eIF6 rebinding dynamically couples ribosome maturation and translation

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Protein synthesis is a cyclical process consisting of translation initiation, elongation, termination and ribosome recycling. The release factors SBDS and EFL1—both mutated in the leukemia predisposition disorder Shwachman-Diamond syndrome—license entry of nascent 60S ribosomal subunits into active translation by evicting the anti-association factor eIF6 from the 60S intersubunit face. We find that in mammalian cells, eIF6 holds all free cytoplasmic 60S subunits in a translationally inactive state and that SBDS and EFL1 are the minimal components required to recycle these 60S subunits back into additional rounds of translation by evicting eIF6. Increasing the dose of eIF6 in mice in vivo impairs terminal erythropoiesis by sequestering post-termination 60S subunits in the cytoplasm, disrupting subunit joining and attenuating global protein synthesis. These data reveal that ribosome maturation and recycling are dynamically coupled by a mechanism that is disrupted in an inherited leukemia predisposition disorder.
very minute, a growing HeLa cell synthesizes around 7500 ribosomal subunits, which decode messenger RNA to make protein, elongation, termination and recycling. Removal of the highly conserved nucleolar shuttling factor eukaryotic initiation factor 6 (eIF6) from the intersubunit face of the nascent large 60S ribosomal subunit is essential to license its entry into translation, because eIF6 sterically inhibits the large 60S ribosomal subunit from joining to the small 40S subunit to form an actively translating ribosome. eIF6 is initially recruited to pre-60S ribosomal subunits in the nucleolus. Following export of the pre-60S particles to the cytoplasm, the GTPase EFL1 (elongation factor-like 1) and its cofactor SBDS (Shwachman-Bodian-Diamond syndrome) evict eIF6 during the final step in maturation of the nascent 60S subunit.

Disruptive variants in both SBDS and EFL1 cause the inherited leukemia predisposition disorder Shwachman-Diamond syndrome (SDS). Missense variants in eIF6 can bypass the fitness defect of yeast cells lacking the SBDS orthologue Sdo1 by reducing eIF6 binding to the 60S subunit. In addition, diverse somatic genetic events including point mutations, interstitial deletion, and reciprocal chromosomal translocation rescue the germline ribosome defect in SBDS-deficient hematopoietic cells either by reducing eIF6 expression or by disrupting the interaction of eIF6 with the 60S subunit. The observation that mutations in eIF6 can rescue the defects in ribosomal subunit joining and translation initiation observed in SBDS-deficient cells raises the possibility that SBDS and EFL1 may have a more general role in translation beyond their function in nascent 60S subunit maturation. Cryo-electron microscopy (cryo-EM) studies further support this hypothesis by revealing that eIF6 is bound to 60S ribosome quality control intermediates, suggesting that there are some contexts in which eIF6 may rebind to mature 60S ribosomal subunits in vivo.

In eukaryotes, translation termination begins with the recognition of a stop codon in the A site of the 80S ribosome by the release factors eRF1 and GTP-bound eRF3. Peptide release is temporally coupled to splitting of the 60S ribosome into a free 60S and a 40S subunit bound to decylated tRNA and mRNA by the essential ATP-binding cassette protein Rli1 (yeast)/ABCE1 (mammals). The decylated tRNA is subsequently removed, promoting dissociation of the 40S subunit from the mRNA. ABCE1 blocks 40S rebinding to the 60S subunit by sterically hindering the formation of an intersubunit bridge between the 60S protein uL14 and the 40S rRNA helix h44. However, the possibility that eIF6 rebinding might similarly sequester post-termination recycled 60S subunits in a translationally inactive state has not been addressed. Dissociated 40S and 60S subunits may immediately re-engage in further rounds of translation initiation or alternatively, in conditions of stress, enter a reservoir of translationally inactive 80S ribosomes, that can again be recycled in an ABCE1-dependent manner. Interestingly, ribosome recycling becomes critical for ribosome homeostasis during erythroid differentiation, as the natural loss of ABCE1 limits ribosome availability and results in the accumulation of post-termination, unrecovered ribosomes in the 3′UTRs of mRNAs.

Here, we test the hypothesis SBDS and EFL1 act as general eIF6 release factors to regulate post-termination 60S ribosomal subunit recycling. Using cryo-EM, we show that eIF6 binds to the majority of free cytoplasmic 60S subunits in mammals, thereby holding them in a translationally inactive state. We reveal that SBDS and EFL1 are the minimal components required to evict 60S-rebound eIF6 and recycle post-termination 60S subunits back into the actively translating pool. Consistent with the requirement for efficient ribosome recycling during erythropoiesis, graded overexpression of eIF6 in mice perturbs late steps in erythroid differentiation by sequestering free 60S subunits, blocking subunit joining and attenuating global translation. Our data support a wider role for SBDS and EFL1 as translational regulators that dynamically couple 60S subunit maturation with ribosome recycling through the release of rebound eIF6.

Results

eIF6 holds free cytoplasmic 60S subunits in a translationally inactive state in vivo. We set out to test the hypothesis that eIF6 maintains free cytoplasmic 60S subunits in a translationally inactive state in primary hematopoietic cells in vivo. Immunoblotting of cell extracts purified from primary murine c-kit+ bone marrow cells revealed that around 14% of the eIF6 protein co-migrated with free 60S ribosomal subunits, while the majority was distributed in the free fraction (Fig. 1a). Single particle cryo-electron microscopy (cryo-EM) analysis of free 60S particles purified from primary murine c-kit+ bone marrow cells revealed

![Fig. 1 eIF6 maintains free mammalian 60S subunits in a translationally inactive state.](image)
that eIF6 is stably bound to the intersubunit face of at least 83% of cytoplasmic mature 60S subunits (Fig. 1b).

At an overall resolution of 3.1 Å, our cryo-EM reconstructions allowed us to build and refine atomic models of murine eIF6 bound to the 60S ribosomal subunit (Fig. 1c and Supplementary Fig. 1). Conserved in archaea and eukaryotes, eIF6 is a member of the peptidyl transferase superfamily with five-fold pseudosymmetry. Consistent with the previous structures from yeast, Tetrahymena, and human cells, murine eIF6 sterically inhibits 40S ribosomal subunit joining by binding to a conserved site on the intersubunit face of the 60S subunit involving the C terminus of uL14, the sarcin-ricin loop (SRL), uL3 (residues 58–71), and the N terminus of eL24 (Fig. 1d). We conclude that in primary murine hematopoietic cells, eIF6 holds all free 60S ribosomal subunits in a translationally inactive state by binding to the 60S intersubunit face. These data support the hypothesis that eIF6 must be released from the 60S ribosomal subunit to allow 80S ribosome assembly. However, we were unable to discriminate nascent 60S–eIF6 complexes versus eIF6 rebound to mature 60S subunits.

**Endogenous eIF6 can rebind mature cytoplasmic 60S subunits.**

The ribosome quality control (RQC) pathway recognizes and rescues stalled translation complexes. Following ribosome dissociation, components of the RQC complex remain bound to the 60S subunit together with eIF6. Taken together with the finding that eIF6 is bound to virtually all mature cytoplasmic 60S ribosomal subunits, we hypothesized that during canonical translation termination (and RQC), eIF6 might rebind to mature 60S particles and require dynamic recycling by SBDS and the GTPase EFL1.

To support this hypothesis, we first tested the ability of eIF6 to rebind mature 60S particles that had been dissociated from 80S couples. Using immunoblotting, we examined the distribution of endogenous eIF6 following sucrose gradient fractionation of cell extracts prepared from c-kit+ bone marrow cells in 80S dissociating conditions (2 mM Mg(CH3COO)2, 500 mM KCl). In contrast to non-dissociating conditions where eIF6 predominately migrates in the free fraction (Fig. 1a), eIF6 comigrated almost entirely with the 60S subunit (Fig. 2a).

Consistent with previous work, we conclude that endogenous eIF6 can rebind mature cytoplasmic 60S subunits in mammalian cells.

**SBDS and EFL1 are sufficient to release eIF6 rebound to 60S subunits.**

We next examined whether human SBDS, EFL1, and GTP are sufficient to promote the release of eIF6 rebound to mature cytoplasmic 60S subunits. We biochemically reconstituted an ex vivo assay that coupled eIF6 release from 60S subunits to their reassembly into 80S ribosomes by adding recombinant human SBDS and EFL1 to eIF6-loaded 60S subunits isolated from c-kit+ bone marrow cells. A schematic overview of the assay is shown in Fig. 2b. As shown in the representative experiment in Fig. 2c, compared with GTP alone (left panel), the addition of SBDS, EFL1, and GTP (right panel) to eIF6-loaded 60S subunits promoted redistribution of eIF6 into the free fraction of the sucrose gradient as detected by immunoblotting, with a concomitant 1.8-fold increase in 80S ribosome reassembly. We conclude that in the presence of GTP, SBDS, and EFL1 are sufficient to release eIF6 that has rebound to mature 60S particles. These data provide biochemical support for the hypothesis that SBDS and EFL1 function as general release factors with dual roles in nascent 60S subunit maturation and in ribosome recycling.

**Genetic interactions between SBDS, EFL1, and eIF6.**

We reasoned that if eIF6 dynamically rebinds to post-termination 60S ribosomal subunits, increasing the dose of eIF6 in vivo would titrate out free 60S subunits to impair ribosomal subunit joining, reduce global protein synthesis and induce growth defect. Consistent with this hypothesis, ubiquitous overexpression of wild type eIF6 (but not eIF6 missense mutants identified in SDS hematopoietic cells that map to the interface with the 60S subunit) induces late larval lethality in Drosophila. Furthermore, overexpression of SDS patient-derived eIF6 missense mutations can fully rescue the lethality of Sbds-deficient flies.
Overexpression of eIF6 suppresses global protein synthesis in improved inducibility in the presence of Dox35. This transgenic that has increased stability, reduced background expression and EIF6 overexpression of the human doxycycline (Dox, tetracycline analogue)-inducible and graded subunits by engineering a transgenic eIF6 mouse strain that permits the Rosa26 expressing the M2-reverse tetracycline transactivator (M2-rtTA) at the GMR-GAL4 > En> GFP, En> GFP, eIF6/+ transgene at the Rosa26 locus and carried one or two copies of the human EIF6 transgene at the Colla1 locus (Fig. 4b). To evaluate the level of EIF6 transgene expression, we treated cultured c-Kit+ bone marrow cells with Dox and performed quantitative real-time PCR to measure EIF6 mRNA. We designed two sets of primers to distinguish endogenous mouse EIF6 mRNA from total (endogenous + transgene) EIF6 mRNA to verify the transgene copy number-dependent increase in total EIF6 expression (a 9.4-fold and 23.4-fold increase in [M2-rtTA/M2-rtTA; EIF6/+] and [M2-rtTA/M2-rtTA; EIF6/EFl1] cells, respectively; Fig. 4c). The increase in EIF6 mRNA led to an increased abundance of eIF6 protein (range: 11- to 22-fold; Fig. 4d).

Next, we assessed the impact of increasing doses of eIF6 on ribosome assembly in vivo by fractionating cell extracts in the presence of cycloheximide from Dox-treated c-Kit+ bone marrow cells by sucrose gradient sedimentation. An increased dose of eIF6 promoted a reduction in the 80S:60S ratio, consistent with a subunit-joining defect (Fig. 4e). Parallel experiments using high salt buffer to specifically dissociate inactive mRNA-free 80S monosomes36, further highlighted the eIF6 dose-dependent reduction in actively translating 80S ribosomes (Fig. 4f). Finally, by using a magnesium-free buffer system, we observed that the ratio of 60S to 40S subunits was preserved with an intermediate dose of eIF6 (Fig. 4g). Although higher eIF6 overexpression resulted in a relative decrease in 60S subunits (Fig. 4h), this is likely to be a secondary consequence of the profound reduction in global protein synthesis. We conclude that graded eIF6 overexpression induces a dose-dependent ribosomal subunit joining defect in vivo. Importantly, the observed ribosomal subunit joining defect upon eIF6 overexpression closely mimics the subunit joining defect caused by eIF6 retention on the 60S subunit that is observed in Sbds- or Fl1 deficient mice or patient-derived lymphoblasts8,9,13,37. Taken together with our genetic data in Drosophila, we propose that the most logical interpretation of these findings is that eIF6 rebinds to post-termination recycling 60S subunits from which it is dynamically recycled by
SBDS and EFL1. These data support the hypothesis that SBDS and EFL1 translationally activate nascent 60S subunits and in addition act as general eIF6 release factors that dynamically recycle eIF6-bound post-termination 60S subunits back into additional rounds of translation.

Terminal erythroid differentiation is sensitive to eIF6 dosage. We reasoned that during mammalian hematopoiesis, the erythroid lineage might be particularly sensitive to an increased dose of eIF6 and aberrant ribosome homeostasis due to the increased dependence of terminal erythroid differentiation on ribosome recycling because of natural loss of the ribosome recycling factor ABCE1. To test this hypothesis, we induced eIF6 overexpression in vivo in transgenic mice.

Detailed analysis of mice carrying two copies of the M2-rtTA transgene and either one or two copies of the EIF6 transgene was precluded because of the rapid weight loss induced in these animals. By contrast, mice that were heterozygous for both transgenes (M2-rtTA/++; Eif6+/−, herein called eIF6hi mice) did not lose weight acutely in response to Dox induction. To further characterize hematopoiesis in the eIF6hi mice, we analyzed bone marrow cells by flow cytometry, using the gating strategy shown schematically in Supplementary Fig. 8. The eIF6hi mice showed no significant differences in overall bone marrow cellularity relative to controls (Supplementary Fig. 9a). Although the frequency of myeloid and multipotent progenitors (preGM and MPPs) and granulocyte precursors decreased (Supplementary Figs. 9b, 10), the frequency of erythroid progenitors (preCFU-E and CFU-E) (Supplementary Fig. 9b) and precursor cells (Fig. 5c–e) was significantly increased. A similar increase in the frequency of erythroid precursors was detected by flow cytometry in the spleen (Supplementary Fig. 9c). Within the bone marrow, we identified an abnormal population

Fig. 4 eIF6 binds post-termination 60S subunits to prevent ribosomal subunit joining. a Schematic overview of the transgenic Dox-inducible eIF6 overexpression system. b Breeding strategy for graded overexpression of eIF6, with color coding of indicated genotypes. c Quantitative real-time PCR of EIF6 transcript levels (n = 4, 3, and 3 biologically independent samples per genotype). d eIF6 protein immunoblotting analysis in extracts from cultured c-Kit+ bone marrow cells derived from the indicated mouse strains. e, f Sucrose gradient sedimentation of extracts (including cycloheximide) from cultured c-Kit+ bone marrow cells derived from the indicated mouse strains. Dox induction, 24 h. Buffers in (e) and (f) contain 50 mM or 200 mM KCl, respectively. Shown is representative of two independent experiments. g Sucrose gradient sedimentation of extracts prepared in absence of magnesium to dissociate 80S ribosomes and polysomes. h Quantification of the 60S:40S subunit ratios shown in (g) (n = 3 per genotype). Student’s t test was used to determine statistical significance. Two-tailed P values are shown. All graphs show mean ± standard deviation.
To test this, we applied Amnis ImageStream technology to erythroblast-like cells, but reducing the numbers of reticulocytes. 

differentiation, promoting the accumulation of orthochromatic erythroblast enucleation during the terminal steps of erythroid differentiation, recapitulating the eIF6-dependent defect in terminal erythropoiesis (Supplementary Fig. 9d). Furthermore, non-competitive transplantation of bone marrow cells from eIF6hi mice into lethally irradiated wild type congenic recipients also recapitulated the eIF6 dose-dependent hematopoietic abnormalities (Supplementary Fig. 12). Taken together, our data indicate that the terminal erythroid maturation defects are intrinsic to eIF6hi hematopoietic cells.

We next set out to determine whether the eIF6-dependent erythroid differentiation defect was intrinsic to eIF6hi hematopoietic cells. Consistent with this hypothesis, ex vivo differentiation of CFU-Es/proerythroblasts isolated from Dox-treated eIF6hi mice recapitulated the eIF6-dependent defect in terminal erythropoiesis (Supplementary Fig. 9d). Furthermore, non-competitive transplantation of bone marrow cells from eIF6hi mice into lethally irradiated wild type congenic recipients also recapitulated the eIF6 dose-dependent hematopoietic abnormalities (Supplementary Fig. 12). Taken together, our data indicate that the terminal erythroid maturation defects are intrinsic to eIF6hi hematopoietic cells.

**Fig. 5 Increased eIF6 dosage impairs erythroblast enucleation in mice.** a Increased eIF6 dosage causes macrocytic anemia. Hematological parameters including hemoglobin concentration, erythrocyte count and mean corpuscular volume (MCV) are shown over the indicated time-course of Dox induction for eIF6hi mice versus control. b Increased eIF6 dosage causes macrocytic anemia. Hematological parameters including hemoglobin concentration, erythrocyte count and mean corpuscular volume (MCV) are shown over the indicated time-course of Dox induction for eIF6hi mice versus control. 2 and 20 weeks, n = 13 and 15 animals per genotype; 1 year, n = 12 and 13 animals per genotype. Hemoglobin at 2 weeks, P = 0.0000000000002. b Reticulocyte counts (n = 3 animals per genotype). c Representative flow cytometry analysis of erythroid precursors in control versus eIF6hi bone marrow. Gated populations are designated 1-6 in red. d Frequency of erythroid precursors in the bone marrow (n = 7 biologically independent samples per genotype), corresponding to gated populations 1-6 in the flow cytometry analysis. Pro, proerythroblast; Baso, basophilic erythroblast; Poly, polychromatic erythroblast; Ortho, orthochromatic erythroblast; Retic, reticulocyte. 

e Morphology of erythroid precursors, corresponding to populations 4-6 by flow cytometry. f Representative images of enucleating erythroblasts, defined by Amnis ImageStream IDEAS gating strategy, shown in Supplementary Fig. 11. g Frequencies of enucleating erythroblasts within the late erythroblast population (corresponding to gate 6 in IDEAS gating strategy), in the bone marrow after 2 weeks of Dox administration (n = 4 biologically independent samples per genotype). All graphs show mean ± standard deviation. Student’s t test was used to determine statistical significance. Two-tailed P values are shown.

of orthochromatic erythroblast-like cells (CD44lo FSClo) containing a highly condensed nucleus and low cytoplasmic volume (Fig. 5c–e).

We hypothesized that an increased dose of eIF6 might impair erythroblast enucleation during the terminal steps of erythroid differentiation, promoting the accumulation of orthochromatic erythroblast-like cells, but reducing the numbers of reticulocytes. To test this, we applied Amnis ImageStream technology 41,42 to visualize active nuclear extrusion by bone marrow erythroblasts, dividing the process into early, intermediate and late stages (Fig. 5f and Supplementary Fig. 11). Compared with controls, in Dox-treated eIF6hi mice we classified more erythroblasts in the early or intermediate stages of enucleation compared with late steps (Fig. 5g). We conclude that an increased dose of eIF6 impairs terminal enucleation of orthochromatic erythroblasts in vivo.

**Attenuated protein synthesis impair terminal erythroblast enucleation.** We hypothesized that increasing the dose of eIF6
would alter ribosome homeostasis during erythropoiesis by shifting the equilibrium towards ribosomal subunit dissociation, thereby attenuating protein synthesis. To test this, we quantified the rate of global protein synthesis in erythroid cells in vivo by measuring OP-puro incorporation. Indeed, compared with controls, we observed a significant decrease in OP-puro incorporation in late poly- and orthochromatic erythroid precursors from Dox-treated eIF6hi mice (Fig. 6a). These data demonstrate that eIF6 overexpression impairs terminal erythroid differentiation by a mechanism that directly or indirectly attenuates protein synthesis.

We reasoned that the reduced rate of protein synthesis in late erythroblasts from Dox-treated eIF6hi mice likely reflects altered ribosome homeostasis because of an increase in the relative ratio of eIF6 to ribosomes during terminal erythroid differentiation. To test this hypothesis, we sorted identical numbers of erythroid progenitor cells and precursor cells from Dox-treated mice and performed immunoblotting to visualize eIF6 and eS19 (as a marker for cellular ribosomal RNA content) of freshly isolated erythroblasts (Fig. 6b). By contrast, erythroblasts in Dox-induced eIF6fl mice exhibited sustained high levels of eIF6 (Fig. 6b). The relative intensity of thiazole orange staining (correlating with cellular ribosomal RNA content) of freshly isolated erythroblasts was consistent with a progressive decline in cellular ribosome levels during terminal erythroid maturation (Fig. 6c). Taken together, these results indicate that an increased dose of eIF6 relative to ribosomal subunits is sustained in the eIF6hi mice throughout erythropoiesis. Erythroid differentiation is likely susceptible to increased eIF6 dosage due to the combined shutdown in new ribosome synthesis in early erythroblasts43 together with the loss of effective ribosome recycling through natural loss of the ribosome recycling factor ABCE1 during terminal differentiation30. We propose that the increased dose of eIF6 titrates out recycled post-termination 60S subunits during late erythroid differentiation to push the equilibrium in favor of ribosomal subunit dissociation, impaired translation initiation and attenuated protein synthesis. Finally, consistent with the impact of eIF6 overexpression on terminal erythroid differentiation, inhibition of protein synthesis with the translational elongation inhibitor homoharringtonine in prospectively isolated wild-type orthochromatic erythroblasts recapitulated the erythroblast enucleation defect observed in eIF6hi mice (Fig. 6d).

**Discussion**

In this study, we have identified a critical role for the SBDS and EFL1 proteins in the regulation of translation initiation by acting as general eIF6 release factors. Using cryo-EM, we provide direct evidence that eIF6 holds virtually all free cytoplasmic 60S subunits in mammalian cells in a translationally inactive state and show that SBDS and EFL1 are the minimal components required to recycle eIF6 that has rebound to post-termination 60S subunits. Depletion of Sbds or Efl1 exacerbates the growth defects caused by eIF6 overexpression in Drosophila in vivo, while eIF6 overexpression in mice causes a dose-dependent defect in ribosomal subunit joining by reblocking and titrating out post-termination 60S subunits from active translation. The observation that inactive 80S monosomes accumulate in eIF6 haploinsufficient mice44 also supports the hypothesis that eIF6 prevents the formation of inactive 80S monosomes by binding to post-termination 60S subunits. Taken together, our data support a role for SBDS and EFL1 in regulating ribosome homeostasis by coupling the final step in cytoplasmic 60S subunit maturation with post-termination 60S ribosomal subunit recycling (Fig. 7).

Translation of mRNA occurs in four steps: initiation, elongation, termination, and ribosome recycling. During the normal translation cycle, once the ribosome reaches the stop codon of the mRNA, eRF1 and eRF3 recognize the stop codon and trigger hydrolysis of the nascent chain. Upon dissociation of eRF3, 80S ribosomes are recycled by recruitment of the ATPase ABCE1 to regenerate free 40S and 60S subunits20. This process maintains ribosome homeostasis by promoting additional rounds of translation initiation. Following 80S ribosome dissociation, the free 60S subunit may re-enter a new round of translation by binding a
ribosome assembly and protein synthesis defects across multiple SBDS-deficient species including yeast, Dicyostelium, Drosophila and human cells. Taken together, these genetic and biochemical data support a major role for SBDS and EFL1 in regulating cytoplasmic ribosome homeostasis and translational control.

As our transgenic mice overexpressing elf6 recapitulate the defect in ribosome assembly observed in SDS, this model may provide a tool to further dissect SDS pathogenesis. Like germline depletion of Sbds or Elf1 in mice, high doses of elf6 are not systemically tolerated. However, future studies combining the Elf6 transgene with tissue-specific tetracycline transactivator mouse strains will bypass this limitation, harnessing the full potential of this model. Finally, our inducible elf6 transgenic mouse model may find utility in the development of therapeutic strategies to restore cytoplasmic ribosome homeostasis in SDS by modulating the rebinding of elf6 to cytoplasmic 60S subunits.

Methods

Generation of transgenic elf6 mouse strain. Gibson assembly was used to clone a full-length human Elf6 cDNA containing Kozak sequence (5'-ATACCGG-3') into the EcoRI site of the KH2 embryonic stem (ES) cell line34. The engineered ES cells were injected into E3.5 C57BL/6 blastocystos to generate chimeric mice. Mice were backcrossed into the C57BL6 background for at least three generations. PCR was used to genotype the Rosa26 locus (5'-AAATTCGCTCTGATGGGTATAT-3'; 5'-GGCAAGAGTTGTGCTCCTAACC-3'; 5'-GGGACGGGT AGAAATGGATATG-3'; WT product: 600 bp; Insert product: 300 bp) and the Col1a1 locus (5'-TCCCCTCCTCCTTTCTATACAATTT-3'; 5'-AGCTTCGTGATCTTTCGTGATCATACTACAA-3'; WT product: 1092 bp; Insert product: 455 bp). The Elf6 transgene was induced in vivo by administering Dox in the food (ssniff-Spezialdiäten GmbH; 2000 mg/kg).

Mice were maintained in specific pathogen-free conditions and all procedures were regulated under UK Home Office Animals (Scientific Procedures) Act 1986 under project license 70/8406. All experiments were performed using adult (8–12 weeks old) female and male mice with littermate controls. Mice were maintained in a standard SPF facility (12 light/12 dark cycle, 19–23 degrees Celsius with 40–60% humidity).

Peripheral blood analysis. Peripheral blood was collected from the tail vein into Microvette® 500 K3E tubes (Sarstedt) and cellularity analyzed using a Woodley ABC blood counter.

Histopathology. Organs for histopathological analysis were fixed in 4% formaldehyde (Genta Medical, UK) followed by paraffin embedding and sectioning. Sections were stained with Hematoxylin–Eosin (Merck) for microscopic examination. FACS-purified erythroid precursors were transferred onto slides using a cytopsin centrifuge and stained with May–Grünewald and Giemsa solutions. The‘fluorescent microscopy’ Morphological examination was performed using Axiolmager Z2 Upright Wide-field Microscope (Zeiss).

Flow cytometry. We isolated bone marrow cells by crushing hips, femurs and tibias in PBS (Thermo Fisher Scientific) supplemented with fetal calf serum (FCS; 2%; Thermo Fisher Scientific) and EDTA (2 mM; Thermo Fisher Scientific). Isolated cells were filtered through a 70 μm strainer (Thermo Fisher Scientific). Antibody labelling was performed in PBS (±2% FCS) for 30 min on ice. Thiazole orange (5 μM; Biotium) was included during antibody labelling where specified. Antibodies are listed in the Supplementary Table 1. Erythrocytes were removed from peripheral blood by Dextran sedimentation (2% in PBS; Merck) and ACK lysis buffer (Thermo Fisher Scientific) before antibody labelling. Experiments were performed using FACSARIA III cell sorter (BD Biosciences) and LS RFortessa flow cytometer (BD Biosciences), and analyzed using FlowJo software (Tree Star, v10.17).
Cell isolation and culture. c-Kit+ bone marrow cells were enriched using CD117 MicroBeads and MACS separation columns (Miltenyi Biotec), and cultured in OptiMEM I Reduced Serum Media (Thermo Fisher Scientific) with 10% FCS, 1% antibiotics, and 1% B27, or under Doxycycline control (100 μg/mL) for 15 days. Alternatively, c-Kit+ bone marrow cells isolated from transgenic eIF6 mice (genotype M2–rtTA/M2–rtTA; eIF6−/−) were used for lineage depletion. In vitro erythroid culture was performed as previously described. Briefly, 1.25 × 107 CFU-E/proerythroblasts isolated from Dox-treated mice were seeded on fibronectin-coated (2 μg/mL; Merck) 48-well plates (Corning). Dulbecco’s modified eagle medium (Thermo Fisher Scientific) containing FCS (15%), bovine serum albumin (BSA; 1%; Stem Cell Technologies), and an antibiotic combination of penicillin, streptomycin (100 μg/mL), and amikacin (100 μg/mL) was supplemented with saponin (0.1%; Merck) and FCS (2%). The cultures were maintained at 37°C in a humidified atmosphere of 5% CO2 for 5 days. The cultures were washed twice with PBS (2 × 107 cells/mL), and were harvested, purified, and stained with propidium iodide (PI) and 7-AAD before analysis on a flow cytometer.

Transplantation assays. Non-competitive transplantations were performed by injecting 5 × 106 freshly isolated unfractionated bone marrow cells in 250 μL PBS (±2% FCS) into the tail vein of lethally irradiated (2 × 500 cGy) congenic (CD45.1) wild-type recipients. Reconstituted mice were allowed to recover for 2 weeks before Dox administration.

Protein synthesis rate measurement. O-propargyl-puromycin (OP-puromycin) labeling experiments were performed as previously described. Briefly, OP-puromycin (50 mg/kg in 200 μL PBS; Jena Bioscience) was injected intraperitoneally and bone marrow cells were isolated after 1 h. 3 × 106 cells were fixed with formaldehyde (4%) for 15 min at room temperature. Following two washes with PBS (±2% FCS), cells were stained with antibodies against cell surface markers. Stained cells were permeabilized using PBS supplemented with saponin (0.1% Merck) and FCS (2%). The Click reaction was performed using the Click-iT™ Plus OPP Alexa Fluor® 488 Protein Synthesis Assay Kit according to the manufacturer’s instructions (Thermo Fisher Scientific).

Polyosome profiling experiments. Equal numbers of c-Kit+ bone marrow cells were expanded in the presence of doxycycline for 24 h and treated with cycloheximide (CHX; 100 μg/mL) for 5 min at 37°C before harvesting by centrifugation. Cells were washed twice with ice-cold PBS supplemented with CHX (100 μg/mL) and lysed for 30 min on ice in standard lysis buffer (20 mM Hapes pH 7.5, 50 mM KCl, 10 mM Mg(CH3COO)2, 100 μg/mL CHX, and cOmplete™ EDTA-free Protease Inhibitor Cocktail, 200 μM RNaseOUT inhibitor, 0.5% IGEPA® CA-630 and 2 mM DTT). A total of 29 ± 200 μg of lysate was used on a single 5–45% (w/v) sucrose gradient and the free fraction, which contains the vast majority of cellular eIF6 but is devoid of ribosomes, was collected and aliquots stored at −80°C.

In vitro eIF6 release assay—In the first part of the assay, 10 μL (1.25 ± 200 μg) of mature 80S particles were mixed with 100 μL of exogenous eIF6 in ‘dissociation’ buffer. The reaction mix was then incubated at 37°C for 15 min both to promote the dissociation of the mature 80S particles into 40S and 60S subunits, and to allow the binding of the exogenous eIF6 to 60S subunits. The amount of eIF6 supplied was optimized empirically to lie in the slight excess over 60S subunits, thus saturating the available 60S subunits without a significant accumulation in the free fraction. In the second part of the protocol, the reaction mix was diluted with 500 μL of prewarmed KCl-free buffer (20 mM Hapes pH 7.5, 10 mM Mg(CH3COO)2), and incubated at 37°C for 5 min to allow reassembly of 80S particles. Since the joining of 60S and 60S subunits into the release 80S eIF6 from 60S subunits, this experimental strategy allows the assessment of eIF6 release based on quantification of 80S to 60S ratio. The reaction mix was split equally into two tubes that were supplied either with 1 mM GTP or 1 mM GTP + 1250 mM SDS + 1600 mM EFL. Following 1 h incubation at 25°C, the reaction mixes were cooled down on ice, and loaded on 5–45% (w/v) sucrose gradients prepared in ‘standard’ buffer conditions.

Electron cryo-microscopy sample preparation and data collection. c-Kit+ bone marrow cells were isolated from control mice that do not harbor eIF6 transgene and expanded keeping cell concentration below one million cells per mL. CHX-treated cells were lysed in ‘standard’ lysis buffer as described in ‘Polysome profiling experiments’. Following sucrose gradient centrifugation, fractions obtained mature ribosomal particles subset. We generated a mask around the L1-stalk and the tRNA E-site (Fig. 1b). We performed a combination of particle subtraction and 3D masked classification using the Laplacian-of-Gaussian (LoG) filter. We further refined the classification using the LoG filter to select the highest confidence particles. We then used the resulting mask as a seed for a 3D auto-refinement routine to achieve a consensus mask. Masking and auto-sharpening was done through post-processing in RELION to obtain the final high-resolution map.

To quantify the proportion of eIF6-bound ribosomal particles, we made use of a combination of particle subtraction and 3D masked classifications in RELION (Fig. 1b). We first focused on the L1-stalk to sort particles relative to their maturation state. We generated a mask around the L1-stalk and the rRNA e-sense from the consensus map and used it in 3D masked classification, leading to the isolation of mature ribosomal particles (88% of consensus-refined particles). We then generated a soft-edged mask around the area of the eIF6 binding site from the consensus map as an input. Soft-edged masks were then used to select a newly obtained mature ribosomal particles subset. We finally generated 3D classes focusing on the area inside the mask. 4 classes were obtained, of which 3 showed...
clear density inside the masked area indicating the unequivocal presence of eIF6 and were then pooled for quantification (83% of mature ribosomal particles).

**Immunoblotting.** Proteins in 1× NuPAGE LDS sample buffer (with 50 mM DTT) were incubated at 80 °C for 10 min and run on NuPAGE Bis-Tris polyacrylamide gels in NuPAGE MOPS SDS running buffer (Thermo Fisher Scientific). The i blot 2 gel transfer device (Thermo Fisher Scientific) was used to transfer proteins to nitrocellulose membranes. Membranes were blocked in 5% milk in PBS supplemented with 0.1% tween (NBS Biologicals) for 1 h, and subsequently incubated with appropriate primary antibodies overnight at 4 °C on a shaker. After 3 × 10 min washes with PBS-tween, the blots were incubated with the appropriate secondary horseradish peroxidase-conjugated antibody at room temperature for 1 h followed by detection using the SuperSignal West Pico PLUS reagents (Thermo Fisher Scientific). For a full list of antibodies, see Supplementary Table 2. ImageJ 1.49 v was used to quantify eIF6 protein abundance.

**Subcellular fractionation.** 1 × 10⁶ freshly isolated bone marrow cells from Dox-treated mice were washed twice with ice-cold PBS and resuspended in 0.5 mL of ‘standard’ lysis buffer (20 mM Hepes pH 7.5, 50 mM KCl, 10 mM Mg(CH₃COO)₂, cOmplete” EDTA-free Protease Inhibitor Cocktail, 0.5% IGEPAL CA-630, and 2 mM DTT). Following 30 min incubation on ice, lysates were centrifuged for 5 min at 7000 × g to pellet the nuclei, while supernatants representing the cytosolic fraction were collected. Following a wash with ice-cold PBS and centrifugation as above, the nuclear pellet was resuspended in 0.5 mL of ice-cold RIPA buffer supplied with 1 U/mL Benzonase (Merck), and incubated on a rotator for 1 h at 4 °C. Following centrifugation for 5 min at 7000 × g to pellet insoluble material, supernatant representing the nuclear fraction was collected. Finally, both fractions were resuspended in 1× NuPAGE LDS sample buffer with 50 mM DTT.

**Quantitative real-time PCR.** Total RNA was isolated from FACs-purified cells using the RNeasy mini kit (Qiagen). cDNA was transcribed with SuperScript III reverse transcriptase (Thermo Fisher Scientific). Real-time PCR reactions were performed using the SsoFast™ EvaGreen™ Supermix (Bio-Rad) and ABI 7900HT fast Real-time PCR system (Thermo Fisher Scientific). Primers are listed in Supplementary Table 3.

**Light microscopy.** Drosophila were maintained using standard culture techniques. All crosses were performed at 25°C. Fly strains and genotypes are described in Supplementary Tables 4 and 5. Whole Drosophila samples were collected at 1, 3, 5, and 11 days after egg laying (AEL). Larvae were fixed with 4% paraformaldehyde and adult flies were frozen before photography. For the imaging of eye-tissues, two to four day old Drosophila adults were frozen at −20°C for 1 h. Both whole fly and adult eye photographs were collected using a Nikon SMZ18 microscope with NIS-Elements D version (4.40).

**Scanning electron microscopy.** Drosophila adult eye samples were prepared as described44. Samples were viewed on a Philips XL30 scanning electron microscope.

**Immunostaining.** Drosophila wing discs dissected from third instar larvae in culture medium (Drosophila M3 media, Sigma), 10% FCS (Sigma) and P/S (Sigma) were collected within 10 min into culture medium containing 50 μM of OP-Puro (Invitrogen) and kept in a 25°C incubator for 30 min. Wing discs were then washed twice with ice-cold PBS (Invitrogen) with 1% BSA (Sigma) and 100 μg/ml CHX (Sigma). Wing discs were fixed and permeabilized using the Cytosoft/Cytoperm Fixation Permeabilization Kit (BD Biosciences). Azide-alkyne cycloaddition was performed using the Click-iT Cell Reaction Buffer Kit (Invitrogen) with azide conjugated to Alexa Fluor 596 at 5 μM final concentration. Following a 30 min reaction, wing discs were washed three times in PBS and mounted on slides in medium containing DAPI (Vector). Images were collected on a Zeiss LSM710 confocal system and imported to Image J 2.1.0 v and Photoshop (Adobe) and adjusted for brightness and contrast uniformly across entire fields.

**Sucrose gradient sedimentation of Drosophila cell extracts.** Ribosomal subunits from Drosophila second instar larval cells were fractionated by sucrose density gradient sedimentation as previously described45.

**Statistics.** Student’s t test was used to determine statistical significance. Two-tailed P values are shown. All graphs are presented as mean ± standard deviation.

**Data analysis.** Graphs were prepared using Prism 8 and 9 (Graphpad) and Photoshop CS5 (Adobe). Figures were prepared using Illustrator CS6 (Adobe).

**Data availability** The data that support this study are available from the corresponding author upon reasonable request. Source data are provided with this paper.

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