Hypercontractivity and Logarithmic Sobolev Inequality for Non-primitive Quantum Markov Semigroups and Estimation of Decoherence Rates

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Abstract. We generalize the concepts of weak quantum logarithmic Sobolev inequality (LSI) and weak hypercontractivity (HC), introduced in the quantum setting by Olkiewicz and Zegarlinski, to the case of non-primitive quantum Markov semigroups (QMS). The originality of this work resides in that this new notion of hypercontractivity is given in terms of the so-called amalgamated $L^p$ norms introduced recently by Junge and Parcet in the context of operator spaces theory. We make three main contributions. The first one is a version of Gross’ integration lemma: we prove that (weak) HC implies (weak) LSI. Surprisingly, the converse implication differs from the primitive case as we show that LSI implies HC but with a weak constant equal to the cardinal of the center of the decoherence-free algebra. Building on the first implication, our second contribution is the fact that strong LSI and therefore strong HC do not hold for non-trivially primitive QMS. This implies that the amalgamated $L^p$ norms are not uniformly convex for $1 \leq p \leq 2$. As a third contribution, we derive universal bounds on the (weak) logarithmic Sobolev constants for a QMS on a finite dimensional Hilbert space, using a similar method as Diaconis and Saloff-Coste in the case of classical primitive Markov chains, and Temme, Pastawski and Kastoryano in the case of primitive QMS. This leads to new bounds on the decoherence rates of decohering QMS. Additionally, we apply our results to the study of the tensorization of HC in non-commutative spaces in terms of the completely bounded norms (CB norms) recently introduced by Beigi and King for unital and trace preserving QMS. We generalize their results to the case of a general primitive QMS and provide estimates on the (weak) constants.
1. Introduction

The study of open quantum systems originated from the observation that a quantum system is never perfectly isolated and therefore undergoes dissipative effects induced by the environment. Such features, known as environment-induced decoherence [75, 76], impose strict practical restrictions on the development of quantum information processing [52], since they result in the dynamical loss of the quantum correlations that these theories rely on [8, 35, 61]. Therefore, estimating the typical time of decoherence appears to be crucial if one is interested in the construction of quantum computers and quantum memories that keep quantum correlations over a long period of time [16, 51, 64]. As regards to foundations, decoherence is also believed by some to be a partial solution to the measurement problem [35, 75]. The study of the speed of decoherence hence appears to be of crucial importance for both foundational and practical reasons. The goal of this article is to develop tools coming from functional analysis in order to tackle this task.

The first attempt to mathematically formalize the concept of decoherence is due Blanchard and Olkiewicz in [8]. Under the Markovian approximation, the evolution of an open quantum system can be modeled by a quantum Markov semigroup (QMS). In the present literature, however, the study of the speed of decoherence almost exclusively focuses on QMS in the primitive case, that is whenever there exists a unique equilibrium state. In this case, characteristic times of decoherence are usually referred to as mixing times. For typical systems such as finite dimensional many-body systems, one can actually hope to get an exponentially fast convergence toward the equilibrium state, a property called rapid-mixing. Rapid mixing has found many applications in the recent theory of dissipative engineering, where the run time of various quantum algorithms depends on the mixing time of a QMS [38, 65, 69, 70]. In particular, it was shown to imply robustness of dissipative state preparation against perturbations [18, 39, 63], area law [10] and exponential decay of correlations [39]. Generalizing these concepts to the non-primitive case, where the evolution possesses more than one equilibrium state, could also potentially lead to more applications in quantum error correction [2, 45, 67].

In the classical theory of continuous-time Markov chains, functional analytic tools have been extensively developed and studied in order to prove rapid-mixing and obtain estimates of the mixing time. The most well-known ones are the spectral gap method, or Poincaré inequality (PI) [24, 44], and the (modified) logarithmic Sobolev inequality (LSI) and its equivalent notion of hypercontractivity (HC) [9, 31]. A systematic and comprehensive study of these latter concepts for Markov chains on finite sets can be found in [22]. Largely inspired by this paper, our goal in this article is to develop the theory of LSI and HC for non-primitive QMS and its use in proving rapid decoherence. Note that, due to the non-commutativity of quantum systems, typical quantum features arise in this situation that are absent from the classical theory (see [4] for a discussion of this point). In the following informal presentation,
we shall highlight the key differences between the theory we develop and the (quantum) primitive case.

**Informal presentation:** The theory of hypercontractivity for primitive QMS was fully formalized in the article of Zegarlinski and Olkiewicz [53], using Kosaki’s theory of non-commutative interpolating weighted $\mathbb{L}_p$ spaces [42,47], where the weights here are given in terms of the unique invariant state of the evolution. This study was further pursued by different authors [11,66] and applied to the problem of estimating mixing times in [40]. Here, we briefly describe the main ideas of this last article.

Consider a quantum state modeled in the *Schrödinger picture* by an initial density matrix $\rho$ and denote by $(\rho_t)_{t \geq 0}$ the solution of a quantum master equation

$$\frac{d}{dt} \rho_t = \mathcal{L}_*(\rho_t), \quad \rho_0 = \rho,$$

where $\mathcal{L}_*$ is the so-called Lindbladian in the *Schrödinger picture* (precise definitions will be given in the next section). Alternatively, one can model the evolution of an initial observable $X$ in the *Heisenberg picture* as the solution $(X_t)_{t \geq 0}$ of the differential equation

$$\frac{d}{dt} X_t = \mathcal{L}(X_t), \quad X_0 = X,$$

where $\mathcal{L}$ is the dual of $\mathcal{L}_*$ for the Hilbert–Schmidt inner product. The solution of the master equation gives a QMS $t \mapsto \mathcal{P}_t(\rho)$ for a state $\rho$ in the Schrödinger picture and $t \mapsto \mathcal{P}_t(X)$ for an observable $X$ in the Heisenberg picture.

When the evolution is primitive, there exists a unique density matrix $\sigma$ such that for any initial state:

$$\rho_t \underset{t \to +\infty}{\longrightarrow} \sigma.$$  \hspace{1cm} (1.1)

The mixing time is then defined as the first time $\rho_t$ comes to a distance $\varepsilon > 0$ of $\sigma$ in trace distance:

$$\tau(\varepsilon) = \inf \{ t \geq 0 ; \| \rho_t - \sigma \|_1 \leq \varepsilon \quad \forall \rho \}.$$

Here, $\varepsilon$ is chosen arbitrarily but the choice of the 1-norm $\| \cdot \|_1 = \text{Tr} | \cdot |$ is primordial since it has the appropriate operational interpretation as a measure of indistinguishability between two states for an external observer allowed to perform any measurement on the system [28]. The first approach to obtain an upper bound on this mixing time is through the spectral gap method, which goes as follows:

$$\| \rho_t - \sigma \|_1 \leq \| X_t - \text{Tr} [ \sigma X_t ] \mathbb{I} \|_{2,\sigma} \leq \| X \|_{2,\sigma} \left\| Y \mapsto \hat{\mathcal{P}}_t(Y) - \text{Tr} [ \sigma Y ] \mathbb{I} \right\|_{2-2,\sigma} \leq \| X \|_{2,\sigma} e^{-\lambda(\mathcal{L}) t} \quad (1.2)$$

where $X_t = \sigma^{-\frac{1}{2}} \rho_t \sigma^{-\frac{1}{2}}$ (and $X_0 = X$) can be thought of as the relative density of $\rho_t$ with respect to $\sigma$, where $Y \mapsto \hat{\mathcal{P}}_t(Y)$ is the quantum Markov semigroup
solution of the master equation for the relative density, with Lindbladian $\hat{L}$, and where $\|\cdot\|_{2,\sigma}$ is the weighted 2-norm mentioned above (precise definitions will be given in Sect. 2.2). The first inequality was proved by Ruskai [59] and can be seen as the quantum generalization of the inequality between the total-variation distance and the 2-norm in a probability space. The second inequality is just the definition of the norm of an operator from one Banach space to another. The third inequality is given by the spectral gap method: $\lambda(\hat{L})$ is the spectral gap of the Lindbladian, that is the difference between the eigenvalue 0 and the second largest eigenvalue of $\frac{\hat{L} + \hat{L}}{2}$. It is well known that it is also given by the optimal constant appearing in the so-called Poincaré inequality.

It is important to notice that $\|X\|_{2,\sigma} \leq \sqrt{1/\sigma_{\text{min}}}$, where $\sigma_{\text{min}}$ is the smallest eigenvalue of $\sigma$. In most applications $1/\sigma_{\text{min}}$ scales linearly with the dimension of the system. This, in particular, is not enough to imply the rapid mixing property in the case of many-body dynamics. It is known that this method does not usually lead to the best estimate of the mixing time because mixing can be much faster at short times. One idea that greatly improves this estimate would be to use the contradiction of the $2 \rightarrow \infty$ norm due to the QMS $\mathcal{P}_s$ at some time $s > 0$ instead. More precisely, we will see in Sect. 6 that the following chain of inequalities holds:

$$\|\rho_{t+s} - \sigma\|_1 \leq \|X_{t+s} - \text{Tr}[\sigma X]\|_{2,\sigma}$$

$$\leq \|X\|_{1,\sigma} \|\hat{P}_s\|_{1 \rightarrow 2,\sigma} \|Y \mapsto \hat{P}_t(Y) - \text{Tr}[\sigma Y]\|_{2 \rightarrow 2,\sigma}$$

$$\leq \|\mathcal{P}_s\|_{2 \rightarrow \infty,\sigma} e^{-\lambda(\hat{L})t},$$

as one has $\|X\|_{1,\sigma} = 1$. Here, $\mathcal{P}_s$ refers to the evolution in the Heisenberg picture and is the dual of $\mathcal{P}_{s*}$ for the Hilbert–Schmidt inner product. Since $\mathcal{P}_s$ is contractive for any $p$-norm with $p \geq 1$, and in view of the limit in (1.1), one can hope to find a time $s > 0$ such that $\|\mathcal{P}_s\|_{2 \rightarrow \infty,\sigma} \leq 2$ (2 here is of course arbitrary). However, even for classical Markov chains, $\|\mathcal{P}_s\|_{2 \rightarrow \infty,\sigma}$ is in practice difficult to estimate. The concept of hypercontractivity hence provides a tool to interpolate between this norm and the $2 \rightarrow 2$ norm given by the spectral gap method, where one uses instead the $2 \rightarrow p$ norm for $p > 2$. In this case, the factor $\|X\|_{p,\sigma} \leq (1/\sigma_{\text{min}})^{\frac{1}{2}}$ appears, which indeed interpolates between the two previous methods. The great discovery of Gross was that finding a time $t \geq 0$ for which $\mathcal{P}_t$ becomes a contractive operator from $L_2$ to $L_p$ is an equivalent problem to the one of optimizing the so-called logarithmic Sobolev inequality. Exploiting this equivalence, Diaconis and Saloff-Coste were able to find optimal or near to optimal upper bounds of the mixing time [21–23].

In practice, the Poincaré inequality (or spectral gap method) can lead to an upper bound of the mixing time of order $\ln 1/\sigma_{\text{min}}$, whereas hypercontractivity leads to an upper bound of order $\ln \ln 1/\sigma_{\text{min}}$. Thus, hypercontractivity improves on the Poincaré inequality by a logarithmic factor. Of course, the hypercontractive property depends highly on the choice of the interpolating family of $L_p$ norms. In particular, a QMS which is hypercontractive for Kosaki’s
\( L_p \) norms will be primitive, as it implies the existence of a spectral gap in the spectrum of the generator [53]. The main contribution of the present work is to study hypercontractivity with respect to a generalization of Kosaki’s norms, called the amalgamated norms and defined by Junge and Parcet in [36]. Using these norms, we will be able to reproduce the above steps for non-primitive QMS.

One other motivation for considering non-primitive QMS is that they naturally appear when considering the tensorization of the logarithmic Sobolev inequality for primitive QMS. Indeed, one central property of the classical LSI is that the LSI constant, i.e., the best constant that satisfies the inequality, is stable when considering several non-interacting systems: the global LSI constant is equal to the smallest constant of the individual systems. For classical systems, this property follows directly from the multiplicativity of the \( L_p \to L_q \) norms and the equivalence between HC and LSI. However, this property is strongly believed to be false for quantum channels with respect to the usual quantum \( L_p \to L_q \) norms. Several methods have been proposed in order to lower bound the global LSI constant [50,66]. A promising approach was to consider HC with respect to the completely bounded (CB) \( L_p \) norms for which the multiplicativity is restored [6]. When dealing with such norms, one has to consider a “regularisation” of the primitive QMS, that is, one has to embed the QMS into a bigger one for which primitivity does not hold any longer.

**Our contribution**

In this paper, we extend log-Sobolev inequalities and the related notion of hypercontractivity to the case of non-primitive QMS \((\mathcal{P}_t)_{t \geq 0}\), based on the properties of the amalgamated \( L_p \) norms. Among other properties, we shall provide some elementary proofs of the following ones: these norms satisfy Hölder’s inequality, are dual to each other and reduce to the usual weighted \( L_p \) norms when \((\mathcal{P}_t)_{t \geq 0}\) is primitive, that is, when the algebra of effective observables is trivial.

Following ideas from [6], we derive a formula for the differential of the amalgamated \( L_p \) norms (see Theorem 3.4), with respect to the index \( p \). This leads to the definition of the weak decoherence-free logarithmic Sobolev inequality (DF-wLSI) and the weak decoherence-free hypercontractivity (DF-wHC), and allows us to extend Gross’ integration lemma to this setting (see Theorem 2.4). A first difference compared to the primitive case is that LSI implies HC but with a larger weak constant which depends on the structure of the DF-algebra.

In the primitive case, the uniform convexity of the \( L_p \) norms was used in [53] to show that wLSI together with PI imply the so-called strong logarithmic Sobolev inequality (sLSI). We show that a similar analysis can be performed in our extended framework, in order to derive universal upper bounds on the log-Sobolev constants (see Definition 2.3 and Corollary 2.8). We also prove that, except in the primitive case, the strong LSI does not hold and therefore neither does the related notion of strong hypercontractivity. This implies that the uniform convexity no longer holds for the amalgamated \( L_p \)-norms.
We then show how the techniques introduced can be used to derive decoherence rates for non-primitive QMS, based on the method explained above. Finally, our framework also allows for the definition of the weak completely bounded hypercontractivity (CB-whHC) and log-Sobolev inequality (CB-wLSI) for non-unital primitive QMS, which extends the framework of [6]. In particular, we prove Gross’ integration lemma (see Theorem 2.11), and derive universal bounds on the weak CB log-Sobolev constants (see Definition 2.10 and Theorem 2.14).

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In Sect. 2, we provide the notations and basic tools that will be used throughout this paper, namely quantum Markov semigroups and environment-induced decoherence, and state our main results. In Sect. 3, we introduce the amalgamated $L_p$ norms and study their properties. The notions of decoherence-free log-Sobolev inequality and hypercontractivity are studied in Sect. 4, where we prove Gross’ integration Lemma as well as a universal upper bound on the constants. In Sect. 5, we prove that the strong LSI fails for non-trivially primitive QMS. Some applications of our framework to the derivation of decoherence rates are provided in Sect. 6. We highlight our result in a special class of decohering QMS arising from Lie-group representation theory in Sect. 7. We conclude with the analysis of the CB case in Sect. 8.

2. Preliminaries and Statement of the Main Results
This part is organized as follows: in Sect. 2.1 we introduce our notations and recall the definitions of quantum Markov semigroups, their decoherence-free algebra and the notion of environment-induced decoherence. Section 2.2 is devoted to the exposition of the weighted $L_p$ norms and the $L_p$ Dirichlet forms associated to a quantum Markov semigroup. The main results of this article are presented in Sect. 2.3, namely the equivalence between hypercontractivity and logarithmic Sobolev inequality in the context of amalgamated $L_p$ spaces, and the existence of universal constants. In Sect. 2.4, we apply our framework to the estimation of decoherence rates. Finally, the study of hypercontractivity for the CB-norms is presented in Sect. 2.5.

2.1. Quantum Markov Semigroups and Environment-Induced Decoherence
Let $(\mathcal{H}, \langle \cdot, \cdot \rangle)$ be a finite dimensional Hilbert space of dimension $d_\mathcal{H}$. We denote by $B(\mathcal{H})$ the Banach space of bounded operators on $\mathcal{H}$, by $B_{sa}(\mathcal{H})$ the subspace of self-adjoint operators on $\mathcal{H}$, i.e., $B_{sa}(\mathcal{H}) = \{ X \in B(\mathcal{H}); \ X = X^* \}$, and by $B_{sa}^+(\mathcal{H})$ the cone of positive semidefinite operators on $\mathcal{H}$, where the adjoint of an operator $Y$ is written as $Y^*$. The identity operator on $\mathcal{H}$ is denoted by $I_\mathcal{H}$, dropping the index $\mathcal{H}$ when it is unnecessary. In the case when $\mathcal{H} \equiv \mathbb{C}^k$, we will also use the notation $\mathbb{I}_k$ for $\mathbb{I}_{\mathbb{C}^k}$. Similarly, we will denote by id$_\mathcal{H}$, or simply id, the identity super-operator on $B(\mathcal{H})$, resp. $B(\mathbb{C}^k)$. We denote by $D(\mathcal{H})$ the set of positive semidefinite, trace one operators on $\mathcal{H}$, also called density operators, and by $D_+(\mathcal{H})$ the subset of full-rank density operators. In
the following, we will often identify a density matrix $\rho \in \mathcal{D}(\mathcal{H})$ and the state it defines, that is the positive linear functional $\mathcal{B}(\mathcal{H}) \ni X \mapsto \text{Tr}(\rho X)$.

The basic model for the evolution of an open system in the Markovian regime is given by a quantum Markov semigroup (or QMS) $(\mathcal{P}_t)_{t \geq 0}$ acting on $\mathcal{B}(\mathcal{H})$. Such a semigroup is characterized by its generator, called the Lindbladian $\mathcal{L}$, which is defined on $\mathcal{B}(\mathcal{H})$ by $\mathcal{L}(X) = \lim_{t \to 0} \frac{1}{t} (\mathcal{P}_t(X) - X)$ for all $X \in \mathcal{B}(\mathcal{H})$. Recall that by the GKLS Theorem $[30, 46]$, $\mathcal{L}$ takes the form:

$$\mathcal{L}(X) = i[H, X] + \frac{1}{2} \sum_{k=1}^{l} \left[ 2L_k^* X L_k - (L_k^* L_k + L_k L_k^*) \right], \quad \text{for all} \ X \in \mathcal{B}(\mathcal{H}),$$

(2.1)

where $H \in B_{sa}(\mathcal{H})$, where the sum runs over a finite number of Lindblad operators $L_k \in \mathcal{B}(\mathcal{H})$, and where $\langle \cdot, \cdot \rangle$ denotes the commutator defined as $[X, Y] := XY - YX$, $\forall X, Y \in \mathcal{B}(\mathcal{H})$.

We denote by $(\mathcal{P}_{st})_{t \geq 0}$ the predual of the QMS $(\mathcal{P}_t)_{t \geq 0}$ for the Hilbert–Schmidt inner product $\langle A, B \rangle := \text{Tr}(A^* B)$, that is the unique trace-preserving QMS such that for all $X, Y \in \mathcal{B}(\mathcal{H})$ and all $t \geq 0$,

$$\text{Tr}[\mathcal{P}_t(X)Y] = \text{Tr}[X \mathcal{P}_{st}(Y)].$$

Its generator $\mathcal{L}_*$ is the predual of $\mathcal{L}$ and takes the form:

$$\mathcal{L}_*(\rho) = -i[H, \rho] + \frac{1}{2} \sum_{k=1}^{l} \left[ 2L_k \rho L_k^* - (L_k^* L_k + \rho L_k L_k^*) \right], \quad \text{for all} \ \rho \in \mathcal{B}(\mathcal{H}).$$

We shall always assume that $(\mathcal{P}_t)_{t \geq 0}$ admits an invariant state, that is a density operator $\sigma$ in $\mathcal{D}(\mathcal{H})$ such that for all time $t \geq 0$ and all $X \in \mathcal{B}(\mathcal{H})$, $\text{Tr}(\sigma \mathcal{P}_t(X)) = \text{Tr}(\sigma X)$. Equivalently, one has $\mathcal{P}_{st}(\sigma) = \sigma$ for all $t \geq 0$. Furthermore, we shall also assume that $\sigma$ is faithful, that is, $\sigma \in \mathcal{D}_+(\mathcal{H})$. Under this condition, it was proved for instance in [13] that the maximal algebra on which $(\mathcal{P}_t)_{t \geq 0}$ acts as a $*$-automorphism is the decoherence-free subalgebra of $(\mathcal{P}_t)_{t \geq 0}$, defined by

$$\mathcal{N}(\mathcal{P}) = \left\{ X \in \mathcal{B}(\mathcal{H}), \mathcal{P}_t(X^* X) = \mathcal{P}_t(X)^* \mathcal{P}_t(X) \text{ and } \mathcal{P}_t(X X^*) = \mathcal{P}_t(X)^* \mathcal{P}_t(X) \quad \forall t \geq 0 \right\}.$$  

(2.2)

Consequently, there exists a one-parameter group of unitary operators $(U_t)_{t \in \mathbb{R}}$ on $\mathcal{H}$ such that for any $X \in \mathcal{N}(\mathcal{P})$ and all $t \geq 0$:

$$\mathcal{P}_t(X) = U_t^* X U_t,$$

(2.3)

and $\mathcal{N}(\mathcal{P})$ is the largest subalgebra of $\mathcal{B}(\mathcal{H})$ such that this property holds. In this case, the following result is known (we state it in a form more convenient to our analysis). We recall that a conditional expectation between two subalgebras $\mathcal{M}$ and $\mathcal{N}$ of $\mathcal{B}(\mathcal{H})$ is a completely positive unital contraction $E_{\mathcal{N}} : \mathcal{M} \to \mathcal{N}$ such that for any $A, B \in \mathcal{N}$ and $X \in \mathcal{M}$ [68],

$$E_{\mathcal{N}}[A X B] = A E_{\mathcal{N}}[X] B.$$

(2.4)
We also denote be $E_{N^*}$ the predual of this conditional expectation, defined as the unique operator on $\mathcal{B}(\mathcal{H})$ such that for all $X, Y \in \mathcal{B}(\mathcal{H})$,
\[
\text{Tr}[E_{N^*}(X) Y] = \text{Tr}[XE_N[Y]].
\]

**Theorem 2.1** (Proposition 8 of [12], Theorem 19 of [13]). Assume that $(\mathcal{P}_t)_{t \geq 0}$ has a faithful invariant state $\sigma$. Then, there exists a unique conditional expectation $E_N$ from $\mathcal{B}(\mathcal{H})$ to $\mathcal{N}(\mathcal{P})$ compatible with $\sigma$, that is for which $\sigma = E_{N^*}(\sigma)$, and such that for all observables $X \in \mathcal{B}(\mathcal{H})$,
\[
\lim_{t \to +\infty} \mathcal{P}_t (X - E_N[X]) = 0. \tag{2.5}
\]

Equivalently, the predual $E_{N^*}$ of $E_N$ is such that for all states $\rho \in \mathcal{D}(\mathcal{H})$,
\[
\lim_{t \to +\infty} \mathcal{P}_t^* (\rho - E_{N^*}(\rho)) = 0. \tag{2.6}
\]

Notice that consequently, since $E_N$ is a projection, the following decomposition of $\mathcal{B}(\mathcal{H})$ takes place:
\[
\mathcal{B}(\mathcal{H}) = \mathcal{N}(\mathcal{P}) \oplus \text{Ker } E_N, \quad \text{where } \lim_{t \to +\infty} \mathcal{P}_t (X) = 0 \ \forall X \in \text{Ker } E_N.
\]

This is the so-called notion of *environment-induced decoherence* (EID). In what follows, we simply call a QMS possessing a faithful invariant state a *decohering QMS*. In the case of a primitive QMS, with associated unique invariant state $\sigma$, $E_N[X] = \text{Tr}(\sigma X)\mathbb{1}$. When the QMS is not primitive, there necessarily exists an infinity of invariant states and it will be relevant to pick one as a reference state. We define:
\[
\sigma_{\text{Tr}} := E_{N^*} \left( \frac{\mathbb{1}_\mathcal{H}}{d_\mathcal{H}} \right). \tag{2.7}
\]

This choice appeared to be particularly relevant when defining analogues of Poincaré’s- and the modified log-Sobolev- inequalities in [4]. This comes from the fact that $\sigma_{\text{Tr}}$ is *tracial* on $\mathcal{N}(\mathcal{P})$, that is, for all $X \in \mathcal{N}(\mathcal{P})$ and all $Y \in \mathcal{B}(\mathcal{H})$,
\[
\text{Tr}(\sigma_{\text{Tr}} XY) = \text{Tr}(\sigma_{\text{Tr}} YX).
\]

A basic result from the theory of $\ast$-algebras on finite dimensional Hilbert spaces states that $\mathcal{N}(\mathcal{P})$ can always be decomposed into a direct sum of subparts where it restricts to a factor [37]. More precisely, up to a unitary transformation, the Hilbert space $\mathcal{H}$ admits the following decomposition
\[
\mathcal{H} = \bigoplus_{i \in I} \mathcal{H}_i \otimes \mathcal{K}_i, \quad \tag{2.8}
\]
such that $\mathcal{N}(\mathcal{P})$ is unitarily isomorphic to the algebra
\[
\mathcal{N}(\mathcal{P}) = \bigoplus_{i \in I} \mathcal{B}(\mathcal{H}_i) \otimes \mathbb{1}_{\mathcal{K}_i}. \quad \tag{2.9}
\]
Finally, as proved in [19], there exists a family of density operators \( \{ \tau_i : i \in I \} \) such that for all \( \rho \in \mathcal{D}_+(\mathcal{H}) \) and any \( X \in \mathcal{B}(\mathcal{H}) \),

\[
\rho_N \equiv E_{N*}(\rho) = \sum_{i \in I} \text{Tr}_{\mathcal{K}_i}(P_i \rho P_i) \otimes \tau_i \quad E_N[X] = \sum_{i \in I} \text{Tr}_{\mathcal{K}_i}((\mathbb{I}_{\mathcal{H}_i} \otimes \tau_i)P_i X P_i) \otimes \mathbb{I}_{\mathcal{K}_i},
\]

(2.10)

where for each \( i \), \( P_i \) denotes the projection onto \( \mathcal{H}_i \otimes \mathcal{K}_i \), and \( \text{Tr}_{\mathcal{K}_i} \) is the partial trace with respect to \( \mathcal{K}_i \), defined as the unique operator from \( \mathcal{B}(\mathcal{H}_i \otimes \mathcal{K}_i) \) to \( \mathcal{B}(\mathcal{H}_i) \) such that for all operators \( X \in \mathcal{B}(\mathcal{H}_i \otimes \mathcal{K}_i) \),

\[
\text{Tr}[Y \text{Tr}_{\mathcal{K}_i}[X]] = \text{Tr}[\langle Y \otimes \mathbb{I}_{\mathcal{K}_i} \rangle X] \quad \text{for all } Y \in \mathcal{B}(\mathcal{H}_i).
\]

In particular,

\[
\sigma_{\text{Tr}} = \frac{1}{d_{\mathcal{H}}} \sum_{i \in I} d_{\mathcal{K}_i} \mathbb{I}_{\mathcal{H}_i} \otimes \tau_i.
\]

(2.11)

### 2.2. Non-commutative Weighted \( \mathbb{L}_p \) Spaces and \( \mathbb{L}_p \) Dirichlet Forms

For \( p \geq 1 \) and an operator \( X \in \mathcal{B}(\mathcal{H}) \), we denote by \( \|X\|_p := (\text{Tr}[|X|^p])^{\frac{1}{p}} \) the Schatten \( p \)-norm of \( X \), embedding \( \mathcal{B}(\mathcal{H}) \) into a normed vector space \( \mathbb{S}_p(\mathcal{H}) \).

In the study of non-commutative functional inequalities, a natural family of \( \mathbb{L}_p \) spaces is given by the following weighted versions of the Schatten norms [53]: Let \( \mathcal{P}_t \) be a QMS with a faithful invariant state and denote by \( \sigma_{\text{Tr}} \) the faithful density operator defined in Equation (2.7). The space \( \mathcal{B}(\mathcal{H}) \) is naturally endowed with a complex Hilbert space structure with respect to \( \sigma_{\text{Tr}} \), with inner product defined for all \( X, Y \in \mathcal{B}(\mathcal{H}) \) by:

\[
\langle X, Y \rangle_{\sigma_{\text{Tr}}} := \text{Tr}[\sigma_{\text{Tr}}^{\frac{1}{2}} X^* \sigma_{\text{Tr}}^{\frac{1}{2}} Y].
\]

(2.12)

One can show that the conditional expectation \( E_N \) is actually the orthogonal projection on \( \mathcal{N}(\mathcal{P}) \) for this inner product (cf. [4]): for all \( X, Y \in \mathcal{B}(\mathcal{H}) \):

\[
\langle X, E_N[Y] \rangle_{\sigma_{\text{Tr}}} = \langle E_N[X], Y \rangle_{\sigma_{\text{Tr}}} = \langle E_N[X], E_N[Y] \rangle_{\sigma_{\text{Tr}}},
\]

(2.13)

which is one of the motivations behind the choice of \( \sigma_{\text{Tr}} \) as our reference state. This implies the interesting relation:

\[
\sigma_{\text{Tr}}^{\frac{1}{2}} E_N[X] \sigma_{\text{Tr}}^{\frac{1}{2}} = E_{N*} (\sigma_{\text{Tr}}^{\frac{1}{2}} X \sigma_{\text{Tr}}^{\frac{1}{2}}).
\]

(2.14)

The adjoint of the Lindbladian \( \mathcal{L} \) for this inner product is denoted by \( \hat{\mathcal{L}} \). It is the Lindbladian of the QMS \( \mathcal{P}_t \)\( t \geq 0 \), such that \( \hat{\mathcal{P}}_t \) is the adjoint of \( \mathcal{P}_t \) for all \( t \geq 0 \) [26]. In particular, we have the relations:

\[
\hat{\mathcal{L}} = \sigma_{\text{Tr}}^{-\frac{1}{2}} \mathcal{L}_* (\sigma_{\text{Tr}}^{\frac{1}{2}} \cdot \sigma_{\text{Tr}}^{\frac{1}{2}}) \sigma_{\text{Tr}}^{-\frac{1}{2}}, \quad \hat{\mathcal{P}}_t = \sigma_{\text{Tr}}^{-\frac{1}{2}} \mathcal{P}_* t (\sigma_{\text{Tr}}^{\frac{1}{2}} \cdot \sigma_{\text{Tr}}^{\frac{1}{2}}) \sigma_{\text{Tr}}^{-\frac{1}{2}}.
\]

(2.15)

We now define the weighted norms \( \| \cdot \|_{p, \sigma_{\text{Tr}}} \) on \( \mathcal{B}(\mathcal{H}) \) for all \( p \geq 1 \) as follows:

\[
\|X\|_{p, \sigma_{\text{Tr}}} := \text{Tr} \left[ \sigma_{\text{Tr}}^{\frac{1}{2p}} X \sigma_{\text{Tr}}^{\frac{1}{2p}} |X|^{\frac{1}{p}} \right]^{\frac{1}{p}}.
\]

We denote the space \( \mathcal{B}(\mathcal{H}) \) endowed with this norm by \( \mathbb{L}_p(\mathcal{H}, \sigma_{\text{Tr}}) \), or \( \mathbb{L}_p(\sigma_{\text{Tr}}) \) for short, when it is clear what the underlying Hilbert space \( \mathcal{H} \) is. Among
other properties, these spaces are in natural duality with respect to the inner product $\langle \cdot, \cdot \rangle_{\sigma_{\text{Tr}}}$. More precisely, for all $1 \leq p \leq +\infty$ with Hölder conjugate $p' = p/(p-1)$ and for all $X \in \mathcal{B}(\mathcal{H})$:

$$
\|X\|_{p,\sigma_{\text{Tr}}} = \sup_{Y \in \mathcal{B}(\mathcal{H}), \|Y\|_{p',\sigma_{\text{Tr}}} = 1} \langle Y, X \rangle_{\sigma_{\text{Tr}}}
$$

(we refer the reader to [40,53] for more details). It will also be useful to denote by $S_{1,\sigma_{\text{Tr}}}^+$ the set of positive definite operators on the sphere of radius 1 in $\mathbb{L}_1(\sigma_{\text{Tr}})$. The $\mathbb{L}_p(\sigma_{\text{Tr}})$ norms are connected to the usual Schatten norms as follows: Define the map:

$$
\Gamma_{\sigma_{\text{Tr}}} : X \in \mathcal{B}(\mathcal{H}) \mapsto \sigma_{\text{Tr}}^{1/2} X \sigma_{\text{Tr}}^{1/2}, \quad \text{so that} \quad \Gamma_{\sigma_{\text{Tr}}}^p(X) = \sigma_{\text{Tr}}^{p/2} X \sigma_{\text{Tr}}^{p/2}. \quad (2.16)
$$

Then, one has $\|X\|_{p,\sigma_{\text{Tr}}} = \|\Gamma_{\sigma_{\text{Tr}}}^p(X)\|_p$. Thus, each of the maps $\Gamma_{\sigma_{\text{Tr}}}^p$ defines an isometry between the weighted $\mathbb{L}_p(\sigma_{\text{Tr}})$ spaces and the Schatten spaces $S_p(\mathcal{H})$. There is also a natural isometric map $I_{q,p} : \mathbb{L}_p(\sigma_{\text{Tr}}) \to \mathbb{L}_q(\sigma_{\text{Tr}})$ for $p, q \geq 1$, defined for all $X \in \mathcal{B}(\mathcal{H})$ by:

$$
I_{q,p}(X) := \Gamma_{\sigma_{\text{Tr}}}^{-\frac{1}{q}} (\|\Gamma_{\sigma_{\text{Tr}}}^q(X)\|^{\frac{1}{q}}) = \sigma_{\text{Tr}}^{-\frac{1}{q}} |\sigma_{\text{Tr}}^{1/2} X \sigma_{\text{Tr}}^{1/2}|^{\frac{p}{q}} \sigma_{\text{Tr}}^{-\frac{1}{p}}, \quad (2.17)
$$

so that $\|I_{q,p}(X)\|_{q,\sigma_{\text{Tr}}} = \|X\|_{p,\sigma_{\text{Tr}}}$. Another quantity that is going to play an important role is the $\mathbb{L}_p$ Dirichlet form: for $p \geq 1$ of Hölder conjugate $q$ (i.e., such that $p^{-1} + q^{-1} = 1$), and any $X \in \mathcal{B}_{sa}(\mathcal{H})$,

$$
\mathcal{E}_{p,L}(X) := -\frac{p}{2(p-1)} \langle I_{q,p}(X), L(X) \rangle_{\sigma_{\text{Tr}}}. \quad (2.18)
$$

In the non-primitive case, the choice of $\sigma_{\text{Tr}}$ in the definition of the Dirichlet form is primordial. In the case $p = 2$, we recognize the $\mathbb{L}_2$ Dirichlet form:

$$
\mathcal{E}_{2,L}(X) = -\langle X, L(X) \rangle_{\sigma_{\text{Tr}}}. \quad \text{One can also define the $\mathbb{L}_1$ Dirichlet form for positive semidefinite $X$ as the limit when $p \to 1$ of (2.18):}
$$

$$
\mathcal{E}_{1,L}(X) = -\frac{1}{2} \text{Tr}(\Gamma_{\sigma_{\text{Tr}}} (L(X))(\ln \Gamma_{\sigma_{\text{Tr}}} (X) - \ln(\sigma_{\text{Tr}}))).
$$

Finally, we say that the QMS $(\mathcal{P}_t)_{t \geq 0}$ is reversible (or satisfies the detailed balance property) with respect to $\sigma_{\text{Tr}}$, if $L$ is self-adjoint with respect to $\langle \cdot, \cdot \rangle_{\sigma_{\text{Tr}}}$ (or equivalently if $\mathcal{P}_t$ is, for all $t \geq 0$). That is, for any $X, Y \in \mathcal{B}(\mathcal{H})$:

$$
\langle X, L(Y) \rangle_{\sigma_{\text{Tr}}} = \langle L(X), Y \rangle_{\sigma_{\text{Tr}}}, \quad \text{(or equivalently)
$$

$$
\langle X, \mathcal{P}_t(Y) \rangle_{\sigma_{\text{Tr}}} = \langle \mathcal{P}_t(X), Y \rangle_{\sigma_{\text{Tr}}} \quad \forall t \geq 0. \quad (2.19)
$$

We insist once more on the fact that we defined reversibility with respect to the reference state $\sigma_{\text{Tr}}$ and that this choice is primordial in our analysis. In what follows, we will simply say that $(\mathcal{P}_t)_{t \geq 0}$ is reversible, without mentioning the state.
Other definitions of the quantum detailed balance condition appear in the literature, depending on the choice of the inner product. One particularly relevant for us is with respect to the \((1,\sigma_{Tr})\)-inner product given by
\[
\langle X,Y \rangle_{1,\sigma_{Tr}} := \text{Tr}[\sigma_{Tr} X^* Y], \quad X, Y \in \mathcal{B}(\mathcal{H}).
\] (2.20)
We say that \((\mathcal{P}_t)_{t \geq 0}\) satisfies the \(\sigma_{Tr}\)-DBC if \(L\) is self-adjoint with respect to this inner product (or equivalently if \(\mathcal{P}_t\) is, for all \(t \geq 0\)). As proved for instance in [15], this form of reversibility is stronger than (that is, implies) the one defined by Equation (2.19). In particular, it implies that the QMS commutes with the modular operator of \(\sigma_{Tr}\):
\[
\mathcal{L} \circ \Delta_{\sigma_{Tr}} = \Delta_{\sigma_{Tr}} \circ \mathcal{L},
\]
where \(\Delta_{\sigma_{Tr}}(.) := \sigma_{Tr}(.) \sigma_{Tr}^{-1}\). A typical example of a QMS that satisfies the \(\sigma_{Tr}\)-DBC is the \(N\)-decoherent QMS defined as follows. Let \(N\) be a \(*\)-subalgebra of \(\mathcal{B}(\mathcal{H})\) and let \(E_N\) be any conditional expectation on it. Then, the \(N\)-decoherent QMS is the one with Lindbladian defined by:
\[
\mathcal{L}_N(X) = E_N[X] - X, \quad \forall X \in \mathcal{B}(\mathcal{H}).
\]

We finish by listing some useful properties of the decoherent-free algebra and the conditional expectations with respect to this family of \(L_p\)-spaces, whose proofs can be found in [].

**Lemma 2.2.** Let \(\mathcal{P}\) be a QMS on \(\mathcal{B}(\mathcal{H})\) having a full-ranked invariant state, with decoherence-free algebra \(N(\mathcal{P})\) and conditional expectation \(E_N\). Then:

1. the conditional expectation commutes with the modular operator of \(\sigma_{Tr}\):
\[
E_N \circ \Delta_{\sigma_{Tr}} = \Delta_{\sigma_{Tr}} \circ E_N.
\] (2.21)

2. \(E_N\) is the orthogonal projection on \(N(\mathcal{P})\) for the inner product \(\langle \cdot,\cdot \rangle_{\sigma_{Tr}}\) (cf. [4]): for all \(X,Y \in \mathcal{B}(\mathcal{H})\):
\[
\langle X, E_N[Y] \rangle_{\sigma_{Tr}} = \langle E_N[X], Y \rangle_{\sigma_{Tr}} = \langle E_N[X], E_N[Y] \rangle_{\sigma_{Tr}}.
\] (2.22)
This implies:
\[
\sigma_{\frac{1}{2}_{Tr}} E_N[X] \sigma_{\frac{1}{2}_{Tr}} = E_{N^*}(\sigma_{\frac{1}{2}_{Tr}} X \sigma_{\frac{1}{2}_{Tr}}).
\] (2.23)

3. Let \(U \in N(\mathcal{P})\) be a unitary operator. Then, the \(L_p(\sigma_{Tr})\)-norms are invariant by the unitary conjugation \(X \mapsto U^*XU\): for any \(1 \leq p \leq +\infty\) and any \(X \in \mathcal{B}(\mathcal{H})\),
\[
\|U^*XU\|_{p,\sigma_{Tr}} = \|X\|_{p,\sigma_{Tr}}.
\] (2.24)

**2.3. DF-hypercontractivity and the Log-Sobolev Inequality**

The main goal of this paper is to introduce a notion a hypercontractivity which is relevant to the study of decoherence rates. Indeed, for finite dimensional Hilbert spaces, hypercontractivity of the QMS with respect to the \(L_p(\sigma_{Tr})\) norms is equivalent to the primitivity of the QMS. One way to see this is through the equivalence, in this finite dimensional case, between hypercontractivity and a spectral gap \(\lambda > 0\) in the spectrum of the Lindbladian between
the eigenvalue 0 corresponding to the invariant state $\sigma_{\text{Tr}}$ and the rest of the spectrum $[40]$, so that for all observables $X$,

$$\|\mathcal{P}_t(X) - \text{Tr}[\sigma_{\text{Tr}} X]\|_{2, \sigma_{\text{Tr}}} \leq e^{-\lambda t} \|X - \text{Tr}[\sigma_{\text{Tr}} X]\|_{2, \sigma_{\text{Tr}}}.$$ 

In order to deal with non-primitive QMS, a possible choice of norms is the so-called \textit{amalgamated norms} introduced in $[36]$. These norms are defined as follows: for $1 \leq q \leq p \leq +\infty$ and $\frac{1}{r} = \frac{1}{q} - \frac{1}{p}$, define

$$\|X\|_{(q,p), \mathcal{N}} := \inf_{A,B \in \mathcal{N}(\mathcal{P}), Y \in \mathcal{B}(\mathcal{H})} \|A\|_{2r, \sigma_{\text{Tr}}} \|B\|_{2r, \sigma_{\text{Tr}}} \|Y\|_{p, \sigma_{\text{Tr}}}, \quad (2.25)$$

$$\|Y\|_{(p,q), \mathcal{N}} := \sup_{A,B \in \mathcal{N}(\mathcal{P})} \|AYB\|_{q, \sigma_{\text{Tr}}} \|B\|_{2r, \sigma_{\text{Tr}}} \|Y\|_{p, \sigma_{\text{Tr}}}. \quad (2.26)$$

We shall prove that they are particularly well suited to study the hypercontractivity of the QMS, namely:

- they reduce to the $\mathbb{L}_p(\sigma)$ norms when the QMS is primitive with unique invariant state $\sigma$;
- they reduce to the $\mathbb{L}_q(\sigma_{\text{Tr}})$ norms when evaluated on $\mathcal{N}(\mathcal{P})$;
- the QMS is contractive with respect to these norms for all $p, q \geq 1$.

When differentiating this norm with respect to $p$, some natural quantities will appear that we will connect with entropic notions in Lemma 3.3. Similarly to $[53]$, we thus introduce a decoherence-free generalization of the $\mathbb{L}_p$ relative entropies as follows: define the map

$$S_p(X) = -p \partial_s I_{p+s,p}(X)|_{s=0},$$

referred to as $\textit{operator valued relative entropy}$, where $I_{q,p}$ is defined in Equation (2.17). It can be computed explicitly: when $X \geq 0$,

$$S_p(X) = \Gamma_{\sigma_{\text{Tr}}} \left[ \Gamma_{\sigma_{\text{Tr}}}^{-\frac{1}{p}} \left( \frac{1}{\sigma_{\text{Tr}}} \ln \Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right) \right) \right] - \frac{1}{2p} \{X, \ln \sigma_{\text{Tr}}\}.$$ 

We then define the $\textit{DF-} \mathbb{L}_p$ $\textit{relative entropy}$ associated with the algebra $\mathcal{N} = \mathcal{N}(\mathcal{P})$ as follows: for $\frac{1}{p} + \frac{1}{q} = 1$,

$$\text{Ent}_{p, \mathcal{N}}(X) := \langle I_{q,p}(X), S_p(X) \rangle_{\sigma_{\text{Tr}}}$$

$$-\frac{1}{p} \text{Tr} \left[ \left( \Gamma_{\sigma_{\text{Tr}}} \right)^{\frac{1}{p}} \ln E_{\mathcal{N}} \left( \Gamma_{\sigma_{\text{Tr}}} \left( \Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right) \right) \right)^{\frac{1}{p}} \right]. \quad (2.27)$$

In the case of a primitive QMS where $\sigma_{\text{Tr}}$ is the unique invariant state of the evolution, $E_{\mathcal{N}}[.] := \text{Tr}(\sigma_{\text{Tr}}) I$ and we get back the original definition of $[39]$, which is denoted by $\text{Ent}_{p, \sigma_{\text{Tr}}}(X)$. We shall see in Lemma 3.3 that $\text{Ent}_{p, \mathcal{N}}(X) \leq \text{Ent}_{p, \sigma_{\text{Tr}}}(X)$. In the important cases $p = 1$ and $p = 2$, Equation (2.27) reduces to

$$\text{Ent}_{1, \mathcal{N}}(X) := \text{Tr} \left[ \Gamma_{\sigma_{\text{Tr}}} \left( \ln \frac{\Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right)}{\text{Tr}(\Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right))} - \ln \sigma_{\text{Tr}} \right) \right]$$

$$-\text{Tr} \left[ \Gamma_{\sigma_{\text{Tr}}} \left( \ln \frac{E_X \left( \frac{X}{\text{Tr}(\Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right))} \right)}{\text{Tr}(\Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right))} \right) \right],$$

$$\text{Ent}_{2, \mathcal{N}}(X) := \text{Tr} \left( \left( \Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right) \right)^2 \left( \ln \left( \Gamma_{\sigma_{\text{Tr}}} \left( \frac{1}{\sigma_{\text{Tr}}} \right) \right) \right) \right).$$
We can now introduce the main definitions.

**Definition 2.3.** We say that the QMS \((\mathcal{P}_t)_{t \geq 0}\) of generator \(\mathcal{L}\):

1. satisfies a weak DF-\(q\)-log-Sobolev inequality with positive strong DF-\(q\)-log-Sobolev constant \(c > 0\) and weak DF-\(q\)-log-Sobolev constant \(d \geq 0\), condition denoted by LSI\(_q,\mathcal{N}(c, d)\), if for all \(X > 0\),
   \[
   \text{Ent}_{q,\mathcal{N}}(X) \leq c \mathcal{E}_q,\mathcal{L}(X) + \frac{2d}{q} \|X\|_{q,\sigma_{\mathcal{T} \sigma}}^q. \tag{LSI\(_q,\mathcal{N}(c, d)\)}
   \]

2. is weakly \(q\)-DF-hypercontractive for positive constants \(c > 0\) and \(d \geq 0\), condition denoted by HC\(_q,\mathcal{N}(c, d)\), if
   \[
   \|\mathcal{P}_t(X)\|_{(q,p)(t),\mathcal{N}} \leq \exp \left\{ 2d \left( \frac{1}{q} - \frac{1}{p(t)} \right) \right\} \|X\|_{q,\sigma_{\mathcal{T} \sigma}}, \tag{HC\(_q,\mathcal{N}(c, d)\)}
   \]
   for any function \(p : [0, +\infty) \to \mathbb{R}\) such that for any \(t \geq 0\), \(q \leq p(t) \leq 1 + (q - 1) e^{2t/c}\).

The first main result of this article is the following generalization of Gross’ integration lemma that establishes the equivalence between hypercontractivity and the log-Sobolev inequality for a decohering QMS:

**Theorem 2.4.** Let \((\mathcal{P}_t)_{t \geq 0}\) be a decohering QMS on \(\mathcal{B}(\mathcal{H})\) and let \(q \geq 1\), \(c > 0\) and \(d \geq 0\). Then,

1. If HC\(_q,\mathcal{N}(c, d)\) holds, then LSI\(_q,\mathcal{N}(c, d)\) holds.
2. If LSI\(_{\tilde{q},\mathcal{N}}(c, d)\) holds for all \(\tilde{q} \geq q\), then HC\(_q,\mathcal{N}(c, d + \ln \sqrt{|I|})\) holds, where \(|I|\) denotes the number of blocks of \(\mathcal{N}(\mathcal{P})\) in Eq. (2.9).

This theorem is quite surprising compared to the (classical and quantum) primitive case, where there is an exact equivalence between hypercontractivity and the logarithmic Sobolev inequality (i.e., with the same constant). In general, this \(\ln |I|\) appearing here is not optimal (see Appendix C). Even if we do not know if the equivalence holds with the same constants, we strongly believe that it is not the case in general.

The case where \(\mathcal{N}(\mathcal{P})\) is a factor and where the QMS is unital and trace-preserving was proved in [6], but only in the case \(d = 0\). However, the authors failed to give an example where the constant \(c\) is finite. We shall actually prove in Sect. 5 that this is impossible. More generally, we prove that, as soon as the QMS is truly non-primitive and non-invertible (that is, not a unitary evolution), necessarily \(c < +\infty\) implies \(d > 0\).

Remark also that the last statement is weaker than in the classical case, when one only needs to assume that the weak LSI holds for \(\tilde{q} = q\). This is due to the fact that the following regularity condition always holds in the commutative setting, which ensures that LSI\(_q,\mathcal{N}(c, d)\) implies LSI\(_{\tilde{q},\mathcal{N}}(c, d)\) for all \(\tilde{q} \geq q\). This condition needs to be assumed in the general quantum setting,
even in the primitive case. A generator $\mathcal{L}$ of a QMS $(\mathcal{P}_t)_{t \geq 0}$ is called weakly $\mathbb{L}_p$-regular if there exists $d_0 \geq 0$ such that for all $p \geq 1$ and all $X \in \mathcal{B}_{sa}(\mathcal{H})$, 

$$
\mathcal{E}_{p,\mathcal{L}}(X) \geq \begin{cases} 
\mathcal{E}_2,\mathcal{L}(I_{2,p}(X)) - d_0\|X\|_{p,\sigma_{TV}}, & 1 \leq p \leq 2, \\
(p-1)\mathcal{E}_2,\mathcal{L}(I_{2,p}(X)) - d_0\|X\|_{p,\sigma_{TV}}), & p \geq 2.
\end{cases} \quad (w-\mathbb{L}_p(d_0))
$$

Moreover, $\mathcal{L}$ is said to be strongly $\mathbb{L}_p$-regular if there exists $d_0 \geq 0$ such that for all $p \geq 1$ and all $X \in \mathcal{B}_{sa}(\mathcal{H})$, 

$$
d_0\|X\|_{p,\sigma_{TV}} + \frac{p}{2}\mathcal{E}_{p,\mathcal{L}}(X) \geq \mathcal{E}_2,\mathcal{L}(I_{2,p}(X)). \quad (s-\mathbb{L}_p(d_0))
$$

With these definitions, we can prove the following theorem.

**Theorem 2.5.** Assume that $\text{LSI}_{2,N}(c,d)$ holds. Then,

(i) If the generator $\mathcal{L}$ is strongly $\mathbb{L}_p$-regular for some $d_0 \geq 0$, then $\text{LSI}_{q,N}(c,d + c d_0)$ holds for all $q \geq 1$, so that $\text{HC}_{2,N}(c,d + \ln \sqrt{|I|} + c d_0)$ holds.

(ii) If the generator $\mathcal{L}$ is only weakly $\mathbb{L}_p$-regular for some $d_0 \geq 0$, then $\text{LSI}_{q,N}(2c,d + c d_0)$ holds for all $q \geq 1$, so that $\text{HC}_{2,N}(2c,d + \ln \sqrt{|I|} + c d_0)$ holds.

The last two theorems generalize Theorem 3.8 of [53] as well as Theorem 15 of [40]. Moreover, it was conjectured in [40] that primitive QMS are weakly $\mathbb{L}_p$-regular with $d_0 = 0$, and that reversible QMS are strongly $\mathbb{L}_p$-regular, again with $d_0 = 0$. This second fact was recently shown to hold in [4] under the condition of $\sigma_{TV}$-DBC and without the primitive assumption. For reversible QMS, a straightforward extension of the proof of Proposition 5.2 of [53] implies that the strong regularity of $\mathcal{L}$ always holds, with $d_0 = \|\mathcal{L}\|_{2-2,\sigma_{TV}} + 1 := \sup\|X\|_{2,\sigma_{TV}} = 1 \|\mathcal{L}(X)\|_{2,\sigma_{TV}} + 1$. These remarks motivate the following corollary of Theorem 2.5:

**Corollary 2.6.** Assume that $\text{LSI}_{2,N}(c,d)$ holds. Then:

(i) If $\mathcal{L}$ is reversible, then $\text{HC}_{2,N}(c,d + \ln \sqrt{|I|} + c(\|\mathcal{L}\|_{2-2,\sigma_{TV}} + 1))$ holds.

(ii) If $\mathcal{L}$ satisfies $\sigma_{TV}$-DBC, then $\text{HC}_{2,N}(c,d + \ln \sqrt{|I|})$ holds.

We also prove that it is always possible to get a weak DF-2-log-Sobolev inequality with a universal weak DF-2-log-Sobolev constant from any weak DF-2-log-Sobolev inequality, hence extending Theorem 4.2 of [53] to the non-primitive case. Recall that the spectral gap is defined as follows [4]:

$$
\lambda(\mathcal{L}) := \inf_{X \geq 0} \frac{\mathcal{E}_2,\mathcal{L}(X)}{\|X - E_N[X]\|_{2,\sigma_{TV}}^2}.
$$

**Theorem 2.7.** Assume that $\text{LSI}_{2,N}(c,d)$ holds and denote by $\lambda(\mathcal{L})$ the spectral gap of $\mathcal{L}$. Then, $\text{LSI}_{2,N}(c + d + 1, d' = \ln \sqrt{2})$ holds.

Finally, using the DF-hypercontractivity and complex interpolation methods, we derive the following universal DF-2-log-Sobolev constants:
Corollary 2.8. Given a reversible QMS \((\mathcal{P}_t)_{t \geq 0}\) with spectral gap \(\lambda(\mathcal{L})\), LSI\(_{2,N}(c, \ln \sqrt{2})\) holds, with
\[
c \leq \frac{\ln(\|\sigma^{-1}_{\text{Tr}}\|_\infty)}{2 \lambda(\mathcal{L})} + 2.
\]

2.4. Application to Decoherence Rates
Given a QMS \((\mathcal{P}_t)_{t \geq 0}\), its decoherence time is defined as:
\[
\tau_{\text{deco}}(\varepsilon) := \inf \{ t \geq 0 : \|\mathcal{P}_{st}(\rho - E_{\mathcal{N}^s}(\rho))\|_1 \leq \varepsilon, \forall \rho \in \mathcal{D}(\mathcal{H}) \}.
\]
The standard method to obtain estimates for \(\tau(\varepsilon)\) in the primitive case is to use Pinsker’s inequality to upper bound the trace distance in terms of the relative entropy, which in the primitive case decay exponentially fast according to the 1-log-Sobolev constant \([22,40]\). The second step is to bound this constant by the strong 2-log-Sobolev constant, under the condition that the weak constant is null. However, we prove in Sect. 5 that the weak constant is null only for primitive and unitary evolution. In the case when there is only access to a weak DF-log-Sobolev inequality, we can fortunately still derive bounds on the decoherence times by extending a technique already used in the classical case in \([22,74]\), by combining Poincaré’s inequality and the weak DF-hypercontractivity property of the semigroup.

Proposition 2.9. Assume that a QMS \((\mathcal{P}_t)_{t \geq 0}\) satisfies \(\text{HC}_{2,N}(c,d)\), and that \(\|\sigma^{-1}_{\text{Tr}}\|_\infty \geq e\). Then, given \(t = \frac{c}{2} \ln \ln \|\sigma^{-1}_{\text{Tr}}\|_\infty + \frac{\kappa}{\lambda(\mathcal{L})}, \kappa > 0\):
\[
\forall \rho \in \mathcal{D}(\mathcal{H}), \|\mathcal{P}_{st}(\rho - E_{\mathcal{N}^s}(\rho))\|_1 \leq \max_{i \in I} \sqrt{d_{\mathcal{H}_i}} \varepsilon^{1+d-\kappa},
\]
where the \(d_{\mathcal{H}_i}\) are the dimensions of the spaces \(\mathcal{H}_i\) occurring in the decomposition of \(\mathcal{N}(\mathcal{P})\) given by \((2.9)\). The above inequality provides the following bound on the decoherence time of the QMS:
\[
\tau_{\text{deco}}(\varepsilon) \leq \frac{\ln \left(\max_{i \in I} \sqrt{d_{\mathcal{H}_i}} \varepsilon^{-1} \right) + 1 + d}{\lambda(\mathcal{L})} + \frac{c}{2} \ln \|\sigma^{-1}_{\text{Tr}}\|_\infty.
\]
Remark that the assumption on \(\|\sigma^{-1}_{\text{Tr}}\|_\infty\) is not restrictive: it means that the lowest eigenvalue of \(\sigma_{\text{Tr}}\) has to be smaller than \(1/e\). In particular, it always holds when \(d_{\mathcal{H}} \geq 3\).

We see that having a weak constant \(d = \sqrt{2}\) has in practice no effect on the decoherence time. Remark also that the constant \(\max_{i \in I} \sqrt{d_{\mathcal{H}_i}}\) is again a signature of the non-primitive case. We will see that in some interesting examples it is polynomial in \(\ln(d_{\mathcal{H}})\) and therefore is dominated by \(e^{-\kappa}\) for large enough \(t\) in Equation \((2.29)\).

2.5. CB Hypercontractivity and the Tensorization Property
For two finite dimensional Hilbert spaces \(\mathcal{H}_A\) and \(\mathcal{H}_B\) and a full rank density matrix \(\sigma\) on \(\mathcal{H}_B\), Pisier defined the \(L_q \left(\frac{\|\cdot\|_{\mathcal{H}_A}}{d_A}, L_p(\sigma)\right)\) norm for \(1 \leq q \leq p \leq +\infty\)
as ([20, 55]): given $\frac{1}{r} = \left| \frac{1}{p} - \frac{1}{q} \right|$, 

$$
\|X\|_{L_q}\left(\frac{1}{d_A}, L_p(\sigma)\right) \equiv \inf_{A, B \in \mathcal{B}(\mathcal{H}_A), Y \in \mathcal{B}(\mathcal{H}_B)} \frac{\|A\|_{2r, \frac{1}{d_A}} \|B\|_{2r, \frac{1}{d_A}} \|Y\|_{p, \frac{1}{d_A} \otimes \sigma}}{\|A \otimes \mathbb{I}_{\mathcal{H}_B} Y (B \otimes \mathbb{I}_{\mathcal{H}_B})\|_{q, \frac{1}{d_A} \otimes \sigma}}.
$$

$$
\|Y\|_{L_p}\left(\frac{1}{d_A}, L_q(\sigma)\right) \equiv \sup_{A, B \in \mathcal{B}(\mathcal{H}_A)} \frac{\|(A \otimes \mathbb{I}_{\mathcal{H}_B} Y (B \otimes \mathbb{I}_{\mathcal{H}_B}))\|_{q, \frac{1}{d_A} \otimes \sigma}}{\|A\|_{2r, \frac{1}{d_A}} \|B\|_{2r, \frac{1}{d_A}}}. 
$$

When $\sigma = \frac{1}{d_B}$, these reduce to the norms introduced in [6]. The norms defined in Equations (2.25) and (2.26) reduce to the above norms in the particular situation where $\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B$, $\sigma_{Tr} = \frac{1}{d_A} \otimes \sigma$ and $\mathcal{N} = \mathcal{B}(\mathcal{H}_A) \otimes \mathbb{I}_{\mathcal{H}_B}$. It is then immediate that for all $X \in \mathcal{B}(\mathcal{H}_A \otimes \mathcal{H}_B)$ and all $p, q \geq 1$:

$$
\|X\|_{(q,p), \mathcal{N}} = \|X\|_{L_q}\left(\frac{1}{d_A}, L_p(\sigma)\right).
$$

This situation is particularly relevant when studying hypercontractivity for the CB-norms. For an operator $\Lambda : \mathcal{B}(\mathcal{H}_B) \to \mathcal{B}(\mathcal{H}_B)$, its weighted completely bounded norm $\|\Lambda\|_{q \to p, \text{CB}, \sigma}$ is defined as follows:

$$
\|\Lambda\|_{q \to p, \text{CB}, \sigma} := \sup_{d_{\mathcal{H}_A}} \sup_{Y \in \mathcal{B}(\mathcal{H})} \frac{\|(\text{id}_{\mathcal{B}(\mathcal{H}_A)} \otimes \Lambda)(Y)\|_{(q,p), \mathcal{N}}}{\|Y\|_{q, \frac{1}{d_{\mathcal{H}_A}} \otimes \sigma}}, \quad (2.30)
$$

where the supremum in (2.30) is over all dimensions $d_{\mathcal{H}_A}$ of $\mathcal{H}_A$ and all operators $Y \in \mathcal{B}(\mathcal{H})$.

These norms are known to be multiplicative, as proved in [20]. As a result, in order to define a notion of hypercontractivity and its associated log-Sobolev inequality that satisfy the tensorization property, we embed a primitive QMS $(\mathcal{P}_t)_{t \geq 0}$ on $\mathcal{B}(\mathcal{H})$ into the QMS $(\text{id}_k \otimes \mathcal{P}_t)_{t \geq 0}$ on $\mathcal{B}(\mathbb{C}^k \otimes \mathcal{H})$, and study the latter’s DF-hypercontractivity properties, for each integer $k \geq 1$. Let $\sigma$ be the unique invariant state of $(\mathcal{P}_t)_{t \geq 0}$. Then, $\mathcal{N}_k := \mathcal{N}(\text{id}_k \otimes \mathcal{P}) = \mathcal{B}(\mathbb{C}^k) \otimes \mathcal{H}$ and $\sigma_{Tr} = \frac{1}{k} \otimes \sigma$. We are led to the following definitions.

**Definition 2.10.** We say that $(\mathcal{P}_t)_{t \geq 0}$:

1. satisfies a *weak CB-q-log-Sobolev inequality* with positive strong CB-q-log-Sobolev constant $c > 0$ and weak CB-q-log-Sobolev constant $d \geq 0$, which we denote by $\text{LSI}_{q,\text{CB}}(c,d)$, if for all integer $k \geq 1$, $\text{LSI}_q,\mathcal{N}_k(c,d)$ holds.

2. is *weakly q-CB-hypercontractive* for positive constants $c > 0$ and $d \geq 0$, condition denoted by $\text{HC}_{q,\text{CB}}(c,d)$, if for all $t \geq 0$,

$$
\|\mathcal{P}_t\|_{q \to p(t), \text{CB}, \sigma} \leq \exp \left( 2d \left( \frac{1}{q} - \frac{1}{p(t)} \right) \right),
$$

for any function $p : [0, +\infty) \to \mathbb{R}$ such that for any $t \geq 0$, $q \leq p(t) \leq 1 + (q-1)e^{2t/c}$. 


The above definitions extend the ones in [6] to non-unital primitive QMS and to weak LSI and weak HC. In the next theorem, we establish the equivalence between the CB-log-Sobolev inequality and CB-hypercontractivity, hence extending Theorem 4 of [6] to the cases mentioned above.

**Theorem 2.11.** Let \((P_t)_{t \geq 0}\) be a primitive QMS on \(B(H)\) with associated generator \(\mathcal{L}\), and let \(q \geq 1, d \geq 0\) and \(c > 0\). Then

(i) If \(HC_{q,CB}(c, d)\) holds, then \(LSI_{q,CB}(c, d)\) holds.
(ii) If \(LSI_{\tilde{q},CB}(c, d)\) holds for all \(\tilde{q} \geq q\), then \(HC_{q,CB}(c, d)\) holds.

A direct application of the definitions for \(L_p\) regularity of Dirichlet forms then leads to the following:

**Theorem 2.12.** Assume that \(\mathcal{L}\) is the generator of a primitive QMS with unique invariant state \(\sigma\), and that \(LSI_{2,CB}(c, d)\) holds. Then

(i) If the generator \(\mathcal{L}\) is strongly \(L_p\)-regular for some \(d_0 \geq 0\), then \(LSI_{q,CB}(c, d + c d_0)\) holds for all \(q \geq 1\), so that \(HC_{2,CB}(c, d + c d_0)\) holds.
(ii) If the generator \(\mathcal{L}\) is only weakly \(L_p\)-regular for some \(d_0 \geq 0\), then \(LSI_{q,CB}(2c, d + c d_0)\) holds for all \(q \geq 1\), so that \(HC_{2,CB}(2c, d + c d_0)\) holds.

As in the decoherence-free case, an application of Proposition 5.2 of [53] together with Theorem 4 of [71] leads to the following corollary:

**Corollary 2.13.** Assume that \(\mathcal{L}\) is the generator of a primitive QMS with unique invariant state \(\sigma\), and that \(LSI_{2,CB}(c, d)\) holds.

(i) If \(\mathcal{L}\) is reversible, then \(LSI_{q,CB}(c, d + c (\|\mathcal{L}\|_{2 \to 2, \sigma} + 1))\) holds for all \(q \geq 1\) and consequently \(HC_{2,CB}(c, d + c (\|\mathcal{L}\|_{2 \to 2, \sigma} + 1))\) holds.
(ii) If \(\mathcal{L}\) satisfies \(\sigma\)-DBC, then \(LSI_{q,CB}(c, d)\) holds for all \(q \geq 1\) and consequently \(HC_{2,CB}(c, d)\) holds.

Moreover, we derive universal bounds on the CB-log-Sobolev constants:

**Theorem 2.14** (Universal bounds on the CB-log Sobolev constants). Let \((P_t)_{t \geq 0}\) be a primitive reversible QMS, with unique invariant state \(\sigma\) and spectral gap \(\lambda(\mathcal{L})\). Then, \(LSI_{2,CB}(c, \ln \sqrt{2})\) holds, with

\[
c \leq \frac{\ln \|\sigma^{-1}\|_{\infty} + 2}{2\lambda(\mathcal{L})}.
\] (2.31)

3. **The Weighted \(L_q(N, L_p(\sigma_{Tr}))\) Norms**

Hypercontractivity is a statement concerning the contraction properties of a certain family of norms under the action of a QMS \((P_t)_{t \geq 0}\). Perhaps the main contribution of this article is the study and use of such a family, specific to the QMS and its decoherence-free algebra. The origin of these norms comes from operator space theory; they were recently defined by Junge and Parcet in [36] and can be seen as a generalization of the norms defined on non-commutative
vector-valued $\mathbb{L}_p$ spaces by Pisier in [55]. Recall that $\mathcal{N}(\mathcal{P})$ is the decoherence-free algebra of the QMS defined in Eq. (2.2) and that $\sigma_{\text{Tr}}$ is a reference invariant and full-rank density matrix defined in Eq. (2.7). For $1 \leq q \leq p \leq +\infty$ and $\frac{1}{r} = \frac{1}{q} - \frac{1}{p}$, define

\[
\|X\|_{(q,p),\mathcal{N}} := \inf_{A,B \in \mathcal{N}(\mathcal{P}), Y \in \mathcal{B}(\mathcal{H})} \|A\|_{2r,\sigma_{\text{Tr}}} \|B\|_{2r,\sigma_{\text{Tr}}} \|Y\|_{p,\sigma_{\text{Tr}}},
\]

\[
\|Y\|_{(p,q),\mathcal{N}} := \sup_{A,B \in \mathcal{N}(\mathcal{P})} \frac{\|AYB\|_{q,\sigma_{\text{Tr}}}}{\|A\|_{2r,\sigma_{\text{Tr}}} \|B\|_{2r,\sigma_{\text{Tr}}}}.
\]

For any $1 \leq q, p \leq +\infty$, we denote the space $\mathcal{B}(\mathcal{H})$ endowed with the norms $\|X\|_{(q,p),\mathcal{N}}$ by $\mathbb{L}_q(\mathcal{N}, \mathbb{L}_p(\sigma_{\text{Tr}}))$. We refer the reader to [36] for the proof that it defines an interpolating family of spaces. In Sect. 3.1, we study the properties of these norms and show the reason why they constitute good candidates for the study of hypercontractivity of decohering QMS. In Sect. 3.2, we state one of these norms and show the reason why they constitute good candidates for the study of hypercontractivity of decohering QMS. We conclude in Sect. 3.3 with a result on the almost convexity of the norm that will be essential in the next section.

### 3.1. Some Properties of the $\mathbb{L}_q(\mathcal{N}, \mathbb{L}_p(\sigma_{\text{Tr}}))$ Spaces

We first gather some properties of the $\mathbb{L}_q(\mathcal{N}, \mathbb{L}_p(\sigma_{\text{Tr}}))$ spaces. First, we will repeatedly use the crucial fact that they define a family of complex interpolating spaces [36]. We refer to the latter citation for a proof of this and for more information about these norms.

**Proposition 3.1.** Let $1 \leq q, p \leq +\infty$ together with their Hölder conjugates $q', p'$, i.e., such that $\frac{1}{p} + \frac{1}{p'} = 1$, and $\frac{1}{q} + \frac{1}{q'} = 1$. Moreover, let $\mathcal{N}$ be a subalgebra of $\mathcal{B}(\mathcal{H})$ with corresponding conditional expectation $E_{\mathcal{N}}$ and $\sigma_{\text{Tr}} := E_{\mathcal{N}*}(\mathbb{1}/d_{\mathcal{H}})$. Then, the following holds:

(i) **Hölder’s inequality:** For any $X \in \mathbb{L}_p(\mathcal{N}, \mathbb{L}_q(\sigma_{\text{Tr}}))$ and $Y \in \mathbb{L}_{p'}(\mathcal{N}, \mathbb{L}_{q'}(\sigma_{\text{Tr}}))$,

\[\langle X, Y \rangle_{\sigma_{\text{Tr}}} \leq \|X\|_{(q,p),\mathcal{N}} \|Y\|_{(q',p'),\mathcal{N}}.\]

(ii) **Duality:** For any $X \in \mathbb{L}_q(\mathcal{N}, \mathbb{L}_p(\sigma_{\text{Tr}}))$,

\[\|X\|_{(p,q),\mathcal{N}} = \sup \left\{ \|\langle X, Y \rangle_{\sigma_{\text{Tr}}}| : \|Y\|_{(q',p'),\mathcal{N}} = 1 \right\} \]

(iii) **Relation with $\mathbb{L}_p(\sigma_{\text{Tr}})$ norms:** if $q \leq p$, then for any $X \in \mathbb{L}_p(\sigma_{\text{Tr}})$,

\[\|X\|_{q,\sigma_{\text{Tr}}} \leq \|X\|_{(q,p),\mathcal{N}} \leq \|X\|_{p,\sigma_{\text{Tr}}}, \tag{3.3}\]

\[\|X\|_{q,\sigma_{\text{Tr}}} \leq \|X\|_{(p,q),\mathcal{N}} \leq \|X\|_{p,\sigma_{\text{Tr}}}. \tag{3.4}\]

and, in both cases, equality holds for all $X$ if $p = q$. This last statement is usually referred to as Fubini’s Theorem.

(iv) **The hierarchy of norms:** for $1 \leq q_1 \leq q_2, p_1 \leq p_2 \leq +\infty$, and any $X \in \mathcal{B}(\mathcal{H})$,

\[\|X\|_{(q_1,p_1),\mathcal{N}} \leq \|X\|_{(q_2,p_2),\mathcal{N}}.\]
(v) When $1 \leq q \leq p \leq +\infty$, the sup on the right hand side of Eq. (3.2) may be restricted to the set of positive semidefinite operators $A, B \geq 0$. Furthermore, for all positive semidefinite $X$,

$$\|X\|_{(p,q),\mathcal{N}} = \sup_{A \in \mathcal{N}, \ A > 0, \ \|A\|_{1,\sigma_T} = 1} \left\| A^{1/2r} X A^{1/2r} \right\|_{q,\sigma_T}, \quad (3.5)$$

(vi) Similarly, the inf on the right hand side of Eq. (3.1) may be restricted to the set of positive semidefinite operators $A, B \geq 0$. Furthermore, for all positive semidefinite $X$,

$$\|X\|_{(q,p),\mathcal{N}} = \inf_{A \in \mathcal{N}, \ A > 0, \ \|A\|_{1,\sigma_T} = 1} \left\| A^{-1/2r} X A^{-1/2r} \right\|_{p,\sigma_T}. \quad (3.6)$$

(vii) For all $1 \leq q \leq p \leq +\infty$, $\|X\|_{(q,p),\mathcal{N}} = \|X\|_{q,\sigma_T}$ whenever $X \in \mathcal{N}$.

Proof. (i) Hölder’s inequality follows directly from Hölder’s inequality in the case of the $\mathbb{L}_p(\sigma_T)$ norms (see [53]): without loss of generality, assume that $p \leq q$, so that $q' \leq p'$. Consider any decomposition of $Y$ of the form $Y = AZB$, with $A, B \in \mathcal{N}$ and $Z \in \mathcal{B}(\mathcal{H})$. Then,

$$|\langle X, Y \rangle_{\sigma_T}| = |\langle X, AZB \rangle_{\sigma_T}| = |\langle A^* XB^*, Z \rangle_{\sigma_T}| \leq \| A^* XB^* \|_{p,\sigma_T} \| Z \|_{p',\sigma_T} \leq \|X\|_{(q,p),\mathcal{N}} A \|2r,\sigma_T\| B \|2r,\sigma_T\| Z \|p',\sigma_T\|.$$

We conclude by taking the infimum over the operators $A, B$ and $Z$. (ii) Assume without loss of generality that $1 \leq q \leq p \leq +\infty$. Then,

$$\|X\|_{(p,q),\mathcal{N}} = \sup_{A,B \in \mathcal{N}} \left\{ \|AXB\|_{q,\sigma_T} : \|A\|_{2r,\sigma_T} \|B\|_{2r,\sigma_T} \leq 1 \right\} \leq \sup_{A,B \in \mathcal{N}, Z \in \mathcal{B}(\mathcal{H})} \left\{ |\langle AXB, Z \rangle_{\sigma_T}| : \|A\|_{2r,\sigma_T} \|B\|_{2r,\sigma_T} \leq 1, \|Z\|_{q',\sigma_T} \leq 1 \right\} \leq \sup_{A,B \in \mathcal{N}, Z \in \mathcal{B}(\mathcal{H})} \left\{ |\langle X, A^* ZB^* \rangle_{\sigma_T}| : \|A\|_{2r,\sigma_T} \|B\|_{2r,\sigma_T} \leq 1 \right\} \leq \sup_{A,B \in \mathcal{N}, W, Z \in \mathcal{B}(\mathcal{H})} \left\{ |\langle X, W \rangle_{\sigma_T}| : W = A^* ZB^*, \|A\|_{2r,\sigma_T} \|B\|_{2r,\sigma_T} \|Z\|_{q',\sigma_T} \leq 1 \right\} \leq \sup_{W \in \mathcal{B}(\mathcal{H})} \left\{ \|W\|_{(p',q')} \right\} \leq 1 \right\} \leq \sup_{W \in \mathcal{B}(\mathcal{H})} \left\{ \|W\|_{(p',q')} \right\} \leq \|X\|_{(q,p),\mathcal{N}}.$$

where in the second line, we used the duality of $\mathbb{L}_p(\sigma_T)$ norms, in the third line we used that for $A, B \in \mathcal{N}$, $[A, \sigma_T] = [B, \sigma_T] = 0$, and in the last line we used that $\frac{1}{r} = \frac{1}{p'} - \frac{1}{q'}$. Using Hölder’s inequality (i), the condition $\|W\|_{(p',q')} \leq 1$ implies

$$|\langle X, W \rangle_{\sigma_T}| \leq \|X\|_{(p,q),\mathcal{N}} \|W\|_{(p',q')} \leq \|X\|_{(p,q),\mathcal{N}}.$$

Therefore, the supremum is attained. This shows that the Banach space $\mathbb{L}_{p'}(\mathcal{N}, \mathbb{L}_{q'}(\sigma_T))$ is the dual of $\mathbb{L}_p(\mathcal{N}, \mathbb{L}_q(\sigma_T))$. As these spaces are finite dimensional, the converse holds.

(iii) The second inequality in (3.3) and the first inequality in (3.4) are obvious by definition, by considering $A = B = I_{\mathcal{H}}$ in both cases and $Y = X$ in the first case. The second inequality in (3.4) and the first inequality in (3.3) are proved by a use of Hölder’s inequality for the $\mathbb{L}_p(\sigma_T)$ norms.
(iv) By convexity of the inverse function, \( \frac{1}{r^q} \equiv \frac{1}{q_1} - \frac{1}{r_1} \geq \frac{1}{q_2} - \frac{1}{p_2} \equiv \frac{1}{r^q} \), so that
\[
\|X\|_{(q_1,p_1),\mathcal{N}} = \inf_{A,B\in\mathcal{N}, Y\in\mathcal{B}(\mathcal{H}), X=AYB} \|A\|_{2r_1,\sigma_{\mathcal{T}_r}} \|B\|_{2r_1,\sigma_{\mathcal{T}_r}} \|Y\|_{p_1,\sigma_{\mathcal{T}_p}} \\
\leq \inf_{A,B\in\mathcal{N}, Y\in\mathcal{B}(\mathcal{H}), X=AYB} \|A\|_{2r_2,\sigma_{\mathcal{T}_r}} \|B\|_{2r_2,\sigma_{\mathcal{T}_r}} \|Y\|_{p_2,\sigma_{\mathcal{T}_p}} \\
= \|X\|_{(q_2,p_2),\mathcal{N}}^q,
\]
where in the second line we used the hierarchy of the \( \|\cdot\|_{p,\sigma_{\mathcal{T}_p}} \) norms: for \( p \leq p \), \( \|X\|_{p,\sigma_{\mathcal{T}_p}} \leq \|X\|_{\tilde{p},\sigma_{\mathcal{T}_p}}. \)

(v) The first claim follows directly from invariance of \( \mathcal{N} \) under \( A \mapsto |A| \equiv \sqrt{A^* A} \), polar decomposition, as well as invariance of the \( \mathbb{L}_p(\sigma_{\mathcal{T}_p}) \) norms under unitary transformations \( U \in \mathcal{N}. \) Assume now that \( X \geq 0 \). Then, by Hölder’s inequality for the Schatten norms,
\[
\|AXB\|_{q,\sigma_{\mathcal{T}_r}} \leq \sqrt{\|AXA^*\|_{q,\sigma_{\mathcal{T}_r}} \|BXB^*\|_{q,\sigma_{\mathcal{T}_r}}} \\
\leq \max \left\{ \|AXA^*\|_{q,\sigma_{\mathcal{T}_r}}, \|BXB^*\|_{q,\sigma_{\mathcal{T}_r}} \right\},
\]
where we also used that \( \Gamma_{\sigma_{\mathcal{T}_p}}(AXB^*) = A\Gamma_{\sigma_{\mathcal{T}_p}}(X)B^* \) as \( A,B \in \mathcal{N}(\mathcal{P}). \) Moreover, equality holds when \( A = B \). Since positive definite operators are dense in the set of positive semidefinite operators, we conclude that for all positive semidefinite \( X, \)
\[
\|X\|_{(p,q),\mathcal{N}} = \sup_{A\in\mathcal{N}, A>0, \|A\|_{1,\sigma_{\mathcal{T}_p}}=1} \left\| A^{1/r} X A^{1/r} \right\|_{q,\sigma_{\mathcal{T}_q}}.
\]

(vi) This property is more difficult to prove than the previous one. We refer to point (iv) of Proposition 4.1.5 in [73].

(vii) From the first inequality of (3.3), we only need to find \( A,B \in \mathcal{N} \) and \( Y \in \mathcal{B}(\mathcal{H}) \) such that \( X = AYB \), and \( \|X\|_{q,\sigma_{\mathcal{T}_r}} = \|A\|_{2r,\sigma_{\mathcal{T}_r}} \|B\|_{2r,\sigma_{\mathcal{T}_r}} \|Y\|_{p,\sigma_{\mathcal{T}_p}}. \) This works by taking \( A = B = X_{q}^{\frac{1}{2}} \) and \( Y = X_{q}^{\frac{1}{2}}. \) Indeed, in this case,
\[
\|A\|_{2r,\sigma_{\mathcal{T}_r}} = \|B\|_{2r,\sigma_{\mathcal{T}_r}} = \|\text{Tr}(|\sigma_{\mathcal{T}_r}|X^{q})\|_{q,\sigma_{\mathcal{T}_q}}^\frac{1}{q} = \|X\|_{q,\sigma_{\mathcal{T}_q}}^\frac{1}{q},
\]
\[
\|Y\|_{p,\sigma_{\mathcal{T}_p}} = \|\text{Tr}(\sigma_{\mathcal{T}_p}|X^{q})\|_{q,\sigma_{\mathcal{T}_q}}^\frac{1}{q} = \|X\|_{q,\sigma_{\mathcal{T}_q}}^\frac{1}{q},
\]
and the claim follows from the fact that \( \frac{1}{r} + \frac{1}{p} = \frac{1}{q}. \)

In the following proposition, we gather properties of \( \mathbb{L}_p(\mathcal{N}, \mathbb{L}_q(\sigma_{\mathcal{T}_p})), \) when \( \mathcal{N} \equiv \mathcal{N}(\mathcal{P}) \) is the decoherence-free algebra of a decohering QMS \( (\mathcal{P}_t)_{t \geq 0} \), that will be particularly useful throughout the paper:

**Proposition 3.2.** Fix \( 1 \leq q \leq p \leq +\infty \) and let \( (\mathcal{P}_t)_{t \geq 0} \) be a decohering QMS, with \( \mathcal{N} \equiv \mathcal{N}(\mathcal{P}) \). Then, the following properties hold:

(i) \( (\mathcal{P}_t)_{t \geq 0} \) is contractive with respect to \( \|\cdot\|_{(q,p),\mathcal{N}} \) for all \( 1 \leq q,p \leq +\infty. \)

(ii) For all \( X \in \mathcal{N}(\mathcal{P}), \|X\|_{(q,p),\mathcal{N}} = \|X\|_{q,\sigma_{\mathcal{T}_p}}. \)

(iii) Ordering of the norms: for fixed \( q \geq 1 \) and for \( q \leq p_1 \leq p_2, \|\cdot\|_{(q,p_1),\mathcal{N}} \leq \|\cdot\|_{(q,p_2),\mathcal{N}}. \)
(iv) In the case when \( \mathcal{N} = \mathcal{N}(\mathcal{P}) \equiv \mathbb{C} \mathbb{I} \) and \( \sigma_{\mathcal{T}_t} \equiv \sigma \) is its unique invariant state, equality holds in the second inequality of (3.3) as well as the first inequality of (3.4).

**Proof.** (i) We first prove that \( (\mathcal{P}_t)_{t \geq 0} \) is contractive for the \( \| \cdot \|_{p,\sigma_{\mathcal{T}_t}} \) norm for all \( p \geq 1 \) and all \( t \geq 0 \), i.e., for all \( X \in \mathcal{B}(\mathcal{H}) \),

\[
\| \mathcal{P}_t(X) \|_{p,\sigma_{\mathcal{T}_t}} \leq \| X \|_{p,\sigma_{\mathcal{T}_t}}.
\]

By Riesz–Thorin interpolation Theorem, it is enough to prove this for \( p = 1 \) and \( p = +\infty \). The case \( p = +\infty \) follows from the Russo-Dye Theorem \([60]\) and the fact that \( \mathcal{P}_t(I_\mathcal{H}) = I_\mathcal{H} \) for all \( t \geq 0 \). The case \( p = 1 \) then follows by duality as \( \| \mathcal{P}_t : \mathbb{L}_1(\sigma_{\mathcal{T}_t}) \to \mathbb{L}_1(\sigma_{\mathcal{T}_t}) \| = \| \hat{\mathcal{P}}_t : \mathbb{L}_\infty(\sigma_{\mathcal{T}_t}) \to \mathbb{L}_\infty(\sigma_{\mathcal{T}_t}) \| \), where \( \hat{\mathcal{P}} \) is the adjoint of \( \mathcal{P} \) for the \( (2, \sigma_{\mathcal{T}_t}) \)-inner product. Indeed, \( \hat{\mathcal{P}} \) is again a unital QMS with the same invariant state \( \sigma_{\mathcal{T}_t} \), see \([40]\) for instance.

Assume now that \( 1 \leq q \leq p \leq +\infty \). We first prove that \( (\mathcal{P}_t)_{t \geq 0} \) is contractive for the \( \| \cdot \|_{(p,q),\mathcal{N}} \) norm. By definition,

\[
\| \mathcal{P}_t(X) \|_{(p,q),\mathcal{N}} = \sup_{A,B \in \mathcal{N}(\mathcal{P})} \| A \|_{2r,\sigma_{\mathcal{T}_t}}, \| B \|_{2r,\sigma_{\mathcal{T}_t}} = 1 \quad \| \mathcal{P}_t(A)\mathcal{P}_t(X)\mathcal{P}_t(B) \|_{q,\sigma_{\mathcal{T}_t}}
\]

where \( \frac{1}{r} = \frac{1}{q} - \frac{1}{p} \). Here, the first line follows from the fact that \( (\mathcal{P}_t)_{t \geq 0} \) acts unitarily on \( \mathcal{N}(\mathcal{P}) \), the second line follows from Proposition 1(2) of \([19]\), and the third one from the contractivity of \( \mathcal{P}_t \) as a map from \( \mathbb{L}_q(\sigma_{\mathcal{T}_t}) \) to \( \mathbb{L}_q(\sigma_{\mathcal{T}_t}) \). The case of \( \| \cdot \|_{(q,p),\mathcal{N}} \) follows by duality (Proposition 3.1(ii)) and Hölder’s inequality (Proposition 3.1(i)):

\[
\| \mathcal{P}_t(X) \|_{(q,p),\mathcal{N}} = \sup_{\| Y \|_{(q',p')},\mathcal{N} \leq 1} \langle Y, \mathcal{P}_t(X) \rangle_{\sigma_{\mathcal{T}_t}}
\]

where \( \frac{1}{p'} + \frac{1}{p'} = 1 \) and \( \frac{1}{q} + \frac{1}{q'} = 1 \), and where \( \hat{\mathcal{P}} \) is the adjoint of \( \mathcal{P} \) for the \( \sigma_{\mathcal{T}_t} \)-inner product defined in Eq. (2.15). We conclude by using the above proof of DF-contractivity for \( 1 \leq p' \leq q' \leq +\infty \), applied to the QMS \( (\hat{\mathcal{P}}_t)_{t \geq 0} \).

(ii) This is point (vii) of Proposition 3.1 for \( \mathcal{N} \equiv \mathcal{N}(\mathcal{P}) \).

(iii) This is point (iv) of Proposition 3.1 for \( \mathcal{N} \equiv \mathcal{N}(\mathcal{P}) \).

(iv) This is obvious since \( \mathcal{N}(\mathcal{P}) \equiv \mathbb{C} \mathbb{I} \).
3.2. Differentiation of the Decoherence-Free Norms

As in the primitive case, the equivalence between hypercontractivity and the log-Sobolev inequality relies on a formula for the differentiation of the decoherence-free norms, commonly called Gross’ integration Lemma. In the bipartite case, where $\mathcal{N}(\mathcal{P}) = \mathcal{B}(\mathcal{H}_A) \otimes I_{\mathcal{H}_B}$ and the invariant state is the maximally mixed state, this differentiation was done in [6]. Here, we generalize this result to the case of the amalgamated $L_p$ norms associated to a decohering QMS. The next lemma, which extends Lemma 5 of [40], provides a physical interpretation of the DF-$L_p$ relative entropies in terms of the quantum relative entropy of a state and its projection onto the decoherence-free subalgebra. Recall that the quantum relative entropy $D(\rho\|\sigma)$ of two states $\rho, \sigma \in D(\mathcal{H})$ is given by

$$D(\rho\|\sigma) := \begin{cases} 
\text{Tr} (\rho \ln \rho - \ln \sigma)) & \text{supp}(\rho) \subset \text{supp}(\sigma), \\
+\infty & \text{otherwise.}
\end{cases} \quad (3.7)$$

**Lemma 3.3.** Let $\rho \in D_+ (\mathcal{H})$ and $X \in \mathcal{B}(\mathcal{H})$ positive definite. We denote by $\rho_\mathcal{N} = E_{\mathcal{N}^*}(\rho)$ the image of $\rho$ by the conditional expectation. Then

(i) $\text{Ent}_{2,\mathcal{N}}(\Gamma_{\sigma_{TV}}^{-1/2}(\sqrt{\rho})) = \frac{1}{2} D(\rho\|\rho_\mathcal{N}).$

(ii) $\text{Ent}_{1,\mathcal{N}}(\Gamma_{\sigma_{TV}}^{-1}(\rho)) = D(\rho\|\rho_\mathcal{N}).$

(iii) More generally, $\text{Ent}_{q,\mathcal{N}}(\Gamma_{\sigma_{TV}}^{-\frac{q}{2}}(\rho^{\frac{1}{2}})) = \frac{1}{q} D(\rho\|\rho_\mathcal{N})$ for any $q \geq 1$. In particular,

$$\text{Ent}_{q,\mathcal{N}}(\Gamma_{\sigma_{TV}}^{-\frac{q}{2}}(\rho^{\frac{1}{2}})) \leq \text{Ent}_{q,\sigma_{TV}}(\Gamma_{\sigma_{TV}}^{-\frac{q}{2}}(\rho^{\frac{1}{2}})).$$

(iv) If $X \in \mathcal{N}(\mathcal{P})$ and any $q \geq 1$, $\text{Ent}_{q,\mathcal{N}}(X) = 0$.

(v) $\text{Ent}_{p,\mathcal{N}}(X) = \frac{2}{p} \text{Ent}_{2,\mathcal{N}}(I_{2,p}(X))$ for any $p \geq 1$.

**Proof.** (i) For $X = \Gamma_{\sigma_{TV}}^{-1/2}(\sqrt{\rho})$, Eq. (2.28) reduces to

$$\text{Ent}_{2,\mathcal{N}}(X) = \frac{1}{2} \text{Tr}(\rho \ln \rho) - \frac{1}{2} \text{Tr}(\rho \ln E_{\mathcal{N}}[\Gamma_{\sigma_{TV}}^{-1}(\rho)]) - \frac{1}{2} \text{Tr}(\rho \ln \sigma_{TV}) . \quad (3.8)$$

Now, $\text{Tr}(\rho \ln E_{\mathcal{N}}[\Gamma_{\sigma_{TV}}^{-1}(\rho)]) = \text{Tr}(\rho_\mathcal{N} \ln E_{\mathcal{N}}[\Gamma_{\sigma_{TV}}^{-1}(\rho)])$. Using Eq. (2.23) together with $[\sigma_{TV}, E_{\mathcal{N}}(\rho)] = 0$, we arrive at

$$\text{Tr}(\rho_\mathcal{N} \ln E_{\mathcal{N}}[\Gamma_{\sigma_{TV}}^{-1}(\rho)]) = D(\rho_\mathcal{N}\|\sigma_{TV}).$$

Substituting the above right hand side into (3.8), we finally arrive at (cf. [4])

$$\text{Ent}_{2,\mathcal{N}}(Y) = \frac{1}{2} D(\rho\|\sigma_{TV}) - \frac{1}{2} D(\rho_\mathcal{N}\|\sigma_{TV}) = \frac{1}{2} D(\rho\|\rho_\mathcal{N}) . \quad (3.9)$$

(ii) It is easy to verify that for $X = \Gamma_{\sigma_{TV}}^{-1}(\rho)$:

$$\langle I_{\infty,1}(X), S_1(X) \rangle_{\sigma_{TV}} - \|X\|_{1,\sigma_{TV}} \ln \|X\|_{1,\sigma_{TV}} = D(\rho\|\sigma_{TV}).$$

Moreover, we proved in (i) that $\text{Tr}(\rho_\mathcal{N} \ln E_{\mathcal{N}}[\Gamma_{\sigma_{TV}}^{-1}(\rho)]) = D(\rho_\mathcal{N}\|\sigma_{TV})$. We conclude from inserting the last two equations into the expression of $\text{Ent}_{1,\mathcal{N}}(\Gamma_{\sigma_{TV}}^{-1}(\rho))$ and using once again that $D(\rho\|\rho_\mathcal{N}) = D(\rho\|\sigma_{TV}) - D(\rho_\mathcal{N}\|\sigma_{TV})$. 

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(iii) The first part follows similarly. The inequality is a consequence of the relation
\[ D(\rho\|\rho_N) = D(\rho\|\sigma_T) - D(\rho_N\|\sigma_T), \]
proved in [4] Lemma 3.4.
(iv) This is a simple consequence of (iii) together with the fact that if \( X \in \mathcal{N}(\mathcal{P}) \),
\[ \rho_N := E_N^*\left[\Gamma^{\frac{1}{q}}_{\sigma_T}(X)^q\right] = E_N[\Gamma_{\sigma_T}(X^q)] \]
\[ = \Gamma_{\sigma_T}(E_N[X^q]) = (\Gamma^{\frac{1}{q}}_{\sigma_T}(X))^q \equiv \rho. \]
(v) It follows by direct computation.

The proof of next theorem follows closely the one of Theorem 7 of [6], and is discussed in Appendix A for sake of clarity. It can be seen as both a generalization of the differentiation done in the primitive case in [53] to non-primitive QMS (see also Lemma 14 of [40]), and the one carried out for the CB-norm in [6] to the non-unital case.

**Theorem 3.4.** Let \( t \mapsto p(t) \) be a twice continuously differentiable increasing function in a neighborhood of 0, with \( p(0) = q \geq 1 \). Also let \( t \mapsto Y(t) \in \mathcal{B}(\mathcal{H}) \) be an operator-valued twice continuously differentiable function, where \( Y(t) \) is positive definite in a neighborhood of 0, and define \( Y := Y(0) \). Then,
\[ \frac{d}{dt}\|Y(t)\|_{(q,p(t)),\mathcal{N}}\bigg|_{t=0} = \frac{p'(0)}{q}\|Y\|_{(q,p(t)),\mathcal{N}}^{q-1} \left( \text{Ent}_{q,\mathcal{N}}(Y) + \frac{q}{p'(0)} \text{Tr}\left( \left[ \Gamma^{\frac{1}{q}}_{\sigma_T}(Y) \right]^{q-1} \Gamma^{\frac{1}{q}}_{\sigma_T}(Y'(0)) \right) \right) . \]

We shall apply this theorem to different situations. Perhaps the most relevant one is when \( Y(t) \) models the evolution of an observable \( X \in \mathcal{B}(\mathcal{H}) \) under the QMS \( (\mathcal{P}_t)_{t \geq 0} \). We state it as a corollary.

**Corollary 3.5.** For any positive definite \( X \in \mathcal{B}(\mathcal{H}) \),
\[ \frac{d}{dt}\|\mathcal{P}_t(X)\|_{(q,p(t)),\mathcal{N}}\bigg|_{t=0} = \frac{p'(0)}{q}\|X\|_{(q,p(t)),\mathcal{N}}^{q-1} \left( \text{Ent}_{q,\mathcal{N}}(X) - \frac{2(q-1)}{p'(0)} \mathcal{E}_{q,\mathcal{N}}(X) \right) . \]

**Remark 3.6.** The situation where \( X(t) \equiv X \) for all \( t \) and \( p(t) = q + t \) provides a functional analytic justification of the term entropy, as it yields:
\[ \frac{d}{dp}\|X\|_{(q,p),\mathcal{N}}\bigg|_{p=q} = \frac{1}{q}\|X\|_{(q,p),\mathcal{N}}^{-1} \text{Ent}_{q,\mathcal{N}}(X) . \]

We see here the tight relationship between the amalgamated \( L_p \) norms and entropic quantities that appear in quantum information theory. This link was recently exploited in [29] to prove a generalization of the celebrated SSA inequality.
3.3. Almost Uniform Convexity

In this subsection, we study a convexity inequality proved in the context of weighted $L_p(\sigma)$ norms in [53]. This will be an essential tool when proving universal lower bounds on the weak DF-log-Sobolev constants. This inequality states that for all $X$ positive semidefinite, any full-rank state $\sigma$, and all $p \in [1, 2]$,

$$\|X\|^2_{p,\sigma} \geq (p - 1) \|X - \text{Tr}(\sigma X)\|^2_{p,\sigma} + \text{Tr}(\sigma X)^2. \quad (3.12)$$

For the Shatten norms, this inequality can be seen as an extension of Ball–Carlen–Lieb convexity inequality [3]

$$\left(\frac{\|X + Y\|^p_p + \|X - Y\|^p_p}{2}\right)^\frac{2}{p} \geq \|X\|^2_p + (p - 1) \|Y\|^2_p, \quad X, Y \in B(H) \quad (3.13)$$

(see [57, 58] for a discussion of this fact). It has many important applications in the theory of non-commutative $L_p$ spaces, such as yielding the optimal constant for Fermionic hypercontractivity [14]. We shall prove however in Sect. 5 that inequality (3.13) fails for the amalgamated $L_p$ spaces. Instead, in this section we prove a weak form of inequality (3.12).

For $X \in B(H)$, $A \in N(\mathcal{P}) \cap S^+_{L_1(\sigma_{TV})}$ and $p \geq 1$, we define

$$\Phi(\Gamma, A, p) := \left\| \Gamma^{-1/r}_A(X) \right\|^p_p = \text{Tr} \left[ \left| A^{-\frac{1}{2}} X A^{-\frac{1}{2}} \right|^p \right]^\frac{1}{p}, \quad (3.14)$$

where we recall that $1/r = |1/2 - 1/p|$. Remark that for all positive semidefinite $X \in B(H)$ and all $A \in N(\mathcal{P}) \cap S^+_{L_1(\sigma_{TV})}$, $\Phi(\Gamma, \sigma_{TV}(X), A, 2) = \|X\|^2_{2,\sigma_{TV}}$. We shall prove that a similar result as (3.12) holds for $\Phi$, which we subsequently refer to as almost uniform convexity.

**Lemma 3.7.** The two following properties hold:

(i) For all $X \in B^+_{sa}(H)$, $A \in N(\mathcal{P}) \cap S^+_{L_1(\sigma_{TV})}$ and all $1 \leq p \leq 2$,

$$\Phi(\Gamma, A, p)^2 \geq (p - 1) \Phi(\Gamma, X - E_N[X], A, p)^2 + \Phi\left(\Gamma, E_N[X], A, p\right)^2. \quad (3.15)$$

(ii) For all $X \in B^+_{sa}(H)$ and $A \in N(\mathcal{P}) \cap S^+_{L_1(\sigma_{TV})}$,

$$\frac{\partial}{\partial p} \Phi(\Gamma, A, p)^2 \bigg|_{p=2} \leq \frac{\partial}{\partial p} \Phi(\Gamma, X - E_N[X], A, p)^2 \bigg|_{p=2} + \frac{\partial}{\partial p} \Phi\left(\Gamma, E_N[X], A, p\right)^2 \bigg|_{p=2} + \|X - E_N[X]\|_{2,\sigma_{TV}}^2. \quad (3.16)$$

**Proof.** We follow the proof of Lemma 2.9 in [53] in order to prove the first claim. We adopt the following notations. For $0 \leq t \leq 1$, define

$$X(t) = E_N[X] + t (X - E_N[X]),$$

For all $X \in B^+_{sa}(H)$, $A \in N(\mathcal{P}) \cap S^+_{L_1(\sigma_{TV})}$ and all $1 \leq p \leq 2$,
\[ \varphi(t) = \Phi(\Gamma_{\sigma_{\mathcal{T}}}^p(X(t)), A, p)^2, \]
\[ h = \Gamma_{\sigma_{\mathcal{T}}}^p \circ \Gamma_A^{-\frac{1}{p}}(X - E_{\mathcal{N}}[X]). \]

Then, Eq. (3.15) reduces to:
\[ \varphi(1) \geq (p - 1) \| h \|_p^2 + \varphi(0). \] (3.17)

This inequality follows directly from:
1. \( \varphi'(0) = 0; \)
2. \( \varphi''(t) \geq 2(p - 1) \| h \|_p^2 \) for all \( 0 \leq t \leq 1. \)

We start by computing \( \varphi'(t). \) Writing \( Z(t) = \Gamma_{\sigma_{\mathcal{T}}}^p \circ \Gamma_A^{-\frac{1}{p}}(X(t)), \) we have by integral representation that for all \( 0 \leq t \leq 1 \)
\[ \varphi'(t) = 2 \text{Tr} [h Z(t)^{p-1}] \text{Tr} [Z(t)^p]^{2/p-1}, \] (3.18)
\[ \varphi''(t) \geq 2 \frac{\partial}{\partial t} \left( \text{Tr} [h Z(t)^{p-1}] \right) \text{Tr} [Z(t)^p]^{2/p-1}. \] (3.19)

We start by proving claim 1. First remark that, since elements of \( \mathcal{N}(\mathcal{P}) \) commute with \( \sigma_{\mathcal{T}}, \)
\[ Z(0)^{p-1} = \sigma_{\mathcal{T}}^{\frac{1}{p} - \frac{1}{p'}} E_{\mathcal{N}} \left[ \Gamma_A^{-\frac{1}{p}}(X)^{p-1} \right] \sigma_{\mathcal{T}}^{\frac{1}{p'} - \frac{1}{p}}. \]

Therefore, \( \text{Tr} [h Z(0)^{p-1}] = \langle X - E_{\mathcal{N}}[X], B \rangle_{\sigma_{\mathcal{T}}}, \) where \( B = \Gamma_A^{-\frac{1}{p}} \left( E_{\mathcal{N}} \left[ \Gamma_A^{-\frac{1}{p}}(X)^{p-1} \right] \right) \in \mathcal{N}(\mathcal{P}). \) By Eq. (2.22), we get that \( \text{Tr} [h Z^{p-1}] = 0 \) which results in \( \varphi'(0) = 0. \) The proof of claim 2 is a direct copy of the proof of Lemma 2.9 in [53] and we omit it. Hence, Eq. (3.15) holds.

In order to prove (ii), we rearrange the terms in Eq. (3.15) to get
\[ (2 - p)\Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X - E_{\mathcal{N}}[X]), A, p)^2 \]
\[ \geq \left( \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X), A, 2) + \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X), A, p) \right) \left( \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X), A, 2) - \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X), A, p) \right) \]
\[ - \left( \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X - E_{\mathcal{N}}[X]), A, 2) + \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X - E_{\mathcal{N}}[X]), A, p) \right) \]
\[ \times \left( \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X - E_{\mathcal{N}}[X]), A, 2) - \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X - E_{\mathcal{N}}[X]), A, p) \right) \]
\[ - \left( \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(E_{\mathcal{N}}[X]), A, 2) + \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(E_{\mathcal{N}}[X]), A, p) \right) \]
\[ \times \left( \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(E_{\mathcal{N}}[X]), A, 2) - \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(E_{\mathcal{N}}[X]), A, p) \right), \]

where we used that
\[ \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X), A, 2)^2 = \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(X - E_{\mathcal{N}}[X]), A, 2)^2 + \Phi(\Gamma_{\sigma_{\mathcal{T}}}^\frac{1}{p}(E_{\mathcal{N}}[X]), A, 2)^2. \] (3.16) follows by dividing this inequality by \( 2 - p \) and taking the limit \( p \to 2. \) \( \square \)
4. DF-Hypercontractivity and the Log-Sobolev Inequality

In this section, we state and prove the main results of this article. In Sect. 4.1, we prove the equivalence between hypercontractivity for the amalgamated norms and the DF-log-Sobolev inequality. In Sect. 4.2, we prove that the weak constants in the DF-log-Sobolev inequality can always be upper bounded by a universal constant, namely ln √2. In Sect. 4.3, we show how to derive estimates on the log-Sobolev constants using interpolation techniques. Finally, we combine these two last results in order to obtain generic bounds on both constants.

4.1. Fundamental Equivalence Between Hypercontractivity and the Log-Sobolev Inequality

Here, we state and prove the main result of this section, that is, the equivalence between the DF-log-Sobolev inequality and DF-hypercontractivity.

Theorem 4.1. Let \((P_t)_{t \geq 0}\) be a decohering QMS on \(B(H)\) with associated generator \(L\), and let \(q \geq 1, d \geq 0\) and \(c > 0\). Then,

(i) If \(HC_{q,N}(c,d)\) holds, then \(LSI_{q,N}(c,d)\) holds.

(ii) If \(LSI_{\tilde{q},N}(c,d)\) holds for all \(\tilde{q} \geq q\), then \(HC_{q,N}(c,d+\ln \sqrt{|I|})\) holds, where \(|I|\) denotes the number of blocks in the decomposition of \(N(P)\) as given in Eq. (2.9).

Remark 4.2. For primitive evolution, \(|I| = 1\) and this theorem states the equivalence between hypercontractivity and the logarithmic Sobolev inequality. The equivalence is also achieved in the more general situation where \(N(P)\) is a factor, that is, in the situation of Sect. 2.5. However, we will discuss in Appendix C why the term \(\ln |I|\) may not be optimal.

Proof. We first prove (i). For \(X > 0\), define the function

\[ F : [0, +\infty) \ni t \mapsto \exp \left\{ -2d \left( \frac{1}{q} - \frac{1}{p(t)} \right) \right\} \|P_t(X)\|_{(q,p(t)),N}, \]

where \(p(t) := 1 + (q-1)e^{2t/c}\). \(HC_{q,N}(c,d)\) implies that \(\ln F(t) \leq \ln F(0)\) for all \(t \geq 0\), with equality at \(t = 0\). Therefore,

\[ \frac{d \ln F(t)}{dt} \bigg|_{t=0^+} = -2d \frac{p'(0)}{q^2} + \frac{d}{dt} \ln \|P_t(X)\|_{(q,p(t)),N} \bigg|_{t=0^+} \leq 0. \]

Using Eq. (3.10), the above inequality reduces to

\[ -\frac{2d}{q} + \frac{1}{\|X\|_{q,\sigma_{Tr}}^2} (\text{Ent}_{q,N}(X) - c \mathcal{E}_q, L(X)) \leq 0, \]

which yields \(LSI_{q,N}(c,d)\).

To prove (ii), we proceed by contradiction, similarly to [6]. The main difference resides in the replacement of the norm by an auxiliary quantity that allows to control a remainder term that does not appear in the case where \(N(P)\) is a factor. By Lemma 4.4, it is enough to consider the case where the evolution on elements of the decoherence-free algebra is trivial. Indeed, one
can replace the Lindbladian $\mathcal{L}$ by $\mathcal{L}' = \mathcal{L} - i[H,\cdot]$, where $H = H^* \in \mathcal{N}(\mathcal{P})$ is such that for all $X \in \mathcal{N}(\mathcal{P})$ (following Eq. (2.3)),

$$\mathcal{P}_t(X) = e^{itH} X e^{-itH}.$$ 

One can readily check that both QMS have the same decoherence-free algebra which coincide with the fixed-point algebra of $\chi(\mathcal{L}')$ and that $\sigma_{Tr}$ is still an invariant state of this “translate” QMS.

Next, assume that there exists an $X \in \mathcal{B}(\mathcal{H})$ such that hypercontractivity fails for this $X$. Following the same proof as Theorem 12 of [20], we can show that it is sufficient to consider that $X$ is a positive definite operator. Indeed, for fixed $q \leq p$, if there exists $C > 0$ such that for any $X$ positive definite,

$$\|\mathcal{P}_t(X)\|(q,p),\mathcal{N} \leq C\|X\|_{q,\sigma_{Tr}},$$

then the inequality remains true for any $X \in \mathcal{B}(\mathcal{H})$. Without loss of generality, we also assume that $\|X\|_{q,\sigma_{Tr}} = 1$. Then, set $p(t) = 1 + (q - 1)e^{2t/c}$ for $t \geq 0$. $t \to p(t)$ covers the whole set of $\tilde{q} \geq q$. Suppose that there exists some time $t_0 > 0$ such that

$$\|\mathcal{P}_{t_0}(X)\|(q,p(t_0)),\mathcal{N} > \exp\left\{2(d + \ln \sqrt{|I|}) \left(\frac{1}{q} - \frac{1}{p(t_0)}\right)\right\}. $$

Define, for $\varepsilon > 0$,

$$\tilde{\varphi}(t) := \|\mathcal{P}_t(X)\|(q,p(t)),\mathcal{N} \exp\left\{-2(d + \ln \sqrt{|I|}) \left(\frac{1}{q} - \frac{1}{p(t)}\right)\right\} - \varepsilon t,$$

where $\|\|\|(q,p),\mathcal{N}$ is defined in Appendix B. By definition, $\|\mathcal{P}_{t_0}(X)\|(q,p(t_0)),\mathcal{N} \geq \|\mathcal{P}_{t_0}(X)\|(q,p(t_0)),\mathcal{N}$ so that $\tilde{\varphi}(t_0) > 1$ for $\varepsilon$ small enough. Define the set $U := \{t \in [0,t_0] : \tilde{\varphi}(t) \leq 1\}$. Since $\mathcal{P}_0 = \text{id}$ and $p(0) = q$, we have $\tilde{\varphi}(0) = \|X\|_{q,\sigma_{Tr}} = 1$, so that $U \neq \emptyset$. Let $u$ be the supremum of the set $U$. By continuity of $t \mapsto \|\mathcal{P}_t(X)\|(q,p(t)),\mathcal{N}$ (cf. Lemma B.4), $\tilde{\varphi}$ is continuous and therefore $u \in U$ and $u < t_0$. Now, by definition of $u$, for all $t \in (u,t_0]$, $\tilde{\varphi}(t) > 1 = \tilde{\varphi}(u)$. For $t > 0$, let $\hat{A}(t)$ be the unique minimizer of

$$\mathcal{N}(\mathcal{P}) \cap \tilde{\mathcal{S}}_{L_1(\sigma_{Tr})}^+ \ni A \mapsto \|A^{-s(t)/2}\mathcal{P}_t(X)A^{-s(t)/2}\|_{p(t),\sigma_{Tr}},$$

as characterized in Lemma B.3, where $\tilde{\mathcal{S}}_{L_1(\sigma_{Tr})}^+$ is defined in Appendix B and $s(t) = \frac{1}{q} - \frac{1}{p(t)}$. Define

$$\mu(t) := \|\hat{A}(u)^{-s(t)/2}\mathcal{P}_t(X)\hat{A}(u)^{-s(t)/2}\|_{p(t),\sigma_{Tr}} \times \exp\left\{-2(d + \ln \sqrt{|I|}) \left(\frac{1}{q} - \frac{1}{p(t)}\right)\right\} - \varepsilon t.$$

Therefore, for all $t \geq u$,

$$\mu(t) \geq \inf_{A \in \mathcal{N}(\mathcal{P}) \cap \tilde{\mathcal{S}}_{L_1(\sigma_{Tr})}^+} \|A^{-s(t)/2}\mathcal{P}_t(X)A^{-s(t)/2}\|_{p(t),\sigma_{Tr}} \times \exp\left\{-2(d + \ln \sqrt{|I|}) \left(\frac{1}{q} - \frac{1}{p(t)}\right)\right\} - \varepsilon t = \tilde{\varphi}(t)$$. 
and \( \tilde{\varphi}(u) = \mu(u) \). Now, the derivative of \( \mu(t) \) at \( t = u \) can be computed using Eq. (A.2) with \( X(t) = \Gamma_{\sigma_{T}}^{1/p} \circ \mathcal{P}_{t}(X) \) and \( A = \tilde{A}(u) \). Given \( M(t) := \tilde{A}(u)^{-s(t)/2} \mathcal{P}_{t}(X) \tilde{A}(u)^{-s(t)/2} \), one finds

\[
\frac{\partial}{\partial t} \bigg|_{t=u} \| \tilde{A}(u)^{-s(t)/2} \mathcal{P}_{t}(X) \tilde{A}(u)^{-s(t)/2} \|_{p(t), \sigma_{T}} = \frac{p'(u)}{p(u)^2 \| M(u) \|_{p(t), \sigma_{T}}^{p(u)-1}} \left( \left. D(\rho(u) \| E_{N*}(\rho(u))) - c p(u) \mathcal{E}_{p(u), \mathcal{L}}(M(u)) \right. \right.

\left. - \text{Tr}(\rho(u)) \ln \text{Tr}(\rho(u)) + \text{Tr}(\rho(u) \ln E_{N*}(\rho(u))) - \text{Tr}(\rho(u) \ln \tilde{A}(u)) \right. \left. - \text{Tr}(\rho(u) \ln \sigma_{T}) \right) \right.

\left. - \frac{p'(u)}{p(u)^2 \| M(u) \|_{p(t), \sigma_{T}}^{p(u)-1}} \left\{ \text{Ent}_{p(u), \mathcal{N}'}(M(u)) - c \mathcal{E}_{p(u), \mathcal{L}}(M(u)) \right. \right.

\left. + \frac{1}{p(u)} (-\text{Tr}(\rho(u)) \ln \text{Tr}(\rho(u)) + \text{Tr}(\rho(u) \ln E_{N*}(\rho(u))) \right. \right.

\left. - \text{Tr}(\rho(u) \ln \tilde{A}(u)) - \text{Tr}(\rho(u) \ln \sigma_{T}) \right) \right\} , \quad (4.1)

where, in order to get the Dirichlet form, we also used that for any \( A \in \mathcal{N} \) and \( X \in \mathcal{B}(\mathcal{H}) \), \( \mathcal{P}_{t}(AXA) = A \mathcal{P}_{t}(X) A \rightarrow \mathcal{L}(AXA) = A \mathcal{L}(X) A \), since we assume the evolution to be trivial on \( \mathcal{N} \). Using the expression for \( \tilde{A}(u) \) derived in Eq. (B.5), which we recall here:

\[
P_{i} \tilde{A} P_{i} = \frac{P_{i} E_{\mathcal{N}'} \left[ I_{1,p}(\tilde{A}^{-1/2r} Y \tilde{A}^{-1/2r}) \right] P_{i}}{|I| \text{Tr} \left[ P_{i} \left( \Gamma_{\sigma_{T}}^{1/p}(\tilde{A}^{-1/2r} Y \tilde{A}^{-1/2r}) \right)^{p} P_{i} \right]} ,
\]

we have:

\[
\ln \tilde{A}(u) = \ln \sum_{i \in I} P_{i} \tilde{A}(u) P_{i}
\]
Then, using the assumption that LSI

\[ \delta > 0 \]

there exists

\[ \text{Lemma 4.4.} \]

Subsequently, we chose not to further develop the theory in this direction.

\[ \text{Remark 4.3.} \]

A legitimate question would be whether “LSI implies hypercontractivity” with the same constants holds with the amalgamated norms replaced by \( \| \cdot \|_{(q,p),N} \). This proposal raises different issues:

1. Proving that \( \| \cdot \|_{(q,p),N} \) is a norm is a difficult task which is out of the scope of this article.
2. As \( \| A \|_{1,\sigma_{Tv}} \leq 1 \) implies \( \| A / |t| \|_{1,\sigma_{Tv}} \leq 1 \) for \( A \in N(P) \), we get for any semidefinite \( X \in B(H) \) that

\[ \| X \|_{(2,\infty),N} \leq |t|^2 \| X \|_{(2,\infty),N}. \]

In view of the proof of Proposition 6.1, the gain we would get from using a log-Sobolev inequality with \( \| \cdot \|_{(q,p),N} \) would be loss when computing the corresponding decoherence time.
3. The amalgamated norms obey a nice “transference principle” which allows to successfully transfer estimates about hypercontractivity of classical Markov semigroups to the quantum case [5].
4. In the bipartite case consider in Sect. 8, they reduce to the amalgamated norms. This implies that, at least in this case, they do not obey strong hypercontractivity as proved in Sect. 5.

For those reasons, we chose not to further develop the theory in this direction.

**Lemma 4.4.** Let \( (P_t)_{t \geq 0} \) be a faithful QMS of generator \( L \). Define the QMS \( (P'_t)_{t \geq 0} \) with Lindbladian \( L' = L - i[H, \cdot] \), where \( H = H^* \in N(P) \).

Then, HC\( q, N(c, d) \) holds for \( (P_t)_{t \geq 0} \) if and only if it holds for \( (P'_t)_{t \geq 0} \). Consequently, LSI\( q, N(c, d) \) holds for \( (P_t)_{t \geq 0} \) if and only if it holds for \( (P'_t)_{t \geq 0} \).
Theorem 4.5. Assume that

(i) From Lemma 3.3(vi),

We prove that for all \( X \in \mathcal{B}(\mathcal{H}) \) and all \( 1 \leq q \leq p \leq \infty \), \( \| P_t(X) \|_{(q,p),\mathcal{N}} = \| P'_t(X) \|_{(q,p),\mathcal{N}} \). This is enough to conclude the first part of the proof.

Let \( X \in \mathcal{B}(\mathcal{H}) \), \( t \geq 0 \), \( \varepsilon > 0 \) and take \( A, B \in \mathcal{N}(\mathcal{P}) \), \( Y \in \mathcal{B}(\mathcal{H}) \) such that \( P_t(X) = AYB \) and \( \| P_t(X) \|_{(q,p),\mathcal{N}} = \| A \|_{2r,\sigma_{Tr}} \| B \|_{2r,\sigma_{Tr}} \| Y \|_{p,\sigma_{Tr}} - \varepsilon \). We have

\[
P'_t(X) = e^{-itH}AYBe^{itH}
\]

Furthermore, as \( H, A, B \in \mathcal{N}(\mathcal{P}) \), \( (e^{-itH} A e^{itH}), (e^{-itH} B e^{itH}) \in \mathcal{N}(\mathcal{P}) \) and \( \| e^{-itH} Z e^{itH} \|_{s,\sigma_{Tr}} = \| Z \|_{s,\sigma_{Tr}} \) for any \( s \geq 1 \) and \( Z = A, B, Y \) by invariance of the trace, as \( H \in \mathcal{N}(\mathcal{P}) \) and therefore \( e^{itH} \) commutes with \( \sigma_{Tr} \). It shows that

\[
\| P'_t(X) \|_{(q,p),\mathcal{N}} = \inf_{A',B' \in \mathcal{N}(\mathcal{P}),Y' \in \mathcal{B}(\mathcal{H})} \| A' \|_{2r,\sigma_{Tr}} \| B' \|_{2r,\sigma_{Tr}} \| Y' \|_{p,\sigma_{Tr}}
\]

Thus, \( \| P'_t(X) \|_{(q,p),\mathcal{N}} \leq \| P_t(X) \|_{(q,p),\mathcal{N}} \). The other inequality follows similarly, by remarking that \( P_t(X) = e^{itH} P'_t(X) e^{-itH} \) for all \( X \in \mathcal{B}(\mathcal{H}) \).

We now prove the statement concerning LSI. We only need to prove that both \( q \)-Dirichlet forms are equal, i.e., \( \mathcal{E}_{q,L} = \mathcal{E}_{q,L'} \). By the first part of the proof the left-hand sides of Eq. (3.10) in Corollary 3.5 are equal when considering \( \mathcal{P} \) and \( \mathcal{P}' \) and therefore so are the right-hand sides. The result follows after simplification.

In the above theorem, one needs LSI\( \bar{q},\mathcal{N}(c,d) \) to hold for any \( \bar{q} \geq q \) in order to conclude that \( \text{HC}_{q,\mathcal{N}}(c,d) \) holds. Under the assumption of regularity of the Dirichlet forms, it is enough to assume that it holds for \( q = 2 \) only.

Theorem 4.5. Assume that LSI\( 2,\mathcal{N}(c,d) \) holds. Then

(i) If the generator \( \mathcal{L} \) is strongly \( L_p \)-regular for some \( d_0 \geq 0 \), then LSI\( \bar{q},\mathcal{N}(c,d+c d_0) \) holds for all \( q \geq 1 \), so that \( \text{HC}_{2,\mathcal{N}}(c,d+\ln \sqrt{|I|} + cd_0) \) holds.

(ii) If the generator \( \mathcal{L} \) is only weakly \( L_p \)-regular for some \( d_0 \geq 0 \), then LSI\( \bar{q},\mathcal{N}(2c,d+c d_0) \) holds for all \( q \geq 1 \), so that \( \text{HC}_{2,\mathcal{N}}(2c,d+\ln \sqrt{|I|} + cd_0) \) holds.

Proof. (i) From Lemma 3.3(vi),

\[
\text{Ent}_{q,\mathcal{N}}(X) = \frac{2}{q} \text{Ent}_{2,\mathcal{N}}(I_{2,q}(X))
\]

\[
\leq \frac{2}{q} \left( c \mathcal{E}_{2,\mathcal{L}}(I_{2,q}(X)) + d \| I_{2,q}(X) \|_{2,\sigma_{Tr}} \right)
\]
\[ \leq c \mathcal{E}_q, \mathcal{L}(X) + \frac{2}{q} (d + cd_0) \|X\|_{q,\sigma_{Tr}}, \]

where in the last line we used that \( \mathcal{E}_2, \mathcal{L}(I_2, q(X)) \leq \frac{2}{q} \mathcal{E}_q, \mathcal{L}(X) + d_0 \|X\|_{q,\sigma_{Tr}} \)

by strong \( L_p \)-regularity.

(ii) Follows similarly.

\[ \square \]

It was shown in [4] that any generator satisfying \( \sigma_{Tr} \)-DBC is strongly regular with constant \( d_0 = 0 \). Furthermore, in the case when Eq. (2.19) is satisfied, a straightforward extension of the proof of Proposition 5.2 of [53] to the case of a non-primitive QMS implies that the strong \( L_p \)-regularity of \( \mathcal{L} \) always holds, with \( d_0 = \|\mathcal{L}\|_{2\to 2, \sigma_{Tr}} + 1 \). The following corollary is a straightforward consequence of these two facts.

**Corollary 4.6.** Assume that \( \text{LSI}_{2, N}(c, d) \) holds. Then:

(i) If \( \mathcal{L} \) is reversible, then \( \text{HC}_{2, N}(c, d + \ln \sqrt{|I|} + c (\|\mathcal{L}\|_{2\to 2, \sigma_{Tr}} + 1)) \) holds.

(ii) If \( \mathcal{L} \) satisfies \( \sigma_{Tr} \)-DBC, then \( \text{HC}_{2, N}(c, d + \ln \sqrt{|I|}) \) holds.

### 4.2. A Universal Upper Bound on the Weak Log-Sobolev Constant

Here and in the next section, we show how to get a DF log-Sobolev inequality with universal constants in terms of the spectral gap of the QMS. Recall that the spectral gap \( \lambda(\mathcal{L}) \) is defined as the largest constant \( \lambda > 0 \) such that the following DF-Poincaré inequality holds: for all \( X \in B_{sa}(\mathcal{H}) \):

\[ \lambda \text{Var}_N(X) \leq \mathcal{E}_{2, \mathcal{L}}(X). \quad \text{(PI(\lambda))} \]

where \( \text{Var}_N(X) := \|X - E_N[X]\|_{2, \sigma_{Tr}}^2 \) is the DF-variance of \( X \). The first step is to prove that the weak log-Sobolev inequality together with Poincaré’s inequality imply a universal weak log-Sobolev constant.

**Theorem 4.7.** Assume that \( \text{LSI}_{2, N}(c, d) \) holds and denote by \( \lambda(\mathcal{L}) \) the spectral gap of \( \mathcal{L} \). Then, \( \text{LSI}_{2, N}(c + \frac{d+1}{\lambda(\mathcal{L})}, d' = \ln \sqrt{2}) \) holds.

It is a well-known result that one can obtain from the uniform convexity (3.12) the following inequality (see [53])

\[ \text{Ent}_{2, \sigma}(X) \leq \text{Ent}_{2, \sigma}(|X - \text{Tr}[\sigma X]|_2) + \text{Var}_\sigma(X), \quad \text{(4.2)} \]

where \( \text{Var}_\sigma(X) = \|X - \text{Tr}(\sigma X)\|_2^2, \sigma \) is the variance of \( X \in B_{sa}(\mathcal{H}) \) under the state \( \sigma \), and for any \( Z \in B_{sa}(\mathcal{H}) \),

\[ |Z|_2 := \Gamma_\sigma^{-\frac{1}{2}} |\Gamma_\sigma^{rac{1}{2}}(Z)|. \]

Applying the Poincaré inequality to the variance in the right-hand side of inequality (4.2), the strong form of the LSI holds if it holds for elements of the form \( X - \text{Tr}[\sigma X] \) only. Therefore, for primitive QMS Theorem 4.7 holds with \( d = 0 \). Here we prove a weaker form of inequality (4.2) which holds for all amalgamated \( L_p \) spaces. We do not know if the constant \( \sqrt{2} \) that appears is optimal or not. However, we prove in Sect. 5 that it is necessarily greater than one.
Proposition 4.8. For all $X \in B_{sa}(\mathcal{H})$, 

$$\text{Ent}_{2,N}(X) \leq \text{Ent}_{2,N}(|X - E_N[X]|_2) + \text{Var}_N(X) + \ln \sqrt{2} \|X\|^2_{2,\sigma_{Tr}}, \quad (4.3)$$

where $|X - E_N[X]|_2$ is defined as above with respect to $\sigma_{Tr}$.

Proof. We shall adopt the notations introduced in Sect. 3.3 and write for $Z \in B_{sa}(\mathcal{H})$: 

$$Z_N = \frac{E_N[I_1,2(Z)]}{\|Z\|^2_{2,\sigma_{Tr}}}.$$ 

Using Eq. (A.4) with $q = 2$ as well as Lemma A.2 and Eq. (2.28), we find that

$$\frac{\partial}{\partial p} \Phi(\Gamma_{\sigma_{Tr}}^{\frac{1}{2}}(\|Z\|_2), A, p)^2 \bigg|_{p=2} = \text{Ent}_{2,N}(|Z|_2) + \frac{1}{2} \|Z\|^2_{2,\sigma_{Tr}} \ D(\Gamma_{\sigma_{Tr}}(Z_N) \| \Gamma_{\sigma_{Tr}}(A)),$$ 

where $\Phi$ is defined in Eq. (3.14), and where we used $I_{1,2}(Z) = I_{1,2}(|Z|_2)$ and $\|Z\|^2_{2,\sigma_{Tr}} = \|Z\|^2_{2,\sigma_{Tr}}$.

Consequently, by Eq. (3.16) we get that for all $A \in N(\mathcal{P}) \cap S^+_L(\sigma_{Tr})$ and for $p = \frac{\|E_N[X]\|^2_{2,\sigma_{Tr}}}{\|X\|^2_{2,\sigma_{Tr}}}$,

$$\text{Ent}_{2,N}(X) \leq \text{Ent}_{2,N}(|X - E_N[X]|_2) + \text{Var}_N(X)$$

$$+ \frac{1}{2} \|X - E_N[X]\|^2_{2,\sigma_{Tr}} \left( \sigma_{Tr}^\frac{1}{2} (X - E_N[X]) \right)_N \sigma_{Tr}^\frac{1}{2} \ A \sigma_{Tr}^\frac{1}{2}$$

$$+ \frac{1}{2} \|E_N[X]\|^2_{2,\sigma_{Tr}} \ D \left( \sigma_{Tr}^\frac{1}{2} (E_N[X])_N \sigma_{Tr}^\frac{1}{2} \ A \sigma_{Tr}^\frac{1}{2} \right)$$

$$- \frac{1}{2} \|X\|^2_{2,\sigma_{Tr}} \ D \left( \sigma_{Tr}^\frac{1}{2} X_N \sigma_{Tr}^\frac{1}{2} \ A \sigma_{Tr}^\frac{1}{2} \right)$$

$$= \text{Ent}_{2,N}(|X - E_N[X]|_2) + \text{Var}_N(X)$$

$$+ \frac{1}{2} \|X\|^2_{2,\sigma_{Tr}} \times$$

$$\times \left\{ p \ D \left( \sigma_{Tr}^\frac{1}{2} (E_N[X])_N \sigma_{Tr}^\frac{1}{2} \ A \sigma_{Tr}^\frac{1}{2} \right) + (1-p) \right.$$ 

$$\times D \left( \sigma_{Tr}^\frac{1}{2} (X - E_N[X])_N \sigma_{Tr}^\frac{1}{2} \ A \sigma_{Tr}^\frac{1}{2} \right)$$

$$\left. - D \left( \sigma_{Tr}^\frac{1}{2} X_N \sigma_{Tr}^\frac{1}{2} \ A \sigma_{Tr}^\frac{1}{2} \right) \right\}, \quad (4.4)$$

since by definition $\text{Var}_N(X) = \|X - E_N[X]\|^2_{2,N}$ and $\text{Ent}_{2,N}(E_N[X]) = 0$, and where we also used the fact that for any $Z \in B_{sa}(\mathcal{H})$, $Z_N = (|Z|_2)_N$. Remark that, since $(E_N[X])_N = E_N[X]^2/\|E_N[X]\|^2_{2,\sigma_{Tr}}$,

$$X_N = \frac{E_N \left[ \sigma_{Tr}^{-1/2} \sigma_{Tr}^{1/4} X \sigma_{Tr}^{1/4} \sigma_{Tr}^{-1/2} \right]}{\|X\|^2_{2,\sigma_{Tr}}} = \frac{E_N \left[ \sigma_{Tr}^{-1/2} \sigma_{Tr}^{1/4} X \sigma_{Tr}^{1/4} \right]^2 \sigma_{Tr}^{-1/2}}{\|X\|^2_{2,\sigma_{Tr}}}$$
is itself upper bounded by $\ln 2$, from which we get the result. □

Proof of Theorem 4.7.

and similarly for the second term. Consequently, since $(X - E_N[X])_{\mathcal{N}}$, and by a use of the almost convexity of the von Neumann entropy (see Theorem 11.10 of [52]), the term between brackets in (4.4) can be upper bounded by $H((p, 1-p))$, where $H$ denotes the binary Shannon entropy. This is itself upper bounded by $\ln 2$, from which we get the result.

We can now easily prove Theorem 4.7.

Proof of Theorem 4.7. This is a simple corollary of Proposition 4.8. Indeed, LSI$_{2,\mathcal{N}}(c,d)$ applied to $|X - E_N[X]|_2$ gives

$$
\text{Ent}_{2,\mathcal{N}}(|X - E_N[X]|_2) \leq c \mathcal{E}_2,\mathcal{L}(|X - E_N[X]|_2) + d \text{Var}_\mathcal{N}(X) \\
\leq c \mathcal{E}_2,\mathcal{L}(X) + d \text{Var}_\mathcal{N}(X)
$$

where we used that $\mathcal{E}_2,\mathcal{L}(|X - E_N[X]|_2) \leq \mathcal{E}_2,\mathcal{L}(X - E_N[X]) = \mathcal{E}_2,\mathcal{L}(X)$ (see Theorem 4.7 of [17]). Besides, the DF-Poincaré inequality $\text{PI}(\lambda)$ implies
\[ \lambda(\mathcal{L}) \text{Var}_{\mathcal{N}}(X) \leq E_{2, \mathcal{L}}(X). \] Consequently, we get by (4.3):

\[ \text{Ent}_{2, \mathcal{N}}(X) \leq \left( c + \frac{d + 1}{\lambda(\mathcal{L})} \right) E_{2, \mathcal{L}}(X) + \ln \sqrt{2} \|X\|_{2, \sigma_{TV}}^2, \]

which is the desired result. \qed

### 4.3. Bounding Log-Sobolev Constants via Interpolation

The idea to use interpolation in order to obtain estimates of the log-Sobolev constants goes back to Gross in [32]. The strategy can be summarized as follows: assume a bound of the form \( \|P_t\|_{2-p, \sigma} \leq M \) is known for some fixed \( t_p \geq 0 \) and \( p > 2 \), with \( M \geq 1 \). Then can one show by extrapolation from this bound that hypercontractivity holds for all \( t \geq 0 \)? The answer is yes and its proof uses the crucial fact that the \( L^p \) norms used for the definition of hypercontractivity form an interpolating family of norms.

**Theorem 4.9.** Let \((P_t)_{t \geq 0}\) be a reversible QMS on \( \mathcal{B}(\mathcal{H}) \) and assume that for some \( 2 < p \leq +\infty \), there exist \( t_p, M_p > 0 \) such that for all \( X \) positive semidefinite, \( \|P_{t_p}(X)\|_{(2,p), \mathcal{N}} \leq M_p \|X\|_{2, \sigma_{TV}} \). Then LSI_{2, \mathcal{N}} \left( \frac{p t_p}{p - 2}, \frac{p}{p - 2} \ln M_p \right) \) holds.

**Proof.** The proof follows closely the analogous statement for classical Markov chains [22] and primitive QMS [66]. The complex time semigroup

\[ P_z := e^{z \mathcal{L}} = \sum_{n=0}^{\infty} \frac{z^n}{n!} \mathcal{L}^n, \quad z \in \mathbb{C}, \]

defines an analytic family of operators. Define the time dilated complex semigroup \( \tilde{P}_z := P_{t_p z} \). Since \( P_t \) is reversible, its spectral radius does not change upon the replacement \( t \mapsto it \), and therefore, for any \( a > 0 \) and \( X \) positive semidefinite:

\[ \|\tilde{P}_{ia}(X)\|_{2, \sigma_{TV}} \leq \|X\|_{2, \sigma_{TV}}. \]

Therefore,

\[ \|\tilde{P}_{1+ia}(X)\|_{(2,p), \mathcal{N}} = \|\tilde{P}_1 \circ \tilde{P}_{ia}(X)\|_{(2,p), \mathcal{N}} \leq M_p \|\tilde{P}_{ia}(X)\|_{2, \sigma_{TV}} \leq M_p \|X\|_{2, \sigma_{TV}}. \]

Hence, by Stein-Weiss’ interpolation Theorem ([7, 62]), for all \( 0 \leq s \leq 1 \), and any \( X \in \mathcal{B}(\mathcal{H}) \):

\[ \|\tilde{P}_s(X)\|_{(2,p_s), \mathcal{N}} \leq M_p^s \|X\|_{2, \sigma_{TV}}, \]

for \( p_s \) such that

\[ \frac{1}{p_s} = \frac{s}{p} + \frac{1 - s}{2}. \]

Taking \( t = st_p \) and \( p(t) := p_s \), we get

\[ \|P_t(X)\|_{(2,p(t)), \mathcal{N}} \leq e^{t_p \ln M_p} \|X\|_{2, \sigma_{TV}}, \]

with equality at \( t = 0 \), where

\[ p(t) = \frac{2pt_p}{(2 - p)t + pt_p}. \]
Taking derivatives on both sides of (4.6) at 0,
\[- \frac{\ln M_p}{t_p} \|X\|_{2,\sigma_{TV}} + \frac{d}{dt} \|P_t(X)\|_{(2,p(t)),\cN} \bigg|_{t=0} \leq 0. \tag{4.7}\]
Using Corollary 3.5, with \(p(0) = 2\) and \(p'(0) = \frac{2(p-2)}{pt_p}\),
\[\frac{d}{dt} \|P_t(X)\|_{(2,p(t)),\cN} \bigg|_{t=0} = \frac{p-2}{pt_p \|X\|_{2,\sigma_{TV}}} \left[ \text{Ent}_{2,\cN}(X) - \frac{pt_p}{p-2} \cE_{2,L}(X) \right].\]
Hence, (4.7) can be rewritten as
\[\frac{p-2}{pt_p} \text{Ent}_{2,\cN}(X) \leq \cE_{2,L}(X) + \frac{\ln M_p}{t_p} \|X\|_{2,\sigma_{TV}}^2, \tag{4.8}\]
which leads to the desired result. \(\square\)

In the following corollary, we combine Theorem 2.7 and Theorem 4.9 to further provide upper bounds on the log-Sobolev constants in terms of the spectral gap of the QMS \((P_t)_{t \geq 0}\). As such, it can be seen as an extension of Theorem 5 of [66] to the case of decohering reversible QMS.

**Corollary 4.10.** Given a reversible QMS \((P_t)_{t \geq 0}\) with spectral gap \(\lambda(L)\), LSI_{2,\cN}(c, \ln \sqrt{2}) holds, with
\[c \leq \frac{\ln(\|\sigma_{TV}^{-1}\|_{\infty}) + 2}{2\lambda(L)}.\]

**Proof.** From Eq. (3.3), we get that for any \(X \geq 0\),
\[\|X\|_{(2,4),\cN} \leq \|X\|_{4,\sigma_{TV}} \leq \|\sigma_{TV}^{-1}\|_{\infty}^{1/4} \|X\|_{2,\sigma_{TV}},\]
where the last inequality is a well-known property of \(\mathbb{L}_p\) norms. Together with the contractivity of \((P_t)_{t \geq 0}\) (cf. (i) of Proposition 3.2), we find
\[\|P_t(X)\|_{(2,4),\cN} \leq \|X\|_{(2,4),\cN} \leq \|\sigma_{TV}^{-1}\|_{\infty}^{1/4} \|X\|_{2,\sigma_{TV}}.\]
We conclude with successive applications of Theorem 4.9 and Theorem 2.7, taking the limit \(t_4 \to 0\) and \(M_4 = \|\sigma_{TV}^{-1}\|_{\infty}^{1/4}.\) \(\square\)

5. **Non-positivity of the Strong LSI Constant**

In this section, we show that a strong DF-log-Sobolev inequality does not hold for a non-trivially decohering QMS, that is a QMS that is neither primitive nor unitary. We deduce from this that the amalgamated \(\mathbb{L}_p\) norms do not satisfy the uniform convexity given by inequality (3.13) for \(1 \leq p \leq 2\) as soon as \(\cN\) is non-trivial, even if one replace \(p-1\) by another positive constant.

By comparison of Dirichlet forms, it is enough to consider the case of the \(\cN\)-decoherent QMS defined by \(L_N := E_N - \text{id}\), where \(\cN\) is any \(*\)-subalgebra of \(\mathcal{B}(H)\) and \(E_N\) is a conditional expectation on it. Indeed, if \((P_t)_{t \geq 0}\) is any
decohering QMS with DF-algebra $\mathcal{N}(\mathcal{P}) = \mathcal{N}$ and the same conditional expectation $E_{\mathcal{N}}$, then the following inequality holds [50]:

$$\lambda(\mathcal{L}) \mathcal{E}_{2, \mathcal{L}_{\mathcal{N}}}(X) \leq \mathcal{E}_{2, \mathcal{L}}(X) \leq \frac{\| \mathcal{L} + \hat{\mathcal{L}} \|_{2 \to 2, \sigma_{\mathcal{N}}}}{2},$$

where $\hat{\mathcal{L}}$ is the conjugate of $\mathcal{L}$ with respect to $\langle ., . \rangle_{\sigma_{\mathcal{N}}}$, and $\lambda(\mathcal{L})$ is the spectral gap of $(\mathcal{P}_t)_{t \geq 0}$. From this inequality, we directly obtain that if $\text{LSI}_{2, \mathcal{N}}(c_{\mathcal{N}}, 0)$ holds for $\mathcal{L}_{\mathcal{N}}$, then $\text{LSI}_{2, \mathcal{N}}(c, 0)$ holds for $\mathcal{L}$ with:

$$0 < \frac{\lambda(\mathcal{L})}{c_{\mathcal{N}}} \leq \frac{1}{c} \leq \frac{\| \mathcal{L} + \hat{\mathcal{L}} \|_{2 \to 2, \sigma_{\mathcal{N}}}}{2} \cdot \frac{1}{c_{\mathcal{N}}}.$$

Our goal is thus to show that if $\mathcal{N}$ is non-trivial and $\text{LSI}_{2, \mathcal{N}}(c_{\mathcal{N}}, 0)$ holds for $\mathcal{L}_{\mathcal{N}}$, then $c_{\mathcal{N}} = +\infty$.

**Theorem 5.1.** Let $\mathcal{N}$ be any non-trivial $*$-subalgebra of $\mathcal{B}(\mathcal{H})$ (that is, $\mathcal{N} \neq \mathbb{C}I$ and $\mathcal{N} \neq \mathcal{B}(\mathcal{H})$) and consider the Lindbladian $\mathcal{L}_{\mathcal{N}} := E_{\mathcal{N}} - \text{id}$, where $E_{\mathcal{N}}$ is any conditional expectation on $\mathcal{N}$. Define $\sigma_{\mathcal{TY}} := E_{\mathcal{N}*}(d_{\mathcal{H}}^{-1} \mathbb{I}_\mathcal{H})$. Assume that there exists $\alpha \geq 0$ such that for all positive semi-definite $X \in \mathcal{B}(\mathcal{H})$,

$$\alpha \text{ Ent}_{2, \mathcal{N}}(X) \leq \mathcal{E}_{2, \mathcal{L}_{\mathcal{N}}}(X). \quad (5.1)$$

Then, $\alpha = 0$.

**Proof.** Let $\alpha \geq 0$ be such that inequality (5.1) holds for all positive semi-definite $X \in \mathcal{B}(\mathcal{H})$. We shall construct a sequence $(Z_k)_{k \in \mathbb{N}}$ such that

$$\frac{\mathcal{E}_{2, \mathcal{L}_{\mathcal{N}}}(Z_k)}{\text{Ent}_{2, \mathcal{N}}(Z_k)} \rightarrow 0 \quad k \rightarrow \infty,$$

which directly implies that $\alpha = 0$. More precisely, we shall construct a sequence of density matrices $(\rho_k)_{k \geq 1}$ such that $Z_k = \Gamma_{\sigma_{\mathcal{TY}}}^{-\frac{1}{2}}(\sqrt{\rho_k})$ and

$$\frac{\mathcal{E}_{2, \mathcal{L}_{\mathcal{N}}}(\sigma_{\mathcal{TY}}^{-1/4} \sqrt{\rho_k} \sigma_{\mathcal{TY}}^{-1/4})}{D(\rho_k \| \rho_{\mathcal{N}, k})} \rightarrow 0 \quad k \rightarrow \infty, \quad (5.2)$$

where $\rho_{\mathcal{N}, k} := E_{\mathcal{N}*}(\rho_k)$. Now assume that $\mathcal{H}$ and $\mathcal{N}$ admit the decomposition given by Eqs. (2.8) and (2.9). As $\mathcal{N}$ is non-trivial, we can assume that either there exists $i \in I$ such that $\dim \mathcal{H}_i > 1$ and $\dim \mathcal{K}_i > 1$, or $|I| > 1$. We shall construct a sequence $(\rho_k)_{k \geq 1}$ in each case and then treat them simultaneously to prove the limit in (5.2).

We start by considering the first case and, without loss of generality, we assume that $\mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B$ and that $\mathcal{N} = \mathcal{B}(\mathcal{H}_A) \otimes \text{id}_B$, with $\dim \mathcal{H}_B := d_B > 1$ and $\dim \mathcal{H}_A = 2$. One can recover the general case by adding zeros in the corresponding entries of $\rho_k$. Then, by Eq. (2.10), it means that there exists a density matrix $\tau \in \mathcal{D}(\mathcal{H}_B)$ such that for all $\omega \in \mathcal{S}_1(\mathcal{H})$,

$$E_{\mathcal{N}*}(\omega) = \text{Tr}_{\mathcal{H}_B}(\omega) \otimes \tau.$$
We define, in an orthonormal basis in which $\tau$ is diagonal and in any orthonormal basis of $\mathcal{H}_A$,

$$
\Delta := \left( \begin{array}{cc} 0 & 1 \\ 1 & 0 \end{array} \right) \otimes \left( \begin{array}{cccc} 1 & 0 & \cdots & 0 \\ 0 & 1 & \cdots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & \cdots & 0 & 1 \end{array} \right), \quad \rho_{N,k} := \left( \frac{1}{k} \, 0 \, 1 \, -\frac{1}{k} \right) \otimes \tau.
$$

It is clear that $E_{N^*}(\Delta) = 0$. Next, define

$$
e_1 = \left( \begin{array}{c} 1 \\ 0 \end{array} \right) \otimes \left( \begin{array}{c} 1 \\ 0 \end{array} \right), \quad e_2 = \left( \begin{array}{c} 0 \\ 1 \end{array} \right) \otimes \left( \begin{array}{c} 0 \\ 1 \end{array} \right),
$$

so that $\langle e_i, \Delta e_j \rangle = 1 - \delta_{ij}$. We also define $\lambda_1 := k \langle e_1, \rho_{N,k} e_1 \rangle$ and $\lambda_2 := \frac{k}{k-1} \langle e_2, \rho_{N,k} e_2 \rangle$, which clearly do not depend on $k$. We now set, for $\varepsilon \geq 0$,

$$
\rho_{k,\varepsilon} := \rho_{N,k} + \varepsilon \Delta,
$$

so that $E_{N^*}(\rho_{k,\varepsilon}) = \rho_{N,k}$. Since the $\rho_{N,k}$ are full-rank, the $\rho_{k,\varepsilon}$ are well-defined density matrices for $\varepsilon$ small enough.

We now turn to the case where $|I| > 1$. Up to adding zero entries in the matrices defining $\rho_k$, we can assume that $|I| = 2$. Denote by $P_i$ the orthogonal projection on $\mathcal{H}_i \otimes \mathcal{K}_i$ for $i \in I$, and consider $\eta_i = \frac{1}{\dim \mathcal{H}_i} \otimes \tau_i$, where $\tau_i$ is defined in Eq. (2.10). We also denote by $e_i \in \mathcal{H}_i \otimes \mathcal{K}_i$ an eigenvector of $\eta_i$ of associated eigenvalue $\lambda_i > 0$. We then set

$$
\Delta = |e_1\rangle\langle e_2| + |e_2\rangle\langle e_1|, \quad \rho_{N,k} = \frac{1}{k} \eta_1 + \left(1 - \frac{1}{k}\right) \eta_2,
$$

so that again $E_{N^*}(\Delta) = 0$ and $\langle e_i, \Delta e_j \rangle = 1 - \delta_{ij}$. As before, we define $\rho_{k,\varepsilon} := \rho_{N,k} + \varepsilon \Delta$.

Remark that in both cases, we have $E_{N^*}(\Delta) = 0$ and

$$
\lambda_1 := k \langle e_1, \rho_{N,k} e_1 \rangle, \quad \lambda_2 := \frac{k}{k-1} \langle e_2, \rho_{N,k} e_2 \rangle.
$$

(5.3)

This will be enough to treat both cases simultaneously. We shall now prove that the limit in (5.2) holds with $\rho_{N,k} = \lim_{\varepsilon \to 0} \rho_{k,\varepsilon}$. The first step is to obtain a limit for a fixed $k \geq 1$ and $\varepsilon \to 0$, that is, to obtain a continuous extension of the quotient appearing in the limit at $\rho_{N,k}$. For this purpose, we compute the Taylor expansion of both the numerator and the denominator. A simple calculation using the integral representations of the logarithm and of
the square root functions \[33\] shows that (see also the proofs of Theorem 16 in \[40\] and Lemma 3.5 in \[4\]):

\[
D(\rho_{k,\varepsilon} \| \rho_{N,k}) = \varepsilon^2 \int_0^\infty \text{Tr} \left[ \frac{1}{t + \rho_{N,k}} \Delta \frac{1}{t + \rho_{N,k}} \right] dt + O(\varepsilon^3)
\]

\[
E_2, \mathcal{L}_N(\sigma_{\text{Tr}}^{-1/4} \sqrt{\rho_{k,\varepsilon}} \sigma_{\text{Tr}}^{-1/4}) = \pi^2 \varepsilon^2 \int_{(0,\infty)^2} \sqrt{s t} \text{Tr} \left[ \frac{1}{t + \rho_{N,k}} \Delta \frac{1}{t + \rho_{N,k}} \right] - \pi^2 \varepsilon^2 \int_{(0,\infty)^2} \sqrt{s t} \text{Tr} \left[ \frac{\sigma_{\text{Tr}}^{-1/4}}{t + \rho_{N,k}} \Delta \frac{\sigma_{\text{Tr}}^{-1/4}}{t + \rho_{N,k}} \right] E_N \left[ \frac{\sigma_{\text{Tr}}^{-1/4}}{s + \rho_{N,k}} \Delta \frac{\sigma_{\text{Tr}}^{-1/4}}{s + \rho_{N,k}} \right] + O(\varepsilon^3).
\]

Using Eq. (5.3), we can compute explicitly these integrals. For instance, the second integral in the second equation is null, since \( E_N \left[ \frac{\sigma_{\text{Tr}}^{-1/4}}{s + \rho_{N,k}} \Delta \frac{\sigma_{\text{Tr}}^{-1/4}}{s + \rho_{N,k}} \right] = 0 \). This can be checked directly using the fact that both \( e_1 \) and \( e_2 \) are eigenvectors of \( \frac{\sigma_{\text{Tr}}^{-1/4}}{s + \rho_{N,k}} \) and that \( E_N[\langle e_1 | e_2 \rangle] = E_N[\langle e_2 | e_1 \rangle] = 0 \). We thus obtain:

\[
D(\rho_{k,\varepsilon} \| \rho_{N,k}) = \varepsilon^2 g \left( \frac{1}{k} \lambda_1, \left(1 - \frac{1}{k}\right) \lambda_2 \right) \langle e_1 | \Delta | e_2 \rangle^2 + O(\varepsilon^3),
\]

(5.4)

\[
E_2, \mathcal{L}_N(\sigma_{\text{Tr}}^{-1/4} \sqrt{\rho_{k,\varepsilon}} \sigma_{\text{Tr}}^{-1/4}) = 2\pi^2 \varepsilon^2 f \left( \frac{1}{k} \lambda_1, \left(1 - \frac{1}{k}\right) \lambda_2 \right) \langle e_1 | \Delta | e_2 \rangle^2 + O(\varepsilon^3),
\]

(5.5)

where

\[
\begin{align*}
    f(x, y) := \begin{cases} 
        \frac{(\sqrt{x} - \sqrt{y})^2}{4x} & \text{if } x \neq y \\
        \frac{1}{x} & \text{else}
    \end{cases} & \quad g(x, y) := \begin{cases} 
        \frac{\log(x) - \log(y)}{x - y} & \text{if } x \neq y \\
        \frac{1}{x} & \text{else}
    \end{cases}
\end{align*}
\]

(5.6)

For a fixed \( k \geq 1 \), we thus obtain that

\[
\frac{E_2, \mathcal{L}_N(\sigma_{\text{Tr}}^{-1/4} \sqrt{\rho_{k,\varepsilon}} \sigma_{\text{Tr}}^{-1/4})}{D(\rho_{k,\varepsilon} \| \rho_{N,k})} \xrightarrow[\varepsilon \to 0]{\varepsilon} 2\pi^2 \frac{f \left( \frac{1}{k} \lambda_1, \left(1 - \frac{1}{k}\right) \lambda_2 \right)}{g \left( \frac{1}{k} \lambda_1, \left(1 - \frac{1}{k}\right) \lambda_2 \right)}.
\]

We just have to take the limit \( k \to +\infty \) to conclude. Indeed,

\[
\begin{align*}
    f \left( \frac{1}{k} \lambda_1, \left(1 - \frac{1}{k}\right) \lambda_2 \right) & \xrightarrow[k \to +\infty]{} 1/\lambda_2, \\
    g \left( \frac{1}{k} \lambda_1, \left(1 - \frac{1}{k}\right) \lambda_2 \right) & \xrightarrow[k \to +\infty]{} +\infty.
\end{align*}
\]

To conclude, let \( 2\varepsilon_k \) be the largest \( \varepsilon \) such that \( \rho_{k,\varepsilon} \) is a density matrix, let \( \varepsilon_k = \min\{\varepsilon_k, 1/k\} \) and set \( \rho_k = \rho_{k,\varepsilon_k} \). We have proved Eq. (5.2).

The above result implies the following straightforward corollary:

**Corollary 5.2.** There do not exist \( \alpha, \beta > 0 \) such that for all \( X \in B(H) \),

\[
\text{Ent}_{2,\mathcal{N}}(X) \leq \alpha \text{ Ent}_{2,\mathcal{N}}(\|X - E_\mathcal{N}[X]\|_2) + \beta \|X - E_\mathcal{N}[X]\|_{2,\sigma},
\]

where \( \|Z\|_2 := \Gamma^\frac{1}{2}_\sigma |\Gamma^\frac{1}{2}_\sigma(Z)| \). Consequently, the \( \mathbb{L}_2(\mathcal{N}, \mathbb{L}_p(\sigma_{\text{Tr}})) \) spaces are not uniformly convex (see \[57, 58\]).
6. Application to Decoherence Times

In this section, we apply the framework of DF-log-Sobolev inequalities in order to find bounds on the decoherence rates of a non-primitive quantum Markov semigroup. We recall that, for $0 < \varepsilon < 1$, the decoherence time of a reversible QMS $(P_t)_{t \geq 0}$ is defined as

$$\tau_{\text{deco}}(\varepsilon) := \inf \{ t \geq 0 : \| P_{t*}(\rho - \rho_N) \|_1 \leq \varepsilon \},$$

where $\rho_N \equiv E_N(\rho)$. A classical technique to get rapid decoherence for all times comes from looking at the spectral gap of a reversible QMS:

$$\| P_t(X - E_N[X]) \|_\infty \leq \| \sigma_{\text{Tr}}^{-1} \|^1_\infty \| P_t(X - E_N[X]) \|_{2,\sigma_{\text{Tr}}} \leq \| \sigma_{\text{Tr}}^{-1} \|^1_\infty e^{-\lambda(L)t} \| X - E_N(X) \|_{2,\sigma_{\text{Tr}}}.$$  

(6.1)

In the dual Schrödinger picture, such a bound translates into

$$\| P^*_{t*}(\rho - \rho_N) \|_1 \leq \| \sigma_{\text{Tr}}^{-1} \|^1_\infty e^{-\lambda(L)t}. \quad (6.1)$$

However, already in the classical case, the spectral gap does not usually provide tight enough bounds on the decoherence time of a Markov semigroup [22]. Moreover, in practice, the coefficient $\| \sigma_{\text{Tr}}^{-1} \|^1_\infty$ explodes exponentially fast as the dimension of the system grows. If $\text{LSI}_{2,N}(c,0)$ held with $c < \infty$, the original techniques of [66] could be adapted to yield

$$\| P^*_{t*}(\rho - \rho_N) \|_1 \leq (2 \log \| \sigma_{\text{Tr}}^{-1} \|^1_\infty)^{1/2} e^{-\frac{t}{2}},$$

improving significantly the bound (6.1) derived from the spectral gap method. However, as discussed in the last section, a strong LSI never holds for non-primitive QMS. This motivates the search for a technique that would deal with the weak version of the log-Sobolev inequality. Fortunately, such a technique already exists in the classical literature [22,48,74]: it consists in combining hypercontractivity bounds at short times with the spectral gap at long times. Using such a method, we can prove the exponential convergence in terms on the $\infty$-norm.

**Proposition 6.1.** Assume that a QMS $(P_t)_{t \geq 0}$ satisfies $\text{HC}_{2,N}(c,d)$, and that $\| \sigma_{\text{Tr}}^{-1} \|^\infty \geq e$. Then for $t = \frac{c}{2} \ln \ln \| \sigma_{\text{Tr}}^{-1} \|^1_\infty + \frac{\kappa}{\lambda(L)}$, $\kappa > 0$, and all $X \in \mathcal{B}(\mathcal{H})$

$$\| P_t(X - E_N[X]) \|_\infty \leq \left( \max_{i \in I} \sqrt{d_{\mathcal{H}_i}} \right) e^{1+d-\kappa} \| X \|_\infty,$$

(6.2)

where $d_{\mathcal{H}_i}$ denote the dimensions of the spaces $\mathcal{H}_i$ appearing in the decomposition of $\mathcal{N}(\mathcal{P})$ given by (2.9). By duality, we get the following similar bound:

$$\forall \rho \in \mathcal{D}(\mathcal{H}), \| P_{t*}(\rho - E_{N*}[\rho]) \|_1 \leq \max_{i \in I} \sqrt{d_{\mathcal{H}_i}} e^{1+d-\kappa}. \quad (6.3)$$

The above inequality provides a bound on the decoherence time of the QMS:

$$\tau_{\text{deco}}(\varepsilon) \leq \frac{\ln \left( \max_{i \in I} \sqrt{d_{\mathcal{H}_i}} \varepsilon^{-1} \right) + 1 + d}{\lambda(L)} + \frac{c}{2} \ln \ln \| \sigma_{\text{Tr}}^{-1} \|^\infty.$$  


Proof. Let \( t, s > 0 \). Then:
\[
\| P_{t+s} (X - E_N[X]) \|_{(2, \infty), N}
\leq \| \sigma_{Tr}^{-1} \|_{\infty} \| P_{t+s} (X - E_N[X]) \|_{(2, p), N}
\leq \| \sigma_{Tr}^{-1} \|_{\infty} \exp \left( 2d \left( \frac{1}{2} - \frac{1}{p} \right) \right) \| P_t (X - E_N[X]) \|_{2, \sigma_{Tr}}
\leq \| \sigma_{Tr}^{-1} \|_{\infty} \exp \left( 2d \left( \frac{1}{2} - \frac{1}{p} \right) \right) \| X - E_N[X] \|_{2, \sigma_{Tr}} e^{-\lambda(L)t}
\leq e^d \| \sigma_{Tr}^{-1} \|_{\infty} \| X - E_N[X] \|_{2, \sigma_{Tr}} e^{-\lambda(L)t},
\]
where the first inequality follows from (C.2) in Appendix C applied to \( P_{t+s} (X - E_N[X]) \), the second inequality from HC\(_{2, N}(c, d)\) and the third one by definition of the spectral gap. Since \( \| \sigma_{Tr}^{-1} \|_{\infty} \leq e \), one can choose \( s := \frac{c}{2} \log \log \| \sigma_{Tr}^{-1} \|_{\infty} \), and \( p \equiv p(s) = 1 + \log \| \sigma_{Tr}^{-1} \|_{\infty} \), so that
\[
\| P_{t+s} (X - E_N[X]) \|_{(2, \infty), N} \leq \| X \|_{\infty} e^{1+d-\lambda t},
\]
where we use that \( \| X - E_N[X] \|_{2, \sigma_{Tr}} \leq \| X \|_{2, \sigma_{Tr}} \leq \| X \|_{\infty} \). The result follows by applying the following norm estimate proved in Proposition C.5:
\[
\| \text{id} \|_{(2, \infty) \to (\infty, \infty), N} \leq \max_{i \in I} \sqrt{d_{\mathcal{H}_i}}.
\]
By duality, we get,
\[
\| P_{(t+s)^*} ( \rho - \rho_N ) \|_1 = \sup_{\| X \|_{\infty} \leq 1} \text{Tr} \left( P_{(t+s)^*} ( \rho - E_{N^*}(\rho)) X \right)
= \sup_{\| X \|_{\infty} \leq 1} \text{Tr} \left( \rho P_{(t+s)} (X - E_N[X]) \right)
\leq \max_{i \in I} \sqrt{d_{\mathcal{H}_i}} e^{1+d-\lambda t}.
\]

7. Illustration on a Class of Non-primitive QMS

All along this article, we highlighted key differences between the primitive and the non-primitive settings. In particular, these differences appear as coefficients in the hypercontractive constants. In this section, we wish to illustrate on a class of non-primitive QMS how these coefficients naturally emerge from the representation theory of Lie subgroups of the unitary group \( \mathbb{U}_n(\mathbb{C}) \) on \( \mathbb{C}^n \). Some particular instances of this class appear in the physical literature under the name weakly and strongly collective decoherent QMS. They can also be seen as particular cases of QMS having an essentially commutative dilation in terms of Brownian noises (see [43]).

Let \( G \) be a sub-Lie group of dimension \( m \geq 1 \) of \( \mathbb{U}_n(\mathbb{C}) \) for some positive integer \( n \geq 1 \) and let \( (\tilde{L}_1, ..., \tilde{L}_m) \) be a basis of the corresponding Lie-algebra, where \( \tilde{L}_1, ..., \tilde{L}_m \) are viewed as (anti-self-adjoint) operators on \( M_n(\mathbb{C}) \). We
write \( L_k = i\tilde{L}_k \), which is a self-adjoint operator. Let \((g_t)_{t \geq 0}\) be the solution of the following stochastic differential equation on \( \mathbb{U}_n(\mathbb{C}) \):

\[
dg_t = -\frac{1}{2} \sum_{k=1}^{m} \tilde{L}_k g_t \, dt + \sum_{k=1}^{m} L_k g_t \, dB^k_t ,
\]

(7.1)

where \( B_t = (B^1_t, \ldots, B^m_t) \) is an \( m \)-dimensional Brownian process (we refer to [49, 54] for the technical details, such as existence and unicity of the solution of this equation). A simple Itô computation shows that \( g_t \) is indeed unitary almost surely for all \( t \geq 0 \) and that \( g_t \in G \) for all \( t \geq 0 \), since the generators \( L_k \) belong to the Lie algebra of \( G \). Thus, \((g_t)_{t \geq 0}\) is a stochastic process in \( G \). We now embed this stochastic process in the unitary group of a finite dimensional Hilbert space \( \mathcal{H} \) by considering the unitary representation \( \pi : G \to \mathbb{U}(\mathcal{H}) \) of \( G \) and write \( U_t = \pi(g_t) \). Next, we define a QMS on \( \mathcal{B}(\mathcal{H}) \) as:

\[
\mathcal{P}_t(X) = \mathbb{E}[U_t^* X U_t] , \quad X \in \mathcal{B}(\mathcal{H}) ,
\]

(7.2)

where the expectation is taken with respect to the probability law of the stochastic process \((g_t)_{t \geq 0}\). By the Hudson–Parthasarathy theory on quantum stochastic calculus [49, 54] and by a result by Frigerio [27], \((U_t)_{t \geq 0}\) is a cocycle so that Eq. (7.2) defines a proper QMS on \( \mathcal{B}(\mathcal{H}) \).

Equation (7.1) is a special instance of quantum Langevin Equation where the only quantum noises occurring in the equation are classical noises. In the general theory of quantum Langevin Equations developed by Hudson and Parthasarathy [34], more complex noises can occur which lead to a complete dilation theory of QMS on finite dimensional Hilbert spaces. In [43], the authors completely characterized the QMS that admit essentially commutative dilations, which is equivalent to having a dilation in terms of the solution of a quantum Langevin Equation with Brownian noises, as in Eq. (7.1), or Poisson noises (see [1] for a discussion on this point).

Going back to the analysis of the QMS defined by Eq. (7.2), by [25] and since the operators \( \tilde{L}_k \) form a basis of the Lie algebra of \( G \), we have

\[
\mathcal{P}_t(X) \xrightarrow{t \to +\infty} \int_G \pi(g)^* X \pi(g) \, \mu_{\text{Haar}}(dg) ,
\]

(7.3)

where \( \mu_{\text{Haar}} \), the Haar measure on \( G \), is the unique probability measure on \( G \) which is left and right translation invariant. Otherwise states,

\[
\mathbb{E}_{\mathcal{N}}[X] = \int_G \pi(g)^* X \pi(g) \, \mu_{\text{Haar}}(dg) .
\]

In particular, the maximally mixed density matrix \( \frac{1}{|G|} \) is an invariant state of \((\mathcal{P}_t)_{t \geq 0}\) which is reversible with respect to it. Moreover, the DF algebra can be easily identified using the decomposition of \( \pi \) in irreducible representations (irreps). Write \( \mathcal{H} = \bigoplus_{\gamma \in \Gamma} E_\gamma \otimes F_\gamma \), where \( E_\gamma \) are irreps of \( G \). Then, \( \mathcal{N}(\mathcal{P}) \) is the commutant of the \( * \)-algebra generated by \( \pi \), i.e.,

\[
\mathcal{N}(\mathcal{P}) = * - \text{alg} \{ \pi(g) \}' = \bigoplus_{\gamma \in \Gamma} \mathbb{I}_{E_\gamma} \otimes \mathcal{B}(F_\gamma)
\]
We see that the QMS is primitive if and only if the representation is irreducible and if the representation is trivial, then the QMS is trivial, i.e., $\mathcal{P}_t = I_{\mathcal{B}(\mathcal{H})}$ for all $t \geq 0$.

We can now summarize our results for this class of QMS.

**Proposition 7.1.** Let $(\mathcal{P}_t = e^{t\mathcal{L}})_{t \geq 0}$ be a decohering QMS defined as above. Then:

1. $HC_q,\mathcal{N}(c, \ln(\sqrt{|\Gamma|}2))$ holds where
   
   $$c \leq \frac{\ln d_H + 2}{2\lambda(\mathcal{L})}$$

   and where the number $|\Gamma|$ of block in the decomposition (2.9) is the number of irreducible sub-representations in $\pi$.

2. For all $\rho \in S(\mathcal{H})$,
   
   $$\|\mathcal{P}_t(\rho) - \rho_\mathcal{N}\|_1 \leq \max_\gamma \sqrt{|\gamma|} e^{1+\ln(\sqrt{|\Gamma|}2)} - \kappa$$

   for $t = \frac{c}{2} \ln d_H + \frac{\kappa}{\lambda(\mathcal{L})}, \kappa > 0$, \hspace{1cm} (7.4)

   where $|\gamma|$ is the multiplicity of the irreducible representation $E_\gamma$, $\gamma \in \Gamma$ (that is, the dimension of $F_\gamma$).

In this article, the only estimates we obtained on the hypercontractive constants $c$ and $d$ are universal and in a sense reflect the properties of the amalgamated $\mathbb{L}_p$ norms. The above proposition shows that these constants also naturally appear in some construction of decohering QMS based on representation theory. We leave to future works the study of the precise hypercontractive constants for such QMS, as well as the study of their spectral gap.

We finish this section by focusing on the simplest case where the Lie algebra of $G$ is one dimensional.

**Example 7.2.** The weakly collective decoherence (WCD) semigroup provides a simple example of such decohering QMS. This evolution has been already extensively studied. For example, it was shown in [41] that it is a good candidate for fault-tolerant universal quantum computation. In this case, take $G = \{ e^{i\theta} \sigma_z ; \theta \in \mathbb{R} \}$ where $\sigma_z$ denotes the Pauli matrix on $\mathbb{C}^2$:

$$\sigma_z := \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}.$$  

We then take $L = \sigma_z$ in Eq. (7.1) and consider the representation of $G$ on $(\mathbb{C}^2)^{\otimes n}$, $n \geq 1$, given by:

$$G \ni g \mapsto \pi(g) = g^{\otimes n}.$$  

Equation (7.2) then defines the WCD semigroup on $n$ qubits, denoted by $(\mathcal{P}_t^{W,n})_{t \geq 0}$ and of associated generator $\mathcal{L}^{W,n}$ given by

$$L^{W,n} := \sum_{i=1}^n \sigma_z^{(i)}, \text{ where } \sigma_z^{(i)} := \mathbb{I}^{\otimes (i-1)} \otimes \sigma_z \otimes \mathbb{I}^{\otimes (n-i)};$$
and trivial Hamiltonian \(H^{W,n} = 0\). In this case, one can easily show that the completely mixed state \(\sigma_{\text{Tr}} := I/2^n\) is invariant, since \(L_{\text{Tr}}^{W,n}(I) = 0\). Moreover, since \(L^{W,n}\) is self-adjoint, \(L^{W,n}\) satisfies \(\sigma_{\text{Tr}}\)-DBC with respect to \(I/2^n\). By Theorem 2.1, \((P_t)_{t \geq 0}\) displays decoherence. In this simple situation, the group \(G\) being abelian, each representation is trivial and it is easy to compute the constants \(|\Gamma|\) and \(|\gamma|\) of Proposition 7.1:

\[
\Gamma = \{-n, -n+2, ..., n-2, n\}, \quad |\Gamma| = n, \\
|\gamma| = \binom{n}{k}, \quad \gamma = n - 2k \in \Gamma.
\]

Besides, we can compute the spectral gap of \(L^{W,n}\):

**Proposition 7.3.** For any \(n \geq 2\), \(\lambda(L^{W,n}) = 2\).

**Proof.** In view of Corollary 2.8, it suffices to find the spectral gap of the generator \(L^{W,n}\). This is equivalent to finding the spectral gap of its matrix representation \(\tilde{L}^{W,n}\) (see, e.g., [72]):

\[
\tilde{L}^{W,n} := L^{W,n} \otimes L^{W,n} - \frac{1}{2} ((L^{W,n})^2 \otimes I + I \otimes (L^{W,n})^2).
\]

One can easily check that \(L^{W,n}|i_1, ..., i_n\rangle = \sum_{j=1}^{n} (-1)^{i_j} |i_1 ... i_n\rangle\) for any \((i_1, ..., i_n) \in \{0, 1\}^n\), so that

\[
L^{W,n}|i_1 ... i_n\rangle \otimes |j_1 ... j_n\rangle = \left[ \sum_{k=1}^{n} (-1)^{i_k} \sum_{k=1}^{n} (-1)^{j_k} - \frac{1}{2} \sum_{k,l=1}^{n} (-1)^{i_k + i_l} - \frac{1}{2} \sum_{k,l=1}^{n} (-1)^{j_k + j_l} \right] |i_1 ... i_n\rangle \otimes |j_1 ... j_n\rangle
\]

\[
= -2(|i| - |j|)^2 |i_1 ... i_n\rangle \otimes |j_1 ... j_n\rangle,
\]

where \(|i|\), resp. \(|j|\), denotes the number of 1’s in the string \((i_1, ..., i_n)\), resp. \((j_1, ..., j_n)\). Therefore, the spectral gap of \(L^{W,n}\) is equal to 2. \(\square\)

Looking at Eq. (7.4) and assuming that the logarithmic constant \(c\) is of order \(\log n\), we see that the dominating term in the decoherence time as a function of \(n\) comes from the constant \(|\gamma|\), that is,

\[
\tau_{\text{deco}}(\epsilon) = O(n).
\]

This can be computed using the Stirling formula and the fact that the maximum of \(\binom{n}{k}\) is achieved for \(k \approx n/2\).

8. CB-log-Sobolev Inequality and Hypercontractivity

In the classical setting, log-Sobolev inequalities satisfy the very useful tensorization property, that is, given \(n\) primitive Markov semigroups \((P^{(i)}_t)_{t \geq 0}\) with generators \(L_i, i = 1, ..., n\), if for each \(i\), the semigroup \((P^{(i)}_t)_{t \geq 0}\) satisfies the log-Sobolev inequality \(\text{LSI}_2(c_i, d_i)\), then the product semigroup \((P_t)_{t \geq 0}\) with \(P_t = P^{(1)}_t \otimes \cdots \otimes P^{(n)}_t\), satisfies the log-Sobolev inequality \(\text{LSI}_2(\max_i c_i, \sum_i d_i)\).
This can be seen as a consequence of the multiplicativity of the classical weighted $L_p$ norms. It is strongly believed that this latter property no longer holds true in the quantum case, since quantum weighted $L_p$ norms are not multiplicative. In [6], the authors proposed to define the hypercontractivity property with respect to the CB-norm, which is known to be multiplicative even in the noncommutative framework, and proved that it is equivalent to the so-called notion of a CB-log-Sobolev inequality for primitive QMS with invariant state $I/d\mu$. This provides a way to recover the tensorization property in the noncommutative framework. Here, we generalize their theory to any primitive QMS. In the next theorem, we establish the equivalence between CB-log-Sobolev inequalities and CB hypercontractivity, hence extending Theorem 4 of [6] to any primitive QMS.

**Theorem 8.1.** Let $(P_t)_{t \geq 0}$ be a primitive QMS on $B(H)$ with associated generator $L$, and let $q \geq 1$, $d \geq 0$ and $c > 0$. Then

(i) If $HC_{q, CB}(c, d)$ holds, then $LSI_{q, CB}(c, d)$ holds.

(ii) If $LSI_{q, CB}(c, d)$ holds for all $\tilde{q} \geq q$, then $HC_{q, CB}(c, d)$ holds.

**Proof.** We first prove (i). If $HC_{q, CB}(c, d)$ holds, then for any $k$ and any $X \in B(\mathbb{C}^k \otimes H)$,

$$
\|\mathrm{id}_k \otimes P_t(X)\|_{(q, p(t))} \leq \exp\left(2d \left(\frac{1}{q} - \frac{1}{p(t)}\right)\right) \|X\|_{q, \frac{1}{q} \otimes \sigma},
$$

that is $HC_{q, N}(c, d)$ holds for the QMS $(\mathrm{id}_k \otimes P_t)_{t \geq 0}$, for which $N(\mathrm{id}_k \otimes P_t) = B(\mathbb{C}^k) \otimes I_H$ and $\sigma_{\text{Tr}} = \frac{\mathbb{I}_k}{k} \otimes \sigma$. The result then follows from a direct application of Theorem 4.1(i). (ii) follows similarly from Theorem 4.1(ii). □

A direct application of the definitions for $L_p$ regularity of Dirichlet forms then leads to the following:

**Theorem 8.2.** Assume that $LSI_{2, CB}(c, d)$ holds. Then,

(i) If the generator $L$ is strongly $L_p$-regular for some $d_0 \geq 0$, then $LSI_{q, CB}(c, d + c d_0)$ holds for all $q \geq 1$, so that $HC_{2, CB}(c, d + c d_0)$ holds.

(ii) If the generator $L$ is only weakly $L_p$-regular for some $d_0 \geq 0$, then $LSI_{q, CB}(2c, d + c d_0)$ holds for all $q \geq 1$, so that $HC_{2, CB}(2c, d + c d_0)$ holds.

As in the decoherence-free case, an application of Proposition 5.2 of [53] together with Theorem 4 of [71] leads to the following corollary:

**Corollary 8.3.** Assume that $LSI_{2, CB}(c, d)$ holds.

(i) If $L$ is reversible, then $LSI_{q, CB}(c, d + c (\|L\|_{2 \rightarrow 2, \sigma} + 1))$ holds for all $q \geq 1$ and consequently $HC_{2, CB}(c, d + c (\|L\|_{2 \rightarrow 2, \sigma} + 1))$ holds.

(ii) If $L$ satisfies $\sigma$-DBC, then $LSI_{q, CB}(c, d)$ holds for all $q \geq 1$ and consequently $HC_{2, CB}(c, d)$ holds.

**Proof.** The result follows directly from the fact that reversibility of $L$ w.r.t. $\sigma$ implies reversibility of $\mathrm{id}_k \otimes L$ w.r.t. $\sigma_{\text{Tr}}$, for any $k \in \mathbb{N}$, so that Corollary 4.6
applies. We conclude by noticing that for any $k \in \mathbb{N}$,
\begin{align*}
\|\text{id}_k \otimes L\|_{2 \to 2, \frac{i_k}{\|\cdot\|_{\infty}} \otimes \sigma} &= \|\text{id}_k \otimes (\Gamma_{\sigma}^{1/2} \circ L \circ \Gamma_{\sigma}^{-1/2})\|_{2 \to 2} \\
&= \|\Gamma_{\sigma}^{1/2} \circ L \circ \Gamma_{\sigma}^{-1/2}\|_{2 \to 2} \\
&= \|L\|_{2 \to 2, \sigma},
\end{align*}
where for any super-operator $\Lambda : \mathcal{B}(\mathcal{H}) \to \mathcal{B}(\mathcal{H})$, $\|\Lambda\|_{2 \to 2} := \sup_{\|X\|_2 = 1} \|\Lambda(X)\|_2$ denotes the usual super-operator norm induced by the Schatten norm $\|\cdot\|_2$, and where we used Theorem 4 of [71] in Eq. (8.1). The second part follows similarly to the one of Corollary 4.6. In both cases, hypercontractivity follows from Theorem 8.1.

\textbf{Theorem 8.4} (Universal bounds on the CB-log Sobolev constants). Let $(\mathcal{P}_t)_{t \geq 0}$ be a primitive reversible QMS, with unique invariant state $\sigma$ and spectral gap $\lambda(L)$. Then, $\text{LSI}_{2, \text{CB}}(c, \ln \sqrt{2})$ holds, with
\begin{equation}
c \leq \frac{\ln \|\sigma^{-1}\|_{\infty} + 2}{2 \lambda(L)}.
\end{equation}
Proof. First notice that for all $k \in \mathbb{N}$, and any $X \in \mathcal{B}(\mathbb{C}^k \otimes \mathcal{H})$,
\begin{equation}
\|\text{id}_k \otimes \mathcal{P}_t(X)\|_{(2,4), \frac{i_k}{\|\cdot\|_{\infty}}} \leq \|X\|_{(2,4), \frac{i_k}{\|\cdot\|_{\infty}}} \leq \|\text{id}\|_{2 \to 4, \text{CB}, \sigma} \|X\|_{2, \frac{i_k}{\|\cdot\|_{\infty}}}
\end{equation}
where the first inequality follows from (i) of Proposition 3.2. Then, by Eq. (C.3):
\begin{equation}
\|\text{id}\|_{2 \to 4, \text{CB}, \sigma} \leq \|\sigma^{-1}\|_{\infty}^{\frac{1}{2}}.
\end{equation}
Now, an application of Theorem 4.9 and Theorem 4.7 to the QMS $\text{id}_k \otimes \mathcal{P}_t$ together with the fact that $\lambda(L) = \lambda(\text{id}_k \otimes L)$ for any $k \in \mathbb{N}$ allow us to conclude.

Using the multiplicativity of CB norms, we directly get the tensorization property of the CB-log-Sobolev inequality, hence extending Theorem 6 of [6] to any primitive QMS.

\textbf{Theorem 8.5.} Suppose that for all $i = 1, \ldots, n$ the primitive QMS $(\mathcal{P}^{(i)}_{t \geq 0})_{i \geq 0}$ on $\mathcal{B}(\mathcal{H}_i)$ generated by $\mathcal{L}_i$ with invariant state $\sigma_i$ satisfies $\text{LSI}_{2, \text{CB}}(c_i, d_i)$. Then, the QMS $(\mathcal{P}_t)_{t \geq 0}$ on $\mathcal{B}(\mathcal{H})$ generated by $\mathcal{L} := \sum_{i=1}^n \sum_{k=1}^{d_i} \text{id}_{\mathcal{H}_k} \otimes \mathcal{L}_i \otimes \sum_{k=i+1}^{d_i} \text{id}_{\mathcal{H}_k}$ with invariant state $\sum_{i=1}^n \sigma_i$ satisfies $\text{LSI}_{2, \text{CB}}(c, d)$ with $c := \max_i c_i$ and $d = \sum_{i=1}^n d_i$.

\textbf{Remark 8.6.} The additivity of the weak CB-log Sobolev constant prevents one from obtaining relevant estimates for a large number of tensorized primitive QMS. In particular, estimating both constants separately as in Theorem 8.5 leads to weaker bounds than the ones found in [50,66]. This, however, does not exclude the possibility of better controlling both constants simultaneously when considering tensor products of QMS.
9. Conclusion and Open Questions

In this paper, we defined and studied a new notion of hypercontractivity with respect to the amalgamated $L_p$ norms, and the related notion of logarithmic Sobolev inequality, in the setting of non-primitive QMS. The amalgamated norms appear as appropriate weighted norms depending on the semigroup via its algebra of effective observables $\mathcal{N}(\mathcal{P})$ as well as the invariant state $\sigma_T$ which acts as a trace on $\mathcal{N}(\mathcal{P})$. We extended some of the important results known in the case of primitive semigroups to the decohering case, namely Gross’ integration lemma, as well as multiple bounds on the log-Sobolev constants. This allowed us to derive bounds on decoherence rates from the framework previously developed. Finally, we used these results to extend the recently defined framework of CB-log-Sobolev inequalities for unital QMS [6] to the general case of a primitive QMS.

In the decohering case, we proved that a weak log-Sobolev inequality always holds in finite dimensions. We also showed that there is no way of recovering a strong notion of LSI for non-primitive QMS. This is different from [4] where the DF-modified log-Sobolev inequality was proved to hold in some cases. Since this inequality can be interpreted as the limit $p \to 1$ of the family of $\text{LSI}_{p,\mathcal{N}}(c, 0)$, this raises the question of finding the range of $p$‘s for which one can find a non-primitive semigroup for which $\text{LSI}_{p,\mathcal{N}}(c, 0)$ holds for some $c > 0$. Moreover, such a no-go result implies the impossibility for any primitive QMS to satisfy $\text{LSI}_{2,\text{CB}}(c, 0)$, as opposed to $\text{LSI}_{1,\text{CB}}(c, 0)$.

All these results rely heavily on the structure and the properties of the amalgamated $L_p$ spaces. Further development will require better understanding of these spaces, in particular as interpolating Banach spaces.

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A Proof of Theorem 3.4

Let \( t \mapsto X(t) \in \mathcal{B}(\mathcal{H}) \) be an operator-valued twice continuously differentiable function, where \( X(t) > 0 \) for all \( t \in [-\eta, \eta] \), for some \( \eta > 0 \), as well as an increasing twice continuously differentiable function \( \mathbb{R} \ni t \mapsto p(t) \) with \( p(0) = q \geq 1 \). Define

\[
s(t) := \frac{1}{q} - \frac{1}{p(t)},
\]

and for a positive definite operator \( A \in \mathcal{N}(\mathcal{P}) \), such that \( \|A\|_{1,\sigma_{\text{TV}}} = 1 \),

\[
M(t, A) := A^{-s(t)/2}X(t)A^{-s(t)/2}.
\]

Thus, \( M(t, A) \) is positive definite for any \( t \in [-\eta, \eta] \). Define moreover

\[
\Phi(X(t), A, p(t)) := \|M(t, A)\|_{p(t)}.
\]

(A.1)

The following proposition gathers straightforward generalization of results proved in [6] which were used to prove the relation between hypercontractivity and the log-Sobolev inequality for the completely bounded norm. (cf. lemmas 8, 9 of [6]). We recall that \( S_{\mathcal{L}_1(\sigma_{\text{TV}})}^+ \) denotes the set of positive definite operators on the sphere of radius one in \( \mathcal{L}_1(\sigma_{\text{TV}}) \).

**Proposition A.1.** For a fixed \( t \in (-\eta, \eta) \), \( A \mapsto \Phi(X(t), A, p(t))^{p(t)} \) is convex for \( 1 \leq q \leq p(t) \leq 2q \) and concave for \( 1 \leq p(t) \leq q \). Moreover, the following assertions hold true:

1. The function \( (t, A) \mapsto \frac{\partial^2}{\partial t^2} \Phi(X(t), A, p(t)) \) is continuous on \( (-\eta, \eta) \times \mathcal{N}(\mathcal{P}) \cap S_{\mathcal{L}_1(\sigma_{\text{TV}})}^+ \).

2. The function \( A \mapsto \Phi(X(t), A, p(t)) \) is continuously differentiable for all \( A \in \mathcal{N}(\mathcal{P}) \cap S_{\mathcal{L}_1(\sigma_{\text{TV}})}^+ \).

3. For all \( A \in \mathcal{N}(\mathcal{P}) \cap S_{\mathcal{L}_1(\sigma_{\text{TV}})}^+ \) and \( t \in (-\eta, \eta) \),

\[
\frac{\partial}{\partial t} \Phi(X(t), A, p(t)) = \frac{p'(t)}{p(t)^2} \Phi(X(t), A, p(t)) \left( -\text{Tr} \left[ M(t, A)^{p(t)} \right], \ln \text{Tr} \left[ M(t, A)^{p(t)} \right] \right) - \text{Tr} \left[ M(t, A)^{p(t)} \ln M(t, A)^{p(t)} \right] - \text{Tr} \left[ M(t, A)^{p(t)} \ln M(t, A)^{p(t)} \right] - \text{Tr} \left[ M(t, A)^{p(t)} \ln A \right]
\]

\[
+ \text{Tr} \left[ M(t, A)^{p(t)} \ln M(t, A)^{p(t)} \right] - \text{Tr} \left[ M(t, A)^{p(t)} \ln M(t, A)^{p(t)} \right]
\]

\[
+ \frac{p(t)^2}{p'(t)} \text{Tr} \left[ M(t, A)^{p(t)-1} A^{-s(t)/2}X'(t)A^{-s(t)/2} \right].
\]

(A.2)
In what follows, we fix a positive definite $Y \in \mathcal{B}(\mathcal{H})$ and set $X(t) = \Gamma_{\sigma_{\mathcal{T}}(Y)}^{\frac{1}{2}}(Y(t))$, where $t \mapsto Y(t)$ is some twice continuously differentiable matrix-valued function with $Y(0) = Y$. Therefore,

$$\frac{d}{dt} X(t) \bigg|_{t=0} = \frac{d}{dt} \Gamma_{\sigma_{\mathcal{T}}(Y)}^{\frac{1}{2}}(Y(t)) \bigg|_{t=0} = - \frac{p'(0)}{2q^2} \left\{ \ln \sigma_{\mathcal{T}}, \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y(0)) \right\} + \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y'(0)),$$

where we used that $p(0) = q$ and where $\{\cdot, \cdot\}$ is the anticommutator. Thus, using that $M(0, A) = \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y(0))$ and that $\Phi(X(0), A, q) = \|Y\|_{q, \sigma_{\mathcal{T}}}$, Equation (A.2) reduces to

$$\frac{\partial}{\partial t} \Phi(X(t), A, p(t)) \bigg|_{t=0} = - \frac{p'(0)}{q^2} \|Y\|_{q, \sigma_{\mathcal{T}}}^{q-1} - \|Y\|_{q, \sigma_{\mathcal{T}}}^q \ln \|Y\|_{q, \sigma_{\mathcal{T}}} + \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \ln \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \right) - \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \ln \sigma_{\mathcal{T}} \right) + q^2 \frac{p'(0)}{p'(0)} \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q-1} \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y'(0)) \right).$$

(A.3)

In fact, in the case when $Y(t) = Y \in \mathcal{B}_{sa}(\mathcal{H})$, and $p(t) = q + t$, one can similarly show the following

$$\frac{\partial}{\partial p} \Phi(\Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y), A, p) \bigg|_{p=q} = \frac{1}{q^2} \|Y\|_{q, \sigma_{\mathcal{T}}}^{q-1} - \|Y\|_{q, \sigma_{\mathcal{T}}}^q \ln \|Y\|_{q, \sigma_{\mathcal{T}}} + \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \ln \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \right) - \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \ln \sigma_{\mathcal{T}} \right) + q^2 \frac{p'(0)}{p'(0)} \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q-1} \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y'(0)) \right).$$

(A.4)

Now, define $G(A)$ as the part in the parenthesis:

$$G(A) := -\|Y\|_{q, \sigma_{\mathcal{T}}}^q \ln \|Y\|_{q, \sigma_{\mathcal{T}}} + \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \ln \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \right) - \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q} \ln \sigma_{\mathcal{T}} \right) + q^2 \frac{p'(0)}{p'(0)} \text{Tr} \left( \left[ \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y) \right]^{q-1} \Gamma_{\sigma_{\mathcal{T}}}^{\frac{1}{2}}(Y'(0)) \right),$$

(A.5)

and let, for a given $Y \in \mathcal{B}_{sa}(\mathcal{H})$,

$$Y_N := \frac{E_N[I_{1,q}(Y)]}{\|Y\|_{q, \sigma_{\mathcal{T}}}^q}.$$  

(A.6)

Next, we derive a formula that will be useful in what follows.
Lemma A.2. With the above notations and for positive semidefinite $Y \in \mathcal{B}(\mathcal{H})$, 
\[ G(A) - G(Y_N) = \|Y\|_{q,\sigma_{Tr}}^q \, D(\Gamma_{\sigma_{Tr}}(Y_N)||\Gamma_{\sigma_{Tr}}(A)). \]  
(A.7)

Remark that $G(A) - G(Y_N)$ does not depend on $Y'(0)$ and therefore one can check that the same result holds for $Y \in B_{sa}(\mathcal{H})$.

Proof. First note that
\[ G(A) - G(Y_N) = \text{Tr} \left( \Gamma_{\sigma_{Tr}}^\frac{1}{2}(Y) (\log Y_N - \log A) \right). \]
As $Y_N$ and $A$ are in $\mathcal{N}(\mathcal{P})$, they commute with $\sigma_{Tr}$, and therefore, we get
\[ G(A) - G(Y_N) = \|Y\|_{q,\sigma_{Tr}}^q \, \text{Tr} \left( \frac{\Gamma_{\sigma_{Tr}}^\frac{1}{2}(Y)^q}{\|Y\|_{q,\sigma_{Tr}}^q} \, (\log \Gamma_{\sigma_{Tr}}(Y_N) - \log \Gamma_{\sigma_{Tr}}(A)) \right). \]
Now, as again $Y_N, A \in \mathcal{N}(\mathcal{P})$, $\ln Y_N$ and $\log A$ also belong to $\mathcal{N}(\mathcal{P})$ and we get
\[ G(A) - G(Y_N) = \|Y\|_{q,\sigma_{Tr}}^q \, \text{Tr} \left( \frac{\Gamma_{\sigma_{Tr}}^\frac{1}{2}(Y)^q}{\|Y\|_{q,\sigma_{Tr}}^q} \, (\log \Gamma_{\sigma_{Tr}}(Y_N) - \log \Gamma_{\sigma_{Tr}}(A)) \right), \]
which is the desired result. \(\square\)

Theorem 3.4 follows from a direct adaptation of the proof of Theorem 7 of [6]. In a nutshell, all the lemmas used in [6] to prove it can be generalized to our framework, when replacing the equation (25) of [6] by Eq. (A.7). In particular, one can prove that
\[ \Delta(t) := \frac{1}{t} \left( \|Y(t)\|_{(q,p(t)),\mathcal{N}} - \|Y\|_{q,\sigma_{Tr}} \right) - \frac{G(Y_N)p'(0)}{q^2\|Y\|_{q,\sigma_{Tr}}^{q-1}}. \]
converges to 0, which leads to the desired result. The details are provided for sake of completeness.

Lemma A.3. There exist $\kappa > 0$ and $K < \infty$, such that for all $t \in [-\eta/2, \eta/2]$ and $A \in S(\kappa) := \mathcal{N}(\mathcal{P}) \cap \{B > 0, \|B\|_{1,\sigma_{Tr}} = 1, \|B - Y_N\|_{1,\sigma_{Tr}} \leq \kappa\}$,
\[ \left| \Phi(X(t), A, p(t)) - \|Y\|_{q,\sigma_{Tr}} - t \frac{p'(0)G(A)}{q^2\|Y\|_{q,\sigma_{Tr}}^{q-1}} \right| \leq Kt^2, \]
where $X(t) = \Gamma_{\sigma_{Tr}}^{-\frac{1}{2}}(Y(t))$.

Proof. The proof is similar to the one of Lemma 10 of [6]. Let $t \in [-\eta/2, \eta/2]$. Since the set $\mathcal{N}(\mathcal{P}) \cap \{B > 0, \|B\|_{1,\sigma_{Tr}} = 1\}$ is open, there exists $\kappa > 0$ such that $S(\kappa)$ is a compact and a subset of $\mathcal{N}(\mathcal{P}) \cap \{B > 0, \|B\|_{1,\sigma_{Tr}} = 1\}$. By
Proposition A.1, the function $\frac{\partial^2}{\partial t^2} \Phi(X(t), A, p(t))$ is continuous on $(-\eta, \eta) \times \mathcal{N}(P) \cap S_{L_1}^+(\sigma_T)$. Hence, there exists $K > \infty$ such that

$$-2K \leq \frac{\partial^2 \Phi(X(t), A, p(t))}{\partial t^2} \leq 2K,$$

for all $t \in [-\eta/2, \eta/2]$ and all $A \in S(\kappa)$. Therefore, for any $t \in [-\eta/2, \eta/2]$ and $A \in S(\kappa)$:

$$\left| \Phi(X(t), A, p(t)) - \Phi(X(0), A, q) - t \frac{\partial \Phi(X(u), A, p(u))}{\partial u} \right|_{u=0} \leq K t^2.$$

Noting that $\Phi(X(0), A, q) = \|Y\|_{q, \sigma_T}$ and using the definition of $G(A)$, we find that

$$\left| \Phi(X(t), A, p(t)) - \|Y\|_{q, \sigma_T} - t \frac{p'(0) G(A)}{q^2 \|Y\|_{q, \sigma_T}} \right| \leq K t^2,$$

for all $t \in [-\eta/2, \eta/2]$ and $A \in S(\kappa)$.

Lemma A.4. With the notations of Lemma A.3, for any $0 < \epsilon \leq \kappa$, there exists $\delta > 0$ such that for all $t \in [-\delta, \delta]$ there is $A(t) \in \mathcal{N}(P) \cap S_{L_1}^+(\sigma_T)$ satisfying

$$\|Y(t)\|_{(q,p(t)),N} = \Phi(X(t), A(t), p(t)), \quad \|Y_N - A(t)\|_{1,\sigma_T} \leq \epsilon.$$

Proof. The proof is similar to the one of Lemma 11 of [6]. Given $\epsilon \leq \kappa$, choose $\delta' > 0$ satisfying

$$\delta' < \min \left\{ \frac{\eta}{2}, \frac{\epsilon^2 p'(0) \|Y\|_{q, \sigma_T}}{4Kq^2} \right\}$$

where $K$ is defined in Lemma A.3. We have

$$\mathcal{S}(\epsilon) \subset \mathcal{S}(\kappa) \subset \mathcal{N}(P) \cap S_{L_1}^+(\sigma_T)$$

and so the boundary of $\mathcal{S}(\epsilon)$ is contained in $\mathcal{N}(P) \cap S_{L_1}^+(\sigma_T)$. Suppose that $A$ is on the boundary of $\mathcal{S}(\epsilon)$, so that

$$\|Y_N - A\|_{1,\sigma_T} = \epsilon.$$

By the quantum Pinsker inequality,

$$D(\Gamma_{\sigma_T}(Y_N) | \Gamma_{\sigma_T}(A)) \geq \frac{1}{2} \|Y_N - A\|_{1,\sigma_T}^2 = \frac{\epsilon^2}{2}.$$

From Eq. (A.7), we deduce

$$G(A) \geq G(Y_N) + \frac{\epsilon^2 \|Y\|_{q, \sigma_T}}{2}.$$

Let us first consider the case where $t \geq 0$. From Lemma A.3, we deduce that

$$\Phi(X(t), A, p(t)) \geq \|Y\|_{q, \sigma_T} + t \frac{p'(0) G(A)}{q^2 \|Y\|_{q, \sigma_T}} - K t^2.$$

(A.9)
Our choice of \( \delta' \) implies that for all \( 0 \leq t \leq \delta' \),
\[
t \frac{\varepsilon^2 p'(0) \|Y\|_{q,\sigma_T}}{2q^2} - Kt^2 > Kt^2,
\]
and hence, combining this with (A.8) and (A.9),
\[
\Phi(X(t), A, p(t)) > \|Y\|_{q,\sigma_T} + t \frac{p'(0) G(Y_N)}{q^2 \|Y\|_{q,\sigma_T}} + Kt^2. \tag{A.10}
\]
Furthermore, from Lemma A.3, we also deduce that
\[
\Phi(X(t), Y_N, p(t)) \leq \|Y\|_{q,\sigma_T} + t \frac{p'(0) G(Y_N)}{q^2 \|Y\|_{q,\sigma_T}} + Kt^2. \tag{A.11}
\]
Combining (A.10) and (A.11), we find that
\[
\Phi(X(t), Y_N, p(t)) < \Phi(X(t), A, p(t)).
\]
Since this inequality holds for any \( A \) on the boundary of \( S(\varepsilon) \), we conclude that for all \( 0 \leq t \leq \delta' \), the function \( A \mapsto \Phi(X(t), A, p(t)) \) has a local minimum \( A(t) \) in the interior of \( S(\varepsilon) \). We now choose \( 0 < \delta_+ \leq \delta' \) so that \( q \leq p(t) \leq 2q \) for all \( 0 \leq t \leq \delta_+ \) (the existence of \( \delta_+ > 0 \) is guaranteed by the assumptions that \( p(0) = q \geq 1 \) and that \( t \mapsto p(t) \) is increasing and differentiable). Applying Proposition A.1, we conclude that, for all \( 0 \leq t \leq \delta_+ \), the local minimum of the convex function \( A \mapsto \Phi(X(t), A, p(t))p(t) \) in the interior of \( S(\varepsilon) \) is in fact a global minimum. Since \( A \mapsto \Phi(X(t), A, p(t)) \) and \( A \mapsto \Phi(X(t), A, p(t))p(t) \) share the same minimum \( A(t) \in S(\varepsilon) \), we conclude that
\[
\|Y\|_{(q,p(t)),N} = \Phi(X(t), A(t), p(t)), \|Y_N - A(t)\|_{1,\sigma_T} \leq \varepsilon.
\]
We consider now the case \( t \leq 0 \). Using Lemma A.3 as well as inequality (A.8), we deduce that
\[
\Phi(X(t), A, p(t)) \leq \|Y\|_{q,\sigma_T} + t \frac{p'(0) G(A)}{q^2 \|Y\|_{q,\sigma_T}} + Kt^2 \\
\leq \|Y\|_{q,\sigma_T} + t \frac{p'(0) G(Y_N)}{q^2 \|Y\|_{q,\sigma_T}} + t \frac{\varepsilon^2 p'(0) \|Y\|_{q,\sigma_T}}{2q^2} + Kt^2,
\]
where the second inequality follows from the fact that \( t \leq 0 \). Now, for \(-\delta' \leq t \leq 0\),
\[
t \frac{\varepsilon^2 p'(0) \|Y\|_{q,\sigma_T}}{2q^2} + Kt^2 < -Kt^2,
\]
and thus
\[
\Phi(X(t), A, p(t)) < \|Y\|_{q,\sigma_T} + t \frac{G(Y_N)p'(0)}{q^2 \|Y\|_{q,\sigma_T}} - Kt^2. \tag{A.12}
\]
Combining with the lower bound for \( F \) obtained from Lemma A.3, we deduce that
\[
\Phi(X(t), Y_N, p(t)) > \Phi(X(t), A, p(t)),
\]
for all \( A \) on the boundary of \( S(\varepsilon) \). Thus, we conclude that for all \( \delta' \leq t \leq 0 \), the function \( A \mapsto \Phi(X(t), A, p(t)) \) has a local maximum in the interior of \( S(\varepsilon) \).
Choose $0 < \delta_0 \leq \delta'$ so that $1 \leq p(t) \leq 2$ for all $-\delta_0 \leq t \leq 0$. Applying Proposition A.1, we conclude that the local maximum of the concave function $A \mapsto \Phi(X(t), A, p(t))^{p(t)}$ in the interior of $\mathcal{S}(\varepsilon)$ is in fact a global maximum for all $-\delta_0 \leq t \leq 0$. Finally, take $\delta := \min\{\delta_+ , \delta_0\}$ to deduce that for all $t \in [-\delta, \delta]$ there exists $A(t) \in \mathcal{N}(\mathcal{P}) \cap \mathcal{S}^{+}_{L_1(\sigma_{TV})}$ satisfying:

$$\|Y\|_{(q,p(t)),\mathcal{N}} = \Phi(X(t), A(t), p(t)), \quad \|Y\|_{1,\sigma_{TV}} \leq \varepsilon.$$

We are finally ready to prove Theorem 3.4.

**Proof of Theorem 3.4.** Recall from (A.5) that

\[ G(Y_{\mathcal{N}}) = -\|Y\|^q_{q,\sigma_{TV}} \ln \|Y\|^q_{q,\sigma_{TV}} + \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \ln \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \right) \]

\[- \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \ln Y_{\mathcal{N}} \right) \]

\[- \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \ln \sigma_{TV} \right) + \frac{q^2}{p'(0)} \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^{q-1} \Gamma_{\sigma_{TV}}^3(Y'(0)) \right). \]

(A.13)

Using the expression (A.6) for $Y_{\mathcal{N}}$, (A.13) reduces to

\[ G(Y_{\mathcal{N}}) = \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \ln \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \right) \]

\[- \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \ln E_{\mathcal{N}} \left[ \Gamma_{\sigma_{TV}}^{-1} \left( \Gamma_{\sigma_{TV}}^3(Y) \right)^q \right] \right) \]

\[- \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^q \ln \sigma_{TV} \right) + \frac{q^2}{p'(0)} \text{Tr} \left( \left[ \Gamma_{\sigma_{TV}}^3(Y) \right]^{q-1} \Gamma_{\sigma_{TV}}^3(Y'(0)) \right). \]

Define now

\[ \Delta(t) := \frac{1}{t} \left( \|Y(t)\|_{(q,p(t)),\mathcal{N}} - \|Y\|_{q,\sigma_{TV}} \right) - \frac{p'(0) G(Y_{\mathcal{N}})}{q^2 \|Y\|_{q,\sigma_{TV}}^{q-1}}. \]

(A.14)

We next prove that $\Delta(t) \to 0$ as $t \to 0$. Let $\varepsilon > 0$ be such that

\[ 0 < \varepsilon < \min \left\{ \kappa, \eta, \frac{\lambda_{\min}(\Gamma_{\sigma_{TV}}(Y_{\mathcal{N}}))}{2} \right\} \]

(A.15)

where $\kappa$ is the parameter introduced in Lemma A.3 and $\lambda_{\min}(\Gamma_{\sigma_{TV}}(Y_{\mathcal{N}}))$ is the minimum eigenvalue of $\Gamma_{\sigma_{TV}}(Y_{\mathcal{N}})$. According to Lemma A.4, there exists $\delta > 0$ such that for every $0 < t < \delta$ there is an operator $A(t) \in \mathcal{N}(\mathcal{P}) \cap \mathcal{S}^{+}_{L_1(\sigma_{TV})}$ such that

\[ \|A(t) - Y_{\mathcal{N}}\|_{1,\sigma_{TV}} \leq \varepsilon \leq \kappa, \quad Y(t)_{(q,p(t)),\mathcal{N}} = \Phi(X(t), A(t), p(t)). \]

Then,

\[ \Delta(t) = \frac{1}{t} \left( \Phi(X(t), A(t), p(t)) - \|Y\|_{q,\sigma_{TV}} \right) - \frac{p'(0) G(Y_{\mathcal{N}})}{q^2 \|Y\|_{q,\sigma_{TV}}^{q-1}}. \]
\[
\begin{align*}
\frac{1}{t} \left( \Phi(X(t), A(t), p(t)) - \|Y\|_{q, \sigma_{TV}} - t \frac{p'(0) G(A(t))}{q^2 \|Y\|_{q, \sigma_{TV}}^{q-1}} \right) & \\
+ \frac{p'(0) (G(A(t)) - G(Y_N))}{q^2 \|Y\|_{q, \sigma_{TV}}^{q-1}}.
\end{align*}
\]

Since \( A(t) \in S(\varepsilon) \), Lemma A.3 implies that
\[
\left| \Phi(X(t), A(t), p(t)) - \|Y\|_{q, \sigma_{TV}} - t \frac{p'(0) G(A(t))}{q^2 \|Y\|_{q, \sigma_{TV}}^{q-1}} \right| \leq K t^2. \tag{A.16}
\]

Furthermore, from Eq. (A.7) and using Lemma 14 of \([6]\):
\[
|G(A(t)) - G(Y_N)| = \|Y\|_{q, \sigma_{TV}}^q D(\Gamma_{\sigma_{TV}}(Y_N)) \|\Gamma_{\sigma_{TV}}(A(t))\|_{1, \sigma_{TV}} \leq \frac{2 \|Y\|_{q, \sigma_{TV}}^q}{\lambda_{\min}(\Gamma_{\sigma_{TV}}(Y_N))} |Y_N - A(t)|_{1, \sigma_{TV}} \leq \frac{2 \|Y\|_{q, \sigma_{TV}}^q}{\lambda_{\min}(\Gamma_{\sigma_{TV}}(Y_N))} \varepsilon. \tag{A.17}
\]

Using (A.16) and (A.17), we obtain the bound
\[
|\Delta(t)| \leq K t + \frac{2 p'(0) \|Y\|_{q, \sigma_{TV}}}{\lambda_{\min}(\Gamma_{\sigma_{TV}}(Y_N)) q^2} \varepsilon, \tag{A.18}
\]
for all \( \varepsilon \) satisfying (A.15) and all \( 0 < t < \delta \). Therefore,
\[
\limsup_{t \to 0} |\Delta(t)| \leq \frac{2 p'(0) \|Y\|_{q, \sigma_{TV}}}{\lambda_{\min}(\Gamma_{\sigma_{TV}}(Y_N)) q^2} \varepsilon, \tag{A.19}
\]
and since \( \varepsilon \) may be arbitrarily small, we deduce that
\[
\limsup_{t \to 0} |\Delta(t)| = \lim_{t \to 0} |\Delta(t)| = 0. \]

\[ \square \]

B Toward the proof of Theorem 4.1(ii)

In this appendix, we define and study the properties of an object that turns out to be useful in the derivation of Theorem 4.1(ii): first define the following norm on operators \( A \in \mathcal{B}(\mathcal{H}) \):
\[
\|A\|_{1, \sigma_{TV}} := \|I\| \max_{i \in I} \|P_i A P_i\|_{1, \sigma_{TV}}.
\]

In what follows, we also denote by \( \tilde{S}^+_{L_1}(\sigma_{TV}) \) the set of positive definite operators \( A \) of norm \( \|A\|_{1, \sigma_{TV}} = 1 \). Now, given a positive semidefinite operator \( X \) and \( 1 \leq q < p \leq \infty \), let \( 1/r = 1/q - 1/p \) and
\[
\|X\|_{(q,p), N} := \inf_{A \in \mathcal{N}(p) \cap \tilde{S}^+_{L_1}(\sigma_{TV})} \left\| A^{-1/2r} X A^{-1/2r} \right\|_{p, \sigma_{TV}}. \tag{B.1}
\]

The following lemma is straightforward:
Lemma B.1. For all \( X \) positive semidefinite, and any \( 1 \leq q < p \leq \infty \), \( \| X \|_{(q,p), N} \geq \| X \|_{(q,p), N} \) and equality holds whenever \( |I| = 1 \). Moreover, the optimum in Eq. (B.1) is attained on the subset of positive definite operators \( A \in \mathcal{N}(\mathcal{P}) \) such that \( \| P_i A P_i \|_{1, \sigma_{TV}} = \frac{1}{|I|} \) for all \( i \in I \).

Proof. The second part of the lemma follows from the observation that for any \( \in \mathbb{N} \)
\( A \). The quantity defined in Eq. (B.1).

Let \( \text{Proposition B.2.} \)
\( \text{respectively generalize Lemmas 12 and 13 of [6] to the non unital case and for} \)
\( |I| \geq 1 \). In order to prove these results, we first need to extend Lemmas A.3 A.4 to the quantity defined in Eq. (B.1).

\( \text{Proposition B.2.} \) Let \( q \geq 1 \), \( [0, \infty) \ni t \mapsto p(t) \) by a twice continuously differentiable increasing function with \( p(0) = q \) and \( [0, \infty) \ni Y(t) \) be a twice continuous differentiable positive semidefinite matrix-valued function with \( Y(0) = Y \), and for any \( \kappa > 0 \), define \( \tilde{S}(\kappa) := \mathcal{N}(\mathcal{P}) \cap \{ B > 0, \| B \|_{1, \sigma_{TV}} = 1, \| B - \tilde{Y}_N \|_{1, \sigma_{TV}} \leq \kappa \} \), where

\[ \tilde{Y}_N := \sum_{i \in I} \frac{P_i E_N[I_{1,q}(Y)] P_i}{|I| \text{Tr}[P_i (\Gamma^\frac{1}{\sigma_{TV}}(Y))^q P_i]} \]

Then, there exists \( \tilde{\kappa} > 0 \) and \( \tilde{K} > 0 \) such that for all \( t \geq 0 \) and \( A \in \tilde{S}(\tilde{\kappa}) \),

\[ \Phi(\Gamma^\frac{1}{\sigma_{TV}}(Y(t)), A, p(t)) - \| Y \|_{q, \sigma_{TV}} - t \frac{p'(0)G(A)}{q^2} \| Y \|_{q, \sigma_{TV}} \leq \tilde{K} t^2, \]  

where \( G(A) \) is defined in Eq. (A.5). Moreover, for any \( \tilde{\varepsilon} \leq \tilde{\kappa} \), there exists \( \tilde{\delta} > 0 \) such that for all \( t \in [0, \tilde{\delta}] \) there is \( A(t) \in \mathcal{N}(\mathcal{P}) \cap \tilde{S}_{L_1(\sigma_{TV})}^{+} \) satisfying

\[ \| Y(t) \|_{(q,p), N} = \Phi(\Gamma^\frac{1}{\sigma_{TV}}(Y(t)), A(t), p(t)), \| \tilde{Y}_N - A(t) \|_{1, \sigma_{TV}} \leq \tilde{\varepsilon}. \]  

Proof. The proof of (B.2) follows the exact same lines as the proof of Lemma A.3. Now, let \( X(t) := \Gamma^\frac{1}{\sigma_{TV}}(Y(t))^{p(t)} \) and given \( \tilde{\varepsilon} \leq \tilde{\kappa} \), choose \( \tilde{\delta}' > 0 \) satisfying

\[ \tilde{\delta}' < \frac{\tilde{\varepsilon}^2 \min_{j \in I} \text{Tr}(P_j \Gamma^\frac{1}{\sigma_{TV}}(Y)^q P_j) p'(0)}{4 \tilde{K} q^2 \| Y \|_{q, \sigma_{TV}}}. \]

Then, we have

\[ \tilde{S}(\tilde{\varepsilon}) \subset \tilde{S}(\tilde{\kappa}) \subset \mathcal{N}(\mathcal{P}) \cap \tilde{S}_{L_1(\sigma_{TV})}^{+}. \]
Suppose that $A$ belongs to the boundary of $\bar{S}(\bar{\varepsilon})$, so that
\[
\left\| \bar{Y}_N - A \right\|_{1, \sigma_{TV}} = \bar{\varepsilon}.
\]
Hence, as in the proof of Lemma A.2, we can show that
\[
G(A) - G(\bar{Y}_N) = \text{Tr} \left( \Gamma_{\sigma_{TV}}^{1/2} (Y)^q \ln \bar{Y}_N - \ln A \right)
= \sum_{i \in I} \text{Tr} \left( E_{N^*}[P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i](\ln \bar{Y}_N - \ln A) \right).
\]
Now, define for any $i \in I$ the states $\sigma_i := |I| P_i \sigma_{TV}^{1/2} A \sigma_{TV}^{1/2} P_i$ and $\eta_i := |I| P_i \sigma_{TV}^{1/2} \bar{Y}_N \sigma_{TV}^{1/2} P_i$, one can easily verify that $E_{N^*}[P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i] = \text{Tr}(P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i) \eta_i$, so that
\[
G(A) - G(\bar{Y}_N) = \sum_{i \in I} \text{Tr}(E_{N^*}[P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i](\ln \eta_i - \ln \sigma_i))
= \sum_{i \in I} \text{Tr}(P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i) D(\eta_i \| \sigma_i)
\geq \frac{1}{2} \sum_{i \in I} \text{Tr}(P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i) \left\| \eta_i - \sigma_i \right\|^2
= \frac{|I|^2}{2} \sum_{i \in I} \text{Tr}(P_i \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_i) \left\| P_i A P_i - P_i \bar{Y}_N P_i \right\|_{1, \sigma_{TV}}^2
\geq \frac{|I|^2}{2} \min_{j \in I} \text{Tr}(P_j \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_j) \sum_{i \in I} \left\| P_i A P_i - P_i \bar{Y}_N P_i \right\|_{1, \sigma_{TV}}^2
\geq \frac{1}{2} \min_{j \in I} \text{Tr}(P_j \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_j) \left\| A - \bar{Y}_N \right\|^2_{1, \sigma_{TV}}
\geq \frac{\bar{\varepsilon}^2}{2} \min_{j \in I} \text{Tr}(P_j \Gamma_{\sigma_{TV}}^{1/2} (Y)^q P_j),
\]
where we used Pinsker’s inequality on the third line above. Following the steps of the proof of (A.10), we can show from (B.2) that for all $0 \leq t \leq \bar{\delta}$,
\[
\Phi(X(t), A, p(t)) > \| Y \|_{q, \sigma_{TV}} + t \left\| p'(0) G(\bar{Y}_N) \right\|_{q, \sigma_{TV}} + \tilde{K} t^2.
\]
This, together with another use of (B.2) applied to $A = \bar{Y}_N$ implies that
\[
\Phi(X(t), \bar{Y}_N, p(t)) < \Phi(X(t), A, p(t)).
\]
The rest of the proof follows similarly to the proof of Lemma A.4. \hfill \Box

**Lemma B.3.** Let $Y \in \mathcal{B}(\mathcal{H})$ positive definite and for $1 \leq q < p \leq \infty$, let $\frac{1}{r} := \frac{1}{q} - \frac{1}{p}$. Then, the function $\Psi(Y, \rho, p) : A \mapsto \| A^{1-2r} Y A^{-1} \|_{p, \sigma_{TV}}$ is strictly convex. Moreover, there exists a unique $B \in \mathcal{N}(\mathcal{P}) \cap \tilde{S}^+_1(\sigma_{TV})$ such that
\[
\Psi(Y, B, p) = \| Y \|_{(q, p), \mathcal{N}}.
\] (B.4)
Moreover, the optimizer $\hat{A}$ of Eq. (B.4) satisfies the following constraint

$$P_i \hat{A} P_i = \frac{P_i E_N \left[I_{1,p}(\hat{A}^{-1/2r} Y \hat{A}^{-1/2r})\right] P_i}{|I| \text{Tr} \left[ P_i \left( \Gamma_{\sigma_{Ty}}^{1/2} (\hat{A}^{-1/2r} Y \hat{A}^{-1/2r})\right)^p \right] P_i}.$$  \hspace{1cm} (B.5)

**Proof.** Following the exact same steps as in the proof of Lemma 12 of [6], one can show that the function

$$\Phi(X, \ldots, p) : A \mapsto \|A^{-1/2r} X A^{-1/2r}\|_p$$

is strictly convex. Let $X = \Gamma_{\sigma_{Ty}}^{1/2}(Y)$. The first point then follows from the observation that $[A, \sigma_{Ty}] = 0$ for $A \in \mathcal{N}(\mathcal{P})$, so that $\Psi(Y, A, p) = \Phi(X, A, p)$. The fact that the infimum is achieved at a unique point $\hat{A}$ also follows from the same lemma. Now, we prove Eq. (B.5). Let $A \in \mathcal{N}(\mathcal{P})$ such that for all $i \in I$, $\text{Tr}(P_i \hat{A} P_i) = \frac{1}{|I|}$. Moreover, let $D \in \mathcal{N}(\mathcal{P})$ be a self-adjoint operator such that $\text{Tr}(\sigma_{Ty} P_i D P_i) = 0$ for all $i \in I$. Then, it follows that for any $x \in \mathbb{R}$ sufficiently small, $A(x) := A + xD$ satisfies the same constraints as $A$. Let $B(x) := X^{\frac{s}{2}} A(x)^{-\frac{s}{2}}$ and $C(x) := A(x)^{\frac{s}{2}} \frac{d}{dx} A(x)^{-\frac{s}{2}} \in \mathcal{N}(\mathcal{P})$, where $s = 1/r$. Then, the minimum is achieved at $A$ if for any such $D$,

$$0 = \left. \frac{d}{dx} \right|_{x=0} \Phi(X, A(x), p)^p = \left. \frac{d}{dx} \right|_{x=0} \text{Tr} \left[ (B(x)^* B(x))^p \right] = p \text{Tr} \left[ (B(0)^* B(0))^p - 1 (B(0)^* B(0) C(0) + C(0)^* B(0)^* B(0)) \right] = p \langle \Gamma_{\sigma_{Ty}}^{-1} ((B(0)^* B(0))^p), (C(0) + C(0)^*) \rangle_{\sigma_{Ty}} = p \langle E_N \left[ \Gamma_{\sigma_{Ty}}^{-1} ((B(0)^* B(0))^p) \right], (C(0) + C(0)^*) \rangle_{\sigma_{Ty}} = p \langle A^{-1/2} E_N \left[ \Gamma_{\sigma_{Ty}}^{-1} ((B(0)^* B(0))^p) \right], A^{-1/2}, \Lambda_A(D) \rangle_{\sigma_{Ty}},$$

where $D \mapsto \Lambda_A(D) := A^{1/2} (C(0) + C(0)^*) A^{1/2}$ maps the space of Hermitian operators $D$ in $\mathcal{N}(\mathcal{P})$ such that $\text{Tr}[\sigma_{Ty} P_i D P_i] = 0$ for all block $i \in I$ onto itself. Indeed, for any such $D$,

$$\text{Tr}[\sigma_{Ty} P_i \Lambda_A(D) P_i] = 2 \text{Tr} \sigma_{Ty} P_i A^{s/2+1} \left. \frac{d}{dx} \right|_{x=0} (A(x)^{-s/2}) P_i = 2 \text{Tr} \sigma_{Ty} P_i A^{s/2+1} (-s/2) A^{-s/2-1} D P_i = -s \text{Tr} \left[ \sigma_{Ty} P_i D P_i \right] = 0.$$

Moreover, the map $D \mapsto \Lambda_A(D)$ is onto. To show this, we extend the definition of this map to a linear operator $\hat{\Lambda}_A$ on the whole space of self-adjoint operators in $\mathcal{N}(\mathcal{P})$ and prove that $\hat{\Lambda}_A$ is onto. First, notice that $D \mapsto D^{-s/2}$ is one-to-one on the set of positive definite matrices in $\mathcal{N}(\mathcal{P})$, and hence its differential at
Lemma B.4. Given after rearranging the terms in Eq. (B.9).

Now prove the continuity of hence uniformly bounded on \( \tilde{s} \) defined in Eq. (A.1). For any \( \tilde{D} \) defined in Eq. (A.1),

\[
\left\langle A^{-1/2} E_N[\Gamma_{\sigma_{TV}}^{-1}((B(0)^*B(0))^p)]A^{-1/2}, D \right\rangle_{\sigma_{TV}} = 0. \tag{B.8}
\]

Thus, in each block \( i \in I \), \( P_i A^{-1/2} E_N[\Gamma_{\sigma_{TV}}^{-1}((B(0)^*B(0))^p)]A^{-1/2} P_i \) is a multiple of the identity:

\[
P_i E_N[\Gamma_{\sigma_{TV}}^{-1}((B(0)^*B(0))^p)] P_i = c_i P_i A P_i, \quad c_i \in \mathbb{R}.
\]

Replacing \( B(0) \) by its definition we find

\[
P_i E_N[I_{1,p} \tilde{A}^{-1/2r} Y \tilde{A}^{-1/2r}] P_i = c_i P_i A P_i. \tag{B.9}
\]

Finally, the multiplicative factors \( c_i \) are found after tracing Eq. (B.9) against \( \sigma_{TV} \), using the fact that \( \text{Tr}(\sigma_{TV} P_i A P_i) = \frac{1}{|I|} \) for all \( i \in I \), and Eq. (B.5) follows after rearranging the terms in Eq. (B.9).

\[
\Box
\]

Lemma B.4. Given \( X \in \mathcal{B}(\mathcal{H}) \) positive definite and \( q \geq 1 \), the function

\[
[0, \infty) \ni t \mapsto \varphi(t) := \| P_i(Y) \|_{(q,p(t)),\mathcal{N}} \equiv \Phi(X(t), \tilde{A}(t), p(t))
\]

is continuous on \([0, \infty)\), for \( p(t) := 1 + (q - 1)e^{2t/c} \), where \( \Phi \) is the map defined in Eq. (A.1), \( X(t) \equiv \Gamma_{\sigma_{TV}}^{p(t)}(P(Y)) \) and \( \tilde{A}(t) \) is the optimizer obtained in Lemma B.3.

Proof. From (B.2), there exist \( \bar{k} > 0 \) and \( \bar{K} < \infty \), such that for all \( t \in [0, \infty) \) and \( A \in \mathcal{S}(\bar{k}) \),

\[
|\Phi(X(t), A, p(t)) - \| Y \|_{q,\sigma_{TV}}| \leq t \frac{p'(0)G(A)}{q^2\| Y \|_{q,\sigma_{TV}}} + K t^2.
\]

Moreover, from the second part of Proposition B.2 we know that, for sufficiently small \( t \), the optimizer \( \tilde{A}(t) \) is in \( \mathcal{S}(\bar{k}) \). Since \( \varphi(0) = \| Y \|_{q,\sigma_{TV}} \), the above inequality implies

\[
|\varphi(t) - \varphi(0)| \leq t \frac{p'(0)G(\tilde{A}(t))}{q^2\| Y \|_{q,\sigma_{TV}}} + K t^2.
\]

By definition, the map \( A \mapsto G(A) \) defined in Eq. (A.5) is continuous, and hence uniformly bounded on \( \mathcal{S}(\bar{k}) \). Hence, the continuity of \( \varphi \) at 0 follows. We now prove the continuity of \( \varphi \) at \( t_0 > 0 \). For any \( 0 < a < t_0 < b, t \in [a, b] \) and \( s(t) = \frac{1}{q} - \frac{1}{p(t)} \),

\[
\varphi(t) = \Phi(X(t), \tilde{A}(t), p(t))
\]
\[
= \| \tilde{A}(t)^{-s(t)/2} X(t) \tilde{A}(t)^{-s(t)/2} \|_{p(t)}
\]
\[
\geq \| \tilde{A}(t)^{-s(t)} \|_{p(t),\sigma_{TV}} \| P(Y)^{-1/2} \|_{\infty}^2.
\]
Proposition 6.1: Lemma C.1. For any \( \lambda_{\min}(\tilde{A}(t)) \) is the minimum eigenvalue of \( \tilde{A}(t) \). On the other hand, 
\[
\varphi(t) = \inf_A \Phi(X(t), A, p(t)) \leq \Phi(X(t), \mathbb{I}, p(t)) = \|X(t)\|_{p(t)} \leq \|P_t(Y)\|_{p(t), \sigma_{T^2}} \leq \|P_t(Y)\|_{\infty}.
\]
Together with the previous bound, we arrive at
\[
\lambda_{\min}(\tilde{A}(t))^{-s(t)} \leq \lambda_{\min}(\tilde{A}(t))^{-s(t)} \leq \lambda_{\min}(\sigma_{T^2})\|P_t(Y)\|_{-1/2, \infty}^2 \|P_t(Y)\|_{\infty}.
\]
Above, we used that \( t \mapsto s(t) \) increases, as well as the fact that \( \lambda_{\min}(\tilde{A}(t)) \leq 1 \), since \( \|\tilde{A}(t)\|_{1, \sigma_{T^2}} = 1 \). By continuity of \( t \mapsto P_t(Y) \), the right hand side of the above chain of inequalities is uniformly bounded by some positive constant \( C > 0 \) over the interval \( [a, b] \). Therefore, \( \tilde{A}(t) \) belongs to the compact set \( \mathcal{R} := N(\mathcal{P}) \cap \{ B > 0, \|B\|_{1, \sigma_{T^2}} = 1, \lambda_{\min}(B) \geq C^{-1/(s(a))} \} \). The function \( (t, A) \mapsto \Phi(X(t), A, p(t)) \) restricted to the compact set \( [a, b] \times \mathcal{R} \) is uniformly continuous, which means that for any \( \varepsilon > 0 \), there exists \( \delta > 0 \) such that for all \( t, t' \in [a, b] \) such that \( |t - t'| \leq \delta \), and any \( A \in \mathcal{R} \),
\[
|\Phi(X(t), A, p(t)) - \Phi(t', A, p(t'))| \leq \varepsilon.
\]
Therefore,
\[
\varphi(t) = \Phi(X(t), \tilde{A}(t), p(t)) \leq \Phi(X(t), \tilde{A}(t'), p(t)) \leq \Phi(X(t'), \tilde{A}(t'), p(t')) + \varepsilon = \varphi(t') + \varepsilon.
\]
Conversely, \( \varphi(t') \leq \varphi(t) + \varepsilon \). Thus, \( |\varphi(t) - \varphi(t')| \leq \varepsilon \) for all \( |t - t'| \leq \delta \). We established the continuity of \( \varphi \) on the interval \( [a, b] \), and hence at the point \( t = t_0 \in [a, b] \).

\[\square\]

C.1 Some norm estimates

In this appendix, we discuss how our results, in particular Theorem 4.1, can be applied to obtain some estimations on the amalgamated \( \mathbb{I}_p \) norms. Consider a subalgebra \( \mathcal{N} \) of \( \mathcal{B}(\mathcal{H}) \) for some finite dimensional Hilbert space \( \mathcal{H} \) and let \( E_{\mathcal{N}} \) be a conditional expectation from \( \mathcal{B}(\mathcal{H}) \) to \( \mathcal{N} \). We can define \( \sigma_{T^2} \) by Eq. (2.7) and subsequently the norms \( \|\cdot\|_{(p,q), \mathcal{N}} \) as in Eqs. (2.25) and (2.26). In Corollary 4.10, we use that for any \( p \geq 2 \):
\[
\|\text{id}\|_{(2,2)\rightarrow(2,p), \mathcal{N}} \leq \|\text{id}\|_{2\rightarrow p, \sigma_{T^2}} = \|\sigma_{T^2}^{-1}\|_{\infty}^{1 - \frac{1}{p}}.
\]
Using the Riesz–Thorin interpolation Theorem and that \( \text{id} \) is contractive for \( \|\cdot\|_{(2,q), \mathcal{N}} \), this implies the following estimate that we used in the proof of Proposition 6.1:

**Lemma C.1.** For any \( 2 \leq p \leq q \leq \infty \),
\[
\|\text{id}\|_{(2,p)\rightarrow(2,q), \mathcal{N}} \leq \|\sigma_{T^2}^{-1}\|_{\infty}^{\frac{1}{q} - \frac{1}{p}}.
\]
In general, the bound given by (C.1) can be very bad. In the bipartite scenario where \( \mathcal{H} = \mathcal{H}_A \otimes \mathcal{H}_B, \mathcal{N} = \mathcal{B}(\mathcal{H}_A) \otimes \mathcal{I}_{\mathcal{H}_B} \) and \( \sigma_{\text{Tr}} = \frac{1}{d_{\mathcal{H}_A}} \otimes \sigma \) for some full-rank density matrix \( \sigma \), one can get the better bound

**Lemma C.2.** For any \( 2 \leq p \leq \infty \),

\[
\|\text{id}_{\mathcal{B}(\mathcal{H})}\|_{(2,2) \to (2,p), \mathcal{N}} \leq \|\text{id}_{\mathcal{B}(\mathcal{H}_B)}\|_{2 \to p, \text{CB}, \sigma} \leq \|\sigma^{-1}\|_{\infty}^{1 - \frac{1}{p}}. \tag{C.3}
\]

In particular, the outer bound does not depend on \( \mathcal{H}_A \).

**Proof.** The first inequality is obvious by definition of the weighted CB norms. For the second inequality, it is enough to prove that for all \( \mathcal{H}_A \),

\[
\|\text{id}_{\mathcal{B}(\mathcal{H})}\|_{(2,2) \to (2,p), \mathcal{N}} \leq \|\sigma^{-1}\|_{\infty}^{1 - \frac{1}{p}} \tag{C.4}
\]

Now, for any fixed \( \mathcal{H}_A \) and \( \frac{1}{r} = \frac{1}{2} - \frac{1}{p} \),

\[
\begin{align*}
\|\text{id}_{\mathcal{B}(\mathcal{H})}\|_{(2,2) \to (2,p), \mathcal{N}} &= \sup_{X \in B_{sa}^+(\mathcal{H})} \frac{\|X\|_{(2,2), \mathcal{N}}}{\|X\|_{2, \frac{1}{r} \mathcal{H}_A \otimes \sigma}} \\
&= \sup_{X \in B_{sa}^+(\mathcal{H})} \inf_{A \in \mathcal{B}(\mathcal{H}_A)} \frac{\|(A \otimes \mathcal{I}_{\mathcal{H}_B})^{-1} X (A \otimes \mathcal{I}_{\mathcal{H}_B})^{-1}\|_{p, \frac{1}{r} \mathcal{H}_A \otimes \sigma} \|A\|_{2, \frac{1}{r} \mathcal{H}_A \otimes \sigma}}{\|X\|_{2, \frac{1}{r} \mathcal{H}_A \otimes \sigma}},
\end{align*}
\]

where we recall that \( B_{sa}^+(\mathcal{H}) \) is the cone of positive semidefinite operators on \( \mathcal{H} \). The fact that the supremum is achieved by an element of this cone is a consequence of Theorem 12 in [20]. Assuming \( p = \infty \), the above right hand side is bounded by

\[
\sup_{X \in B_{sa}^+(\mathcal{H})} \frac{\|X\|_{(2,\infty), \mathcal{N}}}{\|X\|_{2, \frac{1}{r} \mathcal{H}_A \otimes \sigma}} = \sigma_{\text{min}}^{-1/2} \sup_{X \in B_{sa}^+(\mathcal{H})} \frac{1}{\|X\|_{2}} \inf_{A \in \mathcal{B}(\mathcal{H}_A)} \|(A \otimes \mathcal{I}_{\mathcal{H}_B})^{-1} X (A \otimes \mathcal{I}_{\mathcal{H}_B})^{-1}\|_{\infty} \|A\|_{2r}^{2r} \leq \sigma_{\text{min}}^{-1/2} \|\text{id}\|_{2 \to \infty, \text{CB}} \leq \sigma_{\text{min}}^{-1/2}
\]

where \( \|X\|_{(2,\infty)} \) denotes the (unnormalized) \( (2,\infty) \) norm of Pisier [56], and \( \|\cdot\|_{2 \to \infty, \text{CB}} \) the corresponding CB norm. We conclude by interpolating for fixed \( \mathcal{H}_A \) at the level of Eq. (C.4), since \( \|\text{id}_{\mathcal{B}(\mathcal{H})}\|_{2 \to 2, \sigma_{\text{Tr}}} = 1 \). \qed

One could hope to improve this bound by applying Theorem 4.1 to the trivial QMS \( (P_t)_{t \geq 0} = \text{id} \).
Proposition C.3. (i) Assume that \( \| \text{id} \|_{(2,2) \rightarrow (2,p), N} \leq C^{\frac{1}{2} - \frac{1}{p}} \) for some \( C > 0 \) and for all \( p \geq 2 \). Then, \( D(\rho \| E_{N^*}[\rho]) \leq \log C \) for any density matrix \( \rho \in \mathcal{D}(\mathcal{H}) \).

(ii) Conversely, assume that there exists a \( C > 0 \) such that \( D(\rho \| E_{N^*}[\rho]) \leq \log C \) for all density matrix \( \rho \in \mathcal{D}(\mathcal{H}) \). Then for any \( p \geq 2 \)

\[
\| \text{id} \|_{(2,2) \rightarrow (2,p), N} \leq (|I| C)^{\frac{1}{2} - \frac{1}{p}}
\]

where \( |I| \) is the number of blocks in the decomposition 2.9 of \( N \).

Remark C.4. In the proposition, we ask that \( \| \text{id} \|_{(2,2) \rightarrow (2,p), N} \leq C^{\frac{1}{2} - \frac{1}{p}} \) for all \( p \geq 2 \). This is actually not needed, as by the Riesz–Thorin interpolation Theorem this is equivalent to

\[
\| \text{id} \|_{(1,1) \rightarrow (1,\infty), N} \leq C.
\]

We see here that it is central that the norms we use form an interpolating family of norms.

The last proposition is not optimal, which indicates that point (ii) in Theorem 4.1 may also not be, even for a non-trivial evolution. To see this, consider the situation where \( N \) is the algebra of diagonal operators in some orthonormal basis. In this case \( |I| \) is equal to the dimension \( d_\mathcal{H} \) of the Hilbert space \( \mathcal{H} \) (the converse is also true: if \( |I| = d_\mathcal{H} \) then \( N \) is commutative maximal).

In this case \( D(\rho \| E_{N^*}[\rho]) \leq \log d_\mathcal{H} \), with equality for the maximally coherent state \( \Omega \):

\[
\Omega = \frac{1}{d_\mathcal{H}} \sum_{i,j=1}^{d_\mathcal{H}} |e_i \langle e_j|,
\]

where \( (e_i)_{i=1,...,d_\mathcal{H}} \) is the orthonormal basis in which the operators in \( N \) are diagonal. It means that Eq. (C.2) saturates and that the implication in Proposition C.3 (i) becomes an equivalence.

So far we only focus on the norm \( \| \text{id} \|_{(2,2) \rightarrow (2,p), N} \) for different value of \( p \). In Sect. 6, however, we need the other kind of estimate, i.e., when the first parameter varies. In this case, we can prove the following.

Proposition C.5. For all \( 1 \leq p \leq q \), we have

\[
\| \text{id} \|_{(p,q) \rightarrow (q,q), N} = \left( \max_{i \in I} d_\mathcal{H}_i \right)^{\frac{1}{p} - \frac{1}{q} },
\]

where the \( d_\mathcal{H}_i \) are the dimensions of the spaces \( \mathcal{H}_i \) occurring in the decomposition of \( N(P) \) given by (2.9). For \( p = 2 \) and \( q = \infty \), this yields

\[
\| \text{id} \|_{(2,\infty) \rightarrow (\infty,\infty), N} \leq \max_{i \in I} \sqrt{d_\mathcal{H}_i}. \]

Proof. Because of the two following trivial norm estimates

\[
\| \text{id} \|_{\infty \rightarrow \infty} \leq 1,
\]

\[
\| \text{id} \|_{1 \rightarrow 1, \sigma_T} \leq 1
\]
and by applying twice the Riesz–Thorin interpolation Theorem (one for the first parameter and then one for the second), it is enough to prove
\[ \|id\|_{(1,\infty)\to(\infty,\infty),\mathcal{N}} \leq \max_{i\in I} d_{\mathcal{H}_i}. \]
But by duality, this is the same as
\[ \|id\|_{(1,1)\to(\infty,1),\mathcal{N}} \leq \max_{i\in I} d_{\mathcal{H}_i}. \]
Let \( X \in \mathcal{B}(\mathcal{H}) \) be positive semi-definite and fix \( \varepsilon > 0 \). Then, there exists a positive definite \( A \in \mathcal{N}(\mathcal{P}) \) with \( \|A\|_{1,\sigma_{\text{Tr}}} = 1 \) such that:
\[
\|X\|_{(\infty,1),\mathcal{N}} \leq \left\| A^\frac{1}{2} X A^\frac{1}{2} \right\|_{1,\sigma_{\text{Tr}}} + \varepsilon
= \text{Tr} [A \sigma_{\text{Tr}} X] + \varepsilon
\leq \|A\|_{\infty} \|X\|_{1,\sigma_{\text{Tr}}} + \varepsilon,
\]
where in the last line we use Hölder’s inequality. As \( A \in \mathcal{N}(\mathcal{P}) \) and according to the decomposition of the algebra given in Eq. (2.9), it can be written as
\[
A = \sum_{i\in I} A_i \otimes \mathbb{1}_{\mathcal{K}_i},
\]
with \( A_i \in \mathcal{B}(\mathcal{H}_i) \). Then, we have
\[
\|A\|_{\infty} = \sum_{i\in I} \|A_i\|_{\infty}
\leq \sum_{i\in I} d_{\mathcal{H}_i} \|A_i\|_{1,\frac{i_{\mathcal{H}_i}}{\sigma_{\mathcal{H}_i}}}
\leq \max_{i\in I} d_{\mathcal{H}_i},
\]
where in the last line we use that \( \|A\|_{1,\sigma_{\text{Tr}}} = 1 \). This concludes the proof. \( \square \)

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