Agronomic Performance of the Alternative Cereal Species in the Highest Plain of Turkey

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ABSTRACT
Due to their important nutrition and health potential, the interest in einkorn (Triticum monococcum L.) and emmer (Triticum dicoccum Schrank) wheat, as well as naked barley (Hordeum vulgare L. var. nudum) species is increasing. The study examined the agricultural properties related to einkorn wheats, three emmer wheats and two naked barleys, one bread wheat and one hulled barley in spring sowing under irrigated and rain-fed conditions. Depending on irrigated and rain-fed agriculture conditions, the vegetative period of genotypes varied between 59.3-71.7 and 58.2-71.0 days, grain filling period varied between 29.8-38.0 and 26.7-33.8 days, plant height varied between 79.6-105.2 and 79.1-99.0 cm, the number of spike per square-meter varied between 533.3-682.5 and 457.5-573.3, the number of grains per spike varied between 31.2-54.6 g and 28.0-47.6 g, the grain yield varied between 2410-4099 kg ha⁻¹ and 1716-2660 kg ha⁻¹, and the crude protein content varied between 10.1-13.5% and 10.4-14.8%, respectively. The highest grain yield was obtained from Tokak 157/37 barley cultivar, while the highest crude protein contents were obtained from einkorn genotypes. The number of spike per square-meter, the number of grains per spike, the 1000 kernel weight and the grain yield decreased by 14.6%, 9.4%, 8.7%, and 26.2% respectively, while the crude protein content increased by 8.2% under rain-fed agriculture conditions. It was determined that Özen and Yalın barley varieties could not be an alternative to Tokak 157/37 barley cultivar due to low grain yield and protein content. Einkorn cv. Çatalyazi and emmer wheat cv. Çağlayan in irrigated conditions, and all the einkorn and emmer genotypes in rain-fed conditions were superior to Kirik wheat genotype in terms of grain yield. The genotypes of the einkorn had a significantly higher grain protein content compared to the Kirik and emmer genotypes. It is possible to note that Çatalyazi and Çağlayan genotypes are promising cereals in Erzurum region.

Keywords: Einkorn, Emmer, Naked barley, Yield, Protein

1. Introduction

The first culture forms and local populations of wheat and barley are important as a genetic source for the improvement of these species (Zaharieva & Monneveux 2014) and for breeding quality (Lachman et al. 2012 a, b; Longin & Würschum 2016) and resistance to stress factors (Jaradat 2011; Aslan et al. 2016 a, b) in modern varieties. Einkorn (Triticum monococcum L.) and emmer (Triticum dicoccum Schrank) hulled wheat species, the first plants that were cultivated by humankind, are still cultivated in some countries such as Turkey, the Balkans, Italy, France, Spain, Germany, Switzerland and Austria today (Konvalina et al. 2013). Einkorn populations in Kastamonu, Karabük, Samsun and Bilecik provinces of Turkey have been cultivated, while emmer populations in Kars, Ardahan and Kayseri have generally been produced in high altitude and barren-unproductive areas. They are mainly utilized for cracked wheat, bread, pasta, noodles, tarhana soup and animal feed.

Archaeological findings indicate that hulled wheat species, which have different names such as siyez, kabılca, kavılca, gacer, have grown in Turkey for over 10,000 years. Sowing areas of einkorn and emmer wheat species that cannot compete with modern varieties in yield and gains are gradually decreasing. Statistical data demonstrated that hulled wheat producing area in Turkey was 137,000 ha in 1953, while it was 38,000 ha in 1983 and 3076 ha in 2017. Morgounov et al. (2016) reported that the decrease of genetic diversity of the local wheat population in Turkey ranged from 50% to 70% compared to 1920 and the main reason why local populations are still grown in limited areas is high grain quality and resistance to abiotic stress factors. Einkorn and emmer wheat, also known as ancient wheat species, have been the subject of numerous studies in recent years. These wheats are defined as functional foods with significant potential for human nutrition and health because of their high protein, fiber, mineral, antioxidant and carotenoid values (Borghi et al. 1996; Brandolini et al. 2008; Chatzav et al. 2010; Lachman et al. 2012 a, b). Moreover, these are recommended as alternative crops for low input agriculture and organic farming conditions due to their resistance to some fungal diseases and pests (Konvalina et al. 2010; Zaharieva & Monneveux 2014) and their adaptation to poor nutrient soils (Troccoli & Codianii 2005; Konvalina et al. 2012). Aslan et al. (2016 a) reported that einkorn wheat populations
were more tolerant of cold stress than bread wheat cultivars during germination period while Feng et al. (2018) pointed out that emmer wheat was a potential gene source in salt stress breeding.

The non-adherent husk status of naked barley is a trait that occurs as a result of mutation after cultivation of the barley and is controlled by a recessive single gene locus (nud) (Taketa et al. 2004). Naked barley is the most common culture in the world in China's Tibetan Plateau and Australia, Mexico, Canada, Japan, Syria, and the UK are listed as other producer countries (Zeng 2015). The development of naked barley (Hordeum vulgare L. var. nudum) varieties increases the use of barley in human nutrition with its addition different proportions to bread, pasta and noodles and in the form of soup, porridge, cookies and beverages (Altan et al. 2006; Köten et al. 2013). The interest in naked barley that is a rich source of essential vitamins, minerals and beta-glucan soluble fiber has increased as it is highly recommended as a suitable nutritional option for people with diabetes and cholesterol problems (Kinzer et al. 2011; Yan et al. 2016; Sterna et al. 2017).

Although there is an increasing interest in einkorn and emmer wheat as well as naked barley, which have significant potential in terms of nutrition and health, the data on the adaptation of these species to different environmental conditions is limited. Einkorn and emmer populations, which have significant potential for low input agriculture and organic farming are likely to be easily accepted by farmers in the Erzurum region due to their resistance to some diseases and pests and their ability to adapt to poor soils. Three einkorn populations, three emmer populations and two naked barley cultivars, Kirik bread wheat and Tokak 157/37 barley cultivars were tested under Erzurum irrigated and rain-fed agricultural conditions, and some agricultural characteristics and their potential to be alternative products were investigated in this study.

2. Material and Methods

This study was carried out during 2017 and 2018 at Atatürk University Plant Production Application and Research Centre in Erzurum (latitude 39° 55’ N, longitude 41° 61’ E, 1853 m above sea level), Turkey. The experimental material consisted of 10 cereal genotypes, belonging to different species and including local landraces and the modern varieties, were used in this study (Table 1). In the region, the most common varieties of Kirik and Tokak 157/37 were used as checks. The seeds of landraces were sampled in-place from farmers’ current crop year harvest stocks. During the vegetation period, the total rainfall was 138.4 and 285.6 mm, the average temperature was 14.9 and 14.6 °C in 2017 and 2018, respectively (Table 2). The experimental soil was a clay-loam with pH of 7.65-7.81, organic matter content 1.51-1.52%, and total N content 0.088-0.091. Available P and K contents of the soils were 79.2-83.3 and 1237-1267 kg ha⁻¹, respectively. The experiments were sown on 21st April, 2017 and 20th April 2018 in spring. The experimental design was a randomized complete block in a split-plot configuration with three replications. Main plots were irrigated and rain-fed treatments and subplots were the genotypes. In irrigated treatment, plots were irrigated at booting stage and milk stage of plants. In rain-fed treatment, plants were grown under natural conditions. Plots were sown with a planter. The seeding rate in the experiments for all the genotypes was 500 viable seeds per m². Subplots consisted of six plant rows spaced 20 cm apart, with a row length of 6.0 m. N as ammonium sulphate was applied to the plots of 60 kg ha⁻¹ and P as TSP to the plots of 50 kg ha⁻¹. Half of N and all P were applied at sowing; the second half of N was applied at the beginning of stem elongation. Weeds were controlled by hand.

Table 1- Names and some traits of the alternative cereal species included in the field experiments

| Genotypes         | Origin                                      | Some traits                               |
|-------------------|---------------------------------------------|-------------------------------------------|
| **Einkorn landraces** |                                             |                                           |
| Catalyazı         | Kastamonu - Catalyazı Village               | Light brown spike, awny, amber grain      |
| Enbiya            | Kastamonu - Enbiya Village                  | Yellow spike, awny, amber grain           |
| Musasofular       | Bolu - Musasofular Village                 | White spike, awny, amber grain            |
| **Emmer landraces**|                                             |                                           |
| Yıldırımtepe      | Ardahan - Yıldırımtepe Village              | Brown spike, awny, amber grain            |
| Çalıyan            | Kars - Çalıyan Village                      | Light brown spike, awny, amber grain      |
| Şahmelik           | Kayseri - Şahmelik Village                  | White spike, awny, amber grain            |
| **Naked barley**  |                                             |                                           |
| Özen               | Field Crops Central Research Institute - Ankara | Spring, 2-rows, medium early, medium height, awny, white-amber grain |
| Yalın              | Field Crops Central Research Institute - Ankara | Alternative, 2-rows, medium late, medium height, awny, white-amber grain |
| **Bread wheat**   |                                             |                                           |
| Kirik              | East Anatolian Agricultural Research Institute - Erzurum | Alternative, awnless, white-hard grain |
| **Hulled barley** |                                             |                                           |
| Tokak 157/37      | Field Crops Central Research Institute - Ankara | Alternative, 2-rows, medium early, medium height, awny, white grain |

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The length of the vegetative period (VP) was taken as the number of days from sowing to anthesis. The length of the grain-filling period (GFP) was taken as the number of days from anthesis to physiological maturity. Anthesis was defined as the period when 50% of the spikes had anthers extruding, and physiological maturity was defined as the period when 50% of the glumes of the spikes had turned yellow. Plant height was measured from soil surface to top of spikes. Spikes per m² were determined from a 1-m row sample. Ten spikes were randomly harvested from within plots for the determination of kernels per spike. At maturity, the plots were trimmed to 4.5 m, and the four inner rows were harvested with a plot combine, and the weight of cleaned grain from each plot was recorded. Kernel weight was determined based on 4x100 kernel samples. Grain protein content was determined by near-infrared spectroscopy (model NIRS DS2500, Foss, Denmark) calibrated based on official AACC method 39-10 (AACC 2010). Grain samples of the einkorn and emmer landraces were dehulled before protein was determined.

The years and treatments were considered to be random, while genotypes were considered to be fixed. The analysis of variance was performed with the SAS GLM (SAS Inst., Cary, NC) software package. When significant genotype effects were detected, Duncan’s Multiple Range Test was used to determine the differences among the genotypes. Data were combined over the years and presented as a 2-year mean values.

3. Results and Discussion

The soil moisture content at sowing time was sufficient, and crops usually germinated normally in both years. In the irrigated plots, lodging occurred at the early grain-filling stage and it was visually scored as a percent of the plot. Lodging in the einkorn landraces plots was 20-30%, emmer landraces plots were 40-60%, and the other cultivars plots was 10-20%. In 2017, there was no damage related to pests or diseases. In 2018, rust diseases were observed on all the genotypes and no disease control was done.

The results of the analysis of variance showed that most of the agronomic characteristics (except 1000-kernel weight) were significantly influenced depending on year. Favorable climatic conditions during the growth cycle in 2018 increased vegetative period, grain filling period, plant height, number of spike per square-meter, grain number per spike, grain yield, and harvest index, but decreased crude protein content (Tables 3, 4 and 5). The genotype and treatment factors had a significant effect on all the traits studied. Except for grain number per spike, year x genotype interactions were highly significant in terms of the investigated traits. Year x treatment interactions were significant in terms of the vegetative period, plant height, number of spike per square-meter and 1000-kernel weight. Genotype x treatment interaction effect was significant in terms of the vegetative period, grain filling period, plant height, number of spike per square-meter, 1000-kernel weight, grain yield and harvest index.

3.1. Vegetative period, grain filling period and plant height

Vegetative period and grain-filling period are critical periods in terms of accumulation of adequate storage capacity for grain filling and kernel weight. Vegetative periods of genotypes ranged between 59.3-71.7 days in irrigated and 58.2-71.0 days in rain-fed conditions (Table 3). In both growing conditions, Tokak 157/37 cultivar had the shortest while Enbiya and Yıldırımtpe genotypes had the longest vegetative period. Karagöz & Zencirci (2005) pointed out that the vegetative period of einkorn, emmer and bread wheat were 17.0 days, 11.1 days and 14.0 days, respectively, and there were significant variations among them. Moreover, they reported that the average vegetative period was the shortest bread wheat and longest einkorn type. Ear of emmer wheat emerged eight days before einkorn wheat under Italian conditions (Troccoli & Codianni 2005). Ottektn et al. (1996) reported that naked barley genotypes matured earlier in comparison with hulled barley genotypes. It was determined in this study that einkorn and emmer wheat genotypes had a similar vegetative period with Kirik bread wheat genotype while naked barley had a similar vegetative period with Tokak 157/37 cultivar. Irrigation extended the vegetative period one more day as an average of genotypes, when compared to rain-fed condition.

Grain filling period of genotypes ranged between 29.8-38.0 days in irrigated conditions while it was 26.7-33.8 days in rain-fed (Table 3). The einkorn genotypes had the same grain filling period as the Kirik cultivar whereas naked barley cultivars had a longer grain filling period than Tokak 157/37. The average grain filling period was 34.2 days in irrigation conditions and decreased to 31.0 days in dry farming conditions. It is obvious that moisture insufficiency limits the grain filling period (Frederick & Camberato 1995; Öztürk 1999 a). The longest grain filling period in both irrigated and dry farming conditions was observed

| Months  | Total rainfall (mm) | Average temperature (°C) | Minimum temperature (°C) | Maximum temperature (°C) |
|---------|---------------------|--------------------------|--------------------------|--------------------------|
|         | 2017 | 2018 | 2017 | 2018 | LTM | 2017 | 2018 | LTM | 2017 | 2018 |
| April   | 44.8 | 11.0 | 57.5 | 5.6 | 7.4 | 5.5 | -.84 | -.18 | 12.7 | 19.8 |
| May     | 59.0 | 140.0 | 66.3 | 10.6 | 11.3 | 10.5 | -.11 | 2.3 | 17.9 | 21.8 |
| June    | 12.6 | 76.8 | 43.5 | 15.7 | 14.6 | 14.9 | 1.2 | 3.7 | 24.3 | 30.8 |
| July    | 6.8 | 24.8 | 23.4 | 20.8 | 20.1 | 19.2 | 6.0 | 4.2 | 30.6 | 24.4 |
| August  | 15.2 | 33.0 | 15.7 | 21.6 | 19.8 | 19.5 | 4.4 | 6.3 | 31.1 | 32.3 |
| Total/Average | 138.4 | 285.6 | 206.4 | 14.9 | 14.6 | 13.9 |
in Yalın and Özen varieties while the shortest grain filling period was observed in Yıldırmtepe and Şahmelik genotypes. The response of genotypes to growing conditions was different in terms of the grain-filling period. Rain-fed conditions reduced the grain filling period to 4.2 days in Özen variety and 1.8 days in Çağlayan population.

### Table 3- Vegetative period, grain filling period and plant height of the alternative cereal genotypes grown under irrigated and rain-fed conditions

| Genotypes        | Vegetative period (days) | Grain filling period (days) | Plant height (cm) |
|------------------|--------------------------|-----------------------------|-------------------|
|                  | Irrigated | Rain-fed | Mean | Irrigated | Rain-fed | Mean | Irrigated | Rain-fed | Mean |
| Çatalyazı*        | 71.2      | 70.7     | 70.9a | 34.7      | 31.0     | 32.8a | 97.8      | 93.5     | 95.7bc |
| Enbiya*          | 71.5      | 71.0     | 71.3a | 34.5      | 31.5     | 33.0b | 105.2     | 99.0     | 102.1a |
| Musasofular*      | 71.2      | 70.3     | 70.8a | 34.5      | 32.2     | 33.3b | 98.9      | 95.2     | 97.1b  |
| Yıldırmtepe*      | 71.7      | 71.0     | 71.3a | 29.8      | 26.7     | 28.3d | 89.3      | 93.1     | 91.2d  |
| Çaglayan*         | 65.7      | 64.3     | 65.0c | 34.0      | 31.2     | 33.1b | 94.1      | 90.4     | 92.3cd |
| Şahmelik*         | 71.2      | 67.5     | 69.3b | 30.8      | 28.6     | 28.4d | 93.7      | 92.0     | 92.8cd |
| Yalım*            | 64.3      | 64.2     | 64.3d | 37.5      | 33.3     | 35.6a | 79.6      | 79.1     | 79.3a  |
| Özen*             | 64.7      | 64.8     | 64.8cd| 38.0      | 33.8     | 35.9a | 96.8      | 86.2     | 91.5a  |
| Kırık*            | 71.2      | 70.3     | 70.8a | 34.7      | 32.2     | 33.4b | 99.8      | 96.5     | 98.1b  |
| Tokak 157/37*     | 59.3      | 58.2     | 58.8e | 33.7      | 30.5     | 32.1c | 83.3      | 80.3     | 81.8e  |
| Mean              | 68.2a     | 67.2b    | 67.7  | 34.2a     | 31.0b    | 32.6  | 93.8a     | 90.6a    | 92.2   |
| 2017              | 67.0      | 65.5     | 66.3b | 33.4      | 30.2     | 31.8b | 84.1      | 76.0     | 80.1b  |
| 2018              | 69.4      | 69.0     | 69.2a | 35.1      | 31.8     | 33.5a | 103.6     | 105.1    | 104.4a |

| F values          | Mean      | 30.0a     | 5104.2** | 280.0** | 1906.9** |
|--------------------|-----------|-----------|----------|---------|----------|
| Year (Y)           | 5104.2**  | 280.0**   | 1906.9** |         |          |
| Genotype (G)       | 770.9**   | 196.1**   | 47.1**   |         |          |
| Treatment (T)      | 541.5**   | 1042.3**  | 34.2**   |         |          |
| Y x G              | 10.5**    | 3.6**     | 25.6**   |         |          |
| Y x T              | 81.5**    | 0.3       | 74.9**   |         |          |
| G x T              | 11.6**    | 5.0**     | 3.3**    |         |          |
| Y x G x T          | 9.4**     | 2.9**     | 2.2**    |         |          |
| CV (%)             | 0.8       | 1.9       | 3.9      |         |          |

*The means marked with the same letter are not significantly different; F values marked with * and ** are significant at 0.05 and 0.01 levels, respectively.

(Ein: einkorn, Em: emmer, Nb: naked barley, Bw: bread wheat, Hb: hulled barley)

Plant heights of genotypes were measured between 79.6 and 105.2 cm in irrigated conditions and 79.1 and 99.0 cm in rain-fed conditions. (Table 3). In both growing conditions, the longest plant height was measured in Enbiya genotype and the shortest height in Yalım cultivar. Genotypes may differ in terms of plant height depending on vegetative period length, the number of internodes and internode length. It is possible to note that Troccoli & Codianii (2005) measured a longer plant height with 116 cm in einkorn and 127 cm in emmer, when compared to the results of this study. Karagöz & Zencirci (2005) determined that the plant height of einkorn and emmer wheat genotypes changed between 79.1-104.4 and 63.8-102.1 cm, respectively. In addition, the plant height of hulled and naked barley genotypes was determined to change between 50-84 cm and 38-82 cm, respectively by Ottekin et al. (1996). The value of hulled barley was respectively measured as 46.9-73.7 cm and 40.9-56.1 cm by Tobiasz-Salach et al. (2012) and Öztürk et al. (2001). The findings obtained in our study in terms of plant height was generally in agreement with the findings of these researchers. Plant height as the average of genotypes was 93.8 cm in irrigated conditions. However, it decreased significantly in rain-fed conditions and was determined as 90.6 cm. Plant height, which is a drought-sensitive character (Gomez-Macpherson & Richards 1995), is mainly affected by environmental conditions between booting and heading. During this period, the lack of moisture reduces plant height by shortening the nodes. Although the lack of moisture in late development periods had a less negative impact on plant height, plant height decreased significantly in rain-fed conditions.

3.2. Spike number per m², grain number per spike and 1000-kernel weight

The spike number per m² of genotypes ranged between 553.3-682.5 in irrigated and 457.5-573.3 in dry farming conditions. The highest number of spikes per square meter was recorded in Musasofular and Çatalyazı and the lowest was in Özen and Yalım genotypes (Table 4). The number of spike per square-meter of genotypes may diverge depending on the degree of tillering and the ability to maintain fertile tiller until harvest. The spike number of einkorn and emmer genotypes in this study was higher than the values (416-442) obtained by Troccoli & Codianmi (2005) under Italian conditions. The spike number of naked genotypes was higher than the values (196-389) obtained in Iran conditions by Balouchi et al. (2005). However, it was similar to the values (413-513) obtained in Poland conditions by Tobiasz-Salach et al. (2012). Number of spike per square-meter, which was 593.3 in irrigated conditions, was 506.8 due to the decrease in the fertility tiller rate in rain-fed conditions. The number of potential spikes in the unit area is mainly determined by the development processes and environmental conditions up to the beginning of the booting. However, the ability to maintain the number of fertile tillers until harvest is an important attribute that contributes to grain yield in rain-fed conditions (Öztürk 1999 b).
Grain number of genotypes varied from 16.1 to 22.6 in irrigated condition while it varied from 13.6 to 20.0 in rain-fed condition. In this study, it was found that Kırık, Şahmelik and Yalın genotypes in irrigated condition and Kırık, Tokak 157/37 and Şahmelik genotypes in rain-fed condition had the highest grain number (Table 4). Moreover, the lowest grain number per spike was observed in einkorn genotypes under both growth conditions. Since the number of the fertile spikelet in the spike and the number of fertile flowers in the spikelet differ from genotype to genotype, significant differences may occur between genotypes in terms of grain number in the spike. The number of grains per spike for einkorn and emmer wheat was determined to change between 13.6-36.6 and 15.4-39.6, respectively in Ankara condition by Karagöz & Zencirci (2005) and again ranged from 13.8 to 17.8, respectively in Czech Republic condition by Konvalina et al. (2010). In the studies on naked barley genotypes, the number of grains per spike for einkorn was reported to be between 21 and 54 under Iranian condition (Balouchi et al. 2005) and 14.7-23.6 under Polish conditions (Tobiasz-Salach et al. 2012). Drought can limit the number of grains in the spike by reducing both the number of the spikelet in the spike and flowers in the spikelet and causing the death of fertilized flowers. The number of grains per spike was 19.2 in irrigated conditions, whereas it was recorded as 17.4 in rain-fed agriculture. Although the number of potential grains in spike is mainly determined by pre-spike development processes and environmental conditions, the deficiency of moisture after anthesis may reduce the number of fertile flowers in spikes away from the center of the spike. Both Öztürk (1999a) and Bogale & Tesfaye (2011) reported that the late drought significantly reduced the grain number of a spike compared to irrigated conditions.

According to the results obtained in this study, the 1000-kernel weight of genotypes ranged between 31.2 and 54.6 g in irrigated and 28.0 and 47.6 g in rain-fed conditions. Tokak 157/37 cultivar had the highest 1000-kernel weight in both growing conditions. On the other hand, the lowest 1000-kernel weight was determined in Kırık genotype in irrigated condition and Çatalyazı genotypes in rain-fed agricultural condition (Table 4). The grain weight is also influenced by the dynamic balance between the yield components, but is mainly determined by post-flowering development processes and environmental conditions (Wiegand et al. 1981). Grain weight is a common function of the grain filling period and grain filling rate, and genotypic variation in these characters gives rise to significant differences in terms of 1000 grain weight. 1000-kernel weights for einkorn and emmer wheat genotypes were determined between 28.5 and 38.8 g and 29.5 and 34.7 g, respectively, by Karagöz & Zencirci (2005) and these findings were similar to ours. Unlike our findings, Konvalina et al. (2010) reported that the kernel weight was between 23.8 and 28.1 g and 36.9 and 46.1 g for these genotypes, respectively. This value in the studies conducted on genotypes of naked barley was determined to be between 29.0 and 43.3 g, 24 and 47 g and 37.3 and 49.4 g by Öttekin et al. (1996), Balouchi et al. (2005) and Tobiasz-Salach et al. (2012), respectively, and significant genotypic differences were noted. The shortage of moisture decreases 1000 grain weight by reducing grain filling period and increasing leaf senescence (Öztürk 1999 b; Hafsî et al. 2000). The 1000-kernel weight was 38.0 g in irrigated condition with respect to the average of crop years and genotypes, but decreased in all genotypes under rain-fed conditions and was an average of 34.7 g.

### Table 4 - Spike number per m², grain number per spike and 1000-kernel weight of the alternative cereal genotypes grown under irrigated and rain-fed conditions¹

| Genotypes              | Spike number per m² | Grain number per spike | 1000-kernel weight (g) |
|------------------------|---------------------|------------------------|------------------------|
|                        | Irrigated | Rain-fed | Mean     | Irrigated | Rain-fed | Mean     | Irrigated | Rain-fed | Mean     |
| Catalyazı<sup>Ei</sup> | 618.3     | 573.3    | 595.8<sup>b</sup>     | 16.4      | 14.3      | 15.4<sup>c</sup>     | 32.0      | 28.0      | 30.0<sup>c</sup>     |
| Enbiya<sup>Ei</sup>    | 638.3     | 552.5    | 595.4<sup>b</sup>     | 16.1      | 13.6      | 14.8<sup>c</sup>     | 34.5      | 30.0      | 32.2<sup>c</sup>     |
| Musasofular<sup>Ei</sup> | 682.5   | 546.7    | 614.6<sup>c</sup>     | 16.6      | 14.2      | 15.4<sup>c</sup>     | 34.4      | 31.2      | 32.8<sup>c</sup>     |
| Yıldırımtepe<sup>Ei</sup> | 605.0   | 540.8    | 572.9<sup>b</sup>     | 18.9      | 17.0      | 18.0<sup>c</sup>     | 36.2      | 33.3      | 34.7<sup>d</sup>     |
| Çılgıray<sup>Ei</sup>   | 579.2     | 514.2    | 546.7<sup>d</sup>     | 19.7      | 18.7      | 19.2<sup>c</sup>     | 35.2      | 32.9      | 34.0<sup>de</sup>    |
| Şahmelik<sup>Ei</sup>   | 580.8     | 468.3    | 524.6<sup>d</sup>     | 21.0      | 19.3      | 20.1<sup>a</sup>     | 38.5      | 36.1      | 37.3<sup>c</sup>     |
| Yalın<sup>Nb</sup>     | 533.3     | 483.3    | 508.3<sup>c</sup>     | 21.0      | 18.5      | 19.8<sup>b</sup>     | 41.6      | 39.3      | 40.5<sup>b</sup>     |
| Özen<sup>Nb</sup>      | 575.8     | 457.5    | 516.7<sup>b</sup>     | 20.0      | 18.9      | 19.5<sup>c</sup>     | 42.0      | 39.9      | 40.9<sup>b</sup>     |
| Kurík<sup>Bw</sup>     | 566.7     | 466.7    | 516.7<sup>b</sup>     | 22.6      | 20.0      | 21.3<sup>b</sup>     | 31.2      | 29.1      | 30.2<sup>b</sup>     |
| Tokak 157/37<sup>Har</sup> | 552.5  | 464.2    | 508.3<sup>d</sup>     | 20.1      | 19.7      | 19.9<sup>b</sup>     | 54.6      | 47.6      | 51.1<sup>a</sup>     |

| Mean                   | 593.3<sup>a</sup> | 506.8<sup>b</sup> | 550.0     | 19.2<sup>a</sup> | 17.4<sup>b</sup> | 18.3     | 38.0<sup>a</sup> | 34.7<sup>b</sup> | 36.4     |
| 2017                  | 538.3     | 478.8    | 508.3<sup>b</sup>     | 17.6      | 16.7      | 17.1<sup>b</sup>     | 38.7      | 34.0      | 36.3     |
| 2018                  | 648.2     | 535.3    | 591.8<sup>a</sup>     | 20.9      | 18.2      | 19.5<sup>a</sup>     | 37.4      | 35.5      | 36.4     |

| F values               |                     |                     |           |                     |                     |           |                     |                     |           |
| Year (Y)               | 428.1**             |                     | 45.2**    |                     |                     | 0.1       |                     |                     |           |
| Genotype (G)           | 18.6**              |                     | 25.5**    |                     |                     | 295.6**   |                     |                     |           |
| Treatment (T)          | 459.5**             |                     | 26.5**    |                     |                     | 86.8**    |                     |                     |           |
| Y x G                  | 9.8**               |                     | 0.9       |                     |                     | 58.5**    |                     |                     |           |
| Y x T                  | 42.6**              |                     | 6.4       |                     |                     | 16.0*     |                     |                     |           |
| G x T                  | 2.6*                |                     | 0.7       |                     |                     | 4.2**     |                     |                     |           |
| Y x G x T              | 2.2*                |                     | 0.2       |                     |                     | 3.6**     |                     |                     |           |
| CV (%)                 | 6.0                 |                     | 8.7       |                     |                     | 3.6       |                     |                     |           |

<sup>¹</sup>The means marked with the same letter are not significantly different; F values marked with * and ** are significant at 0.05 and 0.01 levels, respectively. (Ein: einkorn, Em: emmer, Nb: naked barley, Bw: bread wheat, Hb: hulled barley)
The more favorable climatic conditions in 2018 increased the number of spike per square meter and the number of grains per spike, and the grain yield was significantly higher than the one in 2017. Grain yields of genotypes ranged between 2410–4099 kg ha⁻¹ in irrigated conditions and 1716–2660 kg ha⁻¹ in rain-fed conditions (Table 5). Tokak 157/37 cultivar had the highest grain yield in irrigated and rain-fed conditions, followed by Özen and Yalın naked barley varieties. The lowest grain yields were obtained from Yıldırımtepe and Şahmelik genotypes in irrigated conditions and Kırık and Enbiya genotypes in rain-fed conditions. Grain yield of Kırık genotype under rain-fed conditions was similar to the values (1635–1734 kg ha⁻¹) obtained by Öztürk et al. (2006) under Erzurum condition while its grain yield in irrigated condition was higher than the value (2470 kg ha⁻¹) obtained by Salantur et al. (2006). Grain yield of Tokak 157/37 cultivar was higher than the values obtained by Öztürk et al. (2001) and Çağlar et al. (2009) (2576 and 2250 kg ha⁻¹, respectively) in Erzurum irrigated agricultural conditions. In this study, grain yields obtained from einkorn (1895-3025 kg ha⁻¹) and emmer (2228-3095 kg ha⁻¹) genotypes were lower than the yields determined in einkorn (1895-3025 kg ha⁻¹) and emmer (2228-3095 kg ha⁻¹) genotypes by Kaplan et al. (2014) under Kayseri condition. Troccoli & Codianni (2005) obtained 1690 and 3850 kg ha⁻¹ grain yields from einkorn and emmer populations in Italy condition, respectively. The grain yields of genotypes were determined to range between 2579-3293 kg ha⁻¹ in the Czech Republic (Konvalina et al. 2012) and 2480-2500 kg ha⁻¹ in the US condition (Kucek et al. 2017). The grain yield in naked barley was reported between 1617 and 3420 kg ha⁻¹ in Ankara condition (Ötekin et al. 1996) and 3390 and 4510 kg ha⁻¹ in England condition (Dickin et al. 2012). Grain yield of 3007 kg ha⁻¹ in irrigated condition decreased by 26.2% as a result of the negative effect of moisture insufficiency on yield components (spike number per m², grain number per spike and grain weight reduction rates 14.6%, 9.4% and 8.7%, respectively), and it was identified as 2218 kg ha⁻¹ under rain-fed conditions. Öztürk (1999a) determined that grain yield of winter bread wheat decreased by 30.5% in rain-fed agricultural conditions compared to irrigated agricultural conditions. The grain yields of all genotypes in this study reduced in rain-fed conditions compared to irrigated agricultural conditions. Grain yield losses in rain-fed conditions may vary according to genotypes owing to differences in the response of genotypes to rain-fed conditions in terms of grain yield. The decrease rates of grain yield in rain-fed agricultural conditions were the lowest in Yıldırımtepe (7.6%) and Şahmelik (8.3%) genotypes while the highest in Kırık (40.4%) and Tokak 157/37 (35.1%) varieties.

### Table 5- Grain yield, harvest index and crude protein content of the alternative cereal genotypes grown under irrigated and rain-fed conditions

| Genotypes | Grain yield (kg ha⁻¹) | Harvest index (%) | Crude protein content (%) |
|-----------|----------------------|-------------------|--------------------------|
|           | Irrigated            |                  |                          |
|           | Rain-fed             | Mean             | Irrigated                |                  |
|           |                      |                  | Rain-fed                 | Mean             |
| Catalyaz⁶ | 3025                 | 1989             | 2507abcd                 | 25.8             | 28.8             | 23.3             |
|           | 2793                 | 1895             | 2344ab                   | 24.6             | 21.7             | 23.2b            |
| Enbiya⁶   | 2749                 | 2027             | 2388cd                   | 24.4             | 22.6             | 23.5b            |
| Musasofular⁶ | 3095              | 2259             | 2677cd                   | 25.8             | 22.4             | 24.1b            |
| Yıldırımtepe⁶ | 2410            | 2228             | 2319d                    | 24.7             | 24.5             | 24.6b            |
| Çağlayan⁶ | 2576                 | 2363             | 2469d                    | 25.7             | 24.1             | 24.9b            |
| Şahmelik⁶ | 3097                 | 2536             | 2816bc                   | 30.1             | 27.3             | 28.7a            |
| Yalın⁶    | 3346                 | 2508             | 2927b                    | 28.4             | 27.8             | 28.1a            |
| Özen⁶     | 2881                 | 1716             | 2299d                    | 27.8             | 19.7             | 23.7b            |
| Kirik⁶    | 4099                 | 2660             | 3380                     | 34.1             | 22.7             | 28.4a            |
| Tokak 157/37⁶ | 2613          | 1727             | 2170bc                   | 23.6             | 20.3             | 22.0a            |
|           | Mean                 |                  |                          |                  |                  |                  |
|           | 3007⁰                | 2218⁰            | 2612                      | 27.1a             | 23.4b             | 25.3              |
|           | 2017                 | 2613             | 1727                      | 23.6             | 20.3             | 22.0a             |
|           | 2018                 | 3401             | 2709                      | 30.7             | 26.4             | 28.5a             |
| F values  |                      |                  |                          |                  |                  |                  |
| Year (Y)  |                      |                  |                          |                  |                  | 459.5**           |
| Genotype (G) |                    |                  |                          |                  |                  | 10.8**            |
| Treatment (T) |                  |                  |                          |                  |                  | 365.4**           |
| Y x G     |                      |                  |                          |                  |                  | 6.9**             |
| Y x T     |                      |                  |                          |                  |                  | 5.5               |
| G x T     |                      |                  |                          |                  |                  | 3.5**             |
| Y x G x T |                      |                  |                          |                  |                  | 1.2               |
| CV (%)    |                      |                  |                          |                  |                  | 14.0              |

| Mean     | 2170⁰                | 2612             | 27.1a                      |
|          | 3055⁰                | 2612             | 25.3                        |
|          | 12.9                 | 22.0a             | 25.3                        |
|          | 12.4                 | 28.5a             | 11.8                        |
|          | 13.0**               |                  | 12.9                        |
|          | 13.0                 |                  | 12.9                        |
|          | 13.1                 |                  | 12.9                        |
|          | 13.2                 |                  | 12.9                        |
|          | 12.7                 |                  | 12.9                        |
|          | 12.4                 |                  | 12.9                        |

*The means marked with the same letter are not significantly different; F values marked with ° and ** are significant at 0.05 and 0.01 levels, respectively.

(Ein: einkorn, Em: emmer, Nb: naked barley, Bw: bread wheat, Hb: hulled barley)

Harvest indexes of genotypes ranged between 24.4 and 34.1% in irrigated and 19.7 and 27.8% in rain-fed conditions. The highest harvest indexes in irrigated agricultural conditions were obtained from Tokak 157/37, Özen and Yalın genotypes, respectively, whereas the lowest ones were obtained from Musasofular and Enbiya genotypes. Yalın and Özen genotypes had the highest harvest index in rain-fed agricultural condition while Kırık and Catalyaz genotypes had the lowest harvest index. As a result of differences in total dry matter production and assimilate distribution, genotypes may be significantly different in point of harvest index (Karimi & Siddique 1991). The recent breeding strategy has increased the number of grains per unit area and the harvest index with high plant fertility, stiffness of the plant, shortening of plant height, and high spike fertility. The recent breeding strategy in cereals has led to an increase in the resistance to lodging due to shortening of plant height, and also in harvest index and grain number per unit area due to more spike fertility (Guarda et al. 2004). Öztürk (1999 a) found that wheat genotypes
were significantly different in way of harvest index and also calculated them between 29.9-41.3% in irrigated and 30.4-38.5% in rain-fed conditions. The harvest indexes in einkorn genotypes and emmer genotypes, respectively, were determined to range from 29.9% to 36.3% and from 27.6% to 33.3% by Kaplan et al. (2014), while they respectively changed from 30% to 40% and from 30% to 40% according to Konvalina et al. (2010). These values are higher than our findings. Furthermore, while the harvest index was 27.1% in irrigated conditions, it significantly decreased and was 23.4% in rain-fed agricultural conditions. The negative effect of moisture deficiency on grain yield is more than the negative effect on stem yield. Other researchers also reported that a moisture deficiency reduced the harvest index (Öztürk 1999a; Bogale & Tesfaye 2011).

The fact that the post-heading period was cooler and more humid in the second year of the research caused the crude protein ratio to be lower compared to 2017. While the crude protein contents of grain genotypes ranged between 10.1% and 13.5% in irrigated condition; 10.4% and 14.8% in rain-fed condition. The lowest crude protein content was determined in Yalın cultivar in both growing conditions. Musasofular had the highest crude protein ratio in irrigated condition, followed by other Enbiya and Çatalyazı einkorn wheat genotypes. As in irrigated condition, the highest crude protein content in rain-fed condition was obtained from einkorn wheat populations such as Enbiya, Çağlayan and Musasofular. The grain protein content is the most important indicator of the nutritional value and quality of the product and it is likely to be considered as alternative cereal genotypes in this aspect. In terms of grain protein ratio, the einkorn wheat type was the most superior, emmer genotypes and Kırik cultivar was similar in the middle order and barley varieties were in the last order with the lowest crude protein contents. The crude protein contents obtained from einkorn species were similar to the values (7.30-15.99%, 14.2-16.6% and 11.6-13.9%, respectively) reported by Kaplan et al. (2014), Konvalina et al. (2013) and Geisslitz et al. (2018), while they were lower than the value (15.5-22.8%) reported by Brandolini et al. (2008). Crude protein contents of emmer populations were significantly lower than the values that varied between 16.1%-19.0% according to Konvalina et al. (2012), 14.7%-18.9% according to Konvalina et al. (2013), and 14.2%-15.0% according to Kucek et al. (2017), while they were similar to the values (11.2-12.4%) reported by Geisslitz et al. (2018). In naked barley genotypes, the values which were determined as 13.2-19.5% by Ottekin et al. (1996), 12.55-15.92% by Helm & Francisco (2004) and 12.6-16.1% by Tobiasz-Salach et al. (2012) were higher than ours. However, Balouchi et al. (2005) determined lower protein contents (7.21-11.61%) in comparison with our results. The crude protein content was 12.2% in irrigated condition, whereas it significantly increased and reached up to 13.2% in rain-fed conditions. It is clear that lack of moisture after anthesis increases the amount of nitrogen accumulated in the grain per unit starchy by reducing the synthesis and storage of carbohydrates (Panozzo & Eagles 2000, Öztürk & Aydin 2004).

4. Conclusions

This study provides important data about the agricultural potential of einkorn wheat, emmer wheat and naked barley genotypes which were grown in spring under irrigated and rain-fed agriculture conditions. The highest grain yield was obtained from Tokak 157/37 barley cultivar and the highest protein ratio from einkorn genotypes. When the average of genotypes was taken into consideration, it is possible to state that the number of spike per square-meter, grain number per spike, 1000-kernel weight and grain yield decreased by 14.6%, 9.4%, 8.7% and 26.2%, respectively in rain-fed condition compared to irrigated condition while crude protein content increased by 8.2%. It was concluded that naked barley cultivars of Özen and Yalın cannot be an alternative to Tokak 157/37 barley cultivar due to low grain yield and protein ratios. Çatalyazı and Çağlayan genotypes in irrigated condition and all einkorn and emmer genotypes in rain-fed agriculture condition were superior to Kırik cultivar in terms of grain yield. The genotypes of the einkorn had a significantly higher grain protein content compared to the Kırik and emmer genotypes, which had similar protein content. It is possible to state that Çatalyazı and Çağlayan genotypes are more promising than Kırik cultivar to get more economical summer cereal production in Erzurum region. The applicability of winter planting, optimum seeding rate and nitrogen dose may be useful for achieving higher yields in these genotypes. The most important problem regarding these genotypes is the high risk of lodging. Considering their high adaptability to poor soils, the einkorn and emmer genotypes that are appropriately chosen have the potential to be important alternative for farmers in summer planting under low input farming and organic farming conditions.

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