ASTEROSEISMOLOGY OF THE NEARBY SN II PROGENITOR RIGEL. II. 
\(\epsilon\)-MECHANISM TRIGGERING GRAVITY-MODE PULSATIONS?

Ehsan Moravveji\(^1,3\), Andres Moya\(^2\), and Edward F. Guinan\(^3\)

1 Department of Physics, Institute for Advanced Studies in Basic Sciences (IASBS), Zanjan 45137-66731, Iran; moravveji@iasbs.ac.ir
2 Departamento de Astrofísica, Centro de Astrobiología (INTA-CSIC), PO. Box 78, 28691 Villanueva de la Cañada, Madrid, Spain
3 Department of Astronomy, Villanova University, 800 Lancaster Avenue, Villanova, PA, USA

Received 2011 December 12; accepted 2012 February 7; published 2012 March 23

ABSTRACT

The cores of luminous B- and A-type (BA) supergiant stars are the seeds of later core-collapse supernovae. Thus, constraining the near-core conditions in this class of stars can place tighter constraints on the size, mass, and chemical composition of supernova remnants. Asteroseismology of these massive stars is one possible approach into such investigations. Recently, Moravveji et al. in 2012 (hereafter Paper I) extracted 19 significant frequencies from a 6-year radial velocity monitoring of Rigel (\(\beta\) Ori, B8 Ia). The periods they determined broadly range from 1.22 to 74.74 days. Based on our differentially rotating stellar structure and evolution model, Rigel, at its current evolutionary state, is undergoing core He burning and shell H burning. Linear fully non-adiabatic non-radial fundamental stability analyses result in the excitation of a dense spectrum of non-radial gravity-dominated mixed modes. The fundamental radial mode (\(\ell = 0\)) and its overtones are all stable. When the hydrogen-burning shell is located even partially in the radiative zone, a favorable condition for destabilization of \(g\)-modes through the so-called \(\epsilon\)-mechanism becomes viable. Only those \(g\)-modes that have high relative amplitudes in the hydrogen-burning (radiative) zone can survive the strong radiative damping. From the entire observed range of variability periods of Rigel (found in Paper I), and based on our model, only those modes with periods ranging between 21 and 127 days can be theoretically explained by the \(\epsilon\)-mechanism. The origin of the short-period variations (found in Paper I) still remains unexplained. Because Rigel is similar to other massive BA supergiants, we believe that the \(\epsilon\)-mechanism may be able to explain the long-period variations in \(\alpha\) Cygni class of pulsating stars.

Key words: asteroseismology – methods: numerical – stars: individual (Rigel) – stars: interiors – stars: massive – supergiants

Online-only material: color figures

1. INTRODUCTION

After the core hydrogen depletion, massive stars \((M \gtrsim 15 M_\odot)\) enter the BA supergiant phase of stellar evolution. During this epoch of evolution, they exhibit periodic and/or quasi-periodic low-amplitude flux microvariability in addition to variations in radial velocity and equivalent width of spectral lines (Waelkens et al. 1998; Kaufer et al. 1996, 1997; Bresolin et al. 2004). Spectroscopic analysis of Lefever et al. (2007) clarified that blue supergiants (BSGs) pulsate in the gravity mode. Recent studies (Degroote et al. 2010; Noels et al. 2010; Miglio et al. 2009) show that asteroseismology of massive BSG stars can probe the extent of convective core overshooting, based on the observed and predicted regularity in period spacings.

On the other hand, there are various theoretical explanations for the observed oscillations in BSGs. The photometric study of Saio et al. (2006) on the B2 Ib/II BSG HD 163899 (which is most likely a less-evolved less-massive analog of Rigel) showed that the \(\kappa\)-mechanism can excite a rich spectrum of pressure (\(p\)) and gravity (\(g\)) modes in the post-terminal-age-main-sequence stars. More importantly, they showed that only those modes that arrive with an appropriate phase to the base of intermediate convective zone (ICZ) can be reflected back to the surface, and hence be observed. Gautschy (2009) searched for the origin of long-period variabilities in the prototype \(\alpha\) Cyg. Interestingly, his Figure 5 shows a gap for stellar models with \(3.95 < \log T_{\text{eff}} < 4.15\) where no instability is predicted; Rigel lies in this gap. According to Saio (2011), Rigel should be unstable against non-radial convective \(g\)-modes. Radial and non-radial strange mode is proposed as another mechanism to induce instability and interplay with mass-loss efficiencies in those massive stars with \(\log(L/M) > 4 \log(L_\odot/M_\odot)\) (Glatzel & Kiriakiidis 1993; Saio et al. 1998; Glatzel et al. 1999; Dziembowski & Slawinska 2005; Aerts et al. 2010; Saio 2011). This requirement is also marginally fulfilled by Rigel. Godart et al. (2009) investigated the destructive impact of core overshooting and mass loss during main sequence (MS) on the extent of ICZ, and showed that models with wider ICZs are more likely to destabilize stellar oscillations.

Once the MS evolution of massive stars ends due to the H depletion in the core, the CNO fusion, which takes place in the hydrogen-burning shell (hereafter HBSH), is the main source of energy. Further contraction and heating of the helium-rich core initiates core He burning (CHeB) when the star is a late B supergiant. While the triple-alpha (\(3\alpha\)) and CNO reactions have mild \(\rho\)-dependence, they are both sensitive functions of temperature. In the zeroth order, the energy generation rate can be expressed as \(\epsilon_{\text{nuc}} \propto \rho^6 T^8\), where

\[
\nu = \left(\frac{\partial \ln \epsilon_{\text{nuc}}}{\partial \ln T}\right)_\rho \equiv \epsilon_T, \tag{1}
\]

\[
\mu = \left(\frac{\partial \ln \epsilon_{\text{nuc}}}{\partial \ln \rho}\right)_T \equiv \epsilon_\rho, \tag{2}
\]

Regarding the \(3\alpha\) reaction, \(\epsilon_\rho = 2\) and \(\epsilon_T = 40–19\) for \(T_b = 1–2\) in addition to an extra \(Y^3\)-dependence. Similarly, for the CNO-burning network \(\epsilon_\rho = 1\) and \(\epsilon_T = 13–17\) at \(T_b = \)
50–25. $T_0$ and $T_s$ denote temperature in million and hundred million Kelvin degrees, respectively, and $Y$ is the fractional He abundance. For more detailed discussions, see Clayton (1968), Weiss et al. (2004), Maeder (2009), and Wiescher et al. (2010).

Several authors have shown that during the evolution of low-mass stars (Noels et al. 1974, 1976; Sonoi & Shibahashi 2011) and massive stars (Shibahashi & Osaki 1976), conditions occur where $\epsilon_{\text{sec}}$ can inject enough energy into the mechanical energy required for the propagation of vibrational modes, and overcome strong radiative damping close to the stellar core. This is the so-called $\epsilon$-mechanism (Unno et al. 1989). This mechanism can be operative during the shell H-burning (Kawaler 1988) or the shell He-burning (Kawaler et al. 1986) phases to successfully explain the observed gravity-mode instabilities in hot white dwarf stars. The radial fundamental mode of very low mass stars and brown dwarfs can also be unstable during the central deuterium-burning phase (Palla & Baraffe 2005; Rodríguez-López et al. 2012). Most recently Miller Bertolami et al. (2011) applied the same mechanism to a subdwarf B star prior to the CHeB phase. In accord with these, the favorable conditions for excitation of internal g-modes can also take place in post-MS massive stars and lead to pulsational instabilities.

We find Rigel to be an excellent source to investigate the existence of the $\epsilon$-mechanism to excite oscillatory modes and to study the possible asteroseismic potential of slowly pulsating BSG stars. In a previous work, Moravveji et al. (2012, hereafter Paper I) presented the Microvariability and Oscillations of Stars (MOST) photometry and radial velocity variations of Rigel, and tabulated 19 significant pulsation frequencies from radial velocity variations. The periods of observed modes range from 1.21 to 74.74 days. Table 1 summarizes the observed physical properties of Rigel from the literature which are an invaluable input for the equilibrium modeling of the star. $Y_\odot$, (N/C)$_\odot$, and (N/O)$_\odot$, are surface abundance ratios of He and CNO products, respectively. The column marked with $v$ shows the measured $v \sin i$ (Przybilla et al. 2010; Simón-Díaz et al. 2010). We explain the properties of the model we found to describe Rigel in Section 2. The pulsation analysis is discussed in Section 3, and in Section 4 we summarize the conditions for the occurrence of the $\epsilon$-mechanism. The purpose of this paper is to highlight the importance of the $\epsilon$-mechanism as a possible destabilizing driving force against pulsations in BSG core-collapse progenitors (Murphy et al. 2004).

### Table 1

| Literature | Reference | Modeled |
|------------|-----------|---------|
|            | (1)       | 19.0    |
|            | (2)       | 18.1    |
|            | (3)       | 12 058  |
|            | (4)       | 5.09    |
|            | (5)       | 1.88    |
|            | (6)       | 80.5    |
|            | (7)       | 0.32    |
|            | (8)       | 1.75    |
|            | (9)       | 0.50    |
|            | (10)      | 76      |

Notes.

* Przybilla et al. (2010) suggest $M = 21 \pm 3 M_\odot$ by fitting to Geneva rotating models.

* This is the measured $v \sin i$.

References. (1) This work; (2) Przybilla et al. 2010; (3) Paper I; (4) van Leeuwen 2007; (5) Aufdenberg et al. 2008; (6) Simón-Díaz et al. 2010.

### 2. MODELING RIGEL

#### 2.1. Input MESA Model

A model that can represent the current evolutionary stage of Rigel on the Hertzsprung–Russell diagram (HRD) has been generated with the aid of MESA stellar structure and evolution code (version 3723). A full description of this instrument is given by Paxton et al. (2011). A non-magnetic differentially rotating model with the initial mass $M_{\text{ZAMS}} = 19 M_\odot$ and initial solar composition as in Grevesse & Noels (1993) at solar metallicity $Z = 0.02$ were generated with the initial rotation velocity $v_i = 200$ km s$^{-1}$ to help mixing He and CNO products to the surface and reproduce the observed values. Surface abundance yields up to the pre-core-collapse stage were compared with Heger et al. (2005) to ensure their agreement. Note that our choice of initial abundances complies with those given in Table 1 of Przybilla et al. (2010). The surface of the model is located at the optical depth $\tau = 0.667$ using the Eddington $T - \tau$ integration scheme (Eddington 1926). Mixing Length theory (MLT) of Böhm-Vitense (1958) is used to treat the convective mixing. The borders of convective zones are found using the Schwarzschild criteria ($V_{\text{rad}} = V_{\text{ad}}$). The model was evolved with the above-mentioned initial values until the post-MS phase and stopped when $T_{\text{eff}} = 12,058$ K, close to the recent measurement. The final radius of the model proved to have negligible dependence on the choice of the mixing length parameter (which is defined as the ratio of the length over which convective cells loose their identity to the local pressure scale height $\alpha_{\text{MLT}} = L/H_p$). A value of $\alpha_{\text{MLT}} = 1.6$ was adopted for the model. The overshooting from the top and bottom of convective zones was suppressed. The metallicity-dependent mass-loss recipe of Vink et al. (2001) and Glebbeek et al. (2009) with $\eta = 0.8$ as in Maeder & Meynet (2001) is used to describe the evolution across the HRD in all models. Calculation of the Brunt–Väisälä frequency is based on Equation (14) in Brassard et al. (1991). To reach the surface yields of He and CNO as measured by Przybilla et al. (2010), we enhanced the efficiency of rotational mixing by a factor of two ($f_r = 2$ in Equation (53) in Heger et al. 2000).

Table 1 lists the modeled physical parameters of Rigel to compare with observations. Not all calculated models meet their measured counterparts. It is neither easy to find a model that simultaneously matches all observed quantities and nor our goal to present the “best” model of Rigel. Yet, the adopted model closely represents the current observed and physical properties of Rigel, and furthermore yields consistent seismic results.

#### 2.2. Internal Structure of the Adopted Model

To better comprehend the complex internal structure of our model, Figure 1 shows profiles of several thermodynamic quantities with $\log T$ on the abscissa. In the left panel, the solid line shows the profile of radiative luminosity which starts to grow from the core due to the CHeB followed by a steep increase around $\log T = 7.7$ arising from HBSh; this profile deviates from total luminosity (short dashed line) wherever
convection assists radiation in energy transport. Therefore, the dips in the radiative luminosity profile mark the convective zones. Most relevant to our study are three radiative zones and three convective zones. They have profound impacts on the energy balance of pulsation modes. The ICZ is situated just above the HBSh at \(7.1 \leq \log T \leq 7.6\); the Iron and He bumps of opacity are around \(\log T \approx 5.2\) and \(\log T = 4.6\), respectively. There are two radiative zones below and above the ICZ, where the former hosts the peak of energy generated from H burning, and the latter lies above the ICZ. There is another radiative zone surrounded by the two opacity bumps. The long dashed and dash-dotted lines signify the spatial mass distribution of the model. Accordingly, around 99% of the mass is inside 25% of star’s radius.

Right panels of Figure 1 show profiles of various quantities related to the energy generation rate. In the top panel, the solid line is the run of energy generation rate \(\epsilon_{\text{nuc}}\) in logarithmic scale. The CHeB peak in the core and HBSh peak at \(\log T = 7.7\) are evident. The dash-dotted line shows the neutrino cooling rate \(\epsilon_{\nu}\), which is mainly an order of magnitude smaller than \(\epsilon_{\text{nuc}}\) except below HBSh. There is an extra source (sink) of energy depending on whether a zone is contracting (expanding). This is designated by \(\epsilon_{s} = -T dS/dt\) (dotted line), where \(T\) and \(dS/dt\) denote temperature and entropy time derivative, respectively. Note that for the layers undergoing expansion, \(\epsilon_{s}\) is negative. The radiative zone above the ICZ is where expansion is dominant. Finally, the profile of the generated net energy \(\epsilon_{\text{nuc}}\) is shown by the dashed line. Note that in the non-burning envelope, expansion and contraction are sources and sinks of energy. Two vertical dotted lines show the extent in the model where energy is purely generated by CNO cycle. A fascinating feature in this model is that this shell is situated partially in a radiative zone which is central to our study.

The right middle panel of Figure 1 shows the runs of \(^{4}\text{He}, ^{12}\text{C}, ^{14}\text{N}, \) and \(^{16}\text{O}\) abundances. The ratios of \(^{12}\text{C}/^{14}\text{N} = 0.015\) and \(^{16}\text{O}/^{14}\text{N} = 0.30\) are comparable with those from Table 25.3 of Maeder (2009) in the HBSh zone.

The right bottom panel of Figure 1 shows the logarithmic derivative of energy generation rate \(\epsilon_{\text{T}}\) (solid line, Equation (1)) and \(\epsilon_{\rho}\) (dotted line, Equation (2)) for our model, respectively. Consistently, \(\epsilon_{\text{T}}\) varies from \(~30\) to \(40\) in the helium-rich core, and steeply declines to \(~11.5–14.0\) in the HBSh where CNO is contributing to a large fraction of Rigel’s luminosity. This latter range of \(\epsilon_{\text{T}}\) is one of the favorable conditions for \(\epsilon\)-mechanism to operate (Section 3.4). A caution must be given to a peak in \(\epsilon_{\text{T}}\) at non-burning envelope around \(\log T = 5.3\) where \(\epsilon_{\text{nuc}}\) is vanishingly small. This arises from careful numerical differencing followed up in MESA and will have no effect on our modal stability analysis since the combination \(\epsilon_{\text{nuc}}\) times \(\epsilon_{\text{T}}\) plays the major roles.

### 2.3. Propagation Cavities

The Brunt–Väisälä frequency \(N^2\), which is defined as (Brassard et al. 1991)

\[
N^2 = g \frac{\frac{1}{r} \left[ \frac{\partial \ln P}{\partial \ln r} - \frac{\partial \ln \rho}{\partial \ln r} \right]}{\Gamma_1},
\]

shows the extent and boundaries of convective zones \((N^2 < 0)\), where \(g\)-modes are evanescent) and the radiative zones \((N^2 > 0)\), where \(g\)-modes are oscillatory). The complexity of the internal structure of our model is indicated in Figure 2 which shows the run of the square root of \(N^2\) (solid line) and Lamb frequency \(S_L^2 = \ell (\ell + 1) c_s^2 / r^2\) as a function of temperature. Here, \(c_s\) denotes the sound speed in the stellar plasma. The profile of \(\epsilon_{\text{nuc}}\) is designated by dot-dashed line in arbitrary units.
The remarkable feature in the model is that the peak and the hotter part of HBSh reside in the innermost radiative zone and extend slightly to the base of the ICZ. The coincidence of this condition is one of the prerequisites for the $\epsilon$-mechanism to operate (Section 3.4). This, however, is not true during the entire evolution of a massive star. Once the central H burning ceases, the helium-rich core starts to contract. As a result, the core temperature $T_c$ increases, and the opacity $\kappa$ near the core drops. In addition, the non-burning core contributes very poorly to the radiative luminosity $L_r$. Therefore, the radiative temperature gradient $\nabla_{rad} \propto \kappa L_r/m T^4$ becomes smaller than $\nabla_{ad} = (\partial \ln T/\partial \ln P)_T$ mainly because of a drastic decrease in $L_r/m$. Thus, the core becomes radiative. This marks the starting point of the post-MS evolutionary phase. The HBSh, which at this evolutionary stage, is the main source of energy, moves away from the core and lies partly in the ICZ and partly in the innermost radiative zone.

3. SEISMIC ANALYSIS

The model discussed in Section 2 is the input to the Granada oscillation Code (hereafter GraCo: Moya et al. 2004; Moya & Garrido 2008). The radial and non-radial oscillation spectra are calculated in both the adiabatic and non-adiabatic frames solving numerically the perturbative equations described in Unno et al. (1989). The set of adiabatic equations provide a first list of eigenfrequencies and eigenfunctions. In the non-adiabatic approximation, the eigenfrequencies are corrected (slightly for non-adiabatic effects), and an additional set of eigenfunctions related with the energy interchanges is obtained. These eigenfunctions make it possible to theoretically calculate the work done by the pulsational mode to its surroundings during a complete period. In addition, we can obtain the relative flux variations and the phase lag between the flux variations and the corresponding variations in radius. These last two non-adiabatically derived quantities are not used in the present study, but could be useful once multi-wavelength photometry of Rigel is carried out.

In the GraCo, the non-adiabatic calculations can be done to include the convection–pulsation interaction using the time-dependent convection theory (Dupret et al. 2005). This theory improves the “frozen convection” (FC) approximation usually implemented in most of the other codes. But this is not necessary in this study, since near the core of stars like Rigel, where the $\epsilon$-mechanism is located, convection is highly developed. As a result, convection can be regarded decoupled from pulsation. In this case, the FC is an appropriate approximation. On the other hand, the adiabatic solutions of GraCo have been used as reference for the Evolution and Asteroseismic Tools Activities works (Lebreton et al. 2008; Moya et al. 2008).

To comply with our list of observed frequencies presented in Paper I, we restrict our search for frequencies from less than $10^{-2}$ to 1.3 day$^{-1}$ and for radial and non-radial modes up to $\ell = 3$. Below the lower frequency limit of $10^{-2}$ day$^{-1}$, convergence is very difficult to achieve. In this respect, our strategy is different from that of Godart et al. (2009) where they employ quasi-adiabatic approach for stability analysis of the radiative core and full non-adiabatic solution for the envelope. This approach is optimized to extract a discrete set of excited modes reflected from the edges of the ICZ in those models where the $\kappa$-mechanism is responsible for pulsational instabilities. We note that while Gautschy (2009) did not find any instabilities for models of Rigel ($3.95 \lesssim \log T_{\text{eff}} \lesssim 4.15$), Saio (2011) predicted that $\alpha$ Cyg type pulsating stars ought be unstable against convective gravity modes. In the following, we explain the asteroseismic results for different degrees $\ell$.

3.1. Energy Balance

The temporal variation of perturbed quantities in GraCo are treated as $\exp(-i\sigma t)$, where $\sigma_R$ and $\sigma_I$ are the real and imaginary parts of the complex eigenfrequency $\sigma = \sigma_R + i\sigma_I$, respectively. The imaginary part is essentially obtained as a solution of the system of differential equations, however, it is also related to the so-called cumulative work $W$:

$$\sigma_I = \frac{\sigma_R}{4\pi} \frac{W}{E_k}, \quad E_k = \frac{\sigma_R^2}{2} \int_0^M |\xi(r)|^2 dm. \quad (4)$$

where $E_k$ is the kinetic energy. According to Unno et al. (1989), their Section 26), the work integral accumulates the contribution from perturbation to radiative flux $W_F$, convective flux $W_C$, and energy generation rate $W_\epsilon$, say

$$W = W_F + W_C + W_\epsilon. \quad (5)$$

The net contribution of $\epsilon_{nuc}$ to the work integral of each mode is

$$W_\epsilon = \frac{\pi}{\sigma_R} \int_0^M \epsilon_{nuc} \left( \epsilon_T + \frac{\epsilon_\rho}{\Gamma_3 - 1} \right) \left( \frac{\delta T}{T} \right)^2 dm, \quad (6)$$

where $\epsilon_T$ and $\epsilon_\rho$ are as in Equations (1) and (2); $\Gamma_3 - 1 = (\partial \ln T/\partial \ln \rho)_S$ is an adiabatic exponent and $\delta T$ is the Lagrangian temperature perturbation. As the bottom right panel in Figure 1 shows, $\epsilon_T$ and $\epsilon_\rho/(\Gamma_3 - 1)$ are both positive quantities; as a result, the integrand in Equation (6) is greater than zero and always has a tendency toward mode excitation given high enough values for $\epsilon_T \gtrsim 11$ (Noels et al. 1974, 1976; Sonoi & Shibahashi 2011).

We define the $\epsilon$-folding time $\tau_\epsilon = \sigma_I^{-1}$ and the growth rate $\eta = W/|W|$, where $|W|$ is an absolute value of the work. With
these, the growth rate lies in the range $-1.0 \leq \eta \leq 1.0$. Therefore, the stability of non-radial modes is determined by the sign of growth rate where positive (negative) values denote overstability (stability).

Since $\epsilon_{\text{mix}}$ is practically (but not necessarily numerically) zero in the envelope of our model, the rise in the profile of $\epsilon_T$ (in the bottom right panel of Figure 1) has no impact on the evaluation of $W_\epsilon$, due to the multiplication of $\epsilon_{\text{mix}}$ by $\epsilon_T$ (see Equation (6)).

### 3.2. Frequency Domain of Excited Gravity Modes

In evolved stars with alternating radiative and convective zones and large density contrast between the core and the envelope, pressure ($p$) and gravity ($g$) modes appear in mixed character, where for each there is a contribution from the other. Consequently, the modes are identified as $p$- or $g$-modes according to the more dominant effect one might have over the other (Osaki 1975; Sobouti 1977). In our case, adiabatic eigenfunctions are high-order gravity-dominated mixed modes with a large number of nodes in both pressure and gravity cavities. The huge number of nodes in the $\epsilon$-mechanism trapping zone is met by the grid of mesh points which is fully in agreement with the asymptotic approach (Tassoul 1980; Smeyers & Moya 2007).

To study the effect of energy balance, Figure 3 shows the variation of growth rate $\eta$ as a function of mode frequency (left panels) and period (right panels) for different spherical harmonic degrees $\ell$. Because models of evolved stars have highly non-adiabatic envelopes, the numerical convergence is not straightforward in all cases, so we do not assume that all eigensolutions are covered; however, the solution space is well sampled so that there is a clear trend in stability behavior of non-radial modes in Figure 3.

For non-radial modes (panels (b)–(d) in Figure 3) and at the lower frequency range, the dense spectrum of eigenmodes are excited by the $\epsilon$-mechanism (discussed in more detail in Section 3.4) and the overstability declines steeply by frequency with an abrupt transition from unstable to stable modes. At the high-frequency end, all modes are strongly damped $\eta \approx -1.0$. In between these two extremes there exists a broad peak in the stable non-radial modes occurring at $\sim 0.26$ day$^{-1}$. This shows that there is a tendency toward instabilities at higher frequencies whose driving force is different from the low-frequency modes. As is discussed in more detail in Section 3.5, the inefficiency of the $\kappa$-mechanism operating around the He bump of opacity is responsible for their stability. Very clearly, there are many observed frequencies (marked by vertical dotted lines) that have no predicted unstable counterparts.

Panels (e)–(h) in Figure 3 present the profile of the growth rate with the corresponding period of the modes. The excited modes are more distinct in this representation. It is clear that four observed modes lie in the predicted domain of excited $g$-modes destabilized by the $\epsilon$-mechanism.

An intriguing question would be the dependence of the frequency domain of overstable modes on the input physics of the equilibrium model. In this way, the low-frequency stable modes could be helped into overstability. Such physical ingredients...
Figure 4. Example of two \( g \)-modes, \( g_{ov} \) (left) and \( g_{st} \) (right). Concise mode information is also included: \( \ell \), \( v \), \( P \), and \( \eta \) are degree, frequency in \( \text{d}^{-1} \), period in days, and growth rate, respectively. The modulus of the radial displacements \( \xi_r (r) \) in panel (a) is normalized to unity at the surface. Though the \( \epsilon \)-mechanism in both modes is the main driver of \( g \)-mode pulsations, the latter is stabilized by radiative damping above ICZ. The excited mode \( g_{ov} \) has a large amplitude in the radiative HBSh and above ICZ so that radiative damping is overcome. The middle panel (b) shows the work integral \( W \) (solid black line), the work derivative \( dW/d\ln r \) (dotted red line), and the square of entropy perturbation \( (\delta S)^2 \) (dashed blue line) all normalized to unity. The bottom panel (c) is zoomed-in views of the same quantities as in panel (b) in the HBSh.

(A color version of this figure is available in the online journal.)

could be the increased opacity at carbon bump (\( \log T \approx 6.3 \)), efficiency of rotationally induced mixing, overshooting from the borders of the ICZ, and the mass-loss rate. We intend to investigate this in the upcoming studies.

3.3. Radial Modes

The fundamental radial mode (\( \rho_1 \) having a period of 8.02 days) and its overtones in the prescribed scanning frequency range are very stable. This stability takes place around the helium partial ionization zone close to the surface of the star. A similar result was achieved by Gautschy (2009) which is in very good agreement with the spectroscopic study of Lefever et al. (2007), who placed their sample of BSGs on the instability strip of various classes of pulsating stars and verified that these supergiants are unstable against \( g \)-modes (see also Saio 2011).

3.4. Excitation of Non-radial Gravity Modes

by the \( \epsilon \)-Mechanism

From Equation (22.1) in Unno et al. (1989) for the linearized equation of energy conservation, we have

\[
\begin{align*}
\omega & = \frac{\tau_{th}}{\tau_{\text{dyn}}} \left( \frac{\delta S}{C_p} \right) = 4\pi r^3 \rho \frac{dL_r}{L_r} \left( \frac{d\delta\epsilon_{\text{nuc}}}{dM_r} \right) \\
& \quad + \left( \frac{\epsilon(\ell + 1)}{d \ln T/d \ln r} \frac{T'}{T} + \frac{\epsilon(\ell + 1)}{r} \frac{\xi_h}{L_r} \frac{4\pi r^3 \rho}{dL_r} \frac{dM_r}{M_r} \right) \delta S
\end{align*}
\]

where \( \omega = \sigma_R \tau_{\text{dyn}} \) is the dimensionless eigenfrequency, \( \delta S \) is the Lagrangian entropy perturbation, \( \xi_h \) is the tangential eigendisplacement, \( T' \) is the Eulerian temperature perturbation, and all other symbols have their common meaning. In the dense interior of the model, the ratio of the thermal timescale \( \tau_{th} \propto M_rC_pT/L_r \) to the dynamical timescale \( \tau_{\text{dyn}} = (R^3/GM)^{1/2} \) is large. Even for small \( \omega \), the right-hand side of Equation (7) has to be large enough to overcome the high adiabaticity in the interior. This expectation is fulfilled for those modes which are trapped in the HBSh, for which the perturbation of the nuclear energy generation \( \delta\epsilon_{\text{nuc}} \) is high enough, and other non-adiabatic terms can be overwhelmed.

To illustrate how the \( \epsilon \)-mechanism is capable of exciting \( g \)-modes, Figure 4 shows two selected solutions, an octupole \( g_{ov} \) (left) and a dipole \( g_{st} \) (right). The former is overstable \( \eta = +0.630 \), while the latter is stable \( \eta = -0.208 \). The radial component of the eigendisplacement \( \xi_r (r) \), which is shown in the top panel (a), is set to unity at the surface \( \xi_r (R) = 1.0 \). The remarkable feature of \( g_{ov} \) is its relatively high amplitude in the radiative zone below the ICZ. There is a phase lag between the real and imaginary parts of \( \xi_r (r) \) which accounts for the huge peak in the modulus of \( \xi_r (r) \) as seen in Figure 4(a). The energy provided by the \( \epsilon \)-mechanism when combined with large amplitude of \( g_{ov} \) in HBSh drives the mode and helps it overcome the radiative damping. In panel (b), the run of energy-related quantities are plotted in arbitrary units. The abscissa is \( \log T \).
The solid line is the cumulative work integral as in Equation (5), the dotted line is the work derivative \(dW/d\ln r\) and the dashed line is the square of the Lagrangian entropy perturbation \(\delta S\).

\[
\delta S = C_p \left( \frac{\delta T}{T} - \nabla_{ad} \frac{\delta p}{p} \right).
\]

After a sharp rise in the HBSh, the profile of \(W\) flattens until it reaches the surface. Above the base of the ICZ, the work integral and its derivative are constant, and there is no heat exchange in the envelope, so there \(\delta S = 0\) for this specific solution. Panel (c) shows a zoomed-in view of the HBSh capable of exciting \(g\)-modes. Clearly, the heat exchange and work derivative are in phase. The maximum of \((\delta S)^2\) and work derivative coincide with the location of HBSh where on top of all \(\xi(r)\) is large, and it is the combined constructive effect of all these facts which destabilizes \(g_{ov}\). The \(e\)-folding time \(\tau_e\) for \(g_{ov}\) and other excited modes are less than a year. This means that given an initial trigger, pulsational instabilities can develop fast (compared to the evolutionary timescales) and saturate to reach an observable level on the surface.

In the right panel, \(g_a\) has large enough amplitude in the HBSh to provide enough energetics for destabilization, but the radiative damping above the ICZ dissipates the mode energy so that the net cumulative work is negative, and this mode is stable \(\eta = -0.208\). Note the different values of eigendisplacement between the right and left panels. The Fe bump of opacity embodies negligible amount of mass (see Section 2.2) and cannot inject enough energy to destabilize \(g_a\).

A noticeable difference between the aforementioned \(g\)-modes in Figure 4 is that the net kinetic energy \(E_k\) of the observable mode is 12 orders of magnitude larger than that of the stable mode. The simple explanation for this is the larger amplitude of \(g_{ov}\) at HBSh compared to \(g_{st}\) (see Equation (4)). That is why those regions in the model that are capable of damping \(g_{ov}\) have no effect on its network \(W\), while the radiative zones have enough energetics to dissipate the mechanical energy of \(g_a\) and damp it out.

3.5. Any Hope on \(\kappa\)-Mechanism?

The broad maxima of stable modes in Figure 3 correspond to gravity modes stabilized by the \(\kappa\)-mechanism arising from the bump of opacity associated with the He partial ionization zone at \(\log T \approx 4.6\). This zone is situated in the outer dilute envelope of Rigel and contains negligible mass (see the long dashed curve in Figure 1). As a result, the He partial ionization zone is incapable of attaining adequate inertia to drive gravity modes.

Figure 5 illustrates an \(\ell = 2\) \(g\)-mode selected from the broad maxima of stable modes depicted in Figure 3 with the frequency of \(\sim 0.26\) day\(^{-1}\) and \(\eta = -0.154\). The profile of \(\xi_\ell(r)\) shown in panel (a) of Figure 5 has a relatively small amplitude in the radiative zone between the iron and He opacity bumps. This is the reason for the negative work derivative \(dW/d\ln r\) inward of the He bump (dotted line in Figure 5, panel (b)). However, there is still a positive and promising contribution to the work integral arising from the He bump as shown by the dotted line in panel (b).

4. CONCLUSION

The HBSh in models of BSG stars (like Rigel) is partly situated in the radiative layer below the intermediate convective zone. This is providing a situation where some modes can have a chance to overcome the radiative damping by the \(\epsilon\)-mechanism provided they have large amplitudes (or equivalently high kinetic energy \(E_k\)) in the radiative part of the HBSh. This can occur when the heat exchange (perturbation to entropy change \((\delta S)^2\)) reaches a maximum value at the H-burning shell. When the location of maximum heat exchange between different stellar layers coincides spatially with the location of appropriate fluctuations of the generated nuclear energy, an instability is likely to take place. Our current study, which includes effects of rotational mixing, can explain the long-term (21 days \(\lesssim P \lesssim 127\) days) periodicities in Rigel. The short-period limit (21 day) where \(\epsilon\)-mechanism destabilizes some \(g\)-modes can possibly be altered by improvements in the physics of rotating stars such as the efficiency of rotational mixing or the extent of convective overshooting from convective zones.

Furthermore, the close similarity between Rigel as a late B supergiant and other early A type supergiants in photometric and spectroscopic variability suggests extrapolating the application of the \(\epsilon\)-mechanism to the long-term variation of the \(\epsilon\) Cyg class of pulsating stars.

The observed short-term spectroscopic variations of Rigel with periods below \(\sim 10\) days are still theoretically challenging (see also Gautschy 2009). Previous works of Dziembowski & Pamyatnykh (1993), Dziembowski et al. (1993), and Pamyatnykh (1999) showed that the iron enhancement and the resulting increase in the height of opacity peak can help explain the overstability of main-sequence-pulsating B stars against heat-driven \(p\)- and \(g\)-modes. If the observed variations with periods shorter than about a week originate from Rigel’s pulsations, not from other sources (e.g., spots, variable winds, and propagating shocks), then \(\kappa\)-mechanism is the only plausible means to induce instabilities. Further local enhancement of iron-group elements at \(\log T \approx 5.2\), in addition to He enhancement at \(\log T \approx 4.6\) can possibly lead to excitation of shorter period modes. However, a more rigorous theoretical investigation of possible mechanisms to locally enhance the desired elements is called for.

With the advent and success of the current space-based missions such as MOST, CoRoT, and Kepler (almost) uninterrupted high-precision photometry over long time baselines...
is made possible. Supergiants such as Rigel and α Cyg type variable stars with possible long periods will greatly benefit from several months of continuous multi-wavelength photometry as planned with BROTE nano-satellite constellation mission (Kuschnig et al. 2009). The first of these nano-satellites is expected to be launched mid-2012. Their first observations are centered on Orion and should include Rigel in its field of view. This allows for the precise asteroseismology of BSGs (as progenitors of core-collapse supernovae and their cores as seeds of the future neutron stars or black holes) to come to fruition, and bring a wealth of information about the near-core conditions of the pre-collapse phase of the evolution of massive stars.

E.M. and E.G. dedicate this study to Professor Yousef Sobouti, the founder of the Institute for Advanced Studies in Basic Sciences (IASBS), Zanjan, and the main contributor of modern astronomy and astrophysics in Iran. We sincerely thank the anonymous referee for helping us improving the science content of the paper. We appreciate the fruitful discussions with Dr. Bill Paxton (KITP, UCSB) for all of the assistance with the HESA code. We are also grateful to comments from Dr. Conny Aerts (KULeuven) for reading the manuscript and for suggesting to use an input model that adequately resolves NNX09AAH28G which we gratefully acknowledge.

This research was supported by the NASA MOST grant NNX09AAH28G which we gratefully acknowledge.

REFERENCES

Aerts, C., Lefever, K., Baglin, A., et al. 2010, A&A, 513, L11
Auffenberg, J. P., Ludwig, H.-G., Kervella, P., et al. 2008, in The Power of Optical/IR Interferometry: Recent Scientific Results and 2nd Generation, ed. A. Richichi, F. Delplancke, F. Parease, & A. Chelli (Heidelberg: Springer), 71
Böhm-Vitense, E. 1958, Z. Astrophys., 46, 108
Brassard, P., Fontaine, G., Wesemael, F., Kawaler, S. D., & Tassoul, M. 1991, ApJ, 367, 601
Bresolin, F., Pietrzyński, G., Gieren, W., et al. 2004, ApJ, 600, 182
Clayton, D. D. (ed.) 1968, Principles of Stellar Evolution and Nucleosynthesis (New York: McGraw-Hill)
Degroote, P., Aerts, C., Baglin, A., et al. 2010, Nature, 464, 259
Dupret, M.-A., Grigahcène, A., Garrido, R., Gabriel, M., & Scuflaire, R. 2005, A&A, 435, 927
Dziembowski, W. A., Moskalik, P., & Pamyatnykh, A. A. 1993, MNRAS, 265, 588
Dziembowski, W. A., & Pamyatnykh, A. A. 1993, MNRAS, 262, 204
Dziembowski, W. A., & Slawinska, J. 2005, Acta Astron., 55, 195
Eddington, A. S. (ed.) 1926, The Internal Constitution of the Stars (Cambridge: Cambridge Univ. Press)
Gautschy, A. 2009, A&A, 498, 273
Glatzel, W., & Kiriakidis, M. 1993, MNRAS, 263, 375
Glatzel, W., Kiriakidis, M., Chernigovskij, S., & Fricke, K. J. 1999, MNRAS, 303, 116
Glebbeek, E., Gaburov, E., de Mink, S. E., Pols, O. R., & Portegies Zwart, S. F. 2009, A&A, 497, 255
Godart, M., Noels, A., Dupret, M.-A., & Lebreton, Y. 2009, MNRAS, 396, 1833
Grevesse, N., & Noels, A. 1993, in Origin and Evolution of the Elements, ed. N. Prantzos, E. Vangioni-Flam, & M. Casse (Cambridge: Cambridge Univ. Press), 15
Heger, A., Langer, N., & Woosley, S. E. 2000, ApJ, 528, 368
Heger, A., Woosley, S. E., & Spruit, H. C. 2005, ApJ, 626, 350
Kaufer, A., Stahl, O., Wolf, B., et al. 1996, A&A, 305, 887
Kaufer, A., Stahl, O., Wolf, B., et al. 1997, A&A, 320, 273
Kawaler, S. D. 1988, ApJ, 334, 220
Kawaler, S. D., Winget, D. E., Hansen, C. J., & Iben, I., Jr. 1986, ApJ, 301, L14
Kuschnig, R., Weiss, W. H., Moffat, A., & Kudelka, O. 2009, in ASP Conf. Ser. 416, Solar-Stellar Dynamos as Revealed by Helio- and Asteroseismology: GONG 2008/SOHO 21, ed. M. Dikpati, T. Arentoft, I. González Hernández, C. Lindsey, & F. Hill (San Francisco, CA: ASP), 587
Lebreton, Y., Montalbán, J., Christensen-Dalsgaard, J., Roxburgh, I. W., & Weiss, A. 2008, Ap&SS, 316, 187
Lefever, K., Puls, J., & Aerts, C. 2007, A&A, 463, 1093
Maeder, A. (ed.) 2009, Physics, Formation and Evolution of Rotating Stars (Berlin: Springer)
Maeder, A., & Meynet, G. 2001, A&A, 373, 555
Miglio, A., Montalbán, J., Egggenberger, P., & Noels, A. 2009, Commun. Asteroseismol., 158, 233
Miller Bertolami, M. M., Córsico, A. H., & Althaus, L. G. 2011, ApJ, 741, L3
Moravveji, Moya, A., Guinan, E. F., Shultz, M., Williamson, M., & Moya, A. 2012, ApJ, 747, 108
Moya, A., Christensen-Dalsgaard, J., Charpinet, S., et al. 2008, Ap&SS, 316, 231
Moya, A., & Garrido, R. 2008, Ap&SS, 316, 129
Moya, A., Garrido, R., & Dupret, M. A. 2004, A&A, 414, 1081
Murphy, J. W., Burrows, A., & Heger, A. 2004, ApJ, 615, 460
Noels, A., Boryn, A., Gabriel, M., & Scuflaire, R. 1976, A&A, 49, 103
Noels, A., Boryn, A., Scuflaire, R., & Gabriel, M. 1974, A&A, 31, 185
Noels, A., Montalban, J., Miglio, A., Godart, M., & Ventura, P. 2010, Ap&SS, 328, 227
Osaki, J. 1975, PASJ, 27, 237
Palla, F., & Baraffe, I. 2005, A&A, 432, L57
Pamyatnykh, A. A. 1999, Acta Astron., 49, 119
Paxton, B., Bildsten, L., Dotter, A., et al. 2011, ApJS, 192, 3
Przybilla, N., Fernshtein, M., Nieva, M. F., Meynet, G., & Maeder, A. 2010, A&A, 517, A38
Rodríguez-López, C., MacDonald, J., & Moya, A. 2012, MNRAS, 419, L44
Saio, H. 2011, MNRAS, 412, 1814
Saio, H., Baker, N. H., & Gauschey, A. 1998, MNRAS, 294, 622
Saio, H., Kuschnig, R., Gauschey, A., et al. 2006, ApJ, 630, 1111
Shibahashi, H., & Osaki, Y. 1976, PASJ, 28, 116
Simón-Díaz, S., Herrero, A., Uytterhoeven, K., et al. 2010, ApJ, 720, L174
Smeyers, P., & Moya, A. 2007, A&A, 465, 509
Sobouti, Y. 1977, A&A, 55, 327
Sonoi, T., & Shibahashi, H. 2011, PASJ, 63, 95
Tassoul, M. 1980, ApJS, 43, 469
Unno, W., Osaki, Y., Ando, H., Saio, H., & Shibahashi, H. (ed.) 1989, Nonradial Oscillations of Stars (Tokyo: Univ. Tokyo Press)
van Leeuwen, F. 2007, A&A, 474, 653
Vink, J. S., de Koter, A., & Lamers, H. J. G. L. M. 2001, A&A, 369, 574
Waellken, C., Aerts, C., Kestens, E., Grenon, M., & Eyer, L. 1998, A&A, 330, 215
Weiss, A., Hillebrandt, W., Thomas, H., & Ritter, H. (ed.) 2004, Cox and Giuli’s Principles of Stellar Structure (Cambridge, UK: Princeton Publ. Associates Ltd.)
Wiescher, M., Górs, J., Ubersonic, E., Imbriani, G., & Pignataro, M. 2010, Annu. Rev. Nucl. Part. Sci., 60, 381