Correlation between Blood Oxygen Level-Dependent Magnetic Resonance Imaging Images and Prognosis of Patients with Multicenter Diabetic Nephropathy on account of Artificial Intelligence Segmentation Algorithm

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1. Introduction

Diabetes mellitus (DM) is a serious chronic disease. In recent years, with the rapid development of China’s economy, people’s lifestyle and eating habits have also changed rapidly. The number of DM patients is increasing [1, 2]. According to related reports, patients with DM in China accounts for more than 26% of those in the world [3, 4]. As the main target organ of DM, the kidney has also been severely affected, and its main manifestation is the occurrence of diabetic nephropathy (DN). The pathogenesis of DN is still unclear. Some scholars believe that it may be caused by the combination of genetics, renal hemodynamics, metabolism caused by hyperglycemia, hypertension, and metabolism of vasoactive substances [5]. Data show that about 40% of DM patients may develop DN, and DN is an important cause of end-stage renal disease (ESRD), second only to various glomerulonephritis [6]. Therefore, if the
renal function of patients with DN can be dynamically evaluated and the prognosis of progressive decline in the renal function can be analyzed to formulate a more reasonable diagnosis and treatment plan for DN patients, this is of great significance for improving the survival rate of DN patients and improving the prognosis of patients [7].

At present, the clinical diagnosis of DN mainly relies on kidney biopsy and laboratory tests. Among them, kidney biopsy is the gold standard for diagnosis of DN, but this examination method is a traumatic examination, it is not recognized by most patients, and it is also not conducive to doctors to assess the dynamics of DN, so it is mostly no longer promoted in clinical practice [8, 9]. The laboratory examination mainly reflects the degree of renal function damage by detecting the urine microalbumin of patients with DN. However, some scientists have found that urinary microprotein cannot fully reflect renal function damage in patients with DN [10]. With the continuous development of radiology technology, functional magnetic resonance imaging (MRI) has inspired DN examination in terms of non-invasive examination. It is a diagnosis and treatment technology that combines MRI and computer processing. Blood oxygen-level dependent MRI (BOLD-MRI) is established on this basis [11]. Pathophysiological studies have shown that kidney function damage caused by DM is mainly in three aspects: perfusion level, oxygenation level, and water molecule dispersion movement; and BOLD-MRI can use deoxygenated hemoglobin (Hb) as an endogenous contrast agent, which can effectively assess the oxygenation level of the tissue. On the other hand, MRI imaging can give doctors a good understanding of the anatomical structure of the patient’s kidney, which can reflect changes in kidney function [11, 12]. Therefore, BOLD-MRI has the characteristics of non-radiation, non-invasiveness, and high spatial resolution, has been widely promoted in clinical practice, especially in the diagnosis and treatment of DN, and has achieved good results [13–15].

MRI image segmentation is always a difficult problem in the field of imaging. Therefore, how to improve the recognition of MRI images is an urgent problem to be solved. Fuzzy C-means algorithm (FCM) is a kind of fuzzy clustering algorithm, which is an unsupervised algorithm; and the principle of the algorithm is to continuously update the cluster center and membership function until the best cluster center cut-off is obtained [16, 17]. The FCM algorithm can be used for image segmentation based on this principle, and the best image classification result is obtained through the best clustering center. In addition, the FCM algorithm can be used for image segmentation without human intervention, and it can also effectively deal with the blurriness of the image, showing a good effect [18].

In summary, it is very necessary for the diagnosis and treatment of DN and prognostic analysis. Although the existing diagnosis and treatment techniques are feasible, there are few studies on BOLD-MRI and the prognosis of patients. Therefore, in this study, it proposed to analyze the correlation between BOLD-MRI images and prognosis of DN patients based on the kernel fuzzy c-means (KFCM) algorithm, and introduced the FCM algorithm based on neighborhood pixel information (BCFCM) and the FCM algorithm based on efficiency improvement (EnFCM) to compare with the KFCM algorithm, so as to verify their image segmentation effects; at the same time, the effects of correlation between renal cortex R2∗ (RC-R2∗), renal medulla R2∗ (RM-R2∗), renal cortex D (RC-D), renal medulla D (RM-D) and renal function on the prognosis were compared to further explore the correlation between BOLD-MRI images and prognosis of DN patients.

2. Materials and Methods

2.1. Research Objects. In this study, from June 2018 to June 2020, patients with DM and DN who met the research conditions were selected as objects from hospital. The basic clinical data of the objects during hospitalization were collected, including: name, gender, age, height, weight, body mass index (BMI), diabetes course, comorbidities, angiotensin-converting enzyme inhibitors/angiotensin receptor blockers (ACEI/ARB) medication and diuretic history. The informed consents were signed from the patients and their families. This study had been approved by the ethics committee of the hospital. Inclusion criteria of DN patients were defined as follows: all patients should meet the diagnostic criteria of DN in the Expert Consensus on DN Prevention and Treatment in the 2014 Chinese Medical Association Diabetes Branch (CDS); all patients had the first disease and were diagnosed as DN by renal biopsy; the patients and their family members had signed the informed consents. Exclusion criteria for DN patients were given as follows: DM patients with abnormal renal function that did not meet the diagnostic criteria for DN, such as kidney disease caused by hypertension; patients with serious diseases such as heart disease and blood disease; patients with severe mental illness who cannot cooperate with the trial; patients with multiple kidney stones or a single stone ≥3 mm examined by B-ultrasound; patients with multiple kidney cysts or a single cyst >3 mm; patients with incomplete clinical data; patients with contraindications to MRI examination.

2.2. Image Inspection and Image Processing. 3.0T magnetic resonance was adopted for scanning, using 8-channel body dedicated phased array coil. All subjects underwent conventional MRI scan, and BOLD examination obtained the coronal image of the kidney centered on the renal hilum. Before the MRI examination, it had to remove the metal objects from the patient and let the patient lie on the MRI examination table in a supine position. The noise-reducing earplugs were worn on the patient and the patient’s forearms were crossed on the chest. Then, it should place the phased array coil on the patient’s abdomen and ensure that the kidney can be scanned, while keeping the centerline of the coil in the same line as the midline of the abdomen. After the parameters were adjusted, the subject’s feet were scanned firstly. The scan parameters were T2WI weighted imaging on the horizontal axis, fast gradient echo sequence, and coronal T2WI-FE sequence.

BOLD used multiple gradient echo sequence and the coronal T2WI TFE sequence. The time of repeat (TR) was...
2.3. Establishment of KFCM. FCM algorithm is widely used in image segmentation due to its unsupervised, fuzzy, and simple implementation advantages. The principle of FCM for image segmentation is as follows. If the pixel value for evaluating the oxygenation status of the entire kidney was calculated according to MCR = RM-R2

\[ Y = \frac{C}{\sum_{i=1}^{n} \mu_{ik}^{2}} \]  

(4)

When the Lagrange multiplier method was adopted to iteratively update the K rows of the objective function, the equation was as follows:

\[ F(X, Y, \mu) = \sum_{k=1}^{n} \sum_{i=1}^{m} \mu_{ik}^{2} + \mu \left( \sum_{i=1}^{m} \mu_{ik} - 1 \right) \]  

(5)

In the equation (5) above, \( \mu \) was a constant, and the two first-order partial derivatives of the F function were as follows:

\[ \frac{\partial F}{\partial \mu_{ik}} = 2 \mu_{ik} - \mu = 0 \]  

(7)

The necessary conditions can be based to obtain the extreme value by the Lagrange multiplier method F function:

\[ \frac{\partial F}{\partial \mu_{ik}} = -2 \mu_{ik}^{2} + \mu = 0 \]  

(8)

The membership degree matrix and the iterative formula of the class center thus obtained were given as follows:

\[ x_{ik} = \left( \frac{\sum_{i=1}^{m} \mu_{ik}^{2} p_{i}}{\sum_{i=1}^{m} \mu_{ik}^{2} y_{ik}} \right)^{2/(-1)} \]  

(9)

The algorithm flow after using the kernel function to improve was shown in Figure 1:

2.4. Observation Indicators. Laboratory indicators to be observed included serum creatinine (Scr), blood urea nitrogen (BUN), urine albumin-to-creatinine ratio (ACR), 24-hour urine albumin, 24-hour urine total protein, glycosylated hemoglobin (GHb), Hb, serum albumin, cystatin C, and superoxide dismutase.

Renal function indicators included estimated glomerular filtration rate (GFR) (eGFR), renal dynamic imaging
Enter an MRI image of the kidney

Determine the number of clusters c, the ambiguity s, the number of iterations m, and the cluster center Y

Initialize X under constraints

The number of iterations is g+1

Iteratively update Y and X

Termination condition: (g≥G) or max||Xg−Xg−1||<ε

Determine the final attribution of each pixel in the image

Output image

Figure 1: Flow chart of FCM algorithm.

(ECT-GFR), using EPI-GFR equation.

eGFR = \frac{141 \times \min (Scr/c, 1)^{y} \times \max (Scr/c, 1)^{-1.209}}{0.993^{\text{age}} \times 1.018^{\text{female}} \times 1.159^{\text{Black race}}}

(10)

In the above equation, c: 0.7 for women and 0.9 for men; y: -0.329 for women and -0.411 for men.

Image segmentation effect can be evaluated as follows. There were two image segmentation evaluation parameters used in this study, namely the Bezdek partition coefficient (Vpc) and the partition entropy (Vpe) [19]. The larger the value of Vpc of a clustering algorithm, the better the effect of this clustering algorithm. The equation was as follows:

\[ V_{pc} = \frac{1}{n} \sum_{k=1}^{c} \sum_{i=1}^{n} x_{ki}^2 \]

\[ V_{pc} = -\frac{1}{n} \sum_{k=1}^{c} \sum_{i=1}^{n} (x_{ik} \log_2 x_{ik}) \]

2.5. Statistical Analysis. The SPSS2.0 software was adopted for data statistical analysis, and the experimental data were expressed in terms of mean ± standard deviation (x ± s). After each measurement data was tested for normality and homogeneity of variance, if the variance was uniform, the comparison between the two samples was realized by t test, the comparison of categorical data was realized by the χ² test, and the I2 would be used to evaluate the degree of heterogeneity. P < 0.05 indicated that there was significant difference in the data between the groups, otherwise there was no difference without statistical significance.

3. Results

3.1. General Clinical Data. 57 eligible DN patients were selected in this study, including 34 males and 23 females, with an average age of 57.3 ± 6.4 years old. At the same time, 64 eligible DM patients were screened out, including 38 males and 26 females, with an average age of 56.73 ± 7.03 years old. The basic clinical data statistics were shown in Figure 2 below. Among them, the gender, age, height, and body mass index (BMI) of DN and DM patients were not significantly different (P > 0.05). In terms of medication, no one in the DM patient group took diuretics, and about 24.8% in the DN group took diuretics; about 19.4% of DM patients took angiotensin-converting enzyme inhibitors/angiotensin receptor blockers (ACEI/ARB), and about 52.43% of DM patients took ACEI/ARB, so the difference between the two was statistically significant (P < 0.05).

3.2. Statistics of Biochemical Indicators. As shown in Figure 3, the Hb of the two groups of patients were 8.21% for DN and 7.86% for DM, and there was no statistically significant difference between the two (P > 0.05). The Hb, Cr, BUN, and eGFR of the DN group were 108.65 g/L, 186.3 μmol/L, 9.7 mmol/L, and 54.65 mL/min/1.73 m², respectively; while those in the DM group were 119.8 g/L, 80.04 μmol/L, 3.2 mmol/L, and 92.03 mL/min/1.73 m², respectively. Therefore, there were significant differences in Hb, Cr, BUN, and eGFR between the two groups of patients, showing statistical significance (P < 0.05).

3.3. Comparison on the Segmentation Effects of Three Optimized Algorithms. The BCFCM algorithm [20] and EnFCM algorithm [21] were introduced for comparison. The results were shown in Figure 4. It illustrated that the Vpc values of KFCM, EnFCM, and BCFCM were all larger than those of the FCM algorithm, and the Vpe was smaller than that of the traditional FCM algorithm, and the clustering effect of the KFCM algorithm was relatively better.

3.4. Imaging Data of Patients. Figure 5 was the imaging data of a 45-year-old male patient with left kidney disease. Figure 5(a) was a BOLD-MRI scan of the patient, and Figure 5(b) was an image segmented by the KFCM algorithm. Comparison of two figures revealed that the imaging effect of the BOLD-MRI image was clearer after the algorithm was optimized, which was more conducive to the diagnosis and analysis of the disease.

3.5. Results of RC-R2*, RM-R2*, and MCR Values. In this study, the RC-R2*, RM-R2*, and MCR of the left and right kidneys of the two groups of patients were compared, and the results were shown in Figure 6. The RC-R2* and RM-R2* of the left and right kidneys of the two groups of patients were not significantly different (P > 0.05). The average MRC value of the DN group was 1.19, while that in the DM group was 1.35, and the difference between the two was statistically obvious (P < 0.05).
3.6. Correlation Analysis between BOLD-MRI and Renal Function. In this study, the Pearson was adopted to analyze the correlation between RC-R2*, RM-R2*, RC-D, RM-D and the renal function (eGFR value) of patients in the DN group. The results were shown in Figure 7. The absolute value of the r coefficient of RC-R2*, RM-R2*, RC-D, and RM-D were 0.57, 0.62, 0.49, and 0.38, respectively. Among them, RC-R2* and RM-R2* were negatively correlated with eGFR, RC-D and RM-D were positively correlated with eGFR.

3.7. Multivariate Regression Analysis. The prognosis of DN patients was affected by many factors. In this study, multivariate regression analysis was performed to explore the relevant factors affecting the prognosis of patients with urinary disease and nephropathy. The clinical outcome was undertaken as the dependent variable, and eGFR, Hb, RC-R2*, RM-R2*, RC-D, and RM-D were undertaken as the independent variables. As shown in Table 1, the regression coefficient (β value), Hb, RC-R2*, RM-R2*, RC-D, and RM-D of eGFR were 0.95, 0.96, 1.22, 1.15, 0.91, and 0.93, respectively. Except for RM-D, the eGFR regression coefficients of eGFR, Hb, RC-R2*, RM-R2*, and RC-D had statistically observable differences (P <0.05).

4. Discussion

In recent years, the incidence of DM has been rising and has remained high for a long time, which has become one of the main diseases threatening human life and health. DN is one of the main chronic vascular complications of DM. In the early stage of diabetes, due to the compensatory mechanism of renal self-regulation, renal microvessels dilate, which is mainly manifested by increased eGFR [19]. With the progression of the disease, continuous high blood glucose will induce abnormal glucose metabolism, and then affect a series of metabolic disorders of lipids and proteins, and generate advanced glycation end products (AGES). AGES are mainly cleared by the kidney. Due to metabolic disorders,
AGES continue to increase and the number of AGES cleared by the kidney decreases, which further leads to the accumulation of AGES in the kidney and the dysfunction of glomerular cell function. In addition, AGES also bind to receptors involved in oxidative stress and inflammatory follow-up signaling, which can lead to glomerular dysfunction. These factors interact with each other and eventually lead to thickening of glomerular basement membrane, enlargement of mesangial membrane, capillary stenosis or even occlusion, decreased renal blood flow, and decreased eGFR. Long-term effects will cause irreversible effects on the kidney [20].

Long-term chronic hypoxia is an important factor in the development of irreversible DN. Initially, direct measurement of oxygen partial pressure (PO2) using oxygen sensing electrodes inserted into renal parenchyma is the gold standard for evaluating renal oxygenation. Studies have found that oxygenated hemoglobin concentration can affect MRI signal intensity, which is called BOLD effect [21]. Subsequently, the bold-MRI technology is gradually derived from this theory [22–25]. The magnetic properties of hemoglobin in different oxygenated states are also different, deoxyhemoglobin has paramagnetism, whereas oxyhemoglobin has diamagnetism. When the concentration of deoxyhemoglobin increases, the magnetic field uniformity of surrounding tissues will be affected, resulting in a small magnetic field, resulting in a reduction of transverse relaxation time T2* and corresponding signal weakening in T2* weighted images [26–28]. After calculation (R2*=1/T2*), the apparent lateral relaxation rate (R2* value) is obtained. The obtained R2* value is directly proportional to the
concentration of deoxyhemoglobin, that is to say, the increase of R2* value means that the concentration of deoxyhemoglobin increases, which means that the oxygen partial pressure of surrounding tissues decreases. Therefore, bold-MRI can be used to assess tissue oxygenation status noninvasively [29]. This study compared and analyzed the basic clinical data of patients in the DM group and the DN group. The results showed that the number of ACEI/ARB in the DM patient group was much higher than that in the DN patient group, and the difference was statistically great (P < 0.05). This study also analyzed the differences in biochemical indicators between the two groups of patients. The results showed that there was no visible difference in GHb between the two groups of patients, while the Hb and GFR of the DN group were greatly lower than those of the DM group, and the Cr and BUN were obviously higher than those of the DM group. The differences between the two groups were statistically significant (P < 0.05), which was similar to the results of the study by Samoilova et al. (2020) [30]. In addition, the R2* values (RC-R2* and RM-R2*) and MRC values of patients in the DN and DM groups were compared. The results showed that the average MRC

**Figure 6:** Comparison on RC-R2* and RC-R2* values. A: values of DM group; B: values of DN group; C: comparison on MCR value. *Compared with DM group, P < 0.05.

**Figure 7:** Correlation analysis between BOLD-MRI and renal function. *Compared with eGFR, P < 0.05.
BCFCM and EnFCM were introduced to improve the FCM algorithm. In addition, the BCFCM algorithm showed good clinical application value in diagnosis and prognosis judgment. However, the sample size of this study was small, the number of patients included was limited, and the results of the study were not overall representative. In addition, the $R_2^*$ value was affected due to the different drugs used to control blood glucose and different blood glucose control levels in patients, and the above factors needed to be taken into consideration in future research. This study further proved that the damage of DM to the renal function of patients was multi-directional and multi-angle, and it also suggested that BOLD-MRI was helpful for diagnosis, treatment, and prognostic analysis of DN patients.

### Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

### Conflicts of Interest

The authors declare no conflicts of interest.

### Authors’ Contributions

Yifan Zhang and Xiaohan Wang contributed equally to this work.

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