positive association with males in cutaneous cases [14, 33, 36, 37], especially ACL form [33, 37]. Similarly, our study shows no significant association between education level and ACL, while a low level of education is associated with the presence of ACL in other studies [37]. In the same way, we noted no significant association between ACL and the knowledge about the disease, as found by Alhrazi et al., [59]. This result may be attributed to the general lack of awareness and education about ACL disease in the local context. In India, the lack knowledge regarding visceral leishmaniasis was correlated to a low level of education and a low socio-economic status [60].

In sum, sex, education, gender, knowledge, number of children per family, person per family, Toilet/Waste water management, mosquito nets and farm animals were not significantly associated with the incidence of leishmaniasis. However, monthly income, residence zone, travel to endemic area, companion animals, sewage system/waste management and vegetation are potentially linked to ACL. The results suggest that it may be possible to modify a portion of the risk of ACL by making changes in the housing environment which may help to reduce the human–vector contact. Our finding suggests also improving the awareness of the population in endemic and non-endemic areas about the prevention measures, to gain their participation in the fight against the disease through education of local human population.
Conclusion

This study emphasizes the role of socio-economic and environmental components as the main determinants of ACL incidence in Morocco. Control efforts must be focused on more effective preventive measures that combine the efforts of various sectors. Education, through community participation, thus encourages the population to improve their own hygiene and environmental conditions.

Supporting information

S1 Data. Data analysis results.

(SAV)

Acknowledgments

Authors thank warmly Jenna Lacey for English revision.

Author Contributions

Conceptualization: Samia Boussaa.

Data curation: Mounia Amane, Mohamed Daoudi.

Formal analysis: Mounia Amane, Mohamed Echchakery, Mohamed Daoudi, Samia Boussaa.

Investigation: Mounia Amane, Mohamed Echchakery.

Methodology: Mounia Amane, Mohamed Echchakery, Mohamed Daoudi, Samia Boussaa.

Software: Mounia Amane, Mohamed Echchakery.

Supervision: Mohamed Echchakery, Samia Boussaa.

Validation: Mohamed Hafidi, Samia Boussaa.

Writing – original draft: Mounia Amane, Mohamed Echchakery, Mohamed Daoudi.

Writing – review & editing: Mohamed Hafidi, Samia Boussaa.

References

1. Kahime K, Boussaa S, Bounoua L, Fouad O, Messouli M, Boumezzoug h A. Leishmania in Morocco: diseases and vectors. Asian Pac J Trop Dis. 1 sept 2014; 4:S530-4.
2. Rhajaoui M. Human leishmaniasises in Morocco: A nosogeographical diversity. Pathol Biol. 1 aug. Pathol Biol. 1 août 2011; 59(4):226-9.
3. Boussaa S, Pesson B, Boumezzoug h A. Faunistic study of the sandflies (Diptera: Psychodidae) in an emerging focus of cutaneous leishmaniasis in Al Haouz province, Morocco. Ann Trop Med Parasitol. jan 2009; 103(1):73-83. https://doi.org/10.1179/136485909X384910 PMID: 19173778
4. Ramaoui K, Guernaeoui S, Boumezzoug h A. Entomologica et epidemiologica study of a new focus of cutaneous leishmaniasis in Morocco. Parasitol Res. sept 2008; 103(4):859-63.
5. Rhajaoui M, FellaH H, Pratlong F, Dedet JP, Lyagoubi M. Leishmania in Morocco. IV—Intrafocal enzyme diversity. Ann Parasitol Hum Comp. 1991; 66(3):100-4.
6. Ajaoud M, Es-sette N, Hamdi S, El-Idrissi AL, Riyad M, Lemrani M. Detection and molecular typing of Leishmania tropica from Phlebotomus sergenti and lesions of cutaneous leishmaniasis in an emerging focus of Morocco. Parasit Vectors. 26 jul 2013; 6:217. https://doi.org/10.1186/1756-3305-6-217 PMID: 23890256
7. Pratlong F, Rioux JA, Dereure J, Mahjour J, Gallego M, Guilvard E, et al. [Leishmania tropica in Morocco. IV—Intra focal enzyme diversity], Ann Parasitol Hum Comp. 1991; 66(3):100-4.
8. Boussaa S, Kahime K, Samy AM, Salem AB, Boumezzoug h A. Species composition of sand flies and bionomics of Phlebotomus papatasi and P. sergenti (Diptera: Psychodidae) in cutaneous leishmaniasis
endemic foci, Morocco. Parasit Vectors [Internet]. 2 feb 2016;9. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4736259/
9. Dereure J, Rioux JA, Gallego M, Perières J, Pratlong F, Mahjour J, et al. *Leishmania tropica* in Morocco: infection in dogs. Trans R Soc Trop Med Hyg. oct 1991; 85(5):595.
10. Guessous-Idrissi N, Chiheb S, Hamdani A, Riyad M, Bichichi M, Hamdani S, et al. Cutaneous leishmaniasis: an emerging epidemic focus of *Leishmania tropica* in north Morocco. Trans R Soc Trop Med Hyg. 1 nov 1997; 91(6):600-3.
11. Lemrani M, Nejar R, Pratlong F. A new *Leishmania tropica* zymodeme—causative agent of canine visceral leishmaniasis in northern Morocco. Ann Trop Med Parasitol. sept 2002; 96(6):637-8.
12. Echchakery M, Chicharro C, Boussa S, Nieto J, Carrillo E, Sheila O, et al. Molecular detection of *Leishmania infantum* and *Leishmania tropica* in rodent species from endemic cutaneous leishmaniasis areas in Morocco. Parasit Vectors. 2 oct 2017; 10(1):454. https://doi.org/10.1186/s13071-017-2398-8 PMID: 28969710
13. Bulletin de l’Épidémiologie Et de Santé Publique (JuLY 2018) N˚ 76 | PDF | Organisation mondiale de la santé | Risque [Internet]. Scribd. https://fr.scribd.com/document/495509588/Bulletin-de-l-epidemiologie-et-de-sante-publique-Juillet-2018-N-76-1.
14. Oliveira RS, Pimentel KBA, Moura ML, Aragão CF, Guimarães-e-Silva AS, Bezerra JMT, et al. Clinical, epidemiological and climatic factors related to the occurrence of cutaneous leishmaniasis in an endemic area in northeastern Brazil. Braz J Biol. sept 2021; 81(3):557-65. https://doi.org/10.1590/1519-6984.224937 PMID: 32876165
15. Samuel Singh N. A Review on Major Risk Factors and Current Status of Visceral Leishmaniasis in North India. Am J Entomol. 2019; 3(1):6.
16. Boussa S, Guernao S, Pesson B, Boumezzough A. Seasonal fluctuations of phlebotomine sand fly populations (Diptera: Psychodidae) in the urban area of Marrakech, Morocco. Acta Trop. aug 2005; 95 (2):86-91. https://doi.org/10.1016/j.actatropica.2005.05.002 PMID: 15985259
17. Baghad B, Razanapinaritra R, Maksouri H, El Bouri H, Outlioua A, Fellah H, et al. Possible introduction of *Leishmania tropica* to urban areas determined by epidemiological and clinical profiles of patients with cutaneous leishmaniasis in Casablanca (Morocco). Parasite Epidemiol Control. 1 mai 2020; 9:e00129.
18. Shirzadi MR, Javanbakht M, Vatandoust H, Jesri N, Saghafipour A, Fouladi-Fard R, et al. Impact of Environmental and Climate Factors on Spatial Distribution of Cutaneous Leishmaniasis in Northeastern Iran: Utilizing Remote Sensing. J Arthropod-Borne Dis. mar 2020; 14(1):56-67. https://doi.org/10.18502/jadb.v14i1.2704 PMID: 32766349
19. Boussa S. Épidémiologie des leishmanioses dans la région de Marrakech, Maroc: Effet de l’urbanisation sur la répartition spatio-temporelle des phlébotomes et caractérisation moléculaire de leurs populations [Internet] [thesis]. Strasbourg 1; 2008 http://www.theses.fr/2008STR13037
20. Kahime K, Boussa S, Nhammi H, Boumezzough A. Urbanization of human visceral leishmaniasis in Morocco. Parasite Epidemiol Control. nov 2017; 2(4):1-6. https://doi.org/10.1016/j.parepi.2017.07.001 PMID: 29772490
21. El Omari H, Chalahoua A, Talbi F, Ouarrak K, El Ouali Lalami A. Impact of Urbanization and Socioeconomic Factors on the Distribution of Cutaneous Leishmaniasis in the Center of Morocco. Interdiscip Perspect Infect Dis. 3 jan 2020; 2020:e2196418.
22. High Planning Commission. General Census of Population and Housing 2014 [Internet]. 2014. https://www.hcp.ma/downloads/RGPH-2014_t17441.html
23. High Planning Commission. REGIONAL MONOGRAPH REGION OF MARRAKECH–SAFI 2018 [Internet]. https://www.hcp.ma/region-marrakech/PRESENTATION-DE-LA-REGION-DE-MARRAKECH-SAFI_a248.html
24. Farah A, Algouti A, Algouti A, Adaze E, Ilkirne M. Remote Sensing for Land Use Mapping, Case of The Study Area: Urban Commune of Saada, Morocco. J Environ Agric Stud. 20 fev 2021; 2(1):36-43.
25. OpenEpi Menu [Internet]. [cité 4 mars 2022]. https://www.openepi.com/Menu/OE_Menu.htm
26. Ury HK. Continuity-Corrected Approximations to Sample Size or Power When Comparing Two Proportions: Chi-Squared or Arc Siné? J R Stat Soc Ser Stat. 1981; 30(3):199-203.
27. World Health Organization. Regional Office for the Eastern Mediterranean. (2014). Manual for case management of cutaneous leishmaniasis in the WHO Eastern Mediterranean Region. https://apps.who.int/iris/handle/10665/120002
28. Nackers F, Mueller YK, Salih N, Ethag MS, Elbadawi ME, Hammam O, et al. Determinants of Visceral Leishmaniasis: A Case-Control Study in Gedaref State, Sudan. PLoS Negl Trop Dis. 6 nov 2015; 9(11): e0004187. https://doi.org/10.1371/journal.pntd.0004187 PMID: 26544177
29. Valero NNH, Uriarte M. Environmental and socioeconomic risk factors associated with visceral and cutaneous leishmaniasis: a systematic review. Parasitol Res. 1 feb 2020; 119(2):365-84. https://doi.org/10.1007/s00436-019-06575-5 PMID: 31897789

30. Mandal PK, Wagle RR, Thakur AK, Uranw S. “Risk Factors for Visceral Leishmaniasis in Selected High Endemic Areas of Morang District, Nepal”: A case control study. bioRxiv, 25 jan 2019;530741.

31. Oryan A, Akbari M. Worldwide risk factors in leishmaniasis. Asian Pac J Trop Med. 1 oct 2016; 9 (10):925-32. https://doi.org/10.1016/j.ajpm.2016.06.021 PMID: 27794384

32. Eid D, Guzman-Rivero M, Rojas E, Goicoeia I, Hurtig AK, Illanes D, et al. Risk factors for cutaneous leishmaniasis in the rainforest of Bolivia: a cross-sectional study. Trop Med Health. 2018; 46:9. https://doi.org/10.1186/s41182-018-0089-6 PMID: 29692654

33. Araujo AR, Portela NC, Sampaio Feitosa AP, da Silva OA, Arreage Ximenes RA, Alves LC, et al. Risk Factors Associated with American Cutaneous Leishmaniasis in an Endemic Area of Brazil. Rev Inst Med Trop Sao Paulo. 2016; 58:86. https://doi.org/10.1590/S1678-9946201658086 PMID: 27982352

34. El Alem MMM, Hakkour M, Hmamouch A, Halhal M, Delouani A, Habbari K, et al. Risk factors and prediction analysis of cutaneous leishmaniasis due to Leishmania tropica in Southwestern Morocco. Infect Genet Evol J Mol Epidemiol Evol Genet Infect Dis. 2018; 61:84-91. https://doi.org/10.1016/j.meegid.2018.03.017 PMID: 29578084

35. Talbi FZ, Naji M, Nouayti N, En-nkhilli H, El Ouali Lalam A. Cutaneous Leishmaniasis cases and risk factors in north central of Morocco, Seffrou province: An impact study. Abouchabaka J, Bourekka K, Omari O, Slimani K, éditeurs. E3S Web Conf. 2021; 234:00027.

36. Almeida JV, de Souza CF, Fuzari AA, Joya CA, Valdivia HO, Bartholomeu DC, et al. Identification of Leishmania species in patients with cutaneous leishmaniasis in the state of Roraima, Brazil’s Amazon Region. Parasit Vectors. 7 janv 2021; 14(1):32. https://doi.org/10.1186/s13071-020-04539-8 PMID: 33413563

37. Luckw de Santana Goncalves AF, de Lima SS, de Santana Cabral Silva AP, Barbosa CC. Spatial dynamics and socioeconomic factors correlated with American cutaneous leishmaniasis in Pernambuco, Brazil from 2008 to 2017. Rev Soc Bras Med Trop. 2020; 53:e20190373. https://doi.org/10.1590/0037-8682-0373-2019 PMID: 32348432

38. Boussaas S, Pesson B, Bournezzough A. Phlebotomine sandflies (Diptera: Psychodidae) of Marrakech city, Morocco. Ann Trop Med Parasitol. dec 2007; 101(8):715-24. https://doi.org/10.1179/13485907X241398 PMID: 18028733

39. El Miri H, Faraj C, Himm O, Hmamouch A, Maniar S, Laarousi T, et al. Cutaneous leishmaniasis in Ouazzane and Sidi Kacem provinces, Morocco (1997–2012). Bull SocitÉ Pathol Exot. 1 dec 2016; 109 (5):376-80.

40. Bamorvat M, Sharifi I, Aflatoonian MR, Sharifi H, Karamoozian A, Sharifi F, et al. Risk factors for anthroponotic cutaneous leishmaniasis in unresponsive and responsive patients in a major focus, southeast of Iran. PLOS ONE. 7 feb 2018, 13(2):e0192236. https://doi.org/10.1371/journal.pone.0192236 PMID: 29415078

41. Mashood AA, Malik SS, Haq MMU, Khan QU. Awareness and practice of preventive strategies in patients of cutaneous leishmaniasis. PAFMJ. 31 dec 2018; 68(6):1683-5.

42. Bardin M, Aletti M, Courmac JM, Doutrelon C, Jacquier C, Zinc E, et al. L’amphotéricine B liposomale: une alternative thérapeutique intéressante dans le traitement de la leishmaniose cutanée à Leishmania tropica. Rev Médecine Interne. 1 jun 2016; 37:A190.

43. Emami M.M., Yazdi M. & Guillet P. (2009). Efficacy of Olyset long-lasting bednets to control transmission of cutaneous leishmaniasis in Iran. EMHJ—Eastern Mediterranean Health Journal, 15 (5), 1075–1083, 2009 https://apps.who.int/iris/handle/10665/117735

44. Yaghoobi-Ershadi MR, Moosa-Kazemi SH, Zahraei-Ramazani AR, Jalai-Zand AR, Akhavan AA, Arandain MH, et al. Evaluation of deltamethrin-impregnated bed nets and curtains for control of zoonotic cutaneous leishmaniasis in a hyperendemic area of Iran. Bull Soc Pathol Exot 1990. mar 2006; 99 (1):43-8.

45. Moosa-Kazemi SH, Yaghoobi-Ershad MR, Akhavan AA, Abdoli H, Zahraei-Ramazani AR, Jafari R, et al. Deltamethrin-impregnated bed nets and curtains in an anthroponotic cutaneous leishmaniasis control program in northeastern Iran. Ann Saudi Med.Jeb 2007; 27(1):6-12. https://doi.org/10.5144/0256-4947.2007.6 PMID: 17277492

46. Boussaas S, Daoudi M, Ouzzennou N. Assessment of the implementation of action plan against cutaneous leishmaniasis in Morocco: case of Essaouira focus. J Biomed Res Health Econ. 2020; 1(3):4-8.

47. Ngere I, Boru WG, Isack A, Muiruri J, Obonyo M, Matendecho S, et al. Burden and risk factors of cutaneous leishmaniasis in a peri-urban settlement in Kenya, 2016. PLOS ONE. 23 jan 2020; 15(1): e0227697. https://doi.org/10.1371/journal.pone.0227697 PMID: 31971945
48. Melo HA, Rossoni DF, Teodoro U. Effect of vegetation on cutaneous leishmaniasis in Parana, Brazil. Mem Inst Oswaldo Cruz. 2018; 113(6):e170505.

49. Rodrigues MG de A, Sousa JD de B, Dias ÁLB, Monteiro WM, Sampaio V de S. The role of deforestation on American cutaneous leishmaniasis incidence: spatial-temporal distribution, environmental and socioeconomic factors associated in the Brazilian Amazon. Trop Med Int Health. 2019; 24(3):348-55. https://doi.org/10.1111/tmi.13196 PMID: 30578585

50. Chanampa MDM, Gleiser RM, Hoyos CL, Mangudo C, Nasser JR, et al. Vegetation Cover and Micropatial Distribution of Sand Flies (Diptera: Psychodidae) in an Endemic Locality for Cutaneous Leishmaniasis in Northern Argentina. J Med Entomol. 25 oct 2018; 55(6):1431-9. https://doi.org/10.1093/jme/jty129 PMID: 30113657

51. Gutiérrez-Torres JD. Temporal lagged relationship between a vegetation index and cutaneous leishmaniasis cases in Colombia: an analysis implementing a distributed lag nonlinear model. Parasitol Res. mar 2020; 119(3):1075-82. https://doi.org/10.1007/s00436-019-06592-4 PMID: 31901109

52. Poché DM, Poché RM, Mukherjee S, Franckowiak GA, Briley LN, Somers DJ, et al. Phlebotomine sandfly ecology on the Indian subcontinent: does village vegetation play a role in sandfly distribution in Bihar, India? Med Vet Entomol. jun 2017; 31(2):207-13. https://doi.org/10.1111/mve.12224 PMID: 28106262

53. Wijerathna T, Gunathilaka N, Gunawardena K, Rodrigo W. Socioeconomic, demographic and landscape factors associated with cutaneous leishmaniasis in Kurunegala District, Sri Lanka. Parasit Vectors. dec 2020; 13(1):244. https://doi.org/10.1186/s13071-020-04122-1 PMID: 32398102

54. Pourhoseingholi MA, Baghestani AR, Vahefi M. How to control confounding effects by statistical analysis. Gastroenterol Hepatol Bed Bench. 2012; 5(2):79-83. PMID: 24834204

55. Laboudi M. Epidemiological profile of cutaneous leishmaniasis in Morocco, 2004–2013. Médecine Santé Trop. 1 jan 2017; 27(1):44-51.

56. Lacerda AFA, Oliveira DS, Salomão JVF, Oliveira LGR, Monte-Alegre A, Santos JYG dos, et al. Clinical, epidemiological and transmission cycle aspects of leishmaniasis urbanization in Barreiras, Bahia, Brazil. Spat Spatio-Temporal Epidemiol. 1 feb 2021; 36:100395. https://doi.org/10.1016/j.sste.2020.100395 PMID: 33509434

57. Ait Kbaich M, Mhaidi I, Ezzahidi A, Dersi N, El Hamouchi A, Riyad M, et al. New epidemiological pattern of cutaneous leishmaniasis in two pre-Saharan arid provinces, southern Morocco. Acta Trop. 1 sept 2017; 173:11-6. https://doi.org/10.1016/j.actatropica.2017.05.016 PMID: 28527882

58. Hakkour M, El Alem MM, Hmamouch A, Rhalam A, Delouane B, Habbari K, et al. Leishmaniasis in Northern Morocco: Predominance of Leishmania infantum Compared to Leishmania tropica. Biomed Res Int. 2019 Aug 8; 2019:33509434

59. Alharazi TH, Haouas N, Al-Mekhlafi HM. Knowledge and attitude towards cutaneous leishmaniasis among rural endemic communities in Shara'b district, Taiz, southwestern Yemen. BMC Infect Dis. 17 mar 2021; 21(1):269. https://doi.org/10.1186/s12879-021-05965-4 PMID: 33731042

60. Guha U, Chatterjee M, Sardar AA, Jana K, Saha P, Maji AK, et al. Assessment of Knowledge, Attitudes, and Practices about Visceral Leishmaniasis in Endemic Areas of Malda District, West Bengal, India. Am J Trop Med Hyg. 3 feb 2021; 104(2):646-52.