A deterministic origin for instabilities in a magneto-optical trap

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The paper reports on the observation of a new type of instabilities in the atomic cloud of a magneto-optical trap (MOT). They appear as large amplitude self-oscillations, either periodic or erratic, depending on the parameters. An original model taking into account the shadow effect and an homogeneous distribution of the atoms in the cloud is developed. It allows us to show that these instabilities originate on the one hand from an anomalous Hopf bifurcation, and on the other hand from the extreme sensitivity of the system to noise.

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The magneto-optical cooling of atoms is at the origin of a renew of the atomic physics. It is used in various fields, as the realization of Bose-Einstein condensates [1] or the study of diffusion in lattices [2], and could lead to several applications, as atomic clocks [3] or quantum computing [4]. Although the technology and realization of magneto-optical traps (MOT) is well mastered, some experimental adjustments remain empirical. It is in particular well known that for dense atomic clouds close from resonance, instabilities appear in the spatio-temporal distribution of the atoms. This problem is usually fixed by empirically misaligning the trapping beams.

A recent study has shown that instabilities can have a stochastic origin, through a phenomenon of coherent resonance amplifying the technical noise [5]. It also showed that the shadow effect is at the origin of these instabilities: because of the absorption of light inside the cloud, the intensities of the backward and forward beams are locally different, leading to an internal attracting force. In the configuration where each backward beam is obtained by retro-reflection of the forward beam, backward and forward intensities are globally different, and an external force appears, displacing the cloud along the bisectors of the trap beams.

In the present work, we show that the atomic cloud in the MOT can also exhibit deterministic periodic and chaotic-like instabilities. The basic model developed in [5] is not able to reproduce them, and we propose a modified model where the cloud is no more considered as pointlike. This new model predicts the same type of stationary solutions as in [5], leading to the same type of stochastic instabilities. Moreover, it allows us to retrieve the deterministic instabilities: in particular, it exhibits large amplitude periodic oscillations induced by an anomalous Hopf bifurcation, and a large amplitude stochastic behavior. It also establish definitively the role of the shadow effect in the dynamics of the atomic cloud in the MOT.

The initial hypotheses are the same as in [5], i.e. a 1D model taking into account the shadow effect. The system is modelized on the one hand through the motion equations of the center of mass $z$ of the cloud, and on the other hand through a rate equation of the number of atoms $n$ in the cloud. We have:

$$\frac{d^2 z}{dt^2} = \frac{1}{M} F_T \quad (1a)$$
$$\frac{dn}{dt} = B(n_e - n) \quad (1b)$$

where $M$ is the mass of the cloud, $F_T$ the total external force, $n_e$ the atom number at equilibrium and $B$ the population relaxation rate. As in [5], $n_e$ is assumed to depend on $z$, to take into account the depopulation of the cloud when it moves away from the trap center.

We define a distance $z_0$ beyond which the trap is empty ($n_e = 0$). For $z < z_0$, we assume a quadratic behavior $n_e = n_0 \left(1 - \left(z/z_0\right)^2\right)$ where $n_0$ is the cloud population at the trap center [5].

The innovation of this model concerns the way the shadow effect is treated. We consider that, starting from an input forward intensity $I_1$, the intensity after a first crossing of the cloud (i.e. the input backward intensity) is $I_2 < I_1$, and the remaining intensity after a second crossing of the cloud (i.e. the output backward intensity) is $I_3 < I_2$. The rate of photons absorbed in the forward (resp. backward) beam is $A(I_1 - I_2)$ (resp. $A(I_2 - I_3)$), with $A = S/\hbar \nu$, where $S$ is the section of the cloud and $\hbar \nu$ the energy of a photon. The forces associated with each beam is the product of the number of absorbed photons by the elementary momentum $\hbar \nu$. We obtain finally:

$$F_T = \frac{S}{\hbar \nu} (I_1 - 2I_2 + I_3) \quad (2)$$

To get a relation between $I_1$, $I_2$, and $I_3$, we need to solve the equations of propagation of the two beams through the atomic cloud. For the sake of simplicity, we assume that the atomic transition is a $J = 0 \rightarrow J = 1$ transition. As the MOT is operated with high intensity
beams and small detunings, a Doppler model is suited. Inside the cloud, the intensity $I_\pm$ ($I_-$) of the $\sigma_+$ ($\sigma_-$) polarized forward (backward) beam evolves due to photon scattering. The scattering rate for $\sigma_\pm$ photons is proportional to the corresponding excited state populations $\Pi_\pm$. The evolution equations of the intensity simply writes

$$\frac{dI_\pm}{dz} = \mp \Gamma \hbar \nu \rho \Pi_\pm$$

where $\Gamma$ is the natural width of the atomic transition and $\rho$ is the atomic density in the cloud. The populations $\Pi_\pm$ are given by the steady state of the master equation. The underlying hypothesis is that the evolution of the external degrees of freedom is much slower than that of the internal ones. The populations $\Pi_\pm$ depend both on $I_+$ and $I_-$, so that (3) is a set of coupled nonlinear equations. They are integrated numerically from the side of the cloud where $I_+ = I_- = I_0$, to the other side, where $I_- = I_3$ and $I_+ = I_1$, assuming that the density $\rho$ is constant, as a result of multiple scattering.

The control parameters of this system are the same as in $\mathcal{I}$. The most suitable one is the detuning $\Delta_0$, expressed in units of $\Gamma$, between the trap laser beams and the atomic transition. The global organization of stationary solutions in the parameter space is also the same as in $\mathcal{I}$. In particular, stationary solutions as a function of $\Delta_0$ evolve from a flat dependence to bistability when another parameter (e.g. $n_0$) is changed. The fold appearing for the intermediate values is at the origin of the stochastic instabilities reported in $\mathcal{I}$.

We focus here on the unstable zone appearing between the area studied in $\mathcal{I}$ and bistability. In this situation, the stationary solutions are unstable on the fold (fig. 1). For detuning smaller than the fold, at the left of point $H_1$ on fig. 1, the fixed point is a stable focus (F): the stationary solutions are stable and associated with an eigen-frequency $\omega_F$ decreasing with the detuning (fig. 1b). At the edge of the fold, the system exhibits a Hopf bifurcation (point $H_1$): the fixed point becomes a saddle-focus (SF), and the stationary solutions become unstable. As the detuning is further increased, the eigenvalues become real in point $P_1$ (fig. 1b), so that $\omega_F$ disappears and the fixed point becomes a saddle node (SN). Finally, when the detuning is still increased, the inverse sequence appears for the fixed point (SN $\rightarrow$ SF $\rightarrow$ Hopf bifurcation $\rightarrow$ F).

Let us now examine the dynamical behavior of the atomic cloud in the different regions. In the F zone, the stationary solution is stable. As the detuning is increased, the stationary solution becomes unstable at $H_1$, and a stable periodic orbit $C_H$ appears in the vicinity of the fixed point, as it is usual with a Hopf bifurcation. The atomic cloud exhibits weak amplitude oscillations around the unstable fixed point, with a frequency close to $\omega_F$. The orbit amplitude increases slowly with the detuning, but remains very weak (less than 10 nm in $z$ for

![FIG. 1. Theoretical evolution of the behavior of the cloud as a function of the detuning. In (a), the stationary solution $z_s$ of $z$ is stable (full line) or unstable (dashed line). In points $H_1$ and $H_2$, a Hopf bifurcation occurs, while in points $P_1$ and $P_2$, $\omega_F$ vanishes. F (focus), SF (saddle focus) and SN (saddle node) refer to the nature of the fixed point representing the stationary solution in the phase space. In (b), evolution of $\omega_F$ versus $\Delta_0$. In (c), plot of the instability frequencies $\omega_A$ (circles) and $\omega_B$ (squares). Parameters for the calculations are $I_1 = 33$ mW/cm$^2$, $\rho = 2 \times 10^{10}$ cm$^{-3}$, $n_0 = 6 \times 10^9$, $z_0 = 3$ cm, $B = 5$ s$^{-1}$ and a Zeeman shift of $3 \Gamma$ cm$^{-1}$.](image-url)
still exists beyond $P_1$ and $P_2$, without any discontinuity. The amplitude of $C_A$ is several millimeters when it appears in $\Delta A_1$, and increases regularly with the detuning, so that for a value $\Delta A_2$ of $\Delta_0$, located between $P_2$ and $H_2$ for the parameters of fig. 1, the cloud border reaches $z_0$. At this point, the shape of the limit cycle qualitatively changes. Indeed, the atoms beyond $z_0$ are lost, and so the population in the cloud can decrease rapidly. The resulting temporal behavior is still a periodic cycle $C_B$ and may be described as previously, except that the decreasing of $z$ is much faster and that of the population much larger (fig. 2b). Note that this behavior is observed beyond $H_2$: this means that generalized bistability occurs between $C_B$ and the stable stationary solution. This confirms that the periodic instabilities are not directly linked to the fixed point properties.

The $C_H$, $C_A$ and $C_B$ behaviors differ also by their frequency. As discussed above, the $C_H$ frequency is $\omega_F$, and so varies rapidly as a function of the detuning. The frequency $\omega_A$ of the $C_A$ regime is very small when the regime appears in $\Delta A_1$ (fig. 1). When the detuning is increased, $\omega_A$ reaches rapidly a value of the order of $2\pi \times 10^{-1}$, and then remains almost constant. Finally, the frequency $\omega_B$ of the $C_B$ regime is also almost constant when $\Delta_0$ is changed, with a frequency smaller than $\omega_A$ (about $\omega_A/4$ in fig. 1).

Previous studies have shown the fundamental role of noise in this system. The influence of noise on deterministic instabilities is well known: fixed points and limit cycles are usually robust with respect to noise, whose main effect is to slightly shift the bifurcation points. So we do not expect to observe spectacular changes in the stationary, $C_H$ and $C_A$ behaviors if noise is added in the system, and this is confirmed by the simulations. The $C_B$ behavior is different, as the cloud could be very sensitive to noise in the vicinity of $z_0$: indeed, noise should induce large variations in the decreasing of $n$, and hence in the period of the dynamics. This is confirmed by the numerical simulations: fig. 2 shows the behavior of the cloud for the same conditions as in fig. 2b, except that noise has been added on the trap intensity. As expected, the dynamics is no more periodic, exhibiting large fluctuations in the return time of the dynamics.

To check the existence of the deterministic instabilities predicted by the model, we used the same experimental setup as described in [5], i.e. a three-arm $\sigma^+ - \sigma^-$ magneto-optical trap (MOT) on Cesium, with mirrors to produce the counter-propagating waves of each arm, and a crossed couple of 4-quadrant photodiodes to monitor the cloud. As in [5], forward and backward beams are carefully aligned. The only changes with respect to the experiment described in [5] concern the parameter values, and in particular the intensity of the trap laser beams, adjusted to obtain deterministic instabilities.

As expected, the $C_H$ cycle is not observed. The most commonly observed periodic instabilities look as $C_A$ instabilities (fig. 1). Fig. 2 shows the evolution of the signal frequency $\omega$ as a function of the detuning. As in the model, $\omega$ is almost constant on the interval where $C_A$ instabilities appear, i.e. for $-1.7 < \Delta_0 < -0.8$. The value of $\omega$ depends on the experimental parameters, as the trap beam or the repump intensities. It is typically of the order of one or a few hertz, in good agreement with the model. On the contrary, the detuning interval on which instabilities appear is one order of magnitude larger than that predicted. This is the main discrepancy between the experimental observations and the model. However, to make a real comparison, we should take into account the inevitable variation of $n_0$ when $\Delta_0$ is changed. Note that in the model, a simultaneous change of $n_0$ and $\Delta_0$ leads to a relative stretch of the unstable zone. Unfortunately, as we have no way to establish experimentally the relation between $n_0$ and $\Delta_0$, we are not able to check the amplitude of the correction in the present model.

When the detuning is increased, the behavior shifts towards $C_B$ instabilities. Because of noise, the transition is not abrupt as in the simulations. The limit cycle becomes more and more noisy as $\Delta_0$ is increased, while the
In conclusion, we have demonstrated the existence of a new type of instabilities in the MOT clouds. These instabilities, contrary to those already observed, are deterministic, implying that a simple amelioration of the experimental noise cannot improve the cloud stability. Instabilities consist in large amplitude periodic or erratic cycles. We have proposed a new model taking into account the intensity distribution inside the cloud. This model allows us to interpret the instabilities through an anomalous Hopf bifurcation generating the large amplitude pulses, and shows that even in the case of deterministic instabilities, noise can play a main role in the behavior. These results are obtained for a three-beam configuration, but we are expecting them to be more general. In particular, in the six beam configuration, the shadow effect also induces nonlinearities, leading to similar dynamics on the atomic density. However, the present model is still too simple to give a quantitative agreement with the experiments. A 3D model with a non constant atomic density will give a finer description of the dynamics.

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