Canadian federal-provincial/territorial funding of universal health care: fraught history, uncertain future

C. David Naylor MD DPhil, Andrew Boozary MD MPP, Owen Adams PhD

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As the coronavirus disease 2019 (COVID-19) epidemic continues in Canada and financial pressures mount on all levels of government, the federal-provincial/territorial cost-sharing framework for universal publicly financed coverage of physician and hospital services — commonly referred to as Medicare — has once again become a point of contention. In September 2020, just days before a federal Speech from the Throne, Canada’s provincial and territorial premiers called for the federal government to become “a full funding partner” in health care spending, raising its contribution to provincial and territorial health spending from 22% to 35%, an increase of $28 billion per annum. Yet, to the expressed disappointment of the premiers, the Throne Speech offered no increases in federal funding for health. Instead it reiterated the Government of Canada’s previous commitment to “a national, universal pharmacare program” and set out some steps toward that goal.

Although Medicare remains one of the social programs that Canadians value most highly, its stability, and any potential expansion of Medicare services, such as pharmacare, depends on a robust federal-provincial/territorial cost-sharing framework. Yet, the conflicting perspectives of different levels of government pose major challenges to any expansion of public coverage or pursuit of national health care reforms.

We review the history of federal-provincial/territorial bargaining that led to the current Medicare system and consider what constitutes a fair deal in the current climate, drawing on a variety of print and online sources (Appendix 1, available at www.cmaj.ca/lookup/doi/10.1503/cmaj.200143/tab-related-content) as well as the first-hand observations of 2 of the authors starting in the 1980s.

What is the history of Medicare bargaining in Canada?

Nothing in the 1867 Canadian constitution anticipated national health insurance programs. The constitution instead assigns authority for oversight and delivery of health care services to provinces and territories. Hence, provinces moved at different speeds to implement public coverage of health care, with Saskatchewan pioneering universal hospital insurance in 1947 and universal medical services insurance in 1962. This constitutional reality means that Canada has 13 somewhat distinctive provincial or territorial health care systems. Those systems have much in common, however, given shared fiscal and legislative DNA arising from a series of agreements that, since the late 1950s, have set out terms and conditions for sharing of specified costs between the Government of Canada and provinces and territories.

Full cost sharing (1957–1976)
The Hospital Insurance and Diagnostic Services Act, which received Royal Assent in April 1957, offered funding to participating provinces at roughly 50% of the per capita cost of eligible services delivered at general hospitals. Cost sharing initially meant that richer provinces received more funding because of higher per-capita outlays on hospital care. This was mitigated by using national average spending levels as a benchmark for half the allocation.

Key points

• Federal-provincial and territorial cost-sharing arrangements that support publicly financed health services in Canada have evolved over the course of more than 60 years and remain contentious today.
• The fraught history of cost-sharing illustrates why the federal and provincial and territorial governments have divergent views on a fair deal to support Canada’s health care systems.
• Examination of the benchmarks used historically for cost sharing shows that there is a ~$20 billion variance in the level of current federal support depending on whether credit is given for tax points transferred in 1977, and on a cash-only basis, discrepancies against benchmarks range from ~$15 billion in surplus to a ~$23 billion deficit.
• These discrepancies and ongoing federal-provincial and territorial disputes about cost sharing pose challenges to the jurisdictional collaboration that is essential for expansion of public coverage and successful reforms in health care.
• A rational process to determine a fair deal for interjurisdictional funding of Canada’s publicly financed health services is urgently needed.
Sparked by the 1964 report of a Royal Commission chaired by Justice Emmett Hall, in 1966 the Government of Canada passed the Medical Care Act. This Act offered to cover 50% of the national average per capita cost of all insured medical services, net of plan administration costs and patient premiums. These 2 federal initiatives underpin Canada’s national Medicare plan.

In 1976/77, the last year for which funding for these 2 Acts is recorded distinctly in the Public Accounts of Canada, the coverage was 48% of hospital spending and 49% of physician spending. To this point, the federal government had honoured its 50:50 commitment.

The new deal (1976–1995)
As early as 1970, the federal government began weighing how it might limit increases in its share of health spending to the rate of growth of gross national product (GNP). (Gross national product adds net income receipts from abroad to gross domestic product [GDP], which was later adopted as the preferred national benchmark for cost sharing.) At a First Ministers Meeting in 1976, Prime Minister Pierre Trudeau proposed replacing 50:50 cost-sharing with a new regime. One-half of the 1975/76 payments for 3 cost-shared programs (Hospital Insurance and Diagnostic Services Act, Medical Care Act and postsecondary education) would be paid as a block grant, escalated annually in accordance with a 3-year moving average of nominal per capita GNP growth. The other half would be offset by reducing specified federal taxes, allowing provinces to take up those revenues without any immediate changes to taxes paid by individuals and businesses.

Several provinces worried that moving from 50:50 cost sharing to block grants would expose them to unilateral federal cuts. Others agreed with federal negotiators who argued that block grants and tax points would allow provinces to reduce spending on medical services and general hospitals in favour of more cost-effective services such as home care. Ultimately, the provinces and territories agreed to a slightly more generous version of the federal proposal, embodied in the Established Programs Financing Act that took effect in April 1977.

In 1979, Justice Emmett Hall was asked by the Government of Canada to revisit his 1964 report. His findings led to the 1984 Canada Health Act, consolidating earlier legislation and, for the first time, giving the federal government authority to make dollar-for-dollar deductions of transfers to provinces that allowed user charges for publicly insured services.

Six federal budgets between 1985 and 1995 variously scaled back the GNP escalator on combined health and social cash transfers or completely froze payments. In a 1991 background paper, Alistair Thomson calculated that health transfers cumulatively reduced by $30 billion from 1986/87 to 1995/96. Further reductions through to 1998/99 trimmed another $11.2 billion relative to the 1977 agreed terms.

Partial restitution and health accords (1996–2006)
As federal finances improved, the 1999 federal budget provided a base increase in combined health and social cash transfers of $11.5 billion over 5 years. Provincial and territorial officials called for more investment based on previous benchmarks and offered a new argument after being introduced to the concept of a vertical fiscal imbalance by economist G.C. Ruggeri in August 2000 (Appendix 2, available at www.cmaj.ca/lookup/doi/10.1503/cmaj.200143/tab-related-content). Ruggeri defined vertical imbalance as arising when subnational governments face spending pressures that outstrip their revenue-raising capacity while the national government produces surpluses over time. This concern has been a core element of premiers’ arguments for more federal funding ever since.

With a November 2000 election looming, the premiers’ complaints could not be ignored and a First Ministers Meeting led to the first Health Accord. The 2000 accord raised the combined health and social transfer from $15.5 billion in 2000/01 to $21 billion by 2005/06, along with one-time funding for medical equipment, health information technology and primary care reform.

The re-elected government convened the Romanow Commission on the Future of Health Care in Canada in April 2001. Among other findings, the commission observed that federal cash transfers in 2001/02 covered only 18.7% of provinces’ and territories’ expenditures on hospital and physician services. Given the Established Programs Financing Act agreement, the commission recommended that “at a minimum” the federal cash transfer should be raised to 25% of those provincial and territorial costs.

First ministers reached a second Health Accord in February 2003, after which a separate Canada Health Transfer was reinstated in the federal budget, augmenting health funding by $34.8 billion over the next 5 years. However, most new funding was for short-term boosts to primary and home care. Only $9.5 billion was dedicated to base increases in the Canada Health Transfer.

The Romanow Commission had tied the 25% federal cash contribution to only medical and hospital services. However, the provinces and territories announced in July 2003 that the recent federal budget had only raised federal funding from 14% of total provincial and territorial health spending to 16%.

At another First Ministers’ Meeting in the summer of 2004 that focused on health, the parties agreed on a third 10-year accord that Prime Minister Paul Martin called “the fix for a generation.” The new spending totaled $41.3 billion. Growth in the Canada Health Transfer accounted for $35.3 billion, arising from initial one-time increases spread over 2 years, and then application of a 6% annual escalator to the new base. The further increase was through term-limited funds for medical equipment and reductions in wait times.

New governments, old issues (2006–2018)
Starting in the 1950s, the Government of Canada had repeatedly leveraged its fiscal capacity to catalyze adoption of national social programs by provinces and territories. A more cautious approach to fiscal federalism ensued when a Conservative government took office in 2006. However, seeking re-election in 2011, Prime Minister Stephen Harper pledged to negotiate a fourth Health Accord. No negotiations ensued. Instead, at a December 2011 gathering of federal, provincial and territorial finance ministers, Federal Minister James Flaherty announced that when the 2004 accord expired in 2014, the Canada Health Transfer escalator would remain at 6% until 2017 and then grow for the next decade at the higher of 3% per annum or the 3-year moving average of nominal GDP growth.

A provincial/territorial working group estimated that these new rules
would reduce federal outlays for health by a cumulative $36 billion as compared to those expected had the 6% escalator remained in place from 2014/15 through 2023/24.22

In July 2015 premiers again called on the federal government to increase the Canada Health Transfer envelope to cover 25% of all health spending.23 The Liberals during their campaigning soon after, criticized the Harper government for its action on health financing and promised, if elected, to negotiate a new Health Accord with provincial and territorial governments,24 a commitment reaffirmed in the Liberal Speech from the Throne after they successfully won a majority in the October 2015 federal election.25 Yet again, no health summit occurred. The 2017 federal budget reaffirmed the drop in the Canada Health Transfer escalator set by the Harper Government while providing term-limited funding of $11 billion over 10 years for home care and mental health initiatives.26

The current provincial position (2019–2020)

In July 2019, with pharmacare on the federal agenda (Final Report of the Advisory Council on the Implementation of National Pharmacare, available at www.canada.ca/en/health-canada/corporate/about-health-canada/public-engagement/external-advisory-bodies/implementation-national-pharmacare/final-report.html), premiers emphasized the need for long-term coverage of escalation of drug costs in any national drug coverage plan. They also highlighted work done by the Office of the Parliamentary Budget Officer and Conference Board of Canada that supported their ongoing concerns about an imbalance of revenues and responsibilities between the Government of Canada and the provinces (Appendix 2). In response, the premiers called for a new Canada Health Transfer annual escalator of 5.2% instead of the prevailing 3%.27 In 2020, with the arrival of COVID-19, provincial and territorial premiers began to apply more pressure on the federal government with the goal of raising federal contributions from a 22% to 35% share of the provincial and territorial annual outlay.1

What does this mean for pan-Canadian health care initiatives?

Federal attempts to contain spending on health

Cost sharing on a proportionate basis puts the national partner at risk if the subnational partners fail to control spending. Within 2 years of extending its promise of 50:50 cost sharing from general hospitals to physician services, the Government of Canada began seeking ways to contain its financial exposure. Indeed, in fiscal year 1974 alone, outlays for the 2 cost-shared health programs rose by almost 20%. From 1999 to 2009, provincial and territorial spending outstripped generous increases in the Government of Canada’s cash transfer, thereby driving down the federal share.

The advent of block grants in 1977/78, with health transfers variously bundled or uncoupled from social transfers, ended proportional cost sharing and mitigated a perverse incentive for provinces to invest preferentially in physician and hospital services as the only cost-shared services. However, it also opened the door for the federal government to unilaterally change the block-grant escalator and otherwise contain its payments — as happened repeatedly in the 1980s and 1990s, and again in 2011. Furthermore, legal redress proved impossible: in 1991, when the province of British Columbia challenged unilateral federal changes to health and social transfers, federal authority was upheld by the Supreme Court of Canada.28

Piecemeal provincial reforms

Provinces and territories rightly assert their constitutional authority over delivery of health services. That authority in turn means that they bear primary responsibility for the state of these systems, even if their efforts at times were undermined by federal decisions that arbitrarily cut transfers in repeated abrogation of the terms of the original Established Programs Financing Act legislation. When compared with peer nations on many performance measures, such as waiting times for a wide variety of services, Canadian health systems are not strong performers.29,30 Provincial and federal reviews have observed that Canada’s provincial and territorial health care systems are weakly integrated with a fragmented budgetary architecture that is a recognized impediment to efficiency, quality and innovation — and a source of frustration to those working in them.30

Why do cash transfers dominate negotiations?

By assigning revenue directly to provinces from the federal component of joint federal–provincial/territorial tax returns, the Government of Canada sought to create a permanent provincially or territorially controlled endowment for cost-shared programs in 1977. However, tax points are opaque compared with annual cash transfers.

Indeed, by 2006, the premiers’ Advisory Panel on the Fiscal Imbalance rejected all federal claims about the ongoing value of the 1977 tax points, claiming they were now simply a part of provincial tax regimes: “If there is a political debate within a province about excessively high tax levels, those tax points are simply part of the overall tax burden the province’s residents are shouldering. The political responsibility of imposing these taxes rests unequivocally with the provincial governments, not the Government of Canada.”31 Predictably, finance officials continued to impute an overall value to that contribution. But imputing fair values for any given province is challenging because federal and provincial and territorial taxation policies and revenue bases have shifted dramatically over the course of 4 decades. Today, federal officials seldom invoke this element of the cornerstone 1977 cost-sharing agreement.

What is a fair deal?

Figure 1 shows some of the relevant flows of federal and provincial health care funds projected for 2019/20 (see also Appendix 1), and Table 1 examines cost-sharing options and benchmarks.

As noted by the Romanow Commission, the Established Programs Financing Act defined cost-sharing cash transfers scaled initially to be 25% of average provincial spending for physician and general hospital services. As Table 1, row 2 shows, this benchmark represents a substantial surplus in favour of the federal government. However, it also makes little sense, as the foundational cost-sharing arrangement was presented and accepted specifically to untether spending from a benchmark based on medical and hospital costs.
Since 2003 provinces and territories have used a benchmark of 25% of total health spending for cash transfers. As shown in Table 1 row 1, this leads to a shortfall in Government of Canada spending of $3062.80 million per annum, which is also questionable, as the initial agreement involved both tax points and a steadily escalating cash transfer.

At no point has the federal government ever proposed to cover 50% of all provincial and territorial health spending. An alternative baseline is its commitment to provide over time a block sum scaled to 50% of the proportion of provincial and territorial spending attributable to hospitals and physicians as of 1977/78 when the Established Programs Financing Act was struck (which at the time represented 74%-75% of total health spending). This historic benchmark would thus see the Government of Canada covering no less than 37% of all provincial and territorial health spending.

If the historic benchmark is applied and federal coverage of 37% of provincial and territorial health spending is deemed a fair deal, the key question then becomes how tax points are tallied. If, as the
provinces and territories have argued, tax points are immaterial to current negotiations, the federal shortfall moves toward the levels claimed by the premiers in 2020 September as shown in Table 1, row 3. If, however, an escalating value is imputed to tax points ceded by the federal government in 1977, the deficit is much smaller at $3940.50 million per annum (Table 1, row 4).

Conclusion
The Canadian federal-provincial/territorial relationship in health care is coloured by a complex, decades-long history of mutual frustrations and disappointments. Federal governments of all political stripes have repeatedly abrogated the 1977 bargain, while Canada’s provinces and territories have largely failed to effect fundamental reforms that might contain long-term cost escalation and strongly enhance value-for-money in publicly financed health care. This history, along with persisting multibillion dollar disagreements about numerators and denominators for cost-sharing calculations, not only explains recurrent tensions. It also creates a difficult backdrop for new cooperative initiatives that involve large outlays of public funds and new cost-sharing arrangements, such as universal Pharmacare, improved support for long-term care or expanded coverage of mental health services. Absent a process to agree on rational benchmarks for fair inter-jurisdictional cost sharing, prospects for overdue changes in the financing, organization and scope of Canada’s publicly financed health care services will be bleak.

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Affiliations: Department of Medicine (Naylor) and Dalla Lana School of Public Health (Naylor, Boozary), University of Toronto; Population Health and Social Medicine (Boozary), University Health Network, Toronto, Ont.; Canadian Medical Association (Adams), Ottawa, Ont.

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Correspondence to: David Naylor, david.naylor@utoronto.ca