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A tale of two lakes: a multi-proxy comparison of Lateglacial and Holocene environmental change in Cappadocia, Turkey

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ABSTRACT: Individual palaeoenvironmental records represent a combination of regional-scale (e.g. climatic) and site-specific local factors. Here we compare multiple climate proxies from two nearby maar lake records, assuming that common signals are due to regional-scale forcing. A new core sequence from Nar Lake in Turkey is dated by varves and U-Th to the last 13.8 ka. Markedly dry periods during the Lateglacial stadial, at 4.3–3.7 and at 3.2–2.6 ka BP, are associated with peaks in Mg/dolomite, positive δ18O, elevated diatom-inferred electrical conductivity, an absence of laminated sediments and low Quercus/chenopod ratios. Wet phases occurred during the early–mid Holocene and 1.5–0.6 ka BP, characterized by negative δ18O, calcite precipitation, high Ca/Sr ratios, a high percentage of planktonic diatoms, laminated sediments and high Quercus/chenopod ratios. Comparison with the record from nearby Eski Açıgoğl shows good overall correspondence for many proxies, especially for δ18O. Differences are related to basin infilling and lake ontogeny at Eski Açıgoğl, which consequently fails to register climatic changes during the last 2 ka, and to increased flux of lithogenic elements into Nar Lake during the last 2.6 ka, not primarily climatic in origin. In attempting to separate a regional signal from site-specific ‘noise’, two lakes may therefore be better than one.

KEYWORDS: eastern Mediterranean; Holocene; isotopes; lakes; multi-proxy.

Introduction

Most records of past climatic and environmental change derive from a specific archive at a defined location, such as a lake, a cave or a peat bog. Temporal changes in proxies for climate or vegetation at an individual site are then assumed to be representative of a wider spatial area. If proxies were a perfect match for environmental variables, if chronological control were perfect and if environmental variability across space were minimal (as in the open ocean), then proxy records from otherwise similar sites in the same region should show a near linear correspondence. In fact, this is not case. It remains an open question how far any individual sequence represents a signal of regional-scale environmental change, and how much of it comprises site-specific factors which palaeoclimatologists, for example, might view as local-scale ‘noise’. How can we know this, and how far does the signal-to-noise ratio vary between different proxies? A priori, the separation of local from regional factors is more significant and more challenging in some archives than others, for example lacustrine compared to marine sediments.

The issue of spatial representativeness has been investigated in previous studies for several different domains. They include pollen recruitment models that attempt to estimate the contributions of local versus extra-local versus regional pollen (e.g. Prentice, 1985) and studies of inter-profile variability across individual peat bogs, linked to the different environmental responses of hummocks and pools (e.g. Barber et al., 1998). Local-scale replication of ring widths and densities between individual trees is an integral part of dendroclimatological calibration studies (Cook and Kairiukstis, 1990). By contrast, there have been fewer systematic inter-site comparisons of lacustrine records of palaeoenvironmental change. A common approach is to compare curves for individual proxies from a series of archives, on the basis that common features are likely to have a common cause. Daley et al. (2011), for example, plotted stable isotope variations from individual lakes, peat bogs, marine and ice cores around the circum-North Atlantic region between 9.2 and 7.4 ka BP, to define the timing and duration of the 8.2-ka climatic excursion. The comparative approach assumes that the large-scale climatic signal is represented by the common trend within a defined geographical area, while inter-site differences represent local factors or chronological imprecision. This assumption lay behind Alyane Street-Perrott’s innovative multi-site compilation of African, and later global, lake-level data, which could then be converted into maps and graphs of past hydrological status (Street and Grove, 1979; Street-Perrott and Roberts, 1983; Street-Perrott et al., 1985). It also underpins the construction of stacked records from multiple sites, for example of Mediterranean lake isotopes (Roberts et al., 2008, 2011) or bog-surface wetness in British peat records (Charman, 2010).

By comparing the records from sites of similar type in the same geographical area, which would have experienced the same history of climate (e.g. Schmieder et al., 2011; Mills et al., 2014), it is possible to conduct natural experiments to explore further the issue of replicability. In this study we...
adopt this approach using two maar lakes from central Turkey, located ~25 km apart (Fig. 1). We compare multiple proxies of environmental change over the last ~14 ka to establish how well individual proxies match between the two sites. We hypothesize that those proxies showing a good correspondence reflect regional-scale climatic and environmental change most clearly (= ‘signal’), while those proxies that have a poor correspondence also carry a strong, site-specific local component (= ‘noise’).

Study sites

The two volcanic maar sites used for this comparison are Eski Acıgoğl (38°33′01″N, 34°32′41″E; 1270 m above sea level, masl) and Nar Lake (38°20′24″N, 34°27′23″E; 1363 masl). The first is a small, former brackish lake, drained in 1972, which had no inflow streams and a surface catchment not much larger than the lake itself. Nar Lake, by contrast, is still extant with a maximum water depth of 21–26 m over the past decade. Its waters are oligosaline (electrical conductivity, EC = 2.5–3.7 mS cm⁻¹), alkaline (pH = 7.4–8.5), stratified below ~8 m depth, and with a residence time of 8–11 years (Jones et al., 2005; Woodbridge and Roberts, 2010; Dean et al., 2015a). It is depositing annual varve layers at the present day. Like Eski Acıgoğl, Nar Lake is relatively small (~0.7 km²) but it has a watershed catchment of ~4 km², which on the south side of the lake is drained by ephemeral streams that have formed a fan-delta. The southern headwalls of the lake catchment are steep and actively eroding today, and have formed a badland morphology, including some ‘fairy chimneys’ (hoodoos) typical of Cappadocia. Both sites are hydrologically closed in terms of surface outflows, and are sensitive to climatic changes. They are located in the oak parkland zone that covers much of the Anatolian plateau and they share the same continental Mediterranean climate. There is no permanent habitation inside either catchment today. In the eroding headwall south of Nar Lake there are several cave dwellings, probably excavated around the 11th century AD, at which time there would have been a small human population in residence. Eski Acıgoğl was formed around 20–25 ka BP within a set of rhyolitic eruptions, the products of which bury a pre-Tertiary substratum of diabases and granites. In contrast, Nar Lake lies within a volcanic context mixing Miocene-Pliocene rhyolitic ignimbrites, Mid-Pleistocene rhyolitic domes and Upper Quaternary to recent basalt flows (Kuzucuoğlu et al., 1998; Geyrek and Kazanci, 2000; Mouralis et al., 2002). The age of the Nar maar is not known, but it is likely to be older than that of Eski Acıgoğl. There is an old carbon effect of ~3 ka at Eski Acıgoğl (Roberts et al., 2001) and ~15 ka at Nar (Jones, 2004) due to volcanic out gassing and/or old carbon source rocks at depth in the groundwater catchments of these lakes. Given the substantial old carbon effects, ¹⁴C was not used to date the 2010 Nar Lake cores.

The sedimentary record from Eski Acıgoğl extends back to around the time of the Last Glacial Maximum, although it is poorly resolved for the last two millennia (Roberts et al., 2001; see below for further explanation). Its sediments are laminated for the Late Pleistocene and Early Holocene, but non-laminated after ~6.5 ka BP. Dating control is provided primarily by U–Th and Ra–Th dates with relatively large standard errors (~±250 years). The record has been analysed for stable isotope composition of bulk carbonates, for mineralogy and for diatoms (Roberts et al., 2001), with pollen analysis carried out on a parallel core (Woldring and Bottema, 2003). Analytical methods for the Eski Acıgoğl core sequence can be found in these two papers.

The late Holocene sedimentary record from Nar Lake has been previously analysed at high temporal resolution for stable isotopes (Jones et al., 2006), pollen (England et al., 2008) and diatoms (Woodbridge and Roberts, 2011). These
cores (NAR01/02) span the last ~1700 years and are continuously varved. In July 2010, a new coring programme at Nar Lake led to the recovery of longer cores extending back to Lateglacial times. This NAR10 core sequence has been analysed for multiple geochemical and palaeocological proxies, and has been dated by U–Th and varve counting. Stable isotope, carbonate chemistry and U–Th methods and results have reported by Dean et al. (2015b), while elemental and organic geochemistry, diatom and pollen results are described here for the first time. Because they are new, we first describe these data before going on to make a comparison with those from Eski Acıgöl. Most of the data sets from the NAR10 cores are being, or will be, published separately.

Methods

Before the start of coring at Nar in July 2010, a seismic survey of the lake bed and its underlying sediments was carried out using a Boomer system, coupled to a high-precision GPS. Fifty-three transect lines were made across the lake with an interval spacing of 30 m, east–west and north–south, to create a detailed bathymetric map and cross-section profiles of the upper ~20 m of the lake sediments (Fig. 2), so helping to locate the best places for subsequent coring. These results also clearly highlight the morphology and internal sedimentary structures of the sub-aqueous fan-delta on the south side of the lake.

Coring took place at 21.5 m water depth from a platform using a UWITEC stationary piston corer. The sediments contained gas (probably methane and CO₂) that led to expansion of some cores within the tube liner after extraction, due to depressurization. Coring went down to 22.5 m below the lake bed without reaching non-limnic sediments. At the main core site, triple overlap parallel cores were recovered in close proximity (NAR10 cores 1, 2 and 4). The NAR10 cores were opened, split in two lengthwise, described and photographed in September 2010 in the laboratory at Plymouth University, with one half being kept as an archive. The three core sequences were correlated visually at tie-points and best sections from three parallel cores were spliced together to create a Master Sequence 21.69 m long (Supporting Information, Fig. S1). For laminated parts of the core sequence, chronologies were established by layer counting. Counts were made independently by two people and recounted until agreement (to within five varve years) was reached.

Stable isotope analysis, carbonate mineralogy and U–Th dating

Different mineralogies of CaCO₃ were measured by X-ray diffraction. Samples containing just calcite and/or aragonite were analysed for δ¹⁸O_carb and δ¹³C_carb via a VG Optima mass spectrometer, with data reported as per mil deviations from VPDB. Samples containing <20% dolomite were analysed differently to exclude the dolomite component, and samples with >20% dolomite were not used (for details see Dean et al., 2015b). X-ray diffraction was carried out on most but not all stable isotope samples, so the carbonate mineralogy record is not as complete. Carbon isotope and C/N ratios of the organic sediment fraction were also determined, but at a lower (~200 years) resolution than the ~25-year interval used for δ¹⁸O_carb and δ¹³C_carb. Organic fractions were disaggregated in HCl for 24 h and then washed with deionized water. Dried samples were homogenized and analysed for C/N and δ¹³C_org on a Carlo Erba NA1500 and a VG Optima mass spectrometer (for details see Dean, 2014).

Uranium–thorium (U–Th) dating was undertaken on the NAR10 cores. Because Th can be incorporated from detrital material as well as via the water column, samples were analysed using a total dissolution isochron approach (see Dean et al., 2015b). Dating was carried out using this approach at six levels in the NAR10 master sequence, although only two of these resulted in usable ages, due to large statistical uncertainties arising from low concentrations of U and high concentrations of Th.

Elemental chemistry

A fast and non-destructive analysis of elemental geochemistry can be achieved through the use of ITRAX X-ray fluorescence core scanning (Croudace et al., 2006; Rothwell and Rack, 2006). This is a particularly useful technique to use on long, continuous laminated core sequences. Cores covering the master sequence were scanned at the Aberystwyth University

Figure 2. (a) Nar Lake catchment and coring locations, (b) bathymetric map and (c) east-west seismic cross-profile (partly derived from Smith, 2010).
Diatom analysis

Sub-samples for diatom analysis were obtained by cutting sediments from core half sections using a scalpel. Where possible, three varve year samples of approximately 0.5 cm³ were taken at ~200-year time intervals. The diatom preparation procedure follows standard methods adapted from Battarbee et al. (2001), with 300–400 diatom valves counted in transects on each slide. Species identification is based on Krammer and Lange-Bertalot (1991a,b, 1997a,b, 2000). Multidimensional scaling was performed on percentage data to identify major axes of data variability and significant zone boundaries were identified using a constrained incremental sum-of-squares cluster analysis (CONISS) and the broken-stick approach with the Rioja Package in R software (R Core Team, 2015). Transfer function training sets provided by the European Diatom Database (EDDI) (Juggins, 2015) were applied to the NAR10 diatom data. Training sets and models were selected based on the percentage of fossil sample species represented in the modern data set, the number of sites in which these species are present and the model performance ($r=0.36$ and $\text{RMSEP}=0.47$). The combined salinity training set (comprising data from East Africa, North Africa and Spain) by weighted averaging with inverse deshrinking was identified as satisfying these criteria best and analyses were carried out using C2 software (Juggins, 2003–2006).

Pollen analysis

Sub-samples of sediment (~1 cm³ in volume) were analysed for pollen at ~200-year intervals through the NAR10 sequence. Extraction and identification followed the standard procedure of Faegri and Iverson (1989) as modified by England et al. (2008). Pollen grains were counted until a pollen sum of 300 grains was reached (excluding spores, aquatic, exotics and Cyperaceae). The delimitation of local pollen assemblage zone boundaries was aided by a CONISS analysis. The summary pollen diagram was constructed using TILI2 and TILIAGRAPH (Grimm, 2004).

Results

Master sequence stratigraphy and chronology

Seven major lithostratigraphic units have been identified in the NAR10 master sequence, along with a number of sub-units (Fig. 3; Table S1). Four units are finely laminated, with a fifth (unit 3) comprising mainly thicker laminations. Two units (2 and 6) are largely non-laminated. We have previously shown (Jones et al., 2005) that the laminations in unit 1 represent annual varve couplets. Based on the high ‘quality’ (i.e. clarity) of the laminations and the regularity of the sedimentary couplets (confirmed by thin sections and ITRAX), it appears that this also applies to the laminations in units 3, 4, 5 and 7. If this is correct, laminae counting can be used to build a floating chronology for these parts of the NAR10 core sequence.

As the core sequence was not laminated throughout, additional age estimates were needed. These have been provided primarily by dating from two aragonite-rich layers. U–Th analyses from 1949 cm depth have given an isochronous age of 11.82±0.52 ka, while those from 1021 cm gave an age of 4.41±0.16–0.17 ka (for further details see Dean et al., 2015b). The first of these U–Th ages comes from near the bottom of unit 5, and is close to – and in good agreement with – the stratigraphically inferred Pleistocene–Holocene boundary in the NAR10 master sequence. The second U–Th date lies within unit 3 and provides a fixed datum for the mid-Holocene part of the core record. These U–Th ages have been used to pin ‘floating’ laminae counts for units 3, 4 and 5, while for the non-laminated parts of unit 2 linear sedimentation has been assumed. The basal, Late-glacial part of the NAR10 master sequence, represented by units 6 and 7, currently lacks independent radiometric age determination.
The inferred onset of the Lateglacial Stadial has therefore been assigned an age of 12.9 ka BP based on correlation with NGRIP (Rasmussen et al., 2006), with laminae counts extending the basal age of unit 7 back to 13.8 ka BP (note that ages are quoted in years before 1950).

The age–depth relationship (Fig. 3) reveals that sedimentation at Nar has been relatively constant for most of the Holocene at 1.5 mm a\(^{-1}\), although it has increased in unit 1 (last 2.6 ka, 2.3 mm a\(^{-1}\)) linked to the presence of increased numbers of turbidites and decreased sediment compaction. The main exception to this linear age–depth relationship occurs between 598 and 1161 cm in units 2 and 3. There are strong indications that depositional rates changed substantially during this interval. Firstly, laminations between 798 and 1100 cm (in unit 3) are much thicker than in the rest of the cores (Table S1). If these thick laminae are annual, as laminae counts and U–Th age estimates would suggest, then this implies a four-fold increase in sedimentation rate for this interval to 5.8 mm a\(^{-1}\). Secondly and in contrast, the sediments in unit 2 are highly compacted and where laminations are visible, they are very thin. This suggests slow sedimentation from 798 to 600 cm. Thirdly, the U–Th date of 4.41 ka at 1021 cm is well constrained, with relatively small uncertainties, and supports a non-linear sediment accumulation during units 2 and 3. Finally, there is a marked change in sediment lithology between the base of unit 3 and the top of unit 4, which would be consistent with a hiatus in sedimentation at this point. The duration of this hiatus is unknown, but it also means that we are unable to assign ages with confidence to samples from 1041 to 1139 cm. Because of these uncertainties, we have not plotted data for the period from 6.5 to 4.4 ka when using an age scale. For most of the NAR10 master sequence, we estimate the error of our age model as <200 years, and for the upper 6 m (last 2.6 ka) <20 years.

### Stable isotopes and carbonate mineralogy

The NAR10 stable isotope and carbonate data have been spliced to those from the NAR01/02 core sequence to provide a single diagram covering the full 21.5-m core depth. Dean et al. (2015b) describe these results in detail along with their wider palaeoclimatic significance. Based on modern studies and mass balance modelling (Jones et al., 2005; Dean et al., 2015a), oxygen isotopes in Nar Lake carbonates are interpreted as indicating variations between wetter hydroclimatic conditions i.e. a higher precipitation to evaporation (P/E) ratio (more negative isotopic values) and climatically drier phases i.e. lower P/E ratio (more positive isotopic values). Carbonate mineralogy switches between calcite and aragonite dominance for most of the record, with briefer intervals when dolomite is also present, initially in unit 6 (Lateglacial Stadial) and then again at 1050–923 cm (4.4–4.1 ka BP) and 684–558 cm (3.2–2.35 ka). Isotope data from core sections where there was <20% dolomite are not shown for the reasons outlined in Dean et al. (2015b), thus forming isotopic ‘data gaps’ that are likely to represent the most evaporated (i.e. dry) conditions in the NAR10 record.

\(^{81}^{13}C_{\text{carb}}\) values co-vary with those of \(^{81}^{13}C_{\text{org}}\), as might be expected in a non-outlet, evaporatively dominant lake system (Talbot, 1990; Li and Ku, 1997; Horton et al., 2016). \(^{81}^{13}C_{\text{org}}\) displays a shift from lower values in units 4 and 5 to higher values in unit 2. C/N ratios, measured on the same samples as \(^{81}^{13}C_{\text{org}}\), show an overall trend from values >20 in unit 5 (Early Holocene) to values generally between 10 and 15 in the second half of the Holocene.

### XRF elemental geochemistry

Selected key parameters are presented in Fig. 4, and show a close correspondence to visible lithostratigraphic units and sub-units. The clearest climatic signal in these geochemical data derives from the Ca/Sr ratio and from Mg concentrations. The former increases at times of positive water balance, whereas the latter increases at times of low lake level and negative hydroclimatic conditions (Cohen, 2003). There are three main periods when the Ca/Sr ratio was higher than average, namely sub-unit 5b (11.5–9.3 ka BP), unit 4 (8.2–6.5 ka) and between 352 and 286 cm within unit 1 (1.4–1.0 ka). In contrast, elevated Mg concentrations occur primarily at the end of unit 3 and during unit 2 (768–600 cm; 3.8–2.6 ka).

A significant component of the NAR10 sediment record is of detrital origin, and some parts of the sequence show high concentrations of lithogenic elements Fe, Ti, K and Rb. These elements show very similar patterns and close correlations (Allcock, 2013); the relatively stable Ti is used here as representative of this group. The Ti record shows an up-core increase in concentration, notably in unit 1 (upper 6 m) where there are large amplitudinal fluctuations associated with the increased presence of turbidite/homogenite layers. This implies a major increase in catchment erosion during the last 2.6 ka. Elevated Ti concentrations also characterize sub-unit 5a (1606–1428 cm, 9.3–8.2 ka BP) indicating a period of significant inwash of clastic sediment during Neolithic times. The lowest Ti values in the record occur in the subsequent unit 4, dating to the early–mid Chalcolithic period (8.0–6.5 ka).

The Si concentration data should be used with caution, because this light element lies at the limits of detection on the ITRAX settings that were used, and consequently has lower peak area integral values. However, the overall pattern of change is confirmed in Si measurements using a hand-held XRF. Si concentrations using both measurement methods (not shown) are highest in units 1 and 5, but for different reasons, as the Si/Ti ratio indicates (Fig. 4). Whereas most of the Si in unit 1 is of detrital origin, in the bottom half of the master sequence it primarily originates from diatom frustules. Thus, the Si/Ti ratio can therefore be considered as a proxy for biogenic silica abundance. Other than in unit 3, this shows a similar pattern of change to the Zr/Rb ratio, which relates to clastic inwash. More specifically, the Zr/Rb ratio may provide a proxy for grain size, with lower values reflecting typically finer-grained inwashed sediments, such as clay-size particles (Dypvik and Harris, 2001). The higher Zr/Rb ratios in most of units 4, 5 and 7 reflect the presence of medium–large silt-sized particles including endogenic calcite crystals and diatom frustules.

The Inc/Coh ratios in the ITRAX data are likely to be primarily related to their organic matter content, with low ratios indicating periods of well-oxygenated bottom waters and poor organic matter preservation. Not surprisingly, these periods include non-laminated units 2 and 6, when water levels were too low to permit lake stratification. More surprisingly, they also include unit 4, which mainly comprises finely laminated endogenic carbonates that are clearly well oxidized.

### Diatoms

Following a preliminary evaluation (Busby, 2011), the NAR10 diatom data have been spliced together with those from the much higher resolution NAR01/02 core sequence to provide a single diagram spanning the last ~14 ka (Fig. 5). Five samples from the NAR10 master sequence overlap with
those from the previous record for the interval between 411.3 and 361.2 cm. The NAR01/02 diatom data, spanning the last 1.7 ka, are not discussed in detail here, having been previously presented in Woodbridge and Roberts (2011).

The NAR10 sequence shows important up-core changes in diatom assemblages, with no stable baseline ecological state. Salt-tolerant taxa are common throughout the sequence, indicating that the lake was brackish to saline for most of the Lateglacial and Holocene. There are significant temporal variations in the proportion of planktonic+facultatively planktonic versus benthic/periphytic taxa, primarily linked to fluctuations in lake water depth. There is a broad, but by no means perfect, correlation between % benthos/periphyton and diatom-inferred electrical conductivity (DI-EC: Pearson’s $r = +0.673$, $R^2 = 0.4$, $p < 0.001$).

Based on multi-dimensional scaling and CONISS, we identify seven principal diatom biostratigraphic zones, as follows:

N10-D1: 2153–1875 cm (13.8–11.3 ka BP). This zone covers part of the Lateglacial period and the climatic transition at the start of the Holocene. Diatoms include a mix of saline and freshwater taxa, both planktonic and benthic/periphytic. There are some significant changes in assemblage composition within the zone that will require future higher-resolution sampling to define. The newly described centric taxon *Climacopora anatolicus* (Woodbridge et al., 2010) is common in both this and the following zone.

N10-D2: 1875–1590 cm (11.3–9.25 ka). These assemblages are dominated by planktonic or facultatively planktonic diatoms such as *Synedra acus*, *Nitzschia paleacea* and *Cyclotella meneghiniana*, and DI-EC values are below ~3000 mS cm$^{-1}$. This indicates that Nar Lake was at least as deep as today and its waters were relatively dilute chemically, although probably not truly fresh.

N10-D3: 1590–1423 cm (9.25–8.2 ka). This zone is dominated by the halophytic planktonic taxon *C. meneghiniana*, which reaches over 80% dominance. DI-EC values are between 3000 and 7200 mS cm$^{-1}$, implying a rise in lake water salinity, but with no corresponding fall in lake levels.

N10-D4: 1423–1161 cm (8.2–6.5 ka). This diatom zone, which corresponds to lithostratigraphic unit 4, begins with an abrupt decline in *C. meneghiniana* and its replacement by periphytic taxa (e.g. *Epithemia, Gomphonema*), indicating a short-lived lake level lowering. The remainder of the zone

![Figure 4. NAR10 XRF-derived elemental chemistry (ITRAX-based except for Mg) and coherence/incoherence ratio. Black shading indicates non-varved sediments.](image-url)
Figure 5. Combined NAR10 + NAR01 diatom diagram, along with diatom-inferred electrical conductivity (DI-EC) and the first two multi-dimensional scaling axes. The sedimentary log (left) shows the main lithostratigraphic units (NL: non-laminated sediment).
comprises a mix of planktonic *C. meneghiniana* and periphyton, implying intermediate water depths and salinity levels.

**N10-D5**: 1141–418 cm (>4.4–1.7 ka). This zone includes lithostratigraphic units 2 and 3, along with the basal part of unit 1. There is an abrupt change in assemblage composition between diatom zones D4 and D5, associated with an apparent stratigraphic hiatus. D5 is dominated by halophytic taxa, mostly benthic/periphytic (notably *Amphora coffeaeformis* and *Navicula digitata*) along with some facultatively planktonic types, notably *Nitzschia palea*. DI-EC values lie between 2000 and 15 000 μm·cm⁻¹. According to the diatom data, this is the time period when the lake was shallowest and most saline.

**N10-D6**: 418–358.5 cm (1.7–1.4 ka). This short-lived zone corresponds to ND1 of Woodbridge and Roberts (2011), and is characterized by a peak in *Fragilaria construens* var. *venter*, along with several salt-tolerant taxa (e.g. *C. meneghiniana*, *Rhopalodia operculata*, *Navicula halophila*). The lake appears to have been relatively shallow and still saline, but may also have been affected by catchment disturbance.

**N10-D7**: upper 358.5 cm (1.4 ka to present). This corresponds to ND2, 3 and 4 of Woodbridge and Roberts (2011). This period is dominated by the facultative planktonic taxa *N. palaeacea* and *S. acus*, along with *C. anatolicus* and *Achnanthidium minutissimum*, indicating deep-water conditions and relatively dilute lake waters.

**Pollen**

To create the composite diagram shown in Fig. 6, counts from the NAR10 sequence (319–2153 cm depth) have been spliced together with those from the previously published NAR01/02 cores (0–414 cm), there being good overlap between the two sequences. The NAR01/02 pollen data (England et al., 2008) span the late Holocene at 20-year sampling resolution, whereas those from NAR10 have a lower mean sampling interval of ~200 years. The full NAR10 pollen diagram will be presented and described in detail in a later publication.

Based on CONISS, we identify six principal pollen zones, as follows:

**NG-1**: 2153–1960 cm (13.7–11.8 ka). This basal pollen zone is characterized by low arboreal pollen (AP) values and a predominance of grasses and steppic herbs (*Artemisia* and Chenopodiaceae). The proportion of the latter increases sharply in the second part of this zone (<13.0–11.8 ka), corresponding to the Late Glacial Stadial.

**NG-2**: 1960–1790 cm (11.8–10.7 ka). The succeeding zone NG-2 dates to the earliest part of the Holocene. It is ecologically transitional, being marked by a decline in *Artemisia* and Chenopodiaceae, a rise in Poaceae and *Rumex acetosella* and a more gradual increase in deciduous oak (*Quercus* (d.)).

**NG-3**: 1790–1575 cm (10.7–9.2 ka). This zone is characterized by a marked peak in *Pistacia* pollen, along with *Quercus* (d.), Poaceae and *Rumex*. Since *Pistacia* is a low pollen producer, it can be assumed that this tree was quite common at this time, whereas today, although found locally, it is relatively rare.

**NG-4**: 1575–740 cm (9.2–3.6 ka). At the start of this zone, *Pistacia* declines to low values and is replaced by pollen assemblages comprising deciduous oak (25–30%), grasses and *Artemisia*. This rather stable, long-lived vegetation corresponds to the oak steppe-parkland of central Anatolia, which – according to Asouti and Kabukcu (2014) – may have been anthropogenically maintained. This pollen zone comes to an end during the first half of the second millennium BC.

**NG-5**: 740–600 cm (3.6–2.55 ka). In this zone, the *Quercus*–Poaceae–*Artemisia* assemblages are replaced by pollen spectra with much lower proportions of AP, mainly due to a decline in deciduous oak, and an increase in Chenopodiaceae, indicating a loss of woodland and expansion of semi-arid herb-steppe.

**NG-6**: <600 cm (post-2.55 ka). During this zone, chenopods decline and AP increases somewhat, but now includes cultivated trees (e.g. olive) and pine, as well as oak. Note that...
pine does not grow locally in Cappadocia, except where planted deliberately, so that much of the Pinus pollen in this zone must be due to long-distance transport. This zone overlaps stratigraphically with the NAR01/02 pollen diagram, and along with its sub-zones, it is described in detail by England et al. (2008). One of the sub-zones dating to Classical times between 2.1 and 1.3 ka (~200 BCE to 670 CE) represents the Beyşehir Occupation phase, and is marked by clear pollen indicators of agricultural land-use activity.

Discussion

Synthetic environmental reconstruction for the NAR10 sequence

The range of proxy data described above can be compared and synthesized to provide an integrated reconstruction of environmental change over the last ~14 ka. Our reconstruction does not include the period from 6.5 to 4.4 ka BP because samples between 1040 and 1161 cm cannot be assigned an age with confidence, and because of an inferred hiatus at 1150 ± 11 cm. The cause of the hiatus is not known, but may have been related to local tectono-volcanic activity, judging from the highly deformed nature of the lake sediments in the lower part of unit 3. Up-core variations in different indicators were the result of multiple agencies, both climatic and non-climatic. Non-climatic factors are discussed first, including human actions, ecological dynamics, geomorphological processes and volcanic impacts.

Non-climatic factors

Evidence of human impact in the NAR10 record is most obvious during the last four millennia. This is unambiguous in the pollen record after 2.4 ka BP (Fig. 6), with the presence of cultivated tree crops (e.g. olive), associated with the Beyşehir Occupation phase (discussed in detail in England et al., 2008). The decline in deciduous oak woodlands after 3.9 ka BP is also likely to have been due, at least in part, to human-induced deforestation, although it also coincided with a period of climatic drying, so that multiple factors were probably involved. Archaeologically, during the second millennium BC (Middle and Late Bronze Age) central Anatolia lay at the heart of the expanding Hittite Empire, with its demands for timber, wood fuel, grazing and agricultural land. It is therefore not surprising to see evidence of resource exploitation and deforestation in the NAR10 record at this time. A second potential line of evidence for anthropogenic landscape impact comes from indicators of catchment erosion, such as Ti (Fig. 4). The flux of Ti and other lithogenic elements into Nar Lake increases sharply in the upper 6 m of the NAR10 master sequence, i.e. from 2.6 ka BP onwards. This coincides with the beginning of Achaemenid Persian imperial rule in Anatolia and a period of increasing settlement density in Cappadocia (Alcock and Roberts, 2014). The lack of overall correspondence between what would normally be considered climatic and erosional indicators during the last 4 ka implies that climate change was not the likely underlying cause of the Late Holocene increase in Ti and other erosional indicators (e.g. K, Fe).

Intriguingly, ITRAX data indicate another phase of increased clastic influx earlier in the Holocene (sub-zone 5a, 9370–8150 yr BP), which would also have been linked to disturbance of the lake catchment, possibly anthropogenic. This period coincides with the Neolithic Occupation at Çatalhöyük, the largest known settlement of this period in Anatolia ( Hodder, 2014). One of the main sources of the obsidian found at Çatalhöyük is Nenezi Dağ, a hill located 3 km from Nar Lake, just outside its catchment (Carter, 2011). This ‘obsidian workshop’ would have been active throughout the ceramic Neolithic period, especially from 8.6 to 8.2 ka BP, probably on a seasonal basis. Nar Lake would have provided an obvious base for those who were mining the black volcanic glass, with freshwater springs around the lake providing a year-round water source. Lithic artefacts and débitage are common around Nar Lake, although no occupation site has so far been found. It is difficult to identify a diagnostic anthropogenic signal in the NAR10 pollen record at this time, although there is a sharp, short-lived fall in oak pollen and increase in ruderal Rumex acetosa at ~9.1 ka BP. There were two episodes of climatic deterioration during this period (see below), which are also likely to have contributed to Neolithic landscape instability and catchment erosion around Nar Lake. Finally, there is evidence of a major eruption of one of Cappadocia’s strato-volcanoes during Neolithic times (Mouralis et al., 2002; Zanchetta et al., 2011; Schmitt et al., 2014), which may account for a sharp peak in Ti and other elements in the NAR10 master sequence at around 8.6 ka BP.

Climate

The strongest signal in the Nar Lake core record is linked to changes in climatic conditions over the last 14 ka. Multiple proxies for past climate are available, and a range of them are plotted in Fig. 7. The overall sequence of climatic change is well summarized by the oxygen isotope curve, reflecting long-term shifts between phases of wetter and drier hydroclimate. Periods of the most extreme dryness (i.e. most negative regional water balance) have been highlighted and are typically associated with peaks in Mg and/or dolomite, elevated DI-EC values, an absence of laminated sediments and low Quercus/chenopod ratios. During these periods, Nar Lake would have been shallow, and its waters well mixed and strongly saline. By contrast, the wettest phases (also shown in Fig. 7) were characterized by calcite precipitation, high Ca/Sr ratios, a high percentage of planktonic diatoms, laminated sediments and high Quercus/chenopod ratios. At these times, Nar Lake would have been relatively deep and stratified, with dilute water chemistry and with the surrounding hills well-wooded.

The basal part of the NAR10 sequence (units 6 and 7) covers the Lateglacial period, and indicates an initial phase of relatively deep-water conditions, with laminated sediments and an alternation between calcite and aragonite precipitation. By contrast, the surrounding landscape was open and steppic, with very limited tree cover. Chronologically, this phase corresponds to the latter part of the Bölling–Allerød interstadial (= Greenlan Interstadial-1). During the subsequent phase (unit 6) laminations disappear, reflecting lake shallowing, while δ18O values increase from around −4 to 0‰, indicating a period of relative aridity. There is also a brief peak in dolomite precipitation and pollen show a strong increase in Artemisia and chenopods. However, diatoms do not show any clear increase in halophilic taxa, nor do the ITRAX data indicate that there was any increase in catchment erosion. During this period, which coincides with the Younger Dryas stadial (Greenland Stadial-1), climatic conditions were probably both cold and dry.

The Pleistocene–Holocene transition is clearly registered in the NAR10 sequence, and shows a rapid climatic transition to wetter conditions. The subsequent period, from 11.4 to 9.45 ka BP, was one of relatively stable and humid climatic conditions (i.e. relatively high P/E), as indicated by negative δ18O, high Ca/Sr ratios and calcite carbonate mineralogy.
and the presence of finely laminated lake sediments. Detrital input was low, with laminae being composed of diatom frustules, endogenic calcite crystals and organic matter. In contrast to these physico-chemical indicators of climatic stability, biological indicators do show some changes during this period. Diatoms are dominated by planktonic or facultatively planktonic taxa, implying deep-water conditions, while pollen shows a gradual transition from grass steppe to oak–Pistacia parkland. The lagged response to trees in inner Anatolia to climatic amelioration at the start of the Holocene is a widespread feature that has been much discussed in the literature (Roberts et al., 2011; Asouti and Kabukcu, 2014; Roberts, 2014). Although arboreal vegetation was not in equilibrium with climate for the opening part of the Holocene, the time lag for woodland re-advance at Nar was nonetheless much shorter than in eastern Anatolia and northwest Iran, where it lasted up to four millennia (Djamali et al., 2010).

Between 9.45 and 8.1 ka BP (sub-unit 5a), the relatively wet Early Holocene period was interrupted by two phases of drier climate, as indicated by shifts in oxygen and carbon isotope composition, Ca/Sr ratios and a switch from calcite to aragonite precipitation. These dry phases appear to be broadly correlative with the 9.3- and 8.2-ka events recorded in Greenland ice cores, but they lasted significantly longer at Nar (for further discussion see Dean et al., 2015b). The latter may correspond to the Rapid Climate Change event described by Rohling et al. (2002) in Aegean Sea core LC21. This Neolithic period coincides with a ‘flooding phase’ on the Çarsamba river fan in the Konya plain, on which Çatalhöyük is located (Boyer et al., 2006). These river floods were caused by enhanced spring snowmelt, and might imply cold winters and increased snow cover, with less precipitation in other seasons. DI-EC at Nar Lake indicates higher inferred salinities, associated with the planktonic taxon C. meneghiniana. While this taxon has a high conductivity optimum in the European diatom database, it tolerates a wide range of alkalinity, and other drivers of change can affect its abundance (Mills et al., 2014). C. meneghiniana also increases at Nar at the time of the Late Holocene Beyşehir Occupation phase of land-use intensification, so this taxon may not have been responding only to changes in salinity. The early–mid Holocene increases in C. meneghiniana may therefore indicate – at least in part – a response to non-climatic controls.

After 8.1 ka BP, limnological conditions changed once more, with most proxies (e.g. δ18O, Ca/Sr, calcite, DI-EC) indicating a return to a wetter climate. Oak/chenopod ratios show their highest values of the entire record and oak woodland probably reached its maximum development at this time. Evidence suggests a very stable, well-vegetated landscape, minimal catchment disturbance and a ‘pristine’ lake, well-oxygenated with high water transparency and a diverse assemblage of periphytic as well as planktonic diatoms. After ~7.5 ka BP, some indicators (e.g. δ18O) show a trend towards more arid conditions that continued until the end of unit 4 (6.5 ka BP).

Sedimentary and limnological conditions in unit 3 were radically different from those previously. Laminations are thick (1–5 mm per couplet) and rich in organic matter, but the lake was also clearly strongly saline, as indicated by a dominance of halophilic diatom taxa such as A. coffeaeformis and N. digitata. Evaporated lake waters are also indicated by strongly positive δ18O values and low Ca/Sr ratios, and these conditions continued through unit 2 and the lower part of unit 1. Within the overall period between 4.4 and 1.5 ka BP, two phases of extreme dryness stand out. The first of these covers the period from 4.3 to 3.7 ka BP, and is correlative with the widely recognized 4.2-ka dry event (Cullen et al., 2000), while the second extends from 3.2 to 2.6 ka BP, and includes the ‘climatic crisis’ at the end of the Bronze Age (Kaniewski et al., 2015). The latter represents the most arid conditions during the last 14 ka at Nar, with largely non-laminated, highly compacted and cemented lake sediments, indicative of a shallow, hyper-saline water body. After

Figure 7. Selected hydroclimate proxies for Nar Lake over the last ~14 ka. The main inferred wet and dry phases are shaded.
1.5 ka BP, there was a rapid switch from dry to wetter climatic conditions, i.e. an increase in P/E.

One important advantage of using multiple proxies is the possibility of comparing them to examine which trends are common. Although there is a high degree of similarity between the different proxies shown in Fig. 7, there are minor differences in the timing of changes between proxies, even where they might have been expected to correlate precisely (e.g. between Mg and dolomite). This highlights the dangers of relying on single proxies when attempting to identify rapid or short-lived palaeoclimatic events with sub-centennial chronological precision. The use of multiple proxies also allows ‘anomalous’ trends to be identified; for example, the oak/chenopod ratio at the start of the Holocene is out of line with other indicators, due to delayed re-advance of woodland.

**Inter-site proxy comparison**

Comparison of different proxies from a single site sequence provides one way of cross-validation in environmental reconstruction; an alternative – or additional – approach is to compare individual proxies between separate sites. This is attempted here using the composite Nar sequence compared to that from Eski Acıgöl, another maar lake located 25 km to the north. Individual proxies for the two sequences have been put on an independent timescale (i.e. with no tuning against each other) and plotted against each other for the last 14 ka (Fig. 8). If there is close correspondence between the two site records, this suggests that the proxy in question reflects regional-scale climatic and environmental changes, while a poor correspondence would imply the proxy has a strong, site-specific local component. A second reason why records might not agree is because of dating error and consequent miscorrelation. By contrast, this source of error would apply equally to all proxies and, as Fig. 8 shows, some proxies agree well between Nar and Eski Acıgöl, whereas others do not. In any case, dating error is more important for precise correlation of specific events than it is when comparing millennial-scale trends. Dating imprecision and sampling resolution does, however, make it difficult to undertake robust statistical correlation between records.

Of the different proxies shown in Fig. 8, the closest inter-site match is made by δ¹⁸O_carb. The two lakes’ δ¹⁸O records

**Figure 8.** Selected parameters compared for Nar Lake and Eski Acıgöl on a common timescale: (a) isotopes and chemistry/mineralogy, (b) limnic biota and pollen.
are similar in terms of absolute isotopic values, long-term trends and also when matching specific events, such as the Lateglacial Stadial. This level of replication implies that their oxygen isotope profiles are likely to be a robust record of regional hydroclimatic change in central Anatolia during the Lateglacial and Holocene. Of course, the similarity in oxygen isotope profiles seen here does not apply to all lakes. If the δ¹⁸O records from these two maars were compared against those of other eastern Mediterranean lakes with contrasting catchment morphology, then differences would be expected, as seen when comparing Eski Acıgöl with other sites in the region (see Roberts et al., 2008). For Nar and Eski Acıgöl, it is clear that δ¹⁸Oarb carries a much clearer regional hydroclimatic signal than do either δ¹³Carb or δ¹³Corg. Although the carbon isotopes do include a climatic signature, they also contain a strong site-specific component in terms of carbon cycling, for example from deep geothermal sources. This explains why there are substantial offsets in absolute values between δ¹³C from Nar and Eski, even though trends are often similar. Interestingly, the C/N ratio for the two sites shows similar trends and absolute values during the last 14 ka. From 12 to 9 ka BP, the C/N ratio at both sites is generally >20. This then progressively declines to values of 10–15 between 4 and 1 ka BP, suggesting a regional shift from terrestrial to more algal sources of lake organic carbon through the Holocene (Meyers and Terranes, 2001). Either there was a long-term decline in soil and vegetation-derived organic material coming from the catchment, or there were more algae in the lake (e.g., linked to increased nutrients), or the ratio shift was caused by a combination of both factors.

While δ¹³C may provide the best overall hydroclimatic signal, in Nar and Eski Acıgöl it registers the most extreme phases of dryness less well. Instead these are identified in proxies specifically associated with highly evaporated lake waters, such as dolomite. Dolomite peaks occur in both lake records between 4.4 and 1.5 ka BP, and – along with other evidence – imply that this time interval includes the driest climatic conditions of the Holocene in this region. In contrast, there is a poor match between the two site records for calcite precipitation (Fig. 8a). Given that calcite matches well with other indicators of deep, dilute water conditions at Nar Lake, it seems probable that the Eski Acıgöl record is ‘anomalous’ in this regard. Calcite at Eski Acıgöl may be partly diagenetic, and in some cases it is associated with volcanic ash layers (Roberts et al., 2001). One further indication of past lake level is provided by the presence of laminated sediments, reflecting lake waters that were sufficiently deep to allow stratification (Ojala et al., 2012). Both lakes deposited laminated sediments during the first half of the Holocene, confirming this as a period of positive regional water balance. The synchronous ending of lamina formation at 6.5 ka BP in the two lakes was linked to falling regional water levels associated with the mid-Holocene climatic transition. Similarly, neither lake was stratified during the dry interval between 3.17 and 2.56 ka BP. Nar Lake deepened after this time, and it has deposited a continuous Late Holocene varve series, whereas Eski Acıgöl has remained shallow and its sediments have been non-laminated in recent millennia. Eski Acıgöl is smaller and almost certainly formed more recently than Nar, and it has become progressively infilled with sediment over the last ~20 ka, leaving insufficient volume for a deep-water lake even when climatic conditions permitted. Thus, while the presence of laminated sediments is a good indicator of deep-water conditions, their disappearance can be due to lake ontogeny as well as to climatic desiccation.

Biological indicators are compared in Fig. 8b. While the species composition of diatom assemblages in the two lakes shows little overlap, there is a closer match when these data are transformed into DI-EC and aggregate life form; the former indicates lake salinity and the latter reflects lake water depth (e.g. via plankton/periphyton ratios). DI-EC shows a similar overall trend for the two records, with dilute lake waters during the Early Holocene and salinity levels reaching a maximum between ~5 and 1.5 ka BP. The NAR10 core record shows an increase in DI-EC between 9.3 and 8 ka BP that is not shown at Eski Acıgöl. This increase is driven by the centric taxon C. meneghiniana, often associated with brackish waters, but here linked to catchment disturbance as well (see discussion above). The trend in the proportion of non-planktonic diatom taxa is similar between the two lake sequences, shifting from deep-water plankton dominance to shallow-water bentho/periphyton dominance after ~8 ka BP. However, comparison of the two sequences during the second half of the Holocene is hindered by the fact that diatom records are only partly complete, due to poor diatom preservation or sedimentary gaps. Figure 8b also compares biogenic Si (at Eski Acıgöl) with the Si/Ti ratio from Nar. Although these indices are based on different analytical methods, they both show a shift from greater abundance of diatom Si during the earlier part of both sequences to lower concentrations later in the Holocene (e.g. 3.5–1.3 ka BP). By contrast, the specific causes of these trends are probably not the same at the two lakes. At Eski Acıgöl, diatom silica was dissolved under highly saline–alkaline conditions at this time and recombined with Mg to form t alc, whereas at Nar, biogenic Si was joined in the lake by non-biogenic Si linked to increased catchment erosion in the last 2.6 ka. There is no evidence of a similar Late Holocene increase in hillslope erosion at Eski Acıgöl where, for example, quartz has remained a very minor component of the lake sediments throughout.

For pollen, both lakes would have had primarily regional to extra-regional pollen recruitment areas, particularly Nar Lake which is 600–800 m in diameter. There are hills immediately south of Nar Lake, which supported woodland in the past, and which may have increased the share of AP at this site. Most of the major pollen taxa show good overall correspondence between the two sequences (Fig. 8b), implying that they record faithfully regional-scale vegetation changes. The deciduous oak pollen curve is similar for Eski Acıgöl and Nar, although absolute per cent values are higher at the latter site, probably reflecting the proximity of wooded hills. One difference between the two records is the timing of the mid-Holocene Quercus decline, which appears to occur 800 years earlier in the Eski Acıgöl record. This apparent offset is probably an artefact of dating imprecision. The Eski Acıgöl pollen diagram was derived from a different core from that used for other proxies (e.g. isotopes, diatoms) at this site. Precise correlation between the two cores was achievable for the laminated part of the two Eski Acıgöl sequences before 6.5 ka BP, but not for the non-laminated part after this date (see Roberts et al., 2001). Consequently there is some uncertainty in absolute dating and correlation of the Eski Acıgöl pollen sequence during the second half of the Holocene. The similarity of the Quercus curves for Nar and Eski Acıgöl suggests that they are recording a synchronous regional decline in oak woodland cover, and that this decline occurred at the start of the second millennium BC rather than during the early third millennium BC. Poaceae and Artemisia show similar overall trends for the two records, including a peak in the latter during the Lateglacial Stadial, and a sharp rise in the former (grass) at the start of the Holocene. Pistacia and Rumex exhibit clear Early Holocene peaks and subsequent declines in both diagrams, confirming the regional
significance of these vegetation phases. There are bigger differences in the *Pinus* and chenopod records for Nar and Eski Açıgoł, mainly in terms of per cent values rather than in long-term trends. Higher values of pine pollen at Eski Açıgoł suggest a more important long-distance pollen component here.

The inter-site comparison is summarized in Table 1, where different proxies have been put in different categories based on the similarity in the two records. $\delta^{18}O_{\text{carb}}$ provides the reference for regional hydroclimatic reconstruction, while dolomite, C/N ratios, DI-EC, diatom life-form and most pollen taxa also register environmental changes at a wide spatial scale. Some other proxies (e.g. $\delta^{13}C_{\text{carb}}$, $\delta^{13}C_{\text{org}}$, biogenic Si) contain significant local as well as regional signals, and on their own could be misinterpreted in terms of climatic history. Finally, lithogenic indicators reflect primarily site-specific conditions in these two lakes, and do not offer a reliable index of regional climatic change. Because ITRAX and other rapid methods of XRF were not widely available when the Eski Açıgoł cores were analysed in the laboratory, it is not possible to make a direct comparison between these and the NAR10 cores for erosion indicators. Nonetheless, it is clear that the Late Holocene increase in lithogenic elements at Nar Lake (e.g. Ti, Fig. 4) has no counterpart in the Eski Açıgoł sedimentary record. Lithogenic element concentrations or ratios (e.g. Ti/Ca) have increasingly been used as a proxy for runoff and rainfall in sedimentary records (e.g. Heymann et al., 2013; Ulgen et al., 2012), but it is clear that — at least in lakes — their explanation is catchment-specific rather than universal. Their interpretation thus cannot be transferred directly from one basin to another. As with all proxies, lithogenic elemental flux must be understood within the context of each individual lake catchment ecosystem before their wider significance can be inferred.

**Conclusions**

The multi-proxy approach has rightly been applauded as a key way to achieve a ‘rounded’ reconstruction of past environmental conditions (Lotter, 2003). Combining this with a multi-site approach can offer additional insights, as we have tried to illustrate in this comparative study of two maar lake records. Overall, there is good coherence between the two records over the last 14 ka, but also some significant differences. Although numerous factors explain differences between the lake sediment records from Eski Açıgoł and Nar, two are of special importance. First, the Nar maar is larger in area and volume than that at Eski Açıgoł, and almost certainly significantly older. This has meant that basin infilling has led to a long-term trend towards lake shallowing at Eski Açıgoł unrelated to climate. Consequently this lake fails to register a shift from drier to wetter hydroclimatic conditions around 1.5 ka BP that is clearly evident at Nar. Eski Açıgoł therefore does not provide an accurate record of hydroclimatic changes in the last two millennia. Ontogenetic changes in basin morphology are especially significant for interpreting proxies for lake water depth, including the presence or absence of laminated sediments, and diatom life-form (e.g. % plankton). Secondly, part of the Nar Lake catchment has been actively eroding in recent millennia, an acceleration in erosion that is not primarily climatic in origin. Eroded material has built up a fan-delta on the south side of the lake and has led to a significant component of lithogenic material within the lake’s Late Holocene sediments, mainly as turbidites. By contrast, the Eski Açıgoł maar has a small, relatively uneroded catchment and almost all of its sediments are authigenic rather than allogenic. For example, if the Ti signature for Nar Lake were used as a proxy for past climate (via runoff and precipitation), it would give an erroneous reconstruction, as other proxies and the neighbouring Eski Açıgoł sequence testify. Thus, just as multiple proxies can provide extra insights into long-term environmental dynamics and causal relations, so the examples discussed here provide evidence that multiple sites can enable regional and local-scale factors to be partitioned.

**Supporting Information**

Additional supporting information may be found in the online version of this article at the publisher’s web-site.

**Figure S1.** NAR10 composite master lithology and individual core sections.

**Table S1.** Description of NAR10 lithostratigraphic units.
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Abbreviations. AP, arboreal pollen; CONISS, constrained incremental sum-of-squares cluster analysis; DI-EC, diatom-inferred electrical conductivity; Inc/Coh, incoherence/coherence; XRT, X-ray fluorescence.

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