Study on the Creep Characteristics of Sandstone under Coupled Stress-water Pressure

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Abstract
Long-term interaction between stress and water pressure leads to creep damage of reservoir bank slope. As a result there will be instability of the bank slopes in many water conservancy projects. The rock mass creeping effect of coupled stress-water pressure was studied by using a typical sandstone rock from the Three Gorges reservoir area. The experiment was conducted by using the rock immersion-air-drying cyclic load rheometer device (designed and manufactured by our research team). Based on the experimental results, the following key points were observed: 1) the creep strain and the steady-state creep rate was increasing when the water pressure increased (at the same stress level). Under the same water pressure, the increase in the axial pressure resulted in the increase in the creep strain and steady creep rate of the sandstone specimens. 2) the increase in the axial pressure increased the creep strain and steady-state creep rate of the sandstone specimens while the water pressure increased. The mechanical properties of the sandstone specimens were affected by the water pressure. 3) the water infiltrates through the pore surfaces. As a result, the rate of deformation will increase while the bearing capacity and long-term strength of the rock decrease. This paper provides a solid theoretical foundation for the evaluation and prediction of reservoir geological hazards.

Keywords
rock mechanics, sandstone, creep, water pressure

1 Introduction
New reservoir banks develop due to the construction of some large-scale water conservancy and hydropower projects. However, the deformation and failure of the bank slopes need a proper solution. According to statistics, there are many reservoir landslides and failures. Water-rock interaction has a significant effect on the stability of bank slope. The mechanical properties of rock under dry and saturated conditions are different. Dyke and Dobereiner [1], Hawkins and McConnell [2], and Chang and Haimson [3] studied the compressive strength of various sandstones and quartz sandstones under dry and saturated conditions. Based on the experimental findings, rocks lose their strength under saturated conditions. Vásárhelyi [4–6] introduced a method used for estimating the sensitivity of sandstone rocks to water content, based on published data. Liu et al. [7], Xu et al. [8], and Tang et al. [9] carried out a series of shear tests on different types of rocks together with structural planes and different water contents. The water content has a significant effect on the shear resistance of rock and structural surfaces. Many researchers studied the change in the rock properties under short-term or long-term immersion in an aqueous or chemical solution. Chigira and Oyama [10] studied the failure mechanism of mudstone and sandstone under coupled hydro-mechano-chemical process. Sausse et al. [11] studied the influence of mineral deposition and dissolution on the permeability of rock joint surface. Polak [12] investigated the permeability of fractured rock under chemical action and established a mathematical relationship between the geometric parameters of fracture and fluid properties. Feng and Ding [13] studied the dynamic propagation process and development of cracks under the action of water chemistry. Fantong et al. [14] analyzed the long-term stability of the Lake Nyos dam with the consideration of water-rock chemistry.
With the actual short-to-long term requirements of early warning and monitoring systems of geological disasters, investigating the effect of water on the rock mass properties is very important. It is the conventional deterioration law for the physical and mechanical properties of rocks. Moreover, it is used to understand the rheological characteristics of the rock under a long term water-rock interaction. At present, the effect of water on the creep characteristics of rock gets wide attention. Parkin [15], Jin and Cristescu [16], Kenis et al. [17], Gasc-Barbier et al. [18], Wang et al. [19], Xu et al. [20], Yang et al. [21], and others conducted rheological tests on rocks such as mudstone. Shen et al. [22] performed an experimental study on the rheological properties of granite and carbonaceous shale under dry and saturated conditions. After saturation, the long-term strength of rock was reduced significantly. However, the rate of rheological deformation increased dramatically. Liu et al. [23] completed a series of uniaxial compression creep tests on sandstone specimens with dry, saturated, different ion concentration, and pH solution circulation. The results show that the creep properties of saturated sandstones are more prominent than dry sandstone. The creep properties of sandstone with different aqueous solutions were more noticeable than that of dry and saturated sandstone. Yao [24] conducted triaxial creep tests on coarse sandstone under different water content conditions. The higher the water content of the rock, the higher the instantaneous strain, the higher the creep rate, and the lower the long-term strength. A linear relationship was observed between the instantaneous strain and the water content. However, the long-term strength and water content had a logarithmic relation. Ju et al. [25] studied the creep properties of red mudstone under different water conditions. The ratio between creep strain and instantaneous strain increased with the increase of water content. However, the long-term strength was decreasing while the acceleration creep rate increased.

Creep damage on the bank slope occurs as a result of long-term stress and water pressure. The bank slope rock mass is often subjected to stress and is also in direct contact with the reservoir water. In the past, conventional experiments often neglect the direct effect of water, and could not accurately simulate the creep mechanical properties of rocks in the real reservoir water environment. A sandstone rock from the Three Gorges reservoir area was used to meet the objectives of this research. The rock specimens were prepared with a diameter of 50 mm and a height of 100 mm. The discrepancy in the diameter and height of the prepared sample is within 0.3 mm. Accordingly, the unevenness of the bottom and top of the sample is less than 0.05 mm.

For uniformity, the specimens with defects (such as cracks, visible joints, impurities, etc.) were rejected. Besides, the specimens were subjected to ultrasonic longitudinal wave test [26]. Samples were screened to avoid any defect. Selected samples are shown in Fig. 1. The density ranges between 2.51 g/cm³ and 2.64 g/cm³, and the longitudinal wave velocities were between 3860 m/s and 4180 m/s.

2 Experimental program
2.1 Sample preparation
A typical sandstone rock from the Three Gorges reservoir area was used to meet the objectives of this research. The rock specimens were prepared with a diameter of 50 mm and a height of 100 mm. The discrepancy in the diameter and height of the prepared sample is within 0.3 mm. The density ranges between 2.51 g/cm³ and 2.64 g/cm³, and the longitudinal wave velocities were between 3860 m/s and 4180 m/s.

2.2 Testing apparatus
Parts of the bank slope have been in contact with the reservoir water and subjected to pressure (Fig. 2).

As shown in Fig. 3, the coupled effect of stress and water pressure on the rock specimen was simulated by using the "YRQ-1000 rock immersion-air drying cycle load rheometer" (developed by our research team). The applied force diagram on the rock specimen is shown in Fig. 4.
The whole testing process was controlled by the computer. The test results were automatically stored in the computer and exported to an Excel file.

2.3 Test scheme
At first, the selected rock samples were vacuumed and immersed in the water at room temperature for about 48 hours to achieve full saturation. The designed water pressures were 0, 0.5 MPa, 1.0 MPa, 1.5 MPa, and 2.0 MPa, respectively, simulating the effect of 50 m, 100 m, 150 m, and 200 m water heads. The multi-stage axial stress was applied to the sample, and the initial axial stress was about 60% of the ultimate compressive strength. The axial loading process is shown in Table 1.

| Water pressure / MPa | Axial stress/MPa |
|----------------------|------------------|
|                      | First step | Second step | Third step | Fourth step | Fifth step |
| 0                    | 40        | 50          | 60         | 65          | 70         |
| 0.5                  | 40        | 50          | 60         | 65          |            |
| 1.0                  | 40        | 50          | 55         | 60          |            |
| 1.5                  | 40        | 50          | 55         | 57.5        |            |
| 2.0                  | 40        | 45          | 50         | 55          |            |

3 Test results
The creep curves were established based on the superposition principle. Fig. 5 shows the axial, lateral, deviatoric, and spherical strains with different conditions. The numbers on the curve indicate the axial pressure values of each level.

Fig. 5 shows the strain-time curve of saturated sandstone at 0, 0.5 MPa, 1.0 MPa, 1.5 MPa, and 2.0 MPa water pressures. The creep curve of sandstone under coupled stress-water pressure has the following characteristics (Fig. 5): Sandstone shows noticeable creep and instantaneous strain characteristics under different stress levels. When the stress level is lower than the yield stress, the sandstone sample only undergoes to attenuating creep and steady-state creep. The final level of stress is higher than the yield stress. This stage not only has the characteristics of attenuating creep and steady-state creep but also exhibits accelerated creep characteristics.

4 Analysis of test results
4.1 Analysis of creep deformation characteristics
The effects of axial stress and water pressure on the creep deformation characteristics of sandstone were investigated. The cumulative total strain (including transient strain and creep strain) with the axial stress under different water pressures were plotted in Fig. 6 and Fig. 7 (The figures exhibit the axial, deviatoric, spherical, and lateral strains).

The relationships between total strain, axial stress, and water pressure are shown in Fig. 6:

1. When the water pressure is constant, the total strain increases with the increase in the axial stress; as the axial stress increases, the slope of the curve also increases, indicating that the axial stress is higher, the higher the change in strain.
2. When the axial stress is constant, the total strain increases with the rise in water pressure; and as the water pressure goes up, the total strain increases continuously, indicating that the water pressure is high.
The relationships between the creep strain, axial stress, and water pressure are shown in Fig. 7:

1. When the water pressure is constant, the creep strain increases linearly with the increase in the axial pressure; the creep strain varies with the axial pressure under different water pressures, and the creep increases with the increase in the water pressure. The increase in the strain with the increase in the axial stress is more pronounced.

2. When the axial stress is constant, the creep strain increases with the increase in the water pressure and axial stress; the creep strain is significantly affected by the water pressure.

In summary, axial stress and water pressure have a considerable impact on the creep deformation characteristics of sandstone specimens. Under high water pressure, the increase in axial stress has a more significant effect on the creep deformation characteristics. The reasons are...
Fig. 6 Cumulative strain and axial stress under different water pressures

Fig. 7 Creep strain and axial stress under different water pressures
mainly due to the gradual increase in axial stress, cumulative damage, and micro-cracks. Some micro-cracks will also form macro cracks. The cracks propagate due to the increase in the water pressure and axial stress. Infiltrated water through microcracks establishes continuous degradation. Therefore the effect of coupled stress water pressure on the creep deformation characteristics is very high.

4.2 Analysis of creep rate

The slope of the strain versus time curve is the creep rate. The creep rate at different durations can be determined.

The creep rate of sandstone was calculated at 40 MPa stress level. The creep rate of the specimens at 0 MPa, 0.5 MPa, 1.0 MPa, 1.5 MPa, and 2.0 MPa water pressure is shown in Fig. 8.

As can be seen from Fig. 8, the water pressure has a significant effect on the steady-state creep rate of the sandstone sample. As the water pressure increases, the decaying and steady-state creep increase. The axial steady-state creep rates at 0 MPa, 0.5 MPa, 1.0 MPa, 0.5 MPa, and 2.0 MPa water pressure are $0.9 \times 10^{-6}$/h, $2.2 \times 10^{-6}$/h, $5.8 \times 10^{-6}$/h, $9.0 \times 10^{-6}$/h, and $12.1 \times 10^{-6}$/h, respectively. The deviatoric steady-state creep rates at 0 MPa, 1.1 $\times 10^{-6}$/h, 2.5 $\times 10^{-6}$/h, 3.6 $\times 10^{-6}$/h, and 4.6 $\times 10^{-6}$/h, respectively, the spherical steady-state creep rates are $0.6 \times 10^{-6}$/h, $1.7 \times 10^{-6}$/h, $3.1 \times 10^{-6}$/h, $5.3 \times 10^{-6}$/h, and $7.2 \times 10^{-6}$/h, respectively. The higher the water pressure has a considerable creep.

Similarly, the creep rate of sandstone samples at 2.0 MPa water pressure was calculated. The creep rates under 40 MPa, 45 MPa, and 50 MPa axial stress and 2 MPa water pressure, are shown in Fig. 9.

As can be seen from Fig. 9, the axial pressure has a noticeable effect on the steady-state creep rate of the sandstone sample. As the axial stress increases, the steady-state creep increases. At 40KN, 45KN, and 50KN axial stress, the axial steady-state creep rates are $12.1 \times 10^{-6}$/h,
16.2 × 10⁻⁶/h, and 23.9 × 10⁻⁶/h, respectively. The deviatoric steady-state creep rates are 4.6 × 10⁻⁶/h, 6.5 × 10⁻⁶/h, and 9.4 × 10⁻⁶/h, respectively. The spherical steady-state creep rates are 7.1 × 10⁻⁶/h, 9.8 × 10⁻⁶/h, and 14.4 × 10⁻⁶/h, respectively. The lateral steady-state creep rates are 4.7 × 10⁻⁶/h, 6.6 × 10⁻⁶/h, and 9.1 × 10⁻⁶/h, respectively. The higher the water pressure is, the higher in the creep damage.

In general, the magnitude of axial stress controls the extent of internal cracks. The magnitude of water pressure governs the specimen's pore water pressure and the degree of crack propagation. The combination of the two determines the modification rate of the internal structure, the process of crack initiation and propagation, the creep rate, and the duration of decaying creep.

4.3 Analysis of accelerated creep phase
Sandstone specimens are failed at failure stress level. The strain and strain rate curves are shown in Fig. 10.

For each stage, the failure of specimens was different. The creep duration of sandstone sample at failure stress level is shown in Table 2.

As the water pressure increases, the creep has the following trends: The proportion of total duration for decaying and accelerated creep was gradually increased. Similarly, the proportion of the total duration for steady-state creep has been gradually reduced. With the increase in the water pressure, the proportion of attenuation creep stage is 13.56 %, 16.23 %, 18.10 %, and 20.09 % at 0 MPa, 0.5 MPa, 1.0 MPa, and 2.0 MPa pressure, respectively. The total duration of the accelerated creep phase showed an increasing trend (7.03 %, 8.04 %, 9.97 %, and 12.02 %). The proportion of the decaying and accelerated creep phase was increasing slightly while the water pressure increased. However, the proportion of steady-state creep dropped gradually.
4.4 Analysis of strength characteristics

The long-term strength is one of the main parts of creeping and strength index of rock mass, which is significantly lower than instantaneous strength. In this study, the strength of sandstone samples was determined based on isochronous curve method [27].

Summaries of creep failure and long-term strength are shown in Table 3. The creep failure and long-term strength of sandstone versus water pressure are shown in Fig. 11.

A relationship for creep failure strength, long-term strength, and water pressure can be established by the following function \( y = y_0 - a \ln(1 + p^b) \), \( p \) represents the water pressure.

Equations (1) and (2) are of the best fitting curve is as follows:

Creep failure strength:
\[
\sigma = 70 - 13.67 \ln(1 + p^{0.01}).
\]  
(1)

Long-term strength:
\[
\sigma = 65 - 13.84 \ln(1 + p^{0.01}).
\]  
(2)

The following points were pointed out based on Table 3 and Fig. 11:

1. The creep failure strength was decreasing gradually while the water pressure increased. At 0 MPa water pressure, the creep failure strength is 70 MPa. The creep failure strength of sandstone specimens was 0.5 MPa, 1.0 MPa, 1.5 MPa, and 2.0 MPa at 65 MPa, 60 MPa, 57.5 MPa, and 55 MPa water pressure, respectively. The creep strength was reduced linearly (Fig. 11).

2. The long-term strength of the sandstone sample was decreasing slowly while the water pressure increased. At 0 MPa water pressure, the long-term strength of the sandstone sample was 64 MPa. The creep failure strength of sandstone rock was 60 MPa, 57 MPa, 54 MPa, and 50 MPa at 0.5 MPa, 1.0 MPa, 1.5 MPa, and 2.0 MPa water pressure, respectively. The long-term strength was reduced linearly (Fig. 11).

3. The creep failure strength and long-term strength of the sandstone were decreasing continuously while the water pressure increased, indicating that the increase in the water pressure led to the decrease in the mechanical properties of the sandstone sample.

4.5 Analysis of creep damage characteristics

The creep failure modes of sandstone samples with different water pressures were investigated as shown in Fig. 12.

The following points were pointed out based on Fig. 12:

![Fig. 11 Long-term strength and creep failure strength versus water pressures](image)

![Fig. 12 Failure modes of sandstone rock at different water pressures; (a) 0MPa water pressure; (b) 0.5MPa water pressure; (c) 1.0MPa water pressure; (d) 1.5MPa water pressure; (e) 2.0MPa water pressure](image)
1. The sandstone samples showed tensile failure characteristics at different water pressures. A conical rupture surface was developed at the tip of the specimens. When creep damage occurs, the crack on the surface of the sample is in the axial direction, which is a typical tensile failure.

2. The extent of fracture was increasing slowly while the water pressure increased. The angle between the main crack and the axial direction increases gradually.

The increase in water pressure leads to a decrease in the mechanical properties of sandstone samples. Under the action of axial load, the lateral deformation of sandstone specimens increases, as a result, axial tensile cracks are developed. The shear deformation yielded internal slippage and shear band of particles. Therefore, the shear bands will join together to form a shear crack.

Fig. 13 Typical rock samples at different water pressures (1200×); (a) 0MPa water pressure; (b) 0.5MPa water pressure; (c) 1.0MPa water pressure; (d) 1.5MPa water pressure; (e) 2.0MPa water pressure
4.6 Analysis of microstructural changes at different water pressures

The change in the microstructure is a result of deterioration in the macroscopic mechanical properties. The electron microscope was used to analyze the microstructural changes. Typical rock samples are shown in Fig. 13 (with 1200x resolution).

As can be seen from Fig. 13:

Sandstone specimens showed significant microstructural changes at different water pressures. With no water pressure, the structure between the particles was tight, and only a few micropores were developed. The particles were getting a weak structure while the water pressure increased. Moreover, thin pores were noticed as a result of water pressure. The particles were scattered due to the propagation of micro-cracks.

A considerable amount of micro-pores were developed inside sandstone specimens. In the conventional test, water plays a softening role on the instantaneous strength. The applied stress is responsible for the reorientation of micro-cracks. The presence of water inside the pores softens the hydrophilic component, resulting, a decrease in the bearing capacity of the rock (increase in the creep).

The presence of pore water pressure is responsible for the reduction in the normal effective stress and an increase in the propagation of cracks. The pore water pressure reaches the crack tip in time, forming an "intrusion" effect, which promotes the expansion and penetration of the fracture, thereby reducing the bearing capacity of the rock and accelerating the rock deformation. In addition, the infiltrated water plays a lubricating role, reduce the cohesive force, and increase the slippage and misalignment of the rock skeleton. Therefore, compared with conventional saturated rock, coupled stress-water pressure has a considerable adverse effect on the rock strength. The presence of water pressure reduces the bearing capacity and long-term creep strength of the sandstone rock.

5 Conclusions

The effect of coupled stress-water pressure on the rock mass properties was simulated by using a laboratory test. Based on the experimental results, the following points were pointed out:

1. At the same stress level, the increase in the water pressure is responsible for the increase in the creep strain, duration between decaying and steady-state creep, and rate of steady-state creep, and decrease in the initial creep rate. The increase in the stress level will increase the creep strain, the initial creep rate, and the rate of steady-state creep.

2. The creep failure strength and long-term strength of the sandstone were decreasing continuously while the water pressure increased, indicating that the increase in the water pressure led to the decrease in the mechanical properties of the sandstone sample. The increase in water pressure enhanced pre-mature yield stage.

3. Sandstone specimens showed significant microstructural changes at different water pressures. Compared with the conventional test, the water pressure weakens the rock strength. The presence of water pressure reduces the rock bearing capacity and long-term creep strength.

Acknowledgments

This work was supported by the National Nature Science foundation of China (No.51439003), National Nature Science foundation of China (No.51679127) and Natural Science Foundation of Hubei Province (2015CFA140).

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