Associations among Farm, Breed, Lactation Stage and Parity, Gene Polymorphisms and the Fatty Acid Profile of Milk from Holstein, Simmental and Their Crosses

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Simple Summary: The composition of milk fat has serious importance for consumer health, and unsaturated and especially polyunsaturated fatty acids are preferred. Thus, methods of influencing the fatty acid profile of milk fat are intensively being studied, both genetically and nongenetically. This paper analyzed the effects of polymorphisms in some genes, breeds, lactation parity and stage, and farm on the milk fatty acid profile. The farm was the most significant factor influencing the profile, followed by the lactation stage and their interaction. The lactation parity did not show much importance. The effect of the cow’s breed was minimal. Considering that all 49 individual fatty acids and 11 groups were evaluated, the influence of the gene polymorphisms mentioned was not strong. SCD1 showed significance in eleven cases.

Abstract: This study aimed to analyze the factors affecting the fatty acid (FA) profile in cow’s milk. The effects of a farm, lactation parity and stage, breed and polymorphisms in the AGPAT6, DGAT1, LEP, FASN and SCD1 genes were evaluated. A total of 196 Holstein cows, 226 Simmental cows and seven crosses were sampled 751 times. The cows were kept at five farms and were in the first up to the sixth lactation, and 49 individual FAs and 11 groups were analyzed. The farm significantly affected the proportion of all FAs except for C16:1n-7c and isoC14:0. Additionally, the lactation stage was significant for most FAs, and the opposite was true for lactation parity. The effect of the breed was negligible. For the gene polymorphisms, the SCD1 TT genotype exceeded the CC in C10:0, C12:0, C14:0, C16:1n-7c and C18:2, and the opposite was true for C10:1, C12:1, C14:1n-5c, isoC17:0, C16:1 and C18:1, i.e., the TT genotype was higher for saturated FAs, and the CT genotype was higher for monounsaturated FAs. The results hint at the intermediary heredity of the SCD1 gene. The FASN gene was strongly associated with four FAs and branched-chain FAs, and genotype AG was better than GG. LEP was significant for five individual FAs and branched-chain FAs. The differences in FA composition among genotypes were rather small, which could lead to overestimation of the effect and needs to be considered in the next research.

Keywords: milk fatty acids; genetic and non-genetic factors; AGPAT6; DGAT1; LEP; FASN; SCD1
1. Introduction

The quality of milk fat is determined mainly by its composition of fatty acids (FAs). Evaluation of factors affecting the FA profile has enormous economic potential. The improvement of milk fat composition can be achieved by non-genetic factors, mainly nutrition, and by breeding.

For the genetic factors, the heritabilities of FA proportions were found to be mostly low [1]. Occasionally, the values were over 0.4, namely, for C6:0, C8:0, C10:0 and C14:0. The heritability of polyunsaturated FAs (PUFAs) was 0.092. Other individual FAs and their groups, saturated FAs (SFAs), unsaturated FAs (UFAs), etc., were of low heritabilities ranging from 0.1 to 0.4. Low to medium heritabilities of FAs ranging from 0.21 to 0.42 was confirmed by Lopez-Villalobos et al. [2]. The data set included measurements in 34,141 milk samples from Holstein-Friesian, Jersey, and their crosses. Similar heritability estimates were found by Park et al. [3] for SFA (0.33) and UFA (0.41) and even higher for MUFA (0.42) and PUFA (0.37). Authors also found that first parity cows had lower heritability for SFAs (0.19) than later parities (0.28). Authors calculated with results of 885,249 repeated test-day milk records. Heritability values may also reflect the origins of FA (performed or synthesized de novo) and their grouping according to saturation or chain length [4].

In the meta-analysis mentioned above [2], all FAs had positive and high genetic correlations with fat and protein percentages of milk, negative and low to medium genetic correlations with milk and protein yields, positive and low to medium genetic correlations with fat yield, and positively low and near to zero correlations with somatic cell score. Except for genetic correlations between group FAs with somatic cell scores, other correlations were significant. A similarly focused study [4] found the same tendencies in genetic correlations. Negative correlations with milk and protein yield and positive correlations with the percentage of fat, protein and casein. The de novo synthesized FAs (C6:0, C8:0, C10:0, C12:0 and C14:0) showed strong positive correlations with each other, ranging from 0.24 to 0.99 [2]. SFAs were negatively correlated with UFAs and PUFAs. The SFAs were positively correlated with fat yield and percentage, and the UFAs were negatively associated with both indicators. Such genetic parameters indicate that genetic selection could be used to change the composition of milk fat [2,3]. Moderate correlations between FA and basic indicators of milk performance suggest that the selection program could affect all FA groups; however, not only the desired ones [4].

The effects of dairy (Brown Swiss, Holstein, Jersey) and dual-purpose (Simmental, Alpine Gray) breeds were analyzed [5]. Holstein cows produced more milk than the other cattle breeds, with the highest trans FA (TFA) and C18:1 and the lowest C18:0 proportion. Comparisons between dairy and dual-purpose breeds highlighted significant differences for all traits except for PUFA and TFA. Dairy breeds had greater SFAs, short-chain FAs (SCFAs), medium-chain FAs (MCFAs), C14:0 and C16:0 proportions, and dual-purpose breeds produced milk with higher proportions of monounsaturated FAs (MUFS), long-chain FAs (LCFAs), C18:0 and C18:1. Dairy breeds produced more milk than dual-purpose breeds, but the milk FA profile of the latter was more favorable from a human nutrition point of view.

In addition to genetic parameters, the effects of major genes were studied. The polymorphisms of the SCD1 (stearoyl-CoA desaturase 1) gene significantly affected the milk fat percentage and the proportions of some FAs [6]. The authors found the optimal FA composition of milk in cows of the TT genotype. Other association studies revealed that FASN (FA synthase), PPARGC1A (peroxisome proliferator-activated receptor gamma coactivator 1-alpha), ABCG2 (ATP-binding cassette, sub-family G, member 2) and IGF1 (insulin-like growth factor 1) gene polymorphisms were mainly associated with MCFAs and LCFAs, especially FASN for C10:0, C12:0 and C14:0 [7]. Their findings provide evidence for the possible selection of dairy cows with a healthier milk FA composition by genomic selection schemes. Similarly, other authors have suggested a genomic approach to a complex description of the genetic background; this option helps to increase the chances of identifying loci associated with economically important traits [8,9]. The significant effect of FASN gene polymorphisms
was also confirmed by other authors [10]. Additionally, other gene polymorphisms were studied in relation to the FA profile, for example, \(GH \) (growth hormone), \(MSTN \) (myostatin), \(FADS2 \) (fatty acid desaturase 2), \(CPM \) (carboxypeptidase), \(THRS\) (thyroid hormone-inducible hepatic protein), \(ACACA \) (fatty acid desaturase 2), \(CPM \) (carboxypeptidase), \(THRSP \) (thyroid hormone-inducible hepatic protein), \(ACACA \) (acetyl-CoA carboxylase alpha), \(AGPAT3 \) (1-acylglycerol-3-phosphate O-acyltransferase 3) [11–17]. The authors suggest that some of them could be useful as a marker selection for FA composition in milk. Specifically, \(DGAT1 \) (acyl-CoA diacylglycerol transferase 1) and \(SCD1 \) polymorphisms have recently become the focus [6,18–21].

This paper analyzed the effect of polymorphisms of 1-acylglycerol-3-phosphate O-acyltransferase 6 (\(AGP\AT6\)), leptin (\(LEP\)), \(DGAT1\), \(FASN\) and \(SCD1\) genes, breed, farm, lactation parity and stage on the proportion of FAs in cow’s milk. Additionally, the interactions of genotype x farm, genotype x lactation stage, farm x lactation stage and lactation parity x lactation stage were analyzed. So, we aimed to contribute to the knowledge of the potential influence of lipogenic gene polymorphisms on the FA profile in cow milk; this study also comprised other effects to evaluate the polymorphisms under field conditions.

2. Materials and Methods

2.1. Animals

The group analyzed (\(n = 429\) with 751 measurements in all) consisted of cows of Holstein (\(n = 196\) with 342 measurements) and Simmental (\(n = 226\) with 396 measurements) breeds in the Czech Republic and their crosses (\(n = 7\) with 13 measurements). The cows were kept on five farms in free housing (\(n_1 = 132; n_2 = 125; n_3 = 77; n_4 = 49; n_5 = 46\)). The milk samples were obtained once or twice from September to December 2015, and the cows were in the first up to the sixth lactation. There were 114 cows with 202 measurements on the day in milk (DIM) 1–99, 157 cows with 296 measurements on DIM 100–200, and 158 cows with 253 measurements on DIM 201–305. The feed ratio consisted of maize silage, grass silage, hay and feed concentrate year-round.

2.2. Fatty Acids Analyses

Milk samples were analyzed for their MFAP (the proportion of FAs in milk fat) using the gas chromatography (GC) method after previous lyophilization of the material, fat extraction and derivatization of the FAs at the Department of Applied Chemistry (the University of South Bohemia in České Budějovice, Faculty of Agriculture). The determination of the FAs was performed on a Varian 3800 instrument (Varian Techtron, Palo Alto, CA, USA). The identification of FAs in the milk fat was performed using Supelco standards according to Samková et al. [22]. The FA proportions were stated as g/100 g of FAs.

2.3. Genotyping

DNA was isolated from the milk samples using a MagCore HF16 Plus DNA/RNA extractor (RBC Bioscience, New Taipei, Taiwan). Genotyping was performed by the PCR/RFLP method. \(DGAT1\) gene alleles \(A\) (alanine) and \(K\) (lysine) were genotyped according to the methods of Kuhn et al. [23]; \(LEP\) gene alleles \(M\) and \(W\) were genotyped according to Buchanan et al. [24]; \(FASN\) gene alleles \(A\) and \(G\) were genotyped according to Roy et al. [25]; \(SCD1\) gene alleles \(C\) and \(T\) were genotyped according to the methods of Inostroza et al. [21]. \(AGP\AT6\) gene alleles \(C\) and \(T\) were genotyped using fragment analysis as in Littlejohn et al. [26]. The sequences of the primers used in the PCR and restriction endonucleases used for genotyping are given in Table S1. Absolute frequencies of samples from cows with respective genotypes are given in Table 1.
Table 1. Absolute frequencies of samples from cows with respective genotype $^1$.

|          | AGPAT6 | DGAT1 | LEP  | FASN | SCD1 |
|----------|--------|-------|------|------|------|
|          | CC     | CT    | TT   | AA   | AK   |
|          | MM     | MW    | WW   | AG   | GG   |
|          | CC     | CT    | TT   |      |      |

256 560 14 816 44 542 130 26 206 652 226 546 84

$^1$ AGPAT6 = 1-acylglycerol-3-phosphate O-acyltransferase 6; DGAT1 = acyl-CoA diacylglycerol transferase 1; LEP = leptin; FASN = fatty acid synthase; SCD1 = stearoyl CoA desaturase 1.

2.4. Statistical Analysis

Statistical analyses were performed using SAS (SAS 9.4, SAS Institute, Cary, NC, USA) [27]. The data set contained repeated measurements of FA obtained in the first to sixth lactations. A linear mixed model (MIXED procedure of the SAS system with repeated measurements) and the LSM method were used to analyze the effects of the polymorphisms and other effects on the FA proportions. The model was developed as follows:

$$\text{FA}_{ijklmnop} = \mu + \text{gene}_i + \text{farm}_j + \text{lact}_k + \text{lactstage}_l + \text{breed}_m + \text{sire}_n + \text{pe}_o + e_{ijklmnop}$$

where $\text{FA}_{ijklmnop} =$ fatty acid (FA group); $\mu =$ mean; $\text{gene}_i =$ fixed effect of the gene (class effect $i = 1, 2, 3$); $\text{farm}_j =$ fixed effect (class effect $j = 1, \ldots, 5$); $\text{lact}_k =$ fixed effect of the lactation parity (class effect $k = 1, \ldots, 6$); $\text{lactstage}_l =$ the fixed effect of the lactation stage (class effect $l = 1, 2, 3$ for DIM 1–100, 100–200, 200–305); $\text{breed}_m =$ the fixed effect of the breed (class effect $m = 1,2,3$); $\text{sire}_n =$ random effect of the father of the cow; $\text{pe}_o =$ permanent environment of the cow (repeated measurement); $e_{ijklmnop} =$ random residual effect.

The interactions genotype * farm, genotype * lactation stage, farm * lactation stage and lactation parity * lactation stage were tested by the same model equation by adding the fixed effect of interaction depending on chosen combination as follow:

$$\text{FA}_{ijklmnop} = \mu + \text{gene}_i + \text{farm}_j + \text{lact}_k + \text{lactstage}_l + \text{breed}_m + \text{(interaction)}_{xy} + \text{sire}_n + \text{pe}_o + e_{ijklmnop}$$

where $\text{FA}_{ijklmnop} =$ fatty acid (FA group); $\mu =$ mean; $\text{gene}_i =$ fixed effect of the gene (class effect $i = 1, 2, 3$); $\text{farm}_j =$ fixed effect (class effect $j = 1, \ldots, 5$); $\text{lact}_k =$ fixed effect of the lactation parity (class effect $k = 1, \ldots, 6$); $\text{lactstage}_l =$ the fixed effect of the lactation stage (class effect $l = 1, 2, 3$ for DIM 1–100, 100–200, 200–305); $\text{breed}_m =$ the fixed effect of the breed (class effect $m = 1,2,3$); $\text{interaction}_{xy} =$ interaction between fixed effects were following: ($\text{gene} \times \text{farm})_i$, ($\text{gene} \times \text{lactstage})_l$, ($\text{farm} \times \text{lactstage})_d$ or ($\text{lact} \times \text{lactstage})_d$, only one interaction was always analyzed; $\text{sire}_n =$ random effect of the father of the cow; $\text{pe}_o =$ permanent environment effect of the cow (repeated measurement); $e_{ijklmnop} =$ random residual effect.

The Tukey–Kramer test was used for post-hoc comparisons.

3. Results and Discussion

The results of studies on relationships between gene polymorphisms and fat content in cow milk made by many authors are at disposal and results between gene polymorphisms and FA profile as well. However, the last-mentioned are less frequent, but some authors suggest incorporating the profile of FAs into the breeding programs [3]. To determine the polymorphism of the AGPAT6, DGAT1, LEP, FASN and SCD1 genes, 49 FAs and 11 FA groups were assessed. Table 2 shows the p-values of those with a significant effect of the polymorphous gene, and those with a p-value near the significance threshold. Table S2 shows the least squares means ± standard error of all genotypes and all FAs.
Table 2. Significance of differences among genotypes on the fatty acid (FA) proportions (p-values) ¹

| FAs and FA Groups ² | AGPAT6 | DGAT1 | LEP | FASN | SCD1 |
|---------------------|--------|-------|-----|------|------|
| C10:0               | 4      | 0.010 | TT  | 0.001 |
| C10:1 *             | 5      | <0.0001 | CC  | 0.028 |
| C12:0               | 7      | TT  | 0.007 |
| C12:1 *             | 8      | TT  | 0.0001 |
| isoC14:0            | 10     | AG  | TT  | 0.045 |
| C14:0               | 11     | AG  | TT  | 0.002 |
| C14:1n-5c           | 12     | AG  | TT  | 0.013 |
| C15:0               | 14     | WW  | TT  | 0.011 |
| isoC16:0            | 16     | WW  | TT  | 0.088 |
| C16:1n-7c           | 20     | WW  | TT  | 0.082 |
| isoC17:0            | 21     | WW  | TT  | 0.083 |
| C18:1 *             | 22     | WW  | TT  | 0.083 |
| anteisoC17:0        | 23     | WW  | TT  | 0.018 |
| C18:1n-7t           | 25     | WW  | TT  | 0.006 |
| C18:1 *             | 32     | WW  | TT  | 0.006 |
| C18:2 *             | 33     | WW  | TT  | 0.006 |
| C19:1 *             | 35     | WW  | TT  | 0.095 |
| C18:3 *             | 36     | WW  | TT  | 0.0002 |
| C20:1n-9c           | 40     | WW  | TT  | 0.006 |
| C20:4n-6 **         | 44     | WW  | TT  | 0.006 |

¹ The significance levels are indicated as follows: * p < 0.05, ** p < 0.001.

² AGPAT6, DGAT1, LEP, FASN, SCD1 are the abbreviations for the enzymes involved in fatty acid metabolism.
Table 2. Cont.

| FAs and FA Groups 2 | AGPAT6 | DGAT1 | LEP | FASN | SCD1 |
|---------------------|--------|-------|-----|------|------|
| C22:0               | 45     | 0.030 | 0.066 |      |      |
| C20:4n-3 **         | 46     | 0.003 | 0.042 |      |      |
| C20:5n-3 **         | 47     |       |       |      |      |
| C24:0               | 48     | 0.096 |       |      |      |
| C22:5n-3 **         | 49     | 0.005 |       |      |      |
| PUFAn-3             | 54     | 0.059 |       |      |      |
| BCFA                | 59     | 0.029 |       |      |      |

ab different letters between genotypes in the same gene and FA represent significant differences at \( p < 0.05; \) \(^{a,b}\) different letters between genotypes in the same gene and FA represent significant differences at \( p < 0.01; \) \(^{1}\) \( p\)-value = \( p\)-value of the polymorphism effect; only \( p\)-values of FAs with significant effects of genotype are given, and FAs with \( p\)-value near to the significance threshold; in other FAs the effect of genotype was not significant, i.e., in C4:0 (1), C6:0 (2), C8:0 (3), C11:0 (6), C13:0 (9), anteisoC15:0 (13), C15:1 * (15), C16:0 (17), C16:1 * (18), C16:1 * (19), C17:0 (24), C17:1n-7c (25), C18:0 (26), C18:1n-9c, C18:1n-7c (30), C18:1 * (31), C18:2n-6 ** (34), C18:3n-3 ** (37), C20:0 (38), C18:2n-9c (41), C21:0 (42), C20:3n-6 ** (43), saturated FAs (50), monounsaturated FAs (51), trans isomers of unsaturated FAs (52), polyunsaturated FAs (53), short-chain FAs (55), medium-chain FAs (56), long-chain FAs (57), unsaturated FA (58), the sum of FA with C18 (60); the number in brackets indicates the order, see also Table S2. \(^{2}\) FA proportions were stated as g/100 g of FA; \(* = unidentified position isomer; ** = all-cis isomer; c = cis isomer; t = trans isomer; PUFAn-3 = the sum of polyunsaturated FAs n-3; BCFA = branched-chain FAs.

For the individual FAs, polymorphisms in the SCD1, LEP and FASN genes showed the highest counts of significance \( (p < 0.05) \), namely, 11, 5 and 4. Somewhat surprisingly, the DGAT1 polymorphism did not show such an influence; the AA genotype was superior to AK only in C22:0 \( (p < 0.05) \) and AK over AA in C20:4n-3 \( (p < 0.01) \). The influence of DGAT1 gene polymorphisms on the fat content in cow’s milk has been confirmed repeatedly [18,19,28]. Other authors found that polymorphisms strongly influenced MCFAs and UFAs in DGAT1 and SCD1. Other regions also showed significant associations with the FAs studied, and these additional regions explained a relatively small percentage of the total additive genetic variance [29]. In the DGAT1 gene, cited authors found an association of the K allele with higher proportions of C6:0, C8:0, C16:0 and C16:1, and with lower proportions of C14:0, C18:1 and conjugated linoleic acid (CLA), and their findings still suggest that an additional QTL (quantitative trait locus) may be present for the unsaturated MCFAs on BTA 14, where DGAT1 is located. Moreover, the authors found an association of SCD1 polymorphism with C10:0, C14:0, C10:1, C12:1, C14:1 and C16:1, whereas C16:0 was not significant. These results for SCD1 agree quite well with those of ours. In our analysis, the SCD1 TT genotype exceeded the CC in C10:0, C12:0, C14:0, C16:1n-7c and C18:2, and in contrast, the CC genotype exceeded the TT in C10:1, C12:1, C14:1n-5c, isoC17:0, C16:1 and C18:1, i.e., the TT genotype was better for saturated FAs, and the CC genotype was better for MUFAs, as in Inostroza et al. [21]. Additionally, others found that the SCD1 genotype was important for the FA relative proportion [20,30]. In this paper, the results hint at the intermediary heredity of the SCD1 gene.

In this paper, the polymorphism in the FASN gene showed a strong association with isoC14:0; C16:1, C20:1n-9c and C22:5n-3; in all cases, the heterozygous genotype AG was higher than the GG genotype, the same for the BCFA group. In our group of cows, the AA genotype was rare, so association analysis was not possible, which may be a consequence...
of indirect selection for other performances. The abovementioned Bouwman et al. [29] also found this gene to be a candidate gene, mainly for SCFAs and saturated MCFAs and with unsaturated LCFAs. In contrast to our results, Inostroza et al. [21] reported that the FASN GG genotype was better for the proportions of C14:0, C16:0, C18:0, C18:1n-9t, C18:1n-9c and MUFAs.

In the LEP gene, the genotype was significant for five individual FAs, both saturated and unsaturated, and the BCFA group, and the three p-values were near the significance threshold. In all cases, the WW genotype outperformed the MW and MM genotypes.

In the AGPAT6 gene, three p-values were near the significance threshold. The lowest proportion of FAs was always found for the CC genotype. In contrast, Littlejohn et al. [26] reported that the AGPAT6 polymorphism was significantly associated with the proportions of a range of milk FAs, and the difference may be influenced by incorporating more effects in our analysis. Nafikov et al. [31], accordingly with our results, did not find associations between AGPAT6 polymorphisms and milk FA composition.

Interestingly, the polymorphisms of the LEP, FASN and SCD1 genes did not overlap with the significantly affected FAs. Only the C22:5n-3 and BCFA groups showed significance for both the LEP and FASN genes; C14:0 and C16:1 for FASN and SCD1 genes.

The variance in fat percentage is attributable to a relatively low number of QTLs [32], namely, four major QTL regions explained 46.18% of the estimated breeding value variance. However, our results hint at a more intricate genetic background for the milk fat composition, but with the low heritabilities mentioned in the chapter Introduction.

The breed of cows hardly ever affected the FA proportion (Tables 3–7). Only the saturated isoC14:0, C16:0, isoC16:0, C20:0 and C22:0 showed significance, and C14:1n-5c, C16:1n-7c, C20:4n-3 were practically identical in models with all genes. Maurić et al. [10] found a slightly higher effect of the breed when comparing the Simmental and Holstein Simmental crossbreeds. In another study, weak effects were found [33], as in our analysis.

For the nongenetic factors, the farm significantly affected all FAs with sporadic exceptions, namely, C16:1n-7 and isoC14:0 (Tables 3–7). It hints at the crucial impact of feeding on performance and reflects low heritability [1,2]. The effect was significant even though the feeding was generally similar on all farms, i.e., conserved fodder year-round. However, even slight differences in the proportions of components, the composition of grasslands and feed supplements can alter the profile of FAs in milk fat [33–36]. The results of mentioned studies showed that there are some significant differences between hay milk and silo milk. Linoleic acid, alfa-linolenic acid showed higher concentrations in hay milk. The feeding of grass forage as hay improves the efficiency of forage utilization by cows [37]. Significant effects of the month of the year were identified for milk concentrations of individual FA, FA groups and FA indices [38].

The lactation stage is associated with changes in milk production and the physiological condition of the cow, and it significantly influences the profile of FAs. Some FAs, namely, C8:0, C10:0, C15:1, C16:1n-9, anteisoC17:0, C18:2n-6, C18:3, C21:0, C20:4n-6, PUFA and SCFA, did not show significant differences among lactation stages, i.e., their proportion from delivery to the end of lactation was relatively stable. The effect of the lactation stage is consistent with the findings of others [33]. The relationships among production intensity, energy metabolism, maintenance of homeostasis and changes in FA proportions were confirmed by Mlynék et al. [39]. The authors suggest focusing primarily on leptin and glucose, co-regulators of appetite and negative energy balance. Leptin correlated positively and significantly with non-esterified FAs (NEFA). It indicates that a higher level of the appetite reducing leptin accompanied a higher concentration of NEFAs released during the energy deficit.
| Table 3. Effects on the fatty acid (FA) proportions (p-values)—AGPAT6 gene. |
|-----------------------------------------------|
| **FAs and FA Groups** | **Effects Interaction** |
| Farm | Gene | Lactation Parity | Lactation Stage | Breed of the Cow | Genotype * Farm | Genotype * Lactation Stage | Farm * Lactation Stage | Lactation Parity * Lactation Stage |
| C4:0 1 *** | ns | ns | *** | ns | ns | ns | ns | ns |
| C6:0 2 *** | ns | ns | ** | ns | N/A | N/A | * | ns |
| C8:0 3 *** | ns | ns | ns | ns | ns | ns | ns | ** |
| C10:0 4 *** | ns | ns | ns | N/A | N/A | ** | ns |
| C10:1* 5 *** | ns | ns | *** | ns | ns | ns | ns | ns |
| C11:0* 6 *** | ns | ns | ns | ns | ns | ns | N/A | ns |
| C12:0 7 * | ns | ns | * | *** | ns | ns | ns | ns |
| C12:1* 8 * | ns | * | *** | ns | N/A | ns | ns | ns |
| C13:0 9 *** | ns | ns | *** | ns | ns | ns | ns | ns |
| isoC14:0 10 * | ns | * | ns | ns | ns | ns | ns | ns |
| C14:0 11 * | ns | ns | ns | ns | N/A | ns | ns | ns |
| C14:1n-5c 12 *** | ns | * | *** | ns | N/A | ns | ns | ns |
| anteisoC15:0 13 *** | ns | ns | * | ns | N/A | ns | ns | ns |
| C15:0 14 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C15:1* 15 *** | ns | ns | ns | N/A | ns | *** | * | ns |
| isoC16:0 16 *** | ns | * | ns | ns | ns | ns | ns | ns |
| C16:0 17 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C16:1* 18 *** | ns | ns | ns | ns | ns | *** | ns | ns |
| C16:1* 19 *** | ns | ns | ns | ns | N/A | ns | ns | ns |
| C16:1n-7c 20 ns | ns | * | ns | N/A | ns | * | ns |
| isoC17:0 21 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C16:1* 22 ** | ns | *** | *** | ns | ns | ns | ns | ns |
| anteisoC17:0 23 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C17:0 24 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C17:1n-7c 25 *** | ns | ns | ns | ns | N/A | ns | ns | ns |
| C18:0 26 *** | ns | * | *** | ns | N/A | ns | ns | ns |
| C18:1n-7t 27 *** | ns | *** | *** | ns | N/A | ns | ns | ns |
| C18:1n-7c 28 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C18:1n-9c 29 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C18:1n-11t 30 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| C18:1n-13t 31 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| C18:1n-15t 32 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| C18:2* 33 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| C18:2n-6 34 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C19:1* 35 *** | ns | ns | ns | N/A | ns | *** | ns | ns |
| C19:1n-9c 36 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| C19:3n-3 37 *** | ns | ns | * | ns | N/A | ns | ns | ns |
| C20:0 38 *** | ns | * | *** | * | N/A | ns | ns | ns |
| C20:2n-9,11t 39 *** | ns | ns | *** | ns | ns | ns | ns | ns |
| C20:2n-9c 40 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C20:1n-7c 41 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C21:0 42 * | ns | ns | ns | ns | ns | ns | ns | ns |
| C20:3n-6 43 *** | ns | * | ns | N/A | ns | ns | ns | ns |
| C20:4n-6 44 *** | ns | ns | ns | N/A | ns | *** | ns | ns |
| C22:0 45 *** | ns | ns | * | ns | ns | ns | ns | ns |
| C20:4n-3 46 *** | ns | ns | * | ns | ns | ns | ns | ns |
| C20:5n-3 47 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| C22:0 48 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| C22:5n-3 49 *** | ns | * | *** | ns | ns | ns | ns | ns |
| SFA 50 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| MUFA 51 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| TFA 52 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| PUFA 53 *** | ns | ns | ns | N/A | ns | ns | ns | ns |
| PUFAn-3 54 *** | ns | * | *** | ns | ns | ns | ns | ns |
| SCFA 55 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| MCFA 56 *** | ns | ns | *** | ns | N/A | ns | ns | ns |
| LCFA 57 *** | ns | ns | ns | ns | ns | ns | ns | ns |
| UFA 58 *** | ns | ns | * | ns | N/A | N/A | * | ns |
| BCFA 59 *** | ns | * | ns | ns | ns | ns | ns | ns |
| C18 60 *** | ns | * | *** | ns | N/A | * | ns | ns |

* = significant at p < 0.05; ** = significant at p < 0.01; *** = significant at p < 0.001; ns = not significant. N/A Not Applicable due to the low number of samples. *1 = unidentified position isomer; **1 = all-cis isomer; c = cis isomer; t = trans isomer; SFA = saturated FA; MUFA = monounsaturated FA; TFA = trans isomers of unsaturated FA; PUFA = polyunsaturated FA; PUFAn-3 = the sum of polyunsaturated FA n-3; SCFA = short-chain FA; MCFA = medium-chain FA; LCFA = long-chain FA; UFA = unsaturated FA; BCFA = branched-chain FA; C18 = the sum of FA with C18.
### Table 4. Effects on the fatty acid (FA) proportions (p-values)—DGAT1 gene.

| FAs and FA Groups | Effects | Interaction |
|-------------------|---------|-------------|
|                   | Farm    | Gene        | Lactation Parity | Lactation Stage | Breed of the Cow | Genotype * Farm | Genotype * Lactation Stage | Farm * Lactation Stage | Lactation Parity * Lactation Stage |
| C4:0              | 1       | ***        | ns              | ***              | ns              | ns              | ns              | ns              | ns              |
| C6:0              | 2       | ***        | ns              | *                | ns              | ns              | ns              | ns              | ns              |
| C8:0              | 3       | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C10:0             | 4       | **         | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C10:1             | 5       | ***        | *               | ***              | ns              | ns              | ns              | ns              | ns              |
| C11:0             | 6       | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C12:0             | 7       | **         | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C12:1             | 8       | *          | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C13:0             | 9       | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| isoC14:0          | 10      | *          | **              | ns              | ns              | ns              | ns              | ns              | ns              |
| C14:0             | 11      | ns         | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C14:1c            | 12      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| anteisoC15:0      | 13      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C15:0             | 14      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C15:1             | 15      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| isoC16:0          | 16      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C16:0             | 17      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C16:1             | 18      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C16:1c            | 19      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C16:1n-7c         | 20      | ns         | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| isoC17:0          | 21      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C16:1n-7c         | 22      | **         | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| anteisoC17:0      | 23      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C17:0             | 24      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C17:1c            | 25      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:0             | 26      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:1             | 27      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:1c            | 28      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:1n-9c         | 29      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:1n-7c         | 30      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:1              | 31      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:1n-7c         | 32      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:2             | 33      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:2n-6           | 34      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C19:1             | 35      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C19:1n-9c         | 36      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18:3n-3          | 37      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:0             | 38      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:2,9,11c       | 39      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:1n-9c         | 40      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:1n-7c         | 41      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C21:0             | 42      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:3n-6          | 43      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:4n-6          | 44      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C22:0             | 45      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:4n-3          | 46      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C20:5n-3          | 47      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C24:0             | 48      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C22:5n-3          | 49      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| SFA               | 50      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| MUFA              | 51      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| TFA               | 52      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| PUFA              | 53      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| PUFAn-3           | 54      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| SCFA              | 55      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| MCFA              | 56      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| LCFA              | 57      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| UFA               | 58      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| BCFA              | 59      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |
| C18               | 60      | ***        | ns              | ns              | ns              | ns              | ns              | ns              | ns              |

*p* = significant at p < 0.05; ** = significant at p < 0.01; *** = significant at p < 0.001; ns = not significant; 1 * = unidentified position isomer; ** = all-cis isomer; c = cis isomer; t = trans isomer; SFA = saturated FA; MUFA = monounsaturated FA; TFA = trans isomers of unsaturated FA; PUFA = polyunsaturated FA; PUFAn-3 = the sum of polyunsaturated FA n-3; SCFA = short-chain FA; MCFA = medium-chain FA; LCFA = long-chain FA; UFA = unsaturated FA; BCFA = branched-chain FA; C18 = the sum of FA with C18.
### Table 5. Effects on the fatty acid (FA) proportions (p-values)—FASN gene.

| FAs and FA Groups | Effects | Interaction |
|-------------------|---------|-------------|
|                   | Farm    | Gene | Lactation Parity | Lactation Stage | Breed of the Cow | Genotype * Farm | Genotype Lactation Stage | Farm Lactation Stage | Lactation Parity Lactation Stage |
|                   |         |      |                 |                |                |                |                        |                     |                                |
| C4:0              | 1       | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C6:0              | 2       | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C8:0              | 3       | ***  | ns              | ns             | ns             | ns             | ns                      | ***                  | ns                               |
| C10:0             | 4       | **   | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C10:1             | 5       | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C11:0             | 6       | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C12:0             | 7       | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C12:1             | 8       | ns   | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C13:0             | 9       | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| isoC14:0          | 10      | ns   | *               | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C14:0             | 11      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C14:1n-5c         | 12      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| anteisoC15:0      | 13      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C15:0             | 14      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C15:1             | 15      | ***  | ns              | ns             | ns             | ns             | ns                      | ***                  | *                               |
| isoC16:0          | 16      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C16:0             | 17      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C16:1             | 18      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C16:1n-7c         | 19      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| isoC17:0          | 20      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C16:1             | 21      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C16:2             | 22      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| anteisoC17:0      | 23      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C17:0             | 24      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C17:1n-7c         | 25      | ***  | ns              | ns             | ***            | *              | ns                      | ns                   | ns                               |
| C18:0             | 26      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C18:1             | 27      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C18:1n-7c         | 28      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C18:1n-9c         | 29      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C18:1n-7c         | 30      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C18:1             | 31      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C18:1             | 32      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C18:2             | 33      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C18:2             | 34      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C18:3             | 35      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C18:3             | 36      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C18:3n-3          | 37      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C20:0             | 38      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C20:2,9,11        | 39      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C20:1n-9c         | 40      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C20:1n-7c         | 41      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C21:0             | 42      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C20:3n-6          | 43      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C20:4n-6          | 44      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C20:5n-3          | 45      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | *                               |
| C20:4n-3          | 46      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C20:5n-3          | 47      | ***  | ns              | ns             | ***            | ns             | ns                      | ns                   | ns                               |
| C24:0             | 48      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C25:2n-3          | 49      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | ns                               |
| C25:2n-3          | 50      | ***  | ns              | ns             | ***            | ns             | ns                      | ***                  | ns                               |
| SFA               | 51      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| MUFA              | 52      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| TFA               | 53      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| PUFA              | 54      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| SCFA              | 55      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| MCFA              | 56      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| LCFAs             | 57      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| UFA               | 58      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| BCFA              | 59      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |
| C18               | 60      | ***  | ns              | ns             | ns             | ns             | ns                      | ns                   | ns                               |

* = significant at p < 0.05; ** = significant at p < 0.01; *** = significant at p < 0.001; ns = not significant; 1 * = unidentified position isomer; ** = all-cis isomer; c = cis isomer; t = trans isomer; SFA = saturated FA; MUFA = monounsaturated FA; TFA = trans isomers of unsaturated FA; PUFA = polyunsaturated FA; SCFA = short-chain FA; LCFA = long-chain FA; UFA = unsaturated FA; BCFA = branched-chain FA; C18 = the sum of FA with C18.
Table 6. Effects on the fatty acid (FA) proportions (p-values)—LEP gene.

| FAs and FA Groups | Effects | Interaction |
|-------------------|---------|-------------|
|                   | Farm    | Gene        | Lactation Parity | Lactation Stage | Breed of the Cow | Genotype * Farm | Genotype * Farm Lactation Stage | Farm * Lactation Stage | Lactation Parity * Lactation Stage |
| C4:0              | 1       | ***         | ns               | ns              | ns               | ns              | ns                           | ns                           | ns                           |
| C6:0              | 2       | ***         | ns               | ns *            | ns               | ns              | ns *                         | ns                           | ns                           |
| C8:0              | 3       | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C10:0             | 4       | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C10:1*            | 5       | ***         | ns **            | ***            | ns               | ns             | ns **                        | ns                           | ns                           |
| C11:0             | 6       | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C12:0             | 7       | ***         | ns              | **             | ns               | ns             | ns *                         | ns                           | ns                           |
| C12:1*            | 8       | ***         | ns              | *              | ***             | ns             |                      | *                           | ns                           |
| C13:0             | 9       | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| isoC14:0          | 10      | ns          | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C14:0             | 11      | ns          | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C14:1*            | 12      | ***         | *                | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| anteisoC15:0      | 13      | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C15:0             | 14      | ***         | ns               | ns             | *                | ns             | ns                           | ns                           | ns                           |
| C15:1*            | 15      | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| isoC16:0          | 16      | ns          | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C16:0             | 17      | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C16:1*            | 18      | ***         | ns               | ns             | ***              | ns             | ns                           | ns                           | ns                           |
| C16:1*            | 19      | ***         | ns               | ns *           | **               | ns             | ns                           | ns                           | ns                           |
| C16:1n-7c         | 20      | ns          | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| isoC17:0          | 21      | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C16:1*            | 22      | ***         | ns               | ns             | ***              | ns             | ns                           | ns                           | ns                           |
| anteisoC17:0      | 23      | ***         | *                | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C17:0             | 24      | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| anteisoC17:0      | 25      | ***         | ns               | ns             | ns               | ns             | ns *                         | ns                           | ns                           |
| C17:1n-7c         | 26      | ***         | ns               | ns *           | ns **            | ns             | ns                           | ns                           | ns                           |
| C18:0             | 27      | ***         | ns               | ns             | ns *             | ns             | ns                           | ns                           | ns                           |
| C18:1n-7           | 28      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C18:1n-9c         | 29      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C18:1n-7c         | 30      | ***         | ns               | ns *           | ns               | ns             | ns                           | ns                           | ns                           |
| C18:1s             | 31      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C18:1*            | 32      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C18:2*            | 33      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C18:2n-6           | 34      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C19:1*            | 35      | ***         | ns               | ns *           | ns               | ns             | ns                           | ns                           | ns                           |
| C19:1*            | 36      | ***         | ns               | ns             | ***              | ns             | ns                           | ns                           | ns                           |
| C18:3n-3 *        | 37      | ***         | ns               | *              | ns               | ns             | ns                           | ns                           | ns                           |
| C20:0             | 38      | ***         | ns               | **            | ns               | ns             | ns                           | ns                           | ns                           |
| C18:2n:9,111      | 39      | ***         | ns               | ns             | ***              | ns             | ns                           | ns                           | ns                           |
| C20:1n-9c         | 40      | ***         | ns               | ns             | ***              | ns             | ns                           | ns                           | ns                           |
| C20:1n-7c         | 41      | ***         | ns               | *              | ***              | ns             | ns                           | ns                           | ns                           |
| C20:1s             | 42      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C20:3n-6           | 43      | *           | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C20:4n-6           | 44      | *           | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C20:2           | 45      | ***         | ns               | ns *           | ns               | ns             | ns                           | ns                           | ns                           |
| C20:4n-3           | 46      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C20:5n-3           | 47      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C24:0             | 48      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |
| C22:5n-3           | 49      | ***         | ns               | ns             | ns               | ns             | ns                           | ns                           | ns                           |

* = significant at p < 0.05; ** = significant at p < 0.01; *** = significant at p < 0.001; ns = not significant; 1 * = unidentified position isomer; ** = all-cis isomer; c = cis isomer; t = trans isomer; SFA = saturated FA; MUFA = monounsaturated FA; PUFAn = polyunsaturated FA n-3; SCFA = short-chain FA; MCFA = medium-chain FA; LCFA = long-chain FA; UFA = unsaturated FA; BCFA = branched-chain FA; C18 = the sum of FA with C18.
**Table 7. Effects on the fatty acid (FA) proportions (p-values)—SCD1 gene.**

| FAs and FA Groups | Effects | Interaction |
|-------------------|---------|-------------|
|                   | Farm    | Genotype    | Genotype * Farm | Farm * Lactation Stage | Lactation Parity * Lactation Stage |
|                   | Gene    | Lactation Parity | Lactation Stage | Breed of the Cow | * Farm | * Lactation Stage | |
| C4:0 1            | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C6:0 2            | ***     | ns           | *               | ns                | ns       | ns              | *       |
| C8:0 3            | ***     | ns           | ns              | ns                | ns       | ns              | **      |
| C10:0 4           | **      | *            | ns              | ns                | ns       | ns              | **      |
| C10i:1 5          | ***     | ***          | *               | ***               | ns       | ns              | **      |
| C11:0 6           | ***     | ns           | ns              | ns                | ns       | ns              | *       |
| C11t:1 7          | **      | **           | *               | *                 | ns       | ns              | ns      |
| C12:1 8           | **      | ***          | *               | ***               | ns       | ns              | *       |
| C13:0 9           | ***     | ns           | ***             | ns                | ns       | ns              | ns      |
| isoC14:0 10       | ns      | ns           | *               | ***               | ns       | ns              | ns      |
| C14:0 11          | ns      | **           | ***             | ns                | ns       | ns              | ns      |
| C14:1n-5c 12      | ns      | **           | ***             | ns                | ns       | ns              | ns      |
| anteisoC15:0 13    | ns      | ns           | **              | ns                | ns       | ns              | ns      |
| C15:0 14          | ns      | ns           | ***             | ns                | ns       | ns              | ns      |
| C15i:1 15         | ns      | ns           | ns              | ns                | ns       | ns              | ***     |
| isoC16:0 16       | ns      | ns           | *               | *                 | ns       | ns              | ns      |
| C16:0 17          | ns      | ns           | ***             | ns                | ns       | ns              | ***     |
| C16:1 18          | ns      | ns           | ***             | ns                | ns       | ns              | ns      |
| C16:1i 19         | ns      | ns           | ns              | ns                | ns       | ns              | *       |
| C16:1t:1 20       | ns      | **           | *               | ns                | ns       | ns              | ***     |
| isoC17:0 21       | ***     | *            | ns              | ns                | ns       | ns              | *       |
| C16:1 22          | **      | ***          | ***             | ***               | ns       | ns              | ns      |
| anteisoC17:0 23    | ***     | ns           | ns              | ns                | ns       | ns              | *       |
| C17:0 24          | ***     | ns           | *               | ***               | ns       | ns              | ns      |
| C17:1n-7c 25      | ***     | ***          | ns              | ns                | ns       | ns              | ns      |
| C18:0 26          | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C18:1:1 27        | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C18:1n-7i 28      | ***     | ***          | ns              | ns                | ns       | ns              | ***     |
| C18:1n-9c 29      | ***     | ns           | ***             | ns                | ns       | ns              | ns      |
| C18:1n-7c 30      | ***     | ***          | ns              | ns                | ns       | ns              | ns      |
| C18:1 31          | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C18:1i 32         | ***     | *            | ns              | ***               | ns       | ns              | *       |
| C18:2 33          | ***     | ***          | ***             | ns                | ns       | ns              | ns      |
| C18:2n-6 34       | ***     | ns           | ns              | ns                | ns       | ns              | *       |
| C19:1 35          | ***     | ns           | *               | ns                | ns       | ns              | ***     |
| C19:1i 36         | ***     | ***          | ns              | ns                | ns       | ns              | ns      |
| C18:3n-3 37       | ***     | ns           | *               | ns                | ns       | ns              | ns      |
| C20:0 38          | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C20:1 39          | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C20:2 40          | ***     | ns           | ***             | ns                | ns       | ns              | ***     |
| C20:1n-7c 41      | ***     | ***          | ns              | ns                | ns       | ns              | ***     |
| C21:0 42          | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| C20:3n-6 43       | ***     | ns           | **              | ***               | ns       | ns              | ns      |
| C20:4n-6 44       | ***     | ns           | ns              | ns                | ns       | ns              | ***     |
| C22:0 45          | ***     | ns           | *               | *                 | ns       | ns              | *       |
| C20:4n-3 46       | ***     | ns           | *               | ns                | ns       | ns              | ns      |
| C20:5n-3 47       | ***     | ns           | **              | ns                | ns       | ns              | ns      |
| C24:0 48          | ***     | ns           | *               | ns                | ns       | ns              | ns      |
| C22:5n-3 49       | ***     | ***          | ns              | ns                | ns       | ns              | ns      |
| SFA 50             | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| MUFA 51            | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| TFA 52             | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| PUFA 53            | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| PUFAn-3 54         | ***     | ns           | **              | ***               | ns       | ns              | ns      |
| SCFA 55            | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| MCFAn 56           | ***     | ns           | ns              | ns                | ns       | ns              | ns      |
| LCFA 57            | ***     | ns           | *               | ***               | ns       | ns              | ns      |
| UFA 58             | ns      | ns           | ns              | ns                | ns       | ns              | ns      |
| BCFA 59             | ***     | *            | ns              | ns                | ns       | ns              | ns      |
| C18 60             | ***     | ns           | ***             | ns                | ns       | ns              | **      |

* = significant at p < 0.05; ** = significant at p < 0.01; *** = significant at p < 0.001; ns = not significant; \(^1\) = unidentified position isomer; \(^2\) = all-cis isomer; \(^t\) = trans isomer; SFA = saturated FA; MUFA = monounsaturated FA; TFA = trans isomers of unsaturated FA; PUFA = polyunsaturated FA; PUFAn-3 = the sum of polyunsaturated FA n-3; SCFA = short-chain FA; MCFAn = medium-chain FA; LCFA = long-chain FA; UFA = unsaturated FA; BCFA = branched-chain FA; C18 = the sum of FA with C18.
Lactation parity did not show such a significant influence on the FA proportions; only C10:1, C12:0, C12:1, iso C14:0, C14:1n-5c, C16:1n-7c, C16:1, C17:0, C18:0, C18:1n-7c, C20:0, C20:1n-7c, C22:5n-3, PUFAn-3, LCFA, BCFA, and the sum of C18 isomers showed significant or significant close differences among lactations (Tables 3–7).

Genotype did not interact significantly with farm and lactation stage, and lactation parity did not interact with lactation stage, with a few exceptions (Tables 3–7). In contrast, the significant interactions between the farm and the lactation stage were numerous. All cows in the experiment were fed by maize silage, grass silage, hay and feed concentrates, but the feed management and quality could vary among farms. Many authors confirmed the effect of feeding strategy and cow energy status during lactation on milk fat composition [40,41] but, importantly, separation of feeding effect from lactation phase effect is complicated [42]. FA content in the milk is affected by cow’s diet, de novo synthesis in the mammary gland, rumen microbiome activity or releasing from the body fat [43,44]. The interaction between the farm and lactation stage may reflect the feeding strategy and body conditions of cows at individual farms. The differences between farms on various lactation stage levels were significant in many cases. The changes of MUFA and UFA content during high body fat mobilization was reported by Nogalski et al. [40]. The authors found the association between cow energy status and MUFA and UFA concentrations in milk during lactation. The results in our study suggest that significant effects of farm, lactation stage and also interaction between these effects may indicate the relationship between feed management and quality, body condition and different lactation stages during lactation.

4. Conclusions

Concisely, the results support the crucial effect of the farm, lactation stage and their interaction on the FA proportions of milk fat. The influence of lactation parity was markedly weaker and that of breed almost negligible. The effect of gene polymorphisms was different: for AGPAT6 and DGAT1 inconsiderable and LEP and FASN slightly higher, but nonsignificant FAs prevailed substantially too. For the individual FAs, the profile was most affected by SCD1 polymorphism, and the effect of AGPAT6 was negligible. The results hint at the intermediary heredity of the SCD1 gene. Overall, of 60 FAs and groups, in 27 was found a significant effect of the gene polymorphism. With rare exceptions, the significant FAs did not overlap among genes. The interaction of farm x lactation stage showed a significant effect on the FA profile but not genotype x farm and lactation stage or lactation parity x stage. The data set was collected in the five chosen farms/milking parlors and was not specially modified to fit the blocked design. Therefore, some breeds and genes are not evenly distributed on individual farms. This fact could have slightly biased results in this analysis. Further, the differences in FA composition among genotypes were rather small, which could lead to overestimation of the effect and needs to be considered in the next research. Further studies of major genes effects on the FA profile are encouraged since elucidation of the genetic control is promising for future breeding.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/ani11113284/s1, Table S1: Sequences of primers used in the polymerase chain reactions and restriction endonucleases used for genotyping, Table S2: Proportion of fatty acids (FAs) in different genotypes (LSM ± SE, p-value).

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