TECHNOLOGY ADVANCES

Grafix®, a Cryopreserved Placental Membrane, for the Treatment of Chronic/Stalled Wounds

Gary W. Gibbons
South Shore Hospital Center for Wound Healing, Weymouth, Massachusetts.

Objective: To discuss the use of Grafix®, a commercially available, cryopreserved placental membrane, for the treatment of chronic/stalled wounds of different etiologies.

Approach: To describe the unique composition of Grafix, to provide an overview of the existing clinical evidence supporting the benefits of Grafix for wound treatment, and to share the experience of the South Shore Hospital Center for Wound Healing (Weymouth, MA) with Grafix for the treatment of nonhealing wounds.

Results: Clinical evidence supports the safety and efficacy of Grafix for the treatment of chronic/stalled wounds, including those that have failed other advanced treatment modalities.

Innovation: Grafix is a cryopreserved placental membrane manufactured utilizing a novel technology that enables the preservation of all placental membrane components in their native state. Placental membranes have a unique composition of extracellular matrix, growth factors, and cells (including mesenchymal stem cells), which makes this tissue unique among other advanced biological wound treatment modalities.

Conclusion: Clinical evidence supports the benefits of Grafix for head-to-toe wound treatment.

INTRODUCTION

Chronic wounds are wounds that fail to repair in a timely and orderly manner due to their inability to progress from the inflammatory phase into the proliferative phase and ultimately into the remodeling phase. Chronic wounds are estimated to affect more than 6.5 million patients in the United States alone, and more than $50 billion annually is spent. Some new economic data suggest that $15 billion is spent treating diabetic foot ulcers (DFUs), $18 billion on venous leg ulcers (VLUs), and $13 billion on pressure ulcers without even the inclusion of acute and traumatic wounds. One to two percent of the population in developed countries will experience a chronic wound due to increased life expectancy coupled with a rise in comorbidities—specifically diabetes, obesity, venous hypertension, and peripheral vascular disease.

Various standardized treatment algorithms for the treatment of chronic wounds have been developed by the American Diabetes Association (ADA), the Wound Healing Society (WHS), the American Society of Plastic Surgeons, and other societies for different wound types. Early...
aggressive surgical debridement and control of infection, appropriate compression for venous ulcers, off-loading or complete pressure relief for diabetic foot and pressure ulcers, and timely revascularization are the most common approaches recommended by the Chronic Wound Care Guidelines, a publication of the WHS. However, the implementation of these guidelines is frequently fragmented or silo/specialty driven. For example, the evidence to support the use of off-loading devices for healing foot ulcers is clear. A total contact cast (TCC) is considered the gold standard for off-loading plantar foot ulcers; however, it is the preferred treatment in only 2% of centers in the United States. Closure rates, even when using appropriate standard of care (SOC) for chronic wounds, vary from 21% to 35% depending on the type of wound. SOC for VLUs, for instance, is often insufficient as evidenced by stalled healing and high recurrence rates. Wounds that do not heal with SOC place the patient at an increased risk for wound-related morbidities and mortality, as well as increased costs to the patient and the healthcare system. In such cases, physicians should consider advanced therapies that provide the components necessary for wound healing—cells, including mesenchymal stem cells (MSCs), growth factors, and extracellular matrix (ECM) proteins—as found in autologous skin grafts. 

Recently, literature has supported the early adoption of advanced care products for wounds that do not respond to SOC in a timely manner (4 weeks). These advanced products, such as human skin equivalents and topical recombinant growth factors, have been shown to reduce overall costs and prevent amputations. Skin substitutes have held the most promise for healing chronic wounds because they contain some components needed for wound healing, but they are deficient due to a lack of MSCs, which are present in normal healthy skin. The beneficial effect of MSCs on wound healing has been observed in a variety of animal models and in reported clinical cases. Specifically, MSCs have been successfully used to treat chronic wounds and stimulate the stalled healing processes.

Recent studies have revealed that human placental membranes are a rich source of MSCs, collagen matrix, and growth factors, and they can support tissue regeneration and repair. Placental membranes have a long history of use for wound treatment, and their beneficial effects have been, in part, attributed to their anti-inflammatory, antimicrobial, and angiogenic activities. The membranes also create a moist environment, which is important for healing. Currently, there are more than 25 commercial placental products, but they are all devitalized. Grafix® (Osiris Therapeutics, Inc., Columbia, MD) is a cryopreserved, human placental membrane and the only commercially available placental membrane product to contain viable endogenous cells. Grafix is manufactured using a novel technology that facilitates the retention of all inherent components of the native tissue: three-dimensional extracellular matrix, inherent growth factors, and living cells (including epithelial cells, fibroblasts, and MSCs). Recent in vitro studies demonstrate that preservation of endogenous viable cells in placental membranes enhances the anti-inflammatory, antioxidant, chemoattractive, and angiogenic activities of placental membranes compared to devitalized membranes. In clinical studies, treatment with Grafix led to high wound closure rates for difficult-to-treat chronic wounds, which suggests that Grafix is a promising new wound treatment therapy. The purpose of this technology report is to overview the composition of Grafix and clinical evidence for the use of Grafix for stalled wounds.

CLINICAL PROBLEM ADDRESSED

Despite a variety of advanced wound care products available, nonhealing wounds remain a large and growing problem, particularly chronic wounds such as DFUs, VLUs, and pressure ulcers. Patients with nonhealing wounds have a poor quality of life and are at the greatest risk for wound-related morbidities. Treatment of such patients puts an enormous financial burden on our society. Grafix, a cryopreserved placental membrane allograft, is a new advanced wound care product that has recently become available for such patients. The unique composition of Grafix offers a safe and effective treatment modality for patients with nonhealing wounds.

MATERIALS AND METHODS

Grafix technology

Grafix is a cryopreserved placental membrane in which the structural and cellular integrity of fresh placental membranes is preserved through an innovative technology. Grafix contains a collagen-rich matrix, growth factors, cytokines, and endogenous viable cells, including epithelial cells, fibroblasts, and MSCs (Fig. 1). Previous attempts to preserve viable endogenous cells in placental membranes have resulted in <50% cell viability post-thaw. The cryopreservation process used to manufacture Grafix has been shown to result in >80% cell viability post-thaw. The benefits of retaining viable endogenous cells in placental
membranes have been demonstrated in a series of in vitro studies. Results show that preservation of viable cells enhances wound-relevant properties, such as anti-inflammatory and cell recruitment, of cryopreserved placental membranes compared to devitalized membranes. The cells and growth factors present in Grafix are integrally associated with a collagen-rich ECM. Current bioengineered or advanced wound care products are deficient in one or more of these components. The presence of MSCs is a unique characteristic of Grafix, which differentiates this product from other advanced wound care therapies. Although the contribution of MSCs to the biological activities of placental membranes remains to be fully elucidated, accumulated data demonstrate that MSCs play an important role in all phases of healing, and their presence supports the achievement of full wound closure. As such, the therapeutic application of MSCs has been shown to enhance and improve wound healing in clinical settings.

**Grafix regulatory status and intended use**

Grafix is regulated by the FDA under 21 CFR Part 1271 Part 361 Human Cells, Tissues, and Cellular and Tissue-based Products (HCT/Ps). It is intended for use as a wound cover and can be used for the treatment of both acute and chronic wounds, including but not limited to DFUs, VLUs, pressure ulcers, burns, surgical incisions and dehiscence, pyoderma gangrenosum, and epidermolysis bullosa. Extensive donor screening and serological, bioburden, and sterility testing are performed on every lot to demonstrate suitability for transplantation. Each lot is additionally tested to confirm at least 70% cellular viability post-thaw.

**Grafix storage, preparation, and application to the wound**

Grafix is stored at –80°C before use and has a 2-year shelf life. Grafix is supplied in a cryogenic bag filled with a cryoprotectant solution. It is mounted on a plastic applicator for easy handling. Grafix should be thawed before application. Figure 2 shows the preparation and application procedure as per the manufacturer’s recommendations. To apply, slightly bend the plastic applicator to remove the top solid cover, and slide Grafix from the perforated backing onto the wound bed using aseptic technique (Fig. 2). Grafix is flexible and conforms and adheres to complex anatomies. Thus, it does not require suturing or other methods of fixation. Before treatment with any wound care product, wounds are recommended to be appropriately cleaned and debrided. After applying Grafix, a nonadherent dressing should be placed over Grafix to fully cover both the membrane and the wound bed. Saline-moistened gauze (for dry wounds) or a foam dressing (for draining wounds) should be placed on top of the nonadherent dressing, followed by an appropriate compressive or off-loading outer dressing. Patients should use an appropriate off-loading shoe, boot, or walker. It is recommended to apply Grafix on a weekly basis.

Grafix should not be applied to acute or chronic wounds with an active untreated infection and in patients with known hypersensitivity to gentamicin, vancomycin, or Amphotericin B. These three antibiotics are used during tissue processing for bioburden reduction. Although the antibiotics are removed from the tissue by rinsing, some residual amount may remain.

**CLINICAL RESULTS**

**Previously published clinical data**

The safety and efficacy of Grafix have been demonstrated in two recently published clinical studies, the results of which are recently reported. One study was a multicenter, single-blinded, randomized controlled clinical trial conducted by Lavery et al. comparing the treatment of DFUs with SOC versus Grafix. The primary endpoint was the proportion of patients with complete wound closure after 12 weeks, and secondary endpoints included time to wound closure, number of adverse events, and
wound closure in the crossover phase (open-label treatment for patients who failed to close with SOC). One unique, important trial design element was blinded imaging verification of wound closure. This was the first randomized controlled trial (RCT) for advanced wound care products, in which the primary endpoint was confirmed by third party, blinded wound care experts to further remove potential bias and to increase the reliability of the results. Lavery et al. have also stated that this is the only multicenter DFU trial to date that meets statistically significant prespecified interim analysis.

Ninety-seven patients were enrolled in the trial: 50 were treated with Grafix & SOC and 47 received SOC alone. SOC included wound debridement of necrotic tissues, application of a nonadherent dressing (Adaptic®, Systagenix, Gatwick, UK), and either saline-moistened gauze or Allevyn® (Smith & Nephew, London, United Kingdom) for moderately draining wounds followed by an outer dressing. Patients received walking boots if the wound was on the sole of the foot or a postoperative shoe if the wound was on the dorsum of the foot or ankle. Patients were evaluated weekly, and Grafix was applied weekly.
There were no statistically significant differences in patient demographics or baseline characteristics between the Grafix and SOC groups. Results revealed that treatment of DFUs with Grafix showed a statistical improvement in wound closure compared to SOC—62% versus 21.3%, respectively ($p=0.0001$). Relative improvement is a measure comparing the effect of the treatment arm to the control arm, which allows comparisons between different trials. In the clinical study by Lavery et al., the relative improvement was 191% compared with SOC—calculated as ($\%$ wound closure with Grafix − $\%$ wound closure with SOC) / $\%$ wound closure with SOC. 37 A previously published analysis of RCTs shows that among cellular products, the highest relative improvement was 64% for Dermagraft (Organogenesis, Canton, MA) over the control group. 41 Overall, TCC had the highest relative improvement of 81%. 41 Therefore, to date, Grafix has the highest relative improvement among advanced wound care products with RCT data.

In addition, Grafix also demonstrated decreased complications associated with DFUs, particularly the rate of wound-related infection, which translated into decreased hospitalizations. There were significantly fewer patients with wound-related infections in the Grafix treatment arm compared to SOC (18.0% vs. 36.2%, $p=0.044$), which can be explained by faster wound closure in the Grafix arm (42 days vs. 69.5 days median time to wound closure for Grafix vs. SOC, $p=0.019$). 37 In addition, it is known that placental membranes have antibacterial properties, which could contribute to the lower rate of infections that may be linked to these properties. 29 In the Lavery et al. trial, no immunological adverse events related to the use of allogeneic tissue containing viable cells were recorded. 37 These data are in agreement with previous clinical reports in which placental tissue was used for wound treatment. 40, 42 The wound closure with Grafix was durable: 82.1% of patients remained closed after 12 weeks of follow-up. Patients in the control arm who failed to heal during the initial 12-week treatment period could cross over to receive Grafix in the open-label crossover phase of the trial (26 patients enrolled). After Grafix treatment for up to an additional 12 weeks, the probability of wound closure in the crossover phase was 67.8% with a mean time to closure of 42 days. 37

The second study was a large, retrospective single-center study conducted by Regulski et al. 38 Data for all wound care patients who received at least one Grafix application between April 2010 and March 2012 were collected retrospectively through chart review by the treating physicians at the Ocean County Foot and Ankle and the Wound Institute of New Jersey. At each visit, the physician would assess the wound and determine if the Grafix treatment was appropriate. Grafix was applied to patients whose wounds were present for 4 weeks or longer, and the underlying morbidity and infection were adequately treated. Grafix was applied directly to wounds that were prepared by sharp debridement followed by application of a non-adherent dressing, saline-moistened gauze, and dry gauze. Depending on the wound type, multilayer compressing bandaging (for VLUs) and/or off-loading devices, such as TCC, surgical shoe, or DH Offloading Walker 56 (Os-sur Americas, Foothill Ranch, CA), were provided. Wounds were measured with a ruler, and the treating physician determined wound closure by 100% reepithelialization and no evidence of drainage.

This study consisted of 66 patients with 67 chronic wounds and demonstrated a 76.1% wound closure rate for all types of wounds. The types of wounds in this study included DFUs (n = 27), VLUs (n = 34), and other chronic wounds (n = 6). The average wound size at baseline was 6.65 ± 9.68 cm², and the average wound duration before Grafix treatment was 38 ± 70.8 weeks. Fifty patients (74.6%) had failed to heal using other advanced therapies, which included collagen dressings, acel-

lar products, the highest relative improvement was 64% for Dermagraft (Organogenesis, Canton, MA) over the control group. 41 Overall, TCC had the highest relative improvement of 81%. 41 Therefore, to date, Grafix has the highest relative improvement among advanced wound care products with RCT data.

The South Shore Hospital Center for Wound Healing experience with Grafix
The South Shore Hospital Center for Wound Healing (Weymouth, Massachusetts) has a growing experience using Grafix in patients experiencing difficult-to-heal wounds, which have an adverse impact on their quality of life. The short form 36 health survey (SF-36) is used to assess patients’ quality of life, and we observed that the scores for many patients with chronic wounds are

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The South Shore Hospital Center for Wound Healing experience with Grafix
The South Shore Hospital Center for Wound Healing (Weymouth, Massachusetts) has a growing experience using Grafix in patients experiencing difficult-to-heal wounds, which have an adverse impact on their quality of life. The short form 36 health survey (SF-36) is used to assess patients’ quality of life, and we observed that the scores for many patients with chronic wounds are
comparable to those of cancer patients. Patients are selected to be treated with Grafix if their wound does not reduce by 50% after 4 weeks of treatment with proper off-loading and adequate vascular status or if wounds persist for >2 years. In addition, many of the wounds seen at the wound care center have failed other advanced wound therapies, including Apligraf® (Organogenesis, Canton, MA), and therefore, are also candidates for treatment with Grafix. To date, approximately 10–15 patients have been treated or continue to receive treatment with Grafix. Although it is recommended for Grafix to be applied weekly, we sometimes apply Grafix bi-weekly if the wound size is rapidly decreasing.

Below is a presentation of three unique cases of nonhealing wounds of different etiologies treated with Grafix at the South Shore Hospital Center for Wound Healing.

**Stage IV sacral wound case.** An 82-year-old male was transferred to the wound care clinic from a rehabilitation center where he had been admitted after sustaining a fall and developing pneumonia. The patient presented with a stage IV sacral wound of 3 months duration measuring 2.5 × 2.5 × 1.6 cm (Fig. 3A). Past medical history included Parkinson’s disease and both urinary and bowel incontinence. A collagenase ointment was being applied at the time of admission to our clinic. Neither off-loading nor cushioning for the wound was previously prescribed.

**Figure. 3.** (A) A 2.5 × 2.5 × 1.6 cm stage IV sacral wound persisting for 3 months in an 82-year-old male before treatment. (B) Wound was surgically debrided to a 2 cm depth. A negative pressure wound vacuum (VAC), off-loading cushion, and air alternating mattress were prescribed. (C) First Grafix applied after 12 weeks of VAC, which was discontinued at this time. (D) Three weeks after first Grafix application. (E) Complete wound closure was recorded after two Grafix applications over 5 weeks.
The patient was taken to the operating room where the wound was radically debrided to a depth of 2.0 cm (Fig. 3B). Cultures taken at this time were negative. Postoperatively, a negative pressure wound vacuum (VAC) (125 mm/Hg) was prescribed as well as an off-loading cushion and air alternating mattress.

After 12 weeks of VAC and proper off-loading, the wound showed a well granulating base that measured 0.8\times 0.8 \times 0.3 \text{ cm} (Fig. 3C). At this point, VAC was discontinued because the noise and its effect on patient mobility had a significant negative impact on the quality of life for the patient. Grapfix was a convenient option for this patient, and we believed that Grapfix would close this wound faster than VAC. The wound was primed to receive Grapfix, and upon application, the patient was discharged to return home where proper off-loading and cushioning were continued.

After 3 weeks of follow-up care in the wound clinic, the wound measured 0.5 \times 0.6 \times 0.1 \text{ cm} (Fig. 3D). The wound was cleansed and debrided of non-viable tissue, and a second application of Grapfix was applied to the wound. The patient was maintained on proper off-loading and followed for the next 2 weeks. In conclusion, 4 months after initial presentation of this patient, while under the management of a multidisciplinary team dedicated to wound healing, the wound was completely reepithelialized after two applications of Grapfix over a 5-week period (Fig. 3E). To date, 15 months post Grapfix application, this patient’s wound has remained closed restoring him with improved quality of life and function.

**Diabetic foot ulcer case.** A 69-year-old insulin-dependent diabetic female presented to the wound care center with an ulceration on the medial aspect of the right first metatarsal head after wearing new shoes and cellulitis extending up the lower extremity was noted. The wound measured 1.5 \times 2.9 \times 0.3 \text{ cm} and probed to capsule, but not into the joint (Fig. 4A). There was a mild peripheral arterial disease upon examination. The wound was aggressively debrided; radiographs were negative for osteomyelitis. Cultures were taken, the foot was off-loaded, and the patient was prescribed clindamycin and levquin and instructed to return to the wound care center in 48 h. Upon return, it was noted that the cellulitis was responding to the antibiotic treatment. Wound cultures were positive for *Streptococcus aureus* and *z-Streptococcus*, and clindamycin therapy was continued. The wound was further debrided down to the exposed capsule,

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**Figure. 4.** (A) An ulceration on the medial aspect of the right first metatarsal head from wearing a new shoe in a 69-year-old insulin-dependent diabetic female before treatment. Cellulitis extending up the lower extremity was noted. The wound probed down to capsule, but not to the joint. (B) She received 3 weeks of continuous negative pressure wound therapy. The wound bed showed signs of granulation, but was not progressing to closure. (C) Bi-weekly applications of Grapfix were started. After six applications, the wound was completely closed.
and negative pressure wound therapy (125 mm/Hg) was applied. The patient was followed up in the clinic for the following 3 weeks with serial debridements, negative pressure therapy, and off-loading (multilayer felt foam) to achieve optimal wound bed preparation.

After 3 weeks of continued negative pressure wound therapy, the wound bed showed signs of granulation, but was not progressing to closure; therefore, the team elected to discontinue the negative pressure therapy and apply an advanced regenerative therapy (Fig. 4B). Grafix was selected as a treatment modality, and six bi-weekly applications of Grafix were performed. After six bi-weekly applications of Grafix, the wound was completely re-epithelialized, and no further dressings were needed (Fig. 4C). To prevent re-ulceration, the patient’s shoes were adjusted with appropriate inserts. Despite initial joint capsule exposure and infection, admission and potential readmissions were avoided by following an evidence-based algorithm recommended for DFU by ADA and WHS, including the use of advanced regenerative therapy to achieve closure.

**Refractory (49-year persistence) shrapnel leg wound case.** A 68-year-old Vietnam veteran sustained a shrapnel injury, open fractures, and a wound to the right lower leg in 1966. Since that time, he had been hospitalized for 13 months and had multiple surgeries, including debridement of osteomyelitis, fixations, muscle and skin flaps, and grafts. His leg wound never completely closed over the 49-year period and required periodic hospital admissions, IV antibiotics, and surgeries. In 2012, he had a series of surgeries, negative pressure therapy, 50 treatments of hyperbaric oxygen therapy, multiple skin grafts, and bioengineered skin applications without reaching complete sustained wound closure. In October 2014, he was admitted to the South Shore Hospital with significant wound infection and staphylococcal septicemia requiring 4 weeks of IV antibiotics. After that, he was re-admitted with severe generalized muscle weakness, fever, fatigue, and a diagnosis of polymyalgia, which was treated with a prednisone course tapered to 10 mg/day. He was discharged from the hospital in November 2014 with a referral to our wound center where the wound

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**Figure. 5.** A 68-year-old Vietnam veteran who sustained shrapnel injury and open fractures resulting in a wound on the right lower leg in 1966. Over a period of 49 years, the wound was never completely closed. (A) 1.1 x 1.2 x 0.1 cm wound before Grafix application. (B) Four weeks post-treatment at the time of third Grafix application. (C) Wound closure was achieved after 10 weeks of treatment with four Grafix applications. (D) Wound remained closed during follow-up.
was debrided and biopsied. There was no remaining shrapnel and no indication of osteomyelitis, vascular disease, or chronic infection in the wound. The tissue near the wound was fibrotic, which created tension on the surrounding tissues and might be one of the reasons for nonhealing. The wound size was 1.1 × 1.2 × 0.1 cm and 1.1 × 1.2 × 0.2 cm pre- and post-debridement, respectively (Fig. 5A). After 2 weeks and negative results for the biopsy culture, the wound was debrided and the first application of Grafix was performed. The patient’s visits were scheduled on a weekly basis. Four applications of Grafix were performed (Fig. 5B, C) after wound debridement: the first three applications were done biweekly and the last application was applied 3 weeks after application number 3. Complete wound closure was recorded 10 weeks after the first Grafix application, and to date, the wound has remained closed (Fig. 5D).

**DISCUSSION**

The use of placental membranes for wound treatment has been reported for over 100 years as an allogeneic wound covering.43 Human placental membranes have been shown to have anti-inflammatory, antibacterial, and antiscarring properties, which are favorable for wound healing.29,30 Despite these benefits, the short shelf life of fresh tissue and the risk of disease transmission associated with its use have hindered its use.44 To overcome these limitations and utilize the beneficial properties of placental membranes, different preservation methods have been developed.

Recently, a new preservation technology was developed that retains all components found in fresh placental tissue in their native state.18 This novel technology is utilized to manufacture Grafix, a cryopreserved placental membrane, which is the only commercially available placental product to preserve viable endogenous cells, including MSCs. All other commercial placental membrane products are all devitalized or decellularized.45 The role of viable cells in placental membranes remains to be determined; however, accumulated data point to the importance of preserving complete tissue integrity, including viable cells, for the functionality of placental membranes.34–36

The preservation of endogenous MSCs within placental membranes sets Grafix apart from other advanced wound therapies that do not contain MSCs. Currently, there are no skin substitutes containing MSCs on the market. MSCs have been shown to enhance and improve wound healing in clinical settings and are especially important in the elderly as aging is associated with a reduced number and function of MSCs and a diminished healing response.18,47,48

The safety and efficacy of Grafix have been demonstrated in two clinical studies, one of which is a high-quality multicenter RCT.37,38 Lavery et al. showed that DFUs closed 4 weeks faster when treated with Grafix compared to SOC (42 days vs. 69.5 days for Grafix vs. SOC respectively, \( p = 0.019 \)).37 This correlated with a significantly lower rate of wound-related infections and fewer hospitalizations. In addition, in the crossover open-label phase of the trial, Grafix closed wounds in patients who failed SOC during the initial 12 weeks of treatment.37 These data point to potential cost effectiveness of Grafix compared to SOC. In addition, a multicenter, open-label, single-arm study to evaluate the safety and efficacy of Grafix for the treatment of complex diabetic foot wounds with exposed tendon and/or bone is ongoing.48 Data suggest that Grafix combined with SOC might be beneficial for the treatment of different types of wounds, regardless of their size, persistence, location, and etiology. Grafix shows effectiveness in closing wounds that have failed other advanced modalities and treatments. The South Shore Hospital Wound Care Center has also shown that a systematic approach for patient and wound evaluation should be applied, and thorough wound bed preparation is required before the application of any advanced wound modality for the achievement of wound closure.

**INNOVATION**

Grafix is a commercially available placental membrane product based on a unique tissue processing and cryopreservation technology that retains all placental membrane components, including viable endogenous cells, in their native state. Clinical data indicate that wounds of differ-
ent etiologies, which have not responded to standard of care in a timely manner, can benefit from treatment with Grafix.

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AUTHOR DISCLOSURE AND GHOSTWRITING

The opinions expressed are those of the author and do not represent those of the South Shore Hospital Center for Wound Care and Hyperbaric Medicine. The content of this article was expressly written by the author listed. No ghostwriters were used to write this article.

ABOUT THE AUTHOR

Dr. Gary W. Gibbons, MD, FACS, has focused his vascular surgical career on advancing the treatment of diabetic patients with lower extremity wounds and vascular disease. He is a pioneer of the Dorsalis Pedis Bypass and has helped to develop many of the currently used algorithms and multidisciplinary care models used today in the treatment of diabetic patients with lower extremity wound and/or ischemia. He is an international lecturer and has published hundreds of articles. Dr. Gibbons received his undergraduate with Summa Cum Laude honors from the University of Maine and received his medical degree from the University of Cincinnati School of Medicine in 1971. He completed his surgical residency and chief residency at the New England Deaconess Hospital, where he also completed a nutrition fellowship specializing in the nutritional complications of cardiac disease and surgery. Dr. Gibbons is the Medical Director of the South Shore Hospital Center for Wound Healing, a full-time clinical vascular surgery and wound healing/limb preservation practice. He has received accolades and national and international recognition, including the prestigious International Edward James Olmos Award for Advocacy in Amputation Prevention and the Georgetown Distinguished Achievement Award in Diabetic Limb Salvage.

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Abbreviations and Acronyms

| Abbreviation | Description |
|--------------|-------------|
| ADA | American Diabetic Association |
| DFU | diabetic foot ulcer |
| ECM | extracellular matrix |
| HCT/Ps | human cells, tissues, and cellular- and tissue-based products |
| MSC | mesenchymal stem cell |
| RCT | randomized controlled trial |
| SOC | standard of care |
| TCC | total contact cast |
| VAC | negative pressure wound vacuum |
| VLU | venous leg ulcer |
| WHS | Wound Healing Society |