S1 Table. Descriptive statistics on the scales used in the study (n=333)

| Scale                                         | Statistic | Range  | Mean±SD or n (%) | Min-Max |
|-----------------------------------------------|-----------|--------|------------------|---------|
| **Fear of Cancer Recurrence Inventory (FCRI)**| Total scale | 0-168  | 54±26            | 0-142   |
| FCRI subscales                                |           |        |                  |         |
| Triggers                                      |           | 0-32   | 12±7             | 0-32    |
| Severity                                      |           | 0-36   | 12±7             | 0-32    |
| Psychological distress                        |           | 0-16   | 4±4              | 0-16    |
| Coping strategies                             |           | 0-36   | 18±8             | 0-36    |
| Functioning impairments                       |           | 0-24   | 3±4              | 0-24    |
| Insight                                       |           | 0-12   | 1±2              | 0-12    |
| Reassurance                                   |           | 0-12   | 3±3              | 0-12    |
| FCR (severity score ≥ 13)                     |           |        |                   |         |
| No                                            |           |        | 180 (54)         |         |
| Yes                                           |           |        | 153 (46)         |         |
| **EuroQol 5-Dimension Questionnaire**         | Problem in mobility | 13 (4) |                   |         |
|                                              | Problem in self-care | 4 (1)  |                   |         |
|                                              | Problem in usual activities | 38 (11) |                   |         |
|                                              | Problem in pain/discomfort | 148 (44) |                   |         |
|                                              | Problem in anxiety/depression | 151 (45) |                   |         |
|                                              | Summary Index | 0-1   | 0.918±0.085      | 0-1     |
| **Patient Health Questionnaire**              | Total scale | 0-27   | 3±4              | 0-24    |
| Depression levels                             |           |        |                  |         |
| No depression (score < 5)                     |           |        | 260 (79)         |         |
| Mild (score 5-9)                              |           |        | 53 (16)          |         |
| Moderate or severe (score ≥ 10)               |           |        | 17 (5)           |         |
| **EORTC QLQ-C30 Functioning scales**          | Physical Functioning | 0-100 | 87±12            | 40-100  |
|                                              | Role Functioning   | 0-100 | 87±19            | 0-100   |
|                                              | Emotional Functioning | 0-100 | 80±19            | 8-100   |
|                                              | Cognitive Functioning | 0-100 | 79±17            | 17-100  |
|                                              | Social Functioning  | 0-100 | 88±19            | 0-100   |

EORTC QLQ-C30, European Organization for Research and Treatment of Cancer Quality of Life Questionnaire-Core 30; EQ-5D, EuroQol 5-Dimension Questionnaire Index; FCR, fear of cancer recurrence; SD, standard deviation. a)Problem in the EQ-5D dimension includes responses indicating either a moderate or severe problem.