Physiological Perspectives on Molecular Mechanisms and Regulation of Vesicular Glutamate Transport: Lessons From Calyx of Held Synapses

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Accumulation of glutamate, the primary excitatory neurotransmitter in the mammalian central nervous system, into presynaptic synaptic vesicles (SVs) depends upon three vesicular glutamate transporters (VGLUTs). Since VGLUTs are driven by a proton electrochemical gradient across the SV membrane generated by vacuolar-type H+-ATPases (V-ATPases), the rate of glutamate transport into SVs, as well as the amount of glutamate in SVs at equilibrium, are influenced by activities of both VGLUTs and V-ATPase. Despite emerging evidence that suggests various factors influencing glutamate transport by VGLUTs in vitro, little has been reported in physiological or pathological contexts to date. Historically, this was partially due to a lack of appropriate methods to monitor glutamate loading into SVs in living synapses. Furthermore, whether or not glutamate refilling of SVs can be rate-limiting for synaptic transmission is not well understood, primarily due to a lack of knowledge concerning the time required for vesicle reuse and refilling during repetitive stimulation. In this review, we first introduce a unique electrophysiological method to monitor glutamate refilling by VGLUTs in a giant model synapse from the calyx of Held in rodent brainstem slices, and we discuss the advantages and limitations of the method. We then introduce the current understanding of factors that potentially alter the amount and rate of glutamate refilling of SVs in this synapse, and discuss open questions from physiological viewpoints.

Keywords: calyx of Held, glutamate, VGLUT, synaptic transmission, V-ATPase

INTRODUCTION

Upon the arrival of action potentials at presynaptic sites, synaptic vesicles (SVs) that store neurotransmitters in the lumen undergo exocytic fusion with the presynaptic plasma membrane, thereby releasing their contents to neighboring neurons. The main excitatory neurotransmitter in the mammalian brain is the acidic amino acid, glutamate. Three vesicular glutamate transporters (VGLUT1–3) are responsible for packaging it into SVs (Takamori, 2006). Deletion of each VGLUT gene in mice, as well as other model organisms such as Drosophila, largely silenced glutamatergic transmission, indicating that VGLUTs are essential for brain functions (Fremeau et al., 2004; Wojcik et al., 2004; Daniels et al., 2006).
Furthermore, alterations of VGLUT expression, in addition to the expression of plasma membrane glutamate transporters (O’Donovan et al., 2017), are associated with a wide range of neurological disorders, such as epilepsy, anxiety and mood disorders, Alzheimer’s disease, Parkinson’s disease, and schizophrenia (summarized in a recent review by Pietrancosta et al., 2020). Therefore, mechanisms and regulators of vesicular glutamate transport mediated by VGLUTs offer potential treatment targets for these disorders.

Like other neurotransmitters, glutamate transport into SVs is driven by a proton electrochemical gradient (ΔµH+) across SV membranes (Figure 1). The ΔµH+ is composed of both electrical (ΔΨ) and chemical (ΔpH) gradients, the balance of which is influenced by the presence of permeable ions (Takamori, 2016; Farsi et al., 2017). Biochemical analysis indicates that ΔΨ constitutes the dominant driver of glutamate transport (Maycox et al., 1988), although contributions of ΔpH or luminal pH have been a matter of intensive debate (Tabb et al., 1992; Schenck et al., 2009; Juge et al., 2010; Eriksen et al., 2016). Proportions of the two components of ΔµH+, as well as the net ΔµH+, are largely affected by permeant Cl− ions. For instance, extrasynaptic (cytoplasmic) Cl− can serve as a shunt for H+ movement, facilitating net H+ movement. As a result, external Cl− ions increase ΔpH, while decreasing ΔΨ, as evidenced by in vitro experiments using isolated vesicles (Cidon and Sihra, 1989; Xie et al., 1989). Additionally, in living synapses, SVs are regenerated either directly from the plasma membrane or from endosome-like vacuoles derived from the plasma membrane (Han and Watanabe, 2018). As a plausible consequence, newly regenerated SVs must contain an extracellular solution with high Cl− concentrations (e.g., 130 mM), and Cl− efflux will thus contribute to increase ΔΨ until the Cl− gradient across the SV membrane reaches equilibrium. Such changes in the driving force by Cl− would significantly modulate glutamate transport. Intriguingly, some observations indicate that Cl− ions bind directly to VGLUT and allosterically modulate its activity (Hartinger and Jahn, 1993; Juge et al., 2010). Furthermore, accumulating evidence suggests that VGLUT itself exhibits Cl− conductance (Belloccchio et al., 2000; Schenck et al., 2009), which is activated by H+ and eventually inhibits glutamate transport by a competing transport pathway (Eriksen et al., 2016) or increases it by compensating charge imbalance through an exchange mechanism (Schenck et al., 2009).

In addition to Cl− conductance, recent in vitro experiments indicate that VGLUTs transport surprisingly diverse substances. One of these is inorganic phosphate. In fact, before the recognition of glutamate transport activities, VGLUT1 and VGLUT2 were originally cloned as plasma membrane Na+/Pi-dependent inorganic phosphate transporters, given that their heterologous expression stimulates Na+/Pi co-transport into Xenopus oocytes (Ni et al., 1994; Aihara et al., 2000; Belloccchio et al., 2000; Takamori et al., 2000). Recent results from VGLUT reconstitution not only support Na+/Pi-dependent phosphate transport (Juge et al., 2006), but indicate that VGLUTs also promote H+−dependent Pi transport into SVs, which competes with glutamate transport (Preobraschenski et al., 2018), indicating that VGLUTs transport Pi by utilizing two discrete driving forces, depending on their locations (Preobraschenski et al., 2018; Cheret et al., 2021). More surprisingly, VGLUTs also seem to mediate cation/H+ exchange in SVs, which would convert ΔpH to ΔΨ, thereby facilitating the ΔΨ-driven glutamate transport (Preobraschenski et al., 2014).

Despite accumulating in vitro evidence from mechanistic insights into glutamate transport modulation by various ions,
the physiological relevance of the foregoing biochemical observations in living synapses is largely unexplored, mainly due to technical constraints in manipulating and quantitatively measuring glutamate and various ion concentrations in the cytoplasm and in vesicle lumens. Recent years have witnessed some important observations concerning vesicular glutamate transport mechanisms by utilizing a giant synapse—the calyx of Held synapse—as a model. Furthermore, a recent analysis of VGLUT1-deficient calyces has invoked several regulatory mechanisms regarding how VGLUT expression level, as well as expression of individual VGLUT isoforms, would impact synaptic transmission (Nakakubo et al., 2020). In this review, we will summarize key observations using the calyx of Held synapses that have shed further light on mechanisms and regulation of glutamate transport into SVs and will highlight some of the unknowns underlying the process.

THE CALYX OF HELD SYNAPSE: A MODEL SYNAPSE SUITABLE FOR INVESTIGATING PRESYNAPTIC MECHANISMS

The calyx of Held is the largest nerve terminal in the mammalian central nervous system, occupying 25–50% of the postsynaptic cell body, located in the medial nucleus of the trapezoid body (MNTB) within the superior olivary complex (Figure 2A). The origin of the calyx nerve terminal comes from the globular bushy cell, located in the ventral cochlear nucleus (VCN). Globular bushy cells are contacted by multiple large endings of auditory nerve fibers. The ability of bushy cells to encode temporal fine structure in the incident acoustic wave and their involvement in brainstem auditory circuits that mediate sound localization implicates the calyx of Held synapses in localizing sound in space.

During embryogenesis, multiple axons form synaptic contacts on neurons in the MNTB at around embryonic day 17, when synapses already have the ability to induce action potentials on the postsynaptic cell (Hoffpaur et al., 2010). Characteristic calyx presynaptic terminals emerge between postnatal days 2 and 4. During this period, only one major projection input remains, while other input fibers are eliminated, establishing a 1:1 correspondence between a calyx presynaptic terminal and the postsynaptic cell (Hoffpaur et al., 2006). Ear canals generally open at around postnatal day 10 in rodents. At this time, robust morphological and molecular changes occur in the calyx of Held synapses. Morphologically, the shape of the calyx of Held presynaptic termini changes from spoon-shaped to finger-shaped (Kandler and Friauf, 1993; Ford et al., 2009). In addition, the expression of various proteins related to synaptic transmission, including voltage-gated channels, SV proteins, and postsynaptic receptors drastically changes during hearing onset (Iwasaki and Takahashi, 1998; Futai et al., 2001; Blaesse et al., 2005). These expression changes underlie developmental changes in synaptic functions in this synapse (Iwasaki and Takahashi, 2001; Schneggenburger and Forsythe, 2006; Borst and Soria van Hoeve, 2012).

Structural analysis using electron microscopy revealed that calyx terminals are filled with spherical synaptic vesicles, an indication of excitatory connections, and they contain multiple active zones, a hallmark of presynaptic release sites. The number of synaptic sites ranges from 300 in mice to 600 in rats. Later studies showed that calyces contain ∼180,000 synaptic vesicles per terminal (Satzler et al., 2002; de Lange et al., 2003; Neher, 2010). In accordance with the contemporary three-vesicle pool model (Rizzoli and Betz, 2005), the calyx of Held synapses contains ∼3,000 vesicles in the readily releasable pool (RRP), which can be released immediately upon AP arrival (Sakaba and Neher, 2001). They also contain ∼40,000 vesicles in the recycling pool, which replenish the RRP during sustained stimulation (de Lange et al., 2003; Yamashita et al., 2005), and ∼180,000 vesicles in the reserve pool, which are used only during intense stimulation (Satzler et al., 2002; de Lange et al., 2003; Figure 2D).

In spite of this extraordinary large number of total SVs, the sizes of each SV pool per release site are comparable to those of conventional synapses, e.g., small hippocampal synapses, making it a suitable model for glutamatergic presynaptic terminals (Rizzoli and Betz, 2005). Like other conventional synapses, efficient endocytic retrieval of SV membranes after exocytosis is essential to sustain transmission in this synapse (Yamashita et al., 2005), although modes of endocytosis, as well as the fate of endocytosed vesicles, i.e., which routes endocytosed materials travel until they are reused for exocytosis, and how long it takes, are not fully understood (Neher, 2010).

Because of its extraordinarily large size, the calyx of Held synapses in acutely prepared brain slices are amenable to patch clamp techniques (Figure 2B). Since the pioneering work by Forsythe (1994) showed that direct patch-clamp recording from the presynaptic plasma membrane is possible, calyx of Held synapses have been one of the most powerful preparations to investigate biophysical properties and underlying presynaptic molecular mechanisms of synaptic transmission in the mammalian brain. There are several reasons, to mention a few, that make the calyx of Held a suitable model for analysis. (1) It is a unique “one calyx–one MNTB” synapse. Although an MNTB neuron receives other inputs, mainly from surrounding interneurons, one bushy cell makes synaptic contact exclusively with one MNTB neuron. This simple connection ensures the identity of the origin of the postsynaptic response. It also ensures that spontaneous responses elicited by single-vesicle exocytosis and evoked responses elicited either by depolarization of the presynaptic membrane or by electrical stimulation of an afferent fiber are of the same origin. (2) It is a pure glutamatergic neuron, so that knowledge from the calyx of Held may be applicable to most other excitatory synapses throughout the brain. It should be noted, however, that unlike other glutamatergic synapses that predominantly express one of the two VGLUT isoforms (VGLUT1 and VGLUT2) in adulthood (Fremeau et al., 2001; Fujiyama et al., 2001), the calyx of Held synapse expresses both VGLUT1 and VGLUT2 at relatively high levels (Billups, 2005; Blaesse et al., 2005). Unlike hippocampus and neocortex in which VGLUT2 is weakly expressed in early development and is replaced by VGLUT1 during the 2nd or 3rd postnatal week (Fremeau et al., 2004; De Gois et al., 2005), VGLUT2 expression is constant until the 4th week while VGLUT1 expression gradually increases
FIGURE 2 | The calyx of Held synapse. (A) The auditory circuit in rodent brainstem. Globular and spherical bushy cells in the ventral cochlear nucleus (VCN) receive excitatory synaptic input from the cochlea. Spherical bushy cells send their axons to the ipsilateral lateral superior olive (LSO), whereas globular bushy cells project to the contralateral medial nucleus of the trapezoid body (MNTB). Excitatory synapses on MNTB principal cells, called the calyx of Held. MNTB principal cells form inhibitory synapses to the ipsilateral LSO. The LSO projects to the inferior colliculus, where sound information is integrated. Red lines with + and a blue line with — indicate excitatory and inhibitory inputs, respectively. (B) Paired whole-cell patch clamp recording at the calyx of Held. A patch electrode on the left is set to perform whole-cell patch clamp recording from the calyx of Held presynaptic terminal (Pre), while a patch electrode on the right is placed for electrical recordings.

(Continued)
FIGURE 2 | Continued

whole-cell from MNTB principal cells (Post). The scale bar indicates 5 μm. (C) Various advantages of the presynaptic terminal patch clamp method. (i) By establishing paired patch clamping at the calyx of Held synapse, one can record action potentials (APs) under current clamp mode (C.C.) from presynaptic terminals, and Ca^{2+} currents (IpCa) under voltage clamp mode (V.C.). Simultaneously, excitatory postsynaptic currents (EPSCs) can be recorded from postsynaptic cells. In addition, through the electrode at the presynaptic terminal, one can trigger neurotransmitter release by applying depolarization pulses as well as local Ca^{2+} uncaging. (ii) SV exocytosis and subsequent membrane retrieval (endocytosis) can be monitored by membrane capacitance measurements. (iii) Through the presynaptic electrode, one can manipulate the composition of presynaptic cytoplasm by dialyzing it with an intra-pipet solution of the desired composition (green). This in turn enables the application of membrane-impermeable drugs directly into presynaptic terminals, washout of intrinsic glutamate from the cytoplasm, and the subsequent glutamate uncaging experiment to monitor glutamate refilling into emptied SVs. (D) A schematic drawing depicting three pools of SVs. A calyx terminal contains ~200,000 SVs, consisting of only ~3,000 synapses in the readily releasable pool (RRP) that swiftly responds upon AP arrival, ~7,000 synapses in the recycling pool that replenishes the RRP during sustained stimulation, and a reserve pool that participates only during intensive repetitive stimulation (Rizzoli and Betz, 2005).

during this developmental stage (Billups, 2005). (3) Thanks to its extraordinarily large size, whole-cell patch clamping can easily be established at the presynaptic site. By doing so, one can directly record the presynaptic membrane potential to current clamp mode and activities of ion channels present on the presynaptic membrane in the form of currents in membranes under a voltage clamp configuration with extremely high spatio-temporal precision (Figure 2C). In particular, the Na^{+} current upon generation of an action potential (AP), the K^{+} current related to AP termination, and the Ca^{2+} current that is coupled to trigger SV exocytosis can be measured from the presynaptic plasma membrane. In addition, with membrane capacitance measurements, one can monitor activity-dependent SV dynamics, consisting of exocytic increases of membrane capacitance and subsequent decay due to compensatory endocytosis of exocytosed SV membranes (Sun and Wu, 2001). (4) Whole-cell presynaptic patch clamping enables experimental manipulations of presynaptic cytoplasmic composition, which cannot be achieved in conventional smaller synapses, i.e., dialysis of presynaptic cytoplasm with an intra-pipet solution, application of membrane-impermeable drugs into presynaptic cytoplasm through a pipet with defined concentrations, and so on. The inevitable downside of this manipulation is, however, that whole-cell patch clamping definitely leads to the loss of endogenous soluble molecules from presynaptic terminals, which may change the properties of presynaptic terminals in a physiological environment.

In addition to electrophysiologically amenable preparations of the calyx of Held synapses in acute brainstem slices, these giant presynaptic terminals were successfully reconstituted by culturing two types of dissociated cells derived from cochlear nuclei and from medial nuclei of the trapezoid body in the same dish (Dimitrov et al., 2016). This novel preparation allows genetic manipulation and enables them to be adapted for optical measurements of SV dynamics with simultaneous presynaptic electrical recordings, which cannot be readily achieved with acute slice preparations. However, the current protocol seems to hamper feasible applications due to a relatively low success rate, the necessity of long-term culture, e.g., DIV20–22, to establish single input-output pairs, and relatively small postsynaptic currents seen in this preparation (<1 nA), necessitating further optimization.

MANIPULATION OF VESICULAR GLUTAMATE CONTENT BY DIALYZING PRESYNAPTIC TERMINALS WITH SOLUTIONS CONTAINING VARIOUS GLUTAMATE CONCENTRATIONS

Direct access to the giant presynaptic terminal of the calyx of Held using glass pipets allows us to clamp the presynaptic cytoplasm with a solution of the desired composition. In particular, one can clamp presynaptic glutamate concentrations and monitor vesicular glutamate contents through excitatory postsynaptic current (EPSC) recordings in a voltage-clamp configuration at postsynaptic MNTB cells. An additional tour-de-force technique to “micro-inject” a desired solution through a thinner tube installed in a presynaptic patch pipet and connected to a syringe enables the consecutive exchange of presynaptic solutions. Switching a solution containing 10 mM glutamate to a glutamate-free solution results in a gradual decrease in both evoked EPSC amplitudes and miniature EPSC amplitudes, albeit to a lesser extent, over 30 min, indicating that vesicular glutamate content can be depleted by the exocytic release of pre-filled glutamate and subsequent blockade of glutamate refilling of endocytosed vesicles (Ishikawa et al., 2002). The leakage of glutamate from pre-filled SVs does not seem to be a source of rundown (Ikeda and Bekkers, 2009; Takami et al., 2017). In turn, switching a solution with 1 mM glutamate to that with 100 mM glutamate increases both evoked and miniature EPSC amplitudes by ~100% and by ~50% respectively, indicating that vesicular glutamate content is critically determined by cytoplasmic glutamate concentrations, as previously indicated by a number of biochemical transport studies using isolated vesicles (Naito and Ueda, 1985; Wolosker et al., 1996; Wilson et al., 2005). Detailed assessment of cytoplasmic glutamate concentrations that are needed to maintain mEPSC amplitudes in an invasive situation (without presynaptic whole-cell recordings) revealed that the presynaptic glutamate concentration at the calyx of Held is ~1 mM (Ishikawa et al., 2002), which is within the range of Kms of glutamate transport measured in isolated SVs. However, the seemingly non-saturable nature of glutamate contents in the presence of up to 100 mM is surprising and incompatible with biochemical transport assays in vitro (Naito and Ueda, 1985; Wolosker et al., 1996; Wilson et al., 2005). Thus, different mechanisms to regulate glutamate content at equilibrium in vivo must exist, e.g., changes in vesicle volume and in glutamate leakage that are associated with the exceeded glutamate refilling under these conditions that may be non-physiological.

In addition to the increase in quantal size in the presence of 100 mM [Glu]cyto, quantal content was concomitantly increased...
(Ishikawa et al., 2002), suggesting an increase either in the number of releasable vesicles or in the release probability of those vesicles, or a combination of both. Interestingly, experiments conducted later using hippocampal autaptic cultures support the concept that the degree of filling of SVs with glutamate affects their release probability, i.e., more glutamate in the vesicle increases the release probability (Herman et al., 2014). However, how the filling status of SVs with glutamate influences the release properties of SVs is unknown. It has been proposed that physical changes of the vesicle membrane due to the hyper-osmotic condition conferred by glutamate may be responsible. Likewise, the absence of glutamate is thought to cause the distorted morphology of empty SVs observed in VGLUT1-KO neurons under certain fixation conditions (Siksou et al., 2013; Herman et al., 2014). Interestingly, glutamate loading into isolated SVs induces an expansion of vesicle volume by ~100% in vitro, in which multi-transmembrane protein, Synaptic Vesicle-associated Glycoprotein 2 (SV2), performs a critical function (Budzinski et al., 2009). These results collectively indicate that the amount of glutamate in the lumen indirectly regulates the vesicle release probability via changes in the biophysical properties of SV membranes. Other potential mechanisms controlling release probability conferred by distinct VGLUT-isoforms will be discussed below.

**KINETICS OF GLUTAMATE TRANSPORT INTO SVS AT CALYX OF HELD SYNAPSES**

Micro-perfusion of presynaptic terminals with solutions containing fixed glutamate concentrations described above, shed light on various essential points concerning vesicular glutamate content and its regulation in physiological contexts. However, since it is intrinsically difficult to measure the time required to replace presynaptic solutions using microinjection, the source of changes in EPSCs upon solution exchange cannot be identified with certainty, either due to the slow changes in steady-state glutamate content of pre-filled vesicles, or to changes in glutamate refilling into endocytosed SVs during measurements. To directly monitor dynamics of glutamate refilling into endocytosed “empty” SVs, Hori and Takahashi developed an efficient method to swiftly increase cytoplasmic glutamate concentrations using glutamate uncaging after vesicular glutamate was largely washed out by dialyzing the terminals with a glutamate-free solution (Hori and Takahashi, 2012). When simultaneous presynaptic and postsynaptic whole-cell recordings were made with a presynaptic pipet containing 0 mM glutamate and 10 mM 4-methoxy-7-nitroindolinyl (MNI)-glutamate, EPSCs elicited at 1 Hz declined gradually over ~15 min, due to depletion of the recycling pool (Figure 3). When the EPSC amplitude reached a low level, a UV flash (1 s) was applied to photorelease glutamate from MNI-glutamate in the presynaptic terminals (The presynaptic pipet was “detached” from the terminals to avoid a rapid diffusion of released glutamate back into the pipet, and an afferent fiber was continuously stimulated to monitor EPSCs throughout measurement). Unlike replacement of solutions by microperfusion (from 1 mM to 100 mM glutamate), EPSCs recovered with much faster kinetics upon glutamate uncaging with a time constant of ~15 s, which is 10–100 times faster than those estimated in isolated vesicles (Naito and Ueda, 1985; Maycox et al., 1988; Carlson et al., 1989). Furthermore, titration of glutamate concentrations achieved by glutamate uncaging revealed that the Km of glutamate refilling measured in the calyces was 0.91 mM, which is in the range of those measured biochemically using isolated vesicles (Maycox et al., 1988; Carlson et al., 1989) as well as heterologous preparations expressing VGLUTs (Kaneko and Fujiyama, 2002). The large discrepancy in refilling kinetics between isolated vesicles and intact vesicles in the living nerve terminals is enigmatic but may arise from a loss of original luminal ionic composition, or from inevitable damage or loss of the VGLUT transport system during fractionation of vesicle membranes. Notably, SVs isolated from native brains by standard cell fractionation protocols lose glutamate completely during purification (Burger et al., 1989). Thus, it is conceivable that they also lose luminal ions that might influence glutamate transport.

Despite this first success toward estimating the rate of glutamate transport in living synapses, there remain several critical concerns regarding the protocol. First, as noted, uncaging MNI-caged glutamate produced unexpected cytotoxicity, which impede the recovery of EPSCs (Hori and Takahashi, 2012). Although the inclusion of 20 mM glutathione seemed to effectively prevent toxicity (on Ca^2+ influx and exocytosis), the possibility of toxicity affecting VGLUT, V-ATPase, and other vesicular components inhibiting the glutamate transport rate cannot be fully excluded. Second, this protocol allows the measurement of glutamate transport into SVs that are already acidified by V-ATPase. If acidification of SVs is rate-limiting, glutamate refilling would take much longer as a whole. In fact, clathrin-coats by which newly-regenerated SVs are surrounded, severely inhibit ATP-dependent acidification of SVs (Farsi et al., 2018). Finally, cytoplasmic factors may have been removed after dialysis of presynaptic terminals, which potentially modulate the rate of glutamate transport into SVs (Ozkan et al., 1997; Winter et al., 2005).

**UNIQUE CHLORIDE DEPENDENCE OF VESICULAR GLUTAMATE TRANSPORT**

As summarized in the “Introduction” section, both external and luminal Cl^− concentrations have a profound influence on glutamate transport measured in vitro. In particular, extracellular (cytoplasmic) Cl^− concentrations exhibit a biphasic effect on glutamate transport with maximal activity in the presence of 4–30 mM Cl^−, depending on glutamate concentrations used for the transport assay (40 µM and 5 mM glutamate, respectively; Naito and Ueda, 1985; Wolosker et al., 1996). At calyx of Held synapses, Cl^− concentration at presynaptic terminals was ~21 mM (Price and Trussell, 2006), which seems to be optimal for glutamate transport measured in vitro. However, dialyzing presynaptic terminals with a solution containing various Cl^− concentrations from 5 to 100 mM did not cause any changes in mEPSC amplitudes (Price and Trussell, 2006), indicating that Cl^− concentrations do not affect
steady-state glutamate content in SVs. This is compatible with biochemical observations using isolated SVs, in which external Cl− concentrations affect steady-state glutamate content only when ΔpH is dissipated pharmacologically (Wolosker et al., 1996). On the contrary, the glutamate refilling rate monitored by glutamate uncaging experiments clearly shows similar biphasic dependence on cytosolic Cl− concentrations with maximum glutamate transport at 30 mM (Hori and Takahashi, 2012). Further, effects of cytosolic Cl− concentrations on the kinetics of glutamate transport and the magnitude of steady-state glutamate content, at least within the measured time frame, differ among Cl− concentrations (Hori and Takahashi, 2012), indicating complex regulation mechanisms by Cl−, as suggested by biochemical analysis (Hartinger and Jahn, 1993; Wolosker et al., 1996). Importantly, synaptic fidelity during high-frequency stimulation, assessed by postsynaptic action potential generation, was retarded when presynaptic terminals were dialyzed with a solution having non-optimal presynaptic Cl− concentrations (either 0.02 mM or 120 mM; Nakakubo et al., 2020). These observations at the calyx of Held synapses strengthen the contribution of cytosolic Cl− in the regulation of glutamate transport. Since cytoplasmic Cl− concentrations can be altered by activity of plasma membrane transporters, such as the K+/Cl− cotransporter, KCC2, and a Na+/K−2Cl− cotransporter, NKCC1, during development, in general (Kaila et al., 2014) as well as upon synaptic inhibition that involves a transient Cl− influx through GABA_A or glycine receptors expressed in calyx terminals (Turecek and Trussell, 2001, 2002; Trojanova et al., 2014), regulation of glutamate transport into SVs by Cl− is likely to be physiologically relevant. Furthermore, changes in cytosolic [Cl−] are associated with various diseases such as epilepsy and chronic pain (Kaila et al., 2014), indicating its pathological implications.

In contrast to the effect of cytosolic [Cl−], contributions of luminal Cl− on glutamate refilling in a physiological context remain to be determined. Although simple replacement of luminal Cl− at living synapses can be achieved, in principle, by turnover of vesicle pools in the presence of external solution with desired Cl− concentrations, the large size of vesicle pools in the calyx of Held may impede the feasibility of assessment by postsynaptic recordings. In cultured hippocampal neurons, however, it seems that glutamate loading is associated with Cl− efflux, and luminal Cl− is critical for efficient vesicle acidification, indicating pivotal roles of luminal Cl− on glutamate refilling in living synapses (Martineau et al., 2017).

FIGURE 3 | Glutamate uncaging experiments enable estimation of the rate of glutamate refilling into SVs in calyx of Held synapses. (A) Glutamate uncaging experiments. Dialysis of the presynaptic terminal with a glutamate-free solution containing 4-methoxy-7-nitroindolinyl (MNI)-caged glutamate is established, while an afferent fiber is continuously stimulated with a bipolar stimulation electrode (at 1 Hz; STEP1). After EPSCs decline substantially, the presynaptic patch pipet is detached, and a UV flash (1 s) is applied to induce a rapid increase of cytosolic glutamate by uncaging MNI-caged glutamate (STEP 2). This results in the recovery of EPSCs, which may reflect the rate of glutamate transport into pre-acidified, but empty SVs (STEP 3). (B) A representative time course of EPSCs monitored during glutamate uncaging experiments. (C) Representative magnified EPSC traces during glutamate uncaging experiments. Note that EPSCs recover nearly completely after glutamate uncaging under control conditions, whereas they do not recover in the presence of the V-ATPase blocker, baflomycin A1. A white line indicates an exponential fit to the EPSCs to deduce the glutamate refilling rate. Panels in (B,C) are reproduced and slightly modified from Hori and Takahashi (2012).

REGULATION OF VESICULAR GLUTAMATE CONTENT BY CYTOPLASMIC CATIONS THROUGH CATION/H+ EXCHANGE MECHANISMS ON SVs

Biochemical analysis of isolated SVs revealed that SVs exhibit an electro-neutral cation/H+ exchange activity, which converts ΔpH to ΔΨ, thereby facilitating glutamate transport into SVs (Goh et al., 2011). Furthermore, reconstitution of VGLUTs suggested that VGLUT1 itself mediates the cation/H+ exchange activity (Preobraschenski et al., 2014). These observations raise the possibility that changes in presynaptic cation concentrations may regulate vesicular glutamate transport and have the potential to influence synaptic transmission.

Cytosolic Na+ concentration is maintained at relatively low levels (~15 mM) by the activity of Na+/K+-ATPases on the plasma membrane. At calyx of Held terminals, hyperpolarization-activated cyclin nucleotide-gated (HCN)
channels, which allow Na\(^+\) to pass through the membrane, also contribute to the resting cytosolic Na\(^+\) concentration. Activation of HCN channels increases resting Na\(^+\) concentrations by \(~5\) mM (Huang and Trussell, 2014). Further, the Na\(^+\) influx through voltage-gated Na\(^+\) channels during repetitive AP firing also contributes to increased cytosolic [Na\(^+\)]. In fact, [Na\(^+\)] reaches \(~80\) mM when 100-Hz stimulation is applied for 10 s (Huang and Trussell, 2014). As such, presynaptic [Na\(^+\)] is subjected to control at physiologically relevant conditions.

Dialysis of calyces with a buffer containing high Na\(^+\) (40 mM) significantly increases both amplitude and frequency of mEPSCs, whereas that with a buffer lacking Na\(^+\) (0 mM) decreases them (Huang and Trussell, 2014; Figure 4A). Furthermore, pharmacological activation of HCN channels through cAMP activation increases mEPSC amplitudes, while inhibition of HCN channels decreases mEPSC amplitudes (Huang and Trussell, 2014). All these observations are compatible with a proposal from biochemical transport assays, that activation of Na\(^+\)/H\(^+\) exchange potentiates ∆Ψ, which would optimally drive glutamate transport.

Although regulation of presynaptic [K\(^+\)] is less understood, manipulations of cytoplasmic [K\(^+\)] at the calyx of Held synapses exerted similar effects on miniature EPSC amplitudes, i.e., complete replacement of presynaptic K\(^+\) with NMDG\(^+\) resulted in a gradual decline of mEPSC amplitudes by \(~30\)%, while no decrease was observed in the presence of 130 mM K\(^+\) (Figure 4B; Goh et al., 2011). Interestingly, the inclusion of 10 mM Na\(^+\) in a pipet solution, which mimics physiological conditions to some extent, did not reverse the reduction of mEPSC amplitudes in the absence of K\(^+\), supporting the importance of K\(^+\) rather than Na\(^+\) in maintaining vesicular glutamate content under resting conditions. Finally, EIPA, an inhibitor of the Na\(^+\)/H\(^+\) exchanger, also resulted in the reduction of mEPSC amplitudes to an extent similar to that in the absence of K\(^+\), indicating that the Na\(^+\)/H\(^+\) exchanger is involved in this regulation, consistent with biochemical results.

Despite clear indications that cation/H\(^+\) exchange activity on SVs regulates vesicular glutamate contents under physiological conditions, the molecular identity of the Na\(^+\)/H\(^+\) exchanger on SVs, as well as its contribution to the intrinsic cation/H\(^+\) exchange activity in VGLUTs are still uncertain. Among the SLC9/sodium proton exchanger (NHE) family, some members of which are suggested to be responsible for regulating organelar acidity in various cell types and tissues (Donowitz et al., 2013), NHE-1, -6, and -7 were identified in isolated SV membranes by a recent proteomic study (Taoufiq et al., 2020), and NHE6 is enriched in SVs (Prebrabschenski et al., 2014). Of note, recent evidence from hippocampal neurons suggests that NHE6 may be central because knock-down of NHE6 alone results in a reduction of mEPSC amplitudes (Lee et al., 2021a,b). Furthermore, secretory carrier membrane protein 5 (SCAMP5), one of the genuine SV residents (Takamori et al., 2006), is responsible for proper sorting of NHE6 to fusion-competent SVs, and SCAMP5 knock-down also results in a similar reduction in mEPSCs. Since both NHE6 and SCAMP5 are associated with autism spectrum disorder (ASDs; Morrow et al., 2008; Castermans et al., 2010; Kondapalli et al., 2014; Schwede et al., 2014), regulation of vesicular glutamate content by NHE6 and SCAMP5 may be implicated in the pathogenesis of ASDs. Whether the same mechanisms are implemented in the calyx of Held synapses needs further investigation.

**IS VESICULAR REFILLING A RATE-LIMITING STEP FOR NEUROTRANSMISSION?**

Given the rate of glutamate transport into SVs, an important question remains as to whether the refilling speed can be rate-limiting for glutamatergic transmission. This can happen if the reuse of vesicles that have undergone exocytosis is faster than the time required for complete vesicle refilling (<20 s). Although we currently do not know the time required for vesicle reuse, recent studies using hippocampal synapses as well as cerebellar mossy fiber terminals in slices (Watanabe et al., 2013, 2014; Delvendahl et al., 2016), indicate that at physiological temperature, clathrin-independent rapid endocytosis occurs much more rapidly than previously believed (<100 ms), leaving room for exocytosis of incompletely filled vesicles upon vesicle reuse.

A suggestion of rapid reuse of incompletely filled vesicles comes from experiments in which vesicular glutamate transport was abolished by dialyzing presynaptic terminals with a glutamate-free pipet solution, while EPSCs were continuously monitored (Hori and Takahashi, 2012). Immediately after whole-cell voltage clamp was established at a presynaptic terminal, EPSCs evoked by afferent fiber stimulation at 1 Hz tend to decline when the pipet contained glutamate-free solution, although systematic analysis has not been done to determine how long it takes to detect a significant decrease from the initial EPSCs. This rapid decline was not observed when the pipet solution contained 3 mM glutamate, strongly indicating that SVs that had experienced exocytosis and had lost glutamate were reused multiple times during this short time. Consistent with this observation, blockade of glutamate refilling either by the V-ATPase inhibitor, folimycin, or by attenuating ∆µH\(^+\) buildup of endocytosed vesicles with strong buffers, results in rapid synaptic depression in hippocampal preparations (Ertunc et al., 2007). Oddly, rundown observed in the presence of another membrane-permeable V-ATPase inhibitor, baflomycin, did not seem to cause immediate depression with the same onset (Hori and Takahashi, 2012). This is probably due to a side effect of baflomycin, by which the release probability of SVs dramatically increases, which would mask the initial synaptic rundown due to the blockade of glutamate transport (Ikeda and Bekkers, 2009).

A second indication comes from an experiment in which the input-output relationship of presynaptic and postsynaptic AP firings is monitored, while vesicular glutamate transport is slowed by changing the presynaptic Cl\(^-\) concentrations (Nakakubo et al., 2020). Essentially, the calyx of Held synapses 16–19 days after birth endure a train of 1,000 stimuli at 100 Hz (for 10 s) without large failures (Figure 5A). However,
Presynaptic cations regulate mEPSC amplitudes through cation/H+ exchange in SVs. Paired recordings were performed from both pre- and postsynaptic compartments in a calyx of Held-MNTB neuron. mEPSCs were recorded postsynaptically immediately (within 2 min) and 25–30 min after a break-in to the presynaptic terminal with a pipet containing indicated buffers. Relative mEPSC amplitudes of initial mEPSCs were plotted as a function of time after a break-in.

(A) Traces indicate mEPSCs measured under control (10 mM Na+, top), high Na+ (40 mM Na+, middle), and Na+-free (0 mM, bottom) immediately after break-in (<2 min, black) and after 25–30 min (>25 min, red). The bottom plot indicates mEPSC amplitudes relative to initial mEPSCs in the presence of 0 mM Na+ (red), 10 mM Na+ (black), and 40 mM Na+. Figures were modified from Huang and Trussell (2014).

(B) Traces indicate mEPSCs measured under control (130 mM K+, top), K+-free (130 mM NMDG+, middle), and 130 mM K+ with EIPA (bottom) immediately after break-in (<2 min, black) and after 25–30 min (>25 min, red). The bottom plot indicates mEPSC amplitudes relative to initial mEPSCs in the presence of 130 mM K+ (K+; black circle), 130 mM NMDG+ (NMDG+; red), 10 mM NaCl, K+-free solution [NMDG+ (low Na+); open], and 130 mM K+ with 50–100 µM EIPA (K+ + EIPA; blue). Figures were modified from Goh et al. (2011).
FIGURE 5 | Slowed vesicular glutamate refilling impairs synaptic fidelity during high-frequency firing. (A) The impairment of synaptic fidelity when presynaptic Cl$^-$ concentrations are not optimal for efficient glutamate refilling. In the presence of very low [Cl$^-$]$_{pre}$ (0.02 mM) or high [Cl$^-$]$_{pre}$ (120 mM), at which rates of glutamate refilling are dramatically slowed, synaptic fidelity upon long high-frequency stimulation (100 Hz) causes apparent synaptic failure within several seconds. This synaptic failure does not occur in the presence of 30 mM [Cl$^-$]$_{pre}$ within these time frames (modified from Nakakubo et al., 2020). (B) Impairment of synaptic fidelity in the calyx of Held synapses of VGLUT1$^{-/-}$ mice. Despite considerable differences in basic synaptic parameters of the calyx of Held synapses between wild-type and VGLUT1$^{-/-}$ mice, the rate of glutamate refilling in SVs is slowed in VGLUT1-deficient synapses by $\sim$4-fold compared to wild-type. Presumably, as a consequence, synaptic fidelity during high-frequency firing is impaired within several seconds in VGLUT1-deficient synapses. Figures are modified from Nakakubo et al. (2020).

WHICH MATTERS MOST, VGLUT ISOFORMS OR TOTAL VGLUT EXPRESSION AT THE CALYX OF HELD?

Expression of both VGLUT1 and VGLUT2 at the calyx of Held synapses (Billups, 2005) offers a unique opportunity to address possible functional differences between them using VGLUT1 knockout mice. While the transmembrane domains of the three VGLUTs are almost identical, N-termini and C-termini of VGLUTs, both of which face the cytoplasm, are quite different (Reimer, 2013). In fact, transport properties, i.e., the transport rate, the biphasic dependence on extravesicular [Cl$^-$], the predominant utilization of $\Delta\Psi$ for transport (Bai et al., 2001; Kaneko and Fujiyama, 2002; Eriksen et al., 2016). In turn, distribution of these transporters in a heterologous system, as well as recycling...
properties and dynamics within presynaptic terminals, seem to differ among the isoforms in several respects (Voglmaier et al., 2006; Guillaud et al., 2017; Li et al., 2017), indicating differences in trafficking and sorting. Furthermore, in previous experiments using hippocampal autapses, as well as hippocampal slices, in which VGLUT1 expression predominates over other isoforms, it was reported that VGLUT1 confers low release probability, whereas VGLUT2 bestows high release probability (Weston et al., 2011; He et al., 2012). It is also unclear, in a subpopulation of hippocampal neurons as well as cortical neurons that express both VGLUT1 and VGLUT2, whether they are expressed at the same boutons (or even on the same vesicles) or whether they are segregated into distinct release sites (or distinct boutons; Fremeau et al., 2004; Schuske and Jorgensen, 2004; Wojcik et al., 2004; De Gois et al., 2005; Herzog et al., 2006). These studies also reached different conclusions as to how net VGLUT expression on an SV affects the quantal size of glutamate (Fremeau et al., 2004; Schuske and Jorgensen, 2004; Wojcik et al., 2004; Herzog et al., 2006). It seems conceivable, however, that VGLUT levels affect refilling speed until SVs are fully refilled with glutamate. When glutamate refilling after presynaptic glutamate washout is measured by glutamate uncaging, glutamate refilling was substantially slowed in VGLUT1-deficient synapses (τ ~ 80 s at room temperature), i.e., four times slower than observed in wild-type synapses (Nakakubo et al., 2020). In addition, recovery of EPSCs after glutamate uncaging was hardly observed when synapses were continuously stimulated at 1 Hz, necessitating lower stimulation at 0.1 Hz to observe the recovery of EPSCs in VGLUT1-deficient synapses. This was probably due to the involvement of exocytosis of partially re-filled SVs that could never reach a fully refilled state at continuous 1-Hz stimulation. The notion that VGLUT levels dictate the speed of refilling, but not the steady-state levels of glutamate content observed in the calyx of Held synapses is somewhat contradictory to earlier biochemical transport assays using pharmacological manipulations, arguing that the number of available VGLUTs on SVs influences the magnitude and to a lesser extent, the rate of glutamate uptake (Wilson et al., 2005), although the reason remains enigmatic.

Studies using hippocampal preparations revealed that EPSCs persisting in VGLUT1-KO neurons, apparently mediated by VGLUT2, exhibited higher release probability and rapid recovery after synaptic depression (Fremeau et al., 2004; Weston et al., 2011). Although these features seen in VGLUT1-deficient synapses have typically been attributed to VGLUT2, it is also possible that other components of respective synapses contribute to these different features. By taking advantage of the calyx of Held synapses in which both VGLUT1 and VGLUT2 are normally expressed on the same vesicles, albeit to different extents, analysis of the remaining EPSCs in VGLUT1-deficient calyces may provide deeper insights into differences in synaptic properties conferred by VGLUT isoforms. Estimation of RRP sizes and release probabilities deduced from short-term depression (STD) reveal that VGLUT2-laden vesicles exhibit a higher release probability than wild-type vesicles, while RRP sizes were not altered. Furthermore, recovery from STD was faster in VGLUT1-deficient synapses than in wild-type synapses, which was ablated in the presence of EGTA, indicating that faster replenishment of RRP by VGLUT2-laden vesicles is mediated by a Ca<sup>2+</sup>-dependent process. These observations are largely compatible with reports using hippocampal preparations from VGLUT1-KO mice (Fremeau et al., 2004), and strengthen the notion that expression of VGLUT isoforms regulates vesicle dynamics. The best-studied molecular difference among VGLUTs is the presence of a proline-rich domain at the carboxyl-terminal tail of VGLUT1, which offers a binding site for an endocytosis-related protein, endophilin (De Gois et al., 2006; Vinatier et al., 2006; Voglmaier et al., 2006). Although endophilin binding to VGLUT1 reportedly
facilitates endocytosis of VGLUT1 during mild prolonged repetitive stimulation (Vogtmaier et al., 2006) and reduces SV-release probability (Weston et al., 2011), a recent study using hippocampal neurons suggests that it also reduces SV mobility mediated by an additional endocytic protein, intersectin (Zhang et al., 2019), presumably representing a molecular mechanism underlying faster recovery after STD in the absence of VGLUT1. It should be noted, however, that vesicle tracking experiments on heterologous expression of fluorescently-labeled VGLUT1 and VGLUT2 in unique culture preparations of the calyx of Held terminals revealed that VGLUT1-laden vesicles move faster and travel longer distances than VGLUT2-laden vesicles (Guillaud et al., 2017), incompatible with facilitation of EPSC recovery from STD observed in VGLUT1-deficient synapses. How the binding ability of VGLUT1 to intersectin, which has been implicated in endocytosis, confers low release probability is difficult to explain. It was proposed that the number of available intersectin molecules influences vesicle release probability, and that VGLUT1 acts as an intrinsic “buffer” to inactivate intersectin by reducing its cytoplasmic concentrations (Weston et al., 2011). Intriguingly, more recent studies indicate that intersectin is involved directly in vesicle priming and fusion of neurosecretory granules in chromaffin cells and in modulation of presynaptic Ca2+ channel function in rodent cochlear inner hair cells (Kroll et al., 2019; Gowrisankaran et al., 2020), presumably relating to intersectin-dependent distinct release probabilities between VGLUT1- and VGLUT2-encoding synapses. Currently, precise actions of intersectin on the regulation of release probability and the presence of other key partners involved in these VGLUT isoform-specific properties in SV mobility and physiological consequences remain largely unknown.

CONCLUDING REMARKS

In this review, we introduced recent key findings concerning mechanisms of vesicular glutamate transport processes in the calyx of Held and discussed their physiological relevance.

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Although mechanistic insights obtained from in vitro studies also suggest the importance of luminal ions that are engulfed by vesicles during endocytosis, e.g., facilitation of glutamate refilling by luminal Cl− during the initial phase of glutamate loading, it is still uncertain how much this proposed mechanism contributes in physiological contexts. As for the refilling speed, studies using presynaptic glutamate uncaging indicate that it is much faster than rates observed biochemically using isolated SVs. Yet, with some experimental concerns and possible rapid use of filled vesicles during highly repetitive stimulation described above, it may be even faster than measured values. In addition to multiple modes of SV endocytosis with distinct time scales depending on stimulation strength, the time required for reuse of endocytosed vesicles may be an important key to fully understanding whether refilling speed can be rate-limiting for neurotransmission. A future innovation that enables direct observations of glutamate refilling of individual SVs at presynaptic terminals, in addition to indirect measures of synaptic outputs from postsynaptic cells, under precise manipulations and stimulation will likely give us the answer.

AUTHOR CONTRIBUTIONS

TH and ST: conceptualization, manuscript initial draft, manuscript critical correction, and approval of final version. All authors contributed to the article and approved the submitted version.

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