Losartan Prevents Maladaptive Auditory-Somatosensory Plasticity After Hearing Loss via Transforming Growth Factor-β Signaling Suppression

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Objectives. Hearing loss disrupts the balance of auditory-somatosensory inputs in the cochlear nucleus (CN) of the brainstem, which has been suggested to be a mechanism of tinnitus. This disruption results from maladaptive auditory-somatosensory plasticity, which is a form of axonal sprouting. Axonal sprouting is promoted by transforming growth factor (TGF)-β signaling, which can be inhibited by losartan. We investigated whether losartan prevents maladaptive auditory-somatosensory plasticity after hearing loss.

Methods. The study consisted of two stages: determining the time course of auditory-somatosensory plasticity following hearing loss and preventing auditory-somatosensory plasticity using losartan. In the first stage, rats were randomly divided into two groups: a control group that underwent a sham operation and a deaf group that underwent cochlea ablation on the left side. CNs were harvested 1 and 2 weeks after surgery. In the second stage, rats were randomly divided into either a saline group that underwent cochlear ablation on the left side and received normal saline or a losartan group that underwent cochlear ablation on the left side and received losartan. CNs were harvested 2 weeks after surgery. Hearing was estimated with auditory brainstem responses (ABRs). Western blotting was performed for vesicular glutamate transporter 1 (VGLUT1), reflecting auditory input; vesicular glutamate transporter 2 (VGLUT2), reflecting somatosensory input; growth-associated protein 43 (GAP-43), reflecting axonal sprouting; and p-Smad2/3.

Results. Baseline ABR thresholds before surgery ranged from 20 to 35 dB sound pressure level. After cochlear ablation, ABR thresholds were higher than 80 dB. In the first experiment, VGLUT2/VGLUT1 ratios did not differ significantly between the control and deaf groups 1 week after surgery. At 2 weeks after surgery, the deaf group had a significantly higher VGLUT2/VGLUT1 ratio compared to the control group. In the second experiment, the losartan group had a significantly lower VGLUT2/VGLUT1 ratio along with significantly lower p-Smad3 and GAP-43 levels compared to the saline group.

Conclusion. Losartan might prevent axonal sprouting after hearing loss by blocking TGF-β signaling thereby preventing maladaptive auditory-somatosensory plasticity.

Keywords. Hearing Loss; Auditory-Somatosensory Plasticity; Tinnitus; Losartan

INTRODUCTION

The cochlear nucleus of the brainstem is the first site of the auditory system where auditory and somatosensory inputs converge [1]. Somatosensory inputs originate from the dorsal root ganglion, trigeminal ganglion, spinal trigeminal nucleus and dorsal column nucleus [2,3]. Hearing loss has been reported to...
cause cross-modal compensation in the cochlear nucleus, which has been suggested as one of the mechanisms of tinnitus [4,5]. The main results of cross-modal compensation are a disrupted balance of auditory and somatosensory inputs, which has been demonstrated by measuring changes in vesicular glutamate transporter 1 (VGLUT1) and vesicular glutamate transporter 2 (VGLUT2) levels after hearing loss [6,7]. Auditory inputs are exclusively associated with VGLUT1 [6,8] and somatosensory inputs are primarily associated with VGLUT2 [9]. The VGLUT2/VGLUT1 ratio increases in the dorsal cochlear nucleus after hearing loss due to the decreased auditory input from hearing loss and a subsequent increase in somatosensory input [6,7]. This phenomenon is the result of maladaptive auditory-somatosensory plasticity, which is a form of axonal sprouting [6,10].

To date, several studies have provided evidence that maladaptive auditory-somatosensory plasticity in the cochlear nucleus after hearing loss is an important mechanism for tinnitus [4-6], but prevention of this maladaptive auditory-somatosensory plasticity has not been examined. In this study, we attempted to prevent maladaptive auditory-somatosensory plasticity in the cochlear nucleus after hearing loss. First, we investigated the time course of auditory-somatosensory plasticity following hearing loss to determine when the balance of auditory and somatosensory inputs was disrupted. Second, we attempted to prevent maladaptive auditory-somatosensory plasticity with losartan, a clinically relevant transforming growth factor-β (TGF-β) inhibitor because TGF-β signaling is important in promoting axonal sprouting. The results of this study are expected to contribute to identifying the mechanisms of auditory-somatosensory plasticity and tinnitus.

**MATERIALS AND METHODS**

**Experimental design**

This study was approved by the Institutional Animal Care and Use Committee of Chung-Ang University (2016-00092). All procedures were performed in accordance with guidelines provided by the Institutional Animal Care and Use Committee of Chung-Ang University. Seven-week-old male Sprague Dawley rats (200–250 g) were used. The study consisted of two stages: determining the time course of auditory-somatosensory plasticity following hearing loss and preventing auditory-somatosensory plasticity with losartan. In the first stage, 28 rats were randomly divided into two groups: a control group (n=14) that underwent a sham operation and a deaf group (n=14) that underwent unilateral cochlear ablation on the left side. Seven rats in each group were euthanized 1 week after surgery and the left cochlear nuclei were harvested. The remaining seven rats in each group were euthanized 2 weeks after surgery and the left cochlear nuclei were harvested. The results of the first experiment were used to determine the time point when the balance of auditory and somatosensory inputs was disrupted. In the second stage, 14 rats were randomly divided into two experimental groups: a saline group (n=7) that underwent unilateral cochlear ablation on the left side and received normal saline intraperitoneally for 2 weeks and a losartan group (n=7) that underwent unilateral cochlear ablation and received losartan (100 mg/kg) intraperitoneally for 2 weeks. Rats were euthanized 2 weeks after surgery and the left cochlear nuclei were harvested. The hearing level of each animal was estimated by using auditory brainstem responses (ABRs) before and after surgery and before euthanasia. Western blotting was performed using protein extracts obtained from the cochlear nuclei.

**Cochlear ablation**

Animals were anesthetized by intramuscular administration of Zoletil (40 mg/kg, Zoletil 50; Virbac, Bogotá, Colombia) mixed with xylazine (10 mg/kg, Rompun; Bayer-Korea, Seoul, Korea). After local anesthesia with 1% lidocaine hydrochloride, an incision was made at the left retroauricular site. The external auditory canal was identified and opened to expose the tympanic membrane. The tympanic membrane and ossicles were removed, except for the stapes. Then, the bony wall of the cochlea was identified and broken with a dental pick. The contents of the cochlea were also ablated with a dental pick. A small amount of soft tissue was harvested at the incision site and packed into the vacant cochlear space. The skin incision was closed with sutures. The right side was preserved without surgery. In the sham operation, the same operative procedure was performed up to the point of opening the external auditory canal.

**ABR recordings**

ABRs were recorded with subdermal needle electrodes between the left mastoid and the nape of the neck with the right mastoid as the return. Tone pips of 8, 16, and 32 kHz were used as sound stimuli (5-ms duration, cos shaping, 21 Hz). ABRs were recorded with high-frequency transducers (HFT9911–20–0035) and software (ver. 2.33) from SmartEP (Intelligent Hearing Systems, Glenvar Heights, FL, USA). The responses were amplified (100,000×), band pass-filtered (100–1,500 Hz) and averaged over 512 stimulus repetitions. Stimulus intensity was lowered in 5-dB sound pressure level (SPL) decrements. The lowest stimulus intensity that evoked a recognizable response as determined...
by two researchers (SKM and KHH) blinded to the experimental group was considered as the threshold.

**Western blot assay**

Animals were euthanized 1 or 2 weeks after surgery and the brain tissue was harvested. The location of the cochlear nucleus of the brainstem was identified according to the atlas of Paxinos and Watson [11] (−9.80 mm to −11.30 mm from the bregma). The cochlear nucleus on the left side was dissected under a microscope, frozen in cryopreservation tubes in liquid nitrogen and stored at −80°C. The samples were homogenized in lysis buffer (Pro-Prep protein extraction solution; iNtRON Biotechnology, Seongnam, Korea) on ice. Homogenates were incubated on ice for at least 1 hour. After 1 hour, the extracts were centrifuged at 15,000 rpm for 30 minutes at 4°C (Microcentrifuges, 5424R; Eppendorf, Hamburg, Germany). The protein concentration in the supernatant was measured with a Bradford assay and the proteins were denatured at 95°C for 1 hour in sample buffer (4× Laemmli SDS-sample buffer; GenDEPOT, Barker, TX, USA). Proteins were electrophoresed on an SDS-PAGE gel (WIDE One-Step Acryl Solution, #CBWL-1000; Chembio, Medford, NY, USA). After electrophoresis, protein bands were transferred to PVDF membranes (Immune-Blot PVDF membrane for protein blotting; Bio-Rad, Hercules, CA, USA). The membranes were blocked with blocking solution (2% bovine serum albumin [BSA] in Tris buffered saline with Tween 20 [TBST]) overnight and then incubated overnight at 4°C with primary antibodies. In the first experiment, the membranes were probed with primary antibodies for VGLUT1 and VGLUT2. In the second experiment, primary antibodies for VGLUT1, VGLUT2, p-Smad2/3 and growth-associated protein 43 (GAP-43) were used. The primary antibodies were diluted in TBST containing 2% BSA (anti-rabbit: 1:2,000, #5127S, Cell Signaling Technology; anti-mouse: 1:2,000, #7076, Cell Signaling Technology). The chemiluminescence of the secondary antibodies was detected with enhanced chemiluminescence (ECL) detection (ECL Prime Western Blotting Detection Reagent; GE Healthcare, Little Chalfont, England) and analyzed with a chemiluminescence image analyzer system (FluorChem HD2; Cell Biosciences, Heidelberg, Germany).

**Statistical analysis**

Statistical analysis was carried out with IBM SPSS ver. 21.0 (IBM Corp., Armonk, NY, USA). The Kruskal-Wallis and Mann-Whitney U-tests were used. P-values less than 0.05 were considered statistically significant.

**RESULTS**

**Time course of auditory-somatosensory plasticity following hearing loss**

To identify the time point when the balance of auditory and somatosensory inputs was disrupted, cochlear nuclei of the brainstem were harvested 1 and 2 weeks after surgery.

**ABR recordings**

Baseline ABR thresholds before surgery ranged from 20 to 35 dB SPL. ABR thresholds did not differ significantly between the groups before surgery (P>0.05) (Fig. 1A). After surgery and before euthanasia, ABR thresholds in the control group ranged from 20 to 35 dB SPL, while ABR thresholds in the deaf group were higher than 80 dB SPL (Fig. 1B).
Disruption of the VGLUT2/VGLUT1 ratio after hearing loss

The expression levels of VGLUT1 were analyzed for the four groups: week 1 control, week 1 deaf, week 2 control, and week 2 deaf. There were significant differences among the four groups ($P=0.007$) (Fig. 2). The week 1 deaf group had significantly lower levels of VGLUT1 compared to the week 1 and 2 control groups ($P=0.035$ and $P=0.003$). The week 2 deaf group had significantly lower levels of VGLUT1 compared to the week 2 control group ($P=0.017$). When changes were analyzed over time, there was no significant difference between the week 1 and 2 control groups and the week 1 and 2 deaf groups (Fig. 2). The expression levels of VGLUT2 were also analyzed in the same manner as the expression levels of VGLUT1. There were significant differences among the four groups ($P=0.039$) (Fig. 2). The week 1 deaf group had significantly lower levels of VGLUT2 compared to the week 1 and 2 control groups ($P=0.025$ and $P=0.003$). However, the level of VGLUT2 in the week 2 deaf group was not significantly different compared to the week 1 and 2 control groups. When changes were analyzed over time, there was no significant difference in VGLUT2 levels between the week 1 and 2 control groups. However, the week 2 deaf group had significantly higher levels of VGLUT2 compared to the week 1 deaf group ($P=0.004$) (Fig. 2). The VGLUT2/VGLUT1 ratios were analyzed in the same manner as the expression levels of VGLUT1 and VGLUT 2. There were significant differences among the four groups ($P=0.039$) (Fig. 2). The week 2 deaf group had a significantly higher VGLUT2/VGLUT1 ratio compared to the week 2 control group ($P=0.045$). When changes were analyzed over time, the week 2 deaf group had a significantly higher VGLUT2/VGLUT1 ratio compared to the week 1 deaf group ($P=0.010$) (Fig. 2).

Prevention of auditory-somatosensory plasticity using losartan

Based on the results of the first experiment, the balance of auditory and somatosensory inputs was disrupted 2 weeks after hearing loss. We then investigated whether losartan prevented disruption of the VGLUT2/VGLUT1 ratio.

ABR recordings

Baseline ABR thresholds before surgery ranged from 20 to 35
dB SPL. ABR thresholds did not differ significantly between the groups before surgery \((P>0.05)\). After surgery and before euthanasia, ABR thresholds in the saline and losartan groups were higher than 80 dB SPL.

**Prevention of disruption of the VGLUT2/VGLUT1 ratio**

VGLUT1 levels in the cochlear nuclei did not differ significantly between the losartan and saline groups. VGLUT2 levels were significantly lower in the losartan group than in the saline group \((P=0.045)\) (Fig. 3). Additionally, the VGLUT2/VGLUT1 ratio was significantly lower in the losartan group than in the saline group \((P=0.028)\) (Fig. 3).

**p-Smad2/3 signaling and GAP-43**

p-Smad3 levels in the cochlear nuclei were significantly lower in the losartan group than in the saline group \((P=0.047)\) (Fig. 4). p-Smad2 levels had a pattern similar to p-Smad3, but the results were not statistically significant. GAP-43 levels were significantly lower in the losartan group than in the saline group \((P=0.045)\) (Fig. 4).

**DISCUSSION**

The disruption of the balance of auditory and somatosensory inputs, which occurs in the cochlear nucleus after hearing loss, was first suggested in 2009. Zeng et al. [6] showed that VGLUT1 expression decreased and VGLUT2 expression increased in the cochlear nucleus after hearing loss. Based on their previous findings that VGLUT1 and VGLUT2 are differentially associated with auditory and somatosensory inputs to the cochlear nucleus, respectively [8], they suggested that hearing loss causes a decrease in auditory inputs and compensatory increase in somatosensory inputs in the cochlear nucleus, leading to a disrupted balance of auditory and somatosensory inputs. This potential mechanism was confirmed through VGLUT immunohistochemistry combined with anterograde tract tracing, which showed that higher levels of VGLUT2 expression are representative of an increase in projections from the somatosensory pathways to the cochlear nucleus [7]. Subsequently, several studies have shown that a disrupted balance of auditory and somatosensory inputs causes aberrant neural activity in the cochlear nucleus, contributing to the development of tinnitus [1,4,5,7,12]. Therefore, potential therapies for tinnitus may be found in preventing the disruption of the balance between auditory and somatosensory inputs in the cochlear nucleus after hearing loss.

The disruption in the balance of auditory-somatosensory inputs following hearing loss is thought to be due to axonal sprouting through maladaptive auditory-somatosensory plasticity [6]. Several studies have reported evidence that axonal sprouting occurs in the cochlear nucleus after hearing loss, such as the re-emergence of GAP-43 and synaptophysin [13-15]. However, to date there has been no attempt to prevent the disruption of the balance between auditory and somatosensory inputs in the cochlear nucleus. In this study, we attempted to prevent axonal sprouting and to avoid the disruption of the balance between auditory and somatosensory inputs in the cochlear nucleus after hearing loss for the first time. We hypothesized that blocking axonal sprouting would prevent an increase in the VGLUT2/VGLUT1 ratio after hearing loss. First, we identified the time point when the VGLUT2/VGLUT1 ratio increased after hearing loss. Then, we investigated whether losartan prevented the increase in the VGLUT2/VGLUT1 ratio. Systemic losartan injection has been reported to inhibit TGF-β signaling both in peripheral tissue [16] and the brain [17,18]. Because TGF-β signaling promotes axonal sprouting in the brain [18], we attempted to block axonal sprouting by inhibiting TGF-β signaling with losartan. As p-Smad2/3 is downstream of TGFβ receptors, we measured p-Smad2/3 levels to demonstrate that losartan affected TGF-β signaling [17,18]. The levels of GAP-43, a well-established marker for synaptogenesis and axonal outgrowth [19], were measured to assess axonal sprouting.

In the first experiment, we found that VGLUT1 levels decreased 1 week after hearing loss, as previously reported [6,7].
This trend continued at 2 weeks after hearing loss. However, VGLUT2 levels decreased at 1 week after hearing loss and increased at 2 weeks after hearing loss. There has been no report showing a decrease in VGLUT2 levels at 1 week after hearing loss to date. This phenomenon may be due to the degeneration of the neurons receiving both auditory and somatosensory inputs. These neurons may degenerate as a consequence of reduced afferent-derived neurotrophic support from auditory inputs [14], which may lead to a decrease in the somatosensory projection to the cochlear nucleus. Further studies are needed to confirm the mechanism of this phenomenon. VGLUT2 levels at 2 weeks after hearing loss increased more than at 1 week after hearing loss. Consequently, the VGLUT2/VGLUT1 ratio increased at 2 weeks after hearing loss. This result is consistent with previous studies [6]. In the second experiment, we found that VGLUT2 levels in the losartan group were significantly lower than in the saline group 2 weeks after hearing loss. Losartan administration might prevent the generation of new VGLUT2 after hearing loss. In other words, losartan administration might prevent an increase in somatosensory inputs by blocking axonal sprouting. This hypothesis was supported by a decrease in GAP-43 in the losartan group. The losartan group also had lower p-Smad2/3 levels compared to the deaf group. This result provides evidence that losartan inhibited TGF-β activation after hearing loss. Losartan also prevented the increase in the VGLUT2/VGLUT1 ratio in the cochlear nucleus after hearing loss and maintained the balance of auditory and somatosensory inputs after hearing loss.

The present study has a few limitations. Most importantly, we investigated the effect of losartan in a hearing loss model, not a tinnitus model, so the results may not be applicable to tinnitus. However, because hearing loss is the most important causative factor of tinnitus, the results of this study can provide clues to mechanisms of and potential therapies for tinnitus. In addition, this is the first study that has prevented maladaptive auditory-somatosensoy plasticity in the cochlear nucleus after hearing loss. Based on this result, future studies will be conducted to prevent changes in the central auditory pathway caused by hearing loss.

In summary, we suggest that losartan might prevent axonal sprouting, which takes place in the cochlear nucleus after hearing loss, by blocking TGF-β signaling, thereby preventing disruption of the balance of auditory and somatosensory inputs.

CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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