RESEARCH ARTICLE

Machine learning models for early sepsis recognition in the neonatal intensive care unit using readily available electronic health record data

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Abstract

Background

Rapid antibiotic administration is known to improve sepsis outcomes, however early diagnosis remains challenging due to complex presentation. Our objective was to develop a model using readily available electronic health record (EHR) data capable of recognizing infant sepsis at least 4 hours prior to clinical recognition.

Methods and findings

We performed a retrospective case control study of infants hospitalized \( \geq 48 \) hours in the Neonatal Intensive Care Unit (NICU) at the Children’s Hospital of Philadelphia between September 2014 and November 2017 who received at least one sepsis evaluation before 12 months of age. We considered two evaluation outcomes as cases: \textit{culture positive} – positive blood culture for a known pathogen (110 evaluations); and \textit{clinically positive} – negative cultures but antibiotics administered for \( \geq 120 \) hours (265 evaluations). Case data was taken from the 44-hour window ending 4 hours prior to evaluation. We randomly sampled 1,100 44-hour windows of control data from all times \( \geq 10 \) days removed from any evaluation. Model inputs consisted of up to 36 features derived from routine EHR data. Using 10-fold nested cross-validation, 8 machine learning models were trained to classify inputs as sepsis positive or negative. When tasked with discriminating culture positive cases from controls, 6 models achieved a mean area under the receiver operating characteristic (AUC) between 0.80–0.82 with no significant differences between them. Including both culture and clinically positive cases, the same 6 models achieved an AUC between 0.85–0.87, again with no significant differences.
Conclusions

Machine learning models can identify infants with sepsis in the NICU hours prior to clinical recognition. Learning curves indicate model improvement may be achieved with additional training examples. Additional input features may also improve performance. Further research is warranted to assess potential performance improvements and clinical efficacy in a prospective trial.

Introduction

Sepsis is a major cause of morbidity and mortality in infants worldwide [1,2]. Although sepsis affects relatively few healthy, term infants, the incidence is 200-fold higher in those born prematurely or chronically hospitalized [3,4]. More than 50% of extremely preterm infants will have an evaluation for invasive infection and one third will develop sepsis during their NICU stay [5]. Prematurely born infants experience the highest mortality (7–28%), and among survivors, 30–50% incur major long-term impairments including prolonged hospitalization, chronic lung disease and neurodevelopmental disabilities [6–8]. Importantly, recent data highlight the exponential rise of associated healthcare costs and burdens faced not only by sepsis survivors but also by their caregivers [9]. To date, despite increased understanding of the pathophysiology of sepsis and sophistication of neonatal intensive care strategies, including clinical decision support efforts, there have been only modest improvements in outcomes from sepsis in infants [10].

Following bacterial invasion of the bloodstream, the immune system initiates a potentially damaging systemic inflammatory response syndrome (SIRS) that may quickly progress to severe sepsis, multi-organ system failure and death [9,11]. Early sepsis recognition, therefore, followed by timely intervention, is key to reducing morbidity and mortality. Recent studies address the consequences of delayed treatment of infected adults and children [12,13]. In a study of 49,331 adults from the New York State Department of Health, delays in time to antibiotics were associated with significantly increased risk-adjusted odds of mortality (1.04 per hour) [13]. Delayed antimicrobial therapy was shown to be an independent risk factor for prolonged organ dysfunction and mortality in a study of 130 critically ill children [12]. Despite the importance of early intervention, delays in recognition and treatment are common [14]. Infants frequently demonstrate subtle, ambiguous clinical signs, which mimic other neonatal disease processes. Screening laboratory tests have limited diagnostic accuracy in neonatal sepsis, making rapid diagnosis difficult. The blood culture, the reference standard for sepsis diagnosis, may be falsely negative due to the small volume of blood obtained as well as the low density of infecting microorganisms [15–17]. Consequently, infants suspected to have sepsis despite negative cultures, are often managed conservatively and receive prolonged antibiotic therapy.

Machine learning and statistical modeling approaches have been applied in previous studies in an effort to address the challenges associated with sepsis recognition and care management [18–32]. Several studies used machine learning models to identify individuals most at risk for sepsis related mortality [19,25,26]. Statistical models can predict septic shock as much as 28 hours before onset [18]. While such models may inform clinical decision support tools that lead to care adjustment for patients with confirmed sepsis, they are less likely to support early recognition.

Other studies developed machine learning models to confirm clinician suspected sepsis. A study of 299 infants compared the ability of several machine learning algorithms to confirm
suspected sepsis using data available up to 12 hours after clinical recognition but before blood culture results were available [29]. More recent efforts have augmented standard EHR data with features extracted from admission notes using natural language processing (NLP) to confirm suspected sepsis in adults [30]. Although such models may reduce time to confirmation as compared to laboratory tests, they are unlikely to substantially reduce time to antibiotic treatment, which is typically initiated at the time of blood culture.

Some studies have sought to develop models that identify sepsis incidence prior to clinician suspicion and thereby enable earlier treatment. In infants, a statistical prediction model (HeRO score) reduced sepsis related mortality in very low birth weight infants (<1500 grams), presumably by supporting earlier recognition [27,28]. However, in a subsequent, large retrospective study, the HeRO score failed to detect neonatal sepsis, suggesting the predictive value is uncertain in clinical practice [33]. Additional studies used a novel network representation of vital sign dynamics [22,23] for sepsis prediction in adults. However, these models require input features derived from heart rate measurements collected every few seconds from bedside monitors, which are not typically available in most EHRs thereby limiting their general applicability. Two recent studies used hourly vital sign and demographic variables in a proprietary algorithm (InSight) to predict adult sepsis 4 hours prior to clinician suspicion [31]. Although these works utilize similar methods, significant physiological and immunological differences between adults and children may preclude direct application to infants.

Our objective was to develop and evaluate a machine learning model specifically designed to recognize sepsis in infants hospitalized in the neonatal intensive care unit at least 4 hours prior to clinical suspicion. Unlike the previous infant study, we developed our sepsis prediction models using only readily available EHR data in an effort to enhance general applicability. To our knowledge, this is one of only a limited number of studies to investigate machine learning for sepsis identification prior to clinical recognition, and the first for infant sepsis identification prior to clinical recognition using only routinely collected EHR data.

In the following sections, we describe the development of 8 machine learning models tasked with differentiating patient data collected 4 hours prior to clinical suspicion of sepsis, as indicated by time of draw for culture, from patient data collected during periods with no evidence of sepsis. We describe our training and evaluation datasets—consisting of information routinely available in most EHRs—for a population of infants hospitalized in the Children’s Hospital of Philadelphia (CHOP) neonatal intensive care unit (NICU). Finally, we present an evaluation of model performance demonstrating that several of the presented models are able to recognize infant sepsis 4 hours prior to clinical suspicion at least as well as those reported in prior adult studies.

**Materials and methods**

All data in this study was extracted automatically from the EHR and anonymized prior to transfer to the study database. Study data did include dates of service and dates of birth, however there were no direct patient identifiers such as medical record numbers or patient names in the dataset. The Institutional Review Board at the Children’s Hospital of Philadelphia approved this research study and waived the requirement for consent. The experimental workflow for this study is illustrated in Fig 1.

**Study design and setting**

We implemented a retrospective case control study among infants hospitalized in the NICU at CHOP in which individuals were allowed to serve as their own controls. The CHOP NICU is a
99-bed quaternary unit that admits and treats roughly 1,100 medically and surgically complex infants annually.

**Study subjects**

We included infants hospitalized for at least 48 hours in the NICU at the Children’s Hospital of Philadelphia (CHOP) between September 2014 and November 2017 who received at least one evaluation for sepsis before 12 months of age. We excluded sepsis evaluations that were performed within 48 hours of admission to the CHOP NICU due to lack of sufficient baseline observation time. This cohort of infants contributed both case and control periods of time in the analysis as outlined in the sections below.

We considered two possible outcomes from sepsis evaluations as cases in our analyses: *culture positive* if the evaluation yielded a positive blood culture for a pathogen; and *clinically positive* if cultures were negative, but antibiotics were administered for at least 120 hours. Other possible outcomes from sepsis evaluations, which were excluded as cases, were: (1) negative cultures and less than 72 hours of antibiotic administration (i.e. not sepsis); (2) cultures positive for bacteria from sources other than blood; (3) positive cultures for viral or fungal pathogens; and (4) indeterminate results due to pending cultures at the time of data extraction, cultures positive for known contaminants (i.e. non-pathogenic bacteria), or administration of antibiotics for at least 72 hours but less than 120 hours (i.e. uncertainty about whether the infant had clinical sepsis). Although these infants may have physiologic changes that overlap with those of infants experiencing bacterial bloodstream infections, we excluded observation times around these evaluations from consideration since disease processes other than culture-proven or clinically-presumed bacterial bloodstream infections were not the focus of our study.

**Identification of case periods**

There is no literature that has defined the transition time from an infant’s normal health state to a state of critical illness associated with sepsis onset. However, prior research suggests that
an incubation period of two days is sufficient for detection of bacteria in blood culture [34,35]. Consequently, it seems plausible that there may be physiologic changes due to sepsis 48 hours prior to clinical presentation but unlikely that there would be detectable changes more than 48 hours prior. As our goal was to predict sepsis 4 hours prior to current clinical recognition, we obtained case data from the 44-hour window starting 48 hours prior to clinical evaluation (T_{-48h}) and ending 4 hours prior to evaluation (T_{-4h}).

Identification of control periods
As illustrated in Fig 2, we identified candidate control start times as any time point during an included individual’s hospitalization in the NICU beginning 48 hours after admission for which there were no sepsis evaluations within 10 days. Note, these criteria allow for inclusion of candidate control times starting on day 3 of an individual’s NICU stay provided the individual did not receive a sepsis evaluation for at least ten days following the candidate control time. Since previously undetected sepsis is occasionally noted at autopsy for deceased infants, we similarly excluded the 10 days prior to death from consideration for possible control observations. Finally, since antibiotics are occasionally administered outside the immediate context of sepsis evaluations (e.g., unusually prolonged treatment for severe sepsis, or for certain surgical procedures), we also excluded observation time when systemic antibiotics typically used to treat sepsis were administered within the preceding 48 hours since it is less likely that an infant on such antibiotics will develop sepsis or demonstrate a positive blood culture. We then used random sampling with replacement of all available candidate control times to achieve datasets with a 9% and 25% incidence of culture positive and clinically positive cases, respectively, to reflect sepsis incidence rates similar to clinical observation. Since sepsis evaluations are not evenly distributed across all times of day, we weighted time of day in the sampling strategy to ensure a similar distribution between both case and control observations. We treated data in the 44-hour window ending four hours prior to each selected control time as a control sample.

Data source
Data for this study was obtained from the CHOP NICU sepsis registry established in 2014. The registry is automatically populated with data abstracted from the EHR (Epic Systems, Inc., Verona, WI) for all infants evaluated for sepsis while hospitalized in the CHOP NICU. For each infant with at least one sepsis evaluation, the registry captures EHR data for a pre-determined list of variables including demographics, longitudinal vital signs (collected hourly), diagnosis, antibiotic, microbiological, and treatment data throughout the infant’s entire hospitalization. From this data source, we identified 618 unique infants with 1,188 sepsis evaluations that met the inclusion and exclusion criteria (see Fig 3). Demographic information is given in...
Table 1. There were 110 culture positive and 265 clinically positive evaluations included as cases.

Machine learning analysis

Feature selection and data imputation. Through literature and physician expert review, we identified 30 features collected in the NICU sepsis registry that are known or suspected to be associated with infant sepsis (see S1 Table) [36,37]. We derived 6 additional features from hourly vital signs including thresholds for temperature and fraction of inspired oxygen (FiO2), and the difference between the most recent measurement and the average over the previous 24
hours for heart rate, temperature, respiratory rate, and mean arterial blood pressure. The temperature threshold variable was set to 1 if temperature was less than 36 or greater than 38 degrees Celsius and 0 otherwise. The FiO2 threshold variable was intended as a surrogate measure to indicate high levels of ventilator support and was set to 1 if FiO2 was greater than or equal to 40% and 0 otherwise. Additional features included nursing assessments of clinical status (apnea, bradycardia, or desaturation events; lethargy; poor perfusion), indwelling lines (central venous line, umbilical artery catheter), and support (extracorporeal membrane oxygenation, mechanical ventilation). One area in which there is some overlap in factors contributing to increased risk for sepsis in both children and adults is the presence of underlying chronic medical conditions, perhaps related to immune dysfunction and impaired resistance to bacterial pathogens [38–40]. Given the shared increased risk observed in both populations, it seems plausible that the baseline risk of sepsis may also be higher among infants who have experienced co-morbid conditions such as necrotizing enterocolitis, prolonged ventilation for chronic lung disease, or surgical procedures (e.g. ventriculo-peritoneal shunt placement, cardiac procedures, or gastrointestinal surgeries). We therefore included indicator variables for the presence of these comorbidities in our analyses.

Prior to model selection and training, we calculated the percent of sepsis evaluations for which data was missing for each feature, see Table 2. Threshold features are not listed, as the percent missing is identical to that of the corresponding raw feature. Features that indicated the presence of co-morbid conditions, nursing assessments of clinical status, indwelling lines, and support are also not listed as they are considered as having no missing values. One variable, capillary pH, was missing for more than 80% of case evaluations and more than 90% of control samples and was therefore removed from the dataset. For the remaining features, we

| Number of Infants | Culture Positive | Clinical Sepsis | Negative | Study Population |
|-------------------|------------------|----------------|----------|-----------------|
| 92                | 199              | 492            | 618      |
| Gestational Age (weeks) | Median (32) Range (22, 40) | Median (32) Range (23, 41) | Median (34) Range (22, 41) | Median (34) Range (22, 41) |
| Race (Percent) | White | 39% [36] | 39% [78] | 43% [212] | 43% [266] |
| | Unknown | 35% [32] | 29% [59] | 30% [148] | 30% [184] |
| | Black | 23% [21] | 23% [46] | 22% [108] | 21% [131] |
| | Two or more | 1% [1] | 4% [7] | 3% [13] | 3% [19] |
| | Asian | 1% [1] | 4% [7] | 2% [10] | 3% [16] |
| Ethnicity (Percent) | Non-Hispanic | 86% [79] | 87% [174] | 88% [435] | 88% [542] |
| | Hispanic | 14% [13] | 13% [25] | 12% [57] | 12% [76] |
| | Unknown | 0% [1] | 0% [1] | 0% [1] | 0% [1] |
| Age Days | Median (25) Range (2, 235) | Median (23) Range (2, 164) | Median (16) Range (2, 322) | Median (17) Range (2, 322) |
| Comorbidities | IVH or VP Shunt | 7% [6] | 10% [20] | 8% [39] | 8% [47] |
| | Surgical Conditions | 15% [14] | 18% [36] | 18% [89] | 17% [104] |
| | Congenital Heart Disease | 11% [10] | 8% [16] | 9% [43] | 8% [51] |
| | Chronic Lung Disease | 18% [17] | 16% [32] | 15% [76] | 14% [87] |
| | NEC | 30% [28] | 37% [74] | 14% [70] | 17% [107] |

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used mean imputation to replace missing values with the population mean calculated from the entire dataset. There are a number of imputation methods (e.g. KNN, MICE) that often perform better than mean imputation \[41-43\], however these methods typically introduce additional model parameters (e.g. KNN requires selection of a distance measure, the number of neighbors, and the weighting scheme used to compute the imputed value from the neighbor’s values) that increase the potential for variance (overfitting). Due to the constraint of our limited training dataset size, we sought to mitigate this concern by using mean imputation which does not require selection of any parameters. Finally, post imputation, we normalized each continuous valued feature to have zero mean and unit variance.

In an effort to control model overfitting, we implemented a second feature selection process as part of the hyper-parameter tuning process, referred to as “automated feature selection” in Fig 1. The automated method is based on the mutual information between each individual feature and sepsis class (case or control). Mutual information is an estimate of the dependency between two variables that quantifies the amount of information (bits) that one may infer about one variable based on the observed value of the other \[44\]. For each step in the outer loop of the cross-validation procedure (described below), the top \(n\) features were selected based on the mutual information estimate from the data in the \(k-1\) data folds that are used to train the model \[45,46\]. We employed a commonly adopted heuristic to determine \(n\), in which we require at least 10 samples from each class per feature.

**Model training.** We trained eight machine learning classification models to differentiate input data from control and case windows as either “sepsis negative” or “sepsis positive”:

| Feature                              | Percent Missing Controls (N = 1188) | Percent Missing Culture Positive (N = 110) | Percent Missing Clinically Positive (N = 265) |
|--------------------------------------|-----------------------------------|------------------------------------------|---------------------------------------------|
| Gestational age                      | <1%                               | 0                                        | <1%                                         |
| Postnatal age                        | 0                                 | 0                                        | 0                                           |
| White blood cell count               | 74%                               | 45%                                      | 43%                                         |
| Hemoglobin                           | 74%                               | 45%                                      | 43%                                         |
| Platelet count                       | 74%                               | 46%                                      | 43%                                         |
| Immature to total neutrophil (I/T) ratio | 75%                           | 48%                                      | 45%                                         |
| Capillary pH                         | 95%                               | 84%                                      | 82%                                         |
| Bicarbonate                          | 56%                               | 33%                                      | 29%                                         |
| Glucose                              | 56%                               | 33%                                      | 29%                                         |
| Creatinine                           | 56%                               | 33%                                      | 29%                                         |
| Respiratory rate                     | 2%                                | 11%                                      | 9%                                          |
| Temperature                          | 0                                 | <1%                                      | <1%                                         |
| Heart rate                           | 0                                 | <1%                                      | <1%                                         |
| Systolic blood pressure              | 0                                 | <1%                                      | 1%                                          |
| Diastolic blood pressure             | 0                                 | <1%                                      | 1%                                          |
| Mean arterial pressure               | 9%                                | 2%                                       | 1%                                          |
| Weight                               | 0                                 | 0                                        | 0                                           |
| Fraction inspired Oxygen (FiO2)      | <1%                               | 0                                        | 0                                           |
| Heart rate difference                | <1%                               | <1%                                      | 1%                                          |
| Respiratory rate difference          | 3%                                | 16%                                      | 16%                                         |
| Mean arterial pressure difference    | 39%                               | 35%                                      | 29%                                         |
| Temperature difference               | 12%                               | 14%                                      | 11%                                         |

Table 2. Domain expert identified features with percent missing. Heart rate, temperature, respiratory rate, and mean arterial blood pressure differences are the difference between the most recent measurement and the average over the previous 24 hours.

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logistic regression with L2 regularization, naïve Bayes, support vector machine (SVM) with a radial basis function kernel, K-nearest neighbors (KNN), Gaussian process, random forest, AdaBoost, and gradient boosting [47–50]. As illustrated in Figs 1 and 4, we trained and evaluated each model with a nested cross-validation approach consisting of an outer evaluation loop and an inner parameter selection and training loop [51]. At initiation of the procedure, the input data set is divided into $k$ folds with approximately equal numbers of cases and controls. For each iteration of the outer loop, one data fold is reserved for testing. The remaining $k-1$ folds are passed to the inner loop where automated feature selection is performed followed by model parameter tuning. All models, except naïve Bayes and Gaussian process (so-called parameter-free models), include hyper-parameters that must be systematically selected independent of the evaluation data. These include, for example, regularization terms used to control potential model over-fitting to the training data, the kernel coefficient in an SVM with a radial basis function, and the number of trees in a random forest. The inner loop includes a grid search over candidate parameters. The parameter values evaluated for each model are given in Table 3. Each parameter setting is evaluated with a ($k-1$)-fold cross validation procedure (the last, $k^{th}$ fold remains in the outer loop for evaluation). The hyper-parameters that yield the best average cross-validation area under the receiver operating characteristic (AUC) are selected. The model is then trained on the data in the $k-1$ folds using the best parameters and then evaluated on its prediction performance for the held-out data fold. This process is repeated $k$ times, once for each iteration of the outer loop, resulting in $k$ evaluations of model performance.

Model evaluation. Due to the nonspecific presentation of sepsis in infants and adverse outcomes that may result from delays in therapy, physicians often rely on clinical judgment to begin empirical antibiotic therapy in infants [52]. Furthermore, it is frequently difficult to obtain an adequate volume of blood from critically ill infants, thus reducing the sensitivity of blood cultures [17,53]. As a result, cultures may be negative despite the presence of infection. Consequently, we suspect that some of the infants in the clinically positive group may be truly infected. Therefore, to gain insight on model predictive performance for cases with near certainty of sepsis and those with less certainty, we executed the model training and evaluation
procedure on two data subsets, denoted CPOnly and CP+Clinical, of our overall dataset. Both subsets include all controls. However, CPOnly includes only the culture positive sepsis cases, whereas CP+Clinical contains the culture positive and the clinically positive cases. The prevalence of cases in the CPOnly dataset and the CP+Clinical dataset was 9% and 25.0%, respectively.

We compared inter-model performance through AUC for the CPOnly and CP+Clinical datasets. The significance of model AUC differences was evaluated by considering the mean AUC of each model over the 10 validation folds. The null hypothesis of equal inter-model AUC distributions was tested with Friedman’s rank sum test and post-hoc analysis of pairwise differences was conducted using Nemenyi’s test (R PMCMRplus, version 1.4.1).

We also compared model performance at fixed sensitivity values. All of the prediction models evaluated in this study generate a numeric score in the range 0 to 1, which can be directly interpreted as the probability of sepsis. To classify the input as positive or negative for sepsis, a numeric threshold must be selected, such that scores above that threshold are considered “sepsis positive.” To compare performance at specified sensitivity levels, we set the decision threshold independently for each model in order to achieve the desired sensitivity and report corresponding specificity, positive predictive value (PPV), and negative predictive value (NPV). For each reported performance measure, we obtain 10 observed values (one for each fold in the outer loop of the nested cross validation procedure). We report the mean value and range for each metric over the 10 observations.

We evaluated potential model overfitting (sensitivity to training data sample variance) and bias (insufficient model capacity) through learning curve analysis. A learning curve is a plot of a selected performance metric as a function of the number of training samples. Two curves are generated, one each for the training and validation sets. In the absence of bias and variance (overfitting), both the training and validation curves will approach optimum performance as
the training set size increases. In the presence of variance, the training curve will approach the optimum value, but the validation curve will not. In the presence of bias, the training and validation curves will both fail to approach the optimum value.

We used the Python scikit-learn library [54], which contains implementations of all models used in this study, to execute all aspects of automated feature selection, hyper-parameter selection, model training, and model evaluation. Data for this study is provided in the supplementary files (S1 and S2 Files). All code is available at https://github.com/chop-dbhi/sepsis_01.

Results

We implemented eight machine learning models with the objective of identifying infant sepsis four hours prior to clinical recognition in both the CPOnly and CP+Clinical datasets. Models were tasked with classifying input data from control and case windows as either “sepsis negative” or “sepsis positive”. The AUC for all models for the CPOnly and CP+Clinical datasets is presented in Table 4 (hyper-parameters are given in S2 and S3 Tables). Representative ROC curves for models with the highest mean AUC for each dataset are presented in Fig 5. The Friedman rank sum test was used to test the null hypothesis that all models have equal AUC distributions over the 10 cross-validation folds, which was rejected for both the CPOnly and CP+Clinical dataset results with p < 0.001. Post-hoc analysis with the Nemenyi test was conducted to compare differences between model pairs. For the CPOnly data set, the following statistically significant differences (p < 0.05) were found: AdaBoost had higher AUC than Gaussian process and KNN; and logistic regression had a higher AUC than KNN. For the CP+Clinical dataset, the following significant differences were found: KNN had a lower AUC than gradient boosting, logistic regression, random forest, and SVM; and Gaussian process had a lower AUC than gradient boosting, logistic regression, random forest, and SVM. No statistically significant differences were found for any other pairs.

The models evaluated in this study produce a numeric output, which can be interpreted as the probability of sepsis. By default, the input is classified as sepsis positive if the estimated probability is greater than a threshold of 0.5. However, the threshold is an adjustable parameter. We set the decision threshold independently for each model in order to facilitate model comparison with uniform (i.e. fixed) sensitivity across all models. Performance at a fixed sensitivity of 80% across all models is presented in Table 5 and Table 6 for the CPOnly and CP+Clinical datasets, respectively. Performance at 90% and 95% sensitivity is presented in the S4 Table 4. Area under receiver operating characteristic for CPOnly (controls and culture positive cases) and CP+Clinical (controls, culture positive cases, and clinically positive cases) for each model. Each value is computed as the mean over 10 iterations of cross-validation. Values in brackets indicate performance range over the 10 iterations. Bold text indicates highest performance in each column. The null hypothesis of equal inter-model distributions was rejected by the Friedman rank sum test with p-values of <0.001 for both the CPOnly and CP+Clinical datasets.

| Model                     | CPOnly     | CP+Clinical |
|---------------------------|------------|-------------|
| AdaBoost                  | 0.83 [0.76, 0.89] | 0.85 [0.80, 0.90] |
| Gradient boosting         | 0.80 [0.71, 0.91] | **0.87 [0.82, 0.92]** |
| Gaussian process           | 0.75 [0.67, 0.90] | 0.79 [0.69, 0.88] |
| k-nearest neighbors       | 0.73 [0.66, 0.87] | 0.79 [0.72, 0.83] |
| Logistic regression       | **0.83 [0.76, 0.89]** | 0.85 [0.80, 0.94] |
| Naïve Bayes               | 0.81 [0.69, 0.87] | 0.84 [0.79, 0.90] |
| Random forest             | 0.82 [0.73, 0.88] | 0.86 [0.82, 0.91] |
| Support vector machine*   | 0.82 [0.76, 0.88] | 0.86 [0.82, 0.91] |

*The radial basis function kernel was used for the support vector machine

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The SVM model performed at least as well or better than all models for all metrics on the CPOnly dataset, while no model outperformed every other model on every metric for the CP+Clinical dataset.

We applied an automated univariate feature selection method using mutual information (see Fig 1) to select the top $n$ features for each iteration of the nested $k$-fold procedure (see S6 Table). Based on the number of cases available in the training data, 11 features were selected for the CPOnly dataset, and 35 (i.e. all features) were selected for the CP+Clinical dataset. Different features may be selected for each iteration. To gain some insight on feature importance, we examined features selected for the CPOnly dataset for more than half of the cross-validation iterations for which the mean magnitude of the logistic regression coefficient was greater than 0.095 as shown in Table 7. The corresponding coefficients obtained for the logistic regression model, which was among the best models, are also shown. The coefficients obtained for the CP+Clinical dataset are included for comparison. Kernel density estimates for the

![Logistic Regression CPOnly ROC](image1)

![Gradient Boost CP+Clinical ROC](image2)

**Fig 5.** Receiver operating characteristic (ROC) curves for the logistic regression model and the gradient boosting model on the CPOnly (left) and CP+Clinical dataset (right), respectively. Each figure presents three curves: the solid black curve corresponds to the iteration of the nested cross-validation procedure with the median value of area under the curve (AUC), the two dashed lines represent the iterations with the minimum and maximum AUC.

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| Table 5. Classifier model prediction performance on CPOnly (controls and culture positive cases) for fixed sensitivity ratio of 0.8. The probability of sepsis threshold was adjusted individually for each model in each cross validation run to achieve 0.8 sensitivity. Each metric value is computed as the mean over 10 iterations of cross-validation. Values in brackets indicate performance range over the 10 iterations. Bold text indicates highest performance in each column. |
| --- |
| **Model** | **Specificity** | **PPV** | **NPV** |
| AdaBoost | 0.71 [0.64, 0.81] | 0.23 [0.18, 0.30] | 0.97 [0.97, 0.98] |
| Gradient boosting | 0.69 [0.58, 0.91] | 0.23 [0.16, 0.47] | 0.98 [0.97, 0.99] |
| Gaussian process | 0.53 [0.32, 0.80] | 0.16 [0.11, 0.29] | 0.97 [0.95, 0.98] |
| K-nearest neighbors | 0.20 [0.0, 0.77] | 0.13 [0.09, 0.26] | 0.29 [0, 1] |
| Logistic regression | 0.71 [0.61, 0.82] | 0.23 [0.17, 0.31] | 0.97 [0.97, 0.98] |
| Naïve Bayes | 0.69 [0.49, 0.77] | 0.22 [0.14, 0.28] | 0.98 [0.96, 0.99] |
| Random forest | 0.71 [0.62, 0.83] | 0.23 [0.19, 0.32] | 0.98 [0.97, 0.99] |
| Support vector machine* | 0.72 [0.63, 0.83] | 0.23 [0.18, 0.32] | 0.98 [0.97, 0.98] |

PPV: positive predictive value; NPV: negative predictive value

*The radial basis function kernel was used for the support vector machine

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continuous features and distributions for binary features are shown in Fig 6. The density estimates show that there are differences between the distributions of the culture positive cases and the controls. We note that diastolic blood pressure and mean arterial pressure have coefficients with different signs in the two datasets. It is possible that these differences reflect an actual difference in the distribution of those variables between the two different populations of cases. Alternatively, there may be interactions with other variables that differ between the two populations. For example, "heart rate" has a positive coefficient (not shown) combined with a negative "heart rate difference" coefficient that suggests an interaction between increased risk associated with elevated heart rate and decreased risk associated with heart rate variability that may be explained in part by known sepsis pathophysiology and prior research [55,56].

We performed a secondary analysis to further evaluate feature importance by examining the performance of the SVM model on the CP+Clinical dataset when cumulatively removing input features. The results, shown in Table 8, suggest remarkable robustness to feature removal. There appears to be a weak interaction between the clinical attributes, which seem to lower the sensitivity, and the imputed values, which appear to improve specificity and positive

Table 6. Classifier model prediction performance on CP+Clinical (controls, culture positive cases, and clinically positive cases) for fixed sensitivity ratio of 0.8. The probability of sepsis threshold was adjusted individually for each model in each cross validation run to achieve 0.8 sensitivity. Each metric value is computed as the mean over 10 iterations of cross-validation. Values in brackets indicate performance range over the 10 iterations. Bold text indicates highest performance in each column.

| Model                  | Specificity | PPV      | NPV      |
|-----------------------|-------------|----------|----------|
| AdaBoost              | 0.72 [0.62, 0.82] | 0.51 [0.43, 0.62] | 0.92 [0.91, 0.95] |
| Gradient boosting     | 0.74 [0.63, 0.84] | 0.53 [0.43, 0.63] | 0.92 [0.91, 0.93] |
| Gaussian process      | 0.60 [0.32, 0.85] | 0.44 [0.29, 0.65] | 0.90 [0.83, 0.93] |
| K-nearest neighbors   | 0.55 [0.4, 0.67] | 0.39 [0.32, 0.46] | 0.90 [0.86, 0.92] |
| Logistic regression   | 0.74 [0.65, 0.82] | 0.52 [0.45, 0.62] | 0.93 [0.91, 0.95] |
| Naive Bayes           | 0.73 [0.63, 0.85] | 0.52 [0.42, 0.66] | 0.92 [0.91, 0.93] |
| Random forest         | 0.74 [0.56, 0.84] | 0.53 [0.39, 0.63] | 0.92 [0.90, 0.93] |
| Support vector machine* | 0.72 [0.6, 0.85] | 0.51 [0.41, 0.65] | 0.92 [0.90, 0.93] |

PPV: positive predictive value; NPV: negative predictive value

*The radial basis function kernel was used for the support vector machine

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Table 7. Features selected by the univariate feature selection process more than half of the cross-validation iterations for the CPOnly dataset where the mean magnitude of the logistic regression coefficient was \( \geq 0.1 \). The CPOnly Count column indicates the number of iterations out of ten for which the feature was selected. All features were used in every iteration for the CP+Clinical dataset. The CPOnly Coefficient and CP+Clinical Coefficient indicate the mean coefficient for the feature as learned by the logistic regression classifier for the CPOnly and CP+Clinical datasets, respectively. Positive coefficients (bold text) indicate features for which positive values are associated with an increase in the predicted sepsis probability. Negative coefficients (italics text) indicate features for which positive values are associated with a decrease in the predicted sepsis probability. The "difference" variables are positive when the value has increased compared to the patient’s average over the previous 24 hours.

| Feature                  | CPOnly Count | CPOnly Coefficient | CP+Clinical Coefficient |
|-------------------------|--------------|--------------------|-------------------------|
| Central venous line     | 10           | 1.85               | 1.28                    |
| Heart rate difference   | 9            | -0.42              | -0.13                   |
| Systolic blood pressure | 10           | -0.38              | -0.26                   |
| Platelet count          | 9            | -0.36              | -0.11                   |
| Immature to total neutrophil (I/T) ratio | 9 | 0.25 | 0.16 |
| Diastolic blood pressure| 9            | 0.16               | -0.06                   |
| Mean arterial pressure  | 10           | -0.13              | 0.28                    |

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predictive value (PPV), and the remaining features which appear to improve specificity without affecting sensitivity.

Learning curves for the SVM and logistic regression models are shown in Fig 7. The y-axis indicates the F1 score (harmonic average of sensitivity and PPV) for which the optimal value is 1.0. The asymptotic difference in performance between the training and validation curves for the SVM model indicates variance is present on both datasets. A similar result was observed for all models other than the logistic regression model, which is likely due to its lower relative capacity as the only linear model. The learning curves also suggest model bias exists as indicated by failure of the training score to approach the optimal metric value. A similar result was observed for all models.

Table 8. SVM with radial basis kernel performance when removing input features. Features are removed cumulatively, that is each row represents performance when removing all features indicated in the rows up to and including the current row. Metric values are computed as the mean over 10 iterations of cross-validation. Bold text indicates best performance in each column.

| Features Removed                  | AUC  | Sensitivity | Specificity | PPV  | NPV  |
|-----------------------------------|------|-------------|-------------|------|------|
| None                              | 0.86 | 0.74        | 0.79        | 0.57 | 0.90 |
| Age, Gestational Age              | 0.85 | 0.74        | 0.81        | 0.57 | 0.90 |
| *Missing above 50%                | 0.84 | 0.74        | 0.77        | 0.52 | 0.90 |
| *Comorbidities                    | 0.84 | 0.75        | 0.77        | 0.53 | 0.90 |
| *Clinical assessments / indwelling lines / support | 0.84 | 0.75        | 0.77        | 0.53 | 0.90 |

PPV: positive predictive value; NPV: negative predictive value
*Hemoglobin, I/T Ratio, platelet count, white blood cell count
*congenital heart disease, chronic lung disease, necrotizing enterocolitis, intraventricular hemorrhage/ventriculo-peritoneal shunt, other surgical conditions
*apnea/bradycardia/desaturation events, lethargy, poor perfusion, central venous line, umbilical artery catheter, extracorporeal membrane oxygenation, mechanical ventilation

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Discussion

We found that machine learning models that utilize input features derived from data collected in most EHRs can predict sepsis in infants hospitalized in the NICU hours prior to clinical recognition. Perhaps surprisingly, we found that of the eight models considered, six (AdaBoost, gradient boosting, logistic regression, Naïve Bayes, random forest, and SVM) performed well, with no statistically significant pairwise differences in AUC, on both the CPOnly and CP+Clinical datasets. The logistic regression model was tied with AdaBoost for the highest mean AUC on the CPOnly dataset. On the CP+Clinical dataset, the logistic regression model mean AUC was only 0.02 less (not statistically significant) than that of the gradient boosting model which had the highest mean AUC. Additionally, the logistic regression model had mean PPV, NPV and sensitivity scores that were within 0.01 of the highest scores obtained by other models on both the CPOnly and CP+Clinical datasets. Importantly, learning curve analysis suggests the logistic regression model is the only model not meaningfully affected by data sample variance (i.e. overfitting). This is likely because it is a linear model whereas the five other high performing models are non-linear with greater capacity and therefore are likely more susceptible to overfitting. From this, one may conclude that, in the absence of additional training data, which could help reduce variance in the other models, the logistic regression model will best generalize to other datasets using the same input features.

As our AUC results in Table 4 indicate, most models performed nearly the same on both datasets, but some performed better on the CP+Clinical dataset as compared to the CPOnly
dataset. We had anticipated that the models would perform better on the CPOnly dataset because the CP+Clinical dataset likely includes cases that were treated as sepsis by clinicians even though they may have actually been sepsis negative. Conceptually, such samples act as noise in the training data because they may be mislabeled relative to the true, unobservable, decision boundaries in the input space. In contrast, all cases in the CPOnly data set are expected to represent sepsis given their association with positive blood cultures. We hypothesize that two factors are at play. The first is that it is likely the majority of the clinically positive cases are indeed positive for sepsis. If so, the models in turn benefit from a decrease in class imbalance relative to the CPOnly dataset. It is well established that class imbalance generally degrades machine learning model performance and remains challenging despite development of methods designed to counter its impact [57,58]. A second factor is likely the limited number of cases available for learning in the CPOnly dataset.

The KNN model had notably poor performance compared to the other models on the CPOnly dataset. In fact, it and the Gaussian process model, were the only models to have statistically significant lower pairwise mean AUC compared to the best performing models. This is most likely attributable to the small number of cases. The KNN model is based on a voting scheme wherein the predicted class of the input is taken to be that of majority class of the input’s closest neighbors in feature space. For sparse data, particularly when one class is significantly underrepresented as is the case here, the KNN model will generally perform poorly simply because there are few available samples to populate the region of input space that correlates to the minority class (culture positive sepsis in this case).

The ROC curves in Fig 5 indicate that some tuning of the decision threshold is possible to increase specificity or sensitivity as warranted by the intended application. For example, if the prediction model is used as a screening tool, wherein avoiding false negatives is critical, the decision threshold can be lowered. There are limitations however; as indicated by Fig 5, arbitrarily increasing the sensitivity to 100% (i.e. no false negatives) can drastically decrease specificity which may not be acceptable. For example unnecessary antibiotic exposure in non-infected infants may worsen clinical outcomes and contribute to the development of antibiotic resistance [59–61]. These studies underscore the importance of developing novel, improved methods for sepsis detection in infants with potentially life-threatening illness while minimizing the overtreatment of non-infected infants. Nevertheless, due to the severity of sepsis outcomes with delays in diagnosis and treatment, particularly in infants, greater importance is placed on identifying positive cases (high sensitivity), often at the expense of assessing a large number of negative cases (low PPV). When we considered model performance for a high, fixed sensitivity value of 80%, we found that the models properly screened at least 68% of the negative cases. Although the PPV was lower (23% and 53% on our two datasets), the overall results imply that machine learning models can provide significant benefit by reducing clinician burden and cost by lowering the number of false positive cases reviewed by care providers. At the same time, the models provide early recognition of sepsis that may facilitate earlier treatment and potentially improve patient outcomes.

The few previous studies that also considered methods for early sepsis recognition are detailed in Table 9. Only one study used input features limited to those commonly found in the EHR; however it was conducted for an adult cohort [31]. Similarly, only one previous study considered an infant cohort; however it included high frequency vital sign measurements as inputs and the reported results do not include an explicit description of model sepsis prediction time relative to clinical recognition [28]. Although it is difficult to draw direct comparisons because of dataset differences, population differences, and limited reporting of outcome metrics, we did find that the best models in our study compared favorably in terms of area under the receiver operating characteristic (AUC). The best models in this study achieved
a mean AUC of 0.80–0.82 and 0.85–0.87 (see Table 4) on the CPOnly and CP+Clinical datasets, respectively, which are on par with the values of 0.74 and 0.72 reported for these two prior studies. We caution, however, that because we excluded data within 10 days of any sepsis evaluation from our analysis, it is possible that our models will not perform as well in a real-world setting in which data are evaluated during these time periods. The remaining two studies were both performed in adults and included high frequency vital sign data [22,24] which are not typically available in most EHRs. Additionally, the reported results for one of these are based on a nearly balanced test set (3:2 ratio of cases to controls) and therefore may be optimistic [22]. It is well known that class imbalance is a significant challenge for machine learning models. Our results reflect very imbalanced datasets (case prevalence of 9% and 25.0% for our CPOnly and CP+Clinical datasets, respectively) that are closer to the estimated true incidence rates that a real-world model will encounter.

A significant strength of our models is that all of the features are derived from values routinely collected in most EHRs. Further, there are several freely available software libraries that aid implementations of the machine learning methods used in our models. Once trained, the prediction models can generate new predictions for a given input quickly using only modest computational resources (e.g. a single personal computer). Given these considerations, we expect that the approach presented here is generalizable and will have the potential for adoption at many institutions. We note that the models would almost definitely require retraining for non-NICU settings, however the method should still be applicable.

There are important limitations to our current models. Most notably, the learning curves (see Fig 7) indicate the presence of variance on all models except the logistic regression model. It is possible that additional training samples may reduce model variance and improve overall performance. A general challenge in machine learning, that applies here, is the difficulty in determining the number of training examples necessary to properly fit a model. Although we continue to collect data as part of our ongoing research, it is possible that many more samples are needed than will be possible to collect in a reasonable timeframe. Model bias indicated in the learning curves also suggest that our models may be improved by adding model complexity either in the form of additional features or more complex model architectures. As part of our future research we will investigate the use of additional input features extracted from clinical notes and high frequency vital sign data as a potential approach to model improvement. An additional limitation is our use of mean imputation to address missing data, which induces bias in the relationship between variables and may not perform as well as more robust

### Table 9. Selected studies applying machine learning for sepsis recognition.

| Paper           | Population | Prediction time | Data Sources*          | Method†          | AUC  |
|-----------------|------------|-----------------|------------------------|-----------------|------|
| Desautels 2016  | Adult      | 4-hours prior   | Demographics, Clinical, Vitals | Proprietary (InSight) | 0.74 |
| Fairchild 2017  | Infant     | unspecified     | HF Vitals§              | LR              | 0.72 |
| Shashikumar 2017| Adult      | 4-hours prior   | Demographics, Clinical, HF Vitals§ | SVM             | 0.8  |
| Nemati 2017     | Adult      | 4-hours prior   | Demographics, HF Vitals§, Labs | Weibull-Cox PHR | 0.85 |

*Data sources described as “clinical” typically refer to physical exam observations (e.g. perfusion status).
†Abbreviations for methods: PHR–proportional hazard ratio; SVM–support vector machine; LR–logistic regression
‡ AUC–area under receiver operating characteristic
§High-frequency (HF) vitals: Studies that included vital sign measures every 5 seconds or more frequently were designated as “high-frequency vitals.” All other studies that included vital signs typically used measurements that were recorded hourly.

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methods, such as KNN and multiple imputation. As noted in the methods section, such approaches introduce additional tuning parameters and hence the potential for increased overfitting and reduced generalizability. However, as we continue to collect more data, the risk of overfitting may decrease so that more advanced imputation methods may be considered. An additional concern about all imputation methods, including mean, is that they are based on assumptions about the manner in which data are missing (e.g. missing at random). Alternatively, Bayesian models, such as probabilistic graphical models, can typically avoid missing data issues entirely for individual predictions by summing out the missing variables in the posterior probability estimates. We intend to evaluate these methods in our continued research.

In conclusion, our results demonstrate that several machine learning methods can be used to develop models that can help identify infant sepsis hours prior to clinical recognition while screening a large portion of negative cases and may therefore be valuable as a clinical decision support tool. In this study, the logistic regression model stood out in that it had nearly equivalent performance to the highest performing model for all analyses, while being the most resilient to overfitting. Further research is warranted to assess prediction performance improvements through inclusion of additional input features. As previously reported, challenges may be expected in translating retrospective sepsis decision support models into effective clinical tools [21,33]. Therefore, further research that includes performance of a clinical trial is necessary to measure the clinical utility of machine learning models for early recognition of sepsis in infants.

Supporting information

S1 Table. Model input features by feature group. Binary indicator variables are input as zero or one indicating presence or absence of noted observation. Normalized numerical values are input after normalizing to zero mean and unit variance. Observation frequency indicates how often the variable is typically recorded in the EHR during the course of clinical care: random—dependent on clinician observation and event occurrence; hourly—recorded hourly as part of routine care; daily or less—occur no more than once per day; once—static information. (DOCX)

S2 Table. CPOnly Hyper-parameters. Selected hyper-parameters for each fold of the nested k-fold cross-validation procedure for the CPOnly (controls and culture positive cases) dataset. Detailed definitions of each parameter are available in the Python scikit-learn documentation: https://scikit-learn.org/stable/modules/classes.html. (DOCX)

S3 Table. CP+Clinical Hyper-parameters. Table C: Selected hyper-parameters for each fold of the nested k-fold cross-validation procedure for the CP+Clinical (controls, culture positive cases, and clinically positive cases) dataset. Detailed definitions of each parameter are available in the Python scikit-learn documentation: https://scikit-learn.org/stable/modules/classes.html. (DOCX)

S4 Table. CPOnly fixed sensitivity classifier performance. Classifier model prediction performance on CPOnly (controls and culture positive cases) for fixed sensitivity ratio of 0.90 and 0.95. The probability of sepsis threshold was adjusted individually for each model in each cross validation run to achieve specified sensitivity. Each metric value is computed as the mean over 10 iterations of cross-validation. Values in brackets indicate performance range. (DOCX)
S5 Table. **CP+Clinical fixed sensitivity classifier performance.** Classifier model prediction performance on CP+Clinical (controls, culture positive cases, and clinically positive cases) for fixed sensitivity ratio of 0.90 and 0.95. The probability of sepsis threshold was adjusted individually for each model in each cross validation run to achieve specified sensitivity. Each metric value is computed as the mean over 10 iterations of cross-validation. Values in brackets indicate performance range.

(SDOCX)

S6 Table. **Feature selection.** Selected input features for each fold of the nested k-fold cross-validation procedure for the CPOnly (controls and culture positive cases) dataset. An X in the fold column j indicates feature in corresponding feature in row i was selected by the automated feature selection process (univariate mutual information).

(SDOCX)

S1 File. **Cases data file.** CSV file containing data for 375 sepsis case samples. Each row represents one case episode. Column 1, sepsis_group, indicates whether the case was a culture positive evaluation (group 1) or a clinically positive evaluation (group 3).

(CSV)

S2 File. **Controls data file.** CSV file containing data for 1,100 control samples. Each row represents one control episode.

(CSV)

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