# Narrative Review Checklist

| Section/Topic         | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|-----------------------|---------|----------------------------------------------------------------------|-------------------------------------|------------------------------|
| **TITLE**             |         |                                                                       |                                     |                              |
| Title                 | 1       | Identify the report as a Narrative Review of …                       | 3/47-49                            | Title of the article         |
| **ABSTRACT**          |         |                                                                       |                                     |                              |
| Unstructured summary  | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 3/50-68                            | Abstract/Paragraph           |
| **INTRODUCTION**      |         |                                                                       |                                     |                              |
| Rationale/background  | 3       | Describe the rationale for the review in the context of what is already known. | 4/70-86                            | Introduction/ 1st Para       |
| Objectives            | 4       | Specify the key question(s) identified for the review topic.         | 4/80-82                            | Introduction/ 1st Para       |
| **METHODS**           |         |                                                                       |                                     |                              |
| Research selection    | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 4/83-85                            | Introduction/2nd Para        |
| **DISCUSSION/SUMMARY**|         |                                                                       |                                     |                              |
| Narrative             | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 4-5/88-107 5-8/108-170 9-12/185-267 | Historical perspective/ 1 Paragraph |
| Summary               | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 17/375-389                         | Conclusions 1-2 Para         |

*Updated on May 11, 2020*

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Article information: [http://dx.doi.org/10.21037/tp-20-320](http://dx.doi.org/10.21037/tp-20-320)

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*