The Effect of Slow Coronary Flow on Right and Left Ventricular Performance

Fatih Altunkas  Fatih Koc  Koksal Ceyhan  Atac Celik  Hasan Kadi  Metin Karayakali  Kerem Ozbek  Turgay Burucu  Ahmet Ozturk  Orhan Onalan

Department of Cardiology, Faculty of Medicine, Gaziosmanpasa University, Tokat, Turkey

Introduction

Slow coronary flow (SCF) is a rare angiographic finding observed in patients with normal or near-normal coronary arteries and is characterized by slow contrast flow to the distal vascular structures during angiography [1]. Etiopathogenesis of SCF is still not clear. Previous studies indicate that microvascular reserve anomalies, increased vasoconstrictor response, decreased NO levels, inflammation, and adrenergic hyperactivation contribute to the etiopathogenesis of SCF [1–6]. There is very little information on the incidence of this disease, except in a study by Goel et al. [7] who report an incidence of 1%.

The thrombolysis in myocardial infarction (TIMI) frame count (TFC) method is an objective method for evaluating coronary blood flow. This method measures the number of frames over which the contrast (dye) flows from the injection site to a predefined distal point [8]. Previous studies showed that in arteries with slow flow, TFC is significantly increased [1, 9, 10].
Moreover, previous studies [11–13] showed that left ventricular (LV) diastolic function diminished before systolic function and that this functional disorder is localized [11–13]. There are several studies using classical transmirtal flow pulsed wave Doppler (PWD) in SCF patients, and these studies showed defective LV filling and diastolic function [9, 10].

Tissue Doppler echocardiography (TDE) is a technique derived by modifications from the PWD technique and is a popular method to quantitatively evaluate global or local systolic and diastolic functions of the ventricles. Due to the limitations of the PWD method in diastolic function disorders, the TDE technique is becoming more popular [14].

Myocardial performance index (MPI) is an important parameter that can be calculated using classical PWD and TDE which reflects both diastolic and systolic functions. Elevated MPI values reflect poor prognosis in some patient groups [15–17]. In the literature, there are many studies [9, 18] evaluating LV function in SCF patients by PWD, but studies using TDE to evaluate LV function in SCF patients are rare [19]. In addition, there is only 1 study in the published literature about evaluating right ventricular (RV) function in SCF patients by TDE or MPI methods. In this study, we aimed to evaluate both ventricular functions using TDE and MPI methods in patients with SCF and to determine the relationship between these parameters and TFC in SCF patients.

**Subjects and Methods**

**Study Population**

Thirty-five patients (20 males and 15 females) with SCF who underwent coronary angiography after having typical angina and/or who had been diagnosed with SCF and 35 age- and sex-matched controls (14 males and 21 females) without SCF who underwent elective coronary angiography were enrolled in the study. Approval was obtained from the Institution Ethics Committee for this study. Written informed consent was obtained from all the enrolled patients. Exclusion criteria were patients with moderate to severe valvular heart disease, prosthetic heart valve, bundle branch block, atrial fibrillation, paced rhythm, atrioventricular block, restrictive, hypertrophic or dilated cardiomyopathies, congenital heart disease, coronary artery ectasia, major coronary spasm, previous history of myocardial infarction, uncontrolled hypertension, hyperthyroidism, hypothyroidism, malignancy, pulmonary, hepatic, renal and hematological disorders, and poor echocardiographic image.
Coronary Angiography and Analysis of TFC

Coronary angiography was performed on all patients using the General Electric (GE) Innova 3100 (Milwaukee, Wisc., USA) with the standard Judkins technique in multiple angulated views. During coronary angiography, iohexol 350/100 ml was used as a contrast agent and manually injected (5–6 ml at each position) in all patients. The diagnosis of SCF was made using the TFC method [8]. The number of cineangiographic frames, recording 30 frames per second, required for the leading edge of the column of radiographic contrast to first reach standard distal coronary landmarks in the left anterior descending (LAD), circumflex (CX), and right coronary arteries (RCAs) was recorded using the cine viewer frame counter. Subtracting the first frame number from the last frame number, TFC was evaluated for each artery. Because the corrected LAD (cLAD) coronary artery is typically longer than the CX and RCA, and the TFC for the LAD artery is often higher, the LAD artery frame counts were corrected by dividing by 1.7 to derive the corrected TFC as described earlier [8]. The TFCs in the LAD and CX arteries were assessed in a right anterior oblique projection with caudal angulation and the RCAs in left anterior oblique projection with cranial angulation (fig. 1, 2). Two separate cardiologists (F.K. and K.C.) independently measured TFC in each patient.

Echocardiography

PWD and TDE were performed for all patients using a 2.5-MHz transducer (Philips, EnVisor C Ultrasound, Bothell, Wash., USA) in the left decubitus position during normal respiration according to the recommendations of the American Society of Echocardiography [20]. LV diameter and thicknesses were measured from the parasternal window with two-dimensional M-mode echocardiography. LV ejection fraction was measured by the modified biplane Simpson’s method [21]. RV diameters were measured from the apical 4-chamber view. Doppler recordings were obtained with the pulsed sample volume placed at the tip of the mitral leaflets from the apical 4-chamber view. Peak early and late velocities, E-wave deceleration time and isovolumetric relaxation time (IRT) were measured. Pulmonary venous flow was measured from the apical 4-chamber view by placing the PWD sample volume 1 cm into the right upper pulmonary vein. The peak pulmonary vein systolic velocity (Ps) and the peak pulmonary vein diastolic velocity (Pd) were measured, and the Ps/Pd ratio was calculated. TDE parameters were measured using an echocardiographic device with active TDE functions (Philips, EnVisor C Ultrasound). The filter and gain settings were adjusted to the minimal optimal level to reduce noise and eliminate the signal produced by flow. A 3.5-mm sample volume was used. From the apical 4-chamber view, the Doppler sample volume was placed at the lateral corner of the mitral annulus and lateral corner of the tricuspid annulus. A Doppler velocity range of –20 to 20 cm/s was selected, and the velocities were measured online at a sweep of 100 mm/s. Peak systolic myocardial velocity (Sm), peak early myocardial velocity (Em), and late myocardial velocity (Am) were measured for the lateral segment and the Em/Am ratio was calculated. The IRT was measured from the end of Sm to the beginning of Em, the isovolumetric contraction time was measured from the end of Am to the beginning of Sm, and the time period of Sm was measured as the ejection time (fig. 3). The MPI was calculated using the equation (isovolumetric contraction time + IRT)/ejection time [22]. The Sm, Em, and Am values obtained from the tricuspid annulus were used for the RV MPI. All Doppler parameters were obtained by calculating the mean of 5 consecutive cycles. Echocardiography measurements were made by the same cardiologist (F.A.), who was blinded to the clinical and angiographic features of the patients.

Statistical Analysis

Continuous variables are expressed as means ± standard deviation (SD) and categorical variables are given as percentages. The Shapiro-Wilk test was used to evaluate whether the distribution of variables was normal. A two-sided independent samples t test or the Mann-Whitney U test was used to compare continuous variables between the two groups. The χ² test, χ² with continuity correction, or Fisher’s exact test was applied for the categorical variables when necessary. Pearson’s r correlation coefficients were used to evaluate correlation between variables. SPSS software 11.0 for Windows (Chicago, Ill., USA) was used for all statistical analyses. Calculated p values were considered statistically significant at p < 0.05.
Results

The baseline characteristics and angiographic findings of the SCF and control groups are given in table 1. There were no significant differences in baseline characteristics among the groups; however, TFC values were higher in the SCF group compared to the control group.

The two-dimensional echocardiography and PWD parameters of the left ventricle and the two-dimensional echocardiography parameters of the right ventricle are listed in table 2 for the SCF and control groups. There were no significant differences in early diastolic mitral inflow (E) velocity, late diastolic mitral inflow (A) velocity, E/A ratio, deceleration time of the mitral valve, left atrial, LV and RV dimensions, ejection fraction, and LV mass among the groups.

The TDE parameters obtained from the left and right ventricles are given in table 3. LV Sm, Em, Am, and Em/Am were similar in both the SCF and control groups; however, IRT and MPI were higher in the SCF group compared to the control group (IRT: 99 ± 17 vs. 88 ± 20; p = 0.01, and MPI: 0.61 ± 0.11 vs. 0.56 ± 0.12; p = 0.07). RV wall Sm, Em, Am, IRT, and MPI were similar in both the SCF and control groups. RCA TFC and cLAD artery TFC were positively correlated with LV lateral wall IRT (r = 0.243, p = 0.04 and r = 0.233, p < 0.05, respectively). In addition, cLAD artery TFC, LAD artery TFC, and RCA TFC were positively correlated with LV MPI (r = 0.212, p = 0.08; r = 0.212, p = 0.08, and r = 0.214, p = 0.07, respectively), but this correlation was not statistically significant.

Discussion

In this study, RV MPI was similar in the two groups. The LV IRT was significantly higher in the SCF group than in the control group. LV MPI was higher in the SCF group than in the control group, but this difference was not statistically significant. LV diastolic function disorder is the cardiac pathology with the earliest onset in SCF. In our study, no statistically significant difference between LV diastolic functions of the control group and the SCF group was detected by conventional Doppler echocardiography. However, Bonow et al. [23] reported that the earliest indicator of myocardial ischemia is LV relaxation disorder, a parameter of diastolic function. Sezgin et al. [9] and Tanriverdi et al. [18] also showed that there is LV relaxation disorder in SCF patients using conventional Doppler echocardiography. Despite these studies, Nurkalem et al. [24] and Baykan et al. [19] found no LV relaxation disorder in their study on SCF patients using the same methods.

Table 1. Demographic and angiographic characteristics in the SCF and control groups

| Parameter                  | SCF (n = 35) | Controls (n = 35) | p    |
|----------------------------|-------------|------------------|------|
| Age, years                 | 55±11       | 54±9             | 0.79 |
| Male sex                   | 20 (57)     | 14 (40)          | 0.15 |
| Body mass index            | 31±6        | 30±4             | 0.17 |
| Systolic blood pressure, mm Hg | 126±19     | 124±22           | 0.65 |
| Diastolic blood pressure, mm Hg | 80±12      | 77±12            | 0.29 |
| Hypertension               | 19 (54)     | 14 (40)          | 0.23 |
| Hyperlipidemia             | 18 (51)     | 12 (34)          | 0.15 |
| Diabetes mellitus          | 5 (14)      | 9 (26)           | 0.23 |
| Smoking                    | 6 (17)      | 7 (20)           | 0.76 |
| Family history             | 7 (20)      | 4 (11)           | 0.32 |
| Medications                |             |                  |      |
| ACEI/ARB                   | 14 (40)     | 10 (29)          | 0.31 |
| β-Blockers                 | 10 (29)     | 9 (26)           | 0.79 |
| Nitrates                   | 6 (17)      | 3 (9)            | 0.48 |
| Calcium antagonists        | 2 (6)       | 4 (11)           | 0.67 |
| Statin                     | 11 (31)     | 6 (17)           | 0.16 |
| Fasting serum glucose, mg/dl| 102±23      | 105±17           | 0.3  |
| Creatinin, mg/dl           | 0.74±0.18   | 0.72±0.17        | 0.59 |
| Total cholesterol, mg/dl   | 204±43      | 202±43           | 0.824|
| Triglycerides, mg/dl       | 176±141     | 168±82           | 0.49 |
| HDL cholesterol, mg/dl     | 43±12       | 43±11            | 0.803|
| LDL cholesterol, mg/dl     | 124±31      | 129±34           | 0.53 |
| Vessels with slow flow     |             |                  |      |
| One vessel                 | 5 (14)      | 0 (0)            | 0.05 |
| Two vessels                | 14 (40)     | 0 (0)            | <0.001|
| Three vessels              | 16 (46)     | 0 (0)            | <0.001|
| TFC                        |             |                  |      |
| LAD                        | 59±19       | 34±3             | <0.001|
| Cx                         | 30±10       | 22±2             | <0.001|
| RCA                        | 30±9        | 20±2             | <0.001|
| cLAD                       | 35±11       | 20±2             | <0.001|
| Mean                       | 32±10       | 21±2             | <0.001|

Values are means ± SD or numbers with percentages in parentheses. ACEI = Angiotensin-converting enzyme inhibitor; ARB = angiotensin II receptor blocker; LDL = low-density lipoprotein; HDL = high-density lipoprotein.

Myocardial velocities obtained using TDE are considered to be new parameters to evaluate LV functions [25]. A study has shown that TDE parameters are not affected by preload and heart rate, like conventional Doppler, and thus yield more accurate results [26]. In our study, the differences in LV Sm, Em, and Am velocities and Em/Am ratio were not statistically significant between the control and SCF groups, and only the LV IRT value was significantly longer in the SCF group compared to the control group. A probable explanation
Table 2. Two-dimensional M-mode and PWD echocardiography in the SCF and control groups

|                      | SCF (n = 35) | Controls (n = 35) | p  |
|----------------------|--------------|-------------------|----|
| LVEDD, cm            | 5.0±0.6      | 4.8±0.4           | 0.17 |
| LVESD, cm            | 3.3±0.8      | 3±0.4             | 0.12 |
| IVS, cm              | 1.1±0.2      | 1±0.2             | 0.86 |
| EF, %                | 59.6±1.4     | 59.7±1.4          | 0.87 |
| PW, cm               | 1±0.2        | 0.9±0.1           | 0.23 |
| RVESD, cm            | 3.2±0.6      | 3.2±0.4           | 0.91 |
| RVEDD, cm            | 2.2±0.6      | 2.1±0.3           | 0.15 |
| LA, cm               | 3.6±0.7      | 3.5±0.4           | 0.43 |
| LV mass, g           | 223±63       | 202±55            | 0.28 |
| E, cm/s              | 65±16        | 69±20             | 0.41 |
| A, cm/s              | 73±19        | 80±26             | 0.3  |
| DT, ms               | 200±43       | 201±42            | 0.95 |
| E/A                  | 0.95±0.33    | 0.91±0.32         | 0.58 |
| E/Em                 | 9.5±2.4      | 10.1±4.2          | 0.45 |
| Ps/Pd                | 1.29±0.3     | 1.27±0.31         | 0.75 |
| Ra, cm/s             | 25±4         | 26±6              | 0.7  |

Values are means ± SD. LVEDD = Left ventricular end-diastolic diameter; LVESD = left ventricular end-systolic diameter; IVS = interventricular septum; EF = ejection fraction; PW = posterior wall; RVESD = right ventricular end-diastolic diameter; RVEDD = right ventricular end-diastolic diameter; LA = left atrial diameter; DT = deceleration time of the mitral valve; Ra = pulmonary venous atrial reversal wave.

Table 3. Tissue Doppler imaging measurements in the SCF and control groups

|                      | SCF (n = 35) | Controls (n = 35) | p  |
|----------------------|--------------|-------------------|----|
| Left ventricle       |              |                   |    |
| Sm, cm/s             | 8.2±1.3      | 7.9±1.3           | 0.39 |
| Em, cm/s             | 7.1±1.9      | 7.3±2             | 0.73 |
| Am, cm/s             | 11±2.2       | 10.2±1.7          | 0.13 |
| Em/Am                | 0.69±0.31    | 0.73±0.23         | 0.53 |
| IRT, ms              | 99±17        | 88±20             | 0.01 |
| MPI                  | 0.61±0.11    | 0.56±0.12         | 0.07 |
| Right ventricle      |              |                   |    |
| Sm, cm/s             | 13.5±2.6     | 12.4±2.5          | 0.08 |
| Em, cm/s             | 9.8±3.1      | 9.3±2.6           | 0.54 |
| Am, cm/s             | 13.9±5       | 17.2±19           | 0.42 |
| IRT, ms              | 83±28        | 74±29             | 0.21 |
| MPI                  | 0.52±0.17    | 0.51±0.18         | 0.93 |

Values are means ± SD.

Table 3 could be due to the markedly higher mean TCF values of the patients in the Baykan et al. [19] study (mean TCF: 41 ± 8 vs. 32 ± 10, respectively). In their study on SCF patients using the TDE method, Sevimli et al. [10] showed that LV relaxation disorder is evident. In this study, TFC, PWD, and TDE are used to determine diastolic function parameters and show significant correlation. Baykan et al. [19] used both conventional and TDE methods to evaluate the systolic and diastolic functions of SCF patients. The conventional method showed no significant difference between systolic and diastolic functions of the two groups; however, using the TDE method for evaluation of LV functions revealed that Sm value, Em velocity, and Em/Am ratio of SCF patients was significantly lower than in the control group. In their study, Yilmaz et al. [27] used conventional and TDE methods to evaluate the RV function in patients with SCF. In this study, RV Em and Em/Am ratio were lower than in the control group and RV Am and RV IRT were higher than in the control group.

MPI, calculated by conventional echocardiography and TDE methods, is a useful parameter to evaluate systolic and diastolic functions of the ventricles. In our study, we observed marked increased LV MPI values in SCF patients. We also observed a positive correlation between LV MPI and cLAD and RCA, but this correlation was not statistically significant. In the literature, there are few studies evaluating the relationship between LV functions, coronary artery TFC numbers, and MPI in SCF patients. In their study, Baykan et al. [19] assessed this relationship and reported a statistically significant increase in the MPI values of SCF patients compared to a control group. Also in this study, a positive and statistically significant correlation between mean TFC, RCA TFC, and MPI was established [19]. We have concluded that the reason our results failed to reach statistical significance may be low mean TFC values relative to the Baykan et al. [19] study (32 ± 10 vs. 41 ± 8, respectively). Both our study and the Baykan et al. [19] study showed a correlation between MPI, diastolic functional parameters, and TFC.

RV functions are considered less important than LV functions and have become of secondary importance in clinical practice. Even though it is called the ‘forgotten ventricle’ in some publications, the right ventricle has great importance in the prognosis of patients with LV dysfunction and congenital heart diseases [28]. Gondi et al. [28] define the RV Sm value as an independent indicator of clinical endpoints in patients with LV heart failure. There is only 1 study in the published literature evaluating RV performance in SCF patients by the TDE or MPI method."
Our study is important since it is the second study on this subject. However, we observed no statistically significant difference between diastolic functions and RV MPI values. In the first study, Yılmaz et al. [27] observed significantly increased RV MPI values in SCF patients.

Study Limitations
First, relatively few patients were included in this study. In the future, the number of participating centers should be increased and the results should be confirmed by more comprehensive studies. Second, obtaining LV TDE measurements only from the lateral wall may be a limitation. Increasing the number of wall measurements to an average of 2–4 in this study may have been more ideal. Third, the TFC values of the patients in our study were higher than in the control group but lower than the values in the literature. This decreases the statistical value of our study.

Conclusion
When considered together with the results of other studies, our results provide further evidence that in patients with normal coronary arteries, there is a statistically significant correlation between SCF and impaired LV function. Our results failed to demonstrate a similar relationship between SCF and RV function.