Coenzyme Q$_{10}$ Rescues Ethanol-induced Corneal Fibroblast Apoptosis through the Inhibition of Caspase-2 Activation*

Chun-Chen Chen$^{1,5}$, Shiow-Wen Liou$^{1,5}$, Chi-Chih Chen$^{**}$, Wen-Chung Chen$^{**}$, Fung-Rong Hu$^{*}$, I-Jong Wang$^{1,5,5,5,1}$, and Shing-Jong Lin$^{5,5,5,5,2}$

From the $^{1}$Department of Ophthalmology, Taipei City Hospital Renai Branch, Taipei, Taiwan 106, the $^{5}$Institute of Clinical Medicine, $^{4}$Cardiovascular Research Center, National Yang-Ming University, Taipei, Taiwan 112, the $^{**}$Division of Cardiology, Department of Internal Medicine and $^{5,5}$Department of Medical Research and Education, Taipei Veterans General Hospital, Taipei, Taiwan 112, the $^{4}$Department of Ophthalmology, National Taiwan University Hospital, Taipei, Taiwan 100, the $^{10}$Taipei Medical University, Taipei, Taiwan 110, and the $^{5,5}$Graduate Institute of Clinical Medical Science, China Medical University, Taichung, Taiwan 404

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Background: The ability of coenzyme Q$_{10}$ (CoQ$_{10}$) to reduce ethanol (EtOH)-induced corneal fibroblast apoptosis has been investigated.

Results: Caspase-2 is activated as an initiator caspase in EtOH-induced apoptosis. By blocking caspase-2 activity, CoQ$_{10}$ protects the cells from apoptosis.

Conclusion: CoQ$_{10}$ rescues apoptotic response through caspase-2 inhibition toward EtOH treatment.

Significance: CoQ$_{10}$ may decrease EtOH-induced apoptosis.

Recent studies indicate that caspase-2 is involved in the early stages of apoptosis, particularly before the occurrence of mitochondrial damage. Here we report the important role of the coenzyme Q$_{10}$ (CoQ$_{10}$) on the activity of caspase-2 upstream of mitochondria in ethanol (EtOH)-treated corneal fibroblasts. After EtOH exposure, cells produce excessive reactive oxygen species formation, p53 expression, and most importantly, caspase-2 activation. After the activation of the caspase-2, the cells exhibited hallmarks of apoptotic pathway, such as mitochondrial damage and translocation of Bax and cytochrome c, which were then followed by caspase-3 activation. By pretreating the cells with a cell-permeable, biotinylated pan-caspase inhibitor, we identified caspase-2 as an initiator caspase in EtOH-treated corneal fibroblasts. Loss of caspase-2 inhibited EtOH-induced apoptosis. We further found that caspase-2 acts upstream of mitochondria to mediate EtOH-induced apoptosis. The loss of caspase-2 significantly inhibited EtOH-induced mitochondrial dysfunction, Bax translocation, and cytochrome c release from mitochondria. The pretreatment of CoQ$_{10}$ prevented EtOH-induced caspase-2 activation and mitochondria-mediated apoptosis. Our data demonstrated that by blocking caspase-2 activity, CoQ$_{10}$ can protect the cells from mitochondrial membrane change, apoptotic protein translocation, and apoptosis. Taken together, EtOH-induced mitochondria-mediated apoptosis is initiated by caspase-2 activation, which is regulated by CoQ$_{10}$.

It has been known that ethanol (EtOH) may induce apoptosis, programming cell death in a variety of tissues, including the corneal epithelial cells (1, 2), corneal fibroblasts (3), liver (4), and brain (5). In ophthalmology, it is one of the methods used in the removal of the epithelium during the procedures of refractive surgery, such as photorefractive surgery (PRK) and laser subepithelial keratomileusis (LASEK) (6, 7). The molecular mechanism of EtOH-induced apoptosis in corneal fibroblasts remains to be determined. To date, pharmacological efforts to control early corneal fibroblast apoptosis have not been successful. However, ongoing investigations are still being performed to identify agents that can regulate this phenomenon and the wound healing process during treatment.

Apoptosis is mainly executed by cysteine proteases known as caspases. The apoptotic cascade of caspases is initiated by the activation of apical (initiator) caspases that include caspase-2, caspase-8, caspase-9, and caspase-10 (8–10). In response to noxious stimuli and related cellular stress situations, initiator caspases directly or indirectly activate the executioner caspases (such as caspase-3 and caspase-7), which in turn orchestrate apoptotic cell death (11). Among all initiator caspases, caspase-2, the second mammalian caspase identified, is the most evolutionarily conserved (12). Therefore, it has been suggested that caspase-2 might play a critical role in apoptosis in mammals and that it may act upstream or downstream of mitochondria to promote cytochrome c release in the apoptotic pathway in response to various stimuli (13–19). The activation of caspase-2 occurs in the complex that contains the p53-induced death domain-containing protein and the adaptor pro-
tein RAIDD (ribosome-inactivating protein (RIP)-associated ICH-1/CED-homologous protein with death domain) (20).

Ubiquinone Q₁₀ (coenzyme Q₁₀ (CoQ₁₀)) is a well known electron transporter in complexes I (NADH-ubiquinone oxidoreductase), II (succinate-ubiquinone oxidoreductase), and III (ubiquinone-cytochrome c oxidoreductase) of the mitochondrial respiratory chain (21, 22). CoQ₁₀ serves as a critical regulator of mitochondrial apoptosis, functioning as a ubiquitous free radical scavenger or control of the mitochondrial transition pore opening (21, 23–28). CoQ₁₀ reduces the number of apoptotic keratocytes produced in response to excimer laser irradiation to a much greater extent than do other free radical scavengers, such as ascorbic acid and vitamin E (27). A recent study indicated that CoQ₁₀ can inhibit mitochondrial depolarization, caspase activation, and cell apoptosis after ethanol exposure in the corneal fibroblasts (29). There is strong evidence that suggests ethanol (EtOH) treatment facilitates the mitochondrial dysfunction (30–32). Interestingly, CoQ₁₀ supplements decreased p53-dependent cell death in response to oxidative DNA damage in elderly patients (33).

We previously demonstrated that CoQ₁₀ pretreatment can inhibit caspase-2 and caspase-3 activation during EtOH-induced apoptosis (29). To determine the therapeutic approaches for EtOH-inducing cell apoptosis during refractive surgery, it is important to gain a better understanding of the cell death mechanisms induced by EtOH treatment. In this study we further determined the role of caspase-2 in EtOH-induced corneal fibroblast apoptosis by using a technique that traps the initiator caspases in situ, and we identified caspase-2 as an initiator caspase and as an upstream modulator of mitochondria to mediate EtOH-induced apoptosis. Furthermore, CoQ₁₀ pretreatment plays a crucial role in protecting the cells against EtOH-induced caspase-2 activation, subsequent mitochondrial damage, caspase-3 activation, and apoptosis.

**EXPERIMENTAL PROCEDURES**

**Primary Culture of Corneal Fibroblasts**—Primary corneal fibroblasts were obtained from fresh bovine corneas by collagenase digestion modified from the methods described by Funderburgh et al. (34). Briefly, the central portions of fresh bovine corneas were incubated at 37 °C in 2.4 units of dispase II (Roche Applied Science)/ Dulbecco’s modified Eagle’s medium (DMEM; Invitrogen) solution containing antibiotics (penicillin, 100 U/ml; streptomycin, 50 μg/ml; amphotericin B, 2.5 μg/ml) at 37 °C for 3 h to remove the corneal epithelium and endothelium. After dispase II digestion, serial scraping with a plastic spatula (Cell Scraper, TPP, Switzerland) was performed to remove the epithelial cells in phosphate-buffered saline (PBS). Corneal endothelial cells and Descemet’s membrane were peeled away in a sheet from the periphery to the center of the inner surface of the cornea with fine forceps.

The tissue was rinsed twice with DMEM medium containing antibiotics, then minced into several small parts (2–3 mm) and incubated in a volume of 1 ml per corneal stoma of 2 mg/ml (w/v) collagenase A (Roche Applied Science) in DMEM with antibiotics at 37 °C for 12 h until the complete disruption of the tissue was achieved. Nylon mesh (40 mm; Cell Strainer, Falcon) was used to filter the cell suspension. The filtered cell suspension was incubated in 75-ml flasks at 37 °C with 10% fetal bovine serum (FBS; Invitrogen) in 95% air, 5% CO₂. The samples were serially trypsinized and passaged three times for the experiments.

**Treatment**—Treatment with 10 μM CoQ₁₀ dissolved in 0.04% Lutrol F217 was commenced 2 h before the application of EtOH (29). Lutrol F217 was used as the vehicle to ensure the cellular uptake of CoQ₁₀ (35). Corneal fibroblasts cultured to ~90% confluence were pretreated with or without CoQ₁₀ and then exposed to EtOH (0.004–20%) for 20 s. EtOH was diluted in distilled water to yield the indicated concentrations of EtOH solution. In addition, 20 μM caspase-2 inhibitor (z-VDVAD-fmk; BioVision) were used 2 h before EtOH exposure when indicated. Cells in the control group were treated with medium only.

**Analysis of Cell Viability**—To measure cell viability, we used the CellTiter-Fluor Cell Viability assay (Promega Corp., Madison, WI). Cell viability was analyzed after the cells were exposed to EtOH (0.004–20%) for 20 s. Briefly, cells (7000 cells/well) were plated in 96-well flat-bottomed plates. After incubation with EtOH, 40 μl of CellTiter-Fluor reagent was added to each well and incubated 1.5–2 h at 37 °C. Fluorescence, which is proportional to cell viability, was measured with a FL600 fluorimeter.

**Identification of Apoptosis Induced by Ethanol**—To examine the apoptosis in EtOH-exposed (0.004–20%, 20 s) cells with or without 2 h of CoQ₁₀ pretreatment, the cells were washed twice with PBS after exposure and then incubated for 4, 8, or 12 h (1, 2). The cells were simultaneously subjected to annexin V and propidium iodide (PI) assays. An annexin V-fluorescein isothiocyanate (FITC) apoptosis detection kit (Serotec, Oxford, UK) was used to bind phosphatidylserine, which is translocated to the outer leaflet of the plasma membrane during the early stages of cell apoptosis (36). Therefore, the apoptotic cells were only stained with annexin V-FITC, whereas the necrotic cells were double-stained for both annexin V–FITC and PI. The cells were suspended in binding buffer at a final cell concentration of 1 × 10⁵ cells/ml and incubated with both annexin V–FITC and PI for 15 min in the dark. The exposed phosphatidylserine was measured using fluorescence-activated cell sorter analysis.

**Determination of Reactive Oxygen Species (ROS)**—Intracellular ROS were measured based on the intracellular peroxide-dependent oxidation of 2′,7′-dichlorodihydrofluorescein diacetate (Molecular Probes) to form the fluorescent compound 2′,7′-dichlorofluorescein (DCF), as previously described (37). The ROS levels were assessed early after ethanol exposure and before the occurrence of apoptosis as examined by flow cytometry. The cells were seeded onto 48-well plates at a density of 2 × 10⁴ cells/well and cultured for 48 h. After the cells were washed twice with PBS, fresh medium with or without 10 μM **...**
CoQ$_{10}$ was added. The cells were incubated for 2 h and then exposed to EtOH (20%, 20 s). DCF diacetate (20 μM) was added to the cells, which were incubated for 30 min at 37 °C. After the indicated incubation periods (1–120 min), the cells were harvested and resuspended in 50 mM HEPES buffer (5 mM HEPES, pH 7.4, 5 mM KCl, 140 mM NaCl, 2 mM CaCl$_2$, 1 mM MgCl$_2$, and 10 mM glucose). The fluorescence intensity was determined at 485 nm, and emission was determined at 530 nm through flow cytometric analysis.

**Measurement of Changes in Mitochondrial Membrane Potential (ΔΨm)**—To determine ΔΨm, the cells were pretreated with or without CoQ$_{10}$ and then exposed to EtOH (20%, 20 s). After the incubation periods (0.5–8 h), corneal fibroblasts were washed in lysis buffer. The biotinylated proteins were eluted from streptavidin-agarose (30 μl) that was added to the supernatant of mitochondria isolation buffer (0.25M sucrose, 0.5 mM EGTA, 3 mM HEPES-NaOH, protease inhibitors mixture, pH 7.2), after which it was incubated on ice for 60 min. Afterward, the cells were homogenized in an ice-cold Dounce tissue grinder. This task was performed with the grinder on ice (300 up and down). The homogenate was transferred to a 1.5-ml microcentrifuge task was performed with the grinder on ice (300 up and down). The homogenate was transferred to a 1.5-ml microcentrifuge
tube and centrifuged at 700 × g for 10 min at 4 °C. The supernatant was transferred to a fresh, 1.5-ml tube and centrifuged at 10,000 × g for 25 min at 4 °C. The supernatant was collected (this is cytosolic fraction), and the pellet was resuspended in 10–30 μl of mitochondria lysis buffer (50 mM HEPES-NaOH, 1% maltoside, 10% glycerol, 1 mM EGTA, 1 mM EDTA, protease inhibitors mixture, pH 7.4).

RNA Knockdown by Lentivirus-based Short-hairpin RNA (shRNA) Delivery—shRNAs were obtained from the National RNAi Core Facility located at the Institute of Molecular Biology/Genomic Research Center, Academia Sinica, Taiwan. The TRC numbers of shRNA clones for caspase-2 used were TRCN0000003505 (clone 3505), TRCN0000003506 (clone 3506), TRCN0000003507 (clone 3507), TRCN0000003508 (clone 3508), and TRCN0000003509 (clone 3509). The TRC numbers of shRNA clones for caspase-3 used were TRCN000003549 (clone 3549), TRCN000003550 (clone 3550), TRCN000003551 (clone 3551), TRCN000003552 (clone 3552), and TRCN00000179 (clone 10798). Lentiviruses containing different shRNA plasmids were generated according to the protocol of the National RNAi Core Facility. A multiplicity of infection equal to 1 was used for all lentiviruses to infect cells. After infection for 72 h, cells were subjected to Western blot analysis.

Statistical Analysis—Values are expressed as the means ± S.D. The statistical analysis was performed with one-way analysis of variance followed by Scheffe test where appropriate. The statistical significance was determined at the 0.05 level.

RESULTS

EtOH Induces Apoptosis in Corneal Fibroblasts—We investigated the dose- and time-dependent cytotoxic effect of EtOH in corneal fibroblast cultures. The cells were treated with different concentrations of EtOH (0.004 –20%) for 20 s, and then the EtOH was removed (washed by PBS twice). The cells were further incubated for 4, 8, and 12 h. The viability was determined using the CellTiter-Fluor Cell Viability Assay. EtOH exposure alone decreased cell viability at indicated concentrations (Fig. A, shown is effect of EtOH on cell viability. Cell viability was measured by the CellTiter-Fluor Cell viability assay. B, shown is the effect of EtOH on cell apoptosis. The cells were treated with different concentrations of EtOH (0.004 –20%) for 20 s, and then the EtOH was removed (washed by PBS twice). The cells were further incubated for 4, 8, and 12 h and stained with annexin V-PI for flow-cytometric analysis.

FIGURE 1. EtOH induces apoptotic cell death in corneal fibroblasts. Primary corneal fibroblasts were treated with EtOH (0.004 –20%, 20 s). A, shown is effect of EtOH on cell viability. Cell viability was measured by the CellTiter-Fluor Cell viability assay. B, shown is the effect of EtOH on cell apoptosis. The cells were treated with different concentrations of EtOH (0.004 –20%) for 20 s, and then the EtOH was removed (washed by PBS twice). The cells were further incubated for 4, 8, and 12 h and stained with annexin V-PI for flow-cytometric analysis.
Cell viability was significantly reduced at 4 and 20% EtOH group and at 8 and 12 h in the 0.004, 0.04, 0.4, 2, 4, and 20% EtOH groups. One important finding is that 20% EtOH exposure, which was frequently applied in the cornea during refractive surgery, resulted in decreased cell survival (77.81 ± 4.67%) at 4 h. The fraction of cell survival continued to decrease at 8 and 12 h (18.27 ± 1.66% and 5.77 ± 2.68%, respectively). To identify the mode of cell death, we analyzed cell apoptosis using annexin V-FITC and PI double staining methods after incubation for 4, 8, or 12 h (Fig. 1B). Treatment of EtOH at concentrations of 0.004–20% showed a significant increase in apoptotic cells over the untreated cells after incubating for 4, 8, and 12 h (Fig. 1B), particularly at the concentration of 20%. Therefore, 20% EtOH was used for further experiments.

**EtOH Induces ROS Production and p53 Expression in Corneal Fibroblasts**—The results of the DCF assay indicated that EtOH exposure (20%, 20 s) caused an increase in the intracellular levels of ROS. The relative DCF fluorescence intensities that were measured after EtOH exposure at 1, 5, 10, 20, 30, 60, 90, and 120 min were as follows: 1 min, 14 ± 0.4%; 5 min, 13 ± 0.1%; 10 min, 0.9 ± 0.2%; 20 min, 1.6 ± 0.3%; 30 min, 8.1 ± 0.8%; 60 min,
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2.8 ± 0.7%; 90 min, 2.1 ± 0.5%; 120 min, 1.4 ± 0.3%. EtOH exposure caused an increase of at least 8-fold in intracellular ROS levels at 30 min (Fig. 2A). Previous studies have shown that oxidative stress can induce the activation of p53 in stem cell-derived dopaminergic neurons upstream of mitochondrial permeabilization, cytochrome c release, and caspase-3 activation (43, 44). Hence, the time-dependent p53 activation after EtOH exposure was determined using Western blot analysis in the corneal fibroblasts. Our data revealed the activation of p53 in a time-dependent manner (Fig. 2B). The maximal expression of p53 was detected 90 min after EtOH exposure, and the time point was later than the maximal increase of ROS (i.e. 30 min after EtOH exposure). The result suggested that EtOH-induced p53 activation occurred downstream of the ROS formation.

**EtOH Induces Mitochondria-mediated Apoptosis in Corneal Fibroblast**—To further investigate the involvement of mitochondrial damage in EtOH-induced cell apoptosis, the $\Delta \Psi_{m}$ was determined. Using JC-1 staining, we found that EtOH induced mitochondrial membrane potential transition (MPT) in a time-dependent manner (Fig. 2C). A flow-cytometric analysis of MPT demonstrated that the relative green signals of the EtOH-exposed cells at 0.5, 1, 1.5, 2, 4, and 8 h were 19.7 ± 3.0, 16.6 ± 2.6, 17.5 ± 1.20, 29.65 ± 3.46, 25.75 ± 2.05, and 17.65 ± 2.62%, respectively. EtOH exposure caused a significant change in the mitochondrial membrane potential (0.5 h, $p = 0.03$; 1 h, $p = 0.02$; 1.5 h, $p = 0.03$; 2 h, $p = 0.01$; 4 h, $p = 0.02$; 8 h, $p = 0.03$). In addition, an increase in cytosolic cytochrome c expression was also observed (Fig. 2D).

**Caspase-2 Is the Initiator Caspase Activated during EtOH-induced Apoptosis**—Caspase-2, caspase-8, and caspase-9 are known initiator caspases in various types of cellular stress (8–10). However, the initiator caspase of EtOH-induced apoptosis remained to be determined. To identify the initiator caspase, we performed the *in situ* trapping approach (40). We bound active caspase by using a biotinylated form of the caspase inhibitor (b-VAD-fmk) that can bind to activated caspase irreversibly. With the use of streptavidin, activated caspase is isolated from the cell lysates. The b-VAD-fmk pretreatment of cells before EtOH exposure leads to trapping of the active initiator caspase and also inhibits the activation of downstream caspases. Therefore, the caspase that was bound to the b-VAD-fmk can be identified as the initiator caspase. We treated the corneal fibroblasts with b-VAD-fmk (50 $\mu$M) for 2 h before exposure to EtOH. After EtOH exposure, cells were harvested at 0, 1, 2, and 4 h. The initiator caspase was precipitated using streptavidin, and the bound caspase was further identified by Western blotting. The membrane was probed with known initiator caspase antibodies, i.e. anti-caspase-2, anti-caspase-8, and anti-caspase-9 antibodies; the results for the pulldown assay are shown in Fig. 3A. Those for the WCL that did not undergo streptavidin capture are shown in Fig. 3B. The results demonstrate that caspase-2 was pulled down by streptavidin precipitation within hours of EtOH treatment, suggesting its function as the initiator caspase. At 2 h of incubation, we observed the increase in the precursor form of caspase-2, indicating its activation (Fig. 3A). Interestingly, in the WCL the precursor from of caspase-2 was cleaved at 2 h of incubation (Fig. 3B). On the other hand, we did not detect the increase in the precursor form of caspase-8 and caspase-9 in the immunoblots (performed on streptavidin pulldown assay samples) even after a longer time of exposure. There was no cleavage or reduction in the precursor form of caspase-8 or caspase-9 in the WCL samples (Fig. 3B), suggesting that these caspases are not the initiators during EtOH-induced apoptosis in corneal fibroblasts.

Initiator caspases are present in the cells as inactive monomers, and their activation is promoted by dimerization (45). Dimerization results when the initiator caspases are recruited to large molecular weight protein complexes that act as signaling platforms (9). Evidence shows that dimerization is the initiating step of caspase-2 activation (8). To examine the
existence of caspase-2 dimer formation, we perform the reducing and nonreducing SDS-PAGE analysis of the samples. The results confirm that protein expression of caspase-2 dimer (∼120 kDa) was detected in the nonreducing condition after EtOH treatment (Fig. 3C). Thus, dimerization of caspase-2 does occur in the EtOH-induced caspase-2 activation process.

To further explore the time-dependent activation of different caspases, we examined the catalytic activation and expression of the caspases (caspase-2, caspase-3, caspase-8, and caspase-9) in the cells that were exposed to EtOH (20%, 20 s) at 0.5-8 h (see Fig. 8, A–D). In the EtOH-exposed cells, the enzymatic activation of caspase-2 and caspase-3 began at 1.5 and 2 h after treatment, respectively (Fig. 8, A and B). There was an increase of ∼2-fold in caspase-2 and caspase-3 activity at 2 h after EtOH exposure (caspase-2, p = 0.005; caspase-3, p = 0.01). However, there was no significant difference in the activity of caspase-8 or caspase-9 during different incubation time after EtOH exposure (Fig. 8, C and D). Thus, our results identify caspase-2 as an initiator caspase in EtOH-induced apoptosis in primary corneal fibroblasts.

**Decreased EtOH-induced Apoptotic Cell Death with Caspase-2 Inhibitor**—To examine whether caspase-2 was required for the mitochondrial intrinsic pathway of apoptosis, we inactivated caspase-2 in the corneal fibroblasts through pretreatment with the inhibitor z-VDVAD-fmk (caspase-2 inhibitor).

First, we tested the substrate cleavage activity of caspase-2 after z-VDVAD-fmk pretreatment during EtOH-induced apoptosis (Fig. 4A). The z-VDVAD-fmk significantly abrogated the substrate cleavage activity of caspase-2 at all incubation periods (2, 4, 8, and 12 h) after EtOH exposure (Fig. 4A). On the other hand, the z-VDVAD-fmk did not inhibit substrate cleavage activity of caspase-3 at 2 and 4 h (Fig. 4B). However, the z-VDVAD-fmk may exert some inhibition on the substrate cleav-
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(A) Western blot analysis of caspase-2 and caspase-3 levels in control and ethanol-treated cells. GAPDH was used as a loading control.

(B) Cell viability measured by MTT assay after 4 hours of treatment. An asterisk (*) indicates a significant difference compared to the control.

(C) Annexin V/PI staining to assess apoptosis after 4 hours of treatment. An asterisk (*) indicates a significant difference compared to the control.

(D) Flow cytometry analysis of JC-1 staining to assess mitochondrial membrane potential. The graphs show the percentage of cells with red and green fluorescence at different time points (0.5, 1, 1.5, and 2 hours).
The EtOH-induced apoptosis is shown in nearly 20% of the cultured corneal fibroblasts after 4 h. However, the z-VDVAD-fmk pretreated cells showed a significant decrease of cell apoptosis at 4 h after EtOH exposure ($p = 0.01$; Fig. 4D). To determine whether the cells were dying via an alternative (nonapoptotic) mechanism after z-VDVAD-fmk pretreatment, we measured cell survival using the CellTiter-Fluor Cell Viability assay. Interestingly, after EtOH exposure, the z-VDVAD-fmk-pretreated cells showed a survival advantage at 4 h ($p = 0.01$; Fig. 4C). EtOH treatment resulted in a time-dependent change in $\Delta \Psi_m$. By z-VDVAD-fmk pretreatment, the results showed a significant decrease in $\Delta \Psi_m$ (0.5 h, 5.7 $\pm$ 1.2%, $p = 0.02$; 1 h, 4.2 $\pm$ 0.6%, $p = 0.008$; 1.5 h, 9.8 $\pm$ 1.1%, $p = 0.03$; 2 h, 10.6 $\pm$ 1.6%, $p = 0.01$; Fig. 4E). Collectively, the data may suggest that inhibition of caspase-2 resulted in increased cell viability and cell survival. However, the nonspecific inhibition of caspase-3 may occur by using the z-VDVAD-fmk (46). We further use a molecular approach by knocking down the caspase-2 to examine the role of caspase-2 in EtOH-induced apoptosis.

**Knockdown of Caspase-2 Expression Decreases EtOH-induced Apoptotic Cell Death**—To address potential concerns as to the specificity of the caspase inhibitors (46), the RNA interference (RNAi) technique was used to further identify the role of caspase-2 (47). RNAi is a natural, evolutionarily conserved regulatory mechanism that is mediated by the introduction of dsRNA into the cytoplasm of a host cell (48). It has provided a unique tool for sequence-specific silencing to develop practical strategies for studying gene function, biological processes, and pathway analysis (47). shRNA is a sequence of RNA that makes a tight hairpin turn that silences gene expression via RNAi (49). Corneal fibroblasts with specific gene knockdown were generated by transfection of the cells with lentivirus vectors expressing gene specific shRNA (50). Five caspase-2 knockdown clones and one control clone were selected based on enhanced green fluorescent protein fluorescence detection. The protein expression of caspase-2 was further monitored by Western blot analysis (Fig. 5A). The control clone cells did not exhibit any difference in procaspase-2 expression compared with the original cells. The expression levels of procaspase-2 protein in five caspase-2 knockdown clones decreased by 15.23–81.22% (versus control). When treated with EtOH (20%, 20s), the control clones demonstrated a similar rate of cell survival compared with the original cells (54.5 $\pm$ 2.12% versus 53.0 $\pm$ 1.23%, Fig. 5B). In contrast, caspase-2 knockdown clones showed a higher survival rate (Fig. 5B). Of the 5 caspase-2 knockdown clones, clone 3507 had the significantly higher rate of cell survival and significantly lower rate of apoptosis ($p < 0.05$, Fig. 5B) and is correlated with the lowest procaspase-2 expression (Fig. 5A). These results confirm that EtOH-induced apoptosis is mediated specifically by caspase-2. We further examined the cell-protective effect of caspase-3 knockdown clones upon EtOH exposure. First we tested the procaspase-3 expression among the knockdown clones and found one of the caspase-3 knockdown clones, clone 3551, had the lowest procaspase-3 expression (Fig. 5A). Clone 3551 also exhibited the higher rate of cell viability and lower rate of apoptotic cell death ($p < 0.05$, Fig. 5C). However, the cell-protective effect of clone 3551 was not as significant as the caspase-2 knockdown clone (clone 3507).

In addition, we compared the effect of caspase-2 or caspase-3 knockdown on the $\Delta \Psi_m$ after EtOH treatment. Based on the expression levels of procaspase-2 and procaspase-3, clone 3507 (caspase-2 knockdown) and clone 3551 (caspase-3 knockdown) were chosen to follow the $\Delta \Psi_m$ due to the lowest expression in the protein levels of procaspase-2 or -3, respectively. Significant $\Delta \Psi_m$ reduction was found in the cells of caspase-2 knockdown (clone 3507) (0.5 h, 16.8 $\pm$ 0.5% versus 35.6 $\pm$ 0.9%, $p = 0.03$; 1 h, 18.0 $\pm$ 0.6% versus 50.1 $\pm$ 0.7%, $p = 0.01$; 1.5 h, 20.6 $\pm$ 0.9% versus 59.0 $\pm$ 0.6%, $p = 0.02$; 2 h, 27.9 $\pm$ 0.4% versus 75.0 $\pm$ 0.8%, $p = 0.008$; Fig. 5D). On the other hand, there was no significant change in the $\Delta \Psi_m$ in the cells of control clone or caspase-3 knockdown clones (clone 3551) ($p > 0.05$; Fig. 5D).

These findings demonstrated that the loss of caspase-2 can protect the cells against mitochondrial dysfunction in the pathway of EtOH-induced apoptosis.

**Caspase-2 Acts Upstream of EtOH-induced Mitochondrial Apoptotic Events**—We further investigated how caspase-2 is involved in EtOH-induced apoptosis. Caspase-2 has been shown to induce mitochondrial outer membrane permeabilization (MOMP) that leads to the release of pro-apoptotic molecules from mitochondria (13, 15, 16, 51). It is well documented that cytochrome $c$ is released from the mitochondria after MOMP induction and, therefore, can be a reliable index of MOMP (52). To examine the effect of caspase-2 activation on the release of cytochrome $c$ from mitochondria, we performed Western blotting in the EtOH-exposed cell with or without the z-VDVAD-fmk pretreatment. We found that EtOH-induced cytochrome $c$ release was reduced with the z-VDVAD-fmk pretreatment (Fig. 6B).

One particular way by which caspase-2 can induce MOMP is by activating Bax (13, 53). We examined whether EtOH leads to mitochondrial Bax translocation and, if so, whether this translocation is affected by the inhibition of caspase-2. In the corneal fibroblasts, EtOH treatment induced Bax activation, as deter-
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**FIGURE 6.** EthOH induces caspase-2-mediated mitochondrial protein translocation. EthOH-induced Bax (A) and cytochrome c (B) with or without caspase-2 inhibitor was determined by Western analysis. Pretreatment of corneal fibroblasts for 2 h with 10 µM CoQ<sub>10</sub> prevented the caspase-2 mediated translocation of mitochondrial proteins induced by EthOH exposure (20%, 20 s). Western blot analysis was performed to determine the effect of CoQ<sub>10</sub> on caspase-2 mediated translocation of Bax (A) and cytochrome c (B) upon EthOH exposure. Protein expression of GAPDH and Cox IV (cytochrome c oxidase IV) was used as a cytosolic and mitochondrial internal control, respectively. Each bar graph shows summarized data (means ± S.D.) from three separate experiments by densitometry after normalization to GAPDH or Cox IV. *, p < 0.05 compared with the control group; †, p < 0.05 compared with the EtOH-treated group; ‡, p < 0.05 compared with the EtOH-exposed group.

mined by Western blotting (Fig. 6A). However, the mitochondrial translocation of Bax was reduced in the EtOH-exposed cells that were pretreated with z-VAD-fmk, suggesting an involvement of caspase-2 in the EthOH-induced Bax activation (Fig. 6A).

**CoQ<sub>10</sub> Blocks Caspase-2-mediated EthOH-induced Apoptosis**—CoQ<sub>10</sub> acts as an anti-apoptotic factor that blocks death signals, including those from EthOH (29, 33, 35, 54). To investigate the relation between the CoQ<sub>10</sub> and caspase-2 activity during EthOH-induced apoptosis, we pretreated the cells with CoQ<sub>10</sub>. The pretreatment with CoQ<sub>10</sub> significantly increased the cell viability at 8 and 12 h in 0.004, 0.04, 0.4, 2, 4, and 20% CoQ<sub>10</sub>/EthOH groups (Fig. 7A). Similarly, the pretreatment with CoQ<sub>10</sub> significantly decreased the percentage of the apoptotic cells that were induced by EthOH at 8- and 12-h time points (Fig. 7B). As shown in Fig. 7C, the percentages of annexin V-FITC-positive cells after EthOH exposure (20%, 20 s) were as follows: 4 h, 12.2 ± 3.4%; 8 h, 23.1 ± 7.3%; 12 h, 24.6 ± 3.67% (one-way analysis of variance, p < 0.05). The percentages of EthOH-induced apoptosis were attenuated by pretreatment with CoQ<sub>10</sub> (4 h, 9.3 ± 4.1%; 8 h, 17.4 ± 2.1%; 12 h, 11.5 ± 2.5%). CoQ<sub>10</sub> pretreatment significantly reduced cell apoptosis at 8 and 12 h after EthOH exposure (4 h, p = 0.1; 8 h, p = 0.01; 12 h, p < 0.0001, Fig. 7C).

In addition, CoQ<sub>10</sub> pretreatment reduced the ROS levels in the EthOH-exposed cells at all time points (1 min, 1 ± 0.2%; 5 min, 1.2 ± 0.4%; 10 min, 0.5 ± 0.1%; 20 min, 1.2 ± 0.5%; 30 min, 4.2 ± 0.7%; 60 min, 2.5 ± 0.2%; 90 min, 1.8 ± 0.3%; 120 min, 1 ± 0.4%; Fig. 7D). The intracellular ROS levels were significantly lower in cells that were pretreated with CoQ<sub>10</sub> at 30 min after exposure to EthOH (30 min, p < 0.0001; 60 min, p = 0.05; 90 min, p = 0.06; 120 min, p = 0.05). Furthermore, CoQ<sub>10</sub> pretreatment decreased p53 expression at 90 min after EthOH exposure (Fig. 7E).

**CoQ<sub>10</sub> Blocks Caspase-2-mediated EthOH-induced Mitochondrial Damage**—To determine the effect of CoQ<sub>10</sub> on caspase-2-mediated EthOH-induced cell apoptosis, we investigated the change in caspase-2 activity with or without CoQ<sub>10</sub> pretreatment after EthOH exposure. A caspase substrate activity assay revealed that CoQ<sub>10</sub> pretreatment significantly reduced the activation of caspase-2 (2 h) and caspase-3 (2 and 4 h) after EthOH exposure (caspase-2, p = 0.01; caspase-3, 2, 4 h; p < 0.04) (Fig. 8, A and B). On the other hand, CoQ<sub>10</sub> pretreatment had no significant effects on caspase-8 and caspase-9 activation (Fig. 8, C and D). Because caspase-2 is activated by dimerization, we investigated the effect of CoQ<sub>10</sub> on the caspase-2 dimer formation by using reducing and nonreducing SDS-PAGE analysis. The results showed that CoQ<sub>10</sub> inhibited caspase-2 dimer formation after EthOH exposure at 60 min (Fig. 8, E and F).

Using JC-1 staining, the ΔΨm reduction with CoQ<sub>10</sub> pretreatment at 0.5, 1, 1.5, and 2 h was 3.3 ± 0.5, 6.9 ± 0.1, 8.9 ± 0.5, and 6.1 ± 0.21%, respectively (Fig. 9). Pretreatment with CoQ<sub>10</sub> significantly reduced caspase-2-mediated MPT in the corneal fibroblasts at 0.5 h (p < 0.001), 1 h (p < 0.001), 1.5 h (p = 0.04), and 2 h (p = 0.01). As shown in Fig. 6, we used Western blot analysis to study the effect of CoQ<sub>10</sub> on EthOH-induced caspase-2-mediated mitochondrial Bax and cytosolic cytochrome c translocation. Our results showed that caspase-2-mediated Bax translocation and cytochrome c release from mitochondria after EthOH exposure were not detected in cells...
that were pretreated with CoQ$_{10}$ (Fig. 6). These results indicate that the application of CoQ$_{10}$ could interfere with the caspase-2-mediated and the mitochondria-dependent apoptosis induced by EtOH (Fig. 10).

FIGURE 7. Pretreatment of corneal fibroblasts for 2 h with 10 $\mu$M CoQ$_{10}$ inhibits the caspase-2-mediated cell apoptosis, elevated ROS levels, and p53 expression induced by EtOH exposure. A, the cells were pretreated with 10 $\mu$M CoQ$_{10}$ for 2 h. Thereafter, EtOH (0.004, 0.04, 0.4, 2, 4, and 20%) at indicated concentrations were added for 20s. After the incubation period (4, 8, or 12 h), the EtOH was removed (washed by PBS twice). The cells were further incubated for 4, 8, and 12 h, and the cell viability was determined by CellTiter-Fluor Cell Viability assay. B, the apoptotic cells were stained with annexin V-FITC for flow-cytometric analysis at 4, 8, and 12 h. The bar diagram shows the comparison of the relative fluorescence of annexin V-FITC fluorescence intensity at different times. C, shown are flow cytometric histograms of apoptotic cells pretreated with or without CoQ$_{10}$, followed by EtOH treatment (20%, 20 s); D, ROS levels in cells pretreated with or without CoQ$_{10}$ followed by EtOH treatment (20%, 20 s) were measured by analyzing the DCF intensity after 30 min. Data represent the results of three independent experiments performed in triplicate (means ± S.D.; *, p < 0.05 compared with the control group; †, p < 0.05 compared with the EtOH-treated group). E, Western blot analysis of p53 was done to investigate the effect of CoQ$_{10}$ on the time-dependent p53 expression after EtOH exposure (20%, 20 s). Each bar graph shows summarized data (means ± S.D.) from three separate experiments by densitometry after normalization to GAPDH (internal control). †, p < 0.05 compared with the control group; †, p < 0.05 compared with the EtOH-treated group.

DISCUSSION

In this study we have investigated the mechanism of EtOH-induced cell death in the primary culture of corneal fibroblasts. EtOH-induced oxidative stress causes p53 accumulation and, consequently, caspase-2 activation, which in turn initiates cell apoptosis through the mitochondria-mediated caspase-dependent pathway. We further identified the apical role of caspase-2 in the EtOH-induced cell death and revealed that CoQ$_{10}$ may exert the anti-apoptotic effect through the inhibition of the ROS, p53 expression, and most importantly, caspase-2 activation to protect the corneal cells from EtOH-induced cell death. CoQ$_{10}$ pretreatment inhibited caspase-2 activation, mitochondrial damage, expression of Bax and cytochrome c, caspase-3 activation, and cell apoptosis. This study, therefore, addresses the novel anti-apoptotic mechanism of CoQ$_{10}$. CoQ$_{10}$ pretreatment blocks caspase-2 activation, although the underlying mechanism remains unclear. Our results also demonstrated the following points: 1) caspase-2 served as an initiator caspase during the mitochondria-dependent pathway of apoptosis upon EtOH exposure, 2) caspase-2 acts upstream of mitochondria during EtOH-induced apoptosis, and 3) the loss of caspase-2 protects the corneal fibroblasts from apoptosis as well as cell death.

Caspase-2 is one of the most conserved caspases. It has been recognized as both an initiator and an effector caspase depending upon the cell type and type of stressor (12, 55–59). In the case of corneal fibroblasts, the initiator role of caspase-2 remained ambiguous. Previous studies have defined the role of caspase-2 as an initiator caspase in neuronal apoptosis during serum deprivation (60), $\beta$-amyloid-mediated toxicity (18), and oxidative stress-induced apoptosis of neuronal stem cells (44) where it plays an important role in apoptosis induction. On the other hand, other studies have suggested that caspase-2 may be activated in response to different stimuli in various cell types but may not be essential for the induction of apoptosis (58, 61). In the present study the initiator role of caspase-2 during EtOH-induced apoptosis was identified by using the in situ trapping of initiator caspase approach. Furthermore, employing the caspase-2 knockdown clones, our findings indicate that caspase-2 plays a crucial role mediating EtOH-induced mitochondria-mediated apoptosis.

In the apoptotic signaling cascades, two different initiation machineries play major roles in a variety of cell types: extrinsic death receptor-mediated signaling and intrinsic caspase family cysteine-protease-mediated signaling (54, 62). Intrinsically pathway of apoptosis, such as mitochondria-dependent cell apoptosis, can be caused by mutations or the exposure to toxic agents. It can lead to cellular abnormalities, such as decreased adenosine triphosphate (ATP) synthesis, which may result in cell apoptosis or death (63). Previous studies have been performed to understand the mechanism of EtOH-induced apoptosis in various models. The results showed that EtOH mainly engaged the mitochondria-dependent pathway of apoptosis (30–32). Ishii and co-workers (32) reported that acute EtOH treatment promotes apoptosis in primary hepatocyte cultures in vitro accompanied by ROS formation and mitochondrial depolarization, which is characteristic of MPT activation. Chronic EtOH con-
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FIGURE 8. Pretreatment of corneal fibroblasts for 2 h with 10 μM CoQ$_{10}$ prevents the activation of caspase-2 and caspase-3 induced by EtOH exposure. The activity of caspase-2 (A), caspase-3 (B), caspase-8 (C), and caspase-9 (D) in cells pretreated with or without CoQ$_{10}$ followed by EtOH treatment (20%, 20 s) was examined by colorimetric assay after intervals of 0.5, 1, 1.5, 2, 4, and 8 h. Protein samples were analyzed using SDS-PAGE in reducing (E) and nonreducing (F) conditions. Data from Western blotting are summarized (means ± S.D.) from three separate experiments quantified by densitometry after normalization to GAPDH (internal control). *p < 0.05 compared with the control group; †p < 0.05 compared with the EtOH-treated group.

sumption would induce caspase-2-mediated apoptosis in aged animals (64). Mitochondrial dysfunction in apoptotic signaling after exposure to EtOH has been specifically addressed in the context of apoptosis in the corneal fibroblasts as well as in the corneal epithelium (2, 29). In agreement with previous observations, our results also demonstrate that corneal fibroblasts engage the intrinsic pathway of apoptosis. In addition, the present study demonstrates that caspase-2 activation is an upstream event that engages the mitochondrial-dependent apoptotic pathway by inducing the release of cytochrome c from the mitochondria. One way by which caspase-2 has been shown to modulate the mitochondrial release of apoptogenic proteins is by modulating the proapoptotic members of the Bcl-2 protein family, namely, Bid and Bax (13, 53). In response to DNA damage or other cellular stress signaling, p53 activates cell death through the BH3-only protein p53 up-regulated modulator of apoptosis (PUMA, also known as BBC3) and Bax or Bak activation, leading to MOMP and cytochrome c release and in turn initiates the caspase activation cascade (59). In an alternative pathway caspase-2 acts upstream of MOMP and is possibly activated by different complexes, such as the PIDDosome or DISC (65). The caspase-2 activation cleaves and activates Bid, and this causes Bax activation, MOMP, and cytochrome c release (53). In the present study we did find an inhibition of the EtOH-induced Bax activation in cells that were pretreated with caspase-2 inhibitor, further suggesting that caspase-2 induces MOMP in the corneal fibroblasts after EtOH treatment.

In the present study we found that caspase-2 plays a critical role in the ethanol-induced apoptosis of corneal fibroblasts. We also demonstrated the inhibitory effects of CoQ$_{10}$ on caspase-2 but not on caspase-8 or caspase-9. Based on the literature, the structure of caspase-2 carries the maximum number of cysteines among the caspase family, which includes a cysteine at the processing site and also a central disulfide bridge that leads to dimer stabilization in caspase-2 (18). Cysteine is an oxidative target because of the reactivity of the thiol group that is susceptible to modification by free radicals that may modulate the activity of these proteins, thus making caspase-2 a target for oxidation-based regulation (39). The activation of caspase-2 has been suggested to occur in a high molecular complex, the so-called PIDDosome complex, which contains RAIDD (rubeosome-inactivating protein (RIP)-associated ICH/CED3 homologous protein with death domain), and PIDD (p53-inducible protein with death domain), in which expression is highly regulated by p53 (66). Previous studies have demonstrated that the activation of p53 is an upstream of, and required for, the activation of caspase-2 and subsequently, the activation of the mitochondria-mediated apoptotic pathway under oxidative stress (44, 57, 59, 67). In our study we demonstrate that activation of caspase-2 is the major determinant for cell death in EtOH-induced mitochondria dependent pathway. Caspase-2 is activated as an initiator caspase to induce apoptosis upstream to mitochondria, which then leads to the intrinsic pathway, including Bax translocation, mitochondrial dysfunction, cytochrome c release, and caspase-3 activation. On the other hand, the activation of caspase-9 is not significant in the EtOH-induced apoptosis (Fig. 8D). These findings may suggest that caspase-9 pathway is primarily an ancillary pathway in EtOH-induced apoptosis. Cell apoptosis can also proceed through the direct caspase activation cascade (caspase-2 → caspase-3) (68). This is followed by the cleavage of the executioner caspase-3, which is the major player of downstream event of apoptosis (68). In addition, activated effector caspase (caspase-3) can also process the caspase-2 precursor, providing an amplification loop, but this process is context-dependent (59). We observed an increase of EtOH-induced caspase-2 activity at 2 h, and then caspase-2 activity decreased time-dependently (Fig. 4A). However, a sustained increase of caspase-3 activity was found at 2, 4, and 8 h. These observations suggest that the caspase-2 is not activated by caspase-3 during EtOH-induced caspase-2 activation. Taken together, our findings further support the apical role of caspase-2 as an initiator caspase in the EtOH-induced apoptotic pathway.
CoQ₁₀ or ubiquinone is an endogenously synthesized lipid that shuttles electrons from complexes I (NDSH:ubiquinone reductase) and II (succinate:ubiquinone reductase) and from the oxidation of fatty acids and branched-chain amino acids (via flavin-linked dehydrogenases) to complex III (ubiquinol cytochrome c oxidase) of the mitochondrial respiratory chain (electron transport chain) (69). CoQ₁₀ also has antioxidant properties, which allow it to protect membrane lipids and proteins as well as mitochondrial deoxyribonucleic acid (mtDNA) against oxidative damage (70). Previous studies have demonstrated that the Ca²⁺-dependent opening of the mitochondrial permeability transition pore in isolated mitochondria can be prevented by two synthetic quinine analogues (28, 71). Our study demonstrates for the first time that CoQ₁₀ exerts its anti-apoptotic effects by preventing caspase-2 activation, abrogating mitochondrial dysfunction in ethanol-treated cells. In addition, we found that CoQ₁₀ inhibited EtOH-induced ROS formation and p53 expression, both of which could further prevent the activation of caspase-2. Whether CoQ₁₀ and caspase-2 can directly interact with each other or whether adapter proteins are necessary for CoQ₁₀ and caspase-2 activation requires further investigation. However, these findings shed light on the role of CoQ₁₀ in the inhibition of caspase-2 before mitochondrial damage upon EtOH exposure.

**FIGURE 9.** Pretreatment of corneal fibroblasts for 2 h with 10 μM CoQ₁₀ reduces the caspase-2-mediated mitochondrial membrane potential change induced by EtOH exposure. The mitochondrial MPT was determined in cells pretreated with or without CoQ₁₀ followed by EtOH treatment (20%, 20 s) after intervals of 0.5 (A), 1 (B), 1.5 (C), and 2 h (D). Loss of mitochondrial membrane potential was demonstrated by the change in JC-1-derived fluorescence from red (high potential as JC-1 aggregates) to green (low potential as JC-1 monomer). With or without caspase-2 inhibitor (20 μM), MPT was determined at 0.5, 1, 1.5, and 2 h. E, the bar diagram shows relative JC-1 green fluorescence after normalization to control at all intervals. Data represent the results of three independent experiments performed in triplicate (means ± S.D.; *, p < 0.05 compared with the control group; †, p < 0.05 compared with the EtOH-treated group; #, p < 0.05 compared with the EtOH-treated group).
The present study identified caspase-2 as an initiator caspase in EtOH-induced apoptosis in the cultures of corneal fibroblasts. When the cultured cells were pretreated with CoQ10, the phenomenon of EtOH-induced cell apoptosis was abrogated. In cells that have the potential to produce corneal scar and reduce visual acuity, such as the corneal fibroblasts, the prevention of any kind of damage or loss is of utmost importance. Thus, understanding the mechanism of cell death and the cell-protective measures is crucial in defining the pharmacological approaches to prevent corneal cell damage upon EtOH exposure during refractive surgery.

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FIGURE 10. Schematic illustration of the proposed pathways of ethanol-induced cell death in corneal fibroblasts. Caspase-2 is activated as an initiator caspase to induce apoptosis upstream of mitochondria. Coenzyme Q10 rescues apoptotic response through caspase-2 inhibition toward ethanol treatment. In this case the downstream cell death pathways are suppressed, including Bax translocation, mitochondrial dysfunction, cytochrome c release, and caspase-3 activation.
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