Methods for Elemental Analysis of Size-Resolved PM Samples Collected on Aluminium Foils: Results of an Intercomparison Exercise

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Abstract: Aluminium is the most common substrate in studies using impactors for the measurement of the number or the weight of size-segregated atmospheric particulate matter (PM), as its characteristics perfectly fit impactor requirements. However, its use is not recommended by manufacturers when one of the purposes of the study is the determination of the metal content in the sample. The aim of this work was to develop an efficient analytical procedure for the removal and acid digestion of PM samples collected on aluminium foils by a cascade impactor to perform the determination of metals. The possibility of performing the trace metal analysis of PM samples collected using aluminium foils is of great importance, as it allows the determination of an accurate size distribution and the elemental composition of the PM collected on each impactor stage. Two procedures were optimised by using different digestion and analysis techniques. Both procedures were then applied to the two halves of several Dekati low-pressure impactor (DLPI) samples, and the results were critically compared. The two procedures proved to be effective in the determination of extremely low concentrations of a large suite of analytes in different size fractions of PM emitted by a brake system.

Keywords: impactor; aluminium foils; digestion; elemental analysis; metals; atmospheric particulate matter

1. Introduction

Over the last decades, the physical and chemical characterisation of airborne particulate matter (PM) has become increasingly important due to its impact on the health of living organisms [1,2], visibility reduction [3,4], and, at a larger scale, the overall Earth climate [5,6]. Atmospheric residence times, deposition rates, and health risks are predominantly influenced by the particle size distribution. The health risks associated with PM arise from the possibility of deposition of particles in the human respiratory system; in particular, the depth that particles can travel, and hence the damages they can cause to the organism, mostly depend on the particle size [7]. For this reason, the study of the particle size distribution and of the composition of the different size fractions is extremely important. The classification of the particle sizes is often performed with regards to the aerodynamic diameter, defined as the diameter of a spherical particle of density 1 g/cm³ having a settling velocity equal to that of the particle in question, regardless of the actual shape of the particle [8]. Ultrafine particles (aerodynamic diameter < 0.1 µm) are potentially able to penetrate the alveolar epithelium and reach the bloodstream. Additionally, due to their large specific surface area, they are extremely reactive, a fact that often results in enhanced inflammatory potential and greater toxicity [9].
As a result of these findings, monitoring and regulation of PM have evolved, and the focus has moved from total concentrations (i.e., total suspended particulates) to smaller inhalable particles \([10]\). For this reason, the techniques used for sampling and collection of particles include size cut-off inlets such as impactors. Impactors are devices based on the principle that, when a flow of air sharply bends, suspended particles continue in a straight line due to their inertia. If air bending is caused by the presence of a surface, i.e., a collection plate, particles will impact on it and may stick on it. By taking into consideration that larger particles have greater inertia, it is possible to build multistage cascade impactors, in which orifice diameters become increasingly smaller at each stage, causing the air to move faster and hence the size of the impacted particles to decrease. Each collection plate will then contain particles of a characteristic size interval, which can be weighed and separately analysed \([11]\).

To ensure high collection efficiencies and cut-points equal to the ones declared by manufacturers, the collection substrates for impactors should be thin, be nonporous, and have a smooth surface. The substrate material may vary according to measurement conditions (e.g., temperature) and chosen analytical methods; theoretically, any substrate with the above-mentioned characteristics could be used, yet published literature does not offer sufficient information on the collection efficiency of each material.

The substrate material recommended by the impactor manufacturers is aluminium foil: its thickness and the smoothness of its surface perfectly meet the requirements for collection substrates, and, in addition, it is inexpensive and easy to handle (the foils can be made of household aluminium foil). However, the hardness of the metal surfaces does not limit particle bounce, which should then be prevented by covering the surface with an appropriate sticky substance (e.g., Apiezon-L, a grease made of a combination of hydrocarbons) \([12]\). Furthermore, the nature of the material causes the inorganic analysis to be quite difficult to perform. Then their use is limited to gravimetric measurements, microscopy studies, and determination of organic substances \([13–16]\). Elemental analysis of samples collected on aluminium foils is usually performed with techniques that do not require acid digestion, such as X-ray photoelectron spectroscopy (XPS), in which aluminium interferences are removed by using an appropriate wavelength filter \([17]\), or laser ablation techniques, in which samples are removed from the substrates by sublimation \([18,19]\). However, for performing analysis with techniques requiring the complete solubilisation of samples (e.g., inductively coupled plasma–optical emission spectroscopy, ICP-OES; inductively coupled plasma–mass spectrometry, ICP-MS; atomic absorption spectroscopy, AAS), substrates made of other materials, such as polycarbonate \([20]\) and Teflon \([21,22]\), are used. Such materials can easily be digested but do not represent the first choice from the collection efficiency point of view, as they may determine a shift of the cut-off sizes from the ones provided by the manufacturer \([12,14,23]\). Moreover, when using polycarbonate or Teflon filters, accurate gravimetric measurements can be quite difficult to perform, since those materials can frequently become highly electrostatic. For these reasons, the possibility of performing trace metal analysis of PM samples collected using aluminium foils is of great importance, since it allows the determination of an accurate size distribution and the elemental composition of the PM collected on each impactor stage. This possibility is crucial when analysing atmospheric particulate matter samples deriving from a braking system, as their elemental composition and size distribution are extremely characteristic and of enormous help in studying their nature, as they can provide information on the variability of the composition of different braking systems despite their low concentrations.

It is important to emphasise the lack of specific analytical studies in this area, which is the reason why this study proposed analytical solutions to broaden knowledge and to allow trace metal analysis despite the unsuitable support material.

The objective of this work was to develop an efficient analytical procedure for the removal and acid digestion of PM samples collected on aluminium foils covered with Apiezon-L by a cascade impactor in order to perform the size-resolved determination of metals in PM samples.
Two procedures were tested: one using oven digestion and the other using microwave-assisted digestion. The mixture to be used for the oven digestion was not optimised here as it had already been used in previous works \cite{24-27}. Instead, the microwave-assisted digestion was optimised by testing five different acid mixtures. In both cases, the PM samples were removed from the aluminium foil by means of a small cotton wad, which was subsequently digested and analysed.

2. Results and Discussion

2.1. Preliminary Checks

Table 1 shows the results of testing five different acid mixtures for the microwave digestion (Mixture A: 4 mL HNO$_3$ + 1 mL H$_2$O$_2$, without H$_3$BO$_3$; Mixture B: 4 mL HNO$_3$ + 2 mL HF, with 0.7 g of H$_3$BO$_3$; Mixture C: 4 mL HNO$_3$ + 2 mL HF, without H$_3$BO$_3$; Mixture D: 4 mL HNO$_3$ + 1 mL HF + 1 mL HCl, with 0.7 g of H$_3$BO$_3$; and Mixture E: 4 mL HNO$_3$ + 1 mL HF + 1 mL HCl, without H$_3$BO$_3$).

| Analyte | Mixture A | Mixture B | Mixture C | Mixture D | Mixture E |
|---------|-----------|-----------|-----------|-----------|-----------|
| Ba      | −12       | −3        | −46       | −1        | −28       |
| Ca      | −3        | 9         | −70       | 9         | −61       |
| Cd      | −14       | −19       | −22       | −21       | −18       |
| Co      | −53       | 1         | −8        | −8        | −14       |
| Cr      | −63       | −53       | −62       | −70       | −72       |
| Cu      | −7        | 3         | −4        | −3        | 3         |
| Fe      | −19       | 4         | −29       | 1         | 1         |
| K       | −19       | −1        | −6        | −4        | 3         |
| Mg      | −43       | −14       | −88       | −6        | −80       |
| Mn      | −23       | −12       | −23       | −9        | 13        |
| Na      | −11       | −10       | −16       | −5        | −13       |
| Ni      | −37       | −9        | −5        | −12       | −6        |
| Pb      | −2        | 2         | −5        | −3        | 2         |
| Ti      | −67       | −4        | −5        | −4        | 5         |

Overall, mixtures B and D resulted the most effective ones. It is evident that H$_3$BO$_3$ plays a key role in promoting the analyte recoveries, especially for the elements Ba, Ca, and Mg, probably due to the removal of insoluble fluoride compounds and the formation of more soluble BF$_4^-$ complexes \cite{28, 29}. As the results from the two mixtures including H$_3$BO$_3$ were similar to each other, we chose mixture B (4 mL HNO$_3$ + 2 mL HF, followed by the addition of 0.7 g of H$_3$BO$_3$), which is simpler and ensures lower matrix blanks. Indeed, the metal concentrations in size-resolved PM samples are sometimes extremely low; for this reason, it is absolutely necessary to keep the matrix blank concentrations as low as possible.

The mixture to be used for the oven digestion was not optimised here as it had already been used in previous works \cite{24-27}.

Tables 2 and 3 shows the results of preliminary checks for both oven digestion and microwave-assisted digestion: sample blank concentrations and relative percentage errors obtained for CRM; the relative percentage errors reported for Ca, an element not certified in the CRM NIST 1648, were estimated from the values certified for NIST 1648a (second batch of CRM “Urban particulate matter”). Considering that the standards for the analysis of the oven-digested samples were prepared in 0.1% HNO$_3$, the matrix contribution (oven digestion of the acidic mixture only) had to be subtracted from the resulting concentrations. As the analysis of the microwave-digested samples was performed by using the matrix-matching approach (the standards were prepared in a matrix obtained by microwave digestion of the acidic mixture), no subtraction was performed on the resulting concentrations.
Table 2. Results of preliminary checks—sample blank concentrations.

| Analyte | Aluminium Foil | Cotton | Leached Cotton | Leached Cotton on Al | Aluminium Foil | Cotton | Cotton on Al |
|---------|----------------|--------|---------------|---------------------|----------------|--------|--------------|
|         | Oven | Oven | Oven | Microwave | Microwave | Microwave |               |        |
| Al      | $5 \times 10^5 \pm 1 \times 10^5$ | $34 \pm 1$ | $34 \pm 9$ | $40 \pm 10$ | $6 \times 10^4 \pm 1 \times 10^4$ | $40 \pm 10$ | $60 \pm 10$ |
| Ba      | <SB  | $0.52 \pm 0.02$ | $0.52 \pm 0.05$ | $0.46 \pm 0.06$ | n.a. | $3.1 \pm 0.8$ | $3.1 \pm 0.5$ |
| Ca      | <SB  | $310 \pm 20$ | $160 \pm 30$ | $300 \pm 50$ | <7.6 | $560 \pm 70$ | $560 \pm 70$ |
| Cd      | <0.054 | $<0.054$ | $<0.054$ | $<0.054$ | <0.043 | <0.043 | <0.043 |
| Co      | $2.0 \pm 0.4$ | $<0.018$ | $<0.018$ | $<0.018$ | $0.7 \pm 0.2$ | <0.30 | <0.30 |
| Cr      | $6.4 \pm 0.7$ | $0.5 \pm 0.2$ | $0.5 \pm 0.2$ | $3 \pm 2$ | <0.33 | <0.33 |
| Cu      | $120 \pm 10$ | <SB  | $0.09 \pm 0.02$ | $24 \pm 3$ | <0.91 | <0.91 |
| Fe      | $3400 \pm 300$ | $14 \pm 2$ | $13 \pm 4$ | $20 \pm 3$ | $3000 \pm 700$ | $31 \pm 8$ | $53 \pm 9$ |
| K       | $20 \pm 10$ | $38 \pm 4$ | $20 \pm 5$ | $26 \pm 4$ | $27 \pm 8$ | $44 \pm 9$ | $110 \pm 10$ |
| Mg      | <SB  | $80 \pm 20$ | $46 \pm 7$ | $44 \pm 8$ | <0.50 | $160 \pm 20$ | $140 \pm 40$ |
| Mn      | $110 \pm 10$ | $1.07 \pm 0.03$ | $0.8 \pm 0.2$ | $0.9 \pm 0.1$ | $560 \pm 70$ | $0.8 \pm 0.5$ | $1.59 \pm 0.08$ |
| Na      | $30 \pm 20$ | $290 \pm 20$ | $21 \pm 5$ | $30 \pm 10$ | <30 | $370 \pm 20$ | $330 \pm 60$ |
| Ni      | $22 \pm 2$ | $0.5 \pm 0.1$ | <0.17 | <0.17 | $13 \pm 2$ | <1.8 | <1.8 |
| Pb      | $6 \pm 4$ | $0.17 \pm 0.04$ | <SB  | $0.02 \pm 0.01$ | $4 \pm 1$ | <0.18 | <0.18 |
| Ti      | $90 \pm 20$ | $0.9 \pm 0.3$ | $0.6 \pm 0.4$ | $0.8 \pm 0.3$ | $113 \pm 7$ | $3 \pm 1$ | $2.3 \pm 0.7$ |
| Zn      | $120 \pm 50$ | $1.3 \pm 0.7$ | <SB  | $2.1 \pm 0.6$ | $70 \pm 10$ | $4 \pm 2$ | $4 \pm 2$ |

SB = sample blank; n.a. = not analysed.

Table 3. Results of preliminary checks—relative percentage errors obtained for CRM NIST 1648 (“Urban particulate matter”).

| Analyte | Aluminium Foil | Aluminium Foil | Leached Cotton | Cotton |
|---------|----------------|----------------|---------------|--------|
|         | Oven | Microwave | Oven | Microwave |
| Al      | –600 | 92   | 2   | –9    |
| Ba      | –27  | n.a.   | –10 | n.a.   |
| Ca      | –37  | –78   | 6   | –1    |
| Cd      | –1   | –5    | –22 | –1    |
| Co      | –11  | –32   | –8  | –31   |
| Cr      | –50  | –62   | –44 | –38   |
| Cu      | –13  | –14   | –12 | –12   |
| Fe      | –15  | –26   | –8  | –9    |
| K       | –29  | 3     | –1  | –1    |
| Mg      | –12  | –91   | –2  | –11   |
| Mn      | –25  | –18   | –3  | –9    |
| Na      | –4   | –30   | 5   | –6    |
| Ni      | –8   | 9     | –3  | –2    |
| Pb      | –10  | –20   | 4   | –10   |
| Ti      | –15  | –10   | –47 | –10   |
| Zn      | –31  | –23   | –3  | –15   |

n.a. = not analysed; the results reported for Ca were estimated from the values certified for NIST 1648a.

Regarding the direct digestion of aluminium foils (all supplied by the manufacturer Dekati Ltd., Kangasala, Finland), we noticed that sample blank concentrations of Al, Fe, Mn, Ni, Ti, and Zn were remarkably high with both digestion procedures. In addition, the relative percentage errors obtained for CRM, for the microwave-assisted digestion procedure, were too high for considering this as a viable option. Therefore, we decided to avoid direct digestion and focused instead on the removal of samples from their supports by using small cotton wads. Two different cotton brands were tested to choose the brand resulting in lower sample blank concentrations (the results obtained on the discarded brand
are not shown). The use of cotton wads gave satisfactory results on both sample blanks and CRM, and, after leaching, the sample blank concentrations of Ca, Cr, Mg, Mn, Na, and, to a lesser extent, K further significantly decreased (Table A4). It is important to underline that, when the determination of these metals is not required, the cotton leaching process might be useless and even detrimental. Unnecessary steps in analytical procedures should always be avoided to limit the possibility of sample contamination. For this reason, the microwave-assisted digestion procedure was optimised without the cotton leaching step so as to evaluate how this choice can influence the sample results. Values reported in Table 2 as “Leached cotton on Al” represent the results of the digestion of cotton after wiping unused aluminium foils, i.e., sample blank concentrations subtracted from the final sample concentrations. When the cotton wads were used for wiping the aluminium foils, a significant increase in Fe was observed with both procedures, whereas a significant increase in Ca took place only with the oven procedure, and a significant increase in Mn was observed only with the microwave procedure.

2.2. Evaluation of the Method Performances

The repeatability of the analytical techniques can be considered satisfactory, as relative standard deviations (RSD—not shown) are lower than 5%, with very few exceptions. The repeatability of measurements performed with the Perkin-Elmer ICP-OES was the highest, whereas the measurements performed with the GF-AAS were the least repeatable. These values imply that, from the point of view of precision, both procedures are suitable for the analysis of airborne brake wear particles.

The regression models obtained with the Passing–Bablok algorithm are shown in Figure 1, and the model coefficients are reported in Table 4.

Table 4. Model coefficients obtained with Passing–Bablok regression at a confidence level of 95%.

| Analyte | Value     | Lower Bound | Upper Bound |
|---------|-----------|-------------|-------------|
| Al      | Intercept | −2.070      | −2.971      | 0.309       |
|         | Slope     | 0.913       | 0.696       | 1.067       |
| Ba      | Intercept | −0.324      | −7.572      | 1.012       |
|         | Slope     | 0.902       | 0.777       | 1.055       |
| Ca      | Intercept | 4.363       | −101.804    | 18.038      |
|         | Slope     | 0.732       | −0.081      | 7.941       |
| Cr      | Intercept | 0.104       | −0.077      | 0.258       |
|         | Slope     | 0.859       | 0.699       | 0.949       |
| Cu      | Intercept | 0.103       | −0.196      | 0.255       |
|         | Slope     | 0.729       | 0.583       | 1.385       |
| Fe      | Intercept | 3.438       | −42.951     | 13.079      |
|         | Slope     | 0.766       | 0.705       | 0.921       |
| Mg      | Intercept | 0.305       | −23.327     | 3.420       |
|         | Slope     | 0.653       | 0.187       | 3.440       |
| Mn      | Intercept | 0.055       | −0.107      | 0.180       |
|         | Slope     | 0.861       | 0.799       | 1.238       |
| Na      | Intercept | 20.223      | −39.626     | 11.560      |
|         | Slope     | −1.000      | 0.971       | 12.617      |
| Pb      | Intercept | −0.033      | −0.107      | −0.006      |
|         | Slope     | 0.993       | 0.792       | 1.878       |
| Ti      | Intercept | 0.032       | −0.398      | 0.327       |
|         | Slope     | 0.880       | 0.674       | 1.438       |
| Zn      | Intercept | −8.514      | −15.368     | −1.238      |
|         | Slope     | 1.210       | 0.972       | 1.344       |
Figure 1. Regression models obtained with Passing–Bablok algorithm; points represented by diamonds were not included in model calculations.

For most of the analytes, the results obtained with the two techniques are in good agreement, even though we found some outliers. The latter, represented by diamond shapes in the graphs, were not included in the model calculation. The slopes are often lower than one, indicating that the microwave-assisted digestion procedure gave slightly lower results than the oven digestion procedure. The same behaviour can be found for Al, Mg, Mn, and Pb in the relative percentage errors obtained for the CRM (Table 3), indicating that, for these analytes, the oven digestion procedure provides better recoveries. For the other analytes, the sample having the highest concentration was subjected, in the oven digestion procedure, to a slight overestimate, determining a remarkable change in the slopes of the interpolation lines.
For all the analytes, the null hypothesis $H_0$, stating that the relationship between the two variables is linear (slope equal to 1 and intercept equal to 0), was accepted. Nevertheless, it is important to notice that the slope and intercept confidence intervals calculated for Ca, Mg, and Na are remarkably high, demonstrating the weakness of the model built for those analytes. In addition, the slope calculated for Na is negative. The reason for the poor agreement between the results obtained for these three analytes with the two techniques might be found in the high and extremely variable content of these elements in the cotton wads used for the removal of samples from supports. Indeed, the leaching process was only performed in the oven digestion procedure, thus demonstrating the importance of this step when the determination of these metals is required. In both digestion procedures, sample blank concentrations were subtracted to sample results, but the variability of the content of Ca, Mg, and Na in cotton caused an overestimate or an underestimate of their content in some of the samples. It is important to clarify that these elements are not considered as markers for airborne brake wear particles, since their content in atmospheric PM derives from other sources (e.g., sea spray and soil dust). For the elements most commonly determined in atmospheric PM samples emitted by brake wear (e.g., Ba, Fe, Mn, and Zn), the results obtained with both procedures are generally comparable. Therefore, it seems that both methods are effective in the analysis of brake wear PM samples collected on aluminium supports, thus allowing for a single sampling for the accurate determination of both the sample weight and metal content.

Table 5 reports the analyte concentrations in cotton wads used for further wiping of blank aluminium foils and of aluminium foils after the removal of samples; the p-values resulting from the Mann–Whitney test, performed for checking the efficiency of particle removal from supports, are also reported.

### Table 5. Concentrations of analytes in cotton wads used for further wiping of blank aluminium supports and of aluminium supports after removal of samples (oven digestion); p-values obtained with Mann–Whitney test (p-values lower than 0.05 are in bold) for verifying if the removal of samples from aluminium foils was complete.

| Analyte | Cleaned Blank Supports (µg/kg) | Cleaned Sample Supports (µg/kg) | Mann-Whitney p-Values |
|---------|-------------------------------|-------------------------------|-----------------------|
| Al      | 5000 ± 2000                   | 6000 ± 3000                   | 0.278                 |
| Ba      | 0.4 ± 0.1                     | 4 ± 4                         | 0.005                 |
| Ca      | 130 ± 10                      | 130 ± 20                      | 0.538                 |
| Cd      | <0.054                        | <0.054                        | -                     |
| Co      | <0.018                        | <0.018                        | -                     |
| Cr      | 0.7 ± 0.3                     | 1.3 ± 0.7                     | 0.127                 |
| Cu      | 0.7 ± 0.4                     | <SB                           | -                     |
| Fe      | 11 ± 2                        | 130 ± 80                      | 0.018                 |
| K       | 4 ± 3                         | <SB                           | -                     |
| Mg      | 50 ± 9                        | 40 ± 6                        | 0.980                 |
| Mn      | 1.5 ± 0.6                     | 3 ± 1                         | 0.070                 |
| Na      | 60 ± 40                       | 30 ± 20                       | 0.821                 |
| Ni      | <0.17                         | <0.17                         | -                     |
| Pb      | 0.2 ± 0.2                     | 0.2 ± 0.1                     | 0.278                 |
| Ti      | 0.3 ± 0.1                     | 1.3 ± 0.4                     | 0.022                 |
| Zn      | 2 ± 2                         | 5 ± 2                         | 0.232                 |

The results of the test indicate that, for most of the analytes, the concentrations found by digesting the cleaned supports are not significantly higher than the concentrations of the sample blanks. The only exceptions are represented by Ba and Fe, which are among the analytes presenting the highest concentrations in the PM samples analysed; for this reason, the percentage of loss of these analytes from the samples can be considered negligible. For all the other analytes, it is possible to affirm that the removal of PM from the supports was complete.
By comparing the sample blanks of cotton wads used for wiping unused aluminium foils (Table 2, “Leached cotton on Al”) and sample blanks of cotton wads used for further wiping of blank aluminium foils (Table 5, “Cleaned blank supports”), it is evident that the latter shows a very strong release of aluminium, probably due to the previous removal of the superficial passivated film from the aluminium foil; the other analyte concentrations do not significantly vary.

2.3. Sample Results and Data Analysis

Figure 2 represents the size distribution of elements over the 13 size fractions analysed with the cotton-oven procedure; Cd, Co, K, and Na results could not be plotted due to the absence of a sufficient amount of data above the detection limit.

Figure 2. Size distribution of analytes over the 13 size fractions (oven digestion).

For all the analytes, the size distribution appears unimodal, with a peak for Fraction 9 (size range 1.60 to 2.39 µm). This is coherent with the size distribution of PM weight collected for the 13 size fractions (Figure 3), even though the latter presents a bimodal distribution, with a second smaller peak for Fraction 5 (size range 0.262 to 0.382 µm). This size distribution is in line with that reported in several literature studies where various brake pads were tested [30–33]. In particular, Sanders et al. (2003) [31] considered NAO, LM, and SM types on a brake dynamometer and found particle mass size spectra with modes at 3–4 µm, despite the use of different braking scenarios. However, in tests of various brake linings including both NAO and SM types using a brake dynamometer, Garg et al. (2000) [32] reported highly varied particle mass size spectra, with a mass median diameter of 2.49 ± 3.47 µm. This variability was attributed by Sanders et al. (2003) [31], in part, to particle losses in the sampling system. We cannot exclude the fact that the differences found in the size distribution of the total mass and of the studied chemical elements (Figure A1) may be due to possible sample losses during the sampling and pre-treatment phase. Indeed, it is known that in the micron-size range, particle losses tend to increase with the particle size, and this can strongly influence the element distribution in the larger fractions. Concerning the second smaller peak for Fraction 5, it is likely that this
trend may be due to carbonaceous species considering the general composition of disc and brake pads. Indeed, these particles can arise from the heat release and possible combustion of the organic materials used as binders in the brake linings, as brake temperatures rise to 550 °C during the AK Master test. However, the mass contribution of these particles is low due to their small sizes, and the mass emissions are dominated by the mechanically generated wear particles.

Figure 3. Size distribution of PM mass [mg/Nm³] over the 13 size fractions.

Table A5 shows the elemental concentrations and standard deviations found in airborne brake wear particles when the cotton-oven procedure was applied. From the latter concentrations and the PM weights reported in Table A1, the relative importance of the determined analytes was calculated. Fe represents an extremely variable and sometimes considerable portion of the PM weight, ranging from 0.5% for Fraction 4 (size range 0.157 to 0.262 µm) to 56% for Fraction 9 (size range 1.60 to 2.39 µm). Semi-metallic pads, such as the one we tested, generally contain a mixture of organic and metallic ingredients, and typically more than 50% of the pad content is represented by ferrous materials (i.e., iron powder and steel fibres). Therefore, even though one of the sources of Fe in PM emitted by brake systems might be the wear of the grey cast iron disc, it is likely that, in this case, a significant portion of the emitted Fe derives from the pad wear. The second most important element, in terms of the percentage of the emitted PM weight, is Zn, whose contribution is much more stable throughout the different size fractions: this element represents a portion ranging from 0.7% for Fraction 4 (size range 0.157 to 0.262 µm) to 3.3% for Fraction 9 (size range 1.60 to 2.39 µm). The concentrations of toxic elements, such as Cd, Ni, and Pb, are often extremely low, representing less than 0.01% of the emitted PM weight or even lying below the DL.

3. Materials and Methods

3.1. Sample Collection

The samples collected derived from airborne brake wear particles generated using a brake dynamometer, an instrumentation that simulates braking under controlled conditions, thus verifying the behaviour, the duration, and performance of the braking system. The dynamometer bench manages to simulate the mass of the vehicle to be stopped by means of a series of large flywheels on which the inertial masses correspond to the weight of the vehicle. The brake pads commercially available can be distinguished into three families according to the content of metal fibres: non-asbestos organic (NAO) pads, which present less than 10% metal fibres but a higher content of organic and/or mineral fibres; low steel (LS) pads, which present an average amount of metal fibres up to 10–30%; and semi-metallic (SM) pads, which consist of a metal fibres content ranging from 30% up to 65%. For this study, one semi-metallic brake pad was tested by means of an AK Master schedule, a test used by worldwide friction industry to screen the friction material effectiveness by varying braking parameters [34,35]; the whole dynamometer test includes 20 test sequences. The size-resolved PM samples collected for this study derive from section 9,
namely “Fade 1”: 15 stops from a velocity of 100 km/h to 5 km/h were performed at a deceleration level of 0.4 g, increasing the initial temperature \(T_{\text{i max}} = 550 \, ^\circ\text{C}\). Particulate samples were collected with a Dekati low-pressure impactor (DLPI), a 13-stage cascade low-pressure impactor with cut-off sizes at 9.96, 6.60, 4.00, 2.39, 1.60, 0.949, 0.614, 0.382, 0.262, 0.157, 0.0934, 0.0549, and 0.0282 µm of particle aerodynamic diameter (reported as \(d_{50}\) in Table A1). The ‘cut-off size’ corresponds to the aerodynamic diameter of particles trapped with an efficiency of 50% on a given stage, so each size fraction collected on a cascade impactor is determined by the cut-off diameter of the current stage (lower diameter limit) and that of the previous stage (upper diameter limit). Aluminium foils (25 mm diameter) coated with Apiezon-L were employed as collection surfaces. The sample flow rate was 30 L/min.

3.2. Apparatus and Reagents

The dissolution of samples was carried out using alternatively a Memmert INB200 oven or a Milestone MLS-1200 Mega microwave laboratory unit. Analyses were carried out using the following instruments: an inductively coupled plasma–optical emission spectrometer (ICP-OES) and an inductively coupled plasma–mass spectrometer (ICP-MS) for the oven-digested samples, and ICP-OES and a graphite furnace atomic absorption spectrometer (GF-AAS) for the microwave-digested samples. Table A2 shows the model and features of each instrumental technique used. The choice of the suitable analysis technique for each element was evaluated depending on the sensitivity of the instrumentation and on the acid digestion mixture used to mineralise the samples. For oven digestion, the ICP-OES was used for elements present at high concentrations; the ICP-MS was selected for all those elements present at low concentrations. For microwave-assisted digestion, the ICP-OES instrument was always used for the abundant elements; the GF-AAS was used for low-concentration elements considering the matrix of the samples and the procedure that did not include an evaporation step of the solvent, which contained HF, which is not compatible with the ICP-MS instrumentation. The experimental conditions applied for ICP-OES, ICP-MS, and GF-AAS analysis are reported in Table A3. Detection limits (DLs) of the analytes of interest were experimentally determined for each technique used; DL values represent the analyte concentration corresponding to three times the standard deviation of the matrix blank (Table A3).

Reagents were all of analytical purity. Water was purified in a Milli-Q system, resulting in high purity water (HPW) with a resistivity of 18.2 MΩ·cm. Intermediate metal standard solutions were prepared from concentrated (1000 and 10,000 mg/L) stock solutions (Sigma-Aldrich TraceCERT (St. Louis, MO, USA) or CPI International (Santa Rosa, CA, USA)) and acidified to pH = 1.5.

3.3. Procedures

3.3.1. Oven Digestion

The oven digestion consisted of the addition of 2.5 mL HF and 1.25 mL HNO₃ to the sample in a screw-cap Teflon vessel. The samples were then heated at 90 °C for 12 h. After cooling, 1.25 mL HClO₄ was added and vessels were placed open on a heating plate at 240 °C for evaporating to dryness; then, 0.5 mL HNO₃ was added and evaporated again. The solid residue was dissolved in other 0.5 mL HNO₃, and HPW was added until the final volume of 12 mL. The absence of solid residues was ensured by centrifugation [26].

As a preliminary check, the direct digestion of aluminium foils was executed, both alone (aluminium foil only) and with 10 mg of the certified reference material (CRM) NIST 1648 (“Urban particulate matter”). Subsequently, we tried to evaluate the possibility of using small cotton wads for removing the PM samples from the aluminium foils. For this aim, 10 mg of cotton was digested, both alone (cotton only) and with 10 mg of CRM NIST 1648. Two different cotton brands were tested. Afterwards, 3 g of cotton was leached with 300 mL of HPW for 8 h by means of a rotating shaker; cotton was squeezed with a polypropylene and polyisoprene syringe and dried in an oven at 60 °C for 14 h. Cotton tests
were then repeated by using 10 mg of leached cotton. Eventually, some unused aluminium foils were cleaned with 10 mg of leached cotton wetted with a drop of HNO₃; the cotton wads were then digested for obtaining sample blank concentrations to subtract from the final sample concentrations.

After the optimisation steps, the chosen procedure was applied to one half of the 13 DLPI samples: 10 mg of leached cotton and a drop of HNO₃ were used for wiping each aluminium foil and then digested. To verify that the removal of samples from the aluminium foils was complete, both sample blank supports and sample supports were further cleaned with 10 mg of leached cotton wetted with a drop of HNO₃; the cotton wads were then digested, and the solutions obtained in the two cases were compared.

3.3.2. Microwave-Assisted Digestion

For the microwave-assisted digestion, tetrafluoromethoxyl (TFM) vessels were used. Five different acidic mixtures were tested to find the best digesting conditions (Table 6); 30 mg of CRM BCR 176 (“City waste incinerator fly ash”) was used for this purpose.

Table 6. Acid mixtures tested for microwave-assisted digestion.

| Mixture | Acids | H₃BO₃ |
|---------|-------|-------|
| A       | 4 mL HNO₃ + 1 mL H₂O₂ | No     |
| B       | 4 mL HNO₃ + 2 mL HF   | 0.7 g  |
| C       | 4 mL HNO₃ + 2 mL HF   | No     |
| D       | 4 mL HNO₃ + 1 mL HF + 1 mL HCl | 0.7 g |
| E       | 4 mL HNO₃ + 1 mL HF + 1 mL HCl | No     |

The heating program, previously optimised for PM samples [36], consisted of six steps: 1 min at 250 W; 2 min applying no power; 5 min at 200 W; 5 min at 350 W; 5 min at 550 W; and 5 min at 250 W. When H₃BO₃ was added, this was carried out after the actual digestion: the vessels were previously cooled and, after the addition, a further heating step (5 min at 250 W) was appended. At the end of the treatment, the samples were diluted to 25 mL with HPW. The absence of solid residues was ensured by filtration with Whatman Grade 5 cellulose filters, previously cleaned with 20 mL HPW.

As for the oven digestion, the direct digestion of aluminium foils was executed, both alone (aluminium foil only) and with 20 mg of the CRM NIST 1648. Subsequently, 20 mg of cotton was digested, both alone (cotton only) and with 20 mg of CRM NIST 1648.

After the optimisation steps, the chosen procedure was applied to the other half of the DLPI samples: two cotton wads of 20 mg, wetted with HNO₃, were used for wiping each aluminium foil and then digested.

3.4. Data Analysis

The Mann–Whitney test (one-sided, level of confidence 95%) was used for verifying whether the leaching of cotton and the wiping of the aluminium supports determined a significant increase in some analytes, and for verifying if the removal of samples from the aluminium foils was complete [37,38]. In the first two cases (leaching of cotton and wiping of aluminium supports), the test could not be performed for Cd, Co, Cu, Ni, Pb, and Zn on oven-digested samples and on Cd, Co, Cu, Ni, Pb, and Zn for microwave-digested samples, as most of the results obtained for these analytes were below the sample blank or the detection limit. In the latter case (removal of samples from supports), the test could not be performed for Cd and Co as the results obtained for these analytes were all below the detection limit. Method comparison was performed by the Passing–Bablok regression (level of confidence 95%), a nonparametric technique that does not require that one of the analytical procedures (the x variable) is exempt from error [39–41]. No regression model could be calculated for Cd, Co, K, and Ni due to the absence of a sufficient amount of data from the two digestion procedures. XlStat 2018.1 software package, an add-on of Microsoft Excel, was used for performing the calculations.
4. Conclusions

In this study, two analytical procedures for metal determination in PM collected on aluminium foils were developed, differing from each other on the digestion and analysis techniques applied. Both the procedures included the removal of samples from the supports by using small cotton wads wetted with nitric acid. The efficiency of the removal process was proved by further wiping aluminium foils after the removal of samples, whereas the efficiency of the digestion procedures was tested by means of two different CRMs. The Passing–Bablok regression was used for method comparison, and the two procedures were not significantly different at a confidence level of 95%. The two procedures proved to be effective in the determination of extremely low concentrations of a large suite of analytes in the different size fractions of the PM emitted by a braking system. However, for the accurate determination of alkali and alkaline earth metals, the choice of the cotton type and the leaching of cotton wads proved to be crucial, as they allowed a reduction of the sample blank concentrations.

Author Contributions: Conceptualisation, E.C. and M.M.; methodology, M.M., X.Q. and F.A.; software, E.C.; validation, O.A., E.C. and A.D.; formal analysis, E.C. and A.G.; investigation, E.C., M.M. and R.B.; resources, M.M. and F.A.; data curation, E.C. and T.M.; writing—original draft preparation, E.C., F.A. and M.M.; writing—review and editing, A.D., A.G., T.M. and O.A.; visualisation, A.D. and X.Q.; supervision, M.M., F.A. and X.Q.; project administration, R.B., F.A. and M.M.; funding acquisition, M.M. and F.A. All authors have read and agreed to the published version of the manuscript.

Funding: This study was partially funded by the BBVA Foundation Help for 2016 Cultural Researchers and Creators and by the San Paolo Foundation (Ex-Post 2020 Call—ASSEMBLY Project). The research work was also supported by the European Union (EU)-funded project nPETS (grant agreement No 954377) and the Spanish National research project NEXT (PID2019-110623RB-I00) funded by MCIN/AEI/10.13039/501100011033/.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Data, associated metadata, and calculation tools are available from the corresponding author (mery.malandrino@unito.it).

Acknowledgments: This paper was based on a communication at the Congress XVII Italian-Hungarian Symposium on Spectrochemistry.

Conflicts of Interest: The authors declare no conflict of interest.

Appendix A

Table A1. Cut-off diameter (d_{50}) and collected weight of each size fraction.

| Fraction | d_{50} (µm) | Mass (mg/Nm^3) |
|----------|-------------|----------------|
| 1        | 0.0282      | 0.235          |
| 2        | 0.0549      | 1.076          |
| 3        | 0.0934      | 2.273          |
| 4        | 0.157       | 5.151          |
| 5        | 0.262       | 5.693          |
| 6        | 0.382       | 5.920          |
| 7        | 0.614       | 4.405          |
| 8        | 0.949       | 6.239          |
| 9        | 1.60        | 10.03          |
| 10       | 2.39        | 11.85          |
| 11       | 4.00        | 7.780          |
| 12       | 6.60        | 2.807          |
| 13       | 9.96        | 3.496          |
Table A2. Instrumental techniques used for analysis of oven-digested and microwave-digested samples.

| Technique          | Model                          | Features                                                                 | Analytes                                                                 |
|--------------------|--------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Oven digestion     | ICP-OES                        | Thermo Fisher Scientific iCAP 6500 Radial                                | Al, Ca, Fe, K, Mg, Na                                                    |
|                    | ICP-MS                         | Thermo Fisher Scientific X-Series II                                    | Ba, Cd, Co, Cr, Cu, Mn, Ni, Pb, Ti, Zn                                  |
| Microwave digestion| ICP-OES                        | Perkin Elmer Optima 7000 DV                                             | Al, Ba, Ca, Fe, K, Mg, Mn, Na, Ti, Zn                                   |
|                    | GF-AAS                         | Perkin Elmer 5100                                                        | Cd, Co, Cr, Cu, Ni, Pb                                                  |

Table A3. Experimental conditions applied for ICP-OES, ICP-MS, and GF-AAS analysis and relative detection limits (DLs).

### ICP-OES

| Analyte | \( \lambda \) (nm) | Torch Position | DL (µg/L) |
|---------|---------------------|----------------|-----------|
| Al      | 167.0               | Radial         | 30        |
| Ca      | 317.9               | Radial         | 300       |
| Fe      | 259.9               | Radial         | 14        |
| K       | 766.4               | Radial         | 150       |
| Mg      | 279.5               | Radial         | 42        |
| Na      | 589.5               | Radial         | 170       |
| Al      | 396.1               | Axial          | 2.7       |
| Ba      | 233.5               | Axial          | 1.3       |
| Ca      | 317.9               | Radial         | 7.6       |
| Fe      | 238.2               | Axial          | 1.0       |
| K       | 766.5               | Radial         | 1.8       |
| Mg      | 280.3               | Radial         | 0.50      |
| Mn      | 257.6               | Axial          | 0.79      |
| Na      | 589.6               | Radial         | 30        |
| Ti      | 334.9               | Axial          | 0.2       |
| Zn      | 206.2               | Radial         | 3.3       |

### ICP-MS

| Analyte | Isotope | DL (µg/L) |
|---------|---------|-----------|
| Ba      | 138     | 0.13      |
| Cd      | 111     | 0.054     |
| Co      | 59      | 0.018     |
| Cr      | 52      | 3.0       |
| Cu      | 65      | 0.40      |
| Mn      | 55      | 0.40      |
| Ni      | 60      | 0.17      |
| Pb      | 208     | 1.6       |
| Ti      | 47      | 2.3       |
| Zn      | 64      | 7.3       |

### GF-AAS

| Analyte | \( \lambda \) (nm) | T Roast. (°C) | T Atom. (°C) | DL (µg/L) |
|---------|---------------------|---------------|--------------|-----------|
| Cd      | 228.8               | 500           | 1500         | 0.043     |
| Co      | 240.7               | 1400          | 2400         | 0.30      |
| Cr      | 357.9               | 1650          | 2500         | 0.33      |
| Cu      | 324.8               | 1200          | 2000         | 0.91      |
| Ni      | 232.0               | 1400          | 1800         | 1.8       |
| Pb      | 283.3               | 850           | 1800         | 0.18      |
Table A4. p-values obtained with Mann–Whitney test (p-values lower than 0.05 are in bold) for verifying if the leaching of cotton and the wiping of aluminium supports determined a significant increase in some analytes.

| Analyte | Cotton Leaching | Al Wiping | Al Wiping |
|---------|----------------|-----------|-----------|
|         | Oven           | Microwave |           |
| Al      | 0.298          | 0.228     | 0.100     |
| Ba      | 0.449          | 0.967     | 0.719     |
| Ca      | 0.008          | 0.001     | 1.000     |
| Cr      | 0.047          | 0.392     |           |
| Fe      | 0.029          | 0.142     | 0.048     |
| K       | 0.067          | 0.124     |           |
| Mg      | 0.006          | 0.721     | 0.834     |
| Mn      | 0.005          | 0.298     | 0.048     |
| Na      | 0.011          | 0.197     | 0.912     |
| Ti      | 0.178          | 0.222     | 0.807     |
| Zn      | -              | -         | 0.408     |

Table A5. Elemental concentrations and standard deviations found in airborne brake wear particles (oven procedure).

| Analyte (conc) | F1     | F2     | F3     | F4     | F5     | F6     | F7     |
|----------------|--------|--------|--------|--------|--------|--------|--------|
| Al (µg/Nm³)    | 1.28 ± 0.03 | 1.976 ± 0.06 | 2.829 ± 0.01 | 2.59 ± 0.05 | 4.69 ± 0.08 | 5.20 ± 0.08 | 10.45 ± 0.09 |
| Ba (µg/Nm³)    | 0.156 ± 0.02 | 0.431 ± 0.05 | 0.60 ± 0.01 | 1.239 ± 0.07 | 2.46 ± 0.04 | 10.66 ± 0.04 | 35.6 ± 0.1 |
| Ca (µg/Nm³)    | 10.0 ± 0.1 | 10.56 ± 0.04 | 4.01 ± 0.02 | 10.54 ± 0.05 | 9.07 ± 0.04 | 11.98 ± 0.02 | 23.2 ± 0.1 |
| Cd (ng/Nm³)    | <3.7 | <3.8 | <3.9 | 4.0 | 3.8 | 3.6 | 4.2 |
| Co (ng/Nm³)    | <SB | <SB | <SB | <SB | <SB | <SB | 39.4 ± 0.1 |
| Cr (µg/Nm³)    | 0.0611 ± 0.0009 | 0.138 ± 0.002 | 0.272 ± 0.005 | 0.445 ± 0.002 | 0.96 ± 0.01 | 4.24 ± 0.02 | 14.8 ± 0.1 |
| Cu (µg/Nm³)    | 53 ± 3 | 19.0 ± 0.9 | 12.2 ± 0.3 | 34.8 ± 0.5 | 43 ± 1 | 128 ± 9 | 396 ± 7 |
| Fe (µg/Nm³)    | 4.0 ± 0.1 | 9.40 ± 0.04 | 14.4 ± 0.28 | 26.4 ± 0.1 | 48.6 ± 0.4 | 221 ± 2 | 723 ± 7 |
| K (µg/Nm³)     | 8.8 ± 0.4 | <7.3 | <7.6 | <7.8 | <7.3 | <7.0 | <8.1 |
| Mg (µg/Nm³)    | 1100 ± 01 | <SB | <SB | 553.9 ± 0.4 | 18.63 ± 0.05 | 2070 ± 30 | 7560 ± 80 |
| Mn (µg/Nm³)    | 0.0224 ± 0.0006 | 0.081 ± 0.02 | 0.116 ± 0.004 | 0.240 ± 0.006 | 0.490 ± 0.006 | 2.021 ± 0.008 | 6.39 ± 0.02 |
| Na (µg/Nm³)    | 2.04 ± 0.01 | <SB | <SB | <SB | <SB | <SB | 4.4 ± 0.2 |
| Ni (µg/Nm³)    | 690 ± 10 | 41 ± 2 | 59 ± 4 | <13 | 51 ± 2 | 62 ± 3 | 220 ± 10 |
| Pb (µg/Nm³)    | 50 ± 1 | 104 ± 3 | 102 ± 2 | 91.6 ± 0.6 | 78 ± 1 | 66.2 ± 0.1 | 94.9 ± 0.9 |
| Ti (µg/Nm³)    | 114 ± 2 | <SB | 155 ± 7 | 59 ± 3 | 15.7 ± 0.9 | 310 ± 10 | 620 ± 20 |
| Zn (µg/Nm³)    | 7.11 ± 0.05 | 22.82 ± 0.04 | 28.6 ± 0.4 | 34.08 ± 0.09 | 29.5 ± 0.3 | 29.08 ± 0.07 | 56.1 ± 0.4 |

| Analyte (conc) | F8     | F9     | F10    | F11    | F12    | F13    |
|----------------|--------|--------|--------|--------|--------|--------|
| Al (µg/Nm³)    | 30.7 ± 1 | 75.4 ± 0.8 | 44.5 ± 0.6 | 15.2 ± 0.3 | 11.34 ± 0.06 | 14.02 ± 0.07 |
| Ba (µg/Nm³)    | 115 ± 1 | 274 ± 1 | 152 ± 1 | 53.5 ± 0.4 | 37.39 ± 0.08 | 37.2 ± 0.1 |
| Ca (µg/Nm³)    | 55.2 ± 0.3 | 78.326 ± 0 | 81.4 ± 0.1 | 15.04 ± 0.03 | 14.48 ± 0.06 | 20.9 ± 0.3 |
| Cd (ng/Nm³)    | <3.9 | <3.6 | <3.8 | <3.5 | <4.0 | <3.1 |
| Co (ng/Nm³)    | 161 ± 4 | 384 ± 7 | 218 ± 9 | 73 ± 3 | 42 ± 4 | 45.3 ± 0.4 |
| Cr (µg/Nm³)    | 51.5 ± 0.6 | 120.6 ± 0.7 | 67.8 ± 0.7 | 22.8 ± 0.2 | 22.8 ± 0.1 | 19.1 ± 0.1 | 15.4 ± 0.08 |
| Cu (µg/Nm³)    | 1260 ± 20 | 2990 ± 20 | 1770 ± 20 | 660 ± 30 | 440 ± 20 | 451 ± 4 |
| Fe (µg/Nm³)    | 2375 ± 19 | 5630 ± 20 | 3200 ± 10 | 1169 ± 1 | 840 ± 9 | 823 ± 4 |
| K (µg/Nm³)     | <7.6 | <7.1 | <7.4 | <6.9 | <7.8 | <6.0 |
| Mg (µg/Nm³)    | 24270 ± 50 | 41800 ± 20 | 24000 ± 200 | 7897 ± 5 | 6234 ± 2 | 5990 ± 20 |
| Mn (µg/Nm³)    | 21.0 ± 0.2 | 47.9 ± 0.3 | 17.2 ± 0.3 | 9.6 ± 0.2 | 6.86 ± 0.05 | 6.84 ± 0.06 |
| Na (µg/Nm³)    | 9.6 ± 0.2 | 5.79 ± 0.02 | 4.42 ± 0.03 | <SB | <SB | 0.383 ± 0.001 |
| Ni (µg/Nm³)    | 640 ± 10 | 1410 ± 50 | 830 ± 20 | 287 ± 5 | 207 ± 2 | 190 ± 20 |
| Pb (µg/MM³)    | 203 ± 3 | 441 ± 4 | 247 ± 2 | 86.7 ± 0.3 | 72 ± 1 | 71.8 ± 0.4 |
| Ti (µg/Nm³)    | 2130 ± 80 | 4600 ± 30 | 2460 ± 30 | 850 ± 30 | 620 ± 20 | 750 ± 10 |
| Zn (µg/MM³)    | 148.9 ± 0.8 | 332.5 ± 0.3 | 177 ± 2 | 65.5 ± 0.6 | 45.4 ± 0.2 | 46.6 ± 0.2 |
Figure A1. Size distribution of PM mass ([mg/Nm$^3$]) (dark grey line) and of total mass explained by chemical elements determined ([mg/Nm$^3$]) (red line) over the 13 size fractions.

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