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The use of a rescue stent in the management of lumen-apposing metal stent migration during EUS-directed transgastric ERCP with stent-in-stent technique to remove a forgotten metal biliary stent

Jessica Jou, MD, Andrew Watson, MD, Tobias Zuchelli, MD

Roux-en-Y gastric bypass poses a unique set of challenges during ERCP. Conventional approaches include laparoscopic-assisted ERCP and balloon-assisted enteroscopy. Laparoscopic-assisted ERCP is invasive and requires coordination between a surgeon and gastroenterologist. Balloon-assisted ERCP has a lower procedural success rate (60%-80%), and the size of the working channel can limit interventions. EUS-directed transgastric ERCP (EDGE) (Fig. 1) allows for a same-day or multistep procedure by creating a gastrogastric fistula, allowing endoscopic access to the biliary tree via the excluded stomach.3-5

A 73-year-old man with a history of Roux-en-Y gastric bypass underwent a laparoscopic-assisted ERCP and cholecystectomy 4 years earlier for choledocholithiasis. A fully covered metal stent was placed for a narrowing in the terminal bile duct and was forgotten until the patient presented to our institution with elevated liver function tests and pain. Imaging demonstrated stent occlusion and partial migration.

Same-day EDGE was planned because the patient lived 4 hours away and was symptomatic. EUS was used to identify the remnant stomach (Fig. 2). A 19-gauge Boston Scientific Expect FNA needle was used to puncture the gastric remnant, which was filled with normal saline solution and dilute contrast to provide a larger target for lumen-apposing metal stent (LAMS) placement (Fig. 3). A Boston Scientific (Marlborough, Mass, USA) AXIOS-EC 20-mm × 10-mm LAMS was placed under fluoroscopic and endoscopic guidance and dilated to 20 mm (Fig. 4).

Figure 1. EUS-directed transgastric ERCP procedure.2

Figure 2. Identification of the remnant stomach on EUS using the sand-dollar sign.

Figure 3. Expansion of the remnant stomach with the use of dilute contrast.
The stent was sutured to the gastric pouch using an Apollo overstitch to limit the risk of migration. Looping in the excluded stomach precluded passage of the duodenoscope across the pylorus, and the procedure was aborted to allow the tract to mature. After withdrawal of the duodenoscope, free air was appreciated on fluoroscopy, and endoscopic evaluation demonstrated partial dislodgement of the LAMS with associated perforation. Because guidewire access to the excluded stomach was maintained throughout the procedure, we were able to remove the LAMS, suction free fluid from the peritoneum, and place overlapping through-the-scope (TTS) Tae-Woong (Tae-Woong Medical, South Korea) 20-mm × 6-cm and 20-mm × 8-cm fully covered metal stents to bridge the perforation. Two stents were used owing to concern that the first stent did not adequately cover the perforation. The patient was admitted for observation and was discharged the next day.

On repeat ERCP, the previously placed metal biliary stent could not be removed despite attempts with multiple devices, likely owing to stent in-growth from prolonged placement. A 10-mm × 8-cm fully covered Wallflex (Boston Scientific) metal biliary stent was placed through the indwelling biliary stent to allow for removal via the stent-in-stent technique (Fig. 5), which is thought to create pressure ischemia and necrosis of the granulation tissue, thereby facilitating removal of both stents simultaneously.6-8 Both stents were easily and successfully removed using a snare on follow-up ERCP and were replaced with a plastic biliary stent to ensure adequate drainage (Figs. 6 and 7).

On final ERCP, the bile duct was cleared, all stents were removed (Fig. 8), and the gastrogastric fistula was closed.

**Figure 4.** Endoscopic view after lumen-apposing metal stent placement, with guidewire access between the 2 stomachs.

**Figure 5.** Placement of fully covered metal biliary stent within the indwelling biliary stent to allow for stent-in-stent removal technique.

**Figure 6.** Successful simultaneous removal of both biliary stents.

**Figure 7.** Placement of a plastic biliary stent after removal of indwelling biliary stent.
via endoscopic suturing (Fig. 9). The patient did well, with no adverse events or weight regain months later.

LAMS migration is a known adverse event of EDGE, reported in 15% to 40% of cases.9 This can occur despite safeguards, including suturing the stent in place, and can result in GI bleeding or perforation. The use of a guidewire to maintain access between the 2 parts of the stomach can allow for intraprocedural rescue techniques, such as the use of TTS fully covered metal stents, for the management of iatrogenic perforation.10 This case highlights the use of TTS esophageal stents as a rescue technique to treat a migrated LAMS during EDGE and the use of the stent-in-stent technique to extract a difficult-to-remove indwelling biliary stent (Video 1, available online at www.VideoGIE.org).

DISCLOSURE

Dr Zuchelli is a consultant for Boston Scientific. All other authors disclosed no financial relationships.

Abbreviations: EDGE, EUS-directed transgastric ERCP; LAMS, lumen-opposing metal stent; TTS, through the scope.

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