Abstract. The incidence of diabetic encephalopathy is increasing as the population ages. Evidence suggests that formation and accumulation of advanced glycation end products (AGEs) plays a pivotal role in disease progression, but limited research has been carried out in this area. A previous study demonstrated that Kuwanon G (KWG) had significant anti-oxidative stress and anti-inflammatory properties. As AGEs are oxidative products and inflammation is involved in their generation it is hypothesized that KWG may have effects against AGE-induced neuronal damage. In the present study, mouse hippocampal neuronal cell line HT22 was used. KWG was shown to significantly inhibit AGE-induced cell apoptosis in comparison with a control treatment, as determined by both MTT and flow cytometry. Compared with the AGEs group, expression of pro-apoptotic protein Bax was reduced and expression of anti-apoptotic protein Bcl-2 was increased in the AGEs + KWG group. Both intracellular and extracellular levels of acetylcholine and choline acetyltransferase were significantly elevated after KWG administration in comparison with controls while the level of acetylcholinesterase decreased. These changes in protein expression were accompanied by increased levels of superoxide dismutase and glutathione peroxidase synthesis and reduced production of malondialdehyde and reactive oxygen species. Intracellular signaling pathway protein levels were determined by western blot and immunocytochemistry. KWG administration was found to prevent AGE-induced changes to the phosphorylation levels of Akt, IκB-α, glycogen synthase kinase 3 (GSK3)-α and β, p38 MAPK and NF-κB p65 suggesting a potential neuroprotective effect of KWG against AGE-induced damage was via the PI3K/Akt/GSK3αβ signaling pathway. The findings of the present study suggest that KWG may be a potential treatment for diabetic encephalopathy.

Introduction

Diabetic encephalopathy is one of the major chronic complications of diabetes mellitus (DM) (1). Symptoms of diabetic encephalopathy include slow reaction times, cognitive and memory dysfunction, severe cerebral thrombosis, stroke and Alzheimer’s disease. Although the pathogenesis of diabetic encephalopathy is not fully understood, recent evidence suggests that the formation and accumulation of advanced glycation end products (AGEs) plays a pivotal role. Acetylcholine (ACh) is important for the maintenance of central nervous system function (2). A study found that a reduced level of ACh may contribute to impaired learning and memory in diabetic rats (3).

Oxidative stress has a close relationship with the development of DM and diabetic encephalopathy (4). It has been demonstrated that ROS are a class of highly reactive free radical molecules that can directly damage cell viability and function (5), and that malondialdehyde (MDA) is one of the most important products of membrane lipid peroxidation and that its production can aggravate membrane damage (6). Superoxide dismutase (SOD) is an important antioxidant enzyme in organisms that can scavenge free radical molecules and glutathione peroxidase (GPX) is a peroxide-degrading enzyme widely distributed in organisms that can catalyze the reduction of toxic peroxides into non-toxic hydroxy compounds thus protecting the structure and function of cell proteins.
membranes against peroxide damage (7,8). To comprehensively evaluate effects of KWG against oxidative stress, the above parameters were determined. It has also been demonstrated that high concentrations of flavonoids are cytotoxic (9). On the other hand, cell death is closely related with production of ROS (10). Cortex Mori [CM; Cortex Mori is the dry root bark of Morus alba (Latin scientific name, Morus alba L.)] is a traditional Chinese medicine believed to be beneficial in the treatment of DM. A previous study found that CM extract had an antidepressant-like effect on the rat hippocampus (11). Flavonoids have been widely reported to increase cell viability (12,13) and they are the main components of CM (14). Several studies have demonstrated the antiinflammatory, antioxidant and hypoglycemic effects of flavonoids from CM (15-17), but the specific molecule behind these effects is unknown. In a previous study, Kuwanon G (KWG), a flavonoid derived from CM, was suggested to have a beneficial effect against lipopolysaccharide-induced inflammation and oxidative stress (12). The antiinflammatory effect of KWG has been demonstrated by a number of research groups (9,18,19).

In the present study, the neuroprotective effects of KWG were explored in an in vitro model of a high glucose environment and the potential mechanisms underlying its action were investigated.

Materials and methods

Materials. Kuwanon G (Fig. 1A) was supplied by Chengdu Pufeide Biotech Co., Ltd. AGEs were prepared by incubating bovine serum albumin (BSA; Gibco; Thermo Fisher Scientific, Inc.) with 50 mM D-glucose (GBCBIO Technologies, Inc.) under sterile conditions in 5% CO\(_2\)/95% air at 37˚C for 3 months. Unincorporated glucose was then removed by dialysis overnight against 0.01 M phosphate-buffered saline (PBS). Unmodified BSA was incubated in the absence of glucose under the same conditions, to be used as a control. Glucose under the same conditions, to be used as a control.

Cell viability evaluation by MTT assay. HT22 cells at an exponential growth phase were seeded on flat-bottomed 96-well plates, seeding density was 4x10\(^4\) cells/ml. Cells were treated with PBS (vehicle), AGEs, KWG or AGEs + KWG (the cells were incubated with AGEs for 30 min followed by KWG administration), as indicated for 24-48 h. Cells were then incubated with 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (5 mg/ml) for 4 h in the cell culture incubator. Formazan was dissolved with dimethyl sulfoxide. Absorbance values at a wavelength of 490 nm were measured using a spectrophotometer (Tecan Group Ltd.).

AV-FITC/PI cell apoptosis detection assay. AV-Pi assay was carried out to determine cell apoptosis levels. After treatment, the cells were washed twice with cold PBS, dissociated with EDTA-free trypsin (cat. no. PYG0107; Boster Biologicals) and 1x10\(^6\) cells/ml were harvested. A 5 µl volume of AV-FITC and 10 µl of PI were added sequentially. Cells were incubated in the dark at room temperature for 15 min with the stains before 400 µl of binding buffer was added to the sample and the apoptosis rate measured by flow cytometry. The Q2 and Q3 quadrants were counted to determine the level of apoptosis. For this aim, BD Aria III Flow Cytometer (BD Biosciences) and the FlowJo software (7.6; FlowJo LLC) were applied for determination and analysis.

Cell anti-oxidant activity assessment. HT22 cells were seeded in 24-well plates, seeding density was 1x10\(^5\) cells/ml and vehicle, Rosup (used as the positive control; Beyotime Institute of Biotechnology; cat. no. S00335; 1:1,000), AGEs (200 µg/ml) or AGEs (200 µg/ml) + KWG (5, 30 or 70 µM) were administered for 48 h. Levels of ROS (450 nm), SOD (560 nm), GPX (412 nm) and MDA (532 nm) were determined by colorimetric assay on a plate reader according to the protocol from the product supplier.

Determination of ACh, ChAT and AChE. HT22 cells were incubated with vehicle (as a control), AGEs (200 µg/ml) or
AGEs (200 µg/ml) + KWG (5 µM) for 12-48 h as indicated; the cell culture supernatant and intracellular fluid (the intracellular fluid) was obtained by lysing the cells with RIPA lysis buffer, and then collected the supernatant by centrifugation at 78,400 x g, 4°C for 10 min was collected to evaluate levels of Ach (450 nm), ChAT (450 nm) and AChE (450 nm) by colorimetric assay on a plate reader according to the manufacturers’ protocol.

**Immunofluorescence.** Cells were seeded on slides in 6-well cell culture plates (seeding density, 1.2x10^4 cells/ml) and treated with vehicle (PBS), AGEs (200 µg/ml) or AGEs (200 µg/ml) + KWG (5 µM) at 37°C for 48 h. After washing with cold PBS, the cells were fixed with 4% paraformaldehyde for 10 min at room temperature and then permeabilized with 0.25% Triton X-100. Rabbit serum (1:20; Gibco; Thermo Fisher Scientific, Inc.) was applied to block unspecific antigens for 30 min at 37°C. Cells were then incubated with primary antibodies Bcl-2 (1:200), Bax (1:200), IκB-α (1:200) and p-IκB-α (1:200) overnight at 4°C. After washing with PBS, cells were further incubated with FITC- or Cy3-conjugated secondary antibodies at 4°C for 12 h. DAPI was applied for nuclear staining. Finally, images were obtained using a confocal laser scanning microscope (Olympus Corporation; magnification, x800).

**Western blotting.** Total protein from HT22 cells was extracted with RIPA lysis buffer (Santa Cruz Biotechnology, Inc.; cat. no. sc-24948), and the concentration was determined using Bradford assay. Proteins (30 µg/lane) were separated by sodium dodecyl sulfate polyacrylamide gel electrophoresis minigel (10%) and then electro-transferred onto PVDF membranes. After blocking with 5% non-fat milk for 12 h at 4°C, the membranes were incubated with primary antibodies against Bcl-2 (1:1,000), Bax (1:1,000), Akt (1:1,000), p-Akt (1:1,000), p38 MAPK (1:1,000), p-p38 MAPK (1:1,000), NF-xB p65 (1:1,000), p-NF-xB p65 (1:1,000), IκB-α (1:1,000), p-IκB-α (1:1,000), GSK3α/β (1:1,000) or p-GSK3α/β (1:1,000) at 4°C overnight and then incubated with goat anti-rabbit IgG/FITC (1:6,000) or goat anti-mouse IgG/FITC (1:6,000) horseradish peroxidase-conjugated secondary antibodies for 1 h at room temperature. The protein bands were visualized using a Bio-Rad Chemi Doc™ XRS system (Bio-Rad Laboratories, Inc.) and band density was measured using ImageJ software (version 1.52; National Institutes of Health). Relative expression of target proteins was calculated based on the value of the internal control GAPDH.

**Statistical analysis.** Data are expressed as mean ± SD for at least 3 independent experiments. Differences between groups were analyzed by SPSS 22.0 software (IBM Corp.) using one-way ANOVA with a Tukey’s post hoc test. P<0.05 was regarded as statistically significant.

**Results**

**KWG alleviates the oxidative stress injury of HT22 cells caused by AGES.** To evaluate the influence of KWG on cell viability was assayed by MTT. AGE administration concentration-dependently induced HT22 cell death (Fig. 1B and C), and co-incubation with 5-70 µM of KWG blocked this trend (Fig. 1D and E); the most significant effect of KWG was observed at 5 µM. However, once the concentration of KWG was higher than 70 µM, an inhibition effect of KWG on cell viability was shown. The above findings were further verified by flow cytometry according to Annexin V-FITC/PI double staining in HT22 cells (Fig. 1J and K). The aim of the present study was to explore effects of KWG on ACh production in HT22 cells. As 400 µg/ml AGES was found to have significant effects on reducing cell viability and a large number of cells were dead. Converging from reports and previous studies, 200 µg/ml of AGES were applied in the present study (25).

In the present study, AGE-induced MDA and ROS elevation was observed to be decreased by KWG treatment (Fig. 1F and G). At the same time, AGES-induced SOD and GPX reduction was reversed by KWG treatment (Fig. 1H and I). At the same time, a high dose of KWG was also found to possess cytotoxic effects on viability of HT22 cells, while 5 µmol/l KWG inhibited effects of 200 µg/ml of AGES on cell viability. Thus, 5 µM of KWG was used in the present study.

**Kuwannon G (KWG) regulated expression of Bcl-2/Bax proteins in AGE-treated cells.** Bcl-2 family proteins play a pivotal role in modulating cell viability (26). Western blotting and immunofluorescence were used to evaluate influence of KWG on Bcl-2 family protein expression (Fig. 2A-G). The results indicated that AGE treatment significantly increased expression of pro-apoptotic Bax and decreased anti-apoptotic Bcl-2 expression in comparison with control treatment and that KWG administration was able to alleviate the AGE-induced effects.

**Acetylcholine (ACh) production was increased by KWG.** Reduction of Ach is believed to be responsible for brain regression disease, including diabetic encephalopathy (27-30). Intracellular and extracellular levels of Ach after AGE administration and KWG treatment were determined by ELISA kits. As indicated in Fig. 3A and B, AGES significantly reduced ACh content within the cells compared to control and KWG administration could restore the level of ACh both in- and outside of HT22 cells. The expression of AChE and ChAT were assessed and the results showed that AGES significantly reduced AChE content within the cells, and KWG restored the level of AChE both in- and -outside of HT22 cells (Fig. 3C and D). At the same time, KWG reduced the secretion of ChAT induced by AGES both in- and -outside of HT22 cells (Fig. 3E and F). This finding suggests that KWG may protect against diabetic encephalopathy via increasing ACh production.

**Effects of Kuwanon G on AGES-induced of PI3K/AKT/GSK3α/β/P38 MAPK/NF-xB p65/IκB-α signaling pathway in HT22 cells.** In order to further explore the underlying mechanism, some intracellular signaling pathway proteins were evaluated by western blotting. As shown in Fig. 4A-K, expression and activation of AKT and IκB-α was restored by KWG administration, while AGE induced phosphorylation of signaling proteins including GSK3α/β, p38 MAPK and NF-xB p65 was reduced by KWG.
Discussion

The diabetic population are at significant risk of developing neurodegenerative disease. Although both peripheral and central nerves can be influenced, greater focus should be on the prevention of diseases causing brain dysfunction, as cognitive and memory impairment will seriously influence patient quality of life (25,31). The accumulation of AGEs has been demonstrated to contribute to diabetic encephalopathy (32). The results of the present study suggested that Kuwanon G (KWG) may be able to inhibit AGE-induced neuron loss and dysfunction and the possible mechanism was also explored.

Diabetic encephalopathy is a condition closely related to both aging and hyperglycemia. Although the underlying pathophysiological mechanism of this condition remains to be elucidated, existing evidence suggests that accumulation of AGEs may be a related factor (33). AGEs refer to a group of stable metabolic products of macromolecules including proteins, amino acids, lipids or nucleic acids in the body that are glycated following exposure to sugars under non-enzymatic conditions (34-36). The two pivotal factors suggested to have a role in AGE production are hyperglycemia and oxidative stress (37,38). In the present study AGEs were applied in order to construct an in vitro diabetic encephalopathy model in HT22 cells (39,40), a mouse hippocampal neuron cell line commonly used to study neurodegenerative disease (41,42). Reports concerning correlation between AGEs and diabetes are abundant and AGEs have been demonstrated to play a role...
Figure 2. Expression of Bcl-2 and Bax protein was determined by immunofluorescence (magnification, x800) and western blotting. (A) Bcl-2 and (B) Bax proteins were stained using IF. (C) Bcl-2 IF quantification. (D) Bax IF quantification. (E) Bcl-2 and (F) Bax protein levels were also quantified using (G) western blot analysis. *P<0.01. AGE, advanced glycation end products; IF, immunofluorescence; KWG, kuwanon G; WB, western blotting.

Figure 3. KWG increases ACh and ChAT production and decreases AchE secretion induced by AGEs. Intracellular levels of (A) ACh, (B) AchE and (C) ChAT after AGEs or AGE + KWG treatment were detected by an ELISA kit. Extracellular levels of (D) ACh, (E) AchE and (F) ChAT were also determined after AGEs or AGE + KWG treatment. *P<0.05, **P<0.01. ACh, acetylcholine; AchE, acetylcholinesterase; AGE, advanced glycation end products; ChAT, choline acetyltransferase; KWG, kuwanon G; NC, normal control.
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in promoting diabetic neuropathy (32,40,43). However, interventions specifically addressing AGEs remain very limited.

Cortex Mori (CM) is a TCM commonly thought to be beneficial in the treatment of diabetes (44-46). However, its active components are not well understood. KWG is a flavonoid that can be found in CM, but there has been limited study of its pharmacological activity. A recent finding suggested that KWG inhibited α-glucosidase activity (14). This finding was verified by Paudel et al (9) in HepG2 cells where it was additionally shown that as well as inhibiting α-glucosidase, KWG could also inhibit PTP1B, promote binding between insulin and the insulin receptor and alleviate insulin resistance. The above findings suggest the possibility that KWG might be a beneficial therapy for diabetes. Our previous study also demonstrated that KWG had a protective effect against diabetic endotoxemia via reducing inflammatory cytokine expression and alleviating oxidative stress (12). This supplies further evidence that KWG may have anti-inflammatory and anti-aging effects.

In the present study, the aim to was explore the potential therapeutic effect of KWG on diabetic encephalopathy. To first exclude a possibility that KWG may increase viability of HT22 cells, MTT assay was carried out. KWG at 5 µM did not have significant effect on cell viability; but KWG at 5 µM could inhibit effect of AGEs on reducing cell viability as well as ROS production, suggesting that KWG has an effect.
against AGE-induced cell damage. Further study found that KWG protected HT22 cells against AGE-induced damage via anti-oxidative stress and anti-inflammation related signaling pathways. Although further work remains to be carried out, the present findings support the conclusion that KWG may promote the production and secretion of ACh and protect hippocampal neurons from oxidative toxicity induced by AGEs.

As oxidative stress can facilitate accumulation and function of AGEs and therefore contribute to progression of neuron loss and diabetic encephalopathy (47-49), whether KWG could reduce AGE-induced ROS production was investigated. Additionally, levels of SOD, GPX and MDA were assessed and the results indicated that KWG increased the expression of SOD, GPX and reduced the secretion of MDA following AGE administration. This is in line with findings from both our group (12) and other research groups (50). Another factor that accounts for cell viability loss is apoptosis. By both flow cytometry and immunocytochemistry, it was demonstrated that KWG could inhibit HT22 cell apoptosis induced by AGEs via increasing anti-apoptotic Bcl-2 and decreasing pro-apoptotic Bax expressions. Preservation of cell number may inhibit progression of neurodegenerative disease.

ACh is a major neurotransmitter in the brain and its deficiency leads to cognitive dysfunction. Dysfunction in the production and/or secretion of ACh is the basic variation that contributes to memory loss (31,51,52). To evaluate whether KWG could preserve ACh levels in AGE treated HT22 cells, its content was determined by an ELISA kit. AGE administration significantly reduced the level of ACh within the cells, suggesting that accumulation of AGEs within brain tissue may promote neuro-dysfunction. Dementia and diabetes share some pathological process, including neuroinflammation, abnormal AChE levels, insulin resistance and decreased glucose metabolism (53). Studies found that during the course of diabetic encephalopathy, it was usually accompanied by decreased secretion of ACh, and increased production of AChE (28,54). The expression levels of ChAT and AChE were also assessed, and the results suggested that KWG administration could restore the level of ChAT both in- and -outside of HT22 cells following AGE treatment. At the same time, KWG reduced the secretion of AChE induced by AGEs both in- and -outside of cells. It was also observed that KWG increased the production of ChAT while inhibiting the secretion of AChE. This result shows that KWG may be beneficial in preventing the occurrence of diabetic encephalopathy.

Direct correlation between inflammation and cognitive impairment has been demonstrated in numerous studies (55-59). In diabetes, the interaction between AGE and its receptors results in the production of ROS and activation of signaling pathways, including that of p38 MAPK and NF-κB (60). A previous study indicated that increased formation of AGEs also leads to inactivation of PI3K/AKT signaling cascade, which further activates the GSK3 pathway and promotes production of pro-inflammatory cytokines (61). Activation of GSK3 signaling pathways and oxidative stress in the brain may inhibit the expression of Bcl-2 (62). In this sense, AGEs, ROS, PI3K/AKT and MAPK activation are linked and are key contributors in the pathogenesis of diabetic cognitive dysfunction. The expression and activation of the above signaling pathway proteins was assessed in the present study. The results suggested that KWG increased the phosphorylation of AKT and IκB-α and decreased the phosphorylation of GSK3α, GSK3β, P38 and MAPK/NF-κB p65. Phosphorylation of IκB-α is generally believed to be related to NF-κB p65 nuclear translocation and inflammatory events (63). In the present study, KWG administration appeared to increase activation of AKT. It has been previously demonstrated that phosphorylation of AKT will contribute to p-IκB-α activation (64). In the present study KWG increased both AKT and phosphorylation of IκB-α, this is in line with conventional findings. However, NF-κB p65 activation was inhibited by KWG. This is obviously conflict with that of p-IκB-α. To explain this phenomenon, activation of GSK3, which plays pivotal role in inflammation, was assessed within cells. It has been demonstrated that GSK3 plays key role in modulating NF-κB p65 activation in that p65 is phosphorylated in vitro by this kinase (65), in this sense, GSK3 modulated activation of p65 after IκB. However, the underlying mechanism deserves further investigation.

One consideration is the bioavailability of KWG to neurons, i.e. its permeability across biological barriers including the blood-brain barrier (BBB). Permeability of flavonoids across the BBB is affected by their lipophilicity and interaction with efflux transporters. Studies from Youdim et al (66,67) suggested two flavonoids, naringenin and quercetin, can cross BBB in vivo. Both clinical and experimental studies have also suggested that the integrity of both the gut-barrier and the BBB is damaged and that permeability of these two barriers is increased (12,66-68), suggesting that greater quantities of flavonoids may cross biological barriers under diabetic settings. However, more work should be carried out to further demonstrate this hypothesis.

In conclusion, the present study suggests that KWG can promote both the production and secretion of ACh and can protect hippocampal neurons from oxidative toxicity induced by AGEs. The present findings indicate that KWG may be a potential candidate for the prevention of diabetic neurodegenerative disease.

Acknowledgements

The authors would like to thank Professor Lu Ming from the Department of Pharmacology (Nanjing Medical University, China) for providing the HT22 cell line.

Funding

The present study was supported by the Science and Technology Development Fund of Macau (grant. no. FDCT: 0093/2018/A3).

Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors’ contributions

WJG, CLG, DKG and YHX designed the experiments. WJG, CLG, WQZ and JLG carried out the western blotting and
immunofluorescence experiments. WJG, TTZ, HLG, LLY and LFL carried out ELISA. HZ, YX and YHX analyzed the data. WJG, CLG and YHX drafted the manuscript. HZ, YX and DKG revised the manuscript. All authors read and approved the final manuscript.

Ethical approval and consent to participate
Not applicable.

Patient consent for publication
Not applicable.

Competing interests
All authors declare that they have no competing interests.

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