AMPK signaling in neuronal polarization
Putting the brakes on axonal traffic of PI3-Kinase

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Neuronal polarization, the process by which neurons form multiple dendrites and an axon from the soma, is the first critical step in the formation and function of neural networks. Polarization begins with the rapid extension of a single neurite to produce an axon of impressive size and complex geometry, while the remaining sister neurites differentiate into dendrites. The extensive biosynthesis required to produce an axon therefore necessitates coordination with cellular energy status to ensure an ample energy supply. Our recent work shows that activity of the AMP-activated protein kinase (AMPK), the bio-energy sensor responsible for maintaining cellular energy homeostasis in all eukaryotic cells, plays an important role in the initiation of axonal growth. AMPK phosphorylates the cargo-binding light chain of the Kif5 motor protein, leading to dissociation of the phosphatidylinositol 3-Kinase (PI3K) from the motor complex. The mislocation of PI3K, which is normally enriched at the axonal tip for extension and differentiation, results in a lack of neurite specification and neuron polarization. These findings reveal a link between cellular bioenergy homeostasis and neuron morphogenesis, and suggest a novel cellular mechanism underlying the long-term neurological abnormalities as a consequence of bioenergy deficiency during early brain development.

Underlying biological functions is the ability of the cell to drive processes against their equilibrium. In evolving this ability, cells possess the capacity to adapt and thrive under staggeringly varied conditions and orchestrate multicellular life. However, driving thermodynamically unfavorable reactions does not come easily and requires a significant input of energy. In the case of the cell, energetic input is achieved by the hydrolysis of adenosine triphosphate (ATP), a molecule used for the storage and transport of cellular energy. In order for this system to function efficiently, a reliable energy supply must exist, enabling the cell to instantly respond to extracellular stimuli. In light of this, eukaryotic cells have evolved AMP-activated protein kinase (AMPK). Originally identified as a protein activated by adenosine monophosphate (AMP) and capable of inactivating enzymes involved in lipid synthesis, AMPK has emerged as a major regulator of energy homeostasis in all eukaryotic cells.1

AMPK is activated in response to metabolic and environmental stresses that deplete ATP and functions in energy homeostasis by inhibiting ATP consuming anabolic processes, while simultaneously promoting ATP generating catabolic processes to produce ATP. While common targets of AMPK include enzymes of major metabolic processes, such as glycolysis and fatty acid oxidation,2 AMPK is also capable of affecting the transcription of proteins involved in energy production and consumption through phosphorylation of various transcription factors,3 thereby enabling AMPK to exert long-term effects on energy expenditure.

**AMPK Structure and Activation**
AMPK is a heterotrimeric protein that consists of an α, β and γ subunit in equal stoichiometry. The α subunit constitutes the catalytic domain, conferring kinase activity, while the γ subunit enables AMPK to monitor cellular energy status through two AMP/ATP binding domains, referred to as Bateman domains, that bind AMP or ATP in a mutually exclusive manner.4,6 The hydrolysis of ATP, needed for driving thermodynamically unfavorable processes, results in the formation of adenosine monophosphate (AMP). Therefore, high concentrations of AMP serve as a signal of increased energy expenditure and promote the binding of AMP to the Bateman domains. AMP binding causes AMPK to undergo a conformational change, exposing an activation loop of the α subunit, allowing phosphorylation on Threonine172 by upstream kinases, referred to as AMPK kinases (AMPKKGs), resulting in a 50–100-fold increase in the catalytic activity of AMPK.7 Conversely, a high concentration of intracellular ATP, characteristic of ample energy reserves, promotes ATP/Bateman domain binding and produces an antagonistic effect on AMPK activation.1,8

**AMPK in Neuronal Polarization**
Unlike other eukaryotic cell types, neurons must undergo a process of morphological polarization in order to function properly. This process entails the selection and differentiation of multiple dendrites and an axon from a single cell body, which is required for neurons to send and receive information, providing the foundation for the function of neural networks. Neuronal polarization begins with the rapid extension of a single minor neurite into an axon of remarkable size and complex geometry, while the remaining sister neurites will eventually develop into...
The scale of biosynthesis required for axonal growth and thereby polarization, necessitates increased protein and membrane synthesis, in addition to the intracellular delivery of these building blocks to the growing axon tip. Considering the degree of ATP consumption involved in axon formation, AMPK is likely to be involved in the regulation of neuronal polarization.

Our recent study has demonstrated that pharmacological activation of AMPK, mimicking energy lacking conditions, during the transition from the symmetric stage 2 to the polarizing stage 3, where the initial signals for axon specification are starting to occur, effectively inhibits axon specification and neuronal polarization in both cultured embryonic hippocampal neurons and embryonic cortical brain slices. Mechanistically, we show that direct phosphorylation of the kinesin light chain of the motor protein, Kif5, results in a dissociation between the motor complex and its PI3K cargo, thereby preventing PI3K enrichment at the neurite tip, a key mechanism in axon selection and growth (Fig. 1A and B). Importantly, expression of a kinase dead AMPK mutant (AMPK KD) can rescue polarity in cultured hippocampal neurons and cortical brain slices, regardless of AICAR treatment, indicating that AMPK upregulation, but not its basal activity, regulates neuron polarization (Fig. 1C).

Consistent with this note, a recent study by Williams et al. has shown that genetic knockout of both AMPK α1/α2 catalytic isoforms in mice had no effect on cortical neurogenesis or polarization. To indicate clinical significance, we find that brief ischemia challenge during neuronal development causes phosphorylation of AMPK and inhibition of neuronal polarization in cultured hippocampal neurons. Similarly, expression of AMPK KD successfully rescued polarity in ischemia treated neurons, concluding that ischemia induced polarity inhibition is directly mediated by AMPK.

Intriguing to this work is the fact that the serine/threonine kinase, LKB1, the major upstream activator of AMPK in peripheral cells, is required for successful polarization of neurons. However, despite the fact that both LKB1 and AMPK are expressed in nervous tissue, studies have indicated that LKB1 may not be the major regulator of AMPK phosphorylation within the brain. For example, under basal conditions, LKB1-deficient cortical neurons show no deficit in phosphorylated AMPK when compared with wild-type cells, indicating an alternative means of AMPK phosphorylation. However, it is possible that regulation of AMPK by LKB1 is restricted to periods of energetic stress, when AMP binding has exposed the

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**Figure 1.** Schematic illustration depicting the mechanism of AMPK dependent polarity inhibition. (A) Under normal energy conditions AMPK exists in an unphosphorylated/inactive state and PI3K is transported to the neurite tip via a physical association with the kif5 cargo adaptor, KLC. The accumulation of PI3K at a single neurite tip promotes the signaling responsible for axon initiation and growth. (B) Under energy-lacking conditions, AMP binds to AMPK, producing a conformational change in the kinase, allowing phospho-activation of AMPK by upstream kinases (AMPKK). AMPK caused KLC phosphorylation dissociates PI3K, resulting in a loss of PI3K from the neurite tip and an inhibition of neuronal polarization. (C) Cultured hippocampal neurons are transfected with GFP for visualization. Control neuron shows typical single axon (left), which is missing in a neuron treated with AMPK activator AICAR (middle). Expression of kinase dead (KD) AMPK rescues polarity in the AICAR treated neuron. Scale bar = 20 μm.
AMPK in Neuronal Glucose Uptake

Despite the ability of AMPK to inhibit PI3K localization at the neurite tip, AICAR treatment marks a caused increase in phosphorylated Akt. This effect results directly from AMPK activation, as introduction of the AMPK antagonist successfully blocks AICAR-induced Akt phosphorylation. Furthermore, addition of a PI3K inhibitor also abolishes AICAR-induced Akt phosphorylation, indicating that the AMPK effect on Akt activation is mediated via PI3K. Although the physiological role of AMPK-dependent PI3K/Akt activation remains to be investigated, we hypothesize that it may represent a mechanism for stimulating ATP production. Specifically, AMPK has previously been characterized as an upstream regulator of glucose uptake in neurons, a mechanism that involves translocation of the glucose transporter, GLUT3, to the surface membrane. Similarly, insulin-like growth factor 1 (IGF1) has also been implicated in the regulation of glucose uptake in the brain and binds to receptor tyrosine kinases that associate with insulin receptor substrate (IRS-1), a known upstream activator of the PI3K/Akt signaling cascade. Interestingly, AMPK has been observed to phosphorylate IRS-1, the most upstream component in the PI3K signaling pathway, in cell free assays and mouse myocardial C2C12 cell lines in response to AICAR treatment, suggesting IRS-1 as the intermediate factor linking AMPK to PI3K/Akt activation.

Clinical Significance

The ability of AMPK to suppress neuronal polarization may have significant relevance within a clinical context. Since neuron polarization and appropriate axon extension are the necessary precondition for intercellular connection and communication, the disruption of neuronal polarity resulting from AMPK activation should have long-lasting effects on synapse formation and ultimately, brain function. We find that AICAR treated neurons fail to specify an axon even after 3 d of recovery following treatment, indicating that the AMPK effect on neuronal polarization may persist even after energy levels return to normal. In a similar scenario, pathological challenges occurring in early development, such as neonatal stroke and hypoxic-ischemic encephalopathy, that have been observed to promote AMPK activation, also produce late-emergence cognitive deficits. It will be interesting to know whether AMPK signaling is indeed responsible for clinically observed neurological abnormalities related to neural energy deficiency during early development.

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