Glutamate-mediated effects of caffeine and interferon-γ on mercury-induced toxicity

AYSE BASAK ENGIN¹, EVREN DORUK ENGIN², KIRILL GOLOKHVAST³, DEMETRIOS A. SPANDIDOS⁴ and ARISTIDES M. TSATSAKIS⁵

¹Department of Toxicology, Faculty of Pharmacy, Gazi University, Ankara 06330; ²Institute of Biotechnology, Ankara University, Ankara 06110, Turkey; ³Scientific Educational Center of Nanotechnology, Far Eastern Federal University, Engineering School, Vladivostok 690950, Russia; ⁴Laboratory of Clinical Virology, Medical School, University of Crete; ⁵Department of Forensic Sciences and Toxicology, Faculty of Medicine, University of Crete, Heraklion 71003, Greece

Received January 9, 2017; Accepted March 13, 2017

DOI: 10.3892/ijmm.2017.2937

Abstract. The molecular mechanisms mediating mercury-induced neurotoxicity are not yet completely understood. Thus, the aim of this study was to investigate whether the severity of MeHg- and HgCl₂-mediated cytotoxicity to SH-SY5Y human dopaminergic neurons can be attenuated by regulating glutamate-mediated signal-transmission through caffeine and interferon-γ (IFN-γ). The SH-SY5Y cells were exposed to 1, 2 and 5 µM of either MeHgCl₂ or HgCl₂ in the presence or absence of L-glutamate. To examine the effect of adenosine receptor antagonist, the cells were treated with 10 and 20 µM caffeine. The total mitochondrial metabolic activity and oxidative stress intensity coefficient were determined in the 1 ng/ml IFN-γ and glutamate-stimulated SH-SY5Y cells. Following exposure to mercury, the concentration-dependent decrease in mitochondrial metabolic activity inversely correlated with oxidative stress intensity. MeHg was more toxic than HgCl₂. Mercury-induced neuronal death was dependent on glutamate-mediated excitotoxicity. Caffeine reduced the mercury-induced oxidative stress in glutamine-containing medium. IFN-γ treatment decreased cell viability and increased oxidative stress in glutamine-free medium, despite caffeine supplementation. Although caffeine exerted a protective effect against MeHg-induced toxicity with glutamate transmission, under co-stimulation with glutamine and IFN-γ, caffeine decreased the MeHg-induced average oxidative stress only by half. Thereby, our data indicate that the IFN-γ stimulation of mercury-exposed dopaminergic neurons in neuroinflammatory diseases may diminish the neuroprotective effects of caffeine.

Introduction

Mercury exposure is linked to a shift in the redox status toward oxidative stress. It may enhance lipid peroxidation in all tissues and may have deleterious effects on an organism (1). As MeHg easily crosses the blood-brain barrier, it is highly neurotoxic in exposed human populations (2). Therefore, its cytotoxic effect on neurons is stronger when compared to inorganic HgCl₂, even at low levels (3). Eventually, MeHg administration reduces non-enzymatic and enzymatic antioxidants (6).

Mercury has been shown to affect several aspects of glutamatergic signaling (4). In this context, MeHg markedly increases the glutamate concentration at the synaptic cleft by enhancing spontaneous glutamate release from neurons (5). Eventual excitotoxic activity of glutamate resulting from MeHg exposure contributes to neuronal injury. N-methyl-D-aspartate (NMDA) receptor-binding memantine attenuates MeHg-induced neurotoxicity (6). It has also been shown that the HgCl₂-induced reduction of cell viability is substantially attenuated by the application of a non-competitive antagonist of NMDA receptors (7). Although mercury-induced neuronal degeneration is suggested to involve glutamate-mediated excitotoxicity, the underlying mechanisms remain poorly understood.

Caffeine is the most widely consumed psychoactive substance and acts as an antagonist of adenosine A1 and A2A receptors at non-toxic doses (8). Although A1 receptors are located pre-synaptically on dopaminergic, glutamatergic and cholinergic inputs to neurons, Brown et al could not detect any evidence regarding the effect of caffeine on mercury-induced toxicity (9).

On the other hand, mercury-exposed rats have been shown to exhibit enhanced interferon-γ (IFN-γ) serum levels as compared to the controls (10). Furthermore, it is claimed that vascular endothelial growth factor and interleukin-6 (IL-6) are released from human mast cells via the stimulation of mercury and disrupt the blood-brain-barrier and permit brain inflammation (11). In neurodegenerative diseases, brain inflammation and the facilitated entrance of immune cells through the blood-brain barrier can potentially cause neuronal damage and cognitive dysfunction (12,13). Thus, the disruption of the blood-brain barrier allows the infiltration of immune
cells to the brain and enhances the responsiveness of neurons to IFN-γ (14). T-cell traffic across the blood-brain barrier considerably increases, thereby exposing neuronal cells to the potent effects of IFN-γ (15). Eventually, IFN-γ acts directly on neural cells (16,17), and causes neurodegenerative alterations in the central nervous system (CNS) (18). Nevertheless, the precise role of IFN-γ during neuro-inflammation remains unclear (19). Mizuno et al suggested that IFN-γ synergistically enhances glutamate neurotoxicity mediated by α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptors, but not NMDA receptors (20). By contrast, Lee et al previously indicated that IFN-γ-mediated neuroprotection is associated with an enhanced recovery of intracellular Ca2+ concentrations following exposure to glutamate (21). In this manner, conflicting results have been presented regarding the effect of IFN-γ on glutamate-induced signaling. Furthermore, there is less information available on the association between mercury-induced cytotoxicity and caffeine or IFN-γ during the presence or absence of glutamine.

Thus, the aim of the present study was primarily to investigate whether mercury-induced neuronal damage is associated with glutamatergic excitotoxicity, and secondly, to determine whether glutamate signal transmission participates in the alteration of mercury-induced neurotoxicity through caffeine and IFN-γ.

Materials and methods

Cell culture. The human neuroblastoma cell line, SH-SY5Y, was cultured in MEM:F12 (1:1) (Biochrom GmbH, Berlin, Germany) supplemented with 15% fetal bovine serum (FBS; Biochrom GmbH) at 37°C, 5% CO2. The cells were divided into 2 groups and cultured in either 292 mg/l L-glutamine containing or L-glutamine free-medium. All the experiments were run in both cell groups. The solutions of 1, 2 and 5 µM MeHgCl2 and HgCl2 (Merck KGaA, Darmstadt, Germany), 10 and 20 µM caffeine (Sigma-Aldrich, St. Louis, MO, USA) were prepared in L-glutamine-supplemented or glutamine-free medium (Biochrom GmbH) and sterilized using a 0.2 µm syringe filter (Fuxing Pharmaceutical Co., Ltd., Shanghai, China). Experiments were repeated under either 1 ng/ml human IFN-γ (hIFN-γ)-containing or hIFN-γ-free conditions.

Production of hIFN-γ. Active hIFN-γ was produced by using a bacterial protein expression system. The pET28a-based expression plasmid was constructed using the SLICE cloning procedure, as previously described (22). Briefly, codon optimized synthetic gene that encodes hIFN-g mature peptide (Uniprot accession P01579, amino acids between 24 and 161) was purchased from Macrogen, Inc. (Seoul, Korea). Escherichia coli BL21 cells were used as the expression host (Novagen Inc., Madison, WI, USA). pET expression system and expression host bacterium E. coli BL21 cells were obtained from Novagen Inc. (23). The cells were grown in 100 ml of terrific broth until a turbidity of 0.5 absorbance was reached at OD600. Subsequently, culture was induced by using 1 mM IPTG (24). Following overnight expression, the cells were harvested and lysed using BPER reagent (Thermo Fisher Scientific, Waltham, MA, USA). IFN-γ from cleared lysate was purified using immobilized nickel affinity chromatography (GE Healthcare, Piscataway, NJ, USA). Imidazole removal and a polishing step were performed using sephadex G25 (GE Healthcare) gel filtration chromatography, as previously described (25).

Experimental design. The SH-SY5Y human neuroblastoma cells (104 cells/well) were seeded in 96-well plates. Twenty four hours after seeding (one cell cycle), the cells were exposed to various concentrations of HgCl2 and MeHgCl2 in medium with or without 292 mg/l L-glutamine for either 24 or 48 h. All the assays were performed in triplicates in 3 sets of experiments.

In this study, in order to clarify the mechanisms responsible for mercury-induced neuronal toxicity, we used two different substances in addition to the various concentrations of mercury compounds in SH-SY5Y cell cultures, caffeine and IFN-γ. The concentrations of mercury compounds and caffeine that were used in the experiments, were selected by the evaluation of possible exposure doses (26-30). The exposure duration was determined as one and two cell cycles. For further experiments, 104 cells were seeded in 96-well plates in medium with or without 292 mg/l L-glutamine; each set was individually pre-incubated for 30 min with 10 or 20 µM caffeine and after this period, 1, 2 or 5 µM of either MeHgCl2 or HgCl2 were added and the cells were incubated for 24 and 48 h in FBS-containing medium. Each set of experiments was repeated with cells pre-incubated with hIFN-γ. In all samples 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay was performed as described below. The cells were also counted using trypan blue dye (Sigma-Aldrich) for each time point and for each concentration in each assay condition.

Mitochondrial metabolic activity. Mitochondrial metabolic activity was assessed by MTT assay according to a modified method of Mosmann (31). Briefly, the cells were exposed to the compounds and MTT dye (Serva, Heidelberg, Germany) (0.5 mg/ml in phosphate-buffered saline; Merck KGaA) was added to each well 4 h after the completion of the incubation period. Thereafter, the produced formazan crystals were solubilized by the addition of 10% SDS (Merck KGaA) in 1 N HCl solution (Merck KGaA). The resultant absorbance was measured spectrophotometrically (VersaMax ELISA Microplate Reader; Molecular Devices, Sunnyvale, CA, USA) at 550 nm with the reference wavelength of 690 nm.

Total nitrite and nitrate (Merck KGaA) (NO2−+NO3−; NOx) levels were measured using the Griess method, as previously described (32). The oxidative stress intensity coefficient (Q) was calculated by dividing the NOx produced per cell (cell count; Cc) to the total mitochondrial metabolic activity per cell (alteration in cell viability - MTT/Cc); Q = [NOx/Cc]/MTT/Cc [33].

Statistical analysis. The significance of the differences between the control and compound-treated cell groups were analyzed by a Student’s t-test and a value of P<0.05 was considered to indicate a statistically significant difference. The calculations were performed using the statistical package SPSS, version 13.0 (SPSS, Inc., Chicago, IL, USA).

Results

The effects of L-glutamine in caffeine-supplemented medium on the total mitochondrial metabolic activity and oxidative stress in mercury-exposed SH-SY5Y cells are shown in Tables I-IV.
medium, exposure to HgCl₂-glutamine-free medium (Table IV). In the glutamine-containing medium when compared to the cells cultured in SH-SY5Y cells after 48-h of incubation in glutamine-free medium, caffeine supplementation enhanced 5 µM MeHg-exposed SH-SY5Y cells (Table II). Moreover, in the presence of L-glutamine, caffeine supplementation generated more marked oxidative stress and caused a significant decrease in cell viability, particularly in the controls in L-glutamine-free medium (P<0.05) (Table IV). Overall, caffeine ameliorated MeHg-induced toxicity in the presence of L-glutamine, caffeine supplementation to the SH-SY5Y cells.

Only 5 µM MeHg led to a significantly higher oxidative stress intensity score and lower cell viability when compared with the controls in L-glutamine-free medium (P<0.05) at the first 24-h incubation period (Table I). However, at the end of the 48-h incubation period in glutamine-free medium, caffeine supplementation generated more marked oxidative stress and caused a significant decrease in cell viability, particularly in the 5 µM MeHg-exposed SH-SY5Y cells (Table II). Moreover, in glutamine-free medium, caffeine supplementation enhanced mercury-induced oxidative stress by approximately 10-28% at the end of 48-h incubation period (Tables I and II). Following the addition of L-glutamine to the medium, 5 µM MeHg increased oxidative stress by 88.6% and decreased the total mitochondrial metabolic activity/cell viability by 48.7% at the first 24-h incubation period (Table I). However, at the end of the 48-h incubation period in glutamine-free medium, caffeine supplementation increased oxidative stress by 88.6% and decreased the total mitochondrial metabolic activity/cell viability by 93%, while 20 µM caffeine increased viability by 93%, 10 µM caffeine increased viability by 142%, in comparison to the SH-SY5Y cells exposed only to 5 µM MeHg. Moreover, incubation with 10 or 20 µM caffeine attenuated MeHg-induced toxicity in the presence of L-glutamine (P<0.05) (Table IV). Overall, caffeine ameliorated the cytotoxic effects of mercury at all concentrations. In these cases, following exposure to mercury, alterations in mitochondrial metabolic activity/cell viability inversely

Table I. Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the first 24-h incubation period with or without caffeine in glutamine-free medium.

|                     | Without caffeine | 10 µM caffeine | 20 µM caffeine |
|---------------------|------------------|----------------|----------------|
|                     | MTT (%)          | Q (µM/%)       | MTT (%)        | Q (µM/%)       | MTT (%)        | Q (µM/%)       |
| Control             | 99.4±0.16        | 0.18±0.13      | 114.7±1.33     | 0.17±0.03      | 100.3±0.15     | 0.16±0.01      |
| MeHg 1 µM           | 91.9±0.18        | 0.23±0.07      | 98.5±0.58      | 0.23±0.04      | 92.1±0.54      | 0.19±0.02      |
| MeHg 2 µM           | 94.4±0.51        | 0.24±0.02      | 94.1±0.42      | 0.24±0.03      | 94.8±0.92      | 0.18±0.04      |
| MeHg 5 µM           | 56.0±1.02        | 0.35±0.04      | 57.8±1.87      | 0.26±0.01      | 44.4±1.14      | 0.43±0.22      |
| HgCl₂ 1 µM          | 104.3±0.47       | 0.18±0.05      | 99.1±0.21      | 0.18±0.08      | 114.2±2.11     | 0.14±0.02      |
| HgCl₂ 2 µM          | 104.8±0.01       | 0.23±0.06      | 114.1±13.4     | 0.16±0.04      | 95.6±0.54      | 0.15±0.00      |
| HgCl₂ 5 µM          | 104.4±0.86       | 0.19±0.04      | 94.8±0.89      | 0.19±0.02      | 95.4±1.35      | 0.22±0.04      |

₄P<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q=[(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability.

Table II. Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the second 24-h incubation period with or without caffeine in glutamine-free medium.

|                     | Without caffeine | 10 µM caffeine | 20 µM caffeine |
|---------------------|------------------|----------------|----------------|
|                     | MTT (%)          | Q (µM/%)       | MTT (%)        | Q (µM/%)       | MTT (%)        | Q (µM/%)       |
| Control             | 99.8±0.22        | 0.23±0.16      | 111.1±0.77     | 0.15±0.05      | 111.2±0.55     | 0.14±0.03      |
| MeHg 1 µM           | 100.2±0.35       | 0.19±0.00      | 91.0±0.04      | 0.32±0.07      | 107.2±0.76     | 0.14±0.03      |
| MeHg 2 µM           | 58.2±0.26        | 0.27±0.01      | 44.9±0.17      | 0.40±0.09      | 89.2±1.43      | 0.18±0.02      |
| MeHg 5 µM           | 40.1±0.74        | 0.39±0.06      | 34.6±0.27      | 0.43±0.00      | 29.4±0.44      | 0.50±0.08      |
| HgCl₂ 1 µM          | 85.0±0.31        | 0.19±0.01      | 104.0±0.99     | 0.17±0.01      | 122.3±0.52     | 0.12±0.04      |
| HgCl₂ 2 µM          | 88.3±0.09        | 0.18±0.02      | 107.6±0.88     | 0.18±0.07      | 127.1±1.94     | 0.12±0.01      |
| HgCl₂ 5 µM          | 89.2±0.91        | 0.19±0.03      | 116.1±0.23     | 0.18±0.03      | 113.1±2.00     | 0.17±0.00      |

₄P<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q=[(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability.
correlated with oxidative stress intensity scores. Furthermore, the increase in the NOx generation-related oxidative stress and the decrease in cell viability were also inversely proportional in a dose-dependent manner, particularly in MeHg-exposed cells in the presence of L-glutamine.

On the other hand, the addition of caffeine to the glutamine-free medium had no significant effect on HgCl₂-related oxidative stress and mitochondrial metabolic activity/cell viability. By contrast, caffeine supplementation to the glutamine-containing medium significantly attenuated MeHg- and HgCl₂-related toxicity at the matched doses and for all concentrations during the first and second 24-h incubation periods. These results were interpreted as the consumption of antioxidant capacity due to mercury-induced toxicity. Thus, the most striking toxicity was observed with 5 µM MeHg. It should be noted that a significant amount of extracellular glutathione is directly derived from glutamine. Culture in glutamine-free medium reduces cell proliferation and viability and abolishes glutathione excretion (34).

The effects of L-glutamine on IFN-γ and caffeine-supplemented medium on the total mitochondrial metabolic activity and oxidative stress in mercury-exposed SH-SY5Y cells are shown in Tables V-VIII. Stimulation of the SH-SY5Y cells with IFN-γ in glutamine-free medium irregularly affected the caffeine-controlled mercury-induced toxicity when compared to cells exposed to mercury only. Moreover, 10 µM caffeine augmented 5 µM MeHg-induced oxidative stress by 125.6% in glutamine-free medium, when the medium was supplemented with IFN-γ at the end of the 48-h incubation period. When glutamine was added to the IFN-γ-containing medium, the SH-SY5Y cells were 42% less protected by 10 µM caffeine in comparison to only glutamine-containing medium. In glutamine-containing medium, 10 µM caffeine decreased 5 µM MeHg-induced oxidative stress by 58% and 69% at the first 24-h and second 24-h incubation periods, respectively. However, under co-stimulation with glutamine and IFN-γ, 10 µM caffeine reduced 5 µM MeHg-induced oxidative stress in the SH-SY5Y cells by 44% and 56% at the first 24-h and 5th 24-h incubation periods, respectively.

**Table III.** Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the first 24-h incubation period with or without caffeine in glutamine-containing medium.

|                     | Without caffeine | 10 µM caffeine     | 20 µM caffeine     |
|---------------------|------------------|--------------------|--------------------|
|                     | MTT (%)          | Q (µM/%)           | MTT (%)            | Q (µM/%)           | MTT (%)            | Q (µM/%)           |
| Control             | 99.5±0.33        | 0.19±0.07          | 102.4±1.12         | 0.21±0.07          | 101.1±0.33         | 0.18±0.03          |
| MeHg 1 µM           | 82.2±0.74        | 0.27±0.02          | 103.20±0.57        | 0.24±0.02          | 84.80±0.67         | 0.24±0.05          |
| MeHg 2 µM           | 73.79±0.63       | 0.36±0.03          | 94.50±0.38         | 0.21±0.03          | 84.70±1.00         | 0.20±0.05          |
| MeHg 5 µM           | 28.7±0.56        | 0.66±0.02          | 67.3±0.54          | 0.28±0.01          | 73.1±0.25          | 0.26±0.04          |
| HgCl₂ 1 µM          | 91.32±0.17       | 0.17±0.05          | 102.5±1.27         | 0.16±0.04          | 103.5±2.59         | 0.22±0.04          |
| HgCl₂ 2 µM          | 80.81±0.37       | 0.36±0.07          | 92.7±1.52          | 0.25±0.07          | 113.8±1.02         | 0.23±0.02          |
| HgCl₂ 5 µM          | 73.65±0.02       | 0.36±0.04          | 105.9±0.55         | 0.24±0.04          | 105.2±0.35         | 0.27±0.01          |

*p<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q: [(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability.

**Table IV.** Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the second 24-h incubation period with or without caffeine in glutamine-containing medium.

|                     | Without caffeine | 10 µM caffeine     | 20 µM caffeine     |
|---------------------|------------------|--------------------|--------------------|
|                     | MTT (%)          | Q (µM/%)           | MTT (%)            | Q (µM/%)           | MTT (%)            | Q (µM/%)           |
| Control             | 100.0±0.38       | 0.36±0.15          | 93.8±1.27          | 0.24±0.05          | 108.5±0.20         | 0.15±0.02          |
| MeHg 1 µM           | 82.42±0.79       | 0.33±0.02          | 111.7±1.26         | 0.24±0.04          | 104.5±0.87         | 0.22±0.01          |
| MeHg 2 µM           | 53.09±0.04       | 0.63±0.03          | 79.5±0.23          | 0.32±0.05          | 74.1±1.50          | 0.18±0.02          |
| MeHg 5 µM           | 29.60±1.74       | 0.85±0.16          | 57.0±1.57          | 0.26±0.02          | 71.7±0.02          | 0.27±0.21          |
| HgCl₂ 1 µM          | 89.16±0.13       | 0.25±0.11          | 103.8±1.27         | 0.15±0.03          | 117.1±0.09         | 0.14±0.02          |
| HgCl₂ 2 µM          | 76.44±0.14       | 0.29±0.14          | 111.8±0.94         | 0.16±0.03          | 107.0±0.18         | 0.23±0.06          |
| HgCl₂ 5 µM          | 61.12±0.40       | 0.35±0.11          | 98.3±0.82          | 0.18±0.00          | 86.8±1.09          | 0.28±0.09          |

*p<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q: [(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability.
Table V. Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the first 24-h incubation period with or without caffeine in glutamine-free and IFN-γ-containing medium.

|                      | Without caffeine | 10 µM caffeine + IFN-γ | 20 µM caffeine + IFN-γ |
|----------------------|------------------|------------------------|------------------------|
|                      | MTT (%)          | Q (µM/%)               | MTT (%)                | Q (µM/%)               | MTT (%) | Q (µM/%)               |
| Control              | 99.4±0.16        | 0.18±0.13              | 79.6±1.02              | 0.23±0.05              | 82.9±0.87 | 0.25±0.05              |
| MeHg 1 µM            | 91.9±0.18        | 0.23±0.07              | 98.6±1.68              | 0.27±0.03              | 109.2±0.74 | 0.19±0.09              |
| MeHg 2 µM            | 94.4±0.51        | 0.24±0.02              | 102.6±0.41             | 0.19±0.00              | 100.4±0.54 | 0.19±0.08              |
| MeHg 5 µM            | 56.0±1.02        | 0.35±0.04              | 65.5±0.51              | 0.28±0.02              | 60.1±0.23 | 0.33±0.07              |
| HgCl₂ 1 µM           | 104.3±0.47       | 0.18±0.05              | 96.2±1.22              | 0.19±0.01              | 96.6±1.80 | 0.18±0.00              |
| HgCl₂ 2 µM           | 104.8±0.01       | 0.23±0.06              | 97.3±0.93              | 0.19±0.04              | 93.4±0.87 | 0.21±0.00              |
| HgCl₂ 5 µM           | 104.4±0.86       | 0.19±0.04              | 101.8±0.79             | 0.17±0.02              | 91.9±0.35 | 0.23±0.03              |

*P<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q:[(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability; IFN-γ, interferon-γ.

Table VI. Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the second 24-h incubation period with or without caffeine in glutamine-free and IFN-γ-containing medium.

|                      | Without caffeine | 10 µM caffeine + IFN-γ | 20 µM caffeine + IFN-γ |
|----------------------|------------------|------------------------|------------------------|
|                      | MTT (%)          | Q (µM/%)               | MTT (%)                | Q (µM/%)               | MTT (%) | Q (µM/%)               |
| Control              | 99.8±0.22        | 0.23±0.16              | 92.6±1.51              | 0.30±0.03              | 121.0±1.36 | 0.22±0.02              |
| MeHg 1 µM            | 100.2±0.35       | 0.19±0.00              | 79.7±0.28              | 0.40±0.02              | 88.4±0.45 | 0.21±0.02              |
| MeHg 2 µM            | 58.2±0.26        | 0.27±0.01              | 63.8±0.70              | 0.33±0.02              | 83.2±0.52 | 0.27±0.09              |
| MeHg 5 µM            | 40.1±0.74        | 0.39±0.06              | 28.9±0.49              | 0.97±0.11              | 36.5±0.56 | 0.46±0.09              |
| HgCl₂ 1 µM           | 85.0±0.31        | 0.19±0.01              | 93.2±1.79              | 0.18±0.01              | 93.4±0.78 | 0.19±0.03              |
| HgCl₂ 2 µM           | 88.3±0.09        | 0.18±0.02              | 94.4±0.77              | 0.19±0.07              | 95.4±0.89 | 0.19±0.00              |
| HgCl₂ 5 µM           | 89.2±0.91        | 0.19±0.03              | 94.4±0.93              | 0.21±0.12              | 85.4±0.11 | 0.25±0.02              |

*P<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q: [(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability; IFN-γ, interferon-γ.

second 24-h incubation periods, respectively. This suggests that the IFN-γ-stimulated SH-SY5Y cells in glutamine-free medium almost remained unresponsive to mercury-induced toxicity despite caffeine supplementation (Tables V and VI). Eventually, at the second 24 h incubation period, the addition of IFN-γ and caffeine to glutamine-free medium significantly enhanced the toxicity of MeHg (p<0.05).

In the L-glutamine-containing medium, MeHg treatment decreased the average cell viability of IFN-γ-stimulated neuronal cells following caffeine supplementation in comparison to the controls (Tables VII and VIII). Following the stimulation of neuronal cells with IFN-γ, caffeine supplementation provided a partial improvement in MeHg toxicity in comparison to the unstimulated counterparts. When taking into account the mitochondrial metabolic activities and oxidative stress scores, IFN-γ and caffeine were more effective against HgCl₂-induced toxicity than MeHg. On the one hand, L-glutamine increased mercury-induced toxicity, but on the other hand, it was required for improving the effects of caffeine against mercury-induced toxicity in IFN-γ-stimulated SH-SY5Y cells.

Of note, the most effective concentration was 20 µM caffeine in recovering cell viability and oxidative stress intensity of the mercury-exposed cells, which were pre-treated with IFN-γ in L-glutamine-containing medium (P<0.05). The addition of IFN-γ to the glutamine-containing medium aggravated average cell viability of the 24- plus 48-h incubation periods by 15 and 22% in the 10 and 20 µM caffeine-stimulated cells, respectively. These findings were in accordance with the increase in the oxidative stress intensity score with the IFN-γ stimulation of MeHg-exposed cells. Similarly, when the mean values of the 24- and 48-h incubation periods were considered, the elevation of Q was 37 and 31% in the 10 and 20 µM caffeine-supplemented medium, respectively. The IFN-γ stimulation of mercury-exposed SH-SY5Y cells in the glutamine-containing medium reduced the protective effects of caffeine.

**Discussion**

Glutamine is the primary precursor for the biosynthesis of the neurotransmitters glutamate and γ-aminobutyric acid. It
Table VII. Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the first 24-h incubation period with or without caffeine in glutamine- and IFN-γ-containing medium.

|                      | Without caffeine | 10 µM caffeine + IFN-γ | 20 µM caffeine + IFN-γ |
|----------------------|------------------|------------------------|------------------------|
|                      | MTT (%)          | Q (µM/%)               | MTT (%)          | Q (µM/%)               |
| Control              | 99.5±0.33        | 0.19±0.07              | 92.1±1.91        | 0.17±0.01              |
| MeHg 1 µM            | 82.2±0.74        | 0.27±0.02              | 82.6±1.21        | 0.32±0.06              |
| MeHg 2 µM            | 73.79±0.63       | 0.36±0.03              | 87.0±0.73        | 0.20±0.07              |
| MeHg 5 µM            | 28.7±0.56        | 0.66±0.02              | 59.5±0.73        | 0.37±0.03              |
| HgCl₂ 1 µM           | 91.32±0.17       | 0.17±0.05              | 99.1±0.81        | 0.20±0.01              |
| HgCl₂ 2 µM           | 80.81±0.37       | 0.36±0.07              | 104.0±0.27       | 0.22±0.05              |
| HgCl₂ 5 µM           | 73.65±0.02       | 0.36±0.04              | 103.4±0.85       | 0.18±0.02              |

p<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q: [(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability; IFN-γ, interferon-γ.

Table VIII. Oxidative stress intensity coefficient and total mitochondrial metabolic activity/viability of MeHg- and HgCl₂-exposed SH-SY5Y human neuroblastoma cells at the end of the second 24-h incubation period with or without caffeine in glutamine- and IFN-γ-containing medium.

|                      | Without caffeine | 10 µM caffeine + IFN-γ | 20 µM caffeine + IFN-γ |
|----------------------|------------------|------------------------|------------------------|
|                      | MTT (%)          | Q (µM/%)               | MTT (%)          | Q (µM/%)               |
| Control              | 100.0±0.38       | 0.36±0.15              | 102.4±0.52        | 0.24±0.14              |
| MeHg 1 µM            | 82.42±0.79       | 0.33±0.02              | 98.5±0.32         | 0.34±0.16              |
| MeHg 2 µM            | 53.09±0.04       | 0.63±0.03              | 107.1±0.67        | 0.27±0.07              |
| MeHg 5 µM            | 29.60±1.74       | 0.85±0.16              | 46.7±0.50         | 0.37±0.02              |
| HgCl₂ 1 µM           | 89.16±0.13       | 0.25±0.11              | 104.1±0.03        | 0.17±0.05              |
| HgCl₂ 2 µM           | 76.44±0.14       | 0.29±0.14              | 92.2±2.49         | 0.27±0.05              |
| HgCl₂ 5 µM           | 61.12±0.40       | 0.35±0.11              | 91.0±1.20         | 0.39±0.02              |

p<0.05, mercury-exposed cells vs. matched caffeine + mercury-exposed cells. MeHg, methyl mercury; Q: [(NOx/Cc)/(MTT/Cc)], oxidative stress coefficient; MTT, mitochondrial metabolic activity/cell viability; IFN-γ, interferon-γ.

is proposed that in vivo glutamine is synthesized and released by astrocytes, and is then transported into the neuron for subsequent conversion to neurotransmitters (35). The uptake of glutamine by neurons is an integral step in the glutamate-glutamine cycle, and a major pathway for the replenishment of neuronal glutamate (36). Besides, glutamatergic neurons exhibit highly efficient transport systems to accumulate L-glutamine, one of the major precursors of glutamate (37). Glutamine re-appears in neurons before conversion back to glutamate by glutaminase (38,39). In this respect, without glutamine influx, SH-SY5Y cells cannot produce glutamate in glutamine-free medium (40). The neuroblastoma cell line, SH-SY5Y, expresses a novel form of phosphate activated glutaminase (PAG) which deamidates glutamine to glutamate and ammonia at high rates (41). Glutamate dyshomeostasis and oxidative stress have been identified as two critical mechanisms mediating MeHg-induced neurotoxicity. Glutamate/aspartate transporter (GLAST) and glutamate transporter-1 (GLT-1) appear to be inhibited by MeHg exposure (6) (Fig. 1).

In neurons, mitochondrial metabolism of exogenous glutamine is mainly responsible for the net synthesis of glutamate, which is a neurotransmitter, but it is also necessary for the synthesis of glutathione, the main endogenous antioxidant (42). Thereby mitochondrial metabolic activity is very important with respect to glutamatergic neurotransmission and cell antioxidant capacity. The increased activity of GSH/glutamate-cysteine ligase (GCL) in the cytoplasm also leads to the concurrent elevation of GSH in the mitochondrial compartment (Fig. 1). Kaur et al demonstrated that treatment with 5 µM MeHg for 30 min led to a significant increase in ROS generation and reduction in GSH content (43). In a previous study, SH-SY5Y cells treated for 24 h with MeHg exhibited a significant reduction in glutathione peroxidase activity in the brain. There was a concomitant significant decrease in cell viability and an increase in apoptosis (44). In this context, MeHg may react readily with GSH, leading to the formation of a MeHg-SG adduct that is excreted into the extracellular space of SH-SY5Y human neuroblastoma cells (45). As an expected result, we found that
imercury-induced oxidative stress was not significantly affected in SH-SY5Y cells in glutamine-free medium, except, 5 µM MeHg exposure, whereas the toxic effects of mercury were significantly enhanced in L-glutamine-containing medium, particularly during the second 24-h incubation period.

Coffee consumption significantly reduced mercury-related toxicity. Of note, caffeine acting through adenosine receptors plays a prominent role in modulating glutamatergic input to various neurons (Fig. 1). Similarly, glutamate acts on both ionotropic and metabotropic G protein-coupled receptors. Therefore, intense glutamatergic neurotransmission is known to induce adenosine release (46). On the other hand, caffeine blocks calcium-induced calcium release (CICR) triggered by calcium influx through calcium permeable AMPA receptors (47). In our study, the addition of glutamine to the incubation medium increased the oxidative stress intensity by 89-118% in the 5 µM MeHg-exposed SH-SY5Y cells. Furthermore, caffeine supplementation to L-glutamine-containing incubation medium reversed the cytotoxicity of mercury compounds when compared with the caffeine-free controls. Caffeine-mediated effects may occur with at least two mechanisms: by directly blocking the glutamate activated channels or by reducing postsynaptic glutamate receptor density. In this respect, on the one hand caffeine decreases glutamatergic excitatory post-synaptic currents amplitude by direct postsynaptic block of glutamate-activated channels (48). In daily life, caffeine concentration in blood reaches approximately 20-30 µM after ingestion of the equivalent of 2 cups of coffee (28). Thus, in our study, the maximum dose supplemented to the incubation medium was 20 µM. Indeed, the blood-brain barrier is readily permeable to caffeine, and thus the concentration in the brain is close to that in the blood (49). Caffeine inhibits glutamate receptors with an apparent IC$_{50}$ value of approximately 10 mM. Therefore, ingested caffeine is unlikely to have any effect on ionotropic glutamate receptors. Instead, caffeine likely produces stimulatory effects in humans through its potent antagonism of the adenosine receptor (50). Caffeine-mediated glutamate receptor blockade may only occur under extreme conditions of toxicity (48).

Deletion of the A2A adenosine receptor reduces the vulnerability to MeHg, consistent with the neuroprotective effects of adenosine A2A receptor inactivation. Thus, MeHg toxicity can be reduced by adenosine A1 and A2A receptor inactivation, either via their genetic deletion or by treatment with their antagonist caffeine (51).

In this study, in glutamine-free medium, caffeine did not block the toxicity of 5 µM MeHg. Thus, we observed a significant increase in the oxidative stress intensity score and a marked decrease in mitochondrial metabolic activity in the mercury-exposed SH-SY5Y cells. Substantially, MeHg disrupts glutamate metabolism and overexcites NMDA receptors of the neurons. At the same time, MeHg reduces non-enzymatic and enzymatic antioxidants, enhances neurocyte apoptosis, induces reactive oxygen species, and causes DNA peroxidative damage in the neurons (52). However, in our study, caffeine supplementation to glutamine-containing medium substantially ameliorated matched doses of MeHg- and HgCl$_2$-related toxicity. Caffeine-inhibited currents are activated by the direct application of glutamate to cortical neurons, confirming a post-synaptic site of action. This unexpected form of inhibition develops over tens of
milliseconds and is independent of NMDA receptors, consistent with non-NMDA receptor block (48). Furthermore, on human neuronal SH-SY5Y cells, caffeine shows concentration-dependent non-enzymatic antioxidant potential, decreases the basal levels of free radical generation, and reduces both superoxide dismutase and catalase activities (53). In addition, chronic coffee or caffeine ingestion reduces the lipid peroxidation in membranes of brain cells and increases the concentration of reduced-glutathione (54). We found that in glutamine-free medium, caffeine supplementation was insufficient to control 5 µM MeHg-induced oxidative stress. However, in glutamate-containing medium, caffeine inhibited MeHg-induced-oxidative stress by approximately 58 and 69% at the end of first and second incubation periods, respectively. These results confirmed that the antioxidant potential of caffeine was activated by glutamate, but was not mediated by NMDA receptor. In our study, we also demonstrated that equivalent doses of caffeine which were received during the daily coffee intake, substantially inhibited mercury-induced oxidative stress. However, NMDA receptor-mediated currents do not change in the presence of caffeine. Collectively, caffeine is a non-selective adenosine A1 and A2A receptor antagonist that attenuates dopaminergic neurotoxicity and neurodegeneration (55) (Fig. 1). It has been shown that pre-treatment with caffeine provides a partial neuro-protection against severe striatal degeneration in dopaminergic neurons and diminishes the extracellular glutamate in the brain (56).

Whether the effect of caffeine was mediated by a mechanism other than the NMDA receptor was examined by IFN-γ. IFN-γ is a pro-inflammatory cytokine that plays a pivotal role in the pathology of diseases in the CNS (20). Titze-de-Almeida et al demonstrated that IFN-γ sensitized SH-SY5Y cells to neurotoxin-induced injury, also causing an increase in ROS levels (57). Furthermore, IFN-γ directly induces neuronal dysfunction and enhances glutamate neurotoxicity mediated by AMPA receptors, but not NMDA receptors (20). Thus, in our study, IFN-γ in the pure SH-SY5Y cell culture worked synergistically with glutamate to promote neuronal excitotoxicity presumably through AMPA receptor complex in SH-SY5Y cells (Fig. 1). At the second 24-h incubation period, the addition of caffeine to IFN-γ-stimulated cells in glutamine-free medium significantly enhanced the toxicity of 5 µM MeHg. This result is in accordance with the findings of Titze-de-Almeida et al (57) and Vikman et al (58). Thus, Vikman et al indicated that when the neurons were treated with IFN-γ, neurophysiological alterations could be observed 48 h following exposure, when the frequency of AMPA receptor-mediated spontaneous excitatory post-synaptic currents are increased (58).

Caffeine supplementation could present a significant protective effect against MeHg toxicity with glutamate transmission. However, IFN-γ-stimulated neuronal cells were less protected by caffeine in L-glutamine-containing medium. Nevertheless, under the co-stimulation of SH-SY5Y cells with glutamine and IFN-γ, caffeine decreased MeHg-induced average oxidative stress by 50%. Glutamate seems to be an indispensable mediator of the effects of both mercury-induced toxicity and caffeine. Our results are in accordance with the findings of Bagga et al, with respect to glutamatergic neuronal activity and neurotransmission. Caffeine provides only partial neuroprotection against mercury-induced toxicity in IFN-γ-stimulated SH-SY5Y dopaminergic neurons (56).

In conclusion, these data suggest that mercury-induced neuronal death may occur through glutamate-mediated excitotoxicity. Adenosine receptor blockade by caffeine in equivalent doses of daily coffee consumption reduced the vulnerability to mercury-induced oxidative stress in glutamine-containing medium. The IFN-γ stimulation of SH-SY5Y dopaminergic neurons severely decreased cell viability and increased oxidative stress in glutamine-free medium despite caffeine supplementation. However, the addition of glutamine to the medium increased cell viability by 62% and reduced MeHg-related oxidative stress intensity by 62% in the presence of 10 µM caffeine. It can thus be concluded that the IFN-γ stimulation of mercury-exposed dopaminergic neurons in neuroinflammatory diseases may diminish the neuroprotective effects of caffeine.

Acknowledgements

The study was partially supported by The Scientific and Technological Research Council of Turkey (no. 214S112). This study has been orally presented in the ‘35th Winter-Workshop on Clinical, Chemical and Biochemical Aspects of Pteridines, February 23rd-26th, 2016, Innsbruck, Austria’.

References

1. Karimi R, Vacchi-Suzzi C and Meliker JR: Mercury exposure and a shift toward oxidative stress in avid seafood consumers. Environ Res 146: 100-107, 2016.
2. Clarkson TW and Magos L: The toxicology of mercury and its chemical compounds. Crit Rev Toxicol 36: 609-662, 2006.
3. Lohren H, Blagoevici L, Fitkau R, Ebert F, Schölknecht S, Leist M and Schwerdtle T: Toxicity of organic and inorganic mercury species in differentiated human neurons and human astrocytes. J Trace Elem Med Biol 32: 200-208, 2015.
4. Aschner M, Yao CP, Allen JW and Tan KH: Methymercury alters glutamate transport in astrocytes. Neurochem Int 37: 199-206, 2000.
5. Brookes N: In vitro evidence for the role of glutamate in the CNS toxicity of mercury. Toxicology 76: 245-256, 1992.
6. Liu W, Xu Z, Deng Y, Xu B, Wei Y and Yang T: Protective effects of membrane against methylmercury-induced glutamate dyshomeostasis and oxidative stress in rat cerebral cortex. Neurotox Res 24: 320-337, 2013.
7. Xu F, Farkas S, Kortbeek S, Zhang F-X, Chen L, Zamponi GW and Syed NI: Mercury-induced toxicity of rat cortical neurons is mediated through N-Methyl-D-Aspartate receptors. Mol Brain 5: 30, 2012.
8. Biessels GF: Caffeine, diabetes, cognition, and dementia. J Alzheimers Dis 20 (Suppl 1): S143-S150, 2010.
9. Brown SJ, James S, Reddington M and Richardson PF: Both A1 and A2A purine receptors regulate striatal acetylcholine release. Neuropharmacology 55: 31-38, 1990.
10. Penna S, Pocino M, Marval MJ, Lloreta J, Gallardo L and Vilà J: Modifications in rat testicular morphology and increases in IFN-gamma serum levels by the oral administration of subtoxic doses of merccuric chloride. Syst Biol Reprod Med 55: 69-84, 2009.
11. Kennejaur D, Asadi S, Zhang B, Manola A, Hogan J, Peterson E and Theoharides TC: Mercury induces inflammatory mediator release from human mast cells. J Neuroinflammation 7: 20, 2010.
12. Liu YJ, Guo DW, Tian L, Shang DS, Zhao WD, Li B, Fang WG, Zha L and Chen YH: Periperal T cells derived from Alzheimer's disease patients overexpress CXCR2 contributing to its transendothelial migration, which is microglial TNF-alpha-dependent. Neurobiol Aging 31: 175-188, 2010.
13. Man SM, Ma YR, Shang DS, Zhao WD, Li B, Guo DF, Fang WG, Zhu L and Chen YH: Peripheral T cells overexpress MIP-1alpha to enhance its transendothelial migration in Alzheimer's disease. Neurobiol Aging 28: 485-496, 2007.
14. Minogue AM, Jones RS, Kelly RJ, McDonald CL, Connor TJ and Lynch MA: Age-associated dysregulation of microglial activation is coupled with enhanced blood-brain barrier permeability and pathology in APP/PS1 mice. Neurobiol Aging 35: 1442-1452, 2014.
Caffeine enhances endothelial repair by

34.
32.
30.
29.
28.
27.
25.
23.
W. von Moltke, P. W. B. Haugaard, and U. K. Hansen: Interferon gamma and related methylxanthines. Cell Mol Neurobiol 3: 69-80, 1983.

Daly JW, Butts-Lamb P and Podgustek W: Subclasses of adenosine receptors in the central nervous system: Interaction with caffeine and related methylxanthines, Cell Mol Neurobiol 3: 69-80, 1983.

Yoshida E, Abiko Y and Kumagai Y: Glutathione adduct of mGluR1 receptors: Implications for striatal neuronal function. Proc Natl Acad Sci USA 99: 11940-11945, 2002.

Magiati I, Abiko Y and Kumagai Y: Glutathione adduct of mGluR1 receptors activates the Keap1–Nrf2 pathway in SH-SY5Y cells. Chem Res Toxicol 27: 1780-1786, 2014.

Ferré S, Karcz-Kubicha M, Hope BT, Popoli P, Burgueño J, Zúñiga MÁ, García-Martínez MA, Casado V, Fuxe K, Goldberg SR, Lluis C, et al: Synergistic interaction between adenine nucleotide A2A and glutamate mGlu5 receptors: Implications for striatal neuronal function. Proc Natl Acad Sci USA 99: 11940-11945, 2002.

Morton-Jones RT, Cannell MB and Houslay GD: Ca²⁺-entry via AMPA-type glutamate receptors triggers Ca²⁺-induced Ca²⁺-release from rat brain glial cells. Cell Calcium 43: 356-366, 2008.

Vyleta NP and Smith SM: Fast inhibition of glutamate-activated NMDA receptors by caffeine. PLoS ONE 3: e3159, 2008.

Liu X, Smith BJ, Chen C, Callegari E, Becker SL, Chen X, Cianfrogna F, Doran AC, Doran SD, Gibbons JP, et al: Evaluation of cerebrospinal fluid concentration and plasma free concentration as a surrogate measurement for brain free concentration. Drug Metab Dispos 34: 1443-1446, 2006.

Daly JW, Butts-Lamb P and Podgustek W: Subclasses of adenosine receptors in the central nervous system: Interaction with caffeine and related methylxanthines, Cell Mol Neurobiol 3: 69-80, 1983.

Franco JL, Posser T, Dunkley PR, Dickson PW, Mattos J, Martins R, Bains AC, Marques-correa CR, Dufre AL, and Farina M: Methylmercury neurotoxicity is associated with inhibition of the antioxidant enzyme glutathione peroxidase. Free Radic Biol Med 47: 449-457, 2009.

Liu X, Smith BJ, Chen C, Callegari E, Becker SL, Chen X, Cianfrogna F, Doran AC, Doran SD, Gibbons JP, et al: Evaluation of cerebrospinal fluid concentration and plasma free concentration as a surrogate measurement for brain free concentration. Drug Metab Dispos 34: 1443-1446, 2006.

Feng S, Xu Z, Liu W, Li Y, Deng Y and Xu B: Preventive effects of dextromethorphan on methylmercury-induced glutamate neurotoxicity and oxidative damage in rat cerebral cortex. Biol Trace Elem Res 150: 332-345, 2014.

Zeidán-Chuláři F, Gelaín DP, Kolling EA, Rybarczyk-Filho JL, Ambrosi P, Terra SR, Pires AS, da Rocha JB, Behr GA and Moreira JC: Major components of energy drinks (caffeine, taurine, and guarana) exert cytotoxic effects on human neuronal cells. Oxid Med Cell Longev 2013: 791795, 2013.

Abreu RV, Silva-Oliveira EM, Moraes MF, Pereira GS and Moraes-Santos T: Chronic coffee and caffeine ingestion effects as a surrogate measurement for brain free concentration. Drug Metabol Dispos 34: 1443-1446, 2006.