Long non-coding RNA \textit{H19} and \textit{MALAT1} gene variants in patients with ischemic stroke in a northern Chinese Han population

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Abstract

Objectives Long non-coding RNAs (lncRNAs) have been identified as key regulators in the development of atherosclerosis, which is a major cause of ischemic stroke. However, to date, there are no reports on the association between lncRNA gene variation and the risk of ischemic stroke. Therefore, we assessed the association between \textit{H19} and \textit{MALAT1} gene polymorphisms and susceptibility to ischemic stroke in a northern Chinese Han population. Methods In our study, we genotyped four genetic variations in lncRNA-\textit{H19} and -\textit{MALAT1} (rs217727, rs2251375, rs619586, and rs3200401) in a case–control study of 567 ischemic stroke patients and 552 control subjects. Results We found that the TT genotype of the rs217727 polymorphism within \textit{H19} was significantly associated with increased risk of ischemic stroke in our northern Chinese Han population (odds ratio (OR) = 1.519, 95% confidence interval (CI) = 1.072–2.152, \(p = 0.018\)). Stratified analysis based on stroke subtype revealed that the increased risk was more evident in small vessel ischemic stroke (OR = 1.941, 95% CI = 1.260–2.992, \(p = 0.02\)). Individuals with the TT genotype had a 1.941 times higher risk of small vessel ischemic stroke when compared with the subjects of CC + CT. These correlations remained after adjusting for confounding risk factors of stroke (OR = 1.913, 95% CI = 1.221–2.998, \(p = 0.005\)). However, there was no significant association between \textit{H19} rs2251375 or \textit{MALAT1} rs3200401 and ischemic stroke in either total population analysis or subgroup analysis. Conclusion In conclusion, our findings suggest that the \textit{H19} rs217727 gene polymorphism contributes to small vessel ischemic stroke susceptibility in the Chinese Han population and may serve as a potential indicator for ischemic stroke susceptibility.

Keywords: Ischemic stroke, Gene variants, \textit{H19}, \textit{MALAT1}

Introduction

Ischemic stroke (IS) is a major threat to health and quality of life in modern society [1]. Studies have identified a series of new candidate gene loci that may contribute to the pathogenesis of IS [2]. In recent years, increasing evidence suggests that new candidate markers long non-coding RNAs (lncRNAs), which are functional RNA molecules that are not translated into proteins, contribute to atherosclerotic-related disease [3]. Research into lncRNAs in IS is just beginning. In light of their abundant expression and strong functions, which have been reported previously, lncRNAs show promise as novel therapeutic targets for IS [4]. Due to the limited window of thrombolytic therapy, the development of new therapies is urgently required.

Non-coding RNA (ncRNA) can be classified into short and long ncRNAs. LncRNAs are a subclass of non-coding RNAs with lengths of more than 200 nucleotides, and lack protein-encoding capacity. They are thought to function through a variety of mechanisms, such as in transcription, translation, genome rearrangement, and chromatin modification [4]. LncRNAs can regulate gene expression at various levels, including through epigenetic, transcriptional, and posttranscriptional regulation [5, 6]. LncRNAs also affect microRNA (miRNA) functions by controlling pre-mRNA splicing or by acting as miRNA sponges. Studies have also suggested that genetic variation in
LncRNAs may influence lncRNA expression, the process of splicing, and the stability of mRNA conformation, and thus affect disease susceptibility [7–9]. Notably, previous studies have suggested that miRNA single nucleotide polymorphisms (SNPs) are associated with the development of IS [10]. Due to the various functions of lncRNA and its regulatory role as competing endogenous RNA (ceRNA; or miRNA sponges), it may be reasonable to speculate that lncRNAs directly contribute to the development of IS [11].

Recent studies have demonstrated that lncRNAs are differentially expressed in IS patients, and that the expression of selected lncRNAs change over time after IS [12, 13]. Han et al. [14] identified that H19 is overexpressed in human atherosclerotic plaques and in rat vascular smooth muscle cells after injury. Furthermore, Wang et al. [15] reported that lncRNA H19 plays an important role in the process of cerebral I/R injury through its regulation of autophagy activation and apoptosis. Moreover, recent studies also found that polymorphisms in H19 are associated with risk factors for IS including obesity, birth weight, and blood pressure [16, 17]. We thus speculated that H19 polymorphisms are associated with IS risk. Recently, the lncRNA metastasis-associated lung adenocarcinoma transcript-1 (MALAT1) has been shown to exert a pivotal role in endothelial cell functions and angiogenesis [18]. MALAT1 is upregulated in endothelial cells in response to hypoxia, and knocking down MALAT1 promotes endothelial cell migration and inhibits endothelial cells proliferation [19]. In addition, a recent study revealed that MALAT1 is involved in inflammation and can facilitate the inflammatory cascade by upregulating IL-6 and TNF-a expression [20]. Moreover, endothelial cell dysfunction and inflammation of the vessel wall are thought to be the key events in atherosclerosis progression. This evidence suggests that MALAT1 and H19 may play an important role in the pathogenesis of IS.

However, no studies have reported on the association between genetic variants of H19 and MALAT1 and the risk of IS. Thus, we genotyped four lncRNA SNPs (H19: rs217727, rs2251375; MALAT1: rs619586, rs3200401) in a case–control study of 567 IS patients and 552 healthy controls from the Chinese Han population.

**Methods**

**Study subjects**
A total of 567 IS patients and 552 control subjects were enrolled for this case–control study. All patients were from the Department of Neurology at the First Affiliated Hospital of China Medical University. The rules for inclusion of patients and controls were as described in our previous manuscript [21]. According to TOAST typing, patients were classified into two subtypes: large-artery atherosclerosis (LAA) and small-vessel occlusive (SVO) stroke, while other subtypes were excluded from this study [22]. This study was approved by the ethics committee of the First Affiliated Hospital of China Medical University in accordance with the principles of the

**Table 1** Primer sequences and probes for LDR of H19 and MALAT1

| SNPs    | Primer sequences and probes                                      |
|---------|------------------------------------------------------------------|
| rs217727F | CCGTCTCCACACTTCCAACAGG                                       |
| rs217727FA | TACGGTTATTCGGGCTCCTTGTGG                                       |
| rs217727FG | TTCCCGGTCAGTATGATGCTGGG                                       |
| rs217727FP | CCRAGGGGTGGCCRTGAATTTT TTTTT TTTTT TTTTT TTTTT TTTTT TTTTT |
| rs217727R | CCGAGGTCCACATCGCCACACAT                                       |
| rs2251375F | TGCCTGGGCTCCTGTGGGGCTCA                                       |
| rs2251375FA | TCTCAGGTTCTGAGTATGCTGGG                                       |
| rs2251375FC | ACCACTCGGGTGTGGGGGGAAG                                       |
| rs2251375FP | ACTCATACGGGTGAAGGG GGAAG                                       |
| rs2251375R | AGCCACAGCTCGGGTCAACGTCG                                       |
| rs3200401F | CCACGGCAATGCAGTGGTGGGGG                                       |
| rs3200401R | ACTTCTACCGGGTGGCCCTGTGGGG                                       |
| rs3200401RC | TTTCGGCTCTGAGTATGCTGGG                                       |
| rs3200401RP | ACCTGAAGGCAACAACGCTGA                                       |
| rs3200401RT | TACTGGGTATTCGGGCTCTTGTGGG                                       |
| rs619586F | GCAACGATGGTGGGGGGAAGG                                       |
| rs619586R | CGCGTCCATGCACACACTCCCTCACA                                      |
| rs619586RA | TTTCGGGACTATGGTGGGGGGAAG                                       |
| rs619586RG | TTTCGGGACTATGGTGGGGGGAAG                                       |
| rs619586RP | AGGTATAGGTTAACCACCTTGGGGAAG                                       |

**Table 2** Clinical characteristics of the case and control

|                       | Case (n = 567) | Control (n = 552) | P value |
|-----------------------|---------------|------------------|---------|
| Age (mean ± SD)       | 61.72 ± 10.17 | 61.9 ± 9.52      | 0.677   |
| Male gender, n (%)    | 364 (64.2%)   | 348 (63.0%)      | 0.668   |
| Hypertension, n (%)   | 396 (69.8%)   | 320 (57.9%)      | 0.000   |
| Diabetes, n (%)       | 213 (37.5%)   | 124 (22.3%)      | 0.000   |
| Hypercholesterolemia, n (%) | 259 (45.7%) | 204 (36.9%)      | 0.003   |
| Smoking, n (%)        | 204 (35.9%)   | 107 (19.4%)      | 0.000   |
| Alcohol drinker, n (%)| 113 (19.9%)   | 65 (11.8%)       | 0.000   |
| BMI (Kg/m2)           | 25.05 ± 3.70  | 25.34 ± 3.30     | 0.285   |
Helsinki Declaration. Written informed consent was obtained from all participants.

SNP selection
Using dbSNP database (https://www.ncbi.nlm.nih.gov/snp/) and Haploview 4.2 software, we selected tagging SNPs within the MALAT1 and H19 gene region according to the criteria of minor allele frequency more than 5% in Chinese Han population. Additionally, linkage disequilibrium value r2 should be less than 0.8 for the candidate SNP. Moreover, these four well-known lncRNA polymorphisms (rs217727, rs2251375, rs619586, and rs3200401) have been studied and were found to be associated with the risk of various diseases [23–27]. These four lncRNA polymorphisms (rs217727, rs2251375, rs619586, and rs3200401) were identified.

DNA extraction and genotyping
Genomic DNA from each sample was extracted using a DNA blood mini kit, following the manufacturer's protocol (Promega, Madison, USA). Genotyping of the SNPs (rs217727, rs2251375, rs619586, and rs3200401) was carried out using the polymerase chain reaction–ligase detection reaction (PCR-LDR) method. The sequences of primers for PCR are shown in Table 1. The PCR programs were as follows: 95 °C for 2 min; 11 cycles of 94 °C for 20 s, 65 °C for 40 s, and 72 °C for 90 s; 24 cycles at 94 °C for 20 s, 59 °C for 30 s, and 72 °C for 90 s; and a final extension step at 72 °C for 2 min. The following LDR was carried out with a final volume of 10 μl, containing 1 μl 10× ligation buffer, 2 μl PCR product, 6 μl double-distilled H2O, 0.4 μl of each discriminating probe, and 0.25 μl Taq DNA ligase. The LDR parameters were as follows: 38 cycles of 94 °C for 60 s and 56 °C for 4 min. After the reaction, the LDR product was then analyzed using the ABI 3730XL DNA Sequencer.

| Table 3: Allele and genotype frequencies of H19 rs217727 for IS patients and the control group |
|--------------------------------------------------|----------------|--------|----------|---------|
| Genotype                                         | Case | Control | p       | OR 95%CI |
| CC                                               | 218  | 217     | Reference |
| CT                                               | 259  | 274     | 0.638   | 0.941   | 0.73–1.212 |
| TT                                               | 90   | 61      | 0.044   | 1.469   | 1.009–2.138 |
| Dominant effect                                  |      |         |         |         |
| CT + TT vs CC                                    | 349/218 | 335/217 | 0.767   | 1.037   | 0.815–1.319 |
| Recessive effect                                 |      |         |         |         |
| TT vs CT + CC                                    | 90/477 | 61/491  | 0.018   | 1.519   | 1.072–2.152 |
| Allele                                           |      |         |         |         |
| T                                                | 439  | 396     | 0.164   | 1.129   | 0.951–1.341 |
| C                                                | 695  | 708     | Reference |

| Table 4: Allele and genotype frequencies of H19 rs2251375 for the patients with IS and the control group |
|--------------------------------------------------|----------------|--------|----------|---------|
| Genotype                                         | Case | Control | p       | OR 95%CI |
| CC                                               | 176  | 178     | Reference |
| CA                                               | 279  | 274     | 0.829   | 1.030   | 0.789–1.345 |
| AA                                               | 112  | 100     | 0.473   | 1.133   | 0.806–1.593 |
| Dominant effect                                  |      |         |         |         |
| CA + AA vs CC                                    | 391/176 | 374/178 | 0.665   | 1.057   | 0.822–1.360 |
| Recessive effect                                 |      |         |         |         |
| AA vs CA + CC                                    | 112/455 | 100/452 | 0.485   | 1.133   | 0.825–1.501 |
| Allele                                           |      |         |         |         |
| A                                                | 503  | 474     | Reference |
| C                                                | 631  | 630     | 0.498   | 1.059   | 0.896–1.252 |

| Table 5: Allele and genotype frequencies of MALAT1 rs3200401 for the patients with IS and the control group |
|--------------------------------------------------|----------------|--------|----------|---------|
| Genotype                                         | Case | Control | p       | OR 95%CI |
| CC                                               | 406  | 397     | Reference |
| CT                                               | 150  | 146     | 0.973   | 1.005   | 0.77–1.312 |
| TT                                               | 11   | 9       | 0.695   | 1.195   | 0.649–2.915 |
| Dominant effect                                  |      |         |         |         |
| CT + TT vs CC                                    | 161/406 | 155/397 | 0.907   | 1.016   | 0.783–1.318 |
| Recessive effect                                 |      |         |         |         |
| TT vs CT + CC                                    | 11/556 | 9/543   | 0.696   | 1.194   | 0.491–2.903 |
| Allele                                           |      |         |         |         |
| T                                                | 172  | 164     | Reference |
| C                                                | 962  | 940     | 0.836   | 1.025   | 0.813–1.292 |

| Table 6: Allele and genotype distributions of MATAL1 rs619586 for the patients with IS and the control group |
|--------------------------------------------------|----------------|--------|----------|---------|
| Genotype                                         | Case | Control | p       | OR 95%CI |
| AA                                               | 465  | 464     | Reference |
| AG                                               | 97   | 87      | 0.509   | 1.113   | 0.811–1.527 |
| GG                                               | 5    | 1       | 0.104   | 4.989   | 0.581–42.87 |
| Dominant effect                                  |      |         |         |         |
| GG + AG vs AA                                    | 102/465 | 88/464  | 0.362   | 1.157   | 0.846–1.581 |
| Recessive effect                                 |      |         |         |         |
| GG vs AA+AG                                      | 5/562 | 1/551   | 0.109   | 4.902   | 0.571–42.094 |
| Allele                                           |      |         |         |         |
| G                                                | 107  | 89      | Reference |
| A                                                | 1027 | 1015    | 0.25    | 1.188   | 0.885–1.595 |
5% of the samples were randomly selected for repeated genotyping. Repeatability of results was 100%.

**Statistical analysis**

Differences in the distribution of demographic variables and genotypes were evaluated by Pearson’s $\chi^2$ test or the Student’s $t$ test. The Hardy–Weinberg equilibrium was evaluated by the $\chi^2$ test for genotypes in two groups. The odds ratio (OR) and 95% confidence interval (CI) from logistic regression analyses were calculated to estimate the association between lncRNA polymorphisms and risk of IS. Genotype frequencies were compared between cases and controls under the additive model, dominant model, and recessive model. A $p$ value of less than 0.05 for two-sided was considered statistically significant. All analyses were conducted with SPSS 16.0 software.

### Results

The characteristics of cases and controls are presented in Table 2. There was no significant difference between IS patients and controls in age (61.9 ± 9.52 vs. 61.7 ± 10.17) and gender (male 64.2% vs. 63%). However, the prevalence of conventional risk factors for IS, such as drinking, smoking, hypertension, diabetes mellitus, and hyperlipidemia was significantly greater in the IS patient group than in the control group.

All of the polymorphism frequencies followed the Hardy–Weinberg equilibrium ($p = 0.284$ for rs3200401, $p = 0.137$ for rs619586, $p = 0.064$ for rs217727, and $p = 0.76$ for rs2251375) in 552 healthy controls. The frequencies of CC, CT, and TT genotypes for the rs217727 polymorphism in patients were 38.4, 45.8 and 15.9%, while in controls, the values were 39.3, 49.6, and 11.1%, respectively. The frequencies of the rs217727 C and T alleles were 61.2 and 38.7% in patients and 64.1 and 35.7% in controls.

### Table 7 Allele and genotype frequencies of H19 rs217727 and its relationship with stroke subtypes

| Genotype | LAA Case | Control | P   | OR   | 95%CI          | SVO Case | Control | P   | OR   | 95%CI          |
|----------|----------|---------|-----|------|----------------|----------|---------|-----|------|----------------|
| CC       | 139      | 217     |     |      | Reference      | 79       | 217     |     |      | Reference      |
| CT       | 168      | 274     | 0.765 | 0.957 | 0.719–1.275    | 91       | 274     | 0.607 | 0.912 | 0.643–1.295    |
| TT       | 49       | 61      | 0.304 | 1.254 | 0.814–1.932    | 41       | 61      | 0.010 | 1.846 | 1.151–2.961    |

Dominant effect

| CT + TT vs CC | 217/139 | 335/217 | 0.936 | 1.011 | 1.011          | 132/79   | 335/217 | 0.635 | 1.082 | 0.780–1.501    |

Recessive effect

| TT vs CT + CC | 49/307 | 61/491 | 0.221 | 1.285 | 0.77–1.329     | 41/170   | 61/491 | 0.02  | 1.941 | 1.260–2.992    |

### Table 8 Allele and genotype frequencies of H19 rs2251375 and its relationship with stroke subtypes

| Genotype   | LAA Case | Control | P   | OR   | 95%CI          | SVO Case | Control | P   | OR   | 95%CI          |
|------------|----------|---------|-----|------|----------------|----------|---------|-----|------|----------------|
| CC         | 115      | 78      |     |      | Reference      | 61       | 178     |     |      | Reference      |
| CA         | 179      | 274     | 0.942 | 1.011 | 0.740–1.366    | 100      | 274     | 0.739 | 1.065 | 0.736–1.542    |
| AA         | 62       | 100     | 0.838 | 0.960 | 0.647–1.423    | 50       | 100     | 0.097 | 1.459 | 0.935–2.281    |

Dominant effect

| CA + AA vs CC | 241/115 | 374/178 | 0.986 | 0.997 | 0.75–1.326     | 150/61   | 374/178 | 0.374 | 1.17  | 0.827–1.656    |

Recessive effect

| AA vs CA + CC | 62/294 | 100/452 | 0.788 | 0.953 | 0.672–1.352    | 50/161   | 100/452 | 0.083 | 1.404 | 0.956–2.061    |

Allele

| A           | 303      | 474     |     |      | Reference      | 200      | 474     |     |      | Reference      |
| C           | 409      | 630     | 0.874 | 0.985 | 0.814–1.191    | 222      | 630     | 0.117 | 1.197 | 0.956–1.50    |
respectively. In the H19 gene rs217727 polymorphism, the TT genotype was associated with an increased risk of IS both in the recessive genetic model (OR = 1.519, 95% CI = 1.072–2.152, \( p = 0.018 \)) and additive model (OR = 1.479, 95% CI = 1.009–2.138, \( p = 0.044 \)), as shown in Table 3. That is, TT genotype carriers of rs217727 had a 1.479-fold increased risk of IS compared with C allele carriers. The frequencies of the CC, CA, and AA genotypes of rs2251375 were 31, 49.2, and 19.8% in the IS patients and 32.2, 49.6, and 18.1% in the controls, respectively. However, there were no significant differences between IS patients and controls in the genotype and allele frequencies of rs2251375 (Table 4). In addition, the distributions of the MALAT1 rs3200401, rs619586 genotypes and alleles were similar between IS patients and healthy controls (Tables 5, 6). Because the frequency of GG genotype is lower, the rs619586 polymorphism was excluded in further subgroup analysis.

We then performed stratified analyses to examine the effects of lncRNA SNPs on the risk of IS according to stroke subtype. We further divided the stroke group into two subgroups (LAA and SVO) according to the TOAST classification. This study included 211 SVO stroke patients, 356 LAA stroke patients, and 552 controls. The TT genotype of H19 rs217727 was associated with significantly increased SVO stroke risk compared with the CC + CT genotype (Table 7). In the LAA stroke subgroup, there were no significant differences in either the genotypic distribution or the allelic frequency between patients and controls for rs217727. When analyzing rs2251375, we again did not find a significant association between H19 rs2251375 and IS in either the LAA or SVO subgroup (Table 8). Similar to rs2251375, subgroup analysis based on stroke subtype revealed that MALAT1 rs3200401 was not significantly associated with IS risk in all genetic models (Table 9).

Multivariate logistic regression analysis was used to evaluate associations between H19 rs217727 and IS risk. After adjusting for confounding factors including drinking, smoking, hypertension, diabetes mellitus, and hyperlipidemia, the impact of TT genotype on IS risk was still remarkable (OR = 1.515, 95% CI = 1.055–2.177), as shown in Table 10. The TT genotype of rs217727 was also significantly associated with an increased risk of IS compared with the TT genotype in the SVO subgroup (OR = 1.913, 95% CI = 1.221–2.998), as shown in Table 11.

### Discussion

To the best of our knowledge, this is the first study to investigate the associations between H19 gene polymorphisms (rs217727 and rs2251375), MALAT1 gene polymorphisms (rs619586 and rs3200401), and IS susceptibility in the northern Chinese Han population. Our results suggested that the TT genotype of the H19 gene rs217727 polymorphism was associated with an increased risk of IS. Additionally, we identified a more prominent risk effect of the TT genotype in the SVO subgroup. In contrast, the H19 SNP rs2251375 and the MALAT1 SNP rs3200401 were not related to IS susceptibility.

### Table 9 Allele and genotype frequencies of MALAT1 rs3200401 and its relationship with stroke subtypes

| Genotype | LAA Case | LAA Control | \( P \) | OR | 95%CI | SVO Case | SVO Control | \( P \) | OR | 95%CI |
|----------|----------|-------------|------|----|------|----------|-------------|------|----|------|
| CC       | 252      | 397         | Reference | 154 | 397 | Reference | 438 | 865 | 0.690 | 1.225 | 0.451–3.32 |
| CT       | 97       | 146         | 0.767 | 1.047 | 0.774–1.415 | 53 | 146 | 0.722 | 0.936 | 0.649–1.348 |
| TT       | 7        | 9           | 0.690 | 1.225 | 0.451–3.32 | 4 | 9 | 0.823 | 1.146 | 0.348–3.775 |
| Dominant effect | | | | | | | | | | |
| CT + TT vs CC | 104/252   | 155/397 | 0.712 | 1.057 | 0.788–1.419 | 57/154 | 155/397 | 0.769 | 0.948 | 0.664–1.354 |
| Recessive effect | | | | | | | | | | |
| TT vs CT + CC | 7/349     | 9/543 | 0.707 | 1.21 | | 4/207 | 9/543 | 0.8 | 1.166 | 0.355–3.827 |
| Allele   | | | | | | | | | | |
| T        | 111      | 164         | 0.477 | 3.279 | 0.477–3.279 | 61 | 164 | 0.844 | 0.969 | 0.705–1.351 |
| C        | 601      | 940         | 0.670 | 1.059 | 0.815–1.375 | 361 | 940 | 0.844 | 0.969 | 0.705–1.351 |

### Table 10 Ischemic stroke risk factors in the logistic regression analysis

| Factor          | \( p \) | OR | 95%CI |
|-----------------|--------|----|------|
| Hypertension    | 0.003  | 1.474 | 1.139–1.907 |
| Diabetes        | 0.000  | 1.893 | 1.439–2.490 |
| Hypercholesterolemia | 0.029  | 1.322 | 1.028–1.700 |
| Smoking         | 0.000  | 2.158 | 1.599–2.913 |
| Genotype TT of H19 rs217727 | 0.025 | 1.515 | 1.055–2.177 |
Several studies have shown that the H19 gene rs217727 polymorphism is associated with disease susceptibility. Yang et al. [23] identified that the H19 gene rs217727 and rs2839698 polymorphisms are associated with increased gastric cancer risk in a Chinese Han population. In addition, Verhaegh et al. [24] reported that a genetic variant of H19 was associated with a decreased risk of bladder cancer in European Caucasians. Furthermore, a study by Gao et al. [25] showed that rs217727 polymorphisms of H19 are associated with the risk and severity of CAD in a Chinese population. To the best of our knowledge, although the relationship of lncRNA H19 expression with some cancers has been confirmed, an association of H19 lncRNA with IS has not been reported.

In our study, we observed that the TT genotype of the rs217727 polymorphism was associated with an increased risk of IS. A 52% increased risk of IS was identified in IS patients with TT genotype within rs217727 compared with C allele carriers (OR = 1.519, 95% CI = 1.072–2.152), indicating that the T allele might be a risk factor for IS. Logistic regression analysis demonstrated that the TT genotype of rs217727 was independently correlated with an increased risk of IS, even after adjusting for confounding risk factors. However, the rs2251375 polymorphism showed no significant association with IS disease. To further assess the risk of this lncRNA polymorphism for IS, a stratified analysis was performed using subgroups of stroke subtypes. The increased risk of IS for the rs217727 polymorphism TT genotype was more evident in the SVO stroke subgroup. Subjects with the TT genotype had a 1.941 times higher risk of having an SVO stroke compared with the subjects of CC + CT genotypes (p = 0.02, OR = 1.941, 95% CI = 1.260–2.992). Moreover, individuals carrying a T allele of rs217727 exhibited larger likelihood in getting SVO stroke. The rs217727 TT genotype remained a risk factor for IS even after adjustment for confounding factors (OR = 1.913, 95% CI = 1.221–2.998). However, stratified analyses revealed no significant association between rs2251375 and IS in either the LAA or the SVO stroke subgroup.

Growing evidence indicates that a large number of lncRNAs can serve as miRNA “sponges” by sharing common MREs (miRNA Response Elements), influencing post-transcriptional regulation by inhibiting available miRNA activity [28]. However, the rs217727 polymorphism did not combine with miRNA using the lncRNASNP database. Thus, on the basis of current information, we speculate that genetic variants of lncRNA may alter its structure and expression level, ultimately contributing to IS susceptibility [8, 9]. Additionally, the rs217727 polymorphism may alter translational efficiency and miRNA conformation, which may ultimately influence RNA–mRNA interactions and RNA–protein interactions [7].

Thus, it is likely that the rs217727 polymorphism affects the onset of IS through regulation of lncRNA H19 expression. The precise mechanism of H19’s role in IS susceptibility remains unclear, however, and further studies are required to verify our hypothesis. MALAT1 is closely related to endothelium function in atherosclerosis through the regulation of endothelial cell proliferation and migration [19]. Furthermore, MALAT1 plays an essential role in macro- and micro-vascular angiogenesis by regulating endothelial cells in stressful conditions. MALAT1 is involved not only in angiogenesis but also in inflammation [29]. LncRNA-MALAT1 promotes an inflammatory response through activating serum amyloid A3 protein [19]. This evidence suggested that MALAT1 may participate in the pathogenesis of IS; however, our study did not demonstrate any significant association between MALAT1 gene rs3200401 polymorphism with IS in any genetic model in the general population. We also found no significant association between them in a subgroup analysis of stroke subtype. Moreover, we still found no correlation between MALAT1 gene rs619586 polymorphism and ischemic stroke risk. Because the frequency of GG genotype is lowest in our study (0.9% in the IS patients and 0.2% in the controls), we excluded this SNP in further subgroup analysis. Thus, a larger sample size is required to confirm the role of rs619586 in IS risk in the future.

To date, this is the first report about the association of lncRNA SNPs and IS susceptibility. In summary, our findings indicate that the H19 gene rs217727 polymorphism contributes to the susceptibility of small vessel IS in the northern Chinese Han population, and may serve as a novel lncRNA target for IS susceptibility. Functional analysis of lncRNAs with respect to stroke pathophysiology is just beginning. Moreover, a broader perspective of miRNA–lncRNA–mRNA interactions will be important for constructing IS disease-specific networks in the future.

**Abbreviations**

CI: Confidence interval; IS: Ischemic stroke; LAA: Large-artery atherosclerosis; lncRNAs: Long non-coding RNAs; MALAT1: Metastasis-associated lung adenocarcinoma transcript-1; MRE: miRNA Response Elements; OR: Odds ratio; SNP: Single nucleotide polymorphisms; SVO: Small-vessel occlusive stroke

**Table 11 Ischemic stroke risk factors of small vessel ischemic stroke in the logistic regression analysis**

|         | p       | OR       | 95%CI     |
|---------|---------|----------|-----------|
| Hypertension | 0.029   | 1.489    | 1.042–2.128 |
| Diabetes  | 0.007   | 1.647    | 1.145–2.369 |
| Hypercholesterolemia | 0.005   | 1.608    | 1.152–2.244 |
| Smoking   | 0.000   | 1.995    | 1.361–2.926 |
| Genotype TT of H19 rs217727 | 0.005   | 1.913    | 1.211–2.998 |
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Availability of data and materials
The data used in our study are available from the authors on reasonable request.

Authors’ contributions
Designed the experiments: RZ, ZH. Performed the experiments: RZ, XL. Analyzed the data XL. Contributed materials: ZH. Wrote the paper: RZ. All authors read and approved the final manuscript.

Ethics approval and consent to participate
This study was approved by the ethics committee of the First Affiliated Hospital of China Medical University approval, in accordance with the principles of the Helsinki Declaration. Written informed consents were obtained from all the participants.

Consent for publication
Not applicable.

Competition interests
The authors declare that they have no competing.

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