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RESEARCH ARTICLE

Time-Dependent Subcellular Distribution and Effects of Carbon Nanotubes in Lungs of Mice

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Abstract

Background and Methods

Pulmonary deposited carbon nanotubes (CNTs) are cleared very slowly from the lung, but there is limited information on how CNTs interact with the lung tissue over time. To address this, three different multiwalled CNTs were intratracheally instilled into female C57BL/6 mice: one short (850 nm) and tangled, and two longer (4 μm and 5.7 μm) and thicker. We assessed the cellular interaction with these CNTs using transmission electron microscopy (TEM) 1, 3 and 28 days after instillation.

Results

TEM analysis revealed that the three CNTs followed the same overall progression pattern over time. Initially, CNTs were taken up either by a diffusion mechanism or via endocytosis. Then CNTs were agglomerated in vesicles in macrophages. Lastly, at 28 days post-exposure, evidence suggesting CNT escape from vesicle enclosures were found. The longer and thicker CNTs more often perturbed and escaped vesicular enclosures in macrophages compared to the smaller CNTs. Bronchoalveolar lavage (BAL) showed that the CNT exposure induced both an eosinophil influx and also eosinophilic crystalline pneumonia.

Conclusion

Two very different types of multiwalled CNTs had very similar pattern of cellular interactions in lung tissue, with the longer and thicker CNTs resulting in more severe effects in terms of eosinophil influx and incidence of eosinophilic crystalline pneumonia (ECP).
Introduction

Carbon nanotubes (CNTs) have excellent mechanical and electrical properties and have therefore been of great interest to researchers since their discovery some 50 year ago [1]. The increasing number of possible applications for CNTs evokes an increasing need to investigate their toxicity. The possible asbestos-like toxicity of CNTs causes particular concern [2]. Inhaled CNTs are removed very slowly from the lung, and the half-life of CNTs in lung following inhalation in mice has been estimated to be ca. 1 year [3]. CNTs have been shown to cause pulmonary long-lasting inflammation, fibrosis and granulomas in lungs of rodents following pulmonary exposure [3–5].

Assessment of CNT-toxicity is complicated by the wide variety of physical and chemical properties with which they can be manufactured. For instance, the physical dimensions of CNTs have been reported to play an important role in their toxicity [6–8], and the length/width ratios of some CNTs are consistent with the fiber pathogenicity paradigm [2]. The number of defects in the lattice structure of CNTs also plays a role in their toxicity [9], together with agglomeration level [10] and functionalization [11–13]. In addition to the direct interaction between CNTs and cells, their toxicity is further complicated by the ability of CNTs to adsorb biomolecules and essentially transform into different biological identities [14].

Inhaled CNTs are met by a dynamic response responsible for clearing and dealing with particulates in the lung. The lung responds to CNTs by a rapid influx of neutrophils and macrophages [5,15,16], and in certain cases also by eosinophil influx [16–19]. Within a few days to weeks, exposure to even small doses of CNTs induces inflammation, granulomas and fibrosis [2,3,15]. CNT-cell interaction therefore changes over time, making it necessary to study the CNT-cell interaction at multiple time points.

In order to be able to visualize single CNTs inside cells, and investigate how the CNT-cell interaction changes over time, transmission electron microscopy (TEM) can be used. The time dependent effects of CNT exposure in vivo have mainly been studied using light microscopy, where electron microscopy is used to support the results [20–22]. TEM has, for example, revealed low CNT concentrations in neutrophils and type II pneumocytes, whereas high CNT-concentrations were readily visible in alveolar macrophages using light microscopy [20].

Cellular uptake and clearance mechanisms of CNTs have predominantly been studied in vitro. CNTs are taken up either as agglomerates entering the endosomal pathway by endocytosis, or as single CNTs piercing the cell membrane in what appears to be a non-endocytotic diffusion-driven process [7,12,23–25]. In addition, it has been argued that after direct non-endocytotic uptake, CNTs can subsequently be engulfed in vesicles [12,24], and that CNTs already contained in vesicles may escape into the cytosol [23,24]. Lastly, CNTs can escape the cell via microvesicles [26] or membrane disruption [12]. These in vitro studies illustrate the complexity of the interactions, the need for high resolution microscopy to understand the details of CNT toxicity and the need for in vivo studies to test if these conclusions hold in the presence of an active immune response.

Here, we study the ultra-structural time course of CNT distribution in vivo 1, 3 and 28 days after intratracheal instillation of CNTs in mice with a focus on TEM imaging. In addition, we document the differences and similarities in pulmonary toxicological response of mice exposed to three CNTs, of which two have very different physiochemical properties and two were very similar. Lung samples were imaged with transmission electron microscopy (TEM), and the results compared with bronchoalveolar lavage (BAL) cell composition and relevant gene expression data to investigate the induced eosinophilic crystalline pneumonia (ECP) [16].
Materials and Methods

CNTs

Three types of multiwalled CNTs (MWCNT) were used. A detailed description of the physiochemical data is found in S1 Table:

- NRCWE-026 (CNTSmall) has an average length of 850 nm and width of 10 nm. It was used in a previous study [27].
- NM-401 (CNTLarge) is on average 4 µm long and 70 nm wide. It was also used in a previous study [27] and was a test material in the Nanogenotox project [28].
- The last MWCNT (denoted Mitsui-7) has an average length of 5.7 µm and width of 75 nm [16,17,29]. It was also used in the Nanogenotox project, under the name NRCWE-006 [28].

Mice

Female C57BL/6 mice, 5–7 weeks old, obtained from Taconic, were allowed water and food (Altromin # 1324) ad libitum during the experiment. The animals were acclimatised for two weeks and housed in experimental groups in polypropylene cages with sawdust. The environment was controlled with a temperature of 21 ± 1°C, a humidity of 50 ± 10% and a 12-h light/dark cycle. Experiments complied with EC Directive 86/609/EEC and were approved by the Danish “Animal Experiments Inspectorate” (permit 2010/561-1779).

Exposure

Particle suspensions and intratracheal instillation were described previously [16,27]. Animals were exposed to 18, 54 or 162 µg/mouse, and respectively correspond to the pulmonary deposition of CNTs during 4, 11 or 32 eight-hour working days at the current Danish occupational exposure level for carbon black (3.5 mg/m³) assuming 10% pulmonary deposition [15].

This study was done with mice used for several ongoing studies and to limit the number of mice, there are minor variations in the instillation procedure, which does not seem to be influencing the results: Briefly, the Mitsui-7 CNTs were suspended in 0.9%wt NaCl and 10% v/v acellular bronchoalveolar lavage (BAL) fluid. CNTSmall and CNTLarge were suspended in 2% serum in Nanopure water. Serum and BAL fluid were obtained from unexposed C57BL/6 mice. The Mitsui-7 (4.05 mg/ml) and the CNTSmall and CNTLarge (3.24 mg/ml) suspensions were sonicated on ice using a Branson Sonifier S-450D equipped with a disruptor horn (Model number: 101-147-037). Mitsui-7 was sonicated for a total of 4 minutes at 10% amplitude, with alternating 10 s pulses and pauses, while CNTSmall and CNTLarge were sonicated for a total of 16 min at 400 W and 10% amplitude. These suspensions were used for the high dose (162 µg) and diluted 1:3 in vehicle for the medium (54 µg) dose and diluted further 1:3 for the low dose (18 µg). Between the dilutions the suspensions were mixed by pipetting. Vehicle control solutions were prepared with 0.9% NaCl and 10% acellular BAL fluid, and 2% serum in Nanopure water, respectively, and were sonicated as described above. Mice were intratracheally instilled with 40 µl (Mitsui-7) and 50 µL (CNTSmall and CNTLarge) particle suspension, respectively. As discussed in the Results section, no discernible differences were observed between the two large CNT types in different suspension medium.

Lung tissue

At 1, 3, and 28 days after the intratracheal instillation, the mice dedicated for electron microscopy were anaesthetized by subcutaneous injection of Hypnorm–Dormicum and the mice
The lungs were fixed in situ by cannulating the trachea and infusing 2% glutaraldehyde in 0.05 M cacodylate buffer (pH 7.2) at a constant fluid pressure of 30 cm before the thorax was opened. The lungs were excised and immersed in 2% glutaraldehyde 0.05 M cacodylate buffer (pH 7.2) and stored refrigerated until further processing.

**BAL cells composition**

One, 3, and 28 days after intratracheal instillation, mice dedicated for the other endpoints (BAL cell counts and microarray gene expression on lung tissue) were anaesthetized by subcutaneous injection of Hypnorm-Dormicum. BAL fluid was collected directly after cardiac puncture and centrifuged. The cellular pellet was collected on glass slides and stained with standard May-Grünwald-Giemsa. The number of neutrophils, macrophages, eosinophils and lymphocytes cells were counted (n = 6). Lung tissue was snap frozen in liquid nitrogen and stored at −80°C until RNA purification. Statistical analysis was performed in SAS v. 9.2. A non-parametric one-way ANOVA test with a Tukey-type mean comparison was used to determine statistical significance.

**Gene expression**

Total RNA (n = 6 per dose group) was extracted and isolated from the lung tissue of Mitsui-7 exposed mice (doses: 18, 54 and 162 μg on post-exposure day 1, and 54 μg on post-exposure day 28), from the CNTSmall and CNTLarge exposed mice (doses: 18, 54 and 162 μg on post-exposure day 1, 3 and 28), and from concurrent controls as previously described [16]. All samples passed quality control and were used in the microarray hybridization measurement. The microarray hybridization was performed on Agilent 8 × 60K oligonucleotide microarrays (Agilent Technologies Inc., Mississauga, ON, Canada) using 200 ng total RNA from each sample. Both the hybridization procedures and statistical analyses have previously been described [16]. Global gene expression results will be published elsewhere (Poulsen et al. in peer review), and here we report specifically mRNA levels of Ccl11, Ccl24 and Chi3L3.

**Electron microscopy sample preparation**

We investigated one CNT sample (164 μg) from each time point by electron microscopy. Approximately 1 mm³ samples of lung tissue were cut with a scalpel and embedded in Epon [27]. Briefly, the samples were rinsed in buffer and postfixed in 2% osmium tetroxide and 0.05 M potassium ferricyanide in 0.12 M sodium cacodylate buffer (pH 7.2) for 2 hours. Samples were then rinsed in ultrapure water, en-bloc stained with 1% uranyl acetate in water overnight, dehydrated in ethanol and embedded in epon following standard protocols for the TAAB 812 resin kit, TAAB Laboratories Equipment.

Ultramicrotomy of the samples was performed on a Leica Ultracut with a diamond-knife-angle of 6° and a cutting speed of 1.5 mm/s. Due to extensive microtomy artefacts caused by the hard CNTs [27], we used thicker TEM sections (approximately 200–300 nm) on selected CNTLarge and Mitsui-7 samples. TEM sections were post-stained with uranyl acetate and lead citrate (Ultrastain-2, Leica Microsystems), and imaged on a CM 100 BioTWIN (Philips) operated at 80 kV. For 3D imaging of ECP crystals, focused ion beam scanning electron microscopy (FIB-SEM) imaging was performed using a FEI QuantaFEG 3D with a dedicated VC backscattered electron detector operated at 3 kV and spot 1. Milling was performed on the ultramicrotomy prepared blocks and the images processed as previously described [27].
Results

BAL fluid cell composition

Intratracheal instillation of the three different CNTs resulted in pulmonary inflammation in terms of increased number of cells in BAL (S2 Table). In general, similar changes in BAL cell composition were observed for the three different CNT types as described previously [16] and (Poulsen et al. in peer review). The BAL cell influx was dominated by a large neutrophil influx that peaked on day 3 compared to vehicle-exposed controls.

Increased eosinophil counts were observed for all the CNT types on day 1 and 3, and eosinophil counts were higher for CNT_{Large} and Mitsui-7 compared to CNT_{Small} (Table 1). On day 28, only the eosinophil counts of Mitsui-7 were statistically significantly different from vehicle controls.

Electron microscopy

The interactions between the three types of CNTs with lung tissue were studied over time using TEM. We compared CNT-tissue interactions of CNT_{Small} (850 nm long and 10 nm wide) and CNT_{Large} (4 μm long and 70 nm wide) for structurally induced differences.

The reproducibility of the interactions was evaluated by comparing CNT_{Large} and Mitsui-7 (5.7 μm long and 75 nm wide). TEM imaging showed that these two fairly similar tubes also showed similar CNT-cell interactions, and thus we only show images of CNT_{Small} and CNT_{Large} (Fig. 1). Lung tissue from vehicle-exposed mice revealed no CNT-like structures and there was no discernible difference between the different suspension media.

On post exposure day 1, minimal CNT-cell interaction was observed (Fig. 2 A-B). The CNTs were primarily aggregated outside cells in the alveolar lumen (Fig. 1 'between cells'). The individual CNTs were in close proximity to cells. In a few cases, CNTs were observed apparently in the process of entering the cell via physical indentation and subsequent piercing of the cellular membrane (Fig. 1 'piercing'). However, these observations were rare, and for CNT_{Large} and Mitsui-7 it was difficult to ascertain if cells were pierced due to ultramicrotomy artefacts caused by the large CNTs. We did not observe any clear signs of vesicular uptake at this time point, and only few immune cells were seen.

On post exposure day 3, we observed increasing cell-CNT interaction and increased numbers of what appeared to be inflammatory cells (Fig. 2 C-D), in agreement with the increased number of BAL cell counts observed at this time point. Large and small open cytoplasmic inclusions were observed containing agglomerated CNTs, apparently in the process of being taken up by the cells (Fig. 1 'inclusions'). Again, CNT_{Small} were observed directly entering the cytosol by direct piercing of the membrane, whereas this could not be verified for CNT_{Large} (Fig. 1 'piercing'). Three days post exposure, CNT_{Small} were primarily observed enclosed within vesicles (Fig. 1 'in vesicles'), and few CNTs were observed as free in the cytosol. CNT_{Large} uptake resulted in CNTs being enclosed in vesicles (Fig. 1 'in vesicles'), in addition to single CNTs found freely in the cytosol (Fig. 1 'in cytosol'). In a few cases, CNT_{Large} caused clear deformation of the vesicles inside alveolar macrophages, which was not observed to the same extent for CNT_{Small} and appeared to be involved in the process of vesicular escape (Fig. 1 'vesicular escape').

There were fewer CNTs present 28 days post exposure compared to three days post exposure, and the CNTs were almost exclusively found inside cells and not in the alveolar lumen. CNTs were located within single alveolar macrophages and in larger inflammatory sites within multinucleate giant cells [30] (S1 Fig.). CNT_{Small} were found in both small and large vesicles with large amounts of CNTs inside some individual cells (Fig. 2 E). In certain cases, CNTs were found deforming vesicle membranes or between vesicles (Fig. 1 'vesicular escape'). CNT_{Large} was found inside deformed vesicles or sporadically distributed in the cytosol on day 28 (Fig. 2 F).
Generally, there were fewer obvious CNT-containing vesicular structures compared to day 3 for CNTLarge.

At all the studied time points, CNTs were found in alveolar macrophages, identified by their ultrastructure and location in the alveoli. We did not observe any CNTs in what appeared to be type II pneumocytes, but we observed a few CNTSmall that appeared to be inside what looked like type I pneumocytes. Likewise, CNTs were not observed inside well-defined neutrophils or eosinophils. Cells were identified and classified according to their morphological traits [31]. However, in some instances, especially in lung tissue on day 28, it was difficult to unambiguously determine the cell types of the cells containing the CNTs because the cell morphology was strongly perturbed by the CNTs (Fig. 2 E), and cells were found in agglomerates. CNTs were never observed inside the nucleus, except for what appeared to be caused by ultramicrotomy artefacts showing obvious drag marks. CNTs occasionally caused indentation of the nucleus, as previously observed in vitro for cells grown on nanowires [32,33].

Eosinophilic crystalline pneumonia

TEM images revealed crystalline bodies in the cytosol of alveolar macrophages (Fig. 3 A–C) and multinucleated-cells (S1 Fig.) in the CNTLarge and Mitsui-7 exposed mice. Similar crystal structures have been observed in mice with eosinophilic crystalline pneumonia (ECP) [34–37]. Crystal bodies were observed in lung tissues from Mitsui-7 exposed mice for the highest dose on day 3, and in lung tissue from mice exposed to both the medium and high doses on day 28. For CNTLarge treated mice, crystalline bodies were observed on day 28 for the medium and high doses (S3 Table).

### Table 1. Overview of Chi3L3 mRNA levels, BAL eosinophil counts and presence of eosinophilic crystals in BAL cell fluid.

| Dose [µg] | Day 1 |     | Day 3 |     | Day 28 |     |
|-----------|-------|-----|-------|-----|-------|-----|
|           | Chi3L3 |     | Chi3L3 |     | Chi3L3 |     |
|           | Eos (×10^3) |     | Eos (×10^3) |     | Eos (×10^3) | ECP |
| 0         | -     | 1.0 | -     | 3.9 | -     | 10.5 | 1/12 |
| CNTSmall  | 18    | 2.0 | 17*   | 1.4 | 69*   | 1.0 | 0.5 | 2/6 |
|           | 54    | 1.0 | 1.4*  | 0.5 | 72*   | 0.9 | 0.2 | 1/6 |
|           | 162   | 1.0 | 3.4*  | 0.7 | 7.1   | 1.7 | 0.0 | 3/6 |
| CNTLarge  | 18    | 2.8*| 51*   | 5.8*| 317*  | 1.8 | 34  | 6/6 |
|           | 54    | 3.1*| 86*   | 4.3*| 138*  | 2.5 | 32  | 5/6 |
|           | 162   | 1.1 | 1.7   | 1.1 | 1.8   | 9.2*| 46  | 4/6 |
| Mitsui-7  | 0     | -   | 0.3   | -   | 0.4   | -   | 0.3 | 1/6 |
|           | 18    | 2.9*| 39*   | -   | 341*  | -   | 5.5*| 6/6 |
|           | 54    | 1.8 | 23*   | -   | 268*  | 3.9*| 22* | 6/6 |
|           | 162   | 2.0 | 2.2*  | -   | 102*  | -   | 46* | 6/6 |

Chi3L3 expression is given as the relative fold-increase in Chi3L3 mRNA levels relative to concurrent controls, where values below 1 indicate a decreased mRNA level. Eos denotes the number of eosinophils. The control groups for CNTSmall and CNTLarge were pooled, since these were instilled using the same instillation vehicle (2% serum) and BAL cell composition of the control groups was not significantly different from each other. Mitsui-7 was instilled using a different vehicle (10% BAL in 0.9%NaCl), and BAL cell composition of Mitsui-7 controls was statistically different from the other control groups. Asterisk (*) denotes data statistically significantly different from controls (p<0.05). ECP indicates how many of the samples (n = 6) contained eosinophilic crystals. Dashes (−) indicate no data available.

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| Interaction       | CNT<sub>Small</sub> | CNT<sub>Large</sub> | Comment                                                                                                                                 |
|-------------------|---------------------|---------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Between cells     |                     |                     | CNTs were observed between cells at all time points, going from being freely placed in the alveolar ducts to being surrounded by cells on day 3 and 28. |
| Piercing          |                     | Not observed        | CNTs in the apparent process of penetrating the cell membrane. CNT<sub>Small</sub>: Very rare interaction. Observed on day 1 and day 3. CNT<sub>Large</sub>: Not observed. Possibly due to sectioning artefacts and a low incidence. |
| Inclusions        |                     |                     | Cellular inclusions with agglomerated CNTs. Mainly observed on day 3. CNT<sub>Small</sub>: Included small and large agglomerations. CNT<sub>Large</sub>: Rarely seen, possibly due to sectioning artefacts. |
| In cytosol        |                     |                     | CNTs were observed freely in the cytosol on day 1, 3 and 28. CNT<sub>Small</sub>: Interaction occurred rarely, but sightings increased on day 28. CNT<sub>Large</sub>: CNTs were mainly found in vesicles at day 3, and mostly in the cytosol on day 28. |
| In vesicles       |                     |                     | CNTs observed inside vesicles at day 3 and 28. CNT<sub>Small</sub>: Increased number of vesicles filled with CNTs at day 28 compared to on day 3. CNT<sub>Large</sub>: Distribution went from being mostly in vesicles on day 3 to cells having fewer vesicles. |
| Vesicular escape  |                     |                     | Vesicles and single CNTs seen in the same cell, with CNTs deforming the vesicles. CNT<sub>Small</sub>: Few CNTs located freely in cytosol on day 28. CNT<sub>Large</sub>: CNTs appearing outside of vesicles on day 3 and 28, and larger degree of vesicular deformation seen. |
In some cases, the crystals appeared as needle-like structures similar in size to CNTLarge and Mitsui-7, but occasionally massive crystalline bodies up to 40 μm long and 5 μm wide were observed (Fig. 3 A). The structures were found in two variants: sharply defined enclosed in vesicles, and more diffusely defined enclosed in vesicles (S2 Fig.). ECP crystals were also observed outside cells, as previously documented [35,36,38]. Some of the observed structures had periodic lattice structures in the longitudinal direction (about 5 nm), a feature previously described [37], and the structures were clearly not CNTs as they did not cause characteristic microtomy artefacts of CNTs [27].

In order to elucidate the three dimensional structure of the crystals, we examined a sample containing crystals with slice-and-view 3D FIB-SEM (Fig. 3 D-F). In single slices the crystals were very similar to those observed in TEM with an inverted contrast (Fig. 3 E), but assembled crystals appeared as orthorhombic plates that often were stacked and piled up (Fig. 3 F and S1 Movie).

BAL cells were examined in light microscopy to confirm the presence of extracellular crystals related to ECP [36,38]. There was an increased crystal incidence in the CNTLarge and Mitsui-7 exposed samples on day 28. This was not observed to the same degree in CNTSmall exposed samples or the control samples (Table 1). In addition, the crystals found in CNTSmall and control samples were fewer in number and smaller compared to the crystals observed in CNTLarge and Mitsui-7 exposed samples. Generally, the crystals varied vastly in size and were mostly stained blue or had a blue periphery (Fig. 4 and S2 Fig.). In BAL slides from exposed mice, CNTs were observed inside alveolar macrophages and in agglomerations apparently outside of the cells (Fig. 4). No CNTs were observed in vehicle controls.

After the discovery of crystals in the present study, BAL cells previously recovered from mice 28 days after intratracheal instillation with similar doses of carbon black [39], and two single walled carbon nanotubes (SWCNT) [40], were also screened for the presence of crystals. 10% (2/17) of carbon black (Printex 90) samples contained crystals, whereas the two SWCNTs had a 50% crystal incidence in the 18 samples investigated per SWCNT (S3 Table).

Gene expression

Eosinophilic crystals consist of the protein Chi3L3 encoded by \(\text{Chi3L3} \) [38,41,42]. Chi3L3 protein, also known as Ym1 and ECF-L, accumulates in alveolar macrophages and is associated with inflammatory diseases and parasite infestations [41,42]. We therefore assessed \(\text{Chi3L3} \) mRNA expression using available global gene expression data. Detailed description of the global gene expression analysis of lung tissues following pulmonary exposure to Mitsui-7 has been published [16], and will be published elsewhere for CNTSmall and CNTLarge (Poulsen et al. in peer review).

Both Mitsui-7 and CNTLarge induced statistically significant increases in \(\text{Chi3L3} \) mRNA levels whereas no change in \(\text{Chi3L3} \) expression was observed following CNTSmall exposure (Table 1). \(\text{Chi3L3} \) expression was increased on post-exposure day 1 and 3 following CNTLarge exposure for the two lower doses, whereas a significant increase was observed for the highest dose on day 28 (Table 1), coinciding with the observation of ECP crystals on day 28. Similar observations were made following Mitsui-7 exposure (Table 1).

In addition to the increased expression of \(\text{Chi3L3} \), the expression of several chemokines and cytokines specific to eosinophil activity were increased following exposure to all three CNTs...
Eosinophil migration and influx into the lung lumen is highly dependent on CCR3, a chemokine receptor that is abundant on eosinophils [43]. The chemokines CCL11 (eotaxin 1) and CCL24 (eotaxin 2) are produced by epithelial cells, smooth muscle cells and macrophages, and they have a high affinity for CCR3 [43–46]. The expression of these chemokines varied greatly following exposure to Mitsui-7, CNTSmall and CNTLarge (S4 Table). Ccl11 and Ccl24 were differentially expressed only at the high dose on day 3 following exposure to CNTSmall, whereas both chemokines were expressed continuously at all doses on day 1 and 3 following exposure to CNTLarge and Mitsui-7. This correlates with the higher eosinophil influx observed following CNTLarge and Mitsui-7 exposure, as compared to CNTSmall.

Discussion

Cellular interactions of three different CNT were characterized at acute and intermediate time points. The observed cellular interactions of the three different CNTs were quite similar, with uptake following a general CNT distribution progression as illustrated in Fig. 5. The initial cell
response on day 1 was dominated by CNTs situated in the alveoli, with only a few CNTs observed in the apparent process of piercing cellular membranes. Three days post exposure CNTs were observed as free in the cytosol and in intracellular vesicles, with a majority of CNTs being agglomerated in vesicles. On day 28, more individually dispersed CNTs were observed intracellularly for CNT_{Large} and Mitsui-7, whereas CNT_{Small} mainly were found in vesicles. In addition, deformed vesicles were observed, where CNTs deformed or penetrated the enclosing membrane. This was particularly evident for CNT_{Large} and Mitsui-7. This time-dependent progression

![Figure 4](image1.png)

Figure 4. Representative image of stained eosinophilic crystals in BAL from mice exposed to the highest dose (162 μg) of CNT_{Large} 28 days post exposure. Large amounts of crystals were also observed for the two lower doses (18 μg and 54 μg), and similarly for Mitsui-7 samples on day 28. Black arrowheads point to crystals, whereas white arrowheads indicate CNT agglomerations or cells containing CNTs.

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![Figure 5](image2.png)

Figure 5. Model showing CNT interactions with lung tissue over time in vivo. At day 1, most CNTs were found in the alveolar spacing, while a few CNTs were found freely inside cells apparently having entered the cells using a non-endocytotic pathway. At day 3, CNTs are found in the alveolar spacing and a larger number of CNTs are found within vesicles, indicating an endocytotic-pathway. At day 28, most of the CNTs were either taken up by cells or in close relation to cells. Compared to post exposure day 3, the two larger CNTs had more CNTs outside vesicle bounds, indicating CNT escape from vesicles.

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agrees well with a previously proposed model for CNT uptake in cells based on \textit{in vitro} experiments \cite{24}. The model states that CNTs can be taken up into endosomes or by directly piercing through the cellular membrane. Subsequently, CNTs can escape vesicle enclosure, and in certain cases free CNTs in the cytosol can cross the nuclear membrane. We however only observed CNTs in the nucleus when ultramicrotomy artefacts were suspected \cite{27}.

The TEM studies revealed two different pathways by which CNTs may enter cells. First, the presence of agglomerates of CNTs in cellular inclusions indicates an endocytic and actively driven uptake mechanism \cite{47}. Second, single CNTs traversing the cellular membrane may be indicative of physical piercing of the cell membrane, as also observed \textit{in vitro} \cite{7,23,25}. The ratio between CNTs taken up via physical piercing and via endocytosis was not quantified, but physical piercing was observed on day 1 whereas endocytic uptake was not. On day 3, CNTs were predominately found inside vesicles, suggesting a preceding endocytic uptake. It is unclear whether the CNTs are taken up by piercing and subsequently enter vesicles as some propose \cite{12,24}. Nevertheless, the overall observed non-phagocytic uptake was small compared to the extensive phagocytic uptake seen on post exposure day 3 for all CNTs.

We found that CNTs appear to escape vesicle encapsulation over time \textit{in vivo} as described previously in \textit{in vitro} studies \cite{23,24}. This is based on an observed decrease in the number of intracellular CNT-containing vesicles, the deformed vesicles observed on day 28, and also the higher level of cytosolic CNTs, particularly for CNT\textsubscript{Large} and Mitsui-7 exposed samples, altogether indicating that CNTs can escape vesicles. The mechanism could be size related, as the observed CNT escape was less significant for CNT\textsubscript{Small}. In animal studies, CNTs similarly sized to CNT\textsubscript{Large} have been observed freely in the cytosol of subpleural and alveolar macrophages weeks to months after exposure \cite{21,22}, whereas smaller and tangled CNTs have been found predominantly within phagosomes weeks \cite{48} to months \cite{49} after exposure. Thus, although the CNTs in the size range studied here did not incur frustrated phagocytosis, the longest of the studied CNTs may disrupt the endosomes and phagosomes and thereby cause single cell damage and be more difficult to clear. This may also explain why we see a more pronounced long-term toxicological effect for CNT\textsubscript{Large} compared to CNT\textsubscript{Small} in terms of pulmonary inflammation and cytokine expression.

**Eosinophilic crystalline pneumonia**

Several mice in this study developed eosinophilic crystalline pneumonia (ECP). At first glance, the crystals appeared to be needle-like in the TEM sections (Fig. 3 A-C), whereas they in the light microscopy of BAL cell samples, were more cuboid or hexagonal (Fig. 4). 3D FIB-SEM imaging revealed that the needle-like structures in the TEM sections were caused by the sectioning, and that the crystals were in fact more plate-like and in the 3D imaging appeared to be similar to those observed in the BAL cell samples.

ECP is especially prevalent in the C57BL/6 mouse strain \cite{34}. The incidence of ECP in aged female C57BL mice (10–30 months old) is approximately 16% \cite{50}, and generally younger mice develop ECP granulation less often than aged mice \cite{42}. Therefore, the observed 10% incidence (2 out of 18) of ECP in the vehicle exposed mice on day 28 is in agreement with previous observations (Table 1). The more than 80% crystal incidence observed in both the CNT\textsubscript{Large} and Mitsui-7 samples indicates a substantial increase (S3 Table). The 30–50% ECP incidence observed for CNT\textsubscript{Small} and the additionally two SWCNTs BAL samples suggest smaller, but still increased ECP incidence. In contrast our BAL samples from carbon black nanoparticle exposure did not increase crystal incidence. This suggests that the increased development of ECP crystals may be related to the shape and dimensions of carbon-based particles.

In support of the crystals being related to ECP, we found increased gene expression of Chi3L3 \cite{38}. Increased Chi3L3 expression on days 1, 3 or 28 coincided with increased incidence
of crystals (Table 1). Increased Chi3L3 protein levels have previously been observed in lungs of mice exposed to SWCNT and asbestos [51], but the presence of ECP was not assessed.

Eosinophilic response
The larger observed eosinophilic response to CNT\textsubscript{Large} and Mitsui-7 than CNT\textsubscript{Small} suggests that these larger CNTs cause a stronger allergy-like effect [17,52]. Eosinophilic inflammation is not a typical response following a single pulmonary exposure to particles [39,53,53,54].

The data suggests that ECP and eosinophilic response may correlate: The very large eosinophilic response on day 3 for the two larger CNTs (Table 1) correlated with the observation of crystals in BAL cell fluids on day 28. Likewise, the lower eosinophil response and Chi3L3 expression levels of CNT\textsubscript{Small}, compared to CNT\textsubscript{Large} and Mitsui-7, correlate with fewer ECP positive samples at post exposure day 28.

An eosinophilic response induced by MWCNTs has been observed in literature, but this has often been in studies using C57BL/6 or other ECP sensitive strains [10,16–18,55]. In contrast, studies noting an eosinophil influx using non-ECP sensitized strains as a response to CNT exposure are relatively few; e.g., experiments conducted on rats [19] or experiments involving allergens [52,56].

It has been reported that eosinophils are able to biodegrade CNTs [57], although they are normally thought to be involved in extracellular degradation of parasites which can be larger than the cell [57]. We speculate that the increased eosinophilic response, prevalent primarily in Mitsui-7 and CNT\textsubscript{Large}, might be due to long and thick CNTs being more difficult to internalize and degrade by alveolar macrophages. This correlates with the high extracellular CNT content on days 1 and 3 where the eosinophil influx was observed and the subsequent decrease in eosinophil number on day 28 when most tubes have been internalized.

Conclusion
Our ultrastructural investigations revealed that all of the CNTs examined in this study appeared to follow the same overall progression over time: CNTs were taken up either by a diffusion mechanism or via endocytosis, CNTs agglomerated in vesicles, and lastly the CNTs appeared to escape vesicle enclosure. Our \textit{in vivo} studies agree with \textit{in vitro} studies [24] showing a similar overall sequence of events for uptake of MWCNTs.

TEM imaging further suggests that CNT\textsubscript{Large} and Mitsui-7 were better able to perturb and escape vesicular enclosures in immune cells compared to CNT\textsubscript{Small}. The larger CNTs’ apparent ability to better escape vesicle enclosures, also correlate well with information gained by comparing multiple \textit{in vivo} studies [21,22,48,49]. We speculate that comparably large and stiff CNTs (30–70 nm wide and 0.5–5 \textmu m long) more frequently escape the endosomal system than smaller and more tangled CNTs.

The longer and thicker CNTs induced more ECP and BAL eosinophil influx, which was less pronounced for CNT\textsubscript{Small} and SWCNTs. The ECP and eosinophil response appear correlated and given an ECP incidence in excess of 80% this could be an important factor to test in future studies.

Supporting Information
S1 Table. Physicochemical characterization of the studied carbon nanotubes. Mean CNT diameter and length were determined by TEM with the range describing the standard deviation (SD). The specific surface area (SSA) was determined by nitrogen adsorption using BET (Braunauer-Emmett-Teller). DLS describes the average aggregate size determined by Dynamic Light Scattering (DLS) of well-dispersed CNTs. Chemical composition was determined by wavelength dispersive X-ray fluorescence (WDXRF), results were manually post-processed for each individual element, to account for low concentration and peak overlaps, and data was
calculated as wt% of the oxides of the elements.

*Data from the Nanogenotox joint action programme funded by EU Health Programme (2009 21 01).

*Data from Jackson et al. 2014 (submitted for publication elsewhere).

S2 Table. BAL cell count. Differential BAL cell counts ($\times 10^3$) and SEM in the parentheses for the three CNTs. Values for vehicle instilled mice are based on N = 22–25, and N = 5–6 for CNT exposed mice. The control groups for CNT$_\text{small}$ and CNT$_\text{large}$ were pooled, since these were instilled using the same instillation vehicle (2% serum) and BAL cell composition of the control groups was not significantly different from each other. Mitsui-7 was instilled using a different vehicle (10% BAL in 0.9%NaCl), BAL cell composition of Mitsui-7 controls was statistically different from the other control groups. The Mitsui-7 exposure groups were therefore analysed separately. Statistically significantly different data ($p < 0.05$) from vehicle instilled mice are marked with an asterisk ($\ast$).

S3 Table. ECP overview. Overview of the Chi3L3 level, eosinophil count (Eos) and ECP crystal positive samples using light microscopy (LM) or TEM (yes indicates positive findings, no negative findings). Dash (-) denotes no data available, while an asterisk ($\ast$) denotes statistically significant data ($p<0.05$). Thomas Swan and Sigma Long BAL cell slides were acquired from a previous study: Saber AT, Lamson JS, Jacobsen NR, et al. (2013) Particle-Induced Pulmonary Acute Phase Response Correlates with Neutrophil Influx Linking Inhaled Particles and Cardiovascular Risk. PLoS ONE 8:e69020. doi: 10.1371/journal.pone.0069020

S4 Table. Ccl11 and Ccl24 mRNA levels. Ccl11 and Ccl24 mRNA levels are given as the relative fold-increase in mRNA levels relative to concurrent vehicle controls, where values below 1 indicate a lowered mRNA level. Statistically significant changes ($p<0.05$) are marked with an asterisk ($\ast$).

S1 Fig. Multinucleate cells. Multinucleate cells as observed in light microscopy of BAL cells (CNT$_\text{large}$, 54 $\mu$g, day 3) and transmission electron microscopy images of tissue (CNT$_\text{large}$, 162 $\mu$g, day 28).

S2 Fig. Eosinophilic crystal variation. Light microscopy images of the eosinophilic crystals in BAL fluid (a-c). TEM images of eosinophilic crystals in the lung tissue (d-f). The crystals varied greatly in size (a), and also in how well they were stained (b-c). (d) Crystals in TEM were observed intracellularly as sharply defined or with more blurred edges, and were also found extracellularly (e). (f) Shows a periodic $\approx$ 5 nm structure in a crystal.

S1 Movie. 3D FIB-SEM video of ECP crystals. The image volume is $16.6 \times 12.5 \times 5.8 \mu$m large, and crystals have manually been traced in the individual slides.

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**Author Contributions**

Conceived and designed the experiments: CK SP AS HW CY SH UV KM. Performed the experiments: CK SP NJ SH. Analyzed the data: CK SP. Contributed reagents/materials/analysis tools: SH CY AS UV HW SP KQ. Wrote the paper: CK SP UV KM.

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