Association between integrin-linked kinase and hyperthermia in oral squamous cell carcinoma

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Abstract. The present study aimed to observe the effect of the biological functions of integrin-linked kinase (ILK) silencing combined with hyperthermia on Tca8113 cells. Lentivirus-mediated short hairpin RNA (shRNA)-targeting ILK was transfected into oral squamous cell carcinoma (OSCC) Tca8113 cells and, combined with hyperthermia, several experimental methods were used to detect their biological behavior in vitro. On the basis of in vitro experiments, Tca8113 cells were transplanted into nude mice models, and ILK-shRNA-lentivirus was injected into the nude mice transplanted tumor and combined with hyperthermia. Tumor morphology and the associated protein expression changes were determined. Subsequent to ILK silencing combined with hyperthermia, the growth, migration and proliferation of Tca8113 cells were significantly inhibited. Flow cytometry revealed that the cells were blocked in the S phase, and western blot analysis demonstrated that ILK, phosphorylated (p)-RAC-alpha serine/threonine-protein kinase (Akt), p-glycogen synthase kinase-3β and p-heat shock factor 1 protein expression levels were significantly decreased, while apoptosis-associated protein B-cell lymphoma-2-associated X protein expression and the efficacy of hyperthermia were significantly increased. By ILK silencing combined with hyperthermia, a significant therapeutic effect on transplanted tumors was observed in nude mice. Immunohistochemistry revealed the same results as the in vitro experiments. ILK silencing combined with hyperthermia can inhibit the growth, proliferation and migration of Tca8113 cells, promote Tca8113 cell apoptosis, inhibit the phosphatidylinositol-3-kinase/Akt signaling pathway and increase hyperthermia sensitivity; the combination therapy exhibits a synergistic sensitizing effect. Therefore, ILK silencing combined with hyperthermia may serve as a novel combination therapy strategy against OSCC.

Introduction

Oral squamous cell carcinoma (OSCC) is a type of malignant tumor with a high degree of malignancy and invasion. Following a single surgery, there are clear defects and severe deformities in the maxillofacial of patients, and tumor relapse is likely to occur. The effect of a single radiotherapy or chemotheraphy is not satisfactory, and there are many side effects. The study of OSCC has focused on integrated sequential therapy, although there has been difficulty in this research area, for example, the cure rate is not high, the prognosis is poor and the postoperative survival quality is not high. Thus, there is an urgent requirement to explore and seek the best combination in order to obtain the best treatment effect (1).

Phosphatidylinositol-3-kinase (PI3K) signaling is involved in numerous cellular functions, including cell proliferation, differentiation, apoptosis and glucose transportation (2). It was revealed that signaling of PI3K and its downstream molecule protein kinase B/RAC-alpha serine/threonine-protein kinase (PKB or Akt) are associated with human tumor occurrence and development (3). Integrin-linked kinase (ILK) is a Serine/Threonine protein kinase, which can be activated in a PI3K-dependent manner by a growth factor or integrin (4). ILK is activated through phosphorylation of the downstream substrates of PKB/Akt and inhibition of glycogen synthase kinase (GSK) 3, so that the extracellular signals are passed downstream, and regulate cell growth, differentiation and migration (5,6). In a number of tumors, ILK is overexpressed, and overexpression or constitutive activation of ILK is associated with tumor formation, invasion and metastasis. Inhibition of ILK activity can lead to cell cycle arrest and apoptosis (7,8), making it an ideal target for gene therapy of tumors. However, for single-gene therapy there are deficiencies and side effects (it cannot cure the disease and may trigger new genetic
mutations), and it is difficult to achieve the best treatment effect (4).

Hyperthermia is an important means of adjuvant therapy. Compared with surgery, radiotherapy and chemotherapy, hyperthermia has minimally invasive or even non-invasive and non-toxic side effects, and it can effectively kill tumor cells and improve the quality of life of patients (9-11). However, in the process of hyperthermia, it was revealed that when the repetitions of hyperthermia are increased, the effect of hyperthermia is reduced, and a thermal tolerance phenomenon has been reported (9,10). Due to the existence of thermal tolerance mechanisms, the clinical application of hyperthermia is limited. Therefore, it is important to improve the efficiency of clinical hyperthermia and to remove the thermal tolerance of tumor tissues in order to improve sensitivity to hyperthermia.

Heat shock protein (HSP) expression is mediated by heat shock factor 1 (HSF1) (12). Previous studies have demonstrated that PI3K can influence HSF1 activity, thus affecting the expression of HSP (10). One such study demonstrated that inhibition of the PI3K/Akt signaling pathway can reduce the expression of HSP70 (13). Another previous study has demonstrated that activation of Akt [phosphorylated-Akt; (p)-Akt] can promote the phosphorylation of GSK3β and lead to inactivation of GSK3β (6). Inactivation of GSK3β leads to HSF1 activation (14), which may be the reason that PI3K inhibits the expression of HSP70 induced by hyperthermia.

In a previous study from our group (15), an ILK-siRNA lentiviral expression vector was successfully constructed and transfected into tongue squamous cell carcinoma Tca8113 cells. Subsequent to silencing ILK, Tca8113 cell growth, proliferation and migration were inhibited, and apoptosis increased. Following hyperthermia, similar changes were observed in Tca8113 cells. Therefore, the present study aimed to investigate whether a combination of ILK silencing and hyperthermia can induce a synergistic sensitizing effect and exhibit an improved antitumor effect.

By way of gene therapy, the impact of the biological functions of ILK gene silencing combined with hyperthermia on Tca8113 cells was observed, and it was investigated whether combination therapy is the synergistic sensitizing effect. The relevant mechanisms were analyzed, and an objective basis was provided for gene silencing therapy and hyperthermia combined treatment of OSCC.

Materials and methods

Cell line and cell culture. Human tongue squamous cell carcinoma Tca8113 cells were obtained from the State Key Laboratory of Oral Diseases, Sichuan University (Chengdu, China) and cultured in Dulbecco's modified Eagle's medium (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) supplemented with 10% fetal bovine serum (FBS; Hyclone; GE Healthcare Life Sciences, Logan, UT, USA) and 1% penicillin/streptomycin at 37°C in a humidified atmosphere with 5% CO₂. Cells were routinely passaged every 2-3 days by trypsinization (Gibco; Thermo Fisher Scientific, Inc.). Cells at the logarithmic growth phase were used in the present study.

Hyperthermia of Tca8113 cells. With reference to the literature (16), eight time points for heating the cells were selected as follows: NT (no heating), 0 h (cells were subjected to heat shock at 45°C for 30 min, and then allowed to recover by incubation in a 37°C chamber for an additional 0, 2, 4, 6, 8, 10 and 24 h).

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) analysis. Each experiment was conducted in duplicate and repeated 3 times. RT-qPCR was performed using the SYBR Premix ExTaq reagent (Invitrogen; Thermo Fisher Scientific, Inc.). Total RNA was extracted from Tca8113 cells using QIAamp RNeasy mini kit (cat. no. 74104; Qiagen GmbH, Hilden, Germany) and isolated using TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc.). The total RNA was reverse transcribed into cDNA using a PrimeScript RT reagent kit with gDNA Eraser (cat. no. DRR037A; Perfect Real Time; Takara Biotechnology Co., Ltd., Dalian, China) according to the manufacturer's protocol. The reverse transcription reaction conditions were as follows: 95°C for 5 min, followed by 35 cycles of 94°C for 45 sec, 55°C for 45 sec and 75°C for 15 sec. The resulting cDNA was quantified by a RT-qPCR mRNA SYBR-Green detection kit (Takara Biotechnology Co., Ltd.) according to the manufacturer's protocol. Each reaction was performed in a total volume of 20 µl (10 µl Premix, 0.8 µl forward primer, 0.8 µl reverse primer, 2 µl cDNA 6.4 µl dH₂O), using SYBR-Green PCR reagents (Takara Biotechnology Co., Ltd.). The following primers were used: ILK forward, 5'-TTTGCAGTGCTCTGTTGGGA-3' and reverse, 5'-CTGCTGCTGTGTCTCTTCT-3'; HSF1 forward, 5'-CCAGCACAACAGAAAATCGTCAAC-3' and reverse, 5'-GGCTATACTTGCCATGGATG-3'; and human-actin forward, 5'-CCA CGA AACT CCTCAACTCC-3' and reverse, 5'-GGTGATC TCTTCTGCACTTCTGT-3'. qPCR was performed using QuantStudio™ 3 and 5 Real-Time PCR systems (Thermo Fisher Scientific, Inc.) The reaction conditions were as follows: 95°C for 30 sec, followed by 40 cycles of 95°C for 5 sec and 60°C for 31 sec. The relative expression levels of mRNA in each sample were calculated using the 2⁻ΔΔCq method (14).

The products were analyzed in 1% agarose gels and observed under ultraviolet light (Bio-Rad Laboratories, Inc., Hercules, CA, USA).

Western blot analysis. Whole cell extracts were harvested in radio immuno-precipitation assay buffer (150 mM NaCl, 50 mM Tris pH 8.0, 0.5% sodium deoxycholate, 0.1% Triton X-100, 0.1% SDS, 2 mM EDTA and 5% glycerol) and homogenized for 5 min at 447 x g and harvested at room temperature. Total protein concentrations were determined using a BCA assay (Nanjing Kaji Biotechnology Development Co. Ltd., Jiangsu, China). Total proteins were loaded per lane and separated on an SDS-PAGE gel by electrophoresis, and transferred to a nitrocellulose membrane (the mass of protein loaded per lane was 40 µg, the percentage of the concentrate gel was 4%), the percentage of the isolate gel was 10%). The nitrocellulose membrane was blocked with 5% skim milk in TBST (137 mM Cl, 20 mM Tris-HCl pH 7.6, 0.1% Tween-20), and incubated at 37°C for 1 h. Membranes were probed with the indicated primary antibodies, against anti-ILK (cat. no. 3862; 1:100; Cell Signaling Technology, Inc., Danvers, MA, USA), anti-p-Akt (cat. no. 9271; 1:300; Cell Signaling Technology, Inc.), AKT (Ser-473) (cat. no. 9272; 1:300; Cell Signaling Technology, Inc.),
p-GSK3β (Ser-9) (cat. no. BS6365; 1:100; BioWorld Technology, Inc., St. Louis, Park, MN, USA), GSK3β (cat. no. BS4084; 1:100; BioWorld Technology, Inc.), anti-p-HSF1 (Ser-303/307) (cat. no. 2108-1; 1:100; Epitomics; Abcam, Cambridge, UK), anti-HSF-1 (cat. no. 2043-1; 1:100; Epitomics; Abcam), anti-B cell-2-associated X protein (Bax; cat. no. BS6420; 1:100; BioWorld Technology, Inc.) and anti-GAPDH (cat. no. 5174; 1:1000; Cell Signaling Technology, Inc.) at 4°C overnight. The following day, membranes were incubated with the Horseradish Peroxidase Rabbit anti-Horseradish Polyclonal Antibody (cat. no. LS-C74277; 1:5000; LifeSpan Biosciences, Inc.) at room temperature for 1 h. Proteins were detected using ECL luminous fluid (cat. no. WBKLS0050; EMD Millipore, Billerica, MA, USA), and autographed onto an X-ray film.

Transduction and hyperthermia. Tca8113 cells were grown at a density of 5x10^4/well in a 12-well plate in RPMI-1640 medium until they reached 30-50% confluency and incubated with 5% CO₂ in air. ILK-shRNA-lentivirus was introduced for 12 h when the multiplicity of infection was 50. After 5 days, cells were heated at 45°C for 30 min. Subsequent to heating for 8 h at 37°C in the CO₂ incubator; cells were centrifuged for 5 min at 447 x g at room temperature, the upper cleaning fluid was removed and cells were harvested at room temperature.

**MTT assay.** Cells were seeded at a density of 1x10^4/well on 96-well plates and incubated at 37°C overnight, and further incubated with 0.5 mg/ml MTT (Sigma-Aldrich; Merck KGaA). After 4 h of incubation, the medium was replaced with 150 ml DMSO (Sigma-Aldrich; Merck KGaA) and heated for 10 min. Absorbance was then measured at a wavelength of 490 nm using a multiwell spectrophotometer (Bio-Rad Laboratories, Inc.). Cell inhibition rate (%) was calculated as follows: The inhibition rate = (control group - experiment group)/control group x 100%. The experiment was repeated three times.

**Colony formation assay.** Tumor cells were plated at a density of 100/well on 6-well plates and cultured at 37°C. Following culture for 3 weeks, colonies were stained with crystal violet (0.005%) for 20 min at 37°C and images were captured by optical microscopy (Olympus Corporation, Tokyo, Japan). The colony formation rate was then calculated as follows: The colony formation rate = number of colonies/number of inoculated cells x 100.

**Cell cycle analysis.** Flow cytometry was used to analyze the cell cycle. Initially, cells were cultured in serum-free RPMI-1640 medium for 24 h at 37°C to induce cell cycle synchronization. Floating and attached cells were collected and centrifuged for 5 min at 447 x g at room temperature prior to washing with cold PBS. Cells were then fixed in 70% cold ethanol overnight at 4°C. RNase A (100 µl; Sigma Aldrich; Merck KGaA) and a fluorochrome solution containing 400 µl propidium iodide (BestBio, Shanghai, China) and 1% Triton X-100 were added and cells were incubated in the dark at room temperature for 30 min. Cell cycle analysis was performed using a Coulter Epics XL/XL-MCL flow cytometer (Beckman Coulter, Inc., Brea, CA, USA) and analyzed using Quantity One software (version 3.0; Bio-Rad Laboratories, Inc.). All experiments were performed three times.

**Ethics statement.** Animal care and use were conducted in accordance with the Animal Research Institute Committee guidelines of Sichuan University (Chengdu, China). Mice were housed in a temperature-controlled room at 37°C with appropriate dark-light cycles (10 h of light and 14 h of darkness), fed with a regular diet and maintained under the care of the Laboratory Animal Unit, Sichuan University. The mice were sacrificed by cervical dislocation. The present study was approved by the Committee of Animal Research, Institute of Sichuan University (Sichuan, China).

**Xenograft tumor model and treatments.** Tca8113 cells (2x10^4) in 100 µl medium were harvested for 5 min at 447 x g at room temperature and injected subcutaneously into the hind dorsalis pedis of 60 SPF BALB/cnu/nu female mice (Charles River Japan, Japan) at the Laboratory Animal Unit, Sichuan University (6 weeks old; weight, 18-22 g). After 1 week, 10^3 TU ILK-shRNA-lentivirus and NC-shRNA-lentivirus (NC) were injected into tumors, respectively, suspended in 50 µl RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc.) containing 10% FBS and 5 mg/ml polybrene (Shanghai GeneChem Co., Ltd., Shanghai, China). Mice were heated in a water bath at 45°C for 30 min and were administered a second hyperthermic dose after 1 week.

**Tumor size and weight measurement.** Each tumor was measured weekly with a caliper every 3 days, and the following formula was used to calculate tumor volumes = \( \frac{1}{2} \times A \times B^2 \), where A and B represent the larger and smaller tumor diameters, respectively (15). Mice were sacrificed at 28 days after first hyperthermia. The tumor tissue was removed, weighed and the heart, liver, brain, spleen, lung and kidney of mice were removed, fixed with 4% paraformaldehyde for 24 h at room temperature and embedded.

**Hematoxylin and eosin (H&E) staining.** Paraffin-embedded mouse extracted organs sections, including the heart, liver, brain, spleen, lung or kidney (sectioned at 4 µm) were prepared by a routine procedure (16).

**Immunohistochemistry.** Immunohistochemical staining was performed using the streptavidin-biotin-peroxidase complex method. The primary antibodies used were: ILK (cat. no. 3862; 1:100; Cell Signaling Technology, Inc.), p-Akt (cat. no. 9271; 1:300; Cell Signaling Technology, Inc.), total Akt (cat. no. 9272; 1:300; Cell Signaling Technology, Inc.), p-GSK3β (cat. no. BS6365; 1:100; BioWorld Technology, Inc.), total GSK3β (cat. no. BS4084; 1:100; BioWorld Technology, Inc.), Bax (cat. no. bs2538; 1:100, BioWorld Technology, Inc.), p-HSF1 (cat. no. pS303/307; 2108-1, 1:100; Epitomics; Abcam) and total HSF1 (2043-1; 1:100, Epitomics; Abcam). Normal rabbit IgG (cat. no. 2729S; Cell Signaling Technology, Inc.) was substituted for each primary antibody as a negative control. All sections were incubated for 1 h at room temperature, and then were incubated overnight at 4°C. After being washed with phosphate-buffered saline (PBS), sections were incubated with 100 µl biotinylated goat anti-rabbit IgG (cat. no. PAB9401; Abnova; Taipei City, Taiwan) for 30 min at room temperature. They were then washed three times with PBS, treated with streptavidin-peroxidase reagent for 30 min, and
rewashed with PBS three times. The reactions were visualised with DAB kits (cat. no. ST033; Guangzhou Whiga Technology Co., Ltd., Guangzhou, China) as chromogen, and sections were counterstained with haematoxylin. (Sigma-Aldrich; Merck KGaA) for 2 min at room temperature, until the nucleus to blue.

A total of four high-power fields were analyzed at x400 magnification with a light microscope (Olympus Corporation, Tokyo, Japan) from a single representative tissue section (4ct). Fields of interest were selected to reflect the area of highest intensity staining and highest percentage of cells that were positive, and scored and the mean was recorded. The percentage of positive cells was assessed by counting manually. Each sample field was assigned a value between 0 and 4 (0, negative; 1, 15% of the cells with positive staining; 2, 5-50% of the cells with positive staining; 3, >50% of the cells with weak staining and 4, >50% of the cells with strong staining) for ILK, p-Akt, p-GSK3β and Bax (14). The proportion of p-HSF1-positive cells was determined by counting 100 cells in six random fields from each section.

**Terminal deoxynucleotidyl-transferase-mediated dUTP nick end labeling (TUNEL) analysis.** Tissue sections of the tumors were fixed in 10% neutral buffered formalin (Thermo Fisher Scientific, Inc.) for 24 h at 4°C and were prepared in a routine manner, washed in 0.01 M PBS and incubated with 50 I TUNEL reaction mixture (prepared by mixing a terminal deoxynucleotidyl transferase enzyme solution with a solution containing a fluorescence-producing agent in a 1:1 ratio) at 37°C for 60 min. The negative control sections were treated with PBS to replace terminal deoxynucleotidyl transferase using the rubber sealing process. In total, five high-power fields at x400 magnification were analyzed through a fluorescence microscope (Leica Microsystems, Inc., Buffalo Grove, IL, USA) from a single representative tissue section, selected to reflect the area of highest intensity staining and highest percentage of cells nuclei that were stained red, were scored.

**Statistical analysis.** Measurement data are expressed as the mean ± standard deviation. All experimental and control groups were compared using one-way analysis of variance. Multiple comparisons between the groups were performed using Student-Neuman-Keuls test. All statistical tests were performed using SPSS statistical software, version 13.0 (SPSS, Inc., Chicago, IL, USA). P-values were two-tailed. P<0.05 was considered to indicate a statistically significant difference.

**Results**

**shRNA transfection effectively decreases the expression of ILK in OSCC cells.** To observe the function of ILK in OSCC, ILK expression was knocked down in the OSCC cell line. Specific ILK downregulation was confirmed by reduced expression of ILK mRNA and protein in cells transfected with shRNAs. A large number of cells illuminated bright green, which represented the high transfection efficiency. Green fluorescence was not detected in non-transfected cells. The transduction efficiency was 90% (Fig. 1A and B) and the silencing efficiency was 75%, calculated by the mean of qPCR and western blot analysis (Fig. 1C and D).

**Detection of the optimal time for gene silencing.** In order to obtain the optimal time point of thermal tolerance, the expression of thermal-associated factors was measured. If silencing ILK sensitized hyperthermia at a specific time point, then silencing ILK should sensitize hyperthermia more in other low thermal tolerance conditions. By qPCR analysis, it was revealed that the expression of ILK mRNA was highest 6 h after hyperthermia (Fig. 1E), and HSF1 expression peaked 2 and 6 h after hyperthermia (Fig. 1F). Western blot analysis revealed that the expression of p-HSF1 protein peaked 8 h after hyperthermia, and the expression of Bax protein was highest 6 h after hyperthermia (P<0.01; Fig. 1G and H). Finally, 8 h post-hyperthermia was found to be the optimal time for gene silencing.

**ILK silencing combined with hyperthermia inhibits cell proliferation, migration and cell cycle in vitro.** The contribution of ILK silencing combined with hyperthermia to OSCC cell proliferation was explored. MTT assays were employed in the present study. The results demonstrated that the (KD + HT group; ILK silencing combined with hyperthermia group) grew significantly more slowly compared with other groups (P<0.01). No significant difference was detected in cells treated with NC-shRNA-lentivirus compared with untreated cells (Fig. 2A).

The present study sought to determine the contribution of ILK silencing combined with hyperthermia to OSCC cell migration. Colony forming assays were employed in the present study; the colony formation rate of untreated cells was 0.185±0.007, while that of the NC group was 0.174±0.011. The colony formation rate of the KD + HT group (0.004±0.000) was significantly lower compared with the KD group (0.015±0.001), and the colony formation rates of two groups were significantly lower compared with the other groups (P<0.01). No significant difference was detected in cells treated with NC-shRNA-lentivirus compared with untreated cells (Fig. 2B and C).

Flow cytometry was used to assess changes in the cell cycle. Cell retention in the S phase of the KD and KD + HT groups was significantly increased compared with the other groups (P<0.01), and that of the KD + HT group was increased compared with the KD group (Fig. 3). This indicated that the cells were blocked in G2 phase, and could not undergo mitosis, resulting in apoptosis.

**ILK silencing combined with hyperthermia promotes apoptosis.** The expression of Bax could regulate cell apoptosis. Western blot analysis was employed to measure the change of the associated protein in the present study. It was found that the expression of p-Akt and p-GSK3β were reduced, resulting in downregulation of p-HSF1 expression, and eventually leading to upregulation of the apoptosis-associated protein Bax. The variation tendency of protein expression in the KD + HT group was comparable to that in the KD group, however the effect was more significant (P<0.01; Fig. 4A and B).

**In vivo analysis: ILK silencing combined with hyperthermia inhibits tumor growth.** Following inoculation for 7 days, the xenograft tumor formed. Mice were sacrificed at 28 days after the first hyperthermia. The tumor volume of the KD + HT group was the smallest, followed by that of the KD group; subsequent to treatment, it was revealed that the tumor volume and weight of the KD + HT group were the smallest in all groups (P<0.01 vs. all other groups; Fig. 4C and D). The tumor
surface of the two groups were yellow-green, the membrane was intact, and adhesion and infiltration were not observed compared with all other groups (Fig. 5A).

In vivo analysis

Microscope observation of xenograft tumor. No significant organic damage was observed in the heart, liver, brain, spleen, lung or kidney by H&E staining (Fig. 5B). Subsequent to H&E staining, polygonal cells were in dense flocks and nuclei were large and deeply stained in the control and the NC group; tumor cells were distributed sparsely, some cells shrunk and became round and nuclei were pyknotic and darkly stained in the HT group and the NC + HT group; tumor cells were small and distribution was sparse, most cells shrunk and became round and nuclei were pyknotic and darkly stained in the KD group and the KD + HT group (Fig. 5C-H).
Immunohistochemical analysis detected positive ILK, p-Akt and p-GSK3β expression, predominantly in the cytoplasm and occasionally in the nucleus, while positive expression of p-HSF1 was detected predominantly in the nucleus and occasionally in the cytoplasm. Positive Bax expression was detected mainly in the cytoplasm and occasionally in the membrane. The results of quantitative analysis are presented in Table I. Positive p-HSF1 expression in the KD + HT group was the least detectable (P<0.01; Fig. 5C-H).

In TUNEL analysis, cell apoptosis was significantly increased in the KD group and the KD + HT group. The highest number of apoptotic cells was observed in the KD + HT group, fewer apoptotic cells were found in the HT group and the NC + HT group, and the fewest number of apoptotic cells was observed in the control group and NC group (P<0.01; Fig. 5I).

### Discussion

At present (17-23), it is recognized internationally that cancer progression is a multi-factorial, multi-step, multi-stage process, which involves a variety of changes in gene expression. Subsequent to being subjected to thermal stimulation, the cells produce a heat shock response, and their role in the resistance to heat and other stress response is enhanced (24). Cells express HSPs to fight heat stress, and the expression of HSPs is regulated by HSF1 (12). Therefore, the efficacy of hyperthermia can...
be assessed through the activation of HSF1, that is, the expression level of phosphorylated HSF1. In a study by He et al (17), HeLa cells were heated at 45˚C for 30 min, and the cells were then allowed to recover at 37˚C for 0, 2, 4, 6, 8, 10 and 24 h, and it was revealed that the DNA binding activity of HSF1 was highest following 8 h. In another study by Bijur and Jope (25), neuroblastoma SH-SY5Y cells were heated at 45˚C for 30 min, allowed to recover at 37˚C for 0, 2, 4, 6, 8, 10 and 24 h, and the DNA binding activity of HSF1 was found to be highest after 4 h. In the present study, Tca8113 cells were heated at 45˚C for 30 min, and the cells were allowed to recover at 37˚C for 0, 2, 4, 6, 8, 10 and 24 h. The mRNA of HSF1 was highest after 6 h and the protein of HSF1 was highest after 8 h, which is consistent with the experimental results of He et al (17). The rewarming time was different between the highest levels of HSF1 mRNA and the highest levels of HSF1 protein, which may be the reason that RNA was expressed substantially earlier than the protein. The heat sensitivity was worst and the thermal tolerance was highest after 8 h, so subsequent experiments were performed at this time point. After silencing ILK, if the sensitivity of the thermotherapy increased at the given time point, the sensitivity of the thermotherapy should increase more significantly in other time points (because the other time points represented thermal tolerance conditions).

Changes of Tca8113 cell proliferation, migration and cell cycle were detected. It was revealed that hyperthermia combined with ILK gene silencing could significantly inhibit cell proliferation and migration and Tca8113 cells were arrested in the S phase. Tumor cells could not undergo mitosis, and apoptosis eventually occurred. This is in contrast from...
Figure 5. In vivo experiments of ILK silencing combined with hyperthermia (x400). (A) A total of 7 days after inoculation, the xenograft tumor formed. (B) There was no significant organic damage in heart, liver, brain, spleen, lung and kidney of nude mice following ILK silencing combined with hyperthermia by H&E staining (x100). (C) Results of H&E staining and immunohistochemical analysis in the control group. Polygonal cells were in dense flocks, nuclei were large and deeply stained, the expression of ILK, p-Akt, p-GSK3β and p-HSF1 was high, and the expression of Bax was low. (D) The figures of the NC group were same as the control group. (E) Results of H&E staining and IHC analysis in the KD group. (F) Results of H&E staining and IHC analysis in the HT group. (G) Results of the NC + HT group were same as the HT group. (H) Results of the KD + HT group were similar to the HT group. (I) TUNEL analysis was used to detect cell apoptosis. Cell apoptosis was significantly increased in the KD group and KD + HT group. Fewer apoptotic cells were found in the HT group and the NC + HT group and the smallest number of apoptotic cells were found in the control and NC groups. (J) IgG negative control. ILK, integrin-linked kinase; HT, hyperthermia; p-, phosphorylated; GSK3β, glycogen synthase kinase 3β; HSF1, heat shock factor 1; Bax, B cell-associated X protein; H&E, hematoxylin and eosin; NC, negative control; Con, control; HT, hyperthermia; KD, ILK silencing.
previous studies (26,27), which reported that inhibition of ILK leads to tumor cells stagnating in the G1 phase.

The phosphorylation sites of Akt Ser473 can be completely suppressed when ILK is inhibited in certain tumor cells (28,29). The present results were in agreement with this observation, but in OSCC cells, it was demonstrated that silencing ILK can significantly reduce the expression of p-HSPF1. Previous studies have shown (30-32) that inhibition of the PI3K/Akt pathway can significantly improve the sensitivity of hyperthermia. It was also revealed that the expression of p-Akt, p-GSK3β and p-HSF1 were significantly reduced following ILK silencing. Therefore, ILK silencing significantly improved the sensitivity of hyperthermia. In addition, the apoptosis-associated protein Bax was found to be significantly increased in the KD + HT group, but was not significantly increased in the KD group and other groups, which indicated that ILK silencing combined with hyperthermia significantly increased apoptosis of Tca8113 cells. In contrast, it was also observed that p-Akt and p-GSK3β expression in the KD + HT group was reduced compared with those of the KD group, indicating that hyperthermia increased the ILK silencing effect as feedback, producing an increased inhibitory effect on the PI3K/Akt signaling pathway.

Finally, in vivo experiments revealed that the transplanted tumor volume and weight in the KD + HT group were significantly reduced compared with other groups, and organ damage was not detected, which indicated the efficacy of the treatment. Similar results were obtained with in vitro experiments by the PI3K/Akt pathway and hyperthermia-associated protein immunohistochemistry and TUNEL analysis. In in vivo experiments, ILK silencing led to the sensitivity of hyperthermia increase in nude mice and hyperthermia could feedback to enhance the effect of ILK silencing; the combination therapy had a synergistic antitumor effect.

To conclude, the present study investigated the potential to withstand cancer-associated activities of ILK silencing combined with hyperthermia against OSCC in vitro and in vivo. The results demonstrated that ILK silencing led to Tca8113 cells and their transplanted tumors exhibiting increased hyperthermia sensitivity; and hyperthermia could feedback to enhance the effect of ILK silencing, consequently inhibiting the PI3K/Akt signaling pathway. Therefore, the combination therapy had a synergistic antitumor effect.

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