Synergistic antibacterial activity of physical-chemical multi-mechanism by TiO$_2$ nanorod arrays for safe biofilm eradication on implant

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ABSTRACT

Treatment of implant-associated infection is becoming more challenging, especially when bacterial biofilms form on the surface of the implants. Developing multi-mechanism antibacterial methods to combat bacterial biofilm infections by the synergistic effects are superior to those based on single modality due to avoiding the adverse effects arising from the latter. In this work, TiO$_2$ nanorod arrays in combination with irradiation with 808 near-infrared (NIR) light are proven to eradicate single specie biofilms by combining photothermal therapy, photodynamic therapy, and physical killing of bacteria. The TiO$_2$ nanorod arrays possess efficient photothermal conversion ability and produce a small amount of reactive oxygen species (ROS). Physiologically, the combined actions of hyperthermia, ROS, and puncturing by nanorods give rise to excellent antibacterial properties on titanium requiring irradiation for only 15 min as demonstrated by our experiments conducted in vitro and in vivo. More importantly, bone biofilm infection is successfully treated efficiently by the synergistic antibacterial effects and at the same time, the TiO$_2$ nanorod arrays improve the new bone formation around implants. In this protocol, besides the biocompatible TiO$_2$ nanorod arrays, an extra photosensitizer is not needed and no other ions would be released. Our findings reveal a rapid bacteria-killing method based on the multiple synergetic antibacterial modalities with high biosafety that can be implemented in vitro and obviate the need for a second operation. The concept and antibacterial system described here have high clinical potential in orthopedic and dental applications.

1. Introduction

The demand for orthopedic and dental implants is increasing as people live longer and the quality of people’s life continues to improve worldwide. Implant-related infections induced by bacteria, especially bacterial biofilms, are one of the major causes of implant failure [1]. The abuse of antibiotics has led to multidrug-resistant bacteria, which is rendering conventional treatment ineffective. In serious cases, a second surgery to remove the infected implants is necessary consequently increasing health cost and patient trauma [2]. Therefore, there is much research focus in endowing the surface of implants with the self-antibacterial ability. Fabrication of such surfaces fall into two categories, chemical methods based on the release of antimicrobial agents such as inorganic metal ions (Ag$^+$, Cu$^{2+}$, Zn$^{2+}$, Mg$^{2+}$, etc.) and organic antimicrobial agents and antibiotics [3–7] as well as physical approaches that produce special surface structures [8–11] that resist bacteria colonization but support cell adhesion and proliferation. Both techniques have advantages and drawbacks. With regard to chemical methods, incorporation of metal ions can endow biomaterials with excellent antibacterial activity but may produce adverse side effects [10] and organic antimicrobial agents tend to have weak antibacterial activity and poor long-term performance [7]. In fact, overuse of antibiotics has led to antimicrobial resistance and super bacteria [12]. In contrast, physical surface structures are safer and more sustainable. Since the...
discovery that the cicada wing surfaces can kill bacteria based on the rupturing mechanism by the nanoscale pillar arrays [13], this mechanism has attracted much interest but there are limitations. For example, cicada wings only kill gram negative bacteria effectively but not gram positive bacteria [14]. Nanostructured black silicon can kill S. aureus and P. aeruginosa in very short time in a nutrient deficient environment but in a nutrient rich environment, the bacteria could survive up to 6 h [8]. It has also been reported that nanostructured bactericidal surfaces can only kill attached microbes [15] and in general, a nanostructured surface is inefficient and may not prevent post-surgical infection on implants effectively.

Recently, phototherapy including photodynamic antibacterial (PDA) and photothermal antibacterial (PTA) has received extensive attention due to the high antibacterial efficiency [16]. PDA is based on the principle that photocatalytic materials can generate reactive oxygen species (ROS) upon visible or near-infrared (NIR) light to oxidize phospholipids and proteins of bacteria, while an excess amount of ROS may cause cytotoxic effects [17]. PTA relies on photothermal agents that convert NIR light into local heating to kill bacteria, while the major problem of this type of therapy is that it is difficult to kill bacteria at the temperature that can be tolerated by the human body [18]. Interestingly, the synergistic effects of hyperthermia and ROS which both are in the safe range can kill bacteria rapidly and efficiently. Therefore, the combination of PTA with PDA to prevent bacterial infection has attracted more attention and in fact shown promising antibacterial effects [19,20]. However, the long-term safety of the common photocatalytic and photothermal materials such as carbon-based nanomaterials [21], black phosphorus [22], red phosphorus [19], MoS2 [23–25], gold nanoparticles [26], and copper sulfide [27] remains to be seen in vivo.

TiO2 has unique characteristics such as excellent biocompatibility, mechanical properties, and corrosion resistance [28] in addition to the photocatalytic capability. However, the band gap of TiO2 is 3.2 eV thereby requiring activation by ultraviolet (UV) light which greatly limits practical applications [29] and in vivo investigation on bacteria killing in vivo by pure TiO2 as the photocatalytic or photothermal materials is quite rare. In this study, amphoteric antimicrobial capability based on the combining photothermal therapy, photodynamic therapy and physical killing by TiO2 nanostructures under the irradiation of 808 nm NIR light is proposed. TiO2 nanorod arrays are demonstrated to be an efficient photosensitizer in antibacterial applications by combining irradiation with 808 nm NIR light and physical killing by nanorod arrays. The TiO2 nanorod arrays are hydrothermally prepared on Ti and the surface temperature of the TiO2 nanorod arrays rise to a range that the human body can withstand for a short period of time during irradiation with NIR light. The combined actions of generated hyperthermia, ROS, and puncturing by nanorods produce superior anti-bacterial and anti-biofilm activities in vitro and in vivo. At the same time, the nanorod arrays improve cell adhesion, proliferation, and osteogenic differentiation consequently accelerating bone tissue regeneration and irradiation with 808 nm NIR light does not impair the growth of osteoblasts.

2. Experimental

2.1. Preparation of nanorod arrays and sample characterization

The TiO2 nanostructures were prepared by a hydrothermal reaction with a polished Ti metal foil in a sodium hydroxide (NaOH) solution and the ordered TiO2 nanorod arrays were fabricated by ion exchange in hydrochloric acid followed by annealing in air. The Ti foil specimens (2.5 × 3.0 cm2) were ultrasonically cleaned with acetone, alcohol, and distilled water for 5 min sequentially. A piece of the Ti foil was placed against the wall of a 40 mL Teflon-lined stainless steel autoclave filled with 30 mL of 1 M NaOH and the sealed autoclave was put in an electric oven at 220 °C for 1, 2, 3, and 4 h. The samples covered with Na2Ti6O13 nanostructures were immersed in 1 M HCl for 30 min to replace Na+ with H+ to produce the H2Ti3O7·H2O nanostructures. The specimens were removed from HCl, rinsed with water and ethanol, and dried under ambient conditions. The TiO2 nanostructures were prepared by heating the H2Ti3O7·H2O at 450 °C in a muffle furnace for 2 h and the samples were labeled NS1, NS2, NS3, and NS4 according to hydro-thermal time of 1, 2, 3, and 4 h, respectively. The samples were characterized by field emission scanning electron microscopy (FE-SEM, JSM-7001 F, JEOL), atomic force microscopy (AFM, XE-100, Park Systems) and high-resolution transmission electron microscopy (HR-TEM, JEM-2100F, JEOL). The phase constituents of the nanostructures were analyzed using X-ray diffraction (XRD, Rigaku Dmax-3C, Cu Kα radiation). The chemical states were determined by X-ray photoelectron spectroscopy (XPS, K-Alpha, Thermo Fisher Scientific) with Al Kα radiation. The surface hydrophilicity of the polished Ti and nanostructures was determined by the sessile drop method on the Rame-Hart instrument (USA) at room temperature. A droplet of water was put onto the dry surface and the contact angle was calculated by a circle segment function of the DSA 1.8 software. The UV–vis–NIR absorption and reflectance spectra were acquired on the 46 solidspec-3700 spectrophotometer UV-2 (Shimadzu, Japan) between 300 and 900 nm.

2.2. Photothermal effects

The Ti and TiO2 nanostructures (NS1, NS2, NS3 and NS4) (1.0 × 1.0 cm2) were immersed in 1 mL of phosphate buffer saline (PBS) and then exposed to 808 nm NIR light (0.6, 0.8, 1.0 and 1.2 W cm−2) for 15 min. The temperature of the samples was determined by a thermal camera (FLIR C2, USA) at an interval of 1 min. After irradiation, the cooling temperature was recorded every minute until the temperature was near room temperature.

2.3. Detection of 1O2 and ·OH

1O2 and ·OH generation from the TiO2 nanostructures upon 808 nm NIR light (1.0 W cm−2) was detected to evaluate the photodynamic properties. The pure Ti was used as the controls. The samples were immersed in 3 mL of 1,3-diphenylisobenzofuran (DPBF) and methyl violet, respectively and after irradiation with NIR light for 15 min, the optical densities of the solutions were determined by UV–vis spectrophotometry.

2.4. In vitro antibacterial properties

The antibacterial activity of the sterilized samples was evaluated against Gram-negative (E. coli, ATCC10536) and Gram-positive (S. aureus, ATCC25923) bacteria. The broth for culturing the bacteria was made by dissolving 5.0 g flesh extract, 5.0 g NaCl and 10.0 g peptone into 1000 mL of distilled water with the pH adjusted to 7.0–7.2. After 12 h culture in a 37 °C incubator, bacterial suspensions were then centrifuged, washed and resuspended in 0.9% physiological saline solution for further use. Each bacterial suspension was independently adjusted by measuring its optical density at 600 nm. The sterilized samples were placed in a 24-well plate and 1 mL of the bacterial suspension at a concentration of 1 × 107 CFU/mL (OD600 = 0.5 for S. aureus and OD600 = 1.0 for E. coli) in exponential growth phase was added to each sample. The samples were irradiated with 808 nm NIR light with different power densities of 0.6, 0.8, 1.0, and 1.2 W cm−2 for 15 min. After the treatment, the samples were rinsed with PBS to detach the bacteria from the surfaces. Meanwhile, the bacteria suspension was diluted 100 times and 80 μL of the diluted bacteria solution were spread on agar plates for CFU analysis. After incubation at 37 °C for 24 h, the bacterial colonies were counted and the antibacterial ratio was calculated by the following formula: R = [(A0 − λt/λ0) × 100%, in which R is the antibacterial rate (%), λ0 is the average number of viable bacteria on control sample and λt is the average number of viable
bacteria on Ti, NS1, NS2, NS3 and NS4 under NIR light irradiation. The Ti group without irradiation constituted the control.

After irradiated with 808 nm NIR light of 0.8 W cm$^{-2}$ for 15 min, the adherent bacteria on Ti, NS1, NS2, NS3, and NS4 were fixed with 2.5% glutaraldehyde for 2 h, dehydrated with a series of graded ethanol (20–100%), freeze dried, and sputter-coated with platinum for SEM observation.

2.5. In vitro antibiofilm assay

E. coli and S. aureus were used to evaluate the antibiofilm activity. 2 mL of the bacterial solution at a concentration of 1 × 10$^8$ CFU/mL were cultivated on the samples for 48 h to form biofilms. The culture medium was changed every 12 h and the samples were irradiated with the 808 nm laser (0.8 W cm$^{-2}$) for 15 min. The biofilms were stained with mixed dye (LIVE/DEAD BacLight bacteria viability kits) in darkness for 15 min, washed with PBS. Then, four regions of 1000 nm × 1000 nm were stochastically photographed by confocal scanning laser microscope (CLSM, C2 Plus, Nikon) with a magnification of 100 times to live/dead assay of biofilm. The resolution of CLSM scanning is 10 μm.

In fluorescent staining, the samples with biofilm were stained with acridine orange, and four regions of 1000 nm × 1000 nm were stochastically photographed by confocal scanning laser microscope (CLSM, C2 Plus, Nikon) with a magnification of 100 times.

2.6. Bacterial membrane permeability assay

The permeability of bacterial cell membrane on the surface of Ti and NS4 was investigated by Ortho-nitrophenyl-β-galactoside (ONPG). After treatment with 808 nm light (0.8 W cm$^{-2}$) for 15 min or without light irradiation, the samples were analyzed by ONPG assay kit. The supernatant absorbance was recorded at 420 nm.

2.7. Protein leakage

Ti and NS4 were placed in 1 mL bacterial suspension (5 × 10$^7$ CFU/mL). After treatment with 808 nm light (0.8 W cm$^{-2}$) or without light irradiation, the bacterial suspension was centrifuged at 5000 rpm for 10 min at 4 °C. Following that, the amount of protein leaked into the supernatant was determined by an assay kit (cat# P0009; Beyotime).

2.8. Biocompatibility assessment

The osteoblasts (MC3T3-E1, Shanghai Chinese Academy of Sciences, Catalog number: GNM15) were cultured with Minimum Essential Medium Alpha Medium (MEM, Gibco, America) supplemented with 10% of fetal bovine serum (FBS, Sijiqing, China) and 1% of antibiotic–antimycotic solution consisting of 100 units/mL penicillin and 100 mg/mL streptomycin at 37 °C in a humidified incubator filled with 5% CO$_2$ and 95% air. Pure Ti was used as the control. The osteoblasts were incubated on the Ti and TiO$_2$ nanostructures with a density of 2 × 10$^4$ cells/cm$^2$ with the normal complete medium and the culture medium was refreshed every other day. The cell viability was evaluated quantitatively by the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay. After incubation for 1, 3, and 5 days on the samples, the cell-adhered specimens were washed with PBS and 1 mL of MTT solution (5 mg/mL) were added and incubated at 37 °C for 4 h. 1 mL of dimethyl sulfoxide (DMSO, Sigma, USA) was used to dissolve the formazan. 100 μL of the dissolved formazan from each well were transferred to a 96-well plate to measure the optical density (OD) on a microplate reader (Infinite F50, TECAN) at a wavelength of 490 nm. Fluorescent staining was performed to observe the cell morphology on the samples. After culturing for 24 h, the cells were fixed with 4% paraformaldehyde for 30 min, stained with fluorescein isothiocyanate (FITC)-phalloidin (Sigma, USA) in darkness for 1 h, and counter stained with 4,6-diamidino-2-phenylindole (DAPI; Sigma, USA) in darkness for 20 min. The fluorescent images were captured under a CLSM. Furthermore, to explore the safety of the nanostructures with the 808 nm light irradiation, a control group was conducted after cells exposed to light for 15 min. After culturing for 24 and 48 h, the fluorescent images were captured.

2.9. Intracellular Alkaline Phosphatase (ALP) activity, collagen secretion, and extracellular matrix (ECM) mineralization

After culturing for 4 and 7 days, the MC3T3-E1 cells were lysed in the PBS solution with 1% Triton X-100 and incubated at 37 °C for 30 min. The ALP activity was determined by the bicinchoninic acid protein assay kit (cat# P0321; Beyotime, China) and type I collagen secretion of Ti and TiO$_2$ nanostructures was quantitatively tested by Direct Red (Sigma, America). After osteogenic induction for 7 and 14 days, the MC3T3-E1 cells were fixed with PFA and stained with Direct Red, washed with acetic acid, and immersed in a fading solution to elute the stain. Finally, the OD was measured at 570 nm. Extracellular matrix (ECM) mineralization was tested by Alizarin Red (aladin, China). Similarly, after culturing for 7 and 14 days, the MC3T3-E1 cells were fixed in ethanol and stained with Alizarin Red S for ECM mineralization. The mineralized nodules were eluted with hexadecyl pyridinium chloride and the OD of the solution was measured at 570 nm.

2.10. Osteogenic-related gene expression

The MC3T3-E1 cells were harvested to assess gene expression after culturing for 7 days. The total RNA was isolated from OBs for the real-time quantitative polymerase chain reaction (RT-qPCR) using Eastep® Super Total RNA Extraction Kit (Promega). The complementary DNA was synthesized from total RNA using the PrimeScript™ RT reagent Kit with gDNA Eraser (Takara) and expressions of the runt-related transcription factor 2 (Runx2) and osteocalcin (OCN) were assayed by the StepOne RT-qPCR System (Applied Biosystems) with the TB Green™ Premix Ex Taq™ II (Takara). The primer sequences used in RT-qPCR are presented in Table S1. The comparative CT (ΔΔCT) method was used to calculate the relative expression of the target genes compared with the control negative group (osteoblasts seeded on the blank culture plate and cultured with the normal complete medium) after calibrating with the GAPDH RNA content.

2.11. Animal experiments

Male Kunming mice (300–320 g body weight) were purchased from Shanxi Medical University. A mouse subcutaneous infection model was firstly adopted and the animal procedures were conducted under the guidance of the Institutional Animal Care. Both the conventional antibacterial assay and antibiofilm assay in vivo against S. aureus were performed. Twenty-four mice were individually raised in cages for 3 days and randomly divided into four groups (six in each group): Ti + bacteria solution, NS4 + bacteria solution, TiO$_2$ + biolfilm and NS4 + biolfilm. The mice were anesthetized using four percent pentobarbital (0.4 mL per 100 g) by intraperitoneal injection. The induction time was 10 min and anesthesia duration was about 80 min. For the antibacterial assay, the samples 10 mm long and 5 mm wide were soaked in 50 μL of S. aureus (1 × 10$^7$ CFU/mL) for 1 h and then implanted into the subcutaneous tissue on the back of the mice. For the antibiofilm assay, 2 mL of the bacterial solution (10$^7$ CFU/mL) were cultivated on the samples for 48 h to form biofilms and the same size samples with biofilms were implanted into the subcutaneous tissue on the back of the mice. The wound site of the mouse was irradiated with 808 nm NIR light for 15 min with the maximum temperature kept below 50 °C. After feeding for 2 days, half of the mice were euthanized. The infected tissues from each group were obtained to
seed on a standard agar culture plate to investigate the antibacterial properties by spread plate analysis. The tissues attached to the samples were harvested and soaked in 4% paraformaldehyde for fixing, washed with PBS, dehydrated in gradient ethanol solutions (75, 85, 90, 95 and 100%), filtered with xylene and paraffin, and embedding with paraffin. After staining with H&E and Giemsa, the histological pictures were obtained on an optical microscope (Leica RM2016, Leica Microsystems, Germany). The other mice were fed for 14 days and the sections of the infected site were subjected to H&E staining.

For in vivo osteogenic activity assay, twelve mice were individually raised in cages for 3 days and randomly divided into two groups (six in each group): Ti + biofilm and NS4 + biofilm. The mice were first anesthetized with 10% chloral hydrate, then a narrow hole with a diameter of 1.5 mm was created at the tibia using a surgical drill. Following that, the implants with S. aureus biofilm were gently inserted into the holes, and then the soft tissue and skin were sutured. At the first postoperative day, the implantation site was irradiated with 808 nm laser as the same parameters of subcutaneous experiments in vivo. After 2 days feeding, three mice were sacrificed in each group and the implants were removed. The antibacterial properties in vivo were evaluated by spread plate and staining of soft tissue. The remaining mice were sacrificed for the evaluation of the osseointegration.

Micro-CT (viva-CT 40, Scanco Medical AG, Basserdorf, Switzerland) was performed to observe the new bone formation on the implants. The resolution of micro-CT scanning is 10 µm. Different thresholding procedure was used to distinguish bone and titanium implant (σ = 0.8, support = 1, threshold for bone = 35, and threshold for implant = 211). The scanning images were reconstructed to obtain 3D images and quantitate the new bone volume (BV), percentage of bone volume to tissue volume (%), BV/TV). Safranin-O/Fast Green staining and Methylene Blue – Acid Fuchsin staining were also used to assess the new formed bone on the surface of the implants.

2.12. Statistical analysis

All the experiments were performed in triplicate and the experimental data were expressed as mean ± standard deviation using SPSS 14.0 software. One-way ANOVA followed by Student-Newman-Keuls post hoc test was employed to determine the level of significance. In the statistical evaluation, *p < 0.05, **p < 0.01 and ***p < 0.001 were regarded as significant, highly significant, and extremely significant, respectively.

3. Results

3.1. Sample characterisation

The morphology of the TiO2 nanostructures can be tuned by varying the time of the hydrothermal treatment [33]. Four TiO2 nanostructures were fabricated on Ti for different reaction time of 1, 2, 3, and 4 h and the corresponding nanostructures are designated as NS1, NS2, NS3, and NS4, respectively. The SEM images in Fig. 1 and Figure S 1 reveal that NS1 has a homogeneous 2D nanoleaf pattern. The leaves have a micro size laterally and nanosize in thickness. When the hydrothermal time is increased to 2 h (NS2), the lateral dimensions of the leaves decrease but the thickness increases. As the hydrothermal time is increased further, the nanoleaf structure morphs into a nanorod-like morphology and some sheet-like structures still exist after 3 h (NS3). A nanorod structure with a diameter of 40–50 nm and length of about 1 μm is obtained after 4 h (NS4). Fig. 1 b shows the TEM image of the nanorod in NS4 with a diameter of 45 nm consistent with SEM. In addition to the phase of TiO2, the residual H2Ti2O5 is also observed [33]. XPS is carried out to determine the chemical states and as shown in Fig. 1 c, Ti and O are present and Ti is in the form of Ti4+. Fig. 1 d shows the XRD patterns of the nanostructures. The main phases are TiO2 and pure Ti, and the TiO2 phase is mainly composed of anatase. No feature peaks of H2Ti2O5 phase are detected due to the low concentration in the nanostructures. As shown in Figure S 2 and Fig. 1 e, the root-mean-square roughness increases with hydrothermal time. The water contact angles on the Ti and TiO2 nanostructures are presented in Fig. 1 f. The contact angles of NS1, NS2, NS3, and NS4 are less than 3° indicating that the TiO2 nanostructures improves the hydrophilicity of Ti. To investigate the effect of NIR light irradiation on the wettability, the contact angles of Ti and NS4 were measured after light exposure for 1, 2 and 3 h. As shown in Figure S 3, there is no significant difference in the contact angles, suggesting that the irradiation of NIR light have no effect on the hydrophilicity.

3.2. Light-to-heat conversion

To evaluate the photothermal conversion ability, the Ti and nanostructured samples were irradiated with an 808 nm NIR laser in PBS with different power densities (0.6, 0.8, 1.0 and 1.2 W cm−2). As shown in Figure S 4 and Fig. 2 b, the temperature of the samples depends on the light power and illumination time [34,35]. In general, the temperature elevation increases with power as well as irradiation time finally reaching a plateau. The nanostructures also have large effects on the surface temperature. Ti possesses a certain photothermal conversion capacity and the highest temperature upon irradiation with the different power densities is 39.7, 50.0, 52.4, and 56.4 °C respectively. Under the same irradiation conditions, the temperature of NS1, NS2, NS3, and NS4 is higher than that of Ti. The temperature increase of NS1 is slightly less than that of the others but no appreciable difference is found among NS2, NS3, and NS4. The maximum stable temperature of NS1, NS2, NS3, and NS4 for different power densities is 48.2, 56.5, 59.5, and 64.1 °C, respectively. The surface temperature of the samples irradiated with NIR light in air with a power of 0.8 W cm−2 is investigated and shown in Fig. 2 a. The samples reach the temperature after 5 min and the temperature of Ti, NS1, NS2, NS3, and NS4 remains stable at 93.7, 113.6, 138.3, 146.3, and 152.1 °C, respectively, demonstrating that the TiO2 nanostructures possess better photothermal conversion ability. As shown in Fig. 2 c, with or without NIR light irradiation, the temperature exhibits a stable on-off effect and the same phenomenon can be observed in subsequent cycles indicating the excellent photothermal stability of the nanostructures. The cooling curves after turning off the light are shown in Figure S 5 and Fig. 2 d which show that the surface temperature of all the samples diminishes rapidly reduced within 1 min and then gradually.

The optical properties play a major role in the photothermal response and the UV–Vis–NIR spectra were acquired from Ti and NS4. As shown in Figure S 6a, NS4 shows strong absorption in the UV region because of the TiO2 nanostructures doped with little H2Ti2O5. Compared to Ti, NS4 exhibits obviously enhanced absorbance in the visible to NIR wavelengths. The reflectivity and absorptivity of Ti and NS4 at 808 nm are shown in Figure S 6b. NS4 has higher absorption and lower reflectivity than Ti corroborating the excellent photothermal conversion efficiency of NS4. In addition to the intrinsic optical properties of TiO2, we believe that the nanostructures make major contributions to the photothermal effects [36]. The nanostructures can improve the heat-transfer performance [37,38] thus facilitating photothermal conversion. Moreover, the heat generated in photocatalysis may also contribute to the rising temperature but the process may produce very little heat due to weak photocatalysis of TiO2 when irradiated with 808 NIR light.

3.3. ·OH and 1O2 Detection

Generally, TiO2 is not considered to possess NIR light photocatalytic activity [28,29]. However, the TiO2 nanostructures doped with little H2Ti2O5 can produce a trace amount of ROS when irradiated with NIR light. To investigate the photocatalytic effects of the TiO2 nanostructures, experiments using methyl violet and DPBF were performed.
under irradiation with 808 nm NIR light at 0.8 W cm$^{-2}$. Methyl violet and DPBF can respectively react with ·OH and $^{1}$O$_2$ to reduce the absorption intensity at about 580 and 420 nm consequently producing ·OH and $^{1}$O$_2$ during light irradiation as reflected by the decreased absorbance [39,40]. As shown in Fig. 2 e-h, after irradiation for 15 min, the intensity of the absorption peaks of the TiO$_2$ nanostructures is lower than that of pure Ti, indicating that the TiO$_2$ nanostructures under irradiation produce a certain amount of ·OH and $^{1}$O$_2$. However, there is no significant difference among NS1, NS2, NS3, and NS4. The nanostructures might adsorb organic solution, thus reducing the absorption intensity. We further tested the yield of ROS produced by Ti, NS4 and Na$_2$Ti$_2$O$_5$ nanorod arrays at different illumination time, respectively. Na$_2$Ti$_2$O$_5$ nanorod arrays were prepared by the hydrothermal treatment of Ti, and NS4 was obtained after acid pickling and calcination. Therefore, Na$_2$Ti$_2$O$_5$ nanorod arrays (Figure S 7) have the same structure as NS4. Apparently, the decreased absorption intensity produced by Na$_2$Ti$_2$O$_5$ nanorod arrays is significantly lower than that of produced by NS4, suggesting that a certain amount of ·OH and $^{1}$O$_2$ was generated by TiO$_2$ nanostructures under the irradiation of 808 nm light.

3.4. In vitro antibacterial effects

The antibacterial activities of NS1, NS2, NS3, and NS4 against *S. aureus* and *E. coli* was evaluated by the spread plate method with Ti being the control. Since the nanostructures possess intrinsic antibacterial ability, the antibacterial efficiency of the samples is first determined after incubation for 12 h in the absence of light. As shown in Fig. S8, the antibacterial ratios increase with surface roughness and NS4 shows the best killing efficiency of about 20% of *S. aureus* and *E. coli* suggesting overall weak antibacterial effects. The different TiO$_2$
nanostructures show different antibacterial efficiency under irradiation with 808 nm NIR light at various power densities. In general, the antibacterial properties of NS1, NS2, NS3, and NS4 increase gradually with increasing surface roughness under the same condition and NS4 with the molding nanorod structure exhibits the strongest antibacterial activity (Fig. 3a–d). Besides the surface roughness, the antibacterial efficiency increases with light power and time of irradiation. After irradiation with 0.6 W cm$^{-2}$ for 15 min, the nanostructures exhibit poor antibacterial efficiency of less than 10% and 30% towards S. aureus and E. coli, respectively (Fig. 3a). This is related to the lower temperature produced by irradiation. However, when NS4 is irradiated with NIR light (0.8 W cm$^{-2}$), the antibacterial efficiency increases remarkably reaching 99% against both S. aureus and E. coli, meaning that NS4 can kill a significant amount of bacteria within 15 min (Fig. 3b). When the power is increased to 1.0 W cm$^{-2}$, the highest temperature is 64.1 ºC, the antibacterial efficiency of NS2, NS3, and NS4 against both S. aureus and E. coli is approximately 100% (Fig. 3d). In comparison, E. coli is more susceptible to the high temperature and nanostructured antibacterial platform than S. aureus due to the thinner membrane of Gram-negative bacteria [41,42].

The anti-biofilm properties of the nanostructures were determined under irradiation with 0.8 W cm$^{-2}$ for 15 min (Fig. 3f). For reference, Ti was cultured with the bacteria for the same period of time and served as the control. After culturing for 48 h, relative uniform and dense biofilms were formed on Ti but on the other hand, the TiO$_2$ nanostructures have excellent anti-biofilm ability. Abundance red fluorescence is observed from NS1 demonstrating the excellent anti-biofilm characteristics and the red spots on NS4 indicate that the bacteria have been killed almost completely.

The change in bacterial membrane permeability caused by Ti and NS4 was confirmed ONPG hydrolysis assays. As shown in Figure S 9a, there seems to be no discernible difference in the hydrolysis of ONPG between Ti and NS4 in the group of without light irradiation. However, NS4 exhibits increased hydrolysis of ONPG compared to Ti after irradiated with NIR light (0.8 W cm$^{-2}$) for 15 min, suggesting that the bacterial membrane permeability is improved obviously. The leakage of cellular components caused by Ti and NS4 was also investigated (Figure S 9b). The results of protein leakage show the same changing trends as that of ONPG hydrolysis, indicating that the combined actions of hyperthermia, ROS, and puncturing by the nanorod can kill bacteria efficiently.

### 3.5. Antibacterial mechanism

The nanostructures have excellent antibacterial properties especially against adhesive biofilms under the irradiation of 808 nm NIR light and the antibacterial mechanism may be attributed to the following mechanisms: (1) Hyperthermia produced by photothermal conversion; (2) ROS generated by the TiO$_2$ nanostructures under light irradiation; (3) Physical puncture by the nanostructures. It is generally known that hyperthermia can kill bacteria. To verify the antibacterial properties of the TiO$_2$ nanostructures under the irradiation of 808 light caused by the...
synergistic effects and not just hyperthermia, the effect of temperature on S. aureus is thus investigated. As shown in Fig. S10, when the bacteria were incubated in an incubator at 65 °C for 15 min, only several bacteria colonies are observed from the plate of Ti, indicating that most of the bacteria can be killed at this temperature. However, many bacteria colonies can be observed from Ti at 60 °C for 15 min, and compared to Ti, the surface coverage on NS4 is lower, suggesting that bacteria can survive at 60 °C while the nanostructures exhibited antibacterial effects at this temperature in just 15 min. There is no significant difference in the bacteria number between Ti and NS4 at 55 °C, implying that the nanorods cannot kill bacteria at this temperature within 15 min. However, under the irradiation with NIR light at 0.8 W cm⁻², the temperature of NS4 is near 55 °C, but NS4 exhibits excellent antibacterial activities in that condition. In addition to the antibacterial effects of nanostructures, these results also indirectly prove that ROS generated by the TiO₂ nanostructures play an important role in bacteria killing.

To further evaluate the effects of ROS on the antibacterial activity, 660 nm visible light was used to irradiate the TiO₂ nanostructures and ROS generation under irradiation with 660 nm visible light at 0.8 W cm⁻² is presented in Fig. 4a-b. 660 nm visible light can excite TiO₂ nanostructures to generate a certain amount of ¹O₂ and ·OH and

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Fig. 3. Antibacterial performance: (a–d) Antibacterial rates of the Ti, NS1, NS2, NS3, and NS4 under irradiation with 808 nm NIR light at 0.6, 0.8, 1.0 and 1.2 W cm⁻², respectively; (e) Bacteria colony images of the different sample upon irradiation with 808 NIR light at 0.8 W cm⁻² for 15 min; (f) Anti-biofilm performance of the different samples under irradiation with 808 NIR light at 0.8 W cm⁻² for 15 min (*p < 0.05, **p < 0.01, ***p < 0.001).
the yield shows little difference compared to that under irradiation with 808 nm NIR light showing decreased absorbance (Figure S 11). However, according to the heating curves of the samples in water (Fig. 4 c), the maximum temperature of the nanostructures is less than 45 °C. Under such conditions, the antibacterial activity against S. aureus is evaluated after illumination for 15 min and as shown in Figure S 12, NS1, NS2, NS3, and NS4 do not exhibit obvious antibacterial activity, suggesting that the generated ROS cannot kill S. aureus even in the presence of the nanostructures and temperature approaching 45 °C.

The TiO2 nanostructures can generate a certain amount of ROS when exposed to 808 NIR light or 660 nm visible light and as aforementioned, the amount of ROS is small and cannot kill bacteria efficiently. Normally, a small amount of ROS exists in bacteria during normal aerobic respiration and it can cause a series of bacterial biological responses and be mitigated by antioxidant defense in the bacteria [43]. When the ROS produced in the solution reaches a certain level, they can work with the intracellular ROS to destroy the bacterial defense resulting in death [44]. However, an excess amount of ROS may cause cytotoxic effects resulting in cellular apoptosis [45-47]. The generated ROS produced by the TiO2 nanorod arrays alone cannot kill bacteria and cause toxicity to cells but in combination with the generated heat and puncturing by the nanorods, biofilms are effectively eliminated.

In addition to the rising temperature and generated ROS, the bactericidal behavior is related to the nanopatterns [48,49]. According to related experiments, the antibacterial activity is directly related to the surface feature of the nanostructures such as the size, shape density, and rigidity of the nanostructures. In general, surfaces with tighter and smaller nanopillars are more effective in killing bacteria compared to lower density and larger nanopillars on the same surface [50,51]. In this work, the antibacterial activity of TiO2 nanostructures show an increasing trend with surface roughness under the same conditions and NS4 with the nanorod structure exhibits the strongest bactericidal activity.

To better understand the level of interaction between the nanostructure and bacterial cells, SEM was used to observe the E. coli and S. aureus on TiO2 nanostructures upon irradiation with 808 NIR at 0.8 W cm⁻² for 15 min; (e) Schematic illustration showing the antibacterial mechanism of the TiO2 nanorod arrays under irradiation of 808 nm laser.

To better understand the level of interaction between the nanostructure and bacterial cells, SEM was used to observe the E. coli and S. aureus biofilm formed on Ti and NS4 after irradiated with NIR light at 0.8 W cm⁻² for 15 min. The morphological appearance of all bacteria that attached to the surface of NS4 is significantly different to those attaching to Ti surface (Fig. 4 d). The cellular integrity is obvious disrupted by the nanostructures, and bacteria on NS4 is pulled on by the nanorods and collapsed around the nanostructure. The results confirm the findings of Ivanova [8], Yi [52], Kelleher [53] and Jenkins [54]. They investigated the bactericidal properties of different nanostructural features, and the morphological change of the dead bacteria is consistent with our findings. They were convinced that the nanostructure plays a major role in the bacteria-killing process and can induce deformation and penetration of the bacterial cell envelope. In addition, Jenkins proposed that TiO2 nanopillars also could trigger production of ROS within bacterial cells and increased abundance of oxidative stress proteins, the cumulative effects of which could impair bacterial growth and biofilm formation [54]. However, the number of bacteria inoculated on their samples is relatively little and culturing for a long time the nanostructure will exhibit bactericidal ability, while in this work only 15 min NS4 can exhibit excellent antibacterial ability under the irradiation with 808 NIR light. In addition, the morphologies of the dead bacteria mainly induced by the combination of PTA with PDA are different [19,24], which also demonstrated the importance of the nanostructure during the bacteria-killing.

Based on the experimental results, the antibacterial mechanism is proposed. As shown in Fig. 4 e, the synergistic effects of the generated hyperthermia and ROS by the TiO2 nanostructures during the irradiation with 808 nm NIR light increase the bacterial membrane permeability [55,56] and the combined actions of hyperthermia, ROS, and
puncturing by the nanorod disrupt the cell membranes causing leakage of cytoplasmic contents and eventual bacterial death [57,58].

3.6. Biocompatibility assessment

Besides the antibacterial properties, biocompatibility is of vital importance for biomedical implants. Fig. 5a shows the cell morphology and spreading activity of MC3T3-E1 osteoblasts on the samples after fluorescent staining. After culturing for 24 h, most of the osteoblasts retain the spherical shape but spread poorly on Ti, whereas those on the TiO2 nanostructures have a polygonal shape with a large number of filopodia and lamellipodia, suggesting that the nanostructures promoted cell spreading. It has been shown that a nanopatterned surface can improve adhesion, spreading, and differentiation of osteoblasts and the potential mechanism is mediated by cell alignment of the cytoskeleton and formation of focal adhesions [59–62]. To investigate the effects of light irradiation, the cells on the samples were irradiated with the 808 nm NIR light at 0.8 W cm$^{-2}$ for 15 min and the cell morphology was examined and shown in Fig. 5 b. The osteoblasts on Ti exhibit no difference in terms of viability and morphology compared to those without light irradiation. However, after light irradiation, the cells on the TiO2 nanostructures are slightly atrophic. This phenomenon may be due to the synergistic effects of the generated hyperthermia and ROS on the TiO2 nanostructures. The cells on the samples are further cultured for 24 h to investigate the lasting effects of light irradiation. The MC3T3-E1 osteoblasts spread well on all the samples, especially NS4 (Fig. 5 c). The biocompatibility of the samples was also assessed by the MTT assay. As shown in Fig. 7d, the TiO2 nanostructures promoted MC3T3-E1 osteoblasts proliferation on Ti. The ALP activity, collagen secretion, and ECM mineralization of Ti and NS4 were determined to investigate osteogenic differentiation after culturing for 4 and 7 days (Fig. 5 e–5 g) and the TiO2 nanorod arrays improved osteogenic differentiation slightly. The osteoblast-related gene expressions of the RUNX2 and OCN on Ti and NS4 are measured using the RT-QPCR. The TiO2 nanorod arrays promoted the expression of RUNX2 and OCN slightly compared to Ti (Fig. 5 h) further demonstrating that irradiation with NIR light causes negligible side effects to the cell behavior.

The TiO2 nanostructures without light irradiation exhibit the intrinsic antibacterial ability and at the same time, promote proliferation, spreading, and differentiation of osteoblasts. This is because bacteria and mammalian cells attach to and sense biomaterials differently. Attachment of bacteria to the implant surface and subsequently breeding depend on the formation of a community within the extracellular polymeric substance, while eukaryotic cells can adhere to the implant surface as single cells mediated by integrins and focal adhesions [63,64]. Nanopatterns have been shown to promote the expression of integrins and formation of focal adhesions consequently promoting assembly of the cytoskeletal structure [65]. Although light irradiation inhibits the cell viability due to the synergistic effect of the generated hyperthermia and ROS on the TiO2 nanostructures, the osteoblasts spread well on all the TiO2 nanostructures after additional culturing for 24 h.

3.7. Antibacterial assay in vivo

Based on the in vitro results, NS4 was selected for the in vivo study with Ti serving as the control. Two subcutaneous S. aureus infection models including common bacterial infection and biofilm infection using mice were adopted first. The four groups were irradiated with the 808 nm laser at the implanted site for 15 min. Considering the effects of hyperthermia on the mice, the maximum temperature was controlled to about 50 °C to avoid scalding injury, and the in vivo temperature changes recorded by a thermal camera are shown in Figure S 13. The in vitro antibacterial property of NS4 is first investigated under the
lighting conditions, and NS4 exhibits excellent antibacterial activity (Figure S 14). To determine the antibacterial activity in vivo, the spread plate method is implemented. On the 2nd day post-implantation, the samples were removed and subjected to ultrasonic vibration to isolate the surface bacteria. The bacteria solution was spread on agar plates and incubated at 37 °C for 24 h.

The results are shown in Figure S 15. Many bacteria survive on the Ti group, especially the biofilm-infected Ti group, but only several bacterial colonies can be found from both the bacterial and biofilm-infected NS4 group.

Giemsa staining and H&E staining were performed to evaluate bacterial infection of the soft tissues surrounding the implant after irradiation for 2 and 14 days as shown in Fig. 6. After Giemsa staining, numerous lymphocytes are observed from the Ti group on the 2nd day, especially the biofilm-infected Ti group. However, the number of lymphocytes decreases significantly in both the bacterial and biofilm-infected NS4 groups. After 14 days, there are still a lot of lymphocytes in the Ti group but inflammation has basically subsided for the NS4 group. Although the bacteria are smaller than the lymphocytes and many bacteria are covered by lymphocytes, numerous bacteria are observed on the corresponding slices of the Ti group. In contrast, a small number of bacteria are found from the NS4 group and after 14 days, few bacteria can be found. Similarly, the typical feature of soft tissue infection appears from the Ti group after H&E staining. That is, a lot of lymphocytes and a few inflammatory cells are observed but on the other hand, the NS4 group shows milder inflammation with fewer lymphocytes. After 14 days, the inflammatory reaction is reduced in the Ti group and few lymphocytes can be found from the NS4 group. The results indicate that the TiO2 nanorod arrays under irradiation with 808 NIR light produce excellent antibacterial activity in vivo and also can eradicate the attached biofilms on the implant surface.

3.8. Osteogenic activity in vivo

We further evaluated the antibiofilm performance and osteogenic activity of NS4 on Ti rod in vivo. Ti and NS4 adhered by biofilms implants were implanted in the tibia to develop implant-associated infective rat model. The morphology of the nanorod arrays on Ti rod implants is the same as that of on Ti plate (Figure S 16). After suturing the wounds, the implantation sites in the two groups were irradiated with 808 NIR light for 15 min and the highest temperature was controlled to about 50 °C. As shown in Fig. 7a and Fig. 7b, the temperature of both Ti and NS4 gradually rises within 8 min, then finally stabilized at about 40 and 50 °C, respectively. After raising for two days, the rods were removed, rolled on agar petri dishes and then soaked in culture mediums. The petri dishes and culture mediums were photographed after further incubated at 37 °C for 24 h (Fig. 7c and d). For the Ti group, a multitude of bacterial colonies are observed on culture plates and the culture mediums are turbid. However, only several bacterial colonies are found on the plates corresponding to NS4 and the culture mediums are very clear. The antibacterial efficiency of NS4 is calculated to be 95.7% relative to that of Ti. These results indicate that the bacterial biofilm established on NS4 was substantially eradicated with NIR light irradiation in vivo. The results of H&E staining (Fig. 7 e) and Giemsa staining (Fig. 7 f) of the tissues from the implants are consistent with that of the subcutaneous models. A large number of lymphocytes (indicated by black arrows) are observed in the Ti implant group, suggesting acute inflammation, while fewer inflammatory cells are found in the NS4 group after NIR light irradiation. In addition, there are a lot of bacteria (marked by brown arrows) in the Ti group. However, fewer adherent bacteria are observed in the tissues around the NS4 implant, indicating that the inflammation response can be significantly suppressed by the synergistic effects of hyperthermia, ROS and physical rupturing of the TiO2 nanorod arrays.

After one month of implantation, the newly formed bone on Ti and...
After the irradiation of NIR light, the new bone formation in the NS4 group was monitored by micro-CT. The new bone mass in the NS4 group is much greater than that of the Ti group. The Quantitative analysis suggests that the corresponding bone volume/tissue volume (Obj.V/TV) of Ti and NS4 is 22.39 and 40.47, respectively. Fig. 8 b1–b3 show the 2D micro-CT images of NS4 implant group in different directions. The osteogenic or cartilage differentiation around the Ti and NS4 was evaluated by Safranin-O/Fast Green staining. The cartilage and new formed bone can be stained with red and green, respectively. As shown in Fig. 8 d, more green section formed in the NS4 group, suggesting that the osteogenic differentiation around the NS4 is higher than that of around the Ti implant. Moreover, Methylene Blue–Acid Fuchsin was also used to analyze the new bone formation, and the new formed bone can be stained into red. Fig. 8 e shows that the new bone formed in the NS4 group is significantly higher than that of the Ti group. The increased amount of new bone on NS4 group in the presence of S. aureus is attributed to aspects: (1) The disinfection of the NS4 implant under NIR light irradiation by the synergistic effects of physical-chemical mechanism improved the osseointegration; (2) The TiO2 nanorod arrays on implants promoted the osteogenic behavior of osteoblasts, thereby enhancing new bone formation.

It has been shown that NIR light triggered PTA requires a high temperature to induce protein disruption and bacteria death but the excessive temperature or long-time irradiation may cause burns and heat injury to the surrounding tissues [66,67]. In this work, the maximum temperature is controlled to be less than 50 °C and the irradiation time to 15 min. Hence, light irradiation does not damage the tissues around the implants in vivo but combined with puncturing by the nanorods, excellent antibacterial activity and eradication of biofilms are accomplished. In addition, the TiO2 nanostructures on implants promoted the osteogenic behavior of osteoblasts, thereby promoting the new bone formation, and some bone growth factors such as arginine–glycine–aspartic acid–cysteine can be immobilized on the surface of the nanostructures to further promote osteogenesis and osseointegration [19,24].

Fig. 7. (a) Thermal images and (b) temperature changes of Ti and NS4 under 808 nm light irradiation in vivo; (c) Photograph of bacteria colonies and culture mediums of Ti and NS4 rods taken from mice; (d) The corresponding antibacterial efficiency in vivo. (**p < 0.001); (e) H&E and (f) Giemsa staining of the bone tissue around the Ti and NS4 implants.

4. Conclusion

In conclusion, we have established a multiple synergetic antibacterial modality by TiO2 nanostructures under the irradiation of 808 nm NIR light. The system are demonstrated to have excellent antibiofilm effect in vitro and in vivo. The antibacterial mechanism arises from synergistic effects of hyperthermia and ROS generated by the TiO2.
nanostructures and physical rupturing induced by the nanostructures. The nontoxic TiO₂ nanostructures also promote proliferation, spreading, and differentiation of osteoblasts in the presence of NIR light irradiation. Moreover, the implant with TiO₂ nanostructures effectively improve new bone formation even in an infected micro environment in vivo under NIR light irradiation. This work reveals a practical strategy for highly efficient bacteria killing and single specie biofilm eradication in vivo consequently mitigating potential bacteria-related complications after surgery. The system with a multiple antimicrobial mechanism is expected to be a promising approach with high biosafety to avoid the side effects arising from single modality.

Declaration of competing interest

There are no conflicts to declare.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.bioactmat.2020.07.017.

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