Compression properties of textile materials are useful for determining fullness, softness, smoothness, and stiffness. In addition, compression parameters have significant influence on fabric hand value and quality of textile materials. The present paper reports a study of the sublimation printing process influence on the change in compression properties of knitted fabrics (polyester, cotton, and cotton/polyester) intended for sportswear manufacturing. For that purpose, the KES-FB3-A Compression Tester was used for measuring compression parameters of knitted fabrics. The parameters, which contributed to the smallest reduction percentage in compression properties of polyester knitted fabrics were yarn linear density and weight. For cotton-rich knitted fabrics sublimation coating powder was used for paper modification to bond disperse dyes to cotton fibres. The analysis of the results showed that the printing process had a smaller influence on the change of compression parameters of polyesters in relation to cotton and cotton/polyester knitted fabrics. It was noted that the printing process had the effect of thickness reduction for all knitted fabrics to varying degrees. Printing process contributed to small decrease in compressibility and specific volume values for polyester knitted fabrics. The modification process contributed to the significant reduction of the compressibility for cotton (from 34.46% to 47.89%) and cotton/polyester (from 38.81% to 50.75%) knitted fabrics. In addition, reduction in specific volume values range from 41.86% to 44.19% for cotton and from 42.37% to 45.75% for cotton/polyester knitted fabrics was noted.

Introduction

Compression properties describe the behaviour of a material under a compressive load that acts perpendicular to the textile material, as opposed to a tensile load (also known as transverse or longitudinal compression) [1]. In addition, compression may be defined as a decrease of the intrinsic thickness (space occupied by a textile material subjected to hardly observable pressure) with an appropriate increase in pressure [2]. Compression properties are related to textile material structure, surface properties, as well as compression and structural properties of fibres and yarns [3]. It was established that knitted structures have much higher fabric stretch and percentage of recovery than woven fabrics due to their less compact structure, while woven fabrics possess higher compression properties [4]. Compression values of the knitted fabrics decreased with knit density. This can be explained by a structure of loops, which leads to decreasing compression resilience, and compression energy as the loop space becomes smaller [3]. In addition, the factors that influence knitted fabric’s compressibility are structural parameters, loop length and cover factor as well as raw material and fibres blend ratio [5-7].

Compression behaviour of knitted fabrics indicates its resilience and fullness. In addition, compression properties are important factors in determining comfort and fabric hand [8] and have significant influence on garment appearance quality [9]. Textile materials, which compress easily, can be evaluated as soft, possessing high compression values [10].

The compressional energy (WC) represents the energy required for the compression deformation of a textile material. In addition, WC is a measure of compressibility and is related to the thickness of textile material. Thicker fabrics are more compressible. The values of WC primarily affect the total value of fabric hand [1].

The linearity of the curve $F_c (h)$ (LC) the compressive stress-strain is a dimensionless parameter that provides information on the nonlinearity of the curve $F_c (h)$ from a straight line. The higher the value of the LC parameter, the closer the dependence between the compression load and the deformation is to the linear relationship.

The values of the curve $F_c (h)$ depend on the design parameters of the yarn as well as the textile material. In addition, these values affect the quality of the fabric hand feel [1].

Keywords: Knitted fabrics, compression properties, sublimation printing, modification process, cotton, and polyester
The compression resilience (RC) is an important parameter that reflects the relationship between the released or reversible energy during stress release recovery and the energy absorbed at compression load. RC is a measure of its volume flexibility. Textile materials with higher RC values give a feeling of elasticity and positively affect the total value of fabric hand [1].

Any modification of textile materials such as pressing, singeing, milling, or printing influence fabric hand and have a significant impact on the compressibility [2]. For that reason, this paper presents a systematic study of sublimation printing process influence on compression properties of knitted fabrics. The effects of knitted fabrics pattern, yarn, thickness and weight on changes that occurred after the printing process will also be discussed. A better understanding of knitted fabric’s compression behaviour may be very useful for improving both basic and industrial knowledge.

**Experimental**

For the purpose of investigating sublimation printing process influence on the change in compression properties of knitted fabrics, seven different knitted fabrics were knitted and printed in the CMYK colour model (in four different colours: Cyan, Magenta, Yellow, and Key that is black). Samples of knitted fabrics were tagged in the following manner: Knitted fabrics printed by Cyan ink were tagged with code C, followed by the number of knitted fabrics, etc. Unprinted (White) knitted fabrics were tagged with W, followed by the number of knitted fabrics. Structural properties of knitted fabrics are presented in Table 1.

**Table 1. Structural parameters of knitted fabrics**

| Sample code | Pattern          | Raw material | Linear density $T_r$ (tex) | Horizontal density $D_h$ (cm$^{-2}$) | Vertical density $D_v$ (cm$^{-2}$) | Total density $D_t$ (cm$^{-2}$) | Thickness $h$ (mm) | Weight $m$ (g m$^{-2}$) |
|-------------|------------------|--------------|---------------------------|--------------------------------------|-----------------------------------|------------------------|-------------------|------------------------|
| 01          | Interlock        | PES          | 7.40                      | 16.0                                 | 21.5                              | 344.0                  | 0.31              | 124.60                 |
| 02          | Interlock        | PES          | 7.40                      | 16.3                                 | 10.5                              | 171.2                  | 0.38              | 122.40                 |
| 03          | Interlock        | PES          | 7.04                      | 3.60                                 | 16.5                              | 11.8                   | 194.7             | 0.28                   | 134.88                |
| 04          | Plique (double)  | PES          | 7.40                      | 17.35                                | 16.0                              | 15.9                   | 254.4             | 0.67                   | 157.60                |
| 05          | Rib knit (Honeycomb) | PES          | 7.40                      | 18.7                                 | 11.3                              | 211.3                  | 0.50              | 124.18                 |
| 06          | Rib knit 1:1     | PES          | 11.11                     | 15.5                                 | 16.0                              | 279.0                  | 0.33              | 132.08                 |
| 07          | Plain Jersey     | Co           | 19.46                     | 16.0                                 | 21.5                              | 344.0                  | 0.43              | 158.32                 |

The thickness of knitted fabrics (Table 1) was determined according to ISO 5084:1996 Standard at a compressive force of 10.02 ± kPa [11]. The knitted fabrics samples were conditioned and tested in standard atmosphere (temperature of 20°C and 65% relative humidity during 24 h) for conditioning as specified in the ISO 139:2005 Standard [12].

Piezo electronic on-demand inkjet printer model EPSON L1800 was used for paper printing. The print resolution of 7760 x 1440 dpi was used. For polyester (PES) knitted fabrics Transfer paper (weight 100 g/m$^2$) Ventus Master 100 by Canapa was used, while, for Co and Co/PES knitted fabrics sublimation transfer paper (weight 120 g/m$^2$) High-weight Sublimation Paper by Skyimage was used. Sublisplash (Splashjet-Super-Sub-6C) by Print Equipment GmbH & Co dye sublimation ink was used. The curing process was conducted using Digital High-Pressure Heat Press model SHP-15/20/24LP2MS and pressure was 12 kPa. The curing process for PES knitted fabrics was conducted at 185 °C and the dwell time was 120 seconds and for Co and Co/PES knitted fabrics the process was conducted at 190 °C and the dwell time was 35 seconds.

For paper modification, in order to bind disperse ink to Co fibres, sublimation coating powder under the trade name Copolymer Thermal Transfer Adhesive Powder, by Shenzhen Tunsing Plastic Products Co., Ltd was used. Sublimation coating powder was applied on paper when the ink was still wet. The average quantity of 1.4 g of sublimation coating powder was for a 30 x 30 cm knitted
Advanced technologies

10(1) (2021) 46-53

Figure 1. The thickness of knitted fabrics measured at different compressional loads

As can be seen from the results shown in Figure 1, with the increase of compression load the thickness of both unprinted and printed knitted fabrics also decreases. A decrease in both \( h_0 \) and \( h_m \) thicknesses was observed after the application of sublimation printing, which is a consequence of the application of pressure in the heat press during the ink curing process. In PES printed knitted fabrics, a slight decrease in \( h_m \) thickness was observed in relation to \( h_0 \), while in this case of Co/PES and Co knitted fabrics decrease of \( h_m \) values is more pronounced.

The results of \( WC \) and \( LC \) of knitted fabrics are presented in Figure 2.
A decrease of $WC$ values was recorded for all knitted fabrics samples after the printing process. For unprinted samples, the highest $WC$ values were recorded for Co (0.322 Nm/m$^2$) and Co/PES (0.329 Nm/m$^2$) knitted fabrics, but after the application of the printing process, there is a significant decrease in these values. For Co/PES knitted fabrics in pique pattern decrease ranging from 54.66% to 59.63% was recorded for $WC$ values while a decrease ranging from 33.13% to 52.89% was recorded for Co knitted fabrics in plain jersey pattern.

The lowest reduction percentage of $WC$ values (from 15.32% to 21.62%) was recorded for knitted fabrics in rib knit pattern with sample code 06. This knitted fabric was knitted by using the yarn of the highest linear density (11.11 tex) and have the highest weight in comparison to other PES knitted fabrics. In addition, this knitted fabric has high total density value (279.0). All these factors contributed to the stable structure of this knitted fabric on which compression load had the smallest impact after the printing process.

For knitted fabrics with sample code 01, 02 and 05 (made using the same yarn 7.40 tex) it can be concluded that the $WC$ values increase with the thickness increase of the knitted fabrics. If the results of obtained $WC$ values for interlock knitted fabrics are analysed, it can be seen that the values of the $WC$ are dependent on the thickness of the knitted fabrics, which can be also seen from the results shown in Figure 2.

The decrease in $WC$ values indicates that all knitted fabric samples had a decrease in fullness and volume after application of the printing process. This is a consequence of the curing process, i.e., using the pressure and heat in a heat press.

Based on the analysis of the results shown in Figure 2, it is evident that for PES samples there were slight changes in the $LC$ values after the printing process. In the case of knitted fabrics in interlock pattern decrease in the $LC$ values from 0.41% to 12.02% for knitted fabrics with sample code 01 and from 0.41% to 13.29% for knitted fabrics with sample code 03 was recorded. While, for knitted fabrics with sample code 02, insignificant change in $LC$ values was recorded.

For PES knitted fabrics in honeycomb pattern with sample code 05 decrease in $LC$ values ranging from 7.24% to 10.46% was recorded. Prior to the application of the printing process, higher $LC$ values were observed for PES (from 0.45 to 0.497) knitted fabrics compared to Co/PES (0.387) and Co (0.379) knitted fabrics. For Co/PES knitted fabrics with sample code 04 a decrease in $LC$ values in the range from 3.62% to 14.21% was recorded after the printing process. In the case of Co knitted fabrics in plain jersey pattern with 07 sample code, there was a decrease in the $LC$ value after the printing process, which varied from 24.54% to 42.74%.

Dependence of $WC$ of $h_0$ and $h_m$ thicknesses for PES knitted fabrics are presented in Figure 3.
Based on the results shown in Figure 3, it can be consulted that the dependencies between WC and thickness $h_0$ for PES knitted fabrics is high in terms of the functional dependence which is indicated by the high value of $R^2$ (0.7875) while, for dependence between WC and thickness $h_m$ obtained value of $R^2$ was 0.6706.

The $RC$ results of analysed knitted fabrics are presented in Figure 4.

As can be seen from Figure 4, higher $RC$ results were obtained for PES knitted fabrics (from 51.60% to 73.38%) in comparison to Co/PES (from 44.63% to 59.46%) and Co (from 37.48% to 50.05%) knitted fabrics. For PES knitted fabrics with sample codes 01, 02 and 05, which were knitted using the same yarn (7.40 tex), a slight change in $RC$ values was recorded after the printing process, while for knitted fabrics in interlock pattern with sample code 03 increase ranging from 5.02% to 13.61% was recorded.

A more pronounced change in $RC$ values was observed for Co/PES and Co knitted fabrics after the printing process. For Co/PES knitted fabrics in pique pattern with sample code 04 increase of $RC$ values, ranging from 1.67% to 14.83% was recorded. In addition, for Co knitted fabrics with sample code 07 increase ranging from 2.11% to 10.43% was recorded for $RC$ values after the printing process. The obtained results can be explained by the change in the structure of the knitted fabrics, which was the consequence of the modification.

Higher $RC$ values give a softer, fuller, and smoother feel of textile material.

In Figure 5a, the dependence of $V_{sv}$ of WC for PES knitted fabrics, while in Figure 5b, these results for Co/PES and Co knitted fabrics are presented.

Based on the results shown in Figure 5a, it can be noticed that the dependencies of $V_{sv}$ of WC for PES knitted fabrics are quite satisfactory in terms of the functional dependence, which can be confirmed by $R^2$ value (0.9205). In addition, dependencies between $V_{sv}$ and WC for Co and Co/PES knitted fabrics (Figure 5b) are low in terms of functional dependence, which was confirmed by the $R^2$ value of 0.477. This can be explained by the modification process, i.e., the use of sublimation powder created a surface layer on knitted fabrics, which reduced the elasticity, increased rigidity, and contributed to the reduction of $V_{sv}$ and WC values of these knitted fabrics.

The results of $V_{sv}$ and $C$ of knitted fabrics are presented in Figure 6.

It is visible in Figure 6 that $C$ and $V_{sv}$ values decrease after the printing process for all knitted fabrics. For PES knitted fabrics in interlock pattern with sample code 01 decrease in compressibility values range from 7.96% to 19.47%, for knitted fabrics with sample code 02 a decrease ranging from 32.35% to 38.24% while for knitted fabrics with sample code 03 a decrease ranging from 15.48% to 32.14% was recorded. For knitted fabrics in pique pattern with sample code 05 decrease ranging from 10.71% to 30.36% was recorded for $C$ values after the printing process. The smallest influence of the printing process on $C$ values was recorded for knitted fabrics in rib knit pattern with sample code 06. For this
printed samples, the smallest decrease in C values was recorded, ranging from 6.90% to 16.09%. These results correspond to both WC and LC results obtained for the knitted fabrics in rib knit pattern with sample code 06.

The modification process significantly influenced the results of compressibility. Unprinted Co/PES (0.134) and Co (0.213) knitted fabrics have significantly high C values. The percentage of compressibility reduction was much higher for Co and Co/PES printed knitted fabric in comparison to PES printed knitted fabrics. For Co/PES knitted fabrics in pique pattern decrease ranging from 38.81% to 50.75% was recorded while for Co printed knitted fabrics in plain jersey pattern decrease in C values range from 34.46% to 47.89%. Such a significant reduction in C values has a negative impact on the fabrics hand.

For knitted fabrics in interlock pattern (01, 02 and 03 sample code), the factor which influenced the reduction of Vsv values the most is the yarn parameters. The smallest reduction in Vsv values was observed for knitted fabrics with sample code 03. This knitted fabric was knitted using two yarns that contributed to the improved stability of the structure which was least affected by the compression load. If results of Vsv for knitted fabrics with sample codes 01 and 02 that are made of the same yarn and in the same pattern are analysed, it can be concluded that the percentage decrease in Vsv value depends on the density and weight of knitted fabrics.

The smallest change in Vsv values after the application of sublimation printing was recorded for PES knitted fabrics in rib knit pattern with the sample code 06. This knitted fabric was knitted using the yarn of highest linear density (11.11 tex) in comparison to other PES knitted fabrics. The obtained Vsv results correspond to other results of compression properties obtained for this knitted fabric.

A smaller decrease in Vsv values was observed in PES knitted fabrics compared to Co and Co/PES knitted fabrics after the printing process. For Co/PES knitted fabrics with sample code 04, there was a decrease in Vsv values ranging from 42.37% to 45.76% while a decrease ranging from 41.86% to 44.19% was recorded for Co printed knitted fabrics with sample code 07 after the printing process. This can be explained by modification process.

As it can be seen from Figure 7, high dependencies of compressibility of weight for PES knitted fabrics in interlock pattern was observed, which is also visible from obtained $R^2$ value of 0.8804.

**Conclusion**

In this study, the change of compression properties of seven different knitted fabrics that differs in raw material, pattern, yarn parameters, weight, and densities, after the sublimation printing process was investigated. The modification process was required when printing Co and Co/PES knitted fabrics with the aim of binding the disperse dyes to the natural fibres which has greatly contributed to the change of compression properties.

During the curing process in the heat press, i.e., exposure knitted fabrics to heat and compression pressure, following changes occurred in PES knitted fabrics:

- Reduction of thicknesses ($h_0$ and $h_m$) and deformation of the structure, which further affected the other compression properties of knitted fabrics;
- Slight decrease in WC values and insignificant change in RC values for knitted fabrics with sample code 01 and 05, while for knitted fabrics 02 small increase in RC values was detected;
- Slight decrease in LC values;
- Small decrease in C and Vsv values. Good dependence between C and weight for PES knitted fabrics in interlock pattern was established.
- The PES knitted fabric on which the printing process had the least influence on the change of compression properties was a knitted fabric in a rip knit pattern with sample code 06. This can be explained by the fact that this knitted fabric was made using yarn of highest linear density (11.11 tex) as well as that poses the highest weight compared to other PES knitted fabrics.

The use of sublimation coating powder contributed to the change in the structure of Co and Co/PES knitted fabrics. This resulted in structure alteration, powder and dye were incorporated into the pores and fibres, which created a layer on the surface of the knitted fabrics. Because of these alterations, the following changes occurs in compression properties of Co/PES and Co knitted fabrics:
- Significant decrease of WC values;
- Increase of RC values;
- Large decrease of C and Vsv values. This can be explained by the modification process, i.e., the application of sublimation coating powder, which changed the structure and contributed to the reduction of the thickness (h₀ and hm) of these knitted fabrics.

The obtained result indicates that the printing process had less impact on the PES knitted fabric compared to Co and Co/PES knitted fabrics compression properties. For all knitted fabrics samples a decrease in fullness and specific volume after application of printing process was recorded in to varying degrees.

A deeper understanding of compressional properties of knitted fabrics printed by sublimating printing technique can be very beneficial to engineers who are designing printed knitted fabrics for sportswear manufacturing.

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Kompresijska svojstva su korisna pri određivanju punoće, mekoće, glatkoće i krućnosti tekstilnih materijala. Pored toga, parametri kompresije imaju značajan uticaj na vrednosti opipa i kvalitet tekstilnih materijala. Ovaj rad izveštava o uticaju procesa sublimacijske transfer štampe na promenu kompresijskih svojstava pletenina (poliester, pamuk i pamuk/poliestar) namenjenih za izradu sportske odeće. U tu svrhu korišćen je KES-FB3-A Compression Tester za merenje parametara kompresijskih svojstava. Parametri koji su doprineli najmanjem procentu smanjenja kompresijskih svojstava kod poliestarskih pletenina su površinska masa i podužna masa pređe. Za pletenine koje sadrže pamučna vlakna korišćen je sublimacijski prah za modifikaciju papira s ciljem vezivanja disperznih boja za ova vlakna. Analiza rezultata pokazala je da je postupak štampe imao manji uticaj na promenu kompresijskih parametara poliestarskih u odnosu na pamučne i pletenine iz mešavine poliester- skih i pamučnih vlakana. Primećeno je da je postupak štampe uticao na smanjenje debljine svih pletenina u različitom stepenu. Postupak štampe doprinoje malom smanjenju kompresibilnosti i vrednosti specifičnih zapremina poliestarskih pletenina. Proces modifikacije doprinoje raste u značajnom smanjenju kompresibilnosti pamučnih (od 34.46% do 47.89%) i pletenina iz mešavine poliester- skih i pamučnih vlakana (od 38.81% do 50.75%). Pored toga, smanjenje vrednosti specifičnih zapremina kreće se od 41.86% do 44.19% za pamučne i od 42.37% do 45.75% za pletenine iz mešavine poliester- skih i pamučnih vlakana.

KOMPRESIJSKA SVOJSTVA PLETENINA ŠTAMPANIH TEHNIKOM SUBLIMACIONE TRANSFER ŠTAMPE

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Ključne reči: pletenine, kompresijska svojstva, sublimaciona štampa, postupak modifikacije, pamuk i poliester

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Izvod

Kompresijska svojstva su korisna pri određivanju punoće, mekoće, glatkoće i krućnosti tekstilnih materijala. Pored toga, parametri kompresije imaju značajan uticaj na vrednosti opipa i kvalitet tekstilnih materijala. Ovaj rad izveštava o uticaju procesa sublimacijske transfer štampe na promenu kompresijskih svojstava pletenina (poliester, pamuk i pamuk/poliestar) namenjenih za izradu sportske odeće. U tu svrhu korišćen je KES-FB3-A Compression Tester za merenje parametara kompresijskih svojstava. Parametri koji su doprineli najmanjem procentu smanjenja kompresijskih svojstava kod poliestarskih pletenina su površinska masa i podužna masa pređe. Za pletenine koje sadrže pamučna vlakna korišćen je sublimacijski prah za modifikaciju papira s ciljem vezivanja disperznih boja za ova vlakna. Analiza rezultata pokazala je da je postupak štampe imao manji uticaj na promenu kompresijskih parametara poliestarskih u odnosu na pamučne i pletenine iz mešavine poliester-skih i pamučnih vlakana. Primećeno je da je postupak štampe uticao na smanjenje debljine svih pletenina u različitom stepenu. Postupak štampe doprinoje malom smanjenju kompresibilnosti i vrednosti specifičnih zapremina poliestarskih pletenina. Proces modifikacije doprinoje raste u značajnom smanjenju kompresibilnosti pamučnih (od 34.46% do 47.89%) i pletenina iz mešavine poliester-skih i pamučnih vlakana (od 38.81% do 50.75%). Pored toga, smanjenje vrednosti specifičnih zapremina kreće se od 41.86% do 44.19% za pamučne i od 42.37% do 45.75% za pletenine iz mešavine poliester- skih i pamučnih vlakana.