Rain: Relaxations in the sky

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We demonstrate how, from the point of view of energy flow through an open system, rain is analogous to many other relaxational processes in Nature such as earthquakes. By identifying rain events as the basic entities of the phenomenon, we show that the number density of rain events per year is inversely proportional to the released water column raised to the power 1.4. This is the rain-equivalent of the Gutenberg-Richter law for earthquakes. The event durations and the waiting times between events are also characterised by scaling regions, where no typical time scale exists. The Hurst exponent of the rain intensity signal $H = 0.76 > 0.5$. It is valid in the temporal range from minutes up to the full duration of the signal of half a year. All of our findings are consistent with the concept of self-organised criticality, which refers to the tendency of slowly driven non-equilibrium systems towards a state of scale free behaviour.

I. INTRODUCTION

Water is a precondition for human survival and civilisation. For this reason, measurements on water resources have been recorded for several centuries. A time series from the Roda gauge at the Nile reaches back to the year 622 AD [1]. The main focus of analysis has historically been on statistics yielding a reliable estimate for the rainfall during the growth season. The most obvious question to ask is in this context: How much does it rain, on average, in the relevant months? Questions of this type can be answered using long time series without high temporal resolution, and a measurement of relatively low sensitivity may be sufficient. Entirely different levels of resolution and precision are needed in order to penetrate further into the complexity of precipitation processes. One might want to know just how reliable – or in fact how meaningful – is an estimate of future rainfall based on averages from the past. Of course, one would ultimately like to understand the processes that make a cloud release its water. Questions of this kind point to the statistical properties of rain events rather than temporal averages.

In Sec. II we discuss the new type of radar measurement on which our analyses are based. A time-series of high precision rain rates with one minute resolution was obtained. Section III A is subsectioned and introduces the various measures we apply to the time series. In Sec. III B we introduce the fundamental concept of rain events as sequences of non-zero rain rates, which enables comparison with many other relaxational processes endowed with an event-like structure [3]. Equipped with this concept we investigate the statistical properties of event sizes. Over at least three orders of magnitude of event sizes the number density is consistent with a decaying power law implying that there is no typical event size. We find that the most frequent small events are the binary signal in time of either rain or no rain and relate the probability distribution of waiting times to the fractal dimension of this signal. It is then speculated that the physical reason for the lower breakdown of the observed fractal regime at a time-scale of the order of 10 min may be set by the time it takes for cloud droplets to grow into raindrops. The upper end of the scaling region coincides with the time scale given by passing frontal weather systems. In Sec. III D we define the Hurst exponent of the rain signal as 0.76, spanning four orders of magnitude $\tau \in [10 \text{ min}, 1/2 \text{ year}]$, extending Hurst’s result from the Nile gauge at Roda, which is valid for $\tau \in [1 \text{ year}, 1080 \text{ years}]$. Section IV establishes a close analogy between the observed characteristics and other relaxational processes such as earthquakes and avalanches in granular media. Finally in Sec. V we conclude that the framework of self-organised criticality may serve as a useful working paradigm when dealing with rain.

II. MEASUREMENT

The recent developments in remote sensing techniques have opened entirely new opportunities to rain analysis. By using a radar rather than a common water gathering device, the limits on rain measurements due to evaporation, sensitivity threshold, averaging times and accessibility can be pushed considerably [3].

The data we used refer to a height range of 50 m at 250 m above sea level and have been collected from January to July 1999 with the Micro Rain Radar MRR-2, developed by METEK [4]. The radar is operated by the Max-Planck-Institute for Meteorology, Hamburg, in Germany at the Baltic coast in Zingst (54.43°N 12.67°E) under the Precipitation and Evaporation Project (PEP) in BALTEX [5]. The retrieval of the rain rate is based on a Doppler spectrum analysis described by Atlas [6]. At vertical incidence, the fall velocity of a droplet can be iden-
tified with the Doppler shift. The friction force acting on a falling drop increases approximately proportional to its surface, but the gravitational force increases proportionally to its volume. Therefore, in the atmosphere, larger drops fall faster than smaller ones, and spectral bins can be attributed to corresponding drop sizes. For a given drop size, scattering cross sections can be calculated by Mie theory. Droplets are approximated by ellipsoids with known axis ratio. The influence of the changing air density with height is considered according to Beard, and standard atmospheric conditions are assumed. Attenuation of radar waves by droplets is accounted for using the observed droplet spectrum of the lowest range gate to estimate attenuation for the following one. For higher gates all observed and corrected spectra of lower layers are taken into account. Thus, from the Doppler spectrum alone one can infer the number of drops \( n_i \) of any desired volume \( V_i \) as well as their fall velocities \( v_i \). The rain rate can be calculated instantaneously as \( q(t) = \sum_i n_i v_i \). In the time series we investigated, the continuous measurement is averaged over one-minute intervals, leading to one minute temporal resolution. When the signal due to rain becomes indistinguishable from the background noise at the receiver, the rain rate is defined as zero. Under the pertinent conditions, the calculated rain rate was typically \( q_{\text{min}} = 0.005 \) mm/h, when this happened. What is measured at this sensitivity threshold would probably more sensibly be labelled the turbulent motion of drizzle through the atmosphere, rather than rain. Instead of asking whether rain can be detected, a question that arises now is what we actually mean by rain. To achieve this level of precision, a conventional pluviometer would have to be able to detect a water column of 83.3 nm “rain” spread out over one minute. For comparison, the diameter of a single water molecule is about 0.3 nm. Thinking in terms of accumulated water column in such a rain gauge and given one-minute averaging time, one would come to the conclusion that the smallest detectable rain event corresponds to a minute during which on average every second, a film four molecules thick, drifts down towards the ground. This, of course, would be impossible to detect. The MRR-2, however, employs a method that is not based on water hitting or passing through an area of a few decimeters across. Given the 50 m height range starting at 250 m above the radar with 2° opening angle, it measures what happens to the liquid water in a volume of the order of 1000 m³, and one must bear that in mind to understand the minimum values calculated above. Of course, events at the radar’s sensitivity threshold are far from being detectable by any water-collecting pluviometer and similarly far away from what we associate with the word “rain”. Nonetheless, we will consider any minute with derived \( q(t) > q_{\text{min}} \) as “rain”, and conversely, only if the radar fails to detect any net downward motion of water through the air, we will speak of “no rain”. We will come back to this point in Sec. III A. Especially for small rain rates the employed method is extremely powerful.

The quantitative retrieval is restricted to rain. The reflection spectra of snow and hail look very different from those of liquid water and can be identified. In this case the method fails to calculate correct water masses. The latest version of the instrument recognises non-rain precipitation by an internal algorithm. The rain intensity data used were calculated from measurements performed while the development of the instrument was still ongoing, and hence the raw data had to be checked manually.

### III. DATA ANALYSIS

The months January and February contain several instances of snow at our chosen measuring height of 250 m. By far the largest snow disturbance was observed on March 6, from 3:19 am until 11:38 pm. The Doppler spectra reveal that 250 m altitude was inside the melting layer, and the water column resulting from interpreting the event as rain would have been 279 mm, which is of the order of the usual rainfall of eight weeks. In June and July, five very short periods of extremely high calculated rain rates were found (see Fig. 1). The Doppler spectra indicate two different types of drops with fall velocities at \( \approx 4 \) m/s and \( \approx 9 \) m/s. Comparison with meteorologic records shows that around these times, thunderstorms with hail or extreme rainfall may have caused the radar to malfunction. As in the case of snow disturbances, data gathered during these periods were excluded from the analyses in Sec. III A and III B. The results in Sec. III C and III D, however, refer to the entire data set since the value of the rain intensity is irrelevant here. To make sure that our results are not an artifact of the observed anomalies, all analyses were also performed on the certainly clean months of April and May. No differences to the previously obtained results were observed. Due to the high resolution, not even the ranges of validity were significantly affected.
FIG. 1. The rain rate [mm/h], averaged over one minute, plotted versus the time of occurrence [min since 01-01-99, 0:00]. The five high peaks at the right-hand side of the figure, shown as dashed lines, are a result of malfunctioning during extreme weather conditions in thunderstorms. They correspond to 75 out of 266,611 minutes, which is so small a fraction that none of our results would be significantly altered by including them.

A. Event Sizes

Previous work focused on rainfall during fixed time intervals and on the statistical properties of such fluctuating rain intensities. Other studies addressed distributions of wet and dry spells (see e.g. [12]). The fundamental novelty of the present study is to acknowledge the event-like structure of rain [2]. Events are defined as a sequence of non-zero rain rates, and their size \( M = \sum q(t) \Delta t \), with \( \Delta t = 1 \text{ min} \), is the accumulated water column during the event. The intervals of zero rain rate between events are called drought periods. Our perspective is motivated by work on other Natural phenomena, such as earthquakes, where one is mainly interested in the events. While the entire agricultural sector depends on a sufficient amount of rain spread out over the months of the growth season, no one depends on the average rain the radar technique is roughly 10,000 times more precise but also that a considerable fraction of rain events must be missed with conventional methods.

Figure 2 shows the number density of rain events per year \( N(M) \) versus event size \( M \) on a double logarithmic plot. In a scaling regime \( M_{\text{min}} < M < M_{\text{max}} \), extending over at least three orders of magnitude, the distribution follows the simple power law

\[
N(M) \propto M^{-\tau_M}, \quad \tau_M \approx 1.4. \tag{1}
\]

This implies that a typical scale of events does not exist, and scale invariance prevails. In the scaling region, if we compare the frequency of events of size \( M \) to that of events of size \( kM \) we obtain the same fraction, independent of \( M \). From Eq. (1), it follows that:

\[
N(M)/N(k * M) = k^{\tau_M}, \quad M \in [M_{\text{min}}, M_{\text{max}}]. \tag{2}
\]

But Fig. 2 contains even more information. For events smaller than \( M_{\text{min}} \approx 5 \times 10^{-3} \text{ mm} \) the power law breaks down. This is indicative of a different physical process being responsible for events in this realm. Within the scaling regime, events of all sizes look alike when compared to others. Hence there is no reason to assume different physical origins. We will later motivate the suggestion that this common origin is sudden relaxation, bursts of intermediated stored energy leaving the atmosphere. Where the power law breaks down, a different type of process sets in. Events smaller than \( M_{\text{min}} \) might be due chiefly to the inner dynamics of the atmosphere. Virga, drizzle that evaporates before reaching the ground, is difficult to interpret from the event perspective. Drizzle can form at the lower edge of clouds but immediately re-evaporate. Commonly the distinction between cloud droplets and rain drops is made in terms of diameter. When the droplet diameter surpasses 0.1 mm one speaks of rain drops. This definition reflects a physical separation apparent from a gap in the drop size distribution around 0.1 mm diameter [13]. Fringes of virga, half cloud and half rain, may be the explanation for events smaller than \( M_{\text{min}} \) in Fig. 2. Indicated with an arrow in Fig. 2 is the typical sensitivity threshold 0.1 mm of high precision tipping bucket rain gauges. The value 0.1 mm is widely
used as the definition of zero precipitation \[3\]. Given that our interpretation of the breakdown of the power law is correct, and every rain event with \( M > 5 \times 10^{-3} \) mm is actual rain, it is evident that measurements with today’s standard precision simply don’t see a considerable fraction of the rain events. Questions regarding the fine structure of rain and the actual physical processes involved are then hard to address. With the radar measurement on the other hand, all rain seems to be captured and we can choose a suitable limit \((M_{\text{min}})\) below which events are ascribed to a different physical process.

To ascertain that we are capturing the entire physically relevant range of the observables of the process of rain, it is evidently necessary to use observational techniques enabling us to see beyond the physical limits of rain. Results from investigations that do not fulfill this requirement cannot be conclusive and must be treated with careful scepticism. The present study suggests a reasonable maximum sensitivity threshold of around 5 \( \times 10^{-3} \) mm, which is one twentieth of the commonly used threshold.

Assuming Eq. \[3\], we can easily calculate the number \( N(M > M_1) \) of expected events exceeding a given mass \( M_1 \).

\[
N(M > M_1) \propto \int_{M_1}^{\infty} M^{-\tau_M} dM = \frac{1}{\tau_M - 1} M_1^{-\tau_M + 1}. \quad (3)
\]

It follows that

\[
N(M > M_2) = N(M > M_1) \left( \frac{M_2}{M_1} \right)^{-\tau_M + 1}. \quad (4)
\]

Since we know how many events there are with \( M > M_1 = M_{\text{min}} \), Eq. \[3\] can be used to estimate \( N(M > M_2) \), where \( M_2 > M_{\text{min}} \). We observed 10 events in the largest non-empty bin ranging from 17 mm to 35 mm, but from extrapolating the power law as outlined above, we would another 10 in the following bin ranging from 35 mm to 70 mm. In total we would expect to see 38 events larger than the largest event that was actually observed. We therefore conclude that the sudden upper cutoff apparent in Fig. \[3\] is not due to the limited time of observation but rather reflects a physical limit to the process of rain at the given location. We define \( M_{\text{max}} \) as the largest event in the data set, a downpour of \( M_{\text{max}} \approx 35 \) mm of rain.

**B. Event Duration**

The number density of events versus event duration \( T_E \) was found to approximate to a power law, see Fig. \[3\]

\[
N(T_E) \propto T_E^{-\tau_E}, \quad \tau_E \approx 1.6. \quad (5)
\]

**FIG. 3.** The measured distribution of event durations (open circles). The data are consistent with a power law decay (solid line). The exponent of \( \tau_E \approx 1.6 \) is larger than the exponent for the event size distribution, implying a non-trivial relation between event duration and the rain rate during the event.

To highlight the implications of this result we consider the simplest form of a precipitation model. Naively, one might divide the number of minutes with measured rain by the total number of minutes observed, and simply use this fraction as the rain probability \( p_{\text{rain}} \) in every minute. About 8\% of the minutes we observed contain rain. Therefore, the probability for two successive rain minutes would be \( p_{\text{rain}}^2 = 0.0064 \), and for 5 successive minutes, it would already be negligible. Any model based on independent events produces characteristic time scales. In this case, one of the characteristic time scales would be the typical rain duration \( t_r \). The probability for a rain event of duration \( T_E \) is given by \( p(T_E) = p_{\text{rain}}^{T_E} \). This can be re-written as \( p(T_E) = e^{-T_E/t_r} \), where \( t_r \) is the characteristic rain duration, which hardly any events will surpass. It follows that \( t_r = -\ln(p_{\text{rain}}) \approx 24 \) s.

But the measured distribution is qualitatively different. Not only does the power law like number density allow for events longer than 1000 min, but no typical duration is found at all. We do not observe an exponential distribution of any kind.

The exponent in the power law relating the duration of events to their frequency is different from that for the event sizes. This implies a non-trivial relationship between the duration and the average rainrate during an event. If we could simply assume an average rain rate, equal for all rain events, the size would be proportional to the duration and the distributions would have the same exponent. Apparently, longer rain events are more intense.

The statistical support for a difference between the exponents of event size and duration is not very strong but the results shown in Fig. \[4\] reinforce this conjecture. Figure \[4\] shows the average event size plotted versus event duration, and an exponent slightly greater than 1 is observed. This is a crude and somewhat forced measure to
apply but it yields results that are qualitatively consistent with Figs. 2 and 3 since if the average event size increased proportionally to the duration, the observed exponent would be 1.

Hence, on average the rain rate was greater for long events. The solid line represents a power law approximation, with exponent $\tau_D = 1.4$, to the observed distribution. The arrow indicates one day, around which a deviation from pure power law behaviour can be observed. This is due to the daily meteorological cycle. For comparison, a Poisson process, yielding an exponential distribution of waiting times, was fitted to the data (dashed line). The rate of events $\lambda$ is defined as the total number of observed rain events $N_{\text{total}}$ divided by the total time of observation $t_{\text{total}}$. The number of events is then normalised to annual values. The Poisson process would give a number density $N(10000 \text{ min}) = 1.2 \times 10^{-18}$ (not shown). Clearly, the observed values are incompatible with such an uncorrelated process.

Adding the persistence of rain to that of droughts, the signal $q(t)$ can be modelled with a two-state Markov process. One then defines transition probabilities from rain to drought and drought to rain, consistently with the fraction of total rain and drought times. In this case, typical drought and rain durations can be chosen. Persistence is now accounted for, but the probability for observing drought or event durations above these characteristic time scales would still decay exponentially, while remaining constant for shorter events and droughts (see Fig. 3). This is incompatible with the observed distributions for both the drought durations and the event durations. The following section will strengthen this result further.

C. Drought Duration

In Fig. 4, the probability distribution of drought durations $N(T_D)$ is shown to follow a power law:

$$N(T_D) \propto T_D^{-\tau_D}, \quad \tau_D \approx 1.4. \quad (6)$$

No cut-offs were apparent. The power law is a good approximation from the minimum (1 minute) all the way to the maximum (two weeks) of observed drought durations. The only observed deviation at droughts of around one day length is due to the daily meteorological cycle. As for the event durations, this behaviour clearly implies correlation. We can define the drought probability as $D = 1 - p_{\text{rain}}$. Hence all the arguments in sec. II B apply for drought durations too. With $p_{\text{drought}}$ replacing $p_{\text{rain}}$, the typical drought duration $t_d = \frac{1}{\lambda(1-p_{\text{drought}})} \approx 12$ min. The dashed line in Fig. 5 was generated by another method. Instead of treating minutes as the independent entities, we determine the rate at which rain events start by dividing the number of minutes by the number of rain events. This treatment takes into account the clustering of zero rain rates on the time axis, i.e. the persistence of droughts, but it cannot pay tribute to the dependencies which produce the real power-law behaviour. If arithmetic rather than exponential behaviour persists for more than two weeks then rain rates at times $t_1$ and $t_2$ two weeks apart still cannot be treated as independent.

D. Fractal Dimension

A fractal (see e.g. [14]) is a structure displaying scale invariance of the type mentioned in Sec. III A. Zooming into a fractal with a factor of $b$ and then re-scaling the coordinate system with a factor of $b^{d_f}$, where $d_f$ is called the fractal dimension, leaves the structure unchanged. Fractals often occur naturally, in which case the unchanged property is usually a statistical one. The rain data are from one fixed location but they span a long period of time. We define a binary signal – either rain or drought – and determine its fractal dimension in

![FIG. 4. The event size versus event duration. The dots represent single events of the corresponding duration. For each duration, the average of the single dots is evaluated (dashed line). Up to about 200 min the average event size ($M(t)$) increases to a good approximation like $T^{1.2}$ (solid line). An exponent greater than 1 is consistent with Figs. 2 and 3. Hence all the arguments in sec. III B apply for drought durations too.](image)

![FIG. 5. The open circles show the number density $N(T_D)$ of drought periods per year versus the drought duration $T_D$. The solid line represents a power law approximation, with exponent $\tau_D = 1.4$, to the observed distribution. The arrow indicates one day, around which a deviation form pure power law behaviour can be observed. This is due to the daily meteorological cycle. For comparison, a Poisson process, yielding an exponential distribution of waiting times, was fitted to the data (dashed line). The rate of events $\lambda$ is defined as the total number of observed rain events $N_{\text{total}}$ divided by the total time of observation $t_{\text{total}}$. The number of events is then normalised to annual values. The Poisson process would give a number density $N(10000 \text{ min}) = 1.2 \times 10^{-18}$ (not shown). Clearly, the observed values are incompatible with such an uncorrelated process.](image)
time, using the box counting method: Different lengths $l$ of time intervals (boxes) are used to cover the rainy sections on the time axis. The number of boxes $n(l)$ needed to cover the rain is proportional to $l^{-d_f}$.

The results are displayed in Fig. 6. In the double-logarithmic plot we find an S-shaped curve. The dashed lines indicate two regimes with trivial slope, $d_f = 1$, and the solid line a non-trivial regime where $d_f \approx 0.55$.

![FIG. 6. The number of time intervals (boxes) needed to cover the rain versus the box size. The fractal dimension $d_f$ is minus the slope of this function in a double logarithmic plot. $d_f \approx 0.55$ in a scaling regime spanning 2 orders of magnitude. Outside the scaling regime it assumes the trivial value 1.](image)

Consider again the simple model with the two state Markov chain. As long as the box size is below the typical rain duration, the number of boxes needed to cover the rain decreases trivially; they are used to fill the compact space of the rain events. When the typical rain duration is passed, each rain event is essentially covered by one box and the number of boxes remains constant. As the box size approaches the typical length for droughts, the entire duration of the measurement is filled, and the number of boxes begins to decrease in the trivial fashion again. The only way to obtain a non-trivial fractal dimension is to have – in a sense – typical droughts at all time scales. This amounts, of course, to having no typical drought duration at all. Mathematically, this scale-freedom is represented by the power-law distribution of drought durations. The number of boxes needed to cover the rain signal will be the true rain duration plus the time spanned by droughts that are shorter than the box size (these will be overlooked), all divided by the box size. Hence, apart from a constant, representing 8% of the total time, the time $T_c$ spanned by the boxes to cover the rain will increase with $l$ as $T_c = \int_0^l N(T_D) \ast T_D dT_D \propto \int_0^l T_D^{-1.42} \ast T_D dT_D$, which is implied by Fig. 6. Evaluating the integral we have $T_c \propto l^{-0.58}$. The number of boxes needed is $T_c/l = l^{-0.42}$. In this sense a fractal relation like the one shown in Fig. 6 could be a consequence of a power-law distribution of drought durations like in Fig. 6. It is the scale freedom that stretches the transition between the regime where the temporal resolution suffices to register the droughts and the regime where it does not. The values we measure suggest that there is more to the rain - no rain signal than only the power law of interoccurrence times. Deducing the fractal dimension from the drought distribution only, we would expect a value of 0.42. But we observe 0.55, and the difference appears to be significant.

The scaling regime extends from a lower limit around 10 minutes to an upper breakdown near 3 to 4 days. While one might expect the fractal regime to span further for longer time series, the analysis of a 30 year time series from Uccle [13] suggests that the observed breakdown is not an artifact of the shortness of our data-set. The authors place the cut-off at 3.5 days, which coincides with our value. Apparently, the correlation that gave rise to the fractal relation does not hold for longer than 3.5 days. Investigation of time series from Denmark with 1-day resolution, collected from 1876 until 2000 [13] suggests that the power law for droughts does not hold for drought durations exceeding the upper cut-off in the fractal dimension.

The explanation for the upper cutoff of the fractal regime may be that the typical duration of a frontal system moving in from the Atlantic is of the order of 3 days. Measured rain parameters will not belong to the same frontal system if the measurements are temporally separated by significantly more than three days. The lower breakdown around 10 min could not be observed in the Uccle time series since there the temporal resolution was only 10 minutes. We are still unsure as to how to interpret this lower breakdown. Clearly there must be a lower breakdown somewhere, and we expect it to occur where the particular kind of correlation that gave rise to the fractality on hourly to daily time scales ceases. The lower breakdown indicates that 10 min is a time scale which is special, and it must be related to a physical process. The microphysical processes of coagulation that trigger a cloud to release its water content take place on this time scale. Starting with typical small cloud droplets with radius $r \approx 10^{-3}$ mm, the process of stochastic collection during which small droplets merge to form rain drops of appreciable fall velocity takes roughly 10 – 30 min under typical warm cloud conditions [16]. It is possible that coagulation starts at a certain level inside a cloud and then pauses at that level before a single drop has left the cloud. If it then starts again, it is possible that on the ground we observe two layers of rain separated by a vertical distance corresponding to up to $\approx 10$ min fall time. While this seems like two different events, from the cloud’s perspective it is really only one, since the process of releasing water did not stop at any moment everywhere within the cloud. Effects of motion of the cloud relative to the ground are not included in these considerations. It is unlikely that the 10 minute time scale is a result of the employed measurement technique. The radar only picks up drops with appreciable fall velocity, $v > 0.5$ m/s. Thus the limit on the time resolution, given by the height of the scattering volume, is 50 m/0.5
(m/s) = 100 s, for the slowest drops.

E. Hurst Exponent

In an attempt to determine the necessary size of a water reservoir that would never empty nor overflow, Hurst considered an incoming signal \( q(t) \), corresponding to the rain intensity in our case, that causes the level of a reservoir to rise or fall. Using our data, the deviation from the average water level in an imaginary reservoir would be

\[
X(t, \tau) = \sum_{u=0}^{t} (q(t) - \langle q \rangle_{\tau}) \Delta t,
\]

where \( \Delta t = 1 \text{ min} \) and

\[
\langle q \rangle_{\tau} = \frac{1}{\tau} \sum_{t=1}^{\tau} q(t).
\]

The quantity \( -\langle q(t) \rangle_{\tau} \) in Eq. (5) can be thought of as an average outflux from the reservoir and insures that for any period \( \tau \) the water level starts and ends at zero. Overall trends during the interval \( \tau \) are thus eliminated.

Hence, the fluctuating rain rate alone produces an anomalous Hurst exponent, and the result obtained by Hurst is valid not only for the range of 1 year < \( \tau \) < 1080 years that he considered but in fact also holds for \( \tau = \) a few minutes to \( \tau = 1/2 \) year. Interestingly, the Hurst exponent deviates from this relation for \( \tau < 10 \) min, which is of the same order as the observed short-time trivial regime of the fractal dimension.

To understand more precisely what is actually measured by the Hurst exponent, we applied the same method to a signal generated by swapping events and droughts at random. We kept the sizes and durations of rain events and droughts as determined from the real data and pasted them one after the other in random order. The Hurst exponent was not altered by this procedure. In this sense it is not a measure of correlation since it is not affected by the order in which events occur. The exponent obtained from performing the same analysis on our data is \( H \approx 0.76 \) (see Fig. 3).

\[
R(\tau)/S(\tau) \propto \tau^H,
\]

where \( H = 1/2 \) is called the Hurst exponent. Hurst’s analysis on data from the Roda gauge at the Nile, however, yielded a different exponent of \( H \approx 0.77 \). This unexpected result is commonly interpreted as a sign of persistence in the signal, or even as correlation. The exponent obtained from performing the same analysis on our data is \( H \approx 0.76 \) (see Fig. 3).

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IV. CONTEXT

Self-organised criticality offers the appropriate frame work for dealing with relaxation processes with burst-like behaviour whose statistics are determined by scale invariant power laws \([18,19]\). The term self-organised criticality
refers to the tendency of many systems driven by an energy input at a slow and constant rate to enter states characterised by scale free behaviour. The statistics of the system then resemble those of a closed system near the critical point of a phase transition.

A well-known example of such a process is the energy flow through the lithosphere, including the outermost crust of Earth. Tectonic plates are driven at a slow rate by currents in the asthenosphere, the liquid part below the lithosphere, which transports heat by currents. The energy transferred to the plates is intermediately stored in the form of tension until it is finally released in an earthquake. Earthquake statistics follow the Gutenberg-Richter power law that relates the seismic moment, a measure of the released energy to the probability of such an earthquake [20]. Rather than a typical size with exponentially fewer larger than smaller quakes, scale invariant behaviour is observed.

Given the right shape of grains, rice piles exhibit self-organised critical behaviour [21]. Potential energy is added to the system by dropping rice grains onto the pile at a slow and constant rate. Due to the friction between individual grains, the pile builds up until its slope reaches a critical value. In this critical state, within the limits set by the system size, avalanches of all sizes are observed. During an avalanche, potential energy that was intermediately stored in the system is suddenly released in the form of heat. The distribution of energy release is once more a power law.

Experiments on droplet avalanches show that self-organised criticality need not be restricted to granular media [22]. Thresholds that enable the accumulation of energy before the release are given by surface tension and interface friction with other media.

Rain showers share many of the features of the above-mentioned systems (see Tab. I). Two well separated time scales are present: The durations of drought periods, during which water evaporates, range up to months, while rain events take place on a much shorter time scale. The atmosphere receives a slow and constant energy input from the Sun’s radiation. The absorbed energy evaporates water from the surface, which is intermediately stored in the atmosphere. Note the analogy between liquid water in the atmosphere, tension in tectonic plates, and mass above the ground level in a granular pile. During a rain shower, the water mass that was slowly evaporated into the atmosphere, is suddenly released, and with it the original evaporation energy, i.e. the condensation energy. The power law observed for the size distribution of rain events is perfectly equivalent to the Gutenberg-Richter law in earthquake statistics. Just as plates of the lithosphere don’t move smoothly along, there is no constant light rainfall balancing the evaporated water mass immediately at every moment in time. Rain events are relaxations in the sky.

V. CONCLUSION

New insight into the working of rain can be gained by defining rain events, which can be regarded as energy relaxations similar to earthquakes or avalanches. Taking this perspective, scale-free power-law behaviour is found to govern the statistics of rain over a wide range of time- and event size scales. Where clear deviations from the observed power laws and fractal dimensions are found, the limits and peculiarities of the underlying dynamical system become apparent, and physical insight is gained. Rainfall time series cannot be reproduced by conventional methods of probability theory. To enable anything more than an explicit reproduction of the fractal properties, a deeper understanding of self-organising processes leading to fractality must be sought. Our findings suggest that rain is an excellent example of a self-organised critical process. Rain is a ubiquitous phenomenon, and data collection is relatively easy. It is therefore well suited for work on self-organised criticality. For our purposes, the remote sensing technique employed by the MRR-2 has proved extremely powerful. The radar is capable of even higher temporal resolution than 1 min, limited only by the finite height of the scattering volume, and achieves outstanding precision in the low-intensity limit. Comparison with data from other measuring sites, especially from warmer regions without snow and regions with more periodic climate would be useful in order to answer questions regarding the universality of the observed features.

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| System                  | Crust of Earth                               | Granular Pile                  | Atmosphere          |
|------------------------|----------------------------------------------|--------------------------------|---------------------|
| Energy Source          | Currents in asthenosphere                    | Addition of grains             | Sun                 |
| Energy Storage         | Tension                                      | Gravitational potential        | Evaporated water    |
| Threshold              | Friction                                     | Friction                       | Saturation          |
| Release of Energy      | Earthquake                                   | Avalanche                      | Rain event          |