Ultra-long coherence times amongst room-temperature solid-state spins

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Solid-state single spins are promising resources for quantum sensing, quantum-information processing and quantum networks, because they are compatible with scalable quantum-device engineering. However, the extension of their coherence times proves challenging. Although enrichment of the spin-zero $^{12}$C and $^{28}$Si isotopes drastically reduces spin-bath decoherence in diamond and silicon, the solid-state environment provides deleterious interactions between the electron spin and the remaining spins of its surrounding. Here we demonstrate, contrary to widespread belief, that an impurity-doped (phosphorus) n-type single-crystal diamond realises remarkably long spin-coherence times. Single electron spins show the longest inhomogeneous spin-dephasing time ($T_2^* \approx 1.5$ ms) and Hahn-echo spin-coherence time ($T_2 \approx 2.4$ ms) ever observed in room-temperature solid-state systems, leading to the best sensitivities. The extension of coherence times in diamond semiconductor may allow for new applications in quantum technology.
Solid-state spins are a leading contender in quantum technology. Systems such as colour centres in diamond\(^{2,3}\), silicon carbides\(^{4,5}\), rare-earth ions in solids\(^{6,8}\), donors in silicon\(^{7-9}\), and quantum dots\(^{7-10}\) have been investigated thoroughly. Enhancing the inhomogeneous spin-dephasing time \(T_2\) and the Hahn-echo spin-coherence time \(T_2^*\) is a central issue. The electron spin plays a significant role for quantum sensing and for coherent connectivity with other qubits, such as photons, nuclear spins, and superconducting qubits\(^{11,12}\). Therefore, these for coherent connectivity with other qubits, such as photons, nuclear spins, and superconducting qubits. For example, their increase directly improves direct cations. For example, their increase directly improves direct...
magnetic noise stemming from phosphorus, and therefore an optimum concentration could exist.

Additionally, we measured \( T_2 \) in samples E, F, and G, which have almost the same phosphorus concentration as sample C, and in sample H, which has a larger phosphorus concentration. The population of the NV\(^-\) state was not measured, but it is considered to be near 100\% due to the similarity to samples C and D. In samples E, F, and G, we confirmed that in each sample several NV centres have a \( T_2 > 2.0 \) ms, while in the high-concentration sample H, \( T_2 < 2.0 \) ms (see Supplementary Note 1). These results show the reproducibility of obtaining a long \( T_2 \), and they support the existence of an optimum concentration region. It should be noted that the \( T_2 \) of NV centres in samples grown under the same conditions but without phosphorus doping is shorter (\( T_2 < 1 \) ms).

**Coherence times.** Owing to the pure NV\(^-\) state and long \( T_2 \), sample C with [\( P \)] = 6 \times 10^{16} \text{atoms cm}^{-3} was investigated more in depth. At first, \( T_2^0 \) was studied\(^{30} \), measured via the exponential decay of a free-induction decay measurement (its well-known pulse sequence is illustrated in Fig. 2a). Since it is hard to measure \( T_2^0 \) due to the strong effect of the environment, the measurement time is decreased by using both short \( \tau \) and long \( \tau \) in one measurement sequence (see Supplementary Note 2), resulting in \( T_2^0 = 1.54\pm0.56 \) ms (Fig. 2b). Compared with the previously reported long \( T_2 \) of phosphor in an isotopically engineered 28Si crystal (270 µs)\(^{5} \) and of NV centres in diamond (470 ± 100 µs\(^{17} \)), this is the longest \( T_2 \) for an electron spin ever observed in solid-state systems. The DC magnetic field sensitivity of the single NV centre can be derived to be \( 6\times10^{-3} \text{H}\) \text{Hz}^{-1/2}\(^{13} \).

To find NV centres with a long \( T_2 \), Hahn-echo measurements (see Fig. 2c) were conducted for the ones with a long \( T_2 \). Measurements for the [0] state (\( S_{01} \)): final \( \pi/2 \)-pulse along the \( x \) axis, Fig. 2d) and for the [1] state (\( S_{11} \): final \( \pi/2 \)-pulse along the \( -x \) axis, Fig. 2d) were subtracted and normalised as \( (S_{01} - S_{11})/(S_{01} + S_{11}) \) to reject common-mode noise\(^{20} \), and the result was fitted to the exponential \( \exp(-\tau/T_2^{\text{fit}}) \). Figure 2e shows that the longest \( T_2 \) consistently measured 2.43\(\pm\)0.06 ms, which is the longest \( T_2 \) for an electron spin ever observed in solid-state systems at room temperature\(^{3,19} \). In these references, as opposed to our results, the measurements are performed without common-mode noise rejection, the results are rather noisy, and \( n \) was fixed at 2 for the fits. Hence, the uncertainty in \( T_2 \) decreases (since \( T_2 \) and \( n \) appear in the same exponent only), and the fitted \( T_2 \) increases (since for long \( T_2 \), generally \( n < 2 \); for our measurement, forcing \( n = 2 \) gives \( T_2 = 2.93 \) ms). Moreover (see Fig. 1b), even the average \( \langle T_2 \rangle = 1.8 \) ms of our measured NV centres rivils with the longest \( T_2 \) measured in single-crystal diamond (1.8 ms), and almost 40\% are longer than the longest \( T_2 \) measured in poly-crystal diamond (\( T_2 = 2.0 \) ms\(^{19} \)), while both references only show their best measurement.

**Sensitivity.** Since the AC magnetic field sensitivity is proportional to \( 1/\sqrt{T_2} \), the NV centre with the longest \( T_2 \) was examined. The concept for the measurement is given in Fig. 3a; the population of the spin state oscillates with the magnetic field amplitude (\( B_{AC} \)). Therefore, to measure \( B_{AC} \), a working point of maximum gradient is chosen (the green dashed lines in Fig. 3b), and then the Hahn-echo intensity is measured. Via the gradient, this intensity relates directly to \( B_{AC} \). The amplitude of the sinusoidal magnetic field is derived from calibration with a DC magnetic field (see Supplementary Note 3).

The sensitivity is \( \eta = DB_{\min}/\sqrt{T_{\text{meas}}} \), where \( DB_{\min} \) is the minimum detectable magnetic field amplitude, and \( T_{\text{meas}} \) the measurement time\(^{31} \). \( DB_{\min} \) relates directly to the uncertainty of the measurement (see Supplementary Note 4) and is given by \( DB_{\min} = \sigma_1/\sigma_0 \), where \( \sigma_1/\sigma_0 \) the uncertainty of a single Hahn-echo measurement and \( \sigma_1/\sigma_0 \) the uncertainty of the exponential \( \exp(-\tau/T_2) \). Its details and general results are explained in Supplementary Note 5. Figure 3c shows the solution for this NV centre, and although certain realistic circumstances that are not taken into account here (for example, temperature fluctuations) could influence the actual optimum given the flat area, it was opted to measure in the derived optimum point of \( \tau_{\text{optimum}} \approx 1.2 \) ms (hence \( f_{AC} \approx 833 \text{ Hz} \)).

To obtain the optimum sensitivity, first, the gradient in the working point was determined. Since this is a constant given the measurement parameters and environment, a relatively long time-averaging measurement can be used. An average result is shown in Fig. 3b, which gives \( 1.56 \times 10^2 \text{ Intensity T}^{-1} \). Next, the uncertainty of a measurement in the working point is extracted by measuring this point 100 times (Fig. 3d) for a number of measurement times \( T_{\text{meas}} \) ranging from 13 s to 11 min. In Fig. 3e, the resulting \( DB_{\min} \) is fitted to \( \eta/\sqrt{T_{\text{meas}}} \), from which follows the sensitivity \( \eta = 9.1\times10^{-3} \text{ nT Hz}^{-1/2} \).

**Discussion**

At first, the AC magnetic field sensitivity might seem worse than the previously reported best of a single NV centre at room temperature\(^3 \). However, they used a different analysis method, which we investigated in order to compare (see Supplementary Note 6), which shows that we improved it by almost a factor of two. The reasons for this improvement are the longer \( T_2 \), the larger Rabi contrast (see Fig. 1a) and the higher photon count due to n-type diamond, and (to lesser account) the optimum sequence length (Supplementary Note 5). Please note that, although we demonstrated a synchronised measurement, other techniques are also limited by this optimal sensitivity, and hence any technique will have an improved sensitivity using our sample.

That the doping of phosphorus extends the spin-coherence times and gives better magnetic field sensitivities is against intuition, because phosphorus is paramagnetic at room temperature in diamond due to a large activation energy of 0.57 eV\(^{28} \) and thus causes magnetic noise. The time extensions in n-type diamond are considered to be due to charging of the vacancies, which suppresses the formation of paramagnetic vacancy complexes during growth. Potentially, this mechanism is similar to the recently reported interpretation of suppression of vacancy creation during ion-implantation through a sacrificial boron-doped p-type layer\(^{22} \). During the CVD growth, it is known that many vacancies are generated\(^{21} \), which causes generation of thermally stable impurity-vacancy and multi-vacancy complexes\(^{16,32,33} \). However, their generation can be suppressed by Coulomb repulsion of charged vacancies in n-type diamond,
**Fig. 2** $T_2$ and $T_2$ in sample C. a Pulse sequence for a free-induction decay (FID) measurement, with a complete sequence illustrated at the bottom. b Result of FID measurement (data with blue crosses, sinusoidal exponential-decay fit with red line, $T_2 = 1.54 \pm 0.05$ ms). Please note the breaks on the horizontal axis; all data are fitted with a single function. c Pulse sequence for a Hahn-echo measurement. When applying a final $+\pi/2$-pulse, the spin is rotated towards the |0 state ($S_{\text{P}}$ measurement); for a final $-\pi/2$-pulse, the spin is rotated towards the |1 state ($S_{\text{C}}$ measurement). d Results for the $S_{\text{P}}$ measurement (blue crosses) and for the $S_{\text{C}}$ measurement (cyan circles). The top and bottom black dashed lines correspond to a maximum population of the |0 and |1 states, respectively. The middle black dashed line is when both states are populated equally. e Echo signal derived from subtracting d's $S_{\text{C}}$ from d's $S_{\text{P}}$ (data with blue crosses, exponential-decay fit with red line, $T_2 = 2.43 \pm 0.06$ ms). The dashed black line at 0 indicates when the states are populated equally.

**Fig. 3** Alternating current (AC) magnetic field measurement. a Pulse sequence for a $B_{AC}$ measurement. It is a Hahn-echo sequence (see Fig. 2c) with a synchronised sinusoidal AC magnetic field, which changes its sign during the $\pi$-pulse. Hence, the final phase depends on the magnetic field amplitude. A total sequence for a measurement like b is given at the bottom, where the amplitude of the magnetic field is increased at each Hahn-echo sub-sequence. The final $\pi/2$-pulse is along the $y$ axis, so that, at $B_{AC} = 0$ T, the gradient is at a maximum. b Single measurement to find the working points that have the maximum gradient (100,000 iterations, data with blue crosses, sinusoidal fit with red line). The working point indicated with an orange circle is an example, the dashed arrows show how a measured intensity translates to a magnetic field amplitude. c Theoretical sensitivity vs the time period of the magnetic field derived from the $T_2$ data (see Supplementary Note 5), giving an optimum period $T_{\text{optimum}} = 1/\sqrt{B_{AC}}$ of 1.2 ms. The inner-magenta/outer-purple dotted vertical lines mark the range of periods for which the difference with the optimum sensitivity remains within 2%/10%, respectively. d Histogram of the repeatedly measured Hahn-echo intensity at working point $B_{AC} = 0$ T to determine the uncertainty $\sigma$. For the vertical axis of b and the horizontal axis of d, the same units and scale are used (since the same analysis method is applied), so they cancel when computing $\delta B_{\text{min}}$. e Logarithmic plot of $\delta B_{\text{min}}$ vs $T_{\text{max}}$ (data with blue crosses, fit to $\delta B_{\text{min}} = \eta/T_{\text{max}}$ with red line, $\eta = 9.1 \pm 0.3$ nT Hz$^{-1/2}$).
the longitudinal spin-relaxation time \( T_1 \). We applied Carr– Purcell–Meiboom–Gill (CPMG) dynamical-decoupling sequences\(^{35-37} \) with common-mode noise rejection, and \( T_{2,dd} = 3.3 \) ms was derived (for 512 \( \pi \)-pulses, see Fig. 4a). Although \( T_{2,dd} \) is longer than \( T_2 \), it is still shorter than \( T_1 \) (~6–7.5 ms\(^{2,20} \)). To obtain information about the sources of decoherence, we carried out noise spectroscopy and \( T_1 \) measurements.

The noise spectrum of deep NV centres can be analysed by a single Lorentzian\(^{36} \). For our data (see Fig. 4b), since the cut-off frequency eludes us, we fixed it as the highest probed frequency (thus \( \tau_c \leq 0.25 \) \( \mu \)s, the intracorrelation time of the bath spins) and fitted to find the minimum for \( \Delta \) (\( \Delta \approx 0.1 \) MHz, the average coupling strength of the bath to the NV centre's spin). The minimum density of the paramagnetic impurities/defects \( n_{\text{para}} \) was derived from \( \Delta \) under the assumption that the noise source originates from dipolar interaction between these and the NV centre only (\( n_{\text{para}} \approx \Delta/\alpha \) with \( \alpha \approx 3.3 \times 10^{-13} \) \( \text{s}^{-1} \) cm\(^{-3} \)), giving \( 3 \times 10^{12} \) cm\(^{-3} \).

For a Lorentzian bath, in the limit of very short coherence times (\( \tau_c \ll T_2 \)), the dynamical-decoupling sequence is inefficient and there is no improvement with the number of pulses\(^{36} \). In addition, there is a limitation to the \( \pi \)-pulse duration, and their spacing restricts the maximum CPMG filter frequency\(^{38} \). We consider that these explain why the decoupling technique is not very effective for the extension of \( T_2 \).

As for the contribution of nuclear spins, it is shown theoretically\(^{39} \) and experimentally\(^{15} \) that the concentration of nuclear spins inversely proportionally affects the \( T_2 \) of the electron spin. From the extrapolation of their results for the concentration of nuclear spins in our sample, the contribution of the nuclear spin to the decoherence is considered to be very small. From the applied external magnetic field (1.8 mT), the Larmor frequencies of the nuclear spins of \( ^{14}\text{N}, \ ^{13}\text{C}, \ ^{31}\text{P}, \) and \( ^{1}\text{H} \) were calculated and they are indicated in Fig. 4b. They were not detected in the noise spectrum, which indicates as well that the contribution of the nuclear spins to the decoherence is small. For \( ^{13}\text{C} \), this is consistent with its expected density (0.002%).

Additionally, to infer an effect of electric-field noise, \( T_1 \) is measured with single and double quantum measurements\(^{38} \). The relaxation rates \( \Omega \) (between \( m_s = 0 \) and \( m_s = \pm 1 \), related to the magnetic field noise) and \( \gamma \) (between \( m_s = 1 \) and \( m_s = -1 \), related to the electrical noise) were derived by fitting as shown in Fig. 4c. From fitting of the results of the NV centre that shows the longest \( T_2 \), the rates are \( \Omega \approx 45 \text{s}^{-1} \) and \( \gamma \approx 1.2 \times 10^2 \text{s}^{-1} \). In addition, we measured the rates of the NV centres that show shorter \( T_2 \) in several phosphorus-doped samples (see Supplementary Note 7). In contrast to the previously reported rates for shallow NV centres\(^{38} \), they show \( 3\Omega > \gamma \), which indicates that magnetic noise is more prevalent in our samples, since for NV centres the actual single quantum \( 1/T_1 = 3\Omega + \gamma \). Please note that this is the \( T_1 \) limiting \( T_2 \), which is actually just 3.9 ms for this NV centre, not to confuse with the \( T_1 \) as given earlier (6 ms\(^{20} \), 7.5 ms\(^{2} \), and in our NV centre 7.4 ms), which means our \( T_{2,dd} \) is about 85% of the limiting \( T_1 \).

In conclusion, in our phosphorus-doped n-type diamond sample, we were able to measure the longest \( T_2 \) and \( T_1 \), which leads to the best magnetic field sensitivities (among others such as temperature), which we confirmed for AC magnetic fields. The sensitivity improvements were not only due to the longer coherence times but also due to additional effects of our n-type diamond (increased Rabi contrast and photon count). From the above results, the main decoherence source is considered to be electron spins of impurities/defects. Analysing the noise spectrum estimates a minimum concentration of \( 3 \times 10^{17} \) cm\(^{-3} \), which is larger than the phosphorus concentration. As shown in Fig. 1b, the longest measured \( T_2 \) in diamond with \( [\text{P}] = 1 \times 10^{17} \) atoms cm\(^{-3} \) is shorter than that in diamond with \( [\text{P}] = 6 \times 10^{16} \) atoms cm\(^{-3} \), potentially because the phosphorus becomes the more dominant source of noise at higher concentrations. Therefore, elongation of \( T_2 \) could be realised by optimising the phosphorus concentration and by continuing to decrease the paramagnetic impurities and defects. Thus our research opens a new avenue for further extension of coherence times of NV centres using new synthesis techniques of quantum-grade diamond. Moreover, the elongation of coherence times in n-type semiconductor diamond paves the way to the development and application of diamond-based quantum-information, sensing, and spintronics devices.

**Methods**

**Phosphorus-doped diamond growth.** The films of phosphorus-doped diamond were grown by MW plasma-enhanced CVD (PECVD) in a 5-kW magnetron generator equipped with a load-lock system. The base pressure of the main reactor was \( \sim 2 \times 10^{-8} \) Torr before CVD growth. Source gases were hydrogen (purity: N9), 12C-enriched methane (enrichment level: 99.998%, purified by a zirconium absorber), and phosphine (N6, dilution ratio PH\(_3\)/H\(_2\) = 1000 ppm). The CH\(_4\)/H\(_2\) gas flow rate was at a constant value of 0.4%, and the PH\(_3\)/H\(_2\) ratio was varied from 12.5 to 2000 ppm. The gas pressure, total gas flow, and MW power were 150 Torr, 1000 sccm, and 3600 W, respectively. During PECVD growth, the plasma and substrate temperatures were measured by optical pyrometry and confirmed to be
stable. The incorporation of phosphorus was evaluated using secondary ion mass spectrometry. N-type conductivity, with a phosphorus donor level of 570 meV, and the electron mobilities were characterised by Hall-effect measurements. The electrodes were fabricated using the Van-der-Pauw contact configurations, and the details of the processes were the same as the ones reported previously. The mobilities depend on the phosphorus concentration and showed a scatter, but they were all above 800 cm² V⁻¹ s⁻¹ at 300 K, which are almost as high as the highest ones reported previously²⁸.

Data availability
The data that support the findings of this study are available from the corresponding author upon reasonable request.

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Author contributions
E.D.H. and Y.M. performed the experiments on the NV centres, assisted by T.D., M.F., I. T., and E.D.H. performed the data analyses and conceived the supplementary; N.M. conceived the idea to use n-type diamond and supervised the work; E.D.H. and N.M. wrote the manuscript, and all authors discussed it.

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