Myopic traction maculopathy biomarkers on optical coherence tomography angiography—An overlooked mechanism of visual acuity correction in myopic eyes

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Received: 4 November 2018 / Accepted: 5 March 2019 / Published online: 1 April 2019
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Abstract
Background/objectives Myopic traction maculopathy of the retinoschisis type is a unique entity that has been frequently overlooked in refraction correction in daily practice in myopic eyes. The objective of this study was to describe the imaging characteristics of myopic traction maculopathy (MTM) seen on optical coherence tomography angiography (OCTA) and to detect biomarkers of the associated functional changes.

Subjects/methods We performed OCTA on eyes with MTM and retinoschisis (RS group; n = 27) and highly myopic eyes without MTM (control group; n = 27). The RS group was further divided into a dome-shaped macula (DSM) group and a non-DSM group. The groups were compared for morphologic and perfusion characteristics.

Results The RS and control groups had comparable spherical equivalence (p = 0.65), but the RS group had worse best-corrected visual acuity (p < 0.01), larger retinal volumes (p < 0.01), and greater subfoveal choroid capillary vessel density values (p = 0.04). Compared to the non-DSM group, the DSM group had significantly smaller inner retinal volumes (p = 0.05) and significantly larger choroid capillary vessel density values in both the whole macula (p = 0.005) and the fovea (p = 0.03)

Conclusions Our high-resolution OCTA morphologic and vascular perfusion data correlated well with functional abnormalities encountered in myopic eyes. Changes in vessel density may elucidate the pathogenesis of MTM and characterize the mechanical stretch forces acting in eyes with MTM.

Introduction

Myopic traction maculopathy of the retinoschisis type is a unique entity that has no obvious anatomical abnormalities, except for foveoschisis of the sensory retina. The condition is frequently overlooked in the refraction correction of visual acuity in daily practice in myopic eyes. The term “myopic foveoschisis” was coined by Takano and Kishi to describe retinal splitting at the macula observed on optical coherence tomography (OCT) in patients with high myopia and posterior staphyloma [1]. In 2004, Panozzo et al. proposed the term “myopic traction maculopathy” (MTM) to describe the macular damage caused by traction forces from the epiretinal membrane or residual focal vitreoretinal adhesion combined with posterior staphyloma and progressive scleral stretching in myopic eyes [2]. OCT is essential when evaluating highly myopic eyes, in which MTM is suspected because it can provide detailed images of macular damage and may also elucidate the poorly understood pathogenesis of MTM. The incidence of myopia has increased in recent decades in many countries, particularly...
Subjects and methods

The study was approved by the ethics committee at National Taiwan University Hospital and was performed in accordance with the principles of the Declaration of Helsinki. All patients who participated in the study gave written informed consent after receiving an explanation of the nature of the study and possible consequences. Patients with high myopia who underwent OCTA at the high myopia clinic in the hospital’s ophthalmology department between January 1, 2017 and June 30, 2017 were eligible for inclusion in the study. High myopia was defined as a spherical equivalence of < -6.0 diopters or an axial length of > 26.5 mm [16]. Patients who had MTM with retinoschisis (RS), defined as retinal splitting within a central square measuring 3 mm × 3 mm in the OCTA images, were allocated to an RS group (n = 27) and those without MTM or other structural deterioration served as a control group (n = 27).

Data on age, sex, most recent axial length measurement, and whether the eyes were phakic or pseudophakic were recorded for each patient. Refraction data were used to calculate each patient’s best-corrected visual acuity (BCVA) as the logarithm of the minimum angle of resolution (logMAR).

We documented the presence of DSM, which was confirmed with 10-mm cross line scans. Subfoveal choroidal thickness was measured manually from the outer surface of the hyper-reflective line ascribed to the retinal pigment epithelium (RPE) to the hyper-reflective line of the inner scleral border at the foveal center [16]. The integrity of the ellipsoid zone was also recorded.

Image acquisition and analysis

The OCTA images were acquired using an Avanti RTVue XR device with the AngioVue system (Optovue, www.optovue.com). This system can reach an acquisition rate of 70,000 a-scans per second, achieving high axial resolution at depths of up to 5 μm and minimizing motion artifact. Each OCTA cube scan consisted of 304 × 304 a-scans within a 3-mm × 3-mm square centered on the fovea, which yielded 304 b-scans. Each b-scan output displayed the average of at least two individual scans. The AngioVue software includes a built-in projection artifact removal algorithm and has four default en face retinal imaging settings for automatic segmentation of the superficial layer (SL), deep layer (DL), outer retina, and choriocapillaris. The SL was outlined with an inner boundary 3μm below the internal limiting membrane (ILM) and an outer boundary 15μm below the inner plexiform layer. The DL was segmented with boundaries set at 15μm and 70μm below the inner plexiform layer. The boundaries for the choriocapillaris were defined as

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East Asia [3, 4], so managing its comorbidities is becoming increasingly important.

One study suggested that MTM manifests as three sometimes overlapping subtypes, i.e., retinoschisis, foveal detachment, and macular holes [5]. The impairments in visual acuity associated with each subtype have been described previously [5, 6]. When foveal detachment or macular holes occur, patients usually require surgical intervention. Many patients with retinoschisis experience slow, progressive visual deterioration, although some may have stable visual acuity for years, even with retinal thickening, appearance of foveal cysts, or retinal detachment [7]. Gaucher et al. proposed the presence of pre-macular structures as a predisposing factor for future visual deterioration in a retrospective observational case series study of patients with MTM [8].

Benhamou et al. examined eyes with retinoschisis in a retrospective observational case series study and found that all exhibited outer retinoschisis and that 29% also showed inner retinoschisis [7]. Additionally, Shimada et al. found that progression of MTM was associated with an increased height or extent of macular retinoschisis and development of macular foveal retinal detachment [9]. However, the mechanism underlying visual deterioration in MTM-affected eyes, exclusively exhibiting retinoschisis, remains unknown.

Dome-shaped macula (DSM), a novel pathology in myopic maculopathy, was first reported by Gaucher et al. [10]. Using OCT, they observed an inward bulge within the myopic staphyloma that was accompanied by visual impairment. Swept-source OCT and three-dimensional reconstruction revealed that the dome shape was caused by localized thickening of the macular sclera [11]. The incidence of foveoschisis is lower in patients with MTM and DSM than in those who have MTM without DSM. The scleral bulge is thought to reflect a macular buckling effect that prevents foveoschisis.

OCT angiography (OCTA) can be used to evaluate the vasculature and perfusion of the retina and choroid. These technologies have been used in eyes with diabetic retinopathy, polypoidal choroidal vasculature, and juvenile foveoschisis with promising [12–15].

In this study, we used these imaging techniques to compare the imaging features of highly myopic eyes with and without MTM and those in eyes with MTM that did and did not have a DSM. We limited our focus to MTM of the retinoschisis subtype without foveal detachment or macular holes in order to investigate the pathogenesis of visual impairment within that specific subtype.
30 μm and 60 μm below the RPE. The precision of automated segmentation was checked by reviewing each of the 304 b-scans in every OCTA cube scan. Auto-segmentation errors were corrected by manually adjusting the contour and location of each segmentation line. The imaging data were interpreted by two independent readers. Disagreements were resolved by discussion between the two readers and another senior retinal specialist. The quality of the OCTA images was assessed using the signal strength index.

We evaluated the foveal avascular zone (FAZ) in the SL and in the DL by analyzing en face images saved as PNG files in the AngioVue system using ImageJ (National Institutes of Health, Bethesda, MD, USA; http://rsb.info.nih.gov/ij/index.html). To facilitate the measurements, each FAZ area was outlined twice manually following conversion to binary images. Projection artifacts from the SL were excluded when outlining the FAZ in the DL. FAZ areas were calculated (in mm²) by multiplying the number of pixels by (3/304)² mm²/pixel. A built-in tool in the AngioVue system was used to measure the choroidal flow area (i.e., the area of flow within a circle with a diameter of 2 mm centered over the choriocapillaris slab in en face images) and vessel density in the SL, DL, and choriocapillaris [17, 18]. We defined vessel density as the percentage of the cross-sectional area of the vessel occupied by the lumen. We defined whole-macula density and foveal vessel density as the density value within a 3-mm × 3-mm square and a 1-mm-diameter circle, respectively. The retinal volume was calculated as the sum of the retinal thickness values, which were mapped onto a 5-mm × 5-mm square grid centered on the fixation point with grid spacings of 0.25 mm in the inner 4-mm × 4-mm area and 0.5 mm in the outer area. We defined the full retinal volume as the volume of retinal tissue measured from the ILM to the RPE hyper-reflective line within a central 5-mm × 5-mm square. We divided the full retinal volume into an inner retinal volume and an outer retinal volume based on the outer boundaries of the inner plexiform layer.

Statistical analysis

Because parameters may exhibit inter-eye associations within single patients, we analyzed only one eye from each patient. The statistical significance of between-group differences was determined using the Wilcoxon-rank sum test (for continuous variables) or chi-square test (for categorical variables). Spearman correlation coefficients were calculated for between-variable correlations in the RS group. All statistical analyses were performed using SPSS version 20.0 software (IBM Corp., Armonk, NY, USA). All tests were two-sided. A p-value < 0.05 was considered statistically significant.

Results

Table 1 summarizes the key characteristics of the RS group and the control group. There was no significant difference in age, spherical equivalence, or axial length between the RS and control groups. The mean BCVA was 0.4 logMAR units in the RS group and 0.16 logMAR units in the control group (p < 0.01).

Table 2 presents the mean measurements for OCTA-identified biomarkers in the study groups. There was no significant difference in the signal strength index between the groups. Compared to the control group, the RS group had a significantly larger subfoveal choroidal thickness (p = 0.03; Fig. 1a, b), a significantly larger full retinal volume (p < 0.01), and a significantly larger outer retinal volume.

Table 1 Patient characteristics

|                      | Control group | RS group | p-value |
|----------------------|---------------|----------|---------|
| Patients, n          | 27            | 27       |         |
| Age, years (mean ± SD) | 51.63 ± 14.58 | 57.19 ± 9.56 | 0.16   |
| Male sex, n (%)      | 9 (33.3%)     | 4 (14.8%) | 0.11    |
| Spherical equivalent, diopters | −11.72 ± 4.19 | −12.09 ± 6.45 | 0.65 |
| Axial length, mm     | 28.62 ± 2.04  | 29.41 ± 1.54 | 0.14   |
| logMAR BCVA          | 0.16 ± 0.19   | 0.4 ± 0.33 | <0.01   |

BCVA best-corrected visual acuity, logMAR logarithm of the minimum angle of resolution, RS retinoschisis, SD standard deviation

Table 2 Biomarkers identified on OCTA

|                      | Control group | RS group | p-value |
|----------------------|---------------|----------|---------|
| Signal strength index| 58.22         | 57.37    | 0.66    |
| Choroidal thickness, μm | 116.78 ± 71.42 | 80.78 ± 41.65 | 0.03   |
| Retinal volume, mm³  |               |          |         |
| Full                 | 6.89 ± 0.36   | 8.5 ± 1.97 | <0.01   |
| Inner                | 2.62 ± 0.4    | 2.6 ± 0.33 | 0.98    |
| Outer                | 4.27 ± 0.38   | 5.91 ± 1.76 | <0.01   |
| FAZ-SL, mm²          | 0.27 ± 0.08   | 0.34 ± 0.13 | 0.02    |
| FAZ-DL, mm²          | 0.73 ± 0.18   | 0.62 ± 0.24 | 0.02    |
| Choroidal flow area, mm² | 1.57 ± 0.47   | 1.46 ± 0.42 | 0.32    |
| Vessel density (%)   |               |          |         |
| Whole CC             | 65.87 ± 2.81  | 63.17 ± 13.07 | 0.79   |
| Foveal CC            | 66.03 ± 9.94  | 69.75 ± 6.52 | 0.04    |
| Whole SL             | 48.12 ± 4.98  | 46.28 ± 6.66 | 0.48    |
| Foveal SL            | 30.63 ± 4.47  | 29.69 ± 5.68 | 0.26    |
| Whole DL             | 55.51 ± 3.98  | 54.82 ± 4.81 | 0.24    |
| Foveal DL            | 30.63 ± 4.47  | 29.69 ± 5.68 | 0.26    |
| Intact ellipsoid zone, n | 27            | 25       | 0.16    |

CC choriocapillaris, FAZ-DL foveal avascular zone area in the deep layer, FAZ-SL foveal avascular zone area in the superficial layer, n number, OCTA optical coherence tomography angiography.
(\(p < 0.01\)); there was no significant between-group difference in inner retinal volume (\(p = 0.98\)). The RS group had a significantly larger FAZ in the SL (\(p = 0.02\)) and a significantly smaller FAZ in the DL (\(p = 0.02\)) when compared to the respective values in the control group (Fig. 2a, b). There was no significant between-group difference in choroidal flow areas (\(p = 0.32\); Fig. 2c); however, the vessel density in the subfoveal choroid capillary layer was greater in the RS group (\(p = 0.04\); Fig. 3). The ellipsoid zone was disrupted in two patients in the RS subgroup without DSM. All ellipsoid zones were intact in the control group.

In the RS group, DSM was present in 10 patients and absent in 17 (Fig. 1c, d). Compared to patients without DSM, those with DSM tended to be older (\(p = 0.06\)), and had a significantly greater axial length (30.29 mm [1.37] vs 28.89 mm [1.42]; \(p = 0.03\)) and a significantly smaller inner retinal volume (2.44 mm\(^3\) [0.3] vs. 2.68 mm\(^3\) [0.32]; \(p = 0.05\)). There was no significant between-group difference in BCVA, full retinal volume, or outer retinal volume. Compared to the patients without DSM, those with DSM had significantly lower choroidal thickness (\(p = 0.03\)) and a significantly greater vessel density in the choroid capillary layer in the whole-macula (\(p = 0.005\)) and foveal circle (\(p = 0.03\)).

We detected several significant correlations in the RS group. We found positive correlations between the BCVA scores for the full (\(p < 0.001\)), inner (\(p = 0.05\)), and outer (\(p < 0.001\)) retinal volumes and a negative correlation between the BCVA score and whole vessel density in the choroid capillary layer (\(p = 0.005\)). Axial length correlated positively with whole vessel density in the choroid capillary layer and negatively with the inner retinal volume. The area of the FAZ correlated negatively with foveal vessel density in both the SL (\(p < 0.001\)) and the DL (\(p = 0.02\)). Furthermore, the area of the FAZ in the DL correlated negatively with the foveal vessel density in the SL (\(p = 0.04\)). The vessel density in the SL correlated positively with that in the DL regardless of whether the whole macula (\(p = 0.007\)) or foveal circle (\(p = 0.001\)) vessel density was examined. Within the choroid capillary layer, the vessel density in the whole macula correlated positively with that in the foveal circle (\(p = 0.001\)). The volume of the inner retina correlated positively with the whole-macula vessel density in the SL (\(p = 0.02\)). Patient age was negatively correlated with foveal vessel density in the DL and positively correlated with the outer retinal volume. Full, inner, and outer retinal volumes were positively correlated with each other.

**Discussion**

This study is the first to systematically evaluate MTM using OCTA to describe the severity of retinoschisis using three-dimensional analysis and to identify biomarkers on OCTA that are pathognomonic of MTM.

**Disoriented foveal Müller cell fibrils cause visual impairment**

The reduced visual acuity associated with MTM of the macular hole and foveal detachment subtypes is thought to be the result of photoreceptor damage. Our findings show that the visual acuity impairments in the retinoschisis subtype result from foveal distortion rather than disruption of photoreceptors, as indicated by the increased full and outer

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*Fig. 1* We measured subfoveal choroidal thickness and detected DSM with 10-mm cross line scans. 

- **a.** A choroidal thickness of 215µm was measured in a myopic eye without MTM. The axial length was 27.27 mm.
- **b.** A choroidal thickness of 52µm was measured in an eye with retinoschisis and an axial length of 28.04 mm.
- **c, d.** Eyes with MTM without (C) and with (D) DSM had choroidal thickness values of 170µm and 83µm, respectively, and axial lengths of 28.42 mm and 31.64 mm, respectively. Abbreviations: DSM, dome-shaped macula; MTM, myopic traction maculopathy.
retinal volumes and the intact ellipsoid zone in the RS group. This mechanism is very different from that found in the foveal detachment and macular hole subtypes. Although disturbances of the ellipsoid zone were found in two patients in the RS group, the logMAR BCVA scores in these patients were better than the mean value in the RS group (0.2 and 0.3 vs. 0.4), possibly because they had healthy full retinal volumes that were smaller than the mean value in this group (5.63 mm³ and 8.22 mm³ vs. 8.5 mm³).

The significant correlation between the BCVA score and retinal volume in the RS group is consistent with the foveal distortion hypothesis, i.e., an increased retinal volume indicates more severe retinoschisis, which would aggravate foveal distortion and cause visual deterioration. Gaucher et al. did not find a correlation between central foveal thickness and visual acuity in patients with myopic foveoschisis [10]. However, the central foveal thickness is a linear measurement that cannot adequately represent the
three-dimensional concept of retinoschisis cavities or the severity of foveal distortion.

Müller cells maintain the integrity of the retina by acting as optical fibers that guide light through the inner retina and minimize light-scattering. Therefore, they can enhance the signal-to-noise ratio [19]. As optical fibers, their orientation is crucial to their function [20]. The integrity of foveal Müller cells is associated with the overall structural integrity of the fovea [21]. Structural changes in Müller cells are thought to occur in eyes with retinoschisis [22]. As retinoschisis cavities enlarge, mechanical stretch forces may damage Müller cells and affect their function [23]. Therefore, we suggest that dysfunction of Müller cells leads to damage Müller cells and affect their function [23].

Choroidal perfusion is critical to the health of Müller cells and maintenance of retinoschisis in eyes with MTM

Decreased choroidal thickness is a general finding in eyes with advanced pathologic myopia [24, 25]. The decreased subfoveal choroidal thickness observed in retinoschisis-type MTM may precede the development of retinoschisis. In addition to inner mechanical stretch forces, the etiology of retinoschisis may include poor choroidal support for the health of Müller cells and consequent development of elongated fibrils on the cells. This mechanism would explain the decreased visual acuity in myopic eyes with less choroidal thickness, healthy photoreceptors, and an intact ellipsoid zone [26]. In our study, there was a positive correlation between visual acuity and whole-macula vessel density in the choroid capillary layer in the eyes with RS, which indicates the importance of choroidal perfusion. Otherwise, we found no correlation between choroidal thickness and any other study variable, including visual acuity, in the RS group. This suggests that choroidal thickness itself may not directly affect vision.

Previous reports [26, 27] noted decreased subfoveal choroidal thickness, older patient age, and an elongated axis as features that worsened visual acuity in the advanced stages of high myopia. Similarly, we found that MTM with DSM was associated with older age, a longer axis, and a thinner choroid relative to MTM without DSM. However, there was no significant difference in visual acuity between the DSM and non-DSM groups in our study. Our present findings suggest two factors that may protect against vision loss in patients with DSM. One is the buckling effect in eyes with DSM, which is reflected in smaller inner retinal volumes relative to eyes without DSM and has been mentioned in previous reports [28, 29]. The other is choroidal perfusion support, which is indicated by increased vessel density in the choroid capillary layer and may help to maintain the retinoschisis subtype and prevent detachment of the fovea. Al-Sheikh et al. proposed that decreased choroidal perfusion in myopic eyes may result from mechanical stretch forces induced by elongation of the eyeball, which DSM can relieve [30]. Higher vessel density in the choroid capillary layer of eyes with DSM may result from the buckling effect of the thickened sclera [11]. The positive correlation between whole-macula vessel density in the choroid capillary layer and visual acuity observed in the RS group indicates the importance of choroidal support. Furthermore, the observed correlations of a longer axis with a smaller inner retinal volume and higher vessel density in the choroid capillary layer in the RS group may be attributable to inclusion of DSM cases.

The area of the FAZ is influenced by both retinal perfusion demands and mechanical stretch forces in eyes with MTM

The FAZ is known to be enlarged in the elderly and in patients with diabetes [21, 31]. However, no previous study has evaluated the FAZ in eyes with MTM. We found significant enlargement of the FAZ in the SL and a reduction of the FAZ in the DL. Samara et al. (2015) proposed that the negative correlation between the size of the FAZ and the central macular thickness in normal eyes suggests that a thicker retina has greater metabolic requirements [32]. In patients with diabetes, the FAZ enlarges in both the SL and the DL [33]. The area of the FAZ seems to reflect the perfusion status of the retina; the discrepancy that we observed between changes in the FAZ in the SL and those in the DL may be related to mechanical stretch forces rather than perfusion demands. Forces tangential to the ILM may cause enlargement of the FAZ in the SL. The staphyloma and progressive scleral stretching pull the deeper foveal tissues posteriorly, thereby narrowing the FAZ in the DL. Further structural evaluations of the foveal contours in eyes with retinoschisis are needed to test this hypothesis. We found negative correlations between FAZ areas in the SL and DL and same-layer foveal vessel density values in the RS group. There was also a negative correlation between FAZ area in the DL and foveal vessel density in the SL in the RS group. Tangential forces in eyes with retinoschisis may cause enlargement of the FAZ in both the SL and DL. Once the FAZ in the DL is enlarged, the retinal perfusion status in the SL would also be affected, thereby decreasing the vessel density. The positive correlations between vessel density in the SL and that in the DL in the RS group suggest that synchronous changes occur in both retinal layers. Furthermore, the positive correlation between the inner retinal volume and whole-macula vessel density in the SL in the RS group is consistent with the findings of previous studies in eyes without MTM [34, 35]. This corroborates our hypothesis that a thicker retina has greater metabolic demands.
In our RS group, the outer retinal volume increased with patient age, possibly in response to the aging process as well as degeneration of Müller cells and elongation of their fibrils. The retinal vessel density decreases with age in normal eyes [31]. We also found a negative correlation between patient age and foveal vessel density in the DL in our RS group.

**Study implications**

In terms of surgical management, our results indicate that reversing the abnormal architecture of the Müller cell fibrils and thereby flattening the retinoschisis is the key to restoring visual acuity in eyes with MTM. Moreover, the ILM over the foveola should be preserved during ILM peeling because the foveolar ILM is part of the foveolar Müller cell fibrils. Therefore, preservation of the ILM in this region may prevent degeneration of the foveola [36]. Furthermore, choroidal perfusion, as reflected in vessel density, in eyes that have MTM without DSM should not be further impaired during surgical interventions such as external macular buckling surgery, which can further compress the choroid and decrease choroidal perfusion. Finally, distortion of the FAZ, which we found to contribute to decreased vessel density, retinoschisis, and subsequent impairment of visual acuity, should be corrected by removing the mechanical stretching forces, possibly by peeling off the epiretinal membrane, posterior hyaloid, and parafoveolar ILM.

**Limitations**

Although our study provides an insight into retinoschisis-type MTM, it has several limitations. First, the sample size was relatively small. Second, OCTA has some disadvantages in that the auto-segmentation adjustments on OCTA images were performed manually rather than with a standardized automated system. Segmentation is critical for serial data analysis, especially in eyes with MTM, where every b-scan should be carefully examined. However, no software is currently available to correct segmentation errors in eyes with MTM [37]. The quality of OCTA may be influenced by many factors [38] and poor image quality might have compromised our biomarker data [39, 40]. For eyes with a high refractive error and pathology such as MTM, limiting the influence of artifacts will be important in future investigations.

**Conclusions**

Our results may explain the reason why visual acuity cannot be corrected fully in some highly myopic eyes. The foveoschisis of the sensory retina may be responsible for the visual losses in myopic traction maculopathy eyes without obvious anatomical abnormalities. This condition is frequently overlooked in the refraction correction in daily practice.

Our OCTA images provided high-resolution structural and perfusion data for eyes with MTM. The morphologic and vascular perfusion measurements obtained correlated well with functional changes, which may elucidate the mechanisms underlying MTM. We found that an increased retinal volume and a distorted FAZ, which may aggravate disorientation of Müller cell fibers, were associated with greater visual impairment. It is possible that compensatory increased perfusion, as indicated by increased vessel density, may have a rescue effect in eyes with DSM and retinoschisis and prevent development of foveal detachment or macular holes. Further investigations, including more histopathologic studies, are necessary to confirm the pathogenesis of MTM. Such studies may elucidate the role of Müller cell integrity in traction maculopathies because MTM is a pathology of Müller cell cones that involves both inner traction from the ILM and outer stretch forces from posterior staphyloma.

**Summary**

**What was known before**

- In some highly myopic eyes with myopic traction maculopathy the visual acuity cannot be well-corrected. The mechanism is not fully understood in these eyes with macular retinoschisis.

**What this study adds**

- This study resolves the mechanism underlying an overlooked entity that exists in highly myopic eyes, which hinders the best refraction correction in a seemingly normal retina. The functional and anatomical correlation may be connected in myopic traction maculopathy by optical coherence tomography.

**Acknowledgements** We thank all the technicians in the Department of Ophthalmology at National Taiwan University Hospital.

**Compliance with ethical standards**

**Conflict of interest** The authors declare that they have no conflict of interest.

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