The Benefits of Water Hyacinth (Eichhornia crassipes) for Southern Africa: A Review

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Abstract: Globally, water hyacinth is a known invasive species that predominantly threatens the pillars of sustainability. The cost of controlling these invasive plants is high and many Southern African countries are barely equipped for this liability as the process has to be performed over time. Despite this challenge, there is valuable resource recovery from water hyacinth which can be used to make financial and environmental returns. The visible differences between the control and utilisation methods lie in the definition, recognition, and matching of costs and benefits. Using a rapid appraisal of existing literature, which was analysed using meta-analysis, the current paper is an attempt to discuss the beneficial use of water hyacinth. It is argued in the paper that the economic feasibility of control methods which, on one hand, are used to calculate the economic value of water hyacinth, mainly relies on assumptions whose reliability and sustainability are questionable, thus implying limitations on using this kind of control methods. On the other hand, the costs and benefits of utilising water hyacinth can be quantifiable, making them susceptible to changes associated with time value and sensitivity analysis of possible fluctuations in cashflows. In the context of these annotations, other scholars have argued for the consideration of other utilisation alternatives, among which is included biogas which has been identified as the most viable option because of its potential in diversifying the energy mix, reducing greenhouse gas emissions, and contributing to improved water quality. Given these observations, this paper aims to contribute to policy and research discussions on the fiscal understandings of the material recovery from water hyacinth to promote the adoption of biogas technology. These views are discussed within the broader discourse of the sustainable development goals (SDGs).

Keywords: water hyacinth; biomass; control; utilisation; bioenergy; cost-benefit; Southern Africa

1. Introduction

Water hyacinth, commonly identified as Eichhornia crassipes, is a destructive invasive alien species (IAS) [1]. It is a native of the Amazon basin of South America but has proliferated extensively globally, as seen in Figure 1. E. crassipes constitutes a threat to biodiversity, ecosystem functionality, human health, and socio-economic growth as well as poor people’s livelihoods and income generation. This prompted African countries to make commitments to numerous international environmental treaties and, consequently, set up their national action plans concerning the severity of the infestations to their local environments.
The three most common techniques which are used for the control include chemical, mechanical, and biological [3]. Chemical control is moderately cheap but can hardly be used as a long-term solution considering its adverse effect on the environment [4]. Mechanical control, on the other hand, requires the use of machinery and has been observed to retrieve significant amounts of biomass. Despite its potential, it is very expensive due to the high cost of mechanical equipment and manpower, as well as the initial investment [4]. On the contrary, biological control is widely considered as an optimistic approach that is sustainable in controlling water hyacinths as this method has the potential to decrease the invasive plants’ competitive advantages over native plants [5]. Despite its potential, it is assumed to suffer from experimental proof. For instance, the biological control programme on Lake Victoria was criticized by Williams et al. [6], who stated that the quick decrease in the weed in two years might not only be a result of the Neochetina spp. weevils. They insinuated that it could probably be due to the El Niño cloudy weather, which decreased the light intensity.

The cost of controlling these invasive plants is high and the Southern African countries are poorly equipped for this liability as the process has to be performed consistently. It is estimated that in South Africa, the cost of controlling invasive species exceeds 700 million U.S. Dollars (USD) per annum, which is approximately 0.3 percent of South Africa’s gross domestic product (GDP) and might increase above 5 percent if not mitigated [7]. However, there are potential benefits of water hyacinth which can be used to make financial and environmental returns [3,8–11]. This review, therefore, is a comprehensive exploration of the valuable recovery resources from water hyacinth. It compared the techno-economic feasibility of utilising these weeds against controlling them. A key component of this review revolves around the importance to identify factors that are pivotal for the viability of mitigating the adverse effects of water hyacinth and consequently are deliberated to be critical for its implementation. The review argues that the fundamental relationship between viability and implementation of any mitigation strategy is on the hypothesis that stakeholders will be keen to adopt a technique if it offers higher profits or efficacy than the current mitigation measures.

This review was able to document that the economic feasibility of control methods which, on one hand, are used to calculate the economic value of water hyacinth, mainly relies on assumptions whose reliability and sustainability are questionable, thus implying limitations on using this kind of control methods. On the other hand, the costs and benefits of utilising water hyacinth are more quantifiable, making them susceptible to changes associated with the time value of money and sensitivity analysis of possible fluctuations in cashflows. The review, therefore, envisaged that the outcome of the observations made in this paper will contribute to contemporary policy discussions and research and development, and also influence sustainable environmental management of water hyacinth in Southern Africa.

2. Methodological Considerations

This paper is based on a desktop review study which was conducted between 2 and 6 July 2020. An extensive web-based search using Google, SCOPUS, Ebscohost, and Web of Science was conducted,
which resulted in the selection of 49 papers (see Figure 2). The meta-analysis and Collaboration for Environmental Evidence (CEE) (2013) guidelines were employed as analytical frameworks. The “All fields” option was used in identifying all the relevant literature. Keywords such as “water hyacinth”, “control methods for water hyacinth”, “benefits of water hyacinth”, “water hyacinth utilization”, and “techno-economic feasibility” were entered in these search engines. The scope of the study focused on articles published from 2005–2020 on the utilisation component, however, the search on the techno-economic feasibility was left open-ended to allow for a substantive amount of literature to be yielded. This was paramount because of the limited articles on techno-economic feasibility. All financial implications, stated in different currencies, were converted to US Dollars using the particular exchange rates from the Xe website of 7 July 2020, and converted to millions for uniformity. Although an effort was made for the review to be comprehensive, we acknowledge that the searches may have been limited based on the following assumptions:

1. Existing literature may have been omitted by not having a linkage to the keywords,
2. Relevant articles only in the English language were examined,
3. Some were not available due to controlled access paywalls, and
4. Others were not catalogued in a searchable database.

![Figure 2. A flow chart representing the methodology for the review. Personal creation.](image)

3. Valuable Materials Recovery from Water Hyacinth

A sum of 29 articles out of 48 retrieved was on the utilisation of water hyacinth. The majority (28%) of the recovery methods are on bioenergy (biogas, bioethanol, and briquette), 21% of these articles used it for phytoremediation, 10% for biofertilizer, 7% for high-value chemicals (Furfurals), 7% for animal feed, 4% for insulation board in building, 10% for enzyme production, 10% for biopolymers, and 3% used a combined method (used it for phytoremediation and subsequently bioethanol), as shown in Figure 3. These valuable material recovery technologies are all based on the chemical compositions of the invasive plant. Table 1 shows the biochemical compositions of water hyacinth from different studies. It is worth noting that the environment where water hyacinth grows affects its chemical composition [12]. The summary of the reviewed articles on valuable material recovery from water hyacinth is presented in Table 2.
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Table 1. Biochemical composition of water hyacinth.

| Parameters (%)       | References |
|----------------------|------------|
|                      | [13]   | [14]   | [15]   | [16]   | [17]   | [18]   |
| Hemicellulose        | 33.4   | -      | 30.0   | 30.0   | 20.82  | -      |
| Cellulose            | 19.7   | -      | 24.8   | 24.0   | 30.65  | -      |
| Lignin               | 9.27   | -      | 5.6    | 16.0   | 2.01   | -      |
| Crude protein        | 20.0   | 10.01  | -      | -      | 5.90   | -      |
| Carbon               | -      | -      | 31.5   | 38.4   | 37.80  | 14.4   |
| Nitrogen             | -      | -      | 2.80   | 2.9    | 0.90   | -      |
| Oxygen               | -      | -      | 31.7   | 28.1   | -      | 49.5   |
| Hydrogen             | -      | -      | 6.2    | 5.85   | 5.30   | -      |
| Sulphur              | -      | -      | -      | 0.47   | 0.10   | -      |
| Phosphorus           | 0.53   | 0.28   | -      | 0.77   | -      | -      |
| Calcium              | 0.58   | 3.08   | -      | 1.32   | -      | 4.73   |
| Magnesium            | 0.17   | 0.65   | -      | -      | -      | 1.96   |
| Potassium            | -      | 4.13   | -      | 2.78   | -      | 8.26   |
| Sodium               | -      | 0.13   | -      | 1.44   | -      | 0.58   |
Table 2. Summary of literature reviewed on material recovery technologies of water hyacinth.

| S/N | Reference | Aim | Utilisation | Key Findings |
|-----|-----------|-----|-------------|--------------|
| 1   | [19]      | The use of effective microorganisms-based water hyacinth compost as biosorbent for removing basic dyes | Biosorbent | The efficacy of effective microorganisms based water hyacinth compost to remove basic dyes was obtained as Methylene Blue (98.9%), Malachite Green (98.4%), and Basic Blue (89.1%). |
| 2   | [20]      | Use of water hyacinth as biosorbent for removal of Cr (III) | Biosorbent | Water hyacinth removed 76.9 mg/g of Cr (III). |
| 3   | [21]      | Utilising *E. crassipes* petiole as an adsorbent for removing toxic Congo red dye | Biosorbent | Sodium chloride treated water hyacinth petiole (94.88%) removed a greater percentage than untreated (94.51%). |
| 4   | [22]      | Investigating the practice of phytoremediation of agroindustry wastewater using water hyacinth | Phytoremediation | Phytoremediation by water hyacinth can be considered a viable alternative to reduce the pollution caused by slaughterhouse effluents. |
| 5   | [23]      | The use of citric acid cross-linked with *E. crassipes* root powder for the bioremediation of total inorganic arsenic and the turbidity from polluted water | Phytoremediation | The cross-linking improved stability and reduced turbidity. The maximum adsorption capacity of 28 µg of arsenic/g was recorded. |
| 6   | [24]      | Investigating the rate of phytoremediation of nutrients and organic carbon using WH at Sago mill effluent | Phytoremediation | WH decreased the concentrations of COD (86.4–97.2%), ammonia (91.4–97.3%) and phosphorus (80.4–97.2%) within 30 days of exposure. |
| 7   | [25]      | Assessing the remediating potential of *E. crassipes* on chromium polluted water and subsequently use the biomass laden with chromium to evaluate the generation of bioethanol | Phytoremediation and Bioethanol | Waste water with 620 mg/L concentration of chromium was remediated to 180 mg/L by water hyacinth, while the other batch of 714 mg/L was reduced to 312 mg/L. Ethanol yield from the WH biomass of 620 mg/L was 9,000 mg/L, 714 mg/L was 10,000 mg/L, while WH biomass without chromium was 12,100 mg/L. |
| 8   | [26]      | Evaluating the consequences of substituting Tifton-85 hay with water hyacinth hay in the diets of sheep | Animal feed | The hay from *E. crassipes* had 159 g CP/Kg DM of protein compared to Tifton-85 hay of 63.9 g CP/Kg DM. Substituting Tifton-85 hay with WH is cost-effective and not toxic to sheep. |
| 9   | [27]      | Evaluating the prospective of water hyacinth as aquafeed for grass carp (*Ctenopharyngodon idella*). | Animal feed | Leaf meal was more appropriate than whole plant and root meal. |
| 10  | [28]      | Utilization of water hyacinth as mulch in turmeric | Mulch | Turmeric growth and yield from jack leaves (22.45 t/ha) were considered to be at par with water hyacinth (20.52 t/ha) and coconut leaves (20.12 t/ha) compared to without mulch (15.91 t/ha). |
Table 2. Cont.

| S/N | Reference | Aim                                                                 | Utilisation      | Key Findings                                                                                   |
|-----|-----------|----------------------------------------------------------------------|------------------|------------------------------------------------------------------------------------------------|
| 11  | [29]      | Evaluating the influence of water hyacinth drum composite (WHDC) and conventional vermicompost on soil quality and crop growth for tomatoes and cabbage plants | Compost          | The crop yield revealed improved soil quality. Cabbage and tomatoes yield were best at WHDC + inorganic fertilizer (NPK) and Vermicompost + NPK, however, the plants had elevated uptake of metal from WHDC. |
| 12  | [30]      | Investigation on the viability of utilising water hyacinth composted with pig manure and without pig manure as a peat substitute | Compost          | For tomato seedling germination, substrates 1–3 performed well (92.0–95.3%), while Figure substrate 4 was poor (76.0%). However, substrate 1 (72.5%) performed better than others in cabbage growth, with substrate 4 being the lowest. |
| 13  | [17]      | Investigating the potential of furfural production from water hyacinth | Furfural         | 7.9 wt. % of furfural was produced from water hyacinth, which was higher than that of rice straw or hulls. |
| 14  | [31]      | Converting water hyacinth to chemicals using FeCl3 as low-cost and nontoxic oxidant | High-value chemicals | High-value products such as Hydroxymethylfurfural (HMF), furfural, and aromatic compounds were produced. |
| 15  | [32]      | The potential use of WH petiole for manufacturing thermal insulation particleboard. | Bio-based insulation board for construction | The low lignin content of WHP and the internal porous structure enables the creation of self-supporting binder-less WHP panels without requiring a heat energy procedure. |
| 16  | [33]      | Investigating the potential of producing cellulase from *Eichhornia crassipes* by native bacteria | Enzymes          | The bacterial isolates identified as *Alcaligenes faecalis* (SMB 3), *Aquaspirillum sp.* (WHB3) and unidentified (WHB4), produced cellulase enzyme from water hyacinth. |
| 17  | [34]      | Determining the effects of varied production states on the yield of β-glucosidase and endoglucanase by *Rhizopus oryzae* MTCC 9642 from water hyacinth | Enzymes          | Optimal endoglucanase yield of 495 U/mL was attained at a substrate concentration of 1.23%, pH 7.29, and temperature 29.93 °C while optimal β-glucosidase yield of 137.32 U/mL was attained at a substrate concentration of 1.25%, pH 6.66, and temperature 32.09 °C. |
| 18  | [35]      | Enhancing the production of xylanase from water hyacinth using *Trichoderma* species | Enzymes          | The highest production of xylanase (3170 U/mL) from water hyacinth was at concentration of 6% w/v, agitation 150 rpm, and pH 5.0. |
Table 2. Cont.

| S/N | Reference | Aim                                                                 | Utilisation | Key Findings |
|-----|-----------|----------------------------------------------------------------------|-------------|--------------|
| 19  | [36]      | A report on the phytochemistry and pharmacological purposes of *Eichhornia crassipes* | Biopolymers | Extracts from *E. crassipes* have pharmacological effects. For example, the ethyl acetate and aqueous extracts have a suitable wound healing potential on an incision wound. |
| 20  | [37]      | The use of water hyacinth biomass for producing *Polyhydroxybutyrate* (PHB) | Biopolymers | WH is a cost-effective option for producing sustainable biopolymer as the PHB produced was of good standard |
| 21  | [38]      | Converting cellulose from *E. crassipes* into hydrogel                | Biopolymers | The hydrogel with glutaraldehyde additive had the highest water absorption capacity (285%) at 25 °C, while hydrogel with polyvinyl alcohol had the highest maximum stress compression (3.15 kPa). |
| 22  | [39]      | Evaluating the fuel features of briquettes produced from the mixture of *E. crassipes* and empty fruit bunch | Briquette | The combination of WH and EFB showed a high prospective as the combustion properties: moisture content, ash content, fixed carbon content, and average calorific value are within a suitable range. |
| 23  | [12]      | Evaluating the best method and the optimal conditions for fermentable sugar production from water hyacinth; these sugars were then fermented to bioethanol. | Bioethanol | 14 g/L bioethanol produced from *C. tropicalis* Y-26 in the fermentation of fungal- and acid-treated hydrolysate was higher than the 6 g/L bioethanol produced from the fermentation of acid-only-treated hydrolysate. |
| 24  | [40]      | Enhancing bioethanol yield from water hyacinth by integrated pre-treatment method | Bioethanol | 1.40 g/L of bioethanol produced from the pretreatment of water hyacinth with microbial + dilute acid pre-treatment. This was achieved without any additional cellulase. |
| 25  | [41]      | Enhancing biogas production from anaerobic digestion of water hyacinth | Biogas | Sun-drying increased the solid content to 40% and subsequently increased biogas yield by 14%. In as much as ensilation was effective for preservation, the biogas yield was smaller by 20% as compared to fresh WH. Co-digestion with food waste (400 mL/g VS) yielded more biogas as compared to WAS (150 mL/g VS) and mono-digestion (140 mL/g VS). |
| S/N | Reference | Aim                                                                 | Utilisation | Key Findings                                                                                                                                                                                                 |
|-----|-----------|----------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 26  | [42]      | Enhancing the solubilization of water hyacinth for biogas production using biological pre-treatment | Biogas      | SFa2 (*Citrobacter werkmanii* VKVVG4, MF099900) pre-treated WH had the highest percentage of solubility of lignin, cellulose, and hemicellulose, followed by BBD2 and UN3D2. BMP test on SFa2 pre-treated water hyacinth yielded biogas of 3737 ± 21 mL, whereas untreated WH yielded 3038 ± 13 mL. |
| 27  | [43]      | Investigation on the effects of chemical pre-treatment (H₂SO₄) on biogas production from water hyacinth | Biogas      | Cellulose was degraded during pre-treatment. The optimum biogas yield of 424.30 mL resulted from the 5% v/v H₂SO₄ pre-treatment at a residence time of 60 min.                                                      |
| 28  | [44]      | Comparative investigation on biogas yield and quality from anaerobic digestion of water hyacinth and Salvinia | Biogas      | Biogas production from WH (552 L/Kg VS) was considerably greater (p < 0.05) than Salvinia (221 L/Kg VS). The biogas yield is estimated to generate 1.18 kWh and 0.47 kWh energy from water hyacinth and Salvinia (per kg VS), respectively. |
| 29  | [45]      | The potential bioenergy recovery from anaerobic digestion of water hyacinth and its co-digestion with fruit and vegetable waste | Biogas      | The biogas potential of WH-FVW (0.141 m³/kg VS) co-digestion was 23% higher than that of WH alone (0.114 m³/kg VS).                                                                                         |
3.1. Phytoremediation

Water hyacinth has the ability to adsorbing pollutants due to its polyfunctional meta-binding sites and chemical functional groups. In the use of water hyacinth for the adsorption of dye, most studies investigated the effects on cationic dyes [19,20] with limited studies on anionic dyes [21]. Other studies have also confirmed its use to remEDIATE heavy metals [22–24]. Nash et al. [24] assessed the effectiveness of WH in remediating Sago Mill Effluent (SME) at 20%, 15%, and 10% concentration each for 30 days. The result showed reduced concentration of phosphorus, ammonia, and chemical oxygen demand (COD) at 80.4–97.2%, 91.4–97.3%, and 86.4–97.2% respectively. There have been considerable disagreements on the degree of adsorption of heavy metal by *E. crassipes* because the interaction of multiple metals is yet to be quantified; it is assumed that water hyacinth contains lignocellulose that can result in tethering of metal ions. The utilisation of water hyacinth as a biological agent for phytoremediation has been criticised because there are possibilities of the plant evading the selected site and becoming a nuisance. Moreover, some studies failed to state what happens to the water hyacinth biomass after phytoremediation as the heavy metals remain stuck to the weed. Sayago [25] designed a sustainability system whereby water hyacinth used to remEDIATE chromium-infested water was subsequently utilised for bioethanol production. Adequate measures are to be taken when using water hyacinth for phytoremediation considering it could adversely change the ecosystems.

3.2. Animal Feed

The need for food security without exerting pressure on the global land use for agricultural purposes has necessitated the search for cost-efficient, accessible, and healthy supplements. Researchers have promoted the use of water hyacinth as animal feed as it has high water and mineral content, which suggests that the nutritional value may be appropriate for certain animals. Nevertheless, with the mixture of carbohydrate additives such as molasses and rice bran, the nutritional content can be fortified. Mahmood et al. [27] assessed the potential of water hyacinth as food on the development and digestibility of grass carp (*Ctenopharyngodon idella*) fingerlings. Three diets were prepared with water hyacinth for feeding grass carp juveniles, namely, whole plant meal (WP), leaf meal (LM), and roots meal (RM). While LM had the highest weight gain (7.14 g) and digestibility of protein (72.5 ± 1.6%), WP had 6.87 g and 64.13 ± 0.2%, and RM had the lowest at 2.10 g and 45.54 ± 4.8% respectively. Protein digestibility is a significant factor to evaluate the dietary quality of a food; high digestibility rate signifies high nutrients use. However, histology assessment revealed that the kidneys of the fish had degeneration of renal tubules, necrotic damage in tubular epithelial cells, and tubular lysis. There was no report of toxicity in the study of [26], which was aimed at substituting Tifton-85 hay used in sheep diet with water hyacinth as the globulin concentrations were suitable. It is evident that *E. crassipes* is used as animal feed, however, it calls for suitable precautious procedures such as pre-treatment before use to reduce its toxicity and seed viability.

3.3. Bio-Fertiliser

The use of bio-fertilisers for agriculture has sustainable benefits compared to chemical fertilisers as they increase the quality of the soil and concurrently decrease the build-up of nitrate in the soil. *Eichhornia crassipes* contains high nitrogen, phosphorus, and potassium elements which makes it appropriate for use as mulch [28], compost [29], or vermicomposting [46]. It has been established that water hyacinth compost is viable to replace peats, and consequently reduce the quick exhaustion of peatlands [30]. However, there is a hypothesis that using water hyacinth as a biofertilizer may result in plants having an accrual of heavy metals and this consequently occurring in human tissues. In the study of Goswami et al. [29], randomised blocks with five types of treatments (farmyard manure (FYM), inorganic fertiliser (NPK), FYM + NPK, vermicompost (VC) + NPK and water hyacinth drum compost (WHDC + NPK) were used to evaluate soil quality and crop growth for tomatoes and cabbage. Cabbage and tomatoes yield were best with WHDC+ NPK and VC + NPK, however, the plants had a high
build-up of metal from the water hyacinth drum compost. The presence of earthworm (*Eisenia fetida*) in vermicompost causes a significant decrease in the metal concentration because earthworm has several enzymes and gut microbes that contribute to biotransformation and absorption of metals in such a way that they are protected in the organism’s tissues instead of returning them into the biofertiliser as worm casts. Moreover, a leachability test by Singh and Kalamdhad [46] established that vermicomposting is not dangerous to the soil, plants, or man’s wellbeing.

### 3.4. High-Value Chemicals

Chemical and thermal pre-treatment on lignocellulosic biomass result in materials such as furfural and hydroxymethylfurfural (HMF) which until recently were seen as inhibitors. Furfural is a promising biorefinery product that will supersede fossil oil derivatives and also serve as raw material for biofuel blends [17]. In a study aimed at examining the suitability of water hyacinth in producing furfural, a yield of 7.9% was reported which was stated to be equivalent to that of other agricultural residue feedstocks. However, one major drawback of the large-scale use of these chemicals is the inadequate cost-effective production process. A simple and cost-efficient method to produce furfural and HMF from water hyacinth by the use of non-hazardous oxidant (FeCl₃) was deployed by Liu et al. [31]. However, more studies are to be made in optimising this process.

### 3.5. Insulation Boards

The awareness of global warming and efforts in reducing energy use during construction has inspired the search for bio-based building materials. The use of water hyacinth in developing thermal insulation particle board as investigated by Salas-Ruiz et al. [32] has shown the viable performance of the aquatic plant in the construction sector. The study exposed the microstructure and chemical composition of the aquatic weed which the authors consider will boost its application as a bio-based building material.

### 3.6. Enzyme Production

Enzymes are nature’s catalyst, and they control virtually all biochemical processes in the system. There is a projection of an annual growth of 6.4% for the industrial enzymes market from 2020 to 2027, and the increasing product need is expected from industries [47]. The production of enzymes involves a high cost because of the carbon source. Consequently, studies on developing alternative methods to minimise such costs are carried out as its use in the industries are affected. Water hyacinth has been utilised as a carbon source to create enzymes such as cellulase [33,34] and xylanase [35]. The high lignocellulosic content of water hyacinth biomass is suitable as a growth medium for enzyme production. These enzymes are sustainable substitutes to conservative technique as their use ensures a cost-efficient and energy-efficient process, reduced waste generation, and high-value products. Enzymes have gained attention because of their wide range of applications in the pharmaceutical, food and beverage, detergents, textile, and pulp and paper industries. For example, in the food industry, cellulase and xylanase are recognised as enzymes that disrupt the structural cell walls of plants and improve extraction of fruit juices by increasing yield, reducing viscosity, and enhancing cloud stability.

### 3.7. Biopolymers

The use of synthetic materials from polyesters is currently criticized because they are not sustainable and create a lot of ecological harms; however, biopolymers, which are innately occurring resources, are highly compatible, environmentally friendly, readily available, and cost-effective. They include polysaccharides, polypeptides, and polynucleotides. These biopolymers have been extensively used for various purposes such as food packaging, hydrogels, drug delivery, and pharmaceuticals. Presently, studies are exploring numerous renewable materials for biopolymer production. Water hyacinth is the subject of attention because of its cellulose content and proliferation rate. Cellulose from water hyacinth
has been used to make polyhydroxybutyrate (PHB), a resource for bioplastics. Nanomaterials fabricated from water hyacinth have been applied in wound dressings [36], biodegradable packaging films [37,48], control release technology (hydrogel) [38]. However, there is a need for further investigation on the wound healing attributes of the aquatic weed.

3.8. Bioenergy

The awareness of global warming has called for energy security, a decrease in greenhouse gas emissions, and a healthy environment. This call has led to a significant shift from fossil fuels to renewable energy sources such as biomass. Water hyacinth does not compete with land resources or food security; it grows rapidly, is highly available, and is biodegradable, which makes it suitable as biomass for producing bioenergy. However, its major drawback is the 95% water content which consequently raises the cost of bioenergy production [8]. *E. crassipes* has been utilised in the production of briquettes, bioethanol, and biogas.

3.8.1. Briquettes

Briquettes are densified agricultural products such as sawdust, palm kernels, and husks from cowpeas, rice. They are alternatives to fuelwoods, charcoal, and paraffin, as they are known for their high calorific value, expediency, requires little storing capacity, and they do not release smoke. *Eichhornia crassipes* can be utilised in the production of briquettes; although its calorific value is lower than coal, it could be co-fired to reduce the greenhouse gases released by coal-fired power plants. The use of binders is recommended for optimal burning time; however, such binders should be sustainable and cost-effective. The result of the investigation on the use of water hyacinth and empty fruit brunch fibers (25:75) as briquettes indicated 17.17 MJ/kg calorific rate and 3.73% low ash content [39].

3.8.2. Bioethanol

Bioethanol is made from the fermentation of biomass and is a promising alcoholic biofuel existing in the market today because of its clean combustion. The structural features of monosaccharide and polysaccharide in *E. crassipes* make it viable for bioethanol production. Its polymeric carbohydrate is predominantly cellulose and hemicellulose. While the cellulose contains glucose monomers, hemicellulose contains various polymers such as xylose, arabinose, galactose, and mannose [40,49]. Amongst the different stages in the breakdown of lignocellulose to fermentable sugars, the saccharification stage is considered a limiting stage [12]; however, the emergence of economical bioprocess technology has brought hope to the industry. Furthermore, the high cost of an enzyme such as cellulase is seen as a major hurdle for the optimisation and affordability of bio-ethanol. Nevertheless, some studies have reported high bioethanol yield in the absence of cellulase [12,40]. While Median et al. [12] explored the use of *Candida tropicalis* Y-26 in producing bioethanol from water hyacinth hydrolysate, Zhang et al. [40] involved the use of *Phanerochaete chrysosporium*, *Phanerochaete chrysosporium* combined with dilute acid, and *Phanerochaete chrysosporium* combined with dilute alkaline. Both studies revealed the highest bioethanol production from the fermentation of both acid- and fungal-treated hydrolysate.

3.8.3. Biogas

Biogas is a valued source of energy expedient for the production of heat, electricity, and fuel for transportation. Apart from biogas, digestate is also obtained from anaerobic digestion and is used as biofertilizer. Much research has shown an extensive disparity in biogas yield from anaerobic degradation of water hyacinth under different investigational situations [43,44,50]. This is because the technology is reliant on the activities of the microbial consortium, which consecutively depends on several parameters. Efforts have been made in increasing the biogas yield by pre-treatment [42], optimising the process parameters, appropriate digester design, stimulating the microbial communities, and co-digestion [41,45].
4. Techno-Economic Analysis of Water Hyacinth Mitigation

Economic assessment plays a vital part in evaluating the reasonable accomplishment of IAS control projects required to support continual sponsorship of such programs. This is particularly imperative considering that other social development projects are competing for inadequate resources [51]. The cost of mitigating invasive species in Southern Africa’s region is not available at the time of this review. However, the South African government has expended above 100 million USD on invasive species control between 1995 and 2000 [52]. They explained that the major distinctive aspect of IAS control programmes has been the capability to influence additional benefits (by engaging the unemployed people for labour-intensive control methods or subsidizing herbicides to farmers) for the costly mitigation programmes from the government’s poverty alleviation financial plan. Nevertheless, the costs were not sustainable in the long run considering the proliferation rate of these invasive species. Introducing biological control reduced the cost incurred by the government. South Africa, which is the spearhead in the biocontrol of invasive species, has invested a sum of 6.8 million USD in research and development of biocontrol of IAPs from 2014–2017 [53].

A total number of sixteen empirical studies collectively aimed at uncovering the cost–benefit analysis of deploying various control and utilisation methods in dealing with water hyacinth were compared. The biological method of control is the most commonly used [5,54,55] while the chemical [5,56], integrated [5,57], and mechanical [56] are other controlling methods used. These studies used different models for their analysis, and the choice of these models was based majorly on assumptions such as prevailing market prices, opportunity costs of fishermen, farmers, and traders’ lost revenues [55], prevented volume of water that would have been lost due to evapotranspiration [5,51,54], potential revenue in tourism and real estate markets [5,57]. Cost–benefit analysis (CBA) and producer price index (PPI) were the most common appraisal methods, as seen in Table 3. Arp et al. [51] adopted the Residual Value Method, while the authors of [56] did not adopt any known project appraisal methods. Although the studies unanimously concluded that the benefits of control methods outweighed their costs, reliability of the premised assumptions, neglect of time, value of money, and quantification of extrinsic benefits are major shortcomings of assessing economic visibility of the control method. The limitations of water hyacinth control include unreliable and unsustainable assumptions, no standard evapotranspiration rate for analysis, and failing to consider some other factors that may affect the economic viability, such as the adverse effects of the mitigation measures on biodiversity or damage to infrastructures equally.

The utilisation of water hyacinth aims at using a beneficial means of managing the menace of *E. crassipes* infestation and at the same time meeting the needs of humans. Seven studies investigated the economic feasibility of the water hyacinth utilization, as seen in Table 4. Since both costs and revenues of utilisation methods are intrinsic (unlike the control methods), the economic feasibility models used were more realistic and adaptive to possible fluctuations in future cashflows and discount rates. The net present value (NPV), which primarily recognises the time value of money using the prevailing discount rate and supports sensitivity of changes in future cash flow and discount rates, was mostly used [58–61] Profit margin, Return on Assets (ROA), and payback periods, Internal Rate of Return (IRR), and Life Cycle Analysis (LCA), which do not factor in the time value of money, were also used [61–64]. Due to the quantifiability and traceability of costs and revenues from the utilisation methods, many of the studies were able to use more than one feasibility model as a way of compensating for the shortcomings of each of the models [58,60,61,63,64].
### Table 3. Economic feasibility of water hyacinths using control methods.

| S/N | Reference | Country   | Control Method | Lifespan | Model | Benefit ($) | Cost ($) | Cost-Benefit Ratio | Discount Rate (%) | Key Findings                                                                                                                                                  |
|-----|-----------|-----------|----------------|----------|-------|-------------|----------|-------------------|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | [5]       | South Africa | Chemical   | 24       | PPI   | -            | 0.25 million | -                | -                 | Integrated control of water hyacinth was the most economically feasible method in relation to monetary investment per hectare cleared (16 USD/ha), followed by biological (38 USD/ha) and then chemical (86 USD/ha). However, the cost of mitigating the invasive plants with any of the control measures is more cost-effective than not controlling it. |
| 2   | [5]       | South Africa | Biological | 12       | PPI   | -            | 0.01 million | -                | -                 |                                                                                                                                                                 |
| 3   | [5]       | South Africa | Integrated  | 15       | PPI   | -            | 0.02 million | -                | -                 |                                                                                                                                                                 |
| 4   | [51]      | South Africa | -           | -        | RVM   | 3.2 million–69 million | 0.09 million | -                | -                 | There is a need for invasive plant control, mostly in economically valuable water bodies. The authors reported a yearly profit between 3.2 million–69 million USD for an irrigation water production worth of 2.3 USD/m³. |
| 5   | [54]      | South Africa | Biological  | 23       | CBA   | 0.02 million–0.22 million | 0.02 million | -                | 5                 | Biological control significantly reduced the Dam’s annual water loss. Biocontrol was cost-efficient at high evapotranspiration than low evapotranspiration however, the cost of water used for the study was not a marginal value, this would have increased the benefit ratio at low transpiration. |
| 6   | [55]      | Benin      | Biological  | 20       | CBA   | 30.5 million | 2.09 million | 124:1             | -                 | The invasion of water hyacinth decreased the annual income of villagers. With a total cost of the biocontrol program at 2.09 million USD, their income increased to 30.5 million USD annually. On the assumption that the benefits will remain the same for the next 20 years, a present value of 260 million USD was estimated. |
| 7   | [56]      | Brazil     | Chemical    | -        | -     | -            | -        | -                | -                 | The cost of mechanical control was 20 times higher than the chemical control, making chemical control cost-effective.                                      |
| 8   | [57]      | Brazil     | Mechanical  | -        | -     | -            | -        | -                | -                 |                                                                                                                                                                 |
| 9   | [58]      | US         | Integrated  | 38       | CBA   | 4.2 billion | 124 million | 34:1             | -                 | For the 38-year lifespan, the benefit for the ecosystem services was approximately 4.2 billion USD while the cost of controlling the weed using both biological and chemical is 124 million USD. This means that the benefit of controlling water hyacinth is beyond the cost of the control. |

### Table 4. Economic feasibility of valuable material recovery from water hyacinths.

| S/N | Reference | Country | Utilization | Total Lifespan | Model | Benefit ($) | Cost ($) | Benefits:Cost Ratio | Discount Rate (%) | Key Findings                                                                                                                                                  |
|-----|-----------|---------|-------------|----------------|-------|-------------|----------|---------------------|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | [58]      | China   | Biogas      | 15             | NPV, SA | 1.9 million | 0.2 million | -                 | 6                 | The study evaluated an alternative of producing biogas from water hyacinth, instead of dumping in landfills, and the outcome showed that the choice of biogas is cost-effective with a positive energy balance. The utilisation of water hyacinth for biogas production improves water quality and reduces greenhouse gas emissions. |
| 2   | [59]      | Vietnam | Biogas      | 15             | NPV   | 0.001 million | 0.0004 million | -                 | 3.5               | Investigation of the cost-benefit of co-digestion of water hyacinth and rice straw as feedstocks for the production of biogas. The study considered both private and social welfare benefits, and concluded that the technology is cost-efficient |
Table 4. Cont.

| S/N | Reference | Country | Utilization | Total Lifespan | Model | Benefit ($) | Cost ($) | Benefits/Cost Ratio | Discount Rate (%) | Key Findings |
|-----|-----------|---------|-------------|----------------|-------|-------------|---------|---------------------|------------------|--------------|
| 3   | [60]      | China   | Bioethanol  | 15             | NPV, SA | 160 million | 27.6 million | -                   | 10               | The study analysed the economic feasibility of producing bioethanol from water hyacinth and compared it with the current status of disposing in landfills. The outcome showed that bioethanol production from water hyacinth is cost-effective and that environmental benefits play an essential part in the economic analysis. |
| 4   | [61]      | Thailand| Biogas      | 20             | NPV, IRR, BCR, and PB | Case 1: NPV = 4071.51, IRR = 5.02%, PB = 12 years, 5 months, 12 days  
Case 2: NPV = 24,108.68, IRR = X, PB = <1 year.  
Case 3: NPV = −68,458.17, IRR = −13%, PB = >20 years | - | Case 1 = 1.02  
Case 2 = 1.12  
Case 3 = 0.71 | - | Case 1 (investor’s money) and case 2 (government-supported) imply that anaerobic digestion of water hyacinth using continuous stirred tank reactor (CSTR) for the production of biogas is more cost-effective than case 3 (Investor borrowed money), which has a negative NPV and cannot pay back within 20 years. |
| 5   | [62]      | Mexico  | Biogas      | 15             | LCA, SA | -           | 64 million | -                   | 5                | The study assessed the feasibility of a constructed wetland and activated sludge plant as a wastewater treatment plant and the anaerobic digestion of water hyacinth for biogas production. The result showed that the biogas technology from CW is feasible as it addresses water pollution, develops renewable energy, and reduces greenhouse gas emissions. |
| 6   | [63]      | US      | Bioethanol  | -              | LCA, SA | 0.00004 million | -       | -                   | -                | Water hyacinth is a competitive feedstock. The cost of collecting water hyacinth for a biorefinery will not be more than the cost of controlling it. |
| 7   | [64]      | Brazil  | Bio-oil and Charcoal | 10 | Profit margin, ROA, and PB | - | - | PM = 62.1%, ROA = 37.4%, PB = 4.1 yrs | 13 | The investment has a profit margin of 62.1%, ROA of 37.4%, and PB of 4.1 years. The outcome of the financial evaluation implies exceptional economic desirability. The use of water hyacinth for bio-oil is more sustainable than sugarcane residues. |
The potential benefits of utilizing water hyacinth are not an avenue for the active spread of the invasive plant; rather, it is a mechanism of reducing the detrimental impacts and costs of controlling it. Between controlling and utilisation of water hyacinth, there is no significant change in incurable costs since both methods share similarities in methods of clearance. However, the benefits associated with the two vary. While the benefits from the control methods are majorly extrinsic in nature, benefits from the utilisation methods are intrinsic and are easily ascertainable, lending them to the application of mathematical and financial models for both profitability, sensitivity, and environmental impact analyses. Among the various utilisation alternatives, biogas remained the most commonly used option [58,59,61,62]. The choice of biogas is empirically justifiable; not only is it a sustainable option for water hyacinth mitigation, but it also helps in diversifying the energy mix, reducing greenhouse gas emissions, and improved water quality [58] (Figure 4).

Figure 4. A representation of the biogas supply chain. Data from [65].

5. Exploring the Water Hyacinth Benefits: An Opportunity for Southern Africa

Speedy economic and population growth are predicted to have intense consequences on the energy–water–food nexus by 2050; while the need for water and food is to rise by 50 percent, that of energy will be almost doubled, thereby creating competition for inadequate resources [66]. Energy is fundamental to better social and economic security, and is an important aspect of poverty alleviation and refining human well-being. The current electricity need in the Southern African region, as shown in Figure 5, is 450 terawatt-hours (TWh), and the demand is expected to rise to 920 TWh in 2050 [67]. A good approach to meeting the Sustainable Development Goals’ targets is to integrate the planning of these sectors. However, the present status of the energy sector market is represented by old infrastructure, increasing energy prices, unreliable electricity supply, high emissions of greenhouse gas (GHG), and vulnerability to a changing climate. Therefore, this is an opportunity for Southern Africa Development Community’s (SADC) policymakers and energy traders to be driven towards the valuable resource recovery technologies from water hyacinth, considering that it can be used for animal feed, wastewater treatment, and bioenergy.

Biogas technology can be a feasible energy generation alternative for developing countries if managed and promoted appropriately [68]. It presently offers the utmost prospects to Southern Africa as it can be used for heating, fuel, and electricity and the digestate can serve as bio-fertilizer. The relatively high upfront cost of investment (designing and installing anaerobic digesters) is a major bottleneck for the realisation of bioenergy technology; however, the environmental support provided by the technology is frequently overlooked during financial evaluation. For instance, most of the fiscal evaluation of the utilisation of water hyacinth for bioenergy, of which biogas is a prime component, fails to integrate water treatment ecosystem services or biofertilizer by-product of the technology. The efficient operation of the biogas plant requires reliable feedstock that will be available for the project’s lifespan and the feedstocks should be garnered within a certain radius to reduce transportation and handling cost. Utilising water hyacinth by cost-efficient, uncomplicated, and labour-intensive
techniques is a suitable way of mitigating its proliferation and reducing the cost of control treatments. Kriticos and Brunel [69] reported the potential of *E. crassipes* to generate 10 MW/year of electricity in Malawi, of which the majority of the population lack electricity access, and the 6 percent of people with access experience persistent disruptions. The technology has the potential of producing 2.5 GW of energy, with a market prospect of 586 million USD and creating thousands of jobs in South Africa [70].

![Figure 5. Predictions of electricity needs for the Southern Africa Development Community (SADC). Data from [67].](image)

The deployment of biogas technology to Southern Africa will assist the region in achieving the SDGs. It is, therefore, essential to strengthen the existing regulations and capacity to support institutions such as the Southern African Power Pool (SAPP). SAPP is a regional cooperation formed in 1995 by SADC, which is aimed at cutting costs and forming an economical and environmentally sustainable energy market in the region. Diversification of energy portfolios can be achieved by research and development, setting up of policies such as feed-in tariffs (FITs) and institutional frameworks that will support the growth and investment of biogas, reducing the licensing fees by regulators and making the application procedure simple.

6. Conclusions

The high proliferation rate of water hyacinth and the high cost involved in its eradication make the existing control techniques insufficient to contain its antagonistic propagation, therefore driving empirical investigations for alternative mitigation techniques that involve exploiting the untapped potentials of the aquatic weed. The review of beneficial use of water hyacinth examined studies that explored phytoremediation, animal feed, biofertilizer, bioenergy (biogas, bioethanol, and briquettes), carbon source for enzyme production, and biopolymers as alternative but beneficial mitigation techniques. The review discovered that unlike the control methods that have uncertainties probably due to insufficient data, more sustainable, reliable, and forecastable economic feasibility models are used in utilisation methods. This review, therefore, relies on the practicability, sustainability, and economic feasibility of the utilisation method to conclude that utilisation methods are a more stably viable method of mitigating water hyacinths than the other control methods. More so, bearing in mind the growing energy, water, and food demand in Southern Africa, and the effects of climate change, there is a need to reduce the nexus pressure by building circular economies in the region which utilise wholly the unexploited potential of this plant. The use of water hyacinth as feedstock for biogas production offers valuable opportunities for diversification of energy supply and, at the same time, produces digestate that is a fertiliser. The critical hurdles in the adoption of biogas technology, as the review reveals, are the cost of investment and several bureaucratic obstacles. However, putting together suitable policy and institutional agendas, insurances and credits will impact the adoption of the technology positively.
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