Aloperine Exerts Antitumor Effects on Bladder Cancer in vitro

Lijun Zhang1,*,†
Jun Liang1,*,‡
Xiaohua Liu1
Jianhua Wu1
Daqing Tan1
Wei Hu2

1Department of Urology, Minia Hospital Affiliated to Minia University, Minia, Egypt; 2Department of Urology, The First Affiliated Hospital of University of South China, Hengyang, Hunan Province, People’s Republic of China

*These authors contributed equally to this work

Background: Human bladder cancer is the most common malignant tumor of the urinary system and one of the 10 most common tumors of the whole body. Although most patients with bladder cancer exhibit a good prognosis with standard treatment, effective therapies for patients with a recurrent or advanced bladder cancer are unavailable. Therefore, highly effective drugs to treat such patients need to be developed. Aloperine (ALO), a natural compound isolated from Sophora alopecuroides, has antitumor properties. However, the role of ALO in human bladder cancer remains unclear.

Methods: In the present study, MTT was used to detect the cytotoxic effect of ALO on human BC cell line EJ and human urothelium cell line SV-HUC-1 cells. Meanwhile, in order to investigate the effects of ALO on the proliferation, apoptosis, migration, and invasion of BC EJ cells and its mechanism by Cell Counting Kit-8 (CCK-8) assay, immunofluorescence, Hoechst 33342 staining, wound scratch assay, transwell migration and invasion assay, Western blot analysis.

Results: ALO can inhibit the proliferation and invasion of human bladder cancer EJ cells, and is low-toxic to human urothelium cells. Moreover, it can promote cellular apoptosis in vitro. Further analysis demonstrated the involvement of Caspase-dependent apoptosis following ALO treatment. ALO also downregulated the protein expression levels of Ras, p-Raf1 and p-Erk1/2.

Conclusion: ALO is a potential drug for human bladder cancer therapy.

Keywords: Aloperine, bladder cancer, apoptosis

Introduction

Bladder cancer (BC) is a malignant tumor on the mucous membrane of the bladder. It is the most common malignant tumor of the urinary system and one of the 10 most common tumors of the whole body.1 However, the pathogenesis and etiology of BC remain unclear. The incidence of urogenital tumors is the first in China and second only to prostate cancer in the west. The incidence of BCs is high in tumor registration areas, with 386,000 new cases worldwide per year and ranking ninth in the incidence of malignant tumors.2,3 BC can occur at any age, even in children. The incidence of the disease increases with age, with a high incidence among 50–70 year olds. BCs are three to four times more common in men than in women.4 In recent years, advances have been made in the prevention and treatment of BCs. However, the underlying mechanism and effective biomarkers for the pathological development of BCs require further investigations. During tumor progression, BC cells can proliferate and metastasize through several steps, including uncontrolled cell cycle regulation, signaling pathways, and apoptosis. Therefore, addressing the
molecular events associated with the uncontrolled proliferation, migration, and invasion of BC cells is a key target for the development of new therapeutic drugs.

In general, the most effective treatment for cancer is chemotherapy drugs, including doxorubicin, mitomycin, and hydroxycamptothecin. However, most patients with BCs die because of drug resistance, side effects, and acidic environment. Therefore, finding plant-derived compounds with high antitumor activities and low toxic side effects have become the focus of research. In recent years, the application of compounds extracted from natural plants in the development of anti-tumor drugs has attracted wide attention because of their potential effectiveness and safety. Therefore, we investigated the efficacy of the phytochemical Aloperine (ALO), an alkaloid obtained from Sophora alopecuroides. S. alopecuroides is a traditional Chinese medicine with antipyretic, anti-inflammatory, and analgesic effects. ALO is a quinolizine alkaloid that has been isolated from S. alopecuroides extract (Figure 1A). It exhibits various pharmacological activities, including antibacterial, anti-allergic, antiviral, anti-renal injury, anti-nerve injury, anti-inflammatory, and anti-tumor effects. The antitumor effects of ALO have been demonstrated in several human cancer cells, including lung, colon, and multiple myeloma. However, few studies explored its anti-tumor effect on BCs and its related mechanism.

Therefore, this study investigated the antitumor potential and the underlying molecular mechanisms of ALO on the BC cell line EJ in vitro. This study is expected to contribute to the therapy of BCs. We detected whether ALO plays a role in the viability, invasion, and apoptosis of BC EJ cells and elucidate the underlying mechanism. The results of this study suggest that ALO can be used to develop a potential therapeutic agent for BCs.

Materials and Methods
Reagents and Antibodies
Dulbecco’s Modified Eagle’s Medium (DMEM; high glucose), trypsin/EDTA solution, and fetal bovine serum (FBS) were purchased from Gibco® (Thermo Fisher Scientific, Waltham, MA, USA). Cell Counting Kit-8 (CCK)-8 and the Annexin V Apoptosis Detection kit I were acquired from MultiSciences Biotech Co., Ltd. (Hangzhou, Zhejiang, People’s Republic of China). ALO, PCNA, Bax, and Bcl-2 antibodies were purchased from Abcam, Inc. (Cambridge, UK). Caspase-3, Caspase-9, Ras, p-Raf1, Raf1, Erk1/2, p-Erk1/2, and GAPDH antibodies were purchased from Cell Signaling Technology, Inc. (Beverly, MA, USA). These antibodies were monoclonal and derived from rabbit. Hoechst 33342 kits were obtained from Wuhan Boster Biological Technology Ltd. (Wuhan, China). The EZ-Cytox cell viability assay kit (MTT) was acquired from MultiSciences Biotech Co., Ltd. (Hangzhou, China). Trans-well chambers were obtained from Corning Co. (Corning, NY, USA). The protein assay kit was obtained from Bio-Rad Labs. (Hercules, CA, USA).

Cell Culture and Treatment
The human BC cell line EJ was purchased from the American Type Culture Collection (Manassas, VA, USA). The human urothelium cell line SV-HUC-1(normal control) was purchased from the Cell Bank of the Chinese Academy of Science.

![Figure 1](image-url)  
**Figure 1** Structure of Aloperine and cytotoxicity assay. (A) Chemical structure of Aloperine. (B) Effects of Aloperine on cytotoxicity in EJ and SV-HUC-1 cells were determined by MTT assay. Experiments were performed at least three times with similar results. n=5; *P<0.05 and **P<0.01 vs control group.
Academy of Sciences (Shanghai, China), cultured in DMEM medium (containing 5.5 mmol/L D-glucose, normal glucose; NG), and supplemented with 10% FBS, 1% streptomycin, and penicillin in a humidified incubator with 95% air and 5% CO2 at 37°C. EJ cells were seeded in complete medium at 70-80% confluence in six-well plates. The function of ALO on the apoptosis and proliferation of EJ cells was determined. After culturing for 24 h, the medium was replaced with serum-free media. The cells were treated with different ALO concentrations (0, 25, 50, and 100 µmol/L) and incubated in a humidified incubator at 37°C for 12, 24, and 48 h. Then, the expression levels of related proteins and experiment were determined. All experiments were conducted in serum-free conditions and at least repeated thrice.

**Cell Counting Kit-8 (CCK-8) Assay**

The viabilities of EJ cells were measured by CCK-8 assay. In brief, cells treated with or without ALO were seeded into 96-well plates at a density of 2000 cells per well and then incubated for 24 h. Cell viability was measured using the CCK-8 method, in which 10 µL of the CCK-8 reagent was added and the cells were incubated at 37°C for 12, 24, and 48 h for proliferation measurements. Viability was detected using a PerkinElmer Victor3 1420 Multilabel Counter (PerkinElmer, Inc., Waltham, MA, USA).

**Hoechst 33342 Staining**

EJ cells at a density of 2×10^4 cells/well were seeded in 24-well plates. After incubation for 24 h, the cells were grown in fresh culture media containing ALO (0, 25, 50, and 100 µmol/L) and then incubated in a humidified incubator at 37°C for 24 h. Then, these cells were stained with Hoechst 33342 (10 mg/mL). After 20 min of culture at room temperature and in the dark, the cells were washed twice with PBS and observed immediately with a fluorescence microscope (original magnification, 400×; BX53; Olympus Corporation).

**Cytotoxicity Assay**

The MTT assay was performed to detect the survival of EJ and SV-HUC-1 cells. In the presence of an electronic-coupling reagent, mitochondrial dehydrogenase may be reduced to form orange formazan. Following treatment, the experimental cells were seeded into 96-well plates at a density of 6.0×10^3 cells/well. Subsequently, 10 µL MTT reagent was added to the plates for 45 min at 37°C, according to the manufacturer’s protocol. Cytotoxicity was measured at 6, 12 and 24 h (ALO concentrations 100 µmol/L). Optical density (OD) in each well was determined at 460 nm using a PerkinElmer VICTOR3 1420 Multilabel Counter (PerkinElmer, Inc., Waltham, MA, USA). The MTT assay was repeated three times.

**Apopotosis Analysis**

Cells apoptosis were performed using Annexin V Apoptosis Detection kit I. In brief, EJ cells at a density of 2×10^4 cells/well were treated with indicated doses of ALO (0, 25, 50, and 100 µmol/L) for 24 h. The treated cells were digested with trypsin and washed twice in with 1×PBS (4°C) in cold water. The cell pellet was resuspended with 500 µL of 1×binding buffer. Then, 5 µL of Annexin V-PE was added to the cell suspension in the dark at room temperature for 15 min in accordance with the manufacturer’s instructions. A 7-AAD solution (5 µL) was added in the cell suspension 5 min before flow cytometry analysis, and then 200 µL of 1×binding buffer was added for flow cytometry analysis. Stained cells were determined using a FACS Calibur system (BD, Franklin Lakes, NJ, USA) to examine apoptotic cells. Data analysis was performed using the ModFit software.

**Wound Scratch Assay**

EJ cells were cultured in fresh culture media to full confluence. A wound was created using a plastic scraper. After being washed twice with PBS, the medium was replaced with fresh culture media or fresh culture media containing ALO (0, 25, 50, and 100 µmol/L) and then incubated at 37°C for 24 h. Then, these cells were washed twice with PBS, and the wound was observed under a microscope (Olympus, Tokyo, Japan).

**Transwell Migration and Invasion Assay**

Cell migration and invasion assays were performed using Transwell chamber (24-well, 8 µm pore-size membranes) was used in accordance with the manufacturer’s protocol. In invasion assay, after thawing at 4°C overnight, the Matrigel was diluted in serum-free medium, and 30 µL of the diluted Matrigel was evenly inoculated into the upper chamber to form a gel at 37°C. EJ cells (4×10^4 per well) were seeded in the upper compartments in 100 µL of serum-free medium, and 600 µL of medium with 20% FBS was added to the lower compartments as a chemoattractant at the same time. For trans-well migration and invasion assays, the EJ cells remaining at the upper surface of the membrane after incubating at 37°C for 24 h were
removed with cotton swabs, and the cells on the lower surface of the membrane were the migrated cells. The cells that migrated or invaded to the lower surface of the membrane were fixed with 4% paraformaldehyde, stained in 10% crystal violet, and then counted under a microscope (Olympus, Tokyo, Japan).

**Immunofluorescence**

Indirect immunofluorescence was used on the control and ALO-treated EJ cells on coverslips. The cells were washed with PBS at 37°C, fixed in 4% paraformaldehyde for 10 min, and then permeabilized using 0.5% Triton X-100 buffer for 5 min at room temperature. Afterward, the cells were extensively washed thrice with PBS. These slides were blocked with 1% bovine serum albumin in PBS for 20 min at 4°C and then incubated with the primary antibodies as described above. The following polyclonal antibodies were used: anti-PCNA (1:100). The cells were stained with fluorescein isothiocyanate secondary antibodies (1:100) to visualize the primary antibodies. Stained cells were mounted using the antiquenching fluorescence mounting medium and viewed using an Olympus BX51 fluorescence upright microscope (Olympus Corporation). Quantitation of immunofluorescence staining was carried out on coded cell coverslips as the integrated option density value.

**Western Blot Analysis**

EJ cells were harvested in RIPA lysis buffer containing protease inhibitor cocktail to measure protein concentrations using the BCA assay kit. Protein samples (30 µg) were loaded onto each lane, resolved using 10% SDS-PAGE, and then transferred onto activated polyvinylidene fluoride membranes. After blocking with 5% skim milk at room temperature for 1 h, the membranes were incubated with appropriate primary antibodies at 4°C overnight. After incubation with fluorescence-labeled secondary antibodies (IRDye700 and IRDye800, goat anti rabbit) for 1 h at 37°C, immunoreactive bands were visualized using an Odyssey infrared imaging system (LI-COR Biosciences, Lincoln, NE, USA).

**Statistical Analysis**

All statistical analyses were performed using SPSS 20.0 (IBM Corp., Armonk, NY, USA). Data are expressed as means ± standard deviation. One-way ANOVA, followed by the Student–Newman–Keuls test, was used for the quantitative data, whereas the Kruskal–Wallis test was used for non-normally distributed data. Statistical significance was considered at $p < 0.05$.

**Results**

**The Cytotoxic Effects of ALO on Human Urothelium Cells**

EJ and SV-HUC-1 cells cytotoxicity were evaluated using the MTT assay. Low cytotoxicity was detected in the SV-HUC-1 groups. Conversely, ALO markedly enhanced EJ cytotoxicity, and peak at 24 h after application (Figure 1B).

**ALO Inhibited the Proliferation of Human BC Cells**

EJ cells were treated with ALO (0, 25, 50, and 100 µmol/L) for 12, 24, and 48 h to investigate the effect of ALO on the proliferation of human BC EJ cells. The results of CCK-8 assay showed that ALO suppressed cell proliferation in a dose-and time-dependent manner compared with the control (0 µmol/L) (Figure 2A). Compared with the control group, the groups treated with ALO at 25 and 50 µmol/L for 12 h showed no significant difference ($p > 0.05$), but the difference was statistically significant when the concentration was 100 µmol/L ($p < 0.05$). Compared with 0 h the time point, the optimal concentration of ALO was 100 µmol/L at 12, 24, and 48 h with statistical significance ($p < 0.05$). The difference at 24 h was the most obvious, indicating that 24 h is the best action time of ALO.

Subsequently, immunofluorescence staining was performed after 24 h of treatment with ALO, and quantitative analysis of integrated option density values showed a significant reduction in PCNA compared with the control (Figure 2B and C). The results revealed that ALO reduced the PCNA of EJ cells compared with the untreated group.

**ALO Induced the Apoptosis of Human BC Cells**

Hoechst 33342 staining was used to determine whether ALO induces the apoptosis of human BC EJ cells on the basis of a series of morphological changes. The nuclei of EJ cells were uniformly stained in the untreated group, indicating these cells showed complete cell membrane morphology. However, the EJ cells treated with ALO (0, 25, 50, and 100 µmol/L) for 24 h clearly exhibited significant morphological changes compared with the untreated group, indicating that ALO significantly
increased the apoptosis of EJ cells (Figure 3A). In addition, the effect of ALO on the apoptosis of EJ cells was analyzed by flow cytometry with Annexin V-FITC/PI staining. After treatment of EJ cells with ALO (0, 25, 50, and 100 µmol/L), the degree of apoptosis in the ALO group was significantly higher than that in the untreated group (Figure 3B and E). These findings suggest that ALO dramatically abated the proliferation of EJ cells in a dose-dependent manner possibly by increasing their apoptosis. Furthermore, the expression levels of apoptosis-related proteins, including Caspase-3, Caspase-9, Bax, and Bcl-2, were analyzed by Western blot analysis. ALO upregulated the expression levels of Caspase-3, Caspase-9, and Bax and downregulated the expression of Bcl-2 compared with the untreated group in EJ cells (Figure 3C and D).

ALO Suppressed the Migration and Invasion of Human BC Cells

Trans-well migration and wound healing assays were conducted to determine the effects of ALO on the migration and invasion of EJ cells. ALO dramatically suppressed the migration and invasion of EJ cells in a dose-dependent manner compared with the untreated group (Figure 4A and B). ALO treatment in EJ cells decreased the percent of invasion cells compared the untreated group (Figure 4C). These results indicated that ALO significantly depressed the migration and invasion of EJ cells.

ALO Blocked the Ras Pathway in Human BC Cells

The Ras family is generally recognized as an oncogene. Three characteristic genes in the Ras family associated with human tumors are h-ras, k-ras, and n-ras, which are located on chromosomes 11, 12, and 1, respectively. In addition, the Ras/Raf-1/Erk1/2 pathway is downstream of the epidermal growth factor receptor, which is closely related to the occurrence and prognosis of various cancers. Erk1/2 is mainly activated by the phosphorylation of various growth factors, ion rays, and hydrogen peroxide, and enters the nucleus to act on transcription factors, such as Erk1/2, c-myc, c-fos, c-jun, ATF, NF-κB, and AP-1, promoting the transcription and expression of certain genes closely related to cell proliferation and differentiation. Thus, this study showed that ALO suppressed the proliferation, migration, and invasion and induced the apoptosis of EJ cells via these pathways. Treatment of human BC EJ cells with ALO (0, 25, 50, and 100 µmol/L) downregulated the level of Ras and decreased the phosphorylation levels of Raf1 and Erk1/2 (Figure 4D and E). These data suggest that ALO...
modulates the proliferation, migration, and invasion and induces the apoptosis of human BC EJ cells probably via the Ras/Raf1/Erk1/2 signaling pathway.

**Discussion**

BC is the second most common cancer of the genitourinary system, ranking 13th in mortality, although mortality rates are rising in most countries. Most are transitional epithelial cell carcinomas. The lateral and posterior walls of the bladder are the most common, followed by the trigonometric region and the apical region. Bladder tumors may be accompanied by renal pelvis, ureter, and urethra successively or simultaneously. In foreign countries, the incidence of bladder tumors is second only to prostate cancer in male genitourinary tumors. In China, it ranks first. The incidence rate in men is three to four times higher than that in women, and the age range is 50–70 years. Histological epithelial neoplasms account for 95% of this disease, among which more than 90% are transitional epithelial cell carcinomas. The EJ cell line is derived from malignant BC and is progressing to the muscle layer of the bladder wall, in contrast to cell lines derived from non-muscle-infiltrating BC, an early form of BC. At present, different treatment methods are available for BC depending on the pathological stage and grade. For the early initial bladder tumor, if the tumor is superficial and confined to the mucosa or lamina propria, transurethral bladder tumor resection, postoperative bladder perfusion therapy, and regular reexamination can be performed. Retaining the bladder may be life threatening in recurring and progressing BCs. For such patients, a radical cystectomy is usually required. Given the late progression of the disease, some patients may have a general diffusion or transfer. In addition, a patient with poor body conditions may not be able to accept radical bladder full cutting operation or chemical treatment. New immune therapy is...
recommended for such patients to provide a certain amount of care and relief.

The resistance of tumor cells and the side effects of chemotherapy drugs are other obstacles in tumor treatment. Therefore, the extraction of natural compounds from plants and animals has become the main research direction of anticancer drugs. At present, traditional Chinese medicine is still the mainstream of tumor prevention and treatment, and its characteristics of multiple components, links, and targets play an important role in the regulation of multiple genes, complex pathogenesis, and prevention and treatment of multiple tumors. Traditional Chinese medicine has

Figure 4 Alo suppresses human bladder cancer cell migration and invasion. (A) The EJ cells non-directional migration was detected by wound healing assay (scale bars, 160 μm; magnification, ×100). (B) The EJ cells directional migration was evaluated by Transwell assay (scale bars, 80μm; magnification, ×200). (C) The analysis of Transwell assay. (D) Western blotting was performed to analyze the expression of Ras, p-Raf1, Raf1, p-Erk1/2 and Erk1/2 following Alo (100μmol/L) treatment for 24 h. Then the band intensity was quantified by Imagej software. (E) The analysis of Western blotting. The results were expressed as the mean ± standard deviation of three independent experiments. n=6; *P<0.05 and **P<0.01 vs non-Alo treated group (0μmol/L).

Abbreviation: Alo, Aloperine.
good curative effect, high sensitivity to chemoradiotherapy, minimal toxic and side effects, and can prolong the survival time of patients. ALO is an alkaloid extracted from *S. alopeceuroides* L. (Leguminosae), which is a type of traditional Chinese herb commonly used as an analgesic. Previous studies on ALO showed that it exhibits anti-inflammatory, antibacterial, and antiviral effects. Clinically, it has been widely used in the treatment of autoimmune diseases, such as rheumatism, lupus erythematosus, and eczema, in China, with remarkable efficacy. Recent studies have reported that ALO demonstrates anti-tumor effects on various tumor cells. As for its anti-cancer roles, ALO induces anti-tumor effects against several human cancers, including multiple myeloma, prostate cancer, breast cancer, thyroid cancer, osteosarcoma, and hepatocellular carcinoma. In addition, ALO can significantly induce apoptosis in colon cancer (SW480 and HCT116) cells. Although ALO induces cell cycle stagnation in the G2/M phase and simultaneously induces p21 and p53 expression to increase and decrease the expression of Cyclin D1 and B1, its specific target remains unclear. A clear understanding of the mechanism of ALO, particularly in patients with cancer, represents a matter of great interest for probable clinical practice in the future. However, whether ALO exhibits growth inhibitory effects on BC EJ cells and the underlying mechanisms remain unknown to date. Therefore, the present study investigated the effects of ALO on the proliferation, apoptosis, migration, and invasion of BC EJ cells and its mechanism.

Results showed that ALO dose- and time-dependently inhibited EJ cell proliferation, changed cell membrane morphology, and promoted EJ cell apoptosis. The Bcl-2 family includes pro-apoptotic and anti-apoptotic proteins. The pro-apoptotic Bcl-2 family protein Bax promotes apoptosis by activating Caspase and the release of mitochondrial cytochrome c, whereas the anti-apoptotic protein Bcl-2 inhibits apoptosis by blocking the release of cytochrome c. Our data shows that ALO can significantly lower the expression of Bcl-2. These results are similar to those of previous studies on the effects of ALO on other tumors. We assessed the effect of ALO on the activation of Caspase-3 and Caspase-9, and suggest that ALO induces apoptosis of EJ cells through a Caspase pathway. In addition, cytotoxicity tests suggested that ALO is low toxicity side effects to the human urothelium cells (normal control). In vitro experiments revealed that ALO inhibited the proliferation of human BC EJ cells. This result further confirmed that ALO has a positive inhibitory effect on the occurrence and progression of a variety of cancers, particularly BC. Another biological feature of tumor cells is invasion and metastasis, which are the leading causes of death in patients with BC. Thus, we performed wound healing, trans-well migration, and invasion assays on EJ cells to further confirm the effects of ALO on cell motility. Results showed that ALO can significantly suppress the migration and invasion of EJ cells.

Human tumors arise as a result of mutations in several genes that control the proliferation, differentiation, and apoptosis of normal cells, including activation of oncogenes and inactivation of tumor suppressor genes. About 30% of human tumors have mutations or activation of Ras genes and abnormal overexpression of Ras proteins. Therefore, the study of regulation of the Ras signal transduction pathway is important in the design of anti-tumor drugs targeting the cell signal transduction pathway. Ras protein is an important component of cell growth and proliferation signaling pathways. If the Ras protein is continuously activated, it can bind to the downstream effective protein and transmit the signal to the downstream signal element, which may lead to the abnormal proliferation of cells and the development of tumors. Therefore, we evaluated the role of ALO in Ras and its downstream signals. Results showed that ALO can significantly downregulate the Ras level and inhibit the phosphorylation levels of Raf1 and Erk1/2, indicating that ALO can block the Ras/Raf1/Erk1/2 signaling pathway. These results suggest that ALO exerts a good inhibitory effect on the occurrence and progression of human BC by blocking the Ras pathway.

**Conclusion**

In summary, compared with other alkaloids, ALO has the strongest effect on EJ cells in BC, and is low-toxic to human urothelium cells. ALO induces cell apoptosis and plays an anti-cancer role in human BC cells by inhibiting the proliferation, migration, and invasion of EJ cells. In addition, ALO-induced apoptosis may be involved in the inhibition of the Ras/Raf1/Erk1/2 signaling pathway. These results suggest that ALO as a chemotherapy-active drug in BC needs further study.

**Abbreviations**

ALO, Aloperine; ANOVA, analysis of variance; BC, bladder cancer; CCK-8, Cell Counting Kit-8; DMEM, Dulbecco minimum essential medium; MOI, multiplicity of infection; MTT, 3-(4,5-cimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; PCNA, proliferating cell nuclear antigen.
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Disclosure

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