Appendix 1. Behavior/emotional problems included in the PECAN, with different phrasings in the questionnaire. All items were in Swedish.

| Behavior/emotional problem (short-hand) | When presented as problem to be explained: “In the past week, why did you - “ | When presented as possible cause to other problems (both for selecting and % ratings) |
|----------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Eats less                              | - skip meals?                                                                   | I had skipped meals                                                               |
| No exercise                           | - opt out on physical exercise?                                                 | I don’t exercise                                                                 |
| Sleep problems                        | - fall asleep late or didn’t sleep well                                         | I got too little sleep the previous night                                          |
| Daytime resting                       | - rest or sleep during daytime?                                                 | I had slept or rested during daytime                                              |
| Conflicts                              | - get into fights / arguments with family or friends?                           | I had been in a fight with family or friends                                       |
| Hypochondric worries                  | - scan your body for - / google symptoms?                                      | I was worried about being sick                                                    |
| Trouble concentrating                 | - have trouble focusing or make decisions?                                     | I could not focus my thoughts or come to a decision                               |
| Social media                          | - get stuck on social media?                                                    | I got stuck on social media                                                       |
| Stays at home                          | - stay home from work, school or seeing people?                                 | I stayed home from work, school or seeing people                                   |
| Procrastinates                        | - postpone or avoid chores or assignments?                                     | I had postponed or avoided chores or assignments                                   |
| Substance use                         | - use alcohol or drugs?                                                         | I had used alcohol / drugs                                                         |
| Self-harm                              | - hurt your own body?                                                           | I had hurt my own body                                                            |
| Suicidal thoughts                     | - consider, plan, or attempt to kill yourself?                                 | I considered, planned or tried to commit suicide                                 |
| Eats more                              | - eat more than you should?                                                     | I had eaten too much                                                              |
| Compulsions                           | - do compulsive behaviors?                                                      | I got stuck in, or wanted to avoid, compulsive behaviors                           |
| Ruminates                             | - get stuck in rumination (past events, self-blame)                             | I got stuck in, or wanted to avoid, ruminative thoughts                            |
| Worries                                | - get stuck in worrying (economy, friends, disaster)                            | I got stuck in, or wanted to avoid, worrying thoughts                              |
| Flashbacks (incl avoid)                | - experience intrusive memories from traumas?                                   | I had, or wanted to avoid, traumatic flashbacks                                   |
| Panic (incl avoid)                     | - have panic-like anxiety?                                                      | I had, or wanted to avoid, panic like anxiety                                     |
| Pain (incl avoid)                      | - felt pain (headache, stomachache)?                                           | I had, or wanted to avoid, pain (headache/stomachache)                            |
| Social anxiety (incl avoid)            | - experience social anxiety?                                                    | I had, or wanted to avoid, social anxiety                                         |
| Alone/sad (incl avoid)                 | - feel painfully alone or sad?                                                  | I felt, or wanted to avoid feeling, lonely or sad                                 |
| Tired (incl avoid)                     | - feel extremely tired?                                                         | I felt, or wanted to avoid feeling, tired                                          |
| Stressed (incl avoid)                  | - feel stressed out or hyper                                                    | I felt, or wanted to avoid feeling, stressed out                                  |
| Bored (incl avoid)                     | - feel bored or inability to experience joy?                                   | I felt, or wanted to avoid feeling, bored or lack of joy                          |
| Angry (incl avoid)                     | - feel angry / irritable?                                                       | I felt, or wanted to avoid feeling, angry                                          |