ABSTRACT. Governing equations of dissipative generalized solid mechanics are derived by thermodynamic methods in the Piola-Kirchhoff framework using the Liu procedure. The isotropic small strain case is investigated in more detail. The connection to the Ginzburg-Landau type evolution, dual internal variables, and a thermodynamic generalization of the standard linear solid model of rheology is demonstrated. Specific examples are chosen to emphasize experimental confirmations and predictions beyond less general approaches.

1. INTRODUCTION

Conventional theories of continua do not provide the description of a microstructural influence because material elements are considered as indistinct pieces of matter. Generalized continuum theories (higher-order or higher-grade) are first examples of what has been proposed to describe the macroscopic behavior of materials with inner material structure. Though their constitutive structure is restricted by the second law of thermodynamics, the contribution of small-scale events to entropy fluxes and sources is still not completely investigated.

Governing equations of generalized continuum mechanics can be obtained by different ways. The four most widely accepted approaches are the following: the variational approach by Mindlin [1], the microhomogenization procedure by Eringen an Suhubi [2], the virtual power method by Germain [3] and the Galilean invariance based considerations of Eringen [4, 5].

Mindlin [1] derived governing equations in the small strain approximation with the help of a variational principle analogous to that in ideal elasticity. In his theory of microdeformations, Mindlin introduced kinetic and potential energy for both micro- an macro-displacements as well as a tensor characterizing micro-inertia. In the Mindlin theory, the potential energy density is a quadratic function of the macro-strain, the relative strain, and the micro-deformation gradient. With this variational foundation, the Mindlin theory is an idealized one, which does not include any dissipation.

In their approach to generalized continua, Eringen and Suhubi [2, 5] did not start from a variational principle. They obtained an evolution equation of the micro-strain extending mechanical concepts of inertia, stress, strain, and energy onto the microlevel and calculating velocity moments of the microevolution of the momentum. The zeroth moment of the mesoscopic momentum balance results in the macroscopic Cauchy equation and the first moment gives the evolution equation of the micromomentum. In their constitutive theory, Eringen and Suhubi consider the microdeformation and the gradient of the microdeformation as general internal
variables and calculate the entropy production accordingly. They obtained the following expression for the entropy production $T \Delta$ (5.13):

$$T \Delta = q_i \partial_i \log T + (\tau_{ij} - \tilde{\tau}_{ij}) \partial_i v_j + (s_{kl} - \tau_{kl} - \tilde{\sigma}_{kl}) \nu_{kl} + $$

$$+ (\mu_{klm} - \tilde{\mu}_{klm}) \partial_m \nu_{kl} - \rho \zeta_a \dot{\xi}_a \geq 0.$$  \hspace{1cm} (1)

Here $q_i$ is the heat flux, i.e. flux of the internal energy density, $T$ is the temperature, $\tau_{ij}$ is the stress, $\rho$ is the matter density, $s_{ij}$ is the relative stress, $\nu_{ij}$ is the microvelocity gradient, $\mu_{ijk}$ is the double stress, the derivative of the free energy with respect to the microdeformation gradient. Tilde denotes the reversible, nondissipative parts of the corresponding quantities. Further, $\tilde{\sigma}_{ij} = \tilde{\tau}_{ij} - \tilde{\sigma}_{ij}$ is the reversible microstress, the derivative of the free energy with respect to the microdeformation. Equation (1) defines $\tilde{\sigma}_{ij}$, the reversible relative stress, too. The last term gives the entropy production due to additional internal variables $\xi_a$, $a = 1, .., n$, and $\zeta_a$ denotes the related intensive variable, the derivative of the entropy density with respect to $\xi_a$. Here the notation of derivatives and indices follow Mindlin as far as it was possible. Remarkable is that the Eringen-Suhubi theory defines the entropy flux in its classical form $J_i = q_i / T$.

The second method of Eringen starts from the energy balance and derives the additional balances from the requirement of Galilean invariance [4, 5, 6]. However, the final equations and the constitutive theory is identical with the previous case.

As we can see, the descriptions of generalized continua are weakly nonlocal from the beginning because the gradient of the microdeformation is introduced as a state variable. This is true also for the third approach that uses the principle of virtual power in order to derive the evolution equation of the microdeformation. The virtual power method is essentially dealing with statics. Dynamics in this method is introduced by an assumption that inertia is connected to virtual displacements directly [3, 7] or with the help of dissipation potentials. In the first case, the dissipation requires separate considerations. In the second case, the dissipation is introduced together with inertial terms.

Let us underline some common properties of above mentioned approaches:

1. The connection of new microstructural variables to mechanical effects has a kinematic background. However, the microdeformation can be originated in different structural changes (e.g. microcracking), which is not necessarily connected to energy alterations due to the change of a Riemann geometry of the material manifold.

2. The evolution equations of microstructural variables are originated in mechanics. Variational principles, moment series development as well as virtual power with dissipation potentials are mechanical concepts. In the derivation of the governing equations the dissipative effects are considered as secondary and frequently disregarded.

3. The entropy flux has the same form as that in the simplest case of Cauchy continua.

4. In all these approaches, it is customary to introduce internal variables independently of the microdeformation, representing already identified structural changes of continua, e.g. damage or cracking [8, 9].

Intuitively, it is natural to expect that the microstructure affects also dissipative phenomena. It is needed, therefore, to investigate in detail how dissipation effects are described by generalized continuum theories.
The response of materials to external loads can be expressed explicitly as a functional \([10]\). On the other hand, additional internal variables can be introduced to define this functional in an implicit manner by means of their evolution equations.

It is well known, that variational principles may exist for a dissipative evolution, but they are not of the usual Hamiltonian kind. At best, they need to be modified because they do not work without any further ado \([11, 12, 13]\). Regarding the homogenization technics of Eringen and Suhubi for internal variables \([2]\), it should be noted that there is no primary microscopic candidate for an evolution equation, therefore their method cannot be applied beyond the kinematic determinations. Direct statistical or kinetic theory related calculations (as for example \([14]\)) would require a particular microstructure and an interpretation of the internal variable. The original approach of mesoscopic theory, motivated by mixtures, does not require a very detailed mesoscopic interpretation, but the treatment of dissipative phenomena is not complete there \([15, 16]\). Finally, regarding the third treatment, the principle of virtual power is a mechanical concept, and internal variables (if any) are not related to any kind of spacial changes of continua.

It is known, that there are two alternate approaches to obtain the evolution equations of internal variables directly. The thermodynamic approach is related to internal variables of state and the variational one is regarded to dynamic degrees of freedom, respectively \([17, 18]\). In the thermodynamic approach, the entropy production is calculated considering additional constraints (e.g. balances), and the evolution of internal variables is determined as a part of the constitutive theory by means of the dissipation inequality. Evolution equations obtained in such a way contain typically only first order time derivatives \([19]\). The most important issues here are the stability of the weakly nonlocal extension (see critical remarks in \([20]\)), the thermodynamic consistency, and seemingly missing boundary conditions. In the case of dynamic degrees of freedom, a Hamiltonian variational principle is applied to the nondissipative part of the evolution, and the dissipative contribution is calculated by dissipation potentials.

Recently, it was shown that one can get a unified description of the two methods introducing weakly nonlocal dual internal variables \([21]\). Then the exact and constructive exploitation of the entropy inequality, e.g. the Liu procedure, combined with an Onsagerian linear approximation of constitutive functions leads to completely solvable constraints. An essential ingredient of the approach of dual internal variables is the observation that in the case of higher-order gradient theories, gradients of constraints of the entropy inequality are constraints on the constitutive state space \([22, 23, 24]\).

It has been observed recently \([25]\) that the structure of the dual internal variable system of evolution equations in the nondissipative case corresponds exactly to the evolution equation in the Mindlin theory. In this case, one of the internal variables can be interpreted as the microdeformation and another as the conjugated momentum. It is worth to extend the dual internal variable approach to a broader class of materials taking into account dissipative effects. This suggests a more general procedure to construct evolution equations than in \([21]\). The corresponding procedure is presented in the paper. It consists in the extension of the state space, the formulation of constraints, the application of the Liu procedure to the entropy inequality, the solution of obtained Liu equations, and the specification of a general form of evolution equations for internal variables following from linear relationships.
between thermodynamic fluxes and forces. The relation to linear viscoelasticity, to
the pattern formation equations of the Ginzburg-Landau-type, and to the standard
linear solid model is demonstrated in the small-strain approximation. The same ap-
proximation is used to point out the extension of generalized continua descriptions
onto dissipative materials and microstructural thermal effects.

2. CONSTRUCTION OF EVOLUTION EQUATIONS

2.1. Balance laws. We start with the formulation of thermodynamic constraints
for continuum mechanics with dual internal variables in the Piola-Kirchhoff frame-
work (PK frame). In this way the following calculations are technically easier.

The balances of momentum and energy can be represented as follows:
\begin{align*}
\rho_0 \dot{v}_i - \partial_j t_{ij} &= 0, \quad (2) \\
\rho_0 \dot{e} + \partial_i q_i &= t_{ij} \partial_j v_i, \quad (3)
\end{align*}

where \( \rho_0 \) is the matter density, \( v_i \) is the velocity field, \( t_{ij} \) is the first Piola-Kirchhoff
stress, \( e \) is the specific internal energy and \( q_i \) is the flux of internal energy density
in the PK frame. The dot denotes the material time derivative, which is a partial
time derivative on the material manifold. \( \partial_j \) denotes the (material) space derivative.
The Einstein summation rule is applied for repeated indices. Our index notation
is abstract, does not refer to any particular system of coordinates, and denotes the
tensorial degree and contractions in accordance with the traditional coordinate free
treatment in continuum mechanics [26]. In the notation we use uniformly lowercase
indices, i.e. do not distinguish between material and spatial indices and vectors and
covectors. This way it is easier to follow calculations, and examples are considered
in the small strain approximation where the differences are negligible.

The balances are introduced without source terms, the momentum and the total
energy are conserved, because source terms are irrelevant in a constitutive the-
ory. The relation between the deformation gradient \( F_{ij} \) and the velocity field is
considered as a constraint:
\begin{equation}
\dot{F}_{ij} - \partial_j v_i = 0. \quad (4)
\end{equation}

Evolution equations of the internal variables \( \psi_{ij} \) and \( \beta_{ij} \) are formally represented
as
\begin{align*}
\dot{\psi}_{ij} + f_{ij} &= 0, \quad \dot{\beta}_{ij} + g_{ij} = 0, \quad (5)
\end{align*}

where the constitutive functions \( f_{ij} \) and \( g_{ij} \) depend on the whole set of state vari-
ables. Here the notation of Mindlin was applied for the first internal variable, \( \psi_{ij} \),
which is the microdeformation there [1].

The entropy inequality is given as follows:
\begin{equation}
\rho_0 \dot{s} + \partial_i J_i \geq 0, \quad (6)
\end{equation}
where \( s \) is the specific entropy and \( J_i \) is the flux of the entropy density.

It is assumed that constitutive functions
\begin{equation}
t_{ij}, q_i, f_{ij}, g_{ij}, s, J_i, \quad (7)
\end{equation}
are defined on the weakly nonlocal state space spanned by the following variables:
\begin{equation}
\partial_j v_i, F_{ij}, \partial_k F_{ij}, e, \partial_\ell e, \psi_{ij}, \partial_k \psi_{ij}, \partial_k \beta_{ij}, \beta_{ij}, \partial_\ell \beta_{ij}, \partial_\ell \beta_{ij}. \quad (8)
\end{equation}

For the sake of simplicity, we consider a weakly nonlocal constitutive state space
of the first order in the deformation gradient and in the internal energy, but of
2.2. Liu procedure. Balance of linear momentum (2), balance of internal energy (3), kinematic relation (4), and evolution equations of internal variables (5) are constraints of the entropy inequality. Taking into account that the constitutive state space is weakly nonlocal of the second order in the internal variables, we should introduce additional constraints for derivatives of their evolution equations. We consider a derivative of a constraint as a new constraint in case of higher order weakly nonlocal constitutive state space. It is an important aspect for the development of correct thermodynamic conditions in weakly nonlocal thermodynamic theories [28, 29]:

\[ \partial_k \dot{\psi}_{ij} + \partial_k f_{ij} = 0, \quad \partial_k \dot{\beta}_{ij} + \partial_k g_{ij} = 0. \]  

Then we introduce Lagrange-Farkas multipliers \( \lambda_i, \Lambda_i, A_{ij}, B_{ij}, B_{ijk} \) for constraints (2), (3), (4), (5), (6), (7), (8), respectively. The constrained entropy imbalance is, therefore,

\[ g_0 \dot{s} + \partial_j J_j - \Lambda_{ji} \left( \dot{F}_{ij} - \partial_j v_i \right) - \lambda_i (g_0 \dot{\psi}_i - \partial_j t_{ij}) - \kappa (g_0 \dot{e} + \partial_i q_i - t_{ij} \partial_j v_i) + A_{ji} \left( \dot{\psi}_{ij} + f_{ij} \right) + A_{kji} \left( \partial_k \dot{\psi}_{ij} + \partial_k f_{ij} \right) + B_{ji} \left( \dot{\beta}_{ij} + g_{ij} \right) + B_{kji} \left( \partial_k \dot{\beta}_{ij} + \partial_k g_{ij} \right) \geq 0. \]
Liu equations are obtained as coefficients of higher derivatives after a straightforward calculation:

\[
\begin{align*}
\dot{v}_i & : 0 = \lambda_i \\
\partial_j \dot{v}_i & : \partial_{\partial_j v_i} s = 0 \\
\dot{F}_{ij} & : q_0 \partial_{F_{ij}} s = \Lambda_{ij} \\
\partial_k \dot{F}_{ij} & : \partial_{\partial_k F_{ij}} s = 0 \\
\dot{\varepsilon} & : \partial_{\varepsilon} s = \kappa \\
\partial_i \dot{\varepsilon} & : \partial_{\partial_i \varepsilon} s = 0 \\
\dot{\psi}_{ij} & : q_0 \partial_{\psi_{ij}} s = -A_{ji} \\
\partial_k \dot{\psi}_{ij} & : q_0 \partial_{\partial_k \psi_{ij}} s = -A_{kji} \\
\partial_k \dot{\beta}_{ij} & : q_0 \partial_{\partial_k \beta_{ij}} s = 0 \\
\partial_k \dot{\beta}_{ij} & : q_0 \partial_{\partial_k \beta_{ij}} s = 0 \\
\partial_k \dot{v}_{ij} & : \partial_{\partial_k v_{ij}} J_j - \partial_{\varepsilon} s \partial_{\partial_k v_{ij}} q_j - q_0 \partial_{\partial_k \psi_{im}} s \partial_{\psi_{ij}} f_{lm} - \\
& - q_0 \partial_{\partial_k \beta_{ij}} s \partial_{\psi_{ij}} g_{im} = 0 \\
\partial_k \dot{F}_{ij} & : \partial_{\partial_k F_{ij}} J_j - \partial_{\varepsilon} s \partial_{\partial_k F_{ij}} q_j - q_0 \partial_{\partial_k \psi_{nm}} s \partial_{\partial_k F_{ij}} f_{nm} - \\
& - q_0 \partial_{\partial_k \beta_{ij}} s \partial_{\partial_k F_{ij}} g_{nm} = 0 \\
\partial_{ij} \dot{e} & : \partial_{\partial_i e} J_j - \partial_{\varepsilon} s \partial_{\partial_j e} q_j - q_0 \partial_{\partial_j \psi_{im}} s \partial_{\partial_i e} f_{lm} - \\
& - q_0 \partial_{\partial_j \beta_{lm}} s \partial_{\partial_i e} g_{lm} = 0 \\
\partial_{ij} \dot{\psi}_{ij} & : \partial_{\partial_{ij} \psi_{ij}} J_k - \partial_{\varepsilon} s \partial_{\partial_{ij} \psi_{ij}} q_k - q_0 \partial_{\partial_k \psi_{im}} s \partial_{\partial_{ij} \psi_{ij}} f_{op} - \\
& - q_0 \partial_{\partial_k \beta_{ij}} s \partial_{\partial_{ij} \psi_{ij}} g_{op} = 0 \\
\partial_{ij} \dot{\beta}_{ij} & : \partial_{\partial_{ij} \beta_{ij}} J_k - \partial_{\varepsilon} s \partial_{\partial_{ij} \beta_{ij}} q_k - q_0 \partial_{\partial_k \psi_{im}} s \partial_{\partial_{ij} \beta_{ij}} f_{op} - \\
& - q_0 \partial_{\partial_k \beta_{ij}} s \partial_{\partial_{ij} \beta_{ij}} g_{op} = 0 \\
\end{align*}
\]

Liu equations \([11], [13], [15], [17], [18], [20]\) and \([21]\) determine Lagrange-Farkas multipliers by corresponding entropy derivatives. The solution of Liu equations \([12], [14], [16], [19]\) and \([22]\) reduces the constitutive form of the entropy to the following one: \(s = s(F_{ij}, e, \psi_{ij}, \dot{\psi}_{ij}, \beta_{ij}, \dot{\beta}_{ij})\). The dissipation inequality then follows considering Liu equations \([23]-[27]\) for the entropy flux. Together with the mentioned form of the entropy function, these equations can be solved and we obtain the entropy flux in the form:

\[
J_i = \partial_e s q_i + q_0 \partial_{\partial_e \psi_{im}} s f_{lm} + q_0 \partial_{\partial_k \beta_{lm}} s g_{lm} + J_i^0. \tag{28}
\]

Here the dependence of \(J_i^0\) is reduced similarly to that of the specific entropy \(J_i^0 = J_i^0(F_{ij}, e, \psi_{ij}, \partial_{\psi_{ij}}, \beta_{ij}, \partial_{\beta_{ij}})\). It should be noted that Eq. \([28]\) is not the most general solution of corresponding Liu equations, because we did not consider symmetries of functions in Eqs. \([13], [22]\) and \([1]-[21]\). For example, Eq. \([\dot{q}]\) is obtained as multiplier of \(\partial_{kj} \dot{v}_i\), therefore only the symmetric part of Eq. \([\dot{q}]\) must be
zero, but we consider, however, solutions that are more restrictive. This generality is more than enough to derive dissipative generalization of generalized mechanics.

The dissipation inequality then follows as

\[ \partial_k F_{ij} \left( \partial_{F_{ij}} J_k - \partial_c s \partial_{F_{ij}} q_k - \vartheta_0 \partial_{h \psi_{i,m}} s \partial_{F_{ij}} f_{lm} - \vartheta_0 \partial_{h \beta_{i,m}} s \partial_{F_{ij}} g_{lm} \right) + \partial_\psi \left( \partial_{\psi_{ij}} J_k - \partial_c s \partial_{\psi_{ij}} q_k - \vartheta_0 \partial_{h \psi_{i,m}} s \partial_{\psi_{ij}} f_{lm} - \vartheta_0 \partial_{h \beta_{i,m}} s \partial_{\psi_{ij}} g_{lm} \right) + \partial_t \psi_{ij} \left( \partial_{\psi_{ij}} J_k - \partial_c s \partial_{\psi_{ij}} q_k - \vartheta_0 \partial_{h \psi_{i,m}} s \partial_{\psi_{ij}} f_{lm} - \vartheta_0 \partial_{h \beta_{i,m}} s \partial_{\psi_{ij}} g_{lm} \right) + \partial_h \beta_{ij} \left( \partial_{\beta_{ij}} J_k - \partial_c s \partial_{\beta_{ij}} q_k - \vartheta_0 \partial_{h \psi_{i,m}} s \partial_{\beta_{ij}} f_{lm} - \vartheta_0 \partial_{h \beta_{i,m}} s \partial_{\beta_{ij}} g_{lm} \right) + \partial_h \beta_{ij} \left( \partial_{\beta_{ij}} J_k - \partial_c s \partial_{\beta_{ij}} q_k - \vartheta_0 \partial_{h \psi_{i,m}} s \partial_{\beta_{ij}} f_{lm} - \vartheta_0 \partial_{h \beta_{i,m}} s \partial_{\beta_{ij}} g_{lm} \right) + \vartheta_0 \partial_F \beta_{ij} F_{ij} + \partial_c s t_{ij} \partial_l v_j - \vartheta_0 \partial_{\psi_{ij}} s f_{ij} - \vartheta_0 \partial_{\beta_{ij}} s g_{ij} \geq 0 \]

By substituting Eq. \(25\) into the dissipation inequality we arrive at the following expression:

\[ \partial_k \left( \partial_c s \right) q_k + \partial_c s t_{ij} \partial_l v_j + \partial_c s \vartheta_0 \partial_{F_{ij}} s - \left( \partial_{\psi_{ij}} s - \partial_k \partial_{h \psi_{i,j}} s \right) \vartheta_0 f_{ij} - \left( \partial_{\beta_{ij}} s - \partial_k \partial_{h \beta_{i,j}} s \right) \vartheta_0 g_{ij} + \partial_t J_i^0 \geq 0. \]  

(30)

Here \( \partial_c s = 1/T \), and we may identify thermodynamic fluxes and forces as follows:

\[ \partial_t \left( \frac{1}{T} \right) q_i + \frac{1}{T} \left( t_{ij} + \vartheta_0 T \partial_{F_{ij}} s \right) \partial_l v_j - \left( \partial_{\psi_{ij}} s - \partial_k \partial_{h \psi_{i,j}} s \right) \vartheta_0 f_{ij} - \left( \partial_{\beta_{ij}} s - \partial_k \partial_{h \beta_{i,j}} s \right) \vartheta_0 g_{ij} + \partial_t J_i^0 \geq 0, \]  

(31)

where \( t_{ij}^v \) is the viscous stress. The entropy is a distinguished constitutive function, that fixes the static information of the system. All other constitutive functions are determined by means of entropy derivatives.

2.3. Evolution equations. The entropy production in the dissipation inequality is represented as a sum of products, and there is an undetermined constitutive function in each term multiplied by a given function of the constitutive state space. Therefore, it is straightforward to point out the simplest solution of the dissipation inequality assuming linear relationships between thermodynamic fluxes (terms with undetermined constitutive functions) and their multipliers, thermodynamic forces (see Table 1).

| Fluxes  | \( \frac{q_i}{m} \) | \( \frac{t_{ij} + \vartheta_0 T \partial_{F_{ij}} s}{T} \) | \( f_{ij} \) | \( g_{ij} \) |
|---------|---------------------|---------------------|-----------|-----------|
| Forces  | \( \partial_c s \) | \( \partial_l v_j \) | \( \vartheta_0 \partial_{\psi_{ij}} s - \partial_k \partial_{h \psi_{i,j}} s \) | \( \vartheta_0 \partial_{\beta_{ij}} s - \partial_k \partial_{h \beta_{i,j}} s \) |

Table 1. Thermodynamic fluxes and forces

The classical thermal interaction is vectorial, while other terms are tensorial. The mechanical term is responsible for viscoelasticity if no other terms are present. The last two terms constitutively determine evolution equations of second-order tensorial internal variables \( \psi_{ij} \) and \( \beta_{ij} \). In isotropic materials, tensorial mechanical and internal variables may be coupled independently of the vectorial
thermal constitutive function:

\[ q_i = \lambda \partial_t \frac{1}{T} v_i \]  

and the antisymmetric part is given in a tensorial form instead of the vectorial one. For the symmetric traceless, deviatoric part we have

\[ \frac{1}{T} t^v_{ij} = \frac{1}{T} (t_{ij} + \theta_0 T \partial_{F, ij}) = L_{ijkl}^{11} \partial_k v_l + L_{ijkl}^{12} X_{kl} + L_{ijkl}^{13} Y_{kl} \]  

\[ \psi_{ij} = f_{ij} \]  

\[ \beta_{ij} = g_{ij} \]

where \( \delta_{ij} \) denotes the Kronecker delta. Therefore, there are 1+3x9 = 28 material conductivity coefficients in isotropic media with dual internal variables. Representation (33) can be decomposed into traceless symmetric, antisymmetric (deviatoric) and spherical parts, i.e., is equivalent to

\[ L_{ijkl}^{IJ} = t_1^{IJ} \delta_{ik} \delta_{jl} + t_2^{IJ} \delta_{il} \delta_{jk} + t_3^{IJ} \delta_{ij} \delta_{kl}, \]  

where \( \delta_{ij} \) is the Kronecker delta. Therefore, for the symmetric traceless, deviatoric part we have

\[ t^v_{kk} = t_{kk}^{11} \partial_k v_k + t_{kk}^{12} X_{kk} + t_{kk}^{13} Y_{kk}, \]  

\[ \psi_{kk} = \psi_{kk}^{11} \partial_k v_k + \psi_{kk}^{12} X_{kk} + \psi_{kk}^{13} Y_{kk}, \]  

\[ \beta_{kk} = \beta_{kk}^{11} \partial_k v_k + \beta_{kk}^{12} X_{kk} + \beta_{kk}^{13} Y_{kk}. \]  

So we have the three times three matrix of fourth order tensors \( L_{ijkl}^{IJ} \) called conductivity tensors. In isotropic materials they are characterized by three scalar material parameters each and can be represented for all \( I, J = 1, 2, 3 \) as follows:

\[ L_{ijkl}^{IJ} = t_1^{IJ} \delta_{ik} \delta_{jl} + t_2^{IJ} \delta_{il} \delta_{jk} + t_3^{IJ} \delta_{ij} \delta_{kl}. \]  

where \( \delta_{ij} \) is the Kronecker delta. Therefore, there are 1+3x9 = 28 material conductivity coefficients in isotropic media with dual internal variables. Representation (33) can be decomposed into traceless symmetric, antisymmetric (deviatoric) and spherical parts, i.e., is equivalent to

\[ L_{ijkl}^{IJ} = s^{IJ} \delta_{i(k} \delta_{j)l} + a^{IJ} \delta_{[i[k} \delta_{j]l]} + t^{IJ} \delta_{ij} \delta_{kl}, \]  

where \( \{ \} \) denote the traceless symmetric part of the corresponding tensor in related indices \( \delta_{i(k} \delta_{j)l} = (\delta_{ik} \delta_{jl} + \delta_{ij} \delta_{kl})/2 - \delta_{ij} \delta_{kl}/3 \) and the rectangular parenthesis \( [ ] \) denotes the antisymmetric part as \( \delta_{[i[k} \delta_{j]l]} = (\delta_{ik} \delta_{jl} - \delta_{ij} \delta_{kl})/2. \) Therefore, \( s^{IJ} = t_1^{IJ} + t_2^{IJ} \) and \( a^{IJ} = t_3^{IJ} - t_2^{IJ}. \) This kind of decomposition is instructive because symmetric, antisymmetric, and spherical second-order tensors are mutually orthogonal in the “double dot” product, i.e., taking the trace of their product. Therefore, constitutive equations (33)-(35) can be decomposed into three parts: five component traceless symmetric, three component antisymmetric, and one component spherical parts are independent. The spherical part is determined as

\[ t^v_{(ij)} = s^{11} \partial_{(i} v_{j)} + s^{12} X_{(ij)} + s^{13} Y_{(ij)}, \]  

\[ \psi_{(ij)} = s^{21} \partial_{(i} v_{j)} + s^{22} X_{(ij)} + s^{23} Y_{(ij)}, \]  

\[ \beta_{(ij)} = s^{31} \partial_{(i} v_{j)} + s^{32} X_{(ij)} + s^{33} Y_{(ij)} \]

and the antisymmetric part is given in a tensorial form instead of the vectorial invariants:

\[ t^v_{[ij]} = a^{11} \partial_{[i} v_{j]} + a^{12} X_{[ij]} + a^{13} Y_{[ij]}, \]  

\[ \psi_{[ij]} = a^{21} \partial_{[i} v_{j]} + a^{22} X_{[ij]} + a^{23} Y_{[ij]}, \]  

\[ \beta_{[ij]} = a^{31} \partial_{[i} v_{j]} + a^{32} X_{[ij]} + a^{33} Y_{[ij]} \]
Therefore, conductivity matrices of spherical, traceless symmetric, and antisymmetric components are

\[ l^{IJ} = \begin{pmatrix} l_{11} & l_{12} & l_{13} \\ l_{21} & l_{22} & l_{23} \\ l_{31} & l_{32} & l_{33} \end{pmatrix}, \quad s^{IJ} = \begin{pmatrix} s_{11} & s_{12} & s_{13} \\ s_{21} & s_{22} & s_{23} \\ s_{31} & s_{32} & s_{33} \end{pmatrix}, \quad a^{IJ} = \begin{pmatrix} a_{11} & a_{12} & a_{13} \\ a_{21} & a_{22} & a_{23} \\ a_{31} & a_{32} & a_{33} \end{pmatrix}. \]

The second law requires that symmetric parts of 3x3 conductivity matrices \( l^{IJ} \), \( s^{IJ} \), and \( a^{IJ} \) are positive definite.

With this requirement the thermodynamically consistent construction of continuum mechanical theory with second order tensorial dual internal variables is complete. Balances of momentum and energy (2), (3) and evolution equations of the internal variables (5) together with isotropic constitutive functions (32)-(35) form a complete system, if a particular form of the entropy function \( s(F_{ij}, e, \psi_{ij}, \partial_k \psi_{ij}, \beta_{ij}, \partial_k \beta_{ij}) \) is given.

2.4. **Boundary conditions.** It is remarkable that one can get natural boundary conditions for internal variables with the requirement that the intrinsic part of entropy flux (28) is zero at the boundary. There are three basic possibilities:

1. **Combined condition.** In this case \( \partial_t \psi_{lm} s \) and \( \partial_t \beta_{lm} s \) are orthogonal to \( f_{lm} \) and \( g_{lm} \).

2. **No change condition.** Internal variables do not change at the boundary, \( \dot{\psi}_{ij} \) and \( \dot{\beta}_{ij} \) are zero.

3. **Gradient condition.** \( t_i \partial_t \psi_{lm} s = 0_{lm} \) and \( t_i \partial_t \beta_{lm} s = 0_{lm} \) for any vector \( t_i \) that is parallel to the boundary. In the case of a quadratic dependence on gradients, the condition is that gradients of internal variables are orthogonal to the boundary.

2.5. **Remarks on reciprocity relations.** Classical irreversible thermodynamics requires special conductivity matrices obtained by reciprocity relations. In the case of symmetric matrices, the reciprocity relations are of Onsager type [30, 31], if the matrices are antisymmetric, then they are of Casimir type [32]. These restrictions are justified by arguments from statistical physics requiring a microscopic interpretation of thermodynamic variables. If these variables are even or odd functions of the microscopic velocities, then the conductivity matrix is symmetric or antisymmetric, respectively. However, in our case one cannot specify the conductivity matrices, the conditions of Onsager or Casimir type reciprocity relations are not fulfilled. In the following we will show some possible interpretations of the dual internal variables, and we will see that the most straightforward interpretation, namely, the micromorphic generalized mechanics when the internal variables are of deformation and deformation rate type, requires general forms of the conductivity matrices. Moreover, the background of internal variables in continuum mechanics is originated in structural changes in a material, but not on the microscopic, atomic, or mesoscopic level [21]. Therefore we simply do not see any reasons to further specialize the theory and we keep our treatment universal, independent of microscopic or mesoscopic interpretations.

Idealized theories are characterized by a nondissipative behavior. In the case of heat conduction, the heat conduction coefficient \( \lambda \) is zero and, therefore, the heat...
flux, the flux of the internal energy density, is zero, too. In the case of pure mechanical interaction without internal variables, the idealized theory is characterized by zero viscosities, the bulk viscosity $l_{11} = \eta_u = 0$ and the shear viscosity $s_{11} = 2\eta = 0$ are zero, together with the condition $a_{11} = 0$. Therefore, the viscous stress is zero, the stress in the momentum balance is the static stress $t_{ij} = -\varrho T \partial_F f_{ij}$. However, antisymmetric terms of conductivity matrices do not produce entropy, therefore in our case the coupling between different terms may result in nondissipative transport, too.

3. Spatial representation

In this section, we represent governing equations in spatial framework and at the same time introduce the small strain approximation. Technical details are given in the Appendix.

We can transform balances of internal energy and momentum (2), (3) into spatial form due to the Nanson theorem, to obtain

$$\varrho \dot{e} + \partial_i q_i = t_{ij} \partial_j v_i,$$

$$\varrho \dot{v}_i - \partial_j t_{ij} = 0.$$  \hspace{1cm} (48)\hspace{1cm} (49)

Here $\varrho \approx \varrho_0$ is the density in the actual configuration, $t_{ij}$ is the Cauchy stress tensor, and $q_i$ is the spatial flux of the internal energy, the upper dot denotes the substantial time derivative, $\dot{e} = \partial_t e + v^i \partial_i e$. Spatial and material forms of these balances are identical in the small strain approximation.

The spatial form of evolution equations of internal variables is the following:

$$\text{♦} \psi_{ij} + f_{ij} = 0, \quad \text{♦} \beta_{ij} + g_{ij} = 0.$$  \hspace{1cm} (50)

The symbol ♦ denotes the spatial form of the material time derivative of a second-order tensor. The material time derivative is an upper convected one, because internal variables are defined on the material manifold, supposedly independent of the motion of the continuum (see Appendix):

$$\text{♦} \psi_{ij} = \dot{\psi}_{ij} - \partial_k v_i \psi_{kj} - \partial_k v_j \psi_{jk},$$

\hspace{1cm} (51)

i.e., spatial and material forms of constitutive functions for internal variables are the same in the small strain approximation if velocity gradients are negligible. The spatial form of the entropy flux is represented as

$$J_i = \partial_i sq_i + \varrho \partial_i \psi_{1m} s f_{lm} + \varrho \partial_i \beta_{1m} s g_{lm} + J^0_i.$$  \hspace{1cm} (52)

We do not deal here with any interpretation of the extra entropy flux $J^0_i$ and, therefore, we assume that it is equal to zero. This requirement is not necessary, and there are phenomena which can be modelled only with the help of nonzero extra entropy flux [33, 34, 35].

Finally, the spatial form of the entropy production in the small strain approximation is the following:

$$\sigma = \partial_i \left( \frac{1}{T} q_i + \frac{1}{T} (t_{ij} + \varrho T \partial_F f_{ij}) \varepsilon_{ij} - \right.$$

$$\left. - (\partial_\psi_{ij} s - \partial_k \partial_h \psi_{kj}) q_f_{ij} - (\partial_\beta_{ij} s - \partial_k \partial_h \beta_{kj}) g_{ij} \right) \geq 0.$$  \hspace{1cm} (53)

Here $\varepsilon_{ij}$ is the Cauchy strain.
The original dependency of the entropy function on the deformation gradient \( F_{ij} \) turns to a dependency on \( \epsilon_{ij} \) because of the small strain approximation. Moreover, it is convenient to introduce the specific free energy function instead of the specific entropy as a thermodynamic potential. In our case, the expression of the corresponding partial Legendre transformation is:

\[
w(T, \epsilon_{ij}, \psi_{ij}, \partial_k \psi_{ij}, \beta_{ij}, \partial_k \beta_{ij}) = e - T s(e, \epsilon_{ij}, \psi_{ij}, \partial_k \psi_{ij}, \beta_{ij}, \partial_k \beta_{ij}), \tag{54}
\]

Therefore,

\[
\frac{\partial s}{\partial e} = \frac{1}{T} \quad \text{and} \quad \frac{\partial w}{\partial T} = -s, \tag{55}
\]

keeping fixed all other variables. Other partial derivatives of \( w \) and \( s \) are related as follows:

\[
\frac{\partial s}{\partial \epsilon_{ij}} \bigg|_e = \frac{1}{T} \frac{\partial w}{\partial \epsilon_{ij}} \bigg|_T, \quad \frac{\partial s}{\partial \psi_{ij}} \bigg|_e = \frac{1}{T} \frac{\partial w}{\partial \psi_{ij}} \bigg|_T, \quad \frac{\partial s}{\partial \beta_{ij}} \bigg|_e = \frac{1}{T} \frac{\partial w}{\partial \beta_{ij}} \bigg|_T, \quad \frac{\partial s}{\partial \partial_k \psi_{ij}} \bigg|_e = -\frac{1}{T} \frac{\partial w}{\partial \partial_k \psi_{ij}} \bigg|_T. \tag{56}
\]

All not indicated variables are kept fixed in the partial derivatives. In terms of the free energy function, we can transform entropy production \( \dot{X} \) to the form

\[
T \sigma = \partial_k \ln T \left( q_k + \hat{g} f_{ij} \partial_k \psi_{ij} w + \hat{g} g_{ij} \partial_k \beta_{ij} w \right) + \left( t_{ij} - \hat{g} \partial_{ij} w \right) \hat{e}_{ij} + \left( \partial_{ij} w - \partial_k (\partial_k \beta_{ij} w) \right) \hat{g} f_{ij} + \left( \partial_{ij} w - \partial_k (\partial_k \beta_{ij} w) \right) \hat{g} g_{ij} \geq 0. \tag{57}
\]

It is worth to introduce thermodynamic forces and fluxes in the small strain approximation according to Eq. \( \text{[67]} \):

\[
\begin{array}{c|c|c|c|}
\text{Fluxes} & \text{Thermal} & \text{Mechanical} & \text{Internal 1} & \text{Internal 2} \\
\hline
\hat{q}_k & q_k + \hat{g} f_{ij} \partial_k \psi_{ij} w + \hat{g} g_{ij} \partial_k \beta_{ij} w & t_{ij} - \hat{g} \partial_{ij} w & \hat{e}_{ij} & \hat{e}_{ij} \\
\hline
\end{array}
\]

Table 2. Thermodynamic fluxes and forces in the small strain approximation

It is easy to see that thermodynamic forces and fluxes in the small strain approximation are very similar to those in the PK frame. The most important difference is the regrouping of terms which are proportional to the temperature gradient. This representation of forces and fluxes is more convenient for the separation (or coupling) of thermodynamic and mechanical parts of the entropy production, especially in the case of thermal stresses. The solution of dissipation inequality \( \text{[57]} \) is provided by conductivity equations:

\[
\hat{q}_k = q_k + \hat{g} f_{ij} \partial_k \psi_{ij} w + \hat{g} g_{ij} \partial_k \beta_{ij} w = \lambda \partial_k \ln T, \tag{58}
\]

\[
\hat{\epsilon}_{ij} = t_{ij} - \hat{g} \partial_{ij} w = \hat{L}_{ijkl}^1 \hat{\epsilon}_{kl} + \hat{L}_{ijkl}^{12} \hat{X}_{kl} + \hat{L}_{ijkl}^{13} \hat{Y}_{kl}, \tag{59}
\]

\[
\hat{\psi}_{ij} = \hat{g} f_{ij} = \hat{L}_{ijkl}^{21} \hat{\epsilon}_{kl} + \hat{L}_{ijkl}^{22} \hat{X}_{kl} + \hat{L}_{ijkl}^{23} \hat{Y}_{kl}, \tag{60}
\]

\[
\hat{\beta}_{ij} = \hat{g} g_{ij} = \hat{L}_{ijkl}^{31} \hat{\epsilon}_{kl} + \hat{L}_{ijkl}^{32} \hat{X}_{kl} + \hat{L}_{ijkl}^{33} \hat{Y}_{kl}. \tag{61}
\]

In the case of isotropic materials, a decomposition of conductivity matrices can be performed introducing symmetric, antisymmetric and spherical parts of corresponding tensorial forces and fluxes similarly to previous case:

\[
\hat{L}_{ijkl}^{1J} = s^{1J} \delta_{i[k} \delta_{j]l} + a^{1J} \delta_{i[k} \delta_{j]l} + l^{1J} \delta_{i[j} \delta_{k]l}. \tag{62}
\]
In the following, we treat different special cases, all of them with constant conductivity matrices.

## 4. Examples

### 4.1. Linear viscoelasticity, relaxation, and Ginzburg-Landau equation.

We start with the simplest case when there is not any coupling between evolution equations (58)–(61). In this case, the balance equation of the linear momentum and evolution equations for internal variables are independent. This means that the conductivity hypermatrix is diagonal $\hat{L}_{12} = \hat{L}_{21} = \hat{L}_{13} = \hat{L}_{31} = \hat{L}_{32} = \hat{L}_{23} = 0$, and we assume that the heat conduction coefficient $\lambda$ is zero. The free energy is additively decomposed into parts which are dependent on $\psi_{ij}$, $\beta_{ij}$, and $\epsilon_{ij}$ separately. Dissipation inequality (57) reduces to

$$
T \sigma = (t_{ij} - \varrho \partial_{ij} \psi) \dot{\epsilon}_{ij} + \left( \partial_{\psi_{ij}} w - \partial_{kk} (\partial_{\psi_{ij}} w) \right) \dot{\varrho}_{ij} f_{ij} + \left( \partial_{\beta_{ij}} w - \partial_{kk} (\partial_{\beta_{ij}} w) \right) \dot{\varrho}_{ij} g_{ij} \geq 0,
$$

(63)

and we see that terms related to internal variables are completely similar. This means that in the absence of couplings it is enough to analyze only one of them.

For the viscous part of the stress we have, therefore,

$$
t_{ij} - t_{ij}^{\text{ela}} = t_{ij}^{v} = l^{11} \epsilon_{kk} \delta_{ij} + s^{11} \epsilon_{(ij)},
$$

(64)

where the elastic stress is introduced as usually

$$
\varrho \partial_{ij} w = t_{ij}^{\text{ela}} = \varrho \lambda \epsilon_{kk} \delta_{ij} + \varrho 2 \mu \epsilon_{ij},
$$

(65)

$l^{11} = \eta_v$ corresponds to the bulk viscosity and $s^{11} = \eta$ is the shear viscosity. All other coefficients in conductivity matrices are zero due to the absence of any coupling. The evolution equation for the internal variable $\psi_{ij}$ results in:

$$
\varrho \dot{\psi}_{ij} = \hat{L}_{22}^{ij lm} \left( \partial_{\psi_{lm}} w - \partial_{kk} \partial_{\psi_{lm}} w \right).
$$

(66)

Assuming the isotropy of the conductivity tensor $\hat{L}_{22}$, we can decompose Eq. (66) into six independent evolution equations for the spherical, symmetric traceless and antisymmetric parts of the internal variable tensor. These evolution equations for the internal variable $\psi_{ij}$ give the generalization of the Ginzburg-Landau-Khalatnikov equation, introduced first as a scalar equation in the case of superconductors [36, 37]. For each free energy functional, the structure of such equations is universal and widely used with different thermodynamic arguments [38, 39, 40, 41]. The Ginzburg-Landau equation was derived by pure thermodynamic arguments as the evolution equation for a second-order weakly nonlocal internal variable in [28] (see also [25]). That derivation shows a universal character of the Ginzburg-Landau equation: the second law requires an evolution equation of this form for an internal variable without any other constraints independently of the microscopic background.

The symmetric traceless form part of Eq. (66) gives the de Gennes-Landau theory of liquid crystals, if a suitable quadratic dependence of the free energy on $\psi_{(ij)}$ is introduced [42]. This very particular example of the proposed approach shows the richness of the mathematical structure and its physical interpretation.
4.2. Generalized standard linear solid. In this section we consider a coupling between a single tensorial internal variable and deformation, which results in the thermodynamic theory of rheology \[ \text{[43, 44]} \]. Therefore, we still assume zero heat conduction coefficient and \( \hat{L}^{13} = \hat{L}^{31} = \hat{L}^{32} = 0 \). However, \( \hat{L}^{12} \neq 0 \) and \( \hat{L}^{21} \neq 0 \) anymore. Let us further reduce the treatment by introducing a local theory for the single internal variable with the simplest quadratic dependence of the free energy on the internal variable without its gradients. In this case, the free energy can be written as

\[
w(\epsilon_{ij}, \psi_{ij}) = \frac{\lambda}{2} \epsilon_{ii}^2 + \mu \epsilon_{ij} \epsilon_{ij} + \frac{b_1}{2} \psi_{ii}^2 + \frac{b_2}{2} \psi_{ij} \psi_{ji} + \frac{b_3}{2} \psi_{ij} \psi_{jj} + g_1 \psi_{ii} \epsilon_{ij} + g_2 (\psi_{ij} + \psi_{ji}) \epsilon_{ij}. \tag{67}
\]

Thermodynamic stability requires the convexity of the free energy, hence the inequalities follow:

\[
3\mu + 2\lambda \geq 0, \quad \mu \geq 0, \quad b_2 \geq 0, \quad b_2 + b_3 \geq 0, \quad 3b_1 + 2b_2 \geq 0, \quad \mu(b_2 + b_3) - \hat{g}^2 \geq 0, \quad (3\lambda + 2\mu)(3b_1 + b_2 + b_3) - (3g_1 + 2g_2) \geq 0. \tag{68}
\]

The entropy production contains two tensorial terms that may be coupled:

\[
T \sigma = (t_{ij} - \varrho \delta_{ij} \psi) \dot{\epsilon}_{ij} + \partial_{\psi_{ij}} \varrho \dot{f}^{ij} \geq 0, \tag{69}
\]

In isotropic materials, spherical, deviatoric and antisymmetric parts of the tensors are independent. For the deviatoric, symmetric traceless part we obtain the following conductivity equations from Eqs. \( \text{(70)} \) and \( \text{(69)} \):

\[
t_{(ij)} - 2\varrho (\mu \epsilon_{(ij)} + g_2 \psi_{(ij)}) = s^1 \epsilon_{\dot{(ij)}} - s^{12} \left( (b_2 + b_3) \psi_{(ij)} + 2g_2 \epsilon_{(ij)} \right) \tag{70}
\]

\[
\varrho \dot{\psi}_{(ij)} = s^{21} \epsilon_{\dot{(ij)}} - s^2 \left( (b_2 + b_3) \psi_{(ij)} + 2g_2 \epsilon_{(ij)} \right). \tag{71}
\]

Equation \( \text{(70)} \) is a constitutive equation for the deviatoric part of the stress \( t_{(ij)} \), and Eq. \( \text{(71)} \) is the evolution equation of \( \psi_{(ij)} \). Moreover, the second law requires that the symmetric part of the conductivity matrix is positive definite, therefore,

\[
s^1 \geq 0, \quad s^2 \geq 0, \quad s^1 s^2 - s^{12} s^{21} - \left( \frac{s^{12} - s^{21}}{2} \right)^2 \geq 0. \tag{72}
\]

The role of the internal variable may be better understood if we eliminate it from Eqs. \( \text{(70)} \) and \( \text{(71)} \). Taking the material time derivative of Eq. \( \text{(71)} \) and substituting \( \dot{\psi}_{(ij)} \) from Eq. \( \text{(71)} \) and \( \psi_{(ij)} \) from Eq. \( \text{(70)} \) into the obtained form, the following relation follows:

\[
\dot{t}_{(ij)} + s^2 \rho (b_2 + b_3) t_{(ij)} = s^1 \epsilon_{\dot{(ij)}} + \rho \left( (b_2 + b_3)(2\mu + s^1 s^2 - s^{12} s^{21}) + (s^{21} - s^{12})2g_2 \right) \epsilon_{\dot{(ij)}} + 2s^2 \rho^2 ([b_2 + b_3] \mu - 2g_2) \epsilon_{\dot{(ij)}}. \tag{73}
\]

The positive definiteness of the free energy \( w \) requires that the coefficient \( (b_2 + b_3) \mu - 2g_2 \) is non-negative and Eq. \( \text{(73)} \) can be transformed to

\[
\tau \dot{t}_{(ij)} + t_{(ij)} = \tau d \dot{\epsilon}_{(ij)} + 2\nu \dot{\epsilon}_{(ij)} + E \epsilon_{(ij)}. \tag{74}
\]
where

\[ \tau = \frac{1}{\rho s^2 (b_2 + b_3)}, \quad \tau_d = s^3 \tau, \quad E = s^2 \rho^2 ((b_2 + b_3)\mu - 2g^2)\tau, \]

\[ \nu = \rho \left( (b_2 + b_3)(2\mu + (s^1 s^2 - s^12 s^21) + (s^21 - s^12)2g_2) \right) \tau. \] (75)

Constitutive relation (74) reduces to the Zener body of rheology or standard linear solid [45, 46], if \( \tau_d = 0 \) and the nonlinear part of the time derivative is neglected. This rheological model is widely used in different fields from biology [47] to engineering [48]. The complete form of this constitutive relation (with \( \tau_d \neq 0 \)) is called the inertial Poynting-Thomson body. The proposed thermodynamic model has remarkable properties which are distinctive in comparison with more intuitive approaches:

1. Neither the inertial term beyond the standard model, nor the coupled volumetric-deviatoric effect is neglectable in general, both are important, e.g., in experimental rock rheology [49, 50, 51], where an inertial Poynting-Thomson body is used for both deviatoric and spherical parts of the deformation in order to get a good agreement with experimental data.

2. Reciprocity has not been required in the proposed approach. The same is true in the simplest case of a standard linear solid body, otherwise the second law of thermodynamics contradicts to observations [43].

3. The complete form of constitutive equation (70)-(71) is preferable instead of (74) if dynamical problems with the coupled balance of momentum (2) are needed to be solved. This is an important advantage of the thermodynamic approach.

4.3. Dual internal variables. Now we consider dual (coupled) tensorial internal variables which are independent of mechanical and thermal interactions \( \lambda = 0, \hat{L}^{11} = \hat{L}^{12} = \hat{L}^{13} = \hat{L}^{21} = \hat{L}^{31} = 0 \). The evolution equations of the coupled tensorial internal variables again follow from the dissipation inequality. In the small strain approximation and with small velocity gradients, Eqs. (60)-(61) are simplified to

\[ \dot{\psi}_{ij} = \hat{L}^{22}_{ijkl} X_{kl} + \hat{L}^{23}_{ijkl} Y_{kl}, \] (76)

\[ \dot{\beta}_{ij} = \hat{L}^{32}_{ijkl} X_{kl} + \hat{L}^{33}_{ijkl} Y_{kl}. \] (77)

Here \( X_{ij} = \partial_{\psi_{ij}} w - \partial_k (\partial_{\nu ij} w), \) and \( Y_{ij} = \partial_{\beta_{ij}} w - \partial_k (\partial_{\nu \beta_{ij}} w) \). Equations (76)-(77) are independent of balances of linear momentum and energy, if the free energy can be decomposed into a sum of functions depending on two sets of variables, \( e, \epsilon_{ij} \) and \( \psi_{ij}, \beta_{ij} \) separately, and if the objective time derivatives can be substituted by the substantial time derivative, that is the nonlinear terms are neglectable in the upper convected derivatives.

In the case of isotropic materials, tensorial equations (76)-(77) are decomposed into a spherical, deviatoric and antisymmetric parts with scalar coefficients. The remarkable difference between the evolution described by a Ginzburg-Landau-type equation based on a single internal variable and this dual structure becomes apparent after the separation of the symmetric and antisymmetric parts of the particular decompositions.

As an example, we consider completely decoupled deviatoric evolution equations. Then conductivity matrices are two-dimensional and evolution equations are the
The above evolution equations are decomposed into a symmetric part, which represents a dissipative evolution and therefore produces entropy, and the antisymmetric part that does not produce entropy and represents a non-dissipative part of the evolution. The role of the non-dissipative part can be better understood with the help of the following free energy function, where we assume a local theory for the evolution equations of the dual internal variables theory. However, they did not perform a complete thermodynamic analysis and, therefore, their observation is restricted to the idealized non-dissipative case.

Here $w_h$ is the homogeneous, local part and $w_g$ is the gradient dependent, weakly nonlocal part of the free energy related to the variable $\psi_{(i)}$. The second line of Eq. (80) shows a particular quadratic form of corresponding functions. If $f_2 = f_3 = 0$, then we obtain the usual second gradient theory. The non-dissipative part of evolution equations (78)- (79) has the form

$$ w(\beta_{(ij)}, \psi_{(ij)}, \partial_k \psi_{(ij)}) = \frac{\dot{c}}{2} \beta_{(ij)} \beta_{(ij)} + w_h(\psi_{(ij)}) + w_g(\partial_k \psi_{(ij)}) = \frac{\dot{c}}{2} \beta_{(ij)} \beta_{(ij)} + \frac{\dot{b}}{2} \psi_{(ij)} \psi_{(ij)} + \frac{f_1}{2} \partial_k \psi_{(ij)} \partial_k \psi_{(ij)} + \frac{f_2}{2} \partial_k \psi_{(ij)} \partial_k \psi_{(jk)} + \frac{f_3}{2} \partial_k \psi_{(ik)} \partial_k \psi_{(ij)}, \tag{80} $$

The last equation can be considered as the Euler-Lagrange equation of the Lagrangian

$$ L(\psi_{(ik)}, \dot{\psi}_{(ik)}) = \frac{1}{2\mu^2 c} \dot{\psi}_{(ik)} \dot{\psi}_{(ik)} - w(\psi_{(ik)}, \partial_k \psi_{(ik)}). \tag{84} $$

It is remarkable that natural thermodynamic boundary conditions of the zero entropy flux requirement correspond exactly to natural boundary conditions of the variational principle.

4.4. Dissipative generalized continua. It was already observed by Berezovski, Engelbrecht and Maugin [25] that generalized thermomechanics of solids is a particular case of the dual internal variables theory. They observed that evolution equations of the non-dissipative theory of Mindlin correspond exactly to non-dissipative evolution equations of the dual internal variables theory. However, they did not perform a complete thermodynamic analysis and, therefore, their observation is restricted to the idealized non-dissipative case.

The corresponding thermodynamic analysis was performed in the second section of the present paper exploiting the dissipation inequality. The coupled evolution equations are represented in the form of linear conductivity equations. If one of the internal variables is interpreted as a microdeformation, then our calculations are to be considered as a pure thermodynamic derivation of a generalized dissipative
continuum theory. The particular example of the theory of Mindlin arises then under the following conditions:

1. No thermal and viscous dissipation.
2. Pure antisymmetric coupling between internal variables.
3. Quadratic free energy function.

Another generalized continuum theory has been introduced by Eringen and Suhubi [2]. To compare the entropy production, let us consider for simplicity a continuum without additional internal variables in the small strain approximation and uniform temperature field. Then the entropy production in the Eringen-Suhubi theory [1] lack the first and the last terms and can be written with our notation as

\[ T\sigma = (t_{ij} - \rho \partial_{\epsilon_{ij}} w) \dot{\epsilon}_{ij} + (s_{ij} - \tau_{ij} - \rho \partial_{\psi_{ij}} w) \dot{\psi}_{ij} + (\mu_{ijk} - \partial_{\beta_{ijk}} w) \partial_{k} \dot{\beta}_{ij} \geq 0. \]  

Here the internal variable \( \psi_{ij} \) is identified with the microdeformation gradient \( \chi'_{ij} \) of the Eringen-Suhubi theory and therefore the material time derivative is the substantial time derivative due to the deformation interpretation. For the comparison, let us repeat here our entropy production (63):

\[ T\sigma = (t_{ij} - \rho \partial_{\epsilon_{ij}} w) \dot{\epsilon}_{ij} + (s_{ij} - \tau_{ij} - \rho \partial_{\psi_{ij}} w) \dot{\psi}_{ij} - \left( \partial_{\beta_{ij}} w - \partial_{k}(\partial_{k}\beta_{ijk} w) \right) \rho \dot{\beta}_{ij} \geq 0. \]  

The difference in the entropy flux in the two theories and the different concept of constitutive quantities determine the diversity in the entropy production. We have introduced the evolution equations of internal variables as constitutive relations to be determined from the entropy inequality. Eringen and Suhubi [2] simply indicated the form of the dissipation inequality following from their definition of stresses.

Regarding the exploitation of the second law one should observe the following:

- The micromomentum balance and the evolution equation of \( \psi_{ij} \) are not constructed from the dissipation inequality.
- The micromomentum balance is not used as a constraint for the entropy inequality in the Eringen-Suhubi theory. However, it is implicitly considered during the application of the Coleman-Noll procedure assuming that the multipliers of the time derivatives should be zero.
- The entropy flux is not an arbitrary constitutive function, but it is restricted to the classical \( J_{i} = q_{i}/T \) in the case of Eringen and Suhubi.
- The constitutive state space is not weakly nonlocal and not fixed in the Eringen-Suhubi derivation.

As we have shown above, not only the basic assumptions, but also the final equations of the Eringen-Suhubi theory are particular and can be obtained from our generalized approach if several dissipative terms are neglected. Virtual power approaches also introduce an entropy production that have a similar form and similar limitations as the Eringen-Suhubi approach has (see e.g. [52]).

4.5. Heat conduction and weakly nonlocal internal variables: Microtemperature. Finally, let us consider the case with a non-zero heat conduction coefficient \( \lambda \). Neglecting the viscosity influence (\( \tilde{L}^{11} = \tilde{L}^{12} = \tilde{L}^{13} = \tilde{L}^{21} = \tilde{L}^{31} = 0 \),
we chose the free energy dependence on internal variables in the form of Eq. (80), but with the reduced conductivity matrix for deviatoric evolution equations

\[
\dot{\psi}_{(ij)} = a Y_{(ij)},
\]

(87)

\[
\dot{\beta}_{(ij)} = -a X_{(ij)} + s_2 Y_{(ij)},
\]

(88)

which corresponds to the choice \( s = s_1 = 0 \) in Eqs. (78)-(79). The free energy dependence (80) allows to represent the evolution equations in the form

\[
\dot{\psi}_{(ij)} = a \hat{c} \beta_{(ij)},
\]

(89)

\[
\dot{\beta}_{(ij)} = -a \left( \partial_{\psi_{(ij)}} w_h - \partial_k (\partial_{h_k \psi_{(ij)}} w_g) \right) + s_2 \hat{c} \beta_{(ij)},
\]

(90)

which can be reduced to the single second-order evolution equation for the primary internal variable \( \psi_{(ij)} \)

\[
\frac{1}{a^2 \hat{c}} \ddot{\psi}_{(ik)} - \frac{s_2}{a} \dot{\psi}_{(ik)} + \partial_{\psi_{(ik)}} w_h - \partial_k \left( \partial_{h_k \psi_{(ik)}} w_g \right) = 0,
\]

(91)

which is similar to the Jeffreys type modification of the Maxwell-Cattaneo-Vernotte equation [53].

The thermal part of the dissipation inequality is satisfied by the modified Fourier law that follows from Eq. (58)

\[
q_k + g_{ij} \partial_{h_i} \psi_{ij} w + g_{ij} \partial_{h_i} \beta_{ij} w = \lambda \partial_k \ln T.
\]

(92)

As it was shown [25] on the example of one-dimensional thermoelasticity, the primary internal variable \( \psi_{(ij)} \) can be interpreted in this case as a microtemperature. In this context, it is understood as a fluctuation of the macrotemperature due to the influence of the existing microstructure. The solution of the equations shows that influence of microtemperature may result in a wavelike propagation of temperature if the corresponding damping effects are small [25].

5. SUMMARY AND DISCUSSION

The paper is devoted to the answer of the following question: How could we obtain evolution equations of physical quantities, about which we do not know anything, i.e., only general principles can be considered? There are essentially two basic approaches. The first one postulates a variational principle of Hamiltonian type coming from mechanics. In this case dissipation is something additional to the non-dissipative basic mechanical evolution. The second approach is coming from thermodynamics: one can assume that the evolution of new variables is not exception from the second law and generate their governing differential equations accordingly. This is the situation in the case of internal variables in general as it was summarized by Maugin and Muschik [17, 18]. The two approaches can be generalized. Thermodynamic principles and dual internal variables in the framework of a second order weakly nonlocal theory give a straightforward and simple way of the generalization [21].

As a result, the thermodynamic consistency of continuum mechanics with dual tensorial internal variables was analyzed in the present paper by the Liu approach to the exploitation of the second law in the Piola-Kirchhoff framework. Then local evolution was considered in isotropic materials in the small strain approximation. The entropy production was calculated and thermodynamic forces and fluxes were identified. Then a quadratic free energy and linear conductivity relations closed the system of equations. The final evolution equations in a non-dissipative case
are equivalent of those for micromorphic continua, therefore, the thermodynamic 
method gave a dissipative extension of the original Mindlin theory.

We have given several particular examples that arise as special cases of the gen-
eral theory. Our goal was only partially a justification, but also the identification of 
the most important differences from other theories and the interpretation of some 
qualitative predictions of our approach. We have seen that phenomena of microtem-
perature, sophisticated couplings in generalized rheology, and special properties of 
the dissipative extension without assuming reciprocity relations, all are open for 
experimental testing. We think that this approach is essential in the case of gener-
alized continua, where additional coefficients are considered hardly measurable.In 
this respect we have analyzed the limitations of the dissipation in other classical 
approaches, in particular in the Eringen-Suhubi theory, which is one of the most 
developed from this point of view. We have seen, that due to the restrictive start-
ing assumptions (mechanical interpretation of the internal variable, locality, special 
entropy flux, etc.) the considered dissipation is extremely limited. For example, 
under the traditional approaches one cannot recover neither the Ginzburg-Landau 
equation, nor simple viscoelasticity.

It is remarkable, that the finite deformation part of our approach shares short-
comings of the Piola-Kirchhoff framework. There are indications that the require-
ment of objectivity and material frame indifference are not treated properly in this 
case [54, 55]. Beyond the reservations of using material manifolds in general, it is 
also remarkable that the exclusion of velocity field \( v_i \) from the constitutive state 
space is not necessary [27, 56].

We expect several interesting phenomena by the analysis of higher-order non-
locality at the mechanical and thermal side. Here the comparison to phase field 
approaches looks like a promising direction (see e.g. [57, 58, 59]).

6. Appendix

In this section we shortly derive the material time derivatives, introduce the 
small strain approximation and describe the transformation of the balances between 
a Piola-Kirchhoff and local frameworks. Here we distinguish between contra and 
covariant as well as between material manifold and space-time vectors and tensor 
components. The covariant and contravariant vectors are denoted by lower and 
upper indices, the space vector and tensor components are denoted by minuscules, 
and the vector and tensor components at the material manifold by capital letters.

We assume here that the reference configuration is relaxed, stress free, therefore 
the transformation between the material and spatial descriptions is standard (see 
e.g. [60]). For a more detailed kinematics, considering general bodies, see [54].

The material vectors are denoted by \( X^i \), the spatial ones by \( x^i \). Therefore, the 
deformation gradient, the material manifold derivative of the motion, \( \chi^i(t, X^J) \), is 
given as:

\[
F^i_J = \partial_J \chi^i. \tag{93}
\]

The transformation between material and spatial vectors and covectors is the fol-
lowing:

\[
a^J = (F^{-1})^J_i a^i, \quad a^i = F^i_J a^J, \tag{94}
\]

\[
b_J = F^i_J b_i, \quad b_i = (F^{-1})^i_J b_J \tag{95}
\]
In particular, the transformation of space derivatives follows the lower indexed covector rule:
\[ \partial_{J} = F_{J}^{a} \partial_{a}, \quad \partial_{i} = (F^{-1})_{i}^{a} \partial_{a}. \] (96)
The summation over repeated indices is still assumed.

6.1. **Material time derivatives.** The transformation of time derivatives is different for quantities with different tensorial character. For scalars, the partial time derivative on the material manifold, \( \tilde{\partial}_{t} \), is the substantial derivative for local quantities. We use the convenient dot notation for local quantities that corresponds to the partial time derivative on the material manifold for scalars, for the velocity and for acceleration fields:
\[ \tilde{\partial}_{t} a(t, x^i) = \dot{a} = \partial_{t} a(t, x^i) + v^i \partial_{a} a(t, x^i), \] (97)
\[ \tilde{\partial}_{t} \chi^{i} = v^{i}, \quad \tilde{\partial}_{t} \chi^{i} = \dot{v}^{i}. \] (98)
The material time derivative of internal variables with various tensorial character differ from each other. Here we give the calculation for the second-order tensorial time derivative on the material manifold expressed by spatial fields gives the material time derivative:
\[ \tilde{\partial}_{t} \psi^{ij} = \tilde{\partial}_{t} \left( (F^{-1})_{i}^{L} (F^{-1})_{j}^{k} \psi^{Lk} \right) \]
\[ = (F^{-1})_{i}^{L} (F^{-1})_{j}^{k} \partial_{t} \psi^{Lk} - (F^{-1})_{i}^{L} F^{k}_{L} (F^{-1})_{j}^{L} \dot{\psi}^{ij} \]
\[ - (F^{-1})_{i}^{L} F^{k}_{L} (F^{-1})_{j}^{L} \dot{\psi}^{ij} \]
\[ = (F^{-1})_{i}^{L} (F^{-1})_{j}^{k} \left( \dot{\psi}^{ij} - \partial_{k} v^{i} \psi^{kj} - \partial_{k} v^{j} \psi^{ik} \right). \] (99)

Therefore, the spatial form of the abovementioned formula, the material time derivative of the tensor, is given as
\[ \tilde{\psi}^{ij} = F_{i}^{j} F_{j}^{k} \tilde{\partial}_{t} \psi^{Lk} = \dot{\psi}^{ij} - \partial_{k} v^{i} \psi^{kj} - \partial_{k} v^{j} \psi^{ik}. \] (100)

Here we used the kinematic relation for the spatial velocity gradient and the time derivative of the deformation gradient \( \partial_{t} v^{i} = \partial_{t} F_{i}^{j} (F^{-1})_{j}^{k} \). In case of cotensors or mixed tensors, the spatial form of the material time derivative is different.

6.2. **Small strains.** The small spatial strains are defined with the left Cauchy-Green deformation \( A^{ij} = F_{i}^{j} F_{j}^{k} \), as
\[ \dot{\epsilon}^{ij} := \frac{1}{2} (A^{ij} - \delta^{ij}). \] (101)
This choice is the best considering the requirement of objectivity [54]. The material time derivative of the strain in the small strain approximation is the symmetric part of the velocity gradient
\[ \dot{\epsilon}^{ij} = \frac{1}{2} \dot{A}^{ij} \approx \frac{1}{2} (\partial^{i} v^{j} + \partial^{j} v^{i}). \] (102)
It should be noted that in the small strain approximation one may obtain identical results starting from different deformation concepts.

The spatial form of the second material time derivative of the strain is particular
\[ \ddot{\epsilon}^{ij} = \frac{1}{2} \ddot{A}^{ij} \approx \partial^{i} v^{i} + \partial_{k} v^{i} \partial_{k} v^{j}. \] (103)
Here we have used that \( \partial_i \dot{v}^j A^{ij} = \ddot{F}_j^i (F^{-1})^i_l F^K_l F^K_j \).

6.3. **Spatial balances.** The relation between the local density \( \rho \) and the material density \( \rho_0 \) is

\[
\rho = \frac{\rho_0}{\det F},
\]

where \( \det F \) is the determinant of \( F^j_i \).

The local and Piola-Kirchhoff forms of the heat flux and the stress are, respectively,

\[
\begin{align*}
q^i &= (\det F)^{-1} F^i_j q^j, & \quad q^I &= \det F (F^{-1})^I_j q^j, \\
t^{ij} &= (\det F)^{-1} F^i_k t^{Kj}, & \quad t^{Ij} &= \det F (F^{-1})^I_k t^{kj}.
\end{align*}
\]

(104) (105)

For the transformation of basic balances, the Nanson theorem is essential. It can be written as:

\[
\partial_j (\det F (F^{-1})^j_i) = 0_i.
\]

(106)

The proof is straightforward, when considering that the derivative of the determinant is \( \partial_j (\det F) = \det F (F^{-1})^j_i \partial_j F^i_k \) and the derivative of the inverse deformation gradient is \( \partial_j (F^{-1})^j_i = -(F^{-1})^j_I \partial_j F^K_i (F^{-1})^K_j \).

Then the transformation of the balance of internal energy follows by substituting the definitions:

\[
\rho_0 \dot{\varepsilon} + \partial_K q^K = \det F \dot{\varepsilon} + \det F (F^{-1})^I_j \partial_I q^j =
\]

\[
= \det F (\dot{\varepsilon} + \partial_I q^j) = t^{Ij} \partial_I \dot{v}^j = \det F t^{kj} \partial_k \dot{v}^j.
\]

(107)

Similarly, the balance of linear momentum can be easily obtained:

\[
\rho_0 \dot{v}^i + \partial_K t^{Ki} = \ldots = \det F (\dot{v}^i + \partial_k t^{ki}) = 0^i.
\]

(108)

Therefore, we obtain usual local balances of internal energy and momentum \([48]\) and \([49]\) without approximations.

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