Coffee Beverage: A New Strategy for the Synthesis of Polymethacrylates via ATRP

Karolina Surmacz 1, Paweł Błoniarz 2 and Paweł Chmielarz 2,*

1 Doctoral School of Engineering and Technical Sciences, Rzeszow University of Technology, Al. Powstańców Warszawy 8, 35-959 Rzeszow, Poland; d503@stud.prz.edu.pl
2 Department of Physical Chemistry, Faculty of Chemistry, Rzeszow University of Technology, Al. Powstańców Warszawy 6, 35-959 Rzeszow, Poland; bloniarz@prz.edu.pl
* Correspondence: p_chmiel@prz.edu.pl

Abstract: Coffee, the most popular beverage in the 21st century society, was tested as a reaction environment for activators regenerated by electron transfer atom transfer radical polymerization (ARGET ATRP) without an additional reducing agent. Two blends were selected: pure Arabica beans and a proportional blend of Arabica and Robusta beans. The use of the solution received from the mixture with Robusta obtained a high molecular weight polymer product in a short time while maintaining a controlled structure of the synthesized product. Various monomers with hydrophilic characteristics, i.e., 2-(dimethylamino)ethyl methacrylate (DMAEMA), oligo(ethylene glycol) methyl ether methacrylate (OEGMA500), and glycidyl methacrylate (GMA), were polymerized. The proposed concept was carried out at different concentrations of coffee grounds, followed by the determination of the molar concentration of caffeine in applied beverages using DPV and HPLC techniques.

Keywords: caffeine; DMAEMA; dually controlled reducing mechanism; ARGET ATRP; aqueous medium

1. Introduction

Due to the still increasing pace of life and the need for stimulation of the body with caffeine, coffee has become an attractive drink among the society of the 21st century. In addition to its energy values, coffee is also appreciated for its taste and high content of antioxidants, which play a beneficial role in the human body. Coffee beans are a rich source of biologically active compounds, among which, apart from caffeine, one can mention chlorogenic acids, nicotinic acid, cafestol, kahweol, and trigonelline [1], which have significant antioxidant activity. The type of grain used and the method of its processing affect the antioxidant potential of a coffee brew. The highest number of compounds with antioxidant potential was determined in medium roast coffee grains due to the balance between degradation and the formation of Maillard’s reaction products, which are strong antioxidants [1,2]. There are over five hundred species of coffee trees known in the world, but only two of them are the most popular: coffee arabica (Arabica) and coffee canephora (Robusta). The Arabica variety, originating from Ethiopia, is appreciated by baristas for its delicate flavor, which results from its relatively low caffeine content. Coffee canephora comes from central and western sub-Saharan Africa [3], has a rather sharp and distinctive aroma because its beans are richer in caffeine and phenolic compounds [1,4]. However, it should also be noted that byproducts of coffee processing, i.e., coffee silverskin and spent coffee extract contain a large number of antioxidants [1,5], the management of which is one of the tasks of green chemistry. When looking for techniques to use readily available antioxidants in order to synthesize macromolecular compounds, it is worth using the atom transfer radical polymerization with activators regenerated by electron transfer (ARGET ATRP) [6–10]. This technique makes it possible to obtain polymers with a predetermined structure and properties in a controlled manner with a simultaneous low concentration of...
the catalytic complex both in organic solvents [11,12] and in environmentally friendly aqueous systems [13–18]. The reactions carried out in ionic liquids were reported as well [19]. The reducing component in ARGET ATRP is a compound with redox properties enabling easy regeneration of the catalytic complex [17]. So far, the most-used are vitamins like ascorbic acid [20–23] or riboflavin [12,24] and sugars, such as glucose [25] and cyclodextrin [26], but also the novel external reducing agents, such as liquid metal [27].

Searching for a suitable reaction medium is no less important for sustainable development and proper waste management [15,28,29]. Depending on the selected method, ATRP can be carried out in a solution or emulsion medium. Equally important is the solubility of the monomers in the individual media, which determines the selection of the reaction solvent. Recently, ATRP of 2-(dimethylamino)ethyl methacrylate (DMAEMA) were successfully carried out in alcoholic beverages [30], ethanol/water [30] and acetone/water mixture [31], as well as in environmentally harmful solvents such as N,N-dimethylformamide (DMF) [32,33], dimethyl sulfoxide (DMSO) [34], toluene [35], anisole [36] or methanol [37]. Despite the polymerization carried out for hydrophilic monomers, the application of pure water as a polymerization medium is still difficult. It results from the occurrence of competitive reactions as termination of propagating radicals, hydrolysis of the alkyl halide, or disproportionation of CuI [38,39].

In this study, the coffee solution containing additional antioxidants was successfully used as an electron donor in the ARGET ATRP technique for the synthesis of high-molecular compounds of hydrophilic nature. Extract of two blends, i.e., pure Arabica beans and a proportional blend of Arabica and Robusta beans were used as a reaction medium, followed by the determination of the molar concentration of caffeine in applied beverages using DPV and HPLC techniques. Due to the pro-ecological and economical approach, the presented system of hydrophilic monomers polymerization has application potential, especially in the peri-biological field.

2. Results

The mechanism of a coffee-induced ATRP based on radicals generation process involving a copper–amine complex (activator) in its lower oxidation state, CuI/L, is illustrated in Figure 1. The catalytic complex activates ethyl 2-bromoisobutyrate (EBiB) as an alkyl halide initiator or dormant chain end (Pn−X), forming propagating radicals and oxidizing to a higher oxidation state.

![Figure 1](image-url)  
Figure 1. The mechanism of ARGET ATRP in a coffee solution.

Antioxidants derived from a coffee extract such as caffeine, chlorogenic acids, cafestol, kahweol, and trigonelline trigger a reduction of a deactivator complex, X-CuII/L, ensuring
continuous catalytic reaction. Voltammetric measurements were carried out, which confirmed the strong antioxidant effect of caffeine in both mixtures, therefore the mechanism in which caffeine is the dominant antioxidant factor controlling the polymerization process was presented. Caffeine, being the main antioxidant present in coffee, is oxidized in the reaction environment with the simultaneous incorporation of oxygen derived from the reaction solvent. The process takes place in a mild oxidizing medium of copper(II) bromide, where, as in the permanganate environment, a two-electron redox process takes place for the caffeine molecule. The mechanism involves the interaction of the oxidant—deactivator with the caffeine molecule to give a free radical derived from caffeine. Then, water particles from the reaction solvent react with a free radical, giving 8-hydroxy caffeine which fast tautomerise to the final oxidation product of caffeine—1,3,7-trimethyluric acid (Figure 1) [40].

According to the ATRP mechanism, the dynamic equilibrium of the copper(I) and copper(II) complex is involved in controlling of the polymerization. The complex of copper(II) introduced into the polymerization system undergoes reduction due to the caffeine action. Additionally, trace amounts of oxygen could cause oxidation of the copper and affect the dynamic equilibrium of Cu$^{II}$ to Cu$I$ establishment. The polymerization process is then controlled by an appropriate ratio of activator to deactivator species [8,23].

Interestingly, the tertiary amine groups of DMAEMA also act as an internal reducing agent according to the ARGET ATRP mechanism [30]. The deactivator complex oxidizes the tertiary amine moiety (RN(CH$_3$)$_2$) of DMAEMA into radicals (R$_1$R$_2$N-˙CH$_2$), which initiate the polymerization and then reduce to an activator complex [31]. As presented in the publication [31], the oxidation reaction of tertiary amines, catalyzed with copper ions (Cu$^{II}$), can take place under the reaction conditions. This transformation converts the inert C$_\alpha$-H-position of amines to an active radical position via in situ oxidative dehydrogenation and forms a polymerization initiation site, caused by chain branching and an increase in molecular weight distribution of the PDMAEMA chain. The presence of two types of internal control compounds is indicative of a dually controlled mechanism of ARGET ATRP.

### 2.1. ARGET ATRP of DMAEMA in Various Coffee Bean Blend Solutions

ARGET ATRP of DMAEMA was carried out in 10 °C and in room temperature (Table S1). As expected, polymerization reaction in 10 °C was slower and gives higher molecular weight distribution of the obtained polymer (compare $k_\text{pp}$ and $\bar{D}$ in Table S1). Therefore, all next polymerization processes were performed at room temperature, achieving products in controlled manner and in a shorter time.

In an efficient ATRP catalyst system, the metal center must have two easily accessible oxidation states and must be able to accept the halogen, which requires a sufficiently high halogenophilicity [41]. Low halogenophilicity, i.e., the association of the halide anion to the catalyst in the higher oxidation state, related to the connection of the halogen ion create a possibility of disproportionation of Cu$^I$/L to X-Cu$^{II}$/L and Cu$^0$ [42,43]. Finally, halide anions must have a high affinity for Cu$^{II}$L$_2$$^+$, such as to provide the presence of enough concentration of deactivator to give a well-controlled process. In aqueous systems, the X-Cu$^{II}$/L bond can easily dissociate to Cu$^{II}$L$_2$$^+$ and Br$^-$, and typically required is a high concentration of catalyst or the presence of salts with halide anions in order to shift the equilibrium toward the X-Cu$^{II}$/L deactivator species [28,44]. Because the experiments were carried out with a low ppm concentration of the catalyst (9.5 ppm by wt), the effect of the addition of a halide salt on the polymerization process in the medium of a coffee blend extract was investigated (Arabica & Robusta 1:1). Indeed, the lack of a halide salt caused a loss of process control due to ineffective catalyst regeneration, the addition of NaBr resulted in an increase of control over polymerization reflected by a valid initiation of efficiency values and a narrower molecular weight distribution (Table S2). Higher salt concentration created more effective catalyst regeneration and increased control over the process (compare initiation efficiency in Table S2); however, the reaction stopped after 0.5 h
and did not reach a satisfactory MWD (Figure S3b), therefore it was decided to conduct subsequent reactions at a sodium bromide concentration equal to 0.1 M.

For the synthesis in pure water without the addition of a reducing agent (Table 1, entry 1) a linear increase of conversion with time was observed (Figure 2). This is due to the reducing properties of DMAEMA, in which a tertiary amine group acts as an intrinsic reducing agent according to the ARGET ATRP mechanism. On the other hand, the N-CH₂ group remains the initiation site of radical polymerization, resulting in a loss of ATRP control as indicated by an almost 900% initiation efficiency. Polymerization of tertiary amine monomers in coffee extract implies the dually controlled mechanism of ARGET ATRP through the action of using caffeine and monomers as a reducing agent. This dually controlled polymerization system (Table 1, entries 2–3) reduces initiation efficiency by more than three times, which is related to the higher control of polymerization while simultaneously obtaining higher monomer conversion and polymerization rate (compare \(k_{p,pp}\) in Table 1).

### Table 1. ARGET ATRP of DMAEMA in various coffee bean blend solutions.

| Entry | Type of Coffee  | Conv (%) | DP<sub>app</sub> (×10<sup>3</sup>) | \(k_{p,pp}\) (h<sup>−1</sup>) | \(M_{n,th}\) (×10<sup>3</sup>) | \(M_{n,app}\) (×10<sup>3</sup>) | \(D\) | \(f\) (%) |
|-------|-----------------|----------|-----------------|-----------------|-----------------|-----------------|-----|---------|
| 1     | pure water      | 18.2     | 36              | 0.094           | 5.9             | 51.3            | 1.63| 863     |
| 2     | Arabica & Robusta (50/50%) | 70.9     | 142             | 2.55            | 22.6            | 62.8            | 1.63| 278     |
| 3     | Arabica (100%)  | 46.6     | 93              | 1.28            | 14.9            | 45.1            | 1.88| 302     |

1 General reaction conditions: [DMAEMA]<sub>0</sub>/EBiB<sub>0</sub>/[CuIIBr<sub>2</sub>]<sub>0</sub>/[TPMA]<sub>0</sub>: 200/1/0.01/0.02; T = 22 °C; \(V_{tot}\) = 8 mL (DMAEMA/solvent = 0.4/0.6 by v/v), [DMAEMA]<sub>0</sub> = 19 mM, [I]<sub>0</sub> = 0.09 mM. \([\text{NaBr}] = 0.1 \text{ M, [CuIIBr}_2]_0 = 1.19 \mu\text{M (2-fold excess of TPMA)}, t = 0.5 \text{ h, except entry 1: } t = 2 \text{ h.}

2 Mixture of Arabica and Robusta (50/50%) and Arabica 100% were purchased from Segafredo Zanetti corporation as Espresso CASA and Arabica coffee, respectively.

3 Monomer conversion, polymerization rate \(k_{p,pp}\), and \(DP_{app}\) were determined by \(^{1}\)H-NMR.

4 \(M_{n,th} = ([M]_0/[I]_0) \times \text{Conv} \times \text{Mmonomer} + M_{\text{initiator}}.

5 \(M_{n,app}\) and \(D\) was determined by DMF + 10 mM LiCl GPC with PS standards.

6 Initiation efficiency calculated as: \(f = M_{n,app}/M_{nt,th}.

Figure 2. (a) Semilogarithmic kinetic plot, (b) \(M_n\) and \(M_w/M_n\) vs. monomer conversion for ARGET ATRP in preparation of PDMAEMA in various solvents (Table 1). Reactions conditions as in Table 1.

In the search for a suitable coffee mixture for ATRP, commercially available coffee blends were chosen in order to prepare the extracts for PDMAEMA synthesis (Table 1). Polymerizations were carried out in solutions obtained from two different mixtures of coffee grain from the Segafredo Zanetti corporation. It was purchased from Segafredo Espresso CASA as a blend of Arabica and Robusta grain (1:1) (Table 1, entry 2) and Segafredo Arabica (Table 1, entry 3) as a pure Arabica grains mixture. For both tested mixtures, the plot of the
natural logarithm of the monomer concentration versus polymerization time was close to linear, proving a first-order kinetic model (Figure 2a). In both cases, despite the weaker control of the polymerization process ($D = 1.63$ and $1.88$) caused by a low amount of catalytic complex, 9.5 ppm by wt, obtained PDMAEMA with monomodal weight distribution. Interestingly, the use of Arabica and Robusta blends obtains significantly longer polymer chains ($M_n = 62,800$) with narrower molecular weight distribution ($D = 1.63$) than in the reaction with the use of Arabica blend’s solution at the same time of the polymerization process. It proves that the Robusta grains have much more antioxidant potential [1]. Both types of solutions received from different blends of coffee grains were analyzed by $^1$H-NMR (Figure S5) to confirm the presence of characteristic compounds, such as caffeine, chlorogenic acids, cafestol, kahweol, and trigonelline [45].

2.2. ARGET ATRP of DMAEMA in Various Coffee Extracts Concentration Solutions

Encouraged by the promising effects of homopolymerization of DMAEMA in the solution received from Arabica and Robusta blend, the series of ARGET ATRP reactions were performed at different concentrations of coffee extracts: 5%, 7.5% and 10%, which reflect the percentage of coffee grounds in the solution. The results are summarized in Table 2.

Table 2. ARGET ATRP of DMAEMA in various coffee extract concentration solutions.

| Entry | Concentration of Coffee Extract (%) | Conv (%) | DP$_{app}$ (h$^{-1}$) | $k_p^{app}$ (h$^{-1}$) | $M_{n,th}$ ($\times 10^{-3}$) | $M_{n,app}$ ($\times 10^{-3}$) | $D$ |
|-------|---------------------------------|----------|-----------------|----------------|----------------|----------------|-----|
| 1     | 10                              | 57.5     | 115             | 1.73           | 18.4           | 65.0           | 1.58|
| 2     | 7.5                             | 70.9     | 142             | 2.55           | 22.0           | 62.8           | 1.63|
| 3     | 5                               | 48.2     | 96              | 1.34           | 15.4           | 49.3           | 1.85|

1 General reaction conditions: [DMAEMA]$_0$/[EBiB]$_0$/[Cu$^{II}$Br$_2$]$_0$/[TPMA]$_0$: 200/1/0.01/0.02; $T = 22$ °C; $V_{tot} = 8$ mL (DMAEMA/solvent = 0.4/0.6 by v/v), [DMAEMA]$_0$ = 19 mM, [I]$_0$ = 0.09 mM, [NaBr] = 0.1 M, [Cu$^{II}$Br$_2$]$_0$ = 1.19 µM (2-fold excess of TPMA), $t = 0.5$ h. 2 Mixture of Arabica and Robusta (50/50%) and Arabica 100% were purchased from Segafredo Zanetti corporation as Espresso CASA and Arabica coffee, respectively. 3 Monomer conversion, polymerization rate ($k_p^{app}$), and DP$_{app}$ were determined by $^1$H-NMR. 4 $M_{n,th} = ([M]_0/([I]_0) \times Conv \times M_{monomer} + M_{initiator}$. 5 $M_{n,app}$ and $D$ was determined by DMF + 10 mM LiCl GPC with PS standards.

The plots of the natural logarithm of the monomer concentration versus time for each extract used are illustrated in Figure 3a and present a linear dependence, confirming kinetic first-order reactions. Notwithstanding, the use of a higher concentration of coffee extract causes the polymer chains to grow rapidly in a short time, which in turn results in a high viscosity of the reaction mixture, hindering migration of propagating radicals and decreasing the reaction rate. Lowering the concentration of coffee extract to 7.5% increased the reaction rate and higher monomer conversion (Figure 3b). The further reduction in coffee concentration causes a decrease in the reaction rate (compare $k_p^{app}$, Table 2, entries 1–3) due to the slower regeneration of the activator due to low amounts of antioxidants, and consequently resulting in a loss of control over the reaction. However, the molecular weight evolution plot, illustrated in Figure 3b, presents a clean shift toward higher MWs along with the monomer conversion.

2.3. ARGET ATRP of Various Monomers

The developed system was also used for the synthesis of other water-soluble polymers, such as poly(oligo(ethylene glycol) methyl ether methacrylate) (POEGMA) and poly(glycidyl methacrylate) (PGMA) (Table 3). The polymerization of these monomers was conducted at the same concentration of coffee extract and amount of catalytic complex.
weight evolution plot, illustrated in Figure 3b, presents a clean shift toward higher MWs which create many initiation sites in reaction with deactivators, which then recombine during the reaction.

The proposed system turned out to be more suitable for the synthesis of short side-chain monomers like GMA and DMAEMA (Figure 4). The polymerizations of the above-mentioned monomers are characterized by a high polymerization rate and a high monomer conversion is reached. Additionally, a polymerization of the hydrophobic n-butyl acrylate (nBA) in the miniemulsion medium formed from a 10% coffee extract was performed. The reaction followed first order kinetics, but the polymerization rate was low and the received polymer product was characterized by broad molecular weight distribution. This is due to the high concentration of antioxidants in the initial stage of the reaction, which create many initiation sites in reaction with deactivators, which then recombine during the reaction.

2.4. Chain-Extension Reaction of PDMAEMA-Br

To investigate the chain-end fidelity, a chain extension experiment of PDMAEMA was performed. The following GPC curves (Figure 5) show chain extension processes of the PDMAEMA-Br macroinitiator with the PDMAEMA second block using CuBr₂/TPMA as the catalyst in a 7.5% coffee extract solution. The chain extension reaction was conducted in situ with the following ratio of the reagents: [DMAEMA]₀/[EBiB]₀/[CuBr₂]₀/[TPMA]₀: 150/1/0.01/0.02 in the polymerization of the first block, followed by adding the same volume of the monomer to the reaction mixture in order to incorporate the second block. The PDMAEMA constituting the first block of the copolymers was characterized by a monomodal GPC trace which points to the high retention of chain-end functionality (Figures 5 and S13). The second block was successfully incorporated in situ in a controlled

Table 3. ARGET ATRP of various monomers in 7.5% solution received from an equally proportional blend of Arabica and Robusta beans.

| Entry  | Monomer     | t (h) | Conv (%) | DP_app  | k_p^app (h⁻¹) | M_n,th (×10⁻³) | M_n,app (×10⁻³) | D |
|--------|-------------|-------|----------|---------|---------------|----------------|-----------------|---|
| 1      | DMAEMA      | 0.5   | 70.9     | 142     | 2.55          | 22.6           | 62.8            | 1.63 |
| 2      | GMA         | 1     | 79.1     | 158     | 1.38          | 22.7           | 69.5            | 1.78 |
| 3      | OEGMA       | 2.33  | 16.5     | 33      | 0.08          | 16.7           | 18.5            | 1.28 |

1 General reaction conditions: [Monomer]₀/[EBiB]₀: 200/1; [CuBr₂]₀ = 9.5 ppm by wt (2-fold excess of TPMA); [NaBr] = 0.1 M, T = 22 °C, V tot = 8 mL (monomer/solvent = 0.4/0.6 by v/v). 2 Monomer conversion, polymerization rate (k_p^app), and DP_app were determined by 1H-NMR. 3 M_n,th = ([M]₀/}[I]₀) × Conv × M_monomer + M_initiator. 4 M_n,app and D was determined by DMF + 10 mM LiCl GPC with PS standards.
manner, proved by linear first-order kinetics (Figure S14) and a shift in the MW peak toward to higher molecular mass (Figure 5).

Figure 4. (a) First-order kinetic plot of monomer conversion versus polymerization time according to Table 3, entries 1–3. (b) $M_n$ and $M_w/M_n$ vs. monomer conversion according to Table 3, entries 1–3.

Figure 5. GPC results of PDMAEMA-Br chain-extension reaction.

2.5. Electrochemical Measurements of Caffeine Concentration in the Coffee Solutions

The next step of the research focused on the quantitative determination of the caffeine content in the applied coffee solutions using bare GCE (glassy carbon electrode) as a working electrode. For this purpose, an innovative and highly reproducible assay was employed to measure the anodic peak current of caffeine with the use of a differential pulse voltammetry (DPV) technique [46,47]. The calibration curve determined for the concentration range between 0.2 and 1.4 mM ($R^2 = 0.9996$, Figure 6) indicated a linear correlation between the anodic peak current and the caffeine concentration in the analyzed solutions, which enables the use of linear regression to calculate the concentration of the examined extracts.
To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method. Three independent measurements were made for all points included on the graphs (insets in Figures 7 and S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method. To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method.

The standard addition method was applied to determine a caffeine concentration in the samples of coffee brews used as polymerization reactions medium. Three independent measurements were made for all points included on the graphs (insets in Figures 7 and S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method. To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method.

The caffeine was successfully used as an electron donor in the ARGET ATRP technique, which also confirms reactions carried out in 7.0 mM pure caffeine solution (Table S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method.

The standard addition method was applied to determine a caffeine concentration in the samples of coffee brews used as polymerization reactions medium. Three independent measurements were made for all points included on the graphs (insets in Figures 7 and S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method. To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method.

The next step of the research focused on the quantitative determination of the caffeine content in the applied coffee solutions using bare GCE (glassy carbon electrode) as a working electrode. The linear dependence between the peak current and caffeine concentration is appended in the inset. DPV parameters: pulse potential of 50 mV, pulse time of 50 ms, and scan rate of 50 mV/s.

The standard addition method was applied to determine a caffeine concentration in the samples of coffee brews used as polymerization reactions medium. Three independent measurements were made for all points included on the graphs (insets in Figures 7 and S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method. To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method.

The standard addition method was applied to determine a caffeine concentration in the samples of coffee brews used as polymerization reactions medium. Three independent measurements were made for all points included on the graphs (insets in Figures 7 and S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method. To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method.

The standard addition method was applied to determine a caffeine concentration in the samples of coffee brews used as polymerization reactions medium. Three independent measurements were made for all points included on the graphs (insets in Figures 7 and S16). DP voltammograms were received for coffee samples diluted 10 times in the supporting electrolyte (0.1 M H₂SO₄) and after spiking 200, 400, and 600 μL of the caffeine standard solution with a concentration of 10 mM. Figure 7 reveals an illustrative example of analysis applied for coffee samples with the use of the DPV technique and standard addition method. To achieve additional confirmation for results of DPV analysis, one sample of 7.5% solution of Arabica and Robusta coffee extract and one sample of 7.5% solution of pure Arabica coffee extract were analyzed with the use of a reference HPLC method.
The data presented in Table 4 confirm that results obtained by the DPV analysis are very likely and are within about 5% of the difference in comparison to analysis with the use of the reference HPLC technique.

**Table 4.** Comparison of caffeine concentration analysis results received for various samples of coffee brews with the use of DPV and HPLC techniques.

| Coffee Solution          | Caffeine Concentration (mM)         | DPV Analysis | Reference HPLC |
|--------------------------|-------------------------------------|--------------|----------------|
| 7.5% Arabica             | 4.47 (s: 7.64 × 10⁻²)               |              | 4.31 (s: 7.28 × 10⁻²) |
| 5% Arabica and Robusta (50/50%) | 4.65 (s: 1.20 × 10⁻⁶)          |              | -              |
| 7.5% Arabica and Robusta (50/50%) | 7.00 (s: 1.14 × 10⁻⁶)          |              | 7.08 (s: 1.56 × 10⁻²) |
| 10% Arabica and Robusta (50/50%) | 7.23 (s: 1.35 × 10⁻⁶)         |              | -              |

*s: standard deviation.

The caffeine was successfully used as an electron donor in the ARGET ATRP technique, which also confirms reactions carried out in 7.0 mM pure caffeine solution (Table S5). The antioxidant properties of a coffee were proved by the low dispersity polymer product received in the coffee beverages as in a caffeine solution. In addition, the polymerization rate is influenced by the strength of the coffee brew—the blend of Arabica and Robusta beans showed stronger antioxidant properties compared to the same amount of pure Arabica, which increased the polymerization rate. The weakest antioxidant effect was observed in a pure caffeine solution that does not contain other antioxidant compounds. In this case, the polymerization rate and monomer conversion are the lowest. The different strength of extracts of the same coffee blend undoubtedly contributes to the differences in the rate of polymerization. However, with the increase in the amount of coffee grounds, a continuous increase in caffeine content in coffee beverages is not observed, but only an increase in the number of flavonoids or tannins affects the taste of coffee.

**3. Materials and Methods**

**3.1. Materials**

Coffee of Arabica grains and a mixture of Arabica and Robusta grains were purchased from the Segafredo Zanetti corporation. Ethyl 2-bromoisobutyrate (EBiB, 98%), tetrahydrofuran (THF, >99.9%), acetone (>99.9%), deuterated chloroform (CDCl₃, >99.8%), hexadecane (HD, 99%), sodium dodecyl sulfate (SDS, 99%), and sodium bromide (NaBr, >99%) were purchased from Sigma Aldrich (St. Louis, MO, USA). Dichloromethane (DCM, >99.5%), sulfuric acid (>95%), and toluene (>99.5%) were purchased from Chempur. N,N-Dimethylformamide (DMF, 99.9%) and lithium chloride (LiCl, >99%) were purchased from Acros. Anhydrous caffeine (CAF, >99.0%) was purchased from Fluka Analytical. Deuterium oxide (D₂O, 99.9%) was purchased from Deutero. These reagents were received without further purification. Tris(2-pyridylmethyl)amine (TPMA) was synthesized according to the procedure described in [48]. CuBr₂/TPMA stock solutions were prepared according to the reference [49]. Monomers: 2-(dimethylamino)ethyl methacrylate (DMAEMA, >99%; Aldrich), glycidyl methacrylate (GMA, >97.0%; Aldrich), and oligo(ethylene glycol) methyl ether methacrylate (OEGMA₅₀₀; Aldrich) were passed through a column filled with basic alumina prior to use to remove monomethyl ether hydroquinone, which is used as an inhibitor [50].

**3.2. Analysis**

**3.2.1. ¹H-NMR**

¹H-NMR spectra in D₂O and CDCl₃ were measured in a Bruker Avance 500 MHz spectrometer (25 °C). Monomer conversion and theoretical number-average molecular weight (Mₙ,th) were determined by NMR in accordance with the procedures described in [51,52].
3.2.2. GPC

GPC analysis of polymers obtained in solution was performed using a Shimadzu modular system consisting of a CBM-40 system controller, RID-20A differential refractive-index detector, a SIL-20AHT automatic injector, and three PSS GRAM combination columns made of stainless steel (V4A) with pore size: 100 Å, 3000 Å (2 columns), and one precolumn, with the temperature at 30 °C by a CTO-20A oven. The eluent in chromatographic separation was N,N-Dimethylformamide (HPLC grade with 0.01% w/v LiCl) with the flow rate set at 1 mL min⁻¹. A molecular weight calibration curve was created with the application of monodispersed polystyrene standards (PSS, Polymer Standards Service). The apparent molecular weights (MWs) and molecular weights distributions (MWD) were determined using GPC Postrun Analysis software provided by Shimadzu Corporation.

3.2.3. DPV

Differential pulse voltammetry (DPV) analysis was performed on the Metrohm Autolab potentiostat with the use of a glassy carbon electrode (GCE) (A = 0.071 cm²) as the working electrode (WE), a silver chloride electrode with the potential of 0.00 V versus the potential of a saturated calomel electrode (SCE) as the reference electrode (RE) and a platinum wire (l = 7 cm, d = 1 mm) as the counter electrode (CE). The DPV parameters were established as the following: pulse potential of 50 mV, pulse time of 50 ms, and scan rate of 50 mV s⁻¹. During the recording of the voltammograms anodic scans were conducted and stored in order to determine the anodic peak current of caffeine, oxidized in the solution of supporting electrolyte (0.1 M H₂SO₄ in deionized H₂O). A calibration curve for caffeine samples was built based on seven different concentrations of caffeine (from 0.2 to 1.4 mM) dissolved in 0.1 M sulfuric acid aqueous solution. For each point of the curve, three independent DPV scans were done and as a value of the point the mean of the current values for these three measurements was approved. The DPV analysis of coffee brews was performed using the standard addition method for samples of coffee extracts diluted at the ratio of 1:10 in 0.1 M H₂SO₄ aqueous solution followed by spiking 200, 400, and 600 µL of 10 mM caffeine standard solution in 0.1 M H₂SO₄. For each addition, three independent DPV scans were recorded and as a result the mean of the current values was adopted.

3.2.4. HPLC

High performance liquid chromatography (HPLC) analysis was performed using a 1290 Infinity LC system with a DAD detector, equipped with an Agilent ZORBAX Eclipse Plus C18, Rapid Resolution HT, 90A, (4.6 × 50 mm, 1.8 µm, 600 bar) column (thermostated at 30 °C). The analysis of the chromatograms was done with the use of LC OpenLab (Agilent Technologies, Waldbronn, Germany). The experimental conditions were the following: the mobile phase was water (75%) and methanol (25%) solution, flow rate of 1.0 mL min⁻¹, and caffeine was detected by monitoring the absorbance at wavelength of 272 nm. The calibration curve was established for caffeine samples in a range of concentration from 0.05 to 1.68 mM, prepared by dissolving caffeine in the mobile phase. A good linearity was found within the entire concentration range studied. For coffee sample analysis, beverages were diluted at the ratio of 1:20 in the mobile phase. Thus, received solutions were filtered on amine tubes (1 mL) and through 0.45 µm nylon filters (Agilent Technologies) prior to analysis. The concentration of CAF was determined using the calibration curve previously described. For each sample HPLC analysis was performed two times, and as a result, the mean of these two values was adopted. The calibration curve equation is reported in point S.8 in Supplementary Materials.

4. Conclusions

The polymerization of hydrophilic and hydrophobic monomers in coffee extracts was examined by the ARGET ATRP technique. For this purpose, solutions of Arabica coffee beans extracts and an equally proportionate mixture of Arabica and Robusta beans
extracts were tested. A blend with Robusta beans, which contains a high number of antioxidants, turns out to be an excellent reaction medium. Coffee extract solution with a caffeine concentration of 7.0 mM obtained homopolymers in good yields and in a quite short time. Additionally, the chain-end functionality was confirmed by an in situ chain extension reaction, which showed a clean shift in the MW peak toward a higher molecular mass. The coffee solution is also an appropriate reaction medium for the preparation of hydrophobic homopolymers in a miniemulsion system using the ARGET ATRP technique. Polymerizations carried out in coffee solutions not only confirm the presence of antioxidants in the coffee solution, but also provide real possibilities of using the waste generated during the processing of coffee beans. In addition, the mild polymerization environment guarantees the responsible use of PDMAEMA brushes as cationic antibacterial surfaces and nonviral gene carriers in biomedical applications without diligent polymer purification.

**Supplementary Materials:** The following supporting information can be downloaded online: Table S1: ARGET ATRP of DMAEMA in various temperature; Figure S1: (a) Semilogarithmic kinetic plot, (b) \(M_n\) and \(M_w/M_n\) vs. monomer conversion for preparation of PDMAEMA in coffee solution at various temperature (Table S1, entries 1–2). Reaction conditions as in Table S1, Figure S2: GPC traces of PDMAEMA chains prepared according to (a) Table S1 entry 1 and (b) Table S1 entry 2 using as eluent DMF + 10 mM LiCl, Table S2: ARGET ATRP in various NaBr concentration in 7.5% solution received from equally proportional blend of Arabica and Robusta beans, Figure S3: (a) Semilogarithmic kinetic plot, (b) \(M_n\) and \(M_w/M_n\) vs. monomer conversion for ARGET ATRP in preparation of PDMAEMA in various NaBr concentration (Table S2). Reaction conditions as in Table S2. Figure S4: GPC traces of PDMAEMA chains prepared according to (a) Table 1 entry 1; (b) Table 1 entry 2 and (c) Table 1 entry 3 using as eluent DMF + 10 mM LiCl, Figure S5: \(^{1}H\)-NMR stack plot of coffee samples: Segafredo Arabica and Segafredo Espresso CASA in D$_2$O (500 MHz, 25 °C), Figure S6: GPC traces of PDMAEMA chains prepared according to (a) Table 2 entry 1, (b) Table 2 entry 2, and (c) Table 2 entry 3 using as eluent DMF + 10 mM LiCl, Figure S7: GPC traces of PDMAEMA, (b) PGMA, and (c) POEGMA chains prepared according to to (a) Table 3 entry 1, (b) Table 3 entry 2, and (c) Table 3 entry 3 using as eluent DMF + 10 mM LiCl, Figure S8: ARGET ATRP of nBA in miniemulsion medium of 10% coffee solution, Figure S8: Polymerization of nBA in miniemulsion system: (a) First-order kinetic plot of monomer conversion vs. polymerization time. (b) \(M_n\) and \(M_w/M_n\) vs. monomer conversion. (c) GPC traces of nBA chains with THF as the eluent, Figure S9: \(^{1}H\)-NMR spectrum of PDMAEMA homopolymer (after purification) in CDCl$_3$ (500 MHz, 25 °C). The chemical shifts characteristic for PDMAEMA chains were assigned: \(\delta\) (ppm) = 0.72–1.15 (3H, \(-CH_3\), \(\alpha\)), 1.72–2.07 (2H, \(-CH_2\), \(\beta\)), 2.23–2.53 (6H, \(2 \times -CH_3\), \(\alpha\)), 2.57–2.84 (2H, \(-CH_2\), \(b\)), and 3.99–4.19 (2H, \(-CH_2\), \(c\)), Figure S10: \(^{1}H\)-NMR spectrum of PGMA homopolymer (after purification) in CDCl$_3$ (500 MHz, 25 °C). The chemical shifts characteristic for PGMA chains were assigned: \(\delta\) (ppm) = 0.80–1.18 (3H, \(-CH_3\), \(\alpha\)), 1.84–2.06 (2H, \(-CH_2\), \(\beta\)), 2.56–2.96 (2H, \(-CH_2\), \(c\)), 3.15–3.34 (1H, \(-CH\), \(b\)), 3.71–3.89, and 4.19–4.39 (2H, \(-CH_2\), \(a\)), Figure S11 \(^{1}H\)-NMR spectrum of POEGMA homopolymer (after purification) in CDCl$_3$ (500 MHz, 25 °C). The chemical shifts characteristic for POEGMA chains were assigned: \(\delta\) (ppm) = 0.78–0.97 (3H, \(-CH_3\), \(\alpha\)), 1.23–1.30 (2H, \(-CH_2\), \(\beta\)), 3.34–3.44 (3H, \(-CH_3\), \(c\)), 3.54–3.58 (2H, \(-CH_2\), \(b\)-first segment), 3.59–3.82 (28H, \(-CH_2\) and \(-CH_3\), \(a + b\)), and 4.01–4.17 (2H, \(-CH_2\), \(a\)-first segment), Figure S12: \(^{1}H\)-NMR spectrum of PBA homopolymer (after purification) in CDCl$_3$ (500 MHz, 25 °C). The chemical shifts characteristic for PBA chains were assigned: \(\delta\) (ppm) = 0.85–1.01 (3H, \(-CH_3\), \(d\)), 1.31–2.00 (6H, \(-CH_2\), \(a + b + c\)), 2.20–2.43 (1H, \(-CH\), \(\alpha\)), and 3.90–4.14 (2H, \(-CH_2\), \(\beta\)), Table S4: Chain-extension reaction of PDMAEMA in 7.5% coffee solution, Figure S13: Polymerization of PDMAEMA (first block) in 7.5% coffee solution (a) First-order kinetic plot of monomer conversion vs. polymerization time. (b) \(M_n\) and \(M_w/M_n\) vs. monomer conversion, Figure S14: Copolymerization of PDMAEMA (second block) in 7.5% coffee solution (a) First-order kinetic plot of monomer conversion versus polymerization time. (b) \(M_n\) and \(M_w/M_n\) vs. monomer conversion, Figure S15: The calibration curve received for caffeine determination by DPV technique and the relative equation above the curve. The curve depicts linear dependence between the anodic peak current and caffeine concentration in 0.1 M H$_2$SO$_4$ aqueous solution. DP voltammograms received on GCE. DPV parameters: pulse potential of 50 mV, pulse time of 50 ms, and scan rate of 50 mV/s, Figure S16: DP voltammograms received on GCE in analysis of coffee samples in 0.1 M H$_2$SO$_4$ aqueous solution using the standard addition method with 1 mL of the sample and after spiking 200, 400, and 600 µL of 10 mM caffeine standard solution, (a) 5%
Arabica and Robusta (50/50%) sample; (b) 10% Arabica and Robusta (50/50%) sample. The analysis by standard addition method is presented in the insets. DPV parameters: pulse potential of 50 mV, pulse time of 50 ms, and scan rate of 50 mV/s, Figure S17: The calibration curve received for caffeine determination by HPLC technique and the relative equation on the side. Analysis performed with the use of 1290 Infinity LC system with DAD detector and Agilent ZORBAX Eclipse Plus C18, Rapid Resolution HT, 90A, (4.6 × 50 mm, 1.8 µm, 600 bar) column in 30 °C. Mobile phase: water (75%) and methanol (25%), flow rate: 1.0 mL/min. Wavelength used for caffeine detection: 272 nm, Table S5. ARGET ATRP of DMAEMA in 7.0 mM caffeine solution, Figure S18: Polymerization of DMAEMA in 7.0 mM caffeine solution: (a) first-order kinetic plot of monomer conversion vs. polymerization time. (b) $M_n$ and $M_w/M_n$ vs. monomer conversion. (c) GPC traces of DMAEMA with DMF + 10 mM LiCl as the eluent [53].

Author Contributions: Conceptualization: P.C.; data curation: K.S. and P.C.; formal analysis: K.S., P.B. and P.C.; funding acquisition: P.C.; investigation: K.S. and P.B.; methodology: K.S., P.B. and P.C.; project administration: P.C.; resources: P.C.; supervision: K.S., P.B. and P.C.; visualization: K.S. and P.B.; writing—original draft: K.S., P.B. and P.C.; writing—review and editing: K.S., P.B. and P.C. All authors have read and agreed to the published version of the manuscript.

Funding: Financial support from PB25.CF.21.001 and PZB/RDKN/2021/01 is gratefully acknowledged. K.S. and P.C. acknowledge the financial support from Minister of Education and Science under the program “Students Research Clubs creates innovations” (Contract no: SKN/SP/496557/2021). P.C. acknowledges Minister of Science and Higher Education scholarship for outstanding young scientists (0001/E-363/STYP/13/2018).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: All data and supporting data are reported in this manuscript and Supporting Materials.

Acknowledgments: NMR spectra were recorded in the Laboratory of Spectrometry, Faculty of Chemistry, Rzeszow University of Technology and were financed from the budget of statutory activities. The authors thank Monika Przyborowska-Kaczkowska from Perlan Technologies for the HPLC analysis support.

Conflicts of Interest: The authors declare no conflict of interest.

References
1. Komes, D.; Busic, A. Antioxidants in coffee. In Processing and Impact on Antioxidants in Beverages; Preedy, V., Ed.; Academic Press: San Diego, CA, USA, 2014; pp. 25–32.
2. Iriondo-DeHond, A.; Elizondo, A.S.; Iriondo-DeHond, M.; Ríos, M.B.; Mufari, R.; Mendiola, J.A.; Ibáñez, E.; del Castillo, M.D. Assessment of healthy and harmful maillard reaction products in a novel coffee cascara beverage: Melanoidins and acrylamide. Foods 2020, 9, 620. [CrossRef] [PubMed]
3. Aristizábal-Marulanda, V.; Chacón-Perez, Y.; Cardona Alzate, C.A. Chapter 3—The biorefinery concept for the industrial valorization of coffee processing by-products. In Handbook of Coffee Processing by-Products; Galanakis, C.M., Ed.; Academic Press: Chania, Greece, 2017; pp. 63–92.
4. Ky, C.L.; Louarn, J.; Dussert, S.; Guyot, B.; Hamon, S.; Noirot, M. Caffeine, trigonelline, chlorogenic acids and sucrose diversity in wild Coffea arabica L. and C-canephora P. accessions. Food Chem. 2001, 75, 223–230. [CrossRef]
5. Yen, W.J.; Wang, B.S.; Chang, L.W.; Duh, P.D. Antioxidant properties of roasted coffee residues. J. Agric. Food Chem. 2005, 53, 2658–2663. [CrossRef] [PubMed]
6. Jakubowski, W.; Min, K.; Matyjaszewski, K. Activators regenerated by electron transfer for atom transfer radical polymerization of styrene. Macromolecules 2006, 39, 39–45. [CrossRef]
7. Min, K.; Gao, H.F.; Matyjaszewski, K. Use of ascorbic acid as reducing agent for synthesis of well-defined polymers by ARGET ATRP. Macromolecules 2007, 40, 1789–1791. [CrossRef]
8. Kwak, Y.; Matyjaszewski, K. ARGET ATRP of methyl methacrylate in the presence of nitrogen-based ligands as reducing agents. Polym. Int. 2009, 58, 242–247. [CrossRef]
9. Li, X.H.; Wang, W.J.; Li, B.G.; Zhu, S.P. Kinetics and modeling of solution ARGET ATRP of styrene, butyl acrylate, and methyl methacrylate. Macromol. React. Eng. 2011, 5, 467–478. [CrossRef]
10. Guazzelli, E.; Masotti, E.; Calosi, M.; Krichbaum, M.; Uhlig, F.; Galli, G.; Martinelli, E. Single-chain folding and self-assembling of amphiphilic polyethylene glycol-modified fluorinated styrene homopolymers in water solution. Polymer 2021, 231, 124107. [CrossRef]

11. Chmielarz, P. Synthesis of inositol-based star polymers through low ppm ATRP methods. Polym. Adv. Technol. 2017, 28, 1804–1812. [CrossRef]

12. Zaborniak, I.; Chmielarz, P. Dually-functional riboflavin macromolecule as a supramolecular initiator and reducing agent in temporally-controlled low ppm ATRP. Express Polym. Lett. 2020, 14, 235–247. [CrossRef]

13. Tanaka, K.; Matyjaszewski, K. Copolymerization of (meth)acrylates with olefins using activators regenerated by electron transfer for atom transfer radical polymerization (ARGET ATRP). Macromol. Symp. 2008, 261, 1–9. [CrossRef]

14. Chan, N.; Cunningham, M.F.; Hutchinson, R.A. ARGET ATRP of methacrylates and acrylates with stoichiometric ratios of ligand to copper. Macromol. Chem. Phys. 2008, 209, 1797–1805. [CrossRef]

15. Simakova, A.; Averick, S.E.; Konkolewicz, D.; Matyjaszewski, K. Aqueous ARGET ATRP. Macromolecules 2012, 45, 6371–6379. [CrossRef]

16. He, H.K.; Luebke, D.; Nuwala, H.; Matyjaszewski, K. Synthesis of poly(ionic liquid)s by atom transfer radical polymerization with ppm of Cu catalyst. Macromolecules 2014, 47, 6601–6609. [CrossRef]

17. Wang, Y.; Lorandi, F.; Fantin, M.; Chmielarz, P.; Isse, A.A.; Gennaro, A.; Matyjaszewski, K. Miniemulsion ARGET ATRP via interfacial and ion-pair catalysis: From ppm to ppb of residual copper. Macromolecules 2017, 50, 8417–8425. [CrossRef]

18. Borsari, M.; Braidi, N.; Buffagni, M.; Ghelli, F.; Parenti, F.; Porcelli, N.; Serafini, G.; Isse, A.A.; Bonifici, L.; Cavalca, G.; et al. Copper-catalyzed ARGET ATRP of styrene from ethyl alpha-haloisobutyrte in EtOAc/EtOH, using ascorbic acid/Na2CO3 as reducing system. Eur. Polym. J. 2021, 157, 110675. [CrossRef]

19. Chen, H.; Chen, L.F.; Wang, C.H.; Qu, R.J. Atom transfer radical polymerization using activators regenerated by electron transfer of acrylonitrile in 1-(1-ethoxycarbonyl)ethyl-3-methylimidazolium hexafluorophosphate. J. Polym. Sci. A Polym. Chem. 2011, 49, 1046–1049. [CrossRef]

20. Chen, H.; Yang, L.X.; Liang, Y.; Hao, Z.H.; Lu, Z.X. ARGET ATRP of acrylonitrile catalyzed by FeCl3/isophthalic acid in the presence of air. J. Polym. Sci. A Polym. Chem. 2009, 47, 3202–3207. [CrossRef]

21. Liu, J.; Li, S.W.; Xu, X.; Xing, T.L.; Chen, G.Q. Structure and properties of silk grafted with 2-hydroxyethyl methacrylate by ARGET ATRP. AMR 2012, 441, 332–336.

22. Forbes, D.C.; Crexell, M.; Frizzell, H.; Peppas, N.A. Polycationic nanoparticles synthesized using ARGET ATRP for drug delivery. Eur. J. Pharm. Biopharm. 2013, 84, 472–478. [CrossRef]

23. Shao, M.L.; Yue, X.A.; Yue, T.Q.; He, J. Regulating gelation time and kinetics analysis based on the ARGET ATRP mechanism. J. Polym. Sci. 2020, 58, 519–527. [CrossRef]

24. Zaborniak, I.; Surmacz, K.; Flejszar, M.; Chmielarz, P. Triple-functional riboflavin-based molecule for efficient atom transfer radical polymerization in miniemulsion media. J. Appl. Polym. Sci. 2020, 137, e49275. [CrossRef]

25. Jakubowski, W.; Matyjaszewski, K. Activators regenerated by electron transfer for atom transfer radical polymerization of (meth)acrylates and related block copolymers. Angew. Chem. Int. Ed. 2006, 45, 4482–4486. [CrossRef] [PubMed]

26. Karkare, P.; Kumar, S.; Murthy, C.N. ARGET-ATRP using beta-CD as reducing agent for the synthesis of PMMA-b-PS-b-PMMA triblock copolymers. J. Appl. Polym. Sci. 2019, 136, 4717. [CrossRef]

27. Wei, Q.; Sun, M.; Lorandi, F.; Yin, R.; Yan, J.; Liu, T.; Kowalewski, T.; Matyjaszewski, K. Cu-catalyzed atom transfer radical polymerization in the presence of liquid metal micro/nanodroplets. Macromolecules 2021, 54, 1631–1638. [CrossRef]

28. Chmielarz, P.; Krys, P.; Park, S.; Matyjaszewski, K. PEO-b-PNIPAM copolymers via SARA ATRP and eATRP in aqueous media. Polymer 2015, 71, 143–147. [CrossRef]

29. Fantin, M.; Isse, A.A.; Gennaro, A.; Matyjaszewski, K. Understanding the fundamentals of aqueous ATRP and defining conditions for better control. Macromolecules 2015, 48, 6862–6875. [CrossRef]

30. Flejszar, M.; Chmielarz, P.; Smenda, J.; Wolski, K. Following principles of green chemistry: Low ppm photo-ATRP of DMAEMA in water/ethanol mixture. Macromol. Chem. Phys. 2020, 123, 228999. [CrossRef]

31. Sun, Y.; Zhai, G.Q. CuSO4 catalyzed self-initiated radical polymerization of 2-(N,N-dimethylamino) ethyl methacrylate as an intrinsically reducing inimer. Chin. J. Polym. Sci. 2013, 31, 1161–1172. [CrossRef]

32. Chmielarz, P.; Krys, P.; Wang, Z.; Wang, Y.; Matyjaszewski, K. Synthesis of well-defined polymer brushes from silicon wafers via surface-initiated scATRP. Macromol. Chem. Phys. 2017, 218, 1700106. [CrossRef]

33. Morits, M.; Hynninen, V.; Nonappa; Niederberger, A.; Ikkola, O.; Gröschel, A.H.; Müllner, M. Polymer brush guided templating on well-defined rod-like cellulose nanocrystals. Polym. Chem. 2018, 9, 1650–1657. [CrossRef]

34. Xie, Y.; Chen, S.Q.; Qian, Y.H.; Zhao, W.F.; Zhao, C.S. Photo-responsive membrane surface: Switching from bactericidal to bacteria-resistant property. Mater. Sci. Eng. C 2018, 84, 52–59. [CrossRef] [PubMed]

35. Xiong, D.; Zhang, X.F.; Peng, S.Y.; Gu, H.W.; Zhang, L.J. Smart pH-sensitive micelles based on redox degradable polymers as DOX/GNPs carriers for controlled drug release and CT imaging. Colloids Surf. B Biointerfaces 2018, 163, 29–40. [CrossRef] [PubMed]

36. Wang, M.; Wang, X.; Zhang, K.; Wu, M.; Wu, Q.; Liu, J.; Yang, J.; Zhang, J. Nano-hydroxyapatite particle brushes via direct initiator tethering and surface-initiated atom transfer radical polymerization for dual responsive pickering emulsion. Langmuir 2020, 36, 1192–1200. [CrossRef] [PubMed]
37. Zhang, B.; Yan, Q.; Yuan, S.J.; Zhuang, X.D.; Zhang, F. Enhanced antifouling and anticorrosion properties of stainless steel by biomimetic anchoring PEGDMA-cross-linking polycationic brushes. *Ind. Eng. Chem. Res.* 2019, 58, 7107–7119. [CrossRef]

38. Chmielarz, P.; Park, S.; Simakova, A.; Matyjaszewski, K. Electrochemically mediated ATRP of acrylamides in water. *Polymer* 2015, 60, 302–307. [CrossRef]

39. Michieletto, A.; Lorandi, F.; De Bon, F.; Isse, A.A.; Gennaro, A. Biocompatible polymers via aqueous electrochemically mediated atom transfer radical polymerization. *J. Polym. Sci.* 2020, 58, 114–123. [CrossRef]

40. Fawzy, A.; Zaafarany, I.A.; Khairou, K.S.; Almazroai, L.S.; Bawazeer, T.M.; Al-Jahdali, B.A. Oxidation of caffeine by permanganate ion in perchloric and sulfuric acids solutions: A comparative kinetic study. *Sci. J. Chem.* 2016, 4, 19–28. [CrossRef]

41. Krys, P.; Matyjaszewski, K. Kinetics of atom transfer radical polymerization. *Eur. Polym. J.* 2017, 89, 482–523. [CrossRef]

42. Fantin, M.; Chmielarz, P.; Wang, Y.; Lorandi, F.; Isse, A.A.; Gennaro, A.; Matyjaszewski, K. Harnessing the interaction between surfactant and hydrophilic catalyst to control eATRP in miniemulsion. *Macromolecules* 2017, 50, 3726–3732. [CrossRef]

43. Ribelli, T.G.; Lorandi, F.; Fantin, M.; Matyjaszewski, K. Atom transfer radical polymerization: Billion times more active catalysts and new initiation systems. *Macromol. Rapid Commun.* 2019, 40, 1800616. [CrossRef] [PubMed]

44. Chmielarz, P.; Sobkowiak, A.; Matyjaszewski, K. A simplified electrochemically mediated ATRP synthesis of PEO-b-PMMA copolymers. *Polymer* 2015, 77, 266–271. [CrossRef]

45. Burton, I.W.; Farina, C.F.M.; Ragupathy, S.; Arunachalam, T.; Newmaster, S.; Berrue, F. Quantitative NMR methodology for the authentication of roasted coffee and prediction of blends. *J. Agric. Food Chem.* 2020, 68, 14643–14651. [CrossRef] [PubMed]

46. Švorc, L.U.; Tomčík, P.; Svítková, J.; Rievaj, M.; Bustin, D. Voltammetric determination of caffeine in beverage samples on bare boron-doped diamond electrode. *Food Chem.* 2012, 135, 1198–1204. [CrossRef]

47. Redivo, L.; Stredansky, M.; De Angelis, E.; Navarini, L.; Resmini, M.; Svorc, L. Bare carbon electrodes as simple and efficient sensors for the quantification of caffeine in commercial beverages. *R. Soc. Open Sci.* 2018, 5, 172146. [CrossRef]

48. Xia, J.H.; Matyjaszewski, K. Controlled “living” radical polymerization. Atom transfer radical polymerization using multidentate amine ligands. *Macromolecules* 1997, 30, 7697–7700. [CrossRef]

49. Chmielarz, P.; Sobkowiak, A. Synthesis of poly(butyl acrylate) using an electrochemically mediated atom transfer radical polymerization. *Polimery* 2016, 61, 585–590. [CrossRef]

50. Noein, L.; Haddadi-Asl, V.; Salami-Kalajahi, M. Crafting of pH-sensitive poly (N,N-dimethylaminoethyl methacrylate-co-2-hydroxyethyl methacrylate) onto HNTS via surface-initiated atom transfer radical polymerization for controllable drug release. *Int. J. Polym. Mater. Polym. Biomatt.* 2017, 66, 123–131. [CrossRef]

51. Zhang, M.M.; Xiong, Q.Q.; Chen, J.Q.; Wang, Y.S.; Zhang, Q.Q. A novel cyclodextrin-containing pH-responsive star polymer for nanostructure fabrication and drug delivery. *Polym. Chem.* 2013, 4, 5086–5095. [CrossRef]

52. Ding, A.S.; Xu, J.; Gu, G.X.; Lu, G.L.; Huang, X.Y. PHEA-g-PMMA well-defined graft copolymer: ATRP synthesis, self-assembly, and synchronous encapsulation of both hydrophobic and hydrophilic guest molecules. *Sci. Rep.* 2017, 7, 12601. [CrossRef]

53. Monakhova, Y.B.; Ruge, W.; Kuballa, T.; Ilse, M.; Winkelmann, O.; Diehl, B.; Thomas, F.; Lachenmeier, D.W. Rapid approach to identify the presence of Arabica and Robusta species in coffee using H-1 NMR spectroscopy. *Food Chem.* 2015, 182, 178–184. [CrossRef] [PubMed]