Fibrolamellar hepatocellular carcinoma presenting as a gall bladder mass

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Abstract

Fibrolamellar hepatocellular carcinoma (FL-HCC) is an uncommon histological subtype of Hepatocellular carcinoma, which seldom invades the gall-bladder (GB). Here we report a case of FL-HCC invading the GB, that resembled gall bladder carcinoma invading the liver on both US and CT. A central calcification and/or central stellate scar that are clue to the diagnosis of FL-HCC were absent.

Case Report

A 20-year-old male was referred for radiological evaluation, with complaint of continuous pain right hypochondrium of one-month duration. The pain was of moderate to severe intensity, not radiating to back or shoulders. No other symptoms were present. There was no history of alcohol abuse or previous hepatitis. On physical examination, an ill defined compressible tender mass was palpated below the right costal margin in the mid-clavicular line, moving with respiration. Routine blood investigations and liver function tests were within normal limits.

Ultrasound of the patient revealed a mass of mixed echogenicity arising from the anterior wall of the gall bladder (GB) and invading the liver (Figure 1). Another mass predominantly hypoechoic with non-homogenous internal echoes was found in proximity to the first mass, in right lobe of liver. Computed tomography showed a polypoidal mass arising from the anterior wall of the GB and protruding into the lumen (Figure 2). Mass was also extending into the adjacent area of the liver. On the right side of the GB, another focal mass of variegated appearance was seen. A probable diagnosis of carcinoma of the gall-bladder with a secondary in liver was suggested.

Fine needle aspiration cytology was performed under ultrasound guidance. Cytological examination from the gall-bladder mass and the liver mass, were of similar morphology. The highly cellular smears were composed of tumor cells resembling normal liver but were at least 3-4 times larger. The cells were arranged in trabeculae, loosely cohesive groups and lying singly. Parallel rows of spindle shaped fibrocytes were seen intermingled with the neoplastic cells. The cells had a large nucleus with prominent nucleoli. Cytoplasmic bile pigments were seen in many cells. Some of the nuclei showed intra nuclear cytoplasmic inclusion. Few atypical mitotic figures were also seen (Figure 3). A probable diagnosis of FL-HCC was given.

Patient subsequently underwent right extended hepatectomy. Histopathological examination of the resected mass showed a circumscribed, bile stained, tumor of 7 x 5 cm in right lobe near gall bladder fossa. It extended to the capsule focally and also up to the resected margin of the liver. The tumor was infiltrating through the wall of the gall bladder at the fundus as a polypoidal mass. Sections showed features of a hepatocellular carcinoma, Fibrolamellar type.

FL-HCC is a distinct clinico-pathological entity [1-2]. It is a separate from the usual HCC which is associated with cirrhosis or hepatitis, frequently is non-resectable on diagnosis, and has an overall poor prognosis [3,4]. FL-HCC tends to occur in the young [5,6]. The reported range is 5-35 years, with a mean of 23 years and without

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any sex predilection. It also lacks specific association with cirrhosis, hepatitis B virus infection, use of oral contraceptives and alcohol abuse, all of which are implicated in HCC [7,8]. Many studies have provided the evidence of better prognosis of FL-HCC compared to usual HCC: 32 months versus 6 months average survival, 48% versus 17% resectability, and 63% versus 30% 5 years survival after successful resection [8].

Hepatocellular carcinoma has three growth patterns: a solitary lesion, multifocal lesions or diffuse hepatic infiltration. Larger masses tend to be heterogeneous and to have a central area of necrosis and abnormal internal vessels. On sonography, hepatocellular carcinoma has a variable appearance. FL-HCC appears as well-defined mass of variable echogenicity on ultrasound [9]. In our case it was a well-defined mass protruding into the GB. On CT imaging FL-HCC can be well defined or ill defined. Calcification is seen in 40-68% cases. Central stellate scar is seen in 65-70% cases. Radiating fibrotic bands and septae are also seen. Presence of calcification in the central scar is a diagnostic feature of FL-HCC [10]. None of these were identifiable in our case.

FL-HCC is a rare variant of HCC and is poorly understood. Young people or children are often the target individuals with this type of cancer. It is important to differentiate FL-HCC from HCC for which resection is often not the treatment of choice [11,12]. Imaging and clinical correlation helps to identify FL-HCC in most cases but biopsy is required to confirm the definitive diagnosis. Distinguishing it from HCC avoids misdiagnosing and mistreating a potentially curable neoplasm.

Conflict of interest

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