High C-Reactive Protein Levels Are Related to Better Survival in Patients with Uveal Melanoma

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Purpose: To determine whether peripheral blood leukocyte numbers and serum markers of inflammation can be used to predict which patients with primary uveal melanoma will develop metastasis.

Design: Retrospective study.

Participants: Medical records of patients with uveal melanoma (UM) who received treatment for primary UM between February 1992 and December 2020 at the Erasmus University Medical Center (Rotterdam, The Netherlands) and the Rotterdam Eye Hospital (Rotterdam, The Netherlands) were reviewed.

Methods: Inclusion criteria were the presence of a melanoma of the choroid or ciliary body and the availability of data from peripheral blood samples taken before treatment of the melanoma. Data including patient demographics, C-reactive protein (CRP) levels; erythrocyte sedimentation rate (ESR); number of leukocytes, neutrophils, monocytes, and lymphocytes; and histopathologic findings were obtained from medical records. Neutrophil-to-lymphocyte ratio (NLR) and lymphocyte-to-monocyte ratio (LMR) were calculated.

Main Outcome Measures: Metastasis-free survival.

Results: Of the 807 patients with UM, serum and leukocyte data were available for 183 of them at the time of primary tumor treatment. In the total group, no correlation was found between ESR before treatment; the number of leukocytes; percentages of neutrophils, monocytes, and lymphocytes; or NLR or LMR values and any of the clinical characteristics or metastasis-free survival. Among patients who underwent enucleation, those with negative BAP1 findings showed significantly lower numbers of leukocytes (P < 0.05). In the entire cohort, a significant association was found between high CRP levels and longer metastasis-free survival (MFS; P = 0.049).

Conclusions: The total blood leukocyte number was related to loss of BAP1 staining in patients who underwent enucleation, with lower leukocyte counts correlating with absent BAP1 staining. Higher CRP levels were associated with a longer MFS in the entire cohort. Neither the NLR nor the LMR is a good predictor for metastasis developing in patients with UM. Ophthalmology Science 2022;2:100117 © 2022 by the American Academy of Ophthalmology. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).
Table 1. Demographic and Clinical Characteristics of Patients with Uveal Melanoma Analyzed for Neutrophil-to-Lymphocyte Ratio (n = 183)

| Characteristic | Data |
|---------------|------|
| Sex           |      |
| Male          | 89 (49) |
| Female        | 94 (51) |
| Age at diagnosis (yrs), mean (range) | 65 (19–89) |
| Follow-up time (mos), median/mean (range) | 21/42 (0–1437) |
| Primary treatment |      |
| Enucleation   | 82 (45) |
| Stereotactic radiotherapy | 77 (42) |
| Brachytherapy | 10 (6) |
| Transpupillary thermotherapy | 2 (1) |
| Photodynamic therapy | 2 (1) |
| Proton beam therapy | 8 (4) |
| No therapy    | 2 (1) |
| Metastasis    |      |
| No            | 121 (66) |
| Yes           | 62 (34) |

Data are presented as no. (%), unless otherwise indicated.

value associated with worse overall survival in many of these malignancies. Both are inexpensive markers of systemic inflammation. In UM tissue, neutrophils are quite rare; although the role of inflammation and tumor-infiltrating macrophages in UM has been extensively reviewed, it is yet unknown whether peripheral blood neutrophils or monocytes have any adverse function in UM, especially with regard to outgrowth of metastasis.

We hypothesized that systemic inflammation may also play a role in the prognosis of UM. Well-known markers of systemic inflammation are the erythrocyte sedimentation rate (ESR), C-reactive protein (CRP), NLR, LMR, and high numbers of peripheral blood leukocytes. The objectives of this study were to determine if patients with UM who have an increased risk of metastasis developing already have aberrant markers of inflammation at the time of treatment of the primary UM. We analyzed several of these markers under the hypothesis that an aberrant ESR, CRP, leukocyte count, LMR, or NLR could be an indication of systemic inflammation and specifically would occur in those who later demonstrate metastasis. To our knowledge, this is the first study to analyze systemic inflammation markers in patients with UM. This may provide insight into the systemic changes at the time that metastases have not yet become clinically detectable.

Methods

Design and Participants

This is a retrospective study of medical records of patients with UM who received treatment for primary UM. Data were collected between February 1992 and December 2020 at the Erasmus University Medical Center (Rotterdam, The Netherlands) and the Rotterdam Eye Hospital (Rotterdam, The Netherlands). A total of 807 patients received treatment for UM. The research followed the tenets of the Declaration of Helsinki. The local ethics committee waived the need for its approval. Participants provided informed consent at the Erasmus University Medical Center.

Histopathologic analysis included tumor largest basal diameter, tumor thickness, cell type, ciliary body involvement, extraocular extension, presence of epithelial cells and necrosis, and immunohistochemical staining for BAP1. Inclusion criteria were: having a melanoma of the choroid or ciliary body and data from peripheral blood samples taken before any treatment of the UM, including any surgical therapy. Clinicopathologic characteristics, including patient demographics; CRP levels; ESR; and total number of leukocytes with percentages of lymphocytes monocytes, and neutrophils were obtained from the medical records. Patients with elevated levels of leukocytes (>11 × 10⁹/l) were excluded because this could be the result of other factors, such as an active infection or autoimmune disease.

Main Outcomes and Measures

The NLRatio and LMR were obtained by dividing the total neutrophil fraction by the total lymphocyte fraction and the total lymphocyte fraction by the total monocyte fraction, respectively. The NLR and LMR were graded as either high or low, using the median as a cutoff point. Metastasis-free survival was the main outcome measure of this study. Secondary outcome measures were CRP levels, ESR, and leukocyte counts and the relationship with secondary oncogenic driver mutations, chromosomal abnormalities, and histopathologic findings of the tumor. The Rotterdam Ocular Melanoma Study cohort provided information on clinical and pathologic characteristics, and all patients provided informed consent.

Table 2. Pathologic Characteristics of Patients Treated Who Underwent Enucleation (n = 82)

| Characteristic | Data |
|---------------|------|
| Sex           |      |
| Male          | 45 (55) |
| Female        | 37 (45) |
| Age at diagnosis (yrs), mean (range) | 62 (28–88) |
| Follow-up time (mos), median/mean (range) | 23/49 (0–272) |
| Metastasis    |      |
| No            | 43 (52) |
| Yes           | 39 (48) |
| Tumor diameter (mm), mean (range) | 13.4 (3–23) |
| Cell type     |      |
| Spindle cell  | 27 (33) |
| Epithelioid   | 13 (16) |
| Mixed         | 42 (51) |
| Primary tumor location |      |
| Choroid       | 66 (81) |
| Ciliary body  | 16 (19) |
| BAP1 staining results |      |
| Negative      | 40 (49) |
| Positive      | 28 (34) |
| Not determined | 14 (17) |
| AJCC T classiﬁcation |      |
| T1            | 11 (13) |
| T2            | 24 (29) |
| T3            | 38 (47) |
| T4            | 9 (11) |
| Pretreatment NLR, median (SD) | 2.72 (1.47) |
| Pretreatment LMR, median (SD) | 3.28 (1.38) |

AJCC = American Joint Committee on Cancer; LMR = lymphocyte-to-monocyte ratio; NLR = neutrophil-to-lymphocyte ratio; SD = standard deviation.

Data are presented as no. (%), unless otherwise indicated.
All patients

Patients who underwent enucleation

Cough

Presence of epithelioid cells

Results

Statistical Analysis

Peripheral Blood Markers

C-reactive protein levels; ESR; total leucocyte numbers; and percentages of neutrophils, basophils, eosinophils, lymphocytes, and monocytes in peripheral blood were analyzed with automated blood fluid module and matching reagents. Before 2003, the Advia (Siemens Healthcare Diagnostics, Ltd) was used to measure peripheral blood markers; from 2003 through 2013, the Sysmex XE (Sysmex Corporation) was used; and from 2013 onward, the Sysmex XN 9000 (Sysmex Corporation) was used.

Continuous variables were expressed as the mean ± standard deviation and associations among the groups were evaluated using the independent-samples t test. Categorical variables were expressed as absolute frequencies and percentages and were compared between groups with the chi-square test. Metastasis-free survival (MFS) was calculated as the interval between the date of diagnosis and the detection of metastasis or the date of death or last follow-up for surviving patients. Patients who were alive at the last visit or who were lost to follow-up were censored in the analysis. Kaplan-Meier analysis using log-rank testing estimated the difference in survival between patients with high and low ESR, CRP levels, leucocyte counts, neutrophil counts, basophil counts, eosinophil counts, lymphocyte counts, monocyte counts, NLR, and LMR in the complete cohort, with the cutoff for high and low values defined as the median. A P value of < 0.05 (2-sided) was considered to reflect a significant difference. SPSS software version 25 (SPSS IBM) was used to perform the analyses.

Results

Study Population

Information on inflammatory markers before treatment was available for 195 patients. Of those 195 patients, 12 patients had leucocyte counts of more than 11 × 10^9/l, suggesting an infectious condition, and these were excluded. Mean age at diagnosis of the included 183 patients was 65 years, and 49% of the participants were men. Tumors were treated with enucleation (45%), stereotactic radiotherapy (42%), brachytherapy (6%), transpupillary thermotherapy (1%), photodynamic therapy (1%), or proton beam therapy (4%). Two patients (1%) already showed dissemination when UM was diagnosed and did not undergo UM treatment. We therefore excluded them from the analysis. The CRP level of the 2 patients with disseminated disease at diagnosis was 1.0 mg/l and 11.0 mg/l. Of 183 patients, 62 (34%) demonstrated metastasis. For 91 patients, tumor tissue was available for pathologic assessment. Baseline demographic data for all included patients and patients treated with enucleation are presented in Tables 1 and 2.
Patients who underwent enucleation

All patients

48% demonstrated metastasis (Table 2). Of these patients, 55% were men; tissue was available for analyses; therefore, this group was subsequently compared in relation to primary tumor location or the American Joint Committee on Cancer T classification (Table 2). As for patients who underwent enucleation, tumor size as a good prognostic sign showed higher total leukocyte numbers compared with those with negative staining results, 8.0 × 10^9/L versus 7.1 × 10^9/L (P < 0.05). No correlation was found among ESR; CRP levels; total leukocyte numbers (Table 3); the number of neutrophils, monocytes, and lymphocytes; NLR; and LMR values before treatment (Table 4) and the following parameters: ciliary body involvement, the presence of epithelioid cells, necrosis, extraocular extension, BAP1 staining, or the development of metastasis (Table 2).

Peripheral Blood Markers versus Clinical and Histopathologic Characteristics in Patients with Uveal Melanoma Treated with Enucleation

Because histopathologic data were available for a group of 82 patients who underwent enucleation (Table 2), we subsequently compared blood values with histologic parameters. We observed a significant difference in leukocytes based on BAP1 staining: patients with tumor tissue that stained positive for BAP1 showed higher total leukocyte numbers compared with those with negative staining results, 8.0 × 10^9/L versus 7.1 × 10^9/L (P < 0.05). No correlation was found among ESR; CRP levels; total leukocyte numbers (Table 3); the number of neutrophils, monocytes, and lymphocytes; NLR; and LMR values before treatment (Table 4) and the following parameters: ciliary body involvement, the presence of epithelioid cells, necrosis, extraocular extension, BAP1 staining, tumor size as defined by the American Joint Committee on Cancer T classification, or the development of metastasis.
Kaplan-Meier analyses were created for the total cohort of 183 patients for ESR; CRP levels; the total number of leukocytes; percentages of neutrophils, basophils, eosinophils, lymphocytes, and monocytes; the NLR; and the LMR (Figs 1 and 2). A significant difference in MFS was observed in which patients with a longer MFS showed high CRP values ($P = 0.049$, log-rank test). The other parameters showed no significant differences in MFS between patients with high and low values.

Discussion

Because hematological tests are noninvasive and cost-effective, the NLR and LMR can act as simple and convenient parameters of a systemic inflammatory response. An increased NLR as calculated from peripheral blood samples has been shown to be an independent predictive marker for different malignancies, 16,17 and several studies have demonstrated that a higher NLR or LMR is often associated with worse outcomes and advanced disease. The possible underlying mechanism is the presence of a chronic inflammatory reaction, which has been reported to be involved in tumor growth, invasion, and metastasis and has been reported as one of the hallmarks for cancer. 22—24 An environment high in neutrophils is favorable for tumor development and progression. 13—15 In many malignancies, a higher NLR is therefore associated with aggressive tumor behavior and negative treatment outcomes. 25

We analyzed the NLR, LMR, and leukocyte numbers of patients with UM at the time of treatment of the primary tumor as well as some specific serum markers associated with systemic inflammation. To our knowledge, this study is the first to report on the prognostic implication of NLR and LMR in patients with UM. However, we did not find a correlation between the NLR or LMR and the development of metastasis in these patients.

When comparing other white blood cell counts, a difference in total leukocyte count between the patients with positive and negative $BAP1$ staining results was observed in the group treated with enucleation. Patients with negative $BAP1$ staining results showed lower leukocyte counts at the time of enucleation. Looking at the total cohort of 183 patients, the leukocyte counts in patients who demonstrated metastases showed a similar trend ($P = 0.057$). It is known that negative $BAP1$ staining results are associated with an increased number of tumor-associated lymphocytes and macrophages in tumor tissue and a high chance of metastasis. Therefore, it seems that high blood leukocyte counts may be associated with a favorable outcome for patients with UM opposed to the unfavorable association between the presence of tumor-associated leukocytes and survival in patients with UM. 7,8

When we looked at the serum markers we noted an association between high CRP levels and long MFS in the entire cohort. C-reactive protein level has been suggested as a prognostic marker and an independent predictor in cutaneous melanoma, in which a markedly elevated CRP level identifies a subgroup of patients at high risk of disease recurrence and metastasis.
death.\textsuperscript{26} Again, we found a contradiction between cutaneous melanoma and UM: in cutaneous melanoma, an elevated CRP level was associated with a higher risk at recurrence, whereas in UM, elevated CRP levels are associated with a longer MFS. For many types of cancer, blood differential leukocyte parameters have well-established prognostic value, where an increased count in circulating neutrophils and monocytes is associated with adverse outcomes.\textsuperscript{13–18} We did not find this, nor did we observe any other differences in peripheral blood cell markers between the patients who did and did not demonstrate metastasis.

This study confirms that UM differs from other types of cancer, and also when comparing it with cutaneous melanoma. The immunologic difference between UM and cutaneous melanoma might be one of the reasons most drugs used to treat metastatic cutaneous melanoma are largely ineffective in patients with UM.\textsuperscript{27,28} Only recently was tebentafusp found to result in longer overall survival among previously untreated patients with metastatic UM.\textsuperscript{29,30} An important difference between UM and other tumors is that UM cells benefit from the immune privilege in the eye and may adopt several mechanisms involved in this privilege for tumor escape that act even after leaving the niche.\textsuperscript{31}

Some limitations of the present study should be considered when interpreting the data, such as the relatively small sample group and the study’s retrospective character, inherent to the rare type of malignancy studied. Patients with very elevated leukocyte counts were excluded because these usually are the result of other medical conditions, such as an infection or nonmalignant inflammatory disease. Another limitation may be lack of long follow-up. Approximately 40\% of the patients with UM demonstrate metastasis, with a peak within 4 years after initial treatment. This raises the possibility that some of the patients included in the nonmetastasized group still could demonstrate metastasis at a later stage. This may have influenced the results of this study. The major limitation is that this was not a large series. It is important to repeat the study in a large series.
In conclusion, this study demonstrated that lower levels of peripheral blood leukocytes are associated with negative tissue BAP1 staining, which carries a bad prognosis. In contrast with cutaneous melanoma, high CRP levels in patients with UM are associated with a longer MFS. Neither NLR nor LMR seems to be a good predictor of metastasis developing in patients with UM. Further studies are needed to clarify the importance of these peripheral blood markers and ratios as biomarkers and to evaluate the exact clinical significance for patients with UM.

Footnotes and Disclosures

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