Aerosol and nasal transmission of chronic wasting disease in cervidized mice

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Little is known regarding the potential risk posed by aerosolized prions. Chronic wasting disease (CWD) is transmitted horizontally, almost surely by mucosal exposure, and CWD prions are present in saliva and urine of infected animals. However, whether CWD may be transmissible by the aerosol or nasal route is not known. To address this question, FVB mice transgenetically expressing the normal cervid PrPC protein [Tg(cerPrP) mice] were exposed to CWD prions by either nose-only aerosol exposure or by drop-wise instillation into the nostrils. Mice were monitored for signs of disease for up to 755 days post-inoculation (p.i.) and by examination of tissues for lesions and PrPCWD after necropsy. In particular, nasal mucosa, vomeronasal organ, lungs, lymphoid tissue and the brain were assessed for PrPCWD by Western blotting and immunohistochemistry. Six of seven aerosol-exposed Tg(cerPrP) mice developed clinical signs of neurological dysfunction mandating euthanasia between 411 and 749 days p.i. In all these mice, CWD infection was confirmed by detection of spongiform lesions and PrPCWD in the brain. Two of nine intranasally inoculated Tg(cerPrP) mice also developed transmissible spongiform encephalopathy associated with PrPCWD between 417 and 755 days p.i. No evidence of PrPCWD was detected in CWD-inoculated Tg(cerPrP) mice examined at pre-terminal time points. These results demonstrate that CWD can be transmitted by aerosol (as well as nasal) exposure and suggest that exposure via the respiratory system merits consideration for prion disease transmission and biosafety.

INTRODUCTION

Chronic wasting disease (CWD) is an efficiently transmitted prion disease [transmissible spongiform encephalopathy (TSE)] affecting deer, elk and moose. Although discovered in Northern Colorado and Southern Wyoming, CWD has since been identified in 13 additional states, three Canadian providences and Korea (Dube et al., 2006; http://wildlifedisease.nbia.gov/documents/update%2094.pdf, 2009; Kim et al., 2005). CWD is unique as the only TSE that occurs in wild animal populations.

Available information indicates that CWD is transmitted by some horizontal means, most likely involving transmucosal entry (Miller & Williams, 2003; Sigurdson et al., 1999; Williams, 2005). CWD prions are known to be present in saliva and urine of infected cervids (Haley et al., 2009; Mathiasen et al., 2006) and excreted prions can contaminate the environment and persist for years, given that clay components of soil bind prion proteins with high affinity (Johnson et al., 2006). Exposure of the nasal or other respiratory mucosa via aerosolization or direct contact to CWD prions is sufficient to initiate infection and disease remains unproven, yet plausible. Precedent for nasal transmission of prion disease can be found in studies of experimental scrapie in sheep and mice and transmissible mink encephalopathy (TME) in hamsters (Hamir et al., 2008; Kincaid & Bartz, 2007; Sbriccoli et al., 2008).

Olfactory sensory nerve endings in the olfactory epithelium (Buck & Axel, 1991) of animals such as cervids are highly developed to monitor the environment, e.g. to locate food, predators and prey, and detect the pheromones initiating reproductive behaviours (Dulac, 2000; Thorne & Amrein, 2003). Reproductive cues in particular are detected by the Flehmen response that draws the trapped particulates into the vomeronasal organ (VNO), a specialized neurosensory region in the anterior nasal mucosa (Doving & Trotier, 1998). The Flehmen response and social nuzzling both provide opportunities for CWD prions to enter the nasal passages.

To determine directly whether CWD is transmissible by the respiratory route, cervid PrP-expressing transgenic mice
[Tg(CerPrP) mice] were exposed to CWD prions by aerosolization or intranasal (IN) instillation. We present evidence that exposure of the respiratory mucosa to CWD prions is sufficient to transmit the disease after long incubation periods.

RESULTS

Intracerebral (IC) exposure

All IC-inoculated mice exhibited clinical symptoms of CWD at 168±4 days post-inoculation (p.i.) and were euthanized. PrP<sub>CWD</sub> was detected in all positive controls by Western blot (WB) and immunohistochemistry (IHC), thus confirming the infectivity of the inoculum (data not shown).

Aerosol exposure

In our first aerosol exposure of Tg(cerPrP) mice, four of six CWD and three of six sham-exposed mice died within 0–6 days p.i. The cause of death was not determined with certainty. After modification to the exposure protocol no similar fatalities occurred. Of a total of the seven mice exposed to CWD by aerosol, six developed TSE between 411 and 749 days p.i. None of the sham-inoculated mice developed evidence of prion infection through 749 days p.i. of observation. Neurological signs, survival times, weight loss and development of TSE lesions (primarily neuronal loss/vacuolation and gliosis) within the brain for the aerosol-exposed mice are summarized in Table 1 and Fig. 1(a).

WB and IHC analysis of brains from the seven CWD-aerosol-exposed mice demonstrated PrP<sub>CWD</sub> in six of them (Figs 2a and 3a). All of the mice exposed by aerosol to CWD-negative control deer brain inoculum were negative for PrP<sub>CWD</sub> by WB (Fig. 2a, lanes 1 and 2) and IHC (Fig. 3b). IHC of the nasal passages, including the VNO, olfactory and respiratory epithelium, and nasal-associated lymphoid tissue (NALT), as well as the olfactory bulb of the brain and spleen, did not reveal PrP<sub>CWD</sub> (data not shown).

IN exposure

Nine of 12 Tg(cerPrP) mice exposed to CWD by IN inoculation survived past 250 days p.i. Two of these nine mice developed TSE at 422 and 498 days p.i., respectively. A summary of neurological signs, survival times, weight loss and development of TSE lesions (primarily neuronal loss/vacuolation and gliosis) is in Table 2 and Fig. 1(b). Both IN-inoculated mice that developed TSE had PrP<sub>CWD</sub> accumulation in the brain, as detected by WB (Fig. 2b, lanes 4 and 6) and IHC (Fig. 3c). None of the mice exposed intranasally to CWD-negative control deer brain inoculum displayed clinical signs of CWD. All were negative for PrP<sub>CWD</sub> by WB (Fig. 2b, lanes 1 and 2) and

Table 1. Aerosol transmission of CWD in Tg(cerPrP) mice

| Animal no. | Neurological signs | Survival (days p.i.) | Weight loss (% max. body wt) | PrP<sub>CWD</sub> WB | PrP<sub>CWD</sub> IHC | TSE lesions |
|------------|-------------------|----------------------|----------------------------|---------------------|---------------------|-------------|
| Sham n=5   | –                 | 411–749              | 2 (average)                | –                   | –                   | –           |
| 384        | +                 | 411                  | 31                         | +                   | +                   | +           |
| 746        | +                 | 417                  | 32                         | +                   | +                   | +           |
| 739        | +                 | 457                  | 35                         | –                   | –                   | –           |
| 732        | +                 | 524                  | 27                         | +                   | +                   | +           |
| 734        | +                 | 563                  | 31                         | +                   | +                   | +           |
| 738        | –                 | 708                  | 11                         | –                   | +                   | –           |
| 380        | +                 | 749                  | 12                         | +                   | +                   | +           |

*Animals were considered positive if they exhibited at least three of the following symptoms: ataxia, lethargy, tremors, weight loss, poor coat quality or rigid tail.
IHC (Fig. 3d). In none of the negative control or CWD-inoculated mice sacrificed at planned time points or dying spontaneously was evidence of PrP\textsuperscript{CWD} or histopathologic lesions of TSE detected (data not shown). PrP\textsuperscript{CWD} was also not detected in the nasal passages, olfactory bulb or spleen of any mice (data not shown).

**Statistical analysis**

Using the Fisher’s exact test, the attack rates in Tg(CerPrP) mice exposed to CWD by aerosol versus nasal inoculation were demonstrated as being significantly different (Fisher’s exact test, P-value=0.0406).

**Dose estimations**

To estimate the quantity of brain material delivered per mouse by aerosol exposure, we used lognormal distribution generator assumptions and calculations as described in Methods. Based on particle sizes ranging from 0.1 to 10 μm (log distribution) generated by the nebulizer, we estimated that 24 μg of solid brain material was deposited on the mucous membranes of each mouse. Applying the same algorithm to IN exposure produces an estimated value of 100 μg of brain material delivered per mouse.

**DISCUSSION**

In 1995, Shaw (1995) suggested that the occurrence of a shorter incubation period for Creutzfeldt–Jakob disease (CJD) in farmers could have come from ‘breathing the dust from feed containing prion’. The present studies were done to simulate the inhalation of airborne particles and the direct contamination of the nasal passages with CWD.
prions. The finding that CWD prions can be transmitted via inhalation (perhaps even more effectively than by nostril contact only), while unique for CWD infection, extends precedent for transmission of prions via the respiratory system. Sheep and hamsters inoculated with scrapie intranasally (Hamir et al., 2008; Sbriccoli et al., 2008) and hamsters inoculated with TME extranasally (Kincaid & Bartz, 2007) have been shown to develop TSE. Results in the latter study suggested that the nasal passages may even be more effective than the oral route in transmitting prion disease (Kincaid & Bartz, 2007).

In the present study, 86% (six of seven) of Tg(cerPrP) mice exposed to CWD via aerosol developed CWD versus 22% (two of nine) of IN-exposed mice (Fisher’s exact test, P-value 5 0.0406). It may be argued that the early deaths of four mice in the initial CWD-aerosol exposure group could bias the statistical significance of the results. After modifications to the exposure procedure, early mortalities were eliminated. Moreover, two of two surviving mice in the initial exposure and four of five mice in the second exposure study developed TSE.

One possible explanation for the enhanced infectivity after aerosol exposure might be the disruption and dispersion of infectious Prp\textsuperscript{CWD} aggregates during aerosolization to yield more small infectious particles or seeds (Silveira et al., 2005). These smaller aggregates might be more readily taken up by lymphoid or distal airway epithelial cells not typically accessible by either nasal contact or drop-wise instillation of prions.

Another potential explanation for enhanced infection after aerosolization could be that a larger prion dosage was delivered by aerosol versus nasal exposure. Based on a random distribution of infectivity in the aerosol material, the respiratory tidal volume of mice and the average anaesthetized respiratory rate for a 4 min period, we calculated that aerosol-exposed mice would receive approximately 1.2% of the available inoculum, or a maximum of 24 μg of particulate inoculum deposited in the respiratory system. Mice inoculated intranasally received 10 μl of a 10% brain homogenate or 100 μg of particulate inoculum – four times that delivered by aerosol. Given that only the nostril region (<5 mm) of each mouse was exposed during aerosolization, we estimate that even if up to an additional 15 μl of inoculum were to be ingested due to nasal region grooming, the total dosage would not surpass (and more likely would never attain) that delivered intranasally.

Clearly, inoculation by either the aerosol or nasal route would result in inoculum entering the alimentary tract via the nasopharynx. Thus, oral exposure and potential uptake cannot be avoided or excluded. However, oral inoculation of Tg(cerPrP) mice with 100 μg CWD particulate brain homogenate failed to transmit CWD infection or disease after > 700 days of observation (D. M. Seelig, G. L. Mason, G. C. Telling & E. A. Hoover, unpublished results) (Table 3). Thus, it is unlikely that CWD transmission by the aerosol or nasal routes reflects infection via the alimentary tract.

Table 2. IN transmission of CWD in Tg(cerPrP) mice

| Animal no. | Neurological signs | Survival (days p.i.) | Weight loss (% max. body wt) | Prp\textsuperscript{CWD} WB | Prp\textsuperscript{CWD} IHC | TSE lesions |
|------------|-------------------|---------------------|-----------------------------|-----------------------------|-----------------------------|-------------|
| Sham n=9   | –                 | 361–755             | 5 (average)                 | –                           | –                           | –           |
| 635        | +                 | 361                 | 39                          | –                           | –                           | –           |
| 641        | +                 | 422                 | 43                          | +                           | +                           | +           |
| 646        | +                 | 443                 | 50                          | –                           | –                           | –           |
| 631        | +                 | 498                 | 17                          | +                           | +                           | +           |
| 633        | –                 | 551                 | +14                         | –                           | –                           | –           |
| 630        | –                 | 755                 | 23                          | –                           | –                           | –           |
| 632        | –                 | 755                 | 15                          | –                           | –                           | –           |
| 645        | –                 | 755                 | 19                          | –                           | –                           | –           |
| 648        | –                 | 755                 | 35                          | –                           | –                           | –           |

*Animals were considered positive if they exhibited at least three of the following symptoms: ataxia, lethargy, tremors, weight loss, poor coat quality or rigid tail.

Table 3. Summary of CWD inoculation results in Tg(cerPrP) mice

| Route     | Exposure dose | Attack rate* |
|-----------|---------------|--------------|
| Aerosol   | 24 μg‡         | 6/7 (86%)    |
| IN        | 100 μg§        | 2/9 (22%)    |
| Oral      | 100 μg§        | 0/10 (0%)    |

*No. affected/no. total (% positive).
‡4 min aerosol of 5% (w/v) homogenate.
§10 μl of 10% (w/v) homogenate.
§100 μl of 1% (w/v) homogenate.
Mice are an excellent model for studying airborne and direct nasal contact transmissions because they are obligate nasal breathers (Klemens et al., 2005). Odorants and particles inhaled into the nasal passage are subject to a number of cell surfaces. Thus, multiple sites of CWD prion entry are plausible, including the NALT, the mucosal associated macrophages and/or dendritic cells, respiratory epithelium, olfactory epithelium and VNO. The NALT typically incorporates the retropharyngeal lymph nodes, palatine and lingual tonsil (Kuper et al., 1992) and is similar in structure and function to the gut-associated lymphoid tissue (GALT) in that it is responsible for antigen uptake and presentation by M cells, B cells and follicular dendritic cells (Heritage et al., 1997; Kuper et al., 1992). The GALT, especially the Peyer’s patches, is considered to be the primary site of PrP<sup>RES</sup> uptake for BSE, variant CJD and scrapie (Beekes & McBride, 2000; Fox et al., 2006; Heggebo et al., 2002; Press et al., 2004; Spraker et al., 2002b; van Keulen et al., 2008).

Mice do not have tonsils or retropharyngeal lymph nodes per se, but rather a bi-symmetrical NALT structure that lines the floor of the nasal cavity (Heritage et al., 1997). Kincaid & Bartz (2007) found that hamsters inoculated via uptake of droplets of TME inoculum via the external nares had shorter incubation periods using a lower dose of infectious prions than those inoculated orally. Studies in deer inoculated orally or naturally exposed to CWD indicate that the primary structures that accumulate PrP<sub>CWD</sub> early in infection are the retropharyngeal lymph nodes and tonsils (Keane et al., 2008; Sigurdson et al., 1999; Spraker et al., 2004). Nevertheless, in the present study we were unable to demonstrate PrP<sub>CWD</sub> in the NALT of early, pre-terminal or terminal Tg(cerPrP) mice after aerosol or nasal exposure to CWD.

Another seemingly probable site for prion entry and infection is the olfactory mucosal epithelium, which contains odor receptors that provide a direct neural connection from the nasal cavity to the olfactory bulbs of the brain. Previous IHC studies of deer terminally infected with CWD have demonstrated PrP<sub>CWD</sub> depositions in the olfactory bulbs, which also show spongiform degenerative changes (Spraker et al., 1997, 2002b; Williams & Young, 1992, 1993). However, in deer, sequential PrP<sub>CWD</sub> accumulation in the brain appears to occur in a caudal (brainstem) to rostral (frontal cortex) fashion as the disease progresses (Spraker et al., 2002a). In the present study, PrP<sub>CWD</sub> was not detected in the olfactory bulbs of terminal CWD-infected Tg(cerPrP) mice, although aggregates were identified in the frontal cortex immediately dorsal to the olfactory bulbs in some mice. This was especially surprising since the olfactory bulb glomeruli are sites of substantial cervid PrP<sup>C</sup> expression in naïve Tg(cerPrP) mice.

Given that CWD prions have been demonstrated in saliva (Mathaison et al., 2006), urine (Haley et al., 2009; Kariv-Inbal et al., 2006) and soil (Johnson et al., 2006), it is possible that prion entry could involve the VNO – a region of the anterior ventral nasal passages specialized to detect non-volatile molecules such as pheromones by a process known as the Flehmen response (Thorne & Amrein, 2003; Kelliher et al., 2001; Meredith & O’Connell, 1979). Nevertheless, neither we nor DeJoia et al. (2006) were able to detect PrP<sub>RES</sub> in the VNO of terminal CWD-inoculated Tg(cerPrP) mice or TME-inoculated hamsters, respectively. Thus, while all of the above exposure studies failed to identify PrP<sub>CWD/RES</sub> in mucosal sites, it remains likely that early prion trafficking involves relatively few potential protease-sensitive oligomeric molecules, which may not be identifiable with the detection methods used.

Our inability to detect PrP<sub>CWD</sub> outside the central nervous system in the present studies was somewhat perplexing. This finding could reflect a more limited peripheral expression of PrP<sub>C</sub> expression in the Tg(cerPrP) mice versus deer, although other studies in our laboratory have demonstrated PrP<sub>C</sub> in many peripheral tissues of Tg(cerPrP) mice (D. M. Seelig, G. L. Mason, G. C. Telling & E. A. Hoover, unpublished results). Additionally, overfixation of our tissues could eliminate possible PrP<sub>CWD</sub> aggregates. An alternative explanation would be that TSE induced by nasal exposure to CWD prions in Tg(cerPrP) mice in mediated largely by non-lymphoreticular system pathways. Such a pathway is supported by the recent work of Besset et al. (2009), demonstrating that IN inoculation of RML scapie into immunodeficient transgenic mice transmits TSE without lymphoreticular system involvement.

In summary, the present study demonstrates the transmissibility of prions via aerosolization. Several aspects of respiratory transmission of CWD prions remain to be refined and no evidence of a peripheral or lymphoid phase of the infection was detected. The results suggest that prion exposure via the respiratory system merits consideration in prion transmission and biosafety.

**METHODS**

***Tg(CerPrP) mice.*** The cervid PrP-expressing transgenic mice and their susceptibility to CWD infection after IC inoculation have been described previously (Browning et al., 2004). All mice were cared for in accordance with the Colorado State University ACUC guidelines. Confirmation of the cervid PrP<sup>C</sup> gene insert was performed by WB and PCR. The Tg(cerPrP) mice were five to 12 weeks of age at inoculation. After inoculation, mice were examined for evidence of neurological abnormality every 2 days, and weighed weekly (starting at 3 months p.i.). Clinical criteria for assessing CWD symptoms included ataxia, lethargy, tail rigidity, poor coat quality and weight loss. Once the onset of clinical signs was observed, mice were isolated into individual cages to prevent cannibalism from cage mates. Mice were euthanized when distinct signs of neurological disease were evident. CWD- and sham-inoculated mice were housed in separate rooms to minimize the potential of cross contamination.

***Inocula and inoculation routes.*** The CWD inoculum consisted of brain homogenate from CWD-infected mule deer (D10), obtained through the courtesy of Dr Michael Miller, Colorado Division of
Using particle sizes generated by the nebulizer of 0.1–10 μm using modified equations (Hinds, 1999) for aerosolized particles. In two separate experiments, two cohorts of Tg(CerPrP) mice (n=6 CWD and n=6 sham) were inoculated by exposure to an aerosol of 5 % (w/v) CWD brain homogenate for 4 min in a custom designed chamber providing nose-only exposure. The mice were monitored until clinical symptoms were detected or until study termination at 749 days. Two additional cohorts of Tg(CerPrP) mice (n=24 CWD and n=24 sham) were inoculated with 10 μl (5 μl per nostril) of the 10 % weight to volume (w/v) extracts by direct pipette instillation into the nasal passages. A total of 12 mice in each cohort (n=4 per time point) were sacrificed at 7, 14 and 28 days post exposure and analysed for early PrPCWD detection. The remaining mice (12 per cohort) were monitored either until clinical symptoms became apparent or to study termination at 755 days. Per os inoculations into Tg(CerPrP) mice were administered in 2–50 μl doses of a 1 % extract given on two consecutive days. IC inoculations into Tg(CerPrP) mice of 30 μl of a 1 % extract from the same positive mule deer (D10) or naïve white-tailed deer (UGA) served as positive and negative controls.

**Aerosolizing chamber.** Aerosolizing chambers commonly expose the entire animal to the agent being investigated. Our goal was to expose only the nose/nasal passages to CWD prions versus the entire animal. Thus, we (N. D. D./J. H. K.) fashioned an exposure chamber using a 473 ml, rubber-sealed lid container (Rubbermaid) into which 4–1” diameter holes were drilled into the side walls. Four, 50 ml conical tubes (BD) with the tips removed were inserted and sealed into the holes. Each tube was supported by an additional tube that collectively functioned as legs. A 3/4” × 1/2” hole was also cut into the container to accommodate the mouth of the Omron Nebulizer (Ultranebs). The conical tubes and the nebulizer were sealed in place with silicone adhesive (GOOP). Finally, a 0.22 μm filter unit (Sterivex; Millipore) was attached and sealed to the lid of the container to serve as an air vent and trap aerosolized particles (Fig. 4a). After the mice and the inocula had been loaded into the apparatus (Fig. 4b), the entire chamber was placed in a secondary enclosure and exposure occurred in a separated room.

**Statistical analysis.** Statistics (Fisher’s exact test) were performed using the software package Graphpad Prism 4.

**Delivered dose estimations.** To approximate the total solid mass of brain inoculum deposited onto the mucous membranes of each aerosol-exposed mouse, we used a lognormal distribution generator program created by Dr J. Volckens (Department of Environmental and Radiological Health Sciences, Colorado State University, USA), using modified equations (Hinds, 1999) for aerosolized particles. Using particle sizes generated by the nebulizer of 0.1–10 μm (log distribution), the estimated number of particles per each size generated and a designated mass for each particle size, the total mass for each particle size was calculated. The total mass was then multiplied by a deposition fraction (percentage of particles deposited in the respiratory tract based on size) and the fraction of total air inhaled by each mouse ([mouse respiration rate (163) multiplied by tidal volume (0.00015 L)[air flow through the system (2 lpm)]] to give the total deposited particle mass. Using a 5 % brain homogenate, with brain material containing approximately 10 % solid material, we calculated the mass fraction of solids per particle to be 0.005 g (0.05 × 0.10). This fraction multiplied by the total deposited particle mass for each particle size produced the total mass of solid material deposited. The sums from each particle size deposited mass were then added to generate the total amount of solid inocula deposited into each mouse.

Similar algorithms were used to estimate the total amount of solid inoculum deposited into each intranasally inoculated mouse based on 10 μl of a 10 % brain homogenate.

**Western blotting.** Harvested tissues were prepared at 10 % (w/v) in 1 × PBS/1 % Triton X-100 mixture. Glass beads (2.5 mm; Biospec) were added to each tube and samples subjected to one Fastprep (Biosalvant) cycle for 45 s at a speed setting of 5.5, followed by a 2 min cool down at −20 °C. Samples were then centrifuged for 5 min at 2000 r.p.m. (F241.5P Microfuge Fixed-Angle Polypropylene rotor) to remove tissue debris and supernatants stored at −20 °C until further use. Samples were incubated with 50 mg Proteinase K (Invitrogen) µl⁻¹ for 30 min at 37 °C, shaking at 1000 r.p.m. Samples were then combined with a Reducing Agent/Sample Buffer (Invitrogen) to a
final concentration of 1 x 10^6 and run through NuPage 10% Bis-Tris gels (Invitrogen) for 2.5 h at 100 V. Proteins were then transferred to 0.22 μm PVDF membranes (Millipore) over 1.5 h at a setting of 110 V. Membranes were blocked in a cascin/TBS (Thermo Scientific) +0.2% Tween-20 mixture for 45 min, with shaking at room temperature. Monoclonal antibody BAR-224 (Spi-Bio) conjugated with HRP was used to detect the PrP^CWD (1:20 000 dilution in cascin/TBS+0.2% Tween-20). Membranes were washed three times and developed with ECL Plus Western blotting Detection kit (GE). Blots were viewed and photographed with a Gel Doc system (LAS-3000; Fujifilms).

IHC. Tissues were fixed in 10% formalin for 5 days, transferred to 60% ethanol (with the exception of the nasal passages), embedded in paraffin and sectioned at 5 μm for staining. Nasal tissues were placed in a 10% tetra-sodium EDTA (Sigma) solution for 10 days, with a change and gliosis.

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