UNUSUAL SCROTAL SWELLING IN A NEWBORN: A CASE OF MECONIUM PERIORCHITIS

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Introduction

Meconium is a greenish colour viscous intestinal content in the distal small bowel seen in late stages of fetal life. Meconium contains swallowed amniotic fluid, bile salts, bile pigments, mucin, intestinal enzymes, squamous cells, lanugo hair etc. Meconium peritonitis occurs following a bowel perforation during late fetal life or in early postnatal period allowing meconium to enter the peritoneal cavity. This may be associated with volvulus, bowel atresia, or mesenteric vascular insufficiency1. Passage of meconium into the scrotal sac is one of the extra-abdominal complication of meconium peritonitis1,2.

Meconium periorchitis (MPO) is a rare condition associated with meconium peritonitis. Patients present with a soft hydrocele at birth but it later becomes hard as the meconium calcifies. There is a tendency of spontaneous resolution of the mass and the calcifications without compromising the testes3,4. The clinical presentation may mimic testicular tumour5. Ultrasonography of the scrotum will show a heterogeneous mass with calcifications4.

Case Report

An eight day old baby boy presented to a local hospital with bilious vomiting and a right scrotal swelling which was firm on palpation. Ultrasonography confirmed a right scrotal mass and the patient was transferred to a paediatric tertiary care hospital with the suspicion of a testicular teratoma, for further management.

Ultrasonography performed at the tertiary care hospital revealed a right extra-testicular heterogeneous mass with calcified foci within it. The right testis was found to be normal (Fig1). Left hemiscrotum was also normal. Abdominal ultrasonography revealed...
a heterogeneously echogenic area in the hepato-renal pouch (Fig 2), which was apparent on abdominal X-ray as calcifications (Fig 3). The diagnosis of MPO was made based on radiographic and sonographic findings.

The patient underwent laparotomy due to persistent bilious vomiting and abdominal distension even though there was no definitive evidence of intestinal obstruction on above radiological investigations. Perforated small bowel loop with meconium in the peritoneal cavity and secondary intestinal obstruction were identified at laparotomy supportive of MPO.

Discussion

Meconium periorchitis is an uncommon condition presenting in the early neonatal period with a scrotal mass. Meconium in the peritoneal cavity following a bowel perforation passing through the patent processus vaginalis in a male patient is the mechanism behind this condition. Many of the infant boys with MPO are reported to have had reducible hydroceles at birth, often bilateral. However, approximately 25% of patients do not have any scrotal abnormality at birth. Our patient had only unilateral scrotal swelling, which was not reducible.
The condition is seldom diagnosed accurately during antenatal period with the ultrasonographic diagnoses varying from normal to haematoma or hydrocele. Nevertheless, postnatal ultrasonography of the scrotum may show a well-defined scrotal mass enveloping the testis and epididymis with echogenic shadows representing foci of calcification. Abdominal radiographs may demonstrate peritoneal calcifications as in our case. However, abdominal calcifications are absent in approximately 10% of reported cases.

In literature most cases of MPO have been confirmed surgically, but in a case with typical sonographic findings and abdominal calcifications on radiography, surgery could be avoided.

Our patient underwent surgery due to persisting bilious vomiting with abdominal distension.

Take home message:

In neonates with scrotal swelling MPO should be considered as a differential diagnosis and one should be vigilant of characteristic calcific foci on abdominal radiographs which are suggestive of this condition.

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