Regenerative Response in Ischemic Brain Restricted by p21cip1/waf1

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Abstract

Neural precursor cells from adults have exceptional proliferative and differentiative capability in vitro yet respond minimally to in vivo brain injury due to constraining mechanisms that are poorly defined. We assessed whether cell cycle inhibitors that restrict stem cell populations in other tissues may participate in limiting neural stem cell reactivity in vivo. The cyclin-dependent kinase inhibitor, p21cip1/waf1 (p21), maintains hematopoietic stem cell quiescence, and we evaluated its role in the regenerative response of neural tissue after ischemic injury using the mice deficient in p21. Although steady-state conditions revealed no increase in primitive cell proliferation in p21-null mice, a significantly larger fraction of quiescent neural precursors was activated in the hippocampus and subventricular zone after brain ischemia. The hippocampal precursors migrated and differentiated into a higher number of neurons after injury. Therefore, p21 is an intrinsic suppressor to neural regeneration after brain injury and may serve as a common molecular regulator restricting proliferation among stem cell pools from distinct tissue types.

Key words: neural stem cells • cell cycle • p21 • neural regeneration • brain ischemia

Introduction

Therapeutic effects of stem cell expansion in vitro and regeneration in vivo in part depend upon stem cell proliferation. Understanding the molecular basis for the constraint of stem cell cycling is critical for rationally determined strategies to manipulate stem cells therapeutically. As largely modeled in hematopoiesis, maintenance of mature cell production requires a cytokine-responsive progenitor cell pool with prodigious proliferative capacity and a smaller population of stem cells intermittently feeding daughter cells into a proliferative compartment. In contrast to progenitor cells, the stem cell pool itself is relatively quiescent and cytokine resistant, a state which appears particularly critical in adults (1). In the central nervous system (CNS), evidence suggests that the proliferative pools of adult neural progenitor cell (NPC) are derived from a quiescent multipotent precursor or neural stem cell (NSC) (2–6). Given a much lower turnover rate in CNS (7), the mitotic quiescence may also involve NPC. Perhaps due to the extraordinary quiescence that cannot be sufficiently stimulated by the signals from damaged tissue, endogenous NSCs or NPCs do not produce substantial recovery in cases of severe injury (8). For example, recent studies demonstrated that the precursors from subventricular zone (SVZ) in adult brain can migrate into the injured areas and participate in the neural repair after stroke (9, 10), but the replacement appeared to be very limited (11). This suggests a dominant role of intrinsic inhibitors in suppressing the proliferation of NSC and NPC after injury. Therefore, understanding the molecular mediators in cell cycle arrest underlying neural quiescence may ultimately provide mo-

Abbreviations used in this paper: BrdU, 5-bromodeoxyuridine; CKI, cyclin-dependent kinase inhibitor; CNS, central nervous system; DCX, doublecortin; EGF, epidermal growth factor; EIA, enzyme immunoassay; FGF, fibroblast growth factor; GCL, granule cell layer; HSC, hematopoietic stem cell; MCAO, middle cerebral artery occlusion; NPC, neural progenitor cell; p21, p21cip1/waf1; PCNA, proliferating cell nuclear antigen; SGZ, subgranular zone; SVZ, subventricular zone; TUNEL, terminal deoxynucleotidyl transferase–mediated deoxyuridine-triphosphate nick end labeling.
lecular targets for enhancing endogenous repair mechanisms after acute and chronic damages.

The cell cycle machinery is negatively controlled by several cyclin-dependent kinase inhibitors (CKIs) (12). We demonstrated previously that the founding member of CKI families, p21cip1/waf1 (p21), maintains relative quiescence of the hematopoietic stem cell (HSC) (13, 14). p21 was found to be expressed at a higher level in individual quiescent human HSCs than in differentiating progenitor cells, and its absence resulted in a higher fraction of cycling cells in HSC-enriched populations. Hypothesizing that p21-mediated quiescence may also be present in neural precursors (we use “precursors” in our text since the cells cannot be clearly defined as NSC or NPC in vivo), we examined the role of p21 in a model of adult neural precursors within the hippocampus and the lateral ventricle using genetically engineered mice deficient in p21 gene expression before and after ischemic brain injury.

Materials and Methods

Generation of Homozygous Mice

We obtained heterozygous 129/SV p21+/− mice (15) from the laboratory of Tyler Jacks (Massachusetts Institute of Technology, Cambridge, MA) and homozygous 129/SV p53+/+ or 129/SV p53−/− mice from Jackson Laboratory under the permission of the Subcommittee on Research Animal Care of the Massachusetts General Hospital. The inbred 129/SV heterozygous p21+/− mice were bred to yield homozygous and wild-type offsprings. Mice were genotyped by PCR using primers specific for the founder of CKI families, p21/−/− demonstrated previously that the founding member of CKI families, p21cip1/waf1 (p21), maintains relative quiescence of the hematopoietic stem cell (HSC) (13, 14). p21 was found to be expressed at a higher level in individual quiescent human HSCs than in differentiating progenitor cells, and its absence resulted in a higher fraction of cycling cells in HSC-enriched populations. Hypothesizing that p21-mediated quiescence may also be present in neural precursors (we use “precursors” in our text since the cells cannot be clearly defined as NSC or NPC in vivo), we examined the role of p21 in a model of adult neural precursors within the hippocampus and the lateral ventricle using genetically engineered mice deficient in p21 gene expression before and after ischemic brain injury.

RT-PCR for p21 and GAPDH

Total RNA was isolated from hippocampus or SVZ with TRizol method (Life Technologies). 1 μg RNA was treated with 1 U of amplification-grade DNase I (Life Technologies) to eliminate residual genomic DNA and reverse transcribed into first-strand cDNA with oligo-dT primers and 200 U of Superscript II reverse transcriptase (Life Technologies). The specific primer pair for mouse p21 (5'−AGGCTGAAGCAGGATGAGG−3' and 5'−AAATTCCACCGTTCTCGG−3') (17) or mouse GAPDH (5'−TAAAGGCGATCTGAGCTACACT−3' and 5'−TCTCCCTCGAGGCCATGTTG−3') was amplified by the first cDNA template. The PCR cycles and temperature conditions were optimized to reflect a linear relationship between the input template and the final PCR product (p21: 45 s at 94°C, 45 s at 60°C, and 1 min at 72°C for 40 cycles; GAPDH: 30 s at 95°C, 30 s at 55°C, and 1 min at 72°C for 25 cycles). PCR was performed in Peltier Thermal Cycler (PTC-200; MJ Research). 1% agarose gel was used to display the PCR product, and the relative density ratio between p21 and GAPDH was analyzed with the NIH imaging system.

5-Bromodeoxyuridine Incorporation In Vivo and Stereological Analysis

Animals received i.p. injections of 5-bromodeoxyuridine (BrdU; 50 mg/kg, dissolved at 5 mg/ml in PBS [Sigma-Aldrich]). Two daily injections (two times/day) were given to naive animals or to operated animals on day 7 or 8 or day 14 and 15 after MCAO. The animals were killed on day 1 or day 28 after the last BrdU injection (i.e., on day 9, 16, or 35 after MCAO). For histological evaluation, the animals were perfused transcardially with 4% formalin and 1% osmium tetroxide. The GCL area (mm²) was measured in optical sections (Becton Dickinson) 1:400 for mouse BrdU (Becton Dickinson) and 1:200 for rabbit GFAP antibody cy3 conjugated (Sigma-Aldrich); 1:1,000 mouse anti-NeuN (Chemicon); 1:100 for goat anti-doublecortin (DCX) (Santa Cruz Biotechnology, Inc.); and 1:500 for mouse anticalbindin (Swant). To determine the number of BrdU-labeled cells,
Figure 1. Increased cell proliferation in p21<sup>−/−</sup> brain tissues after MCAO. BrdU was injected into the littermate or age-matched p21<sup>−/−</sup> or p21<sup>+/+</sup> mice on day 7 and 8 or day 14 and 15; and animals were killed 9 d or 16 d after MCAO for 20 min. Immunohistochemistry was performed on free-floating 40-μm coronal sections pretreated by denaturing DNA, and a specific stereological analysis (18) was applied to enumerate the labeled cells per volume as detailed in Materials and Methods. A few BrdU-labeled cells were detected in the noninjured p21<sup>−/−</sup> and p21<sup>+/+</sup> mice. There was an increased BrdU labeling (black cells) in the region corresponding to the SGZ of dentate gyrus in hippocampus (A) or the SVZ in lateral ventricle (B) after MCAO. Mean values from multiple experiments are summarized in the graphs under each histological picture. The noninjured samples are marked as control in the graph. Black and white bars indicate mean values /H1106 SD from p21<sup>−/−</sup> and p21<sup>+/+</sup> genotype, respectively. A significant increase of BrdU-labeled cells in both genotypes and a larger fraction of BrdU-positive cells in p21<sup>−/−</sup> genotype was observed 9 d after MCAO (P < 0.01, n = 5, assessed by ANOVA with Bonferroni’s post hoc analysis). To further confirm the increased cell proliferation, the injured brain tissue sections were incubated with anti-PCNA antibody, and second antibody was labeled with Rhodamine X (red). The PCNA-expressing cells were significantly more abundant in p21<sup>−/−</sup> SVZ than in p21<sup>+/+</sup> SVZ (color pictures in B). The color images were taken with confocal microscopy.
we stained for BrdU by using the peroxidase method (ABC system, with biotinylated horse anti–mouse IgG antibodies and diaminobenzidine as chromogen [Vector Laboratories]). The fluorescent secondary antibodies were used were appropriate cy2- and cy3-labeled IgG (Jackson ImmunoResearch Laboratories), 1:200 dilution. The same stereological estimation was used to quantify the double-positive cells as described in 5-Bromodeoxyuridine Incorporation In Vivo and Stereological Analysis. For the TUNEL assay, a well-established protocol in our laboratory was used in this study (22).

Enzyme Immunoassay for Fibroblast Growth Factor-2
For enzyme immunoassay (EIA), the brains were removed without transcardial perfusion, and the hippocampi were dissected and frozen immediately at −80°C. Stored hippocampi were homogenized and centrifuged at 14,000 g for 30 min at 4°C. Protein concentration of each supernatant was determined by a protein assay kit (Bio-Rad Laboratories). EIA for fibroblast growth factor (FGF)-2 was performed by using an assay kit (Quantikine HS; R&D Systems) according to the manufacturer’s instruction and our previous work (19).

Neurosphere Culture
Culture of neurospheres was based on the previously published method (23, 24) with minor modifications. Details are provided in Fig. S1, available at http://www.jem.org/cgi/content/full/jem.20031385/DC1.

Online Supplemental Material
Photographic images along with culture conditions for neurospheres (Fig. S1) and experimental design for the in vivo assessments used in the brain ischemic model (Fig. S2) are available at http://www.jem.org/cgi/content/full/jem.20031385/DC1.

Results
Cell Proliferation in the Neurogenic Regions Under Steady-state (Noninjured) Conditions. We assessed cell proliferation within the subgranular zone (SGZ) of hippocampal dentate gyrus and the SVZ of the lateral ventricle. Both regions contain well-defined neural precursors that maintain ongoing low-level neurogenesis in adults (25, 26). To directly determine the cell cycling status of the neural precursors in vivo, we examined by immunohistochemistry the incorporation of the thymidine analogue, BrdU, into brain cells in 8–12-wk-old mice. It has been shown previously that cycling cells in this model do not express mature neuron markers according to a defined experimental protocol (19, 27), and therefore, BrdU incorporation in the regions is thought to mainly reflect proliferative activity of precursor cells. BrdU uptake over 48 h was analyzed to assess cell proliferative activity. Under steady-state conditions, a low level of BrdU labeling (black cells) was detected in the noninjured mice (Fig. 1). Labeled cells were found mainly in the SGZ and SVZ as reported previously (19). However, the numbers of BrdU-positive cells in p21−/− and p21+/+ mice did not differ significantly in either the SGZ (Fig. 1 A) or SVZ (Fig. 1 B), unexpectedly demonstrating no impact of p21 deletion on the proliferation of neural precursors under steady-state or noninjured conditions. To further confirm this unexpected finding, the neurosphere culture system (23) was used to enumerate NSCs from hippocampus and lateral ventricle tissue. Consistent with the above in vivo data, the number of neurospheres from p21−/− mice was not significantly different from p21+/+ mice (SGZ: 121 ± 150 and 179 ± 203 in p21−/− and p21+/+ mice, respectively; SVZ: 496 ± 163 and 501 ± 249 in p21+/+ and p21−/− mice, respectively; mean ± SD, n = 4/each). In addition, we did not observe significant differences in the neural or glial differentiation potential of the cells regardless of the integrity of their p21 gene locus (Fig. S1, available at http://www.jem.org/cgi/content/full/jem.20031385/DC1).

Cell Proliferation in SGZ and SVZ After Brain Ischemia. Reasoning that the potential biological consequences of the absence of p21 might be revealed under conditions of damage stress, we exposed the animals to ischemic injury by MCAO (16, 19; Fig. S2, available at http://www.jem.org/cgi/content/full/jem.20031385/DC1). MCAO has been demonstrated as an unique model in which robust neurogenesis can be achieved in weeks (9, 19, 28), and in this study, we chose a mild condition during the procedure (MCAO for 20 min) as a first attempt to assess the direct impact of p21 absence on the proliferation of neural precursors. 1 wk after MCAO, there was an increased BrdU incorporation in both p21−/− and p21+/+ injured mice (Fig. 1). Moreover, the increase of BrdU incorporation in the injured animals was significantly higher in p21−/− mice than in p21+/+ mice (SGZ: 3.0- and 1.5-fold increase in p21−/− and p21+/+ mice, respectively, P = 0.0003; SVZ: 3.1- and 1.4-fold increase in p21−/− and p21+/+ mice, respectively, P = 0.0029). These differences were found at 1 wk and then interestingly reverted to the baseline 2 wk after injury in both p21−/− and p21+/+ animals (Fig. 1, graphs), indicating a specific association with the acute in-
To confirm that the BrdU incorporation indicated the cell proliferation activity in the regions, we also examined the proliferating cell nuclear antigen (PCNA) and found that the PCNA-positive cells were more abundant in p21−/− SVZ than in p21+/+ SVZ after injury (Fig. 1 B, top right panels). Therefore, cell proliferation in SGZ or SVZ is responsive to ischemic injury despite the absence of overt injury to those sites (see the data in the next paragraph), and p21 appears to limit the proliferative response to the injury. The physiologic relevance of p21 in that context was further supported by the up-regulation of p21 mRNA 4 d after brain ischemia in the SGZ and SVZ regions of wild-type animals (Fig. 2), which was consistent with the elevated levels of the p21 protein reported by others (29).

Minimal Cell Death in SGZ and SVZ After MCAO. Because SGZ and SVZ lie outside the core territory supplied by the middle cerebral artery, under the mild injury condition applied in this study, significant cell death was not anticipated in these specific regions. To further assess this, we then examined the tissue sections using terminal deoxynucleotidyl transferase–mediated deoxyuridine triphosphate nick end labeling (TUNEL) within the hippocampus and adjacent structures after MCAO. Unlike our previous demonstration of TUNEL-positive staining in striatum after MCAO (30), BrdU-stained cells in the SVZ and hippocampus exhibited normal neuronal morphology without morphological features of apoptosis. Further, there were no TUNEL-positive cells observed on day 1, 2, or 9 after MCAO in these two regions (not depicted). Response to brain injury in an area remote from injured cells and tissue has advantages over models in which cells themselves are injured possibly irreparably. Relatively mild injury and distal site evaluation allowed us to more accurately quantify cell proliferation without the confounding effects of DNA damage, cell apoptosis, or infiltrating inflammatory cells.

Migration and Differentiation Potential of the Neural Precursor Cells from SGZ. To explore the potential of migration and differentiation of the precursors detected by BrdU incorporation, the migration marker for neurons, DCX (31, 32), and the specific marker for mature neurons, NeuN, were used to costain the BrdU-positive cells in dentate gyrus of hippocampus 9 and 35 d after MCAO (Fig. S2). Doublecortin is known to be microtubule-associated protein widely expressed in migrating and differentiating neu-

Figure 3. Expression of the neuronal migration marker (DCX) by the proliferating cells in SGZ 1 wk after MCAO. BrdU was injected on day 7 and 8, and animals were killed on day 9 after MCAO. Immunohistochemistry was performed on floating 40-μm coronal sections pretreated by denaturing DNA, and a specific stereological analysis (18) was applied to enumerate the labeled cells per volume as detailed in Materials and Methods. Brain sections were stained for BrdU immunoreactivity (cy2, green) with the neuronal migration indicator, DCX (cy3, red) and examined in SGZ of dentate gyrus with confocal microscopy for BrdU/DCX-coexpressing cells (merged, yellow) (A). A significant increase of BrdU/DCX double-positive cells in p21−/− SGZ especially after MCAO was visualized among the different samples (B). The morphology of the neuroblast cell expressing both BrdU and DCX is shown by a single cell in two-dimension (C) and three-dimension (D). Based on the data from multiple experiments, these differentiating cells positive for DCX/BrdU are significantly more in p21−/− SGZ than in p21+/+ SGZ (P < 0.01, n = 4, assessed by ANOVA with Bonferroni’s post hoc analysis) (E). The black and white bars in the graphs indicate mean values ± SD from the p21−/− and p21+/+ genotype, respectively. The noninjured samples are marked as control and Day 9 indicates 9 d after MCAO in the graph (E).
was a higher abundance of the neural precursors generated enies of the activated precursors and, moreover, that there indicating that these neuroblast cells were immediate prog-
ated with the increase of BrdU incorporation after injury, 
1 d after the 2-d BrdU injection procedure (Fig. 3, A–C). 

The increase of DCX/BrdU double-positive cells corre-
ated with the increase of BrdU incorporation after injury, indicating that these neuroblast cells were immediate prog-
ene of the activated precursors. We found that the DCX-positive cells were 
migrating from SGZ to GCL and these data strongly demonstrate a significant impact of p21 
expression on neural regeneration after brain ischemia. 

Independent Effect of p21 from the Known Upstream Regula-
tors. p21 has been demonstrated to be transcriptionally up-regulated by p53 upon DNA damage (35), and we sought to functionally determine whether the restriction of p21 on neural regeneration after brain ischemia is depen-
dent on the presence of p53. Thus, we examined BrdU incorp-
oration before and after MCAO in p53−/− mice compared with p53+/+ controls (Fig. 5). In contrast to p21−/− and p21+/+ animals, there was no difference in BrdU incorp-
oration between p53−/− and p53+/+, although an increase in BrdU incorporation after ischemia was observed (n = 5/group). Therefore, the inhibitory role of p21 in neural proliferation in vivo appears to be independent of p53. Further, to rule out that the increased proliferation in the absence of p21 after ischemia may be due to elevated levels of some key neural growth factors in p21-null ani-
als, we measured the concentrations of FGF-2 and epi-
dermal growth factor (EGF) in hippocampus 1 wk after in-
jury (19). FGF-2 and EGF have been shown to be potent
mitogens stimulating the proliferation of NSC and NPC from adult brain. FGF-2 was able to stimulate in vivo neurogenesis through a systemic injection (36), and in particular we demonstrated recently that FGF-2 delivery by viral vector promotes neurogenesis in the SGZ after brain ischemia (19). We in this study that the levels of FGF-2 were increased after injury, as we reported previously (19), but there was no difference between p21−/− and p21+/+ animals (Fig. 6). In agreement with a previous report that EGF has no proliferative effect in the SGZ in vivo (7), EGF was not detectable at the protein level in SGZ after MCAO (unpublished data), likely due to location or development stage–dependent expression of EGF (37). Admittedly, our data cannot exclude influences from other potential neural growth factors yet to be defined. Nevertheless, these data suggest that p21 promotes proliferation of NSC and NPC in adult brain independent of raised levels of the essential growth factors of EGF and FGF-2.

**Discussion**

This study provides the first evidence that cell cycle activation of neural precursors in vivo is intrinsically inhibited by p21 after brain injury, through a p53-independent pathway. Similar responses in both hippocampus and lateral ventricle indicate that the effect of p21 is not highly location specific. In the mild and remote injury model we used, hippocampal cells were stressed as a result of focal ischemia and were stimulated to divide, similar to periventricular cells. It is anticipated that these cells may not only participate in the recovery process after focal ischemia but also provide a source of cells potentially renewable for repairing injured striatal tissue, especially in the light of the recent studies demonstrating the migration of the neural precursors from SVZ to the injured sites after severe brain ischemia (9, 10). Therefore, this study provides a rationale for future strategies to suppress p21 within injured brain after severe ischemia.

It is unlikely that the BrdU-positive cells were the result of DNA repair rather than proliferation based on the following reasons: (a) the documented intensity and location of the BrdU staining specific for neural cell proliferation was consistent with the previous validations by others (7, 19, 28); (b) the “off-on” coexpression of NeuN with BrdU suggested neuronal differentiation; (c) there was a minimal degree of cell apoptosis or inflammatory response in the regions; and (d) there was a correlated appearance of the independent indicator for cell proliferation, PCNA, with BrdU incorporation. Arguably, it might be possible that the increased BrdU incorporation in the p21−/− injured brain may reflect the reentry into cell cycle of some postmitotic differentiated cells as demonstrated in the p27−/− or p19−/− mice (38). However, the fact that BrdU-incorporated cells exhibited little coexpression of NeuN 1 wk and acquired NeuN later on after injury opposes the possibility of “dedifferentiation” of the postmitotic differentiated cells. In addition, it might be also possible that abnormal alterations in cell cycle kinetics, as mediated by the absence of p21, may alter the neural fate choices or downstream differentiation potential in the way that would contribute to the composition of cell subtypes in the regenerated tissue as a result of the experimental ischemic insult. Although this issue perhaps needs formal exploration within CNS in the
future, we did not observe the altered lineage distribution in the neurosphere culture system in the absence of p21 (Fig. S1), arguing against the possibility.

Our study provides intriguing parallels with the role of p21 in stem cell regulation in hematopoietic tissue (14). A functional parallelism between neurogenesis and hematopoiesis has been proposed to map the hierarchy of neural precursor cells. This has been partially substantiated by the studies suggesting transdifferentiation (39–41) and shared gene transcripts between these two stem cell populations (42–45). Together with our previous work in both mouse and human HSCs (14, 46), we present a functional approach, defining a common cell cycle mediator restricting cell cycle entry in primitive quiescent cells from different tissues. Of note, we did not observe an increase of NSC/NPC proliferation in p21<sup>−/−</sup> mice under homeostatic conditions, which contrasts with the increased stem cell number and more active cell cycling status we observed in hematopoiesis (14). Several reasons might account for this difference. First, there are fundamental differences between neurogenesis and hematopoiesis in the turnover rate and longevity of newly born cells. The demand for steady-state proliferation of neural precursors in CNS is much lower than in the hematopoietic system. Second, possible compensation from other CKIs or other molecules in p21<sup>−/−</sup> mice might contribute to the invisible change of NSC proliferation under noninjured conditions. However, data indicating that p21-null and p27- or p18-null have very different phenotypes in ischemic brain (unpublished data), similar to what we found in the hematopoietic system (13), does not seem to support the possibility. Third, it is possible that altered BrdU incorporation cannot be specifically detected in NSC due to the lack of our ability to phenotypically distinguish NSC from NPC in vivo. Notably, a distinct temporal pattern of increasing NeuN/BrdU double-positive cells was observed in the p21-null setting in the current study (Fig. 4 B). After MCAO, there were 3.0-fold increases of single BrdU-positive cells at 1 wk that increased to a 5.6-fold increase of BrdU/NeuN double-positive cells at 1 mo. This magnitude of rise over time was smaller in the p21<sup>+/−</sup> animals where the increases were 1.5–1.9, respectively, thereby suggesting that the absence of p21 may have engaged a more primitive, self-expanding population of stem cells. This speculation is supported by a recent study indicating a possible role of p21 in regulating NSC self-renewal caused by the Bmi-1 protein (47), whereas further proof of this possibility awaits a clear phenotype of NSC in vivo equivalent to that defined for HSC (48).

In conclusion, p21 appears to specifically restrict entry of quiescent precursors into cell cycle in both adult neural and hematopoietic tissue types despite the distinct proliferative kinetics of the two systems. Functionally similar HSC, NSC/NPC, and possibly other stem cell type (49) may share the molecular commonality of p21-restricted cell proliferation. As a corollary, altering p21 expression may be viewed as a possible means of enhancing stem cell response to tissue injury in general.

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