Increments in DNA-thioguanine level during thiopurine-enhanced maintenance therapy of acute lymphoblastic leukemia

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ABSTRACT

Maintenance therapy containing methotrexate and 6-mercaptopurine is essential to cure acute lymphoblastic leukemia (ALL). Cytotoxicity is elicited by incorporation of thioguanine nucleotides into DNA (DNA-TG), and higher leukocyte DNA-TG is associated with increased relapse-free survival. As 6-thioguanine provides 6-fold higher cytosolic levels of thioguanine nucleotides than does 6-mercaptopurine, we added low-dose 6-thioguanine to methotrexate/6-mercaptopurine maintenance therapy to explore if this combination results in significantly higher DNA-TG. The target population of the “Thiopurine Enhanced ALL Maintenance therapy” (TEAM) study was 30 patients with non-high-risk ALL, aged 1-45 years on methotrexate/6-mercaptopurine maintenance therapy receiving no other systemic chemotherapy. Incremental doses of 6-thioguanine were added to methotrexate/6-mercaptopurine maintenance therapy (starting 6-thioguanine dose: 2.5 mg/m²/day, maximum: 12.5 mg/m²/day). The primary endpoint was DNA-TG increments. Thirty-four patients were included, and 30 patients completed maintenance therapy according to the TEAM strategy. Of these 30 patients, 26 (87%) tolerated 10.0-12.5 mg/m²/day as the maximum 6-thioguanine dose. TEAM resulted in significantly higher DNA-TG levels compared to those in both TEAM patients before their inclusion in TEAM (on average 251 fmol/mg DNA higher [95% confidence interval: 160-341; P<0.0001]), and with historical patients receiving standard methotrexate/6-mercaptopurine maintenance therapy (on average 272 fmol/mg DNA higher [95% confidence interval: 147-398; P<0.0001]). TEAM did not increase myelotoxicity or hepatotoxicity. In conclusion, TEAM is an innovative and feasible approach to improve maintenance therapy and results in higher DNA-TG levels without inducing additional toxicity. It may therefore be an effective strategy to reduce the risk of ALL relapse through increased DNA-TG. This will be tested in a randomized ALTogether-1 substudy.

Introduction

Overall survival of patients with acute lymphoblastic leukemia (ALL) has improved immensely and now surpasses 90% in children and 70% in adults. However, cure rates after relapse have remained poor, and sustained effort to improve first-line ALL therapy further is crucial. Methotrexate/6-mercaptopurine therapy...
purine based maintenance therapy is considered one of the most important phases of ALL therapy, but with an unmet need for improved treatment strategies. Dose adjustments are guided by white blood cell count or absolute neutrophil count, which have been related to relapse rates. However, both white blood cell and absolute neutrophil counts show pronounced variation with age, gender, circadian rhythms and ethnicity, and are therefore poor indicators of methotrexate/6-mercaptopurine treatment intensity. Cytotoxicity of 6-mercaptopurine is mediated by thioguanine nucleotides, which mimic guanine nucleotides, and compete with these for incorporation into DNA. Incorporated thioguanine nucleotides (DNA-TG) can, when methylated, mismatch with thymidine (instead of cytosine), which activates the mismatch repair system. Methyl-thioguanine nucleotides will however continue to mismatch and this ultimately leads to cell death due to repetitive but futile activation of the mismatch repair system. Higher DNA-TG levels in circulating normal leukocytes during maintenance therapy were recently shown to be associated with reduced relapse rate, a finding that has subsequently been validated (Toksvang et al. in press). This suggests that DNA-TG levels in normal leukocytes are indicative of pharmacological events in malignant lymphoblasts. Adjustment of maintenance therapy to increase DNA-TG may therefore lead to improved relapse-free survival. However, attempts to obtain higher DNA-TG by solely incrementing methotrexate/6-mercaptopurine doses would generally fail, because of the complex pharmacokinetics of 6-mercaptopurine, and, furthermore, may increase the risk of serious myelotoxicity and hepatotoxicity. 6-Thioguanine (6TG) also exerts cytotoxicity through formation of DNA-TG, leading to 6-7 times higher levels of cytosolic thioguanine nucleotides than those derived from 6-mercaptopurine at equipotent doses. Randomized studies have, however, demonstrated no benefit in overall survival, when 6-mercaptopurine is replaced by 6TG for maintenance therapy. This might reflect the inability of 6TG to generate higher DNA-TG than 6-mercaptopurine as other 6-mercaptopurine metabolites inhibit de novo purine synthesis, which promotes DNA-TG formation by reducing the levels of natural purines to compete with thioguanine nucleotides for DNA incorporation. As an alternative, we tested addition of very low 6TG doses to standard methotrexate/6-mercaptopurine maintenance therapy and explored whether this combination could achieve significantly higher DNA-TG levels without inducing additional toxicity.

Methods

Study population and study design

Patients aged 1-45 years with non-high-risk ALL (i.e., standard and intermediate risk) treated according to the Nordic Society of Pediatric Hematology and Oncology (NOPHO) ALL2008 protocol were eligible for the Thiopurine Enhanced ALL Maintenance therapy (TEAM) study. The TEAM study was designed as a phase I/II non-randomized clinical trial with increments in DNA-TG as the primary efficacy outcome. The DNA-TG levels documented were compared with DNA-TG levels from TEAM patients before TEAM and with historical patients who had received standard methotrexate/6-mercaptopurine maintenance therapy in the ALL2008 maintenance therapy substudy (ALL2008 MT substudy). Eligible patients were included, when they reached maintenance therapy phase II (maintenance-II) (Online Supplementary Appendix S1).

Maintenance therapy phase II (maintenance-II) (Online Supplementary Appendix S1). Patients were included during the entire course of maintenance-II but had to have at least 3 months of remaining therapy at the first visit. An exclusion criterion was end-of-induction minimal residual disease-negative bone marrow, because DNA-TG levels are not associated with relapse risk in such patients. Patients with previous sinusoidal obstruction syndrome were also excluded, because of the association of this syndrome with 6TG at higher doses (Online Supplementary Appendix S1). The diagnosis of sinusoidal obstruction syndrome was made as defined by Schmiegelow et al.

The TEAM study was registered at ClinicalTrials.gov NCT02912676 and granted a EudraCT number: 2014-002248-42. It was approved by the Ethical Committee of the Capital Region of Denmark (H-6-2014-096), and the Danish Medicines Agency (2014-002248-42). The study was conducted according to the Declaration of Helsinki II and Good Clinical Practice guidelines (Online Supplementary Appendix S1).

Outline of the trial therapy

Incremental doses of 6TG were added to standard methotrexate/6-mercaptopurine maintenance therapy starting at a dose of 2.5 mg/m²/day and increased by 2.5 mg/m²/day biweekly until reaching a maximum 6TG dose of 12.5 mg/m²/day. The target level of DNA-TG was above 500 fmol/µL (approximate mean DNA-TG at end of methotrexate/6-mercaptopurine-based maintenance therapy). TEAM patients had the same white blood cell target of 1.5–3.0 x10⁹/L as all other NOPHO ALL2008 patients. If DNA-TG and/or white blood cell count targets were not reached at the maximum 6TG dose (i.e., 12.5 mg/m²/day), 6-mercaptopurine and/or methotrexate doses were adjusted (Online Supplementary Appendix S1).

Metabolite assessments

DNA-TG in circulating normal leukocytes, thioguanine nucleotide level in erythrocytes (Ery-TGN) and erythrocyte level of methylated 6-mercaptopurine metabolites (Ery-MeMP) were quantified as previously described by Jacobsen et al. and Shipkova et al. (Online Supplementary Appendix S1).

Data analysis and statistics

For each patient, median values were calculated for all outcome variables. Differences between patients’ medians of all outcomes during TEAM therapy and before TEAM followed a normal distribution and were compared using paired Welch t-tests. The patients’ medians of outcome variables during TEAM therapy and the historical data from the ALL2008 MT substudy had
normal distributions, except for Ery-MeMP, and were compared using Welch two-sample t-tests, except for Ery-MeMP which was analyzed with a two-sample Wilcoxon rank sum test.

Results

Study population
The target study population of the TEAM study was 30 patients based on a power calculation (provided in Online Supplementary Appendix S2). A total of 34 patients were included in the TEAM study. The patients’ characteristics and demographics are summarized in Table 1. Inclusion was completed in December 2018, and the last TEAM patient finished therapy in March 2020. The study was closed for follow-up on August 31, 2020. The TEAM therapy period for data analysis was defined as the time period between 10 weeks after initial 6TG dosing (when patients would have had sufficient time to reach the potential maximum 6TG dose of 12.5 mg/m²/day) until discontinuation of TEAM therapy. The time period before TEAM was defined as 2 months prior to initiation of 6TG treatment. The historical data from the ALL2008 MT substudy (patients who received standard methotrexate/6-mercaptopurine maintenance therapy) included measurements from 10 weeks after the start of maintenance-II until discontinuation of antileukemic therapy. Of the total 34 patients, 32 patients received TEAM maintenance therapy for more than 10 weeks (Figure 1). Measurements from these 32 patients (denoted TEAM study population) in the period from 10 weeks after initial 6TG dosing until cessation of antileukemic therapy (time period denoted TEAM therapy) are included in analyses comparing outcome variables during TEAM therapy with either before TEAM therapy or historical patients receiving standard methotrexate/6-mercaptopurine maintenance therapy. Two patients discontinued TEAM study participation after having received more than 10 weeks of TEAM maintenance therapy, as described.

Table 1. Demographics and patients’ characteristics.

| Characteristic                  | Value                  |
|--------------------------------|------------------------|
| Sex, n (%)                     |                        |
| Male                           | 22 (65)                |
| Female                         | 12 (35)                |
| Age group, n (%)               |                        |
| Children (<18 years at diagnosis) | 29 (85)           |
| Adults (≥18 years at diagnosis) | 5 (15)                |
| Age (years) at ALL diagnosis   |                        |
| Median (range)                 | 3 (1–34)               |
| Immunophenotype, n (%)         |                        |
| Precursor B-cell               | 31 (91)                |
| T-cell                         | 3 (9)                  |
| WBC at ALL diagnosis, x10⁹/L  |                        |
| Mean (range)                   | 30.4 (1.6 – 317)       |
| Risk group stratification (day 79), n (%) |          |
| Standard risk                  | 16 (47)                |
| Intermediate risk              | 18 (53)                |

ALL: acute lymphoblastic leukemia; WBC: white blood cell count.

Figure 1. Trial profile. Thirty-two patients received more than 10 weeks of TEAM maintenance therapy, and these patients constitute the TEAM study population. Data from these patients were used for comparison of outcome variables with historical patients (who received standard methotrexate/6-mercaptopurine maintenance therapy), and with TEAM patients before TEAM inclusion. The backgrounds for discontinuation of study participation (n=4 patients) are described in the manuscript. TEAM: thiopurine-enhanced ALL maintenance therapy.
in “Cessation of TEAM participation” below. The trial profile is illustrated in Figure 1.

Of the total 34 patients, four patients discontinued study participation (see “Cessation of TEAM participation”). The remaining 30 patients completed maintenance-II according to the TEAM strategy. Of these, five patients received 3–6 months of TEAM maintenance therapy (from initiation of 6TG therapy until discontinuation of antileukemic therapy), 17 patients received 7–12 months, and eight patients received more than 12 months of TEAM maintenance therapy. A median of 27 DNA-TG measurements were available per patient (range, 8–45) in the period from initiation of 6TG until discontinuation of all therapy with an average of 1.8 samples (range, 0.7–3.0) per month.

Of the 34 included patients, 32 were TPMT wild-type, when tested for the G460A and A719G variants, while two patients were heterozygous with one low activity TPMT variant.

The median follow-up for all patients (from discontinuation of antileukemic therapy until August 31, 2020) was 20.9 months (interquartile range [IQR]: 14.4–29.3).

DNA-thioguanine nucleotide levels

A total of 645 DNA-TG measurements taken during TEAM therapy were available for analysis. The mean of the patients’ DNA-TG medians during TEAM therapy was 764 fmoI/μg DNA (IQR, 577–890) and the patients’ medians during TEAM therapy varied 5-fold (Figure 2). DNA-TG medians from TEAM patients before their inclusion in the TEAM protocol are presented in Online Supplementary Appendix S2 and Online Supplementary Figure S1.

DNA-TG levels (i.e., patients’ medians) were on average 272 fmoI/μg DNA higher during TEAM therapy (95% confidence interval [CI]: 147–398; P<0.0001) than those in TEAM patients before participation in the TEAM study. Of the 32 patients who received more than 10 weeks of TEAM maintenance therapy, 27 patients obtained the DNA-TG target above 500 fmoI/μg DNA during TEAM therapy. Five patients did not reach the target DNA-TG level. A detailed description of these patients is provided in Online Supplementary Appendix S2.

During the entire course of the TEAM study, two patients experienced an episode of three consecutive measurements of DNA-TG above 1500 fmoI/μg DNA, which is greater than the 99th percentile of the ALL2008 MT substudy DNA-TG distribution, without excessive myelotoxicity or hepatotoxicity.

Toxicities

Treatment according to the TEAM strategy did not lead to increased myelotoxicity or hepatotoxicity, when compared with data from the ALL2008 MT substudy or when compared with data before TEAM.

Myelosuppression

No significant differences were observed when white blood cell count, absolute neutrophil count and hemoglobin level were compared between the period of TEAM therapy and before TEAM (P=0.78, P=0.40, and P=0.10, respectively) (Figure 4A, B; Tables 2 and 3). No serious infections were
observed. The platelet count was on average 19x10^9/L higher (95% CI: 3-35; \(P=0.02\)) during TEAM therapy than before TEAM (Figure 4C).

No significant differences were observed, when white blood cell count, absolute neutrophil count and platelet count during TEAM therapy were compared with historical data from the ALL2008 MT substudy (\(P=0.09\), \(P=0.07\), and \(P=0.18\), respectively) (Tables 2 and 3).

**Hepatotoxicity**

No hepatic serious adverse events were observed, including no cases of sinusoidal obstruction syndrome. No significant differences were observed when the levels of alanine aminotransferase, coagulation factors II, VII and X, International Normalized Ratio (INR) and bilirubin were compared between the period of TEAM therapy and before TEAM (\(P=0.23\), \(P=0.42\), \(P=0.06\), and \(P=0.95\), respectively) (Figure 4D; Tables 2 and 3).

Prior to inclusion in the TEAM protocol, one patient had experienced pronounced symptoms of 6-mercaptopurine-induced hypoglycemia, which disappeared during TEAM therapy. Another patient, prior to TEAM, had experienced recurrent severe hepatotoxicity with alanine aminotransferase levels ranging between 522-7,470 U/L (i.e. 166 times

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**Table 2. Mean of patients’ medians and 95% reference range for all outcomes.**

| Outcome                                      | Before TEAM | TEAM therapy | ALL2008 MT substudy |
|----------------------------------------------|------------|--------------|---------------------|
| 6-mercaptopurine dose, mg/m²/day              | 53 (6–121) | 45 (7–79)    | –                   |
| Methotrexate dose, mg/m²/week                 | 19 (4–41)  | 19 (5–38)    | –                   |
| DNA-TG, fmol/µg                               | 530 (157–1,279) | 764 (273–1,402) | 492 (21–1,104) |
| Ery-TGN, nmol/nmol hgb                       | 240 (100–485) | 721 (339–1,396) | 231 (8–608) |
| Ery-MeMP, nmol/nmol hgb                      | 8,462 (177–21,520) | 5,931 (142–14,385) | 12,032 (4,577–17,383)* |
| White blood cell count, x10^9/L              | 3.1 (1.9–5.7) | 3.2 (2.2–5.5) | 2.9 (1.7–4.0) |
| Absolute neutrophil count, x10^9/L           | 1.8 (0.7–3.7) | 1.9 (1.0–3.7) | 1.6 (0.5–2.7) |
| Platelet count, x10^9/L                      | 247 (108–371) | 261 (56–383) | 236 (117–359) |
| Hemoglobin, nmol/L                           | 7.6 (6.3–9.3) | 7.7 (6.3–9.0) | –                   |
| Alanine aminotransferase, U/L                | 139 (26–373) | 118 (20–265) | –                   |
| Coagulation factors II-VII-X, IU/L           | 0.7 (0.4–0.9) | 0.7 (0.5–0.9) | –                   |
| International Normalized Ratio               | 1.2 (1.0–1.6) | 1.2 (1.1–1.3) | –                   |
| Bilirubin, µmol/L                            | 11 (4–32)   | 12 (5–29)    | –                   |

Data before TEAM, during TEAM therapy and from the ALL2008 MT substudy (in which patients received standard methotrexate/6-mercaptopurine maintenance therapy). Data in this table from “Before TEAM” and from “TEAM therapy” are from the 32 patients comprising the TEAM study population (i.e., patients who received more than 10 weeks of TEAM maintenance therapy). DNA-TG: level of thioguanine nucleotides incorporated into DNA; Ery-TGN: thioguanine nucleotide level in erythrocytes; Ery-MeMP: methylated mercaptopurine metabolite level in erythrocytes; – data not applicable. *Ery-MeMP from the ALL2008 MT substudy is reported as the median of the patients’ medians and interquartile range, as medians for this outcome were not normally distributed.

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Figure 3. DNA-TG during TEAM therapy. DNA-TG (fmol/µg DNA) during TEAM therapy (red spline function line) compared with DNA-TG levels from the ALL2008 MT substudy (green spline function line), in which patients received standard methotrexate/6-mercaptopurine maintenance therapy. Each dot refers to one DNA-TG measurement during TEAM therapy (gray dots for adults). The mean of the DNA-TG patients’ medians from TEAM patients before their inclusion in TEAM is marked by a blue bar on the Y-axis. TEAM: thiopurine-enhanced ALL maintenance therapy; DNA-TG: thioguanine nucleotides incorporated into DNA.
upper normal level) and coagulation factors II, VII and X <0.5 IU/L causing repeated treatment interruptions. During TEAM therapy, no treatment interruptions occurred due to hepatotoxicity.

Four patients developed symptoms of osteonecrosis after inclusion in the TEAM study.

**Maximum tolerated 6-thioguanine doses**

There was no apparent dose-response relation between maximum tolerated 6TG dose and median DNA-TG level during TEAM therapy (Figure 5). Of the 30 patients who completed therapy according to the TEAM strategy, 24 tolerated the maximum 6TG dose of 12.5 mg/m²/day. Two patients tolerated 5 mg/m²/day, two patients 7.5 mg/m²/day, and one patient 10 mg/m²/day as their maximum 6TG dosage, because higher 6TG doses led to recurring leukopenia/neutropenia. By decision of the treating physician, one patient received 10.0 mg/m²/day as maximum 6TG dose, as the white blood cell count therapy target was fulfilled with a median DNA-TG of 852 fmol/µg DNA during TEAM therapy, and tolerance of 12.5 mg/m²/day 6TG was never tested.

Two patients were heterozygous with one low activity TPMT variant, and both tolerated 12.5 mg/m²/day 6TG as their maximum 6TG dosage with no unacceptable toxicities. The median DNA-TG level was 580 fmol/µg DNA and 1,349 fmol/µg DNA during 9 and 16 months of TEAM therapy for these two patients, respectively.

**Methotrexate and 6-mercaptopurine doses**

No significant difference was observed when 6-mercaptopurine dose (mg/m²/day) and methotrexate dose (mg/m²/week) were compared between TEAM therapy and before TEAM, (P=0.09 and P=0.99, respectively) (Tables 2 and 3).

**6-Mercaptopurine/methotrexate metabolite levels**

Ery-TGN levels were on average 470 nmol/mmol hemoglobin higher (95% CI: 349–590; P<0.0001) during TEAM therapy than before TEAM (Online Supplementary Figure S2A), and on average 490 nmol/mmol hemoglobin higher (95% CI: 365-614; P<0.0001) when compared with data from the ALL2008 MT substudy (Tables 2 and 3). A plot of median Ery-TGN levels during TEAM therapy in relation to median DNA-TG level during TEAM therapy is provided in Online Supplementary Figure S3. Ery-MeMP tended to be lower during TEAM therapy than before TEAM, on average 1,948 nmol/mmol hemoglobin lower (95% CI: -4011 to 115, P=0.06), (Online Supplementary Figure S2B). Ery-MeMP was significantly lower during TEAM therapy when compared with data from the ALL2008 MT substudy (P=0.0001) with a difference in the median of patients' levels of 5,363 nmol/mmol hemoglobin (Tables 2 and 3).

**Cessation of TEAM participation**

Of the four patients who discontinued study participation, three discontinued by decision of their parents and/or treating physician, and one patient due to on-therapy leukemic relapse. The background for study discontinuation in one patient was recurring mild hyperbilirubinemia (1.5 times upper normal limit), with no other signs of sinusoidal obstruction syndrome leading to repeated therapy interruptions. The patient's parents...
decided to opt out of TEAM, and the patient was switched to standard methotrexate/6-mercaptopurine maintenance therapy (during which therapy interruptions are not warranted until bilirubin level exceeds 3 times the upper limit of normal [NOPHO ALL2008 protocol guideline]). The patient continued to demonstrate mild hyperbilirubinemia on conventional methotrexate/6-mercaptopurine maintenance therapy for the remaining 11 months of antileukemic therapy. The background to withdrawal from the study in the second patient was recurring anemia without concurrent leukopenia or thrombocytopenia. When this patient developed symptoms of osteonecrosis the parents took the patient off TEAM. The third patient who discontinued participation in the TEAM study had recurring elevated levels of alanine aminotransferase and P-ferritin reflecting previous multiple red blood cell transfusions. This patient had elevated alanine aminotransferase levels even at the starting 6TG dose of 2.5 mg/m²/day, but no other signs of liver dysfunction. The patient’s parents decided to opt out of TEAM after 2 months, as the elevated liver enzyme levels led to therapy interruptions (in the NOPHO ALL2008

| Table 3. Results of comparison of outcomes. TEAM therapy versus before TEAM and TEAM therapy versus data from the ALL2008 MT sub-study: mean difference and 95% confidence interval for all outcomes. |
|---------------------------------------------------------------------------------------------------------------|
| TEAM therapy versus before TEAM | TEAM therapy versus ALL2008 MT sub-study |
|-------------------------------|------------------------------------------|
| 6-mercaptopurine dose, mg/m²/day | -9 (-19 to 1) | P=0.09* | – | – |
| Methotrexate dose, mg/m²/week | -0.02 (-2.8 to 2.7) | P=0.99* | – | – |
| DNA-TG, fmol/µg | 251 (160 to 341) | P<0.0001* | 272 (147 to 398) | P<0.0001* |
| Ery-TGN, nmol/mmol hb | 470 (349 to 590) | P<0.0001* | 490 (365 to 614) | P<0.0001* |
| Ery-MeMP, nmol/mmol hb | -1948 (-4,011 to 115) | P=0.06* | – | P<0.0001* |
| White blood cell count, x10⁹/L | 0.05 (-0.31 to 0.41) | P=0.78* | 0.3 (-0.05 to 0.65) | P=0.09* |
| Absolute neutrophil count, x10⁹/L | 0.13 (-0.19 to 0.45) | P=0.40* | 0.3 (-0.02 to 0.57) | P=0.07* |
| Platelet count, x10⁹/L | 19 (2.7 to 35) | P=0.02* | 24 (-12 to 60) | P=0.18* |
| Hemoglobin, mmol/L | 0.17 (-0.04 to 0.4) | P=0.10* | – | – |
| Alanine aminotransferase, IU/L | -13 (-35 to 9) | P=0.23* | – | – |
| Coagulation factors II-VII-X, IU/L | 0.02 (-0.04 to 0.08) | P=0.42* | – | – |
| International Normalized Ratio | -0.08 (-0.15 to 0.002) | P=0.06* | – | – |
| Bilirubin, µmol/L | 0.06 (-1.8 to 1.9) | P=0.95* | – | – |

Results of comparison of outcomes during TEAM therapy versus before TEAM and TEAM therapy versus historical data from the ALL2008 MT sub-study (in which patients received standard methotrexate/6-mercaptopurine maintenance therapy*). Positive values indicate higher values during TEAM therapy, and negative values indicate lower values during TEAM therapy. For comparisons of all outcomes, data from the 32 patients comprising the TEAM study population were used (i.e., from patients who received more than 10 weeks of TEAM maintenance therapy). *Paired t-test. †Two-sample t-test. ‡Wilcoxon signed rank test. DNA-TG: level of thioguanine nucleotides incorporated into DNA; Ery-TGN: thioguanine nucleotide level in erythrocytes; Hb: hemoglobin; Ery-MeMP: methylated mercaptopurine metabolite level in erythrocytes; – data not applicable.
protocol elevated alanine aminotransferase does not in itself warrant therapy interruptions unless accompanied by an INR >1.5 or coagulation factors II, VII, and X <0.5 IU/L. After discontinuation of 6TG, the patient continued to demonstrate elevated alanine aminotransferase levels on conventional methotrexate/6-mercaptopurine therapy.

Two TEAM patients have been diagnosed with ALL relapse. Both patients had B-cell precursor ALL and were both initially assigned to intermediate-risk therapy due to a poor minimal residual disease response in their end-of-induction bone-marrow evaluation. The original clone was identified at relapse in both patients. One patient was diagnosed with on-therapy isolated central nervous system relapse, after having received 4 months of TEAM therapy with a median DNA-TG during TEAM therapy of 1,561 fmol/μg DNA. The other patient was diagnosed with isolated bone-marrow relapse 18 months after completion of antileukemic therapy, having received a total of 11 months of TEAM maintenance therapy. Further evaluations of the leukemic clone at relapse revealed an ABL-like fusion, which was not identified at initial ALL diagnosis. Re-examination of the leukemic clone from the initial diagnosis confirmed that this aberration had already been present, which could have had an impact on the development of the relapse.

Discussion

The TEAM strategy was demonstrated to be safe and to result in significantly higher DNA-TG levels compared with those occurring during standard methotrexate/6-mercaptopurine maintenance therapy. The estimated reduction in relapse hazard rate of 59% on the TEAM protocol is theoretical, since the present study was not powered to address survival. However, the increase in DNA-TG on TEAM was significant from both clinical and statistical points of view. The TEAM study therefore introduces a completely novel dosing strategy for methotrexate/thiopurine-based maintenance therapy and could potentially lead to a significant improvement in relapse-free survival through increased DNA-TG.

6TG is more easily converted into thioguanine nucleotides than 6-mercaptopurine and leads to 6- to 7-fold higher Ery-TGN levels compared with 6-mercaptopurine at equipotent doses. Furthermore, methotrexate and methylated 6-mercaptopurine metabolites inhibit de novo purine synthesis, and concomitant administration therefore increases DNA-TG formation due to a reduced level of natural guanine to compete with thioguanine nucleotides for incorporation into DNA. Based on this synergy of cytotoxic mechanisms, the results of the TEAM study are, even with the very low 6TG dose, well explained. In contrast, attempts to increase DNA-TG by solely incrementing 6-mercaptopurine dose would primarily lead to higher levels of methylated 6-mercaptopurine metabolites rather than thioguanine nucleotides thus shifting cytotoxicity toward inhibition of de novo purine synthesis, but not necessarily higher DNA-TG. Accordingly, 6-mercaptopurine dose during maintenance therapy is not associated with DNA-TG level, and 6-mercaptopurine dose increments primarily increase the risk of significant hepatotoxicity and may even increase relapse risk. Of note, the 6TG dose in TEAM did not appear to be associated with median DNA-TG level during TEAM therapy and, as with 6-mercaptopurine, the DNA-TG level cannot be predicted by 6TG dose intensity.

Upon incorporation of thioguanine nucleotides into DNA, the DNA-TG will undergo random methylation, which will favor mismatching between methyl-thioguanine nucleotides and thymidine. This leads to activation of the mismatch repair system attempting to correct the mismatch. However, methyl-thioguanine nucleotides will continue to mismatch, which ultimately results in cell death due to repetitive but futile activation of the mismatch repair system. Tolerance of the increased DNA-TG levels in TEAM most likely reflects the fact that most of the thioguanine nucleotides in DNA are unmethylated and thus do not mismatch.

One of the two patients who was diagnosed with ALL relapse had a median DNA-TG level of 1361 fmol/μg DNA during TEAM therapy, which could reflect the presence of an MSH6 deletion causing thiopurine resistance. However, this was never evaluated, as the patient was referred for hematopoietic stem cell transplantation.

The maximum 6TG dose in the TEAM study was preset at 12.5 mg/m2/day, as this would correspond to ~75 mg/m2 6-mercaptopurine (the standard dose) with respect to Ery-TGN levels. A meta-analysis including three randomized clinical trials comparing methotrexate/6-mercaptopurine and methotrexate/6TG based maintenance therapy demonstrated no difference in overall survival between recipients of these two therapy strategies. Although the latter will cause higher cytosolic levels of thioguanine nucleotides, the lack of concomitant inhibition of de novo purine synthesis mediated by methylated 6-mercaptopurine might explain these findings.

However, studies comparing DNA-TG levels during treatment with either 6-mercaptopurine or 6TG as the single thiopurine are lacking.

Methotrexate/6TG-based maintenance therapy has previously been associated with an increased risk of sinusoidal obstruction syndrome. This syndrome was neither found nor expected among TEAM patients, as a recent systematic review showed that 6TG therapy was not associated with a risk of sinusoidal obstruction syndrome at 6TG doses below ~12.5 mg/m2/day.

Higher Ery-MeMP has been associated with risk of hepatotoxicity, including a rise in aminotransferase levels and risk of hypoglycemia. The low Ery-MeMP in TEAM can therefore explain why alanine aminotransferase levels were generally low in the TEAM study, thus highlighting the TEAM strategy as a highly relevant alternative for patients with pronounced 6-mercaptopurine toxicity on conventional methotrexate/6-mercaptopurine maintenance therapy. As an alternative allopurinol has been used to ameliorate this propensity to hepatotoxicity as it shifts patients to a TPMT low-activity phenotype. However, TPMT heterozygosity is not associated with higher DNA-TG.

In conclusion, DNA-TG level is a composite measure of upstream 6-mercaptopurine, methotrexate; 6TG metabolites and is associated with relapse risk, and TEAM may be an innovative and feasible approach to improve maintenance therapy by leading to higher DNA-TG levels. TEAM therefore represents a potentially effective strategy for reducing risk of ALL relapse without inducing additional toxicity. This will be tested in a randomized
Disclosures
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Contributions
RHL collected, analyzed, and interpreted data, served as principal investigator for the childhood cases and wrote and edited the manuscript; KS served as sponsor for the TEAM investigation, designed the study, interpreted data, and critically reviewed the manuscript; CUR served as the principal investigator for adults, collected data and critically reviewed the manuscript; JN and MD performed the analysis and quantification of DNA-TG, Ery-TGN and Ery-MeMP and critically reviewed the manuscript; PK and UMO served as investigators for childhood cases, collected data and critically reviewed the manuscript; JN and MD performed the analysis and quantification of DNA-TG, Ery-TGN and Ery-MeMP and critically reviewed the manuscript; KS served as sponsor for the TEAM investigation, collected data and critically reviewed the manuscript; LNM performed the statistical analyses, created the figures and critically reviewed the manuscript; KG critically reviewed the statistical analyses and the manuscript. All authors approved the final manuscript.

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Data-sharing statement
For original data, please contact Kjeld Schmiegelow: e-mail: kschiemgleov@rh.dk

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