Human epidermal growth factor receptor-2 expression in locally advanced rectal cancer: Association with response to neoadjuvant therapy and prognosis

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Rectal cancer is one of the leading causes of cancer-related deaths in the world.1 The implementation of neoadjuvant chemoradiotherapy (nCRT) following surgery reduced the local recurrence risk and increased the sphincter preservation rate of rectal cancer.2,3 For the above benefits, nCRT combined with surgery has been implemented as a standard treatment strategy of locally advanced rectal cancer (LARC).4,5 The pathological response is an important prognostic factor for LARC.6 But there is a wide spectrum of response to nCRT, ranging from none to complete. The variety of tumor response has increased the need to find a useful predictive model for the response of rectal cancer to nCRT, which may be helpful in the design of individualized treatment or early surgery in non-responders.

The HER-2 (c-erbB-2) oncoprotein is a 185-kDa transmembrane cell surface receptor of the human epidermal growth factor receptor superfamily and usually expresses on epithelial cells.7 The tyrosine kinase activity of HER-2 intracellular domain triggers signal transduction that has important roles in cell proliferation, differentiation, and survival.8 As a member of the epidermal growth factor receptor (EGFR) tyrosine kinase receptor superfamily, the HER-2 protein is extensively homologous and related to EGFR9. Expression of EGFR has been proven an indicator for tumor response to radiotherapy in head and neck carcinoma,10 as well as an indicator for poor response to nCRT in LARC.11 Kim et al.12 found a low level of EGFR expression may be a significant predictive molecular marker for increased tumor downstaging after CRT. Therefore, we raised the question whether HER-2 may play a role in predicting the response to nCRT as well.

Originally, HER-2 was widely studied in breast cancer and its overexpression has been documented in 10–34% of invasive cancer cases.13 Overexpression of HER-2 is typically correlated with higher aggression and a poorer prognostic outlook in breast cancer.14 Favorable HER-2 function in breast cancer has led to the analysis of HER-2 positivity in other solid tumors. Amplification and/or overexpression of HER-2 has been detected in endometrial15 lung,16 gastric,17,18 and esophageal cancers.19 However, the frequency of HER-2 positivity and the role of predicted survival in LARC have not been adequately studied.

In the present study, we determined the status of HER-2 in LARC before nCRT treatment and analyzed whether HER-2...
status correlated with clinicopathologic parameters, tumor response, and prognosis to characterize molecular predictive markers.

Materials and Methods

Patients and clinical assessment. The clinical and pathological features were reviewed retrospectively for the purpose of the study. All patients were diagnosed with primary rectal adenocarcinoma and localized within 15 cm above the anal verge, confirmed by rigid rectoscopy. Before treatment, TNM stage was determined by a series of examinations including physical examination, carcinoembryonic antigen serum level, peripheral blood cell count, chest computed tomography (CT), contrast-enhanced CT, and/or MRI of the abdomen and pelvis. The TNM stages were reported according to the American Joint Committee on Cancer (AJCC).(20) A total of 131 patients with clinical stage T3–T4 disease excluding distant metastasis underwent preoperative chemoradiotherapy. Twelve cases were excluded for lack of enough viable tumor cells. The baseline characteristics of the extracted 119 patients were similar to that of the overall population. Informed consent was obtained from all patients and the research protocols were approved by the Ethics Committee of Shandong Cancer Hospital and Institute.

Multimodal treatment. All patients received radiotherapy and chemotherapy followed by surgery. In brief, patients underwent whole pelvis preoperative radiotherapy with a dose of 45 Gy in 25 fractions, and then a boost of 5.4 Gy in three fractions to the primary gross tumor using 3-D conformal irradiation or four-field box technique. Twelve kinds of chemotherapeutic regimens commonly used in treating colorectal cancer and gastric cancer, the intensity of staining, and the percentage of cancer cells with staining intensity were used to determine the IHC score according to the ToGA trial.(19) Absent (IHC 0); low (IHC1+), faint intensity in 10% or more; moderate (IHC2+), weak–moderate intensity in 10% or more; and high (IHC3+), strong intensity in 10% or more of cancer cells.

Amplification of HER-2 gene. HER-2 gene amplification was assessed in all specimens by the FISH using the PathVysion HER-2 DNA Probe Kit/centromere (CEP) 17 probes (Abbott Molecular, Des Plaines, IL, USA). Briefly, 5-μm tissue slides were deparaffinized and the specimens fixed prior to assay with the PathVysion Kit. After denaturation of DNA, 10 μl probe mixture was applied to the target area of the slide and immediately a coverslip was placed on the probe. Then slides were placed in the prewarmed humidified hybridization chamber and incubated at 37°C overnight. After washing and counterstaining, the complete tissue section was scanned to detect any subpopulation of amplified cells. A total of 60 representative nuclei from the invasive tumor were scored. A specimen with an HER-2/CEP17 ratio of 2.0 or more in invasive cells was classified as HER-2 amplification consistent with ToGA guidelines.(18)

Pathologic assessment. Histopathological examination was carried out by two pathologists who were blinded to all clinical data. Pathologic TNM staging was carried out on the surgical specimens to assess for tumor downstaging analysis. Tumor response was also evaluated using the tumor regression grade (TRG) system proposed by Dworak et al (21). Details as follows: grade 0, no regression; grade 1, minor regression, dominant tumor mass with obvious fibrosis in 25% or less of the tumor mass; grade 2, moderate regression, dominantly fibrotic changes with tumor cell fibrosis in 26–50% of the tumor mass; grade 3, good regression, dominant fibrosis outgrowing the tumor mass; more than 50% of tumor regression; and grade 4, total regression, no viable tumor cells, only fibrotic mass. In the present study, TRG 3 and 4 were defined as “good response”, whereas TRG 0–2 were defined as “poor response.”

Immunohistochemical analysis of HER-2 status. Tumor samples were collected from pretreatment tumor biopsies. The HER-2 status was assessed using paraffin-embedded tissue samples that were cut into 5-μm slices. The process of staining was carried out according to the standard immunohistochemistry (IHC) protocol. Briefly, all sections were deparaffinized in xylene and rehydrated with distilled water through a graded series of ethanol solutions. Antigen retrieval was carried out under high pressure for 2 min. Non-specific binding was blocked by the application of normal rabbit serum (Beijing Zhongshan Golden Bridge Biotechnology, Beijing, China). The sections were stained with primary monoclonal rabbit anti-human HER-2 antibody (Abcam, Cambridge, UK) in humidified chamber at 37°C for 60 min, with a diluted ratio of 1:200. Secondary goat anti-rabbit antibody was incubated at 37°C for 15 min (Beijing Zhongshan Golden Bridge Biotechnology). HER-2 expression was visualized using 3,3’-diaminobenzidine and subsequently counterstained in hematoxylin. At last, all sections were dehydrated through a graded series of alcohol and xylene before being mounted under a coverslip.

Follow-up. Patients underwent a standardized post-treatment follow-up including physical examinations, carcinoembryonic antigen serum level, peripheral blood cell count, and chest X-ray every 3 months for the first 2 years and every 6 months thereafter. Patients also underwent abdominal and pelvic CT or MRI every 6 months. Colonoscopy was carried out within 1 year after treatment and then once every 2–3 years. Disease-free survival (DFS) was defined as the interval between the initiation date of treatment and any evidence of local or systemic cancer recurrence. Overall survival (OS) was defined as the interval between the initiation date of treatment and death from any causes or censored date of last contact for surviving patients with a median follow-up of 56 months.

Statistical analysis. For all the statistical analyses, sss 17.0 (SPSS Inc., Chicago, IL, USA) was used. The association of...
HER-2 status with other clinicopathologic parameters (age, sex, cT, cN, differentiation, and distance from anal verge) was assessed using the $\chi^2$-test. The association of TRG or downstaging with clinicopathologic parameters including HER-2 status was also assessed using the $\chi^2$-test. The impact of the HER-2 status on OS was determined using the Kaplan-Meier method. P-values <0.05 or 95% were considered statistically significant differences.

**Results**

**Patient characteristics.** The clinicopathological parameters of the 119 patients are detailed in Table 1. In brief, there were 70 (58.8%) male and 49 (41.2%) female with a median age of 62.1 years. Forty-two (35.3%) tumors were localized in the lower 6 cm from anal verge with 77 (64.7%) tumors localized in more than 6 cm above the anal verge. Among 119 patients with T3–4 tumors, there were 68 cases assessed as T3 and 51 cases as T4. Thirty-nine patients were clinically assessed as stage II, and 80 patients were clinically assessed as stage III. Regarding chemotherapy regimens: 24 patients received 5-FU and oxaliplatin, 32 patients received continuous infusion of 5-FU, 36 patients received capecitabine only and 27 patients received capecitabine and oxaliplatin.

A comparison between pretreatment staging results and histopathological diagnosis after surgery (Table 2) revealed AJCC downstaging in 63 (52.9%) patients. According to the histopathological TRG system, there were 52 (43.7%) patients with good response (TRG 3–4) and 67 (56.3%) patients with poor response (TRG 0–2).

**HER-2 status and correlation with clinicopathologic parameters.** There were 31 (26.0%) cases of the 119 investigated patients with locally advanced rectal cancer classified as IHC score 0, 29 (24.4%) cases classified as IHC score 1+, 42 (35.3%) cases classified as IHC score 2+, and 17 (14.3%) cases classified as IHC score 3+ (Fig. 1). Amplification of the HER-2 gene was detected in 5% (3/60) of IHC 0–1, 12% (5/42) of IHC 2+, and 94% (16/17) of IHC 3+ samples (Fig. 2).

The HER-2 status was defined as positive if tissue samples were scored as IHC3+ or IHC 2+ plus gene-amplified, which is the group that derived greatest benefit from trastuzumab in ToGA(18) and the standard approved in Europe for trastuzumab eligibility(22). The remaining cases were considered HER-2 negative if they were scored as IHC 0–1 or IHC 2+ without gene-amplification. In all, 17 cases scored as IHC3+ and 5 cases scored as IHC 2+ plus gene-amplified were determined as HER-2 positive. Correlation analyses showed a lack of significant association of HER-2 positivity with any pretreatment clinicopathologic parameters such as sex, age, differentiation, cT, cN, or AJCC stage.

Correlations between clinicopathological parameters and tumor response. To determine the ability of clinicopathological parameters to predict downstaging and good histopathological tumor response to nCRT, the $\chi^2$-test was used (Table 3). Lack of node metastasis showed significant correlation with downstaging ($P = 0.036$) and good tumor regression ($P = 0.019$). Tumors graded as T3 were more likely to achieve good response than those graded as T4 ($P = 0.048$). Based on AJCC staging analysis, 9 cases in 22 HER-2-positive patients achieved downstaging, and 54 cases in 97 HER-2-negative patients ($P = 0.210$). Base on TRG analysis, 6 cases in 22 HER-2-positive patients achieved good response, and 46 cases in 97 HER-2-negative patients ($P = 0.085$). It seemed that HER-2-negative tumors might be more sensitive to nCRT. However, the associations both in downstaging and TRG response were not statistically significant ($P = 0.210$ and $P = 0.085$).

Survival analysis. Node status (N), HER-2 status, and depth of invasion (T) were found to be significantly correlated with 5-year DFS and OS, as listed in Table 4. The 5-year DFS of 22 patients with HER-2 positive status was significantly shorter than that of 97 patients with HER-2 negative status.
Discussion

In this study, we determined the HER-2 frequency in LARC by FISH and IHC. In the pretreatment biopsies, 17 cases with IHC 3+ and 5 cases with IHC 2+ plus gene-amplification were determined as HER-2 positive. The positivity of 18.5% was not consistent with other previously published reports. Park et al. detected positive immunostaining (2+ or 3+) for the HER-2 protein in 65 (47.4%) of the 137 colorectal carcinomas. Drebber et al. found HER-2 staining in 27% of 54 rectal cancers biopsies. In a quite recent study, HER-2 expression analysis of CRC tissues revealed HER-2 moderate overexpression in 13 (14%) patients and strong overexpression in 10 (11%) patients. This discrepancy between our results and those of the previous studies can be explained by following factors. First, the standard for HER-2 positivity is varied, even in Park’s study both IHC 2+ and IHC 3+ considered as HER-2 positive. Second, as indicated in the previous report, there were differences of HER-2 positivity between biopsies and resected regimens. More importantly, most studies just determined the HER-2 status by IHC. We used both IHC and FISH to assess the status of HER-2, which may have influenced results. In line with previous studies, we did not find any correlation between HER-2 positivity and clinicopathologic parameters.

Human epidermal growth factor receptor-2 is a therapeutic target in a variety of malignant tumors. It has been used to forecast patients’ therapeutic response to adjuvant chemother-apy and endocrine therapy in breast cancer. In metastatic colorectal cancer patients, HER-2 gene copy number status was indicated to correlate with the clinical response to anti-EGFR-targeted therapy. In this study, we determined the association between HER-2 status and the pathologic response to nCRT in LARC based on the tumor regression grade system and downstaging system.

The TRG system proposed by Dworak in resected specimens is a method to assess treatment response to neoadjuvant therapy and could be used for assessing tumor response and for early determination of treatment efficacy. Based on TRG analysis, 6 cases in 22 HER-2-positive patients achieved good response, as did 46 (47%) cases in 97 HER-2-negative patients. Tumor–node–metastasis downstaging has also been widely used to assess tumor response in LARC. After comparing the pretreatment staging results with histopathological diagnosis after surgery, we found 9 (41%) cases in 22 HER-2-positive patients achieved downstaging, as did 54 (56%) cases in 97 HER-2-negative patients. The associations both in downstaging and TRG response were not statistically significant. The results from our current study are in accordance with the previous study. But our study, for the first time, provides us with a trend that HER-2-positive tumors may be resistant to nCRT.

Overexpression of HER-2 has been found to serve as an independent predictor of shorter OS and DFS in many solid tumors. However, data with respect to the putative role of HER-2 as an independent prognostic parameter in rectal cancer have so far been conflicting. A study from Japan reported OS for Dukes stage B patients was significantly lower in the group with cytoplasmic HER-2 overexpression compared to the group without expression. Lim et al. detected HER-2 overexpression in 23 patients (25%) and found the OS and DFS of patients negative for HER-2 expression was significantly better than that of patients positive for HER-2 expression (P = 0.018 and 0.021). The results from our
# Table 3. Correlations between clinicopathological parameters and tumor response in patients with locally advanced rectal cancer

| Clinicopathological parameters | Cases | TNM | TRG |
|-------------------------------|-------|-----|-----|
|                              |       | Downstaging | Non-downstaging | P-value | Good response | Poor response | P-value |
| **Age, years**                |       | 26 (41) | 24 (43) | 0.861 | 25 (48) | 25 (37) | 0.238 |
| <62                           | 50    |       |       |       |       |       |       |
| ≥62                           | 69    | 37 (59) | 32 (57) |       | 27 (52) | 42 (63) |       |
| **Sex**                       |       |       |       |       |       |       |       |
| Male                          | 74    | 44 (70) | 30 (54) | 0.303 | 35 (67) | 39 (58) | 0.310 |
| Female                        | 45    | 19 (30) | 26 (46) |       | 17 (33) | 28 (42) |       |
| **Distance from anal verge, cm** |       |       |       |       |       |       |       |
| <6                            | 42    | 24 (38) | 18 (32) | 0.498 | 19 (36) | 23 (34) | 0.802 |
| ≥6                            | 77    | 39 (62) | 38 (68) |       | 33 (63) | 44 (66) |       |
| **Histology**                 |       |       |       |       |       |       |       |
| Differentiated                | 66    | 32 (51) | 34 (61) | 0.277 | 25 (48) | 41 (61) | 0.153 |
| Undifferentiated              | 53    | 31 (49) | 22 (39) |       | 27 (52) | 26 (39) |       |
| **cT stage**                  |       |       |       |       |       |       |       |
| 3                             | 68    | 37 (59) | 31 (55) | 0.528 | 35 (67) | 33 (49) | 0.048 |
| 4                             | 51    | 26 (41) | 25 (45) |       | 17 (33) | 34 (51) |       |
| **cN stage**                  |       |       |       |       |       |       |       |
| Negative                      | 39    | 26 (41) | 13 (23) | 0.036 | 23 (44) | 16 (24) | 0.019 |
| Positive                      | 80    | 37 (59) | 43 (77) |       | 29 (56) | 51 (76) |       |
| **AJCC stage**                |       |       |       |       |       |       |       |
| II                            | 39    | 22 (35) | 17 (30) | 0.597 | 20 (38) | 19 (28) | 0.244 |
| III                           | 80    | 41 (65) | 39 (69) |       | 32 (61) | 48 (72) |       |
| **Chemotherapy regimens**     |       |       |       |       |       |       |       |
| 5-FU/capcitabine              | 68    | 32 (51) | 36 (64) | 0.138 | 27 (52) | 41 (61) | 0.239 |
| Capecitabine/5-FU and oxaliplatin | 51    | 31 (49) | 20 (36) |       | 25 (48) | 26 (39) |       |
| **HER-2**                     |       |       |       |       |       |       |       |
| Positive                      | 22    | 9 (14)  | 13 (23) | 0.210 | 6 (12)  | 16 (24) | 0.085 |
| Negative                      | 97    | 54 (86) | 43 (77) |       | 46 (88) | 51 (76) |       |

5-FU, 5-fluorouracil; AJCC, American Joint Committee on Cancer; HER-2, human epidermal growth factor receptor-2; TRG, tumor regression grade.

# Table 4. Correlations between clinicopathological parameters and survival in locally advanced rectal cancer

| Parameters | Cases | 5-year DFS, % | P-value | 5-year OS, % | P-value |
|------------|-------|---------------|---------|--------------|---------|
| **Age, years** |       |               |         |              |         |
| <62        | 50    | 66.3          | 0.801   | 80.1         | 0.391   |
| ≥62        | 69    | 62.3          |         | 68.5         |         |
| **Sex**    |       |               |         |              |         |
| Male       | 74    | 65.6          | 0.629   | 74.1         | 0.924   |
| Female     | 45    | 61.3          |         | 71.1         |         |
| **Distance from anal verge, cm** |       |               |         |              |         |
| <6         | 42    | 61.2          | 0.379   | 72.5         | 0.731   |
| ≥6         | 77    | 65.3          |         | 73.0         |         |
| **Histology** |      |               |         |              |         |
| Differentiated | 66    | 66.0          | 0.893   | 77.9         | 0.338   |
| Undifferentiated | 53    | 61.8          |         | 67.5         |         |
| **cT stage** |       |               |         |              |         |
| 3          | 68    | 70.3          | 0.037   | 78.7         | 0.041   |
| 4          | 51    | 55.3          |         | 63.1         |         |
| **cN stage** |       |               |         |              |         |
| Negative   | 39    | 77.1          | 0.021   | 84.2         | 0.027   |
| Positive   | 80    | 57.2          |         | 65.9         |         |
| **Chemotherapy regimens**     |       |               |         |              |         |
| 5-FU/capcitabine              | 68    | 60.7          | 0.213   | 72.6         | 0.346   |
| Capecitabine/5-FU and oxaliplatin | 51    | 68.4          |         | 75.0         |         |
| **HER-2** |       |               |         |              |         |
| Positive   | 22    | 50.8          | 0.015   | 55.6         | 0.026   |
| Negative   | 97    | 67.2          |         | 76.8         |         |

5-FU, 5-fluorouracil; DFS, disease-free survival; HER-2, human epidermal growth factor receptor-2; OS, overall survival.
current study are in accordance with those of the above-mentioned study. Both DFS and OS of patients with HER-2 positivity were indicated to be significantly shorter than those of patients with HER-2 negativity (P = 0.015 and P = 0.026, respectively). However, our study does not support the associations observed in other studies between HER-2 status and prognosis. Based on analysis of pretherapeutic biopsies, Dreb et al. (21) found patients with a higher HER-2 expression showed a significant survival benefit compared with patients having low protein levels. With a median follow-up of 46.5 months, patients with HER-2 positivity showed in trend a better DFS (P = 0.1) and a significant benefit in cancer-specific survival (P = 0.03). (24) We speculate that several reasons can explain the conflict between studies. First, different detection methods were used. Second, the discrepancies between data from Asia and data from Europe and North America may, at least partly, influence the results. Finally, the inherent limitation of previous studies was that the number of patients was small. Only 22 tumors in our study were determined to be HER-2-positive, which may contribute to discrepancies and errors in the results. Large consistent cohort studies and multicenter trials are needed to further validate the role of HER-2 status in rectal cancer.

However, some inherent limitations of this study might lead to biased results. First, the current study was retrospective and the number of patients was limited. Second, the chemotherapeutic regimens were various, which might influence patient response to CRT and prognosis. In this study, patients in the 5-FU/capecitabine and oxaliplatin group had better a response rate and a little longer DFS and OS than patients in the 5-FU/capecitabine group, but the difference was not statistically significant. The results are in accordance with a previous study. (33–35) It was hypothesized that radiotherapy with optimal radiosensitization by 5-FU/capecitabine already maximizes tumor responses and improvement in prognosis with little room for further improvement with the incorporation of oxaliplatin. (35)

In summary, 22 cases in 119 patients classified as IHC 3+ or IHC 2+ plus gene-amplified were determined as HER-2 positive. HER-2 positivity was not associated with tumor response to nCRT in LARC, but it provided us with a trend that HER-2-positive tumors may be resistant to nCRT. HER-2 positivity before nCRT was significantly associated with poor 5-year DFS (P = 0.015) and 5-year OS (P = 0.026). To further validate the role of HER-2 status in rectal cancer, large consistent cohort studies are needed.

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