Solid State Cultivation of *Hericium erinaceus* Biomass and Erinacine: A Production

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**Abstract**

Hericium erinaceus is a medicinal mushroom producing biologically active metabolite erinacin A. In this research we compared fungal growth and metabolite production in different reactor types and different substrates with added casein peptone and NaCl. Cultivation of fungal biomass was performed in glass jars and horizontal stirred tank reactor. The cultivation in reactor was carried out at 24°C and airflow 5 L/min. Periodical mixing of N = 80 rpm, was used. Solid state substrate based on mixture of husked millet and paddy millet was used. For simultaneous determination of erinacine A and ergosterol contents in a single sample new analytical method was developed. The amount of biomass obtained in glass jars averaged at 100 mg/g ± 12 mg/g, while in horizontal mixing bioreactor it easily raised up to 350 mg/g. The highest erinacin A concentration was detected in substrate with 0.56% NaCl and 3.4% casein peptone content.

**Keywords:** Solid state cultivation; Horizontal stirred tank reactor; *Hericium erinaceus*; LC-MS; Erinacine A; Ergosterol

**Introduction**

Medicinal properties of *Hericium erinaceus* (Bull.: Fr) Pers. (also known as lion’s mane, monkey’s head, hedgehog fungus, pom pom blanc and yamabushitake) have been well-known for hundreds of years in traditional Chinese and Japanese cuisine as well as herbal medicine to treat various human diseases [1]. Fungi of the genus *Hericium* contain various ingredients with antibacterial activity, cytotoxic effect on cancer cells and compounds that stimulate the synthesis of the Nerve Growth Factor (NGF). Although quite a few species of *Hericium* are known, the fruiting bodies cultivation on the waste sawdust was only [2].

In *H. erinaceus* various pharmacologically active substances were found such as phytosterols (β-sitosterol and ergosterol), which lower the content of Low-Density Lipoproteins (LDL) and triglycerides that operate anticarcinogenic and as well reduce the metabolism of fats [3]. The fruit body is composed of numerous constituents such as polysaccharides, proteins, lectins, phenols, hericenones, erinacines and terpenoids. They strengthen the immune system, relieve gastritis and gastrointestinal infections, reflux and upset stomach due to stress [1,4].

*H. erinaceus* water-soluble polysaccharides increase activity of macrophages and other immune cells in the fight against cancer cells, but also demonstrate reduction of metastases formation. The most outstanding activity of *H. erinaceus* extract is that it strengthens the immune system and activates NGF synthesis [5]. Due to the increased proliferation of T and B-lymphocytes it strengthens the immune system and strengthens the body’s natural defenses, thus expressing very positive effects on cancer patient’s life quality [3].

Among the compounds isolated from *H. erinaceus* fruiting bodies and cultured mycelia, most interesting are the low-molecular-weight compounds belonging to a group of cyathin diterpenoids (erinacines A–K, P, and Q). Several of them, i.e. erinacines A–H, are known to have a potent stimulating effect on Nerve Growth Factor (NGF) synthesis in vitro [6-12].

NGF is an essential protein supporting growth and maintenance of peripheral sympathetic neurons. Due to degeneration of neurons NGF synthesis stimulators can be applied as potential drugs against central nervous system disorders, such as Alzheimer’s disease [1].

Erinacine A, isolated from the cultured mycelia of *H. erinaceum*, the main representative of this compounds group, has a strong enhancing effect on NGF synthesis, much stronger than epinephrine [6]. Furthermore, this compound increases catecholamine and NGF content in the central nervous system of rats [13-15].

Erinacines and hericenones reduce anxiety as well as depression. For an accurate understanding of the overall mechanism of *H. erinaceus* diterpenoids action it requires additional clinical studies with physiological markers, such as hormones, or more profound studies of autonomic nervous activity [16].

The structure of erinacine A was determined for the first time through the observation of chemical reactions, NMR and IR spectroscopy, and mass spectrometry data [6]. Krzyżczkowski et al. [18] developed an isocratic HPLC method for quantitative determination of erinacine A [17]. Erinacine A was described in the form of white crystals [6] and yellow amorphous powder with the melting point of 72-74°C [18,19].

Besides reports on *H. erinaceus* fruiting bodies cultivation, reports on biomass cultivation in bioreactors, particularly in solid state reactors, are rare. In present research, cultivation of *H. erinaceus* was optimized in glass jars and transferred to Horizontal Stirred Tank Reactor (HSTR). Fast gradient HPLC analytical method for simultaneous determination of erinacine A and ergosterol was determined.

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Materials and Methods

Microorganism

Hericium erinaceus strain He Erin (Institute for Natural Sciences, Slovenia) was used in all of the experiments. Strain was maintained on Potato Dextrose Agar (Biolife, Italy) at 24°C. It was maintained active by regular (every 14 day) transfers on fresh Potato Dextrose Agar plates.

Cultivation in glass jars

Substrate was based on mixture of husked and paddy millet in ratio=7: 2. The impact of NaCl and casein peptone, as basic additives of the medium was examined. Additives of 0, 0.1, 0.2 and 0.5 g of NaCl and 0, 1, 3 and 7 g of casein peptone to 88.8 g of dry media were used. The addition of NaCl to media corresponds to 0, 0.11, 0.23 and 0.56% and casein peptone addition corresponds 1.1, 3.4 and 7.9% of dry media weight respectively. The total amount of the substrate was in all cases 180 g, with 50% water content. Substrate were filled into jars and sterilized for 1 hour at T=121°C and pressure of P=1.2 × 10^5 Pa.

Cultivation proceeded for 5, 6 and 7 weeks at 24°C. All of the experiments were managed in triplicates. In total, 144 jars were used (4 different NaCl contents × 4 different casein peptone content × 3 cultivation times × 3 replicates). After cultivation the glass content was dried for 100 h at 60°C to achieve constant moisture content.

Cultivation in horizontal stirred tank reactor

Experiments were carried out in a 15 L Horizontal Stirred Tank Reactor (HSTR) of our own construction and design [20]. The cultivation was carried out at 24°C and 5 L/min airflow. Periodical mixing of N = 80 rpm, for 2 minutes (in the first 7 days every second day, and every day in the last part of cultivation) was used. A moistening air device with sterile distilled water was connected to the bioreactor to prevent the drying of the substrate (Figure 1).

![Figure 1: (a) Horizontal Stirred Tank Reactor, (b) The growth of fungal biomass in horizontal stirred tank reactor after 8 week of cultivation.](image)

The cultivation substrate consisted of beech sawdust, paddy millet and hulled millet. The ratio paddy millet: husked millet in the substrate was 1:1 and substrate water content 50%. In solid state reactor in contrary with glass jars aeration of the solid matrix was applied. Sawdust (10%) was added to the substrate to increase the porosity and oxygen permeability. In accordance with the results of substrate optimization in the glass jar experiments, the addition of NaCl was 0.56% and casein peptone 3.4% (dry weight/dry weight).

Inoculum for the cultivation was prepared from a mixture of beech sawdust and paddy millet in the ratio 4: 1 incubated and overgrown with H. erinaceus mycelia. It represented 7% of the total substrate weight. Cultivation of fungal biomass in HSTR proceeded for 8 weeks.

Analytical methods

Biomass: For determination of biomass on solid particles, ergosterol assay was applied in all the experiments [21]. Ergosterol in fungi is included as an integral part of the cell membrane and therefore a relevant indicator of the fungal biomass content in solid matrix [22]. For determination of ergosterol, HPLC method was developed and described in Chromatographic analysis at the Results and discussion section.

Electron microscopy: For monitoring of microbial growth, Field Emission Scanning Microscopy (FE-SEM, Supra 35, Carl Zeiss, Germany) equipped with energy dispersive spectroscopy Oxford INCA 400, UK was used.

Extraction of ergosterol and erinacin A

2 g of dry overgrown substrate sample was milled and extracted with 20 ml of solvent. 30% methanol and ethanol were tested as solvents for the extraction of erinacin A and ergosterol. Ethanol proved as a better solvent and was further tested in concentrations of 20, 50, 70, 85 and 96%. 70% concentration was confirmed to be optimal. The extracts were sampled after 1, 4 and 24 h of the extraction and then re-extracted with fresh solvent for 2 and 120 h. The extraction conditions were further optimized in a test, comparing three procedures: 1) the maceration on a shaker (150 rpm, room temperature), 2) maceration on a shaker (150 rpm, room temperature) with additional 10 min sonification, and 3) maceration in a water bath (50°C) with three additional 10 min shakings (10 min, 150 rpm on a shaker). The 24 h extraction in a water bath (50°C) was selected as an optimal procedure. Prior to HPLC analysis, all samples were centrifuged (3 min, 4192.5 g) and filtered through a 0.22 µm filters (Supelco, PTFE).

Chromatographic analysis

The HPLC system (Shimadzu Prominence, Kyoto, Japan) consisted of a system controller (CBM-20A), column oven (CPO-20AC) and a solvent delivery pump with a degasser (DGU-20A5) connected to a refrigerated auto sampler (SIL-20AC) with a Photo Diode Array detector (SPD-M20A) that monitored the wavelengths 190-800 nm. The responses of the detectors were recorded using LC Solution software version 1.24 SP1. The chromatography was performed at 40°C and a flow rate of 1.5 ml/min using a Phenomenex Kinetix® C18 column (10 cm × 4.6 mm I.D., 2.7 µm particle size). The following gradient method using water (solvent A) and acetonitrile (solvent B), both containing 0.1% formic acid, was utilized: 0.01-3.00 (30-50% B), 3.00-9.00 (50-60% B), 9.01-18.00 (60-100% B), 18.01-23.00 (30% B). Since the standard od erinacine A was not available to make a calibration curve, all quantitative results on erinacin A content are expressed as the area under the curve (AUC) of erinacine A chromatogram peak.
Mass spectrometric analysis

The chromatographic separation was performed on a Waters Acquity ultra-performance liquid chromatograph® (Waters Corp., Milford, MA, USA) with a column identical to that used for the quantitative HPLC analysis. The flow rate was adjusted according to the capacity of the mass detector to 0.5 mL min⁻¹. The following gradient method was utilized with MilliQ water containing 0.1% formic acid (solvent A) and acetonitrile (solvent B): 0.01-9.00 (30-50% B), 9.00-27.00 (50-60% B), 27.01-54.00 (60-100% B), 54.01-69.00 (30% B). The injection volume was 10 μL, and the column temperature was maintained at 40°C. The LC system was interfaced with a hybrid quadrupole orthogonal acceleration time-of-flight mass spectrometer (Q-ToF Premier, Waters, Milford, MA, USA). The compounds were analyzed under positive (ESI (+)) and negative (ESI(-)) ion conditions. The capillary voltage was set at 3.0 kV, while the sampling cone voltage was 20 V. The source and desolvation temperatures were 120 and 200°C, respectively. The nitrogen desolvation gas flow rate was 500 L h⁻¹. The acquisition range was between m/z 50 and 1000 with argon serving as the collision gas at a pressure of 4.5−10⁻³ mbar in the T-wave collision cell. The data were collected in centroid mode, with a scan accumulation time of 0.2 s and an interscan delay of 0.025 s. The data station utilized the Mass Lynx v4.1 operating software. Accurate mass measurements were obtained with an electrospray dual sprayer using the reference compound leucine enkephalin ([M+H]+=556.2271) at a high mass resolution of 10,000.

Statistics

All of the cultivation experiments were performed at least in three runs and the average values were calculated from the sum of the data. Data were expressed as mean ± S.D. The results were analyzed for statistical significance by one-way analysis of variance (ANOVA) test using the Statistical Package of the Social Science (SPSS) version 11.0 (SPSS Inc., Chicago, IL, USA). Statistical significance of the test effects was evaluated at p<0.05.

Results and Discussion

Growth optimization in glass jars

First step were substrate optimization experiments. In glass jar cultivation, the influence of NaCl and casein peptone addition was studied. Mycelial growth in the glass jars was very intensive. After extended adaptive phase of 2 weeks, first mycelium appears, at 5 weeks mycelia overgrew half of the substrate height and after 8 weeks the whole substrate volume was overgrown.

The best production of erinacine A 225, 4 × 10⁻⁴ AUC was indicated in 8 weeks of cultivation in the substrate containing a combination of 0.56% NaCl and 3.4% casein peptone (Figure 2). In the control substrate without additions, the biomass growth as well as the biosynthesis of erinacine A completely stopped after 2 weeks of cultivation. The amount of obtained biomass in glass jars was in average about 100 mg/g ± 12 mg/g.

Cultivation in horizontal stirred tank reactor

In first HSTR experiments the same substrate mixture composition optimized already in glass jar experiments were used. In HSTR a problem of water condensate on the bottom of reactor tube occurred. Therefore 10% of beech sawdust was added to paddy millet and hulled millet substrate to absorb the water condensate. Sawdust was added to the substrate also to increase solid bed porosity and oxygen permeability. Permanent mixing could eliminate this problem, but it would disable the filamentous growth and biomass cluster formation. In contrary with glass jars cultivation the growth of fungal mycelia in HSTR proceeded at different condition. In solid state reactor aeratation of solid matrix was applied during whole course of cultivation. Cultivation in HSTR proceeded for 8 weeks. At the end of cultivation substrate was completely overgrown in thick woody form (Figure 1b).

The SEM electron microscopy images had shown the growth situation and the porosity of overgrown solid matrix in HSTR. Although mixing was periodically applied 2 minutes per day in the first 2 weeks of cultivation, SEM images (Figures 3a and 3b) shown that it damaged the filaments and inhibited the growth. At 5 weeks the substrate was already fixed to the impeller, so further disintegration did not occur. After 8 weeks of cultivation solid matrix was completely overgrown by mycelia (Figures 3c and 3d).

Although out the experiments in glass jar cultivation the best results of erinacine A production were obtained at the combination of 0.56% NaCl and 3.4% casein peptone in HSTR, the highest concentration of ergosterol was obtained at 8 weeks of cultivation with addition of 0.56% NaCl and 2% casein peptone. Compared with glass jar cultivation in HSTR cultivation higher yield of ergosterol content was obtained while no erinacine A was detected (Figure 4).

Chromatographic analysis

For simultaneous determination of erinacine A and ergosterol contents in a single sample, new method was developed. Erinacine A was eluted at 6.7 min and ergosterol at 15 min on the HPLC chromatogram (Figure 5a). The chromatograms were observed at 340 nm for erinacine A and a 281 nm for ergosterol. Erinacine A can also be detected at 281 nm when only one wavelength detection is possible, but this yields a lower sensitivity.

Identification of the compounds

The absorption spectrum of erinacine A (Figure 5b) exhibited maxima at 345 and 295 nm and a minimum at 253 nm. A corresponding absorption maximum at 340 nm was previously reported [17]. Ergosterol was used for fungal biomass measurement. It was identified with the use of a standard compound and a characteristic absorption

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Figure 2: The impact of NaCl and casein peptone on erinacine A content in 8 week cultivation in glass jar

Figure 3a, 3b, 3c, 3d: SEM images of mycelial growth in glass jars and HSTR

Figure 4: Chromatogram of HSTR cultivation showing erinacine A and ergosterol contents

Figure 5a, 5b: HPLC chromatograms of erinacine A and ergosterol in glass jar and HSTR cultivation

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Figure 3: Hericium erinaceus growth mycelia in horizontal stirred tank reactor. SEM electron microscope images of mycelial growth. A and B at 6 weeks, C at 7 weeks and D at 8 weeks - thick mycelia cover at the end of cultivation.

Figure 4: Production of biomass in HSTR on substrate with various addition of casein peptone and 0.56% NaCl

Figure 5: (a) HPLC chromatograms of a typical Hericium erinaceum extract including detection of ergosterol and erinacine A, (b) absorption of erinacine A and (c) ergosterol spectra with three characteristic maxima

Figure 6: (a) LC-MS spectrum of erinacine A in TOF ESI+ mode (top), (b) ESI- mode (bottom), respectively.

The LC/MS measurements provided mass spectra with the basic information of molecular masses ([M+H]+ or [M–H]− for the chromatographically separated compounds. The mass measurements were simultaneously obtained using a Q-TOF high resolution mass analyzer. The proposed elemental compositions of the ions were obtained from the accurate mass measurement data. A molecular ion [M+H]+ at m/z 433 with predicted elemental composition of C25H36O6 could be seen on the positive spectrum. Signals with m/z 455 and 887 represented molecular ion adducts, [M+Na] and [2M+H]+. An acetic acid adduct [M+HCOOH]− formation with m/z 477 was observed on the negative spectrum. Our findings correspond and complement the literature data [6,17]. Using LC-MS, Erinacine A was detected at 340 nm at 6.7th min (bottom) and ergosterol was detected at 281 nm at 15th min (top) (Figures 6a and 6b).

Conclusions

The extraction procedure and HPLC analytical method for simultaneous determination of erinacine A and ergosterol from Hericium erinaceum have been developed, enabling simultaneous quantification of active metabolite (erinacine A) content and determination of biomass content in the medium. These analytical methods are a very useful tool in determination of optimal growth conditions for H. erinaceus erinacine A and fungal biomass production on solid-state substrates.

Although the experiments in glass jars enable large number of experiments in the small-scale, they can be used as a compass for H. erinaceus fruiting bodies cultivation. Great advantage of growing in solid-state bioreactor is aeration, temperature and mixing control, representing a more suitable method for large-scale fungal biomass production. In present case, the amount of biomass obtained in glass jars was 100 mg/g ± 12 mg/g on average, while in HSTR on sawdust containing substrates it easily raised up to 350 mg/g.

In the glass jars up to 225, 4×10^3 AUC of erinacine A was produced, while in a HSTR on sawdust containing substrates there was no erinacine A production detected. The main reason for this could be the lack of precursors needed for erinacine A biosynthesis. Substrate used in HSTR also did not include enough starch to support the fungal metabolism in sense of erinacine A synthesis. In contrary with glass jars...
in HSTR cultivation carbon dioxide was ventilated out of solid matrix and therefore eliminating its stimulatory effect and affecting erinacine A biosynthesis as well.

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