Different graft thicknesses after Descemet stripping endothelial keratoplasty for bullous keratopathy in the two eyes of the same patient

Objective: To describe a very unique case of two Descemet stripping automated endothelial keratoplasty (DSAEK) surgeries performed in both eyes of the same patient with an extremely different graft thickness and overall corneal thickness but with the same corrected distance visual acuity (CDVA) 2 years after surgery.

Case presentation: A 75-year-old woman with bilateral bullous keratopathy (BK) was submitted to DSAEK surgeries in both eyes, first in right and after 6 months in left eye. CDVA was 20/160 in the right eye and 20/63 in the left eye. Corneal thickness evaluated by anterior segment optical coherence tomography was 569 µm in the right eye and 560 µm in the left eye. The root mean square (RMS) was 2.1 in the right and left eyes. Endothelial cell densities were not detectable in both eyes. The estimated precut donor graft thickness from eye bank was 250 and 40 µm in the right and in the left graft, respectively. Two years after surgery CDVA was 20/25 in both eyes. Corneal thickness was 633 µm with a lenticule thickness of 206 µm in the right eye and 439 µm with a lenticule thickness of 48 µm in the left eye. The RMS was 1.7 in the right eye and 1.4 in the left eye. Endothelial cell density was 2.272 cells/mm² in the right and 2.154 cells/mm² in the left eye.

Conclusion: DSAEK was safe and effective in the treatment of BK. In our report, the visual outcome resulted to be poorly related either to donor graft thickness or to postoperative corneal thickness.

Keywords: anterior segment OCT, bullous keratopathy, Descemet stripping endothelial keratoplasty, graft thickness, visual acuity

Introduction

Descemet stripping automated endothelial keratoplasty (DSAEK) is a relatively novel surgical technique that replaces the corneal endothelium in patients with endothelial disease of various origins, with several advantages if compared with standard penetrating keratoplasty (PKP).¹

In the past years, efforts were made to develop newer strategies to implant thinner graft (ultrathin DSAEK)² up to Descemet's membrane endothelial keratoplasty (DMEK), in order to improve the final visual outcome. Thinner grafts have been correlated with a faster visual rehabilitation at the cost of more complications, such as primary graft dislocation;² therefore, nowadays it is not clear which endothelial keratoplasty technique is the best choice for the patient.³ Our report describes a case of two DSAEK surgeries performed in both eyes of the same patient with extremely different graft thickness and postoperative overall corneal thickness but the same final corrected distance visual acuity (CDVA).
Case report

A 75-year-old woman with bilateral Fuchs dystrophy developed bullous keratopathy after cataract surgery in both eyes and evidenced a diffuse and visually significant corneal edema, with no related ocular diseases. CDVA was 20/160 in the right eye (–1.50=–0.75×90°) and 20/63 in the left eye (–2.50=–1.25×90°). Corneal thickness was assessed by anterior segment optical coherence tomography (AS-OCT) (RTVue OCT Optovue Inc., Fremont, CA, USA), and it was 569 µm in the right eye and 560 µm in the left eye. The analysis of anterior corneal surface maps was performed by videokeratography (Oculus Optikgeräte GmbH, Wetzlar, Germany). Total higher-order aberrations (HOAs) and root mean square (RMS) from the third to eighth order were evaluated. The RMS was 2.1 in the right and in the left eye (Figure 1A, B).

Corneal endothelial pattern and cell density were measured by non-contact specular microscopy (Tomey EM-3000, Tomey Co., Japan); endothelial cell densities were not detectable in both eyes because of bilateral total corneal decompensation.

Patient received a comprehensive eye examination before each surgery and at 1, 6, 12, and 24 months after each DSAEK (Table 1).

| Time       | CDVA (Snellen) | Corneal thickness (µm) | Graft thickness (µm) | RMS | Endothelial count (cells/mm²) |
|------------|----------------|------------------------|----------------------|-----|------------------------------|
|            | RE | LE  | RE | LE  | RE | LE  | RE | LE  | RE | LE  |
| Before surgery | 20/160 | 20/63 | 569 | 560 | NA | NA | 2.1 | 2.1 | NA | NA |
| 1 month     | 20/50 | 20/60 | 706 | 489 | 254 | 50 | 2.0 | 1.9 | 2.315 | 2.256 |
| 6 months    | 20/30 | 20/25 | 685 | 456 | 239 | 55 | 1.7 | 1.6 | 2.302 | 2.226 |
| 12 months   | 20/25 | 20/25 | 676 | 450 | 230 | 53 | 1.7 | 1.4 | 2.296 | 2.180 |
| 24 months   | 20/25 | 20/25 | 633 | 439 | 206 | 48 | 1.7 | 1.4 | 2.272 | 2.154 |

Abbreviations: CDVA, corrected distance visual acuity; LE, left eye; NA, not available; RE, right eye; RMS, root mean square from the third to eighth higher-order aberrations.
One experienced surgeon performed DSAEK surgeries in both eyes, first in the right and after 6 months in the left eye. A temporal 4.5 mm clear cornea incision was made after administering peribulbar anesthesia and two paracenteses were made inferiorly and nasally. An anterior chamber maintenance cannula was introduced through the inferior paracentesis. Descemet stripping was carried out for a diameter of 8.0 mm using a reverse-bent Sinskey hook (ASICO, Westmont, IL, USA). Precut donor graft from eye bank (San Giovanni Eye bank of Rome, Italy), prepared using the conventional DSAEK technique of a single microkeratome pass, was trephined at a size of 8.0 mm. A Busin glide (Moria, Antony, France) was charged with the donor graft and a microincision forceps was introduced into nasal side entrance and passed through the anterior chamber to grab the graft and drag it into the eye. The air was carefully introduced into the anterior chamber to expand the graft. Twenty minutes after the injection of air, most of the air was substituted with a balanced salt solution.

Postoperative therapy for the first two weeks was 0.3% drops of tobramycin, 0.1% drops of dexamethasone, and 0.1% drops of sodium diclofenac 3 times a day. The 0.1% clobetasone butyrate drops were administered 3 times a day for the following 3 months, then gradually reduced and discontinued.

No significative intraoperative and postoperative complications were evidenced. Both grafts were attached and cleared up during the first 7 days. The grafts resulted of uniform thickness with no clinically significant interface haze (Figure 2A, B).

After 2 years, the CDVA was 20/25 in both eyes (right eye –0.50=−1.25×170°; left eye –0.50=−1.00×10°). Corneal thickness detected with AS-OCT was 633 µm, with a lenticule thickness of 206 and 439 µm, with a lenticule thickness of 48 µm, respectively, in the right and in the left eye (Figure 2C, D). Then, both grafts were different in thickness from the very beginning and did not suffer many changes during the follow-up period. The RMS was 1.7 in the right eye and 1.4 in the left eye (Figure 1C, D). Endothelial cell density was 2.272 cells/mm² in the right and 2.154 cells/mm² in the left eye.

Informed consent
Written informed consent has been provided by the patient for the publication of her case details and images.

Institutional review board approval was not required as patient was treated with approved diagnostic and therapeutic procedures according to generally accepted standards of care.

Discussion
DSAEK is a relatively novel development in corneal transplantation that replaced standard PKP in the management of endothelial dysfunctions. Visual outcomes are good in most cases after DSAEK, but the percentage of patients achieving a 20/20 CDVA vision is not as high as it could be supposed, despite the apparently clear postoperative graft, and the reasons for this suboptimal visual outcome are still unclear. Differences in the age of patients, stage, and in the duration of the disease at the time of surgery, the character-
istics of graft–host interface, the anterior stromal changes, the induced high-order aberrations, and the different graft thickness have been indicated as possible causes.6

Various studies have been published with contradictory evidence about the relationship between graft thickness and final CDVA. According to Phillips et al,7 graft thickness measurements were not correlated with the CDVA after the DSAEK with visual acuity evaluated at 1, 6, 12, or 24 months postoperatively. Terry et al8 in their retrospective-designed study have concluded that preoperative graft thickness may have a small effect on visual outcome in the extremes of thickness but not in the common range of 100–200 µm. In a recent meta-analysis, Wacker et al9 have found insufficient evidence but not in the common range of 100–200 µm. In a recent meta-analysis, Wacker et al9 have found insufficient evidence that graft thickness is clinically important with respect to CDVA after DSAEK, and then graft thickness should not be important for surgical planning. On the contrary, other authors found that thin grafts after DSAEK ensure a better visual rehabilitation, such as Acar et al10 and Busin and Albé.2

Although there is discordant evidence regarding the final visual outcome, in the last years, efforts have been made to develop newer surgical techniques to implant thinner graft.2

Nevertheless, according to a recent meta-analysis there is low evidence that DMEK is better than DSAEK in terms of final CDVA, and the difference is equivalent to reading one or two lines more on a vision chart.3

Authors have emphasized the role of anterior surface in DSAEK: the condition of the recipient cornea, especially the regularity of the anterior surface, may indeed play an important role in determining the visual outcome regardless of graft thickness. HOAs from the anterior corneal surface are higher in the eyes necessitating DSAEK for bullous keratopathy than the corresponding age controls and remain higher for 1 year after DSAEK.11 Long-lasting corneal edema and irregularity of the anterior refractive surface may lead to changes in the anterior stroma that may hinder visual acuity after DSAEK.12 The lower would be the distance from the ideal plane of various parts of the same surface considered, the more regular would be the corneal shape at all levels (anterior, interface, and posterior surface) and this is related to lower ocular aberrations.13 Even though being a single case, in our report a substantial correlation from preoperative corneal thickness with preoperative and postoperative HOAs and CDVA was not shown.

Dickman et al hypothesized that not only the single value of graft thickness but also the regularity of donor tissue in the optically relevant 6 mm central zone, as evaluated by Scheimpflug technology, is significant for the visual outcome and posterior corneal surface is better in DSAEK grafts below 100 µm of thickness. According to the same authors, in eyes with Fuchs endothelial dystrophy that are otherwise healthy, thinner grafts yield significantly better CDVA, thus confirming the previous observation by Dickman et al.13

Conclusion

Although the contrasting evidence that graft thickness is related to a better CDVA after DSAEK, several findings of various authors suggest a weak relationship. Our report describes an extreme difference of postoperative graft and corneal thickness with comparable HOAs in the two eyes of the same patient, which leads to the same final visual acuity although the precut DSAEK grafts, received from the eye bank, were prepared with the same standard technique, leading to an unplanned different thickness of the two grafts. Well-designed longitudinal studies with standardized measurements of visual acuity and graft thickness are necessary to better clarify the relationship between graft thickness and visual acuity after DSAEK surgery.

Disclosure

The authors report no conflicts of interest in this work.

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