Narrowband-Internet of Things Device-to-Device Simulation: An Open-Sourced Framework

Ohood Saud Althobaiti * and Mischa Dohler

Department of Engineering, King’s College London, London WC2R 2LS, UK; mischa.dohler@kcl.ac.uk
* Correspondence: ohood.althobaiti@kcl.ac.uk

Abstract: Narrowband-Internet of Things (NB-IoT) displays high-quality connectivity underpinned by fifth-generation (5G) networks to cover a wide array of IoT applications. The devices’ development and integration into different smart systems require permanent control, supervision, and the study of power consumption models to determine the performance of the network topology and allow for the measurement of the efficiency of the network topology’s application. This paper reports on an architecture and open-sourced simulation that was developed to study NB-IoT in Device-to-Device (D2D) mode, which includes the Physical (PHY), network, and application layers, as well as a queuing model, the model for uplink and downlink delays, the throughput, the overall NB-IoT D2D network performance, and the energy consumption based on the Low Energy Adaptive Clustering Hierarchy (LEACH) protocol. Our results prove that the suggested framework contributes to a reduction in power consumption, a minimization of queuing delays, a decrease in communication cost, a reduction in inter-cluster collisions, and the prevention of attacks from malicious nodes. Consequently, the framework manages the battery’s State of Charge (SOC), improves the battery’s State of Health (SOH), and maximizes the whole network lifetime. The proposed framework, the code of which has been open-sourced, can be effectively used for scientific research and development purposes to evaluate different parameters and improve the planning of NB-IoT networks.

Keywords: narrow band; Internet of Things; simulation; simulator; path loss; energy consumption; power profile; adaptive clustering hierarchy; channel scheduling; device-to-device (D2D) communication

1. Introduction

The Internet of Things (IoT) is as an emerging technology that can connect trillions of embedded devices at once. This enables innovative applications in almost every sector. Examples are intelligent connected vehicles, monitoring systems that share real-time information, unmanned aerial vehicles, the smart grid, smart homes, smart cities, and smart farming. The IoT is changing the world of logistics, construction, healthcare, operation and maintenance of infrastructure, and a lot more. The IoT has increasingly gained research awareness with its ability to forecast, monitor, prevent, and track infectious disease epidemics. IoT-based health management schemes offer instantaneous observation from wearable appliances and Artificial Intelligence (AI), including neural networks, deep learning algorithms, and remote tests through cloud computing to conduct health investigations [1]. As a result, medical staff can detect the coronavirus disease-2019 (COVID-19) without jeopardizing their lives or causing the virus to spread to other locations [2]. IoT-based healthcare systems can be an important advancement in the measures to combat the current pandemic [1].

For IoT connectivity, there are different communication technologies to connect the actuators and sensors. Wireless Fidelity (Wi-Fi, based on IEEE 802.11) networking is one of the most widely used protocols for connectivity. Users’ equipment can access the network through a single access point. The topologies in Wi-Fi involve peer-to-peer and...
star topologies with an expanded coverage of up to 100 m. The topology of peer-to-peer connectivity is compatible with an advanced feature of 5G mobile peer-to-peer connections, notably Device-to-Device (D2D) communications. This has allowed emergency systems based on IoT to collect and send information automatically and reliably over the Internet [3]. In addition, Wi-Fi (IEEE 802.11 AC) is a 2.4 to 5 GHz band system. Due to its geographic range and high data rate, Wi-Fi infrastructure yields high energy consumption. Therefore, it is typically used in situations that need high data rates such as wireless monitoring cameras [3]. Bluetooth Low Energy (BLE) has also helped IoT to grow rapidly [4].

The number of nodes that can be supported by Wi-Fi or BLE depends on operational circumstances. However, the number of devices on Wi-Fi can reach up to 250, depending on the capabilities of the access points [5]. On BLE, up to seven devices can be linked simultaneously and can exchange data using the BLE standard. The main performance metrics that Wi-Fi can achieve involve performing at a high data rate, improving the scalability of the number of nodes, protecting user identity, mobility, reliability, and zero complexity. However, long battery life has not been achieved successfully with Wi-Fi, whilst long range has not been achieved with BLE. Neither of the two can ensure a guaranteed Quality of Service (QoS), which is because of the use of license-exempt spectrum.

These embedded connectivity technologies have been deployed over short ranges, but they have proven to be unsuccessful at meeting the escalating demands of IoT devices. These principally require technologies that consume low energy and long communications range [6,7]. As a result, Low-Power Wide Area Network (LPWAN) technologies have arisen. The most advanced LPWAN systems providing large-scale coverage are Narrowband-Internet of Things (NB-IoT), (to some extent) Long Term Evolution for Machines (LTE-M), LoRa, and SigFox. Cellular networks have been implemented to provide larger connectivity coverage, but because of the high energy usage on nodes, they were not as effective [6,7]. Furthermore, the growing use of LPWANs in industry and the research community is driven by the long-range, low cost, and low-energy functionalities of these systems. However, NB-IoT introduces a guaranteed QoS when compared with SigFox or LoRa due to the use of licensed spectrum. QoS assurance is an important concern for industrial IoT. Moreover, the energy efficiency of NB-IoT is significantly higher than in LTE-M. The battery life of a device can be more than 10 years in the case of NB-IoT, but it is only 5–10 years in LTE-M. Maximum data rates for NB-IoT, SigFox, and LoRa are 250 kbps, 100 bps, and 50 kbps, respectively. In addition, NB-IoT provides lower latency compared to SigFox and LoRa.

The authors in [8] argue that because of new developments to miniaturize devices while maintaining higher processing capabilities and low-power networking, it is possible for IoT to be deployed widely everywhere. Unfortunately, these advancements require modifications in network structure, software, hardware design, energy sources, and data management. Since regular maintenance and replacement of batteries are unlikely in locations that are difficult to access, IoT devices must consume ultra-low energy so as to last for years. Hence, NB-IoT is a promising solution and is indeed becoming increasingly common as it is extremely energy efficient, whilst offering operational advantages as discussed above.

In this paper, we prove that NB-IoT can be power optimized further with the latest 3rd Generation Partnership Project (3GPP) tools. These include Device-to-Device (D2D) communications, which is a promising solution for extending the battery life of IoT devices. D2D connectivity between devices near to each other is characterized as direct data traffic. It offers significant promise to enhance power effectiveness, spectrum performance, and throughput, while it minimizes latency and maintains QoS assurances [9,10]. The recovery of local area networking and the development of spectrum performance are two core issues of LTE-Advanced. D2D communication, which provides mobile peer-to-peer connectivity, can solve these issues [10]. Initially, D2D connectivity was suggested as a new model for optimizing network efficiency in cellular networks [10].

The main “selling point” of NB-IoT is its low energy consumption which increases the battery life time of embedded devices [11–13]. This study considers the NB-IoT’s
energy consumption, throughput, and performance model to determine the power profile achieved in an attocell IoT network formed by D2D links. Findings are validated through a developed simulator that uses a Graphical User Interface (GUI) for the NB-IoT protocol with a stack that operates in up and downlinks, multiple users, Multiple-Input Multiple-Output (MIMO) PHY arrays, a Low Energy Adaptive Clustering Hierarchy (LEACH) protocol, Adaptive Modulation and Coding (AMC), and scheduling procedures. This framework is proposed to help reduce the energy consumption of NB-IoT further, and thus aid the rollout of billions of connections over the coming years.

The design of the NB-IoT physical layer inherits the main features of LTE. Empirical models are typically used to predict the propagation paradigms for LTE and LTE-Advanced networks [14]. However, NB-IoT presents three physical channels and three signaling channels for downlink: Narrowband Physical Downlink Control Channel (NPDCCH), Narrowband Physical Broadcast Channel (NPBCH), Narrowband Physical Downlink Shared Channel (NPDSCH), Narrowband Primary Synchronization Signal (NPSS), Narrowband Reference Signal (NRS) and Narrowband Secondary Synchronization Signal (NSSS). Two more channels are offered during the uplink: Narrowband Physical Uplink Shared Channel (NPUSCH), and Narrowband Physical Random-Access Channel (NPRACH) [7,15,16]. NB-IoT’s physical channels, therefore, vary slightly from those of LTE, because NB-IoT’s physical channels and signals are multiplexed over time. Of all these downlink and uplink channels, NB-IoT most benefits the data re-transfer mechanism. This leads to lower-order modulation and the diversity of time to upgrade both the efficiency of demodulation and coverage [17,18]. In each physical subchannel, the Signal to Interference plus Noise Ratio (SINR) for the received signal is computed by considering the noise, transmit power, path loss, and interference in terms of cell scenarios (i.e., microcell, macrocell of a rural area, and macrocell of an urban area) [19,20]. The system assumes Base Stations (BSs) are in vertices at the centre of cells, and that N nodes are distributed randomly in the cells.

The Media Access Control (MAC) and networking layers are implemented in conjunction with the LEACH protocol to reduce queuing delays, minimize power consumption, and increase the battery life of devices (i.e., enhance the State of Health (SOH) of the device’s battery). Furthermore, it prevents possible selective forwarding attacks, insider attacks, and node compromise [21–23]. The LEACH protocol organizes the networking nodes into clusters and elects some of them as Cluster Heads (CHs). Non-Cluster Head nodes (NCHs) transmit the collected data to the CH using D2D communications. Then, each CH aggregates and prepares the data and sends all to the BS. LEACH initially uses a random selection process for the embedded devices that are chosen to be CHs. This distributes power consumption evenly in the wireless network [21,24]. Intra- and inter-cluster collisions are decreased by the MAC layer, depending on the transmission channel. Orthogonal Frequency Division Multiple Access (OFDMA) is used for uplinking [25] with Binary or Quadrature Phase Shift Keying (BPSK or QPSK) modulation, and Single-Carrier Frequency Division Multiple Access (SC-FDMA) is employed for downlinking with QPSK data change [17,26]. Continued monitoring of nodes is necessary when data are initially centralized at the CHs. This makes the D2D clustering method the optimal option. The Key Performance Indicators (KPIs) for this analytical study are the lifetime, throughput, stability period, instability period, abilities sensing range, computation power, and field distribution of a heterogeneous network where the sensor nodes have different energy levels [21]. NB-IoT uses a bandwidth of 180 to 200 kHz [27]. This guarantees efficient communication, and it classifies the data transmitted by the CH into a set of coverage classes. This set connects to a number of signal repeats, which are allocated to users based on path loss during their contact with the BSs [15].

The rest of this paper is arranged as follows: Section 2 gives an overview of D2D communication in cellular networks. Section 3 describes the NB-IoT D2D simulation, modeling, and the node distribution, including the mathematical propagation models, the coverage class definition based on the path loss, the LEACH protocol, the main purpose of the clustering protocol, a few preliminaries on the uplink/downlink queuing server, the
2. Overview of D2D Communications in Cellular Networks

A communications device can be used to transmit information, instruct, and establish a connection between a sending and a receiving device. Similarly, Device-to-Device (D2D) communication pertains to a radio technology that allows direct wireless links between mobile users to establish a connection to communicate with each other directly without routing data paths through a network infrastructure. In other words, this type of communication can be used between cellular devices and assists to transmit signals and communicate without traversing the BS. According to study [28], D2D transmission gives a procedure for sending the narrowband user equipment procured information to the BS, efficiently utilizing the spatially close mobile device, which considers transferring hubs to help distribute D2D in task rounds.

All communications between devices must be done through the BS in conventional cellular networks regardless of whether D2D communication is within two mobile users’ reach [29]. Communications between devices through BS sets off customary low data mobile services. For example, these services can include voice calls and texting. Nonetheless, at present mobile users utilize high data mobile rate services for communication. For example, this can contain social media, localizing (position-based services), and live videos, which they might be in a reach for direct communications (short distances) such as D2D communication. Moreover, D2D communications in such situations can enormously expand the network spectral utilization and effectiveness, which aids cellular network performance. Consequently, D2D communications can also enhance energy efficiency, throughput, fairness, higher data rates and latency reduction, as well as offer novel applications [29,30].

In 2012, after the Long-Term Evolution (LTE) Release 12, D2D communication in cellular networks was first introduced to enable peer-to-peer communications between spatially adjacent mobile devices [28]. D2D interaction is normalized in the 3GPP to find and impart between two gadgets. The design allowed a D2D device to discover close-by gadgets. Moreover, LTE also sends information to the anchor BS utilizing resources of the close-by device given by the BS as an alternative once the immediate connection to the BS is impossible. In addition to this, this helps to use re-usability of spectrum effectively. Definitely, this will also play a significant role in accomplishing data sending/receiving with lower power consumption [28]. D2D communication is applicable to IoT, mainly when the power budget of embedded devices prohibits direct communications with the cellular network infrastructure [31].

IoT is an emerging paradigm and refers to a system of interrelated computing devices that can collect and exchange data using embedded sensors over a wireless network without human intervention. In contrast, D2D communication is considered a promising technology to make ultra-low latency communication possible. The concatenation of D2D with the IoT can produce energy-efficient and low-latency interconnected wireless networks. For example, the Internet of Vehicles (IoV) is a D2D-based IoT network where real-time communication occurs among two or more devices. These devices can be cars, smartphones, wearables, or roadside units, among others. Furthermore, the IoV ensures efficiency and safety aspects. For instance, at high speed, a vehicle cautious compact vehicles by D2D communication before the vehicle speed declines or moves to another lane [32]. These little gadgets ought to work over a reasonable distance without devouring an excessive amount of power. These small gadgets exchange small amounts of data/information but consume significant power for communications, compared to data gathering and processing. Therefore, a D2D NB-IoT communication framework seems a viable solution to the problem [31].
According to Al-Samman et al. [33], the expanding number of associated devices is growing significantly and the cellular network structure requires substantial augmentation to absorb that growth. This should be possible by enhancing energy efficiency and proposing a useful and practical framework to use bandwidth and spectrum. Consequently, improved versatility choices for taking care of the expanding number of linked devices ought to be considered. A useful framework is thus required to accomplish this idea to cater for the number of connected devices effectively. The framework should be able to deal with a significant amount of data. Moreover, the whole framework capability should be enhanced w.r.t. current capabilities, by a factor of 100 approximately [33]. Here, D2D communications is an important enabler that is recognized as a paramount technology in developing a beneficial solution for the upcoming sixth-generation wireless network.

3. NB-IoT D2D Framework, Model, and Simulation

In this section, detailed information concerning the principles of the NB-IoT D2D framework and simulator are provided. Note that the MATLAB-based NB-IoT simulation framework (i.e., source codes) and its results are publicly available on the MDPI website as supplementary material and on GitHub (https://github.com/Ohood-Althobaiti/NB-IoT-D2D-Simulation-An-Open-Sourced-Framework, accessed on 4 March 2021).

3.1. NB-IoT D2D Architecture

Our framework was implemented using the Matrix Laboratory Programming Language (MATLAB) [34]. Figure 1 shows the GUI for our NB-IoT attocell networking simulator in the context of three significant cell scenarios: Microcell, macrocell of a rural area, and macrocell of an urban area. The NB-IoT D2D attocell network topology is composed of a grid with 24 BSs that form five cells covering a total area of 80 km$^2$. A BS is identified by a blue square. The cell range ($R_{\text{cell}}$) is 2 km. The cell is a hexagon bounded by BSs with another BS at the centre. The number of devices/sensor nodes in the field is $n$, and these are placed uniformly. The number of sensor nodes ($n$) can be changed as needed using the GUI. A normal node is represented by a circle (o), and an advanced node resuming the role of a CH is represented by a plus symbol (+). The energy of a normal node is $E_0$, and the energy of an advanced node equals $(1 + \alpha) \times E_0$. In this implementation, we assume $\alpha$ equals 1, i.e., the advanced node has double energy to start with. The transmitted packet is referred to by an asterisk (*), a dead node (i.e., a sensor device with a depleted battery) is denoted with a red dot (.), and a half-depleted node is denoted by a red dot in a red circle, as depicted in Figure 2. The flowchart of the proposed MATLAB-based NB-IoT D2D simulation, which is an open-sourced framework, is depicted in Figure 3. Table 1 describes key units in the MATLAB-based NB-IoT D2D simulation framework, and Table 2 summarizes the simulation parameters.

| Unit               | Main Role                 | Explanation                                                                 |
|--------------------|---------------------------|-----------------------------------------------------------------------------|
| NB_IoT_GUI.m       | Main code and path loss model | Contains the main functions and the interface user call-backs               |
| NB_IoT_GUI.GUI     | Interface                 | Runs the simulation, shows the network topology and results for path loss models and Signal to Interference plus Noise Ratio (SINR) |
| LntcyEnrgyPrfrmcn.m| Latency and energy model  | Assumes two coverage classes depending on the path loss, thus, generates the matrices for latency and energy |
| queueCH.m          | Cluster Heads servers’ queuing (CH) | Develops the CH queue and determines the total energy consumption for each associated device |
| queueBS.m          | Base Station servers’ queuing (BS) | Develops the BS queue and determines the total energy consumption for each CH |
Table 2. Parameters of MATLAB-based NB-IoT D2D simulation framework.

| Simulation Parameters                                                                 | Value                                      |
|---------------------------------------------------------------------------------------|--------------------------------------------|
| maximum number of rounds                                                              | 999 design parameter                       |
| threshold value: T(n)                                                                  | random                                     |
| probability of a node becoming a CH: p                                                | 0.5 × 24                                   |
| packet generation frequency, i.e., one packet per two hours [per day]: S               | 0.8 Low Energy Adaptive Clustering Hierarchy (LEACH) |
| probability of uplink request: pu                                                    | 500 bits, 5 kbit design parameter          |
| network protocol                                                                      | 10 dB design parameter                     |
| MAC protocol                                                                          | 0.01 s                                     |
| uplink and downlink frame length moments: l_a, m_a                                     | 0.002 s                                    |
| transmission power spectral density: TxSpcrlDnsty                                     | 180 kHz                                    |
| penetration loss: TidB                                                                  | 180 kHz                                    |
| average length of RA signaling: τ                                                     | 180 kHz                                    |
| average length of control signaling: u                                                | 180 kHz                                    |
| tones                                                                                 | 180 kHz                                    |
| bandwidth: B                                                                          | 500 kHz                                     |
| arrival frequency of control data initiated by BS: λ_{bs}                            | 1/CF                                        |
| noise figure: Nsfigr                                                                  | 2.5 design parameter                       |
| noise power spectral density: NsSpcrlDnsty                                            | 0.5, 0.5 design parameter dB               |
| devices’ fraction belongs to coverage classes c_1 and c_2: f_1, f_2                  | design parameter dB                        |
| path loss between CHs and BSs: PL_{CH−BS}                                            | design parameter dB                        |
| path loss between NB-IoT D2D nodes: PL_{D2D}                                          | design parameter dB                        |
| Signal to Interference plus Noise Ratio: SINR                                         | design parameter dB                        |
| distance from CH to BS: d_{CH−BS}                                                    | design parameter km                        |
| repetition order: c_1, c_2                                                             | 1, 2                                        |
| antenna gain of transmitter: G_{TX}                                                   | 21.10 dB                                   |
| antenna gain of receiver: G_{RX}                                                      | 19.18 dB                                   |
| uplink data rate: R_1, R_2                                                            | 5, 5 kbit/s                                |
| downlink data rate: R_1, R_2                                                          | 15, 15 kbit/s                              |
| communication model                                                                  | Bi-direction                               |
| synchronization delay: D_{sy1}, D_{sy2}                                               | 0.33, 0.66 s                               |
| maximum coupling loss: MCL                                                             | 144, 155, 164 dB                           |
| frame fraction used by reference signals: b                                          | 0.2                                        |
| thermal noise spectral density: N_{0}                                                 | −174 dBm/Hz                                |
| greatest waiting time to obtain RAR: T_{th}                                           | 2 s                                        |
| number of RA resources: M1,M2                                                          | 16, 16 preambles                           |
| period of time between two NPRACH schedules: t                                       | design parameter                           |
| period of time between two NPDCCH schedules: t_{d}                                    | design parameter                           |
| duplex mode                                                                           | design parameter                           |
| expected energy consumption in uplink class j communication: ξ_{uj}                   | design parameter                           |
| expected energy consumption in downlink class j communication: ξ_{dj}                 | design parameter                           |
| expected battery lifetime: L_j                                                       | Joules                                     |
| energy consumption in listening: E_{sy}                                               | Joules                                     |
| energy consumption in RAR message: E_{rar}, E_{rr}                                   | 1000 Joules                                |
| initial energy for a node: E_0                                                        | 0.50                                       |
| interference: I                                                                       | 0.2, 0.01, 0.1 Watts                       |
| power spending in sending, idle, and listening: P_t, P_I, P_l                          | design parameter km                        |
| distance from each node in the cluster to the closest cluster head CH per round r: d_{CH−N} | 0.01 Watts                                 |
| power spending in electronic circuits: P_c                                            | 14 dBm                                     |
| transmission power: PTX_j                                                             |                                            |
Figure 1. Graphical User Interface (GUI) of the NB-IoT open-sourced simulator.

Figure 2. NB-IoT attocell networking topology and field distribution.
3.2. LEACH Routing Protocol

In our simulation, the main purpose of using a single-hop clustering protocol was to downstage the several-server queuing, decrease inter-cluster collisions, and prevent attacks from malicious nodes. The LEACH protocol is adapted to the NB-IoT D2D setting so as to route network traffic. An upside of using LEACH is that, compared to other traditional multi-hop routing protocols, LEACH is difficult to compromise [21].

Indeed, the nodes around the BS in traditional multi-hop routing procedures are more often engaged, increasing the likelihood of compromise, while only the CHs communicate directly with the BS in LEACH. These CHs are determined randomly in the network, independent of the BS; they also change periodically. As a result, it is very difficult for an attacker to spot the CHs in a LEACH protocol. However, the CHs are responsible for collecting and routing essential data, so a compromised CH is dangerous. An important method for enhancing cybersecurity is key management. While many key distribution systems are available, most are not appropriate for the IoT [35]. For instance, a significant amount of computation is needed for public key-based distribution, a significant amount of storage is required for full pairwise keying, and worldwide keying is threatened. The IoT has limited resources, processing power, communication abilities, and memory, making it difficult to implement cybersecurity mechanisms efficiently.

Returning to the communications principles of LEACH, the protocol selects randomly a few nodes that act as CHs based on a higher energy principle, while the other nodes act...
as Non-CHs (NCHs). NCHs aggregate data from one or several measurement sensors, and send it to the CH. The aggregated and compressed data are then sent by the CHs to the respective BSs. In this simulation, OFDMA with BPSK or QPSK and SC-FDMA with QPSK are applied for uplink and downlink, respectively, instead of Time Division Multiple Access (TDMA)/Code-Division Multiple Access (CDMA), as used previously in studies involving LEACH.

LEACH is used in the clustering concept to minimize energy dissipation and maximize network lifetime. Consequently, using the LEACH protocol, operations are classified into two stages: Setup and steady steps [36]. The clusters are created in the setup stage, and a CH is elected for each cluster with a probability \( p \). The LEACH threshold value \( T(n) \) is commonly described by (1). Electing a CH that belongs to the set of embedded devices \( G \) that were not selected as CH in the last \( 1/p \) rounds is achieved based on \( T(n) \). Each iteration for electing a CH is called a round, denoted by \( r \):

\[
T(n) = \frac{p}{1 - p \times (r \times \text{mod}(1/p))} \quad \forall n \in G.
\]  

(1)

Each device selects a random number \( X \in [0, 1] \). If \( X < T(n) \), then, for the current \( r \), this device becomes CH. CHs subsequently broadcast a message to NCHs to request them to connect to their clusters. The NCH devices decide which CH to connect to based on the received signal power, and the NCH transmits an acceptance message to the CHs that will be under its cluster. This communications could also be assisted by the BS but will not change the overall performance and behavior. Thus, each CH establishes an OFDMA/SC-OFDMA schedule to organize transmitting slots between NCH devices in its own cluster based upon certain criteria, such as the number of NCH devices and the collected data type. The schedule of OFDMA/SC-OFDMA is transmitted to all the devices belonging to the cluster.

In the steady stage, the NCH senses data and transmits it to its CH based on the OFDMA/SC-OFDMA schedule. Consequently, the CHs send the sense data to the closest BS. The NB-IoT returns to the initialization (setup) process after a predetermined time, and a new CH is picked.

3.3. Channel Propagation Models

The most important IoT signal quality parameters are SINR, Signal-to-Noise Ratio (SNR), and path loss. Thus, we studied the SINR of NB-IoT, demonstrating its relatively high interference immunity compared to e.g. Sigfox and LoRa. Additionally, we simulated the path loss model of NB-IoT in terms of a microcell, a macrocell of an urban area, and a macrocell of a rural area. This NB-IoT D2D framework involves two types of path loss models. First, the path loss between CH and BS (i.e., long range transmission), which was simulated based on [17,19,20,37,38]. Second, the path loss between NB-IoT D2D nodes (i.e., short range transmission between the CH and the respective associated cluster nodes), that was simulated based on [24,31,33,39,40]. The MAC layer verifies whether frames have been received correctly. The communication data link between CHs and BSs is attenuated following the used path loss / propagation models.

Figure 4 depicts (a) an NB-IoT downlink OFOMA frame structure and (b) an NB-IoT uplink SC-FDMA frame structure. However, the procedure is decided based on the cell scenario of the intended application. For instance, the path loss pattern of a microcell scenario between CHs and BSs for smart homes, smart devices, and industrial applications is shown in (2) while between NB-IoT D2D nodes is presented in (3):

\[
PL_{\text{CH–BS}} = 24 + 45 \log_{10} (d_{\text{eNB}} + 16)
\]  

(2)

\[
PL_{\text{D2D}} = G_{\text{Rx}} + G_{\text{Tx}} + PTX_j + \left[ 4 \times 10 \log_{10} \left( \frac{6}{4 \times \pi \times d_{\text{CH–N}}} \right) \right].
\]  

(3)
Equation (4) illustrates the path loss pattern of an urban macrocell between CHs and BSs for smart cities and suburban areas with smart grids, whereas (5) shows the path loss pattern of an urban macrocell between the CH and the respective associated cluster nodes:

\[ PL_{CH-BS} = 103.8 + 37.6 \log_{10}(d_{eNB}) \]  

\[ PL_{D2D} = G_{Rx} + G_{Tx} + PTX_j + 2.7 \times 10 \log_{10} \left( \frac{3.5}{4 \times \pi \times d_{CH-N}} \right). \]  

The path loss formula of the rural macrocell, between CHs and BSs, which can be used for smart-farms and wind turbine parks, is demonstrated through (6). And, the path loss formula of the rural macrocell, between NB-IoT D2D nodes is given through (7):

\[ PL_{CH-BS} = 96 + 34.1 \log_{10}(d_{eNB}) \]  

\[ PL_{D2D} = G_{Rx} + G_{Tx} + PTX_j + 2 \times 10 \log_{10} \left( \frac{2}{4 \times \pi \times d_{CH-N}} \right). \]

Figures 5, 6, and 7 depict the path loss model for a given BS in the microcell, urban macrocell, and rural macrocell scenarios, respectively. The MAC layer reflects the technical features of the channel associated with NCH and CH or CH and BS. In the NB-IoT attocell network simulation, the Maximum Coupling Loss (MCL) of the three coverage zones is 144, 155, and 164 dB. The uplink coverage class uses SC-FDMA with a subcarrier spacing of 3.75 or 15 kHz, while the downlink coverage class applies OFDMA with a subcarrier spacing limited to 15 kHz. Moreover, the data transmission rate for uplink coverage classes ranges between 160 and 200 kbits/s, whereas the data transmission rate for downlink coverage classes ranges between 160 and 250 kbits/s [17]. The effective bandwidth was calculated, and the frequency factor \( f \) was considered for the purpose of enhancing the SNR as follows [17]:

\[ BW = \frac{180,000 \text{ Hz}}{f}, \text{ where } f = \frac{12}{\text{Tones}} \]  

\[ \text{NsSpctrldnsty} = \text{Nsfigr} \times N_0 \]  

\[ \text{TxSpctrlDnsty} = \text{PRX}_{i,j} \times BW^{-1}, \text{ where} \]  

\[ \text{Reception power of equipment } i \text{ for subchannel } j \text{ denoted by } \text{PRX}_{i,j} = |PTX_j \times d_{eNB} - L - \text{TidB}| \]  

\[ \text{SNR} = \text{TxSpctrlDnsty} \times \text{NsSpctrldnsty}^{-1}. \]

The SNR for a given BS in the microcell, urban macrocell, and rural macrocell scenarios is presented in Figures 8, 9, and 10, respectively. In view of the communication channel capacity principle, the data transmission rate is measured by the SINR for the signal. When the CH receives or sends frames, the SINR is calculated as per (12) [19]. Figures 11, 12, and 13 illustrate the SINR for the a given BS in the microcell, urban macrocell, and rural macrocell scenarios, respectively.

\[ \text{SINR}_{i,j} = \frac{\text{PRX}_{i,j}}{(\text{NsSpctrldnsty} \times B) + 1}. \]
Figure 4. Frame structure of (a) NB-IoT downlink OFOMA and (b) NB-IoT uplink SC-FDMA.

Figure 5. Path loss model for BS No. 15 in a microcell scenario.

Figure 6. Path loss model for BS No. 15 in an urban macrocell scenario.
Figure 7. Path loss model for BS No. 15 in a rural macrocell scenario.

Figure 8. Signal-to-Noise Ratio (SNR) for BS No. 15 in a microcell scenario.

Figure 9. SNR for BS No. 15 in urban macrocell scenario.
Figure 10. SNR for BS No. 15 in a rural macrocell scenario.

Figure 11. Signal Interference to Noise Ratio for BS No. 15 in a microcell scenario.

Figure 12. Signal Interference to Noise Ratio for BS No. 15 in an urban macrocell scenario.
3.4. Latency-Energy Model

NB-IoT can handle three coverage classes, i.e., robust (extended), extreme, and normal, for serving devices with constrained resources and suffering varying path loss levels [41]. However, the requirements of latency and throughput are maintained in the extreme coverage class, whereas improved performance is ensured in the extended or normal coverage class [42]. Therefore, in this work, we focus on normal and extreme coverage classes. This latency-energy model is taken from [15,43]. A total of two coverage classes are defined as \( C = 2 \). On the basis of estimated path loss, a class is assigned to a device by the BS that informs the assigned device of the dedicated path between them. Class \( j \) and \( \forall j \) are supported by the replicas number \( c_j \), which are transmitted based on data and the control packet [15]. The uplink/downlink access technique is modeled as two servers working for the associated traffic queues, as shown in Figure 14 [15]. For the purpose of brevity, interested readers are referred to [15] for further information on Figure 14. The reserved NPRACH period of class \( j \) is denoted by \( c_j \tau \). The unit length \( \tau \) of the NPRACH for the class of coverage is denoted by \( c_j = 1 \). The average time duration between the NPDCCH occurrences is represented by \( t_d \) in this latency–energy model.

Those signals that are multiplexed with respect to time undergo trade-off analysis in the NP channel using the down and uplink algorithm under the assumption that the coverage classes in the network are the two represented by \( C = 2 \). The first coverage class corresponds to the CH with the normalized path loss, while the other corresponds...
to clusters having extreme path loss. The path loss of the second group of clusters is in the communication and in the evaluation of trade-offs. Considering the presence of the available radio resources of the NB-IoT subsystem and the amount of traffic data, the scheduling is optimized with the minimum latency, extended battery lifetime, and reduced power performance necessary to maintain the existing scheduling policy.

The number of communication sessions corresponds to the speed of arrival of the uplink and downlink requests made in a day by the specific device to the given system. The rate depends on the number of sessions that a cluster achieves daily and is denoted of service requests by the following:

\[ G_u = S p_u N, \]  

(13)

where \( S \) is the required sessions per day and \( p_u \) is the probability of the uplink requests for the service.

For the \( G_d \), the probability of downlink becomes \( 1 - p_u \), which produces the equation as represented in (14):

\[ G_d = (1 - p_u) N S. \]  

(14)

Synchronization is required by CH for the uplink and downlink services with the BS on top of NSSS and NPSS, where the synchronization delay required is \( D_{syj} \); \( D_{sy1} = 0.33 \) s, \( D_{sy2} = 0.66 \) s and also the power consumption of \( P_l = 0.1 \), to make the listening represented by \( E_{syj} \):

\[ E_{syj} = D_{syj} P_l. \]  

(15)

A Random-Access request (RA) is sent by a CH, and the BS responds with a Random Access Response (RAR) containing the NPDCCH message. A device connects to the BS in a deep sleep mode and reconnects for the transmission of RA messages along with a random number. The number of attempts made depends on the probability of available resources and is denoted by \( N_{max} \), whereas the probability \( P_j \) depends on the class of the devices that are attempting to connect to the system. \( D_{rrj} \) represents the closed formula for latency:

\[ E_{raj} = (\xi P_j + P_c)c_j \tau + P_l (D_{raj} - c_j \tau) \]  

(16)

\[ E_{rarj} = D_{rarj} \times P_l \]  

(17)

\[ D_{rrj} = \sum_{l=1}^{N_{max}} P_j (1 - P_j)^{l-1} (D_{rarj} + D_{raj}) \]  

(18)

\[ E_{rrj} = \sum_{l=1}^{N_{max}} P_j (1 - P_j)^{l-1} (E_{rarj} + E_{raj}). \]  

(19)

The latency expected in the system is denoted by \( D_{raj} \) and \( D_{rarj} \) and corresponds to the transmitted requests and the RAR, respectively. In light of having \( c_j \) of the order of repetition in the coverage class of \( c_1 = 1, c_2 = 2 \), the average length (denoted by \( \tau \)) of the request signaling is 10 ms.

The equations for \( D_{raj} \) and \( D_{rarj} \) are as follows:

\[ D_{raj} = \tau c_j + \frac{1}{2} l \]  

(20)

\[ D_{rarj} = \frac{1}{2} l d + uc_j + \frac{1}{2} D_l Q. \]  

(21)

\( Q \) is the number of requests that the server can handle in the queue. This value determines the average wait time before the incoming RA request is handled and is represented by \( D_w \)

\[ D_w = \frac{1}{2} Q D_l \]  

(22)
In the downlink channel (NPDCCH), the service time is denoted by $D_t$. The time for control frame sending is $u$, and the time for class $j$ transmission is $D_{tj} = c_j \times u$.

$$D_t = \sum_{j=1}^{C} f_j D_{tj}; \quad D_t = \sum_{j=1}^{C} f_j u c_j. \quad (24)$$

If the class of node is represented by $j$ and the orthogonal preambles in every $t$ seconds are $M_j$ having a content of average $N_j$ CH nodes, then the equation corresponds to:

$$N_j = f_j (G_d + G_u) t_j. \quad (25)$$

$P_{j\text{RACH}}$ is written as:

$$P_{j\text{RACH}} \sum_{K=2}^{N} \frac{(N_j)^k (M_j - 1)^{k-1} e^{-N_j}}{k! (M_j)^{k-1}}. \quad (26)$$

The service time in the distribution function for the system ($F_1(x)$) and the total sum in time for $n > 1$ nodes where the unit step function is represented by $H(x)$:

$$F_1(x) = \sum_{j=1}^{C} H(x - c_j u) f_j \quad (27)$$

$$F_n(x) = \sum_{j=1}^{C} F_{n-1}(x - c_j u) f_j. \quad (28)$$

The message (RAR) received with a probability of $P_{j\text{RAR}}$ within $T_{th}$ shows the number of queue requests that potentially need to be served by $K$, as follows:

$$P_{j\text{RAR}} = 1 - \sum_{K=2}^{\infty} \sum_{k=1}^{K-1} \frac{Q^K k}{K \times K!} (F_{K-k-1}(T_{th})) (1 - F_{K-k}(T_{th})). \quad (29)$$

The uplink channel (NPUSCH) is the queue system that looks into the requests that are allocated in fraction $w$. The value of $w$ can be calculated as follows:

$$w = 1 - \sum_{j=1}^{C} (\tau c_j) \times (t_j)^{-1}. \quad (30)$$

The NPUSCH can be modeled as a Batch Poisson Process (BPP), which results in the modelled arrival of requests for service to the NPUSCH because of the reservation of the NPRACH periods in the whole system.

The mean size of batch $G$ is calculated as follows:

$$G = \sum_{j=1}^{C} f_j t_j G_u. \quad (31)$$

The time taken by the uplink packet transmission goes along a general distribution, with $S_a$ and $S_b$ as the first two moments.

$$S_a = \frac{1}{w} \sum_{j=1}^{C} \frac{f_j t_j c_j}{R_j} \quad (32)$$
\[ S_b = \sum_{j=1}^{C} \frac{c_j^2 f_j l_a}{(wR_j)^2}. \]  

(33)

The average transmission rate of the uplink data for class \( j \) is denoted by \( R_j \). Thus, CHs send and receive the corresponding field data using NPUSCH or NPDSCH according to the following equations:

\[
D_{tx} = \frac{R_j \rho S_b + R_j \varrho S_a G (S_a)^2 + 2S_a (1 - \rho) c_j l_a}{2R_j \varrho S_a (1 - \rho)}
\]  

(34)

\[
\rho = \sum_{j=1}^{C} S_a G \times (t_j)^{-1}
\]  

(35)

\[
E_{tx} = P_l \left( \frac{R_j \varrho D_{tx} - c_j l_a}{wR_j} \right) + \frac{(\xi P_l + P_c) l_a c_j}{wR_j}.
\]  

(36)

The downlink shared channel (NPDSCH) is modeled as a system for handling the queue wherein the server responds to all of the request messages by visiting them one at a time. The time when the NPBCCH, NPDCCH, NSSS, and NPSS are not scheduled is a fraction represented by \( y \):

\[
y = \frac{1}{td} (td - b \times td - Q) \sum_{j=1}^{C} c_j f_j u.
\]  

(37)

The mean size of batch \( g \) can be modelled as BPPs that are sent for service request by a downlink to the queue of NPDSCH:

\[
g = \sum_{j=1}^{C} \frac{f_j l_g d}{C}.
\]  

(38)

If a general distribution of \( m_a \) and \( m_b \) is followed by the length of the packet, the initial two moments having a distribution of packet duration of transmission are \( h_a \) and \( h_b \) as follows:

\[
h_a = \frac{1}{y \varpi_j} \sum_{j=1}^{C} m_a f_j c_j
\]  

(39)

\[
h_b = \frac{1}{(y \varpi_j)^2} \sum_{j=1}^{C} m_b f_j c_j^2.
\]  

(40)

\( \varpi_j^2 \) is the average downlink rate of data from class \( j \). The latency in received data \( D_{rxj} \) can be calculated as follows:

\[
v = \frac{1}{t_j} \sum_{j=1}^{C} h_a \times G
\]  

(41)

\[
D_{rxj} = \frac{\varpi_j y v h_b + \varpi_j y g (h_a)^2 + 2 h_a (1 - v) c_j m_b}{2 (1 - v) h_a \varpi_j y}.
\]  

(42)

The total expected latency \( D_{uj}, D_{dj} \) for an uplink/downlink service request of class \( j \) (class 1 for normal path loss and class 2 for extreme path loss) depends on the communication time duration of the consecutive scheduling of NPRAcH is \( t \). The time duration of two consecutive schedulings of NPDCCH is \( td \). When the CH sends the request, it consumes time while it waits on the queue, as depicted in Figures 15 and 16:

\[
D_{uj} = D_{syj} + D_{txj} + D_{rrj}
\]  

(43)
\[ D_{dj} = D_{syj} + D_{rxj} + D_{rrj}. \]  \hspace{1cm} (44)

Figure 15. Latency of uplink service request—\( D_{uj} \).

Figure 16. Latency of downlink service request—\( D_{dj} \).

The average consumption of energy in the uplink and downlink services is denoted by \( \xi_{uj} \) and \( \xi_{dj} \), respectively (Figures 17 and 18):

\[ \xi_{uj} = E_{txj} + E_{rrj} + E_{syj} \]  \hspace{1cm} (45)

\[ \xi_{dj} = E_{rxj} + E_{rrj} + E_{syj}. \]  \hspace{1cm} (46)

Finally, for each CH, the \( L_j \) (expected lifetime of battery) is formulated using (47) and is displayed in Figures 19 and 20:

\[ L_j = \frac{E_o}{\xi_{uj} p_a S + (1 - p_a)S \xi_{dj}} \text{[days]}, \]  \hspace{1cm} (47)
Figure 17. Energy of uplink service request—$\xi_{ui}$. 

Figure 18. Energy of downlink service request—$\xi_{dj}$. 

Figure 19. Expected lifetime of devices batteries with respect to the number of repetitions.
4. Simulation Output and Discussions

Compared to studies such as [15,43], the proposed NB-IoT D2D simulation minimizes the latency from uplink/downlink service requests, as presented in Figures 15 and 16. Our framework also reduces the energy consumption that comes from the uplink/downlink service request, as shown in Figures 17 and 18. Furthermore, it improves the coexistence between normal and extreme coverage classes, as illustrated in Figure 19, and enhances the lifetime of the NB-IoT device’s battery, as illustrated in Figure 20. Based on the cell radius and selected propagation scenario, our open-sourced model presents the path loss graph, as illustrated in Figure 21. As a result, the IoT system designer can use our model to develop the most accurate estimations, allowing for a decrease in energy consumption and an increase in performance by varying the simulator parameters. Figures 22–24 show the path loss average between CHs and BSs for the NB-IoT D2D simulation framework compared with the MCL.
Figure 22. Average path loss in the microcell scenario.

Figure 23. Average path loss in the urban scenario.

Figure 24. Average path loss in the rural cell scenario.
As shown in Figure 20, the maximum lifetime for class 1 is \( t_d = 0.526 \) and \( t = 1.00 \), whereas the maximum lifetime for class 2 is \( t_d = 0.626 \) and \( t = 1.00 \). Figure 15 illustrates that the minimum latency of an uplink for class 1 is \( t_d = 0.001 \) and \( t = 1.00 \), while the minimum latency of an uplink for class 2 is \( t_d = 0.001 \) and \( t = 1.00 \). As shown in Figure 16, the minimum latency of a downlink for class 1 is \( t_d = 0.051 \) and \( t = 0.05 \) however, the minimum latency of a downlink for class 2 is \( t_d = 0.051 \) and \( t = 0.05 \).

The NB-IoT attocell network topology integrates with the LEACH algorithm to reduce several queues to a few (Figure 25 vs. Figure 26). This NB-IoT D2D framework, as shown in Figure 25A,B, produces a BS queuing matrix \((\nu_{BLSn})\) that shows the total expected energy consumption for the respective associated nodes, the total expected energy consumption for uplink and downlink services, the devices’ energy consumption for a downlink request \((\xi_{d})\), the device’s energy consumption for an uplink request \((\xi_{u})\), the time between two NPDCCH schedules \((td)\), the time between two NPRACH schedules \((t)\), the type of coverage class, the path loss during communication, and the distance to the respective CHs, respectively. Figure 25A,B shows the queue at BS No. 18 and BS No. 19 in case of traditional NB-IoT (i.e., without using LEACH protocol). It shows the total expected energy consumption for the respective associated nodes, the devices’ energy consumption for a downlink request \((\xi_{d})\), the device’s energy consumption for an uplink request \((\xi_{u})\), the type of coverage class, the path loss during communication, and the distance to the node. The queuing matrix \((\nu_{BLSn})\) can indicate the queue at each BS in case of the NB-IoT D2D and conventional NB-IoT, but BS No. 18 and BS No. 19 have been randomly selected as examples. Figure 25A confirms there are only three CHs queuing at BS No. 18, and Figure 25B shows there are only two CHs queuing at BS No. 19. Figure 26A,B shows there are 19 nodes queuing at BS No. 18 and 17 nodes queuing at BS No. 19, respectively. This proves practically that when the LEACH model is used, the queues at each BS are minimized. This reduces the latency (i.e., delay time) and energy consumption at each BS.

In addition, there is a queue at each CH \((mtrxCH(:, ; n))\), as illustrated in Figure 27A,B. It displays the total expected energy consumption for uplink and downlink services, the devices’ energy consumption for a downlink request \((\xi_{d})\), the device’s energy consumption for an uplink request \((\xi_{u})\), the coverage class, the path loss between devices, the distance between CH and its NCHs, and the respective associated cluster nodes. The queuing matrix \((mtrxCH(:, ; n))\) can explain the queue at each CH in the proposed NB-IoT D2D simulator but CH No. 170 and CH No. 171 have been chosen randomly as an example (Figure 27A,B). As a result, the values of parameters such as energy consumption and delay time are reduced because the path loss between users’ equipment is generally applied in class 1.

As demonstrated in Figures 26 and 28, the queues at the BSs are longer when the LEACH routing algorithm in the network layer of NB-IoT is not used because all the devices in the traditional NB-IoT attocell network topology submit uplink/downlink requests at the same time. This causes the energy dissipation in the traditional NB-IoT attocell communications to amplify, and the delay time rises (Figure 29 vs. Figure 30), degrading the battery lifetime. It can be observed that path loss increases proportionally to the distance. Consequently, many nodes in the NB-IoT attocell network topology need to connect using class 2, which also increases the energy consumed. In the LEACH protocol scenario, however, each NCH selects the nearest CH to join to its cluster, and thus most communications are through class 1 (Figure 27).

Figures 31 and 32 depict the energy dissipation profile of an advanced node and normal node, respectively in the proposed NB-IoT D2D framework, which can be used to determine the SOC and SOH of a device’s battery so they can be included in systems of battery management. This will significantly contribute to reducing overhead costs. Figure 33 depicts the number of transmitted packets in NB-IoT D2D attocell network per round \( r \). Figure 34 explains the NB-IoT attocell network throughput (successful received packets rate) using the LEACH algorithm. In other words, the data rate that delivery successfully in the context of LEACH protocol is efficient. Figures 35 and 36 compare...
the number of live nodes per round $r$ in the NB-IoT attocell network using the LEACH algorithm and without using LEACH, respectively. In the presence of the LEACH algorithm (Figure 35), all sensor nodes are live until more than 300 rounds. While without using the LEACH protocol, as shown Figure 36, sensor devices start to die at the round number 18 and at the round number 51, there is no live sensor device in a traditional NB-IoT attocell network. However, all the above measurements are analyzed to present a comprehensive evaluation of the proposed open-sourced simulator. Finally, Figure 37 illustrates NB-IoT attocell network topology when all devices die: In other words, when all nodes have consumed the batteries’ powers entirely.

Figure 25. Queue at BSs No. 18 and No. 19 in the proposed NB-IoT D2D framework.
Figure 26. Queue at BSs No. 18 and No. 19 in a traditional NB-IoT.
Figure 27. Queue CHs No. 170 and No. 171 using LEACH protocol.
Figure 28. NB-IoT network without a LEACH scheme showing all nodes sending data at the same time (300 users).

Figure 29. Power profile of advanced node (power consumption for user’s device No. 23).

Figure 30. Power profile of a normal node (power consumption for user’s device No. 50).
Figure 31. Delay time at BS No. 24 in proposed NB-IoT D2D framework.

Figure 32. Delay time at BS No. 24 in conventional NB-IoT.

Figure 33. Number of packets per round $r$ in NB-IoT D2D attocell network.
Figure 34. NB-IoT D2D attocell network throughput.

Figure 35. Number of live nodes per round $r$ using the LEACH algorithm in NB-IoT D2D attocell network.
Figure 36. Number of live nodes per round $r$ without the LEACH algorithm (i.e., conventional NB-IoT).

Figure 37. Final result when all nodes die.

5. Conclusions and Future Work

An NB-IoT network topology in the implementation of the LEACH protocol reduced the queuing delays (latency) at the BS, thus decreasing energy consumption, increasing battery lifetime, minimizing communication cost, permitting better network wrapping, maintaining efficient bandwidth use, and preventing malicious node attacks.

These advantages enhanced the whole network’s lifetime and performance. Moreover, our NB-IoT D2D framework allows researchers and system designers to evaluate different parameters and develop improved NB-IoT designs, increase performance, and reduce the cost of building, operating, and maintaining them since wireless communication of the future will be heavily influenced by the QoS experienced in communication and devices’ expected battery lifetime.

In future, this study could be used to transfer the NB-IoT D2D attocell network to domotic applications in microcells, such as smart homes, and industrial applications to be incorporated into larger systems, such as suburban and urban scenarios involving smart cities, smart grids, smart vehicles, and rural areas comprised of smart farms, as well as the implementation of mobile users’ equipment. This research could also be used to detect different selective malicious node attacks that compromise the routing protocols in the networking layer of NB-IoT systems, study their effects, and use machine learning-powered
network communication management. This simulation tool will also contain Simulink models as devices to represent communication features in the physical and application layers, including Excel data sets for managing the input and output variables for analysis purposes. We also hope to improve our simulation to be integral and compatible with new technologies, such as sixth-generation wireless networks. In future, we also intend to develop a cross-layer involving MAC (OFDMA, SC-OFDMA) and LEACH using AI techniques with NB-IoT D2D.

**Supplementary Materials:** Supplementary Materials are available online at https://www.mdpi.com/1424-8220/21/5/1824/s1.

**Author Contributions:** Conceptualization, O.S.A. and M.D.; methodology, O.S.A. and M.D.; software, O.S.A. and M.D.; validation, O.S.A. and M.D.; formal analysis, O.S.A. and M.D.; investigation, O.S.A. and M.D.; resources, O.S.A. and M.D.; data curation, O.S.A. and M.D.; writing—original draft preparation, O.S.A.; writing—review and editing, O.S.A. and M.D.; visualization, O.S.A. and M.D.; supervision, O.S.A. and M.D.; project administration, O.S.A.; funding acquisition, O.S.A. and M.D. All authors have read and agreed to the published version of the manuscript.

**Funding:** O.A. received salaries from Taif University and the Royal Embassy of Saudi Arabia Cultural Bureau.

**Institutional Review Board Statement:** Not Applicable.

**Informed Consent Statement:** Not Applicable.

**Data Availability Statement:** The source codes of MATLAB-based NB-IoT D2D simulation framework are available on the MDPI website as supplementary material and on GitHub (https://github.com/Ohood-Althobaiti/NB-IoTD2DSimulation-AnOpen-SourcedFramework).

**Acknowledgments:** The first author would like to thank Taif University and the Royal Embassy of Saudi Arabia Cultural Bureau for sponsoring her PhD study.

**Conflicts of Interest:** The authors declare no conflict of interest.

**References**

1. Rahman, M.S.; Peeri, N.C.; Shrestha, N.; Zaki, R.; Haque, U.; Ab Hamid, S.H. Defending against the Novel Coronavirus (COVID-19) Outbreak: How Can the Internet of Things (IoT) help to save the World? *Health Policy Technol.* **2020**, *9*, 136–138. [CrossRef]

2. Dohler, M. 5G Networks, Haptic Codecs, and the Operating Theatre. In *Digital Surgery*; Springer: Berlin, Germany, 2020; pp. 71–86.

3. Mavromoustakis, C.X.; Mastorakis, G.; Batalla, J.M. *Internet of Things (IoT) in 5G Mobile Technologies*; Springer: Berlin, Germany, 2016; Volume 8.

4. Bello, O.; Zeaddally, S.; Badra, M. Network layer inter-operation of Device-to-Device communication technologies in Internet of Things (IoT). *Ad Hoc Netw.* **2017**, *57*, 52–62. [CrossRef]

5. Saeed, B.; Sheltami, T.; Shakshuki, E. A network topology discovery tool for android smart phones. *Procedia Comput. Sci.* **2015**, *63*, 104–111. [CrossRef]

6. Mekki, K.; Bajic, E.; Chaxel, F.; Meyer, F. A comparative study of LPWAN technologies for large-scale IoT deployment. *ICT Express* **2019**, *5*, 1–7. [CrossRef]

7. Althobaiti, O.S. IoT Limitations and Concerns Relative to 5G Architecture. In *Handbook of Research on Smart Technology Models for Business and Industry*; IGI Global: Hershey, PA, USA, 2020; pp. 45–69.

8. Shirvanimoghaddam, M.; Shirvanimoghaddam, K.; Abolhasani, M.M.; Farhangi, M.; Barsari, V.Z.; Liu, H.; Dohler, M.; Naebe, M. Towards a green and self-powered Internet of Things using piezoelectric energy harvesting. *IEEE Access* **2019**, *7*, 94533–94556. [CrossRef]

9. Liu, J.; Kato, N.; Ma, J.; Kadowaki, N. Device-to-device communication in LTE-advanced networks: A survey. *IEEE Commun. Surv. Tutor.* **2014**, *17*, 1923–1940. [CrossRef]

10. Hicham, M.; Abghour, N.; Ouzzif, M. Device-to-device (D2D) communication under LTE-advanced networks. *Int. J. Wirel. Mob. Netw. (IJWMN)* **2016**, *8*, 1–12. [CrossRef]

11. Chen, M.; Miao, Y.; Hao, Y.; Hwang, K. Narrow band internet of things. *IEEE Access* **2017**, *5*, 20557–20577. [CrossRef]

12. Benhiba, B.E.; Madi, A.A.; Addaim, A. Comparative study of the various new cellular iot technologies. In Proceedings of the 2018 IEEE International Conference on Electronics, Control, Optimization and Computer Science (ICECOCS), Kenitra, Morocco, 5–6 December 2018; pp. 1–4.
13. Miao, Y.; Li, W.; Tian, D.; Hossain, M.S.; Alhamid, M.F. Narrowband internet of things: Simulation and modeling. *IEEE Internet Things J.* 2017, 5, 2304–2314. [CrossRef]

14. Ahmad, Y.A.; Hassan, W.A.; Rahman, T.A. Studying different propagation models for LTE-A system. In Proceedings of the IEEE 2012 International Conference on Computer and Communication Engineering (ICCCE), Kuala Lumpur, Malaysia, 3–5 July 2012; pp. 848–853.

15. Azari, A.; Stefanović, Č.; Popovski, P.; Cavdar, C. On the latency-energy performance of nb-iot systems in providing wide-area iot connectivity. *IEEE Trans. Green Commun. Netw.* 2019, 4, 57–68. [CrossRef]

16. Foni, S.; Pecorella, T.; Fantacci, R.; Carlini, C.; Obino, P.; Di Benedetto, M.G. Evaluation methodologies for the NB-IOT system: Issues and ongoing efforts. In Proceedings of the IEEE 2017 AEIT International Annual Conference, Cagliari, Italy, 20–22 September 2017; pp. 1–6.

17. da Cruz, R.M. *Network Planning Model for NB-IoT*. Master’s Thesis, Faculdade De Engenharia Da Universidade Do Porto, Porto, Portugal, 2019.

18. Lee, J.B.; Leung, V.C. Design and analysis of backoff algorithms for random access channels in UMTS-LTE and IEEE 802.16 systems. *IEEE Trans. Veh. Technol.* 2011, 60, 3975–3989. [CrossRef]

19. Piro, G.; Grieco, L.A.; Boggia, G.; Capozzi, F.; Camarda, P. Simulating LTE cellular systems: An open-source framework. *IEEE Trans. Veh. Technol.* 2010, 60, 498–513. [CrossRef]

20. Piro, G. LTE-Sim-the LTE Simulator. Available online: http://telematics.poliba.it/LTE-Sim (accessed on 1 May 2018).

21. Piro, G.; Grieco, L.A.; Boggia, G.; Capozzi, F.; Camarda, P. Simulating LTE cellular systems: An open-source framework. *IEEE Trans. Veh. Technol.* 2010, 60, 498–513. [CrossRef]

22. Nauman, A.; Jamshed, M.A.; Ahmad, Y.; Ali, R.; Zakir, Y.B.; Kim, S.W. An intelligent deterministic D2D communication transmission mechanism in NB-IoT systems. In Proceedings of the IEEE 2019 15th International Wireless Communications & Mobile Computing Conference (IWCMC), Tangier, Morocco, 24–28 June 2019; pp. 2111–2115.

23. Asadi, A.; Wang, Q.; Mancuso, V. A survey on device-to-device communication in cellular networks. *IEEE Commun. Surv. Tutor.* 2014, 16, 1801–1819. [CrossRef]

24. Zhang, Y.; Pan, E.; Song, L.; Saad, W.; Dawy, Z.; Han, Z. Social network aware device-to-device communication in wireless networks. *IEEE Trans. Wirel. Commun.* 2014, 14, 177–190. [CrossRef]

25. Hejlsbak, J.; Nielsen, J.; Drewes, C.; Fan, W.; Pedersen, G.F. Propagation Measurements for Device-to-Device Communication in Forest Terrain. In Proceedings of the 12th European Conference on Antennas and Propagation (EuCAP 2018), London, UK, 20–22 September 2018.

26. TONEX. 5G Device to Device Communications, 5G D2D Training. Available online: https://www.tonex.com/5g-device-to-device-communications-5g-course/ (accessed on 3 December 2020).

27. Al-Samman, A.M.; Rahman, T.A.; Hindia, M.; Daho, A.; Hanafi, E. Path loss model for outdoor parking environments at 28 GHz and 38 GHz for 5G wireless networks. *Symmetry* 2018, 10, 672. [CrossRef]

28. MATLAB. Available online: https://www.mathworks.com/products/matlab.html (accessed on 1 January 2013).

29. Althobaiti, O.S.; Dohler, M. Cybersecurity Challenges Associated With the Internet of Things in a Post-Quantum World. *IEEE Internet Access* 2020, 8, 157356–157381. [CrossRef]

30. Alyildiz, I.F.; Su, W.; Sankarasubramaniam, Y.; Cayirci, E. Wireless sensor networks: A survey. *Comput. Netw.* 2002, 38, 393–422. [CrossRef]

31. Nair, V. Evaluating the Suitability of Narrowband-Internet of Things (NB-IoT) for Smart Grids. Master’s Thesis, TU Delft, Delft, The Netherlands, 2017. Available online: http://resolver.tudelft.nl/uuid:29c9edf-122b-4adf-b2e6-35504a2454fc (accessed on 1 March 2018).

32. Malik, H.; Pervaiz, H.; Alam, M.M.; Le Moulliec, Y.; Kusik, A.; Imran, M.A. Radio resource management scheme in NB-IoT systems. *IEEE Access* 2018, 6, 15051–15064. [CrossRef]

33. Singh, A.; Kumar, A.; Kumar, A.; Dwivedi, V. Radio Frequency global positioning system for real-time vehicle parking. In Proceedings of the IEEE 2016 International Conference on Signal Processing and Communication (ICSC), Noida, India, 26–28 December 2016; pp. 479–483.

34. Rappaport, T. *Wireless Communications: Principles and Practice*, 2nd ed.; Pearson Education: London, UK, 2010.
41. Andres-Maldonado, P.; Ameigeiras, P.; Prados-Garzon, J.; Navarro-Ortiz, J.; Lopez-Soler, J.M. Narrowband IoT data transmission procedures for massive machine-type communications. *IEEE Netw.* 2017, 31, 8–15. [CrossRef]

42. Martiradonna, S.; Piro, G.; Boggia, G. On the evaluation of the nb-iot random access procedure in monitoring infrastructures. *Sensors* 2019, 19, 3237. [CrossRef] [PubMed]

43. Azari, A.; Miao, G.; Stefanovic, C.; Popovski, P. Latency-energy tradeoff based on channel scheduling and repetitions in NB-IoT systems. In Proceedings of the 2018 IEEE Global Communications Conference (GLOBECOM), Abu Dhabi, United Arab Emirates, 9–13 December 2018; pp. 1–7.