Abstract

We prove $\ell^p$-improving estimates for the averaging operator along the discrete paraboloid in the sharp range of $p$ in all dimensions $n \geq 2$.

Keywords

Improving estimate · Polynomial · Discrete average

Mathematics Subject Classification

Primary 42A45 · Secondary 11L05

1 Introduction and Notation

In [7] the authors study averaging operators along a discrete moment curve. More precisely, they consider

$$\tilde{A}_N f(x_1, \ldots, x_n) = \frac{1}{N} \sum_{k=1}^{N} f(x_1 + k, x_2 + k^2, \ldots, x_n + k^n), \quad (x_1, \ldots, x_n) \in \mathbb{Z}^n,$$

Communicated by Hans G. Feichtinger.

Ciprian Demeter is partially supported by the NSF Grant DMS-1800305. Bartosz Langowski is supported by the National Science Centre of Poland within the research Project OPUS 2017/27/B/ST1/01623.

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and prove (see [7, Theorem 1.14]) for \( n \geq 3 \) and \( 2 - \frac{2}{n^2+n+1} < p \leq 2 \) the \( \ell^p \)-improving estimate

\[
\| \tilde{A}_N f \|_{\ell^p'(\mathbb{Z}^n)} \lesssim N^{-\frac{n(n+1)}{2}\left(\frac{2}{p}-1\right)} \| f \|_{\ell^p(\mathbb{Z}^n)}.
\]

The range of \( p \) in their theorem is not sharp. Testing the above estimate with standard examples, similar to those we use in the proof of the necessity part of Theorem 1.1 below, suggests that the optimal range should be \( 2 - \frac{2}{n^2+n} \leq p \leq 2 \).

In this paper we use the circle method to prove the optimal bounds for the averaging operator along a discrete paraboloid. In particular, our main result, Theorem 1.1, gives a sharp estimate (except for an \( N^\epsilon \) term at the endpoint) for the averages along the discrete moment curve in dimension \( n = 2 \) (in that case the moment curve and the parabola coincide).

We remark that the \( \ell^p \)-improving estimates in the discrete setting have been studied extensively in the recent years, see e.g. [1,5–10].

To state our result we need to define first the discrete paraboloid

\[ \mathbb{P}_{n-1}^N = \{(k_1, \ldots, k_{n-1}, k_1^2 + \cdots + k_{n-1}^2) \in \mathbb{Z}^n : 1 \leq k_i \leq N, i = 1, \ldots, n-1 \} \]

For \( f : \mathbb{Z}^n \to \mathbb{C} \) we consider the averaging operator

\[
A^p_N f(x) = \frac{1}{N^n} \sum_{k_1=1}^{N} \cdots \sum_{k_{n-1}=1}^{N} f(x_1 + k_1, \ldots, x_{n-1} + k_{n-1}, x_n + k_1^2 + \cdots + k_{n-1}^2).
\]

The main theorem of the paper reads as follows.

**Theorem 1.1** (\( \ell^p \) improving for the paraboloid) Let \( \frac{n+3}{n+1} < p \leq 2 \). The following bound holds

\[
\| A^p_N f \|_{\ell^p'(\mathbb{Z}^n)} \lesssim N^{-(n+1)(\frac{2}{p}-1)} \| f \|_{\ell^p(\mathbb{Z}^n)}.
\]  

(1.1)

Moreover, the above result is essentially sharp in two ways. First, the exponent \(- (n+1)(\frac{2}{p}-1) \) cannot be improved when \( p \) is in our range. Second, the above inequality is false if \( p \not\in [\frac{n+3}{n+1}, 2] \).

The operator norm bound in this theorem should be compared with the trivial estimate, for \( 1 \leq p \leq \infty \)

\[
\| A^p_N f \|_{\ell^p(\mathbb{Z}^n)} \leq \| f \|_{\ell^p(\mathbb{Z}^n)}.
\]  

(1.2)

This is due to the uniform integrability of the kernel \( \frac{1}{N^n} K^p_N \), with

\[
K^p_N(x) = \sum_{k_1=1}^{N} \cdots \sum_{k_{n-1}=1}^{N} \delta_{(k_1,\ldots,k_{n-1},k_1^2+\cdots+k_{n-1}^2)}(x).
\]
Interpolating (1.1) with the trivial bounds

\[ \| A^p_N f \|_{\ell^\infty(Z^n)} \leq \| f \|_{\ell^\infty(Z^n)} \]

and

\[ \| A^p_N f \|_{\ell^1(Z^n)} \leq \| f \|_{\ell^1(Z^n)} \]

shows that the estimate

\[ \| A^p_N f \|_{\ell^q(Z^n)} \lesssim N^{-(n+1)(\frac{1}{p} - \frac{1}{q})} \| f \|_{\ell^p(Z^n)} \]

holds for all \((\frac{1}{p}, \frac{1}{q})\) inside the triangle in Fig. 1.

It is also worth observing that

\[ \| A^p_N \|_{\ell^p(Z^n) \rightarrow \ell^q(Z^n)} = \infty \text{ if } q < p. \]

Indeed, if not, then for each \(f \in \ell^p(Z^n)\) and \(h \in Z^n\), writing \(f_h(x) = f(x) + f(x + h)\) we have

\[ \lim_{\|h\| \to \infty} \| f_h \|_{\ell^p(Z^n)} = 2^{1/p} \| f \|_{\ell^p(Z^n)}, \quad \lim_{\|h\| \to \infty} \| A^p_N f_h \|_{\ell^q(Z^n)} = 2^{1/q} \| A^p_N f \|_{\ell^q(Z^n)}. \]

This would in turn force the existence for each \(\epsilon > 0\) of some \(f \in \ell^p(Z^n)\) (not the zero function) and \(h\) such that

\[ \| A^p_N f_h \|_{\ell^q(Z^n)} \geq \| f_h \|_{\ell^p(Z^n)} \left( \| A^p_N \|_{\ell^p(Z^n) \rightarrow \ell^q(Z^n)} - \epsilon \right) 2^{\frac{1}{q} - \frac{1}{p}}, \]

leading to a contradiction.

Our proof of Theorem 1.1 relies on obtaining suitable estimates for the corresponding Fourier multiplier. For this purpose we use the Hardy-Littlewood circle method and estimates for the exponential sums from [2].

In Sect. 2 we first prove a version of Theorem 1.1 which covers also the endpoint \(p = \frac{n+3}{n+1}\), however with the \(\epsilon\)-loss in the power of \(N\).

**Theorem 1.2** Let \(\frac{n+3}{n+1} \leq p \leq 2\). For any \(\epsilon > 0\) the following bound holds

\[ \| A^p_N f \|_{\ell^p'(Z^n)} \lesssim \epsilon N^\epsilon N^{-(n+1)(\frac{2}{p} - 1)} \| f \|_{\ell^p(Z^n)}. \] (1.3)

In Sect. 3 we adopt Bourgain’s argument from [2] to remove the \(N^\epsilon\) factor from the estimate in Theorem 1.2 at the expense of moving away from the endpoint. The interesting question about the validity of (1.1) for \(p = \frac{n+3}{n+1}\) remains open.

There are similarities between the \(l^p\) improving problem considered here and the discrete restriction estimate for the paraboloid, first considered in the landmark paper [2]. This restriction problem is about proving sharp estimates of the form

\[ \| g \ast \hat{K}^p_N \|_{L^p'(\mathbb{T}^n)} \lesssim N^{(p-1)/2} \| g \|_{L^p(\mathbb{T}^n)} \] (1.4)

for \(1 \leq p \leq 2\). Partial progress on this problem has been made in [2] by combining the circle method with \(L^1 \rightarrow L^\infty\) and \(L^2 \rightarrow L^2\) interpolation, similar to what we do in
this paper. However, this method could not yield the full range of estimates (1.4) in any dimension. Instead, the restriction problem has been solved in [3] (in all dimensions, apart from $N^\epsilon$ losses) using $\ell^2$ decoupling. This reduction to decoupling was possible in part because of the $TT^*$ method. Indeed, one can easily show, see for example [4, Sect. 1.4], that (1.4) is equivalent with the $L^2$ based inequality

$$\| \hat{K}_N^o f \|_{L^p(\mathbb{T}^n)} \lesssim N^{\frac{\alpha_p}{2}} \| f \|_{L^2(\mathbb{Z}^n)}. $$

A similar reduction is not possible for $\ell^p$ improving, as the operator $f \mapsto f \ast K_N^o$ is not positive, thus not of the form $TT^*$.

**Notation**

Throughout the paper we use standard notation with all symbols referring to the spaces $\mathbb{Z}^n$ and $\mathbb{T}^n := [0, 1)^n$. Further, we write $\ast$ for the convolution on $\mathbb{Z}^n$. We set $\mathbb{N} = \{1, 2, \ldots \}$, $\mathcal{D} = \{2^m : m \in \mathbb{Z}\}$. Moreover, we let $e(t) = e^{2\pi i t}$ and use the following notation for the Fourier transform on $\mathbb{Z}^n$

$$\hat{f}(\xi) = \sum_{m \in \mathbb{Z}^n} f(m)e(m\xi), \quad f \in \ell^2(\mathbb{Z}^n), \quad \xi \in \mathbb{T}^n.$$

While writing estimates, we will use the notation $X \lesssim Y$ to indicate that $X \leq CY$ with a positive constant $C$ independent of significant quantities. We shall write $X \simeq Y$ when simultaneously $X \lesssim Y$ and $Y \lesssim X$.

**2 Hardy-Littlewood Decomposition and the Proof of Theorem 1.2**

For $N \in \mathbb{N}$ let $\sigma_N : \mathbb{Z} \to [0, 1]$ be a function satisfying $\mathbb{1}_{(-N,N)} \leq \sigma_N \leq \mathbb{1}_{(-2N,2N)}$ and such that $s_k = \sigma_N(k+1) - \sigma_N(k)$ is bounded by $1/N$ and has total variation bounded by $1/N$

$$\sum_{k \in \mathbb{Z}} |s_{k+1} - s_k| \leq \frac{1}{N}. $$

Define

$$A_N f(x) = \frac{1}{N^{n-1}} K_N \ast f(x), $$

where

$$K_N(x) = \sum_{k_1 \in \mathbb{Z}} \cdots \sum_{k_{n-1} \in \mathbb{Z}} \sigma_N(k_1) \cdots \sigma_N(k_{n-1}) \delta_{(k_1,\ldots,k_{n-1},\ell_1^2+\cdots+k_{n-1}^2)}(x).$$

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Note that if \( f \geq 0 \) then \( A_P^N f(x) \leq A_N f(x) \) for every \( x \in \mathbb{Z}^n \), so to prove Theorem 1.2 (and also the sufficiency part of Theorem 1.1) one can replace \( A_P^N \) with \( A_N \). The technical assumptions imposed on \( \sigma_N \) are necessary in order to get a suitable Gauss sum estimate, see (2.1) below.

The Fourier transform of the kernel is given for \( \xi = (\xi_1, \ldots, \xi_n) \in \mathbb{T}^n \) by

\[
m_N(\xi) = \hat{K}_N(\xi) = \sum_{k_1 \in \mathbb{Z}} \cdots \sum_{k_{n-1} \in \mathbb{Z}} \sigma_N(k_1) \cdots \sigma_N(k_{n-1}) \times e(\xi_1 k_1 + \cdots + \xi_{n-1} k_{n-1} + \xi_n(k_1^2 + \cdots + k_{n-1}^2)) \]

\[
= \prod_{l=1}^{n-1} \left( \sum_{k \in \mathbb{Z}} \sigma_N(k) e(\xi_l k + \xi_n k^2) \right) = \prod_{l=1}^{n-1} G(\xi_n, \xi_l),
\]

where

\[
G(t, y) = \sum_{k \in \mathbb{Z}} \sigma_N(k) e(yk + tk^2).
\]

Recall that the following estimate holds

\[
|G(t, y)| \lesssim \frac{1}{\sqrt{q}} \min\{N, \frac{1}{\sqrt{|t - a/q|}}\}
\]

uniformly in \( y \in \mathbb{T} \) and \( |t - a/q| < 10/(qN) \), see [2, Lemma 3.18].

We shall partition \( \mathbb{T} \) into the so called major and minor arcs. For \( 1 \leq q \leq N/10 \) and \( a \in A_q \) with \( A_q = \{1 \leq a \leq q : (a, q) = 1\} \), consider

\[
I(q, N, a) := \left[ \frac{a}{q} - \frac{1}{qN}, \frac{a}{q} + \frac{1}{qN} \right]
\]

and

\[
4I(q, N, a) := \left[ \frac{a}{q} - \frac{4}{qN}, \frac{a}{q} + \frac{4}{qN} \right].
\]

Observe that the sets \( 4I(q, N, a) \) are mutually disjoint for \( q \leq N/10 \).

Let \( \psi \in C_c^\infty(\mathbb{R}^n) \) be such that \( 1_{(-1, 1)} \leq \psi \leq 1_{(-2, 2)} \). Then let \( \varphi(t) := \psi(t) - \psi(2t) \) and \( \varphi_0 := \psi \). Observe that then for each \( \xi_n \in I(q, N, a) \)

\[
\varphi_0 \left( N^2(\xi_n - a/q) \right) + \sum_{1 \leq 2^l \leq N/q} \varphi \left( 2^l Nq(\xi_n - a/q) \right) = 1.
\]

Now let

\[
\eta_{l,a,q}(\xi_n) = \varphi \left( 2^l Nq(\xi_n - a/q) \right) - \varphi \left( 2^l Nq(\xi_n - a/q - 3/(Nq)) \right),
\]

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\]
\[ \eta_{l,a,q}^{0} (\xi_n) = \varphi_{0} \left( N^2(\xi_n - a/q) \right) - \varphi_{0} \left( N^2(\xi_n - a/q - 3/(Nq)) \right). \]

This construction is meant to guarantee the mean zero property

\[ \int_{\mathbb{R}} \eta_{l,a,q}(t) \, dt = \int_{\mathbb{R}} \eta_{l,a,q}^{0}(t) \, dt = 0. \quad (2.2) \]

Note that

\[
\begin{align*}
\text{supp } \eta_{l,a,q} & \subset \left\{ \xi_n \in \mathbb{T} : |\xi_n - a/q| \simeq \frac{1}{2^l Nq} \right\} \cup \left\{ \xi_n \in \mathbb{T} : |\xi_n - a/q| \simeq \frac{1}{Nq} \right\}, \\
\text{supp } \eta_{l,a,q}^{0} & \subset \left\{ \xi_n \in \mathbb{T} : |\xi_n - a/q| \lesssim \frac{1}{N^2} \right\} \cup \left\{ \xi_n \in \mathbb{T} : |\xi_n - a/q| \simeq \frac{1}{Nq} \right\}.
\end{align*}
\]

Moreover, as \( q \) ranges from 1 to \( N/10 \), \( a \in A_q \) and \( 1 \leq 2^l < N/Q \) all the supports above are mutually disjoint. We will see that the addition of the extra bumps to the functions \( \eta_{l,a,q} \) and \( \eta_{l,a,q}^{0} \) does not harm the contribution from the minor arcs.

For further reference we note that the Fourier transform of \( \eta_{l,a,q} \), as a function on \( \mathbb{R} \), is given by

\[ \hat{\eta}_{l,a,q}(t) = \frac{1}{2^l Nq} \hat{\varphi} \left( \frac{t}{2^l Nq} \right) \left[ e \left( \frac{a}{q} t \right) - e \left( \left( \frac{a}{q} + \frac{3}{q N} \right) t \right) \right], \quad t \in \mathbb{R}. \quad (2.3) \]

For a dyadic \( 1 \leq Q \leq N/10 \) and \( 1 \leq 2^l \leq N/Q \) define

\[
\begin{align*}
m_{Q,l}(\xi) &= m_{N}(\xi) \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \eta_{l,a,q}(\xi_n), \\
m_{Q}^{0}(\xi) &= m_{N}(\xi) \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \eta_{l,a,q}^{0}(\xi_n).
\end{align*}
\]

Decompose

\[ m_{N}(\xi) = m_{N}^{\text{min}}(\xi) + m_{N}^{\text{maj}}(\xi), \]

where

\[ m_{N}^{\text{maj}}(\xi) = \sum_{Q \in \mathcal{D}} \left( m_{Q}^{0}(\xi) + \sum_{1 \leq 2^l \leq N/Q} m_{Q,l}(\xi) \right) \]

and

\[ m_{N}^{\text{min}}(\xi) = m_{N}(\xi) - m_{N}^{\text{maj}}(\xi). \]
Note that
\[ \text{supp } m_N^{\min} \subset \mathbb{T} \ \backslash \ \left( \bigcup_{q \leq N/10} \bigcup_{a \in A_q} I(q, N, a) \right). \] (2.4)

### 2.1 Major Arcs Estimates

For \( k \in \mathbb{Z} \) let \( d(k) \) denote the number of divisors of \( k \). For \( k \in \mathbb{Z}, \ Q \in \mathbb{N} \) let \( d(k, Q) \) denote the number of positive divisors of \( k \) which are smaller than \( Q \).

We will need the following auxiliary estimate, whose proof can be found in [2].

**Lemma 2.1** [2, Lemma 3.33] For any \( \epsilon > 0 \) we have
\[
\sum_{Q/2 \leq q \leq Q} \left| \sum_{a \in A_q} e \left( \frac{a}{q} k \right) \right| \lesssim \epsilon Q^{1+\epsilon} d(k, Q). \quad (2.5)
\]

Since
\[ d(k) \lesssim \epsilon k^\epsilon, \quad (2.6) \]
as an immediate consequence of the above result we get the following estimate.

**Corollary 2.2** Let \( Q \in \mathbb{N}, \ k \in \mathbb{Z} \backslash \{0\} \). Then for any \( \epsilon > 0 \)
\[
\sum_{Q/2 \leq q \leq Q} \left| \sum_{a \in A_q} e \left( \frac{a}{q} k \right) \right| \lesssim \epsilon Q(Qk)^\epsilon. \quad (2.8)
\]
The main result of this subsection reads as follows.

**Lemma 2.3** For every \( \epsilon > 0 \) the following estimates hold:
\[
\| m_{Q,l} \|_{L^\infty(\mathbb{T}^n)} \lesssim (N2^l)^{(n-1)/2}, \quad (2.7)
\]
\[
\| \hat{m}_{Q,l} \|_{L^\infty(\mathbb{T}^n)} \lesssim \epsilon (N2^l)^{-(n-1)} (QN)^\epsilon, \quad (2.8)
\]
\[
\| m_0 \|_{L^\infty(\mathbb{T}^n)} \lesssim (N^2/Q)^{(n-1)/2}, \quad (2.9)
\]
\[
\| \hat{m}_0 \|_{L^\infty(\mathbb{T}^n)} \lesssim \epsilon (N^2/Q)^{-(n-1)} (QN)^\epsilon. \quad (2.10)
\]

**Proof** Since
\[
\text{supp } m_{Q,l} \subset \bigcup_{Q/2 \leq q \leq Q} \bigcup_{a \in A_q} \left\{ \xi_n \in \mathbb{T} : |\xi_n - a/q| \simeq \frac{1}{2^l Nq} \right\}
\]
\[
\bigcup \left\{ \xi_n \in \mathbb{T} : |\xi_n - a/q| \simeq \frac{1}{Nq} \right\},
\]
the estimate (2.1) implies

$$|G(\xi_n, \xi_i)| \lesssim (Q^l N)^{1/2},$$

which gives part (2.7) of the claim, since $m_N(\xi) = \prod_{i=1}^{n-1} G(\xi_n, \xi_i)$.

To prove (2.8) we begin with writing, for $r = (r', r_n) \in \mathbb{Z}^n$ with $r' = (r_1, r_2, \ldots, r_{n-1}) \in \mathbb{Z}^{n-1},$

$$\hat{m}_{Q,i}(r) = \int_{\mathbb{T}} m_{Q,i}(\xi) e(-r\xi) d\xi$$

$$= \int_{\mathbb{T}} \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \eta_{l,a,q}(\xi) \left( \prod_{i=1}^{n-1} \int_{\mathbb{T}} G(\xi_n, \xi_i) e(-r_i\xi_i) d\xi_i \right) e(-r_n\xi_n) d\xi_n$$

$$= \int_{\mathbb{T}} \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \eta_{l,a,q}(\xi) \left( \prod_{i=1}^{n-1} \sum_{k \in \mathbb{Z}} \sigma_N(k) e(k^2 \xi_i) \int_{\mathbb{T}} e((k - r_i)\xi_i) d\xi_i \right) e(-r_n\xi_n) d\xi_n$$

$$= \int_{\mathbb{T}} \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \eta_{l,a,q}(\xi) \left( \prod_{i=1}^{n-1} \sigma_N(r_i) e(r_i^2 \xi_n) \right) e(-r_n\xi_n) d\xi_n$$

$$= \sigma_N(r_1) \ldots \sigma_N(r_{n-1}) \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \int_{\mathbb{T}} \eta_{l,a,q}(\xi) e((|r'|^2 - r_n)\xi_n) d\xi_n$$

$$= \sigma_N(r_1) \ldots \sigma_N(r_{n-1}) \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \tilde{\eta}_{l,a,q}(|r'|^2 - r_n).$$

We distinguish two cases. If $|r'|^2 = r_n$, then the above computation combined with (2.2) shows that $\hat{m}_{Q,i}(r) = 0$.

On the other hand, if $||r'|^2 - r_n| \geq 1$, using the representation (2.3), the Schwartz decay of the function $\tilde{\eta}$ and Corollary 2.2 we obtain

$$|\hat{m}_{Q,i}(r)| \leq \sigma_N(r_1) \ldots \sigma_N(r_{n-1}) \sum_{Q/2 \leq q \leq Q} \sum_{a \in A_q} \tilde{\eta}_{l,a,q}(|r'|^2 - r_n)$$

$$\lesssim \sigma_N(r_1) \ldots \sigma_N(r_{n-1}) \frac{1}{2^l N Q} \left( 1 + \frac{|r'|^2 - r_n}{2^l N Q} \right)^{-100n}$$

$$\sum_{Q/2 \leq q \leq Q} \left| \sum_{a \in A_q} e \left( \frac{a}{q} \left( |r'|^2 - r_n \right) \right) \right|$$

$$\lesssim e \frac{1}{2^l N (QN)^{100n}}.$$

In the last estimate above we use the decay of $\left( 1 + \frac{|r'|^2 - r_n}{2^l N Q} \right)^{-100n}$ if $|r'|^2 - r_n > N^3$ and Corollary 2.2 if $|r'|^2 - r_n \leq N^3$.

The arguments proving (2.9) and (2.10) are analogous. \qed
2.2 Minor Arcs Estimates

**Lemma 2.4** For every $\epsilon > 0$ the following estimates hold

\[
\|m_{\text{min}}^N\|_{L^\infty(\mathbb{T}^n)} \lesssim \epsilon N^{(n-1)/2}, \tag{2.11}
\]

\[
\|\hat{m}_{\text{min}}^N\|_{\ell^\infty(\mathbb{Z}^n)} \lesssim \epsilon N^\epsilon. \tag{2.12}
\]

**Proof** By the Dirichlet’s Principle, for each $\xi_n \in [0, 1)$ there exists $1 \leq q \leq N - 1$ and $a \in A_q$ such that

\[|\xi_n - a/q| < \frac{1}{qN}.
\]

If $\xi_n \in \text{supp} m_{\text{min}}^N$, then condition (2.4) implies that $q > N/10$. Therefore, $q \simeq N$ and so using (2.1) we get

\[|G(\xi_n, \xi_i)| \lesssim N^{1/2},
\]

thus (2.11) is proved.

To get (2.12), we use (2.8) and (2.10) and write for any $\epsilon > 0$

\[
\|\hat{m}_{\text{maj}}^N\|_{\ell^\infty(\mathbb{Z}^n)} \leq \sum_{Q \in \mathcal{D}} \left( \|\hat{m}_Q^0\|_{\ell^\infty(\mathbb{Z}^n)} + \sum_{1 \leq 2^l \leq N/Q} \|\hat{m}_{Q,l}\|_{\ell^\infty(\mathbb{Z}^n)} \right) \lesssim \sum_{Q \in \mathcal{D}} \left( N^2/Q \right)^{-1} \lesssim N^\epsilon \sum_{1 \leq 2^l \leq N/Q} (N^2)^{-1} \lesssim N^\epsilon.
\]

Combining this with the trivial observation that $\|\hat{m}_N\|_{\ell^\infty(\mathbb{Z}^n)} = 1$, we obtain

\[
\|\hat{m}_{\text{min}}^N\|_{\ell^\infty(\mathbb{Z}^n)} \leq \|\hat{m}_{\text{maj}}^N\|_{\ell^\infty(\mathbb{Z}^n)} + \|\hat{m}_N\|_{\ell^\infty(\mathbb{Z}^n)} \lesssim \epsilon N^\epsilon.
\]

\[\Box\]

2.3 $\ell^p \to \ell^p'$ Estimates

We begin with deriving $\ell^p(\mathbb{Z}^n) \to \ell^{p'}(\mathbb{Z}^n)$ inequalities which are consequences of the estimates from the previous subsections and linear interpolation. More precisely, we will use the fact that for each kernel $K$ we have

\[
\| K \ast f \|_2 \lesssim \| \hat{K} \|_{\ell^\infty(\mathbb{Z}^n)} \| f \|_2 \tag{2.13}
\]
\[ \|K * f\|_\infty \lesssim \|K\|_\infty \|f\|_1. \]  \tag{2.14} 

**Corollary 2.5** Let \( 1 < p \leq 2 \). For every \( \epsilon > 0 \) the following estimates hold:

\[
\| \hat{m}_{Q,l} * f \|_{\ell^{p'}(\mathbb{Z}^n)} \lesssim \epsilon N^\epsilon (N^2) \frac{n+1}{p'} - 1 \|f\|_{\ell^p(\mathbb{Z}^n)}, \tag{2.15}
\]
\[
\| \hat{m}_Q^0 * f \|_{\ell^{p'}(\mathbb{Z}^n)} \lesssim \epsilon N^\epsilon (N^2 / Q) \frac{n+1}{p'} - 1 \|f\|_{\ell^p(\mathbb{Z}^n)}. \tag{2.16}
\]

Moreover, if \( \frac{n+1}{p'} - 1 \geq 0 \), then

\[
\| \hat{m}_{maj}^N * f \|_{\ell^{p'}(\mathbb{Z}^n)} \lesssim \epsilon N^\epsilon N^2 \frac{n+1}{p'} - 2 \|f\|_{\ell^p(\mathbb{Z}^n)}. \tag{2.17}
\]

**Proof** Parts (2.15) and (2.16) follow immediately by interpolating \( \ell^2 \mapsto \ell^2 \) and \( \ell^1 \mapsto \ell^\infty \) bounds for the convolution operator, using (2.13), (2.14) and Lemma 2.3.

Summing up the estimates (2.15) and (2.16) we get

\[
\| \hat{m}_{maj}^N * f \|_{\ell^{p'}(\mathbb{Z}^n)} \leq \sum_{Q \in D} \left( \sum_{1 \leq 2 \leq N / Q} \| \hat{m}_Q^0 * f \|_{\ell^{p'}(\mathbb{Z}^n)} + \right) \lesssim \epsilon N^\epsilon \frac{n+1}{p'} - 1 \sum_{Q \in D} \left( (N^2 / Q) \frac{n+1}{p'} - 1 + \sum_{1 \leq 2 \leq N / Q} (N^2 / Q) \frac{n+1}{p'} - 1 \right) \|f\|_{\ell^p(\mathbb{Z}^n)} 
\]
\[
\lesssim \epsilon N^\epsilon N^2 \frac{n+1}{p'} - 2 \|f\|_{\ell^p(\mathbb{Z}^n)}, \]

provided that \( \frac{n+1}{p'} - 1 \geq 0 \). \( \Box \)

**Corollary 2.6** Let \( 1 \leq p \leq 2 \). For any \( \epsilon > 0 \) the following estimate holds

\[
\| \hat{m}_{min}^N * f \|_{\ell^{p'}(\mathbb{Z}^n)} \lesssim \epsilon N^\epsilon N \frac{n-1}{p} \|f\|_{\ell^p(\mathbb{Z}^n)}. \tag{2.18}
\]

**Proof** Interpolate the bounds from Lemma 2.4. \( \Box \)

Now we are ready to prove the main result of this section.

**Proof of Theorem 1.2** Observe that

\[
A_N f = \frac{1}{N^{n-1}} \left( R(\hat{m}_{maj}^N) * f + R(\hat{m}_{min}^N) * f \right),
\]

where \( R \) is the reflection operator \( Rg(x) = g(-x) \).

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Therefore, since \( \frac{n-1}{p'} \leq 2 \frac{(n+1)}{p'} - 2 \) if and only if \( p \geq \frac{n+3}{n+1} \), we can apply Corollaries 2.5 and 2.6 to get

\[
\| A_N f \|_{\ell^p(Q^N)} \lesssim N^\varepsilon N^{-\frac{(n+1)}{p'} - 2 - (n-1)} \| f \|_{\ell^p(Q^n)} = N^\varepsilon N^{-(n+1)(\frac{2}{p} - 1)} \| f \|_{\ell^p(Q^n)},
\]

for \( p \in \left[ \frac{n+3}{n+1}, 2 \right] \).

We note that since \( \frac{n-1}{p'} - (n-1) < -(n+1)(\frac{2}{p} - 1) \) when \( p > \frac{n+3}{n+1} \), the minor arc contribution (2.18) is better than the global contribution (1.1). Because of this, the presence of the \( N^\varepsilon \) term in (2.18) is not a serious issue and will cause no trouble in the remaining part of the paper. However, the \( N^\varepsilon \) term in the estimates for the major arcs needs to be addressed carefully. The main sources of the \( N^\varepsilon \) term are Lemma 2.1 and (2.6). In the next section we will still use this lemma, but we will refine (2.6).

### 3 ε-Removal Technology and the Proof of Theorem 1.1

Note that, same as in Sect. 2, when proving the sufficiency part of Theorem 1.1 one can consider \( A_N \) instead of \( A^P_N \). We begin with improving the major arc estimate (2.17). Recall the definitions from the previous section.

\[
m_{Q,l}(\xi) = m_N(\xi) \sum_{Q/2 < q \leq Q} \sum_{a \in A_q} \eta_{l,a,q}(\xi_n),
\]

\[
m_0^0(\xi) = m_N(\xi) \sum_{Q/2 < q \leq Q} \sum_{a \in A_q} \eta_{0,a,q}(\xi_n),
\]

\[
m_{\text{maj}}(\xi) = \sum_{Q \in \mathcal{D}} \left( m_0^0(\xi) + \sum_{1 \leq 2^l \leq N/Q} m_{Q,l}(\xi) \right),
\]

\[
m_{\text{min}}(\xi) = m_N(\xi) - m_{\text{maj}}(\xi).
\]

To obtain an improvement of the estimates from the previous section we need some auxiliary results. The first of them is a version of [2, Lemma 3.47]. This may be seen as a refinement of (2.6).

**Lemma 3.1** Let \( \tau, B > 0 \). Then the following estimate holds uniformly over \( Q, N \in \mathbb{N} \) and \( D > 0 \)

\[
|[1 \leq k \leq N : d(k, Q) > D]| \lesssim_{\tau,B} D^{-B} Q^{\tau} N. \tag{3.1}
\]

**Remark 3.2** Note that compared to Bourgain’s [2, Lemma 3.47] we do not include the term \( d(0, Q) \) corresponding to \( k = 0 \) on the left hand side of the estimate. As it shall soon become apparent, this term does not appear in our analysis due to the application of the mean zero property (2.2). For reader’s convenience, we provide the proof below.
Proof We may assume that $B$ is a positive integer. Write for $1 \leq q \leq Q$

$$I_q(k) = \begin{cases} 1, & \text{if } q | k, \\ 0, & \text{otherwise}. \end{cases}$$

Then, denoting by $[q_1, \ldots, q_B] \in \{1, 2, \ldots, Q^B\}$ the least common multiple of $q_1, \ldots, q_B$ we get

$$|\{1 \leq k \leq N : d(k, Q) > D\}| \leq D^{-B} \sum_{q=1}^{Q^B} \left( \sum_{q_1=1}^{Q} \cdots \sum_{q_B=1}^{Q} I_q(k) \right)^B$$

$$= D^{-B} \sum_{q_1=1}^{Q} \cdots \sum_{q_B=1}^{Q} |\{1 \leq k \leq N : [q_1, \ldots, q_B] \text{ divides } k\}|$$

$$\leq D^{-B} \sum_{q_1=1}^{Q} \cdots \sum_{q_B=1}^{Q} \frac{N}{[q_1, \ldots, q_B]}$$

$$\leq ND^{-B} \sum_{q=1}^{Q^B} \frac{d(q)^B}{q}$$

$$\leq C_{\tau,B} ND^{-B} Q^B,$$

where the last bound follows by (2.6).

We shall also need the following consequence of Lemma 3.1.

Lemma 3.3 [2, equation (3.72)] Let $\tau, B > 0$ be any given constants. Then the following estimate holds uniformly over $K, Q, N \in \mathbb{N}$ and $D > 0$

$$\left\| \left\{ (r_1, \ldots, r_n) : |r_1|, \ldots, |r_{n-1}| \leq N, |r_n| \leq K, r_n - r_1 - \cdots - r_{n-1} \right. \right. \left. \neq 0 : d(r_n - r_1 - \cdots - r_{n-1}, Q) > D \right\|$$

$$\lesssim_{\tau,B} D^{-B} Q^\tau \max(K, N^2) N^{n-1}. \quad (3.2)$$

Proof We need to observe two things. First, $|r_n - r_1^2 - \cdots - r_{n-1}^2| \lesssim \max(K, N^2)$. Second, the equation $r_n - r_1^2 - \cdots - r_{n-1}^2 = k$ has $O(N^{n-1})$ solutions.

The above number theoretic lemmas allow for a more delicate treatment of the expression arising from computing $\hat{m}_{Q,l}$.

Proposition 3.4 For any $B, \kappa > 0$ the following bounds hold uniformly over $D, N, Q \geq 1, l \geq 0$ and $f$

$$\| f * \hat{m}_{Q,l} \|_{L^2(\mathbb{Z}^n)} \lesssim (N^2)^{(n-1)/2} \| f \|_{L^2(\mathbb{Z}^n)}, \quad (3.3)$$

$$\| f * \hat{m}_{Q,l} \|_{L^\infty(\mathbb{Z}^n)} \lesssim_{B,\kappa} Q^{2+2\kappa} N^n (Q^l Q)^{-1} D^{-B} \| f \|_{L^\infty(\mathbb{Z}^n)} + \frac{D Q^\kappa}{N^{2l}} \| f \|_{L^1(\mathbb{Z}^n)}, \quad (3.4)$$
\[ \| f \ast m_Q^0 \|_{\ell^2(\mathbb{Z}_n)} \lesssim (N^2/Q)^{(a-1)/2} \| f \|_{\ell^2(\mathbb{Z}_n)}, \quad (3.5) \]

\[ \| f \ast m_Q^0 \|_{\ell^\infty(\mathbb{Z}_n)} \lesssim B, \kappa Q^{2+2\kappa} N^{n-1} D^{-B} \| f \|_{\ell^\infty(\mathbb{Z}_n)} + \frac{D Q^{1+\kappa}}{N^2} \| f \|_{\ell^1(\mathbb{Z}_n)}. \quad (3.6) \]

**Remark 3.5** The novelty of (3.4) and (3.6) compared to their counterparts from Lemma 2.3 is the lack of the \( N^\epsilon \) term, which is substituted with the flexible variable \( D \). This comes at the expense of introducing an extra term involving \( \| f \|_{\ell^\infty(\mathbb{Z}_n)} \), that will prove to be harmless.

**Proof** Estimates (3.3) and (3.5) follow from Lemma 2.3. It remains to prove (3.4), the argument for (3.6) being analogous. Recall that in the proof of Lemma 2.3 we showed that if \( \mathbf{r} = (\mathbf{r}', \mathbf{r}_n) \in \mathbb{Z}^n \) with \( \mathbf{r}' = (r_1, r_2, \ldots, r_{n-1}) \in \mathbb{Z}^{n-1} \) is such that \( |\mathbf{r}'|^2 = r_n \), then \( \widehat{m_{Q,l}(\mathbf{r})} = 0 \).

Therefore we can assume that \( ||\mathbf{r}'|^2 - r_n| \geq 1 \), in which case we can estimate

\[ |m_{Q,l}(\mathbf{r})| \lesssim \kappa \]

\[ \sigma_N(r_1) \ldots \sigma_N(r_{n-1}) \frac{1}{2^l N Q} \left( 1 + \frac{|\mathbf{r}'|^2 - r_n|}{2^l N Q} \right)^{-1/\kappa} \sum_{Q/2 \leq q \leq Q} \left| \sum_{a \in A_q} e \left( \frac{a}{q} \left( |\mathbf{r}'|^2 - r_n \right) \right) \right|. \]

Let us now fix a large constant \( C > 0 \) and decompose

\[ f \ast \widehat{m_{Q,l}(\mathbf{r})}(x) = \sum_{|r_1|, \ldots, |r_{n-1}| \leq 2N \atop |r_n| \leq C Q^\kappa N^2 \atop |\mathbf{r}'|^2 - r_n| \geq 1} f(x-r) \widehat{m_{Q,l}(\mathbf{r})} + \sum_{|r_1|, \ldots, |r_{n-1}| \leq 2N \atop |r_n| \geq C Q^\kappa N^2} f(x-r) \widehat{m_{Q,l}(\mathbf{r})} =: I_1 + I_2. \]

To bound the second term we use the trivial bound

\[ \sum_{Q/2 \leq q \leq Q} \left| \sum_{a \in A_q} e \left( \frac{a}{q} \left( |\mathbf{r}'|^2 - r_n \right) \right) \right| \leq Q^2 \]

and the inequality \( |\mathbf{r}'|^2 - r_n| \gtrsim Q^\kappa N^2 \gtrsim 2^l N Q^{1+\kappa} \) to get

\[ |I_2(x)| \lesssim \kappa \frac{1}{2^l N Q} \left( \frac{2^l N Q}{2^l N Q^{1+\kappa}} \right)^{1/\kappa} Q^2 \| f \|_{\ell^1(\mathbb{Z}_n)} = \frac{1}{2^l N} \| f \|_{\ell^1(\mathbb{Z}_n)}. \]

Note that clearly \( \frac{1}{2^l N} \leq \frac{D Q^\kappa}{2^l N} \), so the contribution from \( I_2 \) is controlled by the right-hand side of (3.4). Thus \( I_2 \) can be thought of as an error term.
It remains to deal with $I_1$. Using Lemma 2.1 and then Lemma 3.3 (applied with $K = CN^{2}Q^{\kappa}$) we get for any $x \in \mathbb{Z}^n$
\[
    |I_1(x)| \lesssim \frac{1}{2NQ} \sum_{|r_1|, \ldots, |r_{n-1}| \leq 2N} \sum_{|r_n| \leq CQ^{\kappa}N^2} \sum_{|r'|^2 - r_n \geq 1} |f(x - r)| \sum_{Q/2 \leq q \leq Q} \left| \sum_{a \in A_q} e \left( \frac{a}{q} (|r'|^2 - r_n) \right) \right|.
\]
\[
    \lesssim_{\kappa} \frac{Q^{1+\kappa}}{2NQ} \sum_{|r_1|, \ldots, |r_{n-1}| \leq 2N} \sum_{|r_n| \leq CQ^{\kappa}N^2} \sum_{|r'|^2 - r_n \geq 1} |f(x - r)| d(|r'|^2 - r_n, Q)
\]
\[
    \lesssim_{\kappa} \frac{Q^{1+\kappa}}{2NQ} \left( D \sum_{|r_1|, \ldots, |r_{n-1}| \leq 2N} |f(x - r)| + \sum_{|r_1|, \ldots, |r_{n-1}| \leq 2N} \sum_{|r'|^2 - r_n \geq 1} |f(x - r)| d(|r'|^2 - r_n, Q) \right)
\]
\[
    \lesssim_{\kappa, B} \frac{Q^\kappa}{2N} \left( D \|f\|_{\ell^1(\mathbb{Z}^n)} + D^{-1} Q^{1+\kappa} N^{n+1} \|f\|_{\ell^\infty(\mathbb{Z}^n)} \right),
\]
where in the last estimate we used a trivial bound $d(|r'|^2 - r_n, Q) \leq Q$. Therefore (3.4) is proved.

Choosing suitably the values of the parameters we get the following corollary.

**Corollary 3.6** For any $\tau > 0$, $B > 0$ and for any $\kappa > 0$, the following estimates hold uniformly over $Q$, $N$, $M \geq 1$ and $l \geq 0$
\[
    \|f \ast \mathcal{M}_{Q,l}^0\|_{\ell^\infty(\mathbb{Z}^n)} \lesssim_{\kappa, \tau, B} N^r (2^l Q)^{-1} M^{-B} \|f\|_{\ell^\infty(\mathbb{Z}^n)} + \frac{M Q^{\kappa + \tau}}{N^{2l}} \|f\|_{\ell^1(\mathbb{Z}^n)}, \quad (3.7)
\]
\[
    \|f \ast \mathcal{M}_{Q}^0\|_{\ell^\infty(\mathbb{Z}^n)} \lesssim_{\kappa, \tau, B} N^{r-1} M^{-B} \|f\|_{\ell^\infty(\mathbb{Z}^n)} + \frac{M Q^{1+\kappa + \tau}}{N^{2l}} \|f\|_{\ell^1(\mathbb{Z}^n)}. \quad (3.8)
\]

**Proof** Since $M \geq 1$, it suffices to assume $B > (2 + 2\kappa)/\tau$. Take $D = MQ^\tau$ in (3.4) and (3.6). It suffices to note that
\[
    Q^{2+2\kappa} D^{-B} < M^{-B}.
\]

Finally, we are in a position to obtain the improvement of (2.17).

**Corollary 3.7** Let $\frac{n+1}{n} < p \leq 2$. Then for any $M \geq 1$ and $B > 0$ the following estimate holds
\[
    \|\mathcal{M}_{N}^{\text{maj}} \ast f\|_{\ell^p(\mathbb{Z}^n)} \lesssim_{B} N^{n-1} M^{-B} \|f\|_{\ell^p(\mathbb{Z}^n)} + M N^{2(\frac{n+1}{p} - 1)} \|f\|_{\ell^p(\mathbb{Z}^n)} \quad (3.9)
\]
for any $f = \mathbb{1}_E$, where $E \subset \mathbb{Z}^n$ is an arbitrary finite set.

**Proof** Fix any $\frac{n+1}{n} < p \leq 2$ and let $\theta = \frac{2}{p}$. Then

$$\frac{1}{p} = \frac{1 - \theta}{1} + \frac{\theta}{2},$$

$$\frac{1}{p'} = \frac{\theta}{2} + \frac{1 - \theta}{\infty}$$

and notice that for any characteristic function $f$ we have

$$\|f\|_{\ell^2(\mathbb{Z}^n)} \|f\|_{\ell^\infty(\mathbb{Z}^n)} = \|f\|_{\ell^p(\mathbb{Z}^n)},$$

$$\|f\|_{\ell^2(\mathbb{Z}^n)} \|f\|_{\ell^{1-\theta}(\mathbb{Z}^n)} = \|f\|_{\ell^{p'}(\mathbb{Z}^n)}.$$

Due to Hölder’s inequality, the equality sign in the above relations can be replaced with $\geq$ for arbitrary functions. However, in our case the inequality $\leq$ will be needed, which justifies the use of characteristic functions.

Interpolating (3.3) and (3.5) with (3.7) and (3.8), respectively, where the latter two are applied with $\tau, \kappa > 0$ such that $(1 - 2 \frac{p}{p'}) (\tau + \kappa) < \frac{n+1}{p} - 1$ and $M_* = M^{1 - \tau}$, we get

$$\| \hat{m} \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} \lesssim B \| \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} + \| \mathcal{M}_Q f \|_{\ell^{1}(\mathbb{Z}^n)}^{1-\theta},$$

$$\sum_{Q \leq N/10} \left( \| \hat{m} \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} + \sum_{1 \leq l \leq N/Q} \| \hat{m}_{Q,l} \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} \right)$$

where $\sigma := \min \{ \frac{n+1}{p} - \frac{2}{p'}, \frac{n+1}{2} + \tau + \kappa - 1 - \tau - \kappa \} > 0$.

Similarly, we get with the same $\sigma$ as above,

$$\| \hat{m} \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} \lesssim B \| \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} + \| \mathcal{M}_Q f \|_{\ell^{1}(\mathbb{Z}^n)}^{1-\theta},$$

$$\sum_{Q \leq N/10} \left( \| \hat{m} \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} + \sum_{1 \leq l \leq N/Q} \| \hat{m}_{Q,l} \mathcal{M}_Q f \|_{\ell^{p'}(\mathbb{Z}^n)} \right)$$

Summing up the estimates (3.10) and (3.11) we get
\[ \sum_{Q \in D} \left( N^{n-1} M^{-B} Q^{-\sigma} + \sum_{1 \leq 2^l \leq N/10} N^{n-\frac{p+1}{p'}} M^{-B} Q^{-\sigma} (2^l Q)^{\frac{n+1}{p'}} - 1 \right) \| f \|_{\ell^p'(\mathbb{Z}^n)} \]

\[ + \sum_{Q \in D} \left( Q^{-\sigma} (N^2)^{\frac{n+1}{p'}} - 1 M + \sum_{1 \leq 2^l \leq N/10} Q^{-\sigma} (N 2^l Q)^{\frac{n+1}{p'}} - 1 M \right) \| f \|_{\ell^p(\mathbb{Z}^n)} \]

\[ \lesssim B N^{n-1} M^{-B} \| f \|_{\ell^p'(\mathbb{Z}^n)} + MN^{2(\frac{n+1}{p'}) - 1} \| f \|_{\ell^p(\mathbb{Z}^n)}, \quad (3.12) \]

provided that \( \frac{n+1}{p'} - 1 \geq 0 \). It remains to notice that this condition is equivalent to \( p \geq \frac{n+1}{n} \). Note the the condition \( \sigma > 0 \) insures that no additional logarithmic terms are introduced.

Now we are ready to present the proof of the main result of the paper. The argument relies on the ideas from [2].

**Proof of Theorem 1.1** Note that it suffices to prove that for any \( \frac{n+3}{n+1} < p \leq 2 \) and any \( p < q < p' \) one has

\[ \| A_N f \|_{\ell^q(\mathbb{Z}^n)} \lesssim N^{-(n+1)(1/p - 1/q)} \| f \|_{\ell^p(\mathbb{Z}^n)}. \quad (3.13) \]

Indeed, interpolating (3.13) with trivial estimate, see (1.2),

\[ \| A_N f \|_{\ell^q(\mathbb{Z}^n)} \leq \| f \|_{\ell^q(\mathbb{Z}^n)}, \quad q \in [1, \infty], \]

gives in particular (1.1) for \( \frac{n+3}{n+1} < p \leq 2 \), see Fig. 1 below.

Fix \( \frac{n+3}{n+1} < p \leq 2 \), \( q < q_1 < p' \) and let \( f \in \ell^p(\mathbb{Z}^n) \) be positive and such that \( \| f \|_{\ell^p(\mathbb{Z}^n)} = 1 \), which we clearly can assume without loss of generality. Moreover, for \( \lambda > 0 \) define the level set

\[ E_\lambda = \{ m \in \mathbb{Z}^n : A_N f(m) > \lambda \} \]

and let \( F = 1_{E_\lambda} \). Using positivity and then Hölder’s inequality we obtain

\[ N^{n-1} \lambda |E_\lambda| \leq N^{n-1} \langle A_N f, F \rangle = \langle \widehat{m_N} \ast f, F \rangle 
= \langle f, R(\widehat{m_N}) \ast F \rangle \leq \| R(\widehat{m_N}) \ast F \|_{\ell^p'(\mathbb{Z}^n)}, \]

where \( R \) is the reflection operator \( Rg(x) = g(-x) \). Combining (2.18) with (3.9) we get for each \( M \geq 1 \)

\[ \lambda |E_\lambda| \leq N^{-(n-1)} \| R(\widehat{m_N}) \ast F \|_{\ell^p'(\mathbb{Z}^n)} \]

\[ \lesssim \epsilon M^{-B} |E_\lambda|^{1/p'} + \left( MN^{-\frac{n+1}{p'}} \left( \frac{1}{p} - \frac{1}{p'} \right) + N^{-\frac{n+1}{p'} + \epsilon} \right) |E_\lambda|^{1/p} \]

\[ \lesssim M^{-B} |E_\lambda|^{1/p'} + MN^{-\frac{n+1}{p'}} \left( \frac{1}{p} - \frac{1}{p'} \right) |E_\lambda|^{1/p}, \]
where the last estimate holds provided that $\epsilon \leq (n + 3) \left( \frac{n + 1}{n + 3} - \frac{1}{p} \right)$.

It follows that

$$|E_\lambda| \lesssim M^{-Bp} \lambda^{-p} + M^{p'} N^{-(n+1)} \left( \frac{p'}{p} - 1 \right) \lambda^{-p'}.$$  

Let $\tau := p' - q_1 > 0$ and take $M = N^{(n+1) \frac{\tau}{p' (q_1 - p)}} \frac{\tau}{p'} \lambda^{-p'}$. Note that $M \geq 1$ if and only if $\lambda \geq N^{-\frac{n+1}{p'}}$. Thus letting $B = p' \left( \frac{p' - \tau}{p} - 1 \right) \tau^{-1} = \frac{p'(q_1 - p)}{p\tau} > 0$ we have

$$M^{-Bp} \lambda^{-p} = M^{p'} N^{-(n+1)} \left( \frac{p'}{p} - 1 \right) \lambda^{-p'} = \lambda^{-q_1} N^{-(n+1)} \left( \frac{q_1}{p'} - 1 \right).$$

If $\lambda \geq N^{-\frac{n+1}{p'}}$ we get

$$|E_\lambda| \lesssim \lambda^{-q_1} N^{-(n+1)} \left( \frac{q_1}{p'} - 1 \right).$$  

Note that by Tschebyshev’s inequality and (1.2) we also have for any $\lambda \geq 0$

$$|E_\lambda| \leq \frac{\|A_N f\|_{\ell^p(\mathbb{Z}^n)}}{\lambda^p} \leq \lambda^{-p}.$$  

Fig. 1 Visualization of the interpolation scheme used in the proof of Theorem 1.1. Proving the estimate (3.13) for any $\frac{n+3}{n+1} < p < 2$ and $p < q < p'$ and interpolating with the trivial bound on the diagonal allows one to cover the entire segment $\left( \frac{1}{p'}, \frac{1}{p} \right)$, $p \in \left( \frac{n+3}{n+1}, 2 \right)$.
Finally, applying the layer cake formula and then (3.15) and (3.14) we obtain
\[
q^{-1} \| A_N f \|^q_{\ell_q(\mathbb{Z}^n)} = \int_0^{N^{-n+1}} \lambda^{q-1} |E_\lambda| d\lambda + \int_{N^{-n+1}}^\infty \lambda^{q-1} |E_\lambda| d\lambda
\]
\[
\lesssim \int_0^{N^{-n+1}} \lambda^{q-1-p} d\lambda + N^{-(n+1)} \left( \frac{q}{p} - 1 \right) \int_{N^{-n+1}}^\infty \lambda^{q-1-q_1} d\lambda
\]
\[
\simeq N^{-(n+1)} \left( \frac{q}{p} - 1 \right),
\]
which gives the desired estimate.

It remains to prove the necessity part of the theorem. Letting
\[
f = 1_{\{1,2,\ldots,2N\} \times \cdots \times \{1,2,\ldots,2N\} \times \{1,2,\ldots,nN^2\}},
\]
we get
\[
\| f \|_{\ell_p(\mathbb{Z}^n)} \simeq N^{\frac{n+1}{p}}
\]
and
\[
\| A_N^p f \|_{\ell_p'(\mathbb{Z}^n)} \gtrsim \left( \sum_{k_1=1}^N \cdots \sum_{k_{n-1}=1}^N \sum_{k_n=1}^{n} 1 \right)^{1/p'} = N^{\frac{n+1}{p'}}.
\]

This shows that
\[
\frac{\| A_N^p f \|_{\ell_p'(\mathbb{Z}^n)}}{\| f \|_{\ell_p(\mathbb{Z}^n)}} \gtrsim N^{-(n+1) \left( \frac{1}{p} - \frac{1}{p'} \right)} = N^{-(n+1) \left( \frac{2}{p} - 1 \right)}.
\]

Next, letting \( f = \delta_0 \) we get
\[
\frac{\| A_N^p f \|_{\ell_p'(\mathbb{Z}^n)}}{\| f \|_{\ell_p(\mathbb{Z}^n)}} \geq \left( \sum_{k_1=1}^N \cdots \sum_{k_{n-1}=1}^N A_N^p f(-k_1, \ldots, -k_{n-1}, -(k_1^2 + \cdots + k_{n-1}^2))^{1/p'} \right)^{1/p'} \left( \sum_{k_1=1}^N \cdots \sum_{k_{n-1}=1}^N 1 \right)^{1/p'}
\]
\[
= \frac{N^{-(n-1) \left( \frac{1}{p} - \frac{1}{p'} \right)}}{1} = N^{\frac{n-1}{p'}}.
\]

Observe that \( -\frac{n-1}{p} \leq -(n+1) \left( \frac{2}{p} - 1 \right) \) if and only if \( p \geq \frac{n+3}{n+1} \), which concludes the proof of the necessity part of the theorem. \( \square \)
Acknowledgements The authors would like to thank the anonymous referees for their careful reading of our manuscript and insightful comments and suggestions.

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