Histomorphometric Characterization of Forestomach of Yak (*Bos grunniens*) in the Qinghai-Tibetan Plateau

Caracterización Histomorfométrica del Preestómago del Yak (*Bos grunniens*) en la Meseta Qinghai-Tibet

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**SUMMARY:** Six forestomachs of yaks (*Bos grunniens*) were studied with gross dissection and histological methods. It was found that the forestomach of yak consisted of the following three parts, rumen, reticulum and omasum, which were composed of the mucosa, submucosa, muscularis and serosa. In addition, the mucosal epithelium was covered with stratified squamous epithelium, with part of keratinized the shallow cells. Rumen, the mucosa of which formed ligulate papillae varying in size and shape, was no muscularis mucosa. Reticulum, consisted of a surface epithelium that invaginated to various extent into the lamina propria, formed various folds in shape, namely, grid-like small rooms. Furthermore, there are many secondary folds densely covered with keratinized papillae. The most striking feature of the omasum was to be formed the laminae omasi varying in length, with short and rough papillae distributing on both sides. Taken together, there was no glands within the mucosa and lamina propria of forestomach of yak, where diffuse lymphoid tissues can be observed clearly. It is, therefore, believed that the yak forestomach may have evolved those specific structural characteristics in response to the unique living environment and dietary habits impose on the Qinghai-Tibetan Plateau.

**KEY WORDS:** *Bos grunniens*; Forestomach; Histomorphometric; Qinghai-Tibetan Plateau.

**INTRODUCTION**

The yak (*Bos grunniens*), as a year-round grazing animal, is a key species in the world, living in the Qinghai-Tibetan Plateau. At present, their total number is about 14 million, which represents more than 90% of the world yak population. These yaks provide >90% of the milk and 50% of meat consumed by the local herdsmen (Long et al., 1999). They mainly live in alpine grassland in northwestern and southwestern China. Yaks may have acquired many special abilities and attributes to adapt harsh natural environment characterized by high altitude (≥ 3,000 m above sea level), very low annual average temperature, short growing season and great seasonal variation in feed supply. Few reports on yak’s digestion function and corresponding morphology. In this study, we observed morphological structure of the forestomach through method of gross anatomy, and then the histological structure by general staining and special histochemical method, to understand the morphological and physiological function of the yak forestomach better, especially adaption for the balance of whole-body energy homeostasis in short growing season, and to provide a resource for research into metabolism that enable yaks to survive extreme environments in the Qinghai-Tibetan Plateau, China.

**MATERIAL AND METHOD**

**Animals.** All research protocols used in the current experiment were approved by Animal Ethics Committee of the Qinghai province, China. The stomachs of 6 healthy yak (4 castrated and 2 females, 3-4-yr-old) with a mean BW of 255 kg (±20kg) were collected immediately after being slaughtered from Datong slaughter house, Datong county.
Rumen was shaped like a flattened sac and had a capacity of approximately 42–45 L. There were sulcus cranials and sulcus caudalis in the front and rear end and sulcus ruminis sinister and sulcus ruminis dexter in the left and right side. The backpack and ventral sac around left and right longitudinal groove of the whole rumen were observed. The interface between rumen and reticulum was about 13 cm in diameter, in which was the vestibular of rumen in shape of pleats, it was the anterior column behind the vestibular.

Most of mucosa covered with dense papillae at the surface, especially abdominal sac, was brown or black. But the edge of adductor muscle was pale, and the mucosa of backpacks sac was gray. The papillae, which gathered into a carpet or brush-like, varied greatly in size and shape, such as flat, ligulate and leafy and so on. The average length and density of papillae was about 0.8–1.0 cm and 80–100 cm², respectively. However, the mucosa of adductor muscle and backpack sac that absented of papillae was smooth, then the sidewall of backpack sac only had low and sparse granular papillae.

Reticulum. Reticulum was located in the forefront of rumen. As the smallest part, reticulum was like a pear in shape and had a capacity of 4–7% the total volume of the yak’s stomach. There were great many grids varying in size and shape formed by uplift folds of mucosa, those folds interconnected each other and formed four, five-sided or hexagonal grids, which were about 1.2 cm high. In addition, many lower secondary folds at the bottom of rooms did the second partition to those grids and formed small irregular grids, at the bottom of which densely covered with horny papillae, as well as on the folds. Moreover, the closer to the edge of pleats between rumen and reticulum, the smaller the rooms were, and even disappearing.

Ostium reticulo-omasicum located in the small bend of reticulum was a circular opening, about 5 cm in diameter, and had approximately 14–16 cm above the basal reticulum toward the right side of the body midline. Furthermore, the lip of sulcus reticuli was looked upon as the boundary of the bottom edge of opening and side edge of ostium reticulo-omasicum.

Sulcus reticii, also known as sulcus esophageus, started from the cardia, and downed along the vestibular of rumen and the right side of reticulum wall and connected with omasum ditch when reaching ostium reticulo-omasicum. The total length was about 23 cm. Intumescent mucosal folds on both sides of ditch, which was rich in muscle tissue and so called the lip, was more smooth and slightly helical twist.

Omasum. The omasum, lying mainly in the middle right...
side of the abdominal cavity, was oval in shape and had a mean capacity of 4.1 L, about 6–8% of the total volume of the yak stomach. The oblique wall of omasum located in right front of diaphragmatic liver. Meanwhile, the facies visceralis was contact with reticulum, rumen and abomasum. Fundus of omasum was located in the lesser curvature toward right rear of omasum’s bend, and the upper and lower ends of lesser curvature leaded to reticulum and abomasum, respectively. Furthermore, the sulcus omasi was extending along the cavity surface of lesser curvature, where liquid and small particles feed would directly flow into abomasum from reticulum.

Yak’s sulcus omasi, which started at reticuloomasal orifice and ended at ostium omasoabomasicum, was approximately 4.5 cm long. Only some small folds and papillae at bottom of sulcus omasi can be seen obviously, but without laminae omasi. Interestingly, omasum’s mucosa in yak was formed over hundred of laminae omasi that was shaped like a crescent, attaching to the greater curvature of omasum wall and the free edge toward the lesser curvature. Laminae omasi, which neatly and alternately arranged in a regular and divided omasum cavity into many narrow and ordered gap, were classified into 18 pieces of large, 10 cm wide, 20 pieces of medium, 5 cm wide, 40 pieces of small, 1 cm wide, and 60 pieces of linear gaps, 1 mm wide according to their width.

According to anatomical features, the yak’s reticuloomasal orifice was significantly smaller than omasoabomasic opening in diameter at winter, approximately 5 cm and 6.3 cm, respectively. What’s the most important is that both of them varied greatly in diameter in the different seasons, for example, approximately 6.5 cm and 7.2 cm at spring.

**Surface expansion coefficient of rumen.** In yak, the surface expansion coefficient (SEF) of papillae in rumen mucosa was on average 5.95. The degree of size and density of papillae varied considerably in different regions, so the value of SEF was relatively large difference. For example, on the dorsal wall, even though the degree of density was not same in different individuals, the size of papillae was smaller in general, corresponding to the smallest SEF compared to other regions, was only 2.42 and the density of papillae was approximately 47/cm². Comparing with the dorsal wall, however, the thick and full papillae were densely distributed on ventral wall, and the SEF was 9.62 at its maximum value. Although the height and diameter of some papillae on the floor of dorsocaudal blind sac even more than the dorsal wall’s, the density is relatively sparse, only 55/cm². Yet the SEF was greater than former, about 4.53. The density of papillae on the cranioventral floor of atrium was comparatively large but the shape was lower than ventral wall, and thence the density and SEF was about 71/cm² and 7.23, respectively (Table I).

| Item                        | Mean±SD |
|-----------------------------|---------|
| Weight of rumen (kg)        | 4.30±0.4|
| Weight of reticulum (kg)    | 0.52±0.1|
| Weight of omasum (kg)       | 0.61±0.1|
| Weight of abomasums (kg)    | 0.80±0.2|
| Total weight (kg)           | 6.23±0.5|
| Volume of rumen (L)         | 45.0±3.0|
| Volume of reticulum (L)     | 3.5±0.5 |
| Volume of omasum (L)        | 4.1±0.6 |
| Volume of abomasums (L)     | 5.2±0.8 |
| The SEF of DW               | 2.42±0.1|
| The SEF of VW               | 9.6±0.8 |
| The SEF of DBF              | 4.5±0.4 |
| The SEF of ACF              | 7.2±0.9 |
| The papilla density of DW   | 47.0±6.0|
| The papilla density of VW   | 82.0±16.0|
| The papilla density of DBF  | 55.0±7.0 |
| The papilla density of ACF  | 71.0±14.0|

DW= Doral wall; VW= Ventral wall; ACF= Cranioventral floor of atrium; DBF= Floor of dorsocaudal blind sac.

**Histology structure.** The histology structure of the yak’s four stomachs was basically same under the light microscopy, that is, following by mucosa, submucosa, muscularis and serosa. But the mucosa of forestomach belonged to non-glandular mucosa layer, only abomasum’s mucosa layer had the glands.

**Rumen cardia.** The mucosa of the cardia in the rumen formed tiny and low papillae distributed sparsely, and was consisted of partly keratinized stratified squamous epithelium, which was composed of multi-layer cells varying in shape from upper to lower. A layer of basal cells near the basal membrane was low columnar, there were several layers of polygonal cells above basal layer, and then the flat cells, but the flat cells were partly keratinized on the outermost layer, where the cells with disappearing nuclei were dead, filling with keratin in the cytoplasm. As for shallow corneum, was yet homogeneous and the surface cells are constantly shedding (Fig. 1A). Deep cells, forming downwards a great many apophysis, were larger and went deep into lamina propria.

**Lamina propria** was mainly composed of loose connective tissue without glands, containing collagen fibers. Due largely to the submucosa composing of a thin layer of loose connective tissue as well, so there was no clear boundary between lamina propria and submucosa, where
some plasma cells, macrophages, fibroblasts and mast cells can be observed (Fig. 1B). There were lymphatics and abundant veins and capillaries, but fewer arteries in smaller diameter in the loose connective tissue. Some large lymphocytes, which were easily stained by hematoxylin, were scattered in peripheral veins (Fig. 1C).

The muscularis was the thicker and included two layers of smooth muscle, the inner oblique muscle and the outer longitudinal muscle (Fig. 1D). The outer ring was about 1,551.8–1,622.3 µm in the thickness, of which the muscle bundle was the more coarser than the inner. While the inner oblique muscle was only 1,237.1–1,521.7 µm. Veins and nerve plexus can be seen in connective tissue among muscle bundles. The muscle cells, cytoplasts of which were stained lightly, were slender fibrous in shape, with oblate nuclei located below the basal membrane. In addition, each muscle cell was wrapped by the endomysium (Fig. 1E).

The adventitia was composed of connective tissue. It was rich in collagen and elastic fibers, in which there were a great many blood vessels with the coarser diameter (Fig. 1F). For vein, the wall was collapsed and its flat lumen was also irregular in shape. For artery, the three-tier structure of wall was obvious. In addition, a large number of capillaries and lymph capillaries can be exhibited in the adventitia. There were abundant adipose tissue composed of a large number of fat cells near the muscularis. The nerve plexus, lymphocytes and fibroblasts distributed among connective tissue. What’s the worth noting is that fibroblasts, which attached to collagen fibers with large nuclei stained lightly, were flat and its cytoplasm belonged to basophilic.

Table II. The average thickness of the wall of various layers of stomach (mm).

| Section                  | The type of layer | LP  | MM | SU  | MU  | AD  | The total of thickness |
|-------------------------|-------------------|-----|----|-----|-----|-----|------------------------|
| Rumen cardia            |                   | 69  |    |     |     |     | 3,080 491 4,113        |
| Rumen vestibule         |                   | 90  | 320|     |     |     | 2,834 610 3,854        |
| Ruminoreticular orifice |                   | 90  | 512|     |     |     | 3,508 161 4,271        |
| Reticulum               |                   | 65  | 1,080|    |     |     | 3,850 245 5,240        |
| Sulcus reticuli         |                   | 103 | 166|     |     |     | 6,400 1,790 8,190      |
| Reticuloomasal orifice  |                   | 110 | 270|     |     |     | 4,380 1,100 5,480      |
| Omasum                  |                   | 65  | 32 | 85  | 58  |     | 2,282 670 3,192        |

MP= Mucosal epithelium; LP= Lamina propria; MM= Muscularis mucosa; SU= Submucosa; MU= Muscularis; AD= Adventitia.
Rumen vestibule. The surface of mucosa was covered with large and dense papillae, which were shaped like leaves, about 6,108.1–14,520.2 µm long (Fig. 2A). The mucosal epithelium was superficial keratinized stratified squamous epithelium. For the superficial keratinized layer, the shallow layer was composed of several layers of flat cells without nucleus, while the nucleus of cells in deep layer were flat spindle. The middle layer was composed of polygonal cells with round or oval nucleus. The basal layer was composed of low columnar cells with oval nucleus, which tightly packed and stained into blue-purple. The deep epithelium formed small protrusions extending to the lamina propria.

The lamina propria was composed of loose connective tissue without glands, and stretched papillae along the mucosal epithelium to form a continuous strip. Comparing with cardia, the lamina propria was relatively thin, containing small arteries, veins and capillaries (Fig. 2B). Fibroblasts attached to collagen fibers, irregular fusiform in shape, with blue-purple cytoplasm and oblate nucleus (Fig. 2C). The cytoplasm of plasma cells were abundant and were easily stained by hematoxylin. Interestingly, there was no muscularis mucosa. Submucosa, as loose connective tissue, was connected directly with the lamina propria without obvious boundaries. The fibers of submucosa contained collagen fibers and a small amount of elastic fibers, which were identified by the fiber dyeing. For example, the collagen fibers, which branched and interweaved network in form of waves, were pink. The fine elastic fibers mixed in collagen fibers yet were blue-purple.

The muscularis was more developed, including the inner row muscle and the outer longitudinal muscle, 1,236.0–1,786.5 µm and 1,291.2–1,176.4 µm in the thickness, respectively. Both of them were connected by the connective tissue. Although the structure of muscle was the same as cardia, the inner muscle bundle was the more coarser than the outer.

The adventitia was composed of loose connective tissue, in which lymphocytes, little veins, capillaries and fewer fat cells can be observed in light microscopy.

Ruminoreticular orifice. Mucosal epithelium of the ruminoreticular orifice possessed different histology structure. For example, long and dense papillae can be showed on the side of the rumen, by contrast, the papillae on the side of reticulum were shorter. Mucosal epithelium was keratinized stratified squamous epithelium, and the...
structure of cells in keratinized layer were the same as rumen cardia. The deep epithelium formed downwards a great many apophysis were small and went deep into lamina propria (Fig. 3A).

The lamina propria connected directly with submucosa due to no muscularis mucosa (Fig. 3B). There was no gland and was rich in collagen fibers in the lamina propria, in which a large number of scattered veins, arteries and capillaries can be observed. The quantity and diameter of veins were more and larger than arteries. Furthermore, fibroblasts attached to the collagen fibers, plasma cells, lymphocytes and fewer macrophages in the connective tissue can also be observed clearly.

The muscularis was relatively thick, including the inner row muscle and the outer longitudinal muscle (Fig. 3C). 2,340.1–2,432.3 μm and 879.5–1,176.3 μm in the thickness, respectively. Both of them were connected by the connective tissue, in which there were veins, capillaries and nerve plexus.

The adventitia was thin and composed of loose connective tissue, meanwhile, there were seldom veins and arteries. The outer layer was serosal.

Reticulum. The uplift plicae of mucosa in reticulum formed grids, which interconnected each other and became so-called small reticulum room with quadrilateral in shape. The keratinized papillae densely covered on the plicae and at the bottom of small room, the closer to sulcus reticuli and ruminal pleat, the smaller the reticulum rooms were, even disappearing (Fig. 4A). Mucosal epithelium was stratified squamous epithelium, which was not keratinized. The shape of cells in the surface, middle and basal layer were different, such as flat, irregular polygonal and cylindrical, respectively. In addition, the basal layer formed downwards a great many apophysis and went deep into lamina propria.

Fig. 4 Light microscopic view of reticulum. (A) Mucosal folds (arrow) of reticulum. HE X40. (B) Aorta (a) macrophage cell (b) fibroblast (c) and lymphocyte (d) in lamina propria. HE X400. (C) Lamina propria (a) tunica submucosa (b) and blood vessel (arrow) of reticulum. Stained with elastic fiber X40. (D) Inner (a) and outer (b) muscular layer and connective tissue (arrow) of reticulum. HE X40.
The lamina propria was composed of loose connective tissue, which contained abundant collagen fibers. And collagen fibers formed a continuous band in shape via going deep into papillae. Small veins, lymphatic vessels and capillaries can be seen in the loose connective tissue, in which fibers mixed with lymphocytes, fibroblasts, plasma cells and macrophages (Fig. 4B). There was no glands and muscularis mucosa in the lamina propria. The submucosa was composed of loose connective tissue, where collagen fibers were very thin and its branches interwove into a network. Although the submucosa connected the lamina propria, there was no obvious boundaries (Fig. 4C). Veins, capillaries, fibroblasts also can be observed easily in the submucosa. Fibroblasts with basophilic cytoplasm, which attached to the collagen fibers, were irregular cone.

The muscularis was more developed and composed of the inner row muscle and the outer longitudinal muscle, \(1,537.4 - 2,369.9\, \mu m\) and \(1,501.6 - 1,895.4\, \mu m\) in the thickness, respectively. Both of them were connected by the connective tissue, in which there were nerve plexus (Fig. 4D).

The adventitia constituted by a thin layer of loose connective tissue, which mostly contained elastic fibrous. There were abundant blood vessels and lymph capillaries in the adventitia, especially veins and capillaries, but less fat cells. The diameter of blood vessels were smaller than the submucosa’s. The outer layer was serosal.

**Sulcus reticuli.** There was almost no papillae in the sulcus reticuli. And the epithelium was stratified squamous epithelium without keratinization (Fig. 5A).

The lamina propria, which was composed of loose connective tissue, was thin and connected with submucosa. A small amount of veins, arteries, plasma cells and lymphocytes can be observed in the lamina propria.

The muscularis was very thick, including the inner oblique muscle and the outer row muscle. There were veins and arteries and lymphatic vessels in thick diameter between muscle bundles.

The adventitia was composed of loose connective tissue, about \(751.4 - 1,840.7\, \mu m\) in the thickness. Intensive adipose tissue contained abundant fat cells can be exhibited toward the muscularis. In addition, there were also veins, arteries, less plasma cells and lymphocytes in loose connective tissue (Fig. 5B).

**Reticuloomasal orifice.** The plicae of mucosa in reticuloomasal orifice were gentle, so forming low papillae. The mucosal epithelium was stratified squamous epithelium. The surface of epithelium were flat and squamous cells, the middle were cubic cells, and the basal were columnar cells, which formed downwards a great many apophysis and went deep into lamina propria.

The lamina propria was composed of loose connective tissue without gland, where flat fibroblasts with many apophysis can be seen. The cytoplasm of plasma cells were abundant, with flat nucleus located in the partial side of cells. Occasionally, fewer veins and capillaries can be observed (Fig. 6A). Furthermore, there was no muscularis mucosa in the reticuloomasal orifice.

The submucosa and lamina propria were very thin and there was no boundary between them. But a lot of veins, arteries, capillaries and lymph capillaries in small diameter can be observed in them clearly.

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Fig. 5. Light microscopic view of sulcus reticulum. (A) Epithelium (arrow) submucous layer (a) and muscular layer (b) of sulcus reticulum. HE X100. (B) Adipose tissue (a) aorta (b) and vein (c) in adventitia. HE X40.
The muscularis was very thick and belonged to striated muscle, including the inner row muscle and the outer longitudinal muscle, 982.3–1,880.9 µm and 2,357.3–3,300.5 mm in the thickness, respectively (Fig. 6B). Both of them were connected by the connective tissue, in which nerve plexus, blood vessels and lymphatics can be exhibited occasionally. Myofibrils in the inner row muscle, which were wrapped by myolemma, were visible.

The adventitia was composed of loose connective tissue, about 820.8–1,269.3 µm in the thickness. Abundant fat cells can be exhibited toward the muscularis. In addition, the thicker myofibrils interwove into a network, where a large number of lymphocytes, fibroblasts and plasma cells can be showed (Fig. 6C).

Omasum. The mucosa of omasum formed very special laminae omasi, both sides of which were covered with a lot of papillae. The developed muscularis mucosa, which were perpendicular each other in the direction, was located in both sides of the central muscle. There was also no gland in the mucosa. The mucosal epithelium of laminae omasi was stratified squamous epithelium (Fig. 7A), and the morphology of cells were the same as reticuloomasal orifice.
The lamina propria was composed of loose connective tissue, where collagen fibers were thinner. And plasma cells scattered in the loose connective tissue. The smooth muscle fibers of muscularis mucosa constituted the bundle and formed a continuous layer along the lamina propria (Fig. 7B). The submucosa was very thin and composed of loose connective tissue, where the fine collagen fibers, veins and capillaries in smaller diameter can be seen. In addition, the fibroblasts, plasma cells and lymphocytes attached to the collagen fibers. The muscularis on the body of omasum included the inner row muscle and the outer row muscle were visible, and myocytes were elongated and flattened, with heavy stained nucleus. The adventitia was composed of loose connective tissue, where collagen fibers were thinner. And but there were less fibers in the food in the warm season, such as Asteraceae and Ranunculaceae. So then food remained in the rumen for the shorter than in autumn and winter, thereby the orifice between reticulum and omasum became larger correspondingly.

Distribution of lymphoid tissue in forestomach. The histological and histochemical observations on the rumen, the reticulum and omasum showed that lymphoid tissue was less, mostly scattered lymphocytes and plasma cells in the mucosa in stratified squamous epithelium. The mast cells can still be observed after toluidine blue staining (Fig. 8A and B). In addition, dense lymphoid tissues varying in the size were distributed in the mucosa of rumen (Fig. 8C).

DISCUSSION

This study on histology and histochemistry showed that the forestomach wall of yak was the same as other ruminants, namely, mucosa, submucosa, muscularis and serosa (Ventura et al., 2013). The forestomach of yak was covered with stratified squamous epithelium. It was indicated that there was no muscularis mucosa in the rumen and reticulum by fibroblasts staining, including collagen fibers and elastic fibers. However, this study found that the yak forestomach also had special structures in anatomy and histology.

The adjustment of the channels between submochas in diameter was one of the ways to adapt the environment for ruminants (Ghoshal & Bal, 1989). In order to ensure food to ferment, digest and absorb adequately in the rumen and reticulum, such as cattle and camel, the orifice between reticulum and omasum was relatively small and only allowed a certain standard size of food particles to pass (Reid, 1985). In yak, the orifice between reticulum and omasum was significantly smaller than the orifice between omasum and abomasum in diameter, and the orifice of which was different in different seasons. There were abundant fibers and lignins in the food in the cold season, such as autumn and winter, in order to ensure food to be fully fermented in the rumen and reticulum, it is therefore explained that the orifice between reticulum and omasum was relatively small. But the concentric connective fibers in the food in the warm season, such as Asteraceae and Ranunculaceae. So then food remained in the rumen for the shorter than in autumn and winter, thereby the orifice between reticulum and omasum became larger correspondingly.

In the yak, the ligulate papillae were distributed on the surface of rumen mucosa, about 800-1,500mm long. While the orifice of papillae of adult red deer and gazelle was approximately 600-4,000 µm, 760-1,300 µm, respectively (Prins & Geelen). By contrast, the yak’s rumen papillae was smaller than red deer but larger than gazelle, goats and sheep (Hoppe et al., 1977).
Yak forestomach was covered with special protective epithelium-stratified squamous epithelium, which had the characteristic of abrasion resistance, especially keratinized stratified squamous epithelium. It is therefore believed that this structure helps to digest rough, hard, indigestible food and protect the mucous membrane of the stomach from mechanical damage. The connection between basement membrane and connective tissue was uneven due to the latter becoming papillae convex to epithelium. The strong ability of division and differentiation of the deepest basal cells constantly formed new cell to supplement shedding superficial cells. In addition, the capacity and wall of the rumen of the yak was larger and thicker than that of the cattle, respectively. The papillae were longer and more numerous, which made the stomach bear more foods and contributed to the fermentation of foods and absorption of nutrients, and these papillae can also provide microenvironment for microorganism. Furthermore, it was found that the muscle of the yak forestomach was well-developed, especially the inner muscle of rumen and reticulum, indicating that the well-developed muscularis apparently helped food mixing and digestion. By the staining of elastic fibers and collagen fibers, we conclude that there was no muscularis mucosa in the yak rumen and reticulum, similar to that which occurred in other mammals such as cattle (Vivo et al., 2004; 2005). These findings may also improve our understanding of metabolism-related diseases, thereby benefiting human health.

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