Relationships of a Detailed Mineral Profile of Meat with Animal Performance and Beef Quality

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Summary

Minerals play direct or indirect role in different biological process of animals. These biological processes finally affect the meat qualities. Therefore, analysis of minerals in livestock is important for assessing the meat quality and their relation or potential effects on beef quality. However, minerals profile and concentration in meat are affected by several factors such as animals rearing practices, age, environment, breed etc. Therefore, we have analyzed 20 minerals in 192 beef samples and studied the different sources of variation which affect the minerals profile in beef. In order to understand the complex and intriguing relations of meat qualities and minerals, we have utilized correlation and factor analysis with 16 traits related to animal performance and meat quality. Our analysis shows that indeed there are many significant associations of minerals in beef with animal performance and meat qualities. Five groups of minerals (latent factors) were associated with almost all quality traits of beef. The knowledge about the mineral contents in beef is important to understand the complex interrelationships of animal rearing, farm management, environmental conditions with regard to animal performance and meat quality.

Abstract

Mineral profile of beef interests human health, but also animal performance and meat quality. This study analyzes the relationships of 20 minerals in beef (ICP-OES) with 3 animal performance and 13 meat quality traits analyzed on 182 samples of Longissimus thoracis. Animals’ breed and sex showed limited effects. The major sources of variation (farm/date of slaughter, individual animal within group and side/sample within animal) differed greatly from trait to trait. Mineral contents were correlated to animal performance and meat quality being significant 52 out of the 320 correlations at the farm/date level, and 101 out of the 320 at the individual animal level. Five latent
factors explained 69% of mineral co-variation. The most important, “Mineral quantity” factor correlated with age at slaughter and with the meat color traits. Two latent factors (“Na+Fe+Cu” and “Fe+Mn”) correlated with performance and meat color traits. Two other (“K-B-Pb” and “Zn”) correlated with meat chemical composition and the latter also with carcass weight and daily gain, and meat color traits. Meat cooking losses correlated with “K-B-Pb”. Latent factor analysis appears be a useful means of disentangling the very complex relationships that the minerals in meat have with animal performance and meat quality traits.

Keywords: macro-minerals; micro-minerals; environmental-minerals; beef quality; beef production; multivariate analysis
1. Introduction

Minerals are valuable nutrients and essential for both human and animal health [1]. Minerals are known to have a large influence on human health, effecting a wide variety of body functions, for example, enzyme function, osmotic pressure control, muscle contraction, etc. [2–4]. Minerals also play a crucial role in meat quality because they affect the several biological process in animals and some characteristics of meat such as color and texture. Therefore, minerals are essential, so their characterization in meat and exploring their relation with animal performance and beef quality becomes important. However, as several studies have shown that type and concentrations of minerals in meat are affected by several factors, such as the animal’s breed, sex, age, diet and water intake, farm management system, and environmental conditions [5–7], and muscle type and cooking procedure [8]. The mineral content of meat has been studied in particular in relation to its value as a nutrient for humans [9,10] and, although less frequently, in relation to the adequacy of the animals’ dietary mineral supply [1]. Although several studies have quantified the minerals contained in beef, most have looked at only a few of them - macro-minerals and some essential micro-minerals - and have often sampled only one experimental farm with one feeding regime.

Furthermore, with a few exceptions, such as the relationships between iron content and meat color [11], and between calcium content and meat tenderness [12,13], almost no studies have systematically analyzed the relationships between mineral content and beef quality traits.

As we analyzed fairly large numbers of minerals, productive and qualitative traits, we did not set out to examine in detail and discuss each single mineral and its relationships with all the animal and meat traits, but rather aimed to obtain a general picture of the main associations between the detailed mineral profile and animal performance and meat quality. The specific objectives of this investigation, therefore, were: a) to analyze firstly the sources of variation in animal performance and beef quality traits (breed, sex, farm, animal within farm, sample within animal) in animals reared on 15 different farms in accordance with a recognized beef production system, which we treated as a case study; b) to analyze the relationships between 20 mineral concentrations in beef (6...
macro-minerals, 5 essential micro-minerals, and 9 environmental micro-minerals) and animal performance and beef quality traits at the farm level and also at the level of individual animal within farm; and c) to analyze the relationships of the latent explanatory factors condensing the major part of the co-variation in the minerals with animal performance and meat quality as a means of identifying possible pathways characterizing the complex picture emerging from the correlations.

2. Materials and methods

2.1. Farms and animals

The beef production system that serves as our case study has Protected Geographical Indication (PGI) certification under European Union regulation 134/1998 with the designation “Vitellone Bianco dell’Appennino Centrale” (Central Apennine White Young Bull). Fifteen farms in the historical areas of origin of the Chianina (mainly Tuscany/Umbria) and the Romagnola (Emilia-Romagna) breeds, were selected by the “Consorzio Produttori Carne Bovina Pregiata delle Razze Italiane” (CCBI, Consortium of Producers of High-Quality Beef from Italian Breeds), which is responsible for controlling and monitoring the PGI certification. Ninety-one young bulls and heifers of the two breeds were randomly sampled from the 15 selected farms. According to PGI regulations, calves remain with the suckler cows till weaned, often at pasture from spring to fall, and are fattened with traditional feeding practices based on forages and concentrates (compound feed and/or cereal mix). Silages are prohibited during the last two months of fattening. Slaughter date is decided by the farmer for each animal individually according to local market requirements, i.e. at carcass fatness scores of about 2.0 for young bulls and 2.5 for young heifers [14] on the European SEUROP carcass classification system [15].

All the animals sampled (83 young bulls, 8 heifers; 39 Chianina, 52 Romagnola) were registered in the Herd Books of their respective breeds, which are managed by the Associazione Nazionale Allevatori di Bovini Italiani da Carne (ANABIC; National Association of Italian Beef Cattle Farmers, Perugia, Italy). They were sired by 11 Chianina and 35 Romagnola bulls (mainly
through artificial insemination), representative of the current genetics of these beef breeds. The animals’ ages, carcass weights, and daily carcass weight gains are presented in Table 1.

2.2. Meat samples

Animals were slaughtered in accordance with European Union regulations [16], and the carcass weight recorded. The day after slaughter, sample beef joints were obtained from the Longissimus thoracis muscle at the level of the division of the carcass sides into two quarters according the pistol cut (5th rib). Both sides of each carcass (182 meat samples in total) were sampled in order to assess the effects on the quality of meat sampled from the same anatomical position on the same animal. Samples were cooled, vacuum packed, and labeled, then taken to the DAFNAE Meat Laboratory, University of Padova, Italy, for analysis.

2.3. Analysis

2.3.1. Meat quality analysis

After 7 days of aging at 4 °C, the pH of the Longissimus thoracis samples was measured at three different points with a Delta Ohm HI-8314 pH meter. The average value of the three replicates was used for the subsequent analyses. The sample meat joints were then cut perpendicularly to the muscle fibers, and one hour later the color of the muscle surface was measured at five different points using a Minolta CM-508c (illuminate: D65, observer: 100) according to the procedure described by [17,18]. Mean color was expressed in L*, a*, b*, C* and h* values [19].

To measure cooking losses, a 2cm-thick meat steak was placed in a polyethylene bag and cooked in a water bath at 70 °C for 40 minutes. Cooking loss was calculated as the percentage difference between the weight of the meat before and after cooking. The texture of the cooked meat sample was measured by shear force using a TA-HDi Texture Analyser (Stable Micro Systems, Godalming, United Kingdom) with a Warner Bratzler shear attachment (10N load cell, crosshead speed of 2 mm/s) and analyzed with the Texture Expert software [20]. The average of three replicates was used for the meat texture analysis.
Chemical analysis of the meat was carried out according to [21]. Ash content was measured after drying the meat at 525 °C, according to the AOAC method, and lipid percentage was determined by the extraction method using petroleum ether. Cholesterol content was measured by extracting it by saponification and following the method described by [17].

2.3.2. Mineral analysis

The procedure used for analyzing the mineral content of the beef samples was reported in detail in a previous paper [22]. Briefly, after 7 days of aging at 4°C, fat from the outer side of each meat sample was inspected and trimmed. A sub sample of the meat was ground then freeze-dried.

The meat samples were analyzed for their mineral contents, and after identification the various minerals were quantified with a Spectro Arcos EOP ICP-OES (Spectro A.I. GmbH, Kleve, Germany). All instrument operating parameters were optimized for nitric acid 30% solution. The samples were analyzed after closed-vessel microwave digestion (Ethos 1600, Milestone S.r.l., Sorisole, BG, Italy). Between 0.300 and 0.350 g of freeze-dried tissue from each sample was placed in a TFM vessel with 2 mL of 30% hydrogen peroxide and 7 mL of concentrated (65%) nitric acid, both Suprapur® quality (Merck Chemicals GmbH, Darmstadt, Germany). These prepared samples were subjected to microwave digestion as follows: Step 1, 25–200 °C in 15 min at 1200 W with P max 100 bar; Step 2, 200 °C for 15 min at 1200 W with P max 100 bar; Step 3, 200–110 °C in 15 min. After cooling down to room temperature, the dissolved sample was diluted with ultrapure water (resistivity 18.2 MΩ cm at 25 °C) to a final volume of 25 mL.

Calibration standards were prepared using multi element and single element standard solutions (Inorganic Ventures Inc., Christiansburg, VA, USA) in 18% Suprapur® nitric acid to obtain similar matrices to the samples. Concentrations of 0, 0.005, 0.02, 0.05, 0.2, 0.5, 2 and 5 mg/L of the analytes were prepared. The calibration solutions for calcium, potassium, magnesium, sodium, phosphorous and sulfur were at the same concentrations as the other analytes plus further concentrations of 20, 50 and 200 mg/L.
Method precision and trueness were assessed with a blank solution, a low-level control solution (recovery limits ±30%), a medium-level control solution (recovery limits ±10%), and the international standard reference material NIST SRM 1577c [National Institute of Standards & Technology (NIST), Gaithersburg, MD, USA], prepared as described above.

2.4. Statistical analysis

2.4.1 Mixed model analysis of variance

All data were first tested for normality and homogeneity. A comprehensive statistical analysis of variance of the data on animal performance and meat quality traits was then carried out using the PROC MIXED procedure in SAS version 9.4 (SAS Institute Inc., Cary, NC, USA) to quantify the fixed (breed, sex) and random (farm/date, animal within farm/date, sample/side within animal) sources of variation of the traits. The following model was used for the analysis of variance:

$$y_{ijkl} = \mu + \text{breed}_i + \text{farm/date(breed)}_{ij} + \text{sex}_k + \text{animal(sex)}_{kl} + e_{ijkl},$$

where $y_{ijkl}$ is the trait studied (animal performance and meat quality traits); $\mu$ is the overall mean; breed$_i$ is fixed effect of breed (i.e., Chianina, Romagnola); farm/date(breed)$_{ij}$ is the random effect of the $j^{th}$ farm/slaughter date within breed ($j = 1, \ldots, 15$), which was used to test the significance of the breed effect; sex$_k$ is the fixed effect of sex (k = male, female); animal(sex)$_{kl}$ is the random effect of the $l^{th}$ animal within sex ($l = 1, \ldots, 91$); $e_{ijkl}$ is the residual random error term referring to the differences between the meat samples taken from the two sides of each carcass, $\sim N(0, \sigma^2)$, where $\sigma^2$ is the side/residual variance. As age at slaughter, carcass weight and carcass daily gain had only one value per animal, they were analyzed with a reduced model, similar to the previous one but excluding the animal(sex) effect, so that the residual term also summarizes the animal effect.

Tests for outliers were based on the residuals of the model for all the animal performance and meat quality traits before the final analysis of variance. Data which were within the range of ±3 residual standard deviations were kept, while the rest were treated as outliers and therefore omitted.

2.4.2 Correlations and multivariate statistical analysis
Farm/date and animal within farm/date correlations were analyzed to identify the relationships of the mineral contents to the meat quality traits and the animals’ phenotypic traits, which yielded 640 correlation coefficients: 20 minerals × 16 animal traits (3 performance traits, 5 meat composition traits, 3 meat physical quality traits, and 5 color traits) × 2 types of correlations (correlations among herd/date solutions and among animals within herd/date).

A multivariate analysis to capture the major part of the co-variation among the minerals was carried out and reported in a previous study (see Patel et al., 2019 [22] for details). Factor analysis was carried out in 3 steps using Varimax rotation in the R studio environment version 3.4.1 using the psych package. The eigenvalues of the factors and the communality values for the measured variables after rotation were also obtained. Five unmeasured latent explanatory independent factors were identified, explaining 69% of the total co-variation among the 20 minerals. Firstly, KMO (Kaiser-Meyer-Olkin) and Bartlett’s test were carried out and confirmed that the mineral data were suitable for factor analysis.

The 5 unmeasured latent explanatory independent factors were:

1. Factor “Quantity”: Eigen value 4.9, representing 45.2% of the co-variation explained by all factors, related to the meat content of P (loading 0.96), S (0.74), Mg (0.68), Cr (0.68), Al (0.64), Ti (0.71), Pb (0.78), Ba (0.53), and Sn (-0.74);

2. Factor “Na+Fe+Cu”: Eigen value 2.2, representing 17.9% of the co-variation explained by all factors, related to the meat content of Na (loading 0.66), Fe (0.77), and Cu (0.60);

3. Factor “K-B-Pb”: Eigen value 1.7, representing 15.6% of the co-variation explained by all factors, related to the meat content of K (loading 0.76), B (-0.53), and Pb (-0.54);

4. Factor “Fe+Mn”: Eigen value 1.2, representing 10.8% of the co-variation explained by all factors, related to the meat content of Fe (loading 0.62), and Mn (0.48);

5. Factor “Zn”: Eigen value 1.1, representing 10.4% of the co-variation explained by all factors, related to the meat content of Zn (loading 0.94).
The scores of each latent factor associated with the minerals in each meat sample were used to calculate the coefficients of the correlations of farm/date and animal within farm/date with animal performance and meat quality traits.

3. Results

3.1 Animal performance and meat quality and their sources of variation

Descriptive statistics of animal performance and meat quality traits, and the significance levels of the fixed effects included in the model are presented in Table 1. The results show that the only differences due to breed that reached significance were in cooking losses, the shear force of cooked meat, and the lightness of raw meat. The Chianina beef was lighter than the Romagnola beef ($L^*$ 33.5 vs. 36.8), but showed greater cooking losses (35.9 vs. 32.5%) and shear force (31.9 vs. 28.6 N/cm$^2$).

There were no differences in the meat chemical compositions of the two beef breeds, whereas the meat from the females had, as expected, greater dry matter and lipid contents than the meat from the males (27.7 vs. 25.9%, and 3.93 vs. 2.20%, respectively).

Analysis of the sources of variation treated as random factors, Figure 1 depicts the relative importance of group (farm/date of slaughter) and individual animal (carcass) within group to the total variance in beef performance traits, and of meat sample/side within animal (carcass) to the total variance in meat quality traits. It shows that the variability in all performance traits (age at slaughter, carcass weight and daily gain) is more affected by differences among groups (about two thirds of total variance) than by differences among animals within group (one third).

Meat quality traits, such as dry matter, lipids, color traits (excluding $L^*$), and cooking losses were highly affected by farm/date of slaughter (around 50% of total variance). The effect of farm/date on ash, protein, cholesterol content and meat lightness was between 20 and 30% of total variance, whereas the effect on shear force and pH was lower than 10%.
The variability explained by individual animals was substantial for the meat content of lipids (> 50% of total variance), much lower (< 25%) for cholesterol and ash, and intermediate for all other meat quality traits. Lastly, the variability in ash and cholesterol content, shear force, and, in part, meat pH explained by sample/side within animal and the residual error was very high (> 50%). This means that the reproducibility of these traits is lower than 50%. The highest levels of reproducibility (> 90%) were for the lipid and dry matter contents of meat and for the H* color index, while the other meat quality traits had intermediate levels of reproducibility (65 to 85%).

3.2 Mineral contents of meat and their latent explanatory independent factors

A total of 20 minerals (Table 2), comprising 6 essential macro-minerals (Na, Mg, P, S, K, and Ca), 5 essential micro-minerals (Cr, Mn, Fe, Mn, and Zn) and 9 environmental micro-minerals (Li, Al, Ni, Sr, Sn, Ba, Ti, and Pb) were present in the meat samples in quantities above our limit of quantification (LOQ). A further 10 minerals (As, Be, Cd, Co, Hg, Mo, Sb, Se, Ti, and V) were also identified, but these were not present in at or above the LOQ in all the meat samples. The halogens (Cl, I, Br) were not identified as these minerals need special sample preparation and are detected at very low wavelengths, which require the instrument parameters to be reset with subsequent loss of precision. It is of note that the coefficients of variation in meat were very different for different minerals. In the case of the essential macro-minerals it was modest, ranging from 3% for K to 11% for Na, with the exception of Ca (28%). The coefficients of variation of the essential micro-minerals were in the range 13-17%, with the exception of Cr (51%), whereas those of the environmental micro-minerals were much larger, 35 to 64%, with the exception of Pb (22%).

A factor analysis of the mineral data matrix (91 animals x 20 minerals as variables) was carried out to condense all the relationships among the 20 minerals analyzed (190 correlation coefficients) in order to identify some common drivers among them that would facilitate interpretation of the results. Five latent factors were extracted.
3.3. Correlations between the detailed mineral profile of meat and animal performance

Table 3 summarizes the correlations between the animals’ age at slaughter, carcass weight, and carcass gain on one side, and the detailed mineral profiles of the meat samples and their latent factors on the other. Two types of correlation were calculated: those among the effects of farm/date (groups of animals reared on the same farm and slaughtered on the same date) and those among the individual animal within farm/date groups. With few exceptions, the farm/date and animal correlations had the same sign and similar magnitudes, although the farm/date correlations were less often significant because of their fewer degrees of freedom. Given the high numbers of the minerals and the productive and qualitative traits that were correlated, when farm/date and animal correlations have the same sign and similar magnitudes, even though only one may be statistically significant, in reporting the results of this survey we will simply say that the two traits are correlated, without further specification.

Age at slaughter presented modest correlations with the meat mineral profile, although the positive correlations with Na, Mg, P, Al, Ti, and Ba, and the negative correlations with K, Fe, Zn, and Sn reached the threshold of statistical significance (Table 3).

Carcass weight and carcass daily gain exhibited fewer positive correlations with the mineral contents of beef, but those with Zn and Fe (and partly with S) were particularly strong. This complex situation is more clearly summarized by the latent factors: the factor Quantity, the most important, was correlated only with age at slaughter (positively, i.e., unfavorably); the factor Na+Fe+Cu was positively correlated with carcass weight and carcass gain; the factor K-B-Pb was not correlated at all with any of the performance traits; the factor Fe+Mn was correlated negatively with age at slaughter and positively with carcass weight; lastly, factor Zn was highly and positively correlated with both carcass weight and carcass gain.

3.4. Correlations between the detailed mineral profile and the chemical composition of meat
The farm/date and animal within farm/date correlations between the various minerals and the chemical composition of the meat that we analyzed are even more complex than those regarding animal performance traits. They are presented in Table 4.

Among the essential macro-minerals, only Na and P did not correlate with any of the meat chemical traits. Comparison of the meat samples from different animals within farm showed that Mg content was only modestly and negatively correlated with lipid content. Sulfur was positively correlated with the protein (and DM) content of meat, significantly when different animals were compared, non-significantly when different farm/dates were compared. Potassium was highly correlated with all chemical components (DM, protein, ash, cholesterol) except lipids. Calcium content had a strong positive farm/date correlation with the cholesterol content of meat, and modest positive animal correlations with protein, ash, and cholesterol content.

Among the essential micro-minerals, the only significant (and strong) farm/date correlations were those between Fe and Zn and the meat protein content (similar to the previously analyzed correlations with carcass weight and carcass gain). At the animal level, in addition to protein these metals were also correlated with DM, and only Zn with lipids. Mn was also correlated with DM, protein and lipids, whereas Cr was correlated (modestly) only with DM, and Cu was not correlated with any meat composition traits.

It is worth noting that several environmental micro-minerals were also related to meat composition traits. As expected for environmental minerals, some of them presented more significant farm/date correlations with meat composition (Table 4) than the other minerals. With a few exceptions, the animal correlations were of the same sign and similar magnitudes as the farm/date correlations, although they did not always reach the same level of statistical significance. Lithium was correlated negatively with lipid content and positively with ash and cholesterol contents. Boron and Pb were correlated negatively with all meat constituents, except lipids in the case of Pb, and, in the case of B, cholesterol, which, in contrast, was positively correlated with Al and Ba. Strontium was positively correlated with both cholesterol and ash. Nickel differed
somewhat in being correlated negatively with the DM and lipid content of meat at the farm/date level, but positively with DM at the animal level. The fact that environmental minerals have not so far been shown to play a biological role in farm animals does not mean that they are not absorbed and stored in some tissues and that these biological processes are not regulated by genetic, nutritional and health factors. The implications of the associations between some of these minerals and meat composition found here are largely unknown as there is almost nothing in the literature in this regard.

The latent explanatory factors of the meat mineral contents help simplify the analysis. The first two latent factors, which make the biggest contribution to explaining the overall mineral covariance, showed no significant correlations with meat chemical composition. In contrast, the factor K-B-Pb was correlated with all chemical traits (dry matter, protein, ash, and cholesterol) except meat lipids (Table 6), the factor Fe+Mn with only meat protein content, and the factor Zn with dry matter, protein and lipids, and negatively with the ash content of meat.

3.5. Correlations between the detailed mineral profile and the pH and physical properties of meat

The farm/date of slaughter and the animal within farm/date correlations between the detailed mineral profile and the color traits of raw meat samples are summarized in Table 5, those with pH, cooking losses and shear-force of the cooked meat samples in Table 6.

Among the meat color traits, we found that lightness (L*) was not much affected by the mineral content, with the exception of the expected negative correlation with Fe, and the positive correlations with Ti and Pb.

Moving on to the color indices, all the macro-minerals in the meat, except K and Ca, were positively correlated with a* (redness index) and b* (yellowness index), and also, as expected from the calculations, with C* (chroma) and (negatively) with H* (hue). All the essential micro-minerals, except Cr, were also positively correlated with a* (but not b*) and with C*, and negatively with H*.

The associations between the environmental micro-minerals and meat color traits were more erratic:
Al and Ti were favorably associated with a*, b*, and C*; Li and Sn were negatively associated with the same traits; Sr was positively associated only at the farm/date level and only with H*; while the B, Ni, and Ba variations were independent of meat color traits.

Here, too, the latent explanatory factors helped simplify the picture: the factor Quantity was correlated with all the color traits (negatively in the case of H*); the factor Na+Fe+Cu was only modestly correlated with a* and H*; the factor K-B-Pb was negatively correlated with lightness, but was not correlated with meat color indices; the factor Fe+Mn was, as expected, correlated negatively with meat lightness, positively with a* and negatively with H*; lastly, the factor Zn was correlated positively with a* and C*, and negatively with H*.

The relationships between the mineral content and the other meat quality traits are simpler. The acidity of meat (pH) was associated at the farm/date level only with Sr content. Tenderness (shear force) was not associated with any of the minerals in the meat. Cooking losses presented some significant correlations: negatively (favorably) with some essential minerals (S, K and Zn), and positively with two environmental minerals (B and Pb). In this case, the latent explanatory factors do not reveal many relationships, the only significant one being the correlation between factor K-B-Pb and meat cooking losses (Table 6).

4. Discussion

4.1 Animal performance and meat quality traits

Animal performance and meat quality per se were not a primary objective of this study, but we needed a preliminary analysis of them to understand and interpret the complex relationships with the mineral profile of meat.

Results show that the differences due to the animal’s breed or sex relative to age at slaughter, carcass weight, and carcass gain did not reach significance. It is worth mentioning that the beef breeds of Central Italy have a common ancestry [23], and their rearing in accordance with European Union PGI specifications for “Vitellone bianco dell’Appennino Centrale” is a traditional operation.
aimed at high quality production. The majority of the young bulls and heifers are reared on small-medium farms, and both the cow-calf and fattening phases have one of the highest gross margins per cow in the EU [24]. The performance traits measured in this study are very similar to those reported in a previous large survey of more than 20,000 animals [14], which also found that Chianina cattle have a greater carcass weight than the Romagnola (430 kg vs. 367 kg, respectively), as well as a greater carcass gain (0.64 kg/day vs. 0.54 kg/day) at similar ages at slaughter.

The results for the chemical and physical traits are in the range of those reported by [25–27], except for the b*, C* and h* color parameters, which are little higher. This could be due to the fact the animals sampled for those studies came from single farms.

We have clearly shown that the effect of animal group, i.e. animals from the same farm slaughtered on the same day (farm/date effect), was the most important for almost all animal performance and meat quality traits (Figure 1), accounting for between one to two thirds of their total variance. The only exceptions were for pH, ash and cholesterol contents, and meat shear force (5 to 25% of total variance represented by farm/date). It was not the objective of this survey to analyze in detail the effects of different management and feeding practices on the PGI farms, which would have required us to sample a much larger number of farms, but rather to obtain an overview of the average productive and qualitative traits, and of their variability and relationships with the detailed mineral profile of meat. In a very large survey carried out on another Italian beef breed (Piemontese) reared in north-west Italy in accordance with another set of PGI regulations [28], the authors were able to disentangle the effect of farm from that of date of slaughter, and found that the latter was often more important than the former. They also noted that the variation between individual farms within a common beef farming system is often more important than the variation between different farming systems [29]. Our results clearly show that a first level of analysis of the relationships between meat quality and the mineral profile should be the farm/date level.

Our results also show that the variation among individual animals within farm/date group is only slightly less important than the variation between different groups of animals (Figure 1), confirming
the results of [28]. This reveals the need for a second level of analysis focusing on individual animals/carcasses. The third source of variation (among different samples within animal/carcass) was generally modest, with the exception of a few traits characterized by low reproducibility (pH, ash, and cholesterol contents, and meat shear force).

4.2 Mineral profile of beef and its relationship with animal performance and meat quality

Similarly to what we found for meat quality traits, the mineral profile was hardly affected by the animal’s breed and sex, as the only significant differences were among breeds for the content of Ca and B, and between young bulls and heifers for the content of K, Zn, Sn, and Pb [22]. Very few of the many studies carried out on the mineral content of beef have compared different cattle breeds [30–33] or sexes [34–36], and most have confirmed the modest effects of these sources of variation. From these results, it seems unnecessary to study the relationships between the mineral profile and meat quality within specific breeds or sexes.

As we observed for animal performance and meat quality traits, in the case of the mineral content of beef we also found considerable variability in the relative importance of farm/date, animal/carcass within farm/date, and meat sample within animal/carcass. In particular, farm/date was the most important source of variation for Na, Mg, P, S, Li, Al, Sn, and Ti; individual animal/carcass was the most important for Mn, B, and Sr; these two sources were equally important for Fe, Cu, Zn, and Pb; and, lastly, meat sample within animal/carcass was the most important for K, Ca, Cr, Ni, and Ba [22].

The sources of variation in the meat mineral profile, like those in animal performance and meat quality, also confirm the need for at least two levels of analysis with respect to the co-variation between these two groups of traits: the farm/date level and the animal/carcass within farm/date level.

The results summarized in Tables 3, 4, 5, and 6 show the 320 correlations (52 of them significant) between the 20 minerals and the 16 animal performance and meat quality traits at the
level of farm/date effects, and another 320 correlations (101 significant) at the level of individual animal/carcass within farm/date.

The scientific literature contains some studies that also report obtaining correlation coefficients [37], often as Pearson correlations, among the raw data without making any distinction between different levels of analysis. While our data are too numerous to facilitate understanding of the interrelationships between mineral contents and meat quality, the few data that can be found in the literature are too heterogeneous and erratic to allow the same objective to be reached.

4.3 Latent factors of the beef mineral profile and their relationships with animal performance and meat quality

The fact that the content of one mineral in meat is not independent of the content of another, and that there are certain common genetic and physiological mechanisms of absorption, storage, mobilization and excretion, complicate the analysis. In the previous study [22], we examined the 190 correlations among these 20 minerals at the farm/date level, and the 190 correlations at the animal/carcass within farm/date level, and obtained numerous high correlation coefficients within each group, both positive and negative. The farm/date correlations reflect the effect of different environmental conditions, facilities, management systems, and feeding strategies, whereas the animal correlations reflect the variability among animals in the same external conditions due to their genetics, physiology, and health.

We therefore carried out a multivariate analysis of the mineral dataset, which yielded 5 unmeasured latent explanatory factors, fully independent of each other, that summarized 69% of the co-variation in the minerals [22]. Multivariate analyses have been used in previous studies, especially for authenticating meat origin or production systems [38, 39], but we have found no other studies using a factor analysis of the mineral content of beef to investigate correlations with meat quality.

The most important latent factor, “Quantity”, which related to the concentrations of almost half the minerals analyzed (9 out of 20), all with positive loadings except Sn, and explained 45% of
their total co-variance, did not correlate well with the traits studied. Among the animal performance
traits, it was positively correlated only with age at slaughter at the level of individual animals within
farm/date groups. It is worth pointing out that age at slaughter also has a genetic aspect as it reflects
the earliness or lateness of maturation of the animals [14], and is negatively correlated with carcass
weight, carcass gain and fat deposition, which could reflect greater mineral deposition in the meat
of animals that require a longer fattening period to reach the level of maturation required by the
market.

As we have seen, the only meat characteristic affected by the latent factor “Quantity” was
beef color. The meat samples with the highest scores for this latent factor were often also those with
a greater intensity of color (a*, b*, and C*), and greater lightness (Table 5). This cannot be
attributed to the effect of myoglobin because Fe is not among the minerals characterizing this latent
factor (its loading is -0.03).

Fe is one of the minerals characterizing the second latent factor, “Na+Fe+Cu”, which
explains almost 18% of the total factor variation, and also the fourth latent factor, “Fe+Mn”, which
explains almost 11% of factor variation. As expected, both were positively correlated with the
redness index (a*), and negatively with the Hue index (H*) (Table 5), while the factor “Fe+Mn”
was also negatively correlated with meat lightness (L*). All these effects are, of course, explained
by the role Fe plays in the oxidative metabolism of the muscle [40], and particularly the constituent
role it plays in myoglobin, hemoglobin, and cytochromes, which could also explain the positive
association of “Na+-Fe+Cu” with both carcass weight and carcass gain (Table 3). A combined
deficiency of Fe and Cu in the diet is known to reduce the growth rate of young cattle [1], although
this type of deficiency is not common. Excessive Fe intake, however, could result in the depletion
of Cu in cattle and hence increase the dietary requirement of this mineral [41,42]. All these
relationships were significant when individual animals within groups were compared, but not when
different farm/date groups were compared. At this second level, we only found a high positive
correlation (+0.64) between “Fe+Mn” and the crude protein content of meat (Table 4). Fe and Mn
are known to interact: high levels of Fe have been shown to reduce the activity of the transporters involved in the metabolism of Fe and Mn, and to increase intestinal permeability in calves [43].

The third latent factor, “K-B-Pb”, explaining almost 16% of factor variation, was the most correlated with meat chemical composition (Table 4). It is worth noting that K was negatively correlated with B and Pb at both the farm/date and animal/carcass within farm/date levels [22], which explains why it has a positive loading (+0.76) in this factor, whereas B and Pb have negative loadings (-0.53 and -0.54, respectively). Moreover, K is the individual mineral most positively correlated with the chemical composition of meat, and B and Pb are the individual minerals most negatively correlated with the composition of meat (lipids excluded). The role of B and Pb in meat is not known, but the highest correlations of “K-B-Pb” are with meat ash content, which could be explained by the fact that K is the most abundant mineral in meat (Table 2). Moreover, K in meat is involved in muscle contraction and nerve impulses, and some enzymatic reactions [1]. The animal’s body has a very limited capacity to store K, so deficiency can develop rapidly, causing, among other things, muscle weakness [44].

The latent factor “K-B-Pb” also correlated negatively with L* (Table 5), and, in particular, with cooking losses (Table 6). The fact that K is the major cation in intracellular fluids, hence its importance in acid-base balance, osmotic pressure and water balance [1], could be the reason why it correlates with the loss of liquids during cooking.

Lastly, the fifth latent factor, the only one associated with just one mineral, “Zn”, explaining just over 10% of total factor variance, also correlated positively with dry matter, protein and lipid content, and negatively with the ash content of meat (Table 4), but it also seemed to be related to beef color (correlating positively with a* and C*, negatively with H*, Table 5). The highest correlations showed by this latent factor were not with meat quality but with animal performance traits, particularly carcass weight and carcass gain, at the farm/date and animal/carcass levels (Table 3). These many and important correlations are testimony to the importance of Zn in several aspects of the animal’s metabolism: it is an essential component of many important metalloenzymes and
also triggers other enzymatic activities that affect the metabolism of carbohydrates, proteins, lipids and nucleic acids [45]. Zn deficiency, in addition to its well-known effects on the tegumental apparatus (swollen feet, parakeratotic lesions of the skin), also impairs growth, feed intake and feed efficiency [1].

5. Conclusions

This study had clearly shown that the animal’s breed and sex have limited effects on the meat mineral profile, whereas variability in groups (animals from the same farm and same date of slaughter), individual animal within group, and individual sample within animal differed greatly according to mineral and according to quality trait. Moreover, the minerals in meat correlated with animal performance and meat quality traits in very complex ways. A multivariate analysis of the mineral dataset resulted in 69% of the co-variation in minerals being condensed into 5 unmeasured latent explanatory factors characterized by co-variation in 1 to 9 minerals. Two latent factors related to Fe content (“Na+Fe+Cu” and “Fe+Mn”) were found to play a special role in meat color traits, a further two (“K-B-Pb” and “Zn”) played a special role in meat chemical composition, and only “Zn” in carcass weight and daily gain, and meat color. Meat cooking losses were affected by “K-B-Pb”, whereas meat shear force was not related to any latent factor nor any individual mineral in the meat. These latent factors simplify the picture of the relationships between the minerals and animal performance and meat quality traits, facilitating the comprehension and interpretation of the role minerals.

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Table 1. Descriptive statistics of animal performance and meat composition, quality and color traits and significance of fixed breed and sex factors analyzed using a mixed model.

|                              | N\(^1\) | Mean  | SD    | Min  | Max  | Breed | Sex | RMSE |
|------------------------------|---------|-------|-------|------|------|-------|-----|------|
| **Animal performance:**      |         |       |       |      |      |       |     |      |
| Age at slaughter, d          | 91      | 701   | 34.0  | 589  | 731  | -     | -   | 21.17|
| Carcass weight, kg           | 91      | 403   | 90.7  | 196  | 572  | -     | -   | 45.74|
| Carcass gain, kg/d           | 91      | 0.58  | 0.14  | 0.27 | 0.90 | -     | -   | 0.07 |
| **Meat composition:**        |         |       |       |      |      |       |     |      |
| DM, %                        | 177     | 25.9  | 1.7   | 22.7 | 32.6 | P<0.01|     | 0.46 |
| Ash, %                       | 178     | 1.1   | 0.1   | 1.0  | 1.2  | -     | -   | 0.03 |
| Protein, %                   | 182     | 22.2  | 0.7   | 20.5 | 24.2 | -     | -   | 0.39 |
| Lipid, %                     | 173     | 2.3   | 1.2   | 0.4  | 8.3  | P<0.01|     | 0.21 |
| Cholesterol, mg/100 g        | 180     | 54.2  | 4.3   | 43.4 | 64.3 | -     | -   | 3.41 |
| **Meat quality traits:**     |         |       |       |      |      |       |     |      |
| pH                           | 177     | 5.7   | 0.1   | 5.5  | 6.0  | -     | -   | 0.08 |
| Cooking loss, %              | 179     | 34.6  | 2.8   | 25.9 | 40.0 | P<0.01|     | 1.13 |
| Shear force, (N/cm\(^2\))   | 179     | 30.1  | 6.5   | 14.3 | 49.6 | P<0.05|     | 5.03 |
| **Meat color traits:**       |         |       |       |      |      |       |     |      |
| L*                           | 182     | 34.3  | 3.4   | 23.8 | 46.2 | P<0.05|     | 1.92 |
| a*                           | 182     | 14.3  | 3.2   | 6.3  | 21.2 | -     | -   | 1.38 |
| b*                           | 181     | 13.0  | 2.4   | 4.6  | 19.3 | -     | -   | 1.28 |
| C*                           | 181     | 19.3  | 3.8   | 8.1  | 28.3 | -     | -   | 1.79 |
| H*                           | 180     | 42.2  | 3.9   | 33.5 | 54.4 | -     | -   | 1.42 |

\(^1\)The number of sides sampled is 182 (91 carcasses \(\times\) 2 sides each) and number of data of meat quality traits lower than 182 reflect editing of data.
Table 2. Descriptive statistics (mean and standard deviation) of the essential and environmental macro- and micro-minerals analyzed in meat samples.

| Element | Minerals | Atomic number | Category                  | Mean 1  | SD 1 |
|---------|----------|---------------|---------------------------|---------|------|
| **Macro-minerals:** | | | | | |
| Na      | Sodium   | 11            | Alkali metal              | 436     | 46   |
| Mg      | Magnesium| 12            | Alkaline earth metal      | 179     | 13   |
| P       | Phosphorus| 15            | Polyatomic nonmetal       | 1,488   | 144  |
| S       | Sulfur   | 16            | Polyatomic nonmetal       | 1,354   | 78   |
| K       | Potassium| 19            | Alkali metal              | 2,821   | 79   |
| Ca      | Calcium  | 20            | Alkaline earth metal      | 46      | 13   |
| **Ess. micro minerals:** | | | | | |
| Cr      | Chromium | 24            | Transition metal          | 12.5    | 6.4  |
| Mn      | Manganese| 25            | Transition metal          | 47.6    | 8.1  |
| Fe      | Iron     | 26            | Transition metal          | 14,260  | 2,373|
| Cu      | Copper   | 29            | Transition metal          | 460     | 60   |
| Zn      | Zinc     | 30            | Post-transition metal     | 39,782  | 5,395|
| **Env. micro-minerals:** | | | | | |
| Li      | Lithium  | 3             | Alkali metal              | 4.1     | 1.7  |
| B       | Boron    | 5             | Metalloid                 | 164     | 105  |
| Al      | Aluminium| 13            | Post-transition metal     | 755     | 263  |
| Ti      | Titanium | 22            | Transition metal          | 14      | 5.1  |
| Ni      | Nickel   | 28            | Transition metal          | 20.6    | 11.6 |
| Sr      | Strontium| 38            | Alkaline earth metal      | 47.3    | 20.3 |
| Sn      | Tin      | 50            | Post-transition metal     | 350     | 154  |
| Ba      | Barium   | 56            | Alkaline earth metal      | 11.2    | 5.9  |

1: on fresh basis
Table 3. Herd (rH) and animal (rA) correlation coefficients of animal performance with latent explanatory factors and with individual essential and environmental macro- and micro-minerals concentration in meat.

| Elements          | Age at slaughter, d | Carcass weight, kg | Carcass gain, kg/d |
|-------------------|---------------------|--------------------|--------------------|
|                   | rH                  | rA                 | rH                 | rA                 | rH                 | rA                 |
| Latent factors    |                     |                    |                    |                    |                    |                    |
| F1 Quantity       | 0.25                | **0.31**           | -0.04              | 0.05               | 0.05               |
| F2 Na+Fe+Cu       | -0.14               | -0.13              | 0.35               | **0.25**           | 0.35               | **0.24**           |
| F3 K-B-Pb         | -0.17               | -0.16              | -0.20              | -0.02              | -0.12              | -0.08              |
| F4 Fe+Mn          | -0.37               | **-0.25**          | 0.40               | **0.23**           | 0.44               | 0.19               |
| F4 Zn             | -0.32               | -0.21              | **0.78**           | **0.62**           | **0.74**           | **0.64**           |
| Macro-minerals    |                     |                    |                    |                    |                    |                    |
| Na                | 0.25                | **0.24**           | 0.08               | -0.01              | 0.01               | 0.06               |
| Mg                | 0.18                | **0.28**           | 0.09               | -0.11              | 0.03               | -0.04              |
| P                 | 0.22                | **0.29**           | 0.15               | -0.03              | 0.06               | 0.06               |
| S                 | 0.02                | 0.05               | 0.50               | **0.32**           | 0.42               | **0.39**           |
| K                 | -0.34               | **-0.21**          | -0.07              | 0.10               | 0.03               | 0.05               |
| Ca                | 0.35                | 0.19               | -0.13              | -0.09              | -0.21              | -0.04              |
| Ess. micro-minerals |                   |                    |                    |                    |                    |                    |
| Cr                | 0.17                | 0.13               | 0.04               | 0.02               | -0.01              | 0.06               |
| Mn                | -0.22               | -0.08              | 0.31               | 0.16               | 0.33               | 0.16               |
| Fe                | -0.40               | **-0.29**          | **0.82**           | **0.60**           | **0.81**           | **0.59**           |
| Cu                | 0.37                | 0.19               | 0.21               | 0.01               | 0.09               | 0.05               |
| Zn                | -0.29               | **-0.21**          | **0.79**           | **0.65**           | **0.75**           | **0.68**           |
| Env. micro-minerals |                   |                    |                    |                    |                    |                    |
| Li                | -0.33               | -0.02              | -0.29              | **-0.26**          | -0.15              | **-0.31**          |
| B                 | 0.04                | 0.09               | -0.01              | -0.05              | 0.01               | -0.04              |
| Al                | 0.28                | **0.22**           | -0.04              | -0.12              | -0.12              | -0.06              |
| Ti                | 0.21                | **0.21**           | 0.14               | 0.02               | 0.06               | 0.09               |
| Ni                | 0.19                | 0.17               | -0.37              | 0.04               | -0.34              | -0.01              |
| Sr                | 0.28                | 0.17               | **-0.61**          | **-0.34**          | **-0.62**          | **-0.32**          |
| Sn                | -0.27               | **-0.27**          | -0.06              | 0.08               | 0.03               | 0.01               |
| Ba                | 0.52                | **0.21**           | -0.29              | -0.14              | -0.38              | -0.09              |
| Pb                | 0.01                | 0.04               | 0.06               | 0.01               | 0.05               | 0.02               |

*P<0.05; **P<0.001; ***P<0.0001
Table 4. Farm/date ($r_F$) and animal within farm/date ($r_A$) correlation coefficients of chemical composition with latent explanatory factors and with individual essential and environmental macro- and micro-minerals concentration in meat.

| Elements     | DM       | Protein   | Lipid     | Ash       | Cholesterol |
|--------------|----------|-----------|-----------|-----------|-------------|
|              | $r_F$    | $r_A$     | $r_F$    | $r_A$    | $r_F$       | $r_A$     | $r_F$    | $r_A$     | $r_F$    | $r_A$     |
| **Latent factors** |         |           |           |           |             |           |           |           |           |             |
| F1 Quantity  | -0.05    | -0.09     | -0.15     | -0.05     | -0.02       | -0.11     | -0.38    | -0.16     | 0.17     | 0.03       |
| F2 Na+Fe+Cu  | -0.23    | 0.08      | -0.01     | 0.12      | -0.26       | 0.01      | -0.11    | 0.15      | 0.14     | 0.05       |
| F3 K-B-Pb    | 0.35     | **0.34**   | **0.55**  | **0.62*** | 0.29        | 0.16      | **0.79** | **0.71*** | **0.69** | **0.34**   |
| F4 Fe+Mn     | 0.32     | 0.12      | **0.64**  | 0.19      | 0.12        | 0.04      | 0.17     | 0.08      | 0.10     | 0.08       |
| F4 Zn        | 0.48     | **0.40**   | **0.61**  | **0.29**  | 0.37        | **0.37**  | -0.20    | **-0.24** | -0.17    | -0.07       |
| **Macro-minerals** |         |           |           |           |             |           |           |           |           |             |
| Na           | -0.09    | -0.07     | -0.10     | -0.13     | -0.07       | -0.04     | -0.25    | -0.09     | 0.30     | 0.12       |
| Mg           | -0.11    | -0.13     | -0.11     | 0.07      | -0.09       | **-0.21** | -0.22    | 0.07      | 0.32     | 0.15       |
| P            | -0.07    | -0.05     | -0.13     | 0.03      | -0.05       | -0.11     | -0.32    | -0.01     | 0.23     | 0.11       |
| S            | 0.24     | **0.29**   | 0.30      | **0.49*** | 0.18        | 0.09      | -0.21    | 0.14      | 0.31     | 0.17       |
| K            | 0.24     | **0.37**   | 0.51      | **0.59*** | 0.20        | 0.17      | **0.69** | **0.67*** | **0.74** | **0.35**   |
| Ca           | 0.03     | 0.12      | 0.26      | **0.23**  | -0.07       | 0.03      | 0.34     | **0.24**  | **0.76** | **0.24**   |
| **Ess. micro-minerals** |         |           |           |           |             |           |           |           |           |             |
| Cr           | 0.32     | **0.22**   | 0.07      | 0.20      | 0.41        | 0.19      | 0.18     | 0.05      | 0.04     | 0.05       |
| Mn           | 0.38     | **0.27**   | 0.39      | **0.22**  | 0.30        | **0.21**  | 0.001    | -0.03     | 0.30     | -0.02       |
| Fe           | 0.21     | **0.26**   | **0.53**  | **0.31**  | 0.06        | 0.14      | -0.26    | -0.02     | 0.01     | 0.02       |
| Cu           | -0.14    | -0.16     | -0.21     | -0.07     | -0.10       | -0.16     | -0.40    | -0.07     | 0.16     | 0.01       |
| Zn           | 0.40     | **0.42***  | **0.62**  | **0.37**  | 0.27        | **0.33**  | -0.17    | -0.13     | 0.03     | 0.01       |
| **Env. micro-minerals** |         |           |           |           |             |           |           |           |           |             |
| Li           | -0.26    | -0.19     | 0.16      | 0.05      | -0.34       | **-0.24** | **0.64** | **0.40*** | 0.27     | **0.21**   |
| Mg           | **-0.68** | **-0.34** | **-0.61** | **-0.34** | **-0.63**   | **-0.27** | **-0.54** | **-0.21** | -0.23    | -0.15       |
| Al           | 0.16     | 0.15      | 0.02      | 0.19      | 0.17        | 0.08      | -0.08    | 0.10      | 0.30     | **0.25**   |
| Ti           | 0.01     | -0.06     | -0.22     | -0.11     | 0.07        | -0.04     | -0.42    | -0.17     | -0.01    | 0.09       |
| Ni           | **-0.58** | **0.26**  | -0.40     | -0.06     | **-0.54**   | 0.03      | 0.16     | 0.18      | 0.25     | 0.16       |
| Sr           | -0.18    | -0.05     | -0.13     | 0.05      | -0.17       | -0.10     | 0.49     | **0.26**  | **0.54** | **0.29**   |
|   | Sn     | 0.16  | 0.15  | 0.22  | 0.14  | 0.13  | 0.14  | 0.34  | 0.11  | -0.18 | -0.10 |
|---|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Ba| -0.49  | 0.01  | -0.39 | 0.06  | -0.47 | -0.06 | -0.05 | 0.17  | 0.45  |       | 0.25* |
| Pb| -0.48  | -0.26*| -0.57*| -0.42***| -0.39 | -0.12 | -0.59*| -0.47***| -0.55*| -0.38**|

*P<0.05; **P<0.001; ***P<0.0001
Table 5. farm/date (r_F) and animal within farm/date (r_A) correlation coefficients of color traits with latent explanatory factors and with individual essential and environmental macro- and micro-minerals concentration in meat

|                | L*  | a*  | b*  | C*  | H*  |
|----------------|-----|-----|-----|-----|-----|
| **Latent factors** |     |     |     |     |     |
| F1 Quantity    | 0.47| **0.26*** | 0.73*** | **0.49*** | 0.61* | **0.38*** | 0.71*** | **0.47*** | -0.31 | -0.23* |
| F2 Na+Fe+Cu    | -0.09| -0.06 | 0.23 | **0.22*** | 0.05 | 0.10 | 0.16 | 0.18 | -0.40 | -0.29* |
| F3 K-B-Pb      | -0.24| -0.26* | -0.24 | -0.08 | -0.15 | -0.04 | -0.21 | -0.07 | 0.19 | 0.04 |
| F4 Fe+Mn       | -0.48| -0.22* | 0.20 | **0.22*** | -0.06 | 0.03 | 0.10 | 0.15 | -0.45 | -0.37** |
| F4 Zn          | -0.53| -0.19 | 0.36 | **0.39*** | -0.02 | 0.11 | 0.22 | **0.29*** | -0.68** | -0.56** |
| **Macro-minerals** |     |     |     |     |     |
| Na             | 0.34 | 0.12 | **0.64*** | **0.37*** | 0.48 | **0.27*** | **0.60*** | **0.35*** | -0.32 | -0.22* |
| Mg             | 0.41 | 0.16 | **0.64*** | **0.34*** | 0.53 | **0.29*** | **0.63*** | **0.33*** | -0.28 | -0.15 |
| P              | 0.44 | 0.20 | **0.70*** | **0.47*** | **0.57*** | **0.39*** | **0.68*** | **0.47*** | -0.31 | -0.22* |
| S              | 0.20 | 0.09 | **0.79*** | **0.54*** | **0.54*** | **0.38*** | **0.72*** | **0.50*** | -0.54* | -0.40** |
| K              | -0.10| -0.13 | -0.06 | 0.05 | -0.11 | 0.04 | -0.08 | 0.06 | -0.05 | -0.10 |
| Ca             | -0.07| -0.01 | 0.11 | 0.08 | 0.15 | 0.001 | 0.14 | 0.05 | 0.04 | 0.16 |
| **Ess. micro-minerals** |     |     |     |     |     |
| Cr             | 0.31 | 0.13 | -0.08 | -0.05 | 0.02 | 0.05 | -0.04 | -0.01 | 0.11 | 0.14 |
| Mn             | -0.05| -0.12 | **0.54*** | **0.39*** | 0.38 | 0.20 | 0.50 | **0.33*** | -0.30 | -0.38** |
| Fe             | -0.35| -0.31*** | **0.63*** | **0.63*** | 0.11 | 0.16 | 0.44 | **0.46*** | **0.92*** | **0.88*** |
| Cu             | 0.23 | -0.01 | **0.57*** | **0.35*** | 0.51 | 0.16 | **0.57*** | **0.29*** | -0.20 | -0.35** |
| Zn             | -0.44| -0.17 | 0.52 | **0.53*** | 0.09 | **0.21*** | 0.37 | **0.41*** | **0.79*** | **0.65*** |
| **Env. micro-minerals** |     |     |     |     |     |
| Li             | -0.19| -0.06 | -0.38 | **0.23*** | -0.43 | -0.18 | -0.42 | **0.21*** | -0.08 | 0.07 |
| B              | 0.11 | 0.16 | 0.16 | 0.01 | 0.09 | -0.06 | 0.14 | -0.03 | -0.10 | -0.05 |
| Al             | 0.43 | 0.10 | **0.63*** | **0.36*** | **0.65*** | **0.35*** | **0.67*** | **0.38*** | -0.08 | -0.10 |
| Ti             | **0.58*** | **0.28*** | **0.73*** | **0.37*** | **0.68*** | **0.39*** | **0.74*** | **0.40*** | -0.21 | -0.07 |
| Ni             | -0.06| 0.15 | -0.32 | 0.13 | -0.22 | -0.18 | -0.29 | -0.05 | 0.18 | 0.04 |
|    |     |     |     |     |     |     |     |     |     |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Sr | 0.14| -0.04| -0.48| -0.17| -0.13| -0.11| -0.35| -0.15| 0.62*| 0.11 |
| Sn | -0.39| -0.18| **-0.62***| **-0.37**| **-0.54***| **-0.33**| **-0.62***| **-0.37**| 0.24| 0.14 |
| Ba | 0.34| -0.09| 0.16| 0.10| 0.27| 0.001| 0.21| 0.07| 0.12| -0.18 |
| Pb | 0.09| **0.26***| -0.08| -0.08| -0.10| -0.12| -0.10| -0.11| 0.03| 0.03 |

*P<0.05; **P<0.001; ***P<0.0001
Table 6. Farm/date (r_F) and animal within farm/date (r_A) correlation coefficients of some quality traits with latent explanatory factors and with individual essential and environmental macro- and micro-minerals concentration in meat

| Elements       | pH         | Cooking loss, % | Shear force, N/cm² |
|----------------|------------|-----------------|--------------------|
|                | r_F  | r_A  | r_F  | r_A  | r_F  | r_A  |
| **Latent factors** |      |      |      |      |      |      |
| F1 Quantity    | 0.05  | 0.04 | 0.08 | 0.03 | -0.32| -0.10|
| F2 Na+Fe+Cu    | -0.08 | 0.11 | -0.10| 0.03 | -0.09| 0.01 |
| F3 K-B-Pb      | -0.14 | 0.13 | -0.53| **-0.47*** | -0.06| 0.01 |
| F4 Fe+Mn       | 0.15  | 0.20 | -0.33| -0.11| -0.32| -0.11|
| F4 Zn          | 0.10  | -0.07| -0.44| -0.20| -0.42| -0.20|
| **Macro-minerals** |      |      |      |      |      |      |
| Na             | 0.01  | -0.04| -0.07| 0.08 | -0.27| -0.02|
| Mg             | 0.01  | 0.06 | 0.01 | -0.04| -0.27| -0.03|
| P              | 0.02  | 0.08 | 0.03 | -0.02| -0.32| -0.06|
| S              | -0.01 | 0.04 | -0.16| **-0.22*** | -0.48| -0.15|
| K              | -0.20 | 0.06 | **-0.61*** | **-0.42*** | -0.23| -0.02|
| Ca             | -0.47 | -0.03| -0.22| -0.12| -0.29| -0.10|
| **Ess. micro-minerals** |      |      |      |      |      |      |
| Cr             | -0.15 | -0.01| -0.21| -0.18| -0.11| -0.05|
| Mn             | 0.22  | 0.12 | -0.13| -0.10| 0.08 | 0.03 |
| Fe             | 0.15  | 0.15 | -0.36| -0.14| -0.42| -0.07|
| Cu             | 0.08  | 0.13 | 0.14 | 0.09 | -0.06| 0.12 |
| Zn             | 0.08  | 0.02 | -0.49| **-0.24*** | -0.49| -0.19|
| **Env. micro-minerals** |      |      |      |      |      |      |
| Li             | 0.01  | 0.01 | -0.46| -0.11| -0.17| -0.01|
| B              | 0.18  | -0.20| 0.46 | **0.31*** | 0.25 | -0.08|
| Al             | 0.17  | 0.06 | -0.02| -0.18| -0.32| -0.08|
| Ti             | 0.24  | 0.07 | 0.18 | 0.02 | -0.30| -0.09|
| Ni             | -0.15 | 0.12 | 0.06 | -0.01| 0.49 | -0.06|
| Sr             | **-0.62*** | -0.13| 0.05 | -0.05| -0.02| -0.01|
| Sn             | -0.05 | 0.01 | -0.11| -0.13| 0.20 | 0.08 |
| Ba             | -0.36 | 0.00 | 0.16 | -0.07| -0.20| -0.08|
| Pb             | 0.10  | -0.20| 0.53 | **0.38*** | 0.30 | -0.03|

*P<0.05; **P<0.001; ***P<0.0001
Figure captions

Figure 1.
Percentage incidence of farm/date of slaughter, animal within farm/date, and sample/side within animal (residual) variances on total phenotypic variance of animal performance and meat quality traits.
Figure 1.