Key Factors to Improve Pharmaceutical Industry’s R&D Productivity: A Case Study of Iranian Pharmaceutical Holding

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Received: 6 Feb 2022 Published: 10 Oct 2022

Abstract

Background: Productivity is one of the most important factors of development in pharmaceutical companies, which is in direct contact with research and development (R&D) employees. The study aimed to identify and prioritize the effective factors for improving the R&D Activities of Iranian pharmaceutical holding.

Methods: This case study was performed by a questionnaire designed into two sectors, demographic profile data, and nine attitude factors. The questionnaire was distributed to Iranian pharmaceutical holding. The main sampling targets were managers and employees of the R&D department. Cronbach’s alpha considered the reliability of the questionnaire, and the validity of the questionnaire was measured by the content validity method. Descriptive analyses were done using frequency, percentage, mean, standard deviation, and variance. Also, Kolmogorov–Smirnov, Pearson correlation coefficient, F test, and Friedman test were used as comparative and inferential analyses.

Results: A total of 65 questionnaires were collected (43 are men and 22 are women) from 11 companies of an Iranian pharmaceutical holding. The 5-10 years of work experience with doctorate education levels were common. Based on the ranking done on the data using the Friedman test method, economic factors were recognized as the most important and individual factors as the least important factors. People aged 35-40 years had a higher frequency. Furthermore, there was a significant difference between considered factors and productivity of R&D.

Conclusion: All current study’s hypotheses show a significant difference in productivity in Iranian pharmaceutical companies.

Keywords: Iranian Pharmaceutical Holding, Productivity, Research and Development, Empirical Study, Key Factors, Pharmaceutical Industry, Case Study, R&D

Introduction

Pharmaceutical Research and development (R&D) are discovering, developing, and launching new pharmaceutical products. Industrial R&D is a scientific and economic process. The scientific sector identifies opportunities and limitations, but the economic sector determines which scientific opportunities and challenges are addressed.

*What is “already known” in this topic:
R & D department plays a crucial role in the pharmaceutical industry product development. The focus of previous studies was on the important factors and evaluation of R&D activities in pharmaceutical companies, which show various aspects and critical parameters in this area.

→What this article adds:
Regarding the importance of productivity in pharmaceutical industry R&D departments, in the present study, we find the elements that have significant effects on productivity.

As a result, we attempted to determine the most effective factors and to mention the ranking priority of each element affecting R & D unit Productivity.
through industrial research. The competitive position of leading pharmaceutical companies depends on R&D researchers and staff developing new products. Undoubtedly, in industry, there is a strong correlation between business success and the success of R&D researchers. Therefore, researchers and staff have been the main focus of the achievements of large pharmaceutical companies in the last 10-15 years (1, 2). The health sector is one of the most vital sectors of society, and pharmaceutical companies are one of the health sectors. In other words, pharmaceutical companies play an important role in maintaining and promoting public health, and the pharmaceutical industry plays a key role in providing the drugs society needs. R&D plays an important role in the pharmaceutical company's performance, and increasing the productivity of this vital institution can impact the drug market. Therefore, identifying the factors that increase the productivity of the R&D in pharmaceutical companies can significantly impact the pharmaceutical industry's success and the promotion of public health (3, 4).

The productivity term was first introduced by François Kane, a mathematician and economist. In 1883, another Frenchman, Liter, defined productivity as the science and technique of production. In 1950, the Organization for Economic Co-operation and Development (OECD) formally defined productivity as the fraction obtained by dividing the quantity or value of a product by the quantity or value of one of the factors of production (5, 6). The definition of productivity, according to the European Productivity Agency (EPA), is the ratio of returns to resources consumed. On the other hand, productivity is the ratio of goods or services produced to the resources used during production (7, 8). Productivity today is one of the most important factors in achieving the goals and progress of organizations. Attention to productivity is based on the belief that efficient staff can perform their tasks in the best form. When productivity is recognized as organizational culture, the organization, society, and country become a dynamic set in which every opportunity will be exploited for the benefit of the organization and the staff (9).

One of the most important goals of managers of economic organizations and industrial production units is to improve and effectively use resources such as staff, budget, materials, energy, and information (10). The existence of an appropriate organizational structure, efficient executive methods, equipment and tools for healthy work, balanced work situations, and qualified staff are among the necessities that managers must consider to achieve optimal productivity (11, 12). Employees' participation in various matters, their consciousness and efforts, and work discipline can affect productivity, especially in a turbulent and insecure environment. Productivity improvement should be the most important scientists and staff objective (13).

Since productivity improvement is one of the most basic techniques to achieve more productivity and ensure individuals' well-being, recognizing the factors affecting productivity improvement has been one of the main ideas of researchers in this field (14). Various pieces of research consider the factors affecting the productivity of human resources, including work environment conditions, financial incentives, intangible motivational factors, etc., and recommend that managers use these factors to improve labor productivity. Productivity enhancement strategies require sufficient knowledge of the company's current situation and organizational culture. Due to the important differences in the organizational culture of companies and their current situation, it is predicted that strategies to increase productivity are also different from them (15). To our best knowledge, no study has been conducted on the factors affecting productivity promotion in the R&D of pharmaceutical companies. Productivity improvement is broad, but it can be measured by designing a questionnaire. Hence, this study aimed to identify and prioritize the effective factors for improving the productivity of the R&D Activities of Iranian pharmaceutical holding. The results of this study can provide a good basis for decision-making and policy-making of managers of pharmaceutical companies and pharmaceutical policy-makers in the country.

Methods
Study design
The present study was an empirical study done in 2020 at an Iranian pharmaceutical holding. In this study, a specified method was designed to determine and evaluate different variables and factors that affect a pharmaceutical company's productivity. The data used in this study was gathered from the questionnaire distributed to managers and employees of Iranian pharmaceutical holding.

The questionnaire was designed in two sectors; one evaluated the basic profile data of the interviewees, and the second tended to determine participants' attitudes according to nine factors in evaluating R&D activities. The four critical factors, including gender, age, education level, and work experience, were mentioned as the questionnaire's demographic profile data sector. Questions of the second sector were as follows management factors, socio-psychological factors, individual factors, cultural factors, environmental factors, economic factors, personal properties, education factors, equipment, and materials which chosen response could strongly disagree, disagree, no opinion, agree and strongly agree (Table 1). The main sampling targets were managers and employees of the R&D department.

Reliability and Validity of the questionnaire
One of the methods to calculate the reliability coefficient is Cronbach's alpha. This method is suitable for assessing the validity of a questionnaire designed as a Likert scale (9). In this research, Cronbach's alpha was calculated at 0.71. Validity was referred to how accurately a method measures what it is intended to measure. In other words, the extent to which a measuring instrument can measure the properties is considered the validity of the questionnaire. There are several methods for measuring validity, including content validity, face validity, and construct validity (16). In this paper, validity was measured by the content validity method that is not evaluated numerically and is individually evaluated by the researchers (17). Five people who qualified in the pharmaceutical field were

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invited to participate in a pilot test to gauge the acceptance of the questionnaire. The participants suggested adding and omitting some parts of the questionnaire. Ultimately, all the qualified participants strongly agreed with the questionnaire's suitability. The questionnaire was considered finalized after modifying some of the questions.

Data collection
Data was gathered using a questionnaire distributed to 11 pharmaceutical companies affiliated with the Iranian pharmaceutical holding in Tehran, Iran. The questionnaires were sent to the R&D department to be filled by managers and employees. Accordingly, respondents from managers and employees who had comprehensive knowledge about the company's R&D activities were selected. The number of questionnaires sent out was 80; the number returned was 65, with a return rate of 81 percent.

Research hypothesis
In the present study, to determine the relationship between different factors which affect the productivity of the R&D department of Iranian Pharmaceutical Companies, the following hypotheses are proposed (Table 2).

Analysis of attitude survey
Descriptive analysis
The data collected by the questionnaire were summarized by the frequency distribution table and then displayed by graphs; subsequently, the data were analyzed using frequency, frequency percentage, mean, standard deviation, and variance (9).

Comparative and inferential analysis
The Kolmogorov–Smirnov (K-S) has been done to check the normality of the collected data. Also, the Pearson correlation coefficient was used to test the hypotheses. Afterward, the F test was used for regression significance. Insides, Friedman test was used to prioritize each factor affecting the productivity of the R & D department of pharmaceutical companies under the supervision of Irani-

### Table 1. Critical factors and questions

| Factor dimension         | Questions                                                                 |
|--------------------------|---------------------------------------------------------------------------|
| Management factors       | Competence of the supervisor                                               |
|                          | The amount of work controlled by the manager                               |
|                          | Timely and fair warning of supervisors about employees' mistakes           |
|                          | Continuous cooperation between different units of the organization        |
|                          | Investing in human resources                                              |
| Socio-psychological factors | A good relationship between manager and employee                          |
|                          | Having job security                                                       |
|                          | The feeling of fairness in work (non-discrimination, etc.)                 |
|                          | Existence of a sincere atmosphere among employees                         |
|                          | Participate in making a decision                                           |
| Individual factors       | Equal career advancement opportunities                                     |
|                          | Having work experience                                                     |
|                          | Existence of fit between individual interests and job                      |
|                          | Level of Education                                                        |
| Cultural factors         | Having a work conscience and adhering to rules and regulations            |
| Environmental factors    | Having a team working spirit                                               |
| Economic factors         | Ergonomics                                                                |
|                          | Proper physical condition and safety at the workplace (light, noise, etc.) |
|                          | Proper payment of cash rewards                                             |
|                          | Proper payment of non-cash bonuses                                         |
|                          | Timely payment of salaries                                                 |
| Personal properties      | Be patient and calm                                                        |
|                          | Helping colleagues when needed                                             |
|                          | Perform the job correctly the first time                                   |
| Education factors        | Teaching teamwork                                                         |
|                          | On-the-job training                                                       |
| Equipment and materials  | Changes in the quality of raw materials                                   |
|                          | Replacing equipment and machinery with workers                            |
|                          | Use of new technologies                                                    |

### Table 2. The different hypotheses of the present study

| Hypothesis | Management factors                      |
|------------|----------------------------------------|
|            | Socio-psychological factors             |
|            | Individual factors                      |
|            | Cultural factors                        |
|            | Economic factors                        |
|            | Personal properties                     |
|            | Education                               |
|            | Equipment and materials                 |
|            | The significant difference between the factors |
an pharmaceutical holding.

Results

Analysis of attitude survey

In the present study, data were collected using a self-administered questionnaire distributed to one big Iranian holding, including 11 pharmaceutical companies. Questions also included demographic profiles such as gender, age, education level, and work experience. As shown in Table 3, the sample size is 65, of which 43 are men and 22 are women. Among the subjects, people with 5 to 10 years of work experience had a higher frequency, and individuals with more than ten years of work experience had a lower frequency. It can be seen that people with doctorate education levels were frequent, and there were no people with an associate degrees. Also, people aged 35-40 years had a higher frequency, and those aged 25-30 years had a lower frequency.

According to Table 4, economic factors had a higher mean, and individual factors had a lower mean. Regarding the standard deviation, the dispersion of responses was the highest in the education factor and the lowest in economic factors compared to other factors. According to the values obtained from the K-S statistic in Table 3, it can be inferred that the expected distribution is not significantly different from the observed distribution for all variables. In other words, the distribution of these variables is normal.

Comparative and inferential analysis of research hypotheses

According to Figure 1, there is a significant difference between management, socio-psychological, individual, culture, environmental, economic, personality properties, education, and equipment and materials factors and productivity of R&D (p<0.05). Results show that by upgrading one unit of the independent variable to the coefficient of the independent variable, the dependent variable will increase. The t-statistic shows the relative importance of the independent variable.

The effect of each of the factors on the productivity of R&D was in the order of priority: economic factors, equipment and materials, environmental factors, management factors, educational factors, socio-psychological factors, cultural factors, personal properties, and individual factors (Table 5).

According to Table 6, the highest average ranking of analyzed data related to investment in human resources was among management factors. On the other hand, the lowest average ranking was related to the timely and fair warning of the supervisors about the employees’ mistakes. Also, the highest average ranking of data related to job security was among socio-psychological factors, and the lowest ranking of data was related to the existence of a sincere atmosphere among employees. The highest average ranking among individual factors was related to equal career advancement opportunities, and the lowest average was related to having work experience.

The highest data average was related to having a work

![Figure 1. The impact rate of different factors on the productivity of R&D.](image_url)
Table 5. Friedman test analysis

| Factors                      | chi-square | df | P-value |
|------------------------------|------------|----|---------|
| Management factors           | 123.616    | 4  | <0.001  |
| Socio-psychological factors  | 148.34     | 4  | <0.001  |
| Individual factors           | 47.584     | 3  | <0.001  |
| Cultural factors             | 6.4        | 1  | 0.011   |
| Environmental factors        | 23.113     | 1  | <0.001  |
| Economic factors             | 10.257     | 2  | 0.006   |
| Personality properties       | 11.471     | 2  | 0.003   |
| Education factors            | 23.12      | 1  | <0.001  |
| Equipment and materials      | 47.791     | 2  | <0.001  |

Table 6. Propriety of different factors and variables

| Factor dimension          | Questions                                      | Average ranking | Rank |
|---------------------------|------------------------------------------------|-----------------|------|
| Management factors        | Investing in human resources                   | 4.06            | 1    |
|                           | Continuous cooperation between different units of the organization | 3.78            | 2    |
|                           | The amount of work controlled by the manager   | 3.29            | 3    |
|                           | Competence of the supervisor                   | 2.05            | 4    |
|                           | Timely and fair warning of supervisors about employees' mistakes | 1.82            | 5    |
| Socio-psychological factors | Having job security                            | 4.15            | 1    |
|                           | A feeling of fairness in work (non-discrimination, etc.) | 3.79            | 2    |
|                           | Existence of a sincere atmosphere among employees | 3.37            | 3    |
|                           | Participate in making a decision                | 2.18            | 4    |
|                           | A good relationship between manager and employee | 1.52            | 5    |
| Individual factors        | Equal career advancement opportunities         | 2.95            | 1    |
|                           | Existence of fit between individual interests and job | 2.88            | 2    |
|                           | Level of Education                             | 2.51            | 3    |
|                           | Having work experience                         | 1.65            | 4    |
| Cultural factors          | Having a work conscience and adhering to rules and regulations | 1.62            | 1    |
|                           | Having a team working spirit                    | 1.38            | 2    |
| Environmental factors     | Proper physical condition and safety at the workplace (light, noise, etc.) | 1.77            | 1    |
|                           | Ergonomics                                     | 1.23            | 2    |
| Economic factors          | Timely payment of salaries                     | 2.13            | 1    |
|                           | Proper payment of cash rewards                 | 2.08            | 2    |
|                           | Proper payment of non-cash bonuses             | 1.79            | 3    |
| Personal properties       | Helping colleagues when needed                 | 2.15            | 1    |
|                           | Be patient and calm                            | 2.14            | 2    |
| Education factors         | On-the-job training                            | 1.71            | 3    |
|                           | Teaching teamwork                              | 1.76            | 1    |
| Equipment and materials   | Changes in the quality of raw materials        | 2.31            | 1    |
|                           | Replacing equipment and machinery with workers | 2.29            | 2    |
|                           | Use of new technologies                        | 1.40            | 3    |

conscience and adherence to rules and regulations, among cultural factors. On the inside, the lowest average ranking of the data was related to having a teamwork spirit. The highest average ranking of the data is related to the proper physical condition and safety at work (light, noise, etc.) among environmental factors, and the lowest ranking of the data was related to ergonomics. The highest average ranking of the data was related to the timely payment of salaries among economic factors. Furthermore, the lowest average ranking of the data was related to the proper payment of non-cash bonuses.

The highest average of the data was related to helping colleagues when needed among personal properties. On the other hand, the lowest average ranking of the data was related to performing the job correctly the first time. The highest average ranking of the data was related to on-the-job training among educational factors, and the lowest average ranking of data is related to teaching teamwork. The highest average of the data was related to the change in the quality of raw materials among equipment and raw materials. The lowest average of data is related to the use of new technologies.

Discussion

The technology transfer in developing new pharmaceutical products is necessary and undeniable. Therefore, the improvement of quality assurance systems of pharmaceutical products in all stages of R&D of production and marketing in line with the process of reviewing the current quality assurance laws and methods of their implementation is considered. The ultimate goal in the successful technology transfer is to provide documentary evidence of the adequacy of the raw material manufacturing processes and the final product in quality products and their compliance with the recorded specifications. In the pharmaceutical industry, technology transfer means transferring technology and information necessary to achieve quality products during the manufacturing process. Achieving better productivity and efficiency in each department depends on the adequacy, capability, and productivity of the human resources of that department.

Productivity improvement is broad, but it can be measured by designing a questionnaire. Hence, this study aimed to identify and prioritize the effective factors for improving the productivity of the R&D Activities of Ira-
nian pharmaceutical holding. The most important management factor affecting productivity was investing in human resources. A different study on the effect of the participatory leadership style of managers, human resources components, and performance appraisal on employee productivity followed this hypothesis and confirmed this study’s results (18, 19). Then, according to the results of this study and other studies, it seems that management factors include: the competence of the supervisor, the amount of work controlled by the manager, timely and fair warning of supervisors about employees’ mistakes, continuous cooperation between different units of the organization, and investment in human resource has an impact on increasing the productivity of the research and development sector.

According to the results of this study and other studies, socio-psychological factors include: good relations between manager and employee, having job security, a feeling of fairness at work (non-discrimination, etc.), the existence of a sincere atmosphere between employees, and participation in decision-making were effective on increasing the productivity of R&D department (9, 20). According to the Friedman test, which was conducted among the components of socio-psychological factors, it was observed that having job security had the greatest impact on productivity. Other aspects of feeling of fairness of work (non-discrimination, etc.), a good relationship between manager and employee, participation in decision-making, and an intimate atmosphere among employees have affected productivity, respectively.

According to the results of this study and other studies, individual factors, including equal career advancement opportunities, have had the greatest impact on productivity. Also, the fit between individual interests and jobs, education level, and work experience have affected productivity, respectively (21). Annabi et al. showed the effect of having a team-working spirit on products, consistent with this study’s result (18). The results also showed that having a work conscience and adherence to rules and regulations had the greatest impact on productivity. Having a team-working spirit also impacted productivity. Gerge et al. indicated the effect of the appropriate environment on productivity (20). Therefore, according to the results of this study and other studies, it could be considered appropriate physical conditions and safety of the workplace have had the greatest impact on productivity, and then ergonomics has affected productivity.

Timely payment of salaries has had the greatest impact on productivity. In addition, proper payment of cash and non-cash rewards have increased the productivity of R&D, respectively (20, 22). Studies have shown that employees’ abilities affect productivity. The results of this study show that helping colleagues when needed has the greatest impact on productivity; patience, calmness, and proper execution of work are personality traits that have affected productivity, respectively (23). On-the-job training has had the greatest impact on productivity, followed by teamwork training. Researchers have confirmed that continuous education can affect the productivity of the R&D department (20, 22).

Furthermore, changes in the quality of raw materials, the replacement of equipment and machinery with workers, and new technologies have impacted productivity significantly. Another study confirmed raw material factors’ effect on the productivity of the R&D department, which was under the results of this study (20). There was a significant difference between the components affecting the productivity of the R&D department in terms of priority. The most impact was related to economic factors, and the least was related to individual factors.

**Conclusion**

Our results showed that economic factors were recognized as the most important and individual factors as the least important factors. Furthermore, human resources affected productivity in Iranian pharmaceutical companies.

**Acknowledgments**

Thanks Iran University of Medical Sciences, we had an opportunity to complete this study.

**Conflict of Interests**

The authors declare that they have no competing interests.

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