Mode coupling of Schwarzschild perturbations: Ringdown frequencies

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Within linearized perturbation theory, black holes decay to their final stationary state through the well-known spectrum of quasinormal modes. Here we numerically study whether nonlinearities change this picture. For that purpose we study the ringdown frequencies of gauge-invariant second-order gravitational perturbations induced by self-coupling of linearized perturbations of Schwarzschild black holes. We do so through high-accuracy simulations in the time domain of first and second-order Regge-Wheeler-Zerilli type equations, for a variety of initial data sets. We consider first-order even-parity ($\ell = 2, m = \pm 2$) perturbations and odd-parity ($\ell = 2, m = 0$) ones, and all the multipoles that they generate through self-coupling. For all of them and all the initial data sets considered we find that —in contrast to previous predictions in the literature— the numerical decay frequencies of second-order perturbations are the same ones of linearized theory, and we explain the observed behavior. This would indicate, in particular, that when modeling or searching for ringdown gravitational waves, appropriately including the standard quasinormal modes already takes into account nonlinear effects.

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I. OUTLOOK AND MOTIVATION

Black hole no-hair theorems [1, 2] state that within Einstein’s theory the end point of any system with enough gravitational energy to form a black hole is remarkably simple: it is uniquely characterized by one member of the Kerr family, which is described by only two parameters: the spin and mass of the final black hole.

As a consequence, the details by which different systems decay to such endpoints have been of interest for many decades. Pioneering studies were done by a number of authors in the early seventies, starting with studies of linearized perturbations of non-rotating (Schwarzschild) black holes (e.g., 4–6). Press realized that there is always an intermediate stage where the ringdown is dominated by a set of oscillating and exponentially decaying solutions, quasinormal modes (QNMs), whose spectrum depends only on the mass of the black hole and the multipole index $\ell$ of the initial perturbation. This regime is followed by a power-law ‘tail’ decay due to backscattering.

In the case of gravitational perturbations of non-rotating black holes the relevant equations from which QNMs can be inferred are the Regge-Wheeler and Zerilli ones. For rotating black holes the corresponding one (though based on a curvature formalism, as opposed to a metric one) is the Teukolsky equation [12]. Their QNMs were first studied by Teukolsky and Press [13]. See [14, 15] for comprehensive reviews on the rich area of QNMs.

The QNM with the lowest frequency is called the fundamental one. Since the subsequent ones (overtones) decay much faster, the ringdown of Kerr black holes in linearized theory is in practice described by a few oscillating modes which decay exponentially in time, till they reach the tail regime. It is interesting to note that the tail decay problem for rotating black holes is still not completely understood [16–20].

From an observational point of view this universal ringdown spectrum is of great power: one can use a single QNM detection to infer the mass and spin of the black hole source, assuming General Relativity to be correct. Alternatively, through a two-mode detection one can test General Relativity and/or the assumption that a black hole is the source of the measured signal [21]. The main idea is that the QNM frequencies of both detections have to be consistent with respect to their inferred masses/spins.

The LISA mission is expected to measure gravitational waves in the low-frequency spectrum: $(10^{-5} – 10^{-1})$ Hz, such as those emitted in the collision of supermassive binary black holes (SMBBHs) [22]. Flanagan and Hughes [23] showed that, quite generically, the signal to noise ratio for these sources in the inspiral regime should

\footnote{1 Charge is expected not to play a significant role in most astrophysical scenarios.}
be comparable to that one in the ringdown. Therefore, detection of SMBBHs by LISA through the measurement of QNMs seems to be feasible. Assuming a lower cutoff of \((10^{-4} - 10^{-5})\) Hz and requiring that the QNM signal lives long enough to travel once through LISA’s propagation arms places a constraint on the mass range of the SMBBH candidates: a few \(10^5 \text{M}_\odot\) to \((10^8 - 10^9)\text{M}_\odot\).

A step beyond detection analysis is that of parameter estimation. In Ref. [22, 24], it was found that through a single QNM detection LISA would be able to accurately infer the mass and spin of supermassive black holes: for black holes with mass \(M \gtrsim 10^5 \text{M}_\odot\), the errors in mass and spin would be smaller than one part in \(10^2\), and smaller than one part in \(10^3\) for the more optimistic case \(M \gtrsim 5 \times 10^5 \text{M}_\odot\) \(^2\). These predicted accuracies depend on the ringdown efficiency \(\epsilon_{rd}\), defined as the fraction of mass radiated in ringdown waves. In these references very conservative values were used: \(\epsilon_{rd} \sim 0.1\%-3\%\). For example, it has been found in numerical simulations of two equal-mass, non-spinning black holes starting from quasi-circular motion that around \(\epsilon_{rd} \sim 2\% - 3\%\) of the total mass is radiated in the ringdown regime [22]. The inclusion of different masses and/or spin increases this value (see, for example, [26]).

In [22, 24] it was also found that at least a second detection of either mass or spin should be possible for LISA. Resolving both spin and angular momentum (or, equivalently, both frequency and damping times associated with the QNM oscillation of this second mode) might require a very large critical signal to noise ratio, which might in turn need the second mode to radiate a significant portion of the emitted gravitational wave when compared to the first one. Whether this is feasible or not can only be established by giving precise predictions of the amplitudes for secondary candidates.

Underlying in all these analyses is the implicit assumption that quasinormal modes and their spectrum of associated frequencies accurately describe the (intermediate) stage of the ringdown to a final Kerr stationary state. Which is certainly the case in linearized theory, but at the same time there is evidence that effects of self-interaction in gravitational waves might be observable with the expected sensitivity of LISA [27].

Similarly, quasinormal modes also play an important role in the semi-analytical modeling of intermediate mass black holes (IMBH), such as in the Effective One Body approach [28, 29] where the gravitational wave as modeled within this formalism is stitched to a ringdown one consisting of QNMs by enforcing continuity of the wave and its derivatives and using the values of quasinormal frequencies as expected from linearized theory [30–32]. In this context, it is worth recalling that in close-limit stud-

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\(^{2}\) Only cases with \(M \gtrsim 10^5 \text{M}_\odot\) are considered in [22, 23, 24] because otherwise the QNM signal would be short lived enough that special detection techniques might be needed.

II. FIRST-ORDER PERTURBATIONS OF SCHWARZSCHILD AND QUASINORMAL MODES

Metric gravitational perturbations can be expanded in tensor spherical harmonics. At the linear level modes with different angular structure decouple from each other if the background spacetime is spherically symmetric, as is the case for the Schwarzschild metric. In addition, for each multipole, perturbations of Schwarzschild can be further split into two sectors with different parities, which also decouple from each other in linearized theory.

For each multipole, each of these sectors is completely described by a master function which depends on time and radius. The Regge-Wheeler function contains all the relevant information of the axial or odd-parity sec-
tor, whereas the Zerilli one encodes the polar or even degrees of freedom. These functions satisfy master evolution equations,

\[ \square^{(1)}\Phi^m_\ell - V_{\text{RW}}^{(1)}\Phi^m_\ell = 0, \]
\[ \square^{(1)}\Psi^m_\ell - V_Z^{(1)}\Psi^m_\ell = 0, \]

where \((1)\Phi^m_\ell\) and \((1)\Psi^m_\ell\) denote, respectively, the first-order Zerilli and Regge-Wheeler functions for a given \((\ell, m)\) mode. The potentials that appear in these equations are given by

\[ V_Z = \frac{\ell(\ell + 1)}{r^2} - \frac{6M^2(\lambda + 2) + 3M(r - M)}{r^3(r + 3M)^2}, \]
\[ V_{\text{RW}} = \frac{\ell(\ell + 1)}{r^2} - \frac{6M}{r^3} \]

and are, in particular, independent of the azimuthal index \(m\). In these expressions \(\lambda \equiv \frac{1}{2}(\ell - 1)(\ell + 2)\), \(M\) is the mass of the Schwarzschild black hole background, \(r\) its areal radius, and \(\square\) is the two-dimensional D’Alambertian operator corresponding to the time and radial sector of the background.

The complete spectrum of QNMs can be numerically obtained by analyzing Eqs. (12,13) in the frequency domain. Computing in this way the amplitudes of QNMs for any given initial data is not so straightforward, though. Bearing in mind our motivation of studying the behavior of second-order perturbations, we instead solve Eqs. (6,7) with different sources. For this reason, asking what are the ringdown frequencies of second-order RWZ functions is not an unambiguous question; as opposed to, say, asking what are the ringdown frequencies of the emitted gravitational power. It turns out, however, that, as dis-

![Figure 1: Solution to the first-order Zerilli equation at observer location \(r = 51.8M\).](image)

**III. SECOND-ORDER GAUGE INVARIANT PERTURBATIONS OF SCHWARZSCHILD**

We study second-order gravitational perturbations of Schwarzschild black holes using a gauge-invariant formalism for arbitrary first and second-order perturbations [44]. The key feature of this formalism is being able to consider perturbations with arbitrary angular multipole structure, and has been possible mostly due to the development of a suitable theoretical framework [45, 46] and to the advance of very efficient symbolic algebra tools for tensor-type calculations [47, 48].

Next we very briefly summarize those results of the formalism presented in [44] which are relevant for the current work; see that reference for more details.

Due to the intrinsic nonlinearities of General Relativity, any non-trivial solutions of Eqs. (12) generate second-order contributions which are solutions of Zerilli and Regge-Wheeler-type equations with source terms,

\[ \square^{(2)}\Phi^m_\ell - V_{\text{RW}}^{(2)}\Phi^m_\ell = (2)\mathcal{S}_\Phi, \]
\[ \square^{(2)}\Psi^m_\ell - V_Z^{(2)}\Psi^m_\ell = (2)\mathcal{S}_\Phi. \]

The sources \((2)\mathcal{S}_\Phi\) and \((2)\mathcal{S}_\Phi^\ell\) depend quadratically on the lower-order perturbations and their time and space derivatives from both first-order sectors. That is, in general the coupling of even (odd) parity modes generates odd (even) parity second-order modes; see Appendix A for a detailed description of the selection rules for this mode coupling.

Second-order Regge-Wheeler-Zerilli (RWZ) type functions are not unique: one can add to them any quadratic combination of the first-order ones and they will still be gauge invariant and will still satisfy equations of the form (6,7) with different sources. For this reason, asking what are the ringdown frequencies of second-order RWZ functions is not an unambiguous question; as opposed to, say, asking what are the ringdown frequencies of the emitted gravitational power. It turns out, however, that, as dis-
cussed in [44] and made explicit below, since the second-order quantities, like \((^2\Psi, ^2\Phi, ^2S_\Phi)\) and \((^2)^{\ast}S_\Phi\), that we use correspond to the ones labeled as regularized in Ref. [44], there is a simple relationship between emitted power and the RWZ functions. Under such choice of second-order RWZ functions it is therefore unambiguous and physically motivated to ask what are their ringdown frequencies.

Reference [44] deals with the most general case for these sources and computation of the radiated energy. Here we quantitatively explore the ringdown frequencies for some particular cases. Namely, we study first-order \((\ell = |m| = 2)\) even-parity and \((\ell = 2, m = 0)\) odd-parity perturbations and the modes that they generate through self-coupling. That is, for simplicity we do not consider the coupling between the mentioned even and odd-parity first-order modes. We do not explicitly list the sources \((^2)S_\Phi\) and \((^2)^{\ast}S_\Phi\) for the cases here considered because they are rather lengthy and complicated expressions, but they are available from the authors upon request. The generated modes and the radiated energy carried by them are described next and summarized in Table I.

| First order | Second order |
|-------------|--------------|
| Multipoles  | Parity       | Multipoles  | Parity       |
| \((\ell = 2 = |m|)\) even | \((\ell = 4 = m), (\ell = 4, m = 0), (\ell = 2, m = 0)\) even |
| \((\ell = 2, m = 0)\) odd     | \((\ell = 4, m = 0), (\ell = 2, m = 0)\) even |

Table I: First-order modes considered and second-order ones generated by self-coupling.

A. CASE A: even-parity \(\ell = |m| = 2\) perturbations and generated modes

As discussed in Appendix A the self-coupling between these modes generates second-order \((\ell = 4, m = \pm 4)\) even-parity (polar) ones, whereas the coupling between them \((m = 2)\) gives rise to second-order \((\ell = 4, m = 0), (\ell = 2, m = 0)\) and \((\ell = 0, m = 0)\) even-parity (polar) modes, and \((\ell = 3, m = 0)\) and \((\ell = 1, m = 0)\) odd-parity (axial) ones. Since this paper only deals with different radiative aspects of the system, we can ignore modes with \(\ell < 2\).

Furthermore, we assume that the Zerilli functions \((^1)\Psi_2^{\pm 2}\) that describe the first-order \((\ell = 2, m = \pm 2)\) modes are real

\[
(^1)\Psi_2^{\pm 2} \in \mathbb{R}. \tag{8}
\]

This means that both modes are described by the same function, since generically the relation \((^1)\Psi^m = (-1)^m (^1)\Psi^{\ast m}\) holds, and, in essence, the system reduces to a problem of self-coupling. The second-order even-parity (polar) modes inherit this property, in such a way that we only need three functions to describe them:

\[
\{ (^2)\Psi_0^0, (^2)\Psi_0^4, (^2)\Psi_4^4 \}. \tag{9}
\]

Due to the assumption \([53]\), none of the second-order odd-parity (axial) modes are generated. This happens because the source for a \(m = 0\) mode must be real. Schematically, the generic term of the source for this axial \((l = 3, m = 0)\) mode can be written as \(i (^1)\Psi_2^{(1)}\Psi_2^{\ast 2}\) and it is straightforward to see that its real part vanishes under the assumption \([53]\).

In this particular CASE A, the radiated power associated with the mentioned modes for a given observer located at \(r_{\text{obs}}\) as a function of time is given by

\[
\begin{align*}
\text{Power}(r_{\text{obs}}, t) = \frac{dE}{dt} &= \frac{\epsilon^2}{12\pi} |(\partial_t (^1)\Psi_2^2)|^2 + \frac{9\epsilon^4}{640\pi} \left\{ 2 |(\partial_t (^2)\Psi_4^2)|^2 + |(\partial_t (^2)\Psi_4^0)|^2 \right\} + \frac{\epsilon^4}{96\pi} |(\partial_t (^2)\Psi_2^0)|^2 + \mathcal{O}(\epsilon^5), \tag{9}
\end{align*}
\]

where \(\epsilon\) is the perturbative parameter and all the expressions on the right-hand side are evaluated, naturally, at \((r_{\text{obs}}, t)\). In principle this equation is valid only at null infinity but, as it is usually the case in computations, we evaluate it at a finite radius.

B. CASE B: odd-parity \((\ell = 2, m = 0)\) perturbations and generated modes

In principle, following the selection rules, the odd-parity \((\ell = 2, m = 0)\) mode would generate by self-coupling
the second-order \((\ell = 0, m = 0), (\ell = 2, m = 0)\)
and \((\ell = 4, m = 0)\) even-parity modes, as well as the
\((\ell = 1, m = 0)\) and \((\ell = 3, m = 0)\) odd-parity ones.
However, in this axisymmetric case \((m = 0\) for all modes),
the Clebsch-Gordan-like coefficients that appear in the
sources \((2)^2S_\Phi^\text{\ell}\) and \((2)^2S_\Phi^\text{\ell}\) vanish for those second-order
modes with an odd harmonic label \(\ell\) (see Appendix A).

Hence, none of the second-order odd-parity modes are ex-
cepted and, up to this order, we are left with two radiative
second-order modes,
\[\{ (2)^{\text{Zerilli}}_4, (2)^{\text{Zerilli}}_4 \}.\]
The radiated power is then given by

\[
\text{Power}(r_{\text{obs}}, t) = \frac{32\pi^2}{\pi^2} \left| \partial_t \{ (2)^{\text{Zerilli}}_4 \} \right|^2 + \frac{32\pi^2}{\pi^2} \left\{ \frac{3}{20} \left| \partial_t \{ (2)^{\text{Zerilli}}_4 \} \right|^2 + \frac{1}{9} \left| \partial_t \{ (2)^{\text{Zerilli}}_4 \} \right|^2 \right\} + \mathcal{O}(\epsilon^5). \quad (10)
\]

IV. NUMERICAL APPROACH FOR SOLVING
THE MASTER EQUATIONS

We now describe in some detail our numerical approach
for evolving the first and second-order RWZ equations,
since in the past difficulties have been reported with
the high-order derivatives in the sources of these equations.
We numerically solve the first and second-order equa-
tions using a pseudo-spectral collocation method. The
spatial derivatives are computed using Chebyshev poly-
nomials and Gauss-Lobatto (GL) collocation points, and
the system is evolved in time using a standard fourth-
order Runge-Kutta scheme. We use a small enough
timestep for the time integration so that the solution
converges exponentially with the number of collocation
points (see below). The accuracy of all the simulations
presented in this paper are at the level of double precision
round-off.

GL collocation points are not equally spaced; instead,
they cluster near the edges of the computational domain
(equally spaced points would not give exponential con-
vergence). For that reason it is standard to use a multi-
domain approach. Here we subdivide our radial domain
in (non-overlapping) blocks of length \(10M\) each, com-
municated through a penalty technique. At the interface
each incoming characteristic mode \(u^+\) is penalized ac-

\[
u^+ = \ldots - \frac{\alpha N^2 \delta}{r_{\text{block}}} (u^+ - v^+) \]

where \(v^+\) is the value of the same mode at the interface
point using the neighboring block, \(r_{\text{block}}\) is the size of
the corresponding block (10M in these simulations), \(\alpha\)
is the associated characteristic speed, \(N\) the number of
collocation points on that block and \(\delta\) a penalty par-
parameter chosen here to be \(\delta = 0.6\). At the outer boundary
each characteristic incoming mode is similarly penalized
to zero; though this is done simply to achieve stability; in
our simulations the domain is large enough that our re-
results are causally disconnected from the outer boundary.
The singularity of the black hole is dealt with through
excision. That is, by using Kerr-Schild coordinates for
the background spacetime and placing an inner bound-
ary inside the event horizon.

As an example, Fig. 2 shows a self-convergence test for
the first-order \((\ell = 2 = m)\) Zerilli function, extracted at
\(r = 51.8M\) \(^3\), both changing the number of collocation
points as well as the timestep. The initial data used for
such test correspond to the same one used in Fig. 1
\[\left\{ (1)^{\text{Zerilli}}_2 = 0, (1)^{\text{Zerilli}}_2(t = 0, r) = e^{-\frac{(r-r_0)\delta}{\sigma^2}} \right\} \quad (11)
\]
with \(\sigma = 4M, r_0 = 20M,\) and the spatial domain \(r \in
[1.8M, 301.8M]\). In Fig. 2 we also show the result of a
convergence test for the generated second order \((\ell = 4 =
m)\) Zerilli mode. From these figures we see that using
30 collocation points per domain and a timestep \(\Delta t =
0.001M\) gives a numerical error at the level of double
precision round-off; from hereon we use such resolutions
for all our simulations.

In order to compare the magnitude of the errors with
the solutions themselves, in Fig. 4 we show the ab-
solute values of the first-order \((1)^{\text{Zerilli}}_2\) and second-order
\((2)^{\text{Zerilli}}_4\) Zerilli solutions from the previous
plots at their highest resolutions, all extracted at the
same observer location.

We note in passing that for most of the ringdown the
order of magnitude of the second-order Zerilli functions
appears to be comparable to (and in one case even larger
than) the first-order one. There is no contradiction in
this, since their contribution to the radiated energy is
scaled by \(\epsilon^4\), while the contribution of the first order Zer-
illi function is scaled by \(\epsilon^2\), see Eq. (9).

A. Setup of numerical simulations

We could introduce non-vanishing second-order modes
via initial second-order perturbations. However, we are
interested in mode-mode coupling. Put differently, we

\(^3\) We place observers at the beginning/end of each domain:
\(1.8M, 11.8M, 21.8M,\) etc.
are interested in the particular solution of Eqs. (7, 8) (that is, the one with vanishing initial data), since the homogeneous one will be exactly the same as at first order. Therefore, in this paper we always impose vanishing initial data for all the second-order modes and concentrate on those modes generated by first-order mode coupling.

In the following section we solve the first-order RWZ equations with four different types of initial data, varying both the location $r_0$ and width $\sigma$ of the initial data.

1. Time Derivative (TD)

\[
(1)^{(1)}\Psi_2^2(t = 0, r) = 0, \\
(1)^{(1)}\Psi_2^2(t = 0, r) = e^{-(r-r_0)^2/\sigma^2}.
\]

2. Time Symmetric (TS)

\[
(1)^{(1)}\Psi_2^2(t = 0, r) = Me^{-(r-r_0)^2/\sigma^2}, \\
(1)^{(1)}\Psi_2^2(t = 0, r) = 0.
\]

3. Approximately Outgoing (OUT)

\[
(1)^{(1)}\Psi_2^2(t = 0, r) = Me^{-(r-r_0)^2/\sigma^2}, \\
(1)^{(1)}\Psi_2^2(t = 0, r) = -(1 - 2M/r)\partial_r (1)^{(1)}\Psi_2^2(t = 0, r).
\]

4. Approximately Ingoing (IN)

\[
(1)^{(1)}\Psi_2^2(t = 0, r) = Me^{-(r-r_0)^2/\sigma^2}, \\
(1)^{(1)}\Psi_2^2(t = 0, r) = (1 - 2M/r)\partial_r (1)^{(1)}\Psi_2^2(t = 0, r).
\]
V. DECAY FREQUENCIES OF SECOND-ORDER PERTURBATIONS

Ioka and Nakano have put forward the suggestion that at second order new frequencies should appear in the ringdown spectrum, which would be given by the sum of different pairs of standard QNM frequencies. In particular, according to this prediction, the dominant frequency would correspond to the double of the standard fundamental one from linearized theory \[40, 41\]. This seems reasonable, since the sources for the second-order master equations are quadratic in the first-order modes, so one might well expect that frequencies get summed-up in Fourier space. The physical picture, however, appears to be at the same time more subtle and simpler: our numerical simulations indicate that in practice second-order perturbations decay with the standard QNM frequencies from linearized theory.

Recall that the physical process here studied is the coupling of linear modes. That is, we initialize all second-order perturbations to zero. The second-order master equations have sources which are, indeed, quadratic in the first-order modes. What we observe in all our simulations, though, is that those sources quickly excite the second-order perturbations and afterwards decay very fast in time. As a consequence, once the second-order modes have been excited and reached the regime in which they oscillate with a constant complex frequency (i.e. what in linearized theory corresponds to the QNM regime), they essentially propagate with a vanishing source. In other words, as first-order perturbations do. And, in particular, they do oscillate and decay with the same, standard, QNM frequencies from linearized perturbation theory.

We show this behavior in some detail for the four initial data types (Sec. IV A) of CASE A perturbations (Sec. III A), with \( r_0 = 20M \) and \( \sigma = 4M \). Figure 5 shows the first-order Zerilli function and the \((\ell = 2, m = 0)\) second-order one for different initial data profiles. In all cases the source decays much faster than the second-order solution itself and therefore its role in determining the behavior of the latter by the time it enters the QNM regime is negligible. From the same figure one can notice that the type of initial perturbation does determine the time by which the second-order Zerilli function enters the tail regime; but this is not surprising, since it already happens for the first-order one.

In order to gain further insight into these observations we display the dynamics of first and second-order Zerilli functions and the source term \( \langle \Sigma \rangle \) of Eq. (1), now for the \((\ell = 4, m = 0)\) second-order mode. Fig. 6 shows these three quantities as functions of radius at different times. The source term is dominant only during the first \( \sim 20M \), later decaying at a fast rate to several orders of magnitude below the second-order Zerilli function.

Table 11 shows the fitted QNM frequencies from our numerical data, for the different initial-data profiles of CASE A perturbations, with \( r_0 = 20M \) and \( \sigma = 4M \).
Figure 6: CASE A simulations: snapshots of the first-order Zerilli function and second order ($\ell = 4, m = 0$) one, along with the source term, for ingoing initial data. The generic behavior of the source is to rapidly decrease several orders of magnitude below the solutions themselves. [Note: In the first snapshot the second-order Zerilli function vanishes because it corresponds to $t = 0$ and our setup of the physical problem.]

They agree quite well with those predicted by first-order theory for each of those modes.

As described in Sec. IV, our numerical simulations are of very high accuracy (both at first and second-order); all the errors are at the level of double precision round-off, $\sim 10^{-14} - 10^{-12}$ (see Figs. 4B). Therefore, we do not consider lack of resolution as a possible reason for not finding traces of the predicted new second-order QNM frequencies in our simulations. Similarly, one might think that those predicted frequencies are in fact present, but with a very small amplitude. Figure 6 indicates that in practice that does not seem to be the case: the residual of the fit does not appear at all to correspond to an oscillation and decay with twice the standard complex fundamental quasinormal frequency for that mode (or to an overtone). Instead, it appears to be the residual associated with the fact that QNMs are not complete.

For completeness, in Appendix B we provide results of the fitted frequencies for the four initial data types of CASE A perturbations, now varying both the location and width of the initial data; all of them support the same conclusion.

Finally, we briefly discuss the results of some CASE B [odd-parity ($\ell = 2, m = 0$) first-order mode] perturbations, since the conclusions are identical. As discussed in Sec. III B and summarized in Table I, they generate both ($\ell = 4, m = 0$) and ($\ell = 2, m = 0$) even-parity second-order modes. The fitted frequencies from the numerical solutions (for a simulation of TD linear initial data with $r_0 = 20M$ and $\sigma = 4M$) for these second-order modes yield, respectively, $0.37441 - 0.08921i$ and $0.80932 - 0.09419i$, to be compared with the expected values from perturbation theory: $0.37367 - 0.08896i$ for $\ell = 2$ and $0.80918 - 0.09416i$ for $\ell = 4$.

| ID   | $\ell = 2, m = 2$ | err %| $\ell = 2, m = 0$ | err %|
|------|-----------------|------|-----------------|------|
| TD   | 0.37077 - 0.08826i | 0.8  | 0.37334 - 0.08883i | 0.1  |
| TS   | 0.37353 - 0.08837i | 0.2  | 0.37335 - 0.08766i | 0.3  |
| IN   | 0.37061 - 0.08887i | 0.8  | 0.37373 - 0.08945i | 0.1  |
| OUT  | 0.37107 - 0.08624i | 1.0  | 0.37074 - 0.08902i | 0.8  |

Table II: Measured quasinormal frequencies from our numerical simulations (CASE A). They agree with those predicted by linearized theory; even for the second-order modes generated due to mode-mode coupling. The predicted QNM frequencies from standard linearized perturbation theory, as quoted in [15], are $0.37367 - 0.08896i$ for $\ell = 2$ and $0.80918 - 0.09416i$ for $\ell = 4$ (in linearized theory there is degeneracy with respect to the azimuthal index $m$. The relative errors for real and imaginary parts of the measured frequencies $\omega$ are computed as $|\omega - \omega_{\text{exact}}^{|}|/|\omega_{\text{exact}}^{|}$. |
VI. FINAL REMARKS

In this paper we have numerically evolved first and second-order self-generated gauge-invariant gravitational perturbations of Schwarzschild black holes with a variety of initial data sets, studying the oscillation and decay behavior of nonlinear modes and, more specifically, whether they correspond to the standard QNM frequencies or to a different spectrum. We have found, in all cases, that second-order modes decay through the standard QNM frequencies, and that the picture behind this is remarkably simple: first-order perturbations trigger high-order ones through source terms which afterwards rapidly decay in time. Besides, by the time the solutions reach the regime in which they oscillate and decay at a constant rate (the QNM regime in the case of linearized perturbations), the second-order modes for all practical purposes propagate as in linearized theory.

Mode-mode coupling in the ringdown of black holes has been previously studied through numerical simulations of full Einstein equations [50, 51]; however, no conclusions seem to have reached or sought for in terms of the deviations in the ringdown spectrum from the linearized one (presumably due to lack of resolution).

The fact that nonlinear aspects of Einstein’s equations in the ringdown of black holes appear to already be captured—at least in what oscillation and decay frequencies concerns—by linearized perturbation theory is somehow remarkable and should be of use both for modeling black holes in the ringdown regime as well as in data analysis searches of gravitational waves.

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Appendix A: Mode coupling: selection rules

In this appendix we summarize, for completeness, the selection rules for mode coupling [45, 46]. A second-order \((l, m)-mode\) gets a contribution from a pair of first-order modes \((\bar{l}, \bar{m})\) and \((\bar{l}, \bar{m})\) if three conditions are obeyed. First, the harmonic labels must be related by the usual composition formulas

\[
|\bar{l} - \bar{l}| \leq l \leq \bar{l} + \bar{l}, \quad \text{and} \quad \bar{m} + \bar{m} = m. \tag{A1}
\]

Second, mode coupling must conserve parity. To any harmonic coefficient with label \(l\), we associate a polarity sign \(\sigma\) such that, under parity, the harmonic changes by a sign \(\sigma(-1)^l\). Polar/even parity (axial/odd parity) harmonics have \(\sigma = +1\) (\(\sigma = -1\)). Then, parity conservation implies the third condition:

\[
(-1)^{|\bar{l} + \bar{l} - l|} = \sigma \bar{\sigma} \bar{\sigma}, \tag{A2}
\]

where \(\bar{\sigma}\) and \(\bar{\sigma}\) are the polarity signs corresponding to the modes \((\bar{l}, \bar{m})\) and \((\bar{l}, \bar{m})\) respectively. In particular, there is a special case in which the coupling of two modes satisfying Eqs. (A1) and (A2) does not contribute to a second-order mode, and the reason comes from the properties of the Clebsch-Gordan-like coefficients that appear in the product formula for the tensor harmonics [45]. In axisymmetry \((\bar{m} = \bar{m} = 0)\) the mentioned Clebsch-Gordan-like coefficients vanish if \(\bar{l} + \bar{l} + l\) is odd.

This analysis can be extended to higher orders. In particular, the parity condition implies that a collection of \(k\) modes with harmonic labels \(\{l_1, \ldots, l_k\}\) and polarities \(\{\sigma_1, \ldots, \sigma_k\}\) contributes to the mode \((l, \sigma)\) only if

\[
(-1)^l \sigma = \prod_{i=1}^k (-1)^{l_i} \sigma_i.
\]
### Table III: For \( \ell = 2 \) the expected fundamental frequency from linearized theory is 0.37367 – 0.08896i, while for \( \ell = 4 \) frequency it is 0.80918 – 0.09416i \[13\]. Shown are the fitted values from our numerical solutions to the second order Zerilli equations, for four different sets of initial data. For each initial data configuration we vary the location \( r_0 \) and width \( \sigma \) of the linearized perturbations, keeping one fixed (\( r_0 = 20M \) and \( \sigma = 4M \), respectively) while varying the other. The fitted frequencies appear to be insensitive to the choice of initial data and agree with the QNM frequencies from linearized perturbation theory.

| \( r_0 \) | \( \ell = 2, m = 0 \) | \( \ell = 4, m = 0 \) | \( \ell = 4, m = 4 \) | \( \ell = 2, m = 0 \) | \( \ell = 4, m = 0 \) | \( \ell = 4, m = 4 \) |
|---|---|---|---|---|---|---|
| 20 | 0.37373 – 0.08949i | 0.80918 – 0.09416i | 0.80918 – 0.09416i | 0.37074 – 0.08902i | 0.80931 – 0.09425i | 0.80931 – 0.09425i |
| 40 | 0.37147 – 0.08833i | 0.80916 – 0.09417i | 0.80916 – 0.09417i | 0.37079 – 0.08891i | 0.80911 – 0.09409i | 0.80911 – 0.09409i |
| 60 | 0.37141 – 0.08834i | 0.80915 – 0.09413i | 0.80915 – 0.09413i | 0.37093 – 0.08844i | 0.80911 – 0.09417i | 0.80911 – 0.09417i |
| 80 | 0.37102 – 0.08839i | 0.80917 – 0.09415i | 0.80917 – 0.09415i | 0.37140 – 0.08816i | 0.80913 – 0.09413i | 0.80913 – 0.09413i |
| 100 | 0.37101 – 0.08840i | 0.80888 – 0.09414i | 0.80872 – 0.09417i | 0.37148 – 0.08782i | 0.80914 – 0.09426i | 0.80914 – 0.09426i |

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