Boson Stars with Nontrivial Topology

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We construct boson star solutions in the presence of a phantom field, allowing for a nontrivial topology of the solutions. The wormholes residing at the core of the configurations lead to a number of qualitative changes of the boson star solutions. In particular, the typical spiraling dependence of the mass and the particle number on the frequency of the boson stars is lost. Instead, the boson stars with nontrivial topology approach a singular configuration in the limit of vanishing frequency. Depending on the value of the coupling constant, the wormhole geometry changes from a single throat configuration to a double throat configuration, featuring a belly inbetween the two throats. Depending on the mass of the boson field and its self-interaction, the mass and the size of these objects cover many orders of magnitude, making them amenable to various astrophysical observations. A stability analysis reveals, that the unstable mode of the Ellis wormhole is retained in the presence of the bosonic matter. However, the negative eigenvalue can get very close to zero, by tuning the parameters of the self-interaction potential appropriately.

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I. INTRODUCTION

Astrophysical compact objects of high observational and theoretical interest comprise white dwarfs, neutron stars and black holes \cite{1}. Besides these well-established objects, however, also more speculative astrophysical objects like wormholes \cite{2} are met with increasing interest, both from a theoretical and observational point of view.

Recently, for instance, wormholes have been searched for observationally \cite{3,4}, by looking for their predicted signatures as gravitational lenses, first considered in \cite{6,7}. On the theoretical side, in particular, their Einstein rings \cite{8} and their shadows \cite{9,10} have been studied. But also mixed systems, consisting of neutron stars harbouring wormholes at their core, and their possible astrophysical signatures have been addressed \cite{12,13}. Recently, also quark matter has been considered \cite{14}. In Einstein gravity the nontrivial topology of wormholes and mixed systems requires a violation of the energy conditions, that can be accomplished by the presence of a phantom field, as first employed by Ellis \cite{17,22}. Since \textit{dark energy} represents the major component of the Universe today, cosmology suggests that a phantom field might indeed exist.

Besides the dark energy the Universe contains a large amount of \textit{dark matter}. Theoretical candidates for dark matter are ubiquitous, and many suggestions involve new scalar fields. Some such scalar fields could form extended bound objects, with sizes varying over many orders of magnitude, ranging from microscopic particles to huge galactic halos. Dubbed boson stars \cite{24,30}, such extended compact objects might even mimick black holes.

Here we consider mixed systems, consisting of boson stars with wormholes at their core and investigate their properties. On the one hand, these systems are simpler than the fermionic mixed systems studied before. On the other hand, they still allow for a lot of freedom, since the properties of the boson fields are not known yet. In particular, the mass of the boson fields is a free parameter, and so are the form and the strength of their self-interaction.

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Following earlier studies [23, 31–34] we here choose a rather general self-interaction potential for the boson field, which possesses besides a mass term, also a quartic and a sextic term. A further advantage of such a self-interaction is the existence of localized finite energy solutions, when gravity is turned off. Indeed, in the probe limit the solutions form non-topological solitons or $Q$-balls [35–38]. These exist only in a finite frequency range of the boson field.

$Q$-balls may also be considered as solutions of the field equations obtained in the probe limit, where the backreaction of the boson field on the metric is neglected. Clearly, the simplest background metric to obtain $Q$-balls is the Minkowski space-time. Here we first consider boson star solutions with a nontrivial topology in the probe limit. We therefore take the Ellis wormhole as the background metric, to solve for the boson field. Interestingly, the nontrivial topology does not change the frequency range, where the solutions exist.

We then take the backreaction into account and solve the full set of coupled equations for the metric, the boson field and the phantom field, and consider the coupling constant as a parameter. In the case of a trivial topology, the families of boson star solutions exhibit characteristic spirals, when the dependence of the mass and the particle number on the frequency of the boson field is considered. We here show, that the frequency dependence of the solutions is drastically changed due to their nontrivial topology. In particular, the spirals unwind, an effect observed previously for boson stars in Einstein-Gauss-Bonnet theory [39]. Another interesting effect arising from the backreaction is the occurrence of solutions with a double throat.

By varying the parameters we map the domain of existence of these families of solutions and chart their physical properties. We address the emergence and the properties of limiting solutions, and consider some of their astrophysically relevant characteristics. Here a very important question is, of course, the stability of the solutions. Therefore we perform a stability analysis, where we focus on the crucial mode for solutions with nontrivial topology, which is associated with radial perturbations.

In contrast to early work [11, 40], which seemed to indicate that isolated phantom field wormholes could be stable, later work revealed their instability [41, 42], in fact these solutions possess an unstable radial mode [43]. Recently it was shown that this instability of isolated phantom field wormholes is inherited by a number of static solutions with nontrivial topology which involve further matter fields and also by static neutron stars which harbour wormholes at their core [14, 44, 45]. Here we show, that the instability is retained also by the families of stationary boson stars with nontrivial topology. However, we find that the eigenvalue of the unstable mode can get very close to zero.

We present in section II the action, the Ansätze and the field equations. We discuss the numerical results in section III, investigate the stability with respect to radial perturbations in section IV, and give our conclusions in section V.

### II. ACTION AND FIELD EQUATIONS

#### A. Action

We consider Einstein gravity coupled to a complex scalar field $\Phi$ and a phantom field $\Psi$. The action

\[
S = \int \left[ \frac{1}{4\pi\alpha} \mathcal{R} + \mathcal{L}_{\text{ph}} + \mathcal{L}_{\text{bs}} \right] \sqrt{-g} \, d^4x
\]

then consists of the Einstein-Hilbert action with curvature scalar $\mathcal{R}$, coupling constant $\alpha$ and determinant of the metric $g$, together with the matter contributions, the Lagrangian $\mathcal{L}_{\text{ph}}$ of the phantom field $\Psi$,

\[
\mathcal{L}_{\text{ph}} = \frac{1}{2} \partial_{\mu} \Psi \partial^{\mu} \Psi ,
\]

and the Lagrangian $\mathcal{L}_{\text{bs}}$ of the complex scalar field $\Phi$

\[
\mathcal{L}_{\text{bs}} = -\frac{1}{2} g^{\mu\nu} (\Phi_{,\mu}^{*} \Phi_{,\nu} + \Phi_{,\nu}^{*} \Phi_{,\mu}) - U(|\Phi|) ,
\]

where the asterisk denotes complex conjugation,

\[
\Phi_{,\mu} = \frac{\partial \Phi}{\partial x^\mu} ,
\]

while $U$ denotes the potential

\[
U(|\Phi|) = \lambda |\Phi|^2 (|\Phi|^4 - a|\Phi|^2 + b) ,
\]
The potential has a minimum at $\Phi = 0$, where $U(0) = 0$, and a second minimum at some finite value of $|\Phi|$. The mass of the bosons is given by $m_b = \sqrt{\lambda b}$. In a Minkowski background the potential allows for nontopological soliton solutions \cite{35,37}, also referred to as $Q$-balls \cite{36}.

Variation of the action with respect to the metric leads to the Einstein equations

$$G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 2\alpha T_{\mu\nu}$$

(6)

with stress-energy tensor

$$T_{\mu\nu} = g_{\mu\nu}L_M - 2\frac{\partial L_M}{\partial g^{\mu\nu}},$$

(7)

where $L_M = L_{ph} + L_{bs}$ is the matter Lagrangian.

B. Ansätze

An appropriate choice for the line element of spherically symmetric solutions with a wormhole at their core is given by

$$ds^2 = -A^2 dt^2 + d\eta^2 + R^2 d\Omega^2,$$

(8)

where $d\Omega^2 = d\theta^2 + \sin^2 \theta d\phi^2$ denotes the metric of the unit sphere, while $A$ and $R$ are functions of $\eta$. The radial coordinate $\eta$ takes positive and negative values, i.e. $-\infty < \eta < \infty$. The two limits $\eta \to \pm \infty$ then correspond to two distinct asymptotically flat regions.

We parametrize the complex scalar field $\Phi$ via

$$\Phi = \phi(r) e^{i\omega t},$$

(9)

where $\phi(r)$ is a real function, and $\omega$ denotes a frequency. The phantom field $\Psi$ has only a dependence on the radial coordinate,

$$\Psi = \psi(r).$$

(10)

C. Einstein and Matter Field Equations

Substitution of the above Ansätze into the Einstein equations $G^\nu_\mu = 2\alpha T^\nu_\mu$ yields

$$\frac{2RR'' + R'^2 - 1}{R^2} = \alpha \left[ -2\phi'^2 - 2\omega^2 \frac{\phi^2}{A^2} - 2U(\phi) + \psi'^2 \right],$$

(11)

$$\frac{AR'^2 - A + 2RR'A'}{AR^2} = \alpha \left[ 2\phi'^2 + 2\omega^2 \frac{\phi^2}{A^2} - 2U(\phi) - \psi'^2 \right],$$

(12)

$$\frac{AR'' + A'R' + A''R}{AR} = \alpha \left[ -2\phi'^2 + 2\omega^2 \frac{\phi^2}{A^2} - 2U(\phi) + \psi'^2 \right]$$

(13)

for the $tt$, $\eta\eta$ and $\theta\theta$ components, respectively.

The equations for the functions of the complex scalar field and the phantom field are obtained from the variation of the action with respect to $\phi$ and $\psi$, respectively. They read

$$[AR^2 \phi']' = -\omega^2 \frac{R^2}{A^2} \phi + AR^2 \frac{1}{2} \frac{dU}{d\phi},$$

(14)

$$[AR^2 \psi']' = 0.$$  

(15)

Integrating the last equation we obtain

$$\psi' = \frac{D}{AR^2},$$  

(16)
where the constant $D$ represents the scalar charge of the phantom field. By substituting $\psi'^2 = D^2/A^2 R^4$ in the Einstein equations, the phantom field can be eliminated from the remaining set of equations.

By substituting $\psi'^2 = D^2/A^2 R^4$ in the Einstein equations, the phantom field can be eliminated from the remaining set of equations. Together with Eq. (14) they form a system of second order ODEs to be solved numerically.

**D. Global charges**

The mass $M$ of the stationary asymptotically flat solutions can be obtained from the Komar expression [46],

$$ M = \frac{1}{4\pi} \int_\Sigma R_{\mu\nu} n^\mu \xi^\nu dV. $$

Here $\Sigma$ denotes an asymptotically flat spacelike hypersurface, $n^\mu$ is normal to $\Sigma$ with $n_\mu n^\mu = -1$, $dV$ is the natural volume element on $\Sigma$, and $\xi$ denotes an asymptotically timelike Killing vector field [46]. The mass $M$ can be read off directly from the asymptotic expansion of the metric component $g_{tt}$

$$ g_{tt} \rightarrow -1 + \frac{2M}{R} \iff A \rightarrow 1 - \frac{M}{R}. $$

The Lagrange density is invariant under the global phase transformation

$$ \Phi \rightarrow \Phi e^{i\chi}, $$

leading to the conserved current

$$ j^\mu = -i(\Phi^* \partial^\mu \Phi - \Phi \partial^\mu \Phi^*), \quad j^\mu_{;\mu} = 0. $$

The associated conserved charge $Q$ is then obtained from the time-component of the current,

$$ Q = - \int j^t |g|^{1/2} d\eta d\theta d\varphi = 8\pi\omega \int_0^\infty |g|^{1/2} \phi^2 d\eta. $$

The charge $Q$ corresponds to the particle number of the self-interacting bosons.

The scalar charge $D$ of the phantom field can be obtained from Eq. (12),

$$ \alpha D^2 = A^2 R^2 \left[ 1 - R'^2 - 2 \frac{A'R'R'}{A} \right] + 2\alpha A^2 R^4 \left[ \phi'^2 - U + \omega^2 \phi^2 \right]. $$

We employ the condition $D = \text{const}$ to monitor the quality of the numerical solutions.

**E. Throats**

In the following we restrict to symmetric solutions, i.e., solutions whose metric functions are symmetric under $\eta \rightarrow -\eta$, and whose matter field function are either symmetric or antisymmetric.

The metric function $R$ may be considered as a circumferential radial coordinate. Since we want to obtain solutions with wormholes at their core, we assume that the function $R$ does not possess a zero. In asymptotically flat solutions, the function $R$ then tends towards $|\eta|$ in the asymptotic regions. Consequently, the function $R$ must possess at least one minimum.
Because of the assumed symmetry, \( \eta = 0 \) must correspond to an extremum of the function \( R \), and thus \( R'(0) = 0 \). In the simplest case, the function \( R \) will have a single minimum located at \( \eta = 0 \), \( R(0) = r_0 \). However, the function \( R \) could also possess a maximum at \( \eta = 0 \) and two minima, located symmetrically on each side. In principle, the function \( R \) could possess even more extrema.

To understand the nature of the extremum at \( \eta = 0 \), we consider Eq. (17) at \( \eta = 0 \)

\[
R''(0) = \frac{1}{r_0} \left[ 1 - 2\alpha r_0^2 U(\phi(0)) \right] = \frac{1}{r_0} (1 - \alpha/\alpha_{cr}) ,
\]

where

\[
\alpha_{cr} = \frac{1}{2 r_0^2 U(\phi(0))} .
\]

Thus, \( R(0) \) is a minimum when \( \alpha < \alpha_{cr} \), whereas it is a maximum when \( \alpha > \alpha_{cr} \). Here the first case \( \alpha < \alpha_{cr} \) represents the simplest wormhole scenario, where a surface of minimal area separates two asymptotically flat regions. In the second case, however, \( R(0) \) is a local maximum, and thus represents a surface of maximal area, i.e., an equator. This then implies that there are (at least) two minima of \( R \), one for \( \eta < 0 \) and a second symmetric one for \( \eta > 0 \). In the case of two such minima, the wormhole possesses a double throat, with an equator located symmetrically inbetween at \( \eta = 0 \).

The area of a throat \( A_{th} \) is determined by

\[
A_{th} = 4\pi R^2(\eta_{th}) .
\]

When a wormhole has a single throat, its location is at \( \eta_{th} = 0 \), and its area is given by

\[
A_{th} = 4\pi r_0^2 .
\]

When a wormhole has a double throat, on the other hand, \( \eta = 0 \) corresponds to an equator, and the locations of the two throats are at finite values, \( \pm \eta_{th} \).

The surface gravity \( \kappa \) of the throat can be evaluated via

\[
\kappa^2 = -\frac{1}{2} (\nabla_\mu \xi_\nu) (\nabla^\mu \xi^\nu)|_{\eta_{th}}
\]

with the timelike Killing vector field \( \xi^\mu \). For the spherically symmetric metric employed, the surface gravity is then given by

\[
\kappa = A'(\eta_{th}) .
\]

Consequently, the wormholes with a single throat have vanishing \( \kappa \), while the wormholes with a double throat possess a finite surface gravity.

**F. Boundary Conditions**

At the extremal surface \( \eta = 0 \) - the throat or the equator - we impose the boundary conditions

\[
R(0) = r_0 , \quad R'(0) = 0 , \quad A'(0) = 0 .
\]

With the first condition we fix the circumferential radius of the throat or the equator, while the second condition is simply the extremum condition. The third condition is imposed by the symmetry of the solutions with respect to an interchange of the universes.

In the asymptotic regions we impose the following boundary conditions

\[
A(\eta \to +\infty) \to 1 , \quad \phi(\eta \to -\infty) \to 0 , \quad \phi(\eta \to +\infty) \to 0 .
\]

While the first condition sets the time scale, the second condition and the third condition follow from the requirement of finite energy.
G. Energy conditions

The violation of the null energy condition (NEC) implies the violation of the weak and the strong energy condition. Therefore, we address only the NEC, which requires

$$\Xi = T_{\mu\nu}k^\mu k^\nu \geq 0,$$

(33)

for all (future-pointing) null vector fields $k^\mu$.

We reexpress this condition by making use of the Einstein equations, and then obtain for spherically symmetric solutions the new conditions

$$- G_t^t + G_\theta^\theta \geq 0, \quad \text{and} \quad - G_r^r + G_\theta^\theta \geq 0.$$  

(34)

The null energy condition is violated, when one or both of these conditions do not hold in some region of the spacetime considered. This is the case for all of the solution studied.

H. Units

Since we would like to consider our results also from an astrophysical point of view, we need to introduce appropriate factors of $\hbar$, $G$ and $c$ into the action, and connect the dimensionful quantities with the corresponding dimensionless quantities, employed in the calculations. In dimensionful quantities the total Lagrangian $\mathcal{L}_{\text{tot}}$ then reads

$$\mathcal{L}_{\text{tot}} = \frac{c^4}{16\pi G} R - \frac{\hbar c}{2} g^{\mu\nu} (\Phi^*_\mu \Phi^\nu + \Phi^*_\nu \Phi^\mu) - \frac{1}{\hbar c} U(|\Phi|) + \frac{\hbar c}{2} \partial_\mu \Psi \partial^\mu \Psi$$

(35)

Now we introduce the associated dimensionless quantities via $\Phi = \Phi_0 \hat{\Phi}$, $\Psi = \Psi_0 \hat{\Psi}$ and $\eta = \eta_0 \hat{\eta}$, where $\Phi_0$ and $\Psi_0$ have the dimension of an inverse length, and $\eta_0$ has the dimension of length. For convenience we rewrite the potential as

$$U(|\Phi|) = (m_0 c^2) \Phi_0^2 \left[ |\Phi|^2 + c_4 |\Phi|^4 + c_6 |\Phi|^6 \right] = (m_0 c^2) \Phi_0^2 \hat{U}(\Phi)$$

(36)

The Lagrangian then assumes the form

$$\mathcal{L}_{\text{tot}} = \frac{c^4}{8\pi G \eta_0^2} \left[ \frac{\hat{R}}{2} - 2\alpha \left[ \frac{1}{2} g^{\mu\nu} (\Phi^*_\mu \Phi^\nu + \Phi^*_\nu \Phi^\mu) + \left( \frac{m_0 c^2}{\hbar c} \right)^2 \eta_0^2 \hat{U}(\Phi) - \frac{1}{2} \partial_\mu \hat{\Psi} \partial^\mu \hat{\Phi} \right] \right],$$

(37)

with the coupling constant $\alpha$ proportional to Newton's constant,

$$\alpha = \frac{4\pi G}{c^4 \hbar c \Phi_0^2},$$

(38)

and we made the choice $\Psi_0 = \Phi_0$.

Next we fix the length scale $\eta_0$ by $\eta_0 = GM_0/c^2$, such that the mass $M$ is given in units of $M_0$. In order to compare with the potential in Eq. 5 we set

$$\left( \frac{m_0 c^2}{\hbar c} \right)^2 \eta_0^2 \left[ |\Phi|^2 + c_4 |\Phi|^4 + c_6 |\Phi|^6 \right] = \lambda b |\Phi|^2 - \lambda a |\Phi|^4 + \lambda |\Phi|^6.$$

(39)

Using

$$\eta_0 = \hbar c \frac{M_0 c^2}{(m_{\text{Pl}} c^2)^2}, \quad \Phi_0^2 = \frac{\alpha}{4\pi} \left( \frac{m_{\text{Pl}} c^2}{\hbar c} \right)^2,$$

(40)

with the Planck mass $m_{\text{Pl}} = \sqrt{\hbar c/G}$, we find for the mass of the complex boson field

$$m_0 = \frac{m_{\text{Pl}}^2}{M_0} \sqrt{\lambda b},$$

(41)

and for the self-interaction potential

$$U(|\Phi|) = (m_0 c^2) |\Phi|^2 - a \left( \frac{4\pi (\hbar c)^2}{\alpha} \right) \left( \frac{m_{\text{Pl}}}{M_0} \right)^2 |\Phi|^4 + \left( \frac{4\pi (\hbar c)^2}{\alpha} \right)^2 \frac{1}{(M_0 c^2)^2} |\Phi|^6$$

$$= (m_0 c^2) |\Phi|^2 - a \beta \left( m_{\text{Pl}} c^2 \right)^2 |\Phi|^4 + \beta^2 \left( M_0 c^2 \right)^2 |\Phi|^6,$$

(42)

with $\beta = \frac{4\pi}{\alpha} \left( \frac{\hbar c}{M_0 c^2} \right)^2$. Thus $\alpha$ can be considered to tune the self-interaction.
III. NUMERICAL RESULTS

After briefly addressing the numerical method employed, we first discuss the probe limit of the solutions, solving for the boson field $\phi$ in the background of an Ellis wormhole. For the self-interaction potential $U(\phi)$ we fix the parameters according to $\lambda = 1$, $a = 2$ and $b = 1.1$.

Subsequently, we couple gravity and solve the full system of coupled nonlinear ODEs for the given set of boundary conditions and the parameters $\alpha$ and $r_0$. We note, that the quality of the numerical solutions is high. In particular, the variation of the constant $D$ as computed from Eq. (24) is typically less than $10^{-9}$.

We here first consider the families of solutions themselves. In order to fix the scale we choose a value for the throat size $r_0$. This leaves $\alpha$ as a free parameter as well as the boson frequency $\omega$. Varying $\omega$ for a fixed value of $\alpha$, we then obtain a family of boson star solutions harbouring a wormhole at their core. Next we consider the dependence of these families of solutions on the coupling constant $\alpha$. We demonstrate that all such families of solutions start from the limiting Ellis wormhole solution with vanishing boson field $\Phi$ and end in a singular configuration. Finally, we address some astrophysically relevant properties of the solutions.

A. Numerical Method

We employ a collocation method for boundary-value ordinary differential equations, equipped with an adaptive mesh selection procedure [47]. Typical mesh sizes include $10^3$ to $10^4$ points. The solutions have a relative accuracy of $10^{-10}$. The estimates of the relative errors of the global charges are of order $10^{-6}$.

B. Probe Limit

In the probe limit, the boson field equation is solved in the background of an Ellis wormhole, where

$$ A = 1, \quad R^2 = \eta^2 + r_0^2. \quad (43) $$

Thus single ODE for the function $\phi$ needs to be solved subject to the boundary conditions (32), while the frequency $\omega$ and the throat size $r_0$ are varied. As the throat size tends to zero, the Q-ball limit is reached, where the solutions represent non-topological soliton solutions in the Minkowski space-time [35, 36].

Spherically symmetric Q-balls exist only in a certain frequency range, $\omega_{\text{min}} < \omega < \omega_{\text{max}}$ [35, 36, 38]. The equation of motion for the scalar field $\phi$ may be viewed as effectively describing a particle moving with friction in the potential $V(\phi)$,

$$ V(\phi) = \frac{1}{2} \omega^2 \phi^2 - \frac{1}{2} U(\phi). \quad (44) $$

A necessary condition for the existence of Q-balls is then given by $V''(0) < 0$. This determines the maximal frequency $\omega_{\text{max}}$

$$ \omega_{\text{max}}^2 = \frac{1}{2} U''(0) = \lambda b = m_b^2. \quad (45) $$

Indeed, only for $\omega < \omega_{\text{max}}$ the solutions possess an exponential fall-off at spatial infinity.

The second condition for the existence of Q-balls is that $V(\phi)$ should become positive for some nonzero value of $\phi$ [35, 36, 38]. This yields the minimal frequency $\omega_{\text{min}}$:

$$ \omega_{\text{min}}^2 = \min_{\phi} \left[ U(\phi)/\phi^2 \right] = \lambda \left( b - \frac{a^2}{4} \right). \quad (46) $$

When the Minkowski background is replaced by the Ellis background, these limits are retained. Asymptotically, the equation of motion for the boson field does not change, and thus the condition $\omega < \omega_{\text{max}}$ remains valid. On the other hand, for $\omega \to \omega_{\text{min}}$, the boson field function $\phi$ approaches a constant in a large inner region, i.e., $\phi' \approx 0$, just as in the case of Q-balls. Thus the deviations of the metric functions from Minkowski space-time and the presence of the throat become irrelevant. Consequently, the frequency $\omega$ remains bounded in the same interval as in Minkowski space-time.

In Fig. 1 we illustrate the solutions and their properties in the probe limit. The boson field function $\phi$ is shown in Fig. 1(a) for the throat size $r_0 = 1$ and several values of the frequency $\omega$ in the allowed interval $\omega_{\text{min}} < \omega < \omega_{\text{max}}$. 

Figure 1: Probe limit: (a) The boson field function $\phi$ versus the compactified coordinate $\tan(\eta)/2\pi$ for throat size $r_0 = 1$ and several values of the frequency $\omega$. (b) The value of the boson field function at the throat $\phi(0)$ versus the frequency $\omega$ for several values of the throat size, $r_0 = 1, 2, 3$. The $Q$-ball limit corresponds to $r_0 = 0$. The dotted vertical lines represent the minimal and the maximal values of the frequency $\omega_{\min}$ and $\omega_{\max}$. The black dot represents the limiting value of $\phi(0)$. (c) The mass $M$ for the same sets of solutions. (d) The particle number $Q$ for the same sets of solutions. (e) The mass $M$ versus the particle number $Q$ for the same sets of solutions. The dotted line corresponds to the mass of $Q$ free bosons. (f) The mass $M$ and the particle number $Q$ for frequency $\omega = 1$ versus the throat size $r_0$. 
The behaviour of the boson field function $\phi$ is very similar to the case of $Q$-balls. In particular, when the frequency $\omega$ approaches its lower limit $\omega_{\text{min}}$, the function $\phi$ tends to a constant in an inner region, that increases in size as $\omega \rightarrow \omega_{\text{min}}$. At the same time the value of $\phi$ at the throat, $\phi_0$, tends to a limiting value, $\phi_0(\omega_{\text{min}}) = 1$, as indicated in Fig. 1(b).

Fig. 1(b) exhibits $\phi_0$ for four sets of solutions, which correspond to the $Q$-ball case for $r_0 = 0$, and the Ellis background cases with the values for the throat size $r_0 = 1$, $r_0 = 2$ and $r_0 = 3$. We note that for small frequencies and larger values of the throat size uniqueness of the solutions is lost. Here, for a given value of $\omega$, there may be 3 distinct solutions. Thus instead of a single branch of solutions there arise three branches of solutions for the larger values of the throat size.

However, for all values of the throat size, the mass $M$ and the particle number $Q$ of the solutions approach those of the $Q$-ball solutions when $\omega \rightarrow \omega_{\text{max}}$ and when $\omega \rightarrow \omega_{\text{min}}$. Thus in these limits, the mass and the particle number are diverging just as for $Q$-balls. This is seen in Fig. 1(c) and 1(d) where the mass $M$ and the particle number $Q$ are exhibited for the same sets of solutions. These figures also clearly show the nonuniqueness of the solutions.

The binding energy of the solutions can be extracted from Fig. 1(e), where we show the mass $M$ versus the particle number $Q$ for the same sets of solutions. Here the straight line gives the mass of $Q$ free bosons,

$$M_{\text{free}} = m_0 Q.$$  \hspace{1cm} (47)

As in the case of $Q$-balls there are always bound solutions, located on the lower branch, where $M < M_{\text{free}}$, and unbound solutions, whenever $M > M_{\text{free}}$. For large values of the throat size, the set of bound solutions exhibits additional structure because of the nonuniqueness.

The dependence of the mass $M$ and the particle number $Q$ on the throat size in exhibited in Fig. 1(f) for the value of the frequency $\omega = 1$. In the vicinity of this value the mass and the particle number take their minimal values. We observe, that the mass $M$ and the particle number $Q$ do not change monotonically with the throat size as also seen in Fig. 1(d). To conclude, we observe many similarities between the solutions in the probe limit in the background of an Ellis wormhole and the $Q$-ball solutions of Minkowski space-time.

### C. Gravitating Solutions

We now consider the backreaction of the boson field on the metric and thus the full set of coupled nonlinear field equations. In the numerical calculations we replace the metric function $R(\eta)$ in terms of the new metric function $N(\eta)$,

$$R^2(\eta) = N(\eta) (\eta^2 + r_0^2),$$ \hspace{1cm} (48)

since in contrast to $R$ the new function $N$ is bounded in the full interval $-\infty < \eta < \infty$. The boundary conditions $R(0) = r_0$ and $R'(0) = 0$ then translate into the new conditions $N'(0) = 1$ and $N'(0) = 0$, respectively. We solve the ODEs numerically for the given set of boundary conditions and a sequence of values for the parameters $\alpha$ and $r_0$.

Fixing the values of $\alpha$ and $r_0$, we then obtain a family of boson star solutions with nontrivial topology. We illustrate the solutions of such a family for $\alpha = 0.1$ and $r_0 = 1$ in Fig. 2 where the value of the metric function $A$ at the throat (or at the equator) $A_0 = A(0)$, is varied. At the same time the frequency $\omega$ of the solutions changes, as discussed below.

We recall, that for the Ellis wormhole $A = 1$, and thus $A_0 = 1$. Then by decreasing $A_0$ from its limiting value $A_0 = 1$ the family of boson star solutions with nontrivial topology evolves from the limiting Ellis wormhole, as seen in Fig. 2. In Fig. 2(a) the metric function $A(\eta)$ is exhibited as a function of the compactified coordinate $\text{atan}(\eta)$ for a sequence of values of $A_0$. $A(\eta)$ is a monotonic function of $\eta$. When $A_0$ tends to zero, the function $A$ approaches a limiting function, to be discussed later. $A_0$ cannot be decreased any further.

The metric function $N(\eta)$ of the same set of solutions is exhibited in Fig. 2(b). Again, the starting solution is the Ellis solution, where $N = 1$. As $A_0$ is decreased, the function $N$ develops a minimum, which first deepens but then rises again. We now introduce the mass function $m(\eta)$ via

$$A(\eta) = 1 - \frac{m(\eta)}{R(\eta)}.$$ \hspace{1cm} (49)

The mass $M$ of the solutions is obtained from its asymptotic value, $m(\infty) = M$. The mass function $m(\eta)$ is illustrated in Fig. 2(c) for this set of solutions. Identically zero for the limiting Ellis wormhole, the function $m(\eta)$ increases with decreasing $A_0$. However, this increase is monotonic only in the inner region close to the throat. Here the mass function approaches its maximal value $m(0) \rightarrow r_0$ as $A_0 \rightarrow 0$. The asymptotic value $m(\infty)$ and thus the mass, on the other hand, is not changing monotonically for this family of solutions.
Finally, in Fig. 2(d) we exhibit the boson field function $\phi(x)$ for these solutions. As expected the boson field function increases with decreasing $A_0$. For the larger values of $A_0$ this behaviour is reminiscent of the probe limit. In particular, also an extended inner plateau appears. However, as $A_0$ decreases further the plateau disappears again and the function $\phi$ changes its character and rises steeply towards the throat. Note, that the value $\phi_0 = \phi(0)$ can also be used to label the solutions of this family. In the limit $A_0 \to 0$, the boson field function converges to a limiting function, as discussed later.

D. $\alpha$-Dependence

The family of $\alpha = 0.1$ solutions can also be considered as labelled by the frequency $\omega$ of the boson field, as done above in the probe limit. The frequency dependence has been studied widely for boson stars \cite{37}, where the coupling to gravity leads to a very different behaviour for large and for small frequencies as compared to Q-balls. The maximal value $\omega_{\text{max}}$ is retained, when gravity is coupled. However, the value $\omega_{\text{min}}$ no longer represents the minimal frequency for boson stars for generic values of $\alpha$. In particular, for small values of the frequency the families of boson stars feature spirals, when the mass or the particle number are considered versus the frequency. But with decreasing $\alpha$, the Q-ball limit is approached in an increasing interval of $\omega$.

We illustrate the dependence of the families of solutions on the coupling constant $\alpha$ in Fig. 3. Besides the solutions with $\alpha = 0.1$, considered above, here also solutions for larger values and smaller values of $\alpha$ are shown. For comparison also the probe limit is included in the figure.

We exhibit in Fig. 3(a) the value of $A_0$ for these families of solutions versus the frequency $\omega$. In the probe limit
Figure 3: \( \alpha \)-dependence: The values of the metric function \( A_0 \) (a) and the boson function \( \phi_0 \) (b) at the throat (or equator), the mass \( M \) (c) the scaled mass \( M/\alpha \) (d) and the particle number \( Q \) (e) versus the boson frequency \( \omega \). The scaled mass \( M/\alpha \) versus the particle number \( Q \), where the inset magnifies the cusp structure (f). In (b), (d), (e) and (f) the solid black curves represent the probe limit. The probe limit of (a) is trivial, \( A_0 = 1 \). The thin vertical line indicates \( \omega_{\text{max}} \).

As \( \alpha \) is increased from zero, and the backreaction of the boson field on the metric is taken into account, \( A_0 \) starts to deviate from the probe limit. For small \( \alpha \) this deviation is small in a large region of \( \omega \) in its upper allowed range. For smaller values of \( \omega \), however, \( A_0 \) decreases dramatically, and then tends to zero. For larger values of the
Figure 4: Single or double throat: The ratio of the critical value $\alpha_{cr}$ to $\alpha$ (a) and the surface gravity $\kappa$ (b) versus the boson frequency $\omega$ for several values of $\alpha$.

coupling constant $\alpha$ the decrease of $A_0$ becomes more uniform.

The value $\phi_0$ is exhibited in Fig. 3(b) for the same families of solutions. Again, we observe, that for $\alpha \to 0$ the respective curve of the probe limit is approached in most of the interval allowed in the probe limit, $\omega_{\text{min}} < \omega < \omega_{\text{max}}$. However, close to $\omega_{\text{min}}$ we observe significant deviations, since the solutions continue to values of $\omega$ beyond $\omega_{\text{min}}$. In particular, $\phi_0$ starts to increase strongly for small values of $\alpha$ and $\omega$.

The mass $M$ and the scaled mass $M/\alpha$ are shown versus the frequency $\omega$ in Fig. 3(c) and 3(d), respectively. We need to scale the mass in order to compare with the probe limit. We observe, that the boson star solutions with nontrivial topology tend towards their probe limit as $\alpha \to 0$, in the interval $\omega_{\text{min}} < \omega < \omega_{\text{max}}$. As for ordinary boson stars the mass rises from zero at $\omega_{\text{max}}$ and approaches a local maximum. Subsequently, it reaches a local minimum from where it rises again. For small values of $\omega$ the mass converges to a finite common value, independent of $\alpha$.

As seen in Fig. 3(e), the particle number $Q$ follows the mass closely in most of the $\omega$-interval. Thus for $\alpha \to 0$, $Q$ approaches the probe limit analogously. However, its $\omega$-dependence differs for small values of $\omega$. In particular, the particle number keeps increasing with decreasing $\omega$, as indicated in Fig. 3(f).

E. Wormhole Geometries

We now turn to the geometry of the wormholes within the boson stars. Here our first quest is to find out whether the wormholes possess a single throat or a double throat, where the latter will arise because of the backreaction of the boson field on the metric. For this purpose we evaluate the critical value $\alpha_{cr}$, defined in Eq. 26. We exhibit the ratio $\alpha_{cr}/\alpha$ versus the frequency $\omega$ for several families of solutions in Fig. 4(a). As long as $\alpha_{cr}/\alpha > 1$ the solutions possess only a single throat.

We show the surface gravity $\kappa$ for the same sets of solutions in Fig. 4(b). Here $\kappa = 0$ signals that the solutions possess only a single throat, whereas finite values of $\kappa$ imply the presence of an equator and a double throat.

In Fig. 5 we exhibit the metric function $R$ for a number of solutions for two values of the coupling constant, $\alpha = 0.05$ and $\alpha = 5$. For $\omega$ close to $\omega_{\text{max}}$ the solutions always possess only a single throat, since here $\alpha < \alpha_{cr}$. For families with large $\alpha$, this condition is soon violated, when $\omega$ decreases, and the solutions exhibit a double throat. Then $R$ possesses a local maximum at $\eta = 0$ and two minima located symmetrically on each side of the local maximum. For families with small $\alpha$, on the other hand, solutions with a double throat appear only for much smaller values of the frequency. However, close to the limiting solutions discussed below, the solutions always exhibit a double throat.

We visualize the geometry of a spatial hypersurface of the wormhole space-times in Fig. 6, where we display an isometric embedding of the equatorial plane $\theta = \pi/2$. For the embedding the parametric representation

$$\rho(\eta) = R(\eta), \quad z(\eta) = \int_0^\eta \sqrt{1 - R^2} \, d\eta',$$

is employed. The radius $R$ has a single minimum at $z = 0$, when $\alpha < \alpha_{cr}$. This minimum is seen as the waist in Fig. 6(a). At $\alpha = \alpha_{cr}$ the minimum becomes degenerate. For $\alpha > \alpha_{cr}$, finally, $z = 0$ turns into a (local) maximum.
Let us now address the limiting solution reached, when \( \omega \to 0 \). We demonstrate the limiting behaviour in Fig. 7. For this purpose we select a sequence of solutions with decreasing values of \( A_0 = A(0) \) for \( \alpha = 0.1 \). In Fig. 7(a) we see, that the metric function \( A \) is converging fast to its limiting function. The small deviations are highlighted in Fig. 7(b), where we zoom into the region close to the equator, \( \eta = 0 \). The limiting function in this region is approximately described by \( \ln A = \ln \eta - 0.8 \). We note, that this limiting function is independent of \( \alpha \).

In Fig. 7(c) we exhibit the limiting behavior of the metric function \( N \). Here full convergence has only been achieved for large \( \eta \). When the function \( R \) is considered instead of \( N \), one notices, that \( R''(0) \) diverges in the limit. The boson field function \( \phi \) also converges to a limiting function. This is seen in Fig. 7(d), where we zoom into the region close to the equator again. In this region the limiting boson function is approximately described by \( \phi = \ln \eta /2.15 \).

Thus, as \( \omega \to 0 \), the solutions tend to a limiting solution with a singular behavior at its core. By evaluating the Kretschmann scalar \( K = R_{\mu \nu \alpha \beta} R^{\mu \nu \alpha \beta} \) of the solutions, we see that this singular behavior can be attributed to a curvature singularity. The Kretschmann scalar of the same set of solutions is shown in Fig. 7(e). Clearly, for \( A_0 \to 0 \)
Figure 7: Limiting behaviour of the solutions for $\omega \to 0$: The logarithm of the metric function $A$ versus the compactified coordinate $\arctan(\eta/\alpha)$ (a), a zoom of $\ln A$ versus $\ln \eta$ with the (approximate) limiting behavior close to $\eta = 0$ (b), the metric function $N$ versus $\arctan(\eta/\alpha)$ (c), a zoom of the boson field function $\phi$ versus $\eta$ with the (approximate) limiting behavior close to $\eta = 0$ (d), and the Kretschmann scalar $K$ versus $\ln \eta$ (e) for several values of $A_0$ and $\alpha = 0.1$. The function $1/|\log A_0|$, where $A_0 = A(0)$, versus the boson frequency $\omega$ for $\alpha = 0.1$.

the Kretschmann scalar will diverge at $\eta = 0$, confirming the presence of a curvature singularity in the limiting solution.
Figure 8: The mass $M$ in solar masses $M_\odot$ versus the radius $R_\star$ in km for families of solutions with $\alpha = 0.01$ and 1, where the insets magnify the vicinities of the limiting solution. The corresponding Schwarzschild black hole curve is also indicated. (a) The mass $M$ in solar masses $M_\odot$ versus the energy density of the boson field $\varepsilon_0^{(\Phi)} = -T_\xi^{(\Phi)}$ at $\eta = 0$, with $\varepsilon_0^{(\Phi)}/c^2$ in units of $10^{14}$ g/cm$^3$ for the same set of solutions (b).

Finally, the dependence of $A_0$ on the boson frequency $\omega$ is demonstrated in Fig. 7(f). Here we display the function $1/\ln A_0$, to resolve the limiting behavior. The figure clearly indicates, that the singular limit should be reached for $\omega \to 0$. But the emerging singularity prevents numerical calculations closer to the limit.

G. Astrophysical Properties

Let us finally address some astrophysical properties of these families of boson star solutions with nontrivial topology, postponing the discussion of their stability to the next section. While the mass $M$ has been considered above, we would now like to present it in units of solar masses, $M_\odot$. At the same time, the size $R_\star$ of these objects is of considerable interest for a comparison with known astrophysical objects.

For boson stars, the size is not uniquely defined, because they do not possess a sharp surface, in general. Let us therefore adopt the definition for the radius $R_\star$

$$R_\star = \frac{\int j^+ |g|^{1/2} R(\eta) d\eta}{\int j^+ |g|^{1/2} d\eta}.$$  \hspace{1cm} (51)

It has been shown previously, that the radius $R_\star$ of (non-compact) boson stars is rather insensitive to the various definitions employed (see e.g. [34]).

Fig. 8(a) shows the mass $M$ in units of the solar mass versus their radius $R_\star$ in km for such two families of boson stars with nontrivial topology, obtained for a small and a large value of $\alpha$. We note, that the dependence $M(R_\star)$ remains very similar to the one known for ordinary boson stars with the same self-interaction, in their physically relevant range.

These boson stars possess two stable regions. This is analogous to compact stars, which possess a low density phase, corresponding to white dwarfs, and a high density phase, corresponding to neutron (or quark) stars. Furthermore, depending on the parameters employed for the boson mass and the self-interaction, these boson stars can reach huge masses and get very close to the black hole limit [34].

Here we see that both the low density phase and the high density phase of those boson stars are retained in the presence of the nontrivial topology, while the black hole limit is closely approached, as well. The dependence $M(R_\star)$ is different only close to the black hole limit, where the solutions are expected to be unstable on general grounds, since they have passed the maximum of the mass.

Fig. 8(b) exhibits the mass $M$ versus the energy density of the boson field $\varepsilon_0^{(\Phi)}$ at $\eta = 0$. In the high density phase the boson field energy first assumes values on the order of the central energy density of neutron stars. After the maximal mass has been reached, this part of the energy density increases further, while the radius and the mass decrease. Deviating from ordinary boson stars and neutron stars, however, there occurs a subsequent strong increase...
of the boson field energy density, which is compensated by the energy density of the phantom field, thus retaining a finite value for the mass.

Clearly, the relevant question left to be answered for potential astrophysical applications is the question of the stability of these solutions. Therefore we now turn to their stability analysis.

IV. STABILITY ANALYSIS

Boson stars are stable in large regions of their parameter space. Their stability has been investigated from different points of view. Lee and Pang [48] and Jetzer [24] performed a linear stability analysis of boson stars with respect to small oscillations, while Kusmartsev, Mielke and Schunck [49, 50], were the first to apply catastrophe theory to boson stars.

Isolated wormholes with phantom fields, on the other hand, are unstable. Indeed, the Ellis wormhole possesses an unstable mode [43, 44], that had been missed before, because the gauge condition taken had been too stringent. Previous investigations of configurations with phantom field wormholes at their core showed, that solutions, which are stable in the absence of such a wormhole become unstable in its presence [14, 44, 45]. This is, for instance, the case for astrophysical objects like neutron stars [14], but also for microscopic objects like Skyrmions [45], which both inherit the instability of the isolated wormhole.

Here we investigate whether also boson stars inherit the instability of the Ellis wormhole, restricting to a linear stability analysis in the spherically symmetric sector. We proceed by making a careful choice of the gauge condition, and employ for the complex boson field and the phantom field the time-dependent Ansatz

\[ \Phi = e^{i\sigma t} (\Phi_1(t, \eta) + i\Phi_2(t, \eta)) \quad \text{resp.} \quad \Psi = \Psi(t, \eta). \]

For these Ansätze we derive the Einstein-matter equations and consider the following perturbed metric, phantom field and boson field profile functions

\[
\begin{align*}
    h_0(\eta, t) &= A^2(\eta) + \delta h_0(\eta) e^{-i\sigma t}, \\
    h_1(\eta, t) &= 1 + \delta h_1(\eta) e^{-i\sigma t}, \\
    h_2(\eta, t) &= N(\eta) + \delta h_2(\eta) e^{-i\sigma t}, \\
    \Phi_1(\eta, t) &= \phi(\eta) + \delta \phi_1(\eta) e^{-i\sigma t}, \\
    \Phi_2(\eta, t) &= \partial_t (\delta \phi_2(\eta) e^{-i\sigma t}), \\
    \psi(\eta, t) &= \psi(\eta) + \delta \psi(\eta) e^{-i\sigma t}.
\end{align*}
\]

Here, \( A, N, \phi \) and \( \psi \) denote the unperturbed metric, boson field and phantom field functions. In the next step we expand the set of Einstein-matter equations up to first order in the small quantities \( \delta h_0(\eta), \delta h_1(\eta), \delta h_2(\eta), \delta \phi_1(\eta), \delta \phi_2(\eta), \) and \( \delta \psi(\eta) \). This leads to a set of linear ODEs for the perturbations, which form an eigenvalue problem with eigenvalue \( \sigma^2 \). When \( \sigma^2 \) is negative the perturbations increase in time. Thus the solution is unstable.

To reduce the number of linear ODEs we may use the gauge freedom. Let us consider the ODE for the perturbation of the phantom field

\[
\left[ AN(\eta^2 + r_0^2) \left( \delta \psi'' - \frac{1}{2} \psi' \left( \delta h_1 - 2 \frac{\delta h_2}{N} - \frac{\delta h_0}{A^2} \right) \right) \right]' + \sigma^2 \frac{N}{A} (\eta^2 + r_0^2) \delta \psi = 0.
\]

This can be simplified by the gauge condition

\[
\delta h_1 - 2 \frac{\delta h_2}{N} - \frac{\delta h_0}{A^2} = 0.
\]

Furthermore, when employing (56), it follows that the function \( \delta \psi \) vanishes identically, if there exists an unstable mode, i.e., if \( \sigma^2 \) is negative. This is seen as follows. Taking the gauge condition Eq. (56) into account we multiply Eq. (55) by \( \delta \psi \) and integrate over the whole range \((-\infty, \infty)\). An integration by parts then yields

\[
\left[ AN(\eta^2 + r_0^2) \delta \psi \psi' \right]_{-\infty}^{+\infty} = \int_{-\infty}^{+\infty} \left[ (\eta^2 + r_0^2) \left( AN \delta \psi' \psi'' - \sigma^2 \delta \psi^2 \frac{N}{A} \right) \right] d\eta.
\]
Figure 9: Instability: The eigenvalue $\sigma^2$ versus the value of the metric function $A_0 = A(0)$ at the throat (or equator) for several values of $\alpha$, where the inset magnifies the region of the eigenvalues close to zero. The fat dot denotes the eigenvalue of the Ellis wormhole (a). The maximal value of the eigenvalue $\sigma_{\text{max}}^2$ versus the coupling constant $\alpha$ for $\alpha \rightarrow 0$ (b).

The left-hand-side of this equation must vanish for a normalizable $\delta \psi$. Thus the right-hand-side must also vanish. However, for a negative eigenvalue $\sigma^2$, the integrand is positive for a finite $\delta \psi$. The integral can only vanish, if $\delta \psi$ is identically zero.

With $\delta \psi = 0$ and $\delta h_0 = A^2(\delta h_1 - 2\delta h_2/N)$ the resulting equations consist of four second order ODEs for the functions $\delta h_1$, $\delta h_2$, $\delta \phi_1$ and $\delta \phi_2$ in addition to two constraints $C_1$, $C_2$. These equations are given in compact form as

$$
\begin{pmatrix}
\delta h_1'' \\
\delta h_2'' \\
\delta \phi_1'' \\
\delta \phi_2''
\end{pmatrix} - W \begin{pmatrix}
\delta h_1 \\
\delta h_2 \\
\delta \phi_1 \\
\delta \phi_2
\end{pmatrix} - W^{(n)} \begin{pmatrix}
\delta h_1' \\
\delta h_2' \\
\delta \phi_1' \\
\delta \phi_2'
\end{pmatrix} = \begin{pmatrix}
0 \\
0 \\
0 \\
0
\end{pmatrix},
$$

(57)

where $W$ and $W^{(n)}$ are $6 \times 4$ matrices given in the Appendix.

Here we note that in principle the constraints can be used to reduce the number of ODEs from four to three. However, this would introduce factors $1/N'$ in the ODEs, which diverge when $R$ becomes extremal. Therefore, we prefer to solve the system of the four ODEs numerically, and to verify that the constraints are satisfied.

The boundary conditions follow from the requirement that the perturbations have to vanish in the asymptotic regions,

$$
\delta h_1(\pm \infty) = \delta h_2(\pm \infty) = \delta \phi_1(\pm \infty) = \delta \phi_2(\pm \infty) = 0.
$$

(58)

In addition, we impose the condition $\delta h_2(0) = 1$, to ensure that the perturbations are normalizable. The eigenvalue $\sigma^2$ is adjusted such that the perturbations satisfy the asymptotic boundary conditions [61].

To make sure that we perform only variations with fixed particle number $Q$, we consider its variation $\delta Q$

$$
\delta Q = 8\pi \int \frac{\phi(\eta^2 + r_0^2)}{A} \left[2\omega \phi \delta h_2 + N \left(2\delta \phi_1 - \sigma^2 \delta \phi_2\right)\right] d\eta.
$$

(59)

To see that $\delta Q$ vanishes, we note that the integrand can be written as a derivative,

$$
\frac{\phi(\eta^2 + r_0^2)}{A} \left[2\omega \phi \delta h_2 + N \left(2\delta \phi_1 - \sigma^2 \delta \phi_2\right)\right] = 2 \left[AN(\eta^2 + r_0^2) \left(\delta \phi_2 \phi - \delta \phi_2 \phi'\right)\right]',
$$

(60)

provided $\delta h_1$, $\delta h_2$, $\delta \phi_1$ and $\delta \phi_2$ are solutions of the eigenvalue problem. Consequently, $\delta Q = 0$ as a result of the boundary conditions $\delta \phi_2'(0) = 0$, $\phi'(0) = 0$, $\delta \phi_2(\pm \infty) = 0$ and $\phi(\pm \infty) = 0$.

We demonstrate the numerical results in Fig. 9. We show the eigenvalue $\sigma^2$ versus the value of the metric function $A_0$ at the throat (or equator) in Fig. 9(a) for several families of solutions, covering a large range of the coupling
constant $\alpha$. The eigenvalue always starts at the value of the Ellis wormhole $^{43}$, indicated by the fat black dot at $A_0 = 1$. As $A_0$ decreases, the eigenvalue $\sigma^2$ increases, but only up to a maximal value $\sigma_{\text{max}}^2$ at some $\alpha$-dependent value of $A_0$. Thus $\sigma^2$ remains negative for these families of solutions.

Since the maximal value $\sigma_{\text{max}}^2$ increases with decreasing $\alpha$, one might hope that at some point the instability might be lost, and stable boson stars with nontrivial topology might arise. However, as seen in Fig. 9(b), where we show $\sigma_{\text{max}}^2$ versus $\alpha$ for $\alpha \to 0$, this is not the case. The eigenvalue can get extremely close to zero, but it always remains negative. Thus we conclude that all boson stars harbouring wormholes at their core obtained are unstable, though the instability can become very very weak.

V. CONCLUSIONS

Coupling Einstein gravity to a complex self-interacting boson field as well as a phantom field, has led us to a new type of configurations, namely boson stars harbouring a wormhole at their core, connecting two asymptotically flat universes. While these solutions are spherically symmetric, they are only stationary and not static, because the boson field carries a harmonic time-dependence.

The nontrivial topology is rendered possible by the presence of a phantom field, which provides the necessary violation of the energy conditions in General Relativity. It represents the main ingredient for the Ellis wormhole or more general wormholes in Einstein gravity.

In a first step we have considered the probe limit of the solutions, describing boson stars in the background of an Ellis wormhole, where only the ODE for the complex scalar field needs to be solved. The resulting families of configurations are labelled by the throat size $r_0$ of the background solution and by a parameter of the boson field, such as the frequency $\omega$ or the value of the boson field function at the throat (or equator), $\phi_0$.

Interestingly, the boson frequency $\omega$ is confined to the same interval $[\omega_{\text{min}}, \omega_{\text{max}}]$ as for $Q$-ball solutions, which are approached in the limit of vanishing throat size, when the background becomes trivial and the Minkowski spacetime is recovered. As compared to the topologically trivial $Q$-ball solutions, the new feature appearing in the probe limit of this new type of solutions is their nonuniqueness. This means that above a certain value of the throat size several distinct solutions can be found for the same value of the frequency (within a small range).

From a theoretical point of view it is also interesting to see how the solutions of the full gravitating system evolve from the probe limit. When the backreaction of the boson field on the metric is taken into account, further interesting phenomena arise. First of all, the characteristic spirals of the ordinary boson stars, describing the dependence of their mass and particle number on the frequency, unwind and disappear. Instead all families of boson stars with nontrivial topology extend down to zero frequency, where they reach a singular configuration.

Second, the backreaction of the boson field effects also strongly the geometry at the core of the configurations. In the probe limit the solutions always feature a single throat, but at a critical value of the coupling constant $\alpha_{cr}$, the wormhole throat becomes degenerate. Beyond $\alpha_{cr}$, the wormhole then exhibits an equator at the core surrounded by two throats. Thus double throat configurations emerge when the coupling is sufficiently strong.

Further, we conclude, that such mixed configurations of boson stars with wormholes at their core might be of astrophysical interest. Depending on the choice of the potential for the complex scalar field one can obtain such solutions with widely different masses and sizes, varying over many orders of magnitude. In particular, one can also find solutions that may mimick compact astrophysical objects like neutron stars or black holes. These new solutions can then serve in studies of gravitational lensing $^{3-5}$, their light curves may be calculated $^{15}$, the orbits of small objects in their vicinity may be determined $^{51}$, etc., eventually resulting in numerous predictions for astrophysical observations.

Finally, we note that the bosonic fields forming the boson stars cannot fully stabilize the topologically nontrivial space-times. The instability of the Ellis solution is inherited by the new configurations, composed of boson stars with wormholes at their core. The inheritance of this instability is seen here for the first time for stationary configurations, since the boson field carries an explicit time-dependence. However, depending on the parameters of the boson star potential, the eigenvalue can get very close to zero, making the instability very weak and allowing for long-lived configurations.

To achieve full stability two routes are suggested. The first would be to remove the phantom field and instead modify gravity. When, for instance, higher derivative or higher curvature terms are considered, the null energy condition can be violated without exotic fields $^{52-53}$. Moreover, the resulting wormholes can be stable.

The second possibility could be to include rotation. It has been observed that the unstable mode disappears for rotating Ellis wormholes in five dimensions, when the rotation is sufficiently fast $^{59}$. Since rotating Ellis wormholes have recently also been obtained in four spacetime dimensions $^{61}$, the static wormhole at the core of the configurations could then be replaced by a rotating wormhole. From an astrophysical point of view, rotating objects appear to be most relevant, anyway.
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VI. APPENDIX

Here we present the $6 \times 4$ matrices $\mathbf{W}$ and $\mathbf{W}^{(\eta)}$ occurring in Eq. (57) of the stability analysis:

$$\begin{align*}
W_{11} &= -4\alpha\lambda(b + \phi^4 - c\phi^2)\phi^2 - \frac{\sigma^2}{A^2} \\
W_{12} &= 2(\eta^2 + r_0^2)A - 2A'\eta^2 + r_0^2\eta N')N' - A[\eta^2 + r_0^2]N^3 \\
W_{13} &= -8\alpha\lambda(b + 3\phi^4 - 2c\phi^2)\phi \\
W_{14} &= 2\alpha\lambda N(b + \phi^4 - c\phi^2)[\eta^2 + r_0^2]\phi^2 - 1 \\
W_{22} &= -((4\alpha\lambda N^2(b + \phi^4 - c\phi^2)[\eta^2 + r_0^2]\phi^2 + 2(N + N')\eta N + [\eta^2 + r_0^2]N^2)A^2 \\
&+ 2A'A\eta N^2)/(A^2[\eta^2 + r_0^2]N^2) - \frac{\sigma^2}{A^2} \\
W_{33} &= \frac{\lambda A^2(b + 15\phi^4 - 6c\phi^2) - \omega^2}{A^2} - \frac{\sigma^2}{A^2} \\
W_{34} &= \frac{2\omega\sigma^2}{A^2} \\
W_{42} &= \frac{2\phi\omega}{A^2} \\
W_{43} &= \frac{2\omega}{A^2} \\
W_{44} &= \frac{\lambda A^2(b + 3\phi^4 - 2c\phi^2) - \omega^2}{A^2} - \frac{\sigma^2}{A^2} \\
W_{51} &= 4(2\alpha\lambda N(b + \phi^4 - c\phi^2)[\eta^2 + r_0^2]\phi^2 - 1)A^4[\eta^2 + r_0^2]N \\
W_{52} &= -2\frac{A^2}{N}(2((4\alpha\omega^2\phi^2 - \sigma^2)N + AA'N')[\eta^2 + r_0^2]N - (2(N'\eta + 1)N + [\eta^2 + r_0^2]N^2)A^2)[\eta^2 + r_0^2] \\
W_{53} &= 16\alpha A^2N^2(\lambda A^2(b + 3\phi^4 - 2c\phi^2) - \omega^2)[\eta^2 + r_0^2]A^2 \\
W_{54} &= 16\alpha\omega A^2N^2[\eta^2 + r_0^2]A^2 \\
W_{61} &= -A^2N([\eta^2 + r_0^2]N' + 2N\eta) \\
W_{62} &= -A^2N([\eta^2 + r_0^2]N' - 2N\eta) + 2A'[\eta^2 + r_0^2]N)A \\
W_{63} &= 8\alpha A^2N^2[\eta^2 + r_0^2]\phi' \\
W_{64} &= -8\alpha A^2N^2[\eta^2 + r_0^2]\phi'
\end{align*}
\[ W_{11}^{(q)} = \frac{A([\eta^2 + r_0^2]N' + 2N\eta) - A'[\eta^2 + r_0^2]N}{AN[\eta^2 + r_0^2]} \]
\[ W_{12}^{(q)} = -2A([\eta^2 + r_0^2]N' + 2N\eta) - 2A'[\eta^2 + r_0^2]N \]
\[ W_{22}^{(q)} = \frac{A([\eta^2 + r_0^2]N' - 2N\eta) - A'[\eta^2 + r_0^2]N}{AN[\eta^2 + r_0^2]} \]
\[ W_{33}^{(q)} = -A([\eta^2 + r_0^2]N' + 2N\eta) + A'[\eta^2 + r_0^2]N \]
\[ W_{44}^{(q)} = -A([\eta^2 + r_0^2]N' + 2N\eta) + A'[\eta^2 + r_0^2]N \]
\[ W_{51}^{(q)} = 2A^4N([\eta^2 + r_0^2]N' + 2N\eta)[\eta^2 + r_0^2] \]
\[ W_{52}^{(q)} = -2A([\eta^2 + r_0^2]N' + 2N\eta) - 2A'[\eta^2 + r_0^2]N)A^2[\eta^2 + r_0^2] \]
\[ W_{53}^{(q)} = -16A^4N^2\alpha[\eta^2 + r_0^2]^{2}\phi' \]
\[ W_{62}^{(q)} = 2A^2N[\eta^2 + r_0^2] \]
\[ W_{64}^{(q)} = 8\omega A^2N^2\alpha[\eta^2 + r_0^2]^{3}\phi \]

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Technically we define an auxiliary function \( q = \sigma^2 \) and add the ODE: \( q' = 0 \) to the systems of ODEs, without imposing a boundary condition for \( q \). Then, the number of boundary conditions of the equations in (58) matches the total order of the system of ODEs. The value of \( q \) is computed together with the solutions.