Circulating miR-660-5p is associated with the no-reflow phenomenon in patients with ST segment elevation myocardial infarction undergoing primary percutaneous coronary intervention

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**Abstract**

Background: The no-reflow phenomenon (NRP) is an important factor affecting the prognosis of patients with acute myocardial infarction undergoing primary percutaneous coronary intervention (PPCI). This study aims to investigate the association of circulating miR-660-5p with NRP in patients with ST segment elevation myocardial infarction (STEMI) undergoing PPCI.

Methods: Consecutive patients diagnosed with anterior STEMI within 12 h of pain onset were included in the study; in these patients, coronary angiography confirmed that the infarct-related artery was the left anterior descending (LAD) artery. Angiographic NRP was defined as a final TIMI flow of 2 or a final TIMI flow of 3 with a myocardial blush grade (MBG) < 2. High miR-660-5p was defined as a value in the third tertile. The relationship of circulating miR-660-5p with NRP was assessed using Spearman correlation analysis and multiple logistic regression analysis.

Results: Fifty-two eligible patients were finally included in this study (mean age: 56±12.4 years, >65 years: 53.8%, male: 76.9%, and mean BMI: 26.3±3.5). The incidence of NRP was 38.5%. Circulating miR-660-5p was significantly related to the mean platelet volume (MPV). Patients were divided into tertiles by miR-660-5p levels (Q1: ≤ 7.18, Q2: 7.18-11.31, Q3: > 11.31). Patients in the high microRNA-660-5p group had almost a 6-fold higher risk of NRP than those in the low microRNA-660-5p group [(odds ratio (OR)=5.68, 95% confidence interval (CI) 1.40-23.07, p=0.015). When analysed by tertiles, consistent trends of an increasing relative odds of NRP were reported (OR1 for Q2 VS. Q1: 1.25, 95% CI: 0.27-5.73, p=0.77; OR2 for Q3 VS. Q1: 5.96, 95% CI: 1.33-26.66, p=0.02), even after multivariable adjustment. Receiver operating characteristic curve analysis demonstrated that the microRNA-660-5p level of 10.17 was the best cut-off level to predict the incidence of the no-reflow phenomenon in patients undergoing primary percutaneous coronary intervention with an area under the curve (AUC) of 0.768 (95% CI: 0.636-0.890).

Conclusion: Circulating miR-660-5p was significantly associated with NRP, and it may be a useful biomarker to predict the incidence of NRP in patients with STEMI undergoing PPCI.

**Background**

The China PEACE study has shown that the number of patients with acute myocardial infarction (AMI) undergoing primary percutaneous coronary intervention (PPCI) has increased significantly over the past 10 years in China. However, there was no significant improvement in in-hospital mortality in patients with AMI [1]. One of the important reasons for this poor prognosis was the occurrence of the no-reflow phenomenon (NRP) during PPCI. Nearly 40% of patients with ST segment elevation myocardial infarction (STEMI) did not obtain complete myocardial reperfusion by ST segment resolution or myocardial staining grading (MBG) analysis despite successful treatment of the culprit lesion [2-3]. NRP is a phenomenon in which effective blood perfusion cannot be obtained in ischaemic myocardium after opening of the occluded vessels combined with the existence of a mechanical obstruction such as a coronary dissection, embolism, thrombus, coronary spasm or stenosis. Previous studies have confirmed that NRP
is closely associated with in-hospital mortality, malignant arrhythmias and heart failure [4-6]. The causes of NRP are extremely complex, and it is an urgent scientific problem to explore its pathogenesis and seek effective intervention.

MicroRNAs (miRNAs) are important posttranscriptional regulators of numerous biological processes including cell growth, proliferation, differentiation, and apoptosis [7]. Recently, many studies have reported that circulating microRNAs can be considered biomarkers in cardiovascular disease [8]. miR-660-5p, a member of the microRNA family, has been shown to be positively associated with adverse cardiovascular outcomes in patients with STEMI [9]. Overexpression of miR-660 increased the production of active platelets in vitro [10], indicating a potential role in NRP. However, there are no reports on the correlation between circulating miR-660-5p and NRP during PPCI. The purpose of this study is to investigate the association of circulating miR-660-5p levels with the no-reflow phenomenon (NRP) in patients with STEMI undergoing PPCI.

Methods

From June 2017 to May 2018, we recruited patients diagnosed with anterior STEMI who were treated with PPCI within 12 h of pain onset. STEMI was diagnosed based on prolonged chest pain (>30 min) and ST segment elevation > 0.2 mv in two or more adjacent leads [11]. Patients were finally included when coronary angiography confirmed that the infarct-related artery (IRA) was the left anterior descending artery. Patients who met the following criteria were excluded: age > 85 years, previous myocardial infarction and PCI history, long-term oral anticoagulant drug treatment, acute infections, malignancy, severe liver and kidney dysfunction, chronic inflammatory diseases, and overt heart failure (Killip III or IV). All patients were treated with aspirin (300 mg) and clopidogrel (600 mg) on admission. The study was approved by the Anzhen Hospital Institutional Ethics Review Board, and all patients agreed to have their blood evaluated for scientific purposes.

The PPCI operation and perioperative medication administration were performed in accordance with the relevant clinical guidelines [12-13]. All PPCI operations were performed with 6- or 7-Fr guiding catheters through a transradial approach. A bolus of 70-100 IU/kg of heparin was given. Pre-dilatation was performed if necessary, and second-generation drug eluting stents were directly implanted whenever possible. The type of stent was determined by the operator. Only the LAD artery was treated, and non-IRAs were treated after 3 months if necessary. A glycoprotein IIb/IIIa inhibitor and thrombus aspiration device were used at the discretion of the operator. Intracoronary nitrate was always given after revascularization. We defined angiographic no-reflow as a final TIMI flow of 2 or a final TIMI flow of 3 with a myocardial blush grade (MBG) < 2 [14]. The success of PPCI was defined as < 30% residual stenosis after recanalization of the LAD artery. High miR-660-5p was defined as a value in the third tertile.

Venous peripheral blood was collected before PPCI and centrifuged at 3500 g for 5 min. After that, it was stored at -80°C in a centrifuge tube without RNA enzymes. The total RNA was extracted using an Ultrapure RNA extraction kit (Cat#CW0581, CWbio. Co. Ltd., China). A total of 5 µg of RNA was subjected
to 1% agarose gel electrophoresis to determine the RNA integrity. A total of 1 μg of the original total RNA samples with a miRNA First Strand Synthesis Kit (Cat# CW2141, CWbio. Co. Ltd., China) was used for reverse transcription. The upstream primer of miR-660-5p was 5-TACCCATTGCATATCGGAGT-3, the downstream primer was 5-GCCAACCGAGAAGATGATG-3, the upstream primer of U6 was 5-GCTTGCAGCATCATACTAAAATAAT3, the downstream primer was 5-GCTTCACAATTGGCGTGTCATCATCATCAT3, and the internal parameter was U6. An ABI7500 fluorescence quantitative PCR instrument and miRNA Real-Time PCR Assay Kit (Cat# CW2142, CWbio. Co. Ltd., China) were used for real-time quantitative PCR. The qPCR procedure was performed at 95°C for 10 min followed by 40 cycles of 95°C for 15 s and 60°C for 60 s. The operation was performed according to the manufacturer's protocol [15]. The \(2^{-\Delta\Delta CT}\) method was used to calculate the relative expression of RNA samples.

Statistical analysis

Continuous data are displayed as the mean ± standard deviation (SD). Groups of continuous data were compared by one-way analysis of variance (ANOVA) or the Kruskal-Wallis \(H\) test if it did not conform to the normal distribution. The association between circulating miR-660-5p and other parameters was determined by Pearson's test or Spearman's test. Multivariable logistic regression analysis was applied to verify the association of circulating miR-660-5p with NRP. Variables with an unadjusted \(p\)-value < 0.1 in the univariate analysis that were known to have a significant effect on NRP were entered into the multivariate model. All statistical analyses were performed using SPSS 24.0 software (IBM Corp., Armonk, NY, USA). A \(p\)-value < 0.05 was required for statistical significance, and all tests were two-tailed.

Results

Fifty-two eligible patients were included in this study. Table 1 shows the baseline characteristics of patients according to the tertiles of miR-660-5p levels. The mean age was 56 years ± standard deviation (SD): 12.4. Approximately 53.8% of patients were older than 65 years, and 76.9% of them were male. The mean BMI was 26.3 kg/m\(^2\) (SD: 3.5). The incidence of NRP was 38.5%. Patients were divided into tertiles by miR-660-5p levels (Q1: \(\leq\) 7.18, Q2: 7.18-11.31, Q3: > 11.31). A high miR-660-5p level was defined as a value in the third tertile (> 11.31), while a low microRNA-660-5p level was defined as a value in the lower two tertiles (\(\leq\) 11.31). Compared with the lower tertile group, patients in the higher tertile group had a significantly higher mean platelet volume (MPV). There was no significant difference between the other variables. Table 2 displays the characteristics of coronary artery lesions and the procedural characteristics of PPCI. Ninety-four percent of patients with TIMI 0/1 grade on admission were admitted. Since 53.8% of the patients used tirofiban, only 2 patients underwent thrombus aspiration. Nearly half of the target lesions were at the proximal LAD artery. The incidence of angiographic NRP was 38.5%. Patients with higher microRNA-660-5p levels had a significantly higher incidence of NRP (Figure 1).

As shown in Table 3, patients with higher microRNA-660-5p levels had a higher risk of NRP than those with lower microRNA-660-5p levels [odds ratio (OR) =1.30, 95% confidence interval (CI) 1.10-1.56,
In the multivariable analysis, microRNA-660-5p remained a strong predictor of angiographic NR (OR=1.34, 95% CI 1.10-1.63, p=0.004) after adjusted age, sex, and BMI, current smoker, hypertension, diabetes and statin. Patients with higher microRNA-660-5p levels had an almost 6-fold higher risk of coronary no-reflow than those with lower microRNA-660-5p levels (OR=5.68, 95% CI 1.40 to 23.07, p=0.015). When analysed by tertiles, consistent trends of increasing relative odds of angiographic NR were reported (OR1 for Q2 VS. Q1: 1.25, 95% CI: 0.27-5.73, p=0.77; OR2 for Q3 VS. Q1: 5.96, 95% CI: 1.33-26.66, p=0.02).

We also observed a significant correlation between miRNA-660-5p and MPV (P<0.001), while there was no correlation with other markers measured on admission (Table 4, Figure 2).

As shown in Figure 3, the receiver operating characteristic (ROC) curve analysis demonstrated that microRNA-660-5p had moderate accuracy for predicting the incidence of the no-reflow phenomenon in patients undergoing primary percutaneous coronary intervention. The area under the ROC curve (AUC) was 0.768 (95% CI 0.636-0.890; P=0.001). The best microRNA-660-5p level for predicting the no-reflow phenomenon in patients undergoing primary percutaneous coronary intervention was 10.17, which exhibited the highest sensitivity (70%) and specificity (75%).

**Discussion**

To our knowledge, this is the first study to report that circulating miR-660-5p was significantly associated with NRP in patients with STEMI undergoing PPCI. Moreover, we also found that miR-660-5p was closely related to MPV. Many studies have shown that several microRNAs may be involved in coronary plaque rupture and local thrombus formation. Since serum is easily measured, microRNAs may serve as disease biomarkers of AMI [16]. miR-660-5p may have promise as a biomarker of NRP.

miR-660-5p has been shown to be significantly associated with adverse cardiovascular outcomes (cardiogenic death or recurrent myocardial infarction) in patients with STEMI, and it is an independent predictor of major adverse cardiovascular events (MACE) in patients with STEMI [9]. However, the pathogenetic mechanisms, particularly how to regulate the no-reflow phenomenon, remain unclear.

Although the pathophysiology of NRP is not completely understood, several theories including reperfusion injury, distal thromboembolism with PCI, microvascular arterial spasm, and endothelial dysfunction have been proposed [17]. It is well recognized that platelets play a key role in the occurrence of NRP. As platelet turnover is increased in STEMI, newly formed platelets with transient expression of an inducible COX-2 enzyme may be released into the circulation, leading to thromboxane A2 production in amounts sufficient to initiate platelet aggregation [18]. Several studies have shown that there is a significant correlation between platelet aggregation and coronary microvascular blood flow reduction [19]. This increased platelet volume has been linked to impaired reperfusion and more frequent NRP in patients treated with PPCI [20]. Oxidative stress has also been linked to the development of microvascular obstruction. Specifically, sustained levels of NOX2, the catalytic subunit of NADPH oxidase that is...
released by platelet activation, result in a vicious cycle of platelet aggregate stabilization and thrombus
growth that contributes to CNR [21]. Huczek et al. found that patients with higher platelet reactivity
assessed by PFA-100 had a significantly higher percentage of angiographic NRP [22]. Aurigemma C et al.
reported that platelet activation in patients with coronary artery microvascular occlusion (MVO) was
significantly higher than that in patients with complete myocardial reperfusion [23]. Thromboxane A2
(TXA2) is not only an important medium for platelet activation and aggregation but also an important
medium for platelet-induced coronary artery contraction. Giampaolo Niccoli et al. thought that the plasma
TXA2 level was an independent predictor of coronary angiography NR and lack of ST segment resolution
after PPCI [24]. miR-660-5p has been reported to increase the production of active platelets in experimental
studies [10]. Moreover, miR-660-5p has a positive effect on megakaryopoiesis and the output of activated
platelets [25]. miR-660-5p has been speculated to regulate 2644 high confidence targets [26], among which
genes of the "enzyme-linked receptor signal pathway", "HDAC class I mediated signal event" and
"glycosphingolipid biosynthesis" were significantly enriched. Nineteen genes including GATA1, TAL1,
TESC and IL-11, which are well-known regulators of megakaryocyte differentiation, are considered to be
regulatory genes of megakaryopoiesis. Overexpression of miR-660-5p can make the colony forming unit
(CFU)-MKs increase by 3.2 times and the percentage of hyperploid cells increase from 4% in the control
group to 11% in the overexpression group [10]. Although miR-660-5p could not increase the total number
of cells, it increased the proportion of polyploid cells and the number of activated platelets. Thus,
miRNA-660-5p may play a role in NFP with increased production of active platelets.

Moreover, we also found that miR-660-5p was closely related to MPV. The incidence of NRP after PPCI
was significantly higher in patients with a high MPV (≥ 10.3 fl) than in patients with a low MPV (< 10.3 fl)
[20]. Furthermore, MPV was significantly associated with coronary no-reflow and mortality. Larger platelets
are more active in metabolism and enzymes than smaller platelets. Several studies have shown that
larger platelets produce more prothrombotic factors and more dense granules and aggregate
preferentially and more rapidly [27].

In summary, these findings suggest that circulating miR-660-5p is of value in NRP. miR-660-5p may play a
role in NRP with increased production of active platelets and MPV. It may be considered for early
evaluation of NRP in PPCI. Moreover, these findings indicate that incorporating circulating miR-660-5P
levels into clinical decision making has the potential to guide treatment more accurately. Therefore,
further studies to identify the optimal cut-off values and to clarify possible other mechanisms are
necessary.

There were some limitations in this study. First, the sample size was small; thus, larger sample size,
 multicentre, prospective studies are needed to confirm our results. Second, the lack of collection and
analysis of miR-660-5p levels in a normal population may make our study less rigorous. Third, the
potential mechanism of the correlation between miR-660-5p and NRP has not been elucidated and needs
to be fully clarified through further basic research. Finally, because our study was an observational cohort
study, there might be some confounding factors that have not been collected and adjusted, such as intraoperative medication.

**Conclusion**

In conclusion, circulating miR-660-5p was significantly associated with NRP in patients with STEMI undergoing PPCI, and it may be a useful biomarker to predict the incidence of NRP in patients with STEMI undergoing PPCI.

**List Of Abbreviations**

AMI: acute myocardial infarction; PPCI: primary percutaneous coronary intervention; NRP: no-reflow phenomenon; STEMI: ST segment elevation myocardial infarction; MBG: myocardial staining grading; miRNAs: MicroRNAs; IRA: infarct-related artery; MACE: major adverse cardiovascular events; BMI: Body Mass Index; TIA: transient ischemic attacks; BNP: brain natriuretic peptide; FBG: fasting blood glucose; TG: Triglyceride; LDL-C: Triglyceride; HDL: High density lipoprotein; TCHO: Total cholesterol; HGB: Hemoglobin; WBC, white blood cell count; PLT, platelet count; MPV: Mean platelet volume; TnT peak, Troponin T peak; CK-MB: creatine kinase-MB; CRP: C-reactive protein; LVEF: left ventricular ejection fraction; ACEI: Angiotensin-Converting Enzyme Inhibitors; ARB: angiotensin receptor blocker; OR: odds ratio; CI: confidence interval

**Declarations**

**Ethics approval and consent to participate**

This study was approved by anzhen Hospital institutional medical ethical committee. All patients provided written informed consent.

**Consent for publication**

Not applicable.

**Availability of data and materials**

The datasets analyzed during the current study are available from the corresponding author on reasonable request.

**Competing interests**

The authors declare that they have no competing interests.

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Authors' contributions

Jianwei Zhang and Lingjie He designed the experiments; Jianwei Zhang and chengping hu performed the experiments; Jianwei Zhang and Yingxin Zhao analyzed the experimental results and wrote the manuscript. Both authors read and approved the final manuscript.

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**Figures**
Figure 1

Comparison of miR-660-5p levels according to angiographic no-reflow phenomenon
Figure 2

Correlation between miR-660-5p levels and mean platelet volume

$r=0.567$, $p < 0.0001$
Figure 3

Receiver operating characteristic (ROC) curves of microRNA-660-5p as a marker to predict no-reflow phenomenon

AUC=0.768
(95%CI 0.636-0.890; P=0.001)