Review Article

Different Implications of Paternal and Maternal Atopy for Perinatal IgE Production and Asthma Development

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Asthma is a hereditary disease associated with IgE-mediated reaction. Whether maternal atopy and paternal atopy have different impacts on perinatal IgE production and asthma development remains unclear. This paper reviews and summarizes the effects of maternal and paternal atopy on the developmental aspects of IgE production and asthma. Maternal atopy affects both pre- and postnatal IgE production, whereas paternal atopy mainly affects the latter. Maternally transmitted genes GSTP1 and FceRI-beta are associated with lung function and allergic sensitization, respectively. In IgE production and asthma development, the maternal influence on gene-environment interaction is greater than paternal influence. Maternal, paternal, and/or postnatal environmental modulation of allergic responses have been linked to epigenetic mechanisms, which may be good targets for early prevention of asthma.

1. Introduction

The prevalence of asthma has dramatically increased over the past few decades, particularly in children [1]. Most childhood allergic diseases, such as atopic dermatitis and asthma, develop in the first few years of life [2, 3]. Understanding the developmental process of allergic diseases, which have long been attributed to IgE-mediated mechanisms [4, 5] and identifying factors that play important roles in perinatal IgE production and asthma development may help early predict and prevent the occurrence of allergic diseases. Evidence has shown that allergy sensitization may occur in fetal life [6, 7], and a number of factors have been shown to affect the development of allergic disease; family history of atopy, environmental exposure in urban areas, maternal nutritional status and stress during pregnancy, and the time and method of complementary food initiation are all potential factors that contribute to asthma. In addition, genetic polymorphisms originating in maternal or paternal inheritance have been implicated in IgE production and asthma development. This paper reviews and addresses the difference between paternal and maternal inheritance and environment in IgE production and asthma development.

2. Association of Antenatal IgE Production with Asthma

An increase in blood IgE levels has long been implicated in the development and severity of asthma [8, 9]. IgE production and allergy sensitization are both active processes in the prenatal and perinatal periods and are potentially influenced by genetic factors and the intrauterine and postnatal environments. Antenatal allergy sensitization with IgE production, reflected by the elevation of cord blood serum IgE (CBIgE), has been studied as a predictor of asthma and other IgE-mediated allergic diseases; however, the results are controversial (Table 1). Some studies indicate that higher CBImE levels correlate with the development of aeroallergen sensitization [10–12], recurrent wheezing in childhood [13],
later development of childhood asthma [14], and allergic rhinoconjunctivitis in adulthood [15]. However, other studies yielded discouraging results indicating that CBtgE elevation lacks the sensitivity for predicting the development of allergic diseases in childhood [16–18]. The inconsistencies may be due to differences in ethics, cut-off values of CBtgE levels, and definitions of allergic diseases in these cohorts. However, a recent study found strong evidence that maternal-fetal transfer may be a common cause of increased CBtgE levels, especially in newborns with elevated cord blood IgA levels [19] or allergen-specific IgE [20], which is not commonly found in the cord blood of newborns, suggesting maternal-fetal transfer of IgE or contamination of maternal blood. As shown in Table 1, several studies have shown a correlation between elevated CBtgE levels and allergic sensitization and/or asthma, whereas other studies revealed no correlation [10–18].

To determine whether prenatal IgE production reflects CBtgE elevation and the development of allergic diseases, we followed up a birth cohort of 230 newborns from the prenatal stage to 6 months, 18 months, 3 years, and 6 years of age. With CBtgE levels ≥ 0.5 kU/L considered elevated, our preliminary analysis of the total IgE levels in the 230 newborns who completed the followup revealed that newborns with elevated CBtgE (0.5 kU/L) exhibited a significantly higher risk of atopic dermatitis (odds ratio (OR), 2.067; 95% confidence interval (CI), 1.392–3.071) and allergic rhinitis (OR, 1.840; 95% CI, 1.212–2.791), but not asthma, at 6 years of age. The sensitivity and specificity of elevated CBtgE (0.5 kU/L) for predicting atopic dermatitis and allergic rhinitis were 28.5% and 83.8% and 23.9% and 85.3%, respectively. Elevated CBtgE (0.5 kU/L) was also highly correlated with elevated IgE levels at 6 years of age (150 kU/L) (OR, 2.671; 95% CI, 1.424–5.010); however, it exhibited poor sensitivity (35%) but high specificity (83.2%). This indicates that CBtgE levels are related to the development of allergic diseases and that the CBtgE prediction of allergic outcomes during childhood may be specific but not sensitive enough for clinical application. Other factors, such as elevated umbilical cord blood CCL17 levels [21], CCL22 levels [22], or reduced IFN-γ levels with enhanced IL-4-producing CD4+ cord blood T cells [23], have been shown to be associated with atopic dermatitis in infancy. Cord blood 25-hydroxyvitamin D levels are inversely associated with the risk of childhood wheezing [24]. More studies on the CBtgE levels and/or other chemokine or cytokine levels of cord blood are needed to improve their prediction value for childhood allergic diseases.

### 3. Different Implications of Paternal and Maternal Atopy for IgE Production and Asthma

The effect of maternal total IgE levels or atopy on cord blood IgE levels has been well recognized [25–30]; on the other hand, paternal total IgE levels and paternal atopy have little effect on antenatal IgE production or early atopy [25–29]. However, paternal total IgE level, like maternal total IgE levels, highly correlate with total IgE levels in children of preschool age [31]. In other words, maternal total IgE levels or sensitization may positively correlate with antenatal and postnatal IgE production; however, paternal total IgE levels or sensitization has little effect on antenatal IgE production but has a significant impact on the IgE production at preschool age (around 4–6 years). However, some studies have shown a poor association between parental atopy and atopic dermatitis in children up to 4 years of age [32, 33]. Although both maternal and paternal histories of asthma are associated with childhood asthma, various studies have shown that maternal history of asthma or atopy is one of the most important risk factors for childhood asthma [34–37] and is associated with increasing risk of admission for childhood asthma [38]. A 2-stage case-control study in Canada revealed that children born to asthmatic mothers are at a higher risk of developing asthma than children born to nonasthmatic mothers are (32.6% and 14.1%, resp.) [39]. Furthermore, paternal asthma is a significant and strong predictor of asthma or airway hyperresponsiveness in school-age

| Parameters | Population studied, country | Reference |
|-----------|-----------------------------|-----------|
| Skin-prick test at age 4 yr | 1456, England | [10] |
| Allergic sensitization and recurrent wheezing at age 7 yr | 380 high-risk newborns, Canada | [13] |
| Allergic sensitization at 4 and 10 yr and asthma at 10 yr | 1456, USA | [14] |
| Skin-prick test at age 5 yr, allergic rhinoconjunctivitis at age 20 yr, and total IgE at ages 11 and 20 yr | 200, Finland | [15] |
| High IgE and allergic sensitization between the ages of 18 and 24 months | 1884, Sweden | [11] |
| Total IgE and allergic diseases before 5 years of age | 1884, USA | [12] |
| Parameters not correlated with elevated CBtgE | | |
| No significant association with recurrent wheezing | 1314, Germany | [16] |
| Not better than family history to predict infant atopy | 2814, USA | [17] |
| Family history of atopy far more sensitive than CBtgE | 1111, UK | [18] |
In a study on asthma in consanguineous families, paternal asthma increased the risk of asthma in both boys and girls ($P = 0.021$ for boys, $P < 0.001$ for girls), whereas maternal asthma had no significant impact on asthma in the offspring [43]. These results indicate that the effect of maternal atopy on IgE production and allergic diseases of the offspring begins at the fetal stage and continues to infancy and childhood; however, the impact of paternal atopy is not apparent until childhood.

Accumulated evidence has also shown that maternal asthma history has a greater impact on the subsequent development of allergic asthma in the offspring than paternal asthma history has. In a meta-analysis of 33 studies from 1966 to 2009 investigating the impact of maternal asthma and paternal asthma on the asthma of their offspring, the OR for asthma in children of asthmatic mothers was significantly higher than that in children of nonasthmatic mothers (3.04; 95% CI, 2.59–3.56). The corresponding OR for asthma in children of asthmatic fathers only increased to 2.44 (2.14–2.79). When comparing the OR, maternal asthma conferred a greater risk of the disease than paternal asthma did (3.04 versus 2.44, $P = 0.037$) [44]. However, some studies have shown that maternal and paternal airway hyperresponsiveness (AHR) or asthma increases the risk of AHR or asthma in their offspring [45, 46]. The opposite was observed by Kurzuis- Spencer and colleagues, who showed a strong father-offspring (particularly father-son), but not mother-offspring, correlation in airway responsiveness among children [47]. Dold and colleagues have also shown that paternal asthma history has a much greater impact, with a relative risk of 4.4, than maternal asthma history has, with a 1.5-fold risk of the occurrence of wheezy bronchitis in children between the ages of 9 and 11 [48]. Similarly, in a study of 1,041 asthmatic children, Raby and his colleagues found that children with a paternal history of asthma, but not with a maternal history of asthma, showed significantly greater AHR than those without such history did [49]. Another study by Litonjua and colleagues [37] also showed that paternal contributions to the risk of childhood asthma have a greater influence on older children. These results suggest that AHR and asthma are independently inherited. Paternally derived and maternally derived asthma modulate different gene expression pathways or epigenetic mechanisms to transmit different phenotypes (AHR and asthma) in the offspring.

In our birth cohort study, we analyzed whether the presence of paternal or maternal atopy, as defined by total IgE > 150 kU/L [26], influenced IgE production from the newborn stage to 6 months, 18 months, 3 years, and 6 years of age. As shown in Figure 1, maternal atopy, but not paternal atopy, significantly affected antenatal IgE production, as reflected by CB IgE elevation (Figures 1(a) and 1(c)). Maternal atopy was significantly associated with the log-transformed IgE levels at 6 months, 18 months, 3 years, and 6 years of age, whereas paternal atopy was only significantly correlated with log-transformed IgE levels at 3 years and 6 years of age (Figures 1(b) and 1(d)). These results strongly indicate that maternal influence on IgE production is exerted from the antenatal stage through childhood, whereas paternal influence on IgE production begins from early childhood and increases with increasing age.

### Table 2: Effect of parental background on IgE production and asthma development.

| Maternal background | Paternal background |
|---------------------|---------------------|
| Gene                |                     |
| Maternal asthma [34–39] | Paternal asthma [40–43] |
| Fetal exposure to tobacco smoke, household allergens, and latex and/or biocides [58–63, 65] | Paternal occupational flour dust exposure [65] |
| Maternal prenatal exposure to farm, farm animals, and cat or dog [58, 66, 68] |                     |
| Mediterranean diet, fish intake, fatty acid status, and folic acid supplements during pregnancy [24, 69, 72, 73] |                     |

4. **Effects of Paternal and Maternal Inheritance and Environment on IgE Production and Asthma**

Advances in the identification of asthma-susceptibility genes may provide some insights into the molecular mechanisms underlying maternal and paternal influence on childhood asthma. As shown in Table 2, Leaves and colleagues showed that a region of chromosome 7p, restricted to siblings sharing alleles inherited from fathers, not from mothers, is tightly linked with AHR in an Australian population, suggesting paternally derived alleles at this locus might affect airway responsiveness [50]. Maternal antioxidant gene polymorphisms (GSTP1 and GSTM1, GSTT1) have been regarded as specific risk factors for asthma in the offspring and may modify the relationship between prenatal acetaminophen exposure and childhood asthma [51, 52]. Traherne and colleagues have shown that the polymorphism of the high-affinity IgE receptor beta-chain (FceRI-beta) has a strong association with positive allergy skin-prick tests and greater allergen-specific IgE levels when these polymorphisms are inherited from the mothers [53]. Cookson and his colleagues found that the transmission of atopy at the chromosome 11q13 allele is
Figure 1: Different implications of maternal and paternal IgE levels for antenatal IgE level and postnatal IgE production at different ages in our cohort study. (a), (c): Maternal (Ma) atopy, defined as IgE > 150 kU/L, but not paternal (Pa) atopy, significantly affected antenatal IgE production, reflected by CBlgE elevation (>0.5 kU/L). (b), (d): Maternal atopy (solid circles) was significantly associated with log-transformed IgE levels at 6 months (6 m), 18 months (18 m), 3 years (36 m), and 6 years (6 y) of age, whereas paternal atopy (open circles) was only significantly associated with log-transformed levels at 3 and 6 years of age.

detectable only through the maternal line [54]. These parent-derived alleles associated with IgE production and asthma provide insights into the impact of gender on the inheritance of IgE production and the development of asthma.

There are several possible reasons to explain why mothers and fathers have different impacts on IgE production and asthma development in their offspring, including exclusive exposure to maternal environmental factors during fetal development, fetomaternal-shared perinatal environmental exposures (including breastfeeding), different hormones, and distinct genetic imprinting [49]. Moreover, certain genetic alleles may have sex-specific effects and may be expressed to a greater level in male or female individuals, thereby making more specific contributions when inherited from the mother or father.

Besides inheritance, maternal and paternal environment can affect the development of asthma differently. Several lines of evidence have indicated that factors present during fetal development influence immune responses and allergen sensitization in early life. During pregnancy, the fetomaternal interface is surrounded by Th2-prone environment [55], which may suppress fetus-directed maternal Th1 immune
responses [56]. This Th2 environment may be a good niche for fetal allergy sensitization, because the Th2 cytokine microenvironment may prime T cells toward allergic differentiation [57]. Maternal environmental factors, including maternal prenatal exposure to tobacco smoke [58–62], household allergens [63], traffic air pollution [64], and maternal occupational exposure to latex and biocides [65], are associated with childhood asthma; however, increasing maternal age, maternal prenatal exposure to cat or dog [58, 66], maternal fish intake [67], and maternal exposure to farming environments [68] have been shown to exert protective effects. One study revealed that folic acid supplements during pregnancy are associated with a slightly increased risk of wheezing and lower respiratory tract infections up to 18 months of age and suggests that methyl-group donors in the maternal diet during pregnancy influence respiratory health in children via epigenetic mechanisms [69]. Another study showed that serum folate levels are inversely associated with total IgE levels and that a dose-response relationship exists between serum folate and outcomes of high total IgE level, atopy, and wheezing [70]. However, a recent study does not support the relationship between folic acid supplement and asthma development [71]. In contrast, fewer paternal environmental factors are associated with IgE production and asthma development. It has been shown that paternal occupational flour dust exposure was associated with the development of asthma [65]. These results indicate that environmental factors during pregnancy, directly or indirectly, play important roles in allergic sensitization or disease development.

Environmental factors may influence gene expression, cytokine secretion, T-cell differentiation, and the development of allergic diseases via epigenetic mechanisms, possibly by DNA methylation and histone modification. In a study using the Aspergillus fumigatus allergen murine model, chronic inhalation of diesel exhaust particles induced hypermethylation at the CpG-45, CpG-53, and CpG-205 sites of the IFN-γ promoter in CD4 cells, and hypomethylation at CpG-408 in the proximal IL-4 promoter in CD4 cells, both of which significantly correlated with higher IgE production [74]. Perera and colleagues found that transcplacental exposure to traffic-related polycyclic aromatic hydrocarbons (PAHs) is significantly associated with hypermethylation of acyl-CoA synthetase long-chain family member 3 (ACSL3) [75], which may diminish fatty acid utilization and possibly influence membrane phospholipid composition. Whether these functional changes directly affect the development of the asthmatic phenotype is unknown and deserves further investigation.

5. Paternal and Maternal Influence on Gene-Environment Interactions in Perinatal IgE Production and Childhood Asthma

IgE is produced by activated B cells, which interact with Th2 cells and undergo isotype class switching after the induction of Th2 cell-derived cytokines, particularly IL-4 and IL-13. Some lines of evidence indicate that IgE production in children and adults is under strong genetic control [76, 77], with heritability ranging from 60% to 87% in childhood. We previously found that 21 SNPs in 14 allergy candidate genes on chromosomes 4, 5, 6, 9, 10, 11, 12, 16, and 20 are associated with elevated levels of CBlgE [78], a finding similar to findings of the studies on genetic association of serum IgE and asthma [79, 80].

We have also previously shown the effects of gene-gene (IL13, rs20541 interaction between CCL17, rs223900, and CXCL10, rs867562 on antenatal IgE production) and gene-environment (maternal atopy alone and its interaction with PIM1, GPIAP1, NOS2A, CTLA4, ADAM33, LTA, PDE2A, GSR, IL13, FGF, CCL22, or CAT can affect antenatal IgE production) interactions on CBlgE production [78]. Another study in Australia made a similar observation that genetic variants in the Th2 pathways, particularly in the IL-13, IL-13RA1, and STAT6 genes, are significantly associated with CBlgE concentration individually and jointly. The gene-gene interaction and ethnic heterogeneity observed in that study are similar to those observed in our study [93]. Both studies indicate that genetic regulation of IgE production begins in the prenatal stage and is influenced by different genetic backgrounds and maternal atopy status via gene-environment interactions.

In IgE production and asthma, the maternal influence on gene-environment interaction is more prominent than the paternal influence is. Several studies have supported the gender-dependent gene-environment interactions on asthma development, such as polymorphisms of CTLA-4 [26], GSTM1 [94, 95], GSTP1 [96], IL-13 [97], IL-1Ra [98], βAR [99], TGF-β1 [100], HLA-G1 [101, 102], CD14 [103–106], and TLR2 [107], may influence the development of asthma through interactions with other maternal environmental factors, such as maternal tobacco smoke exposure, maternal atopy, or maternal prenatal exposure to a farming environment. Sensitization of the fetus due to interactions between exclusive in utero maternal environmental factors and fetus susceptible genes may be the most important reason why maternal influence is greater than paternal influence during fetal and infancy periods.

Multiple postnatal environmental factors have been proven to be associated with increased risk of childhood asthma. As shown in Table 3, passive exposure to tobacco smoke increases the risk of allergen sensitization [81] and childhood rhinitis and asthma [60, 82–84], particularly when mothers are not atopic. Children exposed to traffic exhaust have increased risk of recurrent night cough and wheezing [85] and allergen sensitization in children with specific genetic polymorphisms [64], which may be associated with IgE-mediated asthma. In urban areas with high levels of vehicular traffic, the most abundant components of air pollution are airborne particulate matter, nitrogen dioxide, and ozone [86], which may explain the increased prevalence of asthma or allergic respiratory tract diseases in urban areas. Recent evidence has also revealed that allergic sensitization is positively linked to rhinovirus-related wheezing but not wheezing caused by other viruses [89]. Early exposure to acetaminophen [90] and broad-spectrum antibiotics [91] are also weakly associated with childhood wheezing or asthma. On the other hand, breastfeeding [87, 88] and exposure to farming environment
and animals with increased levels of microbial substances may protect against IgE-mediated allergic diseases [68]. A report of two prospective birth cohorts on the association of complementary foods with allergy stated that introduction of solid foods with a high diversity of different solids before the end of the fourth month may increase the risk of later allergy, particularly eczema. However, delayed introduction of solid foods beyond the sixth month of age or the avoidance of allergenic foods during the first year does not prevent allergy development [67]. These findings are also reflected in the new recommendation for allergy prevention published by the American Academy of Pediatrics [108] and the European Society of Pediatric Gastroenterology, Hepatology and Nutrition [109]. Joseph and his colleagues reported a different finding that early introduction of complementary food before the age of 4 months is associated with a reduced risk of peanut (and perhaps egg) sensitization by the age of 2 to 3 years but only for children with a parental history of asthma or allergy [92]. Whether paternal or maternal atopy affects the postnatal environmental modulation of IgE production and asthma development remains to be determined.

6. Conclusions

The development of immunity and allergen sensitization is believed to start during the fetal period. CB1 IgE levels, reflecting antenatal IgE production, is significantly associated with total IgE levels, allergen-specific IgE levels, and even occurrence of asthma, according to most studies. However, the sensitivity and negative prediction rate are still unsatisfactory, making it a poor predictor of childhood asthma. Postnatal IgE, particularly after early childhood, is more sensitive and more relevant to clinical applications in aiding the diagnosis of IgE-mediated allergic diseases. The improvement of CB1 IgE application methods for predicting allergic diseases remains a big challenge.

Most studies have shown that both paternal and maternal factors have great impacts on IgE production and asthma development in the offspring. Genetic and environmental factors from both parents also contribute to this impact. This literature review revealed that maternal influence begins in the fetus and continues through infancy, childhood, and even adulthood, whereas paternal effect may not be apparent until early childhood, and the effect may increase with increasing age.

Asthma is a complex disease involving multiple genetic backgrounds and multiple environmental insults. Some specific genetic alleles may display greater effect in specific environments. Interactions of maternal oxidative stress genes (GSTM1, GSTP1, CAT, and MPO) with maternal prenatal exposure to air pollutants or tobacco smoke may contribute to asthma or allergic airway responsiveness. On the other hand, interactions of TLR2, CD14 genotype, with farm exposure, and/or endotoxin exposure may protect against the development of asthma. Experimental studies have revealed that most environmental factors manifest their effects on asthma development through epigenetic mechanisms, such as DNA methylation and histone modification. An increase in CpG methylation of the IFN-γ promoter and decrease in CpG methylation of the IL-4 promoter have been observed in response to chronic exposure to diesel exhaust [74], and maternal prenatal exposure to PAHs has been linked to hypermethylation of ACSL3 [75]. More studies are warranted to investigate the gene-environment interactions among maternal inheritance, paternal inheritance, and environment in perinatal stages for the prevention of IgE production and asthma development.

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