The effect of phenobarbital on rate of forgetting and proactive interference in delayed matching to sample

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The barbiturate phenobarbital impairs the performance of nonhumans in delayed matching-to-sample procedures. In the present study, the performance of pigeons in a delayed matching-to-sample task was examined as a function of dose level of intraperitoneal phenobarbital administration. Percent-correct matching accuracy decreased with increasing delay-interval duration to a greater extent under 20- and 30-mg/kg doses of phenobarbital than for vehicle control and 10-mg/kg conditions. That is, phenobarbital accentuated rate of forgetting. Rate of forgetting was also assessed in terms of the rate parameter of negative exponential functions fitted to discriminability measures for different delay intervals, thus allowing a separation of memorial from attentional influences. Proactive interference was evident as a greater rate of forgetting for trials in which the sample stimulus to be remembered differed from that on the preceding trial, compared with trials in which the consecutive sample stimuli were the same. Increasing dose levels of phenobarbital attenuated proactive interference. Phenobarbital therefore impairs memorial function and limits the influence of information gained from previous trials in guiding or steering performance on the current trial.

It is now becoming accepted that certain anticonvulsant drugs prescribed for the control of epileptic seizures have undesirable side effects. One such widely used anticonvulsant is the barbiturate phenobarbital (Gibbs, Gibbs, Dikman, & Hermann, 1982). Children with epilepsy who are prescribed phenobarbital may show increased hyperactivity, problems with sleep and school, difficulties on spatial-motor tasks, and impairments in intellectual and cognitive functioning (Trimble, Thompson, & Corbett, 1982; Werry, 1988). Such side effects are a problem, especially given the implications that they have for the child's educational and social development (Stores, 1981).

In clinical studies using both adults and children, a wide variety of intellectual and cognitive functions has been assessed including general intelligence, attention, distractibility and impulsivity, perceptual-motor functioning, and reading and arithmetic ability (Werry, 1988). Increasingly, attention has focused on the effects of drugs on memory processes, and there is evidence from both clinical and animal studies that phenobarbital has an adverse effect on memory functioning. Lower scores on the standard clinical measures, the Wechsler Memory Scale and the Benton Visual Retention Test, are associated with higher blood plasma levels of phenobarbital (Trimble & Thompson, 1981). In a study of the effects of phenobarbital on memory, MacLeod, DeKaban, and Hunt (1978) tested patients with moderate and high phenobarbital levels by using a scanning task and a letter-matching task. They found that short-term-memory scanning was significantly impaired when phenobarbital levels were high, but retrieval of information in long-term memory was not affected.

The results of animal studies using phenobarbital and other barbiturates support the findings of memory impairments reported in clinical studies. A procedure commonly used to study short-term memory in animals is the conditional discrimination procedure of delayed matching to sample (DMTS). In the DMTS procedure, a sample stimulus is presented and subsequently removed. After a short delay, or retention interval, comparison stimuli are presented, and the subject's task is to respond to the stimulus that matches the original sample stimulus. It is assumed that short-term memory is involved in DMTS performance, as information about the sample stimulus must be retained during the retention interval (McMillan, 1981; White & Alsop, 1993). Impairments in DMTS performance with barbiturate administration have been reported in primates (Geller, Hartmann, & Moran, 1983; Nicholson, Wright, & Ferres, 1973; M. H. T. Roberts & Bradley, 1967) and in pigeons (Berryman, Cumming, Nevin, & Jarvik, 1964; McMillan, 1981).

Picker, White, and Poling (1985) reported typical findings regarding the effects of phenobarbital. Pigeons were taught a DMTS task with delay values of 0.5, 1, 2, 4, or 8 sec. The effects of five acute doses of phenobarbital ranging from 5 to 40 mg/kg were determined. For all 3...
Subjects

Five adult homing pigeons with extensive experience in delayed matching-to-sample procedures were maintained at 80% ± 15 g of their free-feeding weights. Experimental sessions were conducted daily unless a bird’s weight was outside the prescribed range. Water and grit were always available in their home cages.

Apparatus

The interior of a sound-attenuating experimental chamber, 31 cm wide × 34 cm deep × 33 cm high, was painted matte black. An exhaust fan provided general masking noise. Three response keys were mounted on one wall, with a hopper opening below the center key. The three translucent response keys were 2.5 cm in diameter, 10 cm apart center to center, and 23 cm above the grid floor. Closure of microswitches mounted behind the keys required a force of at least 0.1 N. There was no houselight. Each key could be illuminated red or green. There was no other illumination except when the hopper was illuminated with white light during 2-sec grain pre­

Behavioral Procedure

The subjects had extensive prior training, and because they showed a high level of accuracy at the beginning of the experiment, no pretraining was required. Daily experimental sessions consisted of 129 trials. Each trial began with the illumination of the center key with either red or green. The fifth peck darkened the key and initiated a delay that lasted for 0.2, 1, 4, or 12 sec. During the delay the chamber was darkened, and responses were ineffective. The delay interval terminated with the onset of the comparison stimuli on the side keys (one red and one green). A single correct response darkened both keys, produced 2-sec access to grain, and initiated an intertrial interval of 10 sec. Incorrect responses produced a 2-sec blackout followed by the 10-sec intertrial interval.

Daily sessions of 129 trials included two blocks of 64 trials plus a “dummy” trial at the beginning of the first block. The dummy trial ensured the occurrence of a preceding trial for the first trial of the first block, but did not contribute to the analysis. The order of the red and green sample stimuli was randomized in blocks of 16 within each session, with the constraints described below. The left-right position of the correct comparison stimulus was balanced across types of trials, and each type of trial was tested an equal number of times with 0.2-, 1-, 4-, and 12-sec delays. That is, the different delays were mixed within sessions (White & Bunnell-McKenzie, 1985).

Each session included two types of intertrial sequence, defined by whether the sample stimuli (red or green) were the same or different on consecutive trials. When the samples were the same on consecutive trials, the comparison-stimulus location (whether red on left or red on right) was the same on consecutive trials for half the trials, and differed between consecutive trials on the other half. Similarly, when the samples differed on consecutive trials, comparison-stimulus location was either the same or different. Previous research has demonstrated that comparison-stimulus location is unimportant to the correspondence between consecutive trials, whereas the important factor is whether consecutive samples are the same or different (Edhouse & White, 1988).

Forty sessions of baseline training in the above procedure were preceded by about 3 months of training in the same procedure, but with overall short delay intervals. As described below, drug and vehicle administration and additional baseline training were conducted over 89 sessions following the initial baseline training.

Pharmacological Procedure

Phenobarbital, obtained from commercial suppliers, was diluted to the required concentration with distilled water. The doses used in this study were 10, 20, and 30 mg/kg. These doses were based on previous reports in which pigeons were used as subjects (McMillan, 1981; Picker et al., 1985). Each of the three doses and a vehicle control injection of distilled water (designated here as 0 mg/kg) were administered to each of the subjects in a random order. Injections were given in a volume of 1 ml/kg, intraperitoneally, 15 min prior to the start of the experimental session. Following 40 days of training in the procedure described above (baseline), the first injection was distilled water. Over the next 28 sessions, injections of vehicle, 10, 20, and 30 mg/kg preceded each of 2 individual sessions, and sessions with drug or vehicle were separated by 3 sessions of baseline training. The order of drug and vehicle sessions was 0, 10, 30, 20, 10, 30, 0, 20, for all the birds. Following a further 24 sessions of baseline training, drug or vehicle was administered before single sessions in the order 0, 30, 20, 10, with between 1 and 4 days of baseline training separating these sessions over a total of 11 days. Following a further 14 sessions of baseline, injections were administered before single sessions in the order 20, 30, 10, 0, with 2 or 3 baseline sessions separating the drug-administration sessions over a total of 12 sessions. By the end of the experiment, 4 sessions of training were completed under each dose level of the drug and vehicle control, distributed over 89 sessions since initial baseline training.

METHOD

Subjects

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RESULTS

Percent Correct

Total correct matching responses at each of the four delay intervals were summed over the four sessions conducted at each dose level (0, 10, 20, 30) for each bird (total of 128 trials per delay per dose level). The mean percent correct for each dose level as a function of delay interval is presented in Figure 1. These data were submitted to analysis of variance for repeated measures on the factors of dose level and delay interval. Figure 1 shows that matching accuracy decreased systematically with increasing delay \( F(3,12) = 89.93, p < .001 \) and with increasing dose level \( F(3,12) = 19.47, p < .001 \).

There was also a significant interaction between delay and dose \( F(9,36) = 2.56, p < .05 \).

The percentage of correct matching responses was high for the short delays in the vehicle control condition, decreasing to 67% at the 12-sec delay. The percentage correct decreased with increasing drug dose, with performance levels for the 30-mg/kg condition at the long delays approaching chance (50%). These data are consistent with the results of previous studies of the effects of phenobarbital on delayed matching-to-sample performance in pigeons (McMillan, 1981; Picker et al., 1985).

Drug Effects on Proactive Interference

For the following analysis the dependent measure used was discriminability, in order to avoid the potential problem of percent correct's being influenced by response bias. The bias-free discriminability measure, log \( d_t \), is identical to Luce's (1963) discriminability measure and has the same properties as \( d' \) from signal detection theory (Davison & Tustin, 1978; White & McKenzie, 1982). It is calculated as the logarithm (base 10) of the product of the ratios of correct to error (c/e) responses following red and green (r,g) samples. That is, \( \log d_t = 0.5 \cdot \log \left( \frac{c_e}{c_g} \right) \). Measures of discriminability at time \( t \), \( \log d_t \), were calculated separately for trials in which the samples were either the same as or different from the samples on immediately preceding trials, at each delay and dose level for each bird. In a few instances in which the performance of individual birds was perfectly accurate at short delays, one error was added to the response totals in order to avoid indeterminate estimates of \( \log d_t \). Although the discriminability values for the 30-mg/kg condition were very similar but smaller overall than those for the 20-mg/kg condition (cf. Figure 1), the data for the 30-mg/kg condition were not included in this analysis owing to incomplete sessions. That is, the full set of trials was not completed at each of the four delays for at least one of the 30-mg/kg sessions for 3 birds and, as a result, the relative contribution of the different trial types to the discriminability measure could not be determined.

Figure 2 shows measures of discriminability, \( \log d_t \), averaged over birds and plotted as a function of delay for
the vehicle control and the 10- and 20-mg/kg conditions. As
with percent correct (Figure 1), discriminability decreased with increasing delay and increasing dose level.
Proactive interference was manifested as lower discriminability when samples on consecutive trials differed than
when they were the same. Proactive interference was greatest at longer delays and for the vehicle control condi-
tion. The difference in discriminability for same and dif-
f erent consecutive samples did not occur for the 20-mg/kg
condition (or for the 30-mg/kg condition, notwithstanding incomplete data).

The proactive interference effect was quantified by fit-
ting negative exponential functions to the discriminability
data by a nonlinear least squares method. The nega-
tive exponential function, given by Equation 1, has two

parameters, discriminability at zero delay, \( \log d_0 \), and rate

of decrement in discriminability, \( b \) (White, 1985):

\[
\log d_t = \log d_0 \cdot \exp(-bt). \tag{1}
\]

The advantage of Equation 1 in describing the data is that it yields two higher order measures of performance. Ini-
tial discriminability, \( \log d_0 \), may reflect the influence of
attentional or encoding factors, and rate of decrement,
\( b \), may reflect memorial or retrieval factors and is inter-
preted as rate of forgetting (White, 1985). The two param-
ers are differentially influenced by various procedural
factors and are independent (White, 1991). In particular,
proactive interference resulting from the lack of intertrial
correspondence is manifested as a difference in rate of
forgetting, as concluded by Edhouse & White (1988).

Table 1 gives parameter values for best-fitting exponen-
tial functions to discriminability measures for individual
birds. The fits were generally satisfactory, as shown by
the high proportions of variance accounted for (VAC) and
low mean squared error terms (MS\(_e\)). In the vehicle
control condition (0 mg/kg), for each of the 5 birds, the rate
of forgetting for trials in which the samples differed from
those on the previous trial was about twice the value of
the rate of forgetting when the samples across consecu-
tive trials were the same. Proactive interference was there-
fore evident in individual data for vehicle control, con-
sistent with previous studies (Edhouse & White, 1988).
For the 10-mg/kg condition, \( b \) was larger for different-
samples trials for 4 out of 5 birds, but the difference was
less marked. For the 20-mg/kg condition, the rate of for-
getting on same-sample trials did not systematically differ
from that on different-sample trials. That is, there was
no proactive interference for the 20-mg/kg condition.

Table 1 shows that initial discriminability, \( \log d_0 \), gen-
erally decreased with increasing dose level \([F(2, 8) = 10.03, p < .01]\), but there was no consistent effect of
same—different samples on \( \log d_0 \) \([F(1, 4) = 3.34, p > .05]\).
The effect on \( \log d_0 \) of the interaction between same—different samples and dose level was not signifi-
cant \([F(2, 8) = 1.03, p > .05]\). That is, proactive inter-
ference between consecutive trials was restricted to a dif-
f erence in rate of forgetting, as concluded by Edhouse
and White (1988).

The individual data are summarized by exponential
functions fitted to the mean discriminability values in Fig-
ure 2. The parameter values for these functions, given in
Figure 2, are consistent with those for individual data.
Although \( \log d_0 \) decreases with increasing dose level, it

| Bird | Dose level (mg/kg) | Same Samples | | Different Samples |
|------|-----------------|--------------|---|-----------------|
|      | \( \log d_0 \) | \( b \) | VAC | \( M_{Se} \) | \( \log d_0 \) | \( b \) | VAC | \( M_{Se} \) |
| D1   | 0   | 1.56 .07  | .99 .001  | | 1.57 .16 | .98 .005  |
|      | 10  | 1.44 .16  | .91 .016  | | 1.00 .31 | .80 .027  |
|      | 20  | 1.39 .61  | .99 .003  | | 1.24 .47 | .99 .003  |
| D2   | 0   | 1.38 .17  | .93 .015  | | 1.05 .43 | .95 .007  |
|      | 10  | 1.51 .33  | .99 .004  | | 0.97 .45 | .98 .003  |
|      | 20  | .73 .50   | .89 .006  | | .91 .51 | .95 .006  |
| D3   | 0   | 1.54 .08  | .74 .050  | | 1.42 .14 | .88 .030  |
|      | 10  | 1.52 .19  | .99 .002  | | 1.58 .28 | .92 .020  |
|      | 20  | .59 .19   | .90 .005  | | .62 .25 | .73 .014  |
| D4   | 0   | 1.36 .03  | .63 .011  | | 1.54 .08 | .90 .016  |
|      | 10  | 1.45 .09  | .92 .010  | | 1.53 .20 | .89 .031  |
|      | 20  | .99 .21   | .91 .011  | | .95 .15 | .81 .017  |
| D5   | 0   | 1.51 .14  | .99 .003  | | 1.65 .30 | .99 .005  |
|      | 10  | 1.41 .26  | .96 .011  | | .94 .24 | .93 .007  |
|      | 20  | .65 .28   | .95 .003  | | .44 .28 | 1.00 .000  |

Note—VAC = variance accounted for; \( M_{Se} \) = mean squared error.
Promazine was due to a decrease in initial discriminability, determining the effects on the two parameters characterizing memory performance. Watson and Blampied (1989) showed that the dose-dependent decrease in matching accuracy by pigeons was caused by the anticholinergic scopamine, was due to a decrease in initial discriminability only. Using the same procedure as that reported by Kirk et al. (1988), Tan, Kirk, Abraham, and McNaughton (1990) showed that chlordiazepoxide reduced initial discriminability, but not rate of forgetting. Quantification of the forgetting function therefore shows that some drugs influence both attentional and memorial processes, some influence only attention or overall performance, and others influence primarily the memorial process. When rate of forgetting is increased, as with phenobarbital in the present study, it can be concluded that some aspect of memorial function is clearly being affected. Clinical use of the barbiturate is therefore questionable when it may have implications for the educational development of children (cf. Werry, 1988).

The second novel contribution of the present study is the demonstration of an attenuating effect of phenobarbital on proactive interference. The type of proactive interference influenced is a "local" effect in which matching is less accurate when the sample to be remembered on the current trial differs from that on the preceding trial (Edhouse & White, 1988). This local proactive interference is manifested as a difference in rate of forgetting (b) but not initial discriminability (log d₀). The present data confirmed this distinction in that there was a statistically significant effect of whether samples on consecutive trials were the same or different on rate of forgetting, but not initial discriminability. In that local proactive interference is a rate-of-forgetting effect, the result that phenobarbital attenuates local proactive interference offers confirmation that phenobarbital influences memorial function. The attenuation of proactive interference by phenobarbital is a plausible result when it is considered that proactive interference relies on the persistence of memory for events on the previous trial through the current trial (Wright et al., 1986). The drug therefore limits the influence of information gained from previous trials in guiding or steering performance on the current trial.

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