Self-inflicted nail-gun injury with cranial penetration and use of intraoperative computed tomography

Joseph A. Carnevale, John F. Morrison, David B. Choi, Petra M. Klinge, G. Rees Cosgrove, Adetokunbo A. Oyelese

Department of Neurosurgery, Warren Alpert Medical School of Brown University, Providence, Rhode Island 02903, USA

E-mail: Joseph A. Carnevale - joseph_carnevale@brown.edu; John F. Morrison - johnfmorrison.md@gmail.com; David B. Choi - david_choi@brown.edu; Petra M. Klinge - pklinge@lifespan.org; G. Rees Cosgrove - garth_rees_cosgrove@brown.edu; *Adetokunbo A. Oyelese - aoyelese@lifespan.org

*Corresponding author

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INTRODUCTION

Use of computed tomography (CT) in penetrating cranial injury has become the standard of care. This allows for localization of the path of the foreign body and indication for further imaging studies. Recently, use of intraoperative CT (IOCT) has become increasingly available in the neurosurgery armamentarium, allowing for real-time assessment of hemorrhage and noninvasive vascular studies during surgery.

Self-harm disorder is a psychiatric disorder defined as intentional, self-inflicted, injury without the intent of suicide, and covers a wide range of personal injuries such as cutting, burning, poisoning, or stabbing. Since their introduction in 1959, the increasing use of home or industrial strength pneumatic nail guns has resulted in elevated frequency self-inflicted penetrating cranial trauma from these devices.

We describe a case wherein a patient with self-harm disorder, self-inflicts multiple nail-gun wounds including a penetrating cranial wound. This condition was operative and successfully treated with the assistance of portable IOCT allowing for both minimal cranial exposure and
real-time diagnostic confirmation of hemorrhage free nail extraction.

CASE DESCRIPTION

History and examination
This 60-year-old right-handed male presented to the Emergency Department following self-inflicted injuries to the head, chest, and left arm with a pneumatic powered nail gun. On presentation, he denied suicidal or homicidal ideation. He had several previous demonstration of self-injury, including a table saw injury with distal amputation of left index finger. On presentation, he had a Glasgow Coma Scale (GCS) of 15, several puncture wounds throughout the face and head, and full motor and sensation throughout upper and lower extremities. CT of the brain at admission was consistent with five large nails projected over the face and calvarium [Figure 1a], with one nail extending through the right temporal bone, right temporal lobe, right basal ganglia, right and left lateral ventricles, and terminating in the left basal ganglia [Figure 1b]. There was a small associated right temporal subarachnoid hemorrhage but no intraventricular hemorrhage, midline shift, or basal cistern hemorrhage [Figure 1b].

Operative technique
The facial and chest subcutaneous nails were removed at the bedside with sterile technique under local anesthesia. We elected to remove the intracranial nail in the operating room (OR), under general anesthesia, to allow for a controlled, sterile, environment, and possible conversion to craniotomy should hemorrhage occur. A right temporal approach was used with intraoperative 32-slice BodyTom CT (Neurologica, Danvers, MA, USA) imaging. The BodyTom is a portable, full-bore CT-imaging device that can be utilized in any OR. Use of portable intraoperative imaging was chosen for convenience and patient safety, allowing for pre- and post-removal imaging in the operating theater while the patient and instruments remained sterile as well as real-time three-dimensional imaging reconstruction [Figure 2a]. The right ptoral region was carefully prepped and draped, and an IOCT scan performed to demonstrate that no new hemorrhage had occurred since initial presentation [Figure 2b]. The skin was opened in a curvilinear fashion above the temporal muscle behind the entry point of the nail and the fascia and the temporalis muscle split. The temporal bone surrounding the nail was drilled with a high-speed air drill and craniotomy extended with various size Kerrison bone punches [Figure 3a]. When freed from the surrounding bone, careful longitudinal pressure perpendicular to the skull was applied to the nail head with a Kocher clamp [Figure 3b and c]. Following complete nail removal, small arterial bleeding was irrigated and coagulated and the craniotomy window/
dural opening slightly extended for further visualization [Figure 3c]. Subsequent repeat IOCT was performed, and a small tract hemorrhage where the nail had previously been located was visualized. However, no major vascular injury or hemorrhage was evident [Figure 2c]. The nail was 8 cm in total [Figures 2b and 3d]. The brain was observed to be slack, and no further hemorrhage was visualize. Thereafter, the temporalis was reapproximated with 0 vicryl, the galea with 3-0 vicryl, and the skin with a running, locked 3-0 nylon suture.

Postoperative course
Following the neurosurgical procedure, the patient directly underwent removal of the left humerus nail. Thereafter, he returned to the Neurosurgery Intensive Care Unit. Infectious disease evaluation was requested for low velocity penetrating cranial injury. Vancomycin, cefepime, and metronidazole were initiated for broad spectrum antibiotic coverage. The patient remained GCS 15, ambulatory, and medically stable and was discharged to an inpatient psychiatry unit on postoperative day 3. Postoperative angiogram was deferred to follow-up. However, the patient was subsequently lost to follow-up.

DISCUSSION
These results suggest that further use of IOCT in penetrating cranial injury could provide useful diagnostic information that may mitigate the need for further procedures due to unseen intraoperative complications. IOCT allows for real-time visualization of acute changes in intracranial processes which are not necessarily evident from surface anatomy in surgical cases with limited exposure.

Removal of low velocity penetrating cranial missiles typically is undertaken either under local anesthesia at bedside or in the OR via craniotomy. The benefit of the wakened removal is an evaluation of acute neurological decline secondary to removal caused by hemorrhage. The drawback of bedside, or wakened, removal is decreased control as the patient may move unexpectedly. Typically, a decline in mental status following wakened foreign body removal results in conversion to craniotomy. While this procedure can be conducted in the OR, delay to the OR can be problematic if conducted at the bedside. Removal via intraoperative craniotomy under general anesthesia is often conducted, but changes in the neurological examination are unable to be assessed. When frank hemorrhage is not initially seen, an early postoperative examination or image is typically undertaken. Emergence from anesthesia or transportation to imaging adds further hurdles to clot evacuation should hemorrhage occur: Re-intubation or return to OR and/ or re-prepping, draping for the procedure. Here, we ameliorate both the risk of wake patient interference with a delicate deep parenchymal foreign body extraction as well as evaluate for immediate postoperative hemorrhage with IOCT while the surgical site and instrumentation is sterile for immediate intervention.

Perioperative imaging has long been used in both penetrating and nonpenetrating brain injury. Studies are undertaken immediately postoperatively to rule out intraoperative hemorrhage, at the interval with mental status changes, or to evaluate for posttraumatic pseudoaneurysm. Some advocate use of fluoroscopy, and the “road map” feature, to ensure axial trajectory during foreign body removal. In our study, the penetrating body did not appear to abut vessels, so the risk of pseudoaneurysm is negated. Likewise, use of IOCT immediately following extraction allows for evaluation of hemorrhage and fluoroscopy unnecessary. The use of portable CT allows for the patient to remain situated, sterile, on the operative table as opposed to having to be transported for imaging or outlay the cost for a dedicated operative suite equipped with a CT scanner. In our particular case, the use of IOCT-angiography though possible was unnecessary due to the lack of hemorrhage on IOCT.

Dedicated operative suites for intraoperative magnetic resonance imaging or CT have been created for procedures augmented by these imaging modalities. These facilities, however, require a dedicated space and significant capital outlay. Here, we utilize portable CT technology, intraoperatively, with no increase in hospital infrastructure and little or no increase in operative time. Likewise, the machine can be moved to multiple ORs, allowing for the ability to schedule concomitant cases requiring IOCT without the prerequisite infrastructure.

This study represents not only the first report of use of IOCT in penetrating cranial injury but also the first use of portable IOCT for acute brain pathology. It supports the use of IOCT in patients with penetrating cranial injuries to allow for early identification of surgical complications and minimal cranial exposure and parenchymal manipulation. This portends to decreased hospital stay and ultimately, better outcome and warrants further investigation.

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Conflicts of interest
There are no conflicts of interest.

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