Determination of *Vibrio parahaemolyticus* from Retail Shrimp of South Gujarat of Navsari District and their Drug Resistance Pattern

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**ABSTRACT**

In this study systematic bacteriological examination of aseptically collected 150 shrimp samples, 27 samples of hand swabs from fish handlers were collected from retail fish outlets, and 23 stool samples from patients suffered with digestive disturbances after consumption of seafood reported to private clinics, all from Navsari city were investigated. The samples were enriched in Alkaline Peptone Water followed by direct plating on selective media *viz*., Thiosulfate Citrate Bile Salt Sucrose agar and *Vibrio parahaemolyticus* sucrose agar. All samples were brought to the laboratory for isolation, identification and characterization of *V. parahaemolyticus* isolates on the basis of their morphological, cultural and biochemical characteristics. Out of total 150 samples of shrimp 5 (3.33%) isolates of *V. parahaemolyticus* were obtained which included 3 (4.28%, 3/70) from marine shrimp and 2 (2.5%, 2/80) from freshwater shrimp samples. Out of 27 samples of the hand swabs of fish handlers, 2 (7.40%) were positive for *V. parahaemolyticus*. However, none of 23 human stool samples was positive for the pathogen. All the 7 *V. parahaemolyticus* isolates were further processed to study drug resistance pattern against 7 commonly used antibiotics by agar disc diffusion method. The *V. parahaemolyticus* isolates showed cent percent sensitivity towards Ciprofloxacin and Gentamicin, followed in descending order by Amikacin (85.71%), Trimethoprim (85.71%), Streptomycin (71.42%) and Tetracycline (28.58%). An intermediate sensitivity of isolates was noticed against Streptomycin (28.58%) and Amikacin (14.29%). All *V. parahaemolyticus* isolates were totally resistant to Penicillin. However, varying degree of resistance was observed against Tetracycline (71.42%) and Trimethoprim (14.29%).

**Keywords**

Shrimp, *Vibrio parahaemolyticus*, Antibiotic resistance

**Article Info**

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**Introduction**

Aquaculture remains a growing, vibrant and important production sector for high-protein animal food that is easily digestible and of high biological value. Globally, marine and inland capture fisheries provide two-thirds of the total food fish supply with the remaining one-third being derived from aquaculture (Chatterjee and Haldar, 2012). Aquaculture production in India contributing over 4 per cent to the world aquaculture (Ayyappan and
Biradar, 2002). Shrimp cultivation is an economically important agricultural activity worldwide. In international trade, the most prominent product from aquaculture is marine shrimp, with approximately 26 per cent of the total product comes from pond-reared Penaeid species i.e. Litopenaeus vannamei and Penaeus monodon (Shanmugasundaram et al., 2015). With its vast brackish water resources and congenial climatic conditions, India has good scope for shrimp production (Ponnusamy and Pillai, 2014).

Gujarat is having a vast brackish water area of 3.76 lakh hectares throughout 1,600 km long coastline which is ideal for shrimp culture. Large number of shrimp farms has been constructed and major activities related to shrimp culture have been concentrated on coastal belt of South Gujarat (Vadher and Kapila, 2014).

Shrimp cultivation faced serious problems with diseases caused by viruses and bacteria causing severe economic losses. Of the bacterial infections, Vibrio spp. is well recognized cause of mortality. V. parahaemolyticus, V. harveyi, V. anguillarum and V. vulnificus have been frequently associated with mortalities both in hatcheries and grow out ponds, too (Shanmugasundaram et al., 2015).

Shrimps and Prawns of various kinds have certainly been a source of protein for human consumptions from very early times. The most common Vibrio species found in farming phases of black tiger shrimp in India were V. alginolyticus, V. parahaemolyticus and V. vulnificus (Bhaskar and Setty, 1994).

The occurrence of V. parahaemolyticus in marine and estuarine environments is of special interest from the public health point of view too, since most outbreaks of gastroenteritis caused may result in more severe infections than those caused by sewage-borne viral and bacterial pathogens (Rippey, 1994). Vibrio parahaemolyticus has a worldwide distribution in estuarine and coastal environments and has been isolated from many species of fish, shellfish and crustaceans (FDA, 1992).

Vibrio parahaemolyticus is a Gram-negative, halophilic, non-spore forming rod, either straight or has a single, rigid curve. When grown in liquid medium, motility is exhibited by a single polar flagellum.

V. parahaemolyticus is inhibiting temperate and tropical estuarine, marine and coastal environment worldwide (Baumann and Schubert, 1984).

The bacterium was first identified as a causative agent of human disease after an outbreak of gastroenteritis in Japan in 1950 (Joseph et al., 1982; Mahmud et al., 2006). This human pathogen occurs naturally in the marine environments and frequently isolated from a variety of sea foods including codfish, sardine, mackerel, flounder, clam, octopus, shrimp, crab, lobster, crawfish, scallop and oyster (Su and Liu, 2007; Liston, 1990).

Consumption of raw or undercooked seafood, particularly shellfish, contaminated with V. parahaemolyticus lead to development of acute gastroenteritis characterized by diarrhoea, headache, vomiting, nausea, abdominal cramps and low fever. It is recognized as the leading cause of human gastroenteritis associated with seafood consumption in the world (Kaysner and DePaola, 2001; Su and Liu, 2007).

Clinical isolates of V. parahaemolyticus most often produce either the thermostable direct hemolysin (TDH) or TDH-related hemolysin (TRH) encoded by tdh and trh genes,
respectively. However, only bacteria producing virulence factors, i.e., TDH and/or TRH, are considered to be pathogenic and can cause acute gastroenteritis or invasive septicaemia (Bisha et al., 2012). Keeping in view the above points in the present investigation an attempt was made to study incidence of Vibrio parahaemolyticus along with enteropathogenic potential.

Materials and Method

Samples

A total aseptically collected 150 shrimp samples, 27 samples of hand swabs from fish handlers were collected from retail fish outlets, and 23 stool samples from patients suffered with digestive disturbances after consumption of seafood reported to private clinics, all from Navsari city were investigated.

Shrimp samples

Altogether 150 shrimp samples from different ecosystems viz. marine and freshwater comprising of shrimp and prawns like white leg shrimp, black tiger shrimp and brown shrimp (Metapenaeus dobsoni) sold in and around Navsari city were collected aseptically in sterile polythene bags. Each sample bag was labelled indicating code number, type of the sample, date of collection etc. Samples were placed in the insulated box containing ice and brought to the departmental P.G. laboratory for further investigation.

The human samples

From the human subjects, stool samples and hand swabs collected aseptically directly in APW enrichment broth and brought to the departmental laboratory and incubated at 35-37°C for 16-18 hrs.

Isolation and identification of V. parahaemolyticus

Samples of freshwater and marine shrimps and prawns were subjected to obtain surface tissues, gills, and guts and hepatopancreas. About 25g of each type of sample (Gills, Guts and Hepato-pancreas) was thoroughly triturated in a sterile mortar and pestle with use of 225 ml PBS (0.85% NaCl), pH 7.2-7.5, than inoculate 3-tube, multiple dilution, alkaline peptone water (APW) MPN series (i.e., add 1 ml portions of each 1:10 and higher dilution to sets of 3 tubes containing 10 ml APW). Incubate tubes 16-18 h at 35-37°C. Incubations of MPN tubes completed within 15-20 min of dilution preparation. From the human subjects, stool samples and hand swabs collected aseptically directly in APW enrichment broth and brought to the departmental laboratory and incubated at 35-37°C for 16-18 hrs. Subsequently they were processed in similar procedures follow for shrimp samples. A loopful of culture from APW after 18-24h enrichment was streaked onto Thiosulfate citrate bile salt sucrose agar (TCBS) and Vibrio parahaemolyticus sucrose agar (VPSA) incubated at 37 °C for 24 h. The characteristic large colonies (3-4mm) with light blue or green centres on TCBS and VPSA were regarded as presumptive V. parahaemolyticus and further subjected to morphological, cultural and biochemical characterization. A series of biochemical tests as per BAM, USFDA method (Kaysner and DePaola, 2004) was used for the identification of Vibrio isolates.

Antibiogram

In this study, the antibiotic susceptibility tests were performed as per method described by Bauer et al., (1966) to find out the antibiotic resistance pattern of all Vibrio isolates. In vitro antibiotic sensitivity test of the isolates was conducted by paper disc diffusion method
using the discs supplied by HiMedia Laboratories Pvt. Ltd., Mumbai. Isolates were subjected to antimicrobial sensitivity tests against 7 antibiotics viz., Amikacin, Ciprofloxacin, Gentamicin, Penicillin, Streptomycin, Tetracycline and Trimethoprim.

*Vibrio* isolates were grown in Tryptone soya broth (TSB) (HiMedia) for 12-18 hours. The grown cultures were swabbed on Muller-Hinton agar plates (MHA with 2% NaCl final concentration) (HiMedia Laboratories Pvt. Ltd., Mumbai) with sterile cotton swabs and left for 30 minutes for pre-diffusion time. Then using an ethanol dipped and flamed forceps different antibiotic discs were placed on the agar surface at about two cm apart. The discs were slightly pressed with the forceps to make complete contact with the medium. The plates were incubated at 37°C for 18-24 hours. After the incubation period, the diameter of inhibition zones were measured and compared with interpretative chart provided by the manufacturer and zones were graded as sensitive, intermediate and resistant.

**Results and Discussion**

Systematic bacteriological examination of total 150 shrimp and prawn samples resulted in the recovery of 5 (3.33%) *V. parahaemolyticus* isolates as shown in Table 1. The findings of the present study were in approximation to 5.5 per cent as reported by Khamesipour (2014). However, lower incidence of 0.5 and 1.8 per cent was recorded by Hosseini *et al.*, (2004) and Raissy *et al.*, (2015), respectively. In contrast to the findings of present work, earlier studies conducted by Kshirsagar *et al.*, (2013); Sperling *et al.*, (2015) and Shanmugasundaram *et al.*, (2015) reported higher incidence of 11.66, 80.80 and 83.40 per cent, respectively.

| Sr No. | Type of the Sample | No. of samples examined | No. of samples positive | Per cent value |
|--------|--------------------|-------------------------|-------------------------|----------------|
| 1      | Shrimp Sample      |                         |                         |                |
| 1.1    | Shrimp Sample      | Fresh water shrimp/prawn | 80                      | 2              | 2.50           |
| 1.2    | Shrimp Sample      | Marine water shrimp/prawn| 70                      | 3              | 4.28           |
| 2      | Human Samples      | Hand swab from fish handlers | 27                      | 2              | 7.40           |
| 2.1    | Human Samples      | Human stool sample       | 23                      | 0              | 0.00           |

**Table 1** Isolation of *V. parahaemolyticus* from shrimp and human samples

**Table 2** Antibiogram of *V. parahaemolyticus* (n= 7) isolated from shrimp sample and human subjects

| Sr. No. | Name of Antibiotic with concentration in (µg) | Sensitive | Intermediate | Resistant |
|---------|---------------------------------------------|-----------|--------------|-----------|
| 1       | AK (30)                                     | 85.71* (6/7) | 14.29 (1/7) | 0 (0/7)   |
| 2       | CIP (5)                                     | 100 (7/7)  | 0 (0/7)      | 0 (0/7)   |
| 3       | GEN (10)                                    | 100 (7/7)  | 0 (0/7)      | 0 (0/7)   |
| 4       | P (10)                                      | 0 (0/7)    | 0 (0/7)      | 100 (7/7) |
| 5       | S (10)                                      | 71.42 (5/7) | 28.58 (2/7) | 0 (0/7)   |
| 6       | TE (30)                                     | 28.58 (2/7) | 0 (0/7)      | 71.42 (5/7) |
| 7       | TR (5)                                      | 85.71 (6/7) | 0 (0/7)      | 14.28 (1/7) |

Note: * Figures in the table indicate Per cent values and Amikacin (AK), Ciprofloxacin (CIP) Gentamicin (GEN) Penicillin (P) Streptomycin (S) Tetracyline (TE) and Trimethoprim (TR)
This could be due to variation in the sample size, different geographical conditions etc.

In the present study, *V. parahaemolyticus* was found 7.4 per cent (2/27) samples of the hand swabs of fish handlers as shown in Table 2. This finding is lower than that of Mohammed (2012) who reported 13.2 per cent (7/53) incidence in the hand swabs of fish handlers.

In the present study, none of 23 stool samples from patients suffered with digestive disturbances after consumption of seafood found positive for *V. parahaemolyticus*. Hernández-Díaz et al., (2015), Velazquez-Roman et al., (2012) and Mohammed (2012) reported 2.4 per cent, 5.09 per cent and 7.7 per cent incidence of *V. parahaemolyticus* in human stool samples, respectively.

**Antibiogram**

The pattern of resistance of *V. parahaemolyticus* analyzed in this study is shown in Table 2. In the present study *V. parahaemolyticus* isolates were found variably resistant to the antibiotics tested.

All the 7 *V. parahaemolyticus* isolates (5 from shrimp and 2 from human sample) were processed to study antibiotic resistance and sensitivity pattern against 7 commonly used antibiotics by agar disc diffusion method. The *V. parahaemolyticus* isolates showed cent percent sensitivity towards Ciprofloxacin and Gentamicin, followed in descending order by Amikacin (85.71%), Trimethoprim (85.71%), Streptomycin (71.42%) and Tetracycline (28.58%). An intermediate sensitivity of isolates was noticed against Streptomycin (28.58%) and Amikacin (14.29%). All *V. parahaemolyticus* isolates were totally resistant to Penicillin. However, varying degree of resistance was observed against Tetracycline (71.42%) and Trimethoprim (14.29%).

The occurrence of antibiotic resistant *V. parahaemolyticus* might be associated with indiscriminate or uncontrolled use of antibiotics to contain fish or shrimp diseases, faecal and industrial pollution of water bodies (Watkins and Cabelli, 1985).

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