Macrodystrophia Lipomatosa Extending Into the Abdominal Wall and Breast: A Case Report

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Case Report

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Abstract

Background

Macrodystrophia lipomatosa is a rare nonhereditary congenital gigantism, characterized by overgrowth of mesenchymal and fibro-adipose tissue, affecting one or more digits of the extremities. Here, we report a rare case of macrodystrophia lipomatosa of the entire right lower limb with extension of hypertrophied fatty tissue into the abdominal wall and breast.

Case presentation

A 32 years old woman was born with abnormally elongated and thickened right leg, and the condition aggravated gradually. The disease was multiple, including the right leg, right abdominal wall, and the left breast were also involved. The patient mainly complained that she was unable to walk but with the knee flexed. Physical examination revealed that the elongation and thickening was proportional to the left leg, and the involved joints were malformed and dysfunction. X-ray and Computed tomography angiography (CTA) showed the bones and vessels were elongated and thickened, and the joints were hypertrophic and swollen. Amputation, volume reduction and liposuction was performed on the lesions. Histological examination could see abnormal fibro-fatty tissue hyperplasia, the adipocytes were invasive, and part of muscles presented fat degeneration. The lesions showed no recurrence for one year after surgery.

Conclusion

After reviewing the literature of the macrodystrophia lipomatosa, we believed that our case was rare because the hypertrophied fatty tissue extended into the abdominal wall and breast, which was different from former studies and had not been documented worldwide. This novel case will further deepens the understanding of this disease, and will be useful for clinicians in diagnosing it.

Background

Macrodystrophia lipomatosa is a rare nonhereditary developmental malformation that mainly affects fibro-adipose tissue manifesting as a form of gigantism affecting one or more digits of the hand or foot\cite{1, 2}. In 1925, it was first described by Feriz as localized gigantism of the lower limb\cite{3}. In 1960, the definition of this disease was further expanded to include the upper extremity by Golding\cite{4}. Fat deposition in subcutaneous tissues, muscles as well as nerves is the characteristic feature of macrodystrophia lipomatosa\cite{5}. Localized gigantism often has no symptoms and present with cosmetic problems\cite{6}, but as the lesions continue to grow, it may cause secondary osteoarthritis and compression of neurovascular structures. To date, there has only been three reported cases of macrodystrophia lipomatosa involving an entire limb\cite{7-9}. And only two cases in which abdominal wall involvement was recorded\cite{8, 10}. In our patient, the lesions involved not only the entire right lower limb, but also the right abdominal wall and left breast, which was different from former studies and had not been documented worldwide. And it is the reason we wish to report this case.
Case Presentation

A 32 years old woman was born with abnormally elongated and thickened right leg, and the condition aggravated gradually. Because of the heavy long leg and abnormal joints, the patient was unable to walk normally but with the knee flexed. Including the right leg, the right abdominal wall, and the left breast were also involved without palpable mass. There was no related family history. The height and weight were 155cm and 87kg, respectively. We found the elongation and thickening was proportional to the left leg, and the involved joints were malformed and dysfunction (Tab.1, Fig.1). X-ray and Computed tomography angiography (CTA) were done preoperatively, as well as postoperative histological examination. X-ray showed that all segments of right leg are obviously enlarged, pelvis is deflected, right femur, tibia and fibula are thickened, elongated and curved, osseous prominences could be seen on their ends. Tarsals and joint spaces are obscured. The ends of metacarpus and phalanges are thickened with rough borders, some joint cavities are narrowed (Fig.2). CTA showed that the vessels of right leg are smooth but abnormally elongated and thickened, without malformed vessel cluster. Cortex of femur, fibula and tibia is rough with hypertrophy, osseous prominences could be seen on the proximal ends, and the patella could not be showed. Bones of right foot are irregular, with obscured joints. Muscles of right leg are atrophied with obviously thicken adipose tissue (Fig.3). Amputation, volume reduction and liposuction was performed on the lesions. And no adverse events were observed post-operation. The extremely thickened subcutaneous adipose tissue and many thickened vessels could be seen in operation, and part of muscles present fat degeneration. Light microscope showed fibro-adipose tissue hyperplasia, which was same as the left breast and right abdominal wall. Part of the muscles were infiltrated by adipocytes, with intramuscular fatty hyperplasia, muscle fiber degeneration and loss of striation (Fig.4). In summary, the case was diagnosed as Macrodystrophia lipomatosa, which extend into the abdominal wall and breast. The lesions showed no recurrence for one year after surgery. And the patient was satisfied with the result.

Tab.1 Length and Circumference of segments of lower extremities (cm)

|                         | right | left |
|-------------------------|-------|------|
| Length of thigh         | 67    | 40   |
| Length of lower leg     | 62    | 35   |
| Length of sole          | 38    | 22   |
| Circumference of the middle thigh | 75    | 44   |
| Circumference of the middle lower leg | 64    | 29   |
| Circumference of the middle dorsal | 66    | 19   |

Discussion And Conclusions
Unilateral macromelia could be seen in many cases such as lymphedema, lymphangioma, neurofibromatosis, Klippel-Trenaunay-Weber syndrome, and macrodystrophia lipomatosa. In general, the clinical history and a thorough physical examination can help distinguish these entities. Lymphedema begins from the distal ends, and gradually involves the proximal part, with thickening of skin and sunken edema. Lymphangioma is a congenital benign tumor consisting lymph ducts with proliferative endothelia and fibrous tissue. Neurofibromatosis is characterized by a positive family history and cafe-au-lait spots of skin. An enlarged, tortuous nerve studded by soft-tissue nodules could be checked in plexiform neurofibroma. Klippel-Trenaunay-Weber syndrome could be diagnosed according to its characteristic cutaneous capillary hemangiomas and varicose veins. The above diseases could cause thickening of local or total unilateral limb but elongation of limb.

According to clinical presentation, this case is most similar with macrodystrophia lipomatosa. Benign fibro-fatty infiltration involving the soft tissues of the distal arm or leg is the clinical characteristic of macrodystrophia lipomatosa, with associated dactylomegaly of the associated digits. Macroductyly initiated shortly after birth and were associated with a high incidence of anomalies including syndactyly, polydactyly, and clinodactyly. Unilateral median nerve distribution of the hands with multiple adjacent digits is more often, while a single digit could be involved, sometimes might be noted on the medial digits of the foot. Histopathological characteristic is fibro-fatty tissue hyperplasia which is also similar to this patient's. However, in the involved leg of our case, both elongation and thickening were proportional to the left leg, and such extensive and huge lesion is rarely seen in former literatures. In addition, the abdominal wall and breast were also involved, which is different from former studies.

Histopathological examination of this case could see abnormal fibro-fatty tissue hyperplasia, the adipocytes were invasive, and part of muscles presented fat degeneration, which is also similar to congenital infiltrating lipomatosis (CIL), a rare congenital disease initiating from infant. Slavin et al. initially described CIL in 1983. In 1987, De Rosa et al. listed the main characteristics of CIL, including (1) non-encapsulated proliferation of mature fatty tissue, (2) diffused muscle and adjacent soft parts infiltration, (3) presence of fibrous tissue and increased number of vessels and nerves, (4) absence of lipoblasts or other signs of malignancy, despite the pattern and the speed of growth, (5) hypertrophy of adjacent bones and (6) congenital origin with a strong tendency of postoperative recurrence. The histopathological characteristic of this case accords with CIL and macrodystrophia lipomatosa, while CIL always involves the face but limbs. Macrodystrophia lipomatosa and CIL may be the same lesion which occurred in different part of the body.

The differences of this case from the formerly reported macrodystrophia lipomatosa include: (1) The whole right leg is involved with proportional elongation and thickening, and such extensive and huge lesion is rarely seen in former literatures. (2) The adipocytes are invasive, and the part of leg muscles and pectoralis major present fat degeneration. (3) The lesions are multiple, including the right limb as well as right abdominal wall and left breast, which had not been documented worldwide. This novel case will
further deepens the understanding of the macrodystrophia lipomatoso, and will be useful for clinicians in diagnosing it.

**Abbreviations**

CTA: computed tomography angiography; CIL: congenital infiltrating lipomatosis

**Declarations**

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Not applicable

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**Availability of data and materials**

All data generated or analysed during this study are included in this published article.

**Authors’ contributions**

Jian Liu is a major contributor in writing the manuscript and compiling figures. Liang Guo provided radiographic data and description. Jiaming Sun and Zhenxing Wang helped revised the manuscript. Nengqiang Guo designed and organized the study, confirmed the pathological analysis. This manuscript has been read and approved by all authors.

**Ethics approval and consent to participate**

The ethical approval and documentation for a case report was waived by the Ethical Committee of the Tongji Medical College of Huazhong University of Science and Technology.

**Consent for publication**

Written informed consent was obtained from the patient for the publication of this case report and any accompanying images.

**Competing interests**

The authors declare that they have no competing interests.

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