Climate change accelerates winter transmission of a zoonotic pathogen

Saana Sipari, Hussein Khalil, Magnus Magnusson, Magnus Evander, Birger Hörfeldt, Frauke Ecke

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Abstract Many zoonotic diseases are weather sensitive, raising concern how their distribution and outbreaks will be affected by climate change. At northern high latitudes, the effect of global warming on especially winter conditions is strong. By using long term monitoring data (1980–1986 and 2003–2013) from Northern Europe on temperature, precipitation, an endemic zoonotic pathogen (Puumala orthohantavirus, PUUV) and its reservoir host (the bank vole, Myodes glareolus), we show that early winters have become increasingly wet, with a knock-on effect on pathogen transmission in its reservoir host population. Further, our study is the first to show a climate change effect on an endemic northern zoonosis, that is not induced by increased host abundance or distribution, demonstrating that climate change can also alter transmission intensity within host populations. Our results suggest that rainy early winters accelerate PUUV transmission in bank voles in winter, likely increasing the human zoonotic risk in the North.

Keywords Climate change · Myodes glareolus · North · Puumala orthohantavirus · Winter · Zoonosis

INTRODUCTION

Global warming has been most pronounced in northern high latitude areas, i.e. Arctic tundra and boreal forest regions, where especially winters are getting warmer, wetter and more unstable. These changes and their consequences on northern ecosystems are raising concerns about the elevated risk of emergence of zoonotic diseases in these regions (Epstein 2001; Semenza and Menne 2009; Evengård and Sauerborn 2009; Randolph and Rogers 2010; Hueffer et al. 2013; Pauchard et al. 2016; Pecl et al. 2017; Contosta et al. 2019; Stoffel et al. 2020).

More than half of the known human pathogens are zoonotic (Jones et al. 2008), and the northward expanding distribution area of many zoonotic pathogens is a commonly projected effect of climate change on infectious diseases (Patz 1996; Semenza and Menne 2009; Evengård and Sauerborn 2009; Waits et al. 2018). However, the effect of climate change on endemic zoonoses that already exist in northern areas has received less attention (Parkinson and Evengård 2009; Evengård and Sauerborn 2009; Waits et al. 2018; Omazic et al. 2019). Many zoonoses found in the northern regions, such as Lyme borreliosis, tularemia, rabies, and orthohantavirus diseases are suggested to be weather sensitive (Lindgren et al. 2012; Omazic et al. 2019). Therefore, it is likely that local changes in the dynamics of endemic zoonoses will pose a more immediate risk on human health, compared to exotic, invasive pathogens. The need for improved knowledge on the mechanisms affecting and driving endemic zoonoses in the North is thus urgent.

Currently, several studies that suggest a relationship between weather and zoonotic disease transmission are based on models with pre-selected weather variables and human incidence data (Engelthaler et al. 1999; Pettersson et al. 2008; Clement et al. 2009; Xiao et al. 2013; Roda Gracia et al. 2015; Ma et al. 2019). While these studies are highly relevant in the field of epidemiology, they lack insight into the ecological mechanisms linking weather to human disease. Zoonotic diseases are transmitted via multilevel interactions between pathogens, reservoirs and/or vectors, humans and the environment. Thus, it is essential to understand the ecology of the interactions
between pathogens and their reservoirs as well (Rohr et al. 2013; Altizer et al. 2013; Ostfeld and Brunner 2015; Cohen et al. 2020).

In our study, we used a unique, long-term data set to investigate the effect of climate change on the prevalence of a northern endemic pathogen, the Puumala orthohantavirus (PUUV, family Hantaviridae) in its only known reservoir host, the bank vole (Myodes glareolus). In boreal regions, bank vole populations are cyclic, and undergo notable density fluctuations with cycles of typically 3–5 years (Hansson and Henttonen 1985; Hornfeldt 1994; Cornulier et al. 2013). Earlier studies have shown a strong temporal effect of bank vole density on density of PUUV-infected voles, and consequently, increased risk of human infection (Niklasson et al. 1995; Kallio et al. 2007; Reil et al. 2017), in humans PUUV causes nephropathia epidemica, a hemorrhagic fever with renal syndrome (Brummer-Korvenkontio et al. 1980; Vaheri et al. 2013).

Here, we tested the impact of changing winter conditions, driven by climate change, on PUUV prevalence in the reservoir host. As predictors for PUUV prevalence, we used bank vole densities and meteorological variables connected with climate change in the North, namely (1) amount of rain (mm) in autumn and winter months and (2) number of rainy days in autumn and winter months. The selected meteorological variables are in accordance with the main projected effects of climate change in the North, such as increased autumn and winter precipitation, delayed onset of winter, and decreased length of the snowy season (Rasmus et al. 2004; Jylhä et al. 2008; IPCC 2013). In addition, rainy winters are an important predictor of outbreaks of human nephropathia epidemica (Khalil et al. 2014), while the mechanism behind this relationship has remained unknown. Here, we introduce a missing piece to the puzzle: PUUV prevalence in the reservoir host.

Our study fills an important knowledge gap on the processes driving PUUV outbreaks, enabling us to investigate the relationship between changing winter weather, pathogen-host interactions and human infection risk in northern high latitude regions. In our analyses, we used long term monitoring data on meteorological observations, and on bank vole population dynamics from Northern Sweden, from two different study periods; 1980–1986, and 2003–2013.

MATERIALS AND METHODS

Ethics statement

Trapping of animals was approved by the Swedish Environmental Protection Agency (latest permission: NV-01124-15) and the Animal Ethics Committee in Umeå (latest permissions: Dnr A 61-11 and A121-11), and all applicable institutional and national guidelines for the use of animals were followed.

Study area and design

The study area was located in the eastern part of Västerbotten County, in the middle boreal subzone of northern Sweden (Sjörs 1999). The forest landscape is dominated by boreal coniferous forests and heavily influenced by forestry (Ecke et al. 2013). The 100 × 100 km study area comprises 16 regularly distributed 5 × 5 km sub-areas with an interdistance of 20 km (see (Hornfeldt 1994) for detailed study design and map). In each 5 × 5 km sub-area, four 1-ha plots were systematically placed (unless a 1-ha plot hit water (n = 6)), yielding in total 58 plots. Within each 1-ha plot, a 90 m transect run diagonally with 10 trap-stations, each constituting five snap-traps. In each 1-ha plot small mammals were trapped for three consecutive nights, with dried apple and Polish wicks as a bait (Hornfeldt 1994). The small mammal monitoring has been performed in spring and autumn, since autumn 1971 as part of the National Environmental Monitoring Programme (NEMP) (Ecke and Hornfeldt 2021). All trapped specimens are biobanked at −20 °C since autumn 1979.

Bank vole and PUUV antibody data

The bank vole data used in this study comprised 7091 individuals, trapped as part of the NEMP from autumn 1980 to spring 1986 (2334 individuals) and autumn 2003 to autumn 2013 (4757 individuals) (Niklasson et al. 1995; Khalil et al. 2016). Of the screened animals, 1349 animals (14.4 g were treated as juveniles and considered as still carrying maternal antibodies and thus not being infected (Kallio et al. 2006b). These animals were not included in any PUUV-analyses (Magnusson et al. 2015a; Khalil et al. 2016). Individual weighing < 14.4 g were treated as juveniles and considered as still carrying maternal antibodies and thus not being infected (Kallio et al. 2006b). These animals were not included in any PUUV-analyses (Magnusson et al. 2015a; Khalil et al. 2016, 2019). Of the screened animals, 1349 animals (22.6%) were PUUV antibody seropositive and termed
infected since PUUV causes a life-long persistent infection in bank voles (Meyer and Schmaljohn 2000).

Meteorological data

All meteorological data used in this study was received from the Svarterget Research Station (Mellander et al. 2007) near Vindeln, Northern Sweden, located within the NEMP area and part of the Swedish Infrastructure for Ecosystem Science (SITES). The meteorological data covers diurnal average temperature and amount of precipitation (mm) for the periods of 1980–1986 and 2003–2013. Following Hansen et al. (2013) and Khalil et al. (2014), we calculated the number of rainy days and total amount of rain (mm) for late autumn (October), early winter (November), and for the mid-winter period (December to March) in each year. Days were classified as rainy if the following conditions were met: (1) average diurnal temperature was higher than 0 °C and (2) more than 1 mm precipitation was recorded. Precipitation was classified as snow, when average diurnal temperature was ≤ 0 °C. The selected seasons and meteorological variables are in accordance with the main projected effects of climate change in the North, such as increased autumn and winter precipitation, delayed onset of winter and decreased length of the snowy season (Rasmus et al. 2004; Jylhä et al. 2008; IPCC 2013).

Statistical analyses

We used t-tests to compare 1) bank vole density, and 2) differences in mean temperatures, rainfall (mm), and number of rainy days for October, November and the mid-winter period (December–March), between the two study periods of 1980–1986 and 2003–2013. Linear regression was used to test the effect of November rain (mm, year t–1) on spring bank vole density (year t).

In addition to current spring (year t) and previous autumn densities (year t–1), we tested whether November rain (mm, year t–1), number of rainy days in November (year t–1), and mean November temperature (year t–1) explained the variation in PUUV seroprevalence in bank voles in current spring (year t). Additionally, we tested the relationship of rain (mm), number of rainy days, and mean temperature in preceding October (year t–1), and in mid-winter (December–March) with PUUV spring seroprevalence. Bank vole seroprevalence in spring was modeled as the number of positive individuals out of the total number of trapped voles in the whole study area using a generalized linear mixed effects model (glm) with binomial error distribution. The candidate explanatory variables included spring vole density (year t), preceding autumn vole density (year t–1), and weather variables (rain in mm, number of rainy days, mean temperature) for preceding October, November, and mid-winter (December–March) (See Supplementary Table S2).

For all models, we used Akaike Information Criteria (AIC) for model selection, and selected the model with the lowest AIC value. If two or more models were within 2(Δ) AIC values, we selected the most parsimonious model. All analyses were performed in R using lme4 and tidyverse packages (Bates et al. 2015, Wickham et al. 2019).

RESULTS

While bank vole density did not differ between the 2000s and 1980s study periods (Fig. 1a, Table 1), the PUUV spring seroprevalence in bank voles was significantly higher in the 2000s, but only during years above median spring density (trapping index > 0.69, see Material and methods, Fig. 1b, Table 1). At the same time, the average November temperature in the study area was notably higher during the 2000s study period, resulting in significantly wetter early winters (Fig. 2, Table 1). The amount of rain (mm) and the number of rainy days in November were both higher in the 2000s compared to the 1980s (Fig. 2, Table 1). In contrast, the number of rainy days and the total amount of rain in October, and mid-winter period (December–March, see Material and methods) did not differ between the 2000s and 1980s (Table 1).

Both previous autumn and current spring population densities, separately and combined, explained PUUV seroprevalence in spring in bank voles, and including November rain (mm) resulted in the most parsimonious model (Table 2, Fig. 3a, b). The number of rainy days in November also acted as a predictor of PUUV seroprevalence in spring, but the effect was weaker (see Supplementary Table S1). November rain did not affect bank vole density in spring (t = 1.518, p value = 0.151).

DISCUSSION

To our knowledge, our study is the first one to demonstrate a climate change effect on an endemic northern zoonosis that is not induced by increased host density or expansion of the host’s geographical distribution. Our results suggest that the increasingly wetter early winters in the North are associated with higher PUUV spring seroprevalence in the reservoir host, the bank vole, and very likely, with increased risk of human infection.

Our study provides new insights into the role of environmental factors in orthohantavirus transmission dynamics at a larger scale. So far, the relationship between precipitation and orthohantavirus prevalence in reservoir...
species or humans in other parts of the world (Asia, Americas and Central Europe) has been attributed to reservoir population growth following heavy rains and increased plant production (Engelthaler et al. 1999; Yates et al. 2002; Clement et al. 2009; Donalisio and Peterson 2011; Xiao et al. 2013; Tian et al. 2017). In our study, host density was not affected, suggesting that climate-induced mechanisms in pathogen transmission are diverse and still poorly understood.

At northern high latitudes, small rodents are vectors and reservoirs for many endemic zoonoses, such as Lyme borreliosis, tularemia and orthohantavirus diseases (Kruse et al. 2004). As temperature increases (IPCC 2013), the resulting warmer, wetter and increasingly unstable winters are expected to play an important role in the overwintering success of the rodents (Aars and Ims 2002; Hörfeldt 2004; Kausrud et al. 2008; Cornulier et al. 2013; Magnusson et al. 2015b), with a potential effect on pathogen transmission in the population. Our results suggest that a limited period of
time in the beginning of the winter (November), instead of weather conditions during the whole winter, can play an important role in the dynamics of PUUV transmission and the resulting spring prevalence in bank voles. The effect of November rain on PUUV seroprevalence in bank voles as seen in our model (Table 2) is seemingly small, yet, it is ecologically relevant. If the winter warming in the North continues to escalate as projected (IPCC 2013), the impact of wet early winters on PUUV transmission is likely to amplify.

Here, we describe three mutually non-exclusive, testable mechanisms that could explain how wet early winters may enhance PUUV transmission in bank voles: (A) altered host behavior, (B) impaired host physiology, and (C) increased environmental persistence of the pathogen (Fig. 4).

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**Table 1** Mean values (± standard error, SE) and associated t-test results for bank vole autumn density, PUUV spring seroprevalence, and weather variables in the two study periods in the 1980s and 2000s. Significant differences (p < 0.05) are highlighted in bold. Winter represents December–March.

| Variables                              | 1980s (mean ± SE) | 2000s (mean ± SE) | T    | df       | p       |
|----------------------------------------|-------------------|-------------------|------|----------|---------|
| Bank vole autumn density               | 3.9 ± 1.3         | 4.5 ± 1.1         | -0.344 | 11.83    | 0.737   |
| Bank vole spring density               | 0.7 ± 0.2         | 1.1 ± 0.3         | -1.141 | 13.98    | 0.273   |
| PUUV spring seroprevalence             | 28.6 ± 4.9        | 32.1 ± 5.9        | -0.566 | 11.24    | 0.583   |
| PUUV spring seroprevalence with spring density > 0.69 | 26.4 ± 0.9        | 45.4 ± 3.3        | -5.501 | 5.55     | **0.002** |
| November rain (mm)                     | 86.6 ± 3.4        | 21.1 ± 4          | -2.463 | 13.98    | **0.027** |
| Number of rainy days in November       | 1.7 ± 0.6         | 5.1 ± 1.2         | -2.634 | 12.97    | **0.021** |
| November temperature (°C)              | -6.3 ± 1.0        | -2.8 ± 0.9        | -2.580 | 11.73    | **0.024** |
| October rain (mm)                      | 72.2 ± 12.4       | 41.4 ± 9.3        | 1.972  | 10.34    | 0.076   |
| Number of rainy days in October        | 9.2 ± 1.7         | 7.1 ± 1.4         | 0.935  | 10.76    | 0.370   |
| October temperature (°C)               | 1.7 ± 0.5         | 2.0 ± 0.4         | -0.361 | 11.66    | 0.725   |
| Winter rain (mm)                       | 8.4 ± 2.8         | 13.3 ± 5.0        | -0.851 | 13.15    | 0.410   |
| Number of rainy days in winter         | 1.5 ± 0.4         | 3.1 ± 1.2         | -1.268 | 11.15    | 0.231   |
| Winter temperature (°C)                | -9.6 ± 0.6        | -7.2 ± 0.6        | -2.965 | 12.83    | 0.011   |

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**Fig. 2** The amount of November precipitation (mm) during the study periods in the 1980s and 2000s (rain: black, snow: grey). The amount of rain in November was significantly higher in the 2000s (p < 0.05).
In light of our findings, we state that climate change has already increased the risk of zoonotic infections and human health in the North. In the year 2007, an unprecedented outbreak of nephropathia epidemica hit northern Sweden, and acts as a striking example (Pettersson et al. 2008; Evander and Ahlm 2009; Olsson et al. 2009). Our results show, how the high vole population density in the autumn 2006 was followed by an exceptionally rainy November (Figs. 2 and 3). Consequently, spring 2007 PUUV seroprevalence in voles turned out to be substantially higher than other years (Figs. 1 and 3). Further, in 2007, many people living in the area reported unusually high level of bank vole infestation inside houses (Pettersson et al. 2008). It seems that the high host density in autumn 2006 combined with a rainy onset of winter promoted the pathogen transmission in the vole population. The wet winter likely drove voles into human dwellings to seek shelter, exposing humans to a high number of infected

Fig. 3 Relationship between PUUV spring seroprevalence in bank voles and their density in preceding autumn (a) and current spring (b); open circles represent 1980–1986 and closed circles 2003–2013. The amount of November rain (in mm, year t–1) is represented by different sized circles for 0–10, > 10–20, > 20–30, > 30–40, > 40 mm rain. The vertical dashed reference line represents median spring density (0.69). The outbreak of nephropathia epidemica in 2007 is labelled in the figure.
animals, resulting in an epidemic with historically high number of human cases in the area (Pettersson et al. 2008; Evander and Ahlm 2009; Olsson et al. 2009; Khalil et al. 2014).

In addition to PUUV, there are several other endemic northern zoonotic pathogens, potentially sensitive for the changing climate conditions, with a marked effect on human health (Lindgren et al. 2012). For instance, the effects of climate change on tick-borne-pathogens have been increasingly recognized. *Ixodes* spp. ticks have expanded their latitudinal and altitudinal distribution, and cases of tick-transmitted diseases, such as Lyme borreliosis and tick-borne-encephalitis (TBE), have increased over time (Jore et al. 2011; Medlock et al. 2013; Ostfeld and Brunner 2015; Kjær et al. 2019). Tularemia, a disease caused by the bacterium *Francisella tularensis*, involving small mammals, blood feeding insects and acari in its complicated life cycle, has also increased during the last decades (Larssen et al. 2014; Desvars et al. 2015; Ma et al. 2019). In North America and Siberia, both rabies and a lethal helminthic disease caused by *Echinococcus multilocularis* are expected to benefit from warmer winters (Parkinson and Butler 2005; Hueffer et al. 2013).

Global warming causing increasingly shorter and warmer winters at northern latitudes offers a plausible explanation for some of the already observed changes in the dynamics of zoonotic diseases, yet, the actual underlying mechanisms connecting the recent trends with climate change are poorly understood. Supported by our study, introducing reservoir dynamics in epidemiological models of zoonotic diseases is important, and will improve the accuracy and reliability of such models. Further, the climate-induced mechanisms in pathogen transmission can be diverse, and likely vary with latitude and altitude. Our results suggest that even seemingly modest changes in climate, such as increased rainfall during one particular winter month, can have a significant effect on pathogen transmission, and thus, potentially on human health (Lindgren et al. 2012). It remains unclear if the here identified climate variables are also of relevance for other zoonoses in the North. PUUV shows environmental persistence and this persistence is likely benefitting from

### Table 2

The generalized linear model with the variables best predicting PUUV seroprevalence in spring in the bank vole population (*n* = 16 years)

| Predictors                              | Odds ratios | CI       | p       |
|-----------------------------------------|-------------|----------|---------|
| Intercept                               | 0.12        | 0.09–0.17| < 0.001 |
| Bank vole autumn density (year *t−1*)  | 1.15        | 1.10–1.20| < 0.001 |
| Bank vole autumn density (year *t*)    | 1.58        | 1.34–1.87| < 0.001 |
| November rain (in mm, year *t−1*)     | 1.02        | 1.01–1.03| < 0.001 |

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**Fig. 4** Illustration of three mutually non-exclusive mechanistic processes (A–C) that may explain why high amounts of rain instead of snow in November contribute to high spring seroprevalence of the Puumala orthohantavirus (red symbols). Adverse environmental conditions, incl. heavy rains, and recurrent thaws and freezing periods, with ice bark formation and filling of holes and cavities with water and ice (A) force bank voles to increase aggregating in winter and increase their social contact in remaining and less abundant micro-habitats, resulting in increased transmission of the virus, (B) cause environmental stress in bank voles and impair their physiological condition (symbolized by rod of Asclepius) making them more susceptible for the virus and/or (C) increase the environmental persistence of the virus compared to Novembers characterized by less humid conditions and hence increase the risk of environmental transmission of the virus to the bank voles.
increased November rain (Kallio et al. 2006a) (mechanism C, Fig. 4). It is therefore important to also study potential climate responses in other zoonoses caused by pathogens with environmental persistence such as tularemia (Schulze et al. 2016), and to examine if climate change increases pathogen prevalence in the reservoir hosts and/or incidence in humans.

More detailed knowledge on the ecology of reservoir species during winter and their interaction with pathogens, and also survival of the pathogens themselves during warmer and wetter winters, is necessary to gain a mechanistic understanding of the effect of climate warming on emergence and dynamics of zoonotic diseases in the North. For PUUV and other horizontally transmitted pathogens occurring in snow covered areas on the northern and southern hemisphere, testing the three suggested mechanisms and their respective effect on disease transmission described in Fig. 4 should be pivotal.

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Author contributions SS, BH and FE developed and designed the study. SS, HK and MM led the writing and data analyses of the manuscript. The animal data collection was organized and led by BH and FE (via NEMP). The PUUV antibody analysis for the period 2003–2013 was organized and led by ME. All authors contributed to the writing and editing of the paper.

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Declarations

Conflict interest The authors declare no competing interests.

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**AUTHOR BIOGRAPHIES**

Saana Sipari is a postdoctoral researcher at the Swedish University of Agricultural Sciences. Her research interests include mammal ecology and disease ecology.  
*Address*: Swedish University of Agricultural Sciences, Skogsmarksgränd, 901 83 Umeå, Sweden.  
e-mail: saana.m.sipari@gmail.com

Hussein Khalil is a researcher at the Swedish University of Agricultural Sciences. His research interests include epidemiology and disease ecology.  
*Address*: Swedish University of Agricultural Sciences, Skogsmarksgränd, 901 83 Umeå, Sweden.  
e-mail: hussein.khalil@slu.se

Magnus Magnusson is a postdoctoral researcher at the Swedish University of Agricultural Sciences. His research interests include disease ecology and small mammal dynamics.  
*Address*: Swedish University of Agricultural Sciences, Skogsmarksgränd, 901 83 Umeå, Sweden.  
e-mail: magnus.mson@gmail.com

Magnus Evander is a professor at the Umeå University. His research interests include virology and viral zoonoses.  
*Address*: Umeå University, Department of Clinical Microbiology, 901 85 Umeå, Sweden.  
e-mail: magnus.evander@umu.se

Birger Hörnfeldt is a professor emeritus at the Swedish University of Agricultural Sciences. His research interests include ecosystem ecology and disease ecology.  
*Address*: Swedish University of Agricultural Sciences, Skogsmarksgränd, 901 83 Umeå, Sweden.  
e-mail: birger.hornfeldt@slu.se

Frauke Ecke is an associate professor at the Swedish University of Agricultural Sciences. Her research interests include landscape ecology and disease ecology  
*Address*: Swedish University of Agricultural Sciences, Skogsmarksgränd, 901 83 Umeå, Sweden.  
e-mail: frauke.ecke@slu.se

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