A Continuous 100-mK Helium-Light Cooling System for MUSCAT on the LMT

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Abstract
The MUSCAT instrument is a large-format camera planned for installation on the Large Millimeter Telescope in 2018. MUSCAT requires continuous cooling of several large-volume stages to sub-Kelvin temperatures, with the focal plane cooled to 100 mK. Through the use of continuous sorption coolers and a miniature dilution refrigerator, the MUSCAT project can fulfill its cryogenic requirements at a fraction of the cost and space required for conventional dilution systems. Our design is a helium-light system, using a total of only 9L of helium-3 across several continuous cooling systems, cooling from 4 K to 100 mK. Here we describe the operation of both the continuous sorption and the miniature dilution refrigerator systems used in this system, along with the overall thermal design and budgeting of MUSCAT. MUSCAT will represent the first deployment of these new technologies in a science-grade instrument and will prove the concept as a viable option for future large-scale experiments such as CMB-S4.

Keywords
Astronomical instrumentation · Cryogenics · Dilution refrigeration · Sorption cooling · Large Millimeter Telescope

1 Introduction
The Mexico UK Sub-mm Camera for AsTronomy (MUSCAT) will be a 1-mm receiver consisting of 1800 lumped-element kinetic inductance detectors (LEKIDs) operating at the photon noise limit. MUSCAT is scheduled to be installed on the Large Millimeter Telescope (LMT; Puebla, Mexico) in 2018 following the upgrade of the LMT’s
primary mirror from 32 to 50 m. MUSCA T will be one of the first new instruments to be installed on the 50-m LMT. To enable optimum operation of MUSCA T, a cryogenic system has been designed capable of continuously cooling the focal plane of MUSCA T to a temperature of approximately 100 mK. Additionally, this system will cool the internal structure of the MUSCA T cryostat and provide appropriate heat-sinking and radiation-shielding stages. While cooling of detectors to 100 mK is desired for optimum instrument performance—along with future proofing—the key target for the system is to reduce the thermal load on the detector stage such that it is dominated by the expected sky load of $\sim 1.65 \mu W$ while cooling this stage to below 200 mK; the interfaces and cooling systems have been selected with consideration to this objective. However, access to these lower temperatures may prove beneficial for future upgrades requiring higher detector sensitivities.

2 Cooling Chain

The MUSCA T cooling chain contains a total of four separate cooling systems, namely a Cryomech Inc.\textsuperscript{1} PT-420-RM Pulse Tube Cooler (PTC), two Chase Research Cryogenics Ltd (CRC) continuous sorption (CS) coolers, and a final Chase Research Cryogenics Ltd miniature dilution (MD) refrigerator.\textsuperscript{2}

The pulse tube cooler is used to cool two stages of the cryostat; the first of these operates at a nominal temperature of 50 K and is used as a heat-sinking point and to cool a radiation shield; the second stage is cooled to a nominal temperature of 4 K and contains an additional radiation shield, readout amplifiers and is also used as the thermal bath for the two continuous sorption coolers. The two continuous sorption coolers cool separate stages down to temperatures of 1 K and 450 mK; both of these stages fluctuate in temperature during operation (see Fig. 3); however, modelling of this behaviour along with preliminary testing has shown that these fluctuations should not be an issue for MUSCA T. The 1-K stage provides heat sinking for readout and housekeeping cabling prior to the final stages, whereas the 450-mK stage contains the final radiation shield and acts as the condensing point for the miniature dilution refrigerator. The 450-mK stage’s radiation shield defines the optical enclosure for the detector array. The MUSCA T cooling chain is illustrated in Fig. 1a. The full mechanical design of the MUSCA T cryostat is described by Castillo-Dominguez et al. \cite{Castillo-Dominguez1} but is outlined in Fig. 1b.

3 The Continuous Sorption Coolers

The third and fourth temperature stages of MUSCA T (the first two not cooled by the pulse tube cooler) are cooled by continuous sorption (CS) coolers. Each of these systems operates essentially as two separate subsystem cycled in anti-phase with each other. Both subsystems cool the same final evaporator which contains a small amount

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Fig. 1  
(a) The MUSCAT cooling system from room temperature (300 K) to the focal plane (100 mK). 
(b) Cross-sectional view of the CAD design for the MUSCAT cryostat. The 50-K, 4-K, and 450-mK stages are coloured for illustration only. The two continuous sorption coolers are shown to greater detail in Fig. 2 (Colour figure online)

Fig. 2  
(a) 1-K cooler, (b) 450-mK cooler. The He³ ballast is maintained as a liquid in the final head since at any given time one of the two condensers is at its base temperature—this will be below the temperature achieved in the final head. This ballast ensures there is sufficient thermal mass to keep the final head cold while one of the sub systems is regenerated. Both systems operate on the same principle described by Klemencic et al. [2] (Colour figure online)

of a helium-3 ballast gas. The first of these systems contains two helium-4 pumps and is designed to achieve a minimum operating temperature of approximately 1 K.

The second CS system, used to cool the 450-mK stage of MUSCAT, consists of two pairs of helium-4 and helium-3 pumps. The performance of a similar system has been described previously and has been shown to operate at a temperature of 300 mK under minimal thermal loading and to be thermally stable for in excess of 3 months [2]. Our system is expected to operate at a higher temperature due to the presence of a higher thermal load, as described later. The temperature at the final head of the CS cooler fluctuates naturally during its operation due to the constant recycling of the system.
These fluctuations can be seen in the lower panel of Fig. 3, which shows the first five cycles of each subsystem over the period of approximately 20 h under minimal loading. The black line in Fig. 3 (shown zoomed-in in the lower panel) shows the temperature of the final evaporator of this system; it is seen that for the first two cycles of each subsystem the minimum temperature achieved decreases for each cycle but the final performance is not achieved until the third cycle of the A (red) system (the red or blue traces in the upper panel are low when that system is being pumped upon and is thus providing cooling). In the steady state (after the first two cycles of each subsystem) the temperature of the final stage fluctuates between 255 and 290 mK. It has been shown that through PID control of a heater mounted to this head, the achieved temperature can be stabilised at 365.0 ± 0.1 mK in the presence of a 20-µW thermal load (designed to represent the device load for a particular application) [2]. PID control of these units is not required for MUSCAT as the final cooler provides sufficient thermal dampening to nullify the oscillations at the detector.

In order to operate at the levels of thermal loading anticipated for MUSCAT, the timing and pump temperatures used to cycle each subsystem have been tuned to ensure that the system being regenerated is fully prepared prior to the liquid He\(^3\) being depleted in the other system. Using this scheme a load curve for a prototype of each of the two CS coolers has been measured. These load curves are shown in Fig. 4, and the stated temperatures correspond to the maximum temperature observed during the steady-state fluctuations.

### 4 The Miniature Dilution Refrigerator

The final cooling stage of MUSCAT will be a miniature dilution (MD) refrigerator. This system works through the same principle of moving helium-3 molecules across
the phase boundary between a He$^3$-rich phase and a He$^3$-poor phase as a conventional dilution refrigerator [3,4]. Unlike the conventional dilution refrigerator, our system is fully contained within the structure of the cryostat and requires no mechanical pumps or large gas-handling systems. Instead the flow of He$^3$ is driven by a temperature difference between the evaporator (also referred to as the still) of the dilution refrigerator and a condensing point. So long as the condenser is cooler than the still, He$^3$ molecules from the He$^3$-poor phase evaporated in the still will condense in the dilutor’s condenser and are then returned as liquid to the mixing chamber, under gravity, where they join the He$^3$-rich phase. A key advantage of this architecture is that the helium-3 requirement for a miniature dilution refrigerator is of order only 2 L and requires no active pump. The achieved minimum temperature of such a unit is limited by the circulation rate of He$^3$ molecules (as for any dilution refrigerator).

MUSCAT will utilise a second-generation miniature dilution refrigerator from Chase Cryogenics Ltd (CRC); this unit is currently undergoing the finally stages of commissioning. However, a first-generation CRC miniature dilution refrigerator has been run in a general-purpose testing cryostat at Cardiff since 2014 and achieves a minimum temperature of 77 mK under minimal load and a sustained temperature of 88 mK under a 5-$\mu$W thermal load. The base temperature of the dilutor is limited by the slower circulation rate in this pump-free system and as such is higher the pump-driven system. This unit has been selected in part due to the compact size of this cooler and its relatively simple operation (requiring only heating of the still). Furthermore, the use of this technology aids MUSCAT’s secondary objective of acting as an on-sky technology demonstrator not only for such a cooling technique but also access to temperatures of order 100 mK may prove vital in future upgrades of MUSCAT. For example, should an on-chip spectrometer (an option being strongly considered as a potential upgrade) be deployed on MUSCAT, the optical power on each detector may be of order 1000 times less than when operating in the continuous 1.1-mm band thus potentially requiring a lower operating temperature to decrease the device limit of the noise-equivalent power, enabling higher sensitivities.
5 Thermal Supports

Prior to modelling the thermal behaviour of MUSCAT, it is necessary to characterise the thermal supports used between the coldest stages of the cryostat. Two supports have been identified for use at these stages of MUSCAT. These are a thin-walled stainless steel crossbeam and a crushed-sapphire powder joint as developed for the SCUBA-2 instrument [5]. These supports are shown in Fig. 5.

These supports—particularly the crushed-sapphire powder joints—represent complex mechanical assemblies with multiple interfaces, as such modelling of their thermal performance is both complex and inaccurate; as such we have opted instead to measure the thermal conductance of the joints directly at the relevant temperatures. In order to characterise the performance of these supports in the sub-Kelvin range, one end of each support was mounted to the 100-mK plate of a cryostat cooled by a miniature dilution refrigerator, and a temperature-stable heater and germanium thermometer were mounted on the other end of the support (the isolated end, as seen in Fig. 5b) to apply a known thermal load and measure the temperature difference across the joints. Measurements were taken for three heat-sink temperatures of 100 mK, 350 mK, and 1.2 K corresponding to the nominal temperatures of the three MUSCAT stages of interest. At each bath temperature, numerous powers were applied through a load heater and these data have been combined to plot the thermal conductance of the two supports, as shown in Fig. 6.

6 Thermal Model

To verify the plausibility of the cooling chain presented here, we have modelled the expected thermal load on each stage of MUSCAT, and the results of this are presented in Table 1. A complete description of the structure and interfaces between stages is
Fig. 6 Comparison of the thermal conductance of a thin-walled stainless steel crossbeam (grey) and crushed-sapphire joint (yellow). It is clear that for configurations where the central temperature of the joint will be less than 450 mK the use of the crushed-sapphire joint is preferable (Colour figure online).

Table 1 Summary of thermal modelling for MUSCAT

| Consideration                      | Stage | 50 K | 4 K  | 1 K  | 450 mK | 100 mK |
|-----------------------------------|-------|------|------|------|--------|--------|
| Mech. load through supports       | W     | mW   | µW   | µW   | µW     | µW     |
| Rad. load from previous stage     | 25.68 W | 7 mW | -a   | 30.0 µW | 0.005 µW |
| Opt. load from filters            | 3.10 W | 32 mW | -a   | 22.3 µW | 0.019 µW |
| RF cabling                        | 0.50 W | 10 mW | 22 µW | 16.1 µW | 0.14 µW |
| DC cabling                        | 0.17 W | 8 mW  | 28 µW | 14.6 µW | 0.23 µW |
| RF amplifiers                     | -     | 125 mW | -    | -     | -      |
| Cooling systems                   | -     | 0.2–1.2 W | -  | 300 µW  | -      |
| Sky load                          | -     | -    | -    | -     | 1.65 µW |
| Total load                        | 38.37 W | 0.5–1.6 W | 166 µW | 395.4 µW | 3.08 µW |
| Expected temperature              | 44 K  | 2.8–4.1 K | 1.10–1.15 K | 440–460 mK | < 88 mK |

a1-K stage has negligible surface area
bLoad on 4-K stage fluctuates during cycling of CS coolers due to operation of heat switches
cNatural fluctuation of CS cooler (as seen in Fig. 3) without the use of PID stabilisation

given by Castillo-Dominguez et al. [1]. The total required volume of He³ in MUSCAT is approximately 9 L STP of gas. This consists of 4 L in the 450-mK cooler pumps, 1.5 L in each of the continuous sorption ballast tanks and 2 L in the miniature dilutor.

7 Conclusion

We have designed a cooling chain capable of cooling the focal plane of MUSCAT to below 100 mK continuously. The total requirement for helium-3 in the entire cooling chain is only 9 L STP, substantially reducing the cost of MUSCAT’s cooling system compared to more conventional systems capable of comparable performance. The individual cooling systems are currently undergoing the final stages of commissioning and verifications and will be installed in the MUSCAT cryostat in the coming months.
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