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Olive Mill wastewater valorization in multifunctional biopolymer composites for antibacterial packaging application

Laura Sisti¹, Grazia Totaro¹*, Nicole Bozzi Cionci², Diana Di Gioia², Annamaria Celli¹, Vincent Verney³, and Fabrice Leroux³

¹ Dipartimento di Ingegneria Civile, Chimica, Ambientale e dei Materiali, Università di Bologna, Via Terracini 28, 40131 Bologna, Italy; 
² Department of Agricultural and Food Sciences, Università di Bologna, viale Fanin 42, 40127 Bologna, Italy; 
³ Institut de Chimie de Clermont Ferrand (ICCF) - UMR 6296 Clermont-Auvergne Université, CNRS, 24 Avenue Blaise Pascal, 63177 AUBIERE (cedex), France; 
* Correspondence: grazia.totaro@unibo.it; Tel.: +39 (0)51 2090425

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Abstract: Olive Mill wastewater (OMW) is the aqueous waste deriving from the production of virgin olive oil. OMW typically contains a wide range of phenol-type molecules, which are natural antioxidants and/or antibacterials. In order to exploit the bioactive molecules and simultaneously decrease the environmental impact of such food waste stream, OMW has been intercalated into the host structure of ZnAl layered double hydroxide (LDH) and employed as integrative filler for the preparation of poly(butylene succinate) (PBS) composites by in situ polymerization. From the viewpoint of the polymer continuous phase as well as from the side of the hybrid filler, a focus is performed in terms of molecular and morphological characteristics by gel permeation chromatography (GPC) and X-ray diffraction (XRD); thermal and mechanical properties evaluated by thermogravimetric (TGA), calorimetric (DSC) and dynamic thermo-mechanical analysis (DMTA). Antibacterial properties have been assessed against a Gram-positive and a Gram-negative bacterium, Staphylococcus aureus and Escherichia coli, respectively, as representatives of potential agents of foodborne illnesses.

Keywords: multifunctional hybrid systems; olive mill wastewater; antibacterial properties; layered double hydroxides; bionanocomposites.

1. Introduction

High-added value compounds, such as pectin and polyphenols, can be recovered from agro-wastes and reused as food ingredients, cosmetics or even in pharmaceutical preparation [1, 2]. Many researches are today devoted to the valorization of agro-food by-products, in order to address sustainable and environmental requirements [3-5]. However, the recovery of target components from waste implies the use of down-stream and purification processes which are time consuming and costly as well as not environmental friendly due to the use of huge amount of water. An alternative approach consists here in exploiting agro-wastes without any pre-treatment, with the aim of preparing multifunctional materials, whose development indeed is now of great interest for the industry, always looking for high performance products obtainable through simple and low-cost processes. In the field of packaging, for example, where preserving the quality and increasing the safety of the products is of crucial importance, the antibacterial, antioxidant and/or anti-UV properties are strongly required. At the same time, in the packaging sector, biopolymers (from natural sources and/or biodegradable) are emerging on the market, because of a growing global pressure, deriving from the extensively publicized effects of climate change, price increase of fossil materials, as well as depletion of global fossil resources [6]. However, biobased materials do not achieve technical performances comparable to their fossil counterparts.
A straightforward strategy that allows the obtaining of high performance and multifunctional materials involves the use of organo-modified layered double hydroxides (LDHs) dispersed in polymeric matrices. LDHs are a class of anionic clays, consisting of stacked brucite-type \([\text{Mg(OH)}_2]\) octahedral layers with water molecules and exchangeable anions in the interlayer region, offering a large variety of hetero-structured materials [7]. Thanks to their great versatility, as well as simple preparation, the LDH host structures are often considered as a toolbox and their applications are strongly diversified, ranging from catalysis to biomedical, cosmetics, functional additives and/or stabilizers in polymer formulations, sorbents and scavengers for pollutants [8, 9].

Our research group is profoundly concerned to target green fillers in association with bio-based and biodegradable polymer. Our previous researches have demonstrated that the use of organo-modified LDHs may provoke a significant chain extension effect on polymer matrices with consequent improvement of their processability [10-14]. Moreover, suitable properties, such as antioxidant/antibacterial/anti-UV, due to the tethered / intercalated anions into the LDH, can be exploited, leading to multifunctional fillers. LDH acts as inorganic cargo hosting bioactive molecules and it protects them from thermal degradation, thus enhancing their thermal stability as well as allowing the preservation of their bioactivity, well-maintained under such protective layer against injection / extrusion during polymer composites processing [15, 16]. Therefore, multifunctional composite materials with antioxidant/antibacterial/anti-UV properties can be achieved.

More in detail, in a previous work [17], olive mill wastewater (OMW), without any pre-treatment, was successfully intercalated into a \(\text{Zn}_2\text{Al-LDH}\) with the aim of enhancing the durability of polypropylene (PP) and poly(butylene succinate) (PBS) melt blended composites. In the current study, the antibacterial and the thermomechanical properties of similar systems have been further investigated. Therefore, the materials prepared can be suitable for antibacterial/antioxidant coating and packaging, as well as medical devices and household products.

OMW is a high organic load and recalcitrant waste stream of great environmental concern and its management is a very important issue in Mediterranean countries because of the huge amount of olives: more than 2.4 million tons/year, whose 90% is meant for olive oil production, thus up to 30 million m³ per year of OMW is generated [17, 18]. The composition of OMW consists in 80–90% water, 4–16% organic compounds (such as tyrosol, hydroxytyrosol, p-coumaric acid, ferulic acid, syringic acid, protocatechuic acid, vanillic acid tannins, anthocyanins, etc.) and 0.4–2.5% mineral salts (K, Ca, Na). Due to their low partition coefficients, the olive phenols are more soluble in water than in oil phase. Thus, polyphenols are found in OMW at concentrations ranging from 0.03–11.5 g/L according to the processing system used for olive oil production [1].

Among biobased polyesters, PBS is of particular interest. It is a biodegradable semi-crystalline polymer, whose both pristine monomers (1,4-butandiol and succinic acid) can be obtained from sugar fermentation. PBS is emerging in agriculture, consumer goods and especially in flexible packaging market [6]. Due to its thermal and mechanical characteristics, PBS ranks similar to PP for its strength (tensile strength 34 MPa for PBS and 33 MPa for PP) and between low-density (LDPE) and high-density polyethylene (HDPE) for its stiffness (flexural modulus 656 MPa for PBS, 176 MPa for LDPE, 1070 MPa for HDPE) [19, 20].

In details, OMW was here used as intercalating agent in layered \(\text{Zn}_2\text{Al-LDH}\), i.e. between its organo-modified platelets; some phenol model molecules, as typical chemical structures of the main components present in OMW (namely vanillic acid VA, ferulic acid FA, protocatechuic acid PA) were also employed, for comparison. Mixed systems were also prepared, by simultaneous coprecipitation of two or three biomolecules, to simulate a medium containing more than one bioactive compound, as in OMW. The organo-modified LDHs (5 wt. %) were employed for the preparation of PBS composites through \textit{in situ} polymerization. Both the organo-modified LDHs and the obtained composite samples were tested for their anti-microbial action against \textit{Escherichia coli} and \textit{Staphylococcus aureus}. Thermal and thermo-mechanical properties were investigated by TGA, DSC and DMTA.

2. Results and Discussion
A full characterization of the prepared LDH samples, as well as the total organic compound (TOC) of the biowaste (4.51 ± 0.65 g GA eq/L, GA = gallic acid), were reported elsewhere [17]. Briefly, HPLC analysis revealed the presence of protocatechuic acid, vanillic acid, trans-cinnamic acid, gallic acid and chlorogenic acid in OMW. FT-IR and X-ray analyses of the LDHs containing vanillic acid (Zn2Al/VA), ferulic acid (Zn2Al/FA), protocatechuic acid (Zn2Al/PA) demonstrated the intercalation of the anions between the lamellae. Mixed systems were also prepared, by simultaneous coprecipitation of FA and PA (Zn2Al/FA-PA), or VA, FA and PA (Zn2Al/VA-FA-PA), to simulate a medium containing more than one bioactive molecule, as in OMW. Concerning such systems and the sample intercalated with OMW (Zn2Al/OMW), a selective interaction with some molecules was evident from FT-IR, but from X-ray diffraction analysis, it was concluded that the coprecipitation of LDH in presence of OMW was not 100% efficient in yielding LDH structure, giving rise to another inorganic material (γ-AlOOH) unable to trap organic guest. This was confirmed by a lower organic weight loss % from TGA in Zn2Al/OMW. Therefore, in such sample (Zn2Al/OMW) the two structures (LDH and γ-AlOOH) are concomitantly present. The thermal protecting role of the LDH towards the anions was clear from TGA analysis because the thermal stability was enhanced after intercalation. This is a key point in this strategy because it allows the preservation of the bioactivity, well-maintained under such protective layer during polymer composite processing.

In the current study, 5 wt. % of the organic/inorganic (O/I) hybrid fillers was employed to prepare PBS bionanocomposites by in situ polymerization, which is an effective method to reach a good state of dispersion for the LDH filler. Such loading was reported to be appropriate, in similar systems, to assure the persistence of bioactivity [16, 17, 21]. Scheme 1 shows the monomers employed and the conditions of the in situ polymerization process. The bionanocomposites have been labelled PBS:Zn2Al/X, according to the LDH employed.

The molecular weights of all composites, obtained by GPC analysis, resulted to be high, into the range 50·10^3 < Mw < 90·10^3 g/mol with polydispersity values coherent to common polyesters (Mw/Mn ≈ 2) (Table 1).

### Table 1. GPC and TGA results of PBS, PBS:FA/PA and PBS:Zn2Al/X composites.

| Sample          | Mw (x 10^3 g mol⁻¹)a | Mw/Mn a | T onset (°C)b | T10p (°C)b | Tmax (°C)b |
|-----------------|----------------------|---------|---------------|------------|------------|
| PBS             | 69                   | 2.4     | 380           | 363        | 406        |
| PBS:Zn2Al/VA    | 91                   | 2.4     | 353           | 344        | 393        |
| PBS:Zn2Al/FA    | 47                   | 2.2     | 357           | 340        | 393        |
| PBS:Zn2Al/PA    | 49                   | 2.3     | 355           | 347        | 389        |
| PBS:Zn2Al/FA-PA | 61                   | 2.3     | 355           | 338        | 395        |
| PBS:Zn2Al/VA-FA-PA | 68               | 2.5     | 345           | 341        | 387        |
| PBS:Zn2Al/OMW   | 61                   | 2.4     | 355           | 347        | 387        |
| PBS:FA/PA       | 8                    | 2.7     | 376           | 360        | 403        |

a) Determined by GPC in CHCl₃; b) Determined by TGA under air flow.

PBS:FA/PA, without LDH, with 1 wt. % of FA and 1 wt. % of PA respect to the polymer theoretical yield, was also prepared in order to better understand the beneficial role of LDH. Of course, during the polymerization, FA and PA compete with DMS in the condensation reaction with BD, therefore a copolymer is formed. 1H NMR shows that only 0.32 mol % of both FA and PA has
copolymerized. The results of GPC analysis indicate that oligomers were formed \( M_w = 8 \times 10^3 \text{ g/mol} \) because FA and PA possess only one reactive functional group, therefore they act as chain stopper during the macromolecular growth.

The degree of dispersion of the organo-modified LDHs in PBS matrix was evaluated by XRD analysis. In Figure 1, since the same results were obtained for all the samples, only some representative composite XRD patterns were reported, showing the diffraction lines characteristic of PBS and the absence of the diffraction peaks of the associated filler. This can be explained by a low crystallinity of the filler or by a potential exfoliation occurring during thermal processing. All the characteristic peaks ascribable to the crystalline structure of PBS (020) (021) (110) (111) can be found in 2\( \theta \) range 18-30° and no significant difference can be depicted with PBS free of filler. The copolymer presents narrow diffraction lines, due to PBS crystallinity.

![Figure 1. XRD profiles of PBS and some PBS:Zn2Al/X composites with indexing of the main reflections due to crystalline structure of PBS.](image-url)

Table 1-2 enlist all the results from TGA and DSC analyses of the nanocomposites. From figure 2, reporting TGA thermograms of all the samples, a main decomposition process is depicted in the temperature range 360–375 °C. Concerning the nanocomposites, the filler does not exert a thermal stabilization upon the matrix, because of the catalyzing effect of metals, as well as the polyester hydrolysis promoted by the water released during its thermal degradation. In any case, the thermal data reported (\( T_{\text{onset}} \), \( T_b \), \( T_{\text{max}} \)) are consistently higher than the melting temperature of PBS (116 °C): therefore, such expected thermal degradation are overcome during processing. This is consistent with literature [12, 13]. As expected, the copolymer shows initial and maximum degradation temperatures close to PBS.
Figure 2. TGA profiles of PBS, PBS:FA/PA and PBS:Zn\textsubscript{2}Al/X composites.

From DSC analysis reported in Table 2, it can be noted that $T_m$ values of the nanocomposites slightly decrease respect to 116 °C (melting temperature of PBS). Moreover, the peak shapes are complex and multiple endothermic peaks are present, due to the melting-recrystallization process, generally occurring in polyesters [22]. Concerning the cooling scan, most of composites crystallize at higher temperature respect to PBS, while PBS:Zn\textsubscript{2}Al/OMW has lower $T_c$. However, all the composites present lower $\Delta H_c$ respect to PBS, therefore the motion of the polymer chains in the melt are restricted by the platelets and the crystallization process is somehow hindered. Indirectly this behavior confirms a good degree of dispersion of the LDHs in the PBS matrix.

| Sample              | $T_g$ (°C)$^a$ | $T_g$ (°C)$^b$ | $T_c$ (°C)$^a$ | $\Delta H_c$ (J g$^{-1}$)$^c$ | $T_m$ (°C)$^b$ | $\Delta H_m$ (J g$^{-1}$)$^b$ |
|---------------------|----------------|----------------|----------------|------------------------|----------------|-------------------------------|
| PBS                 | -16.3          | -33            | 70             | 72                     | 116            | 77                            |
| PBS:Zn\textsubscript{2}Al/VA | -14.4          | -35            | 73             | 64                     | 113            | 64                            |
| PBS:Zn\textsubscript{2}Al/FA  | -8.9           | -36            | 73             | 52                     | 113            | 47                            |
| PBS:Zn\textsubscript{2}Al/PA   | -8.9           | -34            | 76             | 53                     | 115            | 48                            |
| PBS:Zn\textsubscript{2}Al/FA-PA | -8.9           | -36            | 77             | 55                     | 114            | 51                            |
| PBS:Zn\textsubscript{2}Al/VA-FA-PA | -13.4          | -36            | 77             | 61                     | 114            | 58                            |
| PBS:Zn\textsubscript{2}Al/OMW  | -13.4          | -36            | 66             | 51                     | 114            | 57                            |
| PBS:FA/PA           | /              | -30            | 66             | 62                     | 110            | 67                            |

$^a$ Determined by DMTA; $^b$ Determined by DSC during the 2$^{nd}$ heating scan; $^c$ Determined by DSC during the cooling scan from the melt at 10 °C min$^{-1}$. 
In order to evaluate the mechanical properties of the samples prepared, dynamic thermomechanical analysis (DMTA), which measures the response of a material to a cyclic deformation as a function of the temperature, has been performed. Figure 4 shows the storage modulus $E'$ and tan $\delta$, which is the ratio of the loss modulus to storage modulus, as a function of temperature. The nanocomposites, respect to the homopolymer, present superimposable curves, with $E'$ values slightly higher than PBS within all the temperature range, this revealing a reinforcing role of the O/I hybrid filler upon PBS. Additionally, it highlights an efficient interface interaction between the filler and the polymer, as well as a good state of dispersion of LDH platelets. The reinforcement effect of the fillers becomes more important above the glass transition temperature, when materials become soft, due to the restricted movement of the polymer chains [23]. At 20 °C the fillers show a medium $E'$ enhancement of 40%, and the maximum value is related to PBS:ZnAl/PA (51%). Respect to DSC analysis, DMTA is a more sensitive technique to evaluate $T_g$ (Table 2): the bionanocomposites show higher $T_g$ values respect to PBS (-16.3 °C), this is due to the restriction of the movements of the macromolecular chains, due to their interaction with the nanosheets of organo-modified LDH fillers.
The antibacterial properties of both O/I hybrid fillers and nanocomposites have been checked against a Gram-positive bacterium, *S. aureus*, and a Gram-negative one, *E. coli*, which are potential agents of foodborne illnesses causing serious infections [15] and ubiquitous widespread bacteria [24, 25] (Figure 5). The activity is calculated using Equation (1), expressed as percentage of reduction of viable cells in the assayed sample compared to a negative control consisting of a bacterial culture grown in the absence of any material. As a prerequisite for the whole set of experiments, reference materials (PuralMg61 and PBS) were assayed for the antimicrobial evaluation tests, showing no antibacterial effectiveness for PuralMg61 and an antimicrobial activity of 10 and 18% for PBS in the presence of *E. coli* and *S. aureus*, respectively. Hybrid LDHs powders are characterized by a strong antibacterial activity (cell mortality rate = 100%) against *S. aureus* and *E. coli*. Slightly lower values are recorded for Zn$_2$Al/VA vs *S. aureus* (87%) and Zn$_2$Al/OMW (94% and 91% vs *E. coli* and *S. aureus*, respectively). In the latter case, the presence in the waste of different phenolic compounds, as well as of other substances, may somehow interfere in the antibacterial activity causing a slightly lower mortality with respect to the use of the pure compounds. However, the percentage of mortality is high (> 90%) also with the OMW-containing samples. These results are in agreement with literature data [26-28] and confirm the strong antimicrobial activity associated to OMW phenolic compounds.

Considering the PBS nanocomposites, the results obtained using 50 mg of each sample on 500 μL of bacterial cells (10$^5$ CFU/mL) (Fig. 5a and c) highlight that the antimicrobial activity is maintained in the final products, reaching values of 100% of mortality against *E. coli* and close to 100% against *S. aureus*. In addition, two amounts of PBS:Zn$_2$Al/OMW (50 mg and 10 mg) were tested using the same suspension of *E. coli* cells (500 μL), reaching in both cases a cell mortality rate of 100% (not shown in Fig. 5). The slight differences in the antibacterial properties could be due to the different architecture of the outer layers of Gram positive and negative bacteria that may favour the antibacterial action of lipophilic molecules in Gram negative cells. Indeed *E. coli* has an extra lipopolysaccharide membrane outside a thin cell wall layer, while a thick peptidoglycan wall represents the external envelope in Gram positive bacteria [15]. Phenols are reported both to destroy the external Gram negative layers and to pass through this layer, thus exerting their biocidal activity in the cytoplasm [29]. Indeed, they act specifically on the cell membrane and inactivate intracytoplasm enzymes by forming unstable complexes.

On the other hand, as expected, the copolymer PBS:FA/PA does not present any significant antibacterial activity, thus highlighting the role of LDH in protecting the bioactivity of the organic
modifiers during the polymerization process. Indeed the inorganic host thermally protects the intercalated molecules, thus preserving their bioactivity.

![Figure 5](image-url)

To evaluate if such high activity in the case of the hybrid LDH materials can be due to phenolic acids potentially released from the LDH surface into the test medium, release studies of VA (as target bioactive molecule) from Zn2Al/VA and PBS:Zn2Al/VA have been carried out (Figure 6). The results show a maximum release of 300 mg/L from Zn2Al/VA in saline but, most importantly, a negligible release is obtained for the corresponding nanocomposite (maximum 9 mg/L). The released VA cannot be responsible for the inhibitory activity against the target microorganisms, considering that the minimal inhibitory concentration (MIC) of VA is 500 mg/L vs *E. coli* (although a partial inhibition can also be seen at 300 mg/L) and higher than 500 mg/L vs *S. aureus*, i.e. higher amounts with respect to those released from the specimens (Table 3).
Figure 6. Concentration of vanillic acid evaluated by HPLC analyses in water or saline in which samples have been immersed.

Table 3. Minimal inhibitory concentration (MIC) of vanillic acid (taken as target bioactive molecule) vs E. coli and S. aureus. Strain growth is reported as turbidity in the McFarland scale. Values represent the difference between the turbidity measured after 24 h of incubation at 37 °C and that detected at the beginning of the incubation.

| [Vanillic acid] mg/L | E. coli       | S. aureus     |
|---------------------|---------------|---------------|
| 500                 | 0.175 ± 0.025 | 1.385 ± 0.016 |
| 300                 | 0.495 ± 0.015 | 3.235 ± 0.031 |
| 150                 | 1.240 ± 0.023 | 3.585 ± 0.021 |
| 75                  | 2.800 ± 0.018 | 4.24 ± 0.017  |
| 0                   | 3.250 ± 0.026 | 4.935 ± 0.024 |

The potential of using OMW as antimicrobial agent was confirmed by the data obtained with LDH and PBS nanocomposites containing the waste as it is. These results demonstrated that it is possible to obtain optimal antimicrobial performances also by using OMW without any pre-treatment, potentially leading to a true recycling and valorization of this bio-waste in the development of multifunctional materials.

4. Materials and Methods

4.1. Materials

1,4-butanediol (BD), dimethyl succinate (DMS), sodium hydroxide, aluminum nitrate Al(NO₃)₃·9H₂O, zinc nitrate Zn(NO₃)₂·6H₂O, vanillic acid (VA), trans-ferulic acid (FA), protocatechuic acid (PA), ethanol and titanium tetrabutoxide (TBT) were purchased from Aldrich Chemical. All the
Materials were used as received. Nutrient broth and plate count agar were from Oxoid, Basingstoke, UK. McFarland turbidity standards were from Biolife, Italy. The olive mill wastewater (OMW) was furnished by Sant’Agata d’Oneglia (Imperia, Italy) and concentrated prior to use: from 10 L, 1 L was obtained. Its main chemical features were: Chemical Oxygen Demand (COD) 43.5 ± 1.6 g/L; Total Organic Compound (TOC) 4.51 ± 0.65 g GA eq/L (GA = gallic acid); Total Suspended Solids (TSS) 39,200 ± 4,808 mg/L.

4.2. LDHs synthesis

The LDHs have been prepared by coprecipitation following a procedure described elsewhere [17] with OMW, VA, FA, PA. Two co-intercalated LDHs with mixtures of FA+PA, and VA+FA+PA, were also prepared. Briefly, 50 mL of deionized water solution containing 31.2 mmol of Zn(NO$_3$)$_2$·6H$_2$O and 15.6 mmol of Al(NO$_3$)$_3$·9H$_2$O was added dropwise, during 3h, in a reactor containing 62.4 mmol of the anion in 100 mL of ethanol/deionized water (60/40) under vigorous stirring. In case of OMW, 60 mL have been used. The pH was maintained at 9.5 (± 0.1) through addition of NaOH solution. The reaction was carried out under nitrogen atmosphere and stirred for 3 h, at room temperature. The solid material was separated and submitted to 3 cycles of deionized washing/ethanol centrifugation. The sample were labeled as Zn$_2$Al/X, where X is the anion. A full characterization of the LDHs (X-ray diffraction, FT-IR and TGA analysis) is reported elsewhere [17].

4.3. Bionanocomposites preparation

Bionanocomposites with 5 wt. % loading of the organo-modified LDHs were prepared by in situ polymerization following a common procedure already reported [30]. As an example, the procedure for preparing PBS:Zn$_2$Al/VA is described: a round-bottomed, wide-neck glass reactor (250 mL capacity) was loaded with BD (29.6 g, 328 mmol), TBT (0.0585 g, 0.172 mmol) and 2.35 g of Zn$_2$Al/VA (previously dried overnight at 105 °C), corresponding to 5 wt. % with respect to the polymer theoretical yield. The reactor was closed with a three-necked flat flange lid equipped with a mechanical stirrer and a torque-meter which gave an indication of the viscosity of the reaction melt. The system was then connected to a water-cooled condenser and immersed in a thermostatic salt-bath at 190 °C, under vigorous stirring. After one hour, DMS (40.0 g, 274 mmol) was added and the mixture was kept at 190 °C until all the methanol distilled off. Then the reactor was connected to a liquid nitrogen-cooled condenser and dynamic vacuum was applied down to 0.5 mbar while the temperature was increased up to 230 °C. When the torque of the melt was around 7-8 mN, a highly viscous, light brown and transparent melt was discharged from the reactor. For comparison, PBS homopolymer was also synthesized, as well as PBS:FA/PA, without LDH with 1 wt. % of FA + 1 wt. % of PA. The molecular structure of PBS was confirmed by $^1$H NMR. $^1$H NMR on PBS:FA/PA was conducted on purified sample.

4.4. Antibacterial properties

The antimicrobial properties were assessed by evaluating the survival of bacterial cells exposed to the prepared samples: LDHs intercalated with phenolic acids or OMW, in order to check the antibacterial activity of the active principles, and PBS with 5 wt. % LDHs, to test the efficacy of the final bionanocomposites. The two microorganisms used were E. coli ATCC 8739 and S. aureus ATCC 6538. Bacteria were grown aerobically in nutrient broth for 16 h at 37 °C. The bacterial culture obtained was centrifuged at 7000 rpm for 10 min, washed in sterile saline (0.9% w/v NaCl) and re-suspended in the same solution in order to obtain $\approx$10$^5$ colony forming units (CFU)/mL.

The experiments on both LDHs and composites were performed using 50 mg of powder of each sample, which were put in contact with 500 μL of cells ($\approx$10$^5$ CFU/mL in saline) at room temperature (about 23 ± 1 °C) for 24 h. The same experiment has been preliminarily done with a commercial LDH sample (PuralMg61) and a commercial PBS (i.e. with no added compounds). The composites have been sieved in
order to achieve a homogeneous, fine, particle size. After the incubation, each sample was serially diluted (1:10) and the dilutions were plated on plate count agar. After incubation of the plates at 37 °C for 24 h, the number of colonies corresponding to the number of viable cells was determined, after averaging using triplicates, through a modification of the equation reported by Lala et al. [31], as follows:

$$R\% = \frac{(B-A)}{B} \times 100$$  \hspace{1cm} (1)

where $R\%$ = percentage of reduction of viable cells, A= average number of viable cells obtained after 24 h of contact with sample powders, and B = average number of viable cells after 24 h of incubation of a bacterial cell suspension in the absence of any material. As already mentioned, the commercial powders with no added compounds were also tested for their antimicrobial activity against the same strains.

An additional experiment was carried out only on the bionanocomposite intercalated with OMW (PBS:Zn2Al/OMW), in order to evaluate the antimicrobial activity with a less concentrated amount of sample: 10 mg of powder were put in contact with 500 μL of E. coli cells (≈10$^5$ CFU/mL in saline) and incubated as well as the previous experiment.

4.4.1. Minimal Inhibitory Concentration (MIC) of vanillic acid as target compound

Different concentrations of vanillic acid have been tested in order to evaluate the minimal concentration that inhibits the growth of E. coli and S. aureus. A stock solution of the assayed compound was prepared at a concentration of 10000 mg/L in ethanol 70% (v/v of water). The concentrations tested were: 500 mg/L, 300 mg/L, 150 mg/L and 0 mg/L. Bacterial growth in the presence of vanillic acid at different concentration was monitored by evaluating the turbidity of the culture after 24 h of incubation at 37 °C using a densitometer (DEN1-Biosan) which evaluates turbidity using the MacFarland scale. Commercial McFarland standards (0.0-0.6 McFarland units) were used for calibrating the densitometer. The sample for MIC testing consists of 3 mL of nutrient broth, to which 100 µL of a culture grown overnight (10$^8$ CFU/mL) and the appropriate volume of vanillic acid from the stock solution were added. The assay was performed in duplicate.

4.4.2. Release study

Release studies of vanillic acid from LDH and nanocomposite to the surrounding environment have been conducted in water and saline on samples containing Zn2Al/VA and the corresponding composite (50 mg/500 μL), under stirring for 24 h at room temperature. Small aliquots of the supernatants have been analyzed by HPLC at 0, 8, and 24 h of incubation.

4.5. Measurements

$^1$H NMR spectra were recorded on a Varian Mercury 400 spectrometer (chemical shifts are in part per million downfield from TMS); the solvent used was CDCl₃.

GPC measurements were performed on a HP 1100 Series using a PL gel 5 μm Minimixed-C column with chloroform as eluent and solvent for polymer samples. A Refractive Index detector was used and a calibration plot was constructed with polystyrene standards.

TGA was performed in air atmosphere using a Perkin Elmer TGA7 apparatus (gas flow 30 mL/min) at 10 °C min$^{-1}$ heating rate from 50 to 900 °C for all the samples. The onset degradation ($T_{\text{onset}}$), 10% mass loss ($T_{10\text{D}}$) and maximum degradation temperatures ($T_{\text{max}}$) were measured.

DSC was carried out, under nitrogen flow, using a Perkin-Elmer DSC6. To erase any previous thermal history, the samples (ca. 10 mg) were first heated at 20 °C min$^{-1}$ to 140 °C, kept at high temperature for 2 min, cooled down to -60 °C at 10 °C min$^{-1}$, and heated from -60 °C to 150 °C at 10 °C min$^{-1}$ (2nd scan). During the cooling scan the crystallization temperature ($T_c$) and the enthalpy of crystallization ($\Delta H_c$) were measured. During the 2nd heating scan the glass transition temperature ($T_g$), the melting temperature ($T_m$) and the corresponding enthalpy ($\Delta H_m$) were measured.
Nanocomposite powder samples have been analysed by XRD in steps of 0.07° over 2θ range of 2.1-35°, at room temperature with Bragg/Brentano diffractometer (XPERT-PRO) with Cu Kα radiation (λ = 0.154 nm, monochromatisation by primary graphite crystal) generated at 40 mA and 40 kV.

Physical and mechanical properties were determined using a Rheometric Scientific DMTA IV Dynamic Mechanic Thermo analysis instrument with a dual cantilever testing geometry. Typical test samples were bars (33 × 8 × 2 mm), obtained by injection moulding at 140 °C using a Minimix Molder. The analysis was carried out from -150 °C to 80 °C (heating rate 3 °C min⁻¹, frequency 3 Hz, strain 0.01%).

5. Conclusions

Layered double hydroxides intercalated by vanillic acid, ferulic acid, protocatechuic acid, olive mill wastewater are dispersed in PBS through in situ polymerization. The thermal protecting role of the inorganic host towards the bioactive molecules is here confirmed. DMTA analysis demonstrates that all the fillers endow PBS with a pronounced reinforcing effect. In particular, the nanocomposite with Zn₂Al/PA at 20 °C displays an elastic modulus E’ enhanced of more than 50% compared to PBS free of filler.

All the nanocomposites present an impressive antibacterial activity as well as a negligible release of the active agent under the tested conditions. Therefore, these preliminary results highlight the possibility of using OMW as potential agent able to confer antimicrobial activity to nanocomposites, with an important additional value in decreasing the environmental impact towards an offensive food stream. In addition, besides pronounced antimicrobial properties, the phenolic compounds in OMW are proved to exert beneficial effects on human health: PA is reported to be an anticancer agent [32] as well as FA, which has anti-inflammatory, antiviral, immune-protective properties. Both molecules can inhibit cancer by scavenging reactive oxygen species or being involved in cell cycle upon cellular uptake [33]. These points even more support the use of OMW phenolic compounds for applications addressed to human health and care, taking also into account their antioxidant properties, previously demonstrated [17].

Reminiscent of the use of other bio-waste such as lignosulfonated LDH blend with plasticized starch and thermoplastics [34], this could represent a general strategy potentially employable with other bio-wastes.

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