Changes in leaf functional traits of the endangered plant *Disanthus cercidifolius* var. *longipes* with plant growth and development

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Abstract

**Background:** *Disanthus cercidifolius* var. *longipes* H. T. Chang is a rare and endangered plant distributed only in the high mountains of southeastern China. In order to reveal the variation in leaf functional traits and plant investment strategies with the change of growth and developmental stages of this species, the leaf functional traits and the trait syndrome including leaf thickness (LT), leaf area (LA), leaf water content (LWC), specific leaf area (SLA), leaf total nitrogen content (LNC), and leaf total phosphorus content (LPC) of plants at different growth and developmental stages were investigated.

**Results:** The leaf functional traits of the plants significantly differed at different developmental stages. LT and LA of the plants increased during growth and development. LT and LA of the adult plants were 36.65% and 84.23% higher than those of the seedlings, respectively. In contrast, SLA, LWC, LNC, and LPC decreased, and in adult plants they were 48.91%, 6.63%, 8.49%, and 34.66% lower, respectively, than in seedlings. Principal component analysis showed that as the plants developed, the trait syndrome changed toward increasing LT and LA and decreasing LWC, SLA, LNC, and LPC.

**Conclusions:** The characteristics of leaf functional traits and trait syndromes changed across different stages of growth and development. The investment strategy changed from fast return to slow return as the plant grew and developed.

**Background**

Plant functional traits are a series of plant attributes that potentially affect plant establishment, survival, growth, and death, and are the consequence of the adaptation of plants to environmental conditions during evolution and development (Reich et al., 2003). Combinations of plant functional traits (trait syndrome) determine the life history strategy of plants, which affects the mechanism of coexistence of species. Analysis of the relationship between plant functional traits and plant growth and development may effectively reveal the mechanism of the survival of species (Liu et al., 2015). The leaf is an important organ for photosynthesis, and synthesized organic compounds are the basis for growth and development of plants. The leaf is the most sensitive organ perceiving the change in external resource conditions, especially the changes in light (He et al., 2013). The variation in
functional traits reflects, to some extent, the variation in the ability of the plant to acquire light (Zhang et al., 2008). Leaf functional traits mainly include morphological traits, structural traits, and physiological traits. Morphological and structural traits are closely related to physiological traits such as the photosynthetic rate and hydraulic conductivity, which reflect the functional relationship between plants and environmental factors such as light, water, and soil fertility (Sun et al., 2017). At present, the study of leaf functional traits mainly focuses on the relationship among functional traits of adult plants (Yang et al., 2012) or the variation of leaf functional traits in different species and along different gradients of environments (Ding et al., 2011). Those studies revealed the diversity of species and the mechanisms of species responding to environmental changes. Nevertheless, few studies have explored the relationship between plant leaf traits and plant growth and development by investigating the dynamic change in leaf functional traits at different developmental stages (Hu et al., 2014). The endangerment of a species is caused by the weakened or even blocked processes of growth and development due to some environmental stresses (Chen et al., 2005). Studying the variation of leaf functional traits in endangered species at different growth stages is helpful for revealing the variation regularity of the trait syndrome during plant growth and development (Gen et al., 2019), which may provide a reference for the protection of endangered species.

Disanthus cercidifolius var. longipes H. T. Chang is a perennial deciduous shrub of the genus Disanthus in the family Hamamelidaceae. The plants are 2–6 m tall, grow in broad-leaved evergreen forests and coniferous and broad-leaved mixed forests in areas with an altitude of 600–1100 m, and are tolerant to wet and shade condition. The leaves emerge in early April and fall in late October (Wei, 2015). The species has a narrow distribution region and is found only in some areas of Jiangxi, Zhejiang, and Hunan provinces in China. It is a second-class protection tree species in China (Zhang et al., 2013). At present, research on the ecology of D. cercidifolius var. longipes mainly involves flora characteristics and the genetic diversity of the populations (Wei, 2015; Gao et al., 2013; Liao 2010). Thus far, there is no report on functional trait variation with development. Based on a field investigation, we selected four D. cercidifolius var. longipes communities in Jiangxi province and measured the leaf functional traits at different developmental stages to reveal the variation regularity
of the leaf functional traits and trait syndrome during growth and development. The regulatory effect of the development of individuals on the intraspecific economic spectrum of this species was studied, and the status of growth and development of each community was analyzed. Our results may provide a reference for the management of this endangered species.

Results

Characteristics of leaf functional traits at different developmental stages

One-way ANOVA showed that the developmental stage had significant effects on the functional traits of the leaves (LT: $F = 88.44$, $P < 0.01$; LA: $F = 36.42$, $P < 0.01$; SLA: $F = 176.19$, $P < 0.01$; LWC: $F = 6.62$, $P < 0.05$; LNC: $F = 9.68$, $P < 0.01$; LPC: $F = 18.65$, $P < 0.01$) (Fig. 1). The order of LT and LA at different developmental stages was seedling < sapling < adult plant, which indicated that LT and LA increased with the increase in the developmental stage, and the LT and LA of adult plants were 36.65% and 84.23% higher, respectively, than those of seedlings. In contrast, the order of SLA, LWC, LNC and LPC at different developmental stages was seedling > sapling > adult plants, which meant that the value of the traits decreased with plant development. The SLA, LWC, LNC and LPC values of adult plants were 48.91%, 6.63%, 8.49%, and 34.66% lower, respectively, than those of the seedlings.

Correlation Between Developmental Stages And Leaf Functional Traits

Correlation analysis showed that the correlation between leaf functional traits and developmental stages of the plants growing in different sampling plots was not different (Table 2). The LT and LA of the plants in different sampling plots were positively correlated with the developmental stage ($P < 0.05$), while LWC, SLA and LPC were negatively correlated with development ($P < 0.05$). The LNC of the plants in sampling plots 3 and 4 showed a negative correlation with the developmental stage ($P < 0.05$), while there was no correlation between LNC and the developmental stages of the plants in sampling plots 1 and 2 ($P > 0.05$). The results indicated that with the increase in growth and developmental stage, the LT and LA of the plants increased, while the LWC, SLA and LPC decreased. LNC showed an overall decreasing trend with increasing development; the reduction was significant in sampling plots 3 and 4, but was not significant in sampling plots 1 and 2.
### Table 1
Environmental information of plots

| Plot | Location | Coordinate | Altitude (m) | Soil nutrients | Coverage Dominant species |
|------|----------|------------|--------------|----------------|----------------------------|
|      |          |            |              | Total nitrogen (g/kg) | Total phosphorus (g/kg) | Soil water content (%) |
| 1    | Qilichuan, Jingangshan city | 26°47′09.06″N, 113°54′06.79″E | 579 | 2.39 ± 0.02b | 0.80 ± 0.06a | 24.05 ± 0.62a | 90 | Disanthus cercidifolius var. Longipes, Cunninghamia lanceolata, Hicriopteris glauca, Woodwardia japonica |
| 2    | Jingangs natural conservation zone, Jingangshan city | 26°33′06.13″N, 114°11′23.12″E | 851 | 2.88 ± 0.29ab | 0.83 ± 0.12a | 32.87 ± 5.53a | 80 | Disanthus cercidifolius var. Longipes, Schima superba, Cyperus |
| 3    | Junfengshan, Wuzhou city | 27°11′49.98″N, 116°21′29.54″E | 1102 | 3.38 ± 0.15a | 1.33 ± 0.20a | 16.22 ± 5.56a | 85 | Disanthus cercidifolius var. Longipes, Cyclobalania graciilis, Woodwardia japonica |
| 4    | Junfengshan, Wuzhou city | 27°12′37.71″N, 116°20′59.27″E | 1281 | 2.54 ± 0.28b | 0.91 ± 0.22a | 17.05 ± 3.94a | 90 | Disanthus cercidifolius var. Longipes, Rhododendron latoucheae, Woodwardia japonica |

Note: Different letters in the same column indicate a significant difference (P < 0.05)

### Table 2
Pearson correlation coefficients between leaf functional traits and developmental stages (n = 155)

| Plot | LT | LA | LWC | SLA | LNC | LPC |
|------|----|----|-----|-----|-----|-----|
| 1    | 0.808** | 0.605** | −0.604** | −0.620** | −0.263 | −0.371* |
| 2    | 0.750** | 0.679** | −0.240* | −0.872** | −0.114 | −0.759** |
| 3    | 0.662** | 0.678** | −0.466** | −0.749** | −0.543** | −0.907** |
| 4    | 0.436** | 0.809** | −0.876** | −0.927** | −0.653** | −0.929** |

Note: LA: Leaf area; LT: Leaf thickness; LWC: Leaf water content; SLA: Specific leaf area; LNC: Leaf nitrogen concentration; LPC: Leaf phosphorus concentration. *: Significant correlation at the 0.05 level (2-tailed); **: Significant correlation at the 0.01 level (2-tailed). The same below.

Variation of the leaf functional trait syndrome at different developmental stages
The component matrix is shown in Table 3. The absolute values of the correlation coefficients of LA, LT, SLA, LNC, and LPC to the first principal component were high, and the correlation coefficient between LWC and the second principal component was high. Moreover, all of the leaf functional traits were significantly correlated with the two principal components (P < 0.05).

Table 3
Factor matrix and principal component contribution rate of leaf functional traits

| Index  | Principal component 1 | Principal component 2 | Communality |
|--------|-----------------------|-----------------------|-------------|
| LWC    | 0.42**                | 0.86**                | 0.92        |
| LA     | −0.80**               | 0.38**                | 0.79        |
| LT     | −0.81**               | 0.23*                 | 0.70        |
| LNC    | 0.67**                | 0.19*                 | 0.49        |
| LPC    | 0.75**                | −0.27**               | 0.63        |
| SLA    | 0.79**                | 0.26**                | 0.70        |
| Eigenvalue | 3.11                | 1.11                 |             |
| Contribution rate (%) | 51.8                | 18.5                 |             |
| Cumulative contribution rate (%) | 51.8                | 70.3                 |             |

The PCA ordination of leaf functional traits of the plants at different developmental stages was computed (Fig. 2). The result showed that LWC was the dominant trait in the trait syndrome at the seedling stage. LPC, LT and LA were the dominant traits at the sapling stage. LT and LA were the dominant traits at the adult plant stage. Figure 2 shows that as the plants developed, the trait syndrome changed along axis 1 toward the negative direction, namely, the trait syndrome changed toward increasing LT and LA and decreasing LWC, SLA, LNC and LPC.

Discussion
Variation of leaf functional traits at different developmental stages
Different leaf functional traits characterize different functional properties (Liu and Ma, 2015). LA reflects the light capture capacity of the plants (Xiao et al., 2004). LWC reflects the active degree of leaf metabolism to some extent (Cornelissen et al., 2003). LT reflects the ability of leaves to acquire resources and preserve water (Bei et al., 2011). SLA reflects the ability to acquire and use nutrients (Xiao et al., 2004). LNC and LPC reflect the level of N and P metabolism in plants (Hu et al., 2014). Leaf functional traits vary at different stages of growth and development, which have specific characteristics at different times (He et al., 2013). Yang et al. (2016) studied Populus euphratica and Yao et al. (2013) studied mono maple (Acer mono Maxim.) and found that the leaf functional traits were different with respect to the growth characteristics at different developmental stages. In our study, the leaf functional traits of D. cercidifolius var. longipes also varied with the developmental
stages. LA and LT increased, while LWC, SLA, LNC, and LPC decreased with the increase in plant development, which indicated that LA and LT were positively correlated with the developmental stages, while LWC and SLA were negatively correlated with the developmental stages. The variation in the traits was closely related to the physiological characteristics at different stages of growth and development. With an increase in age, plants increase their LA so as to assimilate and produce more organic substances to meet their needs for growth and development. An increase in LA enhances transpiration, so plants increase LT to increase the distance and resistance of water transport from inside to the surface of the leaf (Ackerly et al., 2002) so as to reduce water loss (Ding et al., 2014). The increase in LT also promotes the formation of more ducts, cellulose, and lignin, which form a strong support frame and satisfy the needs of the plant to develop from seedlings to adults (Roderick et al., 1999). LWC is at a high level at the seedling and sapling stage due to considerable growth and a high metabolic rate. At the adult plant stage, as the transpiration area increases and other physiological activities such as flowering and reproduction are underway, LWC decreases in order to increase water use efficiency (Pérez-Harguindeguy et al., 2013). The decrease in SLA with the increase in development may be due to the need for more skeletal structures in large leaves (Duan et al., 2017). At the seedling stage, due to limited resources, it is difficult for the plant to support the large scale and long return cycle of construction in the leaves per unit area; as a result, the LA is small, and the SLA is high. At the adult stage, it is more difficult for the plant to transport water to the top of the stem. The water potential at the top of an adult plant is usually lower than that of seedlings, which leads to lower SLA and LWC of the top leaves of the adult plants so as to avoid dysregulation of cell turgor pressure (Liu et al., 2006; Li et al., 2013).

The N and P contents of plant leaves often show large variations at different stages (Zheng et al., 2014). The LNC and LPC of plant leaves gradually decrease with an increase in leaf age (Hu et al., 2014). The LNC and LPC also decreased with the development of D. cercidifolius var. longipes. This may be due to the fact that the metabolism in leaves is at a high level at the seedling stage; in addition, growth requires high amounts of protein and nucleic acid, which increases the N and P concentrations. By contrast, in saplings and adult plants, most of the nutrients acquired by the plant
are transported to other organs to meet the reproduction requirement; as a result, the N and P contents in the leaves of the adult plants decrease (Poorter et al., 2009).

**Relationship Between Trait Syndrome And Developmental Stages**

In recent years, biologists have considered the leaf functional traits as the consequence of the coordinated collaboration of the components in a complex developmental system (Niinemets et al., 2007), which ultimately embodies varied growth strategies and life history strategies (Niinemets, 2002). Plant leaf traits do not work alone (Kenzo et al., 2015). Once all individual traits show a difference at different developmental stages, the trait syndrome naturally differs among different stages. According to the plant economic spectrum theory, the variation in most plant functional traits is in a covariant or trade-off relationship, which can be classified as the single axis of "fast return-slow return" (Li et al., 2017; Hu et al., 2014). The fast return end is mainly characterized by higher LWC, SLA, LNC, and LPC. The slow return end embodies higher LT and LA. Plant growth and development are generally at the expense of metabolic decline (Wu et al., 2002); hence, compared with seedlings, adult plants have a slow return strategy (Xie et al., 2003), the manifestation of which is that the SLA, LNC, and LPC of seedlings are higher than those of adult plants (Wright et al., 2004; Reich et al., 2014; Díaz et al., 2016).

The PCA in our study showed that the correlation coefficient between the first component and leaf traits LA, LT, SLA, LNC, and LPC was the highest, while the correlation coefficient between the second principal component and LWC was the highest. The PCA results of Disanthus cercidifolius var. longipes plants at different developmental stages showed that LWC was the dominant trait in the trait syndrome at the seedling stage. At the sapling stage, LPC, LT and LA were the dominant traits. At the adult plant stage, LT and LA were the dominant traits in the trait syndrome. With an increase in the plant developmental stage, the trait syndrome of D. cercidifolius var. longipes changed along the principal component axis 1 toward the direction with a negative value, which meant that LT and LA increased, while LWC, SLA, LNC, and LPC decreased, indicating that the plants changed from a fast return strategy (resource acquisition) to a slow return strategy (resource conservation). The results of our study support the conclusion that the growth and development of individual plants have a
regulatory effect on the economic spectrum of the species (Sendall et al., 2013).

Disanthus cercidifolius var. longipes plants have different economic strategies at different developmental stages, and proper culture and protection measures should be taken according to their requirement at different developmental stages. Seedlings of D. cercidifolius var. longipes require high LWC. It has been reported that LWC and the photosynthetic rate of the leaves of D. cercidifolius var. longipes seedlings increase with increased shading (Mason et al., 2013), indicating that a humid and shady environment is suitable for the growth of seedlings. Therefore, during relocation of the seedlings, shading is needed to ensure and promote their growth. At the sapling and adult plant stages, LT and LA gradually increase, and plants need strong light for photosynthesis. Therefore, for local or relocated saplings and adult plants, the surrounding trees should be properly trimmed and the debris removed to guarantee the light required by D. cercidifolius var. longipes plants.

Conclusions
In this study, four D. cercidifolius var. longipes communities in Jiangxi province in China were selected as research objects. The characteristics of leaf functional traits and trait syndromes including leaf thickness (LT), leaf area (LA), leaf water content (LWC), specific leaf area (SLA), leaf total nitrogen content (LNC), and leaf total phosphorus content (LPC) were investigated. These characteristics and the way they changed across different stages of growth and development were analyzed. Results showed there to be significant differences in leaf functional traits of D. cercidifolius var. longipes at different developmental stages. LT and LA increased with growth and development, while SLA, LWC, LNC, and LPC decreased. With the development of D. cercidifolius var. longipes plants, the trait syndrome changed toward increasing LT, LA and decreasing LWC, SLA, LNC, and LPC. This indicated that the investment strategy changed from fast return to slow return as the plant grew and developed. In order to promote plant growth and development, D. cercidifolius var. longipes seedlings should be properly shaded to ensure their demand for water, while plants near young and adult trees should be properly pruned to meet their need for light.

Methods
Overview of the areas
Four endangered communities of D. cercidifolius var. longipes in Jinggang Mountain city and Fuzhou
city in Jiangxi Province were selected for investigation (Table 1). This area has a subtropical monsoon climate. The average annual temperature ranges between 14.2 and 17 °C. The lowest temperature ranges from –10 to –6 °C, and the highest temperature from 38 to 39 °C. The average annual precipitation ranges from 1852.6 to 1875 mm. The soil type is acidic yellow soil. The typical vegetation in the area is subtropical evergreen broadleaf forests. The present main communities are forests of Pinus massoniana (Lamb.) and Cunninghamia lanceolata (Lamb.) Hook. (Xie et al., 2014). The dominant species in the studied communities are D. cercidifolius var. longipes, Schima superba Gardn. et Champ., and Woodwardia japonica (L. f.) Sm.

Sampling Of Plant Leaves
In August 2018, data were collected from four sampling plots selected in Jinggang Mountain and Junfeng Mountain. In each community of D. cercidifolius var. longipes, 10 adult plants (plant height > 3 m), 10 saplings (plant height 1–2 m), and 15 seedlings (0.3–1 m in height) were selected (Li et al., 2014; Xie et al., 2016). Ten leaves from each adult plant and sapling and 5 leaves from each seedling were collected from the eastern, western, southern, and northern sides, and the top of plants; the leaves grew outside the canopy, were fully spread, and grew well. For each community, a total of 275 leaves were collected, of which 100 leaves were collected from adult plants, 100 leaves from saplings, and 75 leaves from seedlings. The collected leaves were placed between two pieces of wet filter paper, sealed in a ziplock bag, and transported to the laboratory for measurement.

Determination Of Leaf Functional Traits
The leaf thickness (LT), leaf area (LA), leaf water content (LWC), specific leaf area (SLA), leaf total nitrogen content (LNC) and leaf total phosphorus content (LPC) were determined. The collected leaves were placed in water and kept in the dark at 5 °C for 12 h. Then, the water on the leaf surface was quickly removed with filter paper, and an electric balance with an accuracy of 0.01 g was used to weigh the saturated fresh weight of leaves. An electric vernier caliper with an accuracy of 0.01 mm was used to measure LT. Three spots on a leaf were selected for measuring, which were evenly spaced along the main vein, and each was about 0.25 cm from the main vein; the average value measured from the 3 spots was used as the LT of a leaf (Cornelissen et al., 2003). The LA data were
obtained by scanning the leaves with the WinRHIZO Root Analysis System (Regent Instruments Inc., Canada). After scanning, the leaves were dried at 105 °C for 15 min, then dried at 60 °C for 72 h, and weighed to obtain the dry weight of the leaves (Pérez-Harguindeguy et al., 2013). Data calculation included the following equations: 

\[ LWC = \frac{(\text{saturated fresh weight} - \text{leaf dry weight})}{\text{saturated fresh weight}} \times 100\% \]

\[ SLA = \frac{\text{LA (m}^2)}{\text{leaf dry weight (kg)}} \] (Xie et al., 2016). Finally, the leaf samples of the same plant were pulverized and screened through a 100-mesh sieve, and the LNC and LPC of the leaves were measured by using a SAN + + Continuous Flow Analyzer (Skalar, the Netherlands) (Bei et al., 2011). The measurement of each sample was repeated 3 times.

Data analysis
SPSS 22.0 software was used for data analysis. The arithmetic mean of leaf trait data was used as the trait value of the leaf. One-way ANOVA was used to analyze the difference in leaf functional traits at different developmental stages in four sampling plots, and the significance of the differences was tested using Tukey post hoc test (\( \alpha < 0.05 \)). Pearson correlation analysis was used to test the correlation between functional traits and developmental stages (seedling stage, sapling stage, and adult plant stage). Principal component analysis (PCA) of individual leaf functional traits was conducted (the principal component was extracted according to rule of an eigenvalue greater than 1). The positional variation of the trait syndrome at different stages on the principal component axis was examined. Since the leaves were collected at the developmental stage designated by plant height, the average plant height was used as the value of the developmental stage.

Abbreviations
LT, leaf thickness; LA, leaf area; LWC, leaf water content; SLA, specific leaf area; LNC, leaf total nitrogen content; LPC, leaf total phosphorus content.

Declarations

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Authors’ contributions
FQC, YWH, SPG and MYG conceived the project; SPG and MYG performed field and laboratory work and analyzed data; all authors contributed to writing; all authors have read and approved the final manuscript.

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**Availability of data and materials**

The datasets generated during this study are available from the corresponding author on reasonable request.

**Ethics approval and consent to participate**

We conducted our study with approval of Jinggangshan Nature Reserve, Jiangxi Province, China. The study complied with the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES).

**Consent for publication**

Not applicable.

**Competing interests**

The authors declare that they have no competing interests.

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Figures
Leaf functional traits of Disanthis cercidifolius var. longipes at different developmental stages. Note: Different lowercase letters indicate a significant difference between the sampling plots at the same developmental stage (P<0.05); different capital letters indicate a significant difference between the developmental stages across the sampling plots (P<0.05).
Figure 2

PCA ordination of leaf functional traits of D. cercidifolius var. longipes at different developmental stages.