A quantum trampoline for ultra-cold atoms

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Abstract – We have observed the interferometric suspension of a free-falling Bose-Einstein condensate periodically submitted to multiple-order diffraction by a vertical 1D standing wave. This scheme permits simultaneously the compensation of gravity and coherent splitting/recombination of the matter waves. It results in high-contrast interference in the number of atoms detected at constant height. For long suspension times, multiple-wave interference is revealed through a sharpening of the fringes. We characterize our atom interferometer and use it to measure the acceleration of gravity.

Introduction. – Atoms in free fall are remarkable test masses for measuring gravity, with a host of applications from underground survey to tests of the equivalence principle [1]. Because of the quantized character of atom-light interaction, the acceleration of free falling atoms can be precisely measured with lasers, for instance by comparing the velocity change of atoms by absorption or emission of a single photon to the gravity induced velocity change in a precisely determined time [2]. Furthermore, atom interferometry exploits the quantum nature of matter waves [3–6]. In both cases, an accurate measurement of gravity demands a long time of free fall, but it is \textit{a priori} limited by the size of the vacuum chamber in which the measurement takes place [7–9]. It is possible to overcome this limitation by bouncing many times the atoms on an atomic mirror [10], realizing a trampoline for atoms [11,12]. This scheme can be used to fold the trajectories within a standard light-pulse atom gravimeter [12].

Here we show how to operate a quantum trampoline based on a periodically applied imperfect Bragg mirror, which not only reflects upwards the falling atoms, but also, in contrast to [12], acts as a beam splitter that separates and recombines the atomic wave packets. This results in multiple-wave [13–15] atom interference, evidenced by an efficient suspension of the atoms even though successive leaks at each imperfect reflection would classically lead to a complete loss of the atoms (similarly to the theoretical proposal [16]). This suspension is obtained at a precise tuning of the trampoline period, whose value yields directly the local value of gravity \(g\). Our scheme can be generalized to other interferometer geometries, such as in [17,18] replacing perfect Bragg reflections with imperfect ones.

A classical trampoline for atoms can be experimentally realized by periodically bouncing them with perfect Bragg mirrors. These mirrors are based on atom diffraction by a periodic optical potential [19], \textit{i.e.} a vertical standing wave of period \(\lambda/2\), where \(\lambda\) is the laser wavelength. The interaction between the atoms and the optical potential leads to vertical velocity changes quantized in units of \(2V_R\), where \(V_R = h/\lambda m\) is the one photon recoil velocity of an atom of mass \(m\) (\(h\) is the Planck constant). For long interaction pulses, the applied potential can be considered as time independent, and the atom kinetic energy has to be conserved. This requirement is fulfilled by changing the vertical velocity component from \(-V_R\) to \(+V_R\), and vice versa. We call this process a resonant velocity transfer. Perfect Bragg reflection, yielding only resonant velocity transfer, is obtained by choosing appropriate duration and intensity of the pulse [12]. When a perfect Bragg reflection is applied on atoms freely falling with a velocity \(-V_R\), they bounce upward with a velocity \(+V_R\). After a time \(T_0 = 2V_R/g\) (\(\approx 1.2\) ms for \(^{87}\text{Rb}\)), the reflected atoms

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have again a velocity $-V_R$ because of the downwards acceleration of gravity $g$. Repeating this sequence with a period $T_0$ allows to suspend the atoms at an almost constant altitude (thick line in fig. 1). This is a classical trampoline [11,12].

To operate the trampoline in the quantum regime, we use imperfect Bragg reflections, associated with short laser pulses, for which the kinetic energy conservation requirement is relaxed: Heisenberg time-energy relation permits energy to change by about $h/\tau$ for a pulse of duration $\tau$. Choosing $\tau \approx h/4mV_R^2$ allows us to obtain additional velocity changes from $-V_R$ to secondary diffracted components with velocities $\pm 3V_R$ (fig. 1(b)), hereafter referred as non-resonant velocity transfers. The matter wave packet is thus split into various components that eventually recombine, resulting in a situation where multiple-wave atomic interference plays a dramatic role (fig. 1(a)). For our experimental conditions ($\tau \approx 35\,\mu s$), transition from $-V_R$ to $+V_R$ occurs with a probability of 0.93, while the amplitudes $\epsilon$ of the components diffracted to $\pm 3V_R$ correspond to a probability $|\epsilon|^2 \approx 0.03$ ($|\epsilon| \approx 0.17$). The amplitudes of higher velocity components are negligible, and the probability to remain at $-V_R$ is 0.01. A similar situation occurs for an atom with initial velocity $+V_R$: transition to $-V_R$ happens with probability 0.93 and to $\pm 3V_R$ with probability $|\epsilon|^2 \approx 0.03$.

We operate our quantum trampoline as follows. An all-optically produced ultra-cold sample of $1.5 \times 10^5$ $^{87}$Rb atoms in the $F = 1$ hyperfine level [20] is released from the trap with a rms vertical velocity spread of 0.1$V_R$ for the Bose-Einstein condensate and 0.6$V_R$ for the thermal cloud. In this work, the condensate fraction is limited to 0.2. After $600\,\mu s$ ($\approx T_0/2$) of free fall, such that the mean atomic velocity reaches $-V_R$ because of gravity, we start to apply imperfect Bragg reflections with a period $T$, close to the classical suspension period $T_0$. More precisely, a retroreflected circularly-polarized beam of power 4 mW and waist 2.7 mm (35 mW·cm$^{-2}$), 6.3 GHz red-detuned with respect to the nearest available atomic transition from $F = 1$ is then periodically applied for a pulse duration $\tau \approx 35\,\mu s$. The successive diffraction events result in several atomic trajectories that coherently recombine in each output channel, as presented in fig. 1(a). In this work, we were able to apply up to 30 imperfect Bragg reflections corresponding to a total time of 36 ms.

After $N$ pulses, we wait for a 2 ms time of flight and detect the atoms through absorption imaging with resonant light. We observe distinct wave packets (fig. 2). The atoms situated in the circle at the top have been suspended against gravity, while the distinct packets below correspond to falling atoms. These atoms have acquired a velocity $-3V_R$ after one of the laser pulses, and then continue to fall, unaffected by the subsequent pulses. The difference between fig. 2(a) and (b) shows that a small change in the pulse period $T$ results in a dramatic change in the number of suspended atoms. When suspension is
maximum (fig. 2(b)), the losses are strongly suppressed except for the two lowest spots, which correspond to atoms that have been lost at points A and B of fig. 1. This behavior is due to quantum interferences between the various trajectories as presented in fig. 1(a): for an adequate pulse period $T$, the interferences are constructive in the suspended trajectories and destructive in the falling ones, except at points A and B where no interference can happen. This blocking of the “leaking channels” is analogous to the suppression of light transmission through a multi-layer dielectric mirror.

Our quantum trampoline is a multiple-wave interferometer, where the fraction of atoms in each output port is equal to the square modulus of the sum of the amplitudes associated with all trajectories that coherently recombine at the end. We classify the contributing trajectories with respect to the number of non-resonant velocity transfers. The zeroth-order path is the one which is reflected from $-V_R$ to $+V_R$ at each pulse (trajectory ABCD...O in fig. 1(a) and fig. 1(c)). This is the path associated with the largest output amplitude (of square modulus $0.93^N$). The first-order paths are the ones which are once deviated upwards from the zeroth-order path, and recombine with it after twice the period $T$ (for example, the trajectories $AB_1CD...O$ or $ABC_1D_1...O$ in fig. 1(a)). All these paths have the same accumulated interferometric phase that depends on the pulse period $T$. Their amplitude, proportional to $|\epsilon|^2$, is small but the number of such paths increases as the number of pulses $N$. Their total contribution to the probability amplitude at O scales as $N|\epsilon|^2$. Higher-order paths, with more than 2 non-resonant transfers, are less probable individually, but their number increases faster with the number of pulses. As a consequence, they can have a major contribution to the final probability amplitude. More precisely, multiple-wave interference plays an important role when $N|\epsilon|^2$ becomes of the order of 1.

Figure 3 shows the fraction of suspended atoms for a 10-pulse quantum trampoline where the interference between the zeroth- and first-order paths dominates since $N|\epsilon|^2 \approx 0.3$ is small compared to 1. When the pulse period $T$ is changed, we observe interference fringes with characteristic spacing $\Delta T = 16.6(2) \mu s$ (for $T \approx T_0$). This is in agreement with $\Delta T = \lambda/4gT$ as expected from the differentiation of the elementary interferometer (fig. 1(c)) accumulated phase. 2 We also observe an additional modulation with a fringe spacing of $\Delta T'' = 33 \mu s$, about twice $\Delta T$. It can be understood by considering the interferometers from A to O1 and from A to O2, such as $AB_1C_1D_1...O_1$ and $ABC_1D_1...O_1$. The corresponding fringe spacing $\Delta T'' = \lambda/4|V_R - gT|$ is equal to $2\Delta T$ for $T = T_0$. The output ports $O_1$, $O_2$ of these additional interferometers are 14 $\mu$m above

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2Our semi-classical approximation can be justified by decomposing the sample into Heisenberg limited wave packets with a momentum spread $\Delta p$ and position spread $\Delta x$ such that i) $|\Delta p/m|NT < \Delta x$, ii) $\Delta p/m < V_R$, and iii) $\Delta x < 14 \mu m$ ($NT$ is the total duration of the interferometer). In our case, these conditions are met for $\Delta x \approx 10 \mu m$. During the free falls, according to condition i), the expansion of a wave packet can be neglected and the exact ABM formalism reduces to calculating its classical trajectory (position and momentum) and the classical action along it. For the pulses, condition ii) ensures that the momentum spread is sufficiently low so that the diffraction amplitudes can be calculated as for plane waves. Finally, condition iii) implies that wave packets ending at different positions do not overlap. For the condensate part, the previous description is also valid as the interactions ensure that the initial spatial coherence is lost because the chemical potential $\mu \approx 1$ kHz is such that $\mu NT/h \gg 1$.
Our quantum trampoline is sensitive to gravity. From the position of the broad envelop associated with the classical trampoline, we can deduce $g = 9.895 \text{m} \cdot \text{s}^{-2}$ from WGS84. The uncertainty is dominated by standing-wave power fluctuations which affect the complex diffraction amplitudes and by our measurement noise. Our shot-to-shot fluctuations correspond to $\pm 0.01\%$ in the fraction of suspended atoms, leading to a signal to noise ratio of $~20$ for 10 pulses and $~10$ for 20 pulses. For the measurement of $g$, there is a tradeoff in the number of bounces between the increase of the finesse and the reduction of the signal to noise ratio. In our case, the data at 10 pulses give a better precision than the data at 20 pulses. There are several possibilities to improve our setup. First, a higher number of bounces is achievable, for example starting from a condensate in a trap with weaker confinement, for which the velocity spread after release is reduced [12]. Second, an adequate shaping of the pulses temporal envelope [23] could favor well chosen diffracted orders, and increase the number of contributing trajectories, resulting into a higher finesse of the fringe pattern. Third, using a standing wave with a smaller wavelength or atoms with a reduced mass (such as helium or lithium), the time between bounces would increase and the precision on $g$ could be improved by several orders of magnitudes.

**Conclusion.** – We have presented a quantum trampoline and used it as a proof-of-principle gravimeter, where atoms are held in a volume of few cubic micrometers. Further investigations are needed to study the systematic effects and limitations of our interferometric scheme and to compare it with other compact sensors [2,12,24]. Our scheme, where the atomic wave-function is repeatedly split and recombined, is likely to be weakly sensitive to atom interaction or to laser phase-noise thanks to averaging over many diffraction events. Beyond the prospect of miniaturized gravito-inertial sensors, our setup has potential applications for measuring fundamental forces at small distances [25,26]. It also opens perspectives for new types of interferometers and new sensor geometries. Suspended atoms could be used for atomic clock applications [16] or to build additional interferometers in the horizontal plane. The interrogation time would then not be limited by the size of the experimental chamber. The realization of a multidimensional interferometer measuring simultaneously the acceleration in three dimensions seems possible [27]. Our quantum trampoline differs dramatically

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**Fig. 4:** (Colour on-line) Multiple-wave quantum trampoline. a) Suspended fraction as a function of the pulse period, for 10 (diamonds) and 20 (triangles) pulses. The contrast evolves from 0.6 to almost 1 and the fringe width is significantly reduced as highlighted by the vertical dashed lines at half-maximum. Lines: calculated suspended fraction, with $g = 9.809 \text{m} \cdot \text{s}^{-2}$ selected as fitting parameter. b) Fringe half-width at half-maximum as a function of the number of pulses $N$. The narrowing of the fringes with increasing $N$ is an evidence of the stronger contribution of higher-order paths to the interference pattern.

At each output $O$ of the interferometer, we sum the amplitudes of all possible trajectories from the input $A$ to that output and take the square modulus to get its probability. For comparison with our observations, the fraction of suspended atoms is taken as the sum of the probabilities at all outputs $O_i$. Finally, we take into account the finite temperature of the initial atomic sample by summing the results over the distribution of initial velocities. This model reproduces accurately the whole interference pattern of fig. 3(a).

When we increase the number of pulses so that $N|\epsilon|^2 \approx 1$, the contribution from higher-order paths is not negligible and we enter a regime of multiple-wave interference. Figure 4(a) shows a comparison of the fringes for the cases of 10 and 20 consecutive pulses. After 20 pulses, we observe a clear deviation from a sinusoidal pattern, the fringe width decreases and the contrast increases to almost 1. As plotted in fig. 4(b), the fringe half-width at half-maximum decreases from $4.1 \mu s$ after 10 pulses, where $N|\epsilon|^2 \approx 0.3$, to $2.1 \mu s$ after 30 pulses, where $N|\epsilon|^2 \approx 0.3$. The relative contributions to the output amplitude at $O$ of zeroth-, first-, and second-order paths increase from 1, 0.26, and 0.01, respectively in the case of 10 pulses to 1, 0.9, 0.32 in the case of 30 pulses. The finesse of our interferometer, i.e. the ratio of the full-width at half-maximum of the resonances to the fringe spacing, is 4 after 30 pulses. This increase of the finesse is an evidence of the stronger contribution of the higher-order paths when the number $N$ of pulses increases, as expected for a multiple-wave interferometer [13–15].
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from its classical analogue, where the random velocity transfers would result in atom losses. It provides another clear demonstration of the dichotomy between classical and quantum dynamics [28–31].

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