Cancer Medicine real-world effectiveness in the first-through fourth-line settings for the treatment of metastatic renal cell carcinoma: Results from the International Metastatic Renal Cell Carcinoma Database Consortium

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Abstract

Background: Cabozantinib is approved for metastatic renal cell carcinoma (mRCC) based on the METEOR and CABOSUN trials. However, real-world effectiveness and dosing patterns of cabozantinib are not well characterized.

Methods: Patients with mRCC treated with cabozantinib between 2011 and 2019 were identified and stratified using the International mRCC Database Consortium (IMDC) risk groups. First- (1L), second- (2L), third- (3L), and fourth-line (4L)
1 | INTRODUCTION

The sequencing of therapies in metastatic renal cell carcinoma (mRCC) has become increasingly topical and relevant. Examining practice patterns and clinical effectiveness of drugs in real-world populations is important.

Cabozantinib is an oral tyrosine kinase inhibitor (TKI) that targets vascular endothelial growth factor receptor (VEGFR), MET, and AXL. The randomized phase III METEOR study demonstrated that cabozantinib has superior progression free survival (PFS), overall survival (OS), and overall response rate (ORR) compared to everolimus in patients who progressed after previous VEGFR-targeted therapy, leading to its approval by the U.S. Food and Drug Administration in 2016. In the following year, cabozantinib was further approved for use in the first-line setting for patients with IMDC intermediate-/poor-risk disease. This was based on the randomized phase II CABOSUN trial, which demonstrated a significant improvement in PFS and ORR over the then standard-of-care sunitinib for IMDC intermediate-/poor-risk patients.

Practice patterns and real-world effectiveness of cabozantinib are not well characterized over different lines of therapy. With the recent publication of major phase III studies showing superiority of first-line immuno-oncology (IO) combinations (such as ipilimumab + nivolumab, axitinib + pembrolizumab, or axitinib + avelumab) vs. sunitinib, documenting the effectiveness of drugs such as cabozantinib is informative as clinical trials may not be available in these settings.

Furthermore, the need for dose reduction or titration according to toxicities in TKIs such as sunitinib, pazopanib, and axitinib is associated with improved outcomes, but this remains to be studied with cabozantinib. It may be that dose reduction due to toxicity is a surrogate for adequate drug exposure and is associated with improved outcomes.

We conducted a multicenter retrospective study in patients with mRCC treated with cabozantinib across the first-line (1L), second-line (2L), third-line (3L), fourth-line (4L), and post 1L immuno-oncology (IO) combination settings.

2 | PATIENTS AND METHODS

2.1 | Study design and patient selection

A retrospective analysis was conducted using the IMDC database, which included data from 38 international centers involving 10,200 consecutive patients with mRCC. Data were collected from hospital and pharmacy records between January 1, 2011, and September 16, 2019, using uniform database software and templates. Institutional review board approval was obtained from each participating center.

All patients with clear cell or non-clear cell mRCC treated with cabozantinib in the 1L, 2L, 3L, and 4L cabozantinib settings were identified. Patients who received cabozantinib as part of previously reported clinical trials were eligible for inclusion.
2.2 | Outcome measurement

The primary endpoints of this study were ORR, time to treatment failure (TTF), and OS. ORR was investigator assessed and reported in all evaluable patients. The best overall response was documented as complete response (CR), partial response (PR), stable disease (SD), or progressive disease (PD) as per Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1 guidelines, where available.\textsuperscript{10} The ORR included the percentage of patients with CR and PR as their best response. TTF was defined as the time from the initiation of systemic therapy to treatment discontinuation for any reason or censored at the time of the last follow-up. OS was calculated from the time of initiation of first-line systemic therapy to death from any cause or censored at the time of the last follow-up.

Information in relation to dosing patterns such as the need for dose reduction due to toxicity, median average daily dose, and the treatment discontinuation rate due to toxicity was collected. The ORR, TTF, and OS of patients who required dose reduction vs. not were determined.

2.3 | Statistical analysis

Patient demographics and baseline characteristics were described using frequencies and percentages (%) for categorical variables, and medians and interquartile ranges for continuous variables. TTF and OS were calculated using the Kaplan and Meier method. Patients in the 2L and 3L settings were stratified by IMDC criteria and compared for OS because these data were sufficiently powered to perform such an analysis.

A multivariable Cox regression analysis was performed in the 1L to 4L therapy settings, examining the need for dose reduction vs. not in relation to OS with the use of adjusted hazard ratios (HRs) to control for imbalances in IMDC risk factors (corrected calcium greater than the upper limit of normal, neutrophils greater than the upper limit of normal, platelets greater than the upper limit of normal, hemoglobin less than the lower limit of normal, Karnofsky performance status <80%, and time from diagnosis to treatment <1 year). Patients with 0 factors vs. 1–2 factors vs. 3 or more factors are deemed favorable-, intermediate-, and poor-risk, respectively.\textsuperscript{11}

The case deletion method was used when missing data were encountered. SAS statistical software (version 9.4; SAS Institute Inc.) was used to perform statistical analyses.

3 | RESULTS

3.1 | Patients characteristics

A total of 413 patients who received cabozantinib in the 1L, 2L, 3L, and 4L settings were identified from the IMDC database, and their median follow-up was 14.7, 14.5, 10.0, and 10.0 months, respectively. Of the 320 patients who had histological subtyping available, 78% (248/320) had ccRCC and 22% (72/320) had non-clear cell mRCC. The median age at the time of starting cabozantinib was 64 years. Overall, 71% of patients had a Karnofsky performance status score of ≥80, and 83% had prior nephrectomy. The majority of the patients (89%) were of IMDC intermediate-/poor-risk. Detailed baseline characteristics of the patients are summarized in Table 1.

3.2 | ORR, TTF, and OS for 1L–4L treatment

The ORR, TTF, and OS of patients treated with cabozantinib in the 1L–4L of therapy were comparable (Table 2; Figures 1 and 2) except mOS after 1L, which was much longer because these patients were therapy naïve. For patients treated with 1L PD(L)1 combination (n = 31), 2L cabozantinib had ORR of 22%, median TTF of 5.4 months, and median OS (mOS) of 17.4 months.

Table 3 describes the mOS in patients who are favorable, intermediate-, and poor-risk by IMDC criteria in the 2L and 3L settings.

3.3 | Dose reduction and treatment outcomes

Of the 413 patients, 258 had evaluable data for dose reduction. Overall, 50% (129/258) of patients required dose reductions. The median time to dose reduction was 1.2 months (95% CI 0.91–1.57). Across all lines of therapy, the TTF and mOS were significantly longer for patients who required dose reduction vs. patients who did not, with an adjusted HR of 0.37 (95% CI 0.202–0.672, p < 0.01) and 0.46 (95% CI 0.215–0.980, p = 0.04), respectively (Figure 3A,B). The ORR did not differ in patients with or without dose reduction (23% vs. 26%, p = 0.69; Table 4). However, there were fewer patients with PD as the best response in the dose reduction group vs. not (32% vs. 16%, p < 0.01).

The average daily dose of cabozantinib was 36.6, 37.8, 34.8, and 34.7 mg for 1L to 4L settings, respectively. The dose patterns are summarized in Table 5.

4 | DISCUSSION

Our study describes the efficacy and treatment outcomes of cabozantinib in a real-world mRCC patient population. We demonstrated that cabozantinib has clinical activity across 1L to 4L for mRCC. Notably, the ORR and TTF did not deteriorate from increasing lines of prior therapies, suggesting
Cabozantinib is an active drug regardless of the line of therapy in which it is used. Although the number of patients in the 1L setting is small (n = 34), the ORR rate of 32% was consistent with the investigator-assessed ORR of 33% reported in CABOSUN study. The ORR across 2L–4L (26%, 25%, and 29%, respectively) in our study appears to be higher than the independent radiology reviewed ORR of 17% reported in the METEOR study. This may in part be due to the lack of central radiology review for response assessment for our patients.

Other real-world experiences of cabozantinib exist in the literature. In the Polish retrospective managed access program (MAP) of 115 patients treated with cabozantinib in the 2L setting and beyond, the ORR was 19%, and the median PFS was 12.5 months (95% CI, 9.2–14.2 months). Similarly, in an Italian MAP study of 96 patients who received cabozantinib in 2L setting and beyond, the ORR was 36%, median PFS was 8.0 months (95% CI, 0.5–10.8 months), and mOS was not reached. Furthermore, a study from the U.K. expanded access program for cabozantinib (n = 128) showed

| TABLE 1 Baseline Characteristics, IMDC risk factors, and prior treatment |
|-------------------------------------------------|-----------------|-----------------|-----------------|-----------------|
| First line (N = 34)   | Second line (N = 143) | Third line (N = 142) | Fourth line (N = 94) |
| Age, median (IQR) (at diagnosis) | 62 (57–70) | 57 (49–64) | 56 (50–63) | 57 (50–64) |
| Age, median (IQR) (at starting cabozantinib) | 65 (57–76) | 61 (53–67) | 62 (54–69) | 65 (56–71) |
| Male | 88% (30/34) | 80% (115/143) | 77% (109/142) | 78% (73/94) |
| Clear cell histology | 44% (10/23) | 82% (85/104) | 75% (88/118) | 87% (65/75) |
| Sarcomatoid histology | 14% (3/21) | 20% (20/98) | 19% (21/109) | 6% (4/71) |
| Prior nephrectomy | 74% (25/34) | 76% (109/143) | 87% (124/142) | 88% (83/94) |
| Liver metastases | 9% (3/34) | 17% (24/143) | 18% (25/143) | 16% (15/94) |
| Bone metastases | 27% (9/34) | 39% (55/143) | 30% (43/143) | 26% (24/94) |
| Lung metastases | 59% (20/34) | 67% (96/143) | 70% (100/143) | 69% (65/94) |
| Brain metastases | 6% (2/34) | 4% (5/143) | 7% (10/143) | 2% (2/94) |
| IMDC risk groups | | | | |
| Favorable | 14% (4/29) | 12% (13/107) | 11% (11/98) | 9% (6/69) |
| Intermediate | 41% (12/29) | 64% (68/107) | 59% (58/98) | 49% (34/69) |
| Poor | 45% (13/29) | 24% (26/107) | 30% (29/98) | 42% (29/69) |
| IMDC risk factors at time of initiation of cabozantinib | | | | |
| KPS < 80% | 29% (9/31) | 21% (25/122) | 31% (40/129) | 40% (35/88) |
| Diagnosis to therapy <1 year | 70% (23/33) | 73% (105/143) | 51% (73/142) | 49% (46/94) |
| Calcium > ULN | 7% (2/31) | 6% (7/122) | 13% (14/107) | 20% (14/71) |
| Hemoglobin < LLN | 58% (18/31) | 59% (76/130) | 65% (82/126) | 70% (59/84) |
| Neutrophils > ULN | 19% (6/31) | 12% (15/129) | 23% (27/120) | 23% (18/80) |
| Platelets >ULN | 16% (5/31) | 8% (10/130) | 18% (22/124) | 24% (20/83) |
| Immediate prior therapy | | | | |
| TKI | 73% (104/143) | 32% (45/139) | 28% (25/89) |
| Everolimus + Lenvatinib | 1% (2/143) | 2% (3/139) | 1% (1/89) |
| Single agent IO | 1% (2/143) | 57% (79/139) | 55% (49/89) |
| IOIO | 7% (10/143) | 5% (7/139) | 8% (7/89) |
| IOVE | 15% (21/143) | 1% (2/139) | 2% (2/89) |
| Other (everolimus, temsirolimus, IL2, interferon) | 3% (2/143) | 2% (3/139) | 6% (5/89) |
| Prior IO any line | 23% (33/143) | 75% (107/142) | 88% (83/94) |
| Single agent IO | 1% (2/143) | 61% (87/142) | 77% (72/94) |
| IOIO | 7% (10/143) | 6% (8/142) | 11% (10/94) |
| IOVE | 15% (21/143) | 8% (12/142) | 1% (1/94) |

Abbreviations: IOIO, immuno-oncology agent combinations; IOVE, immuno-oncology + VEGF inhibitor combinations; KPS, Karnofsky performance status; LLN, lower limit of normal; ULN, upper limit of normal.
comparable results with ORR of 26%, median PFS of 7.7 months (95% CI 5.3–10.1), and mOS of 9.1 months (95% CI 6.6–11.6) in patients who received at least one prior line of therapy. These studies provided further evidence of the efficacy of cabozantinib use in a real-world population.

The approval of combination IOIO (ipilimumab and nivolumab) and IO + VEGF (IOVE) inhibitors (pembrolizumab/axitinib and axitinib/avelumab) as first-line treatment options make the sequencing of therapies increasingly debatable and poses a challenge for clinicians. This study benchmarks cabozantinib outcomes after these therapies, which are important for reimbursement and regulatory agencies. In our study, in patients treated with 1L IOIO (n = 5) or IOVE (n = 18), 2L cabozantinib had an ORR of 22%, a median TTF of 5.4 months, and a mOS of 17.4 months, suggesting that cabozantinib is active as a 2L therapy after prior IOIO or IOVE therapies. However, the ORR and TTF observed here appear to be lower than the ORR and TTF found in patients who received cabozantinib across 1L–4L settings. This could be related to a much smaller sample size in the post IO 2L cabozantinib setting. Another possible explanation is that only five out of the 23 patients were VEGFR-inhibitor naïve. The sample size of 23 patients would preclude any meaningful comparison for cabozantinib efficacy post 1L IOIO vs. IOVE. A retrospective study presented at the ESMO 2018 involving 86 patients who received cabozantinib after progression on prior IO therapy reported an ORR of 36% and a median TTF of 6.5 months (95% CI 5.3–8.1). In this study, the number of evaluable patients who received IOVE was only seven, limiting the interpretation of the reported ORR.

**TABLE 2** First-line to fourth-line cabozantinib treatment outcomes

|                          | First line | Second line | Third line | Fourth line | Post first-line IO Combos |
|--------------------------|-----------|-------------|------------|-------------|---------------------------|
| **ORR**                  | 32% (9/28) | 26% (28/109) | 25% (25/102) | 29% (19/65) | 22% (5/23) |
| **Best response**        |           |             |            |             |                           |
| **CR**                   | 0% (0/28)  | 1% (1/109)  | 0% (0/102) | 2% (1/65)   | 0% (0/23) |
| **PR**                   | 32% (9/28) | 25% (27/109) | 25% (25/102) | 28% (18/65) | 22% (5/23) |
| **SD**                   | 50% (14/28) | 52% (57/109) | 48% (49/102) | 49% (32/65) | 57% (13/23) |
| **PD**                   | 18% (5/28)  | 22% (24/109) | 28% (28/102) | 22% (14/65) | 21% (5/23) |
| **TTF (mo) (95% CI)**    | 8.3 (4.6–16.0) | 7.3 (5.5–8.2) | 7.0 (5.0–9.4) | 8.0 (5.6–10.4) | 5.4 (4.4–5.8) |
| **Median OS (mo)**       | 30.7 (15.8–36.8) | 17.8 (11.9–23.3) | 12.6 (9.3–21.7) | 14.9 (10.2–21.7) | 17.4 (4.8–23.3) |

*Note: IO Combos include Ipilimumab/Nivolumab (n = 5) and various PD(L)1 + VEGF inhibitor combinations (n = 18). Abbreviations: CI, confidence interval; CR, complete response; PD, progressive disease; PR, partial response; SD, stable disease.*
and TTF in this context. The median number of prior therapies in this study was two. In a study of 84 patients who received prior checkpoint inhibitors, Iacovelli and colleagues reported an impressive ORR of 52% and PFS of 11.5 months (95% CI 8.3–14.7) with the use of cabozantinib in the 3L and beyond setting.16 These studies suggest that cabozantinib is active in the post IO setting. Further prospective study is warranted to investigate the efficacy of TKIs such as cabozantinib in the post first-line IO combination treatment setting. On the same note, sequencing of cabozantinib in the second line and beyond setting was examined in a recent study, where it was found that patients with IMDC good-risk disease experienced significantly longer time-to-strategy failure and OS with 2L nivolumab followed by 3L cabozantinib (n = 89), compared to 2L cabozantinib and subsequent 3L Nivolumab (n = 29).17 This finding will require validation in future prospective studies.

Cabozantinib may cause treatment-limiting adverse events, necessitating the need for dose reduction. Our study showed that 50% of patients required dose reduction, and the median daily dose was 40 mg. The dose reduction rate is consistent with data from the pivotal METEOR and CABOSUN trials, where 71% and 67% of the patients experienced grade 3–4 adverse events, respectively; while the dose reduction rates were 64% and 46%,3,18 respectively, resulting in a median average daily dose of 42.8 and 50.3 mg, respectively. The lower median daily dose in our study may reflect the real-world population, where patients are typically less robust and often have poorer performance status and increased medical comorbidities compared to clinical trials population.

Importantly, patients who required dose reductions consistently experienced numerically longer OS and TTF across 1L to 4L of cabozantinib treatment. This observation is consistent with other data where dose reductions of VEGFR-TKIs mandated by toxicities experienced with sunitinib or pazopanib may be associated with better survival.7,19,20 Grade 3–4 clinical TKI-related toxicities were associated with significant improvement of OS in a study of 54 patients receiving sunitinib or sorafenib.19 In addition, sunitinib-associated hypertension and higher diastolic blood pressure in patients receiving axitinib were shown to be associated with improved treatment response and OS.21,22 Furthermore, a post hoc analysis of the COMPARZ trial found significantly improved median ORR, PFS, and OS for patients who required dose reductions for pazopanib.7 Thus, patients who require dose reductions seem to have improved outcomes compared to those who do not require dose reductions.9 This observation does not mean that we should dose reduce all patients, but instead, it suggests that toxicity could be a surrogate marker for sufficient drug exposure and is a biomarker for efficacy. Therefore, the efficacy of cabozantinib might be improved with individualized dosing based on toxicity as has been studied for sunitinib and axitinib in phase II trials.23,24 This requires prospective evaluation with cabozantinib.

The limitations of this study include its retrospective nature and potential selection bias. These are mitigated by
the use of continuous patient series. There are several potential biases that may contribute to the longer mOS and TTF seen in our patients who required dose reductions. Anecdotally, many patients who are on treatment for a long enough period of time will eventually require dose reductions. Therefore, patients who required dose reductions may simply have longer exposure to the drug and likely are the responders hence inducing a guarantee-time bias. However, the median time to dose reduction was 1.2 months, which was much shorter than the TTF, possibly reducing the influence of guarantee-time bias. Due to the retrospective nature of our study, there is incomplete data regarding dose schedules, drug toxicities, and the timing and level of dose reduction. Further prospective studies to examine alternate schedules for cabozantinib is warranted for dose individualization.

5 | CONCLUSIONS

To our knowledge, our study is the largest real-world analysis of the use of cabozantinib in patients with mRCC. The ORR and TTF of cabozantinib were maintained from the 1L to 4L therapy settings. The need for dose reduction due to toxicity was associated with improved TTF and OS. This contributes to mounting evidence that TKI toxicity requiring dose reduction is associated with better outcomes and that toxicity is a surrogate of adequate drug exposure. In the 2L and 3L settings, the IMDC criteria appropriately stratified patients into favorable, intermediate, and poor-risk groups for OS. Cabozantinib has clinical activity after first-line IO combination therapies.

ETHICS APPROVAL

This project has received ethics approval from the Health Research Ethics Board of Alberta—Cancer Committee: HREBA.CC-17-0458_REN3 which expires 19 May 2021.
CONFLICT OF INTEREST

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AUTHORS CONTRIBUTIONS
Conception and design: Gan, Heng; Acquisition of data: Gan, Dudani, Wells, Donskov, Pal, Dizman, Rath, Beuselinck, Yan, Lalani, Hansen, Szabados, de Velasco, Tran, Lee, Vaishampayan, Bjarnason, Subasri, Choueiri, Heng; Analysis and interpretation of data: Gan, Heng; Drafting of the manuscript: Gan, Heng; Critical revision of the manuscript for important intellectual content: Gan, Dudani, Wells, Donskov, Pal, Dizman, Rath, Beuselinck, Yan, Lalani, Hansen, Szabados, de Velasco, Tran, Lee, Vaishampayan, Bjarnason, Subasri, Choueiri, Heng; Statistical analysis: Gan, Heng; Obtaining funding: None; Administrative, technical, or material support: None; Supervision: Heng; Other (specify): None.

DATA AVAILABILITY STATEMENT
The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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