The role of energy conditions in $f(R)$ cosmology

S. Capozziello$^{1,2,3}$, S. Nojiri$^{4,5,6}$, S. D. Odintsov$^{7,8}$

$^1$ Dipartimento di Fisica “E. Pancini”, Università di Napoli “Federico II”
$^2$INFN Sez. di Napoli, Compl. Univ. di Monte S. Angelo, Edificio G, Via Cinthia, I-80126, Napoli, Italy
$^3$Gran Sasso Science Institute, Via F. Crispi 7, I-67100, L’Aquila, Italy
$^4$Department of Physics, Nagoya University, Nagoya 464-8602, Japan
$^5$Kobayashi-Maskawa Institute for the Origin of Particles and the Universe, Nagoya University, Nagoya 464-8602, Japan
$^6$KEK Theory Center, High Energy Accelerator Research Organization (KEK), Oho 1-1, Tsukuba, Ibaraki 305-0801, Japan
$^7$ICREA, Passeig Lluís Companys, 23, 08010 Barcelona, Spain,
$^8$Institute of Space Sciences (IEEC-CSIC) C. Can Magrans s/n, 08193 Barcelona, Spain

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Energy conditions can play an important role in defining the cosmological evolution. Specifically acceleration/deceleration of cosmic fluid, as well as the emergence of Big Rip singularities, can be related to the constraints imposed by the energy conditions. Here we discuss this issue for $f(R)$ gravity considering also conformal transformations. Cosmological solutions and equations of state can be classified according to energy conditions. The qualitative change of some energy conditions for transformations from the Jordan frame to the Einstein frame is also observed.

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I. INTRODUCTION

The observed cosmic acceleration [1–5] points out that a revision of the cosmological picture, based on the General Relativity (GR) and the standard model of particles, is needed. The puzzle can be addressed either introducing some form of dark energy or assuming modifications of GR. In other words, one can act either on the r.h.s. of the Einstein equations by introducing some new matter-energy fluid on the l.h.s. modifying or improving geometry. In this latter perspective, $f(R)$ gravity is the straightforward modification of GR where, instead of assuming the gravitational action strictly linear in the Ricci scalar $R$, one takes into account a general function of $R$. The paradigm is that the form of $f(R)$ can be fixed according to the cosmological and astrophysical observations ranging from local to cosmological scales [6–15].

Beside phenomenological approaches, first principles like energy conditions, causal structure and the classification of singularities can be considered to restrict the possible forms of $f(R)$ models [16–23]. In particular, energy conditions, originally formulated in Ref. [24] for GR, can play an important role to fix physically consistent $f(R)$ models [19]. In this debate, the role of conformal transformations is crucial because, also if the Jordan and Einstein frames are mathematically equivalent, the meaning of energy conditions can depend on the frame where they are formulated [19–23, 29–31]. In particular, the effective pressure and effective energy definitions changes according to the frame not only in $f(R)$ gravity but also in other alternative theories of gravity [32]. In general, it is important to define the role of further geometrical terms in the stress-energy tensor and to recast the energy conditions accordingly. Conformal transformations and their physical meaning are crucial in the perspective of determining self-consistent energy conditions. For review, see [37–45].

In this paper, we are considering the role of energy conditions in $f(R)$ cosmology. In particular, we discuss the conformal transformations of the $f(R)$ effective energy-momentum tensor. This issue is extremely relevant to address the attractive/repulsive behavior of $f(R)$ cosmological models in relation to the equation of state.

The paper is organized as follows. In Sec. II we consider the energy conditions in GR. Their definition for Extended Theories of Gravity (ETG) is taken into account in Sec. III. The effective energy-momentum tensor, containing curvature terms, is discussed in Sec. IV. The relations of this generalized energy-momentum tensor to the cosmological equation of state are considered in Sec. V. As an example of the above general results, we assume the case of power-law $f(R)$ gravity in Sec. VI. Conclusions are drawn in Sec. VII.

II. ENERGY CONDITIONS IN GENERAL RELATIVITY

Let us start from the Einstein field equations

$$\left( R_{\mu \nu} - \frac{1}{2} g_{\mu \nu} R \right) = \frac{\kappa^2}{2} T_{\mu \nu}, \quad (1)$$
where $R_{\mu\nu}$ is the Ricci tensor, $R$ is the Ricci scalar, and $T_{\mu\nu}$ is energy-momentum tensor of the matter fields. Such equations determine the causal and geodesic structure of space-time. The Einstein field equations can be written also as

$$R_{\mu\nu} = \frac{\kappa^2}{2} \left( T_{\mu\nu} - \frac{1}{2} T g_{\mu\nu} \right),$$

(2)

where the analog role of matter and geometry into dynamics is evident. Due to this aspect, we can deal with geometrodynamics after Wheeler [46]. Since such equations are addressing the causal (metric) and geodesic structure of the space-time, the energy-momentum tensor has to satisfy some conditions. We can take into account a timelike vector $u^\alpha$ normalized as $u^\alpha u_\alpha = -1$ for the signature $(- + ++)$. It is the four-velocity of an observer in space-time, and an arbitrary, future-directed null vector $k^\alpha$, i.e. $k^\alpha k_\alpha = 0$. The energy conditions are contractions of timelike or null vector fields with respect to the Einstein tensor and energy-momentum tensor coming from field Eqs. (1) or (2).

We obtain four conditions [24, 47] which are

- The **WEC** (WEC) which states that at each point of the space-time $p \in M$ the energy-momentum tensor satisfies the inequality

  $$T_{\mu\nu} u^\alpha u^\beta \geq 0,$$

  (3)

  for any timelike vector $u \in T_pM$. If $u^\alpha$ is a four-velocity of an observer, then the quantity $T_{\mu\nu} u^\alpha u^\beta$ is the local energy density and the inequality (3) is equivalent to the assumption that the energy density of a given matter source, measured by an arbitrary observer, is non-negative. The canonical form of the energy-momentum tensor [24] can be written in the orthonormal basis as $T_{\mu\nu} = \text{diag}(\rho, p_1, p_2, p_3)$ and then, one obtains

  $$\rho \geq 0, \quad \rho + p_i > 0, \quad i = 1, 2, 3.$$

  (4)

  Following [32], it can be written as

  $$R_{\mu\nu} u^\mu u^\nu \geq -\frac{\kappa^2}{4} (\rho - \sum_{i=1}^{3} p_i).$$

  (5)

- The **Null Energy Condition** (NEC) considers future-directed null vector $k^\mu$

  $$T_{\mu\nu} k^\alpha k^\beta \geq 0,$$

  (6)

  from which one gets $\rho + p_i \geq 0$.

- The **Dominant Energy Condition** (DEC) states that matter flows along timelike or null world lines. By contracting the energy-momentum tensor with an arbitrary, future-directed, timelike vector fields, the quantity $-T_{\mu\nu} u^\nu$ becomes a future-directed, timelike or null vector field. It is called the matter momentum density that a given observer can measure. This means that, in any orthonormal basis, the energy dominates the other components of the energy-momentum tensor being $T^{00} \geq |T^{ij}|$:

  $$\rho \geq 0, \quad \rho \geq |p_i|.$$

  (7)

- The **Strong Energy Condition** (SEC)

  $$\left( T_{\mu\nu} - \frac{1}{2} T g_{\mu\nu} \right) u^\mu u^\nu \geq 0$$

  (8)

  is a statement about the Ricci tensor:

  $$R_{\mu\nu} u^\mu u^\nu \geq 0,$$

  (9)

  and together with the Raychaudhuri equation [48–51] gives that gravity has to be attractive.

All these considerations are related to standard matter which satisfies regular equations of state and is minimally coupled to the geometry. They can be generalized to other theories of gravity assuming that at least causal structure is preserved.
III. ENERGY CONDITIONS IN EXTENDED THEORIES OF GRAVITY

Any alternative theory of gravity should be confronted with energy conditions which assign the fundamental causal and geodesic structure of space-time. In particular Extended Theories of Gravity (ETGs) [6–8], which are straightforward extensions of the Einstein gravity, can be recast in such a way to be dealt under the standard of energy conditions. As discussed in [35, 50], the field equations of any ETG can be written in the form

\[ g(\Psi^i)(G_{\mu\nu} + H_{\mu\nu}) = \frac{\kappa^2}{2} T_{\mu\nu}, \]

where \( G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R \) is the Einstein tensor, \( g(\Psi^i) \) is a generalized coupling with the matter fields which contributes to the energy-momentum tensor \( T_{\mu\nu} \). \( \Psi^i \) represents curvature invariants and/or gravitational fields which contributes to the dynamics. \( H_{\mu\nu} \) is a geometric tensor term including all geometrical modifications given by the given ETG. General Relativity is recovered assuming \( g(\Psi^i) = 1 \) and \( H_{\mu\nu} = 0 \).

The contracted Bianchi identities and the covariant conservation of the energy-momentum tensor give the conservation law

\[ \nabla_\alpha H^{\mu\nu} = -\frac{\kappa^2}{2g^2} T^{\mu\nu} \nabla_\alpha g, \]

which is zero if one deals with vacuum and the coupling \( g \) has a non-diverging value (i.e. \( G_{\mu\nu} = -H_{\mu\nu} \)). For energy conditions in ETGs, the combination of \( G_{\mu\nu} \) and \( H_{\mu\nu} \) is relevant while, in GR, one needs only the conditions for the Einstein tensor. Specifically, the extended SEC has the form

\[ g(\Psi^i) \left( R_{\mu\nu} + H_{\mu\nu} - \frac{1}{2} g_{\mu\nu} H \right) u^\alpha u^\beta \geq 0, \]

from which one concludes that the condition \( R_{\mu\nu} u^\mu u^\nu \geq 0 \), valid for GR, does not guarantee the attractive nature of gravity. In other words, also in the case where SEC is valid, one can obtain repulsive gravity in ETGs, in particular in \( f(R) \) gravity, as discussed in [52].

Physical quantities which are measured by an observer are the components of the energy-momentum tensor

\[ T^{\alpha\beta} = \rho u^\alpha u^\beta + ph^{\alpha\beta} + \Pi^{\alpha\beta} + 2q^{(\alpha} u^{\beta)}, \]

where \( \rho = T_{\alpha\beta} u^\alpha u^\beta \) and \( p = \frac{1}{3} T_{\alpha\beta} h^{\alpha\beta} \) are the energy-density and the isotropic pressure, respectively. \( \Pi^{\alpha\beta} = (h^{\alpha\sigma} h^{\beta\gamma} - \frac{1}{3} h^{\alpha\beta} h^{\sigma\gamma} T_{\sigma\gamma}) \) is the anisotropic stress tensor and \( q^\alpha = u^{\sigma} T_{\sigma\alpha} h^{\alpha\gamma} \) denotes the current vector of the heat/energy flow. The quantity \( h^{\alpha\beta} = \delta^{\alpha\beta} + u^\alpha u^\beta \), is an orthogonal projection tensor.

The last two components of (13) vanish if one considers a perfect fluid medium. In that case it is very convenient to choose an observer comoving with the fluid [52]; it means that the observer is at rest with respect to the flow of the fluid.

Any ETG can be described as an effective theory [7] bringing the further geometric/field components on the r.h.s. of the Einstein field equations

\[ G_{\alpha\beta} = \frac{\kappa^2}{2} T^{\text{eff}}_{\alpha\beta}, \]

where \( T^{\text{eff}}_{\alpha\beta} \) is an effective energy-momentum tensor defines as \( T^{\text{eff}}_{\alpha\beta} = T^{(m)}_{\alpha\beta} / g - \frac{\kappa^2}{2} H_{\alpha\beta} \). Here \( T_{\alpha\beta} \) is the ordinary matter content and the quantity \( gH_{\alpha\beta} \) can be seen as an extra energy-momentum tensor related to scalar fields and curvature invariants [35]. The terms in the tensor (13) can be defined for any ETG as

\[ \bar{\rho} = (gH_{\alpha\beta}) u^\alpha u^\beta, \]

\[ 3\bar{\rho} = (gH_{\alpha\beta}) h^{\alpha\beta}, \]

\[ \bar{\Pi}^{\alpha\beta} = (gH_{\alpha\beta}) \left( h^{\alpha\sigma} h^{\beta\gamma} - \frac{1}{3} h^{\alpha\beta} h^{\sigma\gamma} \right), \]

\[ \bar{q}^\alpha = (gH_{\alpha\beta}) u^\sigma h^{\alpha\gamma}, \]

where a straightforward fluid-dynamical picture is restored. The above physical quantities can be measured by an observer \( u^\alpha \) comoving with the perfect fluid described by the energy-momentum tensor \( T_{\alpha\beta} \). Below, we will specify these considerations for the case of \( f(R) \) assuming a Friedmann-Robertson-Walker (FRW) cosmology.
IV. DEFINITIONS OF THE ENERGY-MOMENTUM TENSOR IN \( f(R) \) GRAVITY

The action of the \( f(R) \) gravity is given by \([3, 10, 11, 54]\)

\[
S_{f(R)} = \int d^4x \sqrt{-g} \left[ \frac{f(R)}{2\kappa^2} + \mathcal{L}_{(m)} (\Phi_i, g_{\mu\nu}) \right].
\]  

(19)

Here \( \mathcal{L}_{(m)} \) is the Langrangian density of the matter and \( \Phi_i \)'s express all the matter fields involved into dynamics. By the variation with respect to the metric \( g_{\mu\nu} \), we obtain the following equation,

\[
\frac{1}{2} g_{\mu\nu} f(R) - R_{\mu\nu} f'(R) - g_{\mu\nu} \Box f'(R) + \nabla_\mu \nabla_\nu f'(R) = -\frac{\kappa^2}{2} T_{\mu\nu}^{(m)}.
\]

(20)

Here \( T_{\mu\nu}^{(m)} \) is the energy-momentum tensor for the matters, which satisfies the conservation law,

\[
0 = \nabla^\mu T_{\mu\nu}^{(m)} = 0.
\]

(21)

Eq. (20) can be rewritten as

\[
R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = \frac{\kappa^2}{2} T_{\mu\nu}, \quad T_{\mu\nu} \equiv \frac{1}{f'(R)} \left[ T_{\mu\nu}^{(m)} - \frac{1}{2} f'(R) R - f(R) + 2 \Box f'(R) + \nabla_\mu \nabla_\nu f'(R) \right].
\]

(22)

Then the Bianchi identity tells that \( T_{\mu\nu} \) is also conserved,

\[
0 = \nabla^\mu T_{\mu\nu} = 0,
\]

(23)

and \( T_{\mu\nu} \) can be regarded as an effective energy-momentum tensor. We may identify the matter independent part of \( T_{\mu\nu} \) in (22) as a contribution from the dark energy,

\[ T_{\mu\nu}^{DE1} = \frac{1}{f'(R)} \left[ \frac{1}{2} (f'(R) R - f(R) + 2 \Box f'(R)) + \nabla_\mu \nabla_\nu f'(R) \right], \]

(24)

although \( T_{\mu\nu}^{DE1} \) is not conserved. In general, the linear combination of \( T_{(m)}^{\mu\nu} \) and \( T_{\mu\nu} \) is conserved. Especially we may define an conserved energy-momentum tensor,

\[ T_{\mu\nu}^{DE2} \equiv \left( \frac{1}{f'(R)} - 1 \right) T_{\mu\nu}^{(m)} + \frac{1}{f'(R)} \left[ \frac{1}{2} (f'(R) R - f(R) + 2 \Box f'(R)) + \nabla_\mu \nabla_\nu f'(R) \right], \]

(25)

which vanishes in the limit of the Einstein gravity, where \( f(R) \to R \). Therefore we may regard \( T_{\mu\nu}^{DE2} \) with the conserved energy-momentum tensor of the dark energy including the corrections from matters. We should note that Eq. (22) or (24) tells the matters including the dark matter interact with the dark energy.

One can also rewrite \( f(R) \) gravity in the scalar-tensor form \([54]\). By introducing the auxiliary field \( A \), the action \( S_{f(R)} \) of the \( f(R) \) gravity is rewritten in the following form:

\[
S = \frac{1}{2\kappa^2} \int d^4x \sqrt{-\tilde{g}} \left\{ f'(A) (R - A) + f(A) + 2\kappa^2 \mathcal{L}_{(m)} (\Phi_i, g_{\mu\nu}) \right\}.
\]

(26)

By the variation of \( A \), one obtains \( A = R \). Substituting \( A = R \) into the action (26), one can reproduce the action in \([10]\). Furthermore, we rescale the metric in the following way,

\[
g_{\mu\nu} = e^\sigma \tilde{g}_{\mu\nu}, \quad \sigma = -\ln f'(A).
\]

(27)

Then we obtain the Einstein frame action,

\[
S_E = \frac{1}{2\kappa^2} \int d^4x \sqrt{-\tilde{g}} \left[ \tilde{R} - \frac{3}{2} \tilde{g}^{\sigma\tau} \partial_\mu \sigma \partial_\nu \sigma - V(\sigma) + 2\kappa^2 \mathcal{L}_{(m)} (\Phi_i, e^\sigma \tilde{g}_{\mu\nu}) \right],
\]

\[
V(\sigma) = e^{2\sigma} h (e^{-\sigma}) - e^{2\sigma} f (h (e^{-\sigma})) = \frac{A}{f'(A)} - \frac{f(A)}{f'(A)^2}.
\]

(28)

Here \( \tilde{R} \) is the scalar curvature given by \( \tilde{g}_{\mu\nu} \) and \( h (e^{-\sigma}) \) is given by solving the equation \( \sigma = -\ln (1 + f'(A)) = -\ln f'(A) \) as \( A = h (e^{-\sigma}) \). Due to the scale transformation (27), a coupling of the scalar field \( \sigma \) with usual matter arises.
By the variation of the action \[23\] with respect to the metric \(\tilde{g}_{\mu\nu}\), we obtain the Einstein equation,

\[
\tilde{R}_{\mu\nu} - \frac{1}{2} \tilde{g}_{\mu\nu} \tilde{R} = \kappa^2 \left\{ \kappa^2 \left[ \frac{3}{2} \partial_{\mu} \sigma \partial_{\nu} \sigma - \frac{1}{2} \tilde{g}_{\mu\nu} \left( \frac{3}{2} \tilde{g}^{\rho\sigma} \partial_\rho \sigma \partial_\sigma \sigma + V(\sigma) \right) \right] + e^{-\sigma} T_{\mu\nu} \right\} .
\] (29)

Here \(T_{\mu\nu}\) is defined by

\[
T_{\mu\nu} \equiv \frac{2}{\sqrt{-g}} g_{\mu\rho} g_{\nu\sigma} \frac{\delta}{\delta \tilde{g}^{\rho\sigma}} \left( \int d^4 x \sqrt{-g} L_{(m)} (\Phi, g_{\mu\nu}) \right) \bigg|_{g_{\mu\nu}=\tilde{g}_{\mu\nu}} = \frac{2e^\sigma}{\sqrt{-g}} \tilde{g}_{\mu\rho} \tilde{g}_{\nu\sigma} \frac{\delta}{\delta \tilde{g}^{\rho\sigma}} \left( \int d^4 x \sqrt{-g} L_{(m)} (\Phi, e^\sigma \tilde{g}_{\mu\nu}) \right),
\] (30)

and identical with \(T_{\mu\nu}\) in \[31\]. The Bianchi identity \(\nabla^\mu \left( \tilde{R}_{\mu\nu} - \frac{1}{2} \tilde{g}_{\mu\nu} \tilde{R} \right)\) tells that the quantity

\[
\dot{T}_{\mu\nu} \equiv \kappa^2 \left[ \frac{3}{2} \partial_{\mu} \sigma \partial_{\nu} \sigma - \frac{1}{2} \tilde{g}_{\mu\nu} \left( \frac{3}{2} \tilde{g}^{\rho\sigma} \partial_\rho \sigma \partial_\sigma \sigma + V(\sigma) \right) \right] + e^{-\sigma} T_{\mu\nu},
\] (31)

has to be conserved \(\nabla^\mu \dot{T}_{\mu\nu} = 0\).

V. ENERGY-MOMENTUM TENSOR IN FRW SPACE-TIME AND ENERGY CONDITIONS

By the scale transformation \(g_{\mu\nu} = e^{\sigma(t)} \tilde{g}_{\mu\nu}\), the metric of the FRW universe is transformed by

\[
ds^2 = -dt^2 + a(t)^2 \sum_{i=1}^{3} \left( dx^i \right)^2 \rightarrow d\tilde{s}^2 = e^{-\sigma(t)} ds^2 = e^{-\sigma(t)} \left( -dt^2 + a(t)^2 \sum_{i=1}^{3} \left( dx^i \right)^2 \right).
\] (32)

Then we define the new time coordinate \(\tilde{t}\) and the new scale factor \(\tilde{a} (\tilde{t})\) by

\[
d\tilde{t} = e^{-\frac{\sigma(t)}{2}} dt, \quad \tilde{a} (\tilde{t}) = e^{\frac{-\sigma(t)}{2}} a (t) (\tilde{t} ) .
\] (33)

We may assume the energy density \(\rho\) and the pressure \(p\) in the original frame satisfy the equation of state with the equation of state (EoS) parameter \(w\), \(p = w\rho\). We also assume they satisfy the conservation law,

\[
0 = \frac{d\rho}{dt} + 3H (\rho + p) = \frac{d\rho}{dt} + 3H (1 + w) \rho .
\] (34)

Here \(H = \frac{1}{a} \frac{da}{dt}\). Eq. \[31\] tells that \(\rho\) behaves as

\[
\rho = \rho_0 a^{-3(1+w)} .
\]

If we define

\[
\tilde{\rho} \equiv e^{\frac{3(1+w)\sigma}{2}} \rho, \quad \tilde{p} \equiv e^{\frac{3(1+w)\sigma}{2}} p ,
\] (36)

we find

\[
0 = \frac{d\tilde{\rho}}{dt} + 3\tilde{H} (\tilde{\rho} + \tilde{p} ) , \quad \tilde{p} = w\tilde{\rho} .
\] (37)

Here \(\dot{H} = \frac{1}{a} \frac{da}{dt}\). Here we should note \(\frac{da}{dt} = e^{\frac{\sigma(t)}{2}} \frac{da}{d\tilde{t}}\).

Then if \(\rho\) and \(p\) satisfy any of the following energy condition in the FRW universe,

- NEC: \(\rho + p \geq 0\)
- WEC: \(\rho \geq 0\) and \(\rho + p \geq 0\)
- SEC: \(\rho + 3p \geq 0\) and \(\rho + p \geq 0\)
- DEC: \(\rho \geq 0\) and \(\rho \pm p \geq 0\)

...
\(\hat{\rho}\) and \(\hat{p}\) satisfy the same energy condition,

\[
\begin{align*}
\circ & \text{ NEC: } \hat{\rho} + \hat{p} \geq 0 \\
\circ & \text{ WEC: } \hat{\rho} \geq 0 \text{ and } \hat{\rho} + \hat{p} \geq 0 \\
\circ & \text{ SEC: } \hat{\rho} + 3\hat{p} \geq 0 \text{ and } \hat{\rho} + \hat{p} \geq 0 \\
\circ & \text{ DEC: } \hat{\rho} \geq 0 \text{ and } \hat{\rho} + \hat{p} \geq 0
\end{align*}
\]

For the matters with a constant EoS parameter \(w\), when we assume \(\rho > 0\), if \(w > -1\), the NEC (38) and the WEC \(\tilde{\rho}\) are satisfied. If \(|w| \leq 1\), the DEC (41) is satisfied. On the other hand, the SEC (40) requires \(w \geq -\frac{1}{3}\).

We now try to write the EoS parameter \(w\) in a covariant form. Because

\[
T^{(m)} = g^{\mu\nu}T_{\mu\nu}^{(m)} = -\rho + 3p = (1 + 3w)\rho,
\]

we obtain

\[
\alpha \equiv \frac{T^{(m)}T_{\mu\nu}^{(m)}}{T^{(m)2}} = \frac{1 + 3w^2}{(1 + 3w)^2}.
\]

By solving (47) with respect to \(w\), we obtain

\[
w = \frac{3 \pm \sqrt{9 - (9\alpha - 3)(\alpha - 1)}}{9\alpha - 3}.
\]

In the covariant form, the energy-momentum tensor can be expressed by using \(\rho\) and \(p\), as follows,

\[
T_{\mu\nu}^{(m)} = (\rho + p)u_{\mu}u_{\nu} + g_{\mu\nu}p.
\]

Here \(u_{\mu}\) is the four velocity of the fluid satisfying \(u_{\mu}u^{\mu} = -1\). Then the conservation law \(0 = \nabla^{\mu}T_{\mu\nu} = 0\) can be rewritten as

\[
0 = u_{\mu}u_{\nu}\partial^{\mu}\rho + (u_{\mu}u_{\nu} + g_{\mu\nu})\partial^{\mu}p + (\rho + p)(\nabla^{\mu}u_{\mu}u_{\nu} + u_{\mu}\nabla^{\mu}u_{\nu}) .
\]

If the EoS parameter \(w\) is a constant, Eq. (49) can be rewritten as

\[
T_{\mu\nu}^{(m)} = \{(1 + w)u_{\mu}u_{\nu} + wg_{\mu\nu}\}\rho .
\]

Then the conservation law in (50) has the following form

\[
0 = \{(1 + w)u_{\mu}u_{\nu} + wg_{\mu\nu}\}\partial^{\mu}\rho + (1 + w)\rho (\nabla^{\mu}u_{\mu}u_{\nu} + u_{\mu}\nabla^{\mu}u_{\nu}) .
\]

By multiplying (50) and (52) with \(u^{\nu}\), we obtain the reduced version of conservation,

\[
0 = u^{\mu}\partial_{\mu}\rho + \nabla^{\mu}u_{\mu}(\rho + p) = u^{\mu}\partial_{\mu}\rho + (1 + w)\nabla^{\mu}u_{\mu}\rho .
\]

Under the scale transformation, \(u_{\mu}\) transforms as

\[
u_{\mu} = e^{\frac{\alpha}{2}}u_{\mu}.
\]

We also note that the connection is transformed as

\[
\Gamma^{\mu}_{\nu\rho} = \tilde{\Gamma}^{\mu}_{\nu\rho} - \frac{1}{2}\left(\delta^{\mu}_{\nu}\partial_{\rho}\sigma + \delta^{\mu}_{\rho}\partial_{\nu}\sigma - \tilde{g}_{\nu\rho}\tilde{g}^{\sigma\sigma}\partial_{\sigma}\sigma\right).
\]

Then by using (36), we find the reduced conservation law (53), again,

\[
0 = \tilde{u}^{\mu}\partial_{\mu}\tilde{\rho} + (1 + w)\tilde{g}^{\mu\nu}\tilde{\nabla}_{\mu}\tilde{u}_{\nu}\tilde{\rho} .
\]

Here \(\tilde{\nabla}_{\mu}\) is given in terms of \(\tilde{\Gamma}^{\mu}_{\nu\rho}\) in (36). We should note that we did not redefine the coordinate not as in (33).

Motivated in (27), (36), (51), and (54), we may define

\[
\tilde{T}^{(m)}_{\mu\nu} = e^{\frac{(1 + 3w)}{2}}T^{(m)}_{\mu\nu}.
\]
We should note that $\tilde{T}^{(m)}_{\mu\nu}$ satisfies the identical energy conditions (42), (43), (44), and (45) with those (28), (29), (30), and (31) for $T_{\mu\nu}$. Then we find

$$\tilde{T}^{(m)}_{\mu\nu} = g^{\mu\rho} \nabla_\mu \tilde{T}^{(m)}_{\rho\nu} = g^{\mu\rho} \left( \nabla_\mu T^{(m)}_{\rho\nu} + \frac{(1 + 3w)}{2} \partial_\mu \sigma T^{(m)}_{\rho\nu} + \frac{1}{2} \left\{ (\delta_\mu \partial_\rho \sigma + \delta_\rho \partial_\mu \sigma - g_{\mu\rho} g^{\sigma\tau} \partial_\sigma T^{(m)}_{\tau\nu} + (\delta_\mu \partial_\nu \sigma + \delta_\nu \partial_\mu \sigma - g_{\mu\nu} g^{\sigma\tau} \partial_\sigma T^{(m)}_{\tau\rho}) \right\} \right) \right)$$

$$= e^{\frac{(3 + w)}{2}} g^{\mu\rho} \left( \nabla_\mu \tilde{T}^{(m)}_{\rho\nu} + \frac{(-1 + 3w)}{2} \partial_\rho \sigma T^{(m)}_{\mu\nu} + \frac{1}{2} \partial_\nu \sigma T^{(m)}_{\mu\rho} \right) \right).$$

(58)

Therefore even if $T^{(m)}_{\mu\nu}$ is conserved, that is, $0 = \nabla_\mu T^{(m)}_{\rho\nu}$ in the Jordan frame, $\tilde{T}^{(m)}_{\mu\nu}$ does not conserved. By using (27), (28), (29), and (30), we find

$$e^{\frac{(3 + w)}{2}} g^{\mu\rho} \left( \frac{(-1 + 3w)}{2} \partial_\rho \sigma T^{(m)}_{\mu\nu} + \frac{1}{2} \partial_\nu \sigma T^{(m)}_{\mu\rho} \right) = \frac{(-1 + 3w)(1 + w)}{2} \left\{ g^{\mu\rho} \partial_\rho \sigma \tilde{u}_\mu \tilde{u}_\nu + \partial_\nu \sigma \right\} \tilde{\rho}.$$  

(59)

By multiplying $g^{\rho\sigma} \tilde{\rho}_\sigma$ with Eq. (59), we find

$$e^{\frac{(3 + w)}{2}} g^{\mu\rho} \left( \frac{(-1 + 3w)}{2} \partial_\rho \sigma T^{(m)}_{\mu\nu} + \frac{1}{2} \partial_\nu \sigma T^{(m)}_{\mu\rho} \right) g^{\rho\sigma} \tilde{u}_\rho = 0,$$

(60)

which is consistent with (59). Eq. (59) tells that $\tilde{T}^{(m)}_{\mu\nu}$ conserved in case of the radiation $(w = \frac{1}{3})$, which is scale invariant, and also in case of the cosmological constant, where $\rho$ and $p$ are invariant under the scale transformation as clear from (56).

We now consider the energy conditions of $\tilde{T}_{\mu\nu}$ in (31). Although $e^{-\sigma} T^{(m)}_{\mu\nu}$ in the r.h.s. of (31) satisfies the identical energy conditions with $T^{(m)}_{\mu\nu}$, due to the contribution from $\kappa$, $\tilde{T}_{\mu\nu}$ in (31) does not always satisfy the identical energy conditions with those of $T^{(m)}_{\mu\nu}$ (35), (36), (37), and (38). Let write the energy density and the pressure given by $\tilde{T}_{\mu\nu}$ as $\tilde{\rho}$ and $\tilde{p}$. For the FRW space-time in (32), they are explicitly given by

$$\tilde{\rho} = \kappa^2 \left( \frac{3}{2} \tilde{\sigma}^2 + V(\sigma) \right) + e^\sigma \rho, \quad \tilde{p} = \kappa^2 \left( \frac{3}{2} \tilde{\sigma}^2 - V(\sigma) \right) + e^\sigma p.$$

(61)

We should note that the potential $V(\sigma)$ can be negative in general. Eqs. (32) tells that even by the scale transformation (27), the FRW space-time is transformed into the FRW space-time, therefore, where the space-time is expanding or shrinking, and therefore the energy density $\tilde{\rho}$ should be positive,

$$\tilde{\rho} > 0,$$

(62)

which gives the lower bound for $V(\sigma)$,

$$V(\sigma) > -\frac{3\kappa^2}{2} \tilde{\sigma}^2 - e^\sigma \rho > -e^\sigma \rho.$$

(63)

Because now we have

$$\tilde{\rho} + \tilde{p} = 3\kappa^2 \tilde{\sigma}^2 + e^\sigma (\rho + p) \geq e^\sigma (\rho + p),$$

(64)

Therefore if $\rho$ and $p$ satisfy the NEC (33) and WEC (34), $\tilde{\rho}$ and $\tilde{p}$ also satisfy the Conditions. We also find

$$\tilde{\rho} + 3\tilde{p} = 2\kappa^2 \left( 3\tilde{\sigma}^2 - V(\sigma) \right) + \rho + 3p,$$

(65)

which tells that when $\rho$ and $p$ satisfy the SEC (40), $\tilde{\rho}$ and $\tilde{p}$ also satisfy the SEC if $3\tilde{\sigma}^2 > V(\sigma)$. On the other hand, because

$$\tilde{\rho} - \tilde{p} = 2\kappa^2 V(\sigma) + e^\sigma (\rho - p),$$

(66)

if $\rho$ and $p$ satisfy the DEC (41) and the potential $V(\sigma)$ is positive, $\tilde{\rho}$ and $\tilde{p}$ also satisfy the Dominant Energy Condition.
VI. THE CASE OF POWER-LAW $f(R)$ GRAVITY

Let us now assume that $f(R)$ behaves as $f(R) \propto f_0 R^m$. When we include the contributions from the matter with a constant EoS parameter $w$, if we assume the FRW universe \((32)\), the solution is given by

$$a = a_0 t^{h_0}, \quad h_0 = \frac{2m}{3(1+w)},$$

$$a_0 = \left[ -\frac{3f_0 h_0}{\kappa^2 \rho_0} (-6h_0 + 12h_0^2)^{m-1} \{(1-2m)(1-m) - (2-m)h_0 \} \right]^{-\frac{1}{3(1+w)}}. \quad (67)$$

Here $\rho_0$ is defined in \((35)\). Then the effective EoS parameter, which is given by $T_{\mu\nu}$ in \((22)\), is

$$w_{\text{eff}} = -1 + \frac{w + 1}{m}. \quad (68)$$

Then even if $w > -1$, when $m < 0$, all the energy conditions \((38), (39), (40), \) and \((41)\) are not satisfied for $T_{\mu\nu}$. Because $R$ behaves as $A = R \propto t^{\frac{1}{2}}$, $e^{-\sigma} = f'(A)$ behaves as $e^{-\sigma} \propto t^{-(m-1)}$. Then the equations in \((33)\) show that

$$\dot{t} \propto t^{-2-m}, \quad \ddot{t} \propto t^{-(m-1)+\frac{2m}{3(1+w)}} = t^{-\frac{3(m-1)w-m+3}{3(1+w)}} \propto t^{-\frac{3(m-1)w-m+3}{(2-m)(1+w)}}. \quad (69)$$

In case that the matter with the EoS parameter $w$ minimally couples with gravity, the scale factor behaves as $a \propto t^{\frac{2}{3} - \frac{w}{m}}$, which shows that the effective EoS parameter $w_{\text{eff}}^{E}$ in the Einstein frame, which is defined by using $\dot{t}$ in \((31)\), is given by

$$w_{\text{eff}}^{E} = -1 + \frac{2(2-m)(1+w)}{-3(m-1)w-m+3} = -1 + \frac{2(2-m)(1+w)}{-3w+1} > 1 + \frac{2}{3w+1} < m < 2, \quad (70)$$

Then even if $w > -\frac{1}{3}$, when

$$\frac{3(w+1)}{3w+1} = 1 + \frac{2}{3w+1} < m < 2, \quad (71)$$

we find $w_{\text{eff}}^{E} < -1$, all the energy conditions \((38), (39), (40), \) and \((41)\) are not satisfied but the inequality \((71)\) is consistent when $w > \frac{1}{3}$, which might be unnatural.

Eq. \((67)\) or \((68)\) tells that there occurs the Big Rip singularity in the Jordan frame when $m > 0$, and therefore all the energy conditions \((38), (39), (40), \) and \((41)\) are not satisfied for $T_{\mu\nu}$. We should note that the energy conditions of the matter follow the relations which have been mentioned after \((43)\):

- When $w > -1$, the NEC \((38)\) and the WEC \((39)\) are satisfied.
- When $|w| \leq 1$, the DEC \((41)\) is satisfied.
- When $w \geq -\frac{1}{3}$, the SEC \((40)\) is satisfied.

In the Einstein frame, if we define the energy-momentum tensor of the matter by \((57)\), all the energy conditions of the matter do not change from those in the Jordan frame. For the total energy-momentum $\dot{T}_{\mu\nu}$ \((31)\) in the Einstein frame, by using \((70)\), we find

- When $\frac{2(2-m)(1+w)}{-3w+1} > 0$, the NEC \((38)\) and the WEC \((39)\) are satisfied. That is,
  - If $w < -1$, $m < \frac{3(w+1)}{3w+1}$ or $m > 2$.
  - If $-1 < w < -\frac{1}{3}$, $\frac{3(w+1)}{3w+1} < m < 2$.
  - If $-\frac{1}{3} < w < \frac{1}{3}$, $m < 2$ or $m > \frac{3(w+1)}{3w+1}$.
  - If $w > \frac{1}{3}$, $m < \frac{3(w+1)}{3w+1}$ or $m > 2$.

or

- If $m < 0$, $w < -1$ or $w > -\frac{3-m}{3(1-m)}$. 
We should note that in the Einstein frame, when $\frac{2(2-m)(1+w)}{3(w+1)m+3(1+w)} < 0$, we have the phantom phase when $0 < \frac{2(2-m)(1+w)}{3(w+1)m+3(1+w)} < \frac{2}{3}$, we have quintessence phase, and when $\frac{2(2-m)(1+w)}{3(w+1)m+3(1+w)} > \frac{2}{3}$, we have the deceleratedly expanding universe.

The above results are summarized in TABLE I and TABLE II.

| TABLE I: The region satisfying the energy conditions when we vary $w$. |
|-------------------------------------------------------------|
| $w < -1$ | $m < \frac{2(1+w)}{3(w+1)}$ or $m > 2$ |
| $-1 < w < -\frac{4}{3}$ | $m = \frac{2(1+w)}{3(w+1)}$ or $m > 2$ |
| $-\frac{4}{3} < w < 0$ | $m = \frac{2(1+w)}{3(w+1)}$ or $m > 2$ |
| $0 < w < \frac{1}{3}$ | $m = \frac{2(1+w)}{3(w+1)}$ or $m > 2$ |
| $w > \frac{1}{3}$ | $m < \frac{2(1+w)}{3(w+1)}$ or $m > 2$ |
| $m < 0$, $w < -1$ or $w > \frac{1}{2m-1}$ |
| $0 < m < \frac{1}{2}$, $w > -1$ or $w < \frac{1}{2m-1}$ |
| $\frac{1}{2} < m < 1$, $-1 < w < \frac{1}{2m-1}$ |
| $1 < m < 2$, $-1 < w < \frac{1}{2m-1}$ |
| $m > 2$, $w < -1$ or $w > \frac{1}{2m-1}$ |

- If $0 < m < 1$, $w < -\frac{3-m}{3(1-m)}$ or $w > -1$.
- If $1 < m < 2$, $-1 < w < \frac{3(1-m)}{2m}$.
- If $m > 2$, $w < -1$ or $w > \frac{3-m}{3(1-m)}$.

- When $2 \geq \frac{2(2-m)(1+w)}{3(w+1)m+3(1+w)}$, the DEC is satisfied. That is,
  - If $w < -1$, $2 < m < \frac{1+w}{2w}$ or $m > 2$.
  - If $-1 < w < -\frac{1}{3}$, $\frac{1+w}{2w} < m < 2$.
  - If $-\frac{1}{3} < w < 0$, $\frac{1+w}{2w} < m < 2$.
  - If $0 < w < \frac{1}{3}$, $m = \frac{1+w}{2w}$.
  - If $w > \frac{1}{3}$, $m < \frac{1+w}{2w}$ or $m > 2$.

  or
  - $m < 0$, $w < -1$ or $w > \frac{1}{2m-1}$.
  - $0 < m < \frac{1}{2}$, $w > -1$ or $w < \frac{1}{2m-1}$.
  - $\frac{1}{2} < m < 1$, $-1 < w < \frac{1}{2m-1}$.
  - $1 < m < 2$, $-1 < w < \frac{1}{2m-1}$.
  - $m > 2$, $w < -1$ or $w > \frac{1}{2m-1}$.

- When $\frac{2(2-m)(1+w)}{3(w+1)m+3(1+w)} \geq \frac{2}{3}$, the SEC is satisfied. That is,
  - If $w < -1$, $m < \frac{3(1+w)}{2}$ or $m > 2$.
  - If $-1 < w < -\frac{1}{3}$, $\frac{3(w+1)}{3w+1} < m < \frac{3(1+w)}{2}$.
  - If $-\frac{1}{3} < w < \frac{1}{3}$, $m = \frac{3(1+w)}{2}$ or $m > \frac{3(w+1)}{3w+1}$.
  - If $w > \frac{1}{3}$, $m < \frac{3(w+1)}{3w+1}$ or $m > \frac{3(1+w)}{2}$.

  or
  - If $m < 0$, $w < -1 + \frac{2}{3} m$ or $w > -\frac{3-m}{3(1-m)}$.
  - If $0 < m < 1$, $w < -\frac{3-m}{3(1-m)}$ or $w > -1 + \frac{2}{3} m$.
  - If $1 < m < 2$, $-1 + \frac{2}{3} m < w < -\frac{3-m}{3(1-m)}$.
  - If $m > 2$, $-\frac{3-m}{3(1-m)} < w < -1 + \frac{2}{3} m$.
TABLE II: The region satisfying the energy conditions when we vary \( m \).

| \( m < 0 \) | NEC, WEC | DEC | SEC |
|---|---|---|---|
| \( w < -1 \) or \( w > -\frac{3-m}{3(1-m)} \) | \( w < -1 \) or \( w > -\frac{3-m}{3(1-m)} \) | \( w < -1 + \frac{2}{3}m \) or \( w > -\frac{3-m}{3(1-m)} \) | \( \emptyset \) |
| \( 0 < m < \frac{1}{2} \) | \( w < -\frac{3-m}{3(1-m)} \) or \( w > -1 \) | \( w > -1 \) or \( w < -\frac{1}{2m-1} \) | \( w < -\frac{3-m}{3(1-m)} \) or \( w > -1 + \frac{2}{3}m \) |
| \( \frac{1}{2} < m < 1 \) | \( w < -\frac{3-m}{3(1-m)} \) or \( w > -1 \) | \( -1 < w < -\frac{1}{2m-1} \) | \( w < -\frac{3-m}{3(1-m)} \) or \( w > -1 + \frac{2}{3}m \) |
| \( 1 < m < 2 \) | \( -1 < w < -\frac{1}{2m-1} \) | \( -1 < w < -\frac{1}{2m-1} \) | \( -1 + \frac{2}{3}m < w < -\frac{3-m}{3(1-m)} \) |
| \( m > 2 \) | \( w < -1 \) or \( w > -\frac{3-m}{3(1-m)} \) | \( w < -1 \) or \( w > -\frac{1}{2m-1} \) | \( -1 + \frac{2}{3}m < w < -\frac{3-m}{3(1-m)} \) |

We have considered the case that \( f(R) \) behaves as \( f(R) \propto f_0 R^m \), which may be realized in some limit or any extremal circumstance as in the early universe like inflation. Not in such an extremal case, if \( f(R) \) is a smooth function of \( R \), for example, \( f(R) \sim e^{\alpha R} \) and we consider the era when \( R = R_0 \) in the background, we can expand \( f(R) \) around the background curvature \( R_0 \) as follows,

\[
f(R) = f(R_0) + f'(R_0)(R - R_0) + \mathcal{O}\left((R - R_0)^2\right).
\]

The terms of \( \mathcal{O}\left((R - R_0)^2\right) \) are subdominant and we may neglect them. Then we can identify \( f(R_0) = f'(R_0)R_0 \) as a cosmological constant and \( f'(R_0) \) as the inverse of Newton’s gravitational constant. Therefore the gravity can be described by the Einstein gravity and therefore the energy conditions are not changed from those in the Einstein gravity. Of course, if we include \( \mathcal{O}\left((R - R_0)^2\right) \) corrections, there could be small deviation of the effective energy conditions.

In the Einstein frame, when \( f(R) = f_0 R^m \), Eq. (\ref{eq:1}) gives the following potential,

\[
V(\sigma) = \frac{m-1}{m^2 f_0^{2m-1}} e^{\frac{m-2}{m-1} \sigma}.
\]

Then if we define \( \tilde{\rho} \) and \( \tilde{p} \) by \( \tilde{\rho} = \rho \) and \( \tilde{p} = p \), the energy conditions \( \ref{eq:27}, \ref{eq:28}, \ref{eq:29}, \) and \( \ref{eq:30} \) for \( \tilde{\rho} \) and \( \tilde{p} \) do not changed from the energy conditions \( \ref{eq:27}, \ref{eq:28}, \ref{eq:29}, \) and \( \ref{eq:30} \) for the original energy density \( \rho \) and pressure \( p \). Therefore in the Einstein frame, as in the Einstein gravity, we have NEC when \( w > -1 \), DEC when \( |w| \leq 1 \), and SEC when \( w \geq -\frac{4}{3} \).

As a concrete example, we consider the case that the matter is dust with \( w = 0 \), where all the energy conditions for the matter energy-momentum tensor \( T^{(m)}_{\mu\nu} \) in the Jordan frame and \( T^{(m)}_{\mu\nu} \) in the Einstein frame are satisfied. Eq. (\ref{eq:36}) or (\ref{eq:37}) tells that if \( m \) is negative, there is a Big Rip singularity at \( t = 0 \) in the Jordan frame. This tells the dark energy-momentum tensor \( T^{DE1}_{\mu\nu} \) in (\ref{eq:38}) or \( T^{DE1}_{\mu\nu} \) in (\ref{eq:38}) in the Jordan frame does not satisfy any energy condition. As clear from the above analysis, even if \( m < 0 \), all the energy conditions can be satisfied for the total energy momentum tensor \( T_{\mu\nu} \) in (\ref{eq:39}) in the Einstein frame. We should note that Eq. (\ref{eq:37}) tells the time for the Big Rip singularity in the Jordan frame, \( t = 0 \), corresponds to \( t \to \infty \) and there does not occur the singularity in the finite time in the Einstein frame. See also \( \ref{eq:37} \).

VII. DISCUSSION AND CONCLUSIONS

The role of energy conditions is crucial to define self-consistent and physically motivated theories of gravity. Specifically, any fluid assumed as source of the field equations has to be compatible with causal and geodesic structure of space-time so then energy conditions can be seen as a sort of “selection rule” for viable relativistic theories. In the case of ETGs, the further degrees of freedom related to geometric invariants and scalar fields can be represented as contributions in the effective stress-energy tensor. This means that, also by preserving the physical meaning of energy conditions, dynamics can be affected and modified with respect to the standard GR because the stress-energy tensor results modified with respect to the one of standard matter.

In this paper, we have considered energy conditions in \( f(R) \) cosmology. The main role for the discussion is played by the definition of the stress-energy tensor that can be defined in the Jordan and in the Einstein frame under a conformal
transformation. The further degrees of freedom of \( f(R) \) gravity can be modeled out as a scalar field that modifies the energy-matter content and the affects the dynamics. In particular, we showed that dark energy behaviors, and then generalization of EoS giving rise to accelerated (repulsive) gravity are compatible with energy conditions that, in any case, preserve causality and geodesics structure. Specifically, in the case of power-law generalization of EoS giving rise to accelerated (repulsive) gravity are compatible with energy conditions that, in any energy-matter content and the affects the dynamics. In particular, we showed that dark energy behaviors, and then the form of (76) can be fixed in a model independent way. Starting from Eq. (75), we get

\[
\frac{d\theta}{d\tau} = -\theta^2 - \sigma_{\mu\nu}w^{\mu\nu} - R_{\mu\nu}\xi^\mu\xi^\nu. \tag{74}
\]

Here \( \xi^\mu = dx^\mu / d\tau \) is a tangent vector, \( \theta, \sigma^{\mu\nu}, w^{\mu\nu} \) are the expansion, the shear and the twist of the congruence of geodesics respectively; \( \tau \) is the proper time of an observer moving along a geodesic. According to this approach, it is possible to define a function \( M_{\xi^\mu} \equiv -R_{\mu\nu}\xi^\mu\xi^\nu \) which is related to the geodesic focusing. The sign of such a function is crucial: for \( M_{\xi^\mu} > 0 \), we have geodesic defocusing; for \( M_{\xi^\mu} < 0 \), there is geodesic focusing, for \( M_{\xi^\mu} = 0 \) there is no contribution. For example, according to the notation in \([32]\), where \( f(R) = R + f(R) \), the SEC is satisfied if

\[
M_{\xi^\mu} \leq \frac{Rf' - f + (\nabla^\mu \nabla_\alpha - 2\xi^\mu \xi^\nu \nabla_\mu \nabla_\nu) f'}{2(1 + f')},
\]

and then the form of \( f(R) \) results constrained. Furthermore, more precise constraints can come from cosmography. In fact, being the cosmographic parameters Hubble \( H \), deceleration \( q \), jerk \( j \), and snap \( s \) parameters, defined as

\[
H = \frac{\dot{a}}{a}, \quad q = -\frac{1}{H^2} \frac{\dddot{a}}{a}, \quad j = \frac{1}{H^3} \frac{\dddot{a}}{a}, \quad s = \frac{1}{H^4} \frac{\dddot{a}}{a},
\]

it is worth to define the Ricci scalar and its derivatives in FRW metric as:

\[
R = 6H^2(1 - q), \quad \dot{R} = 6H^3(j - q - 2), \quad \ddot{R} = 6H^4(s + q^2 + 8q + 6). \tag{77}
\]

According to observations \([1, 5]\), the cosmographic parameters \((76)\) can be fixed in a model independent way. Starting from Eq. \(75\), we get

\[
M_{\xi^\mu,\text{FRW}} \leq \frac{-f/2 + c_1 f' + c_2 f'' + c_3 f'''}{1 + f'}, \tag{78}
\]

where primes indicate derivative with respect to \( R \). The coefficients \( c_i \) can be related to cosmography as

\[
c_1 = 3(1 - q)H^2, \\
c_2 = -9(s + j + q^2 + 7q + 4)H^4, \\
c_3 = -54(j - q - 2)^2H^6. \tag{79}
\]

Eq. \(78\) fixes the range of possible \( f(R) \) models according to the SEC as soon as the set of numbers \( \{H, q, j, s\} \) is given by the observations.

Besides, theoretical and observational constraints can come from other physical requirements like the absence of ghost modes, gravitational wave constraints, compatibility with fifth force and large scale-structure, see for example \([60, 63]\).

In a forthcoming paper, this approach will be developed for other ETGs and confronted to the observations.

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