Global Health forum urges training programs

When it comes to staffing levels at Bundibugyo District Hospital in western Uganda, the gap between the ideal and the reality is as jarring as the rough drive through the Rwenzori Mountains to reach the isolated community.

Though government guidelines say the hospital should have 7 doctors, they instead have 2. Where they are supposed to have 46 enrolled nurses, they have 26. Instead of 25 midwives, they have 10. In all, more than a third of positions are unfilled and many jobs are done by under-qualified workers.

“The workload is great,” says David Muhindo, a nursing officer at the hospital. “It is not possible to achieve all the required results.”

The staffing problem at the hospital, which often has to squeeze 300 or more patients into the 100-bed facility, stretches across Uganda, most of Africa and the rest of the developing world, where a growing health worker shortage is undermining basic medical services.

Last month, experts gathered in Uganda to discuss the problem and lobby developed countries — which benefit from the migration of workers from developing countries — to play a role in levelling the playing field.

The 1500 delegates produced a series of resolutions that primarily call on governments to lead coordination efforts and encouraged them to explore public–private partnerships as part of the solutions.

The resolutions also encouraged all partners to focus on improving and expanding training programs in the hardest hit countries — an alternative to another proposed solution to have developing countries receive compensation from those who recruit foreign workers.

Both proposals work under the belief that health workers cannot be forced to remain in their home countries.

“One cannot simply interdict such movement since it is a human right to migrate freely, and the idea that developed countries should pay reparations for workers who have migrated doesn’t get to the root of the problem,” says Dr. Peter Walker, former dean of medicine at the University of Ottawa and a presenter at the conference.

Instead, solutions should focus on working conditions in the originating country so workers no longer feel compelled to seek greener pastures, he adds.

The conference was highly anticipated because of its role in bringing together government, nongovernmental organizations, business and academic leaders in the hopes they would produce a coordinated plan for attracting, retaining and dollars, to the cause.

Organizers cited research that suggests tens of billions of dollars will be needed to implement the proposals, but the conference resolutions steered clear of those figures.

“Nobody knows the exact amount of money needed to address this crisis,” says Dr. Francis Omaswa, executive director of the Global Health Workforce Alliance, the conference organizers.

Regardless of wealth, countries around the world are facing a growing crisis in adequately staffing health care facilities. World Health Organization figures estimate that more than 4 million health workers are needed worldwide to achieve international health and development standards.

But research suggests the problem is especially concentrated in Africa, which carries 25% of the global disease burden despite having only 3% of the world’s health workers and 1% of its economic resources.

“The lack of workers is one of the biggest challenges we face in meeting our development goals,” says Uganda’s Health Minister Dr. Stephen Mallinga.

“Health workers are the engine and everything else follows.” — Christopher Mason, Kampala, Uganda

DOI:10.1503/cmaj.080471

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DOI:10.1503/cmaj.080436