Fleming’s bound for the decay of mixed states

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Abstract

Fleming’s inequality is generalized to the decay function of mixed states. We show that for any symmetric Hamiltonian $\bar{H}$ and for any density operator $\rho$ on a finite-dimensional Hilbert space with the orthogonal projection $\Pi_1$ onto the range of $\rho$ the estimate $\text{Tr}(\Pi_1 e^{-i\bar{H}t}\rho e^{i\bar{H}t}) \geq \cos^2((\Delta_1)\rho|t|)$ holds for all $t$ with $(\Delta_1)\rho|t| \leq \pi/2$. We show that equality either holds for all $t \in \mathbb{R}$ or it does not hold for a single $t$ with $0 < (\Delta_1)\rho|t| \leq \pi/2$. All the density operators saturating the bound for all $t \in \mathbb{R}$, i.e. the mixed intelligent states, are determined.

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1. Introduction

Two states $\rho_1$ and $\rho_2$ of a quantum system can be discriminated on the basis of a single measurement outcome if there exists an observable $A$ such that the probability measures which are generated by $\rho_1$ and $\rho_2$ on the spectrum of $A$ have disjoint supports. In particular if a state $\rho$ evolves under a Hamiltonian $H$ into the state $\rho_t$ it may be desirable to determine and perhaps to minimize a time $t > 0$ when the evolved state $\rho_t$ can be discriminated from the initial state $\rho$ by a single measurement. A more realistic goal is to distinguish $\rho_t$ from $\rho$ by performing single measurements on a ‘few’ ensemble members only.

If one chooses as an observable $A$ an orthogonal projection $\Pi$ with $\text{Tr}(\Pi\rho) = 1$, then this can be done if $\text{Tr}(\Pi_1\rho_t)$ is close to 0 since this means that it is very unlikely to find the property $\Pi$ in the state $\rho_t$, while it is certain in the state $\rho$. This is because $\text{Tr}(\Pi_1\rho_t)$ gives the probability of finding the property $\Pi$ on a system in the state $\rho_t$. The function $P_\rho : t \mapsto \text{Tr}(\Pi_1\rho_t)$ thus captures the intuitive picture of the survival or decay of the property $\Pi$ [1]. The standard example is provided by the state $\rho_\alpha$ of an unstable atomic nucleus susceptible to $\alpha$-decay. Here $\Pi$ is identified with the projection onto the subspace of state vectors for which the $\alpha$-particle is localized within the nucleus.
Since in many cases the so-called survival probability $P_\rho(t)$ of the property $\Pi$ cannot be computed explicitly, there arises the quest for estimates of the decay function $P_\rho$. One such important estimate for $P_\rho$ in the case of a pure state $\rho$ and in the case of the property $\Pi = \rho$ is due to Mandelstam and Tamm [2]. This estimate was rediscovered by different reasoning almost 30 years later by Fleming [3]. Since then it has been called Fleming’s bound. It says that for any pure state $\rho$ with a finite energy uncertainty $(\Delta H)_\rho$ one has
\[
P_\rho(t) \geq \cos^2 \left( \frac{(\Delta H)_\rho t}{\hbar} \right) \quad \text{for all } t \text{ with } \frac{(\Delta H)_\rho |t|}{\hbar} \leq \pi/2.
\] (1)
From the estimate (1) a lower bound to any positive $t$ such that $P_\rho(t) = \varepsilon$ is obvious:
\[
\frac{\hbar}{(\Delta H)_\rho} \arccos \sqrt{\varepsilon} \leq t.
\]
for the smallest time $t > 0$ with $P_\rho(t) = \varepsilon$. This time, if existent, is called the orthogonalization time [4] or passage time [5]. Clearly, it would also be useful to have an upper bound for $P_\rho$, from which the existence of an orthogonalization time could be inferred. Polynomial upper bounds have been given by Andrews [6], which, however, are strictly positive. Therefore, they do not yield an upper bound to an orthogonalization time.

A simple geometric meaning of Fleming’s bound became clear through a work on the time–energy uncertainty relation by Aharonov and Anandan [7]: first, $2(\Delta H)_\rho /\hbar$ equals the arc length of the curve $\lambda \mapsto \rho_\lambda$ with $0 \leq \lambda \leq t$ in the projective space $\mathcal{P}(\mathcal{H})$ of one-dimensional subspaces of $\mathcal{H}$. Second, $2 \arccos \sqrt{P_\rho(t)}$ equals the geodesic distance between $\rho$ and $\rho_t$ in $\mathcal{P}(\mathcal{H})$. Here the Riemannian geometry is defined by the Fubini-Study metric of $\mathcal{P}(\mathcal{H})$. Thus, as has been pointed out by Brody [5], Fleming’s bound (1) is equivalent to the fact that the length of a curve in $\mathcal{P}(\mathcal{H})$ is not less than the geodesic distance between its initial and end points.

In [8] for a given Hamiltonian $H$ all pure states $\rho$ with an orthogonalization time equal to the lower bound $\pi\hbar/(2(\Delta H)_\rho)$ of equation (2) have been identified, i.e., for such states $(\Delta H)_\rho t = \hbar \pi/2$ holds for the smallest $t > 0$ with $P_\rho(t) = 0$. These states are called ‘intelligent states’ as they saturate the Aharonov–Anandan uncertainty relation. A pure state $\rho$ is found to be intelligent if and only if there exist two eigenvectors $\phi_1, \phi_2$ of $H$ corresponding to different eigenvalues and with $\|\phi_1\| = \|\phi_2\|$ such that $\rho$ equals the orthogonal projection onto the one-dimensional subspace $C \cdot (\phi_1 + \phi_2)$ [8].

Can all this be generalized to the more realistic case of a mixed state? After all even an unstable uranium nucleus formed by a supernova explosion will not be produced in a pure state. Other examples are provided by partially magnetized spin systems after changing the polarizing direction of the magnetic field.

In [5] an orthogonalization time for a special type of mixed state has been considered. The density operator $\rho$ was assumed to be a mixture of mutually orthogonal intelligent pure states and the first time when each one of these pure intelligent states becomes orthogonal to its initial state was determined. Since the decomposition of a mixed state into pure ones is not unique the physical relevance of this consideration is unclear. In [4] another generalization of the orthogonalization time to mixed states has been addressed. In this work the fidelity $\left( \text{Tr} \sqrt{\sqrt{\rho} \rho \sqrt{\rho}} \right)^2$ is used to define what is meant by the orthogonality of two mixed states. In a

1 While in [2] the authors derived a differential inequality for $P_\rho(t)$, Fleming [3] derived another one for the transition amplitude $\langle \phi, \exp(-iHt/\hbar)\phi \rangle$ of a unit vector $\phi$.

2 Clearly this does not imply that there exists any $t$ such that $P_\rho(t) = \varepsilon$ holds.
similar spirit Uhlmann [9] has given an inequality for the fidelity analogous to Fleming’s bound. Clearly, for mixed states the fidelity does not constitute a directly observable quantity. It neither coincides with a survival probability \( P_\rho(t) \) nor can it be obtained from the expectation value of any other single observable. Therefore none of the works [4, 5, 9] presents a generalization of Fleming’s bound (1) to the case of the survival probability of a property directly observable on an arbitrary mixed state.

In order to achieve this we consider the function \( t \mapsto P_\rho(t) = \text{Tr}(\Pi_1 \rho) \). Here \( \Pi \) is chosen to be the orthogonal projection onto the range of \( \rho \). Thus \( \Pi \) corresponds to the most restricted property which is certain in the state \( \rho \) and \( P_\rho(t) \) describes the survival probability of that property. We confine our study to finite-dimensional Hilbert spaces.

We first extend Fleming’s bound to \( P_\phi \), then sharpen the bound by proving that only one of the two cases:

(i) \( P_\rho(t) > \cos^2((\Delta H)_\rho t/\hbar) \) for all \( t \) with \( 0 < (\Delta H)_\rho |t|/\hbar \leq \pi/2 \),

(ii) \( P_\rho(t) = \cos^2((\Delta H)_\rho t/\hbar) \) for all \( t \in \mathbb{R} \)

is realized. Finally we identify the set of all density operators which saturate Fleming’s bound.

Among all states of a given energy uncertainty they are those which move from a state with the property \( \Pi \) to the one which does not have this property in the shortest possible time. Thus mixed states exist which are, at least in this sense, equally fast as pure ones. In order to have the paper reasonably self-contained we have included a treatment of some closely related well-known results on pure state decay. In this way it also becomes more visible which structures remain unchanged when going from pure states to mixed ones. The main analytical tool we will rely on is a theorem on differential inequalities stated in appendix A. The decay function \( P_\phi \) is denoted as \( P_\phi \) when \( \rho = \phi (\phi, \cdot) \).

2. Pure state decay

Let \( \mathcal{H} \) be a finite-dimensional Hilbert space. The scalar product of two vectors \( \phi, \psi \in \mathcal{H} \) is denoted by \( \langle \phi, \psi \rangle \). Let the dynamics of \( \mathcal{H} \) be given in terms of a symmetric Hamiltonian \( H = \hbar h \) by \( \phi_t = \exp(-iht)\phi \) for \( t \in \mathbb{R} \) and \( \phi \in \mathcal{H} \). The survival amplitude \( A_\phi : \mathbb{R} \to \mathbb{C} \) is defined for \( \phi \in \mathcal{H} \) with \( \|\phi\| = 1 \) through \( A_\phi(t) = \langle \phi, \phi_t \rangle \) and accordingly the survival probability of \( \phi \) as a function of \( t \) is given by \( P_\phi = |A_\phi|^2 : \mathbb{R} \to \mathbb{R}_{\geq 0} \). From the Cauchy–Schwarz inequality we have \( P_\phi \leq 1 \). The nonnegative number \( P_\phi(t) \) is the probability that the pure state \( \phi_t \) passes a preparatory filter for the state \( \phi (\phi, \cdot) \). Due to

\[
A_\phi(-t) = A_\phi(t)
\]

\( P_\phi \) is an even function. Since \( \phi_0 = \phi \) we have \( A_\phi(0) = 1 = P_\phi(0) \).

The expectation value of \( h \) in the state \( \phi (\phi, \cdot) \) is denoted by \( \langle h \rangle_\phi = \langle \phi, h\phi \rangle \) and its variance reads

\[
(\Delta h)_\phi^2 = \langle h^2 \rangle_\phi - \langle h \rangle_\phi^2.
\]

\( \phi \) is an eigenvector of \( h \) if and only if \( (\Delta h)_\phi = 0 \). Thus for \( (\Delta h)_\phi = 0 \) the function \( P_\phi \) is constant, i.e. \( P_\phi(t) = 1 \) holds for all \( t \). For \( (\Delta h)_\phi > 0 \), however, \( P_\phi \) is not constant since for \( t \to 0 \)

\[
P_\phi(t) = \left| 1 - it \langle h \rangle_\phi - \frac{1}{2} t^2 \langle h^2 \rangle_\phi + i \frac{1}{3!} t^3 \langle h^3 \rangle_\phi + O(t^4) \right|^2
\]

\[
= \left( 1 - \frac{1}{2} t^2 \langle h^2 \rangle_\phi \right)^2 + \left( t \langle h \rangle_\phi - \frac{1}{3!} t^3 \langle h^3 \rangle_\phi \right)^2 + O(t^4)
\]

Thus \( P_\phi \) has a strict local maximum at \( t = 0 \) if and only if \( (\Delta h)_\phi > 0 \).
Due to the spectral theorem there exist (unique) nonzero pairwise orthogonal vectors \( \phi_1, \ldots, \phi_n \) with \( \hbar \phi_n = \omega_n \phi_n \) and \( \omega_1 < \cdots < \omega_n \) such that
\[
\phi_t = e^{-i \omega_t t} \phi_1 + \cdots + e^{-i \omega_n t} \phi_n
\]
for all \( t \). Then \( A_\phi(t) = \sum_{n=1}^n \lambda_n e^{-i \omega_n t} \) with \( \lambda_n = \| \phi_n \|^2 > 0 \) follows. For \( P_\phi(t) \) one obtains
\[
P_\phi(t) = \sum_{n=1}^n \lambda_n \phi_n(t) = \sum_{n=1}^n \lambda_n \lambda_n \cos[(\omega_n - \omega_\beta) t].
\] (3)
Thus both \( A_\phi \) and \( P_\phi \) are restrictions of entire functions to the real line. In particular \( A_\phi \) and \( P_\phi \) are \( C^\infty \) functions.

It has been shown by Mandelstam and Tamm [2] and with a different strategy by Fleming in [3] that for all \( t \) with \( (\Delta h) \phi(t) \) holds.
\[
P_\phi(t) > \cos^2((\Delta h) \phi(t)).
\]

The original proof of Mandelstam and Tamm [2] has been elaborated upon by Schulman in [10]. A new proof has been given recently by Kosinski and Zych [11].

We shall now prove the following somewhat stronger result implicitly contained in [4, 5].

**Proposition 1.** Let \( \phi \in \mathcal{H} \) with \( \| \phi \| = 1 \) and \( (\Delta h) \phi > 0 \). Then exactly one of the alternatives (i) or (ii) holds.

(i) \( P_\phi(t) > \cos^2((\Delta h) \phi(t)) \) for all \( t \in \mathbb{R} \) with \( 0 < (\Delta h) \phi(t) < \pi/2 \).

(ii) \( P_\phi(t) = \cos^2((\Delta h) \phi(t)) \) for all \( t \in \mathbb{R} \).

Alternative (ii) holds if and only if there exist two vectors \( \phi_1, \phi_2 \in \mathcal{H} \) with \( h \phi_1 = \omega_1 \phi_1, \omega_1 < \omega_2, \| \phi_1 \|^2 = 1/2 \) such that \( \phi = \phi_1 + \phi_2 \).

**Proof.** Let \( \Pi = \phi(\cdot, \cdot) \). Then \( P_\phi(t) = \langle \phi, e^{ih} \Pi e^{-ih} \phi \rangle = \langle \Pi \rangle_{\phi} \). From this it follows that
\[
\frac{d}{dt} P_\phi(t) = i \langle \phi, e^{ih} [h, \Pi] e^{-ih} \phi \rangle = i \langle [h, \Pi] \phi \rangle.
\]
Using the uncertainty relation for the pair \( (h, \Pi) \) we thus obtain for \( P_\phi'(t) = \frac{d}{dt} P_\phi(t) \) the estimate
\[
|P_\phi'(t)| = |\langle [h, \Pi] \phi \rangle| \leq 2(\Delta h) \phi(\Delta \Pi) \phi.
\]
From \( (\Delta \Pi)^2 \phi = \langle \Pi \phi, \phi \rangle - \langle \Pi \phi \rangle^2 \phi = \langle \Pi \phi \rangle - \langle \Pi \phi \rangle^2 \) it follows that for all \( t \in \mathbb{R} \)
\[
|P_\phi'(t)| \leq 2(\Delta h) \phi \sqrt{P_\phi(t)(1 - P_\phi(t))}.
\] (4)

We first simplify this inequality by introducing the dimensionless time variable \( x = t(\Delta h) \phi \) and the function \( v : \mathbb{R} \to [0, 1] \) with \( v(x) = P_\phi(t) \). Inequality (4) then becomes equivalent to
\[
-2\sqrt{v(x)(1 - v(x))} \leq v'(x) \leq 2\sqrt{v(x)(1 - v(x))} \quad \text{for all } x \in \mathbb{R}.
\]
In order to make use of the differential inequality
\[
-2\sqrt{v(x)(1 - v(x))} \leq v'(x) \quad \text{for all } x \in \mathbb{R}.
\] (5)
we first discuss the differential equation
\[
y' = f(x, y) \quad \text{with } f : \mathbb{R} \times (0, 1) \to \mathbb{R}, \quad f(x, y) = -2\sqrt{y(1 - y)}.
\] (6)
The function \( y_0 : (0, \pi/2) \to (0, 1) \) with \( y_0(x) = \cos^2 x \) is a solution of this differential equation since for all \( x \in (0, \pi/2) \)
\[
y_0'(x) = -2 \cos x \sin x = -2 \sqrt{y_0(x) - 1} y_0(x) = f(x, y_0(x)).
\]
This solution of (6) is of a maximal domain since the limits
\[ \lim_{x \to 0} y_0(x) = 1 \quad \text{and} \quad \lim_{x \to \pi/2} y_0(x) = 0 \]
do not belong to the admitted range \( 0 < y < 1 \) of solutions. Other solutions of the maximal domain are obtained from \( y_0 \) by translation: \( y_c(x) = y_0(x - c) \) for \( c < x < c + \pi/2 \). By a suitable choice of \( c \) the initial value problem \( y_c(\xi) = \eta \) for any \( (\xi, \eta) \in \mathbb{R} \times (0, 1) \) is solved. Since \( f \) obeys the local Lipschitz condition of the uniqueness theorem for the solutions of first-order differential equations, the set of all solutions to \( y' = f(x, y) \) with the maximal domain is given by \( \{ y_c | c \in \mathbb{R} \} \).

The continuous extension \( g \) of \( f \) to the domain \( \mathbb{R} \times [0, 1] \) leads to the differential equation \( z' = g(x, z) = -2\sqrt{z(1-z)} \) which violates the local Lipschitz condition on the boundary points \((x, z)\) with either \( z = 0 \) or \( z = 1 \). The set of solutions of the extended equation with the maximal domain is given by \( \{ z_c | c \in \mathbb{R} \} \) with
\[
   z_c : \mathbb{R} \to \mathbb{R}, \quad z_c(x) = \begin{cases} 
   1 & \text{for } x < c \\
   \cos^2(x - c) & \text{for } c \leq x \leq c + \pi/2 \\
   0 & \text{for } x > c + \pi/2.
   \end{cases}
\]
Thus any function \( z_c \) with \( c \geq 0 \) is a solution of the initial value problem \( z(0) = 1 \) with the maximal domain. For any such solution \( z_c \) with \( c \geq 0 \) one has
\[
   z_0(x) \leq z_c(x) \leq 1
\]
for all \( x \geq 0 \).

According to a theorem of differential inequalities, quoted in appendix A, we conclude from (5) and from \( v(0) = 1 \) that for all \( x \geq 0 \)
\[
   v(x) \geq z_0(x).
\]
Thus \( v(x) \geq \cos^2 x \) for all \( x \in [0, \pi/2] \). This is Fleming’s inequality.

Suppose now that \( \eta = v(\xi) > \cos^2 \xi \) for some \( \xi \in (0, \pi/2) \). With \( \eta = \cos^2(\xi - c) \) for some \( c \in (0, \pi/2) \) it follows again from the quoted theorem on differential inequalities that \( v(x) \geq \cos^2(x - c) > \cos^2(x) \) for all \( x \in [\xi, \pi/2] \). From Fleming’s inequality we now have only the two cases:

(i) For any \( \varepsilon > 0 \) there exists a \( \xi \in (0, \varepsilon) \) with \( v(\xi) > \cos^2 \xi \).

(ii) There exists an \( \varepsilon > 0 \) with \( v(x) = \cos^2 x \) for all \( x \in (0, \varepsilon) \).

In case (i) we have \( v(x) \geq \cos^2(x - c) > \cos^2(x) \) for all \( x \in [\xi, \pi/2] \). Since there exists such a \( \xi \) arbitrarily close to 0 it follows that \( v(x) > \cos^2(x) \) for all \( x \in [0, \pi/2] \). Since \( v \) is an even function the inequality extends to all \( x \) with \( |x| \in (0, \pi/2] \).

In case (ii) the identity theorem of holomorphic functions implies \( v(x) = \cos^2(x) \) for all \( x \in \mathbb{R} \) since \( v \) is the restriction of an entire function to the real line. Thus we have derived the alternatives (i) and (ii) as being exhaustive.

Suppose now that alternative (ii) holds. From the spectral decomposition (3) of \( P_{\varphi} \) we extract the constant term and that with the highest frequency according to
\[
P_{\varphi}(t) = \sum_{\alpha=1}^{n} \lambda_{\alpha}^2 + 2 \sum_{a, \beta=1 \atop a > \beta}^{n} \lambda_{a} \lambda_{\beta} \cos[(\omega_{a} - \omega_{\beta}) t]
\]
\[
= \sum_{\alpha=1}^{n} \lambda_{\alpha}^2 + 2 \lambda_{\alpha} \lambda_{1} \cos[(\omega_{\alpha} - \omega_{1}) t] + 2 \sum_{a, \beta=1 \atop a > \beta, (a, \beta) \neq (n, 1)}^{n} \lambda_{a} \lambda_{\beta} \cos[(\omega_{a} - \omega_{\beta}) t].
\]
The assumption $P_\phi(t) = \cos^2((\Delta h)_\phi t) = \frac{1}{4}(1 + \cos(2(\Delta h)_\phi t))$ now implies, due to $\lambda_\alpha \lambda_\beta > 0$ for all $\alpha, \beta$, that the index set of the last sum is empty. Thus we have $n = 2$ and

$$
\lambda_1^2 + \lambda_2^2 = \frac{1}{2}, \quad 2\lambda_1\lambda_2 = \frac{1}{2}, \quad \omega_2 - \omega_1 = 2(\Delta h)_\phi.
$$

The first two equations imply $\lambda_1 = \lambda_2 = 1/2$. From this it follows that the third condition $\omega_2 - \omega_1 = 2(\Delta h)_\phi$ holds, since

$$
(\Delta h)_\phi^2 = \lambda_1\omega_1^2 + \lambda_2\omega_2^2 - (\lambda_1\omega_1 + \lambda_2\omega_2)^2
= \frac{1}{2}(\omega_1^2 + \omega_2^2) - \frac{1}{4}(\omega_1 + \omega_2)^2
= \frac{1}{4}(\omega_2 - \omega_1)^2.
$$

Thus we have derived from alternative (ii) that $\phi$ is a linear combination of just two eigenvectors of $h$ with spectral components of equal norm. The inverse conclusion that alternative (ii) follows from $\phi = \phi_1 + \phi_2$ with $h\phi_i = \omega_i\phi_i$, $\omega_2 > \omega_1$ and $\parallel \phi_i \parallel^2 = \lambda_i = 1/2$ is obvious from

$$
P_\phi(t) = \lambda_1^2 + \lambda_2^2 + 2\lambda_1\lambda_2 \cos[(\omega_2 - \omega_1)t]
= \frac{1}{2}(1 + \cos[(\omega_2 - \omega_1)t]) = \cos^2((\Delta h)_\phi t).
$$

□

3. Mixed state decay

Let $\rho : \mathcal{H} \rightarrow \mathcal{H}$ be a density operator on the finite-dimensional Hilbert space $\mathcal{H}$, i.e. $\rho$ is linear with $\rho \geq 0$ and $\text{Tr}(\rho) = 1$. Due to the spectral theorem there exist mutually orthogonal vectors $\psi_1, \ldots, \psi_n$ with $\parallel \psi_k \parallel = 1$ for all $k$ and there exist numbers $\lambda_1, \ldots, \lambda_n \in \mathbb{R}_{>0}$ with $\sum_{k=1}^n \lambda_k = 1$ such that

$$
\rho = \sum_{k=1}^n \lambda_k \psi_k \langle \psi_k, \cdot \rangle.
$$

The orthogonal projection $\Pi : \mathcal{H} \rightarrow \mathcal{H}$ onto the range of $\rho$ is given by

$$
\Pi = \sum_{k=1}^n \psi_k \langle \psi_k, \cdot \rangle.
$$

$\Pi$ is the smallest orthogonal projection with $\text{Tr}(\rho \Pi) = 1$.

For an arbitrary orthogonal projection $E : \mathcal{H} \rightarrow \mathcal{H}$ the nonnegative number $\text{Tr}(\rho E)$ is the probability that the state $\rho$ passes a filter for the property associated with $E$. More generally, the expectation value of a linear symmetric operator $A : \mathcal{H} \rightarrow \mathcal{H}$ is given by $\langle A \rangle_\rho = \text{Tr}(A \rho)$ and its variance is $(\Delta A)^2_\rho = \langle A^2 \rangle_\rho - \langle A \rangle_\rho^2$.

The dynamics $\phi \mapsto \phi_t = \exp(-iht)\phi$ is extended from vectors to density operators through $\rho \mapsto \rho_t = \exp(-iht)\rho \exp(iht)$. As the generalization of the survival probability to mixed states we use the function $P_\rho : \mathbb{R} \rightarrow [0, 1]$ with

$$
P_\rho(t) = \text{Tr}(\Pi \exp(-iht) \rho \exp(iht)) = \langle \exp(iht) \Pi \exp(-iht) \rangle_\rho = \langle \Pi \rangle_\rho.
$$

The number $P_\rho(t)$ thus gives the probability that the evolved state $\rho_t$ passes a filter for the property $\Pi$ associated with the initial state $\rho$. Again $t = 0$ is an absolute maximum of $P_\rho$ since $P_\rho(0) = 1$. From this it follows that $P_\rho'(0) = 0$ since $P_\rho$ is differentiable. Our generalization of proposition 1 to the case of mixed states is as follows.

**Proposition 2.** Let $\rho : \mathcal{H} \rightarrow \mathcal{H}$ be a density operator such that $(\Delta h)_\rho > 0$. Then exactly one of the alternatives (i) or (ii) holds.
(i) $P_\rho(t) > \cos^2((\Delta h)_\rho t)$ for all $t \in \mathbb{R}$ with $0 < (\Delta h)_\rho |t| \leq \pi/2$

(ii) $P_\rho(t) = \cos^2((\Delta h)_\rho t)$ for all $t \in \mathbb{R}$

Alternative (ii) holds if and only if there exist two (different) eigenvalues $\omega_1, \omega_2$ of $h$ such that every vector $\psi_k$ which appears in the spectral decomposition (8) of $\rho$ has a decomposition $\psi_k = \phi_{k,1} + \phi_{k,2}$ with $h\phi_{k,1} = \omega_1 \phi_{k,1}$, $h\phi_{k,2} = \omega_2 \phi_{k,2}$ and $\langle \phi_{k,\varepsilon}, \phi_{l,\eta} \rangle = \frac{1}{2} \delta_{k,l} \delta_{\varepsilon,\eta}$ for all $k, l \in \{1, \ldots, n\}$ and for all $\varepsilon, \eta \in \{1, 2\}$.

Before we enter the proof we first summarize a few simple general properties of $P_\rho$ which will be needed.

Let $\Phi_1, \ldots, \Phi_q$ with $q \geq n$ be an orthonormal basis of $\mathcal{H}$ such that $h\Phi_r = \omega_r \Phi_r$ for $r = 1, \ldots, q$. Then

$$P_\rho(t) = \text{Tr}(e^{ith} \Pi e^{-ith} \rho) = \sum_{r=1}^{q} (\Phi_r, e^{ith} \rho \Phi_r)$$

$$= \sum_{r,s=1}^{q} e^{i(\omega_r - \omega_s)t} \langle \Phi_r, \Pi \Phi_s \rangle \langle \Phi_s, \rho \Phi_r \rangle.$$

Thus $P_\rho$ is a finite linear combination of exponentials and thus of $C^\infty$ type.

As in the case of pure states the condition $(\Delta h)_\rho = 0$ implies $P_\rho(t) = 1$ for all $t$. This can be seen as follows:

$$0 = (\Delta h)^2_\rho = \langle h^2 \rangle_\rho - \langle h \rangle^2_\rho = \langle (h - \langle h \rangle_\rho)^2 \rangle_\rho$$

$$= \sum_{k=1}^{n} \lambda_k \| (h - \langle h \rangle_\rho) \psi_k \|^2.$$

Thus we have $(h - \langle h \rangle_\rho) \psi_k = 0$ for all $k$. Therefore all the vectors $\psi_k$ contributing to the spectral decomposition of $\rho$ are eigenvectors of $h$ (with the same eigenvalue). From this follows the stationarity of $\rho$, i.e. $\rho_t = \rho$ for all $t$. While in the case of pure states the condition $(\Delta h)_\rho > 0$ implies that $P_\rho$ is not constant, this is not so with mixed states. A counterexample is provided by any $\rho$ such that $\Pi$ commutes with $h$ as is, e.g., the case for $\rho(H) = H$, since then $\Pi = i d_H$.

In order to better understand $P_\rho$ near 0 we first observe

$$P_\rho(t) = \text{Tr}(\Pi e^{-ith} \rho e^{ith}) = \sum_{k=1}^{n} \langle \psi_k, e^{-ith} \rho e^{ith} \psi_k \rangle$$

$$= \sum_{k,l=1}^{n} \langle \psi_k, e^{-ith} \psi_l \rangle \lambda_l \langle \psi_l, e^{ith} \psi_k \rangle = \sum_{k,l=1}^{n} \lambda_l |\langle \psi_k, e^{-ith} \psi_l \rangle|^2$$

$$= \sum_{k=1}^{n} \lambda_k |\langle \psi_k, e^{-ith} \psi_k \rangle|^2 + \sum_{k,l=1}^{n} \lambda_l |\langle \psi_k, e^{-ith} \psi_l \rangle|^2.$$

We thus have

$$P_\rho(t) = \sum_{k=1}^{n} \lambda_k P_{\psi_k}(t) + \sum_{k,l=1}^{n} \lambda_l |\langle \psi_k, e^{ith} \psi_l \rangle|^2.$$  \hspace{1cm} (9)
The Taylor expansion of $P_\rho$ at 0 now yields

$$P_\rho(t) = n \sum_{k=1}^{n} \lambda_k \left( 1 - (\Delta h)^2 \phi_k^2 \right) + t^2 \sum_{k,l=1 \atop k \neq l}^{n} \lambda_l |\langle \psi_k, h \psi_l \rangle|^2 + O(t^3)$$

$$= 1 - t^2 \sum_{k=1}^{n} \lambda_k (\Delta h)^2 \phi_k + t^2 \sum_{k,l=1 \atop k \neq l}^{n} \lambda_l |\langle \psi_k, h \psi_l \rangle|^2 + O(t^3).$$

From this we infer

$$-\frac{P''_\rho(0)}{2} = \sum_{k=1}^{n} \lambda_k (\Delta h)^2 \phi_k - \sum_{k,l=1 \atop k \neq l}^{n} \lambda_l |\langle \psi_k, h \psi_l \rangle|^2. \quad (10)$$

We shall now prove the generalization of Fleming’s bound to the survival probability of a property $\Pi_1$ for a mixed state as stated in proposition 2.

**Proof.** As in the case of pure states we start from

$$\frac{d}{dt} P_\rho(t) = \frac{d}{dt} \langle e^{i h t} /\Pi_1 e^{-i h t} \rangle_\rho = i \langle [h, /\Pi_1] e^{-i h t} \rangle_\rho = i \|[h, /\Pi_1]\|_\rho.$$  

The generalized uncertainty relation for the mixed state $\rho_t$ applied to the pair of observables $(h, /\Pi_1)$ reads

$$2(\Delta h)_\rho (\Delta /\Pi_1)_\rho \geq \|[h, /\Pi_1]\|_\rho.$$  

From $\Pi_1^2 = /\Pi_1$ we obtain $(\Delta /\Pi_1)_\rho^2 = P_\rho(t)(1 - P_\rho(t))$ and therefrom the estimate

$$\left| \frac{d}{dt} P_\rho(t) \right| \leq 2(\Delta h)_\rho \sqrt{P_\rho(t)(1 - P_\rho(t))}$$  

for all $t \in \mathbb{R}$.

The alternatives (i) and (ii) follow from this for $t > 0$ in exactly the same way as in the case of the pure state survival probability $P_\phi$. Since, however, the mixed state survival probability $P_\rho$ need not be an even function, the case $t < 0$ needs a separate consideration: the case $t < 0$ is transformed into the case $t > 0$ by replacing $h$ through $-h$. Since the variance of $-h$ in the state $\rho$ is the same as that of $h$, the alternatives (i) and (ii) hold for $t < 0$ unchanged.

Suppose now that alternative (ii) holds. Then $P_\rho(t) = \cos^2((\Delta h)_\rho t) = 1 - t^2(\Delta h)_\rho^2 + O(t^4)$ for $t \to 0$. Thus $-P''_\rho(0)/2 = (\Delta h)_\rho^2$ holds. From equation (10) we then obtain

$$(\Delta h)_\rho^2 = \sum_{k=1}^{n} \lambda_k (\Delta h)^2 \phi_k - \sum_{k,l=1 \atop k \neq l}^{n} \lambda_l |\langle \psi_k, h \psi_l \rangle|^2. \quad (11)$$

Now a general result of probability theory says that the variance of a stochastic variable under a mixture of probability measures is greater or equal to the mixture of individual variances, or more specifically applied to the present context it says that

$$(\Delta h)_\rho^2 - \sum_{k=1}^{n} \lambda_k (\Delta h)^2 \phi_k = \sum_{k=1 \atop l = k+1}^{n} \lambda_k \lambda_l (\langle h \rangle_{\phi_k} - \langle h \rangle_{\phi_l})^2 \geq 0. \quad (12)$$

The proof of equation (12) is given in appendix B. From equations (11) and (12) it thus follows that

$$0 \geq - \sum_{k,l=1 \atop k \neq l}^{n} \lambda_l |\langle \psi_k, h \psi_l \rangle|^2 = \sum_{k=1 \atop l = k+1}^{n} \lambda_k \lambda_l (\langle h \rangle_{\phi_k} - \langle h \rangle_{\phi_l})^2 \geq 0.$$  

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Thus both sides of this equation must vanish and \( \langle \psi_k, h \psi_l \rangle = 0 \) and \( \langle h \rangle_{\psi_k} = (h)_{\psi_k} \) follows for all \((k, l)\) with \( k \neq l \). Furthermore we have

\[
(\Delta h)^2_{\rho} = \sum_{k=1}^{n} \lambda_k (\Delta h)^2_{\psi_k}.
\]

From (9) it follows for \( P_{\rho}(t) = \cos^2((\Delta h)_{\rho} t) = \frac{1}{2}(1 + \cos(2(\Delta h)_{\rho} t)) \) that

\[
\frac{1}{2}(1 + \cos(2(\Delta h)_{\rho} t)) = \sum_{k=1}^{n} \lambda_k P_{\psi_k}(t) + \sum_{k,j,l=1, k \neq l}^{n} \lambda_j |\langle \psi_k, e^{-iht} \psi_l \rangle|^2.
\]

(13)

This implies that each of the even functions \( P_{\psi_k} \) is a real linear combination of the constant function 1 and \( \cos(2(\Delta h)_{\rho} t) \). Thus we have for all \( t \in \mathbb{R} \)

\[
P_{\psi_k}(t) = A_k + B_k \cos(2(\Delta h)_{\rho} t) = A_k + B_k - 2B_k \sin^2((\Delta h)_{\rho} t),
\]

with constants \( A_k, B_k \in \mathbb{R} \) such that \( P_{\psi_k}(0) = A_k + B_k = 1 \). From \( 0 \leq P_{\psi_k}(t) \leq 1 \) it follows that \( 0 \leq 2B_k \leq 1 \).

Thus \( P_{\psi_k} \) obeys for \( t \to 0 \)

\[
P_{\psi_k}(t) = 1 - 2B_k (\Delta h)^2_{\rho} t^2 + O(t^4).
\]

Taking into account that \( \langle \psi_k, h \psi_l \rangle = 0 \) for \( k \neq l \) the right-hand side of equation (13) obeys

\[
\sum_{k=1}^{n} \lambda_k P_{\psi_k}(t) + \sum_{k,j=1, k \neq l}^{n} \lambda_j |\langle \psi_k, e^{-iht} \psi_l \rangle|^2 = \sum_{k=1}^{n} \lambda_k \left( 1 - 2B_k (\Delta h)^2_{\rho} t^2 \right) + O(t^4).
\]

Thus we conclude from equation (13) that

\[
1 - (\Delta h)^2_{\rho} t^2 = \sum_{k=1}^{n} \lambda_k \left( 1 - 2B_k (\Delta h)^2_{\rho} t^2 \right).
\]

From this it follows that \( \sum_{k=1}^{n} \lambda_k 2B_k = 1 \), which in turn implies by means of \( 0 \leq 2B_k \leq 1 \) that \( 2B_k = 1 \) for all \( k \). Thus we have \( (\Delta h)_{\psi_k} = (\Delta h)_{\rho} \) and

\[
P_{\psi_k}(t) = \cos^2((\Delta h)_{\rho} t)
\]

for each \( k \). From (13) it now follows that

\[
\sum_{k,j=1, k \neq l}^{n} \lambda_j |\langle \psi_k, e^{-iht} \psi_l \rangle|^2 = 0
\]

for all \( t \). For each of the vectors \( \psi_k \) alternative (ii) of proposition 1 is thus realized. From \( \langle h, \psi_k \rangle = (h)_{\psi_k} \) and from \( (\Delta h)_{\psi_k} = (\Delta h)_{\rho} \) it finally follows that the eigenvalues \( \omega_{k,\epsilon} \) in \( h\phi_{k,\epsilon} = \omega_{k,\epsilon}\phi_{k,\epsilon} \) do not depend on \( k \).

The inverse statement is obvious by direct computation.

\[\square\]

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We thank Armin Uhlmann for advising us of reference [9].
Appendix A. Differential inequalities

In order to give a rigorous argument for Fleming’s bound in propositions 1 and 2 we made use of the theorem, formed by the following propositions 3 and 4, to obtain (7). Its proof can be found either in chapter I, section 9, sections VI and VIII (pp 73–75) of [12] or in Chapter II, section 8, sections IX and X (pp 67–69) of [13].

Let $I, J$ be two closed real intervals with $(\xi, \eta) \in I \times J$ and let $f : I \times J \to \mathbb{R}$ be continuous.

**Proposition 3.** The initial value problem $y(\xi) = \eta$ of the differential equation $y'(x) = f(x, y)$ has two solutions $y_\ast$ and $y^\ast$ which both extend to the boundary of $I \times J$ such that any other solution $y$ of this initial value problem obeys $y_\ast(x) \leq y(x) \leq y^\ast(x)$ wherever both sides of an inequality are defined.\(^3\)

**Proposition 4.** Let $v : I \to J$ and $w : I \to J$ be $C^1$ functions with $v(\xi) \leq \eta$ and $v'(x) \leq f(x, v(x))$ for all $x \geq \xi$ and $w(\xi) \geq \eta$ and $w'(x) \geq f(x, w(x))$ for all $x \geq \xi$ then holds $v(x) \leq y^\ast(x)$ and $w(x) \geq y_\ast(x)$ for all $x \geq \xi$ wherever both sides of an inequality are defined.

Appendix B. Variance and mixing

In proving (12) we applied the following result on variances.

**Lemma 5.** Let $\rho : \mathcal{H} \to \mathcal{H}$ be a density operator on the finite-dimensional Hilbert space $\mathcal{H}$ with its spectral decomposition as given by equation (8). Let $h : \mathcal{H} \to \mathcal{H}$ be linear and symmetric. We abbreviate $\langle h \rangle_{\psi_k}$ by $\langle h \rangle_k$. Then

$$
(\Delta h)^2_\rho = \sum_{k=1}^{n} \lambda_k (\Delta h)_k^2 + \frac{1}{2} \sum_{k,l=1}^{n} \lambda_k \lambda_l \langle h \rangle_k \langle h \rangle_l.
$$

**Proof.** First we observe that

$$
(\Delta h)^2_\rho = \langle h^2 \rangle_\rho - \langle h \rangle^2_\rho = \sum_{k=1}^{n} \lambda_k \langle h^2 \rangle_k - \sum_{k,l=1}^{n} \lambda_k \lambda_l \langle h \rangle_k \langle h \rangle_l
$$

$$
= \sum_{k=1}^{n} \lambda_k (\Delta h)_k^2 + \sum_{k=1}^{n} \lambda_k \langle h \rangle_k^2 - \sum_{k,l=1}^{n} \lambda_k \lambda_l \langle h \rangle_k \langle h \rangle_l.
$$

From the last term we extract the contribution with $k = l$ to obtain for $M = (\Delta h)^2_\rho - \sum_{k=1}^{n} \lambda_k (\Delta h)_k^2$

$$
M = \sum_{k=1}^{n} \lambda_k \langle h \rangle_k^2 - \sum_{k=1}^{n} \lambda_k \langle h \rangle_k^2 - \sum_{k=1}^{n} \sum_{l=1, l \neq k}^{n} \lambda_k \lambda_l \langle h \rangle_k \langle h \rangle_l.
$$

\(^3\) The solution $y_\ast$ is called minimal and $y^\ast$ is called maximal. Yet it is also common to call any solution of the maximal domain a maximal solution. These two notions of maximal solutions thus should not be confused.
In the second sum we replace $\lambda_k^2 = \lambda_k \left(1 - \sum_{l \neq k} \lambda_l \right)$ which yields

\[
M = \sum_{k=1}^{n} \sum_{l=1, l \neq k}^{n} \lambda_k \lambda_l \langle h \rangle_k^2 - \sum_{k=1}^{n} \sum_{l=1, l \neq k}^{n} \lambda_k \lambda_l \langle h \rangle_k \langle h \rangle_l
\]

\[
= \sum_{k=1}^{n} \sum_{l=1, l \neq k}^{n} \lambda_k \lambda_l \left( \langle h \rangle_k^2 - \langle h \rangle_k \langle h \rangle_l \right)
\]

\[
= \frac{1}{2} \sum_{k=1}^{n} \sum_{l=1, l \neq k}^{n} \lambda_k \lambda_l \left( \langle h \rangle_k^2 + \langle h \rangle_l^2 - 2 \langle h \rangle_k \langle h \rangle_l \right)
\]

\[
= \frac{1}{2} \sum_{k=1}^{n} \sum_{l=1, l \neq k}^{n} \lambda_k \lambda_l \left( \langle h \rangle_k - \langle h \rangle_l \right)^2.
\]

□

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