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tRNA Translocation by the Eukaryotic 80S Ribosome and the Impact of GTP Hydrolysis

Graphical Abstract

Highlights

- Translocation intermediates revealed on eEF2-bound mammalian 80S ribosomes
- Inhibition of GTP hydrolysis specifically inhibits final steps of translocation
- E-site tRNA release regulates the reversibility of bacterial and mammal translocation

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In Brief

Translocation, the process by which tRNA and mRNA are moved relative to the ribosome during protein synthesis, is facilitated in eukaryotic cells by the conserved GTPase elongation factor 2. Here Flis et al. combine cryo-EM and single-molecule FRET to elucidate features and intermediate states of translocation on mammalian ribosomes.
tRNA Translocation by the Eukaryotic 80S Ribosome and the Impact of GTP Hydrolysis

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SUMMARY

Translocation moves the tRNA2-mRNA module directionally through the ribosome during the elongation phase of protein synthesis. Although translocation is known to entail large conformational changes within both the ribosome and tRNA substrates, the orchestrated events that ensure the speed and fidelity of this critical aspect of the protein synthesis mechanism have not been fully elucidated. Here, we present three high-resolution structures of intermediates of translocation on the mammalian ribosome where, in contrast to bacteria, ribosomal complexes containing the translocase eEF2 and the complete tRNA2-mRNA module are trapped by the non-hydrolyzable GTP analog GMPPNP. Consistent with the observed structures, single-molecule imaging revealed that GTP hydrolysis principally facilitates rate-limiting, final steps of translocation, which are required for factor dissociation and which are differentially regulated in bacterial and mammalian systems by the rates of decacyl-tRNA dissociation from the E site.

INTRODUCTION

Protein synthesis by the ribosome allows precise and reliable information transfer from mRNA to protein. The eukaryotic 80S ribosome (70S in bacteria) consists of a large 60S (50S in bacteria) and a small 40S (30S in bacteria) subunit. The large subunit contains the peptidyl transferase center (PTC) and the GTPase-activating center (GAC). The small subunit, consisting of the head and body/platform domains, contains the mRNA decoding center. The interface between the large and small subunits creates three tRNA binding sites: the acceptor (A), peptidyl (P), and exit (E) sites.

Protein synthesis occurs through processive elongation cycles (Melnikov et al., 2012; Voorhees and Ramakrishnan, 2013). At the beginning of each elongation cycle, an aminoacyl-tRNA in complex with eEF1A•GTP is selected on the basis of the mRNA codon at the A site of the post-translocation (POST) ribosome. Following accommodation of this tRNA, peptide bond formation transfers the nascent peptide chain from the P-site tRNA to the newly incorporated A-site tRNA to generate the pre-translocation (PRE) complex. To decode the subsequent mRNA codon, the intact tRNA2-mRNA module must then be translocated with respect to the ribosome such that the two tRNAs together with the mRNA move from the A and P sites to the P and E sites, respectively.

During translocation, the ribosome must extensively remodel its contacts with the tRNA2-mRNA module while keeping the mRNA codon-tRNA anticodon interactions intact to maintain the reading frame of translation (Noller et al., 2017). The capacity to translocate is initiated by deacylation of the P-site tRNA, which “unlocks” the ribosome (Valle et al., 2003), allowing the ribosomal subunits to spontaneously and reversibly rotate with respect to each other (Cornish et al., 2009). This rotation is coupled with the movement of tRNAs to intersubunit A/P and P/E hybrid states (Agirrezabala et al., 2008; Blanchard et al., 2004; Budkevich et al., 2011; Julián et al., 2008; Moazed and Noller, 1989; Munro et al., 2007).

Rapid translocation of the tRNA2-mRNA module with respect to the small subunit on the rotated PRE complex requires the action of the GTPase eEF2 (EF-G in bacteria). eEF2 and EF-G both contain five conserved domains, including a ras-like G domain responsible for nucleotide binding and GTP hydrolysis (Bourne et al., 1991; Czworkowski et al., 1994). EF-G•GTP binds to the GAC of the 50S while contacting the anticodon-stem loop of peptidyl-tRNA. In bacteria, kinetic studies have suggested that GTP hydrolysis by EF-G occurs early in translocation and precedes tRNA movement on the small subunit (Rodnina et al., 1997). GTP hydrolysis accelerates translocation by as much as 50-fold, depending on the assay used (Ermolenko and Noller, 2011; Rodnina and Wintermeyer, 2011). The precise translocation mechanism and the role of GTP hydrolysis in the process remain active topics of research (Adio et al., 2015; Chen et al., 2013, 2016; Wasserman et al., 2016).

On bacterial ribosomes, translocation proceeds via translocation intermediate (TI)-PRE and TI-POST states. In the TI-PRE state, the small subunit is fully rotated (Briol et al., 2013), whereas in the TI-POST state it is partially back-rotated with the 30S head swiveled in the direction of translocation relative to the 30S body/platform (Ramrath et al., 2013; Ratje et al., 2010; Zhou et al., 2014). The latter conformational change results...
in formation of chimeric (ap/P and pe/E) tRNA positions, in which deacetyl- and peptidyl-tRNAs contact separate binding site elements on (1) the 30S head, (2) the 30S body, and (3) the 30S subunit, respectively. Current models of translocation posit that EF-G acts as a molecular “doorstop” that uncouples movement of the tRNA2•mRNA module from the thermally driven back-rotation of the 30S body/platform. The rate-limiting reverse swivel of the 30S head (Adio et al., 2015; Ermolenko and Noller, 2011; Ramrath et al., 2013; Ratje et al., 2010; Wasserman et al., 2016) then allows the tRNAs to move into their canonical P/P and E/E binding states (Gao et al., 2009). To continue with subsequent elongation cycles, EF-G+GDP must dissociate from the POST-translocation ribosome complex. We therefore operationally define completion of translocation as formation of a bona fide POST complex, which has a vacant A site. Correspondingly, EF-G-bound ribosome complexes are translocation intermediates, even if the tRNAs have already reached their POST positions.

Despite extensive evolutionary conservation of the core translation machinery, bacterial and eukaryotic initiation, termination, and recycling phases of protein synthesis are facilitated by non-homologous translation factors (Melnikov et al., 2012). For instance, eukaryotic translational control mechanisms exploit alternative modes of translation initiation, driven by cis-acting internal ribosome entry sites (iREss) (Jackson et al., 2010; Yamamoto et al., 2017). Functional differences between bacterial and eukaryotic translation elongation are also likely given the physically distinct nature of the tRNA binding sites in these systems (Behrmann et al., 2015; Budkevich et al., 2011), which likely impinge on ribosomal intersubunit dynamics (Ferguson et al., 2015), including subunit rolling (Budkevich et al., 2014). In contrast to what is observed in bacteria, the E site of the mammalian 60S subunit remains occupied by a deacetyl-tRNA during all steps of translation elongation (Behrmann et al., 2015). Disparities in the translation mechanism are further evidenced by the species-dependent antibiotic sensitivities of bacterial and mammalian ribosomes (Wilson, 2009) and the existence of additional species-specific translation elongation factors (Andersen et al., 2006).

Cryo-electron microscopy (cryo-EM) structures have been obtained of eukaryotic ribosomes bound to eEF2 (Anger et al., 2013; Pellegrino et al., 2018; Spahn et al., 2004; Taylor et al., 2007; Voorhees et al., 2014). However, these structures do not contain the complete tRNA•mRNA module, hampering insights into the mechanism of canonical translocation. High-resolution structures of yeast ribosomes during the translocation of type IV iREss, which mimic components of the tRNA2•mRNA module, have also been obtained (Abeyrathne et al., 2016; Murray et al., 2016). However, it is not clear to what extent type IV iRES translocation resembles tRNA2•mRNA translocation. Here, we present cryo-EM structures of the rabbit 80S•tRNA2•eEF2•GMPPNP complex together with single-molecule fluorescence resonance energy transfer (smFRET) investigations that reveal bona fide intermediate states of canonical translocation on the eukaryotic ribosome. Surprisingly, during both bacterial and eukaryotic translocation, we find that GTP hydrolysis primarily affects the resolution of late intermediates of translocation that occur after movement of the tRNA2•mRNA module with respect to the ribosome. We also find that the mechanisms of bacterial and eukaryotic translocation are distinguished principally by the rate and timing of deacylated tRNA dissociation from the E site, which regulates reversibility of the rate-limiting progression to the POST complex.

RESULTS AND DISCUSSION

Cryo-EM Analysis of Mammalian Translocation Intermediates

To visualize TI states of the mammalian 80S ribosome, we prepared translocating ribosomes in vitro, using purified components, in the presence of the non-hydrolyzable GTP analog GMPPNP (STAR Methods). Briefly, PRE complexes were formed from programmed mammalian 80S ribosomes with P-site deacetyl-tRNA\textsuperscript{tme} and A-site N-acetyl-Val-tRNA\textsuperscript{Val}. Incubation with eEF2•GMPPNP led to stalling of eEF2 on the 80S ribosome. The 80S•tRNA2•eEF2•GMPPNP complex was subjected to multi-particle cryo-EM analysis (Loerke et al., 2010), resulting in an ensemble of three different reconstructions of 80S TI states and respective atomic models with global resolution ranging from 3.5 to 3.6 Å and local resolution of up to 3.2 Å in the core regions of the ribosomal subunits (Figure S1; Table S1). Each cryo-EM map shows clear electron density for both the complete tRNA2•mRNA module and eEF2. As expected, peripheral, flexible components are less well resolved. In each complex, the tRNA2•mRNA modules are largely translocated with respect to the 60S subunit and the 40S body/platform (Figure 1), indicative of TI-POST-like translocation intermediates. Differences in the observed conformations of the 40S domains and in the exact positions of the tRNAs and the L1 stalk allowed us to arrange the reconstructions sequentially along the translocation reaction coordinate as TI-POST-1, TI-POST-2 and TI-POST-3 intermediate states of translocation (Figures 1 and 2).

Late Intermediates of Mammalian Translocation Are Distinguished by 40S Body/Platform Rotation and 40S Head Swivel

The first translocation intermediate, TI-POST-1, has a partially rotated 40S subunit (~4°) and a highly swiveled 40S head (~18°) compared with the mammalian POST state (Behrmann et al., 2015) (Figure 2A). As in the bacterial TI-POST complex (Ramrath et al., 2013; Zhou et al., 2014), tRNAs occupy chimeric ap/P and pe/E hybrid positions, defined by signature interactions of the tRNA anticodon-stem loops. These include ap/P tRNA contacts with C1701 (40S body/platform P site, E. coli C1400) and C1331 (40S head A site, E. coli A1054), and pe/E tRNA contacts with U1248 (40S head P site, E. coli G966) and G961 (40S body/platform E site, E. coli G693) (Figures 3A, 3B, S3A, and S3B). Consistent with what has been observed in bacteria (Mohan and Noller, 2017; Zhou et al., 2013), the L1 stalk leans toward the E-site tRNA such that the L1 stalk bases G3929 (E. coli G2112) and A4016 (E. coli A2169) of 28S tRNA helix 77 (H77) stack onto bases G19 and C56 of the pe/E tRNA elbow (Figures S2A and S2B).

In the transition from the TI-POST-1 to the TI-POST-2 state, the 40S subunit rotates backward by 3.5° around an axis through RACK1 and eL41 (Figure 2B) such that the 40S body/platform...
closely resembles the classical POST state (\(\sim 0.7^\circ\) residual rotation) (Figure 2C). Interestingly, the 40S head domain only partially follows back-rotation of the 40S body/platform (1.9\(^\circ\) instead of 3.5\(^\circ\); Figure 2B), resulting in modest exaggeration of the 40S head swivel motion (\(\sim 19^\circ\)). As the 40S components in contact with the tRNAs display minimal movement due to proximity to the axis of subunit rotation (Figure 2B), both tRNAs maintain chimeric hybrid state interactions (Figure S2C). The mammalian Ti-POST-2 structure therefore represents a previously uncharacterized intermediate between the bacterial Ti-POST with chimeric hybrid tRNAs (Ramrath et al., 2013; Zhou et al., 2014) and the 70S\(\cdot\)tRNA\(\cdot\)EF-G\(\cdot\)fusidic acid complex in the classical, POST conformation (Gao et al., 2009).

The 40S body/platform rotates further backward in the transition to Ti-POST-3, rendering its position indistinguishable from that of the classical POST state (Figures 2D and 2E). The tRNAs in the Ti-POST-3 complex now establish classical P/P and E/E interactions, and the L1 stalk adopts the same position as in the mammalian (Behrmann et al., 2015) and bacterial (Mohan and Noller, 2017) POST states (Figures S2A and S2D). The 40S head also swivels back to its classical position. Notably, however, the 40S head exhibits a residual tilt in the Ti-POST-3 complex (\(\sim 1^\circ\) perpendicular to the 40S head swivel axis) (Figure 2E), a feature that distinguishes it from the classical POST complex.

All three mammalian translocation intermediates, including the existence and conformation of Ti-POST-2, are congruent with our recent smFRET investigations of translocation on the bacterial ribosome (Wasserman et al., 2016). These structures reveal two distinct late steps of translocation on the mammalian ribosome in which the 40S body/platform first reverse rotates (Figure 2B), followed by swivel rotation of the 40S head (Figure 2D). The 40S head swivel and 40S body/platform rotation observed in Ti-POST-1 and Ti-POST-2 result in a maximal \(\sim 28^\circ\) opening of the P gate, a constriction between the A1641 (E. coli A1340) residue of the 40S head and the A1058 (E. coli A790) residue within the 40S body/platform that restricts P-site tRNA entry into the small subunit E site in classical ribosome configurations (Schuwirth et al., 2005) (Figures 2F–2K; Table S2). From the perspective of the 60S subunit, the overall tRNA positions do not substantially change in the Ti-POST-1 to Ti-POST-3 transition. Thus, rather than the P-site tRNA moving through the gate, the observed motions suggest that conformational changes within the 40S subunit move the P gate around the deacyl-tRNA during the penultimate steps of translocation.

Comparison of tRNA Translocation with Translocation of Viral Type IV IRES RNAs

Two independent studies have recently investigated the structural basis of viral type IV IRES translocation in yeast by stalling eEF2 with GMPPCP (Murray et al., 2016) or the antibiotic sordarin (Abeyrathe et al., 2016). These studies established that IRES translocation, like canonical tRNA translocation, requires a sequence of global conformational changes within the ribosome, including intersubunit rotation and head swivel. However, comparison with the present structures of intermediate states of canonical tRNA translocation shows several notable distinctions with regard to the energy landscape and reaction coordinate of translocation. Contrary to the present three Ti-POST intermediates, the IRES study using GMPPCP identified a single early intermediate resembling a Ti-PRE state (Murray et al., 2016). This distinction likely stems from the lack of critical interactions with the ribosome, such as those formed by the P-site deacyl-tRNA and the 3’-CCA end of A-site peptidyl-tRNA with the PTC.

The five 80S\(\cdot\)tRNA\(\cdot\)eEF2\(\cdot\)sordarin states captured (Abeyrathe et al., 2016) are also conformationally distinct to some extent from those reported here. Although the conformation of...
the 80S-IRES-eEF2-sordarin state II complex resembles the TI-POST-1 state (Table S2), the next intermediate does not exhibit back-rotation/back-rolling of the 40S body/platform, and this study did not reveal an intermediate that combines negligible 40S body/platform rotation and maximal head swivel as seen in the TI-POST-2 state. In addition, it is unlikely that the conformation observed in state IV of the 80S-IRES-eEF2-sordarin complex (Abeyrathne et al., 2016) is relevant to translocation of a tRNA-mRNA module, as the 40S head would clash with the E-site tRNA. Moreover, in both studies, the L1 stalk is occluded from the E site by elements of the IRES (Figure S2). Thus, although there are overall similarities, the nature of conformational changes within the ribosome during IRES translocation appears to be distinct from that of canonical translocation.

The Role of eEF2 Domain IV during Translocation

Structures of bacterial TI-POST states suggest that a major function of EF-G is to prevent backward movement of the
tRNA\textsubscript{2}•mRNA module during back-rotation of the 30S body/platform (Ramrath et al., 2013; Zhou et al., 2014). Domain IV of EF-G, which is principally responsible for this “doorstop” function, contains the functionally important loops 1, 2, and 3 (Czworkowski et al., 1994). eEF2 adopts a similar architecture to EF-G but possesses the unique diphthamide post-translational modification on histidine 715 of domain IV loop 3 (Oppenheimer and Bodley, 1981). In all three structures, domain IV of eEF2 reaches into the interface of the 40S body/platform and 40S head, targeting the peptidyl-tRNA codon-anticodon interaction (Figure 3C). Comparison of our mammalian TI-POST structures with a bacterial TI-POST state (Zhou et al., 2014) reveals that loop 1 is shorter in eEF2 than in EF-G (Figure 3C). Interestingly, density at low contour levels (Figure 3E) indicates that the diphthamide residue protrudes from the neighboring loop 3 into the space left by the shorter loop 1 of eEF2, where it packs against the ribose of A36.

Figure 3. Signature Interactions of the Chimeric Hybrid-State tRNAs, mRNA, and eEF2 on the 40S Subunit in TI-POST-1

(A and B) Codon-anticodon interactions of ap/P tRNA (A) and pe/E tRNA (B).

(C) Comparison of domain IV of mammalian eEF2 with bacterial EF-G in an alignment via the 23S/28S rRNA. The codons of the mRNA are annotated with A, P, and E and colored differently. The E-site tRNA is not shown for clarity.

(D) Stacked conformation of the A-site codon facilitated by eEF2 helix B and 18S rRNA bases A1825 and C1698.

(E) Density for diphthamide, contour level 1.4\(\sigma\).

(F) Stabilization of the extruded conformation of A1825 by A3731. Diphthamide removed for clarity.

See also Figure S2.
of the peptidyl-tRNA (Figure 3C). In the context of eEF2’s “door-stop” function, the diphthamide modification may restrict movements of peptidyl-tRNA during translocation, consistent with its role in suppressing -1 frameshifting (Ortiz et al., 2006).

Loop 3 of eEF2 domain IV approaches 18S rRNA h44, which contains the so-called monitoring bases, A1824 and A1825 (E. coli A1492 and A1493) (Figures 3C, 3D, 3F, S3C, and S3D), which extrude from h44 to form A-minor interactions with the codon-anticodon duplex in the A site (Ogle et al., 2002; Selmer et al., 2006). In our structures, A1825 but not A1824 extrudes from h44 (Figures 3D, 3F, S3C, and S3D), which is likely stabilized by A3731 of the 28S rRNA (E. coli A1913), which participates in the formation of bridge B2a by protruding into the decoding loop (Figure 3F). A1825 is sandwiched between the first base of the new A-site codon and a glycine-triplet (G717–G719) at the N terminus of helix B of eEF2 domain IV (Figures 3D and S3C). The extruded A1825 on the 5′ end and 18S rRNA C1698 on the 3′ end appear to be involved in stacking interactions with the downstream mRNA codon (bases +4 to +6) and mRNA base +7 (Figures 3D and S3C). This mRNA position and conformation is similar to that observed in the presence of an A-site tRNA making codon-anticodon interactions (Selmer et al., 2006; Zhou et al., 2013). Clamp-ing the upstream part of the mRNA and enforcing a stacked arrangement of mRNA nucleotides in the A site could serve to maintain the reading frame and to prime the mRNA for the next round of tRNA selection to ensure unimpeded elongation.

The G-Domain of eEF2 Is in the Active GTP Conformation in All Three Translocation Intermediates

The conformation of eEF2 and its position with respect to the 60S subunit is largely invariant in the TI-POST-1 to TI-POST-3 states. The G domain of eEF2 is bound to the GAC of the 60S subunit that contains the P1/P0 stalk base and the sarcin-ricin loop (SRL; H95 of 28S rRNA) (Figure 4A). The G-domain conformation in our GMPPNP-stalled intermediates resembles previous structures of EF-G and eEF2 with GTP or GMPPCP in the pre-hydrolysis, GTP state (Connell et al., 2007; Murray et al., 2016; Pulk and Cate, 2013; Tourigny et al., 2013; Zhou et al., 2013). As expected for an activated state, we observe ordered density for switch I (Figure 4B), and histidine 108 of switch II is flipped toward the γ-phosphate of GMPPNP and the tip of the SRL (Figures 4A–4C).
acid (Brilot et al., 2013; Gao et al., 2009; Ramrath et al., 2013; Zhou et al., 2014). Our capacity to obtain structures of 80S, tRNA2, eEF2, and GMPPNP therefore suggests fundamental differences between mammalian and bacterial translocation mechanisms.

GTP Hydrolysis Is Principally Required for Late Steps in the Translocation Mechanism

To investigate the effects of GMPPNP on translocation of the mammalian ribosome, we used smFRET to monitor distance changes between A- and P-site tRNAs (Figures 5A–5C). Human PRE complexes containing A-site Cy5-labeled Met-Phe-tRNA^Phe and P-site Cy3-labeled tRNA^fmet were prepared as described previously (Ferguson et al., 2015). Translocation was initiated by stopped-flow delivery of eEF2 together with either GTP (Figure 5B) or GMPPNP (Figure 5C). As expected, prior to eEF2 addition, human PRE complexes predominantly occupied intermediate-FRET (0.43 ± 0.06) states, previously identified as hybrid state pre-translocation complexes (Ferguson et al., 2015). Upon addition of either eEF2-GTP or eEF2-GMPPNP, the ribosome rapidly proceeded to a high-FRET (0.86 ± 0.05) state via at least one short-lived intermediate-FRET (0.55 ± 0.05) state, consistent with translocation being accompanied by sequential tRNA compaction steps (Figures 5A–5C). The nucleotide identity had only modest effects on the mean time of this process, estimated as 1.0 ± 0.15 s with GTP and 2.3 ± 0.3 s with GMPPNP (Figure S4A).

As expected for the thermodynamically stable POST state (Ferguson et al., 2015), ribosomes translocated by eEF2-GTP remained in the high-FRET state after eEF2-GTP was removed from the imaging chamber by buffer exchange (Figures 5B and S4B). Surprisingly, for ribosomes translocated with eEF2-GMPPNP this washout procedure led to a slow reversion to intermediate-FRET (mean time 350 ± 75 s), consistent with slow release of eEF2-GMPPNP from the ribosome and return of the 80S complex to a rotated, hybrid state conformation (Figures 5C and S4C). This assignment was confirmed by translocating these reversed complexes with eEF2-GTP, which resulted in irreversible POST complex formation (Figure S4D). These results, which show that translocation is not completed in the presence of GMPPNP, are consistent with a recent study (Susorov et al., 2018) showing that both eEF2-GMPPNP and eEF2-GTP
are capable of catalyzing reverse translocation under specific experimental conditions. Together with our cryo-EM structures, these findings demonstrate that early steps of translocation, during which the inter-tRNA distances change, are largely unaffected by GMPPNP, while late steps of translocation, which structurally resemble TI-POST-1, TI-POST-2, or TI-POST-3 with regard to tRNA positioning, are stalled. For comparison with bacterial translocation, we carried out the same experiments using bacterial PRE complexes and EF-G. Upon delivery of EF-G with either GTP or GMPPNP, the bacterial ribosome proceeded rapidly from the intermediate-FRET (0.46 ± 0.08) rotated PRE state to a short-lived, high-FRET (0.75 ± 0.05) state, consistent with tRNA compaction, followed by loss of the FRET signal due to dissociation of the E-site tRNA (Wasserman et al., 2016). The mean transit times of these events were similar using GTP or GMPPNP (Figure S4E), consistent with GMPPNP having negligible effects on the rates of translocation events preceding deacyl-tRNA release from the bacterial ribosome. These findings collectively suggest that the free energy of eEF2/EF-G binding in GTP-bound conformations to the PRE-state ribosome is sufficient to drive rapid formation of TI-POST states on both mammalian and bacterial ribosomes.

To determine whether inhibiting GTP hydrolysis affects resolution of late steps of translocation in bacteria, we used an alternative structural perspective on translocation that reports on the relative distance between A-site peptidyl-tRNA and the N terminus of ribosomal protein uS13 in the 30S head (Figure 6A) (Wasserman et al., 2016). Prior to translocation, the ribosome predominantly occupied a low-FRET (0.19 ± 0.03) state, consistent with the large distance between the peptidyl-tRNA in the A site and uS13 within a rotated ribosome configuration. Stopped-flow delivery of EF-G-GTP resulted in rapid transition...
to a short-lived, intermediate-FRET (0.28 ± 0.03) state, identified as TI-POST-1, followed by progression to a higher intermediate-FRET (0.48 ± 0.05), classical POST state (Figure 6B) (Wasserman et al., 2016). This reaction sequence was readily visualized in transition density plots (TDPs) of the ensemble of individual molecules examined (Figure 6C) (McKinney et al., 2006). As previously described (Alejo and Blanchard, 2017; Wasserman et al., 2016), the POST-state ribosome achieved a stable equilibrium between intermediate-FRET (0.48 ± 0.05) and high-FRET (0.78 ± 0.05) states (Figure 6B). The intermediate-FRET state reflects the expected conformation of the system after translocation: classically positioned P/P tRNA on the unrotated ribosome. The POST complex’s transition to a high-FRET state conformation indicates a decrease in distance between the peptidyl-tRNA elbow and uS13. Such a state is consistent with a P/E-like peptidyl-tRNA position, presumably accompanied by rotation of the small ribosomal subunit (Alejo and Blanchard, 2017). In line with this assignment, peptide release by puromycin dramatically shifted the equilibrium toward the high-FRET state (Figure S5A). Peptidyl-tRNA excursions to a hybrid-like position within the POST-translocation ribosome are likely enabled by E-site vacancy and EF-G binding.

When the bacterial ribosome was translocated in the presence of GMPPNP, we observed strikingly different behaviors (Figures 6D and 6E). Specifically, the overall lifetime of the TI-POST-1 state (0.28 ± 0.03 FRET) was extended more than 50-fold (Figure 6D). Strikingly, inspection of individual smFRET traces on path to complete translocation revealed that the GMPPNP-stalled transition from the TI-POST-1 state featured reversible transitions to higher FRET, POST-like configurations (Figure 6E). This unexpected finding suggests that non-productive translocation attempts can precede completion of translocation. Reversibility at this step is also clearly evidenced in TDPs, which exhibit near symmetric transition frequencies with respect to the diagonal (Figure 6E). These data suggest that the primary role of GTP hydrolysis on the bacterial ribosome is to irreversibly trap the POST complex once it has formed.

Notably, although the bacterial ribosome slowly translocated in the presence of GMPPNP, ultimately reaching the same FRET states observed in the presence of GTP, the high-FRET (0.78 ± 0.05) POST-state conformation predominated at equilibrium (Figure 6D). This altered equilibrium persisted while EF-G-GMPPNP was present in the flow cell. In stark contrast to experiments on the mammalian ribosome (Figures 5A-5C), EF-G-GMPPNP washout from the flow cell did not lead to reversion to the PRE state but instead generated a ribosome complex that was indistinguishable from the canonical POST complex obtained with EF-G-GTP (Figures 6 and S5B). Addition of EF-G-GMPPNP to fully translocated POST ribosomes rapidly returned the system to the high-FRET state (Figure S5C), in line with the established kinetics of EF-G-GMPPNP binding ( Munro et al., 2010a).

Taken together, these findings reveal that EF-G-GMPPNP dramatically and specifically impedes very late steps of translocation. In the GMPPNP-stalled bacterial complex, reversible exchange between late intermediates, akin to the TI-POST-1, TI-POST-2, and TI-POST-3 states captured by our cryo-EM studies of the mammalian ribosome, ultimately gives rise to complete translocation and stabilization of a predominantly rotated ribosome conformation in which EF-G-GMPPNP is bound. We conclude that EF-G-GMPPNP binding to POST complexes lacking an E-site tRNA is sufficient to overcome interactions of the 3′-CCA end of peptidyl-tRNA bearing short nascent peptides with the 50S P site to promote a hybrid-like tRNA position. Further experiments will be required to determine the extent to which such propensities are dampened by longer nascent peptides.

Conclusions

The three distinct intermediate states of mammalian translocation described here indicate that events prior to the rate-limiting barrier crossing event that completes translocation are facilitated by progressively larger interaction energies between eEF2 and the ribosome (reviewed in Spirin, 2009). Together with our previous structures of mammalian PRE- and POST-state ribosomes (Behmann et al., 2015; Budkevich et al., 2011), the present findings indicate that these eEF2 interactions enable nearly complete movement of the tRNA2-mRNA module with respect to the ribosome prior to GTP hydrolysis (Figure 7).

Prior to eEF2 binding to the rotated PRE-2 complex, A/P and P/E hybrid state tRNAs have already covered a major portion of the distance toward their final P/P and E/E positions, especially relative to the 60S subunit. Because of internal tRNA conformational changes, the tRNA bodies, but not the anticodon-stem loops, have also moved a significant distance relative to the 40S body/platform in the direction of translocation (Figure 7). By analogy with bacterial translocation, we propose that initial binding of eEF2 results in a TI-PRE state with large intersubunit rotation and little to no 40S head swivel (Brilot et al., 2013). Although the structure of such a state has yet to be solved, the transient FRET state (0.55 ± 0.05) observed on the path to POST complex formation during the initial steps of translocation (Figures 5A-5C) supports the existence of one or more such TI-PRE states during translocation of the mammalian ribosome.

Back-rotation and back-rolling, together with the swivel-like motion of the 40S head, provide a significant shift of the tRNA2-mRNA module relative to the 60S subunit and the 40S body/platform in the direction of translocation, resulting in compacted TI-POST-1 chimeric ap/P and pe/E hybrid states (Figure 7). Accordingly, the axis of 40S back-rotation in the presence of eEF2 is different from that observed in the transition between unrotated and rotated PRE states as the formation of the TI-POST-1 state combines back-rotation with 3′ of subunit back-rolling (Budkevich et al., 2014) (Figure S6). In contrast, the transition from TI-POST-1 to TI-POST-2 results in only minor changes in the tRNA positions (Figure 7). The same is true for the transition from TI-POST-2 to TI-POST-3, where the tRNA2-mRNA module is translocated relative to the 40S head by reverse swivel. Notably, we find that GTP hydrolysis contributes only modestly to the dramatic, initial movements of the tRNA2-mRNA module, while profoundly affecting the rate-determining steps responsible for resolving the rapidly formed TI-POST complexes to the bona fide POST state by facilitating eEF2 dissociation (Figures 5 and 6).
Although resolution of these late-intermediate states of translocation is slowed by roughly 50-fold in the absence of GTP hydrolysis, the bacterial ribosome is able to complete translocation in the presence of EF-G, GMPPNP. By contrast, the mammalian ribosome is either unable to achieve the bona fide POST state in the absence of GTP hydrolysis or final steps of translocation are slowed to an extent that is beyond our present capabilities to determine with precision (i.e., more than 2,000-fold). As our mammalian and bacterial ribosome translocation experiments were performed under identical conditions, these findings suggest a large and unexpected functional difference in the otherwise highly conserved elongation mechanism. We hypothesize that this apparent divergence is likely explained by the marked differences in E-site tRNA occupancy within the POST-like intermediate states of bacterial and mammalian ribosomes. In bacteria, dissociation of deacyl-tRNA from the E site prior to POST complex formation renders the reversal of translocation highly unfavorable. E-site tRNA dissociation also allows transient excursions of the bacterial ribosome to a rotated state in which peptidyl-tRNA can adopt a hybrid-like position. However, the contributions of such conformations to the completion of translocation remain to be determined. The presence of deacyl-tRNA on the mammalian ribosome throughout and subsequent to translocation appears to further slow the completion of translocation in the absence of GTPase activity. Such observations are consistent with marked structural and kinetic, distinctions between mammalian and bacterial translocation mechanisms (Ferguson et al., 2015).

We conclude from the data obtained that formation of POST-like ribosome conformations facilitates the transitions of EF-G and eEF2 to their GDP conformations to trigger their dissociation from the ribosome; the terminal step in the translocation mechanism. Such a model is reminiscent of proposed activities of other soluble GTPases (Inoue-Yokosawa et al., 1974).

**STAR METHODS**

Detailed methods are provided in the online version of this paper and include the following:

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Supplemental Information includes six figures and two tables and can be found with this article online at https://doi.org/10.1016/j.celrep.2018.11.040.

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# STAR★METHODS

## KEY RESOURCES TABLE

| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
|---------------------|--------|------------|
| **Bacterial and Virus Strains** | | |
| *E. coli* commercial One Shot MAX Efficiency DH10B T1 Phage-Resistant Cells | ThermoFisher Scientific | Cat#12331013 |
| *E. coli* commercial One Shot BL21(DE3) Chemically Competent cells | ThermoFisher Scientific | Cat#C600003 |
| **Biological Samples** | | |
| Yeast tRNA<sup>Phe</sup> | Sigma | Cat#R4018 |
| Rabbit reticulocyte lysate (RRL) | Green Hectares | N/A |
| **Chemicals, Peptides, and Recombinant Proteins** | | |
| ATP | Sigma-Aldrich | Cat#FLAAS |
| Complete, EDTA-free Protease Inhibitor Cocktail | Sigma-Aldrich | Cat#11873580001 |
| LD550 | Lumidyne Technologies | Cat#LD550 |
| LD650 | Lumidyne Technologies | Cat#LD650 |
| Cy3 | Synthesized in house | N/A |
| Cy5 | Synthesized in house | N/A |
| EcoRI | NEB | Cat#R0101 |
| GTP | Sigma-Aldrich | Cat#G8877 |
| GMP<sup>N</sup>P NP | Sigma-Aldrich | Cat#G0635 |
| Mammalian ProteaseArrest protease inhibitor | G-Biosciences | Cat#786-331 |
| Myokinase | Sigma-Aldrich | Cat#M5520 |
| Phenol water saturated, pH 6.6 | Ambion | Cat#AM9712 |
| Phosphoenolpyruvate (PEP) | Sigma-Aldrich | Cat#P7127 |
| Puromycin (dihydrochloride) | Sigma-Aldrich | Cat#P8-58-2 |
| Pyruvate Kinase | Sigma-Aldrich | Cat#P9136 |
| RNasin® Plus | Promega | Cat#N2611 |
| Valine, L-[<sup>14</sup>C(U)] | PerkinElmer | Cat#NEC291E |
| 3,4-Dihydroxybenzoic acid (PCA) | Sigma-Aldrich | Cat#37580 |
| 4-nitrobenzyl alcohol (NBA) | Sigma-Aldrich | Cat#N12821 |
| Cyclooctatetraene (COT) | Sigma-Aldrich | Cat#138924 |
| Protocatechuic, 3,4-dioxygenase (PCD) | Sigma-Aldrich | Cat#P8279-25UN |
| Trolox | Sigma-Aldrich | Cat#238813 |

## Critical Commercial Assays

| T7 RiboMAX Express Large Scale RNA Production | Promega | Cat#P1320 |

## Deposited Data

| Cryo-EM density map: TI-POST-1 state | This study | EMD-0098 |
| Cryo-EM density map: TI-POST-2 state | This study | EMD-0099 |
| Cryo-EM density map: TI-POST-3 state | This study | EMD-0100 |
| Model: TI-POST-1 state | This study | PDB ID: 6GZ3 |
| Model: TI-POST-2 state | This study | PDB ID: 6GZ4 |
| Model: TI-POST-3 state | This study | PDB ID: 6GZ5 |

## Experimental Models: Cell Lines

| HEK293T | ATCC | Cat#CRL-3216; RRID:CVCL_0063 |

(Continued on next page)
**CONTACT FOR REAGENT AND RESOURCE SHARING**

Further information and requests for resources should be directed and will be fulfilled by the Lead Contact, Christian M.T. Spahn (christian.spahn@charite.de).

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| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
|---------------------|--------|------------|
| Oligonucleotides    |        |            |
| MFF mRNA (5’-CAA CCU AAA ACU UAC ACA CCC UUA GAG GGA CAA UCG AUG UUU UUU UUU UUU UUU UUU UUU-3’) | Dharmacon | N/A |
| Recombinant DNA     |        |            |
| biotinylated dsDNA (5’-GTA AGT TTT AGG TTG CCC CCC TTT TTT TTT TTT TTT TTT-3’/ 3’-AAA AAA AAA AAA AAA AAA AAA AAA AAA AAA AAA AAA-5’) | Dharmacon | N/A |
| DNA oligo for tRNA™ purification 5’- TCgCCgTTTTgAACGgggACCT-BIO | TIB MolBiol | N/A |
| Software and Algorithms |        |            |
| SPARTAN             | (Juette et al., 2016) | version 3.3.0 |
| Leginon             | (Suloway et al., 2005) | http://leginon.org |
| CTFFIND4            | (Rohou and Grigorieff, 2015) | http://grigoriefflab.janelia.org/ctffind4 |
| SIGNATURE           | (Chen and Grigorieff, 2007) | http://grigoriefflab.janelia.org/signature |
| SPIDER              | (Frank et al., 1996) | https://spider.wadsworth.org/ |
| ResMap              | (Kucukelbir et al., 2014) | http://resmap.sourceforge.net/ |
| MotionCorr1v.2      | (Li et al., 2013) | http://msg.ucsf.edu/em/software/ (Only newer version (Motioncor2) available now) |
| Chimera             | (Pettersen et al., 2004) | https://www.cgl.ucsf.edu/chimera/ |
| Coot                | (Emsley and Cowtan, 2004) | http://www2.mrc-lmb.cam.ac.uk/Personal/pemsley/coot/ |
| MDfit               | (Ratje et al., 2010) | http://sanbonmatsu.org/gmx-4.5.5-mdfit.tar.gz |
| PHENIX              | (Adams et al., 2010) | https://www.phenix-online.org/ |
| iTasser             | (Yang et al., 2015) | https://zhanglab.ccmb.med.umich.edu/I-TASSER/ |
| ERRASER             | (Chou et al., 2013) | https://www.rosettacommons.org/manuals/archive/rosetta3.4_user_guide/index.html |
| Molprobity          | (Chen et al., 2010) | http://molprobity.biochem.duke.edu/ |
| RCSB PDB Validation service | | https://validate-rcsb-1.wwpdb.org/ |
| SPARTAN             | (Juette et al., 2016) | version 3.3.0 |
| Other               |        |            |
| Mono Q HR 5/5 FPLC column | GE Healthcare | Cat#17-0546-01 |
| P11 phosphocellulose | Sigma-Aldrich | Cat#C3145 |
| HiTrap Heparin HP column | GE Healthcare | Cat#17040701 |
| Nucleosil 300-7 C8 HPLC column | Knauer | Cat#25DK089NSL |
| Streptavidin Sepharose HP | GE Healthcare | Cat#90100484 |
| SP-Sepharose, Fast flow | GE Healthcare | Cat#GE17-0729-10 |
| Carbon coated holey grids (2nm) R 3/3 Copper | Quantifoil | N/A |
| tRNA sequences      |        | http://tma.bioinf.uni-leipzig.de |
| rRNA secondary structure maps | | http://jufali.userpage.fu-berlin.de http://www.ma.icmb.utexas.edu/ |
**EXPERIMENTAL MODEL AND SUBJECT DETAILS**

**E. coli strains DH10B, BL21(DE3) and MRE600**

*E. coli* strain DH10B (ThermoFisher Scientific) was used for DNA plasmid amplifications. The strain was grown in LB-medium or on LB-agar with or without antibiotics which the strain is naturally resistant to (tetracycline or chloramphenicol) or (if transformed) which the strain obtained resistance to by plasmid uptake (either ampicillin or kanamycin).

*E. coli* strain BL21-CodonPlus (DE3)-RIPL (ThermoFisher Scientific) was used for preparation of recombinant proteins. The strain is tetracycline resistant and was grown either in LB-medium or on LB-agar with either tetracycline or other antibiotics (resistance acquired by through plasmid transformation).

*E. coli* strain MRE600 (ATCC) was used for ribosome preparation. It was grown in LB media or on LB agar plates without antibiotic. All bacterial strains were grown at 37, 25 or 18 °C as required.

**HEK293 T cell line**

HEK293T cells (ATCC CRL-3216) were grown in Dulbecco’s Modified Eagle Medium (DMEM) (Sigma-Aldrich) supplemented with 10% Fetal Bovine Serum (FBS) (GIBCO) and penicillin-streptomycin (100 U/ml, GIBCO) at 37 °C with 5% CO₂. Absence of mycoplasma contamination confirmed by MycoAlert Mycoplasma Detection Kit.

**METHOD DETAILS**

**Preparation of mammalian (rabbit, human) and bacterial ribosomal subunits**

Ribosomal subunits (40S and 60S) from rabbit reticulocyte lysate (RRL; Green Hectares), free of endogenous tRNAs and mRNAs used for cryo-EM sample preparation were prepared according to (Bommer et al., 1997). Ribosomes were sedimented from 300 mL of nuclease treated RRL in a 50.2 Ti rotor (Beckman Coulter) at 40,000 rpm for 3 h at 4 °C. The pellets were briefly washed and resuspended in buffer; 5 mM HEPES pH 7.5, 50 mM KCl, 1.5 mM MgCl₂, 2 mM DTT using a glass dounce with Teflon pestle. The ribosome concentration was about 20 mg/ml as judged by A₂₆₀. The KCl concentration was adjusted to 0.5 M. Freshly prepared puromycin (1 mg/ml) was added to give a ratio of 1 mg puromycin per 100 mg of ribosomes. The final ribosome concentration was adjusted to 10 mg/ml while maintaining 0.5 M KCl. Ribosomes were incubated 30 min on ice and 15 min at 37 °C. Dissociated subunits were layered on 10%–30% linear sucrose gradients in buffer; 5 mM HEPES pH 7.4, 50 mM KCl, 5 mM MgCl₂, 2 mM DTT and ribosomes were pelleted down by centrifugation in a Type 45 Ti rotor (Beckman Coulter) at 40,000 rpm for 18 h at 4 °C. The gradients were fractionated while monitoring A₂₆₀. The main fractions of the 40S and 60S peaks were pooled, avoiding the overlapping area. The pooled fractions were diluted 1:1 with buffer; 50 mM HEPES pH 7.4, 30 mM MgCl₂, 2 mM DTT and ribosomes were pelleted down by centrifugation in a Type 45 Ti rotor (Beckman Coulter) at 40,000 rpm for 18 h at 4 °C. Ribosome pellets were resuspended in 20 mM HEPES pH 7.4, 50 mM KCl, 2 mM MgCl₂, 1 mM DTT. The purified subunits were frozen in liquid nitrogen and stored at −80 °C. Re-association to 80S ribosomes was confirmed by analytical centrifugation in a SW40 rotor (Beckman Coulter) at 18,000 rpm, 18 h. Ribosome concentrations were calculated assuming the following ratios: 60 pmol/A₂₆₀ for 40S subunits, 30 pmol/A₂₆₀ for 60S subunits and 20 pmol/A₂₆₀ for 80S ribosomes.

Ribosomal subunits from human tissue culture (HEK293T) used for smFRET experiments were purified essentially by the same method (Bommer et al., 1997). Specific deviations are described in (Ferguson et al., 2015).

Wild-type 30S and 50S ribosomal subunits were purified from *E. coli* MRE600 and used to prepare initiation complexes as previously described (Blanchard et al., 2004). uS13-labeled 30S subunits were prepared as previously described (Wasserman et al., 2015).

**Preparation of mammalian and bacterial elongation factors**

Elongation factors eEF1A and eEF2 were isolated from rabbit reticulocyte lysate (RRL; Green Hectares) using a protocol modified from (Pestova and Hellen, 2003). Using a sucrose cushion (1 M sucrose, 500 mM KCl, 5 mM MgCl₂, 20 mM TRIS-HCl pH 7.5, 1 mM Dithiothreitol (DTT), 20% glycerol), RRL was clarified of ribosomes by ultracentrifugation (Type 45 Ti Rotor, Beckman Coulter) spun at 40,000 rpm for 14 h at 4 °C in the presence of high salt (500 mM KCl), 1 mM phenylmethane sulfonyl fluoride (PMSF), and Mammalian ProteaseArrest (G-Biosciences). The resulting supernatant was subjected to ammonium sulfate precipitation and eEF1A and eEF2 were further purified from the 30%–40% and 50%–60% ammonium sulfate fractions, respectively. Both fractions were dialyzed overnight into Buffer A1 (25 mM KCl, 20 mM TRIS-HCl pH 7.5, 5 mM MgOAc, 6 mM β-mercaptoethanol, 60% glycerol) and stored at −20 °C.

**eEF1A** was eluted from the DEAE column using a 50-300 mM KCl gradient and dialyzed overnight against Buffer A2 (50 mM KCl, 20 mM HEPES pH 6.1, 1 mM DTT, 0.1 mM EDTA, 20% glycerol). For cryo-EM study the fraction containing eEF2 was further purified using P11 phosphocellulose (Sigma-Aldrich) using 50-500 mM KCl gradient. For FRET experiments a HiTrap Heparin chromatography column (GE Healthcare Life Sciences) and elution using a 50-200 mM KCl gradient was used. After dialysis against...
tRNA\textsubscript{Phe} complex (0.8 M) was purified according to (Triana et al., 1994). In the first step 80S ribosomes with a heteropolymeric MFVK-mRNA and corresponding forms of tRNA (Watanabe, 1972) was prepared with run-off transcription by us.

Anhydride was performed. 1/30 volumes of acetic anhydride was added to the \([^{14}\text{C}]\text{Val-tRNA mix every 15 min a total of 4 times. Extensive washing was done by 3X SSC buffer until optical density of the washed solution at A\text{260} was below 0.05. Elution was performed by mixing of resin with 0.1 X SSC buffer pre-heated at 65°C, incubating 5 min at 65°C, and short (few seconds) low speed centrifugation (1,000 rpm). The elution cycle was repeated 6-7 times. Eluted fractions were precipitated by 3 volumes of ethanol. Amino acid acceptor activity was determined by incubation of 0.1 A\text{260} units of purified tRNA\textsuperscript{Val}, 500 pmol of \([^{14}\text{C}]\text{Val (600 dpm/pmol and 5 A\text{280}/mL of total aminocacyl-tRNA synthetases (ARSases) in a 50 \mu l reaction mixture (30 mM HEPES pH 7.6, 100 mM KCl, 5 mM MgCl\textsubscript{2}, 5 mM AMP, 1 mM DTT). The amount of aminocacylated tRNA was determined by cold TCA precipitation after 15 min incubation at 37°C. Control incubation in the absence of tRNA was performed to set the filter background.

Acetyl-[\textsuperscript{14}\text{C}]tRNA\textsuperscript{Val} was obtained by incubation of 155 \mu g deacylated tRNA\textsuperscript{Val} in 400 \mu l containing 30 mM HEPES pH 7.6, 100 mM KCl, 5 mM MgCl\textsubscript{2}, 3 mM ATP, 1 U/\mu l RNasin\textsuperscript{\textregistered} Plus (Promega), 1 mM DTT, 60 \mu M \[^{14}\text{C}]\text{Val, 600 dpm/pmol (PekinElmer) and 5 A\text{280}/mL ARSases for 15 min at 37°C. After phenol/chloroform/isoamyl alcohol extraction, an acetylation step on ice in the presence of acetic anhydride was performed. 1/30 volumes of acetic anhydride was added to the \([^{14}\text{C}]\text{Val-tRNA mix every 15 min a total of 4 times. Deacetylation was performed in 400 \mu l containing 30 mM HEPES pH 7.6, 100 mM KCl, 5 mM MgCl\textsubscript{2}, 1 U/\mu l RNasin\textsuperscript{\textregistered} Plus (Promega), 1 mM DTT, 5 A\text{260}/mL total aminocacyl-tRNA synthetases, 6 mM AMP and 6 mM pyrophosphate (PP\textsubscript{i}) for 5 min at 30°C. After another round of phenol/chloroform/isoamyl alcohol extraction N-acetyl-[\textsuperscript{14}\text{C}]Val-tRNA\textsuperscript{Val} was purified by reversed-phase HPLC on a Nucleosil 300-7 C8 HPLC column (Knauer) using a methanol gradient as described (Triana et al., 1994). After each step of the purification the amount of charged material was determined by TCA precipitation.

Cryo-EM sample formation
To obtain 80S-tRNA\textsubscript{2}rRNA-\textsubscript{2}mRNA-eEF2-GMPPNP complex, the ribosomal sites were stepwise occupied by incubating of re-associated 80S ribosomes with a heteropolymeric MFVK-mRNA and corresponding forms of tRNA (Watanabe, 1972). The heteropolymeric MFVK-mRNA (49 nucleotides long, containing the coding sequence Met-Phe-Val-Lys) was prepared with run-off transcription by using T7 RibolMax Express Large Scale RNA Production (Promega) according to (Triana et al., 1994). In the first step 80S-mRNA-tRNA\textsuperscript{Phe} complex (0.8 \mu M), where deacylated tRNA Phe (Sigma) is located in the P site, was formed (2 times excess of tRNA over 80S, incubation 10 min at 37°C). In the second step, the A site was filled with N-acetyl-Val-tRNA\textsuperscript{Val} corresponded to the second codon of the MFVK-mRNA (2 times excess tRNA over 80S, incubation 10 min at 37°C). In the third step the tRNA\textsuperscript{Met} and N-acetyl-Val-tRNA\textsuperscript{Val} in the P and A sites, respectively, were translocated to the E and P sites by addition of eEF2 (2 times excess over 80S) and 200 \mu M GMPPNP (20 min, 37°C). The efficiency of the translocation reaction and the binding state of the tRNAs was determined in a fourth step by means of puromycin reaction (at 37°C, 1 h): puromycin reacts with P-site, but not A-site, bound aminocacyl-tRNA. The occupancy of N-acetylated Val-tRNA\textsuperscript{Val} was approximately 0.4 per 80S ribosome and more than 90% of the bound tRNA was reactive to puromycin, indicating a nearly quantitative translocation and P-site location. The complex was prepared just before cryo-grid preparation in a polyamine buffer; 20 mM HEPES pH 7.5, 5 mM MgCl\textsubscript{2}, 100 mM KCl, 0.6 mM spermine, 0.8 mM spermidine, 6 mM 2-mercaptoethanol.

Grid preparation and cryo-EM
Quantifoil holey carbon grids (Quantifoil Micro Tools GmbH) with a thin carbon layer were glow-discharged in a Plasma Cleaner (PDC002, Harrick). The samples were applied (3.5 \mu l and the grid was flash-frozen using a Vitrobot (FEI Company), with a blotting time of 2-4 s. The data was acquired with a Polara Microscope 300 kV (FEI Company) and a K2 Summit DED camera (Gatan) in super-resolution mode with a nominal magnification of 31,000x, pixel size = 0.6275 Å, electron dose 30 e/Å\textsuperscript{2}, exposure time 5 s. Images were collected with Leginon (Suloway et al., 2005) at a defocus range of 0.7-3.3 \mu m.

Data processing and sorting
Initial image processing included Background correction and CTF-calculation (CTFFIND4) (Rohou and Grigorieff, 2015). To account for drift and beam-induced motion during image acquisition, Motioncor 1v.2 (Li et al., 2013) was used to correct the raw micrographs. The obtained micrographs were evaluated with respect to the power spectrum and particle density and in the end, 4097 micrographs
were selected for the following reconstruction. Particle images were identified with Signature (Chen and Grigorieff, 2007). After automated particle picking in SPIDER (Frank et al., 1996), 274,077 particle images were used for SPIDER 3D multiparticle Sorting (Frank et al., 1996; Loerke et al., 2010). SPIDER sorting was initiated with alignment on a density map of an empty 80S ribosome, filtered to ~20 Å, followed by iterative addition of this reference leading to a separation of particle images into ribosome- and noise/junk populations. After separation based on large conformational changes, e.g., 40S subunit rotation, was achieved, focused reassignment on eEF2 was performed (Penczek et al., 2008). 3D variability analysis was used to evaluate the presence/absence of the elongation factor (described in (Behrmann et al., 2015)) and thus the efficiency of the sorting. After obtaining separation into the three populations TI-POST-1, TI-POST-2 and TI-POST 3, PDB-enhancement, small angle alignment and cross-correlation-based recalculation of the CTF-values in SPIDER (Frank et al., 1996) was used to improve the resolution. Additionally, the raw data corresponding to the final dataset was improved by Particle alignment and frame weighting: Particles were realigned individually (Rubinstein and Brubaker, 2015) to correct for anisotropic motion and separate reconstructions were calculated for each frame. From comparison of these reconstructions with an external reference simulated from atomic coordinates, SSNR-based weighting curves were calculated for each frame and all particles were combined using this frame-weighting for the final refinement steps and reconstruction. The local resolution of the density maps was calculated with ResMap using half-maps (Kucukelbir et al., 2014). The unfiltered raw maps from the refinement were filtered to the resolution retrieved from the Fourier shell correlation (FSC) value (0.143) in SPIDER using a Butterworth filter function.

**Model-building**

As starting point for modeling the mammalian ribosome, the model of the previously published POST-state (PDB: 5aj0) was used (Behrmann et al., 2015). Protein P0 was adapted from the previously published 80S As starting point for modeling the mammalian ribosome, the model of the previously published POST-state (PDB: 5aj0) was used. Model-building filtered to the resolution retrieved from the Fourier shell correlation (FSC) value (0.143) in SPIDER using a Butterworth filter function.

The models of the two tRNAs from PDB: 5aj0 were used and their sequence was corrected in Coot (Emsley and Cowtan, 2004). The mRNA was tentatively built as rigid bodies with Chimera (Pettersen et al., 2004). If necessary, rRNA domains or helices were separated and docked separately, particularly the L1 stalk, the head and the body/platform. The head was defined as the rRNA C1215-C1685 and the body/platform as A1697-1869 and U1-U1202, while the linking element of h28 was separately docked. For docking of the P-stalk-RNA, MD-Fit was used (Ratje et al., 2010). The separated parts were then re-ligated in Coot. The RNA components of the model were improved with ERRASER (Chou et al., 2013). Then, the model was improved manually with Coot and refined with Phenix real-space refinement (Adams et al., 2010). Manual correction in Coot and refinement in Phenix were repeated iteratively. To avoid overfitting, the weighting for the Phenix refinement was estimated from comparing the cross-resolution curves (Greber et al., 2015): The models were refined with a map comprising half of the particles from the original density map, using different weights. Then density maps were calculated from these refined models. Next, cross-resolutions between those maps and both half maps, as well as the corresponding full density map were calculated. The weight was chosen based on evaluation of the cross-resolution curves, focusing on the best compromise between good correlation with respect to the full map and consistency of the curves from cross correlation between the half map used for refinement and the other half map.

**Measurement of rotations and figure preparation**

40S subunit rotation/rolling and head swivel were measured in chimera using the “measure rotation” command. For the 40S body/platform, the structures were aligned on the 28S rRNA, and the rotation between a pair of 40S body/platform rRNA (1-1212; 1690-1869) was measured. For the 40S head, the structures were aligned on the 40S body/platform rRNA, and the rotation between a pair of 40S head rRNA (1210-1690) was measured. The figures of the models were prepared in Chimera (Pettersen et al., 2004).

**Nucleotides for smFRET**

GTP and GMPPNP were further purified using a Mono Q 5/50 GL anion exchange column (GE Healthcare Life Sciences).

**Preparation of fluorescently labeled tRNAs**

*E. coli* tRNA<sup>Met</sup> and tRNA<sup>Phe</sup> were purified as previously described (Dunkle et al., 2011; Wang et al., 2011) tRNA<sup>Met</sup> was labeled with Cy3 and tRNA<sup>Phe</sup> with Cy5 at the 4sU8 and acp<sup>b</sup> modifications on nucleotide U47, respectively, as described previously (Blanchard et al., 2004). *E. coli* tRNAs were used for smFRET imaging experiments for reasons discussed previously (Ferguson et al., 2015).

**Preparation of mammalian and bacterial complexes for smFRET**

Mammalian ribosomal subunits isolated from the polysome fraction of HEK293T cells were used to form 80S initiation complexes as previously described (Ferguson et al., 2015) following a procedure that bypasses the need for exogenous initiation factors (Burgess and Mach, 1971) using purified 40S and 60S subunits, Cy3-labeled Met-tRNA<sup>Met</sup> and MFF mRNA (5'-CAA CCA AAA ACU UAC ACA CCC UUA GAG GGA CAA UCG AUG UUU UUU UUU UUU UUU UUU-3') (Dharmacon) hybridized at the 5' end to a double-stranded biotinylated DNA linker (5'-GTA AGT TTT AGG TTG CCC CCC TTT TTT TTT TTT TTT TTT TTT TTT TTT-3/ 3'-AAA AAA AAA AAA AAA AAA AAA AAA AAA-5') (IDT).
uncertainty in the mean time estimates was calculated by bootstrap analysis.

Fitted by fitting of a single-exponential function to a plot of the mean FRET value versus time after washout of eEF2, the fast component making up 85–90% of the total amplitude. The mean time of back-translocation of the human ribosome was estimated by fitting of a two-exponential function to the data, in all cases the reported mean time corresponds to the time of the major, high-magnitude, arrival time to the POST state (0.86 FRET for the human ribosome, 0.74 FRET for the bacterial ribosome). The reaction mean time was translocation mean times from the idealized tRNA-tRNA FRET traces, we constructed normalized cumulative distributions over the range of the data.

0.07, 0.74 ± 0.05, 0.45 ± 0.07, 0.05, 0.47 ± 0.05, and 0.77 ± 0.05 model, respectively. To estimate translocation mean times from the idealized tRNA-tRNA FRET traces, we constructed normalized cumulative distributions over the arrival time to the POST state (0.86 FRET for the human ribosome, 0.74 FRET for the bacterial ribosome). The reaction mean time, was estimated by fitting of a two-exponential function to the data, in all cases the reported mean time corresponds to the time of the major, fast, component making up 85–90% of the total amplitude. The mean time of back-translocation of the human ribosome was estimated by fitting of a single-exponential function to a plot of the mean FRET value versus time after washout of eEF2-GMPPNP. The uncertainty in the mean time estimates was calculated by bootstrap analysis.

Preparation of ternary complex
Phenylalanine (2.5 mM), PheS (0.15 μM), pyruvate kinase (0.4 μM), myokinase (0.5 μM), Phosphoenolpyruvate (PEP; 3.75 mM), GTP (630 μM), and Cy5-labeled tRNAfMet (250 nM) were combined in charging buffer (250 mM TRIS pH 8, 100 mM KCl, 500 mM NH₄Cl, 50 mM MgCl₂, 5 mM DTT, 12.5 mM ATP, 2.5 mM EDTA) before addition of either eEF1A (1 μM) or EF-Tu-EF-Ts (1 μM). The resulting mixture was incubated for 5 min at 37°C to aminoacylate the tRNA and form ternary complex. Before injection into the microscope flow cell for smFRET imaging, ternary complex was diluted 40X in human polymix buffer containing 0.5 mM GTP to a final concentration of 6.25 nM.

smFRET imaging of mammalian translocation
All smFRET experiments were conducted in human polymix buffer (50 mM TRIS pH 7.5, 5 mM MgCl₂, 50 mM NH₄Cl, 2 mM spermidine, 5 mM putrescine) containing a mixture of triplet-state quenchers (1 mM Trolox, 1 mM 4-nitrobenzyl alcohol (NBA), 1 mM cyclo-octatetraene (COT)) (Dave et al., 2009) and an enzymatic oxygen scavenging system (2 μM 3,4-Dihydroxybenzoic acid (PCA), 0.02 U/ml protocatechuate 3,4-dioxygenase (PCD)) (Aitken et al., 2008). Surface-immobilized human ribosome pre-translocation complexes were prepared as described previously (Ferguson et al., 2015). Briefly, eEF1A ternary complexes containing Cy5-labeled Phe-tRNAfMet were delivered to surface-immobilized 80S initiation complexes containing P-site Cy3-labeled Met-tRNAfMet and displaying a UUU codon in the A site. Ternary complex was incubated with the ribosomes for 30 s and then washed from the flow cell with human polyimix buffer, leading to stoichiometric formation of PRE ribosomes containing Cy3-labeled tRNAfMet in the P site and Cy5-labeled Met-Phe-tRNAfMet in the A site. FRET traces were selected for further analysis according to the following criteria: a single catastrophic photobleaching event, at least 8:1 signal/background-noise ratio and 6:1 signal/signal-noise ratio, less than four donor-fluorophore blinking events, a correlation coefficient between donor and acceptor < 0.5 and a lifetime of at least 50 frames (2 s at 40 ms time resolution) in any FRET state ≥ 0.15.

smFRET imaging of bacterial translocation
All smFRET experiments on bacterial translocation were conducted in the same buffer conditions as the experiments on the human ribosome. Surface-immobilized bacterial PRE complexes were prepared exactly as described (Wasserman et al., 2016). Briefly, EF-Tu ternary complexes containing Cy5-labeled Phe-tRNAfMet were delivered to surface immobilized 70S initiation complexes containing either P-site Cy3-labeled fMet-tRNAfMet or P-site fMet-tRNAfMet and N-terminally L5S50-labeled ribosomal protein uS13, and displaying a UUU codon in the A site. Ternary complex was incubated with the ribosomes for 30 s and then washed from the flow cell with human polyimix buffer, leading to stoichiometric formation of PRE ribosomes containing A-site Cy5-labeled fMet-Phe-tRNAfMet and either unlabeled P-site tRNAfMet and L5S50-labeled uS13 or Cy3-labeled P-site tRNAfMet. EF-G (5 μM) together with either 0.5 mM GTP or GMPPNP was delivered to these PRE complexes by manual injection. smFRET data was recorded using a home-built total internal reflection based fluorescence microscope (Juette et al., 2016) at ~0.1 kW/cm² laser (532 nm) illumination at a time resolution of 40 ms. Donor and acceptor fluorescence intensities were extracted from the recorded movies and FRET efficiency traces were calculated using custom software implemented in MATLAB R2015b. FRET traces were selected for further analysis according to the following criteria: a single catastrophic photobleaching event, at least 8:1 signal/background-noise ratio and 6:1 signal/signal-noise ratio, less than four donor-fluorophore blinking events, a correlation coefficient between donor and acceptor < 0.5 and a lifetime of at least 50 frames (2 s at 40 ms time resolution) in any FRET state ≥ 0.15.

Analysis of smFRET data and estimation of translocation mean times
smFRET traces were analyzed using hidden Markov model idealization methods as implemented in the SPARTAN software package (Juette et al., 2016). In all idealizations, transitions between all states were allowed. Translocation of the human ribosome was idealized to a five-state model (FRET values: 0.25 ± 0.05, 0.43 ± 0.06, 0.59 ± 0.05, 0.74 ± 0.05 and 0.86 ± 0.05), translocation of the bacterial ribosome from the tRNA-tRNA and uS13-tRNA perspectives was idealized to a three-state model (FRET values: 0.25 ± 0.05, 0.45 ± 0.07, 0.74 ± 0.05) and a four-state model (FRET values: 0.19 ± 0.03, 0.28 ± 0.03, 0.47 ± 0.05, 0.77 ± 0.05) model, respectively. To estimate translocation mean times from the idealized tRNA-tRNA FRET traces, we constructed normalized cumulative distributions over the arrival time to the POST state (0.86 FRET for the human ribosome, 0.74 FRET for the bacterial ribosome). The reaction mean time, was estimated by fitting of a two-exponential function to the data, in all cases the reported mean time corresponds to the time of the major, fast, component making up 85–90% of the total amplitude. The mean time of back-translocation of the human ribosome was estimated by fitting of a single-exponential function to a plot of the mean FRET value versus time after washout of eEF2-GMPPNP. The uncertainty in the mean time estimates was calculated by bootstrap analysis.

Wild-type and uS13-labeled initiation complexes were prepared as previously described (Blanchard et al., 2004; Wasserman et al., 2015).
QUANTIFICATION AND STATISTICAL ANALYSIS

Details of statistical methods used in the various software for cryo-EM data analysis can be found in the relevant original publications. For validation of the atomic models, the pdb-database (https://validate-rcsb-1.wwpdb.org/) and Molprobity (http://molprobity.biochem.duke.edu/) were used.

All smFRET experiments used for quantitative analysis were performed in triplicate. smFRET traces were analyzed using hidden Markov model idealization methods as implemented in the SPARTAN software package (Juette et al., 2016) and reaction mean times were estimated by non-linear fitting. Uncertainties in the estimated mean times were calculated by bootstrap analysis. Uncertainties in the mean times presented in the main text are standard errors. Uncertainties in FRET values estimated from hidden Markov model analysis are standard deviations.

DATA AND SOFTWARE AVAILABILITY

The accession numbers for the cryo-EM density maps reported in this paper are EMDB: EMD-0098 (TI-POST-1 state), EMD-0099 (TI-POST-2 state), and EMD-0100 (TI-POST-3 state). The accession numbers for the atomic coordinates reported in this paper are PDB: 6GZ3 (TI-POST-1 state), 6GZ4 (TI-POST-2 state), and 6GZ5 (TI-POST-3 state).