Identification of the Resveratrol Potential Targets in the Treatment of Osteoarthritis

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Research article

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Abstract

Objectives: Osteoarthritis (OA) is a chronic joint degenerative disease and has become an important health problem for the elderly. However, there is still a lack of effective drugs for the treatment of OA. Our research combines bioinformatics and experimental strategies to determine the target of resveratrol for OA treatment.

Methods: First, the differentially expressed genes (DEGs) of OA joint tissues were obtained from the related microarray gene expression data. Second, resveratrol, a natural polyphenol compound, was used to screen the drug treatment target genes. Third, the drug-disease network was established, and the resveratrol target genes for OA treatment were obtained and verified through experimental verification.

Results: A total of 300 differentially expressed genes with 246 up-regulated and 54 down-regulated were found in OA joint tissues, and 310 resveratrol potential target genes were obtained. Finally, six genes, including CXCL1, HIF1A, IL-6, MMP3, NOX4, and PTGS2, were selected to validate the treatment effects of the resveratrol. The results showed that all six genes in human OA chondrocytes were significantly increased. In addition, in these chondrocytes, CXCL1, HIF1A, IL-6, MMP3, NOX4, and PTGS2 were reduced considerably, but HIF1A was significantly increased after resveratrol treatment.

Conclusions: Our data indicates that CXCL1, HIF1A, IL-6, MMP3, NOX4 and PTGS2 are all targets of resveratrol therapy. Our findings may provide valuable information for the mechanism and therapeutic of OA.

Introduction

Osteoarthritis (OA) is a common chronic joint degenerative disease that causes limited joint mobility and chronic pain in the elderly [1], which affects the quality of life in many ways [2]. Many factors, including obesity, joint damage, deformity, trauma and age, are responsible for the OA pathogenesis [3], which are mainly attributed to the gradual deterioration of cartilage structure and function [4]. Current OA treatment strategies, such as exercise, loss of weight, use crutches, take nonsteroidal anti-inflammatory drugs (NSAIDs) and analgesics, involve reducing pain and inflammation, limiting the loss of functional capacity, and maintaining joint mobility [5, 6]. However, for severe pain and adverse reactions to non-surgical treatments, joint replacement is still the ultimate treatment option [7], and there is still an urgent need for more effective OA treatment methods.

OA is characterized by decreased extracellular matrix (ECM) synthesis and loss of tissue cellularity [8]. Chondrocytes are the only cellular components of cartilage [9], which can produce type II collagen and proteoglycan that constitute ECM, and play an important role in cartilage function [10]. Therefore, maintaining the normal function of chondrocytes is an essential factor in preventing the degeneration of cartilage.
Resveratrol (3,4,5-trihydroxystilbene) is a natural polyphenolic compound that can commonly be detected in most grape cultivars. Resveratrol has multiple functions, including antioxidant, anti-apoptotic and anti-inflammatory effects [11]. Resveratrol has a protective therapeutic effect on aging diseases, such as heart disease and diabetes. In addition, resveratrol can ameliorate OA symptoms by inhibiting the activation of nuclear factor-kB (NF-kB) [12] and then down-regulating NF-kB-induced catabolism-related genes [13]. Previous studies showed that intra-articular injection of resveratrol could prevent the destruction of OA cartilage [14] and promote chondrocyte autophagy [15] in OA mouse models. Although many studies have been conducted on the biological activity of resveratrol, its mechanism of action on OA is still not fully understood.

In this study, we used the comprehensive systems pharmacology methods to explore the possible mechanisms of resveratrol in OA treatment. We first obtained the OA-related DEGs and resveratrol target genes, and then the OA-related resveratrol target genes were obtained and verified by quantitative polymerase chain reaction (qPCR) and western blotting in resveratrol-treated human OA chondrocytes. Our research provides a more efficient way to illustrate the therapeutic mechanism of resveratrol on osteoarthritis.

**Material And Methods**

**Osteoarthritis related genes analysis**

The expression data of GSE41342 was obtained from the study of “Data from a time course study of gene expression in a mouse model of osteoarthritis” in the Gene Expression Omnibus (GEO) database (https://www.ncbi.nlm.nih.gov/geo/). This study aims to find DEGs of the OA joint tissues from normal control (NC) mice [16], which is consistent with our study. DEGs were analyzed and obtained by the NetworkAnalyst platform [17], p < 0.05 and $|\log FC| > 1$ as cut-off values. The DEGs were represented by a volcano plot, and gene expression data was represented by a heatmap generated by ClustVis online tools (https://biit.cs.ut.ee/clustvis/). The expression data of the DEGs were obtained from the NetworkAnalyst platform.

**Resveratrol target genes identification and network establishment**

The chemical information of resveratrol was obtained from the PubChem database (https://pubchem.ncbi.nlm.nih.gov/). Afterward, the resveratrol target genes were screened from the Comparative Toxicogenomics Database (CTD) [18], the Similarity ensemble approach (SEA) database (http://sea.bkslab.org/), and the target gene functions were analyzed by the Swiss Target Prediction database (http://www.swisstargetprediction.ch/). The Venn diagram obtained the overlap of resveratrol target genes and OA DEGs. Cytoscape 3.8.2 was used to draw the gene networks.

**The gene ontology analysis**
The Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) enrichment analysis were using the Metascape database, which provides a biologist-oriented resource for the analysis of systems-level datasets [19]. The target genes were mapped into the Metascape database and to identify the biological processes and KEGG pathways of the involved genes. Furthermore, the protein-protein interactions (PPIs) of the genes were analyzed by the STRING database (https://string-db.org/), and the link of the genes was calculated by CytoHubba application in Cytoscape software.

**Chondrocyte isolation and treatment**

Adult human osteoarthritic articular cartilage samples were obtained from patients admitted to the Department of Orthopedics of Jishuitan Hospital (Beijing, China) with OA undergoing total knee replacement (n = 3). The articular cartilage samples were treated with collagenase type II and type IV (1 mg/ml each) in 15 ml Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and 1% penicillin and streptomycin (Life technologies, Carlsbad, California), then incubate at 37°C in 5% carbon dioxide overnight. Single cells were filtered through a nylon mesh filter and collected by centrifugation, and then washed three times with 10 ml phosphate-buffered saline (PBS). The collected OA chondrocytes were then plated at a density of 1 × 10⁵ cells/cm². Normal human chondrocytes were obtained from the National Infrastructure of Cell Line Resource (Beijing, China). Each group of chondrocytes was cultivated for 48 h separately prior to subsequent experiments. Ten µM resveratrol (Sigma, Burlington, MA) was added to the cells, followed by incubation for 24 h. The treatment cells were then harvested and prepared for the following tests. All procedures performed in the study have been approved by the Ethics Committee of Jishuitan Hospital, and the informed consent of all individuals participating in the study or their guardians has been obtained.

**Quantitive-PCR (qPCR) analysis**

The drug-treated cells were collected and washed by PBS, and then using the RNeasy Mini Kit (Qiagen, Germany) to extracted the total RNA and reversed it to cDNA by Bio-Rad RT-PCR System (Hercules, CA, USA). Follow the instructions of the Talent qPCR kit (TIANGEN, Beijing, China) to configure the reaction mixtures, and then incubated it at 95°C for 5 min, followed by 40 cycles of 95°C for 15 s and 60°C for 1 min using the ABI 7500 Fast System (Applied Biosystems, New York, USA). Data were normalized to GAPDH. The primers used in this study were shown in Table 1.

**Western Blot Analysis**

The cells were homogenized in radio-immunoprecipitation assay (RIPA) lysis buffer containing protease and phosphatase inhibitors (Solarbio, Beijing, China) and centrifuged at 12,000 rpm for 30 min at 4 °C. The supernatant was mixed with 4× loading buffer and heated to 100 °C for 5 minutes to denature the proteins. Protein concentrations were determined using the bicinchoninic acid (BCA) protein assay (Solarbio, Beijing, China). Protein samples (30 µg each) were electrophoretically separated by sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) before transferring to polyvinylidene fluoride (PVDF) membranes (0.20 µm; Millipore, Billerica, MA, USA). The membranes were incubated with
Bovine Serum Antibody (BSA) for 1 h at room temperature. Afterwards, the blots were incubated with different primary antibodies, anti-CXCL1 (1:1000; Abcam, Cambridge, UK), anti-HIF1α (1:1000; Abcam), anti-IL6 (1:1000; Abcam), anti-MMP3 (1:1000; Abcam), anti-NOX4 (1:1000; Abcam), anti-PTGS2 (1:1000; Abcam) and anti-actin (1:1000; Abcam), overnight at 4°C. After being washed with Tris-Buffered Saline and Tween 20 (TBST), the blots were incubated with the secondary antibodies, IgG-HRP (1:10000; Abcam), for one h at room temperature. Band signal was visualized by the enhanced chemiluminescent (ECL) kit (Invitrogen, Carlsbad, CA, USA) and detected by Bio-Rad fluorescence scanner. The resulting images of the bands in question were visualized by Image-Lab software.

**Statistical analysis**

The relative protein expressions were quantified by Image J software (NIH, shareware). The data from the qPCR or western blot tests were calculated by GraphPad Prism software version 8.0 (CA, USA). The results are expressed as the Mean ± S.E.M. All data were analyzed by two-tailed Student’s *t*-test. A *P*-value of less than 0.05 was considered statistically significant.

**Results**

**Obtain osteoarthritis-related differentially expressed genes**

The OA mouse model joint tissue gene expression dataset GSE41342 was obtained from the GEO database to analyze the genes related to OA. The gene expression comparison was made on the normal control (NC) group and osteoarthritis group. As shown in Fig. 1, there were a total of 300 differentially expressed genes with 246 up-regulated and 54 down-regulated in OA joint tissues, which may be closely related to the progression of OA.

**Prediction of OA-related resveratrol target genes by comprehensive systems pharmacology methods**

Based on the resveratrol chemical information, the CTD and SEA databases were used to predict the resveratrol potential target genes. Finally, a total of 310 genes were obtained from those databases. Then, according to the biochemical criteria, the function of the target genes was classified, as shown in Fig. 2A. These 310 targets mainly include lyase, kinase, cytochrome P450, oxidoreductase, enzyme, etc.

To further analyzed the resveratrol’s effects on OA, the overlap of drug target genes and OA DEGs was shown as a Venn diagram, which was 15 genes in both groups (Fig. 2B). The overlap genes were not only OA-related genes but also the resveratrol treatment targets. In addition, a network of Resveratrol-Target gene-Osteoarthritis network was constructed (Fig. 2C). Among them, 12 genes are up-regulated, and three genes are down-regulated, which indicated that resveratrol might have an effect on OA by stimulating or inhibiting these target genes.

**The Target Gene Functional Analysis**
In order to further clarify the connection between these target genes, the PPI analysis was conducted by the STRING database. The PPI network was generated, and the link of the genes was calculated. The hub genes in the network were marked in red and yellow, and other genes related to the hub genes were represented by blue nodes (Fig. 3A). A bar plot of the number of hub gene links shown in Fig. 3B, and the genes, such as IL6, PTGS2, HIF1A, CXCL1, MMP3, may play a critical role in the biological activity in OA progression and resveratrol treatment.

Furthermore, to gain a comprehensive understanding of these target genes, the GO and KEGG gene function analysis was conducted by the Matescape database. Fifty-five biological processes GO items, and 12 KEGG pathways were enriched. The biological processes such as inflammatory response and extracellular matrix disassembly (Fig. 3C), and KEGG pathways such as TNF signaling pathway and HIF-1 signaling pathway (Fig. 3D) may be involved in the process of drug treatment of disease.

The expression changes of selected resveratrol target genes in OA

Based on the comprehensive systems pharmacology and gene function analysis, six genes, including CXCL1, HIF1A, IL-6, MMP3, NOX4, and PTGS2, were selected to validate the treatment effects of the resveratrol. In the GSE41342 dataset, all six genes are significantly up-regulated in the OA group (Fig. 4). To further validate our findings, a serial of qPCR quantification and western blot testing were performed in the human OA chondrocytes. As shown in Figs. 5 and 6, the mRNA and protein levels of all six genes were significantly increased (p < 0.05) in human OA chondrocytes, consistent with the data analysis results. Moreover, the mRNA and protein levels of CXCL1, IL-6, MMP3, NOX4, and PTGS2 were significantly decreased (Fig. 5A, 5C-5F, 6A, 6C-6F, p < 0.05), but HIF1A was increased considerably (Fig. 5B and 6B, p < 0.05), after treatment of cells with resveratrol for 48 h. The above results indicate that all six genes are closely related to the OA process and can be used as therapeutic targets for resveratrol treatment.

Discussion

The present study is the first to use bioinformatics analysis combined with subsequent experimental verification to investigate the mechanism of resveratrol in the treatment of osteoarthritis. Based on this strategy, we obtained 15 genes, which were the DEGs closely related to OA pathology and resveratrol treatment. The hub genes, such as IL6, PTGS2, HIF1A, CXCL1, MMP3, also the inflammatory response, extracellular matrix disassembly, TNF signaling pathway and HIF-1 signaling pathway may be involved in the biological activity in the resveratrol treatment process. After analysis of these 15 genes by network and functional enrichment analysis, six genes, including CXCL1, HIF1A, IL-6, MMP3, NOX4, and PTGS2, were chosen for experimental validation. We found that all six genes were significantly changed in human OA chondrocytes. Meanwhile, all six genes were markedly changed after resveratrol treatment, suggesting that they may serve as the crucial targets in the progression of OA and resveratrol treatment.

Chemokine (CXC motif) ligand 1 (CXCL1), also known as growth-regulated protein a (GROa), belongs to the ELR-family of chemokines and modulates angiogenesis, inflammation, tumorigenesis [20, 21].
Previous studies have reported that CXCL1 contributes to the ingress of neutrophils into rheumatoid arthritis (RA) joint [22], and during cartilage development, CXCL1 induces chondrocyte hypertrophy and apoptosis [23]. In general, CXCL1 levels are low under normal physiological conditions but appear to be elevated in patients with RA and OA [24]. In this study, we predicted and verified that the level of CXCL1 was significantly increased in the joint tissues of OA model mice and human OA chondrocytes, which is consistent with the previous studies. Moreover, resveratrol treatment can inhibit the expression of CXCL1, indicating that CXCL1 is the target of resveratrol treatment in patients with OA. According to this evidence, CXCL1 may play a pivotal role in the pathogenesis and treatment of OA.

Hypoxia-inducible factor 1 (HIF-1) belongs to the family of basic-helix–loop–helix-containing PAS domain transcription factors and consists of the subunit HIF-1α and HIF-1β, produced in response to hypoxia [25]. HIF-1α is well known as one of the major regulators of the hypoxic response [26], and controls hypoxic expression of erythropoietin, as well as the expression of genes with metabolic functions [27], which is essential in tumor genesis, inflammation [28]. Our previous study showed that HIF-1α is up-regulated in bone tissue of rats treated with hind limb occlusion, which plays an essential role in fracture healing [29]. It has been demonstrated that HIF-1α is expressed in OA articular cartilage [30] and plays a significant role in chondrocyte survival [31]. HIF-1α could alleviate apoptosis and senescence via mitophagy in chondrocytes under hypoxia conditions, which could also ameliorate surgery-induced cartilage degradation in mice OA model [32]. However, the association between HIF-1α and OA has not been sufficiently explored, and HIF-1α regulation in OA progression is poorly understood. In the present study, our results demonstrated that HIF-1α expression is increased in the joint tissues of OA model mice and human OA chondrocytes and can be enhanced by resveratrol treatment. These findings suggest that the resveratrol may stimulate the HIF-1α to promote the matrix accumulation and decrease degradation of human OA chondrocytes, indicated that HIF-1α may serve as a promising strategy for OA treatment.

Interleukin-6 (IL-6) is known as a mediator of inflammation, immune response, and hematopoiesis [33]. Due to the pathological effects of IL-6 under many adverse conditions, targeting IL-6 has become important in drug development. IL-6 is detected in synovial fluid and expressed in osteoarthritic cartilage and has an essential role in the pathogenesis of OA [34], which makes its inhibition a potential target in the OA treatment [35]. A previous review has confirmed the critical role of IL-6 in the progression of OA, which is supported by the finding that IL-6 expression is elevated in OA human synovial fluid and sera [36]. CXCL1/CXCR2 activation promoted IL-6 expression in a time-dependent manner [37], suggesting IL-6 is an immediate-early gene in OA pathogenesis. In the present study, IL-6 was significantly increased in the joint tissues of OA model mice and human OA chondrocytes, which can be inhibited after resveratrol treatment. This indicates that IL-6 has the function to promote the OA process as the target for resveratrol treatment. Although the function of IL-6 in OA has been proposed, the role of IL-6 in OA still requires further studied.

Matrix metalloproteinases (MMPs) are extracellular zinc-dependent proteases. It not only has a crucial role in extracellular decomposition processes [38] but also provokes focal destruction of the vascular
extracellular matrix (ECM) through proteolysis [39]. MMP3 is a member of the MMPs family and a joint modulator of ECM involved in disease morphogenesis, wound healing, tissue repair, and remodeling [40]. Ma et al. showed that the expression levels of serum MMP3 and inflammatory mediators in rheumatoid arthritis were positively correlated with the severity of the disease [41]. Also, MMP3 was found to be overexpressed in OA synovial cells, and high expression of MMP3 would promote cell proliferation and inhibit cell apoptosis, increasing OA inflammation [42]. Based on the important function in bone-related diseases, MMP3 was chosen as the candidate genes to investigate the OA progress and resveratrol treatment. In the present study, MMP3 was significantly increased in the joint tissues of OA model mice and human OA chondrocytes, which can be reversed by resveratrol treatment. The present study not only provided a treatment strategy for OA but also proved that MMP3 might be a new biomarker for judging the prognosis of OA.

NADPH Oxidase (NOX) 4, a member of the NOX family, is the source of reactive oxygen species (ROS) production [43]. Temporal and spatially directed specific inhibition of abnormal ROS signals in the inflammatory response after joint injury may have the potential to protect normal joint tissues and reduce early changes associated with the development of osteoarthritis [44]. NOX4 constitutively produces hydrogen peroxide ($\text{H}_2\text{O}_2$) [45] and participates in the development and homeostasis of tissues that make up normal joints [46]. NOX4 plays a significant role in the acute phase after joint injury, and targeted inhibition of inflammation caused by NOX4 may help prevent early joint changes in the pathogenesis of post-traumatic osteoarthritis [47]. However, the role of NOX4 in the OA progress and resveratrol treatment remains blank. In this study, we firstly demonstrated that NOX4 was significantly increased human OA chondrocytes, and it was also the target of resveratrol treatment. An in-depth study of the role of NOX4 in the diagnosis and treatment of OA patients is essential and has aroused great interest.

Prostaglandin-endoperoxide synthase 2 (PTGS2) encodes cyclooxygenase-2, which is and highly polymorphic and has a type of single nucleotide polymorphism located in its regulatory regions [48]. Previous studies have also identified high expression of PTGS2 in human OA chondrocytes and synovium samples [49] and showed increased expression in both mouse and human OA cartilage [50]. Down-regulation of PTGS2 reduces the expression of IL-6, MMP-3 [51], and the down-regulation of MMP-3 and PTGS2 have been shown to help inhibit synovial fibroblast proliferation and joint inflammation in rheumatoid arthritis [52]. In the present study, PTGS2 was significantly increased in the joint tissues of OA model mice and human OA chondrocytes, which is consistent with the previous research. Moreover, resveratrol treatment can inhibit PTGS2 expression, which indicates that PTGS2 has the function to promote the OA process as a target for resveratrol treatment.

Our study provides valuable mechanism information of the resveratrol in the treatment of osteoarthritis, which is the first study to use such an approach for predicting resveratrol treatment OA targets. The limitation of our study is only used human OA chondrocytes to simulate the OA status. Alternative methods, such as using OA animal models, would further support our findings, and the predicted genes need to be validated on large-scale samples in the future.
Conclusion

Fifteen potential resveratrol target genes in the OA treatment were obtained from 310 resveratrol target genes and 300 OA-related genes. After functional analysis and experimental verification, six genes (CXCL1, HIF1A, IL-6, MMP3, NOX4, and PTGS2) are verified to involve in the progression of OA and also can be used as the therapeutic target for OA treatment. Our study provides valuable information for the mechanism of OA pathogenesis and clinical treatment.

Abbreviations

OA: Osteoarthritis; DEGs: Differentially expressed genes; NSAIDs: Nonsteroidal anti-inflammatory drugs; ECM: Extracellular matrix; NF-kB: Nuclear factor-kB; qPCR: quantitative polymerase chain reaction; NC: Normal control; GEO: Gene Expression Omnibus; CTD: Comparative Toxicogenomics Database; SEA: Similarity ensemble approach; GO: Gene Ontology; KEGG: Kyoto Encyclopedia of Genes and Genomes; PPIs: Protein-protein interactions; DMEM: Dulbecco’s Modified Eagle Medium; FBS: Fetal bovine serum; PBS: Phosphate-buffered saline; RIPA: Radio-immunoprecipitation assay; BCA: Bicinchoninic acid; SDS-PAGE: Sodium dodecyl sulphate polyacrylamide gel electrophoresis; PVDF: Polyvinylidene fluoride; BSA: Bovine Serum Antibody; TBST: Tris-Buffered Saline and Tween 20; CXCL1: Chemokine (CXC motif) ligand 1; GROα: Growth-regulated protein a; HIF-1: Hypoxia-inducible factor 1; IL-6: Interleukin-6; MMPs: Matrix metalloproteinases; NOX: NADPH Oxidase; ROS: Reactive oxygen species; PTGS2: Prostaglandin-endoperoxide synthase 2.

Declarations

Acknowledgements

Not applicable.

Authors’ contributions

Writing- Original draft preparation: M.Z. Software, Data curation: M.Z. and D.W. Resources, Validation: D.W. Writing- Reviewing and Editing, Supervision: J.T. All authors approved the manuscript for publication.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.
Ethics approval and consent to participate

All procedures performed in the study have been approved by the Ethics Committee of Jishuitan Hospital, and the informed consent of all individuals participating in the study or their guardians has been obtained.

Consent for publication

Consent for publication has been obtained from all patients.

Competing interests

The authors declare that they have no competing interests.

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Figures

Figure 1

The differentially expressed genes (DEGs) of the osteoarthritis (OA) joint tissues. (A) The volcano plot of DEGs in the joint tissues between the normal control (NC) group and the OA group. (B) Heatmaps of DEGs in the joint tissues of the NC group and the OA group. Colors in the heatmaps indicate the Row Z-score among the different datasets. The red and blue nodes represent high expression and low expression genes, respectively.