Appendix

Spearman Correlations between continuous variables and inflammatory proteins, the Multi-Ethnic Study of Atherosclerosis 2000-2007.

| Variable                  | CRP  | IL-6 | Fibrinogen |
|---------------------------|------|------|------------|
| Age                       | 0.05 | 0.20 | 0.17       |
| Body Mass Index           | 0.41 | 0.37 | 0.24       |
| Systolic Blood Pressure   | 0.14 | 0.18 | 0.11       |
| Diastolic Blood Pressure  | -0.01| 0.01 | -0.03      |
| Glucose                   | 0.09 | 0.16 | 0.09       |
| HOMA-IR                   | 0.20 | 0.25 | 0.14       |
| Exercise Met-min/wk       | -0.09| -0.12| -0.08      |
| Pack-years smoking        | 0.07 | 0.11 | -0.01      |
| C-reactive protein        | ---  | 0.53 | 0.47       |
| Interleukin-6             | 0.53 | ---  | 0.42       |
| Fibrinogen                | 0.47 | 0.42 | ----       |

CRP is C-Reactive Protein, IL-6 is Interleukin-6.