Pesticide Residues in Buffalo and Human Breast Milk of Vegetables and Fruits Farming Community at Northern of Delta in Egypt

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Abstract
This study was carried out to determine the potential occurrence of pesticide residues in the milk of buffalo and women, which exists in vegetables and fruits farming community in Rosetta region Northern of Delta, Egypt. Milk samples were analyzed by gas chromatography-electron capture detector. Halogenated pesticides were selected includes: 1- Organochlorines; Hexachlorocyclohexane isomers (α, β, γ-HCHs), dichlorophenyltrichloroethane (p, p’ – DDT) and its degradates; p, p’-DDD and DDE, and cyclodiene compounds; Aldrin, dieldrin and endrin. 2- Organophosphorous pesticides; Chlorpyrifos, chlorpyrifos methyl and profenofos. 3- Pyrethroids; Cypermethrin and lambda-cyhalothrin. The tested organochlorine pesticides were detected in most of the samples analyzed at lower frequencies and levels ranged from 2.38 to 3.57 μg/kg in buffalo than of human milk (2.4-5.78 μg/kg). Whereas organophosphorous and pyrethroids found at high predominance of frequencies among all the tested compounds in the buffalo milk than in human milk analyzed. Generally, all samples were positive for at least one of the pesticides; Chlorpyrifos, chlorpyrifos methyl, profenofos or cypermethrin with mean levels ranged from 1.9 to 5.14 μg/kg of the two milk types, except lambda-cyhalothrin at below detection limit in all human breast milk samples. Statistically, significant difference and correlation of organochlorines levels (but no significant difference or correlation for organophosphorous and pyrethroids) were found between the two types of milk investigated. The data available for estimation of daily intakes (ADIs) and extraneous and maximum residue limits (ERLs & MRLs) revealed that these compounds were found to be lower than the safety thresholds level. Results of this study indicated that in spite of the banning much of organochlorine pesticides (rather than the currently applied (e.g., organophosphorous and pyrethroid pesticides), still contaminating the food stuffs, particularly milk.

Keywords: Cypermethrin; Organophosphorous pesticides; Human breast milk; Chlorpyrifos

Introduction
Certain of halogenated organic compounds such as organochlorine pesticides (OCPs) (rather than pyrethroid and organophosphorous pesticides (OPPs) which are significantly applied to agricultural crops) is characterized by their lipophilicity, and environmental persistence. Thus, it bioaccumulate in the adipose tissues of biota, and biomagnified through different food chains [1,2]. At all pesticide types, it poses a risk of causing adverse effects to human health and the environment [3].

Many subsequent studies around the world had been carried out for determination of the pesticide residue levels in different milk kinds of buffalo, cow, goat, camel and sheep, as well as human breast milk in developing and developed countries. From these researches in Egypt; [4-6] found certain organochlorine pesticide residues such as DDT, DDE, dieldrin, endrin, heptachlor, heptachlor epoxide and lindane in buffalo milk. These studies summarized that most of the residual pesticides detected were below the respective maximal permissible limits set by international organizations, except [7] found that from five OCPs (alachlor, exchlorobenzene, dieldrin, methoxychlor and lindane) and three OPPs (malathion, paraethion-methyl and chlorpyrifos) identified in fresh buffalo milk of agro-industrial zone in upper Egypt, lindane and malathion exceeded EU limits. In other countries, China [8,9] and Italy [10] identified and quantified chlorpyrifos, bifenthrin, deltamethrin, lambda cyhalothrin, imidaclopid and carbofuran pesticides in different milk types from localities of Pakistan. Kara et al. [11] investigated the Th presence of Th OPPs; malathion and Th malaoxon residues in Th buffalo and Th cow milk products in Th the Th western Turkey. Aslam et al. [12] quantified some of organochlorine pesticide residues in the buffalo milk samples of India. Regarding the studies which carried out on the human breast milk, [13] detected OCPs (for example, total DDTs) in breast milk of lactating mother at the main levels of 1315, 113.7 and 517.3 ng/g fat, respectively. Mirani et al. [14] found endosulfan, DDT, chlorpyrifos, profenofos and lambda-cyhalothrin in milk samples of rural female farm workers in Sindh province of Pakistan. Al Antary et al. [15] detected HCHs and DDTs of chlorinated pesticide residues in human breast milk in Jordan districts. In Brazil, Dallalgrave et al. [16] identified chlorpyrifos, bifenthrin, cyhalothrin, permethrin, cypermethrin and deltamethrin in fatty foods. Koomson et al. [17] quantified HCB and P,P'- DDE in breast milk of lactating wives of farmers in Accra, Ghana at levels of 1.77 μg/kg and 18.21 μg/kg, respectively.

Milk monitoring can provide information about the types and quantities of pesticides in the environment as well as in our daily diet. This information is useful to assess potential health risks associated with the contribution of milk consumption for pesticides intake into the human either for babies or during the following age stages. So, determination of environmental chemicals in the common milk types are of broad scientific interest [12]. So this study aimed to investigate the residual levels of pesticides, including representing group of persistent organochlorine compounds beside certain pesticides of organophosphorous and pyrethroids (which are currently applied in agricultural practices) in milk of buffalo and human living in selected...
rural areas in Egypt. The obtaining results have contributed to evaluate impacts of pesticide residues on the human health.

Materials and Methods

The sampling was conducted in period of three months (June to August 2015) as intensive vegetable cultivation and fruiting period among the study area. Sixteen milk samples were taken from buffalo and twelve from human lactating mothers living in and nearby certain represented villages of Rosetta, El-Beheara governorate, north of the delta, Egypt. The samples were kindly collected from individual buffalo animals and women (two samples from each source within the sampling period). The tested pesticides include; Organochlorines α, β, γ–HCHs,p,p’– dichlorodiphenyltrichloroethane (p, p’–DDT) and its degradates; p,p’–DDD and DDE, cyclodiene compounds; Aldrin, dieldrin and endrin), organophosphorous (chlorpyrifos, chlorpyrifos methyl, profenofos) and pyrethroids (cypermethrin and lambda-cyhalothrin). The milk sample (about 60 ml) was manually expressed from each of the two sources (by the buffalo’s owner and by the volunteer lactating women themselves) into clean glass containers pre-rinsed with acetone and n-hexane. The collected samples were kept frozen at -20°C until analysis.

All solvents; n-hexane, acetone and dichloromethane were purchased from Fisher scientific (Loughborough, UK) as a pesticide residue analytical grade. Anhydrous sodium sulphate (granules) and florisil were Sigma–Aldrich (Poole, UK) grade were prepared based on the methods of [18,19]. The glassware used for the analysis was rinsed with distilled water followed by acetone and n-hexane before use to prevent contamination. The Procedural blank sample was carried out to assess the purity of all chemicals and glassware used against any interference. Technical pesticides standards (≥ 98.0% of purity) were obtained from Supelco USA. A mixture of the standard components at four different concentrations (5, 10, 15, 20, 40 pg/µl) were prepared and applied for calibration of gas chromatography system (which used in this study) prior to and in between each batch samples analysis.

Briefly, duplicate of milk sample (30 ml sub-sample of each sample) was extracted for pesticides residue analysis based on the US-EPA (1985) protocol. The sample was extracted with acetone:n-hexane (1:1) mixture, then re-extracted twice. The organic phases were combined, evaporated to about 5 ml using a rotary evaporator, then to 1 ml by gentle stream of nitrogen. The final extract was subjected to a cleanup procedure according to Fillmann et al. [18] by bathing it through florisil column (20 cm length, 1 cm i.d.) and the analyst eluted using gentle stream of nitrogen. The final extract was subjected to a cleanup and injected into GC as the same procedures as for non-spiked milk samples.

The recovery percentage for each analyte was determined by comparing the peak area of each compound concentration of the standard working solution with those of spiked into the milk samples.

Statistical analysis

A Statistical analysis by a two-way analysis of variance (ANOVA) and correlation tests using SPSS software was used to determine if significant correlation of the residual pesticide levels identified between the buffalo and human milk samples analyzed. A value of zero level was assigned for results below the limit of detection (BLD). Data were expressed as means ± standard error. Values are Interpreted at range of: -1 to 0.0 to 1 (very high negative correlation, little if any negative correlation, very high positive correlation).

Results

The study was carried out to determine the residual levels of certain chlorinated pesticides of α, β and γ- HCHs, p, p’– DDT and its degradates; p,p’–DDD and DDE, aldrin, dieldrin, endrin, chlorpyrifos, profenofos, cypermethrin and lambda-cyhalothrin in buffalo and human breast milk collected from selected vegetables and horticultural farming area of Rosetta region, north of delta, Egypt.

Among all the tested compounds using the three solvent systems, the recoveries from the spiked buffalo milk samples analyzed were found at percentages averaged from 52 to 97% of OCs, OPPs and pyrethroid groups (Table 1). For each system of elution, acetone:n-hexane (3):Acetone:n-hexane (1:1) mixture, and n-hexane, were shown as nearly similar efficient with recoveries of 77.7–90.7% and 76.7–90%, respectively, while acetone followed by a partition into dichloromethane was at relative lower efficiency of recovery (66–82%). So, the first (acetone:n-hexane (1:1) mixture) was applied in this study for extraction of the three pesticide groups from the field milk samples. All pesticide residue levels quantified in the field milk samples were corrected according to their recovery percentages.

Concerning the tested pesticide residues in buffalo and human breast milk samples, the obtained results listed in Table 2 indicated that residues of the all tested organochlorine pesticides (OCPs) were detected with different frequencies ranged from 26.7% for aldrin and dieldrin to 80% for α-HCH and p,p’–DDE in the buffalo milk, while their frequencies in human milk fluctuated between 50 and 100% of the total samples analyzed, respectively. Among the OC compounds, the mean levels quantified were at ranges of 1.03 ± 0.2 µg/kg for aldrin and 2.0 ± 0.7 µg/kg for α-HCH in the buffalo milk, whereas in human milk the OCs ranged between 1.29 ± 0.3 for p,p’–DDD and 2.4 ± 0.6 for α-HCH. In general, α-HCH and p,p’–DDE were found at more predominance of...
frequencies and levels among all the tested compounds in the two milk types analyzed. As a total occurring levels of the tested OC pesticides and its degradates, the study showed that Σ-cyclodienes and Σ-p,p'-DDTs were found at higher mean levels; 5.78 ± 1.35 and 4.49 ± 1.4 µg/kg in human milk than in buffalo milk; 2.38 ± 1.2 and 2.93 ± 0.9 µg/kg, except Σ-HCHs at 2.4 ± 0.6 and 3.57 ± 1.1 µg/kg, respectively.

Table 3 shows the identified residue levels of the tested organophosphorous pesticides (chlorpyrifos, chlorpyrifos methyl, profenofos) and pyrethroids (cypermethrin and lambda-cyhalothrin) in the buffalo and human milk analyzed. Chlorpyrifos, chlorpyrifos methyl and profenofos were detected at the mean levels; 3.61 ± 1.1 µg/kg, 1.2, 2.34 ± 1.0 and 1.96 ± 0.3 µg/kg in the buffalo milk, whereas in human milk; 4.4 ± 1.0, 2.66 and 2.66 µg/kg, with the overall mean of Σ OPPs at 4.99 ± 2.6 and 2.88 ± 0.3 µg/kg in the two milk types, respectively. Cypermethrin was detected with the frequency of occurrence at 53.3% and mean levels of 3.94 ± 1.3 µg/kg, while lambda-Cyhalothrin found in 20% of the total buffalo milk samples analyzed with the mean level of 4.93 ± 1.0 µg/kg. Lambdacyhalothrin was below the detection limits (0.1 µg/kg milk), while cypermethrin detected in 40% of the total human milk analyzed at a mean level of 4.4 ± 1.6 µg/kg. As total pyrethroids, it were quantified at mean averages of 5.14 ± 1.9 and 4.4 ± 1.6 µg/kg in the buffalo and human breast milk, respectively.

The statistical analysis for the obtained results (Table 4) revealed that the quantified levels of organochlorine pesticides (HCHs, cyclodienes, DDTs) are highly significant different and correlated between buffalo and human milk, while no significant variation or correlation found for the levels of organophosphorous and pyrethroid pesticides between the two types of milk samples investigated.

**Table 1:** Recovery percentages (%) of the tested organochlorine, organophosphorous and pyrethroid pesticides from the Spiked buffalo milk.

* The Solvent type was selected based on the methods of US-EPA (1984) and Leoni et al. (1992).

*NA-Not Available; ** (Aldrin+Dieldrin)

**Table 2:** Levels (µg/kg) and occurring frequencies (%) of selected organochlorine pesticides in buffalo and human breast milk in selected rural areas at Rosetta region, north of delta, Egypt, 2015.

*NA-Not Available; ** (Aldrin+Dieldrin)

**Discussion**

The exposure to OCPs group of persistent organochlorine pollutants (POPs) has been occurred for decades, and levels of these compounds are still to be detected (as the present study) either in buffalo or human milk of agricultural villages or urban regions. Similar finding pattern was showed in the study of Mirani et al. [14]. They found that OCPs (endosulfan, DDT), OPPs (chlorpyrifos, profenofos) and pyrethroids (lambda-cyhalothrin) as major milk pollutants of milk samples of rural female farm workers engaged in cotton, okra, chilies picking, berseem and wheat harvesting activities in Sindh province of Pakistan. Barman et al. [20] found DDT and its degradates; DDD and DDE in cow milk of Dhanbad city, India at levels not exceeded the tolerance levels of WHO/FAO.

The general finding pattern in the present survey is almost similar (but at lower levels) as showed for the other previous studies as in Egypt and Libya [13,21] as well as the reviewed data mentioned and reported [22]. For the other milk types (e.g. cow, buffalo, goat, camel and sheep milk), Ayoub et al. [6]. Dawood et al. [4] identified certain group of organochlorine pesticides in different governorates of Egypt. Shahzadi et al. [10] quantified of organophosphorous (chlorpyrifos), pyrethroid (bifenthrin, deltamethrin and lambda cyhalothrin), insecticide (imidacloprid) and carbamate (carbofuran) pesticides in cow, buffalo, goat, camel and sheeps milk collected from different localities of Lahore, Pakistan. Aslam et al. [12] found that 50% of the buffalo milk samples of Delhi, India were contaminated with organochlorine pesticides residues. Dallegrave et al. [16] analyzed 17 different pyrethroids and chlorpyrifos in the fat content of animal products, including beef, chicken, eggs, fish, and milk. They found that all samples were positive for at least one of the pesticides; chlorpyrifos,
Table 3: Levels (µg/kg) and occurring frequencies (%) of selected organophosphorous and pyrethroid pesticides in buffalo and human breast milk in selected rural areas at Rosetta region, north of delta, Egypt, 2015.

| Pesticides                      | Buffalo milk | Human breast milk | MRLs (FAO/WHO, 2003, 2013) |
|---------------------------------|--------------|-------------------|--------------------------|
|                                 | Mean ± S.D.  | Frequency (%)     | Mean ± S.D.  | Frequency (%) |                     |
| Chlorpyrifos                    | 3.61 ± 1.2   | 40                | 4.4 ± 1.0   | 30            | 20                   |
| Chlorpyrifos methyl             | 2.34 ± 1.0   | 26.7              | 2.66        | 10            | 10                   |
| Profenofos                      | 1.96 ± 0.3   | 13.3              | 2.66        | 10            | 20                   |
| Σ-Organophosphorous (OPPs)      | 2.33 ± 3.09  | 26.7              | 2.88 ± 0.3  | 16.7          | -                    |
| Cypermethrin                    | 3.94 ± 1.3   | 53.3              | 4.4 ± 1.6   | 40            | 50                   |
| Lambda-Cyhalothrin              | 4.93 ± 1.0   | 20                | BLD         | 200           |                      |
| Σ-Pyrethroids                   | 3.08 ± 2.97  | 36.7              | 4.4 ± 1.6   | 40            | -                    |

* (B) Buffalo, (H) Human

- Values are Interpreted at range of:-1-0-0–1 (very high negative correlation-Little if any negative correlation-very high positive correlation).

Table 4: Correlation pattern between the organochlorine (OCP), organophosphorous (OPP) and pyrethroid pesticide levels in buffalo and human breast milk of selected rural areas at Rosetta region, north of delta, Egypt, 2015.

|                          | Σ-HCHs(B)               | Σ-Cyclo-dienes (B) | Σ-p,p'- DDTs (B) | Σ-OPPs (B) | Σ-HCHs (H) | Σ-Cyclo-dienes (H) | Σ-p,p'- DDTs (H) | Σ-OPPs (H) |
|--------------------------|-------------------------|--------------------|------------------|------------|-------------|--------------------|------------------|------------|
| Σ-HCHs ’(B)             | 1                       | -                  | -                |            | -           | -                  |                  |            |
| Σ-Cyclo-dienes (B)      | 0.16                    | -0.46              | 1.00             |            |            |                    |                  |            |
| Σ-OPPs (B)              | 0.61                    | 0.08               | 0.15             | 1.00       |            |                    |                  |            |
| Σ-HCHs ’(H)             | 0.51                    | 0.44               | -0.38            | 0.52       | 1.00        |                    |                  |            |
| Σ-Cyclo-dienes (H)      | 0.38                    | 0.51               | -0.63            | 0.38       | 0.36        | 1.00               |                  |            |
| Σ-OPPs (H)              | 0.52                    | 0.55               | -0.23            | 0.72       | 0.70        | 0.40               | 1.00             |            |
| organophosphorous (B)   | 0.35                    | -0.29              | 0.86             | 0.34       | -0.32       | -0.30              | 0.71             | 0.02       |
| pyrethroids (B)         | -0.32                   | 0.58               | -0.24            | -0.33      | -0.56       | 0.41               | -0.30            | 0.50       |
| organophosphorous (H)   | -0.45                   | -0.22              | -0.11            | -0.50      | -0.20       | -0.15              | -0.61            | -0.51      |
| pyrethroids (H)         | -0.30                   | 0.34               | 0.01             | 0.02       | 0.28        | -0.23              | -0.13            | -0.06      |

- Values are Interpreted at range of:-1-0-0–1 (very high negative correlation-Little if any negative correlation-very high positive correlation).

bifenthrin, cyhalothrin, permethrin, cypermethrin, or deltamethrin, with mass fraction levels ranging from 0.03 to 270 ng g⁻¹ lyophilized sample. Jawaid et al. [23] found pesticide residues of chlorpyrifos, α and β endosulfan, profenofos and bifenthrin in raw milk at high levels and violated the MRL set by the FAO/WHO as compared to processed milk.

In the present study, the occurrence pattern of the tested pesticides that might be referred to the nature of feeding style of the mammals through the different food chains related to the transformation, bioaccumulation and biomagnification of such persistent OCs compared with the more degradable pesticides such as OPPs and pyrethroids which are relatively at high levels and frequencies in omnivores than of herbivore biota. On the other side, the direct exposure of buffalo to many of pesticide residues via its feeding on contaminated fodder (e.g. grasses, maize, clover) that adjacent to the sprayed vegetables and fruits fields, also due to exposure from contaminated buffalo drinking water of irrigated canals and drains. Whereas the potential sources for milk contamination of the lactating woman living in or near the investigated areas might be refers to their consumption on food contaminated with the residues of currently applied pesticides, or due to sharing of some lactating women for the field practices with their family. Another reason for women exposure might be occasionally, resulting from using domestic aerosols for home pest control. The statistical analysis for the obtained results is for somewhat supports the distribution pattern of these results, where the detected levels of organochlorine pesticides (HCHs, cyclodiienes, DDTs) are highly significant different and correlated between buffalo and human milk, while no significant variation or correlation found for the levels of organophosphorous and pyrethroid pesticides between the two types of milk samples investigated.

Regarding extraneous residue limits of pesticide residues in buffalo milk (ERLs), assuming that a person weighing 60 kg consumes two glasses of milk per day and night (about 330 g), the average daily intake of pesticides detected was calculated and compared with the accepted daily intake data reported by [24,25]. It was found that the levels of each pesticides studied are below the recommended limits.

FAO/WHO [26] reported that daily breastfeeding intake of human milk by an infant consume 500-800 ml with average of 120 g/kg body weight day with an average of 5.7–7.3 kg baby weight an average. Estimation of daily intake (EDI) of pesticides analyzed in this study was calculated and compared with international limits. The corresponding ADIs of the tested pesticides by breast-fed infants were generally below (as buffalo milk) the established ADIs by FAO/WHO [25,27].

Conclusion

It can be concluded from the present study that most of the tested organochlorine compounds were detected at high occurring frequencies in both buffalo and human breast milk samples analyzed. Statistically, significant differences and correlation of OCP levels (but not for the OPPs or pyrethroids) between the two investigated milk types. These findings clearly indicate that OCPs are bio-concentrated at similar mode either in buffalo or human, rather than in the other tested pesticides investigated. We can recommend that preventive measures,
such as food monitoring and dietary intake assessment need to be adopted in order to reduce the body burden of the pesticide residues.

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