Identification of a novel WAS mutation in a South African patient presenting with atypical Wiskott-Aldrich syndrome: a case report

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Abstract

Background: The X-linked recessive primary immunodeficiency disease (PIDD) Wiskott-Aldrich syndrome (WAS) is identified by an extreme susceptibility to infections, eczema and thrombocytopenia with microplatelets. The syndrome, the result of mutations in the WAS gene which encodes the Wiskott-Aldrich protein (WASp), has wide clinical phenotype variation, ranging from classical WAS to X-linked thrombocytopenia and X-linked neutropaenia. In many cases, the diagnosis of WAS in first affected males is delayed, because patients may not present with the classic signs and symptoms, which may intersect with other thrombocytopenia causes.

Case presentation: Here, we describe a three-year-old HIV negative boy presenting with recurrent infections, skin rashes, features of autoimmunity and atopy. However, platelets were initially reported as normal in numbers and morphology as were baseline immune investigations. An older male sibling had died in infancy from suspected immunodeficiency. Uncertainty of diagnosis and suspected severe PIDD prompted urgent further molecular investigation. Whole exome sequencing identified c. 397 G > A as a novel hemizygous missense mutation located in exon 4 of WAS.

Conclusion: With definitive molecular diagnosis, we could target treatment and offer genetic counselling and prenatal diagnostic testing to the family. The identification of novel variants is important to confirm phenotype variations of a syndrome.

Keywords: Wiskott-Aldrich syndrome, Exome sequencing, Primary immunodeficiency diseases
Background
Wiskott-Aldrich syndrome (WAS) occurs due to mutations in the WAS gene, located at Xp11.22-p11p23 [1, 2]. It is a rare X-linked recessive primary immunodeficiency disease (PIDD) originally described by the features of excess susceptibility to infections, eczema and microthrombocytopenia leading to bleeding disorders such as bloody diarrhea [1, 3, 4]. This is considered the most severe type, which often results in the development of autoimmunity, lymphoma or other malignancies. WAS almost exclusively affects males and the estimated incidence is less than 1 in 100,000 live births [5]. One of the hallmark characteristics of this disease is microthrombocytopenia, which is observed on a blood film and subsequently quantified using blood analysers [6]. In many cases, the diagnosis of WAS in first affected males is delayed because patients may not present with the classic signs and symptoms, which may intersect with thrombocytopenia causes [7–9]. In addition to classic WAS (50%) with total loss of function mutation, WAS mutations in are also associated with other disorders. Reduced WAS protein function mutations results inX-linked thrombocytopenia (XLT) (50%), while gain of function mutations cause the ultra-rare X-linked neutropenia (XLN) [7–9].

The WAS gene encodes the Wiskott-Aldrich syndrome protein (WASp), which consists of 502 amino acids and is a key regulator of actin cytoskeletal rearrangements [1]. Hematopoietic cells exclusively express WASp and the protein is implicated in a variety of functions such as immune synapse formation and cellular migration and hence impaired T and B cell function [10, 11]. Small platelets and congenital thrombocytopenia with a mean platelet volume of less than 5.0 fL in most affected persons are considered key to the diagnosis of WAS [10, 12]. We present the findings of an infant male patient with atypical features of WAS, suspected because of the clinical course and a relevant family history, although his platelets were initially normal in size and morphology. The demonstration of a novel mutation in WAS by exome sequencing provided a definitive diagnosis for appropriate treatment recommendations and counselling.

Case presentation
At 16-weeks the infant was transferred to our hospital with pneumonia requiring assisted ventilation after prolonged hospitalization at a peripheral hospital. There he had presented with pneumonia and acute severe malnutrition, history of intermittent diarrhea, fevers and eczematoid skin rashes since 6 weeks of age. During the months of hospitalization, he developed Group B streptococcal bacteremia and pneumonia, cytomegalovirus (CMV) pneumonia and persistent viraemia, septic purulent knee, furuncles, buttock abscess, haemolytic anaemia, features of inflammatory bowel disease responsive to immune suppression, eosinophilic gastritis and multiple food allergies.

He developed chronic CMV viraemia requiring prolonged ganciclovir administration. The infant remained severely malnourished but never had signs of oedema. Ongoing diffuse erythrodermatous rashes appeared vasculitic (confirmed leukocytoclastic on histology) in areas, while other areas were more suggestive of eczema. The birth and perinatal history had been uncomplicated; the infant was exclusively breastfed and had tolerated primary vaccinations well including live BCG. A timeline for the presentation of symptoms of the index case is shown in Supplementary Fig. 1.

There is no evidence for consanguinity of the parents. The family history was relevant however, for a 21-month older male sibling who had died at 8 months of age from infections. Perinatal history was normal, and the infant was breastfed. He had severe eczema since birth, failure to thrive and repeatedly documented low platelet counts. He had presented at 4 months to another hospital and was diagnosed with pneumocystis pneumonia and CMV infection. Platelet morphology and size were not recorded, but dysmorphic platelets with normal production of platelets were reported on a bone marrow aspirate done at the time of sepsis. Baseline immune investigations were normal. He demised with an undefined immunodeficiency diagnosis after unsuccessful evaluation for stem cell transplant (Fig. 1).

On systemic examination of the index patient at 16 weeks of age, there were no signs of dysmorphism, no enlarged lymph nodes nor hepatosplenomegaly. Human immuno- deficiency virus (HIV) polymerase chain reaction (PCR) of the infant and the mother’s HIV enzyme-linked immunosorbent assay (ELIZA) were negative. Initial full blood count (FBC) indicated normal white cell
count and lymphocyte count, normocytic anaemia, eosinophilia and mild thrombocytopenia with a normal smear and no anomaly noted in platelet morphology. Platelet counts recovered on ganciclovir therapy for CMV infection. Investigations for immune defect included serum immunoglobulins, expanded T cell subsets and T cell receptor excision circle (TREC) screening which were all normal, however elevated serum IgE levels were recorded. A summary of the all blood results is shown in Table 1. Following the WAS molecular diagnosis, electron microscopic exam of platelets confirmed microplatelets with reduced platelet diameter compared to adult controls. Gradually worsening thrombocytopenia evolved over the first year of life but he did not suffer from any bleeding episodes. He was initially treated for undefined severe immunodeficiency and evaluated for stem cell transplantation, which the parents refused despite intensive counseling.

The Health Research Ethics Committee of Stellenbosch University approved this study (study no. N13/05/075) and the ethical guidelines described in the “Declaration of Helsinki, 2013” were observed [13]. The parents of the affected infant child provided written informed consent which included permission for the genetic evaluation of the patient. Venous blood for DNA extraction (using the Nucleon BACC3 Kit (Amersham Biosciences, Buckinghamshire, UK)) and whole exome sequencing (WES) was drawn from the affected child (1 ml) and both of his parents (5 ml). An additional 5 ml of blood was drawn from the patient for full blood counts, platelet counts as well as electron microscopy.

Exome capture and sequencing
The Ion AmpliSeq™ Exome RDY Kit as well as the Ion Xpress™ Barcode Adaptors 1–16 Kit (Life Technologies, Carlsbad, California, United States) were used for library preparation. Following this, the Ion PI™ Hi-Q™ Chef Kit followed by the Ion PI™ Chip Kit v3 was used to prepare the template DNA on the Ion Chef system. Sequencing reactions were conducted using the Ion Proton™ (Thermo Fisher, Carlsbad, California, United States) at Stellenbosch University’s Central Analytical Facility (CAF).

Mapping, variant detection and annotation of variants
The Torrent Mapping Alignment Program (TMAP version 5.2.1) was used to align sequences to the human reference genome hg19 using the ion-analysis workflow available as part of the Torrent Suite (version 5.2.1). The variant caller (version 5.2.1.1) plugin on the Torrent suite was used for initial variant discovery and to subsequently generate a variant call format (VCF) file. Variant annotation was done using ANNOVAR [14]. To prioritize variants, a custom-designed, in-house method called TAPER™ was used [15].

Sanger sequencing
A fragment of 275 base pairs containing the variant of interest was amplified by polymerase chain reaction from genomic DNA obtained from the patient and his parents. The following primers were designed: WASF-5’ GTGGAGAGGAGATGGGAAAG -3’ and WASR-5’ CTGTGGATAGATGGATTTGGGA-3’. Each amplicon was sequenced in a forward and reverse direction at Stellenbosch University’s Central Analytical Facility in Cape Town South Africa.

Transmission Electron microscopy
Blood was centrifuged at 3000 rpm for 5 min. Plasma was subsequently removed and 2.5% glutaraldehyde in 0.1 M buffer was added as the fixative. This was left to fix for 18 h. Platelets were removed, and 3% Osmium was added and left at room temperature for 1 h. The fixed sample was subsequently processed on a Leica Electron Microscopic Tissue Processor (Wetzlar, Germany). The following resins were added: 2% Uranyl acetate for 30 min, then 2X 70% alcohol 5 min each. 96% alcohol 5 min, 2% Uranyl nitrate 10 min, 100% alcohol for 10 min, 100% alcohol for 15 min; 100% alcohol for 20 min, 50/50 mixture of 100% alcohol and resin for 90 min, then both resins for 1 h each. The processed sample was then embossed in capsules filled with resin and placed in an incubator overnight at 65 °C. The sample was cut and stained with Toluidine Blue O for visualisation.

Genetics findings
Uncertainty of diagnosis and suspected severe PIDD prompted urgent molecular investigation for our patient. Initial diagnoses included combined immunodeficiency or leaky severe combined immunodeficiency (SCID) and a bone marrow transplant was discussed but refused by the parents. The results obtained from the exome sequencing for the patient as well as his parents are presented in Supplementary Table 1. Data were filtered to prioritize rare and novel variants and a shortlist of three candidate variants was obtained (Supplementary Table 2). A novel hemizygous variant, c. 397G > A in exon 4 of WAS (NM_000377.3), was identified in the patient. This results in the substitution of glutamic acid to lysine at position 133 (E133K). Furthermore, applying the American College of Medical Genetics standards and guidelines to interpret sequence variants [16], this variant has been classed as likely pathogenic (One moderate and three supporting: PM2, PP2, PP3 and PP4).

The presence of the variant was validated by Sanger sequencing and the mutation details are summarized in
|     | Normal          | Jan 2020 | April 2019 | March 2018 | Jan 2017 | Feb 2016 | Sept 2015 | May 2015 |
|-----|-----------------|----------|------------|------------|----------|----------|-----------|----------|
| Hb  | 107–14.7 g/dL   | 10.6 L   | 10.6       | 94         | 11.8     | 8.1 L    | 8.3 L     | 10.6     |
| MCV | 75–87 fl        | 71.3 L   | 72.8       | 71.6       | 83.8     | 69.4 L   | 79        | 76.8     |
| WCC | 6–16×10^9/L     | 17.88 L  | 12.3 L     | 18.82 H    | 10.64    | 24.85 H  | 15.4 L    | 17.5 L   |
| Plt | 180–440×10^9/L  | 133 L    | 81 L       | 77 L       | 67 L     | 113 L    | 84 L      | 234      |
| MPV | 7–11.4 fl       | 8.4      | 7          | 7.5        | 8.7      | 72       | 6.3 L     |          |
| IgG | 5.04–14.65 g/L  | 11.98 H  | 13.63 H    | 15.12 H    | 23.17 H  | 11.53 H  | 12.52 H   |          |
| IgA | 0.27–1.95 g/L   | 1.06     | 3.30 H     | 3.98 H     | 1.89     | 1.70 H   | 1.60 L    |          |
| IgM | 0.24–2.10 g/L   | 0.26     | 0.56       | <0.16 L    | 0.30     | 0.34     | 0.39      |          |
| CMV VL | 910 IU/mL/Log 3 | 909 IU/mL/Log 3 | 8114 IU/mL/Log 3,9 | 5704 IU/mL/Log 3,8 | 24,454 IU/mL/Log 4,4 |
| EBV VL | 5210 copies/mL/Log 3,7 | 22,300 copies/mL/log 4,3 | 1250 copies/mL/log 3,1 | IgM Neg |
| CD3 | 2100–6200 cells/μL | 6461 H   |            | 7808 H     | 11,232 H |          |          |
| CD4 | 1300–3400 cells/μL | 1151     |            | 878        | 775 L    |          |          |
| CD8 | 620–2000 cells/μL | 4779 H   |            | 5856       | 10,457 H |          |          |
| CD19 | 720–2600 cells/μL | 620      |            | 878        | 646      |          |          |
| CD16/CD56 | 180–920 cells/μL | 1593 H   |            | 781        | 1033 H   |          |          |
Supplementary Table 3. It was determined that the mother is a heterozygous carrier of the variant, while it is completely absent in the father (Fig. 2). SIFT and PolyPhen2 were used for in silico predictions and indicated that WAS c. 397 G > A mutation found that it is damaging (Supplementary Table 3). Sequence alignment of multiple different species show that WAS c. 397 G > A is located at a position that is relatively well conserved across multiple species (Fig. 3). Further analysis of the protein identified that the variant is found in a WH1 domain, which is in control of the binding of proline-rich sequences in WASp. Moreover, analysis of the protein revealed that the amino acid substitution is from an amino acid with a negative charged to one which is positively charged and is therefore likely to affect protein folding.

Microscopy findings
Following the identification of the E133K variant in WAS, platelet size and morphology were re-evaluated using transmission electron microscopy. This subsequent re-evaluation showed that the platelets of the patient are significantly smaller than those of a healthy aged-matched control individual ($p = 5.627 \times 10^{-14}$) (Fig. 4).
Discussion and conclusion
To date, there are a total of three WAS protein mutation associated syndromes. These include classic WAS, congenital neutropenia without other WAS features and X-linked thrombocytopenia features [17, 18]. Here we summarise the case of a patient who presented with what was initially thought to be a combined or variant severe immunodeficiency. The diagnosis of WAS was considered in our patient because of his family history, despite initial normal platelet count and difficulty in establishing platelet volume and size measurements on routine analysis. Very few case descriptions of WAS patients with normal platelet size have been reported. In a study conducted by Patel et al. a young boy was the index case and presented with normal platelet size and thrombocytopenia. Given the clinical phenotype, WASp expression was evaluated using flow cytometry [19]. The index case had decreased expression of the protein when compared to a healthy individual. A c.826 A > T (K288X) mutation in exon 9 of the WAS gene was identified. WASp flow cytometric analysis was unfortunately not available for our patient. Using exome sequencing, we could identify a novel c.397 G > A (E133K) WAS mutation in exon 4.

The variant reported here was not found in any additional controls that were subjected to exome sequencing and it was determined that the variant falls in the WH1 domain. This domain is important as it binds to proline-rich sequences in the WASp interacting protein. Furthermore, it is anticipated that this domain has a vital role in numerous cellular events including signal transduction, protein folding and transport [18]. The identification of a novel variant in our patient in a hemizygous form, of which his mother is a carrier, will permit family counselling in the case of future pregnancies. Moreover, an early and accurate prenatal diagnosis by molecular testing such as exome sequencing will prevent potentially harmful procedures for example live vaccine administration and intramuscular injections, thereby preventing severe infection and internal bleeding. The patient currently receives home administered subcutaneous immunoglobulin and prophylactic antibiotics, eats a modified diet and continues in reasonable health, but is still failing to thrive.

Despite a positive family history of suspected PIDD in a deceased sibling, the definitive diagnosis in this child was complex. This was firstly due to repeated haematology laboratory reports of platelet clumping with use of...
conventional EDTA anticoagulation tubes. This led to suspicion of pseudothrombocytopenia due to antibody-induced platelet clumping or satellitism. Only once blood sampling in Sodium citrate anticoagulated tubes was applied routinely, were reliable reports of moderate thrombocytopenia and reduced mean platelet volume obtained on automated analyzers from 1 year of age. Secondly the thrombocytopenia reported with platelet clumping was further difficult to interpret against the clinical background with CMV infection and viral resistance. In addition to these complications, scanning electron microscopy is not routinely available to patients in South Africa, however it proved useful in this case because repeated platelet clumping on EDTA sampled blood. Eventual citrate anticoagulated blood samples by EM showed reduced MPV, whereas on automated processing this was only observed inconsistently. Furthermore micro thrombocytopenia is not a reliable marker of WAS. In this setting, access to molecular diagnosis in a developing country, enabled us to make a confirmed PiDD diagnosis and counsel the mother who was in denial to accept such diagnosis.

The early diagnosis of WAS will also enable prompt referral for stem cell transplantation in severely affected patients. WAS is an extremely rare disorder with a broad clinical spectrum. Our data supports that of Baharin et al. [5] which suggests that a WAS diagnosis must be deliberated on for all male infants presenting with congenital thrombocytopenia irrespective of platelet size, with excess of infections and skin rashes and specifically in those where there is a recorded family history of unexplained male infant deaths.

Supplementary information
Supplementary information accompanies this paper at https://doi.org/10.1186/s12881-020-01054-6.

Additional files

**Additional file 1: Figure S1.** Timeline of symptoms presented by the index case.

**Additional file 2: Table S1.** Summary of exome sequencing data for the patient and his parents.

**Additional file 3: Table S2.** Shortlist of three candidate variants identified as plausible disease-causing variants.

**Additional file 4: Table S3.** Details of the candidate variant narrowed down using consecutive filters based on an autosomal recessive model of inheritance and low frequency.

**Abbreviations**

WAS: Wiskott-Aldrich Syndrome; WES: Whole exome sequencing; CMV: Cytomegalovirus; WASp: Wiskott-Aldrich Syndrome protein; XLN: X-linked neutropenia; XLT: X-linked thrombocytopenia; FBC: Full blood count; PCR: Polymerase Chain Reaction; PID: Primary immunodeficiency disease; CAF: Central Analytical Facility; SCID: Severe Combined Immunodeficiency

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**Authors’ contributors**

CK, EH, PMH, ME and MM conceived the project and provided substantial intellectual input into the study design and final manuscript. BG performed the bioinformatics analysis and wrote the first draft of the manuscript. MS and MU assisted with the genetic counselling and provided substantial intellectual input into the study design. BL, RSG, RG and HP were responsible for all microscopic analyses. ME, LF, HC and HR were involved in patient recruitment, treatment and management as well as the acquisition, interpretation and analysis of clinical data. All authors read and approved the final manuscript.

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**Availability of data and materials**

All whole exome sequencing data was aligned to human reference genome GRCh37 from the Genome Reference Consortium Human Build 37 (https://www.ncbi.nlm.nih.gov/assembly/GCF_000001405.13). The reference sequence used for the validation of the E133K variant in WAS was obtained from NCBI Nucleotide using the accession number NM_000377.3. The variant reported in here is available in the Clinvar repository, [with accession ID: VCVO008704921 (https://www.ncbi.nlm.nih.gov/clinvar/variation/704921/). The datasets generated during the current study are not publicly available because it is possible that individual privacy could be compromised and the participants did not provide consent to make the data public.

**Ethics approval and consent to participate**

The Health Research Ethics Committee of Stellenbosch University (study no. N13/05/075) gave approval for this study and the ethical guidelines as described in the “Declaration of Helsinki, 2013” were observed [13]. Written informed consent was obtained from all participants in the study. The parents provided written informed consent to participate in the study on behalf of the infant child.

**Consent for publication**

The parents of the index case have given written informed consent to publish this case report.

**Competing interests**

The authors declare that they have no conflict of interest.

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