SQuIGGLE Survey: Massive $z \sim 0.6$ Post-starburst Galaxies Exhibit Flat Age Gradients

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Abstract

We present Gemini Multi-Object Spectrograph (GMOS) integral field unit (IFU) observations of six massive ($M_\star \geq 10^{11} M_\odot$) A-star dominated post-starburst galaxies at $z \sim 0.6$. These galaxies are a subsample of the SQuIGGLE Survey, which selects intermediate-redshift post-starbursts from the Sloan Digital Sky Survey spectroscopic sample (DR14) with spectral shapes that indicate they have recently shut off their primary epoch of star formation. Using $H_\alpha$ absorption as a proxy for stellar age, we constrain five of the galaxies to have young ($\sim 600$ Myr) light-weighted ages at all radii and find that the sample on average has flat age gradients. We examine the spatial distribution of mass-weighted properties by fitting our profiles with a toy model including a young, centrally concentrated burst superimposed on an older, extended population. We find that galaxies with flat $H_\alpha$ profiles are inconsistent with formation via a central secondary starburst. This implies that the mechanism responsible for shutting off this dominant episode of star formation must have done so uniformly throughout the galaxy.

Unified Astronomy Thesaurus concepts: Galaxy quenching (1063); Galaxy evolution (594); Galaxy formation (595)

1. Introduction

Modern astronomical surveys have confirmed that the population of galaxies is bimodal, dividing fairly neatly into star-forming and quiescent populations. This bimodality is present in galaxy colors (e.g., Blanton et al. 2003; Jin et al. 2014), sizes and structures (e.g., Shen et al. 2003; van der Wel et al. 2014), and star formation rates (e.g., Noeske et al. 2007), although some studies suggest that the quiescent galaxies represent a long tail in star formation rates as opposed to a distinct population and that the existence of a “green valley” may be the result of optical sample selection (Eales et al. 2018; Davies et al. 2019). Nevertheless, at some point, all quiescent galaxies must have been star-forming; therefore, they are the descendants of a past star-forming population that has turned off its star formation, or quenched. Whether the star-forming progenitors of today’s elliptical galaxies resembled their counterparts today remains to be seen (Tadaki et al. 2020). Despite this uncertainty, the existence of massive quiescent galaxies as early as $z \sim 4$ (Straatman et al. 2014; Davidzon et al. 2017; Tanaka et al. 2019; Forrest et al. 2020; McLeod et al. 2020; Valentino et al. 2020) implies that many galaxies transition from star-forming to quiescent via a rapid channel that shuts off star formation quickly and efficiently.

In order to empirically understand this rapid channel of quenching, one can study galaxies that have recently ended an intense episode of star formation. These galaxies, often called post-starburst (PSB) galaxies, can be identified by their spectral energy distributions (SEDs), which exhibit spectral shapes and features characteristic of A stars, indicating that star formation shut down in the last $\sim 1$ Gyr (e.g., Dressler & Gunn 1983; Zabludoff & Zaritsky 1995). Post-starburst galaxies can be selected by their strong Balmer absorption features and low star formation rates (e.g., French et al. 2015). While some post-starbursts appear to be galaxies in transition from star-forming to quiescent for the first time (Alatalo et al. 2014), others may be older “K+A” quiescent galaxies with composite SEDs that include light from K giants along with A stars formed in a frosting of recent star formation (French et al. 2018).

Many physical models have been proposed for shutting off star formation and the relative efficiency of different physical mechanisms can vary throughout a galaxy. Therefore, the distribution of stellar ages in a galaxy, which themselves hold a record of the star formation history, can be used to distinguish among models. For example, mergers can drive gas to the center of a galaxy, triggering a strong burst of star formation, after which the galaxy quenches (Hopkins et al. 2008; Snyder et al. 2011; Wellons et al. 2015). This quenching pathway would produce a positive age gradient, where the stellar population at the center of the galaxy is younger than the population on the outskirts. In contrast, simulations of quenching via wet compaction, where gas migrates inward in a way which compacts a galaxy, suggest that galaxies may experience extended star formation outside their core after the central gas is depleted, resulting in negative radial age gradients (Tacchella et al. 2015; Zolotov et al. 2015).

Spatially resolved studies of the stellar populations of post-starburst galaxies at low-redshift have found a range of stellar age profiles traced by spectral indicators like $H_\alpha$ and D$_4$0000 (Pracy et al. 2005; Yagi & Goto 2006; Chen et al. 2019), and local starburst galaxies appear to be experiencing centrally concentrated bursts (Ellison et al. 2020). However, these galaxies may not be representative of the evolutionary path that quenches galaxies for the first time. While low-mass local post-
starburst galaxies can be extremely burst-dominated, at higher mass where the aforementioned bimodalities are the most extreme, post-starbursts are predominantly “K+A” post-starbursts in which a small burst has occurred in a quiescent galaxy that formed at high redshift (Helmболдt et al. 2008; French et al. 2018). This indicates that while massive post-starbursts do exist in the local universe, they do not tend to be galaxies that are quenching their primary epoch of star formation, which is unsurprising given that local massive galaxies are almost exclusively old (e.g., McDermid et al. 2015). Furthermore, post-starbursts constitute a negligible part of the $z < 1$ luminous galaxy population (Pattarakijwannich et al. 2016), and while massive post-starbursts exist at intermediate redshift (0.5 < $z$ < 1), it is not until $z = 2$ that they start to represent a significant fraction of the population of massive, quenched galaxies (Whitaker et al. 2012a; Wild et al. 2016). Thus, in order to understand the galaxies that are quenching their primary epoch of star formation, we must look to earlier cosmic time.

While $z = 2$ quenched galaxies are still beyond the reach of spatially resolved spectroscopic studies outside of extreme lensed systems (e.g., Akhshik et al. 2020; Jafarizadeh et al. 2020), intermediate-redshift post-starbursts are more accessible. Post-starburst galaxies have been studied in the Large Extra Galactic Astrophysics Census (LEGA-C) survey, which consists of deep (~20 hr/galaxy) spectra of galaxies at $z \sim 0.8$ in the COSMOS field (van der Wel et al. 2016). These intermediate-mass ($10^{10} M_\odot < M_* < 10^{11} M_\odot$) post-starbursts have positive age gradients (D’Eugenio et al. 2020) and compact sizes (Wu et al. 2018, 2020) consistent with formation via a recent central starburst. However, these galaxies, like their counterparts at low redshift, are observed following a frosted of recent star formation; the strong, but not extreme, $H_\delta$ in their sample indicates that K-giant stars are contributing significantly to the optical light of these galaxies. LEGA-C’s pencil beam survey design does not allow it to find the rare but crucial A-star-dominated post-starbursts that are in the stage of rapid transition from star-forming to quiescent. By leveraging the wide area of the Sloan Digital Sky Survey (SDSS), one can identify rare galaxies at intermediate redshift that have recently shut off their primary epoch of star formation. In a pilot program, Hunt et al. (2018) found a flat age gradient in a single $z = 0.747$ galaxy, indicating that the most extreme post-starbursts may quench differently than their less extreme “K+A” counterparts.

In this work, we build on that study of J0912+1523 and present five additional integral field unit (IFU) observations of massive ($M_* \geq 10^{11} M_\odot$), burst-dominated post-starburst galaxies at $z \sim 0.6$. In Section 2, we describe the parent SQuIGGLE sample, as well as our spectroscopic analysis of the follow-up Gemini Multi-Object Spectrograph (GMOS) observations presented in this work. In Section 3, we discuss the spatially resolved stellar populations of the sample. Finally, in Section 4, we highlight the implications of our study on the quenching of massive galaxies in this epoch. Throughout this paper we assume a concordance Λ cold dark matter ($\Lambda$CDM) cosmology with $\Omega_\Lambda = 0.7$, $\Omega_m = 0.3$, and $H_0 = 70$ km s$^{-1}$ Mpc$^{-1}$, and quote AB magnitudes.

2. Data

2.1. The SQuIGGLE Sample

For this study, we target a subsample of galaxies from the Studying Quenching in Intermediate-$z$ Galaxies: Gas, AnguLar Momentum, and Evolution (SQuIGGLE) Survey (K. Suess et al. 2020, in preparation). SQuIGGLE is designed to identify post-starburst galaxies that have recently quenched their primary epoch of star formation. The survey identifies all galaxies at $z > 0.5$ with integrated S/N of 6 in synthetic rest-frame $U$, $B$, and $V$ filters from spectroscopic data in SDSS DR14 (Abolfathi et al. 2018). We use the rest-frame color cuts ($U - B > 0.975$; $-0.25 < B - V < 0.45$) in Kriek et al. (2010) to identify post-starburst galaxies with strong Balmer breaks and blue colors redward of the break, thereby selecting A-star-dominated SEDs. This selection identifies 1318 unique galaxies with $0.5 < z < 0.94$ and 17.94 < $i$ < 20.47. To characterize the stellar populations and measure stellar masses, we perform stellar population synthesis modeling of the SDSS spectra and ugriz photometry using FAST++, an implementation of the popular FAST program (Kriek et al. 2009). We assume a delayed exponential star formation history, BC03 stellar population libraries (Bruzual & Charlot 2003), a Chabrier (2003) initial mass function, and a Calzetti (1997) dust law. The galaxy masses span $10^{10.11} M_\odot < M_* < 10^{11.63} M_\odot$ with mean $M_* = 10^{11.0} M_\odot$. Although SQuIGGLE galaxies are not explicitly selected based on their $H_\delta$ absorption, the sample exclusively exhibits strong Balmer absorption consistent with the common post-starburst selection: 98% of the sample meets a $H_\delta > 4$ Å criterion sometimes used to select post-starburst galaxies (e.g., French et al. 2015; Wu et al. 2018). The extremely strong Balmer absorption in this sample (median $H_\delta = 7.12$ Å) reflects a recent burst of star formation dominating both the mass and light of these galaxies (e.g., Kauffmann et al. 2003).

2.2. Gemini/GMOS Observations

From the 1318 SQuIGGLE galaxies, we conducted follow-up observations of 10 optically bright SQuIGGLE galaxies using the GMOS IFU instruments on Gemini North and South. In Figure 1, we show the Gemini/GMOS targets (large stars) and the parent SQuIGGLE sample (small symbols) in SDSS $i$ magnitude versus redshift, mass versus redshift, and $H_\delta$ versus $D_r$4000. Comparing to massive galaxies in the LEGA-C survey, the high $H_\delta$ and low $D_r$4000 of SQuIGGLE indicate that the post-starburst galaxies we select are indeed significantly younger than typical $z \sim 0.7$ quiescent galaxies. Objects that fall short of target depths are indicated by open symbols. The integration times (~2.5 hr/ galaxy) were chosen to measure the stellar continuum in spatially resolved spaxels and annuli to probe the kinematics and ages of the stellar populations of each galaxy. Each galaxy was observed using the R400 grating (5500 Å < $\lambda < 10500$ Å). The observations were collected between 2016 and 2019. Each exposure was bias subtracted, scattered-light corrected, cosmic-ray rejected, flat-field corrected, wavelength calibrated, response corrected (using a standard star that was not observed on the same night as the observations), and sky subtracted using the gfields and related IRAF packages following Lena (2014). All individual data cubes were constructed using the gcube tool at a resolution of 0”05 pixel$^{-1}$. Each spatial pixel was then iteratively sigma clipped using astropy.sigmaclip to remove noise spikes at the 5σ level (Astropy Collaboration et al. 2013, 2018). We performed an additional sky subtraction using a spline fit to the median of the outer pixels to account for any catastrophic over- or under-subtraction of the continuum in the GMOS pipeline.

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9 https://github.com/cschreib/fastpp
We combined all individual reduced data cubes for each object using an inverse variance weighted average. We truncate the spectra above 8500 Å because the data quality drops off severely and there are no useful spectral features present. Because the standard stars were not observed under the same viewing conditions and orientation as the science frames, the initial response correction is uncertain. We use the SDSS spectra to improve the response correction, using the luminosity-weighted average of each cube within the 2″ or 3″ SDSS fiber aperture to obtain a 1D integrated galaxy spectrum. We fit a 10th-order polynomial to models of the SDSS continuum generated by FAST, and do the same with the integrated GMOS spectra. We use the ratio of these polynomials to rectify the spectral shape of each individual spaxel.

Individual spaxels in the data cubes generally have insufficient signal to noise to facilitate robust measurement of stellar absorption features (median signal-to-noise ratio (S/N) ~ 0.8 Å−1 in the outer spaxels), so some binning is required. We Voronoi bin (Cappellari & Copin 2003; Cappellari 2009) the data to an S/N of 6 Å−1 at ~4100 Å. In addition, we bin the spaxels using elliptical isophotes with an axis ratio and orientation we fit with the photutils python package (Bradley et al. 2019). We adopt an adaptive binning scheme, expanding the semimajor axis of the isophotal ellipses until we reach a target uncertainty in the Lick HδA index less than 1.5 Å. These annular measurements sacrifice spatial resolution to gain signal to noise and provide a natural comparison to radial models by use of the circularized radius, defined as \( r_{\text{circ}} \equiv \sqrt{ab} \), where \( a \) and \( b \) are the semimajor and semiminor axes of the ellipse that intersects the center of the bin.

Unfortunately, the signal to noise in the stellar continuum in several data cubes was insufficient for this analysis. Three were not observed to a depth where we could resolve six Voronoi bins, so we exclude them from all additional analysis. We also exclude one other galaxy due to issues with strong residual sky features that overlap with the \( H\delta_A \) spectral feature. The details of the remaining six galaxies, including integration times and approximate seeing conditions, are presented in Table 1. The integrated spectra of the sample are shown in the left panels of Figure 2. In the right panels, we highlight the \( H\delta_A \) bandpass and show luminosity-weighted spectra from inner (\( r_{\text{circ}} < 3 \) kpc, blue) and outer (\( r_{\text{circ}} > 3 \) kpc, red) annuli. In all galaxies except for J0835+3121, the Balmer absorption is similarly strong in both the inner and outer bins.

We use Penalized Pixel Fitting (pPXF; Cappellari & Emsellem 2004) to measure the stellar line-of-sight velocities in each Voronoi
bin. We fit the spectra using theoretical stellar spectral libraries to match the spectral resolution of the observations, which are ~0.5 Å pixel$^{-1}$ in the rest frame (Bezanson et al. 2018). We fit the spatially binned spectra using a first-order multiplicative polynomial and a fifth-order additive polynomial to account for uncertainty in the continuum shape. We measure the Lick $H\delta_A$ index using $\text{pyphot}$\textsuperscript{10}, fitting the continuum with a first-order polynomial. We estimate the uncertainty in this index via a 1000-iteration Monte Carlo resampling of the error vector.

Due to the limited field of view of GMOS (3.5'' x 5''), our observations never include nearby stars and, as such, cannot exactly constrain the effective point-spread function (PSF). However, due to the small angular sizes of the sample galaxies, we expect the impact of beam smearing to be strong and must account for it in our analysis. Gemini provides seeing information in their RAW-IQ scores for the observations that measure an upper limit for the FWHM of the PSF at zenith. For galaxies observed in IQ-20, the seeing at zenith should be no greater than 0.5''. For galaxies observed in IQ-70, the seeing at zenith should be no greater than 0.75''. These values can be corrected for airmass effects as

$$\text{FWHM}_{\text{core}} = \text{FWHM}_{\text{zenith}} \times (\text{airmass})^{0.6}. \quad (1)$$

We treat FWHM$_{\text{core}}$ as the FWHM of a Moffat profile and consider it to be a conservative upper limit on the seeing that we use in our analysis of these galaxies.

3. Analysis

3.1. Stellar Velocities and $H\delta_A$ Profiles

Using the Voronoi bins and elliptical annuli discussed in Section 2.2, we can study the ordered motion and spatially resolved age-sensitive features in this sample of massive post-starbursts. In Figure 3, we present stellar velocity maps of the sample. Two galaxies (J0912+1523 and J0835+3121) show clear signs of strong ordered motion, with a third (J1109−0040) showing weaker but still significant velocity gradient. The other three galaxies do not exhibit statistically significant velocity gradients. Detailed analysis of the intrinsic velocity structures of these galaxies would require a more precise model of the point-spread function and is outside the scope of the current paper (see Hunt et al. 2018 for more in-depth discussion about the velocity structure of J0912+1523). However, the fact that we successfully resolve rotation in one of the galaxies that was observed under the worst seeing conditions indicates that all targets are at least marginally spatially resolved.

The $H\delta$ absorption feature at 4100 Å and the $D_4$ ratio of flux redward and blueward of the Balmer/4000 Å break together are very powerful in constraining the age of a stellar population (Kauffmann et al. 2003). However, $D_4$ is very sensitive to systematic uncertainties in the sky subtraction and response correction, especially in faint outer spaxels (for more, see Hunt et al. 2018). In contrast, $H\delta_A$ is insensitive to both these uncertainties in addition to dust extinction. Given the extreme $H\delta_A$ exhibited by galaxies in this sample, we elect to use it alone as a tracer of stellar age, as strong absorption is still very constraining (see Section 3.2). In Figure 4, we show $H\delta_A$ maps in both Voronoi (left) and annular (center) binning schemes. The right column shows sets of $H\delta_A$ measurements versus the circularized radius. In blue, the Voronoi measurements are plotted with associated errors. The black line and shaded region correspond to the annular measurements and associated errors. All galaxies exhibit PSB-like light ($H\delta_A > 4$ Å, black dashed line) at all radii. In Figure 5, all annular profiles (panel (a)) and gradients (panel (b)) are shown as a function of the physical circularized radius with a characteristic error bar in the bottom

\textsuperscript{10} https://github.com/mfouesneau/pyphot
corner. The average $\Delta H\delta_A$ is shown as blue points with error bars representing the error in the mean. Out to 5.5 kpc, the average gradient of this sample is flat. If we remove J0835 +3121, which is host to the most significant gradient, there is a small signature of stronger absorption at large radii.

In Table 2, we list the measurements of $H\delta_A$ and $H\delta_A$ gradients. The $H\delta_A$ indices measured from spatially integrated spectra in a 2":aperture are listed first with associated errors. We also measure the slope of the annular profiles using the publicly available Markov Chain Monte Carlo (MCMC) fitting code emcee (Foreman-Mackey et al. 2013) to perform a linear regression. Four of the six galaxies are consistent with a flat $H\delta_A$ gradient at the 2$\sigma$ level, while the galaxy J0912+1523 has a slightly increasing $H\delta_A$ profile. Only J0835+3121 exhibits a negative gradient in $H\delta_A$. We also measure the Spearman correlation coefficients for each $H\delta_A$ profile and reach similar conclusions to those in the linear regressions.

3.2. Flat Age Gradients in SQuIGGLE Post-starbursts

In most stellar populations, $H\delta_A$ is insufficient to constrain age because it does not monotonically increase or decrease with time and therefore cannot be inverted (e.g., Kauffmann et al. 2003). However, for very high values, $H\delta_A$ has significant constraining power because the light-weighted spectrum of a galaxy must be dominated by short-lived A-type stars to result in such extreme absorption. In this section, we utilize a simple two-burst star formation history model to constrain the radial age profiles in these galaxies. We implement this modeling in two ways. First, we treat the annular $H\delta_A$ measurements as independent, and use the model to understand the range of light-weighted ages ($t_{\text{lw}}$) that correspond to these measurements. Second, we test the extreme case of a nuclear starburst imposed on an older stellar disk to test whether the flat observed $H\delta_A$ profiles could result from an unresolved central burst. Together, these models will inform the type of intrinsic age profiles and formation mechanisms of the sample.

In order to produce model spectra, we use a simple two-top-hat star formation history illustrated in Figure 6. This model generates two distinct stellar populations, one of which is representative of a galaxy that formed stars at early times and another that represents a younger, more recently formed population. The model allows for a combination of old and young populations with the flexibility to tune the length and timing of the younger burst in addition to the mass fraction. We use the FSPS python package to generate composite stellar population synthesis models with custom star formation histories (Conroy et al. 2009; Conroy & Gunn 2010; Foreman-Mackey et al. 2014). We adopt MIST isochrones (Choi et al. 2016; Dotter 2016) and use MILES spectral libraries (Sánchez-Blázquez et al. 2006; Falcón-Barroso et al. 2011). For all models, we assume solar metallicity, and we test to ensure that our conclusions are valid for different assumptions.

Using this model, we can probe the parameter space that can produce sufficiently high $H\delta_A$ to match the observations. We generate a model library with 40 linearly spaced points 0.01 Gyr $\leq t_{\text{quench}} \leq$ 2 Gyr, 99 linearly spaced points with $1\% \leq f_{\text{burst}} \leq 99\%$, and 40 linearly spaced points 0.01 Gyr $\leq t_{\text{burst}} \leq$ 2 Gyr, and measure $H\delta_A$ and the light-weighted age (at 4000 Å) for each star formation history. In Figure 7, we show the models collapsed in $f_{\text{burst}}$ versus $t_{\text{quench}}$, that can result in $H\delta_A > 7$ Å. The symbols are colored by mean light-weighted age and symbol size indicates the
Figure 4. $H\delta_A$ maps for the final sample in Voronoi (left) and annular bins (center). The dashed error bars represent the FWHM of the worst-case seeing conditions. (Right) $H\delta_A$ profiles vs. circularized radius for Voronoi bins (blue symbols) and annular bins (black line with gray band). The red vertical lines represent the worst-case half-width at half-maximum of the point-spread function. The dashed horizontal line at 4 Å indicates the common threshold to spectroscopically identify post-starburst galaxies. The entire sample is consistent with PSB-like absorption at all radii.
Figures 5. (a) Annular $H_{60}$ profiles and gradients for the sample as a function of physical radius. The error bar represents the average error in the measurements of $H_{60}$. (b) Radial $H_{60}$ trends relative to the central measurement. The blue points show the running mean and error on the mean in 0.75 kpc bins. The average profile is flat to 5.5 kpc.

number of models that lie in that region of parameter space. Such high $H_{60}$ values most often result from a high secondary burst fraction and a short time since quenching ($t_{\text{quench}} < 0.8$ Gyr), which together result in young light-weighted ages. $H_{60} > 8$ Å constrains the light-weighted stellar population to be younger than 1 Gyr, while $H_{60} > 9$ Å can only be produced by a stellar population that is between 200 and 600 Myr old. The star formation rate of the secondary burst is extremely degenerate with the length of the burst and is not well constrained by $H_{60}$ alone. However, all models that result in $H_{60} > 7$ Å can at least be constrained to have star formation rates above the Whitaker et al. (2012b) star-forming main sequence at $z = 0.7$ in order to form $10^8$ solar masses by the time of observation, indicating that these galaxies likely went through a recent starburst phase.

We use this library of models to fit the observed $H_{60}$ profiles and convert empirical measurements to light-weighted age profiles and gradients. For each individual $H_{60}$ measurement, we marginalize over $t_{\text{quench}}$, $f_{\text{burst}}$, and $f_{\text{burst}}$ and plot the median light-weighted age as solid lines and the 68% confidence intervals as shaded regions in Figure 8(a). The light-weighted ages in all cases are young, and in four of the six galaxies are constrained to be $\lesssim 1$ Gyr at all radii. We run identical fits assuming both sub- and supersolar metallicity ($\log Z = [-1.0, -0.5, 0.5, 1.0]$) and find that systematic shifts in the inferred light-weighted ages are $\lesssim 100$ Myr, which are much smaller than the errors in our fits. The shift is such that low metallicity leads to older inferred ages and high metallicity to younger ages. In Figure 8(b), we show the trends relative to the central light-weighted age. In addition, we bin the posteriors for the light-weighted age as a function of radius for the sample and show the full posterior as a shaded region in the background, with the median and errors calculated from jackknife resampling in 0.75 kpc bins as blue points and error bars. The sample average is flat, and any deviations in the median of the posterior are $\lesssim 100$ Myr. The gradient of the sample average is flat regardless of our assumptions about metallicity.

Clearly the extreme $H_{60}$ in these massive post-starbursts necessitates that light from A-type stars dominate at all radii. However, due to the relatively low spatial resolution of our data, it is possible that this is not the result of a spatially extended post-starburst region but instead a secondary and unresolved nuclear burst of star formation. These nuclear starbursts are found in compact galaxies at $z \sim 0.6$ (e.g., Sell et al. 2014), and could wash out any intrinsic age gradients by dominating the optical light under poor seeing conditions. We employ a toy model of an older, extended population superimposed with a nuclear starburst to test whether the observed $H_{60}$ profiles could result from an unresolved secondary central burst.

The details of this model and the fits to the galaxies are summarized in the Appendix. In short, we fit the radial $H_{60}$ profiles of each galaxy with a central young burst and a spatially extended old population (to represent a stellar disk at $z = 2$) and test whether intrinsic positive age gradients could be masquerading as flat gradients under the worst-case seeing conditions outlined in Section 2.2. The results of this fitting are shown in Figure 9 as 1000 models drawn from the posterior (left) and a cumulative distribution function for the burst fraction (right). One galaxy, J0835+3121, is well fit by a secondary central burst with $f_{\text{burst}} \sim 20\%$, but the flat profiles in the remaining galaxies can only be produced by a central burst if a substantial amount of the mass (median $f_{\text{burst}} = 66\%–98\%$; see Table 3) was formed in the most recent episode of star formation. For these five galaxies, we conclude that the $H_{60}$ profiles must be the result of either a spatially extended post-starburst region, or that they must have formed the majority of their mass in the last $\sim 0.5$ Gyr such that the burst is not secondary, but instead is the dominant epoch of the galaxy’s star formation. Either way, the optical light at all radii must be dominated by a recent burst, which means that star

### Table 2

| Name          | Integrated $H_{60}$ | $\frac{dh_{60}}{dr}$ (Å kpc$^{-1}$) | Spearman $\rho$ |
|---------------|---------------------|-------------------------------------|-----------------|
| J1109−0040    | 8.94 ± 0.15         | 0.21 ± 0.21                         | 0.371           |
| J0233+0052    | 8.73 ± 0.17         | 0.47 ± 0.32                         | 0.482           |
| J0912+1523    | 9.0 ± 0.04          | 0.25 ± 0.06                         | 0.834           |
| J0835+3121    | 8.03 ± 0.13         | -0.66 ± 0.17                        | -0.968          |
| J0753+2403    | 9.06 ± 0.15         | 0.3 ± 0.24                          | 0.401           |
| J1448+1010    | 8.02 ± 0.25         | -0.03 ± 0.22                        | -0.191          |

Notes.

- $^a$ This value is measured on the luminosity-weighted combination of spaxels within a 2" diameter circular aperture.
- $^b$ The Spearman correlation coefficient for the annular measurements of $H_{60}$ as a function of the circularized radius.
form occurred and shut off uniformly throughout the galaxies.

### 4. Discussion

In this work, we find strong evidence that the stellar ages in $z \sim 0.6$ massive post-starburst galaxies are comparable across the face of the galaxy, at least to $\sim 5$ kpc. In contrast, both star-forming and quiescent galaxies tend to have intrinsically negative color gradients out to $z \sim 2$ (Suess et al. 2019), indicating that younger stars dominate the light profiles of these galaxies at large radii while older stars dominate in their cores. In star-forming galaxies, these negative age gradients can be ascribed to star formation in disks, which populates the outer regions of galaxies with younger stars (Nelson et al. 2016), and in quiescent galaxies they are likely caused by the addition of ex situ stars, which puff up the outer regions with younger stars from less massive systems (Bezanson et al. 2009; Hopkins et al. 2009; Naab et al. 2009; van Dokkum et al. 2010). The lack of radial trends in the stellar ages of this sample indicates that if SQuIGGLe post-starbursts are galaxies in transition from star-forming to quiescent, the process that quenches them must do so in a way that erases the existing negative age gradient from the progenitor stellar disk. The high $H\delta_A$ that we observe everywhere implies that these galaxies are not typical star-forming galaxies that simply truncated their star formation, but instead have actually experienced an enhancement in star formation rate that preceded quenching. Local starburst galaxies have been shown to have flat star-forming surface densities and weighted ages (Bluck et al. 2020), and such galaxies could indeed evolve into post-starbursts like the ones we observe.

If instead the progenitors are quiescent galaxies experiencing a burst of star formation that pushes them into the SQuIGGLe selection, they also must form the new stars in such a way that overcomes an age gradient that has been caused by minor mergers, and in the Appendix, we show that this can only happen if a nuclear starburst formed $\gtrsim 50\%$ of the total galaxy mass. This indicates that it is unlikely that these galaxies quenched via a halo process that cuts off the gas supply to the galaxy all at once (e.g., Feldmann & Mayer 2015), as a uniform shutdown of star formation that does not include a significant burst would not be able to transform the existing galaxy stellar age profiles. It is also unlikely that any event that preferentially removes gas from the center of the galaxy, like active galactic nucleus driven outflows (e.g., Mao & Ostriker 2018), could cause the quenching in this sample, as that would likely enhance any existing negative age gradients. Wet compaction events (Tacchella et al. 2015; Zolotov et al. 2015) are also unlikely to be responsible, as they predict negative age gradients much stronger than those we observe, which are at most consistent with $|\Delta t_{\text{f,W}}| \sim 100$ Myr.

One way to erase intrinsically negative age gradients is via a starburst event that is more centrally concentrated than the underlying distribution of older stars. Gas-rich mergers could effectively trigger this mode of quenching by driving gas to the center of a galaxy to rapidly form a new generation of stars (Hopkins et al. 2008; Snyder et al. 2011; Wellons et al. 2015). There is significant evidence for this mode of quenching, as post-starbursts have been found to lie below the mass–size relation for both star-forming and quiescent galaxies at intermediate redshift (Almaini et al. 2017; Wu et al. 2018, 2020). D’Eugenio et al. (2020) find evidence for positive age gradients in the stacked $H\delta_A$ and Fe4383 profiles of the LEGA-C post-starburst sample, and Sell et al. (2014) identified a population of extreme compact starbursts in the SDSS, which have light profiles that are well fit by an unresolved nuclear starburst superimposed with an underlying de Vaucouleurs profile. At $z = 2$, star-forming galaxies have been found with star-forming regions that are a factor of 2 more compact than the older stellar disks, suggesting that $\sim 300$ Myr depletion times would yield integrated light profiles that are similarly compact to the population of quiescent galaxies (Tadaki et al. 2020).
Although one galaxy in this sample could easily be representative of this channel, in some cases the central starbursts in the Tadaki et al. (2020) sample are sufficiently extreme that the new stellar population could outshine any older stellar light, erasing age gradients. Therefore, although these star-forming galaxies are identified at an earlier epoch, we cannot rule out a low-redshift tail of the population as a possible set of progenitors of the SQuIGGLE galaxies studied herein.

However, in the majority of the sample, only a burst of star formation that forms the majority of the stellar mass of the galaxy or is comparably extended to the older population could result in the observed Hδ_A profiles. There is evidence that photometrically selected post-starburst galaxies at z ~ 1–2 exhibit flat color gradients (Maltby et al. 2018; Suess et al. 2020), which is a qualitatively similar result to the flat age gradients we detect. Furthermore, Suess et al. (2020) found that
the mass-weighted sizes in post-starbursts are actually very similar to those of quiescent galaxies at a given epoch, and the difference in observed size manifests almost entirely from the accretion of stars at large radii in galaxies in post-quenching minor mergers. Since we are catching these galaxies directly after quenching, it may be that we are observing them before the strong absorption ($\langle H_\alpha \rangle \sim 7.12 \, \text{Å}$) and flat age gradients, in contrast to the comparatively weaker absorption ($\langle H_\alpha \rangle \sim 5.5 \, \text{Å}$) and positive age gradients in LEGA-C that more closely resemble local post-starbursts. In this paper, we have demonstrated that quenching in class of post-starburst galaxies identified in SQuIGGLE happens simultaneously throughout the galaxies or, if centrally concentrated, is dominant in both mass and light.

5. Summary and Conclusions

In this work, we study a sample of massive post-starburst galaxies at $z \sim 0.6$ using spatially resolved spectroscopy. We find the following:

1. Three of the six galaxies show unambiguous signs of ordered motion, while the rest of the sample shows weak or unresolved ordered motion (see Figure 3). One rotating galaxy was observed under the worst seeing conditions, indicating that all galaxies are at least marginally resolved in the IFU data cubes.

2. Five of the galaxies we observe exhibit $H_\alpha \geq 7 \, \text{Å}$ measured out to $r_{\text{circ}} \sim 5 \, \text{kpc}$, indicating that an A-type stellar population dominates their optical light at all radii (see Figures 4 and 5). On average, the sample exhibits flat $H_\alpha$ and light-weighted age profiles, with young ($t_{L,W} \sim 600 \, \text{Myr}$) ages throughout (see Figure 8).

3. We test whether the observed $H_\alpha$ profiles could be the product of an unresolved nuclear starburst in an older quiescent galaxy. In one galaxy, we find that the observed $H_\alpha$ profile is best fit by a central burst with a secondary burst mass fraction of $\sim 20\%$. For the remaining five galaxies, we find that their $H_\alpha$ profiles are not consistent with an unresolved central secondary starburst (see Figure 9).

4. The finding of flat age gradients stands in contrast with other studies of less extreme post-starbursts that appear to be the products of central secondary bursts of star formation. This indicates that we have identified a sample of galaxies that have recently ended their primary epoch of star formation in a way that quenches the entire galaxy within $\sim 100 \, \text{Myr}$.

The fundamental limitation of this study is the seeing, which, from the ground, is comparable to the sizes of the galaxies at this redshift. Future work using adaptive optics or space-based IFU such as NIRSPEC on the James Webb Space Telescope (JWST) could probe galaxies in transition with finer resolution. JWST in particular would have the advantage of pushing out to IR wavelengths where any residual star formation can be spatially resolved with $H_\alpha$. Although spectroscopic identification of post-starburst galaxies is optimal, identification of galaxies within SDSS limits the SQuIGGLE sample to the tail end of a post-starburst distribution that peaks at earlier times (Whitaker et al. 2012b; Wild et al. 2016). Future large surveys like the Dark Energy Spectroscopic Instrument (DESI Collaboration et al. 2016) and Prime Focus Spectrograph (Takada et al. 2014) surveys will allow for spectroscopic identification of post-starburst galaxies at $z > 1$, when we expect the rapid quenching process to be more dominant. Future studies with these exciting new samples and instruments will continue to improve our understanding of the gas, kinematics, and stellar populations of quiescent galaxies at a given epoch.
these higher-redshift post-starburst galaxies to understand how galaxies transform during the peak epoch of quenching.

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Appendix
Unresolved Central Burst Toy Model

In order to test whether the observed flat $H\delta_A$ could be the result of an unresolved nuclear starburst, we assume a simple geometry for an underlying stellar population that formed at $z \sim 2$ and superimpose a central burst under the worst-case seeing conditions. We distribute the light from the older population following an exponential disk with $r_e = 3$ kpc, the characteristic size of a late-type $\sim 10^{10.5} M_\odot$ galaxy at $z \sim 2$. To this underlying profile we add a pointlike central starburst, convolved with a Moffat profile with the conservative FWHM limit (see Section 2.2).

The resulting intensity and $H\delta_A$ profiles for the same burst as in Figure 6 are shown in Figure 10 for a galaxy observed under 0"5 seeing conditions. The left panel shows the intensity profile in the $B$ band, which is dominated by an A-type stellar population well past the half-width at half-maximum of the

![Figure 9](imageurl)

Figure 9. Observed $H\delta_A$ profiles derived from central burst toy models convolved with pessimistic seeing conditions (left) and cumulative distribution function of burst fractions obtained from those models (right). One thousand models randomly drawn from the posteriors are superimposed on each panel, with colored lines indicating models that form a subdominant secondary burst and black profiles indicating models in which >50% of stars were formed in the central burst. The flat $H\delta_A$ profiles exhibited by five galaxies are only consistent with unresolved, central bursts if the majority of stars were formed in the burst. Only J0835+3121 (shown on the cumulative distribution function as a dashed line) is best fit by a secondary central burst that formed ~20% of the total galaxy mass.
Moffat central burst due to the much smaller mass-to-light ratio of the recently formed stars. The coloring scheme is the same as in Figure 6, where the blue light profile corresponds to the young population, red to the old population, and green to the composite. The labeled bands in the left panel correspond to the three subpanels in the center of the figure, which show the spectral region around $H\delta_A$ at 1, 3, and 5 kpc. In the outer radii, light from the older population becomes more dominant, and by 5 kpc the older population is contributing more light to the $H\delta_A$ feature than the recent secondary burst. The $H\delta_A$ profile for this model configuration is shown in the right panel, and by $5$ kpc the absorption has fallen below the common post-starburst selection of $H\delta_A > 4$ Å.

For each galaxy in this sample, we fit the three-parameter central burst model to the $H\delta_A$ profiles using emcee (Foreman-Mackey et al. 2013). We assume the following flat priors on our parameters: $0.001$ Gyr $< t_{\text{quench}} < 2$ Gyr and $0 < f_{\text{burst}} < 1$. We allow the length of the burst, $f_{\text{burst}}$, to be anywhere from $0.001$ Gyr to the maximum time between quenching and the end of the old burst. We fit the models to the $H\delta_A$ profile and integrated measurements for each galaxy. We run the fits using 24 walkers and 5000 iterations and exclude the first 500 iterations to ensure burn in. Visual inspection of our walkers confirms that the fits have converged. The resulting best-fitting parameters are shown in Table 3.

In Figure 11, we show the results of the fitting on one of the galaxies with a flat $H\delta_A$ profile, J1109−0040. The left panel shows the corner plot for the three-model parameters with 68%, 95%, and 99% contours bounding the data. The right panel shows the observed $H\delta_A$ profile along with the median and 1σ bounds in the best-fitting model generated from 1000 random draws from the posterior distributions. A central burst can still be hidden by poor seeing conditions, but only if the majority of the mass of the galaxy formed in the later burst. This essentially rules out a central secondary burst of star formation; the only solutions that fit the data at the 1σ level require $f_{\text{burst}} \geq 50%$.

In Figure 12, we show the results of the fitting for J0835+3121, which prefers a lower secondary burst fraction in contrast to the other five galaxies in our sample. For this galaxy, we place a rough upper limit on the fraction of stars that formed in a central burst: above this fraction, we would expect our observed profile to be significantly more flat than the observed profile. It appears that our worst-case PSF may overestimate the true PSF, which is why the models are not able to decline as quickly as the observed profile. Interestingly, we detect ordered motion in this galaxy (see Figure 3), and while we cannot rule out that a merger is the cause of that motion, it is clear that the galaxy is not entirely dispersion dominated at this stage of its evolution.

The posteriors for the four remaining galaxies are shown in Figure 13. All four of them are similar to J1109−0040 in that the burst fraction can be constrained as a single tailed distribution from a 100% burst, which will result in a perfectly flat profile. The exact constraints vary between the galaxies, with extreme cases like J0912+1523 being entirely inconsistent with an unresolved secondary starburst. Other galaxies are less constrained due to less extended profiles or worse seeing conditions, but they still can only produce the observed profiles if the central burst is comparable in mass to any underlying population.
Figure 11. Results of fitting our two-burst model to J1109−0040. (Left) The corner plot resulting from our MCMC run showing the posterior of our three-parameter model. The contours represent 1σ, 2σ, and 3σ confidence intervals, and the dashed lines on the 1D histograms are the median and upper and lower 68% regions. Note that the burst fraction 2D histogram is physically bounded between 0 and 1, so it is not concerning that our fit to a flat profile runs up against that boundary. (Right) The Hδ_A profile for this galaxy with the median and upper and lower 68% models plotted on top, showing that we are able to achieve a good fit to the observed profile. This modeling allows us to place strong constraints on the central burst strength below which we would expect our profile to be distinct from the flat profile we observe.

Figure 12. Results of fitting our two-burst model to J0835+3121. (Left) The corner plot resulting from our MCMC run showing the posterior of our three-parameter model. The contours represent 1σ, 2σ, and 3σ confidence intervals, and the dashed lines on the 1D histograms are the median and upper and lower 68% regions. (Right) The Hδ_A profile for this galaxy with the median and upper and lower 68% models plotted on top, showing that we are able to achieve a good fit to the observed profile. In contrast to J1109−0040, here the fits allow us to place an upper limit on the central burst fraction that would agree with the observed declining Hδ_A profile.
Figure 13. Posteriors for the four galaxies not shown in Figures 11 and 12. The unresolved central starburst model can only match the profiles of these galaxies with very high burst fractions.

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