Short Communication

Detection of antibodies to human herpesvirus 8 in Italian children: evidence for horizontal transmission

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Summary Human herpesvirus 8 (HHV-8), also known as Kaposi’s sarcoma associated herpesvirus (KSHV), has been shown to be the causative agent for Kaposi’s sarcoma (KS) and to be more prevalent in populations or risk groups at increased risk for KS. HHV-8 infection is rare in children from the US and the UK, but has been reported in African children. In this study we examine HHV-8 infection in children from Italy, a country with an elevated prevalence of HHV-8 in adults and high socio-economic conditions. © 2000 Cancer Research Campaign

Serological and polymerase chain reaction (PCR)-based studies have shown that human herpesvirus-8 (HHV-8) infection is frequent in the general population of the UK and the USA, but common in groups at increased risk for Kaposi’s sarcoma (KS) such as HIV-infected homosexual men (Gao et al, 1996; Kedes et al, 1996; Lenette et al, 1996; Simpson et al, 1996). Antibodies to HHV-8 are detected more frequently in sexually transmitted disease (STD) clinic attendees than in blood donors, suggesting that HHV-8 may be sexually transmitted (Kedes et al, 1996; Simpson et al, 1996). Direct evidence for homosexual transmission of HHV-8 has been reported (Martin et al, 1998; Melbye et al, 1998; Renwick et al, 1998; Smith et al, 1999). Evidence for transmission via heterosexual contact, however, is less consistent. A large study of risk factors for HHV-8 infection in South African cancer patients found that the risk of HHV-8 infection was associated with increased numbers of sexual partners (Sitans et al, 1999). A study of STD clinic attendees in London, however, found no evidence for sexual transmission in heterosexuals, including those born in Africa (Smith et al, 1999). HHV-8 infection does not occur in children in the UK (Simpson et al, 1996), and in the US occurs rarely, after puberty (Blavult et al, 1997), as would be expected for a sexually transmitted virus.

HHV-8 infection has been shown to be more common in adult blood donors from geographical areas which have an elevated incidence of classic KS, such as Italy and Greece (Calabro et al, 1998; Rezza et al, 1998; Whitby and Bosshoff, 1998; Whitby et al, 1998), or African endemic KS (Gao et al, 1996; Lenette et al, 1996; Simpson et al, 1996; Mayama et al, 1998; Olsen et al, 1998). In Italy, where marked regional variation occurs in the incidence of KS (Geddes et al, 1994, 1995), HHV-8 prevalence has been shown to mirror KS incidence, being significantly higher in the south than the north (Calabro et al, 1998; Whitby et al, 1998). KS occurs in children in Africa (Ziegler and Katongole-Mbidde, 1996) and HHV-8 infection in African children has been reported (Kasolo et al, 1997; Bourboulia et al, 1998; Mayama et al, 1998; Andreoni et al, 1999). One report provided evidence that HHV-8 infection in African children may be transmitted from mother to child (Bourboulia et al, 1998). Prevalence of HHV-8 in African children increases with age even before puberty (Bourboulia et al, 1998; Mayama et al, 1998; Andreoni et al, 1999), indicating that non-sexual horizontal transmission of the virus occurs. Detection of antibodies to HHV-8 in a small study of Ugandan children suggested an association between HHV-8 and hepatitis B infection, indicating that transmission of HHV-8 in childhood is associated with living conditions which may also facilitate infection with hepatitis B virus (Mayama et al, 1998). Childhood KS does not occur in regions with a high incidence of classic KS such as Italy and Greece. The prevalence of HHV-8 in children from non-African regions with a high incidence of classic KS and a high prevalence of HHV-8 in the adult population, is not known. Here we report on the prevalence of HHV-8 in children in Italy.

MATERIALS AND METHODS

We investigated the prevalence of antibodies to HHV-8 in 567 hospitalized children (306 male, 261 female) from three different regions of Italy, including 388 children from Modena, Emilia-Romagna (lower Po valley, Northern Italy), 76 from Brindisi and Bari, Apulia (Southeastern Italy) and 103 children from Palermo, Sicily (Southern Italy). Sera were collected from consecutive children admitted to the Departments of Pediatrics at each site. The vast majority were admitted for a single day and were being treated for minor childhood complaints. All children included in the study were seronegative for HIV-1, hepatitis B virus (HBV), HCV and Treponema pallidum, and did not have KS. Antibodies

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RESULTS

The results of the serological survey are summarized in Table 1. The prevalence of antibodies against HHV-8 LNA-1 in Italian children was 4.4%. HHV-8 seroprevalence was 4.1% in Northern Italy (the Po valley) and 5% in Southern Italy (Apulia and Sicily), which is not significantly different ($P = 0.66$, Fisher’s exact test). There was no significant difference in HHV-8 antibody prevalence between males and females (14/306, 4.6%, males; 11/361, 4.2% females, $P = 1.00$ $\chi^2$ test). Information on age was available for children from the Po valley (Table 2). Of 57 infants (<1 year), two (3.5%) had antibodies to HHV-8 (6 and 9 months old respectively). It is possible that maternal antibodies to HHV-8 were detected in these infants. A similar seroprevalence rate (3.6%) was detected in children aged 1 and 2 years. Antibodies to HHV-8 were detected in only one of 90 children aged 3–5 years (1.1%). Seroprevalence rates increased in children aged 6–10 years (6.3%) and 11–15 years (7.8%) respectively. Children aged 6 and over have a 160% increased chance of being positive compared to younger children (odds ratio 2.60, 95% confidence interval (CI) 0.95–7.5, $P = 0.06$).

DISCUSSION

The results of our study show that HHV-8 infection occurs in Italian children before puberty suggesting that non-sexual routes of transmission of HHV-8 are important in a country with a relatively high seroprevalence rate in the adult population. Vaccination to HBV was introduced into Italy several years ago. It is therefore not possible to investigate in this study whether factors facilitating HBV transmission also play a role in the transmission of HHV-8 as has been suggested in Uganda (Mayama et al., 1998). However, crowded living conditions and poor hygiene associated with HBV transmission in Africa are not found in Italy and therefore may not play a major role in HHV-8 transmission.

While in adult blood donors the presence of antibodies to HHV-8 is significantly higher in Southern than in North/Central Italy (Calabro et al., 1998; Whitby et al., 1998), in children HHV-8 seroprevalence rates show no differences between the regions surveyed. The numbers studied were low, however, so it is possible that real differences exist and could be demonstrated in a larger study. Whilst seroprevalence increases with age in children from the Po valley, especially in those aged 6–10 years, it remains lower than in adults. In contrast, seroprevalence in Ugandan children is reported to reach adult levels before puberty (Mayama et al., 1998). Overall, these findings suggest that risk factors for HHV-8 transmission differ between children and adults and that in Italy, marked regional differences occur in the risk factors affecting adults more than children.

Clustering of HHV-8 seroprevalence rates have been documented in spouses, children and siblings of patients with classic KS from Sardinia, Italy, suggesting the occurrence of intrafamilial, horizontal or vertical transmission (Angeloni et al., 1998). Further studies are needed to determine the routes of transmission of HHV-8 in children. HHV-8 has been detected in the saliva of HIV-infected KS patients (Koelle et al., 1997; Vieira et al., 1997), affecting adults more than children.

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