Genotype-Phenotype Variations of Renal Complications in Fabry Disease Q279X Mutation

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Abstract
In more than 800 GLA gene mutations causing Fabry Disease (FD), renal involvement vary according to the α-GAL A mutation. The aim is to describe the genotype/phenotype variations of renal complications in two siblings with confirmed FD with the mutation p.Q279X in exon 6. We present a retrospective study of two venezuelan male siblings, ages 34 (patient 1) and 33 (patient 2), evaluated by general lab tests, renal ultrasound, renal scintigram, and renal biopsy. Fabry disease diagnose was made by α-galactosidase A activity determined in dried blood spot. Genomic DNA was sequenced by Sanger method. Patient 1 developed CKD grade 5 and high blood pressure, treated by hemodialysis during 8 years. Patient 2 showed GFR >60 ml/min, and proteinuria less than 600 mg/24H. Renal biopsy showed segmental sclerotic lesions and hypertrophic podocytes with vacuolated cytoplasm. Both patients received ERT every two weeks since 2003. Patient 1 died because dialysis complications (hyperparathyroidism, cardiomyopathy). The genotype/phenotype variation of the c.835C>T mutation (p.Gln279Ter. Q279X) in exon 6 of the GLA gene can express an important renal variation with a wide range of clinical manifestations that cannot be predicted, therefore, an early nephrological evaluation and periodic follow-up of these patients are necessary.

Keywords
Fabry disease, genotype/phenotype variations, exon 6.

Introduction
Fabry disease (FD) (OMIM 301500) is an X-linked inherited disorder, caused by the accumulation of glycosphingolipids, predominantly globotriaosylceramide (Gb3), in organs throughout the body, as a results from deficiency in the activity of a lysosomal hydrolase called α-galactosidase A (α-GAL A.) [1]

The increasing birth prevalence of GLA mutations, from previous estimates of 1:40,000–170,000 up to 1:1250 in newborn screening studies, reflects the existence of a majority of nonclassic mutations and variants of unknown significance. [2]

Mutations causing a virtually null enzymatic activity are associated to severe and early onset classical phenotypes, while mutations leading to a residual enzymatic activity are associated to attenuated and late onset phenotypes. In early onset variants during childhood or adolescence, classical phenotypes are characterized by early development of acroparesthesias, neuropathic pain, hypohydrosis, heat, cold and exercise intolerance, cornea verticillata, angiokeratomas, gastrointestinal symptoms and proteinuria. In adulthood, patients also suffer from sensorineural deafness and cardiac, renal and cerebrovascular manifestations. In contrast, late onset variants are characterized by the development of cardiac, renal and/or cerebrovascular manifestations in adulthood and the phenotype may be dominated for the participation of one organ, such as the heart or the kidneys. [3]

Delays in diagnosis are common in FD male patients, with a mean of 21.9 years. Cross-sectional and cohort studies have

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shown that renal manifestations (e.g. proteinuria or decreased glomerular filtration rate [GFR]) occur early in life in a significant proportion of children, in many females and in almost all male patients with FD. [4] These manifestations progress over time and leading to an end-stage kidney disease (ESRD) in nearly all males and some female patients. Although progression to ESRD is less common in women, the median age at which patients reached ESRD (38 years) was the same in both genders. [5]

To date, more than 800 GLA gene disease causing mutations have been reported in FD, being point mutations the most frequent type of disease-causing variants (70%). Small rearrangements accounts for about 28% of reported variants whereas large rearrangements accounts for about 2%. [6] There are suggestions that exons 6 and 7 are regions prone to small gene rearrangements. Renal involvement in FD may vary according to the α-GAL A mutation, for example a patient with a p.D266E mutation entered hemodialysis at 15 years old and received a kidney transplant at 16 years old; a patient with a p.S247C mutation manifested chronic renal failure stage 3 and mild proteinuria at 64 years old. One patient with the p.R301Q mutation developed renal failure and received renal transplantation at 59 years old. [7]

**Aim**

To describe the genotype/phenotype variations of renal complications in two siblings with confirmed FD with the mutation p.Q279X in exon 6.

**Methods**

We present a retrospective study of two venezuelan male siblings, ages 34 (patient 1) and 33 (patient 2), blood type A+, with acroparesthesias and hypohydrosis since 9 years old. The physical evaluation showed angiokeratomas in external genitals, abdomen, buttocks and palms of hands; cornea verticillata by slit lamp, besides left ventricular hyperthrophy by electrocardiogram and echocardiogram, without arrhythmias. They were evaluated by:

a.- Lab Tests: hemoglobin, hematocrit, blood ureic nitrogen (BUN), serum creatinine, plasma sodium and potassium, urine exam, creatinine clearance by Jaffé method and proteinuria in 24 hours urine.

b.- Diagnostic method:

b.1.- α-galactosidase A activity determined in dried blood spot. [8] Reference value > 1.86 µmol/l/h. [9]

b.2.- Genomic DNA was extracted from leukocytes. Each exon and flanking intron sequence of the GLA gene was amplified and PCR products were sequenced in both directions (forward and reverse) by the automated Sanger method (dideoxy terminators), using ABI 310 genetic sequencer (Applied Byosystems).

c.- Kidney biopsy by puncture

d.- Renal ultrasound

e.- Static and dynamic renal scintigram, with perfusion curve.

**Compliance with Bioethics Guidelines**

Informed consent was obtain from each patient for molecular study and renal biopsy, besides lab and image studies. Authors observed the Good Clinical Practice Guidelines and preserved patients identity.

**Results**

Table 1 summarizes lab results and molecular test.

**Renal Biopsy and clinical progression**

**Patient 1:**
Renal cortex. 18 glomeruli in the core, 8 of them globally sclerotic. 8 glomeruli were additionally evaluated and showed hypertrophic capillary tufts with ischemic polymorphonuclear cells in capillaries. In 5/8 glomeruli segmental sclerotic lesions were observed (Figure 1) and hypertrophic podocytes exhibited clear and lacy cytoplasm. Interstitium was affected by increased fibrosis associated to moderate mononuclear inflammatory infiltrate. Proximal tubular epithelium was hypertrophic and vacuolated. Hyalinosis arteriolar was present in most arterioles.

Patient developed chronic renal failure grade 5, anuric, two years later, and began chronic hemodialysis, three times per week, 4 hours each. Kidneys were hypotrophic at the ultrasound and, due the poor diuresis renal scintigram was not possible.

**Patient 2:**
Renal cortex, 16 glomeruli in the core, 8 of them globally sclerotic and the rest showed moderate hypertrophic tufts with red cells and isolated mononuclears in capillaries. One glomerulus showed segmental sclerotic (Figure 2) lesion and partially collapsed capillaries. Podocytes showed hypertrophic and vacuolated cytoplasm. Mild diffuse interstitial fibrosis and focal tubular epithelium was also present. Arterial/arteriolae had focal subintimal hyalinosis.

| Table 1. Results of lab exams and molecular tests. |
|-----------------------------------------------|
| **Patient 1** | **Patient 2** |
|-----------|-----------|
| Hemoglobin (g/dl) | 8.8 | 13.8 |
| Hematocrit (%) | 27.3 | 43 |
| BUN (mg/dl) | 33.6 | 6.6 |
| Serum creatinine (mg/dl) | 7.6 | 0.8 |
| Plasma sodium (mEq/L) | 145 | 141 |
| Plasma potassium (mEq/L) | 4.3 | 3.89 |
| Creatinine clearance (ml/min) | ANURIC | 84 |
| 24H Proteinuria (mg/24H) | ANURIC | 404 |
| α- GAL activity (µmol/l/h) | 0.9 | 0.2 |
| Mutation (GLA gen) | p.Q279X (Exon 6). c.835C>T | p.Q279X (Exon 6). C.835C>T |
Figure 1. Patient 1. Kidney biopsy. Presence of positive PAS material, which totally or partially occludes capillary lights (arrows).

Figure 2. Patient 2. Renal Biopsy shows glomerular sclerosis (black arrow), open capillary wings (●) and Renal tubules with partially occluded ligths (○).

Figure 3. Static and dynamic renal scintigraphy with perfusion curve. Patient 2

Report of static and dynamic renal scintigraphy with perfusion curve (Patient 2): Good perfusion and function in both kidneys, without elimination phase lesion. Differential function: right kidney 57%, left kidney 43% (Figure 3)

Renal ultrasound report (Patient 2): Both kidneys with normal form and size; right kidney: 94.2 mm x 41.8 mm, parenchyma 12.1 mm. Left kidney 112.5 mm x 62.4 mm, parenchyma 13.6 mm. No cyst nor pielocalicial dilatation.

The urine laboratory test showed: 1.010 density, acid pH, proteinuria 1+, granular and hyaline cylinders, crystals of amorphous urates, sparse clear cells.

Discussion

Although Gb3 accumulation is regarded as the primary pathogenic event in FD, remains unclear how the secondary
pathophysiological derangements arising therefrom, at cell, tissue, and organ levels, which ultimately give rise to the clinical manifestations. However, the wide phenotypic variability observed among patients with the same GLA mutation, even when patients are male related familiarly, illustrates the complexity of the genotype-phenotype correlations in FD and the need to consider additional genetic and environmental modulating factors for their proper understanding. [10]

Patients reported here are siblings with the p.Gln279Ter (Q279X) mutation in exon 6, showing an important renal genotype/phenotype variation demonstrated by glomerular filtration rate evolution: patient 1 required hemodialysis treatment, while patient 2 showed non nephrotic proteinuria and chronic kidney disease stage 2 (KDIGO). [11] Nevertheless patient 1 had more glomerulosclerosis and glomerular obsolescence at biopsy than his brother. Four years later Fabry disease diagnosis, patient 1 began hemodialysis, presenting high blood pressure (HBP), requiring 3 antihypertension drugs. At these moment it’s important to mention that all progressive chronic glomerulopathies are associated with a tubulointerstitial lesion characterized by a mononuclear inflammatory infiltrate, interstitial fibrosis and tubular atrophy, [12] that together with proteinuria greater than 1 g / day, hyperfiltration, activation of the RAAS, among others factors, would favor kidney disease progression. The magnitude of tubulointerstitial injury correlates better with the prognosis of renal function than the magnitude of glomerular damage. Factors that may contribute to interstitial damage include the passage of inflammation mediators to the postglomerular capillaries that bathe the tubules, the leakage of inflammation mediators through the glomerulus, and the toxic effect of proteinuria. Persistent proteinuria and exposure to cytokines can damage tubular epithelial cells and activate them to express cytokines and adhesion molecules and act as antigen-presenting cells to T lymphocytes. [12] The pathophysiology of Fabry nephropathy describes the accumulation of Gb3, the elevation of circulating myeloperidoxidases, the increase in oxidative stress, the action of globotriosylphosphogosine metabolites (lyso Gb3), all of which would favor the secretion of bioactive mediators of the inflammatory response such as TGF-β1 and NF κβ. The result would be glomerular sclerosis on one hand, and tubulo-interstitial atrophy and fibrosis on the other, the latter favored by the “toxic” action exerted on the renal interstitium by tubular reabsorption of proteins. [13]

As previously mentioned, patient 1 evolved to end stage renal disease over a period of 4 years, receiving chronic hemodialysis 3 times per week, using an autologous left brachial arteriovenous fistula. Due to voluntary suspension of antihypertensive medication, he developed ischemic stroke of the left middle cerebral artery, with subsequent motor recovery, maintaining mild dysarthria of late recovery. He also developed bone mineral disease and cardiomyopathy as a complications of chronic kidney disease, and died 8 years after starting hemodialysis.

On the other hand, patient 2 was diagnosed with Fabry’s disease, by renal biopsy carried out as a family investigation. At that time, he had a glomerular filtration rate of 110 ml / min, and proteinuria of 200 mg / 24H. He outcome with a slight decrease in glomerular filtration rate, maintained above 60 ml / min / 1.73m2 and proteinuria remained between 400–600 mg.
Characterizing modifier genes is important for several reasons. Environmental factors and/or the influence of modifier genes. Phenotypic variation may be determined by the influence of epigenetic modifications and even if they had been raised in the same environment, factors such as diet or habits may be different. On the other hand, in patient 1 no other pathologic condition was identified, as vasculitis or rheumatology disease, that could explain the renal compromise. In family pedigree (Figure 4) we can observe a nephew 8 years old with the mutation how present angiokeratoma; his clinical outcome will add knowledge about the renal evolution, and a challenge to prevent CKD and ESRD, among other things, because it’s difficult to establish genotype/phenotype variations in just 2 members of the same family.

**Conclusion**

The genotype/phenotype variation of the c.835C>T mutation (p.Gln279Ter. Q279X) in exon 6 of the GLA gene may express an important renal variation with a wide range of clinical manifestations that cannot be predicted, therefore, an early nephrological evaluation and periodic follow-up of these family group are necessary.

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**Limitations of the Study**

There is no lyso Gb3 determination in any of both patients that contribute to explain the renal disease outcome. It’s necessary to determine the presence of modifiers genes by molecular characterization of both females, mother and sister (Figure 4).

**Declaration of Conflicting Interests**

Jacobo Villalobos declares received honoraria for lectures on Fabry disease from Sanofi Genzyme.
Carmen García, and Virginia Colina declares no conflict of interest.
Joaquin Frabasil declares received honoraria for lectures on Fabry disease from Sanofi Genzyme.
Juan Politei declares received honoraria for lectures on Fabry disease from Sanofi Genzyme, Shire HGT, Amicus, Actelion, and Pratalix.

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