Spontaneous exciton dissociation enables spin state interconversion in delayed fluorescence organic semiconductors

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Engineering a low singlet-triplet energy gap ($\Delta E_{ST}$) is necessary for efficient reverse intersystem crossing (rISC) in delayed fluorescence (DF) organic semiconductors but results in a small radiative rate that limits performance in LEDs. Here, we study a model DF material, BF2, that exhibits a strong optical absorption (absorption coefficient = $3.8 \times 10^5$ cm$^{-1}$) and a relatively large $\Delta E_{ST}$ of 0.2 eV. In isolated BF2 molecules, intramolecular rISC is slow (delayed lifetime = 260 $\mu$s), but in aggregated films, BF2 generates intermolecular charge transfer (inter-CT) states on picosecond timescales. In contrast to the microsecond intramolecular rISC that is promoted by spin-orbit interactions in most isolated DF molecules, photoluminescence-detected magnetic resonance shows that these inter-CT states undergo rISC mediated by hyperfine interactions on a ~24 ns timescale and have an average electron-hole separation of $\geq$1.5 nm. Transfer back to the emissive singlet exciton then enables efficient DF and LED operation. Thus, access to these inter-CT states, which is possible even at low BF2 doping concentrations of 4 wt%, resolves the conflicting requirements of fast radiative emission and low $\Delta E_{ST}$ in organic DF emitters.
In organic light-emitting diodes (OLEDs), the spin statistical recombination of injected electrons and holes leads to the formation of a 3:1 ratio of spin-triplet to spin-singlet excitons. Since triplet excitons in organic emitters are optically dark, the internal quantum efficiency (IQE) of an OLED is restricted to 25% if no further steps are taken to utilise triplet excitons for light emission. One approach is to develop organic semiconductors that can use a reverse intersystem crossing (rISC) process to convert these dark triplet states into bright singlet excitons, assisted by ambient thermal energy. This class of materials, known as thermally activated delayed fluorescence (DF) emitters, enable OLEDs, with IQEs approaching 100%. To obtain a singlet-triplet energy gap ($\Delta E_{CT}$) small enough for an efficient rISC process (typically <0.1 eV), it is necessary to weaken the electron exchange interaction. To achieve this, DF emitters generally comprise of spatially separated electron donor (D) and acceptor (A) moieties, resulting in excitons with intramolecular charge transfer (intra-CT) character.

Due to the greatly effective rISC and a large oscillator strength for rapid and efficient exciton recombination, the singlet excitons in these well-separated electron-hole pairs, the hyperfine interaction (HFI) can mediate the spin state interconversion between the singlet and triplet inter-CT manifolds. Subsequently, reformation of the bright intramolecular singlet exciton results in efficient DF. We demonstrate that this is the dominant spin state interconversion mechanism in a model DF emitter, BF2, which possesses an extremely high oscillator strength for its lowest-energy intramolecular singlet exciton. Thus, we establish a mechanism of OLED operation that combines the desirable optical attributes of conventional fluorescent emitters and the spin manipulation abilities of DF organic semiconductors.

**Results**

We study four DF emitters (Fig. 1), selected to provide a range of exchange energies and intra-CT transition oscillator strengths, from large (BF2) to small (TXO-TPA), see Supplementary Figs. 1 and 2 and Supplementary Table 1. We begin by focussing on BF2, which supports efficient OLED operation in the near infrared (555 nm under short-circuit conditions (Supplementary Fig. 7c)). We notice the formation of a new PIA band at 950 nm; the growth of this species mirrors the loss of the SE, signifying it is being formed from the spin-singlet intra-CT exciton (intra-1CT) of BF2. The SE and intra-1CT PIA decay on picosecond timescales, demonstrating that the bright intra-1CT excitons are being lost, but there is very little decrease in the GSB region on these timescales. In the kinetic taken from the high-energy GSB edge (570–630 nm) to avoid overlap with the decaying SE, the GSB intensity remains unchanged at 10 ps, whilst the SE has decreased to 30% of peak intensity. Thus, the process quenching intra-1CT excitons on these timescales is efficient but does not result in decay back to the ground-state. As the forward ISC rates for organic DF emitters are typically $10^{9}$–$10^{12}$ s$^{-1}$, we can rule out ISC to the triplet manifold as the reason for the loss of the intra-1CT on picosecond timescales.

Optical spectroscopy studies of BF2. To investigate the excited-state dynamics of BF2, we have performed ultrafast transient absorption (TA) spectroscopy on a neat BF2 film (Fig. 2a–b). In the TA spectra at 0.2–0.3 ps, we observe two positive bands centred at 630 and 740 nm and a negative photo-induced absorption (PIA) feature peaking at 1000 nm. We assign the positive bands at 630 and 740 nm to the ground-state bleach (GSB) and stimulated emission (SE) of BF2, respectively (see Supplementary Fig. 4 for steady-state absorption and photoluminescence). The PIA at 1000 nm is present immediately after excitation and is due to the spin-singlet intra-CT exciton (intra-1CT) of BF2. The SE and intra-1CT PIA decay on picosecond timescales, demonstrating that the bright intra-1CT excitons are being lost, but there is very little decrease in the GSB region on these timescales. In the kinetic taken from the high-energy GSB edge (570–630 nm) to avoid overlap with the decaying SE, the GSB intensity remains unchanged at 10 ps, whilst the SE has decreased to 30% of peak intensity. Thus, the process quenching intra-1CT excitons on these timescales is efficient but does not result in decay back to the ground-state.

We also demonstrate that there can be efficient regeneration of the emissive intra-1CT excitons in BF2 from the spatially separated charge carriers at longer times. This is most easily observed when BF2 is diluted in the non-interacting OLED host material CBP (4,4′-Bis(N-carbazolyl)-1,1′-biphenyl), which allows for control over the intermolecular interactions and kinetics. In Fig. 2c–d, we present the nanosecond-microsecond TA of BF2 diluted at 10%.
weight percentage (wt%) in CBP. Here, we observe the delayed regrowth of the SE band between 650–725 nm over microsecond timescales, matching closely the blue-shifted SE of dilute BF2 in the corresponding ultrafast TA measurements (Supplementary Fig. 13). In addition, we show that the emissive species present on the timescales of SE reformation has the same photoluminescence (PL) spectrum as the intra-1CT of BF2 (Supplementary Fig. 15b), confirming that these states are being regenerated. These findings indicate that the electronic excited states of BF2 can readily interconvert between the localised intramolecular excitations, loosely bound singlet inter-CT (inter-1CT) states and even free charge carriers. Similar behaviour is observed in the polar host DPEPO (Bis[2-(diphenylphosphino)phenyl]ether oxide), which has a higher dielectric constant of \(\varepsilon = 6.1\) compared to \(\varepsilon = 3.5\) for CBP\(^{18}\), implying that the surrounding dielectric environment does not have a significant effect on the dissociation of intra-1CT excitons in BF2 (Supplementary Figs. 16–18). As discussed later, the efficient interconversion between the intra-1CT and inter-1CT can be rationalised by electronic structure calculations that suggest strong electronic coupling and a small energy gap between them (Supplementary Table 10).

We consider that this spontaneous exciton dissociation plays a critical role in OLEDs employing BF2 in the emissive layer. The thermally assisted intramolecular rISC process that is used to convert dark triplet excitons into bright singlet states in organic DF emitters is typically promoted by spin-orbit interactions, often involving intermediate triplet states\(^{2-5}\). In-line with a previous report\(^{10}\), our calculations reveal the presence of the second lowest triplet exciton (T\(_2\)) in between the lowest-energy intra-1CT and intra-3CT excitations in the BF2 monomer (Supplementary Table 6), leading to an endergonic rISC that can rationalise the very long (260 \(\mu\)s) delayed lifetime of isolated BF2 molecules (Supplementary Fig. 11b). However, the formation of inter-CT states with spatially separated electrons and holes in aggregated BF2 will greatly reduce the strength of the electron exchange interaction, bringing in near-resonance the singlet and triplet states, as shown by electronic structure calculations (Supplementary Fig. 37). Thus, it becomes possible for the HFI to mediate the interconversion of loosely bound inter-CT states with singlet and triplet character in aggregated BF2. Typical HFI-ISC rates are on the order of \(~10^{8}\)–\(10^{6}\) \(s^{-1}\), enabling efficient spin state interconversion via a periodic oscillation between the \(M_S = 0\) singlet (1CT\(_0\)) and the \(M_S = -1, 0, +1\) triplet sublevels (3CT\(_{-1}\), 3CT\(_0\), 3CT\(_{+}\)) of an inter-CT state (Fig. 3a), otherwise known as a spin-correlated radical pair\(^{19-22}\).

Magnetic resonance studies of BF2. We utilise PL-detected magnetic resonance (PLDMR), performed at 293 K to ensure relevance to OLED device operation, to explore whether the HFI mediates the ISC processes in BF2. In the PLDMR of a neat BF2 film (Fig. 3d, full field range data in Supplementary Fig. 19), we observe a narrow negative signal at ~333 mT, which is attributed to inter-CT states\(^{23}\). To understand the relevance of this feature, we note that under an external magnetic field (\(B_0 \approx 333\) mT), the Zeeman interaction decouples HFI-induced transitions between the inter-1CT\(_0\) and either inter-3CT\(_{-1}\) or inter-3CT\(_{+}\) states. Consequently, microwave spin-pumping from the inter-3CT\(_{0}\) (formed...
via HFI-ISC from inter-1CT\textsubscript{0} to inter-3CT\textsubscript{0} to inter-3CT\textsubscript{+} and inter-3CT. red the number of inter-3CT\textsubscript{0} states that can couple to the singlet manifold, lowering the PL yield from the intra-3CT (Fig. 3b). Therefore, the appearance of this feature provides strong evidence that: (i) HFI-ISC processes are occurring in loosely bound inter-CT states with a very small exchange energy (on the order of neV)\textsuperscript{25}; and (ii) the nominally-dark inter-CT states can readily interconvert with the bright intra-1CT excitons. From the full width at half maximum (FWHM) of the negative signal (1.5 mT), when the magnetic field of the applied microwave radiation (B\textsubscript{1}) is 0.12 mT, we estimate an upper bound of 0.75 mT (21 MHz) for the zero-field splitting D-parameter, which is related to the average inter-spin distance\textsuperscript{26}. D \leq 0.75 mT corresponds to a lower bound of ≥1.5 nm for the inter-CT state electron-hole radius (r\textsubscript{e-h}) in neat BF\textsubscript{2} (full calculation details in the SI)\textsuperscript{27,28}, far larger than expected for an intramolecular exciton\textsuperscript{26}. We also observe the presence of this same negative signal in BF\textsubscript{2} diluted at 10 wt% in CBP, that is typically employed in OLED devices. Interestingly, the inter-CT PLDMR response is stronger in the 10 wt% blend than in neat BF\textsubscript{2} (Supplementary Fig. 19), which we attribute to the greater number of excited states living long enough to undergo HFI-ISC processes in the 10 wt% film (Supplementary Fig. 11).

Additional information about the HFI-ISC processes occurring in inter-CT states can be obtained by investigating the response of the PLDMR signal to increased microwave intensities, where B\textsubscript{1} is perpendicular to B\textsubscript{0}. When B\textsubscript{1} exceeds the hyperfine field (B\textsubscript{HFI}, typically ~1 mT in organic radicals\textsuperscript{20,29–31}), the rate of the HFI-mediated inter-1CT\textsubscript{0}/inter-3CT\textsubscript{0} transitions is reduced as the radical spins begin to precess around B\textsubscript{1} with the same frequency, negating their HFI-induced spin precession frequency difference\textsuperscript{25,32,33}. However, the absence of an effective spin-mixing process, the spin population now becomes trapped in the initially generated inter-1CT\textsubscript{0}. Spin-locking manifests as the formation of a characteristic W-shaped peak in the PLDMR as B\textsubscript{1} is increased. The PLDMR response of a neat BF\textsubscript{2} film at 293 K with 405 nm excitation (30 mW). The calculated HFI-ISC rate in a model BF\textsubscript{2} dimer as a function of the dephasing rate, γ, and the electron exchange energy, J. The dashed white lines represent the experimental dephasing times in BF\textsubscript{2} (upper bound = 40 ns, lower bound = 1 μs), as estimated from the TA measurements of BF\textsubscript{2} at 10 wt% in CBP film (see SI for details). The left axis shows the electron-hole separation in the inter-CT state corresponding to each value of J.

**Effect of dopant concentration on the intermolecular mechanism.** To better understand the interplay between the intra- and intermolecular rISC mechanisms BF\textsubscript{2}, we have performed further studies on a BF\textsubscript{2} dilution series in CBP. We first note that the photoluminescence quantum efficiency (PLQE), measured in a nitrogen environment, rises from 44.3 to 63.3% as...
the doping fraction is increased from 2 to 6 wt%, before decreasing again (Fig. 4a, tabulated PLQE values in Supplementary Table 3). We also find that the PLQE is consistently lower in films exposed to air than in those measured in a nitrogen environment, indicating a reduction in the DF contribution through the quenching of spin-triplet excitations by oxygen. Though the complete quenching of DF by oxygen in thin films is not expected due to incomplete oxygen penetration into the matrix, we make the empirical observation that the PL fraction quenched upon oxygen exposure rises as the BF2 concentration increases (Supplementary Fig. 26), implying a larger DF contribution to the observed PLQE in higher wt% films. The trend in PLQE with doping concentration is consistent with the reported electroluminescence external quantum efficiencies (EQEEL) of BF2 OLEDs, where the best performance was found for BF2 at 6 wt% in CBP. Such behaviour is unusual for DF emitters, as the PLQE and EQEEL are generally expected to fall as the doping fraction increases due to concentration quenching effects. Furthermore, the PL maxima of the BF2 films shows a strong red shift with increasing concentration (Supplementary Fig. 8), meaning an additional reduction in the PLQE (and EQEEL) is expected at higher wt% because of the energy gap law in organic emitters. This effect is expected to be particularly severe when the peak emission wavelength shifts from 700 nm towards 800 nm, as occurs at higher BF2 loadings.

When examining the TA of the dilution series (Fig. 4b, corresponding TA spectra in Supplementary Fig. 27), we find a clear reduction in the SE lifetime with increasing concentration, which we have attributed to the formation of inter-1CT states from the bright intra-1CT exciton. Indeed, the noticeable decrease in the SE lifetime when moving from 2 to 4 wt% films suggests that there can be sufficient intermolecular interactions between emitter molecules to allow for the formation of inter-1CT states at very low doping fractions; we note that the formation of inter-1CT states at 4 wt% is also associated with a large increase in the film PLQE. Thus, we propose that in the 2 wt% films, the clear biexponential decay of the BF2 GSB, with a long delayed lifetime of 260 μs (Supplementary Fig. 11b), represents the intramolecular ISC/rISC mechanism of isolated BF2 molecules driven by spin-orbit interactions. Here, the relatively low PLQE is primarily ascribed to nonradiative losses occurring in the triplet manifold due to the slow and inefficient rISC process. When moving from 2 wt% to 6 wt%, the enhanced intra-1CT quenching and increased PLQE suggests the activation of the intermolecular HFI-ISC mechanism, where the rapid interconversion between inter-1CT and inter-3CT states reduces the nonradiative losses in the triplet manifold. Finally, further increasing the doping concentration results in a reduction of the PLQE again, likely due to the combined effects of longer-range charge separation over larger BF2 aggregates, which is associated with nonradiative recombination losses, as well as the enhanced nonradiative decay rates accompanying the strongly red shifted emission.

Studies of other delayed fluorescence emitters. We have explored three further model DF materials with smaller exchange energies and packing motifs that may or may not allow for the formation of inter-CT states: APDC-DTPA, TXO-TPA, and 4CzIPN. In the first two materials, we observe a strong negative signal at ~333 mT in both the neat and dilute (10 wt%) films, with spin-locking also present in the neat films (Supplementary Figs. 21–25). This finding suggests that the dissociation of excitons is present in well-studied DF emitters in the solid state, with HFI-ISC between inter-CT states contributing to the triplet to singlet conversion in these OLED devices. We believe that this can be attributed to the close intermolecular interactions facilitated by the tendency of many DF materials to aggregate, even when diluted in a non-interacting host at a low wt%.

Additionally, many DF materials, including APDC-DTPA, also demonstrate excellent performance in non-doped OLEDs, with a growing number of DF emitters also exhibiting aggregation-induced DF. In aggregation-induced DF, the DF properties are only present in environments with significant intermolecular contact, such as neat films; therefore, we propose that HFI-ISC between the inter-CT states, which requires close intermolecular contacts between the emitters, may be a significant rISC mechanism in these systems. In contrast, we observe a very weak inter-CT response in a neat 4CzIPN film and no spin-locking (Supplementary Fig. 25), demonstrating that intermolecular HFI-ISC is not a major singlet-triplet mixing process in this material. This is consistent with the low EQEEL (0.53%) of an OSC device fabricated with a neat 4CzIPN active layer (Supplementary Fig. 7c), which indicates that the excitons of 4CzIPN do not dissociate as readily as those in BF2. This is confirmed by the TA of a neat 4CzIPN film (Supplementary Fig. 28), where no evidence for intermolecular charge transfer is observed for timescales up to 2 ns, also supported by modelling (vide infra). As
a result, the HFI-ISC channel we observe in the other DF emitters is largely unavailable to 4CzIPN and the ISC processes must proceed via spin-orbit interactions, as generally considered in the literature.6,27.

**Computational studies.** We have carried out computational studies of the lowest-energy electronic excitations of the representative cases of BF2 and 4CzIPN, which exhibit a contrasting ability to form inter-CT states. Our theoretical approach combines screened tuned range-separated hybrid functional time-dependent density functional theory (TDDFT) calculations with a (Boys) diabatization scheme that decomposes the electronic eigenstates of the system into a set of pure (diabatic) intra- and inter-CT electronic configurations, see SI for details. We begin by examining BF2 molecules embedded in a dielectric continuum. In line with earlier reports10, our calculations show that the lowest intramolecular singlet excitation involves in-phase mixing of the D+(AD)− and (DA)−D+ zwitterionic configurations and carries a very large oscillator strength (Supplementary Table 3). The lowest-energy intramolecular triplet excitation (intra-3CT) has a greater weighting on the central A unit than the intra-1CT, leading to a relatively large \( \Delta E_{ST} = 0.28 \text{ eV} \) (Supplementary Table 6), in good agreement with our experimental observations.

To explore the inter-CT states in BF2, we first note that X-ray diffraction measurements on single crystals of the BF2 parent molecule show the presence of strongly interacting dimers (with an intramolecular separation of \( -0.35 \text{ nm} \))12, driven by electrostatic interactions between the large, short-axis polarized, ground-state molecular dipoles. Because these dimers likely experience different environments in the disordered films, we have performed calculations for a range of intermolecular distances (\( d_{\perp} \)) from the crystal value of 0.35 to 0.7 nm (Supplementary Figs. 25–34).

In Fig. 5a, we summarise the nature of the lowest-energy intra- and intermolecular electronic excitations in BF2, and a full schematic of all the excitations present and their dependence on \( d_{\perp} \) is included in the SI. The most striking result is the appearance of inter-1CT states at a lower energy than the intra-1CT exciton. This energy ordering of the electronic excitations in BF2 can be rationalised through the analysis of the excited-state wavefunctions, namely their corresponding electron-hole radii. For a broad range of intermolecular distances between 0.35–0.5 nm (Supplementary Fig. 35), the averaged electron-hole distance in the intra-CT exciton is larger than in the inter-CT states. This result supports the view that intramolecular charge transfer is thermodynamically favourable in closely interacting BF2 molecular dimers, in line with our experimental observations. Furthermore, we find that the dependence of the inter-1CT state energy with \( d_{\perp} \) is surprisingly weak; a simple fit with a 1/(\( e d_{\perp} \)) Coulomb law of the inter-1CT state energy would lead an unphysical value of \( e = 7.5 \). This is because the effective electron-hole separation in the inter-CT state exceeds the intermolecular distance \( d_{\perp} \) owing to a large intramolecular component (at \( d_{\perp} = 0.35 \text{ nm} \), \( r_{e-b} \) is already \( \sim 0.6 \text{ nm} \)). Thus, the intra-CT character of the exciton effectively crops the short-range part of the Coulomb potential for the inter-1CT states. We expect this to favour the formation of loosely bound inter-CT states, or even free charge carriers, provided continuous pathways that enable long range charge separation are present. In contrast to the relatively large \( \Delta E_{ST} \) values calculated for the intra-CT excitons, the \( \Delta E_{ST} \) of the inter-CT states is vanishingly small due to the minimal electron-hole overlap. The energy ordering predicted in the triplet manifold is
now swapped compared to the singlet, with the lowest-energy triplet adiabatic excitation the intra-3-CT (Supplementary Table 14). This is because the intra-3-CT, with an increased contribution from the central A moiety, has an average $r_{e-h}$ of only 0.4 nm and is consequently more strongly bound than the inter-3-CT states.

The calculated inter-1-CT states in the crystal dimer have a $r_{e-h}$ of ~0.6 nm, which is less than half the value (~1.5 nm) estimated from the FWHM analysis of the PLDMR signal. Though Equation S1 provides only an approximate value for $r_{e-h}$ we conclude that spin conversion occurs either in dimers with intermolecular distances exceeding the equilibrium value in the crystal, or through non-nearest-neighbour interactions in larger aggregates. To investigate the latter hypothesis, we have conducted similar TDDFT calculations on a BF2 tetramer. The results reported in Supplementary Fig. 37 show that a broad manifold of inter-1-CT excitations develops below the intra-1-CT excitations. Namely, the second nearest-neighbour inter-1-CT states with $r_{e-h}$ ~1 nm are virtually degenerate with their inter-3-CT counterparts and in close energy resonance with the intra-1-CT states, thus enabling the interconversion between the intra-CT and second nearest-neighbour inter-CT manifolds. We anticipate that more distant (third-, fourth-, ... neighbours) inter-1CT pairs will be thermally accessible in larger clusters, on a par with the experimentally measured $r_{e-h}$.

Most importantly, this analysis is consistent with the comparison between the calculated and measured HFI-mediated singlet-triplet conversion rates. We have used DFT calculations to explore the HFI couplings in the BF2 inter-CT states, retaining both the isotropic Fermi contact and the dipolar tensor terms. The nucleus-dependent hyperfine magnetic fields were weighted according to the atomic contributions to the attachment (for anions) and detachment (for cations) densities and arranged to depict a (full) inter-CT excitation, see SI. The calculated HFI couplings, in the range of a few mT (~0.1–0.2 µeV), are in line with expected values for organics and consistent with our experimental findings. We next follow Fay and Manolopoulos to derive rate equations for the HFI-mediated spin conversion from second-order perturbation theory. In this limit, the spin conversion rate scales as the square of the HFI coupling and is sensitive to the relative magnitude of the dephasing rate versus energy splitting between the initial and final states (see SI for further information on the model). We use the distance-dependent inter-CT state exchange energy, $J$, from TDDFT calculations in combination with the computed hyperfine couplings to predict HFI-ISC rates as a function of dephasing timescales, $\gamma$, in Fig. 3e. The HFI-ISC rate rapidly increases with increasing $r_{e-h}$ because of the lower singlet-triplet exchange energy and, assuming a reasonable range of dephasing times (estimated experimentally to be 40 ns to 1 µs, see SI for details; represented by the dashed vertical white lines), it reaches an order of magnitude approaching the experimental result of $10^6$ s$^{-1}$ at electron-hole pair separations of ~1 nm. We stress that this occurs in a regime at the edge of validity of the perturbative model (Supplementary Fig. 43), suggesting the possibility for a coherent process.

In contrast, similar calculations performed on a representative nearest-neighbour 4CzIPN pair (extracted from the single crystal structure, see SI for details) yield degenerate singlet and triplet inter-CT states >0.12 eV above the lowest-lying intramolecular excitations (Fig. 5b); a relative energetic ordering opposite to that predicted in BF2. This is expected based on the near spherical symmetry of the 4CzIPN molecules that isolates the central A group of one molecule from the D moieties of neighbouring molecules. This raises the effective intermolecular $r_{e-h}$ in the closest molecular dimer to 0.76 nm: a value significantly larger than the corresponding $r_{e-h}$ of 0.43 nm in the intramolecular exciton. As a result, the intramolecular excitons of 4CzIPN are not expected to readily dissociate into inter-CT states, matching our experimental observations in this material.

**Discussion**

From the combination of our experimental and computational results, we can rationalise the spin interconversion processes in BF2 occurring after photoexcitation (Fig. 5c). In the context of OLED operation involving electrical excitation, where inter-CT states will be initially generated in a spin-statistical manner when the free electrons and holes come within their Coulomb capture radius $r_{c}$, the 25% loosely bound and long-lived dark inter-1-CT states created can act as a reservoir for the formation of the slightly higher-lying and emissive intra-1-CT exciton. The 75% of injected carriers that form inter-3-CT states branch between: (i) conversion into inter-1-CT via HFI-ISC; (ii) dissociation into free charge carriers that are then recycled in the recombination loop; (iii) recombination into lower-lying intra-3-CT excitons. We find little experimental evidence for the latter pathway in BF2; despite the clear presence of molecular triplet excitons in the PLDMR of the neat and 10 wt% APDC-DTPA, TXO-TPA, and 4CzIPN films (Supplementary Figs. 21–25), we only see a small intra-3-CT response in neat BF2 (Supplementary Fig. 19), and this is absent in BF2 at 10 wt% in CBP (Supplementary Fig. 20). Our calculations suggest that intra-3-CT/inter-3-CT electronic couplings are as strong as the ones obtained in the spin-singlet manifold (Supplementary Tables 10 and 14), but the intra-3-CT/inter-3-CT energy gap is much larger (~0.29 eV). Therefore, we speculate that near degeneracy of the intra-1-CT and inter-1-CT facilitates their interconversion, while this is hindered in the triplet manifold due to the relative stabilisation of the intra-3-CT. As a result, RISC via the HFI or the scrambling of the inter-CT state spins through a few cycles of inter-CT state dissociation and recombination will be favoured. Furthermore, the presence of an intramolecular rISC pathway in BF2, albeit slow, means that recombination to the intra-3-CT is also not necessarily a terminal event.

In summary, we have shown that it is possible to reconcile the conflicting requirements of a very strong optical absorption and emission with efficient spin state interconversion in aggregated DF molecules. We achieve this by utilising high oscillator strength intramolecular excitations for interaction with photons, and exploiting loosely bound inter-CT states, with a vanishingly small $\Delta E_{3\mu}$, for rapid ISC processes mediated by the HFI. We find evidence that the formation of inter-CT states can occur at very low emitter doping concentrations (~4 wt%), resulting in a significant increase in the film PLQE; this suggests that HFI-ISC can effectively contribute to the emission processes in the highly dilute active layers typically employed in DF OLED devices. Whilst we have focussed here on OLED applications, our findings are also of relevance to OSCs. For example, the generation of loosely bound charge transfer states, and even free charge carriers, in neat BF2 films without the inbuilt driving energy provided by offset molecular orbitals in D:A blends will facilitate the development of efficient OSCs that do not require separate electron D and A materials. In addition, our study of BF2 provides an insight into the mechanism of the ultra-low driving energy charge generation seen in nonfullerene acceptor (NFA) OSCs, where it has been proposed that hole transfer process from the NFA to the polymer occurs via an inter-CT type state similar to those we report in BF2.$^{47,50,51}$

**Methods**

**Transient absorption spectroscopy.** TA samples were fabricated by spin-coating solutions onto quartz substrates using identical conditions to the previously-reported optimised OLED devices.$^{19}$ The samples were encapsulated in a nitrogen glovebox environment to ensure oxygen-free measurements.
TA was performed on a setup powered using a commercially available Tc-xramped amplifier (Specra Physics Solstice Ace). The amplifier operates at 1 kHz and generates 100 fs pulses centred at 800 nm with an output of 7 W. A non-collinear optical parametric amplifier (NOPA) was used to provide the tunable –10 fs pump pulses for the ultrafast (100 fs – 1.8 ns) TA measurements, whilst the second harmonic (532 nm) of an electronically triggered, Q-switched Nd:YVO4 laser (Innolas Picolite 25) provided the ~1 ns pump pulses for the nanosecond-microsecond (1 ns – 700 µs) TA measurements. The probe was provided by a broadband visible (525–775 nm) and near infrared (830–1000 nm) NOPAs. The probe pulses were collected with a Si dual-line array detector (Hamamatsu S3831-1024Q), driven and read out by a custom-built board from Streising Entwicklungsbüro. Sample excitation with a 532 nm pump pulse was provided by a NOPA. Temporal evolution of the photoluminescence emission was obtained by stepping the ICCD gate delay with respect to the excitation pulse. The steady-state PL spectra were measured using the CW mode of the spectrometer.

**Photoluminescence-detected magnetic resonance spectroscopy** Samples for PLDMR were prepared by thermal evaporation (APDC-DTPA, TZO-TPA and 4CzIPN) and spin-coating (BF2) onto thin glass microscope cover slides. The substrates were then spin-coated into ~3 mm thick strips, strips were loaded onto quartz EPR tubes and sealed in a nitrogen glovebox with a bi-component resin (Devcon 5-Minute Epoxy), such that all PLDMR measurements were performed without air exposure. PLDMR was measured at the Swedish Interdisciplinary Magnetic Resonance Center (SIMARC) with a modified Bruker X-band ESR spectrometer (microwave frequency) operated with optical access for light excitation and detection. A super-high-Q microwave resonator was used with Q = 8000 ± 1000. The microwave power was amplified by AXEP010 units with maximum power of about 3.3 W at 0 dBm, corresponding to an amplitude of the microwave magnetic field (B0) of about 0.36 mT. B0 was deduced from the calibration sheet provided by Bruker. The samples were excited by a 405 nm solid-state diode laser with excitation power of 30 mW and a beam spot of 2 mm diameter. The PL was detected by a Si photodiode in conjunction with suitable long-wavelength pass filters. PLDMR was registered as a change of PL intensity upon the magnetic resonance condition. Lock-in detection was used by modulating B0 with a rectangular wave at a frequency of 1–100 kHz. The measurements were performed at room temperature (293 K).

**OSC device fabrication.** Indium tin oxide-(ITO) patterned glass substrates were cleaned by acetone and isopropanol for 20 min each. The substrates were dried using compressed nitrogen, followed by oxygen plasma treatment for 10 min. The conventional architecture devices were made by spin-coating a layer of poly(3,4-ethylenedioxythiophene):poly(styrenesulfonate) (PEDOT:PSS, Clevis PV VP 8043) at 3000 rpm for 40 s onto the ITO substrates in air, followed by annealing in air at 150 °C for 20 min. The active layer for BF2 devices was then spin-coated on the PEDOT:PSS layer inside a nitrogen glovebox from a −9.84 GHz) with optical access for light excitation and detection. A −1×1 0 mm2. The active area of the device was determined using an optical microscope.

**Oscillating Multifrequency Photoluminescence** The PLQe was determined using method previously described by De Mello et al. Briefly, the laser and PL spectra were measured with a blank, direct sample excitation, and indirect sample excitation. By integrating the laser and PL spectra for each of these cases, we could determine the fraction of laser photons that were directly absorbed by the sample and emitted again. From this information, we calculated the PLQe. Samples were placed in an integrating sphere and photoexcited using a 520 nm continuous-wave laser. The laser and emission signals were measured and quantified using a calibrated Andor iDus DU420A BVF Si detector. Nitrogen samples were encapsulated in a nitrogen filled glovebox prior to measuring to ensure no exposure to the oxygen in ambient air. Air samples were exposed to ambient air for 24 h in the dark prior to measuring to ensure significant oxygen ingress into the films.

**Computational details.** BF2 dimers and tetramer and 4CzIPN dimers were optimised at the DFT level with the B3LYP functional, using empirical dispersions, and the 6–31 G(d) basis set for all the atomic species. Intermolecular distances d were found to be 0.35 nm after the ground-state optimisation. Singlet and triplet excited-state energies of these aggregates were then computed at the TD-DFT level, resorting to the Tamm-Dancoff approximation (TDA)67. In the dimers, these calculations were performed as a function of d by keeping fixed one fragment and shifting the other along the long molecular axis. A screened range separated hybrid (SRSH)68.69 approach was employed in such calculations by using the LC-ωPBE functional and the 6–311 + G(d,p) basis set, as implemented in Gaussian16.67 Diabatisation of electronic states in the aggregates was performed with the same functional and the 6–311 + G(d,p) and 6–31 G(d) basis sets for the dimers and tetramer, respectively. Deconvolution of the lowest singlet and triplet TD-DFT adiabatic states in terms of diabatic states was done using the Boys localisation scheme66. These calculations were performed with the Q-Chem package68. The HFI calculations have been performed on the BF2 anion and cation in the ORCA 4.2 package employing the SRSH approach using the LC-ωPBE functional and the EPR-III basis set. The HFI couplings for the triplet excited states were obtained by weighting the HFI of the anion and the cation by the attenuation (i.e. electron) and the detachment (i.e. hole) densities computed on the BF2 dimer.

**Reporting Summary.** Further information on research design is available in the Nature Research Reporting Summary linked to this article.

**Data availability** The data that support the plots within this paper is available at the University of Cambridge Repository: https://doi.org/10.17863/CAM.76085.

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A.J.G., F.F. and R.H.F. conceived the work. A.J.G. performed the TA, trPL, and PLQE measurements. Y.P. conducted the PLDMR measurements. C.T., G.L., G.R., D.C., F.C., Y.O. and D.B. performed the quantum-chemical calculations. M.C. and E.Z. synthesised and characterised BF2. D.M.U. and P.J.C. fabricated and tested the OSC devices. A.J.G., E.W.E. and L.-S.C. fabricated the thin film samples used for the measurements. W.M.C., B.H.D. and N.C.G. contributed to the discussion of the PLDMR data. N.C.G., F.F., D.B. and R.H.F. supervised their groups members involved with the project. A.J.G., D.B. and R.H.F. wrote the manuscript with input from all authors.

Competing interests
The authors declare no competing interests.

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