CASE REPORT

Acquired factor V inhibitor with erythema and eosinophilia in a patient with end-stage renal disease

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Abstract
Autoimmune factor V deficiency (AiFVD) is a rare bleeding disorder caused by factor V inhibitors. In this report, we present the case of an 89-year-old man who developed bleeding tendency during surgery to create arteriovenous fistula for hemodialysis. The bleeding tendency developed with prolongation of activated partial thromboplastin and prothrombin time, following drug-induced eruption and eosinophilia. Significant reduction in coagulation factor activity and inhibitory pattern in cross-mixing tests suggested the presence of inhibitors to coagulation factors. Subsequently, we detected a factor V inhibitor and anti-factor V autoantibodies was confirmed using enzyme-linked immunosorbent assay with purified human plasma factor V. Thus, the patient was ‘definitely diagnosed’ with AiFVD in accordance with the diagnostic criteria enacted by the Japanese Ministry of Health, Labor, and Welfare. The bleeding tendency improved after initiating oral prednisolone 50 mg (1 mg/kg) followed by normalization of activated partial thromboplastin time and prothrombin time at the 34th day. After improving the coagulation system prolongation, the inhibitor and autoantibodies has been eradicated. Since it is suggested that drug-induced immune response can cause AiFVD, AiFVD should be considered in patients who undergo hemodialysis and develop failure of hemostasis and drug-induced eruption.

Keywords Autoimmune factor V deficiency · Hemostasis failure · Factor V inhibitor · Eosinophilia · End-stage renal disease

Introduction
Acquired coagulation factor deficiency is common; however, it rarely causes bleeding. Autoimmune coagulation factor deficiency is the cause of bleeding in some patients with bleeding symptoms. Coagulation factor antibodies reduce the activity of clotting factors and cause bleeding tendency. Most autoantibodies are against factor VIII; anti-factor VIII autoantibodies are found in acquired hemophilia A, which affects one in 1.5 million persons per year [1]. Autoimmune factor V deficiency (AiFVD) is a rare bleeding disorder caused by factor V inhibitors and loss of the coagulation factor due to rapid removal of the immune complex with each coagulation factor. In Japan, the reported incidence of AiFVD is 0.04 [2], and due to its low incidence, its diagnosis is challenging, compared to the diagnosis of acquired hemophilia A.
Case report

Presentation

The patient was an 89-year-old man with end-stage renal disease due to nephrosclerosis. He was admitted to the emergency department with dyspnea and wet cough and was diagnosed with congestive heart failure (CHF) complicated with pneumonia. Treatment with ceftriaxone sodium hydrate and 30 mg/day of prednisolone (PSL) was initiated for pneumonia and exacerbation of chronic obstructive pulmonary disease, and intravenous furosemide was administered for CHF. Since Enterobacter cloacae was detected in sputum culture, the antimicrobial agent was changed to ceftazidime (CAZ) on day 3 after admission, and treatment of pneumonia was completed on day 14 after admission. Erythema appeared on the trunk on day 18 after admission, with eosinophilia (maximum eosinophil count: 790/μL) on day 6 after starting oral tolvaptan for fluid volume control. Since drug-induced erythema was suspected, CAZ and tolvaptan were discontinued. Three days after discontinuing these drugs, the erythema and eosinophilia improved. Since renal dysfunction was at an advanced stage, arteriovenous fistula was created for initiating hemodialysis. During the arteriovenous fistula creation procedure, bleeding tendency from the arteriovenous fistula ligature was observed, but mucosal or subcutaneous hemorrhage was not observed. Table 1 shows the postoperative blood and biochemical tests on day 32. Postoperative blood test revealed an activated partial thromboplastin time (APTT) of 86.1 s and a prothrombin ratio (PT-INR) of 7.31 (Table 2). Further, coagulation test performed on the day of admission showed an APTT of 29.2 s and a PT-INR of 1.01 (Table 2). These results suggest that the patient developed de novo coagulation abnormalities after admission. In addition, blood tests revealed considerable decline in the activities of multiple coagulation factors (Table 3). Liver failure and vitamin K deficiency were initially suspected, but changes in the coagulation system were not observed after administration of vitamin K, and abdominal ultrasonography did not reveal liver cirrhosis. Since cross-mixing studies showed an upward convex inhibitor pattern (Fig. 1), which suggests the presence of a coagulation factor inhibitor. The results of a 1:1 mixture test of healthy samples and subjects (data was not shown) showed a decrease in coagulation factor activity of FV, but no decrease in coagulation activity of FVIII.

Table 1 Laboratory data (32nd day after admission)

| Laboratory data | Normal range |
|-----------------|-------------|
| White blood cell | 3700/μL (3300–8600/μL) |
| (Neutrophil) | 45.80% |
| (Eosinophil) | 7.30% |
| (Lymphocyte) | 35.30% |
| (Monocyte) | 11.60% |
| Red blood cell | 2.85 × 10^6/μL (4.35–5.55) |
| Hemoglobin | 8.3 g/dL (13.7–16.8) |
| Platelets | 11.7 × 10^5/μL (15.8–34.8) |
| Albumin | 2.9 g/dL (4.1–5.1 g/dL) |
| Urea nitrogen | 65 mg/dL (8.0–20.0 mg/dL) |
| Creatinine | 3.99 mg/dL (0.65–1.07 mg/dL) |
| eGFR | 11.8 mL/min/1.73 m² |
| Calcium | 7.6 mg/dL (8.8–10.1 mg/dL) |
| Ionic phosphate | 3.3 mg/dL (2.7–4.6 mg/dL) |
| AST | 33 U/L (13–30 U/L) |
| ALT | 16 U/L (10–42 U/L) |

eGFR estimated glomerular filtration rate, AST aspartate aminotransferase, ALT alanine aminotransferase

Table 2 Coagulation test

| Specimen coagulation time/control coagulation time | Normal range |
|-----------------------------------------------|-------------|
| APTT, s | 29.2 | 86.1 (23.5–35.0 s) |
| PT, s | 12.3 | 76.6 (10.0–15.0 s) |
| PT, % | 97.9% | 8.8 (70.0–130.0%) |
| PT RATIO | 1.01 | 6.08 (0.85–1.15) |
| PT-INR | 1.01 | 7.31 (0.85–1.30) |
| Fib | 535 | 393 (180–350 mg/dL) |
| FDP | 7 | 5 (0.0–4.0 µg/mL) |
| D-dimer | 2.7 | 1.9 (0.0–1.0 µg/mL) |

APTT activated partial thromboplastin time, PT prothrombin time, PT RATIO Specimen coagulation time/control coagulation time, PT-INR prothrombin time-international normalized ratio, Fib fibrinogen, FDP fibrinogen degradation products

Table 3 Coagulation factor activity test (32nd day after admission)

| Coagulation factor assay | Reference values |
|--------------------------|------------------|
| II | 5% (70–120%) |
| V | < 1% (70–140%) |
| VII | 1% (70–120%) |
| VIII | 12% (70–130%) |
| IX | 3% (70–120%) |
| X | 8% (70–120%) |
| XI | 3% (70–120%) |
| XII | 6% (70–130%) |
| XIII | 93% (70–130%) |
| Protein C | 104% (70–140%) |
| LASCCT ratio | 2.35 (< 1.16) |
| HPT | 127% (70–130%) |
| FVIII inhibitor | None None |
| VWF:RCo | 176% (50–155%) |
| FXIII antigen | 45% (> 70%) |
FXIII, or vWF, indicating that there were no inhibitors for FVIII, FXIII, and vWF. After initiating PSL, coagulation gradually improved. Since the presence of coagulation factor V inhibitor and anti-factor V autoantibody was later confirmed, we confirmed the diagnosis of AiFVD. Blood cultures on admission and on day 18 of illness were negative, and there was no subsequent fever suggestive of sepsis. Contrast-enhanced CT of the chest and abdomen and CT of the head were performed to search for malignancy, but no obvious abnormalities were found. On day 34 after initiating PSL (68 days from admission), the coagulation system normalized (Fig. 2). The patient was referred to the clinic for hemodialysis therapy maintenance after 7 months of PSL therapy and 3 months of no relapse. Due to a positive stool hemoglobin test, we recommended lower gastrointestinal endoscopy to the patient, but he refused it.

**Results**

Detailed experimental analyses were performed by the Japanese Collaborative Research Group for the definitive diagnosis of multiple coagulation factor deficiencies. A factor V-specific cross-mixing test of plasma samples from the patient and a healthy control clearly showed an inhibitor pattern (Fig. 3a), indicating the presence of a factor V inhibitor, rather than factor V deficiency. Furthermore, using the Bethesda method, we detected a factor V inhibitor with a titer value of 145 BU/mL (Fig. 3b), and the presence of anti-factor V autoantibody was confirmed using enzyme-linked immunosorbent assay (ELISA) with purified human plasma factor V as described in a previous study (Fig. 3c) [3]. Thus, the patient was ‘definitely diagnosed’ with AiFVD in accordance with the diagnostic criteria enacted by the Japanese Ministry of Health, Labor, and Welfare [2, 4]. Factor V inhibitor and anti-factor V autoantibodies were not detected on day 73 and 94, likely because of antibody eradication treatment using PSL alone (Fig. 3b, c).

**Discussion**

In this report, we present the case of a patient who had just started hemodialysis therapy with bleeding tendency due to AiFVD, a rare disease with an estimated incidence of 0.04 per million persons per year in Japan [5]. Infectious diseases (viral and bacterial), antimicrobial agents (especially β-lactams), blood transfusion, cancer, and autoimmune diseases are the most common triggers of AiFVD. In a recent study, AiFVD was reported after Coronavirus Disease 2019 infection [6]. However, many cases of AiFVD are idiopathic, and the disease mechanism is not clear [7]. In a previous study, hematuria, gastrointestinal bleeding, hematoma, intracranial hemorrhage, and pulmonary hemorrhage were reported as bleeding symptoms, and 23% of patients were asymptomatic [8].

![Fig. 1 APTT cross-mixing test. APTT cross-mixing test the immediate reaction (no incubation) and the reaction after 2 h of incubation (2 h incubation) showed an upward convex graph pattern, suggesting the presence of inhibitors](image-url)
There are nine reported cases of AiFVD in patients undergoing hemodialysis, and seven of these patients were from Japan. Hemostatic defect in arteriovenous fistula, which presents as persistent oozing and is a common complication in patients undergoing hemodialysis, was the first symptom in several of these reported cases. In four of the above-mentioned patients, hemostatic defect in arteriovenous fistula may be related to antimicrobial therapy (Table 4) [3, 9–16]. Furthermore, AiFVD and eosinophilia were reported in four other patients with renal disease beside our patient [12, 17–19]. The above findings suggest that drug-induced immune response can cause AiFVD. In our patient, infection and drugs (e.g., CAZ, tolvaptan) may have induced this acquired abnormality. Given that hemostatic defect in arteriovenous fistula developed after eruption with eosinophilia, drug-induced immune response was considered responsible.

Fig. 2 Clinical course. Horizontal axis: number of hospital days. APTT activated partial thromboplastin time (in seconds), PT-INR international normalized ratio of prothrombin time, PSL prednisolone (in mg/day), CAZ ceftazidime.

Fig. 3 a Five-step dilution cross-mixing test. Residual factor V activity was measured using one-stage clotting assay of the patient’s plasma at ratios of 0:1 (0%), 1:3 (25%), 1:1 (50%), 3:1 (75%), and 1:0 (100%) with normal plasma (white circles and broken line). Mixed samples were also incubated at 37 °C for 2 h (black circles and solid line) before the assay. The patient’s sample showed a downward concave ‘inhibitor’ pattern (white arrow). A straight dotted line depicts a theoretical ‘deficient’ pattern. b Change in factor V inhibitor titer value (Bethesda method). Factor V inhibitor titer value was determined using Bethesda method after heating the sample for 30 min at 56 °C. One Bethesda unit (BU/mL) is defined as the reciprocal of the inhibitor’s dilution concentration that results in 50% residual activity in the mixture. The initial titer value of factor V inhibitor was as high as 145 BU/mL, and it decreased in parallel with levels of anti-factor V autoantibodies. c Change in anti-factor V IgG level. Anti-factor V IgG level (black circle) was clearly detected using enzyme-linked immunosorbent assay of the patient’s sample on days 32 and 50 when factor V activity and antigen level are extremely low. The anti-factor V autoantibodies rapidly disappeared after the initiation of autoantibody eradication therapy using PSL on days 73 and 94.
for the AiFVD. Similarly, in a previous study, it was reported that drug-induced hypersensitivity syndrome/drug reaction with eosinophilia and systemic symptoms is associated with the development of autoimmune disease with detection of autoantibodies [20]. Although the mechanisms of drug-induced antibody production remain unclear, reactive autoantibodies may underlie the development of AiFVD in our patient. Acquiring factor V inhibitor after administration of warfarin and dabigatran as well as antimicrobial agents were also reported [21, 22].

In this case, not only factor V but also various other factors were decreased, but no inhibitors other than inhibitors for factor V were observed. These findings suggest a pseudo-multifactorial deficiency due to high titer factor V inhibitor. The presence of extremely high titers of coagulation factor inhibitors in the plasma results in complete inhibition of factor V. This leads to pseudo-multifactorial deficiency because the prolonged clotting time is not corrected, despite the normal activity of other factors [10]. Treatment is aimed at control of bleeding (using fresh frozen plasma [FFP], platelet transfusion, and prothrombin complex concentrate) and eradication of inhibitors using immunosuppressive agents. It was reported that platelet transfusion is superior to FFP for hemostatic control in patients with reduced factor V activity, whether congenital or acquired [23]. This may be because 20% of factor V is stored in platelets and factor V has properties that allow it to escape inhibitors [8]. According to a previous study, immunosuppressive therapy with corticosteroids and/or cyclophosphamide and other immunosuppressive agents are used to eradicate inhibitors [7]. Remission was achieved in 37 of 49 patients (76%), with a median time to remission of 6 weeks [7]. In cases of steroid resistance, rituximab therapy, plasma exchange, and intravenous immunoglobulin therapy are considered alternative treatments [7, 24, 25]. In our patient, oozing was observed following compression hemostatic therapy, but since there was no active bleeding, platelets were not administered. The oozing improved within a few days after starting the patient on PSL. The coagulation system normalized on day 34 after PSL initiation without relapse.

In other words, 34 days after PSL initiation (i.e., on day 66), the patient achieved complete remission, evidenced by normal values of PT and APTT (Fig. 1). Further, immunological remission was confirmed on days 73 by the absence of anti-factor V autoantibodies on ELISA and factor V inhibitor. We previously reported that 73% of Japanese patients with AiFVD initially received PSL for antibody eradication, while 13.5% patients received a pulse PSL regimen, with success rates of 74.7% and 70.8%, respectively [2]. The success rate of PSL alone (85.1%) is higher than that of overall PSL (74.7%). Moreover, the success rate of pulse PSL alone (90%) was lower than that of pulse

### Table 4

Reported cases of AiFV/5D in hemodialysis patients

| Age | Sex | Cause of renal failure | Symptom | Cause | Treatment | Outcome |
|-----|-----|------------------------|---------|-------|-----------|---------|
| 84  | M   | Unknown                | Subcutaneous bleeding | Antibacterial drug (CFPM) | Oral PSL | Death   |
| 87  | M   | Diabetic nephropathy   | Hemostatic defect in arteriovenous fistula | Bronchopneumonia, antibacterial agents (CTRX, LVFX) | Oral PSL | Normalized in 4 months |
| 72  | F   | Nephrosclerosis        | Subcapsular renal hematoma | Urinary tract infection, antibacterial drug (CTRX) | Oral PSL + CPA + plasma exchange | Normalized in 4 months |
| 47  | M   | Unknown                | Hemorrhagic pleural effusion, cardiac fluid | Unknown | FFP administration | Normalized in 1 month |
| 72  | M   | Nephrosclerosis        | Small intestinal bleeding | Eosinophilia | Oral PSL | Normalized in 1 month |
| 68  | M   | Unknown                | Hemostatic defect in arteriovenous fistula | Introduced antibacterial drug, introduction of dialysis | PSL | Normalized in 1.5 months |
| 82  | M   | Diabetic nephropathy, Postoperative bladder cancer | Intermittent hematuria | Unknown | Oral PSL | Normalized in 2 months |
| 75  | M   | Unknown                | Thrombosis on the hemodialysis puncture site | Urinary tract infection, antibacterial drug (CTX) | Nothing | Normalized in 1 week |
| 55  | M   | Chronic glomerulonephritis | Hemostatic defect in arteriovenous fistula, gingival bleeding, intramuscular bleeding | Unknown | Oral PSL + plasma exchange | Sudden death (unknown cause) |

*CFPM cefepime, CTRX ceftriaxone, LVFX levofloxacin, CTX cefotaxime, PSL prednisolone*
PSL combined with PSL (100%). Therefore, physicians are advised to choose either the pulse-PSL-alone regimen or the combined regimen as first-line antibody eradication therapy whenever possible, at least in Japan where rituximab is not approved by the Japanese public health insurance system for the treatment of AiFVD. Acquired coagulation factor inhibitors can cause life-threatening bleeding. Moreover, recurrence has been reported in 20% of patients [1]; thus, it is important to follow patients closely over time.

**Conclusion**

Although rare, acquired AiFVD should be considered in cases of new hemostatic defect in arteriovenous fistula, especially when accompanied by drug-induced eruption and eosinophilia.

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**Declarations**

**Conflict of interest** All the authors have declared no competing interest.

**Ethical approval** This article does not contain any studies with human participants or animals performed by any of the authors.

**Informed consent** Informed consent was obtained from the patient and his family for publication of this case report.

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