Arnold’s Diffusion in nearly integrable isochronous Hamiltonian systems

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Abstract: We consider the problem of Arnold’s diffusion for nearly integrable isochronous Hamiltonian systems. We prove a shadowing theorem which improves the known estimates for the diffusion time. We also develop a new method for measuring the splitting of the separatrices. As an application we justify, for three time scales systems, that the splitting is correctly predicted by the Poincaré-Melnikov function.

Keywords: Arnold’s diffusion, shadowing theorem, splitting of separatrices, heteroclinic orbits, variational methods.

1 Introduction

Through this paper we consider nearly integrable isochronous Hamiltonian systems as

$$H_\mu = \omega \cdot I + \frac{p^2}{2} + (\cos q - 1) + \mu f(\varphi, q),$$

(1.1)

where \((\varphi, q) \in T^n \times T^1 := (\mathbb{R}^n/2\pi\mathbb{Z}^n) \times (\mathbb{R}/2\pi\mathbb{Z})\) are the angle variables, \((I, p) \in \mathbb{R}^n \times \mathbb{R}^1\) are the action variables and \(\mu \geq 0\) is a small real parameter. Hamiltonian \(H_\mu\) describes a system of \(n\) isochronous harmonic oscillators of frequencies \(\omega\) weakly coupled with a pendulum.

When \(\mu = 0\) the energy \(\omega_i I_i\) of each oscillator is a constant of the motion. The problem of Arnold’s diffusion is whether, for \(\mu \neq 0\), there exist motions whose net effect is to transfer energy from one oscillator to others. This problem has been broadly investigated by many authors also for non-isochronous systems, see for example [3], [9], [10], [11] and [25]. In this paper we focus on isochronous systems for which, in order to exclude trivial drifts of the actions due to resonance phenomena, it is standard to assume a diophantine condition for the frequency vector \(\omega\). Precisely we will always suppose

- \((H1)\) \(\exists \gamma > 0, \tau > n\) such that \(|\omega \cdot k| \geq \gamma/|k|^\tau\), \(\forall k \in \mathbb{Z}^n, k \neq 0\).

The existence of Arnold’s diffusion is usually proved following the mechanism proposed in [3]. First one remarks that, for \(\mu = 0\), Hamiltonian \(H_\mu\) admits a continuous family of \(n\)-dimensional partially hyperbolic invariant tori \(T_0 = \{(\varphi, I, q, p) \in \mathbb{T}^n \times \mathbb{R}^n \times \mathbb{T}^1 \times \mathbb{R}^1 \mid I = I_0, q = p = 0\}\) possessing stable and unstable manifolds \(W^s(T_0) = W^u(T_0) = \{(\varphi, I, q, p) \in \mathbb{T}^n \times \mathbb{R}^n \times \mathbb{T}^1 \times \mathbb{R}^1 \mid I = I_0, p^2/2 + (\cos q - 1) = 0\}\). Then Arnold’s mechanism is based on the following three main steps.

- **Step (i)** To prove that, for \(\mu\) small enough, the perturbed stable and unstable manifolds \(W^s_\mu(T_0^\mu)\) and \(W^u_\mu(T_0^\mu)\) split and intersect transversally (“splitting of the separatrices”);
- **Step (ii)** To prove the existence of a chain of tori connected by heteroclinic orbits (“transition chain”);
- **Step (iii)** To prove, by a shadowing type argument, the existence of an orbit such that the action variables \(I\) undergo a variation of \(O(1)\) in a certain time \(T_d\) called the diffusion time.

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We point out that for isochronous systems assumption (H1) implies that all the unperturbed tori \( T_{H_0} \), with their stable and unstable manifolds, persist, for \( \mu \) small enough, being just slightly deformed. For this reason the construction of the “transition chain” of step (ii) is a straightforward consequence of step (i). This also happens, for the peculiar choice of the perturbation, in the non-isochronous system considered in [3]. On the other hand, this is not the case for general non-isochronous systems where the surviving perturbed tori are separated by the gaps appearing in KAM constructions, making the existence of chains of tori a difficult matter, see [11]. We quote paper [23] for a somewhat different mechanism of diffusion where step (ii) is bypassed using Mather’s theory.

In the present paper we address, for isochronous systems, the following two main questions

1) Shadowing theorems and estimates of the diffusion time;

2) Splitting of separatrices.

Problem 1) has been intensively studied in the last years, see for example [10], [11], [12], [14] and [23] (we underline that [10], [11], [12] and [23] deal also with non-isochronous systems). Our general shadowing theorem (thm. 2.3-thm. 2.4) improves -for isochronous systems- the estimates on the diffusion time obtained in the forementioned papers.

The estimate on the diffusion time that we obtain (see expression (2.23)), once it is verified that the stable and the unstable manifolds split, is roughly the following: the diffusion time \( T_d \) is estimated by the product of the number of heteroclinic transitions \( k \) (= number of tori forming the transition chain = heteroclinic jump/splitting) and of the time \( T_s \) required for a single transition, namely \( T_d = kT_s \). The time for a single transition \( T_s \) is bounded by the maximum time between the “ergodization time” of the torus \( \mathbb{T}^n \) run by the linear flow \( \omega t \), and the time needed to “shadow” homoclinic orbits for the quasi-periodically forced pendulum.

In order to highlight the improvement of our estimate of the diffusion time let us consider the particular case of “a-priori unstable” systems, i.e. when the frequency vector \( \omega \) is considered as a constant independent of any parameter. In such a case it is easy to evaluate, using the classical Poincaré-Melnikov theory, that the splitting of the separatrices is \( O(\mu) \). Then our shadowing theorem yields the estimate for the diffusion time \( T_d = O((1/\mu) \log(1/\mu)), \) see thm. 2.4-thm. 2.5.

Such estimate answers to a question raised in [19] (sec 7) proving that, at least for isochronous systems, it is possible to reach the maximal speed of diffusion \( \mu/\log \mu \). On the contrary the estimate on the diffusion time obtained in [11] is \( T_d >> O(\exp(1/\mu)) \) and is improved in [13] to be \( T_d = O(\exp(1/\mu)) \). Recently in [10] by means of Mather’s theory the estimate on the diffusion time has been improved to be \( T_d = O(1/\mu^{2r+1}) \). In [12] it is obtained via geometric methods that \( T_d = O(1/\mu^{r+1}) \). It is worth pointing out that the estimates given in [10] and [12], which yet provide a diffusion time polynomial in the splitting, depend on the diophantine exponent \( \tau \) and hence on the number of rotators \( n \). On the contrary our estimate is independent of \( n \).

The main reason for which we are able to improve also the estimates of [10] and [12] is that our shadowing orbit can be chosen, at each transition, to approach the homoclinic point, only up to a distance \( O(1) \) and not \( O(\mu) \) like in [10] and [12]. This implies that the time spent by our diffusion orbit at each transition is \( T_s = O(\log(1/\mu)) \). Since the number of tori forming the transition chain is equal to \( O(1/\mu^{2r+1}) \) the diffusion time is finally estimated by \( T_d = O((1/\mu) \log(1/\mu)) \).

Regarding the method of proof, we use a variational technique inspired by [3] and [6]. One advantage of this approach is that the same arguments can be also used when the hyperbolic part is a general Hamiltonian in \( \mathbb{R}^{2m} \), \( m \geq 1 \), possessing one hyperbolic equilibrium and a transversal homoclinic orbit. Nevertheless we have developed all the details in the case that the hyperbolic part is the standard one-dimensional pendulum because it is the model equation to study Arnold’s diffusion near a simple-resonance.

Furthermore we also remark that our proof of theorem 3.3 is completely self-contained in the sense that, unlike the known approaches (excepted [23]), we do not make use of any KAM-type result for proving, under assumption (H1), the persistence of invariant tori, see thm. 7.4.

In sections 4-5 we study problem 2). Detecting the splitting of the separatrices becomes a very difficult
problem when the frequency vector $\omega = \omega_\epsilon$ depends on some small parameter $\epsilon$ and contains some “fast frequencies” $\omega_j = O(1/\epsilon^b)$, $b > 0$. Indeed, in this case, the oscillations of the Melnikov function along some directions turn out to be exponentially small with respect to $\epsilon$ and then the naive Poincaré-Melnikov expansion provides a valid measure of the splitting only for $\mu$ exponentially small with respect to $\epsilon$. Much literature in the last years has been devoted to overcome this problem, see for example [13], [15], [16], [20] and [23]. In the present paper, in order to justify the dominance of the Poincaré-Melnikov function when $\mu = O(\epsilon^p)$, we extend the approach originally used in [5] for dealing with rapidly periodic forced systems. Up to a change of variables close to the identity, we prove (see (2.1) and (2.2)) an exponentially small upper bound for the Fourier coefficients of the splitting. As an application we provide some results (thm. 5.1, thm. 5.2) on the splitting of the separatrices and the diffusion time (thm. 5.3) for three time scales systems

$$H_\epsilon = \frac{1}{\sqrt{\epsilon}} P_1 + \epsilon^a \beta \cdot P_2 + \frac{\mu^2}{2} + (\cos q - 1) + \mu(\cos q - 1)f(\varphi),$$

for $\mu \epsilon^{-3/2}$ small. This improves the main theorem I in [22] which holds for $\mu = \epsilon^p$, $p > 2 + a$. With respect to [13], which deals for more general systems, we remark that our results hold in any dimension, while the results of [13] are proved for 2 rotators only.

Theorem 1.2 is also the starting point for proving the splitting of the separatrices in presence of two high frequencies, assuming as in [13], [16], [20] and [23] suitable hypotheses on the perturbation term. We do not address this problem in this paper.

On the other hand theorem 1.1 is the starting point to prove, for $n \geq 3$, the existence of diffusion solutions such that the action variables $I_2$ undergo a variation $O(1)$ in polynomial time (while the $I_1$ action variable does not change considerably). This phenomenon can not be deduced by the estimates, given in [13] and [22], on the “determinant of the splitting” which does not distinguish among “slow” and “fast” directions and would give rise to exponentially large diffusion times. This type of results are contained in the forthcoming paper [5].

The paper is organized as follows: in section 2 we prove the shadowing theorem when the perturbation term is $f(\varphi, q) = (1 - \cos q)f(\varphi)$. In section 3 we show how to prove the theorem for general perturbation terms $f(\varphi, q)$. In section 4 we provide the theorem on the Fourier coefficients of the splitting and in section 5 we consider three time scales systems.

The results of this paper have been announced in [8].

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2 The shadowing theorem

We first develop our approach when the perturbation term $f(\varphi, q) = (1 - \cos q)f(\varphi)$ so that the tori $T_{I_0}$ are still invariant for $\mu \neq 0$. The equations of motion derived by Hamiltonian $H_\mu$ are

$$\dot{\varphi} = \omega, \quad \dot{I} = -\mu(1 - \cos q) \partial_\varphi f(\varphi), \quad \dot{q} = p, \quad \dot{p} = \sin q - \mu \sin q f(\varphi).$$

The dynamics on the angles $\varphi$ is given by $\varphi(t) = \omega t + A$ so that (2.1) are reduced to the quasi-periodically forced pendulum

$$-\ddot{q} + \sin q = \mu \sin q f(\omega t + A)$$

corresponding to the Lagrangian

$$L_\mu(q, \dot{q}, t) = \frac{\dot{q}^2}{2} + (1 - \cos q) + \mu(\cos q - 1)f(\omega t + A).$$
For each solution \( q(t) \) of (2.2) one recovers the dynamics of the actions \( I(t) \) by quadratures in (2.1).

### 2.1 1-bump homoclinic and heteroclinic solutions

For \( \mu = 0 \) equation (2.2) is autonomous and possesses the homoclinic (mod. \( 2\pi \)) solutions \( q_0(t) = 4 \arctg(\exp(t - \theta)), \theta \in \mathbb{R} \). Using the Contraction Mapping Theorem we now prove that, near the unperturbed homoclinic solutions \( q_0(t) \), there exist, for \( \mu \) small enough, “pseudo-homoclinic solutions” \( q_{A,\theta}^\mu(t) \) of equation (2.2). \( q_{A,\theta}^\mu(t) \) are true solutions of (2.2) in \(-\infty, \theta\) and \( \theta, +\infty\); at time \( t = \theta \) such pseudo-solutions are glued with continuity at value \( q_{A,\theta}^\mu(\theta) = \pi \) and for \( t \to \pm \infty \) are asymptotic to the equilibrium \( 0 \mod 2\pi \).

**Lemma 2.1** There exist \( \mu_0, C_0 > 0 \) such that \( \forall 0 < \mu \leq \mu_0, \forall \omega \in \mathbb{R}^n, \forall \theta \in \mathbb{R} \), there exists a unique function \( q_{A,\theta}^\mu(t) : \mathbb{R} \to \mathbb{R} \), smooth in \((A, \theta, \mu)\), such that

1. \( q_{A,\theta}^\mu(t) \) is a solution of (2.2) in each interval \((-\infty, \theta) \) and \( (\theta, +\infty) \) and \( q_{A,\theta}^\mu(t) = \pi \);
2. \( \max \left( |q_{A,\theta}^\mu(t) - q_0(t)|, |q_{A,\theta}^\mu(t) - q_0(t)| \right) \leq C_0\mu \exp(-\frac{|t-\theta|}{2}), \forall t \in \mathbb{R}; \)
3. \( q_{A,\theta}^\mu(t) = q_{A+k2\pi,\theta}^\mu(t), \forall k \in \mathbb{Z}; \)
4. \( q_{A,\theta}^\mu(t + \eta) = q_{A+\omega,\eta,\theta}^\mu(t), \forall \theta, \eta \in \mathbb{R}. \)
5. \( \max \left( |\partial A q_{A,\theta}^\mu(t)|, |\partial A q_{A,\theta}^\mu(t)|, |\omega \cdot \partial A q_{A,\theta}^\mu(t)|, |\omega \cdot \partial A q_{A,\theta}^\mu(t)| \right) = O\left( \mu \exp(-\frac{|t-\theta|}{2}) \right). \)

**Proof.** Proof in the appendix. Note that in (v) the bound of \( |\omega \cdot \partial A q_{A,\theta}^\mu(t)| \) uniform in \( \omega. \)

We can then define the function \( F_\mu : \mathbb{T}^n \times \mathbb{R} \to \mathbb{R} \) as the action functional of Lagrangian (2.3) evaluated on the “1-bump pseudo-homoclinic solutions” \( q_{A,\theta}^\mu(t) \), namely

\[
F_\mu(A, \theta) = \int_{-\infty}^{0} L_\mu(q_{A,\theta}^\mu(t), q_{A,\theta}^\mu(t), t) \, dt + \int_{0}^{\infty} L_\mu(q_{A,\theta}^\mu(t), q_{A,\theta}^\mu(t), t) \, dt
\]

and the “homoclinic function” \( G_\mu : \mathbb{T}^n \to \mathbb{R} \) as

\[
G_\mu(A) = F_\mu(A, 0).
\]

Since \( q_{A,\theta}^\mu(t) \) converges exponentially fast to 0, \( \mod 2\pi \), the integrals in (2.4) are convergent. Note that the homoclinic function \( G_\mu \) is independent of \( I_0 \). By property (v) of lemma 2.1 the following invariance property holds

\[
F_\mu(A, \theta + \eta) = F_\mu(A + \omega \eta, \theta), \quad \forall \theta, \eta \in \mathbb{R},
\]

and in particular

\[
F_\mu(A, \theta) = G_\mu(A + \omega \theta), \quad \forall \theta \in \mathbb{R}.
\]

**Remark 2.1** The homoclinic function \( G_\mu \) is the difference between the generating functions \( S_{\mu, I_0}^\pm(A, q_0) \) of the stable and the unstable manifolds \( W_{\mu,u}(T_{I_0}) \) (which in this case are exact Lagrangian manifolds) at section \( q_0 = \pi \), namely \( G_\mu(A) = S_{\mu, I_0}^- (A, \pi) - S_{\mu, I_0}^+ (A, \pi) \). Indeed can be easily verified that

\[
S_{\mu, I_0}^+(A, q_0) = I_0 \cdot A - \int_{0}^{\infty} \frac{(q_{A,q_0}^\mu(t))^2}{2} + (1 - \cos q_{A,q_0}^\mu(t)) + \mu(\cos q_{A,q_0}^\mu(t) - 1) f(\omega t + A) \, dt,
\]

where \( q_{A,q_0}^\mu(t) \) is the unique solution of (2.2) near \( q_0(t) \) with \( q_{A,q_0}^\mu(0) = q_0 \) and \( \lim_{t \to +\infty} q_{A,q_0}^\mu(t) = 2\pi \).

Analogously

\[
S_{\mu, I_0}^-(A, q_0) := I_0 \cdot A + \int_{-\infty}^{0} \frac{(q_{A,q_0}^\mu(t))^2}{2} + (1 - \cos q_{A,q_0}^\mu(t)) + \mu(\cos q_{A,q_0}^\mu(t) - 1) f(\omega t + A) \, dt,
\]

where \( q_{A,q_0}^\mu(t) \) is the unique solution of (2.2) near \( q_0(t) \) with \( q_{A,q_0}^\mu(0) = q_0 \) and \( \lim_{t \to -\infty} q_{A,q_0}^\mu(t) = 0 \).
**Lemma 2.2** The derivative of $\theta \to F_{\mu}(A, \theta)$ satisfies

$$\partial_{\theta} F_{\mu}(A, \theta) = \frac{(q_{A,\theta}^\mu(\theta^+))^2}{2} - \frac{(q_{A,\theta}^\mu(\theta^-))^2}{2}. \tag{2.7}$$

**Proof.** There holds

$$\partial_{\theta} F_{\mu}(A, \theta) = \frac{(q_{A,\theta}^\mu(\theta^-))^2}{2} - \frac{(q_{A,\theta}^\mu(\theta^+))^2}{2} + \int_{-\infty}^{\infty} \cdots + \int_{\theta}^{+\infty} q_{A,\theta}^\mu(t) \partial_{\theta} q_{A,\theta}^\mu(t) + \left( \sin q_{A,\theta}^\mu(t) - \mu \sin q_{A,\theta}^\mu(t) \right) \partial_{\theta} q_{A,\theta}^\mu(t) \, dt. \tag{2.8}$$

Integrating by parts and using also that $\mu \sin q_{A,\theta}^\mu(t) \partial_{\theta} q_{A,\theta}^\mu(t)$, we obtain

$$\partial_{\theta} F_{\mu}(A, \theta) = \frac{1}{2}(q_{A,\theta}^\mu(\theta^-))^2 - \frac{1}{2}(q_{A,\theta}^\mu(\theta^+))^2 + \left[ \partial_{\theta} q_{A,\theta}^\mu(t) q_{A,\theta}^\mu(t) \right]_{-\infty}^{\infty} + \left[ \partial_{\theta} q_{A,\theta}^\mu(t) q_{A,\theta}^\mu(t) \right]_{+\infty}^{+\infty}. \tag{2.9}$$

Since $\forall \theta \in \mathbb{R}, q_{A,\theta}^\mu(\theta) = \pi$, deriving in $\theta$ we obtain $\partial_{\theta} q_{A,\theta}^\mu(\theta) + q_{A,\theta}^\mu(\theta) = 0$; hence from (2.8) and using that $\lim_{t \to \pm\infty} q_{A,\theta}^\mu(t) = 0$ we deduce lemma 2.2. 

By lemma 2.2 if $\partial_{\theta} F_{\mu}(A, \theta) = 0$ then $q_{A,\theta}^\mu(t)$ is a true homoclinic (mod. 2π) solution of (2.2). Then, for each $I_0 \in \mathbb{R}^n$,

$$\left( \omega t + A, I_\mu(t), q_{A,\theta}^\mu(t), q_{A,\theta}^\mu(t) \right) \tag{2.10}$$

where

$$I_\mu(t) = I_0 - \mu \int_{-\infty}^{t} (1 - \cos q_{A,\theta}^\mu(s)) \partial_{\varphi} f(\omega s + A) \, ds$$

is a solution of $H_{\mu}$ emanating at $t = -\infty$ from torus $T_{I_0}$. Since $q_{A,\theta}^\mu$ converges exponentially fast to the equilibrium, the “jump” in the action variables is a solution of (2.2). Moreover the next lemma says that such jump is given by $\partial_{A} F_{\mu}(A, \theta)$:

**Lemma 2.3** Let $\partial_{\theta} F_{\mu}(A, \theta) = 0$ then $I_\mu(t)$ given in (2.10) satisfies

$$\partial_{A} F_{\mu}(A, \theta) = \int_{-\infty}^{+\infty} I_\mu(t) \, dt = I_\mu(+\infty) - I_0 < +\infty. \tag{2.11}$$

In particular if $(A, \theta)$ is a critical point of $F_{\mu}(A, \theta)$ then (2.3) in a homoclinic orbit to torus $T_{I_0}$.

**Proof.** There holds

$$\partial_{A} F_{\mu}(A, \theta) = \int_{-\infty}^{+\infty} q_{A,\theta}^\mu(t) \partial_{A} q_{A,\theta}^\mu(t) + \sin q_{A,\theta}^\mu(t) \partial_{A} q_{A,\theta}^\mu(t)$$

$$- \mu \sin q_{A,\theta}^\mu(t) f(\omega t + A) \partial_{A} q_{A,\theta}^\mu(t) - \mu (1 - \cos q_{A,\theta}^\mu(t)) \partial_{\varphi} f(\omega t + A) \, dt. \tag{2.12}$$

Integrating by parts, since $q_{A,\theta}^\mu(t)$ solves (2.2), and using that $\lim_{t \to \pm\infty} q_{A,\theta}^\mu(t) = 0$, we deduce

$$\partial_{A} F_{\mu}(A, \theta) = \int_{-\infty}^{+\infty} -\mu (1 - \cos q_{A,\theta}^\mu(t)) \partial_{\varphi} f(\omega t + A) \, dt. \tag{2.12}$$

We deduce from (2.12) equality (2.11). 

By the invariance property (2.6) if $B$ is a critical point of the homoclinic function $G_{\mu}$, then, for all $(A, \theta)$ such that $A + \omega \theta = B$, (2.3) are homoclinic solutions to each torus $T_{K_0}$. These homoclinics are not geometrically distinct since, by the autonomy of $H_{\mu}$, they are all obtained by time translation of the same homoclinic orbit. By the Lusternik-Schirelman category theory, since $\text{cat} \ T^n = n + 1$, the function $G_{\mu} : T^n \to \mathbb{R}$ has at least $n + 1$ distinct critical points. This proves (see also [20]).
Theorem 2.1 Let $0 < \mu \leq \mu_0$. \(\forall I_0 \in \mathbb{R}^n\) there exist at least \(n + 1\) homoclinic orbits geometrically distinct to \(T_{I_0}\).

From the conservation of energy a heteroclinic orbit between \(T_{I_0}\) and \(T_{I_0'}\), if any, must satisfy the energy relation

\[ \omega \cdot I_0 = \omega \cdot I_0'. \tag{2.13} \]

By lemma 2.3 a critical point of \(F_{\mu, I_0, I_0'}(A, \theta)\), defined by \(F_{\mu, I_0, I_0'}(A, \theta) = F_\mu(A, \theta) - (I_0' - I_0) \cdot A = G_\mu(A + \omega t) - (I_0' - I_0) \cdot A\), gives rise to a heteroclinic solution joining the tori \(T_{I_0}\) to \(T_{I_0'}\). If the energy condition (2.13) holds then the function \(F_{\mu, I_0, I_0'}(A, \theta)\) satisfies the invariance property

\[ F_{\mu, I_0, I_0'}(A, \theta) = G_\mu(A + \omega t) - (I_0' - I_0) \cdot (A + \omega t) = G_{\mu, I_0, I_0'}(A + \omega t). \tag{2.14} \]

where

\[ G_{\mu, I_0, I_0'}(B) := G_\mu(B) - (I_0' - I_0) \cdot B. \tag{2.15} \]

Note that \(G_{\mu, I_0, I_0'}\) is not \(2\pi\mathbb{Z}^n\)-periodic, and it might possess no critical point even for \(|I_0' - I_0|\) small. However near a homoclinic orbit to \(T_{I_0'}\) satisfying some “transversality condition” there exist heteroclinic solutions connecting nearby tori \(T_{I_0'}\). As an example, the following theorem holds, where \(B_\rho(A_0)\) denotes an open ball in \(\mathbb{R}^n\) (covering space of \(T^n\)).

Theorem 2.2 Assume that there exist \(A_0 \in T^n\), \(\delta > 0\) and \(\rho > 0\) such that \(\inf_{B_\rho(A_0)} G_\mu > \inf_{B_\rho(A_0)} G_\mu + \delta\). Then for all \(I_0, I_0' \in \mathbb{R}^n\) satisfying \((I_0 - I_0') \cdot \omega = 0\) and \(|I_0 - I_0'| \leq \delta/(2\rho)\) there exists a heteroclinic solution of \(H_\mu\) connecting \(T_{I_0}\) to \(T_{I_0'}\).

2.2 The \(k\)-bump pseudo-homoclinic solutions

We prove in the next lemma the existence of pseudo-homoclinic solutions \(q_{A, \theta}^k(t)\) of the quasi-periodically forced pendulum (2.2) which turn \(k\) times along the separatrices and are asymptotic to the equilibrium for \(t \to \pm \infty\). Such pseudo-homoclinics \(q_{A, \theta}^k(t)\) are found, via the Contraction Mapping Theorem, as small perturbations of a chain of “1-bump pseudo-homoclinic solutions” obtained in lemma 2.1.

Lemma 2.4 There exist \(C_1, L_1 > 0\) such that \(\forall \omega \in \mathbb{R}^n\), \(\forall 0 < \mu \leq \mu_0\), \(\forall k \in \mathbb{N}\), \(\forall L > L_1\), \(\forall \theta_1 < \ldots < \theta_k\) with \(\min_i |\theta_{i+1} - \theta_i| > L\), there exists a unique pseudo-homoclinic solution \(q_{A, \theta}^k(t) : \mathbb{R} \to \mathbb{R}\), smooth in \((A, \theta, \mu)\) which is a true solution of (2.2) in each interval \((-\infty, \theta_1), (\theta_i, \theta_{i+1})\) for \(i = 1, \ldots, k-1\), \((\theta_k, +\infty)\) and

- \((i)\) \(q_{A, \theta}^k(\theta_i) = \pi(2i-1), q_{A, \theta}^k(t) = q_{A, \theta}^k(t) \in (-\infty, \theta_1)\) and \(q_{A, \theta}^k(t) = 2\pi(k-1) + q_{A, \theta}^k(t) \in (\theta_k, +\infty)\);
- \((ii)\) \(||q_{A, \theta}^k - q_{A, \theta}^\mu||_{W^{1, \infty}(J_i)} \leq C_1 \exp(-C_1L)\) where \(J_i = (\theta_i, (\theta_i + \theta_{i+1})/2)\), \(\forall i = 1, \ldots, k-1\);
- \((iii)\) \(||q_{A, \theta}^k - q_{A, \theta+1}^\mu||_{W^{1, \infty}(J_i')} \leq C_1 \exp(-C_1L)\) where \(J_i' = ((\theta_i + \theta_{i+1})/2, \theta_{i+1})\), \(\forall i = 1, \ldots, k-1\);
- \((iv)\) \(q_{A, \theta}^k(t) = q_{A+k2\pi, \theta}^k(t)\), \(\forall k \in \mathbb{Z}^n\);
- \((v)\) \(q_{A, \theta+\eta}(t + \eta) = q_{A+\omega\eta, \theta}(t)\), \(\forall \theta, \eta \in \mathbb{R}\).

Proof. In the appendix.

We consider the Lagrangian action functional evaluated on the pseudo-homoclinic solutions \(q_{A, \theta}^k\) given by lemma 2.4 depending on \(n + k\) variables

\[ F^k_\mu(A_1, \ldots, A_n, \theta_1, \ldots, \theta_k) = \int_{-\infty}^{\theta_1} L_\mu(q_{A, \theta}^k(t), \dot{q}_{A, \theta}^k(t), t) \, dt + \sum_{i=1}^{k-1} \int_{\theta_i}^{\theta_{i+1}} L_\mu(q_{A, \theta}^k(t), \dot{q}_{A, \theta}^k(t), t) \, dt + \int_{\theta_k}^{+\infty} L_\mu(q_{A, \theta}^k(t), \dot{q}_{A, \theta}^k(t), t) \, dt. \]
By lemma 2.4 the following invariance property holds
\[ F^k_\mu(A, \theta + \eta) = F^k_\mu(A + \eta \omega, \theta), \quad \forall \theta, \eta \in \mathbb{R}. \]  
(2.16)

Let \( \mathcal{F}_\mu : \mathbb{T}^n \times \mathbb{R}^k \to \mathbb{R} \) be the “k-bump heteroclinic function” defined by
\[ \mathcal{F}^k_\mu(A, \theta) := F^k_\mu(A, \theta) - (I^0_\mu - I_0^0) \cdot A. \]  
(2.17)

Arguing as in lemma 2.3 we have

**Lemma 2.5** \( \forall I_0, I_0^0 \in \mathbb{R}^n \), if \((A, \theta)\) is a critical point of \( \mathcal{F}^k_\mu(A, \theta) \), then \((\omega t + A, I_\mu(t), q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t))\) where \( I_\mu(t) = I_0 - \mu \int_{-\infty}^{t} (1 - \cos \alpha(s)) \partial_{\phi} f(\omega s + A) \, ds \) is a heteroclinic solution connecting \( T_{I_0} \) to \( T_{I_0^0} \).

By lemma 2.5 we need to find critical points of \( \mathcal{F}^k_\mu(A, \theta) \). When \( \min_i(\theta_{i+1} - \theta_i) \to +\infty \) the “k-bump homoclinic function” \( F^k_\mu(A, \theta) \) turns out to be well approximated simply by the sum of \( F^k_\mu(A, \theta_i) \) according to the following lemma. We set \( \theta_0 = -\infty \) and \( \theta_{k+1} = +\infty \).

**Lemma 2.6** There exist \( C_2, L_2 > 0 \) such that \( \forall \omega \in \mathbb{R}^n \), \( \forall 0 < \mu \leq \mu_0 \), \( \forall L > L_2 \), \( \forall \theta_1 < \ldots < \theta_k \) with \( \min_i(\theta_{i+1} - \theta_i) > L \)

\[ F^k_\mu(A, \theta_1, \ldots, \theta_k) = \sum_{i=1}^{k} F^i_\mu(A, \theta_i) + \sum_{i=1}^{k} R_i(\mu, A, \theta_i, \theta_{i+1}), \]  
(2.18)

with
\[ |R_i(\mu, A, \theta_i, \theta_{i+1})| \leq C_2 \exp(-C_2 L). \]

**Proof.** We can write
\[ F^k_\mu(A, \theta_1, \ldots, \theta_k) = \left( \int_{-\infty}^{\theta_1} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) + \int_{\theta_1}^{(\theta_1 + \theta_2)/2} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \right) + \sum_{i=2}^{k-1} \left( \int_{(\theta_{i-1} + \theta_i)/2}^{\theta_i} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) + \int_{\theta_i}^{(\theta_i + \theta_{i+1})/2} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \right) + \left( \int_{(\theta_{k-1} + \theta_k)/2}^{\theta_k} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) + \int_{\theta_k}^{+\infty} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \right). \]

We define
\[ R^-_i(\mu, A, \theta_{i-1}, \theta_i) = \int_{(\theta_{i-1} + \theta_i)/2}^{\theta_i} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \, dt - \int_{-\infty}^{\theta_i} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \, dt, \]
\[ R^+_i(\mu, A, \theta_i, \theta_{i+1}) = \int_{\theta_i}^{(\theta_i + \theta_{i+1})/2} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \, dt - \int_{\theta_i}^{+\infty} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) \, dt \]
where \( q^L_{A, \theta} \) is the 1-bump pseudo-homoclinic solution obtained in lemma 2.1. Recalling the definition 2.4 of \( F^k_\mu(A, \theta) \) we have
\[ F^k_\mu(A, \theta_1, \ldots, \theta_k) = F^k_\mu(A, \theta_1) + R^-_1(\mu, A, \theta_1, \theta_2) + \sum_{i=2}^{k-1} F^i_\mu(A, \theta_i) + \left( R^-_i(\mu, A, \theta_{i-1}, \theta_i) + R^+_i(\mu, A, \theta_i, \theta_{i+1}) \right) + F^k_\mu(A, \theta_k) + R^-_k(\mu, A, \theta_{k-1}, \theta_k). \]

Setting \( R_i = R^-_i + R^+_i \) we derive the expression (2.18). In order to complete the proof, it is enough to show the existence of \( C_2, L_2 > 0 \) such that \( \forall \omega \in \mathbb{R}^n \), for all \( 0 < \mu \leq \mu_0 \), \( \forall L > L_2 \), \( \forall \theta_1 < \ldots < \theta_k \) with \( \min_i(\theta_{i+1} - \theta_i) > L \), for all \( i = 1, \ldots, k \)

\[ |R^+_i(\mu, A, \theta_i, \theta_{i+1})| \leq C_2 \exp(-C_2 L). \]  
(2.19)
We write the proof for $R^+_t$. We have

$$R^+_t(\mu, A, \theta_i, \theta_{i+1}) = \int_{\theta_i}^{(\theta_i + \theta_{i+1})/2} (\mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) - \mathcal{L}_\mu(q^\mu_{A, \theta}(t), \dot{q}^\mu_{A, \theta}(t), t)) \, dt$$

(2.20)

$$- \int_{(\theta_i + \theta_{i+1})/2}^{+\infty} \mathcal{L}_\mu(q^\mu_{A, \theta}(t), \dot{q}^\mu_{A, \theta}(t), t) \, dt.$$

By lemma 2.4(ii) the homoclinic orbit satisfies $\max(|q^\alpha_{A, \theta_1}(t)|, |\dot{q}^\alpha_{A, \theta_1}(t)|) \leq C \exp(-|t - \theta_1|/2)$. Hence, for all $\theta_1 < \ldots < \theta_k$ with $\min_i(\theta_{i+1} - \theta_i) > L$,

$$\left| \int_{(\theta_i + \theta_{i+1})/2}^{+\infty} \mathcal{L}_\mu(q^\mu_{A, \theta}(t), \dot{q}^\mu_{A, \theta}(t), t) \, dt \right| = O(e^{-L/2}).$$

(2.21)

From lemma 2.5(ii) we also deduce that

$$\left( \int_{\theta_i}^{(\theta_i + \theta_{i+1})/2} \mathcal{L}_\mu(q^L_{A, \theta}(t), \dot{q}^L_{A, \theta}(t), t) - \mathcal{L}_\mu(q^\mu_{A, \theta}(t), \dot{q}^\mu_{A, \theta}(t), t)) \, dt \right) = O(e^{-CL}).$$

(2.22)

From (2.20), (2.21) and (2.22) we deduce (2.19) and hence the lemma. ■

### 2.3 The diffusion orbit

We are now able to consider the existence of the shadowing orbit. We give an example of condition on $G_\mu$ which implies the existence of diffusion orbits.

**Condition 2.1** ("Splitting condition") There exist $A_0 \in T^n$, $\delta > 0$, $0 < \alpha < \rho$ such that

- (i) $\inf_{\partial B_\rho(A_0)} G_\mu \geq \inf_{B_\rho(A_0)} G_\mu + \delta$;
- (ii) $\sup_{B_\rho(A_0)} G_\mu \leq (\frac{3}{4} + \inf_{B_\rho(A_0)} G_\mu)$;
- (iii) $\mu(A \in B_\rho(A_0) | G_\mu(A) \leq \delta/2 + \inf_{B_\rho(A_0)} G_\mu), \{A \in B_\rho(A_0) | G_\mu(A) \geq 3\delta/4 + \inf_{B_\rho(A_0)} G_\mu\} \geq 2\alpha$.

**Remark 2.2** If $G_\mu$ possesses a non-degenerate minimum in $A_0$ the "splitting condition" above is satisfied, for $\rho$ sufficiently small, choosing $\delta = (\min \lambda_i) \rho^2/4$ and $\alpha = (\rho/8) \sqrt{\min \lambda_i}/(\max \lambda_i)$ where $\lambda_i$ are the positive eigenvalues of $D^2G^\mu(A_0)$.

**Remark 2.3** $B_\rho(A_0)$, open ball of radius $\rho$ in $\mathbb{R}^n$ (the covering space of $T^n$), could be replaced by a bounded open subset $U$ of $\mathbb{R}^n$.

The following shadowing type theorem holds.

**Theorem 2.3** Assume (H1) and the "splitting condition" 2.4. Then $\forall I_0, I_0'$ with $\omega \cdot I_0 = \omega \cdot I_0'$, there is a heteroclinic orbit connecting the invariant tori $T_{I_0}$ and $T_{I_0'}$. Moreover there exists $C_3 > 0$ such that $\forall \eta > 0$ small enough the "diffusion time" $T_d$ needed to go from a $\eta$-neighbourhood of $T_{I_0}$ to a $\eta$-neighbourhood of $T_{I_0'}$ is bounded by

$$T_d \leq C_3 \frac{|I_0 - I_0'|}{\delta} \rho \max \left( |\ln \delta|, \frac{1}{\gamma \alpha^2} \right) + C_3 |\ln(\eta)|.$$  

(2.23)
Remark 2.4 The meaning of (2.23) is the following: the diffusion time $T_d$ is estimated by the product of the number of heteroclinic transitions $k = (\text{heteroclinic jump / splitting}) = |I'_0 - I_0|/\delta$, and of the time $T_s$ required for a single transition, that is $T_d = k \cdot T_s$. The time for a single transition $T_s$ is bounded by the maximum time between the "ergodization time" $(1/\gamma \alpha^s)$, i.e., the time needed for the flow $\omega t$ to make an $\alpha$-net of the torus, and the time $|\ln \delta|$ needed to "shadow" homoclinic orbits for the forced pendulum equation. We use here that these homoclinic orbits are exponentially asymptotic to the equilibrium.

Remark 2.5 The following proof works if $G_\mu$ possesses a local maximum which satisfies a non-degeneracy type condition like the "splitting condition" (2.4), while in the approaches developed in [10] and [25], based on Mather’s theory, diffusion orbits are always built from local minima of $\theta_i$ are constants to be chosen later. In these new coordinates the heteroclinic function defined in (2.17), required for a single transition, that is

$$\tilde{\theta}_k - \tilde{\theta}_i | \leq K_1 \frac{|I'_0 - I_0|}{\delta} \rho \text{max} \left(|\ln \delta|, \frac{1}{\gamma \alpha^s} \right).$$

More precisely we shall enforce

$$K_2 |\ln \delta| < |\tilde{\theta}_{i+1} - \tilde{\theta}_i| < K_3 \text{max} \left(|\ln \delta|, \frac{1}{\gamma \alpha^s} \right) \quad \forall i = 1, \ldots, k,$$

for some positive constants $K_2, K_3$. Let $(\Omega_1, \ldots, \Omega_n)$ be an orthonormal basis of $\mathbb{R}^n$ where

$$\Omega_1 = \frac{\omega}{|\omega|} \quad \text{and} \quad \Omega_2 = \frac{I'_0 - I_0}{|I'_0 - I_0|};$$

We recall that $\omega \cdot (I'_0 - I_0) = 0$. In order to find a critical point of $\mathcal{F}_\mu^k$ we introduce suitable coordinates $(a_1, \ldots, a_n, s_1, \ldots, s_k) \in \mathbb{R}^n \times (-\rho, \rho)^k$ defined by

$$A = \sum_{j=1}^n a_j \Omega_j, \quad \theta_i = \eta_i + s_i - a_1 |\omega| \quad \forall i = 1, \ldots, k$$

where $\eta_i$ are constants to be chosen later. In these new coordinates the heteroclinic function defined in (2.17) is given by

$$\tilde{\mathcal{F}}_\mu^k(a_1, a_2, \ldots, a_n, s_1, \ldots, s_k) = F_\mu \left( \sum_{j=1}^n a_j \Omega_j, \frac{\eta_1 + s_1 - a_1}{|\omega|}, \ldots, \frac{\eta_k + s_k - a_1}{|\omega|} \right) - |I'_0 - I_0| a_2. \quad (2.27)$$

Using the invariance property (2.16) we see that $\tilde{\mathcal{F}}_\mu^k$ does not depend on the new variable $a_1$:

$$\tilde{\mathcal{F}}_\mu^k(a_1, a_2, \ldots, a_n, s_1, \ldots, s_k) = F_\mu \left( \sum_{j=2}^n a_j \Omega_j, \frac{\eta_1 + s_1}{|\omega|}, \ldots, \frac{\eta_k + s_k}{|\omega|} \right) - |I'_0 - I_0| a_2 = \tilde{\mathcal{F}}_\mu^k(0, a_2, \ldots, a_n, s_1, \ldots, s_k).$$
For simplicity of notation we will still denote $\bar{\mathcal{F}}^k_\mu(a_2, \ldots, a_n, s_1, \ldots, s_k) := \bar{\mathcal{F}}^k_\mu(0, a_2, \ldots, a_n, s_1, \ldots, s_k)$. We now choose the constants $\eta_i$. Let
\begin{equation}
D = \frac{1}{C_2} \left| \ln \left( \frac{24C_2}{\delta} \right) \right| + 2\rho,
\end{equation}
where $C_2$ is the constant appearing in lemma 2.7. We shall use the following fact (see [4]): there is $C > 0$ such that, for all intervals $J \subset \mathbb{R}$ of length greater or equal to $\frac{C}{(\gamma\alpha^7)}$, there is $\theta \in J$ such that
\begin{equation}
d(\theta\omega, 2\pi \mathbb{Z}^n) < \alpha.
\end{equation}
By (2.29) there is $(\eta_1, \ldots, \eta_k) \in \mathbb{R}^k$ such that
\begin{equation}
\eta_i = \chi_i, \text{ mod } 2\pi \mathbb{Z}^n, \quad |\chi_i| < \alpha \quad \text{and} \quad \chi_i \cdot \Omega_1 = 0, \text{ i.e. } \chi_i = \sum_{j=2}^{n} \chi_i, \Omega_j.
\end{equation}
By (2.28), (2.31), since $s_i \in (-\rho, \rho)$ we have that $\theta_{i+1} - \theta_i \geq \frac{1}{C_2} |\ln(24C_2)|$; hence, by lemma 2.6, setting
\begin{align*}
\bar{R}_i &= \bar{R}_i(a_2, \ldots, a_n, s_{i-1}, s_i, s_{i+1}) \\
&= R_i \left( \sum_{j=2}^{n} a_j, \Omega_j, \frac{s_{i-1} + \eta_{i-1} - a_1, s_i + \eta_i - a_1, s_{i+1} + \eta_{i+1} - a_1}{|\omega|} \right)
\end{align*}
we get
\begin{equation}
|\bar{R}_i(a_2, \ldots, a_n, s_{i-1}, s_i, s_{i+1})| \leq \frac{\delta}{24}.
\end{equation}
By lemma 2.6, the invariance property (2.16), (2.30) and since $G_\mu$ is $2\pi \mathbb{Z}^n$-periodic, we have
\begin{align*}
\bar{\mathcal{F}}^k_\mu(a_2, \ldots, a_n, s_1, \ldots, s_k) &= \sum_{i=1}^{k} \bar{F}_\mu \left( \sum_{j=2}^{n} a_j, \Omega_j, \frac{\eta_i + s_i}{|\omega|} \right) + \bar{R}_i - |I'_0 - I_0|a_2 \\
&= \sum_{i=1}^{k} \bar{F}_\mu \left( \sum_{j=2}^{n} a_j, \Omega_j + \chi_i + s_i\Omega_1, 0 \right) + \bar{R}_i - |I'_0 - I_0|a_2 \\
&= \sum_{i=1}^{k} \bar{G}_\mu \left( \sum_{j=2}^{n} (a_j + \chi_i)\Omega_j + s_i\Omega_1 \right) + \bar{R}_i - |I'_0 - I_0|a_2 \\
&= \sum_{i=1}^{k} \bar{G}_\mu(a_2 + \chi_1, a_n + \chi_i, s_i) + \bar{R}_i - |I'_0 - I_0|a_2
\end{align*}
where $\bar{G}_\mu(a_2, \ldots, a_n, s) = G_\mu(\sum_{j=2}^{n} a_j\Omega_j + s\Omega_1)$. Since the basis $(\Omega_1, \ldots, \Omega_n)$ is orthonormal the function $\bar{G}_\mu$ satisfies the same properties as $G_\mu$, i.e.
\begin{align*}
\sup_{B_\rho(0)} \bar{G}_\mu \leq \delta/4, \quad \inf_{\partial B_\rho(0)} \bar{G}_\mu \geq \delta \quad \text{and} \quad d(\{x \in B_\rho(0) \mid \bar{G}_\mu(x) \leq \delta/2\}, \{x \in B_\rho(0) \mid \bar{G}_\mu(x) \geq 3\delta/4\}) \geq 2\alpha.
\end{align*}
We shall find a critical point of $\bar{\mathcal{F}}^k_\mu$ in
\begin{equation*}
W = \left\{ (a_2, \ldots, a_n, s) \in \mathbb{R}^{n-1} \times \mathbb{R}^k \mid (a_2, \ldots, a_n, s_i) \in B_\rho(0), \forall i = 1, \ldots, k \right\}.
\end{equation*}
\( \bar{F}_\mu^k \) attains its minimum over \( \overline{W} \) at some point \((\overline{\pi}, \overline{\sigma})\). Notice that by (2.32)

\[
\inf_{\overline{W}} \bar{F}_\mu^k(0, 0) \leq \sum_{i=1}^{k} \bar{G}_\mu(0, \chi_i) + \frac{k \delta}{24},
\]

Since \(|\chi_i| < \alpha\) for all \(i = 1, \ldots, k\) and \(\sup_{B_\rho(0)} \bar{G}_\mu \leq \delta/4\), we have

\[
\inf_{\overline{W}} \bar{F}_\mu^k \leq k \frac{\delta}{4} + \frac{k \delta}{24} = k \frac{7\delta}{24}.
\] (2.33)

The theorem is proved if we show that \((\overline{\pi}, \overline{\sigma}) \in W\). Arguing by contradiction assume that \((\overline{\pi}, \overline{\sigma}) \in \partial W\). Then there is some \(l \in \{1, \ldots, k\}\) such that \((\overline{\pi} + \chi_l, \overline{\sigma}_l) \in \partial B_\rho(0)\), so that \(\bar{G}_\mu(\overline{\pi} + \chi_l, \overline{\sigma}_l) \geq \delta\). We now prove that \((\overline{\pi} + \chi_l, t) t \in (-\rho, \rho) \cap B_\rho(0) \subset Z := \{x \in B_\rho(0) \mid \bar{G}_\mu(x) \geq 3\delta/4\}\). Indeed, if not, by (2.32), for some \(t \in (-\rho, \rho)\) such that \((\overline{\pi} + \chi_l, t) \in B_\rho(0)\),

\[
\bar{F}_\mu^k(\overline{\pi}, \overline{\sigma}_1, \ldots, \overline{\sigma}_{l-1}, t, \overline{\sigma}_{l+1}, \ldots, \overline{\sigma}_k) \leq \bar{F}_\mu^k(\overline{\pi}, \overline{\sigma}) + (\bar{G}_\mu(\overline{\pi} + \chi_l, t) - \bar{G}_\mu(\overline{\pi} + \chi_l, \overline{\sigma}_l))
\]

\[
+ |\bar{R}_{l-1}(\overline{\pi}, \overline{\sigma}_{l-2}, \overline{\sigma}_{l-1}, \overline{\sigma}_l) - \bar{R}_{l-1}(\overline{\pi}, \overline{\sigma}_{l-2}, \overline{\sigma}_{l-1}, t)|
\]

\[
+ |\bar{R}_l(\overline{\pi}, \overline{\sigma}_{l-1}, t, \overline{\sigma}_l) - \bar{R}_l(\overline{\pi}, \overline{\sigma}_{l-1}, \overline{\sigma}_l)|
\]

\[
+ |\bar{R}_{l+1}(\overline{\pi}, \overline{\sigma}_l, \overline{\sigma}_{l+1}, t) - \bar{R}_{l+1}(\overline{\pi}, \overline{\sigma}_l, \overline{\sigma}_{l+1})|
\]

\[
< \bar{F}_\mu(\overline{\pi}, \overline{\sigma}) - \frac{\delta}{4} + \frac{6\delta}{24} = \bar{F}_\mu(\overline{\pi}, \overline{\sigma}),
\]

which is wrong since \((\overline{\pi}, \overline{\sigma})\) is the minimum of \(\bar{F}_\mu^k\) over \(\overline{W}\). We deduce in particular that, for all \(i\), \((\overline{\pi} + \chi_l, \overline{\sigma}_l) \in Z \cup B_\rho(0)^c\). Now, as \(\bar{G}_\mu \geq 3\delta/4\) in a neighbourhood of \(\partial B_\rho(0)\), our splitting condition implies that

\[d(\{x \in B_\rho(0) \mid \bar{G}_\mu(x) \geq 3\delta/4\} \cup B_\rho(0)^c, \{x \in B_\rho(0) \mid \bar{G}_\mu(x) \leq \delta/2\}) \geq 2\alpha.\]

We derive by (2.30) that for all \(i\),

\[\bar{G}_\mu(\overline{\pi} + \chi_l, \overline{\sigma}_l) \geq \delta/2.\] (2.34)

As a consequence, noting that, from (2.24), \(|I_0^l - I_0| \rho \leq (k\delta)/24\), we deduce that

\[
\bar{F}_\mu^k(\overline{\pi}, \overline{\sigma}) \geq k \frac{\delta}{2} - k \frac{\delta}{24} - k \frac{\delta}{24} = k \frac{10\delta}{24} > k \frac{7\delta}{24},
\]

contradicting (2.33). The proof of the theorem is complete. \(\blacksquare\)

When the frequency vector \(\omega\) is considered as a constant, independent of any parameter (“a priori-unstable case”) it is easy to justify the splitting condition (2.1) using the first-order approximation given by the Poincaré-Melnikov primitive. With a Taylor expansion in \(\mu\) we can easily prove that for \(\mu\) small enough

\[G_\mu(B) = Const + \mu \Gamma(B) + O(\mu^2), \forall B \in T^n,\]

where \(\Gamma : T^n \to \mathbb{R}\) is nothing but the Poincaré-Melnikov primitive

\[\Gamma(B) = \int_\mathbb{R} (1 - \cos q_0(t)) f(\omega t + B) \ dt.\]

Hence, if \(\Gamma\) possesses a proper minimum (resp. maximum) in \(A_0 \in \mathbb{R}^n\), i.e. \(\exists r > 0\) such that \(\inf_{\partial B_r(A_0)} \Gamma \geq \Gamma(A_0)\) (resp. \(\sup_{\partial B_r(A_0)} \Gamma \leq \Gamma(A_0)\)) then, for \(\mu\) small enough, the “splitting” condition (2.1) holds with \(\delta = O(\mu), \rho = O(1)\) and \(\alpha = O(1)\). We remark that the previous \(B_r(A_0)\) could be replaced by a bounded open subset \(U\) of \(\mathbb{R}^n\). Applying theorem 2.3 we deduce

**Theorem 2.4** Assume (H1) and let \(\Gamma\) possess a proper minimum (or maximum) \(A_0\), i.e. \(\exists r > 0\) such that \(\inf_{\partial B_r(A_0)} \Gamma \geq \Gamma(A_0)\). Then, for \(\mu\) small enough, the same statement of theorem 2.3 holds with a diffusion time \(T_d = O((1/\mu) \log(1/\mu))\).
3 More general perturbation terms

In this section we show how to adapt the arguments of the previous section when dealing with a more general perturbation term \( f(\varphi, q) \). Regarding regularity it is sufficient to have finite large enough smoothness for \( f \). The equation of motion derived by Hamiltonian \( \mathcal{H}_\mu \) are

\[
\dot{\varphi} = \omega, \quad \dot{i} = -\mu \partial_\varphi f(\varphi, q), \quad \dot{q} = p, \quad \dot{p} = \sin q - \mu \partial_q f(\varphi, q),
\]

(3.1)
corresponding to the quasi-periodically forced pendulum

\[-\ddot{q} + \sin q = \mu \partial_q f(\omega t + A, q).
\]

(3.2)

3.1 Invariant tori in the perturbed system

The first step is to prove the persistence of invariant tori for \( \mu \neq 0 \) small enough. It appears that no more than the standard Implicit Function Theorem is required to prove the following well known result (see for example [13] for a proof)

**Theorem 3.1** Let \( \omega \) satisfy (H1). For \( \mu \) small enough and \( \forall I_0 \in \mathbb{R}^n \) system \( \mathcal{H}_\mu \) possesses \( n \)-dimensional invariant tori \( T^\mu_{I_0} \approx T_{I_0} \) of the form

\[
T^\mu_{I_0} = \{ I = I_0 + a^\mu(\psi), \varphi = \psi, q = Q^\mu(\psi), p = P^\mu(\psi), \psi \in \mathbb{T}^n \},
\]

(3.3)
with \( Q^\mu(\cdot), P^\mu(\cdot) = O(\mu), a^\mu(\psi) = O(\mu) \). Moreover the dynamics on \( T^\mu_{I_0} \) is conjugated to the rotation of speed \( \omega \) for \( \psi \).

We first determine the functions \( Q^\mu(\cdot), P^\mu(\cdot) \) in (3.3). Using the standard Implicit Function Theorem we prove that there exists a unique quasi-periodic solution \( q^\mu_A(t) \) for the quasi-periodically forced pendulum (3.2) which bifurcates from the hyperbolic equilibrium 0.

**Lemma 3.1** Let \( f \in C^1(\mathbb{T}^n \times \mathbf{T}) \). For \( \mu \) small enough there exists a unique quasi-periodic solution \( (q^\mu_A(t), p^\mu_A(t)) \) of (3.3) with \( (q^\mu_A(t), p^\mu_A(t)) = O(\mu) \), \( C^{1,1} \)-smooth in \( A \). More precisely there exist functions \( Q^\mu(\cdot), P^\mu(\cdot) : \mathbb{T}^n \to \mathbb{R} \) of class \( C^{1,1} \), such that \( (q^\mu_A(t), p^\mu_A(t)) = (Q^\mu(\omega t + A), P^\mu(\omega t + A)) \).

**Proof.** Let \( L \) be the Green operator of the differential operator \( h \to -D^2h + h \) with Dirichlet boundary conditions at \( \pm \infty \). \( L \) is explicitly given by \( L(f) = \int_{\mathbb{R}} e^{-|s|^2} f(s) \, ds / 2 \). It results that \( L \) is a continuous linear operator in the Banach space of the continuous bounded functions from \( \mathbb{R} \) to \( \mathbb{R} \), which we shall denote by \( E \). We consider the non-linear operator \( S : \mathbb{R} \times \mathbb{T}^n \times E \to E \)

\[ S(\mu, A, q) := q - L(q - \sin q) - \mu L(\partial_q f(\omega t + A, q)). \]

\( S \) is of class \( C^{1,1} \). We are looking for a solution \( q^\mu_A \) of \( S(\mu, A, q) = 0 \). Since \( S(0, A, 0) = 0 \) and \( \partial_q S(0, A, 0) = Id \), by the Implicit Function Theorem there exists, for \( \mu \) small enough, a unique solution \( q^\mu_A = O(\mu) \). By (3.2) \( q^\mu_A \in C^{1,1} (\mathbb{R}) \); moreover it is \( C^{1,1} \)-smooth in \( A \). We define the \( C^{1,1} \)-maps \( Q^\mu(\cdot), P^\mu(\cdot) : \mathbb{T}^n \to \mathbb{R} \) by

\[ Q^\mu(A) := q^\mu_A(0), \quad P^\mu(A) := q^\mu_A(0). \]

By uniqueness we deduce that \( q^\mu_A(s + t) = q^\mu_{A+\omega s}(t), \forall s, t \in \mathbb{R} \). For \( t = 0 \) this yields

\[ q^\mu_A(s) = q^\mu_{A+\omega s}(0) := Q^\mu(A + \omega s) \quad \text{and} \quad p^\mu_A(s) = p^\mu_{A+\omega s}(0) := P^\mu(A + \omega s), \forall s \in \mathbb{R} \]

proving the lemma.

We now define the functions \( a^\mu(\psi) \) of (3.3). We impose that \( (\omega t + A, I_0 + a^\mu(\omega t + A), Q^\mu(\omega t + A), P^\mu(\omega t + A)) \) satisfy the equations of motions (3.3); hence the functions \( a^\mu(\psi) \) must satisfy the following system of equations

\[
(\omega \cdot \nabla) a^\mu(\psi) = \mu g^\mu(\psi), \quad \text{where} \quad g^\mu(\psi) := -\nabla \dot{\psi} f(\psi, Q^\mu(\psi)).
\]

(3.4)
In order to solve (3.4) we expand in Fourier series the functions \(a^\mu(\psi) = \sum_{k \in \mathbb{Z}^n} a_k e^{i k \cdot \psi}\). Each Fourier coefficient \(a_k\) must then satisfy
\[
i(k \cdot \omega) a_k = \mu g_k, \quad \forall k \in \mathbb{Z}^n.
\] (3.5)

It is necessary for the existence of a solution that \(g_0 = \int_{\mathbb{T}^n} g^\mu(\psi) d\psi = 0\). This property can be checked directly, that is

**Lemma 3.2** We have
\[
\int_{\mathbb{T}^n} (\nabla_\psi f)(\psi, Q^\mu(\psi)) \, d\psi = 0.
\] (3.6)

**Proof.** For all \(i = 1, \ldots, n\)
\[
\partial_\psi_i f(\psi, Q^\mu(\psi)) = \frac{d}{d\psi_i} f(\psi, Q^\mu(\psi)) - \partial_\psi_i f(\psi, Q^\mu(\psi)) \partial_\psi_i Q^\mu(\psi).
\] (3.7)

Since \((q^\mu(t), p^\mu(t))\) satisfies the pendulum equation \(\sum_{j=1}^n \omega_j \partial_\psi_j Q^\mu(\psi) = P^\mu(\psi), \sum_{j=1}^n \omega_j \partial_\psi_j P^\mu(\psi) = \sin Q^\mu(\psi) - \mu \partial_\psi f(\psi, Q^\mu(\psi))\) and we deduce that
\[
- \partial_\psi f(\psi, Q^\mu(\psi)) \partial_\psi_i Q^\mu(\psi) = \frac{1}{\mu} \left( \frac{d}{d\psi_i} \cos Q^\mu(\psi) + \sum_{j=1}^n \omega_j \partial_\psi_i P^\mu \partial_\psi_j Q^\mu(\psi) \right).
\] (3.8)

We now prove that
\[
\sum_{j=1}^n \omega_j \partial_\psi_j P^\mu \partial_\psi_i Q^\mu = \frac{d}{d\psi_i} \left( \frac{(P^\mu(\psi))^2}{2} \right) + \sum_{j \neq i} \omega_j \left( \partial_\psi_i (Q^\mu \partial_\psi_j P^\mu) - \partial_\psi_j (Q^\mu \partial_\psi_i P^\mu) \right).
\] (3.9)

Indeed
\[
\sum_{j=1}^n \omega_j \partial_\psi_j P^\mu \partial_\psi_i Q^\mu = \omega_i \partial_\psi_i P^\mu \partial_\psi_i Q^\mu + \sum_{j \neq i} \omega_j \partial_\psi_j P^\mu \partial_\psi_i Q^\mu
\]
\[
= \left( \sum_{j=1}^n \omega_j \partial_\psi_j Q^\mu \right) \partial_\psi_i P^\mu + \sum_{j \neq i} \omega_j \left( \partial_\psi_i P^\mu \partial_\psi_j Q^\mu - \partial_\psi_j Q^\mu \partial_\psi_i P^\mu \right)
\]
\[
= \frac{d}{d\psi_i} \left( \frac{(P^\mu(\psi))^2}{2} \right) + \sum_{j \neq i} \omega_j \left( \partial_\psi_i (Q^\mu \partial_\psi_j P^\mu) - \partial_\psi_j (Q^\mu \partial_\psi_i P^\mu) \right).
\]

From (3.7), (3.8), (3.9) we finally obtain that
\[
\partial_\psi f(\psi, Q^\mu) = \frac{d}{d\psi_i} \left( f(\psi, Q^\mu) + \frac{1}{\mu} \cos Q^\mu + \frac{1}{\mu} \frac{(P^\mu)^2}{2} \right) + \frac{1}{\mu} \sum_{j \neq i} \omega_j \left( \partial_\psi_i (Q^\mu \partial_\psi_j P^\mu) - \partial_\psi_j (Q^\mu \partial_\psi_i P^\mu) \right)
\]

from which property (3.6) follows. \(\square\)

Since \(\omega\) satisfies (H1) and \(f\) is sufficiently smooth the function \(a^\mu\) defined by
\[
a^\mu(\psi) = \sum_{k \in \mathbb{Z}^n, k \neq 0} \frac{g_k}{i(k \cdot \omega)} e^{i k \cdot \psi},
\] (3.10)
which formally solves equation (3.4), is well defined and smooth. Indeed since \(f \in C^1\) the function \(g^\mu\) defined in (3.4) is \(C^{\ell-1}\) and there exists \(M > 0\) such that \(|g_k| \leq M/|k|^{\ell-1}, \forall k \in \mathbb{Z}^n, k \neq 0\). By (H1) it follows that \(|a_k| \leq M/|k|^{\ell-1} |\omega \cdot k| \leq M |k|^{\ell} / (|\gamma| |k|^{\ell-1})\). The proof of theorem 3.1 is complete.
3.2 The new symplectic coordinates

In order to reduce to the previous case we want to put the tori $T_I^\mu$ at the origin by a symplectic change of variables. Recalling that the tori $T_I^\mu$ are isotropic submanifolds we can prove the following lemma

\textbf{Lemma 3.3} The transformation of coordinates $(J, \psi, u, v) \rightarrow (I, \varphi, q, p)$ defined on the covering space $R^{2(n+1)}$ of $T^n \times T \times R$ by

$$I = \mu^2(\psi) + u \partial_\psi P^\mu(\psi) - v \partial_\psi Q^\mu(\psi) + J, \quad \varphi = \psi, \quad q = Q^\mu(\psi) + u, \quad p = P^\mu(\psi) + v$$

is symplectic.

\textbf{Proof.} Set $dI \wedge d\varphi = \sum_{i=1}^n dI_i \wedge d\varphi_i$ and $dJ \wedge d\psi = \sum_{i=1}^n dJ_i \wedge d\psi_i$. We have

\[
dI \wedge d\varphi + dp \wedge dq = \sum_{i=1}^n d(u \partial_\psi P^\mu(\psi)) \wedge d\psi_i + d(v \partial_\psi Q^\mu(\psi)) \wedge d\psi_i - d(v \partial_\psi Q^\mu(\psi)) \wedge d\psi_i + dJ \wedge d\psi + dv \wedge du + dP^\mu(\psi) \wedge dQ^\mu(\psi) + dP^\mu(\psi) \wedge du + dv \wedge dQ^\mu(\psi).
\]

Using that the tori $T_I^\mu$ are isotropic, that is $\sum_{i=1}^n d\psi_i \wedge d\psi_j + dP^\mu(\psi) \wedge dQ^\mu(\psi) = 0$, and noticing that $\sum_{i,j} u \partial_{\psi_i,\psi_j} P^\mu(\psi) d\psi_j \wedge d\psi_i = 0 = \sum_{i,j} v \partial_{\psi_i,\psi_j} Q^\mu(\psi) d\psi_j \wedge d\psi_i$ we deduce

\[
dI \wedge d\varphi + dp \wedge dq = \sum_{i=1}^n d(u \partial_\psi P^\mu(\psi)) \wedge d\psi_i - d(v \partial_\psi Q^\mu(\psi)) \wedge d\psi_i + dJ \wedge d\psi + dv \wedge du + dP^\mu(\psi) \wedge du + dv \wedge dQ^\mu(\psi)
\]

and the transformation (3.11) is symplectic. \[\] In the new coordinates each invariant torus $T_I^\mu$ is simply described by \{ \(J = I_0, \ \psi \in T^n, \ u = v = 0\) \} and the new Hamiltonian writes

\[K_\mu \quad K_\mu = E_\mu + \omega \cdot J + \frac{v^2}{2} + (\cos u - 1) + P_0(\mu, u, \psi)\]

where

\[P_0(\mu, u, \psi) = \left( \cos(Q^\mu + u) - \cos Q^\mu + (\sin Q^\mu)u + 1 - \cos u \right) + \mu \left( f(\psi, Q^\mu + u) - f(\psi, Q^\mu) - \partial_q f(\psi, Q^\mu)u \right)\]

and $E_\mu$ is the energy of the perturbed invariant torus $T_I^\mu = \{(a^\mu(\psi), \psi, Q^\mu(\psi), P^\mu(\psi)); \psi \in T^n\}$. Hamiltonian $(K_\mu)$ corresponds to the quasi-periodically forced pendulum equation

\[\dot{u} + \sin u = \partial_u P_0(\mu, u, \omega t + A). \quad \text{ (3.12)}\]

of Lagrangian

\[L_\mu = \frac{\dot{u}^2}{2} + (1 - \cos u) - P_0(\mu, u, \omega t + A). \quad \text{ (3.13)}\]

Since the Hamiltonian $K_\mu$ is no more periodic in the variable $u$ we can not directly apply theorem 2.3 and the arguments of the previous sections require some modifications. Arguing as in lemma 2.1 we deduce that, there exists, for $\mu$ small enough, a unique 1-bump pseudo-homoclinic solution $u^\mu_{A,\theta}(t)$, true.
solution of (3.12) in \((-\infty, \theta), (\theta, +\infty)\), satisfying all the properties of lemma 2.3. Then we define the function \(F_\mu : T^n \times \mathbb{R} \rightarrow \mathbb{R}\) as

\[
F_\mu(A, \theta) = \int_{-\infty}^{\theta} \frac{(u_{A, \theta}^\mu)^2}{2} + (1 - \cos u_{A, \theta}^\mu) - P_0(\mu, u_{A, \theta}^\mu, \omega t + A) \, dt + \int_{\theta}^{+\infty} \frac{(u_{A, \theta}^\mu)^2}{2} + (1 - \cos u_{A, \theta}^\mu) - P_1(\mu, u_{A, \theta}^\mu, \omega t + A) \, dt + 2\pi \dot{q}_{\mu}^A(\theta),
\]

where, \(\forall i \in \mathbb{Z}\), we have set

\[
P_i(\mu, u, \omega t + A) = \left( \cos \left( q_i^A(t) + u \right) + \sin \left( q_i^A(t) - 2\pi i \right) + 1 - \cos u \right) + \mu \left( f(\omega t + A, q_i^A(t) + u) - f(\omega t + A, q_i^A(t)) - (\partial_q f)(\omega t + A, q_i^A(t)) \right).
\]

Since \(u_{A, \theta}^\mu\) converges exponentially fast to 0 for \(t \rightarrow -\infty\) and to \(2\pi\) for \(t \rightarrow +\infty\) the above integrals are convergent. The term \(2\pi \dot{q}_{\mu}^A(\theta)\) takes into account that the stable and the unstable manifolds of the tori \(T_{I_0}^\mu\) are not exact Lagrangian manifolds, see [20]. We define the “homoclinic function” \(G_\mu : T^\mu \rightarrow \mathbb{R}\) as

\[
G_\mu(A) = F_\mu(A, 0).
\]

It holds also \(F_\mu(A, \theta) = G_\mu(A + \omega \theta), \ \forall \theta \in \mathbb{R}\). Arguing as in lemma 2.4 we can prove the existence of \(k\)-bump pseudo-homoclinic solutions \(u_{A, \theta}^k\), which is a true solution of (3.12) in each interval \((-\infty, \theta_1), (\theta_i, \theta_{i+1}) (i = 1, \ldots, k - 1), (\theta_k, +\infty)\), and satisfying all the properties of lemma 2.4. Then we define the “\(k\)-bump heteroclinic function”

\[
F_\mu^k(\theta_1, \ldots, \theta_k) = \int_{-\infty}^{\theta_1} \frac{(u_{A, \theta}^L)^2}{2} + (1 - \cos u_{A, \theta}^L) - P_0(\mu, u_{A, \theta}^L, \omega t + A) \, dt + 2\pi \dot{q}_{\mu}^A(\theta_1)
\]

\[
+ \sum_{i=1}^{k-1} \int_{\theta_i}^{\theta_{i+1}} \frac{(u_{A, \theta}^L)^2}{2} + (1 - \cos u_{A, \theta}^L) - P_i(\mu, u_{A, \theta}^L, \omega t + A) \, dt + 2\pi \dot{q}_{\mu}^A(\theta_{i+1})
\]

\[
+ \int_{\theta_k}^{+\infty} \frac{(u_{A, \theta}^L)^2}{2} + (1 - \cos u_{A, \theta}^L) - P_k(\mu, u_{A, \theta}^L, \omega t + A) \, dt - (I_0^L - I_0) \cdot A,
\]

If \(\partial_\theta F_\mu^k(\theta_1, \ldots, \theta_k) = (u_{A, \theta}^L)^2(\theta_1^+) / 2 - (u_{A, \theta}^L)^2(\theta_k^-) / 2 = 0\) then \(u_{A, \theta}^L\) is a true solution of the quasi-periodically forced pendulum (3.12). As in the previous section the variation in the action variables is given by the partial derivative with respect to \(A\), that is

\[
\partial_A F_\mu^k(A, \theta) = \int_{-\infty}^{+\infty} -\mu \left( \partial_\varphi f(\omega t + A, q_i^A(t) + u_{A, \theta}^L(t)) - \partial_\varphi f(\omega t + A, q_i^A(t)) \right) \, dt - (I_0^L - I_0).
\]

**Lemma 3.4** Let \((A, \theta)\) be a critical point of \(F_\mu^k\). Then there exists a heteroclinic orbit connecting the tori \(T_{I_0}^\mu\) and \(T_{I_0}^\mu\).

**Proof.** By (3.13) it is easy to verify that the solutions of (3.13) \((I_\mu(t), \omega t + A, q_1^\mu + u_{A, \theta}^L, q_2^\mu + u_{A, \theta}^L), \)

with \(I_\mu(t) = C - \frac{\mu}{\omega} \int_{-\infty}^{+\infty} \partial_\varphi f(\omega s + A, q_1^\mu(s) + u_{A, \theta}(s)) \, ds\) and \(C = I_0^L + a_1(\mu) + \mu \int_{-\infty}^{+\infty} \partial_\varphi f(\omega t + A, q_1^\mu(t) + u_{A, \theta}(t)) - \partial_\varphi f(\omega t + A, q_1^\mu(t)) \, dt\), is a heteroclinic solution connecting \(T_{I_0}^\mu\) and \(T_{I_0}^\mu\).

Finally, arguing as in the proof of theorem 2.3 we obtain

**Theorem 3.2** Assume (H1) and let \(G_\mu\) satisfy the “splitting condition” [24]. Then \(\forall I_0, I_0\) with \(\omega \cdot I_0 = \omega \cdot I_0\), there is a heteroclinic orbit connecting the invariant tori \(T_{I_0}^\mu\) and \(T_{I_0}^\mu\). The same estimate on the diffusion time given in theorem 2.3 holds.
Remark 3.1

By theorems 3.1-3.2 we obtain that, for a priori-stable, isochronous, degenerate systems the advantage to have an analytical extension in $(A, \theta)$ considered in [10] $M$ and we deduce from (3.18) that $T$ diffusion time is

Proof. We develop with a Taylor expansion in $\mu$ the Lagrangian $L_\mu$ defined in (3.13)

$$L_\mu = \frac{\dot{\theta}^2}{2} + (1 - \cos u) + \mu \left( (u - \sin u) \gamma + f(\omega t + A, u) - f(\omega t + A, 0) - \partial_q f(\omega t + A, 0) u \right) + R(\mu, u, t)$$

(3.17)

where $\gamma(t) := \partial\mu[\mu=0]g_\mu^A(t)$, $|R(\mu, u, t)| = (\mu^2)$. $R(\mu, 0, t) = 0$ and $\partial_u R(\mu, 0, t) = 0$. The Melnikov function corresponding to Lagrangian (3.17) is

$$M^*(A) = \int_R \left( q_0(t) - \sin q_0(t) \right) \gamma(t) dt + \int_R \left( f(\omega t + A, q_0(t)) - f(\omega t + A, 0) - \partial_q f(\omega t + A, 0) q_0(t) \right) dt.$$

Integrating by parts, since $-\dot{\gamma} + \gamma = \partial_q f(\omega t + A, 0)$, we have

$$\int_R (q_0(t) - \sin q_0(t)) \gamma(t) dt = \int_R (q_0(t) - \bar{q}_0(t)) \gamma(t) dt = \int_R (-\dot{\gamma}(t) + \gamma(t)) q_0(t) dt = \int_R \partial_q f(\omega t + A, 0) q_0(t) dt,$$

and we deduce from (3.18) that $M^*(A) = M(A) = \int_R \left[ f(\omega t + A, q_0(t)) - f(\omega t + A, 0) \right] dt.$

Theorem 3.3

Assume (H1) and let $M$ possess a proper minimum (or maximum) $A_0$, i.e. $\exists \tau > 0$ such that $\inf_{B(\Gamma)} \Gamma > \Gamma(A_0)$. Then, for $\mu$ small enough, the same statement of theorem 3.2 holds where the diffusion time is $T_d = O((1/\mu) \log(1/\mu))$.

Remark 3.1

By theorems 3.1-3.2 we obtain that, for a priori-stable, isochronous, degenerate systems considered in [10]

$$H_\varepsilon = \varepsilon \omega \cdot I + \frac{\varepsilon^2}{2} + \varepsilon^d (\cos q - 1) + \mu f(\varphi, q) \quad \text{with} \quad 1 < d < 2,$$

for $\mu = \delta \varepsilon^b$, $\delta$ being a small constant, the diffusion time is bounded by $T_d = O(C(\delta)/\varepsilon^d)$. This improves the result of [10], which holds for $\mu = O(\varepsilon^p)$, $d > d/2 + 3$, and provides the upper bound on the diffusion time $T_d = O(1/\varepsilon^{C + 2(\pi + 1)(2d - 1 - d/2)})$, $C$ is a suitable positive constant.

4 Splitting of separatrices

If the frequency vector $\omega = \omega_{\varepsilon}$ contains some “fast frequencies” $\omega_1 = O(1/\varepsilon^b)$, $b > 0$, $\varepsilon$ being a small parameter, and if the perturbation is analytical, the oscillations of the Melnikov function along some directions turn out to be exponentially small with respect to $\varepsilon$. Hence the development (3.16) will provide a valid measure of the splitting only for $\mu$ exponentially small with respect to $\varepsilon$. In order to justify the dominance of the Poincaré-Melnikov function when $\mu = O(\varepsilon^p)$ we need more refined estimates for the error. The classical way to overcome this difficulty would be to extend analytically the function $F_\mu(A, \theta)$ for complex values of the variables, see [10, 13] and [23]. However it turns out that the function $F_\mu(A, \theta)$ can not be easily analytically extended in a sufficiently wide complex strip (roughly speaking, the condition $|q_\mu^A| = \pi$ appearing naturally when we try to extend the definition of $q_\mu^A$ to $\theta \in C$ breaks analyticity). We bypass this problem considering the action functional evaluated on different “1-bump pseudo-homoclinic solutions” $Q_\mu^A\theta$. This new “reduced action functional” $\tilde{F}_\mu(A, \theta) = \tilde{G}_\mu(A + \omega \theta)$ has the advantage to have an analytical extension in $(A, \theta)$ in a wide complex strip. Moreover we will show
that the homoclinic functions \( G_{\mu}, \tilde{G}_{\mu} \) corresponding to both reductions are the same up to a change of variables of the torus close to the identity. This enables to recover enough information on the homoclinic function \( G_{\mu} \) to construct diffusion orbits.

We assume that \( f(\varphi, q) = (1 - \cos^2 \varphi) f(\varphi) = \sum_{k \in \mathbb{Z}^n} f_k \exp(i k \cdot \varphi) \) and that, there are \( r_i \geq 0 \) such that
\[
\forall s \in \mathbb{N}, \exists C_s > 0 \text{ such that } |f_k| \leq \frac{C_s}{|k|^n} \exp \left( -\sum_{i=1}^n r_i |k_i| \right), \forall k \in \mathbb{Z}^n. \tag{4.1}
\]

Condition (4.1) means that \( f \) has a \( C^\infty \) extension defined in
\[
D := (\mathbb{R} + i[-r_1, r_1]) \times \ldots \times (\mathbb{R} + i[-r_n, r_n])
\]
which is holomorphic w.r.t. the variables for which \( r_i > 0 \) in \( (\mathbb{R} + iI_1) \times \ldots \times (\mathbb{R} + iI_n) \), where \( I_i = \{0\} \) if \( r_i = 0 \), \( I_i = (-r_i, r_i) \) if \( r_i > 0 \). We denote the supremum of \(|f|\) over \( D \) as
\[
||f|| := \sup_{A \in D} |f(A)|. \tag{4.2}
\]

It will be used from subsection 4.2.

### 4.1 The change of coordinates

Define \( \psi_0 : \mathbb{R} \to \mathbb{R} \) by \( \psi_0(t) = \cosh^2 t/(1 + \cosh t)^3 \) and set \( \psi(t) = \psi(t - \theta) \). Note that \( \int_{\mathbb{R}} \psi_0(t) \psi_0(t) \, dt = \gamma \neq 0 \). Arguing as in lemma 2.1 we can prove

**Lemma 4.1.** For \( \mu \) small enough (independently of \( \omega \)), \( \forall \theta \in \mathbb{R} \), there exists a unique function \( Q_{\mu}^{A, \theta}(t) : \mathbb{R} \to \mathbb{R} \), and a constant \( \alpha_{A, \theta}^{\mu} \) smooth in \( (A, \theta, \mu) \), such that

\begin{itemize}
  \item (i) \( -\tilde{Q}_{A, \theta}^{\mu}(t) + \sin Q_{\mu}^{A, \theta}(t) = \mu \sin Q_{\mu}^{A, \theta}(t) f(\omega t + A) + \alpha_{A, \theta}^{\mu} \psi(t) \);
  \item (ii) \( \int_{\mathbb{R}} (Q_{A, \theta}^{\mu}(t) - q_0(t)) \psi(t) \, dt = 0 \);
  \item (iii) \( \max \left( |Q_{\mu}^{A, \theta}(t) - q_0(t)|, |\tilde{Q}_{A, \theta}^{\mu}(t) - q_0(t)| \right) = O \left( \mu \exp(-\frac{|t - \theta|}{2}) \right) \);
  \item (iv) \( \max \left( |\partial A Q_{\mu}^{A, \theta}(t)|, |\partial \theta Q_{\mu}^{A, \theta}(t)|, |\omega \partial A Q_{\mu}^{A, \theta}(t)|, |\omega \partial \theta Q_{\mu}^{A, \theta}(t)| \right) = O \left( \mu \exp(-\frac{|t - \theta|}{2}) \right) \).
\end{itemize}

Moreover \( Q_{\mu}^{A, \theta}(t) = Q_{A+k2\pi, \theta}(t), \forall k \in \mathbb{Z}^n \) and \( Q_{\mu}^{A, \theta + \eta}(t + \eta) = Q_{A+k2\pi, \theta + \eta}(t + \eta), \forall \eta, \theta \in \mathbb{R} \).

We define the function \( \tilde{F}_\mu(A, \theta) : T^n \times \mathbb{R} \to \mathbb{R} \) as the action functional of Lagrangian 2.3 evaluated on the “1-bump pseudo-homoclinic solutions” \( Q_{\mu}^{A, \theta}(t) \) obtained in lemma 4.1, namely
\[
\tilde{F}_\mu(A, \theta) := \int_{\mathbb{R}} \mathcal{L}_\mu(Q_{\mu}^{A, \theta}(t), \dot{Q}_{\mu}^{A, \theta}(t), t) \, dt \tag{4.3}
\]
and \( \tilde{G}_\mu(A) : T^n \to \mathbb{R} \) as \( \tilde{G}_\mu(A) = \tilde{F}_\mu(A, 0) \). The following invariance property holds \( \tilde{F}_\mu(A, \theta + \eta) = \tilde{F}_\mu(A + \omega \eta, \theta), \forall \theta, \eta \in \mathbb{R} \); in particular \( \tilde{F}_\mu(A, \theta) = \tilde{G}_\mu(A + \omega \theta), \forall \theta \in \mathbb{R} \).

**Remark 4.1.** By lemma 4.1-(i)-(ii), if \( \partial \theta \tilde{F}_\mu(A, \theta) = 0 \) then \( Q_{\mu}^{A, \theta} \) is a true solution of (2.2). More precisely we have \( |\alpha_{A, \theta}^{\mu}| \leq C |\partial \theta \tilde{F}_\mu(A, \theta)| \), for a suitable positive constant \( C > 0 \). In addition we could easily prove using lemma 4.1 that
\[
|\nabla s \tilde{G}_\mu(A)| = O(\mu), \quad |\nabla s \tilde{F}_\mu(A, \theta)| = O(\mu), \quad s = 1, 2. \tag{4.4}
\]

The relation between the two functions \( F_\mu(A, \theta) \) and \( \tilde{F}_\mu(A, \theta) \) is given below. The next theorem is formulated to handle with also non-analytical perturbations \( f \). For the analytical case see remark 4.3.
Theorem 4.1 For $\mu$ small enough (independently of $\omega$) there exists a Lipschitz continuous function $\overline{h}_\mu : \mathbb{T}^n \times \mathbb{R} \to \mathbb{R}$, with $\overline{h}_\mu(A, \theta) = O(\mu)$, $|\overline{h}_\mu(A', \theta') - \overline{h}_\mu(A, \theta)| = O(\sqrt{\tau(|A' - A| + |\theta' - \theta|)})$, $\overline{h}_\mu(A, \theta + \eta) = \overline{h}_\mu(A + \eta, \theta)$, such that $F_{\mu}(A, \theta) = \overline{F}_\mu(A, \theta + \overline{h}_\mu(A, \theta))$. In particular, setting $\overline{g}_\mu(A) = \overline{h}_\mu(A, 0)$, the homeomorphism $\psi_\mu : \mathbb{T}^n \to \mathbb{T}^n$ given by $\psi_\mu(A) = A + \overline{g}_\mu(A) \omega$ satisfies $G_\mu = \overline{G}_\mu \circ \psi_\mu$.

In order to prove theorem 4.1 we need the next two lemmas, proved in the appendix.

Lemma 4.2 For $\mu$ small enough (independently of $\omega$) there exists a smooth function $l_\mu(A, \theta)$ with $l_\mu(A, \theta) = O(\mu)$, $\nabla l_\mu(A, \theta) = O(\mu)$, $l_\mu(A, \theta + \eta) = l_\mu(A + \eta, \theta)$ such that $Q_{A, \theta}^\mu(\theta + l_\mu(A, \theta)) = \pi$.

Define $V_\mu(A, \theta) = F_{\mu}(A, \theta + l_\mu(A, \theta))$.

Lemma 4.3 There exists a positive constant $C_4$ such that, for all $(A, \theta) \in \mathbb{T}^n \times \mathbb{R}$, there holds

$$|\overline{F}_\mu(A, \theta) - V_\mu(A, \theta)| \leq C_4 |\partial_\theta \overline{F}_\mu(A, \theta)|^2.$$ 

In particular if $\partial_\theta \overline{F}_\mu(A, \theta) = 0$ then $\overline{F}_\mu(A, \theta) = V_\mu(A, \theta)$.

Proof of Theorem 4.1. By lemma 4.2, there is a smooth function $\overline{h}_\mu$ such that $\overline{h}_\mu(A, \theta) = O(\mu)$, $\nabla \overline{h}_\mu(A, \theta) = O(\mu)$, $\overline{h}_\mu(A, \theta + \eta) = \overline{h}_\mu(A + \eta, \theta)$ and $F_{\mu}(A, \theta) = V_\mu(A, \theta + \overline{h}_\mu(A, \theta))$. So it is enough to find $h = h_\mu(A, \theta)$ such that

$$V_\mu(A, \theta) = \overline{F}_\mu(A, \theta + h).$$ (4.5) 

$h_\mu(A, \theta)$ will be then defined by

$$\overline{h}_\mu(A, \theta) = h_\mu(A, \theta + h(A, \theta)).$$ (4.6) 

Note that if $\partial_\theta \overline{F}_\mu(A, \theta) = 0$ then, by lemma 4.3, equation (4.5) is solved by $h = 0$. In general we look for $h$ of the form $h = \partial_\theta \overline{F}_\mu(A, \theta) g$. Then we can write

$$\overline{F}_\mu(A, \theta + h) = \overline{F}_\mu(A, \theta) + \partial_\theta \overline{F}_\mu(A, \theta) h + R_\mu(A, \theta, h),$$ (4.7) 

where

$$R_\mu(A, \theta, h) = \frac{1}{h^2} \left[ \overline{F}_\mu(A, \theta + h) - \overline{F}_\mu(A, \theta) - \partial_\theta \overline{F}_\mu(A, \theta) \right] h$$

is smooth and, by the estimates (4.4) on the derivatives of $\overline{F}_\mu$, it satisfies $R_\mu(A, \theta, h) = O(\mu)$, $\partial_\theta R_\mu(A, \theta, h) = O(\mu/h)$, $\partial_\theta^2 R_\mu(A, \theta, h) = O(\mu/h^2)$, By (4.4) equation (4.5) is then equivalent to

$$\frac{V_\mu(A, \theta) - \overline{F}_\mu(A, \theta)}{(\partial_\theta \overline{F}_\mu(A, \theta))^2} = g + R_\mu(A, \theta, \partial_\theta \overline{F}_\mu(A, \theta) g)$$

We have $R_\mu(A, \theta, \partial_\theta \overline{F}_\mu(A, \theta) g)^2 = O(\mu g^2)$ and $\partial_\theta g = R_\mu(A, \theta, \partial_\theta \overline{F}_\mu(A, \theta) g)^2 = O(\mu g^2)$. By the contraction mapping theorem, for $\mu$ small enough, for all $y \in \mathbb{R}$ such that $|y| < 2C_4$, there exists a unique solution $g = \varphi(\mu, A, \theta, y)$ of the equation

$$y = g + R_\mu(A, \theta, \partial_\theta \overline{F}_\mu(A, \theta) g)^2,$$ (4.8) 

such that $|y| < 3C_4$. Moreover, the function $\varphi$ defined in this way is smooth. Setting

$$h_\mu(A, \theta) := \varphi(\mu, A, \theta, \frac{V_\mu(A, \theta) - \overline{F}_\mu(A, \theta)}{(\partial_\theta \overline{F}_\mu(A, \theta))^2}) \partial_\theta \overline{F}_\mu(A, \theta)$$ (4.9) 

if $\partial_\theta \overline{F}_\mu(A, \theta) \neq 0$ and $h_\mu(A, \theta) = 0$ if $\partial_\theta \overline{F}_\mu(A, \theta) = 0$, we get a continuous function $h_\mu$ which satisfies (4.5) and $|h_\mu(A, \theta)| \leq 3C_4|\partial_\theta \overline{F}_\mu(A, \theta)|$, which implies $h_\mu = O(\mu)$. Moreover $h_\mu$ is the unique function that enjoys this properties.
By (4.9) the restriction of \( h_\mu \) to
\[
U_\mu := \{(A, \theta) \in \mathbb{T}^n \times \mathbb{R} : \partial_\theta \tilde{F}_\mu(A, \theta) \neq 0\}
\]
is smooth. Deriving the identity \( V_\mu(A, \theta) = \tilde{F}_\mu(A, \theta + h_\mu(A, \theta)) \) we obtain
\[
\partial_\theta \tilde{F}_\mu(A, \theta + h_\mu(A, \theta))\nabla h_\mu(A, \theta) = \nabla V_\mu(A, \theta) - \nabla \tilde{F}_\mu(A, \theta + h_\mu(A, \theta))
\]
for \((A, \theta) \in U_\mu\). Now, from
\[
|\tilde{F}_\mu(A, \theta) - V_\mu(A, \theta)| \leq C_4|\partial_\theta \tilde{F}_\mu(A, \theta)|^2, \quad \partial_\theta^2 V_\mu(A, \theta) = O(\mu), \quad \partial_\theta^2 \tilde{F}_\mu(A, \theta) = O(\mu),
\]
we can derive by an elementary argument whose main ingredient is Taylor formula that
\[
|\nabla \tilde{F}_\mu(A, \theta) - \nabla V_\mu(A, \theta)| = O(\sqrt{\mu}|\partial_\theta \tilde{F}_\mu(A, \theta)|).
\]
(4.10)
Moreover, by the estimates of \(|\partial_\theta^2 \tilde{F}_\mu|\) and \(|h_\mu|\), \((\partial_\theta \tilde{F}_\mu)(A, \theta + h_\mu(A, \theta)) = (1 + O(\mu))\partial_\theta \tilde{F}_\mu(A, \theta)\). Hence by \((4.11)\) \(|\nabla h_\mu| = O(\sqrt{\mu})\) uniformly in \(U_\mu\). Since \(h_\mu\) is continuous and \(h_\mu(A, \theta) = 0\) if \((A, \theta) \notin U_\mu\), the Lipschitz continuity of \(h_\mu\) follows.

To complete the proof, we observe that \(h_\mu(A, \theta + \eta) = h_\mu(A + \eta \omega, \theta)\), which is a consequence of uniqueness. Hence, by \((4.8)\) and the properties of \(T_\mu, \tilde{h}_\mu\) satisfies the same. \(\blacksquare\)

**Remark 4.2** Assume that \(\tilde{G}_\mu\) satisfies the “splitting condition” \([2.4]\) (or its generalisation introduced in Remark \([2.3]\)) with bounds \(\delta\) and \(\alpha\). Then, by Theorem \([4.1]\) \(\tilde{G}_\mu\) too satisfies this condition, with constants \(\delta', \alpha'\). We can take \(\delta' = \delta\); moreover, at least if \(\sqrt{\mu} |\omega|\) is small, we can take \(\alpha' = \alpha/2\). As a consequence, the results that we shall obtain in the next section proving a “splitting condition” for \(\tilde{G}_\mu\), may be used to apply the shadowing theorem \([2.3]\).

**Remark 4.3** Assume that \(r_i > 0\) for all \(i\) (i.e. that the perturbation \(f\) is analytical). Then we can prove, using the arguments of the next subsection, that the homoclinic function \(G_\mu(\cdot) = F_\mu(\cdot, 0)\) can be extended to a complex analytical function over the interior of \(D\). Hence \(F_\mu(A, \theta) = G_\mu(A + \omega \theta)\) can be defined in an open neighbourhood of \(\mathbb{T}^n \times \mathbb{R}\) in \((\mathbb{T}^n + i\mathbb{R}^n) \times \mathbb{C}\), so that the extension is analytical. One could check that \(f_\mu\) and \(V_{\mu}\), defined in Lemma \([4.3]\) have analytical extensions too, and that the inequality of Lemma \([4.3]\) still holds in the new set of definition. Moreover in the next Lemma \([4.4]\) it is proved that \(\tilde{F}_\mu\) is analytical w.r.t. \((A, \theta)\). As a consequence, \((V_\mu(A, \theta) - \tilde{F}_\mu(A, \theta))/\partial_\theta \tilde{F}_\mu(A, \theta)^2\) is real analytical, and so is the function \(h_\mu\) defined in the proof of theorem \([4.4]\). Therefore if \(r_i > 0\) for all \(i\), then the homeomorphism \(\psi_\mu\) defined in Theorem \([4.4]\) is a real analytical diffeomorphism.

### 4.2 Analytical extension

The unperturbed homoclinic \(q_0(t) = 4\arctg e^t\) can be extended to a holomorphic function over the strip \(S := \mathbb{R} + i(-\pi/2, \pi/2)\). Moreover equation \((2.2)\) may be considered also for complex values of \(q\) and, for \(\mu = 0, q_0\) is a solution of \((2.2)\) for all \(\theta \in S\). We shall use the notation \(S_\delta = \mathbb{R} + i(-\delta, \delta)\) for \(\delta \in (0, \pi/2)\). We have
\[
\hat{q}_0(z) = \frac{2}{\cosh(z - \theta)}, \quad \tilde{q}_0(z) = \sin \hat{q}_0(z) = \frac{-2 \sinh(z - \theta)}{\cosh^2(z - \theta)}, \quad (1 - \cos \hat{q}_0(z)) = \frac{2}{\cosh^2(z - \theta)}.
\]
Assume that \(\theta \in S_\delta, \text{Re}(\theta) = 0\). The following estimates hold, where \(t \in \mathbb{R}\).
\[
|\hat{q}_0(t)| \leq \frac{C}{\min\{(|t| + \delta), 1\}} \exp(-|t|); \quad (4.11)
\]
\[
|\sin \hat{q}_0(t)| \leq \frac{C}{\min\{(|t| + \delta)^2, 1\}} \exp(-|t|); \quad (4.12)
\]
\[
|\cos \hat{q}_0(t)| \leq \frac{C}{\min\{(|t| + \delta)^2, 1\}}; \quad (4.13)
\]
\[
\frac{1}{|\hat{q}_0(t)|} \leq C \exp(|t|) \min\{(|t| + \delta), 1\}. \quad (4.14)
\]
In what follows we consider the Banach spaces

$$X = \left\{ w \in C^2(\mathbb{R}, \mathbb{C}) \mid \sup_t \exp(|t|/2)(|w(t)| + |\dot{w}(t)| + |\ddot{w}(t)|) < +\infty \right\}$$

and

$$\overline{X} = \left\{ w \in X \mid w(0) = 0 \right\},$$

endowed with norm

$$||w||_{2,\delta} = \sup_{|t|>1} \left( |w(t)| + |\dot{w}(t)| + |\ddot{w}(t)| \right) \exp\left(\frac{|t|}{2}\right) + \sup_{|t|<1} \left( \frac{|w(t)|}{(|t| + \delta)^2} + \frac{|\dot{w}(t)|}{|t| + \delta} + |\ddot{w}(t)| \right).$$

The next lemma extends lemma 4.1 for complex values of the variables. First note that the function $\psi_0(t)$ can be extended to a holomorphic function on $\mathbb{R} + i(\pi/2, \pi)$. Recalling the definition for $||f||$ given in (1.2), we have

**Lemma 4.4** There exist positive constants $\eta, C_\delta$ such that for all $\delta \in (0, \pi/2)$, $\forall 0 < \mu \leq (\eta \delta^3)/||f||$, for all $\omega$, for all $A \in D$, for all $\theta \in S_\delta$ there exist a unique $Q^\mu_{A,\theta} : \mathbb{R} \rightarrow \mathbb{C}$ and a unique $\alpha^\mu_{A,\theta} \in \mathbb{C}$ such that

- $Q^\mu_{A,\theta} = q_{\theta} + \nu_{A,\theta} + w^\mu_{A,\theta}$, where $\nu_{A,\theta} \in \mathbb{C}$, $w \in \overline{X}$ and $||w^\mu_{A,\theta}||_{2,\delta} + ||\nu_{A,\theta}|| + ||w^\mu_{A,\theta}|| \leq C_\delta \mu ||f||/\delta^2$;
- $-\dot{Q}^\mu_{A,\theta}(t) + \sin Q^\mu_{A,\theta}(t) = \mu \sin Q^\mu_{A,\theta}(t) f(\omega t + A) + \alpha^\mu_{A,\theta} \psi_0(t)$;
- $\int_{\mathbb{R}} (Q^\mu_{A,\theta}(t) - q_{\theta}(t)) \psi_0(t) \, dt = 0$.

Moreover $Q^\mu_{A,\theta}$ and $\alpha^\mu_{A,\theta}$ depend analytically on $\theta$ and on the $A_i$ for which $r_i > 0$.

**Proof. 1st step.** Let us consider the Banach space

$$Y = \left\{ v \in C(\mathbb{R}, \mathbb{C}) \mid \sup_t |v(t)| \exp\left(\frac{|t|}{2}\right) < +\infty \right\}$$

endowed with norm $||v||_{-1,\delta} = \sup_{|t|>1} |v(t)| \exp\left(\frac{|t|}{2}\right) \sup_{|t|<1} (|t| + \delta) |v(t)|$. Let $\theta \in S_\delta$ be given once for all. We may assume without loss of generality that $Re(\theta) = 0$.

For $\theta' \in S_{\delta/2}$ such that $|\theta' - \theta| \leq \delta/2$ we introduce the linear operator $L_{\theta'} : \overline{X} \times \mathbb{C} \rightarrow Y$ defined by

$$L_{\theta'}(w, \alpha) = -\dot{w} + (\cos \theta') w - \alpha \psi_0.$$

Using that $\dot{\psi}_0^\mu$ is a solution of $-\dot{y} + \cos \theta' \psi_0 = 0$ we can compute the inverse of $L_{\theta'}$. It is given by $L^{-1}_{\theta'}(g) = (w, \alpha)$ with

$$\alpha = -\frac{\int_{\mathbb{R}} g(t) \dot{\psi}_0(t) \, dt}{\int_{\mathbb{R}} \psi_0(t) \dot{\psi}_0(t) \, dt},$$

$$w(t) = \dot{\psi}_0(t) \left[ \int_0^t -\frac{1}{\dot{\psi}_0(s)} \left( \int_{-\infty}^s (g(\sigma) + \alpha \psi_0(\sigma)) \dot{\psi}_0(\sigma) \, d\sigma \right) \, ds \right] = \dot{\psi}_0(t) \left[ \int_0^t \frac{1}{\dot{\psi}_0(s)} \left( \int_{s}^{+\infty} (g(\sigma) + \alpha \psi_0(\sigma)) \dot{\psi}_0(\sigma) \, d\sigma \right) \, ds \right].$$

Note that since $|\theta - \theta'| \leq \delta/2$, $Re(\theta') \leq \delta/2$. Therefore estimates (1.11)-(1.14) hold as well (with perhaps different constants) when $\theta$ is replaced by $\theta'$. We derive from (1.13)-(1.17) that

$$|\alpha| + ||w||_{2,\delta} \leq C_\delta ||g||_{-1,\delta}.$$
Moreover, by the analyticity of \( q \), hence there is a constant \( q \) such that
\[
\int_{\mathbb{R}}^{} (q_{\theta+\nu} - q_{\theta} - \nu \dot{q}_{\theta+\nu}) \psi_0(t) \, dt = \int_{\mathbb{R}}^{} (q_{\theta} - q_{\theta} - \nu \dot{q}_{\theta}) \psi_0(t) \, dt,
\]
hence there is a constant \( C' \) such that
\[
\left\| \left( \sin(q_{\theta+\nu} + w) - \sin(q_{\theta+\nu}) - \cos(q_{\theta+\nu})w, \int_{\mathbb{R}}^{} (q_{\theta+\nu} - q_{\theta} - \nu \dot{q}_{\theta+\nu}) \psi_0(t) \, dt \right) \right\|_{-1} \leq C'(||w||_{2,\delta}^{2} + ||\nu||^{2}).
\]
We say that \( (\nu, w, \alpha) \) is a \( \eta \delta \)-solution if \( \| (\nu, w, \alpha) \|_2 \leq K_2 \delta \). Moreover there exists a constant \( K_3 > 0 \) such that

\[
\| \partial_\nu J_\mu (\nu, w, \alpha) \|_1 = \left| \left| \frac{\partial J_\mu (\nu, w, \alpha)}{\partial \nu} \right| \right| \leq \| f \| K_3 / \delta.
\]

By (i), (ii), (iii) imply that there is \( \eta \) such that, for all \( 0 < \mu < \eta \delta^3 \), the bound of \( \| f \| \) is 0. Hence, for \( \delta > 0 \), the inequality holds. In addition \( \| (\nu, w, \alpha) \|_2 \leq K_2 \delta / 2 \). In the latter inequality, if \( \delta \) is such that \( \| f \| \) is 0, then \( \| J_\mu (\nu, w, \alpha) \|_2 \leq K_3 \delta^2 / 2 \).

To prove existence, we can proceed as follows. Let \( \mathcal{S} \) denote the set of all \( \mu \in [0, K_0 \delta^3] \) such that there exists a \( C^1 \) function \( S_\mu \) on \( [0, \mu] \) satisfying \( \| (\nu, w, \alpha) \|_2 \leq K_2 \delta / 2 \) such that \( S_\mu (0) = 0 \), \( J_\mu (S_\mu (t)) = 0 \) for all \( t \in [0, \mu] \). Let \( \mathcal{S} \) be a bounded interval. By (i) and the Implicit Function Theorem, \( \mathcal{T} > 0 \). In addition, for \( \mu \in \mathcal{S} \), there is a unique function \( S_\mu \) with the required properties. As a consequence, for \( 0 < \mu < \mu' \), \( S_\mu = S_{\mu'} |_{[0, \mu]} \) and we can define a \( C^1 \) function \( S : [0, \mathcal{T}] \to \{(\nu, w, \alpha) : \| (\nu, w, \alpha) \|_2 < K_2 \delta / 2 \} \) such that \( S(t) = S_\mu (t) \) for all \( \mu \in (0, \mathcal{T}) \). By (ii) and (iii), we can write, for all \( t \in (0, \mathcal{T}) \),

\[
\| S'(t) \|_2 = \left| \left| \frac{\partial J_\mu (S(t))}{\partial t} \right| \right| \leq \frac{K_1 K_3 \| f \|}{\delta^2}.
\]

Hence

\[
\| S(t) \|_2 \leq \frac{K_1 K_3 \| f \|}{\delta^2}.
\]

(4.20)

Now, since \( S'(t) \) is bounded, \( S(t) \) converges to some \( \mathcal{S} \) as \( t \to \mathcal{T} \). Either \( \mathcal{T} = K_0 \delta^3 \) or \( \| \mathcal{S} \|_2 = K_2 \delta / 2 \) (If not, by the Implicit Function Theorem, we could extend the solution \( S \) to an interval \( [0, \mathcal{T} + \xi] \), \( \xi > 0 \), contradicting the definition of \( \mathcal{T} \)). In the latter case, by (4.20),

\[
\mathcal{T} = \frac{K_2 \delta}{2} \leq \frac{K_1 K_3}{\delta^2} \| f \|.
\]

So the existence assertion holds for \( 0 < \mu < \eta \delta^3 \) if \( \| f \| \), where \( \eta = \min (K_0, K_2 / (2K_1 K_3)) \).

In order to prove uniqueness, we assume that there are \( b_1, b_2 \) such that \( \| b_i \|_2 < K_2 \delta / 2 \), \( J_\mu (b_i) = 0 \). Then, by the same argument as previously, we can prove the existence of two functions of class \( C^1 \) \( S_1, S_2 : [0, \mu] \to \{b : \| b \|_2 < K_2 \delta\} \) such that \( S_i (\mu) = b_i, J_\mu (S_i (t)) = 0 \). Moreover, by (ii) and the Implicit Function Theorem, \( S_1 (\mu) \neq S_2 (\mu) \) implies that \( S_1 (t) \neq S_2 (t) \) for all \( t \in [0, \mu] \), which contradicts (i), proving uniqueness.

The bound of \( \| w_\alpha \|_{L^2} + \| \nu \|_{L^2} + |\alpha|_{L^2} \) given in the statement is a direct consequence of (4.20).

To complete the proof, we point out that \( J_\mu \) is analytical on \( (A, \theta) \). Therefore, as a consequence of the Implicit Function Theorem (see for example [2]),

\[
Q_\theta = q_\theta + \nu (A, \theta) + w(A, \theta)
\]

depends analytically on \( \theta \) and on \( A_i \) if \( r_i > 0 \).
We now consider the analytical extension of the function \( \bar{F}_\mu(A, \theta) \) for \((A, \theta) \in D \times S_\delta\)
\[
\bar{F}_\mu(A, \theta) = \int_{\mathbb{R}} \left( \frac{(Q_{A, \theta}^\mu(t))^2}{2} + (1 - \cos Q_{A, \theta}^\mu(t)) + \mu(\cos Q_{A, \theta}^\mu(t) - 1) f(\omega t + A) \right) dt.
\]

Let consider also the analytical extension for \((A, \theta) \in D \times S_\delta\) of the Melnikov function
\[
M(A, \theta) = \int_{\mathbb{R}} (1 - \cos q_\theta(t))) f(\omega t + A) dt.
\]

We have \( \Gamma(A + \omega \theta) = M(A, \theta) \). We now prove

**Lemma 4.5** For \( \mu \|f\|\delta^{-3} \) small enough, for all \((A, \theta) \in D \times S_\delta\), we have
\[
\bar{F}_\mu(A, \theta) = \text{const} + \mu M(A, \theta) + O\left( \frac{\mu^2 \|f\|^2}{\delta^4} \right) \tag{4.21}
\]

**Proof.** We have \( Q_{A, \theta}^\mu = q_{\theta + \nu} + w_{\theta, \delta}^\mu \) and we set for brevity \( Q_{A, \theta}^\mu = q_{\theta + \nu} + w \).
\[
\bar{F}_\mu(A, \theta) = \int_{\mathbb{R}} \left( \frac{\dot{q}_{\theta + \nu} + \dot{w}^2}{2} + (1 - \cos(q_{\theta + \nu} + w)) + \mu(\cos(q_{\theta + \nu} + w) - 1) f(\omega t + A) \right) dt
\]
\[
= \text{const} + \int_{\mathbb{R}} -\ddot{q}_{\theta + \nu} w + \frac{1}{2} \dot{w}^2 + (\cos q_{\theta + \nu} - \cos(q_{\theta + \nu} + w))
\]
\[
+ \mu(1 - \cos(q_{\theta + \nu}) f(\omega t + A) + \mu(\cos q_{\theta + \nu} - \cos(q_{\theta + \nu} + w)) f(\omega t + A)
\]
\[
= \text{const} + \mu M(\theta + \nu, A) + \int_{\mathbb{R}} \frac{1}{2} \dot{w}^2 + \left( \cos q_{\theta + \nu} - \cos(q_{\theta + \nu} + w) - \sin q_{\theta + \nu} w \right)
\]
\[
+ \mu \int_{\mathbb{R}} \left( \cos q_{\theta + \nu} - \cos(q_{\theta + \nu} + w) \right) f(\omega t + A).
\]

By the estimate \( \|w\|_{2, \delta} \leq C \mu \|f\|/\delta^2 \), it follows easily
\[
\bar{F}_\mu(\theta, A) = \text{Const} + \mu M(\theta + \nu, A) + O\left( \frac{\mu^2 \|f\|^2}{\delta^4} \right).
\]

For example we can get that \( \int_{\mathbb{R}} \cos q_{\theta + \nu} - \cos(q_{\theta + \nu} + w) - (\sin q_{\theta + \nu}) w = O(\mu^2 \|f\|^2/\delta^4) \) by writing \( \cos q_{\theta + \nu} - \cos(q_{\theta + \nu} + w) - (\sin q_{\theta + \nu}) w = w^2 \int_0^1 (1 - s) \cos(q_{\theta + \nu} + sw) \) ds and using (4.12)-(4.13) together with \( \|w\|_{2, \delta} \leq \mu \|f\|/\delta^2 \). Moreover
\[
|M(\theta + \nu, A) - M(\theta, A)| = O\left( \frac{|\nu|}{\delta^2} \right) = O\left( \frac{\mu \|f\|}{\delta^4} \right),
\]
which completes the proof of the lemma. □

The Fourier coefficients of the Melnikov function \( \Gamma(A) = \sum_k \Gamma_k \exp(ikA) \) are explicitly given by
\[
\Gamma_k = f_k - \frac{2\pi(k \cdot \omega)}{\sinh((k \cdot \omega) \frac{\pi}{2})}.
\]

By estimate (4.2), since \( \bar{F}_\mu(A, \theta) = \bar{G}_\mu(A + \omega \theta) \) and \( M(A, \theta) = \Gamma(A + \omega \theta) \), via a standard lemma on Fourier coefficients of analytical functions (lemma 3 in [13]), we obtain the following result (compare with theorem 3.4.5 in [21]).

**Theorem 4.2** There exists a positive constant \( C_6 \) such that, for \( \mu \|f\|\delta^{-3} \) small enough, then \( \forall k \neq 0, k \in \mathbb{Z}^n \), for all \( \delta \in (0, \frac{\pi}{2}) \), for all \( \omega \),
\[
|\bar{G}_k - \mu \Gamma_k| \leq \frac{C_6 \mu^2 \|f\|^2}{\delta^4} \exp \left( -\sum_{i=1}^n r_i |k_i| \right) \exp \left( -|k \cdot \omega| \left( \frac{\pi}{2} - \delta \right) \right). \tag{4.23}
\]
5 Three time scales

We consider in this section three time scales systems as (see [15] and [22])

\[ H = \frac{I_1}{\sqrt{\varepsilon}} + \varepsilon^a \beta \cdot I_2 + \frac{\beta^2}{2} + (\cos q - 1) + \mu(\cos q - 1)f(\varphi_1, \varphi_2), \quad \varepsilon > 0 \]

with \( n \geq 2 \), \( \varphi_1 \in \mathbb{T}^1 \), \( \varphi_2 \in \mathbb{T}^{n-1} \), \( I_1 \in \mathbb{R}^1 \), \( I_2 \in \mathbb{R}^{n-1} \), \( \beta \in \mathbb{R}^{n-1} \) and \( \varepsilon \) is a positive small parameter. The frequency vector is \( \omega = (1/\sqrt{\varepsilon}, \varepsilon^a \beta) \), where \( \beta = (\beta_2, \ldots, \beta_n) \in \mathbb{R}^{n-1} \) is given.

We assume through this section that \( \mu ||f||\varepsilon^{-3/2} \) and \( \varepsilon \) are small.

Given \( \kappa_2 = (k_2, \ldots, k_n) \in \mathbb{Z}^{n-1} \), we shall use the notation \( \kappa_2^+ := (|k_2|, \ldots, |k_n|) \). Moreover we shall use the abbreviation \( \rho_2 := (r_2, \ldots, r_n) \), so that \( \kappa_2^+ \cdot \rho_2 := \sum_{i=2}^n r_i |k_i| \). We recall that \( r_1, \ldots, r_n \) are defined in formula (4.1).

Writing

\[ f(\varphi_1, \varphi_2) = \sum_{(k_1, \kappa_2) \in \mathbb{Z} \times \mathbb{Z}^{n-1}} f_{k_1, \kappa_2} \exp(i(k_1 \varphi_1 + \kappa_2 \cdot \varphi_2)), \]

we assume that \( f \) is analytical w.r.t \( \varphi_2 \). More precisely, \( r_1 = 0 \) and for \( i \geq 2 \), \( r_i > 0 \). If \( a = 0 \), we impose in addition that \( r_i > |\beta_i| \pi/2 \) for \( i \geq 2 \).

We shall use (4.23) in order to give an expansion for the “homoclinic function”

\[ \tilde{G}_\mu(A) = \sum_{(k_1, \kappa_2) \in \mathbb{Z} \times \mathbb{Z}^{n-1}} \tilde{G}_{k_1, \kappa_2} \exp(i(k_1 A_1 + \kappa_2 \cdot A_2)) = \sum_{k_1 \in \mathbb{Z}} \tilde{g}_{k_1}(A_2) \exp(i k_1 A_1). \]

We start with

**Lemma 5.1** There exists a positive constant \( C_7 \) such that, for \( \mu ||f||\varepsilon^{-3/2} \) small enough,

\[
\sum_{\kappa_2 \in \mathbb{Z}^{n-1}, |k_1| \geq 2} |\tilde{g}_{k_1, \kappa_2}| \leq C_7 \frac{\mu ||f||}{\sqrt{\varepsilon}} \exp(-\frac{\pi}{\sqrt{\varepsilon}}). \tag{5.1}
\]

**Proof.** Choosing \( \delta = \sqrt{\varepsilon} \), we get from (4.22) and (4.23)

\[
|\tilde{G}_{k_1, \kappa_2}| \leq \mu |\Gamma_{k_1, \kappa_2}| + |\tilde{G}_{k_1, \kappa_2} - \mu \Gamma_{k_1, \kappa_2}|
\]

\[
\leq C \mu ||f|| e^{-\kappa_2^+ \cdot \rho_2} \left( \frac{|k_1|}{\sqrt{\varepsilon}} + |\kappa_2 \cdot \beta| \right) + 1 \] \[ e^{-\frac{|k_1|}{\sqrt{\varepsilon}} + |\kappa_2 \cdot \beta| \pi/2}
\]

\[
+ \frac{\mu^2 ||f||^2}{\varepsilon^2} |f| e^{-\kappa_2^+ \cdot \rho_2} \exp(-\frac{|k_1|}{\sqrt{\varepsilon}} + |\kappa_2 \cdot \beta| \pi/2) e^{-|k_1| (\pi/2 - \sqrt{\varepsilon})}
\]

\[
\leq C \mu ||f|| \sqrt{\varepsilon} (|k_1| + |\kappa_2|) e^{-\kappa_2^+ \cdot \rho_2 + |\kappa_2 \cdot \beta| \pi/2} e^{-\frac{|k_1|}{\sqrt{\varepsilon}} \pi/2}
\]

\[
+ \frac{\mu^2 ||f||^2}{\varepsilon^2} |f| e^{-\kappa_2^+ \cdot \rho_2 + |\kappa_2 \cdot \beta| \pi/2} e^{-|k_1| \pi/2} e^{-\frac{|k_1| |\kappa_2^+ \cdot \rho_2 + |\kappa_2 \cdot \beta| \pi/2} e^{-\frac{|k_1| (\pi/2 - \sqrt{\varepsilon})}}}
\]

\[
\leq C \mu ||f|| \sqrt{\varepsilon} - \pi (|k_1| + |\kappa_2|) \exp(-\sum_{j=2}^n |k_j| (r_j - |\beta_j| \pi/2)) \exp(-|k_1| (\frac{\pi}{2\sqrt{\varepsilon}} - 1)).
\]

We have used in the last line that \( \mu ||f||/\varepsilon^{3/2} = O(1) \). Now \( r_j - |\beta_j| \pi/2 > 0 \) for \( \varepsilon \) small enough both if \( a = 0 \) or if \( a > 0 \). Summing in \( |k_1| \geq 2 \) and in \( \kappa_2 \in \mathbb{Z}^{n-1} \) we obtain (5.1). ■

Let

\[ \Gamma(\varepsilon, A) = \sum_{(k_1, \kappa_2) \in \mathbb{Z} \times \mathbb{Z}^{n-1}} \Gamma_{k_1, \kappa_2} \exp(i(k_1 A_1 + \kappa_2 \cdot A_2)) = \sum_{k_1 \in \mathbb{Z}} \Gamma_{k_1}(\varepsilon, A_2) \exp(ik_1 A_1). \]
Lemma 5.2 We have 
\[ \bar{g}_0(A_2) = \mu \Gamma_0(\varepsilon, A_2) + O(\mu^2 \|f\|^2). \]

PROOF. A summation over \( \kappa_2 \) in estimate \( \text{(4.23)} \) (where we chose \( \delta = \pi/2 \) and \( k_1 = 0 \)) yields immediately the estimate. \( \blacksquare \)

Lemma 5.3 We have 
\[ \bar{g}_{\pm 1}(A_2) = \mu \Gamma_{\pm 1}(\varepsilon, A_2) + O\left( \frac{\mu^2 \|f\|^2}{\varepsilon^2} \exp(-\frac{\pi}{2\sqrt{\varepsilon}}) \right). \]

PROOF. By \( \text{(4.23)} \) (where we chose \( \delta = \sqrt{\varepsilon} \) and \( k_1 = \pm 1 \)), we can obtain as in the proof of lemma 5.1
\[
|\bar{g}_{\pm 1}(A_2) - \mu \Gamma_{\pm 1}(\varepsilon, A_2)| \leq C \frac{\mu^2}{\varepsilon^2} \|f\|^2 \sum_{\kappa_2 \in \mathbb{Z}^{n-1}} \exp\left(-\sum_{j} |k_j| (r_j - |\beta_j| \varepsilon/2) \right) \exp\left(-\frac{\pi}{2\sqrt{\varepsilon}} - 1\right).
\]
\[
\leq C \frac{\mu^2}{\varepsilon^2} \|f\|^2 e^{-\frac{\pi}{\sqrt{\varepsilon}}}. \]
\( \blacksquare \)

Since \( \Gamma(A) \) and \( G_\mu(A) \) are real functions we have that \( \bar{g}_{-1}(A_2) = \bar{g}_1(A_2) \) and \( \Gamma_{-1}(A_2) = \Gamma_1(A_2) \), where \( \bar{z} \) denotes the complex conjugate of the complex number \( z \). We deduce from the previous three lemmas the following result.

Theorem 5.1 For \( \mu \|f\| \varepsilon^{-3/2} \) small there holds 
\[
\bar{G}_\mu(A_1, A_2) = \text{Const} + \left( \mu \Gamma_0(\varepsilon, A_2) + R_0(\varepsilon, \mu, A_2) \right) + 2 \text{Re} \left[ (\mu \Gamma_1(\varepsilon, A_2) + R_1(\varepsilon, \mu, A_2)) e^{iA_1} \right] + O(\mu \varepsilon^{-1/2} \|f\| \exp(-\frac{\pi}{\sqrt{\varepsilon}}))
\]
where 
\[ R_0(\varepsilon, \mu, A_2) = O\left( \frac{\mu^2 \|f\|^2}{\varepsilon^2} \exp(-\frac{\pi}{2\sqrt{\varepsilon}}) \right) \]
and 
\[ R_1(\varepsilon, \mu, A_2) = O\left( \frac{\mu^2 \|f\|^2}{\varepsilon^2} \exp(-\frac{\pi}{2\sqrt{\varepsilon}}) \right). \]

Remark 5.1 (i) This improves the results in \( \text{(2.3)} \) which require \( \mu = \varepsilon^p \) with \( p > 2 + a \).

(ii) Theorem 5.4 certainly holds in any dimension, while the results of \( \text{(1.3)} \), which hold for more general systems, are proved for 2 rotators only.

(iii) Theorem 5.4 is not in contradiction with the counterexample given in \( \text{(2.3)} \).

(iv) In order to prove a splitting condition using theorem 5.4 it is necessary, according with \( \text{(3.3)} \) and \( \text{(3.4)} \), that \( \exists m, l \in \mathbb{Z}^{n-1} \) such that \( f_{0,1}, f_{1,m} \neq 0 \). Otherwise, recalling \( \text{(2.2)} \), it results that \( \Gamma_0(\varepsilon, A_2) = \sum_{\kappa_2 \in \mathbb{Z}^{n-1}} \Gamma_{0,\kappa_2} \exp^{\kappa_2 \cdot A_2} = 0 \) and also \( \Gamma_1(\varepsilon, A_2) = \sum_{\kappa_2 \in \mathbb{Z}^{n-1}} \Gamma_{1,\kappa_2} \exp^{\kappa_2 \cdot A_2} = 0 \).

Theorem 5.4 enables us to provide conditions implying the existence of diffusion orbits. For instance we obtain the following result.

Lemma 5.4 Assume that there are \( \overline{A}_2 \in \mathbb{R}^{n-1} \) and \( d_0, c_0 > 0 \) such that, for all small \( \varepsilon > 0 \),
\[
(i) \quad |\Gamma_1(\varepsilon, A_2)| > \left( c_0/\sqrt{\varepsilon} \right) e^{-\pi/(2\sqrt{\varepsilon})}, \quad \forall A_2 \in \mathbb{R}^{n-1}
\]
\[
(ii) \quad \Gamma_0(\varepsilon, A_2) > \Gamma_0(\varepsilon, \overline{A}_2) + c_0, \quad \forall A_2 \in \mathbb{R}^{n-1}, \quad \text{such that } |A_2 - \overline{A}_2| = d_0.
\]
Then there is \( c_1 > 0 \) such that, for \( \mu \|f\| \varepsilon^{-3/2} \) small enough, condition \( \text{(2.4)} \) is satisfied by \( \bar{G}_\mu \), with \( \alpha = c_1 e^{-\pi/(2\sqrt{\varepsilon})}/\sqrt{\varepsilon} \) and \( \delta = c_0 \mu/(2\sqrt{\varepsilon}) e^{-\pi/(2\sqrt{\varepsilon})} \).
Proof. First we can derive from (4.24) and (4.23) in the same way as in the proof of lemmas 5.1 and 5.3 that
\[ |\tilde{g}_1(A_2)| + |\nabla \tilde{g}_1(A_2)| \leq \sum_{\kappa_2 \in Z^{n-1}} (1 + |\kappa_2|)|\tilde{G}_{1,k_2}| \]
\[ \leq C \frac{||f||}{\sqrt{\varepsilon}} e^{-\pi/(2\sqrt{\varepsilon})}. \] (5.2)
By the bounds of \( R_0 \) and \( R_1 \) of theorem 5.1, for \( \varepsilon \) and \( \mu ||f||e^{-3/2} \) small enough, we have
\[ (i) \quad |\tilde{g}_1(A_2)| = |(\mu \Gamma_1 + R_1)(A_2)| > (\mu c_0/(2\sqrt{\varepsilon})) e^{-\pi/(2\sqrt{\varepsilon})} \quad \forall A_2 \in B_{d_0} \]
\[ (ii) \quad |\tilde{g}_0(A_2)| = (\mu \Gamma_0 + R_0)(A_2) > (\mu \Gamma_0 + R_0)(\overline{A_2}) + c_0/2 \quad \forall A_2 \in \partial B_{d_0}, \]
where \( B_{d_0} \) is the open ball centered at \( \overline{T_2} \) of radius \( d_0 \).
So we can write \( \tilde{g}_1(A_2) = |\tilde{g}_1(A_2)| e^{c(A_2)} \), where \( c \) is a smooth function defined in \( B_{d_0} \) (5.2) and the previous lower bound of \( |\tilde{g}_1(A_2)| \) provide a bound of \( \nabla c(A_2) \).

For \( A_2 \in B_{d_0} \), by theorem 5.1 we have
\[ \tilde{G}_\mu(A_1, A_2) = \text{Const} + (\mu \Gamma_0 + R_0)(\varepsilon, \mu, A_2) + 2 |(\mu \Gamma_1 + R_1)(\varepsilon, \mu, A_2) + O(\mu \varepsilon^{-1/2} ||f|| \exp(-\frac{\pi}{\sqrt{\varepsilon}})). \]
Let
\[ U = \{(A_1, A_2) \in \mathbb{R} \times \mathbb{R}^{n-1} : A_2 \in B_{d_0}, |A_1 + \phi(A_2) - \pi| < \frac{\pi}{2}\}. \]
If \( A_2 \in \partial B_{d_0} \), then
\[ \tilde{G}_\mu(A_1, A_2) - \tilde{G}_\mu(\pi - \phi(A_2), A_2) \geq \frac{c_0}{2} + O(\mu \varepsilon^{-1/2} ||f|| \exp(-\frac{\pi}{2\sqrt{\varepsilon}})). \]
If \( |A_1 + \phi(A_2) - \pi| = \pi/2 \) then
\[ \tilde{G}_\mu(A_1, A_2) - \tilde{G}_\mu(\pi - \phi(A_2), A_2) = 2 |(\mu \Gamma_1 + R_1)(A_2)| + O(\mu \varepsilon^{-1/2} ||f|| \exp(-\frac{\pi}{\sqrt{\varepsilon}})) \]
\[ \geq \frac{\mu c_0}{\sqrt{\varepsilon}} e^{-\pi/(2\sqrt{\varepsilon})} + O(\mu \varepsilon^{-1/2} ||f|| \exp(-\frac{\pi}{\sqrt{\varepsilon}})). \]
Hence, for \( \varepsilon \) and \( \mu ||f||e^{-3/2} \) small enough,
\[ \inf_{\partial U} \tilde{G}_\mu > \inf_U \tilde{G}_\mu + \frac{c_0 \mu e^{-\pi/2\sqrt{\varepsilon}}}{2\sqrt{\varepsilon}}. \]
Using that \( |\nabla \tilde{G}_\mu| = O(\mu) \), we can easily derive that condition \( \sum_1 \) (not with a ball \( B_\rho \) but the bounded open set \( U \), according to remark 2.3) is satisfied with \( \delta = (c_0/2) \mu e^{-\pi/2\sqrt{\varepsilon}}/\sqrt{\varepsilon}, \alpha = c_0 e^{-\pi/2\sqrt{\varepsilon}}/\sqrt{\varepsilon} \) for some positive constant \( c_1 \).

The condition given in the previous lemma is not easily handable. We now want to provide simpler conditions, involving properties of the perturbation \( f \). For \( A = (A_1, A_2) \in T^1 \times T^{n-1} \), let
\[ f(A_1, A_2) = \sum_{(k_1, k_2) \in \mathbb{Z} \times \mathbb{Z}^{n-1}} f_{k_1, k_2} \exp(i(k_1 A_1 + k_2 \cdot A_2)) = \sum_{k_1 \in \mathbb{Z}} f_{k_1}(A_2) \exp(ik_1 A_1). \]
If \( f \) is analytical in some domain then also \( f_{k_1}(\cdot) \) can be analytically extended is the same domain, as \( f_{k_1}(s) = (1/2\pi) \int_0^{2\pi} f(s, t) e^{-ik_1 t} dt \).

**Theorem 5.2** Assume that \( f \) satisfies one of the following conditions:
(i) \( a > 0 \), \( f_0(A_2) \) admits a strict local minimum at the point \( \overline{A_2} \) and \( f_1(\overline{A_2}) \neq 0 \)
(ii) \( a = 0 \), \( f_0(A_2) \) admits a strict local minimum at the point \( \overline{A_2} \) and \( f_1(\overline{A_2} + i(\pi/2) \beta) \neq 0 \).
Then, for all small $\varepsilon$ such that $\omega_\varepsilon = (1/\sqrt{\varepsilon}, \beta \varepsilon^n)$ satisfies

$$\omega_\varepsilon \cdot k > \frac{\gamma_\varepsilon}{|k|^2}, \quad \forall k \in \mathbb{Z}^n, k \neq 0$$

for all $I_0, I'_0$ with $\omega_\varepsilon \cdot I_0 = \omega_\varepsilon \cdot I'_0$, there is a heteroclinic orbit connecting the invariant tori $\mathcal{T}_{I_0}$ and $\mathcal{T}_{I'_0}$. In addition, for all $\eta > 0$ small enough the “diffusion time” $T_\eta$ needed to go from a $\eta$-neighbourhood of $\mathcal{T}_{I_0}$ to a $\eta$-neighbourhood of $\mathcal{T}_{I'_0}$ is $O((I_0 - I'_0)(\sqrt{\varepsilon}/\mu) \varepsilon^{\pi/(2\sqrt{\varepsilon})})^{-1}(\gamma_\varepsilon)^{-1}(\sqrt{\varepsilon} \varepsilon^{\pi/(2\sqrt{\varepsilon})} + |\ln \mu| + |\ln(\eta)|)$.

**Proof.** It is enough to prove that, if (i) or (ii) is satisfied, then the condition given in lemma 5.4 holds. The statement is then a direct consequence of theorem 2.3.

We first assume that condition (i) is satisfied. In what follows, the notation $u = O(v)$ means that $|u| \leq C|v|$, where $C$ is a universal constant. We have

$$\Gamma_0(\varepsilon, A_2) = \sum_{\kappa \in \mathbb{Z}^{n-1}} \frac{2\pi \kappa \cdot \beta \varepsilon^n}{\sinh((\pi/2)(\varepsilon^{-1/2} + \kappa \cdot \beta \varepsilon^n))} f_{0,\kappa} e^{i\kappa \cdot A_2}$$

$$= \sum_{\kappa \in \mathbb{Z}^{n-1}} (4 + O(\varepsilon^{-2/2} |\kappa|^2)) f_{0,\kappa} e^{i\kappa \cdot A_2}$$

$$= 4 f_0(A_2) + O\left( \sum_{\kappa \in \mathbb{Z}^{n-1}} \varepsilon^{2/2} |\kappa|^2 e^{-\kappa \cdot \rho_2} \right)$$

$$= 4 f_0(A_2) + O(\varepsilon^{2n}).$$

Moreover

$$\Gamma_1(\varepsilon, A_2) = \sum_{\kappa \in \mathbb{Z}^{n-1}} \frac{2\pi (\varepsilon^{-1/2} + \kappa \cdot \beta \varepsilon^n)}{\sinh((\pi/2)(\varepsilon^{-1/2} + \kappa \cdot \beta \varepsilon^n))} f_{1,\kappa} e^{i\kappa \cdot A_2}$$

$$= \sum_{\kappa \in \mathbb{Z}^{n-1}} \frac{4 \pi}{\varepsilon} e^{-(\pi/2)\varepsilon^{-1/2} + \kappa \cdot \beta \varepsilon^n} \left( 1 + O(|\kappa|^2 \varepsilon^{n+(1/2)}) \right) f_{1,\kappa} e^{i\kappa \cdot A_2}$$

$$= \frac{4 \pi}{\varepsilon} e^{-(\pi/2)\varepsilon^{-1/2}} f_1(A_2) + O\left( \sum_{\kappa \in \mathbb{Z}^{n-1}} e^{-\kappa \cdot \rho_2} (|e^{-(\pi/2)\kappa \cdot \beta \varepsilon^n} - 1| + |\kappa|^2 \varepsilon^{n+(1/2)} e^{i\kappa \cdot \beta \varepsilon^n}) \right)$$

provided $\varepsilon$ is small enough. It is then clear that condition (i) implies that assumption of lemma 5.4 holds.

We now assume that condition (ii) is satisfied. As previously, we have

$$\Gamma_1(\varepsilon, A_2) = \sum_{\kappa \in \mathbb{Z}^{n-1}} \frac{4 \pi}{\varepsilon} e^{-(\pi/2)\varepsilon^{-1/2} + \kappa \cdot \beta} (1 + O(|\kappa|^2 \varepsilon^{1/2})) f_{1,\kappa} e^{i\kappa \cdot A_2}$$

$$= \frac{4 \pi}{\varepsilon} e^{-(\pi/2)\varepsilon^{-1/2}} f_1(A_2 + i(\pi/2)\beta) + O\left( \sum_{\kappa \in \mathbb{Z}^{n-1}} \exp(- \sum_{j=2}^n |k_j|(r_j - (\pi/2)|\beta_j|))|\kappa|^2 \varepsilon^{1/2} \right)$$

$$= \frac{4 \pi}{\varepsilon} e^{-(\pi/2)\varepsilon^{-1/2}} f_1(A_2 + i(\pi/2)\beta) + O(\sqrt{\varepsilon}).$$

We observe also that, if $a = 0$, then $\Gamma_0(\varepsilon, A_2)$ is independent of $\varepsilon$. It follows easily that condition (ii) implies that the assumption of lemma 5.4 holds true.

**Remark 5.2** In many examples, condition (i) or condition (ii) is satisfied. However we need that $f_0(A_2)$ and $f_1(A_2)$ do not vanish everywhere, see remark 5.4 (iv).
6 Appendix

In the proof of the following lemmas we will closely follow the arguments developed in the papers \[3, 4\] to which we refer for further details. In the sequel the notation \( u = O(v) \) (resp. \( u = o(v) \)) will mean that there is a constant \( C \) (resp. a function \( \varepsilon(v) \)) independent of anything except \( f \) such that \(|u| \leq C|v|\) (resp. \(|u| \leq \varepsilon(v)|v|\) and \( \lim_{v \to 0} \varepsilon(v) = 0 \).

**Proof of lemma 2.1.** We first assume that \( \theta = 0 \) and give the existence proof in \([0, +\infty)\). We are looking for a solution of (2.2) in the form of \( q = q_0 + w \) with \( w(0) = 0 \) and \( \lim_{t \to +\infty} w(t) = 0 \). The function \( w \) must satisfy the equation

\[
-\ddot{w} + w = -\left(\sin(q_0 + w) - \sin q_0 - w\right) + \mu \sin(q_0 + w)f(\omega t + A).
\]

Let

\[
X = \left\{ w(\cdot) \in W^{1,\infty}([0, +\infty)) \mid ||w||_1 := \sup_{t \in \mathbb{R}} \max(|w(t)|, |\dot{w}(t)|) \exp\left(\frac{|t|}{2}\right) < +\infty \right\}
\]

and

\[
X' = \left\{ w(\cdot) \in L^{\infty}([0, +\infty)) \mid ||w||_0 := \sup_{t \in \mathbb{R}} |w(t)| \exp\left(\frac{|t|}{2}\right) < +\infty \right\}.
\]

\( X \) and \( X' \), endowed respectively with norms \( || \cdot ||_1 \) and \( || \cdot ||_0 \), are Banach spaces. Let \( \mathcal{L}_0 \) be the linear operator which assigns to \( h \in X' \) the unique solution \( u = \mathcal{L}_0 h \) of the problem:

\[
\begin{cases}
-\ddot{u} + u = h \\
u(0) = 0, \lim_{t \to +\infty} u(t) = 0.
\end{cases}
\]

An explicit computation shows that, for \( t \in [0, +\infty) \),

\[
u(t) = (\mathcal{L}_0 h)(t) = \frac{1}{2} \int_{0}^{+\infty} \left( e^{-|t-s|} - e^{-(t+s)} \right) h(s) ds.
\]

As an easy consequence \( \mathcal{L}_0 \) sends \( X' \) into \( X \) continuously.

We define the non-linear operator \( H : \mathbb{R} \times \mathbb{R}^n \times X \to X \) by

\[
H(\mu, A, w) := w - \mathcal{L}_0 \left( -\left( \sin(q_0 + w) - \sin q_0 - w \right) + \mu \sin(q_0 + w)f(\omega t + A) \right).
\]

\( H \) is smooth, \( 2\pi \mathbb{Z}^n \)-periodic w.r.t. \( A \) and we have \( H(0, A, 0) = 0 \). The unknown \( w \) must solve the equation \( H(\mu, A, w) = 0 \). We can apply the Implicit Function Theorem. In fact, let us check that

\[
\partial_\mu H(0, A, 0) : W \to W - \mathcal{L}_0 \left( (1 - \cos q_0) W \right)
\]

is invertible. Since \( \lim_{t \to +\infty}(1 - \cos q_0(t)) = 0 \), \( \partial_\mu H(0, A, 0) \) is of the type “Identity + Compact” and then it is sufficient to show that it is injective. \( W \) is in the kernel of \( \partial_\mu H(0, A, 0) \) iff \( W(0) = 0 \) and \( W \) satisfies in \((0, +\infty)\) the equation

\[
-\dot{W} + \cos q_0 W = 0.
\]

Multiplying by \( \dot{q}_0 \) in (6.3) and integrating over \([0, +\infty)\) by parts twice we obtain that \( \dot{W}(0)\dot{q}_0(0) = 0 \). Since \( \dot{q}_0(0) \neq 0 \) we get also \( \dot{W}(0) = 0 \) and then \( W = 0 \). Thus the kernel of \( \partial_\mu H(0, A, 0) \) is reduced to 0, and this operator is invertible. We derive by the Implicit Function Theorem that there are \( \rho_0 > 0 \) and \( \mu_0 > 0 \) such that, for all \( |\mu| < \mu_0 \), for all \( A \in \mathbb{R}^n \), the equation \( H(\mu, A, w) = 0 \) has a unique solution \( w_A^\mu \) in \( X \) such that \( ||w_A^\mu||_1 < \rho_0 \).

Note that \( \mu_0 \) and \( \rho_0 \) may be chosen independent of \( A \) (and of \( \omega \) too) because \( \partial_\omega H(0, A, 0) \) is independent of \( A \) and \( \omega \), \( \partial_\mu H(0, A, 0) \) is uniformly bounded, and \( \partial_\mu H(\mu, A, w) \) (resp. \( \partial_\mu H(\mu, A, w) \)) tend to \( \partial_\omega H(0, A, 0) \) (resp. \( \partial_\omega H(0, A, 0) \)) as \( (\mu, w) \to (0, 0) \) uniformly in \((A, \omega)\).

Since \( H \) is smooth \( w_A^\mu \) depends smoothly on \( \mu \) and \( A \) and \( w_{A+2\pi k}^\mu = w_A^\mu \) by the \( 2\pi \mathbb{Z}^n \)-periodicity of \( H \) w.r.t. \( A \). By the properties of \( \partial_\mu H \) mentioned above, \( ||w_A^\mu||_1 = O(\mu) \).
In a similar way we can prove the existence and unicity of \( w^\mu_A : (-\infty, 0] \to \mathbb{R} \) which satisfies analogous properties over the interval \((-\infty, 0]\). We can define \( q^\mu_{A,\theta} \) by \( q^\mu_{A,\theta}(t) = q_0(t) + w^\mu_A(t) \) if \( t \geq 0 \), \( q^\mu_{A,\theta}(t) = q_0(t) + w^\mu_A(t) \) if \( t < 0 \). This is the unique function for which (i), (ii) (with \( \theta = 0 \)) and (iii) hold.

If \( \theta \neq 0 \), we observe that \( q \) satisfies (i) iff

\[
\begin{cases}
-(T_{-\theta}q)'' + \sin(T_{-\theta}q) = \mu \sin(T_{-\theta}q)f(\omega t + A + \omega \theta) \\
(T_{-\theta}q)(0) = \pi,
\end{cases}
\]

where \( T_{-\theta}q(t) = q(t+\theta) \). Hence there is a unique \( q^\mu_{A,\theta} \) which satisfies (i), (ii), defined by \( q^\mu_{A,\theta} = T_\theta q^\mu_{A+\omega\theta,0} \), i.e. \( q^\mu_{A,\theta}(t) = q^\mu_{A+\omega\theta,0}(t-\theta) \); (iii) and (iv) clearly hold. The regularity of \( q^\mu_{A,\theta} \) w.r.t. \( A, \theta, \mu \) is a consequence of the regularity of \( w^\mu_A \) and \( w^\mu_A \) w.r.t. \( A \) and \( \mu \). (v) follows from

\[
\partial_A w^\mu_A = -\left[ \partial_w H(\mu, A, w^\mu_A) \right]^{-1} \partial_A H(\mu, A, w^\mu_A)
\]

provided we can justify that \( ||\partial_A H(\mu, A, w^\mu_A)||_1 = O(\mu) \), \( ||\omega \cdot \partial_A H(\mu, A, w^\mu_A)||_1 = O(\mu) \). The second bound (uniform in \( \omega \)) is not so obvious. We just point out that

\[
\omega \cdot \partial_A H(\mu, A, w^\mu_A) = -L_0(\mu \sin(q_0 + w^\mu_A) \frac{d}{dt} f(\omega t + A)
\]

and that we can use the “regularizing” properties of \( L_0 \).

**Proof of Lemma 2.4.** We give the proof in the interval \([\theta_1, \theta_2] \). We may assume without loss of generality that \( \theta_1 = 0 \) since, by the remark at the end of the proof of lemma 2.1, a translation of the time by \(-\theta_1\) amounts to adding \( \omega \theta_1 \) to \( A \). For simplicity of notations, we shall write \( \theta_2 = \theta \).

We are looking for a solution \( q = q^*_{0,\theta} + w \) of (2.2) over \((0, \theta)\) with \( w(0) = w(\theta) = 0 \), where \( q^*_{0,\theta} \) is the following smooth “approximate solution”

\[
q^*_{0,\theta}(t) = \begin{cases}
q^\mu_{A,0}(t) & \text{if } t \in (0, \theta/2 - 1), \\
r^*_{\theta}(t) & \text{if } t \in [\theta/2 - 1, \theta/2 + 1] \\
2\pi + q^\mu_{A,\theta}(t) & \text{if } t \in (\theta/2 + 1, \theta),
\end{cases}
\]

where

\[
r^*_{\theta}(t) = (1 - R(t - \theta/2))q^\mu_{A,0}(t) + R(t - \theta/2)(q^\mu_{A,\theta}(t) + 2\pi),
\]

and \( R : \mathbb{R} \to [0, 1] \) is a \( C^\infty \) function such that \( R(s) = 0 \) if \( s \leq -1 \), \( R(s) = 1 \) if \( s \geq 1 \). Let \( L_{0,\theta} \) be the linear operator which assigns to \( h \in L^\infty([0, \theta]) \) the unique solution \( u = L_{0,\theta}h \) of the problem:

\[
\begin{cases}
-\ddot{u} + u = h \\
u(0) = 0, \ u(\theta) = 0.
\end{cases}
\]

An explicit computation shows that for \( t \in [0, \theta] \) the solution \( u \) of (6.4) is given by

\[
u(t) = \frac{1}{\sinh(\theta)} \left[ \int_0^t \sinh(s) \sinh(\theta - s) \sinh(t) \, ds + \int_t^\theta \sinh(s) \sinh(\theta - s) \sinh(t) \, ds \right].
\]

Note that \( L_{0,\theta} \) sends \( L^\infty([0, \theta]) \) into \( W^{1,\infty}([0, \theta]) \) \((W^{2,\infty}([0, \theta])) \) in fact) and that there is a constant \( K \) independent of \( \theta \) such that \( ||L_{0,\theta}W||_{1,\infty} \leq K||W||_{1,\infty} \), where \( || \cdot ||_{1,\infty} \) denotes the infty norm in \([0, \theta]\) and \( ||W||_{1,\infty} := ||W||_\infty + ||W||_\infty \).

We define the smooth non-linear operator \( H^\theta : \mathbb{R} \times \mathbb{R}^n \times W^{1,\infty}([0, \theta]) \to W^{1,\infty}([0, \theta]) \) by

\[
H^\theta(\mu, A, w) := w - L_{0,\theta} \left( -\left( \sin(q^*_{0,\theta} + w) - q^*_{0,\theta} - w \right) + \mu \sin(q^*_{0,\theta} + w)f(\omega t + A) \right).
\]

We immediately remark for further purpose that

\[
||\partial^2_{w w} H^\theta(\mu, A, w)||_W = O(||W||_{1,\infty}^2)
\]

(6.5)
Moreover, by lemma 2.1 (i) and the definition of $q_{0,\theta}$, $\| - \sin q_{0,\theta} + \overline{q}_{0,\theta} + \mu \sin(q_{0,\theta}) f(\omega t + A) \|_\infty = O(\exp(-\theta/2))$ hence

$$\| H^\theta(\mu, A, 0) \|_{1, \infty} = O(\exp(-\theta/2)). \quad (6.6)$$

$q_{0,\theta} + w$ is a solution of (2.2) with the appropriate boundary conditions iff $H^\theta(\mu, A, w) = 0$

We shall show that there exist $\overline{\omega}, \overline{\mu}, \overline{\pi} > 0$ such that $\forall \theta > \overline{\theta}$, for all $|\mu| < \overline{\pi}$, for all $A$ and $\omega$, $\partial_w H^\theta(\mu, A, 0)$ is invertible and

$$\left\| (\partial_w H^\theta(\mu, A, 0))^{-1} \right\| \leq \overline{\sigma}. \quad (6.7)$$

Since $\partial_w H^\theta(\mu, A, 0)$ is of the type “Id + Compact”, it is enough to prove that

$$\forall W \in W^{1, \infty}([-\pi, 0]) \quad \| \partial_w H^\theta(\mu, A, 0)W \|_{1, \infty} \geq \frac{1}{\overline{C}} \| W \|_{1, \infty}. \quad (6.8)$$

We shall just sketch the proof of this assertion (see also lemma 2 of [3]). Arguing by contradiction, we assume that there are sequences $(\mu_n)$, $(\theta_n)$, $(A_n)$, $(\omega_n)$, $(W_n)$ such that $W_n \in W^{1, \infty}([-\pi, 0])$, $\| W_n \|_{1, \infty} = 1$, $\| \partial_w H^\theta(\mu_n, A_n, 0)W_n \|_{1, \infty} \to 0$.

Let $\xi_n \in [0, \theta_n]$ be such that $m_n := \max_{t \in [0, \theta_n]} |W_n(t)| = W_n(\xi_n)$. By (6.8) and the properties of $L_{0, \theta}$, $\| W_n \|_{1, \infty} = O(m_n)$. Hence $\lim \inf m_n > 0$. Taking a subsequence, we may assume that $\xi_n$ is bounded or $\theta_n$ is bounded or $((\xi_n) \to \infty$ and $(\theta_n - \xi_n) \to \infty$).

In the first case, still up to a subsequence $W_n \to W \neq 0$ uniformly in compact subsets of $[0, \infty)$. Taking limits in (6.8) we obtain that $W(0) = -W + \cos q_0 W = 0$, which contradicts $W \neq 0$. The second case can be dealt with similarly. In the third case, up to a subsequence, $W_n(\cdot + \xi_n) \to W \neq 0$ uniformly in compact subsets of $\mathbb{R}$, with $|W(t)| \leq |W(0)|$ for all $t \in \mathbb{R}$. Taking limits in (6.8), we obtain that $-W + W = 0$ over $\mathbb{R}$, which contradicts $W \neq 0$ bounded.

From now we shall assume that $|\mu| < \mu_0 \leq \pi$, $\theta > L$. Let

$$R^\theta(\mu, A, w) = H^\theta(\mu, A, w) - H^\theta(\mu, A, 0) - \partial_w H^\theta(\mu, A, 0)w.$$  

By the previous assertion,

$$H^\theta(\mu, A, w) = 0 \quad \Leftrightarrow \quad w = - (\partial_w H^\theta(\mu, A, 0))^{-1} H^\theta(\mu, A, 0) - (\partial_w H^\theta(\mu, A, 0))^{-1} R^\theta(\mu, A, w) := F^\theta_{\mu, A}(w).$$

We just have to show that $F^\theta_{\mu, A}$ is a contraction in some ball $B(0, \rho) \subset W^{1, \infty}([-\pi, 0])$. For this, we derive from (5.5) and (5.6) in a standard way that, for all $\| w \|_{1, \infty}, \| w' \|_{1, \infty} \leq \rho$, $|\mu| < \overline{\pi}$, $\theta > L$ there holds

$$\| F^\theta_{\mu, A}(w) \|_{1, \infty} = O(\exp(-\theta/2) + \rho^2) \quad \text{and} \quad \| F^\theta_{\mu, A}(w) - F^\theta_{\mu, A}(w') \| = O(\rho |w' - w|). \quad (6.9)$$

We can deduce that $F^\theta_{\mu, A}$ is a contraction in a ball $B(0, \rho)$, with $\rho = C \exp(-\theta/2)$, for some constant $C$, provided that $\theta > L$, $L$ large enough. Applying the Contraction Mapping Theorem we conclude that there is a unique solution $|w^\mu_{l}(A, \theta)|_{1, \infty} \leq C \exp(-\theta/2)$ of the equation $H^\theta_{\mu, A}(w) = 0$. Note that by (5.5) uniqueness holds in $B(0, \rho_0)$ for some $\rho_0 > 0$ independent of $\theta$. The regularity of the solutions in $(A, \theta, \mu)$ follows like in [3].

**Proof of lemma 4.2.** Let us consider the function $H : \mathbb{R} \times \mathbb{T}^n \times \mathbb{R} \times \mathbb{R} \to \mathbb{R}$ defined by

$$H(\mu, A, \theta, l) = Q_{A, \theta}^1(\theta + l) - \pi$$

The unknown $l_{\mu}(A, \theta)$ can be implicitly defined by the equation $H(\mu, A, \theta, l) = 0$. We have $H(0, A, \theta, 0) = 0$ and

$$\partial_l H(0, A, \theta, 0) = q_0(0) \neq 0.$$  

Hence by the Implicit function theorem, for $\mu$ small enough (independently of $A, \theta, \omega$ because $\partial_l H$ and $\partial_{l\mu} H$ are continuous uniformly in $A, \theta, \omega$), there exists a unique smooth solution $l_{\mu}(A, \theta) = O(\mu)$ of
\[ H(\mu, A, \theta, l) = 0. \] Moreover, by the uniform estimates in \( A \) and \( \omega \) that we can obtain for \( \partial_A Q_{A,\theta}^\mu \), \( \omega \cdot \partial_A Q_{A,\theta}^\mu \), there holds \( |\nabla l_\mu (A, \theta)| = O(\mu). \)

**Proof of Lemma 4.3.** The first step is to prove that

\[
\max \left( |q_{A,\theta+l_\mu(A,\theta)}^\mu(t)|, |q_{A,\theta+l_\mu(A,\theta)}^{\mu}(t)| \right) \leq K_0 |\partial_\theta \bar{F}_\mu (A, \theta)| \exp\left(-\frac{|t - \theta|}{2}\right), \forall t \in \mathbb{R}. \tag{6.10}
\]

We have \( q_{A,\theta+l_\mu(A,\theta)}^\mu = T_{\theta+l_\mu(A,\theta)} q_{A',0}^\mu, \quad Q_{A,\theta}^\mu = T_{\theta+l_\mu(A,\theta)} Q_{A',0}^\mu, \) where \( A' = A + \omega(\theta + l_\mu(A, \theta)) \) and \( \theta' = -l_\mu(A, \theta). \) So it is enough to prove the estimate for \( w := Q_{A',\theta'}^\mu - Q_{A,\theta}^\mu. \)

Note that \( Q_{A',\theta'}^\mu(0) = q_{A',0}^\mu(0) = \pi. \) So \( Q_{A',\theta'}^\mu - q_0, Q_{A,\theta}^\mu - q_0 \) belong to \( X \) and satisfy

\[
H(\mu, A', q_{A',0}^\mu - q_0) = 0; \quad H(\mu, A', Q_{A',\theta'}^\mu - q_0) = \alpha_{A',\theta'}^\mu L_0(\psi^w),
\]

where \( X, H \) and \( L_0 \) are defined in the proof of lemma 2.1. Therefore

\[
\alpha_{A',\theta'}^\mu L_0(\psi^w) = \partial_\psi H(\mu, A', q_{A',0}^\mu - q_0)(Q_{A',\theta'}^\mu - q_{A',0}^\mu) + o(||Q_{A',\theta'}^\mu - q_{A',0}^\mu||_1).
\]

Moreover \( ||Q_{A',\theta'}^\mu - q_0||_1 + ||q_{A',0}^\mu - q_0||_1 = O(\mu). \) Hence, by the properties of \( H \) mentioned in the proof of lemma 2.1 (in particular the fact that \( \partial_\psi H(0, A', 0) \) is invertible) we obtain, for \( \mu \) small enough the following bound:

\[
||Q_{A',\theta'}^\mu - q_{A',0}^\mu||_1 = O(||\alpha_{A',\theta'}^\mu||).
\]

Since \( |\alpha_{A',\theta'}^\mu| = O(\partial_\theta \bar{F}_\mu (A, \theta)) \) we deduce estimate (6.10).

We can now estimate \( \bar{F}_\mu (A, \theta) - V_\mu (A, \theta). \) For \( q \in X \) let

\[
G_A^\mu(q) = \int_R L_\mu(A, q, \dot{q}, t) dt = \int \frac{1}{2}(\dot{q}(t))^2 + (1 - \cos(q(t))) + \mu(\cos(q(t)) - 1) f(A' + \omega t) dt.
\]

By standard arguments, \( G_A^\mu : X \to \mathbb{R} \) is smooth. Moreover for \( |\mu| < \mu_0, \)

\[
D^2 G_A^\mu(q)[w, w] = \int_R \dot{w}^2 + \cos(q) w^2 - \mu \cos(q) w^2 f(A' + \omega t) dt = O(||w||^2_1). \]

By the definition of \( q_{A',0}^\mu \) ((i) in lemma 2.4), we easily obtain with an integration by parts that \( D G_A^\mu(q_{A',0}^\mu)w = 0 \) for all \( w \in X \) such that \( w(0) = 0. \) Therefore

\[
G_A^\mu(q_{A',0}^\mu + w) = G_A^\mu(q_{A',0}^\mu) + O(||w||^2_1)
\]

for all \( w \in X \) such that \( w(0) = 0. \) Hence since \( (Q_{A',\theta'}^\mu - q_{A',0}^\mu)(0) = 0, \)

\[
\bar{F}_\mu(A, \theta) - V_\mu(A, \theta) = \bar{F}_\mu(A, \theta + l_\mu(A, \theta) + \theta') - F_\mu(A, \theta + l_\mu(A, \theta)) = \bar{F}_\mu(A', \theta') - F_\mu(A', 0) = G_A^\mu(Q_{A',0}^\mu - q_{A',0}^\mu) = O(||Q_{A',\theta'}^\mu - q_{A',0}^\mu||^2_1).
\]

We obtain by (6.10) that

\[
|\bar{F}_\mu(A, \theta) - V_\mu(A, \theta)| \leq C_4 \left( \partial_\theta \bar{F}_\mu (A, \theta) \right)^2
\]

for some positive constant \( C_4. \)

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