Research Article

Efficiency of the Stool-PCR Test Targeting NADH Dehydrogenase (Nad) Subunits for Detection of *Opisthorchis viverrini* Eggs

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*Opisthorchis viverrini* infection is the major parasitic infection problem in Southeast Asian countries, and long-term infection will lead to cholangiocarcinoma (CCA), the bile duct cancer. The early diagnosis of *O. viverrini* infection may interrupt the progression of the opisthorchiasis and other related illnesses, especially CCA. The current diagnostic procedure is stool examination by microscope-based methods such as direct smear and concentration techniques but it is limited by low parasite egg numbers. The molecular diagnosis prompts the chance to evaluate the light infection with low number of parasite eggs but is currently inconvenient for routine use due to special equipment requirement and unstable sensitivities. Our present study aims to establish the efficiency of *OvNad* subunits, the mitochondrial gene, for introducing as a potential diagnostic target by conventional PCR, the cheapest and easiest molecular procedure. A total of 166 stool samples were investigated microscopically by the PBS-ethyl acetate concentration technique (PECT); 75 samples were *O. viverrini* positive with 28 samples that were positive with single parasite (hookworm, *A. lumbricoides*, *S. stercoralis*, *Taenia* spp., and *T. trichiura*), 11 samples were with mixed infection, and 52 samples were without parasite detection. The detection limits of *OvNad* subunits were evaluated in artificially spiked samples containing 0, 1, 5, 10, 20, 50, and 100 *Ov*-eggs. The result suggested that the best detection efficacy was of *OvNad5* that had exact detection limits at only 5 eggs. In the PCR amplification of *OvNad* subunits, there exist 100% specificities with varied sensitivities from 64%, 88%, 80%, and 100% of *OvNad1*, *OvNad2*, *OvNad4*, and *OvNad5*, respectively. *OvNad* subunits were amplified specifically without cross reactivity with the other collected parasites. Our study established that *OvNad* subunits, especially *OvNad5*, are the potent candidates for PCR amplification of stool containing *Ov*-eggs with high confidential sensitivity, specificity, PPV, and NPV even in the light infection that would be a benefit for developing as a routine diagnosis of *O. viverrini* infection.
1. Introduction

Opisthorchis viverrini (O. viverrini; Ov), a digenean liver fluke, is a major cause of human opisthorchiasis and Ov-induced cholangiocarcinoma (CCA), the biliary ductal cancer, in enduring infection [1]. It is a food-borne parasite that spreads throughout the Southeast Asian subregional countries, especially in the Mekong Basin including Laos PDR, Cambodia, Vietnam, and Thailand [2–4]. Huge incidence of O. viverrini is highly related to the prevalence of CCA in those areas according to the consumption of raw Cyprinid fish, a secondary intermediate host of O. viverrini [5]. CCA is a highly progressive cancer originating from the transformed intra- or extrahepatic cholangiocytes which lack early diagnostic markers [6]. The diagnosis of O. viverrini infection is possible, but it has a lot of limitations. The gold standard for diagnosis of O. viverrini infection is microscope-based methods such as direct smear and concentration techniques including the formalin-ethyl acetate concentration technique (PECT) and related procedures [7]. The conventional methods are convenient but have low sensitivity; moreover, the observation could be erroneous and need professional laboratorians for identification by their naked eyes [8].

The molecular detection of Ov-eggs has been introduced for several years by many methods such as conventional PCR, LAMP, and quantitative real-time PCR [9–14]. The target genes are varied but mostly concentrated on the mitochondrial gene due to the presence of high conservation such as internal transcribed spacer (ITS), cytochrome c oxidase 1 (cox1), and NADH dehydrogenase 1 (nad1) [15–18]. The detection limit of those genes is not stable among the specimen types, collection procedures, preservation methods, extraction protocols, and the number of eggs [19].

NADH dehydrogenase (Nad) is the enzyme which converts nicotinamide adenine dinucleotide (NAD) from NADH (reduced form) to NAD+ (oxidized form) encoded by the mitochondrial genome [20]. The NADH dehydrogenase complex spans inside the inner membrane of the mitochondria. The complex provides energy from the oxidation of NADH to NAD+ and proton transfer from the mitochondrial matrix to the intermembrane space. Moreover, the complex has numerous metabolic functions such as fatty acid oxidation, TCA cycle, amino acid catabolism, and cytosolic reactions given the crucial central position of metabolic pathways responsible for carbohydrate, fatty acid, and amino acid catabolism [21]. As it has various vital functions for the cells, Nad is abundantly expressed in every cell which is a good compelling target for molecular detection. The established mitochondrial genome of O. viverrini permits the possibility to encounter the Nad subunits for development as the diagnostic target other than Nad1 that was previously tested [17]. The schematic drawing of the O. viverrini mitochondrial genome is illustrated in Figure 1. Hence, this study aimed to establish the new target for the molecular identification of Ov-egg directly in the stool specimen by comparison of the efficiency of Nad subunits using conventional PCR which is the easiest and cheapest molecular procedure for developing a potential diagnostic target in the future.

2. Materials and Methods

2.1. Study Areas and Stool Collection. A total of 166 stool samples were collected from several provinces in the north, northeast, and central Thailand where O. viverrini is endemic in Chiang Mai, Phrae, Phetchabun, Nakhon Phanom, Pathumthani, and Chachoengsao provinces during 2018 to 2020. The participants living in the risk areas of these provinces were included in this study. All participants were educated and consented for a noninvasive stool collection procedure. The collected samples were transferred to the laboratory and kept in 4–10°C until processed by the concentration method.

2.2. PBS-Ethyl Acetate Concentration Technique (PECT). All samples were subjected to the PBS-ethyl acetate concentration technique (PECT) as previously described [15] with a few modifications. In brief, one gram of each stool specimen was mixed with 10 mL of PBS, pH 7.4, and filtered through three layers of gauze pad. 3 mL of ethyl acetate was added to the filtrate and mixed thoroughly by inverting. The tube was centrifuged at 2,000×g, for 10 min, and the upper phases were removed. The sediment was investigated under the light microscope at 100 and 400 magnifications.

2.3. Genomic DNA Isolation. The genomic DNA of parasitic eggs was isolated from PECT sediments of stool. Before extraction, the sediments were autoclaved at 121°C, for 5 min to open the operculum of parasite eggs. The genomic DNAs were then extracted by using the QiAamp® PowerFecal® DNA kit (QIAGEN, Germany) according to the manufacturer’s instructions with the final filtrates containing 50 µL of eluted DNAs.

2.4. Primer Design and PCR Amplification. OvNad subunit specific primers for PCR amplification were designed from a partial sequence of O. viverrini mitochondrial DNA available in GenBank (accession number JF739555.1). The primer sequences of Ovnad1, Ovnad2, Ovnad4, and Ovnad5 are presented in Table 1. The expected amplicons of Ovnad1, Ovnad2, Ovnad4, and Ovnad5 were 204 bp, 198 bp, 200 bp, and 199 bp, respectively. PCR amplifications were performed by using GoTaq® Colorless Master Mix (Promega, USA) containing 3 µL of genomic DNA and 25 pmole of each forward and reverse primer in a thermal cycler (Mastercycler nexus Eppendorf flexlid, Germany). The amplification steps included initial denaturation at 95°C for 5 min, followed by 35 cycles of denaturation at 95°C for 1 min, annealing at 55°C for 1 min, extension at 72°C for 1 min, and one cycle of a final extension at 72°C for 10 min. The PCR products were size separated on 2% agarose gel containing ViSafe Red Gel Stain (Vivantis, USA) using 1X TBE buffer at 100 V for 2 h. The PCR products were...
confirmed for their conformation by DNA sequencing service (Macrogen, Republic of Korea).

2.5. Detection Limit Determination of OvNad Subunits. The detection limits of OvNad subunits were evaluated by using various numbers of O. viverrini eggs from adult parasites obtained from the livers of infected hamsters (the animal ethics was approved by the Thammasat Animal Care and Use Committee (TU-ACUC), no. 024/2559, following the care and use of laboratory animals’ guideline (NRC 2011). The O. viverrini eggs of 0, 1, 5, 10, 20, 50, and 100 were artificially inoculated with 250 mg of O. viverrini-negative stools and processed for genomic DNA isolation. PCR amplifications were performed by using GoTaq® Colorless Master Mix (Promega, USA) containing 3 µL of genomic DNA and 25 pmole of each forward and reverse primer in a thermal cycler (Mastercycler nexus Eppendorf flex lid, Germany). The amplification steps included initial denaturation at 95°C for 5 min, followed by 35 cycles of denaturation at 95°C for 1 min, annealing at 55°C for 1 min, extension at 72°C for 1 min, and one cycle of a final extension at 72°C for 10 min. The PCR products were size separated on 2% agarose gel containing ViSafe Red Gel Stain (Vivantis, USA) using 1X TBE buffer at 100 V for 2 h. The PCR products were confirmed for their correct sequences by DNA sequencing service (Macrogen, Republic of Korea).

2.6. Cross-Reactivity Evaluation. The cross reactivities of OvNad subunit specific primers were simultaneously investigated in the collected stools. The PECT sediments with other parasites were monitored for the cross reactivity. The samples included both single and mixed infections with either flatworms or roundworms.

2.7. Statistical Analysis. The sensitivity, specificity, positive predicted value (PPV), and negative predicted value (NVP) of OvNad subunit detection by PCR in the stool were calculated as previously described [22] comparing with PECT as a gold standard method.

Table 1: Sequences of primer sets for amplification of OvNad subunits.

| Primer       | Sequences (from 5’ to 3’)       |
|--------------|---------------------------------|
| OvNad1 (F)   | GATTACGCCGAGAAGCGGAGAG          |
| OvNad2 (F)   | TAGCTCAAGGCGCTCTTTGG            |
| OvNad4 (F)   | GGCTCCAATGTGGCTG               |
| OvNad5 (F)   | TTTGCCGAGGTTTGTACCT            |
| OvNad1 (R)   | AAGAGTAGACAGCGAGCCCAAG         |
| OvNad2 (R)   | ACTGCTACTGAACCCGGAAA           |
| OvNad4 (R)   | TACCGAAACAGGCTACTGG            |
| OvNad5 (R)   | CACCTCAACCAATTCAACACG          |

3. Result

3.1. Parasite Detected by the Modified PBS-Ethyl Acetate Concentration Technique (PECT). From 166 stool samples, the PECT result revealed the positive samples including O. viverrini (75/166), hookworm (11/166), Trichuris trichiura (6/166), Strongyloides stercoralis (5/166), Taenia spp. (3/166), and Ascaris lumbricoides (3/166). Moreover, the mixed infection has also been identified which comprised hookworm + A. lumbricoides (5/166), hookworm + T. trichiura (1/166), A. lumbricoides + Enterobius vermicularis (2/166), A. lumbricoides + T. trichiura (1/166), and Taenia spp. + E. vermicularis (2/166). The rest of the samples were negative for PECT (52/166). The result is shown in Table 2.

3.2. Detection Limits of OvNad Subunits. The PCR amplification of OvNad subunits by conventional PCR with 0, 1, 5, 10, 20, 50, and 100 Ov-egg reviewed the different detection limits among the OvNad subunits. OvNad1 has the lowest detection limit at 50 eggs followed by OvNad4 at 20 eggs and OvNad2 at 10 eggs. Interestingly, OvNad5 had unyielding activities in the low egg number in only 5 eggs. The amplification of OvNad subunits is illustrated in Figure 2.

3.3. Sensitivity, Specificity, and Cross Reactivity of OvNad Subunits. The PCR amplification of 166 samples with OvNad subunit specific primers suggested that OvNad subunits had different sensitivities. Only 48/75 of PECT-positive samples can be amplified by OvNad1, while 66/75 and 60/75 were successfully amplified by OvNad2 and OvNad4, respectively. The OvNad5 showed luminous activity with 75/75 of PECT-positive samples and another 2 from PECT-negative samples (the sequences had been correctly confirmed). The sensitivities of OvNad1, OvNad2, OvNad4, and OvNad5 were 64.0%, 88.0%, 80.0%, and 100%, respectively, and specificities were 100% in all subunits. The positive predicted values (PPV) of OvNad1, OvNad2, OvNad4, and OvNad5 were 64.0%, 88.0%, and 100%, respectively, and specificities were 100% in all subunits, whereas the negative predicted values (NVP) were 77.12%, 91.00%, 85.85%, and 100%, respectively. The sensitivities, specificities, PPV, and NVP are shown in Table 3. In the testing of cross reactivities, the OvNad subunits were used to amplify in all simultaneously collected parasites of both single and mixed infections. All OvNad subunits showed excellency without amplification of all other kinds of parasites as mentioned in Table 2 and Figure 3.

4. Discussion

The molecular technology allows many researchers to develop several diagnostic procedures for detecting of any diseases, especially infectious diseases with perilous
complexity. The *O. viverrini* infection is also in the same pipeline with other diseases, which has some of established molecular diagnostic procedures, but the sensitivity has been limited. The ITS-based PCR is the first and most famously used target for molecular identification, but later, it showed varied sensitivity comparable with the newly identified targets such as *Cox1*, *Cytochrome B* (*CytB*), and *Nad1* [17]. Even though these targets showed better or equal sensitivities to ITS, they have many drawbacks, especially the detection in the low number of parasite eggs [10]. *Nad1* is a mitochondrial gene which has been previously introduced but never verified with the other *Nad* subunits. The detection limits of *OvNad* subunits were verified in our study. The result revealed that the *OvNad5* subunit had better activities than the other subunits. Only 5 eggs could be detected by *OvNad5* primer sets. When compared with the other established gene targets, also *OvNad* subunits, especially *OvNad5*, have better or equal capabilities to detect the lower concentration of eggs (5 EPG in artificially spiked samples) to ITS-2 and *Cox1* [10, 11, 23, 24].

Table 2: The number of parasite-positive samples by PECT and PCR amplification of *OvNad* subunits.

| Parasites                  | Positive samples by PECT | Positive samples by PCR amplification of |          |          |          |          |
|----------------------------|--------------------------|-----------------------------------------|----------|----------|----------|----------|
|                            |                          | *OvNad1* | *OvNad2* | *OvNad4* | *OvNad5* |
| *O. viverrini*             | 75                       | 48       | 66       | 60       | 75       |
| Hookworm                  | 11                       | 0        | 0        | 0        | 0        |
| *A. lumbricoides*         | 3                        | 0        | 0        | 0        | 0        |
| *Taenia* spp.             | 3                        | 0        | 0        | 0        | 0        |
| *S. stercoralis*          | 5                        | 0        | 0        | 0        | 0        |
| *T. trichiura*            | 6                        | 0        | 0        | 0        | 0        |
| Hookworm + *A. lumbricoides* | 5                     | 0        | 0        | 0        | 0        |
| Hookworm + *T. trichiura* | 1                        | 0        | 0        | 0        | 0        |
| *A. lumbricoides* + *E. vermicularis* | 2             | 0        | 0        | 0        | 0        |
| *A. lumbricoides* + *T. trichiura* | 1                     | 0        | 0        | 0        | 0        |
| *Taenia* spp. + *E. vermicularis* | 2             | 0        | 0        | 0        | 0        |
| No parasite detection     | 52                       | 0        | 0        | 0        | 2        |
| Total                     | 166                      | 48       | 66       | 60       | 77       |

Table 3: Sensitivity, specificity, positive predicted value (PPV), and negative predicted value (NVP) of *OvNad* subunit detection by PCR amplification compared with PECT.

| *OvNad* subunits | Sensitivity (%) | Specificity (%) | Positive predicted value (PPV) | Negative predicted value (NVP) |
|------------------|-----------------|-----------------|-------------------------------|-------------------------------|
| *OvNad1*         | 64.00           | 100.00          | 100.00                        | 77.12                         |
| *OvNad2*         | 88.00           | 100.00          | 100.00                        | 91.00                         |
| *OvNad4*         | 80.00           | 100.00          | 100.00                        | 85.85                         |
| *OvNad5*         | 100.00          | 100.00          | 100.00                        | 100.00                        |
PECT, the stool concentration technique, is a routinely used method for investigating parasitic infection. It has shown the highest sensitivity than the other microscope-based methods up to 100% in >1000 eggs-per-gram (EPG) samples and exceeding 91% in cases of light infection [8]. As a result, we used PECT as a reference method for sensitivity, specificity, PPV, and NPV calculations. The best sensitivity from our study is of OvNad5 which showed 100% sensitivity followed by OvNad2, OvNad4, and OvNad1, respectively. Surprisingly, the OvNad2 and OvNad5 revealed better sensitivities than OvNad1 that was formerly established. OvNad5 showed the best efficiency in all investigated parameters including sensitivity, specificity, PPV, and NPV with 100%. In comparison with the other target genes, OvNad5 also has better capacity than ITS-2 and Cox1 mentioned in previous reports by Lamaningao [25] and Buathong [15], with 83.1% and 89.1%, respectively, especially in the light infection (less than 100 EPG) where the sensitivities of ITS-2 and Cox1 were up to 73.9% and 89.1% [10, 15, 23, 24]. DNA sequencing of the PCR products amplified by the introduced primers confirmed the sequences of OvNad that referred to the Ov-eggs with less identity to the minute intestinal fluke. The introduced stool PCR, especially OvNad5, showed a relevant result to natural Ov-positive samples investigated by PECT. All of the PECT-positive samples were also positive with OvNad5 PCR; interestingly, two PECT-negative samples were positive with OvNad5 PCR, emphasizing the limitation of the conventional method to detect the egg in low-intensity samples. For the cross reactivities to other parasites that could be found together with Ov infection including Hookworm, A. lumbricoides, Taenia spp., S. stercoralis, E. vermicularis, and T. trichiura, the result suggested that OvNad has no cross reactivity with these parasite eggs. It is confidently confirmed that OvNad subunits could be the exact targets for PCR amplification of Ov-egg.

In conclusion, our study established that OvNad subunits can be the potential targets for Ov-egg DNA detection in the stool specimen. Moreover, OvNad5 could be the best candidate due to the potent detection limit, highest sensitivity, specificity, PPV, and NPV. The introduced primers can be applied for using in routine diagnosis because conventional PCR is easier and cheaper than real-time PCR. It is also useful for other researchers to develop more tests on OvNad subunits in the future.

Data Availability
All data used to support the findings of this study are available from the corresponding author upon request.

Ethical Approval
The protocol was reviewed and approved by the Ethical Review Subcommittee Board for Human Research Involving Sciences of Thammasat University (Ref no. 153/2561), the Ethical Committee of the Faculty of Tropical Medicine, Mahidol University (Ref no. TMEC 20-2020), and the Ethics Committee of the Royal Thai Army Medical Department (Ref nos. S025 h/51 and S045 h/54).

Conflicts of Interest
The authors declare no conflicts of interest regarding the publication of this paper.

Authors’ Contributions
WP, AGK, and RG conceived the research conceptualization. WP, SP, and PM conducted experiments, investigation, formal analysis, and statistical analyses. SP, KS, MM, TR, PA, and NL contributed specimens and materials.
wrote and finalized the manuscript. All authors reviewed and approved the final manuscript for submission.

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