Optimum Conditions for Extraction of Antibacterial Compounds from *Citrus Aurantifolia* Fruit Peel Waste

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Abstract

Citrus fruit peel is a major waste in citrus fruit processing industry. The research on extraction active compounds of *Citrus aurantifolia* (lime) fruit peel waste and antibacterial activity assay has been done. The aim of research was to get optimum condition to extract their active compounds which have antibacterial activity. The dried lime fruit peel was extracted by maceration method using ethanol 48%, 72%, and 96%. The dried and fresh lime fruit peel were also extracted using ethyl acetate. Antibacterial assay was done by diffusion agar against *Staphylococcus aureus* ATCC 25923 and *Escherichia coli* ATCC 25922. The result showed that optimal condition to extract antibacterial compound using fresh sample with ethyl acetate as solvent. The ethyl acetate extract of fresh sample was more active against *S. aureus* than *E. coli*.

Keywords: extraction, antibacterial, *Citrus aurantifolia*, fruit peel

Introduction

*Citrus aurantifolia* (lime) cultivated throughout the world, especially in hot subtropical or tropical area (Morton, 1987). The main commercial products are lime juice and essential oils (Chamblee et al., 1997) but the essential oil has economic value is much higher than the juice (Bates et al., 2001). Pectin from citrus fruit peel has also been produced and used as a gelling agent in food products and stabilizer in the beverage product (May, 1990).

Citrus fruit peel is a major waste in juice and citrus essential oil industry because fruit peel consisting of flavedo, albedo, membranes, and pulp occupies between 50-65% of total weight of citrus. If no further processing it will be waste and causes serious environmental pollution. Therefore industry is interested in improving commercial value of this waste (Bocco et al., 1998).

In addition to essential oils and pectins, citrus fruit peel also contains carotenoids, coumarins, furanocoumarins, and typical citrus flavonoids (flavonone, flavanone glycosides, polymethoxyflavone) (Agocs et al., 2007; Dugo et al., 1999; Li et al., 2006). Lime peel (the *flavedo* and *albedo*) contains the main flavonoid hesperidin (258 mg/100 g fresh fruit peel) (Nogata et al., 2006). Neohesperidin, flavanones glycosides are just different sugar groups attached to the C-7 than hesperidin, have antibacterial activity against *S. aureus* and *E. coli* with MIC more than 1 mg/ml (Mandalari et al., 2007).

Ethanol 56% is the best solvent for extracting total flavonoids from dried lime peel powder count as hesperidin (total flavonoid content 3.46%) (Mujahid, 2011). Ethanolic extract 40%, 96% of whole dried fruit lime has antibacterial activity against *S. aureus* with MIC 32-64 mg/ml and *E. coli* with MIC 64-256 mg/ml (Aibinu et al., 2007).

The aim of research was to get optimum condition to extract antibacterial compounds from lime fruit peel. The dried lime fruit peel was extracted by maceration method using ethanol 48%, 72%, and 96%. The dried and fresh lime fruit peel were also extracted using ethyl acetate. Antibacterial assay was done by diffusion agar.

Research Methodology

1. Materials

Materials used are lime fruits were taken from Temanggung, Central Java (harvested in January 2011); ethanol, ethyl acetate, distilled water (technical); *Escherichia coli* ATCC (American Type Culture Collection) 25922 dan *Staphylococcus aureus* ATCC 25923 (collection of Laboratory of Microbiology, Faculty of Pharmacy UMS); BHI medium
2. Equipments

Equipments used are rotary evaporator (Heidolph efficient Laborota 4000), waterbath (Memmert), analytical scales, oven (Memmert), vortex, autoclave (Portable Pressure Steam Sterilizer, China), oven (Memmert), LAF (Laminar Air Flow), shaker incubator (Excella 24 New Brunswick scientific), incubator, ruler.

3. Stages of Research

Identification of citrus fruit. Identification of fruit was carried out in Pharmaceutical Biology Division, Faculty of Pharmacy, Gadjah Mada University, Yogyakarta based on morphologic characteristics in determination literature. The species of citrus fruit is *Citrus aurantium* (Christm. & Panz. Swingle), familia Rutaceae.

Preparation of fresh and dried lime fruit peel. Lime peel fruit that were used include flavedo, albedo, segment, and pulp or whole fruit after juices and seeds were taken. Citrus fruit washed, cut, squeezed the juice by hand; fresh peel dipped into the water one time, drained, cut into small pieces and blended. Fresh lime fruit peel dried in oven at 41-43°C until easily broken, blended, and sieved 10/40 mesh.

Extraction of lime fruit peel. Dried fruit peel extracted with ethanol 48%, 72%, 96% and ethyl acetate; fresh fruit peel extracted with ethyl acetate (table 1). These fruit peel macerated for 24 hours 3 times (each time with new solvent) and stirred occasionally. Liquid extract was filtered, collected, and evaporated with a vacuum rotary evaporator at 45-50°C and then continued by waterbath at 60°C until a thick extract obtained.

| Fresh peel | Solvent       |
|------------|---------------|
| 590.26 g   | Ethyl acetate |
|            | 2950 ml       |

Table 1. Lime fruit peel and solvent used in extraction

| Dried peel | Solvent        |
|------------|----------------|
| 20 g       | Ethanol 48%    |
|            | (ethanol 96%:aquadest = 1:1v/v) |
| 20 g       | Etanol 72%     |
|            | (ethanol 96%:aquadest = 3:1v/v) |
| 20 g       | Ethanol 96%    |
| 1122.3 g   | Ethanol 96%    |
| 300 g      | Ethyl acetate  |
|            | 3400 ml        |
| 150 ml     |                |

Diffusion test (Kirby Bauer disc diffusion). Preparation of *S. aureus* and *E. coli* inoculum with growth method (Wanger, 2007): At least 3-5 well-isolated colonies with the same morphological type were selected from an overnight culture on MH agar plate. Top of each colony was touched with a sterile loop and transferred into a tube containing 4-5 ml of BHI medium and incubated in a shaker incubator at 37°C, 200 rpm until its turbidity the same as or exceeded turbidity of 0.5 Mc Farland (usually 2-3 hours) and then bacterial turbidity was adjusted to turbidity of 0.5 Mc Farland standard using sterile 0.9% NaCl (1-2 x 10^8 CFU/ml bacteria population).

Inoculation on agar plate (Wanger, 2007): Inoculum suspension was used within 15 minutes after turbidity adjustment. Two hundred micro liter of bacterial suspension was inoculated on MH Agar plate by spreader glass (thickness of Agar ± 4 mm).

Extract test solution made with concentrations of 50, 100, 150, 200, 400 mg/ml DMSO; loading test solution 10 μl/disc or equal to 500, 1000, 1500, 2000, 4000 μg/disc.

Discs application on inoculated agar plates (Wanger, 2007): Paper discs were impregnated with a series concentration of test solutions (extract) and allowed to dry for ± 30 minutes and then each disc (including positive control disc/antibiotic) was placed on inoculated plates. Plates were left for 15 minutes so that substances in paper discs
diffuse into plates and then incubated in inverted position (upside down) either aerobically (37°C for 16-18 hours). Diameter of clear zone around discs was measured using a ruler to the nearest millimeter.

**Results and Discussions**

Fresh lime fruit peel occupies 52.47% of the total weight of lime fruit, when all the fruit peel is used after the juices and seeds taken. Lime fruit peel contains essential oils so the fruit peels are dried in oven at 43-45°C and obtained 14.41% dried lime fruit peel powder.

Dried lime fruit reduced in size in order to increase the surface area and facilitate solvent into plant cells thereby enhancing the extraction process. Maceration chosen as the method of extraction because of the cold extraction method, so that less stable compounds in heating is no damage relatively. Saturation of the solvent avoided by stirring and remaceration with new solvent, so the active compound more extracted. Liquid extract is evaporated at temperature less than or equal to 60°C so thermolabile compounds are not degraded. Yield of dried lime fruit peel ethanolic extract with ethanol 48%, 72%, and 96% are 25.10%, 24.10%, 20.60% respectively.

Dried lime fruit peel ethanolic extract 48%, 72%, 96% dried on loading 500, 1000, 1500 μg/disc does not inhibit *S. aureus*. Improved loading of ethanolic extract 96% to 2000 and 4000 μg/disc inhibit *S. aureus* with inhibition zone diameter 6.3 mm and 8.5 mm respectively. Ethanolic extract 96% inhibit *S. aureus* in a large loading (4000 μg/disc), therefore we try using the ethyl acetate extract of dried and fresh lime fruit peel, because of essential oil and less polar compounds in fruit peel. Yield of dried and fresh lime fruit peel ethyl acetate extract are 8.11% and 1.84% respectively.

Table 2 and 3 shows that the three lime peel extract has antibacterial activity against *S. aureus* and *E. coli*, the greater loading extracts per disc, the greater diameter inhibition zones. Antibacterial activity from the lowest to the highest is dried peel ethanolic extract, dried peel ethyl acetate extract, and fresh peel ethyl acetate extract. Lime fruit peel extracts more actively inhibit *S. aureus* than *E. coli*.

| Loading extract (μg/disc) | Inhibition zone diameter (mm)* | Ethanol extract | Ethyl acetate extract |
|--------------------------|-------------------------------|-----------------|----------------------|
|                          | Dried peel                    | Dried peel      | Fresh peel           |
| 500                      | 6,0 ± 0,0                     | 6,0 ± 0,0       | 6,2 ± 0,3            |
| 1000                     | 6,0 ± 0,0                     | 6,8 ± 0,3       | 7,0 ± 0,0            |
| 2000                     | 6,3 ± 0,6                     | 7,8 ± 0,3       | 8,0 ± 0,0            |
| 4000                     | 8,5 ± 0,5                     | 12,5 ± 0,0      | 14,3 ± 0,3           |
| Chloramphenicol          | 25,3 ± 0,6                    | 25,3 ± 0,6      | 25,3 ± 0,6           |
| DMSO                     | 6,0 ± 0,0                     | 6,0 ± 0,0       | 6,0 ± 0,0            |

* included disc diameter (6 mm)

| Loading extract (μg/disc) | Inhibition zone diameter (mm)* | Ethanol extract | Ethyl acetate extract |
|--------------------------|-------------------------------|-----------------|----------------------|
|                          | Dried peel                    | Dried peel      | Fresh peel           |
| 500                      | 6,0 ± 0,0                     | 6,0 ± 0,0       | 6,0 ± 0,0            |
| 1000                     | 6,0 ± 0,0                     | 6,0 ± 0,0       | 6,8 ± 0,3            |
| 2000                     | 6,5 ± 0,5                     | 6,8 ± 0,8       | 7,7 ± 0,6            |
| 4000                     | 6,8 ± 0,8                     | 8,2 ± 0,3       | 9,5 ± 0,5            |
| Chloramphenicol          | 26,0 ± 0,0                    | 25,3 ± 0,6      | 25,3 ± 0,6           |
| DMSO                     | 6,0 ± 0,0                     | 6,0 ± 0,0       | 6,0 ± 0,0            |

* included disc diameter (6 mm)

These results are similar to results Chanthaphon et al. (2008) which states that the ethyl acetate extract of fresh lime fruit peel more active against Gram-positive bacteria than Gram-negative bacteria; antibacterial activity of ethyl acetate extract of fresh lime fruit peel to *S. aureus* larger than dried peel extract. This indicates the loss of certain antibacterial compounds during the drying process, especially volatile compounds. Aibinu et al. (2007) have proven that lime fruit peel essential oil also has antibacterial activity.

Ethyl acetate extract more active antibacterial than ethanolic extract because of
less polar compound, such as coumarins and furanocoumarins which have antibacterial activity. Meranzin hydrate (coumarin) and oxyypeucedanin hydrate (furanocoumarin) were isolated from ethyl acetate extract of flavedo *Citrus grandis* Osbeck. fruit from Japan has antibacterial activity against *S.aureus* with MIC 0.75 mg/ml and 0.24 mg/ml (Mokbel *et al.*, 2006).

Extracts are more active inhibit *S.aureus* than *E. coli*, possibly because *E.coli* (Gram negative bacteria) have the outer membrane lipopolysaccharide that limiting diffusion of hydrophobic compounds so *E. coli* are less sensitive to plants antibacterial (Tajkarimi *et al.*, 2010).

**Conclusion**

The optimal condition to extract antibacterial compounds from lime fruit peel was using fresh peel with ethyl acetate as solvent. Ethyl acetate extract of fresh peel was more active against *S.aureus* than *E. coli*.

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