The Characteristics Analysis of a Microfluid-Based EGFET Biosensor with On-Chip Sensing Film for Lactic Acid Detection

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Abstract: In this research, a microfluid-based extended gate field-effect transistor (EGFET) biosensor with an on-chip sensing window (OCSW) was fabricated. The detection window was composed of six metal layers, and a ruthenium dioxide (RuO$_2$) film was spattered on the surface and functionalized with lactase to detect lactic acid (LA). To detect LA in a more diversified way, a microfluidic system was integrated with the biosensor. Moreover, a special package was used to seal the sensing window and microfluidic tube and insulate it from other parts to prevent water molecule invasion and chip damage. The sensitivity analysis of the EGFET biosensor was studied by a semiconductor parameter analyzer (SPA). The static and dynamic measurements of the EGFET with sensing windows on a chip were analyzed. The sensing characteristics of the EGFET biosensor were verified by the experimental results. The proposed biosensor is suitable for wearable applications due to the advantages of its low weight, low voltage, and simple manufacturing process.

Keywords: extended gate field-effect transistor (EGFET); microfluid; ruthenium dioxide (RuO$_2$); Lactic acid (LA); on-chip sensing window (OCSW)

1. Introduction

The metal oxide semiconductor field-effect transistor (MOSFET) is composed of a p–n junction and metal oxide semiconductor capacitor in which a gold oxygen capacitor is assembled into the transistor. In 1959, the team of D. Kahng and M. M. Atalla successfully developed the first MOSFET [1]. The MOSFET has become the most important device in the integrated circuit of semiconductor devices. Different types of MOSs with different structures and driving modes have been developed. MOS elements are usually treated with a semiconductor substrate, and the dielectric layer is formed by thermal oxidation with SiO$_2$ on the surface, which can be successively implemented by ion implantation, photolithography, and etching processes. The metal is then stacked in a deposition manner to form a memory capacitance [2,3]. In 1970, the ion-sensitive field-effect transistor (ISFET) was proposed by P. Bergved [4]. The ISFET evolved from the MOSFET, and it is considered an electrochemical-sensing biosensor that is used to measure ion concentrations in solutions. This biosensor has an equally fundamental structure to MOSFET, but this element has no metal layer. Instead, it uses an ion-sensing film and reference electrodes. When the ISFET is immersed in a buffer solution, the element channel current varies with the concentration of hydrogen ions (H$^+$), which are generated by the ion layer voltage across the substrate and oxide surface. Therefore, the ISFET is commonly used for H$^+$ detection. ISFET development and applications are very diverse (e.g., pH sensors [5], DNA detection [6], glucose monitoring [7], etc.). Figure 1 shows the structure of ISFET [8]. In 1983, J. Van Der Spiegel et al. proposed an extended-gate field-effect transistor (EGFET) [9]. EGFETs are derived from ISFETs. In an ISFET, the metal gate of the MOSFET is replaced with an ion-sensing film, an electrolyte solution, and a reference electrode. By contrast, the EGFET retains the complete MOSFET. The gate of the MOSFET is extended to connect to the...
metal-sensing film electrolyte solution and the reference electrode. The ISFET has several disadvantages. It can be affected by environmental factors, such as light and temperature, and the device is easily contaminated by electrolytes [10]. The EGFET extends the MOSFET structure by separating the induction region from the MOSFET gate. The sensing area of the MOSFET is connected to the gate through a wire. The EGFET has several characteristics: it is not affected by light or temperature, it is easy to pack, it has a disposable sensor head, and its sensor film is easy to replace. Figure 2 shows the basic cross-section of an EGFET.

In previous studies, many researchers have attempted to improve the performance of ISFET devices and compensate for non-ideal effects. Wrege’s research team developed the ISFET chip [11] that was manufactured using a standard 180 nm complementary metal-oxide semiconductor (CMOS) technology. By using the dry test, which is not disturbed by chemical contributions, charges can also be captured in the passivation layer. Manaresi’s research team proposed an 8 × 8 mm chip using dipolycrystalline silicon trimetal 0.35 μm CMOS technology [12]. Epoxy resins are used for bonding line protection. The capillary is connected to the microchannel lateral wall and sealed with insulating glue, allowing the possibility of studying cell dynamics in response to chemicals and cell–cell interactions in real time. Despite this, it does not render the current mode a prevailing solution since the best designs are application-specific, as is usually the case with chemical sensing. ISFETs are also used at the front end of various chemical sensing applications, such as real-time diagnostics and DNA detection [13]. Xu’s research team proposed a CMOS–ISFET-based biomolecular sensing system for DNA detection, which enhanced the charge signal by biasing the ISFET close to the threshold, reducing the sensing area and minimizing the double-layer capacitance of the sensing electrodes [6]. To create low-cost, 3D-printed, highly reproducible, and selective wearable sensors, Kim’s research team investigated the application of 3D-printed conductive carbon-nanofiber–silver-nanowire ink [14]. The inks were integrated into ISFETs for the detection of various electrolytes, such as NH4+, K+, and Ca2+. Massey’s research team investigated organic field-effect transistor (OFET)-based biosensors [15]. The OFET sensors were used to measure saliva, and they were integrated with soft microfluidic channels for fast and reliable quantification of cortisol. Moreover, this process has the advantages of low temperature and low cost.

Ruthenium dioxide (RuO2) is a metal oxide with high electrical conductivity, stability, and capacitance that can lead to more charge accumulation in the RuO2 sensing
window [16,17]. This material is used as a supercapacitor due to its excellent stability in capacitance characteristics [18–20]. RuO$_2$ is used as a passivation layer for the sensing window on the top metal. In recent years, there have been many studies on the application of pH sensors in ISFETs [11,21–23]. However, the combination of enzymes, analytes, and catalysts with microfluidics is rarely discussed. LA is the essential metabolite in the anaerobic metabolism of the human body [24,25]. When there is not enough aerobic breathing energy in the tissue, anaerobic metabolism leads to an elevated lactate concentration [26]. The detection of LA is important for medicine [27], clinical diagnosis [28], athlete care [29], and food analysis [30]. L-lactate dehydrogenase (LDH) and L-lactate oxidase (LOD) can be divided into two enzymes in an enzyme lactate sensor. When LOD is used in the LA sensor, it is easy to cause unstable detection, and it is difficult to miniaturize due to the high oxidation potential and large fluctuation in the oxygen concentration in the solution. LDH exists in blood cells and heart muscle in the body and has high catalytic activity in the auxiliary enzyme nicotinamide adenine dinucleotide (NAD$^+$) on LA transformation. The LDH response of the LA biosensor is shown as follows [25]:

\[
\text{Lactate} + \text{NAD}^+ \rightarrow \text{Pyruvate} + \text{NADH} + \text{H}^+ \quad (1)
\]

\[
\text{NADH} \rightarrow \text{NAD}^+ + \text{H}^+ + 2e^- \quad (2)
\]

In this study, the 0.18 µm CMOS technology provided by Taiwan Semiconductor Manufacturing Company (TSMC) was used to design the MOSFET device and the EGFET sensing window on a chip. The on-chip sensing window (OCSW) was designed with six-layer metals to prevent metal layer collapse. The sensing window size was 931.36 µm × 820.25 µm. First, the RuO$_2$ thin film was deposited on the sensing window as passivation layers using the R. F. sputtering system. Then, the lactase was fixed on the RuO$_2$ passivation layer, and drops of glutaraldehyde and APTES were added for the immobilization of enzymes to help with functionalization.

In recent years, microfluidic systems have been widely integrated with sensors to enhance analytical performance, real-time detection, and fast response rates [31]. Microfluidic systems have been investigated and applied in many assay areas due to their minimal sample and reagent requirements, high resolution, high sensitivity, low cost, and short analysis time [32]. Thus, in this study, the microfluidic system combined with the EGFET LA sensor was analyzed for dynamic measurement.

2. Materials

2.1. Materials

The RuO$_2$ target (99.95% purity) was purchased from Ultimate Materials Technology Co., Ltd. (Hsinchu City, Taiwan), and the polyethylene terephthalate (PET) substrate was purchased from Zencatec Corporation (Taoyuan City, Taiwan). The LA solution, β-nicotinamide adenine dinucleotide hydrate (NAD$^+$), and LDH were from rabbit muscle bought from J. T. Baker Corp. (St. Louis, MO, USA). The γ-aminopropyl triethoxysilane (γ-APTES) and the glutaraldehyde were purchased from Sigma-Aldrich Corp. (St. Louis, MO, USA). The silver paste was purchased from Advanced Electronic Material Inc. (Taipei City, Taiwan), and the epoxy resin was purchased from Sil-More Industrial Ltd. (Taipei City, Taiwan). The phosphate-buffered saline (PBS, pH 7.0), which was used to mix LA solutions at different concentrations, was purchased from AppliChem GmbH Crop (Darmstadt, Germany), and the deionized water (D. I.) was used for the preparation of aqueous solutions and cleaning of substrates (resistivity = 18.4 MΩ cm$^{-1}$).

2.2. The OCSW Integrates the Design of EGFET

The EGFET consisted of a MOSFET device and an OCSW. The drain source current (I$_{DS}$) of the EGFET followed the basic principle of the MOSFET, and the Gouy–Chapman–Stern model was used in this study [13]. As discussed in the Introduction section, the EGFET is evolved from the ISFET. The EGFET has several characteristics, such as not being...
affected by light and temperature, being easy to pack, having a disposable sensor head, and having an easy-to-replace sensor film. Thus, in this study, the EGFET was used to analyze the LA sensor. The OCSW was connected to the MOSFET. The architecture diagram of the OCSW and MOSFET device is shown in Figure 3. The sensing window was connected with six layers of metals, and the material of the metals in the TSMC 0.18 μm process was aluminum. The pad was used to bring the top metal into contact with the outside. In this way, the RuO₂ thin film could be sputtered on the pad. When the RuO₂ reacted with LA, the response signal was transmitted from metal 6 through the hole conduction to the gate of the MOSFET.

Figure 3. The architecture diagram of OCSW and MOSFET device.

2.3. Fabrication of the LA Sensing Film

The LA-sensing film was fabricated on the basis of Chou et al.’s study [33]. First, we used UV-curable glues to seal the outside part of the OCSW, and only the sensing window was sputtered with RuO₂. The RuO₂ film was deposited on the OCSW using an R.F. sputtering system. Lactase was then titrated onto the sensing window using a micropipette (SPACF0527-01EA, DLAB, City of Industry, CA, USA) under a microscope. Functionalization was facilitated using a glutaraldehyde-to-lactase crosslinking reaction, and APTES was used to immobilize enzymes to help with functionalization [33]. Finally, the chip was left at room temperature for 24 h. After preparation, the film was stored in a 4 °C refrigerator to avoid contamination of the enzyme. Measurements were carried out in two ways: static measurement and dynamic measurement through a microfluidic system. During static measurement, 0.5 μL of LA solution was dropped onto the OCSW. Then, the silver probe was plugged into the LA solution during the measurement. Since the silver probe is lightweight, it can be plugged into the LA solution without losing the surface tension of the LA solution. In the dynamic measurement, a microtube was connected to the OCSW using UV-curable glue packaging to avoid impurities and to prevent other aqueous solutions from damaging the sensing window.

In the potentiometric biosensor, the response voltage was observed by measuring the variation in hydrogen ion concentration of different LA solutions. The response voltage was determined by the LA concentration, and the sensing regime of the RuOₓ film of the acquired redox reaction is shown in Formula (3) [34].

\[
\text{Ru(OH)}_3 + \text{H}^+ \leftrightarrow \text{Ru(OH)}_2\text{O}^- + \text{H}^+ 
\] (3)

The potentials of the electrodes were given by a modified version of the Nernst equation, as follows (4) [34–36]:

\[
E = E^0 - \frac{RT}{F} \ln \frac{[\text{Ru(OH)}_3]}{[\text{RuO}_2][\text{H}^+]} = (E^0 - \frac{RT}{F} \ln \frac{[\text{Ru(OH)}_3]}{[\text{RuO}_2]}) - \frac{RT}{F} \ln [\text{H}^+] 
\] (4)
were connected to the SPA. The silver probe was connected to the SPA as RE and plugged
where:
E° is the reference electrode potential;
R is the universal gas constant, equal to 8.31 J/(Kmol);
T is the absolute temperature;
F is the Faraday’s constant, equal to 96485.33 C/mol;
\([\text{Ru} (\text{OH})_3]\) is the activity of RuIII at absolute temperature;
\([\text{RuO}_2]\) is the activity of RuIV at absolute temperature;
H\(^+\) represents the activity at absolute temperature

Lactase breaks down H\(^+\) and produces electrons when the LA concentration changes. 
Therefore, the surface potential of RuO\(_2\) varies with the concentration of LA. In this study,
by observing the changes of I\(_{DS}\) of EGFET, the effect of the LA concentration on V\(_{Chem}\)
could be known.

2.4. Sensitivity Measurement of LA Sensing Window

To test the current–voltage (I–V) characteristics of the LA EGFET, a semiconductor
parameter analyzer (SPA, 4156C, Agilent, Santa Clara, CA, USA) was applied. During
the measurement, we analyzed the potential difference between the Ag/AgCl reference
electrode (RE) and the silver RE according to Chou’s previous work [37]. In this research,
silver was used instead of the conventional Ag/AgCl RE for miniaturized measurements.
The silver probe was used as a miniature RE, and a silver paste was applied around the
silver probe for easy sensing. The silver probe was then plugged into the solution to be
measured and finally measured. Figure 4a shows the dynamic measurement architecture
diagram of EGFET with the OCSW. Figure 4b shows the photo of the dynamic measurement.

To analyze the dynamic measurement, a microtube was connected to the OCSW using
UV-curable glue packaging, which prevented contamination of the OCSW by aqueous
solutions and damage to lead frames. After that, the source and drain of the MOSFET
were connected to the SPA. The silver probe was connected to the SPA as RE and plugged
into the LA solution. By measuring the I–V curve, the changes in the I\(_{DS}\)–V\(_{REF}\) curve and
I\(_{DS}\)–V\(_{DS}\) curve of the LA EGFET sensor were observed. First, the microfluidic system (OB1
MK3+, Elvesys Microfluidic Innovation Center, Paris, France) was connected to the analyte
solution (LA), and the flow rate was adjusted by the flow controller. Then, the liquid was
sent into the equipment, and one end of the solution tube was connected to the input of
the microfluidic channel. The gate, source, and drain of the EGFET were designed to be
connected to an SPA. The complete microfluidic system is shown in Figure 5.

![Diagram of EGFET with OCSW](image1)

![Photo of dynamic measurement](image2)

**Figure 4.** (a) The dynamic measurement architecture diagram of EGFET integrated into the OCSW;
(b) a photo of the dynamic measurement.
3. Results and Discussion

3.1. Sensing Analysis of OCSW

In this study, an EGFET integrated into a sensing window was realized using TSMC 0.18 \( \mu \)m process technology. The chip size was 1199 \( \mu \)m \times 1060 \( \mu \)m, and the supply voltage was 1.8 V. Figure 6a shows the static measurement architecture diagram of the EGFET integrated into the OCSW. Figure 6b shows the die photo of the EGFET with the OCSW. The measurement setup for the LA detection is shown in Figure 6a. The SPA was used to observe the transmission characteristics of the EGFET. To analyze the sensing characteristics of the EGFET at different voltages, different values of \( V_{DS} \) (0.1 V, 0.3 V, 0.5 V, 0.7 V, 0.9 V, 1.0 V, 1.2 V, 1.4 V, 1.6 V, and 1.8 V) were applied during measurement. \( V_{REF} \) was also scanned from 0 to 1.8 V. To verify the function of the self-designed MOSFET, the characteristic curves of commercial MOSFET (CD4007UB) and self-designed MOSFET were measured and compared. The characteristic curves of the \( I_{DS}–V_{DS} \) with different values of \( V_{DS} \) are shown in Figure 7a. The \( V_{DS} \) scan range was from 0 to 1.8 V to observe the different saturations of \( I_{DS} \) at different values of \( V_{REF} \). The transmission curves of the \( I_{DS}–V_{DS} \) with different values of \( V_{REF} \) are shown in Figure 7b. To increase the service life of the components, the saturation current was set below 200 \( \mu \)A because excessive current affects the service life of the equipment [38]. The characteristics of the \( I_{DS}–V_{DS} \) measured by commercial MOSFET were shown in Figure 8a and the transmission curves of the \( I_{DS}–V_{DS} \) are shown in Figure 8b. The results show that the performance of the commercial MOSFET was obviously worse than that of the self-designed MOSFET. As shown in Figure 7b, a large \( I_{DS} \) was achieved at \( V_{REF} = 1.6 \) V when the self-designed MOSFET was applied.

3.2. Sensitivity and Linearity of LA Biosensor

The sensitivity characteristics of the LA biosensor were measured at different lactate concentrations. Figure 9a shows the \( I_{DS}–V_{REF} \) conversion curve by setting \( I_{DS} = 80 \mu A \), and it can be observed that different concentrations of LA corresponded to different values of \( V_{REF} \). Figure 9b shows that the EGFET with a sensing window on the chip for LA detection had a voltage sensitivity of 61.62 mV/mM and linearity of 0.991. Figure 9c shows the \( I_{DS}–V_{DS} \) transfer curve. The \( I_{DS} \) decreased with the decrease in hydrogen ion concentration when the current was saturated. To accurately compute the current sensitivity, \( V_{DS} = 1 \) V was chosen. The square root of \( I_{DS} \) was described as a function of the LA concentration. As shown in Figure 9d, the current sensitivity was 14.41 (\( \mu A \))\(^{1/2} \)/mM, and the linearity was 0.997. The dynamic measurement was performed by immersing the biosensor in different lactate concentrations. The EGFET biosensor with the OCSW based on a microfluidic system was measured by SPA. The \( I_{DS}–V_{DS} \) transfer curve and \( I_{DS}–V_{REF} \) conversion curve of the sensing window on the chip were measured at a flow rate of 30 \( \mu L/min \). Figure 10a
shows the $I_{DS}$–$V_{REF}$ conversion curve. By setting $I_{DS} = 100$ $\mu$A, it can be observed that different concentrations of LA correspond to different values of $V_{REF}$. Figure 10b shows the EGFET biosensor under dynamic measurement, and it had a voltage sensitivity of 81.31 mV/mM and a linearity of 0.995. Figure 10c shows the $I_{DS}$–$V_{DS}$ transfer curve. The saturation current decreased as the hydrogen ion concentration decreased. To accurately compute the current sensitivity, $V_{DS} = 1$ V was chosen, and the square root of $I_{DS}$ was described as a function of the LA concentration, as shown in Figure 10d. The current sensitivity was 16.82 ($\mu$A)$^{1/2}$ /mM with a linearity of 0.991. We measured the sensing characteristics of the EGFET for LA detection at different flow rates. The flow rates of 10 $\mu$L/min, 20 $\mu$L/min, 30 $\mu$L/min, 40 $\mu$L/min, and 50 $\mu$L/min were tested. As shown in Table 1, the biosensor had the best sensing characteristics at a flow rate of 30 $\mu$L/min with a voltage sensitivity of 81.31 mV/mM and a linearity of 0.995. Since the diffusion resistance was decreased under dynamic conditions, the sensitivity decreased with the increase in flow rate during the microfluidic measurement experiments [39]. Under the dynamic measurement, the average sensitivity and linearity increased from 61.26 mV/mM and 0.991 to 81.31 mV/mM and 0.995 compared with the static measurement. Therefore, it was demonstrated that the LA sensor has stable sensing characteristics at a flow rate of 30 $\mu$L/min. According to previous studies, the thickness of the boundary layer decreases as the flow rate increases and the diffusion of the boundary layer continues to increase [40]. Therefore, the number of enzyme molecules increases, and the diffusion time decreases. When the flow rate was higher than 30 $\mu$L/min, the enzyme molecules on the sensing window were disrupted, and the H$^+$ ions adsorbed on the surface of the sensing membrane were easily dispersed. Thus, it resulted in a decrease in the sensing characteristics.

Figure 6. (a) Static measurement setup of EGFET with OCSW; (b) die photo of EGFET with OCSW.
Figure 6. (a) Static measurement setup of EGFET with OCSW; (b) die photo of EGFET with OCSW.

Figure 7. Transmission characteristics of EGFET at different stationary voltages. (a) $I_{DS}-V_{REF}$ transfer curve; (b) $I_{DS}-V_{DS}$ transfer curve.

Figure 8. Transmission characteristics of commercial EGFET at different stationary voltages. (a) $I_{DS}-V_{REF}$ transfer curve; (b) $I_{DS}-V_{DS}$ transfer curve.

Figure 9. The sensing characteristics of EGFET for LA detection under the static measurement. (a) $I_{DS}-V_{REF}$ conversion curve, (b) voltage sensitivity when $I_{DS} = 80\, \mu A$, (c) $I_{DS}-V_{DS}$ transfer curve, and (d) current sensitivity.
Figure 9. The sensing characteristics of EGFET for LA detection under the static measurement. (a) $I_{DS}$–$V_{REF}$ conversion curve, (b) voltage sensitivity $I_{DS} = 100 \mu A$, (c) $I_{DS}$–$V_{DS}$ transfer curve, and (d) current sensitivity.

Figure 10. The sensing characteristics of EGFET for LA detection under the dynamic microfluidic measurement. (a) $I_{DS}$–$V_{REF}$ conversion curve, (b) voltage sensitivity $I_{DS} = 100 \mu A$, (c) $I_{DS}$–$V_{DS}$ transfer curve, and (d) current sensitivity.

Table 1. The response voltages under different flow rates.

| Flow Rate ($\mu$L/min) | Voltage Sensitivity (mV/mM) | Linearity |
|------------------------|-----------------------------|-----------|
| 0                      | 61.26                       | 0.991     |
| 10                     | 62.32                       | 0.993     |
| 20                     | 72.84                       | 0.992     |
| 30                     | 81.31                       | 0.995     |
| 40                     | 67.43                       | 0.985     |
| 50                     | 52.29                       | 0.978     |

3.3. Reproducibility

The reproducibility of the RuO$_2$ LA biosensor was also measured in this study. Reproducibility is the ability of a biosensor to reconfigure to produce the same response experiments. Reproducibility is characterized by the accuracy and precision of sensors and electronics in biosensors [41]. A biosensor is considered precise when it gives similar results each time the sample is measured, and it is considered accurate when it provides a value close to the average over multiple measurements of the sample. The reproducibility of static and dynamic measurements of the RuO$_2$ LA biosensor is shown in Figure 11. The six biosensors were prepared simultaneously using the same method; the average sensitivity and the linearity were measured, and the above steps were repeated 10 times. The relative standard deviation (RSD) of the RuO$_2$ LA biosensor was 2.34% with static measurement and 2.09% with dynamic microfluidic measurement. The calculation method was the ratio of standard deviation to the arithmetic mean, where $S$ is the standard deviation of average sensitivity, $X$ is the mean value of average sensitivity, and the RSD of the average sensitivities is determined. We used six values of average sensitivity to find the mean and standard deviation; the formula is as follows [42]:

$$RSD = \frac{S}{X} \times 100\%$$ (5)
of static and dynamic measurements of the RuO\textsubscript{2} LA biosensor is shown in Figure 11. The six biosensors were prepared simultaneously using the same method; the average sensitivity and the linearity were measured, and the above steps were repeated 10 times. The relative standard deviation (RSD) of the RuO\textsubscript{2} LA biosensor was 2.34\% with static measurement and 2.09\% with dynamic microfluidic measurement. The calculation method was the ratio of standard deviation to the arithmetic mean, where \( S \) is the standard deviation of average sensitivity, \( X \) is the mean value of average sensitivity, and the RSD of the average sensitivities is determined. We used six values of average sensitivity to find the mean and standard deviation; the formula is as follows [42]:

\[
\text{RSD} = \frac{100\% X}{S}
\]

Figure 11. The reproducibility of RuO\textsubscript{2} LA biosensors. (a) Static measurement; (b) dynamic microfluidic measurement.

Table 2 shows the comparisons of static and dynamic measurements. The static and dynamic measurements had good stability. For static measurement, 50 mL of LA solution was required; however, for dynamic measurement, 10 mL of LA solution was required, significantly reducing the amount of solution used. In terms of preparation, dynamic measurement requires special packaging and a microfluidic combination of the chip. Thus, the cost of the dynamic measurement system is higher than that of the static measurement. Overall, dynamic measurement has better sensitivity, linearity, and RSD compared with static measurement.

**Table 2. Comparisons of static and dynamic measurements.**

| Measurements | Sensitivity (mV/mM) | Linearity | RSD\% | Cost   | Solution Amounts |
|--------------|---------------------|-----------|-------|--------|------------------|
| Static       | 61.26               | 0.991     | 2.34  | lower  | more             |
| Dynamic      | 81.31               | 0.995     | 2.09  | higher | less             |
3.4. Sensing Characteristics Analysis of the Standard Sensor

To verify the authenticity of the measurement results with and without the lactate/RuO$_2$ architecture, we used sensors without RuO$_2$ film and lactate modification as standard sensors and measured their average sensitivity, linearity, and repeatability. To analyze our sensor without sensing film and lactase, we followed the approach proposed in [43], in which we used the sensor without RuO$_2$ film and lactase modification as the standard sensor. This standard sensor was immersed in different concentrations of lactic acid solution. Then, the sensing characteristics were obtained, as shown in Figure 12. The average sensitivity and linearity were 6.17 mV/mM and 0.899, respectively; the RSD was 57.04%, and the results were poor. Lactase, through the hydrogen ions, accumulates on the surface of the sensing film [43]. Different LA concentrations produce different response voltages. Three kinds of adsorbed states, O$^-$, OH$^{2+}$, and OH, were generated on the sensing film when it was immersed in the solution. The RuO$_2$ lactate biosensor detected the H$^+$ ion concentrations to obtain the response voltage. Therefore, the enzymatic LA sensors cannot respond without RuO$_2$, lactase, or LA solution for measurement.

![Figure 12. The (a) average sensitivity and linearity; (b) reproducibility of the standard sensor.](image-url)
Table 3 shows the comparisons of the characteristics of diverse LA biosensors. Mad- 
den et al. showed slower electron transfer behavior due to chitosan and lactate oxidase 
modification, which could be attributed to the nonconductive chitosan covering an area of 
the Pt-LSG electrode [44]. Thus, it slowed down the diffusion of redox substances to the 
electrode. It can be used to measure saliva or dilute serum analysis for low-cost diagnostic 
potential. Chou et al. investigated the remote monitoring of glucose and lactate. To ensure 
the stability of the LA biosensor, graphene oxide (GO) was used to increase the surface area 
and improve biocompatibility and magnetic beads (MBs) to enhance biocompatibility and 
physicochemical stability. The average sensitivity was 45.4 mV/mM, the response time was 
21 s, and the drift rate was 12.1 mV/h [45]. Chou et al. studied IGZO LA biosensors and 
 improved the average sensitivity through GO and MBs [46]. First, the sensing characteris- 
tics of different proportions of modifiers added to the LA biosensor were analyzed. Then, 
the best ratio was combined with a microfluidic system to analyze the sensing changes of 
the LA biosensor at different flow rates. When the flow rate was 25 µL/min, the average 
sensitivity and linearity were 70.37 mV/mM and 0.967, respectively. Diallo et al. used a 
 pH-based ElecFET biosensor and bovine serum albumin (BSA) in glutaraldehyde crosslink- 
ing to study and compare the ElecFET responses obtained with and without hydrogen 
peroxide [47]. H₂O₂ is an enzyme used for the detection of H₂ and O₂ biomolecules. The 
detection is achieved by functionalizing the surface with particular enzymes (LOX). Com- 
pared with previous studies, our proposed biosensor had better sensitivity and linearity. 
An EGFET with an OCSW has the advantages of miniaturized size, low cost, and good 
sensing characteristics. A key advantage of using EGFET biosensors is the direct transfer 
of physical properties to detect the analyte. This significantly reduces the manufacturing 
complexity and expense. In addition, the use of electrolytes provides large capacitance 
to enable low power operation, printability, and flexibility. Aqueous electrolytes in the 
liquid state allow the receptor to be functionalized in a dense layer directly on the gate 
or channel of the transistor to obtain higher sensitivities. Aqueous electrolytes provide 
low electrical conductivity, increase ionic conductivity, and increase biocompatibility [48]. 
Avci’s team developed the EGFET pH micro-sensor for fast pH detection; after measuring 
 pH 5 to pH 12, the response was accurate. The addition of polypyrrole enhances EGFET 
pH biocompatible, allows high conductivity, and provides easy polymerization capabilities 
to potential sensors. EGFET microsensors can be used for pH measurement in bioanalytical 
applications with advantages such as miniaturization, easy integration into different mi- 
crosystems, stability during environmental changes, high conductivity, and sensitivity [49]. 
There are great prospects for the future development of the EGFET. To solve the packaging 
problem, UV-curable glues can be used to isolate moisture and chemical contamination [50]. 
In this study, it was learned that the OCSW is easy to clean and can be combined with the 
microfluidic system for measurement. In the future, it can be applied to wearable devices, 
which can detect the physical condition of the body in tiny amounts.

| Sensing Equipment | Sensing Films | Linear Range (mM) | Sensitivity (mV/mM) | Linearity | RSD% | Reference |
|-------------------|---------------|-------------------|---------------------|-----------|------|-----------|
| EGFET (static)    | Lactate/APTES/RuO₂ | 0.2–5             | 61.26               | 0.991     | 2.34 | In current study |
| EGFET (dynamic)   | Lactate/APTES/RuO₂ | 0.2–5             | 81.31               | 0.995     | N/A  | In current study |
| LSG               | LO₃/Pt/CS      | 0.2–3             | 35.8 µA/mM/cm²      | 0.999     | 2.9  | [44] 2022  |
| LT1167            | Lactate/MBs/GPTS/GO/NiO | 0.2–3           | 46.70               | 0.998     | N/A  | [45] 2018  |
| LT1167            | Lactate/MBs/IGZO  | 0.3–3             | 70.37               | 0.967     | N/A  | [46] 2018  |
| ElecFET           | LOD/Si₃N₄      | 1–6               | 20.00               | N/A       | N/A  | [47] 2013  |
4. Conclusions

In this study, an EGFET lactic acid biosensor was fabricated by sputtering a lactase/RuO\(_2\) sensing film onto an OCSW. In the static measurement, the biosensor had an average sensitivity of 61.26 mV/mM and a linearity of 0.991. In the dynamic measurement, the biosensor had an average sensitivity of 81.31 mV/mM and a linearity of 0.995. The biosensor had better sensing characteristics due to the promotion of the catalytic reaction and the reduction in diffusion resistance. The best sensitivity and linearity were 81.31 and 0.995 when the flow rate was 30 µL/min. In addition to the characteristics of the EGFET, the OCSW measurement increased the ionic conductivity and increased biocompatibility, with good sensing characteristics. Therefore, it is suitable for the detection of LA. The reproducibility was measured to prove the precision and accuracy of the device, and the RSD was 2.34%. Moreover, this sensor has the advantages of miniaturized size and low cost. Thus, the proposed biosensor can be integrated with a wearable device for LA detection in the human body. In the future, serum can be used as the test sample. In addition, the sensing film can also be modified by GO or nanoparticles to improve the sensing ability of LA biosensors.

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