Retinal and optic nerve degeneration in α-mannosidosis

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Abstract

Background: α-mannosidosis is a rare, autosomal-recessive, lysosomal storage disease caused by a deficient activity of α-mannosidase. Typical symptoms include intellectual, motor and hearing impairment, facial coarsening, and musculoskeletal abnormalities. Ocular pathologies reported previously were mainly opacities of the cornea and lens, strabismus, and ocular motility disorders. However, retinal and optic nerve degeneration have been rarely described.

Methods: We report ocular findings of 32 patients with α-mannosidosis. We particularly concentrated on retinal abnormalities which we supported by posterior segment examination, fundus photography, and Spectral-Domain optical coherence tomography (SD-OCT) imaging.

Results: Tapeto-retinal degeneration with bone spicule formations in the peripheral retina or macular changes were seen in three patients (9.4%) on funduscopy; of these, two with optic nerve atrophy. Eight retinal images could be obtained by OCT or fundus photography; of these, six showed thinning of the outer retinal layers on OCT. Overall, optic nerve atrophy was seen in six patients (18.8%); of these, four with partial atrophy. Two patients had partial optic nerve atrophy with no retinal abnormalities on funduscopy. Cataract was seen in two (6.3%), corneal haze also in two patients (6.3%). Six patients (18.8%) had manifest strabismus, four (12.5%) nystagmus, and in five patients (15.6%) impaired smooth pursuit eye movements were seen.

Conclusion: Ocular pathologies are not exclusively confined to opacities of the cornea and lens or strabismus and ocular motility disorders but tapeto-retinal degeneration and optic nerve atrophy may be a common feature in α-mannosidosis. OCT technology helps detecting early outer retinal thinning which can progress with age and potentially leads to vision loss over time.

Keywords: α-mannosidosis, Retinal degeneration, Optic nerve atrophy, Ocular findings, OCT

Background

α-mannosidosis is a rare, autosomal-recessive, lysosomal storage disease arising from a deficiency in lysosomal α-mannosidase caused by mutations in MAN2B1 located on chromosome 19 with an estimated prevalence of 0.5–1:500,000. Deficiency of α-mannosidase leads to accumulation of mannose-rich oligosaccharides in all tissues resulting in cell dysfunction. Clinical characteristics show different phenotypic variations including cognitive disability with gradual impairment of speech and mental functions, psychosis, motor function and hearing disturbances, facial and skeletal abnormalities, and immune deficiency. Two α-mannosidosis phenotypes have been described based on clinical severity: a severe infantile form (type I) characterized by early death due to rapid progressive central nervous system involvement and a milder phenotype with a slower disease progression and survival into adulthood (type II) [1, 2]. Diagnosis of α-mannosidosis is made by measuring acid α-mannosidase activity in leukocytes or other nucleated cells and can be confirmed by genetic testing. Elevated urinary secretion of mannose-rich oligosaccharides is suggestive of the disease, however not diagnostic [1]. Öckerman first described a Hurler-like appearance of a four-year-old boy in 1967. In a postmortem examination, a large amount of oligosaccharides, especially mannose-rich oligosaccharides, was found in his organs and tissues [3]. He therefore named the disorder “mannosidosis” [4]. As it is a deficiency in lysosomal α-mannosidase, oligosaccharides accumulate in different
tissues and organs. Since these early clinical descriptions of mannosidosis, many research groups have contributed to the characterization of the presenting phenotype, enzyme and corresponding genes in several species including ocular pathologies in 20 α-mannosidosis patients [5–8]. Early reports have described strabismus, opacities of the cornea and lens as typical ocular symptoms and pathologies in mannosidosis [5]. However, only recently, retinal abnormalities and optic nerve atrophy have been described in a few case reports and confirmed by electrophysiology or optical coherence tomography (OCT) as fundus biomicroscopy only reveals subtle retinal changes [9, 10]. Currently, there are two treatment options for α-mannosidosis: stem cell transplantation and enzyme replacement therapy (ERT). Haematopoietic stem cell transplantation has been reported in less than 20 patients with different outcomes and a high risk of morbidity and mortality [11]. The efficacy and safety of ERT with a recombinant human α-mannosidase (velmanase alfa) has been studied in randomized clinical trials [12] and let to approval by the European Medicines Agency (EMA) in January 2018.

Here, we report ocular findings of 32 patients including a report of two siblings with confirmed α-mannosidosis and especially concentrated on retinal degeneration which we supported by posterior segment examination, fundus photography and Spectral-Domain OCT (SD-OCT).

Methods
In total, 32 patients with α-mannosidosis were examined; of these 25 participated in a multicenter, multinational prospective natural history study of α-mannosidosis (Trial-ID: rhLAMAN-01). Clinical evaluations included physical examination, recording of medical history, measurement of endurance by six-minute walk test and three-minute stair climb-test, lung function testing, hearing test, echocardiography and electrocardiography, and laboratory testing. These results were previously published by Beck et al. [13]. In this report, general ophthalmic investigations such as vision, anterior and posterior segment abnormalities were only briefly described. These 25 patients were initially examined between 2007 and 2009 and followed-up over two to three years. In addition to this, we examined seven more patients with α-mannosidosis between 2008 and 2017.

In total, seven patients received ERT with velmanase alfa; of these, six (Man-1, Man-3, Man-4, Man-21, Man-28, Man-31) began treatment during or before our ophthalmic examinations; only Man-32 received his treatment after examination (Tables 1 and 2).

Ophthalmological assessment
Ophthalmic examinations were carried out at the Department of Ophthalmology, University Medical Center Mainz, Germany.

| Table 1 Demographics and ocular findings of all patients |
|--------------------------------------------------------|
| Parameter                                              | Value                        |
| n of patients                                          | 32                           |
| Sex, male/female                                       | 19 (59.4%)/13 (40.6%)        |
| Age, years                                             |                              |
| 1st presentation                                       | 18.4 ± 11.8 (1–53)           |
| Last presentation                                      | 20.8 ± 11.6 (3–53)           |
| BCVA, decimal                                          |                              |
| 1st presentation                                       | 0.56 ± 0.28 (0.04–1.00)      |
| Last presentation                                      | 0.60 ± 0.25 (0.10–1.00)      |
| ERT with velmanase alfa                                | 7 (21.9%)                    |
| Ocular pathologiesa                                     |                              |
| Lens opacity                                           | 3 (9.4%)                     |
| Corneal haze                                           | 2 (6.3%)                     |
| Optic nerve atrophy, also partial                      | 6 (18.8%)                    |
| Tapeto-retinal degeneration (by funduscopy)            | 3 (9.4%)                     |
| Tapeto-retinal degeneration (by OCT)                   | 6/8b                         |
| Tapeto-retinal degeneration (by photo)                 | 3/8b                         |
| Manifest strabismus                                    | 6 (18.8%)                    |
| Nystagmus                                              | 4 (12.5%)                    |
| Saccadic/hypometric eye movements                      | 5 (15.6%)                    |

Data are absolute values (%), mean ± standard deviation (min-max), as appropriate.
aocular pathologies that were noticed at all presentations
bretinal images could be obtained by OCT/fundus photography; of these, 6 showed retinal degeneration on OCT (thinning of the outer layers); in 1 woman, macular edema was seen due to tapeto-retinal degeneration.

Abbreviations: n number of patients, BCVA best-corrected visual acuity, ERT enzyme replacement therapy, OCT optical coherence tomography

All patients or their relatives were asked for ocular history and medication, and underwent a standard ophthalmic examination including best-corrected visual acuity (BCVA) testing, slit-lamp biomicroscopy for anterior segment and indirect ophthalmoscopy for fundus examination, and assessment of strabismus, ocular motility and nystagmus. Measurement of the optic nerve head, peripapillary retinal nerve fiber layer and macular region using SD-OCT (Spectralis OCT, Heidelberg Engineering GmbH, Heidelberg, Germany) was introduced later as part of our examinations and was therefore only performed in eight of 32 patients. Due to individual patient’s abilities, not all of the mentioned examinations could be performed. Some of these proved to be difficult due to the patients’ mental and physical disabilities, especially examinations which need patients’ cooperation (e.g. vision and motility testing, photographs, OCT). No visual acuity could be obtained from two patients, one with severe optic nerve atrophy and retinal degeneration. Ocular examinations of four patients were proved to be very difficult to impossible. Our analyses are mainly descriptive and report single cases supported by fundus photographs and retinal imaging by SD-OCT.
Table 2  Genotype and ocular characteristics of all patients

| pat.no., gender | label cDNA (allele 1/ allele 2) | label protein (allele 1/ allele 2) | ERTa | ageb (yrs) | BCVA right/Left | anterior segment | posterior segment | optic nerve | strabismus/ nystagmus/ motility | imaging | macular OCT |
|-----------------|---------------------------------|-----------------------------------|------|------------|----------------|-----------------|-----------------|-------------|---------------------------------|---------|-------------|
| Man-1, male     | c.418C > T/c.418C > T           | p.Arg140X/p.Arg140X               | yes, from the age of 14 yrs. ongoing | 18   | 0.8/0.7    | normal          | normal          | normal       | unremarkable                    | OCT +   | photo       |
|                 |                                 |                                   |      |            | print          |                |                 |             |                                 | thinning of outer retinal layers |             |
| Man-2, male     | c.1830 + 1G > A/c.2248C > T     | p.?/ p.Arg750Trp                 | no   | 17         | 0.63/0.63     | normal          | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-3, male     | c.1358C > T/c.1358C > T         | p.Ser453Phe/p.Ser453Phe          | yes, from the age of 15 yrs. ongoing | 21   | 0.5/0.63   | normal          | partial atrophy  | normal       | saccadic motility                | OCT +   | photo       |
|                 |                                 |                                   |      |            | print          |                |                 |             |                                 | thinning of outer retinal layers |             |
| Man-4, female   | c.1358C > T/c.1358C > T         | p.Ser453Phe/p.Ser453Phe          | yes, from the age of 22 yrs. ongoing | 25   | 0.25/0.4   | normal          | partial atrophy  | normal       | saccadic motility                | OCT +   | photo       |
|                 |                                 |                                   |      |            | print          |                |                 |             |                                 | thinning of outer retina, macular edema |             |
| Man-5, male     | c.164G > T/c.599A > T           | p.Cys55Phe/p.His200Leu           | no   | 25         | 0.63/0.8      | normal          | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-6, male     | c.164G > T/c.599A > T           | p.Cys55Phe/p.His200Leu           | no   | 19         | 0.5/0.63      | normal          | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-7, female   | c.2248C > T/c.2248C > T         | p.Arg750Trp/p.Arg750Trp          | no   | 26         | 0.32/0.32     | cerulean cataract | normal         | normal       | unremarkable                    | no      | n.a.        |
| Man-8, female   | c.1830 + 1G > C/c.1830 + 1G > C | p.VAL549,Glu610del/p.VAL549,Glu610del | no   | 34         | 0.32/0.32     | normal          | normal          | normal       | down-beat nystagmus, saccadic motility | no      | n.a.        |
| Man-9, male     | c.2248C > T/c.2248C > T         | p.Arg750Trp/p.Arg750Trp          | no   | 29         | n.a.          | normal          | tapetoretinal    | one spicules | exotropia, down-beat nystagmus | photo   | n.a.        |
| Man-10, male    | c.484_487dupGCCA/c.484_487dupGCCA | p.Thr163Serfsx25/p.Thr163Serfsx25 | no, but stem cell transplantation at the age of 3 yrs | 3    | 0.5/0.25   | normal          | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-11, male    | c.338-348dup11/c.338-348dup11   | p.Ile117profsX44/p.Ile117profsX44 | no   | 3          | 0.8           | binocular       | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-12, male    | c.292_292delCA/c.292_292delCA   | p.(Thr974ArgfsTer80/p.(Thr974ArgfsTer80 | no   | 14         | 0.1           | binocular       | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-13, female  | c.1830 + 1G > C/c.2248C > T     | p.VAL549,Glu610del/p.Arg750Trp  | no   | 19         | 1.0/0.63      | normal          | normal          | normal       | unremarkable                    | no      | n.a.        |
| Man-14, male    | c.844C > T/c.844C > T           | p.Pro282Ser/p.Pro282Ser         | no   | 16         | 0.2/0.2       | normal          | tapetoretinal degeneration | normal       | unremarkable                    | no      | n.a.        |
| Pat_no. | Gender  | Label cDNA (alleles 1/2) | Label protein (alleles 1/2) | ERT | Age (yrs) | BCVA right/left | Anterior segment | Posterior segment | Optic nerve | Strabismus/ Nystagmus/ Motility | Imaging | Macular OCT |
|--------|---------|--------------------------|-----------------------------|-----|-----------|----------------|-----------------|-----------------|-------------|-----------------------------|---------|-------------|
| Man-15, female | c.2248C > T/ c.2437 T > C | p.Arg750Trp/ p.Leu809Pro | no | 20 | 0.5/0.5 | normal | normal | normal | unremarkable | no | n.a. |
| Man-16, male | c.2248C > T/ c.2248C > T | p.Arg750Trp/ p.Arg750Trp | no | 15 | 0.8/0.63 | corneal haze | normal | normal | unremarkable | no | n.a. |
| Man-17, male | c.2724G > A/ c.2724G > A | p.TRP908X | no | 5 | 0.5/0.5 | normal | normal | normal | unremarkable | no | n.a. |
| Man-18, male | c.1351G > T/ c.1501 T > A; 2849G > C | p.Gly451Cys/ p.[(Cys501Ser; Arg950Pro)] | no | 9 | 1.0/1.0 | normal | normal | normal | unremarkable | no | n.a. |
| Man-19, female | c.2248C > T/ c.2248C > T | p.Arg750Trp/ p.Arg750Trp | no | 33 | 0.63/0.63 | normal | myelinated nerve fibers | partial atrophy | unremarkable | no | n.a. |
| Man-20, male | c.283G > G/ c.283G > C | p.Ala95Pro/ p.Ala95Pro | no | 13 | 0.8/0.8 | normal | normal | normal | unremarkable | no | n.a. |
| Man-21, male | c.2234C > G/ c.2234C > G | p.Thr745Arg/ p.Thr745Arg | yes, from the age of 25 yrs. ongoing | 29 | 1.0/0.9 | normal | normal | normal | hypometric motility | OCT + photo | thinning of outer retinal layers |
| Man-22, female | c.788C > T/ c.2355G > A | p.Pro263Leu/ p.Arg757MetPte6 | no | 18 | n.a. | normal | normal | normal | unremarkable | normal esotropia | no | n.a. |
| Man-23, male | c.1816delA/ c.1830 + 1G > C | p.Thr606ProFSr18/ p.Val649_Glu610del | no | 42 | 0.9/0.5 | normal | normal | normal | unremarkable | esotropia, nystagmus on lateral gaze | no | n.a. |
| Man-24, female | c.1816delA/ c.1830 + 1G > C | p.Thr606ProFSr18/ p.Val649_Glu610del | no | 40 | 0.32/0.8 | normal | macular changes | atrophy | esotropia | no | n.a. |
| Man-25, male | c.1310-2A > C/ c.2248C > T | p.T / p.Arg750Trp | no | 27 | 0.25/0.25 | normal | normal | partial atrophy | unremarkable | no | n.a. |
| Man-26, male | c.283G > G/ c.283G > C | p.Ala95Pro/ p.Ala95Pro | no | 16 | 1.0/0.8 | corneal haze | normal | normal | unremarkable | no | n.a. |
| Man-27, female | c.1351G > T/ c.1830 + 1G > C | p.Gly451Cys/ p.Val649_Glu610del | no | 27 | 0.5/0.63 | normal | normal | normal | unremarkable | no | n.a. |
| Man-28, female | c.2248C > T/ c.1046insC | p.Arg750Trp/ p.? | yes, from the age of 7 yrs. ongoing | 14 | 1.0/0.8 | normal | normal | normal | unremarkable | OCT + photo | normal |
| Man-29, female | c.263-2A > C/ c.1204G > A | p.?/p.Glu402Lys | no | 53 | 0.8/0.7 | normal | normal | normal | normal saccadic motility | OCT + photo | thinning of outer retinal layers |
| Man-30, female | | | no | 24 | 0.63/1.0 | normal | normal | normal | normal | no | n.a. |
Table 2  Genotype and ocular characteristics of all patients (Continued)

| Patient No. | Gender | Label cDNA (allele 1/allele 2) | Label protein (allele 1/allele 2) | ERTa | Ageb [yrs] | BCVA right/left | Anterior segment | Posterior segment | Optic nerve | Strabismus/ nystagmus/ motility | Imaging | Macular OCT |
|-------------|--------|--------------------------------|----------------------------------|------|------------|----------------|-----------------|-----------------|-------------|-----------------------------|---------|-------------|
| Man-31, female | c.215A > T/ c.247T1G > A | p.His72Leu/ p.Gly824Glu | Yes, from the age of 3 yrs. ongoing | 3 | Binocular 0.5 | Normal | Normal | Normal | Unremarkable | OCT + photo | Thinning of outer retinal layers |
| Man-32, male | n.a. | n.a. | Yes, from the age of 10 yrs. ongoing | 10 | 0.2/0.63 | Normal | Normal | Normal | Exotropia | OCT + photo | Normal |

Abbreviations: BCVA best-corrected visual acuity, ERT enzyme replacement therapy, n.a. not available/applicable, OCT optical coherence tomography, yrs. years

aERT: weekly treatment with velmanase alfa; bAge at the last ophthalmic examination; cophthalmic findings at the last presentation
Results
A total of 32 patients with α-mannosidosis were included and ophthalmologically examined. All patients were assigned to the attenuated form of α-mannosidosis (type II). Table 1 summarizes the patients’ demographics and ocular abnormalities. Some patients were only seen once whereas others were followed-up over many years.

Mean BCVA at first presentation was 20/40 (decimal 0.56 ± 0.28) with a range between 20/500 (decimal 0.04) and 20/20 (decimal 1.00); BCVA at the last (available) presentation was 20/32 (decimal 0.60 ± 0.25) with a range between 20/200 (decimal 0.10) and 20/20 (decimal 1.00). Cataract was seen in two (6.3%) and corneal haze also in two patients (6.3%). Manifest strabismus was seen in six (18.8%), nystagmus in four (12.5%) and impaired smooth pursuit or hypometric saccades in five patients (15.6%) at the first presentation or during follow-up.

Fundus abnormalities and OCT findings
We have seen retinal changes on funduscopy in some patients during the course of our examinations over years; however, it was only until later that we performed SD-OCT and noticed early changes of the outer retinal layers. We could bring back and examine four patients from the natural history study again and found thinning of outer retinal layers outside the fovea on OCT in all four patients. Of the seven additional patients that were included after the natural history study, an OCT was obtained in four; of these two had retinal degeneration of the outer layers.

Overall, optic nerve atrophy was seen in six patients (18.8%); of these four with partial atrophy. Tapeto-retinal degeneration with bone spicule formations in the peripheral retina or macular changes were seen in three patients (9.4%) on funduscopy (Fig. 1); of these, two with optic nerve atrophy. Two patients had partial optic nerve atrophy with no retinal abnormalities on funduscopy. However, the other two patients with partial atrophy only showed thinning of the outer retinal layers on OCT that was not seen on funduscopy.

Table 2 shows the genotype and ocular characteristics of all patients in detail.

Report of two siblings
Case 1
Case 1 is a girl who was diagnosed at the age of two and a half as having α-mannosidosis due to motor development delay and thoracolumbar kyphosis. At the age of 15 she presented with coarse facial features, severe hearing impairment, intellectual disability, ataxia, mitral valve insufficiency grade I, and recurrent infections. Her BCVA at the age of 15 was 0.63 (20/32) in both eyes without evidence of an afferent pupillary defect, an intraocular pressure reading of 15 mmHg in both eyes and an unremarkable anterior segment without corneal haze or cataract. Fundus examination revealed a normal optic nerve head; the posterior pole was unremarkable with a normal foveal reflex before the start of ERT. At the age of 22, weekly treatment of velmanase alfa was initiated. SD-OCT showed retinal thinning, especially with loss of the outer retinal layers, atrophy of the RPE outside the fovea at the age of 24. Within a year at the age of 25 she developed cystic macular edema seen on SD-OCT with a reduced vision of 0.25 (20/80); the posterior pole demonstrated a partial optic nerve atrophy and mottled nummular yellow to white deposits at the level of the RPE, most notable surrounding the optic nerve head (Fig. 2).

Case 2
Her brother was diagnosed with α-mannosidosis just after birth. Hearing impairment and motor development delay were the first recognized symptoms. At the age of 12 he presented with various abnormalities including coarse facial features, intellectual disability, ataxia, thoracolumbar kyphosis, aortic valve insufficiency grade I, and recurrent infections. His BCVA was 0.63 (20/32) in both eyes with a normal pupillary reaction on his first examination at the age of 12. Before the start of ERT, anterior and posterior segment appeared unremarkable without corneal haze or cataract, optic nerve atrophy or retinal degeneration. Weekly treatment of velmanase alfa was started at the age of 15. During follow-up at the age of 21, SD-OCT demonstrated early outer retinal thinning without any evidence of yellow-white or pigmented deposits, besides a more visible choroid around the optic
nerve head and early partial optic nerve atrophy on funduscopy and fundus photography (Fig. 3).

**Discussion**

We report ocular abnormalities in a large patient population of 32 patients with α-mannosidosis. In this to date largest case series investigating ocular manifestations of α-mannosidosis patients we detected a high incidence of retinal degeneration and optic nerve atrophy. Obvious tapeto-retinal characteristics of the retina as detected by funduscopy were rarely found; however early thinning of the outer retina seen on SD-OCT may suggest a progressive nature of this retinal degeneration in α-mannosidosis. Optic nerve atrophy can be associated with retinal degeneration but we have also seen it in some of our patients without any retinal abnormalities. Also of importance is our observation that four of seven patients treated with velmanase alfa developed retinal degeneration despite ERT. Corneal and lenticular opacities as well as strabismus and motility disorders were less frequent in our cohort of α-mannosidosis patients and may be a nonspecific finding as encountered in other storage diseases.

Bennet and co-workers reported on ocular pathologies in two unrelated patients diagnosed with mannosidosis. One had type I mannosidosis affected from early childhood with poor vision, esotropia and cataracts in both eyes. The other was diagnosed with type II mannosidosis in late adulthood and maintained normal vision but deteriorated with progressive neurologic systems and horizontal nystagmus on lateral gaze [6].

In a report by Arbisser et al. three patients with α-mannosidosis showed similar lenticular opacities without any corneal haze. Ophthalmoscopic anomalies were noticed in two younger patients despite normal electrophysiology. [5]. Histological studies of the eye in humans with α-mannosidosis are not available; however Jolly et al. studied this in a bovine model and found vacuoles in different cell types including corneal epithelium, Descemet's membrane, corneal endothelium, corneal fibroblasts, pigmented cells, lens epithelium, lens fibers, pigment epithelium and also all cell types of the neuroretina. Histological examinations showed that the mannose-rich oligosaccharides were stored in vacuoles. They hypothesized that this may be the cause of lens and corneal opacities in humans with α-mannosidosis [7]. Moreover, the retained storage material in the retina can lead to photoreceptor loss and

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**Fig. 2** Tapeto-retinal degeneration in α-mannosidosis in two siblings. Fundus photographs (a, b) of the sister revealed progression of retinal pigment epithelium (RPE) atrophy outside the macula with yellow-white deposits around the optic disc and chorioretinal atrophy (black stars, b), and partial optic nerve atrophy (blue arrow, b). Optical coherence tomography (OCT) showed perifoveal thinning of the outer retinal layers and RPE (red arrows, c) with normal retinal layers in the fovea (green bracket, c). A progression of the outer retina thinning was seen and a cystic macula edema has developed within a year's time at the age of 25 (red arrows, d).
tapeto-retinal degeneration [10]. This may also be an explanation for the progression of clinical symptoms including retinal degeneration and optic nerve atrophy with age as we have seen in the two siblings during follow-up. In contrast to previously published articles on ocular pathologies in α-mannosidosis that mainly concentrated on opacities of the cornea or lens, strabismus, nystagmus and other motility disorders, Springer and co-workers described late-onset retinal dystrophy characterized by decreasing visual acuity and diminished Ganzfeld electroretinograms in two brothers with type II α-mannosidosis [9]. Both were in their thirties when they were first examined. They had decreasing vision despite normal findings on fundus examination. Electroretinography showed borderline scotopic and photopic responses; however clinical examination was challenging due to the patients’ reduced mental capacity and inability to cooperate [9]. More recently, Courtney and Pennesi published a short report of two cases of retinal dystrophy in α-mannosidosis [10]. This case report is the first to describe, in addition to corneal and lenticular opacity, chorioretinal atrophy with retinal thinning, loss of the outer retina and RPE as well as granular areas of hyper- and hypoautofluorescence in the macula and surrounding the optic nerve using OCT, fundus autofluorescence and fundus photography [10].

Interestingly, certain similar ocular abnormalities can be found in other storage diseases. In mucopolysaccharidoses (MPS), glycosaminoglycans accumulate in the retina and induce retinal degeneration, pigmentary retinopathy with bony spicules, or depigmented chorioretinopathy similar to our findings in α-mannosidosis [14–16]. In a recent report by Seok et al. four patients with different types of MPS showed retinal degeneration with perifoveal thinning of the outer retinal layers on SD-OCT often despite normal fundus morphology [15]. This is also in line with our findings that SD-OCT displays early degeneration of the retina with no or subtle retina changes on funduscopy.

Another interesting finding of our study is that ERT with velmanase alfa did not protect some of our patients receiving ERT during the observational period from developing retinal degeneration. A phase I-II study evaluated the efficacy and safety of the recombinant human α-mannosidase (velmanase alfa) in 10 patients with weekly therapy over 12 months. Borgwardt et al. showed promising results with improved motor and cognitive function and reduced oligosaccharide concentrations in the serum, urine and cerebrospinal fluid [12]. Ocular changes were not evaluated in this study. In our patients on long-term ERT, only those starting treatment after
the age of 14 years developed progressive retinal degeneration. One patient starting treatment at the age of 7 years did not yet develop retinal or optic nerve degeneration. Theoretically, the efficacy of ERT might be better the younger the patients are when starting treatment. However, we cannot conclude yet that ERT might prevent ophthalmological changes in patients with α-mannosidosis even on long-term ERT.

Conclusions
In conclusion, ocular pathologies in α-mannosidosis do not confine to corneal or lenticular opacities. Our investigations revealed retinal and optic nerve degeneration as common eye pathologies in α-mannosidosis. This is in contrast to some of the earlier reports of ophthalmological findings in α-mannosidosis with no clinical significance to the patients. OCT provides early diagnosis of retinal degeneration by showing thinning of the outer retinal layers when conventional funduscopy or photography fails to detect it. Also optic nerve atrophy may be a new feature of α-mannosidosis. Future larger prospective studies with retinal imaging such as OCT are required to evaluate incidence of retinal degeneration in α-mannosidosis as it may be commonly seen when systematically examined with OCT. Furthermore it has to be investigated whether and when retinal degeneration progresses in α-mannosidosis to a potentially vision-threatening ocular disease and how therapeutic principles such as ERT may influence retinal degeneration.

Abbreviations
BCVA: Best-corrected visual acuity; EMA: European Medicines Agency; ERT: Enzyme replacement therapy; MPS: Mucopolysaccharidoses; OCT: Optical coherence tomography; RPE: Retinal pigment epithelium; SD-OCT: Spectral-Domain optical coherence tomography

Acknowledgements
Lilian Sophie Norsch aided in compiling some of the clinical data.

Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions
JM performed the ophthalmological examinations of some of the patients including the imaging, analyzed and interpreted the data, was the major contributor in writing the manuscript and critically reviewed the comments by the co-authors. TZ performed the majority of the ophthalmological examinations of the patients, designed and wrote the ethical proposal. YA performed all clinical evaluations and was the major contributor to designing the study. LA-K and JBH interpreted the data and critically reviewed comments and questions from all authors. SP had major contributions to the ophthalmic tests being carried out, interpretation of the results and literature review. All authors contributed to the idea and concept of the study, participated in drafting the manuscript, read and approved the final version of the manuscript.

Ethics approval and consent to participate
The natural history study of α-mannosidosis (study ID: rhLAMAN-01) and the study of ocular characteristics in α-mannosidosis patients (study ID: 9976) were approved by the local ethics committee of the Landesärztekammer Rheinland-Pfalz in Mainz, Germany. The research followed the tenets of the Declaration of Helsinki.

Competing interests
The authors declare that they have no competing interests.

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Received: 23 March 2018 Accepted: 21 May 2018 Published online: 01 June 2018

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