Treatment period

- FODMAP lowering diet (Smartphone application)
  - N=235
- Otilonium Bromide (40 mg t.i.d.)
  - N=235

Follow-up period

- Follow up the diet
  - OR another treatment
- Otilonium Bromide
  - OR another treatment (no FODMAP/NICE diet)

Visit 0
- IBS diagnoses
- ICF signature
- Demographics

Visit 1
- Rome IV questionnaire
- Online questionnaires
- Patient alone moment

Visit 2
- Online questionnaires

Visit 3
- Online questionnaires

Visit 4
- Online questionnaires