Vertical Mixing and Heat Fluxes Conditioned by a Seismically Imaged Oceanic Front

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The southwest Atlantic gyre connects several distinct water masses, which means that this oceanic region is characterized by a complex frontal system and enhanced water mass modification. Despite its significance, the distribution and variability of vertical mixing rates have yet to be determined for this system. Specifically, potential conditioning of mixing rates by frontal structures, in this location and elsewhere, is poorly understood. Here, we analyze vertical seismic (i.e., acoustic) sections from a three-dimensional survey that straddles a major front along the northern portion of the Brazil-Falkland Confluence. Hydrographic analyses constrain the structure and properties of water masses. By spectrally analyzing seismic reflectivity, we calculate spatial and temporal distributions of the dissipation rate of turbulent kinetic energy, $\varepsilon$, of diapycnal mixing rate, $K$, and of vertical diffusive heat flux, $F_H$. We show that estimates of $\varepsilon$, $K$, and $F_H$ are elevated compared to regional and global mean values. Notably, cross-sectional mean estimates vary little over a 6 week period whilst smaller scale thermohaline structures appear to have a spatially localized effect upon $\varepsilon$, $K$, and $F_H$. In contrast, a mesoscale front modifies $\varepsilon$ and $K$ to a depth of 1 km, across a region of $O$(100) km. This front clearly enhances mixing rates, both adjacent to its surface outcrop and beneath the mixed layer, whilst also locally suppressing $\varepsilon$ and $K$ to a depth of 1 km. As a result, estimates of $F_H$ increase by a factor of two in the vicinity of the surface outcrop of the front. Our results yield estimates of $\varepsilon$, $K$ and $F_H$ that can be attributed to identifiable thermohaline structures and they show that fronts can play a significant role in water mass modification to depths of 1 km.

Keywords: seismic oceanography, diapycnal diffusivity, diffusive heat flux, fronts, Brazil-Falkland Confluence

1. INTRODUCTION

Gyres are a key component of the large-scale meridional overturning circulation since they provide exchange sites between warm and cold water masses. In the southwest Atlantic Ocean, the Brazil-Falkland Confluence connects subtropical with subantarctic water masses. This confluence is a region of significant water mass modification. Nevertheless, a paucity of sufficiently well-resolved observations has hampered efforts to understand the extent of water mass variability associated with vertical exchanges. Here, we address this knowledge gap by exploiting a seismic (i.e., acoustic) technology that enables full-depth vertical sections of thermohaline structure and vertical mixing.
rates to be recovered. These seismic sections are hundreds of kilometers long and complement hydrographic sections acquired by the Global Ocean Ship-based Hydrographic Investigations Program (GO-SHIP), albeit with a dramatically improved horizontal resolution of ~10 m.

The southward-flowing western boundary current of the South Atlantic subtropical gyre, known as the Brazil Current (BC), connects warm subtropical waters with cold subantarctic water masses of the northward flowing Falkland Current (FC; Figure 1A). Hydrographic transects, ship-based observations, and satellite measurements demonstrate that this region is a site of strong water mass modification (e.g., Bianchi et al., 2001; Saraceno et al., 2004). Jullion et al. (2010) showed that horizontal heat and salt exchanges account for up to one half of the total poleward heat flux across the Antarctic Circumpolar Current. These insights are necessarily based upon intermittently obtained hydrographic measurements that cannot easily constrain water mass modification which occurs as a result of vertical mixing. Thus, the distribution and variability of vertical mixing rates have yet to be diagnosed.

Concentration of large-scale temperature gradients creates complex frontal systems, that tend to be important sites for water mass modification. Shallow (i.e., 0–500 m) observations obtained by towed instruments andfloats demonstrate that the upper portions of fronts are often regions of enhanced vertical mixing (e.g., Nagai et al., 2009, 2015; D’Asaro et al., 2011; Johnston et al., 2011; Peng et al., 2020). These locations can contribute significantly to the vertical re-distribution of heat and salt, thus impacting thermohaline circulation (Liang et al., 2015; Frazão and Waniek, 2021). A paucity of observations in the southwest Atlantic Ocean has left a gap in our understanding of the magnitude and variability of vertical heat fluxes in the Brazil-Falkland Confluence. Even less is known about the role that fronts play in moderating dissipation rates at depths greater than ~500 m.

Here, we address these knowledge gaps with the aid of seismic reflection profiling. This technology exploits low (i.e., 5–100 Hz) frequency sources and multiple towed cables with dense arrays of hydrophone receivers (Holbrook et al., 2003; Ruddick et al., 2009). Acoustic waves are transmitted through, and reflected from, temperature fluctuations on length scales that vary from tens of meters to tens of kilometers. The resultant seismic sections can be used to delineate and map oceanic structure and water masses with contrasting thermohaline properties over a hitherto unsurpassed range of scales (e.g., Sallarès et al., 2009; Sheen et al., 2012; Gunn et al., 2018). Resultant images can be inverted and spectrally analyzed to obtain simultaneous distributions of temperature and vertical mixing rates, respectively, that span the full depth of the water column (e.g., Dickinson et al., 2017; Gunn et al., 2020). This emerging field of research is generally referred to as Seismic Oceanography.

We analyze thermohaline structures and mixing properties across a portion of the northern Brazil-Falkland Confluence. First, we describe three seismic sections that straddle this confluence, spanning a period of 6 weeks between 1st February 2013 and 15th March 2013. Each of these sections is ~140 km in length. They were acquired sequentially and any one section is laterally offset by several kilometers. Our study builds upon a previously published contribution which describes the structure and hydrographic properties of a deeply penetrating front and of a transient mesoscale eddy that both advect across the seismic survey (Gunn et al., 2020). Secondly, we spectrally analyze these seismic sections in order to calculate spatial distributions of diapycnal mixing rates, which can then be combined with seismically determined temperature profiles to estimate vertical diffusive heat fluxes. Finally, we compare recovered distributions of mixing and heat flux with observed oceanographic processes and we discuss how these distributions may evolve as a function of time.

2. OBSERVATIONAL CONSTRAINTS

2.1. Seismic Reflection Survey

We present time-lapse imagery extracted from a three-dimensional (3D) seismic reflection survey that straddles a small northern portion of the Brazil-Falkland confluence of the southwest Atlantic Ocean (Figure 1A). This seismic survey was acquired between November 2012 and April 2013 by Polarcus Limited OSE. During acquisition, a pair of alternately firing airgun arrays, each of which has 36 guns with a combined volume of 70 L (4240 in³), were deployed off the stern of the vessel at a depth of ~5 m. Ten streamers (i.e., acoustically sensitive cables), each of which is 6 km in length, were towed behind the vessel (for further details see Gunn et al., 2020). The vessel steamed with an average azimuth of 41° in what is known as the racetrack mode of acquisition at an average speed of 2.5 m s⁻¹ (Yilmaz, 2001). Each individual pass of the vessel acquired a single 3D swath of seismic data that is ~120–150 km long and ~600 m wide. The seismic sections presented here are extracted from the center of each swath which were acquired between 1st February 2013 and 15th March 2013 (Figures 1B–D and Table 1).

2.2. Hydrographic and Satellite Observations

Independent hydrographic and satellite observations are used to calibrate this seismic reflection survey. Coincident and dense hydrographic measurements are unavailable. Instead, we exploit conductivity-temperature-depth (CTD) profiles from three nearby GO-SHIP transects (A10, A11, and A17). These transects approximately bound the Brazil-Falkland Confluence at its northern, southern and eastern boundaries, respectively (Jullion et al., 2010). Given the planform of the Brazil and Falkland Currents, these transects are representative of BC (i.e., subtropical), FC (i.e., subantarctic), and mixed water masses, respectively (Figure 1). A subset of CTD casts from each GO-SHIP transect are used to generate average profiles of temperature and salinity (Figure 2). Along transects A10 and A11, these CTD casts are positioned away from the continental shelf and extend offshore by the approximate width of the Brazil and Falkland Currents, respectively (Figure 1A). For transect A17, a monthly composite of sea surface currents and float trajectories are used to gauge the latitudinal range of enhanced eddy kinetic energy associated with the confluence between 34 and 42° S (Iglesias, 2019). We conclude that these average
profiles are representative of water masses entering and exiting the confluence at the location of the seismic survey.

Maps of sea surface temperature for the southwest Atlantic Ocean highlight the confluence of warm and cold water masses (Figure 3). Confluent flow of warm BC and cold FC concentrates large-scale temperature gradients that are clearly visible in satellite imagery, generating a frontal system that is marked by several discrete fronts which occur between 36 and 39° S (Gordon, 1989; Peterson and Stramma, 1991). Temperature maps also show the variability in the location and properties of this confluence as a function of time. They are consistent with other satellite observations, which confirm the presence of...
this oscillation of the Brazil–Falkland Confluence at this time of year (Garzoli and Garraffo, 1989; Saraceno et al., 2004; Combes and Matano, 2014). After converging, sea surface current and float trajectory measurements show that these subtropical and subantarctic water masses turn eastward, spreading out into the center of the Atlantic Ocean (Figure 1; Iglesias, 2019).

3. METHODS

3.1. Signal Processing of Seismic Imagery

In the context of Seismic Oceanography, an important goal is to combine individual seismic records to order to generate an image which represents a full-depth vertical section through the water column (Figure 4A). To construct these sections, we adopt standard signal processing techniques that have previously been applied to this survey and that are described in more detail by Gunn et al. (2020). Significant processing steps include application of a 20–90 Hz band-pass filter with a roll-off of 24 dB per octave, muting of the bright and irregular sea-bed reflection, removal of high amplitude acoustic energy that travels horizontally along the length of each streamer (i.e., the direct arrival), velocity picking, and stacking (i.e., combining multiple seismic records). The data used to construct a single stacked section take several hours to acquire since the vessel steams at ~2.5 m s⁻¹. It is important to emphasize that during the stacking process, many repeated shot-receiver pairs that image an identical portion of the sub-surface are summed together. The vertical resolution of a seismic section is given by \( v/(4f) \) where \( v \) and \( f \) are the speed of sound through water and the dominant frequency of the acoustic source, respectively. In this region, \( v = 1,510 \pm 30 \) m s⁻¹ and the peak value of \( f = 35 \pm 5 \) Hz, which yields a nominal vertical resolution of 10–20 m (Gunn et al., 2020). In contrast to GO-SHIP transects, vertical and horizontal resolution are equal.

The observed reflectivity is generated by changes in acoustic impedance (i.e., the product of sound speed and density). Within the water column, acoustic impedance is predominantly controlled by sound speed variation, which depends upon temperature gradient and, to a much lesser extent, upon salinity gradient (Sallarès et al., 2009). When confluent flow of warm subtropical and cold subantarctic water masses concentrates large-scale temperature gradients across a large region, this confluence is characterized by strong impedance contrasts which gives rise to bright reflectivity (Figure 4A). In summary, each seismic section represents a near-instantaneous, full-depth vertical slice through the oceanic volume that is essentially a well-resolved map of vertical temperature gradient.

3.2. Seismically Determined Properties

The temperature distribution along each seismic section is calculated using an adapted iterative method (Papenberg et al., 2010; Gunn et al., 2018, 2020). Acoustic inverse schemes that rely upon densely sampled hydrographic measurements are less easy to exploit since coincident observations of temperature and salinity are unavailable (Azevedo et al., 2021). Instead, we use a pragmatic approach that side-steps this limitation and takes advantage of the dominant dependency of acoustic sound speed upon temperature. First, we construct the long-wavelength sound speed field for each section by analyzing pre-stack seismic records (Figures 6, 7 of Gunn et al., 2020). Secondly, each sound speed field is iteratively converted into an equivalent distribution of temperature using the equation of state for seawater.

Due to a paucity of coeval hydrographic measurements, we reasonably assume that density varies as a function of depth and that salinity is a function of both temperature and depth, which can be estimated at 10 m depth intervals. The temperature-salinity relationship is calculated from the regional CTD casts shown in Figures 1A, 2 and it is in accordance with regional hydrographic measurements (Gunn et al., 2020). Given these assumptions, seismic sections can be converted into temperature (Figure 4B). Seismically derived temperature and salinity estimates enable contemporaneous fields of vertical temperature gradient and of density to be estimated which can then be used to calculated vertical diffusive heat fluxes (Equation 3). Note that recovery of temperature fields from seismic images is contingent upon the distribution of horizontally continuous reflections. As a consequence, there is greater uncertainty in the details of any recovered field beneath 1,000 m and above ~150 m where reflections can be difficult to trace (see Figure 6 of Gunn et al., 2020). Nevertheless, this method is a useful way to calculate contemporaneous temperature fields, especially because it enables the vertical temperature gradient to be recovered. A conservative depth-averaged uncertainty of seismically determined temperature estimates is \( \pm 1 \) °C (Gunn et al., 2020).

3.3. Dissipation and Diapycnal Mixing Rates

Oceanic circulation is maintained by the cascade of energy from large-scale flows down to the smallest length scales of turbulent mechanical mixing (Munk, 1966). On horizontal length scales of 0.1–10 km, this cascade can be interrogated by tracking and spectrally analyzing reflections from stacked seismic sections (e.g., Sheen et al., 2009; Holbrook et al., 2013; Dickinson et al., 2017). Small vertical displacements along quasi-horizontal reflections record perturbations of the background stratification caused by a combination of internal waves and turbulence. Variations in the size of these vertical displacements as a function of horizontal wavelength are obtained by calculating the power spectrum of vertical displacements as a function of horizontal wavenumber \( k_x \). This approach enables the internal wave and turbulent subrange to be identified and modeled to obtain the dissipation rate of turbulent kinetic energy, \( \varepsilon \), and hence diapycnal diffusivity, \( K \). Sheen et al. (2009) and

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**TABLE 1 | Seismic acquisition information (Figure 1).**

| Section | Length, km | dd/mm/yyyy | Azimuth |
|---------|------------|-------------|---------|
| A       | 123        | 01/02/13    | SW–NE   |
| B       | 142        | 13/02/13    | SW–NE   |
| C       | 135        | 15/03/13    | SW–NE   |

Note that Section B is equivalent to Section 6 of Gunn et al. (2020).
Hydrographic profiles calculated from CTD casts acquired along GO-SHIP sections A10, A11, and A17 that are representative of subtropical, subantarctic and intermediate water masses, respectively (see Figure 1A for location). (A) Conservative temperature, $\Theta$, plotted as function of depth. (B) Absolute salinity, $S_A$, plotted as function of depth. (C) Potential density anomaly, $\sigma_\Theta$, plotted as function of depth. (D) Buoyancy (Brunt-Väisälä) frequency squared, $N^2$, plotted on logarithmic scale as function of depth. In each panel, gray lines = individual profiles of A17 casts; red line = average profile calculated from 8 CTD casts along A10; blue line = average profile calculated from 8 CTD casts along A11; black line = average profile calculated from 14 CTD casts acquired along A17 (see enlarged white circles in Figure 1A). All profiles smoothed using 100 m low-pass Butterworth filter.
Holbrook et al. (2013) demonstrated that seismic reflections generally track isopycnal surfaces and they showed that the turbulent subrange can be reliably isolated with careful signal processing. The methodology is divided into three stages (Figure 5).

### 3.3.1. Tracking Reflective Events

Each trace of seismic amplitude is converted into the cosine of the instantaneous phase angle. Application of this seismic attribute helps to emphasize the continuity of reflections in a way that does not influence resolution of the seismic image (Holbrook et al., 2013). Reflective events are tracked by contouring with a constant value of the instantaneous phase (Figure 5A). The choice of contour value does not affect the geometry of tracked reflections but it can influence the number of tracked reflections (Dickinson et al., 2017). Reflections with lengths that are greater than 1 km are chosen since they yield the best-resolved spectra. At this stage, the midpoints along each contoured event are calculated and taken to represent isopycnal surfaces, thus providing information about horizontal wavenumber, $k_x$. These midpoints are used to estimate vertical displacements of the isopycnal surfaces (Figure 5B).

### 3.3.2. Spectral Analysis of Tracked Reflections

Power of vertical displacement, $\Phi_\xi$, as a function of $k_x$ is calculated from each linearly detrended tracked reflection using a multi-taper Fourier Transform, $F(k_x)$, where $\Phi_\xi = |F(k_x)|^2$ (Thomson, 1982). $\Phi_\xi$ is a measure of the power distribution of the decomposed signal as a function of $k_x$ (Figure 5C). Horizontal wavenumber power spectra are converted into power spectra of the horizontal gradient of vertical displacement, $\Phi_{\xi x}$, by multiplying $\Phi_\xi$ by $(2\pi k_x)^2$ (Klymak and Moum, 2007a,b). $\Phi_{\xi x}(k_x)$ is usually referred to as the slope spectrum.

In the oceanic realm, slope spectra calculated from seismic images, as well as from autonomous gliders, reveal two distinctive regimes with the characteristic spectral slopes of the internal wave and turbulent components of the oceanic energy spectrum (Klymak and Moum, 2007a,b; Sheen et al., 2009). The internal wave regime is visible at low wavenumbers of $10^{-3} < k_x < 10^{-2}$ m$^{-1}$, corresponding to horizontal length scales of $> 100$–1,000 m (Figure 5D). At high wavenumbers of $k_x > 10^{-2}$ m$^{-1}$, internal waves break and there is a clear transition to a regime with a characteristic turbulent spectral slope. The spectral slope of this regime matches the Kolmogorov exponent of $-5/3$ which, when multiplied by $(2\pi k_x)^2$ to create horizontal gradient (i.e., slope) spectra, becomes $+1/3$. 

**FIGURE 3** | Selected maps of sea-surface temperature for southwest Atlantic Ocean showing temporal variability of Brazil-Falkland Confluence. Red/blue colors = warm/cold sea surface temperatures from 1st February 2013 to 15th April 2013 (date shown at top left-hand side). Satellite sea-surface temperature observations from L4 gridded products of GHRSST database that have daily and 1 km resolutions. White polygon = location of 3D seismic survey; thick black line = loci of seismic sections for 01/02/13, 13/02/13, and 15/03/13; thin black lines = sea surface temperature contoured at 4°C intervals.
Gunn et al. Mixing Conditioned by a Front

**FIGURE 4** | (A) Seismic reflection section B that crosses oceanic front (see also Figure 1C and panel dated 13/02/13 of Figure 3). Red/blue stripes represent positive/negative polarity reflections generated by temperature changes as small as $\sim 0.01^\circ$C within water column; irregular solid/dotted lines = seabed; black arrows = maximal extent of front at sea surface and at depth. (B) Corresponding conservative temperature field calculated using iterative inversion procedure (Gunn et al., 2018, 2020). Warm/cool colors = temperatures according to scale bar; solid black line = smoothed potential density anomaly contour of 26.8 kg m$^{-3}$ which highlights shallowest sub-surface expression of front (see Figures 3. 8E,F of Gunn et al., 2020 for more detailed treatment).

(Spalding, 1991). Significantly, this slope is still observed at horizontal scales that exceed the Ozmidov length scale, which means that a slope of $-5/3$ should not be thought of as purely isotropic turbulence. At these longer scales, this slope probably represents layered anisotropic stratified turbulence (LAST; Riley and Lindborg, 2008; Falder et al., 2016). White noise has a gradient of $+2$ and is clearly visible at the highest wavenumbers (e.g., $k_x > 10^{-1.7} \text{ m}^{-1}$). Given this ability to seismically identify spectral slopes, it is possible to model the observed turbulent subrange and to estimate both the dissipation rate of turbulent kinetic energy, $\varepsilon$, and the diapycnal diffusivity, $K$.

**3.3.3. Dissipation and Diffusivity Calculations**

It is straightforward to identify internal wave, turbulent, and white (i.e., ambient) noise subranges by examining $\Phi_\zeta(k_x)$ spectra (Figures 5E–I). Here, we focus on analyzing observed turbulent subranges following the approach described by Sheen et al. (2009) and later refined by Dickinson et al. (2017). For a given spectrum, the gradient of the turbulent subrange,
the co-ordinates of the intersection between the internal wave and turbulent subranges, and width of the turbulent subrange determine the value of $\Phi_{\xi_x}(k_x)$. A misfit function that measures the difference between observed and calculated values of $\Phi_{\xi_x}(k_x)$ is minimized by adjusting the values of gradient, co-ordinates of intersection, and width for each spectrum (see Appendix D3 of Dickinson et al., 2020). In this way, $\Phi_{\xi_x}(k_x)$ is calculated for each spectrum and used to estimate the turbulent dissipation rate, $\varepsilon$, using a simplified version of the Batchelor et al. (1959) model where

$$\Phi_{\xi_x} = \frac{4\pi \Gamma}{N^2} C_T \varepsilon^{2/3} (2\pi k_x)^{1/3}. \tag{1}$$

$C_T = 0.4$ is the Obukhov-Corrsin constant, $\Gamma = 0.2$ is the turbulent flux coefficient, and $N$ is the Brunt-Väisälä (i.e., buoyancy) frequency which is obtained from regional
Spatial variations of turbulent dissipation rate, $\log_{10} \varepsilon$, for section B where warm/cool colors indicate higher/lower values according to scale bar along base of panel; black arrows = maximal extent of front at sea surface and at depth. (B) Histogram showing spatially averaged distribution of dissipation, $<\varepsilon>$. Envelopes calculated using bin widths of 0.1 and Gaussian filter lengths of 1 for spatial ranges of 0–40 (blue), 40–90 (black line and white bar), and 90–140 km (red). (C,D) Same for spatial variation of diapycnal mixing, $\log_{10} K$ and its average value, $<K>$.

3.4. Diffusive Heat Flux

The diapycnal diffusive heat flux, $F_H$, is calculated in accordance with standard molecular (Fickian) diffusion where

$$ F_H = -\rho_\circ C_p (d\Theta / dz). $$

$\rho_\circ$ is potential density, $C_p$ is the isobaric heat capacity of seawater, and $d\Theta / dz$ is the vertical gradient of conservative temperature.

Here, we calculate the spatial and temporal variability of $F_H$ using temperature and density fields obtained from calibrated seismic reflection sections together with the spatial and temporal variation of $K$ (e.g., Figures 4B, 6C). So, the four parameters on the right-hand side of this equation vary as a function of time and space. Since the nominal vertical resolution is $O(10)$ m, values of $dT/dz$, $\rho_\circ$, and $C_p$ are measured at intervals of 10 m. The units of $F_H$ are W m$^{-2}$ where positive heat flux is downward. Note that our estimates of $F_H$ do not take advective contributions into account since well-resolved velocity measurements are unavailable.

3.5. Uncertainty Estimates

Following Dickinson et al. (2020), the maximum likely uncertainty for $\log_{10} K$ is $\pm 0.4$ logarithmic units. This value is gauged in the following way. First, uncertainty in $N$ is given by its standard deviation which is $\pm 0.3$ cph. This uncertainty is combined in quadrature with the uncertainty of the fitted intercept (i.e., $0.02$–$0.1$) to yield an estimated mean uncertainty for $\log_{10} K$ of $\pm 0.15$ logarithmic units. Secondly, we acknowledge that assuming constant values of $C_T$ and $\Gamma$ is a significant
simplification (Mashayek et al., 2017). This assumption can be tested by considering their upper and lower bounds, which yields a maximum uncertainty of ±0.25 logarithmic units (Dickinson et al., 2020). Notwithstanding uncertainties associated with absolute values of mixing rate, we are confident that these relative variations are robust.

Given that the conservative upper bound of uncertainty for \( \log_{10} K \) is ±0.4 logarithmic units, the propagated uncertainty for \( F_H \) can be estimated by combining uncertainties for \( \log_{10} K \) and \( d\Theta/dz \). The uncertainty for \( \Theta \) is conservatively estimated as ±1° C (Gunn et al., 2020). After taking the vertical gradient over 10 m, we obtain an uncertainty of ±0.1 K m\(^{-1}\) for \( dT/dz \). Uncertainties for \( \rho_c \) and \( C_p \) are ±0.1 kg m\(^{-3}\) and ±0.8 J kg\(^{-1}\) K\(^{-1}\), respectively. Thus, the propagated uncertainty for our estimates of \( F_H \) is ±3 W m\(^{-2}\).

4. RESULTS

4.1. Water Mass Structure

On Section B, which was acquired on 13th February 2013, the most obvious feature is a band of gently dipping reflectivity that crops out at the sea surface over a range of 30–40 km (Figure 4A). This band represents a deeply penetrating front. Over much of its length, a bright and continuous reflection that dips northward is visible that can be traced down to a depth of 1.8 km. This front separates a wedge of smooth and horizontally continuous reflections to the north from more discontinuous, and even swirling, reflectivity to the south. A prominent tilted lens with a complex pattern of internal reflectivity centered at a range of 60 km sits against the front. Within 400 m of the sea surface, the front splits into several strands that encase lens-shaped and acoustically transparent features that are interpreted as intra-thermoclinic eddies (Gunn et al., 2020). On both sides of the front, the thermocline is generally visible as a band of reflectivity that extends to a depth of 1,000 m which is consistent with hydrographic measurements (Figure 2). The calculated temperature field shows that the northern end of Section B is characterized by a wedge of warm subtropical water, the Brazil Current, that abuts the front (Figure 4B). South of the front, cooler temperatures are consistent with the presence of an intermediate water mass generated by mixing of subtropical and subantarctic waters.

On Section A, which was acquired on 1st February 2013, a thick band of approximately flat reflectivity that extends to a depth of 1,000 m defines the thermocline (Figure 7A). The vertical extent of the thermocline is corroborated by the horizontally averaged temperature distribution extracted from the seismic image (Figure 7B). From the sea surface down to a depth of 1,000 m, temperature values decreases from 25 to 5° C, which is comparable to the observed temperature distribution of subtropical water masses along GO-SHIP transect A10 (Figure 2A). Temperatures of ~5°C are diagnostic of AAIW,
FIGURE 8 | (A) Section A of seismic reflection survey overlain with spatial distribution of turbulent dissipation rate, log$_{10}\varepsilon$, calculated using spectral analysis of tracked reflectivity. Colored wiggly lines = 1,841 auto-tracked reflections where color indicates value of log$_{10}\varepsilon$ according to scale bar at base of (E). (B) Histogram showing spatially averaged distribution of log$_{10}\varepsilon$ for (A) calculated using bin width of 0.1 and Gaussian filter length of 1. Numbers = weighted mean, $<\varepsilon>$, and standard deviation, $\sigma_{\varepsilon}$, of values from Section A. (C) Same overlain with spatial distribution of diapycnal diffusivity, log$_{10}K$. Colored wiggly lines = individual auto-tracked reflections where color indicates value of log$_{10}K$ according to scale bar at base of (E). Note that global mean log$_{10}K$ is –5 (e.g., Waterhouse et al., 2014) and that uncertainty of calculated log$_{10}K$ is 0.4. (D) Histogram showing spatially averaged distribution of K. (E–H) Same for Section C with 2,310 tracked reflections.
CDW, and NADW at these depths (Piola and Matano, 2017). At the northeastern end of Section A, the thermocline terminates in a set of bright reflections which are abruptly cut off at a range of 100 km by weaker dipping reflections. We interpret this pattern of localized reflectivity as the upper portion of a partially imaged front. This interpretation is consistent with coeval surface temperature measurements (Figure 3). Beneath a depth of 1,000 m, water masses are characterized by complex swirling patterns of reflectivity that form a mixture of lenses and filaments that deform as a function of time (Gunn et al., 2020). A vortex-like structure, reminiscent of that observed between subtropical and subantarctic water masses at the Subantarctic Front by Sheen et al. (2011), occurs at a depth of 1,000 m centered at a range of 105 km. These complex reflection patterns imply that imaged water masses are deforming and/or undergoing lateral displacement. Considerable mixing is probably also occurring.

On Section C, which was acquired on 15th March 2013, the front is no longer visible (Figure 7C). Instead, layered and
continuous reflections form a 1,000 m thick band that extends across the entire section. Beneath 1,000 m, sparser reflectivity delineates elongated filaments of O(10) km length scales. As in the case of Sections A and B, the average temperature distribution indicates that this section is representative of subtropical water masses (see Figure 7D). Apart from methodological uncertainties, seismically-derived property distributions are limited by the observed density of continuous horizontal reflections. Due to the limitations of seismic acquisition, reflections are often not clearly imaged at depths shallower than ~150 m. On the seismic sections presented here, there is also limited reflectivity at depths that exceed 1,000 m (Figures 7B,D). At these depths, horizontally averaged temperature profiles are inevitably less well constrained and tend to be discrepant with respect to hydrographic observations. Nonetheless, it is important to note that the vertical temperature gradient is faithfully recovered.

Given the depth and temperature of the thermocline together with the location of the seismic survey with respect to the confluence during February 2013, these seismic sections evidently cross the northern portion of the confluence since it is characterized by subtropical water masses of the Brazil Current (Figure 1A). The thermocline has a vertical extent of 1,000 m, which is consistent with steep temperature gradients observed within these subtropical water masses (Figures 7B,D; Piola and Matano, 2017). These observations are consistent with sea surface temperatures, which demonstrate that the seismic survey straddles the warmer portion of the confluence during February and March 2013 (Figure 3). Over a 6 week period, the depth of the thermocline remains consistent and its continuity is only disrupted adjacent to the dipping front, most likely the Brazil Current Front whose appearance and disappearance is caused by the observed oscillation of the confluence at this time of year (Olson et al., 1988; Saraceno et al., 2004; Severov et al., 2012; Gunn et al., 2020). The patterns of reflectivity also reveal other transient oceanic processes, including deformation of filaments and lenses, which have previously been interpreted as manifestations of stirring and cross-frontal mixing (Jullion et al., 2010; Gunn et al., 2020). This complex vertical and horizontal thermohaline structure has previously been observed on length scales of tens of kilometers using CTD probes (Reid et al., 1977; Gordon, 1989; Bianchi et al., 2001).

4.2. Vertical Mixing Rates
Section B demonstrates that dissipation and mixing rates are conditioned by the presence of a front (Figure 6). On the southern, denser side of the front, mixing rates are highest (e.g., $10^{-3} - 10^{-2}$ m$^2$ s$^{-1}$), especially at ranges of $20-40$ km where the front crops out at the sea surface. North of a range of $40$ km, the front deepens and its different reflective strands are characterized by suppressed mixing rates of $\sim 10^{-4}$ m$^2$ s$^{-1}$ (Figure 6C). Similarly low mixing rates are found at the base of the prominent tilted lens. Beyond a range of $90$ km, mixing rates increase up to values of $\sim 10^{-3} - 10^{-2}$ m$^2$ s$^{-1}$. These qualitative observations are supported by full-depth weighted mean values of log$_{10}$ ε (i.e., -6.1, -5.6, -5.8) and log$_{10}$ K (3.0, -3.4, -3.2) for ranges of 0–40, 40–90, and 90–140 km, respectively (Figure 6D).

These section-averaged values reveal the overall effect that the front has upon vertical mixing rates—mixing is enhanced at its surface outcrop but it is locally suppressed along its dipping interface down to a depth of about 1 km.

Two weeks earlier (i.e., 1st February 2013), dissipation and mixing estimates for Section A range over three orders of magnitude (Figures 8A,C). Recovered estimates are much more spatially patchy which is consistent with the observed patterns of reflectivity. The highest mixing rates occur beneath the mixed layer (e.g., $\sim 200$ m) and in association with small-scale structures at ranges of $30–40$ km and depths of $1,000–1,400$ m. Lowest mixing estimates occur adjacent to the front at the northeastern portion of Section A between 100 and 120 km. A weighted histogram of recovered mixing estimates indicates that the mean, $<K>$, and standard deviation, $\sigma_K$, of log$_{10}$ K are $\sim 3.2$ and 0.5, respectively (Figure 8D). One month later, the thermocline is much more continuous and the deeply penetrating front is no longer visible (Figures 8E,G). Mixing rates are lowest in the thermocline and greatest at the base of the mixed layer with sporadically higher mixing throughout the deeper portions of the water column. $<K>$ is $10^{-3.5}$ m$^2$ s$^{-1}$ (i.e., $\sim 3 \times 10^{-4}$ m$^2$ s$^{-1}$), which is consistent with mean values calculated for the two other sections.

Mixing rates calculated for other seismic sections that also image the deeply penetrating front have similar spatial patterns of diapycnal diffusivity. Given our conservative estimate of uncertainty of ±0.4 for log$_{10}$ K, these observed patterns of diapycnal diffusivity—enhanced K the surface outcrop of the front and suppressed values of K along its dipping interface—are robust. We conclude that this front conditions mixing rates on length scales of $O(10–100)$ km.

4.3. Diffusive Heat Flux
Seismically-derived heat fluxes, $F_H$, range from $-3$ to $10$ W m$^{-2}$ (Figure 9). For all three seismic sections, the highest values of $F_H$ occur along the base of the mixed layer. $F_H$ decreases with depth along each seismic section (Figures 9A,C,E). Horizontally averaged profiles show that there is a marked decrease in the value of $F_H$ from $1–8$ W m$^{-2}$ at the sea surface to $0$ W m$^{-2}$ at $1,000$ m depth (Figures 9B,D,E). Profiles of $F_H$ calculated using the mean $\theta(z)$ distribution taken from transect A17 show the same trend within uncertainty (Figures 9B,D,F dashed lines). This behavior is expected since $F_H$ describes Fickian diffusion, by which mixing rate acts upon vertical temperature gradient. Since $\sigma_\theta/d\theta/dz$ decreases with depth, the effect of mixing becomes increasingly limited. The vertical variation of $F_H$ for sections A and C is broadly similar. Therefore, at mesoscale length scales in the absence of a front, $F_H$ does not appear to significantly change over the 6 week period.

On the other hand, we also observe conditioning of $F_H$ by the front itself (Figures 9C,D). Close to the surface outcrop of the front, heat fluxes reach their greatest values (Figure 9D). Enhancement of these heat fluxes exceeds the uncertainty of ±3 W m$^{-2}$ and it is directly associated with the vigorous mixing observed here (Figure 6C). Along the dipping boundary of the front, $F_H$ is also elevated. Here, elevated values are a result of the significant vertical temperature gradient caused by the presence...
of a wedge of warm water that is banked up against the front where it overlies cooler water (Figure 4B). We conclude that this major front conditions vertical diffusive heat flux on length scales of O(10–100) km.

5. DISCUSSION

A suite of seismic reflectivity sections is employed to shed light on the internal structure of a small portion of the northern Brazil-Falkland Confluence—a complex and dynamic frontal system with intense mesoscale eddy activity. Thermohaline structures that are seismically imaged, including evolving vortices and filaments, are consistent with both hydrographic observations and with satellite imagery that show frontal structure and a vigorous eddy field (Bianchi et al., 2001; Saraceno et al., 2004; Jullion et al., 2010). Here, we build upon these physical oceanographic observations in two significant ways. First, seismic imagery helps to overcome observational limitations since it yields full-depth vertical sections that have a horizontal extent of ~140 km length, that have a vertical resolution of O(10) m, and that span a period of 6 weeks. Secondly, these sections can be converted into simultaneous distributions of temperature and mixing rate. For these reasons, seismic reflection technology provides an unprecedented view of oceanic structure which help to unlock an improved understanding of ocean mixing.

This portion of the Brazil-Falkland Confluence is a region of vigorous mixing where \( <K > \) is approximately 50 \( \times \) \( 10^{-5} \) m\(^2\) s\(^{-1}\) (Figures 6, 8). Spatial and temporal averaging on length scales of 100 km and time scales of 6 weeks suggests that this mean value does not vary significantly (Figure 8). Similarly, vertical diffusive heat flux, \( F_H \), does not vary significantly either (Figure 9). Sparser hydrographic observations indicate that this region is a significant hotspot for mixing. For example, Bianchi et al. (2001) use CTD profiles to estimate the thermal diffusivity across fronts in the vicinity of 39°S in the southwest Atlantic Ocean. Within the upper 1,000 m, their estimates range between 1.3 and 3.4 \( \times \) \( 10^{-5} \) m\(^2\) s\(^{-1}\). More direct estimates of \( \varepsilon \) and \( K \) obtained by microstructure profilers reveal elevated mixing rates across the continental slope east of Uruguay (Waterhouse et al., 2014; Iglesias, 2019). As part of the GEOTRACES experiment, a suite of full-depth microstructure profilers were deployed across the Argentine Basin between 36 and 41°S during January 2012 (www.geotraces.org). The average mixing rate across this oceanic basin is 1.2 \( \times \) \( 10^{-5} \) m\(^2\) s\(^{-1}\), which is consistent with the global mean value (1 \( \times \) \( 10^{-5} \) m\(^2\) s\(^{-1}\); Waterhouse et al., 2014). However, at the western edge of the basin close to the continental slope and within 100 km of the seismic survey discussed here, mixing rates are \( O(100–1,000) \times \) \( 10^{-5} \) m\(^2\) s\(^{-1}\) (Iglesias, 2019). Enhanced mixing rates were also obtained above rough topography close to the shelf break. These remarkably elevated direct observations, which were acquired in the same location, bathymetric range, and season as the seismic survey, corroborate the values of mixing rate presented here. Notwithstanding the uncertainties associated with each methodology, these different studies suggest that mixing rates within this small northern portion of the Brazil-Falkland Confluence are at least one order of magnitude greater than the global mean value.

It is generally accepted that enhanced mixing rates prevail in regions where there is a combination of rougher bathymetry, higher shear, and enhanced kinetic energy (e.g., Ledwell et al., 2000; Garabato, 2004; Smyth and Moum, 2012; Whalen et al., 2012). In the South Atlantic Ocean, confluent flow of warm and cold water focusses large-scale temperature gradients at the continental slope (Figure 1A; Gordon, 1989; Peterson and Stramma, 1991). As a result of this convergent flow, vertical shear is enhanced which results in shear-driven mixing (e.g., Gordon and Greengrove, 1986; Bianchi et al., 2001; Sheen et al., 2012). This confluence also lies above the continental slope where it is exposed to the open ocean. In this setting, it has been shown that a complex field of locally and remotely generated tidal energy can develop which can elevate mixing rates by several orders of magnitude (Moum et al., 2003; Nash et al., 2012). Here, we hypothesize that elevated mean mixing rates are generated by a combination of the continental slope setting and exposure to the open ocean.

Apart from large-scale oceanographic and bathymetric drivers of mixing, the combination of high-resolution seismic imagery and the calculated spatial variability of \( K \) shows that the distribution of mixing is moderated by local water mass structure and/or dynamic processes. In particular, we observe conditioning of mixing rates by a major front, by smaller scale lenses, and by filaments. On seismic sections where the front is clearly observed, it is evident that the front itself, rather than distal processes, can simultaneously trigger elevated and suppressed mixing rates. Elevated values of \( K \) imply that the surface outcrop of the front is a region of enhanced water mass modification. This observation is consistent with microstructural and SeaSoar observations adjacent to fronts which indicate elevated mixing rates (Dewey and Moum, 1990; Nagai et al., 2009; D’Asaro et al., 2011; Johnston et al., 2011; Peng et al., 2020). However, these surveys are typically limited to a depth range of \( \leq 500 \) m. We also observe enhanced mixing rates extending down to depths of 500 m. Additionally, we find that mixing rates along the frontal interface itself are suppressed to depths of about 1,000 m. These direct observations show that the modification of diapycnal mixing by a front is not isolated to the upper water column but can affect water masses across the entire thermocline.

Here, we demonstrate that vigorous vertical mixing can play a significant role in water mass modification by calculating coeval vertical sections of diffusive heat flux. From a global perspective, vertical heat flux is difficult to quantify due to the lack of sufficient diapycnal diffusivity and vertical velocity measurements. Consequently, global estimates are often obtained by numerical simulations. Based upon an ocean state estimate with a resolution of \( \geq 30 \) km, the global average value of \( F_H \) is positive (i.e., downward) at all depths, decreasing from 1 \( \text{W m}^{-2} \) at the sea surface to 0.1 \( \text{W m}^{-2} \) at a depth of 1,000 m (Liang et al., 2015). Vertical advective heat fluxes have a similar magnitude although its mean value is negative (Liang et al., 2015). Here, we obtain diffusive heat fluxes that decrease from \( \leq 8 \) \( \text{W m}^{-2} \) at the sea surface to \( \sim 0 \) \( \text{W m}^{-2} \) at a depth of 1,000 m (Figures 9B, D, F). Compared with the global mean, we infer that this northern
portion of the Brazil-Falkland Confluence is a key site for vertical diffusive heat exchange. This inference contrasts with the predictions of non-eddy-resolving global simulations, which generally imply that the majority of diffusive heat flux occurs at high latitudes as a consequence of the vertical projection of isopycnal surfaces (Liang et al., 2015).

Instead, our observations are consistent with eddy-resolving models which have spatial resolutions of ~10 km. This consistency implies that subtropical zones are key sites for diffusive heat flux as a consequence of elevated eddy kinetic energy (Wolfe et al., 2008). Despite low mean values, the temporal standard deviation of \( F_H \) in global simulations of diffusive heat fluxes are large in the Brazil-Falkland Confluence, which suggests that the role of \( F_H \) varies significantly with time (Liang et al., 2015). Here, we provide observational evidence that diffusive heat fluxes play a more significant role in the vertical redistribution of heat than previously thought and that enhanced fluxes are associated with an advecting front. Our results indicate that high resolution measurements of diapycnal diffusivity and of vertical velocity are required to comprehensively constrain spatial and temporal patterns of vertical heat flux.

On longer timescales than those considered in this contribution, seasonal variations of mixing and of diffusive heat flux are probably due to the oscillation of the confluence. Argo float measurements have been used to infer seasonal variation of \( K \) at depths of 500, 750, and 1,000 m (Huang and Xu, 2019). At 36.5°S in the Atlantic Ocean, Huang and Xu (2019) find that rates of diapycnal transport, which approximates to mixing, are lowest between January and March at depths of 500 and 750 m but greater at 1,000 m depth. At depths of 500 and 750 m, mixing rates peak between July and September. This shallow seasonal variation is attributed to seasonal changes in wind power. Huang and Xu (2019) also find that mixing rates at 500 m are less than those at 1,000 m within the confluence region, which is consistent with the distribution of \( K \) values calculated from seismic sections—compare what is observed between depths of 500 and 1,000 m on Figures 5C, 8G. These results suggest that seismically observed mixing rates are part of a seasonal cycle but further investigation is required both to confirm and to quantify this signal.

We conclude by considering the implications for parameterization of mixing in numerical simulations. The eddy dynamics assumed in these simulations typically exploit the KPP vertical mixing scheme of Large et al. (1994). This scheme combines the parametrization of significant processes—including turbulent boundary mixing, shear instability, and rotation—as potential modifiers of diapycnal diffusivity. We find that elevated values of \( F_H \) occur in the vicinity of the surface outcrop of the front and along its dipping interface as a consequence of elevated mixing rate and large values of \( d \theta / dz \), respectively. Oceanic fronts are usually omitted from numerical simulations because of computational constraints (Ferrari, 2011). Hence, these seismic-based observations have significant implications for the parameterization of mixing in these simulations since our results demonstrate that fronts can play a critical role in modifying dissipation rates and diffusive heat fluxes within the upper 1,000 m of the water column.

6. SUMMARY

The scale and complexity of major oceanic fronts present formidable logistical challenges for observing ocean processes at appropriate spatial and temporal scales. Existing seismic reflection technology has a hitherto unsurpassed ability to resolve thermohaline structures on spatial scales of tens of meters to hundreds of kilometers and on temporal scales of minutes to days. In combination with simultaneous hydrographic observations, this ability has the potential to transform our understanding of frontal systems. Here, we show how appropriately calibrated seismic sections can be used to extract estimates of both diapycnal diffusivity and diffusive heat flux. Analysis of three seismic sections demonstrate that enhanced values of mixing and heat flux are associated with the surface expression of a major front and with deforming eddies and filaments at depths of more than 1,000 m. Mixing is suppressed along the frontal interface between 500 and 1,000 m. Elevated values of diffusive heat flux underline the global importance of these regions of confluence.

DATA AVAILABILITY STATEMENT

The datasets presented in this article are not readily available because Repeat hydrographic data were acquired and made publicly available by Global Ocean Ship-based Hydrographic Investigations Program and contributing national programs (GO-SHIP; http://www.go-ship.org/). The seismic reflection survey is owned by the Administración Nacional de Combustibles, Alcoholes y Portland of Uruguay to whom requests for access are referred. Requests to access the datasets should be directed to njw10@cam.ac.uk.

AUTHOR CONTRIBUTIONS

This research project was conceived by KG and NW. Data analysis was carried out by KG with guidance from AD, NW and CPC. The manuscript was written by KG and NW with contributions from AD and CPC. Figures were created by KG with advice from NW.

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and Carbon Hydrographic Data Office (http://chhdo.ucsd.edu/) for lines/experiments A10 06MT22_5, A11 74DI199_1, and A17 29HE2909405). Hydrographic measurements were analyzed using a Python implementation of GSW TEOS-10 equation of state for seawater (github.com/TEOS-10/GSW-Python). Ocean Surface Current Analysis Real-time (OSCAR, Group for High Resolution Sea Surface Temperature (GHRSSST), and Multi-scale Ultra-high Resolution (MUR) Sea Surface Temperature datasets were extracted from ERDDAP (https://coastwatch.pfeg.noaa.gov/erddap). Figures were prepared using Generic Mapping Tools (gmt.soest.hawaii.edu). We are grateful to D. Bright, I. Frame, C. Jones, D. Lyness, J. Selvage, K. Sheen and A. Woods for their help. Cambridge Earth Sciences contribution number es.6032.

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