Beta-Catenin Expression in Gallbladder Tissues and Its Role in Carcinogenesis and Tumor Progression in Gallbladder Carcinoma

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Abstract

Background: Gallbladder carcinoma is the most common malignancy in the biliary tract, the fifth commonest cancer of the gastrointestinal tract. Oncogenes (beta-catenin) has been shown to be involved in the development and progression of gallbladder carcinoma. The present study has been conducted with an aim to study the expression patterns of beta-catenin in different gallbladder tissues to elucidate the role of this oncogene in carcinogenesis and to evaluate its relationship with tumor progression.

Materials and Methods: The study was conducted on histological sections from surgically resected 112 specimens of gallbladder tissue lesions operated at the Department of Surgery, Nehru Chikitsalaya, Gorakhpur which included 66 cases of chronic cholecystitis, 34 cases of gallbladder carcinoma and 12 specimens of gallbladder controls as part of other surgical procedures with no pathology in the gall bladder.

Results: Beta-catenin nuclear expression in gallbladder cancer was significantly higher than in chronic cholecystitis and normal gallbladders ($P < 0.0001$). With increasing (T) depth of tumor invasion ($P = 0.0231$) and stage of the lesions ($p= 0.0226$), there is also an increase in the nuclear expression of beta-catenin. The level of beta-catenin expression increased from 44.44% in well differentiated (low grade) to 100% in poorly differentiated (high grade) tumor ($P = 0.0463$). Thus suggesting a role in tumor progression.

Conclusion: In present study, it was observed that expression of beta-catenin get altered in gallbladder carcinoma and has a significant role in carcinogenesis and progression of gallbladder carcinoma.

Keywords: Gallbladder carcinoma, Beta-catenin, “T”- depth of tumor invasion, stage of the lesion.

Introduction

Carcinoma of the gall bladder is the fifth most common tumour in the gastrointestinal tract. Gallbladder carcinoma is a highly lethal disease since it is usually diagnosed at an advanced stage. The 5-year survival rate of patients with gallbladder carcinoma is ~10-30% despite surgical resection. Moreover, the majority of patients have frequent recurrences following surgery and unsatisfactory results following chemotherapy or radiotherapy.

Gallbladder cancer is reported to be rare in India. However, the incidence of gallbladder cancer in north and central India is very high, it is the commonest gastrointestinal cancer in women. Carcinogenesis of gallbladder carcinoma is not well understood. Only a limited amount of information is available regarding the molecular carcinogenesis. Oncogenes (beta-catenin) have been shown to be involved in the development and progression of gallbladder carcinoma.
Beta-Catenin is a key regulator of the cadherin-mediated cell adhesion system, and altered expression and mutation of beta-catenin have been identified in many human malignancies. 3

β-catenin nuclear expression is significantly higher in gallbladder carcinoma. Beta-catenin nuclear expression correlates with tumor grade and depth of invasion, thus suggesting a role of this gene in tumor progression of Gallbladder carcinoma. 2,4

Research Methodology

Study Design- Cross-sectional study
Project Site – The proposed study was conducted in the Department of Pathology, B.R.D. Medical college, Gorakhpur.
Duration of the Study- during a period from August 2013 to September 2014.
Sample Size- A total of 112 cases were taken for study. The study was conducted on histological sections from surgically resected specimens of gallbladder carcinoma operated at the Department of Surgery, Nehru Chikitsalaya, Gorakhpur which included 66 cases of chronic cholecystitis, 34 cases of gallbladder carcinoma and 12 specimens of gallbladder controls from resections of gallbladder as part of other procedures with no pathology in the gall bladder.
Selection of Cases – Cases were selected on the basis of their final histopathologic diagnosis and their clinicopathologic data were analyzed. After taking informed consent, histopathological examination and immunohistochemical analysis of beta-catenin expression on all selected gallbladder tissues received in the department was done.
Inclusion Criteria- Clinically suspected cases of benign as well as cancerous lesions of gallbladder were included and patients who agreed to sign on consent form.
Exclusion Criteria- Autolysed sample as well as inadequate sample
Assessment of Beta-Catenin Staining
- Immunohistochemical staining performed with Polyclonal antibody-
Beta-catenin manufactured by Biogenex, USA.
- Beta catenin expression was judged positive when more than 5% cells were stained. Staining was evaluated as membranous, cytoplasmic, or nuclear based on the location of staining.
- Stain positive nuclei and membrane – Brown
- Counterstained areas- Blue
- Results were scored semi quantitatively.

Standard TNM system of AJCC was used to classify the primary tumors. Tumors were then staged according to the UICC/ AJCC TNM system. 5
The tumor grades were also noted in each case as Well differentiated (WD), Moderately differentiated (MD), and Poorly differentiated (PD) using criteria by Albores Saavedra. 6

Data Analysis And Statistical Tools For Observation And Result Of The Study
Appropriate statistical tools were adopted to do data analysis. Analysis was done by data sorting method and classified by tabulation . The results were scored semi quantitatively and statistical analysis performed.
A statistician’s help was sought for interpretation of results. Statistical analysis was done using chi square test to determine the association between two or more than two variables.

Ethical Clearance- The present work was conducted after getting ethical clearance from the institutional ethical committee.

Results
Observations were made in terms of the relationship of beta-catenin expression with tumor differentiation, invasion, nodal involvement, metastasis and stage of the disease.
A total of 112 cases were taken for present study. Out of 112 cases, 12 cases (10.7%) were normal (control) gallbladder, 66 cases (58.9%) were of chronic cholecystitis and 34 cases (30.3%) were
of gallbladder cancer. Table 1, illustrate distribution of cases of gallbladder

Table-1 Distribution of Gallbladder Lesions

| Gallbladder tissues         | Number of cases | Percent (%) |
|-----------------------------|-----------------|-------------|
| Normal (control) gallbladder| 12              | 10.7        |
| Chronic cholecystitis       | 66              | 58.9        |
| Gallbladder cancer          | 34              | 30.3        |
| Total                       | 112             | 100%        |

The age of total (112) patients ranged from 21-80 years with a mean and standard deviation of 40.90 ± 12.18 in chronic cholecystitis cases and 59.12 ± 9.11 in gallbladder cancer cases.

Among chronic cholecystitis lesions, the maximum number of cases, i.e 23 out of 66 cases (34.84%) were found in age group of 41-50 years followed by 18 cases (27.27%) in 51-60 years age group.

In gallbladder cancer cases, maximum number of 15 out of 34 cases (44.11%) were in the age group of 51-60 years, followed by 26.47% in 61-70 years age group.

Out of 66 benign lesions, the total number of female cases were 53(80.30%) and 13 cases (19.69%) were male with F:M ratio of 4:1 and out of 34 malignant lesions the total number of female cases were 28 (82.35%) and 6 cases (17.64%) were male with F:M ratio of 4.6:1 hence showing the female preponderance in both types of lesions.

Table-2 Comparative Evaluation of Beta-Catenin expression in Different Gallbladder Tissues

| Gallbladder tissues         | Gallbladder cancer(n=34) (%) | Cholecystitis(n=66) (%) | Control gallbladder(n=12) (%) | P value |
|-----------------------------|------------------------------|------------------------|------------------------------|---------|
| Beta-catenin expression(nuclear) | 25/34 (73.52%) | 0/66 (0%) | 0/12 (0%) | 0.0001 |

Beta-catenin expression was seen in all 34 cases (100%) of gallbladder cancer. Expression was heterogeneous, strong in the tumor area and the expression pattern was predominantly membranous and altered to cytoplasmic and focal nuclear in 73.52% (25 of 34 cases). In 66 chronic cholecystitis and 12 control gallbladder specimens, beta-catenin expression was seen in all cases but expression pattern was focal and membranous. While nuclear expression of beta-catenin was absent in all chronic cholecystitis and control gallbladder specimens. On statistical
analysis, beta-catenin expression in gallbladder cancer was significantly higher than in chronic cholecystitis and normal gallbladders (P < 0.0001). Thus, beta-catenin expression pattern shifted to nuclear and cytoplasmic with higher staining intensity in gallbladder cancer than chronic cholecystitis and control gallbladder tissues, which showed a focal membranous pattern. (Table-2)

Table-3 Beta-Catenin Expression with Tumor Differentiation Grade in Gallbladder Carcinoma (n=34)

| Tumor grade                        | Beta-catenin staining positive | Beta-catenin staining negative |
|------------------------------------|--------------------------------|--------------------------------|
|                                    | No.                           | (%)                           | No.                           | (%)                           |
| Well differentiated (n=9)           | 4/9 (44.44)                   | 5/9 (55.55)                   |
| Moderately differentiated (n=20)   | 16/20 (80)                    | 4/20 (20)                     |
| Poorly differentiated (n=5)        | 5/5 (100)                     | 0/5 (0)                       |

The level of beta-catenin expression increased from 44.44% in well differentiated (low grade) to 100% in poorly differentiated (high grade) tumor. Thus suggesting a role in tumor progression. (Table-3)

Table-4 Beta-Catenin Expression in TNM Stage of Gallbladder Carcinoma (n=34)

| Stage         | Beta-catenin staining positive | Beta-catenin staining negative |
|---------------|--------------------------------|--------------------------------|
|               | No.                         | (%)                          | No.                          | (%)                          |
| T1 (n=4)      | 1/4 (25)                    | 3/4 (75)                     |
| T2 (n=13)     | 8/13 (61.53)                | 5/13 (38.46)                 |
| T3 (n=16)     | 15/16 (93.75)               | 1/16 (6.25)                  |
| T4 (n=1)      | 1/1 (100)                   | 0/1 (0)                      |
| STAGE-1(n=4)  | 1/4 (25)                    | 3/4 (75)                     |
| STAGE-2 (n=13)| 8/13 (61.53)                | 5/13 (38.46)                 |
| STAGE-3 (n=14)| 13/14 (92.85)               | 1/14 (7.14)                  |
| STAGE-4 (n=3) | 3/3 (100)                   | 0/3 (0)                      |

On analysing the expression of beta-catenin in depth of tumor invasion, there is also an increase in the nuclear expression of beta-catenin. The nuclear pattern of expression of beta-catenin were 25%, 61.53%, 92.85%, 100% in Stage-1, Stage-2, Stage-3 and Stage-4 respectively. There is increased nuclear staining observed in stage2 and 4, then stage1. (Table-4)

Table-5 Comparative Evaluation of Beta-Catenin Expression and Adenocarcinoma Differentiation Grades

| Differentiation grade (n=34) | Beta-catenin staining positive cases | Beta-catenin staining negative cases | Comparison | P value |
|-----------------------------|-------------------------------------|-------------------------------------|------------|---------|
| WD (n=9)                    | 4/9 (44.44)                         | 5/9 (55.55)                         | WD vs. MD and PD | P=0.0463 |
| MD (n=20)                   | 16/20 (80)                          | 4/20 (20)                           |            |         |
| PD (n=5)                    | 5/5 (100)                           | 0/5 (0)                             |            |         |

WD: Well differentiated adenocarcinoma
MD: Moderately differentiated adenocarcinoma
PD: Poorly differentiated adenocarcinoma

On statistical evaluation, the difference in the level of nuclear expression of beta-catenin between tumor grades (WD vs. MD and PD, taken together) was found to be significant (P = 0.0463). (TABLE-5)
On statistical evaluation of beta-catenin in tumor category of gallbladder carcinoma, the nuclear expression of beta-catenin showed significant difference between T category (P = 0.0231). Similarly, nuclear expression of beta-catenin showed significant difference with tumor stage (p= 0.0226). (Table-6)

| Stage/Tumor Category | Beta-catenin staining positive cases | Beta-catenin staining negative cases | Comparison | P Value |
|----------------------|-------------------------------------|-------------------------------------|------------|---------|
| T1 (n=4)             | 1/4 (25)                            | 3/4 (75)                            | T1 vs T2-T4 | P=0.0231 |
| T2 (n=13)            | 8/13 (61.53)                        | 5/13 (38.46)                       | S1 vs S2-S4 | P=0.0226 |
| T3 (n=16)            | 15/16 (93.75)                       | 1/16 (6.25)                        |            |         |
| T4 (n=1)             | 1/1 (100)                           | 0/1 (0)                            |            |         |

Discussion
In context to the cases selected for the study, the age of the total 112 patients ranged from 21-80 years. Among benign group, majority of the cases of chronic cholecystitis (23/66 cases, 34.84%) were found in 41-50 years age group followed by 18/66 (27.27%) in 51-60 years age group. Results of previous studies regarding age wise distribution of cases of chronic cholecystitis are shown in table-1.
lesions and gallbladder cancer specimens in 3901 cases of cholecystectomies and observed majority of chronic cholecystitis cases (1111 cases- 30.7%) in the 41-50 years age group followed by 740 cases (20.4%) in 51-60 years age group. Rakesh B.H. et al (2013)\(^8\), reported highest incidence (32%) of chronic calculous cholecystitis in 5\(^{th}\) decade followed by 26% in 6\(^{th}\) decade. Our findings are in accordance with previous studies. R. Thamil Selvi et al (2011)\(^9\) who studied 65 cases of chronic calculous cholecystitis, and found the highest incidence of these being in the age group of 41-60 years, similar to our study.

Among gallbladder cancer cases, maximum number of cases (15 of 34 cases;44.11%) were in the age group of 51-60 years followed by 26.47% in 61-70 years age group. Majority of cases (85.29%) were seen after the age of 50 years. This data is consistent with data in different literature where it has been found that more than 75% of cases of gallbladder cancer had mean age more than 50 years.

S.Kumar et al (2014)\(^{10}\), reported most of the patients (75%) in the age group of 51-70 years. In the study of Khan RA et al (2010)\(^{11}\), the median age of presentation in gallbladder carcinoma was 61 years. Waghmare RS and Kamal RN (2014)\(^{12}\), reported gallbladder cancer after 50 years of age in their study.

Results from our study showed that gallbladder cancer is predominantly a disease of females. Out of 66 cases of chronic cholecystitis, 53 (80.30%) were female and 13 cases (19.69%) were male with female to male ratio of 4:1 while out of 34 cases of gallbladder cancer, 28 cases (82.35%) were females and 06 (17.64%) were males. Male to female ratio was 4.6:1 in gallbladder carcinoma. Incidence of female preponderance in this study are comparable with other studies { Gupta SC et al (2000)\(^{13}\); Adam R et al (1947)\(^{14}\); Glenn F et al (1964)\(^{15}\); Khanna R et al (2006)\(^{16}\); Aulakh R (2007)\(^{17}\); Sayeed Unisa et al (2011)\(^{18}\); Randi et al (2006)\(^{19}\) } . Our findings are in accordance with Santanu Acharyya et al (2012)\(^{20}\) and Manuela Stancu et al (2007)\(^7\) who reported female to male ratio of 4:1 in both types of lesions. Giang T H et al (2012)\(^{21}\) reported female to male ratio of 4.5:1 in gallbladder carcinoma, similar to our findings. Tyagi et al (1992)\(^{22}\), however showed a higher incidence than others with a ratio of 6.5:1.

Most of the available literature shows that the female have been the common victim of gallbladder disease. Why females suffer more is unclear. Some authors have linked oestrogen and sex hormones with gallbladder disease presuming that estrogen metabolism in the liver produces an irritant chemical which causes inflammation and subsequently infection in the biliary passages. Higher and extended exposure to female sex hormones (such as oestrogen and progesterone) may be a main factor.

In the present study, out of total 112 cases, 66 cases (58.9%) were chronic cholecystitis while 34 cases (30.3%) were gallbladder cancer, representing chronic cholecystitis as the common benign lesion.

Manuela Stancu et al (2007)\(^7\), analysed 3901 specimens of cholecystectomies and found chronic cholecystitis in 3619 cases (92.8%) and gallbladder cancer in 32 cases (0.8%) revealing chronic cholecystitis as the commonest lesion. Narang et al (2014)\(^{23}\), also reported chronic cholecystitis as the most common lesion in their study of 200 specimens of cholecystectomies.

Mittal R et al (2010)\(^{24}\), studied 1312 patients of gallbladder diseases, chronic calculous cholecystitis was seen in 1010 (76.98%) while cancer was observed in 13 patients (0.9%). As mentioned in Sheila Sherlock disease of liver and biliary tract, chronic cholecystitis is the most common gallbladder disease and the same reflection was found in our study. Similarly, Zahrani and Mansoor (2001)\(^{25}\) documented chronic cholecystitis (97%) as the most common lesion.

Out of 66 cases of chronic cholecystitis, hyperplasia was seen in 6.06% cases and 3.03% was associated with pyloric metaplasia.
Manuela Stancu et al (2007)\textsuperscript{7} reported hyperplasia in 124 cases (7.8\%) of chronic cholecystitis and 86 cases (5\%) were associated with metaplasia, predominantly of the pyloric type. Among malignant lesions, all the 34 cases were reported as Adenocarcinoma, not otherwise specified type, on histopathological examination. Out of these, 34 cases of gallbladder adenocarcinoma, 20 cases (58.82\%) were moderately differentiated and, 09 cases (26.47\%) were well differentiated and 5 cases (14.7\%) were poorly differentiated adenocarcinoma. Most common histological grade was moderately differentiated adenocarcinoma (58.82\%). Our results are comparable with the study of Veloso MGP et al\textsuperscript{26}; Mittal R et al (2010)\textsuperscript{24} and Waghmore RS et al (2014)\textsuperscript{12}. They also found that moderately differentiated adenocarcinoma was the commonest histopathological grade on microscopic examination. Velosa MGP et al\textsuperscript{26}, reported adenocarcinoma, NOS type, in 23/24 cases (95.83\%) and the majority were moderately differentiated adenocarcinoma. Giang TH et al (2011)\textsuperscript{21}, also observed adenocarcinoma, NOS type, in most of the cases in their study.

**Beta-catenin expression**

There are very limited studies evaluating the role of beta-catenin in gallbladder cancer. Beta-catenin mutations are associated with cytoplasmic accumulation of free beta-catenin with subsequent nuclear translocation, thus resulting in nuclear expression pattern. In our study, nuclear expression of beta-catenin was observed in 25 of 34 cases (73.52\%), while its expression was not seen in controls or chronic cholecystitis. Our results are similar to Ghosh et al (2013)\textsuperscript{2}. In their study, nuclear expression of beta-catenin was observed in 70\% of cases of gallbladder carcinoma, while none of the cases of chronic cholecystitis and normal gallbladder specimen showed nuclear expression of beta-catenin. In study of, Puhalla et al (2005)\textsuperscript{28}, significant differences in expression pattern of beta-catenin between normal, inflamed, and cancerous tissues was also observed similar to our study. The beta-catenin membranous expression decreased from cholecystitis and normal to malignant tissue. These results show that beta-catenin may be related with gallbladder carcinogenesis. Kimura et al (2003)\textsuperscript{27}, also reported the similar results, demonstrating that beta-catenin protein expression was seen in both the nucleus and cytoplasm of cancer tissues, while the non-cancerous tissues displayed intense membranous staining. They also found significant correlation between cytoplasmic or nuclear beta-catenin immunoreactivity and clinicopathological status of gallbladder carcinoma, especially in the poorer histological differentiation grade (P < 0.05). They suggested that beta-catenin alteration might be a minor contributor to the development of gallbladder carcinomas through abnormal Wnt-wingless expression; however, decreased membranous expression of beta-catenin might be correlated to carcinoma progression through loss of cell adhesive function in E-cadherin-catenin fashion.

In the present study, the nuclear expression of beta-catenin showed a significant increase with the grade of tumor, thus suggesting a role in tumor progression (P = 0.0463). The expression level of beta-catenin increased from 44.44\% in well differentiated tumor (low grade) to 100\% in poorly differentiated (high grade) tumor. With increasing depth of invasion of tumor (P = 0.0231) and tumor stage (p=0.0226), there is also an increase in the nuclear expression of beta-catenin.

Our results are comparable with the study of Ghosh et al (2013)\textsuperscript{2}. Their study showed significant increase in nuclear expression of beta-catenin, with the tumor grade. The expression was 60.1\% in well differentiated tumor (low grade) to 93.33\% in poorly differentiated (high grade) tumor. An increase in the nuclear expression with
increasing depth of invasion of tumor was also reported in their study. Moon et al (2005)\textsuperscript{29}, also showed that beta-catenin was expressed in 80% of non malignant specimens, exclusively in the cell membrane, while the cancer specimens showed cytoplasmic and/or nuclear staining. Significantly higher beta-catenin expressions were present in cancer cells of the invasive front than in the tumor central areas (P < 0.001), and these expressions were significantly (P = 0.01) associated with the invasion depth.

Conclusion
From the results of present study and the previous available literature, it was observed that expression of beta-catenin altered in gallbladder cancer. Further studies with large number of cases are required especially in higher cancer institutes which also including an analysis of precancerous lesions will give better insight into the role of this gene in carcinogenesis and progression.

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