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Catalysis of dynamical chiral symmetry breaking by chiral chemical potential in Dirac semimetals

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In this paper we study how dynamical chiral symmetry breaking is affected by nonzero chiral chemical potential in Dirac semimetals. To perform this study we applied lattice quantum Monte Carlo simulations of Dirac semimetals. Within the lattice simulation we calculated the chiral condensate for various fermion masses, the chiral chemical potentials, and effective coupling constants. For all parameters under consideration we have found that the chiral condensate is enhanced by the chiral chemical potential. Thus our results confirm that in Dirac semimetals the chiral chemical potential plays the role of the catalyst of the dynamical chiral symmetry breaking.

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I. INTRODUCTION

The media with nonzero chiral density provides an opportunity to study a lot of interesting nontrivial physical phenomena. The most renowned example of such phenomena is chiral magnetic effect (CME) [1,2], which consists of the appearance of electric current in chiral medium along an applied magnetic field. The other examples of phenomena, which take place in chiral media, include chiral vortical effect [3–5], chiral separation effect [6,7], and various chiral waves [8,9]. Chiral media can be created in heavy-ion collisions [10], in early universe [11], in neutron stars, and supernovae [12,13].

The chiral catalysis is one more example of the phenomenon which can be observed in media with nonzero chiral density. The mechanism responsible for this phenomenon was first explained in [14] for the theory of strong interactions—quantum chromodynamics (QCD). The essence of the chiral catalysis is that nonzero chiral density generates additional fermionic states which take part in the formation of the chiral condensate. For this reason nonzero chiral density either creates or enhances the dynamical chiral symmetry breaking depending on the strength of interactions between constituents in this media. In order to study QCD with nonzero chiral density one introduces a nonzero chiral chemical potential. The influence of a nonzero chiral chemical potential on the chiral symmetry breaking in QCD was considered in a number of theoretical papers [14–21] as well as in quantum Monte Carlo studies [22–24]. Although all these papers consider QCD, the mechanism responsible for the phenomenon of chiral catalysis is universal and relevant for any system with nonzero chiral density.

Relativistic quantum field theory phenomena in condensed matter physics were intensively studied in a context of superfluidity of helium-3 [25], graphene [26,27], and topological insulators [28,29]. Recent discovery of Dirac [30–33] and Weyl [34,35] semimetals establishes additional bridges between these two fields. In particular, one can study relativistic quantum field theory with nonzero chirality. In Dirac and Weyl semimetals nonzero chiral density and nonzero chiral chemical potential can be created due to the axial anomaly in parallel electric and magnetic fields [36,37]. For instance, in the Dirac semimetals Cd3Ar2 and Na3Bi one can generate the chiral chemical potential as large as ~10–30 meV [38].
This paper is aimed at the study of the chiral catalysis in Dirac semimetals. Since we are going to consider dynamical chiral symmetry breaking which is a particularly nonperturbative phenomenon, it is necessary to apply some nonperturbative approach. In our study we are going to use lattice quantum Monte Carlo simulation, which fully accounts for many-body effects in strongly coupled systems. In condensed matter physics this approach was applied in Refs. [39–49]. We have already used this approach to study the phase diagram of Dirac semimetals [50,51] as well as the CME in Dirac semimetals [52]. In this paper we mostly follow [51] where one can find the details of the simulation.

This paper is organized as follows. Section II is devoted to the mean field study of the dynamical chiral symmetry breaking in Dirac semimetal with a nonzero chiral chemical potential using the Nambu-Jona-Lasinio model. In Sec. III we describe the details of the lattice simulations. In Sec. IV we present the results of the calculation of the chiral condensate. Finally, in the last section we discuss our results.

II. DYNAMICAL CHIRAL SYMMETRY BREAKING AT A NONZERO CHIRAL DENSITY

To understand how nonzero chiral density influences dynamical chiral symmetry breaking we are going to use the Nambu-Jona-Lasinio (NJL) model [53,54] with the Euclidean action of the form

\[ S_E = \int d^4x (\bar{\psi} (i\gamma_\mu \partial^\mu - \mu_S \gamma_5 \gamma_\mu) \psi - G(\bar{\psi} \gamma_\mu \psi)^2 + (\bar{\psi} i\gamma_5 \psi \gamma_\mu)^2) \]

\[ = \int d^4x (\bar{\psi}_R (i\gamma_\mu \partial^\mu - \mu_S \gamma_5 \gamma_\mu) \psi_R + \bar{\psi}_L (i\gamma_\mu \partial^\mu + \mu_S \gamma_5 \gamma_\mu) \psi_L \]

\[ - 4G(\bar{\psi}_L \psi_R)(\bar{\psi}_R \psi_L)). \]  (1)

where the \( \bar{\psi}, \psi \) are Dirac fermion fields and the \( \psi_{R,L} \) are fermion fields with right and left chirality: \( \psi_{R,L} = (\gamma_\mu \frac{1+\gamma_5}{2}) \psi, \) \( \bar{\psi} = \gamma_\mu \frac{1+\gamma_5}{2} + \gamma_5 \frac{1-\gamma_5}{2}. \) The interaction between fermions in the NJL model is given by the four-fermion local operator with the strength parametrized by the constant \( G. \) The structure of the interaction term is fixed by the requirement that action (1) has a \( U(1) \times U(1) \) global chiral symmetry.

In order to study our system at nonzero chiral density: \( \langle \bar{\psi}_L \gamma_5 \gamma_\mu \psi_R \rangle = \langle \bar{\psi}_R \gamma_5 \gamma_\mu \psi_L \rangle \neq 0, \) we introduced the chiral chemical potential \( \mu_S. \) From the second line of Eq. (1) it is seen that the \( \mu_S \) acts as a usual chemical potential \( \mu = + \mu_S \) for right fermions and \( \mu = - \mu_S \) for left fermions. For this reason one can expect that in thermodynamic equilibrium nonzero \( \mu_S \) leads to nonzero chiral density in the system.

It should be noted that at sufficiently small strength of the interaction and zero chiral chemical potential the fermion excitations of the action (1) are Dirac fermions with the dispersion relation \( E(\vec{p}) = c|\vec{p}|. \) Thus action (1) can be considered as low energy effective action of the Dirac semimetal with one Fermi point. If the interaction is sufficiently strong and \( \mu_S = 0 \) the system under consideration undergoes the phase transition which dynamically breaks the chiral symmetry of the model (1) \( U_R(1) \times U_L(1) \rightarrow U_T(1) \) and forms the chiral condensate \( \langle \bar{\psi} \psi \rangle \neq 0 \) (see below). The aim of this section is to consider the model (1) for the nonzero chiral chemical potential.

To study the phase transition in model (1) we are going to use a variational approach. It is clear that in the NJL model without interaction \( G = 0, \) at \( T = 0 \) and \( \mu_S \neq 0 \) the vacuum state \( |\bar{\psi}_R, \bar{\psi}_L \rangle \) consists of two Fermi spheres for right fermions and right antifermions with radius \( \mu_S. \) It is reasonable to assume that the interacting NJL model favors condensation in the right fermion–right antifermion channel. Then a suitable vacuum state can be taken as

\[ |\text{vac} \rangle = \hat{G}_1 \hat{G}_2 \hat{G}_3 |p_F \rangle, \]

\[ \hat{G}_1 = \prod_p (\cos (\theta_L) - \sin (\theta_L) \hat{a}^+_{L,p} \hat{b}_{L,-p}), \]

\[ \hat{G}_2 = \prod_{p > \mu_S} (\cos (\theta_R) + \sin (\theta_R) \hat{a}^+_{R,p} \hat{b}_{R,-p}), \]

\[ \hat{G}_3 = \prod_{p < \mu_S} (\cos (\theta_R) + \sin (\theta_R) \hat{b}_p \hat{a}_{R,-p}), \]  (2)

where \( (\hat{a}^+_{L,p}, \hat{a}_{L,p})/(\hat{b}^+_{R,p}, \hat{b}_{R,p}) \) are creation, annihilation operators for left fermions and antifermions, and \( (\hat{a}^+_{R,p}, \hat{a}_{R,p})/(\hat{b}^+_{R,p}, \hat{b}_{R,p}) \) are creation, annihilation operators for right fermions and antifermions correspondingly. Here the operator \( \hat{G}_1 \) creates left states, and the operators \( \hat{G}_2, \hat{G}_3 \) create right states above and below the Fermi surface correspondingly. The energy density of the state (2) can be written as

\[ E_{\text{vac}} = 2 \int_{|p| < \mu_S} \frac{d^3p}{(2\pi \hbar)^3} (cp - \mu_S) \cos^2 \theta_R \]

\[ + 2 \int_{|p| > \mu_S} \frac{d^3p}{(2\pi \hbar)^3} (cp - \mu_S) \sin^2 \theta_R \]

\[ + 2 \int \frac{d^3p}{(2\pi \hbar)^3} (cp + \mu_S) \sin^2 \theta_L \]

\[ - G \left( \int_{|p| < \mu_S} \frac{d^3p}{(2\pi \hbar)^3} \sin 2\theta_R + \int_{|p| > \mu_S} \frac{d^3p}{(2\pi \hbar)^3} \sin 2\theta_R \right. \]

\[ + \left. \int \frac{d^3p}{(2\pi \hbar)^3} \sin 2\theta_L \right)^2. \]  (3)

Varying the \( E_{\text{vac}} \) with respect to the parameters \( \theta_L, \theta_R, \bar{\theta}_R \) one obtains the following equation:

\[ \tan 2\theta_L = 2G \frac{\Delta}{cp + \mu_S}, \quad \tan 2\theta_R = 2G \frac{\Delta}{cp - \mu_S}, \]

\[ \tan 2\bar{\theta}_R = 2G \frac{\Delta}{\mu_S - cp}, \]  (4)

\[ \text{Note that in the variation approach one should introduce relative phases between } \cos (\theta), \sin (\theta) \text{ terms in addition to the parameters } \theta_L, \theta_R, \bar{\theta}_R. \text{ We have checked that trial vacuum state (2) gives minimum energy with respect to the variation over these additional phases.} \]
Now let us consider the system under study at zero chiral dynamical mass $M$ one rewrites the gap equation (6), it becomes clear that the nonzero chiral chemical potential leads to dynamical chiral momentum cutoff $\theta_1$, $\theta_R$, $\tilde{\theta}$ from (4) to expression (5) one finds the gap equation with dynamical fermion mass $M = 2G\Delta/c^2$:

$$
\frac{1}{G} = \frac{1}{\pi^2\hbar^3} \int_0^\Lambda p^2 dp \left[ \frac{1}{\sqrt{\nu|\bar{p} - \mu_5|^2 + M^2c^4}} + \frac{1}{\sqrt{\nu|\bar{p} + \mu_5|^2 + M^2c^4}} \right].
$$

(6)

Notice that the integral in the gap equation is ultraviolet divergent. Usually this integral is regularized by the three-momentum cutoff $\Lambda$, which has been done in Eq. (6). Assuming that $Mc^2$, $\mu_5 \ll c\Lambda$ Eq. (6) can be written as

$$
\frac{1}{\alpha_{\text{NJL}}} - 1 = \left( y^2 - \frac{x^2}{2} \right) \log \frac{1}{x^2},
$$

$$
\alpha_{\text{NJL}} = \frac{G\Lambda^2}{\pi^2\hbar^3c}, \quad x = \frac{Mc}{\Lambda}, \quad y = \frac{\mu_5}{c\Lambda}.
$$

(7)

Now let us consider the system under study at zero chiral chemical potential. In this approximation Eq. (7) coincides with the NJL gap equation for dynamical fermion mass (see, for instance, review [55]). For $\alpha_{\text{NJL}} < 1$ the left-hand side of Eq. (7) is positive, but the right-hand side is negative. So, there is no solution of the gap equation (7), i.e., the $M = 0$. In this case the fermion excitations have dispersion relation $E \sim |\bar{p}|$, the chiral condensate $\langle \bar{\psi}\psi \rangle = \Delta = 0$, and the system is in the semimetal phase.

For $\alpha_{\text{NJL}} > 1$ Eq. (7) has the solution $M \neq 0$. In this case the fermion excitations have dispersion relation $E = \sqrt{\nu|\bar{p}^2 + M^2c^4}$, there is nonzero chiral condensate $\langle \bar{\psi}\psi \rangle = \Delta \neq 0$, and the system is in the insulator phase. Notice that the semimetal/insulator phase transition with the described pattern was observed within lattice Monte Carlo simulation of Dirac semimetals in papers [50,51].

Furthermore, let us consider how nonzero $\mu_5$ changes the properties of the gap equation. To do this we are going to study two limiting cases: the system with weakly and strongly interacting fermions.

**Weakly interacting fermions.** First we are going to consider the weakly interacting fermions: $\alpha_{\text{NJL}} \ll 1$. For $\mu_5 = 0$ gap equation (7) has no nontrivial solutions, i.e., dynamical mass is zero $M = 0$. However, for any $\mu_5 \neq 0$ and $\alpha_{\text{NJL}} \ll 1$ there is a solution:

$$
M^2 = (\Lambda/c)^2 \exp \left[ -\frac{\pi^2\hbar^3c^3}{G\mu_5} \right].
$$

(8)

It means that even for vanishing attraction between fermions a nonzero chiral chemical potential leads to dynamical chiral symmetry breaking and generation of the fermion mass. If one rewrites the gap equation (6), it becomes clear that the dynamical mass $M$ is determined by the behavior of the system near the Fermi surface $c\bar{k} = \mu_5$:

$$
\frac{1}{G} \approx \frac{1}{\pi^2\hbar^3} \int_0^\Lambda p^2 dp \frac{1}{\sqrt{\nu(|p| - \mu_5)^2 + M^2c^4}} \approx \frac{\mu_5^2}{\pi^2\hbar^3c^3} \int_{\mu_5/c - \delta}^{\mu_5/c + \delta} dp \frac{1}{\sqrt{(|p| - \mu_5/c)^2 + M^2c^2}} \approx v(E_F) \log (M^2).
$$

(9)

In the third equality we carry out the integration in the vicinity of the Fermi surface $p \in (\mu_5/c - \delta, \mu_5/c + \delta)$, $\delta \ll \Lambda$. The $v(E_F)$ in Eq. (9) is a density of states on the Fermi surface

$$
v(E_F) = \frac{1}{V} \frac{dN(E)}{dE} \bigg|_{c\bar{n} = \mu_5} = \frac{\mu_5^2}{\pi^2\hbar^3c^3}.
$$

(10)

Expression (10) represents the instability of the Bardeen-Cooper-Schrieffer theory (BCS) on the Fermi surface. Dynamical mass (8) in terms of $v(E_F)$ is $M^2 = (\Lambda/c)^2 \exp [-1/Gv(E_F)]$. This expression is very similar to the mass gap in the BCS theory of superconductivity $\Delta = \omega_0 \exp (-\text{const}/G_{\text{eff}}v_F)$, where $\omega_0$ is the Debye frequency, $G_{\text{eff}}$ is a coupling constant, and $v_F$ is the density of states on the Fermi surface.

**Strongly interacting fermions.** Now let us proceed to the study of the gap equation (7) in the case of strong interaction $\alpha_{\text{NJL}} \sim 1$. First we consider the case when the interaction is strong but insufficient for dynamical chiral symmetry breaking without the chiral chemical potential: $0 < 1 - \alpha_{\text{NJL}} \ll 1$. As in weakly interacting medium $\mu_5 \neq 0$ leads to chiral symmetry breaking and generation of fermion mass:

$$
M^2 \approx 2\frac{\mu_5^2}{c^4}.
$$

(11)

Now let us consider the case $\alpha_{\text{NJL}} > 1$. In this case there is a solution of the gap equation (7) for the zero chiral chemical potential which we designate as $M_0$. For the small chiral chemical potential $\mu_5 \ll M_0 c^2$ one can expand Eq. (7) in the vicinity of the solution $M_0$ and get

$$
M^2 \approx M_0^2 + 2\frac{\mu_5^2}{c^4}.
$$

(12)

In the case of the large chemical potential $\mu_5 \gg M_0$ dynamical fermion mass is given by formula (11).

It should be noted that the term which represents logarithmic singularity [the term $\sim \gamma^2$ in Eq. (7)], i.e., dynamics near the Fermi surface, plays a crucial role in the derivation of formulas (11) and (12).

The consideration conducted in this section shows that the energy minimum of the NJL model with $\mu_5 > 0$ is realized through the condensation of the Cooper pairs which consist of right particle and right antiparticle and break chiral symmetry. Notice also that in vacuum state (2) the chiral condensate is nonzero $\langle \bar{\psi}\psi \rangle = \Delta \neq 0$. The energy in the minimum is smaller than the energy of the Dirac semimetal phase with free fermions. Thus the semimetal phase is unstable with respect to chiral symmetry breaking and condensation of the Cooper pairs.

We can also conclude that the chiral chemical potential dynamically breaks chiral symmetry, if it was not broken, or
strengthens it otherwise. Physically this effect stems from the formation of the Fermi surface and appearance of additional fermion states on this surface which take part in dynamical chiral symmetry breaking. For this reason the chiral chemical potential plays the role of the catalyst of dynamical chiral symmetry breaking.

In this section we used the NJL model which is similar to the Dirac semimetal with one Fermi point and local interaction between fermions. It is clear that this model differs from the real Dirac semimetals where one has a different number of Fermi points and nonlocal Coulomb interaction between fermion excitations. In this respect in real Dirac semimetals the formulas for the gap equation and the mass gap are different from that obtained in this paper. However, it is clear that in any model nonzero \( \mu_s \) leads to Fermi surface with additional fermion states which due to BCS instability create or enhance chiral symmetry breaking. We believe that this effect is universal and independent on a number of Fermi points and interaction potential between fermions. Below we are going to study the chiral catalysis phenomenon in a more realistic model applying lattice Monte Carlo simulation of Dirac semimetals.

III. LOW ENERGY EFFECTIVE ACTION FOR DIRAC SEMIMETALS IN CONTINUUM AND ON THE LATTICE

In this paper we are going to consider Dirac semimetals with two Fermi points and small isotropic Fermi velocity \( v_F \ll c \). We believe that in its properties this theory is close to the observed Dirac semimetals Na\(_3\)Bi \cite{30}, Cd\(_3\)As\(_2\) \cite{31,32}. Low energy effective theory of fermionic excitations in Dirac semimetals can be described by two flavors of 3D Dirac fermions. Due to the smallness of the Fermi velocity, magnetic interactions and retardation effects can be safely disregarded. As a result the interaction in Dirac semimetals is reduced to an instantaneous Coulomb potential. Taking into account these properties it is straightforward to build the partition function for Dirac semimetals:

\[
Z = \int D\bar{\psi}D\psi DA_4 \exp (-S_E),
\]

where \( \bar{\psi}, \psi \) are Dirac fermion fields, and \( A_4 \) is a temporal component of the vector potential of the electromagnetic field. The Euclidean action \( S_E \) can be written as a sum of the contributions of the gauge \( S_g \) and the fermion fields \( S_f \):

\[
S_E = S_f + S_g.
\]

The gauge and fermionic parts of the action can be written in the following form:

\[
S_g = \frac{1}{2e^2} \int d^3x dt (\partial_4 A_4)^2,
\]

\[
S_f = \sum_{a=1}^{N_f} \int d^3x dt \bar{\psi}_a \gamma_4 (\hat{\partial}_4 + i A_4) + \tilde{h} v_F \gamma_0 \partial_4 + \mu_s \gamma_0 \gamma_4 \psi_a,
\]

\[
= \sum_{a=1}^{N_f} \int d^3x dt \bar{\psi}_a D_\mu (A_4) \psi_a.
\]

The field \( A_4 \) in Eqs. (15) can be integrated out thus leading to the theory where Dirac fermions interact via the instantaneous Coulomb law with the effective coupling constant \( \alpha_{\text{eff}} = e^2 / 4\pi \tilde{h} v_F \).

Note that in the fermion part of the action we have introduced the chiral chemical potential \( \mu_s \), which leads to nonzero chiral density in the system under investigation. We have already mentioned that the nonzero chiral chemical potential can be created due to the axial anomaly in parallel electric \( E \) and magnetic \( B \) fields. At zero temperature the value of the chiral chemical potential can be estimated using formulas from Ref. \cite{36}:

\[
\mu_s = \hbar v_F \left( \frac{3e^2}{4\hbar^2 c} \tilde{E} \cdot \tilde{B} \tau \right)^{1/3},
\]

where \( \tau \) is the relaxation time of chiral charge. In the Dirac semimetals Cd\(_3\)As\(_2\) and Na\(_3\)Bi one can generate the chiral chemical potential as large as \( \sim 10-30 \text{ meV} \) \cite{38}.

Furthermore, one can perform the standard rescaling of the time coordinate and timelike component of the electromagnetic field: \( t \rightarrow t / v_F, A_4 \rightarrow v_F A_4 \). It leads to the following modification of the action:

\[
S_g = \frac{v_F}{2e^2} \int d^3x dt (\partial_4 A_4)^2,
\]

\[
S_f = \sum_{a=1}^{N_f} \int d^3x dt \bar{\psi}_a \left[ \gamma_4 (\hat{\partial}_4 + i A_4) + \gamma_0 \partial_4 + \frac{\mu_s}{v_F} \gamma_0 \gamma_4 \right] \psi_a.
\]

For the discovered Dirac semimetals \( v_F \ll c \) and \( \alpha_{\text{eff}} > 1 \). Thus the system is strongly coupled and one should apply nonperturbative methods for studying such systems. In this paper we are going to apply lattice quantum Monte Carlo simulations. For the numerical study we employ the staggered discretization for fermions and noncompact discretization of lattice gauge fields \cite{51}.

To write a discretized version of action (13) we introduce a regular cubic lattice in four-dimensional space with spatial lattice spacing \( a \) and temporal lattice spacing \( a_t \). As discussed in \cite{51}, it is important to take the limit \( \xi = a_t / a \rightarrow 0 \). The number of lattice sites is \( L \) in each spatial direction and \( L_t \) in temporal direction. For lattice simulation we will use Lorentz-Heaviside units and it will be assumed that \( \hbar = c = 1 \). In addition we will take \( a_t = 1 \), restoring explicit spatial lattice spacing when necessary. The resulting action can be written as

\[
S_G = \frac{1}{8\pi \alpha_{\text{eff}}} \sum_x \sum_{i=1}^{\Lambda} (\theta_{4,x} - \theta_{4,x+i})^2,
\]

\[
S_F = \sum_x \left( m \bar{\psi}_x \psi_x + \frac{\xi}{3} \sum_{i=1}^{\Lambda} \eta_x(x) [\bar{\psi}_x \psi_{x+i} - \bar{\psi}_{x+i} \psi_x] + \frac{1}{2} \eta_x(x) [\bar{\psi}_x e^{i\theta_{4,x}} \psi_{x+i} - \bar{\psi}_{x+i} e^{-i\theta_{4,x}} \psi_x] + \frac{1}{2} \frac{\mu_s a_t}{v_F} \sum_x s(x) [\bar{\psi}_{x+s} \psi_x - \bar{\psi}_x \psi_{x+s}] \right),
\]

where gauge \( \theta_{4,x} \) and fermionic \( \psi_x \) fields are defined at the sites \( x = (x_1, x_2, x_3, x_4) \) of the Euclidean lattice. The
factors \( \eta_1(x) = 1 \) and \( \eta_{\mu>1}(x) = (-1)^{x_1 + \cdots + x_{\mu-1}} \) are the standard staggered phase factors. Similarly to [23] the chiral chemical potential \( \bar{\mu}_5 \) is introduced through the additive term in the last line of Eq. (18), where \( s(x) = (-1)^{x_3} \) and \( x + \delta = \{x_1 + 1, x_2 + 1, x_3 + 1, x_4 \} \). Notice that the lattice parameter \( m \) from lattice action (18) is related to its physical values as \( m = m_{\text{phys}}a_t/v_F \). Notice also that below we are going to write the chiral chemical potential in lattice units \( \bar{\mu}_5 = \mu_5a_t/v_F \).

It should be noted here that the direct lattice simulation at \( m = 0 \) is impossible due to the irreversibility of the Dirac operator and related numerical instabilities. For this reason the simulations are performed at several small but nonzero values of \( m \) and observables are subsequently extrapolated to the chiral limit (see below).

Diagonalizing lattice action (18) it can be shown that it corresponds to \( N_f = 4 \) flavors of Dirac fermions [23]. To obtain \( N_f = 2 \) flavors of Dirac fermions we take a square root of the fermion determinant.

It is interesting to estimate the lattice spacing \( a_t \). It is clear that inverse lattice spacing is of the order of the ultraviolet cutoff in the effective theory (15), i.e., of the order of the inverse characteristic distance between atoms in Dirac semimetal under consideration.3 The characteristic distance between atoms in Cd3Ar2 [33] and Na3Bi [30] is \( \sim 5 \) Å. So, taking typical Fermi velocity in Dirac semimetal \( v_F/c \sim 0.001 \) one obtains the relation \( m_{\text{phys}}a_t/v_F \sim 0.4 \) eV which can be used to estimate physical values of different dimensional parameters. In particular, the characteristic value of the fermion mass used in the simulation is \( m = m_{\text{phys}}a_t/v_F \sim 0.1 \) (see below). So, in physical units this mass is \( m_{\text{phys}}c^2 \sim 0.04 \) eV. We have already mentioned that in Ref. [38] it was shown that one can generate the chiral chemical potential as large as \( \sim 20 \) meV. It causes no difficulties to calculate this value of the \( \bar{\mu}_5 \) in lattice units: \( \bar{\mu}_5 \sim 0.05 \).

### IV. THE CHIRAL CONDENSATE

In this section we apply a lattice Monte Carlo approach in order to address the question how the nonzero chiral chemical potential influences dynamical chiral symmetry breaking in the system with action (13). The order parameter for the chiral symmetry breaking/restoration transition is the chiral condensate which can be calculated on the lattice as

\[
\langle \bar{\psi}\psi \rangle = -\frac{i}{2} \langle S(x, x) \rangle, \tag{19}
\]

where \( S(x, y) \) is the fermion propagator in theory (18). Notice that action (18) after diagonalization corresponds to four Fermi points or four fermion flavors. The factor \( 1/4 \) in the last equation is introduced to calculate the chiral condensate per one flavor.

In the chiral limit, the vanishing condensate \( \langle \bar{\psi}\psi \rangle(m \to 0) = 0 \) corresponds to the chirally symmetric phase and the system is a semimetal, while for \( \langle \bar{\psi}\psi \rangle(m \to 0) \neq 0 \) the chiral symmetry is broken and the system becomes an insulator. In our previous study [51] with the action (18) we found that at the zero chiral chemical potential this phase transition takes place at \( \alpha_{\epsilon,\mu_5=0} \approx 1.1 \). Now let us consider what happens at nonzero \( \mu_5 \).

We have already mentioned that it is not possible to perform lattice simulation at \( m = 0 \) due to the irreversibility of the Dirac operator and related numerical instabilities. So, the simulations are performed at several small but nonzero values of \( m \) and observables are subsequently extrapolated to the chiral limit. In the extrapolation we used the following ansatz:

\[
f(m) = k_0 + k_1 \sqrt{m} + k_2 m, \tag{20}
\]

which proved its applicability in QCD [23,57,58].

We proceed to the results of simulation on the \( 80 \times 16^3 \) lattice. In Ref. [51] it was shown that the limit \( \alpha_{\epsilon} \to 0 \) is crucial for obtaining the correct lattice theory of Dirac semimetals and reducing finite-volume artifacts. So, in practical simulations the lattice spacing in temporal direction has to be taken at least several times smaller than its spatial counterpart. In the simulation on the lattice \( 80 \times 16^3 \) we fixed the anisotropy ratio \( \xi = a_t/a_s = 1/5 \). In Ref. [51] it was shown that this ratio is a rather good approximation to the limit \( \alpha_{\epsilon} \to 0 \).

In Fig. 1 we show the chiral condensate \( \langle \bar{\psi}\psi \rangle \) as a function of the fermion mass for various \( \bar{\mu}_5 \) and \( \alpha_{\epsilon,\mu_5} \). The fermion mass is shown in lattice units. For the calculation we chose four values of the effective coupling constant: \( \alpha_{\epsilon,\mu_5} = 1.33, 1.14, 0.99, 0.8 \). At the zero chiral chemical potential the \( \alpha_{\epsilon,\mu_5} = 1.33 \) correspond to the insulator phase, the \( \alpha_{\epsilon,\mu_5} = 1.14 \) above but close to the semimetal/insulator phase transition, and the \( \alpha_{\epsilon,\mu_5} = 0.99, 0.8 \) are in semimetal phase. The mass dependence of the chiral condensate was fitted by Eq. (20).

It is seen that for all values of the simulation parameters the chiral chemical potential always enhances the chiral symmetry breaking in the system, which confirms the chiral catalysis phenomenon in Dirac semimetals.

In Fig. 2 we plot the chiral condensate \( \langle \bar{\psi}\psi \rangle \) in the chiral limit as a function of the \( \bar{\mu}_5 \). From this figure one sees that in the insulator phase the chiral chemical potential enhances the chiral condensate which agrees with the mean-field consideration performed in Sec. II. If the system is in the semimetal phase the chiral condensate is zero up to some value of the chiral chemical potential \( \bar{\mu}_5 < \bar{\mu}_5^c \) and develops a nonzero value in the region \( \bar{\mu}_5 > \bar{\mu}_5^c \) where the \( \langle \bar{\psi}\psi \rangle \) is a rising function of the \( \mu_5 \). The rise of the chiral condensate in the chiral limit with \( \mu_5 \) again confirms the chiral catalysis phenomenon in Dirac semimetals.

Our results imply that for any \( \alpha_{\epsilon,\mu_5} \) in the semimetal phase there exists the critical value of the chiral chemical potential \( \bar{\mu}_5^c \) after which the system under study turns into an insulator phase. We calculated the \( \bar{\mu}_5^c \) for various \( \alpha_{\epsilon,\mu_5} \). In Fig. 3 we show how the \( \bar{\mu}_5^c \) depends on the effective coupling constant.

From Fig. 3 it is seen that the larger the chiral chemical potential the smaller the critical effective coupling constant after which the system transfers from the semimetal to the insulator phase. This observation is also in agreement with the chiral catalysis phenomenon. Notice, however, that the existence of the critical \( \bar{\mu}_5^c \) seems to contradict the mean-field study. In Sec. II it was predicted that for any value of the \( \alpha_{\epsilon,\mu_5} \) nonzero chiral chemical potential leads to chiral symmetry breaking, i.e., there is no \( \bar{\mu}_5^c \). The contradiction can be resolved if we recall that we conduct our study at finite \( T_\epsilon \), i.e., small but finite temperature effects are present in our

\[3\text{Notice that for graphene this was explicitly demonstrated in Ref. [56].} \]
FIG. 1. The chiral condensate $\langle \bar{\psi} \psi \rangle$ as a function of the fermion mass for various $\tilde{\mu}_5$ and $\alpha_{eff}$. The fermion mass and the $\tilde{\mu}_5$ are shown in lattice units. The lattice size is $80 \times 16^3$ and the anisotropy is $\xi = 1/5$. The mass dependence of the chiral condensate was fitted by Eq. (20). $\alpha_{eff} = 1.33$ (top left) is in the insulator phase, $\alpha_{eff} = 1.14$ (top right) is near the semimetal-insulator phase transition, and $\alpha_{eff} = 0.99$ (bottom left) and $\alpha_{eff} = 0.88$ (bottom right) correspond to the semimetal phase at $\tilde{\mu}_5 = 0$.

analysys. At the same time the study of Sec. II is performed at zero temperature. Notice also that the mass gap in the weak coupling regime which corresponds to the semimetal phase is exponentially suppressed (8). Evidently such a small mass gap will be destroyed by finite temperature effects. In other words, to observe an exponentially small mass gap one needs a huge number $L_\tau$ which is not accessible in our present analysis. It is important to notice that in our analysis the line in Fig. 3 is not a true phase boundary but is some kind of “finite-size phase boundary” (crossover) for the simulated finite $L_\tau$, except at the zero chiral chemical potential where it is a true transition. To summarize, finite temperature leads to the appearance of the critical chiral chemical potential $\tilde{\mu}_5^c$ which depends on the

FIG. 2. The chiral condensate as a function of the $\tilde{\mu}_5$ calculated on different lattices and for various effective coupling constants. The curves are to guide the eyes.

FIG. 3. The dependence of critical $\tilde{\mu}_5^c$ on effective coupling. The curve is to guide the eyes.
effective coupling constant and where the system turns from the semimetal to the insulator phase.

We would like also to notice that the magnetic catalysis phenomenon [59,60] at finite temperature looks similar to the chiral catalysis. In this case the nonzero magnetic field leads to dynamical chiral symmetry breaking for any effective coupling similar to $\mu_5$ in the chiral catalysis. However, in the lattice simulation of graphene [46] in an external magnetic field the phase diagram looks similar to Fig. 3.

At the end of this section let us study finite-volume effects. To do this we performed numerical simulation on the lattices $64 \times 10^3$ and $100 \times 20^3$. The results of these additional measurements are presented in Fig. 2. It is seen from this figure that the results obtained at different lattices are in agreement with each other, i.e., the finite-volume effects do not affect our results.

V. CONCLUSION

The aim of this paper is to study the chiral catalysis phenomenon in Dirac semimetals with nonzero chiral density. The essence of the chiral catalysis is that nonzero chiral density generates additional fermionic states which take part in the formation of the chiral condensate. For this reason nonzero chiral density either creates or enhances the dynamical chiral symmetry breaking depending on the strength of the interactions between constituents in this media. In order to create nonzero chiral density in the system under study we introduce a nonzero chiral chemical potential. To perform this study we applied lattice quantum Monte Carlo simulations of Dirac semimetals, which fully account for many-body effects in strongly coupled systems.

We calculated the chiral condensate for various fermion masses, chiral chemical potentials, and effective coupling constants. For all parameters under study we have found that the chiral condensate rises with rising chiral chemical potential. This confirms that in Dirac semimetals the chiral chemical potential plays the role of the catalyst of the dynamical chiral symmetry breaking.

We also calculated a finite temperature phase diagram for the Dirac semimetals in the plane effective coupling constant–chiral chemical potential. We have found that the larger the chiral chemical potential the smaller the critical effective coupling constant after which the system turns from the semimetal to the insulator phase. This observation is also in agreement with the chiral catalysis phenomenon.

In Ref. [38] it was shown that one can generate the chiral chemical potential as large as $10–30$ meV for magnetic field $|\vec{B}| = 1$ mT. In lattice units this corresponds to the $\tilde{\mu}_5 \sim 0.03–0.08$. From Fig. 1 it is seen that the effect to the system of such a chiral chemical potential is quite small. Notice, however, that we have carried out rather rough estimation of the lattice spacing, i.e., the chiral chemical potential in lattice units. In real Dirac semimetals the chiral chemical potential in lattice units might be larger and the effect might be more pronounced. Notice also that according to formula (16) to generate a larger chiral chemical potential one can use a larger magnetic field or a larger relaxation time of chiral charge. Using high magnetic fields ($>10$ T) one can increase the chiral chemical potential in more than an order of magnitude which seems to be enough to reach the catalysis regime. The other option is an increase of the chiral relaxation time due to the use of very clean samples and low temperatures. Therefore, we believe that the predicted effects can be experimentally observable in real materials.

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