Phytochemical Analysis and *In vitro* Antioxidant Studies of *Plumeria obtusa* L. Leaves

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Dogra: *In vitro* Studies of Plumeria obtusa

*Plumeria* (Apocynaceae) is a genus comprising mostly of lactiferous trees and deciduous shrubs. *Plumeria obtusa* L. is a widely available but pharmacologically lesser explored species of this genus. Thus, present research was undertaken to determine the phytochemical constituents and the antioxidant potential of the methanol extract and fractions of the plant. The antioxidant potential was determined using 1,1-diphenyl-2-picrylhydrazyl radical scavenging and inhibition of lipid peroxidation assay.

Key words: Antioxidant studies, apocynaceae, DPPH assay, lipid peroxidation, *Plumeria obtusa*

*Plumeria obtusa* L. (Apocynaceae) commonly known as Gulechin, Graveyard Tree or Frangipanier[1,2] is a small, much-branched, evergreen or partly deciduous tree[3]. The plant has been used in the management of diabetes mellitus, asthma, gonorrhea and constipation and also as a contraceptive, expectorant and anthelmintic[4-6]. The present study was undertaken to determine the antioxidant activity of methanol leaf extract and various fractions of *P. obtusa*.

The leaves were collected from Lucknow and identified at Central Drug Research Institute (CDRI), Lucknow. They were shade dried and powdered. Six hundred grams of plant material was soaked in methanol (6 l×3 times) at room temperature for 48 h to get methanol extract. The methanol extract was concentrated using rotary evaporator to get a residue of about 100 g. Ten grams of crude methanol extract was used for evaluating biological activities and the rest for preparing fractions using solvents such as hexane, ethyl acetate, n-butanol and distilled water. All the fractions were concentrated individually using rotary evaporator. Preliminary phytochemical analysis of extract and fractions was done using standard procedures[7] and results are given in Table 1.

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The radical scavenging activity of crude methanol extract of *P. obtusa* and its fractions was studied by 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging assay[8]. Briefly, to a methanol solution of DPPH (100 µM, 2.95 ml), 0.05 ml of test compounds dissolved in methanol was added at different concentration (200-1000 µg/ml). Reaction mixture was shaken and absorbance was measured at 517 nm using UV/Vis spectrophotometer at regular intervals of 30 s for 5 min, and the reading was taken till 20 min. Radical scavenging activity was expressed as % inhibition of DPPH radicals. Ascorbic acid was used as standard.

A modified thiobarbituric acid reactive species (TBARS) assay[9] was used to measure the lipid peroxide formed, using egg yolk homogenate as lipid rich media[10]. Egg homogenate (0.5 ml, 10% in distilled water v/v) and different concentration of *P. obtusa* leaf extract and fractions (200-1000 µg/ml) were allowed to react with 0.05 ml FeSO$_4$ (0.07 M) and then incubated for 30 min to induce lipid peroxidation. Subsequently 1.5 ml of 20% acetic acid (pH adjusted to 3.5 with NaOH) and 1.5 ml of 0.8% TBA (w/v) was (prepared in 1.1% sodium dodecyl sulfate and 0.5 ml of 20% TCA) added, vortexed and then heated in a boiling water bath for 60 min. After cooling 5.0 ml of 1-butanol was added to each tube and centrifuged at 3000 rpm for 10 min. The absorbance of the organic upper layer was measured at 532 nm. The antioxidant activity was expressed as percentage inhibition of lipid peroxidation. Tocopherol was used as a reference standard. The leaf extract and fractions of *P. obtusa* have shown moderate antioxidant activity (Tables 2 and 3) based on DPPH and lipid peroxidation inhibition assays in dose dependent-manner.

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**Conflicts of interest:**
There are no conflicts of interest.

### TABLE 1: PHYTOCHEMICAL ANALYSIS OF METHANOL EXTRACT AND VARIOUS FRACTIONS OF PLUMERIA OBTUSA

| Chemical test | Methanol extract | Hexane fraction | Ethyl acetate fraction | n-butanol fraction | Aqueous fraction |
|---------------|------------------|-----------------|-----------------------|--------------------|------------------|
| Carbohydrates | −                | −               | −                     | −                  | −                |
| Sterols       | +                | +               | −                     | −                  | −                |
| Alkaloids     | +                | −               | +                     | +                  | −                |
| Flavonoids    | +                | −               | +                     | +                  | +                |
| Terpenoids    | +                | −               | +                     | +                  | +                |
| Glycosides    | +                | −               | −                     | +                  | −                |
| Saponins      | −                | −               | −                     | −                  | −                |

+: Presence of constituents, −: absence

### TABLE 2: IN VITRO 1,1-DIPHENYL-2-PICRYLHYDRAZYL RADICAL SCAVENGING ACTIVITY OF EXTRACT AND FRACTIONS

| Concentration (µg/ml) | Percentage of DPPH radical inhibition±SEM* |
|-----------------------|-------------------------------------------|
|                       | Methanol extract | Hexane fraction | Ethyl acetate fraction | n-butanol fraction | Aqueous fraction |
| 200                   | 18.55±0.37      | 16.12±0.12     | 34.32±0.15             | 37.33±0.24         | 11.56±0.25      |
| 400                   | 29.34±0.56      | 26.42±0.24     | 42.65±0.62             | 47.23±0.42         | 17.52±0.34      |
| 600                   | 38.12±0.641     | 39.18±0.52     | 51.34±0.62             | 59.22±0.83         | 27.52±0.67      |
| 800                   | 45.24±0.52      | 43.24±0.21     | 62.81±1.36             | 67.17±0.51         | 32.86±0.52      |
| 1000                  | 59.36±0.42      | 46.35±0.32     | 68.02±1.25             | 84.42±1.15         | 42.25±0.44      |
| Ascorbic acid (100 µM)| 91.62±0.54      |                |                       |                    |                  |

*Results are expressed as mean±SEM of 3 replicates. SEM: Standard error of mean, DPPH: 1,1-diphenyl-2-picrylhydrazyl

### TABLE 3: IN VITRO EFFECT OF EXTRACT AND FRACTIONS ON LIPID PEROXIDATION

| Sample (µg/ml) | Percentage of lipid peroxide inhibition±SEM* |
|---------------|---------------------------------------------|
|               | Methanol extract | Hexane fraction | Ethyl acetate fraction | n-butanol fraction | Aqueous fraction |
| 200           | 18.43±0.14      | 12.56±0.23     | 31.72±0.45             | 32.10±0.15         | 26.44±0.32      |
| 400           | 25.62±0.33      | 19.24±0.26     | 34.16±0.25             | 3619±0.52          | 32.63±0.46      |
| 600           | 34.33±0.55      | 27.42±0.54     | 46.33±0.46             | 55.42±0.84         | 41.54±0.32      |
| 800           | 35.42±0.34      | 31.25±0.28     | 55.26±0.54             | 65.26±1.22         | 50.22±0.24      |
| 1000          | 46.32±0.62      | 37.29±0.37     | 72.82±0.27             | 78.15±0.82         | 58.32±0.75      |
| Tocopherol (100 µM) | 92.26±0.45      | | | | |

*Results are expressed as mean±SEM of 3 replicates. SEM: Standard error of mean
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