Melatonin action in a midbrain vocal-acoustic network

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ABSTRACT

Melatonin is a well-documented time-keeping hormone that can entrain an individual’s physiology and behavior to the day–night cycle, though surprisingly little is known about its influence on the neural basis of social behavior, including vocalization. Male midshipman fish (Porichthys notatus) produce several call types distinguishable by duration and by daily and seasonal cycles in their production. We investigated melatonin’s influence on the known nocturnal- and breeding season-dependent increase in excitability of the midshipman’s vocal network (VN) that directly patterns natural calls. VN output is readily recorded from the vocal nerve as a ‘fictive call’. Five days of constant light significantly increased stimulus threshold levels for calls electrically evoked from vocally active sites in the medial midbrain, supporting previous findings that light suppresses VN excitability, while 2-iodomelatonin (2-IMel; a melatonin analog) implantation decreased threshold. 2-IMel also increased fictive call duration evoked from medial sites as well as lateral midbrain sites that produced several-fold longer calls irrespective of photoregime or drug treatment. When stimulus intensity was incrementally increased, 2-IMel increased duration only at lateral sites, suggesting that melatonin action is stronger in the lateral midbrain. For animals receiving 5 days of constant darkness, known to increase VN excitability, systemic injections of either of two mammalian melatonin receptor antagonists increased threshold and decreased duration for calls evoked from medial sites. Our results demonstrate melatonin modulation of VN excitability and suggest that social context-dependent call types differing in duration may be determined by neuro-hormonal action within specific regions of a midbrain vocal-acoustic network.

KEY WORDS: Melatonin, Vocalization, Periaqueductal gray, Midshipman fish

INTRODUCTION

Conserved features of vertebrate vocal-acoustic communication include the production of context-dependent vocal call types, occurrence over predictable daily and seasonal cycles, and the ability of neuro-hormones to modulate vocal motor output by acting upon dedicated neural networks (Bass and Remage-Healey, 2008; Goodson and Bass, 2001; Tramontin and Brenowitz, 2000). Most studies to date on fish circadian rhythms have investigated the effects of photoperiod and the time-keeping pineal hormone, melatonin, on locomotor or feeding activity, while little attention has been paid to melatonin’s action on courtship behaviors such as vocalization, or more generally on underlying neural circuitry (Azepeleta et al., 2010; López-Olmeda et al., 2006; Piccinetti et al., 2010; Pinillos et al., 2001; Zhdanova et al., 2001). In songbirds, a melatonin-sensitive circadian rhythm in song and call behaviors has only recently been shown (Wang et al., 2012), even though melatonin influence on song nuclei volume and the expression of melatonin receptors in song nuclei has been well documented (Bentley, 2003; Bentley and Ball, 2000; Bentley et al., 1999; Bentley et al., 2013; Cassone et al., 1995; Cassone et al., 2008; Gahr and Kosar, 1996; Jansen et al., 2005; Whitfield-Rucker and Cassone, 1996). Additionally, melatonin inhibited the spontaneous firing rate of a vocal premotor nucleus in the zebra finch, suggesting that it can act directly on vocal circuits to influence vocal patterning (Jansen et al., 2005). Here, we use a fish model to investigate melatonin influence on the temporal patterning of a brainstem neural circuit dedicated to sound production.

Male plainfin midshipman (Porichthys notatus) (Girard, 1854) contract sonic swim bladder muscles at ~100 Hz to produce several call types distinguishable mainly by their duration and the social context under which they are produced (Brantley and Bass, 1994; Bass et al., 1999). Nest-guarding males produce very long-duration (minutes to hours) advertisement/courtship ‘hums’ or short-duration agonistic ‘grunts’ (~50–200 ms) (e.g. Fig. 1A) (Bass et al., 1999; Bass and McKibben, 2003; Brantley and Bass, 1994). Well-defined forebrain, midbrain and hindbrain nuclei form a vocal-acoustic network (Bass et al., 1994; Goodson and Bass, 2002), the output of which is readily recorded in vivo from paired vocal occipital nerves that innervate the sonic muscles and are considered homologs of hypoglossal nerve roots (Fig. 1B) (Bass et al., 2008). The spike-like vocal nerve motor volley is referred to as a fictive call in the absence of muscle activation because each nerve spike directly translates into a single muscle contraction and, in turn, one sound pulse (Fig. 1A) (Bass and Baker, 1990; Cohen and Winn, 1967). Each spike reflects the synchronous firing of vocal motor neurons whose activity is patterned by hindbrain premotor nuclei (Bass and Baker, 1990; Chagnaud et al., 2011; Chagnaud et al., 2012). Hence, fictive calls are a reliable proxy for assessing hormonal influences mediated by specific receptors on a discrete vocal network that directly determines natural call properties (Forlano et al., 2005; Forlano et al., 2010; Goodson and Bass, 2000a; Goodson and Bass, 2000b; Goodson et al., 2003; Fergus and Bass, 2013; Remage-Healey and Bass, 2004; Remage-Healey and Bass, 2007). Given the importance of day length on regulating reproductive physiology, melatonin’s role as the main time-keeping hormone among vertebrates, and evidence of its interaction with the hypothalamo-pituitary-gonadal axis (Bhattacharya et al., 2007; Falcón et al., 2007; Falcón et al., 2010), the midshipman presents a tractable model for investigating potential melatonin action on the excitability of neural networks regulating courtship behaviors.

Midshipman courtship vocalization follows dramatic daily and seasonal rhythms, occurring at night during the summer breeding season (Brantley and Bass, 1994; Ibara et al., 1983). Field and captive studies of fish vocal behavior report robust daily periodicity, with activity peaking during nighttime in most species identified, including closely related toadfish species (Locascio and Mann, 2008; Rice and Bass, 2009). Directly complementing behavioral studies, in vivo neurophysiology in midshipman demonstrates a
**List of abbreviations**

- 2-IMel: 2-iodomelatonin
- 4P-PDOT: 4-phenyl-2-propionamidotetralin
- SDD: 24 h of darkness for 5 days
- SLL: 24 h of light for 5 days
- AT: anterior tuberal hypothalamus
- AVT: arginine vasotocin
- BW: body weight
- CP: central pattern generator
- DSMO: dimethyl sulfoxide
- IPI: interpulse interval
- LD: 15 h:9 h light:dark cycle
- mVAC: midbrain vocal-acoustic complex
- PAG: periaqueductal gray
- PT: paratal midbrain tegmentum
- POA: preoptic area
- PTT: paratral midbrain tegmentum
- SRC: stimulus–response curve
- TS: torus semicircularis
- TSL: deep layer of the torus semicircularis
- VN: vocal network
- VT: ventral tuberal hypothalamus

Although earlier studies were suggestive that more robust vocal stimulation sites could be found in lateral portions of the midbrain PAG and portions of the surrounding tegmentum in comparison to medial sites (Goodson and Bass, 2000b), no study systematically compared vocal output between midbrain regions or examined their neuroendocrine control. In addition to eliciting vocal output from medial sites in the midbrain PAG and nearby tegmentum (Kittelberger and Bass, 2013), we also stimulated sites in the lateral midbrain that could reliably elicit up to a magnitude longer duration output. We first provide evidence of photoregime effects and melatonin modulation in medial and lateral midbrain regions followed by detailed comparisons of their excitability.

**Effects of photoperiod on vocal excitability inferred from control animals**

Fish were held under three different photoregimes: one group was maintained on a 15 h:9 h light:dark cycle (LD), consistent with their breeding season photoperiod during late spring–summer. Another group was moved from LD to 24 h of light for 5 days (5LL). Constant light conditions have been equated to ‘functional pinealectomy’, which in fish, as in mammals, abolishes the nocturnal increase in melatonin secretion from the pineal gland (Bayarri et al., 2002; Bhattacharya et al., 2007; Carter et al., 1982; Porter et al., 1999). A third group was moved from LD to 24 h of darkness for 5 days (5DD). In constant darkness, the pineal gland of most teleosts exhibits endogenous cycling of melatonin production albeit at higher daytime levels than under normal light:dark cycles, with the exception of some that show constant upregulation of melatonin production within the duration of darkness (Ekström and Meissl, 1997; Oliveira et al., 2009). The 5LL and 5DD photoregimes were chosen because they exaggerate the observed decrease or increase in vocal excitability associated with daytime and nighttime, respectively (Rubow and Bass, 2009).

We first compared vocal output in control animals from each of the photoperiod groups (see above, and Results) to examine effects of photoperiod manipulation alone and to validate previous findings that 5LL decreased and 5DD increased vocal excitability (Rubow and Bass, 2009). For 120 min sessions and medial site SRC comparisons (Fig. 2A–C), data were from animals tested at medial stimulation sites, including 5LL implant controls for testing effects of a melatonin agonist on excitability ($n=10$; Fig. 3), 5DD vehicle-injected controls for testing effects of melatonin antagonists on excitability ($n=6$; Fig. 4), and LD animals for comparing vocal motor output from medial versus lateral midbrain sites ($n=5$; Fig. 5). For lateral SRCs (Fig. 2D), data were from the same 5LL and 5DD control animals as above, as well as LD animals that first received lateral stimulation over 120 min sessions ($n=5$; Fig. 5). We present the following results with the caveat that although all were control animals, differences in treatment methods (no treatment, implant, injection) could have contributed to variation in vocal excitability.

For the medial midbrain, we observed a strong trend of photoregime effect on call duration recorded over 120 min, with 5LL animals having the longest fictive calls ($P=0.06$; Fig. 2A). There was a significant effect of photoregime on stimulus threshold over the 120 min session ($F_{2,18.0}=6.02$, $P=0.01$; Fig. 2B) and a significant photoregime × time interaction ($F_{18,161}=2.68$, $P=0.0005$), with 5LL animals having the highest thresholds (Tukey’s HSD: 5LL versus SDD: $P=0.018$; 5LL versus LD: $P=0.043$). These results for medial sites suggested that 5DD increased and 5LL suppressed vocal excitability, as best revealed by threshold levels.

There was a similar strong trend for a photoregime effect on medial site SRC burst duration ($P=0.066$), with 5DD animals having increased vocal network excitability, measured in increased duration and decreased stimulation threshold of midbrain-evoked fictive calls (Rubow and Bass, 2009). Constant light conditions abolish the nocturnal rise in excitability, while constant dark substantially increases excitability (Rubow and Bass, 2009). Although these studies support the existence of either daily or circadian rhythms in fish vocal behavior and neural circuit plasticity, potential control mechanisms remain unknown.

**RESULTS**

We used two electrical microstimulation regimes in the midbrain to probe vocal network excitability. The first regime evoked fictive responses at 10 time points over 120 min, following Rubow and Bass (Rubow and Bass, 2009). The second stimulation regime, referred to throughout as a stimulus–response curve (SRC), assessed fictive call responses to increasing stimulus current levels. Prior to each time point in 120 min sessions and each SRC, we measured the minimum stimulus current required to elicit responses (threshold). Fig. 1C,D provide schematics of photoperiod, drug treatment and neurophysiology stimulation regimes used in this study.
the highest duration (Fig. 2C). For lateral site SRC (Fig. 2D), we detected no significant photoregime effect ($P=0.73$). There was no photoregime $\times$ stimulus intensity interaction for either medial ($P=0.12$) or lateral ($P=0.17$) SRCs.

Finally, we compared medial versus lateral site excitability by examining SRC thresholds in control animals (Fig. 2E). When we examined the effects of photoregime, stimulus site and their interaction on SRC thresholds, we found a near-significant photoregime effect ($P=0.061$), and a significant stimulus site effect ($F_{1,2}=12.48$, $P=0.001$) and photoregime $\times$ stimulus site interaction ($F_{2,2}=6.41$, $P=0.004$). Post hoc Tukey’s HSD showed that the lateral SRC threshold of LD animals who did not receive prior medial stimulation was significantly higher than all others who received medial stimulation first ($P=0.042$; $F_{2,2}=10.48$, $P=0.009$).

For 120 min recording sessions at medial sites, 2-IMel significantly increased fictive call duration in a time-dependent manner (Fig. 3A). There was a significant effect of time ($F_{10,200}=2.9$, $P=0.002$) and time $\times$ treatment interaction ($F_{10,200}=2.0$, $P=0.038$), but no treatment effect alone ($P=0.09$). Additionally, 2-IMel significantly decreased overall stimulus threshold in 5LL males across 120 min sessions (Fig. 3B) and there was a significant treatment $\times$ time interaction ($F_{9,180}=2.17$, $P=0.026$). In sum, 120 min recording sessions revealed that 2-IMel increased vocal excitability at medial stimulation sites in 5LL fish.

For SRCs, 2-IMel exerted a site-dependent effect on duration with a significant stimulatory effect at lateral, but not medial, stimulation sites (Fig. 3C,D). At lateral sites, 2-IMel treatment significantly increased duration ($F_{1,20}=4.8$, $P=0.041$), with a significant treatment effect of time ($F_{10,200}=3.2$, $P=0.002$) and time $\times$ treatment interaction ($F_{10,200}=2.0$, $P=0.038$), but no treatment effect alone ($P=0.09$). Additionally, 2-IMel significantly decreased overall stimulus threshold in 5LL males across 120 min sessions (Fig. 3B) and there was a significant treatment $\times$ time interaction ($F_{9,180}=2.17$, $P=0.026$). In sum, 120 min recording sessions revealed that 2-IMel increased vocal excitability at medial stimulation sites in 5LL fish.
× stimulus intensity interaction ($F_{4,80}=5.6$, $P=0.0005$). At medial sites, we observed no treatment ($P=0.59$) or treatment × stimulus intensity interactions ($P=0.91$). We also compared the threshold stimulus levels for SRCs (Fig. 3E). There was a significant treatment effect of 2I-Mel for decreasing threshold ($F_{1,40}=5.28$, $P=0.027$), but no stimulus-site effect ($P=0.44$) or stimulus site × treatment interaction ($P=0.33$).

Taken together, the results indicated that 2-IMel increased excitability at vocal midbrain sites, irrespective of stimulating electrode location. However, the SRC paradigm revealed a particularly robust stimulatory effect of melatonin on call duration specific to lateral midbrain sites.

**Melatonin receptor antagonist treatment in 5DD animals**

We set out to test the hypothesis that melatonin action on specific receptor subtypes could explain the increased vocal excitability observed in 5DD males. Because our comparisons of control groups showed that 5DD decreased threshold levels at medial sites (Fig. 2B), we predicted that treatment with melatonin receptor antagonists would reverse this effect. Fish held in 5DD received daily intramuscular injections for 5 days of a receptor antagonist or vehicle (Fig. 1C). The antagonists used were luzindole, a general Mel1a/b antagonist, or 4-phenyl-2-propionamidotetralin (4P-PDOT), a Mel1b-specific antagonist (Dubocovich et al., 2010).

For 120 min sessions, although luzindole values for duration were generally lower at all time points, there was no significant effect ($P=0.16$) or treatment × time interaction ($P=0.58$) when compared with animals injected with vehicle control. No treatment ($P=1.00$) or treatment × time interaction ($P=0.76$) on duration were observed between vehicle and 4P-PDOT (Fig. 4A). For vehicle to luzindole stimulus threshold comparisons, there was no effect of treatment.
For vehicle to 4P-PDOT threshold comparisons, we found no effect of treatment \((P=0.18)\) alone, but there was a significant treatment \(\times\) time interaction \((F_{9,90}=4.34, P=0.0001; \text{Fig. } 4B)\). In sum, 4P-PDOT increased threshold in a time-dependent manner, suggesting that disrupting Mel1b-mediated melatonin action impacts vocal excitability at medial sites in 5DD animals.

For SRCs evoked at medial sites, luzindole significantly decreased fictive call duration \((F_{1,10}=6.42, P=0.03)\) with a significant treatment \(\times\) stimulus intensity interaction \((F_{4,40}=4.23, P=0.006)\); 4P-PDOT had no effect \((P=0.32; \text{Fig. } 4C)\). In lateral SRCs, treatment with either luzindole \((P=0.21)\) or 4P-PDOT \((P=0.25)\) had no effect on duration (Fig. 4D). Thus, luzindole, like 4P-PDOT, inhibited vocal excitability at medial sites in SDD animals. Finally, there was no significant treatment effect on SRC threshold levels (luzindole: \(P=0.56\); 4P-PDOT: \(P=0.11\)) or treatment \(\times\) stimulus site interaction (luzindole: \(P=0.75\); 4P-PDOT: \(P=0.59\); Fig. 4E), but there was a stimulus-site effect of lateral sites having significantly higher thresholds (luzindole: \(F_{1,9,4}=14.5, P=0.004\); 4P-PDOT: \(F_{1,10}=5.0, P=0.048\); Fig. 4E).

In summary, for calls evoked from medial sites, antagonizing Mel1b receptors (4P-PDOT) increased threshold in 120 min sessions, while antagonizing Mel1a/b receptors (luzindole) decreased duration in SRCs. This was consistent with our
predication that the increased vocal excitability seen in 5DD control animals was due to melatonin action on specific melatonin receptors.

Medial versus lateral midbrain vocal sites
We wanted to ensure that the several-fold longer duration calls consistently elicited from stimulation sites in the lateral compared with the medial midbrain (Fig. 2C,D, Fig. 3C,D, Fig. 4C,D) were not due to a priming effect of stimulating for 120 min at a medial site first. We tested non-treated LD males at either (1) only a medial or only a lateral site for a 120 min session delivering only 40 stimuli at the 120 min trial, followed by one SRC at the same site (Fig. 1D); or (2) a lateral site for a 120 min session and SRC followed by a second SRC at a medial site (supplementary material Fig. S1).

Stimulation at lateral midbrain sites often led to several-fold longer duration fictive calls than those elicited from medial sites (e.g. Fig. 5Ai,ii,Bi,ii). Examination of fictive call frequency, measured in inter-pulse intervals (IPIs), of all fictive calls taken from one pair of representative medial and lateral SRCs revealed no significant site-dependent differences ($P=0.14$; e.g. Fig. 5Aiii,Biii).

For 120 min trials, lateral-evoked calls had a significantly longer duration ($F_{1,7.9}=217.6, P<0.0001$; Fig. 5C), higher threshold ($F_{1,7.9}=14.0, P=0.006$; Fig. 5D) and longer latency ($F_{1,8}=316.8, P<0.0001$; Fig. 5E). Medial site stimulation successfully evoked fictive calls for 98.8±1.0% (mean ± s.e., 120 min trial means) of the 40 stimuli delivered in each trial, whereas lateral stimulation was less reliable at 65.0±2.2% (data not shown).

Similar to the results for 120 min trials (Fig. 5C), lateral site SRCs had significantly longer calls ($F_{1,8}=68.4, P<0.0001$; Fig. 5F). In a pilot study ($n=3$), we found the same response patterns when first stimulating in a lateral site for a 120 min session and SRC and then
moving to a medial site for a second SRC ($F_{1,18}=138.9$, $P<0.0001$; supplementary material Fig. S1).

Taken together, although calls elicited from lateral sites were longer duration than those from medial sites, they required more stimulus current to initiate and exhibited longer latencies.

Electrolytic lesions in a subset of animals, including those from drug treatment experiments, localized medial ($n=11$) and lateral ($n=10$) midbrain stimulation sites. Fictive call duration was highly dependent upon the site of stimulation segregated along the medial–lateral midbrain axis (supplementary material Fig. S2). Medial sites were located in the midbrain tegmentum and the medial PAG. Lateral sites were in the parataoral tegmentum (PTT), deep layer of the torus semicircularis (TSd), and just below and within the ventral aspect of the paralemniscal tegmentum (PL).

**DISCUSSION**

Our results support the hypothesis that nocturnal melatonin action contributes to increased vocal excitability during the midshipman breeding season. The SRC stimulation paradigm highlighted the lateral midbrain vocal-acoustic network as a potential neuroendocrine node that contributes to the production of distinct social context-dependent vocal outputs. We propose that these findings apply to other lineages of vocal vertebrates given the wide occurrence of daily and seasonal cyclicity in vocal behaviors and conserved vocal network organization.

**Melatonin regulation of vocal excitability**

We found that in control animals, constant light (5LL) inhibited vocal excitability by increasing stimulus threshold at the medial site compared with fish held in constant dark (5DD) and normal light:dark cycles, consistent with previous findings (Rubow and Bass, 2009). This inhibitory effect was rescued by melatonin agonist (2-IMel) implants in fish held under 5LL (Fig. 3B). The 2-IMel implant also led to increased call duration across 120 min sessions in a time-dependent manner. Interestingly, 2IMel increased duration in SRCs only at lateral, but not medial, midbrain stimulation sites.
leading to no change in vocal excitability in response to constant light conditions. In contrast, in fish that have experienced long durations of light, vocal excitability in the lateral midbrain was increased in 5LL+2-IMel animals, especially in the groin and lower abdomen regions (Fig. 3C,D). For 5DD fish, daily injections of 4P-PDOT, a Mel1b-specific receptor antagonist, increased thresholds across 120 min sessions and resulted in consistently low call durations in both 120 min sessions and SRCs, but these effects were only significant in SRCs (Fig. 4). These mammalian-specific antagonists (Dubocovich et al., 2010) may be less effective in fish, though some fish studies have effectively antagonized melatonin effects on vocal network excitability in male midshipman fish during the breeding season.

Our experimental design was inspired by a previous study where 5DD and 5LL manipulations significantly increased or decreased vocal network excitability, respectively (Rubow and Bass, 2009). Surprisingly at first, we found that medial midbrain stimulation in 5DD fish did not readily evoke the grunt-hums observed in the prior study that are structurally comparable to natural amplitude-modulated growls (see Rubow and Bass, 2009). Rather, we consistently elicited long-duration fictive calls reminiscent of non-amplitude-modulated hum advertisement calls (see Fig. 1A), but only from the lateral midbrain. Our comparisons of control groups showed that although a 5DD effect on duration was apparent, it was only near significant (Fig. 2A). Two prominent methodological differences could explain this inconsistency. First, Rubow and Bass (Rubow and Bass, 2009) noted that an increase in stimulus intensity in conjunction with the 100 stimulus presentation at 120 min was needed to evoke the grunt-hums, whereas in the present study stimulus intensity was kept low and consistent across the 120 min sessions. Second, the long-duration fictive calls reported by Rubow and Bass (Rubow and Bass, 2009) were only readily evoked in males that were held in captivity for less than 1 month (Rubow, 2010) (A.H.B., unpublished observations). Most fish used in the present study were first tested after being held captive for at least 1 month and did not produce long calls either at baseline or with repeated stimulation at the medial site, consistent with our earlier studies.

Results from control animal comparisons (Fig. 2) may shed light on the apparent conundrum that midshipman fish are both long-day and nocturnal breeders. The short duration of nocturnal melatonin experienced under long days would lead to the prediction that melatonin is inhibitory to courtship behaviors, while being nocturnally active during peak diel levels of melatonin would lead to the inverse prediction. In support of an inhibitory role of melatonin in vocalization of diurnally active species, melatonin treatment in songbirds mimics the effect of short days by decreasing song nuclei volumes (Bentley et al., 1999; Cassone et al., 2008). Furthermore, daily melatonin treatment in pinealectomized zebra finches kept in constant dim light entrained song and call activity to occur during periods without melatonin (Wang et al., 2012). Our results in nocturnally active midshipman fish showed that fictive call duration was increased in 5LL+2-IMel animals, especially in the lateral midbrain (Fig. 3D), but not for vehicle-injected 5DD animals (Fig. 2D). One feasible explanation is that the combination of melatonin treatment and long durations of light experienced by 5LL+2-IMel animals increases vocal excitability by increasing melatonin sensitivity in the lateral midbrain, perhaps in the form of a higher density of melatonin receptors. In contrast, in fish that have experienced long durations of darkness (5DD), sensitivity to melatonin could have been diminished at the lateral midbrain, leading to no change in vocal excitability in response to constant darkness when melatonin levels are putatively high. However, we did observe significantly lower threshold levels at medial midbrain sites in 5DD animals (Fig. 2B), suggesting that 5DD does increase aspects of vocal excitability. These are testable hypotheses to be investigated in future studies on melatonin levels in 5DD animals, as well as photoperiod regulation of receptor density and localization.

Alternatively, increases in midshipman vocal excitability at night may rely on an increase in peak nocturnal melatonin levels during the summer breeding season. In some fish species, it has been found that although the duration of a nocturnal rise in circulating melatonin levels is shortened in response to long day lengths, the amplitude of the rise is higher during the spring/summer breeding season and is positively correlated with water temperature (García-Allegue et al., 2001; Iigo and Aida, 1995; Vera et al., 2007). If this is also true for the midshipman, as males migrate from wintering in deeper, colder waters to shallow, warmer intertidal zones for breeding (see Bass, 1996), a higher nocturnal peak in melatonin levels could lead to increased vocal excitability at night.

Melatonin has been shown to interact with neuropeptide and steroid pathways in many vertebrates, including teleost fishes (Falcón et al., 2010; Maitra and Chattoraj, 2006), frogs (Lutterschmidt and Wilczynski, 2012) and birds (Chowdhury et al., 2010; Ubuka et al., 2005). Unlike nonapeptides and steroid hormones (Goodson and Bass, 2000a; Remage-Healey and Bass, 2004), pilot studies showed that acute melatonin injections did not rapidly (5–120 min) change the output of the midshipman vocal system under our testing conditions (N.Y.F., personal observations). Hence, the effects of melatonin on vocal excitability documented here were likely via slower, transcriptionally dependent events. Melatonin may interact with multiple neurotransmitter and neuromodulatory systems synergistically to stimulate the full expression of nocturnal behavior. In other words, melatonin could increase baseline vocal network excitability at night so that in the presence of other activating factors such as neuro-hormones and social cues, the vocal system is capable of responding by producing long-duration calls.

A potential mechanism for melatonin to influence network excitability is through the inhibitory neurotransmitter gamma-aminobutyric acid (GABA). Acute melatonin application to mammalian brain slices increases or decreases GABAergic currents via Mel1a or Mel1b receptors, respectively (Wan et al., 1999). Supporting a stimulatory role for Mel1b-mediated action, antagonizing Mel1b receptors in zebra finches (which are specifically expressed in song control nuclei) at night decreased song duration the following day (Jansen et al., 2005). Song nucleus-specific Mel1b mRNA expression is also positively correlated with immediate early gene expression (Bentley et al., 2013), suggesting that melatonin action contributes to increased neural activity in vocal centers. Our result of 4P-PDOT (mammalian Mel1b antagonist) increasing threshold during the 120 min session is consistent with Mel1b-mediated events as stimulatory on the vocal system. Given GABA’s essential role in midshipman vocal network function (Chagnaud et al., 2011; Chagnaud et al., 2012), melatonin might alter vocal network excitability via GABA.

**Medial versus lateral midbrain vocal excitability**

How the brain generates social context-dependent calls, distinguishable by vocal attributes such as duration, is still largely unresolved. Together with evidence from some mammalian species (Bandler and Carrive, 1988; Fenzl and Schuller, 2007), our study...
supports the possibility that vocal-acoustic centers in the midbrain contribute to modulation of different call types. We showed that activation of medial and lateral midbrain regions led to short- or long-duration calls, respectively. The vocally active sites identified here are inclusive of those anatomically mapped in prior studies of midshipman fish (Goodson and Bass, 2002; Kittelberger et al., 2006; Kittelberger and Bass, 2013). Whether medial and lateral sites represent two parallel subdivisions of the ascending vocal system or the lateral midbrain feeds into the medial to activate the hindbrain vocal central pattern generator (CPG) is beyond the scope of this study and requires further investigation of midbrain microcircuitry. We propose, for vertebrates in general, that the neural control of vocal attributes is sculpted by differential activation of midbrain populations given that (1) call duration is a salient trait distinguishing natural call types in the midshipman (Bass and McKibben, 2003; McKibben and Bass, 1998; McKibben and Bass, 2001), and vertebrates in general (Bradbury and Vehrencamp, 2011), and (2) midbrain vocal sites are present in tetrapods (see Kittelberger et al., 2006).

Specifically, we showed that the duration of fictive calls elicited from lateral midbrain sites was up to an order of magnitude longer than those elicited from medial sites, regardless of stimulus order. In some experiments, medial stimulation may have directly activated the medial longitudinal fasciculus that also evokes brief calls (Kittelberger et al., 2006). Calls elicited from lateral sites also exhibited higher stimulus thresholds and longer latencies than medial-elicited calls, suggesting that the lateral site is overall less excitable and/or is part of a multi-synaptic pathway that eventually leads to activation of the hindbrain vocal CPG (see below). Strikingly, the latency of lateral midbrain-evoked fictive calls are comparable to the latency of the hum component in median-midbrain-evoked ‘grunt-hums’/growls (Rubow and Bass, 2009), suggesting that this component could have been produced by a disinhibited lateral site. Importantly, glutamate injection into the lateral midbrain elicits long-duration responses like those we report here (Weeg et al., 2005), suggesting stimulation of local neuronal populations. A more complete investigation using, for example, focal glutamate injection can more precisely map vocally active sites in the midbrain. We propose that divergent medial versus lateral midbrain responses is reliant on differential patterns of vocal-acoustic connectivity and/or neuroendocrine modulation.

In midshipman fish, the midbrain PAG is a crucial node in vocalization initiation and is highly interconnected with auditory centers, consistent with its role in sensorimotor integration and vocal initiation in birds and mammals (Jürgens, 2009; Holstege, 1989; Kingsbury et al., 2011; Kittelberger and Bass, 2013). A recent study revealed that the midshipman lateral PAG is more extensively connected than the medial PAG to auditory-recipient nuclei including the TSD (Kittelberger and Bass, 2013), consistent with our finding that TSD stimulation can elicit longer calls (supplementary material Fig. S2). The lateral PAG also shows greater connectivity to other brainstem vocal sites, as well as the anterior, ventral tuberal hypothalamus (vT), which is directly connected to and activates the PAG (Goodson and Bass, 2000b; Goodson and Bass, 2002; Kittelberger et al., 2006; Kittelberger and Bass, 2013). The latency (Fig. 5E) and percentage of successfully evoked fictive calls from lateral midbrain sites recorded here (~65%, see Results) closely resemble values for calls evoked from the vT, providing a neurophysiological complement to anatomical evidence showing stronger vT input to lateral than medial PAG (Kittelberger et al., 2006; Kittelberger and Bass, 2013). However, our lateral sites evoked notably longer calls than those reported for vT stimulation (Kittelberger et al., 2006), suggesting that while we stimulated the vT–PAG pathway, we were also activating a more extensive network. Furthermore, lateral PAG has stronger connections with the anterior tuberal hypothalamus (AT), a stimulation site that elicits calls similar to those from the lateral midbrain and PL [see fig. 4 in Goodson and Bass (Goodson and Bass, 2000b)], so both AT and vT inputs into the lateral midbrain could be important for generating long calls. Rostromedial PAG, by contrast, has stronger connections to downstream hindbrain auditory-recipient nuclei that are absent from lateral PAG output (Kittelberger and Bass, 2013). Together, these results support a functional separation of the medial and lateral PAG/midbrain tegmentum in eliciting context-dependent call types, e.g. brief agonistic grunts versus longer advertisement calls, dependent on sensory inputs and local neuroendocrine influences.

Vocal and acoustic structures in the midbrain such as the PAG, torus semicircularis, PTT and PL are highly interconnected and have been described together as the midbrain vocal-acoustic complex (mVAC) (Bass et al., 2000; Goodson and Bass, 2002). Anatomical studies of neuropeptide input and steroid receptor distribution in the midshipman midbrain support potential medial versus lateral nodes of neuroendocrine action. Isocin- and vasotocin-containing fibers and terminals originating from the preoptic area (POA) show dense expression in the mVAC, including the PTT, which receives dense input from the lateral PAG and is a stimulation site resulting in long calls (supplementary material Fig. S2D,E) (Goodson et al., 2003; Weeg et al., 2005; Kittelberger and Bass, 2013). Sparse labeling of isocin was also found in the Tsd, another site for eliciting long fictive calls (supplementary material Fig. S2D). A dorsal bundle of arginine vasotocin (AVT)-expressing fiber and terminals, also originating from the POA, can be found in the PTT. Unlike the diffuse expression of isocin throughout the caudal midbrain, AVT immunoreactivity was concentrated in a dense band within the midbrain PL (Goodson and Bass, 2000b; Goodson et al., 2003). Although Goodson and Bass (Goodson and Bass, 2000b) report no effects of AVT on fictive call duration following AVT injections in the PL [unlike in the POA (Goodson and Bass, 2000a)], the one illustration of a stimulation site (their fig. 5A, comparable to our supplementary material Fig. S2E) suggests that injections were at sites caudal and medial to the majority identified in our study (supplementary material Fig. S2E).

Previous in vivo physiology experiments are suggestive of steroid action at midbrain levels, where sustained (>30 min) stimulatory effects of steroids on fictive call duration are dependent on descending midbrain input into the hindbrain CPG (Remage-Healey and Bass, 2004). Subsequent studies show androgen and estrogen receptor subtypes in the PAG (Forlano et al., 2010; Fergus and Bass, 2013), and high concentrations of the estrogen-synthesizing enzyme aromatase in the medial PAG (see Forlano et al., 2005). Presumably, endogenous steroids could act upon midbrain-specific receptors to increase vocal network excitability. However, because these studies used systemic steroid injections, medial versus lateral midbrain specific effects cannot be parsed out.

Taken together, the available evidence strongly suggests that further investigation is warranted to assess differential peptidergic and steroid control of specific midbrain vocal-acoustic regions.

Concluding remarks

Vertebrates occupy divergent temporal niches (Challet, 2007; Helfman, 1993; Reebs, 2002; Steiger et al., 2013) despite sharing a highly conserved and predictable pattern of melatonin secretion from the pineal gland at night (but see Wikelski et al., 2006). Thus, species-typical patterns of melatonin-dependent circadian and die...
behaviors must rely on divergent downstream molecular and physiological events to interpret the melatonin signal accordingly at a particular time of day and year for a given species. Evidence for such plasticity is found in the varying distribution and abundance of melatonin receptors within neural pathways of songbirds across species, sexes, developmental stages and seasons (Bentley et al., 1999; Bentley et al., 2013; Cassone et al., 1995; Gahr and Kosar, 1996; Whitfield-Rucker and Cassone, 1996), the pro- or anti-gonadal effects of exogenous melatonin treatment in fishes (Maitra and Chattoraj, 2006), and the differential effects of melatonin on locomotor activity in nocturnal versus diurnal fishes (López-Olmeda et al., 2006; López-Olmeda et al., 2006; Pinillos et al., 2001; Rubow and Bass, 2009). Results presented here suggest that differential melatonin sensitivity exists within subregions of a central vocal motor network to regulate the production of seasonal and nocturnal-dependent advertisement calling. Comparative approaches studying behaviors with different daily and seasonal expression patterns at the level of specific neural pathways, such as the vocal network controlling midshipman nocturnal vocalization, will contribute to a more predictive mechanistic model for melatonin regulation of behavior.

MATERIALS AND METHODS

Animals

Midshipman fish have two male reproductive morphs: type I males that acoustically court females and are the focus of this study, and type II males that sneak spawn (Bramley and Bass, 1994). Nesting type I males (standard length 15.1±0.24 cm) were hand collected from rocky intertidal zones in northern California between May 2011 and August 2012. Fish were temporarily (1–7 days) held in large outdoor tanks with running seawater at the University of California Bodega Marine Laboratory before being shipped overnight to Cornell University, where they were housed in individual tanks under 15 h light:dark (LD) for at least 2 weeks before experimentation. To better simulate sunrise and sunset, a small lamp turned on at 02:00 h EST, half an hour before room lights turned on, which turned off half an hour before the small lamp at 17:00 h EST. Visual inspection of the gonads and swim bladder muscles at the time of killing confirmed type I male status (Bass, 1996). All methods were approved by the Institutional Animal Care and Use Committee at Cornell.

Drug treatment

Fish held in 5LL received either a control implant (coconut oil vehicle) or a 50 mmol l⁻¹ 2-IMel implant (Santa Cruz Biotechnology Inc., CA, USA) for 5 days (Fig. 1C). 2-IMel was dissolved to 2 μg ml⁻¹ in heat-liquefied coconut oil, sonicated to homogeneity, pipetted into 10 mm plastic tubing with 0.5 mm inner diameter (BD Infusion Therapy Systems Inc., Sandy, UT, USA) and stored at −20°C in parafilm-sealed Eppendorf tubes until use. After normalization by body weight (BW) of implanted males (n=12), implant dosages were 0.36±0.05 μg g⁻¹ BW, well within reported doses used in fishes and tetrapods that range from 0.1 to 300 μg g⁻¹ BW (Aarseth et al., 2011; Alvarinho et al., 2003; Amano et al., 2000; Dubocovich et al., 1998; Handeland et al., 2013; López-Olmeda et al., 2006; Pinillos et al., 2001; Porter et al., 1998; Rubio et al., 2004; Stankov et al., 1993). Following general anesthesia in 0.025% benzocaine (Sigma-Aldrich, St Louis, MO, USA), implants were inserted into the abdominal cavity of males through a small incision, which was closed by suture and Vetbond Tissue Adhesive (3M Animal Care Products, St Paul, MN, USA). Fish were observed to fully recover within ~15 min of the surgical procedure.

Fish held in 5DD received daily intramuscular injections for 5 days via 27 gauge butterfly needles (BD Infusion Therapy Systems Inc.) of 2 μg g⁻¹ BW of a receptor antagonist or only the vehicle (DMSO; J. T. Baker, Phillipsburg, NJ, USA) (Fig. 1C). Stocks of 50 mmol l⁻¹ luzindole and 4P-PDOT were dissolved in DMSO and stored at −20°C in parafilm-sealed Eppendorf tubes until use. On the first day of injection, fish were anesthetized under 0.025% benzocaine and weighed in order to calculate the appropriate volume of luzindole, 4P-PDOT or DMSO to reach 2 μg g⁻¹ BW, to be added to 5 μl 2 μg g⁻¹ BW teleost saline solution or water as an injection carrier. Subsequently, daily injections were carried out within 1 h of subjective lights off, between 16:00 and 17:00 h EST except for the day of neurophysiology (Fig. 1C). We chose to use 2 μg g⁻¹ BW for luzindole and 4P-PDOT because this dose was within the range used in studies looking at locomotion or feeding (Dubocovich et al., 1998; Pinillos et al., 2001). Treatment groups were staggered to ensure that fish were tested under similar conditions, such as total time spent in captivity.

In vivo neurophysiology

The in vivo fictive call (defined in Introduction) preparation used here follows Rubow and Bass (Rubow and Bass, 2009). Briefly, a dorsal craniectomy exposed the brain, rostral spinal cord and vocal/occipital nerves after general anesthesia with 0.25% benzocaine and local injection of 0.25% Bupivacaine (Hospira, Inc., Lake Forest, IL, USA), a long-lasting local anesthetic. After surgery, fish were immobilized with an intramuscular injection of pancuronium bromide (0.5 mg kg⁻¹; MP Biomedicals, LLC, Solon, OH, USA) and stabilized on a platform within a Plexiglas tank with chilled saltwater (15–17°C) perfused through the mouth. After 1 h of acclimation, an insulated tungsten electrode (125 μm diameter, 8 deg tip angle, 5 MQ impedance, 20 μm exposed tips; A-M Systems, Sequim, WA, USA) was used to evoke fictive calls from midbrain sites using well-documented surface landmarks and depth measurements as guidance for electrode placement (Goodson and Bass, 2002; Kittelberger et al., 2006). Fictive calls were recorded from vocal nerve roots unilaterally [reflects synchronous bilateral activity (Bass and Baker, 1990)] with an extracellular Teflon-coated silver electrode with an exposed ball tip (50–100 μm diameter) and digitized using MATLAB software designed by Dr Bruce R. Land (School of Electrical and Computer Engineering, Cornell University).

In 120 min sessions, each stimulation trial consisted of 40 brief stimulus trains delivered to midbrain sites. Baseline (0 min) and subsequent recording trials were performed at 5, 15, 30, 45, 60, 75, 90, 105 and 120 min (Fig. 1C,D). For 5LL and 5DD animals (Fig. 1C), we delivered 100 stimulus trains instead of 40 at the time of the 120 min trial because Rubow and Bass (Rubow and Bass, 2009) found that the additional 60 stimuli evoked longer duration responses resembling natural calls in 5DD and 14 h 10:00 light:dark males. We generated a SRC at the end of the 120 min recording session to measure the relationship between stimulus intensity and fictive call duration (Fig. 1C,D). At 10 min after the 120 min recording session and without moving the stimulating electrode, we recorded 10 fictive calls evoked by 100, 125, 150, 175 and 200% of threshold stimulus, with each recording separated by 5 min. For some animals (see Fig. 1C,D) the stimulating electrode was immediately moved to a lateral midbrain site and another SRC was recorded. Each stimulus train consisted of five square pulses (0.1 ms pulse width, 200 Hz), with inter-train intervals of 1 s delivered via a stimulus isolation unit (SIU; Model A350D-A, World Precision Instruments, Sarasota, FL, USA). SIU current output (nA) was interpolated from a linear relationship between SIU dial level and current output derived using Ohm’s law by measuring voltage across a resistor.

All animals were tested 1 h post surgery starting between 17:00 and 18:00 h EST under darkness with the experimenter wearing a red headlamp (except for 5LL animals, which were tested under light). 5DD fish experienced ~15 min of exposure to low-level scope light during craniotomy.

Medial versus lateral midbrain lesions

At the end of the experiments in a subset of animals including fish from drug treatment experiments that received stimulation at medial and/or lateral sites, electrolytic lesions were made by passing 10 μA of current with 50% duty cycle for 4–15 s through the stimulus electrode to mark the stimulation site. Fish were then deeply anesthetized under 0.025% benzocaine and perfused transcardially with 4% paraformaldehyde in 0.1 mol l⁻¹ phosphate buffer (pH 7.2). Prior to sectioning, brains were cryoprotected in 30% sucrose solution overnight, frozen in Cryo-M-Bed (Hacker Instruments, Winnsboro, SC, USA), sectioned at 30 μm in the transverse plane on a cryostat, and mounted onto Superfrost Plus slides (Erie Scientific, Portsmouth, NH, USA). Photomicrographs were taken of selected sections using the Spot FLEX imaging system (Diagnosics Instruments, Inc., Sterling Heights, MI, USA) on a Nikon Eclipse E800 compound microscope.
Neurophysiological and statistical analysis

Measurements of fictive call duration, latency (delay from end of stimulus to first fictive pulse) and IPL were performed by a customized MATLAB program designed by Dr Bruce Land, Cornell University. In some cases where more than one fictive burst was elicited from the lateral midbrain, we combined the total duration of all bursts for analysis.

All statistical analyses were performed in JMP 9 (SAS Institute Inc., Cary, NC, USA) using means obtained from individual recording trials and in consultation with the Cornell University Statistical Consulting Unit. Log or square root transformations were performed whenever assumptions of normality were violated. We used a linear mixed model with appropriate fixed effects (details below) and fish nested within treatment as a random effect.

In order to examine effects of photoperiod manipulation, we first compared data taken from 5LL and 5DD control animals (oil-implanted or vehicle-injected) and LD non-treated animals used in medial versus lateral comparisons. For 120 min trial and SRC measurements, our fixed effects were photoregime, time/stimulus intensity and photoregime × time/stimulus intensity interaction. Three-way ANOVA followed by Tukey's HSD post hoc comparison was performed on SRC stimulus thresholds.

For 5L and 5DD 120 min sessions, we looked for effects of treatment, time and treatment × time interaction on fictive call duration and threshold. Because luzindole and 4P-PDOT act on melatonin receptors with different affinities (Dubocovich et al., 2010), we performed separate analyses for each. The 100 stimuli delivered on the 120 min trial in 5LL and 5DD animals were split into the first 40 and last 60 calls for analyses. We combined data from 2011 and 2012 5LL animals because year was not a fixed effect.

Threshold:

Because luzindole and 4P-PDOT act on melatonin receptors with different affinities (Dubocovich et al., 2010), we performed separate analyses for each antagonist.

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Competing interests

The authors declare no competing financial interests.

Author contributions

A.H.B. and N.Y.F. designed experiments, interpreted data, and wrote the manuscript; N.Y.F. performed experiments and statistical analyses.

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Supplementary material

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