Effective treatment of SARS-CoV-2-infected rhesus macaques by attenuating inflammation

Cell Research (2021) 31:229–232; https://doi.org/10.1038/s41422-020-00414-4

Dear Editor,

The COVID-19 pandemic caused by the SARS-CoV-2 virus has caused a significant public health crisis worldwide. Recent studies show that excessive inflammatory response is critical for SARS-CoV-2 pathogenesis and COVID-19 severity, which can lead to acute lung injury (ALI) and acute respiratory distress syndrome (ARDS). One major factor for acute inflammation in SARS-CoV-2 infection is the inflammatory macrophages, which has been considered important for the production of large amounts of proinflammatory cytokines. Autopsy identified an intense infiltration of macrophages in the lung tissues of fatal COVID-19 patients. Furthermore, single-cell RNA sequencing (scRNA-seq) showed a higher proportion of macrophages presenting in bronchoalveolar lavage fluid (BALF) of severe COVID-19 patients. Consistent with studies of SARS-CoV-2, infiltration and accumulation of macrophages in the lung were also found in other coronavirus diseases. Depletion of macrophages protected mice from lethal SARS-CoV-2 infection, highlighting the important roles of macrophages in coronavirus-induced symptoms. Therefore, targeting macrophages to regulate hyperinflammation in SARS-CoV-2 infection could be an effective strategy to treat COVID-19 patients.

Recently, we developed a β-galactosidase (β-gal)-activated prodrug SSK1 that is able to effectively target macrophages, in which the expression of β-gal has been reported to be a physiological response to immune stimuli. We found that SSK1 treatment efficiently decreased macrophage numbers and their infiltration in lung injured mouse model, which accompanied with significant attenuation of inflammation. Basing on these results, we reasoned that SSK1 is a promising new drug that can be applied to target macrophages and treat excessive inflammation in COVID-19 patients. In this study, we investigated the therapeutic effects of SSK1 in SARS-CoV-2-infected nonhuman primate model.

Because SARS-CoV-2-induced pneumonia with hyperinflammation persisted and impaired lung function even after the peaks of SARS-CoV-2 virus infection, we studied the therapeutic effects of SSK1 on treating SARS-CoV-2-induced pneumonia at the late stage of infection using our previously established SARS-CoV-2-infected rhesus macaque model. In this model, the virus was almost cleared from 21 days post inoculation (dpi) (Supplementary information, Table S1). Nine rhesus macaques were divided into three groups: vehicle treatment (RM1–RM3), 0.5 mg/kg SSK1 treatment (RM4–RM6) and 2.0 mg/kg SSK1 treatment (RM7–RM9), each group contains one young, one adult, and one elderly monkey (Supplementary information, Table S2). Treatment was started from 22 dpi by intravenous injection for 7 consecutive days, and clinical data were collected for further analysis (Fig. 1a). Animals were euthanized for pathological analysis 5 days after the treatments stopped.

We monitored the clinical signs throughout the experiment and found that SSK1 treatment effectively prevented body weight loss, whereas vehicle-treated adult and old monkeys showed obvious weight loss up to 17% (Fig. 1b). The body weight of all young monkeys kept increasing from 22 dpi, which was possibly because they were still at the developmental stage (Fig. 1b). We further analyzed lung injuries in the animals, and severe bright red lesions in the lungs were observed in gross examination in two of three vehicle-treated rhesus macaques (Fig. 1c; Supplementary information, Table S2), suggesting a continuous pneumonia. Importantly, among all six SSK1-treated monkeys, we only found one exhibiting slight lung lesions (Fig. 1c; Supplementary information, Table S2). Next, we investigated the therapeutic effects of SSK1 at the histopathological level. In the vehicle-treated group, hematoxylin and eosin (H&E) staining of lung sections showed a variable degree of thickened alveolar septum, edema and hemorrhage. These diseased phenotypes were greatly improved in the SSK1-treated groups (Fig. 1d; Supplementary information, Fig. S1, Table S2). The severity of histologic lesions was measured based on predetermined histology assessment criteria. Pulmonary histology assessment further showed a reduction in histologic lesions in SSK1-treated animals (Supplementary information, Table S2). Collectively, these results suggested that SSK1 improved pulmonary recovery from pneumonia of SARS-CoV-2 infection. Nonetheless, the pathological features in monkey models were not as severe as that in fatal COVID-19 patients, thus better animal models that mimic severe pathological state of COVID-19 patients are needed to evaluate SSK1 effect in the future study.

Next, we characterized the infiltration of macrophages by immunohistochemistry staining of the macrophage markers CD68 and CD163. A large number of CD68- or CD163-positive cells were found in the alveolar interstitium and a few within alveoli in vehicle-treated monkeys (Fig. 1e; Supplementary information, Fig. S2a), suggesting the infiltration and activation of macrophages after infection. SSK1 treatment significantly reduced macrophage infiltration, especially at high dosage (Fig. 1e, f; Supplementary information, Fig. S2a, b), which is consistent with our previous findings that SSK1 reduced macrophages in the ALI mouse model.

To investigate the serum levels of various inflammatory cytokines that have been thought to play a key role in the progression of severe COVID-19 pneumonia, we compared the concentrations of 23 cytokines/chemokines in blood samples before (21 dpi) and after (28 dpi) SSK1 treatment. For the SSK1-treated old monkeys, inflammatory cytokines including IFN-γ, IL-1RA, IL-6, IL-8, IL-10, IL-15, TGF-α and MCP-1, were reduced at 28 dpi compared with 21 dpi, especially for those in the high-dosage group (2.0 mg/kg), suggesting attenuation of inflammation. In contrast, these cytokines were increased in vehicle-treated monkey (Fig. 1g). Anti-inflammatory treatments in aged individuals are of great importance in treating COVID-19 because this disease has higher mortality in senior populations who also have basal chronic inflammation. Interestingly, in all high-dosage SSK1-treated monkeys, we found an increased level of IL-18...
(Fig. 1h), which has been found to be upregulated in COVID-19 patients during the period of rehabilitation. IL-18 has been reported as a protective cytokine against lung injury through reducing oxidative stress, which may play an important role in suppressing pulmonary fibrosis during the recovery stage. Accordingly, the upregulation of IL-18 during SSK1 treatment could be beneficial for modulating immune responses to antagonize COVID-19. Consistent with previously reported...
findings in SARS-CoV-2-infected monkey models, other cytokines such as TNF-a and IL-18 showed no significant change in our experiment. Collectively, our results suggested that SSK1 effectively regulated inflammatory cytokines in coordinating lung recovery in SARS-CoV-2-infected monkeys.

Finally, we also examined the safety of SSK1 treatment in the rhesus macaques. We did not observe any obvious side effects in rhesus macaques during the treatment of SSK1 (Supplementary information, Table S3). These findings were consistent with our recent toxicological assessments of SSK1 in mice, which showed that high-concentration (100 mg/kg) SSK1 treatment in mice had no apparent systemic toxicities. This safety profile was further supported by comparison to SSK1 effector gemcitabine, an approved clinical drug. Therefore, the in-vivo safety of SSK1 demonstrated in this and our recent studies provides a foundation for the potential of clinical applications in treating COVID-19 patients.

In summary, we demonstrated that the small molecule SSK1 effectively treated COVID-19 pneumonia by managing macrophage infiltration to attenuate inflammation. SSK1 efficiently mitigated clinical symptoms and pathologically reduced SARS-CoV-2-infected pneumonia (Fig. 1b–d), and there was a reduction in macrophage infiltration in the lungs of SSK1-treated animals (Fig. 1e, f). These results suggested the promising therapeutic potential of SSK1 in treating pneumonia and hyperinflammation in SARS-CoV-2 infection. We found that SSK1 decreased levels of cytokines in the peripheral blood of elderly monkeys (Fig. 1g). Previous studies have shown that patient age is an important prognostic factor in COVID-19 progression. To draw a definite conclusion of the relationship between SSK1 effects and age, more animals at different ages are needed to be tested in the future study. Considering that macrophages have also been shown to play a key role in antibody-dependent enhancement (ADE), transiently targeting macrophages by SSK1 may also have beneficial effects in the development of antibody-based therapies and vaccines. Therefore, targeting macrophages by SSK1 could be a promising strategy to control inflammation in COVID-19 treatment.

ACKNOWLEDGEMENTS

We thank Prof. Lei Yang, Prof. Cheng Li, Dr. Hui Li, Dr. Shiyao Wang, Prof. Jun Zhan, Wenhai Yu, Mengli Yang, Jingwen Xu, Chunxia Ma, Siwen Zhao, Yulin Lv and Yaqi Wang for technical assistance. We thank Prof. Jun Xu, Dr. Changhai Deng, Prof. Chengyan Wang, Dr. Yuanyuan Du, Dr. Jingyang Guan, Dr. Jinlin Wang, Dr. Bei Liu, Dr. Weifeng Lai, Dr. Yusheng Cai, Dr. Tao Fu and Huanhuan Zhou for discussion of the manuscript. We thank Dr. Jufeng Wang for inspiring suggestions. We also thank all staffs in National Kunming High-level Biosafety Primate Research Center for providing ABSL-3-related services. This work was supported by the National Natural Science Foundation of China (22040102, 31521004), the National Key R&D Program of China (2020YFC0841100, 2020YFC0846400, 2020YFA0707600), CAMS Innovation Fund for Medical Sciences (2016-I2M-2-001, 2016-I2M-2-006, 2018-I2M-1-002 and 2020-I2M-CoV19-012), Special Research Fund of PKUHS for Prevention and Control of COVID-19 (BMU2020HXXY2005), and Fundamental Research Funds for the Central Universities.

AUTHOR CONTRIBUTIONS

S.L. and H. Liu performed the majority of animal experiments. J.Z., J.D., Y. Zhu and H. Li designed the research, performed experiments, analyzed the data and wrote the manuscript. Y. Zhu synthesized small-molecule compounds. L.L., Y.Y., S.S., Y.S. and Y. Zhao performed some of experiments. R.S. performed the histological assessment. T.L., H.D. and X.P. designed, supervised the research and wrote the manuscript.

ADDITIONAL INFORMATION

Supplementary information accompanies this paper at https://doi.org/10.1038/s41422-020-00414-4.

Competing interests: The authors declare no competing interests.

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