miR-135b inhibits tumour metastasis in prostate cancer by targeting STAT6

NING WANG1*, LIANGJUN TAO2*, HUAN ZHONG1, SIHAI ZHAO1, YING YU1, BIN YU1, XIAONONG CHEN1, JIANGUO GAO1 and RONGJIANG WANG1

1Department of Urology, The First Affiliated Hospital of Huzhou Teachers College, Huzhou, Zhejiang 313000; 2Department of Urology and Institute of Prostatic Diseases, The Affiliated Wuhu No. 2 People’s Hospital of Wannan Medical College, Wuhu, Anhui 241000, P.R. China

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Abstract. MicroRNAs (miRNAs) are small non-coding RNAs that participate in several cellular functions and tumour progression. A previous microarray study demonstrated that miR-135b is downregulated in prostate cancer (PCa) cells, but the role and molecular mechanism of miR-135b in the regulation of tumour metastasis remain to be elucidated. In the present study, significant downregulation of miR-135b in PCa tissues, compared with noncancerous tissues, was detected by reverse transcription-quantitative polymerase chain reaction. Furthermore, the expression of miR-135b was demonstrated to be associated with the pathological stage and the levels of total and free prostate-specific antigen (PSA) in PCa cells. In addition, signal transducer and activator of transcription 6 (STAT6) was identified as a target of miR-135b in PCa cells by luciferase activity and western blot assays. The upregulation of miR-135b in PCa cells led to reduced expression of STAT6 in the cytoplasm and nucleus of these cells, while the overexpression of miR-135b and knockdown of STAT6 were able to inhibit the migration and invasion abilities of PCa cells in vitro. Therefore, the results of the present study indicate that miR-135b suppresses tumour metastasis by targeting STAT6.

Introduction

Prostate cancer (PCa) is the most common malignancy affecting men worldwide, and the second leading cause of cancer-associated mortalities in western countries (1). The complexity of PCa is due to its diverse metastasis profile, heterogeneous degree of aggressiveness and variable response to conventional therapies (2). Although PCa may be controlled temporarily by hormone deprivation, it eventually becomes refractory to hormonal therapy, and no effective treatment has been developed thus far for this type of hormone-insensitive cancer (3). Therefore, the development of novel drugs for the treatment of PCa, which offer higher specificity and potentially improved prognostic and clinical outcomes for patients with PCa, is required (4).

MicroRNAs (miRNAs) are a class of single-stranded small non-coding RNAs, of 17-27 nucleotides in length, which negatively regulate the expression of target genes by binding to the 3′-untranslated regions (UTRs) of their messenger (m) RNAs, thus inhibiting the process of protein translation or promoting the degradation of these mRNAs (5). By regulating the expression of genes associated with cancer, miRNAs may act as oncogenes or tumour suppressors (6,7). Recent studies have reported the dysregulation of miRNAs in human tumours, which suggests that miRNAs participate in the pathogenesis of cancer, including disease onset, progression and metastasis (8,9).

miR-135b has been previously associated with human colorectal (10) and breast cancer (11), and its expression appears to be downregulated in PCa cells (12). However, functional analysis of miR-135b in PCa has not been conducted thus far. In the present study, in silico analysis of 3′-UTRs identified signal transducer and activator of transcription 6 (STAT6) as a putative target of miR-135b. Activated STAT6 induces the expression of various genes involved in cell differentiation, proliferation, metastasis and resistance to apoptosis (13-15). It has been previously observed that STAT6 is overexpressed and activated in numerous malignancies, including PCa (16), colon cancer (17), lymphoma (18-20) and leukemia (21,22). In addition, STAT6 was identified as a robust marker gene for human PCa in previous DNA microarray studies (23).

Therefore, the aim of the present study was to investigate the association between miR-135b and its potential target STAT6 in PCa cells.

Materials and methods

Cell culture and tissue collection. PCa cell lines DU145 and PC3 were purchased from the Shanghai Cell Bank, Chinese Academy of Sciences (Shanghai, China), and maintained...
in Dulbecco's modified Eagle's medium (DMEM) (Gibco, Thermo Fisher Scientific, Inc., Waltham, MA, USA) supplemented with 10% fetal bovine serum (FBS; GE Healthcare Life Sciences, Logan, UT, USA), 100 U/ml penicillin and 100 μg/ml streptomycin (KeyGen Biotech. Co. Ltd., Nanjing, China), in an atmosphere of 5% CO₂ and 37°C. PCa and nonmalignant prostate tissues were collected from patients who underwent radical prostatectomy at the Department of Urology of The First Affiliated Hospital of Huzhou Teachers College (Huzhou, China). The use of clinical specimens in the present study was approved by the medical ethics committee of The First Affiliated Hospital of Huzhou Teachers College. Detailed information of each tissue donor is provided in Table I.

**Cell transfection.** *Homo sapiens* (Hsa)-miRNA-135b and small interfering (si)RNAs S-1 and S-2 were chemically synthesized by Gene Pharma Co., Ltd. (Shanghai, China). The sequence of Hsa-miRNA-135b mimics were as follows: Sense, 5'-UAUGCGUCCUUUCAUUCAUGUGA-3', and anti-sense, 5'-ACUAAGGAUAGAAAAACCAUAU-3'. The sequence of miRNA-135b, RT-qPCR was performed with TaqMan MicroRNA Assays (Applied Biosystems, Thermo Fisher Scientific, Inc.), using U6 as internal control. The reaction conditions were as follows: 40 cycles of 95°C for 10 min, 95°C for 15 sec and 60°C for 1 min. Relative expression levels were calculated by the 2-ΔΔCt method.

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR).** Total RNA was extracted using TRIZol (Invitrogen, Thermo Fisher Scientific, Inc.). For amplification of miR-135b, RT-qPCR was performed with TaqMan MicroRNA Assays (Applied Biosystems, Thermo Fisher Scientific, Inc.), using U6 as internal control. The reaction conditions were as follows: 40 cycles of 95°C for 10 min, 95°C for 15 sec and 60°C for 1 min. Relative expression levels were calculated by the 2-ΔΔCt method.

**Immunofluorescence analysis.** Transfected DU145 cells were seeded on coverslips, stimulated with 50 ng/ml human interleukin (IL)-4 (GE Healthcare Life Sciences) for 30 min, fixed with 4% paraformaldehyde (KeyGen Biotech. Co. Ltd.), blocked with 3% bovine serum albumin (BSA; GE Healthcare Life Sciences) for 1 h, and incubated with primary antibodies overnight at 4°C. Fluorescein isothiocyanate-labeled secondary antibody was then added for 2 h at 37°C, and following staining with DAPI (KeyGen Biotech. Co. Ltd.) for 5 min, the cells were subjected to confocal laser scanning (Nikon Corporation, Tokyo, Japan).

**Migration and invasion assays.** At 24 h post-transfection, PC3 and DU145 cells were added to the upper chamber of a 24-well plate with 8-μm pores (BD Biosciences, San Jose, CA, USA), which was coated with Matrigel (BD Biosciences) for invasion assays, and 0.7 ml of 20% FBS-DMEM was then added to the lower chamber. Following incubation for 48 h, non-migrated or non-invaded cells were removed from the upper well by cotton swabs, while the migrated or invaded cells were fixed with 95% methanol, stained with 0.1% crystal violet (KeyGen Biotech. Co. Ltd.), and photographed in five independent fields/well.

**Luciferase reporter assay.** For the luciferase reporter assay, cells were cotransfected with wild-type or mutant STAT6 3'-UTR reporter plasmid and miR-135b, using Lipofectamine 2000 (Invitrogen, Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol.

**Western blot analysis.** Total protein was collected with Total Protein Extraction Kit (KeyGen Biotech. Co. Ltd., Nanjing, China). Proteins (30 μg) were separated on a 10% sodium dodecyl sulfate-polyacrylamide gel, and transferred electrophoretically onto polyvinylidene difluoride membranes (BD Biosciences). The membranes were blocked in 5% skimmed milk for 1 h, and then incubated for 2 h with rabbit anti-STAT6 (1:1,000; Abcam, Cambridge, MA, USA), rabbit anti-phosphorylated (p)-STAT6 (1:1,000; Cell Signaling Technology, Inc., Danvers, MA, USA) or rabbit anti-GAPDH (1:1,000; Bioworld, Technology, Inc., St. Louis Park, MN, USA), which

| Characteristics | No. of patients |
|-----------------|----------------|
| Age (n=32)      | Median (range) 70 (56-76) |
| T stage (n=32)  | T1 2, T2 17, T3 12, T4 1 |
| N stage         | N0 27, N1 5 |
| M stage         | M0 0, M1 32 |
| Total PSA at diagnosis (n=29) | Median (range) 18.00 (6.66-63.74) |
| Free PSA at diagnosis (n=26) | Median (range) 2.01 (0.65-21.00) |
| Gleason score (n=32) | <7 10, =7 12, >7 10 |

PSA, prostate-specific antigen.

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Table I. Clinical characteristics of the 32 patients with prostate cancer who participated in the present study.
was used as loading control. Following incubation with goat anti-rabbit secondary antibody (Bioworld, Technology, Inc.), the signals derived from the antibody-antigen binding reaction were detected by enhanced chemiluminescence (BD Biosciences).

Statistical analysis. Data are reported as the mean ± standard error of the mean. All experiments were conducted in triplicate. The correlation between downregulation of miR-135b and levels of total or free PSA in the PCa samples was analysed using the Spearman rank correlation test. All other data were compared by two-sided t-test. Statistical analysis was performed with SPSS software version 17.0 (SPSS, Inc., Chicago, IL, USA). P<0.05 was considered to indicate a statistically significant difference.

Results

miR-135b is significantly downregulated in PCa tissues. The expression of miR-135b was analyzed in 32 primary PCa samples and 14 nonmalignant samples by RT-qPCR. The results revealed that the expression of miR-135b was significantly downregulated in PCa tissues, compared with noncancerous tissues (Fig. 1A). The results also indicated that the expression levels of miR-135b were possibly correlated with the pathological T stages of PCa (Fig. 1A). Furthermore, the results demonstrated significant inverse correlations between the expression levels of miR-135b and the levels of total and free PSA (Fig. 1B and C, respectively). No statistical significant difference was observed for the association between the expression levels of miR-135b and the Gleason scores (Fig. 1D).

miR-135b inhibited PCa cell migration and invasion. The role of miR-135b on cell migration and invasion, two key determinants of malignant progression and metastasis, was assessed in human PCa cells. A significant decrease in cell migration was observed in miR-135b-mimics-transfected PC3 and DU145 cells, compared with negative control (NC)-transfected cells (Fig. 2A). The effect of miR-135b on cell invasion across the extracellular matrix was evaluated, and it was observed that the ectopic expression of miR-135b also reduced the invasion ability of PCa cells (Fig. 2B). These results suggested a mechanism by which the overexpression of miR-135b may contribute to the inhibition of tumour progression and metastasis in human PCa.

STAT6 was targeted by miR-135b. To explore the mechanism by which miR-135b regulates cell metastasis, a miRNA target search was performed with three target prediction programs, including TargetScan (http://www.targetscan.org/), miRanda (http://www.microrna.org/microrna/home.do) and PicTar (http://pictar.mdc-berlin.de/), and highly conserved putative binding sites for miR-135b were identified in the 3′-UTR of STAT6 (Fig. 3A). When miR-135b-mimics were cotransfected with the reporter plasmids, the relative luciferase activity of the reporter plasmid containing wild-type STAT6 3′-UTR was markedly reduced, while the luciferase activity of the reporter plasmid containing mutant STAT6 3′-UTR was unaltered (Fig. 3D). Furthermore, western blotting analysis was conducted to determine whether the expression of STAT6 was regulated by miR-135b. As presented in Fig. 3B, the protein expression...
levels of STAT6 and p-STAT6 were markedly downregulated following transfection with miR-135b mimics. These results indicated that miR-135b may downregulate the expression of STAT6 through the miR-135-binding sequences located at the 3'-UTR of the STAT6 gene.

**miR-135b reduced the IL-4-induced nuclear translocation of STAT6.** The effect of miR-135b on the cellular localization of STAT6 was examined by immunofluorescence analysis. Under basal conditions, the immunofluorescent signal corresponding to STAT6 was located predominantly in the cytoplasm of PC3 cells (Fig. 3C). The levels of STAT6 were reduced in the cytoplasm of PC3 cells following transfection with miR-135b mimics (Fig. 3C). Treatment of DU145 cells with IL-4 (50 ng/ml) for 30 min resulted in marked translocation of STAT6 to the nucleus (Fig. 3C). Furthermore, the IL-4-induced nuclear translocation of STAT6 in DU145 cells was reduced following transfection with miR-135b mimics (Fig. 3C).

**Knockdown of STAT6 mimicked miR-135b inhibition.** To investigate if miR-135b mediates its metastasis-suppressive effects primarily through knocking down STAT6, PC3 and DU145 cells were transfected with two siRNAs-STAT6 (S-1 and S-2). The results of western blot analysis indicated that S-1 and S-2 knocked down the expression of STAT6 at the protein level (Fig. 4A). In addition, the effect of siRNA-STAT6 S-1 on the migration and invasion abilities of PCa cells was analysed in subsequent experiments. As expected, compared with NC-transfected cells, STAT6-knockdown DU145 and PC3 cells exhibited reduced migration and invasion abilities (Fig. 4B and C), similarly to the phenotype displayed upon miR-135b restoration.

**Discussion**

Previous studies have reported that miR-135b is overexpressed in embryonic stem cells and colorectal cancer (24,25), and a previous microarray profiling of human head and neck...
squamous cell carcinoma samples demonstrated that miR-135b was one of the most significantly upregulated miRNAs in this type of cancer (26). The expression of miR-135b in PCa is controversial, since miR-135b was previously observed to be upregulated in certain PCa tissues (27) but downregulated in certain PCa cell lines (28). However, no functional evidence for a role of miR-135b as an oncogenic or tumour-suppressive miRNA has been documented thus far. In the present study, miR-135b appeared to be markedly downregulated in PCa tissues, compared with normal tissues. Previous clinical observations have suggested that miR-135b may be downregulated in oral squamous cell carcinoma, particularly in the advanced stage (29), which is consistent with the results of the present study.

Furthermore, the expression levels of miR-135b were observed to be inversely correlated with the levels of total and free PSA. Previous studies have suggested that miR-135b may be a potential diagnostic and prognostic marker for colorectal cancer (30-32). These results indicate that, as a tumour-suppressor gene, miR-135b may be used as a marker for early diagnosis of PCa and for detecting tumour progression. Due to the limited number of samples in the present study, it is not possible to confirm whether the expression of miR-135b is associated with the Gleason scores. Therefore, further studies with a larger number of clinical samples are required.

Since the majority of cancer-associated mortalities are caused by dissemination of the disease rather than the primary tumour, metastasis has become the most prominent problem in the clinical treatment of cancer (33). There is increasing evidence suggesting that miRNAs participate in tumour metastasis (34), since miRNAs may influence multiple steps of the metastatic cascade, including cell migration, invasion and intravasation. A previous study has revealed that dysregulation of miR-221 and miR-222 was associated with cancer progression, poor prognosis and development of metastases in patients with PCa (35). It has been previously demonstrated that miR-146a targets Rho-associated coiled-coil containing protein kinase 1 (ROCK1), and that high levels of ROCK1 promote cell proliferation, invasion and metastasis in PCa cells (36). The results of the gain-of-function experiments conducted in the present study indicated that miR-135b was positively correlated with the invasive and migratory abilities of PCa cells in vitro, since upregulation of miR-135b in the human PCa cell lines DU145 and PC3, which normally exhibit high metastatic ability and low expression levels of miR-135b, reduced the metastatic ability of these cells.

The STAT family of transcription factors consists of seven members (STAT 1-4, 5a, 5b and 6), which can be activated by a number of cytokines, hormones and growth factors (37). Upon activation, STATs dissociate from their...
receptor, form dimmers, translocate to the nucleus and bind to
cognate DNA response elements, thus activating the transcrip-
tion of their target genes (38,39). STAT6 is activated through
tyrosine phosphorylation by the cytokines IL-4 and -13 (22).
It has been previously reported that the activity of STAT6 in
PCa tissues and cell lines is significantly higher than in normal
tissues and cell lines (40). In the present study, STAT6 was
confirmed to be a target of miR-135b in PCa cells by luciferase
reporter assay, and overexpression of miR-135b in these cells
was observed to reduce the expression levels of STAT6 by
western blot assay. Previous immunofluorescence studies have
reported that STAT6 is located predominantly in the cyto-
plasm of corneal fibroblasts, and IL-4 markedly induced the
translocation of STAT6 to the nucleus of these cells (41). These
findings are consistent with the results of the present study,
whereby the expression levels of STAT6 in the cytoplasm of

Figure 4. Effects of STAT6 knockdown on the cell migration and invasion abilities of the human prostate cancer cell lines DU145 and PC3. (A) The protein
expression levels of STAT6 were assessed by western blotting in DU145 cells transfected with two small interfering RNAs-STAT6 (S-1 and S-2), and compared
with those in DU145 cells transfected with a negative control. Knocking down STAT6 led to reduced (B) migratory and (C) invasive capacity in DU145 and
PC3 cells. Data are presented as the mean ± standard error of the mean. *P<0.05 and **P<0.01 by t-test. STAT6, signal transducer and activator of transcrip-
tion 6; NC, negative control; GAPDH, glyceraldehyde 3-phosphate dehydrogenase.
the PCa cell lines tested, and the IL-4-induced levels of STAT6 in the nucleus of these cells, were observed to be reduced upon transfection with miR-135b mimics. These results indicated that the upregulation of miR-135b inhibited the expression of STAT6 and reduced the IL-4-induced nuclear translocation of STAT6 in PCa cells. Previous studies have reported that mice lacking STAT6 exhibited higher tumour immunity to primary and metastatic mammary carcinoma, compared with normal mice (42, 43). In the present study, knocking down STAT6 significantly reduced the metastatic potential of PCa cells in vitro. This is consistent with the aforementioned findings regarding the correlation between the upregulation of miR-135b in PCa cells and the reduced aggressive phenotype displayed by these cell lines. Taken together, the data of the present study indicate that miR-135b modulates the metastatic ability of PCa cells by regulating the expression of STAT6.

In conclusion, the findings of the present study suggest that miR-135b functions as a tumour suppressor, affecting the metastatic ability of PCa cells by targeting STAT6, since STAT6 knockdown resulted in reduced cell metastasis. In addition, miR-135b was able to reduce the IL-4-induced nuclear translocation of STAT6 in these cells. The findings of the present study suggest that miR-135b functions as a tumour suppressor, reducing the metastatic ability of PCa cells by targeting STAT6. Furthermore, the expression of miR-135b was observed to be associated with the pathological T stages and levels of total and free PSA in patients with PCa. The present study indicates that miR-135b may offer an attractive novel target for diagnostic and therapeutic intervention in PCa.

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