Brain Iron and Metabolic Abnormalities in C19orf12 Mutation Carriers: A 7.0 Tesla MRI Study in Mitochondrial Membrane Protein–Associated Neurodegeneration

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ABSTRACT: Background: Mitochondrial membrane protein-associated neurodegeneration is an autosomal-recessive disorder caused by C19orf12 mutations and characterized by iron deposits in the basal ganglia. Objectives: The aim of this study was to quantify iron concentrations in deep gray matter structures using quantitative susceptibility mapping MRI and to characterize metabolic abnormalities in the pyramidal pathway using 1H MR imaging.

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The syndromes of neurodegeneration with brain iron accumulation (NBIA) are a group of progressive hypokinetic or hyperkinetic movement disorders associated with pathological excess of iron deposition in the brain, particularly affecting the basal ganglia, mainly the globus pallidus (GP). \(^1\) Of these, mitochondrial membrane protein–associated neurodegeneration (MPAN) is a rare form caused by mutations in the C19orf12 gene, which encodes a protein with a presumed function in lipid metabolism. \(^2\)–\(^4\) Symptoms include progressive movement disorders, spasticity, neuropathy, cognitive dysfunction, and optic nerve atrophy.

Iron accumulation in NBIA syndromes can be detected as a prominent hypointensity in T2- and T2*-weighted (T2w/T2*w) MRI. \(^1\) In MPAN, brain MRI typically shows focal abnormalities consistent with increased iron levels in the GP and SN. \(^5\) In older patients with long disease duration and/or late onset, iron deposits were observed also in the putamen and caudate nucleus. \(^5\)–\(^6\) Additionally, white matter (WM) hyperintensities primarily affecting the periventricular region, \(^7\) and cortical hypometabolism on brain fluorodeoxyglucose PET, \(^5\) have also been described. Interestingly, iron deposition in MPAN follows a similar pattern as in pantothenate-kinase–associated neurodegeneration (PKAN), where the predominant sites of iron accumulation are also the GP and SN, despite substantial differences in clinical symptoms. Dystonia predominates in PKAN, \(^8\) whereas MPAN patients typically manifest with spastic paresis, \(^9\) suggesting involvement of the corticospinal pathway in addition to basal ganglia disturbances.

To date, the vast majority of neuroimaging studies in MPAN have utilized routine clinical MR scans. \(^7\) Iron-sensitive quantitative MRI measures have only been observed in the caudate nucleus \((P = 0.02)\). Non-manifesting heterozygous mutation carriers exhibited significantly increased magnetic susceptibility (relative to controls) in the putamen \((P = 0.003)\) and caudate nucleus \((P = 0.001)\), which may be an endophenotypic marker of genetic heterozygosity. MR spectroscopy revealed significantly increased levels of glutamate, taurine, and the combined concentration of glutamate and glutamine in membrane protein–associated neurodegeneration, which may be a correlate of corticospinal pathway dysfunction frequently observed in membrane protein–associated neurodegeneration patients. \(^5\) \(^7\) © 2019 The Authors. Movement Disorders published by Wiley Periodicals LLC on behalf of International Parkinson and Movement Disorder Society.

**Key Words:** 7 Tesla MRI; glutamate; magnetic resonance spectroscopy; mitochondrial membrane protein–associated neurodegeneration (MPAN); neurodegeneration with brain iron accumulation (NBIA); quantitative susceptibility mapping, iron

**Methods:** We present data of 4 clinically affected membrane protein–associated neurodegeneration patients (mean age: 21.0 ± 2.9 years) and 9 heterozygous gene mutation carriers (mean age: 50.4 ± 9.8 years), compared to age-matched healthy controls. MRI assessments were performed on a 7.0 Tesla whole-body system, consisting of whole-brain gradient-echo scans and short echo time, single-volume MR spectroscopy in the white matter of the precentral/postcentral gyrus. Quantitative susceptibility mapping, a surrogate marker for iron concentration, was performed using a state-of-the-art multiscale dipole inversion approach with focus on the globus pallidus, thalamus, putamen, caudate nucleus, and SN.

**Results and Conclusion:** In membrane protein-associated neurodegeneration patients, magnetic susceptibilities were 2 to 3 times higher in the globus pallidus \((P = 0.02)\) and SN \((P = 0.02)\) compared to controls. In addition, significantly higher magnetic susceptibility was reported for a single MPAN case, showing 3 times higher paramagnetism in GP and SN compared to controls. \(^10\) To address the lack of quantitative data, we applied the technique of quantitative susceptibility mapping (QSM) \(^11\) with ultrahigh field MRI to study the iron concentrations in the cerebral deep gray matter in MPAN.

In addition, we investigated the neurochemical profile in the precentral/postcentral WM using single-volume \(^1\)H MR spectroscopy (MRS) on the earlier hypothesis that metabolic abnormalities in the corticospinal pathway might explain the pyramidal symptoms characteristically present in MPAN patients. \(^12\) MRS benefits 2-fold from acquisitions at higher static magnetic field strength (B0): through enhanced sensitivity and increased spectral resolution. \(^13\)–\(^14\) In addition to MPAN patients, C19orf12 heterozygotes were also studied on the earlier hypotheses that (subtle) clinical and/or imaging abnormalities are present in this cohort, and the latter are detectable with current MRI technology.

In summary, the aims of our study were to (1) quantify iron concentration and volume of the deep gray matter nuclei and (2) characterize underlying metabolic changes using \(^1\)H MRS in the corticospinal pathway, both in MPAN patients and heterozygous C19orf12 mutation carriers relative to healthy controls.

**Participants and Methods**

**Participants**

The study was approved by the local ethics committees, and participants gave written informed consent before the study. Patients were identified through routine clinical care and through the international NBIA
registry as set up in the “Treat Iron-Related Childhood-Onset Neurodegeneration” (TIRCON) project (www.TIRCON.eu).

Four MPAN patients (3/1 male/female; mean age: 21.0 ± 2.9 [interval, 19–24] years) and 9 heterozygous gene mutation carriers (4/5 male/female; mean age: 50.4 ± 9.8 [interval, 36–63] years) were assessed (Table 1). Of note, scans from 2 additional MPAN patients and 1 heterozygous carrier had to be excluded from the analysis because of severe motion artifacts. Nineteen healthy volunteers (10/9 male/female; mean age: 41.2 ± 14.9 [interval, 18–67] years) were recruited for imaging comparison. The broad age range of the healthy control group was set to (1) match both young MPAN and older healthy adult heterozygote groups and (2) calculate a regression equation for the dependence of iron concentration on age in healthy population so that changes in the heterozygous gene carrier group could be appropriately contextualized. All study subjects were whites.

MR spectra were acquired in 3 MPAN patients (1 patient, subject 4, voluntarily withdrew from the session before completion), 9 heterozygotes, and 9 controls (with a mean age matched to the heterozygote group); 1 control subject was excluded from MRS analysis because of poor data quality.

All participants were neurologically examined with focus on the presence (patients) or absence (asymptomatic mutation carriers and controls) of movement disorder abnormalities.

MRI Data Acquisition

MR images were acquired on a Magnetom 7.0 Tesla (T) whole-body MR system (Siemens Healthcare, Erlangen, Germany), using a 24-channel receive head coil (Nova Medical, Wilmington, MA). The MRI protocol included a three-dimensional (3D) magnetization-prepared rapid acquisition with gradient echo scan (MPRAGE; repetition time [TR] = 2,300 ms, echo time [TE] = 2.98 ms; inversion time = 900 ms, flip angle [FA] = 5 degrees, spatial resolution 1.0 × 1.0 × 1.0 mm³, bandwidth = 238 Hz/pixel) for anatomical imaging and guiding MRS volume positioning, a two-dimensional (2D) fast low angle shot gradient echo scan (GRE; TR = 1820 ms, eight equidistant TEs from 4.1 to 25.5 ms, FA = 35 degrees, spatial resolution = 0.5 × 0.5 × 2 mm³, bandwidth = 407 Hz/pixel, 35 slices) for proton-density (PD) and T2*-weighted anatomical imaging; and a 3D flow-compensated GRE scan (TR = 30 ms, TE = 15.3 ms, FA = 30 degrees, spatial resolution = 0.3 × 0.3 × 1 mm³, bandwidth = 180 Hz/pixel) for QSM.

QSM Postprocessing and Analysis

Phase images from separate radiofrequency (RF) coils were combined offline using a virtual reference coil approach. QSM was processed with the QSMbox software package (https://gitlab.com/acostaj/QSMbox), using a previously validated pipeline for combined single-echo data and the multiscale dipole inversion procedure (regularization parameter λ = 630, default settings otherwise).

MPRAGE images were registered to the GRE magnitude images using SPM12 software (www.fil.ion.ucl.ac.uk). 3D regions of interest (ROIs) defining bilateral GP, SN, caudate nucleus, putamen, and thalamus were manually segmented on coregistered QSM and MPRAGE images using ITK-SNAP 3.6 (www.itksnap.org). Volumes and mean susceptibility values of each ROI were extracted. Susceptibility was obtained after excluding voxels containing large vessels from segmentation masks and corrected by subtracting the value from a homogenous reference region in parietooccipital WM rostral to optic radiation. Volumetric data were adjusted according to the total intracranial volume using the residual method as previously described.

MRS Data Acquisition

For MRS, the volume of interest (VOI) was carefully positioned into the left precentral/postcentral WM beneath the central sulcus. Localized RF calibration was performed, and first- and second-order shims were adjusted using a vendor-supplied algorithm. Subsequently, the linewidth (full width at half-maximum) of an unsuppressed water signal from the VOI was measured to verify the shim settings. Single-volume data were acquired using the spin echo full intensity acquired localized (SPECIAL) MRS technique (VOI = 20 × 20 × 20 mm³, TR/TE = 9000/11 ms, number of averages [NA] = 64, spectral width = 4,000 Hz, and Tₑₑₑₚ = 512 ms). An unsuppressed water signal from the same VOI was also measured using NA = 4. Full localization in SPECIAL is achieved by combining a slice-selective adiabatic inversion pulse applied in alternate scans with a 2D spin echo module. In addition, six bands of outer volume saturation were interleaved with the variable-pulse power and optimized relaxation delays water suppression scheme to eliminate lipid contaminations. For spectral acquisitions, the reference excitation frequency was shifted upward 2.3 parts per million (ppm) from the water resonance.

MRS Data Processing and Analysis

MRS data were postprocessed using an in-house MATLAB (The MathWorks, Inc., Natick, MA) program. Processing steps included the combination of signals from multiple RF coil elements, applying the add-subtract scheme inherent to SPECIAL, frequency drift correction of the individual fully localized spectra, and averaging. Metabolite quantification was performed using LCModel with a basis set of 21 simulated metabolites and an experimentally acquired set of macromolecules including lipid signals for improved accuracy. For analysis, the spectral range was set to 0.2 to 4.2 ppm. Eddy current correction within LCModel was enabled, and the unsuppressed water signal from the VOI was used to calculate concentration values.
Results

Clinical Information and Visual MRI Analysis

Demographic and clinical data of patients and heterozygotes are shown in Table 1. All patients had clinical signs of corticospinal pathway lesion; disease onset ranged from 8 to 12 years and duration of symptoms from 10 to 13 years. Heterozygous C19orf12 mutation carriers did not exhibit any neurological abnormalities on examination, except one participant who had mild action tremor (subject 6). Genetic testing with full C19orf12 sequencing revealed homozygous mutations in all patients.

All MPAN patients had pronounced hypointensities on the magnitude images in the GP and SN (Figs. 1 and 2). Subtle hypointensities were also observed in the anterior aspect of the caudate nucleus (Fig. 2). The internal medullary lamina of the GP was apparent on MPRAGE and PD-weighted GRE images of all MPAN patients. Two patients showed cerebellar atrophy, and cortical as well as central atrophy, respectively (subjects 4 and 5; Fig. 1). In addition, one of the heterozygous carriers exhibited unspecific WM lesions (subject 11). MRI findings, including signal in the basal ganglia, in the other heterozygotes were normal on visual inspection.

QSM and Volumetric Analysis

In MPAN patients, bulk magnetic susceptibility in the GP (P = 0.016) and SN (P = 0.016) was substantially higher compared to controls. In addition, significantly higher magnetic susceptibility was also observed in the caudate nucleus (P = 0.016; Figs. 1 and 3). C19orf12 mutation heterozygotes exhibited significantly increased susceptibility in the putamen (P = 0.003) and caudate nucleus (P = 0.001), whereas susceptibility in the GP, SN, and thalamus was not significantly different from those in controls (Fig. 3; Supporting Information Table S1). Linear regression analysis in healthy controls showed significant positive correlations between age and susceptibility in the putamen (r² = 0.80; P < 0.0001), caudate nucleus (r² = 0.30; P = 0.015), and SN

| TABLE 1. Demographic, clinical, and genetic information of MPAN subjects |
|-----------------|---|---|-----------------|---|
| ID   | Family | Group | Age | Clinical Status | Age at Onset | Genetics |
| 1    | Family 1 | Het | 60 | Non-Manif | n/a | c.197-199del3 (p.Gly66del) |
| 2    | Family 1 | T | 55 | Non-Manif | n/a | c.32C>T (p.Thr11Met); |
| 3    | Family 2 | Het | 55 | Non-Manif | n/a | c.204-214del11bp (p.Gly69Argfs*10) |
| 4    | Family 2 | Pat | 24 | Dysarthria, dystonia, parkinsonism, mild intention tremor, axonal neuropathy | 11 | c.177-178insG (p.Leu60Alafs10X), homozygous |
| 5    | Family 2 | Pat | 24 | Optic nerve atrophy, muscle atrophy, mixed quadraparesis, dysarthria | 12 | c.204-214del11 (p.Gly69RfsX10), homozygous |
| 6    | Family 2 | Het | 61 | Mild intention tremor | n.d. | c.204-214del11 (p.Gly69RfsX10) |
| 7    | Family 2 | Het | 64 | Non-Manif | n/a | c.204-214del11 (p.Gly69RfsX10) |
| 8    | Family 2 | Pat | 19 | Optic nerve atrophy, dysarthria, leg spasticity with ankle contractions, mild dystonia, wheelchair-bound | 8 | c.204-214del11 (p.Gly69RfsX10); homozygous |
| 9    | Family 3 | Het | 37 | Non-Manif | n/a | c.204-214del11 (p.Gly69RfsX10) |
| 10   | Family 3 | Het | 42 | Non-Manif | n/a | c.204-214del11 (p.Gly69RfsX10) |
| 11   | Family 3 | Pat | 45 | Non-Manif | n/a | c.194G>T |
| 12   | Family 3 | Pat | 19 | Optic nerve atrophy, dystonic smile, dysarthria, spastic quadraparesis, pes cavus, gait only with walker | 9 | c.204-214del11 (p.G69RfsX10), homozygous |
| 13   | Family 3 | Pat | 41 | Non-Manif | n/a | c.204-214del11 (p.G69RfsX10) |

*Families previously reported by Deschauser and colleagues.43
*Previously reported by Schottmann and colleagues.44
*Previously reported by Hartig and colleagues.2
*Heterozygotes not formally genetically tested, their genotype was deducted from the known mutation in their offspring.
Het, heterozygous; Pat, patient; Non-Manif, nonmanifesting; n/a, not applicable; n.d., no data.
(r^2 = 0.26; P = 0.027), whereas there were no significant correlations in GP and thalamus. The slope of age-related iron accumulation was not significantly different between healthy controls and heterozygotes. The y-intercept, however, was significantly higher in the putamen (P < 0.0001) and caudate nucleus (P = 0.0006; Supporting Information Fig. S1) in heterozygotes compared to healthy controls. Volumetric analysis of deep gray matter nuclei did not show any significant differences between C19orf12 mutation heterozygotes and age-matched controls. In MPAN patients, volumes of the caudate nucleus (P = 0.016), putamen (P = 0.032), and thalamus (P = 0.032)
were significantly smaller compared to age-matched controls (Supporting Information Table S1).

MRS

Localized shimming resulted in water linewidths of 11.4 ± 0.9, 11.4 ± 0.9, and 12.2 ± 0.4 Hz for controls, heterozygotes, and patients, respectively. The high signal-to-noise ratio (SNR) of the spectra, exemplified in Figure 4, allowed the quantification of 13 individual and five combined metabolites with Cramér-Rao lower bounds (CRLBs) <20% for all three groups, including gamma-aminobutyric acid, glutamine (Gln), glutamate (Glu), and lactate (Lac). Metabolite quantification with CRLB lower than 20% are often deemed as reliable, although for metabolites with inherently low concentrations, such a threshold should be applied with caution. Comparing patients and controls revealed significant increases \( P = 0.009 \) in Glu, taurine (Tau), and the combined concentration of Glu + Gln in the patient group. No significant differences between heterozygotes and controls were detected, except for a statistical trend in total choline levels (tCho). Mean metabolite concentrations obtained from heterozygotes and controls are shown as well as the individual results of the MPAN patients in Supporting Information Table S2.

Discussion

In this ultrahigh field MR study, we utilized QSM to quantify iron content in the basal ganglia and thalamus and MRS of WM to characterize the metabolic footprint of MPAN patients and asymptomatic heterozygous
C19orf12 gene mutation carriers in contrast to healthy controls of comparable age.

MPAN Findings

A 2- to 3-fold increase of magnetic susceptibility strongly suggests an increase in iron content in the GP and SN of MPAN patients compared to controls. Compared to the pattern of iron accumulation in PKAN, which is largely confined to the GP and SN, in MPAN we also observed an abnormality in the caudate nucleus; less pronounced, but also consistent with iron deposition. Additionally, atrophy of the caudate nucleus found in patients supports involvement of this structure in MPAN. It is worth noting, however, that structural atrophy could theoretically affect the measured local susceptibilities. It is unclear whether the loss of soft tissue as a whole or of diamagnetic myelin specifically dominates this interaction. Nonetheless, it is widely accepted that susceptibility measurements are somewhat confounded by regional gray matter atrophy. In this study, however, we detected early susceptibility changes in the caudate nucleus and putamen of heterozygous mutation carriers in the absence of detectable atrophy, suggesting that iron deposition may be an upstream event preceding cell loss in the caudate nucleus of MPAN patients. Previous studies in MPAN using clinical MRI at 3.0 T showed caudate iron accumulation only in late-onset or long-standing cases. In this study, taking advantage of the enhanced sensitivity to iron-induced field inhomogeneities at ultrahigh magnetic field strengths, we have shown that caudate nucleus iron accumulation is a common feature of MPAN patients with typical age at onset and relatively short disease duration. None of the patients displayed an “eye-of-the-tiger sign,” which is considered to be pathognomonic of PKAN, but has also been observed, albeit in a less pronounced form, in MPAN.

We observed slight metabolite concentration differences between patients and controls in the corticospinal tracts. Caution should be exercised, however, when interpreting these findings, because of the limited number of examined patients. The increase in Tau levels might be partially attributed to the relatively young age of the patient group compared to controls, given that the difference was statistically significant in striatal iron levels in heterozygotes, whereas the metabolic pattern measured by MRS was not statistically different from that in controls. Regression analysis of age and magnetic susceptibility showed similar slope, but significantly higher y-intercept, in heterozygotes compared to controls, suggesting that striatal iron levels are elevated in heterozygotes from a relatively young age. This is in contrast to PKAN, the most common NBIA variant, where brain iron content was within normal limits in heterozygous mutation carriers.

Interestingly, heterozygous C19orf12 gene mutation carriers showed higher iron content in the striatum, but not in GP and SN, which are the primary sites of iron depositions in homozygotes. This, together with the finding of increased magnetic susceptibility and accelerated atrophy in the caudate nucleus in MPAN patients, suggests that the striatum could be the primary site of iron accumulation and disease pathology, whereas the GP might be a downstream “sink” where iron is ultimately deposited. It is, however, not clear why increased iron was not observed in the putamen in MPAN patients, particularly when putaminal atrophy...
was detected in this group. A possible explanation is that the putamen is directly adjacent to the GP, and therefore its associated signal is at greater risk of contamination by the nonlocal effect of magnetic field disturbances caused by the high levels of GP iron in MPAN. This conceivable scenario warrants a future technical investigation. Direct measurement of iron concentrations in ex vivo tissue could provide an independent ground truth to address this question. Absence of movement disorders in 8 of 9 examined heterozygotes suggests that increased iron levels alone may not be clinically significant. However, we only performed routine clinical examination without any quantitative motor or cognitive testing. Minor cognitive and motor deficits cannot be ruled out in C19orf12 heterozygotes given that previous studies have shown correlations between higher iron content in the putamen and GP and worse cognitive and motor function in healthy elderly subjects and found evidence of elevated iron content preceding atrophy in the putamen. Higher variability of cerebral iron concentration in elderly subjects has been described previously, though its causes remain largely unknown. Our results suggest that genetic factors may, at least to some extent, underlie this variability.

Several limitations should be noted. Most important, it is the small number of patients that could be included because of the low prevalence of MPAN and strict rules for using ultrahigh field MRI. Of note, despite that we have not used multiple comparison correction, the results are still robust for major findings; the statistical significance of higher magnetic susceptibility in heterozygotes compared to controls survives the conservative Bonferroni correction for the family of five tests yielding corrected threshold of \( P < 0.01 \). Additionally, statistical significance of higher magnetic susceptibility in the caudate nucleus in MPAN patients compared to controls is also below the Bonferroni-corrected \( P \)-value threshold for three tests \( (P < 0.017) \); three tests are considered given that higher iron content in the GP and SN in MPAN patients is well known, so the statistical analysis in these two ROIs can be regarded as formal and confirmatory. Also, it is not clear whether magnetic susceptibility is linearly related to iron concentrations under the circumstances of heavy iron deposition as is the case in NBIA. Nevertheless, nonlinear relation between magnetic susceptibility and iron content would not derogate significant differences found in this study. Spatial distortions are also a known issue of ultrahigh field MRI. Although we made an effort to minimize them by segmenting deep gray matter nuclei simultaneously on MPRAGE and QSM images, volumetric results must be interpreted with caution and warrant a future investigation.

In conclusion, compared to healthy subjects, MPAN patients consistently display not only increased iron in the GP and SN, but also in the caudate nucleus along with metabolic changes in the corticospinal pathway. Our findings imply that heterozygosity leads to subtle iron accumulation in the striatum, even in the absence of overt neurological signs.

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Supporting Data

Additional Supporting Information may be found in the online version of this article at the publisher's web-site.