Methodology article

A rapid and simple method of detection of *Blepharisma japonicum* using PCR and immobilisation on FTA paper

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**Abstract**

**Background:** The rapid expansion in the availability of genome and DNA sequence information has opened up new possibilities for the development of methods for detecting free-living protozoa in environmental samples. The protozoan *Blepharisma japonicum* was used to investigate a rapid and simple detection system based on polymerase chain reaction amplification (PCR) from organisms immobilised on FTA paper.

**Results:** Using primers designed from the α-tubulin genes of *Blepharisma*, specific and sensitive detection to the equivalent of a single *Blepharisma* cell could be achieved. Similar detection levels were found using water samples, containing *Blepharisma*, which were dried onto Whatman FTA paper.

**Conclusion:** This system has potential as a sensitive convenient detection system for *Blepharisma* and could be applied to other protozoan organisms.

**Background**

The detection and identification of protozoan species in environmental samples, such as water or soil, is important in many ecological, environmental, medical or population studies [1–3]. Although many of these protozoa are easily recognised by morphological criteria, microscopy procedures for detection of low concentrations of protozoa can be cumbersome, time consuming and sometimes unreliable. Furthermore, these organisms often exist in other lifecycle stages such as cysts or oocysts and identification can be very problematic.

Very recently, considerable advances have been made in generating DNA sequence data in many protozoan species [4,5] which has produced a legacy of species and genus specific DNA sequence information. Using the Polymerase Chain Reaction (PCR), which can specifically amplify large quantities of DNA from small starting quantities, sensitive identification procedures based on protozoan DNA sequence information can be developed. These type of identification approaches have been developed for several protozoan organisms, for example *Cryptosporidium*, *Cyclospora* [6], *Giardia* [7], *Toxoplasma* [8] amongst others, although not for *Blepharisma japonicum*. Sensitivity of detection by these methods is high, with some reported examples of detection down to a single organism [9]. Additionally, convenient methods of collecting protozoa for DNA amplification are also required. FTA paper, developed by Whatman, is a matrix that binds and lyses cells. This results in amplifiable DNA being immobilised on the paper and sections of the paper can be punched out directly for use. This method has been used in some protozoa for example *Cryptosporidium* [10] and offers a good method for the collection of *Blepharisma*. 

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Blepharisma japonicum is easily identified by a bright purple photopigment and is therefore a useful organism for developing and evaluating a molecular detection system. Furthermore, the development of PCR based systems offers the potential for automation and eliminates the need for laborious microscopy by skilled individuals. In this study, we have set out to investigate the sensitivity and specificity of a PCR system for the detection of this free living protozoan in water samples and to evaluate the use of Whatman FTA paper to improve the convenience of this system.

Results

Primer design

The sensitivity of the PCR detection system is dependent on the number of target sequences present in the PCR reaction. This can be enhanced by the selection as a target of a repetitive DNA sequence such as the tubulin gene family. Using the GENBANK nucleotide databases http://www.ncbi.nlm.nih.gov/PubMed/, we obtained sequences for the \( \alpha \)-tubulin gene family from Blepharisma japonicum (Accession No. AF003250), the related genus Spirostomum (Accession No. AF003251) [11] and sequences from Paramecium tetraurelia (Accession Nos. X99490 and X99489) and Paramecium caudatum (Accession No. AB035413). Sequences were aligned using the program CLUSTAL W [12] and the alignments were scanned for regions which were unique to Blepharisma. Putative primer sites were identified manually and then checked for hairpin structures using the program PRIMER3 [13]. The sequences corresponding to primers BLEPTUBF and BLEPTUBR were checked for cross matching with other DNA sequences in the databases using the program BLAST [14]. A predicted PCR fragment size of 399 base pairs was deduced from the Blepharisma \( \alpha \)-tubulin gene sequence.

Specificity of detection

PCR amplification of DNA extracted from Blepharisma japonicum using primers BLEPTUBF and BLEPTUBR produced a band which co-migrated with the 400 bp marker and was therefore consistent with the predicted fragment size of 399 base pairs (Figure 1). This product was consistently produced when other independent cultures of Blepharisma were also tested. To investigate the specificity of this amplification reaction, we extracted DNA from a further 18 species of protozoa (Table 1) which represented 3 protozoan phyla and also included a genus, Spirostomum, which is believed to be closely related to Blepharisma, [15]. In all cases no amplification of the 399
bp fragment was detected under the conditions used (Figure 1).

Sensitivity of detection
To investigate the sensitivity of this process for the detection of Blepharisma, we carried out serial dilutions of DNA extracted from a known number of Blepharisma which were micromanipulated into an extraction tube and counted manually prior to extraction. The results are depicted in Figure 2 which shows that an amplification product can be clearly seen in a 1:3125 dilution. This was equivalent to 0.015 of a Blepharisma cell. Detection at this level was reproducible over a number of experiments. Further dilution to 1:10000 (equivalent to 0.005 cells) occasionally produced a faint band in some experiments.

Immobilisation onto Whatman FTA paper
To investigate whether Whatman FTA paper could be used as a useful medium for testing samples for Blepharisma, we micropipetted 5 µl of a Blepharisma culture containing known numbers of cells onto FTA paper and allowed to dry overnight according to the instructions. The number of Blepharisma cells was calculated for each area of FTA paper. The results showed that we could clearly detect an amplification product when the area of FTA paper was equivalent to 1.25 Blepharisma cells but not from an equivalent of 0.625 Blepharisma cells. (Figure 3). Repeated experiments demonstrated that, on average, this technique could be used to detect levels of Blepharisma down to the equivalent of a single cell. Larger samples of the FTA paper consistently inhibited the PCR reaction (eg. Figure 3, lanes 3 and 4). To investigate the robustness of the FTA detection system, we investigated the sensitivity of the system using a larger water sample volume which also contained an excess of other organisms. A 1 ml culture mixture was made which contained Paramecium caudatum, Stentor coeruleus and a known number of Blepharisma japonicum (99 cells/ml). The tube was centrifuged for 10 minutes at 10000 rpm in a microcentrifuge to concentrate the organisms and the pellet was resuspended in 50 µl of water. 5 µl samples were spotted onto the FTA paper. Figure 4 depicts the results of an amplification using known proportions of the FTA paper. Detection was achieved from an area of FTA paper equivalent to 0.62 Blepharisma cells. This showed that, even in the presence of other organisms, this system could detect levels of Blepharisma down to just less than a single cell equivalent. A parallel sample in which the Blepharisma was replaced with an equivalent volume of water showed no amplification (Figure 4 lane 6). Several experiments, identical to those described in Figure 4, were conducted in which water taken from natural sources (River Irwell, Salford; local ponds and a canal near Salford) was used to make up the 1 ml mixed cultures of Blepharisma, Stentor and Paramecium. In all cases the results showed that Blepharisma could be specifically detected and that no

Table 1: Protozoan species used in this investigation. The classification indicates the diversity and relationships of species included. Protozoan classification is currently under review: this is taken from [19] and incorporates the latest information on Blepharisma [15].

| Protozoan Species | Phylum | Class | Order | Family | Species |
|-------------------|--------|-------|-------|--------|---------|
| Ciliophora        | Spirotrichea | Heterotrichida | Spirostomidae | Blepharisma japonicum |
|                   |        |       |       |        | Spirostomum ambiguum |
|                   |        |       |       |        | Climaostomum virens |
|                   |        |       |       |        | Stentor coeruleus |
|                   |        |       |       |        | Stylonychia mytilus |
|                   |        |       |       |        | Colpoda steini |
| Colpodoe          | Stichotrichida | Colpodida | Oxytrichidae | Paramecium caudatum |
|                   |        |       |       |        | Paramecium putrinum |
|                   |        |       |       |        | Paramecium bursaria |
|                   |        |       |       |        | Euploites patella |
| Nassophorea       | Peniculada |        |        |        | Colpidium campylum |
| Oligohymenophorea | Hmenostomatida | Sessilida | Opisthontecta | Telotrochidium henneguyi |
|                   |        |       |       |        | Vorticella microstoma |
|                   |        |       |       |        | Didinium nasutum |
|                   |        |       |       |        | Lacrymaria olor |
|                   |        |       |       |        | Dileptus anser |
|                   |        |       |       |        | Chaos carolinensis |
|                   |        |       |       |        | Amoeba proteus |
| Euglenoza         | Euglenida |        |        |        | Euglena gracilis |

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inhibition was achieved using real environmental samples.

Discussion
In this paper, we have described a method for the detection of *Blepharisma japonicum* in water and, potentially, other environmental samples. The method is sensitive enough to detect a single organism even when immobilised on FTA paper. Furthermore, the presence of other organisms seems not to decrease the sensitivity of the assay. The sensitivity, as measured by dilution of pure *Blepharisma* DNA, is some 50 – 100 higher than when using FTA paper. The reasons which could explain the detection of less than a single cell are twofold. Firstly, the α-tubulin target sequence is a highly repeated gene family in many organisms. The copy number in the *Blepharisma* genome is not known. However, *Euglena* has only two copies, [16] which may indicate that this may not be the complete explanation. Secondly, ciliates possess a micronucleus and macronucleus, the latter containing many amplified copies of housekeeping genes such as tubulin. This natural phenomenon of *in vivo* DNA amplification in ciliates may have useful implications for the design of sensitive molecular detection tools.

Although specifically designed for the detection of *Blepharisma japonicum*, the principles of this study can be applied to the design of molecular methods for many protozoa of environmental importance. The ever increasing amount of primary DNA sequence will extend this possibility to many species. Furthermore the adoption of the Whatman FTA paper method for immobilising samples will considerably simplify collection and storage. Successful PCR amplification can be achieved from samples immobilised on Whatman FTA paper following storage at room temperature for long time periods [17].

Conclusions
Primers BLEPTUBF and BLEPTUBR can be used in a PCR detection system to specifically distinguish *Blepharisma japonicum* from at least 18 species of closely or distantly related protozoa. Using pure *Blepharisma* DNA as a sub-

![Figure 2](image_url)

**Figure 2**
*Sensitivity of detection of Blepharisma japonicum*. Sensitivity of detection of *Blepharisma japonicum* by PCR amplification. Lanes denoted M contain molecular size markers – figures refer to sizes in base pairs. Dilutions of target DNA were amplified as follows: undiluted (lane 1), 1/5 (lane 2), 1/25 (lane 3), 1/125 (lane 4), 1/625 (lane 5), 1/3125 (lane 6). Lane 7 contains undiluted *Paramecium caudatum* DNA as a negative control.
strate, the detection system can detect down to 0.015 cell equivalents. The PCR detection system can detect *Blepharisma* down to a single cell when using water samples immobilised on FTA paper. There is no loss of sensitivity when the PCR detection system is used to detect *Blepharisma* in water samples containing a complex mixture of organisms.

**Methods**

**Protozoan species**

A range of protozoan species (see Table 1) were supplied by SCIENTO (61 Bury Road, Whitefield, Manchester, UK, M45 6TB). Cultures of *Blepharisma japonicum* was supplied as pure cultures and checked for the presence of other species by microscopy. Other cultures were supplied as pure cultures except for a few cases where those organisms depended on smaller protozoa as a food source. All cultures were checked for the absence of *Blepharisma* by microscopy. Cultures were stored at 4°C for up to one week unless specifically instructed otherwise (RM, SCIENTO).

**Extraction of DNA**

Protozoan cultures were allowed to settle overnight. A sample of this settled culture (500 µl) was taken and, if desired, counts were made of the number of organisms present. (Fast moving species were slowed by addition of an equal volume of methyl cellulose). Three hundred microlitres of the settled culture was added to 700 µl of lysis buffer (0.01 M Tris pH 7.8; 0.5% SDS; 0.005 M EDTA pH 8.0) and 10 µl Proteinase K (20 mg ml⁻¹) and incubated at 56°C overnight. Five hundred microlitres of the lysisate was added to an equal volume of phenol-chloroform (50:50 v/v), gently rotated for 10 minutes and centrifuged for 10 minutes at 10000 g in a microcentrifuge. The aqueous (upper) layer was recovered without disturbing the interface. This phenol-chloroform extraction was repeated twice more and the final aqueous phase added to 90 µl 3 M sodium acetate pH 5.2 and 900 µl ice cold 100% ethanol. Following an incubation overnight at -20°C, the sample was centrifuged at 10000 g for 30 minutes at 4°C in a microcentrifuge. The aqueous (upper) layer was recovered without disturbing the interface. This phenol-chloroform extraction was repeated twice more and the final aqueous phase added to 90 µl 3 M sodium acetate pH 5.2 and 900 µl ice cold 100% ethanol. Following an incubation overnight at -20°C, the sample was centrifuged at 10000 g for 30 minutes at 4°C in a microcentrifuge. The aqueous (upper) layer was recovered without disturbing the interface. This phenol-chloroform extraction was repeated twice more and the final aqueous phase added to 90 µl 3 M sodium acetate pH 5.2 and 900 µl ice cold 100% ethanol. Following an incubation overnight at -20°C, the sample was centrifuged at 10000 g for 30 minutes at 4°C in a microcentrifuge. The resulting pellet was washed in 500 µl 70% ethanol, centrifuged as described previously, resuspended in 50 µl TE Buffer (10 mM TRIS; 1 mM EDTA)
Blepharisma specific PCR amplification was achieved using primers BLEPTUBF (5' CTT GAA CAG ACT TAT CGC C 3') and BLEPTUBR (5' GGT TGG TAG TTG ATT CCA CAT 3'). Reactions were carried out in a volume of 25 µl containing 1 µl DNA (or 1 µl water and FTA paper), 2.5 µl 10x PCR buffer (100 mM TRIS-HCL pH 9.0; 15 mM MgCl₂; 0.5 M KCl; 1% Triton X100; 0.1% w/v Bovine Serum Albumen), 0.25 µl dNTPs (100 mM), 0.5 µl BLEPTUBF (2 µM), 0.5 µl BLEPTUBR (2 µM), 0.25 µl (1.25 units) SuperTaq polymerase (HT Biotechnology, UK) and 20 µl sterile water. Amplifications were carried out in a Stratagene (UK) Robocycler using the following cycling conditions: 94°C for 5 minutes for a single cycle to ensure complete denaturation, 94°C for 1 minute, 51°C for 1 minute, 72°C for 1 minute (repeated for 35 cycles) and 72°C for 10 minutes to ensure complete extension. Amplification products were separated by gel electrophoresis using 1.2% agarose gels, stained in Ethidium Bromide and visualised using an Alphainnotech 1220 imaging system as described elsewhere [8,18].

Immobilisation on Whatman FTA paper
Five microlitres, taken from a culture which had been counted, were spotted onto Whatman FTA paper, circled with pencil to outline the sample, dried overnight and stored, dry, at room temperature until used. To prepare samples for PCR reactions, a defined area of paper was cut, with a 2 mm diameter hole punch (Whatman Bioscience), from the sample areas and treated as follows. The segment of FTA paper was placed in the PCR tube and 200 µl of FTA Purification Reagent (Whatman Bioscience) was added and incubated for 5 minutes at room temperature. The purification reagent was then removed without removing the FTA paper. Two further identical washes in FTA Purification Reagent (Whatman Bioscience) was added and incubated for 5 minutes at room temperature. The purification reagent was then removed without removing the FTA paper. Two further identical washes in TE (10 mM TRIS, 1 mM EDTA, pH 8.0) for five minutes per wash. Following the final TE wash, the TE was removed and the FTA paper allowed to dry for at least 1 hour. For PCR, the PCR reagents were

pH 8.0) and left overnight at 4°C to ensure complete resuspension.

Figure 4
Sensitivity of detection in a complex mixture. Sensitivity of detection of Blepharisma from a complex mixture of protozoa immobilised on FTA paper. Lanes denoted M contain molecular size markers – figures refer to sizes in base pairs. Amplified products from a range of areas of FTA paper were loaded on the gel. These areas contained the following equivalent number of Blepharisma cells: 2.48 cells (lane 3), 1.24 cells (lane 4), 0.62 cells (lane 5). The amplification products run in lane 6 contained the same area of FTA paper as in lane 4 except that they were taken from the mixed culture of protozoa which did not contain Blepharisma. Lane 1 contained pure Blepharisma DNA, immobilised on FTA paper, as a positive control for the PCR reaction while Lane 2 contained Paramecium caudatum DNA, on FTA paper, as a negative control. Larger areas of FTA paper (eg lane 3) consistently inhibited the PCR reaction.
added directly to the FTA paper and the amplifications carried out as described above.

Authors’ contributions
GH conceived, designed and co-ordinated the study, participated the sequence alignments and primer design and drafted the manuscript. JH carried out the molecular genetic studies and participated in the sequence alignment and primer design. RM collected, prepared and curated all protozoa species cultures. All authors read and approved the final manuscript.

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