Article

Sustainable Extraction of Chitin from Spent Pupal Shell of Black Soldier Fly

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Abstract: Chitin and its deacetylated derivative chitosan are used for application in areas as an agriculture, biomedicine, cosmetic, food, textile and chelating agent for wastewater treatment. The current extraction of chitin is based on a chemical process using hydrochloric acid and sodium hydroxide. The main disadvantage of the process is the generation of large volumes of acid and alkaline effluents, which require further treatment before release. Chitin was extracted from spent pupal shell of black soldier fly (BSF) by the microbial fermentation method using Bacillus lichenformis A6. The recovery rate of chitin content by the microbial fermentation method was found to be about 12.4%. The structures of BSF chitin and chitosan were further characterized by FTIR, XRD, and SEM. Our results showed that the chitin obtained from BSF was observed in α form. The crystalline index values of chitin and chitosan are 52.8% and 55.4%, respectively. The surface morphology was examined by SEM, revealing nanofiber structures. The spent pupal shell of BSF may be used as alternative chitin sources for various technological purposes.

Keywords: Chitin; Chitosan; Black Soldier Fly; Hermetia illucens; Bacillus lichenformis A6

1. Introduction

Chitin, a linear polymer of β(1-4) linked N-acetyl-D-glucosamine and D-glucosamine, is the second most abundant natural carbohydrate polymer after cellulose. Chitin is also the most abundant nitrogen-containing biopolymers (aminopolysaccharide polymer). Chitin is usually distributed in marine invertebrates, insects, fungi and yeast. Chitin of fungi and yeast is mixed with proteins and polysaccharides rendering the separation. The shells of crustaceans and insects consist of calcium carbonate (20–50%), protein (20–40%) and chitin (15–40%). The majority of commercial chitin products were purified from the shells of harvested crustaceans because this prevents waste products and is the most readily available material for large-scale marine food processing industry [1,2].

Chitin and its deacetylated derivative chitosan are used for application in areas as agriculture, biomedicine, cosmetics, food, textile and chelating agent for wastewater treatment [3]. Three types of reactive functional groups are present in chitosan including an amino group at the C-2 position, and both primary and secondary hydroxyl groups at the C-3 and C-6 positions, respectively. The structures and bioactivities of chitosan are greatly influenced by their amino contents [4,5].

Currently, the commercially available source of chitin is the exoskeletons of shrimps and crabs. In the commercial chitin, it was extracted by acidic removal of calcium carbonate.
followed by alkaline extraction of proteins and alkaline peroxide bleaching. However, the relatively high calcium, wax, and pigment contents of crustacean exoskeletons cause the extraction of chitosan to be time-consuming and labor-intensive [6].

Several works reported the isolation of chitin and chitosan from the cuticle of insects, but these sources are not suitable for industrial manufacturing. Certain species of insects (e.g., honeybees, silkworms, and house flies) can be reared artificially accumulation of chitin-containing material and can be used for industrial processing [7]. Nowadays, the mass-rearing technology and scalability of black soldier fly (BSF, Hermetia illucens) are becoming increasingly popular worldwide. Due to the ability to quickly convert organic wastes into larval biomass, BSF have become one of the main species for mass-rearing which can be used as food and feed [8,9].

Two global problems—feed protein deficiency and organic waste utilization—have been proposed to be solved simultaneously by BSF treatment as a new strategy in the concept of a circular economy. Almost one-third of all food produced (almost 1.6 billion tons per year) for human consumption in the world is wasted according to the report from Food and Agriculture Organization (FAO) of the United Nations. Several methods (e.g., incineration, composting and landfiling) are used to manage organic wastes. However, BSF treatment is considered to be more sustainable and economically viable. For instance, research results show that direct CO$_2$eq emissions from BSF treatment are 47 times lower the emissions from composting [10]. With rearing BSF, the pupal shell containing chitin-rich material is left as a by-product. Therefore, it would be possible to both increase the effectiveness of the BSF rearing method and obtain valuable biopolymers with development of the BSF-based technology. In this work, a microbial fermentation method was developed for the isolation and determination of chitin in BSF pupal shell. The method is found to be more suitable, compared to traditional methods, for large-scale manufacturing.

2. Materials and Methods

2.1. Material

BSF were reared on soybean curd residues in the farm in Miaoli County of Taiwan. The BSF spent pupal shells were collected and washed in running tap water to remove impurities. The washed shells were then dried in an oven at 65 °C and ground in a knife mill to produce fragments of 0.1 to 0.2 cm. Commercial chitosan from shrimp shells with a deacetylation degree of 75% was used as a standard. All used reagents of analytical purity were purchased from Sigma–Aldrich (St. Louis, MO, USA).

2.2. Microorganism and Cultivation

*Bacillus lichenformis* A6 used for removing protein from BSF pupal shell was isolated from an alkaliphilic culture and propagated in yeast peptone dextrose (YPD) medium (1% yeast extract, 2% peptone, 2% dextrose).

2.3. Chitin Extraction by Biological Method

*Bacillus lichenformis* A6 was activated on YPD fluid medium at 37 °C, 180 rpm for 2 days. Then, 30 mL of the preculture was transferred into 300 mL of 1% glucose (pH 10) with 30 g of grounded BSF shell. The culture was performed on a rotatory shaker at 37 °C, 180 rpm for 10 days. The fermented BSF shell powder was washed, sieved and dried.

2.4. Decoloration

The chitin residue was mixed with 0.1% SDS, 0.5% sodium bicarbonate at a solid/solvent ratio of 1:10 (w/v) heated to 75 °C, followed by bleaching with 30% H$_2$O$_2$ for 48 h. Then residue was washed with water and filtered, and oven-dried at 65 °C for one day to obtain chitin.
2.5. Deacetylation

Strong alkaline solution was used for the deacetylation conversion of chitin to chitosan. About 1 g of chitin was mixed in 50 mL of 50% sodium hydroxide solution at 95 °C under constant stirring. After 4 h stirring, the solid was filtered and washed with distilled water until the filtrate was neutral. Then the solid was oven-dried at 80 °C overnight.

2.6. Determination of the Degree of Deacetylation (DDA)

The degree of deacetylation of chitosan was measured by the UV method [11]. Dried chitosan sample (0.1 g) was dissolved in 19.5 mL 5% acetic acid and 30 mL deionized water. After 10 min stirring, the chitosan sample solution can be determined by measuring the solution absorbance at 199 nm determined on a UV-vis Spectrophotometer. According to the standard curve prepared using N-acetylglucosamine range from 0.01 to 0.05 mg/mL dissolved in 2% acetic acid solution, the concentration of acetyl can be determined DDA can be calculated according to the equation

\[ \text{DDA} = 100\% - \frac{C_1}{C} \]  

where C1 is the acetyl concentration of chitosan sample and C is concentration of chitosan sample.

2.7. X-ray Diffraction (XRD) Analysis

The XRD experiment was performed at 30 kV, 10 mA, and 2θ with a CuKα1 radiation source and a scan angle from 5 to 30° using a Shimadzu Labx XRD 6000 system (Tokyo, Japan). The crystalline indices (CrI) of chitin were calculated as

\[ \text{CrI}_{110} = \left[ \frac{I_{110} - I_{am}}{I_{110}} \right] \times 100 \]  

where \( I_{110} \) = maximum intensity at \( 2\theta \approx 20^\circ \) and \( I_{am} \) = intensity of amorphous diffraction at \( 2\theta \approx 16^\circ \).

2.8. Fourier Transformation Infrared Spectroscopy (FTIR)

The FTIR spectra were measured on KBr pellet method in transmission mode in the range of 400 cm\(^{-1}\) to 4000 cm\(^{-1}\) using FTIR (Varican-1000, PIKE Technologies, Madison, WI, USA).

2.9. Scanning Electron Microscopy (SEM)

The surface structures of the BSF chitin and chitosan were investigated by a Scanning Electron Microscope (JSM-5600 JEOL, Tokyo, Japan) operated at 20 kV. Gatan Precision Etching Coating System (PECS, Gatan Inc., Pleasanton, CA, USA) was used to gold cover the samples.

2.10. Metal Content Analysis

The concentrations of metals (As, Pb, Cd, and Hg) of chitosan samples were determined for the using inductively coupled plasma mass spectrometry (ICP/MS, Thermo Fisher Scientific, Bremen, Germany).

2.11. Antimicrobial Activity Assay

The minimum inhibitory concentration (MIC) of BSF chitosan was determined using the microdilution broth method in 96-well microtiter plates. BSF chitosan was solubilized in 1% acetic acid at a final concentration of 10 mg/mL. A volume of 100 µL chitosan solution was added over trypticase soy broth (TSB) in the first well and two-fold serial dilution was performed to obtain a range of concentrations between 0.156–10 mg/mL. Microbial suspensions were prepared from Staphylococcus aureus (ATCC 25923) and Pseudomonas aeruginosa (ATCC 27853) grown on TSB at 37 °C for 24 h. The bacterial inoculum was added to give a final concentration of 1.5 × 10^8 cfu/mL in each well and incubated at 37 °C. The MIC
value was defined as the lowest concentration of samples that inhibited the tested microorganisms’ growth, compared to the untreated culture (growth control). The experiment was performed in triplicate. After the MIC determination, aliquots of 50 µL from all wells which showed no visible bacterial growth were seeded in TSA (trypticase soy agar) plates incubated for 24 h at 37 °C. The MBC is defined as the lowest concentration of samples that kills more than 99.9% of the initial bacterial population.

3. Results

3.1. Extract Chitin by Fermentation

BSF spent pupal shell can be used a potential chitin-rich source for the extraction of chitin and chitosan. The BSF larva has some unique features. Firstly, it contains a high amount of lipids and also very few fermentable sugars. Secondly, melanin covalently bound to chitin. Glucose is used as the carbohydrate source for this fermentation extraction of chitin from spent pupal shell of BSF. After 10 days fermentation, The BSF shell powder was washed, sieved and dried. Chitosan production process follows the standard procedure of depolymerization steps. The recovery rate of chitin content by microbial fermentation method was found to be about 12.4%. As shown in Table 1, the degree of deacetylation (DDA) of chitosan was about 81.5%.

| Table 1. Extraction of chitin from BSF spent pupal shell. |
|----------------------------------------------------------|
| Protein (%) | Ash (%) | DP (%) | DM (%) | DDA (%) |
| Pupal shell  | 62.10   | 8.21   | ——    | ——     |
| Biological fermentation | 7.51   | 1.48   | 87.9   | 97.2    | 81.5    |

All results shown are the mean of three determinations. DP: the efficacy of deproteinization. DM: the efficacy of demineralization. DDA: the degree of deacetylation.

3.2. FTIR Analysis

The Fourier Transformed Infrared-Red (FTIR) spectra of chitin and chitosan obtained BSF pupal shell are shown in Figure 1. The spectrum of chitin shows the usual characteristic bands at 3450 cm⁻¹ (O-H), 2880 cm⁻¹ (C-H), 1655 cm⁻¹ (amide I), 1550 cm⁻¹ (amide II) and 1310 cm⁻¹ (amide III). Compared with the spectrum of chitin, the peak at 1550 cm⁻¹ disappeared in the spectrum of chitosan after deacetylation (Figure 1B).

![Figure 1. Fourier Transformed Infrared-Red (FTIR) of chitin and chitosan extracted from BSF pupal shell. (A) Chitin; (B) Chitosan.]

3.3. XRD Analysis

The crystal structures of BSF chitin and chitosan characterized by XRD analysis are shown in Figure 2. The diffraction pattern of chitin and chitosan shows strong reflections at 2θ around 9.3 and 19.3. The peaks of the diffraction pattern are high and sharp, indicating a highly ordered crystal structure of α-chitin. The crystalline indexes (Crl) of chitins
extracted from different organisms vary depending on the hardness of their sources. In our study, the CrI value of chitin extracted from BSF pupal shell (52.8%) and chitosan (55.4%) corresponded to lower crystalline index values. In a study by Zhang et al. [12], the crystalline value was determined to be 54% and 58% in beetle larva cuticles and silkworm pupa exuvia, similar to the values in our study. The crystalline index value of chitosan has been reported to be very important and chitosan with a lower crystalline structure to be superior for use in waste water treatment to remove pollutants such as heavy metal ions and dyes [13].

![XRD analysis of chitin and chitosan extracted from BSF pupal shell. (A) Chitin; (B) Chitosan.](image)

**Figure 2.** XRD analysis of chitin and chitosan extracted from BSF pupal shell. (A) Chitin; (B) Chitosan.

3.4. SEM

SEM images of BSF chitin and chitosan are shown in Figure 3. Both the BSF chitin and chitosan samples had a smooth surface morphology with nonporous structure and well-organized repeating units of hexagonal microfibrillar form resembling a honeycomb.

![Scanning electron microscope of chitin and chitosan extracted from BSF pupal shell. (A) Chitin 500×; (B) Chitin 2000×; (C) Chitosan 500×; (D) Chitosan 2000×.](image)

**Figure 3.** Scanning electron microscope of chitin and chitosan extracted from BSF pupal shell. (A) Chitin 500×; (B) Chitin 2000×; (C) Chitosan 500×; (D) Chitosan 2000×.
3.5. Metal Content

In this study, chitosan were extracted from BSF which feed with soybean residues. Metals content were determined and results shown in Table 2. Four metals content (arsenic, lead, cadmium, mercury) should be followed the feed management guideline in Taiwan. The values of metals content in BSF chitosan were 0.08 (As), 2.89 (Pb), 0.40 (Cd) ppm and mercury content was below the limit of quantification. Four metals content in BSF chitin samples were all below the guide requirements.

Table 2. The metal content of BSF chitosan.

| BSF Chitosan (PPM) | Guide Requirement (PPM) | Limit of Quantification (PPM) |
|-------------------|-------------------------|------------------------------|
| arsenic (As)      | 0.08                    | 12                           |
| lead (Pb)         | 2.89                    | 50                           |
| cadmium (Cd)      | 0.40                    | 10                           |
| mercury (Hg)      | N.D.                    | 0.5                          |

3.6. Antimicrobial Effect of BSF Chitosan

The MIC and MBC of BSF chitosan upon *Pseudomonas aeruginosa* and *Staphylococcus aureus* were determined and results are reported in Table 3. The results showed the BSF chitosan exerts strong bactericidal effects against *P. aeruginosa*. The MBC and MIC values for *S. aureus* were 1.25 mg/mL and 0.60 mg/mL respectively higher than against for *P. aeruginosa*.

Table 3. The inhibition parameters of chitosan.

| Test Component          | Bacterial Strain                   | MBC (mg/mL) | MIC (mg/mL) |
|------------------------|-----------------------------------|-------------|-------------|
| BSF Chitosan           | *Staphylococcus aureus* (ATCC 25923) | 1.25        | 0.60        |
| BSF Chitosan           | *Pseudomonas aeruginosa* (ATCC 27853) | 0.16        | 0.04        |
| Sigma-MMW Chitosan     | *Pseudomonas aeruginosa* (ATCC 27853) | 0.35        | 0.13        |
| Sigma-LMW Chitosan     | *Pseudomonas aeruginosa* (ATCC 27853) | 0.20        | 0.08        |

MMW: medium molecular weight. LMW: low molecular weight.

In this study, the MBC and MIC were also determined for *P. aeruginosa* with different molecular weight of commercial chitosan and compared to BSF chitosan. In Table 3, our data showed stronger bactericidal and bacteriostatic effect on LMW (low-molecular-weight) chitosan than MMW (medium molecular weight) chitosan. BSF chitosan showed stronger bactericidal effects for *P. aeruginosa* than two kinds of commercial chitosan.

4. Discussion

The content of chitin varies significantly in different BSF lifecycle stages and is mostly diet-independent. The physicochemical structure of chitin isolated from BSF was first reported in 2016 [14]. The chitin was extracted both from larvae and imago by conventional chemical method. The study showed that the BSF chitin were present in α crystalline form [14]. In a recent study [15], the chitin were extracted both from BSF pupal exuviae and imago, and the chitin content of pupal exuviae was 23% of BSF dry body weight. Similar to our study, the authors found that the physical characteristics of BSF chitin were α-chitin, and the structure of exuviae chitin was amorphous and nonporous.

The current extraction of chitin is based on chemical-catalyzed process, using hydrochloric acid and sodium hydroxide. The main disadvantage of this technology is that it raises environmental concerns to generate large volumes of acidic and alkaline effluents, which require further treatment before release. The main purpose of this study is to replace...
the chemicals and thereby achieve sustainable, green production of chitin. In this study, we
used *Bacillus licheniformis* A6 strain in the BSF fermentation. In general, *B. licheniformis* can
therefore be considered nonpathogenic to humans. *B. licheniformis* can be used in animal
feed and used as probiotics for human consumption [16,17]. *B. licheniformis* can also be
used as biofertilization to improve the functional quality of tomato including the lycopene
content, flavonoids content and antioxidant activity under greenhouse conditions [18].

In the study of biologically extraction of chitin from shrimp head waste, two bacterial
strains were synergistic combined with a protease-producing bacterium, *B. licheniformis*
21,886, and an acid-producing bacterium, *Gluconobacter oxydans* DSM-2003. When the
shrimp head waste was cofermented with *B. licheniformis* followed by *G. oxydans*, the depo-
teinization (DP) and demineralization (DM) efficiencies were 87 and 93.5% respectively [19].
In the cofermentation with *B. licheniformis*, three times more organic acids, such as lactic,
formic and acetic acid, were released than in the monofermentation of *G. oxydans*. In our
study, monofermented with *B. licheniformis* A6 with BSF spent pupal shell, the deproteiniza-
tion (DP) and demineralization (DM) efficiencies were 87.9 and 97.2% respectively.

Previous studies reported the antimicrobial activity of chitosan is strongly influenced
by its molecular weight [20]. For *P. aeruginosa*, a Gram-negative bacteria, the antimicrobial
activity of chitosan was enhanced as the molecular weight decreased. In contrast, for
*S. aureus*, a Gram-positive bacteria, the antimicrobial activity of chitosan increased with
increasing molecular weight. This may be a result of the differences in bacterial metabolism
between Gram-positive bacteria and Gram-negative bacteria. One of the confirmed mecha-
nisms is that the chitosan tends to form a coating over the bacteria at higher concentrations,
not necessarily attached to the surface and independent of the bacteria type. Another
mechanism was the interaction between positively charged chitosan molecules and nega-
tively charged microbial cell membranes, thus provoking internal osmotic imbalances and
consequently inhibiting the growth of micro-organisms [21,22]. The antibacterial activity
of chitosan concentration of was higher in *S. aureus* than *P. aeruginosa* matched up to those
two mechanisms in our study.

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ments. S.-H.L., Y.-P.W., Y.-T.L., and W.-L.L. carried out the experiments. Y.-S.L. and M.-H.L. took
the lead in writing the manuscript. All authors provided critical feedback and helped shape the
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