Comparison of the attractiveness by virtual alteration of the male and female profile of class II division 1 malocclusion: A perception study

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Abstract
This study is done to obtain the perception of lay people and dentists for virtually altered profile image of male and female class II division 1 patient simulating the treatment outcome. The digital profile images of skeletal class II division 1 malocclusion male and female patients produced by virtual alteration on dolphin imaging software (version 11.4) and printed on to the booklet, dentists and laypeople were asked to rate the set of profiles on Visual Analog scale of 1-10. The groups laypeople, dentists assigned highest Rank scores for increase in chin neck length of 57mm (Profile G) and considered most attractive and least scores for unaltered base image (Profile D) for male profile and for female profiles laypeople assigned highest score for increase in Nasolabial angle 121 degrees (Profile B), dentists assigned highest score for increase in Chin neck length 54mm (Profile F).

Keywords: Perception, virtual alteration, laypeople, nasolabial angle

1. Introduction
The consciousness of facial beauty and attractiveness is more in young and adult individuals of current generations. The attractive people are more preferred in hiring and promotion, they are smarter and socially skilled. The procedures that improve the profile of skeletal class II division 1 malocclusion by reducing the convexity includes camouflage to alter the acute Nasolabial angle and Mandibular advancement protocols like functional advancements and Orthognathic surgeries based on the residual growth.

The Angle has used the terms balance, harmony, beauty and ugliness, the concept of beauty consciousness of facial beauty and attractiveness is more in young and adult individuals of current generations. The attractive people are more preferred in hiring and promotion, they are smarter and socially skilled. The procedures that improve the profile of skeletal class II division 1 malocclusion by reducing the convexity includes camouflage to alter the acute Nasolabial angle and Mandibular advancement protocols like functional advancements and Orthognathic surgeries based on the residual growth.

The perception of esthetics and beauty differs between dentists and lay persons and the patient undergoing the orthognathic surgery have a thorough knowledge about treatment outcome and results, but the profile change is more easily perceived than a frontal change and the patient does not view himself in the Profile view and has little appreciation of the treatment outcomes. [1]

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The Throat length or cervicomental length is valuable in assessing the mandibular position and orthodontic treatment has changed from harmony and balance in the past to the present concept of acceptable appearance of the soft tissue. [1]

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2. Materials and Methods
A perception study was conducted by altering the digital profile photo of male and female skeletal class II division 1 patient on dolphin software.
2.1 Requirements for this study
1. Digital Profile image and lateral cephalogram of male and female individual with untreated skeletal class II division 1 malocclusion.
2. Dolphin imaging software and management solutions (version 11.4).
3. Adobe photoshop software (version creative suite 6).
4. A sample of 160 laypeople (who passed atleast high school) in age group between 18-30 years, 50 dentists to assess the profile images.(Figure 1)
5. Printed booklets depicting virtually altered profile images.

2.2 Methodology
2.2.1 Virtual Alteration of Profile Images
The patients were informed about the study and informed written consent was taken. A profile image and a lateral cephalogram of an untreated skeletal class II division 1 malocclusion were scanned and imported in to software (Dolphin Imaging and Management Solutions – version 11.4) where the images were linked to each other to standardize the profile image with the given magnification of the lateral cephalogram. (Figure 2)
The profile picture of the subject was first altered with Photoshop software (Adobe photoshop CS6) to emphasize the Mandibular retrusion. For the chin-neck length, the norm given by Lehman et al. \(^1\) is used 57±6 mm minus 2 standard deviations, resulting in 45 mm, was used as the starting point for the alterations of this variable. The same was carried out for the Nasolabial angle by using norms given by Sinno et al. \(^4\) for females to 104.9±4° and for males a norm of 97.0±6.3°. The starting point for all alterations with a chin-neck length of 45 mm and a Nasolabial angle of 104.9° for females and for males 97° was used. This was the profile with the most pronounced Class II Division 1 features, displaying the greatest sagittal interlabial step.
The profile image is digitally altered by dolphin software, increasing chin neck length simulating the treatment outcome of Mandibular advancement surgery, (subsequently by +1.0, 1.5, 2.0 SD) resulting in chin neck lengths of 51mm, 54mm, 57mm were noted as Profile E, F, G respectively. The same was carried out for the Nasolabial angle and altered to create 3 additional profile types by increasing the angle (by +2.0, 4.0, 6.0 SD) from the norm resulting in 113°, 121°, 129° for females and 110°, 122°, 135° for males noted as profile A, B, C respectively.

2.2.2 Perception and Rating by Lay people
These altered 6 profile images along with base line image and questionnaire (Figure 3) on age, sex, nationality, educational level of observer were printed in to a booklet containing male perception form (Figure 4) and female perception form (Figure 5) and this was given to 160 lay people and 50 dentists and were asked to judge and give overall rank to the 7 set of profiles ranging from 7 for most attractive to 1 for least attractive profile. The participants includes 160 lay people of 18 – 30 years of age.
The participants were also asked to score the individual profiles whether acceptable or unacceptable on a Visual Analog Scale (VAS) numbered from 1 to 10, described non attractive on left side of this scale and attractive on right side.
Fig. 3: Questionnaire for perception assessment

Fig 4: Perception assessment form for male profile
3. Results
The mean scores are obtained for the rankings and compared using t test.

Table 1: Comparison of mean rank scores between laypeople and dentists for male profile by ‘t’ test

| Profile | Groups          | N   | Mean | SD (±)     | P value |
|---------|-----------------|-----|------|------------|---------|
| Profile A | Laypeople       | 160 | 3.21 | ±1.930     | 0.001   |
|          | Dentists        | 50  | 2.24 | ±1.170     |         |
| Profile B | Laypeople       | 160 | 4.08 | ±1.596     | 0.001   |
|          | Dentists        | 50  | 3.22 | ±1.112     |         |
| Profile C | Laypeople       | 160 | 3.96 | ±1.678     | 0.379   |
|          | Dentists        | 50  | 3.74 | ±1.084     |         |
| Profile D | Laypeople       | 160 | 2.33 | ±1.452     | 0.026   |
|          | Dentists        | 50  | 1.80 | ±1.414     |         |
| Profile E | Laypeople       | 160 | 4.56 | ±1.666     | 0.002   |
|          | Dentists        | 50  | 5.36 | ±1.274     |         |
| Profile F | Laypeople       | 160 | 4.03 | ±1.928     | 0.001   |
|          | Dentists        | 50  | 5.28 | ±1.371     |         |
| Profile G | Laypeople       | 160 | 5.88 | ±1.806     | 0.108   |
|          | Dentists        | 50  | 6.32 | ±1.168     |         |
Table 2: Analysis of VAS mean scores given by laypeople, dentists for male profile

| Profile | Laypeople | Dentists |
|---------|-----------|----------|
| A       | 4.31 (2)  | 2.76 (2) |
| B       | 4.70 (3)  | 3.32 (3) |
| C       | 5.01 (4)  | 3.88 (4) |
| D       | 3.24 (1)  | 2.40 (1) |
| E       | 5.93 (5)  | 6.66 (5) |
| F       | 6.03 (6)  | 6.92 (6) |
| G       | 8.04 (7)  | 8.14 (7) |

In parentheses, the final ranking order is shown, with 1 the least attractive and 7 the most attractive. The above table represents the difference in final mean VAS scores between laypeople, dentists. All groups assigned highest score for Profile G and considered it as most attractive and least score for profile D and considered it as unattractive.

Fig 7: Percentage of attractiveness by laypeople and dentists for male profile
Table 3: Comparison of mean rank scores between laypeople and dentists for female profile by ‘t’ test

| Profile | Groups    | N  | Mean | SD (±) | P value |
|---------|-----------|----|------|--------|---------|
| Profile A | Laypeople | 160 | 4.11 | ±2.239 | 0.001   |
|          | Dentists  | 50  | 2.92 | ±1.724 |         |
| Profile B | Laypeople | 160 | 4.47 | ±1.686 | 0.008   |
|          | Dentists  | 50  | 3.72 | ±1.852 |         |
| Profile C | Laypeople | 160 | 4.14 | ±1.503 | 0.248   |
|          | Dentists  | 50  | 4.42 | ±1.513 |         |
| Profile D | Laypeople | 160 | 4.44 | ±1.393 | 0.968   |
|          | Dentists  | 50  | 4.68 | ±1.135 |         |
| Profile E | Laypeople | 160 | 4.48 | ±1.693 | 0.380   |
|          | Dentists  | 50  | 5.40 | ±1.544 |         |
| Profile F | Laypeople | 160 | 4.54 | ±1.723 | 0.001   |
|          | Dentists  | 50  | 5.60 | ±1.616 |         |
| Profile G | Laypeople | 160 | 4.54 | ±2.071 | 0.111   |
|          | Dentists  | 50  | 5.60 | ±1.823 |         |

Fig 8: Comparison of mean rank scores between laypeople and dentists for female profile

Table 4: Analysis of VAS scores given by laypeople, dentists for female profile

| Profile | Mean VAS score | Laypeople | Dentists |
|---------|---------------|-----------|----------|
| Profile A | 5.86 (3) | 3.90 (2) |
| Profile B | 6.30 (7) | 4.64 (3) |
| Profile C | 6.05 (5) | 5.28 (4) |
| Profile D | 2.57 (1) | 2.56 (1) |
| Profile E | 5.83 (2) | 5.70 (5) |
| Profile F | 5.99 (4) | 7.06 (7) |
| Profile G | 6.08 (6) | 6.50 (6) |

In parentheses, the final ranking order is shown, with 1 the least attractive and 7 the most attractive. The above table shows comparison of mean VAS scores between laypeople, dentist. The laypeople assigned highest scores for profile B and dentists assigned the highest score for profile F considering as most attractive (Table 4)
4. Discussion

The orthodontist usually prefers the laypeople perception on attractiveness of faces when developing treatment goals for patients with class II division 1 malocclusion. The Bishara and Jakobsen \cite{5} studied the profile changes in patients treated with and without extractions and these were perceived by lay people. The clinicians suggest that four first premolar extractions will cause deteriorated post treatment esthetics by causing dishing in the profile. The Barrer and Ghafar \cite{6} compared the pretreatment and posttreatment profile silhouettes to evaluate the effects of orthodontic treatment on facial profile. Almeidapedin \cite{7} evaluated the facial profile changes in patients after maxillary premolar extractions. The extraction of premolars is often chosen as alternative for the treatment of patients with Class II division I malocclusion in adult individuals with severe overjet where most of the growth has finished \cite{7}.

The Doreen \cite{8} evaluated the facial attractiveness of skeletal Class II patients before and after mandibular advancement surgery and perception from people with different backgrounds is evaluated. He found profiles attractive to patients and the layperson may not be coinciding with the orthodontists and surgeons as these clinicians perceive the attractiveness based on their clinical experience and training. The chin imposes esthetic harmony and character to the face, a strong chin or prominent jaw is pleasing in males \cite{8}.

The Kaipatur \cite{9} studied the usage of computer software programs in Predicting the results of orthognathic surgery. The Visualized Treatment Objectives are important predictive tools to give a preview of the result for the patients. The Donatsky \cite{10} studied the immediate postoperative outcome of software planned and predicted changes in hard and soft tissue in a specific individuals using the computerised, cephalometric, orthognathic surgical planning system TIOPS (Total Interactive Orthognathic Planning System) and concluded that the TIOPS planning system helps in simulating orthognathic surgery, planning and best prediction of the outcome \cite{10}.

The factors that influence soft tissue position includes the orthodontic treatment, orthognathic surgery and growth of the hard and soft tissues. The nasolabial angle is constructed by two lines passing from the nose and from the upper lip \cite{11}. The relation between these two lines is assessed by the angle between the line drawn from columella to the subnasale and line from the subnasale to the mucocutaneous border of the upper lip (columella-labial angle). According to Sinno \cite{4} the average nasolabial angle in females was 104.9 degrees and 97 degrees in males \cite{4}.

The evaluation of chin throat region is done in plastic surgery, based on clinical and anthropometric data, and is performed on patients and photographs using soft tissue landmarks. The evaluation of submental region can be done by measuring

\begin{figure}
\centering
\includegraphics[width=\textwidth]{Figure9.png}
\caption{Percentage of attractiveness by laypeople and dentists for female profile}
\end{figure}
throat length from neck-throat junction (cervical point) to the 
intersection of the submasale - soft tissue pogonion and throat 
line (normal range, 57 ± 6 mm). The position of chin may 
have an impact on esthetics and profile perception. In patients 
with short throat length the mandibular setbacks should be 
avoided; and cases with long throat length are seen in 
mandibular prognathism and are treated with mandibular 
setback [12, 13].

In this present study the laypeople assigned least score for 
untreated base image (profile D) and is considered to be least 
attractive as the profile with greatest Nasolabial angle of 129 
degrees (profile A). This indicates that increasing the 
Nasolabial angle during camouflage therapy does not 
influence the attractiveness in a positive way. The moderate 
increase in Nasolabial angle is considered to attractive than 
the profile with no treatment and better than the increase in 
Nasolabial angle of 129 degrees (profile A) for both male and 
female profiles. This indicates that some compensation of 
a large sagittal interlabial step by increasing the Nasolabial 
angle is appreciated more than no treatment. The dentists 
group assigned most of the highest score for profile with 
increase in chin neck lengths of 51, 54, 57 mm respectively 
(Profile E, F, G). The dentists insisted on the profile with 
increase in chin neck lengths than increase in Nasolabial 
angles.

The Burstone mentioned that laypeople perceived the profile 
balance in terms of upper lip elevation in relation to the nose. 
The patient with class II division 1 malocclusion will be 
having acute Nasolabial angle. The Nasolabial angle change 
is because of 90% of change in the vermillion border of the lip 
after retraction of upper incisors and 10 percent was due to 
increase in the slope of columellar border of nose. 
The laypersons are more strongly influenced by factors other 
than just the profile when looking at photographs of faces in 
profile than dentists. The dentists react more sensitively to 
profile lines than do laypersons, and are more negatively 
influenced by extreme prognathic or retrognathic profile 
variants [15].

The Kinzinger [14] studied Class II Treatment in Adults by 
Comparing Camouflage Orthodontics, Dentofacial Orthopedics and Orthognathic Surgery. The major changes in 
skeletal and soft-tissue occurs during Class II treatment with 
surgical mandibular advancement rather than camouflage. 
The camouflage orthodontics with maxillary premolar 
extractions in adults leads to increase in the nasolabial angle, 
which is esthetically unacceptable. In this present study both 
laypeople and dentists assigned highest scores for profiles 
with chin neck length increase of 54 mm and 57 mm for male 
profile, whereas for female profile laypeople assigned highest 
scores for nasolabial angles of 113°, 121° and dentists 
assigned highest scores for profiles with increase in chin neck 
length of 54 mm and 57 mm.

5. Summary and Conclusion

1. The groups of laypeople, dentists assigned highest rank 
scores for increase in chin neck length of 57 mm (profile 
G) and considered as most attractive and least scores for 
unaltered base image (profile D) for male profile.
2. There is no significant difference between VAS scores 
for all male profiles between laypeople and dentists.
3. There is significant difference between VAS scores for 
all female profiles between laypeople and dentists.
4. The laypeople assigned highest score for increase in 
nasolabial angle 121° (profile B), dentists assigned 
highest score for increase in chin neck length of 54 mm 
(profile F).
5. As per this study it concludes that laypeople are 
concerned about the position of lip rather than altered 
chin positions and dentists preferred the profiles with 
changes in chin neck lengths.

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