Table S1 – Instruments used for the assessment of QoL

| Questions     | EQ-5D-3L | EQ-VAS | EMPHASIS-10 |
|---------------|----------|--------|-------------|
| Scale per question | 0-2 points in 1.0 steps | 0 – 10 in 0.5 steps | 0-5 points in 1.0 steps |
| Scale-type    | Likert Scale | VAS | Likert Scale |
| Scoring       | Summation | -   | Summation   |
| Total score level | 0-10 points | 0-10 points | 0-50 points |
| Interpretation| Higher is better QoL | Higher is better QoL | Lower is better QoL |
| Domains       | 5 (mobility, self-care, usual activities, pain/discomfort and anxiety/depression) | 1 (general condition) | 2 (physical restraints, psychosocial aspects) |

Abbreviations: QoL, Quality of Life; VAS, Visual Analogue Scale; EQ-5D-3L, EuroQol 5 Dimensions Questionnaire;