Facile Fabrication of $\text{BiF}_3$: Ln (Ln = Gd, Yb, Er)@PVP Nanoparticles for High-Efficiency Computed Tomography Imaging

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Abstract

X-ray computed tomography (CT) has been widely used in clinical practice, and contrast agents such as iohexol are often used to enhance the contrast of CT imaging between normal and diseased tissue. However, such contrast agents can have some toxicity. Thus, new CT contrast agents are urgently needed. Owing to the high atomic number ($Z = 83$), low cost, good biological safety, and great X-ray attenuation property (5.74 cm$^2$ kg$^{-1}$ at 100 keV), bismuth has gained great interest from researchers in the field of nano-sized CT contrast agents. Here, we synthesized $\text{BiF}_3$: Ln@PVP nanoparticles (NPs) with an average particle size of about 380 nm. After coating them with polyvinylpyrrolidone (PVP), the $\text{BiF}_3$: Ln@PVP NPs possessed good stability and great biocompatibility. Meanwhile, compared with the clinical contrast agent iohexol, $\text{BiF}_3$: Ln@PVP NPs showed superior in vitro CT imaging contrast. Subsequently, after in situ injection with $\text{BiF}_3$: Ln@PVP NPs, the CT value of the tumor site after the injection was significantly higher than that before the injection (the CT value of the pre-injection and post-injection was 48.9 HU and 194.58 HU, respectively). The morphology of the gastrointestinal (GI) tract can be clearly observed over time after oral administration of $\text{BiF}_3$: Ln@PVP NPs. Finally, the $\text{BiF}_3$: Ln@PVP NPs were completely discharged from the GI tract of mice within 48 h of oral administration with no obvious damage to the GI tract. In summary, our easily synthesized $\text{BiF}_3$: Ln@PVP NPs can be used as a potential clinical contrast agent and may have broad application prospects in CT imaging.

Keywords: Facile synthesized strategy, $\text{BiF}_3$: Ln@PVP nanoparticles, Contrast agents, Computed tomography, Gastrointestinal tract imaging

Introduction

X-ray computed tomography (CT) can image internal tissues and organs in a cross-sectional way with high resolution and low price [1, 2]. Thus, it is an important means to diagnose respiratory diseases, digestive diseases, and urinary system diseases [3–8]. However, CT sometimes has low contrast between diseased tissues and normal tissues. Thus, contrast agents such as iohexol are widely used in clinical practice to specifically enhance the X-ray attenuation of diseased tissues. However, the clinical contrast agents are often used in large doses due to the low sensitivity of CT detectors [9]. In addition, commercial iodine-based contrast agents have an extremely fast metabolism in the body and severe side effects, including cardiac events and nephrotoxicity; these issues limit their clinical use and should be solved urgently [10–15].

Nanomaterials have shown broad application prospects in environmental remediation, photovoltaic applications, catalysts, etc. [16–21]. For instance, Balati et al. [22] have synthesized a heterostructured photocatalyst (HBTiO$_2$/RBIHM-MoS$_2$) using pulsed laser ablation in liquid (PLAL) followed by microwave irradiation.
Nanomaterials have also been widely used in medicine, including imaging and treatment.

Gold (Au), tantalum (Ta), platinum (Pt), and other elements with high X-ray attenuation have gained the interest of researchers, and nanomaterials synthesized from these elements have been well-researched as potential contrast agents for CT imaging [1, 12–15, 23, 24]. However, their high price and uncertain biosafety limits their further use. Bismuth (Bi) is well-known as a biosafe element with low cost. It has been used in clinical practice and plays a critical role in combination therapy for Helicobacter pylori and other diseases, including chronic liver disease as well as gastric and duodenal ulcers. It has great biological safety and tolerance during treatment [7, 25]. Also, Bi has been used in the preparation of nanoscale contrast agents such as HA-BiO NPs, Bi2S3, BION, and Bi2Te3 because of its high atomic number (Z = 83) and excellent X-ray attenuation capacity (5.74 cm² kg⁻¹ at 100 keV) [26–29].

For instance, Mohsen Mahvi et al. synthesized Bi2Te3 nanoflakes via a microwave-assisted polyol process that showed a better X-ray attenuation coefficient than commercial Iohexol [29]. Thus, Bi is a promising element for constructing high-performance CT contrast agents. However, the preparation of Bi-based nanocontrast agents is complicated [30, 31].

Here, we combined Bi with lanthanides (Gd, Yb, Er) via a facile and low-cost protocol to fabricate BiF3: Ln@PVP nanoparticles (NPs). We then investigated its potential for generating contrast for CT imaging. After coating the samples with PVP, BiF3: Ln@PVP NPs showed good stability and low biological toxicity. These samples exhibit better X-ray attenuation than commercial Iohexol in vitro, have good in vivo contrast, and offer great gastrointestinal (GI) tract CT imaging. Importantly, after 48 h of oral administration of BiF3: Ln@PVP, the nanoparticles were completely excreted from the body showing no obvious damage to vital organs such as the liver and the kidneys. We believe that our work may provide a new theoretical basis for the clinical use of nanoscale CT contrast agents.

**Methods**

All experimental protocols including animal experiments were approved by the ethics committee of Xiamen University in Fujian Province, China.

**Materials and Reagents**

Bismuth nitrate pentahydrate (Bi(NO3)3·5H2O, ≥ 99.99%), ammonium fluoride (NH4F, ≥ 99.99%), ytterbium nitrate hexahydrate (Yb(NO3)3·6H2O, ≥ 99.9%), erbium nitrate hexahydrate (Er(NO3)3·6H2O, ≥ 99.9%), gadolinium nitrate hexahydrate (Gd(NO3)3·6H2O, ≥ 99.9%), polyvinylpyrrolidone (PVP, ≥ 99.0%), and Iohexol (≥ 99.0%) were bought from Aladdin Reagents (Shanghai, China). The live-dead cell staining kit and cell counting kit-8 (CCK-8) were bought from Yeasen (Shanghai, China). The RPMI medium 1640, penicillin, streptomycin, and fetal bovine serum (FBS) were purchased from Gibco (New York, USA).

**Fabrication of BiF3: Ln@PVP NPs**

The BiF3: Ln@PVP NPs were synthesized via a hydrothermal approach. In detail, 1 mmol Ln(NO3)3·6H2O (Ln = Yb, Er and Gd), and 1 mmol Bi(NO3)3·6H2O were dissolved into a 35-mL solution including 5-mL deionized water (DI) and 30-mL ethylene glycol to form a transparent solution A. This was then mixed with 0.5 g PVP (Mw = 10,000) and stirred at room temperature for 10 min. NH4F (20 mmol) was dissolved into 10-mL DI to form solution B. Solution B was then poured into solution A, and a white mixture solution C was formed after stirring for 20 min. Solution C was then put into a 50-mL autoclave and heated to 180 °C for 24 h. The temperature naturally dropped to room temperature after 24 h. Finally, the samples were centrifuged (8000 rpm, 3 min) and rinsed by DI and alcohol to wash away the un-reacted substances. The last samples were gathered by freeze-drying.

**Characterization of BiF3: Ln@PVP NPs**

The morphology of BiF3: Ln@PVP NPs was detected by transmission electron microscopy (TEM, TECNAI G20 F30 TWIN, Oxford) with an operating voltage of 300 kV. The composition of the nanoparticles was analyzed by energy dispersive spectrum (EDS) in TEM including map analysis. The Fourier transform infrared spectroscopy (FTIR, Thermo Scientific Nicolet iN10 MX spectrometer, USA) was used to distinguish the functional groups of the samples. The crystal structures and phase feature of the BiF3: Ln@PVP NPs used powder X-ray diffraction (XRD, D8 Advance) with Cu Kα radiation under 40 kV and 40 mA conditions. The size distribution of the nanoparticles dispersed in DI and PBS (pH 7.4) was investigated by dynamic light scattering (DLS, Brookhaven Instruments-Omni, USA).

**Cell Line and Cell Culture**

HepG2 cells were from the Cell Bank of the Chinese Academy of Sciences (Shanghai, China). Cells were cultured in RPMI medium containing 10% fetal bovine serum (FBS) and 1% penicillin-streptomycin under 37 °C and 5% CO2 conditions. The culture media was replaced every other day.

**Cytocompatibility of BiF3: Ln@PVP NPs In Vitro**

The cytocompatibility of BiF3: Ln@PVP NPs in vitro was estimated by a live-dead assay and the CCK-8 assay. In detail, the HepG2 cells were collected and seeded in
confocal dishes at $5.0 \times 10^5$. The cells were then cultured overnight. The BiF$_3$: Ln@PVP NP suspensions were next added to the cells at different concentrations (100, 200, and 400 μg/mL) and set as the experimental groups. Meanwhile, medium without nanoparticles was added and set as the control group. Subsequently, both the experimental groups and the control group were cultured for 24 h. After 24 h, we gently removed the original medium and the live-dead assay was then performed according to the protocol provided by the manufacturer. Briefly, the living cells were labeled via Calcein-AM, while the dead cells were stained by propidium iodide (PI); cells were then observed under a confocal microscope (Nikon, Japan).

A CCK-8 assay was performed to further determine the cytotoxicity of BiF$_3$: Ln@PVP NPs in vitro. In detail, the HepG2 cells were collected and seeded in a 96-well plate with 3000 cells per well and cultured in an incubator overnight. Different concentrations of BiF$_3$: Ln@PVP NP (0, 25, 50, 100, 200, and 400 μg/mL) were mixed with the cells and cultured for 24 h. The CCK-8 reagent (10 μL) was added into each well and incubated for 2 h at 37 °C conditions. Later, the OD values of each well were measured at 450 nm by a SPECTRA max Microplate Reader (model 680, Bio-Rad, Tokyo, Japan), and the cell viability of each concentration was calculated according to the formula provided by the manufacturer. These experiments were repeated three times.

**Animals**
Female BALB/c nude mice (4- to 6-week-old) were obtained from Xiamen University Laboratory Animal Center (Xiamen, China). The mice were reared in a sterile environment and maintained for a 12-h light/dark cycle. The animals were injected with HepG2 cells ($1.0 \times 10^7$/mL) subcutaneously to induce tumor formation. All of the animal experiments in this work were conducted according to the protocol approved by the Animal Care and Use Committee of Xiamen University.

**Biocompatibility of BiF$_3$: Ln@PVP NPs In Vivo**
Histological analysis was used to observe the biocompatibility of BiF$_3$: Ln@PVP NPs in vivo. The experimental group mice were injected with a BiF$_3$: Ln@PVP NP suspension at 200 mg/kg through the tail vein; control mice were intravenously injected with the same volume of PBS. After 24 h, the major organs including hearts, livers, spleens, lungs, kidneys, and brains were immediately removed after the mice were sacrificed. All of the organs were fixed with 4% paraformaldehyde fixative for 12 h and then embedded in paraffin and sliced. Finally, hematoxylin–eosin (H&E) staining was performed. The morphology of the organs was evaluated and captured by an upright fluorescence microscope (Leica DM2700 P, Germany).

**CT Performance of BiF$_3$: Ln@PVP NPs In Vitro and In Vivo**
To study the application of BiF$_3$: Ln@PVP NPs in vitro CT imaging, BiF$_3$: Ln@PVP NP and Iohexol suspensions were prepared and diluted to 0, 0.625, 1.25, 2.5, 5.0, 10.0, and 20.0 mg/mL and removed into 0.3-mL Eppendorf tubes. The CT images and the corresponding CT values of BiF$_3$: Ln@PVP NP and Iohexol suspensions were obtained and recorded by an X-ray CT instrument (Siemens) with an operating voltage of 50 kV and 80 kV, respectively. Next, the CT imaging ability of BiF$_3$: Ln@PVP NPs in vivo was studied; The BiF$_3$: Ln@PVP NP suspension was intratumorally injected into the tumor-bearing nude mice at 200 mg/kg (100 μL). Subsequently, the mice were anesthetized and the X-ray CT machine (Siemens, 80 kV, 88 μA) was used to capture CT images before and after administration of BiF$_3$: Ln@PVP.

**CT Performance of BiF$_3$: Ln@PVP NPs in GI Tract and Histological Analysis**
To further explore the value of BiF$_3$: Ln@PVP NPs in CT imaging, the mice were fasted overnight and orally administrated a BiF$_3$: Ln@PVP NP suspension (300 μL, 20 mg/mL) through a gastric tube. The mice were then intraperitoneally anesthetized with chloral hydrate. Next, GI images at different intervals (0, 15 min, 30 min, 120 min, 6 h, 12 h, 24 h, and 48 h) were captured at 80 kV. Finally, 3D models of the mice were reconstructed via the CT machine. The mice were then sacrificed and the stomachs, small intestines and large intestines were removed and fixed with 4% paraformaldehyde for 12 h. They were then embedded in paraffin and sectioned before H&E staining to evaluate the gastrointestinal toxicity of BiF$_3$: Ln@PVP NPs.

**Statistical Analysis**
Date were analyzed using one-way ANOVA; a $P$ value < 0.05 was considered statistically significant in all analyses (95% confidence level).

**Results and Discussion**
**Fabrication and Physicochemical Properties of the BiF$_3$: Ln@PVP NPs**
First, the BiF$_3$: Ln@PVP NPs were prepared through a hydrothermal reaction (Scheme 1). Figure 1A shows the morphology of the BiF$_3$: Ln@PVP NPs by TEM. The BiF$_3$: Ln@PVP NPs have a uniform and spherical structure. The mean size of the BiF$_3$: Ln@PVP NPs is about 380 nm and is evenly dispersed. The insert figure shows that the nanoparticles have a relatively narrow particle size distribution (bottom right). The composition of BiF$_3$: Ln@
PVP NPs were analyzed by EDS after evaluating the morphology of the BiF₃: Ln@PVP NPs. Figure 1B–F shows a dark-field image of BiF₃: Ln@PVP NPs taken before elemental analysis. The results show that our nanoparticles are mainly composed of Gd, Yb, Er, and Bi elements, indicating that the BiF₃: Ln@PVP NPs were successfully synthesized.

PVP is an effective stabilizer to improve the biocompatibility and stability of nanomaterials [32]. Therefore, we modified our nanoparticles with PVP as previously reported [33]. FTIR spectra were used to determine whether the PVP was successfully coated on the surface of the nanoparticles (Fig. 2). There were C=O group strong absorption peaks and C–N group peaks at 1658 and 1293 cm⁻¹, respectively. These were from PVP indicating that the coating of PVP on the surface of the nanoparticles was complete [34]. The XRD pattern of the BiF₅: Ln@PVP NPs are shown in Fig. 3. Figure 3A shows that all peaks are well-matched with standard card BiF₃. Ln data (PDF 74-0144) further demonstrating that the BiF₃: Ln@PVP NPs were successfully prepared. The atomic parameters of the BiF₃ structure can be used as the initial parameters in the standard cif card via Diamond software. The standard structure yielded PDF 74-0144, a = b = c = 5.865 Å, V = 201.75(3) Å, and density (c) = 8.755. The BiF₃ crystal structure viewed from the C-axis has layers stacked in the direction perpendicular to the A-axis (Fig. 4B), and the view of a single structure from the A-axis shows Bi is in the center of the atom (Fig. 4C). These results indicate that BiF₃: Ln@PVP NPs have a good crystal structure, and the surface coating only slightly influences the crystal structure of BiF₅: Ln@PVP NPs.

![Scheme 1](image-url)
Stability and Cytocompatibility of BiF$_3$:: Ln@PVP NPs

Since the dispersion size of nanoparticles can affect the interaction with biological systems, it is necessary to study the dispersion size of nanoparticles in different solutions [33]. Figure 4A, B shows that the BiF$_3$:: Ln@PVP NPs have a relatively narrow distribution in DI and PBS (pH = 7.4), indicating that the BiF$_3$:: Ln@PVP NPs have good stability in different solutions. Thus, they are suitable for biological applications.

The cytotoxicity of BiF$_3$:: Ln@PVP NPs were studied after proving that BiF$_3$:: Ln@PVP NPs have good stability in different solutions. The live-dead experiment evaluated the cytotoxicity of BiF$_3$:: Ln@PVP NPs. No obvious red fluorescence was observed when the concentration of BiF$_3$:: Ln@PVP NP suspension reached 400 µg/mL and was cultured with HepG2 cells for 24 h (compared with the control group; Fig. 4C). This indicates that there was no significant cell death in the experimental group. Subsequently, a CCK-8 assay was performed to further study the cytotoxicity of BiF$_3$:: Ln@PVP NPs. Figure 4D shows the cell viability of HepG2 cells incubated with various concentrations of BiF$_3$:: Ln@PVP NP suspensions for 24 h, the experimental groups of HepG2 cells all had relatively high cell viabilities. Furthermore, the cell viability was as high as 85.96% when the concentration of the BiF$_3$:: Ln@PVP NP suspension reached to 400 µg/mL. These results demonstrated that the BiF$_3$:: Ln@PVP NPs possessed favorable biocompatibility in vitro, which may be attributed to the coating of PVP on the surface of the BiF$_3$:: Ln@PVP NPs.

![Fig. 2](image1.png)  
**Fig. 2** FTIR spectra of BiF$_3$:: Ln@PVP NPs. The blue line represents the initial absorption peak of the BiF$_3$:: Ln. The red line represents the absorption peak after modifying PVP to the surface of nanoparticles.

![Fig. 3](image2.png)  
**Fig. 3** XRD pattern of BiF$_3$:: Ln@PVP NPs. A All peaks of the BiF$_3$:: Ln are well-matched with standard card BiF$_3$:: Ln data (PDF 74-0144). B The view of atomic distribution from C axis and C show the coordination along the A axis.
Biocompatibility of BiF₃: Ln@PVP NPs In Vivo
In addition to low cytotoxicity, good in vivo biocompatibility is another necessary condition for the clinical use of contrast agents [35]. Thus, the BiF₃: Ln@PVP NP suspension was prepared and injected into the mice at 200 mg/kg (100 μL) through the tail vein. The same volume of PBS solution was injected and set as the control group. After 24 h, the mice were sacrificed, and major organs were excised during necropsy. The H&E staining was performed to evaluate the system toxicity. Figure 5 shows no obvious pathological abnormalities after BiF₃: Ln@PVP NPs administration for 24 h. These results indicate that BiF₃: Ln@PVP NPs have good biocompatibility, which is consistent with the low cytotoxicity shown above.

The Ability of BiF₃: Ln@PVP NPs In Vitro CT Imaging
Elements with high atomic numbers usually have high contrast effects because of their great X-ray attenuation. For example, contrast agents prepared from precious metals with a high atomic number (Au [36], Ag
etc.) have excellent CT imaging effects as previously reported. Therefore, a promising type of contrast agent can be considered. However, their high cost limits their further clinical application. Bismuth has good biological safety and low cost, with great X-ray attenuation ability [38–41]. Herein, to evaluate the contrast agent effect of BiF₃: Ln@PVP NPs, we compared the X-ray attenuation ability of BiF₃: Ln@PVP NPs with the commercial contrast agent Iohexol solution in vitro. Figure 6A, B shows the corresponding CT images of BiF₃: Ln@PVP and Iohexol under different operating voltage (50 kV and 80 kV, respectively). Figure 6A, B indicates that the gray level of the image gradually changes from black shade to white shade as the concentration of the suspensions increased. However, at the same concentration, BiF₃: Ln@PVP has a brighter shade than Iohexol because the X-ray attenuation coefficient of Bi is higher than that of I (Bi is 5.74 cm² kg⁻¹ and I is 1.94 cm² kg⁻¹ at 100 keV) [42].

Figure 6C shows that the CT value (Hounsfield Unit, HU) increases linearly with increasing BiF₃: Ln@PVP NPs and Iohexol concentration (both R² > 0.99) regardless of the operating voltage. The CT value of the unit mass concentration of BiF₃: Ln@PVP NPs is much higher than that of Iohexol (1.5- and 1.7-fold higher than that at 50 kV and 80 kV, respectively). These results indicate that the BiF₃: Ln@PVP NPs can provide better contrast effect at the same doses versus commercial Iohexol; these data confirm that the BiF₃: Ln@PVP NPs have good in vitro CT imaging capability, which is of great significance because it can reduce the amount of contrast agent while ensuring good imaging effects.

This can significantly reduce the toxicity and side effects.

**Contrast Effect of BiF₃: Ln@PVP NPs In Vivo CT Imaging**

The BiF₃: Ln@PVP NP suspension was next injected intratumorally into the tumor-bearing mice (200 mg/kg, 100 µL) to evaluate the contrast effect of BiF₃: Ln@PVP NPs in vivo CT imaging. A strong signal intensity change is detected versus baseline in the same tumor area after 1 h administration of BiF₃: Ln@PVP NP suspension (Fig. 7A). Meanwhile, Fig. 7B shows that the CT value of post-injection (184.58 HU) is much higher than pre-injection (48.9 HU). This is due to the increase in the X-ray attenuation coefficient of tumor tissue after BiF₃: Ln@PVP NPs are distributed in tumor tissue. The results indicate that the BiF₃: Ln@PVP NPs have great in vivo CT imaging ability.

**GI Tract CT Imaging Performance of BiF₃: Ln@PVP NPs and Its GI Toxicity**

Encouraged by the promising results above, we were motivated to further evaluate potential application of BiF₃: Ln@PVP NPs in CT imaging. As a common non-invasive imaging method, CT plays a vital role in the diagnosis of GI diseases and the formulation of treatment plans due to its convenient image processing, no tissue damage, and painlessness of patients [43, 44]. The commonly used barium sulfate contrast agent is usually used together with aerogenic powder. Owing to the different densities produced by the two substances, the GI tract cannot always be clearly displayed resulting in missed diagnoses, which limit its in clinical use [45]. Thus, it is of great significance to explore high-efficiency GI contrast

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**Fig. 6** Comparison of the effect of in vitro CT imaging between BiF₃: Ln@PVP NPs and Iohexol. **A, B** In vitro CT imaging under different operating voltages (50 and 80 kV, respectively) of BiF₃: Ln@PVP NPs and Iohexol. **C** The corresponding CT values of BiF₃: Ln@PVP NPs and Iohexol under 50 and 80 kV, respectively.
agents that do not require additional assistance. In this work, we explored the effect of BiF\textsubscript{3}: Ln@PVP NPs on the GI tract in nude mice.

Figure 8A shows that the shape of the stomach and small intestine became visible after oral administration of BiF\textsubscript{3}: Ln@PVP NP suspension (20 mg/mL, 300 μL) for 15 min. At 30 min, the BiF\textsubscript{3}: Ln@PVP NPs were metabolized with the peristalsis of the stomach. The stomach morphology became weak. At 120 min, most of the BiF\textsubscript{3}: Ln@PVP NPs were metabolized from the stomach, and only the remaining stomach outline was visible. The BiF\textsubscript{3}: Ln@PVP NPs began to appear in the contour of the large intestine at 6 h, indicating that the nanoparticles began to become enriched in the large intestine; the morphology of the large intestine was clearly visible at 12 h. Most of the BiF\textsubscript{3}: Ln@PVP NPs were excreted and only a small part remains at 24 h. We could not observe the GI morphology at 48 h interval, indicating that all the BiF\textsubscript{3}: Ln@PVP NPs were excreted from GI tract. After the nanoparticles were completely excreted from the GI tract, the mice were sacrificed and the stomach, small intestine and large intestine were removed for an H&E assay to evaluate the GI toxicity of the BiF\textsubscript{3}: Ln@PVP NPs. Figure 8B shows no obvious histological changes in the stomach, small intestine, or large intestine after 48 h of oral administration of BiF\textsubscript{3}: Ln@PVP NPs demonstrating that the BiF\textsubscript{3}: Ln@PVP NPs have no significant toxicity to the GI tract. These results indicate that BiF\textsubscript{3}: Ln@PVP NPs can be used as a potential CT contrast agent for the GI tract to enhance the CT imaging performance of the GI tract, while having no obvious toxicity to the GI tract.

These results indicate that BiF\textsubscript{3}: Ln@PVP NPs have potential as clinical CT contrast agents for tumor and gastrointestinal imaging. However, owing to the limitation of particle size, BiF\textsubscript{3}: Ln@PVP NPs cannot achieve good enhanced permeability and retention (EPR) effect [46]. The long-term biological safety of BiF\textsubscript{3}: Ln@PVP NPs and the metabolic process in vivo requires further study.

**Conclusion**

Herein, we synthesized a novel CT contrast agent via hydrothermal process. The TEM data show that BiF\textsubscript{3}: Ln@PVP NPs have a uniform spherical structure with a mean size of about 380 nm. The FTIR spectra show that the PVP was successfully wrapped on the surface of the nanoparticles to improve the biological safety of the nanoparticles. We then compared the in vitro CT imaging effect with Iohexol under different operating voltages. The results indicate that the BiF\textsubscript{3}: Ln@PVP NPs have a better X-ray attenuation ability than Iohexol. Biocompatibility studies show that the BiF\textsubscript{3}: Ln@PVP NPs have no obvious toxicity to major organs in vivo. Finally, the good X-ray attenuation ability allows BiF\textsubscript{3}: Ln@PVP NPs to have good contrast imaging effects in vivo to successfully visualize the GI tract in detail without causing damage to the GI tract. Therefore, our work offers a high-efficiency CT contrast agent with good water-soluble stability, good biosafety, and high efficiency. These features make it a potential candidate for clinical contrast agents.
Abbreviations
CT: Computed tomography; PVP: Polyvinylpyrrolidone; GI: Gastrointestinal; PLAL: Pulsed laser ablation in liquid; Bi: Bismuth; Gd: Gadolinium nitrate; Yb: Ytterbium; Er: Erbium; Au: Gold; Ta: Tantalum; Pt: Platinum; I: Iodine; NP: Nanoparticle; CCK-8: Cell counting kit-8; RPMI: Roswell Park Memorial Institute; FBS: Fetal bovine serum; Ln: Lanthanides; DI: Deionized water; TEM: Transmission electron microscopy; EDS: Energy dispersive spectrum; FTIR: Fourier transform infrared spectroscopy; XRD: Powder X-ray diffraction; DLS: Dynamic light scattering; PI: Propidium iodide; H&E: Hematoxylin–eosin; HU: Hounsfield unit; EPR: Enhanced permeability and retention.

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Authors’ contributions
Y.Q.C, J.H.Y and F.H.L proposed the ideas. J.X and Z.L.Z completed the experiment and original draft writing. J.H.Y and F.H.L reviewed and edited the original draft. S.H.M. and S.Y.W together carried out with the in vivo experiment part. X.L and J.J.L assisted in data collection and statistical analysis. This article has been read by all authors and agreed to be published.

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Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Declaration
Competing interests
All authors declare that they have no conflict of interest.

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