(Simulating) Coronal Mass Ejections in Active Stars

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Abstract. The stellar magnetic field completely dominates the environment around late-type stars. It is responsible for driving the coronal high-energy radiation (e.g. EUV/X-rays), the development of stellar winds, and the generation transient events such as flares and coronal mass ejections (CMEs). While progress has been made for the first two processes, our understanding of the eruptive behavior in late-type stars is still very limited. One example of this is the fact that despite the frequent and highly energetic flaring observed in active stars, direct evidence for stellar CMEs is almost non-existent. Here we discuss realistic 3D simulations of stellar CMEs, analyzing their resulting properties in contrast with solar eruptions, and use them to provide a common framework to interpret the available stellar observations. Additionally, we present results from the first 3D CME simulations in M-dwarf stars, with emphasis on possible observable signatures imprinted in the stellar corona.

Keywords. Magnetohydrodynamics (MHD), stars: activity, stars: coronae, stars: flare, stars: winds, outflows, Sun: coronal mass ejections (CMEs), Sun: flares

1. Introduction

Flares and Coronal Mass Ejections (CMEs) are spectacular manifestations of magnetic energy release in the Sun and cool stars. Flares correspond to a temporal increase in the electromagnetic radiation (across the entire spectrum) up to several orders of magnitude, in rare cases briefly exceeding a star’s quiescent state bolometric luminosity (in particular wavelengths). A CME is characterized by the release of relatively dense, magnetized material to the outer corona and the stellar wind (Webb & Howard 2012, Benz 2017). Large flares on the Sun (X-class, or \(\geq 10^{31}\) ergs in 1–8 Å soft X-rays) are almost always associated with CMEs (e.g., Yashiro & Gopalswamy 2009). The most energetic events pose threats to life on Earth, with recent examples including the X15 and X4 class flares (nearly \(10^{33}\) erg of X-ray energy) of March 6 1989 that triggered a CME that caused the collapse of Quebec’s electricity grid; and the 1859 “Carrington Event” that ignited

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telegraph lines and spread aurorae as far south as Hawaii, Cuba, and even Colombia (Carrington 1859, Moreno Cárdenas et al. 2016). An extraordinary event in AD 774–775, that was discovered in $^{14}$C/$^{12}$C data from Japanese cedar tree rings, was also likely caused by a huge solar flare that would have destroyed 20% of the ozone layer (Melott & Thomas 2012).

Despite their importance, the energetics of flares and CMEs is still poorly constrained. Flares originate with the sudden conversion of magnetic energy into plasma heating and acceleration of electrons and protons within a magnetic loop. Observations have revealed that the radiated energy in white light completely dominates the soft X-ray emission in solar flares—by factors of up to 100 (Kretzschmar 2011, Emslie et al. 2012). In turn, the kinetic energy of the CMEs associated with large flares are typically larger than the bolometric luminosity by factors of 3 or so. Moreover, multi-spacecraft observations have shown that only up to 20% of the kinetic energy of CMEs is channelled into generation of energetic particles (Emslie et al. 2012). The solar data, then, indicate that soft X-rays constitute only a few percent of the total dissipated energy, and that CMEs carry more energy than flares.

The situation in the stellar regime may be radically different. Large flares on active M-dwarfs and T Tauri stars can reach total soft X-ray fluences of $10^{34} - 10^{36}$ erg—between three and five orders of magnitude larger than in X-class solar flares (e.g. Güdel et al. 2004, Guarcello et al. 2019). Furthermore, the coronae of very active stars appear to be continuously flaring (e.g. Güdel 1997, Drake et al. 2000, Huenemoerder et al. 2010), and their light curves can be well-modeled using a superposition of flares (e.g. Kashyap et al. 2002, Caramazza et al. 2007). This presents a serious energy problem. The most active stars are observed to emit about 1/1000th of their bolometric luminosity in soft X-rays—the so-called coronal saturation limit (e.g. Wright et al. 2011, Wright et al. 2018). If these X-rays originate from flares, and only about 1% of the flare energy is in the form of soft X-rays like in solar flares, then the implication is that magnetic energy dissipation—mainly in the form of CMEs—amounts to 100 times the X-ray flux or about 10% of a star’s total energy output (Drake et al. 2013). Apart from placing an implausibly high energy requirement, such elevated stellar CME activity largely disagrees with observations (or the lack of, see Leitzinger et al. 2014, Crosley et al. 2016, Villadsen 2017, Crosley & Osten 2018), where only one event has been confirmed so far (Argiroffi et al. 2019). It appears then that strong flares and CMEs on very active stars have a quite different energy partition compared to their solar counterparts.

Briefly discussed by Drake et al. (2016), this re-distribution of energy could be related with a suppression mechanism of CMEs, in which the stellar large-scale magnetic field would entrap the plasma ejecta (up to a certain energy), allowing only the radiation and a fraction of particles accelerated at the flare site to escape (see also Odert et al. 2017, Fraschetti et al. 2019). We investigate this possibility through 3D magnetohydrodynamic (MHD) simulations, applying realistic models currently used in space weather studies of the solar system (e.g. Jin et al. 2017a). The CMEs evolve in the corona and stellar wind conditions imposed by surface field configurations—in terms of field strength and topology—compatible with observations of young Sun-like stars (e.g. Donati & Landstreet 2009, Alvarado-Gómez et al. 2015) and a state-of-the-art dynamo simulation of the fully-convective M-dwarf Proxima Centauri (see Yadav et al. 2016). We provide here a summary of the results and refer the reader to Alvarado-Gómez et al. (2018, 2019) for additional details.

2. Numerical Models

Three different models are considered in our investigation. The first one is the Alfvén Wave Solar Model (AWSoM, Sokolov et al. 2013, van der Holst et al. 2014), which is
used to compute the quiescent conditions of the stellar wind and corona (steady-state solution), driven by the magnetic field configuration at the stellar surface. Coupled to AWSoM, the flux-rope models of Gibson & Low (1998, GL), and Titov & Démoulin (1999, TD), serve to drive the CME simulations. These models are part of the Space Weather Modeling Framework (Gombosi et al. 2018, SWMF), commonly used for solar system research and forecast (e.g. Manchester et al. 2008, Jin et al. 2013, Jin et al. 2017b, Oran et al. 2017).

3. Results and Discussion

3.1. Suppression of CMEs by a large-scale magnetic field

We begin by considering a surface field configuration suitable for testing the large-scale magnetic confinement of stellar CMEs. For this, we use the well-studied synoptic magnetogram of the solar Carrington Rotation (CR) 2107 (e.g. Sokolov et al. 2013, Jin et al. 2017a, 2017b), and enhance the dipole component (aligned with the stellar rotation axis) to 75 G. While much stronger large-scale fields are reported for very active stars (up to kG levels, see Donati 2011), this assumption is commensurable with observed surface magnetic fields in ~ 0.4 – 0.8 Gyr old F-G-K main sequence stars (e.g. Morgenthaler et al. 2012, Jeffers et al. 2014, Hussain et al. 2016). Nominal solar values for mass, radius, and rotation period are assumed in our simulations.

In addition, we take advantage of the solar CME numerical calibration study (based on the GL flux-rope model) performed by Jin et al. (2017a), and employ the same eruption parameters in our modified stellar simulations. Figure 1 shows the same flux-rope eruption taking place under the modified CR2107 + 75 G large-scale dipole field (left) and the fiducial solar CR2107 magnetic configuration (right). While this particular eruption, with an associated poloidal flux $\Phi_p \simeq 2.0 \times 10^{22}$ Mx (or an equivalent X5.0 GOES class; see Alvarado-Gómez et al. 2018), produces a relatively strong CME

![Figure 1. Results for a GL flux-rope eruption taking place in AWSoM simulations driven by the CR 2107 + 75 G large-scale dipole case (left), and the nominal CR2107 (right). The central sphere corresponds to the stellar surface, colored by the magnetic field driving the model. The secondary color scale denotes the coronal Doppler shift velocity ($\Delta U_r$) with respect to the pre-CME conditions. The identified eruption is visualized as a translucent yellow iso-surface. Selected magnetic field lines surrounding the eruptive active region (magenta) and associated with the large-scale field (gray) are included. The field of view in both panels is 10 $R_\star$.](image)

‡ Restricted by computational limitations.
in the solar case ($M_{\text{CME}} \sim 10^{17}$ g, $E_{\text{CME}} \sim 10^{32}$ erg), is totally confined in the stellar simulation. The perturbed material (yellow iso-surface in the visualization) follows the overlying field, remaining bound to the lower regions of the corona. As discussed in Alvarado-Gómez et al. (2018), we found that eruptive events with equivalent flare energies up to $\sim$X20 in the GOES classification, would be mitigated by this particular configuration of the large-scale magnetic field.

We also considered sufficiently strong flux-rope eruptions so they would escape the large-scale field confinement. Our analysis revealed that the overlying field significantly reduced the final CME speeds (and therefore the associated kinetic energies) in contrast with extrapolations from solar data. On the other hand, the total mass perturbed in our simulated events (confined and escaping) roughly followed the solar flare-CME relation extended to the stellar regime (Aarnio et al. 2012, Drake et al. 2013). Interestingly, these two predictions are consistent with the observed properties of the best stellar CME candidates observed so far (Moschou et al. 2017, 2019, Vida et al. 2019), as well as with the only direct detection currently available (Argiroffi et al. 2019).

3.2. Magnetically-suppressed CME events in M-dwarf stars: Coronal response

Similar to the Sun-like models, our M-dwarf CME simulations consist of a steady-state description of the stellar wind and the corona, which is then used as initial condition for a time-dependent flux-rope eruption model (the TD model was considered in this case). We drive AWSOM using the surface field configuration predicted by a self-consistent dynamo simulation of a fully-convective star (Yadav et al. 2016). Fine-tuned to the archetypical flare star Proxima Centauri—in terms of mass, radius, and rotation period—this dynamo model yields a long-term variability time-scale for the stellar magnetic field compatible with the observed activity cycle in this star ($P_{\text{cyc}} \sim 7$ yr, Suárez Mascareño et al. 2016, Wargelin et al. 2017).

As discussed in Alvarado-Gómez et al. (2019), we focused on the coronal response during a CME, using eruption parameters expected on the stellar regime ($M_{\text{FR}} = 4 \times 10^{14}$ g, $E_{\text{FR,free}} \sim 6.5 \times 10^{34}$ erg), and under different large-scale confinement conditions (weak, moderate, strong). The latter was achieved by scaling the strength of the dynamo-generated surface field to match values observed in low- to moderately-active M-dwarfs (Reiners 2014). We analyzed five cases, with surface magnetic field strengths ranging from 600 G to 1400 G in 200 G increments. Visualizations of the $\pm 800$ G scaling case are presented in Fig. 2. The main results of our analysis can be summarized as follows:

- Weakly and partially confined CMEs generated a flare-like signature in the corona, predominantly in the integrated X-ray emission (0.2 – 2.5 keV), with increments of up to one order of magnitude with respect to the steady-state pre-CME conditions (e.g. Fig. 2, top-right). While resembling a normal stellar flare, with durations between tens of minutes up to an hour, these brightenings are not powered by magnetic reconnection but instead by strong compression of the coronal material by the escaping CME. The relative strength of the peak in these transient signatures decreases as the CME suppression increases.

- The resulting flare-like events show a characteristic hot-to-cool, red-to-blue evolution in their Doppler shift profiles, transitioning from hotter ($\log(T) \gtrsim 6.8$) to cooler ($\log(T) \lesssim 6.0$) coronal lines, and with velocities within $\pm 200$ km s$^{-1}$ (for the CME and stellar parameters here considered). As with the general behavior of stellar CMEs, stronger confinement leads to lower relative velocities ($<100$ km s$^{-1}$).

- A gradual brightening of the soft X-ray corona (by factors of $\sim 2 – 3$) is observed in fully suppressed CME events. Extending over the course of several hours, the associated
Figure 2. Snapshots at different times of a CME simulation in the flare star Proxima Centauri. The magnetic geometry driving the AWSoM corona/stellar wind solution is provided by the fully-convective dynamo simulation of Yadav et al. (2016). The case shown corresponds to a scaling in the surface field between ±800 G. Left: Three-dimensional visualizations of the density contrast \( \frac{n(t)}{n^{SS}} \), top, and the coronal Doppler shift velocity \( \Delta U_r \), bottom. The listed isosurface value is used to identify the perturbation. Selected large-scale magnetic field lines are shown in gray. Right: Simulated line-of-sight images of the stellar corona (in arbitrary normalized units) synthesized in two AIA/SDO filters (94 Å, top; 304 Å, bottom). Magenta contours in the top panel localize the X-ray emission (Ti-poly filter of XRT/Hinode; 0.2 – 2.5 keV) at the peak of the CME-induced compression flare. Arrows in the bottom panel indicate bright kernels of infalling material due to the partial confinement of the CME by the large-scale field.

emission is redshifted \(<-50 \text{ km s}^{-1}\), indicative of infalling material, which we designate as a coronal rain cloud. A similar infalling process, with corresponding brightenings in the lower layers of the corona, is obtained for partially confined events where CME fragmentation takes place (see Fig. 2, bottom-right).

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Discussion

LUHMANN: You have assumed very solar-like CME settings. Have you considered that the magnetic fields of the stars may differ, e.g. rapid global field reconfigurations that may not be so confining?

ALVARADO-GÓMEZ: We have indeed assumed solar CME models for our simulations. While other eruption mechanisms may work in the stellar case, using solar validated models permit a better understanding of the model results with respect to the observations (solar and stellar). This is critical as there are almost no constraints on these type of events in the stellar regime that could inform the models. Regarding the rapid global field configuration, it is important to remember that the typical flare/CME time-scale is much shorter compared to the observed (through spectropolarimetric data) and expected (via dynamo models) evolution of the large-scale field. Therefore, the large-scale confining conditions are expected to be relatively stable, with noticeable changes on activity/magnetic cycle time-scales.