‘How does regulating doctors’ admissions affect health expenditures? Evidence from Switzerland

SPEAKER
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ABSTRACT
This talk examines the impact of regulatory measures on healthcare costs, focusing on Switzerland’s use of moratoriums to control the admission of specialist doctors and general practitioners. Our analysis, rooted in data from the Swiss health insurers (SASIS) from 2007 to 2018, employs statistical models to assess how these policies might have influenced the number of doctors in free practice and the direct health costs they generate. Key findings reveal that while the lifting of the national moratorium in 2012 increased the number of doctors, it did not significantly impact health costs. The reintroduction of cantonal-level regulations led to a decrease in the number of free-practicing doctors without affecting overall health expenses. This talk will unpack these results, suggesting that doctor admission moratoriums may not directly limit the rise in healthcare expenditures, offering insights for policymakers grappling with healthcare affordability and access.