ORIGINAL ARTICLE

Active site-specific quantum tunneling of hACE2 receptor to assess its complexing poses with selective bioactive compounds in co-suppressing SARS-CoV-2 influx and subsequent cardiac injury

Tanzina Sharmin Nipun1, Tanzila Ismail Ema2, Md. Abdur Rashid Mia1, Md. Saddam Hossen4, Farzana Alam Arshe2, Shahlaa Zernaz Ahmed2, Afsana Masud2, Fatihah Faheem Taheya2, Arsyia Alif Khan2, Fauzia Haque2, Salauddin Al Azad*, Md. Al Hasibuzzaman1, Mohammad Tanbir2, Samin Anis7, Sharmin Akter8, Sabrina Jahan Mia9, Dipta Dey10

1Department of Pharmaceutical Chemistry, Faculty of Pharmacy, International Islamic University Malaysia, Kuala Lumpur, Malaysia
2Department of Biochemistry and Microbiology, North South University, Dhaka, Bangladesh
3Department of Pharmacology, Faculty of Pharmacy, International Islamic University Malaysia, Kuala Lumpur, Malaysia
4Microbiology Major, Faculty of Life Sciences and Medicine, Zhejiang Sci-Tech University, Hangzhou, PR China
5Fermentation Engineering Major, School of Biotechnology, Jiangnan University, Wuxi, PR China
6School of Medicine, Ningbo University, Ningbo City, PR China
7Chattogram Maa-O-Shishu Hospital Medical College, University of Chittagong, Chattogram, Bangladesh
8Department of Genetics and Plant Breeding, Bangabandhu Sheikh Mujibur Rahman Agricultural University, Gazipur, Bangladesh
9Ministry of Health, People’s Republic of Bangladesh, Dhaka, Bangladesh
10Department of Biochemistry and Molecular Biology, Bangabandhu Sheikh Mujibur Rahman Science and Technology University, Gopalganj, Bangladesh

ABSTRACT

Objective: This research aims to study the target specificity of selective bioactive compounds in complexing with the human angiotensin-converting enzyme (hACE2) receptor to impede the severe acute respiratory syndrome coronavirus 2 influx mechanism resulting in cardiac injury and depending on the receptor’s active site properties and quantum tunneling.

Materials and Methods: A library of 120 phytochemical ligands was prepared, from which 5 were selected considering their absorption, distribution, metabolism, and excretion (ADMET) and quantitative structure–activity relationship (QSAR) profiles. The protein active sites and belonging quantum tunnels were defined to conduct supramolecular docking of the aforementioned ligands. The hydrogen bond formation and hydrophobic interactions between the ligand–receptor complexes were studied following the molecular docking steps. A comprehensive molecular dynamic simulation (MDS) was conducted for each of the ligand–receptor complexes to figure out the values – root mean square deviation (RMSD) (Å), root mean square fluctuation (RMSF) (Å), H-bonds, Cα, solvent accessible surface area (SASA) (Å²), molecular surface area (MoISA) (Å²), Rg (nm), and polar surface area (PSA) (Å²). Finally, computational programming and algorithms were used to interpret the dynamic simulation outputs into their graphical quantitative forms.

Results: ADMET and QSAR profiles revealed that the most active candidates from the library to be used were apigenin, isovitexin, piperolactam A, and quercetin as test ligands, whereas serpenine as the control. Based on the binding affinities of supramolecular docking and the parameters of molecular dynamic simulation, the strength of the test ligands can be classified as isovitexin > quercetin > piperolactam A > apigenin when complexed with the hACE2 receptor. Surprisingly, serpenine showed lower affinity (~8.6 kcal/mol) than that of isovitexin (~9.9 kcal/mol) and quercetin (~8.9 kcal/mol). The MDS analysis revealed all ligands except isovitexin having a value lower

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Correspondence Salauddin Al Azad abdullahsyum1992@gmail.com Fermentation Engineering Major, School of Biotechnology, Jiangnan University, Wuxi, PR China.

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http://bdvets.org/javar/
SARS-CoV-2 possesses a total of five physiological effects. Individuals with strong immunity show very little symptomatic illness. Hence, the presence of ACE2 receptors plays a significant role in pathogenesis of hypertension, heart and autoimmune diseases, respiratory tract illness, multiple organ damage such as liver, kidney, gastrointestinal tract, and central nervous system. The virus' entry into host cells is guided by the host ACE-2 receptor, which is the gateway for SARS-CoV-2. SARS-CoV-2 possesses a total of five genes in its genome, such as the ORF1ab gene that encodes 16 non-structural proteins, envelope (E) gene that encodes envelope protein, spike (S) gene that encodes spike protein, membrane gene that encodes membrane (M) protein, and nucleocapsid gene that encodes nucleocapsid protein. The "spike" proteins exist in two unique conformations, namely pre-fusion and post-fusion. Activation of the S protein is required to transform into its post-fusion confirmation from the pre-fusion status, which leads to membrane fusion which guides coronavirus entry into host cells. S1 and S2 are the two subunits of the spike protein, where the S1 subunit adheres to the cell surface receptor through its receptor-binding domain (RBD). Then the virus fuses with the host membrane through the S2 subunit. Diversified host receptor recognizing capabilities of the S1 subunit is responsible for the multiple variants of SARS-CoV-2. The "S protein–human angiotensin-converting enzyme (hACE2) receptor" complex formation is the main precursor of viral entry and propagation inside the host cells. Individuals with strong immunity show very mild symptoms, whereas people with hypertension, heart and autoimmune diseases, respiratory tract illness, multiple organ damage such as liver, kidney, gastrointestinal tract, and central nervous system become very susceptible to SARS-CoV-2 [8]. Following SARS-CoV-2 infection, several enzymatic effects become more transparent and acute, like nausea, fever, coughing, vomiting with abdominal pain, and so on [9,10].

One of the potent inhibitors of the renin–angiotensin system (RAS) is ACE2, which maintains the equilibrium of blood pressure and fluid balance [11]. The ACE2 receptors are responsible for ceasing the detrimental effects caused by angiotensin II (Ang II), such as vasoconstriction, inflammation, and fibrosis, through degradation of Ang II. After degradation of Ang II, it is converted into Ang I. Ang I acts as a vasodilator and anti-proliferator [12]. ACE2 opposes the actions of Ang II either by indirectly reducing the Ang II synthesis in tissues through cleavage of Ang I or direct hydrolyzing Ang II [13]. Also, their expression varies according to age, sex, and underlying diseases like diabetes, hypertension, and cardiovascular and pulmonary disease [14]. Trimers of the spike protein present in the host receptor ACE2 arbitrates the attachment of SARS-CoV-2 to the cell membrane, which assists the virus' entry into cells [15]. The virus' entry through the receptor in the upper respiratory system and lungs significantly damages the cardiac system. It indicates that this virus plays a pathological role in myocardial ACE2 expression [16]. Studies have shown that SARS-CoV-2 has more affinity toward ACE2 receptors, along with other reports depicting those organs are receptive to SARS-CoV-2 infection, demonstrating higher levels of ACE2 expression [17]. Attachment of the spike protein with the ACE2 receptor leads to a decrease in ACE2, which results in an upregulation of Angiotensin II, causing an imbalance in RAS, which is unfavorable for the patients. This dysregulation implicates the onset and pathogenesis of hypertension [18]. Hence, the presence of the host ACE-2 receptor is the gateway for the SARS-CoV-2 virus' entry into host cells which has been highlighted in many studies recently [1]. Thus, variations present in spike protein and host ACE-2 receptor binding sites can considerably decrease the virus' effects on the patient's physiology [19]. Ang1–7 has many diverse roles, such as anti-inflammation, antioxidant, vasodilatory, and natriuretic effects regulated by the G-protein-coupled receptor [20], which can be misregulated S–hACE2' complexing creating heart injury.

Considering all of the factors above, the current study aims to identify the interactions and target specificity
of selective biosynthetic ligands to the hACE2 receptor, depending on its active site detection and quantum tunnel profiles. The hydrogen bindings and hydrophobic interactions responsible for blocking the S–hACE2 receptor complex formation were also analyzed. Besides, to figure out the significance of molecular dynamic simulation in evaluating the efficacies of the test bioactive components was also conducted to impede SARS-CoV-2 influx mechanism and subsequent heart injuries, sophisticated computer programming, and biostatistical algorithms were used.

Material and Methods

Construction of the library of phytochemical compounds

A library of phytochemical aromatic compounds was prepared with 120 ligands, followed by a thorough literature review. Ligand screening has been conducted through comprehensive profiling of their physicochemical properties based on PubChem (https://pubchem.ncbi.nlm.nih.gov/), a National Center for Biotechnological Information affiliated directory of chemical substances and biological assays.

Screening the ligand library via ADMET and QSAR profiling for ligand validation

PubChem (https://pubchem.ncbi.nlm.nih.gov/) has been utilized for collecting all the 3D structures of the targeted ligands in the form of structure data file (SDF). To study their pharmacokinetic features, such as absorption, distribution, metabolism, excretion, and toxicity, all the 120 ligands have been checked via the absorption, distribution, metabolism, and excretion (ADMET) profiling that interprets the ligand’s propensity inside the body [21]. For generating the ADMET profile of the selected test ligands, “Swiss ADME” (http://www.swissadme.ch/index.php) and “Molinspiration Cheminformatics” (https://www.molinspiration.com/cgi-bin/properties) was employed. For secondary identification of ADMET, “pkCSM” (http://biosig.unimelb.edu.au/pkcsmprediction) was implemented where the ligands’ toxicity parameters were emphasized. Subsequently, the potential ligands were run via “admetSAR 2” (http://lmm.md.ecust.edu.cn/admetsar2/) for determining the quantitative structure–activity relationship (QSAR). After considering the ADMET and QSAR profiling, six ligands that showed promising values and properties in terms of their ADMET and QSAR were selected for supramolecular docking and molecular dynamic simulation against the control ligand serpentine. All the ligands were optimized using University of California San Francisco (UCSF) Chimera (version 1.14) [22]. The Gasteiger approach was applied to minimize energy by lowering the accumulative charge on ligands to zero [23]. The optimized ligands were then converted into a “mol2 file” for conducting molecular docking.

Preparation of the macromolecule

The 3D crystal structure of human angiotensin-converting enzyme-related carboxypeptidase (hACE2) was gathered from the database of protein data bank (PDB ID: 1R4L and Resolution 3.00 Å). The protein’s crystal structure was optimized using UCSF Chimera (version 1.14) to obtain proper orientation, size, and rotations [23–25]. The non-standard amino acid, ions, water molecules, and ligands were deleted from the protein crystal structure during optimization to avoid interacting with the undesired parts of the receptor. In addition, to assure congenial performance during docking, missing hydrogen atoms were added to the macromolecule [26]. The minimized energy was calculated by YASARA (https://www.yasara.org) [27].

Active site prediction of the receptor macromolecule

The supramolecular docking pose of the optimized hACE2, indicating the best active site, was determined and validated using the COACH-D (https://yanglab.nankai.edu.cn/COACH-D/) algorithm [28]. Using the algorithm, a total of three suggestive binding poses were found, among which the best one was selected, considering the number of amino acid residues involved and the projected binding affinity (kcal/mol). Finally, the best active site predicted file was subjected to quantum tunneling.

Quantum tunneling on the best active site of the receptor

To gain a better understanding of the intended modalities of ligand accommodation within the hACE2 receptor, various protein tunnels were found using the Schrodinger algorithm and the CAVER Web 1.0 tools (https://loschmidt.chemi.muni.cz/caverweb/). A total of 24 tunnels were found from the initial prediction. Finally, considering the tunnel length and radius (Å), the six most viable tunnels were determined using CAVER 3.0 [29]. The tunnels were studied to validate the pre-identified best active site of the receptor for proceeding a successful supramolecular docking because protein tunneling explains efficient electron transport via protein junctions which is a precursor of super-docking [30].

Point-specific molecular docking

Molecular docking of the selected optimized ligands was undertaken using PyRx version 0.8 to scrutinize the binding efficacy of the optimized protein–ligand complexes [31]. The desired ligands and macromolecule were transformed to the format “pdbqt during the molecular docking operation. The root mean square deviation (RMSD) (Å) and binding affinity (Kcal/mol) output files were saved as comma-separated values files.
**Post-docking analysis**

For the initial visualization and qualitative receptor–ligand interactions analysis, Discovery Studio Visualizer (version 3.0) and PyMOL (version 2.4.1) were used sequentially, and the output files were saved as PDB files. Afterward, the quantitative hydrophobic interactions and the number of hydrogen bond formations between each of the protein–ligand complexes were analyzed using LigPlot+ (version 2.2) [32] before conducting the molecular dynamic simulation.

**Molecular dynamics simulation**

In the beginning, the ligand-free macromolecule 1R4L was subjected to dynamic simulation for 10 ns to investigate its natural physical alteration and its reaction with surrounding ions and water molecules utilizing the web-based dynamic simulator CABS-flex 2.0 web-based simulation [http://biocomp.chem.uw.edu.pl/CABSflex2/] [33]. Subsequently, the protein–ligand complexes were preliminarily subjected to the ligand and receptor molecular dynamics (LARMD) simulation system [http://chemyang.ccnu.edu.cn/ccb/server/LARMD/index.php] [34]. LARMD was run for 3.1 ns to understand the outcomes of each protein–ligand complex independently in terms of solvent accessible surface area (SASA), Debye–Waller factor for thermostability (B-factor), root mean square fluctuation (RMSF), principal component analysis, and RMSD analysis [32]. Finally, molecular dynamic simulation of the ligand–receptor complexes was conducted up to 20 ns using Desmond (Desmond, Schrödinger, LLC, NY) software package to investigate RMSD (Å), RMSF (Å), Rg (nm), H-bonds, SASA (Å²), molecular surface area (MolSA) (Å²), and polar surface area (PSA) (Å) of each protein–ligand complex [35]. The box dimension was fixed at X:Y:Z, and nullifying ions (Na+) were added as needed to get the desired results. The probe radius was adjusted to 1.4 Å to investigate the molecular surface area and solvent-accessible surface area.

**Statistical analysis and graphical representation**

The protein–ligand complexes have been improved and visualized using the software packages listed above. In addition,
data mining and statistical interpretation of the values of RMSD (Å), RMSF (Å), Rg (nm), H-bonds, SASA (Å²), MoLSA (Å²), and PSA (Å) from the molecular docking and molecular dynamics simulation were accomplished by GraphPad Prism version 8.0.1 software package (for Mac OS) [36,37] and R programming (version R-4.0.2 for Linux) [38,39].

**Results**

**Protein active site detection and quantum tunneling**

The energy level of the hACE2 receptor protein was minimized from −52407.7 to −113291.2 KJ/mol, as a result of the optimization process (Fig. 1A). The three protein active sites showed their projected binding affinities as −4.1kcal/mol (Fig. 2A), −4.2Kcal/mol (Fig. 2B), and −6.9Kcal/mol (Fig. 2C). Considering the number of amino acid residues and binding energy, the third pose of the protein active site (Fig. 2C) was taken for quantum tunneling. For the third active site position, six tunnels were identified (each at 64 Å length) with the radius (Å) ranged between 0.83Å and 3.17Å (Fig. 3). The tunnels are the suggested routes for molecular super docking.

**Pharmacokinetic profiles of the ligands**

In this study, five ligands, including control, were picked from a library of 120 renowned pharmacophores following their QSAR and ADMET profile analysis, which are piperolactam A (Fig. 1B), apigenin (Fig. 1C), isovitexin (Fig. 1E), and quercetin (Fig. 1F) as test ligands, whereas serpentine (Fig. 1D) was the control (Table 1). Based on the physicochemical analysis, there were no violations of Lipinski’s rules in any of the tested ligands. While observing the pharmacokinetics analysis, only piperolactam A among the ligands showed partial AMES toxicity. In addition to an excellent excretion rate, these five ligands had maximum tolerated dosages ranging from −0.219 to 0.649 log mg/kg/day. The intestinal absorption of serpentine (control), apigenin, and piperolactam A were typically > 90%, whereas quercetin and isovitexin were 77.207% and 64.729% respectively. The blood–brain barrier range of the ligands, namely apigenin, isovitexin, piperolactam A, and quercetin, were −0.734, −1.375, −0.397, and −1.098, respectively, but control serpentine was 0.257. Except for serpentine, all ligands demonstrated hepatotoxicity and their LD50 ranged between 2.471 and 3.675 (Table 1).

**Supramolecular docking**

Supramolecular docking showed that isovitexin exhibited the highest binding affinity (−9.9 Kcal/mol) toward the enzyme, which was also higher than the control ligand, serpentine (−8.6 Kcal/mol). Besides isovitexin, quercetin also showed a higher binding affinity value (−8.9 Kcal/mol) than the control ligand. On the other hand, apigenin

![Figure 2](https://example.com/figure2.png)

**Figure 2.** Selection of different active sites of the hACE2 receptor protein considering the binding energy (Kcal/mol) and the number of the amino acids involved at the docking region.
**Figure 3.** Illustration of the protein tunnels along with the tunnel length (Å) and radius (Å) of each of the tunnels for allocating any ligand in the super docking position.

**Table 1.** Complete QSAR and ADME/T physiochemical and pharmacokinetic profiling of selected ligands.

| Name of ligand and ID          | Physiochemical properties | Pharmacokinetic criteria |
|-------------------------------|---------------------------|--------------------------|
|                               | MoW | LogP | H-Ac | H-Do | NRB | BBB | NVL | DL | IA | TC | AT | LD50 | HT | MTD |
| Serpentine (control) CID 73073 | 348.402 | 3.4052 | 5 | 0 | 1 | 0.257 | 0 | yes | 97.616 | 0.931 | No | 3.675 | yes | −0.219 |
| Apigenin CID 5280443           | 302.238 | 3.4052 | 3 | 2 | 1 | −0.397 | 0 | yes | 77.207 | 0.407 | No | 2.471 | no | 0.499 |
| Isovitexin CID 162350          | 326.268 | 3.4052 | 3 | 1 | 1 | −0.397 | 0 | yes | 77.207 | 0.407 | No | 2.471 | no | 0.499 |
| Piperolactam A CID 3081016     | 302.238 | 3.4052 | 3 | 2 | 1 | −0.397 | 0 | yes | 77.207 | 0.407 | No | 2.471 | no | 0.499 |
| Quercetin CID 5280343          | 302.238 | 3.4052 | 3 | 2 | 1 | −0.397 | 0 | yes | 77.207 | 0.407 | No | 2.471 | no | 0.499 |

QSAR, Quantitative structure–activity relationship; ADME/T, Absorption, distribution, metabolism, excretion, and toxicity; MoW, molecular weight, g/mol; LogP, Predicted octanol/water partition coefficient; H-Ac, No. of hydrogen bond acceptor; H-Do, No. of hydrogen bond donor; NRB, No. of rotatable bonds; BBB, Blood–Brain Barrier; NVL, No. of Lipinski’s rule violations; DL, Drug likeness; IA, Intestinal absorption, % absorbed; TC, Total clearance, log ml/min/kg; AT, Ames toxicity; LD50, Oral rat acute toxicity; HT, Hepatotoxicity; MTD, Maximum tolerated dose for human, log mg/kg/day.

NRB and NVL were taken from SwissADME and the rests from pkCSM.
demonstrated a lower binding affinity value (−8.1 Kcal/mol) than serpentine. Furthermore, similar binding affinity values were found in both piperolactam A-1R4L and serpentine-1R4L complexes (Table 2). Table 2 also depicts the RMSD values of five ligands, including the control ligand, along with binding affinity. It was determined from the docking results that the other four ligands, namely quercetin, isovitexin, piperolactam A, and apigenin, showed lower values of RMSD (6.186, 8.951, 4.847, and 17.556 Å, respectively) compared to the control ligand (RMSD/UB 20.224 Å).

Table 2. Pharmacokinetics profiling of ADMET and QSAR for ligand validation.

| Macromolecule | Ligand               | Binding affinity (Kcal/mol) | RMSD (Å)     |
|---------------|----------------------|----------------------------|--------------|
|               |                      |                            | Upper Bound  | Lower Bound  |
| 1R4L          | Serpentine (control) | -8.6                       | 20.224       | 18.545       |
| 1R4L          | Quercetin            | -8.9                       | 6.186        | 3.72         |
| 1R4L          | Isovitexin           | -9.9                       | 8.951        | 5.004        |
| 1R4L          | Piperolactam A       | -8.6                       | 4.847        | 2.351        |
| 1R4L          | Apigenin             | -8.1                       | 17.556       | 17.187       |

RMSD, Root mean square deviation; UB, Upper bound; LB, Lower bound;
1R4L was taken as standard macromolecules for hydrolyzing lignin and cellulose, respectively; PubChem CID: serpentine (73391), quercetin (5280343), isovitexin (162350), piperolactam A (3081016), apigenin (5280443).

Figure 4. Identification of the super docking position of the control ligand (serpentine) inside the hACE2 receptor as well as the hydrogen and hydrophobic interactions involvement inside the ‘serpentine–hACE2 receptor’ complex. The distances among the amino acid residues are mentioned using red lines where the hydrogen bonds are the pink lines (A) as 3D confirmation. Besides, the most stable hydrogen bonds (green line) and hydrophobic interactions (red lines) are represented in 2D.
Å). The lowest RMSD values were exhibited among the five ligands by piperolactam A (RMSD/UB 4.847 Å and RMSD/LB 2.351 Å), whereas the control ligand showed the highest values of RMSD (Table 2).

**Post-molecular super docking analysis**

Serpentine, the control ligand, showed only one hydrogen bond, namely Arg518 (2.92 Å), alongside the five hydrophobic bond residues, such as Thr445, Phe274, Asp367, His374, and Thr371, interacting with the macromolecule 1R4L (Fig. 4). The interaction of apigenin with 1R4L, four hydrogen bond residues, namely Glu402 (2.87 Å), His374 (3.08 Å), Pro346 (2.73 Å), and Thr445 (2.57 Å), have been detected (Fig. 5A). In the profiling of the apigenin–1R4L complex four hydrophobic residues, namely Glu375, Thr371, Phe274, and Tyr515, have been observed (Table 3). Isovitexin developed a compact interaction with its ligand via four hydrogen bond residues, including Thr371 (3.25 Å), Asp367 (2.82 Å), Glu406 (3.12 Å), and Arg (2.82 Å), along with hydrophobic interactions such as Phe274, Glu375, Pro346, His345, Thr347, His374, Tyr515, and Glu402 (Fig. 5B). In the case of piperolactam A, the hydrophobic residues residing inside are Arg518 (3.02 Å) and Thr (3.10 Å) only, whereas the involved hydrophobic residues are Glu406, Phe274, and Thr276 (Fig. 5C). Finally, the quercetin–1R4L complex displayed Arg518 (2.89 Å), Glu406 (2.97 Å), and Pro (2.87 Å) as three hydrogen bond interactions (Fig. 5D) and Asp367, Phe274, Thr371, Glu375, and His374 as five hydrophobic bond residues (Table 3).

Following the hydrophobic bond interactions shown in all ligand–receptor complexes, isovitexin confirmed the nearest contiguity comprising eight amino acids (Fig. 6C), whereas piperolactam A showed only three (Fig. 6A). Interestingly, the other ligands displayed four or five hydrophobic bond interactions. Moreover, isovitexin also holds the highest number of hydrogen bond interacting residues compared to other ligands and the control ligand. There is a total number of four hydrogen bond interacted residues in isovitexin. Even though apigenin possesses the same number of hydrogen bond residues as isovitexin (Fig. 6B), the greatest number of hydrophobic bond interacting residues are observed in isovitexin. Quercetin possesses
three hydrogen bonds, but the amino acid residues are less involved in it (Fig. 6D).

**Molecular dynamic simulation (20 ns)**

In total, eight parameters have been considered to check the fluctuation profiles of the docked complex from the molecular dynamic simulation (Fig. 7). During 20 ns of the simulation period, 596 interactive amino acid residues of 1R4L were harvested among 1001 different frames.

From the molecular dynamic simulation analysis, the control ligand serpentine was found to have a range of RMSD values within 0 Å–2.07 Å. Isovitexin displayed the

| Macromolecule | Ligand       | Amino acid involved interactions | Hydrogen bond interactions | Hydrophobic bond interactions |
|---------------|--------------|---------------------------------|---------------------------|-------------------------------|
| 1R4L          | Serpentine   | Arg518(2.92 Å)                  | Thr445, Phe274, Asp367, His374, Thr371 |
| 1R4L (Fig. 1D)| Quercetin    | Arg518(2.89 Å), Glu406(2.97 Å), Pro (2.87 Å) | Asp367, Phe274, Thr371, Glu375, His374 |
| 1R4L (Fig. 1C)| Isovitexin   | Thr371(3.25 Å), Asp367(2.82 Å), Glu406(3.12 Å), Asp(2.82 Å) | Phe274, Glu375, Pro346, His345, Thr347, His374, Tyr515, Glu402 |
| 1R4L (Fig. 1A)| Piperolactam A | Arg518(3.02 Å), Thr(3.10 Å)     | Glu406, Phe274, Thr276 |
| 1R4L (Fig. 1B)| Apigenin     | Glu402(2.87 Å), His374(3.08 Å), Pro346(2.73 Å), Thr445(2.57 Å) | Glu375, Thr371, Phe274, Tyr515 |

**Figure 6.** Identification of the ligand–receptor stabilities following the number of hydrogen bonds (green lines) and the noncovalent interactions (red lines) among the ligand and the amino acid residues. hACE2 receptor protein is complexed with piperolactam A (A), apigenin (B), isovitexin (C), quercetin (D).
Figure 7. Molecular dynamic simulation (20 ns runtime) of the ligand–receptor complexes’ results, means – RMSD (A), RMSF (B), H-bonds (C), Ca (D), SASA (E), MolSA (F), Rg (G), and PSA (H).

highest RMSD value of 3.752Å in comparison to all test and the control ligands. On the contrary, piperolactam A showed the lowest RMSD value at 2.057 Å. However, quercetin showed higher and apigenin exhibited lower RMSD values at 2.196 Å and 2.062 Å, respectively, than the control serpentine (Fig. 7A). Similarly, isovitexin showed a significantly higher RMSF fluctuation range from 0.520 Å to 4.268 Å, as compared to the control ligand (0.424 Å–3.704 Å) and the rest of the three experimental ligands (Fig. 7B). Besides, apigenin (0.417 Å–4.054 Å) and quercetin (0.427 Å–3.944 Å) also exhibited higher RMSF fluctuations compared to serpentine. On the other hand, no significant difference in fluctuations was observed between control and piperolactam A (0.428 Å–3.883 Å).

An intramolecular hydrogen bond was absent in the docked complexes containing the control ligand, serpentine, and piperolactam A (Fig. 7C). On the contrary, quercetin and apigenin possessed only one intramolecular hydrogen bond. The isovitexin–1R4L complex exhibited the highest number of intramolecular hydrogen bond interactions (Fig. 7C).

For the control ligand serpentine, the range of interactive alpha carbon atoms (Ca) was observed between 0.402 and 3.443, which was found to be very close to the apigenin (0.396–3.517) and piperolactam A (0.412–3.579).

On the other hand, a higher range of interactive alpha carbon atoms was observed in both isovitexin–1R4L (0.502–4.573) and quercetin–1R4L (0.416–4.056) complexes, compared to the serpentine–1R4L complex. However, isovitexin showed the highest interactive alpha carbon atoms range during the simulation period with the protein (1R4L) compared to all other ligands (Fig. 7D).

In this study, SASA revealed the level of exposure of 597 amino acid residues of the enzyme 1R4L, associated with ligand to solvent (water) and pharmacokinetic strength of lead molecules, including quercetin, isovitexin, piperolactam A, and apigenin along with the control ligand, serpentine. In all cases, the water probe radius of 1.4 Å and the ratio of the total area to energy for polar region 9598.23 and apolar region 14050.71 were observed with no gradient of calculation and no unknown area (Table 4). The ligand isovitexin showed the highest range of a fluctuation profile in terms of SASA (24.798 Å²–245.328 Å²) compared to all test ligands, including the control. On the contrary, apigenin (8.955 Å²–53.109 Å²), piperolactam A (11.134 Å²–79.483 Å²), and quercetin (12.919 Å²–71.398 Å²) exhibited a lower range of SASA fluctuation profile compared to the serpentine (5.281 Å²–149.644 Å²) (Fig. 7E).

To determine the MolSA, a probe radius of 1.4 Å (equivalent to the van der Waals surface area of a water molecule)
Table 4. Solvent accessible surface area (Å²) referring to the area to energy ratio over the entire dynamic simulation process (100 ns) with polar and apolar regions precisely.

| Macromolecule | Ligand        | Water Probe Radius (Å) | Gradient in Calculation | Total number of Residue | Polar     | Apolar    | Unknown |
|---------------|---------------|------------------------|-------------------------|-------------------------|-----------|-----------|---------|
| 1R4L          | Serpentine    | 1.400                  | No                      | 597                     | 9598.23   | 14050.71  | 0.00    |
| 1R4L          | Quercetin     | 1.400                  | No                      | 597                     | 9598.23   | 14050.71  | 0.00    |
| 1R4L          | Isovitexin    | 1.400                  | No                      | 597                     | 9598.23   | 14050.71  | 0.00    |
| 1R4L          | Piperolactam A| 1.400                  | No                      | 597                     | 9598.23   | 14050.71  | 0.00    |
| 1R4L          | Apigenin      | 1.400                  | No                      | 597                     | 9598.23   | 14050.71  | 0.00    |

WPR, Water probe radius; GIC, Gradient in calculation; TNR, Total no. of residues.

was used. Throughout the 20 ns of the simulation period, the profile of MolSA values fluctuated in different ranges. When compared to all test ligands, including the control (Fig. 7F), isovitexin demonstrated the highest MolSA value (364.806 Å²), whereas piperolactam A exhibited the lowest (242.419 Å²). However, quercetin and apigenin displayed lower molecular surface area values of 256.595 Å² and 244.140 Å², respectively, than that of serpentine (329.282 Å²).

In the molecular dynamic simulation course, the highest fluctuation of the radius of gyration (Rg) value was observed in the docked complex containing isovitexin, varying in the range between 4.760 and 4.992 nm. On the contrary, the ligand piperolactam A exhibited the lowest score between 3.111 and 3.211 nm. The control ligand, serpentine, displayed Rg values ranging from 3.913 to 4.164 nm. Besides, quercetin (3.696–3.849 nm) and apigenin (3.597–3.743 nm) generated Rg values of a lower range than that of the control ligand (Fig. 7G).

Although all ligands exhibited a higher range of polar surface area than the control, isovitexin showed the widest range (297.167 Å²–356.201 Å²) compared to all the test and control ligands. The PSA values found for serpentine ranging from 67.614 Å up to 86.226 Å. Notable fluctuations were also observed among quercetin, piperolactam A, and apigenin with the PSA values of 284.805 Å, 129.34 Å, and 200.676 Å, respectively (Fig. 7H).

Discussion

The World Health Organization identified the Delta variant [Phylogenetic Assignment of Named Global Outbreak lineage designation B.1.617.2], initially found in India, as a variant of concern in May 2021, and linked it to an epidemic resurgence in the United Kingdom. The lineage comprises three subtypes (B1.617.1, B1.617.2, and B1.617.3), each with a different set of “Spike mutations” in the N-terminal domain (NTD) and the RBD that might help them evade the immune system. “B.1.617.2,” commonly known as variation Delta, is thought to spread more quickly than other variants [40].

From the understanding of the pathophysiology of the SARS-CoV-2, it can be said that the spike protein acts as a ligand by binding with the hACE2 receptor facilitating the viral particle entry into the host cell. Thus, through modulator proteins as ligands, it can be possible to allosterically regulate the spike protein’s binding activity [41]. Phytochemicals are naturally synthesized in plants and are well known to have numerous therapeutic properties, having several studies reported on its competence against diseases, additionally offering a variety in compounds chosen [42]. The binding of these phytochemicals with host protein ACE2 as a non-competitive molecule can confer antiviral efficacy by disrupting spike protein binding to the hACE2 receptor [43]. For the current in silico study, the chosen pharmacophore compounds against the ACE2 receptor are quercetin, isovitexin, piperolactam A, and apigenin, keeping SERPENTINE as the control ligand (Fig. 1B–F).

ADMET and QSAR

From the assessment of the physicochemical properties, only isovitexin among the five ligands was observed to partially violate the Lipinski rule of 5, leading to its deflection than the other ligands exhibited drug-likeness properties [25]. All ligands displayed prominent excretion rates along with acceptable ranges of maximum tolerated dosages. More than 90% intestinal absorption was witnessed for the ligands serpentine (control), apigenin, and piperolactam A, whereas lower than 90% was displayed by quercetin and isovitexin. AMES toxicity was tested positive for piperolactam A only. The blood–brain barrier range of the ligands apigenin, isovitexin, piperolactam A, and quercetin came out as negative, whereas the value for serpentine only came out as positive. With the control ligand being the exception, the hepatotoxicity came negative for the rest of the four ligands (Table 1). In the case of the LD50 dosage,
serpine acted abnormally again, whereas the LD50 range for the other four ligands were acceptable ranges.

**Protein active site detection and quantum tunneling**

A web server named “CASTp” (http://sts.bioe.uic.edu/castp/index.html?3trg) was used for the prediction of the active binding site of the ACE2 receptor; but it was able to give only a qualitative-predicted result (Fig. 1A). COACH-D algorithm was utilized for the quantitative assessment of the predicted active site of the hACE2 receptor protein [28,34], which generated quantitative data of a total of eight best calculating binding poses. Upon analyzing the binding energy and amino acid residue positions, the top three binding poses were chosen (Fig. 2) out of the eight resulted ones. For the authentication of the data and running a perfect supramolecular docking, the third binding pose was further subjected to Caver 3, to carry out quantum tunneling of the best active site binding pose [44]. In total, 24 quantum tunnels were developed by the Caver 3 from which the six most viable were chosen from the binding active site of the protein (Fig. 3A–F). The graph (Fig. 3G) depicts the quantitative analysis where the radius and tunnel length are dependent and independent variables, respectively, the radius aid in deducing the ligand’s length, width, and height [45]. The tunnel was observed to be surrounded by amino acid residues, while the ligand paved its way through the tunnel (Fig. 3A). This very tunnel has been demonstrated in a graph with a radius of 2.0 Å. The same phenomena were witnessed in Figure 3B and C, but with different radii of 1.5 Å and 2.4 Å, respectively [46]. Figure 3D shows a similar frame to 3B, where the ligand is in the tunnel center exhibiting a radius of 1.25 Å. Figure 3E shows a slightly different picture where the scattered amino acids are far away from the ligand. However, the radius’ value of Figure 3E is identical to 3D, which is 1.25 Å. Lastly, in Figure 3F, fewer amino acids around the ligand depicted a radius with a value of 1.5 Å. By studying the quantitative analysis of the graph, it was concluded that Figure 3C tends to have the highest value which is 2.4 Å, and the lowest value is 1.25 Å found in Figure 3E and F.

**Molecular optimization and docking**

Molecular docking is a computational modeling technique that visualizes predictive pharmacophore complexes that occur between the ligand and the receptor protein via running them on program PyRx 0.8, a virtual screening tool which is based on Autodock Vina for the comprehension of the binding affinity between the ligand and the macromolecule when it is subjected to any condition depending on binding scores [47]. Before carrying out the molecular docking, UCSF Chimera Software Package (Version 1.14) was used to optimize the protein of interest and the five ligands. This software was also used to visualize the manner in which the binding positions if and when supramolecular docking will take place between the macromolecule and the ligand. Figure 4 shows the simultaneous qualitative (Fig. 4A) and quantitative (Fig. 4AB) forms of the control ligand serpine complexed with the macromolecule hACE2 receptor. The qualitative form was developed via the UCSF Chimera Software, and here the predictive location of the hydrogen bonds between the specific amino acids are indicated using the magenta line. This was further conducted by the java interface-run program, LigPlot+ V.2.2 tool, to identify and visualize the hydrogen bonds and hydrophobic interactions between the ligand and the peripheral amino acid residues [32].

The protein was modeled in supramolecular docking with four ligands using the UCSF Chimera. The post-docking prediction of the binding poses on the ACE2 receptor through which the corresponding ligands bound to its protein, depending on the quantum tunneling mechanism conducted. The intermolecular spaces (red lines) and projected hydrogen bonds (magenta lines) are shown in Fig. 5.

The PyMOL-generated results (PDB format) were then subjected to visualization in the Ligplot+, which then displayed the number of hydrogen bond interactions and hydrophobic interactions of the ligand with the amino acids residing within its periphery (Fig. 6). Isovitexin (Fig. 6C) and apigenin (Fig. 6B) possessed the highest number of hydrogen bond interactions, while in the case of hydrophobic interactions, isovitexin tops apigenin. On the contrary, piperolactam A displayed the least number of hydrogen bonds along with hydrophobic interactions (Fig. 6A).

It was observed that the isovitexin complexed with the receptor possessed the highest binding affinity (-8.9 kcal/mol) compared to the control ligand serpine (-8.6 Kcal/mol). This may be because the number of hydrogen bonds of the “isovitexin–1R4L” complex was higher than the “serpine–1R4L” complex, whereas “apigenin–ACE2” protein had the least binding affinity value but was higher than the docked complex containing control ligand hydrogel bond, which plays a crucial role in protein–ligand binding by stabilizing the docked complex [48]. Besides hydrogen bonds, the higher number of hydrophobic interactions within the docked complex may also increase the binding affinity of the ligand toward the target protein [49,50]. Among the four test and control ligands, isovitexin has a higher number of carbonyl and hydroxyl moieties that may contribute the highest binding affinity of this ligand toward the protein.

**Molecular dynamic simulation (20 ns)**

In this research, Desmond (Desmond, Schrödinger, LLC, NY) has been used for molecular dynamic simulation (MDS) that was operated to investigate the receptor RMSD, receptor RMSF, Intra H-bonds, Ca, SASA, MolSA, Rg, and
PSA for 20 ns. The RMSD values are considered to measure the average shift in a set of atoms for a specific frame with a reference frame [51]. This parameter governs a significant role in assisting the comparisons among different molecular structures and narrows down the extensive list of predictive conformations to a smaller set [52]. The greater the RMSD value, the less stable the docked complex during the simulation period, and vice versa [53]. In terms of the lowest RMSD values, all the experimental and control ligands demonstrated equal stability in their docked complexes. However, the stability pattern of the ligands, based on the RMSD values was piperolactam A > apigenin > serpine > quercetin > isovitexin (Fig. 7A). From this trend, it was observed that the “piperolactam A–1R4L” complex showed the highest stability, whereas the “isovitexin–1R4L” complex exhibited the lowest stability during MDS analysis. The RMSF values were estimated for 20 ns to analyze the effect of a test ligand on 1R4L protein. RMSF value implies the denaturation tendency of a receptor protein at each point of the temporal trajectory (Fig 7B). The higher the RMSF value, the lower the stability of the protein–ligand complex during the MDS and vice versa [53]. This phenomenon occurs due to a change in protein structure induced by ligand interaction when higher RMSF is attributed to the presence of tightly bonded structures like an alpha helix and beta-strands. At the same time, a lower RMSF refers to lose structures like coils, bends, and turns [54].

The ligand isovitexin exhibited the highest RMSF values than the control serpine and the other experimental ligands, indicating lower stability due to enhanced flexibility. The control showed the least RMSF values to form the most stable complex. On the other hand, the docked complexes containing quercetin, piperolactam A, and apigenin showed lower stability than the control (Fig 7B).

The hydrogen bond networks play a crucial role in strengthening the binding affinity of the protein and the ligand [55]. In our study, the “isovitexin–1R4L” complex showed the highest number of intramolecular hydrogen bond interactions among all ligands, indicating the most stable complex during the 20 ns of the simulation period. On the other hand, quercetin and apigenin exhibited a bit higher stability compared to control. The simulation findings demonstrated that intramolecular hydrogen bonds were absent in the docked complexes containing serpine and piperolactam A, indicating the least stability in those complexes (Fig. 7C). The alpha-carbon atom is one of the mother parameters of MDS analysis which plays a vital role to get information on the motions of the protein–ligand complexes during simulation periods (Fig. 7D). Fastest (i.e., narrow region of alpha carbon atom) motions indicate the most biologically unstable conformations [56]. Therefore, the findings revealed that narrow regions of Cα were exhibited by the docked complex containing serpine, apigenin, and piperolactam-A, indicating the fastest motion of their complexes, which resulted in the unstable conformations. However, the “isovitexin–1R4L” complex showed the widest region of carbon alpha, indicating stable conformations. Furthermore, the docked complex containing quercetin also exhibited a broader region of Ca compared to control, indicating the more stable conformation formed by the “quercetin–1R4L” complex than the serpine–1R4L complex (Fig. 7D).

To better understand the effective interaction between the macromolecule and ligand, the SASA values are used to interpret the interactions between the surface of the docked complex and water molecules in which the protein–ligand was submerged. For the stability of the proteins, hydrophobic interactions form between the non-polar amino acids through defending by polymer shielding in hydrophobic, which reduced SASA values [25,57]. The MDS analysis (Fig. 7E) revealed that serpine (control) exhibited the most stability following the lowest SASA value. On the other hand, quercetin, and piperolactam A followed higher values of SASA, but isovitexin demonstrated the highest SASA value. The stability of a protein is also connected to its MolSA; consequently, a significant change in the MolSA of a complex might result in instability, which is highly undesirable [58,59]. After 20 ns of the simulation period, it was found that isovitexin showed the highest MolSA value among all five ligands (Fig. 7F). Thus, isovitexin can be considered the least stable and unfavorable in comparison to the other ligands. On the contrary, the most stable complex was formed between piperolactam A and 1R4L. Additionally, the docked complexes containing apigenin and quercetin were also displayed higher stability than the serpine–1R4L complex (Fig. 7F).

The radius of gyration (Rg) is the benchmark to determine whether a structure has a stable, compact and folded conformation. The higher the Rg value, the more likely the ligand is flexible, thus possessing an unstable conformation. On the contrary, lower Rg values suggest a dense and closely packed structure [60]. Isovitexin exhibited the highest gyration radius, indicating the most flexible and unstable compound compared to the rest of the three experimental and control ligands. On the other hand, quercetin and apigenin exhibited higher stability than serpine. From the simulation analysis, piperolactam-A was found to be the model ligand in terms of Rg (nm) value (Fig. 7G).

PSA is a crucial factor along with the lipophilicity to determine the ability of drugs to cross the blood–brain barrier [61]. The normal range of PSA for the substance (X) is $40 \text{Å}^2 < X \leq 90 \text{Å}^2$, which ensures the best efficacy to permeate the blood–brain barrier, whereas out of this range...
Conclusion

This in silico study was conducted through a series of methodical procedures, which included: establishment of a phytochemical repository of 120 ligands based on a comprehensive literature review; selection of five top ligands including control based on drug likeliness through ADMET and QSAR-based ligand screening; in-depth analysis of the level of interaction among the receptor protein ACE2 (1R4L) and the respective test ligands through molecular docking of these ligands against the target receptor, optimized to a high-resolution crystalized level; and finally molecular dynamic simulation to attain the quantitative values for RMSD, RMSF, α-carbon, intra hydrogen bond, radius of gyration, SASA, MolSA, and PSA to observe the extent of the mobility of protein induced when in association with prospective drugs. Molecular docking analysis found all the test ligands to exhibit substantial binding affinity with the targeted macromolecule, while the Ligplot+ visualization demonstrated potential hydrogen and non-covalent bonds responsible for the strength of protein–ligand affinity. Moreover, the MDS suggested the hierarchy of five test ligands concerning least mobility of protein backbone, least fluctuation of protein alpha carbons, least flexibility of protein in complex with ligand, least available atomic van der Waals surface area, and protein surface area exposed to water for the protein–ligand complex, with a surface associated with heteroatoms and hydrogen atoms under desirable range. This study prognosticated apigenin, piperolactam A, and quercetin to be more stable and highly interactive flavonoid compounds. Thus, further in vivo investigation is recommended to determine their therapeutic potentiality and target specificity toward the target ACE2 receptor so that the SARS-CoV-2 influx can be prevented and the virus-derived heart injury can be protected. Although isovitexin exhibited the highest binding tendency with the hACE2 receptor, it was not suggested as the superior drug-like compound due to its low pharmacodynamics stability observed in MDS than the others.

Conflict of interest

The authors have absolutely no conflicting interests with the others.

Authors’ contributions

Conceptualization, methodology, and supervision: Salauddin Al Azad. Project administration: Tanzina Sharmin Nipun and Tanzila Ismail Ema. Resources: Md. Abdul Rashid Mia and Md. Saddam Hossen. Data curation: Farzana Alam Arshe, Shahlaa Zernaz Ahmed, Afzana Masud, Fatiha Faheem Taheya, Arysha Alif Khan, and Fauzia Haque. Writing original draft: All the authors participated equally. Visualization: Md. Al Hasibuzzaman. Investigation: Mohammad Tanbir. Validation and software: Salauddin Al Azad, Samin Anis, Sharmin Akter, Sabrina Jahan Mily, and Dipta Dey.

List of abbreviations

SARS-CoV-2: Severe acute respiratory syndrome coronavirus 2; COVID-19: Coronavirus disease 2019; S protein: Spike protein; hACE2: Human angiotensin-converting enzyme 2; ADMET: Absorption, distribution, metabolism, and excretion; QSAR: Quantitative structure–activity relationship; PSA: Polar surface area; RMSD: Root mean square deviation; RMSF: Root mean square fluctuation; PDB: Protein data bank; MDS: Molecular dynamics simulations; TC: Total clearance; LARM: Ligand and receptor molecular dynamics; Rg: Radius of gyration; Ca: Alpha carbon; SASA: Solvent accessible surface area; MolSA: Molecular surface area; H-bonds: Intramolecular hydrogen bonds
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