Motivation to Learn and its Relationship to Academic Achievement among Students of basic Arabic Schools in China

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Abstract—This correlational study examined the effects of motivation in the process of learning and its connections to the academic achievement of the students who study at the Basic Arabic Schools in China. The designed tool, which is a questionnaire, consists of 40 items and had been processed by statistical analysis to contrived psychometric properties and it had been achieved through validity and reliability. The study acknowledged the cumulative scores of academic achievement of students for the last academic year, which was considered as one of the variables of the current study and compared to motivation to learn in the questionnaire sample of 30 students as well as the sample of the final study which covered all 242 students in the basic Arabic schools of the 7th, 8th and 9th Grades. The study found that there was a significant correlation between motivation to learn and academic achievement of students. It was proved through correlation and regression analysis that there was a positive relationship between motivation and academic achievement and the ability to predict the academic achievement through motivation. It had been found that the most motivated students are the ones who achieve higher academic performance. There were significant differences in motivation according to the gender in which females scored the highest means. Besides, no significant differences found in grade variables.

Index Terms—Academic achievement; motivation to learn; relationship; correlation

I. INTRODUCTION

Many educators suffer from non-willingness of students to learn [1]. This in turn worries educators because it eventually leads to low academic achievement, as it is our main concern to shed light on some aspects through which we can identify the level of students’ academic achievement [2, 3]. Motivation to learn is considered to be greatly important, as it is a prerequisite for the success of the educational process [4, 5]. It helps and moves students to achieve and accomplish, contributes in increasing efforts, energy, initiative, and perseverance of students, and it increases their ability to process information, which is reflected on their performance in the classroom, and this in turn leads to raising students interaction in the classroom and their academic achievement [6].

Clement, Dornyei and Noels [7] added that motivation is considered to be an effective learning factor that encourages students in their educational activities and leads to enabling them to choose the activity model that they desire to perform. Thus, it is a must to assist students in creating their motivation for learning what should be learnt [8]. Students should be also guided to realize the significance of their educational activities in order to be successful in their academic achievement [9,10].

A. Definition of Motive

Motive can be defined as a group of internal conditions that move individuals to fill a certain deficiency or need, whether biological, psychological or social [11]. Thus, the concept of motive is related to the concept of need, as need indicates change, decrease, or increase in the individuals’ situation, which causes tension and anxiety that motive seeks to eliminate and restores individuals to a state of balance and adaptation [12]. That is to say, the function of motive is to meet the needs of individuals and maintain their balance and compatibility in the external and internal environment [5].

Ryan and Deci [5] illustrated that motive has three main functions in terms of behavior, namely: moving, activating, and directing behavior, as well as maintaining its sustainability until the need is met and the balance is
restored. The term motivation also refers to an internal psychological state that moves individuals to conduct a particular behavior in a specific direction to achieve a certain goal. In case individuals could not achieve such a goal, they feel distressed and tensioned until achieving it [13, 14].

Some researchers pointed out that motivation is not an abstract that can be directly observed, but it is a condition in the human being whose existence is shown in the behavior patterns observed. Thus, several behavior patterns may be constituted of a single motive. Moreover, dividing motivation into different motives does not imply that such motives are different from each other, as it is a state of tension that makes human being active [15].

B. Motivation to Learn

Psychological studies are concerned with motivation and the factors and circumstances that keep students motivated. The topic of motivation is considered complicated in terms of diverse parties concerned, either in terms of their requirements in the classroom and the appropriate educational methods that include educational learning experiences which stimulate students to get involved in the educational learning attitude on one hand, and the different psychological trends that are dealt with in the light of the intellectual vision of motivation on the other hand, whether through behavioral, cognitive, or human trends, or through analytical school of psychology. Therefore, motivation to learn can be defined in the light of its general concept as follows:

Biehler and Snowman [16] defined learning motivation as: "The internal or external state of learners that moves their behavior and claims and which makes them continue, and keep them going towards a specific goal or purpose."

C. The Relationship between Motivation and Academic Achievement

Most studies point out that motivation and encouragement stimulate students to achieve. It was also pointed out that children who are raised under high parental protection, have a higher learning motivation. In addition, challenges increase their ambition, stimulate their imagination and production, and increase their academic achievement [17,18,19].

On the other hand, learning motivation plays an important and influential role in raising the level of individuals performance and productivity in the various fields and activities that they experience, especially in the field of academic achievement. Moreover, differences in the academic achievement of students can be demonstrated by means of motivation level of students as most studies confirmed that the higher the level of learning motivation, the higher the academic achievement of students [20].

Academic achievement depends mainly on learning, education, orientation, and motivation. Murray [21] stated: "Motivation of learning is the constant desire to strive for success, to accomplish difficult tasks, to efficiently overcome obstacles, with the least amount of effort and time, and with the best level of learning." [22].

Furthermore, there are studies stressed the importance of motivation to learn in increasing academic achievement and success and found a fundamental relationship between motivation for learning and learning achievement [6] as motivation to learn is an internal situation of learners which moves their behavior and performance and directs them to achieve a specific goal, such as achieving the highest results that lead to success, so that success of the educational process depends on the effectiveness of the students and their motivation to learn [23]. Also, many studies claimed that student's academic achievement is important in order to enhance teaching and learning method, student needs assessment and students learning behavior [24,25].

As mentioned above, motivation is one of the most significant ways to achieve educational objectives because it is considered one of the key factors that help in gaining knowledge and understanding. It can be said that perhaps the most important principle in learning is the existence of motivation [26, 27].

D. The Relationship between Motivation and Learning

Motivation has a direct relationship with students behavior and their learning, as several useful impacts of motivation can be observed in students learning and behavior. Ames; Dev; Bester & Brand; Guay, Chanal, Ratelle, Marsh, Larose and Boivin; Ghaedi & Jam [28,29,30,31,32] illustrated the relationship as follows:

- Motivation moves behavior of students towards certain goals, hence motivation affects the choices of students.
- Motivation increases initiating and persisting on activities, so it creates in them the desire to continue and to persist in the performance of tasks, when obstacles takes place or when they become frustrated while they are performing such tasks.
- Motivation assists student to process information and affects the manner and quantity of processing information. Highly motivated Students are more attentive to the teacher, and thus acquires more information in short-term memory and long-term memory. Moreover, such highly motivated students seek help from the teacher or from other sources when they are in need as they attempt to acquire more knowledge, to be more focused on meaningful learning, and not to care about simply keeping information at the deaf level.

The academic achievement of students is not recognized without understanding their motivation to learn through a framework that asserts the goals of learners. In other words, it can be said that the academic achievement of students in the classroom is an indication of many factors, some of which are related to motivation and the other factors are related to the environmental
conditions. This study intends to discover the relationship between motivation to learn and academic achievement of Arabic school students in China because of the scarcity of such studies in this respect. It specifically recognizes the characteristics affecting academic achievement of these students by their motivation of learning and not to forget to mention the cultural differences of these students in comparison to the Chinese culture. That is why this study is considered to be as one of the most important studies.

E. Aims of the Study

- The main aim of this study is to find the relationship between motivation to learn of students of basic Arabic schools and their academic achievement.
- Find the values of (R-square, β, T-value and F-value) by using regression analysis to predict the academic achievement through the motivation to learn.
- Identify whether there are any statistical significant differences between the research variables (Gender and Grade).

### II. METHODOLOGY

#### A. Study Group

This correlational study covered all 242 students in the basic Arabic schools (106 males (44%) and 136 females (56%) for the 7th, 8th and 9th Grades in China. The age of the sample ranged from 13 to 16 years old. The random sampling technique was adopted to select the sample study.

#### B. Tool of the Research

The tool, which used in this study, based on many educational literatures and previous studies on the subject such as the study of Broussard and Ghengesh [33, 34]. The exploratory study of the questionnaire has been done to verify its psychometric properties (validity and reliability) for 30 students. In order to validate the tool, it was presented to specialists and experts in the field.

| No | Items                                                                 | Correlation Coefficient |
|----|-----------------------------------------------------------------------|-------------------------|
| 1  | I always read textbook before classes                                 | 0.521                   |
| 2  | I try to be at the level of students who are successful in their studies | 0.595*                  |
| 3  | I have a strong desire to ask about topics related to school         | 0.681**                 |
| 4  | I carry out whatever I am asked to do in the school                   | 0.575*                  |
| 5  | I like to get my teacher’s assistance in planning to what I should do later | 0.743**                 |
| 6  | I feel happy when I am in the school                                  | 0.598**                 |
| 7  | I pose questions in the class as I like to learn whatever new        | 0.643**                 |
| 8  | I am interested in doing my homework                                 | 0.541**                 |
| 9  | I do a lot of school activities                                      | 0.529**                 |
| 10 | I feel satisfied when I develop my school skills and information      | 0.631**                 |
| 11 | My passion for studying encourages me to overcome all the obstacles | 0.723**                 |
| 12 | Cooperation with my colleagues while doing home works is beneficial  | 0.610**                 |
| 13 | I prefer to do my homework with a number of colleagues               | 0.743**                 |
| 14 | I do not fed up when I do my homework with my colleagues             | 0.598*                  |
| 15 | I can create easy friendship with colleagues at school                | 0.643**                 |
| 16 | My parents listen to me when I talk about my school problems         | 0.541**                 |
| 17 | I can pay attention to the teacher’s explanation and follow up       | 0.541**                 |
| 18 | I face various school positions with full responsibility             | 0.575*                  |
| 19 | Revision with my colleagues at school enables me to have good scores | 0.811**                 |
| 20 | I feel happy when I am doing my homework                             | 0.811**                 |
| 21 | I do my homework in a way that is better than my colleagues          | 0.792**                 |
| 22 | I make sure to have a discussion with teachers                        | 0.631**                 |
| 23 | I hugely participate in school activities                             | 0.779**                 |
| 24 | I prefer to pay attention and to do my homework rather than anything else | 0.795*                 |
| 25 | I enjoy new ideas that I learned at school                            | 0.788*                  |
| 26 | I like strict rules of the school                                    | 0.575*                  |
| 27 | I prefer to pay attention to my lessons on the account of any other thing | 0.811**                 |
| 28 | I feel that almost all lessons provided by teacher are interesting    | 0.598*                  |
| 29 | I am easily convinced to participate at any new activity at school    | 0.643**                 |
| 30 | I like an easy assignment which I feel very certain of my ability to do | 0.541**                 |
| 31 | I like to complete my homework myself without assistance in order to be more independent | 0.712**                 |
| 32 | I stick to the roles and behavior required by school                 | 0.575*                  |
| 33 | I bear school difficulties and problems that I face.                 | 0.634*                  |
| 34 | I like to do homework that require more time                          | 0.579**                 |
| 35 | I like difficult homework because it is a challenge for me.          | 0.645**                 |
| 36 | I am satisfied when I develop my school knowledge and skills         | 0.743**                 |
| 37 | I fulfill school assignments accurately                              | 0.598**                 |
| 38 | I like school attitudes that teach me responsibility                 | 0.643**                 |

* p<0.01
This questionnaire consists of 40 items distributed among four dimensions: Sharing with others (items number: 2, 6, 12, 13, 14, 15, 16, 19, 21, 22), Effectiveness (items number: 1, 3, 4, 5, 7, 10, 17, 20, 37, 38), Interest in school activity (items number: 8, 9, 11, 23, 24, 25, 26, 29, 30, 32), and Taking responsibility (items number: 18, 27, 28, 31, 33, 34, 35, 36, 39, 40). The students specify their level of agreement over the items raised in the tool in a five-level Likert scale (always applicable, almost applicable, sometimes applicable, seldom applicable and not applicable at all). From Table 1 it is clear that all the items are statistically significant at 0.01. The highest correlation was with the items 19,20 and 27 R= 0.811 of the questionnaire (Revision with my colleagues at school enables me to have good scores, I feel happy when I am doing my home work and I prefer to pay attention to my lessons rather than doing other things) respectively. While the lowest correlation was with the first item R= 0.521 (I always read textbook before classes). This indicates the strong internal consistency of each item with the overall degree of questionnaire. The researcher recognized the cumulative scores of academic achievement of students for the last academic year 2017-2018, which was considered as one of the variables of the current study and compared to motivation to learn in the questionnaire sample of 30 students as well as the sample of the final study that consists of 242 students.

Criterion validity was also studied to find out the correlation between the student’s motivation to learn and their academic achievement. The correlation value is (0.613) which indicates that the increasing in student’s motivation to learn leads to the highest academic achievement of students.

### Table 2. Criterion Validity of the Questionnaire

| Pearson Correlation | Motivation score | Academic Achievement Score |
|---------------------|------------------|---------------------------|
| **Motivation score** | 1                | 0.613*                    |
| **Academic Achievement Score** | 0.613**         | 1                         |
| **Number of Students** | 30               | 30                        |

*p<0.01*

Cronbach’s alpha was calculated based on the four dimensions of the tool. The Cronbach’s alpha for whole dimensions was (α =0.846) and the Guttman Split-Half was (0.850) which is suitable and acceptable ratios for the test.

### Table 3. Reliability of the Questionnaire

| Dimensions       | No. of Items | Cronbach's Alpha | Guttman Split-Half |
|------------------|--------------|------------------|--------------------|
| 1<sup>st</sup> dimension | 10           | 0.743*           | 0.771              |
| 2<sup>nd</sup> dimension | 10           | 0.679**          | 0.723**            |
| 3<sup>rd</sup> dimension | 10           | 0.600*           | 0.645**            |
| 4<sup>th</sup> dimension | 10           | 0.707**          | 0.731**            |
| Whole dimensions | 40           | 0.846**          | 0.850**            |

*p<0.01*

### III. RESULTS AND DISCUSSION

Table 4 shows the correlation of the student’s motivation to learn with the academic achievement. With regard to this correlation, there is a positively and significantly relationship between each dimensions of motivation to learn and academic achievement. These findings were supported by Ofori, Nsiah-Gyabaah & Sekyere [35] who found that there is a significant correlation between achievement and motivation scores of the students. A study by Goldberg and Cornell [36] revealed statistically significant correlation between motivation and academic achievement. Mnyandu [37] found a significant positive correlation between motivation and learners’ achievement.

### Table 4. Correlation among Dimensions of Motivation to learn and the Academic Achievement

| Variables          | Sharing with others | Effectiveness | Interest in school activity | Take responsibility | Academic Achievement | Whole Dimensions |
|--------------------|---------------------|---------------|-----------------------------|---------------------|----------------------|------------------|
| Sharing with others| -                   |               |                             |                     |                      |                  |
| Effectiveness      | .472**              | -             |                             |                     |                      |                  |
| Interest in school activity | .401**           | .391**       |                             |                     |                      |                  |
| Taking responsibility | .420**             | .483**       | .451**                      |                     |                      |                  |
| Academic Achievement | .682**             | .507**       | .591**                      | .542**              |                      |                  |
| Whole Dimensions   | .743**              | .806**       | .720**                      | .766**              | .755**               |                  |

*p<0.01*
Table 5 shows the mean score of academic achievement (M=79.314, SD= 9.091) and the mean scores for each of the four dimensions of motivation to learn which ranged from (36.099 to 39.645). The mean of the whole motivation dimensions was (M= 151.124, SD = 21.129), which indicates that students were motivated to learn and they displayed a high level of interest in school activity (M= 39.645, SD= 6.400).

Table 5. Mean and Standard Deviation of Motivation to learn and the Academic Achievement

| Variables                        | Number of Participants= 242 |
|----------------------------------|-----------------------------|
| Academic Achievement             | 79.314 9.091                |
| Sharing with others              | 38.207 6.461                |
| Effectiveness                    | 37.174 8.295                |
| Interest in school activity      | 39.645 6.400                |
| Taking responsibility            | 36.099 6.577                |
| Motivation to learn (whole dimensions) | 151.124 21.129 |

In order to predict the academic achievement by motivation to learn, the regression analysis was used. The four dimensions of motivation to learn are tested as shown in (Table 6) and Fig 1,2,3,4,5. The results revealed that there is a positive relation between motivation to learn with academic achievement and the relationship is statistically significant. The F value clarifies the significance between the whole dimensions of motivation to learn and academic achievement (R Square = 0.570), (β = 0.755) and (F value = 318.349). So, it is possible to predict the academic achievement scores through the student’s motivation to learn. The values of the first dimension “sharing with others” is (R Square = 0.465), (β =0.682) and (T value =14.449). The second dimension “effectiveness” (R Square = 0.257), (β = 0.507) and (T value =9.108). The third dimension “interest in school activity” (R Square = 0.349), (β = 0.591) and (T value = 11.338). The fourth dimension “taking responsibility” (R Square = 0.294), (β = 0.542) and (T value = 9.989). From (Table 6) below T value clarifies the significance between each dimension of motivation to learn and academic achievement. So, there is a noticeable effect of motivation with all its dimensions on the academic achievement.

Fig.1. Prediction of the Academic Achievement through the Sharing with others
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Fig. 2. Prediction of the Academic achievement through effectiveness

Fig. 3. Prediction of the Academic Achievement through the Interest in School Activity
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Fig. 4. Prediction of the Academic Achievement through Taking Responsibility

Fig. 5. Prediction of the Academic Achievement through motivation to learn (whole dimensions)

Table 6. Regression Analysis for Prediction the Academic Achievement on the basis of Motivation to learn

| Variables                        | R Square | β     | T value  | F value | p     |
|----------------------------------|----------|-------|----------|---------|-------|
| Sharing with others              | 0.465    | 0.682 | 14.449   | —       | <.001 |
| Effectiveness                    | 0.257    | 0.507 | 9.108    | —       | <.001 |
| Interest in school activity      | 0.349    | 0.591 | 11.338   | —       | <.001 |
| Taking responsibility            | 0.294    | 0.542 | 9.989    | —       | <.001 |
| Motivation to learn (whole dimensions) | 0.570    | 0.755 | —        | 318.349 | <.001 |

*p=0.001*
Gender differences in motivation to learn were analyzed by using independent t-test and the results are presented in (Table 7 and Fig 6). As the means indicate, both males and females have scored high level in third dimension ‘Interest in school activity’ but the highest level was in favor of female students. There were statistically significant gender differences among the four dimensions. This finding concurred with studies of Ergene; Jegede; Jen & Yong; McCarthy & Widanski; Ofori et al [38, 39, 40, 41, 35]. Awan, Noureen & Naz [42], stated that females have been found by several studies to be more motivated than males and explained in their study that females were found to generally outperform males and that males consistently showed lower levels of academic achievement than their female counterparts. In another study of Eymur and Geban [43]. Whose aim was to examine the motivational differences between male and female students, females were found to be more motivated than males in all motivational scales. According to Brophy [44] males generally place less value on engaging in school activities than females do. Also, it is noticeable that there were statistically significant differences in motivation to learn according to gender variable as well as statistically significant differences in academic achievement of students according to the same gender variable which emphasizes the positive relationship between motivation to learn and academic achievement.

Table 7. The Difference between the Mean Scores of Academic Achievement and Motivation to learn of Male and Female Students

| Dimensions                      | Gender | N   | Mean     | SD      | T       | DF | ρ        |
|---------------------------------|--------|-----|----------|---------|---------|----|----------|
|                                 | Male   | 106 | 33.302   | 11.168  | 3.927***| 240| .000     |
|                                 | Female | 136 | 37.889   | 6.894   |         |    |          |
|                                 | Male   | 106 | 32.802   | 14.871  | 2.686** | 240| .008     |
|                                 | Female | 136 | 36.588   | 6.199   |         |    |          |
|                                 | Male   | 106 | 34.528   | 10.335  | 4.852***| 240| .000     |
|                                 | Female | 136 | 40.015   | 7.235   |         |    |          |
|                                 | Male   | 106 | 33.038   | 10.176  | 2.469** | 240| .010     |
|                                 | Female | 136 | 35.787   | 7.126   |         |    |          |
|                                 | Male   | 106 | 129.189  | 43.457  | 4.443***| 240| .000     |
|                                 | Female | 136 | 148.721  | 24.046  |         |    |          |
|                                 | Male   | 106 | 75.972   | 11.199  | 2.626** | 240| .009     |
|                                 | Female | 136 | 79.257   | 8.257   |         |    |          |

Fig 6. Means of the Four Dimensions for Gender Variable

(ρ<0.001), *(p≤0.01)
Table 8 and Fig 7 show the mean scores for each of the four dimensions according to grade variables. It is clearly noticed that the third dimension scored the highest mean "Interest in school activity" (M= 39.645, SD= 6.400). Also, the results revealed that the eighth grade scored the highest mean (M= 41.026, SD= 8.279). No statistically significant differences were found among the four dimensions according to grade variables. The results are congruent with those reported by Coleman, Galaczi & Astruc [45] that the ANOVA analysis confirms that there are no significant differences between the grade variable.

Also, these findings mirror those of Ghenghesh [34] and Williams, Burden & Lanvers [46] these researchers found a decrease in motivation to learn between Grades 7 and 9. In addition, Palicz [47] found that there are a certain aspects in motivation to learn and related activities of the learners seem to be changed from time to time. Also, it is noticeable that there were no statistically significant differences in motivation to learn according to grade variables as well as no statistically significant differences in academic achievement of students according to grade variables which emphasize the positive relationship between motivation to learn and academic achievement.

Table 8. The Difference between the Mean Scores of Motivation to learn and Academic Achievement according to the Grade Variable

| Dimensions                  | Grade     | N  | Mean   | SD    | Sum of Squares | Mean Square | DF | F     | ρ     |
|-----------------------------|-----------|----|--------|-------|----------------|--------------|----|-------|-------|
| Sharing with others         | Seventh   | 96 | 37.312 | 5.643 | 213.616       | 106.808      | 2  | 2.593 | .077  |
|                             | Eighth    | 78 | 39.512 | 7.977 | 9846.053      | 41.979       | 239|       |       |
|                             | Ninth     | 68 | 37.971 | 5.356 | 10059.669     |              | 241|       |       |
|                             | Total     | 242| 38.207 | 6.461 |                |              |    |       |       |
| Effectiveness               | Seventh   | 96 | 36.417 | 6.964 | 398.369       | 199.180      | 2  | 2.931 | .057  |
|                             | Eighth    | 78 | 39.026 | 10.456| 16184.341     | 67.717       | 239|       |       |
|                             | Ninth     | 68 | 36.118 | 6.867 | 16582.711     |              | 241|       |       |
|                             | Total     | 242| 37.174 | 8.295 |                |              |    |       |       |
| Interest in school activity | Seventh   | 96 | 35.438 | 6.138 | 108.729       | 54.365       | 2  | 1.259 | .286  |
|                             | Eighth    | 78 | 36.051 | 7.178 | 10316.890     | 43.167       | 239|       |       |
|                             | Ninth     | 68 | 37.088 | 6.429 | 10425.620     |              | 241|       |       |
|                             | Total     | 242| 36.099 | 6.577 |                |              |    |       |       |
| Taking responsibility       | Seventh   | 96 | 147.958| 18.381| 2567.221      | 1283.611     | 2  |       |       |
|                             | Eighth    | 78 | 155.615| 25.368| 105031.060    | 439.461      | 239|       |       |
|                             | Ninth     | 68 | 150.441| 18.682| 107598.281    |              | 241|       |       |
|                             | Total     | 242| 151.124| 21.130|                |              |    |       |       |
| Overall                     | Seventh   | 96 | 78.291 | 8.657 | 227.309       | 113.655      | 2  | 1.380 | .254  |
|                             | Eighth    | 78 | 80.590 | 9.741 | 19688.827     | 82.380       | 239|       |       |
|                             | Ninth     | 68 | 79.294 | 8.862 | 19916.132     |              | 241|       |       |
|                             | Total     | 242| 79.314 | 9.091 |                |              |    |       |       |
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IV. CONCLUSION

In the current study, it has been found that there is a significant correlation between motivation to learn and academic achievement of the students’ scores for the last academic year (2017-2018). The study defined the predictive value of academic achievement through motivation to learn and through each dimension of motivation specifically “sharing with others”, “Effectiveness”, “Interest in school activity” and “Taking responsibility”. Also, it has been recognized the characteristics affecting academic achievement of these students by their motivation of learning. The study emphasizes that there are motives, which provide students with the needed strength to use the best methods to achieve the maximum potential to improve their scientific performance. The results revealed that the third dimension “Interest in school activity” was the most motivated for students (grade eighth).

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Motivation to Learn and its Relationship to Academic Achievement among Students of basic Arabic Schools in China

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