Health-Related Quality of Life of Patients with Recurrent or Metastatic Cutaneous Squamous Cell Carcinoma Treated with Pembrolizumab in KEYNOTE-629

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ABSTRACT

Introduction: Pembrolizumab provided durable responses and acceptable safety in recurrent or metastatic (R/M) cutaneous squamous cell carcinoma (cSCC) in the KEYNOTE-629 study. In this elderly, fragile population with disfiguring tumours, preservation of health-related quality of life (HRQoL) is critical. Here, we present pre-specified exploratory HRQoL analyses from the first interim analysis of KEYNOTE-629.

Methods: Patients with R/M cSCC not amenable to surgery or radiation therapy received pembrolizumab 200 mg every 3 weeks for ≤ 24 months. HRQoL end points included change from baseline to week 12 in European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30) global health status (GHS)/QoL, functioning, symptom and European Quality of Life 5-Dimension 5-Level (EQ-5D-5L) scores and change from baseline through week 48 in EORTC QLQ-C30 GHS/QoL and physical functioning scores. Improvement (≥ 10-point increase post-baseline with confirmation) was assessed using the exact binomial method.

Ramona F. Swaby was affiliated to Merck & Co., Inc., Kenilworth, NJ, USA at the time the study was conducted.

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Results: Analyses included 99 patients for EORTC QLQ-C30 and 100 for EQ-5D-5L. Compliance was > 80% at week 12. Mean scores were stable from baseline to week 12 for GHS/QoL (4.95 points; 95% confidence interval, −1.00 to 10.90) and physical functioning (−3.38 points; 95% confidence interval, −8.80 to 2.04). EORTC-QLQ-C30 functioning, symptom, and EQ-5D-5L scores remained stable at week 12. Post-baseline scores were improved in 29.3% of patients for GHS/QoL, 17.2% for physical functioning, and in a numerically higher proportion of responders versus non-responders (GHS/QoL, 55.6% versus 16.1%; physical functioning, 36.1% versus 7.1%).

Conclusions: In elderly patients with R/M cSCC, the clinical efficacy of pembrolizumab translates into a benefit validated by HRQoL preservation or improvement during treatment.

Trial Registration: ClinicalTrials.gov identifier: NCT03284424.

PLAIN LANGUAGE SUMMARY

Cutaneous squamous cell carcinoma (cSCC) is the second most common type of non-melanoma skin cancer. cSCC is usually caused by cumulative exposure to sunlight and often occurs in exposed parts of the body such as the head and neck. cSCC is most often seen in older people. If cSCC is detected early, it can be removed by surgery; however, if left untreated, the cancer can spread throughout the body and cause death. The disease itself and its treatment can be painful, cause scarring, or change the patient’s physical appearance. Hence, people with cSCC often have poor quality of life. It is therefore important to develop new drugs to help patients with cSCC live longer without worsening their quality of life. The phase 2 KEYNOTE-629 study investigated how well the drug pembrolizumab treated cSCC and whether it was safe. KEYNOTE-629 included patients who were mostly older and had advanced cSCC. The results showed that pembrolizumab was effective and safe. Here, we investigated how pembrolizumab affected the quality of life of these patients. To do this, we asked patients to answer questionnaires on important aspects of their experience, such as their general health status, physical functioning, emotional well-being, and symptoms. We found that patients who were treated with pembrolizumab had stable quality of life during treatment. Furthermore, patients whose cancer responded well to pembrolizumab were more likely to have an improved quality of life. These results support the use of pembrolizumab in patients with advanced cSCC.

Keywords: Cancer; Clinical trial; Immunotherapy; Pembrolizumab; Quality of life; Squamous cell carcinoma
**Key Summary Points**

**Why carry out this study?**

Patients with cutaneous squamous cell carcinoma (cSCC) experience pain, disfigurement and anxiety, which negatively affect health-related quality of life (HRQoL).

Because patients with recurrent or metastatic (R/M) cSCC tend to be fragile due to advanced age, there remains an unmet need for effective treatments that also maintain HRQoL.

This pre-specified exploratory analysis investigated HRQoL in patients with R/M cSCC treated with pembrolizumab in the phase 2 KEYNOTE-629 study.

**What was learned from the study?**

HRQoL scores were stable with pembrolizumab, indicating HRQoL was not negatively affected by adverse events, and improvements in HRQoL were positively correlated with treatment response.

The results of this study show that the efficacy of pembrolizumab can translate into tangible benefit in elderly patients with R/M cSCC.

**INTRODUCTION**

Cutaneous squamous cell carcinoma (cSCC), the second most common type of non-melanoma skin cancer, accounts for 20% of all skin cancer deaths [1]. Patients with distant metastatic cSCC have mortality rates of ≥ 70% [1, 2]. Approximately 1.8 million cases of cSCC were diagnosed worldwide in 2017, with elderly patients at particularly high risk given that cumulative sun exposure is the primary risk factor for development [3, 4]. The symptoms of cSCC and the high morbidity associated with standard treatment for the disease can result in pain, scarring, disfigurement and anxiety, any of which can affect patients’ overall health-related quality of life (HRQoL) [5, 6]. Patients with cSCC may experience negative psychosocial and mental health effects as a result of treatments that alter their physical appearance or impede their ability to speak, swallow or see, particularly in those with advanced cSCC in the anatomic regions above the clavicle [6–9].

There remains an unmet need for effective and tolerable therapies that also maintain physical functioning and HRQoL for patients whose tumours are unresectable due to anatomical location or recurrence within a previously irradiated field. Treatment guidelines for patients with recurrent or metastatic (R/M) cSCC recommend therapy with programmed death 1 (PD-1) immune checkpoint inhibitors (i.e. cemiplimab or pembrolizumab) if curative surgery or radiotherapy is not feasible, or platinum-containing chemotherapy or epidermal growth factor receptor inhibitors (e.g. cetuximab) if the patient is ineligible for immunotherapy [10, 11]. The PD-1 inhibitors cemiplimab and pembrolizumab were included in the treatment paradigm based on trials showing effective anti-tumour activity and acceptable tolerability in locally advanced or metastatic cSCC [12–14].

Pembrolizumab has demonstrated extended survival for several advanced malignancies, including R/M head and neck squamous cell carcinoma [15–19] and Merkel cell carcinoma, which, like cSCC, is an ultraviolet-exposure–driven malignancy [20]. The phase 2 KEYNOTE-629 study is a two-cohort trial designed to evaluate the efficacy and safety of pembrolizumab in patients with unresectable locally advanced or R/M cSCC [14]. In an interim analysis of the R/M cSCC cohort of KEYNOTE-629 (n = 105; data cutoff, 8 April 2019), pembrolizumab in heavily pre-treated patients demonstrated anti-tumour activity, durable and rapid responses, encouraging survival outcomes and manageable safety [14]. The objective response rate was 34.3% [95% confidence interval (CI) 25.3–44.2], and the disease control rate was 52.4% (95% CI 42.4–62.2); median duration of response was not reached (range
2.7–13.1+ months). Median progression-free survival was 6.9 months (95% CI 3.1–8.5), and median overall survival was not reached (95% CI 10.7 months—not reached). Adverse events were consistent with the established safety profile of pembrolizumab. The patients with R/M cSCC in this study were primarily elderly [median age, 72 years (range 29.0–95.0)] and most were heavily pre-treated, indicating that pembrolizumab is efficacious and well tolerated in a relatively fragile population [14]. The clinical benefit of pembrolizumab demonstrated in KEYNOTE-629 resulted in US Food and Drug Administration regulatory approval for the treatment of R/M cSCC not curable by surgery or radiation therapy [21, 22].

We present results of the pre-specified exploratory HRQoL analyses for patients with R/M cSCC treated with pembrolizumab from the first interim analysis of KEYNOTE-629.

METHODS

Study Design and Patients

KEYNOTE-629 (NCT03284424) is an open-label, single-arm, phase 2 study of pembrolizumab in patients with unresectable locally advanced or R/M cSCC. The study is ongoing at 39 centres in nine countries. Detailed methods and eligibility criteria for KEYNOTE-629 are published [14]. Briefly, eligible patients were adults with histologically confirmed cSCC as the primary site of malignancy that was metastatic (i.e. disseminated disease) and/or unresectable (i.e. not curable by surgery or radiation therapy) and with an Eastern Cooperative Oncology Group performance status of 0–1. Pembrolizumab 200 mg was administered intravenously every 3 weeks until disease progression, unacceptable toxic effects or study withdrawal for up to 35 cycles (approximately 2 years).

The study protocol and amendments were approved by the appropriate ethics review committees [names listed in Electronic Supplementary Material (ESM) Table S1]. All patients gave written informed consent. The study was conducted in accordance with the protocol, its amendments and the ethics principles outlined in the Declaration of Helsinki.

HRQoL Assessments

HRQoL assessments involved the European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30) [23, 24] and European Quality of Life 5-Dimension 5-Level (EQ-5D-5L) [25, 26]; questionnaires were administered electronically prior to other study procedures at baseline, at weeks 3 and 6, and then every 6 weeks through the first year, every 9 weeks until the end of treatment, and at the 30-day safety follow-up visit.

The EORTC QLQ-C30, the most commonly used cancer-specific instrument to assess HRQoL, is psychometrically and clinically validated [23, 24]. It comprises five functional dimensions, nine items that measure symptoms or cancer-specific concerns, and a global health status/quality of life (GHS/QoL) scale [24]. The EQ-5D-5L is a standard instrument used to measure health status consisting of two parts: a graded visual analogue scale (VAS) on which patients rate their perceived health status from 0 (worst health you can imagine) to 100 (best health you can imagine), and a descriptive system comprising five health state dimensions (i.e. mobility, self-care, usual activities, pain/discomfort and anxiety/depression) rated on a five-level descriptive scale (no problems, slight problems, moderate problems, severe problems, extreme problems/unable to) that is used to generate a health state profile for each patient [25, 26]. For the descriptive system, each health state can be assigned an index or utility score based on societal preference weights.

Compliance with the HRQoL questionnaires was defined as the proportion of patients who completed the HRQoL assessment among those who were expected to complete the questionnaires at a given time point, excluding patients missing by design. Patients who were missing by design included those who died; who discontinued due to an adverse event, clinical progression, progressive disease, physician decision or withdrawal from study; who
completed study treatment; for whom the clinic visit was not reached or scheduled; and for whom translation was not available. The completion rate for the HRQoL questionnaires was defined as the proportion of patients who completed the HRQoL assessment among all patients in the HRQoL analysis population.

End Points

The pre-specified exploratory HRQoL end points were change from baseline in the EORTC QLQ-C30 GHS/QoL, functioning, and symptom scores, and change from baseline in the EQ-5D-5L health status score. Mean changes from baseline in HRQoL scores were primarily evaluated at week 12 to ensure an adequate completion rate (i.e. ≥ 70% of patients completed the HRQoL assessment among all patients in the HRQoL analysis population). Analyses of mean change from baseline in QLQ-C30 GHS/QoL and physical functioning scores were also summarised for patients who were on study and able to complete questionnaires at each time point through week 48.

Responses for each of the GHS/QoL, physical functioning and symptom scales of the EORTC QLQ-C30 were calculated by averaging the items within the scales and transforming the scores linearly (scales range from 0 to 100) [24]. Symptom scales for which higher scores represented higher symptom burden were reverse-scored to simplify presentation, such that a higher score for GHS/QoL, functioning and symptom scales denotes better HRQoL. Responses to the EQ-5D-5L VAS were scored from 0 (worst imaginable health) to 100 (best imaginable health) [26]. EQ-5D-5L responses were weighted and aggregated into utility scores based on the US algorithm, with scores ranging from < 0 (where 0 is equivalent to death) to 1 (equivalent to full health) [26, 27].

A ≥ 10-point change from baseline in the EORTC QLQ-C30 GHS/QoL, functioning and symptom scores was considered clinically meaningful [28]. The overall proportions of patients with improved, stable and deteriorated GHS/QoL and physical functioning scores relative to baseline were summarised. Overall improvement was defined as a ≥ 10-point increase in score from baseline at any time during the trial, with confirmation at the next visit. For patients who did not achieve improved HRQoL scores, any of the following were defined as stable scores: improvement (≥ 10-point increase in score) confirmed by a < 10-point change at the next visit, < 10-point change in score confirmed by a < 10-point change at the next visit, or a < 10-point change in score and confirmed by an improvement (≥ 10-point increase in score) at the next visit. For patients without improved or stable scores, deterioration was defined as a ≥ 10-point decrease in score from baseline. In addition, an exploratory sub-analysis of the proportion of patients with improved, stable or deteriorated GHS/QoL and physical functioning scores was conducted in patients classified as responders based on objective response [patients with complete response (CR) or partial response (PR)] in comparison with non-responders [patients with stable disease (SD) or progressive disease (PD)], as assessed by blinded independent central review using Response Evaluation Criteria in Solid Tumours version 1.1 (RECIST v1.1). For the EQ-5D-5L, a ≥ 7-point change from baseline in VAS and a ≥ 0.06 change from baseline in EQ-5D-5L utility index was considered to be a minimally important difference [29].

Statistical Analyses

The HRQoL analysis population included all patients who received ≥ 1 dose of pembrolizumab and had HRQoL assessments at both baseline and at least once after baseline. The exact binomial method was used to assess the overall proportion of patients with improved, stable or deteriorated GHS/QoL and physical functioning relative to baseline. No imputation for missing data was performed. HRQoL analyses were conducted using the interim analysis data cutoff of 8 April 2019.
RESULTS

Patient Disposition and Characteristics

The interim analysis included patients enrolled between 26 October 2017 and 15 June 2018. Of 144 patients screened, 105 with R/M cSCC were allocated to treatment and received ≥ 1 dose; 39 patients were ineligible, and additional detail regarding reasons for ineligibility are presented in the figure and footnotes (Fig. 1). Of these patients, 99 (94.3%) completed the EORTC QLQ-C30 and 100 (95.2%) completed the ED-5D-5L assessments at both baseline and at least once after baseline and were included in the HRQoL analysis populations (Fig. 1). Most of the patients with R/M cSCC who completed the EORTC QLQ-C30 were elderly; the median age was 73 years, 69 (69.7%) were aged ≥ 65 years, and 15 (15.2%) were aged ≥ 80 years (ESM Fig. 1).
Most patients were male \( n = 75 (75.8\%) \), and 63 patients (63.6\%) had a baseline Eastern Cooperative Oncology Group performance status of 1; 81 patients (81.8\%) had stage IV disease, and 73 (73.7\%) had previously received radiation therapy. Most patients were heavily pre-treated; 14 (14.1\%) received pembrolizumab as first-line therapy, and 85 (85.9\%) had received \( C_1 \) prior systemic therapy. The baseline characteristics of patients who completed the EQ-5D-5L assessment were similar to those who completed the EORTC QLQ-C30 (ESM Table S2). The median follow-up was 11.4 months (range 0.4–16.3 months) \[14\].

### HRQoL Instrument Completion and Compliance

At week 12, compliance rates were 81.2\% for the EORTC QLQ-C30 and 82.4\% for the EQ-5D-5L (Fig. 1; ESM Table S3). The compliance rates remained \( \geq 78\% \) for the EORTC QLQ-C30 and \( \geq 80\% \) for the EQ-5D-5L at all post-baseline time points except week 42. Completion rates decreased at each time point as participants discontinued the study, primarily due to disease progression or death. The completion rates at week 12 were 69.7\% and 70.0\% for EORTC QLQ-C30 and EQ-5D-5L, respectively.

### Mean Change from Baseline in HRQoL Scores

For patients who remained on study at week 12, the EORTC QLQ-C30 GHS/QoL and physical function scores remained stable over 12 weeks of treatment; the mean change from baseline was 4.95 points (95% CI –1.00 to 10.90) and –3.38 points (95% CI –8.80 to 2.04) for GHS/QoL and physical functioning, respectively (Table 1). Descriptive analyses of mean change from baseline further revealed that the EORTC QLQ-C30 GHS/QoL and physical functioning scores remained stable over time through week 48 for those who were on study and able to complete questionnaires (Fig. 2).

Patients who remained on study at week 12 generally exhibited stable scores for the other functioning and symptom scales of the EORTC QLQ-C30 (Fig. 3). A clinically meaningful improvement relative to baseline in constipation score was observed at week 12. Similarly, for patients who remained on study at week 12, the EQ-5D-5L VAS and utility scores remained stable from baseline to week 12, with a mean change of 1.97 points (95% CI –3.85 to 7.79) and –0.01 points (95% CI –0.07 to 0.06), respectively (ESM Table S4).

### Proportion with Improved, Stable or Deteriorated HRQoL Scores

Overall, most patients experienced stable or improved EORTC QLQ-C30 GHS/QoL (70.7\%; 95% CI 60.7–79.4) and physical functioning (64.6\%; 95% CI 54.4–74.0) scores relative to baseline (Table 2). The proportion with improved post-baseline scores was 29.3\% (95% CI 20.6–39.3) for GHS/QoL and 17.2\% (95% CI 10.3–26.1) for physical functioning. Descriptive

### Table 1 Mean change from baseline in European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30) global health status/quality of life (GHS/QoL) and physical functioning scores for patients on study at week 12

|                          | GHS/QoL\(^a\) (\(N = 69\)) | Physical functioning\(^a\) (\(N = 69\)) |
|--------------------------|------------------------------|----------------------------------------|
| Baseline, mean (SD)      | 60.99 (23.68)                | 74.78 (21.08)                          |
| Week 12, mean (SD)       | 65.94 (22.08)                | 71.40 (22.64)                          |
| Change from baseline to week 12, mean (95% CI) | 4.95 (–1.00 to 10.90) | –3.38 (–8.80 to 2.04) |

\( CI \) confidence interval, \( SD \) standard deviation

\(^a\) For GHS/QoL scores and all functioning scales, a higher score denotes better health-related quality of life or function.

A \( \geq 10\)-point change from baseline in the EORTC QLQ-C30 GHS/QoL, functioning and symptom scores was considered clinically meaningful \[28\].
Fig. 2 Mean change from baseline\(^a\) in \(a\) European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30) global health status/quality of life (GHS/QoL) score and \(b\) EORTC QLQ-C30 physical function score for patients on study at each time point.\(^b\) CI confidence interval, HRQoL health-related quality of life. \(^a\)For GHS/QoL scores and all functioning scales, a higher score denotes better HRQoL or function. A ≥ 10-point change from baseline in the EORTC QLQ-C30 GHS/QoL, functioning and symptom scores was considered clinically meaningful [28].\(^b\)These analyses are purely descriptive given the smaller proportion of patients who completed questionnaires after week 12.
Fig. 3 Mean change from baseline
d for patients on study at week 12 in the European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30) a global health status/quality of life (GHS/QoL) and functioning scales and b symptom scales. HRQoL health-related quality of life, R/M recurrent and/or metastatic. *For GHS/QoL scores and all functioning scales, a higher score denotes better HRQoL or function. Symptom scales were reverse-scored to simplify presentation, such that a higher score also denotes better symptoms. A ≥ 10-point change from baseline in the EORTC QLQ-C30 GHS/QoL, functioning and symptom scores was considered clinically meaningful [28].
analyses according to treatment response showed a greater proportion of responders (CR or PR) experienced improved GHS/QoL and physical functioning scores relative to baseline compared with non-responders (SD or PD). Among responders (n = 36), 55.6% (95% CI 38.1–72.1) had improved GHS/QoL scores relative to baseline compared with 16.1% (95% CI 7.6–28.3) among non-responders (n = 56). Similarly, 36.1% (95% CI 20.8–53.8) of responders had improved physical functioning scores compared with 7.1% (95% CI 2.0–17.3) of non-responders.

**DISCUSSION**

Efficacious therapies with manageable tolerability that do not negatively affect HRQoL in patients with R/M cSCC are needed. Pembrolizumab demonstrated durable anti-tumour activity and acceptable safety in patients with R/M cSCC in the first interim analysis of KEYNOTE-629 [14]. However, because patients with R/M cSCC tend to be fragile due to advanced age, it is particularly important to assess the impact of pembrolizumab treatment on HRQoL in this population. In this pre-specified exploratory HRQoL analysis of KEYNOTE-629,
patients treated with pembrolizumab who remained on study at week 12 demonstrated stable overall GHS/QoL, functioning and symptom scores; in addition, a correlation was observed between HRQoL benefit and response to pembrolizumab. Furthermore, the descriptive trend in stable GHS/QoL and physical functioning scores extended for as long as 48 weeks. These findings support the benefit of pembrolizumab monotherapy in this elderly patient population.

Growing evidence from immunotherapy trials has shown that monotherapy with PD-1 inhibitors provides efficacy and safety benefits while maintaining or improving HRQoL in several tumour types [30]. The results of KEYNOTE-629 and a phase 2 trial of cemiplimab further support the benefits of PD-1 inhibitors in cSCC, with both studies reporting durable responses with stable or improved HRQoL in patients with advanced cSCC receiving treatment with a PD-1 inhibitor [13, 14, 31]. In the exploratory analysis of HRQoL in the phase 2 trial of cemiplimab, patients with unresectable locally advanced or metastatic cSCC had a clinically meaningful reduction in pain at cycle 5 of cemiplimab (administered at 3 mg/kg every 2 weeks for 12 cycles or 350 mg every 3 weeks for 6 cycles), with most patients having stable or a trend toward improved HRQoL scores across the other EORTC QLQ-C30 domains [31]. The generally stable or improved HRQoL with pembrolizumab and cemiplimab is particularly notable given the advanced and primarily elderly populations that were studied. The limitations of the current HRQoL analysis include the single-arm design of KEYNOTE-629. To our knowledge, HRQoL analyses have not been published for other treatments that are commonly used for R/M cSCC, such as epidermal growth factor receptor inhibitors, and therefore, the effect of these agents on HRQoL is unclear.

CONCLUSIONS

In this study, the stability of HRQoL in patients with R/M cSCC treated with pembrolizumab showed that HRQoL was not negatively affected by adverse events. Most patients exhibited stable overall HRQoL and physical functioning scores over time. Furthermore, improvements in HRQoL scores were positively correlated with treatment response, with a greater proportion of responders (CR or PR) experiencing improved GHS/QoL and physical functioning scores relative to baseline compared with non-responders (SD or PD). This result shows that the efficacy of pembrolizumab can translate into tangible benefit in elderly patients with R/M cSCC.

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Compliance with Ethics Guidelines. The study protocol and amendments were conducted in accordance with the ethics principles outlined in the Declaration of Helsinki and approved by the appropriate ethics review committees (ESM Table S1). All patients gave written informed consent.

Data Availability. Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Kenilworth, NJ, USA (MSD) is committed to providing qualified scientific researchers access to anonymised data and clinical study reports from the company’s clinical trials for the purpose of conducting legitimate scientific research. MSD is also obligated to protect the rights and privacy of trial participants and, as such, has a procedure in place for evaluating and fulfilling requests for sharing company clinical trial data with qualified external scientific researchers. The MSD data sharing website (available at http://engagezone.msd.com/ds_documentation.php) outlines the process and requirements for submitting a data request. Applications will be promptly assessed for completeness and policy compliance. Feasible requests will be reviewed by a committee of MSD subject matter experts to assess the scientific validity of the request and the qualifications of the requestors. In line with data privacy legislation, submitters of approved requests must enter into a standard data-sharing agreement with MSD before data access is granted. Data will be made available for request after product approval in the USA and EU or after

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product development is discontinued. There are circumstances that may prevent MSD from sharing requested data, including country- or region-specific regulations. If the request is declined, it will be communicated to the investigator. Access to genetic or exploratory biomarker data requires a detailed, hypothesis-driven statistical analysis plan that is collaboratively developed by the requestor and MSD subject matter experts; after approval of the statistical analysis plan and execution of a data-sharing agreement, MSD will either perform the proposed analyses and share the results with the requestor or will construct biomarker covariates and add them to a file with clinical data that is uploaded to an analysis portal so that the requestor can perform the proposed analyses.

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