Abstract. Although forkhead box protein M1 (FOXM1) is markedly upregulated in human premalignant and oral squamous cell carcinoma (OSCC) tissues and cultured cells, the association of FOXM1 expression with OSCC prognosis is not well understood. The present study investigated the possible association of FOXM1 expression in patients with OSCC with their clinicopathological characteristics and clinical outcomes. The expression of FOXM1 protein in OSCC tissues from 119 patients was evaluated by immunohistochemistry, and the results demonstrated that FOXM1 overexpression in patients with OSCC was associated with tumour recurrence and poor prognosis. To study the in vitro effects of FOXM1, its expression was decreased by small interfering RNA (siRNA) in OSCC cell lines, and FOXM1 knockdown decreased the proliferative, migratory and invasive capacities of cells. FOXM1 inhibition by siRNA gave rise to reduced expression of vimentin and increased expression of E-cadherin. The present study reported FOXM1 as a novel predictor of tumour recurrence in patients with OSCC and its potential involvement in epithelial-mesenchymal transition in OSCC cells.

Introduction

Oral squamous cell carcinoma (OSCC) is among the 10 most common cancer types worldwide and represents ~90% of malignant tumours in the oral cavity (1). Although considerable advances in oral cancer detection, prevention and treatment have been made over the past 20 years, the 5-year survival rate of OSCC remains ~50% (2,3). OSCC treatment failures are primarily caused by local/regional tumour recurrence, and postoperative tumour recurrence leads to poor prognosis and poor quality of life. An improved understanding of the mechanism of local recurrence may lead to the development of new diagnostic and prognostic criteria and novel therapeutic targets.

According to the World Health Organization (WHO) lineage of origin classification, the transcription factor forkhead box (FOX) protein M1 (FOXM1) belongs to the FOX protein family (4,5). FOXM1 serves important roles in cell cycle progression and mitosis during embryonic development and in adult tissue homeostasis, and recent studies have indicated that FOXM1 serves a pivotal role in the development and evolution of a number of human cancer types (6-9). FOXM1 is not only a key cell cycle regulator, but is also critical to tumorigenesis, tumour aggressiveness and metastasis (4,10-12). The upregulation of FOXM1 has been identified in cancer, including lung cancer, basal cell carcinoma, pancreatic cancer, and head and neck squamous cell carcinoma (HNSCC) (13,14). Notably, in breast cancer, gastric cancer and laryngeal squamous cell carcinoma, high expression of FOXM1 is associated with poor prognosis (15-17). Although FOXM1 is markedly upregulated in HNSCC tissues and cultured cells, the association of FOXM1 expression with OSCC prognosis has yet to be fully elucidated.

The present study examined the expression of FOXM1 in 119 primary OSCCs by immunohistochemistry (IHC) and analysed its potential associations with clinical and pathological characteristics.

Patients and methods

Patients and specimens. All 119 patients with stage I-IV OSCC included in the present study were initially diagnosed and treated at the Department of Oral and Maxillofacial Surgery, Affiliated Stomatological Hospital of Nanjing Medical University (Nanjing, China), between January 2005 and December 2008. None of the patients received correlative treatment prior to the first pathological examination. All patients

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FOXM1 is a novel predictor of recurrence in patients with oral squamous cell carcinoma associated with an increase in epithelial-mesenchymal transition

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were diagnosed as SACC according to clinical and pathological examination and underwent radical resection without any previous radiation or chemotherapy. The tumours were diagnosed based on the International Union Against Cancer tumour size, nodal metastasis and distant metastasis (TNM) classification (18). The histological results were confirmed based on the WHO definitions of the tumour types. Following diagnosis, all the patients underwent radical surgery. To evaluate postoperative conditions, the patients were re-examined every 3 months for the first 2 years and every 6 months for the next 3 years. The present study was performed with permission from the ethical committee of the Affiliated Stomatological Hospital of Nanjing Medical University. Informed consent was obtained from each patient. The follow-up period was 3-81 months (mean, 37.3 months). Local recurrence following surgery was confirmed by pathological biopsy.

Assessment of FOXM1 expression in OSCC by IHC. The tissues were fixed in formalin overnight at 4°C, embedded in paraffin and cut into 4-μm sections. The sections were deparaffinized through a graded alcohol series and incubated in 3% H2O2 at room temperature for 20 min to block endogenous peroxidases. The sections were microwaved in citrate buffer (pH 6.0) for 20 min for antigen retrieval and subsequently incubated with 1% bovine serum albumin (BSA; Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) in phosphate-buffered saline (PBS) for 1 h at room temperature to block nonspecific binding. The sections were incubated overnight at 4°C with anti-FOXM1 (rabbit polyclonal antibody; 1:500; ab55006; Abcam, Cambridge, UK) and anti-cytokeratin 8/18 (1:200; Dako, Glostrup, Denmark) and rinsed a number of times with PBS, and sections incubated with 1% BSA were used as negative controls. Following sequential incubation with the corresponding anti-rabbit secondary antibodies (1:200; ab207298; Abcam) for 30 min at 37°C and avidin-biotin-peroxidase reagent for 30 min, the signals were visualized using a diaminobenzidine staining kit (DakoCyptomation; Agilent Technologies, Inc., Santa Clara, CA, USA) for 3 min at room temperature. The OSCC tissue sections were subsequently counterstained with 0.5% haematoxylin for 5 min at room temperature.

The immunoreactivity of FOXM1 was assessed based on the cytoplasmic and nuclear staining. The staining intensity was categorized as follows: 0, negative; 1, weak; 2, moderate; and 3, intense. A score based on the proportion of cells with positive expression was obtained according to the following criteria: 0, 0; 1, 1-10; 2, 11-50; and 3, >50%. The staining intensity was multiplied by the proportion scores to obtain a comprehensive score. Comprehensive scores exceeding 5 represented high FOXM1 expression, whereas other scores indicated low FOXM1 expression. The scores of the different cases were analysed independently by two pathologists who had no knowledge of the clinical data. In almost all cases, the differences between the scores of each pathologist were <10%.

Cell culture. The human OSCC cell lines HN4, HN6, HN12, Tca-811 and SCC-22B (generously provided by Shanghai Ninth People's Hospital, Shanghai, China), which had been used in previous study (19-23). HN4, HN6, HN12, Tca-811 and SCC-22B and Cal-27 (purchased from American Type Culture Collection, Manassas, VA, USA) were incubated in Dulbecco's modified Eagle's medium (DMEM, Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) containing 10% foetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.) at 37°C in a 5% CO2 incubator.

Small interfering RNA and transfection. The FOXM1 small-interfering RNA (siRNA) sequence was designed according to a previous publication (24): 5'- GGACACUCU UUCCCUACUUU GDTT (sense) and 5'- AAAGUAGGGA AAAGUUGC DTTT (antisense). The sequences of the scrambled siRNA were 5'- UUUCUGAAGCUGUCAGC UGDTT (sense) and 5'- AGGUGACGCC UCGGAGAAT DT-3 (antisense). RNA oligonucleotides were purchased from Shanghai GenePharma Co., Ltd. (Shanghai, China). 3 μl Lipofectamine2000 (Invitrogen; Thermo Fisher Scientific, Inc.) was used for the transfection of the 100 pmol siRNAs per six-well plate in accordance with the manufacturer's protocol.

Cell proliferation assay. Briefly, the cells were transiently transfected with scrambled siRNA and FOXM1 siRNA and, 24 h later, the cells were plated in 96-well plates (5x103 cells/well) and incubated for 72 h at 37°C. The cells were fixed with 50 μl of 50% pre-cooled trichloroacetic acid per well at 4°C for 1 h and washed five times with PBS. The cells were stained with 100 μl of 0.4% sulforhodamine B (SRB) solution (Sigma-Aldrich; Merck KGaA) per well for 15 min at room temperature and washed five times with 1% acetic acid. Protein-bound SRB was mixed with 150 μl of 10 mmol/l Tris-based solution and agitated for 5 min. The optical densities at 560 nm of the samples in six parallel wells were measured using a multi-well spectrophotometer (VERSAmax, Molecular Devices, LLC, Sunnyvale, CA, USA).

Wound healing assay. OSCC cells were plated in a six-well plate and FOXM1 was knocked down. After 24 h, the cells were seeded in 24-well plates in 10% serum-containing media, incubated until they reached 100% confluence, serum-starved for 1 day and wounded with a 200-μl plastic tip. The cells were washed three times with sterile PBS to remove the floating cells and incubated for 24 h. The same wound areas were observed and imaged under a light microscope (magnification, x200; Leica Microsystems GmbH, Wetzlar, Germany) at 0 and 24 h.

Cell migration assay. OSCC cells were plated in a six-well plate and FOXM1 was knocked down. After 24 h, cell suspensions were prepared and counted. Subsequently, 5x104 cells in 100 μl of serum-free media were seeded in each upper chamber of the Transwell inserts (10-μm thickness and 8-μm pore size), and 600 μl of DMEM with 10% FBS was added to each lower chamber. The cells were cultured in 24-well Transwell chambers for 12 and 72 h at 37°C in an atmosphere of 5% CO2, and the cells from the upper chamber were gently removed. All the cells that had invaded the lower chamber were washed with 5% glutaraldehyde 30 min at room temperature and stained with 0.1% crystal violet for 3 min at room temperature. The stained cells were observed using an inverted microscope (magnification, x200) and repeatedly counted three times.

Western blot analysis. OSCC cells were plated in six-well plates and FOXM1 was knocked down. The cells were
To study the association between FOXM1 expression and clinicopathological features. Results indicate a statistically significant difference.

In vitro

The protein concentrations were determined using a bicinchoninic acid protein assay. The 50 µg protein samples per lane were separated by 10% SDS-PAGE and transferred onto nitrocellulose filter membranes. The membranes were blocked in freshly prepared PBS containing 5% non-fat dried milk for 2 h at room temperature. The blots were subsequently probed with primary antibodies specific for FOXM1, E-cadherin, vimentin and β-actin (1:1,000; ab55006, ab1416, ab45939 and ab8226 respectively; Abcam,) over-night at 4°C. The membranes were washed three times with PBS-0.05% Tween 20 and incubated with the corresponding secondary antibodies (1:1,000; ab6940; Abcam) for 1 h at room temperature. The blots were subsequently incubated in the dark for enhanced chemiluminescence and visualized through exposure to ECL reagents (GE Healthcare, Chicago, IL, USA).

Statistical analysis. Data were tabulated, and statistical analyses were performed using SPSS 22.0 statistical software (IBM Corp., Armonk, NY, USA). The statistical significance between all comparisons of clinicopathological features was examined using χ2 analysis. The time from the first diagnosis date to the date of mortality or the last day of the follow-up assessment was plotted as the overall survival time. The period from therapy to local recurrence or metastasis was considered the period of disease-free survival. The survival rate curves were analysed using the Kaplan-Meier method, and the log-rank test was used to evaluate the significance of the differences. The significance of variables for survival rates was analysed using the Cox proportional hazards model in univariate and multivariate analyses. The data from the in vitro studies were assessed through unpaired Student's t-tests. Each assay was conducted in triplicate and repeated three times. All the cases were two-sided and presented as the mean ± standard deviation, and P<0.05 was considered to indicate a statistically significant difference.

Results

FOXM1 expression in OSCC and clinicopathological features. To study the association between FOXM1 expression and clinicopathological characteristics, the expression of FOXM1 in 119 primary OSCC samples was assessed by IHC. All positive cases demonstrated clear nuclear localization of FOXM1 protein (Fig. 1). Among the 119 tumours analysed, 63 (52.94%) demonstrated high FOXM1 expression and the others exhibited low expression. Collectively, the levels of FOXM1 expression and their association with clinicopathological characteristics are summarized in Table I. Among the 119 patients included in the present study, 28 (23.7%) experienced local recurrence following surgery, and 20 of the 28 (71.4%) patients who experienced local recurrence exhibited high FOXM1 expression. Among the 91 patients who did not experience recurrence, 47.25% (43/91) had high expression levels of FOXM1. Statistically, high expression of FOXM1 was significantly associated with recurrence following surgery (P=0.025; n=119). No significant association was identified between the FOXM1 protein level and other clinicopathological characteristics, including age at diagnosis, sex, tumour size, clinical TNM classification, pathological grade, cancer location, or lymph and distant metastasis.

FOXMI expression and survival rates. To determine the association between FOXM1 protein expression and prognostic markers in patients with OSCC, the overall and disease-free survival rates of patients with OSCC were analysed using the log-rank test, and the trends were assessed using the Kaplan-Meier method (Fig. 2). The survival rates of patients with OSCC following radical surgery were computed. During a median follow-up time of 37.3 months (range, 3-81 months), 28 patients (23.53%) succumbed to their diseases. Of these 28 patients who succumbed to OSCC, three patients (10.7%) demonstrated low FOXM1 protein levels, whereas 25 patients (89.3%) had high FOXM1 protein levels. The survival rate analysis demonstrated that FOXM1 expression was significantly associated with the overall (log-rank, P=0.009) and disease-free survival rates of patients with OSCC (log-rank, P=0.005).

Next, univariate survival rate analysis was performed to evaluate the independent prognostic factors of tumour recurrence, including TNM classification (P=0.033), lymphatic metastasis (P=0.028), distant metastasis (P=0.002) and FOXM1 expression (P=0.027; Table II). Multivariate survival rate analysis was performed to evaluate the independent prognostic factors of tumour recurrence, and distant metastasis and FOXM1 were identified to be independent prognostic factors of tumour recurrence in patients with OSCC (Table III).
Table I. Association between FOXM1 and patient characteristics.

| Characteristic                        | Low FOXM1 expression (n=56) | High FOXM1 expression (n=63) | χ²  | P-value |
|---------------------------------------|-----------------------------|-------------------------------|-----|---------|
| Age at diagnosis                      |                             |                               |     |         |
| <60 years                             | 33                          | 28                            | 2.489 | 0.115   |
| ≥60 years                             | 23                          | 35                            |     |         |
| Sex                                   |                             |                               |     |         |
| Female                                | 26                          | 28                            | 0.047 | 0.828   |
| Male                                  | 30                          | 35                            |     |         |
| Tumour size                           |                             |                               |     |         |
| <2 cm                                 | 10                          | 7                             | 1.739 | 0.419   |
| ≥2 cm, <4 cm                          | 33                          | 36                            |     |         |
| ≥4 cm                                 | 13                          | 20                            |     |         |
| TNM classification                    |                             |                               |     |         |
| I or II                               | 30                          | 28                            | 0.988 | 0.320   |
| III or IV                             | 26                          | 35                            |     |         |
| Lymphatic metastasis                  |                             |                               |     |         |
| With                                  | 20                          | 29                            | 1.303 | 0.254   |
| Without                               | 36                          | 34                            |     |         |
| Distant metastasis                    |                             |                               |     |         |
| With                                  | 3                           | 8                             | 1.905 | 0.168   |
| Without                               | 53                          | 55                            |     |         |
| Local recurrence                      |                             |                               |     |         |
| With                                  | 8                           | 20                            | 5.023 | 0.025   |
| Without                               | 48                          | 43                            |     |         |
| Histological grading                  |                             |                               |     |         |
| Grade I                               | 33                          | 37                            | 0.930 | 0.628   |
| Grade II                              | 18                          | 23                            |     |         |
| Grade III                             | 5                           | 3                             |     |         |
| OSCC location                         |                             |                               |     |         |
| Tongue                                | 18                          | 27                            | 1.895 | 0.595   |
| Buccal                                | 16                          | 14                            |     |         |
| Gingiva                               | 11                          | 13                            |     |         |
| Other (e.g., hard palate or mouth floor) | 11                        | 9                             |     |         |

FOXM1, forkhead box protein M1; TNM, tumour, node and metastasis; OSCC, oral squamous cell carcinoma.

Figure 2. FOXM1 expression significantly correlates with reduced OSCC patient survival. Kaplan-Meier curves of (A) overall and (B) disease-free survival rates of oral squamous cell carcinoma patients with low and high FOXM1 expression. FOXM1, forkhead box protein M1.
Knockdown of FOXM1 expression by siRNA decreases the proliferation and migration of OSCC cells. To assess whether FOXM1 enhances the malignant phenotypes of OSCC cells, the HN12 and Cal-27 cell lines were selected as the cell models in our preliminary experiments because they highly expressed FOXM1 among certain other cell lines, including HN4, HN6, Tca-811 and SCC-22B (data not shown). FOXM1 siRNA was transiently transfected into two OSCC-derived cell lines, HN12 and Cal-27, the two of which express high FOXM1 protein levels, as demonstrated by western blot analysis (Fig. 3). The transfection of FOXM1 siRNA markedly decreased FOXM1 expression in HN12 and Cal-27 cells (Fig. 3).

The inhibition level of FOXM1 expression was associated with the proliferation of OSCC cells. The results of the present study demonstrated that the silencing of FOXM1 significantly reduced the cellular proliferative capacity compared with the negative control cells (Fig. 4A). The migratory capacity of OSCC cells following siRNA transfection was further examined using in vitro migration and wound-healing assays. As demonstrated in Fig. 4B, following FOXM1 knockdown, significantly lower numbers of HN12 and Cal-27 cells migrated through the Transwell membrane (P<0.01, respectively). The wound healing assay demonstrated that the healing capacity of HN12 and Cal-27 cells was reduced following transfection with FOXM1 siRNA (Fig. 5). These data demonstrated that the inhibition of FOXM1 led to decreased cancer cell proliferation and migration.

FOXM1 inhibition alters the expression of proteins involved in epithelial-mesenchymal transition (EMT) in OSCC cells. To better understand the molecular mechanisms through which FOXM1 contributes to cell migration, the expression levels of E-cadherin and vimentin protein in FOXM1-knockdown HN12 and Cal-27 cells were determined by western blot analysis. The knockdown of FOXM1 in OSCC cells by siRNA decreased the expression of vimentin and increased the expression of E-cadherin (Fig. 3). As E-cadherin and vimentin are the most important proteins associated with EMT, the results suggested that FOXM1 may regulate the mesenchymal phenotype of OSCC cells.

Discussion
FOXM1 serves an important regulatory role in a wide range of biological processes, including cell proliferation, cycle...
Figure 4. FOXM1 inhibition lowers cell proliferation and migration. (A) A sulforhodamine B assay was performed to evaluate the proliferative capabilities of HN12 and Cal-27 cells transfected with siFOXM1 or siNCtrl. (B) Transwell assays were performed to evaluate the migratory capabilities of HN12 and Cal-27 cells transfected with siFOXM1 or siNCtrl. Top panels: The migratory cells were stained using crystal violet and counted. Bottom panels: The results were quantified by calculating the OD of the crystal violet dye. The data in (A) and (B) are expressed as the mean ± standard deviation of three independent experiments. *P<0.05. FOXM1, forkhead box protein M1; si, small-interfering; OD, optical density; NCtrl, negative control.

Figure 5. Effect of FOXM1 knock-down on migration. Wound-healing assays were performed to evaluate the migratory capabilities of (A) HN12 and (B) Cal-27 cells transfected with siFOXM1 or siNCtrl. si, small-interfering; FOXM1, forkhead box protein M1; NCtrl, negative control.
progression, differentiation, DNA damage repair, tissue homeostasis, angiogenesis and apoptosis (25). The full gene expression profiles of various cancer types have independently and consistently identified FOXM1 as one of the most common highly expressed genes (13,14). A previous study reported that FOXM1 forms part of the set of genes that is upregulated in early tumour development (5). FOXM1 is associated with cancer initiation, progression and metastasis, and drug resistance (4,10-12). FOXM1 is also involved in tumorigenesis by stimulating cell proliferation and cell cycle progression. In oral cancer, FOXM1 and its expression are markedly associated with the tumorigenesis and prognosis of HNSCC (26).

FOXM1 induces tumour occurrence by accelerating human epithelial stem cell regeneration and withstanding differentiation. It has been reported that tobacco is a major risk factor for OSCC development, since the nicotine in tobacco may increase the differentiation of human oral keratinocytes induced by FOXM1 (5). FOXM1B induces correlated genomic variables, including genome-wide loss of heterozygosity (LOH) and copy-number variations, and FOXM1 target genes have been identified within recurrent LOH loci (27). It has been identified that FOXM1 may give methylome a tumour-like structure by prompting methylene recombination in primary human keratinocyte cells (5). However, the clinicopathological importance of FOXM1 in OSCC has not been sufficiently investigated.

In the present study, the expression level of FOXM1 protein was determined in order to better understand the association of FOXM1 expression in patients with OSCC with clinicopathological characteristics and prognosis. The majority (71.4%; 20/28) of the patients who experienced local tumour recurrence had high expression levels of FOXM1, whereas a lower proportion (43/91) of patients without recurrence demonstrated high FOXM1 expression. This result revealed that FOXM1 is markedly associated with local OSCC recurrence and survival rates in patients with OSCC. In vitro, the knockdown of FOXM1 not only decreased the proliferation, mobility and migration of OSCC cells, but also altered the expression of proteins involved in EMT.

EMT promotes the conversion of epithelial cells to migratory mesenchymal phenotypic cells by breaking junctions among cells, which leads to a low cell-cell adhesion capacity and high cancer aggressiveness (28,29). Tumour cells acquire migratory and invasive capabilities not only by reducing cell adhesions, but also by recombining the cytoskeleton and forming migratory protrusions (30). However, the formation of protrusions, the function of certain organelles and the cellular molecular mechanisms in the EMT process remain to be elucidated. The regulation of the EMT process includes low expression of E-cadherin, which is frequently identified in the majority of epithelial cancers, accompanied by high expression of vimentin, which serves as a marker of the mesenchymal phenotype (29). In the present study, OSCC cells presented a lower E-cadherin level and a higher vimentin level, indicating that patients with OSCC who require more radical therapies may have a poor prognosis. It was previously reported that grainyhead-like 2 regulates FOXM1 expression in OSCC, and thereby regulates homeostasis and cell proliferation (31). Zinc-finger E-box binding homeobox 1 (ZEB1) and other transcriptional regulators, including ZEB2/SIP1, snail family transcriptional repressor (Snail1), Snail2/Slug, twist family bHLH transcription factor 1 and transcription factor 3, have been identified to be crucial for the EMT process (32). FOXM1 overexpression induces the EMT process and acquisition of the cancer stem cell phenotype, and these effects may be partly regulated by microRNA-200b and easily attenuated by genistein (33). Hypoxia induces EMT in OSCC cells by triggering Notch signalling, and the inhibition of Notch signalling may result in enhanced anti-tumour effects (34). The inhibition of FOXM1 expression is able to directly downregulate the expression of a variety of tumour-promoting factors, including cyclin B1, cell division cycle 25 homologue B and survivin (35). These factors are usually the key factors in the signalling pathway, and the downregulation of their expression blocks the signalling pathway. The simultaneous inhibition of multiple signalling pathways to antagonize EMT may exert synergistic effects, and may benefit the treatment and prognosis of OSCC. The present study identified that FOXM1 may regulate EMT, but no significant association between FOXM1 expression and metastasis was observed, which may be due to the fact that FOXM1 expression was associated with local invasiveness of the tumours. Possible omissions of occult lymphatic metastasis in the pathology may also be a limitation. In addition, the sample size was small, and a larger sample analysis may be required.

The present study identified that FOXM1 may mediate the OSCC EMT phenotype. The siRNA-mediated knockdown of FOXM1 increased the E-cadherin level and decreased the vimentin level. The effect of FOXM1 on the EMT phenotype may be associated with local OSCC recurrence, and this finding warrants further investigation.

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Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions
XMZ and HMW conceived and designed the study and proofread the manuscript. YDL and XD wrote the manuscript and performed the experiments, statistical evaluations, and clinical studies. HMD, YNW and HQL performed the clinical studies and statistical evaluations. All the authors read and approved the final manuscript.
Ethics approval and consent to participate

The present study was performed with permission from the ethical committee of the Affiliated Stomatological Hospital of Nanjing Medical University. Informed consent was obtained from each patient.

Patient consent for publication

All patients gave written informed consent before participation in this study.

Competing interests

The authors declare that they have no competing interests.

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