Abstract
Brain-derived neurotrophic factor was utilized in the present study to treat cell injury models induced by aggregated β-amyloid (25-35). Methylthiazolyl diphenyl-tetrazolium bromide assay and western blot analysis showed that brain-derived neurotrophic factor provided neuroprotection against cellular apoptosis by suppressing the decline in β-amyloid (25-35)-induced cell activity and the increasing ratio of Bax/Bcl-2. After treating pheochromocytoma cells with tyrosine kinase receptor B receptor inhibitor K252a, brain-derived neurotrophic factor reverses the above-mentioned changes. The experimental findings suggested that brain-derived neurotrophic factor prevented β-amyloid peptide-induced cellular apoptosis by modulating Bax/Bcl-2 expression, and this effect was associated with binding to the specific tyrosine kinase receptor B receptor.

Key Words: Alzheimer’s disease; apoptosis; β-amyloid peptide; Bax; brain-derived neurotrophic factor; Bcl-2; tyrosine kinase receptor B

INTRODUCTION
Apoptosis is a type of programmed cell death controlled by precise and intrinsic genetic programming. Apoptosis mechanisms have been proposed to explain cell loss observed in many neurodegenerative disorders, including Alzheimer’s disease (AD) [1-2]. AD is an age-related neurodegenerative disorder and the histopathological hallmarks include formation of senile plaques, neurofibrillary tangles, and neuronal loss [3-4]. The major component of senile plaques is β-amyloid peptide (Aβ), which is believed to be the most probable cause of AD [5-6]. Studies have shown that Aβ directly induces neuronal death via apoptotic mechanisms [7-9].

Brain-derived neurotrophic factor (BDNF) is an endogenous protein from the neurotrophin family, which is involved in structural and functional brain plasticity [10-11]. It regulates synaptic plasticity and plays a key role in memory formation and storage [12]. BDNF involvement in dementia has been extensively discussed, and studies have shown that expression of the precursor form of BDNF, as well as mature BDNF [13-14] or its mRNA [15], decreases in the parietal cortex and hippocampus in AD patients, even in pre-clinical stages of AD.

These results suggested that BDNF could serve as a potential therapeutic agent for AD. Tyrosine kinase receptor B (TrkB) is the high-affinity receptor for BDNF and mediates most BDNF-induced responses. BDNF binding with TrkB receptor activates various downstream signaling pathways, including Ras/MEK, PI-3K/AKT, PLCγ/PKC, and PKA signaling [16-20]. The present study established cell injury models by treating rat pheochromocytoma (PC12) with aggregated Aβ (25-35). The cells were then treated with BDNF to determine the influence of BDNF and the associated mechanisms underlying BDNF protection of Aβ (25-35)-induced cell injury. These results will help to identify potential molecular targets for the development of AD therapies.

RESULTS
Effects of Aβ (25-35) on PC12 cell viability
MTT assay was used to determine the effects of 20 μM Aβ (25-35) on PC12 cell viability following treatment for various time periods (30 minutes and 1, 3, 6, 12, 24, and 48 hours). Conventionally cultured PC12 cells served as controls. Results showed that 20 μM Aβ (25-35) induced a decline in PC12 cell viability in a time-dependent manner (P < 0.05; Figure 1).
PC12 cells were pre-treated with 50 ng/mL BDNF in serum-deprived media for 30 minutes prior to 24-hour incubation with 20 μM Aβ(25–35). The effects of BDNF on Aβ(25–35)-induced PC12 cell apoptosis were determined with western blot analysis. Results showed that Aβ(25–35) treatment of PC12 cells downregulated expression of the anti-apoptotic gene bcl-2 (P < 0.05) and upregulated expression of the pro-apoptotic gene bax (P < 0.05; Figure 3). Pretreatment with 50 ng/mL BDNF reversed the changes induced by Aβ(25–35) (P < 0.05; Figure 3).

**Trk involvement in BDNF effects on Aβ(25–35)-induced cell apoptosis**

BDNF actions are mediated through Trk receptors[18–25]. To determine the potential role of Trk receptors in BDNF protective effects, PC12 cells were treated with K252a, a Trk receptor inhibitor[21], 20 minutes prior to BDNF treatment. Results showed that K252a (200 nM) effectively blocked the BDNF protective effects on Aβ(25–35)-induced toxicity (P < 0.05; Figures 4, 5).
**DISCUSSION**

Aβ is the primary component of senile plaques, which are considered to play a causal role in AD development and progression\(^{[6, 7, 20]}\). The molecular mechanisms underlying Aβ-mediated neurotoxicity remain unclear. Recently, a number of *in vitro* and *in vivo* studies showed that Aβ directly induces neuronal death via apoptotic mechanisms\(^{[8–11]}\). BDNF is a small, dimeric protein and is structurally related to nerve growth factor. BDNF is abundantly and widely expressed in the adult mammalian brain and exhibits survival promoting actions on a variety of central nervous system cells, including hippocampal and cortical neurons, cholinergic neurons, and nigral dopaminergic neurons\(^{[27]}\). These results have led to the development of BDNF as a potential therapeutic agent for Parkinson’s disease and AD, as well as other neurodegenerative disorders and non-degenerative pathologies. Recent findings have suggested that decreased BDNF expression is associated with AD pathogenesis\(^{[28–30]}\). BDNF serum concentrations also vary over the disease course and correlate with severity of dementia\(^{[14, 30]}\). The present study utilized Aβ(25–35) to analyze the correlation between Aβ and cellular injuries, as well as the effects of BDNF on Aβ(25–35)-induced cell injuries. Results demonstrated that aggregated 20 μM Aβ(25–35) decreased cell viability in a time-dependent fashion, and BDNF attenuated the decrease in 20 μM Aβ(25–35)-induced cell viability. Apoptosis is a tightly regulated process that involves expression changes in a distinct gene set\(^{[31–33]}\). Bcl-2 is a key member of the anti-apoptotic Bcl-2 family and plays a key role in regulating mitochondrial-mediated apoptotic cell death\(^{[23, 34–36]}\). Bcl-2 over expression protects neuronal cells from neurotoxic insults. In contrast, Bax belongs to the pro-survival subfamily and promotes apoptosis by translocating into the mitochondrial membrane and facilitating cytochrome c release\(^{[36]}\). In the present study, 20 μM Aβ(25–35) exposure induced increased Bax expression and decreased Bcl-2 expression in serum-deprived cultured PC12 cells. However, BDNF effectively attenuated these changes.

Trk is a family of membrane-bound receptors that includes TrkA, TrkB, and TrkC, which mediate most neurotrophin family responses, such as nerve growth factor, BDNF, neurotrophin-3, and neurotrophin-4/5\(^{[18]}\). The biological actions of BDNF are mediated by binding to the specific cell membrane receptor TrkB. The present study examined the effects of BDNF on Aβ(25–35)-induced cell apoptosis in PC12 cells. Results showed that Aβ(25–35)-mediated cell apoptosis was attenuated by BDNF. In addition, K252a, a relatively selective Trk tyrosine kinase inhibitor, blocks the ability of BDNF to rescue cells from Aβ(25–35)-induced cell apoptosis. These results suggested Trk tyrosine kinase activation was necessary for mediating the protective...
effects of BDNF on Aβ(25-35)-induced-cell apoptosis. In addition, BDNF prevention of Aβ(25-35)-induced apoptosis was dependent on Trk signaling. These results suggested a link between BDNF signaling and Aβ(25-35)-induced cell apoptosis, and provide novel molecular insight into the neuroprotective effects of BDNF and its possible therapeutic role in AD management.

**MATERIALS AND METHODS**

**Design**
A controlled, *in vitro* experiment.

**Time and setting**
Experiments were performed at Henan Provincial People’s Hospital and the First Affiliated Hospital of Zhengzhou University, China from October 2008 to February 2011.

**Materials**
PC12 cells were provided by the Institute of Biochemistry and Cell Biology, Chinese Academy of Science, Shanghai, China. Aβ(25-35) (Sigma, St. Louis, MO, USA) was dissolved in water to obtain a 2 mM stock solution. Aliquots were stored at -20°C and thawed at 37°C for 5-7 days prior to use.

**Methods**

**PC12 cell culture and drug treatment**
Cultured cells were assigned to different groups with various time (0, 30 minutes and 1, 3, 6, 12, 24, and 48 hours) of 20 μM Aβ(25-35) treatment, as well as 20 μM Aβ(25-35) + 50 ng/mL BDNF, TrkB receptor inhibitor K252a (200 nM) treatment, K252a (200 nM) + 20 μM Aβ(25-35) + 50 ng/mL BDNF treatment. Cell culture was conducted as previously described. Differentiated rat PC12 cells (Institute of Biochemistry and Cell Biology, Chinese Academy of Science, Shanghai, China) were incubated in 100-mm culture dishes (Corning, Steuben County, NY, USA) in DMEM containing 10% (v/v) heat-inactivated 5% horse serum, 1% penicillin, and 1% streptomycin at a density of 1 x 10^6 cells per dish. The cells were grown at 37°C in a humid, 5% CO₂ environment, and the medium was routinely replaced every 2 days. The medium was replaced with serum-free media at 12 hours prior to drug treatment. The cells were then treated with Aβ(25–35) for 24 hours. Some cultures were pre-treated with 50 ng/mL BDNF (Sigma) for 30 minutes prior to 24-hour Aβ(25–35) exposure. In addition, some cultures were pre-treated with 200 nM K252a (Sigma; dissolved in dimethyl sulfoxide) 20 minutes prior to BDNF addition.

**Analysis of Aβ(25-35)-induced PC12 cell viability, as detected by MTT**
Cell viability was assessed using the MTT assay. In addition, some cells were pre-treated with 50 ng/mL BDNF for 30 minutes prior to 20 μM of Aβ(25-35) exposure for 24 hours. Other cells were pre-treated with 200 nM K252a, for 20 minutes prior to 50 ng/mL BDNF addition. The exact procedures were performed as previously described. The original medium was replaced with medium containing MTT at a final concentration of 0.5 g/L, and the cells were allowed to incubate for 4 hours at 37°C. Cell culture medium was then replaced with 100 μL DMSO, and absorbance was read using a Tecan Sunrise Eliza-Reader (Männedorf, Switzerland) at λ = 570 nm/630 nm after automatic subtraction of background signals. Results were expressed as a percentage of control cells. All MTT assays were performed in triplicate.

**Analysis of Aβ(25-35)-induced PC12 cell apoptosis, as detected by western blot analysis**
Western blot analysis was conducted as previously described. Equal amounts of protein (20 μg) were separated on an 8–10% sodium dodecyl sulfate polyacrylamide gel; the resolved proteins were then electrotransferred onto polyvinylidene difluoride membranes (Bio-Rad, Hercules, CA, USA). The membranes were subsequently blocked in 5% nonfat milk/Tris-buffered saline/Tween-20 for 1 hour at room temperature and incubated with appropriate concentrations of primary antibody: mouse monoclonal anti-Bax antibody (1: 200; Santa Cruz Biotechnology, Santa Cruz, CA, USA), mouse monoclonal anti-Bcl-2 antibody (Santa Cruz), and mouse monoclonal anti-β-actin (1: 5 000; Sigma) at 4°C overnight. The membranes were then washed three times with TBST and probed with corresponding horseradish peroxidase-labeled secondary antibodies (Cell Signaling Technology, Beverly, MA, USA; rabbit anti-mouse-horseradish peroxidase; 1: 5 000) at room temperature for 1 hour. After washing, signals were developed using the ECL Advanced Western Blotting Detection kit (GE Healthcare, Amersham, UK). The blots were then stripped and re-probed with anti-β-actin as the loading control. Band intensities were quantified by densitometric analysis using an AxioCam digital camera (ZEISS KS 400; Zeiss, Göttingen, Germany) and a KS400 photo analysis system (Ver. 3.0). Errors were corrected using background absorbance. β-actin antibody was used to label cytoskeletal protein as an internal reference. The absorbance ratio of the target band to the internal reference was calculated as levels of Bax and Bcl-2 relative expression.

**Statistical analysis**
Results were expressed as a percentage of control values. Data are expressed as mean ± SD and were analyzed using SPSS 13.0 statistical software (SPSS, Chicago, IL, USA). Each procedure was performed in duplicate in 3–5 independent experiments. Statistical analyses were performed using one-way analysis of variance, followed by two-tailed Student’s t-test, and statistical significance was assumed at P < 0.05.

**Author contributions:** Zikun Sun had full access to experimental design, data collection, and data analysis, and also wrote the manuscript. Xingrong Ma, Hongqi Yang, and...
Jiahua Zhao performed the experiments. Jiewen Zhang was responsible for research funding.

Conflicts of interest: None declared.

Acknowledgments: We would like to express our thanks to Shengdi Chen and his laboratory at Ruijin Hospital, Shanghai Jiaotong University School of Medicine, China for providing scientific suggestions on the project and the manuscript.

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(Edited by Sun ZM, Wu ZZ/Yang Y/Song LP)