Traffic Noise Mitigation Using Single and Double Barrier Caps of Different Shapes for an Extended Frequency Range

Domingo Pardo-Quiles, José-Victor Rodriguez*, Jose-Maria Molina-García-Pardo and Leandro Juan-Llacer

Departamento de Tecnologías de la Información y las Comunicaciones, Universidad Politécnica de Cartagena, Antiguo Cuartel de Antigones, Plaza del Hospital, 1, 30202 Cartagena, Murcia, Spain; domingo.pardo@upct.es (D.P.-Q.); josemaria.molina@upct.es (J.-M.M.G.-P.); leandro.juan@upct.es (L.J.-L.)

* Correspondence: jvictor.rodriguez@upct.es; Tel.: +34-968326548

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Abstract: The primary function of noise barriers is to shield inhabitants of affected areas from excessive noise generated by road traffic. To enhance the performance of noise barriers while simultaneously adhering to height restrictions, the attachment of structures (caps) of different shapes to the tops of conventional screens can be considered. These caps can significantly impact the diffracted sound energy, thereby increasing the desired global acoustic losses. This work presents a comprehensive study of the acoustic performance of noise barriers with single and double attached caps of different shapes through a calculation of their insertion losses (IL). This study comprehensively addresses and compares different types, sizes, combinations, and numbers of noise barrier caps for different scenarios (including sloping and absorbent grounds) and sources (“car” and “ambulance”) for an extended frequency band up to 10 kHz. To the best of the authors’ knowledge, this is a range that has not previously been analyzed. A variety of different cap shapes were considered including cylinders, rectangles, trapezoids, and Y/T-shaped forms. To calculate the IL, an innovative and fast uniform theory of diffraction (UTD)-based method developed by the authors was applied in all simulations. The results showed that the Y-shaped single and double barrier caps were, in general, the most effective at increasing IL without raising the height of the barrier, thereby successfully managing the aesthetic impact. The results also showed how the consideration of sloping and absorbent floors could also contribute to improved noise abatement.

Keywords: traffic noise mitigation; noise barriers; noise barrier caps; sound attenuation; uniform theory of diffraction

1. Introduction

The World Health Organization’s report on night-noise guidelines for Europe and the burden of disease from environmental noise affirms that about 20% of the European population is exposed to road traffic noise at levels exceeding 65 dBA (equivalent sound pressure level [SPL] with A-frequency weighting) [1]. This noise level is higher than the maximum acceptable outdoor value in living environments in many European countries [2]. The perception of noise as annoying depends primarily on noise levels and the source producing such noise [3]. Noise can affect human health [4], cause sleep disorders [5], annoyance [6], learning impairment [7,8], hypertension ischemic heart disease [9,10], diabetes risk [11], and loss of hearing [12]. This is why there is an urgent need to control noise pollution, especially in sensitive areas such as near hospitals and schools.

Traditionally, the most common method for traffic noise abatement has been noise barriers, which can significantly reduce the noise exposure of a single receiver. There is growing interest in
low-noise pavements to reduce traffic noise because the benefits of silent pavements are enjoyed by many receivers. Road pavement is a principal factor in traffic noise. Parameters such as texture [13] and granulometry properties [14] are very important when assessing superficial properties, and these cannot be disregarded in the evaluation of pavement quality [15–17]. Sonic crystal barriers are a more recent development. These are a modern and sustainable solution for traffic noise mitigation, but the technology still needs further development [18–20].

Noise barriers can be formed using earth mounds (“berms”) positioned along roads, high walls, or a combination of both. These barriers do not eliminate traffic noise, but they reduce it substantially, improving the quality of life of people who live adjacent to busy roads. However, different structures (caps) attached to the tops of the barriers can enhance their noise isolation performance with a barely perceptible increase in the height of the original barrier (depending on the shape of the structure). Caps thus improve noise mitigation and maintain existing aesthetics, and can be incorporated during the initial design phase or by retrofitting existing barriers. It is important to note that, given that walls are subject to maximum height restrictions, simply increasing a wall’s height to avoid the need for a cap is not always an appropriate solution for noise attenuation.

The existing literature has examined the performance of various caps. For example, Watts [21–24], Haan [25], Ishizuka [26], Asdrubali [27], and Monazzam [28] considered different diffracting structures (e.g., multiple-edge, T-profile, and cylindrical caps). The Japanese experience of reducing road traffic noise from the 1990s to 2000s is also relevant, as this period saw several commercial developments of edge-modified barriers [29]. Nevertheless, since then, research into this area has progressively decreased because the tested models (e.g., modified cylinders, T-shaped, Y-shaped, and mushroom-type) have failed to achieve the expected noise reduction efficiencies [30].

According to the Quietness and Economics Stimulate Infrastructure Management (QUESTIM) noise barrier survey [31], which was later confirmed by [32], the aforementioned cap elements are largely unused across Europe because of the lack of noise-modeling software, the lack of data confirming their effectiveness, and cost reasons. The above authors [21–28] typically analyzed single or multi-edge-modified devices, but without systematically checking possible combinations of such structures and/or without extending the frequency range of evaluation further than 4–5 kHz.

Therefore, in this work, an extensive and comprehensive study of the acoustic performance of differently shaped single and double reflective structures (cap elements) attached to the top of conventional noise barriers was carried out by calculating their sound pressure insertion losses (IL). Acoustic IL is a parameter commonly used to evaluate and compare the performance of different noise barriers, so this parameter will be considered. To calculate the IL in this study, an innovative, fast uniform theory of diffraction (UTD)-based method developed by the authors was applied in all simulations. The cap shapes chosen for analysis covered a wide range of structures including cylinders, rectangles, trapezoids, and Y/T-shaped structures. All of these shapes were properly standardized with equivalent dimensions and/or envelopes to ensure that reliable comparisons could be made. Moreover, four different configurations (with two transmitter and receiver positions) were considered. It should be noted that the use of absorptive materials on barrier caps would further enhance the barriers’ IL performance; however, real-life testing of certain barrier caps (e.g., T-profile caps) has not revealed a significant difference between the IL performance of absorptive and reflective configurations [33]. Therefore, absorptive cap materials were not considered in the present work. Finally, the influence on IL of the ground reflection of the acoustic wave on the barrier side closer to the receiver and transmitter is also discussed (unless otherwise specified, ground reflections are always considered in the results presented in this study).

The novelty and main contribution of this study lie in the fact that it comprehensively addresses and compares different types, sizes, combinations, and numbers of noise barrier caps for different scenarios (including sloping and absorbent grounds) and sources (“car” and “ambulance”) for an extended frequency band up to 10 kHz. To the best of the authors’ knowledge, a study like this has not been previously published. Moreover, all cases have been studied with a frequency resolution higher
than 3000 frequency bins. In this regard, it should be mentioned that this task has been carried out with quite low computational effort thanks to the speed of the UTD-based approach developed by the authors; the same extensive and painstaking analysis would have been extremely time-consuming with other approaches such as the boundary element method (BEM).

2. Materials and Methods

2.1. Traffic Noise Spectrum

The spectrum of traffic noise can be influenced by a variety of factors including flow rate, type, and speed of vehicles, road surface, and weather conditions. There is a huge body of work examining the spectra of road traffic noise sound pressure level (SPL) recorded in many countries taking into account the aforementioned factors [34–36]. In most of these studies, significant low-frequency SPL content has been identified for vehicle speeds lower than 50–60 km/h (31–37 mph) caused by the vehicles’ engine and transmission and the interaction of the tires with the road surface. Spectra peaks commonly shift to higher frequencies when the vehicle speed increases. Nevertheless, traffic noise spectra levels usually decrease in magnitude at frequencies higher than 1 kHz. The one-third octave band normalized spectra of noise source for A-weighted road traffic noise given in the European Standard EN1793-3:1997 [37] is widely used in Europe as a reference. For the present work, the road traffic spectrum source was taken from [38], which in turn was based on the cited standard and is shown in Figure 1.

![Figure 1. A-weighted sound power level (Lw) spectrum. Road traffic noise spectrum according to [38].](image)

Due to the decrease, at a certain point, of the curve depicted in Figure 1, IL is typically studied in relation to frequencies lower than 3 or 4 kHz. However, there is another relatively common source of noise that needs to be considered, specifically, emergency sirens (e.g., ambulance, police car, etc.), which feature a higher frequency content, as reported by Catchpole [39] and Howard [40].

The radiated acoustic power is a recommendable method to characterize these types of sound sources, as it is independent of the measurement distance and mounting location of the siren. An example of siren noise recorded by Howard [40], which has been chosen for the present work, is shown in Figure 2.

![Figure 2. A-weighted sound power level (Lw) spectrum of a typical siren by Howard [40].](image)

The sound power levels (A-weighted) of the siren selected were the “UK fire brigade” type (Figure 2). In any case, the results of the one third octave band sound power measurements in [40] showed that...
all sirens exhibited similar sound power levels for the same frequency range including the French or Italian ambulance sirens presented by Howard. Therefore, the election of any other siren for this work would have been practically inconsequential, providing similar results.

As can be observed, the spectral content of typical sirens reach frequencies close to 10 kHz. Therefore, in this work, unlike in previous studies, an extended frequency range of up to 10 kHz was assumed, along with an additional specific scenario in which an ambulance siren sound source was located at a typical height of 2.5 m, as described in the following section.

2.2. Propagation Environment

The four propagation schemes considered in this work are illustrated in Figures 3 and 4. These schemes consist of:

- Noise sources (Tx₁ and Tx₂, respectively) that radiate sound spherically at a height (hₜₓ₁) of 0.5 m (location C for “car”) with the SPL spectrum displayed in Figure 1, or from a vehicle with a light-bar mounted siren at a height (hₜₓ₂) of 2.5 m (location A for “ambulance”) with the SPL spectrum displayed in Figure 2.
- Barrier located at a distance (d₁) of 3 m from the sound source and a height (h_bar) of 3 m with a maximum width (w) of 0.4 m (including their single or double cap on the top).
- Potential sound receivers (Rₓ₁ and Rₓ₂) positioned at a distance (d₂) of 7 m from the barrier at heights of hₓ₁ = 1.7 m (location P for “person”) and hₓ₂ = 5 m (location B for “balcony”), respectively.

![Figure 3. Car configurations ('1', person, and '2', balcony).](image)

![Figure 4. Siren vehicle configurations ('3', person and '4', balcony).](image)

Therefore, the four schemes are as follows:

- Configuration 1 (C–P), ‘Car–Person’.
- Configuration 2 (C–B), ‘Car–Balcony’.
- Configuration 3 (A–P), ‘Ambulance–Person’.
- Configuration 4 (A–B), ‘Ambulance–Balcony’.
It should be noted that to properly analyze the performance of the acoustic barriers, they must be tall enough to block the line-of-sight (LoS) from the road to the receiver. This can be achieved with a barrier of a relatively low height when the ground profile is not steeply sloped, the receiver is a person on the ground, and/or the acoustic barrier is close to the hard shoulder of the road (where the noise source is located). It should be explained here that the LoS arises between the source and the listener in the Ambulance–Balcony configuration and should thus be considered when testing the effect of the attached caps in this scenario.

In the U.S., the average noise barrier heights vary widely from 2.1 m to approximately 5.5 m [41]. Across Europe, the minimum permissible height ranges from 1.0 m to 2.5 m, but the maximum permissible heights can vary from 4 m to 10 m or even higher, making the overall variations in barrier height seen in Europe far more significant than that seen in the U.S. [31]. Given the above, a moderate barrier height of 3 m was applied in the simulations of the present work. There are several reasons for this choice: it is cost-effective in terms of the investment required to build barriers of this height; it results in an aesthetic benefit for the surroundings; this height falls well within the average permitted noise barrier heights in both Europe and the U.S.; and it is a common height applied in studies undertaken in Japan (e.g., Morgan [42]).

For each of the four propagation configurations analyzed, five reflective barrier cap models were considered. The cross-sections of each cap model are illustrated in Figure 5.

![Figure 5](image)

**Figure 5.** Barrier caps considered: (1) Y-shaped; (2) rectangular; (3) T-shaped; (4) cylinder with radius w/2; and (5) trapezoid-shaped.

Additionally, further analysis of the configurations illustrated in Figures 3 and 4 was conducted with barrier arrangements formed by two caps combined and resized to adhere to the maximum structure envelope size (total width of w and a height of w/2) and leaving a free space between them of w/4, as shown in Figure 6.

![Figure 6](image)

**Figure 6.** Examples of double-cap barriers of all possible existing combinations. The total envelope size is maintained.

There are 25 possible structural combinations of double-cap barriers (5^2). It should be noted that the internal reflections between barrier caps over the mid support structure were intentionally not considered as their influence on the final pressure level is negligible.

Therefore, a total of 100 simulations for the 25 double-cap barrier combinations and the four configurations of sources and receivers, plus 20 simulations for all single-noise barrier scenarios, besides four simulations for single screen barriers (as a base reference), were conducted, meaning...
that a total of 124 simulations were undertaken in the frequency range of 100 Hz to 10 kHz. Each simulation with one scenario and combination of caps implies calculating the global complex sound pressure field at the receiver from all possible paths per each frequency point (e.g., 3000 frequency bins). Finally, the influence of the slope of the ground on the global acoustic IL as well as the consideration of triple caps is briefly discussed.

2.3. Theoretical Method

The method implemented is based on an innovative two-dimensional (2-D or 2.5 D, if we take the ground reflection into consideration) formulation founded in UTD (uniform theory of diffraction) to analyze multiple diffraction/reflection of acoustic waves; the authors demonstrated, made comparisons, and validated such formulation in [43]. The implemented model is deterministic (it does not pose any inherent randomness), for which the output is fully determined by the parameter values and the initial conditions. This UTD methodology is enhanced by using graph theory, Fresnel ellipsoids, and funicular polygons, so that consideration is only given to those paths and obstacles in this complex environment that make a contribution to global IL. This allows for the provision of swift, accurate, and efficiently computed predictions for sound attenuation, something that cannot be achieved by employing alternative more time demanding techniques (e.g., BEM). Using this technique, a substantial quantity of obstacles (which includes adjacent ones of the same height) may be managed in high-frequency resolution and in a sufficiently short time. We can model the obstacles as cylinders, rectangles, wedges, or knife edges, and also as a number of other polygonal deflecting obstacles (e.g., T-or Y -shaped barriers or trapezoids).

In this manner, the total diffracted (and reflected on ground/floor) complex pressure field emanating from a source Tx at any frequency to the receiver Rx will represent the entirety of the rays converging on Rx on every possible path:

$$\phi_{\text{Rx}} = \sum_{i=1}^{n} \phi_{\text{path } i}(T_x, R_x),$$  \hspace{1cm} (1)

with $\phi_{\text{path } i}(T_x, R_x)$ being the complex received field for one ray from $T_x$ to $R_x$, which follows one possible selected path $n$. It is assumed that $T_x$ is a point source generating spherical wave fronts in the context of a perfect isotropic (uniform) medium (e.g., air), whilst the receiver of this acoustic field $R_x$ is a listener where the isotropic pattern has unity gain. Consideration of the phase occurs for every signal on every path, utilizing the UTD theory combining the diffraction phenomenon with ray representation, permitting the field at the receiver to be calculated as a vector derived from combining all the fields that correspond with each ray.

Every frequency bin is then run on a loop from the minimum to maximum to derive the whole sound pressure field for a full set of paths on a specific frequency. With every frequency, the algorithm further permits checking of the sound pressure field levels for every path at the receiver. With sorting of the set of paths, it is predicted that the derived sub-fields will progressively decrease, defining an adjustable pressure condition that can block new fields from being added when the current field does not meet the threshold. We may define the threshold as being the absolute value for the ratio between the signal level received on the shortest path at this frequency and the signal level received for the current path (e.g., 1 $\times$ 10$^{-5}$). When the threshold level is set at 1, this ensures that no path is discarded. It is important to note that the compensation time for this suggested algorithm is independent of frequency and may be restrained or limited at any time, as worst-case scenarios can be predicted through the multiplication of consumed times at any frequency by the quantity of frequency bins under consideration in the simulation.

Regarding the above, obtaining the complex field at the receiver for all frequencies and all paths may be achieved using the following expression:

$$\phi_{\text{path } i} = \frac{\phi_0}{s_T} e^{-jks_T} \prod_{n=1}^{N-2} \left( \frac{D_n}{R_n} \right) \sqrt{\frac{s_T}{\prod_{i=1}^{N-1}(s_i)}} \gamma e^{-\alpha s_T}$$  \hspace{1cm} (2)
where:

- $\phi_0$ represents the SPL from the source;
- $s_T = \sum_{i=1}^{N} s_i$, with $s_i$ representing the slant distances for the links of paths chosen, between each node’s geometrical centers;
- $k$ represents the wavenumber;
- $N$ represents the quantity of nodes for every path;
- $D_n$ represents the diffraction coefficient and $R_n$ the reflection coefficient; application is dependent on the form of incidence either obstacle or ground;
- $\gamma$ represents the obstacle coefficient factor. The expression is derived from [44,45], but includes, in this instance, the $\gamma$ coefficient factor for two reasons: to adjust the phase, and to be a weight factor ([46,47]) for every form of obstacle under consideration in this research.
- $\alpha$ is the air-absorbent coefficient in Np/m, according to [48]. In turn, this parameter depends on the following input variables, which are related to the source’s frequency emission ($f$) and the physical properties of the air: static pressure ($P_s$), Celsius temperature ($T$), and percentage relative humidity ($H$).

PARDOS (acronym from Spanish ‘Pérdidas Acústicas por Reflexión y Difracción de la Onda Sonora’, which means ‘Acoustic Losses due to Reflection and Diffraction of Sound Waves’) is a user-friendly software tool developed ad-hoc with MATLAB in order to be used for the simulations conducted in this work. The authors demonstrated, made comparisons, and validated such a formulation in [43]. Figure 7 summarizes the flow chart of the software tool’s core to obtain the sound pressure spectrum:
Figure 8 shows a general view of the PARDOS graphical user interface (GUI):

![PARDOS GUI](image)

**Figure 8.** PARDOS (Pérdidas Acústicas por Reflexión y Difracción de la Onda Sonora) main GUI (graphical user interface) with ‘About’ pop-up window.

Two assumptions were made in the present algorithm and tool developed by the authors: first, the far field region was met (which is true for distances from the source clearly greater than a wavelength of sound); and second, no contribution through the barriers (acoustic isolation) was accounted for (which does not imply any constraint since it is intended to evaluate the performance of the far field region was met (which is true for distances from the source clearly greater than a wavelength of sound); and second, no contribution through the barriers (acoustic isolation) was accounted for (which does not imply any constraint since it is intended to evaluate the performance of the reflecting structures). Therefore, these two approaches did not turn out to have any restrictions on the results obtained.

### 2.3.1. Pressure Diffraction Coefficients (Dn)

According to UTD [45], the pressure diffraction coefficient for knife-edges and wedges can be defined as:

\[
D(v, k, L, s1, s2, \theta_2, \theta_1) = -\frac{e^{-i\pi}}{2v\sqrt{2\pi k}} \begin{bmatrix}
\tan^{-1} \left( \frac{\pi + (\theta_2 - \theta_1)}{2v} \right) F(kLa^+ (\theta_2 - \theta_1, v)) \\
+ \tan^{-1} \left( \frac{\pi - (\theta_2 - \theta_1)}{2v} \right) F(kLa^- (\theta_2 - \theta_1, v)) \\
+ R_n \cdot \tan^{-1} \left( \frac{\pi + (\theta_2 + \theta_1)}{2v} \right) F(kLa^+ (\theta_2 + \theta_1, v)) \\
+ R_0 \cdot \tan^{-1} \left( \frac{\pi - (\theta_2 + \theta_1)}{2v} \right) F(kLa^- (\theta_2 + \theta_1, v))
\end{bmatrix}
\]  

(3)

where \( R_0 \) and \( R_n \) represent the reflecting coefficients for adjacent (0) and opposite (n) obstacle faces seen by the incident wave. The reflecting coefficients \( R_0 \) and \( R_n \) will depend on: the incident (\( \theta_1 \)) and diffracting (\( \theta_2 \)) angles of the path between the source and receiver, respectively; and the normal specific acoustic impedances of the faces seen by them (Figure 9). Further explanations are provided in Section 2.3.2, and [45] offers greater detail regarding all these parameters.
Figure 9. Notation used in a single diffracting wedge. Reflection coefficients for the $0$ face, with incidence angle $\theta_1$, and for the $n$ face, with reflection angle $\pi\theta - \theta_2$.

$F[x]$ represents the “transition function”, which can be defined as a Fresnel integral [45]:

$$F[x] = 2i\sqrt{x^2} \int_{\sqrt{x}}^{\infty} e^{-iu^2} du,$$  

$$L = \frac{s_is_j}{s_i + s_j}$$  

and

$$a^\pm(\beta) = 2\cos\left(\frac{2\pi\nu N^\pm - \beta}{2}\right), \beta = \theta_2 \pm \theta_1$$

where $N^\pm$ are the integers that most nearly satisfy the equations

$$2\pi\nu N^+ - \beta = \pi,$$  

$$2\pi\nu N^- - \beta = -\pi.$$  

In the same way, we may employ UTD to explain the diffraction coefficient with cylindrical structures using a pair of scattering mechanisms, either being the field’s diffraction or reflection components [49,50]. Thus with the “shadow region” (source-receiver line-of-sight (LoS) absent), we may consider this diffraction coefficient:

$$T_{s,h}(a) = -m_p \sqrt{\frac{2}{k}} e^{-i\frac{\pi}{2}} e^{-i\pi(t(a))} \left\{ -\frac{F[X(a)]}{2\epsilon(a) \sqrt{\pi}} + [\epsilon'(\epsilon(a))] \right\},$$  

being

$$a = \pi + \alpha + \beta, \quad \alpha, \beta \geq 0$$  

$$X(a) = \frac{kL(a-\pi)^2}{2},$$  

$$\epsilon(a) = m_p(a-\pi),$$  

$$m_p = \frac{k r_{obs}^{\frac{3}{2}}}{2},$$  

$$t(a) = (a-\pi)r_{obs},$$

where $\alpha$ and $\beta$ are the angles of the arc run by the ‘creeping’ wave over the rounded surface; $k$ is the wavenumber; $r_{obs}$ is the radii of the cylinder; and $s_i$ and $s_j$ are the slant ranges from the source and receiver, respectively.
A comprehensive description of each variable is explained in [49,50] as well as in [43]. The first addend of Equation (9) describes the Fresnel diffraction process. \( F[x] \) represents the “transition function” already defined in Equation (4).

For the second extension of Equation (9), the term \( q^*(\varepsilon(a)) \) represents the “Fock scattering function”, which deals with ‘creeping’ waves generated along a smooth body’s surface (e.g., spheres or cylinders [49]).

In the same way, in the “lit region” (source/receiver line-of-sight), we may alternatively apply this diffraction coefficient:

\[
R_{sA}(a) = -\sqrt{\frac{r}{m_p}} e^{-i\frac{\phi(a)}{n}} e^{-\frac{i\pi}{2}} \left\{ \frac{-F[X(a)]}{2\varepsilon(a)\sqrt{n}} + [q^*(\varepsilon(a))] \right\},
\]

where

\[
\varepsilon(a) = -2m_p\left\{ \cos\left(\frac{a}{2}\right) \right\},
\]

\[
X(a) = 2kL\left\{ \cos\left(\frac{a}{2}\right) \right\}^2,
\]

with \( L \) as in Equation (5), \( m_p \) as Equation (13), and \( a \) is the angle between the incident and the diffracted ray

\[
a = \theta_2 - \theta_1,
\]

The parameters are similarly further detailed in [49–51] and in [43].

2.3.2. Pressure Reflection Coefficients (\( R_n, R_o \))

The method chosen for analyzing the Rayleigh reflection coefficient of waves obliquely incident on the surface of a solid (either on the ground, ceiling, or on any obstacle surface) with a known normal-specific acoustic impedance can be reviewed in Chapter 6 in [52]. Providing that the surface is acoustically smooth, without the irregularities of the order of a wavelength in size, sound wave-fronts will not be scattered in other directions and will be reflected as largely intact (Chapter 12 in [53]).

If the speed of sound in air (\( c_{air} \)) is higher than that of the solid media (\( c_{solid} \)), or if \( c_{air} \) is lower than that of the solid medium, but the angle of incidence \( \theta_i \) is less than the critical angle \( \theta_c \),

\[
\theta_c = \arcsin\left( \frac{c_{air}}{c_{solid}} \right)
\]

then the Rayleigh reflection coefficient would be:

\[
R = \frac{r_1 - \cos(\theta_i) + jx_1}{r_1 + \cos(\theta_i) + jx_1},
\]

with \( r_1 \) and \( x_1 \) being the resistance and reactance, respectively, of the complex normal-specific acoustic impedance of the solid material defined as:

\[
z_1 = r_1 + jx_1,
\]

with \( z_0 \) being the characteristic impedance of the air, and

\[
\cos(\theta_i) = \sqrt{1 - \left( \frac{c_{solid}}{c_{air}} \right)^2 \cdot \sin^2(\theta_i)}
\]

where \( \theta_i \) is the angle of transmission in the solid.
Otherwise, if $c_{\text{solid}} > c_{\text{air}}$ and under the restriction $\theta_i > \theta_c$, then the reflection coefficient would be:

$$R = e^{i\varnothing},$$

with

$$\varnothing = 2 \cdot \arctan \left( \frac{\rho_{\text{air}}}{\rho_{\text{solid}}} \right) \sqrt{\frac{\cos(\theta_c)}{\cos(\theta_i)} - 1},$$

and $\rho_{\text{air}}$ and $\rho_{\text{solid}}$ being the densities of the air and solid, respectively.

Finally, the total sound pressure at the receiver for each frequency bin will be the summation of all the sound pressure signals for all the selected paths arriving at the receiver, as shown in Equation (1). The last step is to estimate the $IL$ at any frequency using the following equation:

$$IL (dB) = 20 \cdot \log_{10} \left( \frac{\phi_{fs}}{\phi_{tRx}} \right),$$

where $\phi_{tRx}$ is the total sound pressure field at the receiver at each frequency considering obstacles and $\phi_{fs}$ is the sound pressure field at the receiver in free space (without considering obstacles). It should be noted that, in the absence of obstacles, the parameter $\phi_{fs}$ must also consider both the reflections on the ground and ceiling.

2.3.3. Global Sound Pressure Level Estimation

Once the 124 simulations were conducted with PARDOS and an optimum barrier cap (in terms of maximum IL) was identified for the four configurations considered, the global SPL in dBA at the receiver locations was calculated. This was achieved by considering the noise spectra of road traffic and typical siren sources (depicted in Figures 1 and 2, respectively) along with the optimum noise barrier previously identified. This calculation aims to assess whether the expected global values are below those recommended by the World Health Organization (WHO) [2] for the situations considered.

To carry out this assessment, the following steps were applied:

- Transformation of the A-weighted power level $L_w (dBA)$ into the A-weighted SPL $L_p (dBA)$ at 1 m:

$$L_p (dB(A)) = L_w (dB(A)) - 10 \cdot \log_{10} \left( \frac{Q}{4\pi r^2} \right),$$

where $Q$ is the directivity factor and $r$ is the distance to the source.

The distance $r$ to the sound source for which the sound pressure levels were calculated was 1 m for both types of sources (‘car’ and ‘ambulance’). Spherical propagation (isotropic propagation) was also considered, for which $Q$ must be equal to 1. Under these two assumptions, the sound pressure level ($L_p$) of a point source was 11 dB less than its sound power level ($L_w$) at any frequency.

- Normalization of the pressure level from one-third octave band spectra to 1 Hz frequency resolution with a linear distribution. A simple loop runs for all the center frequencies $f_{0,i}$ of each 1/3rd octave frequency band ($\Delta f_i$). The sound pressure levels at the 1 Hz band resolution was obtained by normalizing each $L_p (dB(A))$ value by their correspondent frequency band $\Delta f_i$, as shown in Equations (27) to (30):

$$\Delta f_i = f_{2,i} - f_{1,i} = \sqrt{2} f_{1,i} - f_{1,i},$$

$$f_{0,i} = \sqrt{f_{1,i} \cdot f_{2,i}},$$

$$\Delta f_i = \left( \sqrt{2} - \frac{1}{\sqrt{2}} \right) f_{0,i} \approx 0.23156 \cdot f_{0,i},$$

$$L_p (dB(A))_{tx,1Hz} = L_p (dB(A)) - 10 \cdot \log_{10} (\Delta f_i), \quad \forall f \in [f_{1,i} - f_{2,i}].$$
where \( f_{1,i} \) and \( f_{2,i} \) are the lower and upper cut-off frequencies of the 1/3rd octave band \( \Delta f_i \), respectively. In this way, the sound pressure level is properly conserved as it is just distributed among each frequency band. The integration of the signal within each sub band would result in the former \( L_p(\text{dB}(A)) \) value. Figures 10 and 11 show the resulting transformation of the selected sources from Figures 1 and 2:

![Figure 10. A-weighted sound power level (Lw), SPL (Lp dBA 1/3rd octave) equivalent spectra of road traffic noise at 1/3rd octave frequency band and 1 Hz resolution band (Lp dBA 1 Hz).](image)

![Figure 11. A-weighted sound power level (Lw), SPL (Lp dBA 1/3rd octave) equivalent spectra of a typical siren [40] at 1/3rd octave frequency band and 1 Hz resolution band (Lp dBA 1 Hz).](image)

- Obtaining the pressure attenuation \( A(f) \) in dB as a function of frequency using the PARDOS software tool with the barrier cap configuration presenting the highest IL. Then, an interpolation of the different frequencies of the source is carried out.
- Subtraction of the obtained attenuation \( A(f) \):
  \[
  L_p(\text{dB}(A))_{\text{rx, 1Hz}} = L_p(\text{dB}(A))_{\text{tx, 1Hz}} - A(f)
  \]  
  (31)
- Calculation of the global final SPL for the whole frequency range (\( n \) frequency bins):
  \[
  L_{pA, \text{Total, rx}} = 10 \log_{10} \left( \sum_{n=1}^{N} 10^{\frac{L_p(\text{dB}(A))_{\text{rx, 1Hz}}}{10}} \right)
  \]  
  (32)

Assumption about the total SPL at the receiver exceeding the background noise must be met.

3. Results and Discussion

First, a comparison of the IL performance of the different single-cap barriers along the whole frequency band (from 100 Hz to 10 kHz) was carried out. Figures 12–15 illustrate the results recorded for the four configurations under analysis (i.e., ‘Car–Person’, ‘Car–Balcony’, ‘Ambulance–Person’, ‘Ambulance–Balcony’, respectively). The curves for a single screen barrier without any cap are also shown as a reference.
Figure 12. IL in Configuration 1 ‘Car–Person’ for single caps and a single screen barrier as a reference.

Figure 13. IL in Configuration 2 ‘Car–Balcony’ for single caps and a single screen barrier as a reference.

Figure 14. IL in Configuration 3 ‘Ambulance–Person’ for single caps and a single screen barrier as a reference.
Figure 15. IL in Configuration 4 ‘Ambulance–Balcony’ for single caps and a single screen barrier as a reference.

As can be observed, the IL results for single caps revealed similar behavior as a function of frequency in all cases, with maximum IL values sitting at approximately 40 dB in ‘Car–Balcony’ and ‘Ambulance–Person’ configurations and up to 60 dB in the ‘Car–Person’ configuration. However, the Y-shaped cap showed slightly better performance (higher IL) in ‘Car–Person’ and ‘Ambulance–Person’ configurations and the cylindrical single cap showed better performance in the ‘Car–Balcony’ configuration. However, as expected, significantly lower performance for all cap types was recorded in the ‘Ambulance–Balcony’ configuration. This is because the transmitter and the receiver were less immersed in the shadow zone in this configuration (that is, a LoS between the source and the receiver exists.).

The presence of clear repetitive patterns can be instantly discerned from Figures 12–15 with insertion losses periodically falling even below 0 dB. Specifically, for Figure 12, the insertion loss drop occurred every 2054 hertz, while in Figure 13, every 775 hertz, or every 420 and about 155 hertz in Figures 14 and 15, respectively. This was because the direct and ground reflected path signals in the ‘free space’ had an opposite-phase at specific frequencies and interfered destructively and almost canceled each other out. As a consequence, \( \phi_{fs} \) reached a minimum and \( IL \) also decreased to the lowest value following Equation (25).

Furthermore, the IL achieved by the 25 possible double-cap barriers in the four configurations was compared. For the sake of clarity and space, only a selected few simulation results are presented in this manuscript. However, it was observed overall that the maximum IL always involved at least one Y-shape cap. This may be due to the contribution of the higher number of diffracting “nodes” (three nodes) over the top of Y caps when compared with the other structures, which had fewer diffracting points; moreover, the result was sensitive to the specific position of the caps. Given these observations, the most representative IL results when double caps were used including Y-shaped caps are illustrated in Figures 16–19. The IL of a single screen barrier of 3 m height, without caps, for the same configuration of source and receiver, was also included in the plot as a reference.

First, as expected, an increase in IL could be seen across the whole frequency range when double caps were used in comparison to when single caps were applied despite the same global envelope being maintained. A careful analysis of the results led to the conclusion that the best cap configuration in terms of maximizing IL was a Y-shaped double cap, which, in general, offered the highest IL both across the whole frequency range and in the four configurations considered excluding the cylindrical Y-shaped double cap, the performance of which is slightly more elevated than that of the Y-shaped double cap in the ‘Car–Balcony’ configuration only.
Figure 16. IL for Configuration 1 (‘Car–Person’) considering double caps formed with Y-shaped structures and a single screen barrier as a reference.

Figure 17. IL in Configuration 2 (‘Car–Balcony’) using double caps formed with Y-shaped structures and a single screen barrier as a reference.

Figure 18. IL in Configuration 3 (‘Ambulance–Person’) using double caps formed with Y-shaped structures and a single screen barrier as a reference.
was lower when compared with the other three configurations. This is because a LoS exists between the receivers (potential listeners) and the source of noise. Moreover, in this configuration, the selection of the cap type did not seem to be a key issue in the final IL obtained.

Nonetheless, in the ‘Ambulance–Balcony’ configuration, again as expected, the IL performance was lower when compared with the other three configurations. This is because a LoS exists between the receivers (potential listeners) and the source of noise. Moreover, in this configuration, the selection of the cap type did not seem to be a key issue in the final IL obtained.

Again, a similar behavior was verified in the evolution of the insertion losses as was found in the configurations with a single cap. This was for the same reason discussed above, and is highlighted in Figure 20 where the correlation between IL for the optimum double Y caps and attenuation in free space is evidenced.

**Figure 19.** IL in Configuration 4 (‘Ambulance–Balcony’) using double caps formed with Y-shaped structures and a single screen barrier as a reference.

It can be clearly seen that the frequencies where the maximum attenuation values in free space take place coincide with the minimum levels of insertion loss ($IL \propto \phi_{fs} \propto 1/Att_{fs}$). The arrows in the graph highlight how IL and attenuation in ‘free space’ are inversely proportional.

Finally, both the IL and sound attenuation maps are displayed at 1500 Hz for the optimum cap combination (double Y cap) in Figures 21–24.

**Figure 20.** IL (solid lines) with double-Y caps in the four configurations (CP, Car–Person; CB, Car–Balcony; AP, Ambulance–Person; AB, Ambulance–Balcony) and attenuation losses (dashed lines) in free space (‘Att (fs)’, without barrier) in the corresponding receiver locations.
Figure 21. Attenuation map at 1500 Hz in the ‘car’ location. Barrier with the ‘Y–Y’ cap and 3 m height.

Figure 22. IL map at 1500 Hz in the ‘car’ location. Barrier with the ‘Y–Y’ cap and 3 m height.

Figure 23. Attenuation map at 1500 Hz at the ‘ambulance’ location. Barrier with the ‘Y–Y’ cap and 3 m height.

Figure 24. IL map at 1500 Hz at the ‘ambulance’ location. Barrier with ‘the Y–Y’ cap and 3 m height.
The following figures show the A-weighted sound pressure spectrum level in each 1 Hz band at the receiving positions for the selected Y-shaped double cap (including the ground reflection). Specifically, Figures 25 and 26 show the car scenarios (‘Car–Person’ and ‘Car–Balcony’ configurations, respectively) and Figures 24 and 25 illustrate the results for the ambulance scenarios (‘Ambulance–Person’ and ‘Ambulance–Balcony’ configurations, respectively). These results were compared with those recorded for scenarios where conventional screen barriers (without caps) and Y-shaped double caps were used without considering the ground reflection on the barrier source side.

**Figure 25.** A-weighted SPL spectrum with 1 Hz resolution in Configuration 1 (Car–Person) for ‘YY’ cap with and without ground reflection. The screen barrier SPL spectrum is shown as a reference.

**Figure 26.** A-weighted sound pressure level (SPL) spectrum in 1 Hz bands in Configuration 2 (Car–Balcony) for the ‘YY’ cap with and without ground reflection. The screen barrier SPL spectrum is shown as a reference.

As can be observed in Figure 25, the SPL spectrum was significantly lower across the whole frequency range under analysis in the ‘Car–Person’ configuration when a Y-shaped double cap was added to the barrier compared to when plain screen barriers without caps were used in the same scenario. When a comparison was made under the conditions of the ‘Car–Balcony’ configuration (Figure 26) between the use of Y-shaped double caps and a single screen, the improvement in terms of IL when Y-shaped double caps were used is clear, although not as significant as in the ‘Car–Person’ configuration. Finally, the impact of canceling out the ground reflection on the SPL is that fluctuations in SPL are removed throughout the whole frequency band.

Similarly, as can be observed in Figure 27, again, the highest SPL reduction in the ‘Ambulance–Person’ configuration as achieved when the Y-shaped double cap was used (with ground reflection). However, this was not that clear from the results recorded for the ‘Ambulance–Balcony’ configuration (Figure 28) since, as mentioned before, a LoS exists in this case and the influence of the modeling of the caps thus has less of an impact. Once more, the removal of the ground reflection leads to smoothed curves in the pressure levels, but with a similar evolution with respect to the cases with reflections.
As can be seen in Table 1, the global A-weighted SPL for road traffic in the ‘Car–Person’ configuration when Y-shaped double caps were used was within the safe levels with an equivalent SPL well below the threshold of 55 dBA, which is considered by the WHO to be the level at which “serious annoyance, daytime and evening, for outdoor living areas” occur. Furthermore, there was an additional attenuation of about 14 dB in the ‘Car–Person’ and ‘Ambulance–Person’ configurations and 6 dB in the ‘Car–Balcony’ configuration when compared with plain screen barriers without caps.
(for the ‘Ambulance–Balcony’ configuration, it has previously been verified that the modeling of the top barrier is not a relevant consideration). The performance of the barriers can also be enhanced (by 2.3 dB and 1.5 dB for person and balcony cases, respectively) if the ground is absorbing and the reflection from the side of the source can be discarded. Additionally, when the source is a vehicle siren (ambulance), the Y-shaped double cap improves the performance of conventional plain screen barriers by about 14 dB in the case of a person at street level as a receiver, and by a further 1 dB if the ground reflection is properly absorbed. However, again, the improvement in terms of $IL$ seems to be largely negligible when caps are attached to the top of conventional screen barriers where a LoS exists between the source and the receiver (‘Ambulance–Balcony’ case) with just 1 dB of additional attenuation and even less if the reflection on the ground is canceled out.

It should be noted that canceling out the ground reflection on the listener side of the barrier and its impact on $IL$ was also analyzed, but the simulations revealed only a negligible impact on final SPL since the $IL$ was quite similar to scenarios where the ground reflection at this side was present.

### 3.1. Influence of Sloping Ground on Global Acoustic Insertion Losses

As can be seen in Table 2, when the ground was angled to a certain degree (in this instance 5° or 10°) and a Y-shaped double cap was attached to the top of a conventional barrier (Figure 29), the global SPL at the receiving point decreased for person-like receivers (‘Car–Person’ and ‘Ambulance–Person’ configurations) as compared with a flat road scenario. However, there is no clear improvement (‘Ambulance–Balcony’) or the result is even slightly worse (‘Car–Balcony’) for “balcony” receivers when compared with the SPL obtained in the scenario involving a flat road and Y-shaped double caps. This could be explained by the fact that the height of the barrier increased with the ground positive slope ($\Delta H_{\text{bar}} = d_1 \cdot \tan(\alpha)$), thereby leading to ‘Person’ locations to be more deeply immersed in the shadow region (despite also being elevated due to the sloping ground by $\Delta H = (d_1 + d_2) \cdot \tan(\alpha)$).

![Figure 29. All configurations with a road slope at angle $\alpha$.](image-url)
Table 2. Global SPL (dBA) at the receiver positions for Y-shaped double cap and sloping ground.

| Scenario                                      | 'Car' (Road Traffic) | 'Ambulance' (Ambulance Siren) |
|----------------------------------------------|----------------------|-------------------------------|
|                                              | LdBArx 'Person' Conf 1 | LdBArx 'Person' Conf 3 |
| Y-shaped double cap with ground slope angle of 5° | 45.7                 | 59.8                          |
| Y-shaped double cap with ground slope angle of 5° and w/o ground reflection | 42.7                 | 58.1                          |
| Y-shaped double cap with ground slope angle of 10° | 46.3                 | 60.7                          |
| Y-shaped double cap with ground slope angle of 10° and w/o ground reflection | 43.1                 | 58.8                          | 87.4 |

The simultaneous use of both techniques (sloping and absorbing grounds), together with double Y caps on the top of barriers, led to the most promising results for the ‘Person’ listener configuration, with an additional global SPL mitigation of about 6–7 dB when compared with scenarios with flat and reflecting grounds and double Y caps. Figure 30 shows the SPL comparison for the ‘Car–Person’ configuration, where the improvement was confirmed. It is also important to note that the performances for the configurations with ‘Balcony’ listeners in the presence of sloping or absorbent grounds did not worsen, but were similar to the results obtained in the absence of both strategies.

The simultaneous use of both techniques (sloping and absorbing grounds), together with double Y caps on the top of barriers, led to the most promising results for the ‘Person’ listener configuration, with an additional global SPL mitigation of about 6–7 dB when compared with scenarios with flat and reflecting grounds and double Y caps. Figure 30 shows the SPL comparison for the ‘Car–Person’ configuration, where the improvement was confirmed. It is also important to note that the performances for the configurations with ‘Balcony’ listeners in the presence of sloping or absorbent grounds did not worsen, but were similar to the results obtained in the absence of both strategies.

3.2. Influence of Increasing the Number of Diffracting Devices (More than Two) while Maintaining the Same Envelope Size

As can be seen in Table 3, this study also verified that, when the number of diffracting elements is progressively increased (from two caps) while the maximum envelope size is maintained (Figure 31), IL does not rise accordingly in all cases as seen when Y-shaped double caps are used. Rather, and contrary to what might be expected, SPLs for Y-shaped triple caps performed less effectively than Y-shaped double caps (except in the ‘Car–Balcony’ configuration). This finding is consistent with the fact that, below a certain size, the diffracting object can start to lose its effectiveness over certain frequency bands.
Table 3. Global SPL (dBA) at the receiver positions for Y-shaped triple caps.

| Scenario | 'Car' (Road Traffic) | 'Ambulance' (Ambulance Siren) |
|----------|----------------------|-------------------------------|
|          | Lw (dBA) = 110.2     | Lw (dBA) = 122.6             |
|          | Lp(dBA) = 99.2       | Lp(dBA) = 111.6              |
| LdBArx   | 'Person'             | 'Person'                     |
| Conf 1   |                      | Conf 3                        |
| LdBArx   | 'Balcony'            | 'Balcony'                     |
| Conf 2   |                      | Conf 4                        |
| Y-shaped triple cap on top of barrier with ground reflection | 53.4 | 67.2 |

![Figure 31. Triple Y-cap.](image)

4. Conclusions

In this work, the performance of acoustic noise barriers when additional structures (cap elements) of different types were attached to the top of conventional screen barriers was analyzed for a broad frequency band (from 100 Hz up to 10 kHz).

Various configurations were tested, with two transmitters (a “Car” source at a height of 0.5 m and an “Ambulance” source at a height of 2.5 m), two receivers (a “Person” location at a height of 1.7 m and a “Balcony” listener at a height of 5 m), and five different cap shapes (“Y-shaped,” “T-shaped,” “rectangle,” “cylinder,” and “trapezoid,” along with double combinations). Caps were attached to the top of 3 m high conventional, plain barriers.

Exhaustive analyses revealed that caps improved noise mitigation when compared with conventional plain barriers of the same height not only for traffic road noise, but also for vehicle siren sounds. Specifically, the results revealed that optimal performance was achieved when Y-shaped double caps were used, with an additional noise abatement of about 14 dB being achieved in the “Car–Person” and “Ambulance–Person” configurations and slightly more than 6 dB in the “Car–Balcony” configuration as compared with the use of conventional screens.

Furthermore, the analysis of the ground reflection on the source side revealed that its removal by absorbing materials could also provide a meaningful additional improvement in terms of IL, and SPLs can accordingly be diminished by about 2.5 dB in the “Car–Person” and “Car–Balcony” configurations and 1 dB in the “Ambulance–Person” configuration, as shown in Table 1. The simultaneous use of both techniques (sloping and absorbing grounds), together with double Y caps on top of barriers, led to the most promising results for the “Person” listener configuration, with an additional global SPL mitigation of about 6–7 dB when compared with scenarios with flat and reflecting grounds and double Y-shaped caps.

This study also verified that it is not worthwhile to indefinitely increase the number of diffraction elements (e.g., the use of Y-shaped triple caps) while maintaining the global envelope size of the barrier since the SPL is higher in these instances than in other, simpler settings (e.g., the use of Y-shaped double caps). In contrast, the consideration of the slope of the road can lead to an increase in noise isolation, especially when the receivers are located at lower heights (“Person” listener).
The authors intend to focus their future research on reviewing, extending, and validating the present work by considering other differing structures (e.g., branched caps) and performing the corresponding measurement analyses. The impact of absorbing materials on the surfaces of the cap elements on noise abatement will also be analyzed.

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