Plasticity versus repeatability in seabird migratory behaviour

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Abstract Pelagic seabird populations can use several discrete wintering areas, but it is unknown if individuals use the same wintering area year after year. This would have consequences for their population genetic structure and conservation. We here study the faithfulness of individuals to a moulting area within and among years in a small pelagic seabird, the Thin-billed prion, which moult their primary feathers during the early part of the non-breeding period. According to stable carbon isotope ratios ($\delta^{13}C$) of these feathers, 90% of Thin-billed prions moult in Antarctic and 10% in South American waters. Repeated samples from individuals in 2 or 3 years indicated that several birds changed between Antarctic and South American moulting areas or vice versa. However, individuals moulting in an area in one year were more likely to do so again. Four out of five adults maintained highly conserved $\delta^{13}C$ over the extended moulting period. One bird, however, had systematic changes in $\delta^{13}C$ indicating latitudinal movements between the two areas during moult. Thus, the present data show that this seabird species has a highly flexible migratory strategy, not only at the population level, but also at the individual level, enabling these seabirds to exploit a highly unpredictable environment.

Keywords Microevolution · Migration · Pachyptila belcheri · Procellariiformes · Seabirds · Stable isotope analysis

Introduction

Seabird migration has not received as much attention as that of other avian groups such as passerines or waders. Although there are a few well-known examples of highly pelagic seabirds, and some of the longest migrations are known from seabirds (e.g., 64,000 km in Sooty shearwaters $Puffinus griseus$: Spear and Ainley 1999; Shaffer et al. 2006), the scarcity of ring recoveries and resightings has previously hindered progress in our knowledge on the at-sea distribution, especially of small seabird species. Recently, methodological advances have opened up several ways forward. Geolocation devices can now be used to follow medium-sized (e.g., 500 g Streaked shearwater Calonectris leucomelas: Takahashi et al. 2008; 400 g Manx shearwater Puffinus puffinus: Guilford et al. 2009) and even small birds (e.g., Stutchbury et al. 2009) over long periods, and stable isotope analysis is increasingly used to track migration across areas with a gradient in stable isotope distribution (e.g., Hobson and Wassenaar 2008; Furness et al. 2006). The Southern Ocean is such an area, as there is a strong decline in the abundance of $^{13}C$ in relation to $^{12}C$—depicted as $\delta^{13}C$ when set in relation to an international standard—between 40 and 80°S latitude (Rau et al. 1991; Quillfeldt et al. 2005, 2008; Cherel and Hobson 2007; Phillips et al. 2009).

Thin-billed prions are highly pelagic seabirds, and stable isotope data showed high flexibility in their foraging distribution both during the breeding season and during migration (Quillfeldt et al. 2008). This bird uses Antarctic
waters regularly, but not exclusively, during both the breeding and interbreeding season. For the interbreeding season, we found a bimodal distribution of $\delta^{13}$C in feathers grown during the moulting period, which suggested that most individuals migrated south to Antarctic waters (Quillfeldt et al. 2008). However, 10% of adults migrated north, which is consistent with regular winter observations of this species off Patagonia and southern Brazil. However, it is not known whether individual Thin-billed prions are faithful to their moulting areas (polar or subtropical) within and between breeding seasons. If the population contains distinct northern and southern migrants, this would have important implications on the population structure. Therefore, we ask in the present study

1. whether individuals move between northern and southern foraging areas within a season;
2. whether two contrasting migratory strategies are found within the same population, i.e., individuals moulting consistently either in northern or southern areas;
3. and, in case individuals are not specialised to specific directions, whether the proportion of birds migrating north varies between seasons?

Materials and methods

Study site and study species

The study was carried out at the New Island Nature Reserve, Falkland Islands (51°43′S, 61°17′W) during four breeding seasons 2004–2005 to 2007–2008. Thin-billed Prions are small nocturnal petrels, breeding mainly on the Falkland, Crozet and Kerguelen Islands. New Island, in the Falkland Islands, is the most important known breeding site for Thin-billed Prions with an estimated 2 million breeding pairs. The life cycle and basic biology of Thin-billed Prions have been described by Strange (1980). More recently, the feeding ecology of Thin-billed Prions was analysed using conventional diet analyses and stable isotope analyses (Cherel et al. 2002; Quillfeldt et al. 2008). Diet samples collected in February 2006 (Quillfeldt et al. 2008) were in agreement with previous studies (Strange 1980; Thompson 1989; Bocher et al. 2001; Cherel et al. 2002), suggesting that these birds feed predominantly on pelagic crustaceans (in order of importance: Themisto gaudichaudii, Euphausia vallentini, Munida gregaria, Calanus similimus, larvae of Cirripedia) and minor amounts of cephalopod tissue.

Prions Pachyptila spp. range over wide areas of ocean and are difficult to distinguish in flight, which makes direct observations of their species’ distributions nearly impossible. Information based on direct observations of Thin-billed prions is therefore limited to general descriptions such as ‘disperses widely over Southern Ocean after breeding’ (Carboneras 1992) and observations such as ‘birds from the Falklands apparently move W, gathering in large flocks off W South America’ (Carboneras 1992). This information is neither consistent with regular observations of wintering flocks off the coast of Brazil (e.g., Neves et al. 2006) nor with stable isotope data suggesting that Thin-billed prions moult predominantly in Antarctic waters (Cherel et al. 2002, 2006; Quillfeldt et al. 2008).

Sample collection

Adults were captured by hand in their nest chambers. These were reached via short access tunnels in the roof of each burrow, capped with removable stone lids. This system facilitated rapid access, reducing overall disturbance. Adults were removed from the nest and ringed with steel rings at first capture. Tail feathers (rectrices, undertail coverts or upper tail coverts) collected by gentle pulling were placed in individual plastic bags. Molecular sexing was carried out from blood samples or feathers as described in Quillfeldt et al. (2007). In analyses of subsequent years, the feather type collected and analysed was changed to avoid observer influences due to induced moult.

In 2007–2008, we collected wings of five adults found killed by Falkland skuas Catharacta antarctica or striated caracaras Phalcoboenus australis in the colony and grown in the interbreeding season, i.e., southern autumn to early winter 2007. These were used for an analysis of movements within seasons. If birds carry out large-scale movements over the moulting period, this would lead to gradual differences in carbon stable isotope ratios of successively grown feathers (e.g., Furness et al. 2006). Moult occurs outside of the breeding season (Strange 1980), and primaries are moulted sequentially and descending, starting at P1 and proceeding to P10 (Bridge 2006). Descending primary moult takes 2 to 4 months in prion species (Bridge 2006). Chicks of Thin-billed prions do not fledge until March, such that the primaries most likely represent the late autumn and early winter period (April–June).

To study individual differences in migration, we included samples of the tips of the primaries P1 to P10, marked P1a to P10a (Fig. 1). To cover a longer time, we further included the more proximal feather regions of the outermost, last grown feather (P10b–f).

Stable isotope analysis

Stable isotope analysis of feathers of the years 2004–2005 to 2007–2008 were carried out at the Leibniz Institute for Zoo and Wildlife Research, Berlin, Germany.

Small fragments of the feathers were cut from the feather tip (P1a, P2a, etc.) or more proximal feather regions (P10b–f)
using stainless steel scissors. Stable carbon and nitrogen isotope analyses were carried out on 0.35 mg aliquots, weighed into tin cups. We selected feathers free from any obvious contamination. Studies have shown that carbon means did not shift when feathers were cleaned, supporting the notion that carbon stable isotope ratios are robust to minor contamination (Mizutani et al. 1992; Paritte and Kelly 2009). As cleaning agents may remove contaminants but may also change feather isotope values, either by leaving a residue with a different enough stable isotope ratio to change the measured value or by causing atom exchange (e.g., Paritte and Kelly 2009), we decided not to apply a cleaning protocol.

Carbon and nitrogen isotope ratios were measured simultaneously by continuous-flow isotope ratio mass spectrometry using a Flash Elemental Analyser (Thermo Finnigan, Bremen, Germany) linked to a Delta V Advantage Isotope Ratio Mass Spectrometer (Thermo Finnigan, Bremen, Germany). Two laboratory standards were analysed for every ten unknown samples, allowing any instrument drift over a typical 14-h run to be corrected. Stable isotope ratios were expressed in δ notation as parts per thousand (‰) deviation from the international standards V-Pee dee belemnite (carbon) and AIR (nitrogen), according to the following equation:

\[
d\delta X = \frac{R_{\text{sample}}}{R_{\text{standard}}} - 1 \times 1000 \]

where \( X \) is \(^{15}\text{N} \) or \(^{13}\text{C} \) and \( R \) is the corresponding ratio \(^{15}\text{N}/^{14}\text{N} \) or \(^{13}\text{C}/^{12}\text{C} \). Based on internal standards (\( N = 165 \), tyrosin; Roth, Germany), the analytical precision (±1 SD) equalled ±0.16‰ and ±0.29‰ for \( \delta^{15}\text{N} \) and \( \delta^{13}\text{C} \), respectively.

Additionally, feathers of the years 2004–2005 and 2005–2006 analysed at the NERC stable isotope facility at SUERC Glasgow as described previously (Quillfeldt et al. 2008) were included in the dataset.

Data analysis

Data analysis was carried out using SigmaStat 2.03 and SPSS 11.0. We checked for deviations from normality with Kolmogorov–Smirnov tests. Homogeneity of error variances was checked by plotting residuals against predicted values. Stable isotope ratios of feathers from adult birds did not have equal variances, while population data were not normally distributed. We thus used nonparametric tests throughout. Significance was assumed at \( \alpha < 0.05 \), and means are given with standard errors.

The cut-off point between ‘northern’ and ‘southern’ moulting birds was defined as \( \delta^{13}\text{C} = -21\%_\text{o} \). This was based on a frequency distribution of observed \( \delta^{13}\text{C} \) values, which had a large peak at \( -25\%_\text{o} \), a smaller peak at \( -19\%_\text{o} \), and a minimum at \( -21\%_\text{o} \) (Fig. 2). Values \(< -23\%_\text{o} \) indicate high-Antarctic waters, thus the large peak at \( -25\%_\text{o} \) corresponding to Antarctic moulting grounds (e.g., Quillfeldt et al. 2008). As there is very little longitudinal variation in POM isoscapes within high-Antarctic waters, the ‘southern’ moulting birds can potentially forage in a large area around Antarctica at the same latitudes. The more northern \( \delta^{13}\text{C} \) values peaking at \( -19\%_\text{o} \) corresponded to more northern moulting grounds, although exact locations are almost impossible to locate because of the lack of appropriate isoscapes and isotope gradients at latitudes north of 40°S (e.g., Quillfeldt et al. 2005).

For the comparison between years and sexes, we used independent samples by including each bird only at first capture.

Results

Movements within a year

Individuals were remarkably constant in their \( \delta^{13}\text{C} \) values across the primaries P1a to P10a. All five individuals differed in their \( \delta^{13}\text{C} \) (Fig. 3, Friedman repeated measures...
ANOV A on ranks, $\chi^2 = 37.4$, $df = 4$, $p < 0.001$, Tukey post-hoc test determined each bird as a homogenous subset). Three individuals moulted exclusively in the southern area (white symbols) and one in the north (grey symbols). The fifth bird (black symbols) moved north during the later part of the moult, indicated by gradually increasing $\delta^{13}C$ values.

Migration strategies on the individual level

Of 81 adults sampled in two seasons, 68 (84%) had isotope signatures typical for southern moult ing habitats in both years, ten (12%) had spent one moult ing period south and one north, and three (4%) went north in both years. The observed values for moving into the same direction again year after year were larger than expected (Fig. 4, Fisher’s exact test, $p = 0.027$).

Of 21 adults sampled in three seasons, 16 (76.2%) had southern isotope signatures in all 3 years, four (19.0%) had spent two moult ing periods south and one north and one (4.8%) went north for two seasons. None of the birds went north for all three moult ing periods, indicating that the population does not contain ‘northern specialists’. 

Migration strategies on the population level

The proportion of birds migrating north equalled 10.9% (36 of 331 birds). This ratio did not differ among the sexes ($\chi^2 = 0.004$, $df = 1$, $p = 0.952$, 10.6% of 151 males migrated north, compared to 10.1% of 139 females). The proportion of birds migrating north did not differ among years ($\chi^2 = 3.0$, $df = 3$, $p = 0.392$), being 8.4% (seven of 83 adults) in feathers collected in 2005, 6.9% in 2006 ($n = 29$), 14.3% in 2007 ($n = 140$) and 8.9% in 2008 ($n = 79$). The power of the performed test (0.264) was below the desired power of 0.80.

The feathers collected in different years varied in their $\delta^{13}C$ and $\delta^{15}N$ values (Table 1, Fig. 5, see legend for statistical details), especially the year 2008 was characterised by low $\delta^{13}C$ and high $\delta^{15}N$ values. This was not caused by a potential bias from data collected from birds with northward migratory route, as the statistical results, including the homogenous subsets determined by the post-hoc tests, remained unchanged after removing the northern birds from the dataset.

Discussion

The present data demonstrate a high plasticity in migratory behaviour of a small seabird: In general, Thin-billed prions

![Fig. 3](image-url) Within-winter consistency of stable isotope ratios in primaries of five Thin-billed prions. Three individuals moulted exclusively in the southern area (white symbols) and one in the north (grey symbols). The fifth bird (black symbols) moved north during the later part of the moult, indicated by gradually increasing $\delta^{13}C$ values.

![Fig. 4](image-url) Comparison of observed and expected frequencies of migration areas in 81 Thin-billed prions sampled over 2 years, according to stable isotope signatures in tail feathers.
move south for the moult period and stay there, except for a few individuals, but individuals may change their migratory direction again in the next year. These findings shed new light on migratory strategies of seabirds.

Some seabird species are sedentary, while others migrate over extreme distances. Thus far, few species have been studied in sufficient detail and number, particularly with respect to individual migration strategies. However, the few published studies suggest that a high plasticity in migratory directions, as found in the present study, is more common than previously anticipated. For example, a satellite transmitter study showed that about half of the Great Skuas *Stercorarius skua* from Foula, Shetland wintered over the continental shelf off Iberia and about half moved to the continental shelf off West Africa (Furness et al. 2006). In a stable isotope study of Wilson’s storm-petrels *Oceanites oceanicus* from the South Shetlands, four of the 63 sampled birds moulted in a separate, northerly area to the remaining birds (Gladbach et al. 2007). Further, a study of Cory’s shearwaters using geolocators found North Atlantic and Mediterranean birds of this species use three wintering areas, associated with upwelling systems of the tropical and south Atlantic (González-Solís et al. 2007). Similarly, Sooty shearwaters breeding in New Zealand travelled across the equator to the North Pacific to three discrete regions off Japan, Alaska or California (Shaffer et al. 2006), and Northern Gannets *Morus bassanus* used four different wintering areas (Kubetzki et al. 2009).

However, in these four examples the general direction of the migration is constant, while only the distance travelled or the final wintering area differed. Also, the examples above follow the most common pattern of equatorward or trans-equatorial migration. In contrast, Thin-billed prions are unusual as they may move in contrary directions, polewards or equatorwards from their breeding site. While most Thin-billed prions from the Falkland Islands spend the moult period in Antarctic waters, about 10% of adults spent the interbreeding period in a more northern foraging area according to a

| Year | N  | \(\delta^{13}C\) (‰) | \(\delta^{15}N\) (‰) |
|------|----|----------------------|----------------------|
|      |    | Mean | SD | Min | Max | Mean | SD | Min | Max |
| 2005 | 83 | -24.2 | 2.1 | -26.1 | -14.7 | 8.9 | 2.1 | 7.1 | 17.0 |
| 2006 | 29 | -24.9 | 2.4 | -28.1 | -18.3 | 8.5 | 2.2 | 6.5 | 16.7 |
| 2007 | 140| -23.1 | 2.1 | -26.4 | -16.9 | 9.9 | 2.3 | 7.1 | 16.3 |
| 2008 | 79 | -24.0 | 2.1 | -27.6 | -16.6 | 9.2 | 1.6 | 7.1 | 16.5 |

Table 1: Stable carbon and nitrogen isotope ratios in tail feathers of adult Thin-billed prions sampled over 4 years.

**Fig. 5** Stable carbon and nitrogen isotope ratios in tail feathers of adult Thin-billed prions sampled over 4 years. Boxplots show medians, fifth and 95th percentiles, and outliers. The birds differed among years in both their \(\delta^{13}C\) values (ANOVA on Ranks, \(H=73.8, df\,3, p<0.001\)) and \(\delta^{15}N\) values (\(H=73.8, df\,3, p<0.001\)). Letters over the boxes indicate homogenous subsets determined by post-hoc tests (Dunn’s method).
smaller sample of feathers (Quillfeldt et al. 2008). We here analysed a larger sample size and number of years and included repeated samples for known (ringed) individuals in two or three moulting periods.

With the larger sample size, we found a consistent pattern of 10.9% of birds migrating north, with no major inter-year variations. The relatively minor changes in carbon signatures among years (Fig. 5) might be due to baseline changes in the isotopic signatures or to changes in the movements of the birds. To the best of our knowledge, there are no rigorous studies showing the accuracy and consistency of the geographic gradients in carbon signatures over the years.

Do individuals move between northern and southern foraging areas within a moulting season?

Of five individuals, we analysed series of primary feathers, covering an estimated 3 to 4 months of the autumn to early winter period. Four birds, one in the north and three in the south, maintained constant $\delta^{13}$C and $\delta^{15}$N values very constant over the moult period, indicating no major latitudinal movements.

A single bird showed a systematic change in its $\delta^{13}$C and to a lesser extent, $\delta^{15}$N values. This indicated that after starting moult in Antarctic waters, the bird moved north during the moult period. As the tail feathers are moulted towards the end of the wing moult, using tail feathers for the analysis would increase the likelihood to classify such a far-ranging bird as ‘northern migrant’. To take such movements into account, future studies from live birds might sample a piece of an inner primary (P1 or P2), representing the autumn to early winter, and a piece of a tail feather representing a later winter period. As whole wings were collected from birds found dead, we did not know the exact status (immatures vs. adults breeders, non-breeders or failed breeders) of the five individuals. In several seabird species, immature birds are known to wander more extensively than successful breeders. Thus, the prion exhibiting a progressive shift in its moultng area might have been an immature bird.

However, it seems clear from the present results that in most cases, the non-breeding movements of Thin-billed prions can be divided into a phase of large-scale migration and small-scale movements within a well-defined moultng area, where they remain during the whole moult. Thus, movements within the moultng period alone do not explain the observed bidirectional pattern of migration. A similar pattern has been found in Cory's shearwaters (González-Solis et al. 2007) and Sooty shearwaters (Shaffer et al. 2006), where individuals migrated rapidly to one of three main wintering grounds and remained there until their homework migration.

Are individuals faithful to their moultng area among years?

Fidelity to wintering areas (also termed ‘winter philopatry’, e. g., Robertson and Cooke 1999) and to intermediate staging sites is well documented for many bird species (e.g., waterfowl: Iverson et al. 2004; Guillemain et al. 2009, waders: Gunnarsson et al. 2004, passeriformes: Koronkiewicz et al. 2006). However, winter philopatry is not universal (Robertson and Cooke 1999; Mehl et al. 2004), and thus, it cannot be assumed that migration strategies are necessarily fixed from 1 year to the next (Phillips et al. 2005).

Wintering site philopatry has previously been observed in two albatross species (Phillips et al. 2005; Croxall et al. 2005). By using stable isotopes, we, here, were able to study whether a small marine bird repeatedly uses the same wintering area year after year. According to Berthold (1996), an inherited endogenous time and direction programme controls migratory traits, which is subject to selection and rapid adaptation through microevolution. Following this line of argument, we expected the direction of birds to be endogenously determined and thus, constant over the years.

Repeated samples for known (ringed) individuals in two or three moultng periods provided evidence against the hypothesis that there are two strategies within the same population, i.e., individuals moultng consistently either in northern or southern areas. Of 21 adults sampled in three seasons, no birds went north for all three winters, indicating that the population does not contain ‘northern specialists’. Individuals can change from being southerly migrants one year to moult in South American waters in the next. However, more individuals than expected by chance showed consistent behaviour among years, thus suggesting some genetically determined predisposition, as found in other birds (e.g., Pulido et al. 1996).

How do Thin-billed prions decide where to migrate? The mechanisms might be similar to the threshold model (Berthold et al. 1990; Pulido et al. 1996) described in partially migratory songbirds, i.e., populations that are composed of individuals that migrate and individuals that remain resident. There, individuals can change from being migrants one year to becoming residents the next (e.g., Able and Belthoff 1998), which is somewhat similar to our findings, although we do not exactly know the location and extent of movement of the northern moultng Thin-billed prions. Whether an individual migrates or not is determined by a threshold that may not be fixed but influenced both genetically and environmentally (Pulido et al. 1996). Genetically, animals differ in their individual disposition for migration, while external factors such as population density and winter food sources (Nilsson et al. 2006) may influence in addition whether or in what direction a bird migrates. According to the threshold model, all birds have
migratory activity, although in residents this is below a limit of expression or detection. The proportion of individuals that express migration in a population can range from close to 0 for fully resident species to close to 1 for fully migratory species or populations (Berthold et al. 1990; Pulido et al. 1996; Berthold 1999). Thin-billed prions would be classified as fully migratory as they disappear from the breeding areas in the breeding season. If this was the case, then northern migrants might be classified ‘residents’ and the decision to migrate either north or south might depend largely on individual migratory activity and to a lesser degree on external factors, as in most partial migrants.

In the present study, the proportion of birds migrating north ranged between 7% and 14%, but our sample size did not allow us to determine whether there were significant differences between years. In the year 2008, the birds had lower δ13C and higher δ15N values even within the southern area, suggesting that the moulting area was less productive (lower δ13C, see e.g., Fry and Wainright 1991) or birds took different zooplankton (higher δ15N) than in the other years. However, the proportion of birds using this area in 2008 was not different from average. Thus, at present we have little evidence that the birds adjust their migratory strategy to environmental conditions in either their northern or southern moulting area. To determine the wintering areas and possible winter food sources, future stable isotope studies should be combined with tracking studies using geolocators. This basic information will then enable us to look for the factors determining how individuals use wintering areas according to external factors and individual disposition.

In conclusion, the present data show for the first time that migratory behaviour in a marine bird species is highly flexible. The birds have a tendency to use a specific moulting area, suggesting potential for microevolution of migratory behaviour. However, individuals are not restricted to one area or migratory direction and can change moulting period areas within and between seasons. Such high flexibility is most likely advantageous, as it enables Thin-billed prions to exploit a highly unpredictable environment.

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Ethical standards The field protocols complied with the laws and were approved by the Falkland Islands Government (Environmental Planning Office).

Conflict of interest The authors declare that they have no conflict of interest.

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