Review

Diatoms in Paleoenvironmental Studies of Peatlands

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Abstract: The great diversity of diatoms in aquatic ecosystems and their close relationship with water chemistry make them one of the most informative and widely used biological proxies in paleoenvironmental studies of wetlands, except for peatland ecosystems. Currently, significant controversy still exists over the preservation of diatoms in peat. However, considerable evidence indicates that diatoms remain in good condition in minerotrophic peatlands, and they have been successfully used in paleoenvironmental studies in high-latitude regions and especially in Southern Europe.

Keywords: diatoms; paleoecology; peatlands; Southern Europe

1. Introduction

Peatland ecosystems are highly sensitive to climatic conditions and anthropic pressure; therefore, they have been classified as a priority habitat of community interest by the Habitats Directive 92/43/EEC of the European Union [1], in order to establish protection areas and promote monitoring programs that guarantee their conservation. This situation, in the context of climate change, is especially concerning in Southern Europe, where their distribution is very limited and highly fragmented [2–4].

Peatlands are wetlands formed through a complex biogeochemical equilibrium that produces a positive balance in the formation of peat, as a result of the accumulation of mostly vegetable organic matter under anaerobic conditions due to water saturation [5]. The development of peatlands during the Holocene has been a global sink of C large enough to have a significant impact on the overall C budget and changes in atmospheric CO2, despite representing only 3% of the earth’s surface [6–10]. The conservation and restoration of peatlands in the current context of global change play a crucial role both in preventing peatland degradation that would cause the release of stored carbon to the atmosphere [11–14] and in the maintenance of the biodiversity associated with peatland ecosystems; however, for the latter purpose, reference conditions and human disturbances must be assessed through a paleoecological approach [12,15]. In fact, the continuous accumulation of peat for thousands of years provides one of the best records for landscape, paleoecological, and climate reconstruction studies [16,17].

In paleoenvironmental studies of peatlands, macroscopic plant remains and pollen are generally considered the best tracers among the different biological proxies preserved in peat because changes in vegetation are directly related to the formation of peat [18], and they are widely used in peatlands of Southern Europe [19–22]. Thecamoebians are also a common indicator often associated with Sphagnum. They are more sensitive to water conditions and show a faster response to environmental changes than vegetation [23,24]. Diatoms are one of the most widely used indicators in paleoenvironmental and current ecology studies in wetlands because they are highly sensitive to changes in water chemistry, pH, and nutrient conditions; however, diatoms are only exceptionally used in peatlands [25,26]. For this
reason, this paper focuses on the potential of diatoms in paleoenvironmental studies of peatlands reviewing the scarce and disperse information available in Europe and other regions of the world.

2. Diatoms in Peatland Ecosystems

Diatoms are one of the most ubiquitous and diverse photosynthetic microorganisms in aquatic ecosystems [27] and one of the most widely represented algal groups in peat bogs (e.g., [28–32]). The diversity of diatoms in the peatlands of Europe is very high, with around 403 recorded taxa, and a major representation of the genera Pinnularia (14%), Eunotia (10%), and Navicula (10%), with respect to the total number of taxa [28,29,32–50], and with similar species numbers and compositions to those found in peatlands in other regions of the world due to the cosmopolitan nature of diatom species (e.g., [30,31,51,52]). However, knowledge about the ecology of diatom communities in peatlands is still insufficient compared with other types of wetlands [25].

Peatlands are very complex ecosystems, with a great diversity of microhabitats and spatial heterogeneity as a result of the discontinuous water availability, the distribution of vegetation, and small-scale chemical gradients [41]. Like vegetation, species richness of diatom communities decreases with the moisture and chemical gradient, from fen to bog [42,53]. Water availability, pH, and ionic composition of water are the main factors in the distribution of diatom species in microhabitats and the composition of diatom communities in peatlands [29,31,44,52].

Moreover, bryophyte communities can govern the distribution of diatoms, since differences in leaf morphology and water retention capacity among Sphagnum species can condition water availability and, consequently, other chemical factors [54]. However, the composition and fluctuation of diatom communities are not necessarily associated with changes in bryophyte communities [42,55], unlike in the case of thecamoebians [23,24].

Given that peats are shallow environments, their diatom communities are characterized by a low representation of diatoms of the order Centrales and/or planktonic diatoms, with greater representation of tychoplanktonic and/or epiphytic species, such as Tabellaria flocculosa, Fragilaria capucina, Staurosira construens, Stauroforma virescens, Gomphonema angustatum, Gomphoenma gracile, or Gomphonema parvulum [56]. The abundances of the different diatom taxa are consistent with water chemistry in peat bogs, with majority representation of taxa from acidophilic, halophobic, aerophilic, and oligotrophic environments [56] and particularly high representation and diversity of genera Eunotia and Pinnularia [43].

3. Diatom Preservation in Peat

The water source of the peatlands determines the chemistry of the water (i.e., water availability, the degree of mineralization, nutrient levels, and the pH of the water), so that three main types of peatlands can be established according to the origin of the water: (i) minerotrophic, exclusively runoff water; (ii) ombrotrophic, exclusively rainwater; and (iii) mixed, in the case of minerotrophic peatlands with vertically elevated ombrotrophic domes. The minerotrophic peatlands are a majority in Europe while the less frequent ombrotrophic peatlands are mainly distributed in the area of European Atlantic influence [57].

The current diatom communities in peatlands are abundant, but diatom thanatocoenosis in peat is still unknown, and its preservation is widely discussed. However, evidence suggests that the conservation status of diatom valves in paleoenvironmental records in minerotrophic peatlands is good [25]. The method generally used in the extraction of diatoms from peat is acid digestion (e.g., [58–61]), which was improved and standardized by Serieyssol et al. [62].

Patrick [58] examined the diatoms of the mixed Patschke bog peat deposits (Texas, TX, USA), and observed in the ombrotrophic part there are only a few poorly preserved remains of diatoms at some levels, but a greater abundance in the minerotrophic part with an acceptable degree of general conservation, although worse in the case of thinly silicified Frustulia valves, with highly fragmented and dissolved valves noted. Moreover, Kräckelbäcken mires (Dalarna, Sweden) are minerotrophic
peatlands with a great abundance of diatoms and good state of preservation of the valves throughout the entire peat profile [63]. However, the poor conservation of post-burial diatom frustules in peat has been one of the main explanations for their absence or deterioration in the paleoenvironmental records from peatlands, as evidenced by rigorous studies on the peat bogs of Villaseca and La Mata (León, Spain) in the Iberian Peninsula [64,65]. The pH is considered the main factor that determines the redissolution of silica by complexing with organic acids (e.g., salicylic, oxalic, or humic acids); however, this chemical dissolution process follows the dissolution curve of silica occurring at basic-circumneutral pH ranges while falling sharply at acidic pH ranges [66,67]. Only alkaline (or calcareous) peat bogs formed on a bed of limestone rocks, with calcium-rich waters and buffered by the bicarbonate system, have pH ranges $>5.5$ to 9, which are favorable for the dissolution of silica [68,69]; however, the knowledge about this minority typology is very poor, as there are no paleoenvironmental studies or diatom preservation data. In addition, other factors in combination with pH—such as oligotrophy, which involves low concentrations of dissolved silica and a high fragmentation, as it is a shallow environment—could favor redissolution of diatoms [53,65,70]. Pienitz [40] proposed an active role of bacteria in the redissolution of silica from diatoms frustules analogous to the mechanisms known in marine ecosystems [71–73], but there are no similar phenomena described in continental aquatic ecosystems especially at low pH ranges.

On the other hand, abundant empirical evidence from paleoenvironmental studies in minerotrophic bogs shows acceptable concentrations of highly preserved frustules in high-latitude minerotrophic bogs in America (e.g., [51,53,56,59,74,75]), Asia (e.g., [76–78]), and Europe (e.g., [63,79–81]), but also in Southern Europe, in several peatlands of the Aquitania Basin area [82], French Massif Central (France) [60,61,83,84], and Central Sredna Gora Mountains (Bulgaria) [85–87] (Table 1 and Figure 1). Exceptionally, peatlands at even lower latitudes in the Badda peak, of more than 4000 m altitude, of the high Ethiopian mountain have diatoms with a good state of conservation as to be used in paleoenvironmental studies [88].

![Figure 1](image-url). Distribution of peatlands in Europe, below the 47° N parallel the Southern Europe peatlands, in which diatoms have been used in paleoenvironmental reconstruction studies (see Table 1) (map modified from Tanneberg et al. [89]): (1) Villaseca; (2) La Mata; (3) Charente; (4) Le Verdier mire; (5) Vireilles fens; (6) La Prenarde-Pifoy mire; (7) Bogdan-3; (8) Bogdan-6; (9) Shiligarka; (10) Stordalen mire; (11) Kräckelbäcken fen; (12) Reksuo; (13) Punassuo; (14) Munasuo.
Table 1. List of peatlands in Europe, below the 47° N parallel the Southern Europe peatlands, in which diatoms have been used in studies of paleoenvironmental reconstruction.

| Peatlands          | Depth (cm) | Years Cal BP | Location                          | Geographical Coordinates | Altitude (m.a.s.l.) | Country | References |
|--------------------|------------|--------------|-----------------------------------|---------------------------|---------------------|---------|------------|
|                     |            |              |                                   | Latitude (N) Longitude (W/E) |                     |         |            |
| Villaseca fen       | 65         | n.d.         | Villablino (León, Spain)          | 42°57’ 6°16’              | 1320                | Spain   | Leira et al. [64], Leira [65] |
| La Mata fen         | n.d.       | n.d.         | Villablino (León, Spain)          | 42°58’ 6°13’              | 1500                | Spain   | Leira et al. [64], Leira [65] |
| Charente            | 500        | n.d.         | Valley of Boëme, near Mothiers-sur-Boëme (Charente, France) | 45°36’–45°31’ 0°4’–0°12’ | 125–150         | France  | Diot and Baudrimont [82] |
| Le Verdier mire    | 296        | 2231 ± 251   | Saint-Jean-Soleymieux (Loire, France) | 45°49’–45°51’ 3°45’–3°52’ | 675                | France  | Cubizolle et al. [61] |
| Virennes fens       | 176        | 3518 ± 169   | Puy-de-Dôme (Auvernia, France)    | 45°31’–45°32’ 3°37’–3°40’ | 1080               | France  | Cubizolle et al. [61,83] |
| La Prenarde-Pifoy mire | 121     | 2485 ± 50    | Saint-Jean-Soleymieux (Loire, France) | 45°30’11” 3°58’51”      | 1125               | France  | Cubizolle et al. [84] |
| Bogdan-6            | 75         | 11622 ± 956  | Koprivshitsa (Sofia, Bulgaria), Bogdan, Hisarya (Bogdan, Bulgaria) | 42°36’–42°33’ 24°26’–24°31’ | ca. 1400     | Bulgaria | Stancheva and Temniskova [87] |
| Bogdan-3            | 140        | 9056 ± 848   | Koprivshitsa (Sofia, Bulgaria), Bogdan, Hisarya (Bogdan, Bulgaria) | 42°36’–42°33’ 24°26’–24°31’ | 1400               | Bulgaria | Stancheva and Temniskova [87] |
| Shiligarka          | 60         | 6061 ± 532   | Koprivshitsa (Sofia, Bulgaria), Bogdan, Hisarya (Bogdan, Bulgaria) | 42°36’–42°33’ 24°26’–24°31’ | ca. 1400     | Bulgaria | Stancheva and Temniskova [87] |
| Stordalen mire      | 80         | 1200         | Stordalen mire (Norrbotten, Sweden) | 68°21’ 19°03’             | ca. 161           | Sweden  | Kokfelt et al. [81] |
| Kräckelbacken mires | 400        | 6668 ± 249   | Kräckelbacken mires (Dalarna, Sweden) | 61°30’ 14°13’             | ca. 700           | Sweden  | Foster and Fritz [63] |
| Kotasuo bog         | 530        | 2883 ± 366   | Central part of Espoo parish (Lusima, Finland) | 60°15’ 24°35’ n.d.       |                    | Finland | Korhola [79] |
| Punassuo bog         | 650        | 3729 ± 327   | Perniö (Teijo) (Punassuo (Southwest Finland, Finland) | 60°13’ 23°02’ n.d.       |                    | Finland | Korhola [80] |
| Munasuo bog          | 610        | 2404 ± 374   | Pyhtää (Kymenlaakso, Finland)    | 60°34’ 26°40’ n.d.       |                    | Finland | Korhola [80] |
Serreyssol et al. [62] established that the greater preservation of diatoms in minerotrophic peatlands than in ombrotrophic ones is the result of the greater redissolution of frustules at pH < 5. However, this explanation is contrary to the dissolution curve of silica in water as a function of pH [66,67,90], and current diatoms can survive in acidic peat environments even at a pH around 3 [30,41,52]. Differences in water availability between ombrotrophic- and minerotrophic-type peatlands can probably condition the amounts of diatoms on the surface; therefore, they can also condition the presence of diatoms incorporated into the peat. Consequently, ombrotrophic peatland development possibly leads to a decrease in diatoms associated with the increase in subaerial environment [74], specifically during dry periods [87]. The Mount Badda fen (Oromia, Ethiopia) shows alternating cycles of subaerial (ombrotrophic) and aquatic (minerotrophic) peat; these phases show a differential incorporation of diatoms into the peat. Subaerial phases show very low abundances of diatoms; moreover, diatom valves are more fragmented and partially dissolved, particularly smaller, thinly silicified valves [89]. However, some aspects of diatom preservation in peat are still unknown.

4. Diatoms Paleoenvironmental Studies in Peatlands

The presence of diatoms in peat is well-known but was not documented until 1969, by Diot and Baudrimont [82], and later in 1987, by Auer [91], in the first studies on the distribution of peat deposits in Canada. Diot and Baudrimont [82], from the Boëme Valley peat bog (Charente, France), showed a high sensitivity of diatoms to changes in water level, presumably the result of climatic changes in the rainfall regime, with greater abundance of total diatoms, diversity and proportion of (tycho-)planktonic diatoms (i.e., Ellerbeckia arenaria, Melosira varians, and Ulnaria ulna) in humid periods compared to dry periods, also concordant with the record of gastropod remains and pollen records. Diot and Baudrimont [82] suggested the potential of diatoms in the refinement of paleoenvironmental interpretations as paleoecological indicators of the peatland local conditions; this feature is also emphasized by recent authors [60,61,64,87].

4.1. Diatoms as Indicators of Human Impact on Peatlands

The study of minerotrophic peatlands in the French Massif Central also emphasized the high sensitivity of diatoms to hydrological changes and the influence of land use in the basin on the wetland, especially for the refinement of the interpretation of pollen data [59,60,80]. According to archaeological data, the Le Verdier mire was originated from a semi-natural shallow wetland during the final Bronze Age and the first Iron Age, possibly to serve as a water reservoir for agricultural use. The peat bog initially developed at 2231 ± 251 years cal BP, as shown by complementary diatom and pollen profiles: the increase in (tycho-)planktonic diatom taxa (i.e., Aulacoseira distans and Aulacoseira italic) is associated with a decrease in arboreal pollen and an increase in pollen from aquatic plants, cereals, and crops. This evidence indicates an increase in water level in periods of enhanced agricultural activity [60].

Moreover, the Virennes fen and the La Prenarde-Pifoy mire evidence the great impact of agriculture on fragile oligotrophic peatland ecosystems and the high sensitivity of diatoms to slight changes in nutrient levels [60,61]. The Virennes fen formed at 3518 ± 169 years cal BP, also with important changes in diatom communities due to an increase in nutrient input and a decrease in water level, which was caused by increasing agricultural activity in the basin. As a result, diatom assemblages in lower levels, with a diversity of acidophilic and oligotrophic diatom taxa typical of peatlands (i.e., Eunotia paludosa, Eunotia spp., Pinnularia spp., and T. flocculosa), were replaced by eutrophic diatom taxa, which are also present in mineral soils (i.e., Nitzschia terestris, Fragilaria capucina, and Selaphora pupula) between 558 ± 41 and 184 ± 24 years cal BP [61].

The La Prenarde-Pifoy mire formed at 2485 ± 50 years cal BP, with a diatom community mainly dominated by genera Pinnularia and Eunotia, acidophilic and oligotrophic diatoms typical of peatlands, with a high proportion of epiphytes (i.e., Cocconeis placenta and Gomphonema spp.) and with the presence of planktonic forms of the genus Aulacoseira, both groups indicative of a shallow wetland.
However, the increase in agricultural activity between 2400 and 2000 years cal BP, as indicated by cereal and crop pollen records, led to an increase in nutrients in the wetland, causing drastic changes in the diatom community, with a decrease in diversity, a marked increase in meso-eutrophic diatoms (i.e., Cocconeis placentula, Fragilaria capucina, Staurosira construens, Fragilariaformia virescens, and Ulnaria ulna), and an increase in planktonic diatoms (i.e., Aulacoseira alpigena and A. distans) [84].

4.2. Diatoms as Indicators of Long-Term Change in Peatlands

Rühland et al. [76] provided a more complete reconstruction of the peatland succession based on the multiproxy paleoecological study of Siberian Arctic peat bogs, using diatoms as best indicators of hydrological and local conditions of the peat bog, as has also been recently recognized in similar studies on peatlands in Northwestern China [78].

Stancheva and Temniskova [87] demonstrated the high specificity of diatoms in peatland environments, with their ecological succession reflecting hydrological changes caused by regional climatic changes. The two Bogdan peatlands of the Sredna Central Mountains (Bulgaria) show the same paleoecological evolution, with pioneer peatland diatom flora occurring between 9056 ± 28 years cal BP (Bogdan-3) and 8742 ± 1392 years cal BP (Bogdan-6); the same process can be observed in Shiligarka, although later than in the former ones (6061 ± 532 years cal BP). A long period of drought or decrease in annual rainfall during the mid-Holocene period, as indicated by other records in Southern Europe [92], interrupted the formation of peat and led to a decrease in the abundance of diatoms in the peat. The final stage in the three peat bogs corresponds to a wet period due to the new peat formation, with an increase in diatoms and a high diversity of diatom assemblages in the peat. The Bogdan and Shiligarka peatlands (Sredna Gora Mountains, Bulgaria) have aerophilic, acidophilic, and oligotrophic diatom taxa that are typical of peatlands, and the taxa found in the sedimentary record are very similar among all the peatlands, with a dominance of genera Eunotia (i.e., Eunotia glacialis, Eunotia serrat, Eunotia steineckei, and Eunotia monodon), Pinnularia (i.e., Pinnularia subcapitata, Pinnularia appendiculata), Frustulia, and Stenopterobia; a fluctuating representation of planktonic or aerophilic diatoms, such as Aulacoseira alpigena or Hantzschia amphioxys, respectively; and a progressive growth of the diatom:chrysophycean cysts ratio [87].

Kräckelbäcken mires (Dalarna, Sweden) are minerotrophic peatlands formed at 6668 ± 249 years cal BP, on a granitic rock bed. Peat composition has four phases of development as a result of the ecological succession of the vegetation associated with an increase in water level. Diatom communities show great specificity to water level but are also closely related with the main changes in vegetation. A short initial phase dominated by Sphagnum and Eunotia minor is followed by a second phase with greater bryophyte diversity and with the dominant diatom Aulacoseira nyngaardii, which is indicative of higher water levels. The third and fourth phases are submerged and subaerial areas of the mires, respectively. The third phase is a submerged area with low incorporation of vegetation into the peat and an increase in the following diatom species: Eunotia parallae, Eunotia triodon, Tabellaria quadriseptata, Kobayasiella subtilissima, and Pinnularia abaujensis. The fourth phase is a subaerial area dominated by sedge vegetation and by the following species of diatoms: Eunotia exigua, Eunotia lapponica, Eunotia trinacria var. undulata, and Pinnularia rupestris. The species Eunotia denticulata and Pinnularia rupestris are also dominant in the last two phases [63].

The paleoecological succession of the Le Fleuve (i) and Rivière-du-Loup (ii) peat bogs in the lower Saint Lawrence River (Bas-Saint-Laurent, QC, Canada) shows a high specificity and sensitivity of diatom assemblages to microhabitats and to the peatlands’ natural succession, despite the existence of small environmental differences and the poor diversity of diatom taxa in peatlands. The diatom assemblage sequence in the Le Fleuve (i) peat bog shows the progressive clogging of a shallow aquatic system and the subsequent minerotrophic peat-bog formation. This change is characterized by the replacement of predominantly aquatic diatom taxa, such as Cymbella aspera and Pinnularia streptoraphe; and by acidic and aerophilic diatom taxa typical of peatlands, such as Eunotia paludos, Pinnularia subcapitata, and Pinnularia aff. hilseana, accompanied by H. amphioxys as an aerophilic soil species [59].
Moreover, Cubizolle et al. [60] and Leira et al. [64], in European minerotrophic peatlands, described analogous drastic changes in diatom assemblages during the progression from a lake environment, with the predominance of planktonic diatoms (i.e., *Aulacoseira* spp.), tychoplanktonic fragilarioid diatoms (i.e., *Pseudostaurosira brevistriata*, *Staurosira construens*, *Staurosirella pinnata*), and epiphytic *Gomphonema* species (i.e., *Gomphonema parvulum*, *Gomphonema affine*), to the origin and formation of a peat bog, with dominance of diatom taxa *Pinnularia* spp. and *Frustulia* spp. and with the increase of *Eunotia* spp.

The Rivière-du-Loup (ii) peat-bog diatom assemblage shows the evolution of the peat bog toward a greater degree of ombrotrophy, characterized by the decreasing diversity of an assemblage dominated by *Eunotia tenella*, *E. paludosa*, *Frustulia saxonica*, and *Pinnularia borealis* and with the presence of *H. amphioxys*, which were replaced by an almost monospecific dominance of *E. paludosa*, an indicator of oligotrophy and long drought periods in *Sphagnum* peat bogs. However, Lortie [59] mentioned as main limitations of diatoms the absence of adequate transfer functions in peatlands, their distribution in microhabitats, and the absence of knowledge about species autoecology, which remains poorly studied to this day (e.g., [29,31,50]).

The Mount Badda fen (Oromia, Ethiopia) is a minerotrophic peat bog formed at 11418 ± 557 years cal BP in a glacier over-excavation on a basaltic rock bed. The diatom sequence along the profile shows two regularly alternating phases (subaerial/aquatic), closely related to cyclic fluctuations in the rainfall regime. The subaerial phase, although poor in diatoms, is dominated by diatoms indicative of ombrotrophic conditions (i.e., wet, low pH, and oligotrophy), such as *Aulacoseira distans*, *Eunotia praerupta*, *Eunotia pectinalis*, *Pinnularia borealis*, *Diploneis smithii*, *Diploneis elliptica*, and *Diploneis pseudovalis*. The aquatic phase is dominated by tychoplanktonic diatoms indicative of minerotrophic conditions (i.e., higher water levels, low to circumneutral pH, and mesotrophy), such as *Pseudostaurosira brevistriata*, *Staurosira construens*, *Staurosira pinnata*, and *Staurosirella pinnata* [89].

5. Conclusions

Diatoms have been proven to be a valuable tool as paleoecological or paleoenvironmental indicators in minerotrophic peatlands that should be more commonly applied to paleoecological studies of peatlands, with considerable abundances and an optimum degree of preservation of valves in peat. On the contrary, the abundance and preservation of diatoms in the paleoecological records of ombrotrophic peatlands is very poor; possibly, the lower availability of water prevents the abundance and incorporation of diatoms into the peat, although the causes of this differential conservation, depending on the type of peatlands, are still unknown. However, diatoms have a great potential for the study of peatlands because, although they are not useful in ombrotrophic peats, minerotrophic peatlands are the most widely represented type.

The diatoms are widely represented in all types of peatlands, they are highly diverse, and their taxonomy is well-known. Water availability, pH, and chemical composition of water are the main factors that determine the composition of diatom communities, so they constitute good (paleo)ecological indicators of great sensitivity to local or environmental changes (e.g., water level, rainfall regime, vegetation ecological succession, and human disturbances), although the distribution of species and their autoecology in peatland microhabitats are still poorly known.

Thus, diatoms can be an important tool for assessing and monitoring the conservation status of peatlands from a paleoecological standpoint in Europe, a continent whose landscape has been highly transformed by agriculture and has suffered great anthropogenic pressure for millennia, and especially in Southern Europe, where the balance allowing for active peat formation and peatland conservation is more fragile in the current climate-change scenario.

Finally, one of the main limitations to the study of peatlands is the high complexity of this ecosystem, since there is no widely accepted definition of peatland, and their description and paleoenvironmental records are usually incomplete, which prevents the establishment of adequate comparisons.
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