Cell intercalation in a simple epithelium

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Cell intercalation is a key topological transformation driving tissue morphogenesis, homeostasis and diseases such as cancer cell invasion. In recent years, much work has been undertaken to better elucidate the fundamental mechanisms controlling intercalation. Cells often use protrusions to propel themselves in between cell neighbours, resulting in topology changes. Nevertheless, in simple epithelial tissues, formed by a single layer of densely packed prism-shaped cells, topology change takes place in an astonishing fashion: cells exchange neighbours medio-laterally by conserving their apical–basal architecture and by maintaining an intact epithelial layer. Medio-lateral cell intercalation in simple epithelia is thus an exemplary case of both robustness and plasticity. Interestingly, in simple epithelia, cells use a combinatory set of mechanisms to ensure a topological transformation at the apical and basal sides.

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1. Introduction

A fascinating feature of cells, in epithelia sheets, is their capacity to change topology: topology change occurs when a cell loses or gains new contact with neighbouring cells. One important topological change is cell intercalation (referred to as type 1 transition, T1, in foam physics). Intercalation results from the gain of new contact between two or more cells and the eventual complete loss of contact between adjacent cells, leading to cell neighbour exchange (i.e. cell rearrangement). Gain and complete loss of contact are inextricable in an imaginary 2D space (figure 1a, from (ii) to (iii)) but not in the real 3D space, where new contact gain between two cells can occur without complete loss of contact with neighbouring cells (figure 1b, from 1 to 3).

Cell intercalation has been shown to play a key role in both tissue homeostasis and morphogenesis. For instance, cell rearrangement ensures tissue homeostasis in more mature epithelia that do not undergo extensive remodelling, forming robust barriers. Mature epithelia can be subject to stresses caused by intrinsic (e.g. cell division and cell delamination) and extrinsic (boundary condition variations) forces. Cell intercalation plays the role of stress releaser by providing the fluidity required to ensure tissue integrity [1]. Under these conditions, cell neighbour exchange is not polarized, can be reversible, has no effect on global or local shape and is driven by stochastic local fluctuations of the cell cytoskeleton, and it is predicted to eventually decrease local topological disorder [1,2].

Cell intercalation has been shown to also play an important role in competitive environments. For instance, in cell crowding conditions, cell neighbour exchange can facilitate cell extrusion [3], while during cell invasion, it promotes winner–loser cell contact increase, which can lead to loser cell apoptosis [4].

Cell intercalation is a key process during embryonic epithelial morphogenesis and more specifically during embryonic gastrulation. To drive tissue shape changes, intercalation has to be (i) polarized to orient tissue deformation and (ii) irreversible to impose morphogenetic progression resulting in a net displacement of cellular masses driving local, and eventually global, tissue shape changes. While intercalation polarity is a key morphogenetic driver, recent studies have shown that non-polarized cell neighbour exchange can also promote epithelial morphogenesis. During chick gastrulation, stochastic cell rearrangements, mediated by cell division in tandem with primitive streak contraction, favour polarized rotatory
cell flows (i.e. ‘Polonaise movements’) [5]. This supports the idea that stochastic cell intercalation can function as a tissue fluidizing process not only during tissue homeostasis but also during morphogenesis, eventually preventing cell jamming [6,7].

Cells can rearrange in different ways. In simple epithelia (tissue constituted by a single cellular layer), cells can intercalate medio-laterally: cell rearrangement occurs within the plane of the epithelium. Planar polarized medio-lateral intercalation promotes tissue convergence and extension. One exemplary case is the convergence–extension of the *Drosophila* embryo germband during gastrulation [8]. If intercalation polarity is centrosymmetric, medio-lateral cell rearrangement can also facilitate tissue folding; a classic example is archenteron elongation in the gastrulating sea urchin embryo [9] or, as presented in a much more recent study, salivary gland tube formation in the *Drosophila* embryo [10]. Polarized cell intercalation associated with planar cell-shape chirality can instead facilitate tissue rotation, for instance during genitalia development in the *Drosophila* pupa [11]. In multi-stratified epithelia, cells can intercalate radially: cells belonging to one layer rearrange with cells of a second layer driving extension in the plane of and thinning along the axis perpendicular to the multi-stratified epithelium [12–14]. A review by Walck–Schannon & Hardin comprehensively presents the different modes of cell rearrangement [15].

The remainder of this review will focus on the process of cell intercalation in simple epithelia constituted by apico-basal polarized cells, highlighting our present understanding of how medio-lateral cell neighbour exchange is initiated and how it eventually resolves.

2. Initiating intercalation: establishing cell–cell contacts

Cell intercalation begins with the remodelling of a cell–cell contact, which eventually leads to contact loss (figure 1a). In order to remodel a contact, it is necessary that contact between cells is established so that cells can initially adhere one another. In the absence of cell–cell adhesion (e.g. if cells are packed together but do not form contacts) intercalation cannot be initiated. Cellular adhesion can be mediated, for instance, by adherens junctions, which are known to play a key role in cell–cell coupling and force transmission [16,17]. Adherens junctions, in simple epithelia, are usually located at the cell subapical region and are formed by cadherins (e.g. E-cadherins), which are transmembrane homophilic proteins. While cadherins interact extracellularly with each other, they interact with the actomyosin cytoskeleton intracellularly via the alpha and beta subunits [18–22]. The establishment of cell–cell adherens junctions is thus a necessary condition to initiate junction remodelling.
3. Initiating intercalation: losing cell contact

Once cells have adhered to one another, how can adherens junctions be remodelled to drive contact loss? Interestingly, a contact junction between four intercalating cells usually reduces in size without forming gaps in the tissue (figure 1a(ii) bottom). Junction size reduction is often referred to as junction ‘shrinking’ or ‘shortening’, while these expressions are on one hand simplistic (i.e. do not refer to a precise mechanism driving junction remodelling and can thus be misleading), on the other they are simple, thus appealing to provide an intuitive description of the first phase of cell intercalation (figure 1a, from (i) to (ii)). Apical junction shrinkage initiating cell intercalation has been reported in multiple embryo model systems, such as, as for instance, in chick [23,24], in Xenopus laevis [25], in mice [26] and in Drosophila [27]. In this review, I will mainly refer to the Drosophila model system, where the process of junction shrinking has been best characterized and studied.

(a) Cortical tension anisotropy

Studies focused in understanding cellular packing and tissue remodelling in the Drosophila model system were the first attempts to shine new light on the process of junction shrinkage [28–30]. In these studies, the authors applied the physical concept of surface tension (line tension) to cell–cell junctions. Cell surface tension is the amount of energy required to increase the cell surface of a unit area. Increasing actomyosin contractility increases surface tension, while increasing E-cadherin-based adhesion lowers surface tension between two cells, eventually driving cell–cell contact reduction and increase, respectively [16]. During germband elongation in the early developing Drosophila embryo, proteins controlling surface tension are distributed in a planar cell polarized fashion: while junctions parallel to the dorsal–ventral (DV) axis of the embryo have higher levels of myosin II and lower levels of E-cadherin (favouring higher surface tension), junctions parallel to the anterior–posterior (AP) axis present lower levels of myosin II and higher levels of E-cadherin (favouring lower surface tension) [31–34]. Tension anisotropy between AP and DV junctions could initiate cell intercalation by driving shrinkage of junctions under higher tension (i.e. parallel to the DV axis). Higher tension along junctions parallel to the DV axis was demonstrated using subcellular laser dissection to selectively disrupt the actomyosin cortical network at different junctions; tension was probed by measuring vertices’ (end points of a junction where three cells meet) maximum recoil speed [30]. Cortical tension anisotropy driven by the polarized distribution of actomyosin contractility is the first model to provide new understanding of how cell junctions can be remodelled to initiate cell intercalation (figure 2a).

(b) Periodic actomyosin contractions

Periodic actomyosin contractions were reported for the first time in the seminal study by Munro et al. in 2004 in the C. elegans single-cell embryo [37]. These contractions result from the local (few micrometres in diameter) coalescence of the actomyosin network within less than a minute. Since actomyosin periodic contractions are the result of a sudden and local density increase and eventual decrease of filamentous actin (F-actin) and myosin II (Myo II), these contractions are also referred to as ‘pulses’. When F-actin and Myo II are monitored with a fluorescent probe (e.g. eGFP), pulses result from the sudden increase and eventual decrease of signal intensity. Since the seminal work by Munro and colleagues, actomyosin pulses have been reported in numerous studies focused on understanding the underlying mechanisms responsible for cell shape change and tissue morphogenesis during embryo development [35,38–41]. While a large body of in vivo, in vitro and in silico evidence has recently elucidated the nature and the origin of the actomyosin pulses [42–47], here I will focus more specifically on the role of pulses in cell intercalation.

During cell intercalation in the prospective ectoderm of the early–Drosophila embryo, actomyosin pulses form in the apical–medial region of cells, flow towards the junctional cortex and eventually fuse with the junctional actin network. Actomyosin material is thus transferred from the medial to the junctional cell region. By monitoring junction shrinkage during cell intercalation at high temporal resolution, Rauzi et al. [35] showed that junctions shrink in a stepwise fashion: alternating shrinking and stalling phases occur several times before complete contact junction loss. Shrinking phases correlate with pulse formation and flow towards the junctional cortex. By specifically disrupting actomyosin pulses using highly resolved laser dissection, junction shrinkage is hampered. Finally, while medial actomyosin pulsation and flow drive junction shrinkage, junctional actomyosin (partially resulting from the flow and fusion of the medial actomyosin pulses with the junctional actin cortex) stabilizes junction length after shrinkage (figure 2b).

Pulse flow from the medial to the junctional region of the cell is thus a crucial process to drive junction shrinkage. How is medial actomyosin flow oriented? Actin and actomyosin networks can exert traction forces orienting the flow towards regions with higher anchorage [48,49]. Nevertheless, actomyosin pulses flow towards shrinking junctions that have less E-cadherin (i.e. fewer anchoring sites) [32,34]; this is a striking paradox. Interestingly, the levels of E-cadherin at shrinking junctions periodically fluctuate over time scales that are comparable to actomyosin pulse formation time periods [35,49]. Levayer & Lecuit in 2013 tried to solve this paradox, proposing a model in which the medial actomyosin network flows along directions with higher anchorage imbalance and towards junctions with higher levels of E-cadherin (figure 2c). This model only partially solves the paradox since (i) medial actomyosin flow precedes (i.e. cannot be the consequence of) junctional E-cadherin sudden increase [35,49] and reinforcement [50] at shrinking junctions, and also because (ii) medial actomyosin flow follows E-cadherin sudden decrease at the shrinking junctions [35]. Interestingly, recent work by Pinheiro and colleagues in 2017 showed that actomyosin flows are triggered by local downregulation of E-cadherin at the cytokinetic furrow during cell division. Flow is proposed to be triggered by local actomyosin network fluidization [51]. Local F-actin fluidization could also take place in a zone close to shrinking junctions following the rapid and periodic decrease of E-cadherin, which would facilitate and eventually direct medial actomyosin flow. Additional work is necessary to further elucidate the mechanisms triggering actomyosin medial flow direction driving junction shrinkage.

(c) Vertex sliding

Vanderleest and colleagues in 2018 proposed a new model for contact junction remodelling based on vertex ‘sliding’ [52]. The authors carefully monitored vertex displacement during cell
intercalation in the prospective *Drosophila* ectoderm. Interestingly, the change of one vertex position at one end of a shrinking junction does not often correlate with the mirrored change in position of the vertex at the other end. In addition, when the position of one vertex shared by two junctions (e.g. a shortening junction parallel to the DV axis and a junction parallel to the AP axis) changes, while one junction shortens (e.g. the junction parallel to the DV axis), the other (e.g. the junction parallel to the AP axis) concomitantly lengths, such that the overall contact length remains constant (figure 2f). These striking observations suggest that a vertex-specific mechanism could be at play controlling vertex position during contact junction shortening. The authors refer to the change of vertex position as vertex ‘sliding’; this expression, while simplistic, is appealing in that it provides an intuitive description of the process. Vanderleest and colleagues report that vertices slide in a stepwise fashion and that their displacement correlates with fluctuations of E-cadherin at vertices. Low E-cadherin levels correlate with vertex sliding onset, while high E-cadherin levels correlate with vertex stalling. When constant high E-cadherin levels

![Figure 2. Mechanisms driving junction shrinkage. (a) Cortical tension model for junction shrinkage. (b) Medial actomyosin contraction model for junction shrinkage. Adapted with permission from Rauzi *et al.* [35]. (c) Differential anchorage model for actomyosin pulse flow. (d) Vertex sliding model for junction shrinkage. (e) Representation of a fundamental and a rosette intercalation event. (f) Basal–lateral protrusion model for cell intercalation initiation. Adapted with permission from Sun *et al.* [36]. (g) Representation of a columnar epithelial cell.](image-url)
are maintained (e.g. by inhibiting endocytosis), the vertex position persistently stalls and cell intercalation is compromised [34,52]. Levels of E-cadherin thus may play a key role in vertex sliding and contact junction remodelling: low E-cadherin levels are necessary to initiate junction shortening (in agreement with previous work [35]), while high E-cadherin levels stabilize contact junction length between intercalating cells. Myo II is enriched at vertices a few seconds prior to E-cadherin enrichment (in agreement with previous studies monitoring junctional E-cadherin fluctuations [35,49]). Increased E-cadherin levels at vertices could be driven by local medial actomyosin contractions focusing E-cadherin proteins tethered to F-actin networks [47,53].

The work of Vanderleest and colleagues strongly supports the idea that vertices are not just geometric entities. Vertices could constitute molecular hubs disassembling junctions at the ‘front’ (shrinking the junctions parallel to the DV axis) and reassembling junctions at the ‘rear’ (lengthening the junctions parallel to the AP axis).

Vanderleest and colleagues also reported that cell surface area fluctuates over time as a consequence of medial actomyosin contractions. By using cross-correlation analysis, the authors show that efficient vertex sliding is achieved when two of the three cells sharing the vertex contract their surface area, while the third cell simultaneously dilates its surface area (figure 2d). The mechanism responsible for polarized vertex sliding (e.g. along the DV axis) remains elusive. One hypothesis is that vertex sliding is facilitated along junctions parallel to the DV axis while it is impaired along junctions parallel to the AP axis that have low and high levels of E-cadherin, respectively [32,34]. A second hypothesis invokes an emerging supracellular mechanism. For instance, synchronized area contraction of anterior and posterior cells, together with the dilation of dorsal and ventral cells of an intercalating quartet, could be more frequent than other possible contraction/dilation combinations. A third hypothesis is that the ‘vertex sliding’ model complements the previously described ‘periodic actomyosin contraction’ and the ‘cortical tension anisotropy’ models. Further work is necessary to better understand how seemingly different models for the same process are compatible and can eventually complement each other.

(d) Rosette formation

Medio-lateral cell intercalation in simple epithelial tissues generally occurs among four cells (i.e. the fundamental intercalating unit). Nevertheless, intercalating units of more than four cells have also been reported and referred to as rosettes (figure 2e) [24,25,54,55]. Rosettes are also driven by actomyosin cortical tension [30,56] and contribute to convergence extension in a way that is equivalent to the additive effects of multiple individual fundamental intercalation units [57]. Rosettes result from the contraction of aligned and juxtaposed junctions enriched in actomyosin, which are referred to as ‘cables’ (figure 2e) [54]. A recent study by Paré and colleagues reported that the ectopic striped expression of Toll receptors can induce actomyosin cable formation in the prospective ectoderm of the Drosophila embryo [58]. It would be interesting in the future to further investigate the origin of cables in intercalating units of more than four cells.

(e) Basal–lateral protrusions

Basal–lateral protrusions are another mechanism bringing two cells in proximity to one another. Basal–lateral protrusion is reported during dorsal midline formation in Caenorhabditis elegans [59–62] and during notchochord primordium formation in Ciona intestinalis [63–66]. Cell protrusion directs cell motility similarly to what is reported for non-epithelial cells [67]. A more recent study by Sun and colleagues in 2017 reports basal–lateral cell protrusion formation in tandem with apical junction remodelling [36]. By using two-photon live imaging, the authors monitored intercalating cells in the Drosophila prospective ectoderm at a more basal position of rosettes (figure 2e). Sun and colleagues reported that F-actin-enriched protrusions form in more dorsal and ventral cells of rosettes 15–20 µm from the apical surface. Protrusions are polarized along the DV axis of the embryo and point towards the centre of the rosette (figure 2f).

4. Initiating intercalation: gaining a new contact

While cell junction shortening is a process that has been studied extensively, few studies have tackled the question of how a new cell–cell contact subsequently lengthens (figure 1a, from (iii) to (iv)). While junction shortening is a necessary process in a way that is equivalent to the additive effects of multiple individual fundamental intercalation units.
condition for eventual new junction lengthening, Collinet and colleagues reported that junction shortening contributes 30% of the total extension of the intercalating quartet in the prospective Drosophila ectoderm. 70% of the extension then occurs during new junction lengthening [57]. Previous work had hypothesized that new junction lengthening could result from minimizing the energy of the tissue after junction shrinkage [30]. Under this hypothesis, tissue extension is a necessary condition for new junction lengthening. Collinet and colleagues challenged this hypothesis using genetic mutations and physical barriers to constrain the tissue and compromise its extension. Surprisingly, the number of new lengthening junctions in tissue-constrained conditions is equivalent to wild-type conditions. This shows that new junction lengthening (like junction shrinking) is an active cellular process.

What is the cellular mechanism driving new junction lengthening? A study by Yu & Fernandez-Gonzalez, using laser-based induced actomyosin accumulation, showed that medial actomyosin contraction in the anterior and posterior cells of an intercalating quartet is sufficient to drive new junction lengthening [75]. Pulsatile contractions of actomyosin continue to form in intercalating cells also during new junction lengthening. Collinet and colleagues showed that pulses of medial actomyosin correlate with phases of new junction lengthening occurring in a stepwise fashion. By using laser dissection, the authors finally demonstrated that medial actomyosin pulses drive new junction lengthening [57].

Interestingly, during the phase of junction lengthening, low density of E-cadherin is reported; E-cadherin at the new lengthening junction is diluted during the lengthening phase and gradually increases during the stalling phase [57]. This supports the idea that new junctions are gradually established between the dorsal and the ventral cells of the intercalating quartet. Actomyosin is strongly enriched in shrinking junctions but not in lengthening junctions. Bardet and colleagues reported that downregulation of the tumour suppressor PTEN in the developing Drosophila wing blade causes upregulation of Myo II in the newly forming junctions. This prevents new junctions from effectively lengthening and thus compromises cell intercalation [76]. The absence of high levels of actomyosin at the newly forming junctions is thus a necessary condition for new junction lengthening.

During the first phase of cell intercalation (figure 1a, from (i) to (iii)) actomyosin polarized flows play a key role in junction shrinkage. Flow polarization is thought to be driven by junctional E-cadherin polarized distribution [35,49]. During the second phase (figure 1a, from (iii) to (iv)), actomyosin pulses flow towards the newly formed junction, driving junction lengthening. In this second phase, after complete junction shrinkage, E-cadherin junctional distribution is no longer polarized. It is still not clear how medial actomyosin flow is oriented during new junction lengthening. Future work is necessary to test if actomyosin flow polarity is required for new junction lengthening and, if so, how polarity is controlled during this second phase of cell intercalation.

When a junction completely shrinks, the intercalating quartet reaches a critical configuration: this is referred to as the ‘four way’ junction since four cells seem to be in contact in a single punctate zone. This expression is nevertheless misleading. E-cadherin proteins can connect only two cells at a time, therefore dorsal–ventral cell adhesion and anterior-posterior cell adhesion are mutually exclusive within the zonula adherens. Recent work has proposed that the adhesion protein Sidekick, specifically localized at vertices, could play a role in cell intercalation [77,78] and more specifically during new junction formation [79]. This opens new avenues to better elucidate how the adhesive transition is taking place during this critical phase of cell intercalation (figure 1a, from (ii) to (iii)).

5. Resolving intercalation
An epithelial cell quartet (with apical, basal and lateral sides) initiates intercalation by remodelling the contact junctions: a junction shortens and disappears while a new junction forms and lengthens. Contact junctions are typically located in a subapical position called the zonula adherens: a cell contact band a few micrometres wide that encompasses the cell perimeter (figure 2g). As a consequence of junctional remodelling at the zonula adherens, cells change from a prism to a scutoid shape (figure 1b, from 1 to 3). Scutoids are shapes that result from cells having different apical and basal neighbours. These shapes were initially described in a biological context by Condie and colleagues in 1991 [80] and then theoretically formalized by Gomez-Galvez and colleagues in 2018, who also coined the term ‘scutoid’ [81]. Scutoids have been theoretically predicted as steady state cell shapes formed especially in tubular structures providing mechanical stability. After junctional remodelling, cell neighbour exchange will resolve from apical to basal, completing cell intercalation. Since intercalation is usually not taking place simultaneously along the apical–basal axis and it is initiated at the zonula adherens, the process of intercalation results in a transition of cell shape from prism, to scutoid, to prism again (figure 1b). How do the cells transition from the scutoid to the prism shape (figure 1b, from 3 to 5)?

One possibility is that, while cortical forces initiate cell neighbour exchange at the zonula adherens, protrusions formed all along the lateral side could resolve cell intercalation (seemingly similar to what is reported during rosette formation [36]). Another possibility is that, after junctional remodelling at the zonula adherens, cells ‘accommodate’ apico-basally if this lowers the energy of the system. If cells have different sets of junctions (e.g. adherens junctions, septate junctions, gap junctions, etc.), all junctions along the apico–basal axis need to be remodelled to resolve cell intercalation. Future work is necessary to shine new light on the mechanisms responsible for cell shape remodelling from scutoid to prism resolving cell intercalation. Finally, 3D mathematical models capturing the apical–basal dynamics of resolving T1s are now necessary to help biologist unravel the key principles underlying this fundamental topological transformation.

6. Interplay between intercalation and external forces
Cell intercalation in epithelia is generally driven by cellular active mechanisms generating internal forces. This can be deduced in frog cultured explant showing convergence and extension movements mechanically independent of the rest of the embryo [82] or in sea urchin exogastrulae showing outward archenteron elongation [9]. Direct evidence of cell internal forces driving cell intercalation was reported in the
forces also could facilitate cell intercalation. Closer to the posterior end [58,86]. This suggests that pulling more intercalation events occur in the region of the ectoderm.\

Interestingly, embryo, the number of intercalation events is not. 

Drosophila at the boundary of the extending ectoderm tissue in the Collinet and colleagues: if external forces are hampered external mechanical forces impact on cell intercalation? A first answer to this question is provided by the work of Butler and colleagues in 2009 implemented a simple and effective method to measure the contribution of cell intercalation to tissue pure shear and the integrated contribution of cell shear and to subtract the first from the latter: this results in the integrated contribution of cell intercalation (figure 3). This method is very powerful since it relies on the measurement of only tissue and cell shear, which are computationally less demanding than any topological change measurement.

7. Measuring the contribution of cell intercalation to tissue convergence–extension

Polarized cell intercalation drives tissue convergence–extension. During convergence–extension, tissues undergo pure shear. Cell intercalation and cell pure shear contribute to tissue pure shear (figure 3). How can the contribution of cell intercalation to tissue pure shear be measured? Cell intercalation events can be measured by tracking and quantifying intercalation events in space and in time [58]. This can be achieved by tracking disappearing and newly forming interfaces or more simply by monitoring cell neighbour variations over time. Nevertheless, intercalation tracking does not provide direct information of the contribution of cell intercalation to tissue pure shear. Butler and colleagues in 2009 implemented a simple and effective method to measure the contribution of cell intercalation to pure shear in the prospective ectoderm of the Drosophila embryo [86]. Since tissue shear results from the sum of the integrated contributions of cell shear and cell intercalation, it is sufficient to measure tissue shear and the integrated contribution of cell shear and to subtract the first from the latter: this results in the integrated contribution of cell intercalation (figure 3). This method is very powerful since it relies on the measurement of only tissue and cell shear, which are computationally less demanding than any topological change measurement.

8. Conclusion and perspectives

Cell intercalation is implicated in numerous processes encompassing tissue morphogenesis in embryo gastrulation [5,8,9,24, 62,63,67], organogenesis [10,11,25–27,85,87], tissue homeostasis [1] and diseases (e.g. cancer cell invasion [4]). Understanding the fundamental mechanisms driving cell intercalation is thus of major importance.

The study of cell intercalation can be undertaken at different spatial and temporal scales. At a cellular resolution and at a time resolution of minutes, cell intercalation can be modelled by a quasi-steady-state distribution of cortical proteins and forces. Surface tension is predicted to increase with higher levels of cortical actomyosin and decrease with higher levels of E-cadherin-based adhesion. While such a model is powerful to eventually predict cellular packing and topology change, it remains a quite simplistic representation of reality. For example, E-cadherin clusters also act as anchoring sites without which actomyosin networks would not be able to generate contractile forces at the cell cortex. Actomyosin contractility and E-cadherin-based adhesion are thus interdependent. To provide a finer understanding of cell intercalation, analyses need to be carried out at a subcellular resolution and at a time resolution of seconds (i.e. the spatiotemporal resolution at which the dynamics of proteins and protein complexes are detectable) to bridge the gap between the cellular and the molecular level. At higher resolutions, pulses of actomyosin become visible. These pulses flow and eventually interact with the junctional cortex. Medial actomyosin pulses, beyond being under the control of upstream signalling factors (e.g. periodic upregulation/downregulation of the Rho pathway [42,43]), depend on the organization of the actomyosin network itself (e.g. F-actin and Myo II turnover rates, cross-linking proteins [45–47,88]). Actomyosin networks are dynamically coupled to the junctional cortex. Medial actomyosin pulses (e.g. via vinculin) reinforce while cortical actomyosin (e.g. upregulating endocytosis [34]) weakens E-cadherin-based anchoring sites [50]. This results in a dynamic modulation of E-cadherin at the cell cortex [35,49,52]. While medial actomyosin networks asymetrically coupled to the cortex can generate traction forces orienting actomyosin flows [48,49], actomyosin networks can flow independently of boundary anchoring conditions [47]. Polarized distribution of E-cadherin can modulate actomyosin network.
properties (e.g. polarized fluidity) that can result in a self-sustained polarized flow [51].

Cell vertices are regions of high E-cadherin density where three or more cells are in proximity. During the first phase of cell intercalation (figure 1A, from (i) to (ii)), vertices appear to shift so that, on one side, one interface reduces in length while, on the other, two interfaces increase in length. Several hypotheses could explain how the process of simultaneous interface shortening and lengthening are coupled. One first hypothesis could be that the interface length change is driven by membrane trafficking (mediated for instance by endo/exocytosis). In this case, equal amounts of membrane need to be added or removed from both cells at a given interface to eventually drive coordinated interface lengthening or shortening, respectively. In addition, since interfaces radiating from the same vertex have equal rate of shortening/lengthening during vertex sliding, membrane trafficking has to be polarized and finely regulated so that membrane removal and addition rates are equal. E-cadherin proteins are modulated at vertices: low levels of E-cadherin correlate with vertex displacement but high levels with vertex stalling [52]. A second hypothesis could thus be that E-cadherin levels are regulated both at vertices and along interfaces to remodel contact junctions. A vertex could thus act as a membrane zipper: spot adherens junctions could be removed from the ‘front’ and new adhesion sites added at the ‘back’ of a sliding vertex. This would result in an apparent and simultaneous shortening and lengthening of interfaces. Photo-bleaching the membrane at the ‘front’ of a sliding vertex while monitoring vertex position using an E-cadherin fluorescent label could be an interesting experiment to validate one of the two hypothesis. For instance, if the photo-bleached membrane portion ends up being at the ‘rear’ of the vertex during vertex sliding, this would support the second hypothesis. Similar experiments would be informative to better decipher the extension of a new contact junction during the second phase of cell intercalation (figure 1A, from (iii) to (iv)). E-cadherin clusters at the cell junctional perimeters could play different roles depending on their specific location. E-cadherin clusters at vertices (together with vertex-specific adhesion complexes) could be key anchoring sites for the medial actomyosin network to exert traction forces for junction remodelling, while E-cadherin polarity at interfaces could direct actomyosin flows and eventual vertex sliding.

In recent years, outstanding work has advanced considerably our understanding of the force-based mechanisms driving cell intercalation. These mechanisms are tuned to provide reversible, irreversible, polarized or randomly oriented cell intercalations that can take place only at the interface between two competing cells, for instance, or throughout a tissue. Different intercalation dynamics and patterns can thus drive tissue morphogenesis, homeostasis or cell competition. We are now at a very exciting time when the knowledge of these fundamental mechanisms can be used to engineer new techniques to synthetically control tissue processes [69,89].

The first key epithelial transformations during early embryo development are elongation and folding. While the first process can separate the future head from the anus, the second can move a great number of cells to the inside of the embryo, where inner organs will form. Intercalation [8] and apical constriction [90] are key cellular processes driving tissue elongation and folding, respectively. Interestingly tissue extension and folding can take place along the same axis (for instance, during archenteron elongation in the sea urchin embryo [9]) or along orthogonal axes (for instance, during neurulation in the X. laevis embryo [82]). In the first case, tissue extension per se contributes to tissue folding. In the second case, extension and folding are orthogonal, thus a priori independent, processes. How can cells drive two simultaneous and independent processes? One possibility is that cells can simultaneously intercalate and apically constrict. If this is the case, how is the cytoskeletal machinery functioning to drive multiple cellular processes? In addition, what are the signalling factors controlling orthogonal tissue shape transformations? This is a new exciting riddle for future studies.

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