Phosphatidic Acid Produced by RaLa-activated PLD2 Stimulates Caveolae-mediated Endocytosis and Trafficking in Endothelial Cells

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Caveolae are the primary route for internalization and transendothelial transport of macromolecules, such as insulin and albumin. Caveolae-mediated endocytosis is activated by Src-dependent caveolin-1 (Cav-1) phosphorylation and subsequent recruitment of dynamin-2 and filamin A (FilA), which facilitate vesicle fission and trafficking, respectively. Here, we tested the role of RaLa and phospholipase D (PLD) signaling in the regulation of caveolae-mediated endocytosis and trafficking. The addition of albumin to human lung microvascular endothelial cells induced the activation of RaLa within minutes, and siRNA-mediated down-regulation of RaLa abolished fluorescent BSA uptake. Co-immunoprecipitation studies revealed that albumin induced the association between RaLa, Cav-1, and FilA; however, RaLa knockdown with siRNA did not affect FilA recruitment to Cav-1, suggesting that RaLa was not required for FilA and Cav-1 complex formation. Rather, RaLa probably facilitates caveolae-mediated endocytosis by activating downstream effectors. PLD2 was shown to be activated by RaLa, and inhibition of PLD2 abolished Alexa-488-BSA uptake, indicating that phosphatidic acid (PA) generated by PLD2 may facilitate caveolae-mediated endocytosis. Furthermore, using a PA biosensor, GFP-PASS, we observed that BSA induced an increase in PA localization with Cav-1–RFP, which could be blocked by a dominant negative PLD2 mutant. Total internal reflection fluorescence microscopy studies of Cav-1–RFP also showed that fusion of caveolae with the basal plasma membrane was dependent on PLD2 activity. Thus, our results suggest that the small GTPase RaLa plays an important role in promoting invagination and trafficking of caveolae, not by potentiating the association between Cav-1 and FilA but by stimulating PLD2-mediated generation of phosphatidic acid.

In addition to the large GTPase dynamin-2, which is required for fission of caveolae from the plasma membrane, several small GTPases detected in caveolin-enriched membrane fractions have been proposed to participate in caveolae-mediated transport. For example, Cdc42, a small GTPase of the Rho family, was detected in caveolae (9), where it is thought to control caveolae-mediated endocytosis by regulating actin polymerization and interactions between the actin cytoskeleton and intersec- tion, a scaffolding protein required for efficient fission and internalization of caveolae (10–12). Another small GTPase, Rab5, which is known to participate in endocytosis by regulating vesicle docking and fusion, directly binds to caveolin-1, and this interaction increases Rab5 activity (13). Moreover, Rab5 was shown to control the targeting of caveolae to early endosomes and to be essential for cholera toxin B accumulation in Golgi vesicles (14), suggesting that Rab5 facilitates intracellular trafficking of caveolae. There is also evidence that other small GTPases, such as Ras (15), RhoA (9), and Rac1 (16), localize to caveolin-enriched membrane microdomains; however, their function in caveolae-mediated endocytosis and trafficking has not yet been established.

Here, we hypothesized that yet another small GTPase, RaLa, a member of the Ras superfamily of GTPases, also participates in the regulation of caveolae internalization and trafficking. RaLa was previously shown to regulate receptor endocytosis, trafficking, and exocytosis as well as actin cytoskeletal dynamics.

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2 The abbreviations used are: EC, endothelial cell; PBt, phosphatidylbutanol; PI3K, phosphatidylinositol 3-kinase; PIPK, phosphatidylinositol 4,5-bisphosphate; EV, empty GFP vector; HLMVEC, human lung microvascular endothelial cell; TIRF, total internal reflective fluorescence; PLD, phospholipase D; ANOVA, analysis of variance; PA, phosphatidic acid.
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(17, 18). It was demonstrated that agonist-dependent endocyto-
sis of EGF, insulin, transferrin, and activin type II receptors
depends on Rala-mediated activation of its effector RalBP1
(19). Activated RalBP1 interacts with the clathrin assembly pro-
tein complex, which includes a number of endocytic proteins,
such as Eps15, epsin, and Rab11-FIP2, as well as clathrin adap-
tor protein AP-2 (20–22). Thus, RalBP1 activation is essential
for assembly of the clathrin coat and clathrin-mediated endo-
cylosis of various receptors.

We have previously shown that act-binding protein FilA is
recruited to caveolae following activation of Src kinase and Src-
dependent phosphorylation of caveolin-1 and that FilA is
required for endocytosis of albumin and trafficking of caveolae
(6). Another group demonstrated that FilA interacts with active
RalA (17). Therefore, in this work, we sought to determine the
functional significance of RalA recruitment and association
with FilA and Cav-1 in human lung microvascular endothelial
cells (HLMVECs). We observed RalA activation and recruit-
ment to EC caveolae upon stimulation of albumin, perhaps the
best studied macromolecular cargo of endothelial caveolae
(24), and demonstrated that FilA is not required for RalA activa-
tion by albumin, but rather that it is essential for RalA asso-
ciation with caveolae. Furthermore, a significant decrease in
caveolae-mediated internalization of albumin was detected in
cells treated with Rala siRNA, suggesting that RalA activation
is critical for efficient caveolae-mediated transport. Also, we
observed that PLD2-mediated production of PA downstream
of RalA was involved in the regulation of caveolae fusion and
fission events, arguably by promoting changes in membrane
curvature and actin cytoskeleton reorganization.

Materials and Methods

Cell Culture—HLMVECs (Lonza, Walkersville, MD) were
cultured on dishes coated with 0.2% gelatin in EBM-2-MV
growth medium (Lonza) supplemented with 10% FBS, L-gluta-
mate, 50 units/ml penicillin, and 50 
/ml streptomycin.

Reagents—All reagents were obtained from Sigma-Aldrich
unless stated otherwise. Filamin A mAb was obtained from
Chemicon (Temecula, CA). Caveolin-1 polyclonal antibody
was from BD Biosciences. Monoclonal antibodies for
PLD1 and RalA were from Sigma-Aldrich (Franklin Lakes, NJ).
Normal mouse IgG was obtained from Santa Cruz Biotechnology,
Inc. (Dallas, TX). Antibody for PLD1 was purchased from Cell
Signaling Technology (Danvers, MA), and the antibody for
PLD2 was provided by Drs. Nozawa and Banno (Gifu Interna-
tional Institute of Biotechnology, Gifu, Japan). DAPI, Alexa-488
BSA, and all fluorescently labeled secondary antibodies were
purchased from Molecular Probes, Inc. (Eugene, OR). HRP-
conjugated goat-anti-mouse and goat-anti-rabbit secondary
antibodies were from KPL (Gaithersburg, MD). n-Octyl gluco-
side was purchased from RPI (Mt. Prospect, IL). PLD1 inhibitor
VU0359595 was from Cayman Chemical (Ann Arbor, MI), and
PLD2 inhibitor VU 0364739 was from Tocris Bioscience (Bristol,
UK).

Transfection and Infection of ECs—GFP-tagged human Rala
as well as constitutively active (RalA [G23V]) and dominant nega-
tive (RalA [S28N]) mutants were kindly provided by Dr. Ferguson
(John P. Robarts Research Institute, London, Canada). Rala
siRNA (ON-TARGET plus SMART pool) was from Dharma-
con (Pittsburgh, PA), which included four on-target sequences:
oligonucleotide 1, GGACUACGCUGCAUUAGA; oligonu-
cleotide 2, CAAAUAAGGCRAAGGGUCGA; oligonucleotide
3, GAGGAAGCCAGAUCAUA; and oligonucleotide 4,
GAAAUUGCCAGGAGAAAGA.

Full-length Homo sapiens caveolin-1 was used as a template
to generate C-terminal RFP-tagged caveolin-1 (Cav-1-RFP).
HLMVECs were transfected with Cav-1 or RalA constructs
alone or in combination with control, FilA siRNA, or RalA
siRNA by nucleofection (Amaxa Inc., Gaithersburg, MD)
according to the manufacturer’s instructions. Cells were used
for experiments 48–72 h after transfection.

GFP-PASS lentiviral construct was added to HLMVECs
transfected with Cav-1-RFP for 48 h. Cells were then starved
and stimulated with BSA (30 mg/ml). Adenoviral constructs,
vector control, and dominant negative mutants of hPLD1
K898R and mPLD2 K758R were generated at the University of
Iowa Gene Transfer Vector Core (Iowa City, IA). Adenoviral
constructs (5 plaque-forming units/cell) of vector control,
hPLD1 K898R, or mPLD2 K758R mutant were added to HLM-
VECs grown to ~80% confluence in EBM-2-MV growth
medium (Lonza) supplemented with 10% FBS. After overnight
culture, the virus-containing medium was replaced with fresh
complete medium and treated with BSA (30 mg/ml).

RalA Activation Assay—The RalA activation assay kit was
purchased from Upstate (Temecula, CA) and used according
to the manufacturer’s instructions. Briefly, HLMVECs were
serum-deprived for 5 h and then incubated with 30 mg/ml BSA
at 37 °C for 5, 10, or 30 min. Cells were washed with ice-cold
TBS and lysed in a buffer containing 50 mM Tris-HCl, pH 7.5,
0.2 mM NaCl, 1% Nonidet P-40, 0.5 mM dithiothre-
titol, 1 mM PMSF, and protein inhibitor mixture. Lysates were
precleared with glutathione-agarose and incubated with aga-
rose-conjugated RalBP1 for 30 min at 4°C. The amount of pre-
cipated active RalA was estimated by densitometry analysis
from Western blots. The time course for RalA activation was
calculated from three independent experiments.

Cell Fractionation by Density Gradient Centrifugation—
Fractionation was conducted as described previously (25) with
slight modifications. Briefly, two confluent 100-mm plates were
washed and scraped into basal buffer (20 mM Tris-HCl, pH 7.8,
250 mM sucrose) supplemented with 1 mM CaCl2 and 1 mM
MgCl2. Cells were centrifuged at 1,000 
 for 10 min, and
the cell pellet was suspended in 1 ml of basal buffer containing
1 mM CaCl2, 1 mM MgCl2, and protease inhibitor mixture (Sigma-
Aldrich). Cells were lysed by 40 strokes with a Dounce homog-
izer followed by passage 10 times through a 27-gauge needle.
Lysates were centrifuged at 10,000 
 for 10 min to remove
unbroken cells and large cell fragments. Supernatants were
collected and mixed with an equal volume of 50% OptiPrep and
overlaid with 20, 15, 10, 5, and 0% OptiPrep gradient in basal
buffer containing 1 mM sodium orthovanadate. Gradients were
centrifuged at 52,000 
 in SW55Ti rotor for 10 h at 4°C.
Twelve fractions were collected starting from the top of the
gradient, and equal volume samples of each fraction were ana-
alyzed by SDS-PAGE.
Immunoprecipitation and Western Blotting Analysis—For stimulation studies, cells were starved for 3 h and then treated with BSA (30 mg/ml for 30 min). For Western blotting, cells were lysed on ice for 30 min in lysis buffer containing 20 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1 mM EDTA, 60 mM n-octyl glucoside, 1% Triton X-100, 1 mM PMSF, 1 mM sodium orthovanadate, and protease inhibitor mixture. All insoluble material was removed by centrifugation (100,000 × g for 45 min). For immunoprecipitations, lysates were incubated with M-280 Dynabeads coated with sheep anti-mouse IgG (Dynal Biotech, LLC) preconjugated with monoclonal anti-filamin A or anti-FLAG antibodies for 1 h at 4 °C. Proteins were resolved by SDS-PAGE and processed with an ECL Super Signal kit (Pierce), and then relative band intensities (densitometry) from scanned blots were determined using ImageJ software (National Institutes of Health).

Fluorescent Albumin Uptake, Immunostaining, and Confocal Microscopy—For uptake experiments, GFP construct, RalA cDNA constructs, and RalA siRNA were transfected into HLMVECs seeded on collagen-coated glass coverslips. Forty-eight h after transfection, cells were serum-deprived for 2–3 h in basal medium and then treated with 0.1% 1-butanol, 2-butanol, or 200 nM PLD inhibitors for 1 h. After treatment, cells were incubated with Alexa-488-BSA or Alexa-555-BSA (50 µg/ml) in basal medium containing 0.1 mg/ml unlabeled BSA for 30 min at 37 °C and washed with acid wash buffer (pH 2.5) followed by Hanks’ balanced salt solution to remove surface-bound BSA, fixed with 4% PFA, permeabilized with 0.1% Triton X-100, and stained with the nuclear marker DAPI (1 µg/ml). Uptake was quantified for 50 cells/sample. Each experiment was repeated three times. Alexa-488-BSA uptake was estimated from thresholded images using the ImageJ Particle Analysis module.

For immunostaining, non-transfected cells or HLMVECs transfected with empty GFP vector (EV), RalA constructs, or RalA siRNA were fixed with 4% paraformaldehyde, permeabilized, and incubated with caveolin-1 or RalA antibodies (1 µg/ml). Non-confocal DAPI images were acquired using mercury lamp excitation and a UV filter set. Confocal microscopy was performed using a Zeiss LSM 510 META microscope (Carl Zeiss MicroImaging, Inc.) with 488- and 543-nm excitation laser lines and pinhole set to achieve 1 Airy unit.

Total Internal Reflective Fluorescence (TIRF) Microscopy—HLMVECs transfected with Cav-1-RFP were infected with EV, hPLD1 K898R, or mPLD2 K758R mutants for 36 h and then starved for 3 h before stimulation with BSA (30 mg/ml). In some experiments, 200 nM PLD inhibitor was added into the system 1 h before BSA stimulation. Live cell TIRF images were acquired using a Zeiss Axio Observer Z1 microscope (Carl Zeiss MicroImaging, Inc.) with 561-nm excitation and a ×100/1.46 numeric aperture α-Plan-Fluor objective. Experiments were conducted at 37 °C in 5% CO2 in a Pecon XL TIRF S incubator chamber.

PLD Activation Assay—HLMVECs were labeled with [32P]orthophosphate (5 µCi/ml) in phosphate-free medium with 2% fetal bovine serum for 18–24 h (26, 27). Cells were then washed in minimal essential medium and treated with thrombin (0.05 units/ml) for 30 min in the presence of 0.1% 1-butanol. Treatment was terminated by the addition of 1 ml of methanol-concentrated HCl (100:1, v/v). Cellular lipids were extracted, and [32P]PBl, an indicator of PLD activation in vivo (28), which was formed as a result of PLD-mediated trans-phosphatidylation, was separated by TLC in 1% potassium oxalate-impregnated silica gel H plates as described (28). Briefly, the upper phase of ethyl acetate/2,2,4-trimethylpentane/glacial acetic acid/water (65:10:15:50, v/v/v/v) was used as the developing solvent system. Unlabeled PBt was introduced as a carrier, the lipids were separated by TLC and visualized by autoradiography, and radioactivity of PBt was quantified by liquid scintillation counting. Data generated were expressed as a percentage of control.

Statistical Analysis—Statistical comparisons were performed with GraphPad Prism5 using ANOVA with significance level set at p < 0.05; p < 0.01 and p < 0.001 were considered highly significant.

Results

RalA Is Activated by Albumin in HLMVECs—To test whether RalA is activated upon the addition of albumin to stimulate caveolae-mediated endocytosis, we assessed RalA-GTP/RalBP1 binding. Starved HLMVECs were stimulated with 30 mg/ml BSA for 5, 10, and 30 min. Clarified lysates were incubated with a RalBP1 fragment, and the amount of co-precipitated GTP-bound RalA was analyzed by Western blotting. An increase in RalA activity was detected after 10 min and remained elevated through 30 min of BSA stimulation (Fig. 1A). Densitometry analysis of Western blots revealed a 35% enhancement in the amount of GTP-bound RalA in the presence of BSA (Fig. 1B), suggesting that RalA is activated during caveolae-mediated endocytosis of albumin.

RalA Is Associated with Cargo-loaded Caveolae in Endothelial Cells—To investigate whether RalA is localized on caveolae, we examined RalA distribution in density gradient fractions of
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HLMVECs. The majority of endothelial RalA was localized to cholesterol-enriched fractions (fractions 2–4), which also contained Cav-1 and FilA (Fig. 2A). However, because centrifugation in the density gradient separates protein complexes and organelles based on the ratio of protein to lipid, RalA could be associated with lipid rafts and not necessarily caveolae. Co-immunoprecipitation analysis verified that in starved cells, RalA interacts with both Cav-1 and FilA (Fig. 2B), indicating that RalA may be associated with caveolae by directly binding to either FilA or Cav-1. Moreover, stimulation of caveolae-mediated endocytosis with 30 mg/ml BSA induced an increase in association between RalA, Cav-1, and FilA (Fig. 2B), implying that formation of the RalA-Cav-1-FilA complex occurs during caveolae-mediated endocytosis. To confirm that RalA associates with caveolae actively participating in albumin transport, we stimulated HLMVECs with Alexa-488-BSA and assessed RalA localization. RalA was concentrated at the plasma membrane and also in a vesicular pool that co-localized with the internalized BSA (Fig. 2C). Together with biochemical analysis of cholesterol-enriched membrane fractions and immunoprecipitation results, these data suggest that RalA is recruited to cargo-loaded caveolae.

**Association between RalA and Cav-1 Is Nucleotide-dependent—** Increased RalA activity and association of RalA and Cav-1 in response to the addition of BSA raises the possibility that this interaction might be nucleotide-dependent. To test this hypothesis, we transfected HLMVECs with GFP-tagged WT RalA, constitutively active RalA mutant (RalA G23V), or dominant negative RalA mutant (RalA S28N) and assessed their association with internalized BSA (Fig. 3A). Western blotting analysis confirmed equal expression of all RalA constructs (Fig. 3A), whereas immunoprecipitation of GFP-tagged WT or mutant RalA constructs revealed that Cav-1 primarily associated with constitutively active GTP-bound RalA G23V mutant (Fig. 3B). Neither overexpressed WT RalA nor dominant negative RalA S28N mutant was found in the complex with Cav-1, implying that RalA activation is essential for its recruitment to caveolae.

**Expression of Dominant Negative RalA Mutant Inhibits Caveolae-mediated Endocytosis of Albumin—** Because RalA interacts with Cav-1 in a GTP-dependent manner, we tested whether RalA activation is required for caveolae-mediated endocytosis. HLMVECs transfected with GFP-tagged RalA mutants were incubated with Alexa-555-BSA for 30 min, acid-washed to remove surface-bound albumin, and fixed. As shown in Fig. 4A, cells expressing constitutively active RalAG23V-GFP mutant accumulated internalized BSA in perinuclear regions, whereas in cells expressing dominant negative RalAS28N-GFP mutant, BSA accumulation was reduced and appeared as small vesicles evenly distributed throughout the cytoplasm (Fig. 4A). Quantification of BSA uptake in GFP-positive cells revealed that dominant negative RalA mutant reduced caveolae-mediated endocytosis by ~35% in comparison with cells transfected with empty vector or non-transfected (NTF) cells used as an internal control for each condition (Fig. 4B). Although overexpression of WT RalA or constitutively active RalA G23V mutant did not significantly increase BSA uptake, dominant negative RalA S28N mutant significantly reduced caveolae-mediated endocytosis, suggesting that endogenous RalA expression is not rate-limiting.

** Knockdown of FilA Blocks Albumin-mediated Increase in Cav-1/RalA Association—** To investigate the role of FilA in RalA activation and recruitment to caveolae following the addition of BSA, HLMVECs were transfected with control or FilA siRNA (6). Seventy-two h after transfection, cells were serum-deprived for 4 h, stimulated with 30 mg/ml BSA for 30 min, and lysed. RalA activation assay revealed that knockdown of FilA expression of WT RalA reduced caveolae-mediated endocytosis by ~15% in comparison with cells transfected with empty vector or non-transfected (NTF) cells used as an internal control for each condition (Fig. 4C). Although overexpression of WT RalA or constitutively active RalA G23V mutant did not significantly increase BSA uptake, dominant negative RalA S28N mutant significantly reduced caveolae-mediated endocytosis, suggesting that endogenous RalA expression is not rate-limiting.
Knockdown of RalA Blocks Albumin Endocytosis but Not the Interaction between Cav-1 and FilA—Having demonstrated that dominant negative RalA reduces the endocytosis of albumin, we next treated HLMVECs with RalA siRNA versus scrambled control siRNA for 48 h, serum-deprived the cells for 2–3 h, and either stimulated with 30 mg/ml BSA for 30 min and lysed or incubated with Alexa-488-BSA for 30 min, acid-washed, and fixed for confocal imaging. As shown in Fig. 5C, we tested the SMART POOL (SP) RalA siRNA mixture as well as each of the four oligonucleotides from the SMART POOL individually. RalA expression was reduced specifically with no effect on Cav-1 expression in HLMVECs. Because recruitment of FilA to caveolae is crucial for albumin endocytosis, we next tested whether RalA inhibition affects Cav-1 and FilA interaction. By immunoprecipitation and Western blotting, no difference was detected with regard to Cav-1 and FilA association in the RalA siRNA group (Fig. 5D). However, endocytosis of BSA was blocked by both the RalA SMART POOL siRNA and the four individual oligonucleotides (Fig. 6A and B). In addition, by rescuing RalA expression with RalA-GFP in RalA-depleted cells (Fig. 6C), BSA uptake was restored (Fig. 6D). Thus, RalA plays a role in endocytosis of albumin, although not by promoting interaction between Cav-1 and FilA as we had assumed.

1-Butanol, mPLD2 K758R Mutant, and PLD2 Inhibitor VU0364739 Block Uptake of Fluorescent Albumin—Our studies with RalA mutants and RalA siRNA suggested that RalA plays a role in promoting caveole-mediated endocytosis; however, the mechanism was not yet clear. RalA was shown not to be required for the association of Cav-1 and FilA, and thus in an attempt to determine the specific function of RalA, we assessed whether it plays a role in modulating caveole internalization by looking at downstream effector PLD, which was previously reported to facilitate clathrin-mediated receptor internalization (29). To test whether PLD regulates caveole internalization, we first treated cells with 1-butanol, a primary alcohol known to serve as an acceptor of PA generated by PLD to form phosphatidylbutanol, as catalyzed by the transphosphatidylase activity of PLD. As shown in Fig. 6E, uptake of BSA in HLMVECs was inhibited by 1-butanol, whereas no change was observed in the presence of the inactive secondary alcohol, 2-butanol. Nevertheless, after RalA siRNA treatment, inhibi-
PLD2 Inhibitor and PLD2 Dominant Negative Mutant Reduce PA Generation on Caveolae and Trafficking of Cav-1-positive Vesicles—PLD activation is known to stimulate PA generation, which induces negative curvature of the plasma membrane during both endocytosis and exocytosis (30, 31). We thus next assessed the correlation between PA generation and Cav-1 trafficking by live cell imaging. To block PA generation, we expressed PLD1 and PLD2 dominant negative mutants (Fig. 7A) for which the efficiency of inhibition was examined before use. Due to the short half-life of PA, it is difficult to measure its production; however, activation of PLD can be measured by the addition of primary alcohol, such as 1-butanol, to the incubation media. Due to the short half-life of PA, it is difficult to measure its production; however, activation of PLD can be measured by the addition of primary alcohol, such as 1-butanol, to the incubation media.

**FIGURE 6.** RaLA siRNA and PLD inhibitors block caveolae-mediated endocytosis of BSA. A, starved HLMVECs treated with SMART POOL (SP) RaLA siRNA or individually with each of the four oligonucleotides for 48 h were incubated with Alexa-488-BSA for 30 min, acid-washed, and fixed. Images of internalized fluorescent albumin were acquired by confocal microscopy. B, quantification of fluorescence intensity of Alexa-488-BSA demonstrates that RaLA siRNA blocked BSA uptake (n = 10/group; ***, p < 0.001 versus siCont by ANOVA). C, HLMVECs treated with SMART POOL RaLA siRNA for 48 h were transfected with RaLA-GFP to rescue RaLA expression as compared with GFP, which was transfected as a negative control. Cells were then lysed and examined by Western blotting (IB) to confirm RaLA rescue. D, quantification of fluorescence intensity of Alexa-555-BSA uptake in RaLA-depleted and -repleted HLMVECs (n = 6/group; ***, p < 0.001 versus control siRNA by ANOVA). E, quantification of fluorescence intensity of Alexa-488-BSA uptake before and after PLD1 and PLD2 inhibition demonstrated that RaLA knockdown by siRNA and 1-butanol dramatically inhibited BSA uptake (n = 7/group; ***, p < 0.001 versus control siRNA by ANOVA). F, HLMVECs treated with 200 nM VU0359595 (PLD1 inhibitor) or VU0364739 (PLD2 inhibitor) for 1 h were incubated with Alexa-488-BSA for 30 min. Quantification of Alexa-488-BSA uptake, which was transfected as a negative control, was then performed by live cell TIRF microscopy every 5 min for 20 min. Note the time-dependent appearance of Alexa-488-BSA uptake after 2 h, treated with 30 mg/ml BSA, and then imaged by live cell TIRF microscopy every 5 min for 20 min. The time-dependent appearance of Cav-1-RFP in the TIRF plane (abluminal aspect of the cell). D, quantification of relative fluorescence intensity of Cav-1-RFP (n = 3 regions/group from three independent experiments; ***, p < 0.001 versus control; ***, p < 0.001 versus control with BSA by ANOVA). E, HLMVECs transfected with Cav-1-RFP and after 24 h were serum-deprived for 2 h, treated with 200 nM VU0359595 (PLD1 inhibitor) or VU0364739 (PLD2 inhibitor) for 1 h, and then stimulated with 30 mg/ml BSA and imaged by live cell TIRF microscopy every 5 min for 20 min (n = 3 regions/group from three independent experiments; ***, p < 0.001 versus control without BSA; ***, p < 0.01 versus control with BSA by ANOVA). Error bars, S.E.; arbitrary units.
membrane microdomains. Taken together, these results indicating that PLD2 mediates PA generation in Cav-1-enriched treated with 30 mg/ml BSA for 30 min; and imaged by confocal microscopy.

VECs were co-transfected with GFP-PASS and Cav-1-RFP following infection with EV, hPLD1-K898R, or mPLD2 K758R mutant; serum-deprived for 2 h; reduction in co-localization of PA and Cav-1 (Cav-1-RFP fluorescence. Results indicate that BSA increases and PLD2 mutant reduces co-localization of GFP-PASS and Cav-1 (n = 10/group; ***, p < 0.001 versus EV + BSA by ANOVA). Error bars, S.E.

both basal and thrombin-stimulated conditions was reduced only by the mPLD2 K758R mutant. To visualize Cav-1-positive vesicle trafficking, HLMVECs were first transfected with Cav-1-RFP and then 12 h later were infected with hPLD1 K898R or mPLD2 K758R mutants or empty adenoviral vector and then, after 24 h, starved for 2–3 h and stimulated with 30 mg/ml BSA. Accumulation of Cav-1-RFP-positive vesicles in the TIRF plane (abluminal surface), which includes the basal membrane of cultured HLMVECs, was enhanced by BSA. As predicted, the increase in the fluorescent signal associated with Cav-1-positive vesicles was blocked by the mPLD2 K758R mutant (Fig. 7, C and D). The same result was observed in the presence of PLD2 inhibitor VU0364739 (Fig. 7E).

We also measured the co-localization of Cav-1-RFP vesicles and GFP-PASS (phosphatidic acid biosensor with superior sensitivity), which monitors PA production. As shown in Fig. 8, A and B, PLD2 but not PLD1 mutant blocked PA generation, indicating that PLD2 mediates PA generation in Cav-1-enriched membrane microdomains. Taken together, these results indicate that activation of PLD2, a downstream effector of RalA, facilitates the generation of PA, which in turn enhances the fission and fusion of caveolin-enriched membrane, thereby promoting caveolae trafficking.

Discussion

In the present study, we tested the hypothesis that RalA is required for caveolae-mediated internalization of albumin, the primary macromolecular cargo of EC caveolae. We showed that the addition of BSA to ECs induced a 35% increase in RalA activity within 30 min. Co-immunoprecipitation as well as co-localization analysis of Cav-1 with constitutively active RalA mutant (RalA G23V), but not dominant negative mutant (RalA S28N), provided evidence that RalA interacts with Cav-1 in a GTP-dependent manner.

Quantification of albumin uptake in HLMVECs expressing RalA mutants revealed that dominant negative RalA reduced BSA internalization by ~35%, whereas overexpression of wild type RalA or constitutively active RalA did not have a statistically significant effect on caveolae-mediated albumin uptake. Reduction in endocytosis by dominant negative RalA is probably due to its ability to compete with endogenous RalA and prevent the activation of downstream effectors that participate in caveolae-mediated endocytosis. The lack of effect of WT RalA or G23V constitutively active mutant on endocytosis suggests that RalA activity is not limiting in this model of caveolae-mediated endocytosis. In this context, it is possible that we did not detect an increase in albumin uptake in RalA G23V-expressing cells because RalA effectors may have been depleted by overexpression of constitutively active RalA. Further, it is also possible that the concentration of BSA used in these studies saturated albumin uptake via caveolae, and thus we were not able to detect an increase in cells transfected with additional WT or constitutively active RalA mutant. To specifically and directly address the role of RalA, endogenous RalA was depleted using siRNA, and in this system, significant inhibition of BSA uptake was observed.

Because we had previously shown that FilA is essential for caveolae-mediated endocytosis (6), we tested whether FilA is required for RalA activation and/or association with caveolae. We showed that RalA activation in response to the addition of albumin to serum-deprived cells was not affected by FilA siRNA transfection; however, knockdown of FilA prevented BSA-mediated increase in RalA/Cav-1 association. Thus, these data suggest that FilA is not required for RalA activation but rather that it is essential for targeting RalA to caveolae. Based on our earlier study indicating that the interaction of FilA and Cav-1 is crucial for caveolae-mediated endocytosis and trafficking away from the membrane, and also because RalA was shown to function downstream of Cdc42 to induce filopodia formation by recruiting FilA (17), we tested whether RalA promotes caveolae-mediated endocytosis by recruiting FilA to caveolae. Surprisingly, knockdown of RalA did not affect association of FilA with Cav-1, indicating that the role of RalA in caveolae-mediated endocytosis is dependent on other downstream effectors.

An important RalA effector is PLD. PA generated at the membrane or on vesicles is known to have a conical shape (32,
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In addition, PA generated at the neck of vesicles promotes negative membrane curvature and facilitates vesicle fusion and fission (30). PA can also recruit and increase the activity of regulators of the actin cytoskeleton, such as phosphatidylinositol-4,5-bisphosphate phosphatase kinase (PIPKI), which generates another signaling lipid, phosphatidylinositol 4,5-bisphosphate (PI(4,5)P2) (34). Shen et al. (35) reported that EGF-induced receptor internalization and degradation were increased by overexpression of PLD1 or PLD2 and inhibited by catalytically inactive mutants of either PLD1 or PLD2 as well as the primary alcohol, 1-butanol, which is known to divert the PA generated by PLD to the primary alcohol, resulting in accumulation of PBt. Thus, in the presence of the primary alcohol 1-butanol, PA is unavailable for signaling or modulating PA-dependent targets in cells (36). Moreover, Shen et al. (35) also showed that Rala regulates EGFR endocytosis by activating PLD. In addition, Lee et al. (37) demonstrated that during endocytosis, PLD can function as a GTPase-activating protein, directly stimulating dynamin activation and receptor internalization. To determine whether Rala can activate PLD and thereby promote caveolae-mediated endocytosis, we treated HLMVECs with 1-butanol in the absence or presence of Rala siRNA and assessed fluorescent BSA uptake. The results of these studies revealed that the effects of maximum concentrations of Rala siRNA and 1-butanol were not additive, which suggests that Rala facilitates BSA endocytosis by activating PLD. To prove the validity of this result, we additionally treated cells with PLD inhibitors and observed inhibition of BSA uptake but only in the presence of PLD2 inhibitor. Hence, we conclude that Rala mediates its stimulatory effect on endocytosis by activating PLD, presumably PLD2.

Cav-1-dependent trafficking is a dynamic process that requires both fission of caveolae from the apical membrane during endocytosis and fusion of caveolae with the basal membrane during exocytosis. Our studies show that the addition of BSA to serum-deprived HLMVECs increased the number of Cav-1-RFP-positive vesicles within the TIRF plane containing the basal membrane ~20-fold compared with cells treated with vehicle alone. Furthermore, in cells expressing mutant PLD2, we observed 40% fewer caveolae appearing within the TIRF plane, suggesting that PLD2 plays a critical role in vesicle fission and fusion. Similar results were obtained using PLD1 and PLD2 inhibitors. These results provide evidence that caveolae trafficking is dependent on PLD2/PA signaling in HLMVECs.

The PA biosensor, GFP-PASS (37), provided an additional approach, which was to monitor PA generation in live cells. We assessed co-localization of PA with Cav-1-RFP following infection with dominant negative PLD2 mutant. Results from this study indicate that PLD2 facilitates endocytosis by generating PA on or near caveolae.

The role of Rala in caveolae-mediated transport is probably more complicated than presented here. Pelkmans and Helenius (38) suggested that vesicle internalization requires local disassembly of the cortical actin cytoskeleton, followed by formation of actin tails on cargo-loaded caveolae to propel them through the cytoplasm. There is also evidence that PLD interacts directly with the actin cytoskeleton. Komati et al. (39) showed that PLD regulates myogenesis by inducing PA-dependent actin fiber formation. Roach et al. (34) showed that PA regulates actin cytoskeletal reorganization by controlling the localization and function of PIPKI, an enzyme that produces the key actin cytoskeleton-regulating lipid, PI(4,5)P2. In plant cells (40) PA was shown to be a regulator of pollen tube F-actin dynamics, whereas others found that 1-butanol blocks actin polymerization and motility of sperm, which can be rescued by the addition of PA (41). Hence, PA generated by PLD is not only involved in formation of negative membrane curvature, but it also participates in reorganization of the actin cytoskeleton and thus may facilitate vesicle movement away from the plasma membrane. In addition, another established regulator of PLD2, the small GTPase ADP-ribosylation factor-6 (ARF6), was shown to regulate vesicle trafficking and remodeling of the actin cytoskeleton (42, 43). Although we cannot exclude the possibility that ARF6 may also participate in albumin-activated PA production and caveolae trafficking, the potential link between ARF6 activation, PA production, actin dynamics, and FilA recruitment to caveolin-enriched membrane microdomains requires further investigation.

In addition to regulating albumin uptake and transcytosis, the Cav-1/FilA/Rala/PLD2/PA signaling pathway described herein may be crucial for other biological processes as well. For example, insulin-stimulated glucose uptake has been shown to be regulated by Cav-1 and Rala. Knockdown of Cav-1 inhibits the recruitment of glucose transporter 4 (Glut4) to the plasma membrane and thereby insulin-stimulated glucose transport (44). Furthermore, Anna et al. (45) detected increased levels of Glut4 in caveolae following insulin stimulation and found that Glut4 internalization was reduced by inhibitors of caveolae formation. Moreover, insulin induced recruitment of Glut4 to the plasma membrane was demonstrated to be dependent on Rala activation (46, 47), and downstream Rala-dependent activation of the exocyst complex is known to play a role in vesicle fusion (48–50). Although the underlying mechanism of insulin-stimulated glucose transport requires further investigation, results of the present study support the notion that the Cav-1/FilA/Rala/PLD2/PA signaling pathway may be involved. For example, upon insulin stimulation, recruitment of Rala to Glut4 storage vesicles via phosphorylated Cav-1/FilA interaction may activate PLD2-mediated PA generation and formation of the exocyst complex, leading to membrane fusion of Glut4 storage vesicles. Because a defect in Glut4 membrane translocation causes insulin resistance, stimulation of PA generation near or on caveolae could be of significant therapeutic benefit for patients with type II diabetes mellitus.

In summary, we show for the first time that Rala activation and formation of a Cav-1/FilA/Rala complex is necessary for efficient caveolae-mediated endocytosis and trafficking. Upon cargo loading, Rala is recruited by FilA to caveolae, where it accumulates in its activated form and stimulates PLD2-mediated generation of PA. We speculate that PA accumulation at the neck of cargo-loaded caveolae prompts the development of negative plasma membrane curvature. Finally, with the recruitment of dynamin-2 (4), vesicles are pinched off from the plasma membrane and internalized (Fig. 9). Likewise, Rala activation followed by PLD2-dependent PA formation is also required for
caveolae fusion with the basal membrane during exocytosis, a process known to be dependent on yet another downstream RalA effector, the exocyst complex (23, 51, 52).

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