Three single nucleotide polymorphisms of TNFAIP3 gene increase the risk of rheumatoid arthritis

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ABSTRACT
Rheumatoid arthritis (RA) is a systemic autoimmune disease characterized by chronic destructive inflammation in synovial joints. To date, many studies explored the associations between tumor necrosis factor alpha inducible protein 3 (TNFAIP3) gene rs6920220, rs2230926, and rs5029937 polymorphisms and the risk of rheumatoid arthritis (RA), but with contradictory results. We therefore conducted a comprehensive meta-analysis to address the associations. We searched in the databases of PubMed and Embase. Pooled odds ratios (ORs) and 95% confidence intervals (CIs) were calculated by the Stata 11.0 software. A total of 21 case-control studies for these three single nucleotide polymorphisms (SNPs) were included in this meta-analysis. Meta-analysis indicated that TNFAIP3 gene rs6920220, rs2230926, and rs5029937 polymorphisms were associated with the increased risk of RA. Stratification analysis of ethnicity found that rs6920220 and rs5029937 polymorphisms increased the risk of RA among Caucasians, while rs2230926 polymorphism increased the risk of RA among Asians. In summary, this meta-analysis confirms that TNFAIP3 gene polymorphisms may play important roles in the pathogenesis of RA.

INTRODUCTION
Rheumatoid arthritis (RA) is an autoimmune inflammatory disease, which is characterized by inflammation and destruction of synovial joints leading to progressive joint damage and disability. The etiology of RA is still poorly understood. RA is a multifactorial disorder, involving both genetic and environmental risk factors [1]. Studies indicate that genetic factors may be account for approximately 50–65% of the risk of RA [2]. Human leukocyte antigen (HLA) alleles are well recognized to be implicated in the pathogenesis of RA [3]. Many genome-wide association studies (GWASs) have confirmed known and identified new genetic determinants of RA [4].

The tumor necrosis factor alpha inducible protein 3 (TNFAIP3) gene encodes ubiquitin-editing protein A20 [5]. A20 is a potent anti-inflammatory protein, which is required for the termination of both tumor necrosis factor (TNF) and Toll-like receptor-induced NF-kB signals [5, 6]. The ubiquitin modifying enzyme A20 restricts B cell survival and prevents autoimmunity [7]. TNFAIP3 could deregulate NF-κB-dependent gene expression via deubiquitinating specific NF-κB signaling molecules [6]. TNFAIP3 gene is located at 6q23, and is reported to be significantly associated with autoimmune diseases, including RA [8]. Recently, a host of studies [9–29] explored the associations between TNFAIP3 gene rs6920220, rs2230926, and rs5029937 polymorphisms and RA risk, but with
contradictory results. These studies were conflicting and inconclusive due to clinical heterogeneity, different ethnic populations, and small sample sizes. In order to provide a convincing relationship between TNFAIP3 gene rs6920220, rs2230926, and rs5029937 polymorphisms and RA susceptibility, we performed this comprehensive meta-analysis to clarify the possible associations.

RESULTS

Characteristics of the included studies

Selection for eligible studies included in this meta-analysis was presented in Figure 1. We yielded a total of 83 citations after initial search. 29 citations were removed after removing duplicates. After screening the titles and abstracts, 27 citations were deleted. 37 citations were selected for further full text review. 16 citations were excluded because they did not conform to the inclusion criteria (see Figure 1). We finally identified 21 studies (27,451 cases and 30,443 controls) in this meta-analysis. 14 studies [9–13, 18, 20, 21, 23, 26–29] with 21,040 cases and 23,086 controls examined rs6920220 polymorphism; 6 studies [14, 17, 19, 22, 24, 25] including 5,912 cases and 6,463 controls investigated rs2230926 polymorphism; 5 studies [16, 18, 21, 23, 24] involving 12,518 cases and 14,061 controls explored rs5029937 polymorphism. The characteristics of included studies were summarized in Table 1. The Newcastle-Ottawa Scale (NOS) scores of all included studies ranged from 5 to 7 stars, suggesting that these studies were of high methodological quality.

Associations of the TNFAIP3 gene polymorphisms with RA susceptibility

As shown in Table 2, we found a significant association between TNFAIP3 gene rs6920220 (AA vs. GA+GG: OR; 1.36; 95% CI, 1.24–1.50, P < 0.001, Figure 2), rs2230926 (TG+GG vs. TT: OR; 1.39; 95% CI, 1.24–1.50, P < 0.001, Figure 3), and rs5029937 (T vs. G: OR; 1.42; 95% CI, 1.17–1.73, P < 0.001, Figure 4) polymorphisms with the increased risk of RA. Stratification analysis of ethnicity indicated that rs6920220 and rs5029937 polymorphisms increased the risk of RA among Caucasians, while rs2230926 polymorphism among increased the risk of RA among Asians. Stratification analysis of ethnicity indicated that rs6920220 and rs5029937 polymorphisms increased the risk of RA among Caucasians, while rs2230926 polymorphism among increased the risk of RA among Asians.

DISCUSSION

In this meta-analysis, our data found that TNFAIP3 gene rs6920220, rs2230926, and rs5029937 polymorphisms increased the risk of RA. Stratification analysis of ethnicity indicated that rs6920220 and rs5029937 polymorphisms increased the risk of RA among Caucasians, while rs2230926 polymorphism among increased the risk of RA among Asians.

TNFAIP3 is an inhibitor of the NF-κB signaling pathway, which is significantly associated with the development of RA [30]. Vereecke et al. illustrated the importance of TNFAIP3 in the resolution of inflammation and the prevention of RA [31]. TNFAIP3 gene involves in the negative regulation of inflammatory responses, and alters the expression or activity of A20, which influence the pathogenesis of RA [7]. A meta-analysis performed by Lee et al. investigated TNFAIP3 gene rs6920220, rs2230926 polymorphisms with RA susceptibility recently [32]. They found that rs6920220 and rs2230926 polymorphisms were associated with the increased risk of RA, which is consistent with our results. The findings of this present meta-analysis regarding the association between rs6920220, rs2230926 polymorphisms and RA in Caucasians and Asians are mostly in agreement with the previous meta-analysis by Lee et al. [32]. However, our data showed no association of rs2230926 polymorphism with RA in African–Americans, unlike the positive result from Lee et al. [32]. Furthermore, our data about rs2230926 polymorphism among African–Americans was also in accordance with findings of original study by Perkins et al. from America [19], indicating that the data of Lee et al. was not trustworthy. We also found rs2230926 polymorphism was associated with the risk of RA among Caucasians, which was not uncovered by previous meta-analysis [32]. Another notable limitation of the meta-analysis by Lee et al. was that they did not include several studies of rs6920220 polymorphism [11, 15, 18, 20, 21, 28], which actually met the inclusion criteria of their meta-analysis. Therefore, we assumed previous meta-analysis could not provide a comprehensive conclusion. Furthermore, Additional studies [9, 14, 23–25] have been published in recent years since the meta-analysis. The findings of these studies were conflicting. Distribution of gene functional polymorphisms varying in different races, inadequate statistical power of single study, clinical heterogeneity, small sample size, or uncorrected multiple hypothesis testing may contribute to the inconsistent findings. In order to overcome these limitations, it is necessary to conduct a new meta-analysis including the updated data to confirm whether the TNFAIP3 gene polymorphisms are associated with RA susceptibility.
We believe our meta-analysis has some strengths over previous meta-analysis Lee et al. for the following reasons. First, we included 14 studies with 21,040 cases and 23,086 controls examining rs6920220 polymorphism and 6 studies with 5,912 cases and 6,463 controls investigating rs2230926 polymorphism, indicating that the sample sizes of rs6920220 and rs2230926 polymorphisms were large. Second, we conducted sensitivity analysis and power analysis, suggesting that our data about these SNPs were trustworthy and robust. Third, we also conducted a meta-analysis of another SNP of TNFAIP3 gene (rs5029937 polymorphism). The data revealed that rs5029937 polymorphism increased the risk of RA. Stratification analysis of ethnicity also found a positive

Table 2: Meta-analysis of association between TNFAIP3 rs6920220, rs5029937 and rs2230926 polymorphisms and RA risk

| Comparison          | OR(95%CI)     | P-value | P for heterogeneity | I² (%) | Model  |
|---------------------|---------------|---------|---------------------|--------|--------|
| rs6920220           |               |         |                     |        |        |
| A vs. G             | 1.17(1.08,1.26) | < 0.001 | < 0.001             | 67.3   | Random |
| GA+AA vs. GG        | 1.19(1.09,1.29) | < 0.001 | < 0.001             | 65.2   | Random |
| AA vs. GA+GG        | 1.36(1.24,1.50) | < 0.001 | 0.312               | 13.5   | Fixed  |
| rs5029937           |               |         |                     |        |        |
| T vs. G             | 1.42(1.17,1.73) | < 0.001 | 0.038               | 60.6   | Random |
| GT+TT vs. GG        | 1.42(1.15,1.75) | 0.001   | 0.028               | 63.2   | Random |
| TT vs. GT+GG        | 2.40(1.30,4.44) | 0.005   | 0.955               | 0.0    | Fixed  |
| rs2230926           |               |         |                     |        |        |
| G vs. T             | 1.37(1.10,1.71) | 0.005   | 0.001               | 75.7   | Random |
| TG+GG vs. TT        | 1.39(1.11,1.72) | 0.003   | 0.009               | 67.6   | Random |
| GG vs. TT+TG        | 1.14(0.86,1.52) | 0.358   | 0.180               | 36.2   | Fixed  |

*Bold values are statistically significant (P < 0.05).
association between rs5029937 polymorphism and RA among Caucasians, but not Asians. There are several possible interpretations for different results of these SNPs between Asians and Caucasians. First, genetic heterogeneity for RA may exist in different populations. Second, the discrepancy may be explained by clinical heterogeneity between the different populations. Third, the sample sizes of the Asian populations might not have been sufficiently large to reach a convincing conclusion when compared with Caucasian populations. Additionally, the different genotyping methods and random errors may also be potential reasons for different findings between Asians and Caucasians. To our knowledge, this is the first meta-analysis to address the association between rs5029937 polymorphism and RA risk.

Several potential limitations should be addressed in this meta-analysis. First, due to limited data, we could not perform further stratification analyses of other potential factors, such as rheumatoid factor (RF). Second, our results were based on unadjusted estimates for confounding factors, which might have affected the final conclusions. Third, we could not assess potential gene-gene and gene-environment interactions due to the lack of relevant data. Fourth, we cannot examine the associations between these SNPs of TNFAIP3 and the clinical manifestations of RA. Fifth, some genetic models of this meta-analysis were high, and it is necessary to interpret it with caution. Sixth, the sample sizes of stratification analyses were limited.

In conclusion, this meta-analysis indicates that TNFAIP3 gene rs6920220, rs2230926, and rs5029937

![Diagram](image)

Figure 1: Selection for eligible publications included in this meta-analysis.
Table 3: Summary of the subgroup analyses in this meta-analysis

| Comparison            | Category | Category         | Studies | OR (95% CI)          | P-value |
|-----------------------|----------|------------------|---------|----------------------|---------|
| **rs6920220**         |          |                  |         |                      |         |
| A vs. G               | Ethnicity| Caucasian        | 10      | 1.19(1.11,1.28)       | < 0.001 |
|                       |          | Tunisian         | 1       | 1.20(0.84,1.72)       | 0.326   |
|                       |          | African–American | 1       | 0.90(0.70,1.16)       | 0.412   |
|                       |          | Asian            | 2       | 0.69(0.08,5.89)       | 0.733   |
|                       | HWE status| negative        | 3       | 1.22(1.14,1.30)       | < 0.001 |
|                       |          | positive         | 11      | 1.16(1.05,1.28)       | 0.004   |
| **rs2230926**         |          |                  |         |                      |         |
| G vs. T               | Ethnicity| African          | 4       | 1.42(1.21,1.67)       | < 0.001 |
|                       |          | Caucasian        | 1       | 0.96(0.81,1.14)       | 0.627   |
|                       |          | Asian            | 1       | 2.00(1.16,3.46)       | 0.013   |
|                       | HWE status| negative        | 1       | 2.40(1.34,4.30)       | 0.003   |
|                       |          | positive         | 5       | 1.29(1.04,1.60)       | 0.020   |
| **rs5029937**         |          |                  |         |                      |         |
| T vs. G               | Ethnicity| Caucasian        | 4       | 1.43(1.14,1.79)       | 0.002   |
|                       |          | Asian            | 1       | 1.33(0.89,2.01)       | 0.168   |
| GT+TT vs. GG          | Ethnicity| Caucasian        | 4       | 1.43(1.12,1.82)       | 0.004   |
|                       |          | Asian            | 1       | 1.33(0.87,2.04)       | 0.185   |

*Bold values are statistically significant (P < 0.05)
Figure 2: Forest plot shows odds ratio for the associations between rs6920220 polymorphism and RA risk (AA vs. GA+GG).

Figure 3: Forest plot shows odds ratio for the associations between rs2230926 polymorphism and RA risk (TG+GG vs. TT).
Figure 4: Forest plot shows odds ratio for the associations between rs5029937 polymorphism and RA risk (T vs. G).

Figure 5: Sensitivity analyses for the associations between rs6920220 polymorphism and RA risk (GA+AA vs. GG).
polymorphisms are associated with the increased risk of RA. Stratification analysis of ethnicity reveals that rs6920220 and rs5029937 polymorphisms increase the risk of RA among Caucasians, while rs2230926 polymorphism increases the risk of RA among Asians. Further studies are required to determine whether these SNPs of TNFAIP3 gene contribute to RA susceptibility in different ethnic groups.

MATERIALS AND METHODS

Literature search

We systematically searched the PubMed and Embase to identify studies through September 16, 2016. The following search terms were used: “tumor necrosis factor alpha inducible protein 3,” “TNFAIP3,” “A20,” “Rheumatoid Arthritis,” “RA,” “polymorphism,” “SNP” and “polymorphisms”. No restrictions were placed on the search. Additional initially omitted studies (such as reference lists of identified studies) have been identified by hand screening. The identified studies conformed to the following criteria: studies that evaluated the association between RA risk and TNFAIP3 gene rs6920220, rs2230926, and rs5029937 polymorphisms, study provided sufficient data to calculate the odds ratios (ORs) and 95% confidence intervals (CIs), and P value, and case-control study. Exclusion criteria were: duplication of previous studies; review, or other non-original studies; studies without detailed genotype data.

Data extraction and quality assessment

Relevant information was carefully extracted from all eligible studies. The extracted information from all eligible studies included: name of first author, publication year, country of origin, genotype methods, ethnicity, and genotype numbers of cases and controls. Two reviewers independently performed the extraction of data and assessed the study quality based on the NOS [33]. All disagreements were discussed and resolved with consensus.

Statistical analysis

All statistical analyses were performed using the Stata 11.0 software (StataCorp, College Station, TX, USA). ORs and 95% CIs were used to assess the strength of associations between TNFAIP3 gene rs6920220, rs2230926, and rs5029937 polymorphisms and RA risk. Stratification analyses were carried out by ethnicity and HWE status. When a Q test indicated P < 0.1 or I² > 50% indicated heterogeneity across studies, a random-effect model was used. Otherwise, the fixed-effects model was applied [34]. Pooled ORs were calculated for allele model, dominant model, and recessive model. We performed sensitivity analyses by omitting each study in turn to determine the effect on the test of heterogeneity and evaluated the stability of the overall results. We assessed the departure from the HWE in the controls using

Figure 6: Begg’s tests between rs6920220 polymorphism and RA risk (AA vs. GA+GG).
Pearson’s χ² test. Potential publication bias was assessed by Begg’s and Egger’s linear regression test [35]; P < 0.05 was considered to indicate statistically significant. The power of this meta-analysis was calculated with a significant value of 0.05 [36].

**Abbreviations**

RA, rheumatoid arthritis; RF, rheumatoid factor; TNFAIP3, tumor necrosis factor alpha inducible protein 3; GWAS, genome-wide association study; HLA, Human leukocyte antigen; HWE, Hardy–Weinberg equilibrium; CI, confidence interval; OR, odds ratio; NOS, Newcastle-Ottawa Scale; SNP, single nucleotide polymorphism

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**CONFLICTS OF INTEREST**

The authors declare no conflict of interest.

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