Effects of Ridge-Furrow System Combined with Different Degradable Mulching Materials on Soil Water Conservation and Crop Production in Semi-Humid Areas of China

Xiaolong Ren1,2,3†, Xiaoli Chen1,2,3†, Tie Cai1,2,3, Ting Wei1,2,3, Yang Wu1,2,3, Shahzad Ali1,2,3, Peng Zhang1,2,3* and Zhikuan Jia1,2,3*

1 College of Agronomy, Northwest A&F University, Yangling, China, 2 Institute of Water-saving Agriculture in Arid Areas of China, Northwest A&F University, Yangling, China, 3 Key Laboratory of Crop Physi-Ecology and Tillage Science in Northwestern Loess Plateau, Ministry of Agriculture, Northwest A&F University, Yangling, China

In China, the ridge-furrow water conservation planting (RC) system is advantageous for improving crop yields and rainwater use efficiency. In RC planting system, plastic film-mulched ridges are employed for water harvesting while the furrows serve as infiltration and planting belts. To optimize the RC system and to overcome problems due to the lack of water in semi-humid areas at risk of drought, we mulched the furrows with 8% biodegradable film (RCSB), liquid film (RCSL), or no mulching in the furrows (RCSN), while conventional flat planting (CF) was employed as the control. After 4 year (2007–2010) consecutive field study, the results showed that the soil water storage level in the 0–100 cm layer with four treatments was ranked as follow: RCB > RCSL > RCSN > CF, while the RCB and RCSL were 26.3 and 12.2 mm greater than RCSN, respectively. Compared with CF, the average soil temperature was significantly (P < 0.05) higher by 3.1, 1.7, and 1.5°C under the RC planting treatments (RCB, RCSL, and RCSN) during each year, respectively. The average ET rate of RC treatments were all lower than CF in each experimental year, and the average decreased by 8.0% (P < 0.05). The average yields with RCB, RCSL, and RCSN increased by 2,665, 1,444, and 1,235 kg ha⁻¹, respectively, and the water use efficiency (WUE) increased by 51.6, 25.6, and 21.1%, compared with CF. RCB obtained the highest economic benefit, the average net income was higher than CF by 4,020 Yuan ha⁻¹. In conclusion, we found that RC planting with biodegradable film mulching in the furrows is the best cultivation pattern in the semi-humid areas of China in terms of both environmental and economic benefits.

Keywords: corn yield, mulching, rainfall harvesting, soil water, soil temperature

INTRODUCTION

In China, the semi-humid region with annual precipitation of 400–600 mm accounts for 13.5% of the total dry land farming area. Agricultural production in this region is important for food safety given the current shortage of water resources and continuous increases in the population. However, over 70% of the precipitation is distributed in the summer season and <40% of the total
precipitation can be used by crops (Wang et al., 2004; Sun et al., 2016). The seasonal water deficit and low water use efficiency (WUE) are now widespread issues that affect agricultural production (Yao and Yin, 1999; Ren et al., 2017).

Mulching is regarded as one of the best ways for improving water retention in the soil (Wang et al., 2009) and reducing soil evaporation (Li et al., 2008). In recent years, several mulching techniques have been developed and adopted in northwest China, including (1) alternating ridges and furrows with only the ridges mulched with plastic film (RC system) (Li et al., 2016b; Ren et al., 2016), (2) alternating mulched rows and bare rows without ridges (Zhang et al., 2017), and (3) flat plots mulched with plastic film (Li et al., 2010). It is known that different mulching techniques provide different effects on crop growth environment. Rainfall harvesting (RC) system are employed widely to harvest rainwater in-situ in the semi-humid areas of China (Zhang et al., 2007). Compared with conventional flat planting, the amount of daily solar radiation received can be raised by 10–90% using the RC system, which obviously increases the soil temperature (Tian et al., 2003; Gan et al., 2013). Thus, the crop yield is improved significantly due to the better hydrothermal conditions (Zhou et al., 2009; Ren et al., 2016), but the effects on the grain yield were not significant and it even decreased in a rainy year (annual rainfall >440 mm) due to low temperature causing high soil water storage levels in the topsoil (0–40 cm). In recent years, another developed and widely adopted technique is double ridges and furrows mulched with plastic film (Zhou et al., 2009, 2012). Studies have shown that, compared with RC planting, use of this technique can improve topsoil temperature (0–60 cm), especially at the seedling stage, increase topsoil moisture, improve WUE, and enhance crop (maize, potato) yield (Zhou et al., 2009; Zhao et al., 2014). However, its widespread use has generated large amounts of mulch residue, which is called “white pollution” and leads to unsustainable farmland use.

Hence, it is necessary to investigate the effects of furrow mulching with environment-friendly materials under RC system on soil WUE and crop yield. This pattern could decrease the plastic film amount by 50% compared to double ridges and furrows planting, which can alleviate the “white pollution” significantly. In addition, it had a significant effect on water harvesting, improved soil temperature, increased crop yields and produced a greater economic benefit. Although there has been quite some research on plastic film mulched with both ridges and furrows (Ma et al., 2008; Liu et al., 2009; Zhou et al., 2012; Chen et al., 2013), these studies were mainly concentrated in arid regions that received 200–300 mm of annual rainfall. But this planting pattern may not be entirely suitable for crop production in the semi-humid area. Moreover, plastic film was a major mulching material in past studies on RC planting, and there are fewer results on application of environmentally-friendly materials. In particular, we wanted to compensate for low temperature during the corn seedling stage and for the drought that occurs during the growing season in this region. Therefore, we conducted a 4-year study at the field test station of Northwest A&F University, Heyang County, Shaanxi province, China (a typical semi-humid area), where the planting furrows in the RC planting system were mulched with biodegradable film, liquid film, or left uncovered. The objectives of our study were to: (1) investigate the effects of combining the RC system with mulching different materials in furrows on the soil water content, temperature, and corn yield, to provide a scientific basis for improved rainwater harvesting planting system; and (2) compare and analyze the economic benefit, and single out an optimum RC system pattern for semi-humid areas that are prone to drought and low temperatures.

**MATERIALS AND METHODS**

**Site Description**

A field study was conducted from April 2007 to October 2010 at the Ganjing Testing Site of Northwest A&F University, Heyang County, Shaanxi province, China (35°15′N, 110°18′E; 850 m a.s.l.). The site is located in a typical semi-humid area with average annual precipitation of 550 mm, which mainly occurs in July, August, and September. The average annual evaporation was 1,832 mm, the average annual temperature was 11.5°C, the frost-free period was 160–200 days, and the effective accumulated temperature ≥ 10°C was 2,800–4,000°C.

The soil at the experimental field was a silt loam. The soil water content throughout the 0–200 cm soil layer before the experiment is shown in Table 1. And the key soil nutrient content of the soil layers (0–30 cm depth) in the experiment field is shown in Table 2. From 2007 to 2010, the annual evaporation was 1,854, 1,954, 2,015, and 1,789 mm, the rainfall rates during the crop growth period (from April 15 to August 30) were 372, 330, 337, and 390 mm, respectively. The rainfall distribution during the experimental periods is shown in Figure 1.

**Experimental Design and Field Management**

Using the regular local fertilization practices, the field study was performed with RC (rain-harvesting ridges and planting furrows) planting, where the ridges were covered with plastic film (PE film, 0.7 m wide and 0.008 mm thick) and the furrows were mulched with 8% biodegradable film (RCB8), which was 0.7 m wide and 0.01 mm thick, liquid film (RCL), or no mulching in the furrows (RCNO), whereas conventional flat planting (CF) was employed as the control. The experiment employed a completely randomized design with three replicates (Table 3) and each plot area measured 40 m² (4 × 10 m). The ridge:furrow width ratio of 1:1, and the widths of the ridges and furrows were both 60 cm, the ridge height was 15 cm, and the seeds were sown on the internal sides of the furrows near the ridges (Figure 2). The corn seed cultivar “Yuyu 22” was sown at a rate of 55,600 plants ha⁻¹ (60 × 30 cm) at a depth of 5 cm. The plant spacing in the CF and RC treatments was all 30 cm with a row spacing of 60 cm, the row spacing was same with the furrows width that easy to realize mechanization in future. The side rows of each catchment served as protective rows. Plastic films that functioned as water separation belts were buried at a depth of 2 m along the edges of each catchment, thereby preventing water percolation within the soil among catchments.

For the 4 year consecutive field experiment (same treatment in same position in each experimental year), at 30 days before
TABLE 1 | Initial water content throughout the 0–200 cm soil layer before the experiment.

| Soil depth (cm) | 0–20 | 20–40 | 40–60 | 60–80 | 80–100 | 100–120 | 120–140 | 140–160 | 160–180 | 180–200 |
|----------------|------|-------|-------|-------|--------|---------|---------|---------|---------|---------|
| Water content (%) | 10.9 | 14.2 | 16.4 | 16.0 | 16.2 | 16.8 | 17.3 | 17.9 | 17.8 | 18.4 |

TABLE 2 | Basic soil nutrient content in the experiment field.

| Soil depth (cm) | Organic matter (g kg⁻¹) | Total nitrogen (g kg⁻¹) | Total phosphorus (g kg⁻¹) | Total potassium (g kg⁻¹) | Available nitrogen (mg kg⁻¹) | Available phosphorus (mg kg⁻¹) | Available potassium (mg kg⁻¹) | pH |
|----------------|--------------------------|-------------------------|--------------------------|--------------------------|-----------------------------|-------------------------------|-------------------------------|----|
| 0–10           | 12.03                    | 0.94                    | 0.68                     | 7.86                     | 94.21                       | 26.45                         | 161.52                        | 8.1 |
| 10–20          | 10.75                    | 0.81                    | 0.62                     | 7.27                     | 74.83                       | 23.85                         | 137.65                        | 8.1 |
| 20–30          | 9.85                     | 0.71                    | 0.49                     | 6.13                     | 54.18                       | 19.28                         | 108.24                        | 8.1 |
| 0–30           | 10.88                    | 0.82                    | 0.60                     | 7.09                     | 74.41                       | 23.19                         | 135.80                        | 8.1 |

Average |

FIGURE 1 | Annual precipitation and its distribution in the test fields during 2007–2010.

sowing, the ridges were banked up with soil on the spot and covered with plastic film (PE film, 1.0 m wide and 0.008 mm thick), the spring corn was all sown on April 15 during 2007 to 2010, and harvested around August 30 (the date of maturity varied by 3–5 days among different treatments). After harvesting, the configurations and mulches were retained in the same location for all of the plots. The corn stalks were removed, the mulching film was cleared up, and then the furrows were leveled 30 days before subsequent sowing, and the other sowing activities were the same as those in 2007. In order to reduce the experiment influence factors, in each experimental year, a base manure containing 300 kg N ha⁻¹, 150 kg P₂O₅ ha⁻¹, and 150 K₂O kg ha⁻¹ was performed 30 days before sowing. Manure was spread evenly in the CF, whereas it was only applied in the planting furrows under ridge and furrow planting, although the total amounts utilized were the same as those applied to the flat areas.

No irrigation was applied during the entire corn growth period. Weeding and pest control were conducted as necessary. The herbicide (Acetochlor, Jiangsu Wono Chemical Co., Ltd., Jiangsu, China) was sprayed for weed control during the growth period before film mulching. And pesticide (Acephate, Cangzhou Zhongtian Chemical Co., Ltd., Hebei, China) was used for pest control (mainly is corn borer) during the growth period as necessary. The plastic film used in this study was made by Shanxi Yuncheng Plastic Factory and the biodegradable film was supplied by Shaanxi Huayu High-tech and Biological Co. Ltd (the biodegradable film comprised polyethylene and starch, and the degradation process started after 60 days). The liquid film was produced by Zhejiang Aiketai Investment Co. Ltd and it was applied by spraying the mulch evenly over the furrows with a sprayer (biochemical fulvic acid with an expected life span of 40 days applied at a dilution ratio of 1:9, as recommended by the producer).

Sampling and Measurement

The soil water contents were determined gravimetrically to a depth of 200 cm at 20 cm intervals manually in each plot at 0, 30, 60, 90, and 120 days after sowing corn by using a 54 mm diameter steel core-sampling tube, where each sample was replicated three times. The final water determination in the overall corn growing season was performed at the harvest. In ridge-furrow water conservation planting belts, samples were collected from the planting furrows at half of the furrow width, from the boundaries of ridges and furrows, and at half of the furrow width under the ridges. In CF, samples were taken halfway between the planting rows. Soil samples were obtained by auger boring (with a diameter of 0.08 m). Three replicates were taken for each sampling position. The soil samples were weighed wet, dried in a fan-assisted oven at 105°C for 48 h, and weighed again to determine the soil water content.

The soil water storage was calculated using Equation (1):

$$ W = h \times p \times b\% \times 10 $$

where $W$ is the soil water storage (mm), $h$ is the soil layer depth (cm), $p$ is the soil bulk density (g cm⁻³) in a specific soil layer, and $b\%$ is the percentage of soil moisture by weight.

The water use efficiency (WUE) was calculated according to the field water balance principle (Ren et al., 2017), as follow:
TABLE 3 | Field test treatments.

| Treatments     | Ridges mulched with materials | Furrows mulched with materials | Abbreviations for corresponding treatments |
|----------------|--------------------------------|--------------------------------|---------------------------------------------|
| Treatment 1    | 0.08 mm films                   | 8% biodegradable films         | RC                                          |
| Treatment 2    | 0.08 mm films                   | Liquid films                    | ROB                                         |
| Treatment 3    | 0.08 mm films                   | No mulching                     | ROPL                                        |
| Control Group  | No ridge and no mulching        | No mulching                     | ROFN                                         |

FIGURE 2 | Cross-sectional view of combined RC planting and mulching.

In ridge and furrow planting areas:

\[ W_c = P + E_r \frac{n_1}{n_2} P + (W_1 - W_2) \]  
\[ WUE = \frac{Y}{W_c \times \frac{n_1}{n_1 + n_2}} \]

In flat planting areas:

\[ W_c = (W_1 - W_2) + P \]  
\[ WUE = \frac{Y}{W_c} \]

Where \( W_c \) (mm) is crop water consumption; \( WUE \) (kg ha\(^{-1}\) mm\(^{-1}\)) is the WUE in fields; \( W_1 \) and \( W_2 \) (mm) are the water storage levels determined in 0–200 cm soil layer depth in two consecutive sampling dates (the water storage under ridge and furrow planting was calculated as the average water storage values in the ridges and furrows); \( E_r \) (%) is the runoff efficiency at the ridge surface relative to the rainfall, i.e., the rain-harvesting efficiency or runoff efficiency, where the average runoff efficiency of the film-mulched ridges was 0.87 (Li and Gao, 2004); \( P \) (mm) is the total precipitation during the overall corn growth season, \( n_1 \) and \( n_2 \) (cm) are the ridge width and furrow width, respectively, and \( Y \) (kg ha\(^{-1}\)) is the grain yield obtained from the total area of the ridges and furrows.

Geothermometers were placed in the rain-harvesting furrows and in the middle of the corn sowing rows for CF at a soil layer depth of 5 cm to monitor the soil temperature. After sowing, temperature data were obtained each day for 30 consecutive days. Each daily temperature observation was made from 8:00 a.m. to 8:00 p.m. and the data were recorded once every 2 h. The air temperature was recorded in the surrounding fields at the same time as the soil temperature was recorded.

At harvest, two rows of representative corn were harvested manually from the middle of each treatment with three replicates, then twenty evenly growing corn plants were selected to determine the yield components (including the spike number per unit area, grain number per spike, and hundred-seed weight) and the economic yield of corn was calculated according to these components. The grain yield was determined at a water content of 12% and the finally grain yield was calculated based on the total land area, including the ridges and furrows.

**Statistical Analysis**

The experimental data were calculated by Microsoft Excel 2003 software. The data was tested by analysis of variance using SAS 2001 (SAS Institute Inc. USA), where the data obtained from each sampling event was analyzed separately. Mean values from treatments were compared based on the least significant difference test (LSD 0.05) if the \( F \)-tests were significant at a probability level of 0.05. The variations including year, planting systems as well as their interactions were not significant, therefore, the data were not shown in Tables. All figures were prepared using SigmaPlot 10.0.
RESULTS

Soil Water Storage

In four consecutive years, the soil moisture storage was determined regularly in the 0–200 cm soil layer under different treatments during the whole growth period of spring corn. The results showed that the rainfall-harvesting effects of the ridges and furrows significantly improved the soil moisture storage ($P < 0.05$) in the 0–100 cm soil layer under all of the RC treatments compared with conventional flat (CF) farming method, whereas the spatial and temporal changes in moisture storage at depths below 100 cm were relatively small, and there were no significant ($P < 0.05$) differences between the RC treatments and CF; thus, we do not show the data of the 100–200 cm depth (Figure 3). The water storage level in the 0–100 cm soil layer differed significantly among test years ($P < 0.05$) with treatments ranking as follows: $\text{RC}_{SB} > \text{RC}_{SL} > \text{RC}_{SN} > \text{CF}$. During 2007–2010, we found that $\text{RC}_{SB}$, $\text{RC}_{SL}$, and $\text{RC}_{SN}$ had the best water-harvesting and moisture-retaining effects; compared with CF, the average soil water storage in the 0–100 cm soil layer with $\text{RC}_{SB}$, $\text{RC}_{SL}$, and $\text{RC}_{SN}$ treatments were significantly ($P < 0.05$) increased by 44.9, 30.7, and 18.6 mm, respectively. The RC planting furrows were mulched with different materials which also have significant ($P < 0.05$) effects on soil water storage. During the crop growth periods in 2007–2010, the annual mean soil moisture storage levels with $\text{RC}_{SB}$ and $\text{RC}_{SL}$ increased by 26.3 and 12.2 mm, respectively, compared with the $\text{RC}_{SN}$ treatment (Figure 3).

Soil Temperature

We found that the soil temperature in the furrows was affected significantly by mulching to depths of 5 cm ($P < 0.05$; Figure 4). The differences among treatments had the same trend in each experimental years as follows: $\text{RC}_{SB} > \text{RC}_{SL} > \text{RC}_{SN} > \text{CF}$. During 2007–2010, the soil temperature was significantly higher under the RC planting treatments than under the CF treatment during each year ($P < 0.05$); under $\text{RC}_{SB}$, $\text{RC}_{SL}$, and $\text{RC}_{SN}$, the average daily soil temperatures over the 4 years were 3.01, 1.43, and 1.15°C higher than that under CF, respectively (Figure 4). Moreover, the RC planting furrows mulched with different materials have different effects on soil temperature; which $\text{RC}_{SB}$ had the best warming effects whereas $\text{RC}_{SL}$ and $\text{RC}_{SN}$ did not perform as well. During the crop growth periods in 2007–2010, the annual mean soil temperature levels with $\text{RC}_{SB}$ significantly ($P < 0.05$) increased by 1.58 and 1.85°C, respectively, compared with the $\text{RC}_{SL}$ and $\text{RC}_{SN}$ treatment (Figure 4). There was no significant difference during each experimental year between $\text{RC}_{SB}$ and $\text{RC}_{SN}$.

Grain Yield

The results of field experiments in four consecutive years showed that RC planting significantly ($P < 0.05$) enhanced the spring corn grain yield. During 2007–2010, the trend of spring corn yields for each year was similar, and all of the treatments increased the yield (Table 4). Compared with CF, $\text{RC}_{SB}$ had the best effects on the yield, followed by $\text{RC}_{SL}$ and $\text{RC}_{SN}$. Compared with the other mulching treatments, $\text{RC}_{SN}$ had a relatively small effect on increasing yield, but compared with CF, the yield still improved by a relatively large amount. The 4-year average grain yields under $\text{RC}_{SB}$, $\text{RC}_{SL}$, and $\text{RC}_{SN}$ increased by 32.3, 17.6, and 14.8% increases compared with CF, respectively. Compared with no mulching in the furrows ($\text{RC}_{SN}$), the average annual yields under $\text{RC}_{SB}$ and $\text{RC}_{SL}$ increased by 17.5 and 2.8%, respectively, and no significant difference during the each experimental year (except 2010, significant higher by 8.6%) between $\text{RC}_{SL}$ and $\text{RC}_{SN}$.

ET and WUE

Similar to the yields, the results of field experiments in four consecutive years showed that RC planting significantly ($P < 0.05$) enhanced the WUE (Table 4). The WUE with four treatments during each experimental years were ranked in the following order: $\text{RC}_{SB} > \text{RC}_{SL} > \text{RC}_{SN} > \text{CF}$, and the average WUE of RC treatments were all significantly ($P < 0.05$) higher than CF, i.e., increased by 33.6% in 2007, 36.0% in 2008, 28.9% in 2009, and 31.7% in 2010. Comparing between the different RC treatments it can be found that: the average WUE with $\text{RC}_{SB}$ were significantly ($P < 0.05$) higher than $\text{RC}_{SL}$ and $\text{RC}_{SN}$ by 20.7 and 25.2% during 2007–2010, respectively. There were no significant difference between $\text{RC}_{SL}$ and $\text{RC}_{SN}$ during 2007–2009, but $\text{RC}_{SL}$ was significant ($P < 0.05$) higher than $\text{RC}_{SN}$ by 12.3% in 2010. During 2007–2010, the trend of ET-value of spring corn for each year was similar, and all of the treatments decreased the ET rate (Table 4). The average ET rate of RC treatments were all lower than CF in each experimental years (Table 4), i.e., decreased by 9.2% ($P < 0.05$) in 2007, 8.2% ($P < 0.05$) in 2008, 8.3% ($P < 0.05$) in 2009, and 6.1% in 2010. Comparing between the different RC treatments it can be found that: the average ET rate with $\text{RC}_{SB}$ were significantly ($P < 0.05$) lower than $\text{RC}_{SL}$ and
Many studies have indicated RC planting leads to significant water conservation and reduced soil water evaporation by mulching on ridges, in turn increasing precipitation use efficiency in rain-fed farming systems (Ramakrishna et al., 2006; Gan et al., 2013). Favorable soil water conditions are vital for obtaining high yields in dry land farming (Li et al., 2010; Zhou et al., 2011). Our results showed that the water storage level was significantly higher in the 0–100 cm soil layer under the RC treatments ($P < 0.05$) compared with conventional CF planting, which was mostly because of the following two possible reasons: one is the water conservation effects of the RC system in which the ridge and furrow system could accumulate rainfall to enhance water infiltration and retention, and another is the plastic film mulching on ridges could significant prevent the soil water exchange between the soil and air to decrease the evaporation of soil water. The current study also showed that there were no significant differences in the water storage levels among different treatments in the soil layer below 100 cm (data was not shown). These results agree with those of our previous study, where we used movable rain shelters to obtain different rainfall during the crop growing season in 2007–2010.

### DISCUSSION

RC planting is regarded as one of the best ways of improving water retention in the soil and reducing soil evaporation (Ren et al., 2010; Li et al., 2013).
season (Ren et al., 2010). The water storage in the 0–100 cm soil layer varied according to the precipitation in different years. Gan et al. (2013) and Li et al. (2013) observed that mulching materials in the RC planting furrows probably reduced evaporation from the soil surface, thereby retaining more water in the soil. In our study, with the RC treatments, the average water storage level in the 0–100 cm soil layer differed significantly among test years (P < 0.05) with RC_{SB}, RC_{SL}, and RC_{SN} as follows: RC_{SB} > RC_{SL} > RC_{SN}, during the corn growth period (Figure 3). It indicating that mulching the furrows with biodegradable film and liquid film further enhanced the rain-harvesting and moisture-retaining effects of the RC system, because furrows mulched with different materials inhibited soil evaporation in the RC_{SB} and RC_{SL} treatment but some soil moisture might have evaporated directly from the flat surface of the film thereby preventing the infiltration of light rain (Li et al., 2016a).

Temperature is one of the major factors limiting agricultural productivity (Zhou et al., 2012), and soil temperature is the basic for crops to adapt the various temperatures, which is also an important factor to maintain root activity, change root morphology to affecting crop yield (Stone et al., 1999). Several investigators have reported that suitable temperatures during the early stage of crop growth can greatly accelerate grain germination and dry matter accumulation (Wang et al., 2005; Liu et al., 2010; Imran et al., 2013). The growth of spring corn may be influenced significantly when the soil temperature is below 15°C (Verheul et al., 1996), while growth can be inhibited when the soil temperature is below 8°C (Raes et al., 2009). In the present study, the soil temperature was significantly higher under the RC planting treatments than under the CF treatment during each experimental year (P < 0.05), which provided favorable thermal conditions for seed germination and plant growth during the early stages. Mulching influenced the exchange of heat between the soil surface and the atmosphere, thereby greatly affecting the soil temperature. A thin layer of black film formed on the soil surface after the furrows were sprayed with the liquid film, which was more favorable to the absorption of solar energy and this led to a higher soil heat flux (Yang et al., 2005). We observed that the soil temperature under RC_{SL} was slightly higher than the RC_{SN}, and no significant difference in the diurnal temperature change between RC_{SL} and RC_{SN}. This was because the black liquid membrane was sprayed on soil surface was made the diurnal temperature increase relatively rapidly as the temperature declined. Our study also showed that the average daily soil temperatures was higher under RC_{SB} was significant higher than RC_{SL} and RC_{SN}, and the improvement in the soil temperature was greater with the biodegradable film than that with liquid film (Subrahmaniyan and Zhou, 2008; Chen et al., 2013). This was a result of two mechanisms: the biodegradable polymer film mulch had an air gap between the film and the soil surface, while the sprayed liquid membrane had

| Year | Treatments | LC\(^A\) | MC | MCC | SFC | IV | OV | YI | NI | NID |
|------|------------|--------|----|-----|-----|----|----|----|----|-----|
| 2007 | RC_{SB}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 21,325 | 7,103 | 3,480 | 13,655 |
|      | RC_{SL}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 15,921 | 7,356 | 3,480 | 13,655 |
|      | RC_{SN}    | 1,650  | 585  | 1,500 | 3,200 | 6,935 | 16,058 | 7,893 | 3,480 | 13,655 |
|      | CF         | 1,350  | 0    | 1,500 | 3,200 | 6,050 | 15,746 | -    | 3,480 | 13,655 |
| 2008 | RC_{SB}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 21,325 | 7,103 | 3,480 | 13,655 |
|      | RC_{SL}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 15,921 | 7,356 | 3,480 | 13,655 |
|      | RC_{SN}    | 1,650  | 585  | 1,500 | 3,200 | 6,935 | 16,058 | 7,893 | 3,480 | 13,655 |
|      | CF         | 1,350  | 0    | 1,500 | 3,200 | 6,050 | 15,746 | -    | 3,480 | 13,655 |
| 2009 | RC_{SB}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 21,325 | 7,103 | 3,480 | 13,655 |
|      | RC_{SL}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 15,921 | 7,356 | 3,480 | 13,655 |
|      | RC_{SN}    | 1,650  | 585  | 1,500 | 3,200 | 6,935 | 16,058 | 7,893 | 3,480 | 13,655 |
|      | CF         | 1,350  | 0    | 1,500 | 3,200 | 6,050 | 15,746 | -    | 3,480 | 13,655 |
| 2010 | RC_{SB}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 21,325 | 7,103 | 3,480 | 13,655 |
|      | RC_{SL}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 15,921 | 7,356 | 3,480 | 13,655 |
|      | RC_{SN}    | 1,650  | 585  | 1,500 | 3,200 | 6,935 | 16,058 | 7,893 | 3,480 | 13,655 |
|      | CF         | 1,350  | 0    | 1,500 | 3,200 | 6,050 | 15,746 | -    | 3,480 | 13,655 |
| Average value over 4 years | RC_{SB} | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 21,325 | 7,103 | 3,480 | 13,655 |
|      | RC_{SL}    | 1,800  | 1,260 | 1,500 | 3,200 | 7,760 | 15,921 | 7,356 | 3,480 | 13,655 |
|      | RC_{SN}    | 1,650  | 585  | 1,500 | 3,200 | 6,935 | 16,058 | 7,893 | 3,480 | 13,655 |
|      | CF         | 1,350  | 0    | 1,500 | 3,200 | 6,050 | 15,746 | -    | 3,480 | 13,655 |

RC_{SB}, means rain-harvesting ridges and furrows planting covered with 8% biodegradable films in furrows; RC_{SL}, means rain-harvesting ridges and furrows planting covered with liquid films in furrows; RC_{SN}, means rain-harvesting ridges and furrows planting with no films mulching in furrows; CF, means the conventional flat planting without film mulching; LC, Labor costs (Chinese yuan (CNY) ha \(^{-1}\)); MC, film mulching costs (CNY ha \(^{-1}\)); MCC, machine-cultivated costs (CNY ha \(^{-1}\)); SFC, seed and fertilizer costs (CNY ha \(^{-1}\)); IV, input value (CNY ha \(^{-1}\)) = LC + MC + MCC + SFC; OV, output value (CNY ha \(^{-1}\)); YI, average yield increase in 4 Years (kg ha \(^{-1}\)); NI, net income (CNY ha \(^{-1}\)) = OV – total IV; NID, net income difference (CNY ha \(^{-1}\)) from CF. \(^A\) Labor cost was 60 CNY per person per day; plastic film cost was 13 CNY kg \(^{-1}\); biodegradable film 15 CNY kg \(^{-1}\); liquid film 10 CNY kg \(^{-1}\); corn seed price was paid local Chinese government by 1.8 CNY kg \(^{-1}\).
direct contact with the soil (Schettini et al., 2007; Immirzi et al., 2009). These results indicate that the topsoil temperature was effectively improved by RC planting and the warming effects were enhanced further by mulching the furrows with biodegradable film, which provided highly favorable conditions for seedling growth in the experimental area.

Previous studies showed that the crop yield is positively correlated with the ET rate (Sun et al., 2006). However, we got a different result because of the different environment and planting management in our continuous field experiment. Our study showed that the average ET rate of RC treatments were all lower than CF in each experimental years (Table 4). Because the RC planting could significantly reduced soil water evaporation and improved water retention (Ren et al., 2016; Zhang et al., 2017), then increased soil water storage in the maturing stage, in consequence, the ET rate was lower with RC treatments than CF. Our study also showed that in each experimental year, the ET rate of RC$_{SB}$ were lower than RC$_{SL}$ and RC$_{SN}$. And no significant ($P > 0.05$) difference between RC$_{SL}$ and RC$_{SN}$, which was consistent with Zhang et al. (2010) results. Because the soil water evaporation under RC$_{SL}$ and RC$_{SN}$ significantly higher than that under RC$_{SB}$, which caused by the liquid film was easy to damaged by environmental conditions after spraying in field (Li et al., 2013).

Water use efficiency (WUE) is a comprehensive index that represents the relationship between water consumption and the grain yield (Turner, 1986). Thus, it is commonly used to develop and evaluate optimum water management strategies to ensure the most efficient use of water resources (Liu et al., 2010). Previous studies have shown that the ridge and furrow system planting can have major effects on the field WUE by affecting the soil water content and soil temperature (Wang H. L. et al., 2011; Gan et al., 2013). In our present study, the results of 4-year consecutive field tests showed that the average WUE of RC treatments were all significantly ($P < 0.05$) higher than CF in each experimental years, this was because the surface mulch favorably influences the soil moisture regime by controlling evaporation from the soil surface (Jia et al., 2006; Wang et al., 2009), improving infiltration and soil water retention, support a favorable soil microclimate for crop growth and root proliferations (Li et al., 2012), and thus the water passing through the crop by transpiration increased (Jia et al., 2006). These agree with the results reported Song et al. (2013) who studied the effects of field ridging at different times on the corn yield in the dryland farming area of northeast China at high latitudes. Due to the favorable soil moisture and temperature conditions for spring corn under the rain-harvesting planting system. Our study also showed that, compared with RC$_{SL}$ and RC$_{SN}$, the RC$_{SB}$ treatment significantly ($P < 0.05$) increased the field WUE by 20.7% and 25.2% during 2007–2010, respectively, which indicates that mulching the furrows with biodegradable film can greatly enhance the crop transpiration under rain-harvesting planting. It was possibly because the RC$_{SB}$ treatment could reduce the area available for evaporation from the fields, decrease ineffective evaporation from the soil, and thus the RC$_{SB}$ treatment obtained a higher WUE than other treatments (Shen et al., 2011; Jia et al., 2017). Wang M. et al. (2011) reported that the application of liquid film mulch could increased the maize yield and WUE. However, we found no differences in the WUE with the RC$_{SL}$ and RC$_{SN}$ treatments, which may be related to the composition of liquid film or it may suggest that the film was more vulnerable to the environmental conditions that prevailed during film formation after spraying (Zhang et al., 2010).

Mulching had significant effects on the soil temperature and water content, which affected the crop growth and yield (Turner et al., 2011). Many studies had showed that the film mulching can improve the soil water temperature conditions during the early growth stage, promote the crop vegetative growth, thus in favor of the crop reproductive growth to increase the grain yield (Liu et al., 2010; Gan et al., 2013). Wang et al. (2016) recommend that plastic-film mulch can be preferentially applied for maize production in semiarid environments where both insufficient rainfall and low temperature are simultaneous limiting factors after assessment the effects of RC system in multi-site in semiarid areas. Our study showed that the corn grain yields in the RC treatments were all significantly ($P < 0.05$) higher than CF in each experimental year, which agreed with the results of previous studies conducted in dry land farming in semi-arid areas (Zhou et al., 2012; Song et al., 2013). This was mostly because the RC planting can prolong the period of moisture availability and provide a optimum soil temperature by improve soil moisture storage and topsoil temperature (Wang H. L. et al., 2011; Li et al., 2013; Ren et al., 2016), thereby enhance production of agricultural crops. Comparing between the different RC treatments can be found that: RC$_{SB}$ treatment achieved a higher yield compared with RC$_{SL}$ and RC$_{SN}$ (Table 4), which indicates that mulching the furrows with biodegradable film can greatly enhance the yield under ridge-furrow water conservation planting. Moreno and Moreno (2008) reported that although biodegradable film underwent early decomposition, but it generally remained functional during use and it did not affect the yield increase, which was consistent with our results. Due to the special composition, the liquid film might have been more vulnerable to the environmental conditions that prevailed during film formation after spraying (Qiang et al., 2010; Li et al., 2012). In our study, the differences between RC$_{SL}$ and RC$_{SN}$ were not significant significantly ($P > 0.05$), except in 2010 when the air temperature during the spring was relatively low, and the superior effect of RC$_{SL}$ on increasing the soil temperature was highlighted.

Economic benefit is one of the most effective evaluation indexes for crop management practices, which is the most concerned by farmers. The most important output from the plots was corn grain, the market price of which is stable between and within seasons in northwest China. We found that compared with CF, RC treatments significantly increased the OV because the corn grain yield (14.8–32.3%) significantly increased, which also showed by Li et al. (2013, 2016b). Our study also found that the input value (IV) for RC treatments were all higher than CF and ranked as follow: RC$_{SL}$ > RC$_{SB}$ > RC$_{SN}$ > CF; because the mulching materials and labor costs were different. Comparing between the different RC treatments can be found that the RC$_{SB}$ treatments could significantly increased the economic benefit (IV) compared with RC$_{SL}$ and RC$_{SN}$, this mainly because furrows mulching with biodegradable film could provide a favorable soil water
temperature conditions for corn growth to produced a higher grain yield. Therefore, the utilization of RC planting combined with biodegradable film mulching in the furrows can greatly improve the crop yields and enhance the revenues for farmers in the semi-humid farming areas of China.

CONCLUSION

The results of this study demonstrate that in rain-harvesting planting, plastic film mulching on ridges and furrows mulching with 8% biodegradable film (RC8 treatment) can inhibit soil evaporation, improve the soil moisture storage and availability in the furrow, regulate the soil temperature, as well as improving corn yield and field WUE, thereby obtaining greater economic benefits for local farmers. Therefore, farmers will achieve greater grain production if this method is applied as an efficient cultivation pattern in the semi-humid dryland farming areas of the Loess Plateau in China, and possibly in other similar areas.

AUTHOR CONTRIBUTIONS

The manuscript was reviewed and approved for publication by all authors. XR, ZJ, and PZ conceived and designed the experiments. PZ, XC, TC, TW, XR, and YW performed the experiments. PZ, TW, TC, and ZJ analyzed the data. PZ, XC, and XR wrote the paper. XR, XC, PZ, TW, TC, YW, SA, and ZJ reviewed and revised the paper. PZ, TW, and ZJ corrected the English language for the paper.

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FUNDING

This study was supported by the National Natural Science Foundation of China (31201156, 31571614, 31400332, and 31601257), the Fundamental Research Fund for Universities and Colleges (Z109021704 and 2452016014), the China Postdoctoral Science Foundation funded project (2016M602870), the National Key Research and Development Plan (2017YFC0403605), and the 12th 5-Year National Science and Technology Support Program of China (2012BAD09B03 and 2015BAD22B02).

ACKNOWLEDGMENTS

We are grateful to Wang Junpeng, Nie Junfeng, Yang Baoping, and Ding Ruixia for help during experimental period.
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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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