Kinetics of anti-nucleocapsid IgG response in COVID-19 immunocompetent convalescent patients

Mariam Movsisyan1,12, Armine Chopikyan2,12, Irina Kasparova3, Gohar Hakobjanyan4, Fabrice Carrat5,6, Meline Sukiasyan1,12, Marieta Rushanyan7, Mariam Chalabyan1, Sanobar Shariff7, Burhan Kantawala7, Anna Keshishyan12, Alvard Hovhannisyan8, Armine Hakobyan1, Gayane Petrosyan6, Armen Minasyan7, Armen Muradyan7, Arsenе Mekinian9,10 & Konstantin Yenkoyan11,12*

The comprehension of a long-term humoral immune response against SARS-CoV-2 can shed light on the treatment and vaccination strategies of COVID-19 disease, improving the knowledge about this virus infection and/or re-infection. We assessed the IgG antibodies against SARS-CoV-2 nucleocapsid (N) protein (anti-SARS-CoV-2 (N) IgG) in 1441 COVID-19 convalescent patients within 15 months longitudinal study from middle-developed country. The main inclusion criteria was positive RT–PCR result on nasopharyngeal swab samples at least one month before antibody testing and absence of any induced or inherited immunodeficiency. 92.7% of convalescent patients’ serum contained anti-SARS-CoV-2 (N) IgG and only 1.3% of patients had a delayed antibody response. In the majority of convalescent patients’ the durability of antibodies lasted more than one year. The kinetics of anti-SARS-CoV-2 (N) IgG took a bell-shaped character—increased first 25–30 weeks, then started to decrease, but were still detectable for more than 15 months. We found that on the one hand anti-SARS-CoV-2 humoral response level correlates with disease severity, on the other, in particular, the level of peak antibodies correlates with age—older patients develop more robust humoral response regardless of sex, disease severity and BMI.

At the end of 2019, patients with viral infection symptoms and pneumonia were found in Wuhan, China, leading to the discovery of a novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). More than 169 million cases and 3.5 million deaths were reported from SARS-CoV-2 disease up to May 28, 2021.

Apprehending the immune responses and the features of antibody production after SARS-CoV-2 are key points in developing an effective treatment. Hence, the significance of improved understanding of immune response to SARS-CoV-2 virus is indisputable. There are confirmed facts that all arms of the immune responses to SARS-CoV-2, although many questions remain uncertain1.

1Department of Allergology and Clinical Immunology, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 2Department of Public Health and Healthcare Organization, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 3Department of Histology, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 4Laboratory-Diagnostic Center of Heratsi Clinical Hospital, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 5Sorbonne Université, Inserm, Institut Pierre-Louis d’Épidémiologie et de Santé Publique, Paris, France. 6Département de Santé Publique, APHP, Sorbonne Université, Paris, France. 7Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 8Department of Infectious Diseases, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 9Service de Médecine Interne et Inflammation-Immunopathology-Biotherapy Department (DMU i3), Sorbonne Université, AP-HP, Hôpital Saint Antoine, 75012 Paris, France. 10French-Armenian Clinical Research Center, 0051 Yerevan, Armenia. 11Department of Biochemistry, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. 12Neuroscience Laboratory, Coblain Center, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan State Medical University named after Mkhitar Heratsi, Yerevan, Armenia. *email: konstantin.yenkoyan@meduni.am
One of the central issues of the disease is the probability of reinfection and long-term immunity. A limited number of documented and confirmed cases of re-infections are registered in immunocompetent individuals. The resistance to re-infection may be less a function of the durability of the immune response, than the peculiarities of the individual response or the breadth of immunity. During reinfection, high avidity IgG and elevated titers of neutralizing antibody were discovered. This indicates that the first infection's priming of immunity made for a more robust antibody response in the second infection.

As it is well known, during the common human coronaviruses neutralizing antibodies are induced and last for years, providing protection from reinfection or attenuated disease, even if individuals get re-infected. Long-term follow-up studies of SARS-COV showed the decline of antibody titers over 2 to 3 years, although in some patients neutralizing antibodies were detected 12 years after infection. Thus, the decay in antibody production after SARS-CoV-2 infection cannot be extrapolated from early time points, demonstrating the need for longer-term follow-up studies. Seroconversion and virus neutralization between 5 and 14 days after symptom onset have been well-documented, but scarce data are available about the durability of antibody production and immunity after a long period of SARS-CoV-2 infections. Contraindicating conclusions exist regarding the duration of immunity, with a rapid decay of protective antibodies within a 3–4 months and in opposite persistence of antibodies more than 5–6 months. Several factors have been evaluated and correlated with a higher or lower antibody response against SARS-CoV-2, such as disease severity, BMI, sex and age, but factors associated with long term serological response are not fully evaluated. Therefore, in this study, we aimed to describe the seroprevalence and kinetics of IgG antibodies against SARS-CoV-2 nucleocapsid (N) protein (anti-SARS-CoV-2 (N) IgG) in convalescent immunocompetent patients and analyzed the factors associated with the seropositivity and the humoral response persistence (Fig. 1).

**Results**

**Patients’ general characteristics.** The study group included 1441 SARS-CoV-2 convalescent patients, out of which 74.1% were female (n = 1004 patients) with mean age 47 ± 15 years and BMI 27 ± 5.2 kg/m². SARS-CoV-2 infection was asymptomatic in 104 cases (7.2%), mild in 846 cases (58.7%), moderate in 429 cases (29.8%) and severe in 62 cases (4.3%). The most common symptoms of SARS-CoV-2 infection were fever (n = 1089; 80.4%), fatigue (n = 924; 68.2%), headache (n = 626; 46.2%), myalgia (n = 531; 42.1%), cough (n = 467; 34.5%), loss of taste (428; 31.6%) and olfactory impairment (n = 537; 39.6%) (Table 1). The most common comorbidities were arterial hypertension (18.9%), autoimmune thyroiditis (6.3%) and diabetes mellitus (5.6%) without any cases of neoplasia or hematological disease or any immunosuppressive therapies. During the median follow-up...
of 44 weeks, only 1 (1.9%) convalescent patient developed a reinfection 12 months after of the first positive PCR testing and none received anti-SARS-CoV-2 vaccine (Supplementary Fig. 1).

Seroprevalence, seroconversion and kinetics. Anti-SARS-CoV-2 (N) IgG measured over the time are represented in Fig. 2. The serum of 92.7% (n = 1336) of SARS-CoV-2 convalescent patients contained anti-SARS-CoV-2 (N) IgG (mean level 66.42 ± 1.04). Notably, there was a substantial interindividual variation in antibodies levels varying importantly between patients. The anti-SARS-CoV-2 (N) IgG level in convalescent patients were significantly increased in comparison to pre-pandemic and pandemic healthy controls (Supplementary Fig. 2). The median time to anti-SARS-CoV-2 (N) IgG positivity was 16 weeks (ranges 3–61) and only 13 (1.3%) patients have a delayed antibody response (Supplementary Fig. 3).

Table 1. Demographic data of COVID-19 convalescent patients.

|                | Number of patients | Prevalence (%) |
|----------------|--------------------|----------------|
| **Gender**     |                    |                |
| Male           | 351                | 25.9           |
| Female         | 1004               | 74.1           |
| **Severity**   |                    |                |
| Asymptomatic   | 104                | 7.2            |
| Mild           | 846                | 58.7           |
| Moderate       | 429                | 29.8           |
| Severe         | 62                 | 4.3            |
| **Symptoms**   |                    |                |
| Fever          | 1089               | 80.4           |
| Weakness       | 924                | 68.2           |
| Headache       | 626                | 46.2           |
| Body pain      | 570                | 42.1           |
| Olfactory or taste disturbance | 537 | 39.6 |
| Muscle pain    | 531                | 39.2           |
| Cough          | 467                | 34.5           |
| Dizziness      | 459                | 33.9           |
| Loss of taste or smell | 428 | 31.6 |

Figure 2. Serum IgG antibodies titers against SARS-CoV-2 nucleocapsid protein (N) of convalescent patients (n = 1441) at the different times of sampling (expressed in logarithmic expression).
The level of anti-SARS-CoV-2 (N) IgG gradually increased up to 5–6th months and the decline of the anti-body level starts from 7th month, nevertheless, the mean level remains rather high up to 15th month (Fig. 3). It is significant to mention that even in the group of convalescent patients who were tested after 52 weeks (up to 77 weeks), 95.3% of 211 samplings were still positive. Over the entire 18-week period of follow-up (5–54 weeks), only in 12 patients (1.7%) from 694 convalescent patients who were sampled at least 3 times, initially existing antibodies became undetectable (Supplementary Fig. 4).

89 convalescent patients (6.2%), did not produce detectable levels of anti-SARS-CoV-2 (N) IgG during the consecutive measurements.

Analyzing the association of age, sex, disease severity and BMI with the presence of anti-SARS-CoV-2 (N) antibodies among COVID-19 convalescent patients, the younger age (43.4 ± 15 in seronegative vs. 48.1 ± 15 in seropositive; \( p = 0.0028 \)), the male sex (34% in seronegative vs. 25% in seropositive; \( p = 0.0381 \)), less severe dis-ease (moderate and severe disease in 13% in seronegative vs. 65% in seropositive; \( p < 0.0001 \)) and the less BMI (25.5 ± 4.5 vs. 27.2 ± 5.2 in seropositive; \( p = 0.0076 \)) were significantly associated with the probability to be seronegative for anti-SARS-CoV-2 (N) IgG. In multivariate analysis only, disease severity was significantly associated with the probability to develop anti-SARS-CoV-2 (N) IgG with odds ratio 0.31 (0.17; 0.59) \( (p = 0.004) \) (Table 2).

To describe the anti-SARS-CoV-2 (N) IgG kinetics and correlate to disease severity, age, sex and BMI, we used a mixed statistical model which calculates the peak of the antibodies response and then a decay rate during the weeks after the peak\(^{36}\). The peak of antibodies response was estimated to 35COI (95% CI 29; 42), with decay

**Figure 3.** IgG antibodies titers against SARS-CoV-2 nucleocapsid protein (N) after the positive PCR testing every month (medians with ranges in logarithmic expression).

**Table 2.** Association of age, sex, disease severity and BMI with the presence of anti-SARS-CoV-2 (N) antibodies among COVID-19 convalescent patients.
rate at 1.11COI by week (95% CI 1.04; 1.17). Regarding disease severity and age, moderate and severe disease and more than 48 years old patients have higher levels of antibodies decay, whereas sex did not affect differently (Fig. 4a–c). Among factors associated with anti-SARS-CoV-2 (N) IgG kinetics, peak of antibodies were significantly higher in females, moderate and severe SARS-CoV-2 disease and aged more than 60 years (Table 3), whereas the decay rates were not significantly different (Figs. 4a–c). As the disease severity was significantly

| Sex (male) | 1.40 (1.24; 1.56) | ref | ref |
| Sex (female) | 1.60 (1.50; 1.69) | 0.042 | 0.051 (0.024; 0.082) | 0.21 |

**Table 3.** Factors associated with the kinetics of anti-SARS-CoV-2 nucleocapsid protein (N) IgG antibodies. Individual antibody data measured during the 15-month study period were modeled using a power law model, given by: \( f(t) = k - a \log(c + t) \) (1), where \( f(t) \) is the log antibody titer at time of post infection (starting from \( t_0 = 4 \) weeks), \( k \) is the peak log level, \( a \) is the decay rate, and \( c \) is an arbitrary small constant (set to 1).

Figure 4. IgG antibodies kinetics against SARS-CoV-2 nucleocapsid protein (N) according to the disease severity, age and sex. (a) The kinetics of IgG antibodies against SARS-CoV-2 nucleocapsid protein (N) in asymptomatic, mild, moderate, and severe patients’ groups. (b) The kinetics of IgG antibodies against SARS-CoV-2 nucleocapsid protein (N) according to age within < 35; 35–47, 48–59, ≥ 60 groups. (c) The kinetics of IgG antibodies against SARS-CoV-2 nucleocapsid protein (N) antibodies in males (green) and females (pink).
correlated with age ($p < 0.0001$), we analyzed anti-SARS-CoV-2 (N) IgG kinetics in patients groups considering the median age and the disease severity (age $< 48$ years with asymptomatic and mild COVID-19 infection and those $\geq 48$ years and moderate to severe infection), demonstrating a significant correlation with only age ($p = 0.0089$) and not disease severity when adjusted to age ($p = 0.22$). Anti-SARS-CoV-2 (N) IgG titers of samples during the first month after a positive PCR were considered according to 25th and 75th percentiles and thus classified in low responders (titers of IgG up to 25th percentiles; $n = 24$), middle responders (titers of IgG 25–75 percentiles; $n = 53$) (COI value 10–75) and high responders ($n = 24$) (titer above 75th percentile; COI value above 76) (Fig. 5). Interestingly, anti-SARS-CoV-2 (N) IgG titers remained in the same levels in all these 3 groups during the subsequent monthly testings.

**Discussion**

In this large study from a middle-developed European country, have been analyzed one branch of the long-term humoral response to SARS-CoV-2 infection, in particular, anti-SARS-CoV-2 (N) IgG and the factors associated with a durable response. Based on an extensive literature review, it is noticeable that this study is one of the most long-drawn and broad studies of the dynamic changes in anti-SARS-CoV-2 (N) IgG in convalescent SARS-CoV-2 patients. There is demanding importance to explain the robustness, the survival, and the functionality of anti-SARS-CoV-2 (N) IgG response according to disease severity to discover the durability and protective features of antibodies in case of reinfection.

The condition that logical 15-month cohort study prompts us to make several important deductions about the anti-SARS-CoV-2 (N) IgG mediated humoral response after SARS-CoV-2 infection. Data obtained from our study clearly shows that SARS-CoV-2 infection induces a rapid humoral response mediated via anti-SARS-CoV-2 (N) IgG in almost all infected patients (92.7%), whereas only few patients developed a delayed humoral response (1.3%). Another study analyzing a shorter 180-day serological response to SARS-CoV-2 infection showed a relatively good humoral response, with much less seronegative patients and more proportion of delayed responses$^{21}$. In a small percentage of convalescent patients (1.7%) the antibodies were not detectable during the 15 month follow-up, relatively similar to a previous study of 123 infected patients$^{19}$, however, followed-up only for 30 weeks.

Our findings postulated that the level of anti-SARS-CoV-2 (N) IgG staked bell-shaped character, continuously growing up to 5–6 months, remaining stable for a few months and slowly decreasing, but remaining to be detectable up to 60 weeks. It is interesting, that initially different levels of induced SARS-CoV-2 antibodies remain stable at their levels during the 15-month follow-up. Based on the report of Nag et al. (2020) and Long et al. (2020) anti-SARS-CoV-2 (N) IgG degrade quickly over one to 3 months, possibly resulting in reinfections$^{10,11}$. According to Dispinseri et al. (2021), the titer of neutralizing antibodies dwindled rapidly after 5–8 weeks$^{22}$. In contrast, our investigation showed the stability of anti-SARS-CoV-2 (N) IgG up to 25–30 weeks. Data similar to our results showing the increase of antibody levels were in another study analyzing 5 month humoral response Fotouhi et al. (2021)$^{23}$.

Regardless of the initial level of IgG, antibody production increases in the first stages. Depending on the point of departure in terms of anti-SARS-CoV-2 (N) IgG, the "future journey" of antibodies differs. Based on the anti-SARS-CoV-2 (N) IgG titer, we divided convalescent patients into 3 groups: low, middle and high responders. The findings affirm the hypothesis that the magnitude of antibody response in high responders remains higher throughout the whole period of antibody generation compared to low and middle responders; even we did not assess in this study their correlation with their functionality or avidity.

According to various authors, the persistence of antibodies depends on many factors, including the viral type$^{24}$, individual features, and environmental factors. This explains the many varying courses of the disease and the corresponding immune responses in individuals.

Analyzing the seropositive and seronegative SARS-CoV-2 convalescent patients, the severe form of the disease appeared as an independent factor to develop anti-SARS-CoV-2 humoral durable response. Several studies in
other viral diseases, and also those including severe SARS-CoV-2 infected cases showed higher levels of anti-SARS-CoV-2 humoral response in more severe disease33,34,42.

Another meaningful quest in the SARS-CoV-2 research is to discover correlations of the immune response with various individual factors such as age, sex or disease severity. In an Italian study, of healthcare professionals, a higher prevalence of positive IgG was found in females30. BMI did not influence the frequency of IgG-positivity in individuals, but it was directly proportional with the plasma concentration. In older patients (>60 year), the frequency of IgG positivity drops, but when assessing the difference of IgG plasma levels across age ranges, an increased level of plasma IgG with older age is found26. Few studies found more important early increase of anti-SARS-CoV-2 (N) IgG in men, but later in the disease the antibody levels were equal between sexes. In some studies, no association or even negative association between BMI and anti-SARS-CoV-2 (N) IgG was observed16,27. In contrary, we can affirm that the levels of SARS-CoV-2 humoral response, in particular the anti-SARS-CoV-2 (N) IgG peak level, were significantly more important in older patients, regardless of their sex, disease severity and BMI.

The capability of reacting to infections decaying with age is a well-known fact. Besides the change of the functional types of T and B cells and the immune balance in the aging population, fewer cells able to identify and fight against new infections are produced with the age28–29. To form a completely new immune response to a novel infection is one of the weakened capacities of the elderly. The basis for this is the decline of naïve T cells and fight against new infections are produced with the age28,29. To form a completely new immune response to a novel infection is one of the weakened capacities of the elderly. The basis for this is the decline of naïve T cells

which are required to start an entirely new immune response due to the shrinking of the thymus with age30. We hypothesized that the age-related changes to T cell immunosenescence can be the reason for the compensator increase of humoral immune response and antibody production in older individuals during the COVID-19. On the other hand, there are studies that shown the slower generation and lower virus neutralizing capacity of antibodies against attenuated yellow fever virus vaccine compared with the young population29. Therefore, we hypothesized that the high titer of antibodies in the elderly is compensation of the lower virus neutralizing capacity and low affinity of antibodies.

Several limitations of the current study should be noted. Our study was focused on humoral axis of immune response, wherein the results were limited to detecting only anti-SARS-CoV-2 (N) IgG using a semi-qualitative test. Other parts of the humoral response as SARS-CoV-2 spike protein, neutralizing antibodies, anti-RBD/S antibodies, as well as nuances like individual avidity and affinity were not evaluated in this study and needed further investigations. It is also important to thoroughly analyze and compare antibody response profile in both asymptomatic and symptomatic cases of COVID-19.

Conclusion

Summing up, we found that the kinetics of anti-SARS-CoV-2 (N) IgG took a bell-shaped character and has been still detectable for more than 15 months. Collectively, our data demonstrates that on the one hand anti-SARS-CoV-2 humoral response level correlates with disease severity, on the other, in particular, the level of peak antibodies correlates with age – older patients develop more robust humoral response regardless of sex, disease severity and BMI.

Methods

Samples. In this prospective nationwide study, 1441 consecutive SARS-CoV-2 convalescent patients were recruited from all 10 regions of Armenia, and capital Yerevan city from August 2020 to June 2021. The inclusion criteria were (i) recent SARS-CoV-2 infection (compatible clinical features with positive RT-PCR result on nasopharyngeal swab samples), (ii) convalescent patients without any clinical symptoms equivocal of SARS-CoV-2 infection at the time of samples collection and (iii) absence of any induced or inherited immunodeficiency (HIV infection, neoplasia, hematological diseases, or immunosuppressive therapies). The exclusion criteria were (i) recent SARS-CoV-2 infection (compatible clinical features with positive RT-PCR result on naso-pharyngeal swab samples), (ii) convalescent patients without any clinical symptoms equivocal of SARS-CoV-2 infection at the time of samples collection and (iii) absence of any induced or inherited immunodeficiency (HIV infection, neoplasia, hematological diseases, or immunosuppressive therapies). The exclusion criteria were (i) pregnancy, age <18 years, clinical sign of COVID-19 in anamnesis with negative PCR or without PCR testing, presence of any primary or secondary immunodeficiency.

The appropriate confirmation of PCR testing was presented by patients in form of official document from laboratory where the testing was done.

Two groups of healthy donors were included in the study. The first, “pre-pandemic control group” consists of serum samples of 71 healthy donors before SARS-CoV-2 pandemic period (from 2017 up to February 2020), the second “SARS-CoV-2 pandemic group” consist of serum samples of 150 healthy donors throughout the SARS-CoV-2 pandemic period (started from March 2 of 2020). SARS-CoV-2 convalescent patients were examined for anti-SARS-CoV-2 (N) IgG after 3–4 weeks of positive PCR testing, and then monthly up to 19 months (Fig. 1a–c). During the study inclusion period, 4266 serum samples of 1441 convalescent patients were collected at different times after SARS-CoV-2 infection (Fig. 1b,c).

The appropriate sample size for a population-based survey in Armenia is 384. In our study the number of participants during the 4th, 5th, 6th and 7th months overpassed this threshold. The donors of the “pre-pandemic control” and “SARS-CoV-2 pandemic” groups were sampled only once.

Patient’s general characteristics, SARS-CoV-2 infection features, comorbidities and were recorded at the time of first sample testing. After the analysis of clinical symptoms, patients were divided into 4 groups according to disease severity.

The disease severity was classified according to modified definitions of WHO31:

- Patients without any symptoms of COVID-19 with positive PCR testing were defined as asymptomatic.
- Patients meeting the case definition for COVID-19 without evidence of viral pneumonia or hypoxia were classified as mild cases.
Clinical signs of pneumonia (confirmed via X-ray or CT-scan) with SpO2 ≥ 90% on room air was classified as moderate case, with SpO2 < 90%—severe case.

Serological assay. The patients were sampled in Heratsi University Hospital Laboratory. Blood samples were taken from individual patient in laboratory by traditional venipuncture method in vacuum tubes with gel barrier. Afterwards, the collected blood samples were centrifuged for separating the serum from blood elements by standard protocol. Serum samples of each patient were analyzed for anti-SARS-CoV-2 (N) IgG immediately or undergo cold storage at 2–4 °C for 1–7 days. Sampling, transportation and destruction of the samples was done according to SOPs.

Serum samples of each patient were analyzed for in vitro detection of high-affinity IgG antibodies against full-length nucleocapsid (N) antigen of SARS-CoV-2 with commercially available “Elecsys” assay from Roche Diagnostics. Based on producer instructions, results were automatically determined in the form of a cutoff index (COI), with COI quantitative values and COI < 1 were considered as negative, and ≥ 1 as positive result.

Ethics. This study was conducted according to the principles of the Declaration of Helsinki and approved by the Ethics Committee of Yerevan State Medical University (N 8–2/20; 02.07.2020). Informed written consent was obtained from all participants.

Statistical analysis. Statistical analysis was performed using the IBM_22.0.0 SPSS statistical package (IBM, Armonk, NY) and SAS v9.4 (SAS Institute, Cary, NC). Continuous variables with normal distribution were presented as means, standard deviation (SD), whereas categorical variables as numbers and percentages. The persistence of anti-SARS-Cov-2 levels over time was estimated using non-linear mixed effects models that estimate the peak and the rate of antibodies decay\(^ {20}\). Timing of antibodies was determined from positive PCR date. Individual antibody data measured during the 15-month study period were modeled using a power law model, given by: \(f(t) = k - a \log (c + t)\) (1) where \(f(t)\) is the log antibody titer at time of post infection (starting from \(t_0 = 4\) weeks), \(k\) is the peak log level, \(a\) is the decay rate, and \(c\) is an arbitrary small constant (set to 1). The models fitted by a mixed effects method, where \(k\) and \(a\) are random effects, allowed to be patient specific and are assumed to be drawn from a bivariate normal distribution. This allowed a prediction of the antibody dynamics to be made for each person. Predicted results over time are reported as GMTs. Parametric bootstrap was used to estimate confidence intervals. A logistic regression model was used to derive multivariable-adjusted odds-ratio estimates of factors associated with a negative serology. All \(p\) values were from 2-tailed tests, and results were deemed statistically significant with \(P < 0.05\).

Data availability Data can be made available by the corresponding author upon reasonable request.

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Author contributions

M.M. and K.Y. conceived the project. M.M., A.Ch., I.K., G.H., F.C., M.S., M.R., M.Ch., S. Sh., B.K., A.K., A.H., A.H., G.P., A.Mek. and K.Y. designed experiments, conducted experiments, analyzed data, and prepared figures. A.Min., A.Mur., K.Y. were responsible for project administration, A.H., G.P., A.Mek. and K.Y. designed experiments, conducted experiments, analyzed data, and prepared figures. All authors have read and agreed to the published version of the manuscript.

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Competing interests

AM is investigator of CELGENE, ROCHE, CHUGAI founded trials with APHP and Hopital 15-20 promotion; AM received several fees for congress travels and experts’ use from LFB, SANOFI, SHIRE, and CELGENE. KY is principal investigator of ROCHE IIS named “COQOS”. There is no competing interest for the remaining authors.

Additional information

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Correspondence and requests for materials should be addressed to K.Y.

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