Pathological Gambling Associated With Aripiprazole or Dopamine Replacement Therapy

Do Patients Share the Same Features? A Review

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Background: In the last 10 years, dopamine replacement therapy (DRT) has become a well-known risk factor for developing an impulse control disorder, such as gambling disorder (GD). Another medication, aripiprazole (ARI), has been more recently identified as another risk factor. Dopamine replacement therapy and ARI share a dopamine agonist action. Our work aimed at comparing patients with PG according to their treatment with DRT or ARI.

Methods: Two methods were combined—a systematic review concentrated on case reports and the analysis of a French disordered gamblers cohort focused on patients using ARI or DRT at inclusion.

Results: We reported 48 cases of GD possibly due to DRT and 17 cases of GD possibly due to ARI. Because of their standardized assessment, only the EVALIEU patients could be compared. Two clinical patterns emerged. Patients in the ARI group were young, impulsive, and with high novelty seekers and had a history of substance misuse. Their first gambling experience occurred during adolescence. Conversely, patients in the DRT group were old, and they began gambling late in life. They showed low levels of gambling-related cognition.

Conclusions: Patients in the ARI group seemed to be more severe pathological gamblers than patients in the DRT group. Aripiprazole is a partial D2 receptor agonist, whereas DRT includes full D2 receptor agonist. The trigger mechanism of PG development is complex and cannot only be attributed only to the pharmacodynamic effects of dopaminergic drugs. Indeed, individual vulnerability factors and environmental factors need to be considered.

Key Words: aripiprazole, dopamine replacement therapy, gambling disorder, impulse control disorder, agonist, dopamine receptor agonist (J Clin Psychopharmacol 2016;36:63–70)

Early detection of gambling disorder (GD) and specialized care or the problem/pathological gamblers has substantially progressed in the last 15 years. This development was made possible by the *Clinical Investigation Unit, “Behavioral Addictions/Complex Affective Disorders,” Department of Addictology and Psychiatry, CHU Nantes; †EA 4275 “Biostatistics, Pharmacopidemiology, and Subjective Measures in Health Sciences,” Université Nantes; ‡Department of Pharmacology, and §Neurology, CHU Nantes, Nantes, France.

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history of iatrogenic (hypo)maniac episodes and are currently being treated with dopamine receptor agonists rather than dopa.1,2,14

In recent years, another medication (aripiprazole [ARI]) has received growing attention. Aripiprazole is an atypical antipsychotic drug with D2 partial agonist properties and high D2 receptor affinity. This partial agonist can reduce D2 hyperactivity in the mesolimbic pathway, thus alleviating positive symptoms of schizophrenia, but still providing enough D2 receptor stimulation in the mesocortical pathway and the nigrostriatal pathway to prevent both negative symptoms and extrapyramidal side effects.23 Little is known about the associations between ARI and impulse control disorders or behavioral addictions, and to the best of our knowledge, only a few case reports of GD that was possibly induced by ARI have been published.24–28 In the most recent case reports, other risk factors than ARI prescription were highlighted, such as regular gambling before the onset of an adverse drug reaction and a history of a mood, psychotic, or substance use disorder.28

Gambling disorder is a potential adverse drug reaction of drugs acting on dopamine receptors; however, it is a complex and multifactorial disorder. Concluding that medication is the only factor that can explain the onset of GD is simplistic and dangerous. Many other potential risk factors, including individual vulnerability factors as well as environmental factors, should be considered.29–31 Only exhaustive clinical assessment and follow-up of patients will better our understanding. Some teams specializing in addiction have developed efficient methods. In France, there is an innovative cohort of disordered gamblers seeking treatment (EVALJEU cohort), which can be used to assess the clinical and gambling characteristics of the patients in a standardized way to assist the clinician in defining the therapeutic strategy and to provide research data.

Our work aimed to provide an overview of possibly iatrogenic GD according to the patients’ medication: ARI or DRT. This work was based both on a systematic review concentrated on case reports and on the analysis of a large French disordered gamblers cohort focused on patients using ARI or DRT at inclusion.

MATERIALS AND METHODS

Systematic Review

Methods

Systematic review methods were used in accordance with the PRISMA (Preferred Reporting Items for Systematic reviews and Meta-Analyses) guidelines for conducting and reporting this systematic review.52

Search Resources

A search of 2 electronic databases was completed from inception to June 2015 (PubMed and Science Direct). The search terms were a combination of MESH terms and key words and included gambling disorder or pathological gambling or problem gambling or impulse control disorder and one of the following terms: aripiprazole, dopamine replacement therapy, cabergoline, pergolide, piribedil, pramipexole, ropinirole, levodopa, carbidopa in the title, abstract, or key words.

A manual search and screening of the bibliographies of the selected articles was performed in addition to the computerized screening. Duplicate searches were eliminated.

Eligibility Criteria

Articles had to fulfill the following criteria to be included:

1. The target problem was a GD (pathological gambling or problem gambling).
2. The medication was ARI or DRT used in PD.
3. The article was a case report.

Article Selection

First, all articles were screened based on their titles and abstracts. Second, the full text of all of the articles identified in this search process was read. The authors performed this work independently using the same bibliographic search. In the event of disagreement, the relevant articles were discussed.

Data Extraction

Extracted data included clinical and pharmacological considerations.

Analysis of the EVALJEU Cohort

Sample and Procedure

In 2009, our department, which specializes in GD management, constructed a cohort including any new patient starting a treatment for this particular reason with the aim of highlighting risk factors of GD initiation and persistence. The main criterion for inclusion in the EVALJEU Cohort was being a “problem gambler” (Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition [DSM-IV] criteria for pathological gambling ≥3) in the previous 12 months. The presence of at least 5 DSM-IV diagnostic criteria is required to confirm the diagnosis of pathological gambling, but the presence of 3 or 4 criteria is enough to suggest “at-risk gambling” or “problem gambling.”32–35 Both pathological and problem gamblers require care, which explains the choice of the threshold of 3. The exclusion criteria included cognitive impairment and difficulties in reading and writing French. The local research ethics committee approved this study, and all subjects provided written informed consent. Based on the EVALJEU cohort, which included 166 patients, we extracted the data of patients using ARI or DRT at inclusion.

Assessment

All patients underwent a semistructured clinical interview and completed self-report questionnaires. Well-trained and experienced staff members performed this assessment. For the purpose of this specific study, we focused on gambling characteristics, comorbidities, and personality traits.

Mini International Neuropsychiatric Interview

The fifth version of this structured diagnosis interview allows for the main axis I psychiatric disorders of the DSM-IV to be explored in a quick and standardized way.36

Wender- Utah Rating Scale—Child

This self-report questionnaire is a tool that has been validated for retrospective evaluation in the adult of attention-deficit/hyperactivity disorder in childhood.37

UPPS Impulsive Behavior Scale

This is a 45-item self-questionnaire developed to measure 4 distinct pathways to impulsive behaviors: “urgency,” “lack of prmeditation,” “lack of) perseveration,” and “sensation seeking.”38

Temperament and Character Inventory-125

The shorter 125-item version of the Temperament and Character Inventory (TCI) is a self-report questionnaire that is used to briefly explore 4 temperament traits (novelty seeking, harm avoidance, reward dependence, and persistence) and 3 character traits (self-directedness, self-cooperation, and self-transcendence).39

Pathological Gambling Section in the DSM-IV

The inclusion in the EVALJEU cohort was achieved through an interview based on the DSM-IV 10 diagnostic criteria for
pathological gambling. This categorical approach was completed using a dimensional approach by adding the number of positive DSM-IV criteria. The number of diagnostic criteria is correlated with the severity of the disorder.

Gambling Attitudes and Beliefs Survey

The Gambling Attitudes and Beliefs Survey (GABS) is a self-rated questionnaire constructed to measure cognitive biases, irrational beliefs, positively valued attitudes toward gambling, subjective arousal, and gambling behaviors.

Other Gambling Characteristics

In the structured interview, we were able to identify the favorite type of game for each subject. Lottery games, slot machines, scratch cards, and so on were classified under “pure chance games”; sports or horse-racing bets as well as black jack under “chance games with pseudo-skills”; and poker (including Texas hold'em poker) under “chance games with elements of skills” according to the classification proposed by Bouton. This interview also allowed us to define the medium that was usually used for gambling (on or off line). Finally, questions about gambling trajectory, gambling motives, perceived control over gambling, and craving were asked.

RESULTS

In regard to the patients treated with ARI, we identified 17 case reports in the literature. Among them, 8 cases were originally derived from the EVALJEU cohort and 9 had been published elsewhere. The clinical and pharmacological information are summarized in Supplementary Table 1, Supplemental Digital Content 1, http://links.lww.com/JCP/A349, which was previously published.

In regard to the patients treated with DRT, we found 42 published case reports and 6 unpublished cases from the EVALJEU cohort. The 6 unpublished case reports are described in Supplementary Table 2, Supplemental Digital Content 2, http://links.lww.com/JCP/A350. The characteristics of all of these 48 cases are presented in Supplementary Table 3, Supplemental Digital Content 3, http://links.lww.com/JCP/A351.

Description of the ARI Group

Patients in the ARI group were young (mean age, 33.6 years), mostly men (88.2%) and mostly lived alone. Comorbid psychiatric and substance use disorders were common. Aripiprazole was prescribed in 5 of the 17 cases to treat mood disorders (major depression or bipolar disorder) and was prescribed to treat schizophrenic disorder (schizophrenia or schizoaffective disorder) in the 12 remaining cases. This psychiatric history may explain the sociodemographic characteristics. Most of the patients were regular gamblers (they gambled at least 1 time per year) before the first administration of ARI. Two patients were already problem gamblers before the first administration of ARI, but in such cases, their gambling problems became worse after the administration of ARI. The probability that PG is due to ARI is “possible” in 16 cases using the Naranjo algorithm.

Description of the DRT Group

Patients receiving DRT were middle-aged (mean age, 55.2 years) and mostly men. For all patients, DRT was based on the association of a dopamine receptor agonist with levodopa/carbidopa. Substance use disorders were reported in a few cases. Psychiatric disorders (such as depressive symptoms) were current comorbidities in 30 of 48 cases. Some patients never gambled before PD. “Pure chance games” seemed to be the favorite type of game. The probability that GD is actually due to DRT is possible in 46 cases using the Naranjo algorithm.

Comparison of the 2 Groups of Patients

Patients in the ARI group seemed to be younger and were more prone to have a history of psychiatric disorders and substance use disorders.

The standardized clinical evaluation of the patients from the EVALJEU cohort gave us more precise information about clinical and gambling characteristics (Table 1). Thus, patients in the ARI group also seemed to have more pronounced impulsive traits based on the results from the UPPS questionnaire. They particularly displayed significantly higher scores on the (lack of) perseverance, the (lack of) premeditation, and the sensations seeking facets of impulsivity. A similar pattern was observed concerning the TCI. Patients in the ARI group showed significantly higher scores on the novelty seeking and the “reward dependence” dimensions. Conversely, patients in the DRT group scored significantly higher on the “self-directedness” dimension. In regard to the gambling trajectory, differences were observed between the 2 groups. Particularly, patients in the ARI group were significantly younger when they started gambling, became regular gamblers, and became problem gamblers. All of the patients (except 1 in the DRT group) were regular gamblers before the first administration of the studied medication, regardless of type of medication (ARI or DRT). The time elapsing between the first use of the medication and the beginning of gambling problems ranged from a few days to several months. Only 2 patients were already problem gamblers before the first administration of the studied medication, namely, ARI. In such cases, their gambling problems became worse after the administration of ARI. Patients in the ARI group seemed to have more serious gambling problems. They displayed a higher score on the GABS. Pure chance games were the only favorite gambling games for all of the patients in the DRT group, whereas the patients in the ARI group gambled on pure chance games, chance games with pseudo-skills, and reported playing poker. Their gambling motives included gambling to experience positive feelings, gambling to avoid negative emotions, and gambling to make money, which were equally reported by the patients in the DRT group. Half of the patients in the ARI group said that they gambled to make money. Finally, patients in the ARI group had a particularly low perceived control over gambling, in addition to particularly high gambling cravings.

DISCUSSION

This work aimed to characterize disordered gamblers whose GD could possibly result from an adverse drug reaction after the administration of a dopamine medication. Two types of dopamine medication were investigated involving 2 types of underlying diseases and thus 2 types of vulnerable patients. The probability that GD was actually due to a dopamine agonist was possible in 16 of 17 ARI cases and in 46 of 48 DRT cases. Gambling disorder appeared between a few days and a few months after dopaminergic medication was started—sometimes only after the dosage was increased—and it decreased between a few days and a few months after the treatment was stopped; in some cases, it stopped only after the dosage was decreased. The complex and varied temporal relationship between medication onset and GD onset has already been noted in a recent publication. Unfortunately, the published case reports were not presented in a standardized way, with important missing data in some cases (eg, history of a substance use disorder or GD severity). This lack of information is an important issue because GD etiology includes individual vulnerability factors, such as a premorbid psychiatric disorder, personality traits, maladaptive coping strategies, negative life events, and so on, as well as contextual factors, such as
### TABLE 1. Comparison of the Characteristics of ARI and DRT Patients

| Characteristics of All Cases | Mean (SD) or Percentage | ARI (n = 17) | DRT (n = 48) |
|-----------------------------|-------------------------|-------------|-------------|
| **Sociodemographic characteristics** |                        |             |             |
| Sex (% males)               |                        | 15/17 (88.2%) | 36/48 (75.0%) |
| Age, y                      |                        | 33.6 (13)  | 55.2 (10.0) |
| **Comorbidities current or past** |                        |             |             |
| Addictive disorders         |                        |             |             |
| Nicotine dependence         |                        | 8/17 | 3/48 |
| Alcohol use disorder        |                        | 5/17 | 8/48 |
| Substance use disorder (excluding alcohol) | | 6/17 | 0/48 |
| **Severity of gambling problems** |                        |             |             |
| DSM-IV score                |                        | 6.8 (2.2) | 5.93 (1.64) |

| Characteristics Only Provided in EVALJEU Cohort Cases | Mean (SD) or Percentage | ARI (n = 8) | DRT (n = 6) |
|------------------------------------------------------|-------------------------|-------------|-------------|
| **Sociodemographic characteristics** |                        |             |             |
| Marital status (% single, divorced, widowed)         |                        | 7/8 | 2/6 |
| Educational attainment (% >12 y)                     |                        | 5/8 | 2/6 |
| **Comorbidities current or past (MINI, WURS-C)** |                        |             |             |
| Mood disorders                                       |                        |             |             |
| Major depressive episode, dysthymia                  |                        | 6/8 | 1/6 |
| Risk of suicide                                      |                        | 7/8 | 1/6 |
| (Hypo)manic episode                                 |                        | 3/8 | 0/6 |
| Anxiety disorders                                    |                        | 6/8 | 1/6 |
| Psychotic syndrome                                  |                        | 5/8 | 0/6 |
| ADHD in childhood                                    |                        | 5/8 | 1/6 |
| Addictive disorders                                  |                        |             |             |
| Nicotine dependence                                  |                        | 7/8 | 3/6 |
| Alcohol use disorder                                 |                        | 5/8 | 1/6 |
| Substance use disorder (excluding alcohol)           |                        | 5/8 | 0/6 |
| **Personality traits (UPPS, TCI)**                  |                        |             |             |
| Impulsivity                                          |                        |             |             |
| Urgency                                              |                        | 37.8 (8.0) | 31.2 (5.3) |
| (Lack of) premeditation                              |                        | 28.8 (7.7) | 17.2 (4.3) |
| (Lack of) perseverance                               |                        | 23.6 (5.8) | 17.5 (3.1) |
| Sensation seeking                                    |                        | 31.0 (7.6) | 23.7 (5.8) |
| Temperament                                          |                        |             |             |
| Novelty seeking                                      |                        | 69.4 (19.4) | 44.2 (15.6) |
| Harm avoidance                                       |                        | 74.4 (28.3) | 47.5 (26.6) |
| Reward dependence                                    |                        | 72.5 (18.3) | 53.3 (16.9) |
| Persistence                                          |                        | 55.0 (14.1) | 63.3 (23.4) |
| **Character**                                        |                        |             |             |
| Self-directedness                                    |                        | 45.5 (18.9) | 79.3 (18.7) |
| Cooperativeness                                      |                        | 77.5 (19.2) | 77.3 (15.5) |
| Self-transcendence                                   |                        | 24.2 (14.7) | 31.1 (21.3) |
| **Gambling characteristics**                         |                        |             |             |
| Gambling trajectory                                  |                        |             |             |
| Age at initiation to gambling                        |                        | 16.5 (4.8) | 42.3 (15.2) |
| Age at start of regular gambling (at least 1 y)      |                        | 19.6 (3.6) | 45.3 (13.0) |
| Regular gambling before the first administration of ARI or DRT | | 8/8 | 5/6 |
| Age at start of gambling problem                     |                        | 31.8 (11.1) | 58.7 (5.5) |
| PG before the first administration of ARI or DRT      |                        | 2/8 | 0/6 |
| **Severity of gambling**                             |                        |             |             |
| GABS score                                           |                        | 98.0 (18.5) | 88.3 (4.7) |
| **Favorite type of game (Boutin's classification)** |                        |             |             |
| Pure chance games                                    |                        | 3/8 | 6/6 |

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TABLE 1. (Continued)

| Characteristics of All Cases                                      | Mean (SD) or Percentage |
|-------------------------------------------------------------------|-------------------------|
|                                                                   | ARI (n = 17)            | DRT (n = 48)            |
| Chance games with pseudo-skills                                   | 2/8                     | 0/6                     |
| Chance games with elements of skill                               | 3/8                     | 0/6                     |
| Usual medium of game                                              |                         |                         |
| Off line                                                          | 6/8                     | 5/6                     |
| On line                                                           | 2/8                     | 1/6                     |
| Gambling motives                                                  |                         |                         |
| To experience positive feelings (fun, excitement, conviviality, etc)| 2/8                     | 2/6                     |
| To avoid negative feelings (sadness, anxiety, boredom, etc)       | 2/8                     | 2/6                     |
| To make money                                                     | 4/8                     | 2/6                     |
| Perceived control over gambling (0–100)                           | 24.4 (29.2)             | 43.3 (22.5)             |
| Gambling craving (0–100)                                          | 67.5 (22.5)             | 51.7 (22.3)             |

MINI indicates Mini International Neuropsychiatric Interview; WURS-C, Wender-Utah Rating Scale-Child; ADHD, attention-deficit/hyperactivity disorder.

poor social support, a low educational or income level, many gambling opportunities, and so on. All of the factors could be confounders and should be considered. To alleviate this problem, the analysis of the EVALJEU cohort is invaluable. New clinical and gambling characteristics were highlighted, with differences between patients according to their medication. The greatest strength of our work was that it was based on a standardized assessment using validated tools. We obtained reliable data and proper diagnosis to compare the patients.

Two clinical patterns emerged. Patients in the ARI group were younger. Even if patients in the DRT group were older than the others, some were relatively young PD patients. Similar findings were reported in previous works that concluded that an early onset of PD was a predictive factor of DRT-induced GD or other impulsive control disorders. Previous works concluded that co-occurring psychiatric disorders, especially mood and anxiety disorders, were often associated with PD. Although some psychiatric disorders were observed as current comorbidities in patients in the DRT group, our results were not consistent with the literature, which may be explained by several hypotheses. First, patients in the DRT group were mostly men, and female sex is a risk factor of depression and anxiety in PD. Second, as noted by Grachev, the underlying pathological mechanisms of the association between depression and PD are complex and not yet completely understood, including brain changes. Recently, Vriend et al speculated that depressive symptoms in PD might be specifically associated with the degeneration of dopaminergic projections and possibly with those specifically from the ventral tegmental area, resulting in dopamine loss in the caudate nucleus. We can assume that this localized degeneration manifests itself after a particular number of years after PD onset. Starting DRT or optimizing its dosage often allows for improvements in depressive symptoms. All of the patients in the DRT group had been undergoing treatment for several years. Third, depressive thoughts can be denied by patients if PD occurs, and gambling could represent a way to avoid confrontation with these negative effects. Most of the patients in the DRT group gambled to experience positive feelings and to avoid negative feelings. Therefore, a way of acting out, such as gambling, could be an intrapsychic defense mechanism. It is not surprising to find many psychiatric disorders in the patients in the ARI group because this medication is indicated to treat mood and schizophrenic disorders. Patients with mood disorders or schizophrenia have high rates of co-occurring substance use disorders. Dual diagnoses were indeed common in our sample.

The data extracted from the EVALJEU cohort provided us more details. Indeed, differences between patients appeared when personality traits were considered. Pathological gamblers are significantly more likely to demonstrate impulsivity, sensation seeking, and novelty seeking than controls. Patients in the ARI group are characterized by their impulsive profile, with high novelty seeking. These are well-known features in substance misuse and behavioral addiction and are particularly pronounced in schizophrenic patients with a dual diagnosis. Parkinson disease patients are often described as low novelty seekers, whereas novelty seeking is robustly associated with PD. Therefore, this temperamental dimension allows for a distinction to be made between patients. Parkinson disease patients were more perseverant and seemed to be more persistent. Several hypotheses could be proposed to explain the differences between the patients: (1) sensation seeking tends to decrease with age; (2) sensation seeking scores vary with the favorite type of game; and (3) PD leads to prefrontal dysfunction in which perseverance is an early sign. A specific impairment of shifting behaviors after negative outcomes due to a disconnection between the anterior cingulate cortex and the striatum only affects PD patients with GD and not those without GD.

Patients using ARI or DRT also differed according to their gambling trajectory. Patients using ARI exhibit a classical young adult trajectory, and patients using DRT exhibit a mid-life trajectory, regardless of their medication. Mood disorders and schizophrenic disorders occur early in life and are risk factors of GD. In the last 2 decades, the increasing opportunities for gambling constitute an evident risk factor of GD in the general population and could explain why the patients in the DRT group (older patients) began gambling later in mid-life, approximately 20 years ago. All of these patients (except one) were regular gamblers before the first administration of ARI or DRT. Obviously, regular gambling is a risk factor of developing gambling problems. Patients in the ARI group seemed to experience more severe gambling problems, with a higher level of gambling-related cognition. Previous works concluded that GD severity and the gambling-related cognition level are positively correlated. The underlying bipolar or schizophrenic disorder may explain that patients exhibit more cognitive distortions, such as optimistic bias and superstitions. This view is supported by the main gambling...
motive reported in the ARI group: patients hoped to make money. Conversely, PD patients were seeking enhancement and coping, in addition to having a financial motive. Gambling motives both in the ARI group and in the DRT group could account for their favorite games: strategic games (which promote cognitive distortions, such as the illusion of control) in the ARI group and non-strategic games (to avoid thinking and allow escapism) in the DRT group. Persistence, perseverance, and perseverance, which are dimensions displayed by the PD patient, could explain why they preferred gambling using slot machines or scratch cards.

CONCLUSIONS
The hypothesis that both ARI and DRT could be involved in the development of impulse control disorders or behavioral addictions, especially GD, is supported by our results. In our study, patients in the ARI group seemed to be more severe problem gamblers than patients in the DRT group, leading to an apparent pharmacological paradox. Indeed, ARI is a partial D2 receptor agonist, whereas DRT includes full D2 receptor agonist. These observations may be related to the initial disorders for which the treatment is indicated, various effects of the environment, or life habits. The trigger mechanism of developing GD is complex and cannot be attributed only to the dopaminergic drugs’ pharmacodynamic effects. Indeed, the characteristics of the various diseases for which treatment is indicated and the environment need to be considered to understand the type of gambling behavior the patient may develop. Vigilance regarding the prescription of dopaminergic therapy is still required. However, given the limitations of our work (small number of case reports, heterogeneous assessment methods, etc), further studies are needed to attribute a causal relationship between medication and GD. A cohort study is a promising way to obtain further evidence.

AUTHOR DISCLOSURE INFORMATION
M.G.B., A.S., J.L., and G.B. declare that the Addictology and Psychiatry Department has received funding directly from the University Hospital of Nantes and French state gambling operators (FDJ and PMU). Scientific independence toward gambling industry operators is warranted. There were no constraints on publishing. The work under consideration for publication is part of the EV ALJEU cohort, for which the Addictology and Psychiatry Department has received grants from the French Health Ministry and the French interdepartmental agency for the fight against drugs and drug addiction. P.D. received research support from the Michael J. Fox Foundation for Parkinson's disease and the France Parkinson association and a speech honorarium from Novartis.

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