ANALYSIS OF USE, AVAILABILITY OF PERSONAL PROTECTION EQUIPMENT (PPE) AND COVID-19 INFECTIONS CASE ON HEALTH WORKERS: A LITERATURE REVIEW
Kajian Literatur Penggunaan, Ketersediaan Alat Pelindung Diri (APD) Dan Kasus Infeksi Covid-19 Pada Tenaga Kesehatan

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ABSTRACT

COVID-19 is an infectious disease caused by the SARS-CoV-2 (Severe Acute Respiratory Syndrome Coronavirus 2) virus. During the pandemic, health workers have a higher risk of being exposed to the coronavirus. This study aims to analyze the availability and use of PPE for COVID-19 infection cases in health workers. This study used the scoping review method. Selected articles had been chosen by topic and inclusion criteria. Twenty-four articles were varied based on research locations in the US, China, Italy, Germany, Ethiopia, India, Pakistan, Nigeria, Australia, and Israel. Health workers have used PPE when handling specimens or patients with COVID-19 symptoms. The health workers were varied, including doctors, dentists, veterinarians, public health officers, nurses, pharmacists, and medical personnel who treat COVID-19 patients or not—the type of PPE widely used as masks. Health care facilities have provided PPE, but access, quality, and availability vary. Cases of COVID-19 infection in health workers varied, and the symptoms. PPE availability indirectly affects the high or low cases of COVID-19 infection in health workers, so the availability of PPE for health workers must be considered.

Keywords: COVID-19, infectious, health workers, PPE use, PPE availability.

ABSTRAK

COVID-19 merupakan penyakit menular yang disebabkan oleh virus SARS-CoV-2 (Severe Acute Respiratory Syndrome Coronavirus 2). Selama pandemi, tenaga kesehatan memiliki risiko lebih tinggi terpapar virus corona. Tujuan dari penulisan ini yaitu menganalisis ketersediaan dan penggunaan APD terhadap kasus infeksi COVID-19 pada tenaga kesehatan. Penelitian ini menggunakan metode scoping review. Artikel yang dipilih sesuai dengan topik dan kriteria inklusi. Didapatkan 24 artikel dengan lokasi penelitian di AS, Cina, Italia, Jerman, Ethiopia, India, Pakistan, Nigeria, Australia, dan Israel. Tenaga kesehatan telah menggunakan APD saat menangani pasien ataupun spesimen pasien dengan gejala COVID-19. Tenaga kesehatan yang diterima bervariasi, meliputi dokter, dokter gigi, dokter hewan, public health officer, perawat, apoteker, tenaga medis yang menangani pasien COVID-19 ataupun tidak. Jenis APD yang paling banyak digunakan oleh tenaga kesehatan yaitu masker. Fasilitas pelayanan kesehatan telah menyediakan APD, namun akses, kualitas, dan ketersediannya bervariasi. Kasus infeksi COVID-19 pada tenaga kesehatan bervariasi, begitu pula dengan gejala yang timbul. Penggunaan APD dapat meminimalisir risiko penularan COVID-19 pada tenaga kesehatan. Ketersediaan APD berpengaruh tidak langsung terhadap tinggi atau rendahnya kasus infeksi COVID-19 pada tenaga kesehatan, sehingga ketersediaan APD untuk tenaga kesehatan harus diperhatikan.

Kata kunci: COVID-19, menular, tenaga kesehatan, penggunaan APD, ketersediaan APD.
INTRODUCTION
Corona virus disease or COVID-19 is an infectious disease that emerged at the end of 2019, precisely in December, in Wuhan, China. COVID-19 is caused by the SARS-CoV-2 virus (Severe Acute Respiratory Syndrome Coronavirus 2) or often referred to as the Corona Virus. The spread of the Corona Virus in the world is very fast, because in a short time the number of positive cases has increased dramatically in all countries. Until June 2021, the number of COVID-19 cases in the world reached 175,847,347 cases with a total death of 3,807,276. WHO estimates that the death rate for COVID-19 in health workers is around 80,000 to 180,000 people. In the period from early 2020 to mid-2021, cases of COVID-19 infection were very high. According to WHO, COVID-19 spreads from human to human through droplets or body fluids that come out through coughing and sneezing, fecal-oral, and direct contact. Symptoms that often appear in people infected with the Corona Virus are fever, dry cough, and fatigue (WHO, 2020a). The incubation period for COVID-19 varies between 2-14 days with varying symptoms. Anyone can be infected with the Corona Virus, but an elderly person over 60 years old and someone who has comorbidities such as high blood pressure, heart disease, diabetes, obesity can be at risk for severe COVID-19 (CDC, 2021) (WHO, 2020b).

From the beginning of the emergence of the COVID-19 outbreak, health workers have acted as the front line in dealing with COVID-19 cases. Thus, health workers have a high risk or chance of being exposed to the Corona Virus. Various efforts have been made for health workers to reduce the risk of exposure to the Corona Virus, one of which is the use of personal protective equipment (PPE). The use of PPE is expected to minimize the risk of transmission of the Corona Virus, especially to health workers who have direct contact with positive COVID-19 patients. Therefore, the availability of PPE in the health care work environment must be met. PPE for health workers to protect exposure to the Corona Virus includes medical masks, glasses, protective clothing, gloves and boots (WHO, 2020c). It is interesting to study the availability and use of PPE for health workers during a pandemic, where knowledge about this virus is still very minimal. This is because the time of the research on the article was carried out in the early days of the pandemic so that the knowledge of health workers was still minimal. At the beginning of the pandemic, there was also a shortage of PPE due to the large demand and low production of PPE due to the implementation of lockdowns in several countries (WHO, 2020c). Lockdown according to Cambridge is a condition when a person is not allowed to leave or enter an area due to an emergency. Lockdown has been proven to reduce the spread of the virus (Yunus and Rezki, 2020). The low use of PPE can be caused by the absence of clear policies and guidelines, causing health workers to be less compliant in using PPE (Gurses et al., 2018). In addition, a weak health system can cause panic and fatigue in the workforce which can increase the risk of Corona Virus infection (Mhango et al., 2020). The purpose of this paper is to analyze the availability and use of PPE and cases of COVID-19 infection in health workers.

METHOD
The type of research used in this study is a scoping review. This study presents a descriptive analysis to describe the availability of PPE and the use of PPE for cases of COVID-19 infection in health workers through a literature study. The online journal platforms used to search for articles are Pubmed, Science Direct, and Springer. The criteria for the articles used are articles published in the range of 2019-2020, articles in the form of original research, in English, published in scientific journals indexed at least Scopus Q3, available free full text with studies on the availability of PPE, use of PPE, and COVID-19 infection on health workers. In the early 2020 to mid-2021 period, knowledge about this virus is still limited, so publications related to the topic are relatively limited. The keywords used were “healthcare” OR “healthcare facility” OR “hospital” AND “healthcare workers” OR “health workers” OR “doctors” OR “nurses” OR “dentist” AND “PPE use” OR “Personal Protective Equipment” OR “PPE supply” OR “COVID-19” OR “Sars-CoV 2” OR “coronavirus” OR “COVID-19 in healthcare” OR “COVID-19 in health workers” OR “healthcare associated COVID-19 infection”.
Article selection was carried out in January-February 2021. The search yielded 24 articles. In Figure 1, the article search flow is presented.

Figure 1.1 Article selection flowchart

**RESULT**

Based on the article search that has been done, there are 1,518 articles published with the specified keywords, with details of 471 articles obtained from PubMed, 380 articles from Science Direct, and 667 articles from Springer. The next stage is filtering articles according to inclusion criteria (87 articles). After sorting the articles so that duplication does not occur and full text is available for free, a total of 24 articles were obtained according to the research topic.

There are 11 articles on the topic of research on the use of Personal Protective Equipment for health workers (Table 1).

**Use of Personal Protective Equipment (PPE) for Health Workers**

Table 1. Use of Personal Protective Equipment (PPE) for Health Workers

| WRITER             | COUNTRY | RESULT | PPE TYPE                      |
|--------------------|---------|--------|-------------------------------|
| (Estrich et al., 2020) | USA     | 99.6% of dentists used basic clinical PPE. | Surgical mask, N95 mask    |
|                    |         |        | Protective Dress | Goggles, face shield | Gloves | APD klinis dasar |
Continuation

| WRITER                     | COUNTRY  | RESULT                                                                 | PPE TYPE                                                                                                                                 |
|---------------------------|----------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| (Wang et al., 2020)       | China    | As many as 92% of health workers use medical masks or surgical masks correctly | 97.83% use medical masks or surgical masks 90.10% use disposable clothes 90.55% wear protective glasses or visors n/a n/a n/a n/a      |
| (Bontà et al., 2020)      | Italy    | Overall health workers use PPE                                         | 82.80% use surgical masks 90.55% wear protective glasses or visors n/a n/a                                                           |
| (Neuwirth et al., 2020)   | Germany  | 85% of health workers in COVID-19 wards and 76% of health workers in non-COVID-19 wards use PPE | Surgical mask n/a n/a n/a n/a                                                                                                            |
| (Asemahgn, 2020)          | Ethiopia | 62% of health workers have good COVID-19 prevention practices          | 80% wear surgical masks 74% use gloves n/a                                                                                               |
| (Zhang et al., 2020)      | China    | 82.64% of health workers know how to use masks and other PPE correctly | 61.90% surgical masks; 27.60% used disposable medical masks; 10.23% used medical protective masks; 1.09% used particulate protective masks n/a n/a n/a n/a      |
| (Jin et al., 2020)        | China    | 53.4% of health workers always follow the procedures for using and removing PPE | use of masks 66.0% use of gown 28.2% use of face shield/screen 25.2% use of gloves 51.5% use of protective shoes 23.3%                      |
| (Chatterjee et al., 2020) | India    | 84.92% of health workers use PPE, and the rest (15.08%) never use PPE | 82.01% use of masks 40.21% use of a protective gown 43.12% using face shield 70.63% use of gloves 43.92% used head protector; 35.19% use shoe protectors |
Continuation

| WRITER               | COUNTRY | RESULT                                                                 |
|----------------------|---------|------------------------------------------------------------------------|
| Hussain et al., 2021 | Pakistan| 88.4% of health workers often use PPE and 11.6% of health workers sometimes use PPE |
| Ejeh et al., 2020    | Nigeria | 79.1% of doctors, 96.7% of veterinarians, 98% of public health officers, 77.3% of nurses, and 87.5% of pharmacists use PPE when handling specimens from patients with signs of COVID-19 |

Notes:

n/a : not available

Based on the data presented in Table 1, the research conducted on medical personnel in terms of the use and types of PPE used varies greatly. Based on research conducted in the US, 99.6% of dental medical personnel complied with wearing PPE, with the types of PPE used were surgical masks, protective gowns, eye protection and gloves which were basic clinical PPE, and also used N95 masks or equivalent for protection against aerosols (Estrich et al., 2020). Most of the research results showed that medical personnel used PPE when handling patients or patient specimens with COVID-19 symptoms, while the use of PPE among medical personnel varied from 99.6% to 62%. The medical personnel studied also varied, including doctors, dentists, veterinarians, public health officers, nurses, pharmacists, medical personnel who treat COVID-19 patients or not (Estrich et al., 2020; Neuwirth et al., 2020; Ejeh et al., 2020). The type of PPE that was most widely used by health workers was masks, which vary in specifications. Other types of PPE that were widely used are protective gowns (over all cover), eye protection (goggles, face shields) and gloves (Asemahagn, 2020; Bonnà et al., 2020; Chatterjee et al., 2020; Estrich et al., 2020; Jin et al., 2020; Hussain et al., 2021).

Availability of Personal Protective Equipment (PPE) for Health Workers
Table 2. Availability of Personal Protective Equipment (PPE) for Health Workers

| AUTHORS              | COUNTRY | RESULTS                                                                 |
|----------------------|---------|------------------------------------------------------------------------|
| Felice et al., 2020  | Italy   | 77% of health workers stated that PPE was available in the workplace, but only 22% considered PPE adequate in terms of quality and quantity. |
| Firew et al., 2020   | USA     | PPE was available at 47.60% of health workers.                         |
| Halcomb et al., 2020 | Australia| Gowns (26.7% always available, 33.2% sometimes, 40.1% never), P2/N95 masks (23.3% always available, 31.3% sometimes, 45.4% never), surgical masks (39.7% always available, 38.2% sometimes, 22.1% never), and protective eyewear (45.5% always available, 25.9% sometimes, 28.6% never) |
| Savoia et al., 2020  | Italy   | Only 13% of respondents always have access to PPE, 50% sometimes have access, and 37% never/rarely have access. |
Continuation

| AUTHORS                           | COUNTRY  | RESULTS                                                                                                                                 |
|-----------------------------------|----------|------------------------------------------------------------------------------------------------------------------------------------------|
| (Asemahagn, 2020)                 | Ethiopia | A total of 52% of PPE is available                                                                                                                                                                  |
| (Huang et al., 2020)              | China    | As many as 12.6% of health workers are very satisfied, 35.4% are satisfied, 28.4% are neutral, 15.1% are not satisfied, and 6.4% are very dissatisfied with the availability of PPE. |
| (Gesser-Edelsburg et al., 2020)   | Israel   | The availability of PPE is fulfilled by 31%                                                                                                                                                          |
| (Dahri et al., 2020)              | Pakistan | 59% reported the unavailability of PPE and only 24.9% were satisfied with the availability of PPE they had. While 78% of health workers had access to disposable masks. |

Based on the articles that have been analyzed, obtained 8 articles that discuss the availability of PPE. All of these articles examine the satisfaction or experience of health workers regarding access or availability of PPE in health facilities, their workplaces. Only a study conducted in Italy stated that 77% of health workers stated that PPE was available in the workplace, but only 22% considered that the available PPE was complete in terms of quantity and quality. Satisfaction with the availability and access of PPE is relatively low, mostly below 50% (Felice et al., 2020; Firew, Ellen D. Sano, et al., 2020; Halcomb et al., 2020). The availability of PPE is the lowest with a percentage of 13% of health workers who have access to PPE (Savoia et al., 2020). As for the satisfaction of health workers with the availability of PPE, the lowest is in China with a percentage of 12.6% (Huang et al., 2020).

Table 3. Cases of COVID-19 Infection in Health Workers

| AUTHORS                        | DIAGNOSIS METHOD | COUNTRY | RESULTS                                                                                                                                 |
|--------------------------------|------------------|---------|------------------------------------------------------------------------------------------------------------------------------------------|
| (Firew, et al. 2020)           | Swab and antigen test | USA     | There were 29.3% of respondents who tested positive for COVID-19. Health workers in the emergency department (31.64%) were more likely to contract COVID-19 than those in the ICU (23.17%) and inpatients (25.53%) |
| (Algado-Sellés et al., 2020)   | PCR swab test    | Spain   | Of the 3,900 health workers in a department, (45.9%) showed symptoms or were part of contact tracing. The prevalence of health workers with symptoms was 20.1% (784/3,900; 95% CI = 18.8, 21.4), confirmed COVID-19 was 4.0% (156/3,900; 95% CI = 3.4, 4.6), and sufferers of severe COVID-19 disease by 0.5% (18/3,900; 95% CI = 0.2, 0.7). |
| (Barrett et al., 2020)         | PCR swab test    | USA     | 41 (5%) health workers were positively infected with SARS-CoV-2, (34.2%) of whom reported symptoms. The majority of those infected were nurses (62.5%). Positive tests increased for two weeks in line with the increase in confirmed cases in the hospital and the surrounding city. |
| (Bontà et al., 2020)           | Questionnaire    | Italy   | Only 0.25% of health workers (dentists) were positive for COVID-19. The most common symptoms were fatigue (8.19%), headache (7.81%) and sore throat (7.32%). |
| (Colaneri et al., 2021)        | PCR swab test    | Italy   | The cumulative incidence of SARS-CoV-2 infection among health workers was 3.54% |
| (Chatterjee et al., 2020)      | PCR swab test    | India   | There are 5% of health workers confirmed positive for COVID-19. In a multivariate analysis, health workers who performed endotracheal intubation had a higher chance of becoming infected with SARS-CoV-2 [(AOR): 4.33, 95% CI: 1.16-16.07] |
Continuation

| AUTHORS         | DIAGNOSIS METHOD | COUNTRY | RESULTS                                                                                                                                 |
|-----------------|------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------|
| (Chatterjee et al., 2020) | PCR swab test    | India   | There are 5% of health workers confirmed positive for COVID-19. In a multivariate analysis, health workers who performed endotracheal intubation had a higher chance of becoming infected with SARS-CoV-2 [(AOR): 4.33, 95% CI: 1.16-16.07] |
| (Estrich et al., 2020)  | Swab test and blood test | USA     | An estimated 0.9% have confirmed or probable COVID-19 infection                                                                      |
| (Eyre et al., 2020)    | PCR swab test and immunoassay | UK      | COVID-19 was found in 11.2% of health workers. COVID-19 is more in staff working in areas exposed to COVID-19                           |
| (Felice et al., 2020)  | Questionnaire    | Italy    | Among the population tested, 18% tested positive for COVID-19, with 33% asymptomatic                                                  |
| (Jin et al., 2020)     | Hospital medical records | China   | There were 105 infected health workers. 84.5% felt infected from the hospital work environment, 1.0% felt the infection was caused by a laboratory environment, and 4.9% felt infected in the community environment. 41.8% felt their infection was related to personal protective equipment. The three main symptoms felt before diagnosis were fever 41.8%, lethargy 33.0% and muscle pain 30.1% |
| (Nguyen et al., 2020)  | Questionnaire    | UK and USA | UNITED STATES OF AMERICA The prevalence of COVID-19 in health workers was 2,474 per 100,000 health workers. Compared to the general public, health workers were more at risk of being infected with COVID-19 (11.6195% CI 10.93–12.33). |
| (Lai et al., 2020)     | Nucleic acid test and clinical diagnosis | China   | Of the 325 health workers, there were 151 (46.6%) health workers infected with COVID-19                                               |
| (Zhang et al., 2020)   | Blood tests, antibodies, swabs, and CT scans. | China   | No infected health workers (0).                                                                                                       |
| (Wang et al., 2020)    | Questionnaire    | China    | 33.7% of health workers are infected with COVID-19                                                                                     |
| (Ran et al., 2020)     | PCR swab test    | China    | Health workers infected with COVID-19 85.71% showed symptoms of fever, 60.71% cough, and 7.14% headache                                |

Based on the articles that have been analyzed, it was found 15 articles discussing COVID-19 infection in health workers. The diagnostic methods used in each article vary, such as SWAB tests, antigens, PCR, immunoassays, diagnoses, medical records, nucleic acid tests, CT scans, and questionnaires. The lowest case of COVID-19 infection among health workers was the study conducted by Zhang et al., 2020, which stated that there were no cases of COVID-19 infection. This can happen because the health care facilities implement health protocols properly and health workers comply with these health protocols. Health workers also get information about early symptoms of infection, transmission, standard practice procedures, know how to use PPE properly, and attend work protection training (Zhang et al., 2020). Meanwhile, the percentage of other infections is below 20% (Algado-Sellés et al., 2020; Barrett et al., 2020; Bontà et al., 2020; Colaneri et al., 2020; Chatterjee et al., 2020; Estrich et al., 2020; Eyre et al., 2020; Felice et al., 2020; Jin et al., 2020; Nguyen et al., 2020). The highest number of cases of COVID-19 infection in health workers has a percentage of 46.6% (Lai et al., 2020).
Table 4. Analysis of the Use of PPE for COVID-19 Infection Cases

| AUTHORS                      | COUNTRY | RESULTS |
|------------------------------|---------|---------|
| (Eyre et al., 2020)          | UK      | Health workers who are in contact with COVID-19 patients and do not use PPE are at risk of being infected with COVID-19 (1.44, (1.24–1.67, p<0.001) |
| (Algado-Sellés et al., 2020) | Spain   | COVID-19 infection occurs in health workers who come into contact with COVID-19 patients without using adequate PPE (AOR = 2.2, 95% CI = 1.2–3.9) especially when handling patients. |
| (Barrett et al., 2020)       | USA     | Consistent use of PPE correlates with low infection rates, even though these health workers directly treat patients suspected of or infected with COVID-19. |
| (Zhang et al., 2020)         | China   | Inappropriate use of PPE is the cause of COVID-19 infection in health workers (21.14%). |
| (Jin et al., 2020)           | China   | The lack of use of PPE (only masks) caused 32.6% of health workers to be infected with COVID-19. |
| (Lai et al., 2020)           | China   | Protective factors for health workers against COVID-19 infection are the use of PPE, including masks (p < 0.001), gloves (p < 0.001), goggles (p < 0.001), protective clothing (p < 0.001), protective gowns (p < 0.001), shoe covers (p < 0.001), and headgear (p < 0.001). |
| (Wang et al., 2020)          | China   | The main factor that can reduce the risk of COVID-19 infection is the correct use of medical masks or surgical masks. The main factor contributing to COVID-19 infection among medical personnel is touching the cheeks, nose and mouth while working. |
| (Ran et al., 2020)           | China   | COVID-19 infection in health workers who use PPE inappropriately has a relative risk of 2.82 (95% CI = 1.11–7.18, P <0.05) |
| (Chatterjee et al., 2020)    | India   | The risk of COVID-19 transmission increases by 5.33 if health workers do not use PPE. |

Based on the articles that have been analyzed, it was found 9 articles linking the use of PPE with cases of COVID-19 infection in health workers. All articles stated that there was a relationship between the use of PPE and cases of COVID-19 infection. There were three studies that stated that the lack of PPE use can increase the risk of being infected with COVID-19 (Algado-Sellés et al., 2020; Eyre et al., 2020; Jin et al., 2020, Chatterjee et al., 2020). Health workers who used PPE inappropriately can cause COVID-19 infection 21.14% and have a 2.82 times risk (Ran et al., 2020; Zhang et al., 2020). Despite the more consistent use of PPE among health workers who provided care for patients with suspected or confirmed COVID-19, this may explain why ICU workers exhibited low infection rates compared to other units. However, this needs to be confirmed further in light of reports of variations in access to PPE, reuse of PPE, and types of PPE provided across units and hospital roles. This has the potential to provide measurement errors that may obscure the relationship between PPE use and SARS-CoV-2 infection (Barrett et al., 2020).

Table 5. Analysis of Availability of PPE for COVID-19 Infection Cases

| AUTHORS                  | COUNTRY                | RESULT |
|--------------------------|------------------------|--------|
| (Firew et al., 2020)     | United States          | Health workers reported that the availability of PPE less than half the time reduced infections by 33% (PR = 0.67, 95% CI 0.56 - 0.79), while the rest reported that the availability of PPE most of the time reduced infections was 45% (PR = 0.55, 95% CI 0.46 - 0.66). |
| (Nguyen et al., 2020)    | England and United States | PPE used by health workers repeatedly (adjusted HR 1.46, 95% CI 1.21–1.76) and inadequate PPE (1.31, 1.10–1.56) can increase the risk of infection. |
Continuation

| AUTHORS          | COUNTRY | RESULT |
|------------------|---------|--------|
| (Lai et al., 2020) | China   | COVID-19 infection was related to the satisfaction of health workers and the hospital's response in providing PPE. Uninfected health workers were more satisfied than infected health workers in terms of providing PPE by the hospital ($p = 0.031$). |
| (Huang et al., 2020) | China   | At the beginning of the pandemic, many health workers were infected with COVID-19. At that time, there was also a shortage of PPE. However, when the provision of PPE was managed centrally, the number of COVID-19 infections in health workers decreases. |
| (Zhang et al., 2020) | China   | The lack of availability and damage to PPE (16.42%) was the cause of COVID-19 infection. |
| (Jin et al., 2020) | China   | According to 44.2% of health workers, the cause of COVID-19 infection was generally due to the lack of PPE availability. |

Based on the articles that have been analyzed, 6 articles were found that link the availability of PPE with cases of COVID-19 infection in health workers. There were 2 articles that discuss the lack of PPE availability that can cause COVID-19 infection in health workers (Huang et al., 2020; Jin et al., 2020; Zhang et al., 2020). Some of the results of these studies were also supported by the research of Nguyen et al (2020). Due to the inadequate availability of PPE, health workers using PPE repeatedly have a risk of 1.46 and 1.31 times being infected with COVID-19. Health workers who received full and partial PPE can reduce the risk of COVID-19 infection by 45% and 33% (Firew et al., 2020).

DISCUSSION

Use of Personal Protective Equipment (PPE) for Health Workers

Guidelines for types and PPE for health workers to treat patients with suspected or confirmed COVID-19 have been issued by WHO which were published in November 2020 (WHO, 2020c). PPE is used by health workers before making contact with patients or before entering the room. Based on WHO recommendations, the use of PPE for health workers who are in close contact with COVID-19 patients includes N95 or FFP2 (Filtering Face Piece 2) or FFP3 (Filtering Face Piece 3) respirators, protective gowns, gloves, eye protection (glasses or facepieces and shields) and aprons. Meanwhile, health workers who do not have close contact include medical masks, eye protection and various other PPE according to the type of treatment. WHO does not recommend repeated reuse of PPE (WHO, 2020c). The procedure for using PPE begins with using a scrub suit and boots, followed by doing hand hygiene, using a protective gown, a mask, a face shield or protective glasses, a head and neck cover, an apron, and gloves (WHO, 2020d). It is possible that there is a shortage of PPE availability caused by the surge in demand for PPE which is influenced by the high number of COVID-19 cases. WHO recommends several ways to use PPE optimally, including minimizing the use of PPE by using telemedicine to detect cases and limiting the number of health workers entering the COVID-19 patient room, using PPE appropriately according to procedures, and coordinating the need for PPE as well as possible (WHO, 2020c). The highly contagious nature of the SARS-CoV-2 virus requires strict Infection Prevention and Control (PPI) to reduce transmission of COVID-19 in healthcare facilities. However, health facilities that have low resource management and lack of access to water due to non-functioning water infrastructure and fluctuating water quality create very detrimental conditions.

Availability of Personal Protective Equipment (PPE) for Health Workers

The availability of PPE during the COVID-19 pandemic has experienced a drastic increase in demand. Full availability of PPE mostly financed by hospitals and supported by the government and sourced from social donations. Almost all research locations have limited availability of PPE. Lack of PPE, high workload, co-morbidities, knowledge, and access to PPI training and guidelines are factors...
that limit the practice of preventing the spread of COVID-19 in health workers. Thus, a consistent supply of PPE is essential to prevent COVID-19 among health workers (Asehagn, 2020). To protect health workers, the supply, awareness and use of PPE for health workers in all hospital departments should be promoted. The hospital as the manager must provide support that is relevant to the needs of health workers, including the provision of PPE (Lai et al., 2020).

Cases of COVID-19 Infection in Health Workers

The majority of health workers infected with COVID-19 were women with a percentage of 64% (Rastmanesh et al., 2022). Frontline healthcare workers have up to 12 times higher risk of being infected with COVID-19 (Nguyen, Drew, Joshi, et al., 2020). During the first 18 months of the COVID-19 pandemic, around 115,500 health workers died from COVID-19 (WHO, 2022). Symptoms that appear vary, it included fever, cough, headache, fatigue, anosmia, and myalgia. However, there are also health workers who do not show symptoms. The majority of diagnostic methods used to detect the SARS-CoV-2 virus are PCR swab tests. Other methods used include blood tests, antibody tests, medical records, and questionnaires.

Cases of COVID-19 infection in health workers occurred due to contact when providing clinical care to patients who were not initially suspected of having COVID-19 (Algado-Sellés et al., 2020). Dentists have a greater risk of being infected with COVID-19, because while providing care to patients, they are repeatedly in contact with saliva and blood (Bontà et al., 2020). In addition, nurses have a risk of infection, because nurses spend more time in the rooms of COVID-19 patients (Barrett et al., 2020). The existence of the COVID-19 pandemic has forced us to re-examine the norms prevailing in the national health system around the importance of Water, Sanitation and Hygiene (WASH) for the quality of health services, WASH’s priorities in health facility investment, and the need for focused cross-sectoral leadership and collaboration between WASH and health professionals. Basic WASH services are a fundamental prerequisite for complying with IPC principles needed to protect patients and health workers in every health care facility. (McGriff and Denny, 2020).

Analysis of the Use of PPE Against Cases of COVID-19 Infection in Health Workers

The use of PPE has an important role for health workers, especially during the COVID-19 pandemic. The use of PPE is related to cases of COVID-19 infection in health workers. PPE can protect health workers from the risk of COVID-19 infection. PPE that can protect health workers’ exposure to the Corona Virus when handling patients includes masks, gloves, goggles, protective clothing, protective gowns, shoe covers, and head coverings (Lai et al., 2020). However, the use of PPE must be followed by infection prevention and control (PPI) measures such as training, provision of procedures, and supervision so that the health of health workers and patients can be optimally protected (McGriff and Denny, 2020).

Analysis of the Availability of PPE Against Cases of COVID-19 Infection in Health Workers

The availability of PPE can affect the high or low cases of COVID-19 infection in health workers. The availability of adequate PPE both in terms of quantity and quality can reduce the risk of COVID-19 infection. Health workers who have access to PPE and use PPE properly can avoid the risk of COVID-19 infection. The limited availability of PPE can cause non-compliance in the use of PPE for health workers. Repeated or inadequate use of PPE as a result of the unavailability of PPE can increase the risk of COVID-19 infection in health workers (Nguyen, et al., 2020). Although the availability of PPE is adequate, the quality of PPE must also be considered. Although the relationship between the availability of PPE and COVID-19 infection is indirect, the availability of PPE is a factor that must be considered (Kim et al., 2021).

CONCLUSION

Article selection was carried out from January to February, at which time it was the third wave of COVID-19. Based on the articles that have been analyzed, it can be concluded
that in handling patients suspected of or infected with COVID-19, health workers have used PPE, at least medical masks. However, the availability, quality, and access of PPE have not been met properly. There are still cases of COVID-19 infection in health workers with different symptoms for each individual. Symptoms include fever, cough, headache, fatigue, anosmia, myalgia, and some are asymptomatic. The availability of PPE is one of the efforts to protect health workers from COVID-19 infection.

**SUGGESTION**

Suggestions are addressed to the health service agencies. Health service agencies should pay more attention to the availability and quality of PPE for health workers to reduce the risk of being infected with COVID-19. Thus, all health workers have access to PPE in accordance with the recommendations.

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