Additional file 2

Scale of marriage, employment and economic burden

Marriage:

1. After being diagnosed of IBD, to what extent has the disease affected your marriage or love life?
   ① Not at all ② Slightly ③ Moderately ④ Quite a bit ⑤ Extremely

2. After being diagnosed of IBD, what do you think about your marital happiness?
   ① Poor ② Fair ③ Good ④ Very good ⑤ Excellent

Employment:

3. After being diagnosed of IBD, to what extent has the disease affected your employment?
   ① Not at all ② Slightly ③ Moderately ④ Quite a bit ⑤ Extremely

4. After being diagnosed of IBD, to what extent has the disease reduced your work time?
   ① Significantly ② Moderately ③ Not at all

5. Did you lose your job because of IBD?
   ① Yes ② No
Economic burden:

6. After being diagnosed of IBD, to what extent has the disease laid economic burden on you or your family?

① Not at all ② Slightly ③ Moderately ④ Quite heavy ⑤ Extremely heavy