Research Article

Physicochemical and Functional Potential of Hydrocolloids Extracted from Some Solanaceae Plants

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Three different plants (Solanum indicum, Solanum surattense, and Solanum nigrum) of Solanaceae family were explored to extract and characterize hydrocolloids in aqueous solution. S. indicum fruit fractions bring in maximum hydrocolloid yield of 21.39 ± 0.42% based on % dry weight of the sample. The observed order of extracting hydrocolloid yield amongst investigating aerial parts of S. surattense, S. nigrum, and S. indicum (% dry weight) is fruits > stem > leaves. Maximum protein (22%) and starch (0.85%) contents were observed in fruit fractions of S. nigrum and S. indicum, respectively. Among the functional characteristics, the fruit fraction of S. indicum has higher water-holding capacity (24.80%), oil-holding capacity (2.96%), emulsifying activity (90%), emulsion stability (70%), foaming capacity (65%), and foaming stability (90%). Monosaccharide profiling results showed the presence of glucose, galacturonic acid, galactose, glucuronic acid, arabinose, and xylose in extracted fractions. The findings propose that hydrocolloids (extracted with water) are cost-effective and would be potential candidate as a substitute for pectin added into foamy and frothy food products and frothy beverages.

1. Introduction

Based on structure, hydrocolloids relate to hemicelluloses, and on hydrolysis, these form many monosaccharides. The major sources of hydrocolloids are higher plants and animals [1] and these are highly demanded in food and pharmaceutical industries. Hydrocolloids increase the functional characteristics of the product by enhancing various functions like gelling and thickening of solutions, stability of emulsions, foams, and dispersions [2], inhibition of crystal formation, and controlled release of flavors [3].

Among rich plant sources of hydrocolloids, the plants of the family Brassicaceae, Solanaceae, Linaceae, and Plantaginaceae are included. Moreover, the epidermal cells of seed coats contain a large number of complex polysaccharides, i.e., gums and mucilage [4]. The major component of plant hydrocolloid and mucilage is pectin, which is an acidic polysaccharide present in all cell walls and can form gels in the extracellular matrix [5]. Pectin has been shown to have eminent gel-forming, emulsification, and stabilization characteristics along with having possible ability to prevent colon cancer, hyperglycemia, and hypercholesterolemia [6].

In traditional medicine and pharmaceutical industries, different hydrocolloids having various physicochemical characteristics are being used as a sweetening agent and diluents in syrups [7]. Furthermore, Gannasin et al. [1] reported that the use of tamarillo (Solanum betaceum) hydrocolloid in different food and beverages not only enhances water- and oil-holding capacities and emulsifying and foaming characteristics, but also induces bile acid-
binding and prebiotic activities inside the body. The carboxymethyl cellulose (CMC) is used in syrup and tablet formulations [8], while guar gum along with its derivatives is used as a base for controlled release of different ingredients when administered orally [9].

For the better use of hydrocolloids in food and pharmaceutical industries, it is important to understand their chemical characteristics, structure, and physiological properties. Among plant sources of hydrocolloids, Solanaceae plants are easily available due to their worldwide cultivation. The three selected species of the Solanaceae family, poison berry (Solanum indicum), yellow berried nightshade (Solanum surattense), and black nightshade (Solanum nigrum) are medicinally important and their nutritional properties have been well described, but no such studies are observed about their hydrocolloids. Hence, the current study was an attempt to investigate and characterize the physicochemical properties (oil- and water-holding capacities, emulsification capacity, and stability as well as foaming capacity and stability) of naturally occurring hydrocolloid in the light of commercially available ones. Furthermore, high-performance liquid chromatography (HPLC) was used to find monosaccharide profile of hydrocolloids. Similarly, Fourier transform infrared (FTIR) spectroscopy was employed to explore the chemistry of extracted hydrocolloids. The core objective of the current research work was to explore the natural sources of hydrocolloids for a better use in food processing industries.

2. Materials and Methods

2.1. Procurement and Preparation of Samples. Selected plant species of Solanaceae family like poison berry (S. indicum), yellow berried nightshade (S. surattense), and black nightshade (S. nigrum) were gathered from various regions of Punjab province of Pakistan. After rinsing with distilled water, fresh parts including fruit, leaves, and stem from plant samples (500 g each) were homogenized using lab-scale blender (MJ-M176P, Panasonic) for making puree to extract hydrocolloids. All prepared samples (09) had been packaged in falcon tubes and were categorized as S. surattense fruits (SSF), S. surattense stem (SSS), S. surattense leaf (SSL), S. nigrum fruit (SNF), S. nigrum stem (SNS), S. nigrum leaf (SNL), S. indicum fruit (SIF), S. indicum stem (SIS), and S. indicum leaf (SIL). All samples were stored in a refrigerator (NR-276TE, Japan) at 4°C until further investigation.

Undenatured ethanol (95%) was purchased from HmbG Chemicals (Hamburg, Germany). All reagents used for proximate analysis were of analytical grade. Agar-agar, bovine gelatin, carboxymethyl cellulose sodium salt (CMC), carrageenan, gum arabic, sodium alginate, and xanthan gum were purchased from R&M Chemicals (Essex, UK). Gum karaya and pectin from citrus peel (galacturonic acid ≥ 74.0%) were purchased from Sigma-Aldrich (St. Louis, MO, USA, and Copenhagen, Denmark), respectively. Starch from wheat and pectin from apples (degree of esterification, 70–75%) were purchased from Fluka (Steinheim, Germany, and Buchs, Switzerland), respectively. Monosaccharide standards and HPLC grade chemicals used for monosaccharide profiling analysis were purchased from Sigma-Aldrich and Merck (Darmstadt, Germany), respectively.

2.2. Reagents and Solutions. All the chemicals (ethanol (95%), methanol, and acetonitrile) used for various analyses were of analytical grade and were bought from Merck (Germany). Monosaccharide standards (galactose, glucose, arabinose, mannose, xylose, rhamnose, ribose, fructose, galacturonic acid, and glucuronic acid) were obtained from BDH (England). Different buffers such as 1-phenyl-3-methyl-5-pyrazolone, trifluoroacetic acid, and triethylamine were purchased from Biolabs, Inc. (England). Double-distilled water was used to all aqueous solutions on a fresh basis.

2.3. Extraction of Hydrocolloid. Water-soluble hydrocolloids were extracted from 50 g dried powdered plant materials in 100 mL distilled water using a shaking water bath (HH-S, Jiangsu Zhengji Instruments Co. Ltd) for 60 min, at 50 ± 2°C by using the technique elaborated by Yuliarti et al. The extracted hydrocolloids were centrifuged (CO650 in GS-15/Allegra 21/Allegra X-22 Series, Beckman) for 20 min at 10,000 rpm and the supernatant was decanted. Remaining hydrocolloids were extracted again using water at 50°C in the ratio of 1:1 (w/v) and the sample was centrifuged as described previously. Hydrocolloid precipitation was carried out by combining and stirring the supernatants with 95% ethanol at 4°C for 4 hours. The obtained precipitates were placed in a Petri dish to oven-dry (REX-C700, NS) at 50°C and were weighed for hydrocolloid yield until a constant weight was obtained. The hydrocolloid yield of fresh (Yf) and dry (Y) weight samples were found out by using mathematical calculations as follows:

\[
Y_f (\%) = \frac{\text{weight of dried hydrocolloid (g)}}{\text{weight of fresh sample (g)}} \times 100
\]

\[
Y\% = \frac{100Y_f}{100 - \text{moisture content}}
\]

2.4. Proximate Composition. According to the AOAC method 934.01 [10], the moisture percentage and dry mass of samples were determined. Ash content was analyzed gravimetrically by ignition of samples (3 g) in a muffle furnace (1-888-TcMF) at a temperature of 550°C for 2 h (AOAC method no. 930.05) [10]. Kjeldahl method was used to determine protein content with mineralization (KT2 Kjeltabs tablet and a Digestion System 20, 1015 Digester W. Lab. Tec) and distillation (by a Kjeltac Auto Analyser, W. Lab. Tec) using a conversion factor of 5.87 following the AOAC method no. 978.04 [10]. Moreover, the amount of starch in samples was analyzed by Megazyme total starch assay (method 996.11) [10]. The absorbance for each sample and the D-glucose (Merck) control was determined at 510 nm against the reagent blank.

Dietary fiber was found out by the method of Gannasin et al. [1] using the following calculation:
2.5. Functional Characteristics of Extracted Hydrocolloid Samples

2.5.1. Water-Holding (WHC) and Oil-Holding (OHC) Capacity. Water- and oil-holding capacities were determined through the method used by Robertson et al. [11] with certain changes. Each sample (250 mg) was mixed in separate Erlenmeyer flasks with distilled water (100 mL) and olive oil (25 mg/10 mL), stirred well, and was left for 1 hour at room temperature. All samples were centrifuged for 10 min and residues were weighed. Water- and oil-holding capacities were articulated as per mL of water and per mL of oil, respectively, and held by each gram of sample. 

2.5.2. Foaming Capacity and Stability (FC and FS). One gram of each sample was assorted with distilled water (100 mL), and samples were homogenized robustly (13000 rpm) for five minutes. The homogenized suspensions were instantly shifted to a graduated cylinder of 250 mL to measure the volume of foam at different time intervals. The following equations were used to calculate the FC and FS:

\[
\text{FC} = \left( \frac{\text{vol. after before homogenization}}{\text{vol. before homogenization}} \right) \times 100, \quad (4)
\]

\[
\text{FS} = \left( \frac{\text{foam vol. after time (t)}}{\text{Initial foam vol.}} \right) \times 100. \quad (5)
\]

2.5.3. Emulsifying Activity (EA) and Emulsifying Stability (ES). Emulsification activity and stability of different hydrocolloid samples were calculated according to Chau et al. [12]. Emulsions were primed with standard sunflower oil (65% w/w) through the recipe of Campbell et al. [13]. In 15 mL graduated tubes, the resulting emulsions were centrifuged at 6000 rpm for 5 minutes, and volumes attained by emulsions were measured. To measure the ES, the emulsions were heated (80°C) for 30 min to measure the emulsification stability. The heated samples were further chilled at room temperature and were centrifuged again at 6000 rpm for 5 min. Both EA and ES were calculated using the following equations, respectively:

\[
\text{emulsification activity (\%)} = \frac{\text{vol of emulsified layer (mL)}}{\text{vol of the whole layer in the centrifuge tube}} \times 100. \quad (6)
\]

\[
\text{emulsification stability (\%)} = \frac{\text{vol of remaining emulsified layer (mL)}}{\text{vol of original emulsion (mL)}} \times 100. \quad (7)
\]

2.6. FTIR Analysis. Functional groups of all samples were also analyzed using a FTIR spectrophotometer (PerkinElmer Spectrum 100 FTIR, USA). The spectrum was recorded in absorbance mode in mid-infrared region with a CsI detector in triplicate from 4,000 to 400 cm\(^{-1}\) and 4 cm\(^{-1}\) resolution.

2.7. Monosaccharide Profiling Using HPLC. Monosaccharide profiling was carried out following the protocol of Lv. et al. [14]. The standard solutions of all monosaccharides including samples (10 mg each) were dissolved in 1 M trifluoroacetic acid (TFA) and incubated at 130°C for 2h, and the mixture was centrifuged at 2000 rpm for 5 min and was evaporated until dried. The samples obtained after dryness were dissolved in 1 mL distilled water for advance analysis. Derivatization of hydrolyzed samples was carried out with 1-phenyl-3-methyl-5-pyrazolone (PMP), and resultant solutions were incubated at 70°C for 60 minutes, evaporated using a rotary evaporator, and proceeded with liquid-liquid separation method. Using the C18 HPLC column, different monosaccharides (galactose, glucose, arabinose, mannose, xylose, rhamnose, ribose, fructose, glucuronic acid, and galacturonic acid) were determined.

2.8. Statistical Analysis. Experiments were conducted in triplicate to get means of these three replicates as a result. The obtained data were analyzed statistically by analysis of variance (ANOVA) using SPSS Inc. (Released 2008. SPSS Statistics for Windows, version 17.0. Chicago: SPSS Inc.). The significance of differences among means of triplicate values was detected using two-way factorial design. To measure the differences (P < 0.05) between the means, least significant difference (LSD) post hoc test was applied and values are given as means of triplicate ± standard deviation.

3. Results and Discussions

3.1. Hydrocolloid Yield of Various Plant Parts. The water-extracted hydrocolloid yield ranged from 1.5 ± 0.02 to 21.00 ± 0.42% of the dry weight of investigated pulp, and no hydrocolloid contents were obtained from the leaf fractions of S. indicum even taking a large amount of extract (Table 1). Water was used as an extracting medium because the water-soluble polysaccharides have positive effects on health and can reduce the serum cholesterol concentration [7]. The obtained yield of hydrocolloid (Y, % dry weight) from each sample showed that the S. indicum fruit showed the maximum hydrocolloid concentration (21.00 ± 0.42%),

\[
\text{Y} = \frac{\text{weight of hydrocolloid (g) \times 100}}{\text{weight of sample (g)}}\]


\[
\text{Y} = \frac{\text{weight of hydrocolloid (g) \times 100}}{\text{weight of sample (g)}}\]

\[
\text{Y} = \frac{\text{weight of hydrocolloid (g) \times 100}}{\text{weight of sample (g)}}\]
Table 1: Hydrocolloid yield and proximate composition (% age ± SD) of aerial parts of S. nigrum, S surattense, and S. indicum using the water extraction method.

| Botanical name | Fraction/parts | Yield | Moisture content | Ash content | Protein content | Starch content | Dietary fiber |
|----------------|----------------|-------|------------------|-------------|----------------|----------------|--------------|
| **Solanum nigrum** | Fruit          | 13.50 ± 0.18 | 11.00 ± 0.44 | 0.70 ± 0.03 | 22.00 ± 0.41 | 0.70 ± 0.02 | 66.30 ± 1.22 |
|                 | Stem           | 5.92 ± 0.17  | 19.65 ± 0.68 | 0.54 ± 0.02 | 16.00 ± 0.75 | 0.65 ± 0.01 | 63.81 ± 2.66 |
|                 | Leaves     | 1.50 ± 0.02  | 25.00 ± 0.56 | 0.60 ± 0.01 | 9.00 ± 0.38  | 0.10 ± 0.00 | 65.30 ± 2.37 |
| **Mean** | —         | 18.55 ± 2.06 | 0.61 ± 0.03 | 15.67 ± 1.90 | 0.48 ± 0.10 | 65.14 ± 1.15 |

| **Solanum surattense** | Fruit          | 17.00 ± 0.76  | 10.04 ± 0.20 | 0.80 ± 0.02 | 21.50 ± 0.57 | 0.80 ± 0.02 | 66.90 ± 1.76 |
|                          | Stem           | 6.70 ± 0.09   | 15.50 ± 0.51 | 0.70 ± 0.01 | 17.00 ± 0.55 | 0.45 ± 0.01 | 63.65 ± 2.73 |
|                          | Leaves | 1.88 ± 0.09   | 20.00 ± 0.31 | 0.60 ± 0.01 | 6.00 ± 0.12  | 0.00 ± 0.00 | 73.10 ± 1.50 |
| **Mean** | —         | 15.17 ± 2.16  | 0.70 ± 0.03 | 14.83 ± 2.31 | 0.42 ± 0.12 | 68.74 ± 1.30 |

| **Solanum indicum** | Fruit          | 21.00 ± 0.42  | 9.50 ± 0.43  | 0.90 ± 0.01 | 19.00 ± 0.44 | 0.85 ± 0.01 | 69.75 ± 1.62 |
|                     | Stem           | 4.90 ± 0.18   | 18.00 ± 0.53 | 0.60 ± 0.01 | 16.50 ± 0.24 | 0.30 ± 0.01 | 64.60 ± 1.30 |
|                     | Leaves | 0.00 ± 0.00   | 0.06 ± 0.00  | 0.00 ± 0.00 | 0.00 ± 0.00  | 0.00 ± 0.00 | 60.00 ± 0.00 |
| **Mean** | —         | 9.15 ± 2.61   | 0.50 ± 0.13  | 11.83 ± 2.98 | 0.38 ± 0.12 | 44.76 ± 11.24 |

Each value is expressed as the mean ± standard deviation (n = 3) of a triplicate analysis. The means followed by different superscripted lowercase letters indicate significant differences (P < 0.05) within the rows and columns based on ANOVA two-way factorial test. Small letters represent comparison among interaction means, and capital letters are used for the overall mean. ND: not determined.

Subsequently S. surattense fruit (17.00 ± 0.76%) and S. nigrum fruit (13.5 ± 0.18%). Moreover, the fruit fractions of the plants used in the present study showed a significantly higher percentage yield of hydrocolloids through the water extraction method as compared to the hydrocolloid yield obtained from the gold kiwi fruit (Actinidia chinesis; family, Actinidiaceae) studied by Yuliarti et al. [15]. The obtained hydrocolloid yield ranged from 4.90 ± 0.18 to 6.70 ± 0.09% in case of stem fractions; however, the percentage yield from leaf fractions was observed to be the lowest compared to other components of investigated plants.

3.2. Proximate Composition of Water-Extracted Hydrocolloid. Analyses of proximate composition revealed that the fruit extracts were significantly (P ≤ 0.05) higher in protein and dietary fiber contents, whereas the starch content was lower in fruit part (Table 1). The observed orders of moisture and ash contents were leaves > stem > fruit. In leaves, the maximum moisture content was observed in leaves of S. nigrum (25.00 ± 0.56%), and the minimum was observed in S. indicum fruit (9.50 ± 0.43%). These results are comparable with the hydrocolloid extracted from tamarillo pulp with 10.65% of moisture content [1].

The comparison between different parts of plants studied for protein analysis showed a significant difference (P ≤ 0.05), with fruits having the highest concentration. The protein contents of fruit fractions of S. nigrum, S. surattense, and S. indicum were found to be 22.00 ± 0.41%, 21.50 ± 0.57%, and 19.00 ± 0.44% (w/w, dry weight), respectively, with no significant change at P ≤ 0.05 (Table 1). It is reported that higher protein content affects the quantity and quality of the extracted gum [16]; however, another study explained that the protein concentration of crude gum indicates the occurrence of proteins and enzymes related to structure and may also suggest potential adulteration with seed germ [17].

3.3. Functional Properties of Different Samples of Hydrocolloid

3.3.1. Water- and Oil-Holding Capacities of Hydrocolloids. The water-holding capacity (WHC) is described as the milliliters of water held by each gram of dried sample. The overall order of WHC and OHC in different parts of investigated plants is fruit > stem > leaf. Among all the three hydrocolloid fruit fractions, a significant difference (P ≤ 0.05) was found in WHC, but OHC values were approximately the same (Figure 1). The highest value of the WHC was observed in SIF (24.80 ± 0.35%), followed by SSF (17.20 ± 0.28%) with no significant difference in oil-holding capacity (Figures 1(a) and 1(b)). Similar results were also observed using the gum karaya having 24.39% WHC and 1.12% OHC [18]. However, the SNF showed 0.94 ± 0.38 and 2.15 ± 0.52% WHC and OHC, respectively, that is in comparison with commercially used apple pectin (6.71% WHC and 2.11% OHC) [19]. However, the SNF showed 0.94 ± 0.38 and 2.15 ± 0.52% WHC and OHC, respectively, that is in comparison with commercially used apple pectin (6.71% WHC and 2.11% OHC) [19].

3.3.2. Foaming Capacity and Stability of Hydrocolloid. FC of different extracted hydrocolloid samples of S. nigrum, S. surattense, and S. indicum was investigated at room temperature for an hour (Table 2). The highest values of foaming capacity were observed in S. indicum fruit (65.00 ± 3.05%), followed by S. surattense fruit.
The foaming stability of all the nine samples was studied for a 2-hour time interval. The highly stable foam volume up to 2 hours was observed from fruit parts of all investigated plant parts (Figure 1(c)). The maximum value of foaming stability was observed in SIF (90.00 ± 0.31%), signifying its use as a foam stabilizer in lathered beverages including beer cappuccino. Furthermore, it may also play a significant role in foam formation in various food products, such as marshmallows and mousses. The water-extracted hydrocolloids from S. nigrum and S. surattense fruits showed intermediate foaming stability of 58.00 ± 0.17% and 77.00 ± 0.28%, respectively, after 2 h of foam formation. Hydrocolloids from stem parts of the investigated plants showed low foaming stability, while no significant (P ≤ 0.05) foaming stability was observed in S. indicum leaves having 0.00% foaming capacity. Earlier studies have reported that sodium alginate and gum arabic show a poor foaming stability, while wheat starch, CMC carrageenan, and xanthan gum have not been analyzed because these hydrocolloids do not show any foaming capacity [1]. However, the methanolic extract of flaxseed mucilage (Linaceae family) showed much higher

Table 2: Foaming capacity, emulsifying activity, and emulsifying stability (% ± SD) of hydrocolloid from aerial parts of S. surattense, S. nigrum, and S. indicum using the water extraction method.

| Botanical name      | Fraction/parts | Foaming capacity | Emulsifying activity | Emulsifying stability |
|---------------------|----------------|------------------|----------------------|-----------------------|
|                     |                |                  |                      |                       |
| Solanum nigrum      | Fruit          | 40.00 ± 1.06     | 80.00 ± 3.7          | 60.00 ± 0.92          |
|                     | Stem           | 25.00 ± 0.46     | 40.00 ± 2.27         | 40.00 ± 1.97          |
|                     | Leaves         | 10.00 ± 0.27     | 50.00 ± 1.4          | 40.00 ± 0.54          |
| Solanum surattense  | Fruit          | 50.00 ± 2.50     | 90.00 ± 2.52         | 0.00 ± 0.00           |
|                     | Stem           | 35.00 ± 0.46     | 60.00 ± 1.39         | 0.00 ± 0.00           |
|                     | Leaves         | 20.00 ± 0.77     | 70.00 ± 1.07         | 0.00 ± 0.00           |
| Solanum indicum     | Fruit          | 65.00 ± 3.05     | 90.00 ± 1.86         | 70.00 ± 1.36          |
|                     | Stem           | 30.00 ± 0.46     | 20.00 ± 0.38         | 30.00 ± 1.09          |
|                     | Leaves         | 0.00 ± 0.00      | 0.00 ± 0.00          | 0.00 ± 0.00           |

Each value is expressed as the mean ± standard deviation (n = 3) of a triplicate analysis. The means followed by different superscripted lowercase letters indicate significant differences (P < 0.05).
foaming capacity and stability compared to the present study [21].

3.3.3. Emulsifying Activity and Stability of Hydrocolloid. The samples heated as described in methodology were used for preparing oil-in-water emulsions (65% oil, w/w). The profile of emulsifying activity and stability was determined by using 2% (w/v) of samples of fruit, stem, and leaves of experimental plants. The significantly (P ≤ 0.05) higher emulsifying activity and stability range were observed in the fruit fractions of all investigated plants (Table 2). Similarly, Alfredo et al. [22] reported 70% emulsifying activity in apple

Figure 2: FTIR characterization of hydrocolloid extracted from S. surattense (a), S. nigrum (b), and S. indicum (c).
pectin. In the present study, the emulsifying activity of leaves was observed to be 70.00 ± 1.07% and 50.00 ± 1.40% in SS and SN, respectively. The order of emulsifying activity in stem of all the plants was SS (60.00 ± 1.39%) > SN (40.00 ± 2.27%) > SI (20.00 ± 38%). Hydrocolloids extracted from stem, leaves, and fruits of *S. surattense* showed no emulsifying stability. However, according to the literature, apple pectin shows the highest emulsifying stability (90.00%), but it has low emulsifying activity as compared with hydrocolloid extracted from SIF. Higher emulsifying activity and stability of hydrocolloid especially from fruit fractions investigated in the present study may enhance the

**Figure 3:** Reverse-phase HPLC characterization of hydrocolloid extracted from *S. surattense* (a), *S. nigrum* (b), and *S. indicum* (c).
ability of food products to adsorb bile acids in the intestine and are indicative of its potential use to reduce cholesterol level in blood [22].

3.4. FTIR Analysis. FTIR spectroscopy is a reproducible and quantitative technique to study biomolecules within a short scanning time [23]. The major functional groups of extracted hydrocolloids present in the fruit fractions of *S. nigrum*, *S. surattense*, and *S. indicum* were recognized through FTIR spectra (Figure 2). The functional groups were allocated in accordance with the presence of the absorption bands at their particular wavenumbers (cm\(^{-1}\)), as 3300 (OH stretch), 2941 (C–H stretch of methyl groups), 1745 (C=O stretch of methyl esterified carbonyl), 1630 (COO\(^{-1}\) asymmetric stretch of carboxylate anion, absorption region of amid I proteins), 1529 (amide II from protein), 1432 (COO\(^{-1}\) symmetric stretch of carboxylic anion), 1229 ((CH\(_3\))\(_2\)-C), and 1017 (C–O and C–C stretch, absorption region of polysaccharides) [6]. The highest absorption configuration between 1300 and 800 cm\(^{-1}\) expressed as the “fingerprint” region showed specificity with respective hydrocolloids. The FTIR spectra of SNF, SSF, and SIF showed “fingerprint” regions same as that of hydrocolloids from citrus, suggesting that these might be from the pectin family. The absorption bands found in all samples were at 3302–3309 cm\(^{-1}\) and were allotted to the stretching vibration of -OH groups. Greater absorption at 1630 cm\(^{-1}\) (carboxylate groups) and absence or weaker absorption at 1745 cm\(^{-1}\) (ester carbonyl groups) indicated these as low methoxyl pectins.

3.5. Monosaccharide Composition of Hydrocolloid. Monosaccharide profiling of fruit fractions of *S. indicum*, *S. surattense*, and *S. nigrum* hydrocolloid showed the predominant presence of galacturonic acid (GalU), glucuronic acid (Glu), glucose (Glc), galactose (Gal), xylose (Xyl), mannose (man), and arabinose (Ara) (Figure 3). *S. indicum* fruit was richly constituted of glucose (8.54 µg/mL), galactose (8.34 µg/mL), galacturonic acid (2.67 µg/mL), and arabinose (1.28 µg/mL). Monosaccharide observed in *S. surattense* fruit was glucose, glucuronic acid, and galacturonic acid in order of glucuronic acid > glucose > galacturonic acid, while the xylose, arabinose, and mannose were absent. Fruits of *S. nigrum* consist of glucose (1.741 µg/mL), galacturonic acid (1.068 µg/mL), xylose (0.284 µg/mL), and mannose (0.390 µg/mL). Galactose, glucuronic acid, and arabinose were absent in *S. nigrum* fruit. These findings suggest the higher probability of the presence of three common monosaccharides (glucose, glucuronic acid, and galactose) from different hydrocolloids and also indicated that these convert to fractions through water extraction. Contrarily, the existence of xylose and mannose in minute amounts may be due to less extraction capacity of xylose and mannose through water extraction from their polysaccharides. The low extraction capacity may be elucidated by the fact that mannose and xylose are the main elements of hemicelluloses and are found to be steady and stable to extraction through water. Moreover, it may be also be caused by the tough bonds between cellulose and hemicellulose resulting in problems in bond breakage [24]. However, Eromosele et al. [25] extracted xylose and mannose in higher amounts when strong alkali (4 M NaOH) was used. Hence, the methods of extraction are critical in obtaining the required and accurate monosaccharide profile and also affect the functional characteristics of the extracted hydrocolloid. Similar to the present study, Cui and Mazza [26] analyzed the different varieties of flaxseed mucilage and found these to contain galacturonic acid, xylose, glucose, galactose, mannose, arabinose, and rhamnose as major sugar constituents.

4. Conclusion

Water-soluble hydrocolloids in the aerial parts of *S. nigrum*, *S. surattense*, and *S. indicum* were extracted and characterized. Among fruits, stem, and leaf fractions of investigated plants, the fruits of all plant species showed the best quantity and quality of hydrocolloids. The fruit fractions of *S. indicum* showed the highest hydrocolloid content with good water- and oil-holding capacities, emulsifying activity, and foaming stability, signifying its use as a foam stabilizer in frothy beverages and in foam-based food products. Reverse-phase HPLC analysis showed glucose, galactose, and galacturonic acid as major sugar components. These findings reveal these hydrocolloids as potential thickening agents, which can be used to modify the texture of food and also as a fat replacer in low-fat food. However, further studies are necessary to achieve more comprehensive characterization and commercial applications.

Data Availability

The data used to support the findings of the present study are included within the article.

Conflicts of Interest

The authors declare no conflicts of interest.

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