An SIC-Fed Low-Profile Wideband Metamaterial-Based Antenna Array for 5G Wireless Cellular Networks

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Abstract: In this paper, we propose a metamaterial (MTM)-based low-profile wideband antenna and its array using a substrate integrated cavity (SIC) feed structure for 5G wireless cellular networks. The proposed wideband antenna consists of two sets of square mushroom-like arrays; a semi-ground plane and a microstrip line-fed bow-tie radiator. Due to the unique in-phase reflection characteristic of the mushroom-like metamaterial, the bow-tie antenna wideband performance is maintained while the distance between the bow-tie radiator and the metamaterial-based semi-ground is considerably reduced to 0.014λ0 (λ0 is the operating wavelength at 5 GHz in free space), thereby satisfying the compact size requirement desirable in many wireless communication systems. The in-phase reflection of the mushroom unit cell is applied to analyze and explain the wideband performance of the presented antenna. The proposed dielectric-filled (εr = 3.55) MTM-based wideband antenna element has an overall size of 1.0λ0 × 0.8λ0 × 0.054λ0 and attains a measured (|S11| < −10 dB) bandwidth of 31.3%. Subsequently, an SIC feed structure is employed to form an array antenna, and a measured (|S11| < −10 dB) bandwidth of about 17% is obtained. Across the operating bandwidth, which partly covers the 5G wireless communication in the sub-6 GHz band and 5-GHz WLAN, the antenna array achieved an average gain of 6.6 dBi and a radiation efficiency greater than 73%.

Keywords: metamaterial; substrate integrated cavity; low-profile; wideband; array antenna

1. Introduction

With the rapid growth of wireless communications, broadband planar antennas are in great demand for use in various wireless communication systems. Microstrip antennas have played an important role in wireless communication systems over the past several decades due to their attractive features, such as being low-profile, light weight, low-cost and having easy integration with other microwave circuits. However, conventional microstrip antennas suffer from the inherent narrow impedance bandwidth (IBW), and a variety of techniques have been developed to increase the IBW, namely, the use of a thick substrate with a low-dielectric constant for lowering the quality factor (Q-factor) [1–3]. However, a thick substrate could increase losses due to the excitation of undesired surface waves, which lower not only the radiation efficiency, but also decrease the usable operating bandwidth [4]. The thick substrate also suffers from high cross-polarization at a higher band edge, especially in the H-plane. The slot-loading technique is usually introduced to further lower the quality factor of thick patch antennas, as the latter introduces a capacitance that compensates for the relatively high inductance of the lengthy feeding probe. By combining both the slot-loading and thick, low-dielectric-constant techniques, the IBW of the traditional patches can be enhanced to about 30% [5–7]. Moreover, electromagnetic coupling feed techniques, such as an L-probe and T-shaped probe are able to achieve bandwidths of 24% and 36%, respectively [8,9]. Stacking multiple patches is another effective way for enlarging the IBW of the patch [10]. However, for all the methods mentioned above, a thick (>0.1λ0, λ0 is the
operating wavelength in free space), low-dielectric-constant substrate is required, which is undesirable in low-profile and conformal applications.

The metamaterial (MTM) is capable of improving the efficiency of conventional antennas due to its unique electromagnetic characteristics [11]. A wide variety of MTM-based antennas with enhanced performances have been investigated and reported in the open literature over the last few decades, including leaky-wave and resonant-type MTM-based antennas [12,13]. Although these MTM-based antennas offer a number of unique properties, such as multi-band operation, high directivity and radiation efficiency, they suffer from a small bandwidth. An attempt at designing a broadband directive MTM-based antenna has been reported [14]. The leaky-wave antenna comprising a mushroom-like MTM array as the upper radiator with an additional microstrip-line-slot feeding structure underneath demonstrated a bandwidth of 25% at the expense of increased thickness.

Furthermore, to realize an array antenna, a power divider is needed. The latter is often implemented using microstrip technology. Unfortunately, the microstrip-based power divider may cause undesirable radiation leakage, resulting in an increased radiation loss at mm-wave bands, as well as high cross-polarization. To overcome the high loss bottleneck of the microstrip line-based feed network at higher frequencies, a substrate integrated cavity (SIC) has been used as the feeding network [15]. The SIC structure exhibits the advantages of flexible power distribution, high power capacity, low loss and low design complexity as compared to the traditional microstrip line-based feed network, such as Wilkinson based power dividers [16,17]. The combination of MTMs and SIC technology opens interesting perspectives for the implementation of an array antenna, which to the best of the authors’ knowledge, has rarely been reported in the literature.

In this paper, a wideband, low-profile mushroom antenna element is firstly proposed based on the concept of MTMs. The antenna comprises a bow-tie radiator and a semi-mushroom-like MTM ground plane. A 50 Ω microstrip line is used to feed the bow-tie radiator to obtain a simple, compact and low-profile design. Owing to the in-phase reflection property of the MTM, the gap between the bow-tie radiator and the semi-mushroom-like MTM ground plane is significantly reduced to 0.85 mm (0.014λ0), which satisfies the compact size requirement often needed in many wireless communication systems. The in-phase reflection property of the square mushroom-like unit cell is presented to analyze both the wideband and low-profile performance characteristics of the presented antenna. The developed low-profile wideband MTM-based antenna element is further extended into an antenna array using an SIC feed structure to improve the gain. The MTM-based antenna element and its array are numerically studied using the full wave EM simulation software HFSS. The proposed antenna element and array are prototyped to validate experimentally the design idea.

The organization of the paper is as follows. In Section 2, the MTM-based low-profile wideband antenna element is introduced and its operating principle is investigated using the in-phase reflection of the mushroom-like square unit cell. This element is expanded into an array using an SIC feed network in Section 3, where the impedance matching is studied in depth. Additionally, in this Section, the measured results of the fabricated low-profile (0.054λ0) prototype operating at 5 GHz band are presented. A general conclusion is given in Section 4.

2. Metamaterial-Based Low-Profile Wideband Antenna Element

2.1. Overview

The geometry of the MTM-based low-profile wideband antenna is illustrated in Figure 1. It was designed on an RO4003 substrate with a dielectric constant, loss tangent and thickness of εr = 3.55, tanδ = 0.0027 and h = 3.25 mm, respectively. The proposed broadband antenna consists of two sets of mushroom-like square 3 × 4 unit cell arrays acting as a semi-ground plane and a microstrip line-fed bow-tie radiator. The mushroom unit cell consists of a square patch with a size of Wx × Wy in the x- and y-axis directions, respectively, and a center-positioned shorting via of a diameter Dvia (0.6 mm). For each set of a mushroom
array, the mushroom cells are two-dimensionally distributed with a period of \( p_x = W_x + g_x \) and \( p_y = W_y + g_y \), and gaps of \( g_x \) and \( g_y \) along the \( x \)- and \( y \)-axis directions, respectively. To satisfy the compact size, the gap between the bow-tie radiator and the two sets of the mushroom-like semi-ground plane is kept equal to 0.85 mm (0.014\( \lambda_0 \)). In order to obtain a planar design, a 50 \( \Omega \) microstrip line is used to feed the bow-tie radiator, where one arm is directly connected to the microstrip feed line, whereas the other arm is connected to the bottom ground through a via. The gap between the two dipole arms is 0.5 mm.

**Figure 1.** Geometry of the proposed metamaterial-based low-profile wideband antenna and the coordinate system. (a) Top view, (b) Side view.

### 2.2. Operating Principle

In order to reveal the operating principle of the proposed MTM-based wideband antenna, an example is presented and the in-phase reflection characteristic of the mushroom metamaterial is studied.

The geometrical parameters for the benchmark antenna are listed in Table 1. The simulated \(|S_{11}|\) and peak gain is shown in Figure 2. It can be seen from Figure 2 that the simulated IBW for \(|S_{11}| < -10 \text{ dB}\) spanned from 4.02 GHz to 5.38 GHz, giving a fractional bandwidth of 29%. In addition, the antenna yielded a small gain variation over its operation frequency.

### Table 1. Parameter values of the wideband antenna shown in Figure 1 (unit: mm).

| Parameter | Value | Parameter | Value |
|-----------|-------|-----------|-------|
| \( W \)   | 60.5  | \( W_1 \) | 11.25 |
| \( L \)   | 48    | \( L_1 \) | 13    |
| \( W_x \) | 7.5   | \( g_x \) | 1.1   |
| \( W_y \) | 7.5   | \( g_y \) | 1.2   |
| \( W_s \) | 1.5   | \( S_1 \) | 0.85  |
| \( L_s \) | 8.75  | \( S_2 \) | 0.75  |
| \( W_b \) | 5     | \( L_b \) | 15.5  |
| \( W_f \) | 7.5   | \( L_f \) | 38    |
The radiation performances of the bow-tie radiator in three different environments were examined to find out the reason for the wideband performance of the proposed antenna. Figure 3a–c show the three cases, namely, the bow-tie radiator in free space, near the PEC edge and above the PEC, respectively. The corresponding simulated return losses of the three cases are shown in Figure 3d. From Figure 3d, one can see that when the bow-tie radiator was located on top or near the edge of the perfect electric conductor ground plane (PEC-GND), it yielded a poor return loss due to the out-of-phase image current in the PEC-GND. The out-of-phase current also resulted in a low radiation efficiency.

Figure 4c compares the reflection coefficients for two cases: the bow-tie radiator placed closely to the edge of the mushroom-like ground plane and the perfect electric conductor (PEC) edge. The antenna shown in Figure 4a is exactly the one in Figure 1, namely the bow-tie radiator placed closely to the edge of the mushroom-like ground plane. The antenna shown in Figure 4b was obtained by replacing the PEC-GND with the two sets of 3 × 4 unit cells, namely the bow-tie radiator placed closely to the PEC edge. The radiation performance of the bow-tie radiator with a semi-mushroom MTM-GND was much better than that with a semi-PEC ground plane, mainly due to the in-phase reflection property of the mushroom-like cell, as illustrated in Figure 5. As seen in Figure 5, the reflection phase of the mushroom metamaterial varied from 180° to −180°, and the frequency range over which the reflection phase ranged in ±90° ±45° was recognized as the in-phase reflection operation band. The
Design of mushroom-like metamaterial in terms of its in-phase characteristic can be derived by its equivalent \( LC \) circuit model, as shown in Figure 6. The capacitor \( C \) was caused by the gap between the patches and the inductor \( L \) resulted from the current along adjacent patches. The impedance and resonance frequency of the equivalent \( LC \) circuit are given by Equations (1) and (2), respectively. The edge capacitance for the narrow gap between patches and the inductor, which can be derived from the current loop in Figure 2, are given by Equations (3) and (4), respectively. Then, the reflection phase of the mushroom-like metamaterial can be determined using Equations (1) to (4).

\[
Z = \frac{j\omega L}{1 - \omega^2 LC} \\
\omega_0 = \frac{1}{\sqrt{LC}} \\
C = \frac{W\varepsilon_0(1 + \varepsilon_r)}{\pi} \cosh^{-1}\left(\frac{W + g}{g}\right) \\
L = \mu h
\]
For the proposed mushroom MTM, the obtained operational band was 2.6–7 GHz, which coincided with the operating band of the proposed wideband antenna. Therefore, it is the in-phase reflection of the mushroom MTM that enables the antenna to operate in such a wideband, since, as discussed above [see Figure 3b], the PEC-GND yielded a narrow bandwidth due to its out-of-phase reflection property.

2.3. Experimental Results

To validate the preceding analysis, the proposed MTM-based wideband antenna element was fabricated. The photo of the fabricated antenna prototype with an overall size of 60.5 mm × 48 mm × 3.25 mm is shown in Figure 7a. Figure 7b shows the simulated and measured $|S_{11}|$ and gain values of the proposed wideband antenna. The simulated bandwidth for $|S_{11}| < -10$ dB was from 4.02 to 5.38 GHz, or 29% fractional bandwidth, whereas the measured bandwidth ranged from 3.88 to 5.32 GHz, or 31.3% fractional bandwidth. Both the results are in reasonable agreement except that the impedance bandwidth was slightly shifted downwards to the lower frequency; it was also clear that a certain deterioration of the impedance matching within the operation band was found. The discrepancy might have resulted from the fabrication tolerance and material dielectric tolerance, as well as the influence of testing cables and connectors. The simulated and measured average realized gains over the operation bandwidth was about 4.8 and 3.9 dBi, respectively; this subtle difference between the simulated and measured gain can be attributed to the connecting cables and SMA used during the measurement, which were not taken into account in the simulation, as well as to the measurement setup and the antenna fabrication tolerance. The simulated and measured radiation patterns of the antenna at 4.8 GHz and 5.2 GHz, respectively, are exhibited in Figure 8. The measured radiation patterns agreed reasonably well with the simulations, and the minor difference between the two results was attributed to the fabrication errors and the measurement setup. It is also observed in Figure 8 that the complex interaction between the bow-tie radiator and semi-MTM-based GND resulted in undesired radiation, which led to a relatively high cross-polarization in both the x-z plane and y-z plane.
Figure 7. (a) Photo of the fabricated MTM-based wideband antenna. (b) Simulated and measured $|S_{11}|$ and gain values.

Figure 8. Simulated and measured radiation patterns of MTM-based wideband antenna at (a) 4.8 GHz, x-z plane, (b) 4.8 GHz, y-z plane, (c) 5.2 GHz, x-z plane, (d) 5.2 GHz, y-z plane.

3. Array Antenna

Because of the advantages of flexible power distribution, high power-handling capacity, low loss and low design complexity as compared to the traditional microstrip line-based power divider, such as the Wilkinson, the SIC-based feed network was utilized to form an array using the above designed wideband MTM-based antenna element. To the best of the authors’ knowledge, the design that combines the virtues of both the MTM and SIC has rarely been reported, and this may open an interesting perspective for implementation of an array antenna with improved performances.

3.1. Array Antenna Design

The proposed array antenna was conceived based on the proposed wideband antenna element and SIC feed structure, as shown in Figure 9. The array antenna was composed of two wideband MTM-based antenna elements, which was previously shown in Figure 1. Each wideband antenna element was directly connected to the SIC structure feed by an SMA connector connected to the input port of it. The dominant resonant frequency of the SIC structure can be derived by using the SIW methods [18]

\[
f_0 = \frac{c}{2\sqrt{\varepsilon_r}} \left( \frac{1}{L_e} \right)^2 + \left( \frac{1}{W_e} \right)^2
\]

(5)

where $L_e$ and $W_e$ are the effective length and width of the cavity of the SIC structure, and $\varepsilon_r$ is the relative dielectric constant of the substrate used. Since the $L_e$ is set equal to $W_e$ in this design, Equation (5) can be deduced as

\[
f_0 = \frac{c}{L_e} \sqrt{\frac{1}{2\varepsilon_r}}
\]

(6)

where

\[
L_e = L_c - \frac{D_{via}^2}{0.95p}
\]

(7)
where $p$ is the space between two via holes. The resonant frequency of the SIC was tuned to the target frequency for co-design with the aforementioned antenna element. Finally, the size of the antenna element was the same as that shown in Figure 1, except that the mushroom cell size parameters $W_x$ and $W_y$ were now both set to 8.25mm in order to optimize the array antenna (to locate the center frequency to 5 GHz), and the other parametrical values of the array antenna were: $W_a = 144\, \text{mm}$, $L_a = 65\, \text{mm}$, $W_{\text{feed}} = 7.5\, \text{mm}$, $W_{\text{slot}} = 1\, \text{mm}$, $L_{\text{SIC}} = 42\, \text{mm}$, $L_c = 38.4\, \text{mm}$, $L_{S1} = 7.2\, \text{mm}$, $L_{S2} = 7.5\, \text{mm}$, $L_{S3} = 5.2\, \text{mm}$, $L_{S4} = 13.2\, \text{mm}$, and $p = 1.2\, \text{mm}$.

![Figure 9](image-url)  
**Figure 9.** Geometry of the proposed metamaterial and SIC structure-based array antenna and the coordinate system. (a) Top view. (b) Side view.

### 3.2. Parametric Studies

In this part, to further demonstrate the important role of the metamaterial on improving the impedance matching of the presented antenna, a parametric study was performed. The influences of different bow-tie radiator parameter sizes $W_b$ and $L_b$ on the return loss are shown in Figure 10, whereas the other parameters were kept constant. As can be observed from Figure 9, the resonant frequency hardly changed when $L_b$ increased from 14.5 to 16.5 mm, or when $W_b$ increased from 5 to 7 mm. Figure 11 shows the simulated return loss versus the mushroom square cell parameter size, $W_c = W_p$. As exhibited in Figure 11, when $W_b$ increased, the resonant frequency moved to the lower frequency edge, and a small change of $W_c$ led to a significant operation band shift. It is obvious that the mushroom metamaterial plays a key role in the proposed array antenna. The corresponding in-phase curves versus $W_c$ is plotted in Figure 12. It can be found from Figure 12 that with the increase of $W_c$, the in-phase operation band of the mushroom unit cell moved to the lower frequency band, thereby causing a lower shift in the operation band of the array antenna.

![Figure 10](image-url)  
**Figure 10.** Simulated $|S_{11}|$ of the proposed array antenna with varying bow-tie radiator size parameters. (a) $|S_{11}|$ varies with $L_b$. (b) $|S_{11}|$ varies with $W_b$. 

moved to the lower frequency band, thereby causing a lower shift in the operation band of the array antenna.

Figure 10. Simulated $|S_{11}|$ of the proposed array antenna with varying bow-tie radiator size parameters.

(a) $|S_{11}|$ varies with $L_b$.

(b) $|S_{11}|$ varies with $W_b$.

Figure 11. Simulated $|S_{11}|$ of the proposed array antenna with different mushroom cell sizes $W_x$.

Figure 12. In-phase diagram of mushroom unit cell with different top metal patch sizes $W_x$.

3.3. Comparisons of Two Types of Antenna Arrays

The SIC structure, realized by connecting the top and bottom metallic layers by conducting via arrays, serves as a two-way power divider. It features lower losses and higher power-handling capacity compared to traditional microstrip line-based open structures. In this part, a comparison between an SIC-based array antenna and a T-shape power divider-based array antenna is made. The T-shape power divider, as shown in Figure 13a, consisted of two perpendicular microstrip lines. The parametrical values of the T-shape power divider were: $W_{t1} = 7.5$ mm, $W_{t2} = 5$ mm, $L_{t1} = 8$ mm, and $L_{t2} = 13$ mm. Figure 13b shows the simulated S-parameter results of the T-shape power divider. As seen, the designed T-shaped power divider was applicable for a 5 GHz band, and it was utilized to form an antenna array using the previously designed wideband MTM-based element, as can be found in Figure 13c. Figure 13d presents the simulated comparative results of the SIC-based array antenna and the T-power divider-based array antenna. It is clear that a wider operation bandwidth and a higher gain performance was observed with the SIC-based array antenna as compared to the traditional T-power divider-based array antenna.
3.3. Comparisons of Two Types of Antenna Arrays

The SIC structure, realized by connecting the top and bottom metallic layers by conducting via arrays, serves as a two-way power divider. It features low handling capacity compared to traditional microstrip line power divider. As seen, the proposed SIC-based array antenna and the T-shape power divider-based array antennas.

3.4. Array Antenna Experimental Results

The proposed array antenna was fabricated to validate the design. The photo of the fabricated antenna prototype is shown in Figure 14. The substrate for the array antenna was RO4003. Figure 15 shows the simulated and measured reflection coefficients and the realized gains versus frequencies. The simulated bandwidth for \(|S_{11}| < -10 \text{ dB}\) was from 4.6 to 5.42 GHz, which corresponded to a fractional bandwidth of 16.4%, whereas the measured bandwidth was from 4.67 to 5.54 GHz, corresponding to a fractional bandwidth of 17%. Both the two results agreed reasonably well with each other, showing a broad impedance bandwidth which covers the 5G wireless communication band (4.8 ~ 5 GHz) and 5-GHz WLAN (5.15 ~ 5.35 GHz). The minor discrepancy between the simulation and measurement might be caused by the fabrication tolerance and influence of the testing cables and connectors. It is worth pointing out that due to the bandwidth limitation of the SIC structure, the operating bandwidth of the array antenna was narrower than that of the above designed wideband MTM-based antenna element. The simulated and measured average realized gains over the corresponding impedance bandwidth was about 7.7 dBi and 6.6 dBi, respectively. The maximum gain of 6.94 dBi was measured at 5 GHz. In addition, the antenna yielded a small gain variation. Once again, this simulated and measured gain difference can be due to the connecting cables, connectors and non-ideal measurement environment, as well as to the antenna array fabrication tolerance.
The simulated and measured radiation patterns of the array antenna at 4.8 GHz and 5.2 GHz are exhibited in Figure 16. The measured results agreed well with the simulations, showing a broadside radiation both in the $x$-$z$ plane and $y$-$z$ plane. The measured cross-polarization was not obtained, but the simulations resulted in a value of less than $-25$ dB in the $x$-$z$ plane. A higher cross-polarization level was found in the $y$-$z$ plane. This is due to the complex interaction between the bow-tie radiator and semi-MTM-based GND, which leads to undesired radiation. The simulated and measured radiation efficiencies across the entire bandwidth were approximately 97% and 80%, respectively, as is shown in Figure 17.

Finally, Table 2 lists comparative results for the proposed antenna and different types of array antennas in terms of the overall size, resonant frequency, bandwidth and the realized gain within the operating band. It can be concluded that compared to traditional planar antennas, the presented SIC-fed MTM-based antenna array achieves a high performance while maintaining a low-profile and compact configuration.
Finally, Table 2 lists comparative results for the proposed antenna and different types of array antennas in terms of the overall size, resonant frequency, bandwidth and the realized gain within the operating band. It can be concluded that compared to traditional planar antennas, the presented SIC-fed MTM-based antenna array achieves a high performance while maintaining a low-profile and compact configuration.

![Figure 16. Simulated and measured radiation patterns of array antenna at (a) 4.8 GHz, x-z plane, (b) 4.8 GHz, y-z plane, (c) 5.2 GHz, x-z plane, (d) 5.2 GHz, y-z plane.](image)

![Figure 17. Efficiency of the array antenna.](image)

**Table 2.** Compared results between different types of antennas.

| References | [19] | [20] | [21] | [22] | [23] | [24] | This Work |
|------------|------|------|------|------|------|------|----------|
| Overall size ($\lambda_0$) | 1.66× | 3.8× | 4.44× | 1.81× | 2.5× | 1.13× | 2.4× |
| Center frequency (GHz) | 1.0× | 0.28× | 2.2× | 0.20× | 2.5× | 4.0× | 1.08× |
| Bandwidth (%) | 0.23 | 0.62 | 0.08 | 0.02 | 0.29 | 0.03 | 0.05 |
| Realized gain (dBi) | 2.2 | 5 | 8.32 | 4.8 | 2.5 | 5.75 | 5 |
| Bandwidth (%) | 45 | 14.5 | 11.78 | 16.3 | 17 | 2.7–6 | 17 |
| Realized gain (dBi) | 9 | 5 | 9.1 | 5.8 | 6.0–7.6 | 6–7.2 | 6.6 |

4. Conclusions

In this paper, an MTM-based low-profile wideband antenna was proposed. A series of comparisons were provided to reveal the operating principle and the performance enhancement in terms of the impedance bandwidth and stable gain that can be achieved by exploiting the in-phase reflection property of the mushroom-type MTM. The comparisons
included the bow-tie dipole over a PEC-GND, near a PEC-GND and near the edge of the MTM-GND. The dipole near the edge of the MTM-type GND realized the widest bandwidth due to the in-phase property and the additional resonances introduced by the surface waves propagating along the mushroom surface. By combining the SIC unique features with those of the mushroom-type MTM, it was shown that the antenna array can realize a stable gain of higher than 6.6 dBi, a wideband of more than 17% and an efficiency of above 73%, while keeping the antenna structure planar and simple. This innovative structure opens an interesting perspective for the implementation of highly efficient wideband array antennas. The proposed wideband antenna and array antenna demonstrate a good potential in 5G wireless systems and 5-GHz WLAN.

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