Introduction
Prostate cancers are generally androgen-sensitive at the initial diagnosis, and most patients are therefore treated with antiandrogen therapy. However, patients eventually develop androgen-independent prostate cancers (AIPC) that will inevitably result in metastasis and death. Docetaxel is the standard of care for men diagnosed with AIPC\(^1\). Docetaxel binds to the β-tubulin subunit, causing stabilization of microtubules, which leads to mitotic arrest and subsequent apoptosis\(^2\). Docetaxel has been administered to men with AIPC in clinical trials, where it has been found to prolong survival in men with this disease\(^3\). However, there are currently no effective approaches for treating chemoresistant prostate cancers.

miRNAs are small non-coding RNAs that have been identified as post-transcriptional regulators of gene expression\(^4\). miRNAs bind to the 3' untranslated regions (UTR) of target mRNAs, either preventing their translation or causing target degradation. Accumulating evidence has proven that miRNAs play crucial roles in multiple biological processes\(^5\). Meanwhile, deregulation of miRNAs is involved in a wide range of human diseases, including cancer\(^6\). In human cancer, miRNAs are frequently deregulated and can function as oncogenes or tumor suppressor genes\(^7\). Recent studies showed that miRNAs also participated in the resistance to chemotherapeutic agents in cancer cells\(^8-10\).

In this study, we hypothesized that altered expression of miRNAs might be involved in mediating resistance to docetaxel in prostate cancer cells. We established a docetaxel-resistant prostate cancer PC3 cell line (PC3R). Using microarrays, we found that a number of miRNAs were significantly altered in the docetaxel-resistant PC3 cells. miR-21, one of the miRNAs identified by microarrays, was up-regulated in PC3R cells. Ectopic expression of miR-21 increased the resistance of PC3 to docetaxel in the wild type cells. In contrast, silencing of miR-21 in PC3R cells sensitized the cells to docetaxel. The IC\(_{50}\) values for miR-21-silencing cells and control cells were 28.31 and 35.89 nmol/L, respectively. PDCD4, a direct target gene of miR-21, could mediate chemoresistance to docetaxel in PC3 cells.

Conclusion: Our findings suggest that miR-21 contributed to the resistance of PC3 cells to docetaxel, and that targeting miR-21 may offer a promising therapeutic approach in sensitizing prostate cancer to docetaxel treatment.

Keywords: miR-21; chemoresistance; docetaxel; prostate cancer; PDCD4 protein; PC3 cells
docetaxel. Furthermore, we found that PDCD4, a direct target gene of miR-21, can mediate miR-21 induction of chemoresistance to docetaxel in PC3 cells. Our findings suggest that targeting miR-21 may offer a promising therapeutic approach in sensitizing prostate cancer to chemotherapeutic agents.

Materials and methods

Cell culture

The human androgen-insensitive prostate carcinoma cell line, PC3, was obtained from the American Type Culture Collection (Rockville, MD, USA). Cells were maintained in Dulbecco’s modified Eagle’s medium (DMEM) supplemented with 10% fetal bovine serum at 37 °C in a humidified atmosphere with 5% CO₂. PC3 cells were made resistant to docetaxel (PC3R) by culturing them under continuous exposure to docetaxel (10 nmol/L) for 30 days. The resistance factor for docetaxel was evaluated as the ratio of the 50% inhibitory concentration (IC₅₀) for PC3R divided by the IC₅₀ for PC3wt; the IC₅₀ values were determined in vitro using the CCK-8 assay kit (Dojindo Corp, Japan).

miRNA microarrays

Small RNA was prepared using the miRNA Isolation Kit (Ambion, Austin, USA). miRNA microarrays were performed as described in detail on the website of CapitalBio (http://www.capitalbio.com). Briefly, fluorescent-labeled miRNAs were used for hybridization on each miRNA microarray chip containing 988 human miRNA probes in triplicate. Raw data were normalized and analyzed using the GenePix Pro 4.0 software. Statistical comparisons were done with SAM analysis.

Real-time PCR assays

The total RNA was extracted using TRIzol reagent (Invitrogen, CA, USA). Quantification of miR-21, miR-210, miR-192, and miR-296-5p was performed with a stem-loop RT-PCR miRNA kit (Ribobio, Guangzhou, China). Real-time PCR was performed using the SYBR Premix Ex Taq (TaKaRa). RNU6B was used as the internal control. All quantitative real-time PCR was performed with the 7300 real-time PCR system (Applied Biosystems, Foster City, CA).

Oligonucleotide transfection

miR-21 mimics and inhibitors were synthesized by RiboBio, Guangzhou, China. The nucleotides of miRNA inhibitors contained 2’-O-methyl modifications at each base. PDCD4 siRNA was synthesized by RiboBio, Guangzhou, China. The sense and antisense sequences were 5’-UUUCAUUCUUAUUCUCACAGGUCCC-3’ and 5’-GGGACUGAGAAUAAGAUAUUGAAA-3’, respectively. The transfections were performed with Lipofectamine 2000 (Invitrogen). The final concentration of small RNAs was 100 nmol/L.

Vector construction

To construct a luciferase reporter with the wild-type PDCD4 3’UTR, we placed the 3’UTR of PDCD4 downstream of a cytomegalovirus (CMV) promoter-driven firefly luciferase cassette in a pCDNA3 vector. The PDCD4 3’UTR sequences were amplified by PCR from genomic DNA using the following primers: sense, 5’-AACTATCCCTTGGCACTGC-3’, anti-sense: 5’-ACTACCTCCTTGGCACTGC-3’. To construct the mutated PDCD4 3’UTR, we first generated two fragments with overlapping mutation sites using two sets of primers: sense, 5’-AGTGGAGATTCTAATTGGTACCTTTTGTAGTG-3’, anti-sense, 5’-GACTCTACAAAGGTAAGTACGAAATGGATATTCC-3’. These two fragments were then annealed and used as templates to amplify a mutated PDCD4 3’UTR. To create the PDCD4 expressing vector, we placed the PDCD4 coding region (CDS) downstream of a cytomegalovirus (CMV) promoter-driven cassette in a pCDNA3 vector. The sequences of PDCD4 CDS were amplified by PCR from cDNA using the following primers: sense, 5’-AGTTTGTGGAATAGAGTTTCCACC-3’, anti-sense: 5’-TGCAAGACTTCTTCTATTACAGC-3’.

Dual-luciferase reporter assay

PC3 cells were cultured in 96-well plates and co-transfected with 50 ng luciferase reporter, 5 pmol miR-21 mimics and 5 ng pRL-CMV Renilla luciferase reporter. After 36 h, luciferase activity was measured using the dual-luciferase reporter assay system (Promega, Madison, USA).

Cell proliferation assay

Cell proliferation was measured using the CCK-8 assay kit (Dojindo Corp, Japan). Approximately 2500 cells were plated into each well of a 96-well plate, where 10 μL CCK-8 was added to 90 μL of culture medium. The cells were subsequently incubated for 2 h at 37 °C and the optical density was measured at 450 nm.

Western blotting

Protein expression of PDCD4 was determined using the mouse monoclonal anti-PDCD4 antibody (Santa Cruz Biotechnology, CA, USA) following standard Western blotting procedures. Protein expression was normalized for expression of beta-actin, detected using a mouse monoclonal anti-actin antibody (Sigma). The proteins were detected using ECL reagents (Pierce, IL, USA).

Statistical analysis

The results are presented as means±SEM. The data were subjected to Student’s t-test (two-tailed, P<0.05 was considered significant).

Results

Exposure to docetaxel and IC₅₀ values of PC3wt and PC3R cells

We first established the docetaxel-resistant PC3 (PC3R) using the method evaluated by the previous report[11]. PC3 cells were made resistant to docetaxel by culturing them under continuous exposure to docetaxel (10 nmol/L) for 30 days. After exposure to different doses of docetaxel for 2 days, the IC₅₀ values for PC3wt and PC3R cells were 1.16 and 33.48 nmol/L, respectively (Figure 1).
miRNAs expression changes in docetaxel-resistant PC3 cells

To determine whether miRNAs could be involved in docetaxel resistance in prostate cancer PC3 cells, we used microarray-based analysis to determine miRNA expression profiles in PC3R and PC3wt cells. As shown in Table 1, the expression of 10 miRNAs changed with 6 upregulated miRNAs (miR-21, miR-210, miR-30d, miR-22, and miR-30a) and 4 downregulated miRNAs (miR-565, miR-296-5p, miR-192, and miR-19a) in PC3R cells, compared with the PC3wt cells. To confirm the microarray results, quantitative RT-PCR analysis was performed to detect several of the most abundantly expressed miRNAs, including miR-21, miR-210, miR-296-5p, and miR-192. Small nuclear RNA U6 was the endogenous control used for normalization. The results were highly consistent with the miRNA microarray analysis (Figure 2).

Table 1. Differentially expressed miRNAs in docetaxel-resistant prostate cancer cells compared with non-resistant cells.

| miRNA     | Chromosome | Overlapping transcripts | Fold change |
|-----------|------------|-------------------------|-------------|
| hsa-miR-21| 17q23      | intergenic              | 2.87        |
| hsa-miR-210| 11p15    | intergenic              | 2.66        |
| hsa-miR-100| 11q24      | intergenic              | 2.28        |
| hsa-miR-30d| 8q24       | intergenic              | 2.66        |
| hsa-miR-22 | 17p13      | intergenic              | 2.20        |
| hsa-miR-30a| 6q13      | C6orf155-003            | 2.33        |
| hsa-miR-565| 3p21       | intergenic              | 0.22        |
| hsa-miR-296-5p| 20q13 | intergenic              | 0.22        |
| hsa-miR-192| 11q13      | intergenic              | 0.30        |
| hsa-miR-19a| 13q31      | Q75NE6_HUMAN            | 0.32        |

Overexpression of miR-21 increased the resistance to docetaxel in PC3wt cells

To investigate the potential mechanism and function of these altered miRNAs, we next focused on one miRNA, miR-21, an oncogenic modulator in multiple cancers[12-15]. miR-21 is significantly upregulated in PC3R cells compared with PC3wt cells (Figure 2A), suggesting that increased expression of miR-21 might contribute to the resistance of PC3 cells to docetaxel.

Therefore, we performed the ectopic expression of miR-21 by transfection with miR-21 mimics in PC3wt cells. As shown in Figure 3A, introduction of miR-21 into PC3wt cells resulted in an increase of cell proliferation compared to those transfected with the negative control. Furthermore, transfection with miR-21 showed increased cell viability upon treatment with docetaxel (Figure 3B). The IC50 values for miR-21 and control cells were 1.58 and 1.15 nmol/L, respectively, suggesting that ectopic miR-21 expression can decrease the sensitivity to docetaxel in PC3 cells.

Attenuation of the resistance to docetaxel by inhibition of miR-21 expression in PC3R cells

As miR-21 was highly expressed in PC3R cells, we next explored whether resistance to docetaxel could be attenuated by silencing miR-21 expression with miR-21 inhibitors (2’-O-methyl oligoribonucleotides). Cell proliferation was reduced in PC3R cells when miR-21 was specifically knocked down by miR-21 inhibitors (Figure 4A). We further found that PC3R cells transfected with miR-21 inhibitors showed reduced survival upon treatment with docetaxel (Figure 4B). The IC50 values for miR-21 inhibitors and control cells were 28.31 and 35.89 nmol/L, respectively. Taken together, these findings suggest that miR-21 contributes to the resistance of PC3R cells to docetaxel.

PDCD4, a direct target gene of miR-21, can mediate miR-21-induced chemoresistance to docetaxel in PC3 cells

We next sought to identify a candidate target gene that could help mediate the miR-21-induced chemoresistance to docetaxel in PC3 cells. Recently, PDCD4, programmed cell death protein 4, was reported to be a direct target gene of miR-21 in
PDCD4 has been shown to be involved in the sensitivity to chemotherapy [17]. Intriguingly, we found that the expression of PDCD4 was downregulated in PC3R cells compared with PC3wt cells (Figure 5A), which was inversely correlated with the expression of miR-21. This result indicates that PDCD4 might be involved in the miR-21-induced chemoresistance to docetaxel. To determine whether PDCD4 is also regulated by miR-21 in prostate cancer cells, we constructed the full-length fragments of the PDCD4 mRNA 3'UTR (either wild-type or mutant), and placed them downstream of the luciferase reporter gene. In PC3 cells, miR-21 was found to reduce the relative luciferase activity with the wild-type 3'UTR of PDCD4, but not with the mutant-type (Figure 5B). Furthermore, the expression of PDCD4 decreased in PC3 cells when miR-21 was ectopically expressed. On the other hand, silencing of miR-21 increased PDCD4 expression in PC3R cells (Figure 5C). These results show that miR-21 can directly target PDCD4 expression in PC3 cells.

To explore the potential role of PDCD4 in miR-21-mediated chemoresistance to docetaxel, we synthesized a small-interfering RNA of PDCD4, which significantly reduced PDCD4 expression (Figure 6A). Remarkably, silencing of PDCD4 increased the cell viability in PC3 cells (Figure 6B, P<0.05). The IC50 values for PDCD4 siRNA and control cells were 1.78 and 1.18 nmol/L, respectively, which was similar to the phenotype induced by miR-21. On the other hand, we determined whether ectopic expression of PDCD4 could circumvent the resistance phenotype of PC3R cells. We constructed a vector containing the entire PDCD4 coding sequence. As shown in Figure 6C and 6D, ectopic expression of PDCD4 increased the PDCD4 protein levels in PC3R cells and could attenuate the resistance phenotype of PC3R cells (P<0.05). The IC50 values for PDCD4 vector and control vector were 26.07 and 30.26 nmol/L, respectively. These findings suggest that PDCD4 is indeed a functional target for miR-21-induced chemoresistance to docetaxel in PC3 cells.

**Discussion**

Intrinsic chemoresistance constitutes a major problem in the therapy of malignant tumors. In previous studies, great progress has been made in the discovery of potential contributors to the resistance to chemotherapy, which allowed us to identify candidate chemoresistance-related protein-coding genes in cancers. However, little is known about the functional non-coding sequences, particularly miRNAs, in resistance to cancer therapy. In this study, we found that miR-21 expression was increased in docetaxel-resistant PC3 cells. We further identified miR-21 as an important regulator of prostate cancer cell resistance to docetaxel, which provides new evidence that...
miRNAs may be involved in the tumor resistance to chemotherapy.

MiR-21 has been described as an oncogenic miRNA\textsuperscript{[18]} and increased levels of miR-21 have been found in very diverse cancer types, including glioblastoma\textsuperscript{[12]} and breast\textsuperscript{[13]}, liver\textsuperscript{[14]}, and prostate cancers\textsuperscript{[15]}. Recent studies have indicated that aberrant expression of miR-21 contributes to the malignant phenotype, such as proliferation, apoptosis and metastasis\textsuperscript{[18]}. Accordingly, miR-21 has been shown to suppress a network of tumor suppressive pathways\textsuperscript{[14, 19, 20]}. In this study, we evaluated the role of miR-21 in mediating chemoresistance to docetaxel in PC3 cells. Our results show that ectopic expression of miR-21 can decrease sensitivity to docetaxel in PC3 cells and that inhibition of miR-21 expression could attenuate the resistance to docetaxel in PC3R cells. These findings suggest that miR-21 contributes to the resistance of PC3R cells to docetaxel. It is noteworthy that the effect of miR-21 on the resistance of PC3R cells to docetaxel is limited, indicating that multiple factors might contribute to the docetaxel resistance in PC3R cells. As docetaxel is known to induce expression of the drug efflux pumps in the plasma membrane, we also examined the expression of P-gp and MRP1 genes, two main drug-efflux pumps, in PC3R and PC3 wild type cells using real time PCR. The results show that both P-gp and MRP1 are upregulated in the PC3R cells compared with that in PC3 wild type cells (Supplementary Figure S1), indicating that drug efflux pumps might also be involved in mediating chemoresistance to docetaxel in PC3R cells.

Programmed cell death 4 (PDCD4), is a novel suppressor of tumorigenesis, tumor progression and invasion\textsuperscript{[21–23]}. PDCD4 was originally characterized as an inhibitor of cellular transformation in the mouse cell culture model\textsuperscript{[24]}. PDCD4 is expressed in normal tissues, and there is evidence that its expression is suppressed in various tumors, including lung cancer\textsuperscript{[25]}, breast cancer\textsuperscript{[26]} and hepatocellular carcinoma\textsuperscript{[27]}. PDCD4 interacts with translation initiation factors, eIF4A and

Figure 5. PDCD4 is a direct target gene of miR-21 in PC3 cells. (A) Western blot of PDCD4 expression in PC3wt and PC3R cells. (B) Luciferase activity assays of miR-21 co-transfected with various luciferase reporters. The luciferase activity of each sample was normalized to the Renilla luciferase activity. Error bars represent SEM. *P<0.05. Statistical analysis was performed using Student’s t-test. (C) Western blot of PDCD4 expression in PC3wt transfected with miR-21 or control RNA, and PC3R cells transfected with miR-21 inhibitors or control RNA. n=3.

Figure 6. PDCD4 can mediate chemoresistance to docetaxel in PC3 cells. (A) Western blot of PDCD4 expression in PC3wt transfected with PDCD4 siRNA or control RNA. (B) The inhibitory rate of PC3wt cells after transfection with PDCD4 siRNA or control RNA for 24 h and treatment with different doses of docetaxel for another 48 h. (C) Western blot of PDCD4 expression in PC3R cells transfected with PDCD4 vector or the control vector. (D) The inhibitory rate of PC3R cells after transfection with the PDCD4 vector or control vector for 24 h and treatment with different doses of docetaxel for another 48 h.
eIF4G, to inhibit translation in a mRNA-specific fashion\textsuperscript{26}. Consequently, PDCD4 has been found to inhibit pro-oncogenic events, such as activation of activator protein-1 (AP-1)\textsuperscript{29, 30}, anchorage-independent growth\textsuperscript{29}, and invasion\textsuperscript{29}. Recently, PDCD4 was also shown to be involved in the sensitivity of chemotherapy by cisplatin and paclitaxel\textsuperscript{17}. The effects of PDCD4 expression on drug sensitivity are due to the down-regulation of YB-1 expression. Here, we found that miR-21 can directly down-regulate the expression of PDCD4 by targeting its 3’UTR in PC3 cells. Our results show that silencing of PDCD4 expression increased the cell viability and resistance to docetaxel in PC3 cells, suggesting that PDCD4 is a functional target for miR-21-induced chemoresistance to docetaxel.

As docetaxel could induce mitotic arrest and apoptosis in prostate cancer cells, we also investigated the effects of miR-21 and PDCD4 on the docetaxel-induced mitotic arrest and apoptosis using flow cytometry and caspase 3/7 activity analysis. We found that miR-21 and PDCD4 did not significantly influence cell cycle profiles in PC3 or PC3R cells (data not shown). However, as shown in Supplementary Figure S2, silencing of miR-21 or ectopic expression of PDCD4 can increase the caspase 3/7 activities in PC3R cells, indicating that miR-21 and PDCD4 have a major effect on docetaxel-induced apoptosis in docetaxel-resistant prostate cells.

In conclusion, our data show that increased miR-21 expression plays important roles in the resistance to docetaxel in the prostate cancer PC3 cells. Meanwhile, PDCD4, a direct and functional target of miR-21, can mediate miR-21-induced chemoresistance to docetaxel in PC3 cells. The miR-21/PDCD4 axis provides a new avenue toward understanding the mechanism of chemoresistance and may help us develop potential therapeutics against prostate cancer.

**Author contribution**

Ding-wei YE and Guo-hai SHI designed the research; Guo-hai SHI, Xu-dong YAO, Shi-ling ZHANG, Bo DAL, and Wen-jun XIAO performed the research; Hai-liang ZHANG and Yi-jun SHEN contributed analytic tools; Guo-hai SHI, Yao ZHU, and Yi-ping ZHU analyzed the data; Guo-hai SHI, Ding-wei YE, and Chun-guang MA wrote the paper.

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