Network Pharmacology and Experimental Verification to Explore the Potential Mechanism of Yin-Huo-Tang for Lung Adenocarcinoma Recurrence

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Purpose: Yin-Huo-Tang (YHT) is a classic traditional Chinese prescription, used to prevent lung adenocarcinoma (LUAD) relapse by “nourishing yin and clearing heat”. In this study, the mechanism of YHT in LUAD recurrence was investigated.

Methods: Firstly, the bioactive compounds and targets of YHT, as well as related targets of LUAD recurrence, were collected from public databases. The protein–protein interaction network, Gene Ontology and Kyoto Encyclopedia of Genes and Genomes enrichment analyses were performed to find the pivotal compounds, hub genes, functional annotation and main pathways. Subsequently, RNA sequencing of recurrent tumor tissues from Lewis lung carcinoma mice treated with YHT was used to explore the main pathways. At the same time, pathways screened by network pharmacology and RNA sequencing analysis were considered the most important pathways. Finally, liquid chromatography mass spectrometry was used to validate the pivotal active ingredients. Molecular docking technology was performed to validate the binding association between the hub genes and the pivotal active ingredients. PCR and WB analysis were used to validate the main pathways.

Results: There were 128 active compounds and 419 targets interacting with YHT and LUAD recurrence. Network analysis identified 4 pivotal compounds, 28 hub genes and 30 main pathways. Sphingolipid signaling pathway was the common main pathway in network pharmacology and RNA sequencing results. The hub gene related to the sphingolipid signaling pathway was S1PR5. Qualitative phytochemical analysis confirmed the presence of 3 pivotal compounds, namely stigmasterol, nootkatone and ergotamine. The molecular docking verified that the pivotal compounds could good affinity with S1PR5. The PCR and WB analysis verified YHT suppressed Lewis lung cancer cells proliferation and migration by inhibiting the sphingolipid signaling pathway.

Conclusion: The potential mechanism and therapeutic effect of YHT against the recurrence of LUAD may be ascribed to inhibition of the sphingolipid signaling pathway.

Keywords: sphingolipid signaling pathway, traditional Chinese medicine, S1PR5, stigmasterol, nootkatone, ergotamine

Introduction

Lung adenocarcinoma (LUAD) is one of the most common malignancies with a rise in new cases worldwide each year. Early diagnosis and surgical treatment are of great importance.¹ Undergoing surgery for early-stage patients and performing adjuvant treatments according to the conditions of the patient are recommended, but about 30–50% of early-stage lung cancer patients would die within 5 years of recurrent diseases.² The pathogenesis of LUAD recurrence is closely related to lipid metabolism alterations,³ immune infiltration,⁴,⁵ gene mutations,⁶,⁷ cell proliferation,⁸ enhanced stemness, DNA repair deficiency, bacterial microbiome⁹ and angiogenesis.¹⁰ It is worth mentioning that the role of sphingolipid metabolism in tumor growth has attracted more and more attention in recent years.¹¹–¹³ The inhibition of S1P-S1P receptor signaling provided opportunity to develop new anticancer therapeutic strategy.
Graphical Abstract

Yin-Huo-Tang (YHT)

- Shudi
- Bajitian
- Fuling
- Maidong
- Wuweizi

Network Pharmacology

Drug Databases

Disease Databases

The Lewis Lung Carcinoma

Sphingolipid signaling pathway was the common main pathway

Validation
In the theory of traditional Chinese medicine (TCM), LUAD belongs to the category of “lung obstruction”, which can be treated by “nourishing yin and clearing heat”. Various Chinese herbal medicines and decoctions, such as *Rabdosia rosthornii* (Diels) H. Hara, *Tripterygium* Hook.f., *Ze-Qi-Tang* and Fei-Liu-Ping ointment have been reported to inhibit autophagy and apoptosis of tumor cell, angiogenesis and epithelial-to-mesenchymal transition (EMT) outside the tumor. Thus, TCM has an advantage in suppressing recurrence in lung cancer postoperative patients.

Yin-Huo-Tang (YHT) is famous for clearing “heat” and nourish “yin” in TCM, which was first published in Chen shiduo’s “Bian Zheng Qi Wen” of the Chinese Qing Dynasty. It consists of the *Rehmannia glutinosa* (Gaertn.) DC. (Chinese name: Shudi), the *Morinda officinalis* F.C. How (Chinese name: Bajitian), the *Poria cocos* (Schw.) Wolf (Chinese name: Fuling), the *Ophiopogon japonicus* (Thunb.) Ker Gawl. (Chinese name: Maidong) and the *Schisandra chinensis* (Turcz.) Baill. (Chinese name: Wuweizi). Currently, YHT is used to treat lung cancer based on the function of “nourishing yin and clearing heat”. However, the mechanism of YHT for treatment of LUAD remains unclear, impeding progress in clinical usage of YHT. Further studies are therefore necessary to explore the mechanisms involved.

The study aimed to explore the mechanism of YHT against the recurrence of LUAD. In recent years, network pharmacology has been widely used to reveal the mechanism of Chinese herbs. However, the number of bioactive compounds, targets and pathways predicted by network pharmacology is large. The workload of experimental verification is huge. In this study, network pharmacology was used to predict the initial bioactive compounds, targets and pathways. RNA sequencing was used to narrow the scope of predicted targets and pathways, liquid chromatography mass spectrometry was used to narrow the scope of bioactive compounds. Molecular docking technology was performed to validate the binding association between the hub genes and the pivotal active ingredients. PCR and WB analysis were used to validate the main pathways.

**Materials and Methods**

**Candidate Compounds and Targets Screening**

All of the chemical ingredients and targets of YHT were collected from the Traditional Chinese Medicine Systems Pharmacology database and Analysis Platform (TCMSP, [http://tcmspw.com](http://tcmspw.com)), Bioinformatics Analysis Tool for Molecular Mechanism of Traditional Chinese Medicine (BATMAN-TCM, [http://bionet.ncpsb.org.cn/batman-tcm/](http://bionet.ncpsb.org.cn/batman-tcm/)) and wide-scale searches of the literature. The compounds and targets that met the criteria of oral bioavailability ≥30% and drug similarity ≥0.14 in TCMSP, and score cutoff >30, adjusted P value <0.05 in BATMAN-TCM were chosen for further analysis.

**Identification of Disease Targets**

We retrieved LUAD recurrent protein targets from GeneCards ([https://www.genecards.org/](https://www.genecards.org/)) and OMIM databases ([https://omim.org/](https://omim.org/)). After eliminating duplicates, the potential targets for LUAD recurrence were identified. Overlapping targets from drug and disease were obtained for further study. All the targets were standardized through UniProt database ([https://sparql.uniprot.org/](https://sparql.uniprot.org/)).

**Functional Annotation and Pathway Enrichment Analyses**

R software version 4.1.1 ([https://www.r-project.org/](https://www.r-project.org/)) and the “clusterProfiler”, “colorspace”, “stringi”, “stringr”, “ggplot2” packages were used to perform Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) functional enrichment analyses. P values <0.05 were considered to be statistically significant.

**Protein–Protein Interaction (PPI) Data**

The Search Tool for the Retrieval of Interacting Genes database (STRING, [https://www.string-db.org/](https://www.string-db.org/)) was used to construct a PPI network of the detected targets. Interaction score >0.9 was considered statistically significant. Furthermore, the result of the PPI network was imported into the Cytoscape (version 3.7.1) plugin to create network visualizations and screened the hub genes with cytoHubba plugin.
Network Construction
Cytoscape (version 3.7.1) software was used to construct drug-active ingredients-hub genes-disease network diagrams.\textsuperscript{34}

Preparation and Qualitative Phytochemical Analysis of YHT
YHT granule was purchased from Beijing Tcmages Pharmaceutical Co., LTD (Beijing, China). It consists of five common Chinese herbal extracts: \textit{Rehmannia glutinosa} (Gaertn.) DC., the \textit{Morinda officinalis} F.C. How, the \textit{Poria cocos} (Schw.) Wolf, the \textit{Ophiopogon japonicus} (Thunb.) Ker Gawl. and the \textit{Schisandra chinensis} (Turcz.) Baill., as listed in Table 1. The five granules were mixed in water with a ratio of 30:10:10:5:2. Chromatographic separation was accomplished in a Thermo Ultimate 3000 system. We used the methods described in the Chinese Pharmacopoeia.\textsuperscript{37}

Chemical Reagents
Cisplatin was obtained from QILU PHARMACEUTICAL (Shandong, China). Pentobarbital sodium salt was obtained from Sigma-Aldrich (St. Louis, MO, USA). Sodium chloride for injection was obtained from Tiancheng Pharmaceutical (Hebei, PR China). Absolute ethanol and isopropanol were obtained from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China).

Cell Culture
Lewis lung cancer cell (LLC) lines LL/2 (LLC1) were obtained from the Cell Bank of Chinese Academy of Sciences (Shanghai, China). The cells were maintained in a high-glucose DMEM (Gibco, Gaithersburg, MD) supplemented with 10% fetal bovine serum (Gibco, Gaithersburg, MD), penicillin (100 U/mL, Gibco) and streptomycin (100 μg/mL, Gibco) at 37°C in a CO2 incubator.

Animals and Experimental Groups
Fifty SPF C57BL/6 mice (50 males) weighing between 18 g and 22 g were purchased from the SPF (Beijing) Biotechnology Co., Ltd. (Beijing China, License No. SYXK 2019–0010). The animal experiment was approved by the Animal Ethics Committee of the SPF (Beijing) Biotechnology Co., Ltd. on November 15, 2020 (No. AW2020111501), as showed in Figure S1. All laboratory procedures were performed following the Regulations for the Administration of Affairs Concerning Experimental Animals approved by the State Council of the People’s Republic of China. During the experiment, the operating procedures of experimental animals were strictly followed and the welfare of animals was guaranteed, and the name of the guidelines followed for the welfare and treatment of the laboratory animals was the Laboratory Animals Guidelines for Ethical Review of Welfare (GB/T 35892–2018, General Administration of Quality Supervision, Inspection and Quarantine of the People’s Republic of China, Standardization Administration of the People’s Republic of China).

Table 1 Compositions of YHT

| Latin Name                      | Chinese Name | Dose of Herbal Medicine (g) | Dose of Granules (g) | Leaching Rate of Granules in Water | Production and Lot Number |
|--------------------------------|--------------|-----------------------------|---------------------|-----------------------------------|---------------------------|
| \textit{Rehmannia glutinosa} (Gaertn.) DC. | Shudi | 90 | 9 | 23.3% | Henan (China) 19007601 |
| \textit{Morinda officinalis} F.C. How | Bajitian | 30 | 3 | 10% | Guangdong (China) 18031421 |
| \textit{Poria cocos} (Schw.) Wolf | Fuling | 30 | 3 | 10% | Fuling (China) 19014801 |
| \textit{Ophiopogon japonicus} (Thunb.) Ker Gawl. | Maidong | 15 | 1.5 | 26% | Sichuan (China) 19010501 |
| \textit{Schisandra chinensis} (Turcz.) Baill. | Wuweizi | 6 | 0.6 | 18% | Liaoning (China) 19013262 |
The animals were randomly divided into five groups (n = 10/group): model (Mod), Cisplatin (Cis), YHT low-dose (YHT-L), YHT medium-dose (YHT-M) and YHT high-dose (YHT-H). The high dose is the dose documented in “Bian Zheng Qi Wen”. Because the dose recorded in the book was already higher than the doses of other Chinese herbal medicine prescriptions, the ratio of the three doses of high, medium and low was 4:2:1.

Lewis lung cancer cells (2 × 10⁶ in 200 μL serum-free DMEM) were injected s.c. into the right armpit of mice. The subcutaneous tumors were removed 14 days after Lewis lung cancer cells injection. Then, all the mice were given the drug treatment for 14 days. The Mod group and Cis group received normal saline (10 mL/kg/d, intragastric). The Cis group was given cisplatin (3mg/kg/d, intraperitoneal injection) once a week, all the other groups were given the same volume of saline (intraperitoneal injection). Group YHT-L, YHT-M and YHT-H received YHT (5.5575g/kg/d, 11.115g/kg/d, and 22.23g/kg/d, respectively, intragastric, calculated by dose of herbal medicines). On day 28 after the injection of tumor cells, all animals were sacrificed to collect relevant samples.

Immunohistochemistry
Tumor tissues were completely stripped after all the animals had been sacrificed. One side of the tumor tissues was used for immunohistochemistry staining, according to methods described in a previous study. Primary antibody used was anti-Ki-67 (Abcam, USA). Other tumor tissues were prepared for further analysis.

RNA Sequencing
RNA sequencing was based on the Illumina Novaseq 6000 platform. The sequencing experiment used the Illumina TruseqTM RNA sample prep kit method for library construction. The Differential Expression Genes (DEGs) between the tumor samples of Mod group and YHT-H group were screened by EdgeR. R software was used to perform KEGG pathway enrichment analysis. Three tumor tissues were randomly selected from each group for RNA sequencing experiment.

Real-Time Quantitative Polymerase Chain Reaction (PCR)
Three tumor tissues were randomly selected from each group for real-time quantitative PCR, according to the methods described in our previous study. The primer sequences of relative genes are listed in Table 2.

Western Blot
Three tumor tissues were randomly selected from each group for Western blot analysis, according to the methods described in our previous study. Primary antibodies used were as follows: S1P (Bioss, Beijing, China); S1PR5

| Table 2 The Primer Sequences of Relative Genes |
| --- |
| Gene | Forward | Reverse |
| β-actin | 5’-CTACCTCATGAAGATCCTGACC-3’ | 5’-CACAGCTTCTTGGTAC-3’ |
| S1P | 5’-GACTTCATGGATCATCCGCTTG-3’ | 5’-AAAAGCCGAGCAGTATTCCTC-3’ |
| S1PR5 | 5’-TCGTTGCGGATGCTGC-3’ | 5’-GGATGCTTCTGTTTACAG-3’ |
| GNAI1 | 5’-CTAAAGCGGAGGAAGATCAG-3’ | 5’-GGATCCTCTATGTTTACAG-3’ |
| KRAS | 5’-TGCTTCTCTAGAAGACGTAAC-3’ | 5’-CTTTGCTTGAAGTCTCAG-3’ |
| RAF1 | 5’-ACATCAACCAACCCAGACATTATCCTCACTC-3’ | 5’-CACAGTCACCCCAACCTCTCC-3’ |
| MER1 | 5’-GACTTCTGAGTAGCCAGCAAGCA-3’ | 5’-GTGGTGCCTTCGTCTTATA-3’ |
| ERK1 | 5’-ATCTCAACAAAGCTTCGATGCTG-3’ | 5’-ATGGAATGCTTCTGTTTATGATA-3’ |
| PI3K | 5’-AACAAAGCGAGGAACCTTATG-3’ | 5’-TAATGACCGCAATGCTCATTCAA-3’ |
| RAC1 | 5’-CCACTGTTCCCAATCTTCCTC-3’ | 5’-CCACTGTTCCCAATCTTCCT-3’ |
Molecular Docking

The physicochemical and absorption, distribution, metabolism, and excretion (ADMET) parameters of pivotal compounds were predicted using an online webserver ADMETlab 2.0 (https://admetmesh.scbdd.com). Drug-like properties were assessed based on the prediction of Lipinski’s “rule of 5”, including molecular weight, logP value, number of hydrogen bonds donor, and acceptor.

The structures of the pivotal compounds were obtained from PubChem (https://pubchem.ncbi.nlm.nih.gov). The crystal structure of the protein was obtained from RCSB PDB (https://www.rcsb.org). The compounds were docked to the active pocket of protein by AutoDock Vina 1.1.2 program. The best docking score poses were used to perform molecular dynamics (MD). MD simulations were performed using AMBER18 software package. Before MD, the topology and coordinate files required for the simulation were prepared by CHARMM-GUI (http://www.charm-gui.org) web. The process includes: complex embedded in a 2:2:1 POPC:POPE:Cholesterol Lipid Bilayer; describing acceptor AMBER force field ff14SB, topology and parameter files for the ligands were generated using the latest CGenFF via CHARMM-GUI. Immersed the complex system into a rectangular periodic box of pre-equilibrated TIP3P water with at least 12 Å distance around the complexes; Added appropriate numbers of NA+/CL- ions to maintain the electroneutrality of the simulation system.

During the simulation, the following sophisticated protocol was followed. Initially, each system was minimized through 2500 steps of steepest descent followed by 2500 steps of conjugate gradient method. After energy minimization, each system was gradually heated at constant volume from 0 K to 298.15 K over a coupling time of 100 ps with position restraints. To accommodate the solvent density, the whole system was equilibrated over 100 ps at a constant pressure of 1 bar. Subsequently, another 320 ps pre-equilibration was performed for pressure relaxation with a weak restraint on the protein backbone. After that, 100 ns MD simulation was conducted for each system to produce trajectories. In these simulations, periodic boundary conditions were employed, and the direct space interaction was calculated by using the particle mesh Ewald method with a long-range electrostatic interaction. All bonds involving hydrogen atoms were constrained with the SHAKE algorithm allowing an integration time step of 2 fs. The protein dynamic trajectories obtained from the simulations will be used for further studies. In addition, we performed a molecular dynamics simulation of 4 ns at the same parameters but without Lipid Bilayer, which was used for MM-GBSA calculations.

Statistical Analysis

The calculated results were mean ± standard deviation of at least 3 independent experiments. All the statistical analysis was done using SPSS20.0 (SPSS Inc., Chicago, IL, USA). P < 0.05 was considered statistically significant. The differences between the groups were examined using ANOVA, chi-square test and two-tailed unpaired Student’s t-test.

Results

Compound Information

A total of 149 candidate compounds were selected through TCMSP and BATMAN-TCM databases, of which 23 only from Ba jitian, 12 only from Fuling, 16 only from Maidong, 78 only from WuWeizi, 1 common from Bajitian and Shudi, 17 common from Fuling and Wuweizi, 2 common from Shudi and Maidong, as listed in Table S1.

Targets in YHT Active Against LUAD Recurrence

A total of 111,170 targets directly and indirectly related to LUAD relapse were obtained, and 487 YHT-related objectives were obtained, as listed in Table S2. A total of 419 shared targets were obtained, as shown in Figure 1A and listed in Table S2.
There were 128 active ingredients correlated with the 419 common targets. Active ingredients-gene symbols network was shown in Figure S2 and Table S3. And four pivotal active ingredients were identified with degree ≥46, namely stigmasterol, epiguaipyridine, nootkatone and ergotamine.

**Construction of PPI Network and Identification of Hub Genes**

The PPI relationship of 419 target genes was obtained with STRING tool, and the minimum interactive score was 0.9 (Figure 1B). The genes evaluated by maximal clique centrality (>87178291119, Figure 1C) and the degree (>22, Figure 1D) were identified: S1PR5, PTGER3, OPRM1, OPRL1, MTNR1B, MTNR1A, HTR1D, HTR1B, HTR1A, DRD4, DRD3, DRD2, CXCR4, CX3CR1, CNR2, CNR1, CHRM2, ANXA1, ADRA2C, ADRA2B, ADRA2A, ADORA3, ADORA1, ADCY1, ADRB2, F2, PIK3CA, PIK3R1.

**Drug-Active Ingredients-Hub Genes-Disease Network Analysis**

Drug-active ingredients-hub genes-disease network is shown in Figure 2, and the more details were listed in Table S4. There were 5 Chinese herbs, 48 active ingredients and 28 hub genes in the network.
GO and KEGG Pathway Enrichment Analyses

The 419 common target genes were enriched with GO and KEGG analysis. It turned out that the main biological processes were “oxidation-reduction process”, “response to hypoxia”, “regulation of postsynaptic membrane potential”, “regulation of ion transmembrane transport”, “G-protein coupled receptor signaling pathway” and “coupled to cyclic nucleotide second messenger”; the cellular component terms were enriched in “plasma membrane”, “integral component of plasma membrane”, “voltage-gated sodium channel complex”, “GABA-A receptor complex and postsynaptic membrane”; the molecular function terms were enriched in “drug binding”, “extracellular ligand-gated ion channel activity”, “L-ascorbic acid binding”, “GABA-A receptor activity” and “voltage-gated sodium channel activity”. In terms of signaling pathway enrichment analysis, we found target genes mainly focused on inflammation, metabolism, immune responses, and apoptosis, such as “Purine metabolism (hsa00230)”, “AMPK signaling pathway (hsa04152)”, “Human cytomegalovirus infection (hsa05163)”, “Apoptosis (hsa04210)”, “Insulin signaling pathway (hsa04910)”, “Sphingolipid signaling pathway (hsa04071)”, “Human immunodeficiency virus 1 infection (hsa05170)” and “Human T-cell leukemia virus 1 infection (hsa05166)” (Figure 3). According to the enrichment analyses, the mechanism of YHT could be summed up to inflammation, metabolism, immune responses, and apoptosis.

Identification of the Chemical Constituents in Yin-Huo-Tang

Figure 4 gives a typical total ion chromatograms (TICs) of non-volatile components extracted by YHT. Although TICs are complex, most chromatographic peaks can be well separated. Chemical compositions of YHT water extracts determined were shown in Tables S5–S7. Three of the four pivotal active ingredients obtained from the network pharmacology analysis were identified through qualitative phytochemical analysis, namely stigmasterol, nootkatone and ergotamine.

In vivo Validation of the Efficacy of Yin-Huo-Tang

We established a Lewis lung cancer mouse model and evaluated the potential therapeutic effect of YHT.
During the first 7 days of treatment, the weights of all animals gradually increased. During the last 7 days of treatment, the weights of the model and Cisplatin-treated mice decreased. During the last 3 days of treatment, the body weights of YHT-L, YHT-M and YHT-H mice decreased. On the tenth day, body weight of the Cis group was the lowest (P < 0.05, Figure 5). However, after 14 days of treatment, there was no significant difference, which was related to the increasing tumor burden. During the drug treatment, the tumor volumes of all mice gradually increased. On the fourteenth day, tumor volumes of Cisplatin-treated and YHT-H-treated mice were significantly lower than those of the model, YHT-M-treated and YHT-L-treated mice (P < 0.05, Figure 5). The number of recrudescent mice was potentially reduced in the cisplatin and YHT-H treatment groups compared to the model group after treatment for 4 days (Table 3). After treatment for 7 days, the tumor had recurred in all mice, which was related to the high invasiveness of Lewis lung carcinoma cells. As expected, cisplatin and YHT-H decreased Ki-67 (a marker of cell proliferation) in tumor tissues (Figure 6). We believed that high doses of YHT could significantly inhibit the recurrence of lung adenocarcinoma.

RNA sequencing was used to explore the mRNA expression differences between tumor tissues in the model mice and YHT-H-treated mice. There were 2099 differentially expressed genes, including 1041 upregulated and 1058 downregulated (Figure 7). KEGG analysis was used to analyze the functional enrichment of important modules. The top 15 potential signaling pathways are listed in Figure 7. “Sphingolipid signaling pathway” and “Non-alcoholic fatty liver disease (NAFLD) pathway” were predicted by RNA sequencing and network pharmacological analysis at the same time. Sphingolipid signaling pathway was related to cell survival proliferation, migration and cytoskeletal events (Figure 8). S1PR5 was one of the hub genes identified by network pharmacology, which contained in sphingolipid signaling pathway. According to the details of the sphingolipid signaling pathway, S1PR5 played an important role through S1P/S1PR5/GNAI1 signaling (Figure 8). Then, we verified the inhibition of YHT-H for sphingolipid signaling pathway by PCR and WB analysis. As expected, YHT-H suppressed Lewis lung cancer cells proliferation by inhibiting S1P/S1PR5/GNA1/KRAS/RAF1/MEK1/ERK1/2 pathway, and inhibited migration through S1P/S1PR5/GNAI/PI3K/RAC1 pathway (Figure 9). YHT could inhibit the recurrence of LUAD by modulating the sphingolipid signaling pathway.

**Molecular Docking**

Lipinski’s “rule of five” can be used to illustrate the drug-like properties for small molecules that are related to the oral bioavailability characteristic, including logP value (<5), molecular weight (<500), number of hydrogen bonds for the donor (<5) and acceptor (<10). If two properties are out of range, a poor absorption or permeability is possible, one is acceptable Table 4 reveals the drug-likeness parameters of the stigmasterol, nootkatone and ergotamine according to
Lipinski’s “rule of five”. These compounds also showed a high absorption parameter. For distributions, stigmasterol is shown to have the best distribution properties. Nootkatone displays optimal PPB and VD properties, but BBB penetration is mediocre. Ergotamine is the same as Nootkatone.

Cytochrome P450 3A4 (CYP3A4), Cytochrome P450 2D6 (CYP2D6), Cytochrome P450 2C9 (CYP2C9) were common drug-metabolizing enzymes in the human. The results obtained in ADMETlab 2.0 showed that the structures of stigmasterol and ergotamine were substrates and inhibitors of CYP3A4, ergotamine also was inhibitor of CYP2C9, and stigmasterol was also substrate of CYP2D6. Additionally, nootkatone was neither an inhibitor nor a substrate of these enzymes.

Nootkatone and ergotamine could have long half-lives and good clearance levels. For stigmasterol, these two indicators were poor.

Stigmasterol, nootkatone and ergotamine had no predicted risk for the development of hERG, hepatotoxicity or mutagenicity. Ergotamine alone might be rat oral acute toxicity.

The root mean square deviation of the molecular dynamic simulation can reflect the motion process of the complex, and the violent fluctuations indicate that the movement is intense, and conversely, the movement is smooth. As shown in

Figure 4 TICs of the water extract of YHT by liquid chromatography mass spectrometry. (A) TIC of YHT in positive ion mode; (B) TIC of YHT in negative ion mode.
stigmasterol, nootkatone and ergotamine fluctuated smoothly during the simulation, indicating that the binding was relatively stable. The fluctuation of proteins during MD to different molecules is not used. For example, in the Nootkatone-S1PR5, the protein behaves smoothly in the mid to late stage of the simulation (Figure 10C). As shown in the left figure (Figure 10D), the protein helix is a whole move toward the center of the molecule, making it possible for the protein to become more stable. For stigmasterol and ergotamine, the protein swings in during MD simulation (Figure 10A and E), meaning that these two molecules affect the protein structure. Further, we found that this effect is mainly to squeeze out the helix of the protein outward. This could be a key phenomenon that has the potential for small molecules to exert activity.

Based on MD simulations, the binding free energies for stigmasterol, nootkatone and ergotamine were calculated through the molecular mechanics with generalized born and surface area solvation (MM-GBSA) method. The

**Figure 5** Body weight, tumor volume of mice. (A and B) On the tenth day, body weight of the Cis group was the lowest. However, there was no significant difference among them after drug treatment for 14 days; (C and D) After drug treatment for 14 days, tumor volumes of Cisplatin-treated and YHT-H-treated mice were significantly lower than those of the model, YHT-M-treated and YHT-L-treated mice. Error bars are means ± SD, n= 10. P values by one-way analysis of variance. *P<0.05 and **P<0.01.

**Figure 10**, stigmasterol, nootkatone and ergotamine fluctuated smoothly during the simulation, indicating that the binding was relatively stable. The fluctuation of proteins during MD to different molecules is not used. For example, in the Nootkatone-S1PR5, the protein behaves smoothly in the mid to late stage of the simulation (Figure 10C). As shown in the left figure (Figure 10D), the protein helix is a whole move toward the center of the molecule, making it possible for the protein to become more stable. For stigmasterol and ergotamine, the protein swings in during MD simulation (Figure 10A and E), meaning that these two molecules affect the protein structure. Further, we found that this effect is mainly to squeeze out the helix of the protein outward. This could be a key phenomenon that has the potential for small molecules to exert activity.

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**Table 3** Tumor Recurrence Information

| Group | Recurrence Rate on Day 4 | P value<sup>a</sup> | Recurrence Rate on Day 7 | P value<sup>a</sup> |
|-------|--------------------------|---------------------|--------------------------|---------------------|
| Mod   | 100%                     | -                   | 100%                     | -                   |
| Cis   | 71.4%                    | 0.008               | 100%                     | -                   |
| YHT-L | 100%                     | -                   | 100%                     | -                   |
| YHT-M | 100%                     | -                   | 100%                     | -                   |
| YHT-H | 75%                      | 0.003               | 100%                     | -                   |

Note: <sup>a</sup>versus Mod group.
stigmasterol, nootkatone and ergotamine presented binding free energy values of $-64.85 \pm 4.62 \text{ kJ/mol}$, $-35.33 \pm 0.95 \text{ kJ/mol}$, and $-52.45 \pm 2.06 \text{ kJ/mol}$, respectively (Table 5). The docking of S1PR5 and pivotal active ingredients was mainly through the following seven interaction forms, including conventional hydrogen bond, pi-alkyl, alkyl, pi-sigma and pi-donor hydrogen bond (Figure 11). For all compounds, van der Waals energy showed the highest negative contributions to the binding free energy. For nootkatones, low electrostatic energy may be responsible for the low overall binding energy.
Discussion
As described in the introduction, YHT is a classic traditional Chinese prescription used to prevent LUAD recurrence by “nourishing yin and clearing heat”. In this study, we firstly predicted the possible pharmacological mechanism of YHT through a network pharmacology approach, and carried out molecular docking and experiment applying Lewis lung carcinoma mice to identify it.

Qualitative phytochemical analysis of the water extract of YHT confirmed stigmasterol, nootkatone and ergotamine were the pivotal active ingredients of YHT against LUAD recurrence. It has been reported that stigmasterol could cause several cancer cell apoptosis, such as ovarian cancer, gastric cancer, and cholangiocarcinoma. However, the role of stigmasterol in lung cancer has rarely been reported. Nootkatone inhibited the growth of A549 cells and induced G1 cell
cessation by activating AMPK via LKB1-independent and CAMKK2-dependent pathways.\textsuperscript{20} Ergotamine was a vasoconstricting agent, which could cause toxicity and inhibit tumor growth.\textsuperscript{51} The anti-tumor mechanism of ergotamine is still unclear, and it is worthy of further investigation. The previous literature reports support our findings. Our research also provides a direction for the development of new anti-lung cancer drugs.

In vivo experiments confirmed YHT-H reduced the postoperative recurrence of Lewis lung carcinoma and inhibited tumor cell proliferation (Figures 5 and 6). This dose was the dose documented in “Bian Zheng Qi Wen”. This provided evidence for the scientificity of the dosage of TCM prescriptions recorded in ancient medical books.

RNA sequencing, mRNA and protein expression of tumor tissues confirmed that sphingolipid signaling pathway was one of the most important mechanisms of YHT treating LUAD recurrence (Figures 7 and 9). YHT-H suppressed Lewis lung cancer cells proliferation by inhibiting S1P/S1PR5/GNAI1/RAF1/MEK1/ERK1/2 pathway, and inhibited migration through S1P/S1PR5/GNAI1/PI3K/RAC1/ERK1/2 pathway (Figure 9). The hub gene related to the sphingolipid

![Figure 9](https://doi.org/10.2147/DDDT.S343149)
signaling pathway was S1PR5. S1P can act on S1P receptors to promote tumorigenesis, and operate between cancer cells and fibroblasts to promote metastasis of cancer cells. And it had been reported that S1PR5 had the highest expression level among all the S1P receptors in malignant human tissues. The mitogen-activated protein kinase (MAPK) pathway

**Table 4** Prediction of Physicochemical and ADMET Parameters

| Parameters                  | Stigmasterol | Nootkatone | Ergotamine |
|-----------------------------|--------------|------------|------------|
| Drug-likeness               |              |            |            |
| Molecular weight            | 412.37       | 218.17     | 581.26     |
| logP                        | 7.5          | 3.798      | 3.352      |
| H-bond acceptor             | 1            | 1          | 10         |
| H-bond donor                | 1            | 0          | 3          |
| A (Absorption)              |              |            |            |
| Human intestinal absorption (HIA) | 0.009      | 0.004      | 0.012      |
| Caco-2 permeability (Optimal: higher than −5.15 Log unit) | −4.576 | −4.664 | −5.028 |
| D (Distribution)            |              |            |            |
| Plasma protein binding (PPB, Optimal: < 90%. Drugs with high protein-bound may have a low therapeutic index.) | 88.12% | 67.24% | 88.90% |
| Volume Distribution (VD, Optimal: 0.04–20L/kg) | 1.629 | 1.634 | 3.21 |
| Blood-brain barrier penetration (BBB) | 0.178 | 0.739 | 0.55 |
| M (Metabolism) (The output value is the probability of being substrate.) |              |            |            |
| CYP450 3A4 inhibition       | 0.832        | 0.459      | 0.954      |
| CYP450 3A4 substrate        | 0.815        | 0.345      | 0.961      |
| CYP450 2D6 inhibition       | 0.295        | 0.015      | 0.115      |
| CYP450 2D6 substrate        | 0.59         | 0.227      | 0.152      |
| CYP450 2C9 inhibition       | 0.346        | 0.16       | 0.946      |
| CYP450 2C9 substrate        | 0.083        | 0.376      | 0.115      |
| E (Excretion)               |              |            |            |
| Half time (t1/2)(long half-life: >3h; short half-life: <3h. The output value is the probability of having long half-life.) | 0.036 | 0.697 | 0.566 |
| Clearance (mL/min/kg)(High: >15 mL/min/kg; moderate: 5–15 mL/min/kg; low: <5 mL/min/kg) | 4.515 | 10.968 | 14.965 |
| T (Toxicity) (The output value is the probability of being toxic.) |              |            |            |
| hERG inhibition             | 0.31         | 0.009      | 0.117      |
| Hepatotoxicity              | 0.188        | 0.189      | 0.18       |
| Rat oral acute toxicity     | 0.386        | 0.037      | 0.747      |
| Ames mutagenesis            | 0.005        | 0.143      | 0.022      |
is a key cell signaling pathway involved in regulating cellular growth, proliferation, and survival. RAC1 is critical for cellular adhesion, migration, motility and cell proliferation. PI3K/AKT signaling pathway induced RAC1 expression and activity, and then enhanced cell proliferation, survival, migration and metastasis.

Molecular Docking showed S1PR5 could docking well with the 3 pivotal active ingredients. This further proved that YHT suppressed lung cancer recurrence by inhibiting the sphingolipid signaling pathway. Combined with the results of qualitative phytochemical analysis, we believe stigmasterol, nootkatone and ergotamine play significant roles. The results of the PCR and WB analysis confirmed the scientificity of the prediction of molecular docking. The details of the

Figure 10 Binding stability and changes in protein conformation. The root means square deviation (RMSD) plot of the systems during the 100ns MD simulations (A, C, E). The change of protein poses during MD (B, D, F). Cyan indicates pre-simulation pose, wheat represents after simulation pose, the purple arrow indicates the direction of helix motion.
molecular docking provide directions for the study of the detailed mechanism. The application of the docking approach will assist in developing the drug in the most cost-effective and time-saving manner.\textsuperscript{55}

The findings of the study confirmed the rationality of the application of multidisciplinary research methods in the field of Chinese medicine.

**Conclusions**

This study combined the methods of network pharmacology, RNA sequencing, liquid chromatography mass spectrometry, molecular docking, and experimental verification to explore the mechanism of YHT against LUAD recurrence. Stigmasterol, nootkatone and ergotamine were the most important pivotal active ingredients contained in YHT against LUAD recurrence. The mechanism of YHT could be summed up to inflammation, metabolism, immune responses, and apoptosis. Notably, sphingolipid signaling pathway was found to be the most important pathway, S1PR5 was the most important hub gene. And Stigmasterol, nootkatone and ergotamine could dock well with S1PR5. These findings provided a new option for the treatment of LUAD recurrence and explained the mechanism of YHT anti-recurrence of LUAD, which could help the usage of YHT in clinical.

However, our study was based on network pharmacology research and limited animal experimental research. Cell model and clinical samples were not used to further verify its authenticity. The pivotal active ingredients were verified by qualitative phytochemical analysis and molecular docking, lacking quantitative analysis and experimental verification. Our discovery should be further validated in future studies.

**Abbreviations**

LUAD, Lung Adenocarcinoma; YHT, Yin-Huo-Tang; TCM, Traditional Chinese Medicine; EMT, Epithelial to Mesenchymal Transition; PPI, Protein–Protein Interaction; GO, Gene Ontology; KEGG, Kyoto Encyclopedia of Genes and Genomes; DEGs, The Differential Expression Genes; TCMSP, The Traditional Chinese Medicine Systems Pharmacology database and Analysis Platform; BATMAN-TCM, Bioinformatics Analysis Tool for Molecular Mechanism of Traditional Chinese Medicine; STRING, The Search Tool for the Retrieval of Interacting Genes; TICs, Typical total ion chromatograms; ADMET, Absorption, Distribution, Metabolism, and Excretion; MD, Molecular Dynamics.

**Data Sharing Statement**

The datasets of RNA sequencing analyzed during the current study are available in the sequence read archive (SRA) repository, named PRJNA761925 (https://www.ncbi.nlm.nih.gov/sra/PRJNA761925).

The other original contributions presented in the study are included in the article/Supplementary Information, further inquiries can be directed to the corresponding authors.

### Table 5 Binding Free Energies and Energy Components Predicted by MM/GBSA (kcal/mol)

| System Name | Stigmasterol/S1PR5 | Nootkatone/S1PR5 | Ergotamine/S1PR5 |
|-------------|-------------------|-----------------|-----------------|
| $\Delta_{E_{vdW}}$ | $-62.03 \pm 3.56$ | $-38.25 \pm 0.66$ | $-71.66 \pm 2.33$ |
| $\Delta_{E_{elec}}$ | $-16.54 \pm 4.42$ | $-1.83 \pm 0.45$ | $-20.16 \pm 5.17$ |
| $\Delta G_{GB}$ | $21.64 \pm 2.16$ | $9.26 \pm 0.92$ | $48.03 \pm 2.69$ |
| $\Delta G_{SA}$ | $-7.92 \pm 0.32$ | $-4.5 \pm 0.14$ | $-8.65 \pm 0.19$ |
| $\Delta G_{bind}$ | $-64.85 \pm 4.62$ | $-35.33 \pm 0.95$ | $-52.45 \pm 2.06$ |

**Abbreviations:** $\Delta_{E_{vdW}}$, van der Waals energy; $\Delta_{E_{elec}}$, electrostatic energy; $\Delta G_{GB}$, electrostatic contribution to solvation; $\Delta G_{SA}$, non-polar contribution to solvation; $\Delta G_{bind}$, binding free energy.
Figure 11 Molecular docking of three pivotal active ingredients and S1PR5. (A) S1PR5 and stigmasterol; (B) S1PR5 and nootkatone; (C) S1PR5 and ergotamine.
Author Contributions
All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure
The authors declare that they have no conflicts of interest.

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