Linezolid in the treatment of severe intraabdominal infection: A STROBE-compliant retrospective study

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Abstract
Safety concerns over bone marrow suppression and thrombocytopenia may inhibit the use of linezolid to treat intraabdominal infection (IAI). To evaluate the effectiveness, safety, and prognosis of linezolid in the treatment of severe IAI (SIAI), Patients were divided into a linezolid group and a nonlinezolid group according to whether linezolid was prescribed. Subgroup analysis (thrombocytopenia treated with linezolid group (I), and thrombocytopenia treated with nonlinezolid group (II) also was performed. We evaluated the effectiveness of linezolid by analyzing the changes in white blood cells (WBC) and procalcitonin, evaluated safety by analyzing the changes in platelet counts, and evaluated patient outcomes by analyzing the length of hospital stay, the length of ICU stay, and the rates of clinical improvement. Sixty-six adult SIAI patients were treated with anti-gram-positive (G+) bacteria drugs for more than 7 days from January 1, 2014, to December 31, 2020. The length of hospital stay, the length of ICU stay, and the rates of clinical improvement were not significantly different between the linezolid group and nonlinezolid group. On the 15th day after anti-G+ bacteria treatment, the WBC of the linezolid group was significantly lower than in the nonlinezolid group (9.00 ± 4.30 vs 13.1 ± 6.19, P < .05). The time for a statistical difference in the decrease of procalcitonin in the linezolid group was earlier than in the nonlinezolid group (day 6 vs day 7, P < .05). There was no statistically significant difference in the changes of platelet counts in the subgroup I (P > .05), but compared with the baseline data (day 0), the time for the statistical difference in the increase of platelets in thrombocytopenia treated with linezolid group was earlier (day 5 vs day 6, P < .05). There was no statistical difference in the changes of platelets in subgroup II (P > .05). In the treatment of severe intraabdominal infection in a single-center, retrospective study, linezolid was not inferior to other antibiotics in patient clinical outcomes or serial WBC and procalcitonin values. Linezolid also induced no evident bone marrow suppression or thrombocytopenia. Linezolid is a good choice for treatment of SIAI.

Abbreviations: APACHE II score = acute physiological and chronic health scores II, CA-IAI/HA-IAI = community-acquired intra-abdominal infection/Hospital-associated intra-abdominal infection, SOFA = sequential organ failure assessment, WBC = white blood cell

Keywords: linezolid, procalcitonin, sepsis, severe intra-abdominal infection, thrombocytopenia

1. Introduction
Intraabdominal infection (IAI) is the second most common infectious disease among intensive care unit (ICU) patients. Severe intraabdominal infection (SIAI) is often associated with sepsis, septic shock, abdominal compartment syndrome, and multiple organ dysfunction; it is difficult to treat, and it has a high mortality rate (about 20%). Therefore, timely and effective infection source control and antibiotic application are important. SIAI is mostly a mixed infection, in IAI caused by abdominal trauma, in the ascites culture, Gram-negative (G-) bacteria, Gram-positive (G+) bacteria and fungi accounted for 53.5% (159/297), 44.1% (131/297) and 0.7% (2/297), respectively. A total of 118 strains were isolated from the samples of 65 IAI patients with cirrhosis, with positive test results. Among the 118 strains, 74 of them were G- bacteria (62.71%), 41 were G+ bacteria (34.75%), and 3 were fungus (2.54%). With the most common gram-positive bacteria being Enterococcus (16.90%) and methicillin-resistant Staphylococcus aureus (MRSA) (3.90%).

The drugs currently clinically used to treat Enterococcus and MRSA include vancomycin, teicoplanin, teicoplanin and linezolid. And the sensitivity to linezolid is almost 100%. Linezolid has unique pharmacological properties, it has low molecular weight (337.35 Daltons) gives it good tissue penetration so that it can easily penetrate the peritoneum into the peritoneal cavity and achieve an effective therapeutic concentration, and it has less impact on liver and kidney function. Consider...
the pathogens and drug susceptibility of SIAI, the pharmacological properties and advantages of linezolid, the antibiotic is a good choice for treating SIAI. However, several factors may interfere with use of linezolid for the treatment of SIAI: 1) The product’s guidelines recommend using it only for treatment of infection by MRSA but not as a first-line anti-gram positive bacteria option.[4] 2) The linezolid instructions highlight its bone marrow suppression (such as thrombocytopenia), and a study in Japan pointed out that thrombocytopenia developed in 48.4% of patients during linezolid therapy,[5] the pooled incidences of thrombocytopenia and anemia were 9% (95% confidence interval (CI), 3–18%) and 4% (95% CI, 0–12%),[6] which may make clinicians wary of using the drug for treating SIAI patients who have thrombocytopenia and is a common manifestation of sepsis. To further understand the clinical application of linezolid in SIAI, we conducted this retrospective analysis to evaluate the effectiveness, safety, and prognosis of linezolid in the treatment of SIAI.

2. Materials and Methods

2.1. Study participants

Two hundred fifty-seven IAI patients admitted to the ICU of the Second Affiliated Hospital of Fujian Medical University were selected retrospectively from January 1, 2014, to December 31, 2020. Inclusion criteria were 1) SIAI patients with APACHE II score above 10; SIAI combined with sepsis; and SIAI combined with acute gastrointestinal dysfunction grade III-IV. The diagnosis of SIAI could be made if any one of these 3 criteria was reached. 2) Use of anti-gram-positive (anti-G+) bacteria drugs for more than 7 days because a high incidence of linezolid-induced thrombocytopenia was even detected among the patients that had received linezolid therapy for <7 days.[3] Exclusion criteria were age < 18 years of age; application of anti-G+ bacteria drugs for <7 days, or replacement of anti-G+ bacteria drugs midway; no anti-G+ bacteria drugs used; platelet transfusion given during treatment. Sixty-six cases met the inclusion and exclusion criteria. Sixty-six adult SIAI patients who were treated with anti-G+ bacteria drugs for more than 7 days from January 1, 2014, to December 31, were divided into a linezolid treatment group and nonlinezolid treatment group. Subgroup analysis (thrombocytopenia treated with linezolid group and thrombocytopenia treated without linezolid group) analysis was also performed.

We evaluated the effectiveness of linezolid in SIAI treatment by analyzing the changes in white blood cells (WBC) and procalcitonin, evaluated the safety by analyzing the changes in platelet counts, and evaluated the outcome (prognosis) by analyzing the length of hospital stay, the length of ICU stay, and the clinical improvement rate. Clinical improvement is defined as stable vital signs after treatment, normal inflammatory index, and transfer of the patient out of the ICU.
treatment. Sixty-six cases met the inclusion and exclusion criteria (Fig. 1).

2.3. Methods

Sixty-six adult SIAI patients who were treated with anti-Gram positive (G+) bacteria drugs for more than 7 days from January 1, 2014, to December 31, were divided into a linezolid treatment group and nonlinezolid treatment group. Subgroup analysis (thrombocytopenia treated with linezolid group and thrombocytopenia treated without linezolid group) analysis was also performed. We evaluated the effectiveness of linezolid in SIAI treatment by analyzing the changes in white blood cells (WBC) and procalcitonin, evaluated the safety by analyzing the changes in platelet counts, and evaluated the outcome (prognosis) by analyzing the length of hospital stay, the length of ICU stay, and the clinical improvement rate. Clinical improvement is defined as stable vital signs after treatment, normal inflammatory index, and transfer of the patient out of the ICU (Fig. 1).

2.4. Ethical review

This study was reviewed by the Ethical Review Committee of the Second Affiliated Hospital of Fujian Medical University, number [2021] 289.

2.5. Statistical analysis

All statistical analyses were performed with SPSS for Windows version 22.0 (SPSS Japan Inc., Tokyo, Japan). Data are expressed as mean ± standard (X ± s) deviation values, unless otherwise specified. Continuous variables were analyzed with the unpaired Student t-test, while categorical variables were analyzed with the χ² test. P-values of < .05 were considered significant.

3. Results

3.1. Study population

The gender, age, Acute Physiological and Chronic Health II (APACHE II score), Sequential Organ Failure Assessment Score, Community-acquired intraabdominal infection/Hospital-associated infection (CA-IAI/HA-IAI) score, white blood cells (WBC), procalcitonin, platelet count, and other baseline values of the 2 patient groups (linezolid treated and nonlinezolid treated) are presented in Table 1. All comparisons were P > .05, indicating no statistically significant difference between the groups.

In the treatment of SIAI, there are many effective indicators: subjective indicators (pain degree and mental state) and objective indicators (WBC, procalcitonin, th1/th2 cell counts, blood pressure, heart rate). Because of limitations of the retrospective analysis, we used only changes in the WBC and procalcitonin values in the laboratory evaluation of the effectiveness of linezolid. The results in Table 2 reveal that on the 15th day after anti-G+ bacteria treatment, the WBC of the linezolid group was significantly lower than that of the nonlinezolid group (9.00 ± 4.30 vs 13.1 ± 6.19, P < .05). Also, the decrease of WBC in the linezolid group at 15 days compared with day 0 was significantly decrease, whereas there was no significant change in

Table 1

| General data | Linezolid group (n = 32) | Nonlinezolid group (n = 34) | P-values |
|--------------|-------------------------|----------------------------|----------|
| Male (n, %)  | 23, 71.88               | 24, 75.00                  | χ² = 0.01, P > .05 |
| CA-IAI/HA-IAI | 18/14                   | 25/9                       | P = .38   |
| Age (mean ± SD, yr) | 60.00 ± 13.73          | 56.50 ± 17.50              | P = .49   |
| APACHE II score (mean ± SD) | 16.09 ± 4.20          | 16.79 ± 5.03               | P = .55   |
| SOFA score (mean ± SD) | 6.19 ± 3.20           | 7.68 ± 3.43                | P = .08   |
| WBC (mean ± SD, ×10⁹/L) | 14.64 ± 9.57           | 13.76 ± 5.63               | P = .66   |
| Procalcitonin (mean ± SD, ng/ml) | 30.80 ± 39.44         | 30.80 ± 37.11              | P = .77   |
| Platelets (mean ± SD, ×10⁹/L) | 211.32 ± 139.00       | 155.59 ± 109.21            | P = .09   |

APACHE II score = acute physiological and chronic health scores II. CA-IAI/HA-IAI = community-acquired intraabdominal infection/Hospital-associated intraabdominal infection. SOFA = sequential organ failure assessment.

Table 2

| Time | WBC (mean ± SD, ×10⁹/L) | P-values | Procalcitonin (mean ± SD, ng/ml) | P-values |
|------|-------------------------|----------|----------------------------------|----------|
|      | Linezolid group (n = 32) | Nonlinezolid group (n = 34) | Linezolid group (n = 32) | Nonlinezolid group (n = 34) |
| Day 0 | 14.64 ± 9.57           | 13.76 ± 5.63          | 30.80 ± 39.44         | 30.80 ± 37.11       |
| Day 1 | 13.48 ± 7.10           | 14.66 ± 5.20          | 37.14 ± 42.04         | 20.62 ± 26.54       |
| Day 2 | 12.20 ± 5.47           | 13.61 ± 2.33          | 30.16 ± 30.15         | 22.96 ± 31.27       |
| Day 3 | 12.20 ± 5.15           | 14.65 ± 6.99          | 17.24 ± 25.40         | 21.57 ± 33.25       |
| Day 4 | 12.45 ± 5.01           | 14.39 ± 7.87          | 11.96 ± 21.63         | 19.75 ± 31.34       |
| Day 5 | 12.24 ± 5.82           | 14.08 ± 8.83          | 8.74 ± 18.90          | 13.45 ± 19.99       |
| Day 6 | 12.68 ± 6.57           | 15.40 ± 14.55         | 5.55 ± 9.82*          | 7.96 ± 13.76        |
| Day 7 | 12.71 ± 6.50           | 13.72 ± 6.87          | 3.21 ± 3.82*          | 6.18 ± 8.96*        |
| Day 8 | 11.30 ± 5.25           | 14.33 ± 7.14          | 1.56 ± 1.48*          | 2.34 ± 3.05†        |
| Day 9 | 11.28 ± 5.64           | 14.07 ± 5.84          | 1.25 ± 1.23†          | 3.05 ± 3.42‡        |
| Day 10| 11.62 ± 4.55           | 13.09 ± 5.54          | 0.77 ± 0.97*          | 1.22 ± 1.45†        |
| Day 11| 9.00 ± 4.30*           | 13.14 ± 6.19          | 1.21 ± 0.73†          | 1.10 ± 1.56†        |

WBC = White blood cell.
*Indicates P < .05, there was a statistical difference in linezolid Group compared with Day0.
†Indicates P < .05, there was a statistical difference in nonlinezolid Group compared with Day0.
‡Indicates P < .05, there was a statistical difference between 2 groups.
the WBC during that interval change in the nonlinezolid group. There was no significant difference in the procalcitonin value between the 2 groups at the same days of treatment. However, compared with day 0, the procalcitonin value in the linezolid group declined slightly but significantly sooner (day 6 vs day 7, 
P < .05).

To further understand the efficacy of linezolid in SIAI treatment, we analyzed patients’ length of hospital stay, length of ICU stay, and clinical improvement rate (Table 3). The 2 patient groups were not significantly different in these criteria.

Besides the therapeutic effect, safety is an important consideration in determining the clinical utility of linezolid in the treatment of SIAI. Indexes such as platelet counts, liver function, kidney function, and nutritional status can reflect the safety of the drug. There was no significant difference in liver function, renal function, nutritional status and coagulation function between the 2 groups. Then, we compared the changes in platelet count between the 2 patient groups. For this purpose, we divided the patients into 2 subgroups: Subgroup I: 18 patients with thrombocytopenia, and Subgroup II: 48 patients with normal platelet counts. In Subgroup I, thrombocytopenia, 7 patients were treated with linezolid, and 11 were treated with nonlinezolid antibiotics. In Subgroup II, normal platelet counts, 25 patients were treated with linezolid, and 23 were treated with nonlinezolid antibiotics. The patients in the 2 subgroups were similar (P > .05) in gender, age, APACHE II score, and SOFA score (Table 4). At 5 days of treatment, platelet counts in Subgroup I patients treated with linezolid had risen significantly compared with baseline values (P < .05), whereas a similar rise in counts occurred at day 6 in patients treated with nonlinezolid antibiotics (Table 5).

It is worth noting that antibiotic-associated diarrhea, such as Clostridium difficile-associated diarrhea(CDAD), may occur after prolonged use of almost all antibiotics, including linezolid. Because the use of antibiotics can alter the normal flora of the gut, resulting in the overgrowth of C. difficile. If a patient develops severe diarrhea during or after linezolid treatment, CDAD should be considered and linezolid may need to be discontinued. More than this, it has been reported that even some CDADs do not appear until 2 months after linezolid administration. [7]

In our study, patients with SIAI were often complicated with paralytic ileus, intestinal fistula, the frequency of diarrhea was not high, and no growth of Clostridium difficile was detected in stool examination.

4. Discussion

Based on the data from this study, the main findings of this retrospective review of the treatment of severe intrabdominal infections with linezolid is that the antibiotic was not inferior to other antibiotic regimens in patient outcomes or laboratory values. No significant difference was found in patients’ length of hospital stay, length of ICU stay, and clinical improvement rate between patients treated with linezolid and those treated with other antimicrobial medications. Trends in WBC values were in favor of linezolid, with significantly lower counts after 15 days’ treatment and a trend towards greater decline from pretreatment values to day 15 values in the patients treated with linezolid.

In evaluation of the safety of linezolid, the drug did not cause a decrease in platelet counts, and, in fact, platelet counts in the SIAI patients treated with linezolid increased more than did those treated with other agents (P < .05). This is an important finding because the fear of bone marrow suppression and thrombocytopenia has been a drawback to broader use of linezolid in the treatment of infections. Indeed, the linezolid product instructions highlight its bone marrow suppression (such as thrombocytopenia), which may make clinicians wary of using the drug for treating SIAI patients who have thrombocytopenia, a common manifestation of sepsis.

The commonly used antibiotics for the treatment of G + bacterial infections are vancomycin, teicoplanin, tigecycline, and linezolid,[8] which have unique pharmacological properties. Vancomycin has strong bactericidal ability, and it is effective against almost all multi-drug-resistant G + bacteria. However, drug-resistant strains, such as vancomycin-resistant Staphylococcus aureus (VRSA), and vancomycin-resistant enterococcus (VRE) are a serious problem. [9] Also, vancomycin has poor tissue penetration and has otic and renal toxicity. SIAI often has associated renal insufficiency due to septic shock and acute coronary syndrome. Renal function and vancomycin blood concentration must be monitored closely and the dose adjusted promptly.[10] Teicoplanin has the same antibacterial spectrum as

| Table 3 |
|---|
| **Comparison of patient outcomes between linezolid group and nonlinezolid group (x ± s).** |
| Term | Linezolid Group (n = 32) | Nonlinezolid group (n = 34) | P-values |
| Length of hospital stay (mean ± SD, days) | 37.72 ± 17.38 | 37.82 ± 23.97 | P = .98 |
| Length of ICU stay (Mean ± SD, days) | 23.69 ± 13.48 | 31.06 ± 23.09 | P = .13 |
| Improvement rate | 25 (73.53%) | 22 (64.71%) | \( \chi^2 = 0.62, P > .05 \) |

| Table 4 |
|---|
| **Comparison of general data between 2 subgroups (x ± s).** |
| General data | Subgroup I | Subgroup II |
|-Thrombocytopenia treated with linezolid group (n = 7) | Thrombocytopenia treated with nonlinezolid group (n = 11) | Normal platelets treated with linezolid group (n = 25) | Normal platelets treated with nonlinezolid group (n = 23) |
| Male (n, %) | 4, 57.14 | 7, 63.64 | 19, 76.00% | 17, 73.91% | P = .49 |
| Age (mean ± SD, yr) | 64.57 ± 12.09 | 57.27 ± 15.64 | 58.72 ± 13.89 | 56.13 ± 18.31 | P = .62 |
| APACHE II score | 18.43 ± 4.03 | 15.73 ± 5.26 | 15.44 ± 4.01 | 17.30 ± 4.84 | P = .16 |
| SOFA score (mean ± SD) | 8.29 ± 3.53 | 8.64 ± 4.42 | 5.60 ± 2.83 | 7.22 ± 2.72 | P = .05 |
| Improvement rate | 5 (71.43%) | 5 (45.45%) | 19 (76.00%) | 17 (73.91%) | P = .62 |

APACHE II score = acute physiological and chronic health scores II, SOFA = sequential organ failure assessment.
vancomycin, but with better effects on VRSA and VRE\textsuperscript{[11]} and less otic and renal toxicity. However, the protein binding capacity of teicoplanin is about 90\%–95\%. Since SIAI patients often have hypoproteinemia, their conjugated teicoplanin value may be low and the free teicoplanin high. Consequently, drug metabolism is accelerated, resulting in a drug-time curve with the area under the curve significantly reduced and antiinfective effects poor. Tigecycline can widely cover G\textsuperscript{+} cocci, G\textsuperscript{−} bacilli, and anaerobic bacteria. It was officially approved for the treatment of complex IAI in adults in 2010.\textsuperscript{[12]} However, Phase III and Phase IV clinical studies found that patients using tigecycline had increased all-cause mortality,\textsuperscript{[12]} so the guidelines\textsuperscript{[1]} do not adopt this “unpopular” method to explore the application of linezolid in China\textsuperscript{[16,17]} has had good effects in IAI; the number of patients was modest, and the representativeness was relatively strong.

As the largest comprehensive ICU in Quanzhou City, our department admits many SIAI patients with complex disease types and serious illnesses. We have chosen linezolid as an anti-G\textsuperscript{+} bacteria drug because its treatment effect has been good, and the occurrence of thrombocytopenia has been low. Thus, we adopted this “unpopular” method to explore the application of linezolid in SIAI; the number of patients was modest, and the representativeness was relatively strong.

The mechanism of thrombocytopenia associated with SIAI has not been fully clarified; it may be related to infection destruction, bone marrow suppression, immune imbalance, microthrombosis, and consumption.\textsuperscript{[13]} Whatever the mechanism, the serious infection must be controlled as soon as possible. In view of the pharmacodynamic characteristics of linezolid, we believe that it is a good choice for the treatment of SIAI. Nevertheless, concern about linezolid’s putative effects on the bone marrow and platelets persists, especially in patients with SIAI combined with thrombocytopenia. However, the literature did not clarify whether the thrombocytopenia was related to the SIAI or to linezolid. If linezolid is discontinued without evidence that the drug is responsible for the diminished platelet counts, its effectiveness against the infection may be jeopardized. This study has limitations. It is a single-center, retrospective, and observational study, with a modest number of cases. The pharmacokinetics of linezolid in SIAI could not be monitored. In the future, we plan to conduct prospective, double-blind clinical trials, even nationwide studies, and clinical efficacy/pharmacokinetic monitoring to further determine the clinical application of linezolid in SIAI.

**5. Conclusions**

Based on our research data, in the treatment of severe intraabdominal infection in a single-center, retrospective study, linezolid was not inferior to other antibiotics. Linezolid did not induce evident bone marrow suppression or thrombocytopenia. Linezolid appears to be an effective and safe antibiotic for the treatment of severe intraabdominal infection. However, rigorously controlled, multi-center, prospective studies are needed to verify the effectiveness and safety of linezolid in the treatment of severe intraabdominal infection.

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