### Supplementary file 2. Phases of thematic analysis (Braun & Clarke, 2006; p. 87)

| Phase                          | Description of the process                                                                 |
|-------------------------------|-------------------------------------------------------------------------------------------|
| 1. Familiarizing yourself     | Transcribing data (if necessary), reading and re-reading the data, noting down initial ideas. |
| 2. Generating initial codes:  | Coding interesting features of the data in a systematic fashion across the entire data set, collating data relevant to each code. |
| 3. Searching for themes:      | Collating codes into potential themes, gathering all data relevant to each potential theme. |
| 4. Reviewing themes:          | Checking if the themes work in relation to the coded extracts (Level 1) and the entire data set (Level 2), generating a thematic ‘map’ of the analysis. |
| 5. Defining and naming themes: | Ongoing analysis to refine the specifics of each theme, and the overall story the analysis tells, generating clear definitions and names for each theme. The final opportunity for analysis. Selection of vivid, compelling extract examples, final analysis of selected extracts, relating back of the analysis to the research question and literature, producing a scholarly report of the analysis. |
| 6. Producing the report:      |                                                                                           |