Data Article

Dataset on the effect of different pretreatment on the proximate analysis, microbial and sensory evaluation of dried banana during its storage

Edith E. Alagbe\textsuperscript{a,}\textsuperscript{*}, Ebakota O. Daniel\textsuperscript{b}, Esther A. Oyeniyi\textsuperscript{a}

\textsuperscript{a} Department of Chemical Engineering, Covenant University, Ota, Nigeria
\textsuperscript{b} Department of Microbiology, Benson Idahosa University, Benin City, Nigeria

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\textbf{A B S T R A C T}

Pre-treatment on banana slices is usually carried out to stop discoloration of the fruit by oxidative reactions, in raw presentation of the fruit especially in fruit salads. Drying is an old long preservation method for fruits and vegetables. In drying banana fruit, discolorations do occur and an attempt to stop the discoloration while maintaining quality (shelf life) is studied in this work. Dataset presented here, is on the effect of different pretreatment on the proximate analysis, microbial and sensory evaluation of dried banana during its storage. The pre-treatment methods considered in this work, were lemon juice and carbonated lemon drink while the control had no pre-treatment on the slices before drying. Proximate analysis and water activity of raw and dried samples were carried out while the microbial and sensory evaluation changes were observed in the samples over one month period.

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\textsuperscript{*} Corresponding author.
\textit{E-mail address: edith.alagbe@covenantuniversity.edu.ng} (E.E. Alagbe).

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Specifications table

| Subject                        | Agricultural and Biological Science |
|--------------------------------|-------------------------------------|
| Specific subject area          | Food Science: Shelf life studies    |
| Type of data                   | Tables                              |
| How data were acquired         | The modified method of Alagbe et al. [1] was followed for the pretreatment and subsequent drying of the banana slice. 30g of dried banana were packed in 12 cm x 8.85 cm resealable plastic packs and refrigerated at a temperature and relative humidity of 4 ± 2 °C and 55% respectively. Analyses of samples were carried out on the packed samples every week and for four weeks (one month). Parameters monitored were the water activity as evaluated from the works of Alagbe et al. (unpublished) using existing models [2,3,4], ash content, percent crude protein and fibre content, were determined according to method described by A.O.A.C [5]; the carbohydrate content was determined using the difference method; the pH of the samples were determined using a pH meter (Hanna microprocessor). Microbial presence was also evaluated on the samples using standard methods. |
| Data format                    | Raw                                 |
| Parameters for data collection | Drying of the banana slices was carried out at 65 °C, for 18 hours, cooled and packed in sealed plastic packs. |
| Description of data collection | Determination of water activity, ash content, fibre and carbohydrate content and microbial presence. |
| Data source location           | Ogun State, Nigeria.                |
| Data accessibility             | Data is available with the article  |

Value of the Data

• These data are useful for insight into the effect of pre-treatment in the shelf life of dried banana samples.
• Food scientist, nutritionist and equipment fabricators can benefit from this data. Also, this work is beneficial to the Small, Medium Enterprises.
• The data can provide useful information on the level of preservation needed for the dried slices for any specific period of time.

Data Description

The shared data is about the effect of different pretreatment on the proximate analysis, microbial and sensory evaluation changes of tray dried banana slices during its storage. Drying of the banana slices was effected in a tray dryer at a temperature of 650 C for 18 hours. The results of the proximate analysis, rate at which moisture is reabsorbed by the dried banana slices, changes in pH during storage and changes in the Titrable Acids (TTA) during storage are presented in Tables 1 – 4 respectively.

Experimental Design, Materials, and Methods

Sample preparation

Raw banana fruits were peeled and sliced into cylindrical shapes of about 5 mm thickness, using a banana slicer according to the modified method of Alagbe et al. [1]. The Eureka lemon (citrus limon ‘Eureka’) was used in this work and the lemon juice was prepared in a 1:4 ratio (being volume of lemon extract to volume of water) and samples labeled, L while the carbonated lemon drink was purchased Sprite brand with samples labeled, S. The non-treated (raw) banana (designated, C) served as the control.

200g each of sliced banana were pre-treated by dunking for 10 minutes in 400ml of lemon juice (designated, L) and carbonated lemon drink (designated, S) and after 10 minutes, the
Table 1
Results of proximate analysis of raw banana and of the dried banana samples after one month.

|                | Fresh sample | Sample (C) | Sample (L) | Sample (S) |
|----------------|--------------|------------|------------|------------|
| Ash (%)        | 2.86         | 1.94       | 1.87       | 1.46       |
| Carbohydrate (%)| 8.59        | 1.86       | 1.39       | 1.27       |
| Protein (%)    | 0.09         | 2.74       | 1.30       | 1.68       |
| Fibre (%)      | 12.60        | 70.27      | 69.15      | 68.65      |
| Lipids (%)     | 0.08         | 19.67      | 22.31      | 23.49      |

Table 2
Variation of water activity in dried banana, with time during storage.

| WEEK | Dried Banana Samples / Water activity, % |
|------|------------------------------------------|
|      | C             | L             | S             |
| 0    | 0.19          | 0.19          | 0.21          |
| 1    | 0.30          | 0.32          | 0.49          |
| 2    | 0.69          | 0.62          | 0.61          |
| 3    | 0.82          | 0.84          | 0.85          |
| 4    | 0.95          | 0.96          | 0.93          |

Table 3
Changes in pH of dried samples over time during storage.

| WEEK | Dried Banana Samples / pH |
|------|----------------------------|
|      | C             | L             | S             |
| 0    | 3.35          | 3.42          | 3.58          |
| 1    | 3.36          | 3.54          | 3.61          |
| 2    | 4.67          | 4.24          | 4.14          |
| 3    | 5.62          | 5.49          | 5.42          |
| 4    | 5.68          | 5.50          | 5.52          |

Table 4
Changes in the total Titrable Acids (TTA) in the dried samples during storage.

| WEEK | Dried Banana Samples / TTA (%) |
|------|-------------------------------|
|      | C                  | L             | S             |
| 0    | 30.48              | 71.02         | 55.36         |
| 1    | 29.76              | 69.44         | 54.40         |
| 2    | 20.80              | 50.56         | 38.59         |
| 3    | 18.20              | 40.00         | 36.32         |
| 4    | 17.50              | 35.12         | 32.22         |

treated slices were sieved and mopped with filter paper to remove the excess water on the surface of the slices.

Drying of samples was accomplished by loading batches of the treated and untreated banana slices into an oven at a temperature of 65 °C, for 18 hours according to works of Alagbe et al. (unpublished).

Packaging of dried samples

After drying, 50g of each sample were packed in 12 cm x 8.85 cm resealable plastic packs and refrigerated at a temperature and relative humidity of 4 ± 2 °C and 55% respectively. Common handling procedures of the dried banana slices were mimicked for analysis (packs were brought out of the packs and analyzed at room temperature before the remainder were returned to the
Table 5
Changes in sensory evaluation properties of the packaged samples after one month.

| Properties/Sample | C | L | S |
|------------------|---|---|---|
|                  | Day 1 | Day 30 | Day 1 | Day 30 | Day 1 | Day 30 |
| Colour           | Cream yellow | Tan | Cream yellow | Cream yellow | Cream yellow | Cream yellow |
| Taste            | Sweet | Sweet | Sweet | Sweet | Sweet | Sweet |
| Texture          | Crispy | Soft | Crispy | Soft | Crispy | Soft |

Table 6
Changes in microbial count of stored and packaged dried banana samples (C) over time.

| Days | Count (cfu/g) |
|------|---------------|
|      | Heterotrophic count | Salmonella Count | Shigella Count | Escherichia count | Staphylococcus count | Coliform count | Fungi count |
| 0    | $10 \times 10^1$ | NIL | NIL | NIL | NIL | NIL | NIL |
| 3    | $18 \times 10^1$ | $3 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 7    | $35 \times 10^1$ | $10 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 10   | $58 \times 10^1$ | $21 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 14   | $64 \times 10^1$ | $13 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 17   | $80 \times 10^1$ | $25 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 21   | $110 \times 10^1$ | $52 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 24   | $130 \times 10^1$ | $50 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 28   | $160 \times 10^1$ | $54 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 31   | $166 \times 10^1$ | $59 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |

Table 7
Changes in microbial count of stored and packaged dried banana samples (L) over time.

| Days | Count (cfu/g) |
|------|---------------|
|      | Heterotrophic count | Salmonella Count | Shigella Count | Escherichia count | Staphylococcus count | Coliform count | Fungi count |
| 0    | $15 \times 10^1$ | $4 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 3    | $25 \times 10^1$ | $6 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 7    | $30 \times 10^1$ | $10 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 10   | $50 \times 10^1$ | $10 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 14   | $55 \times 10^1$ | $15 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 17   | $80 \times 10^1$ | $33 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 21   | $100 \times 10^1$ | $48 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 24   | $150 \times 10^1$ | $51 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 28   | $187 \times 10^1$ | $55 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 31   | $205 \times 10^1$ | $66 \times 10^2$ | NIL | NIL | $5 \times 10^1$ | $46 \times 10^1$ | $5 \times 10^1$ |

Table 8
Changes in microbial count of stored dried banana samples (S) over time.

| Days | Count (cfu/g) |
|------|---------------|
|      | Heterotrophic count | Salmonella Count | Shigella Count | Escherichia count | Staphylococcus count | Coliform count | Fungi count |
| 0    | $5 \times 10^1$ | NIL | NIL | NIL | NIL | NIL | NIL |
| 3    | $10 \times 10^1$ | $2 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 7    | $10 \times 10^1$ | $3 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 10   | $18 \times 10^1$ | $5 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 14   | $28 \times 10^1$ | $9 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 17   | $30 \times 10^1$ | $8 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 21   | $50 \times 10^1$ | $15 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 24   | $75 \times 10^1$ | $33 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 28   | $100 \times 10^1$ | $41 \times 10^2$ | NIL | NIL | NIL | NIL | NIL |
| 31   | $131 \times 10^1$ | $56 \times 10^2$ | NIL | NIL | $5 \times 10^1$ | $40 \times 10^1$ | $25 \times 10^1$ |
refrigerator). 2 – 5 g of samples were taken out of the pack every week for analysis according to standard methods [5,6,7,8].

Analysis of samples

Water activity, ash content, crude fibre, protein content, total titratable acids (TTA) and sensory evaluation changes of the fresh and dried samples were determined every week and data obtained are presented in Tables 1 – 5 below. The total duration of the packed dried banana slices was 4 weeks.

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Conflict of Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.dib.2020.105678.

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