C-terminal proteolysis of the collagen VI α3 chain by BMP-1 and proprotein convertase(s) releases endotrophin in fragments of different sizes

The assembly of collagen VI microfibrils is a multistep process in which proteolytic processing within the C-terminal globular region of the collagen VI α3 chain plays a major role. However, the mechanisms involved remain elusive. Moreover, C5, the short and most C-terminal domain of the α3 chain, recently has been proposed to be released as an adipokine that enhances tumor progression, fibrosis, inflammation, and insulin resistance and has been named “endotrophin.” Serum endotrophin could be a useful biomarker to monitor the progression of such disorders as chronic obstructive pulmonary disease, systemic sclerosis, and kidney diseases. Here, using biochemical and isotopic MS-based analyses, we found that the extracellular metalloproteinase bone morphogenetic protein 1 (BMP-1) is involved in endotrophin release and determined the exact BMP-1 cleavage site. Moreover, we provide evidence that several endotrophin-containing fragments are present in various tissues and body fluids. Among these, a large C2–C5 fragment, which contained endotrophin, was released by furin-like proprotein convertase cleavage. By using immunofluorescence microscopy and EM, we also demonstrate that these proteolytic maturation events occur after secretion of collagen VI tetramers and during microfibril assembly. Differential localization of N- and C-terminal regions of the collagen VI α3 chain revealed that cleavage products are deposited in tissue and cell cultures. The detailed information on the processing of the collagen VI α3 chain reported here provides a basis for unraveling the function of endotrophin (C5) and larger endotrophin-containing fragments and for refining their use as biomarkers of disease progression.

Collagen VI is a microfibrillar collagen present in the extracellular matrix of most tissues. It is thought to support tissue architecture and to anchor large interstitial structures. Collagen VI is unusual in the collagen family in having only a short triple helical region with most of the molecule being made up by von Willebrand factor A (VWA) domains that may be involved in many intra- and intermolecular interactions (1). There are altogether six collagen VI α-chains, designated α1–α6. Among these, the α1–α3 chains were first identified and occur in most collagen VI molecules. Based on sequence similarity, the α4–α6 chains were later detected (2, 3) and found to be constituents of alternatively assembled collagen VI molecules, where they replace the α3 chain (4). Their tissue distributions are more restricted than those of the α1–α3 chains (5). In humans, the α4 chain is absent, due to a large pericentric inversion on chromosome 3 interrupting the COL6A4 gene (6).

Much information on collagen VI function has been gained by studying a mouse model in which the Col6a1 gene is inactivated (7). As the α1 chain is an obligatory constituent of all collagen VI molecules, its loss leads to a complete lack of assembled molecules. These mice are fertile and surprisingly normal in general appearance. Still, upon closer examination, they display a number of important functional phenotypes. Most prominently, they show an early onset myopathy, with similarities to human Bethlem myopathy (7). In the myofibers, mito-
chondrial dysfunction (8) and organelle alterations are caused by defects in the autophagic pathway (9). Further, the neuro-muscular junction is affected, leading to electrophysiological defects (10). In cell cultures of central neurons derived from Col6a1−/− mice, increased apoptosis was observed, indicating a neuroprotective effect of the protein (11). In the peripheral nervous system, hypermyelination (12) and impaired injury-induced nerve regeneration (13) were detected. The mice also have skeletal phenotypes with accelerated development of osteoarthritis, delayed secondary ossification, reduced bone mineral density (14, 15), and distorted osteoblast shape (16). In skin, there are no overt defects, but a decrease in tensile strength (17) and changes in hair growth (18). Further phenotypes have been described in heart (19), tendon (20), and lung (21). It is uncertain whether these changes are caused by loss of the structural role of collagen VI, loss of its signaling functions, or both.

The α3 chain of collagen VI is known to undergo proteolysis in a time- and tissue-specific manner (22–25). Also, proteolytic fragments from the C-terminal part of this chain have been proposed to have signaling effects, including pro-fibrotic features and macrophage chemoattractant properties (22, 26). They also promote cancer progression and cause chemoresis-tance of cancer cells (27). This part of the α3 chain consists of two VWA domains (C1 and C2), a unique domain (C3), a fibronectin type III repeat (C4), and, at the very C terminus, a Kunitz domain (C5). This C5 domain was suggested to be a major mediator of collagen VI signaling and was named endotrophin (22). The C5 domain is needed for collagen VI micro-fibril formation (28), from which it is later cleaved off (23, 24), and it was shown that C5 is a ligand for the anthrax receptor 1 (also known as tumor endothelial marker 8, or TEM8) (29).

However, the nature of the released fragments containing the C5 domain is not known, and the cleavage sites used and the proteases responsible have not been identified. We therefore performed the present study to resolve the in vivo biogenesis and precise tissue localization of endotrophin.

Results

Differential localization of N- and C-terminal parts of the collagen VI α3 chain

Proteolytic processing of the noncollagenous C-terminal part of the collagen VI α3 chain has been reported (22–25), but the tissue localizations of the unprocessed α3 chain and its cleavage products, especially the C5 domain (endotrophin), have not been extensively studied. Therefore, immunostainings using affinity-purified antibodies against the N2–N9 domains and the C5 domain of the α3 chain were performed. The antibody against the N terminus detects all α3 chains, whereas the C5 antibody reveals the full-length α3 chain and cleavage products that contain the C5 domain (Fig. S1). Interestingly, the staining patterns obtained with the two antibodies and their degrees of overlap vary between tissues. Whereas in the cornea, the staining with the antibodies against the N- and C termini mostly overlaps (Fig. 1a), in white adipose tissue (Fig. 1b), skeletal muscle (Fig. 1c), skin (Fig. 1d), and nerve articular cartilage (Fig. 1e), a partially differential localization is observed. In white adipose and skeletal muscle tissue, the staining is often overlapping, but also areas are stained preferentially by either N- or C-terminal antibodies. In skin, both antibodies label a dense fibrous network throughout the dermis, whereas structures around hair follicles and just below the dermal epidermal basement membrane and the matrix surrounding subcutaneous fat cells are almost exclusively stained with the C-terminal antibody. Moreover, in articular cartilage, a strong pericellular labeling around chondrocytes is observed with both N- and C-terminal antibodies. However, in the direct vicinity of the chondrocytes, a stronger staining by the C-terminal antibody is often observed. The differential staining indicates that, in certain locations, C-terminal cleavage products of the α3 chain

![Figure 1. Overlapping and differential tissue localization of the N- and C-terminal epitopes of the collagen VI α3 chain. Immunofluorescence microscopy was performed on frozen (a, c, d, and e) or paraffin-embedded sections (b) from murine cornea (a), white adipose tissue (b), muscle (c), skin (d), and knee articular cartilage (e). Shown are adult (a and b) and newborn mice (c–e). Sections were incubated with the affinity-purified antibodies against the collagen VI α3 N terminus (red) and C5 (green); merge is shown in yellow. ep, epithelium, st, stroma. In a, the upper margin of the epithelium is indicated by a dotted line, and in d, the dermal/epidermal basement membrane is shown by a dashed line. Bars, 25 μm in e and 50 μm in a–d.](https://example.com)
Release of endotrophin by BMP-1 and PC

**C-terminal cleavage products of the collagen VI α3 chain vary in size, and their composition is tissue-specific**

The differential staining pattern obtained by antibodies directed against either N- or C-terminal parts of the collagen VI α3 chain prompted us to characterize the proteolytic processing at the C terminus in different tissues and body fluids by immunoblotting using the affinity-purified antibody against C5, the most C-terminal domain (Fig. 2, a and b). Interestingly, a fragment corresponding to the ~8-kDa free C5 domain (endotrophin) proved difficult to detect. Only after overexposure, very weak signals were detected in extracts of white adipose tissue, skeletal muscle, and skin (Fig. 2b). A somewhat stronger signal of corresponding size was detected in amniotic fluid, but not in serum or urine. However, a variety of larger C5-containing fragments, ranging in size from about 25 to 120 kDa, were found in body fluids and tissue extracts (Fig. 2a) with a great diversity in fragment size and abundance between sources. Strong signals and a complex band pattern were seen in skeletal muscle, white adipose tissue, cartilage, and amniotic fluid, whereas skin, cornea, and serum showed weaker signals and less complex band patterns, and in urine, no signals could be obtained. Interestingly, in serum, only a single fragment was detected, which has the same mobility as the recombinant C2–C5 (~100 kDa; Fig. 2d) and is apparently also found in muscle, cartilage, amniotic fluid, and white adipose tissue. The results clearly show that free endotrophin (C5) is a very minor component among the C-terminal cleavage products of the α3 chain. Moreover, as the antibody is directed against C5 at the very C-terminal end of the α3 chain, the sizes of the fragments obtained could be used to derive sequence regions in which cleavage probably occurs (Fig. 2, c and d) (e.g. the prominent band that runs at around 25 kDa most likely consists of the fibronectin type III repeat and the C5 Kunitz domain, and the cleavage site must be located at the C terminus of the unique domain).

**Identification of proteinases involved in the release of C5/endotrophin-containing fragments**

In the course of a parallel study aiming at identifying novel substrates of the BMP-1 (bone morphogenetic protein 1) metalloproteinase, we found that the collagen VI α3 chain was a candidate substrate. Using the TAILS (terminal amine isotopic labeling of substrates (30)) proteomic approach to analyze the conditioned medium of primary human corneal keratocytes, we could identify the TEPLALTETDICK peptide as a BMP-1–derived neo-N terminus that was unambiguously assigned to the C terminus of the α3 chain (Table 1). In two different experimental settings (in culture and after in vitro incubation of keratocyte supernatant with exogenous recombinant BMP-1), this peptide was detected by tandem MS as more abundant in the presence of the protease (endogenous or recombinant BMP-1) than in inhibitor-treated samples, thereby defining a putative BMP-1 cleavage site between Ser3100 and Thr3101 of the human α3 chain (numbering according to the α3 chain NCBI Reference Sequence NP_004360.2). This cleavage site is located below 10 kDa upon SDS-PAGE was detected when keratocyte

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some residues before the predicted border of the C5 domain and could define the N terminus of the small fragment (~8 kDa) (endotrophin) detected in tissues and cell culture supernatants (Figs. 2b and 3a).

The possibility that BMP-1 cleaves the collagen VI α3 chain was confirmed by immunoblotting using the antibody directed against the C5 domain. A larger amount of a product migrating below 10 kDa upon SDS-PAGE was detected when keratocyte
supernatant was incubated in the presence of recombinant BMP-1 (under the same conditions as the TAILS in vitro assay; Fig. 3a). Further confirmation of the cleavage was obtained by in vitro cleavage assays using purified recombinant BMP-1 and a recombinant α3 chain C-terminal fragment harboring an extended C5 domain including a sequence of 32 amino acid residues containing the BMP-1 cleavage site identified by TAILS (recombinant hC5). This protein was completely cleaved after 4 h in the presence of BMP-1, at two different molar ratios, which generated a fragment similar in size to the previously described 8-kDa product (Fig. 3b; a second proteolysis product was too small to be resolved). A corresponding mouse protein (recombinant mC5) was also cleaved with BMP-1, and the products were subjected to MS analysis using the ATOMS (amino-terminal oriented mass spectrometry of substrates) technique (31, 32). This revealed that the cleavage occurs at a position corresponding to that in the human protein (Fig. 3c), between Asn3216 and Thr3217 (based on the α3 chain NCBI Reference Sequence NP_001229937.1), despite the incomplete conservatism of the cleavage site (Asn instead of Ser in the P1 position). It is noteworthy that both the human and mouse cleavage sites differ from the known consensus sequence for BMP-1 cleavage. BMP-1 is usually described to have a strong preference for aspartate in the P1’ position, but this is not exclusive, and several reports have now shown that BMP-1 can also efficiently cleave substrates with glutamate (31), glutamine (33, 34), and threonine (35) in this position. Importantly, IGFBP3 was previously shown to be cleaved by BMP-1 between a serine and a threonine (35), exactly like the human collagen VI α3 chain, unequivocally establishing threonine as a preferred residue in the P1’ position for the BMP-1 protease.

Thorough analysis of mouse and human α3 chain sequences revealed that both also contain a putative cleavage site for pro-protein convertases (PC; e.g., furin) located between the C1 and the C2 domain. In agreement with this observation, a recombinant mouse C1–C5 construct produced in HEK 293-EBNA cells with a C-terminal One-STrEP tag reproducibly co-purified in affinity chromatography with a cleavage product that has the same mobility as recombinant C2–C5 (Fig. 2d) by SDS-PAGE. This co-purified fragment was then shown by MS to start with Ala-2608, which is located just after the RDRR (amino acids 2604–2607) sequence defining a canonical PC cleavage site. Finally, we found that this cleavage site is also utilized in cell cultures of mouse primary dermal fibroblasts, leading to the generation of a similar fragment of around 100 kDa, which was completely prevented in the presence of a furin inhibitor (Fig. 3d).

In summary, we have identified two proteinases that cleave the α3 chain between the C1 and C2 domains (furin-like pro-protein convertase) and between the C4 and C5 domains (BMP-1). The action of these generates at least part of the complex fragment patterns found in tissues.

**Table 1**

| Peptide            | Position (number of peptide identifications) | iTRAQ ratios |
|--------------------|-----------------------------------------------|--------------|
| TEPLAI(TETDICK     | 3101–3113 (2)                                 | 2.38 ± 0.01  |
|                   |                                               | 6.32 ± 0.26  |

The C5 domain of the collagen VI α3 chain is critical for extracellular microfibril formation and is present in the extracelluar matrix of SaOS-2 cells and fibroblasts (28). In cartilage, the C5 domain is cleaved off from collagen VI microfibrils immediately after secretion (23). However, the time course of the processing and microfibril assembly is unclear. Therefore, we studied the different steps of assembly and cleavage in cultures of primary dermal fibroblasts between days 1 and 6 of culture (Figs. 4 and 5 and Fig. S2). Already at day 1, a matrix is laid down on the cell culture dish that becomes more dense in the following days. At all times (representative images are shown for day 4 in Fig. 4a), three different networks can be distinguished. The first is stained only by the antibody detecting the N terminus of the collagen VI α3 chain representing a mature collagen VI microfibrillar network. A second network is stained by antibodies both against the N terminus and the C5 domain of the α3 chain (Fig. 4a), indicating that a proportion of the C5 domains are still attached to the α3 chains in the microfibrillar network, indicating immature assemblies of collagen VI microfibrils. The presence of both of these networks at all time points indicates that the maturation of collagen VI microfibrils is a continuous process that starts immediately when collagen VI is secreted. Interestingly, a third network exists that is stained only by the antibody against the C5 domain, indicating the matrix deposition of C5-containing fragments independent of collagen VI microfibrils.

To clearly show that also collagen VI tetramers still contain the C5 domain when secreted, we performed composite SDS-polyacrylamide-agarose gel electrophoresis and indeed identified C5-containing tetramers by immunoblotting (Fig. 4b). We further studied the cleavage of the C terminus from collagen VI microfibrils in the supernatant of cultured primary fibroblasts by immunoelectron microscopy using antibodies against the α3 chain N terminus or the C5 domain labeled with gold particles of different sizes (Fig. 5a). The supernatant contains a fraction of semisoluble particles encompassing small immature and mature microfibrils and cleavage products thereof. In early cultures (24 h), collagen VI microfibrils carried gold particles located at the globular parts (Fig. 5a). However, whereas the labeling with the antibody against the N terminus remained also at later stages of culture (6 days), labeling with the C5 antibody gradually disappeared, indicating an increasing concentration of mature microfibrils in the supernatant. Most of the gold-labeled C5 antibodies were located either close to the triple-helical part or at some distance from the microfibrils (Fig. 5, a and b). Between day 1 and day 6, the proportion of C5 antibodies located on microfibrils decreased, and the cleaved off...
fragments accumulated on the grids on areas between microfibrils. This shows that processing occurs after secretion of tetramers and that release of C5 from freshly assembled microfibrils, at least under cell culture conditions, is a continuous process.

Discussion

Research on collagen VI has long been focused on the complex assembly and function of the microfibrils and on the pathomechanism of collagen VI–related myopathies. Proteolytic processing at the C terminus of the α3 chain was not studied in greater detail, and the exact cleavage sites were hitherto not known. However, it was shown that C5, the most C-terminal domain, is necessary for fibril formation (28) and that mature microfibrils lack C2–C5 (24), which indicates that processing is part of the maturation of microfibrils. In addition, a novel cytokine-like function for the cleaved-off 8-kDa C5 domain, endotrophin, was proposed. Endotrophin is assumed to be released in white adipose tissue and to act as an adipokine (22). In mice, it enhances breast tumor progression, increases fibrosis and inflammation, and ultimately leads to enhanced insulin resistance (26). However, there is no published evidence

Figure 3. BMP-1 and furin-like proprotein convertase(s) contribute to the processing of the C-terminal part of the collagen VI α3 chain. a, immunoblot of keratocyte conditioned medium incubated with 10 μM BMP-1 inhibitor or 0.27 μg of recombinant BMP-1 (protease/total protein ratio 1:100) for 2 h at 37 °C. Proteins were submitted to SDS-PAGE on a 15% Tris-glycine polyacrylamide gel under nonreducing conditions and detected with an antibody against human endotrophin (C5; Etp). b, cleavage assays with purified recombinant human and mouse collagen VI α3 chain C5 proteins (carrying an N-terminal extension harboring the BMP-1 cleavage site) and BMP-1. Incubation was at 37 °C for 4 h, and detection was by SDS-PAGE on a 4–20% Tris-glycine polyacrylamide gradient gel (reducing conditions) and Coomassie Blue staining. c, summary of the results from the ATOMS experiment performed with the mouse collagen VI α3 C5 protein (rec. mC5). Positions of identified peptides in the protein sequence are shown (P/C, protease/control ratio (mean ± S.D.); the number in brackets indicates the number of peptides used for quantification; underlined is the sequence of the C5 domain as defined in Uniprot; Strep-tag sequence in italics). d, Coomassie Blue–stained SDS-PAGE (8% Tris-glycine polyacrylamide gradient gels under nonreducing conditions) of affinity-purified C-terminally Strep-tagged C1–C5. The arrow indicates the proprotein convertase cleaved band. e, immunoblot of supernatants from primary dermal fibroblasts cultured in the absence or presence of 5, 15, or 30 μM furin inhibitor I for 48 h. The samples were analyzed on a 4–12% Tris-glycine polyacrylamide gradient gel under nonreducing conditions, transferred to a membrane, and detected with the affinity-purified antibody against the mouse collagen VI α3 chain C5 domain.
for its in vivo occurrence as a free fragment, and the protease responsible for its release and the cleavage site have not been identified.

There are conflicting literature data on the presence of the C-terminus of the \( \alpha_3 \)-chain as part of the microfibrils. Whereas it was shown by Mayer et al. (36) that the extracellular matrix produced by human fibroblasts cannot be stained by an antibody against the C5 domain, Lamande et al. (28) described that the extracellular matrix of SaOS-2 cells that express N6-C5 of the \( \alpha_3 \)-chain contains C5 epitopes. The reason for this discrepancy remains unclear. We therefore performed immunoelectron microscopy on microfibrils from cell culture supernatants of primary mouse fibroblasts using gold-labeled antibodies against the C5 domain. Indeed, the gold particles were found at the globular regions of microfibrils, but the epitopes gradually disappeared upon prolonged cell culture. Together with the fact that secreted tetramers still contain C5 epitopes (Fig. 4b), this unequivocally shows that the C5 domain is part of freshly formed microfibrils and is cleaved off during fibril maturation. This is in line with the observation that the C5 epitopes are lost with growing distance from chondrocytes (Fig. 1e) (23) and could indicate that the relevant protease may act in close vicinity to the plasma membrane.

The composition and fate of the released C-terminal C5-containing fragments remains uncertain. By immunoblotting of cell culture supernatants, body fluids, and tissue extracts, a large variety of fragments were detected. Their apparent molecular masses ranged from 8 up to 120 kDa, but their intensities strongly varied, and fragments corresponding to free endotrophin were hardly detectable by immunoblotting even when...
overexposed. Therefore, either the cleaved-off C5 domain (endotrophin) is immediately degraded after cleavage or only a minority of the larger C5-containing fragments are further cleaved. A band that consistently appears, although with different intensities, runs at around 100 kDa upon SDS-PAGE. Interestingly, recombinant C2–C5 runs at this position, although its mass according to sequence is around 70 kDa, indicating an aberrant mobility. This could be caused by post-translational modifications (the repetitive unique domain (C3) contains many predicted O-glycosylation sites) or the presence of disordered domains. Interestingly, the murine C3/unique domain has a high proline (23%), alanine (25%), and serine/threonine (10%) content, and it has been shown that proline/alanine and proline/alanine/serine polymers migrate at positions responding to much higher molecular masses than expected (37, 38), probably due to reduced binding of SDS. Interestingly, fusion proteins consisting of small proteins and repeats of proline/alanine/serine residues have a drastically increased half-life in serum compared with the small protein alone, most likely because they evade fast clearance from circulation via kidney filtration (38). This could explain why a band corresponding to C2–C5 is found in reasonable amounts in serum. As a variety of larger C5-containing fragments can be extracted from tissue and mature microfibrils do not contain C2–C5 (24), the differential and restricted staining obtained with a C5 antibody points to the deposition of C-terminal fragments in the matrix independent of collagen VI microfibrils. However, their physiological role remains unclear.

Two proteases were identified as being involved in the complex proteolytic processing of the collagen VI α3 chain C terminus: BMP-1 cleaving off the C5 domain (endotrophin) and a proprotein convertase of the furin type cleaving off the large C2–C5 fragment. BMP-1 is a well-known procollagen C-proteinase that is involved in the processing and maturation of the fibrillar collagens I, II, III, V, and XI, but also of other substrates (e.g. laminin 332, lysyl oxidases, and small leucine-rich proteoglycans) (39). The new role for BMP-1 as a potential partner in the maturation of collagen VI microfibrils is indeed highly coherent with the previous functions established for the protease in the control of extracellular matrix assembly. Furthermore, the anchoring fibril-forming collagen VII and the follistatin-related protein WFIKKN1 that also contain one or two C-terminal Kunitz domains are cleaved by BMP-1, and fragments containing these domains are released (40, 41). As in the case of collagen VI, the Kunitz domain is necessary for assembly of collagen VII and is cleaved during maturation (42). Contrary to endotrophin, however, there are no reports of an independent role for the cleaved C-terminal Kunitz domain of collagen VII. In the case of WFIKKN1, the prior release of the KKN fragment (containing two Kunitz domains and one NTR domain) strongly increases its capacity to activate the cleavage of myostatin by BMP-1 (41).

Proprotein convertases process and modulate proteins in the secretory compartment, at the plasma membrane, and in the extracellular space (43). A subgroup of seven members cleaves at specific single or paired basic amino acid residues with the consensus motif (R/K)(X)n(R/K)↓ (with n = 0, 2, 4 or 6). The collagen VI α3 chain is indeed cleaved at the perfectly matching RDRR motif (with n = 2) between the C1 and C2 domains, a cleavage that can be suppressed by inhibitors mimicking the consensus site. The physiological relevance of this cleavage is further supported by the fact that the AAGSDVIDMABLETTLTTLFQFNEMK(K) peptide, which defines the N terminus of the released C2–C5 fragment, is listed in the Peptide Atlas Database (44), where it was shown by MS-based approaches to be present in human plasma and ovarian and non-small-cell lung tumor samples. The presence of this peptide in plasma is also coherent with the immunodetection of C2–C5 in mouse serum described in the present study. As tetramers containing the full C terminus are secreted, the proprotein convertase responsible must be located at the plasma membrane (furin, PC5B, PC7, PACE4, and PC5A can be found bound to the cell surface (43)) or in the extracellular compartment (PACE4 and PC5A can be secreted (43)). Although proprotein convertases act as sheddases to release the ectodomains of the transmembrane collagens XIII, XVII, and XXIII and the collagen-like gliomedin (45–48), the extracellular processing of the nontransmembrane collagen VI by a proprotein convertase is unique within the collagen protein family.

Endotrophin function has been studied in mice that lack expression of the collagen VI α1 chain and in mice that overexpress endotrophin (22, 26, 49). However, as shown here, free endotrophin is scarce under physiological conditions compared with the larger endotrophin-containing fragments. Further, the Col6a1 knockout mice still express and secrete some α3 chain (17). Therefore, the interpretation of data obtained from these mouse models becomes difficult. At present, a mouse model that completely lacks the α3 chain is not available. The hypomorphic Col6a3H9251 mice, with strongly reduced collagen VI expression due to an in-frame deletion of exon 15 of Col6a3, lack a severe phenotype (50). This indicates that also a marked reduction of the α3 chain expression does not have pronounced effects other than a mild muscular dystrophy similar to that observed in Col6a1 knockout mice. Also in Col6a3+/+d16 mice, mimicking the most common molecular defect found in dominant Ullrich congenital muscular dystrophy patients, α3 chain–containing tetramers are secreted. Interestingly, in these mice, a reduced processing of the C terminus of the α3 chain is observed (51). However, also here phenotypes other than a collagen VI–related myopathy were not observed. The results may indicate that alterations in the expression of the α3 chain and/or its C-terminal C5-containing fragments may be involved in the pathogenesis of collagen VI–related myopathies but do not have an independent effect if the mice are not in addition challenged (e.g. by wounding, high-fat diet, or cancerogenesis). Nevertheless, it is possible that, within the spectrum of collagen VI–related myopathies, the complete lack of the α3 chain or its C-terminal globular domain results in more severe progression. Indeed, a patient who carried a homozygous mutation in an exon coding for the triple-helical part of the α3 chain leading to a stop codon (R2342X) was never able to walk (52). To the best of our knowledge, there are no other patients described who lack expression of the α3 chain or its C-terminal globular domain.

The serum endotrophin level was proposed to serve as a biomarker in certain pathological conditions. An ELISA for endo-
trophin, in this context named Pro-C6, is commercially available (53). Serum Pro-C6 levels can be used to monitor the progression of chronic obstructive pulmonary disease (COPD) (54–57) and systemic sclerosis (58). These are elevated in angina pectoris patients without significant coronary artery disease (59), associated with progression to end-stage renal disease (60), and increased in patients with chronic kidney disease after kidney transplantation (61). Pro-C6 serum levels predict cardiovascular events and disease progression in patients with type 2 diabetes and microalbuminuria (62), and endotrophin is significantly associated with therapeutic response to PPARγ agonists in type 2 diabetes (63). Moreover, urinary endotrophin/creatinine ratio predicts disease progression of chronic kidney disease patients (64). The different Pro-C6 – based studies clearly indicate the value of endotrophin as a biomarker. However, due to the much higher abundance of larger endotrophin-containing fragments, it is likely that the Pro-C6 antibody detects a mixture of endotrophin-containing fragments rather than C5 alone. In this context, it is of great interest that the TEPLALTETDICK peptide, which defines the N terminus of the BMP-1–released endotrophin, was previously identified in several human tissues (breast tumors) and body fluids (urine, plasma, and cerebrospinal fluid) according to the PeptideAtlas Database (44). It should therefore be feasible to design a more specific assay to discriminate between the various circulating forms of endotrophin.

In summary, the identification of endotrophin as an adipokine and its use as a disease biomarker encouraged us to study its release and biochemical nature in greater detail. We thereby provide a more solid basis for understanding endotrophin function and information that can be used to refine its use as a biomarker and to unravel the function of the larger C-terminal fragments of the collagen VI α3 chain.

**Experimental procedures**

**Expression and purification of recombinant proteins**

BMP-1 was expressed in human embryonic kidney 293-EBNA cells and purified as described previously (65). For expression of the C5 domains of the human (Lys<sup>3077</sup>–Thr<sup>3177</sup>); recombinant hC5 and murine (Lys<sup>3194</sup>–Val<sup>3284</sup>; recombinant mC5) collagen VI α3 chains, the sequences of the last three exons were chosen. The human endotrophin sequence (Thr<sup>3101</sup>–Thr<sup>3177</sup>) was chosen starting at the BMP1 cleavage site. Murine C1–C5 (Leu<sup>2391</sup>–Val<sup>3284</sup>) and C2–C5 (Ala<sup>2608</sup>–Val<sup>3284</sup>) constructs were also cloned. The human cDNA constructs were generated by PCR on total RNA from placenta and EBNA cells and purified as described previously (54–57). The amplified PCR products were inserted into a modified pCEP-Pu vector containing an N-terminal BM-40 signal peptide and a C-terminal One-Strep tag downstream of the restriction sites (48). The recombinant plasmids were introduced into 293-EBNA cells (Invitrogen) using the FuGENE 6 transfection reagent (Roche Applied Science). Cells were selected with puromycin (1 μg/ml), and the recombinant proteins were purified directly from serum-free culture medium. After filtration and centrifugation (1 h, 10,000 × g), the supernatants were applied to a StrepTactin column (1.5 ml; IBA GmbH) and eluted with 2.5 mM desthiobiotin, 10 mM Tris-HCl, pH 8.0.

**Animal experiments**

All experiments were approved by the institutional review board “Landesamt für Natur, Umwelt und Verbraucherschutz Nordrhein-Westfalen” (Genehmigung 40.14.065) and performed in accordance with the guidelines of the German animal protection law.

**Antibodies**

The purified recombinant Strep-tagged murine collagen VI α3 C5 domain (Lys<sup>3194</sup>–Val<sup>3284</sup>) and human endotrophin (Thr<sup>3101</sup>–Thr<sup>3177</sup>) were used to immunize rabbits (Pineda Antibody Service, Berlin, Germany). The antiserum obtained were affinity-purified on a column with the antigen coupled to CNBr-activated Sepharose 4B column (GE Healthcare Life Sciences). The bound antibodies were eluted with 0.1 M glycine, pH 2.5, and the eluate was neutralized with 1 M Tris-HCl, pH 8.8, and adjusted to 150 mM NaCl. The specificity of the purified antibodies was tested by ELISA and immunoblotting (Fig. S1). The generation of the antibody against the N-terminal globular region of the collagen VI α3 chain has been described elsewhere (4).

**Immunofluorescence microscopy**

Immunofluorescence microscopy was performed on frozen (7 μm) and paraffin-embedded (10 μm) sections of newborn and 8-week-old mice or on cultures of primary dermal fibroblasts grown to confluence on chamber slides. Paraffin-embedded sections were deparaffinized and rehydrated in PBS. Frozen sections were left at room temperature for 1 h, preincubated for 5 min in PBS, fixed with methanol and acetone (1:1) at −20 °C for 10 min, and washed three times with PBS for 5 min. Cells were fixed in 4% paraformaldehyde at room temperature for 10 min. The frozen and deparaffinized sections were incubated with freshly dissolved bovine testicular hyaluronidase (50 units/ml) for 30 min at 37 °C, washed twice with Tris-buffered saline (TBS) for 5 min each, treated 10 min with 0.2% Triton X-100 in TBS, and washed twice with TBS for 5 min each before the sections were blocked for 1 h with 1% BSA/TBS at room temperature. The primary antibodies were diluted in 1% BSA/TBS for use on tissue sections or 1% BSA/PBS for use on cells, applied to sections or cell monolayers for 1 h at room temperature before washing three times for 5 min with 0.05% Tween 20/TBS or PBS, respectively. Subsequently, sections and cells were incubated with either Alexa Fluor 488–conjugated goat...
anti-rabbit IgG (Thermo Fisher Scientific), Cy3-conjugated goat anti-guinea pig IgG (Dianova), or Alexa Fluor 555 donkey anti-rabbit IgG (Thermo Fisher Scientific) for 1 h in the dark, washed three times with TBS, and mounted with DAKO fluorescent mounting medium.

**Tissue extraction**

Tissues of newborn and 8-week-old C57/Bl6 mice were shock-frozen in liquid nitrogen; ground with pestle and mortar; incubated with 1 mM Tris, pH 7.4, containing 750 mM NaCl, 5% Nonidet P-40, 0.25% Triton X-100, 2.5% SDS, 2.5 mM EDTA, acid (0.125 mM ascorbate, 0.225 mM L-ascorbic acid 2-phosphate) in a 24-well plate and supplemented every second day with ascorbic acid (Sigma-Aldrich) or nitrocellulose (0.2 µm pore size). The samples were supplemented with 2 mM glutamine and 1% antibiotic/antimycotic solution. The medium was harvested after 48 h. Protease inhibitors were immediately added (10 µM E64, 15 µM GM6001, and 0.25 mM AEBSF), and the medium was clarified by centrifugation (200 × g, 10 min) and filtration (Steriflip, Millipore), concentrated with ultrafiltration devices (Centri-Plus 70 with 10-kDa molecular weight cutoff; Millipore), and stored at −80 °C.

**SDS-PAGE and immunoblotting**

Samples for SDS-PAGE were subjected to electrophoresis on a 4–12% Tris-glycine gradient, precast 4–20% TGX (Bio-Rad), or precast 12% BisTris polyacrylamide gels (Thermo Fisher Scientific). For agarose/polyacrylamide composite gel electrophoresis, samples were supplemented with SDS-sample buffer and urea (final concentration of 2 M) and subjected to electrophoresis on 0.5% (w/v) agarose, 2.4% (w/v) polyacrylamide composite gels. For immunoblotting, the proteins were transferred either onto a polyvinylidene fluoride (0.2 µm; Thermo Fisher Scientific or Millipore) or nitrocellulose (0.2 µm; GE Healthcare) membrane. Membranes were blocked with 5% milk powder in 0.05% Tween 20/TBS, incubated with the primary antibody and secondary horseradish peroxidase–conjugated polycyonal donkey anti-rabbit IgG (DAKO or Cell Signaling Technology) diluted in 5% milk powder/TBS, 0.05% Tween 20. Signals were detected by chemiluminescence (ECL).

**Fibroblast culture and furin inhibition**

Primary dermal fibroblasts were freshly isolated from newborn mice (postnatal days 0–2). Cells were grown in Dulbecco’s modified Eagle’s medium (DMEM GlutaMAX, Invitrogen) supplemented with 10% FCS and penicillin/streptomycin on uncoated glass coverslips at a density of 8 × 10^4 cells/well in a 24-well plate and supplemented every second day with ascorbic acid (0.125 mM ascorbate, 0.225 mM L-ascorbic acid 2-phosphate). For inhibition of the proprotein convertase furin, cells were grown to confluence, washed with PBS, and cultured in the presence of 0.1% FCS for 10 h. Subsequently, the cells were incubated in the presence of 0.1% FCS supplemented with 5, 15, or 30 µM furin inhibitor I (Merck Millipore) or only DMSO. The media were harvested after 48 h and subjected to SDS-PAGE.

**Keratocyte culture**

Human primary keratocytes were isolated from human corneas rejected for clinical use and harvested at the Cell and Tissue Bank of the “Hospices Civils de Lyon.” Cell harvesting was approved by the French Research Ministry (authorization no. AC 2013-1846). Informed consent was obtained from the donors’ families after verification of the National Register of organ donation refusal, and the study conformed to the standards of the Declaration of Helsinki. Keratocytes were used as a pool of three donors (aged around 70). Keratocytes were grown in DMEM/Ham’s F-12 (1:1), 10% iron-supplemented newborn bovine serum (HyClone, Fisher Scientific), 1% antibiotic/antimycotic solution (Sigma-Aldrich), and 5 ng/ml basic fibroblast growth factor (Sigma-Aldrich) (66). When reaching 90% confluence, cells were incubated with phenol red–free, serum-free DMEM supplemented with 2 mM glutamine and 1% antibiotic/antimycotic solution. The medium was harvested after 48 h. Protease inhibitors were immediately added (10 µM E64, 15 µM GM6001, and 0.25 mM AEBSF), and the medium was clarified by centrifugation (200 × g, 10 min) and filtration (Steriflip, Millipore), concentrated with ultrafiltration devices (Centri-Plus 70 with 10-kDa molecular weight cutoff; Millipore), and stored at −80 °C.

**BMP-1 cleavage assay**

Cleavage assays involving recombinant C5 domain constructs were performed in 50 mM HEPES, pH 7.4, 0.22 mM NaCl, 5 mM CaCl2, and 0.04% octyl-β-D-glucopyranoside in a total volume of 200 µl at 37 °C for 4 h. Protease/substrate molar ratios of between 1:1 and 1:150 were used, and detection was by SDS-PAGE on 15% Tris-glycine polyacrylamide gels with Coomassie Blue staining or ATOMS. When concentrated keratocyte medium was used as a source of substrates, between 27 and 200 µg of total protein (assessed with the Bradford assay) were incubated with BMP-1 (1:50 or 1:100 protease/total protein ratio) or 10 µM BMP-1 hydroxamate inhibitor (S33A) (67) in 20 mM HEPES, pH 7.4, 0.15 mM NaCl, 5 mM CaCl2, and 0.05% octyl-β-D-glucopyranoside for 2–4 h at 37 °C. Analysis was by Western blotting with an antibody against human C5 domain or TAILS.

**Sample preparation for TAILS and ATOMS experiments**

For TAILS experiments, keratocytes were maintained in serum-free medium for 48 h in the presence of 10 µM S33A inhibitor or vehicle (1% DMSO). The harvested keratocyte supernatants were clarified, concentrated as above, and analyzed in a 4-plex format: condition 1, concentrated medium treated with S33A; condition 2, concentrated medium treated with DMSO; condition 3, concentrated medium treated with DMSO and incubated with 10 µM S33A for 4 h at 37 °C; condition 4, concentrated medium treated with DMSO and incubated with recombinant BMP-1 (1:50 protease/total protein ratio) for 4 h at 37 °C.

The four samples were then processed as described previously (30, 68) with minor modifications. Samples were first precipitated with 15% TCA at 4 °C for 4 h, and after four washes in cold acetone, the pellet was dissolved in 250 mM HEPES, pH 8, and 2.5 mM guanidinium chloride. The samples were then denatured at 65 °C for 15 min, reduced in the presence of 1 mM tris(2-carboxyethyl) phosphine for 45 min at 65 °C, and alkylated with 5 mM iodoacetamide for 45 min at room temperature. iTRAQ labels (113–116; iTRAQ 8-plex kit from ABSciex) were dissolved in DMSO and added in a 1:5 (total protein/iTRAQ label) mass ratio to one of the four samples (200 µg of total protein/condition) for 30 min. Labeling reactions were quenched with 100 mM ammonium bicarbonate for 30 min, and the four samples were mixed and precipitated with cold methanol/acetone (8:1) (v/v). After two washes with cold methanol,
the pellet was resuspended in 100 mM HEPES, pH 8, to obtain a final protein concentration of 2 mg/ml and submitted to overnight trypsin digestion (trypsin/total protein (1:20); Trypsin Gold, Promega). The digested sample was then enriched in N-terminal peptides through removal of internal tryptic peptides with a 1:5 mass excess of dialyzed HPG-ALD polymer (30) and desalted with a C18 spin column (Thermo Fisher Scientific). The eluate fraction was freeze-dried and resuspended in 0.1% TFA.

For ATOMS experiments (31, 32), 10 µg of the mouse recombinant mC5 domain was incubated either with recombinant BMP-1 or buffer under the conditions described above (protease/substrate molar ratio of 1:30 for 4 h). Sample denaturation, reduction, alkylation, labeling, precipitation, digestion with trypsin, and desalting was performed exactly as for TAILS samples. The initial precipitation with TCA and the negative selection step with the HPG-ALD polymer were left out.

**Mass spectrometry**

LC-MS/MS experiments were performed on a Q-Exactive HF mass spectrometer operated with the Xcalibur software (version 4.0) and equipped with an RSLC Ultimate 3000 nano-LC system (Thermo Scientific). A C18 column (Acclaim Pepmap, 75-µm inner diameter × 50 cm; 100-Å pore and 3-µm particle size) was coupled in line to the mass spectrometer to resolve peptides before nanospray injection into the mass spectrometer. For this, a 180-min linear gradient of acetonitrile, 0.1% formic acid was applied from 4 to 40% acetonitrile at 300 nl/min. The Q-Exactive HF instrument was operated according to a Top20 data-dependent method consisting of a scan cycle initiated with a full scan of peptide ions in the ultra-high-field Orbitrap analyzer, followed by selection of the precursor with a fixed first mass parameter set at 80 m/z and high-energy collisional dissociation with a normalized energy collision fixed at 33 eV. MS/MS scans were recorded at a resolution of 15,000 on the 20 most abundant precursor ions with an automatic gain control (AGC) target set at 10^6 ions with a threshold intensity of 10^5 and a dynamic exclusion of 10 s. Only ions with potential charge states of 2+ and 3+ were selected. MS spectra on precursors were acquired at a resolution of 60,000 from m/z 350 to 1,800 when the AGC target reached 3 × 10^6 ions.

Peak lists (.mgf files) were generated with the Trans-Proteomic Pipeline (TPP) version 5.0 (69) and used for database searches with MASCOT 2.4.1. Mass spectrometry data were searched against the human Swiss-Prot database (release 2017_03, 40,500 entries including reversed decoy sequences and, for ATOMS experiments, the sequences of the relevant recombinant proteins) with a mass tolerance of 10 ppm for precursor and 0.02 Da for fragment ions. Cysteine carboxymethyl was set as a fixed modification; methionine oxidation, N-terminal acetylation, proline hydroxylation, and iTRAQ labeling of the N terminus and lysines were considered as variable modifications. Two missed cleavages were allowed, and trypsin cleavage specificity was selected. A secondary peptide and protein validation was achieved with the TPP, as described previously (31). Quantitation was achieved using the LIBRA tool of the TPP (default parameters), and ratios corresponding to condition 2/condition 1 (DMSO/inhibitor in cell culture) and condition 4/condition 1 (BMP-1/inhibitor in vitro) were calculated. The final protein lists were compiled using ProteinProphet with a probability of 0.75 resulting in low error rates of 5%.

**EM**

Proteolytic processing of the collagen VI α3 chain in the supernatant of primary dermal mouse fibroblast cultures (1–6-day cultivation time) was analyzed by incubation for 30 min at 37 °C with 5- and 10-nm colloidal gold-labeled (70) antibodies specific for the N-terminal regions and the C5 domain of collagen VI α3 chain followed by negative staining and transmission EM as described (71). Specimens were observed in a Philips/FEI CM 100 TWIN transmission electron microscope operated at 60-kV accelerating voltage. Images were recorded with a side-mounted Olympus Veleta camera with a resolution of 2048 × 2048 pixels and the ITEM acquisitions software.

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