Characterization of Residual Biomasses and Its Application for the Removal of Lead Ions from Aqueous Solution

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Abstract: The removal of water pollutants has been widely addressed for the conservation of the environment, and novel materials are being developed as adsorbent to address this issue. In this work, different residual biomasses were employed to prepare biosorbents applied to lead (Pb(II)) ion uptake. The choice of cassava peels (CP), banana peels (BP), yam peels (YP), and oil palm bagasse (OPB) was made due to the availability of such biomasses in the Department of Bolivar (Colombia), derived from agro-industrial activities. The materials were characterized by ultimate and proximate analysis, Fourier Transform Infrared Spectroscopy (FTIR), Brunauer-Emmett-Teller analysis (BET), Scanning Electron Microscopy (SEM), and Energy Dispersive X-Ray Spectroscopy (EDS) in order to determine the physicochemical properties of bioadsorbents. The adsorption tests were carried out in batch mode, keeping the initial metal concentration at 100 ppm, temperature at 30 °C, particle size at 1 mm, and solution pH at 6. The experimental results were adjusted to kinetic and isotherm models to determine the adsorption mechanism. The remaining concentration of Pb(II) in solution was measured by atomic absorption at 217 nm. The functional groups identified in FTIR spectra are characteristic of lignocellulosic materials. A high surface area was found for all biomaterials with the exception of yam peels. A low pore volume and size, related to the mesoporous structure of these materials, make these bioadsorbents a suitable alternative for liquid phase adsorption, since they facilitate the diffusion of Pb(II) ions onto the adsorbent structure. Both FTIR and EDS techniques confirmed ion precipitation onto adsorbent materials after the adsorption process. The adsorption tests reported efficiency values above 80% for YP, BP, and CP, indicating a good uptake of Pb(II) ions from aqueous solution. The results reported that Freundlich isotherm and pseudo-second order best fit experimental data, suggesting that the adsorption process is governed by chemical reactions and multilayer uptake. The future prospective of this work lies in the identification of alternatives to reuse Pb(II)-contaminated biomasses after heavy metal adsorption, such as material immobilization.

Keywords: adsorption; environmental remediation; biomasses; heavy metals

1. Introduction

The contamination of aquatic ecosystems has been associated with increasing anthropogenic activities that discharge untreated wastewater into the environment [1]. The changes in water chemistry owning pollution issues have serious effects on living organisms, especially aquatic biota directly, and human beings indirectly [2,3]. Most industrial effluents are composed of organic and inorganic
pollutants which may affect the public health; heavy metals pollutants are especially considered a serious environmental issue affecting soil, ecosystems, and surface water [4]. The major sources of such contaminants are the refining industry, batteries, tanneries, and the paint industry. Lead is one of the most significant environmental pollutants, due to its effects on health, causing damage to the central nervous system, gastrointestinal diseases, headaches, dizziness, diarrhea, and vomiting [5]. The toxic effects of lead have been investigated in several contributions, e.g., a Microtox assay® was employed to determine the toxicity levels of lead compared to three other metals, reported the following order: mercury > lead > cadmium > arsenic [6]. According to the World Health Organization, the maximum concentration of lead allowed in drinking water is 0.01 mg/L [7]. To reach lower concentrations than the limit, it is necessary to apply treatment methods such as adsorption, ion exchange, coagulation, and chemical precipitation, among others.

The wide range of alternatives for the removal of heavy metals is limited by high cost, low efficiency, low selectivity, or complexity [8]. The adsorption technique is known as one of the most effective methods to uptake heavy metal ions because of the availability of several high-efficient and low-cost materials with adsorption properties [9]. The selection of an adsorbent is the most important aspect during such a technique, according to the desired removal yields. Novel adsorbents have been tested to improve the selectivity, adsorption capacity, and reusability for large-scale application of traditional adsorbents [10,11]. To date, different types of agricultural biomasses have been prepared as bioadsorbents for the treatment of residual water, such as peanut shells, shrimp exoskeleton, fruit peels, and sugarcane bagasse [12,13]. The valorization of such biomasses by synthesizing adsorbent materials represents an attractive solution to solve disposal problems of agricultural residues [14]. Anastopoulos et al. [15] performed a literature review on the use of agricultural biomasses as bioadsorbents to decontaminate aqueous solutions. Such a contribution identified adsorption capacities from 0.38 to 820 mg/g, which is highly affected by the biosorbent nature and the system metal-biosorbent.

Different materials have been also tested for the removal of lead from water using adsorption technology. Di Bitonto et al. [16] prepared amorphous titanium hydroxide and boron-doped (B-doped) sodium titanates hydrates for the removal of Pb(II) from water, and achieved an adsorption efficiency of 99.9%. Huang et al. [17] synthesized titanate nanoflowers and evaluated their adsorption mechanism for lead uptake using isotherm and kinetic modelling. The authors reported that the Langmuir isotherm and pseudo-second order kinetic best fit the experimental data. Hu and Shipley [18] used regenerated TiO$_2$ nanoparticles (which are released during water treatment processes) to remove heavy metal ions such as lead, and observed adsorption efficiencies greater than 94% after four cycles of regeneration using pH 2. These authors also evaluated the desorption process of lead, copper, and zinc from commercially-prepared TiO$_2$ nanoparticles, obtaining yields at pH 4 of 49, 85, and 88%, respectively [19].

Other contributions select agricultural materials as the main source of adsorbents for lead removal; for example, Boeykens et al. [20] prepared adsorbents from the biomass of avocado seeds to remove lead and chromium ions from aqueous solution. They tested the adsorbent in its natural form (NB), in a chemically activated (AB) form, and with activated carbon (AC), and reported removal yields of up 80% at pH = 5 and T = 25 °C. Amin et al. [21] used biochar derived from date palm waste biomass to evaluate the adsorption performance for lead and copper removal. The maximum adsorption capacity of lead (98.9 mg/g) was reached at pH = 4.5, and the Freundlich-Langmuir model best fit the adsorption data for Pb(II). Bagali et al. [22] used banana pseudostems for the removal of lead ions using a batch process, and studied the adsorption kinetics by altering the operating parameters. The authors reported an adsorption capacity of 34.21 mg/g, and the pseudo second-order model showed the best fit. Alhogbi [23] prepared a green, low-cost, solid-phase adsorbent from coffee husk biomass waste in order to uptake Pb(II) ions, and evaluated the effect of analytical parameters. They reported high removal yields, i.e., up 98% and an adsorption capacity of 19.02 mg/g, and sorption kinetics data were fit with a pseudo-second order model. Mohammed et al. [24] studied the equilibrium and thermodynamics of
heavy metals onto activated carbon prepared from olive branches, and reported a maximum adsorption capacity of 41.32 g/g for lead ions.

The aim of this work is to prepare bioadsorbents from biomasses in order to address disposal problems of agricultural waste and mitigate the environmental impact of heavy metal contamination. To this end, residues from yam, cassava, banana, and oil palm were selected to develop novel materials whose adsorption capacities were tested using the batch adsorption system. During the agricultural activities of tubers and fruits in the department, huge quantities of waste are generated because of the decomposition of organic products. Such lignocellulosic materials have no commercial value and represent an alarming disposal problem; hence, the preparation of bioadsorbents from agricultural biomass must be more profitable than adsorbents with high demand of raw materials. The novelty of this work lies in a comparison of the adsorption performances of different agroindustrial biomasses which are available in the Department of Bolivar in order to propose remediation alternatives for water pollution based on this removal mechanism.

2. Aims and Objectives

This work aims to evaluate the adsorption capacity of biomasses which are widely available in the Department of Bolivar (Colombia). The use of such biomaterials for adsorbent synthesis represents a means of waste valorization, and, at the same time, contributes to remediating aquatic ecosystems affected by heavy metal pollution.

3. Materials and Methods

3.1. Experimental Materials

The biomasses (yam peels, banana peels, cassava peels, and oil palm bagasse) were collected from a commercial market located in the Department of Bolivar. Lead nitrate (Pb(NO₃)₂, reagent grade) was purchased from Sigma Aldrich. Sodium hydroxide (97% purity) and hydrochloric acid were purchased to adjust solution pH.

3.2. Biomass Preparation

The agricultural waste, i.e., cassava peels (CP), banana peels (BP), yam peels (YP), and oil palm bagasse (OPB), were selected because of the generation of huge quantities of biomasses owing to product decomposition. No chemical or physical modification of the materials was performed, in order to avoid cost increases. The biomaterials were sent to the washing stage with deionized water in order to remove impurities and other compounds that may affect adsorption process, e.g., tannins, dyeing agents, resins, etc. Then, the biomasses were dried under solar radiation to reduce moisture content. Finally, a milling stage was required to reduce the particle size to 1 mm [25].

3.3. Biomass Characterization

Functional groups in biomasse structures were determined using an IRAinfinity-1 spectrophotometer using 32 scans over 400–4000 cm⁻¹ in a Perkin Elmer Aanalyst 300 Atomic Absorption Spectrometer. This characterization was performed before and after the adsorption process, and 100 mg KBr was selected as reference. The surface area was measured by the analyzer software, Micromeritics ASAP 2020, which determines the adsorption isotherm of N₂ at 195.8 °C through the BET (Brunauer, S., Emmett, P., Teller, E.) equation. The physical properties of adsorbents, as well as their elemental composition, were measured with a scanning electron microscope coupled with an energy-dispersive spectrocope (SEM-EDS) model JSM-6490LV (JEOL Ltd., Medellin, Colombia). The ultimate and proximate analyses were performed to estimate the composition of carbon, hydrogen, nitrogen, ashes, pectin, cellulose, hemicellulose, and lignin, using the following methods: AOAC 949.14, AOAC 984.13 (Kjeldahl), thermogravimetry, acid digestion-thermogravimetry, digestion-thermogravimetry, and photocolorimetry [25–27]. A proximity analysis was performed to
calculate the chemical compositions of the residual materials, including ash content and moisture. The determination of ash content during this characterization was performed based on the standard procedure of heating in a furnace at 575 °C ± 250 °C [28]. A thermogravimetric analyzer model TGA/SDTA 851 (Mettler Toledo, Medellín, Colombia) was used for the determination of pectin, cellulose, hemicellulose, and lignin.

3.4. Adsorption Study

The adsorption process is highly affected by several parameters, such as temperature, adsorbent dosage, particle size of adsorbent, solution pH, temperature, contact time, and stirring, among others [29]. Previous contributions developed by the authors have suggested the optimal operating conditions for lead uptake onto the selected biomasses [14,26,30,31]. In this sense, adsorption tests were performed on batch mode under 200 rpm, 30 °C, using bioadsorbents of 1 mm particle size at pH = 6. An orbital shaker was used, the MAXQ 4450, and the pHmeter Start A221 (both provided by Thermo Fisher Scientific, Bogotá, Colombia) to reach the correct stirring speed and adjust the solution pH. The 100-ppm aqueous solution was prepared by adding 1.598 g of lead nitrate- Pb(NO₃)₂ to 1000 mL of deionized water. After adsorption, the remaining concentration was measured by atomic absorption spectrophotometry at 217 nm. A central composite design of the experiments was selected to conduct adsorption tests according to the random starts point provided by the Statgraphics Centurion Software 16.1.15 (developed by Statgraphics Technologies, Inc.). The removal yield was calculated by Equation (1), where \( C_0 \) is the initial concentration and \( C_f \) is the final concentration after adsorption [32].

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\text{% Removal (R)} = \frac{C_0 - C_f}{C_0} \times 100
\]  

3.5. Kinetic Study and Isotherm Modeling

To perform the kinetic study, it was mixed 100 mL of Pb(II) solution at 100 ppm with 0.5 g of bioadsorbents under continuous agitation at 200 rpm. Aliquots were taken every 5 min during the first 30 min because of the rapid adsorption mechanism before saturation. Then, the samples were taken each hour for 5 h. The experimental data was adjusted to kinetic models (pseudo-first, pseudo-second, and Elovich) using the OriginPro 8.5 software (developed by OriginLab Corporation) to calculate the fitting parameters and correlation coefficient (R²). Isotherm modeling was performed for 24 h by varying the initial concentration of heavy metal ions (25, 50, 75, and 100 ppm) at fixed conditions: 30 °C, 100 mL of solution, and 0.5 g of bioadsorbent. The Langmuir and Freundlich isotherms were selected to fit the experimental results in batch adsorption mode [14]. Tables 1 and 2 report the fitting equations used to determine both the kinetic and isotherm parameters.

| Kinetic Model       | Equation                                                                 | Parameters |
|---------------------|---------------------------------------------------------------------------|------------|
| Pseudo-1st-order    | \( q_t = q_e (1 - e^{-kt}) \)                                            | \( q_e \), Adsorption capacity at equilibrium (mg/g) \( k_1 \), pseudo-1st-order constant (min⁻¹) |
| Pseudo-2nd-order    | \( q_t = \frac{t}{(t_1) + (\frac{t}{2q_e})} \)                            | \( k_2 \), pseudo-2nd-order constant (g/mg min) \( q_e \), Adsorption capacity at equilibrium (mg/g) |
| Elovich equation    | \( q_t = \frac{1}{\beta} \ln(\alpha \beta) + \frac{1}{\beta} \ln t \)    | \( \alpha \), Elovich constant (mg/g min) \( \beta \), Elovich exponent (g/mg) |
Table 2. Mathematical expressions of isotherm models.

| Kinetic Model | Equation | Parameters |
|---------------|----------|------------|
| Langmuir      | \( q_e = \frac{q_{\text{max}}}{1 + KC_f} \) | \( q_e \): Adsorption capacity at equilibrium (mg/g); \( C_f \): Final concentration of heavy metals (mg/L); \( q_{\text{max}} \): Maximum adsorption capacity (mg/g) |
| Freundlich    | \( q = K C_e^n \) | \( q \): Adsorption capacity (mg/g); \( C_e \): Heavy metal concentration at equilibrium (mg/L); \( K \): Freundlich constant (mg/g); \( n \): Heterogeneity factor |

4. Results

4.1. Characterization Techniques

The adsorption process is a complex phenomenon involving many steps; therefore, many factors affect the removal yield of heavy metals from aqueous solutions. Table 3 shows the results for the ultimate and proximate analyses of the biomasses. It was found that carbon contributed most to the bioadsorbent composition, followed by hydrogen. These results were expected, due to the content of such elements in cellulose, hemicellulose, and lignin molecules. Banana peels reported the highest content of cellulose and hemicellulose, which may increase removal yields during adsorption experiments. The removal of heavy metal ions using these lignocellulosic materials is attributed to the presence of functional groups such as hydroxyl, carboxyl, and amines. In this sense, it is important to identify functional groups in bioadsorbents [33].

Table 3. Proximate and ultimate analysis for selected biomasses.

| Biomass | Cellulose | Hemicellulose | Lignin | Pectin | Carbon | Nitrogen | Hydrogen | Ashes |
|---------|-----------|---------------|--------|--------|--------|----------|----------|-------|
| BP      | 20.9      | 7.92          | 18.11  | 2.84   | 36.69  | 0.69     | 3.98     | 7.2   |
| CP      | 18.47     | 6.01          | 2.20   | 2.84   | 36.96  | 0.26     | 3.98     | 1.58  |
| YP      | 13.08     | 6.47          | 27.73  | 10.98  | 48.14  | 0.18     | 5.44     | 4.85  |
| OPB     | 19.90     | 7.00          | 17.11  | 4.88   | 38.27  | 2.03     | 4.71     | 4.23  |

The presence of the functional groups responsible for the adsorption of lead ions on the surface of bio-adsorbent materials was performed by Fourier Transformed Infrared Spectroscopy (FTIR); this technique shows bands that indicate different wavelengths which are directly proportional to the radiation energies in the infrared range. Figure 1 depicts the FTIR spectrum for bioadsorbents before and after adsorption process. The complexity of lignocellulosic materials, due to the various identified bands, was confirmed. Several peaks were identified at 3400 cm\(^{-1}\) (OH), 3390.28 cm\(^{-1}\) (NH), 2931.01 cm\(^{-1}\) (C=O), 1652.11 cm\(^{-1}\) (C=C), 1420.81 cm\(^{-1}\) (C=C), 1339.79 cm\(^{-1}\) (NO\(_2\)), and 1156.40 cm\(^{-1}\) (C-O) for all bioadsorbents. After the adsorption process, changes were observed in the width and stretch of some of the bands, especially at 3390 cm\(^{-1}\) (NH), 2361.19 cm\(^{-1}\) (-C≡N), 1650.45 cm\(^{-1}\) (C=C), 1020.66 cm\(^{-1}\) (OH), and 1156.55 cm\(^{-1}\) (sulfonamides). Such a phenomenon was attributed to the bonds formed between the heavy metal ions and the active sites of the materials [34].
was low, which was attributed to the structure of cellulose, lignocellulose, and lignin, which are
A mesoporous structure is extremely beneficial for metal ion transportation from aqueous solution onto
pore sizes between 2–50 nm, indicating that these materials are mesoporous and can be appropriate
peel biomass reported the highest surface area, despite lignocellulosic residues generally having low
surface areas due to the nature of cellulose and hemicellulose [11]. For all biomasses, pore volume
was low, which was attributed to the structure of cellulose, lignocellulose, and lignin, which are
classified by reduced quantities of pores and blocked pores [35]. In addition, all biomasses showed
pore sizes between 2–50 nm, indicating that these materials are mesoporous and can be appropriate
for use as adsorbents in the aqueous phase, because they facilitate the diffusion of adsorbates into
adsorbent structures [36,37].

The surface chemistry and pore structure of adsorbents make key contributions to an efficient
adsorption process. Table 4 shows the results of a Brunauer-Emmett-Teller (BET) analysis. The banana
peel biomass reported the highest surface area, despite lignocellulosic residues generally having low
surface areas due to the nature of cellulose and hemicellulose [11]. For all biomasses, pore volume
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adsorbent structures [36,37].

Table 4. Surface area and porosity analysis of biomasses.

| Biomass    | Surface Area (m²/g) | Pore Volume (cm³/g) | Pore Size (nm) |
|------------|---------------------|---------------------|----------------|
| Yam peel   | 0.9463              | 0.005452            | 23.04419       |
| Banana peel| 3.0889              | 0.004977            | 6.44567        |
| Oil palm bagasse | 2.7317              | 0.011207            | 16.410         |
| Cassava peel| 2.0509              | 0.002233            | 4.35428        |

The adsorption-desorption isotherms of N₂ are shown in Figure 2 for YP, OPB, BP, and CP biomasses. For the YP and OPB biomasses (see Figure 2a,b), the isotherms were classified as type II, i.e., associated with a mesoporous structure, confirming the results obtained by a surface area analysis. A mesoporous structure is extremely beneficial for metal ion transportation from aqueous solution onto the adsorbent surface, which increases the adsorption capacity. Therefore, many functional groups in this type of material can provide efficient active sites at the interface of the solid-liquid surface for higher adsorption capacities for Pb(II) uptake [38]. For BP and CP biomasses (see Figure 2c,d), isotherms feature an open curve that is common in microporous materials with a slightly mesoporous tendency. The isotherms for both biomasses showed types I and II, and a hysteresis type H3. A large increase in the adsorption of N₂ to P/P₀ > 0.9 was found, suggesting that the measured surface area coincides with the external surface area of banana and cassava peels, which demonstrates the existence of micropores and mesopores [39].
For oil palm bagasse (see Figure 3d), the morphology was fibrous with a porosity that is typical of lignocellulosic materials [40,41]. Mesoporous tendency. The isotherms for both biomasses showed types I and II, and a hysteresis type, i.e., associated with a mesoporous structure, confirming the results obtained by a surface area analysis. A mesoporous structure is extremely beneficial for metal ion transportation from aqueous solutions onto the adsorbent surface, which increases the adsorption capacity. Therefore, many amphoteric biomasses, agglomerations of Pb(II) ions were observed, which may be attributed to the formation of microprecipitated complexes or chelates on the samples [42].

In addition, all biomasses are characterized by reduced quantities of pores and blocked pores [35]. In Figure 2c,d), isotherms feature an open curve that is common in microporous materials with a slightly hindered diffusion. The existence of micropores and mesopores [39]. For banana peels (see Figure 3c), a defined appearance was observed in the form of cylinders that were agglomerated with each other. For oil palm bagasse (see Figure 3d), the morphology was fibrous with a porosity that is typical of lignocellulosic materials [40,41].

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Table 4 shows the results of a Brunauer-Emmett-Teller (BET) analysis. The adsorption-desorption isotherm for: (a) yam peels, (b) oil palm bagasse, (c) banana peels, and (d) cassava peels.

Figure 3a,b show the SEM micrographs of yam and cassava peels, that present irregular and porous surfaces, allowing better heterogeneous biosorption to occur due to the large interface. For banana peels (see Figure 3c), a defined appearance was observed in the form of cylinders that were agglomerated with each other. For oil palm bagasse (see Figure 3d), the morphology was fibrous with a porosity that is typical of lignocellulosic materials [40,41].

Figure 4 shows the SEM micrographs for biomasses after batch adsorption experiments. It was found that Pb(II) ions were adsorbed onto the surface of banana peel biomasses according to an electrostatic attraction mechanism. However, on the surface of the YC, CP, and OPB biomasses, agglomerations of Pb(II) ions were observed, which may be attributed to the formation of microprecipitated complexes or chelates on the samples [42].
Figure 2. Adsorption-desorption isotherm for: (a) yam peels, (b) oil palm bagasse, (c) banana peels, and (d) cassava peels.

Figure 3. Micrographs from Scanning Electron Microscope before the adsorption process: (a) YP, (b) CP, (c) BP, and (d) OPB biomasses.

Figure 4. Micrographs from Scanning Electron Microscope after adsorption process: (a) YP, (b) CP, (c) BP, and (d) OPB biomasses.

Figure 5 shows the spectrogram and elemental composition of the selected biomasses obtained by EDS analysis. The results revealed that carbon and oxygen contribute most to the elemental composition of all biomasses, which is attributed to the organic nature of lignocellulosic residues. For the YP biomass (see Figure 5a), the elemental composition by atomic weight is as follows: 57.07% C, 39.05% O, and 1.65% of K and other elements in small proportions, i.e., Si, P, S, Ca, Fe, and Cu. For the BP biomass (see Figure 5b), the composition was: 75.18% C, 23.34% O, and 1.11% of K, Al, and Cl. For the CP biomass (see Figure 5c), 73.56% C, and 24.97% of O, Al, Si, S, K, Ca, and Fe. For the OPB biomass (see Figure 5d), 59.07% C, 38.85% O, and 1.92% of Si, Ca, and Cu.
Figure 5 shows the spectrogram and elemental composition of the selected biomasses obtained by EDS analysis. The results revealed that carbon and oxygen contribute most to the elemental composition of all biomasses, which is attributed to the organic nature of lignocellulosic residues. For the YP biomass (see Figure 5a), the elemental composition by atomic weight is as follows: 57.07% C, 39.05% O, and 1.65% of K and other elements in small proportions, i.e., Si, P, S, Ca, Fe, and Cu. For the BP biomass (see Figure 5b), the composition was: 75.18% C, 23.34% O, and 1.11% of K, Al, and Cl. For the CP biomass (see Figure 5c), 73.56% C, and 24.97% of O, Al, Si, S, K, Ca, and Fe. For the OPB biomass (see Figure 5d), 59.07% C, 38.85% O, and 1.92% of Si, Ca, and Cu.

Figure 6 shows the spectrogram and elemental composition of the selected biomasses obtained by EDS analysis after the Pb(II) adsorption process. Heavy metal ion precipitation was observed onto the adsorption surface with a mass weight percentage of 0.54% for YP (see Figure 6a), 0.49% of BP (see Figure 6c), and OPB (see Figure 6d). The biomass CP reported the highest composition of precipitated ions with 0.72% (see Figure 6b). The disappearance of some metals present in smaller proportions, such as Fe, P, and Cu, was observed, as was a significant decrease in the presence of K, Al, Si, and O. Such results may be attributed to the formation of bonds between the active sites of lignocellulosic materials and ions. In addition, there was a significant increase in the presence of C for all biomaterials, which was due to the presence of active sites without saturation at the time of taking the sample. The above serves as a good indicator for the removal capacity of the bio-adsorbents [43].
Figure 5. Energy Dispersive X-Ray spectrogram of: (a) YP, (b) CP, (c) BP, and (d) OPB biomasses before the adsorption process.

Figure 6 shows the spectrogram and elemental composition of the selected biomasses obtained by EDS analysis after the Pb(II) adsorption process. Heavy metal ion precipitation was observed onto the adsorption surface with a mass weight percentage of 0.54% for YP (see Figure 6a), 0.49% of BP (see Figure 6c), and OPB (see Figure 6d). The biomass CP reported the highest composition of precipitated ions with 0.72% (see Figure 6b). The disappearance of some metals present in smaller proportions, such as Fe, P, and Cu, was observed, as was a significant decrease in the presence of K, Al, Si, and O. Such results may be attributed to the formation of bonds between the active sites of lignocellulosic materials and ions. In addition, there was a significant increase in the presence of C for all biomaterials, which was due to the presence of active sites without saturation at the time of taking the sample. The above serves as a good indicator for the removal capacity of the bio-adsorbents [43].

Figure 6. Energy Dispersive X-Ray spectrogram of: (a) YP, (b) CP, (c) BP, and (d) OPB biomasses after the adsorption process.

4.2. Adsorption Tests

The removal yields calculated by Equation (1) after the adsorption process are shown in Table 5. The YP, CP, and BP biomasses reported the highest removal yields (above 80%) for Pb(II) ion uptake, which can be attributed to the high surface area and small pore size increasing the adsorption properties of such materials; this is consistent with the results reported in Figure 5, corresponding to the EDS analyses after the adsorption process [44]. The oil palm bagasse biomass reported a removal yield of 39.41%, owing to the morphology of this lignocellulosic waste with the highest pore volume. The peel biomasses showed irregular morphologies, which is a desirable characteristic of adsorbents, due to the availability of active sites to uptake heavy metal ions [45].

| Heavy Metal | Adsorbent       | Removal Yield (%) | Metal Uptake (mg/g) |
|-------------|-----------------|-------------------|---------------------|
| Pb(II)      | Yam peel        | 81.24             | 82.24               |
|             | Banana peel     | 90.12             | 91.12               |
|             | Cassava peel    | 98.19             | 99.19               |
|             | Oil palm bagasse| 39.41             | 40.41               |

4.3. Kinetics and Adsorption Isotherms

A kinetic study was carried out to analyze the adsorption performance over time. The fitting parameters of the selected models were estimated by non-linear fitting, and are listed in Table 6; it was found that the pseudo second order model best described the adsorption kinetics of Pb(II) ions onto the CP, YP, BP, and OBP bioadsorbents, based on the correlation coefficient values. The fitting of experimental data to this model indicated that the process was governed by chemical adsorption,
due to the formation of chemical bonds between the adsorbent and the adsorbate at the active sites. According to the value estimated for constant $K_2$, it was shown that the initial sorption rate for Pb (I) ions over the CP biomass was also high, achieving high adsorption efficiency [37,46].

### Table 6. Fitting parameters for kinetic models.

| Model            | Parameter     | CP     | YP     | BP     | OBP    |
|------------------|---------------|--------|--------|--------|--------|
| Pseudo-first order | $q_e$ (mg/g)  | 17.79  | 19.82  | 19.54  | 19.92  |
|                  | $k_1$ (min$^{-1}$) | 249.37 | 1.53   | 1.276  | 0.38   |
|                  | $R^2$         | 0.996  | 0.943  | 0.932  | 0.945  |
| Pseudo-second order | $k_2$ (g/mg·min) | 1662.33 | 0.13   | 0.15   | 0.224  |
|                  | $q_e$ (mg/g)  | 17.79  | 19.97  | 19.68  | 19.97  |
|                  | $R^2$         | 0.999  | 0.967  | 0.976  | 0.976  |
| Elovich          | $\alpha$ (mmol·g$^{-1}$·min$^{-1}$) | 2,070,197,227 | 2.47 × 10$^{98}$ | 2.39 × 10$^{97}$ | 1.90 × 10$^{107}$ |
|                  | $\beta$ (g/mg) | 1.48   | 11.78  | 11.56  | 12.78  |
|                  | $R^2$         | 0.853  | 0.898  | 0.896  | 0.898  |

The fitting parameters for adsorption isotherms are reported in Table 7. It was found that the Freundlich model reached the highest $R^2$, indicating that bioadsorbent surfaces are heterogeneous, which is consistent with the results obtained during biomass characterizations. Also, the adsorption mechanism seems to be multilayered, with a non-uniform distribution of heat on the surface of the adsorbents, and the removal of Pb(II) ions occurred by chemisorption [34,47]. The Freundlich parameter ($n$) reached a value of 1.87 for the OBP biomass, suggesting that the chemical bonds formed between Pb(II) ions and OBP were strong, and that the adsorption process was favorable. On the other hand, the values of $n$ for CP, YP, and BP were relatively low, which indicated that the binding of Pb(II) ions onto adsorbent surface was weak [14,43].

It is important to point out that this research was limited to the adsorption experiments of lead ions onto four different residual materials; desorption cycles were not performed. However, hydrochloric and nitric acids can be used for desorbing under concentrations ranging from 0.1–1 M [48]. Despite efforts to recover the adsorbent, final disposal of contaminated biomass at the end of its useful life presents a challenging issue. The application of cement-based immobilization technologies may represent an attractive solution to such a problem. In addition, the presence of soluble organic compounds in the treated water presents another field for prospective research.

### Table 7. Fitting parameters for isotherm models.

| Model   | Parameter     | CP     | YP     | BP     | OBP    |
|---------|---------------|--------|--------|--------|--------|
| Langmuir| $q_{max}$ (mg/g) | 11.79  | 98.36  | 18.96  | 99.73  |
|         | $C_y$ (L/g)   | 7,246,598.09 | 0.16   | 724,09  | 0.05   |
|         | $R^2$         | 0.713  | 0.985  | 0.824  | 0.954  |
| Freundlich | $K$ (mg/g)  | 9.57   | 13.42  | 14.78  | 8.38   |
|         | $n$           | 0.242  | 0.86   | 0.376  | 1.87   |
|         | $R^2$         | 0.972  | 0.999  | 0.982  | 0.835  |

### 5. Conclusions

The adsorption of Pb(II) ions from an aqueous solution using lignocellulosic waste such as cassava peels, banana peels, yam peels, and oil palm bagasse revealed promising results for the application of such materials on the treatment of wastewater. The ultimate, proximate, and FTIR analyses showed that the structures of the adsorbents were characteristic of lignocellulosic materials. The characterization techniques of BET, SEM, and EDS revealed the mesoporous characteristics of all biomasses, as well as, high carbon and oxygen contents. EDS and FTIR analyses confirmed the precipitation of Pb on the evaluated adsorbent materials. The highest removal yields were achieved by the CP biomass (98.19%),
followed by the BP (90.12%), which may be attributed to their irregular morphologies, small pore size, and high surface area. For the OPB biomass, novel chemical configurations must be considered to increase the adsorption capacity. The fitting of adsorption data to the Freundlich isotherm model and pseudo-second order kinetic indicated that Pb(II) adsorption obeyed chemical reactions, and that most of the process occurs within the multilayered pores.

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