Serotonergic System Does Not Contribute to the Hypothermic Action of Acetaminophen

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Acetaminophen (AcAP), a widely-used antipyretic and analgesic drug, has been considered to exert its effects via central mechanisms, and many studies have demonstrated that the analgesic action of AcAP involves activation of the serotonergic system. Although the serotonergic system also plays an important role in thermoregulation, the contribution of serotonergic activity to the hypothermic effect of AcAP has remained unclear. In the present study, we examined whether the serotonergic system is involved in AcAP-induced hypothermia. In normal mice, AcAP (300 mg/kg, intraperitoneally (i.p.)) induced marked hypothermia (ca. −4°C). The same dose of AcAP reduced pain response behavior in the formalin test. Pretreatment with the serotonin synthesis inhibitor DL-p-chlorophenylalanine (PCPA, 300 mg/kg/d, i.p., 5 consecutive days) substantially decreased serotonin in the brain by 70% and significantly inhibited the analgesic, but not the hypothermic action of AcAP. The same PCPA treatment significantly inhibited the hypothermia induced by the selective serotonin reuptake inhibitor fluoxetine hydrochloride (20 mg/kg, i.p.) and the serotonin 5-HT2 receptor antagonist cyproheptadine hydrochloride (3 mg/kg, i.p.). The lower doses of fluoxetine hydrochloride (3 mg/kg, i.p.) and cyproheptadine hydrochloride (0.3 mg/kg, i.p.) did not affect the AcAP-induced hypothermia. These results suggest that, in comparison with its analgesic effect, the hypothermic effect of AcAP is not mediated by the serotonergic system.

Key words acetaminophen; hypothermia; serotonin; fluoxetine; cyproheptadine; analgesia

Acetaminophen (AcAP) is a well-established antipyretic and analgesic drug widely used in many countries. AcAP has only a weak anti-inflammatory effect, and has been considered to exert its effects via mechanisms that are distinct from those of non-steroidal anti-inflammatory drugs (NSAIDs). AcAP can readily diffuse into the central nervous system1–3 and central administration elicits antinociceptive effects.4,5 Although AcAP does not act on specific receptors or channels,6,6 it has been reported to increase the level of serotonin (5-HT) in some brain areas, including the pontine nucleus7 and hypothalamus.8 Consistent with these findings, depletion of serotonin and central administration of serotonergic antagonists inhibit the antinociceptive effect of AcAP in rats and mice.5,7,8–11 Also in humans, tropisetron and granisetron block the analgesic effect of AcAP.12,13 In this context, activation of the descending serotonergic system has been considered to contribute to the antinociceptive effect of AcAP.

AcAP reduces core body temperature in normothermic mice14–17 and humans.18 It has been suggested that induction of hypothermia by AcAP would be effective for neuroprotection after cardiac arrest or stroke (therapeutic hypothermia).19–21 It has also been reported that AcAP-induced hypothermia can be inhibited by genetic deletion of cyclooxygenase-115) (but see Li et al.16) and transient receptor potential ankyrin 1 (TRPA1).14 While the importance of serotonin in the analgesic effect of AcAP has been suggested, the contribution of serotonin to AcAP-induced hypothermia has not been reported. The serotonergic system is also involved in thermoregulation. Clinically, ingestion of an overdose of serotonergic antidepressants causes life-threatening hyperthermia (the so-called serotonin syndrome), and cyproheptadine, an antihistaminergic drug with antiserotogenic properties, has been used for management of this syndrome.22 In rodents, pharmacological activation of 5-HT_{1A}23 central 5-HT_{3}24 and central 5-HT_{7} receptors25 induces hypothermia. Fluoxetine, a selective serotonin reuptake inhibitor, potentiates hypothermia induced by delta- and kappa-opioid receptor agonists.26,27 It has also been shown that an increase in the extracellular level of serotonin evokes hypothermia in mice, and that further excess of serotonin evokes, in turn, hyperthermia.28 Although the involvement of serotonin in thermoregulation is complex, these reports nevertheless suggest that AcAP induces hypothermia through activation of the serotonergic system.

In the present study, we examined the hypothermic and analgesic effects of AcAP in mice pretreated with the tryptophan hydroxylase inhibitor DL-p-chlorophenylalanine (PCPA). In order to confirm that PCPA can inhibit the hypothermic effects of other drugs, we also examined the effect of PCPA treatment on the hypothermia induced by fluoxetine and cyproheptadine.

MATERIALS AND METHODS

Materials The drugs used in this study were acetaminophen (AcAP; Iwaki Seiyaku, Tokyo, Japan), DL-p-chlorophenylalanine (PCPA; Nacalai Tesque, Kyoto, Japan), fluoxetine hydrochloride (Eli Lilly, Indianapolis, IN, U.S.A.), and cyproheptadine hydrochloride (Merck-Banyu, Tokyo, Japan). AcAP was dissolved in 20% (v/v) propylene glycol solution. Fluoxetine hydrochloride and cyproheptadine hydrochloride were dissolved in distilled water (D.W.). All drugs were injected intraperitoneally (i.p.) at 0.1 mL/10 g bodyweight.

Animals Five- to six-week-old male ddY mice (SLC, Shizuoka, Japan) were used for this study. Before experiments,
the mice were kept for at least 7 d under a 12-h light/dark cycle with water and food available ad libitum. All of the experimental protocols used here were approved by the Animal Care and Use Committee of Musashino University. All experiments were conducted in accordance with the guidelines of the Japanese Pharmacological Society.

**Measurement of Rectal Temperature** The experimental room was maintained at 24–26°C, and measurement of body temperature was conducted as described previously. Briefly, each mouse was held loosely in a small cloth bag, and its core body temperature was measured every 10 min using a digital thermometer with a resolution of 0.1°C (AD-5625; A&D, Tokyo, Japan). The thermometer probe was inserted 25 mm into the rectum. Mice whose rectal temperature before drug administration was below 37°C were not used for experiments. Drug effects were expressed as the decrease in body temperature (Δ°C).

**Formalin Test** Mice were placed individually inplexiglass cages and allowed to acclimate to their environment for 30 min. Twenty microliters of 1% formaldehyde (2.5% formalin in D.W.) was injected into the plantar surface of the right hindpaw using a 30-gauge needle. The incidence of formalin-induced nociceptive behavior characterized by licking/biting of the affected paw was measured for 60 min. Either AcAP or vehicle was administered i.p. 20 min before the formalin injection. The first and second phases were recorded during 0–10 and 10–40 min after injection of formalin, respectively. Time spent performing the licking/biting behavior in each 5-min block was recorded continuously.

**Depletion of Serotonin** To deplete central serotonin, PCPA (300 mg/kg, i.p.) was administered for five consecutive days. PCPA was suspended in 0.5% carboxymethylcellulose sodium solution (CMC). Control mice were injected with CMC alone. All measurements were made a day after the last treatment with either PCPA or CMC by experimenters who were blinded to the treatment groups.

**LC-MS/MS Analysis of Monoamines in the Mouse Brain** Monoamine contents in mouse brain were analyzed by liquid chromatography coupled with tandem mass spectrometry (LC-MS/MS). Mouse brains were homogenized in the solu-

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**Fig. 1. Hypothermic Effect of Acetaminophen**

(A) Acetaminophen-evoked hypothermia in naive mice. Two-way repeated measure ANOVA showed significant main effects of dose \[F(3, 16) = 19.751; p < 0.001\] and time \[F(9, 144) = 67.520; p < 0.001\] with an interaction between these factors \[F(27, 144) = 17.574; p < 0.001\]. Acetaminophen (300 mg/kg) significantly reduced body temperature compared with the vehicle-treated group \((p < 0.05\), Dunnett’s two-tailed t-test). (B) Hypothermic effect of acetaminophen (200 mg/kg) in PCPA-treated mice. Two-way repeated measure ANOVA showed a significant main effect of time \[F(9, 117) = 88.626; p < 0.001\]. But there was neither a significant main effect of dose \[F(1, 13) = 3.715; p > 0.05\] nor an interaction between these factors \[F(9, 117) = 0.925; p > 0.05\]. (C) Hypothermic effect of acetaminophen (300 mg/kg) in PCPA-treated mice. Two-way repeated measure ANOVA showed significant main effect of time \[F(9, 135) = 77.913; p < 0.001\]. There was neither a significant main effect of dose \[F(1, 15) = 0.003; p > 0.05\] nor an interaction between these factors \[F(9, 135) = 0.065; p > 0.05\]. Each point represents the mean ± S.E.M.

**Fig. 2. The Brain Monoamine Contents after the PCPA Treatment**

Data were obtained from four mice in each group. Each column represents the mean ± S.E.M. The Student’s two-tailed t-test was used for statistical analysis \((p < 0.05)\).
tion containing 0.05% Triton-X and 10 mM ammonium formate (pH 4.0, 1 mL per 100 mg tissue). An equal volume of ice-cold chloroform–methanol (2:1, v/v) containing 6.6 μM 3,4-dihydroxybenzylamine hydrobromide (DHBA, Sigma, St. Louis, MO, U.S.A.) as internal standard was added to the homogenate and centrifuged at 15000×g for 30 min at 4°C. The upper phase was collected and centrifuged at 15000×g at 4°C. Serotonin, noradrenaline and dopamine were extracted from the supernatant with a Monospin PBA column (GL Sciences, Tokyo, Japan). Samples were analyzed on a Shimadzu LC-MS/MS system (LCMS-8040; Kyoto, Japan) with a COSMOSIL PBr column (2.0 mm i.d.×150 mm, Nacalai Tesque, Kyoto, Japan). The mobile phases were 10 mM ammonium formate (pH 4.0) and acetonitrile. The flow rate was 0.40 mL/min. The acetonitrile content was 0% until 1.5 min, then increased linearly to 60% over 5.5 min, followed by an equilibration period at 0% for 4 min. The electrospray ionization in positive mode was performed for the quantification, using the multiple reaction monitoring (MRM) of the protonated molecular ion to predominant product ion pairs at m/z 177.1→160.1 for serotonin, 169.9→152.1 for noradrenaline, 154.1→137.0 for dopamine and 139.9→123.0 for DHBA. All samples were duplicated.

**Statistical Analysis** All data were expressed as the mean±standard error of the mean (S.E.M.). Parametric multiple comparisons of the overall effect of treatments (0–90 min) on body temperature were made by a two-way repeated measure ANOVA with Dunnett’s two-tailed t-test using IBM SPSS Statistics 24.0. In the formalin test, the two-tailed Mann–Whitney U-test was used to compare total licking/biting time during the first and second phases of control and treated groups. The Student’s two-tailed t-test was used to compare the body weight, the basal rectal temperature and the monoamine contents in the brain of control and treated groups. Differences at p<0.05 (two-tailed) were considered to be significant.

**RESULTS**

Serotonin Depletion Does Not Alter Hypothermia Induced by Acetaminophen

AcAP at 300 mg/kg (i.p.) significa-
Significantly reduced the body temperature of mice (Fig. 1A). AcAP at 200 mg/kg also reduced the body temperature although the effect was not significant \( (p = 0.064) \). The hypothermic effects of AcAP were not affected by PCPA treatment [Fig. 1B (200 mg/kg), C (300 mg/kg)]. The PCPA treatment also did not result in a change of body weight (CMC group 28.6 ± 0.9 g, \( n = 14 \); PCPA group 27.5 ± 0.9 g, \( n = 18 \); \( p > 0.05 \), Student’s two-tailed \( t \)-test) or basal rectal temperature (CMC group 38.1 ± 0.1°C, \( n = 14 \); PCPA group 38.1 ± 0.1°C, \( n = 18 \); \( p > 0.05 \), Student’s two-tailed \( t \)-test). The treatment with PCPA reduced the serotonin content in the brain to 31.8% of that in control mice treated with vehicle (CMC) alone, whereas the simultaneously measured noradrenaline and dopamine contents were unchanged (Fig. 2).

Serotonin Depletion Partially Reverses the Analgesic Effect of Acetaminophen AcAP at 300 mg/kg (i.p.) reduced licking/biting behavior in both the first and second phases of the formalin test (Figs. 3A, B). The time of licking/biting in the first phase was significantly reversed by PCPA treatment (Figs. 3C, D). The licking/biting time in the second phase was slightly reversed.

Serotonin Depletion Attenuates Hypothermia Induced by Fluoxetine and Cyproheptadine Fluoxetine hydrochloride (20 mg/kg, i.p.) reduced body temperature significantly (Fig. 4A). The hypothermic effect of 20 mg/kg fluoxetine hydrochloride was significantly inhibited in the PCPA-treated mice (Fig. 4B). The PCPA treatment resulted in no change of body weight (CMC group 29.3 ± 0.6 g, \( n = 6 \); PCPA group...
28.3±0.5°C, n=7; p>0.05, Student’s two-tailed t-test). Basal rectal temperature of PCPA-treated mice was slightly lower than that of CMC-treated mice (CMC group 38.6±0.1°C, n=6; PCPA group 38.1±0.1°C, n=7; p<0.05, Student’s two-tailed t-test).

Cyproheptadine hydrochloride (0.3–3 mg/kg, i.p.) reduced body temperature dose-dependently (Fig. 5A). The hypothermic effect of 3 mg/kg cyproheptadine hydrochloride was strongly inhibited in the PCPA-treated mice (Fig. 5B). The PCPA treatment did not result in a change of body weight (CMC group 31.5±1.4 g, n=6; PCPA group 32.2±1.5 g, n=4; p>0.05, Student’s two-tailed t-test) or basal rectal temperature (CMC group 38.2±0.2°C, n=6; PCPA group 38.1±0.2°C, n=4; p>0.05, Student’s two-tailed t-test).

We next examined the interaction of fluoxetine and cyproheptadine with AcAP. Neither pre-administration of fluoxetine hydrochloride (3 mg/kg, i.p., Fig. 6A) nor cyproheptadine hydrochloride (0.3 mg/kg, i.p., Fig. 6B) affected the hypothermic effect of AcAP (200 mg/kg).

DISCUSSION

In the present study, we set out to determine whether the hypothermic action of acetaminophen involves activation of the serotonergic system, and found that serotonin depletion by PCPA reversed the analgesic, but not the hypothermic effect of AcAP. These results indicate that serotonin is not involved in AcAP-induced hypothermia in mice.

The degree and time course of AcAP-induced hypothermia were consistent with results obtained in earlier studies.14-16 It has been suggested that the hypothermic effect of AcAP is unrelated to the production of reactive oxygen species by AcAP and its hepatotoxicity.17 The inhibitory effect of PCPA on AcAP-induced analgesia in the formalin test is also consistent with the results of an earlier study.17 Consistent with previous reports,10,11 the PCPA treatment protocol used in the present study markedly reduced the serotonin content of the central nervous system. The basal rectal temperature of the PCPA-treated mice was normal, suggesting that the lack of serotonin can be compensated by other thermoregulatory mechanisms. In this situation, the hypothermic effects of drugs that act on endogenous serotonin would be inhibited, and in fact we found that the hypothermia evoked by fluoxetine and cyproheptadine was inhibited in PCPA-treated mice. The fact that both the serotonin reuptake inhibitor and the serotonin antagonist evoked hypothermia would appear to be inconsistent, but might be explained by the difference in receptor subtypes and/or brain regions on which they act. Although the hypothermic mechanisms of fluoxetine and cyproheptadine require further investigation, the present results at least demonstrate that serotonin depletion by PCPA can inhibit the hypothermic actions of drugs other than AcAP. Furthermore, the lower doses of fluoxetine and cyproheptadine did not interact with the AcAP-evoked hypothermia. These results support the conclusion that the serotonergic system is dispensable for the hypothermic effect of AcAP.

It has been reported that AcAP (200–400 mg/kg) increases the serotonin level in the hypothalamus of rats and K+-evoked serotonin overflow from cortex slices by 30–40%.19 However, it also has been shown that serotonin efflux in the hypothalamus of clorgiline-treated mice rises 11-fold when the body temperature is lowered by 5-hydroxytryptophan administration,28 and thus the increase of brain serotonin by AcAP seems to be far from this level. The serotonin non-dependence of AcAP-induced hypothermia suggests that the mechanism responsible for the hypothermic action of AcAP differs from that underlying the mechanism responsible for analgesia. AcAP is deacetylated in the liver and the resulting metabolite, p-aminophenol, is then converted to N-(4-hydroxyphenyl)-arachidonamide (AM404) in the brain through conjugation with arachidonic acids.30 AM404 stimulates transient receptor potential vanilloid 1 (TRPV1) and endocannabinoid CB1 receptors in the brainstem and, as a result, activates the descending serotonergic system.31-33 AM404 also evokes hypothermia in...
rats via TRPV1,\textsuperscript{36} although Ayoub et al.\textsuperscript{37} have reported that this AcAP-induced hypothermia is not inhibited in TRPV1-knockout and CB\textsubscript{1} receptor-knockout mice. Although the precise mechanism of AcAP-induced hypothermia was not clarified in the present study, AcAP might have another mode of action. Further understanding of the mechanisms of action of AcAP will provide the foundation for development of more effective hypothermic drugs and open the way for establishment of therapeutic hypothermia.

**Conflict of Interest** The authors declare no conflict of interest.

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