The Effect of the Scientific Approach-Based Learning on Problem Solving Skills in Early Childhood: Preliminary Study

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The problem of this study was the lack of problem-solving skills in early childhood, mostly in developing countries including Indonesia. This study examines the effect of the scientific approach-based learning process on problem-solving skills of early childhood and analyse the effectiveness of scientific approach-based learning to improve problem solving skills in early childhood. This study was conducted at Al-Kautsar Kindergarten in Bandar Lampung, Indonesia. The research method was a quasi-experiment. This research used one group pre-test and post-test design. The data was collected using observation, documentation guidelines, and performance assessment. The instrument used in this research was the observation sheet in the form of an assessment rubric type rating scale. The data analysis was done by using descriptive analysis and simple linear regression. The results show that there were a significant difference in scores between before and after the treatment using the scientific approach-based learning process and a significant effect of this approach on problem solving skills of early childhood.

Keywords: scientific approach, learning, problem solving skills, early childhood, skills

INTRODUCTION

Indonesia is famous for its democratic society, where the community must be accustomed to diversity respect, differences for social justice for the community without the exception of children respect. Children have to learn the basic democratic life skills. Too many children still do not enjoy their full rights due to discrimination, bullying, physical, psychological, sexual, and verbal abuses on children, whereas children are also part of social beings.
Children are not miniature of adults. Children are unique individuals whose existence must be recognized. Children are part of the family, a group of relatives, opposing environments, society, the country, and the world. To be a member of the environment from the outset, the child needs to learn the rules of living in a community from the outset. Early on, children must be trained with democratic life skills to become part of global society. Democratic life of social-emotional capacities is that children need to be productive citizens and healthy individuals in a modern, diverse society. (Gartrell, 2012) identified five democratic life skills as follows: (1) finding acceptance as a member of the group and as a worthy individual, (2) expressing strong emotions in non-hurting ways, (3) Solving problems creatively-independently and in cooperation with others, (4) accepting unique human qualities in others, and (5) thinking intelligently and ethically. All these life skills may result in creating good citizens who are able to solve problems well for global community (Gartrell, 2012).

Izzaty (2010) adds in her research that there are three reasons about the importance of problem solving skill for early childhood, those reason are: (1) influencing the function of self-adjustment in facing the conflict; (2) Doing positive and continual repetition to form those competences; and (3) positive problem solving which possibly influence the relationship with friends. The problems faced by children should be immediately solved or responded. In many cases, adults often getting involved and solve the problem that actually should be solved by their children. However, whatever problems faced by children even only small thing can be an opportunity for children to develop their problem solving skill (Brown, 1988).

In facing global competition in this century, educational orientation has led to 21st century thinking skills which include critical thinking, problem solving, communication, collaboration, information, media and technology (Urbani, Roshandel, & Michaels, 2017). For this reason, learning models are needed to encourage children to be active, innovative, creative, and pleasantly.

In particular, actually critical thinking is an essential characteristics of children because naturally they are in a period of critical thinking, have a high curiosity, and are never satisfied with single answer. The most potential period for learning, children as unique persons like to imagine, have a short concentration range, become part of social beings, and always want to try new things (Aisyah, Amini, Chandrawati, & Novita, 2014). It is true, that a child is a person who always thinks critically, and like a scientist at her/his age, always does activities to prove many things. This situation illustrates that, in fact, human being in their early childhood are able to conduct their own experiments and research and solve the problems they face. For this to happen effectively, a teacher has an important role to guide children by providing appropriate materials, and most importantly, to help them understand the materials, and to encourage them to find and develop their own understanding of the materials (Piaget, 1973; Haenilah, 2015).

The next important thing is to answer questions about: When and how can children think scientifically to solve problems? The answer to this question is teachers’ responsibility to facilitate the children to be able to do so. The reason is that, in fact, the characteristics
of early childhood will only appear if the children learn in pleasant conditions, then play
becomes the only vehicle to stimulate thinking skills in early childhood. Emphasizing
the importance of learning through plays activates sensorymotoric early childhood
(Pellegrini & Smith, 1998; Martuti, 2008). This effort is carried out through the child's
physical relationship with their environment. Sensory motoric needs of children are
supported when they have the opportunity to build social relationships, related to a
variety of materials and game equipment both inside and outside the room. Example
playing sociodrama reduces children's aggression behaviour (Hart & Tannock, 2013).
This condition is experienced by children when they are given the opportunity to move
freely, play in the yard or on the floor or on tables and chairs, and connect with people.
Sensory motoric needs of children are supported if the environment provides the child's
chance to use a variety of game tools with many colours, textures, sizes, and various
types of different play materials to support each child's development needs. It should be
well organized, comfortable, and personable and offer a variety of manipulations for
cognitive, social, emotional, and physical development (Turk et al., 2015).

Knowledge is re-created and built from within the child through observation,
experience, and understanding. Vygotsky in says that "Knowledge is not obtained by
being transferred from others, but rather is something that is built and created by
children. Vygotsky believes that learning is a process that cannot be forced from the
outside because children are active learners and have a psychological structure that
controls their learning behavior".

The constructivist experts assume that the only tool available for someone to know
something is his senses. A person interacts with objects and their environment by seeing,
hearing, smelling, touching, and feeling it. This shows that knowledge refers more to
one's experience of the world than to the world itself (Trianto, 2014). Cognitive learning
theory emphasizes mental processes such as thinking, memory, and problem solving that
depend on how far the child actively manipulates and interacts actively with the
surrounding environment.

(Piaget, 2013) states that: ... Children do not learn to experiment simply by watching the
teacher performing experiments', he warns' or by doing exercises organized in advance;
they learn by a process of trial and error, working actively and independently, that is,
without restriction and with sample time at their disposal.

Efforts to teach children through a play-based scientific approach have consequences for
the management of children's learning environments. Some important things that must be
considered by education are to (1) provide opportunities to play indoors and outdoors,
(2) provide opportunities for children to have relationships with friends in an
environment that is rich in language, (Piaget, 1973), be able to exemplify and support
children's language development to solve problems, (Bergen, 2002; Rosen, 1974),
provide various play materials (Synodi, Linardakis, Sadauskiene, Kochanskiene, &
Rimavicienė, 2019), and develop a number of games that can stimulate a number of
children's learning activities. When children play, there are two aspects (physical and
psychological) that function. To make the two aspect function, physical activity must
first be stimulated. When the sensor and motor (sensory motoric) devices are functioned,
then that is when the children learn. Their learning includes: learning to look at something from what they see, learning to understand something from what they hear, learning to feel something from what they hold, learning something from what they endanger, learning something that is stamped through their tongue. Therefore, stimulation is needed through a number of interesting, challenging, and safe game tools, so that learning processes occur that are in line with the developmental needs of their age (Synodi et al., 2019).

The 2013 curriculum for early childhood education in Indonesia responds to this challenge by building a curriculum that encourages learning based on a scientific approach. Developing a number of activities that can stimulate the growth and development of the early childhood can be carried out through a scientific approach that emphasizes activity-based learning, observation, questioning, prediction, carrying out experiments, and integrating a number of abilities by communicating them (Gerde, Pierce, Lee, & Van Egeren, 2018). When looking at these activities, the learning approach used as the reference for the early childhood education curriculum is learning by using a playground which is very possible to encourage all these activities. At the beginning of the learning, teachers need to provide opportunities for children to be involved in observations. This activity begins when the teachers present a number of the game tools as an effort to stimulate the child to do hands-on experiences. This activity is the beginning to provoke the emergence of various questions from the children, the association of old experiences with new experiences, the encouragement to conduct various experiments, and finally doing so enables children to have materials to report as a result of both individual and group activities (Gerde, Schachter, & Wasik, 2013).

However, the reality is that learning in early childhood education is dominated by two extreme learning models, namely very academic learning and full play learning. Very academic learning is carried out with drilling methods oriented to the ability to read, write and count. While, full play learning is carried out by only nurturing. both models are based on neither philosophical nor psychological foundations that are appropriate to the needs of the early childhood development. On the other hand, entering the 21st century, the world of education is faced with an era of human quality competition that begins with the renewal of learning because the real change of the world begins with a class change (Darling-Hammond, 2016).

This research is based on the problem of the low child development in the problem solving abilities. This is indicated by the ability to answer the teachers’ questions that are convergent, lazy to ask questions, and tend to answer the teachers’ questions by relying on the answers of the children’s friends. The purpose of this study was to determine the effect of scientific approach-based learning on problem solving abilities in early childhood. This research was based on the assumptions about the characteristics of the early childhood and the advantages of a scientific approach that could be developed in a number of models of learning based on playing in the early childhood education. The hypothesis proposed in this study was that there was a learning-based influence on the ability to solve problems for the early childhood.
Our research is led by three research questions, which are: How do activities occur in the scientific approach? Is there an influence between the scientific approach with the ability to solve early childhood problems? How does the scientific approach affect problem-solving in early childhood?

The Aim of the Study

The purpose of this study is to assess the problem-solving skills of kindergarten children (aged 5-6 years) and to examine the effect of scientific approach-based learning processes on problem-solving skills in early childhood.

METHOD

Population and Sampling

The population and sample in this study were 32 children of B class Al-Kautsar Bandar Lampung kindergarten. The sampling technique used a purposive random sampling, where the entire population is a member of the sample. The research subjects were 32 children with an age range of 5-6 years in Al-Kautsar Kindergarten Bandar Lampung. The Al-Kautsar Kindergarten was chosen as a place of research based on two criteria: (1) this kindergarten has students from various socioeconomic statuses and diverse regional cultures, and (2) it has been accredited by the government. So, the sample is relatively representative to be studied. Researchers have received permission from the child's parents.

Data Collection Tools

The data collection tools used are observation, documentation guidelines, and performance assessment. The data were analysed descriptively and using simple linear regression. Observations are used to assess the performance of children with a rating scale. Rating with rating scale form begins with the making of a rubric grid guide to the assessment of learning activities based on scientific approaches and problem-solving ability. And there are additional tests, performance tasks to see the results of the ability to solve problems.

Problem-solving efforts consist of several structured components of "Knowledge - skills -understanding" that can be measured are characterized by: 1) The child shows explorative abilities such as identifying the parts of the object being observed 2) The child demonstrates the ability of the investigator to be marked with the child comparing observed objects with other objects. 3) The child can look for causes of problems such as connecting the structure that an object has that is observed by the function of the object 4) Can apply knowledge or experience in context the new one is marked by the child restates a concept which he got 5) Children build alternative solutions by finding away get out of a difficulty to achieve a goal and, 6) The child communicates solutions by presenting concepts in various forms of mathematical representation.

The reliability testing of the instrument problem-solving used in this study was internal consistency. This test is done by trying the instrument just once. Reliability using the
Spearman brown formula obtained a reliability coefficient of 0.46 with the category medium (Arikunto, 2013).

Data collection techniques used in addition to observation and documentation guidance is to use tests. Test for problem-solving abilities by using performance assessment. Performance assessment is an assessment with a variety of tasks and situations where test takers are asked to demonstrate an understanding and application of in-depth knowledge, as well as skills in a variety of contexts with desired criteria (Majid, 2009). This assessment is based on observers’ observations of student activities as they occur. This assessment is usually used to assess students’ ability to make speeches, poetry readings, discussions, problem-solving, student participation in discussions, dancing, playing musical instruments, sports activities, using laboratory equipment, and operating an instrument.

Performance assessment is used to see the ability of problem-solving in children. In this assessment the child is given the task of activities such as sorting the process of the occurrence of butterflies (eggs, caterpillars, cocoons, butterflies) arranging butterfly puzzles, connecting body structures, matching butterfly body parts, arranging letters to form words, counting the number of ants obtained, completing the ant house maze, erupting mountain experiments, demonstrating solutions that children have. This assessment is based on the results of the answers given by children with rating scale.

**Scientific approach program**

The concept of Scientific Approach in a way directly involving children in activities, i.e. conducting, Experience information search by asking, finding out the answers to understanding the world with ideas awesome. Learning activities through 5 stages, namely activities:

1) Activities to formulate problems, namely creating atmosphere effective learning such as story telling, dialogue, singing, or asking. Then involve the child directly in all activity by observing objects with all the senses (sight, hearing, contemplation, touch and taster).

2) Activities to form a hypothesis. Begins by asking (Questioning) about something that senses as.

3) the process of confirming or matching of knowledge that is he already has with new knowledge that gives rise to alleged allegations relating to temporary solutions.

4) Activity to collect data. That way of trying (Experimenting) conducting experiments as a step proof of cause and effect.

5) Activity analyzing problems. With the associating stage (Associating), namely connecting knowledge already held about objects observed with new knowledge obtained from the surrounding environment.
6) Activity concludes. By communicating (Communication), namely the process of strengthening the gaining knowledge new knowledge obtained by children orally and results creation.

**Procedure and data collection**

The method used in this study is a quasi-experiment with the design model of the group pretest-posttest design, an experiment carried out in one group without comparison groups by giving pretest and posttest. Quasi-experimental placement of research subjects into the experimental and control groups was carried out non-randomly (Cook & Campbell, 1979; Shadish, W., Cook, T., and Campbell, 2002). This experiment did not place the subject either in the experimental group or the control group at random. The design used is shown in Tabel 1.

| Research design |
|-----------------|
| Initial Ability | Treatment | Final Ability |
| Q1               | X         | Q2           |

Source: Data analysis for this article

Q1 = initial ability of the research subjects

X = treatment

Q = final ability of the research subjects

The analyzed the data was descriptively and using linear regression techniques. Regression analysis is used to predict how the value of the dependent variable changes if the value of the independent variable is increased or decreased in value (Sugiyono, 2011).

**FINDINGS**

From the results of the collection of research data in the field, a descriptive test is then conducted which aims to provide an overview of the spread of data. The data in this study consisted of two independent variables namely the scientific approach and the dependent variable, namely problem-solving.

**How do activities occur in the scientific approach?**

The results of the research on activeness before and after being treated are shown in Table 2.

| Table 2 Distribution of the activity values (X) |
|-----------------------------------------------|
| Category | Interval | Before Being Treated | After Being Treated |
|          |          | Frequency (f) | Percentage (%) | Frequency (f) | Percentage (%) |
| VA       | 30-36    | 0           | 0.00          | 2            | 6.25          |
| A        | 23-29    | 14          | 43.75         | 27           | 84.375        |
| QA       | 16-22    | 18          | 56.25         | 3            | 9.375         |
| LA       | 9-15     | 0           | 0.00          | 0            | 0.00          |
| Total    | 32       | 100.00      |               | 32           | 100.00        |
Table 2 shows an increase in learning activities when children follow a scientific approach-based learning. This occurs in all categories. To illustrate, this can be seen from the active category (A), which previously covered 14 children (43.75%) increased to 27 children (84.375%). The quite active (QA) category has decreased, initially there were 18 children (56.25%) down to 3 children (9.375%). This is because there is an increase in activity after learning with a scientific approach so that the category of quite active (QA) increases to active (A). Not only there, the percentage of children with very active (VA) category experienced an increase from none of the children (0%) increased to 2 children (6.25%).

In general, all children actively respond to problems starting from the preliminary stage, when they are confronted with questions that contain problems, until they explore to answer the questions without being dependent on friends or directed by the teachers. Observing is the beginning of an activity that stimulates all five senses of the children, followed by exploring and finding out about things combined with teachers’ guidance to scaffold this process and develop questions about what they see. This method is an effort to help children become good observers (Gerde et al., 2013). After observing activities, then the children are able to understand the object and explain what is being observed. The role of the teachers is to ask questions that guide the children's thinking, and support children to describe and label what they see while supporting children to develop concepts based on their observations (Copple, Bredekamp, & National Association for the Education of Young Children, 2009; Dickinson & Porche, 2011).

In order that children are able to build problem-solving skills, teachers create conducive classroom conditions that attract children to ask many questions that demand scientific inquiry. When young children develop skills to recognize and ask questions, asking and responding to questions turns out to be learning activities while supporting language development (Dickinson & Porche, 2011; Wasik & Iannone-Campbell, 2012). During the process of generating questions, children do not only learn how to ask factual questions about something they observe, but they also raise critical questions about the world around them. When critical thinking has arisen in the children, then the children are able to gather information to test the expectations they formulated before, until they finally communicate the results they get. The results of research on the ability to solve problems before and after being treated are shown in Table 3.
Table 3

Value distribution of the problem solving abilities (Y)

| Category | Interval | Before Being Treated | After Being Treated |
|----------|----------|----------------------|---------------------|
|          | Frequency (f) | Percentage (%) | Frequency (f) | Percentage (%) |
| DVW      | 20–24     | 0.00                | 3               | 9.37            |
| DAE      | 15–19     | 18.75               | 17              | 53.13           |
| STD      | 10–14     | 81.25               | 12              | 37.50           |
| UD       | 5–9       | 0.00                | 0               | 0.00            |
| Total    | 32        | 100.00              | 32              | 100.00          |

Source: Data analysis for this article

Information:

- DVW = Developed Very Well
- DAE = Developed as Expected
- STD = Started to Develop
- UD = Undeveloped

Table 3 shows an increase in the children’s learning activities after being given treatment using the scientific approach. A number of problem solving indicators (including identifying the parts of the object being observed, comparing the objects observed with other objects, connecting the structure of the object that observes the function of the object, restating a concept that the children can, finding a way out of a difficulty, communicating solutions in their own language) increased in all categories, especially from the category of Started to Develop (STD) to Developed as Expected (DAE) by 34.38% (from 37.5% to 53.13%).

The results suggest significant changes in the problem solving through the scientific approach-based learning. There is an increase in problem solving ability between before and after treatment with the scientific approach. The category STD experienced a decline in the number of children, from 26 children (81.25%) dropped to 12 children (37.50%). This is due to an increase in problem solving skills after learning with a scientific approach so that the STD increases to DAE. Also, the percentage for children in the DAE category experienced an increase of 6 children (18.75%), increasing to 17 children (53.13%), and in the Developed Very Well (DVW) category, there was an increase that was initially none of the 3 children (9.37) that were Developed Very Well (DVW). It can be concluded, that there is influence in learning that uses a scientific approach to the ability to solve problems in early childhood.

Is there an influence between the scientific approach with the ability to solve early childhood problems? Increasing problem solving by applying scientific approach.

The results of a comparative statistical description of the value of problem solving before treatment and after treatment in the table 4 below.
Table 4
Comparison of the value problem solving by applying scientific approach

| Aspect                  | N  | Minimum | Maximum | Mean   |
|-------------------------|----|---------|---------|--------|
| Before treatment        | 32 | 12.00   | 19.00   | 14.0938|
| After treatment         | 32 | 12.00   | 20.00   | 15.0000|

From the data it is known that the early childhood problem-solving variable before treatment has the minimum value of 12.00; the maximum value of 19.00; and an average value of 14.0938 from 32 children. An after treatment early childhood problem-solving, has the minimum value of 12.00; the maximum value of 20.00, and average value of 15.00 from 32 children. Based on the data, the ability of problem-solving by applying the scientific approach has increased, this can be seen from the average before treatment value of 14.0938, an increase in the average after treatment value of 15.

How does the scientific approach affect problem solving in early childhood?

The normality test uses the Kolmorgorov Smirnov test with a significance value of 0.07 (p> 0.05) indicating that the data is normally distributed. Linearity test seen from the value of deviation from linearity with a significance level of 1.053 (p> 0.05) indicates a linear relationship. The results of multicollinearity test revealed the value of VIF 1.000 (VIF <10) and tolerance value 1.000 (tolerance> 0.1) showed there is no multicollinearity. The heteroscedasticity test with a p value of 0.793 (p> 0.05) has fulfilled the prerequisites for regression analysis. The following are the results of the regression analysis:

Table 5
Regression analyzed

| Model                  | Unstandardized Coefficients | Standardized Coefficients | t     | Sig  |
|------------------------|-----------------------------|---------------------------|-------|------|
| (Constant)             | -1.637                      |                           | -6.55 | .517 |
| Scientific approach    | .697                        | .778                      | 6.785 | .000 |

The result of regression analysis obtained to predict X if the independent variable is set Y = 1.637 + 0.697 X, with a regression coefficient b of 0.697 identifying the average value of problem solving ability using scientific approach-based learning. Based on this equation, if the value of X is known, then the value of Y can be known by multiplying the value of X with a coefficient (0.697) which is then summed with a constant value (1.637). This means that the value of X increases, then the value of Y increases, according to the direction of the regression coefficient, the regression coefficient is positive. So, the increasing value of the scientific approach (X) also increases the value of the problem solving ability (Y) of early childhood. Thus, it can be concluded that there is an effect of learning based on a scientific approach on the problem-solving ability of children aged 5-6 years at the Al-Kautsar Kindergarten Bandar Lampung.
DISCUSSION

The scientific approach has proven to be a reference to learning models that are fun for early childhood, because this approach can encourage learning models combined with play. The learning like this does not separate children from their world (Edwards & Cutter-Mackenzie, 2013). According to the Vygotsky’s perspective, the play is a manifestation of the experience (Gupta, 2009; Vygotsky, 1967). The experience can build activities in various contexts, and in turn, this results in an understanding of a concept and shapes behavior based on the experiences learned directly (Kolb, 2014). It is also suggested that play provides children with opportunities to interact with materials around them that assist in constructing their knowledge of the world (Piaget, 1962).

The learning models based on scientific approaches encourage early childhood to submit and answer questions using a series of unstructured activities, but challenge children to create comprehensive and meaningful experiences. Preschool children provide senses in accessing information and recognizing environment as human being, the information obtained by children through their senses of observing the events, building the causal-effect relationship between the concepts and cases they observed, playing research instincts, performing measurements, that is, by using scientific processes (Unal, & Akman, 2006). Developing a number of activities that can stimulate the growth and development of the early childhood through a scientific approach that emphasizes activity-based learning, observation, questioning, prediction, carrying out experiments, and integrating a number of abilities by communicating them (Gerde et al., 2013).

The scientific approach process is a series of finding out by exploring through five stages: observing, questioning, collecting information, associating, communicating. Observing refers to an activity of using all the senses (sight, hearing, smell, touch, and taste) to recognize an object that is being observed. Questioning, or asking a question, is a process of thinking that is driven by the child's curiosity about an object or event. Collecting information is a process of finding answers to the questions the child presents at the questioning stage. Associating is a reasoning process for early childhood to connect or match the knowledge that it already has with the new experiences it has gained. Communicating is a process of strengthening new knowledge/skills acquired by children. Communicating can be done in such various ways as spoken language, movement, and work. It is important to help children understand the world, collect and process information as a key basis of children learning scientific thinking. Developing scientific thinking from an early age will produce children who think creatively and critically.

Researchers recommend that scientific learning be introduced before children enter schools, even children from birth (Eshach & Fried, 2005; Watters, Diezmann, Grieshaber, & Davis, 2001). Involving children in the scientific investigations uses all activities that support children to build conceptually related knowledge because at each step the children use various skills to find new information about concepts or solve problems (Gelman & Brenneman, 2004, 2012). The development of problem solving and making decision skills in children is influenced by the activity types performed and
the activity materials used (Lambert, 2001). Also, early childhood educators are often recommended to use play (Fisher, Hirsh-Pasek, Golinkoff, Singer, & Berk, 2012) in their classrooms to promote young children’s learning and interest in mathematics, literacy, and problem solving (Hirsh-Pasek, Michnick Golinkoff, Berk, & Singer, 2010).

The development of problem solving skills in children is directly associated with readiness, the child’s age, attitude or respond towards the problem, as well as capacities, attitude, family, information, experiences, environment, and competence (Hirsh-Pasek et al., 2010). In addition, the children who receive problem solving experiences and encouraging them with education problems are important for them to understand the problem solving skills (Tan & Temiz, 2003). The development of critical thinking and problem solving skills are directly related to the acquisition of science process skills. Real science incorporates many things to which young children are most particularly open: creative thinking and problem solving, experimentation, and invention (Chaillé & Britain, 2003).

The learning models based on scientific approaches have proven to have an impact on improving all aspects of the early childhood development in a comprehensive manner. (Tang, Coffey, Elby, & Levin, 2009) says that scientific approach has the characteristics of “doing science”. This is perhaps due to the findings that children who engage in scientific exploration in early childhood have a better understanding of science concepts later in life (Eshach & Fried, 2005). The development of the scientific thinking process skills in children also encourage the development of abilities in the solution of the problems in their life. It is imperative to obtain the scientific thinking process skills and support the children in this subject starting from the early period during the acquisition of the problem solving skill, this is significant in terms of the development of the child. Cooperative problem solving with peers plays an important role in promoting children's social and cognitive development (Ramani & Brownell, 2014). This is what has become an effort to prepare them to be able to adapt to the future, create the future and thus change their own future especially as a good citizens in the future. The ability to solve problems creatively, independently, and cooperatively is part of democratic life skills.

CONCLUSION

This study examines the influence of the scientific approach-based learning process to problem-solving skills of early childhood and the difference between before and after applying the scientific approach-based learning process. Our findings reveal that the scientific approach-based learning is not only able to increase physical activity but also the mentality which leads to the problem solving abilities. This happens because it is supported by the learning conditions that are not separated from the atmosphere of play, the teacher functions him/herself not as a teacher but as a potential coach of the children. When playing, children become very active in functioning all the sensors (the five senses) and the motor through moving, asking, exploring, trying, remembering their experiences, proving and reporting about something. At this time, they are studying seriously. The learning is a complex action and behaviour of children or students involving physical and psychological aspects by functioning all senses simultaneously (Bidzan-Bluma & Lipowska, 2018; Donnelly et al., 2016).
Implications for teachers, teachers can use to provide broad opportunities for children to play through learning based on a scientific approach with models that are applicable so that learning is fun and provides meaningful experiences that will invite children directly to real experiences that will improve their problem-solving abilities. The increase in scientific approaches also increases the ability to solve child problems. The scientific approach can provide an understanding of children in recognizing, understanding, obtaining, and processing information from various sources through the stages of observing, asking, trying, reasoning, and forming communication networks. This result can be used as a reference in improving children's problem-solving abilities.

The population in this study was limited to one school only, so the research subjects were 32 children. This research has already been carried out, but the subject of research in particular regarding the influence of the scientific approach to problem solving skills in early childhood in Bandar Lampung has not been done much. Although the subject is used little, the results of this study can be a reference for teachers in improving the ability to solve problems in early childhood.

The results of this study can be used as an appropriate reference and in the development of the ability to solve early childhood problems especially in predicting how much influence the scientific approach to problem-solving skills in early childhood. To develop problem-solving skills in early childhood learning can be done with a scientific approach. Therefore, this study can be used as a reference for teachers in improving problem solving skills in early childhood using the scientific approach.

To improve the ability to problem solving can use scientific approach. The scientific approach provides pleasant and meaningful experiences that will invite children directly to real experiences that will improve their problem solving abilities. Implication for further research, this study has limitations on the method used that is the number of samples that are not much, in the future can be expanded again by adding more samples. Not only carried out in kindergarten but can also be followed up to a further level of primary school research.

ACKNOWLEDGMENTS

The authors would like to express their gratitude and appreciation to Universitas Lampung for its financial support with contract number (0721 701609) and also the principals, teachers and children of Al-Kautsar Kindergarten for their participation in this study.

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*International Journal of Instruction, April 2021 ● Vol.14, No.2*