Research Article

The Potential Antioxidant Activity and Characterization of Bioactive Compounds of Stahlianthus involucratus

Wengkun Li, BingMin Wu, Yange Wang, Ying Lin, Lin An, and Guifang Zhang

School of Pharmaceutical Science, Guangzhou University of Chinese Medicine, Guangzhou, Guangdong 510006, China

Correspondence should be addressed to Lin An; al715@gzucm.edu.cn and Guifang Zhang; zhanggf@gzucm.edu.cn

Received 16 April 2021; Revised 30 July 2021; Accepted 13 August 2021; Published 25 August 2021

Academic Editor: Margherita Maioli

Copyright © 2021 Wengkun Li et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Stahlianthus involucratus (S. involucratus) has anti-inflammatory, antinociceptive, and antipyretic activities; however, there are no literature reports on its antioxidant capacity. This study presents a comparative assessment of the polyphenols contents, flavonoids contents, and antioxidant activity of the aqueous and methanol extracts of S. involucratus (ASI and MSI). Moreover, the expression of oxidative stress-related genes in H2O2-induced H9c2 cells pretreated with the MSI was measured by RT-qPCR, and furthermore, MSI were characterized by UHPLC-Q-Orbitrap-MS/MS. The results indicated that the MSI had higher antioxidant contents and antioxidant capacity, and MSI could inhibit H2O2-induced oxidative stress in H9c2 cells by activating the Nrf2/HO-1 pathway. UHPLC-Q-Orbitrap-MS/MS characterized 15 phenolic compounds from the MSI. In conclusion, S. involucratus has the potential antioxidant capacity.

1. Introduction

S. involucratus, belonging to Zingiberaceae [1], as a Traditional Chinese Medicine (TCM), was mainly used for the treatment of bruises and rheumatic arthralgia [2]. The plants in Zingiberaceae family were enriched with bioactive compounds; the previous reporters had confirmed the phytochemical and pharmacological properties of Zingiberaceae [3]. The ethanol extracts of S. involucratus had anti-inflammatory, antinociceptive, and antipyretic activities [4, 5]. The extraction of Elettaria cardamomum, Curcuma longa, Zingiber officinalis, and Alpinia officinarum had the scavenging activity of the cationic ABTS radical and ferric-reducing antioxidant power-FRAP [6]. The standardized extraction from the rhizomes of ginger defended a rat liver from cancer by decreasing oxidative and inflammatory injury [7]. The reporter verified that cardamonin from the Alpinia plant inhibits oxidative stress, apoptosis, and inflammatory responses in the mouse heart by improving NRF2 signaling [8]. Excessive secretion of free radicals causes oxidative damage to cells and tissues, induces oxidative stress, and further leads to inflammatory responses and damages the immune system [9]. Nuclear factor-related gene 2 (NRF2), a transcription factor, is thought to be the dominant factor in the regulation of cellular oxidative stress [10]. The activated NRF2 binds to antioxidant response elements (ARE) to regulate downstream genes and then defend against damage caused by oxidative stress.

Oxidative stress, a negative effect of free radicals in the body, is associated with various diseases, including inflammatory response, cell damage, tissue sclerosis, and cancer [11]. Natural plant extracts are rich in bioactive components such as phenols, flavonoids, and glycosides. Modern research has demonstrated that all these compounds have antioxidant, anti-inflammatory, and antitumor activities and can act directly on inflammatory and tumor cells without affecting the viability of normal cells [12, 13].

This study presents a comparative assessment of the polyphenols contents, flavonoids contents, and antioxidant activity of ASI and MSI, and furthermore, the expression of Nqo1, Hoc1, Gclc, Gclm, Gst, and Nfe212 in H2O2-induced H9c2 cells pretreated with the MSI was examined by RT-qPCR, and then the phytochemical compounds from MSI were isolated and characterized by UHPLC-Q-Orbitrap-MS/MS.
2. Materials and Methods

2.1. Chemicals and Reagents. Folin’s reaction solution, sodium carbonate, 2,4,6-tripryidyltriazine (TPTZ), 2'-azino-bis-(3-ethylbenzthiazoline-6-sulphonate) (ABTS), 2,2-diphenyl-1-picrylylhydrazyl (DPPH), potassium persul- fate, quercetin, trolox, gallic acid, FeCl₃, sodium acetate, and AlCl₃ were from Macklin Biochemical Co., Ltd. (Shanghai, China). Methanol and acetonitrile were purchased from Thermo Fisher Scientific (MA, USA), and formic acid was purchased from Aladdin Biochemical Technology Co., Ltd. (Shanghai, China). Distilled water was obtained from a dis- tilled water machine (EPED-E1-10TJ).

S. involucratus (King ex Bak.) Craib was collected from Yangshan County, Qingyuan City, Guangdong Province, China.

2.2. Extraction Methods

2.2.1. ASI Preparation. Thirty grams of dried powder with 600 mL distilled water was decocted at 100°C for half an hour in a water heater, and the mixture was then filtered with a gauze. The supernatant was obtained by centrifugation. Repeat the above extraction procedure. The superna- tants consolidated were dried by a freeze-drying method and stockpiled in the refrigerator at -20°C.

2.2.2. MSI Preparation. Thirty grams of dried powder with 600 mL methanol was extracted for an hour in an ultrasonic bath, and the mixture was then filtered with a filter paper. Repeat the above extraction procedure. The consolidated supernatants were concentrated and dried by a freeze-drying method and stockpiled in the refrigerator at -20°C.

2.3. Physicochemical and Antioxidant Analysis

2.3.1. Estimation of Total Phenolic Content (TPC). The solution, a mixture of 25 μL of the sample solution and 25 μL of Folin’s reagent, was kept at 25°C for 5 min in the dark, and next, 25 μL of 10% (w : w) sodium carbonate solution and 200 μL distilled water were added. The absorbance was detected at 765 nm using a UV spectrophotometer. The total phenolic content was expressed as μg gallic acid equivalents per gram extract (μg GAE/mg of extract).

2.3.2. Estimation of Total Flavonoid Content (TFC). The solution, a mixture of 80 μL of the sample solution, 80 μL 2% (w : w) aluminum chloride solution, and 100 μL sodium acetate (50 g/L), was kept at 25°C for 2.5 h in the dark. The absorbance was detected at 415 nm using UV spectrophotometer. The total flavonoid content was expressed as μg quercetin equivalents per gram extract (μg QE/μg of extract).

2.3.3. ABTS Analysis. The ABTS reaction solution consisting of the potassium persulfate (0.7 mg/L) and the ABTS (4 mg/L) at 1 : 1 was kept at 25°C for 18 h in the dark. The solution, a mixture of 10 μL of the sample extraction and 290 μL of ABTS reaction solution, was added to 96-well plates and incubated at 25°C for 15 min. The absorbance was detected at 734 nm using a UV spectrophotometer.

The results were expressed as μg ascorbic acid equivalents per gram extract (μg AAE/mg of extract).

2.3.4. DPPH Analysis. The solution, a mixture of 40 μL of the aqueous extraction and 260 μL of DPPH reaction solution (40 mg/L), was added into the plates and incubated at 25°C for 30 min. The absorbance was detected at 517 nm using a UV spectrophotometer. The results were expressed as μg ascorbic acid equivalents per gram extract (μg AAE/mg of extract).

2.3.5. FRAP Analysis. The FRAP solution consists of 10 mM TPTZ solution, 20 mM ferric chloride solution, and 0.3 M of sodium acetate solution at 1 : 1 : 10. The solution composing of 20 μL of the sample extract and 280 μL of FRAP solution was kept at 37°C for 10 min. The absorbance was detected at 593 nm using a UV spectrophotometer. The results were expressed as μg ascorbic acid equivalents per gram extract (μg AAE/mg of extract).

2.4. Cell Culture. The H9c2 cell line was purchased from the Cell Bank of Chinese Academy of Sciences (Shanghai, China). The H9c2 cells were cultivated within the DMEM (Thermo Fisher Scientific, MA, USA) containing 10% fetal bovine serum (FBS, Thermo Fisher Scientific, MA, USA), 100 μg/mL streptomycin, and 100 U/mL penicillin. After- ward, cells were subjected to incubation under 37°C and 5% CO₂ conditions. When cells reached confluence, PBS was used to wash cells for two times and the serum-free medium was used for further cell culture prior to the subse- quent experiment.

2.5. Cell Viability. The cell viability was determined by the MTT method. In 96-well plates, the cells were grown in the complete medicated DMEM medium (0, 1, 5, 25, 50, 100, 250, 500, and 1000 μg/mL of MSI) at 37°C with 5% CO₂ for 24 h, 10 μL MTT (5 mg/mL) was added into the plates; next, the plates were incubated for 4 h. Adding the 150 μL DMSO after the medium was waived. The microplate reader (Thermo Varioskan LUX, MA, USA) was used to measure the absorbance (OD) value at 490 nm.

2.6. Assay of ROS Production. Cultured H9c2 cells were treated with indicated agents for 16 h, and the intracellular ROS generation was determined by measuring the oxidative conversion of cell permeable DCFH-DA to fluorescent dichlorofluorescein. Images were viewed by a fluorescence microscope (Leica, Heerbrugg, Germany) at an excitation wavelength of 488 nm and an emission wavelength of 525 nm.

2.7. Total RNA Isolation and Quantification. In real-time PCR experiment, the cells were seeded in a 6-well plate and the optimal cell number is 1 × 10⁶cells per well. H9c2 cells were incubated with 200 μM H₂O₂ at 37°C with 5% CO₂ for 4 h and then incubated the complete medicated DMEM medium (25, 50, and 100 μg/mL of MSI) at 37°C with 5% CO₂ for 12 h. Total RNA was obtained by a Trizol method; further the purity and concentration of total RNA were determined. The expression of target genes was
measured using Real-time Quantitative PCR (RT-qPCR) after the total RNA was reverse-transcribed to cDNA. The housekeeping gene was Gapdh gene. The sequences of the target genes are listed in Table 1. The results were analyzed using the 2^ΔΔCT method.

2.8. Metabolomics Profiling by UHPLC-Q-Orbitrap-MS/MS Technique. In the present literature, the compounds from S. involucratus, including ergotane dimer, sesquiterpenes, cardanane dimer, and alkaloids, were isolated and characterized by UPLC-MS [14, 15]. Ultra-high performance liquid chromatography (UHPLC) coupled with an electrospray ionization tandem mass spectrometry (ESI-MS) is a common technique for the isolation and identification of natural products [16]. The Q-Orbitrap, a high-resolution mass spectrometer, allows molecular weight and fragment information. UHPLC-Q-Orbitrap-MS/MS are used to identify the metabolites in herbal medicines [17, 18]. The compounds in TCM were characterized by combining parent ions with fragment ions. These means were extensively applied to phytochemical analysis as a result of accuracy, efficiency, and celerity.

MSI were analyzed by UHPLC-MS/MS spectrum consisting of Thermo Scientific, Ultimate 3000RS, Thermo Scientific, Q Exactive, Hybrid Quadrupole-Orbitrap mass spectrometer, ESI source, and RP-C18 column (150 × 2.1 mm, 1.8 μm). The column temperature was at 35°C. Mobile phase A was the solution of aqueous containing 0.1% formic acid, and Mobile phase B was the solution of acetonitrile containing 0.1% formic acid. The elution procedure (A: B (v/v at time (min)) was as follows: (98:2) at 0 min; (98:2) at 1 min; (80:20) at 5 min; (50:50) at 10 min; (50:50) at 15 min; (5:95) at 20 min; (5:95) at 25 min; (98:2) at 30 min, and the injection volume was 5 μL. The condition of the mass spectrometer was as follows: scan range 150–2000 m/z; aux gas heater temperature 350°C; capillary temperature 300°C; spray voltage 3.8 kV; and sheath gas pressure 40 Arb. The aux gas and sheath gas were high purity nitrogen gas (purity ≥ 99.999%), and the collision gas was high purity argon gas (purity ≥ 99.99%). Full-mass and dd-MS2 data in positive and negative modes were acquired at 70,000 and 17,500 FWHM (full width half maximum), respectively.

2.9. Statistical Analysis. The results were tested by one-way analysis of variance (ANOVA); P < 0.05 was regarded as significant and evaluated with Tukey’s test by SPSS 20.0 software. The data acquired by UHPLC-MS/MS spectrum was processed by CD2.1 (Thermo Fisher Scientific), and then the compounds were characterized according to precursor ions and fragment ions compared with the chemical database like mzCloud, mzVault, and ChemSpide.

3. Results and Discussion

3.1. Estimations of TPC and TFC. The antioxidant capacity can be roughly determined by binding estimations of polyphenols and antioxidant assays. The aluminum trichloride method and Folin-Ciocalteu method were currently used for the determination of total flavonoids and total phenols, and the results of TFC and TPC were expressed as quercetin equivalents (QE)/g of dried extract and gallic acid equivalents (GAE)/g of dried extract, respectively. Table 2 points out that the TPC and TFC of the MSI were 110.24 ± 1.10 mg GAE/g dried extraction and 12.30 ± 0.10 mg QE/g dried extraction, respectively, and were significantly higher than those of the ASI.

3.2. Antioxidant Activities (DPPH, ABTS, and FRAP). There were many experiments to evaluate antioxidant activity in vitro. In this study, the DPPH, ABTS, and FRAP assays were used to evaluate the antioxidant activity of S. involucratus. Both DPPH and ABTS assays were detected by binding antioxidants to colored ionic free radicals, causing the color to fade. However, the FRAP assay was detected by the reduction of chelated ions by antioxidants, resulting in a color reaction. In short, a comprehensive analysis of the three assays can determine initially the antioxidant capacity. As described in Table 2, in the ABTS, DPPH, and FRAP assays, the result showed that the free radical scavenging capacity of the MSI was 89.62 ± 1.65, 21.09 ± 0.34, and 30.60 ± 0.27 mg TE/g dried extraction, respectively, and was higher than that of the ASI (P < 0.05), which indicated that the MSI had stronger antioxidant activity.

| Table 1: The primer sequences of Nqo1, Ho-I, Gclc, Gclm, Gst, and Nfe212. |
|-----------------------------|-----------------------------|
| Primers                  | Primer sequence             |
| Nqo1-F                   | 5′-GGCGATATTGGGGCAAGTC-3′  |
| Nqo1-R                   | 5′-TCCATGGAAACAAACGGCA-3′  |
| Ho-1-F                   | 5′-GTAATCCGATGTTGGGCCC-3′  |
| Ho-1-R                   | 5′-ATGGCGACGGCATCCTTC-3′   |
| Gclc-F                   | 5′-GACGGAGATGCCGTCTTACA-3′ |
| Gclc-R                   | 5′-TTGCTACACCCATCCACCAC-3′ |
| Gclm-F                   | 5′-ATGGAGCTCCCAATACGCA-3′  |
| Gclm-R                   | 5′-GAGCCATCGGGGACATGGTA-3′ |
| Gst-R                    | 5′-GCTGGAGTTGGATTTAGAAGAA-3′ |
| Gst-F                    | 5′-GCTCTGGACACGTCACCATAG-3′ |
| Nfe212-F                 | 5′-TTGTAGATGACCATGATCGC-3′ |
| Nfe212-R                 | 5′-ACTCCAGGGGCACGTCTA-3′   |

| Table 2: Phytochemical content and antioxidant activity of Stahlianthus involucratus. |
|-----------------------------|-----------------------------|
| Methods                  | ASI        | MSI        |
| TPC (mg GAE/g dried extraction) | 9.25 ± 0.25b | 110.24 ± 1.01a |
| TFC (mg QE/g dried extraction) | 0.44 ± 0.03b | 12.30 ± 0.10a |
| DPPH (mg TE/g dried extraction) | 6.86 ± 0.13b | 21.09 ± 0.34a |
| ABTS (mg TE/g dried extraction) | 67.58 ± 1.16b | 89.62 ± 1.65a |
| FRAP (mg TE/g dried extraction) | 7.35 ± 0.24b | 30.60 ± 0.27a |
The results were expressed as the means ± SD (n = 3). Different letters show significant differences in the extracts by different methods (P < 0.05).

3.3. The MSI Activated Nrf2/HO-1 Pathway after H₂O₂-Induced H9c2 Cell. First, the cell viability was assessed and MSI showed no toxicity at the concentration ranging from 0.001 to 1 mg/mL, excluding the possibility that MSI influenced phenotypes via cytotoxicity (Figure 1(a)). Further, we evaluated the effects of MSI on ROS production by determining the ROS levels in vitro using commercial assay kit (Figure 1(b)). As anticipated, MSI effectively reduced ROS generation in cardiomyocytes, demonstrating its oxidative stress suppressing action.

ROS are the driving force for myocardial damage, and Nrf2 is a key orchestrator of the cell responses to oxidative stress and exerts a protective effect against oxidative damage. According to this, the expression of Nqo1, Ho-1, Gclc, Gclm, Gst, and Nfe212 was measured after H₂O₂-induced H9c2 cells treated with different concentrations of the MSI (25, 50, and 100 μg/mL) and shown in Figure 2(a)–2(f). For Gclc, Ho-1, Nqo1, and Nfe212 mRNA, the expression level was significantly increased in the administration group (25, 50, and 100 μg/mL) compared to the model group (P < 0.05). Furthermore, compared with the model group, 100 μg/mL of MSI significantly increased the expression of Gclm, and 50 and 100 μg/mL of MSI significantly increased the expression of Gst (P < 0.05).

3.4. UHPLC–MS/MS Analysis of the MSI. The metabolites were characterized by UHPLC–Q-Orbitrap-MS/MS under negative ion collection modes. The total ion chromatogram of S. involucratus is shown as Figure 3. Fifteen compounds, whose score was higher than 80, were tentatively identified, and the relevant information is presented in Table 3. A total of 13 phenols were tentatively detected. Peak 1 was identified as 4-pyridoxic acid at m/z 182.0450 [M-H]-. O-Desmethyl-cis-tramadol (peak 2) and 4-coumaric acid (peak 7) were characterized at m/z 250.1801 and 165.0547, respectively, in ESI+. Peaks 5, 8, and 13, belonging to phenolic acid, were tentatively identified as vanillic acid, ferulic acid, and (8-hydroxy-4a,8-dimethyldecahydro-2-naphthalenyl) acrylic acid with [M-H] at m/z 167.0839,193.0496, and 251.1648. As described in Table 3, peaks 3, 4, 6, and 9 were assigned as 2-(hydroxymethyl)-6-[(E)-4-(1,2,4-trihydroxy-2,6,6-trimethylcyclohexyl) but-3-en-2-yl]oxyoxane-3,4,5-triol, 3-[2-(β-D-glucopyranosyloxy)-4-methoxyphenyl]propanoic acid, 1,2,3,6-tetra-O-galloyl-β-D-glucose, and 4-[4-(4-hydroxy-3-methoxyphenyl)-tetrahydro-1H,3H-furo[3,4-c]-fur-1-yl]-2-methoxyphenyl hexopyranoside at m/z 451.2184, 357.1188, 787.0996, and 565.1692, respectively, in ESI- mode. In addition, in the negative mode, 1,7-bis(4-hydroxyphenyl)-3,5-heptanediol (peak 11), 1-naphthol (peak 14), and curcumin (peak 15) were characterized at m/z 315.1599, 143.0489, and 385.129. Furthermore, 2 flavonoids, peaks 10 and 12, were assigned as astragalin and afzelin, which were at m/z 465.1044 and 431.0919 [M-H]-.

4. Discussion

Oxidation is closely related to human diseases, and oxidation-induced damage is the most fundamental
pathological process of the disease, so the exploration of natural antioxidants is vital [19]. Phenols, as natural antioxidant substances, scavenge free radicals by blocking the transmission process of free radicals and inhibit oxidative reactions by indirectly preventing the production of oxidative radicals complexing enzymes related to free radicals or metal ions [20]. This experiment provided a preliminary cognition of the antioxidant properties of *S. involucratus*.

In the comparison of the total polyphenols and total flavonoid contents of the ASI and MSI, the results showed that there are higher total polyphenol and total flavonoid contents in the MSI. Besides, in the ABTS, DPPH, and FRAP assays, the MSI has stronger free radical scavenging power and reduction capacity than the ASI.

In addition, the extracts of natural products effectively inhibit cell damage by suppressing oxidative stress [21–23], and the Nrf2/HO-1 signaling pathway plays an important role in mitigating oxidative stress damage to cells and tissues [24], and HO-1 is one of the important endogenous protective enzymes of downstream of the Nrf2/HO-1 pathway [25], and the expression of HO-1 can inhibit oxidative reactions and thus protect cells and tissues from free radical damage [26]; the modern research had shown that natural product extracts are effective against H$_2$O$_2$-induced...
oxidative stress by activating Nrf2/HO-1 pathway [27, 28]. In this study, MSI effectively reduced ROS generation in cardiomyocytes, demonstrating its oxidative stress suppressing action, and the expression of the regulatory genes (Nfe212, Hmox-1, and Nqo1) has increased significantly after H2O2-induced H9c2 cells pretreated with MSI; furthermore, the expression levels of Gclm, Gclc, and Gst mRNA have elevated. These results indicated that the MSI could inhibit oxidative stress by activating the Nrf2/HO-1 pathway.

Furthermore, the biochemical compounds of MSI were identified by liquid chromatography-mass spectrometry (LC-MS). LC-MS technology plays a major role in the characterization of the complex natural product [29]. Ultraperformance liquid chromatography-mass spectrometry coupled with Orbitrap is more rapid and accurate for the isolation and identification of the metabolites of herbal medicines [30]. In this study, 15 phenolic compounds were characterized, including vanillic acid, 4-coumaric acid,
ferulic acid, astragalin, afzelin, and curcumin. In the previous studies, vanillic acid, a bioactive phenolic compound, was proven to antioxidant and inhibit oxidative stress [31–33], which have anti-inflammatory and neuroprotective effects [34, 35]. In addition, the plant phenolic acid 4-coumaric acid protected against oxidative DNA damage in rat colonic mucosa and ultraviolet B-induced oxidative DNA damage in rabbit corneal-derived cells [36, 37]. Ferulic acid exhibits a variety of pharmacological properties, such as antioxidant [38, 39], ameliorating the pulmonary fibrosis [40], alleviating the acute liver injury [41] and lipid-lowering effect [42]. Astragalin and afzelin were the natural flavonoids and found in various herbal medicinal plants such as Cuscuta chinensis [43]; modern pharmacological researches have shown that astragalin carried out antioxidant and anti-inflammatory activity through the regulation of NO, malondialdehyde (MDA), reactive oxygen species (ROS), superoxide dismutase (SOD), glutathione peroxidase (GSH-Px), catalase (CAT), tumor necrosis factor-α (TNF-α), interleukin 6 (IL-6), and inducible nitric oxide synthase (iNOS) [44, 45]. Similarly, afzelin acts as the oxidants to scavenge free radicals, superoxide anion, and reactive oxygen species [46]. Additionally, curcumin is widely found in the Zingiberaceae family plants, such as C. longa [47], which is well known for its numerous pharmacological properties, including anti-inflammatory, antioxidant, neuroprotective, antiobesity, antiosteoporosis, anticancer, and antidiabetic properties [48–51].

5. Conclusion

In short, the results demonstrated that the antioxidants contents of MSI were more abundant than those of ASI, and the MSI inhibits H2O2-induced oxidative stress in H9c2 cells by activating the Nrf2/ARE-1 pathway. These findings give guidance for the clinical use of Stahlianthus involucratus.

Data Availability

The data used to support the findings of this study are included within the article.

Conflicts of Interest

The authors declare no conflict of interest.

Acknowledgments

This work was supported by the project of the National Survey of Traditional Chinese Medicine Resources (project no. GZY-KJS-2018-004) from the National Administration of Traditional Chinese Medicine.

References

[1] D.-M. Li, Y.-C. Xu, and G.-F. Zhu, “Complete chloroplast genome of the plant Stahlianthus involucratus(Zingiberaceae),” Mitochondrial DNA Part B-Resources, vol. 4, no. 2, pp. 2702-2703, 2019.

[2] M. Yusuf, M. A. Wahab, M. D. Yousuf, J. U. Chowdhury, and J. Begum, “Some tribal medicinal plants of Chittagong hill tracts, Bangladesh,” Bangladesh Journal of Plant Taxonomy, vol. 14, no. 2, pp. 117–128, 2007.

[3] C. P. Victorio, “Therapeutic value of the genus Alpinia, Zingiberaceae,” Revista Brasileira De Farmacognosia-Brazilian Journal of Pharmacognosy, vol. 21, no. 1, pp. 194–201, 2011.

[4] P. Pingsusorn, P. Kunanusorn, P. Khonsung, N. Chiranthanaut, A. Panthong, and C. Ruijanawate, “Investigation of anti-inflammatory, antiangiogenic, and antipyretic activities of Stahlianthus involucratus rhizome ethanol extract,” Journal of Ethnopharmacology, vol. 162, pp. 199–206, 2015.

[5] P. Kunanusorn, P. Pingsusorn, P. Khonsung, N. Chiranthanaut, A. Panthong, and C. Ruijanawate, “Anti-inflammatory effect of an ethanol extract from rhizomes of Stahlianthus involucratus in rats,” Planta Medica, vol. 76, no. 12, pp. 1350–1350, 2010.

[6] E. Ivanović, M. Makter, and I. Islamčević Razboršek, “Comparative study of chemical composition and antioxidant activity of essential oils and crude extracts of four characteristic Zingiberaceae herbs,” Plants, vol. 10, no. 3, p. 501, 2021.

[7] A. A. Hamza, G. H. Heeba, S. Hamza, A. Abdalla, and A. Amin, “Standardized extract of ginger ameliorates liver cancer by reducing proliferation and inducing apoptosis through inhibition oxidative stress/ inflammation pathway,” Biomedicine & Pharmacotherapy, vol. 134, article 111102, 2021.

[8] Q. Wang, B. Wang, X. Tian, G. Fu, J. Xiao, and G. Wang, “Cardamomin protects against doxorubicin-induced cardiotoxicity in mice by restraining oxidative stress and inflammation associated with Nrf2 signaling,” Biomedicine & Pharmacotherapy, vol. 122, 2020.

[9] M. C. Egbujuor, S. Saha, B. Buttari, E. Profumo, and L. Saso, “Activation of Nrf2 signaling pathway by natural and synthetic chalcones: a therapeutic road map for oxidative stress,” Expert Review of Clinical Pharmacology, vol. 14, no. 4, pp. 465–480, 2021.

[10] Y. Kubo, W. Drescher, A. Fragouli et al., “Adverse effects of oxidative stress on bone and vasculature in corticosteroid-associated osteonecrosis: potential role of nuclear factor erythroid 2-related factor 2 in cytoprotection,” Antioxidants & Redox Signaling, vol. 35, no. 5, pp. 357–376, 2021.

[11] B. Débora, L. Daniel, C. David et al., “Evaluation of in vitro antioxidant and anticancer properties of the aqueous extract from the stem bark of Stryphnodendron adstringens,” International Journal of Molecular Sciences, vol. 19, no. 8, 2018.

[12] S. Ferhi, S. Santaniello, S. Zerizer et al., “Total phenols from grape leaves counteract cell proliferation and modulate apoptosis-related gene expression in MCF-7 and HepG2 human cancer cell lines,” Molecules, vol. 24, no. 3, p. 612, 2019.

[13] R. R. Khalil and Y. F. Mustafa, Antioxidant and anticancer activities of coumarins isolated from Granny Smith apple seeds: In Vitro Study, ResearchGate, 2020.

[14] Q. Li, J. Luo, Y. Zhang et al., “Involucratustones A–C: unprecedented sesquiterpene dimers containing multiple contiguous quaternary carbons from Stahlianthus involucratus,” Chemistry - A European Journal, vol. 21, no. 38, pp. 13206–13209, 2015.

[15] Q. M. Li, J. G. Luo, Y. M. Zhang, H. J. Zhao, M. H. Yang, and L. Y. Kong, “Cadinane-type sesquiterpenoids from Stahlianthus involucratus and their absolute configurations,” Tetrahedron, vol. 72, no. 41, pp. 6566–6571, 2016.
[16] Y. Ling, Z. Lei, Xinying Li et al., “Characterization and Identification of the Chemical Constituents of Gynostemma pentaphyllum Using High Performance Liquid Chromatography – Electrospray Ionization – Quadrupole Time-of-Flight Tandem Mass Spectrometry (HPLC-ESI-QTOF-MS/MS),” *Analytical Letters*, vol. 53, no. 5, pp. 760–773, 2020.

[17] X. Liu, Y. Guo, G. Cai, J. Gong, Y. Wang, and S. Liu, “Chemical composition analysis of Schisandra chinensis fructus and its three processed products using UHPLC-Q-Orbitrap/MS-based metabolomics approach,” *Natural Product Research*, pp. 1–4, 2020.

[18] W. C.-W. Chang, Y.-T. Chen, H.-J. Chen, C.-W. Hsieh, and P.-C. Liao, “Comparative UHPLC-Q-Orbitrap HRMS-based metabolomics unveils biochemical changes of black garlic during aging process,” *Journal of Agricultural and Food Chemistry*, vol. 68, no. 47, pp. 14049–14058, 2020.

[19] A. Hrebiien-Filisinska, “Application of natural antioxidants in the oxidative stabilization of fish oils: a mini-review,” *Journal of Food Processing and Preservation*, vol. 45, no. 4, article e13542, 2021.

[20] A. I. Elshamy, T. A. Mohamed, A. F. Essa et al., “Recent advances in Kaempferia phytochemistry and biological activity: a comprehensive review,” *Nutrients*, vol. 11, no. 10, p. 2396, 2019.

[21] A. H. Alalaeedin, H. H. Gehan, H. Salsabil, A. Ali, and A. Amr, “Standardized extract of ginger ameliorates liver cancer by reducing proliferation and inducing apoptosis through inhibition oxidative stress/inflammation pathway,” *Biomedicine & Pharmacotherapy*, vol. 134, article 111102, 2012.

[22] M. P. Sang, W. Qiu, W. Li, H. Zhou, H. Chen, and H. Zhou, “The relationship between prevention and treatment of colorectal cancer and cancerous toxin pathogenesis theory basing on gut microbiota,” *Evidence-based Complementary and Alternative Medicine*, vol. 2020, 9 pages, 2020.

[23] S. O. Sam, H. Y. Ji, H. S. Kyu et al., “Cudrania tricuspidata extract and its major constituents inhibit oxidative stress-induced liver injury,” *Journal of Medicinal Food*, vol. 22, no. 6, pp. 602–613, 2019.

[24] S. Singh, D. Nagalakshmi, K. K. Sharma, and V. Ravichandiran, “Natural antioxidants for neuroinflammatory disorders and possible involvement of Nrf2 pathway: a review,” *Heliyon*, vol. 7, no. 2, pp. e06216–e06216, 2021.

[25] F. Guo, X. Zhuang, M. Han, and W. Lin, “Polysaccharides from Enteromorpha prolifera protect against carbon tetrachloride-induced acute liver injury in mice via activation of Nrf2/HO-1 signaling, and suppression of oxidative stress, inflammation and apoptosis,” *Food & Function*, vol. 11, no. 5, pp. 4485–4498, 2020.

[26] T. Wan, Z. Wang, Y. Luo et al., “FA-97, a New Synthetic Caffeic Acid Phenethyl Ester Derivative, Protects against Oxidative Stress-Mediated Neuronal Cell Apoptosis and Scopolamine-Induced Cognitive Impairment by Activating Nrf2/HO-1 Signaling,” *Oxidative Medicine and Cellular Longevity*, vol. 2019, Article ID 8239642, 21 pages, 2019.

[27] S. Zhang, X. Yi, X. Su et al., “Ginkgo biloba extract protects human melanocytes from H2O2-induced oxidative stress by activating Nrf2,” *Journal of Cellular and Molecular Medicine*, vol. 23, no. 8, pp. 5193–5199, 2019.

[28] W. C. Tsai, H. C. Chang, H. Y. Yin, M. C. Huang, D. C. Agrawal, and H. W. Wen, “The protective ability and cellular mechanism of Koelreuteria henryi Dummer flower extract against hydrogen peroxide-induced cellular oxidative damage,” *Electronic Journal of Biotechnology*, vol. 47, pp. 89–99, 2020.

[29] T.-H. Wang, J. Zhang, X.-H. Qiu, J.-Q. Bai, Y.-H. Gao, and W. Xu, “Application of ultra-high-performance liquid chromatography coupled with LTQ-Orbitrap mass spectrometry for the qualitative and quantitative analysis of Polygonum multiflorum thumb. and its processed products,” *Molecules*, vol. 21, no. 1, p. 40, 2016.

[30] X. Yao, S. Jiao, M. Qin, W. Hu, B. Yi, and D. Liu, “Vanillic acid alleviates acute myocardial hypoxia/reoxygenation injury by inhibiting oxidative stress,” *Oxidative Medicine and Cellular Longevity*, vol. 2020, Article ID 8348035, 12 pages, 2020.

[31] S. Taqi, E. Ahmed Bhat, N. Sajjad et al., “Protective effect of vanillic acid in hydrogen peroxide-induced oxidative stress in D.Mel-2 cell line,” *Saudi Journal of Biological Sciences*, vol. 28, no. 3, pp. 1795–1800, 2021.

[32] P. Singh, M. Arif, A. Qadir, and P. Kannojia, “Simultaneous analytical efficiency evaluation using an HPTLC method for the analysis of syringic acid and vanillic acid and their antioxidant capacity from methanol extract of Ricinus communis L. and Euphorbia hirta L.,” *Journal of AOAC International*, 2020.

[33] R. Ziadou, A. Barbero, I. Martin et al., “Anti-inflammatory and chondroprotective effects of vanillic acid and epimedin C in human osteoarthritic chondrocytes,” *Biomolecules*, vol. 10, no. 6, p. 932, 2020.

[34] S. E. Khoshnam, A. Sarkaki, M. Rashno, and Y. Farbood, “Memory deficits and hippocampal inflammation in cerebral hypoperfusion and reperfusion in male rats: neuroprotective role of vanillic acid,” *Life Sciences*, vol. 211, pp. 126–132, 2018.

[35] F. Guglielmi, C. Luceri, L. Giovannelli, P. Dolaro, and M. Lodovici, “Effect of 4-coumaric and 3,4-di-hydroxybenzoic acid on oxidative DNA damage in rat colonic mucosa,” *British Journal of Nutrition*, vol. 89, no. 5, pp. 581–587, 2003.

[36] M. Lodovici, L. Raimondi, F. Guglielmi, S. Gemignani, and P. Dolaro, “Protection against ultraviolet B-induced oxidative DNA damage in rabbit corneal-derived cells (SIRC) by 4-coumaric acid,” *Toxicology*, vol. 184, no. 2–3, pp. 141–147, 2003.

[37] X.-J. Zhang, Z.-H. Cui, Y.-X. Zhao, T.-T. He, L. Wang, and X.-W. Liang, “Ferulic acid ameliorates isoproterenol-induced heart failure by decreasing oxidative stress and inhibiting cardiac apoptosis via activating Nrf2 signaling pathway in rats,” *Biological & Pharmaceutical Bulletin*, vol. 44, no. 3, pp. 396–403, 2021.

[38] A. Mancuso, M. C. Cristiano, R. Pandolfo, M. Greco, M. Fresta, and D. Paolino, “Improvement of ferulic acid antioxidant activity by multiple emulsions: In Vitro and In Vivo Evaluation,” *Nanomaterials*, vol. 11, no. 2, p. 425, 2021.

[39] S. A. Ali, M. A. Saif, G. Pulivendala, C. Godugu, and V. Talla, “Ferulic acid ameliorates the progression of pulmonary fibrosis via inhibition of TGF-β/smad signalling,” *Food and Chemical Toxicology*, vol. 149, p. 111980, 2021.

[40] S. Chen, Y. Lin, L. Miao et al., “Ferulic acid alleviates lipopolysaccharide-induced acute liver injury in Megalobrama amblycephala,” *Aquaculture*, vol. 532, p. 735972, 2021.

[41] C. Lambruschini, I. Demori, Z. El Rashed et al., “Synthesis, photoisomerization, antioxidant activity, and lipid-lowering effect of ferulic acid and feruloyl amides,” *Molecules*, vol. 26, no. 1, 2021.
in Pharmacological Sciences, vol. 2018, Article ID 9794625, 15 pages, 2018.

[43] X. X. Han, Y. P. Jiang, N. Liu et al., "Protective effects of Astragalin on spermatogenesis in streptozotocin-induced diabetes in male mice by improving antioxidant activity and inhibiting inflammation," *Biomedicine & Pharmacotherapy*, vol. 110, pp. 561–570, 2019.

[44] K. K. Karna, B. R. Choi, J. H. You et al., "The ameliorative effect of monotropein, astragalin, and spiraeoside on oxidative stress, endoplasmic reticulum stress, and mitochondrial signaling pathway in varicocelized rats," *BMC Complementary and Alternative Medicine*, vol. 19, no. 1, p. 333, 2019.

[45] J. Velloso, L. O. Regasini, C. Belló et al., "Preliminary in vitro and ex vivo evaluation of afzelin, kaempferitin and pterogynoside action over free radicals and reactive oxygen species," *Archives of Pharmacal Research*, vol. 38, no. 6, pp. 1168–1177, 2015.

[46] B. Salehi, Z. Stojanović-Radić, J. Matejić et al., "The therapeutic potential of curcumin: a review of clinical trials," *European Journal of Medicinal Chemistry*, vol. 163, pp. 527–545, 2019.

[47] G. M. Iova, H. Calniceanu, A. Popa et al., "The antioxidant effect of curcumin and rutin on oxidative stress biomarkers in experimentally induced periodontitis in hyperglycemic Wistar rats," *Molecules*, vol. 26, no. 5, p. 1332, 2021.

[48] A. Memarzia, M. R. Khazdair, S. Behrouz et al., "Experimental and clinical reports on anti-inflammatory, antioxidant, and immunomodulatory effects of Curcuma longa and curcumin, an updated and comprehensive review," *BioFactors*, vol. 47, no. 3, pp. 311–350, 2021.

[49] S. Yang, X.-L. Huang, J. Chen et al., "Curcumin protects BEAS-2B cells from PM2.5-induced oxidative stress and inflammation by activating NRF2/antioxidant response element pathways," *International Journal of Molecular Medicine*, vol. 47, no. 4, 2021.

[50] J. Yang, X. Miao, F.-J. Yang et al., "Therapeutic potential of curcumin in diabetic retinopathy (review)," *International Journal of Molecular Medicine*, vol. 47, no. 5, 2021.

[51] Z. Chen, J. Xue, T. Shen, G. Ba, D. Yu, and Q. Fu, "Curcumin alleviates glucocorticoid-induced osteoporosis by protecting osteoblasts from apoptosis in vivo and in vitro," *Clinical and Experimental Pharmacology and Physiology*, vol. 43, no. 2, pp. 268–276, 2016.