The Na⁺/K⁺ pump dominates control of glycolysis in hippocampal dentate granule cells

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Abstract  Cellular ATP that is consumed to perform energetically expensive tasks must be replenished by new ATP through the activation of metabolism. Neuronal stimulation, an energetically demanding process, transiently activates aerobic glycolysis, but the precise mechanism underlying this glycolysis activation has not been determined. We previously showed that neuronal glycolysis is correlated with Ca²⁺ influx, but is not activated by feedforward Ca²⁺ signaling (Díaz-García et al., 2021a). Since ATP-powered Na⁺ and Ca²⁺ pumping activities are increased following stimulation to restore ion gradients and are estimated to consume most neuronal ATP, we aimed to determine if they are coupled to neuronal glycolysis activation. By using two-photon imaging of fluorescent biosensors and dyes in dentate granule cell somas of acute mouse hippocampal slices, we observed that production of cytoplasmic NADH, a byproduct of glycolysis, is strongly coupled to changes in intracellular Na⁺, while intracellular Ca²⁺ could only increase NADH production if both forward Na⁺/Ca²⁺ exchange and Na⁺/K⁺ pump activity were intact. Additionally, antidromic stimulation-induced intracellular [Na⁺] increases were reduced >50% by blocking Ca²⁺ entry. These results indicate that neuronal glycolysis activation is predominantly a response to an increase in activity of the Na⁺/K⁺ pump, which is strongly potentiated by Na⁺ influx through the Na⁺/Ca²⁺ exchanger during extrusion of Ca²⁺ following stimulation.

Editor's evaluation
The authors investigate mechanisms that regulate glycolytic ATP production in neurons. They conclude that the cytosolic Na⁺, not Ca²⁺, and the activity of the Na⁺/K⁺ pump drive glycolysis. The study is conceptually significant as it seeks to determine how neuronal glycolysis is coupled to electrical activity. The study is thoughtful, uses sophisticated fluorescence lifetime imaging technology and clever experimental designs, and as such provides new insights into how electrical activity regulates glycolysis.

Introduction
Cellular energy consumption must be balanced by new energy production through the activation of metabolism. In neurons, energy consumption is strongest following excitation (Attwell and Iadecola, 2002; Attwell and Laughlin, 2001; Engl and Attwell, 2015; Howarth et al., 2012; Lennie, 2003; Yu et al., 2018). Accordingly, neuronal excitation triggers a transient activation of glycolysis, which is measured as an increase to neuronal cytoplasmic NADH:NAD⁺ (NADHₐₓ) that can last for several minutes after the excitatory event (Díaz-García et al., 2017; Diaz-García et al., 2021a). The specific mechanism that drives neuronal glycolysis activation has not been identified.
It seems highly plausible that glycolysis activation in neurons could be driven primarily by an increase in the activity of ion-ATPases, the ATP-powered ion transporters that move ions against their electrochemical gradients by (through a series of reaction steps; Post et al., 1965; Sen and Post, 1964) converting ATP into ADP and P. (Blom et al., 2021; Cali et al., 2018; Chemaly et al., 2018; Kaplan, 2002). Ion-ATPases are estimated to be responsible for most of the energy consumption associated with neuronal signaling and are closely coupled to glycolytic enzymes across many cell types (Ames, 2000; Dhar-Chowdhury et al., 2007; Dzeja and Terzic, 2003; Xu et al., 1995). Moreover, activation of glycolysis by increased ion-ATPase activity could be multimodal: a decrease to cellular ATP would stimulate glycolysis by mass action at the ATP-generating steps, while an increase to cellular ADP and P, would stimulate glycolysis by allosterically activating phosphofructokinase and by mass action at both the glyceroldehyde-3-phosphate dehydrogenase/phosphoglycerate kinase enzyme complex and pyruvate kinase steps (Fothergill-Gilmore and Michels, 1993; Kemp and Foe, 1983; Nelson et al., 2008; Schöneberg et al., 2013; Tomokuni et al., 2010).

There are several ion-ATPases (also called ion pumps) that regulate neuronal Na⁺ and Ca²⁺ changes (Figure 1A). Na⁺ is handled exclusively by the Na⁺/K⁺-ATPase (or Na⁺/K⁺ pump), which uses 1 ATP molecule to export 3 Na⁺ and import 2 K⁺ across the plasma membrane. Ca²⁺ is handled by a diverse set of active transporters, including the plasma membrane Ca²⁺-ATPase (PMCA), which exports 1 Ca²⁺ across the plasma membrane per ATP (Niggli et al., 1982; Thomas, 2009), and the sarco-/endo-plasmic reticulum Ca²⁺-ATPase (SERCA), which pumps 2 Ca²⁺ into the endoplasmic reticulum lumen per ATP (Tran et al., 2009). Aside from ATPases, Ca²⁺ is also regulated by the Na⁺/Ca²⁺-exchanger (NCX) (Lee et al., 2009), a secondary active transporter that uses the electrochemical energy stored in the plasma membrane Na⁺ gradient (built by the Na⁺/K⁺ pump) to actively export 1 Ca²⁺ by importing 3 Na⁺. Any increase to neuronal Na⁺ or Ca²⁺ will increase the activity of their respective ion transporters.

Transient increases to neuronal cytoplasmic Ca²⁺ (Ca²⁺_CYT) induced by excitation are positively correlated with transient increases in subsequent NADH_CYT production (Diaz-Garcia et al., 2017; Diaz-Garcia et al., 2021a); in other words, stronger stimulations evoke larger increases to both Ca²⁺_CYT and NADH_CYT. At first glance, this positive correlation could be (mis)interpreted as glycolysis being driven primarily by an increase in the activities of Ca²⁺ pumps (PMCA and SERCA) as Ca²⁺ is pumped from the cytoplasm. However, this readout of neuronal NADH_CYT and Ca²⁺_CYT lacks information about stimulation-induced increases to intracellular Na⁺, which also likely covary with stimulation strength, so a contribution of increased Na⁺/K⁺ pump activity to glycolysis activation cannot be excluded.

The Na⁺/K⁺ pump is primed to be the predominant driving force underlying neuronal glycolysis activation. Many reports estimate that the Na⁺/K⁺ pump consumes ~50% of total brain energy (Ames, 2000; Astrup et al., 1981; Engl and Attwell, 2015; Milligan and McBride, 1985; Whittam, 1962) and uses substantially more ATP than Ca²⁺ pumps both during neurotransmission and at rest (Attwell and Laughlin, 2001; Harris et al., 2012; Rolfe and Brown, 1997). Furthermore, since Ca²⁺_CYT regulation in some neurons depends strongly on the NCX (Lee et al., 2009), a transient Ca²⁺_CYT increase could indirectly elevate intracellular [Na⁺], which would potentiate any increase in Na⁺/K⁺ pump activity due to channel-mediated Na⁺ entry.

To shed light on the mechanism of neuronal glycolysis activation, we investigated the coupling of Na⁺/K⁺ pump and Ca²⁺ pump activities to NADH_CYT production in the somas of hippocampal dentate granule cells (DGCs) within acute brain slices by using two-photon fluorescence imaging of genetically encoded fluorescent biosensors and fluorescent dyes. The data provide compelling evidence indicating that increased activity of the Na⁺/K⁺ pump is the predominant driver of neuronal glycolysis activation, whereas increased activities of Ca²⁺ pumps appear to be negligibly coupled to glycolysis.

**Results**

**Cytoplasmic NADH production is strongly influenced by Na⁺, but not Ca²⁺**

We simultaneously monitored changes in neuronal metabolism and ion fluxes in DGC somas by expressing Peredox and RCaMP, two genetically encoded fluorescent biosensors that report NADH:NAD⁺ (NADH_CYT) and free [Ca²⁺], respectively (Akerboom et al., 2013; Hung et al., 2011; Mongeon et al., 2016). Analyte binding to Peredox (NADH in competition with NAD⁺) or RCaMP (Ca²⁺) alters each sensor’s fluorescence lifetime (LT), the average time that the fluorophore spends...
Figure 1. NADH<sub>CYT</sub> production is strongly influenced by Na<sup>+</sup>, but not by Ca<sup>2+</sup>. (A) Cartoon showing the NCX transport modes activated by different external [Na<sup>+</sup>] and [Ca<sup>2+</sup>]] conditions and their expected effects on the activities of ion pumps and the production of NADH<sub>CYT</sub> from glycolysis activation. Reverse NCX transport (left schematic) increases intracellular [Ca<sup>2+</sup>], which increases the activities Ca<sup>2+</sup> pumps and Ca<sup>2+</sup> transport into mitochondria (magenta arrows). Forward NCX transport (right schematic) increases intracellular [Na<sup>+</sup>], which increases the activity of the Na<sup>+</sup>/K<sup>+</sup> pump (orange arrows). The bracket below each schematic indicates the NCX transport mode activated by the external solution changes in (C). Transport stoichiometries are not indicated. Abbreviations: Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger (NCX), Na<sup>+</sup>/K<sup>+</sup>-ATPase (NKA), plasma membrane Ca<sup>2+</sup>-ATPase (PMCA), sarco-/endo-plasmic reticulum Ca<sup>2+</sup>-ATPase (SERCA), mitochondrial Ca<sup>2+</sup> uniporter (MCU), mitochondrial Na<sup>+</sup>/Ca<sup>2+</sup>-exchanger (mNCX), endoplasmic reticulum (ER). (B) Representative fluorescence lifetime (LT) traces of Peredox (top trace) and RCaMP (bottom trace) from a DGC bathed in ACSF. Antidromic stimulation was delivered at the time point indicated by the arrow along the RCaMP trace, which transiently increases both NADH<sub>CYT</sub> and Ca<sup>2+</sup> CYT. (C) Fluorescence LT traces of Peredox (top) and RCaMP (bottom) from a DGC showing how external Na<sup>+</sup> and Ca<sup>2+</sup> changes affect NADH<sub>CYT</sub> and Ca<sup>2+</sup> CYT. The bars above the Peredox trace indicate the external [Na<sup>+</sup>] and [Ca<sup>2+</sup>]. NADH<sub>CYT</sub> was decreased by switching the bath solution from ACSF (147 mM Na<sup>+</sup> and 2 mM Ca<sup>2+</sup>) to a solution with nominally 0 Na<sup>+</sup> and 0 Ca<sup>2+</sup> (cyan shading). Ca<sup>2+</sup> CYT was elevated by applying 0.5 mM Ca<sup>2+</sup> with 0 Na<sup>+</sup> to activate reverse NCX transport (magenta shading), and NADH<sub>CYT</sub> decreased further. NADH<sub>CYT</sub> was strongly increased after activating forward NCX transport by the subsequent removal of external Ca<sup>2+</sup> and application of 147 mM Na<sup>+</sup> (orange shading). (D) Box plots of the fluorescence LTs of Peredox (top) and RCaMP (bottom) showing
Figure 1 continued

the effects of the external Na⁺ and Ca²⁺ changes performed in panel C across many DGCs (n=53). The external bath conditions for each box plot are listed at the bottom of the RCaMP plot in chronological order from left to right. The colors of each box plot correspond to the colors indicated in (C).

The mean Peredox LT values in each condition were: 1.63±0.06 ns in ACSF, 1.52±0.05 ns in 0 Na⁺ and 0 Ca²⁺, 1.46±0.09 ns in 0 Na⁺ and 0.5 mM Ca²⁺, and 1.72±0.06 ns in 147 mM Na⁺ and 0 Ca²⁺. The mean RCaMP LT values in each condition were: 0.88±0.05 ns in ACSF, 0.88±0.05 ns in 0 Na⁺ and 0 Ca²⁺, 1.52±0.15 ns in 0 Na⁺ and 0.5 mM Ca²⁺, and 0.93±0.07 ns in 147 mM Na⁺ and 0 Ca²⁺. (E) Changes to the Peredox LT relative to the 0 Na⁺ and 0 Ca²⁺ condition, after either a Ca²⁺ entry from reverse NCX transport (Ca, black box, magenta filled diamonds), an influx of Na⁺ due to forward NCX transport (Na after Ca, black box, orange filled diamonds), or application of Na⁺ without forward NCX (Na no Ca, gray box, orange open diamonds). The mean decay of the RCaMP LT following the Ca²⁺ entry from reverse NCX transport- mediated Ca²⁺ influx. The mean decay of the RCaMP LT following the Ca²⁺ entry (normalized to the peak RCaMP LT value) is shown when the external solution contained either 147 mM Na⁺ (solid line, orange SD shading, n=53) or 0 Na⁺ (dashed line, green SD shading, n=49). Decay data in 147 mM Na⁺ were from the same DGCs as in (D) and (E), while data in 0 Na⁺ were from the same DGCs as Figure 1—figure supplement 1B, a representative trace of this experiment is shown in Figure 1—figure supplement 1A.

The online version of this article includes the following source data and figure supplement(s) for figure 1:

Figure supplement 1. NADH CYT production does not increase following external Ca²⁺ removal if external Na⁺ is absent.

Figure supplement 1—source data 1. The mean Peredox and RCaMP lifetimes in each external condition for Figure 1—figure supplement 1B.

Figure supplement 2. Effect of thapsigargin on antidromic stimulation-induced NADH CYT and Ca²⁺ CYT transients.

Figure supplement 3. Ca²⁺ entry from reverse NCX transport increases Ca²⁺ MITO, which depends on Na⁺ for removal.

Figure supplement 3—source data 1. The mean Peredox and RCaMP lifetimes in each external condition for Figure 1—figure supplement 3B.

in the excited state prior to its return to the ground state (Lakowicz, 2006). The fluorescence LTs of Peredox and RCaMP are increased (i.e., extended in average duration) by NADH CYT or Ca²⁺ CYT increases, respectively.

Our previous observations demonstrated that NADH CYT increases are strongly tied to glycolysis (Díaz-García et al., 2017; Díaz-García et al., 2021a) and occur regardless of changes in mitochondrial metabolism: electrical-stimulation-induced increases to NADH CYT were substantially diminished by iodoacetic acid (an inhibitor of GAPDH) but not by AOA (an inhibitor of MAS) and were not affected by impaired NADH production in mitochondria (i.e., in the presence of inhibitors of both the mitochondrial pyruvate carrier and lactate dehydrogenase; Figure 2D in Díaz-García et al., 2021a). Thus, acute NADH CYT changes arise directly from changes in glycolytic flux and are not strongly influenced by changes in NADH consumption by the mitochondria.

We began our investigations on the coupling of the Na⁺/K⁺ pump or Ca²⁺ pumps to glycolysis activation by recapitulating our previous findings: that electrical stimulation of DGCs transiently increases their NADH CYT production (Díaz-García et al., 2017; Díaz-García et al., 2021a). Representative LT traces of Peredox and RCaMP, when both sensors were expressed in the cytoplasm of a DGC within a hippocampal slice that was bathed in ACSF (Figure 1B), show that an antidromic stimulation event delivered from an electrode placed in the hippocampal hilus causes both a fast transient increase of the RCaMP LT, reflecting a transient increase to Ca²⁺ CYT, and a slower, longer-lasting transient increase of the Peredox LT, reflecting transient overproduction of NADH CYT by glycolysis. But since neuronal stimulation triggers influxes of both Na⁺ and Ca²⁺, the glycolysis activation could result from increases to both Na⁺/K⁺ pump and Ca²⁺ pump activities.

To differentiate how changes in the activities of the Na⁺/K⁺ pump or Ca²⁺ pumps affect glycolysis, we measured how NADH CYT production is affected by separate elevations of either intracellular Na⁺ or Ca²⁺ CYT (Figure 1C). If glycolysis is preferentially coupled to the activity of either the Na⁺/K⁺ pump or Ca²⁺ pumps, then NADH CYT production should be coupled to changes in the levels of the transported ion (Na⁺ or Ca²⁺). Simultaneous removal of both Na⁺ and Ca²⁺ from the bath solution (by external ion substitution) decreased the Peredox LT from its baseline in ACSF (Figure 1C), which indicates a decrease to NADH CYT; we can attribute this NADH CYT decrease entirely to the removal of Na⁺, since removing only Ca²⁺ slightly increases NADH CYT (cf. Figure 6—figure supplement 1b in Díaz-García et al., 2021a). This NADH CYT decrease suggests that the rate of glycolysis can be slowed by depleting the intracellular [Na⁺], which would decrease the activity of the Na⁺/K⁺ pump. The RCaMP LT was not affected by the removal of Na⁺ and Ca²⁺ (Figure 1C), indicating that Ca²⁺ CYT was maintained at or below resting levels, near the floor of RCaMP's dynamic range (Akerboom et al., 2013).
Following the removal of external Na\(^+\) and Ca\(^{2+}\), we added each ion back one at a time to separately increase either intracellular Na\(^+\) or Ca\(^{2+}\). We increased Ca\(^{2+}\) by applying 0.5 mM external Ca\(^{2+}\) in the nominal absence of external Na\(^+\) to facilitate Ca\(^{2+}\) entry via reverse NCX transport, and the expected strong increase in Ca\(^{2+}\)\_CYT was confirmed by an increase in the RCaMP LT (Figure 1C, during the magenta shaded interval). However, this increase to Ca\(^{2+}\)\_CYT was not associated with an increase to NADH\_CYT. In fact, the opposite occurred: Ca\(^{2+}\)\_CYT elevation decreased the Peredox LT even further from the 0 Na\(^+\) 0 Ca\(^{2+}\) bath condition (possibly due to the extrusion of Na\(^+\) during reverse NCX; see Discussion). At this point, with Ca\(^{2+}\)\_CYT elevated, we removed 0.5 mM external Ca\(^{2+}\) and re-applied external Na\(^+\) to facilitate strong Na\(^+\) influx via forward NCX transport (in exchange for Ca\(^{2+}\)\_CYT), which promptly increased NADH\_CYT. Following the external Na\(^+\) application, Ca\(^{2+}\)\_CYT returned to baseline levels (Figure 1C, orange shaded interval).

The decrease to Peredox LT by removing external Na\(^+\) and the increase to Peredox LT from re-applying external Na\(^+\), across many DGCs (Figure 1D), show that NADH\_CYT is strongly influenced by Na\(^+\). Relative to the Peredox LT in the 0 Na\(^+\) 0 Ca\(^{2+}\) bath condition, the Peredox LT was decreased when Ca\(^{2+}\)\_CYT was elevated but increased following external Na\(^+\) re-application (Figure 1B), which suggests that glycolysis activation is strongly tied to the activity of the Na\(^+\)/K\(^+\) pump, but not strongly tied to the activity of Ca\(^{2+}\) pumps (nor to the increase in Ca\(^{2+}\)\_CYT per se, e.g., via a signaling mechanism).

Our ion substitution experiments also hinted that both glycolysis activation and Ca\(^{2+}\)\_CYT regulation in DGCs are dependent on forward NCX transport. A Ca\(^{2+}\)\_CYT increase (from reverse NCX transport) returned faster to baseline levels if external Na\(^+\) was present (i.e., if forward NCX was activated, Figure 1F, and compare Figure 1C with Figure 1—figure supplement 1A), and NADH\_CYT did not increase following a Ca\(^{2+}\)\_CYT increase if external Ca\(^{2+}\) was removed without re-applying external Na\(^+\) (Figure 1—figure supplement 1A and B). NADH\_CYT production increased when external Na\(^+\) was removed and re-applied without previously elevating Ca\(^{2+}\)\_CYT (i.e., without activating forward NCX, Figure 1—figure supplement 1C and D), but this NADH\_CYT increase was weaker than when external Na\(^+\) was re-applied while Ca\(^{2+}\)\_CYT was elevated (i.e., when forward NCX was activated, Figure 1D and E).

The inability of a Ca\(^{2+}\)\_CYT elevation to measurably stimulate NADH\_CYT production in the absence of external Na\(^+\) suggests that any increase in activity of PMCA and SERCA to pump Ca\(^{2+}\)\_cytoplasm does not substantially activate glycolysis, even during the prolonged Ca\(^{2+}\)\_CYT increases in our ion substitution experiments. But maybe inhibiting one of these Ca\(^{2+}\) pumps, to divert more Ca\(^{2+}\)\_cytoplasm to be extruded by the non-inhibited pump, could boost the activity of the other and consequently amplify its associated effect on glycolysis. We tested this possibility by inhibiting SERCA, which compared to PMCA has more specific pharmacology and uses less ATP per Ca\(^{2+}\) transported. Thapsigargin (1 μM, a specific SERCA inhibitor) increased both the NADH\_CYT and Ca\(^{2+}\)\_CYT transients evoked by antidiromic electrical stimulations in ACSF (Figure 1—figure supplement 2A and B) as well as the ∆Peredox/∆RCaMP ratio (Figure 1—figure supplement 2C). These effects are consistent with SERCA inhibition and a diversion of Ca\(^{2+}\)\_CYT to other clearance pathways that are either more closely coupled to glycolysis or that transport fewer ions per ATP utilized. However, reverse-NCX-mediated Ca\(^{2+}\)_CYT increases in the presence of 1 μM thapsigargin (and absence of external Na\(^+\)) still failed to increase NADH\_CYT (Figure 1—figure supplement 1B), meaning that any putative amplification of PMCA activity after SERCA inhibition was still not enough to drive measurable glycolysis activation.

We have previously shown that electrical stimulation increases DGC mitochondrial Ca\(^{2+}\)\_mito (Ca\(^{2+}\)\_mito) from Ca\(^{2+}\) entry through the mitochondrial Ca\(^{2+}\) uniporter (MCU) (Díaz-García et al., 2021a). Could Ca\(^{2+}\)\_mito’s failure to activate NADH\_CYT production during our ion substitution experiments be due to a lack of activation of some unknown Ca\(^{2+}\)\_mito-dependent process? This seems unlikely, as bath-applied 0.5 mM external Ca\(^{2+}\) in the absence of external Na\(^+\) increased the fluorescence LT of mitochondrially targeted RCaMP (Figure 1—figure supplement 3A and B), indicating that Ca\(^{2+}\)\_mito is increased by reverse-NCX-mediated Ca\(^{2+}\) entry. Ca\(^{2+}\)\_mito slightly decreased when external Ca\(^{2+}\) was removed, but complete return of Ca\(^{2+}\)\_mito to baseline levels was not achieved until external Na\(^+\) was applied, demonstrating that Ca\(^{2+}\)\_mito regulation is dependent on Na\(^+\), like Ca\(^{2+}\)\_CYT.

In summary, these ion substitution experiments show that neuronal NADH\_CYT production is closely coupled to the flux of Na\(^+\), and that a Ca\(^{2+}\)\_CYT elevation is not sufficient to elevate NADH\_CYT regardless of whether it is pumped by SERCA, pumped by PMCA, or taken up into mitochondria via MCU. They also show that NADH\_CYT production is activated more strongly by conditions that favor forward
NCX transport that exchanges \( \text{Ca}^{2+}_{\text{CYT}} \) for \( \text{Na}^+ \), and that regulation of both DGC \( \text{Ca}^{2+}_{\text{CYT}} \) and \( \text{Ca}^{2+}_{\text{MITO}} \) depends on \( \text{Na}^+ \). These observations suggest that neuronal glycolysis is both strongly coupled to the activity of the \( \text{Na}^-/\text{K}^+ \) pump and sensitive to \( \text{Na}^+ \) import via forward NCX transport, which would become activated following an excitatory event where \( \text{Ca}^{2+}_{\text{CYT}} \) must be removed.

**Malate-aspartate shuttle activity does not mask a \( \text{Ca}^{2+} \)-induced increase to \( \text{NADH}_{\text{CYT}} \)**

The malate-aspartate shuttle (MAS) is a major pathway that recycles \( \text{NADH}_{\text{CYT}} \) by transferring reducing equivalents from \( \text{NADH}_{\text{CYT}} \) to mitochondria (McKenna et al., 2006; Satrústegui and Bak, 2015). MAS activity is activated by \( \text{Ca}^{2+}_{\text{CYT}} \) elevations but is reduced by \( \text{Ca}^{2+}_{\text{MITO}} \) elevations (Contreras and Satrústegui, 2009; Satrústegui and Bak, 2015), which likely means that neuronal excitation would cause a brief MAS activation followed by a longer inhibition, mirroring the \( \text{Ca}^{2+}_{\text{CYT}} \) and \( \text{Ca}^{2+}_{\text{MITO}} \) transient time courses (Contreras and Satrústegui, 2009). But the state of MAS activity in our ion substitution experiments was uncertain since reverse NCX transport produced prolonged increases to both \( \text{Ca}^{2+}_{\text{CYT}} \) and \( \text{Ca}^{2+}_{\text{MITO}} \) (Figure 1 and Figure 1—figure supplement 3), so it remained a possibility that

![Figure 2](image-url)
Ca²⁺ₜᵢᵢ activation of MAS could increase NADHₜᵢᵢ recycling and conceal any small increase to NADHₜᵢᵢ production due to increased activity of Ca²⁺ pumps. Therefore, we tested if a Ca²⁺ₜᵢᵢ elevation could increase NADHₜᵢᵢ after MAS inhibition (Figure 2).

Representative fluorescence LT traces from a DGC show that Peredox LT was substantially increased by the application of AOA to block the shuttle’s aspartate aminotransferase enzyme (Figure 2A), as previously described, Díaz-García et al., 2017, which is consistent with an inhibition of NADHₜᵢᵢ recycling and consequent elevation of the cytoplasmic NADH:NAD⁺. This strong increase to Peredox LT, which approaches the upper end of its dynamic range, precludes the ability to measure further NADHₜᵢᵢ increases, so we applied exogenous pyruvate (1.5 mM) to promote the oxidation of NADH to NAD⁺ via lactate dehydrogenase and restore the Peredox LT approximately back to its baseline LT in ACSF. We then removed external Na⁺ and Ca²⁺, which decreased the Peredox LT from the AOA and pyruvate condition (Figure 2A); and then increased Ca²⁺ₜᵢᵢ by applying 0.5 mM external Ca²⁺ in zero external Na⁺ to drive reverse NCX transport. We confirmed the Ca²⁺ₜᵢᵢ increase from the increase to RCaMP LT, but the Ca²⁺ₜᵢᵢ elevation still did not coincide with an increase to NADHₜᵢᵢ. Rather, NADHₜᵢᵢ decreased relative to the 0 Na⁺ 0 Ca²⁺ baseline (Figure 2B and C). This demonstrates that an increase to Ca²⁺ₜᵢᵢ still fails to observably stimulate NADHₜᵢᵢ production even when NADHₜᵢᵢ recycling by the MAS is attenuated. Following the Ca²⁺ₜᵢᵢ increase, we removed 0.5 mM external Ca²⁺ and re-applied external Na⁺ to activate forward NCX transport (Figure 2A), which increased the Peredox LT (Figure 2B and C). This shows again that NADHₜᵢᵢ production is coupled to the flux of Na⁺.

Overall, these experiments argue against a concealment of Ca²⁺ₜᵢᵢ-induced NADHₜᵢᵢ production by a Ca²⁺ₜᵢᵢ activation of NADHₜᵢᵢ recycling via the MAS and indicates, once again, that an increase to Na⁺/K⁺ pump activity is the major driver of glycolysis.

Activation of glycolysis by Ca²⁺ is mediated by coupling between the Na⁺/Ca²⁺-exchanger and the Na⁺/K⁺ pump

The increase to NADHₜᵢᵢ production by an influx of Na⁺ (Figure 1 and Figure 2) suggests that glycolysis activation in DGCs is strongly tied to an increase in the activity of the Na⁺/K⁺ pump. Also, the NADHₜᵢᵢ increase induced by external Na⁺ application was stronger if Ca²⁺ₜᵢᵢ was elevated compared to when Ca²⁺ₜᵢᵢ was not elevated (Figure 1E), meaning that forward NCX transport, which trades Ca²⁺ₜᵢᵢ for Na⁺, can potentiate glycolysis activation. By considering these observations together with the apparent insensitivity of glycolysis to increases in Ca²⁺ pump activity, it seemed logical that a transient Ca²⁺ₜᵢᵢ elevation would activate glycolysis predominantly by stimulating Na⁺ influx through forward NCX transport, which would then increase the activity of the Na⁺/K⁺ pump.

We sought for a way to directly test how NADHₜᵢᵢ is affected by inhibition of the Na⁺/K⁺ pump or inhibition of forward NCX transport (Figure 3). Na⁺/K⁺ pumps are specifically inhibited by ouabain, although the rodent Na⁺/K⁺ pump α1-isozymes have relatively low sensitivity and require millimolar inhibitor concentrations for complete inhibition under physiological conditions (Blanco and Mercer, 1998; Marks and Seeds, 1978). Application of 2 mM ouabain to DGCs bathed in ACSF quickly led to Ca²⁺ overload and cell rupture (Figure 3—figure supplement 1), which made it impossible to measure how electrical stimulation-induced NADHₜᵢᵢ transients are affected by complete Na⁺/K⁺ pump inhibition. Clearly, the activity of the Na⁺/K⁺ pump must be substantial, even at rest, but achieving complete Na⁺/K⁺ pump inhibition under physiological neuronal conditions is challenging. DGCs bathed in ACSF were more tolerant to application of low-dose (5 μM) ouabain, which inhibits only the rodent Na⁺/K⁺ pump α2- and α3-isozymes that have higher inhibitor sensitivities (Blanco and Mercer, 1998), but the stimulation-induced NADHₜᵢᵢ transient was not eliminated (Figure 3—figure supplement 2). This result argues that in these cells, the α1 subunit is adequate to support the activation of glycolysis.

We successfully established a condition amenable to millimolar ouabain application by reducing the external [Na⁺] to 40 mM and removing external Ca²⁺ to prevent unintended reverse NCX transport. Stimulation-induced Ca²⁺ₜᵢᵢ transients using an electrode were not possible for DGCs bathed in this condition, but we evoked similar Ca²⁺ₜᵢᵢ transients by applying puffs of extracellular Ca²⁺ to transiently produce reverse-NCX transport (Figure 3A). A brief puff of Ca²⁺ to a DGC within a slice bathed in 40 mM Na⁺ and 0 Ca²⁺ (Figure 3B) induced a fast transient increase to the RCaMP LT, reflecting a fast increase to Ca²⁺ₜᵢᵢ, followed by a transient increase to the Peredox LT, reflecting an increase to NADHₜᵢᵢ. This shows that a transient Ca²⁺ₜᵢᵢ elevation can, indeed, activate glycolysis under these ionic conditions. But for a DGC within a slice that was instead bathed in zero external Na⁺ to prevent...
Figure 3. Ca\(^{2+}\)\textsubscript{cyt} transients induced by external Ca\(^{2+}\) puffs only increase NADH\textsubscript{cyt} production when both forward NCX transport and Na\(^+\)/K\(^+\) pump activity are intact. (A) Cartoon depicting the expected effect of a local external Ca\(^{2+}\) puff on ion transport by the NCX and subsequent activation of the Na\(^+\)/K\(^+\) pump. (Left) A pipette containing Ca\(^{2+}\) is placed near the soma of a DGC within a slice that is bathed in solution containing 40 mM Na\(^+\) and 0 Ca\(^{2+}\).
solution. A brief pulse of positive pressure is applied to the pipette to transiently increase the local external \([Ca^{2+}]\) and stimulate reverse NCX transport (magenta arrows), leading to \(Ca^{2+}\) import and an increase to \(Ca^{2+}\) (Right).

In the aftermath of the puff, the local external \([Ca^{2+}]\) decreases as the small volume of puffed Ca^{2+} mixes with large volume of the 40 mM Na\(^+\) 0 Ca\(^{2+}\) bath solution, which leads to forward NCX transport that stimulates Na\(^+\) extrusion and an increase to Na\(^+\)/K\(^+\) pump activity (orange arrows). Abbreviations: Na\(^+\)/Ca\(^{2+}\)-exchanger (NCX), Na\(^+\)/K\(^+\)-ATPase (NKA).

(B–D) Representative fluorescence lifetime (LT) traces of Peredox (top traces) and RCaMP (bottom traces) from a DGC bathed in either 40 mM Na\(^+\) and 0 Ca\(^{2+}\) solution (B, Control), 0 Na\(^+\) and 0 Ca\(^{2+}\) to block forward NCX transport (C, 0 Na\(^+\)), or in 40 mM Na\(^+\) and 0 Ca\(^{2+}\) with 5 mM ouabain to block the Na\(^+\)/K\(^+\) pump (D, Ouabain).

Puffs of Ca\(^{2+}\) were delivered at the timepoint indicated along the bottom of the RCaMP LT traces (magenta arrows). No Na\(^+\)/K\(^+\) pump inhibition in ACSF leads to cell rupture.

The online version of this article includes the following figure supplement(s) for figure 3:

**Figure supplement 1.** Complete Na\(^+\)/K\(^+\) pump inhibition in ACSF leads to cell rupture.

**Figure supplement 2.** Effect of low dose (5 \(\mu\)M) ouabain on transient Peredox and RCaMP lifetime (LT) increases evoked by synaptic or antidromic stimulation.

The NCX-mediated influx of Na\(^+\) in exchange for the elevated Ca\(^{2+}\), a Ca\(^{2+}\) puff still evoked a fast Ca\(^{2+}\) transient but did not increase NADH\(_{\text{CYT}}\) (Figure 3C). Similarly, the NADH\(_{\text{CYT}}\) increase that would normally follow the Ca\(^{2+}\) puff was prevented for a DGC within a slice bathed with 5 mM ouabain to block Na\(^+\)/K\(^+\) pumps (Figure 3D).

A scatter plot of the transient Peredox LT and RCaMP LT changes that were evoked by Ca\(^{2+}\) puffs (Figure 3E) illustrates the positive correlation between NADH\(_{\text{CYT}}\) production and Ca\(^{2+}\)\(_{\text{CYT}}\) increases for DGCs bathed in 40 mM Na\(^+\) and 0 Ca\(^{2+}\), where both forward NCX and Na\(^+\)/K\(^+\) pump activities are intact. But NADH\(_{\text{CYT}}\) production was deeply attenuated when DGCs were bathed without external Na\(^+\) or with 5 mM ouabain, even with large elevations of Ca\(^{2+}\)\(_{\text{CYT}}\) (\(\Delta\text{RCaMP}>1.2\) ns). The mean \(\Delta\text{Peredox}/\Delta\text{RCaMP}\) ratio (Figure 3F) for Ca\(^{2+}\)-puff-evoked transients in 40 mM external Na\(^+\) (0.122±0.005, n=147) was reduced to nearly 0 after blocking forward NCX transport by removing external Na\(^+\) (0.003±0.002, n=96) or after blocking the Na\(^+\)/K\(^+\) pump with ouabain (0.013±0.002, n=99).

These data demonstrate that Ca\(^{2+}\)\(_{\text{CYT}}\) can activate glycolysis in the DGC soma if it is traded for Na\(^+\) through forward NCX transport, which increases the activity of the Na\(^+\)/K\(^+\) pump. The lack of Ca\(^{2+}\)-puff-induced NADH\(_{\text{CYT}}\) responses when either forward NCX transport or the Na\(^+\)/K\(^+\) pump was blocked further substantiates that any increase in the activity of Ca\(^{2+}\) pumps has a negligible effect on glycolysis activation.

**Antidromic stimulation-induced Na\(^+\) transients depend on Ca\(^{2+}\)**

The stimulation of NADH\(_{\text{CYT}}\) production by Ca\(^{2+}\)\(_{\text{CYT}}\) through coupling between forward NCX transport and the Na\(^+\)/K\(^+\) pump (Figure 3) indicates that Na\(^+\) influx during forward NCX transport can activate glycolysis. But how does the amount of Na\(^+\) imported by the NCX to extrude Ca\(^{2+}\)\(_{\text{CYT}}\) compare to the total Na\(^+\) influx induced by neuronal excitation? We investigated this by measuring intracellular [Na\(^+\)] changes during electrical stimulation with and without Ca\(^{2+}\) entry (Figure 4A).

We recorded stimulation-induced changes in intracellular [Na\(^+\)] and Ca\(^{2+}\)\(_{\text{CYT}}\) simultaneously by loading SBFI (Harootunian et al., 1989), a Na\(^+\)-sensitive fluorescence dye, into RCaMP-expressing DGCs via single-cell electroporation. Representative traces of the SBFI relative fluorescence intensity (\(\Delta F/F\)) and RCaMP LT from a DGC bathed in ACSF show that antidromic stimulation evoked a transient decrease to SBFI \(\Delta F/F\) (note the inverted y-axis), reflecting an increase to \([\text{Na}^+]\), and a transient increase to RCaMP LT, reflecting an increase to Ca\(^{2+}\)\(_{\text{CYT}}\) (Figure 4B). SBFI \(\Delta F/F\) transients were longer in duration than the RCaMP LT transient, regardless of whether they were evoked by antidromic stimulation or synaptic stimulation in the absence of synaptic blockers (Figure 4 and Figure 4—figure supplement 1).
Figure 4. Antidromic stimulation-induced [Na+] transients depend strongly on Ca2+ entry. (A) Cartoon depicting antidromic stimulation-induced Na+ and Ca2+ fluxes. Left, Control: Stimulation in ACSF triggers Na+ and Ca2+ influx through their respective voltage-gated Na+ and Ca2+ channels. Following the Ca2+ CYT elevation, the NCX will import Na+ to drive Ca2+ extrusion. Both the Na+ influx through NaV and through the NCX contribute to the total intracellular [Na+] increase (blue arrows). Right, After CaV Block: Inhibiting Ca2+ influx through CaV (indicated by the red X) prevents Ca2+ CYT elevation, which strongly reduces Na+ influx through the NCX. Abbreviations: voltage-gated Na+ channel (NaV), voltage-gated Ca2+ channel (CaV), Na+/Ca2+-exchanger (NCX). (B) Representative fluorescence traces showing antidromic stimulation-induced transient changes to SBFI ∆F/F (top) and RCaMP lifetime (LT).
Glycolysis in neurons is transiently increased following stimulation (Díaz-García et al., 2017; Fox et al., 1988; Fox and Raichle, 1986). To understand the mechanism that drives this increase to glycolysis following neuronal electrical activity, we tested the responsiveness of NADH<sub>CYT</sub> to changes in intracellular Na<sup>+</sup> and Ca<sup>2+</sup>, which affect energy consumption by ion-ATPases. We have shown in hippocampal DGC somas that NADH<sub>CYT</sub> is strongly influenced by changes in intracellular Na<sup>+</sup> and that activation of NADH<sub>CYT</sub> increases by Ca<sup>2+</sup> <sub>CYT</sub> is nearly completely dependent on ion transport coupling between the NCX and the Na'/K+ pump. This means that nearly all of the transient glycolysis increase
following a stimulation is a response to an activation of the Na’/K’ pump to extrude the Na’ that enters either through Na’ channels or through the NCX to power active Ca²⁺ transport.

**Neuronal glycolysis is strongly influenced by the Na’/K’ pump, but not by Ca²⁺ pumps**

Coupling between glycolysis and Na’/K’ pump activity has been reported across many tissues and cell types (Andersen and Marmarou, 1992; Balaban and Bader, 1984; Hasin and Barry, 1984; Hellström et al., 1984; James et al., 1996; James et al., 1999; Knill, 1978; Lipton and Robacker, 1983; Lynch and Balaban, 1987; Mercer and Dunham, 1981; Minakami et al., 1964; Paul et al., 1979; Paul, 1983; Proverbio and Hoffman, 1977; Weiss and Hilbrand, 1985; Whittam et al., 1964; Whittam and Ager, 1965). Our lab previously reported a link between the activity of the Na’/K’ pump a3-isozyme and glycolysis activation in DGCs of acute mouse hippocampal slices: the potentiation to antidromic stimulation-induced NADH<sub>CYT</sub> production after increasing channel-mediated influx of Na’ with α-pomplidotoxin in the absence of external Ca²⁺ (i.e., when both Na’ influx through the NCX and Ca²⁺ influx through channels are blocked) could be reversed by strophanthidin at low micromolar concentrations (Díaz-García et al., 2021a). We have shown here in DGCs that NADH<sub>CYT</sub> production decreases with depletion of Na’ and increases with repletion of Na’ (Figure 1), which strongly suggests that the rate of neuronal glycolysis mirrors changes in intracellular [Na’] and in the activity of the Na’/K’ pump. Moreover, DGCs could not withstand complete Na’/K’ pump inhibition when bathed in ACSF (Figure 3—figure supplement 1), meaning that Na’/K’ pump activity is essential to counteract Na’ leak and/or influx through Na’-coupled transporters even when neurons are at rest.

The small NADH:NAD⁺ increase produced by removing only external Ca²⁺ that we observed during our previous studies (Díaz-García et al., 2021a) is also consistent with a predominant influence of Na’ on glycolysis: since Na’ conductance through the NALCN (Na’-leak channel, non-selective), which regulates DGC resting membrane potential and excitability (S.-Y. Lee et al., 2019), is higher in the absence of external Ca²⁺ (Kschonsak et al., 2020; Lu et al., 2010), removing external Ca²⁺ likely elevates Na’ influx through the NALCN and increases Na’/K’ pump activity.

The sensitivity of glycolysis to Ca²⁺ pump activity is less clear. The small increases to the antidromic stimulation-induced ΔPeredox/ΔRCaMP ratio after applying inhibitors that target SERCA (thapsigargin; Figure 1—figure supplement 2) or PMCA (E6-berbamine or calmidazolium; Brini et al., 2013; Díaz-García et al., 2021a) do suggest some involvement of Ca²⁺ pumps in regulating stimulation-induced Ca²⁺<sub>CYT</sub> increases, but our observations that NADH<sub>CYT</sub> was not increased by the elevation of Ca²⁺<sub>CYT</sub> alone, either by reverse NCX transport during ion substitution or Ca²⁺ puffs in either zero external Na’ or 5 mM ouabain, indicate that ATP consumption associated with the direct pumping of Ca²⁺ does not have a measurable effect on glycolysis (Figures 1–3, and Figure 1—figure supplement 1). This may indicate that Ca²⁺ pumps are either not closely coupled to glycolytic enzymes in DGCs or that Ca²⁺ pump density is small with respect to Na’/K’ pumps. It appears that the density of Na’/K’ pumps outweighs the density of Ca²⁺ pumps in hippocampus since hippocampal homogenates have ouabain-sensitive ATPase activity ~2- to 3-fold larger than Ca²⁺-sensitive ATPase activity (Gutierrez et al., 2014; Spohr et al., 2022; Teixeira et al., 2020). Even if we assume that Ca²⁺ pumps and Na’/K’ pumps are coupled to glycolysis equally, the lower density of Ca²⁺ pumps would make their glycolytic (and total cellular) ATP consumption less than the ATP consumed by Na’/K’ pumps.

Ca²⁺ pumps have an apparent K<sub>0.5</sub> for Ca²⁺ activation of ~0.1 μM and relatively slow maximal turnover rates of ~100 s⁻¹ (characteristic of ion pumps; Glitsch, 2001; Meyer et al., 2017), meaning that they are well suited for tuning the resting Ca²⁺<sub>CYT</sub> but not for regulating large dynamic Ca²⁺<sub>CYT</sub> increases (Caroni and Carafoli, 1981). It is likely that Ca²⁺ pump transport capacity would saturate quickly in response to the 0.3–1 μM increases in Ca²⁺ during some stimulations. If an increase to Ca²⁺ pump activity was the predominant driver of NADH<sub>CYT</sub> production, the saturation of their Ca²⁺ transport during larger Ca²⁺<sub>CYT</sub> increases would likely cause a ‘rounding off’ of the Peredox LT change for stimulations where RCaMP LT changes are >0.5 ns; but the near linearity of the ΔPeredox-ΔRCaMP relationship for RCaMP LT changes of 0.05–1 ns (Díaz-García et al., 2017) argues against such a scenario.
The \( \text{Ca}^{2+}_{\text{CYT}} \)-dependence of aerobic glycolysis activation arises from ion transport coupling between the \( \text{Na}^{+}/\text{Ca}^{2+} \)-exchanger and the \( \text{Na}^{+}/\text{K}^{+} \) pump

Our observations here that glycolysis activation in DGCs is strongly coupled to the activity of the \( \text{Na}^{+}/\text{K}^{+} \) pump but not \( \text{Ca}^{2+} \) pumps was seemingly at odds with the \( \sim 70\% \) reduction to antidromic stimulation-induced \( \text{NADH}_{\text{CYT}} \) production by blocking \( \text{Ca}^{2+}_{\text{CYT}} \) elevation (Díaz-García et al., 2021a). However, the reduction to \( \text{NADH}_{\text{CYT}} \) production is fully explained by the involvement of forward NCX transport in DGC \( \text{Ca}^{2+}_{\text{CYT}} \) regulation (Figure 1F; Lee et al., 2012) and by the close coupling between the ion transport of the NCX and the \( \text{Na}^{+}/\text{K}^{+} \) pump.

The NCX has an apparent \( K_{\text{app}} \) for internal \( \text{Ca}^{2+} \) of \( \sim 1 \mu\text{M} \) (Blaustein and Santiago, 1977; Collins et al., 1992; Miura and Kimura, 1989) and a transport rate 10–30 times faster than the slow turnover rates of ATPases (Blaustein and Lederer, 1999; Caroni et al., 1980). This means that NCX transport activity would be near the lower end of its total capacity when neurons are at rest (when \( \text{Ca}^{2+}_{\text{CYT}} \) is \( \sim 100 \text{ nM} \)) but could rapidly respond to stimulation-induced \( \text{Ca}^{2+}_{\text{CYT}} \) increases and exchange it for \( \text{Na}^{+} \). Unfortunately, most NCX inhibitors are unspecific or do not block the forward transport mode (Iwamoto et al., 2004; Iwamoto and Kita, 2006; Secondo et al., 2015; Sharikabad et al., 1997), so the most effective way to test the involvement of forward NCX transport in glycolysis activation is to replace external \( \text{Na}^{+} \) with an inert ion that cannot be transported by the NCX (i.e., choline).

The transient \( \text{NADH}_{\text{CYT}} \) production evoked by \( \text{Ca}^{2+} \) puffs in 40 mM \( \text{Na}^{+} \) and 0 \( \text{Ca}^{2+} \) was eliminated when external \( \text{Na}^{+} \) was completely removed (i.e., replaced with choline) or when ouabain was added (Figure 3), meaning that both forward NCX transport and \( \text{Na}^{+}/\text{K}^{+} \) pump activity are required for a \( \text{Ca}^{2+}_{\text{CYT}} \) elevation to measurably activate glycolysis. This unequivocally demonstrates that the exchange of \( \text{Ca}^{2+}_{\text{CYT}} \) for \( \text{Na}^{+} \) by the NCX is closely coupled to \( \text{Na}^{+} \) extrusion by the \( \text{Na}^{+}/\text{K}^{+} \) pump, and that this coupling is tightly associated with the activation of glycolysis. Coupling between the NCX and \( \text{Na}^{+}/\text{K}^{+} \) pump within discrete microdomains has also been reported in cardiac tissue (Mohler et al., 2005; Zhang et al., 2009; Zhang et al., 2011).

Strong coupling between the NCX, the \( \text{Na}^{+}/\text{K}^{+} \) pump, and glycolysis activation can also explain two of our other observations: First, it can explain why the stimulation-induced \( \Delta \text{Peredox}/\Delta \text{RCaMP} \) ratio is increased by inhibition of SERCA or PMCA. Blocking either of these \( \text{Ca}^{2+} \) pumps likely increases the \( \text{Ca}^{2+} \) that is exported by the NCX, which would amplify the associated \( \text{Na}^{+} \) influx through the NCX and accelerate the ATP consumption by the \( \text{Na}^{+}/\text{K}^{+} \) pump to extrude \( \text{Na}^{+} \). Second, it can explain why \( \text{NADH}_{\text{CYT}} \) production was decreased when \( \text{Ca}^{2+}_{\text{CYT}} \) was elevated by reverse NCX transport (Figure 1 and Figure 1—figure supplement 1). For reverse NCX transport to import 1 \( \text{Ca}^{2+} \) from the extracellular environment, the NCX must export 3 \( \text{Na}^{+} \) (Figure 1A). This means that an increase to \( \text{Ca}^{2+}_{\text{CYT}} \) would occur at the same time as a decrease to intracellular \( \text{[Na}^{+}] \), which would decrease the activity of the \( \text{Na}^{+}/\text{K}^{+} \) pump and, consequently, decrease the rate of glycolysis and its associated \( \text{NADH}_{\text{CYT}} \) production. The decrease to cytosolic \( \text{NADH}:\text{NAD}^{+} \) from reverse NCX transport further supports the strong association between the energy consumed to extrude \( \text{Na}^{+} \) and glycolysis and implies that even decreasing the \( \text{Na}^{+}/\text{K}^{+} \) pump activity from an already reduced steady-state level of activity (due to the depletion of intracellular \( \text{[Na}^{+}] \)) from prior application of the 0 Na 0 Ca solution) is more influential on the rate of glycolysis than any putative strong activation of \( \text{Ca}^{2+} \) pumps by a \( \text{Ca}^{2+}_{\text{CYT}} \) increase.

The \( \Delta \text{Peredox}/\Delta \text{RCaMP} \) ratio evoked by \( \text{Ca}^{2+} \) puffs in 40 mM \( \text{Na}^{+} \) and 0 \( \text{Ca}^{2+} \) (\( \sim 0.1 \)) and \( \text{Ca}^{2+} \) (\( \sim 0.1 \)) is \( \sim 40–50\% \) of the \( \Delta \text{Peredox}/\Delta \text{RCaMP} \) ratio evoked by electrical stimulation in ACSF (~0.2–0.25) (Díaz-García et al., 2017; Díaz-García et al., 2021a), meaning that the peak activation of glycolysis relative to the \( \text{Ca}^{2+}_{\text{CYT}} \) change is smaller when evoked by \( \text{Ca}^{2+} \) puffs compared to electrical stimulation. This could be due to the absence of channel-mediated \( \text{Na}^{+} \) entry during \( \text{Ca}^{2+} \) puffs compared to electrical stimulation or to the reduced external \( \text{Na}^{+} \) in \( \text{Ca}^{2+} \) puff experiments (40 mM) compared to the external \( \text{Na}^{+} \) during electrical stimulation in ACSF (147 mM), which would slow down the kinetics of \( \text{Ca}^{2+}_{\text{CYT}} \)-dependent \( \text{Ca}^{2+} \) influx through forward NCX transport, consequently leading to a less potent activation of the \( \text{Na}^{+}/\text{K}^{+} \) pump; both the quantity and the rate of \( \text{Na}^{+} \) influx are likely to be important determinants of the \( \text{NADH}_{\text{CYT}} \) transient amplitude and time course.

Glycolysis does not appear to be influenced by intracellular \( \text{[Na}^{+}] \) per se, but rather by the downstream effect of \( \text{[Na}^{+}] \) on \( \text{Na}^{+}/\text{K}^{+} \) pump activity. If glycolytic enzymes could be directly stimulated by an increase to \( \text{[Na}^{+}] \), then complete inhibition of the \( \text{Na}^{+}/\text{K}^{+} \) pump should have facilitated stronger \( \text{NADH}_{\text{CYT}} \) responses. But this was not the case, as \( \text{NADH}_{\text{CYT}} \) responses evoked by \( \text{Ca}^{2+} \) puffs were
strongly attenuated in the presence of 5 mM ouabain (Figure 3), a condition that allows for Na⁺ influx through the NCX but prevents Na⁺ extrusion through the Na⁺/K⁺ pump. In contrast to the strong attenuation by 5 mM ouabain, the increase to the NADH_Cyt transients evoked by synaptic electrical stimulation after applying 5 μM ouabain in ACSF (Figure 3—figure supplement 2) is not as straightforward and cannot be attributed solely to an inhibition of the Na⁺/K⁺ pump. First, 5 μM ouabain does not substantially inhibit rodent α1-pumps (Marks and Seeds, 1978; Sweadner, 1979), we know that 5 μM ouabain only causes partial Na⁺/K⁺ pump inhibition in our acute slice preparation from the mouse because it does not cause Ca²⁺ overload (unlike 5 mM ouabain in ACSF), which means that the plasma membrane Na⁺ gradient in the presence of 5 μM ouabain remains sufficient to prevent a reversal of NCX transport. Second, the stimulation-induced Ca²⁺_Cyt transients were increased, which is, perhaps, reflective of an effect on synaptic release.

We think that the absence of strong NADH_Cyt responses to Ca²⁺_Cyt increases when Na⁺ is unavailable for exchange via NCX (Figure 1 and Figure 3) is quite informative on how both ions influence glycolysis activation, even though it is true that the rapid ionic changes that occur through channels during neuronal activity following electrical stimulation might obey somewhat different rules than the slower ionic changes we are able to make by driving ion fluxes through a secondary ion transporter. Since we have determined that NADH_Cyt production is strongly increased by an influx of Na⁺ but not increased by large increases in Ca²⁺_Cyt (Figures 1–3) it is logical to infer that a transient increase to NADH_Cyt production following electrical stimulation is primarily coupled to the energy consumed to directly pump Na⁺ rather than to directly pump Ca²⁺. The amplitudes of RCaMP LT increases that we achieve with both the ion substitution experiments (Figure 1) and the Ca²⁺ puff experiments (Figure 3) are also similar to the typical amplitude of RCaMP LT increase when evoked by electrical stimulation (Figure 4 and Díaz-Garcia et al., 2017; Díaz-Garcia et al., 2021a), meaning that Ca²⁺_Cyt is increased to similar levels by all experimental paradigms regardless of their site of entry (i.e., channels or NCX).

**Na⁺ entry via the Na⁺/Ca²⁺-exchanger contributes substantially to total Na⁺ entry in the soma**

It seemed that stimulation-induced Na⁺ influx via the NCX could be substantial given that a transient Ca²⁺_Cyt increase could only activate glycolysis if both forward NCX transport and the Na⁺/K⁺ pump were active (Figure 3) and that blocking Ca²⁺_Cyt strongly reduces the NADH_Cyt response (Díaz-Garcia et al., 2021a). The ~50% reduction to the stimulation-induced SBFI ΔF/F peak amplitudes after blocking Ca²⁺ entry confirmed that Na⁺ influx via forward NCX transport contributes greatly to the total Na⁺ influx in the soma (Figure 4). We think it is unlikely that the reduction to the [Na⁺] transient after blocking Ca²⁺ entry resulted from less Na⁺ entering through voltage-gated Ca²⁺ channels, since Na⁺ permeation through these channels is blocked by external Ca²⁺ with a Kᵣ of ~1 μM (Almers and McCleskey, 1984; Tsien et al., 1987).

It is interesting to note that the positive relationship between the amplitudes of stimulation-induced transient increases to NADH_Cyt and Ca²⁺_Cyt appears to intercept the origin (cf. Figure 2; Diaz-Garcia et al., 2017) while the relationship between the amplitudes of transient intracellular [Na⁺] and Ca²⁺_Cyt increases does not (Figure 4—figure supplement 1). Perhaps weaker stimulations that evoke small increases to intracellular [Na⁺] without a measurable increase to Ca²⁺_Cyt have only very weak effects on glycolysis: it could be that smaller [Na⁺] increases have proportionally more clearance by diffusion through the cytoplasm (Hodgkin and Keynes, 1956; Pusch and Neher, 1988) or that the energy needed to regulate smaller [Na⁺] increases (without sustained Na⁺ influx through forward NCX transport) is mostly derived from ATP buffering systems known to compartmentalize near sites of high ATP turnover (Kültz and Somero, 1995; Lange et al., 2002; Ovádi and Saks, 2004; Wallimann et al., 1992), which could subsequently replenish their energy storage pools without large steady-state changes to glycolytic flux. Directly evaluating the role of these ATP buffering enzymes, that is, creatine kinase and adenylate kinase, in shaping the stimulation-induced transient glycolysis activation in neurons will be a key area for future exploration.

**Estimation of neuronal stimulation-induced changes to intracellular [Na⁺] and Na⁺/K⁺ pump activity**

SBFI calibration curves in rodent hippocampal neurons (Ba ea-Lehnert et al., 2019; Diarra et al., 2001; Gerkau et al., 2019; Meier et al., 2006; Rose et al., 1999) reported apparent Na⁺ Kᵣ values...
of 18–42 mM Na⁺. However, most were performed with ouabain concentrations of only 50–100 μM, well below the millimolar concentrations needed to fully inhibit the rodent Na⁺/K⁺ pump α1 isozyme under physiological conditions; the relatively high ouabain-resistance of rodent α1 pumps would also be strongly increased in calibration solutions that substitute external Na⁺ with high concentrations of K⁺ since external K⁺ competes with binding of the inhibitor to the pump’s externally accessible E2 conformation (Hansen and Skou, 1973; Kanai et al., 2021).

Despite the limitations of these in situ SBFI calibrations in rodent neurons, we use Rose et al.’s calibration of SBFI ΔF/F excited at 790 nm in brain slices with a Na⁺ K₀ of 26 mM (Rose et al., 1999) to estimate the stimulation-induced [Na⁺] changes in our experiments (which reflect the net movement of Na⁺ through influx and extrusion pathways). Our estimations assume a baseline intracellular [Na⁺] of 13 mM, which is the reported value for hippocampal slice CA1 neurons (Mondragão et al., 2016) and nearly identical to the K₀,5 for activation of internal Na⁺-dependent, ATP-induced current produced by α1β1 Na⁺/K⁺ pumps (which likely set baseline neuronal internal [Na⁺]; Azarias et al., 2013; Blanco, 2005; Blanco and Mercer, 1998) in excised patches when internal Na⁺ is substituted with K⁺ (Meyer et al., 2017; Meyer et al., 2019; Meyer et al., 2020).

The mean peak amplitude of antidromic stimulation-induced SBFI ΔF/F transients evoked in ACSF was –25.6±4.6% (Figure 4), reflecting an average transient [Na⁺] increase of ~25 mM from baseline. How would this intracellular [Na⁺] change affect neuronal Na⁺/K⁺ pump activity? Neurons express the α1 and α3 isoforms of the Na⁺/K⁺ pump (Blanco and Mercer, 1998). Under physiological conditions, both α1 and α3 pumps are rate limited by the binding of internal Na⁺ to their K₀,5,α1 is similar to, or above, physiological intracellular [Na⁺] while their K₀,5,α3 is below physiological extracellular [K⁺]. Activation of Na⁺/K⁺ pumps by internal Na⁺ is also highly cooperative (Hill coefficient of ~3, corresponding to three transported Na⁺) (Crambert et al., 2000; Hasler et al., 1998; Meyer et al., 2017; Meyer et al., 2019; Meyer et al., 2020). Based on the reported curves of Na⁺/K⁺ pump activation by internal Na⁺ (Crambert et al., 2000; Meyer et al., 2019), a 25 mM increase to neuronal [Na⁺] from a baseline of 13 mM would likely increase peak α1β1 activity ~2-fold (to ~95% of total activity) and α3 activity ~9-fold (to ~60% of total activity).

Blocking Ca²⁺ entry reduced the antidromic stimulation-induced peak SBFI ΔF/F to –11.5±5.5% (Figure 4), a ~55% decrease from the transient in ACSF that corresponds nonlinearly to a reduction of the average [Na⁺] increase from ~25 to ~8 mM. The estimated 8 mM stimulation-induced increase to internal [Na⁺] when Ca³⁺ influx is inhibited (i.e., when Na⁺ influx via forward NCX transport is reduced) would increase α1β1 activity ~1.5-fold (to ~80% of total activity) and α3 activity ~3-fold (to ~25% of total activity).

It must be noted that the proportional influence of NCX-mediated Na⁺ influx on glycolysis activation could be dependent on the stimulation paradigm. Antidromic stimulation in the presence of synaptic blockers does not involve entry of Na⁺ through NMDA or AMPA receptors. This means that most channel-mediated Na⁺ influx that occurs from this stimulation method is through voltage-gated channels, which, in DGCs, are highly localized to the axon initial segment with weak, if any, staining in the soma (Kole et al., 2008; Kress et al., 2008; Kress et al., 2010). Thus, it is not unexpected that Na⁺ influx via forward NCX transport has such a prominent effect on the antidromic stimulation-induced glycolysis activation in the soma. Soma SBFI transients evoked by either antidromic or synaptic stimulation could reach similar peak amplitudes (Figure 4—figure supplement 1), but the contribution of Na⁺ influx through forward NCX transport to synaptically evoked [Na⁺] changes could not be tested because blocking voltage-gated Ca³⁺ entry would prevent synaptic vesicle release.

NCX involvement in glycolysis activation could also vary in different neuronal compartments. Reported SBFI transient measurements indicate that antidromic stimulation-induced [Na⁺] changes in the soma are typically smaller than transients in the dendrites (Fleidervish et al., 2010; Kole et al., 2008). Measuring the ion and metabolite dynamics in dendrites will be an important step for understanding whether the mechanism of glycolysis activation in dendrites is similar to or different than the mechanism in somas.

### On the mechanism of neuronal stimulation-induced aerobic glycolysis activation in somas

Based on our observations here and previously (Díaz-García et al., 2017; Díaz-García et al., 2021a) regarding neuronal stimulation-induced [Na⁺], Ca³⁺ CYT, and NADH CYT dynamics in the soma, we can
begin to compile a more comprehensive understanding of the mechanism underlying transient aerobic glycolysis activation in response to neuronal excitation.

Neuronal stimulation immediately increases both intracellular [Na+] and Ca²⁺_CYT. The transient Ca²⁺_CYT elevation lasts at most a few seconds (slightly longer than the duration of the stimulus; RCaMP1h has a t₁/₂ decay of 410 ms; Akerboom et al., 2013) before returning to baseline due to buffering by cytosolic proteins and removal from the cytosol. This means that any transient activation of Ca²⁺_CYT pumps by Ca²⁺_CYT would likely only be a few seconds in duration before returning to steady state. In any case, we know that this produces no measurable activation of glycolysis since similar Ca²⁺_CYT transients evoked by Ca²⁺_CYT puffs in the absence of external Na⁺ or presence of ouabain were not associated with NADH_CYT increases. It is also clear that Ca²⁺_CYT is rapidly exported across the plasma membrane by forward NCX transport, which loads the neuron with Na⁺. Na⁺ is not buffered in the cytoplasm and is actively extruded back across the plasma membrane exclusively by the Na⁺/K⁺ pump. The transient intracellular [Na⁺] increase lasts for a minute or more (longer than the Ca²⁺_CYT transient), during which an increase to the activity of Na⁺/K⁺ pumps would be sustained. Both the sensitivity of NADH_CYT production to Na⁺ and the ablation of Ca²⁺_CYT-evoked NADH_CYT transients by inhibition of either forward NCX transport or the Na⁺/K⁺ pump demonstrate that pumping Na⁺ is the predominant activity that drives the transient activation of aerobic glycolysis.

Stimulation also triggers a rapid increase to Ca²⁺_MITO via MCU that can last several minutes (Díaz-García et al., 2021a) and requires Na⁺ in order to return to the baseline (Figure 1—figure supplement 3). The requirement of Na⁺ for Ca²⁺_MITO extrusion likely indicates a Na⁺-coupled Ca²⁺ efflux mechanism, as reported in other cell types (Palty and Sekler, 2012; Parpura et al., 2016; Saotome et al., 2005). Interestingly, the attenuation of Ca²⁺_MITO elevation from MCU knockdown reduces the stimulation-induced cytosolic ΔPeredox/ΔRCaMP by ~50% (Díaz-García et al., 2021a), which is consistent with Ca²⁺_MITO extrusion stimulating glycolysis. The extent to which the energetic burden of Ca²⁺_MITO extrusion is placed onto glycolysis, and, more specifically, the Na⁺/K⁺ pump, or elsewhere will be an important area for future exploration.

Given the close coupling of the Na⁺/K⁺ pump to neuronal glycolysis, it will be exciting to measure how changes in Na⁺/K⁺ pump activity affect the flux of other glycolytic metabolites using biosensors that report lactate (Koveal et al., 2022; San Martín et al., 2013), pyruvate (San Martín et al., 2014), and glucose (Díaz-García et al., 2019), or how changes in Na⁺/K⁺ pump activity affect cellular energy status (i.e., [ATP] [Imamura et al., 2009] and ATP:ADP [Tantama et al., 2013]). These investigations will ultimately provide a more complete picture of the relationship between ion homeostasis and metabolism.

### Materials and methods

| Key resources table |
|---------------------|
| **Reagent type (species) or resource** | **Designation** | **Source or reference** | **Identifiers** | **Additional information** |
| Strain, strain background (Mus musculus, M and F) | C57BL/6NCrl | Charles River | RRID:IMSR_CRL:27 |
| Recombinant DNA reagent | AAV.CAG.Peredox.WPRE.SV40 | Mongeon et al., 2016 | Addgene #73807 |
| Recombinant DNA reagent | AAV.hSyn.RCaMP1h.WPRE.SV40 | Akerboom et al., 2013 |
| Recombinant DNA reagent | AAV.hSyn.mito-RCaMP1h.WPRE.SV40 | Diaz-García et al., 2021a |
| Chemical compound, drug | Isradipine | Abcam | Cat: ab120142, CAS: 75695-93-1 |
| Chemical compound, drug | NBQX (6-Nitro-7-sulfamoylbenzo-[f]quinoxaline-2,3-dione, Disodium Salt) | Toronto Research Chemicals | Cat: N550005, CAS: 479347-86-9 |
| Chemical compound, drug | D-AP5 (D-(-)-2-Amino-5-phosphonopentanoic acid) | Abcam | Cat: ab120003, CAS: 79055-68-8 |
| Chemical compound, drug | Picrotoxin | Sigma-Aldrich | Cat: P1675, CAS: 124-87-8 |

Continued on next page
### Reagent type (species) or resource | Designation | Source or reference | Identifiers | Additional information
--- | --- | --- | --- | ---
Chemical compound, drug | CdCl₂ | Sigma-Aldrich | Cat: 202908, CAS: 10108-64-2 |  
Chemical compound, drug | Poly-L-lysine | Sigma-Aldrich | Cat: P4832 |  
Chemical compound, drug | Aminooxyacetate (O-(carboxymethyl) hydroxylamine hemihydrate) | Sigma-Aldrich | Cat: C13408, CAS: 2921-14-4 |  
Chemical compound, drug | Pyruvic acid | Sigma-Aldrich | Cat: 107360, CAS: 127-17-3 |  
Chemical compound, drug | Thapsigargin | Santa Cruz Biotechnology | Cat: sc-24017A, CAS: 67526-95-8 |  
Chemical compound, drug | Ouabain | Sigma-Aldrich | Cat: O3125, CAS: 11018-89-6 |  
Chemical compound, drug | SBFI K⁺ salt (fluorescent dye) | Ion Biosciences | Cat: 2022B |  
Other | Glass capillaries, Borosilicate, standard wall, no filament, 4 in., O.D. 1.5 mm | WPI | Cat: 1B150-4 | For microelectrodes and pipettes  
Other | Glass coverslips, 12 mm circle No.1 | VWR | Cat: 48366-251 | For brain slice handling

### Animals
Experiments were performed using male and female wild-type mice (C57BL/6Ncrl, Charles River Laboratories), which were housed in a barrier facility in individually ventilated cages with ad libitum access to standard chow (PicoLab 5053). All experiments followed approved IACUC protocols and the NIH Guide for the Care and Use of Laboratory Animals and Animal Welfare Act. All procedures were approved by the Harvard Medical Area Standing Committee on Animals.

### Viral vectors
DNA constructs encoding Peredox, RCaMP, or mito-RCaMP biosensors were packaged into adeno-associated virus (AAV) vectors using either the Penn Vector Core at University of Pennsylvania or the Viral Core Facility at Children's Hospital in Boston, MA. AAV vectors encoding RCaMP were also produced in our laboratory, as previously described (Kimura et al., 2019). The AAV8 serotype was used for Peredox and AAV9 for RCaMP and mito-RCaMP. AAVs were aliquoted and stored at –80°C.

### Intracranial injections
Postnatal day 1 or 2, mice were injected intracranially with AAV to express biosensors in the hippocampus (Díaz-García et al., 2021b). Mice were cryoanesthetized and injected with 150 nL AAV using an UltraMicroPump III (WPI, Sarasota, FL) microinjector in two locations of each hemisphere at the following coordinates relative to lambda: (1) 0 mm anterior-posterior; ±1.9 mm medial-lateral; –2.0 mm dorsal-ventral; and (2) 0 mm anterior-posterior; ±2.0 mm medial-lateral; –2.3 mm dorsal-ventral. Injected pups were placed on a heating pad and allowed to recover before being returned to their cages and were administered daily ketoprofen (10 mg/kg) subcutaneously for up to 3 days.

### Hippocampal slice preparation
Injected mice between 14 and 24 days old were anesthetized with isoflurane, decapitated, and the brain was removed into ice-cold slicing solution containing (in mM) 87 NaCl, 2.5 KCl, 1.25 NaH₂PO₄, 25 NaHCO₃, 75 sucrose, 25 D-glucose, 0.5 CaCl₂, and 7 MgCl₂ (~335 mOsm/kg) and bubbled with 95% O₂ and 5% CO₂. The brain was glued by the dorsal side, embedded into 2% agarose in phosphate-buffered saline, and submerged in a chamber with ice-cold slicing solution. Horizontal 275 μm brain slices were cut using a compressstome (VF-310-0Z, Precisionary) and immediately transferred to a chamber with ACSF containing (in mM) 120 NaCl, 2.5 KCl, 1 NaH₂PO₄, 26 NaHCO₃, 10 D-glucose, 2 CaCl₂, and 1 MgCl₂ (~290 mOsm/kg) that was warmed to 36°C and bubbled with 95% O₂ and 5% CO₂. The slices rested on a mesh bottom to adequately perfuse both sides of the tissue. After 35 min, the chamber was cooled to room temperature and the brain slices therein were used for the next 4 hr.
Recording solutions and pharmacology
The brain slices were adhered to glass coverslips coated with poly-L-lysine (P4832, Sigma-Aldrich), placed in a bath chamber mounted to the microscope, and superfused with solutions maintained at 33–34°C and bubbled with 95% O₂ and 5% CO₂ at a rate of 5 mL/min. All solutions were ~290 mOsm/kg and contained 25 μM D-AP5, 5 μM NBQX, and 100 μM picrotoxin (unless otherwise specified) to block synaptic transmission. Ca²⁺-free solution contained (in mM) 120 NaCl, 2.5 KCl, 1 NaH₂PO₄, 26 NaHCO₃, 10 D-glucose, and 4.1 MgCl₂. Na⁻ and Ca²⁺-free solution contained (in mM) 120 Choline-Cl, 1.5 KCl, 1 KH₂PO₄, 26 Choline-HCO₃, 10 D-glucose, and 4.1 MgCl₂. 1 mM EGTA was added to the Ca²⁺-free solutions from a 0.5 M stock.

For Ca²⁺-puff experiments, the 40 mM Na⁺ and Ca²⁺-free solution was obtained by mixing Ca²⁺-free solution with Na⁻ and Ca²⁺-free solution; all solutions for those experiments also contained 0.1 mM EGTA.

Thapsigargin (1 μM) was added from a 10 mM stock in DMSO. Aminooxyacetate (AOA, 10 mM) was added from a 2 M stock in water. Pyruvate (1.5 mM) was added from a 1 M aqueous stock, pH 7.3 with N-methyl-D-glucamine. Ouabain was either directly dissolved (for 2–5 mM) prior to recording or added from a 5 mM stock in water (for 5 μM). Isradipine (3 μM) was added from a 50 mM DMSO stock. CdCl₂ (20 μM) was added from a 100 mM stock in water.

Electrical stimulation
Stimulation trains (of 100 μs pulse width) were delivered as previously described (Díaz-García et al., 2017; Diaz-Garcia et al., 2021a) using a concentric bipolar electrode (FHC, Bowdoin, ME) mounted on a motorized micromanipulator (Burleigh PCS-6000, ThorLabs, Sterling, VA) and connected to an A360 stimulus isolation unit (WPI, Sarasota, FL). DGCs were stimulated antidromically (100 pulses, 50 Hz, 750–1500 μA) by placing the electrode in the hippocampal hilus, or synaptically (60 pulses, 20 Hz, 100–500 μA) by placing the electrode in the molecular layer.

Ca²⁺ puffs
Borosilicate glass pipettes (with a tip diameter of 5 μm and resistance of 1 MΩ when filled with ACSF) were fabricated on a micropipette puller (P-97 Flaming/Brown, Sutter Instruments), backfilled with 100–250 mM CaCl₂ and placed into a pipette holder mounted on a motorized micromanipulator with a closed pressure system connected to a 1 mL syringe. The pipette tip was placed adjacent to groups of DGCs expressing Peredox and RCaMP biosensors. Pressure delivery was controlled by a solenoid valve (NResearch) in series with the syringe line that was triggered by a digital/analog actuator (NTE Electronics). Positive pressure was applied using the syringe, and Ca²⁺ puffs were delivered by opening the solenoid for 0.5–5 s beginning 300 ms after the start of image acquisition.

Single-cell electroporation of SBFI
Sodium-binding benzofuran isophthalate (SBFI) is a fluorescent Na⁺-indicator (Harootunian et al., 1989). We loaded the SBFI K⁺ salt (Ion Biosciences, San Marcos, TX) version into DGCs using single-cell electroporation methods derived from Nevian and Helmchen, 2007; we chose this method rather than loading by patch pipette to avoid diluting cytoplasmic metabolites and soluble expressed biosensor, and also to avoid potentially toxic effects on the slice from applying Pluronic-F127 and DMSO to load the membrane-permeant SBFI-acetoxymethyl ester version.

Borosilicate glass pipettes were fabricated (with a tip diameter of 1 μm and resistance of 3 MΩ when filled with ACSF), loaded with 4 mM SBFI-K⁺ in distilled H₂O, and placed onto a pipette holder with a closed pressure system mounted on a motorized micromanipulator. The SBFI solution was contacted by a chlorided silver wire connected to an A360 stimulus isolation unit, and an Ag-AgCl reference electrode was placed in the bath chamber and connected to the same stimulation device. The pipette tip was placed directly next to the soma of an RCAmp-expressing DGC. No positive pressure was applied. A single 10 ms pulse of negative 1.0–1.2 μA loaded the DGC with SBFI. Recovery of the membrane potential from these electroporation pulses takes ~1–2 min (Nevian and Helmchen, 2007). We waited ≥15 min after the electroporation to start the image acquisition and electrically stimulate the SBFI-loaded, RCAmp-expressing DGCs.

The intracellular [dye] from electroporation is estimated to be ~20% of the pipette concentration (Nevian and Helmchen, 2007). Thus, the intracellular [Na⁺] will not be substantially buffered by
the ~0.5–1 mM [SBFI] in our recordings (Fleidervish et al., 2010; Mondragão et al., 2016), meaning that intracellular [Na⁺] is set by cellular mechanisms and SBFI merely responds to changes in [Na⁺]. Also, the complexation of Na⁺ with crown ether molecules (the Na⁺-sensitive moiety of SBFI) is nearly diffusion-controlled, with very rapid rates of formation and dissociation (Adamic et al., 1986; Liesegang et al., 1977). This means that the response time of SBFI fluorescence changes should be fast compared to almost all neuronal processes.

### Two-photon fluorescence imaging

Fluorescence imaging data were acquired using a Thorlabs Bergamo II microscope (Thorlabs Imaging Systems, Sterling, VA) equipped with an Olympus LUMPLFLN 60×/W (NA 1.0) objective lens, hybrid photodetectors R11322U-40 (Hamamatsu Photonics, Shizuoka, Japan), and a Chameleon Vision-S tunable Ti-Sapphire mode-locked laser (80 MHz, ~75 fs pulses; Coherent, Santa Clara, CA). The excitation wavelength was 790 nm. Fluorescence emission light from the Peredox and RCaMP biosensors was split with an FF562-Di03 dichroic mirror and bandpass filtered for green (FF01-525/50) and red (FF01-641/75) light; a red 670/50 bandpass filter was used for experiments where SBFI and RCaMP were multiplexed. The photodetector and laser sync signals were preamplified and then digitized at 1.25 GHz using a field-programmable gate array board (PC720 with FMC125 and FMC122 modules, 4DSP, Austin, TX). A modified version of the ScanImage software written in Matlab (Pologruto et al., 2003) (provided by B. Sabatini and modified by G.Y.) controlled the laser, microscope, and image acquisition (128×128 pixels, scanning rate of 2 ms per line).

Time-correlated single-photon counting was performed using laboratory-built firmware and software to determine the arrival time of each photon relative to the laser pulse. The fluorescence LT was determined from a nonlinear least-squares fit to the photon arrival histograms in Matlab (Mathworks, Natick, MA) convolved with a Gaussian for the impulse response function (Yasuda et al., 2006). Fluorescence intensity was determined from the total photon counts.

### Data analysis

Fluorescence images were analyzed offline using Matlab R2014b software. Regions of interest (ROIs) were defined around individual DGC somas and photon statistics were calculated for all pixels within the ROI. LT values were calculated by fitting the photon arrival histograms with a biexponential decay function (convolved with a Gaussian for the impulse response function [Yasuda et al., 2006] up to 8 ns after the peak photon arrival time). The time constant of this fit is denoted as the 'tau8' value (Díaz-García et al., 2019); using tau8 values minimizes both the fit variability (by restricting the averaging to the approximate time window of the actual data) and the variability between the LTs recorded on different experimental setups with different data acquisition windows.

RCaMP signals were unmixed from Peredox as previously described (Díaz-García et al., 2017; Díaz-García et al., 2021a). RCaMP signals were unmixed from SBFI bleedthrough into the red 670/50 bandpass filter following previous methods (Díaz-García et al., 2017) but using an unmixing ratio of 0.053, since the red channel photon counts from SBFI-loaded DGCs (not expressing RCaMP) were (mean ± SD) 5.3±1.2% (n=42) of the green channel photon counts. Stimulation-induced SBFI intensity recordings were analyzed using Origin 8.1 (OriginLab, Northampton, MA) and Python 3 (https://www.anaconda.com/, RRID – SRC:008394, Numpy and Pandas libraries). Individual transient fluorescence intensity traces were baseline subtracted and the peak ΔF/F was determined as the minimum intensity value.

Average time traces of transient fluorescence LT or intensity changes were created using Python. Data acquisition times for individual fluorescence traces were binned to the nearest second for data acquired before and after the stimulation event (which were acquired every 10–60 s) or the nearest 10 ms for data acquired during the stimulation (which were acquired every ~250 ms). Traces from all stimulation-induced transients in the data set were interpolated and merged onto a single time axis, from which the means, standard deviations, and standard error of the means were determined.

Statistical analysis was performed using Origin 8.1 software. Data sets were tested for normality (α=0.05) using a Shapiro-Wilk test. Data sets that met normality criteria were compared using a paired t-test, or two-sample t-test. Data sets that did not meet normality criteria were compared using a paired sample Wilcoxon test or Mann-Whitney test for unpaired samples. Data are reported as mean...
± standard deviation (unless otherwise indicated). For box plots, the means are indicated by the filled square, medians are indicated by the horizontal bar, and 5–95% ranges are indicated by whiskers. Figures were created using Origin 8.1 and PowerPoint (Microsoft, Redmond, WA).

Reagents
All chemical reagents used to make the brain slicing and artificial cerebrospinal fluid (ACSF) solutions were obtained from Sigma-Aldrich (St. Louis, MO).

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Ethics
All experiments were performed in compliance with the NIH Guide for the Care and Use of Laboratory Animals and the Animal Welfare Act. The Harvard Medical Area Standing Committee on Animals
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**Additional files**

**Supplementary files**

- MDAR checklist

**Data availability**

All data generated or analysed during this study are included in the manuscript.

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