Unique Case Series of Occipital Sinus and Its Thrombosis- A Radiological Marvel

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Abstract

Background: Variations of the dural venous sinuses may result in inaccurate imaging interpretation or complications during surgical approaches. One of these variations reported infrequently is the occipital sinus with an overall incidence of under 10%. When present, it may get thrombosed or become source of intracranial bleeds or pose difficulty during occipital craniotomies. Our review suggests that the thrombosis of this unique venous sinus variant is a rare condition as there are very few case reports of the same. Herein, we present a case series of persistent occipital sinus and the unusual combination of a persistent occipital sinus and its thrombosis. Subjects and Methods: The study included 4 paediatric cases that presented with neonatal seizures secondary to different underlying aetiologies and in retrospect had either persistent and patent occipital sinus or a thrombosed occipital sinus. A descriptive study of the aforementioned cases was carried out. MRI scanner PHILIPS Achieva 1.5 Tesla was used for diagnosis. Results: One case had thrombosis of bilateral persistent occult sinus and superficial cortical veins with minimal intraventricular haemorrhage in bilateral lateral ventricles. Second case had persistent and thrombosed right occipital sinus; while two other cases had persistent but patent occipital sinuses. Conclusion: A comprehensive knowledge of cerebral venous anatomy and meticulous recognition of venous variations essentially helps when dealing with a pathology, which presents along with a particular venous variation, no matter how rare this combination is.

Keywords: Occipital sinus, thrombosis, MRI.

Introduction

Variations of the dural venous sinuses may result in inaccurate imaging interpretation or complications during surgical approaches. One of these variations reported infrequently is the occipital sinus.¹

In a study, persistent occipital sinuses were seen in only 13% of patients <25 months of age with a further decrease in incidence to 2% in children older than 5 years.² Another study including patients ranging from 9 days to 83 years, showed the incidence to be 10%.³

When present, it may get thrombosed or become source of intracranial bleeds (clival epidural hematomas) or pose difficulty during occipital craniotomies.⁴,⁵

Our review suggests that the thrombosis of this unique venous sinus variant is a rare condition as there are very few case reports of the same. Herein, we present a case series of this unusual combination of a persistent occipital sinus and its thrombosis.

Subjects and Methods

The study included 4 paediatric cases that presented with neonatal seizures secondary to different underlying aetiologies and in retrospect had either persistent and patent occipital sinus or a thrombosed occipital sinus. A descriptive study of the aforementioned cases was carried out. MRI scanner PHILIPS Achieva 1.5 Tesla was used for diagnosis. 3D T1, T2 TSE axial/ coronal/saggital, T2 FFE, TOF MRV, DWI, FLAIR axial, T1 IR sequences were included for evaluation.
Results

Case 1 [Figure 1]

Showed thrombosis of bilateral persistent occipital sinuses and superficial cortical veins with minimal intraventricular hemorrhage in the occipital horn of bilateral lateral ventricles.

![Figure 1: A: T1 sagittal view: Blue arrow showing patent transverse sinus. :White arrow showing loss of flow void in thrombosed occipital sinus. B: T1 coronal view: Blue arrow showing patent transverse sinus. C: Axial T2 FFE: Red arrows pointing towards blooming within thrombosed bilateral occipital sinuses. D: Axial T2 FFE: Red arrows pointing towards blooming within the occipital horns of bilateral lateral ventricles suggestive of intraventricular haemorrhage.]

Case 2 [Figure 2]

Showed a persistent right occipital sinus which was thrombosed.

Case 3 [Figure 3]

Showed bilateral persistent and patent occipital sinuses.

Discussion

Anatomy

Occipital sinus is the smallest of the dural venous sinuses and lies in the attached margin of the falx cerebella communicating with the torcular herophili, superiority, and with the vertebral venous plexus and marginal sinus, inferiorly, at the foramen magnum. Occasionally, instead of running in the midline, the occipital sinus deviates to one side to join the sigmoid sinus as it passes through the jugular foramen and has been termed the oblique occipital sinus. If such a deviated occipital sinus is large, it may prove hazardous in approaches to the posterior cranial fossa. Tributaries may include veins of the hypoglossal canal, basilar plexus, occipital emissary, and diploic veins. It shows several variations, and functions as the main drainage canal when the lateral sinus is rudimentary. It should be emphasized that before posterior fossa operations one should know these variations.

Embryology

Developmentally, the dural venous sinuses emerge as venous plexuses and exhibit a variable degree of plexiform arrangement, rather than the single luminal structure found in the majority of sinuses. It should be noted that the occipital venous network is thought to become involuted once most of the venous flow passes through the large dural sinuses as the...
child achieves an upright position.\textsuperscript{[1]} This is in concordance with the incidence of 13\% of patients <25 months of age with a further decease in incidence to 2\% in children older than 5 years and an overall incidence of 10\% in general population further, it is found to be relatively wider in neonates than in adults.\textsuperscript{[2,3,11]}

**Significance**

When present, occipital sinus may get thrombosed or become source of intracranial bleeds (clival epidural hematomas) or pose difficulty during occipital craniotomies.\textsuperscript{[4,5]}

Dural sinus thrombosis (DST) is a disease entity in which early diagnosis can make an important difference with regards to patient outcome. Inability to correctly diagnose DST can occasionally allow the disease to progress to a critical state manifested by cerebral infarction, impaired consciousness, coma, and death. In one recent study, a substantial average delay of 7 days between the onset of symptoms and imaging-based diagnosis was found.\textsuperscript{[15]}

A combination of the presence of this rare venous variant and its thrombosis thus can go easily missed if not looked for religiously.

**Conclusion**

A comprehensive knowledge of cerebral venous anatomy and meticulous recognition of venous variations essentially helps when dealing with a pathology, which presents along with a particular venous variation, no matter how rare this combination is.

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