Density and Distribution of α-Bungarotoxin-binding Sites in Postsynaptic Structures of Regenerated Rat Skeletal Muscle

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ABSTRACT  Acetylcholine receptors (AChR) are organized in a discrete and predictable fashion in the postsynaptic regions of vertebrate skeletal muscle. When muscle is damaged, nerves and myofibers including muscular elements of the endplate degenerate, but the connective tissue elements survive. Muscle fibers regenerate within the basal lamina of the original myofiber. Postsynaptic differentiation in regenerated mammalian skeletal muscle can occur in different ways: (a) at the site of the original endplate in the presence or absence of the nerve, or (b) at ectopic regions of the regenerated myofiber in the presence of the nerve when the original endplate is not present. The present study used 125I-α-bungarotoxin (125I-α-BuTX) and EM autoradiography to examine the density and distribution of AChR in postsynaptic structures regenerated at the site of the original endplate in the absence of the nerve and at ectopic sites of the myofiber in the presence of the nerve when the original endplate was removed. In regenerated myofibers, the density of α-BuTX-binding sites fell within the range of densities observed in uninjured muscle whether postsynaptic differentiation occurred at the site of the original endplate in the absence of the nerve or at an originally ectopic position of the regenerated myofiber. In addition, the distribution of α-BuTX-binding sites within the regenerated postsynaptic regions closely resembled the distribution of α-BuTX-binding sites in uninjured muscle. Morphometric analysis was performed on postsynaptic structures formed at the site of the original endplate in the absence of the nerve or at an ectopic position of the regenerated myofiber by interaction of the nerve and muscle. Although variation in the depth of the primary cleft occurred, there was little difference between the overall structure of regenerated postsynaptic structures and that of endplates of uninjured muscles.

The density of acetylcholine receptors (AChR) at innervated motor endplates of skeletal muscle has been determined by both physiological (23, 25) and morphological (16, 28, 30, 33-35) means. Various studies (for review see reference 12) have shown that the number of AChR at endplates in mice (2), rats (14, 31), frogs (31), and humans (13) is quite similar. Electron microscope autoradiographic studies have demonstrated a relatively constant density (16, 28, 30, 33-35) and distribution (16, 33-35) of AChR at endplates of vertebrate skeletal muscle.

When skeletal muscle grafts are made, the neuromuscular junctions are disrupted by the degeneration of the myofibers and the nerves that supply them (7, 10, 29, 37, and footnote 1).

It has been established that synapses are formed in the regenerated muscle of amphibians (29, 37) and mammals (1, 3, 10). Marshall et al. (29) have shown that, in regenerating frog muscle, neuromuscular connections are almost always at the site of the original endplate. Burden et al. (7) have demonstrated that postsynaptic differentiation, including accumulation of AChR to levels observed in normally innervated endplates, occurs at the site of the original motor endplate in regenerated frog skeletal muscle, even in the absence of the nerve. Recent studies of mammalian skeletal muscle regener-
ivation (1, 38) have determined that the presence of the original endplate region is essential for the overall success of the muscle graft. New endplates are formed in grafts devoid of original endplates but they are few in number when compared with the number of endplates formed in muscle grafts when original endplates are present (1).

From these previous studies of skeletal muscle regeneration, it is apparent that postsynaptic differentiation in damaged muscle can occur in different ways. It is also apparent from previous EM autoradiographic studies that a relatively constant density and distribution of AChR are observed in endplates of mammalian skeletal muscle. The present study examined postsynaptic structures in regenerating rat skeletal muscle that differentiated in two different ways: (a) at the site of the original endplate in the absence of the nerve, and (b) at ectopic positions on the regenerated myofiber by interaction of the nerve and muscle when the original endplate was not present. EM autoradiography and $^{125}$I-$\alpha$-BuTX were used to examine the density and distribution of AChR in endplates regenerated in these two different ways. These experiments were conducted to determine whether postsynaptic structures derived in vastly different developmental processes would attain the arrangement of AChR observed in endplates of uninjured skeletal muscle.

**MATERIALS AND METHODS**

**Purification and Iodination of $\alpha$-BuTX**

$\alpha$-BuTX (purchased from Sigma Chemical, St. Louis, Mo.) was purified similar to the method of Berg et al. (5). Purified $\alpha$-BuTX was labeled with $^{125}$I (purchased from Amersham Corp., Arlington Heights, Ill.) by the chloramine-T method of Greenwood et al. (19). Four separate batches of $^{125}$I-$\alpha$-BuTX were prepared during this study, with specific activities ranging from 44 to 238 Ci/mmol. Specific activities of different batches of $\alpha$-BuTX were determined from the ratio of radioactivity and protein concentrations. The molarity of $^{125}$I-$\alpha$-BuTX was determined by a Lowry protein assay using bovine serum albumin as a standard. The apparent protein concentration of the $^{125}$I-$\alpha$-BuTX was multiplied by a correction factor of 0.57 to obtain the correct specific activity of the radioactive compound (see reference 27 for details on determination of specific activity of $^{125}$I-$\alpha$-BuTX). In all cases, $^{125}$I-$\alpha$-BuTX was used within 10 d of preparation.

**Control and Experimental Groups:**

**Surgical Procedures**

Male Sprague-Dawley rats (Charles River) that initially weighed 150–175 g were used in this study. Surgery was done under ether anesthesia. Muscles were exposed by cutting the overlying skin and fascia, and all suturing of tendons, fascia, and skin was done with surgical thread. All animals were kept under standard laboratory conditions. Unless otherwise stated, all muscles were poisoned with $^{125}$I-$\alpha$-BuTX at a concentration of $1.5 \times 10^{-6}$ M in Kreb’s solution (5) by topical application.

**Innervated, Noninjured Muscle**

For determination of the density of the $\alpha$-BuTX-binding sites in normal muscle, two extensor digitorum longus (EDL) muscles and two soleus (SOL) muscles were poisoned with $^{125}$I-$\alpha$-BuTX. The muscles were surgically exposed and the toxin was applied topically until there was total blockage of nerve-evoked tetanic muscle contraction. This was determined by stimulating the nerve to the muscle with hook electrodes every 20 min at a stimulating frequency of 100 Hz. Total blockage of tetanic response usually took <2.5 h.

**Denervated, Noninjured Muscle**

In two rats, the sciatic nerve was severed and reflected to totally denervate the hindlimb. 40 d after denervation, the SOL muscle was exposed and treated with $^{125}$I-$\alpha$-BuTX for 3 h.

**Noninnervated, Regenerated Muscle Grafts with Original Motor Endplates**

In three rats, the SOL was taken from its bed and cut into three pieces (Fig. 1). The three pieces were soaked in 0.75% Marcaine (Winthrop Laboratories, New York) for 10 min to insure the initial destruction of all grafted myofibers (9) and then grafted into the bed of the ablated EDL. Then the sciatic nerve, at the level of the sciatic notch, was severed and reflected to totally denervate the hindlimb. 40 d after surgery, the muscle grafts were isolated in the limb and poisoned with $^{125}$I-$\alpha$-BuTX for 3 h.

**Muscle Grafts Devoid of Original Motor Endplates**

Soleus muscles were removed from their muscle bed and cut into three segments (Fig. 1). The middle piece was tested histochemically for acetylcholinesterase (22) either as a whole mount or as serial sections cut in a cryostat to determine whether all original motor endplates were removed. As previously noted (1, 18, 20), the endplates of the rat soleus muscle are located only at the mid-portion of the muscle. All endplates were considered to be removed if the zone of acetylcholinesterase-positive motor endplates had a region of non-acetylcholinesterase-stained muscle on both sides of the motor endplate zone. The two aneural portions of the muscle were soaked in 0.75% Marcaine. The muscle graft was then placed in the bed of the EDL muscle after its ablation. No attempt was made to direct the cut nerve of the EDL to the muscle graft. The tendons of the muscle graft were sutured to the tendon stumps of the EDL. The grafts were allowed to regenerate for 60 d because it was felt that stable neuromuscular connections would be made by that time. 60 d after grafting, three such grafts were poisoned with $^{125}$I-$\alpha$-BuTX for 3 h. Muscle grafts devoid of original motor endplate do not undergo constant and predictable contraction after electrical stimulation to the nerve entering the muscle graft (1). A 3-h time period of toxin application was chosen because it was found that $\alpha$-BuTX-binding sites were saturated during this time period (see below: "$\alpha$-BuTX-binding Sites in Regenerated Muscle ").

**FIGURE 1** Experimental techniques used to produce muscle grafts. (A) Left side: Grafts devoid of original endplates. (1) The SOL muscle was taken from its bed and cut into three pieces. (2) The middle piece which contained the endplate zone was tested histochemically for the complete removal of endplates. (3) The two remaining aneural portions of the muscle were then placed into the bed of the ablated EDL and (4) sutured to the tendons of the EDL. (B) Right side: Grafts with original endplates in denervated legs. (1) The SOL muscle was taken from its bed and cut into three pieces. (2) The three pieces were placed together and the ends of the muscle grafts were cut so that it would better fit the bed of the EDL. (3) The graft was placed in the bed of the ablated EDL and sutured to its tendons. (4) At the level of the sciatic notch, the sciatic nerve was cut and reflected to totally denervate the hindlimb. Similar to Fig. 1 of reference 1.
Figure 2. Autoradiogram of neuromuscular junction of uninjured EDL muscle. The overall structure of the endplate is characteristic of mammalian endplates (see text). This muscle was treated with $^{125}$I-α-BuTX until tetanus was completely blocked. The α-BuTX-binding sites represented by the developed silver grains are associated with the top of the secondary cleft. The black precipitate is from acetylcholinesterase stain. Flat substrate technique, Microdol-X developer, uranyl acetate/lead citrate stain. Bar, 1.0 μm. × 26,000.

Tissue Preparation and Electron Microscope Autoradiography

1.5-2 h after the final application of α-BuTX, the muscles, either control or experimental, were fixed at resting muscle length in 2% glutaraldehyde in phosphate buffer for 2 h. The glutaraldehyde-fixed tissue was then treated with a stain for acetylcholinesterase (22) for 20 min. Regions that contained motor endplates were dissected out, postfixed in 1% osmium tetroxide in phosphate buffer for 1 h, and processed for electron microscopy with Epon 812/Araldite resins. Pale gold sections (100 nm ± 10% in thickness judged by interferometry) were cut and processed for electron microscope autoradiography. By use of either the loop technique (6) or the flat substrate technique (36), monolayers of Ilford L-4 emulsions were applied to these sections. No significant difference was observed in grain densities in sections from the same block by either technique. The autoradiograms were exposed for 1-8 wk and then developed with D-19 (2 min, 20°C) or Microdol-X (2 min, 25°C), fixed, and stained with uranyl acetate and lead citrate. All endplates in the sections were photographed in a Siemens 101 microscope at an initial magnification of 10,000.

Analysis of Autoradiograms

The determination of grain density (grains/micrometer$^2$) and of the length of primary and secondary clefs and the thickened postsynaptic membrane were determined by previously published morphometric procedures (15, 16). Histograms of the grain distribution in motor endplates were constructed for the various control and experimental groups. The center of all developed grains within 0.5 μm on the axonal side and 1.0 μm on the muscle side of the primary cleft was found, and the distance from this point to a line drawn over the crests of the junctional folds was measured. Grain density at different distances from the line drawn over the crests of the junctional folds was determined as described by Fertuck and Salpeter (16). The grain density was expressed in HDs (or half distance of exposed grains) from this line.

α-BuTX-binding Studies

These experiments were conducted to insure that α-BuTX-binding sites were saturated during the period of α-BuTX application described above. Three separate batches of $^{125}$I-α-BuTX were tested. For each batch of $^{125}$I-α-BuTX, one rat soleus muscle was treated with nonradioactive α-BuTX at a concentration of 1.5 × 10$^{-6}$ M for 3 h (blockage of neuronally induced tetanic response was always complete in 2.5 h). This was followed by treatment of the muscle with $^{125}$I-α-BuTX for 2 h. Another SOL muscle was treated with $^{125}$I-α-BuTX for 3 h. These six animals were maintained for 12-18 h before the muscles were removed and homogenized in buffer (Tris-Cl, 10 mM; NaCl, 50 mM; pH 7.4). This homogenate was centrifuged at 15,000 g for 30 min and the resulting pellet was resuspended in buffer containing Tris-Cl, 10 mM; NaCl, 50 mM; Triton X-100, 1%, pH 7.4. Three 120-μl aliquots of each homogenate were counted in a gamma counter.

RESULTS AND DISCUSSION

Uninjured EDL and SOL Muscles

The diameters of individual endplates as determined from AChE-stained cryostat sections of EDL and SOL muscles were 37 ± 16 and 34 ± 6 μm, respectively. In endplates of both the EDL and SOL muscles, the space between the pre- and postsynaptic membranes (50 nm) was always split by a basal lamina which also extended into the secondary cleft. The thickened postsynaptic membrane was found at the top of the junctional folds and extended down the sides of the folds ~200 nm. The depth of the secondary cleft was ~900 and ~870 nm in endplates of the EDL and SOL muscles, respectively. The bottom of the secondary clefs of endplates of the EDL muscle lay close to the outer surface of the myofibrils (Fig. 2), whereas

These values represent the average cpm (±10%) of the three aliquots from each muscle.
endplates of the SOL muscle had more cytoplasmic elements between the bottom of the clefts and the outermost myofibrils. Morphometric analysis of endplates in uninjured muscle is presented in Table I. The grain distribution over uninjured EDL endplates showed that the greatest concentration of α-BuTX sites was located in the 200-nm region near the crests of the junctional folds (Fig. 7) and that the grain density at the bottom of the folds was nearly the levels seen at extrajunctional regions. The presynaptic membrane may have up to 5% of the α-BuTX binding of the thickened postsynaptic membrane (30). Therefore it is assumed that the greatest share of the radioactivity seen at the interface of the pre- and postsynaptic membranes is caused by α-BuTX binding the postsynaptic membrane (see Table I for α-BuTX binding densities).

**Denervated SOL Muscle**

The diameter of motor endplates in 40-d denervated SOL muscle was 31 ± 8 μm, which was not significantly different from that of innervated SOL endplates. Although the diameter of the denervated muscle fibers was smaller than that of innervated SOL myofibers, the ultrastructure of the endplate generally resembled that of innervated endplates (Fig. 3). The depth of the secondary cleft remained ~870 nm and the α-

| Table I

| Analysis of variance was used to detect any significant difference in the number of α-BuTX-binding sites/μm² in the various groups. At \( P < 0.10 \), no difference was detected. | MEP, motor endplate. |
|---|---|
| nmj, neuromuscular junction. | * One muscle was used in each animal. |
| ‡ This density of extrajunctional α-BuTX-binding sites is recorded from myofibers known to be innervated. | |

| No. ani- | No. neu- | Length ratios of | α-BuTX-binding sites |
| mah* | romus- | ν°cleft:2°cleft: | sites | Extrajunctional α-BuTX-binding |
| | muscular | thickened post- | in nmj | sites/μm² |
| profiles | synaptic membrane | No. grains | No. grains | | |
| Control | EDL | 2 | 31 | 1:4.5:1.45 | 236 | 19,000 ± 1,290 | ≤34 |
| | SOL | 2 | 23 | 1:4.5:1.50 | 189 | 18,500 ± 970 | ≤61 |
| Denervated SOL | 2 | 17 | 1:4.1:1.36 | 212 | 16,400 ± 2,500 | 369 ± 216 |
| Denervated, regenerated SOL | 3 | 27 | 1:3.9:1.24 | 270 | 15,300 ± 3,200 | 426 ± 190 |
| Regenerated muscle devoid of original MEP | 3 | 32 | 1:4.5:1.4 | 348 | 20,800 ± 1,900 | ≤64‡ |

**FIGURE 3** Neuromuscular junction of SOL muscle 40 d after denervation. The primary clefts (asterisk) persist after 40 d of denervation although they are somewhat collapsed. Schwann cells (arrows) with their associated basal laminae are present. Uranyl acetate/lead citrate stain. Bar, 1.0 μm. × 12,600. Inset: This autoradiogram demonstrates the persistence of α-BuTX-binding sites in denervated SOL muscle 40 d after denervation. Note that the silver grains are located at the top of the secondary clefts. Flat substrate technique, D-19 developer, uranyl acetate/lead citrate stain. Bar, 1.0 μm. × 18,750.
BuTX-binding density was 16,400 sites/\(\mu m^2\). The density of extrajunctional \(\alpha\)-BuTX binding sites in areas near the denervated endplates was 369 sites/\(\mu m^2\). Previous studies (28, 33) have shown that the density of \(\alpha\)-BuTX-binding sites in endplates of denervated myofibers does not decrease during the first 2.5 wk of denervation. By 4-6 wk after denervation, the total number of \(\alpha\)-BuTX-binding sites in endplates decreases to 50-70% of control values (17). While this study does not deal with the total number of \(\alpha\)-BuTX-binding sites in denervated endplates, from the present study it is apparent that the density of receptors (at least in the area of the thickened postsynaptic membrane) remains at near normal levels. The distribution of \(\alpha\)-BuTX-binding sites within denervated SOL endplates, as depicted in Fig. 7, was similar to postsynaptic regions observed in normally innervated muscle and to other studies of AChR distribution in denervated myofibers (33).

**Regenerated SOL Muscle in the Absence of Nerve**

Detailed studies of the process of skeletal muscle degeneration and regeneration have been published previously (8, 9, 37, 39) and therefore will not be reiterated here.

In 40-d SOL muscle grafts, acetylcholinesterase staining was present only in the area of original endplates at the mid-section of the muscle graft. The diameter of endplates was 29 ± 9 \(\mu m\). Ultrastructurally, the area of the original endplate could be easily identified by the presence of acetylcholinesterase staining in superficially located myofibers. In deeper areas of the graft where the stain presumably did not penetrate, sites of the original endplate could be identified by the presence of Schwann cells (Fig. 4). These factors suggest, but do not prove, that the regenerated postsynaptic structures are associated with the original endplate. In myofibers that were kept denervated throughout the course of regeneration, the primary clefts appeared most often as grooves in the regenerated myofiber (Fig. 4), but at times the cleft was collapsed on itself. The secondary folds with their associated basal laminae were always present whether the primary cleft was collapsed or not. Thickened postsynaptic membranes were observed at the crests of the synaptic folds (Fig. 4) and the depth of the secondary cleft was 845 nm. In addition, it was of interest to note that myonuclei often were associated with the regenerated but aneural endplates (Fig. 4 and 5) along with Golgi apparatuses, rough endoplasmic reticulum, and mitochondria.

The \(\alpha\)-BuTX-binding density for the thickened postsynaptic membrane was found to be 15,300 sites/\(\mu m^2\), which was not significantly different (as determined by analysis of variance) from the \(\alpha\)-BuTX-binding density in endplates of control muscles. Whether the density of \(\alpha\)-BuTX-binding sites in nonreinnervated, regenerated myofibers decreases with long periods of time is not known. The distribution of \(\alpha\)-BuTX-binding sites within the postsynaptic region of the regenerated myofiber was not significantly different from the distribution of binding sites in denervated myofibers or in the postsynaptic regions of innervated myofibers (Figs. 5 and 7). McMahan and his collaborators (7, 29, 37) have demonstrated that information directing both pre- and postsynaptic differentiation resides in the basal lamina and/or Schwann cells of the original endplate. Whether the same factor(s) leading to the accumulation of AChR also directs the reorganization of AChR in the regenerated postsynaptic structure is not known.
FIGURE 5 Autoradiogram of 40-d SOL muscle regenerate in the absence of the nerve. α-BuTX-binding sites represented by developed silver grains accumulate at the site of the original endplate. Silver grains are located most often at the top of the secondary clefts. Loop technique, D-19 developer, uranyl acetate/lead citrate stain. Bar, 0.5 μm. × 35,000.

FIGURE 6 Autoradiogram of 60-d SOL muscle regenerate devoid of original endplates. This micrograph demonstrates that newly formed endplates have same overall structure as endplates of uninjured muscle (compare with Fig. 2). α-BuTX-binding sites accumulate at these new neuromuscular junctions, and their distribution is similar to the distribution of binding sites in control endplates. Flat substrate technique, Microdol-X developer, uranyl acetate/lead citrate stain. Bar, 1.0 μm. × 26,000.
Regenerated Muscle Grafts without Original Endplates

Seven 60-d SOL muscle grafts devoid of original endplates were used to count the number of newly formed endplates. These muscles were serially cut in longitudinal section in a cryostat and stained with an AChε/silver stain (1). The average number of newly formed endplates at 60 d was 117 ± 61 endplates/muscle and the diameter of the endplates was 36 ± 22 μm. These endplates were located in the proximal portion of the muscle graft in a position in which no original endplates would be located in an uninjured SOL muscle. This number of newly formed endplates, while greater than previously reported, was still much smaller than the number of endplates formed in SOL grafts with original endplates (1). Previous studies (4, 18, 21, 40) have shown that an undamaged muscle that has had its own nerve severed can be reinnervated by a foreign nerve implant and that ectopic endplates are made primarily in the proximal portion of the muscle near the nerve implant. In one study of reinnervation by a foreign nerve, the number of ectopically formed endplates was found to be 248 ± 51 endplates/muscle (20) while Lømo and Slater (26) have found that 70-100% of the fibers in denervated muscle with foreign innervation were reinnervated by the foreign nerve. It is possible that the connective tissue buildup in muscle grafts (11), the delay in reinnervation of muscle grafts (10 and footnote 1), the lack of original neural pathways, or the variable level of entry of nerves into a free muscle graft may play a role in the reduced number of newly formed endplates seen in the present study.

Ultrastructurally, the newly formed endplates had the highly differentiated appearance of endplates in control muscle. The distance from pre- to postsynaptic membranes was 50 nm and the depth of the secondary clefts was 895 nm (Fig. 6). The length-to-length ratios of the various postsynaptic membrane components were similar to control values (Table I). Although variation occurred, the bottom of the secondary cleft was most often closely apposed to the outermost myofibrils as was observed in endplates of the EDL muscle (compare Figs. 2 and 6). In a study of rat diaphragm, Padykula and Gauthier (32) found that the neuromuscular junction of white myofibers has little sarcoplasmic substance between the bottom of the secondary cleft and the outer surface of the myofibrils, whereas red myofibers have larger cytoplasmic area between the bottom cleft and myofibrils. Korneliussen and Sommerschild (24), in their study of fast nerve implantation into the denervated SOL muscle, have demonstrated that the ectopic endplates formed resemble endplates of fast muscle. In the present study, newly
formed endplates are presumably innervated by axons from the cut nerve to the EDL muscle (a predominantly fast muscle); therefore it would not be unexpected that neuromuscular junctions formed in these muscle grafts would resemble endplates innervated by fast motoneurons.

The density and distribution of AChR within newly formed endplates were not significantly different from those of innervated and uninjured muscle (Fig. 7 and Table I). In myofibers that were known to be innervated, the density of extrajunctional receptors was 64 sites/μm². In other myofibers, the density of extrajunctional AChR was greater (~250 sites/μm²). It is presumed but not proven that this population of myofibers represents noninnervated myofibers.

Thus, while only a relatively small number of newly formed endplates are formed in muscle grafts devoid of original endplates, the organization of these newly formed endplates (e.g., primary and secondary cleft structure, AChR density, and AChR distribution) is not significantly different from that of normally innervated endplates. It appears that factors governing the maintenance of synaptic structure have been established in these ectopic endplates. The previous work of Burden et al. (7) and the present study have shown that factors which mediate the accumulation of AChR are preserved in the site of the original endplate in regenerating muscle. Factors that are located in the basal lamina of the original endplate may be elaborated by the nerve alone or through interaction of the nerve and muscle in regenerating skeletal muscle which is devoid of original endplates. It is plausible that these factors are identical to those factors located in the connective tissue elements of the site of the original endplate.

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