Autism throughout genetics: Perusal of the implication of ion channels

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1 | BACKGROUND

For several decades, autism was described as an infantile psychiatric disorder and was termed “childhood schizophrenia.” It was initially believed to be triggered by the psychopathological behavior of the parents and in particular by the behavior of the mother toward her child (Sanua, 1983). In 1943, Leo Kanner characterized for the first time several cases of autism by describing the behavior of children between 2 and 8 years of age (Sanua, 1983). These children were characterized by deficits in social interactions and communication...
skills including eye contact avoidance, difficulties in understanding the emotions of others, hyper or hypo-reactivity, focused interests, and stereotyped repetitive behaviors. Because the clinical manifestation of autism may differ significantly among patients, various pathologies were initially described including early infantile autism, childhood autism, Kanner’s autism, high functioning autism, atypical autism, pervasive developmental disorder not otherwise specified, childhood disintegrative disorder, and Asperger disorder. This group of disorders is currently encompassed within autism spectrum disorder (ASD; American Psychiatric Association, 2013). The essential clinical manifestations of ASD are persistent in reciprocal social communication and social interaction and restrictive patterns of behavior, interests, or activities. These clinical features may be caused by a variety of genetic abnormalities and environmental factors and may also temporarily overlap with other disorders including Rett syndrome (Park et al., 2016), ASD may be also associated with epilepsy (15%–47% of cases) and intellectual disability (8%–39% of cases; Ko, Kim, Kim, Song, & Cheon, 2016; La Malfa, Lassi, Bertelli, Salmani, & Placidi, 2004).

Genetic causes of ASD were first identified by epidemiological studies of human populations diagnosed with autism (Szatmari, Jones, Zwaigenbaum, & MacLean, 1998), Ozonoff et al. (2011) demonstrated that the prevalence of autism among siblings was 18 times higher than in the general population, suggesting the existence of a familial heritability factor. Also, the imbalance in the sex ratio among ASD cases, with four to five boys affected for each affected girl, has led to the suggestion of a segregation linked to a sex chromosome and the implication of genes whose variations are expressed on a sex-linked recessive mode (Lai, Lombardo, Auyeung, Chakrabarti, & Baron-Cohen, 2015; Ozonoff et al., 2011). The second argument in favor of genetic causes of ASD is based on the observation of a change in concordance rate between monozygotic and dizygotic twins, which was found to be 70%–90% in monozygotic twins compared with a lower rate of 0%–30% for dizygotic twins (Ronald & Hoekstra, 2014; Rosenberg et al., 2009). Thirdly, the existence of chromosomal aberrations detected in patients with ASD also points toward genetic causes (Vorstman et al., 2006). Finally, genome-wide association studies (GWAS) have led to the identification of numerous ASD susceptibility genes that are located on various chromosomes, especially 2q, 5p, 7q, 15q, 17q and on chromosome X (Anney et al., 2010).

In addition, some patients with ASD were found to have variations in syndromic Mendelian genes (e.g., FMRI for fragile X syndrome, TSC1 and TSC2 for tuberous sclerosis, and MECP2 for Rett syndrome; Liu & Takumi, 2014). The identification of variations in neurelin genes (NLGN4X and NLGN3X) in patients with ASD suggested that proteins involved in synapse formation and synaptic transmission play an important role in the etiology of ASD (Jamain et al., 2003). Similarly, rare variations have been detected in genes coding for ion channels (e.g., CACNA1 and CACNB2), as well as proteins involved in synaptic structure, gene transcription, and chromatin remodeling (e.g., NRXN1, CTTNB2, CHD8, and SHANK3), indicating that altered synaptic plasticity and regulation of gene expression may also be involved in the etiology of ASD (Cross-Disorder Group of the Psychiatric Genomics Consortium, 2013; De Rubeis et al., 2014; Durand et al., 2007).

This review examines the genetic basis of ASD and highlights the involvement of ion channel dysfunctions in the causes of this disorder.

2 | REVIEW

2.1 | Genetic aspects of ASD

During the last 30 years, a number of reviews have provided detailed description of the genetic architecture associated with ASD (Bourgeron, 2015; Devlin & Scherer, 2012; Li, Zou, & Brown, 2012; Liu & Takumi, 2014; Persico & Napolioni, 2013; Robert et al., 2017). This expansion of knowledge is due to the advances in molecular technologies, which allowed detecting chromosomal rearrangements, copy number variations (CNVs), and candidate genes in patients with ASD.

2.1.1 | Chromosomal abnormalities and CNVs in ASD

Chromosomal rearrangements have been identified in 5% of individuals with ASD. These cytogenetic abnormalities are observed in chromosomes 5p15, 15q11–q13, 17p11, and 22q11.2 (Jacqueumont et al., 2006; Sebat et al., 2007). Abnormalities affecting the 15q11–q13 region represent the most frequent variation associated with ASD accounting for close to 1% of all ASD cases (Badescu et al., 2016). Depending on the variation type and pattern of inheritance, this locus is associated with either Prader–Willi syndrome (PWS) or Angelman syndrome (AS) along with ASD (Badescu et al., 2016). This variation is based on whether the duplication affects the maternal or the paternal allele (Badescu et al., 2016). Besides structural rearrangements, other abnormalities of chromosomal numbers or aneuploidies are detected in ASD including trisomy 21, Turner syndrome (45, X), and Klinefelter syndrome (47, XXX; Devlin & Scherer, 2012). Thanks to the comparative genomic hybridization (CGH) technique or SNPs array, CNVs were also found in multiple chromosomal regions at 1q21.1, 16p11.2, 17q12, and 22q11.2 (Jacqueumont et al., 2006; Marshall et al., 2008; Matsunami et al., 2013; O’Roak et al., 2012; Pinto et al., 2010; Sebat et al., 2007). Further studies supported the association with ASD of two recurrent de novo CNVs at 16p11.2 (duplication and deletion) and 7q11.23 (duplication; Levy et al., 2011; Sanders Stephan et al., 2011). The chromosomal deletion found at 7q11.23 has been linked to William’s syndrome, which includes intellectual disabilities, facial dysmorphic features, congenital heart defect, and transient hypercalcaemia. The intellectual disabilities suggest that this chromosomal region may also contain genes associated with social behaviors (Pinto et al., 2010). CNVs were found enriched in groups of genes implicated in cell signaling pathways that regulate neuronal development and cell proliferation along with a group of genes associated with the GTPase/Ras
signaling pathway and neuronal plasticity (Pinto et al., 2010). CNVs studies demonstrated also that there is alteration in the fragile X mental retardation protein (FMRP) in patients with ASD. In fact, fragile X syndrome (X-Fra) is associated with 1%-2% of ASD cases. X-Fra syndrome is the second major cause of intellectual disability, which is caused by the expansion of CGG trinucleotide repeats in the FMR1 gene located on chromosome X and that encodes FMRP. This protein plays an essential role in synaptic plasticity by regulating mRNA trafficking in the brain (Devlin & Scherer, 2012; Roberts, Tonnsen, McCary, Caravella, & Shinkareva, 2016).

These data emphasized the role of CNVs in ASD, and further investigations in these regions have led to the identification of candidate genes in particular with whole-exome and whole-genome sequencing studies.

2.1.2 | ASD candidate genes

Next-generation sequencing (NGS) techniques are very efficient tools for the identification of novel candidate genes associated with ASD. Most of the studies have been performed on sporadic cases of ASD. Using NGS, O’Rack et al. identified de novo variations in FOXP1, GRIN2B, SCN1A, LAMC3, and rare inherited CNTNAP2 variations (De Rubeis et al., 2014; O’Roak et al., 2011). Three genes were found in ASD probands with two de novo variations in each of these genes: BRCA2, FAT1, and KCNMA1 (Neale et al., 2012). These studies also found significant enrichment of de novo variations in five ASD candidate genes including STXBP1, MEF2C, KIRREL3, RELN, and TUBA1A (Neale et al., 2012). Likewise, a region of chromosome 7q that includes the candidate genes RELN, FOXP2, WNT2, and CADPS2 has been implicated in ASD (Liu & Takumi, 2014). The extracellular glycoprotein RELN plays a key role in neuronal migration and cell interactions (Li et al., 2004). However, it appears that variations in RELN are insufficient to cause ASD, suggesting that secondary genetic or epigenetic factors are behind these cases of ASD (Li et al., 2004). FOXP2 is a crucial gene for language development. Variations affecting this gene have been detected in individuals who lack the ability of acquiring communication skills. However, evidence supporting the involvement of FOXP2 in ASD remains scattered (Toma et al., 2013). The WNT2 gene belongs to the large WNT gene family, which is highly expressed during development of the central nervous system and, therefore, it is not surprising that it could represent an ASD candidate gene (Kalkman, 2012; Li et al., 2004). Finally, the CADPS2 gene encodes a calcium (Ca\(^{2+}\))-binding protein and variations in this gene have been linked to patients with ASD and intellectual disability (Bonora et al., 2014). Others genes encoding synaptic proteins linked to ASD were also identified by NGS: They include the glutamate receptors (GRIK2, GRIA3), the cell adhesion molecule CNTNAP2, and the scaffolding protein SHANK3. SHANK3 is involved in (i) synapse formation and maturation, (ii) the link between neurotransmitter receptors and ion channels, and (iii) the interaction with scaffolding proteins and gene regulatory proteins (e.g., protein of chromatin remodeling CHD8; Anney et al., 2010; Cotney et al., 2015; De Rubeis et al., 2014; O’Roak et al., 2011). NRXN1, NLGN3/4X, and SHANK3 genes, which encode proteins involved in neuronal cell adhesion and in the regulation of synaptic transmission, are considered strong candidate loci for ASD (Weiss & Arking, 2009). Variations in those loci have also been detected in several patients with ASD (Anney et al., 2010; O’Roak et al., 2011; Table 1).

These approaches have also identified variants in genes encoding ion channels. Here, we describe these variations and highlight the role of ion channels in ASD.

2.2 | Ion channels and ASD

2.2.1 | Calcium signaling and voltage-gated Ca\(^{2+}\) channels in ASD

Ca\(^{2+}\) channels are present in many different cell types and they mediate Ca\(^{2+}\) influx in response to stimuli which can be a response to (i) change in the membrane depolarization; known as voltage-gated channels or (ii) a ligand-mediated activation (e.g., ryanodine receptor (RyR), inositol triphosphate receptor (IP3R) in the reticulum). In the brain, the elevation of intracellular Ca\(^{2+}\) concentration activates several signaling pathways that regulate important neuronal functions such as synaptogenesis, neuronal differentiation, and cell migration (Krey & Dolmetsch, 2007). Dysfunctions of these pathways are responsible for abnormalities observed in patients with ASD, which include an increased cell density, changes in neuronal size, dendritic and axonal branching alterations, as well as in neuronal connectivity (Krey & Dolmetsch, 2007). Voltage-gated Ca\(^{2+}\) channels are devised in two categories: high-voltage-activated channels (HVA) and low-voltage-activated channels (LVA). HVA include L-type, the neuronal N-, P/Q-, and R-type. The low-voltage-activated Ca\(^{2+}\) currents are represented by T-type channels. HVA are composed by a principal transmembrane subunit α (Cav α) associated with a disulfide-linked β6 (Cav β6) dimer, an intracellular β subunit (Cav β), and a transmembrane γ subunit (Cav γ), while LVA channels are composed only by α1 subunit. Both of HVA and LVA channels control the passive flow of Ca\(^{2+}\) across membranes. Therefore, alteration in their components leads to defective channel function that translates themselves into a variety of neurological disorders including hemiplegic migraine, episodic and spinocerebellar ataxia, epilepsy, and ASD (Bidaud, Mezghrani, Swayne, Monteil, & Lory, 2006; Breitenkamp, Matthes, & Herzig, 2015; Heyes et al., 2015; Parellada et al., 2014; Stary et al., 2008; Zamponi, 2016).

The Timothy syndrome (TS) is a channelopathy described to be associated with ASD. TS is a multisystem disorder characterized by autistic features, cardiac abnormalities (QT prolongation), defective immune response, and syndactyly (Splawski et al., 2004). Variations affecting the gene encoding the pore-forming α\(_1\) subunit of L-type voltage-gated Ca\(^{2+}\) channels are associated with TS. Two genetic variations (G406R and G402S), affecting exon 8 of the Ca\(_{1.2}\) channel α\(_1\) subunit gene (CACNA1C), have been associated with TS. They impair the Ca\(_{1.2}\) inactivation and lead to prolonged channel opening and consequent increase in Ca\(^{2+}\) flux (Barrett & Tsien, 2008; Splawski et al., 2004). Whole-exome sequencing of a
| Gene    | Name                                                   | Cytogenetic location | Protein function                                                                 | Associated pathologies                      | References                                      |
|---------|--------------------------------------------------------|----------------------|----------------------------------------------------------------------------------|-----------------------------------------------|------------------------------------------------|
| CHD8    | Chromodomain helicase DNA-binding protein 8/autism susceptibility 18 (AUT18) | 14q11.2              | Transcriptional repressor negatively regulates Wnt signaling pathway by binding to beta-catenin thereby inhibiting binding to TCF4 | ASD                                           | Cotney et al. (2015), Krumm, O'Roak, Shendure, and Eichler (2014), and O'Roak et al. (2012) |
| CNTNAP2 | Contactin-associated protein-like 2/autism susceptibility 15 (AUT15) 7q35–q36 | Protein member of the neurexin superfamily involved in neural and glia interactions and clustering of potassium channels in neurons | Epilepsy, Pitt–Hopkins-like syndrome 1, ASD | O'Roak et al. (2011) and Toma et al. (2013) |
| CTTNBP2 | Cortactin-binding protein 2 7q31.31 | Modulates the mobility of cortactin in neurons. Regulates spine morphogenesis and synaptic signaling via PP2A complex | ASD                                           | Cross-Disorder Group of the Psychiatric Genomics Consortium (2013) |
| FMR1    | Fragile X mental retardation protein Xq27.3            | FMRP is an RNA-binding protein involved in RNA translation in neurons | Fragile X syndrome, ASD                      | Devlin and Scherer (2012) and Roberts et al. (2016) |
| MECP2   | Methyl-CpG-binding protein 2 Xq28                     | Chromatin-associated protein that regulates gene transcription. It is required for the maturation of neurons | Rett syndrome, mental retardation X-linked syndromic 13, autism susceptibility X-linked 3 | Devlin and Scherer (2012) and Liu and Takumi (2014) |
| NLGN3   | Neuroligin 3 Xq13.1                                   | Linked only to glutamatergic postsynaptic proteins | Asperger syndrome susceptibility, autism susceptibility X-linked 1                  | Jamain et al. (2003) |
| NLGN4   | Neuroligin 4 Xp22.32–p22.31                           | Binds to neurexins and localized in dendritic spines | Mental retardation X-linked, Asperger syndrome susceptibility X-linked, autism susceptibility X-linked 2 | Jamain et al. (2003) |
| NRXN1   | Neurexin 1 2p16.3                                     | Neurexins, including NRXN1, are cell surface receptors that bind neuroligins to form a Ca\(^{2+}\)-dependent neurexin/neuroligin complex at synapses in the central nervous system. This complex is required for neurotransmission and is involved in the formation of synaptic connexion | Pitt–Hopkins-like syndrome 2, schizophrenia, ASD | Anney et al. (2010) and Girirajan et al. (2013) |
| PTEN    | Phosphatase and tension homolog 10q23.31              | Tumor suppressor involved in PI3K signaling pathway and negatively regulates the MAPK pathway | PTEN hamartoma tumor syndrome, macrocephaly, autism | McBride et al. (2010) and O'Roak et al. (2012) |
**TABLE 1** (Continued)

| Gene | Name | Cytogenetic location | Protein function | Associated pathologies | References |
|------|------|----------------------|-------------------|-------------------------|------------|
| SHANK3 | SH3 and multiple ankyrin repeat domains 3 | 22q13.33 | Scaffold protein abundant in postsynaptic excitatory synapses where it organizes receptor signaling (e.g., NMDA receptor, mGluR) | ASD, Phelan–McDermid syndrome, schizophrenia | Durand et al. (2007) and Yi et al. (2016) |
| SYNGAP1 | Synaptic Ras GTPase-activating protein 1 | 6p21.32 | Ras GTPase-activating protein that is largely localized in dendritic spines in neocortical pyramidal neurons. Suppresses signaling pathways linked to NMDA receptor (NMDAR)-mediated synaptic plasticity and AMPA receptor (AMPA) | Mental retardation, ASD | Pinto et al. (2010) |
| TSC1 | Hamartin | 9q34.13 | Interacts with tuberin to form a complex that inhibits signal transduction to the downstream effectors of the mammalian target rapamycin pathway (mTOR). Implicated in cell proliferation inhibition | Tuberous sclerosis-1 | Devlin and Scherer (2012) and Liu and Takumi (2014) |
| TSC2 | Tuberin | 16p13.3 | Acts as a chaperone for hamartin protein | Tuberous sclerosis-2 | Devlin and Scherer (2012) and Liu and Takumi (2014) |
male patient affected with TS revealed a novel variation in CACNA1C gene (p.I1166T; Boczek et al., 2015). Electrophysiological analysis of HEK-293 cells expressing this gene variant showed a shift in the peak channel activation and a reduced current density (Boczek et al., 2015; Table 2). L-type channels are predominantly expressed in the heart and brain. They are localized at dendrites and cell bodies of mature neurons and regulate neuronal excitability and Ca$^{2+}$-dependent signaling cascades involving cAMP-binding protein (CREB) and myocyte enhancer factor 2 (MEF2; Krey & Dolmetsch, 2007; Simms & Zamponi, 2014). CACNA1C plays a key role in the development and functionality of the central nervous system by modulating gamma-aminobutyric acid (GABA) transmission and influencing neuronal firing. In fact, mice with dysfunctional CACNA1C show defects in N-methyl-D-aspartate (NMDA) receptor activity leading to an NMDA-independent long-term potentiation in the CA1 region of the hippocampus that produces an acute decline in memory. These observations indicate that CACNA1C may play a role in NMDA receptor-dependent signaling and in synaptic plasticity in the hippocampus. In addition to ASD, SNPs in CACNA1C gene are linked to psychiatric disorders including schizophrenia and bipolar disorder (Li et al., 2015; Moosmang et al., 2005). In a large GWAS, two genes encoding the $\alpha_1$ subunit of calcium channel (CACNA1C) and its regulatory $\beta_2$ subunit (CACNB2) were strongly linked to psychiatric disorders and ASD (Cross-Disorder Group of the Psychiatric Genomics Consortium, 2013).

In addition, three rare missense variations of CACNB2 (G167S, S197F, and F240L) were identified in families with ASD (Breitenkamp et al., 2014). Heterologous expression of these gene variants in HEK-293 cells followed by electrophysiological analysis showed remarkable changes in channel kinetics characterized by an increased sensitivity of voltage-dependent inactivation for both G167S and S197F variants. Unlike these variations, the third variation F240L showed a significant accelerated time-dependent inactivation (Breitenkamp et al., 2014; Table 2). A deletion in chromosome region 12p13.33, that affects both the CACNA1C and the CACNA2D4 genes coding for the $\alpha_1$ channel-forming subunit and the $\alpha_2\delta_4$ auxiliary

### TABLE 2  Impact of genetic variations associated with autism spectrum disorder (ASD) on ion channel’s function

| Ion channels | Genes       | Variations                          | Type of variation | Impact on ion channel                                                                 | References                          |
|--------------|-------------|-------------------------------------|-------------------|--------------------------------------------------------------------------------------|-------------------------------------|
| Ca$^{2+}$ channels | CACNA1C | p.I1166T               | Missense          | Shifts peak channel activation and reduces current density                         | Boczek et al. (2015)                     |
|              | CACNA1D     | p.A749G; p.G407R    | Missense          | Changes kinetics of activation and inactivation                                    | Pinggera et al. (2015)                  |
|              | CACNA1F     | p.I745T               | Missense          | Shifts channel inactivation ~30 mV and significantly slows the inactivation kinetics | Hemara-Wahanui et al. (2005)            |
|              | CACNA1H     | p.R212C; p.R902W, p.R1871Q/p.A1874V; p.W962C | Missense          | All these mutations reduce current density and voltage-dependent gating properties | Splawski et al. (2006)                  |
|              | CACNB2      | p.G167S; p.S197F; p.F240L | Missense          | G167S and S197F increase the sensitivity of voltage-dependent inactivation, and F240L shows an accelerated time-dependent inactivation | Breitenkamp et al. (2014)               |
| K$^+$ channels | KCNMA1 | 9q23/10q22          | Translocation     | Reduces the activity of the BK$_{Ca}$ channel                                     | Laumonnier et al. (2006)               |
|              | KCNB1       | p.I199F               | Missense          | Induces partial loss of function relative to biophysical defects of assembled homotetrameric and heterotetrameric channels | Calhoun et al. (2017)                  |
|              | KCNQ3       | p.P574S               | Missense          | Reduces potassium current amplitude                                                | Gilling et al. (2013)                   |
| Na$^+$ channels | SCN2A | c.476+1G>A      | Splicing          | Produces a nonsense mRNA and a truncated protein which alters the channel properties | Tavassoli et al. (2014)                 |
subunit, respectively, was observed in patients with autistic manifestations (Smith et al., 2012). A chromosomal translocation of 2p12p resulting in a deletion of both genes (CACNA1C and CACNA2D4) was detected in two ASD-affected individuals (Smith et al., 2012). Furthermore, a whole-exome sequencing study identified de novo rare alleles in α1 subunit loci CACNA1D and CACNA1E (O’Roak et al., 2012; Pinggera et al., 2015). The α1 subunit (CaV1.3) of L-type channels plays an important role in neuronal signaling and in brain function including memory and behavior (Pinggera et al., 2015). De novo variations in CaV1.3 subunit (CACNA1D) were identified in a cohort of patients affected with autism along with intellectual disability (Pinggera et al., 2015). Using heterologous expression of the mutant proteins in tsA-201 cells and whole-cell patch-clamp electrophysiological recordings revealed that these genetic variations affect the gating properties of the channel by changing the voltage-dependent kinetics of activation and inactivation (Pinggera et al., 2015; Table 2). A relevant study based on the analysis of signaling pathways implicated in ASD etiology of 1000 individuals with ASD from the Autism Genetic Resource Exchange ( AGRE) identified SNPs in 146 genes. From 15 high-risk SNPs linked to ASD found in the study, two of them are found in CACNA1A encoding CaV2.1 of Ca2+ channel and in CACNA2D3 gene encoding for αδ3 subunit of voltage-gated Ca2+ channel (Skafidas et al., 2014). A recent study in Chinese Han population reported for the first time the association of two markers (rs7249246 and rs12609735) in CACNA1A gene with patients with ASD (Li et al., 2015). A variation in CACNA1F gene encoding for CaV1.4 of Ca2+ channel was detected in a family with inherited night blindness and ASD. This variation leads to the substitution of threonine by an isoleucine residue at codon 745 (p.I745T). Functional analysis of this variation performed in tsA-201 cells demonstrated that it affects channel kinetics causing the inactivation of the Ca2+ current (Hemara-Wahanui et al., 2005; Table 2).

T-type voltage-gated Ca2+ channels are known to play a key role in the cerebral cortex and in the thalamus (Simms & Zamponi, 2014). Four heterozygous missense variations in CACNA1H gene, encoding the CaV3.2 subunit of T-type channels, were found associated with decreased channel activity in six of 461 autistic patients. This decrease could be a result of abnormal trafficking of the channel (Splawski et al., 2006; Table 2). Variations in the CACNA1H gene have also been associated with childhood absence epilepsy (Splawski et al., 2006). Another α1 subunit of the T-type calcium channel-encoding gene (CACNA1G) mapped at 17q11–q21 region was found to contain SNPs (rs12603122, rs757415, rs12603112, and rs198547) in patients with ASD (Lu, Dai, Martinez-Agosto, & Cantor, 2012). A statistical re-analysis of a GWAS data of patients with ASD from the AGRE revealed the association of the CACNA1I gene encoding for CaV3.3 of Ca2+ channel in ASD (Hussman et al., 2011). Yatsenko et al. studied 20 unrelated children affected with neurodevelopmental impairments, speech delay, and ASD using array-comparative genome hybridization and detected a duplication in 9q34. This region contains the CACNA1B gene, and the 3’ region of EHMT1 gene implicated in Kleefstra syndrome, which is a genetic disorder characterized by intellectual disabilities, infantile hypotonia, severe delay in expressive language, and facial dysmorphism associated with other clinical signs. However, this duplication was described by the author as “benign” because it was also found in the control individual (Yatsenko et al., 2012; Table 3).

The importance of defective regulation of intracellular Ca2+ in the pathophysiology of ASD is further supported by the association between genes that encode plasma membrane Ca2+-pumps and ASD. In fact, three studies from different human populations reported an association between the ATP2B2 gene coding for the plasma membrane Ca2+-ATPase and ASD phenotypes (Yang et al., 2013). It should be noted that ASD-associated genetic variations have been identified in genes encoding Ca2+-channels and Ca2+ transport pumps, as well as in genes encoding ion channels whose activities are under Ca2+ modulation. To the best of our knowledge, until now, no association with other Ca2+ channels such as ligand-gated Ca2+ channels (RyR, IP3R) has been found, hampering the exploration of novel cellular pathways.

2.2.2 | Potassium (K⁺) channels in ASD

K⁺ channels are located in membranes of excitable and non-excitable cells and they assure K efflux out of cells. According to their structure and functions, K⁺ channels are segregated into four categories: the voltage-gated channels, inwardly rectifying (Kir), tandem pore domain (K2P), and the ligand-gated (Kligand) channels (Kuang, Purhonen, & Hebert, 2015). They all share a pore-forming α subunit but different regulatory subunits are identified in each group. Ca2+-activated potassium channels (BKCa) are ligand-gated K⁺ channels that participate to several cell functions such as the regulation of hormone and neurotransmitter releases (Kuang et al., 2015). In fact, BKCa are abundantly distributed throughout the brain and are mainly localized at presynaptic terminals, where they partake in the adjustment of synaptic transmission and neuronal excitability (Kuang et al., 2015; Laumonnier et al., 2006). Laumonnier et al. (2006) observed a de novo balanced translocation of the 9q23/10q22 region that houses the α1 subunit gene of BKCa channel (KCNMA1) in patients with ASD. Electrophysiological experiments on lymphoblastoid cell lines derived from patients with ASD manifested a reduced activity of these channels. The authors also found a missense variation that alters a conserved domain of the channel in one patient with ASD (Laumonnier et al., 2006; Table 2). Furthermore, a variation in the α1 subunit of BKCa channel (KCNMA1) has been implicated in generalized epilepsy and paroxysmal dyskinesia (Du et al., 2005). A novel missense variation (c.595A.T) in KCNB1 gene that encodes Kv2.1 voltage-gated potassium channel was detected in a patient with ASD associated with intellectual disability and epilepsy. This variation causes the substitution of isoleucine to phenylalanine at codon 199 (p.I199F) leading to significant depolarizing shifts in the voltage dependence of activation and inactivation of the channel (Calhoun, Vanoye, Kok, George, & Kearney, 2017; Table 2). The regulatory β4 subunit gene of BKCa channel (KCNMB4) was classified as one of the three predictive genes in ASD as it was strongly associated with SNPs-ASD-associated in a large meta-analysis study (Skafidas
On the other hand, a variation of KCNQ3 gene mapped to chromosome 8q24, encoding the voltage-gated potassium channel K_\(\text{V}^\text{7.3}\), has been linked to epilepsy. This locus was found disrupted as a consequence of a de novo chromosomal translocation in one patient with ASD. In addition, three patients with ASD shared a missense variation in KCNQ3. This variation could be described as a loss of function as identified by electrophysiological recordings in Xenopus laevis oocytes (Gilling et al., 2013; Table 2).

These findings established a link between ASD and potassium channels and highlight their physiological importance in neuronal functions.

### 2.2.3 Sodium (Na\(^+\)) Channels in ASD

Voltage-gated Na\(^+\) channels (Na\(_v\)) are essential for the initiation and propagation of action potentials in neuronal cells, muscles, and heart tissues. Na\(_v\) channels are heteromeric complexes comprised of an \(\alpha\) subunit (pore-forming) associated with one or more \(\beta\) regulatory subunits. We distinguish nine members of Na\(_v\) channels (Na\(_v\)1.1 to Na\(_v\)1.9) that differ by their structure but also by their ligand-specific binding sites (toxins, drugs) which has led to their classification as critical drug targets (Bagal, Marron, Owen, Storer, & Swain, 2015).

Na\(_v\) channels are primarily expressed in neurons and glial cells in the central and peripheral nervous system. Variations affecting the \(\alpha\) subunit of Na\(_v\) channels and their accessory \(\beta\) subunit are known to be responsible for Brugada syndrome, a cardiac disease (Weiss et al., 2003). In addition, several variations in SCN1A and SCN2A that encode Na\(_v\)1.1 and Na\(_v\)1.2, respectively, are associated with childhood epilepsy and ASD (Weiss et al., 2003). Variations in SCN1A and SCN2A were shown to cause familial hemiplegic migraine and to be implicated in severe seizure syndrome, epilepsy, and Dravet syndrome (Craig, de Menezes, & Saneto, 2012; Weiss et al., 2003). It was shown that variations in SCN2A affect the calmodulin-binding site of the channel and reduce its affinity for Ca\(^{2+}\). This site is crucial for the binding between channel subunits and for connecting Na\(^+\) channels to Ca\(^{2+}\) signaling pathways (Weiss et al., 2003). Another study using array-comparative genome hybridization identified a de novo deletion in a chromosome 2 region (2q24.2–q24.3) that contains SCN2A and SCN3A genes in a child with ASD (Celle, Cuoco, Porta, Gimelli, & Tassano, 2013). These findings were also validated by whole-exome sequencing study showing a significant association of SCN1A gene with the etiology of ASD (O’Roak et al., 2012; Sanders et al., 2012). Tavassoli et al. (2014) using whole-exome sequencing found a de novo splice site variation in SCN2A gene in one patient with ASD. This variation (c.476+1G>A) that occurs at exon 4 of SCN2A gene generates a truncated protein (Tavassoli et al., 2014; Table 2). In addition, the \(\alpha\) subunit B gene of a Na\(^+\) channel was associated with ASD and identified by whole-genome sequencing in a family with ASD. In fact, a de novo heterozygous missense variation was found in SCN8A gene (p.N1768D), which alters a conserved residue of the channel. The biophysical consequences of this variation are an increase in Na\(^+\) current and partial channel inactivation (Veeramah et al., 2012; Table 2). In a large study of consanguineous families with autism, a homozygous deletion of SCN7A gene was identified in one family, which is adjacent to SCN1A gene within the sodium channel gene cluster (SCN1A, SCN2A, SCN3A, and SCN9A) on chromosome 2 (Morrow et al., 2008; Table 3).

#### 2.2.4 Role of the ligand-gated ion channels, GABA, glutamate, and cholinergic nicotinic receptors in ASD

Due to their crucial role in synaptic transmission, variations in GABA-A receptors are implicated in several severe neurological and neuropsychiatric disorders (Kang & Barnes, 2013). Patients with ASD have been reported to carry rearrangements abnormalities in chromosome 15q11–13 known as the imprinted region of Angelman/Prader–Willi syndromes. This region houses a cluster of GABA receptor genes that include GABRA5, GABRG3, and GABRB3, as well as CHRNA7 encoding the \(\alpha\)7 subunit of the nicotinic acetylcholine receptor (nAChR; Hoppman-Chaney, Wain, Seger, Superneau, & Hodge, 2013). Moreover, polymorphisms in GABRA4 have also been associated with autism. Two SNPs located within 15q12 region were significantly linked to ASD, suggesting that this particular region of GABRG3 gene is associated with an increased risk for ASD (Ben-Ari, Khalilov, Kahle, & Cherubini, 2012; Kang & Barnes, 2013). ASD-associated polymorphisms have been identified in both the GRIK2 gene encoding the ionotropic glutamate receptor kainate 2 and the GRM5 gene that encodes a metabotropic glutamate receptor. A recent study demonstrated a large spectrum of ASD phenotypes associated with the 15q11–13 microdeletions. This region includes the CHRNA7 locus suggesting that CHRNA7 is a critical gene in ASD (Kuang et al., 2015; Laumonnier et al., 2006).

GABA-A receptors and Cl\(^-\) concentration are important actors for the excitation/inhibition balance in neurons during neurogenesis. These two actors appear to be complementary in that the level of Cl\(^-\) concentration is crucial for GABAergic signaling. The regulation of Cl\(^-\) concentration in neurons is mediated by Cl\(^-\) cotransporter (CCCs) proteins anchored into the plasma membrane. Their roles are to couple the transport of Na\(^+\), K\(^+\), and Cl\(^-\) and are named Na/K/Cl (NCC, NKCC1, and NKCC2) transporters. There are four different K-CCCs (KCC1, KCC2, KCC3, and KCC4). In neurons, NKCC1 and KCC2 are the predominant Cl\(^-\) exchangers (Ben-Ari et al., 2012). A variation in SLC12A2 gene encoding NKCC1 was reported to be linked to schizophrenia. Functional experiments in Xenopus oocytes of this variation displayed an increased sensitivity to the NKCC blocker bumetanide. This evidence supports the hypothesis that NKCC1 activity is associated with schizophrenia and ASD because these two conditions share the same genetic background (Merner et al., 2016). In fact, it was demonstrated that patients with ASD present an elevated intracellular Cl\(^-\) concentration in neurons, suggesting that defective excitability/inhibition balance could promote ASD due to an ineffective action of GABA leading to an abnormal chloride gradient (Ben-Ari et al., 2012). Bumetanide blocks NKCC1 and decreases intracellular chloride concentration in neurons. A clinical study done on 60 children showed improvements in some ASD-related clinical manifestations. Therefore, bumetanide is currently under investigation...
| Genes     | Name                                      | Cytogenetic location | Description                                                                 | Associated phenotypes                                                                 | References                                      |
|-----------|-------------------------------------------|----------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------|
| CACNA1A   | Alpha-1A subunit of P/Q-type Ca<sup>2+</sup> channel | 19p13.13             | Modulates the biophysical properties of P/Q-type Ca<sup>2+</sup> channel in neurons | Autism, Asperger or PDD-NOS, Ataxia, Migraine                                           | Breitenkamp et al. (2015) and Skafidas et al. (2014) |
| CACNA1B   | Alpha-1B subunit of N-type Ca<sup>2+</sup> channel | 9q34.3               | Modulates the biophysical properties of N-type Ca<sup>2+</sup> channel which controls neurotransmitter release from neurons | Neurodevelopmental impairments, ASD, speech delay                                        | Breitenkamp et al. (2015) and Yatsenko et al. (2012) |
| CACNA1C   | Alpha-1C subunit of L-type Ca<sup>2+</sup> channel | 12p13.33             | Plays an important role in the development of the central nervous system and its functions, especially NMDA receptor function in the hippocampus. The mutation is also implicated in defective synaptic plasticity | Timothy syndrome, psychiatric diseases (bipolar disorder, schizophrenia), Brugada syndrome, ASD | Cross-Disorder Group of the Psychiatric Genomics Consortium (2013) and Li et al. (2015) |
| CACNA1D   | Alpha-1D subunit of voltage-gated Ca<sup>2+</sup> channel | 3p21.1               | Contributes to different brain functions, such as emotions, memory, and drug dependence. Controls gating and current properties and is involved in pacemaker current | Sinoatrial node dysfunction and deafness, psychiatric diseases, ASD                      | Pinggera et al. (2015) |
| CACNA1E   | Alpha-1E subunit of R-type Ca<sup>2+</sup> channel | 1q25.3               | Modulates the biophysical properties of R-type Ca<sup>2+</sup> channel         | ASD, psychiatric diseases                                                                | Lu et al. (2012)                               |
| CACNA1F   | Alpha-1F subunit of L-type Ca<sup>2+</sup> channel | Xp11.23              | Modulates the biophysical properties of L-type Ca<sup>2+</sup> channel         | Congenital night blindness and autism                                                   | Breitenkamp et al. (2015) and Hemara-Wahanui et al. (2005) |
| CACNA1G   | Alpha-1G subunit of T-type Ca<sup>2+</sup> channel | 17q21.33             | Modulates the Ca<sup>2+</sup> influx of T-type channel in neurons and muscle  | ASD, intellectual disability, Juvenile myoclonic epilepsy                                | Girirajan et al. (2013)                        |
| CACNA1H   | Alpha-1H subunit of T-type Ca<sup>2+</sup> channel | 16p13.3              | Abundantly expressed in cerebellum and cerebral cortex, activates small depolarization and contributes to the oscillatory behavior in neurons | ASD, childhood absence epilepsy, idiopathic generalized epilepsy                          | Splawski et al. (2006)                        |
| CACNA1I   | Alpha-1I subunit of T-type Ca<sup>2+</sup> channel | 22q13.1              | Modulates the Ca<sup>2+</sup> influx of T-type channel in neurons and generates pacemaker activity | ASD, psychiatric diseases, Brugada syndrome                                              | Breitenkamp et al. (2015) and Hussman et al. (2011) |
| CACNA2D4  | Alpha-2/delta-4 subunit of voltage-gated Ca<sup>2+</sup> channel | 12p13.33             | Modulates Ca<sup>2+</sup> influx and voltage-gated channel properties         | Retinal cone dystrophy 4, ASD (when gene deletion occurs along with CACNA1C)           | Smith et al. (2012)                           |
| CACNA2D3  | Alpha-2/delta-3 subunit of voltage-gated Ca<sup>2+</sup> channel | 3p21.1–p14.3         | Modulates Ca<sup>2+</sup> influx and voltage-gated channel properties         | ASD                                                                                      | Breitenkamp et al. (2015) and Skafidas et al. (2014) |
| CACNB2    | Beta-2 subunit of voltage-gated Ca<sup>2+</sup> channel | 10p12.33–p12.31      | Modulates the kinetics of L-type calcium channel by increasing its activity    | ASD, psychiatric diseases, Brugada syndrome                                              | Breitenkamp et al. (2014)                      |
| SCN1A     | Voltage-regulated sodium channel type 1    | 2q24.3               | Expressed in neurons and central and peripheral nervous system. Highly conserved through evolution. Controls channel gating and current | Inherited seizure disorder, Generalized Epilepsy with Febrile Seizures Plus (GEFS+), Juvenile myoclonic epilepsy, mental retardation, ASD | Craig et al. (2012), O’Roak et al. (2011), and Weiss et al. (2003) |
| Genes | Name | Cytogenetic location | Description | Associated phenotypes | References |
|-------|------|----------------------|-------------|-----------------------|------------|
| SCN2A | Voltage-regulated sodium channel type 2 | 2q24.3 | Expressed in neurons and central and peripheral nervous system. Controls channel gating and current | Early infantile epileptic, encephalopathy, benign familial infantile seizures, ASD | Celle et al. (2013) and Weiss et al. (2003) |
| SCN3A | Voltage-regulated sodium channel type 3 | 2q24.3 | Expressed in neurons and central and peripheral nervous system. Controls biophysical properties of the channel | Epilepsy, ASD | Celle et al. (2013) and Weiss et al. (2003) |
| SCN7A | Voltage-regulated sodium channel type 7 | 2q24.3 | Na⁺-specific channel in excitable cells | ASD (homozygous deletion in autism) | Morrow et al. (2008) |
| SCN8A | Voltage-regulated sodium channel type 8 | 12q13.13 | Alters the repetitive firing pattern of cerebellar Purkinje neurons | Cerebellar ataxia, epileptic encephalopathy early infantile, ASD | Weiss et al. (2003) |
| KCNMA1 | Calcium-activated large conductance potassium channel subfamily A | 10q22.3 | Synaptic protein regulator of neuronal excitability | Generalized epilepsy and paroxysmal dyskinesia (GEPD), ASD | Laumonnier et al. (2006) |
| KCNMB4 | BK channel beta subunit 4 | 12q15 | Regulatory subunit of BK channel | ASD | Skafidas et al. (2014) |
| KCNQ3 | Potassium voltage-gated channel (M-channel) | 8q24.22 | Modulates the kinetics of the channel | Rolandic epilepsy and idiopathic generalized epilepsy (IGE) including benign neonatal convulsions, ASD | Gilling et al. (2013) |
| KCNQ5 | Potassium voltage-gated channel (M-channel) | 6q13 | Expressed in brain and muscle and implicated in slow activation of the channel. Interacts with KCNQ3 | ASD | Gilling et al. (2013) |
| GRIK2 | Glutamate receptor ionotropic kainate 2 | 6q16.3 | Glutamate receptors are the predominant excitatory neurotransmitter receptors in the central nervous system. Converts chemical signal to electrical impulse | Mental retardation, ASD | Ben-Ari et al. (2012), Kang and Barnes (2013), and Laumonnier et al. (2006) |
| GRIK3 | Glutamate receptor ionotropic kainate 3 | 1p34.3 | Paralog of GRIK2 | Schizophrenia, ASD | Ben-Ari et al. (2012), Kang and Barnes, 2013, and Laumonnier et al. (2006) |
| CHRNA7 | Acetylcholine receptor, neuronal nicotinic, alpha-7 subunit | 15q13.3 | Postsynaptic GABAergic interneuron activity. Mediates fast signal transmission at synapses | Schizophrenia, ASD | Ben-Ari et al. (2012), Kang and Barnes (2013), and Laumonnier et al. (2006) |
| GABRG3 | GABA-A gamma subunit of GABA receptor family | 15q12 | Conducts chloride ions upon activation leading to hyperpolarization. Causes inhibitory effect on neurotransmission | Schizophrenia, ASD | Ben-Ari et al. (2012), Kang and Barnes, 2013, and Laumonnier et al. (2006) |
as a prospective drug by restoring the gradient and GABA inhibition and, thereby, considered as a potential ASD-therapeutic agent (Lemonnier et al., 2012; Table 3).

2.3 | Ion channels and dysfunctional pathways in ASD

Several genes encoding proteins involved in cellular pathways have been found enriched in ASD. These proteins are essentially implicated in synapse regulation (chromatin remodeling, synaptic functions and protein synthesis and degradation; De Rubeis et al., 2014; Hormozdiari, Penn, Borenstein, & Eichler, 2015; Pinto et al., 2011; Ronemus, Iossifov, Levy, & Wigler, 2014; Uddin et al., 2014; Voineagu et al., 2011).

Synaptic regulatory proteins mainly concern: glutamatergic (e.g., GRIN2B) and GABAergic (e.g., GABRA3 and GABRB3) neurotransmission, neuronal connection (e.g., CNTNAP2) and ion permeability (e.g., CACNA1, CACNA2D3, and SCN1A), as well as proteins directly involved in synapse formation such as neuroligins (NRXNs) and neuroligins (NLGNs). Among the scaffold proteins, there are proteins involved in the regulation of cell adhesion molecules and neurotransmitter receptors density in the synapse. This is the example of SHANK family proteins that assemble into large molecular platforms interacting with glutamate receptors, ion channels, actin cytoskeleton-associated proteins, and G protein-coupled signaling pathways (Graber, Schmesser, Schoen, & Boeckers, 2011). The SHANK proteins are associated with NMDA receptors via the guanylate kinase-associated protein (GKAP)/postsynaptic density-95 (PSD-95) complex and with metabotropic glutamate receptors type 1 (mGlur1) via the neuronal scaffolding protein Homer1. In addition, SHANK proteins can bind to several actin-regulatory molecules, such as cortactin (Durand et al., 2012). Mutations and CNVs (deletion and duplication) affecting SHANK genes have been associated with ASD. These variations resulted in actin accumulation in dendritic spines, which alters the development and the morphology of dendrites (Durand et al., 2012).

Furthermore, neuronal dysfunctions are due to the modifications in synthesis level of synaptic proteins caused by a defective mRNA regulation especially translation (Kelleher & Bear, 2008). This mechanism is controlled by several genes in particular mTOR and FMR1. FMRP protein, encoded by FMR1 gene, binds to 400 different mRNAs and represses their translation (Kelleher & Bear, 2008). The loss of FMRP protein results in fragile X syndrome that is present in 5% in patients with ASD. This protein acts downstream of the Ras-ERK signaling pathway via the complex FMRP–EIF4–CYFIP1. This complex regulates the translation of more than 1,000 specific genes, many of which are ASD risk genes (De Rubeis et al., 2014). When CYFIP1 (cytoplasmic FMR1 interacting protein 1) binds to FMRP protein, the complex inhibits directly the translation of mRNA or indirectly by preventing the ribosomal translocation on mRNA. It is interesting to note that the expression of FMRP is under the control of Ca²⁺/calmodulin-dependent protein kinase 4 (CAMKIV). However, CYFIP1 and CAMKIV have been described as susceptibility genes in ASD and together combined with an altered activity of FMRP enhances the ASD risk (Waltes et al., 2014).

Another pathway implicating calcium signaling and ASD is the Mammalian target of rapamycin (mTOR) pathway also known as the mechanistic target of rapamycin kinase. mTOR gene is a tumor suppressor that regulates calcium signaling and mitochondrial functions. mTOR controls cells growth, proliferation, and differentiation, involved in synapse plasticity, and inhibits autophagy by preventing protein degradation. Interestingly, mTOR is upstream regulated by several mediators such as growth factors signals (e.g., insulin) or in neurons by the brain-derived neurotrophic factor (BDNF) through the phosphoinositide-3-kinase (PI3K) activation the protein kinase B (Akt) and Ras to the extracellular signal-regulated kinase (Erk; Napoli et al., 2008; Schratt, Nigh, Chen, Hu, & Greenberg, 2004).

Both Erk and Akt act on the tuberous sclerosis complex (TSC1 and TSC2) by phosphorylating TSC2 inducing its dissociation of TSC1. TSC1 and TSC2 proteins act like GTPase proteins and downregulate a small GTPase Rheb (Ras homolog enriched in brain) protein via GAP protein through a mechanism that remains unknown (Ma & Blenis, 2009).

Rheb is a direct activator of mTOR complex by activating its regulatory associated protein (raptor; Ma & Blenis, 2009). Once the mTOR complex is activated, it phosphorylates a series of protein such as the S6 kinase 1 (S6K1), the eukaryotic translation initiation factor 4E-binding protein 1 (eIF-4BP1), and the carbamoyl-phosphate synthetase 2, aspartate transcarbamylase, and dihydroorotase (CAD). S6K1 and eIF-4BP1 are essential for protein synthesis and poly peptide translation in ribosomes and cell proliferation, while CAD is a key player in pyrimidine synthesis and so nucleotide synthesis (Ma & Blenis, 2009). In addition, the tuberous sclerosis complex can also be activated by AMPK, GSK3β, and p53 which leads the inhibition of mTOR pathway. Furthermore, variations in TSC1 and TSC2 genes have been associated with ASD (Devlin & Scherer, 2012). Also, variations in mTOR pathway repressors, such as for the neurofibromin 1 (NF1) gene NF1, cause neurofibromatosis type 1 syndrome as reported in 1% patients with ASD (Devlin & Scherer, 2012). The phosphatase and tension protein homolog (PTEN) is also known to downregulate mTOR pathway via both PI3K and AKT. Patients with ASD associated with cerebral malformation, like macrocephaly, have been found to carry variations in the PTEN gene in 7% of the cases (Devlin & Scherer, 2012; McBride et al., 2010; Figure 1).

Besides protein synthesis and translation that have been shown to be implicated in the process of ASD, the mechanism of protein degradation was also studied in ASD. Genetic studies indicate that ubiquitin–proteasome system is necessary for normal human cognitive function by regulating the synapse assembly and elimination (Mabb & Ehlers, 2010). The ubiquitin ligase enzyme Ube3A is a member of the E3 ubiquitin ligase family. The disruption of its activity leads to Angelman syndrome, while in turn the Angelman syndrome was described in ASD with CNVs and mutations in UBE3A gene (Greer et al., 2010). In Ube3A knockout mice, electrophysiological studies demonstrated an impaired long-term potentiation (LTP) in the hippocampus, which suggest that alteration of Ube3A results in
the loss of neuronal plasticity. In fact, Ube3A increases transcription through the myocyte enhancer factor 2 (MEF2) complex and regulates synapse function by ubiquitinating and degrading the synaptic protein Arc (activity-regulated cytoskeleton-associated protein). The role of Arc is to decrease long-term potentiation by promoting the internalization of AMPA receptors, which are the mediators of the excitatory neurotransmission in the central nervous system (Greer et al., 2010). On another hand, a decrease in AMPAR expression at synapses has been observed in patients with fragile X syndrome. This decrease is due to excessive mGluR5 signaling resulting in an increased Arc translation and consequently excessive AMPA receptors internalization (Dolen & Bear, 2008). In FMR1 knockout mice, injections of mGluR5 restore the AMPA receptor expression levels and prevent fragile X syndrome (Dolen et al., 2007).

Interestingly, it has been shown that an alteration of the inhibitory phosphorylation function of the Ca2+/calmodulin-dependent protein kinase II (CamKII) is coupled to an increase in AMPA receptors expressed at the synapse (Rose, Jin, & Craig, 2009). In addition, mutations affecting this critical site of CamKII were shown to prevent the behavioral deficit in UBE3A gene-altered mice, suggesting that the Angelman syndrome is associated with a perturbation of CamKII functions (van Woerden et al., 2007; Figure 1).

Together, these studies emphasize the implication of ion channels in the pathophysiology of ASD and strengthen the hypothesis that pharmacological manipulation of ion channels function is a potential therapeutic target in ASD.

### 2.4 Ion channels and drug therapy in ASD

Ion channels have always been considered as powerful drug targets for the treatment of a wide range of pathologies owing to their crucial role as regulators of cell excitability (Kaczorowski, McManus, Priest, & García, 2008).

In 1884, cocaine was discovered as the first anesthetic drug (Vandam, 1987). Several decades later, cocaine was described as a Na+ channel blocker (Kyle & Ilyin, 2007; Vandam, 1987). This observation led the chemists to the production of novel analogs of cocaine, all classified under the term of “caine” and constituting a novel family of anesthetics (e.g., benzocaine, lidocaine; Casale, Symeonidou, & Bartolo, 2017; Tremont-Lukats, Megeff, & Backonja, 2000). Thereafter, drug-mediated modulation of Na+ channel properties was found to have other therapeutic functions such as anti-convulsants and antidepressants (e.g., carbamazepine) used in the treatment of neuropathic pain (Tremont-Lukats et al., 2000).

Valproic acid (VPA) is one of the most widely used anti-epileptic drugs for the treatment of tonic-clonic seizures that act by modulating Na+ channel kinetics in neurons (Loscher, 2002). VPA is also used for the treatment of bipolar disorder, anxiety, and migraine (Loscher, 2002). Studies showed that the exposure to VPA during pregnancy induces neurobehavioral abnormalities similar to autism traits in both rodents and humans (Bertelsen et al., 2016; Choi et al., 2016; Mony, Lee, Dreyfus, DiCicco-Bloom, & Lee, 2016). In fact, VPA treatment of postnatal rats was shown to affect DNA synthesis and astrocyte proliferation and was associated with autistic behavior (Mony et al., 2016). A recent study showed that the phenotypic signs of ASD induced by VAP exposure in rats can be significantly improved or recovered by the administration of vitamin D in early stages of development (Du, Zhao, Duan, & Li, 2017). In addition, it has been demonstrated that persistent Na+ current is responsible for hypoxia in neurons leading to neuronal damages (Faustino & Donnelly, 2006). In fact, the persistence of Na+ currents leads to the increased activity of Na+/Ca2+ exchangers in neurons, itself resulting in an increase in Ca2+ cytoplasmic concentration (Faustino & Donnelly, 2006). In order to correct this situation, it has been proposed that an increase in Na+ influx into cells prevents trauma in the nervous system (Ates et al., 2007). Some Na+ channel blockers (e.g., phenytoin, riluzole) showed neuroprotective activity in experimental spinal cord injury studies, in neurobehavioral studies and tissue recovery (Ates et al., 2007). It is important to mention that gabapentin, the first known drug in the treatment of neuropathic pain, specifically binds to the α2δ1 subunit of N-type Ca2+ channels and decreases the current (Zhu et al., 2017).

N-methyl-D-aspartate receptors (NMDAR) are well known to be associated with psychiatric disorders (Lakhan, Caro, & Hadzimichalis, 2013). Without surprise, they were also linked to ASD risk (Lee, Choi, & Kim, 2015). Their activation follows the binding of glutamate once the D-serine or glycine co-agonists engage the specific allosteric site of the receptor (Kim et al., 2005). These two ligands were used in a clinical study on patients with severe schizophrenia as antipsychotic agents and were able to correct some negative clinical aspects (Buchanan et al., 2007). In 1991, Haring et al. characterized an antibody, named B6B21, which showed a remarkable action in rat neurons by increasing long-term potentiation in CA1 pyramidal cells. This antibody has a high binding affinity for NMDA receptors. As a matter of fact, the authors concluded that B6B21 acts in a similar way to glycine on the receptor (Haring, Stanton, Scheideler, & Moskal, 1991). From B6B21, derived a family of small peptides called glycines (Santini et al., 2014). One of these peptides, named GLYX-13, was found to modulate NMDAR properties in a similar way to glycine. Treating ASD-affected rats with of GLYX-13 resulted in promising improvements of autistic signs. Thereafter, authors suggested that this antibody might be a potential treatment for patients affected by ASD (Santini et al., 2014). Moreover, D-cycloserine, which is a partial NMDAR glycine agonist, is known to have effects on the behavioral deficits observed in autism and schizophrenia (Posey et al., 2004).

In a recent clinical trial carried out on 20 patients with autism, it has been shown that D-cycloserine treatment alleviated the stereotyped behavior of these patients (Urbano et al., 2014). To go more into details, the administration of D-cycloserine during 8 weeks with different dosages showed to be effective on ASD manifestations in these patients without showing any side effects (Urbano et al., 2014). Additional studies will be required to determine the therapeutic effect of this drug in ASD.

Concerning another therapeutic target, the implication of the acetylcholine receptor in ASD was demonstrated for the first time.
by the analysis of postmortem adult brains from patients that suffered ASD (Martin-Ruiz et al., 2004). Analysis of mRNA levels by real-time PCR in different brain tissues (cerebral cortex and cerebellum) showed a significant difference in the mRNA expression of several nicotinic acetylcholine receptor subunits (α3, α4, β2, and α7; Martin-Ruiz et al., 2004). Thus, it was suggested that the loss of nAChR functionality in the brain could be responsible for the ASD phenotype (Martin-Ruiz et al., 2004). Administration of acetylcholine receptor activator donepezil to an ASD-affected boy proved beneficial for his cognitive skills after 6 weeks of treatment (Srivastava, Agarwal, & Pundhir, 2011). A randomized double-blind placebo-controlled trial using glutamine in autistic children showed significant improvements for some ASD clinical signs (Ghaleiha et al., 2014). The α7 nicotinic acetylcholine receptor encoded by the CHRNA7 gene has also been associated with ASD (Deutsch, Urbano, Burket, Herndon, & Winebarger, 2011; Dineley,
Pandya, & Yakel, 2015). Due to their role and implication in several pathways (e.g., PI3K/Akt and Wnt), α7 nAChR is considered as powerful therapeutic candidates (Deutsch, Burket, Urbano, & Benson, 2015).

3 | CONCLUSIONS

A number of genetic studies came to classify autism as the most genetically complex disease. However, only a few numbers of contributing alleles or co-inherited alleles are found in ASD proving that additional epigenetic factors or environmental conditions may contribute to the clinical manifestation of this disorder. The several Mendelian pathologies associated with autism, for example, fragile X syndrome, provide the strongest argument highlighting the genetic basis of autism. These ASD-associated pathologies are commonly confounded with autistic behaviors and therefore make it more difficult to carry out case studies that focus exclusively on ASD. The most promising genes identified so far include NLGN, SHANK, and SYNGAP1, which are involved in neurogenesis and synaptogenesis, suggesting that synaptic malfunction is a significant contributor to the etiology of ASD. Among ASD-associated pathologies, Timothy syndrome linked channelopathies to ASD. In fact, recent studies implicate variations and mutations of genes encoding ion channels (Ca2+, K+, Na+, and Cl– channels) as a leading risk factor for ASD. Alterations of these channels highlight the complexity of the pathology that remains not fully understood. Interestingly, the wide implication of ion channels encoding genes in ASD may provide opportunities for pharmacological treatments of autistic patients because these channels represent powerful drug target. For instance, bumetanide is one of these potential therapeutic agents currently under evaluation. Some of ASD pathological conditions show an increase or decrease in ion channel activation/deactivation kinetics, suggesting that ion channel modulators may be therapeutic candidates for the treatment of ASD.

In conclusion, ASD is not a simple pathology and it is associated with a large spectrum of other diseases. Nevertheless, the genetic abnormalities so far indicate that defective neuronal function from the onset of neural development appears to be a leading cause in the manifestation of this syndrome.

Furthermore, defective regulation of ion flux through the cell membrane caused by altered kinetics of ion channels and transporters appears to cause an imbalance of excitation/inhibition in neural function that may lead to defective neuronal circuit formation and physiological response. Restoring ion dynamics to their physiological equilibrium may represent a promising therapeutic strategy for this devastating neurodevelopmental psychiatric disorder.

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CONFLICT OF INTEREST

All authors state that they have no conflict of interests.

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