The identification of cancer stem cells (CSCs) has been received with great fanfare. Intuitively, the identification of CSCs was a promise to develop new treatments to eradicate cancer. The intuition of CSCs being targets to prevent cancer resurgence was changed to evidence resulting in a distinct branch of cancer biology.

CSCs share molecular and functional similarities with normal stem cells [1]. Thus, like normal stem cells in non-malignant tissues, the CSCs have been shown overwhelmingly to be responsible for tumor formation [1]. This has led to search for small molecules to target CSCs, mostly focusing on genes that are involved in self-renewal of stem cells, e.g., Notch 1 and BMI [2,3]. The early issues in the field of CSCs were based on the identify of specific markers for organ-specific CSCs. Indeed several laboratories have reported on varying markers. These markers have not sustained due to the lack of robust reproducibility. This has led to investigators to define CSCs in the context of the specific study. This has allowed the field to progress rather than the area of CSCs remaining in the background.

Another issue with the field of CSCs is the acceptance that the those working in the area need to remember that the CSCs are a subset of cancer cells and they are not normal stem cells, despite the similarities with respect to the affected genes. Since the non-CSCs are transformed cells, it is expected this population will also express some of the stem cell genes. In this regard, the non-CSCs will show some overlapping properties with stem cells. In support of the latter, it should be noted that cancer is defined as normal cells that have adapted stem cell properties, hence the difficulties in defining CSCs. This key fact formed the basis for studies by Pece et al. who identified a 20 gene profile linked to stem cells [4].

The authors used the appropriate approach by keeping their analyses unbiased. They first used an in silico method to interrogate published databases of breast cancer using the genes belonging to the gene set of normal human mammary stem cells to a cluster of 329 patients. Upon reclustering, the authors were able to divide breast cancers that the investigators found to be highly expressed in a subgroup of patients. The 20 genes were validated using three independent datasets and showed across the three analyses that the 20 genes were associated with poor prognosis. The investigators further validated the 20 genes by RT-PCR with transcripts from paraffin sections. Another interesting result is the independence of the 20 genes to other clinical factors such as invasion to the vascular system. Such independence is expected because the 20 gene set would not change due to self-renewal of the genes in the CSCs. In fact, it is possible that the number of cells expression this 20 gene set could increase since other subset of non-CSCs could take on the property of stem cells. This area of the studies may require further investigation because although the independence of the 20 genes, although intrinsically regulated, could be influenced by the complex microenvironment such as the bone marrow. The extrinsic niche is likely to change the signature of the cancer cells. The authors as well as other investigators, going forward, will have to consider that the non-CSCs, given the appropriate niche are likely to undergo transition to CSCs and this would lead to poor prognosis. Another issue is if there is a subset of non-CSCs that might be more susceptible to dedifferentiate to CSCs. Nonetheless, the findings by Pece et al. begun the ‘journey’ to have a stem cell gene signature profile to be incorporated in patient treatment.

Disclosure
The author declared no conflicts of interest.

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