Inhibition of autophagy prevents irradiation-induced neural stem and progenitor cell death in the juvenile mouse brain

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Radiotherapy is an effective tool in the treatment of malignant brain tumors. However, damage to brain stem and progenitor cells constitutes a major problem and is associated with long-term side effects. Autophagy has been shown to be involved in cell death, and the purpose of this study was to evaluate the effect of autophagy inhibition on neural stem and progenitor cell death in the juvenile brain. Ten-day-old selective Atg7 knockout (KO) mice and wild-type (WT) littersmates were subjected to a single 6Gy dose of whole-brain irradiation. Cell death and proliferation as well as microglia activation and inflammation were evaluated in the dentate gyrus of the hippocampus and in the cerebellum at 6 h after irradiation. We found that cell death was reduced in Atg7 KO compared with WT mice at 6 h after irradiation. The number of activated microglia increased significantly in both the dentate gyrus and the cerebellum of WT mice after irradiation, but the increase was lower in the Atg7 KO mice. The levels of proinflammatory cytokines and chemokines decreased, especially in the cerebellum, in the Atg7 KO group. These results suggest that autophagy might be a potential target for preventing radiotherapy-induced neural stem and progenitor cell death and its associated long-term side effects.

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Radiotherapy is one of the most effective tools in the treatment of malignant tumors, and it is used not only with adult patients but also with children who suffer from primary or metastatic brain tumors and from central nervous system (CNS) involvement of leukemia or lymphoma. Irradiation to the whole body, including the brain, is also included in some protocols before hematopoietic stem cell transplantation. Damage to normal brain tissue surrounding the tumor constitutes a major problem and is associated with adverse side effects, particularly in pediatric patients. The young and developing brain represents a special concern because it is more sensitive to irradiation than the adult brain. Cognitive impairments, secondary malignancies, and perturbed growth and puberty are some of the long-term effects after radiotherapy, and irradiation-induced depletion of neural progenitor cells and stem cells appears to be long lasting, even after a single moderate dose of radiation. Thus, preventing irradiation-induced neural progenitor cell and stem cell death is an urgent issue that needs to be resolved so as to increase the clinical efficacy of radiotherapy.

Radiation damage can be induced either directly to the DNA or indirectly by the generation of reactive free radicals. DNA damage that escapes the cellular repair machinery can trigger a variety of cellular responses, including cell cycle arrest and cell death by mitotic catastrophe, necrosis, or apoptosis. Mature neurons are considered to be in a permanent state of growth arrest, whereas stem and progenitor cells, as well as tumor cells, have high proliferative capacity and are therefore highly vulnerable to irradiation. Cell demise after irradiation, particularly in the developing brain, is to a large extent dependent on apoptosis-related mechanisms. Autophagy is essential for survival, differentiation, development, and homeostasis; however, inappropriate activation of autophagy can be directly involved in mediating cell death or in triggering the initiation of apoptotic or necrotic cell death. Induction of autophagy has been observed after irradiation in glioma cells, but whether induction of autophagy contributes to neuronal stem and progenitor cell death or protects against it is unclear. The aim of this study was to investigate the effect of selective inhibition of autophagy on neuronal stem and progenitor cell death in the dentate gyrus and cerebellum in juvenile mice after cerebral irradiation and to elucidate the potential molecular mechanisms behind any such effect. We used mice deficient in autophagy specifically under a nestin promoter, including neuronally committed cells, due to the tissue-specific deletion of the Atg7 gene, which is involved in autophagy induction and autophagosome formation. We found that autophagy has an important role in the execution of...
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Results

Neuronal Atg7 deficiency reduces neural stem and progenitor cell death in the dentate gyrus and cerebellum. Cell death was evaluated by counting pyknotic cells with hematoxylin and eosin (HE) staining (Figures 1a–d) and by counting active caspase-3-positive cells (Figures 1e–h) in the dentate gyrus (Figures 1a and e) and the cerebellum (Figures 1c and g). The pyknotic cells were mainly located in the subgranular zone (SGZ) of the dentate gyrus (Figure 1a), and the number of pyknotic cells increased at 6 h after irradiation. Neuronal Atg7 knockout (KO) reduced irradiation-induced pyknotic cell death by 60% in the dentate gyrus (384.4 ± 22.6 pyknotic cells per mm in wild-type (WT) versus 154.3 ± 24.8 pyknotic cells per mm in Atg7 KO mice after irradiation, P < 0.001) (Figure 1b). The pyknotic cells in the cerebellum were mainly located in the external germinal layer (EGL) at 6 h after irradiation (Figure 1c), and the number of pyknotic cells in this region was reduced by 19% in the Atg7 KO group (6637.2 ± 188.7 pyknotic cells per mm² in WT versus 5376.4 ± 228.6 cells per mm² in Atg7 KO mice after irradiation, P = 0.014) (Figure 1d). We further checked apoptotic cell death by staining for activated caspase-3, which is an established marker of apoptosis. There were very few cells immunopositive for active caspase-3 in the dentate gyrus (Figures 1e and f) and the cerebellum (Figures 1g and h) of the non-irradiated mice, but the number of active caspase-3-positive cells increased markedly after irradiation. Quantification showed a significant reduction in the number of active caspase-3-positive cells after irradiation in the Atg7 KO mice in the dentate gyrus (187.8 ± 7.5 cells per mm in WT versus 117.4 ± 12.8 cells per mm in Atg7 KO mice after irradiation, P = 0.014) (Figure 1f) and the cerebellum (3854.7 ± 36.2 cells per mm² in WT versus 3670.3 ± 29.2 cells per mm² in Atg7 KO mice after irradiation, P = 0.016) (Figure 1h).

Neuronal Atg7 deficiency has no effect on neural stem/progenitor cell proliferation. To determine the effect of neuronal Atg7 deficiency on neural stem and progenitor cell proliferation, Ki-67 immunostaining (Figures 2a–d) and mRNA expression (Figures 2e and f) were measured in both the dentate gyrus and the cerebellum. There was no significant difference in the number of Ki-67-labeled cells in the SGZ of the dentate gyrus (Figure 2b) or the EGL of the cerebellum (Figure 2d) between the non-irradiated Atg7 KO and WT mice. The number of Ki-67-positive cells decreased significantly at 6 h after irradiation in both the dentate gyrus and the cerebellum (Figure 2e, left panel) and the cerebellum (Figure 2f, left panel), and the effect was more pronounced in the cerebellum, but there was no difference between Atg7 KO and WT (Figures 2e and f, left panel). The non-mitotic neural stem and progenitor cells, as indicated by SOX2 mRNA expression, showed no difference between Atg7 KO and WT after irradiation (Figure 2e, right panel). The SOX2 mRNA level in the whole cerebellum was decreased more than 50% after irradiation (Figures 2e and f, right panel).

Neuronal Atg7 deficiency reduces irradiation-induced microglia activation. We and others previously showed that irradiation induces microglia activation and inflammation in the neurogenic regions and that autophagy inhibition reduces cytokine and chemokine expression and microglia activation. Thus, we investigated the effect of neuronal Atg7 deficiency on some inflammatory markers and signaling pathways in the regulation of microglia activation. Microglia, as indicated by Iba-1 labeling, were scattered throughout the normal brain and became unramified or activated (bushy or amoeboid) under pathological conditions (Figures 3a and b). The number of microglia in the SGZ of the dentate gyrus was not different between Atg7 KO and WT mice in the non-irradiated controls, but the number increased markedly after irradiation (P < 0.001) and Atg7 KO reduced the increase by 45.5% (23.1 ± 1.1 microglia cells per mm in WT versus 12.6 ± 1.4 microglia cells per mm in Atg7 KO mice after irradiation, P < 0.001) (Figure 3c). The number of activated microglia with amoeboid morphology was increased markedly, and the number of ramified or hyper-ramified microglia was decreased significantly after irradiation (Figure 3d).

The distribution of microglia in the cerebellum was uneven, and there were more microglia in the cerebellar white matter (WM) (Figures 4a–c). The density of microglia was slightly increased in the whole cerebellum after irradiation, but no significant difference was seen between Atg7 KO and WT in either the control or irradiated group (Figure 4d). However, the number of activated microglia, based on morphology, was increased significantly after irradiation but to a lesser degree in the Atg7 KO group (Figure 4e). Microglia with different morphology were counted separately in the cerebellar EGL (Figure 4f), molecular layer (ML) (Figure 4g), cerebellar internal granular layer (IGL) (Figure 4h), and cerebellum WM (Figure 4i). There were more activated microglia (bushy or amoeboid Iba-1-labeled cells) in the EGL and WM after irradiation, and the number was reduced in the Atg7 KO mice (Figures 4f and i).

Effect of neuronal Atg7 deficiency on cytokine and chemokine expression. Under pathological conditions, activated microglia produce proinflammatory cytokines and chemokines such as IL-1β, IL-2, IL-6, KC, and CCL2, which result in detrimental outcomes, and anti-inflammatory cytokines such as IL-4 and IL-10, which induce beneficial effects. The dysregulation of cytokines and chemokines is a central feature of neuroinflammation. In this study, we observed a decrease of IL-1β and an increase of IL-4 in the dentate gyrus in the Atg7 KO mice after irradiation. The level of CCL2 neuronal progenitor and stem cell death in the neurogenic regions after irradiation in the juvenile mouse brain.
Figure 1  Neuronal Atg7 deficiency reduces neural stem and progenitor cell death in the dentate gyrus and cerebellum. (a) Representative hematoxylin and eosin (HE) staining in the dentate gyrus. (b) Quantification of pyknotic cells in the SGZ of the dentate gyrus. (c) Representative HE staining in a cerebellar lobule. (d) Bar graph showing the density of pyknotic cells in the EGL of the cerebellum. (e) Representative active caspase-3 staining in the dentate gyrus. (f) The density of active caspase-3-positive cells in the SGZ of the dentate gyrus. (g) Representative active caspase-3 staining in a cerebellar lobule. (h) The density of active caspase-3-positive cells in the EGL of the cerebellum; $n=7$ per group. *$P<0.05$ and ***$P<0.001$
increased significantly after irradiation in both Atg7 KO and WT mice, but there was no difference in CCL2 between the two groups (Figure 5a). The basal levels of cytokines and chemokines were higher in the cerebellum than in the dentate gyrus (Figure 5b). The levels of IL-6, KC, and CCL-2 were increased significantly at 6 h after irradiation in the cerebellum in the WT mice compared with the controls, and Atg7 KO prevented the increase after irradiation.

**The mRNA expression of activated microglia-related genes.** The CX3CR1 and CX3CL1 (fractalkine receptor and fractalkine) mRNA expression was checked in the dentate gyrus (Figure 6a) and the cerebellum (Figure 6b),
and we found a significant reduction in CX3CR1 mRNA expression in Atg7 KO and WT mice in both the dentate gyrus and the cerebellum after irradiation. The reduction was more pronounced in the cerebellum in the WT mice after irradiation ($P = 0.012$), and there was no significant difference in the dentate gyrus between WT and Atg7 KO. The mRNA expression of CX3CL1 was significantly higher in the Atg7 KO mice in the cerebellum under physiological conditions, but not in the dentate gyrus. Irradiation had no significant effect on CX3CL1 mRNA expression in either the dentate gyrus or the cerebellum (Figures 6a and b).

**Discussion**

Autophagy is a highly regulated process involving the bulk degradation of cytoplasmic macromolecules and organelles in mammalian cells via the lysosomal system, and it is induced under starvation conditions. Selective KO of Atg7 in neuronally committed cells shows that basal levels of autophagy are required for normal neuron survival and autophagy is a protective mechanism in response to numerous stresses. Overactivated autophagy induces autophagic cell death, and genetic inhibition of autophagy prevents hypoxia-ischemia-induced neuronal cell death in multiple brain regions. Autophagy has also been shown to be involved in irradiation-induced cell death in cancer cells, and autophagy inhibitors can enhance radiosensitivity in gliomas; however, it is still unknown if inhibition of autophagy works to prevent irradiation-induced neural stem and progenitor cell death in the juvenile brain. In this study, we demonstrated that selective inhibition of autophagy in neurons reduced irradiation-induced neural stem and progenitor cell death in the dentate gyrus and the cerebellum in juvenile mice. These data suggest that autophagy inhibition could be used as a joint treatment with radiotherapy for malignant brain tumors, including high-grade gliomas.

We previously showed that clinically relevant doses of irradiation to developing rodent brains cause extensive damage to neural stem and progenitor cells and lead to a significant reduction of these cells, and even a single low dose of irradiation causes apoptotic cell death in different brain regions. We found in this work that neuron-specific KO of Atg7 reduces neural stem and progenitor cell death and caspase-dependent apoptosis after irradiation both in the dentate gyrus and the cerebellum. The functional relationship between apoptosis and autophagy is complex, and these two processes might be triggered by common upstream signals. Further research is needed to investigate the potential pathways and crosstalk between the two processes.

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Figure 4 Neuronal Atg7 deficiency reduces microglia activation in the cerebellum. (a) Representative Iba-1 immunostaining in sagittal sections of the cerebellum. Each folia comprises distinct cellular layers: EGL, ML, Purkinje cell layer (PC), IGL, and WM. (b) Representative Iba-1 immunostaining in the EGL, ML, and IGL of a cerebellar lobule. (c) Representative Iba-1 immunostaining in the WM of a cerebellar lobule. (d) Quantification of total Iba-1-positive cells in the whole cerebellum. (e) Quantification of total activated microglia based on morphology in the whole cerebellum. (f) Quantification of Iba-1-positive cells according to morphology in the EGL of the whole cerebellum. (g) Quantification of Iba-1-positive cells according to morphology in the ML. (h) Quantification of Iba-1-positive cells in the cerebellar IGL. (i) Quantification of Iba-1-positive cells in the WM of the whole cerebellum; n = 7 per group. *P < 0.05, **P < 0.01, and ***P < 0.001
either physiological or pathological conditions on postnatal day 10. This could be because Atg7 expression was not stopped until the cells were neuronally committed and/or because the effect of neuronal Atg7 deficiency on cell proliferation is developmental age-related and there is no significant effect during early postnatal life. Previous results showed that neuronal Atg7 deficiency yielded progressive behavioral deficits apparent from postnatal day 28.16 Irradiation-induced proliferating cell death might partly explain the reduction of Ki-67-labeled cells after irradiation, and the reduction was more pronounced with longer periods of recovery after irradiation. 9 The sensitivity of different brain regions to irradiation varies, 37 and our data suggest that the cerebellum is more sensitive to irradiation than the dentate gyrus in the juvenile mice as indicated by both Ki-67 and SOX2 mRNA expression. Our data also indicate that more neural stem and progenitor cells exist in the developing cerebellum, particularly in the cerebellar EGL, and this suggests that the cerebellum should be protected when radiotherapy is applied to children.

Microglia are the resident phagocytes of the CNS, and they are involved in the maintenance of brain homeostasis and immune defense. They have remarkable functional plasticity and the capacity to expand in response to injury and to acute or chronic diseases in the CNS.28,39 Microglia become activated after injury, and this process involves morphological transformation and increased expression of pro- as well as anti-inflammatory chemokines and cytokines.20,40–42 Irradiation causes oxidative stress and microglia activation, both of which can be toxic to other cells,32 and along with inflammation can induce cell death. Thus, inhibition of oxidative stress and microglia activation can provide neuroprotection during radiotherapy.18,43 We found that microglia were activated as early as 6 h after irradiation and that the inhibition of autophagy reduces microglia proliferation and activation. Reduced microglia activation is accompanied by reduced levels of proinflammatory cytokines and chemokines and increased levels of anti-inflammatory cytokines, and this might account for the reduced neural stem and progenitor cell death in neuronal Atg7 KO mouse pups or vice versa. Autophagy has important roles in the regulation of microglia activation and inflammation,44,45 and the interaction between autophagy and microglia activation needs to be investigated further.45,46

The CX3CL1-CX3CR1 signaling pathway has been shown to have an important role in the regulation of microglia activation.47 It has been reported that CX3CL1 deficiency worsens the behavioral impairment after ischemic brain injury, and administration of exogenous CX3CL1 reduces brain injury and neurologic deficits.48 Other studies have found that lack or deficiency of CX3CR1 reduces brain injury and inflammation in a mouse model of cerebral ischemia 49 and that CX3CL1-CX3CR1-mediated microglia activation has a detrimental role in ischemic mice.50 In this study, we found an increase in CX3CL1-CX3CR1 signaling in selective neuronal Atg7 KO mice on the mRNA level, especially in the cerebellum, and some in vitro and in vivo studies have shown that neurotoxic microglia activation in mice is suppressed by CX3CL1-CX3CR1 signaling.51–54 These findings demonstrate that CX3CL1-CX3CR1 signaling might have a role in inhibiting microglia activation in juvenile mice with selective neuronal autophagy inhibition.

In conclusion, selective Atg7 deletion in neuronally committed cells prevents irradiation-induced caspase-3 activation, microglia activation, and inflammation and reduces irradiation-induced neural stem and progenitor cell death. Our results
indicate that autophagy is a potential target for the prevention of irradiation-induced neural stem and progenitor cell death, especially when irradiation is used to treat malignant childhood brain tumors, including high-grade gliomas.

Materials and Methods

Animals and ethical permission. Floxed Aq7 KO mice were characterized as described previously and were crossed with a nestin-Cre-driven line to produce Aq7+/flox, Nest-Cre KO (Aq7 KO) and Aq7+/flox, Nest-Cre mice (WT). All of the mice were housed in a temperature-controlled and pathogen-free environment with a 12:12-h light-dark cycle. The genotyping of the pups was described previously. All experiments were approved by the animal research ethics committee (Gothenburg Committee of the Swedish Agricultural Agency) in accordance with national animal welfare legislation (114-2014).

Irradiation procedure. Postnatal day 10 Aq7 KO and WT littermate pups of both sexes were anesthetized with a 50 mg/kg intraperitoneal injection of tribromoethanol (Avertin; Sigma-Aldrich, Stockholm, Sweden) and placed in a prone position (head to gantry) on a Styrofoam bed. The irradiation of the animals was performed using a linear accelerator (Varian Clinac 600CD; Radiation Oncology Systems LLC, San Diego, CA, USA) with 4 MV nominal photon energy and a dose rate of 2.3 Gy/min. The whole brain was irradiated with a single dose of 6 Gy to each mouse. The source-to-skin distance was ~95 cm. The head was covered with a 1 cm tissue-equivalent bolus material to obtain an even irradiation dose throughout the underlying tissue. After irradiation, the pups were returned to their dams and killed at 6 h after irradiation. The sham-irradiated controls were anesthetized but not irradiated.

Immunohistochemistry staining. The mice were deeply anesthetized with 50 mg/ml phenotolbarbitol and perfused intracardially with PBS and 5% buffered formaldehyde (Histoform, HistoLab, Gothenburg, Sweden) at 6 h after irradiation. Brains were removed and fixed in 5% buffered formaldehyde at 4 °C for 24 h. After dehydration with graded ethanol and xylene, the brains were paraffin-embedded and cut into 5 μm sagittal sections. Every 50th section in the hippocampus for active caspase-3, Ki-67, and Iba-1 staining was deparaffinized in xylene and rehydrated in graded ethanol concentrations. Antigen retrieval was performed by heating the sections in 10 mM boiling sodium citrate buffer (pH 6.0) for 10 min. Nonspecific binding was blocked for 30 min with 4% donkey or goat serum in PBS for 30 min. The primary antibodies were monoclonal rabbit antiactive caspase-3 (2.5 μg/ml; BD Pharmingen, San Jose, CA, USA, 595965), rabbit anti-Ki-67 (2.5 μg/ml; Abcam, Cambridge, UK; ab15580), and rabbit anti-Iba-1 (2.5 μg/ml; Wako Pure Chemical Industries Ltd, Osaka, Japan; 019-19741). After incubating the sections with the primary antibodies overnight at 4 °C, the appropriate biotinylated secondary antibodies were added and incubated for 60 min at room temperature. After blocking endogenous peroxidase activity with 3% H₂O₂ for 10 min, the sections were visualized with antibodies (1:200 dilution; all from Vector Laboratories, Burlingame, CA, USA) as the avidin-biotin complex. Sections were mounted using Vector mounting medium.

Cell counting. The pyknotic cells, as indicated by HE staining, and the active caspase-3, Ki-67, and Iba-1-positive cells were counted in the SGZ of the dentate gyrus using stereology microscopy (MicroBrightField, Magdeburg, Germany) and expressed as the number of cells per mm². The counting area in the EGL, ML, cerebellar IGL, and cerebellar WM was traced in the cerebellum, and the number of cells was expressed as cells per mm². The counting was performed by a person who did not have prior knowledge of the groups. Entire sets of sections from the hippocampal level were counted for all of the stainings with an interval of 250 μm between sections. In the cerebellum, three sections were counted with an interval of 250 μm between sections, and the second cerebellar lobule was selected for counting of HE, Ki-67, and active caspase-3 staining. Iba-1 was counted in the whole section. The Iba-1-positive cells were classified into ramified (surveillance phenotype/non-activated: characterized by long, ramified processes with comparatively small cell bodies), hyper-ramified (reactive/intermediate: characterized by thicker primary processes and retracting secondary processes), or unramified (activated), including bushy (characterized by swollen, truncated processes and enlarged cell bodies) or amoeboid (characterized by rounded macrophage-like morphology with no or few processes), microglia according to the morphological criteria.

RNA isolation and cDNA synthesis. Total RNA was isolated using the RNeasy Mini Kit (Qiagen, Hilden, Germany; 74104) according to the manufacturer’s instructions. The concentration and purity of all RNA samples were determined using a Nanodrop spectrophotometer (Nanodrop Technologies, Wilmington, DE, USA). The integrity of RNA was measured using the Experion RNA StdSens Analysis Kit (Bio-Rad, Hercules, CA, USA; 7007103) on an Automated Electrophoresis Station (Bio-Rad, Hercules, CA, USA). One microgram of total RNA was reverse transcribed using the Quantitect Reverse Transcription Kit (Qiagen; 205211).

Quantitative real-time PCR. Quantitative real-time PCR was performed using the LightCycler 480 Instrument (Roche Diagnostics, Mannheim, Germany) and the SYBR Green technique according to the manufacturer’s instructions. The primers used in the qRT-PCR reactions were designed by Beacon Designer software (free trial, PREMIER Biosoft, Palo Alto, CA, USA) and included the stem cell and proliferation genes Ki-67 (sense: 5′-GCC TTACCA TATAC CCAGACTGTA -3′; antisense: 5′-CGTTCTTGTA TTGCTCTT-3′) and SOX2 (sense: 5′-CGCC ACCTGAC AGCGC-3′; antisense: 5′-CCGA GTTGGG CAGCA GGA-3′) and the CX3CL1-CX3CR1 signaling pathway genes CX3CR1 (sense: 5′-GTCTG TGG AAATCT GTTG-3′; antisense: 5′-GGTTG AGTT GAGT GT TGAG-3′) and CX3CL1 (sense: 5′-CCCTAGAC GATGGA AGTTT-3′; antisense: 5′-TTGAA GGT GAAGTT GACCA-3′). The reference gene was snda (sense: 5′-TTGCC TGCAGAGCTTA-3′; antisense: 5′-CACCTGACT GTTGGAGAAT-3′). The relative expression levels of mRNAs were calculated by the method of geometric averaging of multiple internal control genes.

Multiplex cytokine/chemokine assay. Cytokines and chemokines were measured in the dentate gyrus and cerebellum homogenate supernatant fractions from postnatal day 10 WT and Aq7 KO mice at 6 h after irradiation. Samples were prepared according to the manufacturer’s protocol. Protein concentration was measured with the BCA protein assay (Sigma, St. Louis, MO, USA; A2058). Levels of IL-1β, IL-2, IL-4, IL-6, IL-10, KC, and CCL2 were simultaneously measured using the Luminex Multiplex Cytokine Assay (Merck Chemicals and Life Science AB, Billerica, MA, USA). The results were normalized to the amount of protein in the sample.

Statistical analysis. The Statistical Package for the Social Sciences 17.0 (SPSS; IBM, New York, NY, USA) was used for all analyses. Comparisons between groups were performed by Student’s t-test, and data with unequal variances were compared with the Mann–Whitney U-test. Two-way ANOVA followed by a Bonferroni post hoc test was used for multiple comparison correction of data from more than two groups. Results are presented as means ± S.E.M., and P < 0.05 was considered statistically significant.

Conflict of Interest

The authors declare no conflict of interest.

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