The Wide Morphological Spectrum of Deep (Aggressive) Angiomyxoma of the Vulvo-Vaginal Region: A Clinicopathologic Study of 36 Cases, Including Recurrent Tumors

Gaetano Magro 1,*, Giuseppe Angelico 2, Michal Michal 3,4, Giuseppe Broggi 1, Gian Franco Zannoni 5, Renato Covello 6, Stefano Marletta 7, Lucia Salvatorelli 1 and Rosalba Parenti 8

1 Department of Medical and Surgical Sciences and Advanced Technologies, "G. F. Ingrassia", Anatomic Pathology, University of Catania, 95123 Catania, Italy; giuseppe.broggi@gmail.com (G.B.); lucia.salvatorelli@unic.it (L.S.)
2 Dipartimento Scienze della Salute della Donna, del Bambino e di Sanità Pubblica, Unità di Gineco-Patologia e Patologia Mammaria, Fondazione Policlinico Universitario A. Gemelli IRCCS, 00168 Rome, Italy; giuangel86@hotmail.it
3 Department of Pathology, Charles University, Faculty of Medicine in Plzen, 30166 Plzen, Czech Republic; michal@fpplzen.cz
4 Bioptical Laboratory, Ltd., 30166 Plzen, Czech Republic
5 Unit of Gyneco-Pathology and Breast Pathology, Department of Women’s Health, Childhood and Public Health Sciences, A. Gemelli IRCCS University Hospital Foundation, Institute of Pathological Anatomy, Catholic University of the Sacred Heart, 00168 Rome, Italy; gianfranco.zannoni@unic.it
6 Pathology Department, Regina Elena National Cancer Institute IRCCS, 00168 Rome, Italy; covello@ifo.it
7 Department of Pathology and Diagnostics, University and Hospital Trust of Verona, 37010 Verona, Italy; stefano.marletta@gmail.com
8 Department of Biomedical and Biotechnological Sciences (BIOMETEC), Section of Physiology, University of Catania, 95123 Catania, Italy; parenti@unic.it

*Correspondence: g.magro@unic.it; Tel.: +39-095-378-2023

Abstract: Background: Deep angiomyxoma (DAM) is currently included in the category of “specific stromal tumors of the lower female genital tract”, along with angiomyofibroblastoma, cellular angiofibroma and myofibroblastoma. Given the high rate of local recurrences, it is crucial to recognize DAM from other tumors that possess indolent behaviour. In the present paper, we analyzed the morphological and immunohistochemical features of 42 surgically-resected vulvo-vaginal DAMs (36 primary and 6 recurrent lesions) in order to widen the morphological spectrum of this uncommon tumour. Methods: A series of 36 cases of surgically-resected primary vulvo-vaginal DAMs were retrospectively collected. Locally recurrent tumors were also available for six of these cases. Results: Out of the primary tumors, 25 out of 36 exhibited the classic-type morphology of DAM. In the remaining cases (11/36 cases), the following uncommon features, which sometimes coexist with one another, were observed: (i) alternating myxoid and collagenized/fibrous areas; (ii) hypercellular areas; (iii) neurofibroma-like appearance; (iv) perivascular hyalinization; (v) microcystic/reticular stromal changes; (vi) “microvascular growth pattern”; (vii) perivascular cuffing; (viii) nodular leiomyomatous differentiation; (ix) hypocellular and fibro-sclerotic stroma. Among the six locally recurrent tumors the following features were observed: (i) classic-type morphology; (ii) hypocellular fibro-sclerotic stroma; (iii) extensive perivascular hyalinization, lumen obliteration and formation of confluent nodular sclerotic masses; (iv) hypercellularity. Immunohistochemically, the neoplastic cells of classic-type DAM in both primary and recurrent tumors were diffusely stained with desmin, suggesting a myofibroblastic nature; in contrast, the neoplastic cells showing elongated fibroblastic-like morphology and set in collagenized/fibrosclerotic stroma in both primary and recurrent tumors were negative or only focally stained with desmin, which is consistent with a fibroblastic profile. Conclusion: Although diagnosis of DAM is usually straightforward if typical morphology is encountered, diagnostic...
problems may arise when a pathologist is dealing with unusual morphological features, especially hypercellularity, extensive collagenous/fibrosclerotic stroma or neurofibroma-like appearance.

Keywords: deep angiomyxoma; stromal tumors; lower female genital tract; immunohistochemistry; local recurrence

1. Introduction

Deep angiomyxoma (DAM) is a rare, locally infiltrative and non-metastasizing soft tissue tumor that usually arises in the vulvovaginal region, perineum and pelvis of adults [1–5]. Although DAM is most commonly found in women of reproductive age, sporadic cases have been reported in males, occurring almost exclusively in the genital area (scrotum, spermatic cord, inguinal region, perianal region and pelvic soft tissues) [6,7]. The reported age at presentation is 6–77 years, with the peak incidence occurring during the reproductive years. The female-to-male ratio is 6.6:1. DAM usually presents as a slow-growing, large-sized multilobular or polypoid mass with finger-like projections infiltrating the surrounding soft tissues [1–5]. The cut surface varies from an exclusively myxoid to a fibro-myxoid or predominantly fibrosclerotic tumor. Histologically, classic-type DAM is a paucicellular tumor composed of small-sized spindle-shaped to stellate cells set within a loose myxoid stroma containing numerous small-sized to medium-sized blood vessels [1–5]. Despite its bland-looking morphology, DAM exhibits an infiltrative growth and a significant risk of local recurrence. A wide local excision is difficult to achieve due to tumor infiltrative margins, which are often evident during the histological examination alone [8].

The present paper provides a detailed morphological and immunohistochemical study on a large series of primary and recurrent DAMs, emphasizing the uncommon morphological features that may cause diagnostic problems. Our immunohistochemical results suggest that the neoplastic cells of DAM are capable of modulating their differentiation from a myofibroblastic to a fibroblastic profile, resulting in a variable myxoid to fibrosclerotic stromal changes.

2. Materials and Methods

A series of 36 cases of surgically-resected vulvo-vaginal DAMs was retrospectively collected from the files of the University of Catania and the University of Pilsen. Locally recurrent tumors were also available for 6 of these 36 tumors. All patients were females and ranged in the ages from 43 to 65 years. Surgical specimens were submitted for histological examination in neutral-buffered 10% formalin, dehydrated using standard techniques, embedded in paraffin, 5 m sections cut and stained with hematoxylin and eosin (H&E). Immunohistochemical slides were available for each case and included the following antibody staining: vimentin (dilution: 1:40), desmin (dilution: 1:200), smooth muscle actin (dilution: 1:400), h-caldesmon (dilution: 1:100), CD34 (dilution: 1:400) and S100 (dilution: 1:300). The appropriate positive and negative controls were also available. The percentage of positively stained cells was assessed by semiquantitative optical analysis according to a 4-tiered system (1% positive cells: negative staining; 1–10% positive cells: focal staining; 11–50% positive cells: heterogeneous staining; >50% positive cells: diffuse staining). Staining intensity was graded as weak, moderate or strong intensity.

3. Results

Patients’ clinico-pathological features were retrieved from the original pathology reports. Upon gross examination, the majority of tumors presented as unencapsulated,
poorly or vaguely circumscribed masses with a gelatinous, myxoid or fibrous cut surface. Tumor size was variable, ranging from 1.5 to 20 cm in the greatest dimension.

3.1. Primary Tumors

All DAMs showed infiltrative margins with entrapment of adipose tissue and/or skeletal muscle (Figure 1A,B).

![Figure 1](image)

Figure 1. Primary DAM. Low (A) and high (B) power magnifications showing entrapment of adipose tissue.

Most tumors (25 out of 36) exhibited the classic-type morphology as previously reported in the literature, namely uniformly hypocellular tumor composed of bland-looking small-sized spindled to stellate cells set haphazardly in an abundant myxoid stroma rich in fine collagen fibrils and with a prominent vascular component (Figure 2A). The neoplastic cells exhibited poorly-defined scant cytoplasm and round to ovoid hyperchromatic nuclei with occasional small nucleoli. Mitoses were absent or rare (up to 1 mitosis × 10 HPF). Atypical mitoses, nuclear pleomorphism and necrosis were not observed. The neoplastic cells of classic-type DAM were diffusely (>50%) and strongly stained with desmin (Figure 2B) and only focally for smooth muscle actin and CD34 in a minority of cases (8 and 6 out of 25 cases, respectively). The vascular component ranged from capillary-like to medium/large-sized blood vessels (Figure 2A,C). The larger vessels often contained a prominent smooth muscle layer (Figure 2D).
In 10 cases, as an additional finding, isolated or small bundles of thin spindle-shaped cells with eosinophilic cytoplasm interpreted as cells with smooth muscle differentiation were haphazardly scattered within the myxo-edematous stroma (Figure 3A,B); occasionally, they were in the proximity of blood vessels but the origin from the vascular smooth muscle layer could not be demonstrated (Figure 3A,B). These cells co-express desmin, smooth muscle actin and h-caldesmon (Figure 3C,D). No additional heterologous mesenchymal components were identified.
origin from the smooth muscle cell layer of the blood vessels cannot not be demonstrated. (C) Similar to the neoplastic stromal cells, even those with smooth muscle differentiation are stained with desmin. (D) Only stromal cells with smooth muscle differentiation are stained with h-caldesmon.

In the remaining cases (11 out of 36 cases), several uncommon features were observed. Notably, in all cases and at least focally, areas with the morphology of the classic-type DAM were identified and were crucial for a correct diagnostic interpretation. The following uncommon and sometimes co-existing features were observed (Table 1).

**Table 1. Primary DAMS with uncommon morphological features.**

| Feature                                      | Number cases (%) |
|----------------------------------------------|------------------|
| Alternating myxoid/fibrous areas             | 8/11 (72.7%)     |
| Hypercellular areas                          | 7/11 (63.6%)     |
| Neurofibroma-like areas                      | 4/11 (36.3%)     |
| Perivascular hyalinization                   | 4/11 (36.3%)     |
| Microcystic/reticular stromal changes        | 3/11 (27.7%)     |
| Perivascular cuffing                         | 2/11 (18.1%)     |
| Microvascular growth pattern                 | 2/11 (18.1%)     |
| Nodular leiomyomatous differentiation        | 1/11 (9%)        |
| Prominent fibrosclerotic stroma              | 1/11 (9%)        |

In (i) eight cases, alternating myxoid and collagenized/fibrous areas were observed (Figure 4A,B); four of these cases exhibited a neurofibroma-like appearance (up to 60% of the entire tumor), namely the neoplastic component was represented by elongated fibroblastic-like spindled cells with wavy nuclei that are closely associated with thin or thick wavy strands of eosinophilic collagen fibers (Figure 4C,D).

![Figure 4](image-url) **Figure 4. Alternating myxoid to collagenized/fibrous stroma in primary DAMs.** (A,B) Two different tumors exhibiting alternating areas with myxoid and fibrous stroma (C,D). Two different tumors illustrating a myxofibrillary (C) or collagenized/fibrous stroma (D) with elongated fibroblastic-like spindled cells with wavy nuclei that are closely associated with thin and/or thick wavy eosinophilic collagen fibers. These tumor areas are closely reminiscent of a neurofibroma.
In (ii) seven cases, hypercellular areas that account for 10 to 60% of the entire tumor are observed; although in most cases (five out of seven) hypercellularity was restricted to the perivascular regions (Figure 5A–C) and two tumors were diffusely hypercellular and composed predominantly of fibroblastic-like spindled cells with fascicular pattern (Figure 5D).

![Figure 5](image)

**Figure 5. Hypercellularity in 4 different primary DAMs.** (A,B) Hypercellularity is restricted to vascular regions or it has diffuse extension throughout the tumor (C,D). (D) In one tumor, neoplastic cells with fibroblastic-like morphology exhibited fascicular arrangement; notice the prominent vascular component.

In (iii) four cases, perivascular hyalinization was observed (Figure 6A); as an additional finding, the perivascular cuffing of elongated neoplastic spindled cells (onion-skin arrangement) was identified in two cases (Figure 6B); fibro-sclerotic obliteration of the vascular lumens was observed in only in one case (Figure 6C);
Figure 6. **Perivascular hyalinization in primary DAM**: (A) Small-sized and medium-sized blood vessels showing deposition of hyalinized eosinophilic collagen around the walls. (B) Perivascular cuffing of spindled cells with an onion-skin arrangement is also observed. (C) Some blood vessels showing fibro-sclerotic obliteration of the vascular lumens.

In (iv) three cases, microcystic/reticular stromal changes were observed (Figure 7).

Figure 7. **Cystic stromal changes in primary DAM**. Abundant edematous stromal changes imparting a macrocystic (A) and microcystic (B) appearance to the tumor.
In (v) two cases, the vascular component was mainly represented by a proliferation of capillary-like vessels closely packed with a “microvascular growth pattern” similar to that observed in glioblastoma (Figure 8).

![Figure 8](image)

**Figure 8. Microvascular growth pattern in primary DAM.** Two different DAMs (A,B) in which the vascular component is mainly composed of closely packed capillary-sized blood vessels; this growth pattern is reminiscent of the so-called “microvascular pattern” as seen in glioblastoma.

In (vi) one case, there was a small-sized nodule (0.5 cm) composed of spindled cells with eosinophilic cytoplasm and ovoid nuclei containing one small nucleolus with the typical features of classic-type DAM; the cells, which are stained with vimentin, desmin, smooth muscle actin and h-caldesmon, were arranged in fascicles separated by scarce fibrous stroma and contained capillary-like blood vessels (Figure 9).

![Figure 9](image)

**Figure 9. Primary DAM with leiomyomatous nodular differentiation.** (A) In the context of an otherwise classic-type DAM, a vaguely nodular area composed of smooth muscle cells with focal fascicular arrangement is observed; (B) notice the morphological details of the cells.

This tumor was interpreted as a “classic-type DAM with nodular leiomyomatous differentiation”; (vii) in one case, tumor stroma was predominantly (>90%) hypocellular and fibro-sclerotic in nature; the tumor showed numerous thick keloid-like collagen bands and blood vessels with hyalinized walls (Figure 10A–C); the tumor exhibited a fibro-lipomatous appearance at the periphery (Figure 10D).
3.2. Locally Recurrent Tumors

Among the six cases of locally recurrent tumors, the following features were observed (Table 2).

Table 2. Morphological features of recurrent DAMS.

| Cases   | Recurrent Tumor                                                                 | Primary Tumor                                                                 |
|---------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| Case n. 1 | Classic-type morphology                                                        | Classic-type morphology                                                       |
| Case n. 2 | Classic-type morphology                                                        | Classic-type morphology                                                       |
| Case n. 3 | Hypocellular with prominent/exclusive fibrosclerotic stroma; Perivascular hyalinization | Classic-type morphology                                                       |
| Case n. 4 | Hypocellular with prominent/exclusive fibrosclerotic stroma; Perivascular hyalinization | Classic-type morphology                                                       |
| Case n. 5 | Hypocellular with prominent/exclusive fibrosclerotic stroma; Perivascular hyalinization with lumen obliteration and formation of confluent nodular structures | Classic-type morphology with microcystic/reticular stromal changes            |
| Case n. 6 | Hypercellularity (40% of tumor); Perivascular hyalinization with lumen obliteration | Classic-type morphology                                                       |

In (i) two cases, the tumors exhibited the same morphology of primary DAM, namely the classic-type features including hypocellular myxoid stroma and numerous small-sized to medium-sized blood vessels; in (ii) two cases, the tumors were predominantly (>95%) or exclusively hypocellular with abundant fibro-sclerotic stroma; in one case, the tumor...
was composed exclusively of thick keloid-like collagen bands with rarely interspersed spindle-shaped cells and medium-sized blood vessels with perivascular hyalinization; in one case, the tumor infiltrated the uterine myometrium as a large-sized uniformly collagenized lesion with rarely interspersed spindle-shaped cells and capillary-like blood-vessels (Figure 11A,B). The cells were negative or only focally positive for desmin (Figure 11C). Notably and only focally, a myxoid area with vascular component that is consistent with classic-type DAM was observed (Figure 11D,E); within this area, the neoplastic cells maintained the expression of desmin (Figure 11F). The primary counterpart of both tumor showed classic-type morphology.

![Figure 11. Recurrent DAM.](image)

In (iii) one case, the tumor showed alternating hypocellular and moderately cellular areas with numerous small-sized and medium-sized blood vessels demonstrating extensive perivascular hyalinization and lumen obliteration (Figure 12A–C); in some areas, the obliterated vessels formed confluent variably-sized fibrotic nodular structures closely resembling ovarian corpora albicantia (Figure 12C). The primary tumor counterpart exhibited the classic-type morphology with additional microcystic/reticular stromal changes.
Figure 12. Recurrent DAM. (A,B) Tumor with lumen obliteration of the blood vessels; (C) the obliterated vessels form confluent nodular structures reminiscent of ovarian corpora albicantia.

In (iii) one case, the tumor demonstrated classic-type morphology of DAM, with the exception of hypercellular areas accounting approximately for 40% of the entire tumor; the primary counterpart exhibited the morphology of classic-type DAM.

3.3. Immunohistochemical Findings

The most relevant immunohistochemical findings encountered in our series have been summarized in Table 3 and compared with the largest DAMs series published in the literature.

| References                  | Desmin | α-SMA   | Vimentin | S-100 | CD34 | h-caldesmon |
|-----------------------------|--------|---------|----------|-------|------|-------------|
| Steeper TA et al. [1]       | NA     | NA      | NA       | NA    | NA   | NA          |
| Begin LR et al. [2]         | NA     | 4/5 (80%) | NA      | 0/5 (0%) | NA   | NA          |
| Fetsch JF et al. [3]        | 22/22 (100%) | 19/20 (95%) | 17/17 (100%) | 0/20 (0%) | 8/16 (50%) | NA          |
| Granter SR et al. [4]       | 13/14 (93%) | 10/11 (91%) | NA      | 0/16 (0%) | NA   | NA          |
| Amezcuca CA et al. [5]      | 8/11 (73%) | 3/11 (27%) | 11/11 (100%) | 0/11 (0%) | NA   | NA          |
| Present series (Magro G et al.) | 36/36 (100%) | 10/36 (28%) | 36/36 (100%) | 0/36 (0%) | 6/36 (17%) | 10/36 (28%) |

Abbreviations: DAM, deep angiomyxoma; -SMA, -smooth muscle actin; NA, not available.

4. Discussion

Among the tumors arising specifically from the stroma of the lower female genital tract, the recognition of DAM is crucial due to its risk of local recurrences [1–5]. The latest edition of the World Health Organization Classification of Tumors of Soft Tissue and Bone [9]
defines DAM as a uniformly paucicellular myxoeedematous tumor with infiltrative margins and prominent vascular component. The present series, which comprises 36 primary vulvo-vaginal DAMs of which six recurrent cases were also available, shows that this unusual tumor encompasses a morphologic spectrum wider than originally described [1–5,9]. As previously reported for vulvo-vaginal cellular angiofibroma, angiomysfibroblastoma and myofibroblastoma [10–12], DAM may also exhibit morphologic variations in cellular composition, growth patterns, extracellular matrix and vascular components.

In our series, the classic-type morphology was found in 69.4% (25 out of 36 cases) of primary DAMs, while uncommon features were identified in the remaining 30.5% (11 out of 36 cases) of cases. We confirm that the isolated or small bundles of thin-sized eosinophilic stromal cells with smooth muscle differentiation profile (vimentin/desmin−/−actin smooth muscle actin/h-caldesmon+) can be identified in 27.7% (10 out of 36 cases) of primary DAMs. These cells had been previously labelled in the literature with the term “myoid bundles” [3,4]. In our opinion, these cells are not well-developed mature smooth muscle cells in that they lack the typical abundant deeply eosinophilic cytoplasm and cigar-shaped nuclei. As these cells have been found in proximity to the blood vessels and it has been suggested they arise from the smooth muscle layer of the larger tumor blood vessels [3,4]. However, in our series we encountered most of these cells away from the blood vessels, suggesting their metaplastic nature. We speculate that the neoplastic cells in a subset of primary DAMs may undergo leiomyomatous differentiation. The detection of a nodular stromal area of leiomyomatous differentiation in one case of our series seems to support this hypothesis. Accordingly, we suggest that the identification of a heterologous smooth muscle component in a vulvo-vaginal mesenchymal myxoid tumor favors the diagnosis of DAM. In the present study, we identified several uncommon morphological features in both primary and recurrent DAMs in terms of cell morphology, cellularity, stromal composition and vascularization. Although a primary DAM is usually a myxoid tumor, we found that there were alternating myxoid and more collagenized/fibrous areas in 22% of cases (8 out of 36 cases). Notably and in the collagenized/fibrous stroma, the neoplastic cells adopted an elongated fibroblastic-like appearance with undulating nuclei and imparted a neurofibroma-like morphology in four cases. To the best of our knowledge this neurofibroma-like pattern has not been previously emphasized in DAM and it could raise differential diagnostic problems. However, the lack of S100 expression and the identification, at least focally, of myxoid areas with the typical features of DAM are helpful in rendering correct diagnosis. Although it is believed that fibrosclerotic stroma is a feature of recurrent DAM, we encountered a single case of primary tumor with extensive stromal collagenization/sclerosis (>90% of the entire tumor), suggesting that DAM would be better regarded as “fibromyxoid” more than a “purely myxoid” tumor. As previously reported for other soft tissue myxoid tumors, such as myxoma, there is the possibility that DAM may also be, at least focally, hypercellular [13]. Although it is commonly believed that hypercellularity is relatively common in recurrent DAM [3,5,7,14,15], in our series it was found in approximately 19.4% (7 out of 36 cases) of primary DAMs. Despite this uncommon feature being mainly found around blood vessels, notably two cases were diffusely hypercellular with fascicular arrangements (50% and 60% of the entire tumor), which raises a concern for malignancy. The correct diagnosis was based on the identification of numerous variably-sized blood vessels and tumor areas exhibiting the classic-type morphology of DAM. Accordingly, the term “hypercellular DAM” seems to be appropriate for those tumors exhibiting diffuse hypercellularity.

Although it was originally believed that the hyalinized blood vessels were a characteristic feature of cellular angiofibroma among the specific mesenchymal tumors of the lower female genital tract, other studies demonstrated that they are not pathognomonic since they were also observed in the vulvo-vaginal angiomysfibroblastoma and myofibroblastoma [10–12]. We encountered vessels with perivascular hyalinization in a
minority of primary DAM (11% of cases: 4 out of 36 cases), suggesting that this morphologic finding is not helpful in the differential diagnosis. Notably and in two cases, a perivascular cuffing of the neoplastic cells with an onion-skin arrangement was observed. Another unusual finding relative to vasculature was the presence in two cases of a microvascular growth pattern similar to that observed in glioblastoma. To the best of our knowledge, this feature had not been previously reported in the literature. As far as recurrent DAMs are concerned, only a few studies, which are mostly based on single case reports or small series, have emphasized their morphological features. In this regard, recurrent DAMs are usually reported to exhibit foci of increased cellularity, nuclear pleomorphism, collagen deposition and increased vascularity [3,5,7,14,15]. In our series the fibrosclerotic stroma, including blood vessels hyalinization, was the most striking feature of recurrent DAMs. Rendering diagnosis of DAM in these cases is extremely difficult if pathologists are not aware of the primary diagnosis. However, we suggest that the possibility of DAM’s presence should be kept in mind when dealing with a fibrosclerotic lesion that contains variably-sized blood vessels. In contrast, the hypercellularity, which is often cited as a typical feature of recurrent tumors [3,5,7,14,15], was found only one case of our series.

5. Conclusions

In conclusion, the present paper contributes to widen the morphological spectrum of primary and recurrent DAMs. Although the diagnosis of DAM is usually straightforward if typical morphology is encountered, diagnostic problems may arise when the pathologist is dealing with uncommon morphological features, especially for those primary or recurrent tumors exhibiting hypercellularity, extensive collagenous deposition with or without hyalinized blood vessels or neurofibroma-like appearance. The awareness of this possibility is crucial in order to avoid confusion with other mesenchymal lesions of the lower female genital tract. Finally, our study provides evidence that primary and recurrent DAM is a myofibroblastic/fibroblastic tumor with a variable myxoid to fibrosclerotic stroma. The classic-type DAM is predominantly a myxoid myofibroblastic tumor with vimentin+/desmin+/smooth muscle actin- profile. As previously suggested for mammary and extra-mammary myofibroblastoma [16], it is likely that the morphological variations in cellular (small spindled/stellate versus elongated fibroblastic-like cells) and stromal composition (myxoid versus fibrosclerotic) reflect the plasticity of the neoplastic cells in adopting a myofibroblastic or fibroblastic profile (vimentin+/desmin-/-smooth muscle actin-) in response to various stimuli, including hormonal, genetic and microenviromental stimuli, that still remain to be elucidated. Based on our morphological and immunohistochemical observations, we suggest that the term “deep angiofibromyxoma” seems to be more appropriate rather than deep angiomyxoma. However, additional data on larger series of DAMs need to be collected in order to validate our hypothesis.

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Institutional Review Board Statement: The study complied with the Ethical Principles for Medical Research Involving Human Subjects according to the World Medical Association Declaration of Helsinki. All samples were anonymized before histology and immunohistochemistry; therefore, no further ethical approval was necessary to perform the retrospective study.
Informed Consent Statement: The non-interventional and retrospective nature of our study did not require any informed consent, even if written informed consent had been obtained from each patient before surgical procedures. The clinical information was retrieved from the patients’ medical records and pathology reports. Patients’ initials or other personal identifiers did not appear in any image.

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