Brain sparing in fetal mice: BOLD MRI and Doppler ultrasound show blood redistribution during hypoxia

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Mice reproduce many features of human pregnancy and have been widely used to model disorders of pregnancy. However, it has not been known whether fetal mice reproduce the physiologic response to hypoxia known as brain sparing, where blood flow is redistributed to preserve oxygenation of the brain at the expense of other fetal organs. In the present study, blood oxygen level-dependent (BOLD) magnetic resonance imaging (MRI) and Doppler ultrasound were used to determine the effect of acute hypoxia on the fetal blood flow in healthy, pregnant mice. As the maternal inspired gas mixture was varied between 100% and 8% oxygen on the timescale of minutes, the BOLD signal intensity decreased by 44 ± 18% in the fetal liver and by 12 ± 7% in the fetal brain. Using Doppler ultrasound measurements, mean cerebral blood velocity was observed to rise by 15 ± 8% under hypoxic conditions relative to hyperoxia. These findings are consistent with active regulation of cerebral oxygenation and clearly show brain sparing in fetal mice.

INTRODUCTION

Intrauterine hypoxia is estimated to affect 0.6–0.8% of pregnancies¹ and is correlated with increased risk of perinatal mortality and impaired neurodevelopment.²,³ Acute fetal hypoxia is often associated with brain sparing whereby a greater proportion of oxygenated blood is directed to the brain at the expense of other organs.⁴–⁶ However, in extreme situations, the fetus’s capacity for compensation is exceeded and can result in hypoxic-ischemic brain injury.⁷ Improvement in outcome for hypoxic fetuses has been reported after continuous maternal oxygen therapy.⁸,⁹ A recent magnetic resonance imaging (MRI) study of healthy human fetuses showed that during exposure to maternal hyperoxia, the oxygenation of several fetal organs increased while oxygenation of the fetal brain remains constant, termed reversed brain sparing.¹⁰ Understanding the physiology of this brain sparing response may lead to better diagnostic procedures for predicting fetal risk.

Doppler ultrasound is presently the standard tool for monitoring human fetal well-being. A recent meta-analysis concluded that umbilical artery velocity patterns were moderately useful in predicting fetal distress.¹¹ Doppler ultrasound measurements at the middle cerebral artery (MCA) have showed brain sparing physiology by detecting reductions in the pulsatility of blood flow in cases of fetal growth restriction¹² and in fetuses with congenital heart disease.¹³ Doppler ultrasound measures the velocity of the flowing blood but does not provide direct information on fetal oxygenation. The information provided by ultrasound can be combined with blood oxygen level-dependent (BOLD) MRI, which provides a noninvasive method for measuring the relative state of oxygenation of the fetus and has been shown in both humans¹⁰,¹⁴ and sheep.¹⁵–¹⁷ Blood oxygen level-dependent MRI is based on the different magnetic properties of oxyhemoglobin (diamagnetic) and deoxyhemoglobin (paramagnetic) and uses T²*-weighted imaging to measure changes in the oxygen saturation of blood.¹⁸ An increase in the concentration of deoxyhemoglobin results in a decrease in signal intensity (SI) in BOLD MR images.

The majority of the animal research on pregnancy has been conducted in sheep models.¹⁹ However, the risk of transferring Q fever from sheep to humans has resulted in the removal of sheep from many animal research facilities.²⁰ Besides considerations of availability, mice offer a number of advantages for modeling complications of pregnancy. Mice reproduce many of the physiologic and molecular features of human pregnancy²¹,²² while being efficient for research because of their low cost, rapid gestation, and large litter sizes. Both mice and humans have a hemochorial placenta with a very similar vascular and cellular structure.²¹,²³,²⁴ Moreover, there are many powerful techniques for genetic manipulation in mice, allowing the generation of mouse models to analyze the mechanisms of placental and fetal development and function.²⁵ The use of inbred strains leads to genetically identical specimens with reproducible pathology, providing opportunities to test experimental therapies and use a broad range of outcome measures.

In the present study, BOLD MRI and Doppler ultrasound are used to characterize the redistribution of fetal blood flow that occurs in healthy, pregnant mice under hyperoxic and hypoxic conditions. The oxygen content of the gas mixture inhaled by the dam was varied to simulate placental dysfunction. Cycling between maternal hyperoxia and hypoxia will produce the largest
change in oxygenation of the fetal organs and spans the two conditions where brain sparing is thought to occur. Blood oxygen level-dependent contrast was measured in the fetal brain and fetal liver and Doppler blood velocity was measured in the cerebral arteries.

MATERIALS AND METHODS

Animals

A total of 11 healthy adult CD-1 mice from Charles River Laboratories (St Constant, QC, Canada) were used and mated in house (6 for MRI and 5 for ultrasound microcopy). CD-1 mice are an outbred strain often used to study normal pregnancy and fetal development. The morning that a vaginal copulation plug was detected was designated as E0.5. Pregnant mice were imaged at 17.5 days gestation (full term for this strain is 18.5 days). All animal experiments were approved by the Animal Care Committee at the Toronto Centre for Phenogenomics and conducted in accordance with guidelines established by the Canadian Council on Animal Care.

Hyperoxia and Hypoxia Protocol

Pregnant mice were anesthetized with an intraperitoneal injection of ketamine (150 mg/kg) and xylazine (10 mg/kg). Mice were then endotracheally intubated (22 gauge catheter), placed in a purpose built holder, and mechanically ventilated using a pressure-controlled ventilator (TOPO Small Animal Ventilator; Kent Scientific, Torrington, CT, USA). The oxygen content of the gas mixture inhaled by the dam during the preparation for imaging was 100% O2, ensuring the fetal and maternal oxygen saturation was stable at the beginning of the experiment. For one of the dams, the maternal partial pressure of carbon dioxide was monitored using a transcutaneous blood gas analyzer (TCM4; Radiometer, Cleveland, OH, USA) to verify that normocapnia was maintained throughout the experiment. The same ventilation parameters were used for all of the dams in the study (130 to 150 cycles per minute). Temperature was maintained at 35 to 37 C. The oxygen content of the gas mixture inhaled by the dam was cycled between 100% O2 (hyperoxia) and 8% O2 (balance N2) (hypoxia) for a total of three cycles. For the ultrasound measurements, the duration of exposure to 8% O2 for the first, second, and third cycles was 2.8 ± 0.2, 3.3 ± 0.3, and 4.0 ± 1.1 minutes, respectively (mean ± s.d.). For the MRI experiments, the exposure to 8% O2 was ~4 minutes for each cycle (including scan time and time to manually switch the gas mixtures). To investigate the limits of the brain sparing mechanism, in one of the dams the gas mixture was cycled seven times, resulting in a total exposure time of 50 minutes to 8% O2.

Magnetic Resonance Imaging

Magnetic resonance imaging measurements were performed in six pregnant mice with on average two fetuses examined per dam (Table 1). A 7.0-T, 40-cm horizontal bore magnet (Varian Inc., Palo Alto, CA, USA) equipped with a 29.0-cm inner bore diameter gradient set (Tesla Engineering, Storrington, Sussex, UK) with 120 mT/m maximum amplitude and 870 μs rise time was used to acquire BOLD fetal MR images. A 4-cm inner diameter Millipede RF coil (Varian NMR Systems, Palo Alto, CA, USA) was used to image the whole body. Localizer scans were acquired to find an orientation that corresponded to the mid-sagittal plane of a given fetus. The imaging protocol consisted of a conventional two-dimensional gradient echo sequence with parameters optimized for BOLD contrast at 7.0T: repetition time = 50 ms, echo time = 10 ms, flip angle = 17°, slice thickness = 1 mm, number of averages = 8, field-of-view = 7.0 × 4.6 mm²

### Table 1. The change in absolute BOLD SI and $v_{avg}$ with hypoxia for each fetus

| Dam | Fetus | Gas condition | Absolute BOLD SI<sup>a</sup> | Change in BOLD SI with hypoxia (%)<sup>b</sup> | $v_{avg}$ (mm/s)<sup>b</sup> | Change in $v_{avg}$ with hypoxia (%)<sup>b</sup> |
|-----|-------|---------------|-----------------------------|-----------------------------------------------|----------------------------|-----------------------------------------------|
|     |       |               | Brain | Liver | Brain | Liver | Brain | Liver |
| 1   | 1     | 100% O2       | 79.9 ± 0.5 | 52.4 ± 1.1 | 8 ± 6 | 69 ± 3 |       |       |
| 2   | 2     | 100% O2       | 73.5 ± 5.2 | 16.4 ± 1.6 | 15 ± 1 | 36 ± 10 |       |       |
| 3   | 3     | 100% O2       | 108.7 ± 0.5 | 25.2 ± 0.3 | 16 ± 1 | 59 ± 8 |       |       |
| 4   | 4     | 8% O2         | 91.8 ± 1.2 | 10.2 ± 1.9 | 14 ± 2 | 61 ± 4 |       |       |
| 5   | 5     | 100% O2       | 118.8 ± 3.5 | 23.7 ± 1.0 | 17 ± 6 | 49 ± 2 |       |       |
| 6   | 6     | 100% O2       | 105.8 ± 3.5 | 33.7 ± 2.6 | 17 ± 13 | 55 ± 6 |       |       |
| 7   | 7     | 8% O2         | 87.2 ± 10.8 | 15.1 ± 0.8 | 20 ± 18 | 20 ± 19 |       |       |
| 8   | 8     | 8% O2         | 87.0 ± 17.6 | 16.6 ± 3.3 | 8 ± 4 | 40 ± 12 |       |       |
| 9   | 9     | 8% O2         | 84.9 ± 2.4 | 14.0 ± 4.5 | 8 ± 4 | 37 ± 6 |       |       |
| 10  | 10    | 8% O2         | 80.0 ± 2.1 | 12.1 ± 3.5 | 6 ± 3 | 32 ± 17 |       |       |
| 11  | 11    | 100% O2       | 108.1 ± 5.5 | 32.7 ± 14.2 | 10 ± 6 | 42 ± 32 |       |       |
| 12  | 12    | 8% O2         | 97.0 ± 1.8 | 18.8 ± 2.3 | 17.4 ± 0.5 | 22 ± 8 |       |       |
| 13  | 13    | 8% O2         | 16.7 ± 0.8 | 9 ± 1 |       |       |       |       |
| 14  | 14    | 8% O2         | 82.2 ± 1.0 | 13 ± 13 |       |       |       |       |
| 15  | 15    | 8% O2         | 13.4 ± 0.4 | 14 ± 5 |       |       |       |       |
| 16  | 16    | 8% O2         | 23.3 ± 0.9 | 13 ± 6 |       |       |       |       |

BOLD, blood oxygen level-dependent; MCA, middle cerebral artery; PCA, posterior cerebral artery; SI, signal intensity. <sup>a</sup>Mean ± s.d. over three gas cycles. <sup>b</sup>$v_{avg}$ recorded at either the PCA or the MCA.
and matrix size = 350 × 200, giving an in-plane resolution of 200 μm and an imaging time of 1.3 minutes per scan. Three images were acquired for each gas condition. Image reconstruction was performed offline using magnitude images.

Ultrasound Biomicroscopy

Doppler ultrasound measurements were performed in a separate series of pregnant mice (five dams, one fetus/dam) (Table 1). The dams were maintained supine and the hair from the abdomen was removed (using Nair) to improve contact with the transducer. The fetuses were imaged using a high frequency ultrasound system (VisualSonics Vevo 2100, Toronto, ON, Canada) with a 30-MHz linear array transducer. Both color flow images and pulsed Doppler velocity spectra for either the posterior cerebral artery (PCA) or MCA were recorded in the fetal mouse at each gas condition. In two dams, the maternal arterial blood oxygen saturation was recorded continuously during the imaging session using an optical pulse oximeter (MouseOx Plus; Starr Life Sciences, Oakmont, PA, USA) placed on the hindlimb.

Image Analysis

The BOLD SI was determined by defining regions of interest around the entire organ for the fetal brain and fetal liver. Region of interest position was manually adjusted to compensate for minor and infrequent shifts in fetal position (1 to 3 times per imaging session). Motion artifacts were mild and no images were removed from the analysis. For each fetus, the BOLD SI for Shypoxia and Shyperoxia was determined at the final time point of each gas cycle using 8% O2 (squares in Figure 2D) and 100% O2 (circles in Figure 2D), respectively. The change in BOLD SI with hypoxia was calculated for each gas cycle as: (Shyperoxia – Shypoxia)/Shyperoxia and averaged across the three cycles. When multiple fetuses were examined per dam (Table 1), each fetus was treated as a separate measurement.

For the ultrasound measurements, the maximum contour of the Doppler spectrum was traced as a function of time using the Vevo 2100 measurement and analysis software (VisualSonics). The waveforms were summarized in terms of velocity time integral (mm), peak velocity (mm/s), pulsatility index (PI), and fetal heart rate. Each parameter was averaged over three cardiac cycles. To compare the increase in cerebral blood flow in different experiments, the time averaged maximum velocity (Vavg mm/s), pulsatility index (PI), and fetal heart rate (BPM) were averaged over three cycles. A similar approach was used to compare the PI during hypoxic and hyperoxic conditions.

Statistical Analysis

A linear mixed effects model was used to analyze variations in the percent signal change induced by altering the inspired gas mixture. Total variation was modeled as a sum of interfetal variation and intrafetal variation with the parameters estimated by the reduced maximum likelihood algorithm (lme4 package in R, www.r-project.org). The gas condition was treated as a fixed effect, interfetal variation as a random effect, intrafetal variation as the residual effect, and there were no interaction terms.

RESULTS

Qualitative Observations

After the maternal inspired gas mixture was changed from 100% O2 (hyperoxia) to 8% O2 (hypoxia), the maternal arterial blood oxygen saturation (SpO2) began to decrease (Figure 1A). The blood flow and SpO2 did not have time to stabilize at a minimum value during the 3-minute interval of 8% O2. The maternal heart rate rose, consistent with acute hypoxia (Figure 1B). Simultaneous measurements from Doppler ultrasound show that the fetal heart rate only decreased slightly until the onset of bradycardia occurred at ~2.5 to 3 minutes under 8% O2 (vide infra, Figure 4H). The decrease in fetal heart rate corresponds to a decrease in mean cerebral blood velocity (Figure 4G).

Quantitative Analyses

The boundaries of the fetal organs are readily identified in vivo on a conventional T2*-weighted MRI scan. A representative anatomic MRI coronal slice through the abdomen of a pregnant mouse at 17.5 days gestation is shown in Figure 2A. With an in-plane resolution of 200 μm, major fetal anatomic structures including brain, spine, heart, lung, and liver can be identified. Moreover, the tissue contrast is sufficient to allow delineation of these structures (Figures 2B and 2C). The large litter size (typically 10 to 14 in CD-1 mice) and the late gestation period resulted in minimal fetal movement throughout the MRI session. Moreover, maternal respiratory gating was not required, most likely because the fetuses selected for imaging were located at a significant distance from the maternal lungs.

As the maternal inspired gas mixture was varied from 100% to 8% O2, a large decrease in the BOLD SI was observed in the fetal liver but not in the fetal brain (Figure 2D). Over the time course of the experiment, the change in the brain and liver SI was reproducible both between repeated measurement trials and across measurement trials. For the brain, the intrafetal standard deviation was 7% and the interfetal effect accounted for an additional 3% of variation. For the liver, the intrafetal and interfetal standard deviations were 14% and 13%, respectively. In the animals studied (n = 6), the BOLD SI under hypoxic conditions...
decreased by $44 \pm 18\%$ in the liver and by $12 \pm 7\%$ in the brain. During the 3-minute interval of $8\%$ O$_2$, the liver SI did not stabilize at a minimum value, consistent with the continued change in maternal SpO$_2$ (Figure 1A). To examine the limits of the brain sparing mechanism, we performed repeated cycling of the gas mixtures and prolonged exposure using $8\%$ O$_2$ ($n = 1$). After 40 minutes of total exposure to $8\%$ O$_2$, the BOLD SI decreased by $69\%$ in the brain and by $67\%$ in the liver (Figure 3).

Magnetic resonance images were complemented by ultrasound B-mode and color Doppler images of E17.5 fetuses (Figure 4). Cerebral blood flow, measured by the PCA and MCA blood velocity waveforms, was observed to rise under maternal hypoxic conditions (Figures 4E to 4G). In all of the animals studied ($n = 5$), the normalized $\nu_{avg}$ in the brain under hypoxic conditions increased by $15 \pm 8\%$. This measurement was found to be reproducible both between repeated measurement trials and across measurement trials (the intrafetal and interfetal standard deviations were 9% and 0.5%, respectively, for the percent increase in velocity). The mean PI across mice was $5 \pm 1$ under both hyperoxia and hypoxia and therefore did not change significantly between gas conditions.

**DISCUSSION**

In the present study, BOLD contrast MRI and Doppler ultrasound were used to study the redistribution of fetal blood that results from acute maternal and fetal hypoxia. The small BOLD signal change in the brain and the increase in cerebral blood flow under hypoxic conditions are consistent with active regulation of cerebral oxygenation at the expense of other organs, the brain sparing effect. This phenomenon is believed to help preserve the
supply of oxygen to the fetal brain and other organs that are critical for survival. The BOLD MRI findings are consistent with previous studies during acute hypoxia in fetal sheep\textsuperscript{15–17} and the rise in cerebral blood flow is known to occur in human cases of fetal growth restriction.\textsuperscript{29} To our knowledge, this is the first study to show brain sparing in fetal mice.

**Figure 4.** Assessment of mouse fetal blood flow by ultrasound biomicroscopy. (A, C) Representative B-mode images of E17.5 fetuses in coronal section showing the fetal brain. Color Doppler overlay indicating flow direction (red is blood flowing toward the transducer and blue is blood flowing away from the transducer) for the (B) posterior cerebral arteries (PCAs) (arrows shown) and (D) middle cerebral arteries (MCAs) (arrows shown). The angle of insonation was 0° and 5° for (B) and (D), respectively. Measurements were taken from the vessel in the near field with the transducer located above the structure in (B) and (D). The white bars on the vessel of interest represent the location of the Doppler sample volume. (E) Doppler blood velocity spectrum versus time for the PCA when the dam is breathing 100% O\textsubscript{2} and (F) 8% O\textsubscript{2}. Similar waveforms were recorded for the MCA. (G) Scatter plot showing the mean PCA blood flow as the inspired oxygen mixture is varied. (H) Scatter plot showing the fetal heart rate (beats per minute, BPM) as the inspired oxygen mixture is varied. The smoothing (blue line) was performed using LOWESS. Scale bars in (B) and (D) = 1 mm.
A striking feature of using the fetal mouse in this manner to study fetal circulatory physiology is the reproducibility of the response both between repeated measurement trials and across measurement trials. In the longest session, we cycled the gas mixture seven times. There are a number of time constants that determined the dynamics of this system. While the dead volume of the gas lines exchanges rapidly, on the order of a few seconds, the maternal oxygen saturation changes over the course of minutes and does not reach its asymptotic value within the 3-minute intervals of hypoxia examined here. On this timescale of minutes, the fetal blood response appears to track the maternal oxygen saturation and these two measures were found to correlate when measured simultaneously ($R^2 = 0.476$, slope = −0.077, $P < 0.001$). Approximately 1.5 to 2 minutes into the hypoxia interval, with the saturation decreasing below 80%, the maternal heart rate begins to rise, perhaps in part compensating for the decreasing oxygen transport across the placenta. At ~2.5 to 3 minutes into the hypoxia interval, with the maternal saturation decreasing below 65%, the fetal heart rate decreases and fetal MCA velocity decreases (see for instance the third 8% O$_2$ interval decreasing below 65%, the fetal heart rate decreases and fetal brain after prolonged exposure to hypoxia (Figure 3). Bradycardia decompensation is repeated. The decrease in fetal heart rate occurs as maternal oxygen saturation rises and the cycle of compensation and then failure, as the original heart rate returns when maternal oxygen as the point beyond which the fetus decompensates. This threshold does not appear to represent cardiac failure, as the original heart rate returns when maternal oxygen saturation rises and the cycle of compensation and then decompensation is repeated. The decrease in fetal heart rate may explain the large decrease in the BOLD MRI signal in the fetal brain after prolonged exposure to hypoxia (Figure 3). Bradycardia is known to occur in human fetuses during hypoxic conditions. It is thought to be mediated by a vagal nerve response and may be the result of the known decrease in oxygen consumption that occurs with severe hypoxia. Our data highlight the importance of fetal heart rate monitoring as a measure of fetal well-being.

The reduction in the BOLD SI in the liver during hypoxia is consistent with the current understanding of fetal circulatory adaptation. The two main sources of blood to the liver are the umbilical vein and the portal vein. During hypoxic conditions, increased blood supply to the brain is achieved by preferential streaming of umbilical venous blood across the ductus venosus, bypassing the liver. Therefore, overall liver perfusion is reduced and the liver is perfused mainly by the less-well-oxygenated portal vein. The argument that the fetal measurements represent brain sparing is predicated on BOLD providing a measure of tissue oxygenation. This interpretation is supported by sheep data where fetal oxygenation was assessed both by an implanted optode and by fetal arterial blood sampling. Deoxyhemoglobin, which is paramagnetic and by virtue of the complex geometry of the vascular system nonuniformly distributed within the tissue, leads to heterogeneity in the local magnetic field within an organ. The more heterogeneous the field strength becomes, the lower is the observed BOLD signal. Hence, the BOLD signal depends both on the geometry of the vascular space and on the deoxyhemoglobin concentration within the blood. The BOLD signal is also dependent on the parameters of the local changes in the magnetic field, position in the radiofrequency coil and magnetic field shimming. Therefore, the absolute BOLD signal will vary across subjects and across scanning sessions and only relative values of oxygenation can be compared.

Large changes in BOLD were observed in the fetal brain given sufficiently hypoxic conditions. Specifically, we observed a 69% decrease in fetal brain BOLD signal after prolonged exposure to 8% O$_2$ and a 67% decrease in fetal liver signal. In this context, we interpret as brain sparing the 12% decrease in brain and a 44% decrease in liver BOLD signal observed in conjunction with elevated cerebral blood flow after 2 minutes of hypoxia. In humans, it is believed that fetal cerebral vasodilation, detected as a reduction in pulsatility of blood flow in the MCA, occurs to maintain oxygen delivery during hypoxia. It is unclear that this mechanism of blood redistribution is active in the mouse, as we did not observe a significant change in the PI of the cerebral arteries during hypoxia. This finding may also be due to a difference in vessel composition affecting the propagation and reflection of pressure waves, as mice do not have large elastic vessels. The PI was also found to correlate poorly with vascular resistance in studies of fetal sheep. Understanding the redistribution of blood flow throughout the entire fetal circulation in the mouse during hypoxia is a subject for future investigation.

A limitation of the present study is that the experimental conditions simulate an acute hypoxic/hypoxic challenge and not a chronic condition such as therapeutic hypoxemia or fetal asphyxia. Moreover, 8% O$_2$ is too severe a hypoxic challenge for a prolonged experiment as the animal physiology does not reach a steady state and eventually results in fetal decompensation. This limited the Doppler ultrasound measurement of blood flow changes during hypoxia to one organ within each fetus. Future studies, using a less severe hypoxic challenge, will also include measurements of blood velocity in the fetal liver. These acute conditions are nonetheless useful to explore the limits of the model system.

The study of the fetal response to hypoxic conditions is valuable for developing accurate diagnostic procedures for fetal intensive-care monitoring in utero. Experimental animals allow us to create highly controlled and reproducible pathology against which we can evaluate our understanding of fetal physiology. Moreover, a broad set of outcome measures can be used in animal studies that test novel interventions. Here, we show that brain sparing physiology is present in the fetal mouse. Combined with murine genetic models of placental insufficiency and impaired metabolism, this observation creates new opportunities to understand the mechanisms of fetal distress and illustrates the value of BOLD MRI as a noninvasive tool to study cerebral autoregulation in the mouse.

DISCLOSURE/CONFLICT OF INTEREST

The authors declare no conflict of interest.

ACKNOWLEDGMENTS

The authors thank Dr Monique Rennie for helpful discussions.

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