Beneath the Bark: Assessing Woody Stem Water and Carbon Fluxes and Its Prevalence Across Climates and the Woody Plant Phylogeny

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While woody stems are known to influence carbon and water dynamics, direct exchange with the atmosphere is seldom quantified, limiting our understanding of how these processes influence the exchange of mass and energy. The presence of woody stem chlorophyll in a diversity of climates and across a range of species suggests an evolutionary advantage to sustaining carbon assimilation and water relations through permeable stem tissue. However, no formal evaluation of this hypothesis has been performed. In this mini-review, we explore the interactions between woody stems and the atmosphere by examining woody stem photosynthesis and bark-atmosphere water exchange. Specifically, we address the following questions: (1) How do water and carbon move between the atmosphere and woody stems? (2) In what climate space is woody stem photosynthesis and bark water uptake advantageous? (3) How ubiquitous across plant families is woody stem photosynthesis and bark-atmosphere water exchange? In the literature, only seven species have been identified as exhibiting bark water uptake while over 300 species are thought to conduct woody stem photosynthesis. The carbon dioxide and water gained from these processes can offset respiration costs and improve plant water balance. These species span diverse biomes suggesting a broad prevalence of bark-atmosphere permeability. Finally, our results demonstrate that there may be an evolutionary component as demonstrated by a high Pagel’s lambda for the presence of stem photosynthesis. We end with recommendations for future research that explores how bark water and carbon interactions may impact plant function and mass flow in a changing climate.

Keywords: woody stem interaction with the atmosphere, woody stem photosynthesis, phylogenetic signal, water flux, carbon flux, bark water uptake

INTRODUCTION

The global cycling of water and carbon is driven by small-scale forces that move these molecules through different pools in the environment. Plants play a major role in this cycling by absorbing and releasing both water and carbon through multiple plant organs. Most research has focused on leaves and roots as the integral locations where water and carbon fluxes occur while suberized tissue,
such as stem bark, is stereotyped as an impermeable, enigmatic shield. Bark is known to protect plants from pathogens and fire (Morris and Jansen, 2016; Loram-Lourenco et al., 2020), provide mechanical support (Niklas, 1999), and transport and store various compounds (Lintunen et al., 2016; Ilek et al., 2021). The role of permeable bark in governing plant carbon and water budgets through direct exchange of these molecules with the atmosphere is largely considered trivial. Stems release carbon dioxide (respiration) and water as other plant surfaces do. The movement of these molecules can occur in the opposite direction too, but these phenomena are less studied. Justifiably, measured rates of stem photosynthesis and water uptake are generally small compared to total plant and ecosystem fluxes. Nevertheless, recent work has shown that bark carbon dioxide and water uptake can mitigate environmental stress by providing an additional subsidy of carbon and water (e.g., Teskey et al., 2008; Ávila et al., 2014; Earles et al., 2016). For example, stem net photosynthesis can range from 0.5 in *Syringa vulgaris* (PilarSKI, 2002) to 43.9 μmol m⁻²s⁻¹ in *Bebbia juncea* (Ávila-Lovera et al., 2019) and, across several species, compensate for all of the carbon that would otherwise be lost to the atmosphere through respiration. To date, at least 341 species have been empirically shown to exhibit bark water uptake or woody stem photosynthesis (7 for water, 334 for carbon; Supplementary Table 1). While this count is surely a subset of the total prevalence and significance of these processes, we leverage these studies to provide predictions and hypotheses about the broad role of bark in carbon and water exchange with the atmosphere.

Woody stem carbon dioxide uptake is largely considered to be an evolutionary relic because the earliest land plants primarily photosynthesized through their stems (Stewart and Rothwell, 1993; Nilsen, 1995). Woody stem assimilation of carbon dioxide can be classified into two types: *stem net photosynthesis* (Ávila et al., 2014), in which stems can directly absorb carbon dioxide from the atmosphere, and *stem recycling photosynthesis*, in which stems utilize carbon dioxide from internal respiration of root and stem tissue and often lack stomata on the stem (Nilsen, 1995; Ávila et al., 2014). Stem recycling photosynthesis can account for 7–126% of carbon dioxide fixation (Teskey et al., 2008; Ávila et al., 2014). The actual site of chlorophyll and woody stem photosynthesis can vary widely from the inner bark (living cortex) all the way to the pith (Cannon, 1908). Considerable work has explored carbon reassimilation dynamics within stems but only recently has research identified permeable bark as a novel source for water and carbon in woody species. Investigations of stem net photosynthesis has been largely limited by methods, because leaf chambers for gas exchange systems are not able to accommodate large stems or detect low fluxes.

The few studies that have explored this pathway find that carbon uptake is commonly facilitated by lenticels, stomata, cracks, or wounds (Grosse, 1997; Groh et al., 2002; Teskey and McGuire, 2005). The process of water uptake is less well understood, but likely occurs via symplastic pathways through hydrophilic regions of the phellem cell wall (Schönherr and Ziegler, 1980; Earles et al., 2016). The direct absorption of carbon and water from the atmosphere relies on similar bark structure and porosity meaning that species capable of carbon dioxide uptake likely can take up water as well. Liu et al. (2019), for instance, found that stem photosynthesis promoted bark water uptake and embolism repair in *Salix matsudana*.

The interconnected exchange of carbon and water through permeable bark also suggests that, while bark water uptake is considerably understudied, hypotheses regarding this process may be developed from broad scale assessments of the more commonly studied stem photosynthesis.

In this mini-review, we survey the literature to demonstrate the prevalence and significance of bark in affecting woody stem carbon and water dynamics. We define woody stems as stems with secondary growth, i.e., having wood with a combination of living and non-living cells exterior to the cambium. Collectively, all the tissues beyond the cambium are known as bark. Our composite of all species where water or carbon dioxide uptake has occurred allows us to assess broad-scale environmental factors affecting bark permeability to these molecules. We then use two publicly available, large data sets from China (Prentice et al., 2011; Wang et al., 2018; accessed in TRY, Kattge et al., 2020) with information about the prevalence of stem photosynthesis to consider the biophysical environments and clades where we might expect significant bark carbon dioxide and water uptake to occur. These data allow us to hypothesize climates and contexts where researchers should explore the role of woody stem water and carbon uptake. With these new ideas, we hope to inspire colleagues to investigate stem gas and water exchange in their study systems and enhance our knowledge base of these understudied processes.

### How Do Water and Carbon Move Between Woody Stems and the Atmosphere?

As with water movement throughout the soil-plant-atmosphere continuum, water is able to move radially through woody tissue based on water potential gradients. This movement can be bidirectional – water can be lost to evaporation or absorbed through bark water uptake. The few studies focused on bark water uptake investigated how water absorbed by bark affects xylem hydraulic function and whole plant water status (e.g., Earles et al., 2016). The amount of water mobilized and the directionality will depend on broad anatomical features such as the differences in space partitioning among vessel, fiber, and xylem parenchyma cell types, emergent hydraulic functional traits (e.g., wood density and capacitance; Pratt and Jacobsen, 2017), and environmental drivers such as soil water availability and vapor pressure deficit (VPD) (Laur and Hacke, 2014; Fontes et al., 2020). Stems with stomata have conductance values that range from 0.03 mmol m⁻²s⁻¹ in *Ruscus microglossum* (cuticular conductance) (Pivovaroff et al., 2014) to 472.64 mmol m⁻²s⁻¹ in *B. juncea* (maximum stomatal conductance) (Ávila-Lovera et al., 2019), which can result in substantial water loss. Stems without stomata have conductance values ranging from 0.86 to 12.98 mmol m⁻²s⁻¹ (Wolfe, 2020). More recent research focused on the absorption of water by woody stems demonstrated that bark water uptake likely requires high relative humidity or wet surfaces but can improve plant water status and xylem hydraulic
higher than atmospheric CO$_2$ concentration, VPD, and air temperature (Nilsen, 1995). With the surrounding atmosphere. Similar to leaves, stem net photosynthesis responds to light availability, atmospheric carbon dioxide concentration, VPD, and air temperature (Nilsen, 1995). CO$_2$ concentrations inside stems are an order of magnitude higher than atmospheric CO$_2$ concentration: 0.1–26.3% in stems (Teskey et al., 2008) vs. ∼0.04% in air, hence most CO$_2$ movement occurs from the stem to the atmosphere. However, when stem CO$_2$ concentrations decreased to values lower than that of the atmosphere, carbon dioxide from the atmosphere can diffuse through the stem protective layers and be assimilated within the bark (Berveiller et al., 2007). Even in stems with an epidermis but closed stomata, water, and carbon dioxide can continue moving through the cuticle given sufficient concentration gradients (Ávila-Lovera et al., 2017).

The coordination of woody stem photosynthesis and bark water uptake is likely linked but rarely studied in tandem. One recent study on the coordination of woody stem photosynthesis and hydraulic traits showed that there is a positive relationship between stem photosynthetic rate and cuticular conductance to water (Ávila-Lovera et al., 2017). This suggests that structures enabling permeability in periderms and cuticles have the ability to influence carbon dioxide uptake, water loss, and potentially water uptake. Another study found that photosynthetic cells in the stems can increase the amount of water stored in the tissue through modification of the starch supply, influencing the osmotic potential of water through the bark (Liu et al., 2019). Bark conductance to water and carbon dioxide, and the environmental drivers that lead to bidirectional exchange will be key parameters for integrating carbon and water budgets. What remains unknown is the magnitude of these carbon and water fluxes, how prevalent they are, how they vary in time and space, and how they influence the whole-plant carbon and water economy.

In What Climate Space Are Bark Water Uptake and Woody Stem Photosynthesis Advantageous?

Stem net photosynthesis may benefit plant functioning by maintaining some carbon gain during periods of low or no leaf gas exchange (Nilsen and Sharifi, 1997) and by increasing water-use efficiency (Osmond et al., 1987). Stem water uptake may also benefit plants by promoting embolism repair (Earles et al., 2016; Liu et al., 2019). Consequently, permeable bark should be more common in climate conditions where these physiological effects are particularly advantageous. Photosynthetic woody stems should be beneficial in warm, dry environments where an additional source of carbon and, consequently, enhanced whole-plant water-use efficiency may be adaptive (e.g., high-latitude deserts; Ávila et al., 2014). Bark water uptake may also be adaptive in these ecosystems if bark wetting from small precipitation or fog/dew events facilitates localized hydraulic recovery despite a generally dry environment (Earles et al., 2016). For example, Earles et al. (2016) demonstrates that branch wetting from fog events improves plant water status in coastal redwood trees that experience summer drought. However, to our knowledge, this hypothesis has not been formally tested. Here, we explored if this is supported by mapping the occurrence of woody stem photosynthesis and bark water uptake in climatic niche space using Whittaker biome classifications (Whittaker, 1962). We created two figures that plotted: (1) occurrences of woody stem photosynthesis, bark conductance, and bark water uptake from our literature review and (2) occurrences of reported stem photosynthesis from two datasets that surveyed the flora of China (Prentice et al., 2011; Wang et al., 2018).

Woody stem photosynthesis was widespread across Whittaker biomes for both our literature review (Figure 1), and the Prentice et al. (2011) and Wang et al. (2018) datasets (Figure 2). As expected, woody stem photosynthesis reported within our literature review was prevalent across warm, dry biomes such as temperate grasslands/deserts and subtropical deserts. However, this phenomenon was also observed across tropical seasonal forest/savanna, woodland/shrubland, boreal forest, temperate seasonal forest, and temperate rainforest biomes, and spanned a climate range of 6.7–248.1 cm of mean annual precipitation (MAP) and −2.2–28.8°C of mean annual temperature (MAT). Stem photosynthesis reported by Prentice et al. (2011) and Wang et al. (2018) showed a similar distribution across climate space but did not occur in temperate rain forest or subtropical desert (MAP 1.5–186.8 cm and MAT −5.3 to 22.9°C). Bark water uptake, which was investigated in far fewer studies from our literature review (seven species; Supplementary Table 1), occurred in temperate grassland/desert, woodland/shrubland, temperate seasonal forest, and tropical seasonal forest/savanna (MAP 48.7–131.8 mm and MAT 4.3–20.2°C). While there is bias in the spatial sampling of these biomes, these results demonstrate that stem photosynthesis and bark water uptake occur across a wide range of temperature and rainfall environments and are thus likely more prevalent than previously considered.

While woody stem photosynthesis likely occurs in most biomes, broad-scale climate factors such as MAP and MAT might not be good predictors of where this phenomenon occurs. Rather, variability in small-scale environmental factors (e.g., topography, soil texture, water availability in the rhizosphere, and light availability) may be more important environmental drivers for bark carbon dioxide uptake. Although a large number of observations occurred in subtropical desert and woodland/shrublands, these data do not necessarily indicate that woody stem photosynthesis is more likely to occur in this climate space simply because much of the existing woody stem photosynthesis research has occurred in these ecosystems (e.g., Ehleringer et al., 1987; Comstock et al., 1988; Tinoco-Ojanguren, 2008; Pivovaroff et al., 2016; Ávila-Lovera et al., 2019). Likewise, few studies have investigated bark water uptake...
FIGURE 1 | (A) Whittaker plot showing the biomes where stem carbon dioxide and water exchange have been quantified (data come from Supplementary Table 1). Shown are observations where only bark photosynthesis was observed (including both net CO$_2$ uptake and CO$_2$ reassimilation, “Stem PS”), bark photosynthesis and bark conductance were both observed (“Stem PS + g”), only bark conductance was observed (“Bark g”), and bark water uptake was observed (“Bark H$_2$O Uptake”). Observations were plotted as semi-transparent points in order to improve clarity of clustered points. (B,C) Sycamore tree (Platanus occidentalis) with green, deciduous bark, photographed at Cheat Lake, West Virginia (photos by N. Emery). (D,E) Foothill Palo Verde (Parkinsonia praecox) with bright green bark, photographed in a xerophytic woodland in Venezuela (photos by W. Tezara).

How Ubiquitous Across Plant Families Is Woody Stem Photosynthesis and Bark-Atmosphere Water Exchange?

Permeable stems are likely the ancestral state of all terrestrial vascular plants, as some of the earliest land plants conducted photosynthesis exclusively from stems (Stewart and Rothwell, 1993; Nilsen, 1995). However, as plants evolved woody tissue and secondary phloem (inner bark), this permeability might have been replaced with thicker, more robust bark, which inherently decreases light transmission (Rosell et al., 2015). Within species, younger, more light-exposed stems tend to have higher chlorophyll content (Pfanz et al., 2002), suggesting that bark permeability is age-related and light interception may be a primary factor limiting the retention of this trait.
(Pfanz and Aschan, 2001, Aschan and Pfanz, 2003). For example, Rosell et al. (2015) found all 85 species studied had photosynthesis in small stems but only 43 of those species retained this trait in main trunks. In our data set, the presence of stem photosynthesis exists across a diversity of plant families (Figure 2). Whether this is a reversal to an ancestral trait or convergent evolution requires further investigation.

We conducted a phylogenetic analysis using Pagel’s $\lambda$ to determine if stem photosynthesis had a phylogenetic signal across a broad range of woody species. We only analyzed woody plant species based on life form designation within the data sets (see Supplementary Methods 1). Our phylogenetic analysis of 685 woody plant species (Prentice et al., 2011; Wang et al., 2018) indicates that stem photosynthesis is clustered across the tree with some families containing many species exhibiting stem photosynthesis and others with few (Figure 2). This is demonstrated by the high Pagel’s $\lambda$ ($\lambda = 0.87, p < 0.0001$) which indicates a significant phylogenetic signal in stem photosynthesis (Pagel, 1999). A significant phylogenetic signal indicates that the similarity between species is related to their phylogenetic relatedness (Losos, 2008). Both mapping the stem photosynthesis trait and estimating Pagel’s $\lambda$ suggest that relatives resemble each other more than they resemble species sampled at random from the tree (Blomberg and Garland, 2002). The uneven distribution of stem photosynthesis across the vascular plant phylogeny suggests that multiple evolutionary events may have led to permeable bark tissue that facilitates carbon dioxide and water exchange (Nilsen, 1995; Gibson, 1996; Ávila-Lovera and Ezcurra, 2016). Thus, retaining bark permeability in mature stems may indeed provide a functional advantage for woody plants. However, a few limitations should be noted. First, it is possible that the analysis cannot separate stem photosynthesis from stem and plant size. In other words, plants that are smaller would have smaller stems and thus be more likely to be registered as having photosynthetic stems. Secondly, we cannot know from the data set whether the species exhibit stem recycling photosynthesis or if they take up carbon dioxide from the atmosphere although both types improve carbon balance of plants. Ultimately, this large data set provides great power for analysis but also comes with limitations of extensive inference. This leaves many fascinating questions around stem photosynthesis and the potential prevalence of bark water uptake. Future work that investigates bark water uptake across a broad range of species and climate space would also be able to utilize these data to reveal novel insights regarding the prevalence of bark water uptake across the woody plant phylogeny and its functional significance.

Similar to the biome analysis, we find stem photosynthesis represented across a broad swath of species, ranging from gymnosperms (Ephedraceae and Gnetaceae, 269–104 Mya) to Asteraceae (91–36 Mya). Out of a total of 719 species reported in the data set, stem photosynthesis was present in 125 species and absent in 594 species. Trees, shrubs, and vines were all represented including temperate 30 m tall trees (Machilus yunnanensis, Lauraceae), desert shrubs (Atriplex bracteata, Polygonaceae), and tropical climbing vines (Psychotria serpens, Rubiaceae). The widespread prevalence of stem photosynthesis across our woody plant phylogeny suggests that this trait is likely advantageous and possibly evolves under different abiotic and biotic pressures. Given the similar constraints of carbon dioxide and water exchange with the atmosphere, we infer that stem permeability is adaptive as well.

**UNANSWERED QUESTIONS AND CONCLUSIONS**

Across biomes, climates, and clades, stems absorb water and photosynthesize. Bark water and carbon dioxide exchange can repair embolisms (Earles et al., 2016), reduce localized water stress, recover up to 100% of respired carbon, and can even result in a net carbon gain (Teskey et al., 2008). But as with most scientific endeavors, new discovery opens up many new unanswered questions. First and foremost, methods that increase the precision and throughput capacity of quantifying carbon and water uptake would dramatically increase research capacity. This should include exploring new tracers, engineering new sensors to detect uptake, and permanent modification to current gas exchange chambers. Additional mechanistic and functional questions fall into two broad categories: (1) the structural and microclimatic conditions that drive woody stem water–carbon exchange and consequences for physiological functioning, and (2) the implications for these processes on ecosystem water–carbon budgets, natural selection, and climate change.

To determine the drivers of woody stem water and carbon exchange, studies need to simultaneously explore woody stem structural variation combined with microclimatic drivers that will affect these fluxes. Similar to leaves, specific bark area is positively related to stem photosynthetic rate (Cernusak and Marshall, 2000; Berveiller et al., 2007; Ávila-Lovera et al., 2017), meaning that long and thin stems have higher rates than thick, short stems. Age is another factor that affects the ability of stems to conduct photosynthesis, with increasingly older stems having lower photosynthetic capacity (Nilsen et al., 1989; Aschan et al., 2001). But to what extent do specific bark area and age affect bark water uptake and do these relationships hold across broad bark anatomies of the plant kingdom? From there, understanding the implications of bark permeability and other traits to whole plant function will also be important to unravel. For example, does a dew event in the midst of a summer drought improve plant hydraulic function and photosynthetic rates through direct bark uptake? Are the water and carbon balances of woody stems tightly linked to leaf carbon and water dynamics? Additionally, is bark permeability to water and carbon comparable and consistent across all contexts? What microclimatic conditions promote bark water and carbon uptake? Do these processes tend to occur in similar environmental conditions or at separate moments, allowing for plants to maximize carbon and water balance at different times? Many of these questions are beginning to be explored, with fascinating results, but a more holistic understanding is still needed.

Finally, even fewer studies have explored bark water and carbon uptake with a focus on larger scale implications.
FIGURE 2 | (A) A phylogenetic tree of 685 species from Prentice et al. (2011) and Wang et al. (2018) that demonstrate stem photosynthesis. Green points represent species with stem photosynthesis and families that have at least a single species are labeled on the outside of the tree. (B) A Whittaker plot illustrating the climatic space of stem photosynthesis. Shown are observations where stem photosynthesis was recorded as present (“Present”) and those where stem photosynthesis was recorded as absent (“Absent”). Out of a total of 719 species in this plot, stem photosynthesis was present in 125 species and absent in 594 species. Observations were plotted as semi-transparent points in order to improve clarity of clustered points.
While bark water and carbon fluxes are small compared to ecosystem budgets, there are likely periods where they play a disproportionate role. Can we identify when woody stem exchange is important and use that information to refine ecosystem models? How much carbon can be absorbed by bark in different species? Here we find a phylogenetic pattern to woody stem photosynthesis, but it is still unclear if this leads to a competitive advantage for some plant species. Do the clear benefits to carbon or water balance lead to some greater likelihood for survival and reproduction? If so, has this trait been lost and regained in certain clades and what are the conditions driving the reemergence? All of these questions should also be considered within the context of climate change. As ecosystems experience more variable rainfall patterns, temperatures, and frequencies of extreme events (e.g., drought, fire, and flood), how will that affect the role of bark exchange in species persistence? Will this alternative strategy for maintaining physiological function drive ecosystem resilience following extreme events? These questions all push at the boundaries of our understanding and will continue to reveal new linkages between plant and ecosystem processes.

AUTHOR CONTRIBUTIONS

All authors listed have contributed equally and made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ffgc.2021.675299/full#supplementary-material

Supplementary Table 1 | List of species that exhibit evidence of bark CO2 uptake (Bark PS), bark conductance (Bark g), bark CO2 uptake, and bark conductance (Bark PS + g), and bark water uptake. Also shown are corresponding citations and GPS coordinates of observation, when available.

Supplementary Methods 1 | Description of the methods used to conduct the literature review, estimate phylogenetic signal and trait mapping, and to classify stems as “photosynthetic” in the China Plant Trait Database.

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