Two-hand Global 3D Pose Estimation using Monocular RGB

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Abstract. We tackle the challenging task of estimating global 3D joint locations for both hands via only monocular RGB input images. We propose a novel multi-stage convolutional neural network based pipeline that accurately segments and locates the hands despite occlusion between two hands and complex background noise and estimates the 2D and 3D canonical joint locations without any depth information. Global joint locations with respect to the camera origin are computed using the hand pose estimations and the actual length of the key bone with a novel projection algorithm. To train the CNNs for this new task, we introduce a large-scale synthetic 3D hand pose dataset. We demonstrate that our system outperforms previous works on 3D canonical hand pose estimation benchmark datasets with RGB-only information. Additionally, we present the first work that achieves accurate global 3D hand tracking on both hands using RGB-only inputs and provide extensive quantitative and qualitative evaluation.

Keywords: hand pose, two-hand, global 3D estimation, RGB-only

1 Introduction

As the primary operating tool for human activities, the hands play a significant role in applications such as gesture control, action recognition, human-computer interaction and VR/AR. As the field of computer vision advances, commercial systems \(^3\)\(^{12}\) are shifting from marker/glove-based methods to vision-based hand tracking and pose estimation. However, accurate hand pose estimation from camera inputs remains challenging due to the possible heavy occlusion from the hand itself, the other hand or objects, complex background noise and the large pose space.

Most contemporary vision-based markerless works tackling the task of 3D hand pose estimation rely on depth information, requiring either multi-view setup or depth cameras. However, such hardware requirements add severe limitations to the possible applications by significantly increasing the setup overhead and cost. Depth cameras also only work in indoor scenes and have relatively high power consumption. To circumvent this problem, some recent approaches tackle 3D canonical hand pose estimation\(^\underline{\text{1}}\) using only RGB-based inputs and show

\(^{1}\) 3D hand pose estimation in localized and normalized frame.
good results, leveraging the capability of deep convolutional neural networks to learn the relative 3D joint location mappings in a canonical frame given the 2D priors for a single hand.

In this paper, we present the first algorithm that simultaneously estimates the 3D global joint locations of both hands with respect to the camera origin using monocular RGB inputs (Fig. 1), which is an essential step towards the next generation gesture control and pose recognition systems. Our pipeline consists of 4 major components: (1) hand segmentation and detection, (2) 2D hand pose estimation, (3) 3D canonical hand pose estimation and (4) 3D global hand pose estimation.

The first challenge of training our pipeline is the lack of annotated data from existing benchmark datasets. Real-world markerless 3D hand tracking data collected using multiple cameras or RGB-D camera setup inevitably has tracking error. Manual annotation is time-consuming and infeasible for large-scale data collection. Consequently, many recent benchmark datasets provide synthetic data with perfect ground truth annotation of the joint locations. However, synthetic images have different statistical distributions than real-world images and knowledge learned on synthetic data does not always transfer to the real-world domain, since CNNs are sensitive to textural information. In attempt to bridge the domain gap, Mueller et al. [12] presented a synthetically generated hand dataset that capitalizes on a geometrically consistent CycleGAN [32] for more realistic hand images. However, despite the improvements made on purely synthetic images, the GANerated images are still inferior compared to real images based on their evaluation results. Our experiments also show that networks trained on this "real" synthetic dataset alone perform poorly on real-world images.

Since it is currently infeasible to collect real-world hand pose data with accurate 2D and 3D joint annotations at a large-scale with sufficient variety, we create a novel high-quality synthetic 3D hand dataset suitable for training and evaluating the networks and focus on the challenging task of two-hand global 3D pose estimation using RGB.

In summary, our main contributions include:
– The first system capable of estimating 3D global joint locations for both hands using monocular RGB inputs. We introduce a viewpoint-invariant global projection algorithm capable of perfectly reconstructing the absolute 3D joint locations and the evaluation protocol for the new task.
– A novel egocentric RGB-D two-part (static + dynamic) synthetic dataset for the task of two-hand 3D global pose estimation, which introduces unique challenges and also benefits researchers working on hand segmentation and detection, 2D and 3D canonical pose estimation.
– Extensive evaluation on both two-hand 3D global and single-hand 3D canonical hand pose estimation on 4 target datasets. Our networks outperform the current state-of-the-art canonical methods with less information (only RGB) and additionally achieve promising results for global pose estimation.

2 Related Work

Hand pose estimation is a long-standing research area due to its wide range of applications and unique challenges. Compared to the popular task of body pose estimation, vision-based 3D hand pose estimation has more complex articulation, heavier occlusion and more restricted availability of data. We first review the most relevant previous methods that utilize depth information, then shift our emphasis to approaches that use RGB-only input.

Depth-based methods. Depth information can be obtained using RGB-D cameras and is useful for estimating the 3D joint locations. Tompson et al. [24] used a CNN to extract features from a single segmented depth image, followed by inverse kinematics to recover the 3D hand pose. Oberweger et al. [14] and Zhou et al. [31] introduced CNN architectures that regressed 3D joint locations from depth images directly. Ge et al. [7] proposed to project the depth image onto three orthogonal planes and fuse the corresponding 2D joint locations for the final 3D joint locations. Cai et al. [5] proposed an approach that jointly trains on synthetic and real data using depth information to provide weak supervision and tests on RGB-only input from real-world domain. Similarly, Iqbal et al. [9] trained a CNN using depth information, then estimated both 2D joint locations and a depth map from a single RGB image at test time.

Multiple-camera methods. Many methods use multiple RGB cameras to gain additional information from different viewpoints that can help with resolving the depth ambiguity and heavy occlusion. Wang et al. [25] used 2 cameras and estimated 3D hand pose by matching with instances in a hand database. Oikonomidis et al. [15] demonstrated the tracking of both the hand and an interacting object in 3D with 8 surrounding fixed cameras. Sridhar et al. [20,21] estimated the hand pose by using generative approach on inputs of multiple RGB cameras and a depth sensor. Zhang et al. [30] introduced 3D hand pose estimation using matching algorithm on inputs from stereo cameras.

Single-camera methods. Due to the significantly higher setup overhead and costs introduced by depth sensors and multiple calibrated cameras. Some methods use a single RGB image to estimate the 3D hand joint locations. Zimmer-
mann and Brox [33] proposed a CNN-based pipeline that estimates the 2D joint locations and lifts the 2D heatmaps to 3D canonical joint locations. Mueller et al. [12] introduced an architecture that estimates both 2D and 3D canonical joint locations with kinematic skeleton fitting to better address physical constraints and temporal smoothness. Spurr et al. [18] and Yang et al. [28] proposed to use variational autoencoders to learn a latent space for hand poses, which are capable of estimating 3D hand poses from RGB inputs. Some methods [4,27,8] estimated the low-dimensional parameters for a 3D deformable hand model [17] to fit the RGB inputs in order to retrieve the 3D canonical hand poses.

3 Datasets for Hand Pose Estimation

For depth-based hand pose estimation, [24,23,22,29,6] presented large-scale datasets consisting of real depth images with estimated ground-truth hand pose information. For RGB-D hand pose estimation, due to the need to manually annotate joint locations for accurate ground truth, small-scale datasets [13,19,30] with limited variation were presented with real RGB, depth images and labeled joints information. Note that accurately annotated hand data with sufficient variation is necessary for learning-based approaches, and datasets with real-world RGB/depth data can only provide estimation of the joint locations as the ground truth and some severely lacks sufficient variety. Consequently, synthetic datasets [12,13,33] with large amounts of color, depth images and perfect annotation are recently introduced for advancing research in the field.

It is worth mentioning that existing datasets and methods are designed to estimate the 3D joint locations in a canonical frame. Additionally, all existing methods and datasets only support pose estimation for a single hand. Although Zimmermann and Brox [33] presented a synthetic dataset with global joints annotation for both hands in randomized 3rd person viewpoints, the viewpoints and pose variations are designed for single-hand pose estimation and are not suitable for the task of global pose estimation of both hands.

3.1 Ego3DHands Dataset

We present the first dataset for the task of two-hand global 3D pose estimation from an egocentric view. Following [33], the dataset is generated using rendering from Blender\(^2\) which enables us to obtain the segmentation masks of hand parts as well as the annotated 2D and 3D joint locations (infeasible to obtain on real hand data at large-scale with variety). We utilize a single character from Mixamo\(^3\) to keep the bone ratios of the hands consistent for global 3D pose reconstruction. We also introduce two versions of the dataset for static and dynamic hand pose estimation respectively.

**Data Representation.** As illustrated in Fig. 2, the dataset provides 7 segmentation masks for each hand. The 2D joint locations are normalized values ranging

\(^2\) www.blender.org  
\(^3\) www.mixamo.com
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Fig. 2: Our dataset provides a total of 14 segmentation masks (right) for the fingers, palm and arm along with the 2D and 3D joint annotations.

from (0, 0) at the top left to (1, 1) at the bottom right. The global 3D coordinates are represented in the camera space. We scale the 3D coordinates so that the bone length from the wrist to the middle metacarpophalangeal (mMCP) is 10 cm. Each hand consists of 21 joints: wrist and 4 joints for each finger. The Depth map is also provided but not used in this work.

**Static Ego3DHands.** To capture the images for static hand poses, we set the camera to be between the eyes of the character facing forward. We keep the hands inside a fix-sized bounding box in front of the character so the targets stay in sight for estimation. Each hand has a 10% drop rate for single-hand scenarios. The rotational angles for arm and hand joints are randomized within reasonable rotational ranges to obtain vast variety in the pose space. We include 4 light sources with slightly randomized color, brightness and position for illumination. Additionally, for the background of the hand pose images, we selected 100 unique scene topics and collected 20,000 images from online sources, on which we further applied random color augmentation and horizontal flips. We create 50,000 instances for the training set and 5,000 instances for the test set.

**Dynamic Ego3DHands.** For global dynamic two-hand 3D tracking, we introduce an additional dataset with 100 sequences for the training set, and 10 sequences for the test set. Each sequence consists of 500 frames where we randomize independent motion for both hands. For background sequences, we selected 110 short videos with variety from Pexels, so each hand pose sequence has a unique corresponding background sequence. This dataset enables researchers to explore methods for 3D global hand pose estimation that utilize temporal consistency. We report our baseline results in Section 5 for future comparison.

4 Method

In this paper, we present the first algorithm, to our knowledge, that is capable of estimating the global 3D poses of both hands from a monocular RGB image. The overall system is demonstrated in Fig. 3. Given a single RGB image as input, we use the HandSegNet to simultaneously obtain the segmentation masks and the heatmap energy of both hands. The hand heatmap energy indicates

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Fig. 3: Overview of proposed pipeline for two-hand global pose estimation from monocular RGB. Given a RGB image, we segment and detect the hands, crop and process the hand images for 2D canonical pose estimation despite similar-object occlusion from the other hand, and use the 2D heatmaps to estimate 3D canonical poses. For the final step, We introduce a novel algorithm for computing the 3D global hand poses using the 2D and 3D canonical estimation as well as the actual bone lengths.

the approximate locations of the hands despite occlusion, which are used to provide a cropped image for each hand. The cropped RGB hand images are then processed using the corresponding segmentation masks for the next stage. To estimate the 2D joint locations, we present $PoseNet_{2D}$ that estimates and refines the 2D heatmaps of the joints in multiple stages. To lift the 2D heatmaps to a 3D pose estimation, we present $PoseNet_{3D}$ that takes the heatmaps as input and regresses the 3D canonical joint locations which we define in detail in Section 4.3. Finally, we present a novel algorithm that accurately estimates the 3D global hand joint locations in the spherical coordinate system using the obtained 2D and 3D canonical information, the actual length of key bone and the camera intrinsics. Our method can theoretically be applied to estimate the global location and pose of any object given the aforementioned information.

4.1 Two-hand Segmentation and Detection

Unlike existing methods that perform pose estimation on a single cropped hand, we need to first distinguish between left and right hand by estimating the individual hand locations. For the task of hand segmentation and detection, we use a deep convolutional neural network trained to predict both the segmentation masks and the location of hands in form of heatmap energy. We show in Section 4.2 that the accurate segmentation of hands is necessary information for 2D hand pose estimation in the presence of occlusion from the other hand.

For the architecture of $HandSegNet$, we use a residual network for the task of semantic segmentation and hand detection. It consists of 4 downsampling and 4 upsampling layers comprised of 16 residual blocks. For the output layer, we have 3 channels for the task of segmentation (2 objects and background) and 2 additional channels for estimating the heatmap energy of the left and right hand. The heatmap energy is capable of providing high activation at locations of partially or even completely occluded hands. To generate the cropped bounding boxes, we apply Otsu Thresholding on the hand energy for selecting the high
activation area. In the case of very low activation, we classify the corresponding hand(s) as being absent and drop the absent hand(s) in the subsequent stages.

4.2 2D Canonical Hand Pose Estimation

The goal of $\text{PoseNet}_{2D}$ is to estimate the canonical 2D hand pose given a cropped hand image. We use a variant of Convolutional Pose Machines (CPM) \[26\] as our base model, with batch normalization layers inserted after the convolutional layers for better adaptation to the vast RGB image space. The 2D joint locations are represented as heatmaps and CPM refines the output heatmaps in progressive stages. Since the left and right hand have different articulation, we horizontally flip the cropped images of the right hand so the learned articulation remains consistent for the model. We resize the cropped input hand images from $\text{HandSegNet}$ to 256x256. The output of the CPM consists of 21 heatmaps with size of 32x32. We generate stronger heatmap energy for closer joints so that depth information is encoded into the 2D heatmaps. We show that this heatmap generation technique (we refer to as $z$-heatmaps) improves accuracy for 3D canonical hand pose estimation in Section \[5\].

Previous work \[12\] showed good performance on RGB-based 2D hand pose estimation with occlusion introduced by interacting object. However, with the presence of both hands, the similar-object occlusion introduced by the secondary hand makes accurate 2D hand pose estimation more challenging. We show in Fig. 4 that we successfully address this issue by providing the segmentation information necessary for distinguishing the left and right hand. By using the segmentation masks of the two hands, we simplify the input image space by removing the background noise; additionally, we differentiate the color space between two hands by reducing the brightness of the secondary hand by a factor of 0.5. As a result, it is very important for $\text{HandSegNet}$ to produce accurate segmentation masks for the two hands. The output heatmaps are used as inputs for $\text{PoseNet}_{3D}$ and we retrieve the resulting 2D global joint locations using the bounding box coordinates from $\text{HandSegNet}$. For a set of 2D global joint locations, we use $\mathbf{p}_j = (\rho_j^r, \rho_j^c)$, where $\rho^r$ and $\rho^c$ represent the corresponding row and column position of the $j^{th}$ joint in form of percentages.
4.3 3D Canonical Hand Joints Regression

The 3D canonical frame for a single hand is defined such that the middle metacarpophalangeal (mMCP) joint is at the origin and the distance between wrist and mMCP is 1 \cite{12}. The defined canonical frame requires the target hand to be in the middle of the cropped image so the z-axis aligns with the camera direction. Therefore, we generate the 3D canonical joint annotation for training by rotating the original global 3D joint locations of both hands to the center of the image; zero-centering on the mMCP and normalization is applied afterwards. Thus, for a set of annotated canonical 3D Cartesian coordinates represented as \( w_j = (x_j, y_j, z_j) \),

\[
w_{\text{center}} = R \cdot w_{\text{glob}} \\
w_{\text{can}} = (w_{\text{center}} - w_{\text{center}}) / d
\]

where \( R \) is the 3D rotational matrix for centering \( w_{\text{can}} \) and \( d \) is the distance between the wrist joint and the mMCP. As a result, our 3D canonical hand poses are consistent with the visual representation of the hands, which is necessary for estimating the global joint locations and will be explained in Section 4.4.

For the architecture of \( \text{PoseNet}_3D \), we use a small residual network comprised of 8 residual blocks with 2 fully connected layers before the output layer. The input heatmaps are upscaled by a factor of 2 to the size of 64x64 for better performance. The model estimates the root-relative 3D coordinates of 21 joints for each hand.

To enforce physical constraints and encourage 2D pose consistency between \( w_{\text{can}} \) and \( p \), we employ the following loss function for training \( \text{PoseNet}_3D \),

\[
L_{3d} = L_j + L_{\text{bone}} + L_{\text{proj}}
\]

where \( L_j \) is the Mean Squared Error (MSE) loss for joint regression. In addition, we introduce \( L_{\text{bone}} \) that indicates the MSE between the ground truth and the predicted bone lengths. \( L_{\text{proj}} \) indicates the MSE between the \((x, y)\) component of \( w_{\text{can}} \) and \( p \) projected into the same canonical frame. The overall \( L_{3d} \) aims to produce physically plausible 3D canonical hand poses that are also consistent with the 2D poses.

For the task of 3D canonical hand pose estimation only (Section 5.1), we expect \( \text{PoseNet}_3D \) to refine the potentially inaccurate 2D pose estimations and drop \( L_{\text{proj}} \). However, for the task of 3D global hand pose estimation in the next stage, we replace \( p \) from \( \text{PoseNet}_2D \) with the \((x, y)\) component of \( w_{\text{can}} \) projected back into the pixel space since the consistency between 2D and 3D poses is important for our projection algorithm (Section 4.4).

4.4 3D Global Hand Pose Estimation

Given the 3D Cartesian coordinate system in the camera space, the problem of 3D global hand pose estimation introduces different challenges compared to conventional 3D canonical hand pose estimation. First, the same canonical hand
pose in different global positions is visually rotated, thus introducing rotational ambiguity. Second, the size of the hand correlates not to the z-value of its global Cartesian 3D position, but to its absolute distance to the camera origin, which introduces depth ambiguity. As a result, we propose a novel algorithm for global 3D hand pose estimation using the spherical coordinate system. As illustrated in Fig. 5 in order to transform the 3D canonical hand pose back to its original 3D global position, we first scale it by the known actual key bone length $L$ to the real-world size, then translate it by $r$ cm in the positive direction along the z-axis, and finally apply a 3D global rotation with $\theta_{m MCP}$ and $\phi_{m MCP}$ respectively in the spherical coordinate system. To compute a set of global 3D Cartesian coordinates $w^{glob}$ given $w^{can}$ in 3D and $p$ in 2D, we find the absolute spherical coordinate of the m MCP $v_{m MCP} = (r_{m MCP}, \theta_{m MCP}, \phi_{m MCP})$. For the rotational angles,

$$
\theta_{m MCP} = \text{atan}(((p^r_{m MCP} \cdot H) - H/2)/pxcm, foc)
$$

$$
\phi_{m MCP} = \text{atan}(((p^c_{m MCP} \cdot W) - W/2)/pxcm, foc)
$$

(3)
where $H$ and $W$ represent the height and width of the RGB input image, $pxcm$ is a constant conversion factor for converting from image pixels to centimeters and $foc$ is the camera focal length.

In order to compute $r_{mmcp}$, we need to apply the Side Splitter Theorem on the right-angled similar triangles shown on the key bone plane (Fig. 5 (2)),

$$z_{3d} = z_{2d} \cdot h_{3d}/h_{2d}$$ (4)

where $z_{2d}$ and $h_{2d}$ are computed by rotating $p_s$ (the secondary joint $s$ that forms the key bone with mMCP) with $\theta_{mmcp}$ and $\phi_{mmcp}$. For $h_{3d}$, the segment of key bone perpendicular to the z-axis is

$$h_{3d} = \sqrt{x_{can}^2 + y_{can}^2} \cdot L$$ (5)

where $(x_{can}^s, y_{can}^s, z_{can}^s)$ is the 3D canonical position for joint $s$. Finally, we compute the spherical radius of the mMCP,

$$r_{mmcp} = z_{3d} - z_{can}^s \cdot L$$ (6)

with $z_{can}^s$ being positive if the key bone extends away from the camera.

Since the key bone needs to have sufficient length in 2D images for accurate projection and estimation, we use mMCP as the primary joint for the key bone, and select either the wrist or the pinky MCP as the secondary joint. By selecting the longer one of the two "bones" as the key bone, we guarantee its validity since the two "bones" can never be parallel and therefore can never both point in the direction of z-axis in 2D images.

For tracking both hands in 3D global space in video settings with temporal smoothness, we apply polynomial regression for the estimation of $r_{mmcp}$. We use two queues (for left and right hands) to store the most recent $r_{mmcp}$ values to estimate the current $r_{mmcp}$.

Our 3D global pose estimation algorithm can be applied generally to estimate the 3D global location of any objects given the 2D, 3D canonical information, actual key bone length and camera intrinsics. Unlike other methods [11,16] that attempt to estimate the approximate global poses, our algorithm is, to our knowledge, the first capable of perfectly reconstructing the global 3D poses. We show its effectiveness in Section 5.2 on several hand pose datasets (both synthetic and real) with annotated 3D global joint locations and different viewpoints.

5 Experiments

We first compare the performance of $PoseNet_{2D}$ and $PoseNet_{3D}$ for single-hand 3D canonical pose estimation with the current state-of-the-art methods on two popular benchmark datasets: Stereo Tracking Benchmark Dataset (STB) [30] and Rendered Hand Pose Dataset (RHP) [33]. For two-hand global 3D pose estimation, we evaluate our method on the test sets of both the static ($Ego3D_s$) and the dynamic ($Ego3D_d$) versions of Ego3DHands. To demonstrate the effectiveness of our global pose estimation algorithm, we show quantitative and
(a) Self-comparisons. (b) Comparison with the state-of-the-art. (c) Spherical PCK for global estimation.

Fig. 6: Self-comparisons (left) and comparison with the state-of-the-art (middle) for 3D canonical hand pose estimation on the STB dataset. + indicates that the feature is applied incrementally. Spherical PCK (right) without alignment with the ground truth root joint is also reported.

Qualitative results for global hand pose estimation on all 4 target datasets. Training details are included in the supplementary document.

5.1 Single-hand Canonical Pose Estimation

Stereo Tracking Benchmark Dataset (STB) consists of 12 sequences (1500 frames per sequence) of captured single-hand motion of 1 subject with 6 different backgrounds and lighting. Stereo and depth images are provided, but only the RGB images from the left camera are used in this work. We follow the same evaluation protocol as [33], training on 10 and testing on the other 2 sequences. For evaluation of the 3D pose estimation, the 3D canonical pose needs to be scaled to its actual size and transformed to its global position using the ground truth root joint. Other methods scale \( w_{can} \) by \( L \) and simply translate \( w_{mmcp}^{can} \) to \( w_{mmcp}^{glob} \) (Cartesian alignment), which assumes that there is no rotational discrepancy since the hand is relatively close to the center of the camera. We align our canonical hand poses to global hand poses by spherical alignment. Specifically, we scale \( w_{can} \) by \( L \), apply translation in the z-axis and rotation in the spherical coordinate system to align \( w_{mmcp}^{can} \) with \( w_{mmcp}^{glob} \). In Fig. 6a, we perform various experiments for self-comparisons to justify our design choices, reporting the Area Under Curve (AUC) computed using the Percentage of Correct Keypoints (PCK), where a predicted keypoint is correct if its location is within the threshold radius around the ground truth. We also report the End Point Error (EPE) in mm. For comparison with other methods, we show in Fig. 6b that we outperform most state-of-the-art methods with an AUC = 0.995. It is worth mentioning that fair comparison cannot be made since many methods utilized depth information [8, 59], deformable hand model (guaranteed physical plausibility) [8, 41] or additional datasets [8, 42, 27] during training while we simply trained on the left RGB images with color augmentation in the training set of STB.

Rendered Hand Pose Dataset (RHP) provides 41258 images for training and 2728 images for evaluation. Each rendered image contains a single character performing 1 of 39 gestures and the view is focused on one of the two hands. The
Table 1: Comparison with the state-of-the-art methods on the RHP dataset. 3D AUCs are computed over an error range from 20 to 50mm. * uses noisy ground truth 2D heatmaps as inputs.

| Method           | AUC ↑ | EPE (mm) mean ↓ | EPE (mm) median ↓ |
|------------------|-------|-----------------|-------------------|
| Iqbal et al. [9] | 0.940 | 11.33           | 13.41             |
| Baek et al. [4]  | 0.926 | –               | –                 |
| Ge et al. [8]    | 0.920 | –               | –                 |
| Cai [5]          | 0.887 | –               | –                 |
| Yang et al. [28] | 0.849 | –               | 19.95             |
| Spurr et al. [18]| 0.849 | –               | 19.73             |
| Z & B [33]       | –     | 18.80*          | –                 |
| Ours             | 0.929 | 11.86           | 13.47             |
| Ours + seg       | 0.942 | 11.14           | 12.47             |

training and test sets contain 31 and 8 distinct gestures respectively. We use the same setting as our method for the STB dataset. Since the pose variation in this dataset is very limited, we perform data augmentation by rotating the images with random angles. As shown in Tab. [1] we achieve an AUC of 0.929 and a top AUC of 0.942 with utilization of the segmentation information. Note that [9,5] leverage on depth information (more information than segmentation since the background has infinite depth) for training and [8,4] utilize a deformable hand model and additional datasets. We show that our RGB-only method outperforms other state-of-the-art methods that utilize various additional information.

5.2 Two-hand Global Pose Estimation

We first provide quantitative results on Ego3Ds for all relevant subparts using the ground truth inputs for isolated analysis, then provide evaluation on the complete cascaded pipeline on both Ego3Ds and Ego3Dd. Results for the two hands are combined by taking the average for simplicity. Extensive ablation studies are also performed.

**HandSegNet.** For the segmentation of the two hands, we report mean Intersection over Union (mIoU) of 0.955 and 0.962 on Ego3Ds-test and Ego3Dd-test respectively. For hand detection, the ground truth bounding boxes are determined by the annotated 2D joint locations. We report 2 metrics for the task of hand detection: the hand detection accuracy for how well the model correctly classifies the presence of the left and right hand; the bounding box detection accuracy for how accurately the model determines the location of the left and right hands. We report a hand detection accuracy of 1.00 and bounding box detection accuracy of 0.965 and 0.982 for Ego3Ds-test and Ego3Dd-test respectively, where a positive is scored when the IoU between the ground truth and the predicted bounding boxes is greater than 0.5.

**PoseNet2D.** We compute 2D PCK using the ground truth and the predicted global 2D joint pixel locations. Fig. [7a] shows the 2D PCK of PoseNet2D on
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(a) 2D Pose Estimation. (b) 3D Canonical Pose Estimation. (c) Spherical PCK for global estimation.

Fig. 7: Quantitative results on the Ego3D_s and Ego3D_d for 2D (a), 3D canonical (b) and 3D global (c) hand pose estimation. Results are reported given the ground truth input for isolated studies unless marked as "*complete" in (a) and (b). "dynamic" indicates that experiments are performed on Ego3D_d.

Ego3D_s-test and Ego3D_d-test. Additionally, we perform ablation studies by comparing the 2D PCK of PoseNet2D on various settings. We show that the hand segmentation and inserted batch normalization layers both lead to noticeable improvement.

PoseNet3D. We show the canonical 3D PCK of PoseNet3D on Ego3D_s-test and Ego3D_d-test in Fig. 7b. We transform the 3D canonical hand poses to the global 3D space with spherical alignment for evaluation. We also perform ablation studies by comparing the results of training using different training losses and heatmaps. We point out that $L_{\text{bone}}$ decreases the average bone length error from 3.7mm to 1.8mm despite having slightly worse AUC and EPE.

3D Global Pose Estimation. For this new task, it is necessary that we evaluate the global pose estimation accuracy using PCK in the spherical coordinate system for more intuitive results. Specifically, the spherical PCK evaluates directional accuracy and distance accuracy of the root joint (mMCP). We claim that the spherical PCK on the root joint and PCK for the 3D canonical pose estimation together produce comprehensive evaluation results for the task of 3D global hand pose estimation. We skip the spherical PCK plot for isolated study since our 3D global pose estimation algorithm perfectly reconstructs the global 3D poses given the ground truth $w^{\text{gdept}}$ in 3D and $p$ in 2D.

The task for the complete cascaded pipeline is particularly difficult not only due to each module being dependent on the accuracy of the prior estimation, but also the fact that any error on the 2D or 3D canonical pose estimation can directly impact the global projection and decrease the final accuracy. Fig. 7c shows the spherical PCK of our complete pipeline on Ego3D_s-test and Ego3D_d-test. Note that $L_{\text{proj}}$ improved the overall spherical PCK for 3D global pose estimation despite leading to slightly worse performance in 3D canonical pose estimation.

We demonstrate that global hand pose estimation through monocular RGB input is achievable and we show promising results. For Ego3D_s and Ego3D_d, our method achieves a directional and distance accuracy of 0.90 approximately at an angular threshold of 3 degrees and a radius threshold of 7 cm respectively.
Fig. 8: Qualitative results for 3D global hand pose estimation on 4 datasets. Top row visualizes the 3D global hand poses from the center camera view. Middle and bottom rows show the top and side views respectively.

Note that hand poses with differences of 7 cm in distance with respect to the camera origin show little difference visually in 2D images but there is definitely room for improvement.

Our global estimation algorithm also generalizes for other datasets. We report the spherical PCK on STB in Fig. 6c for global pose estimation without accessing the ground truth location of the root joint. Our results on STB indicates that our method is capable of accurate global pose estimation on real-world data as well.

For RHP, we report an AUC of 0.960, 0.958 and 0.690 for the spherical PCK of $\theta$, $\phi$ and radius respectively. This dataset is challenging for accurate distance estimation due to its low image resolution. We show qualitative results for 3D global hand pose estimation on 4 datasets in Fig. 8 and in the supplementary document.

6 Conclusion

In this work we present the first method that estimates the 3D global poses for both hands given only a single RGB image. We contribute a large-scale synthetic egocentric hand pose dataset for training and evaluation of the networks. We show that our approach outperforms methods that utilize additional information for single-hand 3D canonical hand pose estimation and further achieves promising results for two-hand 3D global hand pose estimation. There are countless applications for RGB-only 3D global body/hand pose estimation and domain adaptation for pose estimation in the real-world domain remains as necessary future work.
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1 Training Details

To obtain the experimental results for all targeting datasets, we use the same training schedule for HandSegNet, PoseNet$_{2D}$ and PoseNet$_{3D}$. Specifically, we use the Adam optimizer with an initial learning rate of 0.001, $\beta_1 = 0.9$ and $\beta_2 = 0.999$. We use cross entropy (CE) loss for the segmentation loss of HandSegNet and mean squared error (MSE) loss for the training of all other parts of the networks. We set the batch size to 4 and trained HandSegNet for 30,000 iterations. PoseNet$_{2D}$ and PoseNet$_{3D}$ are trained for 15,000 iterations since each iteration consists of training of two separate hands. The learning rates decrease with a rate of 0.5 every 5,000 iterations.

For results obtained without segmentation and batch normalization layers using PoseNet$_{2D}$, we used standard stochastic gradient descent and an initial learning rate of 0.000001 for better convergence. We also set the weight decay to 0.0005 for PoseNet$_{3D}$.

2 Additional Qualitative Results

(1) Ego3DHands (static)
(2) Ego3DHands(dynamic)

(3) Stereo Tracking Benchmark Dataset (STB)
Fig. 4: Additional qualitative results for 3D global hand pose estimation on 4 datasets. Left column visualizes the 3D global hand poses from the center camera view. Center and right columns show the top and side views respectively.