Ultrastructural characterization of noradrenergic axons and beta-adrenergic receptors in the lateral nucleus of the amygdala

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INTRODUCTION

Norepinephrine (NE) is thought to play a key role in fear and anxiety, but its role in amygdala-dependent Pavlovian fear conditioning, a major model for understanding the neural basis of fear, is poorly understood. The lateral nucleus of the amygdala (LA) is a critical brain region for fear learning and regulating the effects of stress on memory. To understand better the cellular mechanisms of NE and its adrenergic receptors in the LA, we used antibodies directed against dopamine beta-hydroxylase (DBH), the synthetic enzyme for NE, or against two different isoforms of the beta-adrenergic receptors (βARs), one that predominately recognizes neurons (βAR248) and the other astrocytes (βAR404), to characterize the microenvironments of DBH and βAR. By electron microscopy, most DBH terminals did not make synapses, but when they did, they formed both asymmetric and symmetric synapses. By light microscopy, βARs were present in both neurons and astrocytes. Confocal microscopy revealed that both excitatory and inhibitory neurons express βAR248. By electron microscopy, βAR248 was present in neuronal cell bodies, dendritic shafts and spines, and some axon terminals and astrocytes. When in dendrites and spines, βAR248 was frequently concentrated along plasma membranes and at post-synaptic densities of asymmetric (excitatory) synapses. βAR404 was expressed predominately in astrocytic cell bodies and processes. These astrocytic processes were frequently interposed between unlabeled terminals or ensheathed asymmetric synapses. Our findings provide a morphological basis for understanding ways in which NE may modulate transmission by acting via synaptic or non-synaptic mechanisms in the LA.

Keywords: norepinephrine, DBH, synapse, volume transmission, astrocyte, electron microscopy, fear, lateral amygdala
organization of NE terminals and βARs in the LA. In this study, we employed immunoelectron microscopy to determine whether terminals immunoreactive for dopamine beta-hydroxylase (ĐβH), the synthetic enzyme for NE, form synaptic junctions in the LA and if so, examine these synapses and identify the post-synaptic targets on NE terminals. To determine the cellular and subcellular distributions of βARs in the LA, we used previously characterized antibodies directed against two different isoforms of βARs: βAR 248, an antibody that predominately recognizes neurons, and βAR404, which primarily detects astrocytes.

MATERIALS AND METHODS

Male Sprague-Dawley (Hilltop Lab Animals, Inc; Scottsdale, PA, USA) rats weighing 300–400 g (n = 8) were used for studies. All procedures used were approved by the Animal Use and Care Committee of New York University, and conform to the guidelines of the National Institutes of Health on Care and Use of Experimental Animals in Research.

TISSUE FIXATION

Naïve animals were anaesthetized with chloral hydrate (25%; 1–1.5 g/kg BW) and transcardially perfused with 25–30 ml of heparinized 0.9% saline followed by either: 50 ml of 3.0% acrolein (i.e. proximal) if their diameter was greater than 0.5 μm, or small terminals were identified by the presence of peroxidase reaction product within processes and were distinguished from preterminal axons by the presence of vesicles. Immunoreactive terminals without distinct membrane boundaries or whose peroxidase reaction product was too dense to distinguish between it and the post-synaptic density were not included in the analysis. Immunoreactive terminals were characterized as either forming or not forming synaptic contacts by the presence of a post-synaptic membrane specialization, intercleft filaments, and widened (10–20 nm) parallel spacing of plasma membranes (Peters et al., 1991). Labeled terminals with thickened post-synaptic densities and widened synaptic clefts were classified as asymmetric while terminals with thin post-synaptic densities and narrower synaptic clefts were identified as symmetric. Appositions were characterized by close membrane associations not separated by astrocytic processes, the lack of conventional synaptic clefts, intercleft material or dense specializations. Dendritic shafts were arbitrarily characterized as large (i.e. proximal) if their diameter was greater than 0.5 μm, or small (i.e., distal) if their diameter was less than 0.5 μm. Dendritic spines were smaller than dendrites and lacked mitochondria.

ANTIBODY SPECIFICITY

In this study, we used mouse monoclonal antibodies directed against ĐβH, CAMKII, and GABA that have been characterized in previous studies (Farb and LeDoux, 1997). In brief, tissue sections containing the amygdala were incubated in 1% osmium tetroxide/PB, dehydrated in a graded series of alcohols, stained en bloc in uranyl acetate, further dehydrated in acetone and subsequently flat-embedded in EMbed. Portions of the tissue containing the amygdala were cut and glued (Super Glue; Rancho Cucamonga, CA, USA) onto Beem capsules and placed at 60°C for 10 min. Photographs of the amygdala were taken and ultrathin sections (85 nm) were cut from the dorsolateral division of the LA (Figure 1A). Ultrathin sections were collected on 8–12 nickel grids and the tissue was examined on a JEOL 1200EX electron microscope. Photographs were taken using a Hamamatsu digital camera (AMT; Danvers, MA, USA). Electron micrographs were collected from the dorsolateral amygdala of four animals with the best morphological preservation. For each brain, ultrathin sections from at least two vibratome sections containing the AL were examined. Labeled terminals were identified by the presence of peroxidase reaction product within processes and were distinguished from preterminal axons by the presence of vesicles. Immunoreactive terminals without distinct membrane boundaries or whose peroxidase reaction product was too dense to distinguish between it and the post-synaptic density were not included in the analysis. Immunoreactive terminals were characterized as either forming or not forming synaptic contacts by the presence of a post-synaptic membrane specialization, intercleft filaments, and widened (10–20 nm) parallel spacing of plasma membranes (Peters et al., 1991). Labeled terminals with thickened post-synaptic densities and widened synaptic clefts were classified as asymmetric while terminals with thin post-synaptic densities and narrower synaptic clefts were identified as symmetric. Appositions were characterized by close membrane associations not separated by astrocytic processes, the lack of conventional synaptic clefts, intercleft material or dense specializations. Dendritic shafts were arbitrarily characterized as large (i.e. proximal) if their diameter was greater than 0.5 μm, or small (i.e., distal) if their diameter was less than 0.5 μm. Dendritic spines were smaller than dendrites and lacked mitochondria.
Roder and Ciriello, 1993; Asan, 1993, 1998; Li et al., 2001, 2002). Earlier studies have shown that within the LA, DβH is a specific marker for NE and does not label the other catecholaminergic biosynthetic enzymes, phenyl-methyl transferase (PNMT), the marker for adrenergic axons, or tyrosine-hydroxylase (TH), the marker for dopaminergic axons (Fallon et al., 1978; Fallon and Ciofi, 1992; Asan, 1993; Roder and Ciriello, 1993). Specifically, these studies have shown that PNMT immunoreactivity in the LA is scarce or nearly absent while TH-ir differs markedly and is non-overlapping. We also used rabbit antisera directed against βAR that was generated by using synthetic peptides corresponding to amino acids 248–256 (βAR 248) and 404–418 (βAR 404) of hamster lung β2 ARs (Dixon et al., 1986). The βAR 404 antisera recognizes both the β1- and β2-subtypes (Strader et al., 1987a,b). The antiserum to βAR 248 (1:1K) was directed against the third cytoplasmic loop while the antisera for βAR 404 (1:1K) was directed against the C-terminus of the receptor. The specificity of βAR 404 antisera has been previously characterized using Western blot (Strader et al., 1987b) and immunoprecipitation of radiolabeled βAR (Strader et al., 1987a). Preadsorption controls to the synthetic peptides used the exact correspondence to the antigens that were used to generate the βAR 248 and 404 antisera were also performed (Aoki, 1997). Antisera against βAR 248 and βAR 404 were generously provided by Dr. C.D Strader of Merck Sharp and Dohme Research Laboratories. Immunoreactivity was absent from tissue in which the primary antisera was omitted from the incubation solutions or the secondary antibody was mismatched to the primary antibody, e.g., anti-mouse IgG instead of the anti-rabbit IgG, and the tissue was reacted as described above.

RESULTS

LIGHT MICROSCOPY
The LA contains a dense plexus of dopamine beta-hydroxylase fibers
The pattern of DβH-immunoreactivity (-ir) in the amygdala has been described previously (Moore and Card, 1984; Fallon and Ciofi, 1992; Asan, 1993, 1998; Li et al., 2001, 2002). In brief, in both glutaraldehyde and acrolein-fixed tissue, DβH fibers appeared as a dense plexus and were distributed throughout the LA (Figure 1A). DβH fibers were fine and varicose and coursed through the amygdala in both dorsal–ventral and medial–lateral directions (Figure 1B).

Beta-adrenergic receptor immunoreactivity occurs throughout the LA
Immunoreactivity for both βAR antisera was distributed throughout the LA. By light microscopy, numerous cells were labeled. (Figures 1C,D). βAR 248 densely labeled neuronal perikarya and the proximal portions of their dendrites. In some LA cells, the reaction product rimmed the cytoplasm and the nucleus was well delineated whereas in other cells, the reaction product obscured the nuclei (Figure 1E). βAR 404-ir was observed in small cell bodies that appeared astrocytic: many labeled processes radiated from small perikarya (Figure 1F). Some labeled processes followed the contours of blood vessels.

CONFOCAL MICROSCOPY REVEALS βARs ARE LOCALIZED TO BOTH EXCITATORY AND INHIBITORY CELLS
To determine whether βAR248 was localized to specific cells types, we dually labeled tissue for βAR248 and CAMKII, a marker for excitatory, pyramidal-like cells in the LA (McDonald et al., 2002) and examined the tissue by confocal microscopy. We also dually labeled tissue for βAR 248 and GABA to establish whether GABAergic cells contain βARs. By confocal microscopy, βARs were localized to both LA excitatory and inhibitory cells (Figures 2A,B).

ELECTRON MICROSCOPY
Most DβH terminals do not form synapses within single sections
Most of our EM analysis was performed on tissue fixed with acrolein since both the ultrastructure and membrane preservation were superior to tissue fixed with low levels of glutaraldehyde. Four hun-
dred and ten DβH-labeled terminals were analyzed from tissue taken from the four animals with the best morphology. Analysis was performed on three animals perfused with acrolein and one animal perfused with glutaraldehyde. Ultrathin sections were collected from 3–4 vibratome sections from each animal for a total of 14 samples. DβH-labeled terminals were unmyelinated and varied in size from 0.4–1.5 μm. DβH terminals contained small, clear vesicles, though many terminals also contained 1–5 dense-core vesicles (Figures 3A–F). DβH terminals frequently contained mitochondria and some DβH-labeled axons appeared to follow the contours of blood vessels (Figure 4A). Frequently, the reaction product filled the axoplasm and obscured the morphological features of the terminal. Those terminals whose membranes were not intact due to the use of detergent were not included in the analysis. The vast majority of DβH terminals did not form synapses in a single plane of section (282/410 or 69%) (Figures 3A,E). About half the DβH terminals (223/410, or 54%) were directly apposed to unlabeled terminals (Figures 3B,C,E,F). In some instances (9/410 or 2%) possible axo–axonic contacts were observed: the plasma membranes of DβH-labeled axons frequently ensheathed or directly apposed unlabeled terminals forming asymmetric synapses were occasionally observed (Figure 4B). DβH 248-ir was seen in perikarya with the morphological features of both inhibitory, e.g., invaginated nuclei and abundant cytoplasm, and excitatory cells, e.g., large nuclei and a thin rim of cytoplasm (Ribak and Seress, 1983; Farb et al., 1995). The subcellular distribution of DβH 248 immunoreactivity was consistent with previously published studies (Aoki, 1992, 1997).

**BAR IMMUNOREACTIVITY**

**BAR 248 is frequently localized to post-synaptic densities.** By electron microscopy, BAR 248-ir was localized to neuronal perikarya, large and small dendritic shafts, dendritic spines, some axon terminals, and astrocytic processes (Figures 6A–C). Within dendritic shafts, reaction product rimmed the microtubules and the mitochondrial membranes, and in both shafts and spines was frequently concentrated along the plasma membranes and at post-synaptic densities (Figures 6A–C). BAR 248-ir axon terminals forming asymmetric synapses were occasionally observed (Figure 6B). BAR 248-ir was seen in perikarya with the morphological features of both inhibitory, e.g., invaginated nuclei and abundant cytoplasm, and excitatory cells, e.g., large nuclei and a thin rim of cytoplasm (Ribak and Seress, 1983; Farb et al., 1995). The subcellular distribution of BAR 248 immunoreactivity was consistent with previously published studies (Aoki, 1992, 1997).

**BAR 404 is predominantly localized to glial processes.** Ultrastructural examination revealed that BAR 404 was predominantly localized to glial perikarya and processes but some neuronal processes were also immunoreactive (Figures 6D–F). Glial perikarya were distinguished from neuronal perikarya by the presence of filamentous organelles or glycogen granules whereas glial processes were recognized by their irregular contours and scarcity of organelles. When BAR 404 immunoreactivity occurred in large glial processes, the immunoperoxidase product rimmed the glial vesicles and mitochondria but was frequently concentrated along the plasma membranes (Figure 6E). Labeled glial processes frequently ensheathed or directly apposed unlabeled terminals forming asymmetric terminals (Figures 6D–F). Often, small labeled glial processes were interposed between unlabeled axon terminals (Figure 6D). Some axon terminals and dendritic shafts and spines were also immunoreactive for BAR 404 (Figures 6D,F). Large glial processes intensely immunoreactive for BAR 404 were sometimes apposed to the basal lamina and endothelial cells that bounded blood vessels (Figure 4B).
DISCUSSION

The present study used immunocytochemistry to identify and characterize: (1) terminals that contain norepinephrine, and (2) the cellular and subcellular distribution of βARs in the LA. The results show that most DβH terminals within the LA do not form synaptic junctions, but when they do, most synapses occur on dendritic shafts and a small proportion are formed on dendritic spines. While the majority of DβH synapses are symmetric, asymmetric synapses are also formed and most of these occur on spines. βARs are localized to both neurons and glial cells in the LA, and within neurons, βARs are localized to both excitatory and inhibitory cells and are frequently concentrated at the PSDs of dendritic shafts and spines. These results provide the morphological basis for understanding the role that NE and βARs play in modulating synaptic transmission within the LA.

**FIGURE 3** | Electron micrographs show DβH-terminals in LA. (A) A DβH – terminal (DBH) apposes a dendritic spine (sp) and an unlabeled terminal (ut) forming an asymmetric synapse (asterisks) onto a spine (sp). (B) A DβH-terminal forms a symmetric synapse (arrows) with a dendrite (d). (C) A DβH-terminal forms a synapse (arrowheads) onto a dendrite (d) that also receives a synapse (arrows) from an unlabeled terminal (ut). Glial processes (g and asterisk) are also shown. (D) A DBH-terminal forms a symmetric synapse (arrows) onto a dendritic (d) whose spine (sp) receives a synapse (arrowheads) from an unlabeled terminal (ut). Also shown is a glial process (g). (E) A DβH-terminal is apposed to an unlabeled terminal (ut,) that forms a symmetric synapse (arrows) on a dendrite (d). An unlabeled terminal (ut,) forms an asymmetric synapse (arrowheads) on the dendrite’s spine (sp). Unlabeled glial processes (g and *) are also shown. (F) A DβH-terminal (DBH,) forms a synapse (arrows) onto a dendritic shaft (d,), whose spine (sp) receives an asymmetric synapse (arrowheads) from a second DβH-terminal (DBH,). DβH, apposes unlabeled terminals (ut,–) forming asymmetric synapses (arrowheads) with a spine (sp) and a dendrite (d,). Scale bars = 0.500 μm.

**FIGURE 4** | DβH-profiles and glial processes immunoreactive for βAR 404 are associated with blood vessels. (A) A DβH-axon (LAx) follows the contours of a blood vessel. The plasma membrane of the DβH-terminal (DBH) shows parallel alignment with the plasma membrane (small arrows) of an unlabeled terminal (ut). The basal lamina (asterisks) and an endothelial cell (End) separate the DβH-terminal from the blood vessel (BV). (B) A βAR 404-labeled glial process (LG) encircles a blood vessel (BV), which is bounded by an endothelial cell (end) and the basal lamina (asterisks). The βAR 404 astrocyte apposes unlabeled terminals (ut), one of which forms an asymmetric synapse (arrowheads) onto a dendritic spine (sp). Scale bars = 0.500 μm.

**FIGURE 5** | Graphs show synaptic targets and specializations made by DβH terminals that form synapses. (A) The vast majority of DBH symmetric synapses occurred on dendrites but a small proportion were made onto spines and somata. (B) Most DBH asymmetric synapses occurred on spines though some were formed on dendrites.
was used (Aoki et al., 1989; Aoki, 1997). Though the results from several autoradiographic (Palacios and Kuhar, 1980; Minneman et al., 1982; Rainbow et al., 1984; Johnson et al., 1989) and in situ (Asanuma et al., 1991; Abraham et al., 2008) studies report different levels of β₁- and β₂-ARs across various brain regions, each of these studies demonstrated the presence of either β₁- or β₂-ARs in the amygdala complex and adjacent areas. Though the pattern of βAR immunolabeling we observe is homogenous compared to the distinct patterns reported in the autoradiographic and in situ studies, the antibodies we used likely recognize receptors in the perikarya cytoplasm undergoing sequestration, desensitization, degradation or synthesis, as well as those that are ligand-binding (Strader et al., 1987a,b; Zemcik and Strader, 1988). Additionally, the antibodies we used recognize both the β₁- and the β₂-subunits, though they were directed against the β₂ subunit, and recognize a greater population of cells, compared to those identified by in situ. It is thus not unexpected that the distribution of βARs identified by immunolabeling differs from patterns seen by other methods.

SYNAPTIC CHARACTERIZATION OF DBH WITHIN THE LA
Our results show that most DBH terminals within single planes of section do not form synapses but instead form non-junctional appositions with dendrites or unlabeled terminals. Though these findings are consistent with previous studies showing the non-junctional nature of DBH terminals in the amygdala (Asan, 1993, 1998) and other brain regions (Descarries et al., 1977; Seguela et al., 1990; Aoki et al., 1998), it is likely that we underestimated the degree to which DBH terminals form synapses. Several factors might account for our failure to detect these synapses: the use of detergent to permeabilize membranes and improve penetration of the DBH antibody, dense DAB reaction product that obscures the morphological features of labeled terminals, and the thin, small size of synapses that may be overlooked without serial section examination. Though we followed some non-junctional DBH terminals for 2–5 sections, this series was too small to establish whether these DBH terminals ultimately formed synapses. Our results, showing that approximately 30% of DBH terminals in the LA form synaptIC characterIzatIon of d, might account for our failure to detect these synapses: the use of detergent to permeabilize membranes and improve penetration of the DBH antibody, dense DAB reaction product that obscures the morphological features of labeled terminals, and the thin, small size of synapses that may be overlooked without serial section examination. Though we followed some non-junctional DBH terminals for 2–5 sections, this series was too small to establish whether these DBH terminals ultimately formed synapses. Our results, showing that approximately 30% of DBH terminals in the LA form synapses, is higher than what has been reported for the BLA (Asan, 1998) and may represent regional differences within the amygdala complex or methodological differences attributable to our use of a stronger fixative that results in better preservation of membrane ultrastructure, enabling detection of a greater number of synapses. Our study showing that DBH terminals form both symmetric and asymmetric synapses, is consistent with previous studies done in basal amygdala (Asan, 1998; Li et al., 2002) and other brain regions (Seguela et al., 1990; Aoki et al., 1998). Though Li et al. (2001) reported that the proportion of symmetric and asymmetric synapses was almost equivalent in the BLA, our results showing that DBH terminals form approximately twice as many symmetric synapses than asymmetric synapses, are similar to what Asan (1998) found in BLA. Though asymmetric junctions have been correlated with glutamatergic transmission and symmetric synapses with GABAergic transmission (Peters et al., 1991), the distinction in catecholaminergic systems is less clear and may instead reflect the target dendrite and the synaptic machinery present on that target. For example, though DBH terminals were more likely to form symmetric rather than asymmetric synapses,
in LA, most asymmetric synapses were formed on dendritic spines, which receive most of the glutamatergic synapses in the LA (Farb et al., 1992). Though serial section analysis shows that just 7% of dendritic spines in LA receive more than one synapse, and only 2% of LA spines receive both an asymmetric and a symmetric synapse (Ostroff et al., 2010), we found that when DBH terminals synapse on spines, approximately 25% of these spines also receive synapses from other unlabeled terminals and most of these junctions are asymmetric. This observation and the prevalence of βAR labeling at the PSDs of asymmetric synapses in dendritic spines suggest that NE may modulate glutamatergic transmission at LA spines. These results are consistent with electrophysiological findings showing that NE modulates glutamatergic neurotransmission in amygdala (Huang et al., 1996, 1998a,b) and activation of βARs enhances synaptic transmission in amygdala (Gean et al., 1992; Huang et al., 1998a,b), hippocampus (Raman et al., 1996), and prefrontal cortex (Ji et al., 2008). Preliminary data from our lab indicate that LA dendritic spines and shafts that are immunoreactive for βARs receive synaptic contacts from axon terminals originating either from the acoustic thalamus or cortex (unpublished observations), pathways known to be glutamatergic (Farb et al., 1992; Farb and LeDoux, 1997, 1999). Thus, NE may modulate synaptic transmission of these sensory pathways to the LA either by its convergence onto the same dendritic shafts and spines as cortical or thalamic axons or via activation of βARs on these dendritic processes.

**βARs ARE PRESENT IN BOTH EXCITATORY AND INHIBITORY CELLS IN THE LA**

Our confocal and EM findings, showing that the neuronal form of the βAR is localized to both excitatory and inhibitory LA cells, are consistent with anatomical and pharmacological studies showing that βARs are present on pyramidal and GABAergic cells in hippocampus (Milner et al., 2000; Hillman et al., 2005; Cox et al., 2008). Within amygdala, in vitro electrophysiological studies have shown that the activation of βARs on pyramidal cells results in enhancement of excitatory transmission by NE whereas blockade of βARs by propranolol reduces excitatory transmission (Gean et al., 1992; Huang et al., 1993, 1996; Ferry et al., 1997; Buffalari and Grace, 2007) and blocks late LTP (Johnson et al., 2006) on these cells. While anatomical and in vitro studies within the amygdala have shown a relationship between NE and GABA, they have yet to demonstrate whether this association is attributable to the activation of βARs on GABA cells in the LA. For example, GABAergic cells in BLA receive synaptic contacts from DBH terminals (Li et al., 2002), indicating that NE may directly modulate GABAergic transmission. Additionally, application of NE in LA slices, suppresses feed-forward GABAergic inhibition of projection neurons (Tully et al., 2007). In vivo, when the βAR antagonist propranolol is administered i.p., the memory-enhancing effects of the GABA<sub>α</sub> antagonist bicuculline are blocked, while clenbuterol, the βAR agonist, blocks the memory-impairing effects of the GABA<sub>α</sub> agonist muscimol (Introini-Collison et al., 1994). Our data showing that βARs are present on GABA cells in the LA provides a framework for understanding these physiological and behavioral findings.

**βARs AT NON-SYNAPTIC SITES**

The large proportion of non-junctional appositions formed by DBH terminals in amygdala may reflect NE release via volume transmission (Descaries et al., 1977; Agnati et al., 1995) or non-synaptic mechanisms. Consistent with these ideas are dual-label ultrastructural studies in cortex and hippocampus showing that dendrites that are immunoreactive for βAR were near catecholaminergic axons but rarely in direct contact with them, though astrocytic processes were (Aoki et al., 1989; Aoki, 1992; Aoki and Pickel, 1992; Milner et al., 2000). Our findings, showing extensive βAR immunoreactivity of glial processes, support the idea that NE might act indirectly through astrocytic processes and are consistent with previous ultrastructural studies (Aoki et al., 1994, Aoki 1992, 1997; Milner et al., 2000) and in vivo and in vitro binding studies from various brain areas showing βAR expression or binding in astrocytes (Burgess and McCarthy, 1985; Lerea and McCarthy, 1990; Stone and John, 1991). Activation of astrocytic βARs may modulate glutamatergic transmission at excitatory synapses via close appositions or glial ensheathment of these synapses (Shao and McCarthy, 1994). Additionally, astrocytic βARs may modulate gap junction permeability, release glucose for energy metabolism, or play a role in cytoskeletal rearrangements that accompany neuronal plasticity (for reviews, see Gibbs et al., 2008; Giaume et al., 2010).

**CONCLUSIONS**

Together, results from this study suggest that norepinephrine-containing terminals in the LA may engage in non-synaptic transmission in the LA. The presence of βARs in both excitatory and inhibitory neurons suggests that NE has a prolific role in the modulation of synaptic transmission in LA. Further, the prevalence of βARs in glial cells adds a further dimension to the role of NE in modulating synaptic transmission in LA since glial cells may play a role in regulating excitatory transmission. These data provide an anatomical foundation for interpretation of physiological and behavioral studies of the role of NE in the amygdala.

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