Odontomas in Early Childhood: A Rare Presentation of Compound Odontomas in Primary Dentition

Mohamed Salim¹*, Amal Ahmed², Dana Ahmed², Mohamed Abdelmalik Mahadi³ and Mohammed Alhadad MA⁴

¹Senior Resident of OMFS, Arab Board Program, Military Hospital, Division of OMFS, Sudan
²Internship at the Ministry of Health, Sudan
³Specialist at Military Hospital, Division of OMFS, Sudan
⁴Senior Consultant at Military Hospital, Division of OMFS, Dean of the Faculty of Dentistry, Karary University, Sudan

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*Corresponding author: Mohamed Salim, Senior resident of OMFS, Military hospital, Sudan

Abstract

Odontomas are the most common odontogenic tumors. Odontomas have been classified as a benign tumor, more as a hamartoma’s mass rather than a neoplastic one. Morphologically divided into subgroups, complex and compound odontomas. It appears most likely in the permanent dentition with higher incidence in the anterior maxillary region and posterior mandible. It may cause multiple impactions, retention of primary teeth and malocclusion as a future consequence. In extreme cases of large sized odontomas, it may be accompanied by multiple infections and serious complications. We present two cases of compound odontomas associated with primary dentition which is exceedingly rare.

Keywords: Odontomas; Hamartoma; Primary dentition

Introduction

Odontomas are one of the most common developmental anomalies that affect the oral cavity [1]. These tumors are formed of enamel, dentin, and some variables like cementum and pulp tissues [2]. During the development of the tumor, enamel and dentin were deposited in a way similar anatomically to normal tooth structure, in which it is called compound odontomas. However, when it forms irregular forms of tooth structures it is then called complex odontomas [2]. Here, we report two cases of similar presentation of compound odontomas in the right maxillary canine region.

Case No. 1

5 years old male came to our department complaining of delayed eruption and painless swelling noticed by his parents two weeks ago in the right incisor-canine region of the maxilla. His parents denied any history of trauma at the site of the lesion. His past medical history of no clinical significance. Both pre and postnatal periods were normal. This was his first dental visit. No history of similar condition in his family. On examination, extra-oraly, slightly diffused swelling in the right side of midface, causing asymmetry. Intraorally, multiple carious anterior maxillary teeth with missing upper right primary canine. Well defined painless swelling with normal overlying mucosa, hard in consistency, extend from primary lateral incisor to primary first molar of the same site, with buccal expansion, normal temperature, non-pulsatile (Figure 1a). Periapical and OPG showed irregular radio-opacities with central radiolucencies (teeth like structures) in the right maxillary canine area (Figure 1b). Our diagnosis was based on clinical and radiographic findings as compound odontoma. Surgical removal of the lesion was done under general anesthesia (Figure 1c). The lesion consists of several tooth-like structures and was sent for histopathological assessment (Figure 1d). Diagnosis was confirmed by oral pathologist as compound odontoma.

Case No. 2

4 years old female came to our department complaining of delayed eruption of teeth and a painful swelling noticed one month ago in the right maxillary anterior region, no history of trauma or
previous infection at the site of the lesion. Normal pre and postnatal periods. Parents mentioned the child was unvaccinated. This was her first dental visit. no similar condition in her family history. On examination, a slight swelling in the right area superior to the upper lip, causing asymmetry extra-orally. Intra-orally, a tender swelling in the right anterior maxillary region, hard in texture, normal overlying mucosa, with buccal expansion, non-pulsatile with normal temperature with absence of primary canine (Figure 2a). Periapical view was done, and it showed multiple calcified teeth like structures with scattered radiolucencies (Figure 2b). Same as case 1, our diagnosis was compound odontoma. surgical removal of the lesion was done under GA (Figure 2c). It showed more teeth like structures compared to case 1 (Figure 2d).

**Figure 1:** 1a. Right maxillary canine area, 1b. Buccal expansion, normal temperature, non-pulsatile, 1c. Surgical removal of the lesion was done under general anesthesia, 1d. Lesion consists of several tooth-like structures and was sent for histopathological assessment.

**Figure 2:** 2a. Buccal expansion, non-pulsatile with normal temperature with absence of primary canine, 2b. Multiple calcified teeth like structures with scattered radiolucencies, 2c. Surgical removal of the lesion was done under GA, 2d. Teeth like structures compared to case 1.

**Discussion**

Odontomas are tumors which are formed of enamel, dentin, and some variables like cementum and pulp tissues. During the development of the tumor enamel and dentin were deposited in a way similar anatomically to normal tooth structure, in which it called compound odontoma. however, when it forms irregular
form of tooth structure it is then called complex odontoma. Many authors describe this lesion as hamartoma rather than true neoplasm [3]. It can occur anywhere in the dental arch, most likely anterior maxillary region for compound subtype and molar region for the complex odontoma [4]. Summary of cases diagnosed is shown in Table 1 [5]. Generally, it is a painless slowly growing mass which vary in sizes, ranging from few millimeters into multiple centimeters, and when it reaches a huge size it may cause expansion of the cortical bone [2,6]. The etiology of odontoma is unknown but many suggestions such as trauma, and infections at the site of occurrence are considered [7,8].

Table 1: Summary of cases diagnosed.

| Age of Patients | Location   | Type of Odontoma | Publication         |
|-----------------|------------|------------------|---------------------|
| 4-year-old      | Maxillary  | Compound         | Axel [10]           |
| 4-year-old      | Maxillary  | Compound         | Aimes [11]          |
| 3-year, 6-month-old | Maxillary  | Compound         | Aimes [12]          |
| 4-year-old      | Mandibular | Complex          | Hitchin & White [13]|
| 4-year, 11-month-old | Maxillary  | Compound         | Hitchin & Delonor [14]|
| 8-year, 7-month-old | Maxillary  | Compound         | Hitchin & Delonor [14]|
| 5-year-old      | Maxillary  | Compound         | Noonan [15]         |
| 6-year-old      | Maxillary  | Compound         | Stajic [3]          |
| 2-year-old      | Maxillary  | Not Stated       | Brunetto et al. [9] |
| 1 year, 2-month-old | Maxillary  | Compound         | Haishima et al. [16]|
| 1 year, 8-month-old | Maxillary  | Compound         | Haishima et al. [16]|
| 3 year, 6-month-old | Maxillary  | Compound         | Bacetti [17]        |
| 3-year-old      | Maxillary  | Compound         | Olivero et al. [18] |
| 30-month-old    | Maxillary  | Compound         | Long et al. [19]    |
| 3-year-old      | Maxillary  | Complex          | Motokawa et al. [8] |
| 4-year-old      | Maxillary  | Compound         | Yassin [20]         |
| 2 year, 5-month-old | Maxillary  | Compound         | Yeung et al. [21]   |
| 4 year, 8-month-old | Maxillary  | Complex          | Sheehy et al. [22]  |

Odontomas occur mainly in permanent dentition with very few reports that have mentioned the occurrence of such lesions in the primary dentition. Impaction of teeth is most common in permanent dentition, although rarely it may happen in deciduous teeth [9,10]. multiple cases of eruption failure such as mechanical lock by tumors or genetic disorders (cleidocranial dysplasia) are encountered [10-12]. In our cases the cause of absence of the primary canine is compound odontoma. radiographic assessment was done by periapical views and OPG. Surgical removal was done under general anesthesia and both samples were confirmed clinically and histologically as compound odontoma. Recurrence rate is extremely rare [13-15]. In both cases presented in this paper, the primary canines were difficult to preserve and therefore extracted. After that patients were referred to pediatric dentistry department for space management if needed.

Conclusion

Early detection of such lesions with proper surgical management will be of a great benefit to prevent future complications such as malocclusion and psychological impact of facial asymmetry for the patient and his guardians. Multidisciplinary approach is also preferable for management of odontomas in pediatric population by involving pedodontics with special interest in interceptive orthodontics.

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