EFFICIENCY OF COMBINED USE OF FULLERENE C60 AND BOVINE SERUM ALBUMIN FOR REHABILITATION OF VITRIFIED FRAGMENTS OF RAT IMMATURE SEMINIFEROUS TUBULES

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Background. Today, cryopreserved reproductive tissues are used to treat some forms of male infertility. However, after long-term preservation of fragments of seminiferous tubules of testes (FSTT) in a low-temperature bank (~196 °C) their morphological and functional characteristics decrease reversibly. To solve this problem after freezing-thawing, the use of rehabilitation media with special additives is promising. Due to the fact that serum albumin and fullerene C60 have powerful protective and antioxidant properties, their use allows to stabilize the plasma membrane, osmotic pressure, and reduce free radicals that make them promising candidates to use in the development of rehabilitation media for biological objects after cryopreservation.

Objective. The efficacy of fullerene C60, bovine serum albumin (BSA), and their combination as components of rehabilitation medium of vitrified FSTT of immature rats was studied.

Methods. Vitrified-thawed samples of FSTT were incubated (22 °C) for 30 minutes in Leibovitz's medium with addition of 15 μg/mL C60, 5 g/L BSA or their combination. Control samples were incubated in the medium without C60 or BSA addition. Metabolic activity (MTT test), histomorphological data, total antioxidant status (TAS), reactive oxygen species (ROS) production, activity of γ-glutamyltransferase (γ-GGT), and glucose-6-phosphate dehydrogenase were determined in the samples after rehabilitation in the investigated media.

Results. The use of C60 led to the increase of metabolic (by 1.26 times) and TAS (by 1.74 times) activities, to the decrease in the number of ROS+ cells (by 1.35 times) and to the improvement of the spermatogenic epithelium binding to the basement membrane versus control sample. Application of BSA did not significantly affect the studied biochemical indices but decreased the number of tubules with desquamation of spermatogenic epithelium in histological sections. The combined use of BSA and C60 had the best effect among investigated rehabilitation media that led to the increase of metabolic activity (by 1.51 times), TAS activity (by 1.78 times), γ-GGT activity (by 1.59 times), histostructure restoration and the decrease in the number of ROS+ cells (by 1.45 times) compared to the control samples.

Conclusions. The use of C60 and BSA combination increases the metabolic and antioxidant activity of vitrified FSTT and also has a positive effect on their histostructural characteristics compared to control samples. It should be noted that the effect of C60 and BSA addition to rehabilitation medium exceeds the results of using the investigated additives separately (by the metabolic and γ-GGT activity as well as architectonics of vitrified FSTT). These data relate to reproductive medicine and can be used to develop an effective rehabilitation protocol for vitrified FSTT.

Keywords: fullerene C60; bovine serum albumin; seminiferous tubules; vitrification.

Introduction

The rapid development of modern nanobiotechnologies leads to their application in medicine and, in particular, in reproductology. Understanding the causes of infertility contributes to the development of methods for its restoration [1]. One of them, low-temperature conservation, requires further improvement using modern biotechnologies that will provide a high level of preservation of the morphological and functional characteristics of testicular tissue. It is known that after long-term cryostorage some reversible decrease in functional characteristics of biological objects occurs [2]. To solve this problem, rehabilitation media can be applied with the use of special admixtures.

Serum albumin is one of such rehabilitation media supplements, which is known for its powerful protective and antioxidant effects. The use of protein components helps to stabilize the strength properties of the plasma membrane, regulate osmotic pressure, maintain phospholipid fractions, buffer acid-base changes, etc. [3, 4]. Our previous studies have also shown the effectiveness of bovine...
serum albumin (BSA) using as an impurity in a cryoprotective medium for fragments of seminiferous tubules of testes (FSTT) of immature rats [5].

Along with BSA, the use of fullerenes is also of particular interest for cryobiological purposes. This form of carbon has been actively studied in the last decades mainly because of the vast range of potential use in biomedicine. Thus, fullerene C60 found an application for the photodynamic therapy of oncological diseases as well as an antiviral and antibacterial agent. Antioxidant and anti-apoptotic effects of C60 can be used in the therapy of neurodegenerative diseases [6]. Furthermore, fullerenes and their derivatives are also used for the creation of drugs due to the fact that carbon is the main element of biological systems that means that it is the most suitable for their modification. A distinctive feature of fullerenes and most of their derivatives is low toxicity and the ability to be excreted from the body at an acceptable rate. It should also be noted that due to their geometry and electronic structure, fullerenes are able to form compounds containing various pharmacophore groups, can easily pass into an excited state under the influence of various physical and chemical factors and enclose metal atoms inside their carbon sphere [7].

C60 can also penetrate through biological membranes, conduct protons, and interact with free radicals; these abilities are likely responsible for its protective effect. So, it can be considered as a cell-targeted antioxidant worth further researching as a prospective component of novel medications [8].

However, the fullerenes and protein components have not been studied concerning the rehabilitation of FSTT of immature rats, although the development of modern biotechnological approaches to potentiation of the functional state of testicular tissue after low-temperature conservation is of interest.

In this work, we studied the efficacy of fullerene C60, bovine serum albumin (BSA), and their combination as components of rehabilitation medium of vitrified FSTT of immature rats.

Materials and Methods

The research was performed in outbreed white sexually immature (7–8 weeks aged) male rats (n = 30). The samples of the 2-3 mm² in size rat testicles were obtained mechanically and exposed at 4°C for 5 minutes sequentially in medium 1 (fibrin gel + 5% Me₂SO + 6% glycerol + 0.1M sucrose) and medium 2 (fibrin gel + 15% Me₂SO + 18% glycerol + 0.5M sucrose), then vitrified by rapid immersion into liquid nitrogen [9,10]. The thawing was carried out in 1M sucrose at 50°C with a successive transfer of samples to solutions of decreasing sucrose concentration (0.5M, 0.25M, 0M) at 22°C [11]. Vitrified-thawed samples of FSTT were incubated (22°C) for 30 min in Leibovitz's medium with addition of 15 μg/mL C60, 5 g/L BSA or combination of 15 μg/mL C60 with 5 g/L BSA (C60+BSA). We used an aqueous suspension of unmodified fullerene C60 (prod. no. 572500, Sigma-Aldrich, USA). A typical colloidal solution of C60 was obtained immediately before use by the transfer of these nanoparticles from toluene to water, followed by sonication [12]. Control samples were incubated in the medium without C60 or BSA addition. MTT test, histomorphological data, total antioxidant status (TAS), reactive oxygen species (ROS) production, activity of γ-glutamyltransferase (γGGT) and glucose-6-phosphate dehydrogenase (G6PD) were determined in the samples after rehabilitation in the investigated media. The scheme of the experiment is shown in Fig. 1.

MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] (Fluka, Germany) at the final concentration of 0.5 mg/mL was added to the samples of FSTT and after three-hour incubation at 37°C was removed with 100% DMSO addition to solubilize formazan. Absorbance was read at 570 nm (CHEM 7, ERBA, Czech Republic) and calculated per 1 mg of tissue.

The samples were homogenized, filtered, and then centrifugated for 10 min (1000 g). In supernatant TAS, γGGT and G6PD activity was evaluated quantitatively by UV spectrophotometry (CHEM 7, ERBA, Czech Republic) using test kits (Randox, UK) according to the instructions and calculated per 1 mg of protein.

Enzymatic disaggregation method was used to obtain cell suspension from FSTT: the samples were incubated with 0.25% trypsin for 30 min at 37°C, filtered, and then centrifugated for 10 min (1000 g). The ROS production was studied quantitatively by the cytofluorimetric method (FACS Calibur, Becton Dickinson, USA) using test kit (Sigma-Aldrich, USA). Obtained data were processed with WinMDI v.2.8 software.

Histomorphology study was performed by a person who did not know the details of the experiment. The slices (7 μm thickness) were prepared from paraffin blocks and stained with hematoxylin and eosin. Sections were studied using Axio Observer Z1 inverted microscope (Carl Zeiss, Germany); obtained images were processed using the ZEISS ZEN 2 (Carl Zeiss). The following parameters were
evaluated: retraction of cells, condensation of nuclei, formation of cracks in the spermatogenic layer, desquamation of the epithelium, condition of a lamina propria. The total cell density of spermatogenic epithelium was also evaluated by counting a nuclei number per 1 mm².

The results were statistically processed with the Kruskal–Wallis ANOVA test with multiple comparisons.

All the manipulations with animals were carried out in accordance with international bioethical norms, legislative documents of Ukraine, statements of the IV European Convention for the Protection of Vertebrate Animals Used for Experimental and Other Scientific Purposes as well as the protocol of the Committee in Bioethics of the Institute for Problems of Cryobiology and Cryomedicine of the National Academy of Sciences of Ukraine (No. 2014-02).

**Results**

The obtained results of metabolic activity and total cell density in vitrified FSTT samples after incubation in the studied media are graphically represented in Fig. 2.

The BSA use did not lead to significant changes in metabolic activity (Fig. 2a). The 1.26-fold increase of metabolic activity ($p < 0.05$) was indicated in the samples rehabilitated in the medium with C60 relative to the control. This index was higher by 1.51 and 1.2 times ($p < 0.05$) for samples rehabilitated with the combination of C60 with BSA relative to the control and C60 group respectively. Increasing MTT test result for C60 and its combination with BSA indicates a good protective activity of these substances for preservation of cells in vitrified testicular tissue. However, the most pronounced effect on metabolic activity was observed after incubation with combination C60 and BSA.

According to the results of total cell density measuring in the spermatogenic epithelium, it can be concluded that the addition of C60, BSA and C60+BSA combination to the incubation medium was effective for vitrified FSTT, significantly increasing this parameter relative to the control by 1.6, 1.3 and 1.7 times respectively ($p < 0.05$) (Fig. 2b). It can be concluded that despite the absence of statistically significant difference in cell density between the groups C60 and C60+BSA, their metabolic activity was higher under the use of investigated combination (C60+BSA).

The next stage of our work was the investigation of fullerene C60 and BSA effects on histomorphological parameters of vitrified FSTT of immature rats. The obtained results are shown in Fig. 3.
Figure 2: Effect of incubation in the media with C60 and bovine serum albumin (BSA) on (a) metabolic activity (MTT test) and (b) total cell density of spermatogenic epithelium in vitrified fragments of seminiferous tubules of testes; * — the difference is statistically significant relative to the control ($p < 0.05$), *# — the difference is statistically significant relative to the group C60 ($p < 0.05$)

Figure 3: Morphological characteristics of vitrified fragments of seminiferous tubules of testes incubated in media: (a) control group; (b) C60; (c) bovine serum albumin; (d) C60 + bovine serum albumin. Hematoxylin and eosin staining
The most extensive histological damage was observed in the control group including moderate alterations of the epithelial layer with the formation of cracks resulted in disruption of cell–cell contacts and cell detachment from the basement membrane. The latter looked thickened and edematous. The use of C60 led to improvement in the epithelium binding to the basement membrane and its condition compared to the control; BSA decreased the number of tubules with desquamation of germ cells in histological sections. Also, C60+BSA combination improved maintenance of tubule architecture with minimal epithelial detachment after the 30-min incubation. It should be noted that the presence of cracks inside the wall of the seminiferous tubules in this group did not lead to disruption of intercellular contacts. Intimate contact between the basement membrane and the cells of the spermatogenic epithelium is important for intercellular interactions and delivery of nutrients for germ cell growth and differentiation into the tubules [13]. In sum, it can be concluded that combined use of C60 and BSA maintained morphology of vitrified FSTT better compared to their application separately.

The results of TAS activity and ROS+ cell content in vitrified FSTT after the incubation in the studied media are represented in Table 1. The C60 use increased TAS activity (by 1.74 times) and decreased the number of ROS+ cells (by 1.35 times) compared to the control ($p < 0.05$). The application of BSA did not change significantly these parameters versus control. And C60+BSA combination use led to a 1.78-fold increase of TAS activity, a 1.45-fold decrease in the number of ROS+ cells compared to the control ($p < 0.05$) and did not differ from group C60.

The data of $\gamma$GGT and G6PD activities in vitrified FSTT after the incubation in the studied media are represented in Table 2.

Table 1: TAS activity and content of ROS+ cells in vitrified fragments of seminiferous tubules of testes after the incubation in the media with C60 and BSA

| Sample      | TAS, mM/mL/mg protein | ROS+, %   |
|-------------|-----------------------|----------|
| Control     | 15.62 ± 1.54          | 4.42 ± 0.25 |
| C60         | 27.14 ± 1.78          | 3.24 ± 0.31  |
| BSA         | 16.05 ± 2.16          | 4.05 ± 0.29  |
| C60+BSA     | 27.92 ± 1.82          | 3.05 ± 0.37  |

Notes. TAS – total antioxidant status, ROS – reactive oxygen species, BSA – bovine serum albumin; $^1$ – the difference is statistically significant relative to the control ($p < 0.05$), $^2$ – the difference is statistically significant relative to the group C60 ($p < 0.05$).

The analysis of the results showed an increase of $\gamma$GGT activity by 1.32 (C60) and 1.59 times (C60+BSA) in vitrified FSTT compared to the control. The use of BSA did not affect investigated parameter. The activity of $\gamma$GGT was increased by 1.2 times (C60+BSA) in vitrified FSTT compared to the group C60. Incubation of vitrified FSTT in all investigated media did not affect G6PD activity compared to the control.

Discussion

The fields of application of fullerenes are very diverse. This is due to the fact that the structure of fullerene, which looks like a soccer ball, absorbs everything that is desirable to be placed there, from a part of the genetic code, vitamins, medicines to various gases. Fullerenes have an amazing ability to integrate into the surfaces of cell membranes. They are not only unique antioxidants, but also unique transports of various substances, which allow them to be used in a wide variety of scientific and practical fields. Physicians and biologists use fullerenes as a way to deliver various drugs, antibiotics, hormones, and even genes into cells. Also, chemical experiments with fullerenes working as catalysts as well as adsorbents of a new type show excellent results. Among the antioxidants known to date, fullerenes, or rather, their aqueous solutions are the most powerful, although their mechanisms of action are fundamentally different from those of conventional antioxidants. They act even in ultra-low doses and their effect even after a single dose lasts for months. Fullerenes are qualitatively superior to all other antioxidants in terms of strength and duration of action. They have different mechanisms of action. Whereas classical antioxidants are reducing agents that are consumed during the reaction, fullerenes are catalysts for recombination and the mutual destruction of free radicals and are not consumed at all [7, 8].

Table 2: $\gamma$GGT and G6PD activities in vitrified fragments of seminiferous tubules of testes after the incubation in the media with C60 and BSA

| Sample      | $\gamma$GGT, units/L/mg protein | G6PD, units/L/mg protein |
|-------------|---------------------------------|--------------------------|
| Control     | 3.92 ± 0.52                     | 47.12 ± 1.93             |
| C60         | 5.19 ± 0.61$^1$                  | 49.24 ± 2.07             |
| BSA         | 4.07 ± 0.37$^2$                  | 45.05 ± 2.35             |
| C60+BSA     | 6.25 ± 0.49$^{1,2}$              | 46.05 ± 1.85             |

Notes. $\gamma$GGT – activity of $\gamma$-glutamyltransferase, G6PD – activity of glucose-6-phosphate dehydrogenase; BSA – bovine serum albumin; $^1$ – the difference is statistically significant relative to the control ($p < 0.05$), $^2$ – the difference is statistically significant relative to the group C60 ($p < 0.05$).
The over ROS formation occurs during cryopreservation, leading to decrease antioxidant systems activity [14]. The results of our work showed that incubation of vitrified FSTT with C60 and C60+BSA led to a decrease in the relative number of ROS+ cells. Increasing TAS activity is probably related to the pronounced antioxidant action of fullerene C60 that is a powerful free radical scavenger. In the work of authors [15], this antioxidant property is based on the fact that C60 has a large content of conjugated double bonds and low-lying lowest unoccupied molecular orbital that can freely take up an electron that makes interaction of radicals possible. Thus, the fullerene can react with many superoxides without being consumed.

It is known that the main enzymes involved in the antioxidant defense system are: superoxide dismutase, catalase and glutathione peroxidase. However, many others, so-called "indirect" antioxidant enzymes, also participate in the processes of ROS neutralization due to the involvement in biosynthesis/recycling of thiols or excretion of oxidized secondary metabolites. So GGT is responsible for maintaining the constant level of the most abundant reduct scavenging molecule – glutathione, uptaking it from the extracellular fluid into the cells [16, 17]. In the seminal tubes this enzyme is localized in Sertoli cells. GGT is considered a marker of Sertoli cell function and is stimulated by appropriate hormones. In the study [16], GGT was shown to be present in epididymal epithelial cells and fluid lumen. It has been suggested that epididymal GGT may play a role in oxidant protection of sperm in the epididymal duct and/or in restoring extracellular cysteine for the synthesis of epididymal proteins. G6PD is the NADPH-producing enzyme in nucleated cells. The overexpression of G6PDH increased resistance to ROS-induced cell death [18] and maintained intracellular glutathione stores increasing the activity of glutathione reductase [19]. Thus, some authors indicated G6PD and GGT as important enzymes involved in the antioxidant defense of the cell.

To assess the metabolic activity of cells we used a colorimetric MTT test based on the ability of NADPH-dependent oxidoreductase enzymes to display the number of viable cells. Increasing MTT test result for C60 fullerene group indicates good preservation of cells in rehabilitated FSTT that is also consistent with the results of the histomorphological study. Thus, the histological examination showed a decrease in detachment of spermatogenic epithelium from basement membrane and an increase of average cell density. It is necessary to emphasize the importance of relationship preservation between spermatogenic epithelium and basement membrane because the basement membrane in the testis serves as a reservoir of uniquely important cytokines for maintenance of tight junctions [13]. The use of BSA did not affect the metabolic and antioxidant activity but decreased the number of tubules with desquamation of spermatogenic epithelium in histological sections. The combined use of BSA and C60 had the best effect among investigated rehabilitation media leading to an increase in the functional activity and to histological structure preservation of vitrified FSTT.

Cryopreservation by vitrification is increasingly used at the freezing of reproductive cells and tissue. During slow cooling, the elements of the testicular tissue are damaged by intracellular ice crystals and the ones formed in extracellular space. Vitrification is an effective method to preclusion the formation of ice crystals due to the use of high concentrations of cryoprotectants and ultra-fast cooling that minimizes cell damage [20]. Thus, for the rehabilitation of seminiferous tubule fragments of the immature rats, it is possible to use multicomponent media in which the solution is enriched by biopolymer and nanoparticles.

**Conclusions**

The use of combination of C60 and BSA promotes the increase of metabolic activity of vitrified FSTT by 1.51 times \((p < 0.05)\), TAS activity by 1.78 times \((p < 0.05)\), GGT by 1.59 times \((p < 0.05)\), histostructure restoration and the decrease in the number of ROS+ cells by 1.45 times \((p < 0.05)\) compared to the control samples. It should be noted that the effect of C60 and BSA addition to rehabilitation medium exceeds the results of using the investigated additives separately (by the metabolic and GGT activity as well as architectonics of vitrified FSTT). These results can be used for justification and elaboration of effective rehabilitation methods for vitrified fragments of seminiferous tubules of testes using the combination of biopolymers and nanoparticles.

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ЕФЕКТИВНІСТЬ КОМБІНОВАНОГО ЗАСТОСУВАННЯ ФУЛЛЕРЕНУ С60 І БИЧАГО СЙОВОРОТОЧНОГО АЛЬБУМІНА ДЛЯ РЕАБІЛІТАЦІЇ ВІТРИФІКОВАНИХ ФРАГМЕНТІВ НЕЗРІЛІХ КАНАЛЬЦІВ СЕМЕНИЧНИХ

Проблематика. На сьогодні кріоконсервація репродуктивних тканин використовуються для лікування деяких форм безпліддя у чоловіків. Однак після довготривалого збереження фрагментів звитих каналців сім'яників (ФЗКС) в умовах низькотемпературного банку (-196 °C) відбувається зворотне зниження їх морфологічних та функціональних характеристик. Для вирішення цієї проблеми після заморожування-відтавки перспективним виходить використання реабілітаційних середовищ із вітринескуванням клітин, що підвищує їх гістоструктуру та стабілізує плазматичну мембрану.

Мета. У роботі вивчалося вплив вітринескирання на відтворення біохімічних та гістологічних показників вітринескираніх ФЗКС неполовозрелих сім'яників, що приводило до зменшення вмісту свободних радикалів, що відбувається при вітринескиранні. Використання комбінації фулерену С60 та бичого сироваткового альбуміну підвищує метаболічну активність (MТТ-тест), гістоморфологічні, антиоксидантні та метаболічні показники вітринескиранних ФЗКС.

Методика реалізації. Образці ФЗКС після вітринескирання-інкубували (22 °C) протягом 30 хв у середовищі Лейбовіца з додаванням 15 мкг/мл С60, 5 г/л БСА або їх комбінації. Контрольні образці інкубували в середовищі без додавання С60 або БСА. Метаболічну активність (MТТ-тест), гістоморфологічні, загальний антиоксидантний статус (TAS), функцію активних форм кисню (РОS), антиоксидантну активність (глутамілтрансфераза, ГГТ) та глюкозо-б-фосфатдегідрогенази визначали у зразках після реабілітації вітринескиранних ФЗКС.

Результати. За вітринескирання ФЗКС до тривалості зміни біохімічних показників змінила в 1,26 рази, відновлення гістоструктури, а також зменшення кількості ROS+ клітин (у 1,35 рази) та до покращення з’явлення сперматогенетичного епітелею з базальною мембраною порівняно з контролем. За вітринескирання БСА існує негативний вплив на біохімічні показники, зменшувало кількість канальців з десквамацією сперматогенного епітелею.

Висновки. За вітринескирання комбінації С60 та БСА відбувається зменшення РОС-клітинний (у 1,35 рази) та до покращення з’явлення сперматогенетичного епітелею з базальною мембраною порівняно з контролем. За вітринескирання БСА існує негативний вплив на біохімічні показники, зменшувало кількість канальців з десквамацією сперматогенного епітелею. БСА має незначний вплив на вітринескиранні ФЗКС, що приводить до зменшення метаболічної активності (у 1,51 рази), активності TAS (у 1,78 рази) і ГГТ (у 1,59 рази), відновлення гістоструктури, а також зменшення кількості ROS+ клітин (у 1,45 рази) порівняно з контрольними зразками.

Ключові слова: фулерен С60; бичий сироватковий альбумін; звиті каналці; вітринескирання.