A Study on the Damping Capacities of Mg–Zn–Y-Based Alloys with Lamellar Long Period Stacking Ordered Phases by Preparation Process

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Abstract: Mg alloys with fine mechanical properties and high damping capacities are essential in engineering applications. In this work, Mg–Zn–Y based alloys with lamellar long period stacking ordered (LPSO) phases were obtained by different processes. The results show that a more lamellar second phase can be obtained in the samples with more solid solution atoms. The density of the lamellar LPSO phase has an obvious effect on the damping of the magnesium alloy. The compact LPSO phase is not conducive to dislocation damping, but sparse lamellar phases can improve the damping capacity without significantly reducing the mechanical properties. The Mg$_{95.3}$Zn$_2$Y$_{2.7}$ alloy with lamellar LPSO phases and ~100 µm grain size exhibited a fine damping property of 0.110 at $\varepsilon = 10^{-3}$.

Keywords: Mg alloys; damping property; LPSO phases; mechanical property

1. Introduction

Damping performance refers to the reduction of unwanted vibrations in the structure without external dampers [1]. Mg alloys have the best damping capacities in a wide variety of metal materials, so there is a need for the development of a high damping magnesium alloy that meets the needs of modern industry for vibration reduction [2]. However, in order to obtain high damping properties, magnesium alloys are usually at the expense of mechanical properties. Several techniques have been applied to improve the mechanics and damping of magnesium alloys such as heat treatment, alloying, and deformation processes [3–6]. However, these studies showed that the damping and mechanics of magnesium alloys are difficult to simultaneously improve.

In recent years, the long-period stacking ordering (LPSO) phase in magnesium alloys has been a research hotspot [7–9]. A large number of studies have shown that the LPSO phase can strengthen magnesium alloys [10,11]. Wang studied the damping and mechanical properties of magnesium alloys containing the LPSO phase (i.e., Mg–Zn–Y–Zr [12], Mg–Cu–Mn–Zn–Y [13], and Mg–Ni–Y [14] alloys) and it was found that LPSO could not only improve the mechanics, but also the damping performance. Tang et al. [15] studied the mechanical and damping properties of Mg–Zn–Y–Zr alloys, and found that the LPSO phase in magnesium alloys could be used as a new source of energy dissipation and improve the damping properties of the alloys. This series of studies has shown that magnesium alloys containing LPSO are promising in damping alloys [16].

Heat treatment is usually used to improve the microstructure and properties of Mg alloys. It can redistribute the dislocation or defect density in materials and improve the damping properties of alloys by eliminating disordered areas [17,18]. González-Martínez et al. [19] explored the diffusion-controlled mechanism in aging treatments and found that it could regulate the hardness and damping performance of Mg–Al–Zn alloys. The effect of
heat treatment on the magnesium alloy containing the LPSO phase is more significant [20]. Experiments have shown that through different heat treatment processes in Mg–Zn–Y alloys, it is possible to obtain block, lamellar, and rod-like LPSO phases, in which the appearance of the rod-shaped LPSO phases is more conducive to obtaining high damping and high yield strength.

The study on the evolution control of LPSO phase can improve the damping characteristics of the Mg alloy. Many scholars have conducted research and discussion on the formation and evolution mechanism of the LPSO phase. M. Yamasaki [21] researched the mechanical properties of warm-extruded Mg–Zn–Gd alloy with coherent 14H long periodic stacking ordered structure precipitate. E. Oñorbe [22] researched the evolution of internal strain in Mg–Y–Zn alloys with a long period stacking ordered structure. Shi [23] researched the role of the LPSO phase in crack propagation behavior of an As-cast Mg–Y–Zn alloy subjected to dynamic loadings. During heat treatment, lamellar LPSO phases are frequently observed in Mg–RE–Zn (RE stands for rare earth elements) alloys [24,25].

However, Mg alloys with lamellar LPSO phases have not been systematically studied in terms of their damping properties. In the present study, we attempted to optimize the damping and mechanical properties of Mg–Zn–Y alloys containing lamellar LPSO phases by changing the melt solidification conditions and heat treatment process. The effects of lamellar LPSO phases on the damping and mechanical properties of the alloy were investigated and discussed.

2. Materials and Methods

Lump pure Mg, granular pure Zn, and master alloy with a composition ratio of Mg-30 wt.% Y obtained by smelting were used to make the Mg$_{95.3}$Zn$_2$Y$_{2.7}$ alloys. The materials were melted in an electrical furnace under a protective argon atmosphere. Two group samples were made in a thin shell iron crucible under different conditions. One sample was quickly cooled in salt brine with an iron crucible (Sample I); under this process, the alloy liquid was cooled from 973 K to less than 373 K in 30 s, and its cooling rate was about 20 K/s. The other was cooled in air (sample III). The cast alloy was then heated at 673 K for 10 h, quenched, and these materials were labeled as samples II and IV. Two groups of experimental alloy sample numbers and corresponding status information of each sample are listed in Table 1.

| Alloy    | Craft                              | Grain Size/µm | Main Second Phase                      |
|----------|------------------------------------|---------------|---------------------------------------|
| Sample I | Cast alloy cooling in salt water   | ~20           | Block LPSO phase                       |
| Sample II| Cast alloy heat treatment at 673 K × 10 h + cooling in salt water | ~20           | Block LPSO phase + Dense lamellar LPSO phases |
| Sample III| Cast alloy cooling in air         | ~100          | Block LPSO phase                       |
| Sample IV| Cast alloy heat treatment at 673 K × 10 h + cooling in air | ~100          | Block LPSO phase + Sparse lamellar LPSO phases |

Microstructural analysis and phase identification were performed using a Vega II LMU scanning electron microscope (SEM, Vega II, Brno, Czech Republic). The ultrastructure of LPSO phases were further investigated using a Zeiss Libra transmission electron microscope 200FE (TEM, Zeiss Libra, Berlin, Germany). A Shimadzu CMT-5105 material testing machine (Shimadzu CMT-5105, Tokyo, Japan) was used to conduct the tensile tests, where the tensile test specimen size was 45 mm × 5 mm × 1.2 mm, and the tensile rate was 3 mm/min. The dynamic performance analyzer (TA-DMA Q800, Chicago, IL, USA) was used to perform the damping performance test in the single cantilever vibration mode and evaluated using $Q^{-1} = \tan \phi$. Damping test sample size was 45 mm × 5 mm × 1.2 mm. The test temperature was room temperature and the test frequency was 1 Hz.
3. Results and Discussion

3.1. Microstructure

Figure 1 shows the SEM images of the Mg–Zn–Y alloys. In Figure 1a, the main phase in sample I is the block phase along the grain boundaries, with some white bright spot-like second phases gathered on the grain boundary. After a 10 h heating process at 673 K, the grain size in sample II was almost unchanged, and numerous lamellar phases were lined up in the matrix (Figure 1b). For the air-cooling experiment in Figure 1c, due to the slow cooling rate, the grains of the alloy were quite coarse, about 100 μm, the second phase was networked at the grain boundary, and other second phase structures were almost invisible in the grain. After the heat treatment, the grain size of sample IV also remained unchanged and a small amount of the second phase could be seen in the matrix, but the lamellar phase in the matrix was less obvious than that in sample II.

Figure 1. Scanning electron microscope (SEM) images of the Mg–Zn–Y alloys obtained under different conditions: (a) Sample I, (b) sample II, (c) sample III, (d) sample IV.

Figure 2 shows the volume fraction of the block LPSO phase of the alloys, which was about 40% almost unchanged. The grain sizes of samples I and II were approximately 20 μm. The microstructure of samples III and IV were also a two-phase structure and the grain size was about ~100 μm.
Figure 2. Volume fraction and average grain size of Sample I-Sample IV of Mg–Zn–Y alloys obtained under different conditions.

Figure 3 more clearly shows the lamellar LPSO phase in the Mg–Zn–Y alloy. In Figure 3a, the lamellar phase was filled with an entire grain along a particular orientation. Some small white clumps were gathered. The lamellar phases were extremely small to observe clearly. In Figure 3b, the lamellar phase was obviously sparse and arranged neatly in the matrix. The EDS quantification results of the secondary phases in all four samples are shown in Table 2. Points A and B were selected in the matrix of the two cast alloys. The quickly cooled sample contained more solid solution atoms than the other samples. The gray block phase (point C, E) showed an RE/Zn ratio of nearly 4/3 that can be speculated to be the LPSO phase. The region selected for elemental analysis was sufficiently large compared with the lamellar phase. Thus, the result of points D and F was similar to that in the matrix of the two cast alloys. The elements in the crystal changed slightly after the heat treatment. Some studies [21,24] have shown that during annealing, Y and Zn solution atoms are filled orderedly into the stacking faults, then forming a lamellar LPSO phase. Therefore, the lamellar LPSO phase content is related to the content of the solid solution atoms.

Figure 3. SEM images of the lamellar long period stacking ordered (LPSO) phase: (a) Sample II, (b) sample IV.
Table 2. Energy dispersive spectroscope (EDS) elemental analysis of the spots specified in Figures 1 and 2.

| Point | Composition (at.%) |
|-------|--------------------|
|       | Mg     | Zn     | Y   |
| A     | 98.44  | 0.41   | 1.15|
| B     | 98.91  | 0.34   | 0.75|
| C     | 88.34  | 4.67   | 6.99|
| D     | 97.82  | 0.75   | 1.43|
| E     | 90.24  | 4.12   | 5.64|
| F     | 98.76  | 0.48   | 0.76|

Figure 4 shows the bright-field TEM image of the Mg–Zn–Y samples from the direction of [11–20]. It is clear that the gray LPSO phases of sample I showed block shaped morphology in Figure 4a. The SAED pattern showed that the block LPSO phase was an 18R-LPSO phase in cast alloy because it had five and six diffraction spots existing between the central spot and the (0002)α diffraction spot of α-Mg for 18R specially. The gray LPSO phases had a lamer-shaped morphology, as shown in Figure 4b. The width of the phases had a wide range from several to several hundred nanometers, with different spacing between them. Some LPSO phases showed a spacing of over 200 nm, while some were connected with each other. Correspondingly, the lamellar LPSO phase in sample IV was extremely small and thin. The spacing of the LPSO phases was about tens of nanometers. The diffraction pattern can determine the lamer-shaped phases as a 14H-LPSO structure because within the matrix (Figure 4c) are 14H-LPSO structure with the lattice constant of a = 0.34 nm and c = 3.58 nm. Figure 4d shows that the observed dense 18R lamellar LPSO phase passed the HAADF-STEM. Yamasaki et al. [26] showed that almost no LPSO phase existed in as-cast Mg–Gd–Zn alloys. When the heat treatment temperature was higher than 623 K, there were stacking faults and 14H-LPSO phases in the matrix. As the heat treatment progressed, the 14H LPSO phase grew slowly. The elemental content also affected the formation of the LPSO phase. The addition of Zn caused the 14H-LPSO phase to precipitate during the high temperature heat treatment. This was due to the fact that Zn reduced the stacking fault energy [11,27].

3.2. Properties

Figure 5 shows the mechanical properties of the four Mg–Zn–Y alloys. Sample I with tiny grains showed the best mechanical properties. Its mechanical property was obviously better than that of sample III with a large grain size. After the heat treatment, the mechanical property of sample II was lower than that of sample I. The mechanical property of sample IV did not decline significantly in comparison with sample III. In general, the quickly cooled samples possessed excellent mechanical properties, which decreased significantly after the heat treatment. The mechanical properties of the air-cooled samples were almost unchanged after the heat treatment.

Figure 6 shows the amplitude-dependent damping performance of the Mg$_{95.3}$Zn$_2$Y$_{2.7}$ alloys. The damping of the alloys can be divided into two stages. In the low strain stage, the damping of the four samples showed no significant difference. When reaching a high strain region, the damping of samples I and II had been improved to a certain extent, the both $Q^{-1}$ value was about 0.015 at $\varepsilon = 10^{-3}$, and the overall performance was still low. In addition, with the increase in strain, the damping value of the air-cooled specimen was greatly increased, and its damping value was significantly higher than that of the water-cooled specimen. After the heat treatment, the damping of sample IV increased greatly when the strain exceeded the critical strain ($\varepsilon_c$). The damping value reached 0.110 at $\varepsilon = 10^{-3}$; this value was twice that for sample III.
Figure 4. TEM bright-field images and corresponding selected area electron diffraction (SAED) of Mg–Zn–Y alloys: (a) Block LPSO in Sample I; (b) lamellar LPSO phase in Sample III; (c) lamellar LPSO phase in sample IV; (d) the compact lamellar LPSO phase observed passed the HAADF-STEM.

Figure 5. Mechanical properties of the four Mg–Zn–Y alloys.

Figure 6. The amplitude-dependent damping performance of the alloys.
3.3. Discussion

The effects of heat treatment processes and precipitation on magnesium alloy damping have been discussed [20], which shows that rod-shaped LPSO phases are favorable for obtaining high-damping and high-strength alloys. The mechanical and damping properties of the samples are summarized in Figure 7. After the heat treatment, the mechanical properties obviously reduced in fine grain samples, although the damping was almost unchanged. In large grain samples, the damping increased significantly with the appearance of lamellar LPSO, and the mechanical properties were not significantly reduced. Sample IV had an ultimate tensile strength of 160 MPa, yield strength of 110 MPa, and damping capacity of 0.110 at $\varepsilon = 10^{-3}$. Compared to the alloy containing the rod-shape LPSO phase [20], which is represented by pre-study in Figure 7, the tensile strength was reduced from 210 MPa to 160 MPa, but the yield strength was increased from 100 MPa to 110 MPa, and the damping value $Q^{-1}$ was increased from 0.048 to 0.11. The result shows that sample IV sacrificed part mechanics for higher damping, but also presented excellent comprehensive performance as a damping alloy.

Notably, the formation of a lamellar phase results in an obvious difference in the damping properties of the alloys with the same composition, but different grain sizes. The damping capacity of Mg alloys is known to be caused by dislocation motion, so this phenomenon can be explained by the Granato–Lücke (G–L) theory [28,29]. According to the G–L model, dislocations in the alloy are pinned by defects such as precipitates, solute atoms, and vacancies. In the vibration process, the dislocation damping capacity can be divided into two stages

$$Q^{-1}(\varepsilon) = Q_o^{-1} + Q_H^{-1}(\varepsilon)$$  (1)

where $Q_o^{-1}$ is the strain independent damping. In this part, dislocations only vibrate between pinning points causing energy consumption with small stresses. When the strain amplitude exceeds the critical strain ($\varepsilon_{cr}$), dislocations in the vibration break away from the weak pinning point, but are still bound by the strong pinning point, and damping
(Q_H^{-1}) is obtained in the process. In this process, damping behavior can be expressed by the following formula:

\[
Q_H^{-1} = \left( C_1 / \varepsilon \right) \exp \left( -C_2 / \varepsilon \right)
\]
\[
C_1 = \left( \rho F_B L_N \right) / (6bEL_C^2)
\]
\[
C_2 = F_B / bEL_C
\]

In the formula, \( \rho \) is expressed as mobile dislocation density; \( L_N \) represents the average length between adjacent strong pinning points; \( L_C \) represents the average length between the adjacent weak pinning point, and the binding force between the dislocation and the weak pinning point can be represented by \( F_B \); \( E \) is the elastic modulus; and \( b \) is the dislocation Burg vector. According to the above formula, it can be known that \( C_1 \) is mainly related to the dislocation density \( \rho \), the average dislocation segment length between strong pinning points \( L_N \), and the average distance between weak pinning points \( L_C \). \( C_2 \) reflects inversely proportional to the average distance \( L_C \) between weak pinning points.

![Figure 7. Comprehensive comparison of the damping and mechanical properties of the Mg_{95.5}Zn_{2}Y_{2.7} alloys.](image)

In Mg alloys, solid solution atoms act as a strong pinning point in the damping behavior. Thus, excessive solid solution atoms will reduce the \( L_N \) value. This condition does not benefit the damping capacity. In this work, the quickly cooled samples with a large number of solid solution atoms had a relatively low damping capacity at the high-strain amplitude region. Grain boundaries also acted as strong pinning points. Fine grains can improve the mechanical properties according to Hall–Petch relationships; however, they can also reduce the damping capacities to some extent. Sugimoto [30] concluded that a high-damping alloy should have limited solute atoms and appropriate grain size. The solid-solution atoms in the damping magnesium alloy were as small as possible, and the grain size was larger than 10 \( \mu \)m, and the microstructure was dendritic or spherical.

Zhu [31] researched the 18R and 14H long-period stacking ordered structures in Mg–Y–Zn alloys. Egusa [32] researched the structure of long period stacking/order Mg–Zn–RE phases with extended non-stoichiometry ranges. After heat treatment at 673 K for 10 h, a layered 14H-LPSO phase was found in the alloy. The current research showed that when the Mg–RE–Zn alloy is heat-treated at 673 K, the RE and Zn elements will fill the stacking faults in the matrix and form the LPSO structure. The transformation process is: \( \alpha \rightarrow SF \rightarrow 14H-LPSO \) [33]. The formation of lamellar LPSO phases can decrease the content of solid solution atoms, which act as a strong pinning point in the damping
behavior. Nevertheless, in sample II, the distance between the adjacent LPSO layers is highly compact. The precipitation phase will still reduce the dislocation damping. In sample IV, the distance between two lamellar LPSO phases was adequate. Thus, the $L_N$ value will not decline and hinder the dislocation motion in the matrix. As a result of the decrease in the number of solid solution atoms in the matrix, the damping capacity is improved.

As we know, a high damping capacity in a Mg alloy needs the dislocation vibration to dissipate energy. However, traditional reinforcement materials need to hinder dislocation movement. Therefore, it is currently difficult to obtain magnesium alloys with high strength and high strength properties. Schaller [17] suggested two-phase composites, each of which plays a specific role of damping or strengthening. Chino [34] suggested that in the LPSO structure, the high internal energy stored due to lattice distortions and changes in electronic structure resulted in the LPSO phase having higher elastic modulus, hardness, and maintaining high ductility. Garcés [35] found that under the action of alternating stress, the force behavior of the Mg–Y–Zn alloy containing the LPSO phase behaves like a metal matrix composite, and the Mg matrix transfers part of its load to the LPSO phase. Therefore, in sample IV, the block LPSO phases on the grain boundary acted like a solid framework. The lamellar LPSO phases resembled a support structure, and the Mg matrix with limited solute atoms was the high damping filler, as shown in Figure 8. Moreover, there was a good bonding interface between the second phase and the alloy matrix. The LPSO phase had a considerable influence on mechanical properties, and the Mg matrix contributed greatly to damping. Therefore, a two-phase alloy can obtain high damping ability and good mechanical property.

![Figure 8. Simple graph of the microstructure transformation process in this work.](image)

4. Conclusions

In this work, the damping capacities of Mg–Zn–Y-based alloys were simultaneously improved by obtaining the right amount of lamellar 14H-LPSO phase. After a 10 h heat treatment at 673 K, the lamellar 14H-LPSO phase was precipitated in the Mg$_{95.3}$Zn$_2$Y$_{2.7}$ alloy, and the density of the precipitated phase is related to the required solid solution atom content. The density of the lamellar LPSO phase had an obvious effect on the damping of the magnesium alloy. The damping capacity could not be improved by obtaining the compact LPSO lamellar phase, but sparse lamellar phases can improve the damping capacity of alloys without significantly reducing mechanical properties, particularly yield strength. The Mg$_{95.3}$Zn$_2$Y$_{2.7}$ alloys with lamellar LPSO phases and ~100 μm grain size exhibited a yield strength of 110 MPa and damping capacity of 0.110 at ε = 10$^{-3}$.

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