Development of Sound Insulation Panel From Oil Palm Fiber

Kittichat Homaswin*, Natawut Chaiwino
Department of Technical Education
Rajamangala University of Technology Thanyaburi
Pathum Thani, Thailand
*kittichat_h@rmut.ac.th

Abstract—The purpose of this research is to develop sound insulation panel from oil palm fiber (OPF). The study compared panels made from OPF with other acoustic panels in the market. This raw material is a byproduct from agricultural harvest. Hot press technique with the pressure of 400 kg/m3 was used to create the panel with the thickness of 20 mm. The temperature during the compression was 150°C, and the force used for pressing the panels for 8 minutes ranged between 25-30 kg/m2. The amount of pMDI applied as a binding agent was 5% by weight of the panel. Sound absorption tests were carried out in a test box with sound level meters. The results of the tests showed that the sound-absorbing property of the developed OPF panels with holed surface is greater than that of the traditional OPF panels and acoustic boards. It was found that different sizes and patterns of holes have an effect on sound-absorbing capacity. The developed OPF panels showed a good sound-absorbing capability in medium-to-high frequency (500 Hz – 2000 Hz). The best sound insulation panel made from OPF is the panel with a 5% by weight of pMDI and has a density of 400 kg/m3. The physical and mechanical properties of the panels comply with the standard of strength and mechanical properties of soft boards (Library of Congress Cataloging – In – Publication Data).

Keywords—oil palm fiber, sound insulation, hot pressing process

I. INTRODUCTION

The noise pollution is a serious problem and trends to increase due to rapid urbanization. The competition in business area and housing development has significantly affected the environment and created pollution. One of the most obvious examples in Thailand is the residential community or educational institutions located around Suvarnabhumi airport which experiences severe noise pollution leading to health and wellness issues.

The architectural design to reduce the noise pollution using sound-absorbing insulation such as acoustic foam sheets and glass fiber insulation has been widespread to control and prevent noise caused by the source inside the building. However, these sound-absorbing insulation is made from synthetic materials which is often concerned with health safety of users. In addition, many materials used in a production process must be imported from abroad [1]. Therefore, many natural materials have been used instead. Such natural materials also reduce energy consumption, chemicals, and toxins created in the production process of synthetic materials [2].

Oil palm is one of the cash crops in Thailand with a yield of 3.256 million tons per year, and the amount of oil palm fiber (OPF) remaining from agriculture is about 64,000 tons per year [1]. The remaining OPF have been processed into the agricultural industry but some are still not utilized [1]. OPF can also be used as an extra component to create an insulation sheet to absorb sound in the building [3]. The use of OPF insulation panel is considered as another way to reduce the volume and increase the value of agricultural waste. Therefore, this study aims to improve the efficiency of sound absorption and develop the insulation panel made from OPF into a commercial product.

II. LITERATURE REVIEW

Hearing is one of the most important communications for humans. It may be inferior to seeing with eyes. However, eyes can be closed when facing an excessive amount of light or unpleasant images. Ears must be listen to both satisfying and unsatisfying sound. To prevent noise, therefore, it is necessary to start preventing from an environment before noise reaches the ears. Sound control in the building [4] is used to improve the hearing condition and control unnecessary noise. Sound in the building consists of 2 types: direct noise and reverberant noise.

While direct Noise can be reduced by a barrier between the sound source and the listener, reverberant noise can be reduced by sound absorbing materials on the walls, especially the side of walls that causes a lot of resonance.

Undesirable sounds may be decreased by reducing the resonance with materials which has a better capable of sound absorption than does glass, plaster, or concrete. Each type of materials has different qualities of sound absorption according to the frequency of sound. Sound absorbing materials can be categorized into 4 types as follows:

- Porous type is transparent, light, sponge-like, and suitable for high frequency sounds
- Membrane type is suitable for low frequency sounds
- Resonance-absorbing type can adjust the size to suit the frequency range of the sound, and can absorb the narrow wave sound
• Perforated type is suitable for medium frequency sound and capable of adjusting the shape as well as the distance between two sheets to suit the frequency of the sound

A. Properties of oil palm fiber

Oil palm fiber has an average length of about 5 to 7 centimeters, a low curvature, and high resistance to humidity and microbial destruction. It is flexible, durable, long-lasting, and environmentally friendly. Therefore, it has been used for industrial purposes as biomass fuels [5]. The experimental study on natural fibers shows that a coconut fiber can be a great sound-absorbing material and heat insulation [6].

The insulation panel from OPF with a density of 400 kg/m³, a thickness of 20 mm, and 5% glue has physical and mechanical properties which meet the standard of Strength and Mechanical Properties of Soft Boards (Library of Congress Cataloging - In - Publication). The panel can absorb sound at a maximum of 29.42 percent.

III. RESEARCH OBJECTIVES

• To develop sound-absorbing panels made from OPF
• To study the properties of OPF panels and develop them to meet the standard of Soft Boards
• To increase the sound-absorbing efficiency of OPF panels
• To compare sound-absorbing properties of OPF panel with the properties of those available in the market (as compared)

IV. METHOD

The research titled development of sound insulation panel from OPF is an experimental research divided into three phases; panel development, physical and mechanical property testing, and sound absorption testing.

A total of forty OPF panels were formed with the size of 30 cm × 30 cm, the thickness of 20 mm, and the density of 400 kg/m³. The requirements of the low density panel (soft board) with a density of about 200-400 kg/m³ were adopted. Five percent glue was employed with an amount of oil palm fibers. The calculated amount of oil palm fibers were put into a glue mixer, and glue was consistently sprayed over oil palm fibers as shown in Fig. 1. Oil palm fibers were put into a mold with a size of 30 cm x 30 cm (wide x long) as illustrated in Fig. 2. A panel was compressed by compression machine until the specified thickness was achieved (Fig. 3 and 4).

Tests were done to obtain physical and mechanical properties according to the standard of low density panels (soft board) as shown in Table 1. The required properties consist of density, specific gravity, modulus of elasticity, modulus of...
rupture, tensile strength, and water absorption. The specimens were trimmed to size and tested to find physical and mechanical properties. Two samples were used for each test

A. Physical properties testing

1) Density: D: Samples with the size of 100 mm × 100 mm were determined for the density test. Samples were weighed, and their thicknesses measured at 25 mm away from four edges were averaged. The density was calculated using the equation:

\[ \text{Density} = \frac{m}{v} \]

where:

- \( m \) = weight (g)
- \( v \) = volume (cm³)

2) Water absorption by volume: WA: Samples with the size of 50 mm × 50 mm were weighed and then were immersed in water at room temperature for 24 hours. Samples were separated and set in the direction perpendicular to the water surface, allowing the top edge to be below the surface level about 25 mm. Water absorption by volume can be determined from sample weights before and after immersion in water, and the equations are expressed as:

\[ \text{Water absorption} \ (\%) = \left[ \frac{(v_2 - v_1)}{v_1} \right] \times 100 \]

where:

- \( v_1 \) = weight before immersion (g)
- \( v_2 \) = weight after immersion (g)

| Property                        | Unit          | Value for structural insolation board |
|---------------------------------|---------------|---------------------------------------|
| Density                         | g/cm³         | 0.14 - 0.43                           |
| Specific gravity                |               | 0.16 - 0.42                           |
| Modulus of elasticity (bending) | MPa           | 172.37 - 861.85                       |
| Modulus of rupture              | MPa           | 1.379 - 5.52                          |
| Tensile strength perpendicular to surface | MPa         | 0.16 - 0.4                             |
| 24-hour water absorption        | % by volume   | 1 - 10                                |

B. Mechanical properties testing

1) Modulus of rupture (MOR) and Modulus of elasticity (MOE): Samples were tested by being placed on the supports whose spacing was 16 times of the specified thickness of the samples, allowing both ends of samples to overhang the supports 12.5 mm. Concentrated load was applied at the middle of the samples at the constant rate of approximately 10 mm/second. The test must last more than 30 seconds but less than 120 seconds. Modulus of rupture and modulus of elasticity can be calculated according to the following equations:

\[ \text{MOR} = \frac{3Wl}{2bd^2} \]

where: \( \text{MOR} \) = modulus of rupture (Mpa)

\[ W = \text{failure load (N)} \]

\[ l = \text{support spacing (mm)} \]

\[ \text{MOE} = \frac{\Delta Wl}{4bd^3} \Delta S \]

where:

- \( \text{MOE} \) = modulus of elasticity (Mpa)
- \( \Delta W \) = increased load in linear portion of the curve (N)
- \( l \) = support spacing (mm)
- \( b \) = sample width (mm)
- \( d \) = average sample thickness (mm)
- \( \Delta S \) = increased deflection in linear portion of the curve (mm)

2) Tensile strength perpendicular to the surface: Both sample surfaces were tested by being attached to the pull plate using synthetic adhesive resins of which the adhesive forces are greater than those within samples. Samples were pulled apart, generally separated in the filling layers, by a pulling machine. Increased rate of pulling force was kept constant, and the test must last more than 30 seconds but less than 120 seconds. Tensile strength perpendicular to the surface can be defined as:

\[ \text{Tensile strength perpendicular to the surface} = \frac{\text{ultimate tensile force (N)}}{\text{sample width (mm) x sample length (mm)}} \]

3) Surface design of OPF panel: Six patterns of panel surfaces designed from three different size circles (equal total area) were plotted on plotter papers by AutoCAD software. The papers were attached onto the OPF panels, and then the panels were drilled to make holes of specified diameters. The details of each pattern are depicted from Fig. 5 to Fig. 10.

4) Sound absorption: OPF panels with six design patterns were tested for sound absorption and compared to the sound-absorbing insulations available in the market.

![Fig. 5. Pattern 1: 1-mm-diameter circle shaped spot.](image)
The types of panels with different densities and thicknesses used in the sound absorption tests are summarized in Table 2.

### C. Working principle of a sound test box

By using the principle of sound reflection, the sound-absorbing efficiency of the panels can be determined. Sound wave created from a sound source will reflect off at the same angle as it hit a testing panel [4]. As a result, a receiver set in the same angle will collect a reflected sound wave, and a decrease in value is an amount absorbed by the panels. Three significant factors in comparison of sound-absorbing or sound-reflecting efficiency of a material must be considered as follows:

- The frequency and volume level of sound must be constant during the test
- The distance between the end of the sound pipe and the microphone must be constant
- The angle of incident must be constant during the test

| Panel No. | Type of panels                  | Density (kg/m³) | Thickness (mm) |
|-----------|--------------------------------|-----------------|----------------|
| -         | No panel                        | -               | -              |
| A1        | Acoustic board 1                | 390             | 15             |
| A2        | Acoustic board 2                | 390             | 15             |
| A3        | Traditional OPF panel           | 400             | 20             |
| 1/1       | OPF panel (pattern 1)           | 400             | 20             |
| 2/1       | OPF panel (pattern 2)           | 400             | 20             |
| 3/1       | OPF panel (pattern 3)           | 400             | 20             |
| 4/1       | OPF panel (pattern 4)           | 400             | 20             |
| 5/1       | OPF panel (pattern 5)           | 400             | 20             |
| 6/1       | OPF panel (pattern 6)           | 400             | 20             |
Fig. 12. Sound level meter Svantek, model: SVAN971

It is noted that the tests were implemented in a sound-absorbing box to decrease the effect of the environmental noise, generally ranging from 10 to 50 dBA.

V. RESULTS AND DISCUSSION

Density of the panel samples was determined to be 400 kg/m$^3$ (panel code 3.1 - 3.4). It was found that the samples had an average density of 0.36 g/cm$^3$ complying with the standard of Insulating Board (Library of Congress Cataloging – In – Publication Data), which requires the density to be ranging from 0.14 to 0.43 g/cm$^3$. The comparison between the average density of the samples and the required density is shown in Fig. 13.

The results from the water absorption test illustrated that an average water absorption of samples was 9.46 percent for sample set number 3. Furthermore, the water absorption of the samples with the density of 400 kg/m$^3$ meets the European standard of soft board, which requires an average water absorption to be ranging from 1 to 10 percent. The comparison between the average water absorption of the samples and the requirement from the standard is shown in Fig. 14.

The results from the modulus of rupture test indicated that the average modulus of rupture was 5.023 MPa for sample set number 3, and the density was 0.435 MPa. This complies with the standard of Insulating Board (Library of Congress Cataloging – In – Publication Data), which requires the modulus of rupture to be ranging from 1.38 to 5.52 MPa. The comparison between the modulus of rupture of the samples and the required modulus of rupture is shown in Fig. 15.

The results from the test of the tensile strength perpendicular to the surface showed that the average tensile strength perpendicular to the surface was 0.3959 Mpa for sample set number 4, and the density was 0.435 MPa. The results exceeded the standard of Strength and Mechanical Properties of Soft Boards (Library of Congress Cataloging – In – Publication Data), which requires the tensile strength perpendicular to the surface to be ranging from 0.16 to 0.4 MPa. It implied that oil palm fibers have high cohesion. The comparison between the tensile strength perpendicular to the surface of the samples and those required by the standard is shown in Fig. 17.
The physical and mechanical properties of the developed OPF panel from the experimental results are similar to those of the traditional OPF panel [3].

The results of sound-absorbing test in different frequencies of OPF panels with the density of 400 kg/m³ is illustrated in Fig. 18. It was found that OPF panels with all surface design patterns had an average sound-absorbing and traditional OPF panel had. Panel with pattern 1 performed the greatest average sound-absorbing capacity at frequencies ranging from 63 Hz. to 16,000 Hz. Furthermore, holes on the surfaces of OPF panels affected sound-absorbing capacity. Smaller holes had better sound-absorbing capacity in medium and high frequencies, while larger holes are superior in low frequency. The results corresponds to the sound-absorbing quality of perforated panels which is suitable for the middle-frequency sound [4].

VI. CONCLUSION

Sound-absorbing property of the developed OPF panels with holed surface are greater than that of the traditional OPF panels and acoustic boards. It was found that different sizes of holes have an effect on sound-absorbing capacity. The developed OPF panels showed a good sound-absorbing capability in medium-to-high frequency (250 Hz – 2000 Hz). For the physical and mechanical properties, the OPF panels have the density of 400 kg/m³ complying with the standard of strength and mechanical properties of soft boards.

VII. RECOMMENDATION

Further research can focus on improving the efficiency of sound absorption by forming the surface of the oil palm fiber during hot pressing process.

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