New signaling kid on the block: the role of the postmitotic midbody in polarity, stemness, and proliferation

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ABSTRACT To complete cytokinesis, abscission of the proteinaceous and microtubule-rich intercellular bridge needs to occur. The midbody (MB), a structure that forms on the intercellular bridge, is a key regulator of cytokinesis and appears to play a role in downstream signaling after abscission. Initially, it was thought that after abscission was completed, the MB was degraded. However, a new body of evidence has emerged suggesting that one daughter cell or a surrounding non–daughter cell can inherit or internalize the MB, thus leading to changes in cell proliferation and differentiation. In this review, we highlight the role that the MB has after mitosis. We will focus on the rising evidence that the MB plays an important role in establishment of cell polarity, such as apical lumen formation, neurite extension, and ciliation. Additionally, we will discuss the evidence suggesting that MBs can also serve the role of signaling organelles (MBsomes) that lead to cell proliferation, differentiation, and even tumorigenicity.

INTRODUCTION
Mitotic cell division is a key event during the development, growth, and function of all organisms. Owing to the importance of mitotic cell division, the entire process is highly regulated from DNA synthesis, nuclear envelope breakdown, separation of chromosomes, and cytokinesis to the final stage of mitotic cell division, abscission. Abscission is the physical separation of the plasma membranes of two daughter cells. During abscission, a microtubule-rich, proteinaceous structure, known as the midbody (MB), forms between the dividing cells. The MB was initially described by Walther Flemming more than 100 years ago and is well-known for its role in regulating the timing and location of abscission. Intriguingly, numerous studies over the past few years have suggested that the MB function extends beyond mitotic cell division and that postmitotic MBs may regulate cell fate, polarization, proliferation, and even tumorigenicity through internalization or inheritance. Because numerous reviews have been written about the formation of the MB and its function during abscission (Steigemann and Gerlich, 2009; D’Avino and Capalbo, 2016; Antanaviciute et al., 2018; Peterman and Prekeris, 2019), this review will mainly focus on the postmitotic MB roles as a polarity cue and postmitotic signaling organelle.

ROLE OF THE MB DURING ABISSION
To complete cytokinesis, cells need to cleave the intercellular bridge that links the two daughter cells. One of the best-described roles for the MB is to recruit abscission-regulating proteins during cytokinesis (Dambournet et al., 2011; Elia et al., 2011; Schiel et al., 2012; Mierzwa and Gerlich, 2014). A complex of proteins that controls abscission at the MB is the endosomal sorting complex required for transport (ESCRT) (Henne et al., 2011), originally described as a complex that mediates budding and scission of intracellular vesicles during formation of multivesicular bodies, eventually leading to lysosomal degradation. The ESCRT complex is primarily composed
of four protein complexes: ESCRT-0, -I, -II, and -III, along with the AAA-ATPase and VPS4 (Fededa and Gerlich, 2012). Briefly, it was suggested that the ESCRT-I component TSG101 and/or ALIX interact directly with the MB protein CEP55 (Yang et al., 2008; Elia et al., 2011; Christ et al., 2016). However, recent studies show that the loss of CEP55 still results in complete abscission, suggesting that other CEP55-independent mechanisms may also contribute to ESCRT-II recruitment (Tedeschi et al., 2020). Indeed, in Drosophila, which lacks CEP55, TSG101 and ALIX are recruited by central spin- dle component Pavarotti (MKLP1 in vertebrates) (Lie-Jensen et al., 2019). Following the recruitment of TSG101/ALIX to the MB, the ESCRT-III complex is then targeted to the MB and subsequently to the abscission site. Previous studies working on the ESCRT complexes have shown that the ESCRT-III complex drives membrane scission during late-stage cytokinesis (Lafrarie-Janvrole et al., 2013; Christ et al., 2016, 2017) by forming complex spiral structures with progressively smaller diameters that are capable of associating with the membrane, ultimately driving membrane scission (Elia et al., 2011; Guizetti et al., 2011; Cashikar et al., 2014; Mierzwa et al., 2017; Goliand et al., 2018). All these studies implicate MB as a staging site for initial recruitment of ESCRT components, as well as for regulating activation and spatiotemporal dynamics of ESCRT-III polymerization and abscission.

**MBS AS A POLARITY CUE**

In the past several years it has become apparent that MBs also have postmitotic functions, especially in serving as a polarity cue in many different cellular contexts. The idea of mitotic division serving as a polarity cue is not new, because it has been well-established that during yeast budding, the bud formation site leaves a “bud scar” that then directly regulates the activation and recruitment of a small monomeric GTPase, Cdc42, which in turn determines the site of the new bud during the next cycle of yeast budding (Nelson, 2003; Etienne-Manneville, 2004; Harris and Tepass, 2010; Miller et al., 2020). Similarly, recent work suggests that MB formation may regulate the formation of several polarized cellular structures in vertebrates, such as the apical lumen, neurites, and apical cilia (Schluter et al., 2009; Pollarolo et al., 2011; Buckley et al., 2013; Li et al., 2014; Wang et al., 2014; Bernabe-Rubio et al., 2016; Klinkert et al., 2016; Mangan et al., 2016; Lujan et al., 2017). The MB is perfectly suited to play the role of a polarity cue, because during cell division only one MB is formed and the location of this MB in many cases is tightly controlled by the cell. Below we summarize what is currently known about potential functions of the MB during cell polarization.

**Role of MBs in apical lumen formation**

Epithelial tissues are polarized with an apical surface facing the lumen and basolateral surfaces connecting to neighboring cells or the extracellular matrix. During polarization, epithelial cells need to coordinate with each other to ensure that all their apical surfaces are pointed in the same direction, thus forming an apical lumen that eventually develops into the apical duct system (Figure 1A). How epithelial cells polarize to form the apical lumen has been a topic of study for many years. It has been shown that, at least in vitro, renal and hepatic epithelial cells initiate apical lumen formation after initial division of nonpolarized daughter cells. The MB appears to play a key role in this de novo lumen formation by acting as a symmetry-breaking structure and polarity cue. Studies using Madin–Darby canine kidney (MDCK) three-dimensional tissue culture models have shown that the formation of the MB during cell division marks the site of nascent apical lumen formation (Figure 1A) (Schluter et al., 2009; Li et al., 2014). To further support the role of the MB in apical lumen formation, it has been shown that the apical membrane initiation site (AMIS) interacts with the MB by forming ring-like structures around it, which then can act as a protein scaffolding complex that recruits apical cargo that is trafficked via Rab11 and Rab35 endosomes (Figure 1A) (Klinkert et al., 2016; Mangan et al., 2016). The targeting of these endosomes, along with proteins needed for abscission at the MB, is at least partially controlled by the exocyst complex, suggesting that abscission and cell polarity determination are linked cellular events (Figure 1A) (Klinkert et al., 2016; Mangan et al., 2016). Additional studies have shown that protein phosphatase PRL-3, commonly up-regulated in cancer, regulates apical lumen formation by controlling the MB localization, thus further suggesting the importance of the MB during cell and tissue polarization (Lujan et al., 2017). It is important to note that the MB plays a role in lumen formation not only in MDCK cells but hepatocytes as well. The polarity proteins in hepatocytes, Par3 and Mdr, along with the tight junction protein, ZO1, have all been shown to localize with the MB just before abscission occurs (Figure 1A) (Wang et al., 2014).

The idea that MBs play an important role in apical lumen formation is a relatively new concept that has several questions left to be answered. While most studies looking at the role of the MB in apical lumen formation have been done using cell culture, the question remains whether MBs play a role in cell polarity in vivo. A few studies have started to answer this question. A study using Caenorhabditis elegans showed that MBs translocate and align at the intestinal lumen formation site (Bai et al., 2018). Additionally, work in Drosophila melanogaster showed that disruption of the MB causes cell polarity defects, furthering supporting the idea that the MB plays a crucial role in acting as a hub for polarity proteins during lumen formation (Le Bras and Le Borgne, 2014; Daniel et al., 2018). Using zebrafish, studies have shown that the abscission site marks the apical lumen site during neural tube formation in zebrafish, and the MB provides a location for directed membrane transport of apical polarity proteins needed for lumen formation (Distel et al., 2011; Girdler et al., 2013; Rathbun et al., 2020). Finally, a study using frog epithelium showed that MBs migrate and associate with tight junctions and apical poles (Higashi et al., 2016). While these in vivo studies have intriguing observations that suggest a role for the MB in maintaining and establishing cell polarity, many studies will have to be done to elucidate the exact mechanism of how the MB fulfills this role.

**Role of MBs in neurite formation**

In addition to playing a role in epithelial cells and hepatocytes, the MB has been shown to regulate neuronal polarity by marking the site for the first neurite during Drosophila development (Figure 1B) (Pollarolo et al., 2011). Pollarolo et al. (2011) showed that furrow molecules, RhoA and Aurora kinase, were targeted to the MB and are the earliest landmarks of neuronal polarity, suggesting that the MB must be present for the first neurite to form (Figure 1B). Additionally, in zebrafish, the MBs regulate development of the neural rod, because oriented cell divisions (C-divisions) have a dominant influence in establishing the site of the nascent neuronal lumen (Buckley et al., 2013). While there are not many studies on the role of the MB in regulating neurite formation, the studies that are present suggest a strong role for the MB in the proper formation of the first neurite during development. Further studies are needed to determine which proteins or protein complexes interact with the MB, or are part of the MB, in order to fulfill this function.

**Role of MBs in cilia formation**

In the 1960s, researchers reported a negative correlation between mitotic cell division and cilia formation (Dingemans, 1969), with...
subsequent studies elucidating the mechanisms of the pathways that result in the resorption of the cilia in early mitosis (Pugacheva et al., 2007). The reason for the inhibition of ciliation by mitotic cell division is primarily that the same centrosomes are used to assemble the mitotic spindle and cilia; thus, at any given time cells can either divide or ciliate, but not both. Until recently, there had been no evidence to support the idea that MBs can stimulate ciliogenesis. However, a recent study suggested that the MB may have a role in stimulating cilia formation (Bernabe-Rubio et al., 2016), although this idea remains quite controversial. These studies suggested that after the final stages of mitosis, the MB remnant remains associated with one of the daughter cells and that over time the MB remnant moves to the apical surface (Figure 1C) (Bernabe-Rubio et al., 2016). The model from this study suggests that after the remnant moves along the apical surface and becomes proximal to the centrosome at the center of the apical surface, ciliogenesis occurs (Bernabe-Rubio et al., 2016), and removal of MBs inhibits formation of the cilium. Thus, it was proposed that the MB may somehow induce cilia formation (Bernabe-Rubio et al., 2016). This is an intriguing and novel connection between MBs and ciliogenesis; however, several questions need to be answered before this becomes an accepted model. Specifically, how do MBs stimulate cilia formation? Do MBs mediate transfer-specific proteins to the basal body, licensing it to form cilia? If yes, what are they? Finally, how do nondividing cells form cilia if they need MBs to license them?
**MBS AS REGULATORS OF CELL FATE AND DIFFERENTIATION**

Numerous studies have clearly defined that in certain contexts MBs can serve as polarity cues. In all these cases, cell polarization is tightly connected to cell division and MBs appear to promote cell fate, proliferation, and differentiation long after completion of mitotic cell division.

**Role of the MB and the central spindle in regulating differential segregation of signaling endosomes**

Asymmetric division has emerged as a key contributor to the process that allows the generation of two daughter cells that assume different fates during development. At least in principle, asymmetric cell division leads to differential inheritance of various signaling molecules that ultimately either keep a daughter cell in a stem cell-like state or lead to its differentiation (Neumüller and Knoblich, 2009). Many known mechanisms lead to asymmetric inheritance of signaling molecules, and recently the MB and central spindle have emerged as important regulators of this process. It was shown that in some cases, partitioning of signaling molecules is driven by differential distribution of signaling endosomes at the MB due to asymmetry in the central spindle microtubule (Coumaineau et al., 2009; Derivery et al., 2015; Kressmann et al., 2015). For example, Smad anchor for receptor activation (Sara) signaling endosomes have been found to accumulate on one side of the MB due to the asymmetric distribution of the microtubules, where the side with fewer microtubules will obtain more of the Sara endosomes after abscission (Derivery et al., 2015). Studies on Sara endosomes have resulted in the discovery of the importance of asymmetric division in downstream signaling activation. When these Sara endosomes, containing the molecules for downstream Notch signaling, are distributed unequally due to the microtubule content, one daughter cell inherits more Sara endosomes, resulting in that cell having higher Notch signaling activity than the other daughter cell (Coumaineau et al., 2009; Derivery et al., 2015). Another study was able to show this phenomenon in neurons, suggesting that the daughter cell that inherits the Sara endosomes divides again before differentiating into a mature neuron, as compared with the other daughter cell, which differentiates into a neuron before dividing again (Kressmann et al., 2015). Overall, differential distribution of signaling molecules, driven by the central spindle and MB asymmetry during cell division, has emerged as one of the contributors to establishing daughter cell fate and differentiation.

**MB inheritance versus internalization**

Traditionally, it was thought that after abscission, the MB is either discarded into the extracellular space or degraded via autophagosomal pathways (Barr and Gruneberg, 2007; Pohl and Jentsch, 2009). However, recent studies suggested that the postmitotic MB can be inherited during cell division, which may pass on MB-associated signaling cues to one of the daughter cells (Figure 2A) (Wilcock et al., 2007; Ettinger et al., 2011; Kuo et al., 2011; Pollarolo et al., 2011; Singh and Pohl, 2014). MB inheritance is thought to be caused by the asymmetric abscission on only one side of the MB, resulting in one of the daughter cells retracting the intracellular bridge and therefore inheriting the MB (Figure 2A). Asymmetric MB inheritance is an intriguing concept because it may contribute to unequal segregation of MB-associated cell fate determinants between the two daughter cells, similar to what has been mentioned in the preceding section. Conversely, other studies suggest that extracellular MBs can be internalized by other cells and function as a signaling platform that affects cell differentiation and proliferation (Figure 2B) (Marzesco et al., 2005; Dubreuil et al., 2007; Ettinger et al., 2011; Crowell et al., 2014). This model suggests that abscission occurs symmetrically, releasing the MB into the extracellular matrix, where it can be internalized by one of the daughter cells or surrounding non-daughter cells (Figure 2B). This internalization of the MB results in a double membrane–bound organelle, also known as MBsome, that has been shown to remain in the cytosol for a prolonged time while presumably signaling to regulate cell fate and proliferation (Figure 2B) (Peterman et al., 2019; Rai et al., 2021). While studies have proposed two different mechanisms of intracellular MB accumulation, recent data suggest that in tissue culture, postmitotic MBs accumulate within cells predominantly via internalization (Crowell et al., 2014). It is important to note that most of the studies looking at inheritance versus internalization have used HeLa or MDA-MB-231 cells. Thus, it is possible that certain cell types may prefer to use the MB-inheritance pathway. Indeed, a recent study looking at polarized MDCk cells suggests that the MB remains in contact with one of the daughter cells by a thin intercellular bridge instead of being internalized (Bernabe-Rubio et al., 2016).

**MB accumulation and its role in regulating stemness and cancer progression**

A persistent question in the field is whether intracellular MB accumulation plays a role in maintaining stemness. Indeed, while some work has shown the role of the postmitotic MB in these processes, the data remain somewhat confusing and controversial. For example, a recent study has shown that upon differentiation of stem cells, MBs are released at a greater rate (Ettinger et al., 2011), suggesting that MBs may contribute to signaling that maintains cell stemness. Consistent with this hypothesis, several studies have shown that stem cells and cancer stem cells can accumulate MBs (Ettinger et al., 2011; Kuo et al., 2011). However, the correlation between MB accumulation and stemness is not always clear. Indeed, recent studies looking at D. melanogaster suggested that the gender of the fly will determine the fate of the MB in germ stem cells (Salzmann et al., 2014). It was shown in male flies that germ stem cells inherit the mother centrosome but release the MB, while the female germ stem cells retain the mother centrosome and MB, suggesting that it is a context-dependent mechanism as to whether the MB is required for maintaining stemness (Salzmann et al., 2014). Additionally, MB accumulation in cancer progression has become a recent topic, as studies have shown that the intracellular MB accumulation might play an important role in stimulating cancer progression. It was suggested that intracellular MB accumulation is induced by inhibiting MB degradation by autophagy, therefore resulting in increased tumorigenicity (Kuo et al., 2011). Similarly, work in our lab has identified a protein responsible for MB degradation, named FYCO1, and if FYCO1 is lost, an increase in MB accumulation and invasive capacity was found in squamous cell carcinoma (Dionne et al., 2017). Finally, some studies have shown that MB accumulation leads to increases in proliferation and anchorage-independent growth in HeLa and MDA-MB-231 cells (Kuo et al., 2011; Peterman et al., 2019; Rai et al., 2021). Thus, while there are intriguing correlations between postmitotic MB and stemness, it is clear that postmitotic MBs play different roles in different contexts, and it is unlikely that postmitotic MBs will emerge as a universal stemness maker.

**Role of the MB as an intracellular signaling organelle**

Until recently, the mechanism of how MBs were internalized into cells was poorly understood. The first characterization of mechanisms
mediating MB internalization came from research using C. elegans embryos (Chai et al., 2012). It was shown that during early development, C. elegans uses a Rac1 GTPase and actin-dependent mechanisms to internalize MBs that are left over after the first and second embryonic divisions (Chai et al., 2012). Since then, additional experiments from several laboratories have shown that in mammalian cells, Rac1 and actin-dependent polymerization are required for MB internalization (Crowell et al., 2014; Peterman et al., 2019; Rai et al., 2021). Based on these studies, it has been suggested that MBs are internalized by using a specialized MB receptor, similar to the receptors used by macrophages to detect apoptotic bodies. Importantly, it has been shown that C. elegans uses apoptotic corpse receptors that bind to phosphatidylserine (PS) to internalize MBs (Crowell et al., 2014). Apoptotic bodies flip their PS to the outer membrane leaflet in order to be recognized by macrophages; thus, PS is often considered to be an “eat me” signal (Dupuy and Caron, 2008; Flannagan et al., 2012). In a recent study using mammalian cells, MFG-E8 was identified as an adaptor protein that bridges PS on the outer leaflet of MBs and αVβ3 integrins on the cell surface (Peterman et al., 2019). Consistent with these findings, a recent lipidomic

**FIGURE 2:** MB inheritance or internalization. (A) The MB is inherited by one of the daughter cells due to the asymmetric abscission of the intercellular bridge. (B) The MB is released into the extracellular space due to the symmetric abscission of the intercellular bridge, allowing for the internalization of the MB by a non–daughter cell.
screen shows that PS is highly enriched in MBs and that the PS accumulates at the outer leaflet of the MB, providing strong evidence for a PS-dependent internalization mechanism (Atilla-Gökçumen et al., 2014; Peterman et al., 2019). Another interesting point of study is trying to elucidate the mechanism of how the MB tethers to the internalizing cell. A recent study suggests that the BST2/teth-erin, originally described as a protein that blocks the release of enveloped viruses from the cell surface infected cells (Neil et al., 2008; Van Damme et al., 2008; Neil, 2013; Sauter, 2014), plays a similar role in the retention of MBs (Presle et al., 2021). The study was able to show that BST2 is enriched at the MB and that upon depletion of BST2, the MB was detached from the cell surface and accumulated in the extracellular medium or taken in by other cells (Presle et al., 2021). Overall, these studies have shown that internalization of MBs is a Rac1- and actin-dependent mechanism, with recognition of the MB appearing to be dependent on the presence of PS on the outer leaflet of the MB.

It is now well-established that the MB plays various roles in more than just cell division. However, the mechanisms of how MB-dependent signaling occurs remains poorly understood. When MBs are internalized, they are encapsulated in a double membrane (Figure 2B), which leads to the hypothesis that the signaling must occur through some type of transmembrane protein or receptor that is found in the membrane. To prove this hypothesis, there are studies showing that internalized MBs, which have an enrichment of PS on the outer leaflet, along with MFG-E8, can bind and activate αβ3 integrins, leading to the activation of the FAK-dependent signaling pathway (Peterman et al., 2019). Intriguingly, cells that have internalized MBs become anchorage-independent, presumably due to the integrin-dependent inside-in signaling coming from the internalized postmitotic MB (Peterman et al., 2019; Rai et al., 2021). A similar type of inside-in signaling coming from signaling endosomes has been previously reported in cancer cells; thus, internalized MBs can be considered as a type of MB-associated signaling endosome or MBsome (Hamidi and Ivaska, 2018; Peterman et al., 2019). While the MBsome has been shown to increase the ability of a cell to become anchorage-dependent, presumably via integrin signaling, little is known about the specific mechanisms that drive this process. A recent study has shown that ligated epidermal growth factor receptors (EGFRs) are present on the MBsome and may contribute to MBsome-dependent proliferation (Peterman et al., 2019) because the clustering and cosignaling from integrins and receptor tyrosine kinases (RTKs), like EGFR, are required for obtaining the full complement of RTK signaling (Guo et al., 2006; Barrow-McGee et al., 2016). The fact that both integrins and EGFR are found on MBsomes leads to the intriguing possibility that MBsomes can be a hub for RTK signaling. However, further studies need to be completed to fully validate this hypothesis. The search for other RTKs that may be recruited to the MBsome is the next step in elucidating the mechanism behind which the MBsome can act as a signaling hub.

**SUMMARY AND FUTURE DIRECTIONS**

The fate of the postmitotic MB is much less well-understood than other MB functions. Thus, there are many questions that remain to be answered in order to define the molecular mechanism mediating postmitotic MB functions. While recent work has been able to describe multiple scenarios where cells use postmitotic MBs to regulate stemness, tumorigenicity, and proliferation, the problem with these studies is that they seem to be cell dependent or organism dependent, making it hard to define a more generalized theme for what signals the MB is passing on. One possibility is that MBs derived from different cell types may contain different proteins (or RNAs), thus leading to different signaling. Alternatively, cells may respond to MB inheritance/internalization differentially depending on the context. Many of these cell- and tissue-specific MB roles remain to be defined and certainly will be a focus of many studies in the future.

The other big mystery in the field of postmitotic MB function is how internalized MBs can signal when they are surrounded by two membranes. Recent work proposed that MBsomes can mediate inside-in signaling (Peterman et al., 2019), which does not require the contents of the MB to enter the cytosol. While this is the case, at least initially, it is likely that eventually these MB membranes fuse, allowing the release of MB-associated proteins and RNAs into cytosol. Several proteomic studies have identified numerous MB-associated proteins (Skop et al., 2004; Gnazzo et al., 2016; Capalbo et al., 2019; Peterman et al., 2019); thus, it is plausible that the release of these proteins (or MB-associated RNAs) is another way of conveying MB-associated signal. However, whether these MBsome membranes actually fuse, what mechanisms are mediating this fusion, and what MB-associated signals are released in cytosol to mediate MB function remain to be determined.

**ACKNOWLEDGMENTS**

We appreciate Migle Prekeryte for critical reading and editing of the manuscript. The work in the R. P. laboratory is funded by National Institutes of Health grants DK064380, GM122768, and GM143774.

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