Herpes Zoster Infection in Patients With Ulcerative Colitis Receiving Tofacitinib

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Background: Tofacitinib is an oral, small molecule Janus kinase inhibitor that is being investigated for ulcerative colitis (UC). Tofacitinib is approved for rheumatoid arthritis and psoriatic arthritis, where it has been shown to increase herpes zoster (HZ) risk. We evaluated HZ risk among UC patients using tofacitinib.

Methods: HZ cases were identified in tofacitinib phase II/III/ongoing, open-label, long-term extension (OLE) UC trials. We calculated HZ incidence rates (IRs) per 100 patient-years of tofacitinib exposure within phase III maintenance (Maintenance Cohort) and phase II/III/OLE (Overall Cohort) studies, stratified by baseline demographics and other factors. HZ risk factors were evaluated in the Overall Cohort using Cox proportional hazard models.

Results: Overall, 65 (5.6%) patients developed HZ. Eleven patients had multidermatomal involvement (2 nonadjacent or 3–6 adjacent dermatomes), and 1 developed encephalitis (resolved upon standard treatment). Five (7.7%) events led to treatment discontinuation. HZ IR (95% confidence interval [CI]) in the Overall Cohort was 4.07 (3.14–5.19) over a mean (range) of 509.1 (1–1606) days, with no increased risk observed with increasing tofacitinib exposure. IRs (95% CI) were highest in patients age ≥65 years, 9.55 (4.77–17.08); Asian patients, 6.49 (3.55–10.89); patients with prior tumor necrosis factor inhibitor (TNFi) failure, 5.38 (3.86–7.29); and patients using tofacitinib 10 mg twice daily, 4.25 (3.18–5.56). Multivariate analysis identified older age and prior TNFi failure as independent risk factors.

Conclusions: In tofacitinib-treated UC patients, there was an elevated risk of HZ, although complicated HZ was infrequent. Increased HZ rates occurred in patients who were older, Asian, or had prior TNFi failure (NCT00787202, NCT01465763, NCT01458951, NCT01458574, NCT01470612).

Key Words: herpes zoster, shingles, tofacitinib, ulcerative colitis, Janus kinase, safety

INTRODUCTION

Herpes zoster (HZ) represents the reactivation of varicella zoster virus (VZV), and it becomes more common with increasing age and the waning of VZV-specific cell-mediated immunity. Approximately one-third of individuals in the United States will develop HZ within their lifetime. Although HZ is generally self-limited, it manifests with substantial morbidity for many patients, and in approximately 15% of patients it causes long-term disability in the form of postherpetic neuralgia. More rarely, disseminated HZ can occur within immunosuppressed patients, potentially leading to encephalitis and death. The increased risk of HZ in some autoimmune conditions is well described. In patients with rheumatoid arthritis (RA), the risk of HZ is elevated approximately 2-fold compared with similarly aged individuals within the general population. Patients with inflammatory bowel disease (IBD) have also been shown to be at increased risk for HZ, with recent population-based data suggesting an up to 2-fold risk elevation over the general population. Additional studies in IBD have shown increased risk with therapies such as corticosteroids, thiopurines, and tumor necrosis factor inhibitor (TNFi) therapy.
Tofacitinib is an oral, small molecule Janus kinase (JAK) inhibitor that is being investigated for ulcerative colitis (UC). Tofacitinib preferentially inhibits cytokine receptors associated with JAK1 and/or JAK3 over cytokine receptors associated with JAK2 or JAK2/tyrosine kinase 2. As a result, the immune response is modulated via the downregulation of multiple cytokines shown to be important in the pathogenesis of UC (such as type 1 interferon, and interleukin [IL]-4, IL-5, IL-6, IL-9, IL-13, and IL-15). An increased risk of HZ has been noted with the use of tofacitinib and other JAK inhibitors in RA, and more recently with tofacitinib in psoriasis (PsO) and psoriatic arthritis. In addition to known risk factors for HZ (eg, age, and prednisone use), evaluation of tofacitinib development program data in RA has identified Asian race (highest risk in certain subregions such as Japan and Korea), tofacitinib dose, and concomitant steroid therapy as important risk factors for HZ. Accordingly, we undertook a retrospective evaluation of HZ cases, as reported within the tofacitinib clinical development program for UC, with the objectives of describing the outcomes of these cases, describing the overall risk of HZ in this setting, and identifying HZ risk factors among patients with UC using tofacitinib.

**METHODS**

**Ethical Considerations and Development Program Conduct**

The tofacitinib clinical development program for UC consisted of the following global studies (Fig. 1): (A) an 8-week phase II induction study (NCT00787202); (B) two 8-week phase III induction studies (OCTAVE Induction 1, NCT01465763, and OCTAVE Induction 2, NCT01458951) of identical design (with treatment up to week 9); (C) a 52-week phase III maintenance study (OCTAVE Sustain, NCT01458574) with treatment up to week 53; and (D) an ongoing, open-label, long-term extension (OLE) study (NCT01470612) with treatment up to 47 months (3.9 years) as of December 16, 2016. Tofacitinib 10 mg twice daily (BID) was evaluated in the placebo-controlled induction studies. Tofacitinib 5 and 10 mg BID were evaluated in the placebo-controlled maintenance study and the OLE study. Patients meeting clinical response criteria (decrease from baseline in total Mayo score of ≥3 points and ≥30%, with an accompanying decrease in rectal bleeding subscore ≥1 or absolute rectal bleeding subscore ≤1) at the end of the 8-week induction studies were re-randomized to receive placebo, tofacitinib 5-mg BID, or tofacitinib 10-mg BID doses during the 52-week maintenance study. Nonresponders from the induction studies were eligible for inclusion within the OLE study, as were those completing or withdrawing early, due to treatment failure, from the maintenance study. Concomitant oral corticosteroids were permitted during the phase II and III induction studies (maximum doses of 30 and 25 mg/d, respectively), followed by mandatory taper to 0 after induction. Concomitant TNFi and immunosuppressants were prohibited.

All enrolled patients provided informed consent, and all participating institutions provided institutional review board approval before participation. The studies were conducted in compliance with the Declaration of Helsinki, the Good Manufacturing Practice guidelines, and local laws. Informed consent was obtained from all patients.

**FIGURE 1.** Overview of the tofacitinib development program for moderate to severe UC and the cohorts investigated. Patients meeting positive response criteria at the end of the 8-week OCTAVE Induction 1 and 2 studies were re-randomized to receive either tofacitinib 5-mg BID or tofacitinib 10-mg BID doses during the 52-week maintenance (OCTAVE Sustain) study. Nonresponders from the induction studies were eligible for inclusion within the OLE study, as were those completing the maintenance study. Abbreviations: N, number of patients treated; P, Phase.
Comparative Risk by Dose HZ IR Calculations and Evaluation of HZ Case Finding and Adjudication HZ IR Calculations and Evaluation of Comparative Risk by Dose

RESULTS

Demographic and baseline characteristics are described in Table 1. A total of 1157 patients were treated with tofacitinib (1612.8 PY of exposure) within the clinical development program for UC. Within the 8-week induction studies (Induction Cohort), 1 (0.4%) placebo-treated patient and 6 (0.6%) tofacitinib-treated patients developed HZ. During the 52-week maintenance study (Maintenance Cohort), 1 (0.5%) placebo-treated patient (who had finished tofacitinib 10 mg BID within the Induction study 116 days earlier), 3 (1.5%) 5-mg BID tofacitinib-treated patients, and 10 (5.1%) 10-mg BID tofacitinib-treated patients developed HZ (Table 2). Among all tofacitinib-treated patients in the Overall Cohort, we identified a total of 65 (5.6%) patients who developed HZ during tofacitinib use, with an IR (95% CI) of 4.07 (3.14–5.19).

Clinical Practice guidelines of the International Conference on Harmonization, and relevant local country regulations.

Analysis Cohorts For evaluation of HZ events, we constructed 3 evaluation cohorts (Fig. 1). The Induction Cohort included all patients entering the three 8-week induction studies (phase II and OCTAVE Induction 1 and 2 studies) and included all exposure time from weeks 0–9. The Maintenance Cohort included all patients entering the 52-week phase III maintenance study (OCTAVE Sustain) and was restricted to their time within the study (weeks 0–53). The Overall Cohort included all patients treated with tofacitinib 5 or 10 mg BID within all phase II, phase III, and ongoing OLE (OCTAVE Open) studies.

HZ Case Finding and Adjudication For all studies, we searched all Medical Dictionary for Regulatory Activities terms reported by investigators containing text consistent with potential HZ, using an interim data cutoff date of December 16, 2016. These terms included: “herpes zoster,” “herpes zoster disseminated,” “herpes zoster cutaneous disseminated,” “ophthalmic herpes zoster,” “herpes zoster oticus,” “genital herpes zoster,” “herpes zoster pharyngitis,” “herpes zoster necrotizing retinopathy,” “herpes zoster infection neurological,” “herpes zoster meningitis,” “herpes zoster meningomyelitis,” and “herpes zoster meningocerebralitis.” For all reported HZ, we collected descriptive clinical information for each patient. HZ events were graded as serious infection events if they met serious adverse event (AE) criteria. Cases reported as serious AEIs, or those reported to involve >1 dermatome, were sent to an independent, blinded, external adjudication committee. Cases were adjudicated and considered “multidermatomal” if they involved 2 nonadjacent or 3–6 adjacent dermatomes, or “disseminated” if they involved ≥7 dermatomes or visceral disease. Patients who experienced HZ serious infections were required to be discontinued.

HZ IR Calculations and Evaluation of Comparative Risk by Dose

We calculated the proportion of patients with HZ for the Induction Cohort. HZ incidence rates (IRs; patients with events per 100 patient-years [PY]; 95% confidence interval [CI]), stratified by race, age, history of diabetes mellitus at baseline, and other factors, were calculated for the Maintenance and Overall Cohorts. For all IR calculations, patients were censored at time of first event, study withdrawal or death, or end of follow-up (28 days after the end of the study), whichever came first. To examine whether HZ risk was modified by tofacitinib dose, we used data from the Maintenance Cohort, where patients received a fixed dose of tofacitinib 5 or 10-mg BID for 52 weeks. Because patients could modify their dose during the OLE portion of the study, we categorized patients as predominantly taking either a 5- or 10-mg BID dose, based on their average daily dose of tofacitinib during their entire participation in the program. Those patients with an average daily dose ≥15 mg were categorized as 10 mg BID for analysis purposes, and those below this threshold were considered 5-mg BID users. We also calculated IRs within the Overall Cohort, and by time windows of exposure, to evaluate whether rates changed over time (eg, exposure for 0–6 months, >6–12 months, >12–18 months, etc.).

Risk Factor Analysis We used prior studies in RA and PsO to guide initial exploration of potential HZ risk factors in univariate analysis. We used data from the Overall (phase II/phase III/OLE) Cohort for this analysis and constructed Cox proportional regression models to explore the association between HZ and the following covariates: baseline corticosteroid dosing group (none, >0 to <15 mg/d prednisone equivalent, ≥15 mg/d, or unknown), age (<65, ≥65 years), age (<30, 30 to <40, 40 to <50, ≥50 years), age (continuous), race (white, other), race (Asian, other), race (Asian, other), race (white, other), geographic regions (North America, Europe, rest of the world), geographic regions (Japan/Korea/Taiwan, rest of the world), geographic regions (Japan/Korea, rest of the world), body weight (≥90, >90 kg), body mass index (BMI; <25, 25 to <30, ≥30), BMI continuous, sex (F, M), diabetes mellitus (Y, N), UC duration (by median <6.3, ≥6.3 years), prior TNFi use (Y, N), prior TNFi failure (Y, N), prior immunosuppressant use (Y, N), tofacitinib dose group (predominant dose), UC disease severity by baseline total Mayo score (<9, ≥9), baseline total Mayo score (continuous), oral corticosteroid use at baseline (Y, N), smoking status (current, never, ex-smoker; for malignancies), baseline absolute lymphocyte count (<1.0, ≥1.0 × 10^9/L), and absolute neutrophil count (<1.5, ≥1.5 × 10^9/L; continuous). Variables with a P value <0.10 were entered into a stepwise model, and those variables from the stepwise model with P <0.05 were retained in the final model. Given that prior analyses have identified Asian race as a risk factor (Asian vs non-Asian), we retained this variable in the final model. We calculated IRs within the Overall Cohort, and by time windows of exposure, to evaluate whether rates changed over time (eg, exposure for 0–6 months, >6–12 months, >12–18 months, etc.).

Demographic and baseline characteristics are described in Table 1. A total of 1157 patients were treated with tofacitinib (1612.8 PY of exposure) within the clinical development program for UC. Within the 8-week induction studies (Induction Cohort), 1 (0.4%) placebo-treated patient and 6 (0.6%) tofacitinib-treated patients developed HZ. During the 52-week maintenance study (Maintenance Cohort), 1 (0.5%) placebo-treated patient (who had finished tofacitinib 10 mg BID within the Induction study 116 days earlier), 3 (1.5%) 5-mg BID tofacitinib-treated patients, and 10 (5.1%) 10-mg BID tofacitinib-treated patients developed HZ (Table 2). Among all tofacitinib-treated patients in the Overall Cohort, we identified a total of 65 (5.6%) patients who developed HZ during tofacitinib use, with an IR (95% CI) of 4.07 (3.14–5.19).
**TABLE 1:** Demographic and Baseline Characteristics of Patients in the Phase II, Phase III, and OLE Studies of Tofacitinib, by Cohort

|                          | Induction Cohort (Phase II/Phase III induction) | Maintenance Cohort (Phase III maintenance) | Overall Cohort (Phase II/Phase III/OLE) |
|--------------------------|-----------------------------------------------|-------------------------------------------|----------------------------------------|
|                          | Placebo (N = 282)                              | Placebo (N = 198)                         | Tofacitinib 10 mg BID (N = 1157)       |
|                          | Tofacitinib 10 mg BID (N = 938)                | Tofacitinib 5 mg BID (N = 198)            |
|                          | Age, mean (range), y                           | 43.4 (19–80)                              | 43.0 (18–79)                           |
|                          |                                                | 41.9 (18–79)                              | 43.9                                  |
|                          | Female sex, %                                  | 44.8                                      | 41.3                                  |
|                          |                                                | 156.2                                     | 8.6 (2.0)                             |
|                          | Total Mayo score at baseline, mean (SD)        | 8.9 (1.5)                                 | 3.3 (1.8)                             |
|                          |                                                | 9.0 (1.5)                                 | 3.4 (1.8)                             |
|                          | Total PY of exposure                           | 44.8                                      | 100.4                                 |
|                          |                                                | 156.2                                     | 146.2                                 |
|                          | Treatment duration, mean (SD) [range], d       | 57.9 (13.7) [7–80]                        | 185.1 (127.9) [14–382] | 287.4 (123.1) [1–399] |
|                          |                                                | 60.8 (11.0) [1–96]                        | 269.7 (125.1) [22–420] | 509.1 (389.8) [1–1606] |
|                          | Oral corticosteroid use at baseline, n (%)     | 127 (45.0)                                | 100 (50.5)                            |
|                          |                                                | 430 (45.8)                                | 101 (51.0)                            |
|                          | Mean oral daily corticosteroid dose (prednisone equivalent) (N = 1124 patients) | 16.9 (6.2)                                | 159 (6.2)                             |
|                          |                                                | 16.0 (6.4)                                | 14.9 (6.2)                            |
|                          | Prior TNFi failure, n (%)                      | 124 (53.0)                                | 89 (44.9)                             |
|                          |                                                | 465 (51.4)                                | 83 (41.9)                             |
|                          | Geographic region, n (%)                      | 26 (9.2)                                  | 21 (10.6)                             |
|                          |                                                | 95 (10.1)                                 | 24 (12.1)                             |
|                        | Asia                                          | 20 (10.1)                                 | 21 (10.7)                             |
|                        | Eastern Europe                                | 57 (28.8)                                 | 63 (32.1)                             |
|                        | North America                                 | 57 (28.8)                                 | 63 (32.1)                             |
|                        | Western Europe                                | 55 (27.8)                                 | 57 (29.1)                             |
|                        | Rest of the world                             | 34 (12.1)                                 | 11 (5.6)                              |
|                        |                                                | 92 (9.8)                                  | 107 (9.2)                             |

Abbreviations: N, number of patients enrolled; n, number of patients in the category; N/A, not available.

*Excludes medications such as budesonide and beclometasone.

aData based on 1124 patients.
Of the patients developing HZ, 28 (43%) were female; the median age at the time of HZ onset (range) was 52 (18–80) years, and the median time to develop HZ (range) was 324 (13–1185) days. Although there were no recurrent HZ events, 4 of the 69 events were reported in patients who had already developed HZ within the study time frame. The majority of HZ events (n = 51, 74%) involved 1 or 2 adjacent dermatomes. The remaining 18 events (in 17 patients) were judged to be multidermatomal (12 events in 11 patients) or disseminated (6 events in 6 patients). Among the disseminated events, 3 were diffuse cutaneous rashes, 2 involved ocular and skin disease, and 1 was an invasive case of HZ encephalitis. This patient was treated with intravenous acyclovir and oral valacyclovir and recovered. There were 4 events meeting serious AE criteria because of hospitalization, and there were no deaths resulting from HZ. Five of the 65 (7.7%) patients with HZ discontinued the study, and 16 (24.6%) patients with HZ had their tofacitinib temporarily withheld. Among the 69 HZ events (in 65 patients), 58 (84.1%) were treated with antiviral therapy and 3 (4.6%) reported developing postherpetic neuralgia.

### Comparative Risk by Dose and Exposure Group

Within the Maintenance Cohort, where tofacitinib dosing was fixed, a dose response was observed, with higher IRs observed among patients using tofacitinib 10 mg BID compared with those dosed at tofacitinib 5 mg BID (Table 2). In the Overall Cohort, IRs were higher in Asian patients, those with diabetes, those taking corticosteroids at baseline, those with prior TNFi failure, and those with prior immunosuppressant treatment.

### TABLE 2: HZ IRs by Dose Within the Maintenance (Phase III Maintenance) and Overall (Phase II/Phase III/OLE) Cohorts

|                      | Maintenance Cohort (Phase III maintenance) | Overall Cohort (Phase II/Phase III/OLE) |
|----------------------|--------------------------------------------|----------------------------------------|
|                      | Placebo (N = 198)                           | Tofacitinib 5 mg BID (N = 198)          | Tofacitinib 10 mg BID (N = 196) | Tofacitinib 5 mg BID (N = 186) | Tofacitinib 10 mg BID (N = 971) |
| Patients with events, n (%) | 1 (0.5)                                    | 3 (1.5)                                 | 10 (5.1)                     | 12 (6.5)                     | 53 (5.5)                      |
| IR (95% CI)           | 0.97 (0.02–5.42)                           | 2.05 (0.42–6.00)                        | 6.64 (3.19–12.22)            | 3.45 (1.78–6.02)             | 4.25 (3.18–5.56)              |

Only events occurring within 28 days after the last dose are included in this table for calculation of proportion and IR.

Abbreviations: N, number of patients randomized and treated; n, number of patients in the category.

* Patients with events per 100 PY.

* Patients predominantly taking either a 5- or 10-mg BID dose.

### TABLE 3: Stratified IRs for HZ Within the Overall Cohort

| Subgroup                        | N   | n (%) | IR (95% CI) |
|---------------------------------|-----|-------|-------------|
| Age                             |     |       |             |
| <65 y                           | 1080| 54 (5.0) | 3.65 (2.74–4.76) |
| ≥65 y                           | 77  | 11 (14.3) | 9.55 (4.77–17.08) |
| History of diabetes mellitus at baseline |     |       |             |
| Yes                             | 48  | 6 (12.5) | 8.06 (2.96–17.55) |
| No                              | 1109| 59 (5.3) | 3.88 (2.95–5.00) |
| Oral corticosteroid use at baseline |     |       |             |
| Yes                             | 523 | 34 (6.5) | 5.14 (3.56–7.18) |
| No                              | 634 | 31 (4.9) | 3.32 (2.26–4.71) |
| Prior TNFi failure              |     |       |             |
| Yes                             | 583 | 41 (7.0) | 5.38 (3.86–7.29) |
| No                              | 541 | 23 (4.3) | 2.78 (1.77–4.18) |
| Prior immunosuppressant treatment |     |       |             |
| Yes                             | 838 | 50 (6.0) | 4.18 (3.10–5.51) |
| No                              | 286 | 14 (4.9) | 3.57 (1.95–5.99) |
| Race                            |     |       |             |
| White                           | 927 | 44 (4.7) | 3.50 (2.54–4.70) |
| Black                           | 10  | 0 (0.0)  | 0.00 (0.00–23.30) |
| Asian                           | 144 | 14 (9.7) | 6.49 (3.55–10.89) |
| Other                           | 42  | 4 (9.5)  | 6.31 (1.72–16.16) |

Only events occurring within 28 days after the last dose are included in this table for calculation of proportion and IR.

Abbreviations: N, number of patients randomized and treated; n, number of patients with events.

* Patients with events per 100 PY.
with prior TNFi failure, and those age ≥65 years (Table 3). In the Overall Cohort, analyses of IR by time interval showed that HZ risk did not increase with longer treatment duration (Fig. 2).

Cox Proportional Hazards Model Evaluation of HZ Risk Factors

In univariate analysis, several variables were associated with HZ (P ≤ 0.1). These included Asian race, smoking status, advancing age, history of prior TNFi use, history of prior TNFi failure, white race, region, BMI, prednisone dose, corticosteroid use at baseline, and diabetes. These were included in the final multivariate stepwise model, which identified age (for each 10-year increment; hazard ratio [HR], 1.58; 95% CI, 1.34–1.87; P < 0.0001) and prior TNFi failure (HR, 1.92; 95% CI, 1.15–3.21; P = 0.0122) as significant independent risk factors for infection. Asian patients had a higher risk of HZ, although this was not statistically significant within the multivariate model (HR, 1.76; 95% CI, 0.97–3.19; P = 0.0612) (Fig. 3).

DISCUSSION

We have conducted the first analysis examining the risk of HZ in patients with UC using tofacitinib. Similar to our previous analysis of HZ within the tofacitinib development program for RA, we observed higher incidence rates of HZ

| Risk factor                  | HR (95% CI) | P value  |
|------------------------------|-------------|----------|
| Age (per each 10-y increase) | 1.58        | <0.0001  |
| Prior TNFi failure (yes vs no)| 1.92        | 0.0122   |
| Asian race                   | 1.76        | 0.0612   |

FIGURE 3. Cox proportional hazards model of risk factors predicting HZ among UC patients using tofacitinib.
among older individuals, Asians, those with prior TNFi use, those using 10-mg BID doses of tofacitinib, and those with corticosteroid use at baseline. Multivariate modeling identified age and prior TNFi failure as independent risk factors for HZ among UC patients using tofacitinib.

The increased risk of HZ with tofacitinib seems to represent a class effect, with increased risks reported with other approved and in-development JAK inhibitors. Further, the reported rates in the tofacitinib and baricitinib development programs for RA have been driven in part by a 1.5- to 2-fold increase in risk within some Asian countries compared with North American or European regions. The reason for the higher risk in Asia under conditions of JAK blockade is unclear. One genetic analysis identified 2 single nucleotide polymorphisms (SNPs) that conferred increased risk within Japanese and Korean populations. However, these SNPs were infrequently present and explained only a small percentage of the increased incidence noted within the tofacitinib development program for RA. Interestingly, although there is increased risk for HZ with tofacitinib, manifestations of this disease are largely limited to cutaneous presentations. Although 1 case of visceral disease (encephalitis) occurred within the UC development program, nearly all prior reported cases with tofacitinib, and other JAK inhibitors, have involved monodermatomal or multidermatomal skin or ocular disease only. The mechanism by which tofacitinib or other JAK inhibitors increase the risk of HZ is unknown, although it could be related to a variety of potential JAK/signal transducer and activator of transcription (STAT)-related mechanisms. Cell-mediated immunity to VZV can be measured in vitro by VZV-stimulated CD4 lymphocyte interferon-gamma responses, and decreased responses are correlated with an increased risk of HZ. Although the effect of tofacitinib on such an assay has not been directly measured, tofacitinib has been shown to modestly decrease lymphocyte counts and CD4 cell proliferation. Other cells important in viral immunity include natural killer (NK) cells, the levels of which decline during tofacitinib use, and it is possible that there is diminishment of NK cell function. The latter was suggested in vitro using a lymphoproliferative cell line exposed to tofacitinib but has never been tested directly with VZV. Lastly, it is likely that inhibition of type 1 and 2 interferons via tofacitinib, baricitinib, and other JAK inhibitors is responsible for interfering with the innate antiviral immunity associated with VZV. Type 1 and type 2 interferon signaling rely upon the JAK1 receptor, which is inhibited in part by all of these compounds. Further, data from studies using anti-interferon alpha monoclonal antibodies for systemic lupus erythematosus also suggest a high rate of HZ, and further highlight the importance of interferon signaling in controlling HZ reactivation and clinical disease.

In terms of evaluating risk factors, our modeling is consistent with prior tofacitinib analyses in finding that HZ is more likely to occur in older individuals, those in Asia, and those with prior biologic use. Although concomitant baseline steroid use was not an independent risk factor in our analysis, IRs in our study were higher for those using steroids, a well-known dose-dependent risk factor for HZ. Within RA, patients using tofacitinib in the absence of steroids have been shown to be at lower risk than those using steroids. Interestingly, the IRs observed within the UC program were similar to those observed in RA, despite the age distribution of the UC program being younger and more similar to that of the PsO program, where lower IRs were seen. This may reflect a difference in concomitant prednisone use (ie, more common in UC than PsO, and higher doses used in UC vs RA) and potential differences in underlying disease.

Vaccination remains an important tool for HZ risk management and is likely to benefit all patients with immune-mediated diseases who receive treatment, particularly those using JAK inhibitors. Prior analyses within RA patients using the live zoster vaccine before starting tofacitinib suggest that patients tend to develop appropriate vaccine-induced immune responses, which are only mildly reduced compared with the general population. Although the long-term effectiveness of this vaccine remains unknown in the setting of autoimmune disease, population-based data suggest efficacy similar to the general population, and it is recommended for use before any biologic or JAK inhibitor in those over 50 years of age. Because this vaccine is live, it is contraindicated in those actively using biologics, JAK inhibitors, or high-dose steroids (doses ≥20 mg for >2 weeks). This contraindication complicates its use, as patients must be off these therapies while receiving the vaccine. Currently there is 1 ongoing, large randomized controlled trial evaluating the safety and immunogenicity of this vaccine among those patients age ≥50 years actively using TNFi, including patients with UC (VERVE trial, NCT02538341). Lastly, a new, adjuvanted, nonlive subunit vaccine has just been approved in the United States and Canada for prevention of HZ in adults age 50 years and older, with reported high efficacy rates, but also high rates of reactogenicity. Whether this vaccine will cause flares of underlying autoimmune disease is unknown. Study of this vaccine in patients with autoimmune diseases, including younger patients age <50 years, to determine whether the vaccine is as efficacious as the live zoster vaccine and whether it induces flares should be undertaken.

In summary, we have evaluated the risk of HZ among a cohort of UC patients using tofacitinib. As with prior analyses of tofacitinib in RA and PsO, higher rates of HZ were observed among Asian patients, older individuals, and those using higher doses of tofacitinib. Additionally, similarly to these prior programs, the majority of cases were nonserious, cutaneous, and limited in their distribution, although the 1 visceral case highlights the potential for more serious manifestations of HZ in this setting. When HZ occurs, antiviral therapy should be considered and tofacitinib temporarily stopped until resolution. Efforts should be made to evaluate the effectiveness of HZ
vaccination in preventing HZ among the high-risk populations identified within our study.

ACKNOWLEDGMENTS
Medical writing support under the guidance of the authors was provided by Sandrine M. Dupré, PhD, at CMC Connect, a division of Complete Medical Communications Ltd, Manchester, UK and was funded by Pfizer Inc, New York, NY, USA in accordance with Good Publication Practice (GPP3) guidelines (Ann Intern Med. 2015;163:461–464).

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