Mercury in Hair of Mammoth and Other Prehistorical Mammals as a Proxy of Hg Level in the Environment Associated with Climate Changes

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Abstract: The paper presents the first results of Hg determination in the hair of prehistorical animals (woolly mammoth, steppe bison, and woolly rhino). Hair of prehistorical mammals can be used as an archive that preserves changes of environmental pollution at the paleoscale. The aim of our study was to assess the levels of Hg exposure of ancient animals and to understand whether Hg concentration in hair could be used as a proxy indicating changes of mercury levels in the environment following global climate changes. We assessed changes of Hg exposure recorded in hairs of seven specimens of mammoth fauna mammals that inhabited the Yakutia region in the period from 45 to 10 ka yr BP. Hg concentrations in hair varied from 0.017 to 0.177 µg/g; the lowest Hg concentration were determined in older specimens (45–33 kyr yr BP). The two highest concentrations belonged sample from the Last Glacial Maximum and the Karginian interstadial (57–24 kyr BP) periods. Our hypothesis is the increase of Hg concentrations in hair reflecting environmental Hg level might be forced by high dust load in cold periods and thawing permafrost in warm climatic periods. Long-term variations of Hg level recovered from Ice Age animals’ hair correlate with Hg profiles of concentration and deposition reconstructed from the Antarctica ice core.

Keywords: mercury; mammoth fauna mammals; hair; environmental changes; paleoclimate; Pleistocene; Yakutia

1. Introduction

The content of macro- and microelements in human and animal hairs is a good indicator of their accumulation in the body as a result of environmental exposure, including intake with food and water [1,2]. Hair records the levels of toxic (lead, cadmium, arsenic, etc.) and vital elements (zinc, selenium, iron, etc.), reflecting the elemental status of the whole organism. Hair analysis is used for evaluation of health state, metabolic disorders, mineral maintenance of human and animals, and also the ecological state of the territory where they live [3–5]. The level of toxic metals in the environment indicates a potential risk for the ecosystem and for human and animal health because of bioaccumulation of some metals (particularly mercury) in the body [6,7]. The World Health Organization (WHO) recommends using hair as major biological material for testing the pollution of the human body by heavy metals, since sampling, storage, and analysis of hair samples are easier than they are for other biological materials [8]. The International Atomic Energy Agency (IAEA) uses
hair for the monitoring of global changes in element levels in the environment worldwide [9–11]. Ancient hairs are also “keepers of history” [12–14] which help to assess the level of environmental pollution by the degree of pollutants impact on the body during previous epochs. Hairs of prehistoric animals can be the key to understanding the relationship of environmental changes with climate. The aim of our study was to understand whether Hg concentration in the hair of prehistoric mammals could be used as a proxy indicating that changes of mercury level in the environment reflect climate changes during the Late Pleistocene–Early Holocene. Permafrost and substantial precipitation are the deciding factors in preservation of mammoth soft tissues and hair over tens of thousands of years. Hairs of the woolly mammoth are studied very actively nowadays for decoding and sequencing DNA [15–17]; revealing biologic rhythms [18]; determining the type of nutrition from the balance of stable isotopes of nitrogen, carbon, and phosphorus [19,20]; and their response to short-term (seasonal) environmental changes [21]. It is therefore surprising that studies of trace elements in the hair of mammoth fauna mammals have not been done until now. There are some studies of trace element in museum samples of animal hair [22] and bird feathers [23,24], and seal hairs from a lake sediment core spanning the past 2000 years [25]. The results of these studies are useful for assessing environmental changes and anthropogenic impacts on the environment. However, most of the studies cover the span of the last thousand years, whereas the analysis of mammoth fauna mammals’ hair provides a unique opportunity to evaluate environmental changes that were happening tens of thousands of years ago, during different climatic stages. It should be noted that there is a potential problem with reliability of analytical data associated with possible contamination or loss of elements during storage and analysis of samples [26]. Therefore, the development of methodological details of sample preparation and analysis of the prehistoric animals’ hair require a special attention.

2. Materials and Methods

2.1. Study Sites

All the studied fossil mammals were discovered on the territory of Yakutia (Eastern Siberia, Russia) (Figure 1).

Figure 1. Study area map with location of fossil mammals discovered. Study sites were numbered from south to north.
For thousands of years, special climatic and geological conditions prevailed in the territory of Yakutia, the harshest climate in Eurasia: long cold season; low-temperatures anaerobic swamps and floodplains of rivers and lakes; gradual accumulation of precipitation on the floodplains; and permafrost growth [27,28]. These conditions allowed for the preservation of unique ancient specimens of mammals in permafrost deposits.

We studied seven specimens of Ice Age mammals; their detailed description (location and time of the discovery, estimation of the geological age by radiocarbon dating, sex, and physiological age of the animal) is presented in Table 1. The calibration of radiocarbon data was carried out by using the IntCal20 calibration curve, the version of program OxCal 4.4 (https://c14.arch.ox.ac.uk/oxcal/OxCal.html).

![Table 1](https://example.com/table1)

**Table 1.** Description of the studied Ice Age mammals.

| Species          | Woolly Mammoth | Woolly Rhino | Steppe Bison |
|------------------|----------------|--------------|--------------|
| **Specimen of the fossil** | Berelyokh mammoth | Near Yukagir settlement, Ust'-Yanskiy district, 2003 | Lena-Aldan interfluve, Churapcha settlement, 1972 |
| | Yukagir mammoth | Ol'chan river, Oymyakonsky district, 2004 | Chukchalakh lake bank, Ust'-Yansky district, 2013 |
| | Oymyakonsky baby | The Mal'yi Lyakhovskiy Island, 2013 | Chukchalakh lake bank, Ust'-Yansky district, 2011 |
| | Malolyakhovsky mammoth | | Indigirka River, Mylkhchin locality, 1971 |
| | Churapcha rhino | | |
| | Yukagir bison | | |
| | Mylkhchin bison | | |

**Number on the map (Figure 1)**

| Number on the map (Figure 1) | 4 | 5 | 2 | 7 | 1 | 6 | 3 |
|-------------------------------|---|---|---|---|---|---|---|

**Site and year of recovery**

| Site and year of recovery | Berelyokh Mammoth Cemetery, 1970 | Near Yukagir settlement, Ust'-Yanskiy district, 2003 | Ol'chan river, Oymyakonsky district, 2004 | The Mal'yi Lyakhovskiy Island, 2013 | Lena-Aldan interfluve, Churapcha settlement, 1972 | Chukchalakh lake bank, Ust'-Yansky district, 2011 | Indigirka River, Mylkhchin locality, 1971 |
|---------------------------|----------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------|
| 14C yr BP                 | 13,700 ± 80 (MAG-114)            | 18,510 ± 80 (GrN-26258)                    | 41,300 ± 900 (GrA-30727)                   | 28,660 ± 160 (GrA-60021)                   | 19,500 ± 120 (GIN-9594)                     | 9295 ± 45 (GrA-55292)                       | 29,560 ± 100 (SOAN-1007)                    |
| Cal yr BP, range, probability | 16,901 – 16,321 (89.1%)            | 22,907 – 22,307 (95.4%)                    | 45,735 – 42,904 (95.4%)                   | 33,655 – 32,065 (95.4%)                   | 23,792 – 23,151 (95.4%)                    | 10,588 – 10,336 (95.4%)                    | 34,398 – 33,878 (95.4%)                    |
| Gender, age               | adult female, 45–50 years         | adult male, 14–16 month                     | baby female, 30 years                      | adult female, 55 years                     | adult female, 30 years                      | adult young male, 4.1–4.5 years             | young female, 2.5 years                     |
| Climatic stage * Siberian/European | LG | LGM | KARG/ HAS | KARG/ DEN | LGM | Preboreal warming (PBW) | KARG/ DEN |
| Reference                 | [29] | [30] | [31] | [32] | [33] | [34] | [35] |

* Climatic stages are explained in Section 2.2. LG, Late Glacial; LGM, Last Glacial Maximum; KARG, Karginian interstadial; HAS, Hasselo stadial; DEN, Denekamp interstadial.

2.2. Features of Discovered Species and Individuals

The woolly mammoth (*Mammuthus primigenius*) is an extinct species that lived during the Pleistocene, until its extinction in the early Holocene epoch. Woolly mammoths lived in open grassland biomes, the mammoth steppe. High-productivity grasses, herbs, and shrubs dominated there. Stomach contents clearly show that the diet of the woolly mammoth was mainly grasses and sedges [36], although tree bark and twigs also constituted a small part of their winter diet [37,38].

Yukagir mammoth (Figure 2a) is an old male who lived during the Last Glacial Maximum (LGM), the maximum Sartanian glaciations in Siberia. He died by falling into a hole. Malolyakhovsky mammoth is an old female discovered on the Maly Lyakhovsky Island (New Siberian Islands in the Laptev Sea). Radiocarbon dating of bones and hairs demonstrated good agreement, attributing the lifetime of the mammoth to the Karginian interstadial (KARG). It was a relatively warm climatic phase in Late Pleistocene in Siberia (57–24 kyr BP), which overlaps with the Denekamp interstadial warming in Europe. Berelyokh mammoth was found in one of the biggest fossil sites, the Berelyokh Mammoth Cemetery located in the basin of the Indigirka River. The entire back leg, 175 cm long, was discovered (Figure 2c), with the longest hairs reaching 120 cm. Probably it belongs to the adult female which lived in the Late Glacial (LG). Oymyakon mammoth is a baby female; she died by falling into a permafrost crack. Only the upper part of her body is preserved well. This is the oldest of the samples...
from the beginning of the Karginian interstadial in Siberia (Hasselo stadial in European classification). Stocky limbs and thick wool of the woolly rhino (*Coelodonta antiquitatis*) are well suited to the cold and arid steppe–tundra environment prevalent during the Pleistocene glaciations. “Churapcha rhino” (Figure 2d) is an adult female who lived during the Last Glacial Maximum (LGM); she died by falling into a coastal swamp shortly before it froze.

**Figure 2.** Photographs of the studied fossils of mammoth fauna mammals: (a) Yukagir mammoth head, (b) Yukagir bison, (c) posterior leg of Berelyokh mammoth, and (d) Churapcha rhino skeleton.

The steppe bison (*Bison priscus*), the mammoth, and the woolly rhino were the last largest herbivores that survived in Eurasia by the turn of the Pleistocene and Holocene. Steppe bison ate sedges, cereals, and plants from the forbs group. Fossil bison mummies are extremely rare. Only four well-preserved corpses are known, with two of them having been discovered in Yakutia: Yukagir and Malykhchin bison. The Yukagir bison (Figure 2b) is a young male, a complete frozen mummy that was the youngest of the studied fossil belonging to early Holocene, confirming that the bison survived an abrupt climate change at the Pleistocene–Holocene Boundary. The Malykhchin bison is a young female found on the right bank of the Indigirka River, where she died by getting stuck in coastal mud in the summer. She ate forest herbs, branches, and foliage. The presence of mosses in her stomach indicates the existence of wetland biotopes during the life of bison in the warm period of the Karginian interstadial.

Isotopic biogeochemistry helps to reveal the ecological structure of the mammoth steppe fauna. Isotopic differences reflect different dietary choices by herbivores. Woolly rhinoceroses and bison grazed fresh grass, and mammoths consumed dry grass. Despite some differences in nitrogen and carbon isotopes, woolly mammoths and woolly rhinoceroses are considered globally similar in diet (grass) and physiology (monogastric) [19]. Thus, it can be assumed that the differences in the concentration of mercury between the hairs of different animals reflect the changes in concentration of Hg in the environment.
Hair samples of woolly mammoth, woolly rhino, and steppe bison were obtained from the Geological Museum of Diamond and Precious Metals Geology Institute (Yakutsk). Hair records the cumulative exposure to mercury in the short- to medium-term, depending on the length of the hair sample. Whereas human hair growth rate is about 1 cm per month, and the concentration of metal in hair can show the level of mercury exposure that has occurred over many years, the animal's hair is replaced every 1–1.5 year (it holds for most of animals, both ancient and modern). Therefore, the full length of hair represents a continuous record of the elements intake over this period. Mammoth hair grows approximately 31 cm/year; the longest hair ever found covers 39 month of a mammoth's life [18,21]. Thus, the hair of mammoths and other mammoth fauna mammals reflects the environmental situation in the last years of their lives.

2.3. Sample Preparation

The determination of mercury in the hair of prehistoric animals and museum exhibits is associated with a number of difficulties: obtaining a representative sample, choosing an appropriate method given the small amount of sample, and reliable analytical determination of Hg concentration in it. Loss of volatile Hg and sample contamination are possible during long-term storage and transportation of the sample. Samples of studied fossil animals' hair were stored in museum in glass cases or wooden boxes in conditions excluding their mercury contamination during storage and therefore, they are suitable for analysis.

The amount of prehistoric animals' hair is very limited, and a single procedure of sample preparation must be developed not only for Hg, but also for a wide range of other trace elements. Here we aimed to determine the total concentrations of mercury in the hair of prehistoric animals both endogenous and exogenous in origin reflecting the intake from food and water, as well as from the air.

Methylmercury easily incorporated into hairs as it grows and its concentration in the hair is proportional to the blood concentration. The high affinity of hair for metals is mainly due to the presence of cysteine or sulfhydryl (SH) groups [39]. Elemental mercury may also bind to the hydrophobic core of the melanin polymer in the hair structure [40]. The IAEA recommends hair washing procedure using acetone and deionized water [10]; it is not suitable for Hg because the fat and keratin structures of the hair are destroyed by acetone, which leads to the loss of endogenous mercury. Washing the hair with HCl solution can leach methyl mercury from hair samples [41]. We used a chemically inert detergent (“SYNERGETIC Baby”, fragrance and color free) which removes only surface grease and dust from hair samples without disturbing their structure. All reagents were tested for Hg content and purified if necessary. Nitric and hydrochloric acids were purified using a Savillex DST-1000 distillation system (Savillex, Eden Prairie, MN, USA). Ultrapure water (MQ-water) was obtained using a Simplicity UV water purification system (Millipore SAS, Molsheim, France). All stages of sample preparation were carried out in a “clean room” equipped with outdoor air handlers that use progressively finer filters including high-efficiency particulate air (HEPA) filter and charcoal mercury filter, which remove particulate and elemental mercury from the incoming air.

The washing procedure for hair comprises the following steps:

1. Washing the samples in a solution of chemically inert detergent (30 min);
2. Three-fold soaking in MQ-water (during the day);
3. Air-drying in a clean room;
4. Cutting hair into small pieces of less than 0.3 cm (scissors pretreated with detergent and ultrapure water);
5. Careful homogenization of the obtained samples by mixing to provide a representative sub-sampling;
6. Storage in a double-sealed zipper-locked plastic bag, in a clean room.

Microwave system MARS-5 (Thermo Fisher Scientific, Waltham, MA, USA) was used for digestion of hair samples by the program previously optimized for Hg analysis in biological objects (Table 2) [42].
We tested acid and acid–peroxide digestion and demonstrated applicability of acid–peroxide digestion (2 mL HNO₃ + 1 mL H₂O₂) for Hg analysis. The latter method was used for the analysis of samples.

**Table 2.** Optimized parameters of microwave digestion of biotic samples.

| Stage | Power, W/% | Time, min | Pressure, psi | Temperature, °C | Retention Time, min |
|-------|------------|-----------|---------------|------------------|---------------------|
| 1     | 1200/100   | 5         | 20            | 85               | 5                   |
| 2     | 1200/100   | 5         | 80            | 140              | 0                   |
| 3     | 1200/100   | 5         | 160           | 180              | 0                   |
| 4     | 1200/100   | 5         | 190           | 180              | 10                  |

After microwave digestion the samples were cooled to 25 °C, the pressure was brought to <50 psi, and sample volume was adjusted to 10–12 mL with MQ water. The procedure of sample preparation (washing, cutting, and digestion) was developed and tested by using hair samples of modern yak living in the Barnaul Zoo and Certified Reference Material of human hair (CRM, Hair NSC DC 73347, China). The developed sample-preparation procedure is suitable for both for Hg and multi-element analysis of prehistorical animals’ hair and blood.

### 2.4. Hg Analysis

Content of mercury in hair and blood samples was determined by Mercur Duo Plus Analyzer (Analytik Jena, Jena, Germany), combining atomic fluorescence with the cold vapor method and amalgamation on gold collector. Analytical characteristics of the method are presented in Table 3. The accuracy was confirmed by using Certified Reference Material of human hair (CRM, Hair DC 73347, China). Optimization of the instrumental parameters [43], using ultrapure reagents and clean conditions, allowed us to achieve a method detection limit of up to 0.4 ng/L for liquid samples and 0.003 µg/g for hair samples (0.03 g, dry weight). Split sampling and analyzing the same samples at different times and by different operators were used for assessing precision, recovery, and reproducibility. Good spike recovery values were demonstrated for samples of yak hair and CRM. The confidence interval for low-concentration samples did not exceed 17%.

**Table 3.** Analytical characteristics of method.

| Element | Accuracy, µg/g | Spike Recovery, % | Precision (%) | Method Detection Limit, µg/g |
|---------|----------------|-------------------|---------------|-----------------------------|
| Hg      | 0.36 ± 0.04    | 94.7              | 3%            | 0.003                       |
|         | Certified Value | CRM Yak Within Run Between Runs | | |
|         | 0.36 ± 0.08    | 100.4             | 5%            |                             |

1 Certified value is for human hair, Certified Reference Material (CRM) NSC DC 73347, China.

### 3. Results and Discussion

#### 3.1. Hg Concentration in Fossil Animals’ Hair

Mercury concentrations determined in the prehistoric animals’ hair varied from 0.017 to 0.177 µg/g; average concentrations and ranges of Hg content in different types of prehistoric and modern animals are presented in Table 4, together with reference values and intervals. Mercury coming directly from water, air, and food tends to accumulate in both plants and animals, being toxic to most life forms. WHO guidance established 2 µg/g for total Hg in human hair as the reference level for risk evaluation [44]. The US Environmental Protection Agency (EPA) sets the reference dose for human hair and wildlife toxicity at 1 µg/g [45]. All of the prehistoric animals’ hairs have Hg concentrations significantly below these levels. Moreover, they do not exceed the background level of mercury in hair of non-seafood consumers (0.5 µg/g). As far as we are aware, there is no background assessment of Hg level in herbivore prehistorical animals. We can compare our results with Hg concentrations in the hair of modern herbivore animals and their reference intervals for Hg (discussed in Section 3.2).
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Table 4. Hg concentrations in hair of modern and prehistoric animals and reference values.

| Hg Concentration, µg/g | Prehistoric Animals | Modern Animals | Reference Values |
|------------------------|---------------------|----------------|-----------------|
| number of samples      | Mammoth | Bison | Woolly Rhinoceros | Yak | Cattle | 145 | - |
| hair average           | 0.031  | 0.11  | 0.092           | 0.0056 | 0.0066 [46] | 1 [45] | <0.5 [47] |
| hair range             | 0.017-0.049 | 0.035-0.177 | - | - | 0.002-0.011 [48] | 0.02-0.042 [48] |
| blood *                | 0.69 ± 0.07 | - | - | - | <0.438 (ND-15.4) [49] | <2 [45] |

* µg/L; ND—not detected.

3.1.1. Woolly Mammoth Hair and Hemolyzed Blood

Hairs of four fossil mammoths were studied; the Hg concentrations are shown in the Figure 3a. Higher concentrations were in hair samples of Berelyekh and Yukagir mammoths from the Last Glacial and Preboreal warming, respectively, whereas the lowest Hg concentrations were in older specimens, Oymyakonsky and Malolyakhovsky mammoths (45–33 ka yr BP).

![Figure 3. Mercury concentration in hair of different fossil specimens: (a) mammoth; (b) bison and rhino.](image)

There was rare opportunity to sample enough freshly thawed hair material from different parts of the body of the same animal (Malolyakhovsky mammoth). Samples of hair taken from the neck and back leg demonstrated slightly different concentrations: 0.017 and 0.024 µg/g, respectively. The difference between Hg concentrations sampled from different body areas for modern animals varied insignificantly for yak from 0.004 to 0.007 µg/g (this study) and for beef cattle from 0.062 to 0.070 µg/g [46]. The comparison of guard and down yak hair demonstrated a negligible difference in Hg concentrations: 0.0054 and 0.0058 µg/g, respectively. Cattle hair also yielded similar Hg concentrations: 0.010 and 0.008 µg/g for guard and down hairs. It was shown that the elemental composition and concentrations of most elements of beef cattle hair on different body areas does not differ notably [46]. Of course, in the ideal case, hair sampled from the same body areas should be used for the comparison of the animals. However, unfortunately, there are very few opportunities to get hair samples from the same part of body for different prehistoric animals. Therefore, comparison of prehistoric animals’ hair sampled from different body surface areas is evidently acceptable due to minor differences in the concentrations as confirmed by our results (no more than 30%).

There was rare chance to determine Hg concentration in hemolyzed blood of Malolyakhovsky mammoth. Mercury measurement in the whole blood provides information about recent exposure (~1–2 months) to both organic and inorganic mercury through ingestion of food and drinking water and inhalation of elemental mercury vapor in ambient air. The level of mercury in blood indicates recent exposure, but it does not reflect historical exposure or variations in exposure. Here we determined Hg concentration in mammoth hemolyzed blood 0.69 ± 0.07 µg/L. Hg levels in mammoth blood are below background levels of mercury in the blood of people who do not consume fish...
(<2 µg/L) [45]. It is comparable with relatively low levels of total mercury in the blood of modern animals: The median value of Hg in blood of Galician cows from NW Spain was <0.438 µg/L, with the range of <0.438 to 15.4 µg/L [49]. This is similar to Hg concentrations in blood of surveyed dogs from Alaska (0.16–12.38 ng/g) [50].

Hair to blood Hg ratio in Malolyakhovsky mammoth was 36, which is closer to the hair to blood ratio in fish-fed dogs (59 ± 7.6), harbor seals (22–40), and polar bears (100) [51], than to the WHO value for humans (250) used for risk assessments to predict blood Hg from hair concentrations [8]. The differences in ratios may be due to the differences in relative surface area and hair density for different animal species and humans. Unfortunately, we have a single blood sample for mammoth, so we can only assume that this ratio level is characteristic for mammoths and other Ice Age animals.

### 3.1.2. Steppe Bison Hair

Hg concentrations in the hair of two steppe bison differ by about five times: 0.034 ± 0.001 and 0.177 ± 0.026 µg/g (Figure 3b). The concentration of Hg in Yukagir bison hair is at a comparable level to the Berelekh mammoth hair, whereas Hg concentration in hair of Mylakhchin bison is the highest among all studied Ice Age animals. We hypothesize that there was an increase in mercury concentrations in the environment during this period. Mylakhchin bison lived in Karginian interstadial, in conditions of climate warming. The latter might be responsible for enhanced release of Hg due to thawing permafrost. Reconstruction based on palynological data revealed that, during the Karginian interstadial, there were stages with warmer and milder-than-today climate conditions, and the amplitude of climate fluctuations was different for different regions of Siberia [52]. Modern bison are very similar to the prehistoric ones in terms of nutrition, wool structure, etc. It has been observed that bison can find food under deep snow layers (>50 cm) [53]. Unfortunately, we could not find mercury concentrations in the hair of modern bison, although very low levels of hepatic Hg in the liver of captive and free-ranging European Bison from two different sites (0.003 µg/g) indicate a low mercury load [54]. The levels of such vital trace elements, such as iron, titanium, and vanadium, in the hair of a modern European bison are much lower than in hair of both prehistoric fossils [55].

### 3.1.3. Woolly Rhino Hair

There was only one sample of woolly rhino hair, and it had a high Hg concentration of 0.092 ± 0.003 µg/g (second highest of all studied samples). This is supposedly related to Hg variability based on climatic stage and is discussed in detail in Section 3.4.

### 3.2. Comparison with Modern Animals’ Hair and Reference Intervals

Unfortunately, we cannot compare Hg levels in modern animals to historical levels in the same animal species, because there are no modern animals identical to the mammoth mammals. Elephants are closest to mammoths genetically, but they have a different body and habitat. We compared the Hg concentration in hair of mammoth and yak, as they have similar characteristics (nutrition, long hair, etc.). A yak (Bos mutus) from the Barnaul Zoo has a low Hg level (0.006 ± 0.001 µg/g) (Table 4). There are no data about Hg concentration in the hair of yak from other regions of the world, but concentrations of other elements were found to be comparable between Altai and Asian yak, indicating that the differences in their exposure to metals are insignificant for the vast territories of their habitats [56,57]. Hg concentrations in all mammoth mammals’ hair samples were significantly higher than Hg concentration in unpolluted hair samples of modern animals such as cattle (0.0066 ± 0.0002 µg/g) (Table 4). Methods for determining reference ranges in hair by using results from a large human population are described in detail elsewhere [11]. The reference intervals and 90% confidence intervals for the lower and upper limits were calculated for hair trace-element content in cattle (Bos taurus) per the recommendations of the American Society for Veterinary Clinical Pathology Quality Assurance and Laboratory Standard Guidelines [48,58]. Concentrations of Hg in mammoth fauna mammals’ hair mostly lie within the optimal reference range for cattle (Table 4), excluding two highest concentrations,
which apparently reflect high environmental exposure to mercury in these mammals during the last periods of their lives. For plant-eating animals, vegetation is one of the main factors characterizing the living conditions [20], although Hg accumulation by animals depends both on their diet and habitat.

3.3. Hg Levels in Arctic Animals and Humans (Historical and Modern)

In historical samples of hair of human mummies of the Aleutian Islands (Alaska) dating 1450 AD, mean total mercury concentration (5.8 ± 0.9 µg/g) is comparable to the levels observed in hair of modern residents of the northern polar territories (Alaska, Canada, Faroe Islands) [59]. That confirms the main contribution of the traditional nutrition based on fish and meat of marine mammals to the accumulation of mercury for residents of these territories. The Egyptian, Chilean, and Peruvian mummies had mercury exposures below the US EPA reference level of 1 µg/g and were considerably lower than that of northern pre-industrial populations [60]. Hg concentrations in hair samples of historical (10.42 ± 1.31 µg/g) and modern (10.42 ± 2.45 µg/g) arctic foxes were similar and strongly correlated with ecotype and available food source [22]. Unlike humans and foxes, Hg concentrations in the hair of Greenland polar bears showed a significant increase from 0.52 to 4.9 µg/g (from 1300 to 2000 years) [61]. Comparison between Hg levels in the hair of the ancient dogs of the Seward Peninsula (0.657 ± 0.273 ng/g [62]) and the modern Alaska fish-fed dogs (0.54 ± 0.11 µg/g, [51]) did not show significant difference. Thus, when environmental exposure (atmosphere and water) to mercury is low, the increased levels of mercury in the bodies of ancient humans and animals are primarily associated with their diet. Mammals of the mammoth fauna have low Hg levels, since they are herbivores that get mercury from plants and accumulate it in their bodies (and hair). Biomagnification along the food chain (as seen in aquatic ecosystems and fish-eating animals and humans) is not observed.

3.4. Comparison with Other Paleoarchive Data

Environmental archives such as lake and marine sediments, peat bogs, glacial ice, and tree rings are widely used to reconstruct Hg accumulation at the local, regional, and global scale. All archives have their advantages and disadvantages, but none of them is a definite record of past mercury levels, because of the complexity of the mercury cycle’s being influenced by various processes in each archive [63,64]. Most archives record the past several hundred to several thousand years (ice cores, peat bogs, lake and marine sediment cores, and tree rings), whereas long-term paleorecords recording up to a hundred thousand years are scarce (ice cores of Antarctica and Greenland, sediments cores and speleothems). Ice Age animals in this study lived 45 up to 10.5 kyr BP. Animals were exposed to mercury from the diet and the environment. The natural sources of Hg emissions were volcanoes, air–sea and soil–vegetation–air exchange, biomass burning (wildfires), and the revolatilization of deposited Hg from the soils (including release associated with permafrost thawing due to climate change).

The highest Hg concentration recorded in this study dates to 33.930 cal kyr BP. The other peak of Hg concentration at 23.292 cal kyr BP falls into the LGM period. An increase of mercury concentrations in hair coincides with variations of Hg concentrations and depositions recorded in the Antarctica Dome C ice core (Figure 4). Due to constant snow accumulation, Hg concentrations and fluxes change synchronically. Total Hg and Hg$^{2+}$ concentrations are also characterized by similar trends, except during the initial period from 15 to 2 kyr BP. The highest peak occurred during the Karginian interstadial of the Late Pleistocene, the period of maximum insolation in 200 ka years [65]. The presence of mosses in Malykhchinsky bison’s food masses indirectly indicated a significant wetland area in this period because of significant climate warming. Hg increase in environment caused by rapid release of mercury during thawing periods was recorded in other paleoarchives, such as sediments in Limnopolar Lake (South Shetland Islands), where extraordinary high Hg enrichment was observed [65]. Research based on about 600 samples from soil permafrost cores (Alaska) discovered that the active layer is the largest Hg pool on the planet. The Northern Hemisphere permafrost region contains 1656 ± 962 Gg Hg, of which 793 ± 461 Gg is frozen in permafrost. The active layer and permafrost contain nearly twice as much Hg as all other soils, the ocean, and the atmosphere combined [66].
This allows us to assume that, in the past warm climatic periods, thawing permafrost caused significant mercury to be released into the environment, from the active layer of permafrost.

![Graph showing mercury concentrations in hair and in the EPICA Dome C ice core](image)

**Figure 4.** Concentrations (a) and fluxes (b) of total mercury (HgT) and inorganic mercury (Hg\(^{2+}\)) in the EPICA Dome C ice core [67] and total Hg concentrations in mammoth fauna mammals’ hair. Concentrations and fluxes of Hg below the Method Detection Limit (MDL) are presented in the graph as 1/2 of MDL.

The exogenous Hg in hair of ancient animals is mainly due to its sorption on the hair surface, from the atmosphere. The endogenous Hg in hair also can be due to Hg\(^0\) influx. Elemental mercury (up to 80% of inhaled Hg\(^0\) vapors) is absorbed in the lungs, quickly diffused into the blood, and distributed to all organs of the body; it also accumulates in growing hair.

The second peak corresponds to the Last Glacial Maximum, where the Antarctic record also shows a drastic increase in Hg concentrations during the LGM. It was found for mercury in the Antarctic [67] that the oxidation of gaseous mercury by sea-salt-derived halogens occurred in the cold atmosphere. The oxidized mercury compounds were then transferred to the abundant mineral dust particles and deposited. A significant correlation between dust concentrations and changes of temperature during glacial periods was confirmed by comparing dust and stable isotope, up to 90% of the dust variability can be explained by the temperature variations. The deposition of dust in Antarctica during glacial periods is about 20 times higher than during interglacials [68]. The cooling marked in three independently dated North Atlantic marine sediment cores is synchronous with the sharp increase in dust flux recorded in the Greenland ice cores, an increase in dust transport from Asia to Greenland observed during few Greenland stadials [69,70]. Deposition of mercury with dust on the surface of the land and its accumulation by the plants and snow might be the reason of increased dietary Hg exposure of herbivores. A high content of loamy particles in fecal samples of mammoths indicates an occasional or deliberate lithophagy [71]. Moreover, when thick ice completely covers the water, animals eat snow. Thus, changes of mercury concentrations in the hair of prehistoric animals are in good agreement with global changes of mercury concentrations recorded in other paleoarchives of Northern Hemisphere. It should be noted that the question remains open: Is there a real difference in the deposition, distribution, and conservation of mercury in the Northern and Southern Hemispheres, or are Hg changes global? All archives preserve Hg differently and present changes in global Hg cycle at various spatial and temporal scales [64].

4. Conclusions

Mercury content in the hair of mammoths and other prehistoric animals allows us to estimate changing mercury levels between 40,000 to 10,000 years ago. Since the amount of ancient hair is very limited, we suggest comparing the hair of different animal species which are similar in diet and habits, as well as hair samples taken from different parts of the animals’ body. All prehistoric animals have a low Hg level in their hair. This level is below concentrations associated with toxicity in wildlife and do
not exceed background levels of mercury in hair of non-seafood consumers (0.5 µg/g). Most of the Hg concentrations in the hair of prehistoric animals were within the reference range for modern cattle.

There are many advantages to using ancient hair as an indicator of environmental pollution, and now we present a new application of hair as an indicator of climatic changes. We hypothesize that Hg concentrations in hair reflect the variation in Hg level in the environment changing with climate changes, and can be used as a proxy for climate change assessment. The increase of Hg concentration in hair during the coldest climatic stages (such as LGM) coincides with the increase in Hg deposition on the Earth’s surface, associated with the highest atmospheric dust loads. Moreover, mercury can be released to the atmosphere because of permafrost thawing during interstadial warming; the highest Hg concentration coincides with the Karginian interstadial of the Late Pleistocene, the period of maximum insolation and warming. Climate changes in warm and cold climatic stages were oscillatory; relatively warm periods alternated with cooler periods during each glacial and interglacial. For example, Karginian interstadial consisted of five periods (three warming and two cooling), in which features of the distribution and boundaries of permafrost are still under study.

Mammoth fauna mammals’ hair, together with other natural archives, will be useful in assessing the response of Hg cycle to climate change. More paleo data are necessary to confirm our first finding, and to clarify whether these changes will differ for the Northern and Southern Hemispheres’ archives, so we are planning further studies of mammoth fauna mammals on a wide spatiotemporal scale.

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