Three-body forces and the limit of oxygen isotopes

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The limit of neutron-rich nuclei, the neutron drip-line, evolves regularly from light to medium-mass nuclei except for a striking anomaly in the oxygen isotopes. This anomaly is not reproduced in shell-model calculations derived from microscopic two-nucleon forces. Here, we present the first microscopic explanation of the oxygen anomaly based on three-nucleon forces that have been established in few-body systems. This leads to repulsive contributions to the interactions among excess neutrons that change the location of the neutron drip-line from 28O to the experimentally observed 24O. Since the mechanism is robust and general, our findings impact the prediction of the most neutron-rich nuclei and the synthesis of heavy elements in neutron-rich environments.

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One of the central challenges of nuclear physics is to develop a unified description of all nuclei created in the laboratory and the cosmos based on the underlying forces between neutrons and protons (nucleons). This involves understanding the sequences of isotopes in the nuclear chart, Fig. 1, from the limits of proton-rich nuclei to the neutron drip-line. These limits have been established experimentally up to oxygen with proton number 8. Mapping out the neutron drip-line for larger Z is and exploring unexpected structures in neutron-rich nuclei are a current frontier in the physics of rare isotopes. The years of discovery in Fig. 1 highlight the tremendous advances made over the last decade.

Figure 1 shows that the neutron drip-line evolves regularly with increasing proton number, with an odd-even bound-unbound pattern due to neutron halos and pairing effects. The only known anomalous behavior is present in the oxygen isotopes, where the drip-line is strikingly close to the stability line 2. Already in the fluorine isotopes, with one more proton, the drip-line is back to the regular trend 3. In this Letter, we discuss this puzzle and show that three-body forces are necessary to explain why 24O 4 is the heaviest oxygen isotope.

Three-nucleon (3N) forces were introduced in the pioneering work of Fujita and Miyazawa (FM) 4 and arise because nucleons are composite particles. The FM 3N mechanism is due to one nucleon virtually exciting a second nucleon to the Δ(1232 MeV) resonance, which is de-excited by scattering off a third nucleon, see Fig. 5(e).

Three-nucleon interactions arise naturally in chiral effective field theory (EFT) 8, which provides a systematic basis for nuclear forces, where nucleons interact via pion exchanges and shorter-range contact interactions. The resulting nuclear forces are organized in a systematic expansion from leading to successively higher orders, and include the Δ excitation as the dominant part of the leading 3N forces 8. The quantitative role of 3N interactions has been highlighted in recent ab-initio calculations of light nuclei with $A = N + Z \leq 12$ 8 10.

We first discuss why the oxygen anomaly is not reproduced in shell-model calculations derived from microscopic NN forces. This can be understood starting from the stable 16O and adding neutrons into single-particle orbitals (with standard quantum numbers nlj) above the 16O core. We will show that correlations do not change this intuitive picture. Starting from 16O, neutrons first fill the 0d5/2 orbitals, with a closed subshell configuration at 22O ($N = 14$), then the 1s1/2 orbitals at 24O ($N = 16$), and finally the 0d3/2 orbitals at 28O ($N = 20$). For simplicity, we will drop the n label in the following.

In Fig. 2 we show the single-particle energies (SPE) of the neutron $d_5/2$, $s_1/2$ and $d_3/2$ orbitals at subshell clo-
which sums particle-particle ladders, and based on low-NN interactions at next-to-next-to-leading order nucleon and all other second-order diagrams) and start (including diagram Fig. 3 (d) with the ∆ replaced by a core polarization effects perturbatively that have been fit to reproduce experimental binding energies. We demonstrate this by showing SPE calculated in the G-matrix formalism [11], which sums particle-particle ladders, and based on low-momentum interactions \(V_{\text{low } k} \) obtained from chiral NN interactions at next-to-next-to-leading order (N²LO) [13] using the renormalization group. Both calculations include core polarization effects perturbatively (including diagram Fig. 3 (d) with the ∆ replaced by a nucleon and all other second-order diagrams) and start from empirical SPE [14] in \(^{17}\text{O}\). The empirical SPEs contain effects from the core and its excitations, including effects due to 3N forces.

We next show in Fig. 2 (b) the SPE obtained from the phenomenological forces SDPF-M [14] and USD-B [15] that have been fit to reproduce experimental binding energies and spectra. This shows a striking difference compared to Fig. 2 (a): As neutrons occupy the \(d_{5/2}\) orbital, with \(N\) evolving from 8 to 14, the \(d_{5/2}\) orbital remains almost at the same energy and is not well-bound out to \(N = 20\). The dominant differences between Figs. 2 (a) and (b) can be traced to the two-body monopole components, which determine the average interaction between two orbitals. The monopole components of a general two-body interaction \(V\) are given by an angular average over all possible orientations of the two nucleons in orbitals \(l_j\) and \(l_{j'}\):[10],

\[
V_{j,j'}^{\text{mono}}(\Delta) = \sum_{m,m'} \langle jmj'm'|V|jmj'm\rangle / \sum_{m,m'} 1, \tag{1}
\]

where the sum over magnetic quantum numbers \(m\) and \(m'\) can be restricted by antisymmetry (see [17, 18] for details). The SPE of the orbital \(j\) is effectively shifted by \(V_{j,j'}^{\text{mono}}\) multiplied by the occupation number of the orbital \(j\). This leads to the change in the SPE and determines shell structure and the location of the drip-line [17, 20].

The comparison of Figs. 2 (a) and (b) suggests that the monopole interaction between the \(d_{3/2}\) and \(d_{5/2}\) orbitals obtained from NN theories is too attractive, and that the oxygen anomaly can be solved by additional repulsive contributions to the two-neutron monopole components, which approximately cancel the average NN attraction on the \(d_{3/2}\) orbital. With extensive studies based on NN forces, it is unlikely that such a distinct property would have been missed, and it has been argued that 3N forces may be important for the monopole components [21].

Next, we show that 3N forces among two valence neutrons and one nucleon in the \(^{16}\text{O}\) core give rise to repulsive monopole interactions between the valence neutrons. While the contributions of the FM 3N force to other quantities can be different, the shell-model configurations composed of valence neutrons probe the long-range parts of 3N forces. The repulsive nature of this 3N mechanism can be understood based on the Pauli exclusion principle. Figure 3 (a) depicts the leading contribution to NN forces due to the excitation of a ∆, induced by the exchange of pions with another nucleon. Because this is a second-order perturbation, its contribution to the energy and to the two-neutron monopole components has to be attractive. This is part of the attractive \(d_{3/2}-d_{5/2}\) monopole component obtained from NN forces.

In nuclei, the process of Fig. 3 (a) leads to a change of the SPE of the \(j, m\) orbital due to the excitation of a core nucleon to a ∆, as illustrated in Fig. 3 (b) where the initial valence neutron is virtually excited to another \(j', m'\) orbital. As discussed, this lowers the energy of the \(j, m\) orbital and thus increases its binding. However, in nuclei this process is forbidden by the Pauli exclusion principle, if another neutron occupies the same orbital \(j', m'\), as shown in Fig. 3 (c). The corresponding contribution must then be subtracted from the SPE change due to Fig. 3 (b). This is taken into account by the inclusion of \(N + 3N (\Delta)\) forces.
The contributions from Figs. 3 (f)–(h) (plus all exchange terms) to the monopole component take into account the normal-ordered two-body parts of 3N forces, where one of the nucleons is summed over all nucleons in the core. This is also motivated by recent coupled-cluster calculations [28], where residual 3N forces between three valence states were found to be small. In addition, the effects of 3N forces among three valence neutrons should be generally weaker due to the Pauli principle.

Finally, we take into account many-body correlations by diagonalization in the valence space. The resulting ground-state energies of the oxygen isotopes are presented in Fig. 4. Figure 4 (a) (based on phenomenological forces) implies that many-body correlations do not change our picture developed from the SPE: The energy decreases to $N = 16$, but the $d_{5/2}$ neutrons added out to $N = 20$ remain unbound. Figures 4 (b) and (c) give the energies derived from NN forces, using a G matrix or low-momentum interactions $V_{\text{low } k}$, and including two-valence-neutron interactions due to 3N forces at the monopole level [20]. For all results based on NN forces, the energy decreases to $N = 20$ and the neutron drip-line is incorrectly located at $^{28}\text{O}$. The changes due to 3N forces based on $\Delta$ excitations are highlighted in Fig. 4 (b) and (c). This leads to a better agreement with the experimental energies and to a kink at $N = 16$, which is further strengthened by shorter-range 3N forces, and for Fig. 4 (c) leads to the neutron drip-line at $^{24}\text{O}$.

The same 3N forces lead to repulsion in neutron matter [20]. Our results are also consistent with early shell-model explorations with 3N forces up to $^{21}\text{O}$, where a small repulsive effect as in Figs. 4 (b) and (c) was found [31]. Because the formation of a halo is unrealistic for the $d_{3/2}$ orbital and $s_{1/2}$ is well bound (see Fig. 2 (b)), it seems unlikely that the ground states beyond $N = 16$ become bound by including the coupling to the continuum. This is consistent with Ref. 32. We plan to study 3N-force effects on unbound states in the future using the methods of Refs. 32, 33. Fluorine isotopes have one more proton than oxygen, and NN forces, primarily the tensor part, with this proton provide more binding to the valence neutrons [24]. This valence proton-neutron effect is absent in the oxygen isotopes, making the repulsive 3N mechanism visible. Important directions for future work are to include the presented 3N contributions in coupled-cluster calculations [35] and in density-functional calculations, to systematically explore the effect over the full range of the nuclear chart.

In summary, we have presented a robust 3N mechanism that provides repulsive monopole interactions be-
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