Cerebral venous sinus thrombosis after adenovirus-vectored COVID-19 vaccination: review of the neurological-neuroradiological procedure

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Abstract
Cerebral venous and sinus thrombosis (CVST) after adenovirus-vectored COVID-19 ChAdOx1 nCov-19 (Oxford–AstraZeneca) and Ad26.COV2.S (Janssen/Johnson & Johnson) is a rare complication, occurring mainly in individuals under 60 years of age and more frequently in women. It manifests 4–24 days after vaccination. In most cases, antibodies against platelet factor-4/polyanion complexes play a pathogenic role, leading to thrombosis with thrombocytopenia syndrome (TTS) and sometimes a severe clinical or even fatal course. The leading symptom is headache, which usually increases in intensity over a few days. Seizures, visual disturbances, focal neurological symptoms, and signs of increased intracranial pressure are also possible. These symptoms may be combined with clinical signs of disseminated intravascular coagulation such as petechiae or gastrointestinal bleeding. If TTS-CVST is suspected, checking d-dimers, platelet count, and screening for heparin-induced thrombocytopenia (HIT-2) are diagnostically and therapeutically guiding. The imaging method of choice for diagnosis or exclusion of CVST is magnetic resonance imaging (MRI) combined with contrast-enhanced venous MR angiography (MRA). On T2*-weighted or susceptibility weighted MR sequences, the thrombus causes susceptibility artefacts (blooming), that allow for the detection even of isolated cortical vein thromboses. The diagnosis of TTS-CVST can usually be made reliably in synopsis with the clinical and laboratory findings. A close collaboration between neurologists and neuroradiologists is mandatory. TTS-CVST requires specific regimens of anticoagulation and immunomodulation therapy if thrombocytopenia and/or pathogenic antibodies to PF4/polyanion complexes are present. In this review article, the diagnostic and therapeutic steps in cases of suspected TTS associated CSVT are presented.

Keywords Cerebral venous sinus thrombosis · Adenovirus-vectored COVID-19 vaccination · Vaccine-induced immune thrombotic thrombocytopenia

Introduction
Reporting of several fatal cases with cerebral venous sinus thrombosis (CVST) and other thromboses at various sites in combination with a thrombocytopenia 4 to 28 days after vaccination with the SARS-CoV-2 vaccines ChAdOx1 nCov-19 (Oxford–AstraZeneca) and Ad26.COV2.S (Janssen/Johnson & Johnson) led to restriction of vaccination in several countries. This condition has been introduced as vaccine-induced thrombotic thrombocytopenia (VITT) or vaccine-induced postthrombotic immune thrombocytopenia (VIPIT) [1, 2]. More recently, according to the Brighton Collaboration, a more actual definition of thrombosis with thrombocytopenic syndrome (TTS) was proposed, which relies on evidence of thrombosis and new-onset thrombocytopenia without known exposure to heparin [3]. Clinical characteristics and outcome of patients with CVST with TTS (CVST-TTS) and
CVST without TTS after SARS-CoV2-vaccination have been described in a recent cohort study. In patients with CVST-TTS, a high mortality at discharge of 47% has been shown [4], even though the mortality is decreasing provided the earlier recognition and improved treatment [5].

Headache is the leading symptom of CVST as well as of CVST-TTS. Therefore, an increasing requirement of MRI examinations of the cranium (cMRI) has been recognized. For avoidance of under- or overdiagnosis, a coordination of the diagnostic procedure between neurologists and neuroradiologists is required. In this review, we aim to summarize the current available literature on the diagnostic management of CVST-TTS. Furthermore, we propose an interdisciplinary agreed diagnostic and therapeutic approach, if vaccine-induced CVST with or without TTS is suspected with reference to the recommendations of the German Society for Thrombosis and Haemostasis Research (GTH) [2].

History

Thrombotic thrombocytopenia after vaccination has been described occasionally for vaccination against influenza, rabies, and H1N1 [6]. However, CVST was not reported in these patients. Since the beginning of 2020, the COVID-19 pandemic has been keeping the countries in Europe and worldwide in suspense. In the European Union (EU) so far, the European Medicines Agency (EMA) approved two RNA vaccines BNT162b2 (BioNTech/Pfizer) and mRNA-1273 (Moderna) and the two adenovirus-vectored vaccines ChAdOx1 nCov-19 (Oxford–AstraZeneca) and Ad26.COV2.S (Janssen/Johnson & Johnson). With a good effectiveness and safety profile, serious side effects, such as acute severe allergic reactions, are very rare [7]. However, since March 2021, there has been an increase in individual cases with some reported fatal outcomes of CVST-TTS after vaccination with the AstraZeneca vaccine ChAdOx1 nCov-19 (Vaxzevria®). Until March 16, 2021, in Europe (mainly in Great Britain) more than 20 million people had received the AstraZeneca Vaccine, and during this period the EMA registered only 7 cases of multiple vein thrombosis in association with a disseminated intravascular coagulation (DIC) and 18 cases of CVST-TTS. At the same time period, in Germany more than 4.6 million AstraZeneca vaccine doses had been administered and 45 cases with CVST-TTS, some of them with fatal outcome, were reported [8]. Furthermore, additional cases of TTS have been observed with Ad26.COV2-S vaccine [4, 6, 9].

Epidemiology

The number of reported cases in Germany associated with dangerous CVST-TTS after ChAdOx1 nCov-19 vaccination was 45 by May 2021 [8]. Considering the number of approx. 2.1 million persons who received the vaccine between 01/29/2021 and 03/19/2021 in Germany who mostly were under 65 years of age (Robert Koch Institute vaccination quotas), a rate of up to 4.3 cases with CVST-TTS per 100,000 vaccinated persons under 65 years of age is estimated. In comparison with the incidence of spontaneous CVST (about 0.22 to 1.75/100,000 person-years based on data from several European countries [10–12]), this indicates a relatively increased risk of CVST-TTS. So far, most of them were women up to 63 years of age (rarely older) [1, 2, 13–16]. Beside, or in combination with extensive (sometimes fatal) thromboses of the large intracranial sinuses also cortical cerebral vein thrombosis may occur. A recent international multicentre cohort study revealed a total of 116 patients with post vaccination CVST [4].

Pathophysiology

CVST-TTS occurred usually within 4–24 days after vaccination with ChAdOx1 nCov-19 (Oxford–AstraZeneca) [2]. CVST-TTS clinically resembles heparin-induced, antibody-induced thrombocytopenia (HIT-2) [17]. Recently, the assumed antibody-mediated autoimmunological process was further clarified [1, 14, 15]. Previously, conspicuously high antibody titres against platelet factor 4 (PF4)/Heparin have been found in COVID-19 sufferers, however without platelet-activating effect [18]. It has been shown that by the adenovirus-based vector vaccine—other than through the SARS-CoV-2 virus itself—platelet-activating antibodies against PF4/polyanion complexes were induced [1, 14, 15]. The vaccines ChAdOx1 and Ad26.COV2 contain replication-incompetent adenoviral vectors, such as chimpanzee ChAdOx1 and human Ad26.COV2-S, respectively. These two factors encode the spike glycoprotein on SARS-CoV-2 [19]. Interactions between the vaccine and platelets or PF4 could play a role in the pathogenesis of TTS. The possible explanation for this phenomenon is that the free DNA in the vaccine could bind to PF4 and trigger these PF4-reactive autoantibodies in the VITT setting [1]. An important observation in vaccine-induced TTS is the preponderance of thrombosis in the cerebral venous sinuses. Although HIT is a prothrombotic condition, it has not been reported to preferentially being present in association with CVST. Moreover, brain-imaging studies of the patients with post-COVID-19 vaccination TTS and CVST have detected a high rate of intracranial bleeding [16].

Symptoms of vaccine-induced CVST

The neuropsychiatric symptoms of CVST-TTS are similar as compared to spontaneous aseptic CVST without TTS:
Subacute or acute, mostly holocephalic headache
- Epileptic seizures
- Personality changes, delirium
- Visual disturbances
- Central paresis and/or other focal neurological symp- toms
- Quantitative and/or qualitative disturbance of con- sciousness

A recent multicentre cohort study analyzed characteristics of CVST-TTS in comparison with CVST without TTS. Frequency of symptoms seemed to be comparable, the possible impairment of consciousness seemed be more severe in CVST-TTS [4]. Since vaccine-induced CVST may be associated with TTS resulting in DIC, it is mandatory to search for signs of related bleeding:
- Cutaneous hematomas
- Petechiae
- Persistent secondary bleeding at cutaneous puncture sites
- Gastrointestinal bleeding

**Laboratory diagnostics of vaccine-induced CVST**

**General considerations with CVST**

Usually, an increase in plasma d-dimer levels is detectable in venous thrombosis of any location. A normal d-dimer value, however, does not exclude a CVST, especially in patients with (1) isolated headache or (2) duration of symptoms for longer than 1 week [20]. Generally, in patients with CVST, it has to be clarified whether acquired thrombosis risk factors are present (tumor disease, infection, dehydration, steroid intake, etc.), and for women additionally administration of oral contraceptives or pregnancy. If the relevance of acquired risk factors is unclear or a combined etiology is suspected, the search for hereditary or immunogenic thrombophilia is recommended [20]:
- Heterozygous or homozygous factor V Leiden mutation (10–25% of cases)
- Heterozygous or homozygous prothrombin mutation G20210A
- Congenital antithrombin deficiency
- Congenital protein C or protein S deficiency
- Persistently increased factor VIII
- Antiphospholipid antibodies
- Hyperhomocysteinemia
- Very rarely dysfibrinogenemia

**A** History of COVID vaccination (ChAdOx1 or Ad26.COV2) within last 4-30 days
**Presenting symptoms:**
- New, continuing headache
- Focal neurological symptoms
- Petechia, easy bruising, or bleeding
- No history of heparin exposure

**B** Lab workup at moderate suspicion:
- CBC with platelet count and peripheral smear
- cMRI or cMRA (see Tab. 1 & 2)*
- D-dimer level
- INR and PTT

**Additional lab workup at high grade suspicion:**
- Fibrinogen level
- PF4-ELISA (HIT assay)

**C** Presence of moderate to severe thrombocytopenia
- Presence of thrombosis (CVST) on imaging
- Positive PF4 screening assay

**D** Avoid heparin and platelet transfusion
- Close collaboration between neurologist, neuroradiologist and hematologist
- IVIG 1 mg/kg body weight for 2 days after PF4 antibodies have been sent
- Use of non-heparin anticoagulants for treatment of thrombosis (e.g. argatroban)

**Fig. 1 Flowchart if CVST-TTS is suspected. Recommendations according to [31]. A Vaccination history and clinical signs of CVST. B Graduation of suspicion of CVST-TTS. C Diagnostic confirmation. D Treatment recommendations in case of CVST-TTS. * hint on MR imaging modalities. cMRI cranial magnetic resonance imaging, cMRA cranial magnetic resonance angiography, CBC complete blood count, INR: international normalized ratio, PTT partial thromboplastin time, PF4 platelet factor 4, HIT heparin-induced thrombocytope- nia**

**General considerations with DIC**

A severe, rapidly developing DIC is confirmed by evidence of thrombocytopenia, prolonged partial thromboplastin time (PTT) and prolonged prothrombin time (PT), increased levels of plasma d-dimer (or fibrin degradation products), and decreased fibrinogen plasma level.

**Procedure at suspicion of vaccine-induced CVST**

The laboratory work-up is initially directed by the grading of the clinical suspicion of CVST-TTS: more moderate suspicion or high level of suspicion (Fig. 1). The laboratory work-up at moderate suspicion to be ordered before the indication for cerebral imaging should include the following:
Blood count (platelet count!)
- Coagulation parameters (D-dimers!)
- Inflammation markers (C-reactive Protein [CRP], leukocytes)

- At presence of thrombocytopenia: order supplementary test for EDTA-associated pseudothrombocytopenia and request a manual blood count (with reference to platelet activation). Go on with cranial imaging as specified in the chapters below.
- At absence of thrombocytopenia: if also plasma D-dimer level is normal, CVST-TTS is unlikely; still, standard MRI with negative MRA or CT with contrast-enhanced venography should be considered. If plasma D-dimer level is increased, MRI with contrast-enhanced venography or CT with contrast-enhanced venography is obligatory.

The laboratory work-up at high suspicion of CVST-TTS or imaging-proven CVST should in addition include the following:

- Screening ELISA for HIT-2 (in many hospitals 24/7)
- Levels of immunoglobulins (exclusion of IgA deficiency prior to potential administration of intravenous immunoglobulins)
- Search for hereditary or immunogenic thrombophilia (see earlier chapter)

- If HIT-2 screening assay is positive: specialized laboratory workup with heparin-induced platelet aggregation (HIPA) assay and—if HIPA is negative—the modified HIPA assay to detect elevated serum IgG antibodies against PF4-polyanion complexes (“PIPA”—assay, performed in specialized labs, e.g., the Institute of Immunology and Transfusion Medicine Greifswald University Medical Centre); only a positive HIPA or PIPA assay proves vaccine-induced thrombosis [2].
- If HIT-2 screening assay is positive, CVST is proven on cranial imaging decide urgently on the administration of intravenous Immunoglobulins (Cave: IgA deficiency has to be excluded prior to this therapy! [2].

**Imaging of vaccine-induced CVST**

Radiologic imaging in suspected CVST is well established [20]. The procedural imaging approach is not so much different between “regular” CVST and vaccine-induced CVST after vaccination against SARS-CoV-2. Cranial cross-sectional imaging should be performed immediately even in cases of moderate suspicion of CVST on an emergency basis and especially in cases of neurological deficits and conspicuous paraclinical findings (thrombocytopenia, platelet drop, D-dimers—rather unreliable). The choice of method—MRI or CT unenhanced or with a contrast medium—is based on the in-house imaging protocol, local conditions, the patient’s condition, any potential contraindications, and the available neuroradiological expertise. If only unenhanced imaging is performed (in case of moderate suspicion, see above), MRI is the method of choice. An alternative is contrast-enhanced CT. CT and MRI should each be performed with venous angiography (CTA, MRA); native MRA is sufficient in cases of moderate suspicion of CVST (see above) along with normal platelet count and plasma D-dimer level. To avoid radiation exposure, MRI should be preferred in younger patients and during pregnancy. In pregnancy, unenhanced MRA can avoid the administration of contrast medium [21]. In addition, MRI allows clarification of a broader differential diagnostic spectrum and can directly visualize smaller thrombi. We take the knowledge on the typical pathognomonic signs for granted, and provide concise overview in Supplementary Fig. 1. In the diagnosis of cortical venous thrombosis, MRI is superior to CT according to our experience. For this diagnostic question, T2* sequence is more specific in detecting thrombosed veins compared to SWI (susceptibility-weighted imaging) since on SWI both thrombosed and non-thrombosed veins appear with hypointense blooming signal. Here, it is particularly important to also scan the structures close to the vertex. The T2* sequence is highly sensitive as an indirect marker of hemorrhage/blood deposition—and thus also in the context of atypical hemorrhage, possibly in venous outflow obstruction in the context of sinus or venous thrombosis.

The in-house examination protocol on the Siemens Avanto (1.5 Tesla) as well as the Siemens Vida (3.0 T) with corresponding imaging findings may be found in the Supplementary files (see sequences in Supplementary Tables S1, S2, S3).

Until now, at the University Medical Center, we have been able to detect bridging vein thrombosis in 5 patients and atypical bleeding with corresponding thrombi in the sinuses in 2 patients who presented with headache after vaccination with the SARS-CoV-2 vaccines ChAdOx1 nCov-19 (Oxford–AstraZeneca) and Ad26.COV2.S (Janssen/Johnson & Johnson). One course of a patient with CVST-TTS and intracranial bleeding was fatal.

The following three case studies show that after vaccination with ChAdOx1 nCov-19 (Oxford–AstraZeneca) or with Ad26.COV2.S (Janssen/Johnson & Johnson) vaccine with headache, sinus or bridging vein thrombosis should be considered as a possible complication.

**Case 1** Bridging vein thrombosis after ChAdOx1 nCov-19 (Oxford–AstraZeneca) vaccination 12 days ago.

A 25-year-old female patient was vaccinated with ChAdOx1 nCov-19 (Oxford–AstraZeneca) vaccine. From the 12th day after vaccination, she experienced persistent headache and a feeling of pressure bifrontally—pain scale
This increased especially when turning her gaze. In addition, there was a photo- and phonophobia with staggering dizziness, especially when standing up.

The typical morphologic correlate of a thrombosis of bridging veins is the “blooming sign” in T2* (see Fig. 2A–C). PC-MRA provided a native method for vascular imaging (see Fig. 2E). Flow artifacts in unenhanced imaging could be verified in CE-MRA (see Fig. 2E) and T1 MPR after contrast agent application (see Fig. 2F, G).

**Case 2** Bridging vein thrombosis, SAB and thrombosis of the sigmoid sinus after ChAdOx1 nCov-19 (Oxford–Astra-Zeneca) vaccination 11 days ago.

A 31-year-old man after ChAdOx1 nCov-19-vaccination (11 days ago) showed flu-like symptoms for 1–2 days with improvement. Now cephalgia was present for about 4 days. SARS CoV2-PCR-test was negative. At the time of clinical presentation, he had a holocephalic headache with a range of 8 of 10 in subjective pain scale. Decreasing pain symptoms undergoing intravenous paracetamol application to 6 of 10. The clinical laboratory values show elevated d-dimers and a thrombocytopenia. Figure 3 show left sigmoid sinus thrombosis.

**Case 3** Atypical bleeding after Ad26.COV2.S (Janssen/Johnson & Johnson) vaccination 12 days ago.

A 29-year-old patient had a Sars-CoV2-vaccination using “one-shot” of Ad26.COV2.S (Janssen/Johnson & Johnson). At the time of his clinical presentation, he was somnolent, disoriented, had headache since 3 o’clock in the night, and recurrent nausea and vomiting. In neurological examination, he had no paresis. The laboratory findings showed evidence of vaccine-induced immune thrombotic thrombocytopenia.

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**Fig. 2** Thrombosis in the area of the cerebral veins bifrontal and bioccipital. A, B Low signal vascular courses in T2*-weighted imaging (arrows). C Blooming sign (asterisk) in susceptibility-weighted imaging (SWI). MRA with absent signaling of the bridging veins on the right (asterisk) in unenhanced PC-MRA (D) and CE-MRA (E). F, G Multiplanar 3D T1-weighted CE imaging demonstrates lack of contrast of thrombosed bridging veins (arrow).
The immediately performed CT and MRI scans revealed atypical hemorrhages of the right hemisphere with thrombosis of the left bridging veins as well as the transverse and sigmoid sinus (Fig. 4).

Hemicraniectomy and hematoma evacuation right hemispheric followed. Indication for anticoagulation with argatroban, a drug used to inhibit blood clotting by direct inhibition of thrombin, was given.

**Therapy of vaccine-induced CVST**

**Preclinical considerations**

If vaccine-induced CVST with or without TTS is suspected, or if petechial skin hemorrhage is present, there is indication of emergency hospital admission. In the case of a clinically unclear assessment in outpatient setting, the blood count should be checked urgently. In the case of thrombocytopenia, the immediate hospital admission is indicated [22].

**Acute treatment**

Because of the potentially foudroyant course, the patient with proven vaccine-induced CVST-TTS should be treated during the first few days on a Stroke unit or, if the course
is severe, in the (neuro-) intensive care unit with regular neuromonitoring. The general measures follow the guidelines for therapy for any CVST [20]. The special measures at CVST-TTS are set out below. If CVST-TTS with proven thrombocytopenia is present, the immediate anticoagulation with a HIT2-approved anticoagulant, preferably argatroban or danaparoid, should be started even before receiving the result of the HIT-2 screening assay. If the HIT2 screening assay is negative, a TTS is unlikely. In this case, anticoagulation may be switched to a low molecular weight heparin. In the case of the positive HIT2 screening test, there is a suspicion of a vaccine-induced TTS, and therapeutic anticoagulation has to be continued with argatroban or danaparoid. In addition, the administration of high-dose intravenous immunoglobulins (IVIG) has to be considered [2, 22, 23]. The GTH recommends a IVIG dose of 1 g/kg body weight applied each on day 1 and day 2 (Cave: IgA deficiency has to be ruled out prior to IVIG application; IVIG infusion rate \( \leq 10 \text{ g/h} \) [2]). The principles of action of IVIG in immunogenic TTS are listed in Table 1 [2, 22, 24]. At lack of response to IVIG plasmapheresis and possibly other immunosuppressive therapies may be considered [25]. In case of a space-consuming brain edema, a decompression craniectomy should be considered [26, 27]. A neuroradiological intervention with slow local fibrinolysis treatment of the intravenous thrombus through arterial side using a microcatheter, optionally in combination with transvenous mechanical recanalization, e.g., by means of a suction catheter, may be considered, however cannot generally be recommended in view to the negative results of the TO-ACT study [26]. On the other hand, we have observed a case of vaccination-induced thrombosis of the internal carotid artery with secondary embolic main stem closure of the middle cerebral artery (without thrombocytopenia) who had a favorable course after systemic thrombolytic therapy [28]. This supports the idea that local fibrinolysis may be a treatment option in desperate cases CVST-TTS. Depending on the course and risk of bleeding (indicated by a normalization of the platelet count), the parenteral anticoagulation may be switched to oral anticoagulation with a vitamin K antagonists (e.g., phenprocoumon) after 1–2 weeks [29]. Alternatively, after the exclusion of antiphospholipid antibody
syndrome [30], dabigatran may be considered, especially in patients with mild courses of CVST-TTS [29].

**Reporting procedures and follow-up care**

In Germany, cases of vaccine-induced CVST-TTS have to be reported to the Paul-Ehrlich-Institute (PEI), and as well the pharmaceutical manufacturer should be informed. In addition, there are scientific case collections at national and at European level. For example, all neurological clinics in Germany were asked by the German Society for Neurology (DGN) to include cases of CVST-TTS, intracerebral hemorrhage, or temporal cerebral ischemia related to a COVID-19 vaccination to a national vaccination survey; by mid-April 2021, data of more than 60 patients were evaluated and published promptly [8]. Additionally, the international Cerebral Venous Sinus Thrombosis With Thrombocytopenia Syndrome Study Group reported the clinical characteristics and clinical outcomes of a large cohort of CVST-TTS patients [4]. A second vaccination with an adenovirus-based one vector vaccine after one vaccine-induced CVST-TTS is generally contraindicated. In such a case, a specialist for vaccination should be consulted and a decision on booster vaccination with an mRNA-based vaccine can be made. The duration of oral anticoagulation after vaccine-induced CVST should be set at 4–12 months. Before stopping anticoagulation serum IgG antibodies against PF4/polyanion complexes should be controlled (HIPA assay, PIPA assay, HIT-2 screening ELISA). It can be expected that relevant antibody titres persist over at least about 100 days. Updated recommendations of the medical societies for the acute and long-term management of vaccine-induced CVST should be followed.

If CVST-TTS is suspected, the urgent control of plasma d-dimers level, platelet count, and HIT2 screening assay is mandatory. The imaging method of choice for confirming or excluding CVST is MRI with venous MRA. On T2 *w/SWI sequences, the thrombus causes susceptibility artefacts, in association with pronounced signal cancelation (blooming). MRI/MRA as well as CT/CTA can usually reliably confirm the diagnosis of CVST in synopsis with clinical and laboratory findings. Vaccine-induced CVST-TTS requires specific anticoagulation and immunomodulation therapies, especially in the case of thrombocytopenia and/or the detection of pathogenic antibodies against PF4/polyanion complexes. A close interaction between neurologists, neuroradiologists, and hemostaseology specialists is mandatory.

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**Declarations**

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**Ethics approval** This manuscript is a review article and does not require approval by an ethical committee.
Consent to participate All patients gave written informed consent to use their cranial imaging scans for scientific purposes.

Consent for publication See above.

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