Molecular analysis of vascular gene expression

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Abstract
A State of the Art lecture entitled “Molecular Analysis of Vascular Gene Expression” was presented at the ISTH Congress in 2021. Endothelial cells (ECs) form a critical interface between the blood and underlying tissue environment, serving as a reactive barrier to maintain tissue homeostasis. ECs play an important role in not only coagulation, but also in the response to inflammation by connecting these two processes in the host defense against pathogens. Furthermore, ECs tailor their behavior to the needs of the microenvironment in which they reside, resulting in a broad display of EC phenotypes. While this heterogeneity has been acknowledged for decades, the contributing molecular mechanisms have only recently started to emerge due to technological advances. These include high-throughput sequencing combined with methods to isolate ECs directly from their native tissue environment, as well as sequencing samples at a high cellular resolution. In addition, the newest technologies simultaneously quantitate and visualize a multitude of RNA transcripts directly in tissue sections, thus providing spatial information. Understanding how ECs function in (patho)physiological conditions is crucial to develop new therapeutics as many diseases can directly affect the endothelium. Of particular relevance for thrombotic disorders, EC dysfunction can lead to a procoagulant, proinflammatory phenotype with increased vascular permeability that can result in coagulopathy and tissue damage, as seen in a number of infectious diseases, including sepsis and coronavirus disease 2019. In light of the current pandemic, we will summarize relevant new data on the latter topic presented during the 2021 ISTH Congress.

KEYWORDS
coaulation, endothelial cells, gene expression, high-throughput sequencing, inflammation

Essentials
- Endothelial cells (ECs) play an important role in hemostasis and immunothrombosis.
- ECs are highly heterogeneous with phenotypes tailored to the microenvironment in which they reside.
- New technologies allow molecular analysis of ECs within their natural environment.
- Understanding how ECs respond in (patho)physiology can help identify therapeutic targets.
1 | INTRODUCTION

The vascular system extends to almost all tissues in the body, thereby providing oxygen and nutrients while removing waste products, via an intricate network of arteries and veins that are connected by capillaries.1,3 Endothelial cells (ECs) form the inner lining of these vessels, where they not only provide a physical barrier between the blood and underlying cells but also act as a reactive interface to maintain tissue homeostasis. In addition to controlling vascular permeability and the extravasation of fluids and solutes, ECs regulate hemostasis and inflammation, as well as vasomotor tone, cell adhesion, and angiogenesis, and have been shown to participate in both innate and adaptive immune responses.4,5 They also fulfill unique roles depending on their anatomic location along the vascular tree and the specific needs of the underlying tissue. To achieve all these functions, ECs display a remarkable heterogeneity.1-3 While long recognized, the molecular mechanisms underlying this heterogeneity have only started to emerge in recent years,2,3,6,7 as the EC’s microenvironmental interdependence, and interspersed and sparse distribution initially precluded direct in vivo analysis. As the integrity of the endothelium is essential to maintain tissue homeostasis, understanding how ECs function under physiological and pathological conditions is crucial in developing new therapeutics for many diseases, including thrombotic disorders.

In this review, we will first discuss ECs as an integral part of the blood coagulation system, and as an important mediator of the intricate connections between coagulation and inflammation, a topic that has received considerable attention due to the ongoing coronavirus disease 2019 (COVID-19) pandemic. Next, we will provide an overview of methods to perform (endothelial) cell type-specific molecular analyses. Here, we will not only highlight current approaches focused on transcriptomics, such as single-cell RNA sequencing, but also discuss emerging techniques providing spatial information and combining different -omics approaches to further understand the complexity of biological systems such as the vasculature. Finally, we will present an update from the XXIX Congress of the ISTH, with a specific emphasis on the role of endothelial dysfunction in COVID-19.

2 | ENDOTHELIUM IN HEMOSTASIS

The endothelium plays a key role in hemostasis by maintaining blood in a fluid state under normal conditions, while facilitating rapid and localized thrombus formation at the site of vessel injury.8,9 ECs achieve this by tightly regulating platelet adhesion and activation and controlling procoagulant, anticoagulant, and fibrinolytic processes (Figure 1).

Healthy endothelium is covered by the glycocalyx, which contains glycosaminoglycans known for their anticoagulant properties.10 Furthermore, ECs produce nitric oxide and prostacyclin, and express ecto-adenosine phosphatase on their cell surface that keep platelets in a resting state.11 However, platelet recruitment and thrombus formation upon vessel injury is essential to limit blood loss and tissue damage. This process starts with perivascular tissue factor (TF) exposure that binds and activates factor VII (FVII) to initiate the coagulation cascade. In addition, ultra-large von Willebrand factor (VWF) is released from the endothelium and forms a bridge between platelets and extracellular matrix components. This latter interaction mediates shear stress-dependent platelet activation and aggregation, which further promotes coagulation and provides a surface for thrombus formation.

To prevent pathological thrombosis, coagulation is tightly regulated by 3 main anticoagulant systems aimed at limiting thrombin generation, which are driven by tissue factor pathway inhibitor (TFPI), antithrombin (AT), and the protein C pathway.12 TFPI is a factor X-dependent inactivator of TF/activated FVII (FVIIa), and ECs express both the secreted TFPIα and the membrane-anchored TFPIβ isoform.13 While AT is synthesized by hepatocytes and is present in plasma, its function is strongly enhanced upon interaction with heparan sulfates present in the glycocalyx covering the endothelium.14 In addition to its main targets, thrombin (activated factor II [FIIa]) and activated factor X (AT can also inactivate other serine proteases within the coagulation cascade. Activation of the protein C pathway is initiated by binding of thrombin to thrombomodulin (TM), which has several consequences: not only does this binding reduce the amount of FIIa in the circulation, thus limiting further fibrin formation, it also activates thrombin-activatable fibrinolysis inhibitor, which stabilizes fibrin clots.15 Finally, by binding to TM, thrombin is converted into a protein with anticoagulant properties via protein C activation, a process augmented in the presence of the endothelial protein C receptor (EPCR). Activated protein C, together with EC-derived protein S, can subsequently suppress coagulation via proteolysis of activated factor V and activated factor VIII.

As the vessel is repaired, clot resolution occurs through fibrinolysis via tissue-type plasminogen activator (t-PA) that is expressed by ECs and converts plasminogen into plasmin, leading to subsequent fibrin degradation. This process is inhibited by plasminogen activator inhibitor 1 (PAI-1), which is produced by several cell types, including ECs.16

3 | ENDOTHELIUM IN IMMUNOTHROMBOSIS

Given its unique location between the blood and underlying parenchyma, ECs are often referred to as “gatekeepers” that maintain normal tissue homeostasis.2,3,6,7 In addition to their role in coagulation, the endothelium has immunological functions, and both systems work together in host defense responses.5,18-20 This is particularly evident in immunothrombosis, where inflammation triggers coagulation as part of the host’s reaction to pathogen invasion to contain and eliminate the threat, thereby preventing its dissemination throughout the vasculature and limiting tissue damage (Figure 1).18,21 Recognition and binding of pathogens by traditional immune cells and endothelial cells triggers their activation and release of
proinflammatory cytokines and chemokines. Well known for their roles in regulating the immune response and inflammation, these mediators can further affect ECs in several ways. First, they lead to upregulated expression of cell adhesion molecules necessary for leukocyte recruitment and extravasation into the underlying tissue. Cytokines also induce degradation of the glycocalyx, which not only affects its anticoagulant properties but also contributes to increased vascular permeability, which is further enhanced by breakdown of junction proteins that interconnect the endothelium. In addition, cytokines stimulate the release of microvesicles, trigger the formation of neutrophil extracellular traps and activate the complement system. All these components can directly influence both coagulation and inflammation, highlighting the extensive crosstalk between these two processes.

Cytokines can alter levels of coagulation and fibrinolytic factors, thereby shifting the endothelium from an anticoagulant to a procoagulant state. Central in this process is the cytokine-induced upregulation of TF on immune cells, which together with the release of VWF from activated ECs stimulates coagulation by increasing platelet activation and thrombin generation. Not only are platelets increasingly recognized as active participants in the immune response, thrombin can also directly promote inflammation via cleavage of protease-activated receptors (PARs), particularly PAR1 present on ECs. Additionally, cytokines downregulate the expression of anticoagulant factors, many of which also have anti-inflammatory properties and are involved in maintaining the integrity of the endothelial barrier. Therefore, this downregulation not only shifts the coagulation balance further toward a procoagulant state but simultaneously enhances inflammation. Finally, cytokines cause a decrease in t-PA while increasing PAI-1 levels, thus suppressing clot resolution.

Together, the interaction between inflammation and coagulation leads to robust thrombus formation to contain and remove the pathogen from the circulation. However, it is important to note that as with hemostasis, immunothrombosis requires careful regulation, as an exaggerated procoagulant response without sufficient suppression by natural inhibitors can lead to thromboinflammation. The latter can result in significant organ injury, potentially leading to organ failure and even death, as can be observed in severe sepsis and COVID-19.
4 | EC HETEROGENEITY

ECs are highly heterogeneous across organs, but also along different segments of the vascular tree.1-3 As a result, ECs have distinct responses to stimuli depending on the vascular bed in which they reside. With respect to thrombosis, alterations in circulating levels of pro- or anticoagulant factor may result in site-specific manifestations, for example, as observed in thrombotic microangiopathies such as thrombotic thrombocytopenic purpura (TTP).29 However, while linked to abnormal VWF homeostasis, TTP does not lead to a general disseminated thrombotic phenotype, but instead predominantly affects the kidney and central nervous system. The idea of a tissue-specific response is further reinforced by observations in mice deficient in (anti)coagulant factors, as they also display lesions associated with distinct segments of the vascular tree.30

It has long been speculated that vascular site-specific thrombosis phenotypes may be explained by unique expression patterns of EC-derived coagulation factors.31 However, demonstrating EC heterogeneity on a molecular level has been challenging since ECs not only form an integral part of a tissue, but they typically represent a small percentage of the total number of cells in an organ.32 Therefore, early studies tried to assess gene expression by isolating ECs and evaluating them in vitro. While these studies have yielded important information, we and others have shown that extracting ECs from their native microenvironment and expanding them in culture induces phenotypic drift.32-34 This drift leads to changes in expression profiles and the loss of tissue-specific traits, thus not forming a true representative for their in vivo counterparts. Recognizing the importance of the natural EC environment, past approaches used histology-based methods such as immunohistochemistry or in situ hybridization assays to determine expression patterns, showing distinct patterns for TFPI, EPCR, and t-PA expression, whereas TM is ubiquitously expressed.35-38 The distribution of VWF across the vascular tree has been the focus of several research groups, demonstrating by histology as well as the generation of transgenic mouse models, that VWF is more abundant in ECs of large vessels as compared to the microvasculature.39-42 Furthermore, VWF is predominantly expressed in the venous rather than the arterial system. Although these latter methods provide information on the spatial distribution of proteins and RNA, they are limited by the ability to study only one or a few genes at the same time.

The introduction of high-throughput approaches, particularly transcriptomic analysis, has vastly improved our understanding of cellular and molecular biology over the past two decades.43 However, microarray or bulk RNA sequencing (RNASeq) data from intact tissues provides an average representation of transcript levels originating from all cell types present, and does not permit deconvolution of cell-specific expression profiles. As ECs typically form only a minor fraction of the total cell content, variations in expression profiles are likely masked by differences in more abundant cell types. To overcome these limitations, several methods can be used to enrich for ECs prior to high-throughput analyses, via either nongenetic or genetic methods requiring transgenic animals.

5 | (ENDOTHELIAL) CELL-SPECIFIC ENRICHMENT FOR MOLECULAR ANALYSIS

5.1 | Nongenetic approaches

An important advantage of methods not relying on genetic manipulations to characterize cells is that they can also be used in nonmodel species (Table 1). An example of such a method is laser microdissection (LMD), where cells of interest are identified based on morphological features and isolated directly from tissue sections.44 Cells can then be processed for further downstream applications, including high-throughput transcriptomic or proteomic analyses.45 A limitation of this technique is that the identification of cells must be done manually to avoid contamination with neighboring cells. It is therefore very time consuming, and results are highly dependent on the expertise of the operator. Alternatively, immunostaining can be performed to help with this process, although these additional sample manipulations can affect RNA or protein integrity.46 It is also important to note that even with these precautions, contamination can still occur, as cells below the dissection plane cannot be directly visualized. However, LMD allows for preservation of tissue architecture, which is highly valuable in evaluating spatial heterogeneity (Table 1), and it is therefore not surprising that LMD has been previously used to unmask molecular profiles of specific (micro)vascular segments.45

Another approach not relying on transgenic animals per se, is flow sorting by fluorescence-activated cell sorting (FACS). Here, tissues are enzymatically dissociated to obtain a single cell suspension, followed by incubation with a fluorescently labeled antibody against a cell surface marker specific for the cell type of interest. While labeling of cells often occurs ex vivo, the unique position of the endothelium also allows for direct in vivo staining prior to tissue dissociation via intravital labeling, a method employed to show that tissue-specific ECs establish specialized vascular niches.47 An important caveat for this approach is that flow sorting requires the preparation of single cell suspensions. The resulting disruption of cell-cell contacts, especially for ECs, may lead to stress-induced transcriptional changes.32,34 In addition, exposure to rapid flow may cause mechanical damage, further affecting gene expression or even result in cell death, thus introducing a potential selection bias.43 Despite these limitations, FACS is widely used for selecting large numbers of cells for a specific population in an automated fashion, with minimal contamination (Table 1).

Many studies have used RNASeq analyses to evaluate the isolated cell types at a molecular level, as these provide genome-wide coverage, great precision, and are accessible to many researchers. However, there is not always a direct correlation between mRNA and actual protein levels.48,49 To directly assess protein levels in an unbiased manner, proteomic approaches can be applied. While these methods are often used to study intracellular protein levels, several groups have focused their attention on the luminal surface of the endothelium, which is in immediate contact with the blood.50-52 Not surprisingly, these studies also identified (interactive regions of) proteins being present in organ-specific patterns, and this knowledge
could potentially be used to develop methods and therapeutics that target specific vascular beds.

5.2 | Genetic approaches

As noted above, FACS is widely used to identify and isolate cell types of interest. However, its success is dependent on the availability of reliable, validated antibodies, which are still often lacking for (tissue-specific) endothelial subsets. As an alternative, genetic means can be used to express fluorescent proteins on the surface of a specific cell type.53 (Figure 2). Although the in vivo labeling in these reporter animals has advantages, the downstream analyses are not free from the previously discussed limitations associated with FACS (Table 1).

To circumvent these problems, strategies have been developed to isolate cell-specific RNA directly from the in vivo environment. One such approach is thiouracil (TU) tagging, which besides cell specificity also incorporates a temporal component, and has been used to identify intraorgan heterogeneity in nascent endothelial RNA levels (Figure 2).54 An alternative approach to evaluate expression programs from distinct cell types is translating ribosome affinity purification (TRAP). Here, a ribosomal protein is labeled with either a fluorescent or hemagglutinin epitope tag in the cell population of interest (Figure 2). Incorporation of these tagged proteins into ribosomal complexes allows for immunoprecipitation of polypeptides with their associated actively translating mRNA, which can be further processed for high-throughput analyses. By combining in vivo perfusion using a translation inhibitor such as cycloheximide, with the mechanic disruption of frozen tissues, we have previously shown that TRAP provides an accurate snapshot of EC specificity across organs in naive mice as well as organ-specific EC reactivity after lipopolysaccharide exposure.32

The previously described genetic methods all focus on transcript levels, ranging from newly transcribed RNA (TU tagging) to actively translated RNA (TRAP models) (Table 1). The latter, also known as the translatome, has been demonstrated to correlate better to actual protein levels (proteome) as compared to the transcriptome, and might therefore be a better predictor for protein abundance.48,49 However, it is also important to understand how regulatory programs control cellular and molecular heterogeneity, which can be done via epigenetic analyses. Although these can be performed on FACS-sorted cells,60 isolation of nuclei tagged in specific cell types (INTACT) provides a genetic model to label nuclear envelope proteins in vivo.61 This method enables direct cell type–specific nucleus isolation via immunoprecipitation, which can then be used for downstream analyses (Figure 2). Recently, INTACT has been combined with TRAP, resulting in the nTRAP (nuclear tagging and translating ribosome affinity purification) mouse.62,63 Here, both the ribosomal and nuclear envelope protein are tagged, thus supporting the simultaneous analysis of genome-wide transcript levels and chromatin features in distinct cell populations.
Many of the genetic models rely on Cre recombinase to target specific cell populations. Several different Cre models have been developed to target the endothelium, all of which are based on well-known EC markers such as Tie2 (Tek), vascular endothelial (VE)-cadherin (Cdh5) or the vascular endothelial growth factor (VEGF) receptor (KDR) (reviewed in Payne et al.64). However, it is important to note that these genes exhibit differences in expression (and therefore activity) patterns, which can have a dramatic impact on the results. Furthermore, as ECs and hematopoietic cells share a similar embryonic origin, many constitutively expressed EC-Cre transgenes also target blood cells.64,65 To avoid this problem, investigators have used tamoxifen-inducible Cre models that allow temporal expression. However, this latter requires careful optimizing of timing and dose as tamoxifen can directly affect EC gene expression and function.66,67 An alternative approach potentially offering greater precision in targeting EC subtypes is provided by (sequential) intersecional genetics, where the expression of Cre is determined by the presence of two unique cell type-specific genes rather than one. This can be achieved via the use of an intermediate recombinase system such as Dre-rox, which has been previously used to specifically target brain and coronary ECs68 or via the split-Cre system.69

6  |  MORE THAN MEETS THE EYE: SINGLE-CELL RNASeq

Although the above methods to study ECs have yielded valuable insights into organ specificity, they do not permit resolution at the individual cell level. The introduction of single-cell RNA sequencing (scRNASeq) has revolutionized the field of cellular and molecular biology, and has proven particularly useful for studying cell types that are phenotypically diverse such as the endothelium.6,7,70 For example, one of the first studies using scRNASeq to further evaluate vascular heterogeneity in the brain identified the transcriptional basis for the gradual changes in phenotypes along the arteriovenous axis,71 and more recently it was shown that the alveolar endothelium consists of two distinct EC subtypes with each expressing different pro- and anticoagulant factors.72 Furthermore, scRNASeq is being used to gain insights into the cellular and molecular mechanisms contributing to COVID-19 pathogenesis, demonstrating differences in (endothelial) cell composition and gene expression profiles in the lung, as well as in other organs.73,75

Whereas these examples already indicate the power of scRNASeq approaches, several potential limitations should be noted in
addition to the previously mentioned limitations observed with FACS-based analyses. First, even though scRNASeq analysis can differentiate between ECs and non-ECs in a tissue based on expression profiles, the cost of sample preparation is currently often a limiting factor. With ECs forming a minor cell fraction within a tissue, enrichment strategies via FACS can be considered to make it more cost effective. However, this can be especially difficult for ECs, since there is no “one size fits all” protocol for this enrichment, as the embedding of ECs in different microenvironments requires optimized dissociation conditions to preserve sample integrity and avoid biases due to under- or overdigestion of the tissue sample.6,7,43,70,76 Second, the increase in cellular resolution comes at the expense of decreased sensitivity in transcript detection, with only limited detection of less abundant transcripts, although this is highly dependent on the sequencing platform used.7,76 Finally, with the rapid expansion of scRNASeq data sets, standardization of cell isolation protocols, library preparation, and data analysis are crucial to reduce data variability as each step can introduce bias and/or technical noise.7,43

While efforts by large consortia are using scRNASeq to profile and categorize every cell in the body,77-79 previous studies focused on generating cell atlases of particular organs or (endothelial) cell types.80-83 All these studies aim to generate a platform that can eventually be used to evaluate disease-induced changes in a systematic way, thereby providing molecular insights and identifying potential targets for therapeutic interventions, as previously illustrated for COVID-19.73,75 As these projects are ongoing, current work is directed at compiling curated scRNASeq data sets to provide scientists the opportunity to explore data from published scRNASeq studies and perform their own analyses. Examples include PanglaoDB,84 which contains human and mouse data from a broad range of cells, and EndoDB, a database specifically focusing on the murine endothelium.85

7 | SPATIAL TRANSCRIPTOMICS

scRNASeq provides a powerful tool for identifying cellular heterogeneity at the molecular level, and defining tissue-specific phenotypes and functions of vascular cells. However, it does not provide spatial information on the position of these cells within tissues (Table 1). In situ hybridization (ISH) assays do provide this information, particularly single-molecule fluorescence ISH (smFISH). The design of the gene-specific fluorescent probes makes it possible to visualize single RNA molecules while preserving tissue morphology, and therefore it has been widely used to validate sequencing data and further investigate cell-cell interactions.43 However, smFISH has been limited by the ability to only evaluate a few transcripts at the same time due to the overlapping spectra of fluorescent probes.

Therefore, early studies combined scRNASeq with smFISH, where transcripts unique to cellular subsets are identified by scRNASeq and validated by smFISH thereby providing information on the position of these cells within the tissue.71 Conversely, differential expression of transcripts known to be spatially restricted, so-called zonated landmark genes, can be used to identify cell clusters in scRNASeq data.86 An alternative method is spatial sorting, where scRNASeq data are used to specifically identify surface markers that are unique to distinct cellular subsets.87 This has the advantage that instead of single cells, single-cell (sub)populations can be isolated, allowing for high-resolution bulk multi-omics analyses, including high-sensitivity transcriptomics and proteomics analysis.

Additional methods to measure RNA levels directly in tissue sections have been developed.6,43,88 These are based on a combination of quantitative gene expression data and visualization of transcripts or proteins, thereby providing spatial information (Table 1). In general, these can be divided into targeted and untargeted approaches, with the latter including methods such as fluorescence in situ hybridization sequencing89 and sequential fluorescence in situ hybridization.90,91 Both of these are based on sequencing technology, where sequential rounds of hybridization of fluorescent nucleotides or probes, followed by signal imaging, creates a pattern that translates to an RNA molecule. Untargeted methods do not rely on gene-specific probes and are thus unbiased, and in theory should be able to provide a genome-wide analysis. However, with transcripts being densely packed in a cell, it has not (yet) been possible to resolve all individual RNA molecules within a single cell.

Targeted approaches, on the other hand, are based on specific target probes and therefore require prior knowledge of the (expected) expression profile. However, a major advantage is that there are several commercial platforms available for these probe-based assays, which integrate the required high-resolution microcopy with automated fluidics. For example, NanoString’s GeoMX Digital Spatial Profiler can detect RNA and protein within the same region of interest,92 and has been recently used to generate a spatial atlas of lung samples from patients with COVID-19.73,74 The second-generation CosMX Spatial Molecular Imager expands on this technique by providing (sub)single cell resolution.93 Multiplexed error-robust fluorescence in situ hybridization also provides direct detection of predefined RNA targets94 and is commercially available in the Vizgen’s MERSCOPE platform. Since its unique barcoding method is able to detect and correct sequencing errors, this technique supports high sequencing precision and detection efficiency.

Many single-cell studies are focused on transcriptional profiles, as unbiased proteomics on the single-cell levels is not sensitive enough for mammalian cells.95 Although currently limited to specific target panels, spatial "omics technologies have provided an avenue to visualize and correlate RNA levels and proteins in situ. The combination with approaches to identify epigenetic landscapes at single-cell resolution such as Assay for Transposase-Accessible Chromatin with high-throughput sequencing (ATAC-seq) to study open chromatin regions, will be vital for understanding cellular and molecular interactions in physiology and how these are affected in pathology.
Given the detrimental changes to the endothelium and coagulation-related manifestations associated with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infections, it is not surprising that a substantial number of abstracts presented at the XXIX Congress of the ISTH focused on the COVID-19 patient population. Many of these studies involved clinical observations on plasma coagulation parameters, supporting previous data that COVID-19-associated coagulopathy is different from coagulopathy associated with sepsis. The latter can lead to disseminated intravascular coagulation, characterized by consumption of coagulation factors as evidenced by a prolonged activated partial thromboplastin time (aPTT) and prothrombin time (PT). Furthermore, sepsis patients show a typical thrombocytopenia and elevated D-dimer levels. Patients with COVID-19, on the other hand, are less likely to present with thrombocytopenia or changes in aPTT or PT levels. Instead, a stronger emphasis appears to be on circulating cytokines and immune cells, and because of the additional increase in VWF and factor VIII (FVIII) levels, an important role for EC dysfunction has been suggested.

Indeed, in addition to the hypercoagulable state, SARS-CoV-2 infection is associated with pathologic angiogenesis as an indicator of EC dysfunction. While EC dysfunction has been acknowledged as part of COVID-19-associated coagulopathy, especially in more severe cases, information is still lacking. To get a better understanding of EC dysfunction in relation to the increased thrombosis risk observed in patients with COVID-19, several studies evaluated circulating fragments of EC surface markers as a proxy for endothelial stress. For example, Peralta and colleagues evaluated EC markers in plasma from over 150 patients with COVID-19, ranging in disease severity. They showed that patients who developed thrombosis or died had higher levels of not only cytokines, VWF, and FVIII, but also of t-PA. Furthermore, SARS-CoV-2 infections resulted in increased levels of EC activation markers such as soluble intercellular adhesion molecule 1 (ICAM1), TIE2, and lymphatic vessel endothelial hyalinuronal receptor 1 (LYVE1). Additional studies identified greater abundance of soluble TM, soluble endothelial protein C receptor (sEPCR), and PAI-1 as likely EC-derived contributors to the hypercoagulable phenotype. Although these latter studies often included smaller patient populations, some of these markers appear to have predictive value for (in-hospital) mortality. Others focused on identifying biomarkers that can be used to distinguish COVID-19 from sepsis-related coagulopathy. Interestingly, SARS-CoV-2 infection seems to be associated with higher levels of soluble VCAM-1 and sEPCR in blood, while PAI-1, although higher than in controls, shows a less strong increase as compared to sepsis patients.

With changes in EC permeability playing an important role in immunothrombosis and thromboinflammation, Moraes et al evaluated mediators of barrier disruption. They showed that markers such as angiopoietin 1 and 2, as well as their receptor TIE2, and VEGF-A and VE-cadherin were all elevated in patients with SARS-CoV-2 infection. Furthermore, levels of VEGF-A were significantly associated with intensive care unit stay. These proteins are not only involved in barrier function, and increased levels may thus be a sign of barrier breakdown, but they also play a role in angiogenesis. Therefore, these data could contribute to the understanding of the aberrant angiogenesis associated with severe COVID-19. Another possible explanation for the altered angiogenesis came from a study that assessed endothelial colony-forming cells (ECFCs) from recovered patients with COVID-19, showing that patient-derived ECFCs are immature with a reduced proliferative capacity and are not able to maintain or restore normal EC function.

While measuring circulating protein levels may be a useful indicator for the condition of the endothelium in general, it must be kept in mind that different vascular beds can exhibit distinct responses, as we and others have previously showed in systemic infections. Even though this heterogeneity is difficult to recapitulate in vitro, studies using cultured cells have been crucial in providing mechanistic insights into the role of ECs in disease. The endothelium is being increasingly recognized as an integral part of hemostasis regulation, and ongoing efforts are being made to not only incorporate ECs into model systems for coagulopathy but also to generate more relevant in vitro models by using three-dimensional systems that include extracellular matrix proteins relevant for the in vivo environment.

**9 | CONCLUSION AND FUTURE PERSPECTIVES**

ECs play a key role in the coagulation system by producing both pro- and anticoagulant factors to ensure local hemostasis. As an integral component of the immune system, ECs also form an important mediator in the host defense response by connecting coagulation and inflammatory processes to contain and eliminate pathogens. This is a very delicate balance that can be easily disturbed and lead to coagulopathy as seen in sepsis and COVID-19, a highly discussed topic at the ISTH 2021 Congress. Developing a better understanding of how ECs regulate these processes will not only provide insights into thrombosis and thromboinflammation, but could also help identify potential targets to prevent these pathological events.

Studying ECs is complicated by their extensive heterogeneity and high degree of dependence on the microenvironment in which they reside. Technological advances over the past decades have provided important information on the molecular mechanisms underlying this heterogeneity, both on an organ-wide level and more recently at single-cell resolution. The introduction of (commercially available) spatial transcriptomics platforms, as well as the growing possibilities to integrate multi-omics data sets will undoubtedly further contribute to this knowledge.

With ECs forming a large therapeutic target, capitalizing on established molecular differences in EC reactivity under (patho)
physiologic conditions can pave the way for developing effective antithrombotic therapies without inducing adverse effects such as an increased bleeding risk, an important unmet clinical need.

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AUTHOR CONTRIBUTIONS
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