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Quantifying the effect of trypsin and elastase on in vitro SARS-CoV infections

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ARTICLE INFO

Keywords:
Coronavirus
Protease
Parameter estimation
Mathematical model
In vitro infections

ABSTRACT

The SARS coronavirus (SARS-CoV) has the potential to cause serious disease that can spread rapidly around the world. Much of our understanding of SARS-CoV pathogenesis comes from in vitro experiments. Unfortunately, in vitro experiments cannot replicate all the complexity of the in vivo infection. For example, proteases in the respiratory tract cleave the SARS-CoV surface protein to facilitate viral entry, but these proteases are not present in vitro. Unfortunately, proteases might also have an effect on other parts of the replication cycle. Here, we use mathematical modeling to estimate parameters characterizing viral replication for SARS-CoV in the presence of trypsin or elastase, and in the absence of either. In addition to increasing the infection rate, the addition of trypsin and elastase causes lengthening of the eclipse phase duration and the infectious cell lifespan.

1. Introduction

Severe acute respiratory syndrome (SARS) is a viral respiratory disease similar to pneumonia that was identified in 2002 in China (Drosten et al., 2003). A causative coronavirus, SARS-CoV, can transmit the infection from animals to humans (Drosten et al., 2003; Ksiazek et al., 2003). The 2002 outbreak originated in bats (Hu et al., 2017; Li et al., 2005), recombined in Himalayan palm civets and raccoon dogs, and jumped to humans in an animal market (Rest and Mindell, 2003; Guan et al., 2003; Ksiazek et al., 2003). While the SARS-CoV outbreak was quickly controlled, zoonotic transmission is a severe threat to public health, as evidenced by the recent emergence of SARS-CoV-2 (Chen et al., 2020; Wu et al., 2020), so it is important to understand properties of emerging viruses.

One technique for studying viral replication is the use of in vitro experiments. Unfortunately, in vitro experiments cannot completely replicate the in vivo environment (Mizutani, 2010; Sims et al., 2008). Specifically, not all cell lines used to study respiratory viruses have the proteins necessary to support viral replication (Simmons et al., 2011). In these cases, the missing components are added to the medium to facilitate viral infection (Bertram et al., 2011).

SARS-CoV enters healthy cells by inducing fusion between viral and cellular membranes (Simmons et al., 2004, 2013). Virus-cell fusion is mediated through the S protein that needs to be activated by a host cell protease (Heurich et al., 2014). The localization of this protease determines in which cellular compartment membrane fusion occurs (Kawase et al., 2009; Simmons et al., 2013; Watanabe et al., 2008). The S protein is cleaved into a heterodimer consisting of an extracellular receptor binding subunit, S1, and a membrane-anchored subunit, S2, responsible for mediating membrane fusion (Simmons et al., 2004). Binding of S1 to its cellular receptor induces conformational changes in the S1/S2 complex, allowing viral entry (Song et al., 2018). Thus host cells proteases are indispensable for SARS infectivity (Simmons et al., 2004).

During in vivo infections, the host provides the proteases necessary for cleavage of the S protein (Bertram et al., 2011, 2012; Kam et al., 2009; Zmora et al., 2014). However, during in vitro infections, these proteases need to be added to help the infection proceed. Several possible proteases have been identified (Bertram et al., 2011; Belouzard et al., 2009, 2010; Zmora et al., 2014), but some are more commonly used than others. Trypsin is a prototype serine endopeptidase that has been studied in the context of virus glycoprotein cleavage-activation and has been shown to cleave the SARS-CoV S protein (Kirchdoerfer et al., 2018). Elastase is a protease used to enhance SARS in vitro infections, activating fusion and entry in VeroE6 cells (Matsuyama et al., 2005). Like trypsin, elastase can shift SARS-CoV entry to a low pH-independent route by cleaving the S protein (Belouzard et al., 2010; Matsuyama et al., 2005). Elastase-induced infection is less efficient when compared to trypsin-induced infection (Belouzard et al., 2009, 2010) because elastase has a much smaller S1 cleft than trypsin.
While trypsin and elastase are used in vitro to facilitate viral entry into the cell, it is not clear that their effect is limited to that part of the viral replication cycle. Some of the effects of trypsin and elastase in SARS infections are known; others need to be explored. For example, both trypsin and elastase have been shown to enhance replication of SARS-CoV (Matsuyama et al., 2005). Additionally, activation of the S protein allows not just virus-cell fusion, but cell-cell fusion (Simmons et al., 2004; Howard et al., 2008). Elastase is produced in the lungs during the inflammatory response by neutrophils (Kawabata et al., 2002) and is known to drive severe pneumonia and lung injury in SARS-CoV infected patients (Ami et al., 2008; Kawabata et al., 2002). It is important to understand how these secondary effects of trypsin and elastase alter the time course of the infection in order to develop a complete understanding of SARS-CoV infection.

In this paper, we analyze and quantify the dynamical changes caused by the addition of trypsin and elastase to SARS infection experiments. We parameterize a within-host mathematical model of respiratory viral infection using experimental data of SARS-CoV growth in VeroE6 cells in the presence and absence of trypsin and elastase. We find that the addition of trypsin changes all parameter values from untreated conditions as the target cells are infected by the virus $T$ at an infection rate $\beta$. Then the infected cells enter an eclipse phase $E$ and pass through all the compartments $E_j$ with mean eclipse duration $\tau_j$ before becoming infectious. Next, cells in the infectious compartments, $I_0$, produce new virus particles at a rate $p$ and at the same time the virus loses infectivity at a rate $c$. Infectious cells die after a mean time of $\tau_I$. The model is depicted in Fig. 1. In addition to the model parameters, we also calculate the infecting time $t_{inf} = \sqrt{2/(\beta p)}$ that represents the average time between virus leaving a cell and entering the next cell (González-Parra et al., 2018; Holder and Beauchemin, 2011).

### 2. Materials and methods

#### 2.1. Mathematical model

We use a within host model of viral infection with the method of stages to generate gamma distributions for the cell transitions from eclipse to infectious and infectious to dead. This model has previously been used to analyse other respiratory infections such as influenza (Pinilla et al., 2012; Paradis et al., 2015; Beggs and Dobrovolny, 2015; González-Parra et al., 2018), and RSV (González-Parra et al., 2018; González-Parra and Dobrovolny, 2018). The system of differential equations is

\[ \dot{I}_j = \frac{n_j I_{j-1}}{\tau_I} - \frac{n_j I_j}{\tau_I}, \quad \text{for } j = 2, \ldots, n_I \]

\[ \dot{E}_j = \frac{n_j E_{j-1}}{\tau_E} - \frac{n_j E_j}{\tau_E}, \quad \text{for } j = 2, \ldots, n_E \]

\[ \dot{I}_i = \frac{n_j E_j}{\tau_E} - \frac{n_j I_j}{\tau_I} \]

\[ \dot{E}_1 = 0 \]

\[ \dot{I}_1 = \frac{n_j E_{j-1}}{\tau_I} - \frac{n_j I_{j-1}}{\tau_I} \]

\[ \dot{I}_n = \frac{n_j I_{j-1}}{\tau_I} - \frac{n_j I_j}{\tau_I} \]

\[ \dot{I} = -\beta TV \]

\[ \dot{E}_1 = \beta TV - \frac{n_E}{\tau_E} E_1 \]

\[ \dot{E}_j = \frac{n_E}{\tau_E} E_{j-1} - \frac{n_E}{\tau_E} E_j, \quad \text{for } j = 2, \ldots, n_E \]

\[ \dot{I}_0 = p \sum_{j=0}^{n_I} I_j - cV, \]

where the target cells $T$ are infected by the virus $V$ at an infection rate $\beta$. Then the infected cells enter an eclipse phase $E$ and pass through all the compartments $E_j$ with mean eclipse duration $\tau_j$ before becoming infectious. Next, cells in the infectious compartments, $I_0$, produce new virus particles at a rate $p$ and at the same time the virus loses infectivity at a rate $c$. Infectious cells die after a mean time of $\tau_I$. The model is depicted in Fig. 1. In addition to the model parameters, we also calculate the infecting time $t_{inf} = \sqrt{2/(\beta p)}$ that represents the average time between virus leaving a cell and entering the next cell (González-Parra et al., 2018; Holder and Beauchemin, 2011).

#### 2.2. Fitting experimental data

We used experimental data of SARS in vitro infections in the presence and absence of the proteases trypsin and elastase. We extracted the data from Matsuyama et al. (Matsuyama et al., 2005) using WebPlotDigitizer (https://automeris.io/WebPlotDigitizer/). In this experiment, VeroE6 cells were infected with 10 pfu of SARS-CoV Frankfurt 1 strain (multiplicity of infection (MOI) of 0.0001). After 30 min adsorption, cells were cultured in the presence of low-concentration proteases: 12.5 µg/mL trypsin or 125 µg/mL elastase, or without proteases for 20 h. Virus in the supernatant is measured via RT-PCR and calibrated to pfu.

We fit the mathematical model of viral infection (described by Eq. (1)) to experimental data of the viral infections in the presence and absence of the proteases separately to the infection model using least-squares minimization. We assumed that infections in the presence of different proteases were described by different infection parameters $(\beta, p, \tau_I, \tau_E, n_E, n_I)$. Since the data does not include the viral decay phase, we set the viral clearance rate to $c=0.9/d$ found for in vitro infections of SARS HKU39849 (Rowell and Dobrovolny, 2020). We set the initial conditions as the target cells $T(0) = 1$, and cells in the eclipse and infectious compartment $(E_i, I_i)$ equal to 0, so all the cells were uninfected when the virus was added. We used the L-BFGS-B method from the Scipy library of Python to calculate the minimum sum of squared residuals (SSR).

#### 2.3. Bootstrapping and statistical analysis

We produced distributions for each parameter in the presence and absence of trypsin and elastase using bootstrapping. Bootstrapping is a general method of statistical inference based on building a sampling distribution for a model by resampling from the data at hand (Efron and

![Fig. 1. Schematic of the mathematical model. Target cells are infected by virus at rate $\beta$. They remain in the eclipse phase for a time $\tau_E$ and actively release virus at rate $p$ for a time $\tau_I$.](image-url)
3. Results

3.1. Model fits to data

We fit a mathematical model of viral infection (described by Eq. (1)) to experimental data of SARS infection in the presence of trypsin, or elastase, or in the absence of both. Fitting of the model to data allows estimation of a number of parameters characterizing different phases of the viral replication cycle such as duration of the eclipse phase ($\eta$), infectious cell lifespan ($\tau_I$), infection rate ($\beta$), production rate ($p$), and infecting time ($t_{inf}$). Model fits to experimental data are shown in Fig. 2 and best fit parameters are given in Table 1. Parameter correlation plots are included in the supplemental material. The addition of proteases to a higher infection rate with the addition of trypsin leading to a 40-fold increase in the infection rate from the untreated infection and the addition of elastase leading to a 30-fold increase from the untreated infection. Increase in the infection rate is offset slightly by a reduced viral production rate when proteases are added. The addition of elastase reduces production by about half and the addition of trypsin reduces production to about one third of the untreated value. The eclipse phase duration ($\eta$) is markedly higher in the presence of proteases; 7.83 h in the presence of trypsin and 20.3 h in the presence of elastase, compared to 1.31 h for the untreated infection. The infectious lifespan ($\tau_I$) is also longer in the presence of proteases; 79.2 h in the presence of trypsin and 67.9 h in the presence of elastase, compared to 1.21 h for the untreated infection. Finally, the infecting time is lower in the presence of proteases with both trypsin and elastase estimated to reduce infecting time to about half an hour compared to almost two hours in the untreated infection.

3.2. Statistical analysis

While parameter estimates suggest that there are differences in dynamics between protease-mediated infections and untreated infections, we need to assess whether these differences are statistically significant. Fig. 3 shows the bootstrap parameter estimates for untreated infections, trypsin-treated infections, and elastase-treated infections. For some parameters, like infectious cell lifespan and infection rate, there is a clear separation between parameter distributions for untreated and protease-treated infections. To check for statistical significance in differences between parameter distributions, we used the Mann–Whitney U-test; p-values from the test are given in Table 2. All parameter values differ significantly for trypsin and untreated data. The addition of elastase does not significantly alter the production rate or the infecting time, although it does significantly change the infection rate, eclipse duration, and infectious cell lifespan. For all parameters, the addition of trypsin or elastase results in statistically indistinguishable parameter values.

4. Discussion

Since trypsin and elastase are added to SARS-CoV in vitro infections to facilitate viral entry, we expected to observe changes in the infection rate and both proteases substantially increased the infection rate (43-fold for trypsin and 30-fold for elastase). SARS-CoV can enter cells via an endosomal pathway that does not require extracellular proteases (Kawase et al., 2009; Bertram et al., 2013), so this is the likely entry pathway during untreated infections. Our results suggest that both elastase and trypsin activate the cell membrane entry pathway allowing for easier and quicker entry into the cell. While cell entry is more efficient in protease-mediated infections, we observe compensating delays in other parts of the replication cycle. The addition of trypsin and elastase both lead to longer eclipse phase durations and infectious life-spans, resulting in viral titers time courses that do not appear drastically different from protease-free infections.

More generally, our findings indicate that proteases affect more of the viral replication cycle than just cell entry and that different proteases do not affect the replication cycle in the same manner. This is important for correct interpretation and extrapolation of in vitro experiments since proteases used in vitro are not necessarily the proteases that mediate the infection in vivo. Several proteases have been identified as possible mediators of SARS-CoV infection in vivo including MSPL (Zmora et al., 2014), DESC1 (Zmora et al., 2014), cathepsin L (Huang et al., 2006; Simmons et al., 2005), HAT (Bertram et al., 2011), and TMPRSS2 (Glowacka et al., 2011; Matsuyama et al., 2010; Shulla et al., 2011). It will be crucial to determine whether these proteases also affect more than just cell entry to get a thorough understanding of SARS-CoV infection in vivo. This is particularly important since researchers have considered using fusion protease inhibitors as possible antivirals for SARS-CoV (Shen et al., 2017; Zhou et al., 2015; Laporte and Naensens, 2017), so understanding fully the role of proteases in the infection can help prevent unintended side effects.

Additionally, some proteases can alter the kinetics of the cells being used in the experiment. For example, trypsin is known to alter Vero cell growth kinetics (Rourou et al., 2013) as do a number of other proteases (Rourou et al., 2009). This could alter the number of target cells available for infection. Trypsin is also known to interact with components of the innate immune response (Seitz et al., 2011; Indaaloo et al., 2017; Kido, 2015) generated by infected cells, also potentially contributing to the observed changes in the viral replication cycle.

Other viruses are also known to use proteases to facilitate viral entry in vitro. Trypsin in particular has been used in vitro for several viruses including influenza virus (Klenk et al., 1875), pseudorabies virus (Riteau et al., 2006), rotavirus (Benureau et al., 2005; Arias et al., 1996), reovirus (Yeung et al., 1989), and the coronavirus responsible for...
Middle East respiratory syndrome (MERS) (Qian et al., 2013a). A recent study even suggests that the barrier for some coronaviruses in jumping species is the availability of proteases to cleave surface proteins (Menachery et al., 2020). In all cases, trypsin helps with fusion of the virus with the cell membrane, so there should be some similarities in the effect on at least the entry phase of the replication cycle. Understanding the similarities and differences between trypsin’s (or other proteases’) effect on different viruses can help expedite experiments when a new virus, such as MERS-CoV or SARS-CoV-2, develops.

The limitations of this study are driven by the data. Given the small number of data points, not all the parameters are identifiable (Miao et al., 2011). More experiments, with data taken over a longer time period including more of the decay phase, will help ensure parameter identifiability and can help reduce spread of the distributions, perhaps allowing identification of other protease-induced parameter changes. The model also leaves out some details of the infection. For example, the cell–cell fusion often induced by the presence of proteases (Zmora et al., 2014; Bertram et al., 2011; Simmons et al., 2011) is not included in the model. While immune response is limited in vitro, some elements of the innate response are present (Fehr et al., 2016; Qian et al., 2013b), but are also not explicitly included in the model. While not explicitly included, these effects are captured implicitly in changes in parameter values, as exemplified by the increased clearance rate of

| Parameter | Trypsin | 95% CI | Untreated | 95% CI | Elastase | 95% CI |
|-----------|---------|--------|-----------|--------|----------|--------|
| β (h⁻¹)   | 5.46 × 10⁻⁶ | (0.36–19.1) × 10⁻⁶ | 1.26 × 10⁻⁷ | (0.90100–4.88) × 10⁻⁷ | 3.77 × 10⁻⁶ | (0.0640–13.9) × 10⁻⁶ |
| p (h⁻¹)   | 1.38 × 10⁶   | (0.54–4.43) × 10⁶  | 4.13 × 10⁶  | (2.44–100)0 ÷ 10⁶  | 1.97 × 10⁶  | (0.698–33.3) × 10⁶  |
| 𝜏₀ (h)    | 7.83      | 1.22–13.2 | 1.31      | 0.537–9.32 | 20.3     | 1.60–71.0  |
| 𝜏₁ (h)    | 79.2      | 6.64–100 | 1.21      | 0.181–70.3 | 67.9     | 0.925–100  |
| 𝜏ₑ (h)    | 0.515     | 0.289–3.33 | 1.96     | 0.535–3.59 | 0.520    | 0.174–2.43 |
| SSR       | 0.266     | 0.0258–0.795 | 0.238   | 0.0238–0.247 | 0.0623   | 0.0254–0.296 |

Table 1
Best fit parameter values, SSRs, and 95% confidence intervals (CI) for SARS in vitro infections with trypsin, with elastase, or without protease.

Table 2
Mann-Whitney p values for comparing parameter distributions. Numbers in bold indicate statistically significant differences.

| Parameter | Trypsin/Untreated | Elastase/Untreated | Trypsin/Elastase |
|-----------|-------------------|--------------------|------------------|
| β         | 3.27 × 10⁻⁴       | 6.16 × 10⁻³        | 0.217            |
| p         | 1.64 × 10⁻³       | 0.0130             | 0.351            |
| 𝜏₀        | 7.44 × 10⁻³       | 1.65 × 10⁻³        | 0.0340           |
| 𝜏₁        | 2.44 × 10⁻³       | 2.50 × 10⁻³        | 0.209            |
| 𝜏ₑ        | 3.58 × 10⁻²       | 0.0142             | 0.453            |

Fig. 3. Parameter distributions for SARS-CoV infecting VeroE6 cells in the presence of elastase, trypsin or absence of both. Parameters are: infection rate (top left), viral production rate (top right), eclipse phase duration (center left), infectious cell life span (center right), and infecting time (bottom).
elastase-induced infections that can be attributed to an elastase-enhanced immune response.

The use of in vitro experiments is necessary for the development of antivirals and vaccines; proteases are used to facilitate viral infections in cell lines that lack the necessary proteins. Understanding the effect of proteases on the phases of the replication cycle is crucial for development of these therapies. Our study showed that trypsin-induced infections differed from elastase-induced infections not just in the infection rate, but also in the infecting time and viral clearance rate.

Credit statement

Conceptualization, TR; methodology, TR; software, TR; validation, TR and HMD; formal analysis, TR; writing — original draft preparation, TR; writing — review and editing, TR and HMD; supervision, HMD; project administration, HMD. All authors have read and agreed to the published version of the manuscript.

Conflict of interest

The authors declare no conflict of interest.

Appendix A. Supplementary data

Supplementary data associated with this article can be found in the online version, at https://doi.org/10.111/j.viruses.2021.198423.

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