Recovery of MicroRNA from Stored Bone Marrow Aspirate Slides

Elaheh Sadat Ghodousi and Soheila Rahgozar *

Department of Biology, Faculty of Science, University of Isfahan, Isfahan, Iran

Abstract

Background: Archived bone marrow aspirate slides are almost infinite, readily available resource of biospecimens that enable retrospective molecular investigations of diseases. RNAs obtained from slides has limitations in utility because of their low quality and highly fragmented nature. MicroRNAs are small (<22 nt) noncoding RNAs with various cellular regulatory roles. Due to their small size, microRNAs are less prone to degradation and modification, therefore, can be preserved well in archived tissues.

Methods: The current study investigated the efficacy of archived bone marrow aspirate slides for miRNA expression analysis in pediatric leukemia. Total RNA was isolated from air-dried unstained archived slides using High pure miRNA isolation Kit with some modifications and from fresh samples using TRizol. After cDNA synthesis, RT-qPCR was then carried out using specific hsa-miR-326 LNA primers. Finally, statistical analyses were conducted using GraphPad Prism 6 software.

Results: The difference observed in miRNA expression due to disease state was far greater than the differences between archived slides and their matching fresh bone marrow specimens. In fact, the expression of archival slide smears for the miR-326 closely mimicked that of fresh-frozen tissues (0.035±0.04 vs. 0.03±0.04) (Mean±SD, p>0.05). Differential expression of hsa-miR-326 was detected between leukemic and non-leukemic samples from archived slides or fresh frozen bone marrows.

Conclusion: The demonstration that archived bone marrow aspirate slides can be utilized for miRNA expression studies offers tremendous potential for future investigations into the role that miRNAs play in the development and long term outcome of hematologic, as well as non-hematologic diseases.

Keywords: Acute lymphoblastic leukemia, Bone marrow specimens, microRNAs, miR-326

Introduction

Most of the studies which have shown the association between miRNA expression profiling of human tumors and diagnosis, progression and prognosis have used cell culture material or fresh frozen tissue 1. Archival bone marrow slide smears have been collected throughout decades of routine histopathological examination and thus are easily available in tissue archives around the world 2. They are generally retrieved with documented clinicopathological background data. Thus, they represent a priceless source for the study of different human diseases 3. Furthermore, with the advent of high-content, high-throughput molecular genetic techniques such as qRT-PCR and microarrays, there has been huge interest in mining these archival samples as a source of biological data 4.

Interestingly, miRNAs are a class of small non-coding RNAs whose survivability and expression level in unstained bone marrow slides compared with fresh tissues are largely unknown. Having the advantage of small size and also their protein protection by RISC complex has made miRNAs less susceptible to RNA fragmentation and degradation in comparison with mRNAs, and therefore their analysis in archived specimens likely provides a more accurate replication of what would be observed in fresh samples than that of mRNA species 5-7. So, if miRNAs could be analyzed in these samples, they could gain wider acceptance as biomarkers in retrospective studies of large disease cohorts and as general diagnostic, prognostic and scientific tools 8. To date, only one other study has shown the utility of air dried bone marrow slides as a source for miRNA extraction 9. So, it is less clear whether miRNAs can be preserved, isolated, amplified, and quantified using unstained bone marrow smears.

The aim of the present study was to compare miRNA profiles of freshly frozen and air dried slide smear identical tissue bone marrows collected from children with Acute Lymphoblastic Leukemia (ALL) in order to identify the possible use of archived slides to extract and amplify miRNA. This may be of use to
many researchers, due to the absence of concomitant biobanking of patient specimens and availability of archival samples in pathology laboratories worldwide. It is obvious that before any conclusions can be drawn, a larger study of cases and controls with more miRNAs will need to be conducted.

Materials and Methods

Samples
Samples used in this study are existing archived fresh bone marrow specimens and matched bone marrow films taken from Philadelphia negative children with ALL, diagnosed clinically and confirmed pathologically presented at the Sayed-ol-Shohada Hospital, Isfahan, Iran. The project was approved by the University of Isfahan review board. Samples were collected from each newly diagnosed child with full written informed parent’s consent and in accordance with the ethical protocol and standards of Sayed-ol-Shohada Hospital. A summary of patient data can be found in table 1.

RNA isolation from fresh bone marrow
Before extraction, mononuclear cells were isolated using density gradient lymphoprep (Axis-Shaield Diagnostics Ltd, Oslo, Norway) according to the manufacturer’s instruction. Total RNA including preserved miRNAs was isolated from tissue samples using TRizol reagent (Invitrogen, California, USA) according to the manufacturer’s recommendations. The extracted RNA was dissolved in 30 µl RNase-free water.

RNA isolation from aspirate slides
Total RNA was isolated from air-dried unstained archived slides using the High pure miRNA isolation Kit (Roche, Switzerland) according to the manufacturer’s instructions where possible, which entails an overnight Proteinase K digestion followed by a column based kit extraction and was modified to include a slide smear scraping step.

Reverse transcription and real-time PCR
Complementary DNA (cDNA) synthesis for miR-326 and U6 small nuclear RNA (RNU6) was carried out on 100 ng of total RNA, using the miR-CURY LNA™ Universal RT microRNA PCR kit (Exiqon, Denmark). The tubes were incubated at 42 °C for 60 min, and then reverse transcriptase enzyme was heat-inactivated at 95 °C for 5 min. Afterward, cDNA product was subjected to real-time quantitative PCR using ExiLENT SYBR Green master mix, along with the specific locked nucleic acid (LNA) PCR primer sets (Exiqon, Denmark) on a Chromo4™ system (Bio-Rad, USA). RNU6 small nucleolar RNA was quantified as internal control for data normalization. A no-reverse transcription (no-RT) control was used to detect any potential non-specific amplification of genomic DNA and No Template Controls (NTC) were run to evaluate contamination. All reactions were performed in duplicates.

| Table 1. Primary data of the patients included in the study |
|------------------------------------------------------------------|
| **Patient characteristics** | **Sex (number/total patients, %)** | **ALL immunophenotype (number/total patients, %)** |
| | Male | 15/27, 56.52 | T cell linage |
| | Female | 12/27, 43.48 | Pre-B and early pre-B lineage |
| | | | Burkitt type |
| **mrd+ (number/total patients, %)** | Pre-B cell | 11/27, 40.74 | T cell |
| | T cell | 1/27, 3.7 | Burkitt type |
| | Burkitt type | 1/27, 3.7 | Total relapse |
| | | 7/27, 25.93 |

ALL: Acute Lymphoblastic Leukemia, mrd: minimal residual disease determined in new case patients one year after treatment.

Polyacrylamide gel and T/A cloning
The specificity of primers was evaluated by running miR-326 and RNU6 real-time PCR products on 12% poly acrylamide gel to see the solo amplified band. The resultant electrophoresis bands were then T/A cloned into pTG19-T vector (Vivantis, Malaysia) and sent for sequencing.

Statistical evaluation
All data was collected using Microsoft Excel and was statistically analyzed using GraphPad Prism 6 software. Both small RNA had PCR efficiencies nearing 100%. A Mann-Whitney test was performed for statistical analysis of the data after testing the normal distribution with Kolmogorov-Smirnov normality test (KS-test). p<0.05 was considered statistically significant. Fold change analysis was conducted using Livak method based on formulas below:

**Equation 1:** Where a target gene (miR-326) was measured in a test sample relative to a calibrator sample, normalized to the expression of a reference gene (RNU-6):

\[
\Delta C_{\text{t(test)}} = C_{\text{t(target, test)}} - C_{\text{t(reference, test)}}
\]

**Equation 2:** Where the effects of an experimental treatment were measured on the expression of a candidate gene (miR-326 and RNU6):

\[
\Delta C = \Delta C_{\text{t(test)}} - \Delta C_{\text{t(calibrator)}}
\]

FOLD CHANGE = \(2^{-\Delta \Delta C}\)

Avicenna Journal of Medical Biotechnology, Vol. 11, No. 1 January–March 2019
Results

Polyacrylamide gel electrophoresis (PAGE)

To determine the specificity of primers, analysis was performed on a 12% polyacrylamide gel and the gel was stained with silver nitrate solution which revealed unique bands for both miR-326 and RNU6 PCR products, comparable with the marker (Figure 1A). The result from the PAGE assay showed that the miR-326 and RNU6 primers operate effectively and specifically.

T/A cloning and sequencing

The existence of multiple miRNA isoforms and also small size of miRNAs present a significant challenge in miRNA quantification. To further determine our miRNA specific detection, primer specificity was also tested using T/A cloning. The obtained sequence was aligned with has-miR-326 sequence in miRBase (MI-MAT0000756). The evenly-spaced and sharp nucleotide peaks and the lack of noise represent the accuracy of sequencing (Figure 1B).

Archived slide samples in comparison with fresh bone marrow specimens

The relationship in miRNA expression between matching archived slides and fresh frozen bone marrow samples was investigated to determine the utility of archived slides for expression analysis. Where slide sample microRNA expression was compared to its matching bone marrow (Figure 1), equation 2 was used. In fact to evaluate archived bone marrow aspirate slides for miRNA expression, twenty seven fresh bone marrow and matched unstained archived samples (Table 1) were analyzed for hsa-miR-326 expression. The average mean fold change in expression (using the Livak method 10) between fresh and matched archived samples for miR-326 and RNU6 were minimal (Figure 2, Average Fold Change).

To confirm the biological relevance of material extracted from archived bone marrow smears, differential miRNA expression analysis of miR-326 was performed on 27 leukemic and 13 non-leukemic samples. Where a miRNA expression difference was determined between diseased and non-diseased states (Figure 3), Equation 1 was used with normalization to RNU6.

The differences found in miRNA expression due to disease state were far greater than the differences between archived slides and their matching fresh bone marrow (p=0.21). In fact, the expression level of archival slide smears for the miR-326 was 0.035±0.04 (mean±SD; n=27), which was comparable with the miRNA expression level of fresh-frozen tissue (0.03±0.04; n=27). Thus, miRNA expression studies can be reliably performed with routinely obtained pathological materials and the results are similar to the yield from snap-frozen tissues.

Discussion

In clinical investigations, materials such as fresh tissues, cultured cells or fresh frozen samples are seldom
the difference was not significant (0.035±0.04 vs. 0.03±0.04, respectively, p-value: 0.21). In other words, the bone marrow and archived slides showed similar expression. All samples were normalized to RNU6.

available which hampers the application of powerful molecular biological techniques in follow-up and retrospective studies 11. Therefore, the use of glass slide smears as a source would be very helpful. In other words, pathology and histology laboratories worldwide contain a vast stock of archived samples that can potentially be used for molecular analysis. Importantly, given the length of the storage period for these samples and their extensive clinicopathological data, retrospective examination of specific molecular markers and clinical disease association is possible 12. There are, however, little data about miRNA recovery from archival bone marrow slides.

Conclusion

In the current study, a well-known and widely expressed miRNA, miR-326 was the main focus. To confirm the biological relevance of material extracted from archived bone marrow smears, differential miR-326 expression analysis was performed on leukemic and non-leukemic samples. Our results showed that miR-326 expression level of archival slide smears was comparable with the miRNA expression level of fresh-frozen tissue (0.035±0.04 vs 0.03±0.04, respectively). In addition, the average mean fold change between the fresh and matched archived samples for miR-326 and RNU6 was shown to be minimal (p=0.21). Collectively, data revealed that the accessibility of the miRNA from archival unstained bone marrow slides is comparable with fresh frozen specimens. These results may facilitate studies evaluating miRNA expression profiles by increasing the number of available samples which may be of use for diagnostic, prognostic and therapeutic purposes in hematological neoplasms. Investigating larger populations of cases and controls, ALL patients and the application of diverse miRNAs may help increase the validity of results provided in this study.

Acknowledgement

We would like to thank Dr Alireza Moafi for kindly providing patients bone marrow aspirate slides, and all patients and their parents who consented to participate in the present study. This work was financially supported by a postgraduate research grant (6804) from the University of Isfahan to E.S.Gh.

References

1. Siebolds U, Varnholt H, Drebber U, Dienes HP, Wickenhauser C, Odenthal M. Tissues from routine pathology archives are suitable for microRNA analyses by quantitative PCR. J Clin Pathol 2009;62(1):84-88.
2. Zanssen S. Single cell PCR from archival stained bone marrow slides: a method for molecular diagnosis and characterization. J Clin Lab Anal 2004;18(3):176-181.
3. Schoch R, Jenisch S, Haferlach T, Müller-Ruchholtz W, Gassmann W, Löffler H. Glass slide smears are a suitable source for RT-PCR-based analysis of chromosomal aberrations in leukemias. Br J Haematol 1996;92(1):140-142.
4. Goswami RS, Waldron L, Machado J, Cervigne NK, Xu W, Reis PP, et al. Optimization and analysis of a quantitative real-time PCR-based technique to determine micro RNA expression in formalin-fixed paraffin-embedded samples. BMC Biotechnol 2010;10:47.
5. Seelenfreund E, Robinson SE, Amato CM, Bemis LT, Robinson WA. Recovery of microRNA from stored human peripheral blood samples. Biopreserv Biobank 2011; 9(1):29-33.
6. Borze I, Guled M, Musse S, Raunio A, Elonen E, Saarinen-Pihkala U, et al. MicroRNA microarrays on archive bone marrow core biopsies of leukemias--method validation. Leuk Res 2011;35(2):188-195.
7. Olive V, Minella AC, He L. Outside the coding genome, mammalian microRNAs confer structural and functional complexity. Sci Signal 2015;8(368):re2.
8. Hoefig KP, Thorns C, Roehle A, Kaehler C, Wescbe KO, Repsilber D, et al. Unlocking pathology archives for miRNA-profiling. Anticancer Res 2008;28(1A):119-123.
9. Morenos L, Saffery R, Mechinaud F, Ashley D, Elwood N, Craig JM, et al. Evaluation of microRNA expression in patient bone marrow aspirate slides. PloS One 2012;7(8):e42951.
10. Livak KJ, Schmittgen TD. Analysis of relative gene expression data using real-time quantitative PCR and the 2 (-Delta Delta C(T)) method. Methods 2001;25(4):402-408.
11. Li J, Smyth P, Flavin R, Cahill S, Denning K, Aherne S, et al. Comparison of miRNA expression patterns using total RNA extracted from matched samples of formalin-fixed paraffin-embedded (FFPE) cells and snap frozen cells. BMC Biotechnol 2007;7:36.
12. Grünewald K, Lyons J, Hansen-Hagge TE, Janssen JW, Feichtinger H, Bartram CR. Molecular genetic analysis of DNA obtained from fixed, air dried or paraffin embedded sources. Ann Hematol 1991;62(4):108-114.