The Use of Sorghum in a Phytoattenuation Strategy: A Field Experiment on a TE-Contaminated Site

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Abstract: Phytoattenuation combines phytoextraction or phytostabilization with the economic valorization of the biomass produced on the contaminated soil. *Sorghum bicolor* is a suitable crop for this strategy, as it is known to be metal-tolerant and can be used for biofuels or bioethanol production or in strategies toward biofortification. In the current investigation, two cultivars, *B. bicolor* and *Trudan Headless* (HL), were studied in a metal-contaminated (Cd, Pb, Zn) field site located in northern France to assess their potential use in a phytoattenuation strategy. The biomass yield and the metal transfer in the produced biomass were monitored in three plots with different pollution levels. Both cultivars were tolerant to high levels of metal pollution in field conditions, with yields similar to that obtained on uncontaminated sites. Neither of the cultivars changed the metal mobility of the soil and both exhibited a metal-excluder behavior. Nevertheless, Cd concentration in the above-ground part of *Trudan HL* and of *B. bicolor* 133 to a lesser extent, could restrict their use in some valorization options. However, biogas production was possible with the produced biomass, indicating anaerobic digestion to be a possible valorization route for sorghum grown on contaminated sites.

Keywords: Cd; sorghum biomass 133; sorghum trudan headless; anaerobic digestion; phytomanagement

1. Introduction

Contaminated dust fallout from industrial activities has caused diffuse and long-term contamination of the soil surface on large areas [1]. In some cases, arable lands were affected, such as the agricultural land near the old smelter of Metaleurop [2,3] in northern France [4]. In addition to soil, sediment landfill sites, as a result of canal-dredged sediments, have also been impacted by trace elements (TE), directly by the dust fall or indirectly by soil surface erosion or soil runoff. These contaminations can create risks by their diffusion in environmental compartments or by the local exposure of humans, therefore causing health problems [1]. To resolve this, civil engineering remediation techniques have been developed, such as the excavation of the contaminated soil or soil washing. Nevertheless, these techniques are not adapted to large areas and suffer from high cost and high energy expenditure, besides destroying the local ecosystem and creating new waste streams to manage [5,6].

As an alternative, techniques adapted to large areas and that yield environmental benefits are being developed, such as phytotechnologies [7–9]. Phytotechnologies are less
impactful to the local ecosystem by maintaining or enhancing soil functionalities. They are also, a priori, cheaper; however, they are long-term solutions. Phytotechnologies include two different strategies: either the (partial) cleanup of the TE pollution in the soil (phytoextraction) or the limitation of the transfer of the TE pollution in the environment (phytostabilization) [10,11]. Phytoextraction can use either hyperaccumulators species, with high TE concentrations in their biomass and low biomass productivity, or accumulator species, with lower TE concentration in the biomass but with high biomass production, resulting in high TE removal [12,13]. At the other end of the spectrum, phytostabilization aims to manage the risk by decreasing the TE transfer between the different environmental compartments, in particular by decreasing the mobility of TE in the soil and the TE transfer in the plant [14]. For this, excluder plant species can be used, which have low TE transfer to the aboveground shoot biomass [15]. Contrary to conventional remediation techniques, phytotechnologies need to be adapted specifically to the site where they are used, as pedo-agronomics parameters and climate conditions can impact TE soil mobility and the species that can be grown [16]. Field experiments need to be performed to confirm the feasibility of the phytotechnology.

Phytoattenuation, also called phytomanagement, combines the aims of the phytotechnologies with the valorization of the contaminated site, which can be obtained via the commercialization of the produced biomass [12,14,17–19]. The species to be used should either have similar characteristics to those cultivated on uncontaminated sites in terms of biomass quality and yield or other characteristics specific to the contaminated land or the intended valorization route. For example, a high-Zn biomass content could be searched in the case of the emerging eco-catalysis valorization chain [20]. The produced biomass on a TE-contaminated site could be used in the energy sector [17,19,21–23] and as a feedstock to create high-value products [24–27]. Among the value chains currently studied on contaminated sites in northern Europe, the energy sector seems prominent, as shown by the numerous field experiments set up with, notably, Miscanthus giganteus, Salix sp., Populus sp., or Zea mays [3,4,19,24,28].

Sorghum bicolor L. was domesticated in Africa, where it is cultivated for alimentary purposes. In the world, it is the fifth most-cultivated crop behind wheat, maize, rice, and barley [29]. This species has an excellent water-use efficiency, which makes it drought-tolerant [30]. Moreover, this species has a high genetic diversity, which allows the selection of numerous cultivars with various functions (grain, sugar, forage, fiber, and tinctorial), making it highly interesting for nonfood biomass valorization options [31,32]. In addition, its metal-tolerance was evidenced for different cultivars, as reported in studies performed in Italia, Bulgaria, and China on metal-contaminated sites [13,32–37]. In China, a field experiment has been carried out to study and to discuss phytoremediation of Cd-contaminated land with sorghum for providing a safe farming system, notably by the production of bioethanol [32]. Considering all these advantages, the use of Sorghum bicolor L. (Moench) for the phytoattenuation in northern Europe seems promising and, to our knowledge, has not been studied in this context.

This work was conducted on a metal-contaminated sediment landfill site in northern Europe (Hauts-de-France) and aimed to assess the relevance of two sorghum cultivars, Biomass 133 and Trudan Headless, in a phytoattenuation strategy. The first objective was to evaluate the adequacy between the cultivar and the phytotechnology (phytoextraction or phytostabilization) through the study of the impact of the cultivars on the TE soil mobility and their TE accumulation behavior. The second objective was to discuss potential biomass valorization options, with a focus on biogas production, based on cultivation parameters, such as yield and biomass quality of the cultivars.
2. Materials and Methods

2.1. Site Description and Experimental Setup

A field trial of 1 ha was set up at a former dredged sediment disposal site located in Fresnes-sur-Escaut (Hauts-de-France, France; 50°25’41.1” N 3°35’01.9” E). The disposal site was created in 1978 and received canal sediments until 1989; it was no longer exploited by human activities after this date. The area is characterized by a temperate climate, with a mean temperature between June and September of 18.7 °C and cumulative precipitation of 194 mm [38]. In April 2019, an experimental setup was devised to assess different species’ applicability for phytoremediation. Three zones were defined, according to previous studies [39], which have different levels of contamination: area 1, area 2, and area 3 (Figure 1). The study on these three areas allowed the examination of sediment parameters’ heterogeneity and their potential impacts on plant performance (agronomic parameters, tolerance, and accumulation potential/accumulator behavior of the different cultivars). To reduce herbivory risk, the plots were protected by a 2 m high fence, which was buried down by 50 cm.

In this study, two sorghum cultivars used in Europe were selected, based on their biogas production potential. Seeds certified for agricultural use were bought at a seed company [40,41]. Sorghum biomass 133 is a monoharvest cultivar, characterized by a high production of harvestable biomass (20 t ha⁻¹ of dry weight (DW)) 125 days after the sowing. Trudan Headless (HL) sorghum is a multicut cultivar with a total production ranging between 10 and 15 t ha⁻¹DW. In each area, one plot of 25 m² was devoted to each cultivar (Figure 1). Before manually sowing (June 2019), tillage, plowing, and weeding were carried out. In order to maximize the number of plants, sowing at a higher density than the one recommended in agriculture (250,000 seeds ha⁻¹ and 25 kg ha⁻¹, for Biomass 133 and Trudan HL, respectively) [40,41] was performed (between 1518 and 1656 seeds for 25 m², i.e., a sowing density between 600,200 and 662,400 seeds ha⁻¹). No weed treatment other than mechanical was performed during the experiment, due to the constraints imposed by the sediment site manager.

![Sorghum sowing design and pictures of the two cultivars on the three areas 99 days after the sowing.](image-url)
2.2. Sediment Sampling and Analysis

For sediment sampling, the first 20 cm of sediment depth were collected with a hand auger. The sediment sampling followed two strategies. First, five sediment samples were taken randomly per plot. This was done in May 2019 to obtain the initial state of sediment in the studied areas, i.e., before sowing the plots but after plowing. The second sampling strategy was carried out in September and October 2019, just before the harvest. Ten sediment samples associated with plant samples were taken per plot, leading to a total of 30 samples for each sorghum cultivar (10 samples * 3 areas). Sediment samples were dried at 40 °C in a forced-air oven until constant weight, ground (Retsch BB51, ), and sieved to <2 mm. Sediment pH was measured following the International Stanard Organisation (ISO) 10390 (2005). Five grams of sediment were mixed with 25 mL of distilled water and shaken for 2 h. After 1 h rest, pH was measured (pH meter Hanna edge). To estimate the plant available fraction of TE, a selective extraction was performed. Ten grams of sediment with 20 mL of ammonium nitrate (NH₄NO₃, 1 M) were shaken for 2 h [42]. The mixture of sediment and NH₄NO₃ was filtered (0.45 μm, millipore) and acidified with nitric acid (69%) to obtain a pH of 2.

For each zone, 50 g per sediment sample was taken and mixed to create a composite per studied zone on which agronomic sediment parameters were measured (Supplemental Table S1). These analyses were subcontracted (Laboratoire Départemental d’Analyses de la Mayenne, La Mayenne, France). Additionally, the composites’ TE content was analyzed by digesting a dried (oven, 40 °C until constant weight) and homogenized sample (250 μm, ball mill, Lavallab Pulverisette 6). The digestion consisted of 0.2 g of sediment mixed with 6 mL of hydrofluoric acid (HF) (48%) heated in a microwave digester (Mars Xpress CEM). HF was then neutralized with boric acid (5.5%). To obtain a 50 mL solution, the mixture was completed with Milli-Q water and filtered at 0.45 μm (hydrophilic Teflon). TE concentrations in digests were analyzed either by ICP-OES (Agilent 5100) or ICP-MS (Agilent 7500), depending on sediment sample concentrations. One standard reference material was used for analytical quality control (NIST SRM 2710, Montana soil). For all the digestion sets, recoveries were between 1.12 and 1.15 for As, 0.80 and 0.93 for Cu, 1.05 for Ni, 0.95 and 0.98 for Pb, and 0.96 and 1.04 for Zn in the Montana soil. For Cd, Cr, and Sb, no recoveries could be calculated; the results obtained from ICP-OES analysis were below the limit of quantification (LoQ).

The extractable and total TE concentrations in the soils allowed us to calculate the % TE mobility, with % mobility = [TE] extractable sediment/[TE] total sediment * 100.

2.3. Germination Tests

The germination rate of both cultivars was performed in minigreenhouses (41 cm × 52 cm × 24 cm) and measured after 20 days under controlled conditions (culture chamber, 20 °C, 70% moisture, 12 h day cycles) with 4 different conditions: control (terreau potager bio Gamm vert) and a composite of sediment per studied area (1, 2, and 3), made according to the methodology described in the Section 2.2. The total TE concentration in the sediment of each area are reported in the Table 1. Fifty seeds per cultivar (see Section 2.1 for seed origin) were sown in each condition. One minigreenhouse corresponded to one condition.

2.4. Plant Sampling and TE Analysis

The Trudan HL and the Biomass 133 sorghum were entirely harvested in area 2 in September 2019 (105 days of growth) and in October 2019 (131 days of growth), respectively. In addition, on areas 1 and 3, ten samples of both cultivars were collected in September 2019. Before harvest, samples of the aerial parts of sorghum were taken randomly at the same time as sediment samples. As a result, ten samples of sorghum per plot and per zone, i.e., thirty samples of each sorghum cultivar, were collected. Plants were cut at their base using a hand pruner and transported to the laboratory for analysis. The height
of each sample of Biomass 133 sorghum was measured for comparison with expected height; for Trudan HL, this measurement was not useful, as this is a multicut cultivar. On the plots in area 2, all the remaining plants were cut with a hand pruner and then gathered and weighed using a portable hand scale to obtain the plot yields of the two cultivars. Plant materials were washed with tap and deionized water before drying (40 °C until constant weight) and ground to a powder using a blender. In addition, in order to obtain fresh and dry masses, the samples were weighed before washing and grinding. Following this preparation, 0.5 g of each plant sample was mineralized with HNO₃ (10 mL, 69%) and heated in a microwave digester (Mars Xpress CEM). The solution was then made up to 50 mL with Milli-Q water and filtered (0.45 µm, hydrophilic Teflon). The TE concentrations in the eluates were measured by ICP-OES (Agilent 5100) or ICP-MS (Agilent 7500). One standard reference material was used for analytical quality control (Branches and leaves of Bush “NCS DC 73349,” NCS Testing Technology, China, http://www.ncsstandard.com, accessed on 05 06 2018). For all the digestion sets, recoveries were 1.38 for As, between 0.96 and 0.99 for Cu, 0.71 for Ni, between 1.03 and 1.05 for Pb, and 1.03 for Zn. No reference values were available for Cr in the reference material, and the reference value for Cd was lower than the LoQ.

Using the TE concentrations in plants and total and extractable concentrations in sediment, the bioconcentration factor (BCF) [43] was calculated as follows:

1. BCF ext = [TE] plant/[TE] sediment extractable
2. BCF tot = [TE] plant/[TE] sediment total

2.5. Biogas Production and Energy Value

The analysis was subcontracted to the laboratory Innolab (Oostkamp, Belgium). For both sorghum cultivars, samples from the biomass harvested on area 2 were sent to the laboratory for analysis. Biogas production tests were performed, according to the standard n°4630 “Vergärung organischer Stoffe, Substratcharakterisierung, Probennahme, Stoffdatenerhebung, Gäversuche,” during 50 days at 38 °C with 3 L of inoculum; the biogas production and the biogas composition were recorded daily. The results were expressed in both normo (N) m³ wet t⁻¹ of fresh matter (FM) and organic dry matter (ODM) for the biogas production. Concerning the biogas composition, they were expressed in percentage (%) and part per million (ppm) for methane (CH₄) and hydrogen sulfur (H₂S), respectively. In addition, taking into account the biogas quality and methane energy value given by the laboratory, calculations of potential co-energy production of electricity and heat for the cultivars were also delivered.

2.6. Statistical Analysis

The statistical analyses of the values and the boxplots were carried out with the software R 4.0.01 (06/06/2020) and R studio. Before performing the variance homogeneity test (Bartlett test or Fligner–Killeen test), the data’s normality (Shapiro test) was checked. Means were compared by ANOVA when the data were parametric and by the Kruskal–Wallis test when they were not. A post hoc test (Tukey Honestly Significant Difference (HSD) test or pairwise t-test) was applied when a statistical difference of 5% was evidenced. To study a potential correlation between variables, a Pearson correlation test was done.

3. Results and Discussion

3.1. Main Physico–Chemical Properties of the Sediments from the Three Studied Areas

Table 1 presents the initial sediment characterization results for the three areas. Sediment and agronomic parameters results showed homogeneous sediment texture between the three zones (fine silt). Organic matter was in the high range >40 g kg⁻¹ [44], with a carbon/nitrogen (C/N) >> 10, probably due to the sediment matrix [29]. Moreover, the pH was alkaline in the three areas.
For each area, total TE concentrations in sediments were compared to the sediment remediation criterion S1 (Table 1), a parameter for guiding the management of sediments according to their pollution (French Environmental code, article R214-1, Section 3.2.1.0) [45]. Given the total concentrations in each area, Zn, Cd, and Pb were above the S1 values, which confirmed the need to find a management option for these areas, taking into account the pollution. In addition, based on these total concentrations, the areas could be ranked from the least contaminated to the most contaminated, area 2 < area 1 < area 3, which confirmed TE heterogeneity of the sediment and the selection of the three areas.

In the absence of reference for sediments, the extractable TE concentrations obtained with NH₄NO₃ were compared to the reference values usually found in soils, following the standard ISO 19730:2008 (E) (As: 0.025 μg g⁻¹; Cd: 0.005 μg g⁻¹; Cr: 0.01 μg g⁻¹; Cu: 0.25 μg g⁻¹; Ni: 0.25 μg g⁻¹; Pb: 0.02 μg g⁻¹; Zn: 0.25 μg g⁻¹) [42]. The extractable concentrations measured for Zn, Pb, Cd, and Cu in all sediment samples were higher than the baseline, suggesting that the solubility of these TE in the contaminated site is higher than that measured in sediment (Table 1). The concentrations found for the other TE were lower than the reference values. Currently, regulation and threshold are based on total TE concentration in risk assessment and do not consider the available fraction; however, this is the fraction interacting with the environment and, therefore, the one with the most harmful effect [11]. In view of total and extractable concentrations, the elements requiring special attention were Zn, Pb, Cd, and Cu. Consequently, the following sections focused on these TE.

Table 1. Main physico–chemical properties, total, and NH₄NO₃ extractable (% of total, expressed between parenthesis) concentrations of trace elements (TE) in the sediment of the field site for each area and TE threshold values (S1) for sediment management. TE concentrations are expressed in mg kg⁻¹ dry sediment (DS). Values are means ± SD.

| Parameters                        | Area 1       | Area 2       | Area 3       | S1          |
|----------------------------------|--------------|--------------|--------------|-------------|
| Clay (%)                         | 7.7 ± 0.03   | 10.7 ± 0.04  | 11.7 ± 0.05  | -           |
| Silt (%)                         | 69 ± 0.01    | 70.5 ± 0.02  | 78.6 ± 0.03  | -           |
| Sand (%)                         | 23.3 ± 0.02  | 18.8 ± 0.02  | 9.8 ± 0.01   | -           |
| Soil texture (USDA texture triangle) | Fine silt   | Fine silt   | Fine silt   | -           |
| Carbon (g kg⁻¹)                  | 76.3 ± 0.03  | 82.4 ± 0.04  | 96.8 ± 0.05  | -           |
| Organic matter (g kg⁻¹)          | 131.3 ± 0.05 | 141.7 ± 0.06 | 166.5 ± 0.07 | -           |
| C/N*                             | 28.4 ± 0.02  | 28 ± 0.01    | 31.5 ± 0.02  | -           |
| CEC (meq 100 g⁻¹)                | 17.6 ± 0.02  | 17.9 ± 0.02  | 21.2 ± 0.03  | -           |
| CaO⁺⁺⁺ g kg⁻¹                    | 11.7 ± 0.02  | 11.5 ± 0.02  | 12.5 ± 0.03  | -           |
| N kjeldahl TNK⁺⁺⁺ (g kg⁻¹)       | 2.69 ± 0.01  | 2.94 ± 0.01  | 3.07 ± 0.01  | -           |
| Phosphorus Olsen (g kg⁻¹) P2O₅  | 0.216 ± 0.001| 0.259 ± 0.001| 0.258 ± 0.001| 0.258 ± 0.001|
| pH-H₂O                           | 8.08 ± 0.01  | 8.06 ± 0.01  | 8.12 ± 0.01  | -           |
| Zn                               | 6685 ± 509 (0.060% ± 0.004) | 6084 ± 132 (0.090% ± 0.008) | 8980 ± 340 (0.070% ± 0.012) | 300           |
| Pb                               | 774 ± 18 (0.007% ± 0.003) | 592 ± 12 (0.009% ± 0.003) | 1043 ± 12 (0.007% ± 0.006) | 100           |
| Cd                               | 6.3 ± 0.1 (0.47% ± 0.07) | 5.0 ± 0.1 (0.62% ± 0.08) | 9.0 ± 0.1 (0.48% ± 0.12) | 2             |
| Cu                               | 87.0 ± 2.3 (0.53% ± 0.07) | 76.0 ± 1.5 (0.59% ± 0.09) | 101.0 ± 1.3 (0.52% ± 0.09) | 100           |
| As                               | 33.0 ± 1.0 (0.043% ± 0.004) | 29.0 ± 0.1 (0.050% ± 0.008) | 43.0 ± 1.2 (0.030% ± 0.007) | 30            |
| Cr                               | 116 ± 12 (0.020% ± 0.002) | 114 ± 3 (0.040% ± 0.007) | 100 ± 4 (0.030% ± 0.004) | 150           |
| Ni                               | 52 ± 1 (0.19% ± 0.005) | 51 ± 1 (0.21% ± 0.03) | 53 ± 1 (0.20% ± 0.04) | 50             |

C/N*: carbon/nitrogen, CEC*: cationic exchange capacity, CaO⁺⁺⁺: calcium oxide, TNK⁺⁺⁺: total nitrogen kjeldahl.
3.2. Biomass Yield of Sorghum on the TE-Contaminated Site

For the cultivar Biomass 133, the germination rates ranged from 72% in the unpolluted condition to more than 76% in polluted conditions (80% in area 1, 76% in area 2, 84% in area 3). Concerning the cultivar Trudan HL, the rates ranged from 94% in the unpolluted condition to 92% in area 1, 94% in area 2, and 84% in area 3. These results indicated that high contamination levels did not seem to be a problem concerning sorghum germination.

The dry weight of both cultivars was calculated after sampling plant individuals in the three areas (Table 2). The growth of the Trudan HL was similar on the three areas. Concerning cultivar Biomass 133, its growth in area 3 was the lowest, with a dry weight 15 times lower than in area 2 and 8 times lower than in area 1 (Table 2, p < 0.05). The highest growth was thus on the area 2 (Table 2, p > 0.05).

### Table 2. Average dry weight by plant of the 2 sorghum cultivars sampled at harvest for the 3 areas (10 samples by area, mean ± SD). Significant differences between conditions are indicated by different letters at the level of α = 0.05.

| Area          | Trudan Headless | Biomass 133 |
|---------------|-----------------|-------------|
|               | Average Dry Weight Per Plant (g) | Average Dry Weight Per Plant (g) |
| 1             | 16 ± 9 a         | 125 ± 88 b  |
| 2             | 43 ± 16 a        | 247 ± 98 c  |
| 3             | 16 ± 8 a         | 16 ± 15 a   |

Since area 2 presented the lowest metal contamination, a direct and negative correlation could be drawn between yield and contamination. However, the successful germination and plant growth confirmed the metal-tolerance of both cultivars, which is in agreement with other studies reporting that this characteristic is widespread in this species [13,33,34,46]. Therefore, in addition to the pollution level of the different areas, other factors could explain the differences in dry weight observed between the areas, such as competition with plant colonizers. As observed in Figure 1, some plants naturally colonized areas 1 and 3, resulting in a competition between these indigenous species and the sorghum. From a practical point of view, this confirms that a mechanical weeding, at least at the beginning of the culture, is necessary to favor the sorghums’ growth and ensure its sustainable implementation [47].

The biomass yields per hectare of the two sorghums are reported in Table 3. They were calculated in area 2, from plots of 25 m², where all biomass was harvested and extrapolated per hectare. A strong correlation between dry matter (DM) and fresh matter (FM) (r = 0.99, p < 0.05) was observed, which decreased the uncertainty of the DM extrapolation. The extrapolated yields for the two cultivars were comparable to those obtained on an agricultural site under optimal conditions [40,41]. This result suggested that both cultivars were adapted to the climatic conditions found in the Hauts-de-France region and that the contamination did not negatively affect biomass production.

### Table 3. Biomass yield, growth duration, and height of sorghum in area 2, FM: fresh matter, DM: dry matter.

| Area 2          | Yield (kg/25m²) | FM (t ha⁻¹) | Yield (t ha⁻¹) | DM (t ha⁻¹) | Duration of Growth (day) | Height (m) |
|-----------------|-----------------|-------------|----------------|-------------|-------------------------|------------|
| Sorghum Biomass 133 | 137.43          | 54.97       | 21.75          | 131         | 3.39 (±0.21)           |            |
| Reference Biomass 133 [40] | -                    | -            | 20.7           | 105-125     | -                       | 3.5        |
| Sorghum Trudan HL | 80.97           | 32.38       | 9.85           | 105         | -                       | -          |
| Reference Trudan HL [41] | -                    | -            | 10-15          | 60 first cut and 30 s cut (90) | -          |

Indeed, the extreme temperature of 41.5 °C and the water deficiency that occurred one month after field sowing (not shown) did not reduce the growth of both cultivars, which agrees with [48], who showed that reduced irrigation or the absence of irrigation...
has limited impact on the yield of sorghum. In the context of climate change, in which high temperatures and drought periods are expected to increase, these crop cultivars could represent an alternative to the current ones, such as maize, in this region.

3.3. Sorghum Metal Transfer on the TE-Contaminated Site and Biomass Quality

3.3.1. Sorghum Effect on the TE Extractable Fraction

The pH values measured on all plots, throughout the study, were slightly alkaline, situated around 8 (Supplementary Figure S1), even though the two sorghum cultivars seemed to slightly lower the sediment pH ($p < 0.05$) as a consequence of H+ excretion by the root system during the absorption of nutrients (NH$_4^+$) [49].

Before sorghum cultivation, the average extractable Cd, Cu, Pb, and Zn concentrations measured in the sediment were 0.03, 0.48, 0.06, and 5.16 μg g$^{-1}$ dry sediment (DS), respectively. These concentrations were between 2.5 to 27 times higher than the reference value reported in the standard ISO 19730:2008 (E) (Figure 2A,B) [42]. The culture of Biomass 133 did not modify the extractable Zn concentrations measured in the sediment in areas 1 and 3 (Figure 2A), while a slightly negative effect of the cultivar was evidenced in area 2 ($p < 0.05$), with an increase in the extractable Zn concentration (Figure 2A). For Cd, a positive effect of the cultivar was observed in area 3, the area with the highest extractable concentration (Figure 2A). Concerning the cultivar Trudan HL, an adverse effect of the cultivar was only found on area 3 for Zn and Cd, with extractable concentrations being higher at harvest than at the beginning (Figure 2B, $p < 0.05$).

In contrast to Zn and Cd, extractable concentrations of Pb and Cu (Figure 2A,B) did not show a statistical difference ($p > 0.05$) in any of the studied areas for either of the cultivars, which could be related to their closer value to the references even before cultivation, rather than to a selective effect of the cultivars. The absence of a clear effect of the cultivars on metal extractability in the sediment, according to the areas and TE, indicated that both cultivars had no or a small impact on this parameter in our experimental conditions.

The percentage (%) of mobile TE calculated as extractable concentrations over total concentrations is evidenced by the following order of mobility, Pb < Zn < Cd < Cu, irrespective to the cultivars and the areas (Supplementary Table S2). Negative correlations between pH and TE extractable concentrations were demonstrated (Cd: $p < 0.001$, $r = −0.36$; Cu: $p < 0.05$, $r = −0.23$; Pb: $p < 0.05$, $r = −0.22$; Zn: $p < 0.001$, $r = −0.60$), indicating that a pH decrease could increase the TE extractable concentration and explain the small significant variations found for some TEs.

With regard to sediment deposit management, and in the particular case of field studies with high sediment TE contamination, it could be advised to maintain the pH around 8 to minimize the TE mobility in the sediment and limit the TE transfer in the environment [28,50]. To reduce extractable concentrations, especially for Cd and Zn, coupling sorghum to an amendment that would maintain pH at 8 could achieve this objective. The addition of an alkaline amendment that does not modify the sediment pH, like biochar, could also reduce the Cd extractable concentration by the creation of a stable complex with iron or manganese oxides or by adsorption [51,52]. As sorghum is known to be mycorrhizable, the addition of an arbuscular mycorrhiza fungi (AMF) inoculum could favor the decrease of TE mobility, either by excretion by the hyphae of glomalins able to bind with soluble TE or by adsorption and storage in hyphae of the soluble fraction [46,53–55].
Figure 2. Sediment NH₄NO₃ extractable concentration of Zn, Cd, Pb, and Cu at the start (green), at harvest of sorghum Biomass 133 (blue, A), and at harvest of sorghum Trudan Headless (orange, B) for the 3 areas (1 = area 1, 2 = area 2, 3 = area 3). The box plots indicate the median and the 25 and the 75 percentiles; red diamond = mean; the dotted red line corresponds to the value references noticed in the ISO 19730:2008 (E). Significant differences between conditions are indicated by different letters at the level of $\alpha = 0.05$. 
3.3.2. TE Transfer in the Aerial Biomass of the Sorghum

In general, Trudan HL had higher TE content than Biomass 133, even though this varied between areas and specific TEs (Figure 3). In addition, according to Figure 3, area 2 resulted in the lowest TE accumulation, regardless of the cultivar and the TE, which correlates well with its lowest level of contamination. A positive correlation between TE extractable concentrations and biomass accumulation was also observed ($p < 0.05$). However, this is not true for area 1, which had the lowest extractable TE concentrations but high TE contents in the biomass. The link between dry weight and TE concentrations, especially Zn and Cd, might suggest that the lowest TE contents were obtained at the end of the growth period, where the biomass was the highest. To confirm this assumption, additional experiments should be performed to follow the composition of different cultivars at different times of growth, in order to investigate this dilution effect.

![Figure 3. Concentrations of Zn, Cd, Pb, and Cu in the sorghum Biomass 133 (blue) and the sorghum Trudan Headless (orange) in the three areas (1 = area 1, 2 = area 2, 3 = area 3). The box plots indicate the median and the 25 and 75 percentiles; red diamond = mean. Significant differences between conditions are indicated by different letters at the level of $\alpha = 0.05$.](image)

When comparing with other studies, the average Zn concentrations in the biomass of the two cultivars were between 2.6 and 6 times higher than concentrations found in sorghum grown in a culture chamber with artificially contaminated soil (50 $\mu$g g$^{-1}$) [56]. This can be possibly related to the different levels of contamination between our study and Epelde et al., as their maximum Zn concentration was six to nine times lower than the ones found in the sediments of the present study. Regarding Cd, a field plot experiment on TE-contaminated soil [13] found concentrations in sweet sorghum of the same order as in our study. Conversely, [33] measured 10 to 20 times lower Cd concentrations in sorghum biomass (0.2 $\mu$g g$^{-1}$) after 40 days of growth. The different concentrations reported in these studies could be explained by the use of different cultivars, the different growth duration before harvest, or a different extractable fraction in sediment. Pb concentration
in the leaves of three sweet sorghum cultivated on a contaminated site ranged from 37 to 42 µg g⁻¹ of DM [13]. In our study, Pb concentrations (<2 µg g⁻¹, Figure 3) were much lower than those reported in [13] and in other Poaceae, such as barley (8 µg g⁻¹), cultivated on uncontaminated site [50]. Regarding Cu, [34] showed, for different cultivars of sorghum, that concentrations in the leaves were of 3 and 4.5 µg g⁻¹ on uncontaminated and contaminated soil, respectively. Concentrations found in our study were similar, indicating that Cu concentrations could be considered normal for the two cultivars.

The biorecovery factors (BCF) were calculated for the two cultivars for the different areas and TE (Supplementary Table S2). The highest BCFs were found for Cd, irrespective of cultivar or area, varying from 0.26 to 0.43 for Biomass 133 and 0.53 to 0.76 for Trudan HL. All factors were below 1, characterizing an excluder behavior, which is one trend required in a phytoattenuation strategy.

3.4. Valorization Options for Sorghum

3.4.1. Biogas and Energy Production

The biogas test (n = 2) presented in Table 4 for both cultivars were performed on biomass collected from area 2, since, in this area, growth and yield were similar to those expected on uncontaminated agricultural soil (Table 3).

**Table 4.** Average biogas production (n = 2, ±SD), biogas quality, and energy production for the two cultivars of sorghum cultivated on the area 2.

| Sorghum Biomass 133 Sorghum Trudan HL |
|--------------------------------------|
| Biogas production (Nm³ t⁻¹ FM)       | 205 ± 2 | 325 ± 11 |
| Biogas production (Nm³ t⁻¹ ODM)      | 329 ± 20| 398 ± 7 |
| Average CH₄ level %                  | 53      | 56      |
| Average H₂S level ppm               | 22      | 18      |
| Electricity production (kWht t⁻¹ FM, 41% efficiency) | 439 ± 2 | 737 ± 16 |
| Heat production (kWht t⁻¹ FM, 44% efficiency) | 469 ± 2 | 787 ± 18 |
| Potential CH₄ production (Nm³ CH₄ ha⁻¹) | 5924   | 5862   |

The biogas productivity and yield obtained with each of the two cultivars of sorghum were different. Concerning Trudan HL, the time to obtain 91% of the total biogas production was between 9 and 16 days. For Biomass 133, this time was between 21 and 25 days. Additionally, the maximum biogas and, more specifically, the maximum biomethane production (Nm³ T⁻¹ FM) obtained with Trudan HL was 1.2 * higher than with Biomass 133. Interestingly, Barbanti et al. [57] found the opposite, with Biomass 133 resulting in a slightly higher biomethane production than Trudan HL, when cultivated in uncontaminated soil, indicating that this is not inherent to the cultivars and is probably more related to the cultivation conditions. In that study, biomethane yields of 268 and 251 Nm³ T⁻¹ ODM were found for Biomass 133 and Trudan HL, respectively, which are higher than the values found in the present study of 174 and 223 Nm³ T⁻¹ ODM, respectively. These lower biomethane yields may be an effect of the presence of TE in the biomass used in the present study or simply the result of the variation in biomass composition, due to different cultivation conditions between the two studies. Since Trudan HL resulted in the highest biogas yield while also having the higher TE content in its biomass, it seems the latter explanation is more adequate, indicating that TE might not have had a detrimental effect on biogas production. Nevertheless, more investigations are needed for comparing sorghum grown on contaminated and uncontaminated locations with similar soil texture, nutrient availability, and climatic conditions, to allow for a proper assessment of the effect of TE presence in the biogas yield of sorghum biomass issued from phytoattenuation.

Based on the obtained yields, Trudan HL seemed more suitable for biogas production than the other cultivar. Nevertheless, the total biogas production per hectare for each cul-
tivar was also used for comparison, as this can be a more important parameter for choosing the best cultivar from an agricultural point of view. The biogas production was 11,241 and 10,524 Nm$^3$ ha$^{-1}$, which led to a methane production of 5924 and 5862 Nm$^3$ CH$_4$ per hectare (Table 4) for the cultivars Biomass 133 and Trudan HL, respectively. These values are similar to the ones reported for other crops, such as sunflower, sugar beet, and corn [58,59], and result in Biomass 133 being the most suited crop for biogas production, due to its higher biomass yield, which compensates its slightly lower biogas production potential.

On an energy basis, the total production of biogas from Biomass 133 could cogenerate each year around 24,000 kWh ha$^{-1}$ of electricity and 25,000 kWh ha$^{-1}$ of heat (Table 4). This co-energy production was similar to the one obtained with silage maize [19], suggesting that Biomass 133 might be an interesting alternative to maize for the production of biogas and renewable energy in Northwest Europe. The Flemish regulation has set threshold values concerning the TE concentration in the biomass used for bioenergy production (Cd: 6 μg g$^{-1}$; Pb: 300 μg g$^{-1}$; Zn 900 μg g$^{-1}$) [19]. The observed values in the sorghum biomass in our experiment were, therefore, lower than the Flemish regulation.

To ensure the viability of the biogas value chain with sorghum cultivated on contaminated sites, the valorization of the digestate should be considered. The digestate might be used as a soil improver or as a fertilizing product if it complies with the TE concentration thresholds set in the regulation on fertilizer (Cd 2 μg g$^{-1}$; Cu 300 μg g$^{-1}$; Pb 120 μg g$^{-1}$; Zn 800 μg g$^{-1}$) [60]. Based on the TE concentrations in the Biomass 133 (1.6 μg g$^{-1}$ in Figure 3, area 2) and due to dry matter loss occurring during the process, we could estimate that the TE concentrations in the produced digestate might exceed the threshold value for Cd. Indeed, based on a 48% dry matter loss, the calculated Cd concentration would be 2.4 μg g$^{-1}$ [61], which suggests that Cd could limit the digestate valorization in this case. Moreover, applying the digestate directly to the soil without any TE removal pretreatment would just redistribute the contamination instead of remediating it. Therefore, the recovery of TE from digestate before soil application should be envisaged when anaerobic digestion is proposed as a valorization route for phytoattenuation biomass and should be the subject of future investigations.

3.4.2. Other Biomass Valorization Options

Due to the different compositions of the two cultivars, other biomass valorization options than biogas production could be considered, such as biofortification [62–65] and bioethanol production [35,66,67]. The sorghum cultivar Trudan HL could be a relevant candidate for the first. Indeed, it is a forage cultivar currently used for ruminant animal feeding [41], and the Zn concentration in the used contaminated field was four to six times higher than the physiological value of these animals [56]. Nevertheless, this Zn-enriched biomass could complement the animal diet only if other TE in the biomass would comply with the threshold values set in the directive 2002/32/EC (2002) on undesirable substances in animal feed [68]. Contrary to Pb, Cd could limit this use in biofortification, as Cd concentrations were at least 2.6 times higher than the threshold set in the directive (1 μg g$^{-1}$ 12% of water). To avoid any limitation, it could be advisable to cultivate the sorghum cultivar Trudan HL on a soil that does not contain Cd or to reduce the mobility of Cd in the soil to avoid any soil–plant transfer.

On the other hand, the sorghum cultivar Biomass 133 is a fiber cultivar with a high content in lignocellulose and high biomass yield, which makes it a relevant option for bioethanol production [67]. Six sorghum cultivars were successfully tested to produce second-generation bioethanol from the degradation of cellulose and hemicellulose to produce fermentable sugars [67]. The study evidenced that the most suitable cultivars were those with low lignin content, in order to avoid the decrease of the fermentation yield. In another study, it was shown that the biomass of a sorghum cultivated on a TE-contaminated site could produce bioethanol free of metal, whereas the majority of TE, in particular Cd and Zn, were found in the remaining phase of the production process [66]. From these
results, it could be assumed that the cultivar Biomass 133 could be relevant for the production of ethanol.

3.5. Sorghum Cultivar Adequation as a Phytoattenuation Option

The phytoattenuation of TE-contaminated sites with relevant plant species is based on two necessary components, the phytotechnology on one hand and a viable biomass valorization option on the other hand [14,18,19]. Based on biogas production results, the two cultivars could be used for this valorization. According to results, both sorghum cultivars were considered as TE excluders. To be used in a phytostabilisation strategy, a soil amendment should be required in order to reach the second objective of phytostabilisation, i.e., decreasing the TE extractable fraction.

The phytoextraction capacity was assessed for the two cultivars (Table 5). Based on these results, a low phytoextraction capacity could be expected. Overall, the most exported element for both cultivars was Zn, followed to a lesser extent by Cu, Cd, and Pb. These results are in agreement with those previously reported [13,33] and suggest that the cultivar Biomass 133 could only be potentially used for the phytoextraction of Zn, due to its high biomass yield.

**Table 5.** Annual Cd, Cu, Pb, and Zn removal for the two cultivars after the biomass harvest.

| Area 2               | Cd removal  (kg ha⁻¹ y⁻¹) | Cu Removal  (kg ha⁻¹ y⁻¹) | Pb Removal (kg ha⁻¹ y⁻¹) | Zn Removal (kg ha⁻¹ y⁻¹) |
|---------------------|---------------------------|---------------------------|--------------------------|--------------------------|
| Sorghum Biomass 133 | 0.0292                    | 0.0935                    | 0.0163                   | 2.888                    |
| Sorghum Trudan HL   | 0.0275                    | 0.0549                    | 0.0050                   | 1.973                    |

In our case, TE risk management and the development of a value chain with an income for the site owner would become the main objective. The long, required cleanup time or the fact that TE are not remediated in the case of aided phytostabilization could thus be compensated by this benefit. As discussed for maize and Miscanthus floridulus [17,19], phytoattenuation could be relevant for these cultivars, especially Biomass 133, if the TE remediation of the site is not the main aim.

4. Conclusions and Perspectives

To our knowledge, this study is the first to report results on the possible use of sorghum in the phytoattenuation of a TE-contaminated site in northern France. As reported for other cultivars, we demonstrated tolerance of both cultivars to high levels of TE pollution in field conditions and, consequently, their relevance in a phytotechnology strategy. Our study pointed out promising valorization options for biomass cultivated on a TE-contaminated site, such as biogas production. Even if both investigated sorghum cultivars presented an excluder behavior concerning TE, the Cd concentration measured in their biomass could be a limiting factor for valorization. Finally, the results of the growth parameters of the two sorghum cultivars showed that, irrespective of the site pollution, the pedo-climatic conditions of northern France are suitable for their development.

Additional studies to reduce the Cd transfer in the plant should be performed to facilitate biomass valorization and to confirm the use of sorghum as a species adapted for phytoattenuation, notably cultivar Biomass 133. Further studies should be realized to ensure the suitability of these cultivars in the climate change context. Moreover, the phytoattenuation with annual crops, such as sorghum, could be considered as a local resource at a territory scale and could be included in a sustainable phytoattenuation strategy.

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