Original Research Article

Medico-legal autopsy study of alleged dowry deaths - a two year cross-sectional study

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ABSTRACT

Background: In India, dowry is a rising social evil contributing to female mortality.
Aims: To evaluate the socio-demographic profile of alleged dowry victims.
Materials and Methods: Cross-sectional study of 84 alleged dowry deaths stratifying the socio-demographic pattern of alleged dowry deaths.
Results: 57.1% were from 21 to 30 years of age group. Maximum females were illiterate (39.3%), housewives (77.4%) and from lower socio-economic strata of society. Victims were brought dead with 50% cases involving 71-90% of total body surface area. 29.8% were hospitalized. In 88.57% of suicidal cases, menstruation was noted. 39.29% deaths were within 1st year of marriage. In 84.84% cases, dowry was provocating factor. In 50% cases, Asphyxia was the cause of death.
Conclusion: Domestic abuse and dowry were significant provocating factors for dowry deaths.

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1. Introduction

"Women are the architects of the society", as quoted by Harriet Beecher Stowe, an American Author. In India, women fall victims against violent crimes at high rates.1 The purpose of dowry practice was probably to help new couples start their life in comfort which has recently grown into a social evil of bride-burning and suicides leading to social corruption.2 According to National Crime Record bureau of India, total dowry deaths in the year 2007 and 2011 were 8093, 8618 respectively.3 This study enlightens the issue of dowry deaths in a metropolitan city of Maharashtra.

2. Materials and Methods

Cross-sectional study with a study period of two years conducted at the Department of Forensic Medicine and Toxicology, in a tertiary care centre in a metropolitan city. This study was approved by the Institutional Ethics Committee. Reference population included cases reported and referred to this study centre, while study population included Unnatural female deaths within 7 years of marriage with the allegation of dowry death. 241 unnatural female deaths were examined in the study period, of which in 84 cases allegation of dowry death was observed. Various relevant socio-demographic and medico-legal aspects were stratified and analysed with the resource being Postmortem examination reports, documents of investigating agencies like police inquest Panchnama, Magistrate inquest Panchnama wherever applicable, Accidental Death Report and statements of relatives taken by police during investigation, Spot Panchnama and suicide notes if applicable. All findings were explained and portrayed in tabular form and inference was extracted. After entry, data was analysed using frequency distribution and statistical test with the help of computer generated software (S.P.S.S.16.0).

3. Results

Out of 241 Unnatural female deaths observed in the present study centre, 84 alleged dowry deaths are Analysed.

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Table 1 depicts age group distribution among alleged dowry deaths. Dowry victims (57.1%) belonged to the age group of 21 to 30 years of age and minimum (7.1%) belonged to the age group of 41 to 50 years of age.

**Table 1: Age group distribution among alleged dowry deaths**

| Age Group (Years) | Frequency | Percent age |
|-------------------|-----------|-------------|
| 11 to 20          | 11        | 13.1        |
| 21 to 30          | 48        | 57.1        |
| 31 to 40          | 19        | 22.6        |
| 41 to 50          | 6         | 7.1         |
| Total             | 84        | 100.0       |

Table 2 describes occupational status of alleged dowry deaths. Maximum number of female victims of alleged dowry are housewives (77.4%) and minimum number of professionals (2.4%) with 1 victim who was working as house help.

**Table 2: Occupational status among alleged dowry deaths**

| Occupation      | Frequency | Percentage |
|-----------------|-----------|------------|
| Professional    | 2         | 2.4        |
| Clerical        | 3         | 3.6        |
| House help      | 1         | 1.2        |
| Housewife       | 65        | 77.4       |
| Laborer         | 10        | 11.9       |
| Tailor          | 3         | 3.6        |
| Total           | 84        | 100.0      |

Table 3 shows distribution of educational status among alleged dowry victims. Maximum female victims are illiterate (39.3%). Only (3.6%) female victims are Professionals and (2.4%) received intermediate school education.

**Table 3: Educational status among alleged dowry victims**

| Educational status | Frequency | Percentage |
|--------------------|-----------|------------|
| Illiterate         | 35        | 39.3       |
| Primary            | 7         | 8.3        |
| Middle             | 26        | 31.0       |
| High school        | 6         | 9.5        |
| Intermediate       | 2         | 2.4        |
| Graduate           | 5         | 6.0        |
| Professional degree| 3         | 3.6        |
| Total              | 84        | 100.0      |

Table 4 describes socioeconomic status of alleged dowry victims according to Kuppuswamy’s classification. Maximum female victims of alleged dowry death belonged to upper lower socioeconomic class (56%) and minimum belonged to upper socio-economic class (21.4%).

**Table 4: Socio-economic status among alleged dowry deaths**

| Socioeconomic status | Frequency | Percentage |
|----------------------|-----------|------------|
| Upper (Class I )     | 2         | 1.2        |
| Middle (Class III)   | 19        | 21.4       |
| Upper Lower (Class IV)| 45       | 56.0       |
| Lower (Class V )     | 18        | 21.4       |
| Total                | 84        | 100.0      |

Table 5 depicts distribution of cases on the basis of hospitalisation. Out of 84 alleged dowry victims, 29.8% female victims are hospitalised and 59 (70.2%) female victims are brought dead.

**Table 5: Hospitalisation Among Alleged Dowry Deaths**

| Hospitalisation | Frequency | Percentage |
|-----------------|-----------|------------|
| Yes             | 25        | 29.8       |
| No              | 59        | 70.2       |
| Total           | 84        | 100.0      |

Table 6 describes distribution of percentage of burns injury among alleged dowry deaths and survival period distribution. In maximum burns cases, victims are brought dead 36.36% and percentage of burns in maximum cases (50%) is 71-90% of Total body surface area.

**Table 6: Place of Incidence Among Alleged Dowry Victims**

| Place of incidence | Frequency | Percentage |
|--------------------|-----------|------------|
| Own /in-laws house | 59        | 70.2       |
| Other              | 25        | 29.8       |
| Total              | 84        | 100.0      |

Table 7 describes the distribution of percentage of burns injury among alleged dowry deaths and survival period distribution. In maximum burns cases, victims are brought dead 36.36% and percentage of burns in maximum cases (50%) is 71-90% of Total body surface area.

Table 8 shows association of menstruating uterus and suicidal dowry deaths. Out of a total of 35 menstruating female victims, 31 (88.57%) suffered from suicidal deaths and 4 (11.42%) are non-suicidal deaths. Out of 49 non-menstruating female victims, 33 (67.34%) suffered non-suicidal deaths, 16 (32.66%) suffered from suicidal deaths.

**Table 9 Shows distribution of manner of death according to provocative factors in alleged dowry deaths.**

Out of 47 suicidal deaths reported, in maximum cases (36 or 76.6%), dowry was the provocative factor, in 6 victims (12.77%), domestic abuse was a provocative factor, in 2 cases (4.26%), infertility was an important provocative factor. 1 (2.13%) female victim each has RVD and Psychiatric condition like depression is an important provocative factor for suicide.

In maximum suicidal cases within 7 years of marriage, dowry and domestic abuse are important provocative factors and RVD and Psychiatric diseases are least provocative factors for deaths.
Table 7: Distribution of percentage of burns according to survival period

| Survival period | Brought Dead | 31 to 50 | 51 to 70 | 71 to 90 | >90 | Total |
|----------------|-------------|----------|----------|----------|-----|-------|
| 0 to 6 Hrs.    | 0           | 3(37.5)  | 1(100)   | 0        | 0   | 1     |
| 7 to 12 Hrs.   | 0           | 2(33.33) | 4(66.66) | 0        | 6   |
| 13 to 18 Hrs.  | 0           | 1(33.33) | 2(66.66) | 0        | 3   |
| 19 to 24 Hrs.  | 0           | 1(100)   | 0        | 0        | 1   |
| 1 to 7 Days    | 1(33.33)    | 9        | 11       | 1(33.33) | 3   |
| Total          | 1           | 9        | 11       | 1(33.33) | 3   |

Table 8: Association of menstruating uterus and female deaths among alleged dowry deaths

| Uterus                  | Non-suicidal | Suicidal deaths |
|-------------------------|--------------|-----------------|
| Menstruating            | 4 (11.42)    | 31 (88.57)      |
| Non-menstruating        | 33 (67.34)   | 16 (32.66)      |

Out of 37 homicidal deaths within 7 years of marriage, in 2 (5.41%) female deaths, the provocative factor for death is love affair, 9 (24.32%) female victims suffered homicidal deaths due to domestic abuse, 2 (5.41%) female victims suffered homicidal deaths due to economical crisis like when involved in property disputes or high paying insurance policies. In 20 (54.05%) female victims dowry is an important provocative factor for homicidal intent. 1 (2.7%) female victim suffered homicidal death due to unemployment as a provocative factor, wherein the reason for impulsive anger of the accused is the lack of economical input from the female victim to support her family. In 3 (8.11%) female victims, the cause of homicidal intent is not known.

In Maximum homicidal deaths within 7 years of marriage, dowry and domestic abuse are major provocative factors, whereas unemployment, love affair and economical crisis are least provocative factors for homicidal intent.

( Figures mentioned in parenthesis are percentages )

Table 10 shows distribution of marriage years according to provocative factors in Alleged dowry deaths. Maximum cases of alleged dowry deaths occurred in 1st year of marriage (39.29%). Dowry was a provocative factor in 84.84% of deaths within first year.

4. Discussion

Out of 84 female victims of alleged dowry death, maximum alleged female dowry victims were from the age group of 21 to 30 years of age and minimum were from the age group of 41 to 50 years of age.

Similar findings were noted in a study of Rajesh Kumar Verma et al., where in, maximum number of deaths (56.56%) occurred between 18-25 years of age and least (5.43%) in the age-group 31-35 years.

Following studies gave similar results- Shrivastava et al., Kulshreshta P et al., Sharma BR et al., Harish D et al., Ghaffar UB et al., Kumar V, et al., Saha KK et al., and Agnihotri A et al.

The high incidence of unnatural deaths in young emotionally charged females is most probably due to unending demands of dowry (cash/kinds) by their husbands and/or in-laws, for which they sometimes kill or torture the bride in such a way that she commits suicide, which is consistent with other authors findings.

And brides belonging to the age group of 41 to 50 years are those who committed a late marriage, which is noted mostly among educated independent working females and hence, the incidence of allegedly dowry deaths is comparatively less. This being a comparatively emotionally mature age group, alleged dowry deaths are comparatively less.

Maximum number of female victims of alleged dowry were housewives (77.4%) which may be attributed to financial dependency of housewives and minimum number of professionals (2.4%) with 1 victim who was working as house help.

Similar findings were noted in Prajapati P et al. and Kumar T N S et al. studies.

Maximum female victims were illiterate (39.3%). Only (3.6%) female victims are Professionals and (2.4%) received intermediate school education, which results in maximum dependant female population leading to exploitation and abuse of these females. In Saha et al. and Kumar V et al. wherein maximum female dowry victims are illiterate and minimum female victims are professionals similar to present study.

Maximum female victims of alleged dowry death belonged to upper lower socioeconomic class (56%) and minimum belonged to upper socio-economic class (21.4%). Dowry is considered as an evil of lower socio-economic group due to illiteracy and ignorance. Sharma BR et al. and Kumar V et al. states similar results.

Out of 84 alleged dowry victims, 29.8% female victims are hospitalised and 59 (70.2%) female victims are brought dead. Dowry victims in most cases are deprived from
Table 9: Distribution of manner of death according to provocative factors in alleged dowry deaths

| Provocative Factors | Not known | Love failure/affair | Domestic abuse | Economic crisis | Dowry | Aids | Psychiatry | Infertility | Unemployment |
|---------------------|----------|---------------------|----------------|----------------|-------|------|------------|-------------|--------------|
| Manner of death     | Total    | Homicide            | Suicide        | Total          |       |      |            |             |              |
|                     |          | (8.11)              | (12.13)        | (24.32)        | (54.05)|      |            |             |              |
| Total               |          | 3                   | 3              | 15             | 56    | 1    | 1          | 2           | 1            |

Table 10: Distribution of duration of years according to provocative factors in alleged dowry deaths

| Provocative factors | <1 | 1 to 2 | 2 to 3 | 3 to 4 | 4 to 5 | 5 to 6 | 6 to 7 | Total |
|---------------------|----|--------|--------|--------|--------|--------|--------|-------|
| Not known           | 1  | (3.03) | 1      | 1      | 0      | 0      | 0      | 3     |
| Love failure/affairs| 0  | 1      | 2      | 2      | 0      | 0      | 0      | 3     |
| Domestic abuse      | 4  | (12.12)| 2      | 3      | 0      | 1      | 1      | 15    |
| Economic Crisis     | 0  | 1      | 0      | 0      | 1      | 1      | 0      | 2     |
| Dowry               | 28 | (84.84)| 15     | 6      | 2      | 1      | 3      | 56    |
| Aids                | 0  | 0      | 0      | 1      | 0      | 0      | 0      | 1     |
| Psychiatry          | 0  | 0      | 1      | 0      | 0      | 0      | 0      | 1     |
| Infertility         | 0  | 0      | 0      | 1      | 1      | 0      | 0      | 2     |
| Unemployment        | 0  | 0      | 1      | 0      | 0      | 0      | 0      | 1     |
| Total               | 33 | (39.29)| 20     | 14     | 4      | 6      | 5      | 84    |

(Figures mentioned in parenthesis are percentages)

hospital services which may be because of ignorance of their relatives to hospitalise the victims.

Out of 84 female victims of alleged dowry, in 59 female victims (70.2%), the incidence occurred at their own residence, while in 25 female victims 29.8% cases, the incidence occurred at places other than their own residence. Similar findings are noted by Dasari et al. Sixty one percent females (105) suffered burns in their in-laws house while the rest at other places.

Similar findings were noted by Jaswinder Singh et al, wherein 67.34% incidences occurred in in-laws house, while remaining occurred in other places.

In maximum burns cases, victims are brought dead 36.36% and percentage of burns in maximum cases (50%) is 71-90% of Total body surface area. With increasing percentage of body surface area involved in burns injury, the fatality rate increases.

Similar to Sharma B R and Modi JP also states that death in burns injury may occur within 24-48 hours, but the first week is most fatal.

Out of a total of 35 menstruating female victims, 31 (88.57 %) suffered from suicidal deaths and 4 (11.42 %) are non-suicidal deaths.

Out of 49 non-menstruating female victims, 33 (67.34 %) suffered non-suicidal deaths, 16 (32.66 %) suffered from suicidal deaths.

Strong association between menstruating uterus and suicidal deaths is observed.

The first (or menstrual) and fourth (or premenstrual) week of the menstrual cycle may be associated with many suicide attempts in women, stated by Baca–Garcia et al.

Out of 47 suicidal deaths within 7 years of marriage, in 1 (2.13 %) female victim, the provocative factor for death is love failure/affair of her husband, 6 (12.77 %) female victims committed suicide due to domestic abuse by the in-laws and 36 (76.60 %) female victims committed suicide with dowry as a provocative factor. 2 (4.26 %) female victims committed suicide with infertility as a provocative factor and 1 (2.13 %) female victim each has RVD and Psychiatric condition like depression is an important provocative factor for suicide. In maximum suicidal cases within 7 years of marriage, dowry and domestic abuse were important provocative factors and RVD and Psychiatric diseases are least provocative factors for deaths.

Out of 37 homicidal deaths within 7 years of marriage, in 2 (5.41 %) female deaths, the provocative factor for death is love affair, 9 (24.32 %) female victims suffered homicidal deaths due to domestic abuse, 2 (5.41 %) female victims suffered homicidal deaths due to economical crisis like when involved in property disputes or high paying insurance policies. In 20 (54.05 %) female victims dowry is an important provocative factor for homicidal intent.
(2.7 %) female victim suffered homicidal death due to unemployment as a provocative factor, wherein the reason for impulsive anger of the accused is the lack of economical input from the female victim to support her family. In 3 (8.11 %) female victims, the cause of homicidal intent was not known.

In Maximum homicidal deaths within 7 years of marriage, dowry and domestic abuse are major provocative factors, whereas unemployment, love affair and economical crisis are least provocative factors for homicidal intent.

Similar to Biswadeep Paul et al., family disputes pertaining to Dowry deaths including failure in love accounted for highest number of burns injury deaths. In 2010, according to NCRB, a total of 8391 and in 2016, 8618 dowry deaths are reported in India, while in Assam according to Crime Statistics, 121 female deaths are observed and according to National Crime Bureau, a dowry death occurs every 77 minutes.

Similar to the findings of Guntheti et al. where in dowry and harassment from in-laws are important provocative factors. Similar findings were noted in Dere Rajesh et al. and Meera Tet al.

According to T.C.Siddaramanna, family issues are important cause of poisoning and Chakrabartthy et al. more than one-third of deaths due to domestic conflict, marital disharmony, quarrel.

Another study with similar findings is Shrivastava et al. where dowry (25%) and domestic abuse (26.39%) being an important provocative factor for suicidal deaths and infertility (4.17%) and poverty (5.56%) being the provocative factors for least suicidal deaths among newly married females.

Maximum cases of alleged dowry deaths occurred in 1st year of marriage (39.29%) with dowry as an important provoking factor in 84.84% of deaths in 1st year of marriage.

Dowry and domestic abuse were important provocative factors for death after marriage within 7 years in alleged dowry victims. Dowry was an important factor for death within first three years of marriage. While infertility is an important provocative factor in the 3rd and 4th decade of married life, when the family pressure for bearing a child increases and hence, is a trigger factor for suspicious death.

This relationship of provocative factors and duration of marriage years was studied uniquely in this study.

5. Conclusions

Incidence of dowry deaths among unnatural deaths is 34.85% which is higher considering the fact that the study is conducted within city.

Maximum cases of alleged female dowry deaths were from younger and reproductive group which is emotionally labile. Maximum housewives, illiterate belonging to upper lower socioeconomic class suffered death.

Maximum deaths occurred within first year of marriage and did not receive hospitalization services.

Dowry was an important provocative factor in most of the deaths along with domestic abuse and infertility.

Most of the deaths occurred at their own or in-laws residence.

Most of the alleged cases of dowry were suicidal and most of the suicides were during the menstruation phase of cycle.

Asphyxia was the cause of death in most cases and a significant number of Burns injury cases were also noted.

6. Source of Funding

None.

7. Conflict of Interest

None.

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