Research Article

In Vitro Cytotoxic, Antioxidant, and Antimicrobial Activities of Mesua beccariana (Baill.) Kosterm., Mesua ferrea Linn., and Mesua congestiflora Extracts

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The in vitro cytotoxicity tests on the extracts of Mesua beccariana, M. ferrea, and M. congestiflora against Raji, SNU-1, HeLa, LS-174T, NCI-H23, SK-MEL-28, Hep-G2, IMR-32, and K562 were achieved using MTT assay. The methanol extracts of Mesua beccariana showed its potency towards the proliferation of B-lymphoma cell (Raji). In addition, only the nonpolar to semipolar extracts (hexane to ethyl acetate) of the three Mesua species indicated cytotoxic effects on the tested panel of human cancer cell lines. Antioxidant assays were evaluated using DPPH scavenging radical assay and Folin-Ciocalteu method. The methanol extracts of Mesua beccariana and Mesua ferrea showed high antioxidant activities with low EC_{50} values of 12.70 and 9.77 μg/mL, respectively, which are comparable to that of ascorbic acid (EC_{50} = 5.62 μg/mL). Antibacterial tests were carried out using four Gram positive and four Gram negative bacteria on Mesua beccariana extracts. All the extracts showed negative results in the inhibition of Gram negative bacteria. Nevertheless, methanol extracts showed some activities against Gram positive bacteria which are Bacillus cereus, methicillin-sensitive Staphylococcus aureus (MSSA), and methicillin-resistant Staphylococcus aureus (MRSA), while the hexane extract also contributed some activities towards Bacillus cereus.

1. Introduction

Traditional medicines for human diseases have been widely used in many parts of the world. Herbal plants are usually the primary source of medicine in many developing countries. Natural product compounds from plants provide biologically active compounds, many of which have been developed as new lead chemicals for pharmaceuticals [1]. Only a limited number of plants have been scientifically explored from the many plant species worldwide. Cancer which is the uncontrolled growth of abnormal cells in the body [2] is a serious health problem. Treatments include surgery, chemotherapy, and radiation therapy. Many cancers have developed resistance to prolonged chemotherapy. Hence, there is a need to develop more effective and safer medicines such as herbal medicines. Free radical, a dangerous threat worldwide, causes aging and attacks and damages our immune systems which can lead to chronic inflammation of human cells and body. Recent reports revealed that free radicals provoke the neurodeterioration disorder of human beings which can lead to diseases such as Alzheimers [3] and Parkinsons [4, 5] diseases. Therefore, antioxidants are required to reduce
and prevent oxidative damage. Mesua species belong to the Clusiaceae family and consist of many health-promoting bioactive compounds [6–10]. Recent pharmacognosy analysis on Mesua ferrea leaf and fruit extracts showed both methanolic extracts to exhibit good antibacterial activity towards Staphylococcus aureus [11]. Previous research papers on Mesua species have shown that these plants exhibit many biological activities such as antioxidant [12–14], hepatoprotective [12], antiarthritic [15], immunomodulatory [16], antibacterial [17], antiacetylcholinesterase (AChE) [18], and larvicidal [19] activities, as well as antiproliferative effects [9, 20–22]. These plants were thus selected for our pharmacological investigation. The ultimate aim of this study was to discover plants with promising bioactivities which can then be developed into drugs through preclinical and clinical developments. Our ongoing research is focused on the screening of the extracts of Mesua beccariana, Mesua ferrea, and Mesua congestiflora against a panel of human cancer cell lines and DPPH scavenging agent. Furthermore, antimicrobial assay was also carried out using four Gram positive and four Gram negative bacteria on the Mesua beccariana extracts. Preliminary screening results of cytotoxic and antioxidant activities for Mesua beccariana, Mesua ferrea, and Mesua congestiflora will be reported. We have reported a novel cyclodione coumarin together with other known compounds from Mesua beccariana in a previous paper [23].

2. Materials and Methods

2.1. Plant Material. The stem bark of Mesua beccariana (Bail.) Kosterm., root bark of Mesua ferrea Linn., and roots of Mesua congestiflora were collected from the Sri Aman district in Sarawak, Malaysia. All the plant materials were identified by Associate Professor Dr. Rusea Go, Department of Biology, Faculty of Science, Universiti Putra Malaysia and deposited in the herbarium of the Department of Chemistry, Faculty of Science, Universiti Putra Malaysia. The voucher specimen numbers for M. beccariana, M. ferrea, and M. congestiflora are RG211, RG2694, and RG203, respectively.

2.2. General. All the apparatus used for cell culture were sterilized and decontaminated using Hirayama HICLAVE HVE-50. Cell culture handling was carried out in an ESCO Class II BSC Biosafety Cabinet. The healthy cells were spun down, adhered together, and separated from unhealthy and dead cells by using Thermo Scientific Sorvall ST 16R centrifuge machine. All cultures were incubated in 5% CO₂ humidified incubator at 37°C (ESCO Cellculture CO₂ Incubator with model number CCL-170B-8). Cell stocks were placed in a −86°C ultralow temperature freezer (Scancool SCL 50 P) and preserved in a liquid nitrogen tank (Taylor-Wharton LS300).

2.3. Preparation of Plant Extraction. The aerial parts of the plant samples were extracted using the conventional extraction method in which solvent was added and removed in batches. The dried and milled samples were soaked in nonpolar (hexane), medium polar (dichloromethane, or ethyl acetate) and polar (methanol) solvents in a polarity increasing order. The solvent was decanted and replaced with new solvent after 48 hours.

The air-dried and powdered Mesua beccariana stem bark, Mesua ferrea roots, and Mesua congestiflora stem bark were extracted successively with n-hexane (Hex), dichloromethane (DCM), ethyl acetate (EA), and methanol (MeOH). The extracts were dried under reduced pressure using a rotary evaporator. Table 5 shows the weights of the extracts obtained from the three Mesua species.

2.4. Cytotoxicity Assay (MTT Assay). Preliminary screening tests for cytotoxic activity against a panel of human cancer cell lines on the crude extracts and quercetin (standard) were undertaken by using MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay. The nine tested cancer cell lines were Raji (human B lymphocyte), SNU-1 (human gastric carcinoma), K562 (human erythroleukemia cells), LS-174T (human colorectal adenocarcinoma), HeLa (human cervical cells), SK-MEL-28 (human malignant melanoma cells), NCI-H23 (human lung adenocarcinoma), IMR-32 (human neuroblastoma), and Hep-G2 (human hepatocellular liver carcinoma). The Raji, SNU-1, K562, HeLa, Hep-G2, and NCI-H23 cells were maintained in RPMI-1640 supplemented with 10% fetal bovine serum (FBS), while the LS-174T, SK-MEL-28, and IMR-32 were maintained in MEM supplemented with 10% FBS. All the cell lines were cultured in 75 cm² T-flask and maintained at 37°C in 5% CO₂ humidified incubator. The MTT assay is based on the protocol illustrated by Mosmann [24] and was executed in 96-well flat bottom plates. The varying concentrations of 3.13, 6.25, 12.50, 25.00, 50.00, and 100.00 µg/mL were prepared by a serial dilution method. An aliquot of 100 µL of each substock with different concentrations was added to each well together with 100 µL of selected cells to give concentrations of 100.00, 50.00, 25.00, 12.50, 6.25, and 3.13 µg/mL and made up to a final volume of 200 µL in each well. 200 µL of cells with no extracts (untreated cell control—positive control) and 200 µL of medium only (blank medium—negative control) were prepared in the same plate.

The plate was then incubated for 72 hours at 37°C in 5% CO₂ humidifier incubator. After 72 hours, 20 µL of MTT solution was added to all the wells and incubated for 3 hours in a 5% CO₂ humidifier incubator. The plate was then spun at 3000 rpm for 10 minutes. 160 µL of supernatant from each well was discarded and then added with 160 µL of DMSO to dissolve the purple formazan crystals.

The absorbance of each well was determined using a microplate reader at 550 nm. The average absorbance of each crude extract was calculated, and the average value was used to determine the percentage of cell viability by using the following formula:

\[
\text{Percentage of cell viability} = \frac{A \text{ (average)} - B \text{ (average)}}{C \text{ (average)} - B \text{ (average)}} \times 100, \tag{1}
\]

where A is the absorbance of sample, B is the absorbance of negative control, and C is the absorbance of positive control.
A graph of percentage of cell viability versus concentration was plotted for each extract. The half maximal inhibitory concentration (IC_{50}) values were obtained from the plotted graph. Further dilutions will only be performed on the extracts with IC_{50} values less than 3.13 μg/mL. Three independent experiments were conducted to assure the accuracy of the results. Quercetin was used as standard drug throughout the cytotoxicity experiments.

2.5. Antioxidant Assay

2.5.1. DPPH Scavenging Assay. The DPPH (2,2-diphenyl-1-picrylhydrazyl) radical scavenging assay was used to evaluate the antioxidant property of the sample. The assay was performed in 96-well flat bottom plates. The DPPH solution was prepared in a stock solution of 5 mg/2 mL in ethanol (EtOH) and wrapped with aluminum foil. The varying concentrations of 3.13, 6.25, 12.50, 25.00, 50.00, and 100.00 μg/mL were prepared by serial dilution method. An aliquot of 200 μL of each substock with different concentrations was added to each well together with 20 μL of DPPH solution. 200 μL of EtOH and 20 μL of DPPH solution (blank medium—negative control) were prepared in the same plate. Each sample and the control were prepared in triplicates. The plate was then incubated in a dark room at room temperature for 30 minutes. The absorbance of each well was recorded after 30 minutes using a microplate reader at 517 nm. The average absorbance of each crude extract was calculated, and the average value was used to determine the percentage of total radical scavenging activity by using the following formula:

\[
\text{Percentage of total radical scavenging activity} = \left( \frac{A \text{ (average)} - B \text{ (average)}}{A \text{ (average)}} \right) \times 100, \tag{2}
\]

where, A is the absorbance of blank, and B is the absorbance of sample.

A graph of percentage of total radical scavenging activity versus concentration was plotted for each extracts. The half maximal effective concentration (EC_{50}) values were obtained from the plotted graphs. Three independent experiments were conducted to ensure the precision of the results. Ascorbic acid (vitamin C) was used as the standard drug.

2.5.2. Total Phenolic Content (TPC). The TPC analysis is to analyze the total phenolic content present in the extract. The TPC analyses were carried out in 24-well flat bottom plates. The extract was initially oxidized by Folic-Ciocalteu reagent (FC) and subsequently neutralized by sodium bicarbonate, NaHCO₃. Gallic acid was used as the standard in the experiment.

A standard curve was constructed using the equation \( y = 0.0026x + 0.0042 \), where \( y \) is absorbance and \( x \) is gallic acid content in μg/mL. This equation was used for each extract to determine their percentage of gallic acid content. The total phenolic contents of crude extracts were expressed as gallic acid equivalent (μg of gallic acid/mg of crude extracts).

An aliquot of 100 μL of each solution with different concentrations of gallic acid was added into each well together with 750 μL of FC reagent (previously diluted 10 fold with distilled water). A blank control solution (EtOH without extracts) was prepared in the same plate. Consequently, 750 μL of 60 g/L (60 g in 1 L distilled water) of NaHCO₃ was added into each well and left in the dark for 90 minutes. The absorbance of each extracts was measured at 725 nm. The experiment was executed in triplicate for accuracy. All the previous steps were repeated by different extracts with only one concentration which was 500 μg/mL.

2.6. Antimicrobial Assay. Nutrient agar (NA) and Mueller Hinton agar (MHA) were prepared according to the manufacturer's instructions. The medium was cooled to 50°C after autoclaving, before approximately 25.0 to 30.0 mL of the medium was poured into 15 × 100 mm plastic petri dishes at a uniform depth of 4 mm. Each type of microorganism (from the stock culture) was streaked onto a noninhibitory NA plate to obtain isolated colonies. After an overnight incubation (16–20 hours) at 37°C, one single colony was selected and inoculated with a loop, transferred into 10.0 mL of sterile nutrient broth (NB), and incubated in a shaking incubator at 37°C for 16–20 hours. The density of bacteria was standardized using McFarland 0.5 turbidity standard to 1 × 10⁸ coliform units (cfu)/mL by diluting each suspension in 10 mL of sterile distilled water to the appropriate density.

The antibacterial assay was performed using disc diffusion (Kirby-Bauer) method as described by Aksoy et al. The standardized bacterial suspensions were swabbed on MHA surface using sterile cotton wool. For initial screening, 1 mg of DCM : MeOH extract was loaded onto each Whatman No. 1 filter paper discs (ø, 6 mm) and were impregnated. The positive (streptomycin 10 μg or vancomycin 30 μg) and negative controls (blank disc impregnated with methanol) were used in the antibacterial test. The plates were left at 4°C for an hour to allow for the diffusion of the extracts before they were incubated for 16–20 hours at 37°C, and the diameter of the inhibition zones was then measured [25].

3. Results and Discussion

According to the National Cancer Institute (NCI), a crude extract can be considered active if it possesses an IC_{50} value of less than 20 μg/mL [20, 26, 27]. From this screening, Raji was found to have the lowest susceptibility cancer cells among the investigated cell lines. However, the methanol extract of M. beccariana demonstrated potent cytotoxic activity towards the Raji cells with an IC_{50} value of 0.98 μg/mL. The hexane extract of M. beccariana exhibited moderate to strong activity towards proliferation of the SNU-1, K562, SK-MEL-28, IMR-32, Hep-G2, and NCI-H23. The dichloromethane extract gave a similar result except for a weak dose-dependent concentration against the SK-MEL-28 and Hep-G2 cells. The ethyl acetate extract of M. beccariana illustrated moderate cytotoxicity against SK-MEL-28 cells only.

On the other hand, the hexane and dichloromethane extracts of M. ferrea displayed moderate to strong antiproli ferative effects against all the cancer cell lines except for
Table 1: IC50 values of a panel of human cancer cell lines treated with extracts of the three *Mesua* species.

| Crude Extracts | Raji     | SNU-1     | K562     | LS-174T   | SK-MEL-28 | IMR-32 | HeLa | Hep-G2 | NCI-H23 |
|----------------|----------|-----------|----------|-----------|-----------|--------|------|--------|---------|
| *M. beccariana*|          |           |          |           |           |        |      |        |         |
| Hexane         | —        | 20.00 ± 1.15 | 20.00 ± 3.27 | —         | 34.37 ± 2.32 | 49.80 ± 2.04 | —     | 41.67 ± 2.18 | 22.90 ± 1.12 |
| DCM            | —        | 43.75 ± 0.78 | 45.83 ± 2.00 | —         | —         | 70.80 ± 2.36 | —     | —      | 38.50 ± 1.08 |
| EA             | —        | —         | —         | —         | —         | —      | —    | —      | 80.00 ± 2.43 |
| MeOH           | 0.98 ± 1.96 | —        | —         | —         | —         | —      | —    | —      | —       |
| *M. ferrea*    |          |           |          |           |           |        |      |        |         |
| Hexane         | —        | 17.50 ± 1.02 | 21.88 ± 1.09 | 21.88 ± 1.27 | 43.75 ± 1.91 | 20.30 ± 0.84 | 13.75 ± 1.77 | 11.45 ± 1.09 | 16.67 ± 1.65 |
| DCM            | —        | 22.91 ± 1.25 | 11.45 ± 1.09 | 41.67 ± 1.38 | 43.75 ± 2.38 | 15.64 ± 2.62 | —     | 8.85 ± 1.71 | 13.75 ± 1.92 |
| EA             | —        | —         | —         | —         | —         | —      | —    | —      | —       |
| MeOH           | —        | —         | —         | —         | —         | —      | —    | —      | —       |
| *M. congestiflora* |      |           |          |           |           |        |      |        |         |
| Hexane         | —        | 40.63 ± 1.45 | 70.83 ± 3.37 | —         | —         | —      | —    | —      | 50.00 ± 1.44 |
| EA             | —        | —         | —         | —         | —         | —      | —    | —      | —       |
| MeOH           | —        | —         | —         | —         | —         | —      | —    | —      | —       |
| Quercetin      | 2.08 ± 0.80 | 6.30 ± 1.93 | 9.89 ± 3.20 | —         | 21.88 ± 2.07 | 31.25 ± 2.11 | 8.00 ± 1.74 | 5.21 ± 1.85 | 17.50 ± 1.88 |

*IC50 values more than 100 μg/mL indicate weak activity with symbol (—).*

*Each data represents the mean of three independent experiments.*
**Figure 1:** IC$_{50}$ values of the extracts of (a) *M. beccariana*, (b) *M. ferrea*, and (c) *M. congestiflora* against nine cancer cell lines.
The IC_{50} values were in the range of 8.85 to 43.75 μg/mL. However, the DCM extract barely gave any activity towards the HeLa cells, while the ethyl acetate and methanol extract, were inactive towards the proliferation of the tested cell lines.

Additionally, the hexane extract of *Mesua congestiflora* indicated mild cytotoxicities towards SNU-1, K562, and NCI-H23 cells and weak cytotoxic activity towards the rest of the cell lines. Both the ethyl acetate and methanol extracts were not cytotoxic towards all the investigated cells.

In conclusion, only nonpolar to semipolar extracts contribute to the cytotoxic effects on the panel of human cancer cell lines except for the polar extract of *Mesua beccariana* as shown in Table 1 (Figure 1). Quercetin, which was used as a standard, showed cytotoxic activity with IC_{50} values ranging from 2.00 to 31.25 μg/mL. In our previous paper, we reported eleven xanthones from the three plant species, and three of which were very cytotoxic towards all the nine cancer cell lines tested. The structure-activity relationship (SAR) study revealed that the diprenyl, dipyrano, and prenylated pyrano substituent groups of the xanthone derivatives contributed towards the cytotoxicities [22]. Moreover, preliminary tests of cytotoxicity on other isolated metabolites were also reported [9, 21].

All the extracts of *Mesua beccariana*, *Mesua ferrea*, and *Mesua congestiflora* along with ascorbic acid (standard drug) at different concentrations were evaluated for their scavenging potentials on the DPPH free radical.

Several semipolar to polar extracts possess medium to strong scavenging activity against DPPH radical where the methanol (MeOH) extracts of *Mesua beccariana* and *Mesua ferrea* exhibited significant scavenging activity with EC_{50} values of 12.70 and 9.77 μg/mL which are comparable with ascorbic acid (EC_{50} = 5.62 μg/mL). The ethyl acetate (EA) extract of *Mesua beccariana* and *Mesua congestiflora* as well as the dichloromethane (DCM) extract of

**Table 2: EC_{50} values of crude extracts towards DPPH free radicals.**

| Compounds          | EC_{50} values (μg/mL) |
|--------------------|------------------------|
|                    | *M. beccariana*         |
| Hexane             | —                      |
| Dichloromethane    | 229.17 ± 1.22           |
| Ethyl acetate      | 43.75 ± 1.43            |
| Methanol           | 12.70 ± 2.11            |
| *M. ferrea*        | —                      |
| Hexane             | —                      |
| Dichloromethane    | 85.93 ± 1.11            |
| Ethyl acetate      | —                      |
| Methanol           | 9.77 ± 1.67             |
| *M. congestiflora*| —                      |
| Hexane             | —                      |
| Ethyl acetate      | 36.46 ± 1.56            |
| Methanol           | —                      |

| Crude extracts     | EC_{50} values (μg/mL) |
|--------------------|------------------------|
|                    | Standard drug           |
|                    | Ascorbic acid           |
|                    | 5.62 ± 1.23             |

* EC_{50} values more than 250 μg/mL indicate weak activity with symbol (—).
** Each data represents the mean of three independent experiments.

The EC_{50} values for the extracts of three *Mesua* species towards DPPH free radicals are summarized in Table 2 (Figure 2).

The total phenolic content (TPC) analysis was carried out on all the crude extracts by using Folin-Ciocalteu method. The TPC values give information on the phenolic contents of the crude extracts and their antioxidant activities. The methanolic extracts of *Mesua beccariana* and *Mesua ferrea* exhibited the highest phenolic contents among the extracts with values of 363.82 and 441.33 μg in gallic acid equivalent (GAE), whereas the ethyl acetate extracts of both species also
Table 3: Total phenolic contents of crude extracts in GAE.

| Plant species | Crude extracts | Total phenolic content (µg of gallic acid/mg of crude extracts) |
|---------------|----------------|---------------------------------------------------------------|
| *Mesua beccariana* | Hexane | 47.95 ± 3.12 |
| | Dichloromethane | 78.10 ± 2.45 |
| | Ethyl acetate | 145.26 ± 2.23 |
| | Methanol | 363.82 ± 3.78 |
| | Hexane | 123.85 ± 2.87 |
| | Dichloromethane | 108.05 ± 2.56 |
| | Ethyl acetate | 206.67 ± 2.53 |
| | Methanol | 441.33 ± 3.33 |
| | Hexane | 49.21 ± 3.23 |
| | Ethyl acetate | 369.26 ± 3.90 |
| | Methanol | 273.87 ± 3.77 |

*Each data represents the mean of three independent experiments.

Table 4: Antibacterial activity of crude extracts from *Mesua beccariana* on Gram positive bacteria.

| Crude extract (1 mg) | 1 | 2 | 3 | 4 |
|----------------------|---|---|---|---|
| Hex | 8.33 | — | — | — |
| DCM | — | — | — | — |
| EA | — | — | — | — |
| MeOH | 7.00 | — | 8.00 | 8.67 |
| Streptomycin (10 µg) | 18.70 | 23.00 | 17.0 | not tested |
| Vancomycin (30 µg) | not tested | not tested | not tested | 21.00 |

*Each data represents the mean of three independent experiments. Symbol “—” represents no activity.

**Each value represents the inhibition zone (mm).

***1-Bacillus cereus; 2-Micrococcus luteus; 3-methicillin-sensitive Staphylococcus aureus (MSSA); 4-methicillin-resistant Staphylococcus aureus (MRSA).

Table 5: Weights of the extracts obtained from the three *Mesua* species.

| Plant species | M. beccariana (3 kg) | M. ferrea (3 kg) | M. congestiflora (0.84 kg) |
|---------------|---------------------|-----------------|--------------------------|
| Hex (g)       | 15.6                | 49.6            | 5.5                      |
| DCM (g)       | 21.2                | 19.5            | —                        |
| EA (g)        | 15.8                | 16.7            | 61.0                     |
| MeOH (g)      | 80.5                | 62.2            | 120.5                    |

The extracts of *Mesua beccariana* possess moderate phenolic contents with values of 145.26 and 206.67 µg in GAE. Inversely, the ethyl acetate extract of *Mesua congestiflora* gave a higher phenolic content compared to its methanol extract with values of 369.26 and 273.87 µg in GAE, respectively. The hexane and dichloromethane extracts of the three *Mesua* species contributed low to moderate phenolic contents with GAE values less than 130 µg of gallic acid per mg of extract. Table 3 summarizes the total phenolic contents of crude extracts in GAE (Figure 3).

The extracts of *Mesua beccariana* were screened against both Gram positive and Gram negative bacteria. Streptomycin and vancomycin were used as positive control standards in the assay. The four types of Gram positive bacteria used were *Bacillus cereus*, *Micrococcus luteus*, methicillin-sensitive *Staphylococcus aureus* (MSSA), and methicillin-resistant *Staphylococcus aureus* (MRSA), while four types of Gram negative bacteria including *Pseudomonas aeruginosa*, *Klebsiella pneumoniae*, *Escherichia coli*, and *Enterobacter aerogenes* were tested in this experiment. All the crude extracts showed negative results in the inhibition of Gram negative bacteria. The methanol extracts, however, showed some activity against *B. cereus*, MSSA, and MRSA. In addition, the hexane extract also gave weak activity against
B. cereus bacterium. Table 4 summarizes the antibacterial activity of the crude extracts of Mesua beccariana.

4. Conclusion

Both DPPH radical assay and total phenolic content indicate that semipolar to polar extracts had high antioxidant properties, while non-polar extracts exhibited good cytotoxic activity. The pharmacognosy investigation showed adverse effects of crude extracts suggesting that the three Mesua species could be a good source for the development of lead compounds.

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