Asymmetric excitation of left- and right-tail extreme events probed using a Hawkes model: application to financial returns

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We construct a two-tailed peaks-over-threshold Hawkes model that captures asymmetric self- and cross-excitation in and between left- and right-tail extreme values within a time series. We demonstrate its applicability by investigating extreme gains and losses within the daily log-returns of the S&P 500 equity index. We find that the arrivals of extreme losses and gains are described by a common conditional intensity to which losses contribute twice as much as gains. However, the contribution of the former decays almost five times more quickly than that of the latter. We attribute these asymmetries to the different reactions of market traders to extreme upward and downward movements of asset prices: an example of negativity bias, wherein trauma is more salient than euphoria.

I. INTRODUCTION

Heuristics such as imitation and herding are significant drivers of human agents within social systems. These reflexive behaviours of individuals lead to self-excitement at the group level that often feature time-clustering of extreme events at the macro scale [1, 2]. Such extreme events often have profound consequences, which motivate a strong interest in their accurate forecasting. This problem is often approached through extreme value analysis (EVA), where asymptotic tail behaviour is modelled independently from bulk behaviour, with the justification that the two are often generated by distinct mechanisms and, therefore, that the bulk provides little information about the tail and vice versa [3–5]. Non-stationary EVA methods that account for the time-clustering of extremes promise both improved forecasting accuracy and potential insight into the underlying mechanisms that generate extreme events.

Peaks-over-threshold (POT) Hawkes models provide a parsimonious framework to describe macroscopic self-excitement of extreme values [6, 7]. In these models, the arrivals of threshold exceeding values within a time series become the discrete events of an inhomogeneous point process in which past events cause a time-decaying increase in the arrival rate of future events [2, 8]. Having first emerged as a stochastic model for the self-reflexive pattern of foreshocks and aftershocks that decorate major seismic activity [6, 7, 9, 10], Hawkes-type models have since found application to broader classes of systems that exhibit similar activity bursts, including neural networks [11, 12], inter-group conflict [13, 14], social media [15], and financial markets [8, 16–30].

Here, we present a novel two-tailed peaks-over-threshold (2T-POT) Hawkes model that captures asymmetric self- and cross-excitation in and between left- and right-tail extreme values within the same univariate time series. This model assumes a conditional arrival intensity common to extreme events from both tails and is conceived as a stochastic model for the time clustering of extreme fluctuations within drift-diffusion-like processes. Previous work has seldom investigated the possibility of asymmetric interactions between the two sets of extremes; however, such interactions are a distinct possibility, especially, for example, in socially driven processes, where the guiding heuristics of human agents may include different responses to the two sets of tail events [31, 32]. To illustrate this point, we apply our model to the extreme gains and losses within the historic daily log-returns of the S&P 500 equity index; we use likelihood-based inference methods to compare its performance against the limiting case of symmetric interactions between tails, as well as to a bivariate Hawkes model in which left- and right-tail extremes are treated as the events of two distinct point processes – both with and without cross-excitement between them.

Financial asset price time series as a class represent an ideal case study for our model. Prices are often modelled as geometric random walks, in which the log-returns (i.e. changes in the log-price) are independent and identically distributed (i.i.d.) white noise [33, 34]. However, contrary to this description, log-returns are characterized by heavy-tailed marginal distributions and positively autocorrelated conditional heteroscedasticity (a stylized fact known as volatility clustering) [34–37]. Accordingly, extreme price fluctuations - measured as large magnitude log-returns - cluster in time, especially within periods of sustained overall negative price growth. These bursts of extremes are evident in Fig. 1 for the S&P 500 daily log-returns: in the left panel, they manifest as step-like increases in the count of extreme returns as a function of time; in the right panels, we observe that short interarrival times between such extremes are much more frequent than expected under the null hypothesis of i.i.d.

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returns. Our 2T-POT Hawkes approach is of particular interest here, because extreme gains and losses, while highly correlated [39], tend to be described by asymmetric distributions and persistence relationships [34–37, 40]. Moreover, heuristics such as negativity bias and loss aversion (i.e. the tendency for human agents to prefer avoiding losses to acquiring equivalent gains) are well established within behavioural economics [41, 42], and these could be expected to have effects at the group level, including asymmetric excitation of extremes. This is also supported by the leverage effect – a stylized fact of financial returns that states that the standard deviation of returns becomes larger when the average of returns becomes more negative [34, 35]. Indeed, our model suggests that extreme losses contribute significantly more (by a factor of 2) than extreme gains to the conditional intensity. However, their importance as a function of time decays more rapidly.

We construct our Hawkes models in Section II. In Section III, we apply them to the daily log-returns of the S&P 500 index between 1959-10-02 and 2020-11-20; their performance is then evaluated through likelihood-based inference and residual analysis. In Appendix A, we demonstrate that our observations cannot be wholly attributed to asymmetric volatility clustering as described by generalized autoregressive conditional heteroscedasticity (GARCH) models, even after including the leverage effect. In Appendix B, we detail our procedure of parameter estimation for the 2T-POT Hawkes model.

II. HAWKES MODELS FOR TWO-TAILED THRESHOLD EXCEEDANCES

Starting from the discrete time series \{x_t\}, where \( t \) indexes the data points (and is effectively the time as measured in trading days, a unit for which we use the symbol \( d_t \)), we extract two sets of extreme events, \( \{m_{k_-}\} = \{x_t - u_- < 0\} \) and \( \{m_{k_+}\} = \{x_t - u_+ > 0\} \), where \( u_- \) and \( u_+ \) are the thresholds for the left and right tails of the data distribution, respectively, and \( k_- \) and \( k_+ \) index the left- and right-tail exceedance events. Note that here we use the subscripts \( \leftarrow \) and \( \rightarrow \) to denote the left and right tail, respectively, and the subscript \( \equiv \) is used to represent either tail (i.e. either \( \leftarrow \) or \( \rightarrow \)) in generic expressions. We thus extract two point processes \( N_{\equiv}(t) \), wherein events are fully described by their arrival time \( t_{k_{\equiv}} \) and excess magnitude \( m_{k_{\equiv}} \), such that

\[
dN_{\equiv}(t) = \sum_{k_{\equiv}} \delta(t - t_{k_{\equiv}}),
\]

where \( \delta(t') \) is the Dirac delta function. The arrival rate of events within either point process is the conditional intensity for that process,

\[
\lambda_{\equiv}(t | I_t) = \mathbb{E} \left[ \frac{dN_{\equiv}(t)}{dt} \bigg| I_t \right],
\]

where \( \mathbb{E}[\cdot] \) is the expectation operator. The explicit time-dependence of \( \lambda_{\equiv}(t | I_t) \) specifies \( N_{\equiv}(t) \) to be inhomogeneous point processes; Hawkes-type behaviour is specified by the conditional dependence on the event history up to the present time \( t \), \( I_t = \{ (t_{k_{\equiv}}, m_{k_{\equiv}}) : t_{k_{\equiv}} < t \} \).
A. Bivariate 2T-POT Hawkes model

We start our discussion from the most general description: a bivariate Hawkes model in which the left- and right-tail exceedances are treated as distinct point processes. Note that this is incompatible with the fact that the arrivals of left- and right-tail events within the original time series are mutually exclusive. We remedy this in Section II B and here only point out that the bivariate description becomes an increasingly valid approximation as \( \lambda_m \to 0 \). With this in mind, we write the bivariate model,

\[
\begin{align*}
\left( \lambda_+ \right) & = \left( \mu_+ \right) + \left( \gamma_+ \right) \left( \chi_+ \right), \\
\left( \lambda_- \right) & = \left( \mu_- \right) + \left( \gamma_- \right) \left( \chi_- \right),
\end{align*}
\]

(3)

or, in vector notation,

\[
\lambda(t|\theta_{bi}; I_t) = \mu + \Gamma \chi(t|\theta_{bi}; I_t),
\]

(4)

where \( \theta_{bi} \) is the parameter vector for the bivariate model, \( \mu \equiv (\mu_-, \mu_+)^T \) are the constant exogenous background intensities for each process, \( \Gamma \) is the \( 2 \times 2 \) branching matrix, and \( \chi \) are the endogenous excitements generated by the arrivals of events in each respective process. The response of this model, as parametrized below, to a sample of arrivals of events in each respective process. The impact function of the time between the arrival of the past event, \( t_k \), and the present, \( t \). Here, this is taken as an exponential decay with constant \( \beta_m \),

\[
\phi_m(t' \rightarrow t) = \beta_m e^{-\beta_m t'},
\]

(6)

which allows for Eq. (5) to be recast in Markov form,

\[
d\chi_m = \beta_m [-\chi_m dt + \kappa_m(m_k) dN_t].
\]

(7)

The impact function \( \kappa_m \) is a monotonically increasing function of the excess magnitude \( m_k \). Following the approach of [24, 25], this is defined so that the intensity jump from the exceedance event occurring at time \( t_k \) is determined by the conditional quantile of \( m_k \) at the arrival time,

\[
\kappa_m(m_k) = \frac{1}{1 + \alpha_m} \ln \left[ \frac{1 - F_m(m_k|t_k)}{1 - \kappa_m} \right],
\]

(8)

where \( F_m \) is the cumulative distribution function for the excess magnitudes. When the mark parameter \( \alpha_m > 0 \), larger magnitude events produce greater jumps in the excitement. Crucially, this reduces sensitivity on the choice of threshold value, since \( \kappa_m(m_k) \to (1 + \alpha_m)^{-1} \) as \( m_k \to 0 \). Conversely, when \( \alpha_m = 0 \), \( \kappa_m \) becomes unity and we recover an unmarked Hawkes process in which \( \chi_m \) is independent of the magnitudes of past events. Also, note that \( E[\kappa_m(m)] = 1 \) for all values of \( \alpha_m \).

The excess magnitudes are assumed to be described by a conditional generalized Pareto distribution (GPD). This choice is motivated by the Pickands-Balkema-de Haan theorem [43, 44], which states that the GPD is the limiting distribution for linearly rescaled threshold excesses within a series of i.i.d. random variables. Moreover, since the GPD is specified with a shape parameter \( \xi_m \), it can describe a range of tail heaviness from faster-than-exponential decay (\( \xi_m < 0 \)) to increasingly leptokurtic power-law decay (\( \xi_m > 0 \)). The cumulative density function for excess magnitudes is

\[
F_m(m|t) = \begin{cases} 
1 - \left[ 1 + \xi_m \frac{m}{\xi_m} \right]^{-1/\xi_m}, & \xi_m \neq 0, \\
1 - \exp \left[ \pm m/\sigma_m(t) \right], & \xi_m = 0,
\end{cases}
\]

(9)

where conditional dependence on the excess (i.e. non-background) intensity of the Hawkes process is introduced via the conditional scale parameter

\[
\sigma_m(t) = \sigma_m + \eta_m \left[ \lambda_m(t) - \mu_m \right].
\]

(10)

Thus, when \( \eta_m > 0 \), larger magnitude events become more likely in high activity clusters, as is generally observed in price data [35]. Conversely, when \( \eta_m = 0 \) the excess magnitudes are drawn from an unconditional GPD with scale parameter \( \sigma_m \).

The self-exciting dynamics of the Hawkes process can be understood as a branching process, in which daughter events are triggered by the additional endogenous intensity produced by the arrival of prior mother events. This is called the branching matrix, because \( \gamma_{ij} \) is the mean number of daughter events in the process \( N_i \) that are triggered by a mother event in the process \( N_j \). This is so because the time kernel \( \phi_m \) and impact function \( \kappa_m \) are normalized, such that the expected lifetime contribution of each event in process \( N_i \) to the endogenous excitement \( \chi_m \) is 1; this normalization also guarantees that the model is uniquely fitted. The process is subcritical (i.e. non-explosive) provided the spectral radius of branching matrix \( \rho(\Gamma) \) is less than 1 [45].

Overall, the bivariate model is characterized by a set of parameters, \( \theta_{bi} = \{ \mu, \Gamma, \beta, \xi, \eta, \alpha \} \), where vector quantities are of the form, \( \mu \equiv (\mu_-, \mu_+)^T \). Note that the two distinct Hawkes processes describing each tail can be decoupled by applying the constraints \( \gamma_{-+} = 0 = \gamma_{+-} \), i.e. we recover two independent univariate Hawkes processes between which there is no cross-excitation. This decoupled bivariate 2T-POT Hawkes model is denoted by the parameter vector \( \theta_{bi}^{\text{dec}} \).

1 The GPD has become the classical asymptotically motivated distribution for threshold exceedances within extreme value analysis for this reason [5].
left- and right-tail excess magnitude distributions, and where $f$ is a weighted piecewise union of the left- and right-tail magnitude being drawn from a probability distribution that randomly sampled. This can be realized as the excess magnitude upon arrival just as the excess magnitude is also random upon arrival.

As noted in the beginning of Section II A, the bivariate model assumes that the arrivals of left- and right-tail exceedances form two distinct point processes. This, however, does not guarantee that these two types of events are mutually exclusive. To enforce this requirement, we assume that both sets of exceedance arrivals constitute the events of a single, common point process, $N_{\text{ex}}$, whose arrival rate is given by the one-dimensional common conditional intensity, $\lambda_{\text{ex}}$.

To develop a general common intensity model that allows for asymmetric cross-excitation between asymmetric tails, we modify Eq. (4) by reducing the branching matrix $\Gamma$ to the branching vector $\gamma^T \equiv \langle \gamma_{+\leftarrow}, \gamma_{\leftarrow+} \rangle$ and by reducing the background intensity to a scalar, $\mu_{\text{ex}} \equiv \langle 1| \mu \equiv \mu_{\leftarrow} + \mu_{\rightarrow}$. Thus,

$$\lambda_{\text{ex}}(t|\theta_{\text{ci}}; I_t) = \mu_{\text{ex}} + \gamma^T \kappa(t|\theta_{\text{ci}}; I_t),$$

where $\theta_{\text{ci}} = \{\mu_{\text{ex}}, \gamma_{+\leftarrow}, \beta, \xi, \varsigma, \eta, \alpha, w_{\text{ex}}\}$ is the parameter vector for the common intensity model.

Each event is then stochastically drawn from either tail upon arrival just as the excess magnitude is also randomly sampled. This can be realized as the excess magnitude being drawn from a probability distribution that is a weighted piecewise union of the left- and right-tail distributions, i.e. from a probability density function of the form

$$f_{\text{ex}}(m) = \begin{cases} S(-w_{\text{ex}}) f_{\text{ex}}(m), & m < 0, \\ S(+w_{\text{ex}}) f_{\text{ex}}(m), & m > 0, \end{cases}$$

where $f_{\text{ex}}$ are the probability density functions for the left- and right-tail excess magnitude distributions, and the weighting of probability between the two tails is determined by the logistic function,

$$S(w_{\text{ex}}) = 1/(1 + e^{-w_{\text{ex}}}),$$

with the tail-weight asymmetry parameter $w_{\text{ex}}$, such that the relative frequency of left- to right-tail events is $\text{E}[N_{\leftarrow}/N_{\rightarrow}] = \text{exp}(-w_{\text{ex}})$.

Note that, if $w_{\text{ex}} = 0$ and all parameters in $\theta_{\text{ci}}$ are constrained to be symmetric (i.e. so that the left- and right-tail components of all vector parameters are equal), then the common intensity 2T-POT model is equivalent to a single-tail POT Hawkes model applied to the absolute values of a copy of the original time series that is centred on the mid-point between the thresholds, $x_t^* = x_t - (u_{\rightarrow} - u_{\leftarrow})/2$. That is, the set of absolute exceedances $\{|m_{k_{\text{ex}}}|\} = \{|x_t^*| - u_{\leftarrow} > 0\}$, where $u_{\rightarrow} = (u_{\rightarrow} - u_{\leftarrow})/2$, is a union of $\{|m_{k_{\text{ex}}}|\}$ and $\{|m_{k_{\text{ex}}}|\}$, and a univariate Hawkes model applied to this exceedance series describes equal self- and cross-excitation between left and right tails that are symmetric in all properties. This symmetric common intensity 2T-POT model is denoted by the parameter vector $\theta_{\text{ci}}^\text{s}$. 

**III. APPLICATION TO S&P 500 DAILY LOG-RETURNS**

To demonstrate the utility of the two-tailed extension to the classic POT Hawkes model, we apply the 2T-POT Hawkes models developed in Section II to the daily log-returns of the S&P 500 equity index between 1959-10-02 and 2020-11-20. The data are partitioned into an in-sample training period and an out-of-sample forecast period, with the former ending (and the latter beginning)
on 2008-09-01. The data were sourced from Yahoo Finance [46].

In accordance with previous literature [24, 25, 28, 30, 39], we do not attempt to normalize the local volatility before fitting the 2T-POT models and we use constant threshold values. This raises the question of whether extreme events should be defined with respect to the magnitude of recent behaviour or against the longer history of the time series. We choose the latter for practical considerations. First, model-based estimates of local volatility introduce assumptions to which residual extreme events are highly sensitive; thus, POT Hawkes models applied to the residual series tend to be dominated by the noise these assumptions introduce (see Appendix A). Secondly, POT Hawkes models applied to the raw series of log-returns have been found to more accurately forecast tail behaviour than conditional volatility models [30]; we intend to explore this aspect further in a follow-up paper.

We acknowledge that, under our definition of extreme events, symmetric self- and cross-excitement may be perceived as an artefact of volatility clustering. However, one advantage of our two-tailed approach is that we may identify asymmetries that cannot be likewise attributed to volatility clustering as described by standard conditional volatility models. If, for instance, the log-returns are generated by a GARCH(1,0,1) process [34], then, under mean-symmetric thresholds, we would expect all vector parameters of the fitted 2T-POT models to be symmetric, i.e. $\theta_{ci}$ would be the optimal model (this is explored, along with more complex cases, including the GJR-GARCH leverage effect [47], in Appendix A). To test this, we set the fixed threshold values according to the underlying data generating process of $\mathcal{I}_t$, and so determine which best describes the underlying data generating process of $\mathcal{I}_t$.

The goodness of fit of the model $\theta$ to $\mathcal{I}_t$ is measured by the log-likelihood function $\ell(\theta|\mathcal{I}_t)$ (defined as Eq. (B1) in Appendix B), with higher values of $\ell$ indicating a better fit. The log-likelihood is often quoted as the deviance $-2\ell$, for which lower values are better optimized. While the deviance can itself be used to compare the fitness, it is more common to use the Akaike information criterion $\text{AIC}(\theta|\mathcal{I}_t) = 2\dim(\theta) - 2\ell(\theta|\mathcal{I}_t)$, (14)

which approximates the expected deviance of a hypothetical new sample that is independent of $\mathcal{I}_t$, and, in doing so, penalizes redundant complexity [48]. An alternative penalized deviance is the Bayesian information criterion $\text{BIC}(\theta|\mathcal{I}_t) = \ln[\dim(\mathcal{I}_t)] - 2\ell(\theta|\mathcal{I}_t)$.

Table III lists the penalized deviance scores for all models in both the training and forecasting periods. A clear hierarchy of fitness emerges from these scores. The decoupled model with no cross-excitation $\theta_{ci}^{t}$ yields the worst fit, followed by the symmetric common intensity model $\theta_{ci}^{c}$. The novel 2T-POT models with asymmetric interactions provide the best fit, with comparatively little difference between the two: $\theta_{ci}$ is preferred to $\theta_{bi}$ by AIC and BIC in the training period, but the opposite is true in the forecasting period.
Hawkes models trained on the extreme losses and gains of the S&P 500 daily log-returns from 1959-10-02 to 2008-09-01. Specifically, the estimated parameters for $\theta$ are never rejected in favour of $H_0$. Notably, extreme losses are primarily because the latter provide a significantly better fit to the data sample $I_t$. Since the contributions to the log-likelihood from left- and right-tail events are independent, the likelihood ratio test can be used to compare the relative fitness to each process – $N_{+\text{e}}$, $N_{-\text{e}}$, and $N_{+\text{r}}$ – separately.

Table IV lists the $p$-values for the likelihood ratio test applied to model pairs with respect to all three processes. The results for $N_{+\text{e}}$ – which correspond to the scores quoted in Table III – confirm that the classical POT Hawkes models are rejected in favour of the 2T-POT models with asymmetric interactions at the 95% significance level. The results for $N_{-\text{e}}$ and $N_{+\text{r}}$ show that this is primarily because the latter provide a significantly better fit to the right-tail exceedances events – supporting the finding that the excitation of $\lambda_{+\text{e}}$ is mostly influenced by the history of left-tail events. Notably, $\theta_{ei}$ is never rejected in favour of $\theta_{bi}$. By directly examining the parameter estimates in Tables I and II, we find that the estimated parameters for $\theta_{bi}$ are effectively equivalent to those for $\theta_{ei}$ (i.e. $\gamma_{e-e} \approx \gamma_{e-r} \approx \gamma_{r-e}/2$ and $\gamma_{e-r} \approx \gamma_{r-r} \approx \gamma_{r-e}/2$), hence, the comparable goodness of fit between the two models. This can also be seen in Fig. 2, where, by visual inspection, $\lambda_{+\text{e}} \approx \lambda_{+\text{r}}$. We therefore infer that the arrival of extreme losses and gains is governed by a common conditional intensity, and that this intensity is best approximated by $\lambda_{+\text{e}}(\theta_{ei}; I_t)$.

For developed market indices, such as the S&P 500, it is known that extreme returns on consecutive trading days exhibit an asymmetric sign persistence: extreme gains are persistent, meaning they are more likely to be directly followed by another extreme gain than by an extreme loss; conversely, extreme losses are repressive, meaning they are also more likely followed by an extreme gain [40]. However, these persistences only exist over a single trading day – a timescale that is too short to be detected by a Hawkes model with inverse decay constants $\beta^{-1} > 10^4 \delta_c$. It is therefore intuitive that extreme losses and gains are found to share a common arrival intensity.

Having concluded that the common intensity model best describes the data $I_t$, we examine the values of its estimated parameters $\hat{\theta}_{ei}$ when fitted to these data, as listed in Table II. We observe significant asymmetries in the values estimated for the two tails. First, there is an asymmetry in the excitation vector $\gamma_{+\text{e}}$, such

| Parameter | $\hat{\theta}_{bi}$ | $\hat{\theta}_{bi}$ |
|-----------|---------------------|---------------------|
| $\mu/\delta_{1,1}$ | $(4.9 \pm 1.2) \times 10^{-3}$ | $(3.1 \pm 0.8) \times 10^{-3}$ |
| $\gamma$ | $(5.8 \pm 0.7) \times 10^{-1}$ | $(2.2 \pm 0.8) \times 10^{-1}$ |
| $\beta/\delta_{1,1}$ | $(6.0 \pm 0.6) \times 10^{-1}$ | $(2.8 \pm 0.6) \times 10^{-1}$ |
| $\xi$ | $(7.4 \pm 1.0) \times 10^{-2}$ | $(1.7 \pm 0.4) \times 10^{-2}$ |
| $\zeta$ | $(2.2 \pm 0.6) \times 10^{-1}$ | $(-3.1 \pm 7.4) \times 10^{-2}$ |
| $\eta$ | $(3.8 \pm 0.5) \times 10^{-2}$ | $(3.4 \pm 0.6) \times 10^{-3}$ |
| $\alpha$ | $(3.6 \pm 0.9) \times 10^{-2}$ | $(5.2 \pm 0.8) \times 10^{-2}$ |

Table I. L-BFGS-B parameter estimates ($\pm$ standard errors) for the coupled and decoupled bivariate 2T-POT Hawkes models trained on the extreme losses and gains of the S&P 500 daily log-returns from 1959-10-02 to 2008-09-01.

| Parameter | $\hat{\theta}_{ei}$ | $\hat{\theta}_{ei}$ |
|-----------|---------------------|---------------------|
| $\mu_{ei}/\delta_{1,1}$ | $(7.7 \pm 1.4) \times 10^{-3}$ | $(5.4 \pm 1.0) \times 10^{-1}$ |
| $\gamma_{ei}$ | $1.2 \pm 0.1$ | $(1.6 \pm 0.4) \times 10^{-2}$ |
| $\beta_{ei}/\delta_{1,1}$ | $(7.6 \pm 1.0) \times 10^{-2}$ | $(-3.2 \pm 6.1) \times 10^{-2}$ |
| $\xi_{ei}$ | $(2.2 \pm 0.6) \times 10^{-1}$ | $(3.4 \pm 0.6) \times 10^{-3}$ |
| $\zeta_{ei}$ | $(3.7 \pm 0.5) \times 10^{-3}$ | $(5.3 \pm 0.8) \times 10^{-2}$ |
| $\eta_{ei}$ | $(3.2 \pm 0.9) \times 10^{-2}$ | $1.5 \pm 2.4$ |
| $\alpha_{ei}$ | $(3.6 \pm 1.9) \times 10^{-1}$ | $2.2 \pm 0.3 \times 10^{-2}$ |

Table II. L-BFGS-B parameter estimates ($\pm$ standard errors) for the asymmetric and symmetric common intensity 2T-POT Hawkes models trained on the extreme losses and gains of the S&P 500 daily log-returns from 1959-10-02 to 2008-09-01.

$^a$ Left-tail: $x_t < u_{-\text{e}} = -0.01840$.
$^b$ Right-tail: $x_t > u_{+\text{e}} = +0.01872$.

$^c$ Common-tail: $|x_t - (u_{-\text{e}} + u_{+\text{e}}) / 2| > u_{\leftrightarrow} = (u_{+\text{e}} - u_{-\text{e}}) / 2 = 0.01856$.
Hawkes models at describing the arrival process through the 2T-POT Hawkes model, suggests a more complex data structure that the leverage effect as described by GJR-GARCH models. We find that the leverage effect can be explained by invoking volatility clustering and the asymmetric nature of the arrival process. These effects are more pronounced in time to the immediate aftermath of the mother event’s arrival. These asymmetries are consistent with previous studies of developed market indices, which have found that extreme daily losses are a better predictor of extreme daily gains (gain or loss) than extreme daily losses.

### Table III. Deviance and penalized deviance scores of all 2T-POT Hawkes models against the extreme losses and gains of the S&P 500 daily log-returns in both the training and forecasting periods.

| Deviance score | \(\hat{\theta}_{bi}\) | \(\hat{\theta}_{bi}^d\) | \(\hat{\theta}_{ci}\) | \(\hat{\theta}_{ci}^d\) |
|---------------|----------------|----------------|----------------|----------------|
| Train (1959-10-02 – 2008-09-01) | | | | |
| -2\(\ell(\theta)\) | 46.42 | 250.30 | 48.43 | 138.85 |
| AIC(\(\theta\)) | 78.42 | 278.30 | 74.43 | 152.85 |
| BIC(\(\theta\)) | 160.29 | 349.93 | 140.94 | 188.66 |
| Forecast (2008-09-01 – 2020-11-20) | | | | |
| -2\(\ell(\theta)\) | -6.72 | 113.06 | -4.44 | 27.43 |
| AIC(\(\theta\)) | -6.72 | 113.06 | -4.44 | 27.43 |
| BIC(\(\theta\)) | -0.37 | 118.62 | 0.72 | 30.20 |

If the continuous time arrivals of the point process \(N_i(t)\) are described by the conditional intensity \(\lambda_i(t)\), then, in the residual time

\[
\tau_i(t) = \int_0^t \lambda_i(t')dt'.
\]

the residual process \(N_r(t)\) is a homogeneous unit Poisson process and the residual interarrivals \(\Delta \tau_i,k = \tau_i(k_i) - \tau_i(k_i-1)\) are therefore i.i.d. unit exponential random variables. If event arrivals instead occur in discrete time with a minimum time-step \(\delta t\), then these expected distributions are asymptotic in the limit \(\lambda_i\delta t \to 0\).

The bivariate model natively yields separate residual processes for left- and right-tail exceedances. Generically, it can be shown that \(\lambda_{+,+} \equiv \langle 1|\lambda| \rangle \equiv \lambda_{+,+} + \lambda_{-,+}\), and so a residual time for exceedences from both tails, \(\tau_{++}\), is trivial to derive from \(\lambda\). It is less trivial to derive \(\tau_{--}\) and \(\tau_{+-}\) from the common intensity model, since there is no inverse function to calculate \(\lambda_{-,+}\) and \(\lambda_{+,+}\) from \(\lambda_{-,+}\). Instead, the residual interarrivals of these processes are derived from the probability of an event occurring in \(N_{+,+}\) and then being stochastically drawn from either tail, with relative frequency \(\mathbb{E}[N_{+,+}/N_{-,+}] = \exp(-w_{+,+})\):

\[
\Delta \tau_{+,+},k = \Delta \tau_{-,+},k = \frac{w_{+,+}}{2} + \ln \left[ \pm \sinh \frac{w_{+,+}}{2} + \sqrt{\sinh^2 \frac{w_{+,+}}{2} + e^{-\Delta \tau_{-,+},k}} \right].
\]

If \(w_{+,+} = 0\), Eq. (17) reduces to \(\Delta \tau_{+,+},k = \Delta \tau_{-,+},k = \frac{w_{-,+}}{2}\).

The residual processes under the common intensity model \(\hat{\theta}_{ci}\) are shown in Fig. 4; this is also representative of the corresponding residual processes under \(\hat{\theta}_{bi}\), due to the approximate equivalence of the estimated parameters, as discussed in Section III A. In contrast to Fig. 1, we observe that the residual processes are approximately unit Poisson, and, therefore, that the true conditional intensities are well approximated by \(\lambda_i(\hat{\theta}_{ci}; \mathcal{I}_i)\). A minor, but notable exception is seen in the bottom-right panel of Fig. 4, where there is a decline in the observed frequency relative to expectation in the limit \(\Delta \tau_{+,+} \to 0\), i.e. there are fewer than expected instances of exceedance events arriving almost simultaneously in \(N_{+,+}(\tau_{++})\). This is a discretization error that arises because the arrivals occur in discrete time: since \(\mathbb{E}[\lambda_{+,+}/\lambda_{-,+}] = \mathbb{E}[\lambda_{+,+}/\lambda_{-,+}] = 2\), \(\lambda_{+,+}\) is always further from the asymptotic limit in which the

### B. Residual analysis

We further assess the performance of the 2T-POT Hawkes models at describing the arrival process through the residual analysis technique developed by Ogata [49].
approximation of continuous time arrivals is valid; this suppresses severe under-forecasting, because the interarrival times cannot be less than discrete time step $\delta t$.

We note that there are persistent inequalities in the arrival frequencies of losses versus gains in the residual time. This is especially pronounced in the forecasting period, i.e. for data outside of the sample whose symmetric quantiles were used to define the thresholds. While our method of threshold definition guarantees an equal number of left- and right-tail exceedances within the training period, we find a 168 to 124 split within the forecasting period. This reflects the use of constant thresholds without prior normalization of the original time series: while this approach avoids interference with the short timescale signals of self-excitement, it cannot account for long timescale changes in the distribution of returns. Future work may look to incorporate these long-term trends while minimizing such interference.

We test the null hypothesis that the true conditional intensity and the conditional intensity approximated by the Hawkes model are the same, i.e. $H_0 : \lambda_i(t) = \lambda_i(t; \theta; \mathcal{I}_t)$, by performing the Kolmogorov-Smirnov (KS) test [38] on the null hypothesis that the residual process derived from $\lambda_i(t; \theta; \mathcal{I}_t)$ is unit Poisson. Table V shows the $p$-values of this test performed for each tail intensity -- $\lambda_{\leftarrow}$, $\lambda_{\rightarrow}$, and $\lambda_{\leftrightarrow}$ -- within both the training and forecasting periods. There are few rejections at the 95% significance level and there are no such rejections for tests performed on $\lambda_{\leftrightarrow}$. We note that, with one exception, the KS $p$-values under $\theta_{ci}$ are higher than under $\theta_{bi}$, supporting the conclusion in Section IIIA that the common intensity model is the optimal choice for the S&P 500 data set.

We complement the residual analysis of the arrivals processes with a residual analysis of the excess magnitudes. If the excesses $\{m_{k_{\leftrightarrow}}\}$ are distributed according to the conditional GPD specified in Eq. (9), then the residual excess magnitudes,

$$ E(m_{k_{\leftrightarrow}}) = \begin{cases} \xi_{\leftrightarrow}^{-1} \ln \left[ 1 + \xi_{\leftrightarrow} \frac{m_{k_{\leftrightarrow}}}{\sigma_{\leftrightarrow}(t_{k_{\leftrightarrow}})} \right], & \xi_{\leftrightarrow} \neq 0, \\ m_{k_{\leftrightarrow}}/\sigma_{\leftrightarrow}(t_{k_{\leftrightarrow}}), & \xi_{\leftrightarrow} = 0, \end{cases} $$

are approximately i.i.d. unit exponential random variables. In Fig. 5, we compare in the top and bottom panel, respectively, the left- and right-tail residual excess magnitudes for our extreme events under the model $\theta_{ci}$ to the unit exponential distribution. We observe a very good agreement between the two apart from in the vicinity of the median where the left-tail residuals cross.
Figure 5. Kolmogorov-Smirnov (KS) test for left- (top panel, light orange) and right-tail (bottom panel, dark blue) residual excess magnitudes for the S&P 500 extreme daily log-returns under $\theta_{ci}$ compared against the unit exponential distribution. The grey shaded areas show the 95% (lighter) and 99% (darker) KS confidence intervals.

Figure 6. Correlograms for the transformed residual interarrivals of S&P 500 extreme daily log-returns under $\theta_{ci}$; derived from $N_{\text{ci}}$ (top panel, light orange), $N_{\text{co}}$ (middle panel, dark blue), and $N_{\text{so}}$ (bottom panel, green). The grey shaded areas show the 95% (lighter) and 99% (darker) confidence intervals for $ACF_h = 0$, respectively.

The KS 99% confidence interval bounds. We attribute this to an underestimation of the left-tail conditional intensity $\lambda_{\text{ci}}$ (and, therefore, of the left-tail conditional scale parameter $\sigma_{\text{ci}}$) at the onset of high-activity clusters within the forecasting period. Notably, these clusters correspond to the Global Financial Crisis (2007-9) and the Covid-19 pandemic (2020). This result is consistent with there being additional sources of non-constant exogenous intensity that we have not accounted for here.

We investigate serial dependence within the residual interarrivals as a signal of systemic under- or over-forecasting. This has implications for the forecasting ability of the model in practice, but it could also herald additional dynamics within the true underlying arrival process that are not captured by the model. For this analysis, we transform the residual interarrivals from an expected unit exponential distribution to an expected unit normal distribution via the operation

$$N(\Delta \tau_{i,k_i}) = F_{\text{normal}}^{-1} F_{\text{expon}}(\Delta \tau_{i,k_i}) = \sqrt{2} \text{erf}^{-1}(1 - 2 \exp[-\Delta \tau_{i,k_i}]),$$

where $\text{erf}^{-1}$ is the inverse error function. Thus, if the exceedance event at time $t_{k_i}$ is under-forecast (i.e. arrived sooner than expected) by the model, then $N(\Delta \tau_{i,k_i}) < 0$.

Fig. 6 shows that, over the full data sample, there is negligible autocorrelation within the normalized residual interarrivals under $\theta_{ci}$ (and, therefore, under $\theta_{bi}$). Conversely, Fig. 7 shows peaks of statistically significant localized autocorrelation. For the residual interarrivals of $N_{\text{co}}$, three notable peaks of positive lag-1 autocorrelation are observed: these follow the high-activity clusters corresponding to the 1973-4 stock market crash, Black Monday (1987), and the Global Financial Crisis (2007-9). We infer this to be a signal of systemic overestimation of the conditional intensity (i.e. systemic over-forecasting) in the latter stages of high activity regimes. We speculate that this is also a consequence of neglecting significant additional sources of non-constant exogenous intensity at the start of these regimes: without these sources, all excess intensity must be attributed to endogenous self-excitement alone; this leads to an overestimation of the branching matrix elements, which then works against the relaxation of the conditional intensity at the end of high activity clusters. Rather than being the mechanism by which the system reaches the excited state, self-excitement may more so be the mechanism by which the excited state persists, having been initially instigated by a sudden increase in exogenous intensity corresponding to either impactful news or other complex dynamics within the market.

IV. SUMMARY

We have developed a two-tailed peaks-over-threshold Hawkes model that captures asymmetric self- and cross-excitation between the left- and right-tail extremes based upon a common conditional intensity. Such a model provides a way to measure and describe self-exciting processes with more than one mutually exclusive but interacting types of extreme behaviours. When compared
Figure 7. Rolling-window (length 50) lag-1 autocorrelation for transformed residual interarrivals of extreme S&P 500 daily log returns under $\theta_{ci}$; derived from $N_{\rightarrow}$ (top panel, light orange), $N_{\leftarrow}$ (top panel, dark blue) and $N_{\leftrightarrow}$ (bottom panel, green). The grey shaded areas show the 95% (lighter) and 99% (darker) confidence intervals for ACF_{1|50} = 0, respectively; the vertical black line marks the end of the training period on 2008-09-01.

By accounting for asymmetric interactions between the tails, our model finds that, for the S&P 500 daily log-returns, extreme losses trigger on average more than twice as many daughter events as do extreme gains. The excitation from losses is also found to decay more than four times as quickly as that from gains. While the former of these asymmetries can be explained by invoking the GJR-GARCH leverage effect, the latter is a novel insight of the 2T-POT Hawkes model that provides evidence for the leverage effect being more pronounced at shorter timescales. The greater, more immediate impact of losses is consistent with the greater psychological weight assigned to them by human agents, i.e. this result reflects a negativity bias wherein negative events generally provoke a stronger response than equivalent positive events [31, 32].

Beyond the demonstrated application to financial data, we anticipate possible extensions of our model to other drift-diffusion-like processes in which a clustering of extreme fluctuations is observed.

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**Appendix A: Volatility clustering and leverage effect**

When exceedance events are defined against fixed thresholds, a clustering of exceedance arrivals can arise as a consequence of non-constant variance in $x_t$. Volatility clustering is a stylized fact of financial returns: it states that the standard deviation of log-returns (known as the volatility) is non-constant and exhibits significant positive autocorrelation. Another stylized fact – the leverage effect – states that volatility increases when returns become more negative [34, 35]. This Appendix examines whether the asymmetric self-excitement reported in this paper can be attributed to these well-established features of financial data.

GARCH models have become the standard model for log-returns in financial engineering due to their parsimonious description of these two stylized facts [34]. These models take the form of a conditional volatility process where log-returns are generated as

$$x_t = \mu + \sigma_t \epsilon_t,$$  \hspace{1cm} (A1)
where $\mu$ is the unconditional mean, $\sigma_t$ is the conditional volatility, and $\epsilon_t$ is random noise drawn from a parametric distribution with zero mean and unit variance. In the GARCH($p, o, q$) model, the conditional variance $\sigma_t^2$ is described by an autoregressive moving average (ARMA) process

$$\sigma_t^2 = \omega + \sum_{i=1}^{p} \alpha_i (\sigma_{t-i} - \epsilon_{t-i})^2 + \sum_{j=1}^{q} \beta_j \sigma_{t-j}^2 + \sum_{k=1}^{o} \gamma_k (\sigma_{t-k} - \epsilon_{t-k})^2 I_{t-k},$$

(A2)

where $\omega$ is the minimum conditional variance and $\{\alpha_i, \beta_j, \gamma_k\}$ are the ARCH coefficients. When $o \neq 0$, Eq. (A2) is a GJR-GARCH model [47] that accounts for the leverage effect through the indicator function

$$I_t = \begin{cases} 1, & \epsilon_t < 0, \\ 0, & \epsilon_t \geq 0, \end{cases}$$

(A3)

If the data $x_t$ is generated by the specified conditional volatility model, then the normalized residuals $z_t$ are i.i.d. unit white noise, i.e.

$$z_t = F_{\text{normal}}^{-1}(F_{\epsilon_t}[(x_t - \mu) / \sigma]) \sim \mathcal{N}(0, 1).$$

(A4)

In this Appendix, we consider the GARCH($p = 1, o, q = 1$) model with $(o = 1)$ and without $(o = 0)$ the leverage effect. Hereafter, we label variants of this model as $G(o, \cdot)$, where the second argument is a letter specifying the parametric error distribution: $\mathcal{N}$ denotes the unit normal distribution [$\epsilon_t \sim \mathcal{N}(0, 1)$] and $t$ denotes the unit Student's $t$ distribution [$\epsilon_t \sim t(0, 1, \nu)$] [34].

To examine whether the asymmetric self-excitement of S&P 500 log-returns reported in this paper can be attributed to volatility clustering and the GJR-GARCH leverage effect alone, we fit the 2T-POT Hawkes model to the normalized residuals of four GARCH models – $G(0, \mathcal{N})$, $G(0, t)$, $G(1, \mathcal{N})$, and $G(1, t)$ – fitted to the S&P 500 daily log-returns from 1959-10-02 to 2008-09-01.

Table VI. GARCH model parameter estimates ($\pm$ standard errors) and AIC penalized deviance for the S&P 500 daily log-returns from 1959-10-02 to 2008-09-01.

| Parameter | $G(0, \mathcal{N})$ | $G(0, t)$ |
|-----------|---------------------|-----------|
| $\mu$     | $(4.5 \pm 0.6) \times 10^{-4}$ | $(4.8 \pm 0.6) \times 10^{-4}$ |
| $\omega$  | $(6.1 \pm 0.9) \times 10^{-5}$ | $(4.8 \pm 0.9) \times 10^{-5}$ |
| $\alpha_1$| $(8.0 \pm 0.5) \times 10^{-2}$ | $(7.0 \pm 0.5) \times 10^{-2}$ |
| $\beta_1$ | $(9.2 \pm 0.0) \times 10^{-1}$ | $(9.3 \pm 0.1) \times 10^{-1}$ |
| $\gamma_1$| $(7.5 \pm 0.5)$ | $(8.0 \pm 0.5)$ |
| AIC       | 29402.3             | 28832.5   |

| Parameter | $G(1, \mathcal{N})$ | $G(1, t)$ |
|-----------|---------------------|-----------|
| $\mu$     | $(3.0 \pm 0.6) \times 10^{-4}$ | $(3.7 \pm 0.6) \times 10^{-4}$ |
| $\omega$  | $(7.3 \pm 1.0) \times 10^{-5}$ | $(5.5 \pm 0.9) \times 10^{-5}$ |
| $\alpha_1$| $(3.1 \pm 0.4) \times 10^{-2}$ | $(2.7 \pm 0.4) \times 10^{-2}$ |
| $\gamma_1$| $(8.4 \pm 0.7) \times 10^{-2}$ | $(8.2 \pm 0.8) \times 10^{-2}$ |
| $\beta_1$ | $(9.2 \pm 0.0) \times 10^{-1}$ | $(9.3 \pm 0.0) \times 10^{-1}$ |
| $\nu$     | $8.0 \pm 0.5$ | $8.0 \pm 0.5$ |
| AIC       | 29199.0             | 28679.6   |

Figure 8. Normal quantile plot of the S&P 500 GARCH normalized residuals $z_t$ in the training period (1959-10-02 to 2008-09-01) under $G(0, \mathcal{N})$ (dark blue) and $G(0, t)$ (light grey). The exceedance thresholds (black, dashed) approximately coincide with the visual divergence of the training period residuals from the unit normal distribution $\mathcal{N}(0, 1)$ (red).
Note that there is significant disagreement in the parameters across the different GARCH variants from which the residual series are derived. This recalls the point in Section III, namely that the residual exceedance events are highly sensitive to the assumptions of the chosen conditional volatility model, and, as a consequence, so is the fitting of a POT Hawkes model on the GARCH residuals.

We also use the fitted conditional volatility models to simulate log-returns. Using each GARCH model specified in Table VI, we generated 50 series of length equal to the original S&P 500 training data (12311), then fit the 2T-POT Hawkes model to each of these simulated series. Table VII compares the average parameter values for the simulated data against those for the S&P 500 daily log-returns. Without the leverage parameter

2 When $\alpha = 1$, $\beta^{-1}_{d1}$ is found to be of the order $10^3 d_t$, meaning that the average daughter event occurs almost four years after the mother event. This does not describe clustering, instead the model is reflecting a long timescale variation that is not naturally described by a Hawkes-type self-exciting process.
Table VIII. Fitted parameters (± standard errors) for the 2T-POT Hawkes bivariate model $\Theta_{bi}$ fitted to S&P 500 daily log-returns $x_t|\text{S&P 500}$ and 50 simulated series of log-returns from the GARCH models $x_t|G(0,N)$, $x_t|G(0,t)$, $x_t|G(1,N)$, and $x_t|G(1,t)$.

| Parameter | $x_t|\text{S&P 500}$ | $x_t|G(0,N)$ | $x_t|G(0,t)$ | $x_t|G(1,N)$ | $x_t|G(1,t)$ |
|-----------|------------------|--------------|--------------|--------------|--------------|
| $u_{\leftarrow}$ | $-1.840 \times 10^{-2}$ | $(-2.4 \pm 0.3) \times 10^{-2}$ | $(-2.0 \pm 0.3) \times 10^{-2}$ | $(-2.0 \pm 0.7) \times 10^{-2}$ | $(-1.8 \pm 0.3) \times 10^{-2}$ |
| $u_{\rightarrow}$ | $1.872 \times 10^{-2}$ | $(2.4 \pm 0.3) \times 10^{-2}$ | $(2.1 \pm 0.3) \times 10^{-2}$ | $(2.1 \pm 0.8) \times 10^{-2}$ | $(1.8 \pm 0.2) \times 10^{-2}$ |
| $\mu_{\leftarrow}/d_t^{-1}$ | $(4.9 \pm 1.2) \times 10^{-3}$ | $(2.3 \pm 0.3) \times 10^{-2}$ | $(2.3 \pm 0.3) \times 10^{-2}$ | $(1.3 \pm 0.2) \times 10^{-2}$ | $(1.3 \pm 0.3) \times 10^{-2}$ |
| $\mu_{\rightarrow}/d_t^{-1}$ | $(3.1 \pm 0.8) \times 10^{-3}$ | $(2.2 \pm 0.3) \times 10^{-2}$ | $(2.2 \pm 0.3) \times 10^{-2}$ | $(3.2 \pm 0.3) \times 10^{-2}$ | $(3.3 \pm 0.3) \times 10^{-2}$ |
| $\gamma_{\leftarrow}$ | $(5.8 \pm 0.7) \times 10^{-1}$ | $(4.2 \pm 0.6) \times 10^{-1}$ | $(4.1 \pm 0.7) \times 10^{-1}$ | $(6.2 \pm 0.6) \times 10^{-1}$ | $(6.1 \pm 0.7) \times 10^{-1}$ |
| $\gamma_{\rightarrow}$ | $(2.2 \pm 0.8) \times 10^{-1}$ | $(4.6 \pm 0.7) \times 10^{-1}$ | $(4.3 \pm 0.6) \times 10^{-1}$ | $(2.0 \pm 0.5) \times 10^{-1}$ | $(1.9 \pm 0.7) \times 10^{-1}$ |
| $\nu_{\leftarrow}$ | $(6.0 \pm 0.6) \times 10^{-1}$ | $(4.4 \pm 0.7) \times 10^{-1}$ | $(4.3 \pm 0.7) \times 10^{-1}$ | $(6.4 \pm 0.7) \times 10^{-1}$ | $(6.5 \pm 0.7) \times 10^{-1}$ |
| $\nu_{\rightarrow}$ | $(2.8 \pm 0.6) \times 10^{-1}$ | $(4.3 \pm 0.7) \times 10^{-1}$ | $(4.1 \pm 0.6) \times 10^{-1}$ | $(1.9 \pm 0.5) \times 10^{-1}$ | $(1.6 \pm 0.6) \times 10^{-1}$ |
| $\beta_{\leftarrow}/d_t^{-1}$ | $(7.4 \pm 1.0) \times 10^{-2}$ | $(5.3 \pm 0.9) \times 10^{-2}$ | $(4.4 \pm 0.8) \times 10^{-2}$ | $(5.5 \pm 1.4) \times 10^{-2}$ | $(4.7 \pm 1.5) \times 10^{-2}$ |
| $\beta_{\rightarrow}/d_t^{-1}$ | $(1.7 \pm 0.4) \times 10^{-2}$ | $(5.0 \pm 0.9) \times 10^{-2}$ | $(4.4 \pm 0.8) \times 10^{-2}$ | $(5.5 \pm 1.4) \times 10^{-2}$ | $(4.7 \pm 1.5) \times 10^{-2}$ |
| $\lambda_{\leftarrow}$ | $(2.2 \pm 0.6) \times 10^{-1}$ | $(-1.5 \pm 0.6) \times 10^{-1}$ | $(1.3 \pm 0.6) \times 10^{-1}$ | $(-1.4 \pm 0.6) \times 10^{-1}$ | $(1.4 \pm 0.5) \times 10^{-2}$ |
| $\lambda_{\rightarrow}$ | $(-3.1 \pm 7.4) \times 10^{-2}$ | $(-1.3 \pm 0.6) \times 10^{-1}$ | $(1.9 \pm 5.9) \times 10^{-2}$ | $(-1.4 \pm 0.7) \times 10^{-1}$ | $(2.0 \pm 7.2) \times 10^{-2}$ |
| $\lambda_{\leftarrow}$ | $(3.8 \pm 0.5) \times 10^{-3}$ | $(3.8 \pm 0.7) \times 10^{-3}$ | $(4.6 \pm 0.9) \times 10^{-3}$ | $(3.6 \pm 1.2) \times 10^{-3}$ | $(4.1 \pm 0.7) \times 10^{-3}$ |
| $\lambda_{\rightarrow}$ | $(3.4 \pm 0.6) \times 10^{-3}$ | $(3.8 \pm 0.8) \times 10^{-3}$ | $(4.6 \pm 0.8) \times 10^{-3}$ | $(3.3 \pm 0.6) \times 10^{-3}$ | $(4.0 \pm 0.8) \times 10^{-3}$ |
| $\eta_{\leftarrow}$ | $(5.2 \pm 0.8) \times 10^{-2}$ | $(7.7 \pm 1.9) \times 10^{-2}$ | $(6.3 \pm 1.5) \times 10^{-2}$ | $(7.0 \pm 7.1) \times 10^{-2}$ | $(5.4 \pm 1.7) \times 10^{-2}$ |
| $\eta_{\rightarrow}$ | $(3.6 \pm 2.0) \times 10^{-1}$ | $(7.4 \pm 1.9) \times 10^{-2}$ | $(6.1 \pm 1.7) \times 10^{-2}$ | $(7.1 \pm 7.3) \times 10^{-2}$ | $(5.5 \pm 1.5) \times 10^{-2}$ |
| $\alpha_{\leftarrow}$ | $(2.2 \pm 3.6)$ | $1.0 \pm 0.7$ | $9.0 \pm 24.2$ | $1.1 \pm 1.6$ | $1.5 \pm 0.8$ |
| $\alpha_{\rightarrow}$ | $2.2 \pm 3.6$ | $1.0 \pm 0.7$ | $9.0 \pm 24.2$ | $6.1 \pm 20.4$ | $(2.5 \pm 4.3) \times 10^{1}$ |

(o = 0) the conditional volatility models are fully symmetrical with respect to the 2T-POT model (i.e. they are naturally described by $\Theta_{bi}$). The introduction of the leverage parameter (o = 1) introduces asymmetries in $\mu$ and $\Gamma$ that match with those seen in the original S&P 500 data, meaning that the asymmetries in the background arrival rates and the branching matrix may be generated by the GJR-GARCH leverage effect. However, the asymmetries in the decay constant $\beta$ and GPD tail shape parameter $\ell$ observed in the original data are not reproduced by any conditional volatility model: here, the 2T-POT model detects an aspect of the data generating process that cannot be attributed to the volatility clustering or the leverage effect as described by GARCH-type models. Instead, the asymmetry in $\beta$ suggests a more complex version of the leverage effect, whereby the greater impact of losses on volatility is more pronounced over shorter timescales.

**Appendix B: Maximum likelihood (ML) estimation**

The parameters of the 2T-POT Hawkes models are found through maximum likelihood (ML) estimation. The log-likelihood under the parameters $\Theta$ over the data $I_t$ is

$$
\ell(\Theta|I_t) = \sum_i - \int_0^t \lambda_i(t'|\Theta; I_t) dt' + \sum_{k_i} \ln \lambda_i(t_k|\Theta; I_t) + \ln f_i(m_k|t_k),
$$

(B1)

where $i \in \{\leftarrow, \rightarrow\}$ for the bivariate model and $i \in \{\leftrightarrow\}$ for the common intensity model [25].

We use the L-BFGS-B algorithm [50, 51] to find the parameters that maximize Eq. (B1),

$$
\hat{\Theta}(I_t) = \arg \max_{\Theta} \ell(\Theta|I_t).
$$

(B2)

The standard errors of the parameter estimates, $\text{SE}_\hat{\Theta}$, are then obtained by finite difference approximation of the Hessian matrix. The estimated $\hat{\Theta}$ and $\text{SE}_\hat{\Theta}$ are shown in Tables I and II; the corresponding deviances, $-2\ell(\hat{\Theta}|I_t)$, are given in Table III under the training period columns.

We demonstrate the reliability of this procedure by comparing the estimated values and standard errors of the parameters against a Bayesian Markov chain Monte Carlo (MCMC) exploration of the parameter space using the No-U-Turn sampler in PyMC3 [52]. As shown in Fig. 10, the Bayesian posterior distributions clearly converge to the estimates and standard errors found via our numerical optimization procedure.
Figure 10. Bayesian Markov chain Monte Carlo (MCMC) exploration of the $\theta_s$ parameter space for extreme S&P 500 daily log-returns. The upper-right off-diagonal panels show scatter plots of the trace in two-parameter sub-spaces; the lower-left off-diagonal panels show the sample correlations between these parameter pairs. The diagonal panels show the distributions of the L-BFGS-B parameter estimates and standard errors (light green), the Bayesian prior (blue), and a kernel density estimate of the trace (dark blue, dashed) along with its median (vertical, red) and 95% confidence interval (vertical, black).

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