Helminth parasites of howler and spider monkeys in Mexico: Insights into molecular diagnostic methods and their importance for zoonotic diseases and host conservation

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The majority of the parasite assessments of New World primates have been conducted through the identification of the eggs found in faeces, though many species of parasites have very similar eggs, leaving uncertainty in the diagnosis. Here, we present the results of a parasite survey of the three species of primates distributed in Mexico, combining non-invasive sampling with molecular techniques via DNA extraction of the eggs found in the faeces. Mitochondrial and ribosomal DNA were employed for species identification and Bayesian phylogenetic analysis. Nine parasite taxa were found in the three primate species: the nematodes *Trypanoxyuris minutus, T. multilabiatus, T. pigrae, T. atelis, T. atelophora, Strongyloides sp.*, unidentified Ancylostomatid, unidentified Ascariid, and the trematode Controrchis bilophilus. We were able to extract and amplify DNA from the eggs of the five species of *Trypanoxyuris* reported for Mexican primates, two morphologically different trematode eggs, and *Strongyloides* sp. Phylogenetic analysis confirmed that the two types of trematode eggs belong to *Controrchis bilophilus*, a member of the family Dicrocoeliidae. For *Strongyloides* sp., phylogenetic analysis and genetic divergence showed an association between our samples and *S. fuelleborni*; however, no species could be established due to the lack of more DNA sequences from *Strongyloides* sp. occurring in Neotropical primates. The use of molecular and phylogenetic methods could help to overcome the limitations imposed by traditional non-invasive sampling because eggs are primarily obtained from the faeces; however, its utility relies on the extent genetic library and the contributions that expand such library. The information presented here could serve as a basis for future research on primate parasitology, allowing a more accurate parasite diagnosis and a more precise evaluation of their zoonotic potential.

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1. Introduction

Parasites are important natural components of ecosystems because they actively intervene in the ecological, demographic and life history processes of their hosts, influencing the structure and organization of free-living organism communities (Poulin, 1999; Gómez and Nichols, 2013). The study of parasites provides information not only on host health but also on the evolutionary history and historical biogeography of the host-parasite associations (Brooks and McLennan, 1993), as well as the health of the ecosystem (Lafferty, 1997; Overstreet, 1997; Pérez-Ponce de León, 2014).

Parasites in wildlife vertebrates are challenging to study, and in most occasions the death of the host is required to obtain and identify its parasitic fauna. This has been a major limitation in studying rare and endangered species, such as many Neotropical primates, where sacrifice is unethical or even illegal. For this reason, the majority of the parasitic assessments of New World primates have been conducted via non-invasive sampling techniques. Non-invasive parasitic evaluations rely mostly on egg identification, though many species of parasites have very similar egg morphotypes, making it practically impossible to distinguish species, which results in uncertainty in the diagnosis. Furthermore, while information on human parasites and parasites of veterinary importance is available with detailed guides on parasite species and egg descriptions (Zajac and Conboy, 2006; Ash and Orihel, 2007; Controrchis biliophilus, *Strongyloides* sp. Phylogenetic analysis and genetic divergence showed an association between our samples and *S. fuelleborni*; however, no species could be established due to the lack of more DNA sequences from *Strongyloides* sp. occurring in Neotropical primates. The use of molecular and phylogenetic methods could help to overcome the limitations imposed by traditional non-invasive sampling because eggs are primarily obtained from the faeces; however, its utility relies on the extent genetic library and the contributions that expand such library. The information presented here could serve as a basis for future research on primate parasitology, allowing a more accurate parasite diagnosis and a more precise evaluation of their zoonotic potential.

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the parasitic diseases of wildlife mammals (see Samuel et al., 2001). No guides for the diagnosis of parasites in free-ranging primates are currently available, except for the references and diagnostic images compiled by Hasegawa et al. (2009) and the photographs of eggs and larvae presented in different papers on primate parasitology.

Molecular techniques have been mentioned as promising tools for parasitological studies, not only by facilitating species identification regardless of the parasite developmental stage but also by allowing the gathering of data on transmission modes, geographical spreads, ecological dynamics, and evolutionary processes, thus widening the scope of parasitological research (Monis et al., 2002; Gasser, 2006).

In Mexico, there are three native species of primates: the mantled howler monkey (Alouatta palliata), the black howler monkey (Alouatta pigra), and the spider monkey (Ateles geoffroyi). These primates are all considered to be endangered species by Mexican law (SEMARNAT, 2010) and are threatened mainly by habitat loss and the illegal pet trade (Duarte-Quiroga and Estrada, 2003; Rodríguez-Luna et al., 2009). As habitat fragmentation and landscape anthropogenization increases, encounters between primates and domestic fauna and humans have become more common, and a clear parasitological diagnosis is critical to evaluate the possibilities of cross-infections and the risks that this could have for primate conservation and human health. The proper identification of parasite species is essential to addressing this issue.

We present the results of a parasite survey of these three Mexican primates along their distribution range in Mexico. Non-invasive sampling methods were combined with molecular technologies to enhance parasite species identification via DNA extraction of the eggs found in the primate faeces and by inferring their phylogenetic position. In addition, a list of all the helminths parasitizing primates in Mexico was summarized from available bibliographical sources with the aim of generating a checklist of the helminths in this group of mammals. This information could serve as a basis for future research on primate parasitology, assisting with a more accurate identification of parasite species. This could provide a more precise evaluation of their zoonotic potential, the implications for primate conservation and management and for public health.

2. Methods

2.1. Sample collection and parasitological examinations

The study area comprises the tropical rainforests of southeastern Mexico, including fragmented and continuous forests, protected and unprotected areas, and agroforestry lands across the primates distribution range in Mexico. A total of 420 samples were collected between 2013 and 2015 from 68 primate troops inhabiting 52 localities (Fig. 1). All samples correspond to free-ranging populations, except those in Villahermosa and Palenque, which correspond to captive populations in zoos. In most localities, more than one forest location was surveyed.

Non-invasive sampling techniques were employed, collecting faecal samples immediately after defecation to avoid contamination. In general, a single monkey troop was surveyed in one day, starting the collection at dawn and moving along with the troop to gather as many samples as possible, avoiding repeatedly sampling the same individual. On occasions where the monkey troop was too small (<10 individuals) or there were many troops nearby, more than one troop was surveyed in a day. Faecal samples were placed in 50 ml falcon tubes, and stored at -4 °C until transported to the laboratory, where they were preserved at -20 °C. Preserved samples were examined for parasite eggs under direct light microscopy (10x 40x, 100x) using flotation in saturated sodium chloride solution and simple sedimentation techniques (Greiner and McIntosh, 2009). Both methods were performed for each collected sample using 2.5 g of faeces and examining 6 drops in each procedure, in order to avoid missing parasites with different egg densities. The initial identification of the parasites was based on egg morphology, shape, size and colour. The percentage of infected hosts was estimated for each parasite taxa in each host species; in addition, we also quantified the number of hosts that were infected by at least one helminth species.

When a drop was found positive for any type of parasite, the entire drop was transferred to a new slide and observed under the stereoscope, where eggs with different appearances were individually separated with the aid of a 0.5 μm micropipette and sited in a drop of distilled water (5 μl) on a new slide. The eggs were rinsed several times in fresh drops of distilled water to remove the concentrated solution and then placed in 0.5-ml Eppendorf tubes with 7 μl of distilled water and kept at -20 °C until DNA extraction. Each egg morphotype was measured (length and width) and photographed to characterize its shape.

DNA was successfully extracted from a pool of 5 eggs of the same general appearance using the SIGMA REDetect-N-Amp Tissue PCR Kit (St. Louis, MO, USA) and the Chelex® 100 (Bio-Rad, Richmond, CA, USA) chelating resin method. Whenever possible, two molecular markers were used for species identification: a fragment of the mitochondrial cytochrome c oxidase subunit 1 gene (cox1) and a fragment of the nuclear ribosomal large subunit gene (28S). For cox1, two sets of primers amplifying adjacent regions were used: pr-a: 5’-TGCTTTTTTGTCCATCTGCGTTTA-3’, pr-b: 5’-AGAAAGAACGTAATGAAAATGACGCAAC-3’ (Nakano et al., 2006), and
The 28S primers included 502: 5'-GGTCAAAAAATCAAAGATATTGG-3' and 536: 5'-CAGCTATCCGAGGAAAAC-3' (Garcia-Varela and Nadler, 2005). PCR conditions for 28S were as follows: 94°C for 1 min, followed by 34 cycles at 94°C for 1 min, 54°C for 0:30 min, and a post-amplification extension for 7 min at 72°C. PCR products were treated with Exo-SAP (Thermo scientific) according to the manufacturer's instructions and were sequenced at the Instituto de Biología, Universidad Nacional Autónoma de México. Sequences obtained in this study were deposited in GenBank (Supplementary material S1).

2.2. Phylogenetic analyses

To accomplish species identification, at least one molecular marker was used for each parasite taxa. The 28S sequences were used for all egg morphotypes, since it has been mentioned that ribosomal DNA performs better for diagnostic proposes than mitochondrial DNA (Blouin, 2002). In few cases, two molecular markers were used for phylogenetic analyses, as in the case of Strongyloides spp.

DNA sequences were aligned using CLUSTAL W and MESQUITE v. 2.75. For cox1, no gaps were required to align the nucleotide sequences. To infer the phylogenetic position of the different eggs within the phylogeny of the major helminth group they belong to (usually at the level of order or family), we used a set of DNA sequences available in GenBank, using the closest identifiable egg species as a proxy by conducting a nucleotide blast (BLASTN) (Supplementary material S1). Phylogenetic analyses were conducted by Bayesian Inference (BI) employing Monte Carlo Markov Chain analysis in the program MrBayes v. 3.2.2 (Ronquist and Huelsenbeck, 2003) as implemented in the CIPRES Science Gateway (Miller et al., 2010). MrModeltest v. 2.3 (Nylander, 2004) was used to select the best model of evolution for each gene for each egg species using the Akaike information criterion. The Bayesian analyses included two simultaneous runs of Markov chain Monte Carlo, each for four million generations, sampling trees every 4000 generations, with a heating parameter value of 0.2 and a “burn-in” of 25%. A 50% majority-rule consensus tree was constructed from the post burn-in trees. Genetic divergence (p-distance) was calculated using MEGA v. 6 (Tamura et al., 2013); standard error of the distances was estimated by bootstrap resampling with 100 replications.

### 3. Results

3.1. Parasite diversity and percentage of infected hosts

*Alouatta palliata* contained the highest number of samples infected with at least one parasite species (97/126), followed by *Ateles geoffroyi* (124/248) and *Alouatta pigra* (19/46). Nine parasite taxa were found in the three primate species, the majority of which were nematodes, along with one species of trematode (Table 1, Fig. 2). Parasite species richness was similar in the two species of *Alouatta*, with three taxa per howler monkey species, while seven taxa of parasites were found in *A. geoffroyi*.

In general, nematodes of the genus *Trypanoxyuris* reached the highest percentage of infection in all primates. The eggs of these pinworms are morphologically undistinguishable among species (Solórzano-García et al., 2015, 2016); fortunately, adult pinworms were present in most of the faeces, making it possible to identify them at the species level. However, this was not the case for the other nematodes, i.e., *Strongyloides* sp., the ancylostomid, and the ascarid, for which egg morphology is not a reliable method to establish species identification.

The helminth parasite fauna of the three species of primates in Mexico is composed of 23 species, based on the information available in different bibliographical sources and the information provided by our field survey of the last two years. Of the 23 species, there are 3 platyhelminthes (2 trematodes and 1 cestode), 1 acanthocephalan, and 19 nematodes (Supplementary material S2). Species richness is higher in *Alouatta palliata*, with 14 taxa reported, followed by *A. pigra* with 13 taxa, and *Ateles geoffroyi* with 11 taxa. *Alouatta palliata* is the most studied primate, since 13 of the 22 available parasitological reports of primates in Mexico address that species, while *A. pigra* and *A. geoffroyi* have been the focus of 9 and 8 studies respectively. Most of the parasitological research has been conducted with free-ranging primate populations (73%), while 18% of studies were from host in semi-captivity and 9% in captivity conditions.

3.2. Molecular identification of the eggs and the phylogenetic analysis

We were able to extract and amplify DNA from four of the six different egg morphotypes found in the faeces. The ancylostomatid and the ascarid eggs could not be sequenced because only two eggs for each of these taxa were found in the faeces. We successfully amplified the 28S for all the egg morphotypes. The mitochondrial gene, cox1, was more difficult to amplify, and we were only able to

| Parasite Phylum       | Parasite taxa         | A. palliata | A. pigra | A. geoffroyi |
|-----------------------|-----------------------|-------------|-----------|-------------|
| Platyhelminthes       | Controrchiis bilophilus | 10.3%       | 2.0%      | 1.6%        |
| Nematoda              | Ancylostomatid        | 2.2%        | 15.2%     | 17.7%       |
|                       | Ascarid               | 7.1%        | 13.3%     | 9.7%        |
|                       | Strongyloides sp.     | 57.9%       | 2.2%      | 14.5%       |
|                       | Trypanosystis sp.     | 10.3%       |           |             |
|                       | T. atelis             |             |           |             |
|                       | T. atelophora         |             |           |             |
|                       | T. minutus            |             |           |             |
|                       | T. multilabiatus      |             |           |             |
|                       | T. pigra              |             |           |             |

| Sample size          | 126                   | 46          | 248       |
| Localities sampled   | 9                     | 6           | 15        |
| Forest fragments sampled | 17        | 9           | 26        |
| Troops sampled       | 22                    | 10          | 36        |
obtain a sequence for Strongyloides sp. and only 3 species of Trypanoxyuris.

3.2.1. Trypanoxyuris eggs

We were able to sequence both the cox1 and 28S genes for Trypanoxyuris eggs obtained from the three species of Mexican primates. We obtained sequences 700 bp long for the 28S gene from the eggs of five Trypanoxyuris species. The final alignment consisted of 19 terminals, including both the sequences from eggs and the sequences from adult individuals obtained from GenBank. This alignment was trimmed to the 700 bp obtained to ensure comparison of the homologous regions. For cox1 gene, we were able to obtain sequences 673 bp long from the eggs of T. minutus, T. atelis and T. multilabiatus. The final alignment was trimmed to 605 bp and consisted of 18 taxa including sequences from Genbank. Phylogenetic analysis on both genes placed each egg with its corresponding pinworm species with high nodal support through posterior probabilities (Fig. 3).

3.2.2. Trematodes eggs

Two different trematode egg morphotypes were found in the faeces of A. palliata and A. geoffroyi: one corresponding to Controrchis biliophilus and the other differing from this in the appearance of the content material inside the egg (see Fig. 2). Sequences of 786 bp for 28S were obtained for a sample of each trematode egg from each of the two host species. The final alignment, including the sequences from GenBank for the family Dicrocoeliidae and other species included in the order Plagiorchiida, consisted of 17 sequences. This alignment was trimmed to the 786 bp obtained to ensure a comparison of homologous regions. The phylogenetic tree shows that all egg sequences belong to the same clade regardless of differences in the egg shape and host species (Fig. 4), indicating that both egg morphotypes correspond to C. biliophilus. These relationships are supported by high posterior probability values. The clade containing the C. biliophilus sequences is placed as a sister taxon of the Dicrocoelium species within the family Dicrocoeliidae.

3.2.3. Strongyloides eggs

We were able to sequence both the cox1 (1079 bp) and 28S (686 pb) genes for Strongyloides eggs obtained from Ateles geoffroyi. Final alignment of cox1 included 9 species of Strongyloides from different host species; it was trimmed to 721 bp because some of the GenBank sequences were shorter. For 28S, the alignment consisted of 19 terminals including 10 species of Strongyloides from different host species. This alignment was trimmed to 686 bp to ensure a comparison of homologous regions; nevertheless, missing data ("?") was allowed to expand the number of taxa compared, specifically to include S. cebus, which in conjunction with S. venezuelensis had 52% and 55% of missing data, respectively. Phylogenetic analyses were carried on separately for each molecular marker to assess its utility in species identification. Molecular analysis confirmed that these eggs belonged to the genus Strongyloides; however, its position within each phylogenetic tree varied between genes. For the 28S the two sequences obtained were identical to each other. The tree shows that our sequences are nested in an unresolved clade along with S. fuelleborni and a group containing 3 species, i.e., S. cebus, S. venezuelensis and S. callosciureus (Fig. 5). Genetic divergence between our samples and the other 4 species included in the clade varied from 4.7 to 5.1%. The cox1 tree shows that the only sample we were able to sequence for this marker for Strongyloides is nested as a sister species of a clade formed by S. papillosus, S. fuelleborni and S. venezuelensis (Fig. 5), with a sequence divergence of 18.9%, 14.4% and 16.4%, respectively. Needless to say, not all the same species of the family Strongyloidae are represented in both trees because sequences of both molecular markers are not yet available.

4. Discussion

Though primates are a relatively well studied group in Mexico
(Estrada and Mandujano, 2003), only a few studies have focused on assessing their parasite diversity, and only free-ranging primate populations of six regions have been previously surveyed (Stroner and Gonzalez-Di Pierro, 2006; Trejo-Macias et al., 2007; Vitazkova and Wade, 2007; Cristobal-Azkarate et al., 2010). The information presented here increases the number of localities where parasites of these primates have been studied, contributing to a more complete parasitological evaluation across the...
distribution range of these primates in Mexico. The parasites found in the present study correspond with the previously reported taxa for the three Mexican primates; however, despite the more extensive sampling, the parasite species richness found was lower. Eggs of *Raillietina* sp., Strongylidae and *Necator* sp. have been previously found in the faeces of Mexican primates (Supplementary material S2), and species such as *Ascaris lumbricoides, Calodium hepaticum, Dipetalonema gracile* and *Parabronema bonnei*, have been reported from necropsies of *A. palliata* and *A. geoffroyi* (Caballero, 1948; Caballero and Grocott, 1952; Villanueva-Jimenez, 1988); however, we did not find eggs matching these descriptions in any of the revised samples.

Given that the majority of parasitological studies on Mexican primates are based on egg identification, we cannot discard the possibility that some of those reported parasite taxa are a result of sample contamination or even a possible misidentification. Another limiting factor in accomplishing proper taxonomic identification is that egg samples are not deposited in parasite collections, and thus the identification cannot be independently verified and relies on the photographs provided by the authors. For example, *Enterobius* sp. have been reported for the three Mexican primates (García-Serrano, 1995; Rodríguez-Velázquez, 1996; Stroner and González-Di Pierro, 2006; Supplementary material S2); nevertheless, co-evolutionary studies have shown that pinworms of the genus *Enterobius* only parasitize Old World primates and that *Trypanoxyuris* is the genus of pinworms found in New World monkeys (Brooks and Glen, 1982; Hugot et al., 1996; Hugot, 1999, 1998). Oxyurid eggs are very similar among members of the Enterobinae subfamily, making it possible to mistake species. Moreover, molecular studies on pinworm diversity in Mexican primates have shown that five *Trypanoxyuris* species are found in these hosts (Solórzano-García et al., 2015, 2016). For these reasons, we believe that the records of *Enterobius* previously mentioned in the literature are in fact *Trypanoxyuris*.

Similarly, ancylostomatid eggs have been reported for *A. palliata* only in one location (Cristobal-Azkarate et al., 2010). These nematodes have not been reported as parasites of *A. palliata* outside Mexico, and have only been reported as parasites of *A. caraya* (Stuart et al., 1998). According to two photographs of the ancylostomatid eggs presented by Cristobal-Azkarate et al. (2010), these eggs lack the characteristic features of ancylostomatid eggs, such as a thin, smooth and colourless shells containing embryonic blasto-meres (Rai et al., 1996) and instead resemble the eggs of *Parabronema bonnei* and a trematode, respectively.

Two other nematodes, *Necator* sp. and *Trichostrongylus* sp., have been reported as parasites of spider monkeys in captivity in Mexico (González Hernández, 2004; Villa-Espinoza, 2011; Supplementary material S2) and Colombia (Castañeda et al., 2010). Since these parasites have not been reported in a free-ranging population, their presence could be the result of enclosure conditions, close contact with humans and other animals in captivity, and the health status of other animals in the zoos; thus, these parasites do not necessarily belong to the natural parasitic fauna of this primate.

The results presented here show that the application of molecular and phylogenetic methods could help overcome the limitations imposed by traditional non-invasive sampling. As suggested by Criscione et al. (2005), one of the three key uses of molecular markers is to link morphologically indistinguishable life stages to adult stages of known species. By relying on the availability of molecular information from previous parasitological studies, as exemplified by the three types of parasite eggs that we were able to sequence, *Trypanoxyuris* is undoubtedly the taxon with the most available information. Molecular data from the adults of the five pinworm species parasitizing Mexican primates have been published (Solórzano-García et al., 2015, 2016),

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**Fig. 5.** Phylogenetic trees based on 28S (left) and cox1 (right) sequences of Strongyloides eggs. Sequences obtained from the eggs are bold type and indicated with an *'. Numbers at the nodes represent posterior probabilities from Bayesian inference.
which made egg identification via DNA analysis straightforward. This nematode genus contains 21 species that parasitize primates across the neotropics. The identification of the different *Typanoxyuris* species can be easily obtained by sequencing samples from different host species and areas, increasing the extant genetic library.

*Controrchis biliophilus* is the only reported trematode species in Mexican primates (Supplementary material S2). The eggs are characterized by its brown colour, a thick shell and the presence of two readily visible eyespot remnants (Jiménez-Quirós and Brenes, 1957). Even though no molecular information is available for the trematode *C. biliophilus*, adult worms are held in the Colección Nacional de Helmintos (CNHE), Instituto de Biología, Universidad Nacional Autónoma de México, which allowed us to confirm the identity of these eggs. Samples of *C. biliophilus* were collected from a troop of howler monkeys translocated to Agaltepec Island in Catemaco, Veracruz (Villanueva-Jiménez, 1988). We obtained sequences of *C. biliophilus* eggs from the same locality, enabling a greater confidence in the identification of the parasite. Trematode eggs with a slightly different morphology, specifically lacking the two eyespot remnants, has been previously reported by Trejo-Macias et al. (2007), and this morphology was also observed in the present study in samples from *A. palliata* and *A. geoffroyi*. The molecular and phylogenetic analysis showed no differences in the 28S DNA sequences between *C. biliophilus* and the trematode egg with a slightly different morphology, confirming that this particular egg morphology also corresponds with *C. biliophilus*.

Finally, *Strongyloides* sp. has been reported in Mexican primates, but species determination has not been established because the eggs of *Strongyloides* lack morphological features that allow for discrimination among a wide diversity of species. There are over 40 species of *Strongyloides* that parasitize vertebrates (Dorris et al., 2002). *Strongyloides stercoralis* and *S. fuelleborni* have been found in primates (Gillespie and Chapman, 2006; Chapman et al., 2009; Dupain et al., 2009), and *S. cebus* has been mentioned so far as the only species that naturally infects Neotropical primates (Mati et al., 2013). The phylogenetic analysis presented here confirmed that the eggs belonged to *Strongyloides*; however, their phylogenetic associations with *S. fuelleborni* and with *S. cebus* have not been resolved. Furthermore, the genetic divergence between the eggs found and the species of *Strongyloides* for which sequences are available suggests that these might represent a new species, although this cannot be established at the moment due to the lack of additional DNA sequences from *Strongyloides* eggs occurring in Mexican primates. Unfortunately, we were not able to find any larvae or adults in the faeces that would allow us to take this inquiry any further.

Another important parasite is *Ascaris lumbricoides*. Adults of this species were found in a necropsy of an *A. palliata* specimen that died from natural causes in Los Tuxtlas, Mexico (see García-Prieto et al., 2012). This record adds to those made by several authors among zoos around the world, or when they are subjected to aging primate populations in captivity or for conservation purposes. The results presented here support the contention that ribosomal genes are more suitable than mitochondrial DNA for species diagnosis (Blouin, 2002). Since the divergence levels found for the amplified region of the 28S gene (within the same parasite species) was really low, we suggest this as an efficient and appropriate tool for parasite species diagnosis. A more accurate parasite diagnosis would enable us to understand the ecological and evolutionary background of parasite-host associations, possibilities for cross-transmissions and their implications for primate conservation. Likewise, the proper identification of parasites when managing primate populations in captivity or for conservation purposes is essential. This is particularly important when moving individuals among zoos around the world, or when they are subjected to reintroduction and translocation programmes (Nunn and Altizer, 2006), to avoid disease outbreaks by the introduction of novel parasites that could threat the resident populations, including non-primates.
Appendix A. Supplementary data

Supplementary data related to this article can be found at http://dx.doi.org/10.1016/j.jipaw.2017.04.001.

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