Biological Potential Alterations of Migratory Chondrogenic Progenitor Cells during Knee Osteoarthritic Progression

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Abstract

**Background:** Although increasing studies have demonstrated that chondrogenic progenitor cells (CPCs) remain present in human osteoarthritic cartilage, the biological alterations of the CPCs from the less diseased lateral tibial condyle and the more diseased medial condyle of same patient remain to be investigated.

**Methods:** CPCs were isolated from paired grade 1-2 and grade 3-4 osteoarthritic cartilage by virtue of cell migratory capacities. The cell morphology, immunophenotype, self-renewal, multi-differentiation, and cell migration of these CPCs were evaluated. Additionally, the distributions of CD105+/CD271+ cells in OA osteochondral specimen were determined. Furthermore, a high-through mRNA sequencing was performed.

**Results:** Migratory CPCs (mCPCs) robustly outgrew from mildly collagenases-digested osteoarthritic cartilages. The mCPCs from grade 3-4 cartilages (mCPCs, grade 3-4) harbored morphological characteristics, cell proliferation and colony formation capacity that were similar to those of the mCPCs from the grade 1-2 OA cartilages (mCPCs, grade 1-2). However, the mCPCs (grade 3-4) highly expressed CD271. In addition, the mCPCs (grade 3-4) showed enhanced osteo-adipogenic activities and decreased chondrogenic capacity. Furthermore, the mCPCs (grade 3-4) exhibited stronger cell migration in response to osteoarthritis synovial fluids. More CD105+/CD271+ cells resided in grade 3-4 articular cartilages. Moreover, the results of mRNA sequencing showed that mCPCs (grade 3-4) expressed higher migratory molecules.

**Conclusions:** Our data suggest that more mCPCs (grade 3-4) migrate to injured articular cartilages but with enhanced osteo-adipogenic and decreased chondrogenic capacity, which might explain the pathological changes of mCPCs during the progression of OA from early to late stages. Thus, these dysfunctional mCPCs might be optional cell targets for OA
Introduction

Knee osteoarthritis (KOA) is one of the most common degenerative disorders in joints and has been anticipated to be the fourth leading cause of disability worldwide by the year 2020[1, 2]. It is mainly characterized by slowly progressive degeneration and loss of the articular cartilage. Unfortunately, incomplete understanding of the pathogenesis of KOA confined the development of therapeutic strategies, and there are few curable treatments available so far for osteoarthritis (OA) until the end stage of the disease necessitates joint replacement [3, 4].

In the past decades, articular cartilages have been considered as hypocellular and hypovascular tissues and possessed poor capacities to self-repair. Promisingly, recent investigations have shown that the normal and OA articular cartilage containing tissue specific stem/progenitor cells, named chondrogenic progenitor cells (CPCs), with high proliferative, clonogenic, and multi-differentiation capacities[5, 6]. In addition, CPCs are capable of migrating to injured sites after cartilage trauma[7] or diseased osteoarthritic cartilages [8]. Furthermore, CPCs have recently attracted interest due to their immuno-regulatory properties [9, 10] and phagocytic capacity [11], which have been suggested as valuable potentials for cell-based therapies [6, 12-14]. However, numerous studies from independent teams brought inconclusive information in understanding CPCs activity at different phase of knee OA progression. Seol et al. reported that CPCs represented a transient emergence and homing after cartilage mechanical injuries [7]. In addition, Tong et al. showed that CPCs harbored a transient proliferative response in early OA and became gradual quiet as OA process [15]. Nevertheless, the pathological changes of CPCs during the development of OA and the biological mechanisms governing these cells remain to be elucidated.
Fortunately, a portion of OA patients with total knee arthroplasty (TKA) present Outerbridge grade 3-4 cartilage lesions in the medial compartment accompanied by grade 1-2 cartilage lesions in lateral side[16, 17], which provide an opportunity to explore the CPC changes in different grades of osteoarthritic cartilage in a strictly matched manner so as to avoid individual heterogeneity[18], Xia al. investigated the relative cell percentage, proliferation activity, multi-lineage differentiation potential and miRNA expression profile of a subpopulation of human CPCs with CD105 and CD166 co-expression by isolating cells from the degraded cartilages that in the medial condyle and relatively normal cartilage on the lateral side [19]. In addition, CPCs derived from paired grade 1-2 cartilage on the lateral femoral condyle and grade 3-4 cartilage on the medial femoral condyle were assayed by a standardized colony-forming-unit assay by using automated image-analysis software[18]. However, all of the CPCs were obtained from the released cells post collagenase digestion either by cell colony formation cell expansion or flow cytometry cell sorting [20, 21]. In addition, most of these cells were obtained from femoral condyles instead of from the osteoarthritic tibial plateau cartilages which usually underwent significant pathological changes during OA progression. 

Our previous study reported an effective strategy of isolating functional CPCs from human articular cartilages by virtue of cell outgrowth after a short-time collagenase digestion[12], which are supposed to accelerate cell migration with only little proteoglycan loss in the edge of tissue and minimal cell death [22]. This subpopulation of CPCs exhibited high cell proliferation and cartilage regenerative capacity than that of released cells, which may benefit from mimicking the stem/progenitor niche in vitro [12, 23]. Therefore, we hypothesized that culturing the short-time collagenase-digested OA cartilage fragments may obtain novel subpopulations of CPCs, which may be helpful to understand the CPC changes during progression of KOA. In the current study, we cultured
CPCs from paired grade 1-2 OA on the lateral tibial plateau and grade 3-4 OA on the medial tibial plateau cartilage from the same donor by virtue of cell migrations. The CPC immunophenotype, self-renewal, multi-differentiation, cell migration, in vivo distribution and gene expression in the CPCs were also investigated.

Methods

Patient characteristics

This study was approved by the institutional ethical review board of our Hospital (Rapid review of scientific research projects for use of discarded biological material), and informed consent was obtained from all donors. Twenty-eight patients (9 male and 19 female, mean age, 63.6 years [range, 53-73 years]; mean body mass index, 26.0 kg/m² [range, 22.7-30.8 kg/m²]; mean disease duration 7.3 years [range, 3-15 years]) (Supplementary Table 1) who were diagnosed with late-stage idiopathic KOA according to the criteria of American College of Rheumatology [24] with varus malalignment of the lower extremity and scheduled for elective TKA were recruited. Radiographs exhibited a relatively spared lateral femoral compartment (joint space>3mm). Cartilage morphology was scored according to the Whole-organ magnetic resonance imaging score [25] (mean cartilage scores 19.4 [range, 12.0-25.0] for medial femorotibial joint; mean cartilage scores 6.2 [range, 3.0-10.0] for lateral femorotibial joint) (Supplementary Table 1). Patients were excluded if they had secondary arthritis related to systemic inflammatory arthritis or if their history included previous systemic or intra-articular injection glucocorticoids, prior ipsilateral knee surgery, knee injury, infection, or osteonecrosis.

There are 28 patients including in our study. 18 patient specimens were used for histopathology experiments and 10 other patient specimens were used for cell isolation. Among 18 patient specimens, 6 patient specimens were too hard to completely
decalcified, thus 12 were used for HE staining, among them, 8 randomly selected patient specimens were used for CD105/CD271 staining.

**Isolation, expansion and identification of mCPCs**

During the arthroplasty procedure, an osteochondral specimen of the tibial plateau was harvested with the initial proximal tibial cut. Samples of Outerbridge grade 1-2 cartilage were obtained from the lateral tibial plateau, and samples of grade 3-4 cartilage were obtained from the medial tibial plateau (n=10 donors). Grade 1-2 cartilage includes cartilages with an intact surface (grade 1) and minimal fibrillation (grade 2), and grade 3-4 cartilage includes cartilage with fissures to subchondral bone [26]. The methods used to harvest the CPCs have been described in previous studies [5, 12, 27, 28] with minor modifications. In brief, the cartilaginous tissues were separated from the osteoarthritic articular cartilages without contaminated subchondral bones and were minced into pieces (about 1.0mm×1.0mm×1.0mm, Fig. 1B), and then digested in 0.1% collagenase II (Sigma) for 2 hours. The released cells were abandoned and the digested cartilage chips were incubated in alpha-minimal essential medium (α-MEM) with 10% vol/vol fetal bovine serum (FBS) (Invitrogen Life Technologies) at 37°C in an atmosphere of 5% CO₂. The mCPCs outgrew from cartilage chips within 10 days and the adhesive cells rapidly reach 60-80% confluence in another 5 days. Importantly, the cartilage chips were retained and maintained until passage 3 to mimic the stem/progenitor niche ex vivo and allow more CPCs outgrowth. The morphological characteristics of CPCs were observed with reverted light microscope (Olympus BX71).

**Flow cytometry analysis**

The cell surface antigen profile of paired mCPCs (n = 6 donors) was analyzed by flow cytometry. mCPCs at passage 3 were harvested by trypsin digestion, and antibodies were stained individually (phycoerythrin (PE)-conjugated monoclonal antibodies against human
CD29, CD44, CD73, CD166, fluorescein isothiocyanate (FITC)-conjugated monoclonal antibodies against human CD45, CD90, CD271, and allophycocyanin (APC)-conjugated antibodies against CD31, CD105, eBio-Science) for 30 min in the dark at 4°C. After 2 washes with phosphate-buffered saline (PBS). Events were collected by flow cytometry with a FACScalibur system (BectoneDickinson), and the data were analyzed using FlowJo 7.6 software.

**Growth kinetics and CCK-8 assay**

The growth kinetics were determined using the trypan blue exclusion cell count method for hemocytometer cell counting [29]. Briefly, paired mCPCs (n = 6 donors) were cultured in 48-well plates at $2 \times 10^4$ cells/well and harvested every 3 days for hemocytometer cell counting during a period of 19 days. The Cell Counting Kit 8 (CCK-8, Dojindo, Japan) assay was conducted according to a previous study [30]. In brief, CPCs at passage 4 were seeded in 96-well plates ($1 \times 10^3$/well, 5 wells in each group) and maintained in culture medium, and the CCK-8 solution was added at a ratio of 100µl/ml and incubated at 37°C for 1 hour. The absorbance was measured at a wavelength of 450 nm on days 1, 4, 7, 10, 13, 16 and 19.

**Colony-forming unit fibroblast formation (CFU-F) assay**

Passage 4 paired mCPCs (n = 6 donors) in each group were adjusted to different cell numbers ($1 \times 10^3$, and $5 \times 10^3$cells/well). Aliquots of cell suspensions were added to 6-well culture plates and were maintained in culture for 10 days. Crystal violet was used to stain the colonies, and their vertical gross appearances were imaged by digital photography.

**Evaluation of the multipotency of mCPCs**

Osteogenic, adipogenic, and chondrogenic differentiation was assayed. The previously reported protocols for CPCs differentiation were used with minor revision in the current
study [23]. Briefly, for osteogenic differentiation, cells were harvested and incubated in osteogenic induction medium (10 mM of glycerol-2-phosphate, 0.1 µM of dexamethasone and 20 µM of ascorbic acid) for 14 or 28 days. The osteogenic activity was assessed at day 14 by alkaline phosphatase (ALP) staining and at day 28 by Von Kossa staining, respectively. For adipogenic differentiation, CPCs were cultivated at 1×10^4 cells/well in 48-well cell culture plates, adipogenic induction medium (1 µM of isobutylmethylxanthine and 10^-3 µM of dexamethasone) was supplemented, and Oil red O staining (day 14) was performed to assess the adipogenic potency. For chondrogenic differentiation, 4×10^5 CPCs were centrifuged in polypropylene tubes to form a pelleted micromass and maintained in chondrogenic induction medium consisting of α-MEM supplemented with 10^7 M of dexamethasone, 1% (vol/vol) insulin-transferrin-sodium selenite, 50µM of ascorbate-2 phosphate, 1mM of sodium pyruvate, 50µg/ml (wt/vol) of proline, and 20ng/ml (wt/vol) of transforming growth factor (TGF-β3). On day 28, the pellets were fixed and sectioned. The development of chondrocytes and accumulation of the cartilage matrix were evaluated by hematoxylin-eosin, toluidine blue and Safran O staining. The expression of Sox-9 (SRYtype high-mobility group box-9) and Col-II (collagen type II) were detected by immunohistochemical assays. The images were captured using a microscope under brightfield mode. Chondrogenesis was also analyzed according to a previously published histological pellet scoring system[31]. Data were obtained from six paired samples, with each repeated in triplicates.

**Histologic and immunohistochemical analysis**

The osteochondral specimens of initial proximal tibial cut during the arthroplasty procedure were also collected for histologic immunohistochemical analysis (n=18 donors). Samples were placed in 10% formalin before processing. For each patient, separate lateral
and medial tibial plateau pieces were decalcified using 10% ethylenediaminetetraacetic acid (EDTA, Sigma) for 3-4 months and then mounted on paraffin blocks. Decalcified tissue specimens were stained with hematoxylin and eosin. Immunohistochemistry for CD105 and CD271 (NGF receptor) staining was performed. Mouse anti-human CD105 and CD271 monoclonal antibody (Abcam) was used at a dilution of 1:50. Digital image analysis was performed to evaluate relative cartilage damage (including the cartilage-bone interface) and CD105+ and CD271+ cells in vivo distribution. For each sample, the whole tissue area was scanned using an OlympusX71 microscope under brightfield mode depending on the size of the section, 2-5 images were captured for the cartilage area (including the cartilage-bone interface).

**OA synovial fluid-mediated migration of mCPCs**

Migration of paired mCPCs (n = 5 donors) on stimulation with OA pro-inflammatory synovial fluid [32] (from three symptomatic idiopathic KOA patient) was analyzed in 24-well transwell plates (8μm pore size of polycarbonate membranes, Corning) as described previously[33]. In brief, 5×10^4 mCPCs in serum-free α-MEM medium were seeded in the upper wells. The lower wells were filled with 0%, 20% and 40% OA synovial fluid. After incubated at 37°C for 10 or 20 hours, cells that migrated through the polycarbonate membrane were fixed with acetone/methanol (1:1, vol/vol). Non-migrating cells on top of the membrane were removed. Migrated cells were stained by 4′, 6-diamidino-2-phenylinodole (DAPI) and crystal violet and counted microscopically. Three representative photographs (left, right, and central) of each well were taken, migrated cells per picture were counted using Image J (National Institutes of Health, Bethesda, MD), and the total number of migrated cells was extrapolated to the total well and the migration rates were calculated.
**Real-time quantitative polymerase chain reaction (RT-qPCR)**

RT-qPCR was performed to further evaluate their multilineage differentiation and RNA Sequencing validation. After maintaining in osteogenic, adipogenic, and chondrogenic differentiation media at a density of $5 \times 10^4$ cells/well in 6-well cell culture plates for 10 days, the total RNA was extracted using Trizol reagent (Fermentas), and reverse transcribed using an mRNA Selective PCR Kit (TaKaRa) according to the manufacturer’s instructions. Human runt related transcription factor 2 (RUNX2), osteocalcin (OCN), CCAAT/enhancer binding protein alpha (CEBP/α), peroxisome proliferator-activated receptor gamma (PPARG), sex determining region Y-box 9 (Sox-9), and collagen type II (Col-II) cDNA were amplified by real-time PCR using a SYBR PCR Master Mix Kit (Sigma-Aldrich). The primers were synthesized by Invitrogen (Shanghai, China), and the sequences are shown in Supplementary Table 2. The mRNA levels were normalized to the value of β-actin or RPL13a (housekeeping genes for Sox-9 and Col-II only) [34]. Mean fold changes were calculated. Data presented are mean of six different donors, with each repeated in triplicates.

**mRNA expression profile of mCPCs by RNA sequencing analysis**

We used equal amounts of total RNA from each of 6 patients’ paired mCPCs from grade 1-2 and grade 3-4 osteoarthritic cartilage. The RNA sequencing was performed by GeneWIZ Technology (Suzhou, China). Briefly, the quality control of Gene expression profile analysis was performed by using Agilen bioanalyzer 2100 system. The mRNAs were captured by NEBNext Poly (A) mRNA magnetic isolation module. Library construction was conducted by NEBNext ultra RNA library RNA PREP kit for Illumina. Library purification were conducted by Beckman Agencourt AMPure XP beads. Library quantification and results verification were performed by Agilen bioanalyzer 2100 Qubit system. CBOT clustering and Hiseq were respectively performed by using TruSeq PE cluster Kit V4 and TruSeq SBS Kit V4-HS.
Bioinformatics analysis was performed according to the manufacturer’s protocols. We then selected relative expression of genes associated with OA pathogenesis (involved in mesenchymal stem cell [MSC] tripotentiality, collagen metabolism, chemotaxis, angiogenesis, and control of osteoclast activation and other genes). We clustered the significantly increased and decreased genes according to various biological processes, cellular component, molecular function and analyzed the differentially expressed genes in the Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways [35]. Expression of arbitrarily selected dysregulated genes were validated by RT-qPCR (n= 6 donors).

**Statistical analysis**

Data were presented as mean values and standard deviation (SD). The normal distribution of data was confirmed with the Kolmogorov-Smirnov test. As for normally distributed data (flow cytometric measurements, CFU-F assays, growth kinetic parameter, gene expression, and migration rates between mCPCs from paired grade 1-2 and grade 3-4 cartilage), a paired t-test was employed, for ordinal grading data such as the pellet histological scores, a Wilcoxon signed-rank test was applied. A P-value <0.05 was considered statistically significant. All tests were performed using IBM SPSS Statistics 20.0

**Results**

**The morphological characteristics of mCPCs of Knee OA patients**

The cartilaginous tissues for CPC culturing were harvested from the articular cartilages of knee OA patients (Figure 1A and B). Approximately 10 days after the primary culture, fibroblast like cells migrated out from the digested cartilage fragments and adhered to the plastic dishes in both grade 1-2 and grade 3-4 groups (Fig. 1C). More out-migrated cells can be seen around the grade 3-4 OA cartilage fragments than the grade 3-4 OA cartilage fragments in the same isolation and culture system (Fig. 1C). A primary culture confluence of 60-80% was usually achieved within 15 days. The cell morphology of mCPCs is
macroscopically identical. An adherent layer of vortex-shaped cells developed and cartilage pieces can still be seen within 28 days at P3 (Fig. 1C).

**mCPCs from grade 3-4 cartilage highly expressed CD271**

The results of immuno-phenotyping showed that mCPCs from both grade 1-2 and grade 3-4 cartilage were homogenously negative for CD34, and CD45, and positive for CD29, CD44, CD73, CD90 CD105, and CD166 expression (Fig. 1D). However, the expression of CD271 was significantly higher in grade 3-4 cartilage (32.5±17.3%) in comparison with grade 1-2 cartilage (22.5±10.8%) (p=0.034) (Fig. 1E).

**The mCPCs (grade 3-4) exhibited similar proliferation potential and self-renewal capacity to that of mCPCs (grade 1-2)**

To investigate the proliferation ability, hemocytometer cell counting and a CCK-8 assay were performed. The results of the hemocytometer cell counting proliferation assay (Supplementary Fig. 1A and 1B) showed that mCPCs in both grade 1-2 and grade 3-4 cartilage exerted similar proliferation ability (P>0.05). Consistently, similar cell proliferation is also reflected by the CCK-8 assay (Supplementary Fig. 1C). Self-renewal potential was measured in a CFU-F assay. mCPCs in both grade 1-2 and grade 3-4 cartilage performed similarly with comparable clonogenic ability (Supplementary Fig. 1D and E).

**mCPCs from the grade 3-4 OA cartilage showed stronger osteogenic, adipogenic and weaker chondrogenic potential**

mCPCs from both grade 1-2 and grade 3-4 cartilage were able to differentiate toward the osteogenic, adipogenic and chondrogenic lineage. In particular, mCPCs in grade 3-4 cartilage display enhanced osteo- and adipogenic differentiation capacity compared to mCPCs in grade 1-2 cartilage. mCPCs from grade 3-4 cartilage exhibited higher ALP activity (Fig. 2A) and higher amount of calcium deposition (Fig. 2B) than that of CPCs from grade 1-2 cartilage. Also, mCPCs from grade 3-4 cartilage harbored higher amount of
intracellular Oil-Red O stained lipids than that of mCPCs from grade 1-2 cartilage (Fig. 2C). Consistent with the results of cytochemical staining analysis, mCPCs from grade 3-4 cartilage after differentiating induction exhibited high levels of mRNA expression of osteogenic markers (RUNX-2 and OCN) (Fig. 2F) and adipogenic transcription factors (CEBP/α and PPARγ) (Fig. 2G) than that of mCPCs from grade 1-2 cartilage. However, the results of HE, toluidine blue, and Safran O staining as well as immuno-staining of Col-II and Sox-9 showed that mCPCs from grade 3-4 cartilage exhibited less capacity of pellets formation than their counterparts from grade 1-2 cartilage (Fig. 2D and E). In addition, the expression of chondrogenic transcription factors Col-II and Sox-9 further confirmed the decreased chondrogenic capacity of mCPCs from grade 3-4 cartilage (Fig. 2H).

**mCPCs from the grade 3-4 OA cartilage showed stronger migration potential**
mCPCs from both grade 1-2 and grade 3-4 cartilage were cultivated in the presence of OA synovial fluid (OASF, 20% and 40%) for 10h or 20h. Cell culture medium without OASF serves as negative control. The results of crystal violet and DAPI staining showed that only a few CPCs passed the bottom of the transwell chambers in the absence of OASF. However, CPCs from both grade 1-2 and grade 3-4 cartilage showed strong migratory activities upon the stimulation of OASF (20% and 40%) (Fig. 3A-D, and Supplementary Fig. 2). In addition, the migration rate of mCPCs from the grade 3-4 OA cartilage was remarkably higher than that of mCPCs from the grade 1-2 OA cartilage in a time-dependent and OASF concentration-dependent manner (Fig. 3A-D, and Supplementary Fig. 2).

**In vivo distribution of CD271⁺ and CD105⁺Cells in grade 1-2 and grade 3-4 OA cartilage**
We performed histologic assessment of osteochondral specimens from grade 1-2 and grade 3-4 human Knee OA articular tissues (n=18 donors). Following decalcification, 12 of
18 paired tissue samples had sufficient tissue quality to enable histologic analysis. Grade 1-2 cartilage showed relatively normal osteochondral structure, with or without slight fibrillation (Fig. 4A), while Grade 3-4 cartilage was characterized by fissured or denuded surface with chondrocyte clusters, multiple tidemarks and thicken trabecular area in the subchondral bone (Fig. 4B). In addition, we investigated the distribution of CD105+ and CD271+ cells in osteochondral tissues of paired grade 1-2 and grade 3-4 cartilage from 8 randomly selected patients. CD105 positive cells were observed in the superficial cartilage and reticular pattern as well as in bone marrow cavities of the subchondral bones in both grade 1-2 and grade 3-4 cartilage (Fig. 4C-F, Supplementary Fig. 3). Interestingly, some cartilage matrix are positive to CD105 staining, which may be explained by the presence of soluble CD105[36]. Furthermore, more CD105 positive cell were observed in the grade 3-4 superficial cartilage (Fig. 4E) and the bone lining locations near the osteochondral junction area (Fig. 4F), which may suggest that CD105+ cells migrate toward and accumulated in damaged cartilages. Moreover, we found a small number of CD271+ cells resided in the superficial cartilage of grade 1-2 OA cartilage (Fig. 4G), while more CD271+ cells were observed in the superficial cartilage of grade 3-4 OA cartilage (Fig. 4I). Notably, CD271+ cells distributed near the osteochondral junction regions and reticular pattern of subchondral bone marrow cavities in both grade 1-2 and grade 3-4 OA subchondral bones (Fig. 4H and 4J).

**The gene expression profile of mCPCs from grade 1-2 and grade 3-4 OA cartilage**

The gene expression profile of mCPCs from grade 1-2 and grade 3-4 OA cartilage were analyzed in 6 donors. After normalization, mCPCs from grade 1-2 cartilage were set as log\(_2\) fold change≥1.0 and P<0.05 to determine the differentially expressed mRNAs. Compare to that of mCPCs from grade 1-2 cartilage, the gene expression of mCPCs in
grade 3-4 cartilage indicated that the mRNA expression of at least 134 genes remarkably changed (105 genes up-regulated and 29 genes down-regulated), including the genes involved in various biological processes, cellular component, molecular function, the expression of some genes related to the cell proliferation and intracellular signal transduction, plasma membrane and extracellular space, protein heterodimerization activity and growth factor activity (Fig. 5A and B). Nineteen dysregulated genes that known to be involved in human OA including CXCL6, CXCL1, FGF1, BMP4, FGF10, ALDH3A1, RERG, CACNA2D3, FGF9, GUCY1A3, SMOC2, LMX1B, FBN2, HPD, KIAA1244, LAMA5, FGF5, LRP2BP, and HGF (Fig. 5C). Four dysregulated genes were selected for further validation by RT-qPCR. The results showed that the expressions of genes encoding chemokines proteins (CXCL6 and CXCL1) significantly up-regulated, but the expression of genes encoding growth factor and extracellular matrix (ECM) proteins (HGF and LAMA5) were remarkably decreased (Fig. 5D).

Discussion

In the present study, we isolated novel subpopulations of CPCs from paired cartilaginous tissues by virtue of their cell migration capacity. We found that mCPCs from Outerbridge grade 1-2 and grade 3-4 cartilage shared similar cell proliferation and the self-renewal ability, but the mCPCs (grade 3-4) showed enhanced osteo-adipogenic activities and decreased chondrogenic capacity. Importantly, the mCPCs (grade 3-4) exhibited stronger cell migration in response to OASF. Notably, more CD105+/CD271+ cells were found resided in grade 3-4 superficial articular cartilages and areas of osteochondral conjunction. Additionally, increased expression of genes encoding chemokines and decreased expression of genes encoding growth factor and extracellular matrix were observed.
The imbalance of extracellular matrix degradation and synthesis in the progress of OA caused by the combination of mechanical and biochemical factors were considered as fundamental factors contributing the destruction of tissue homeostasis. In recent years, increasing attentions have been focused on the fact that the pathological changes of tissue-specific stem cells in articular cartilages which may be closely involved in the development of osteoarthritic diseases. However, inconclusive results were observed in previous studies. An earlier study reported declined potential of CPCs from OA patients [5]. However, another study described that adult CPCs, particularly those from moderately affected regions of the osteoarthritic joints, exhibit superior chondrogenic potential [37]. In addition, the independent studies pursued by Xia et al. and Mantripragada et al. demonstrated that CPCs from the degraded cartilages of the medial condyle and relatively normal cartilages of the lateral side showed similar chondrogenic potential [14, 18, 19].

The inconclusive data might result from the heterogenous CPC isolating protocols and functional investigations in independent labs. First, almost all of the CPCs above were obtained from the released cells post long-time collagenase digestion with either cell colony formation cell expansion [6] or flow cytometry cell sorting [19, 38] except Koelling et al. obtained cells that migrated from human cartilage [5]. Notably, our previous study demonstrated that CPCs migrated from human non-osteoarthritic cartilages represent more regenerative cell subpopulation in cartilages than that of released cells [12]. Second, previous studies showed that the digestion-induced released cells may partially lose their biological functions [20, 21]. In addition, maintaining the bone marrow niche ex vivo in primary culture showed benefits to maintain stem cell properties [23, 39]. In the present study, the cartilage chips were cultivated and retained during cell passaging until passage 3 so as to mimic the CPC niche and allow more CPCs outgrowth. Third, osteoarthritic tibial plateau cartilage is usually badly damaged in KOA due to its unique mechanical status. To
the best of our knowledge, the differentiation fates of tissue specific stem/progenitor cells were greatly influenced by mechanical factors. Discher et al. described that a local biochemical and mechanical niche with complex and dynamic regulation control stem cells sense [40]. Yang et al. reported that stem cells remember past physical signals, and mechanical memory and dosing influence stem cell fate [41].

In addition to cell multi-potency, the migratory ability of stem/progenitor cells is essential for cartilage regeneration. It has been reported that both trauma and degenerative lesions activate endogenous CPCs migration by releasing trauma-associated and OA inflammatory factors so as to chemotactically induced CPC migration to injured sites [5, 7, 28, 42]. In the current study, we found that both mCPCs from grade 1-2 and grade 3-4 cartilage showed apparent migration capacity in response to OASF. Interestingly, mCPCs (grade 3-4) exhibited stronger cell migration. The data of CD105+ cells in vivo distribution in cartilage may be helpful to understand the phenomenon. The CD105+ cells number in the grade 3-4 OA cartilage was remarkably higher than that of the grade 1-2 OA cartilage. In addition, these cells mainly accumulated in superficial cartilages and areas of osteochondral junction. Moreover, CPCs have also been reported to be chemotactic migratory with nerve growth factor (NGF) treatment and result in extracellular matrix catabolism indicated by increased sulfated glycosaminoglycan release and matrix metalloprotease (MMP) expression [43]. Consistently, the results of flow cytometry and histopathological analysis showed higher expression of CD271 in grade 3-4 cartilage derived mCPCs and in osteochondral tissues of grade 3-4 OA specimen, which may contribute to late stage OA articular cartilage degeneration. However, we are aware that CPCs and other cells including MSCs may share the cell markers in the subchondral bones and further investigations are needed to find the unique cell markers for CPCs in the future.
To further explore the regulatory genes of osteoarthritic CPCs, we performed an analysis of the gene expression profile of mCPCs from grade 1-2 and grade 3-4 cartilage. Notably, mCPCs (grade 3-4) overall exhibited higher levels of chemokines (CXCL-1, CXCL-6) and lower growth factor (HGF) and ECM protein (LAMA5) than mCPCs (grade 1-2). Previous study have suggested innate associations between OA severity and synovial fluid CXCL1 concentration[44] while the upregulation of CXCL-1 and CXCL-6 are also responsible for stronger migration of mCPCs (grade 3-4). Downregulation of HGF may be responsible for decreased chondrogenic performance of mCPCs (grade 3-4) cartilage because previous study have demonstrated that HGF-rich exosome play a pivotal role in promoting cartilage repair[45]. Also, the downregulated expression of gene LAMA5 has been suggested to hamper the maintenance and function of the ECM which is critical components in stem cell niche. Another study also proved that the heterozygous LAMA5 mutation are closely associated with OA via regulating ECM proteins (COL1A1, MMP1 and MMP3) [46]. Nevertheless, the results of our current mRNA sequencing only showed changes of some genes in CPCs, and further researches are needed to explore underlying molecular mechanisms.

Thus, we speculated pathological changes of mCPCs in the progression of OA (Fig. 6). Although more mCPCs migrated to the degenerative cartilage of lesion sites in the progress of later staged OA, the chondrogenic capacity of these cells are impaired, which changed the self-repairing capacity of articular tissues. Notably, our findings suggested that mCPCs may be optional cell targets for OA treatment. Blocking impaired mCPCs migration may delay the articular degeneration. Additionally, rescuing the multi-potency of mCPCs may be helpful to promote tissue repair in later-stage OA.

We acknowledge that there were some limitations in our study. First, the CPCs in grade 1-2 degenerative cartilages are not equated with the fully healthy CPCs. Second, we cannot
exclude the possibility that CPCs properties were influenced by anatomical (medial-to-lateral or superficial-to-deep) and/or mechanical differences in osteoarthritic cartilage[27]. Third, the cell surface markers of our ex vivo cultured mCPCs is different from that of in vitro culture-expanded[47].

Conclusions
We have isolated migratory progenitor cell populations from both grade 1-2 and 3-4 human OA cartilage, Although mCPCs in grade 3-4 OA cartilage present stronger migratory potential, the chondrogenic capacities of these cells are impaired. Our findings may be helpful in understanding the role of mCPCs in the pathogenesis of OA progression.

Declarations

Ethics approval and consent to participate
This study was approved by the institutional ethical review board of our Hospital (Rapid review of scientific research projects for use of discarded biological material).

Consent for publication
All donors’ data (including demographic, clinical, and imaging details) was consent for publication. The informed consent was obtained from all donors.

Availability of data and materials
The datasets generated and analysed during the current study are available in the Figure 1-6, Supplementary Figure 1-3, and Supplementary Table 1-2. The more detail datasets are also available from the corresponding author on reasonable request.

Competing interests
The authors declare that they have no competing interests.
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Author contributions

YW, ZZ, and QW conceived of the study, carried out the experimental design, data acquisition, and statistical analysis, drafted and revised the manuscript. HZ, and ZL participated in study conception and design, and revised the manuscript. YH, SZ, WH, JL, PL carried out the sample collections, experimental research, and data acquisition. HW, NM, CW participated in analysis and interpretation of data.

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Abbreviations

ALP: alkaline phosphatase; APC: allophycocyanin; CCK-8: Cell Counting Kit 8; CEBP/α: CCAAT/enhancer binding protein alpha; CFU-F: Colony-forming unit fibroblast formation; Coll-II: collagen type II; CPCs: chondrogenic progenitor cells; DAPI: 4′, 6-diamidino-2-phenylindole; ECM: extracellular matrix; EDTA: ethylenediaminetetraacetic acid; FACS: fluorescence-activated cell sorting; FBS: fetal bovine serum; FITC: fluorescein isothiocyanate; KEGG: Kyoto Encyclopedia of Genes and Genomes; KOA: Knee osteoarthritis; mCPCs: migratory CPCs; MMP metalloprotease MSC: mesenchymal stem cell; NGF: nerve growth factor; Sox-9: SRYtype high-mobility group box-9; TGF-β3: transforming growth factor; OCN: osteocalcin; OA: osteoarthritis; PBS: phosphate-buffered saline; PE: phycoerythrin; PPARγ: peroxisome proliferator-activated receptor gamma; RT-
qPCR: real-time quantitative polymerase chain reaction; RUNX2: runt related transcription factor 2; SD: standard deviation; α-MEM: alpha-minimal essential medium.

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Figures
Isolation, expansion, and immuno-phenotyping of mCPCs from paired grade 1-2 and grade 3-4 OA cartilage. A, Representative MRI image of late-stage idiopathic KOA shows Outerbridge grade 3-4 cartilage lesions in the medial tibial plateau and grade 1-2 cartilage lesions on the lateral side. B, Osteoarthritic cartilage specimen of the tibial plateau obtained from the same patient. The cartilages from marked areas were harvested. The cartilaginous tissues were separated from the subchondral bone, minced into pieces, mildly digested and incubated in culture medium. C, mCPCs migrated from paired OA cartilage pieces after 15 days of cultivation. The cartilage pieces were retained and maintained until passage 3 (arrowhead). D, Immuno-phenotype markers (CD29, CD31, CD44, CD45, CD73, CD90, CD105, CD166, and CD271) of mCPCs from paired grade 1-2 and grade 3-4
cartilage. Red lines indicate isotype controls. E, The expression of CD271 in mCPCs from grade 1-2 cartilage was significantly lower compared with those from grade 3-4 cartilage (n = 6 donors, with each repeated in replicates, p=0.034). Scale bars in D represents 200 μm. mCPCs: migratory chondrogenic progenitor cells; KOA: knee osteoarthritis.

Figure 2

Multi-differentiation of mCPCs derived from paired grade 1-2 and grade 3-4 OA cartilage A-C, Representative photomicrographs of ALP (A), Von Kossa (B) and Oil-
Red O(C) staining of mCPCs. (A) D, histochemical staining of HE, Toluidine blue, Safran O, and immunohistochemical staining of Col-II and Sox-9 for cartilage pellets that developed with paired grade 1-2 and grade 3-4 cartilage derived mCPCs (E), histological scores of pellets. F-H, the relative mRNA expression of osteogenesis (RUNX2 and OCN), adipogenesis (CEBP/α and PPARγ) and chondrogenesis genes (Col-II and Sox-9). Data were normalized to β-actin and RPL13a (housekeeping genes for Sox-9 and Col-II only). n = 6 donors, with each repeated in triplicates, error bars denote the means ± SD, *p<0.05, ***p<0.001. Scale bars represent 200μm (A, B and C), and 100μm (D), respectively. ALP, alkaline phosphatase; HE, hematoxylin and eosin; RUNX2, runt-related transcription factor 2; OCN, osteocalcin; CEBP/α, CCAAT/enhancer-binding protein alpha; PPARγ, peroxisome proliferator-activated receptor gamma; Col-II, collagen type II; Sox-9: sex determining region Y-box 9.
Migration potential of mCPCs from paired grade 1-2 and grade 3-4 OA cartilage A-D. In the presence of graded concentration of OASF (20% and 40% OA), grade 3-4 OA cartilage derived mCPCs exhibited higher migration rates than that of their counterpart from grade 1-2 OA cartilage at 10 h and 20 h (n = 5 donors, with each repeated in triplicates). **p<0.01, ***p<0.001. OASF: osteoarthritis synovial fluid.
Figure 4

The in situ distribution of CD105+ and CD271+ cell in paired grade 1-2 and grade 3-4 OA cartilages A-B, the general morphological characteristics of paired human knee osteoarthritic cartilages were showed by HE staining (n = 12 donors). C-F, the results of CD105 targeted immunohistochemical staining showed that more CD105+ cells remained present in the grade 3-4 OA cartilage and the bone lining locations near the osteochondral junction area as showed by the arrow (n = 8 donors). For CD271+ cells distribution, only a few CD271+ cells were observed in the superficial cartilage surface of grade 1-2 OA cartilage (G). However, more CD271+ cells were found in the superficial cartilage surface of grade 3-4 OA cartilage as showed by the arrow (I). In addition, CD271+ cells distributed near the osteochondral junction regions and reticular pattern of subchondral bone marrow cavities in both grade 1-2 and grade 3-4 OA subchondral bones (H and J).

Scale bars represent 500µm (A, B) and 100 µm (C-H), respectively.
mRNA sequencing analysis of mCPCs from paired grade 1-2 and grade 3-4 OA cartilage. A, Cluster of significantly changed genes according to various biological processes, cellular components, and molecular function. B, the differentially expressed genes were showed in the Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways. C, Histogram showing levels of mean log2fold change in 19 selected relative genes associated with OA pathogenesis in mCPCs from paired grade 3-4 versus grade 1-2 cartilage (n= 6 donors). D, Validation of CXCL6, CXCL1, HGF, and LAMA5 mRNA expression by real-time quantitative polymerase chain reaction, the 2-△Ct value was normalized to β-actin (n= 6 donors, with each repeated in triplicates). *P < 0.05, by paired t-test.
Figure 6

Schematic suggestion of the pathological changes of mCPCs in the progression of OA. In the progressing of OA, more mCPCs migrated into the articular cartilages for tissue repairing. However, the chondro-generative capacities of mCPCs in grade 3-4 OA cartilage are remarkably impaired. Compared to their counterpart in grade 1-2 OA cartilage, these cells exhibited stronger osteogenesis, stronger adipogenesis, and weaker chondrogenesis.

Supplementary Files

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