Convective overshoot mixing in Nova outbursts – the dependence on the composition of the underlying white dwarf

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ABSTRACT

We present here, for the first time, a 2D study of the overshoot convective mechanism in nova outbursts for a wide range of possible compositions of the layer underlying the accreted envelope. Previous surveys studied this mechanism only for solar composition matter accreted on top of carbon–oxygen (C–O) white dwarfs. Since, during the runaway, mixing with carbon enhances the hydrogen burning rates dramatically, one should question whether significant enrichment of the ejecta is possible also for other underlying compositions (He, O, Ne, Mg), predicted by stellar evolution models. We simulated several non-carbon cases and found significant amounts of those underlying materials in the ejected hydrogen layer. Despite large differences in rates, time-scales and energetics between the cases, our results show that the convective dredge-up mechanism predicts significant enrichment in all our non-carbon cases, including helium enrichment in recurrent novae. The results are consistent with observations.

Key words: convection – hydrodynamics – instabilities – stars: abundances – stars: dwarf novae.

1 INTRODUCTION

Almost all classical and recurrent novae for which reliable abundance determinations exist show enrichment (relative to solar composition) in heavy elements and/or helium. It is now widely accepted that the source for such enrichment is dredge-up of matter from the underlying white dwarf to the accreted envelope. A few mechanisms for such mixing were proposed to explain the observations: mixing by a diffusion layer, for which diffusion during the accretion phase builds a layer of mixed abundances (Prialnik & Kovetz 1984; Kovetz & Prialnik 1985; Iben, Fujimoto & MacDonald 1991, 1992; Fujimoto & Iben 1992); mixing by shear instability induced by differential rotation during the accretion phase (Durisen 1977; Kippenhahn & Thomas 1978; MacDonald 1983; Kutter & Sparks 1987, 1989; Livio & Truran 1987; Sparks & Kutter 1987; Fujimoto 1988); mixing by shear gravity waves breaking on the white dwarf surface in which a resonant interaction between large-scale shear flows in the accreted envelope and gravity waves in the white dwarf’s core can induce mixing of heavy elements into the envelope (Rosner et al. 2001; Alexakis, Young & Rosner 2002; Calder et al. 2002; Alexakis et al. 2004) and finally, mixing by overshoot of the convective flow during the runaway itself (Woosley 1986; Shankar, Arnett & Fryxell 1992; Shankar & Arnett 1994; Glasner & Livne 1995; Glasner, Livne & Truran 1997; Kercek, Hillebrandt & Truran 1998, 1999; Glasner, Livne & Truran 2007; Casanova et al. 2010, 2011a,b).

In this work, we focus on the last of these mechanisms that proved efficient for C–O white dwarfs. Mixing of carbon from the underlying layer significantly enhances the hydrogen burning rate. The enhanced burning rate drives higher convective fluxes, inducing more mixing (Glasner & Livne 1995; Glasner et al. 1997, 2007; Casanova et al. 2010, 2011a,b). Therefore, the fact that the underlying layer is rich in 12C is a critical feature of all the overshoot convective models that have been analysed up to this work. According to the theory of stellar evolution for single stars, we expect the composition of the underlying white dwarf to be C–O for masses in the range 0.5–1.1 M⊙ and ONe(Mg) for more massive white dwarfs (Gil-Pons & Garcia Berro 2001; Dominguez et al. 2002; Garcia-Berro, Gil-Pons & Truran 2002). Observations show enrichment in helium, CNO, Ne, Mg and heavier elements (Starrfield, Sparks & Truran 1986; Gehrz et al. 1998, 2008; Iliadis et al. 2002). For recurrent novae, helium enrichment can achieve levels of 40–50 per cent (Webbink et al. 1987; Anupama & Dewangan 2000; Diaz et al. 2010). High helium abundances can simply be explained as the ashes of hydrogen burning during the runaway (Hernanz & Jose 2008), but one cannot exclude the possibility that the source of He enrichment is dredge up from an underlying helium layer. We therefore found it essential to study nova outbursts for which the composition of the underlying layer is different from C–O. The models studied here extend the work we publish in the past. As a first step, we study here the runaway of the accreted hydrogen layer on top of a single
white dwarf, changing only its composition. Having a fixed mass and radius, we can compare the time-scales, convective flow, energetics and dredge up in the different cases. A more comprehensive study which varies the white dwarf’s mass with compositions is left to future work (CO, ONe(Mg) or He rich).

This study is limited to 2D axially symmetric configurations. The well-known differences between 2D and 3D unstable flows can yield uncertainties of few per cent on our results, but cannot change the general trends, as previous studies showed reasonable agreement between 2D and 3D simulations with regard to integral quantities, although larger differences persist in the local structure (Casanova et al. 2011b). We therefore regard our present results as a good starting point to more elaborated 3D simulations. In the next section, we describe the tools and the setup of the simulations. In subsequent sections, we describe the results for each initial composition and then summarize our conclusions.

2 TOOLS AND INITIAL CONFIGURATIONS

All the 2D simulations presented in this work start from a 1D hydrostatic configuration, consisting of a 1.147 M⊙ CO core with an outer layer of 10^{-4} M⊙ composed of CO, ONe(mg) or helium, according to the studied case as we explained in the introduction. The original core was built as a hydrostatic CO politrop that cooled under a Lagrangian option of the VULCAN code whereas the burning regions taking advantage of the arbitrary Lagrangian–Eulerian (ALE) semi-lagrangian. More details are presented in Glasner, Livne & Truran (2005). Further computational details of the 2D simulations are as follows.

The initial (original) model, composed of a 1.147 M⊙ CO 2.45 1000.0 1D

Table 1. Parameters of the simulated initial configurations.

| Model | Underlying | T_max | Q_max | remarks |
|-------|------------|-------|-------|---------|
| m12  | –          | 2.05  | 4.0   | 1D      |
| m12ad | CO         | 2.45  | 1000.0 | –       |
| m12ag | He         | –     | –     | –       |
| m12bd | He         | –     | –     | T_{base} = 1.5 × 10^8 K |
| m12al | O          | –     | –     | –       |
| m12bl | O          | –     | –     | T_{base} = 1.05 × 10^8 K |
| m12cl | O          | –     | –     | T_{base} = 1.22 × 10^8 K |
| m12dl | O          | –     | –     | 24Mg rates |
| m12kk | O          | –     | –     | t_{base} = 1.125 × 10^8 K |
| m12jj | O          | 2.46  | 1000.0 | 24Mg rates + t_{base} |

T_max, maximal achieved temperature (10^8 Kelvin). Q_max, maximal achieved energy generation rate (10^{36} erg s^{-1}).

3 RESULTS

In order to compare with 1D models and with previous studies, we present here five basic configurations.

(1) The outburst of the 1D original model without any overshoot mixing.
(2) An up-to-date model with an underlying C–O layer.
(3) A model with a helium underlying layer.
(4) A model with an underlying O(Ne) layer.
(5) A toy model with underlying 24Mg.

This model demonstrates the effects of possible mixing of hydrogen with 24Mg on the runaway. (In a realistic model, the amounts of 24Mg in the core are expected to be a few percents (Gil-Pons & Garcia Berro 2001; Siess 2006), but higher amounts can be found in the very outer layers of the core (Garcia-Berro & Iben 1994).

The computed models are listed in Table 1. In the following sections, we present the energetics and mixing results for each of the models in the present survey.

3.1 The 1D original model

The initial (original) model, composed of a 1.147 M⊙ degenerate core, accretes hydrogen-rich envelope at the rate of 1.0 × 10^{-10} M⊙ yr^{-1}. When the temperature at the base of the accreted envelope reaches 9 × 10^7 K, the accreted mass is 3.4 × 10^{-5} M⊙. We define this time as t = 0, and exceptional test cases are commented in Table 1. Convection sets in for the original model a few days earlier, at t = 10^6 s, when the base temperature is 3 × 10^7 K. The 1D convective model assumes no overshoot mixing; therefore, convection has an effect only on the heat transport and abundances within the convective zone. Without the overshoot mixing, burning rates are not enhanced by overshoot convective mixing of CO-rich matter. As a reference for the 2D simulations, we evolved the 1D model all through the runaway phase. The time to reach the maximal energy production rate is about 2400 s, the maximal achieved temperature is 2.05 × 10^8 K, the maximal achieved burning rate is 4.0 × 10^{35} erg s^{-1} and the total nuclear energy generated up to the maximum production rate (integrated over time) is 0.77 × 10^{36} erg.

3.2 The C–O underlying layer

We summarize here the main results of the underlying C–O case [computed already in Glasner et al. (2007) and repeated here], which is the most energetic case. A comparison of the history of the burning rate (Fig. 1) with fig. 3 in Glasner et al. (2007) confirms...
The convective cells are small at early stages with moderate velocities of a few times $10^6$ cm s$^{-1}$. As the energy generation rate increases during the runaway, the convective cells merge and become almost circular. The size of the cells is comparable to the velocity magnitude within these cells, when the burning approaches the peak of the runaway, is a few times $10^7$ cm s$^{-1}$.

(ii) The shear convective flow is followed by efficient mixing of C–O matter from the core to the accreted solar abundant envelope. The amount of C–O enrichment increases as the burning becomes more violent and the total amount of mixing is above 30 per cent (Fig. 1).

(iii) Mixing induces an enhanced burning rate relative to the non-mixing 1D case, by more than an order of magnitude. The maximum rate grows from $4.0 \times 10^{42}$ to $1000.0 \times 10^{42}$ erg s$^{-1}$. The enhanced rates raise the burning temperature and shorten the time required to reach the maximal burning rate. The maximal achieved temperature increases from $2.05 \times 10^8$ to $2.45 \times 10^8$ K and the rise time to maximum burning decreases from 2440 to 140s. The total energy production rates of the 1D and the 2D simulations are given in Fig. 1. The enhanced burning rate in the 2D case will give rise, at later stages of the outburst, to an increase in the kinetic energy of the ejecta. Unfortunately, since the hydro solver time step is restricted by the Courant condition, we cannot run the 2D models through to the coasting phase. A consideration of the integrated released energy at the moment of maximal burning rate reveals that the burning energy grows from $0.77 \times 10^{46}$ erg in the 1D model to $1.45 \times 10^{46}$ erg in the 2D model, a factor of 2.

Another interesting feature of the 2D C–O simulations is the appearance of fluctuations, observed during the initial stages of the runaway (Fig. 1). Such fluctuations are not observed in the 1D model. The fluctuations are a consequence of the mixing of the hot burning envelope matter with the cold underlying white dwarf matter. The mixing has two effects. The first is cooling as we mix hot matter with cold matter. The second is heating by the enhancement of the reaction rate. It is apparent that in this case, after a small transient, the heating by enhanced reaction rates becomes dominant and the runaway takes place on a short time-scale. For other underlying compositions, the effect is a bit more complicated. We discuss this issue in the next subsections.

### 3.3 The helium underlying layer

The helium enrichment, observed in recurrent nova (without enrichment by heavier isotopes) and in other classical nova, was mentioned in the past as an obstacle to the underlying convective overshoot mechanism (Livio & Truran 1987). Helium is the most abundant endproduct of the hydrogen burning in nova outbursts and it does not enhance the hydrogen burning in any way. In recurrent novae, helium may be accumulated upon the surface of the white dwarfs. If so, can the dredge-up mechanism lead to the observed helium enrichment? We examine this question using the case m12ag in Table 1. Energetically, as expected, the model follows exactly the 1D evolution increases our confidence in the validity of the 2D simulations.

The fluctuations of the 2D curve are absent in the 1D model. The fluctuations are a consequence of the mixing of the hot burning envelope matter with the cold underlying white dwarf matter. The mixing has two effects. The first is cooling as we mix hot matter with cold matter. The second is heating by the enhancement of the reaction rate. It is apparent that in this case, after a small transient, the heating by enhanced reaction rates becomes dominant and the runaway takes place on a short time-scale. For other underlying compositions, the effect is a bit more complicated. We discuss this issue in the next subsections.

### Figure 1.
The CO model: (a) the logarithm of the energy generation rate as a function of time, (b) the total abundance of the CNO elements as a function of the fractional mass coordinate of the computed envelope (see Section 2) at various times that are indicated on the plot, (c) the log of the total energy generation rate as a function of the logarithm of the time coordinate for the 1D model and for the 2D CO model.
Figure 2. Log of the total energy production rate for all the helium models compared to the 1D model. The model with initial temperature higher than the default temperature of $9 \times 10^7$ K was shifted in time by 1760.0 s.

Figure 3. Abundance of the helium as function of the fractional mass co-ordinate of the computed envelope (see Section 2) at various times that are indicated on the plot. (a) the model with the default base temperature of $9 \times 10^7$ K, (b) the model with base temperature of $1.22 \times 10^8$ K (times shifted by 1760 s, the 2D time is in brackets).

cent. In the later (faster) phase (m12dg in Table 1), the mixing rate increases in step with the increasing burning rate and the higher velocities in the convective cells. However, as the rates are still low relative to the C–O case, the added amount of mixing is again about 10 per cent, summing up to a total amount of about 20 per cent. Since we begin with matter of solar composition, the total He mass fraction at the end of the second phase exceeds 40 per cent.

The colour maps of the absolute value of the velocity in the 2D models at different times along the development of the runaway are presented in Fig. 4. In the first slower phase (model m12ag Table 1), the burning rate is low and grows mildly with time. The convective velocities are converging to a value of a few $10^6$ cm s$^{-1}$ and the cell size is only a bit larger than a scale height. In the second (faster) phase (model m12dg Table 1), the burning rate is somewhat higher and is seen to grow with time. The convective velocities are increasing with time up to a value of about $1.5 \times 10^7$ cm s$^{-1}$. The convective cells in the radial direction converge with time to an extended structure of a few scale heights.

3.4 The ONe(Mg) underlying layer

The rate of proton capture by oxygen is much slower and less energetic than the capture by carbon but it still has an enhancing effect relative to the 1D model without mixing (Fig. 5). This can be well understood once we note that for the initial temperature of the 2D model, i.e. $9.0 \times 10^7$ K, the energy generation rate by proton capture by oxygen is more than three orders of magnitude lower than the energy generation rate by carbon capture (Fig. 6). We can also observe that the energy generation rate for capture by oxygen stays much smaller than the energy generation rate for capture by carbon for the entire range of temperature relevant to nova outbursts. For this range, we also note that the capture by $^{20}$Ne is lower by an order of magnitude than the capture rate by $^{16}$O. Being interested only in the energetics, convective flow and mixing by dredge up, we choose to separate variables and study the case of a pure $^{16}$O underlying layer as a test case (ignoring any possible $^{24}$Mg that is predicted by evolutionary codes).

We computed the model for an integrated time of 300 s (about one million time steps). The trend is very clear and we can extrapolate and predict a runaway a bit earlier and more energetic than the 1D case. Again, we could not continue that 2D simulation further due to the very low burning rates and a small hydrodynamical time step. As before, we computed three different phases, where each of them starts from a different 1D model along its evolution. The maximal 1D temperatures at the base of the burning shell, when mapped to the 2D grid, are: $1.05 \times 10^8$ K, $1.125 \times 10^8$ K and $1.22 \times 10^8$ K, respectively (Table 1). All three phases start with a transient-related to the buildup of the convective flow. In Fig. 5, we shifted the curves of burning rates in time in a way that permits a continuous line to be drawn. Along this continuous line, evolution proceeds faster towards a runaway than the 1D burning rate, also shown in Fig. 5.

We computed the last phase, with an initial base temperature of $1.22 \times 10^8$ K, for 350 s until it reached a maximum. The maximal achieved temperature is $2.15 \times 10^8$ K and the maximal achieved burning rate is $82.4 \times 10^{42}$ erg s$^{-1}$. As expected, this case lies somewhere between the 1D case and the C–O model. The convective flow resembles the C–O case, a significant feature being the strong correlation between the burning rate and the convective velocities. Most importantly for the case of an underlying oxygen layer, the dredge-up of substantial amounts of matter from the core into the envelope occurs in all our simulations. The trends are about the same as for the C–O models (Fig. 7). The correlation of the amount of mixing with the intensity of the burning is easily observable.

3.5 Approximate models for the $^{24}$Mg underlying layer

Nova outbursts on massive ONe(Mg) white dwarfs are expected to be energetic fast nova (Starrfield et al. 1986; Gehrz et al. 1998, 2008;
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Figure 4. Colour map of the convective speed for the underlying helium layer. The times are: model m12ag (a) \( t = 50 \) s, (b) \( t = 200 \) s, (c) \( t = 300 \) s; model m12dg (d) \( t = 40 \) s, (e) \( t = 140 \) s, (f) \( t = 230 \) s.

Iliadis et al. 2002). The problem we face is whether, in the absence of the enhancement by \(^{12}\)C, the overshoot mixing mechanism can generate such energetic outbursts by mixing the solar abundance accreted matter with the underlying ONe(Mg) core. Based upon examination of the energy generation rate of proton capture reactions \((p, \gamma)\) on \(^{12}\)C, \(^{16}\)O, \(^{20}\)Ne and \(^{24}\)Mg, the results shown in Fig. 6 make it evident that only \(^{24}\)Mg can compete with \(^{12}\)C in the range of temperatures relevant to nova runaways. Therefore, in spite of the fact that the abundance of \(^{24}\)Mg in the core sums up to only a few per cent (Gil-Pons & Garcia Berro 2001; Siess 2006), the high capture rate might compensate for the low abundances and play an important role in the runaway. Furthermore, previous studies show that in the outer parts of the core, the parts important for our study, \(^{24}\)Mg is more abundant and can represent up to about 25 per cent (Garcia-Berro & Iben 1994). Restricting ourselves to the reaction network that includes only 15 elements, we assume, as a demonstration, an artificial case of a homogeneous underlying layer with only one isotope (\(^{24}\)Mg). For this homogeneous layer model, we replaced the energy generation rate of proton capture by \(^{16}\)O with the values of proton capture by \(^{24}\)Mg (Fig. 6). To check our simplified network, we present in Fig. 8 the rates computed by a 216-element network and our modified 15-element rates, both for a mixture of 90 per cent solar matter with 10 per cent \(^{24}\)Mg. The difference is much smaller than the difference inside the big network between this mixture and a mixture of 90 per cent solar matter with 10 per cent C–O core matter. Therefore, our simplified network is a good approximation regarding energy production rates.

The crossing of the curves in Fig. 8 reveals a striking and very important feature – at temperatures less than \(1.3 \times 10^8\) K, a mixture of 10 per cent carbon and 90 per cent solar composition burns.
roughly ten times faster than a mixture of 10 per cent magnesium with the same solar composition gas. Above that temperature, the rates exchange places and magnesium enhancement dominates the C–O enhancement. This emphasizes the importance of a proper treatment of the effects of the $^{24}$Mg abundance in explosive burning on ONe(Mg) white dwarfs. In a future work, we intend to study more realistic models with the inclusion of a detailed reaction network.

In Fig. 9, we present the total burning rates of our toy model, together with the rates of previous models. As can be expected, the enhancement of the burning in this toy model, relative to the 1D model, is indeed observed. However, the development of the runaway although faster than in the underlying $^{16}$O model is still much slower than the rise time of the C–O model. This result is easily overstated via the discussion above, as the initial burning temperature in the model is only $9 \times 10^7$ K. At that temperature, the energy generation rate for proton capture on $^{24}$Mg is lower by almost three orders of magnitude relative to the energy generation rate by proton capture on $^{12}$C. The rates are about the same when the temperature is $1.3 \times 10^8$ K and from there on the magnesium capture rate is much higher. In order to demonstrate that this is indeed the case, we calculated another 2D magnesium model in which the initial maximal 1D temperature was $1.125 \times 10^8$ K.

The rise time of this model is very short, even shorter than the rise time of the C–O model. One should regard those two simulations as two phases of one process – slow and fast. The maximal achieved temperature is $2.45 \times 10^8$ K and the maximal achieved burning rate is $1000.0 \times 10^{42}$ erg s$^{-1}$, similar to the C–O case.

In order to better understand the convective flow for the case with underlying $^{24}$Mg, we generated colour maps of the absolute...
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Figure 9. Log of the total energy production rate for all the magnesium models compared to the CO model, the 1D model and the oxygen model. The model with initial temperature higher than the default temperature of $9 \times 10^7$ K is not shifted in time (see the text).

The value of the velocity (speed) in the 2D models at different times along the development of the runaway (Fig. 10). The two $^{24}$Mg cases show extremely different behaviour. In the first case (model m12kk, Table 1), the burning rate is low and it grows mildly with time. The convective velocities are converging to a value of a few $10^6$ cm s$^{-1}$ and the cell size is only a bit bigger than a scale height. In the second case (model m12jj, Table 1), the burning rate is high and it grows rapidly with time. The convective velocities are increasing with time up to a value of a few $10^7$ cm s$^{-1}$. The convective cells in the radial direction converge to a structure of a few scale heights.

In accordance with our previous cases, the magnesium toy model dredge up substantial amounts of matter from the core to the envelope. There is a one-to-one correlation with the convective velocities. The amount of mixing at the slow initial stages (model m12kk) is small and tend to converge to a few per cent. The amount of mixing at the late fast stages grows rapidly with time (Fig. 11). We present here only the general trend and detailed results will be presented in a forthcoming study.

Figure 10. Colour map of the convective speed for the underlying magnesium layer. The times are: model m12kk, (a) $t = 40$ s, (b) $t = 60$ s, (c) $t = 70$ s; model m12jj, (d) $t = 20$ s, (e) $t = 30$ s, (f) $t = 40$ s.

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4 CONCLUSIONS

We present here, for the first time, detailed 2D modelling of nova eruptions for a range of possible compositions beneath the accreted hydrogen layer. The main conclusion to be drawn from this study is that significant enrichment (around 30 per cent) of the ejected layer by the convective dredge-up mechanism is a common feature of the entire set of models, regardless of the composition of the accreting white dwarf. On the other hand, the burning rates and therefore the time-scales of the runaway depend strongly on the composition of the underlying layers. There is also a one-to-one correlation between the burning rate, the velocities in the convective flow and the amount of temporal mixing. Therefore, second-order differences in the final enrichment are expected to depend on the underlying composition. Specific results for each case are as follows.

(a) Since the energy generation rate for the capture of protons by $^{12}\text{C}$ is high for the entire temperature range prevailing both in the ignition of the runaway and during the runaway itself, the underlying carbon layer accelerates the ignition and gives rise to C–O enrichment in the range of the observed amounts.

(b) For the densities and temperatures prevailing in nova outbursts, helium is an inert isotope. Therefore, it does not play any role in the enhancement of the runaway. Nevertheless, we demonstrate that once the bottom of the envelope is convective, the shear flow induces substantial amounts of mixing with the underlying helium. The eruption in those cases is milder, with a lower burning rate. For recurrent nova, where the time-scales are too short for the diffusion process to play a significant role, the observed helium enrichment favours the underlying convection mechanism as the dominant mixing mechanism. Future work dealing with more realistic core masses ($1.35-1.4 \text{ M}_\odot$) for recurrent novae will give better quantitative predictions that will enable us to confront our results with observational data.

(c) The energy generation rate for the capture of a proton by $^{16}\text{O}$ is much lower than that of the capture by $^{12}\text{C}$ for the entire temperature range prevailing in the ignition of the runaway and during the runaway itself. Underlying oxygen, whenever it is present, is thus expected to make only a minor contribution to the enhancement of the runaway. As a result, the time-scale of the runaway in this case is much larger than that of the C–O case. Still, the final enrichment of the ejecta is above 40 per cent (Fig. 7). The energy generation rate by the capture of a proton by $^{20}\text{Ne}$ is even lower than that of the capture rate by $^{16}\text{O}$. We therefore expect $^{20}\text{Ne}$ to make again only a minor contribution to the enhancement of the runaway, but with substantial mixing.

(d) Nova outbursts on massive ONe(Mg) white dwarfs are expected to be energetic fast nova. In this survey, we show that for the range of temperatures relevant for the nova runaway, the only isotope that can compete with the $^{12}\text{C}$ as a source for burning enhancement by overshoot mixing is $^{24}\text{Mg}$. From our demonstrating toy model, we can speculate that even small amounts of $^{24}\text{Mg}$ present at the high stages of the runaway can substantially enhance the burning rate, leading to a faster runaway with a significant amount of mixing. The relationship between the amount of $^{24}\text{Mg}$ in the ONe(Mg) core, the steepness of the runaway and the amount of mixing in this case is left to future studies.

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