Cyclic cosmology in modified gravity

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Abstract: In this work we propose a new general model of eternal cyclic Universe. We start from the assumption that quantum gravity corrections can be effectively accounted by the addition of higher order curvature terms in the Lagrangian density for gravity. It is also taken into account that coefficients associated with these curvature corrections will in general be dependent on a curvature regime. We therewith assume no new ingredients, such as extra dimensions, new scalar fields, phantom energy or special space-time geometries. Evolution of the Universe in this framework is studied and general properties of each phase of the cycle - cosmological bounce, low curvature (ΛCDM) phase, destruction of bounded systems and contracting phase - are analysed in detail. Focusing on some simple special cases, we obtain analytical and numerical solutions for the each phase confirming our analysis.

I. INTRODUCTION

More than a century after its discovery by Albert Einstein \cite{Einstein1915, Einstein1916}, general relativity (GR) is still one of the most successful physical theories and currently our best empirically verified description of gravity. In its essence, general relativity rejected the old Newtonian concept of gravitational force and replaced it with the concept of deformation of space-time structure caused by the distribution of mass-energy. Einstein’s general relativity is shown to be consistent with various empirical observations and tests - such as the light deflection, the perihelion advance of Mercury, the gravitational red-shift, the gravitational wave-damping in binary pulsars, different solar system measurements, and the recent LIGO detection of GW150914 \cite{Abbott2016, Abbott2017, Abbott2018, Abbott2019}. Einstein’s discovery not only fundamentally changed our understanding of space, time and gravitational interaction, but it also opened the way for the foundation of physical cosmology, as the study of the Universe in its totality. First steps in this direction were done by Einstein himself \cite{Einstein1932}, followed
by the important Hubble’s discovery of the expanding Universe [8, 9], and theoretical models proposed by Friedmann and Lamaitre [10] - finally leading to the establishment of the standard model of cosmology in the following decades [11, 12]. The standard model of cosmology, based on GR and assumptions of large-scale homogeneity and isotropicity, was tested by a plethora of observations - such as supernova and microwave background measurements, consistency of the age of the Universe with the age of astronomical objects, abundances of chemical elements, growth of cosmological perturbations etc. [13]. However, the standard model of cosmology can not explain the observed astronomical and cosmological dynamics without introducing new forms of matter-energy, for which there is currently still no empirical evidence. Various observations, from type Ia supernovae [14, 15], large scale structure [16] and cosmic microwave background radiation [17], confirm that the Universe is characterized by accelerated expansion. Moreover, different observations on astronomical [18–20], as well as cosmological scales [21, 22] in the framework of standard GR require that most of the matter in the Universe consists of some unknown non-baryonic matter. The approach within the standard $\Lambda\text{CDM}$ cosmological model [23], which assumes complete validity of Einstein’s GR, was to introduce cold dark matter and dark energy as dominant contributions to the mass-energy of the Universe in order to explain the "missing mass" and accelerated expansion of the Universe. One of the big unsolved problems of the $\Lambda\text{CDM}$ model is that the cosmological constant, playing the role of dark energy, needs to have an extremely small observed value so that it can not be simply attributed to the vacuum energy [24, 25]. However, it can as well be the case that these observations are a consequence of our incomplete knowledge of gravity, and not the assumed existence of still unobserved dark energy and dark matter. Therefore, another popular route of research is to examine the potential generalizations of Einstein’s GR, which could explain cosmological observations without postulating dark energy and dark matter, and also pass all the classical tests of GR. There is a large number of proposed modified theories of gravity [26, 27], including some of the more popular models such as Brans-Dicke gravity [28], modified $f(T)$ teleparallel gravity [29], Kaluza-Klein theories [30] and Hořava-Lifshitz gravity [31]. In the last decades special attention was given to modified theories that preserve all fundamental physical assumptions of Einstein’s GR and only generalize the gravitational action integral. The simplest of these models is probably modified $f(R)$ gravity [32]. In this approach the Ricci scalar curvature, $R$, is replaced by an arbitrary function of scalar curvature, $f(R)$, in the gravitational Lagrangian density. Research on the possible modifications and extensions of Einstein’s GR can be further justified by the fact that GR can not be a complete theory because
it does not take into account the principles of quantum physics. Since we still do not have a
developed and verified theory of quantum gravity, work on modified gravity can potentially lead
to new insights regarding its principles, properties and mathematical form. Indeed, it was shown
that modifications of the Lagrangian density including higher order curvature invariants can lead
to quantization of gravity \[33, 34\].

As proven by the singularity theorems of Hawking, if standard GR is correct and if some
general and usual conditions on the space-time and matter (energy conditions) are satisfied,
then our Universe needed to have a beginning in the initial singularity of the Big Bang \[35, 37\].
The idea of a beginning of the Universe leads to the philosophical problems of creation \textit{ex nihilo}
(for instance it is difficult to see how starting from the persistence of pure nothingness
a tendency towards the creation of something can arise all of a sudden). Also, this initial
singularity would mean the breaking of GR, as well as loosing the possibility of a physical
description of the Universe. Moreover, the Big Bang paradigm leads also to some important
physical difficulties such as the flatness problem and horizon problem, requiring some new
mechanisms for the solution of these issues. The most popular attempt of such mechanism is
inflationary cosmology \[38\]. However it requires even more additions to the \(\Lambda\)CDM model, such as
specific scalar fields to support inflation. Also, all the inflationary models have to be fine-tuned in
order that the spectrum and amplitude of primordial density perturbations agree with observations.

But, as it will be discussed later, singularity theorems are strongly dependent on the struc-
ture of the field equations in GR. Even some simple generalizations of the action integral for
gravity can prevent the initial Big-Bang singularity to occur, and enable a transition from
expansion of the Universe to an earlier phase of contraction - a cosmological bounce. It is usually
assumed that the quantization of gravity will wipe-out the singularities existing in classical
GR \[39\]. If, in a new theory of quantum gravity, the Big-Bang singularity will not exist, it
seems plausible that the described cosmological bounce needed to occur instead. Extending the
idea of a bounce to construct a logically consistent picture of a full evolution of the Universe,
naturally leads to the paradigm of a cyclic Universe - an infinitely existing Universe, undergoing
a bounce at the beginning and at the end of each cycle, as well as the phases of radiation, matter
and dark energy domination predicted by the standard \(\Lambda\)CDM cosmology. All of the presented
arguments therefore naturally establish a connection between modified gravity and cyclic cosmology.
In this work our aim will be to propose a new model of cyclic cosmology based on modified gravity. The underlaying idea is that standard GR is no longer valid for the regimes of high curvatures, and that quantum gravity corrections can be effectively accounted by the addition of higher order curvature terms in the Lagrangian density for gravity. Significance of specific terms in these effective corrections will therefore determine the physical regime of cosmological evolution, finally leading to standard GR and ΛCDM model in the low curvature limit. We discuss the properties and establish the conditions for different regimes in order to have a potentially viable model of cyclic cosmology. For simplicity we present the mathematical analysis in metric $f(R)$ gravity, but our approach could as well be extended to other frameworks of modified gravity. This paper is organized as follows: in section 2. we present the idea of a cyclic cosmology, its historical background and its recent developments. In section 3. we show the possibility of a simple modification of GR in the context of $f(R)$ gravity and its relationship to quantum gravity. In section 4. we carefully analyze the bouncing phase of the Universe with two different techniques, using perturbative calculation and numerically. In section 5. we show how the inflationary phase can be incorporated into our model. In section 6. the present ΛCDM cosmology is brought into a relationship with our model in the low curvature limit and the rip phase is analyzed as a necessary condition to avoid entropy issues during contraction. In section 7. the final phase of a cycle, the contraction phase, is analyzed both analytically and numerically. In section 8. we reconstruct a concrete example of $f(R)$ function leading to cyclic model and in section 9. we conclude our work.

II. MODELS OF CYCLIC COSMOLOGY

Although the idea of an eternally existing Universe, which undergoes infinite cycles of creation and destruction, reaches far back in the history of philosophy and mythology (probably even before the idea of Universe which is finite in time), in the context of physical cosmology it was first proposed in the 1930’s by Tolmann [40], and also discussed by Lemaitre under the name of the “phoenix Universe” [41]. In the early Tolmann’s idea this oscillatory behavior was enabled by the geometry of the Universe - it was the property of the solution of the Friedmann equations for the case of a closed Universe. These first models were singular - after the initial singularity, the Universe would undergo a decelerated expansion, and after reaching a turnaround point it would again collapse to itself. Apart from the existence of singularities, there are also intrinsic difficulties associated with this contracting phase. The collapse of matter would lead to a state of high densities and pressures leading to an unstable behavior, even more if the existence of
black holes is taken into account - they would grow so large that the equations would break or cause a premature bounce \[42-44\]. Even if one could somehow resolve this stability and black holes issues, the collapse of matter would enormously increase the entropy of the Universe. It would therefore increase by each cycle, and connecting this increasing entropy with increasing of the maximum radius of the Universe, one would get that radii were gradually smaller in the past. Thus, this argument would again lead to the initial singularity \[45\]. With time it also became obvious that ingredients of these first cyclic models are not favored by the observations - it is currently believed that the Universe is flat rather than closed, so that Friedmann equations, assuming ordinary matter, do not lead to cyclic solutions. Therefore, cosmological bounce and turnaround would require some unknown special physical mechanisms. For this reasons work on the cyclic cosmology was mostly abandoned for decades. This situation changed with the discovery of accelerated expansion of the Universe in 1998., which opened an era of extensive research on modified gravity theories. In fact, cosmological solutions with cyclic properties are not rarely encountered in different theoretical frameworks of modified gravity \[46-52\], and there are also numerous works analyzing the construction of bouncing cosmologies in modified gravity \[53-62\]. However, we will here be interested only in the full and potentially viable cyclic models. In our opinion, in order that cyclic models can be considered as viable it needs to lead to empirically observed aspects of ΛCDM cosmology in the current epoch - after the beginning of the radiation era until today - and also solve the above stated problems connected to the contraction phase.

Important attempts to address these issues started around 2001. with Ekpyrotic model as an alternative to inflation \[63\]. The idea that dark energy could actually be a phantom energy, i.e. characterized by equation of state (EOS) parameter \(w = p/\rho < -1\), with \(\rho\) dark energy density and \(p\) dark energy pressure, also played a significant role in cyclic models. If dark energy is characterized by \(w < -1\) then its energy density becomes so dominant that it destroys every gravitationally bounded system until it diverges in the Big Rip singularity \[64\] (for a recent discussion on the effects of quantum fields and second-order curvature correction in the gravitational Lagrangian on future singularities see \[65\]). Using this fact, together with some mechanism that could start a contraction before the Big Rip singularity is reached, the Universe could be treated as essentially empty at contraction, and then also black holes can disappear due to the failing of the Hawking area theorem \[66\]. This assumption - together with the modification of Friedmann equations due to the string-theory “braneworld” scenarios - was used in \[67\] to propose a new cyclic cosmological model. Other recently proposed types of models also typically use string-theory framework to
achieve bounce and turnaround, as can be reviewed in [68]. On the other hand, the cyclic model presented in [69] achieves viability by introducing a negative scalar field potential and a coupling of this postulated field with radiation and matter densities - which are however also motivated by string theory. Recently, the original Tolmann’s idea of cyclic cosmology based on a closed Universe has been revisited in [70] using a phase plane analysis, with the addition of decaying cosmological term, and where also the coupling with a scalar field has been introduced. The reconstruction of different $f(R)$ functions leading to cyclic solutions, corresponding to some of the previously mentioned models, was analysed in [71]. An interesting discussion on possible influences of contracting phase on cosmic microwave background asymmetries can be found in [72, 73].

In our model we do not work within the string theory or any other specific framework, but assume that quantum gravity effects can be modeled by higher order curvature corrections to the standard GR Lagrangian density for gravity. In this picture “dark energy“ can be considered simply as a zeroth contribution of these corrections. There is, moreover, no need for introducing any new hypothetical ingredients - like scalar fields, phantom energy and extra dimensions. Since the spacial curvature plays no role in supporting the cyclical behavior in our model, we take the generally accepted case where the Universe is flat. We also take into account that coefficients associated with curvature corrections will in general be dependent on the curvature regime. Each cycle starts from the cosmological bounce, which ends the contraction phase of the previous cycle, and then follows the evolution which subsequently leads to a decrease of the Ricci curvature scalar, such that higher order corrections become insignificant. After the standard $\Lambda$CDM era cosmology, the variation of the coefficients leads to a fast growth of effective "dark energy" contribution, causing a non-singular rip of bounded systems and the transition to a contraction phase of the Universe. Then, during the contraction of an essentially empty Universe, higher order curvature terms again become significant, supporting the evolution that enables the transition to a new bounce and beginning of a new cycle. We will examine each of the mentioned regimes and determine the necessary conditions and relations such that the above described model is possible.

III. $f(R)$ MODIFIED GRAVITY

The lack of a complete understanding and theoretical motivation - which makes $\Lambda$CDM model more an empirical fit than a complete model - signifies the need for finding a quantized theory of gravity. This need supports the interest for investigation of modified theories of gravity. As
have been said, one of the simplest possible modification of GR is the $f(R)$ gravity. This theory
generalizes the Lagrangian density in the Einstein-Hilbert action $[74, 75]$:

$$S_{EH} = \frac{1}{2\kappa} \int d^4x \sqrt{-g} R,$$  \hspace{1cm} (1)

to become a general function of the Ricci curvature scalar, $R$ $[76]$:

$$S = \frac{1}{2\kappa} \int d^4x \sqrt{-g} f(R),$$ \hspace{1cm} (2)

where $\kappa = 8\pi G$ ($c = h = 1$), $G$ is the gravitational constant and $g$ is the determinant of the metric. This modification can give a simple insight on modified gravitational effects and can serve as a toy theory of quantum gravity. The main interest in $f(R)$ theories comes from the possibility of explaining the accelerated expansion of the Universe without introducing dark energy. In fact, one can show that the vacuum solution of the field equations in $f(R)$, for the special case $R = \text{const.}$, are the same as in ordinary GR with the addition of a cosmological constant, which then naturally results in a Schwarzschild-de Sitter Universe and the accelerated expansion of the Universe $[32]$. Also, as pointed out in $[77]$ $f(R)$ theories with minimal modification lead to new degrees of freedom and these new states can potentially provide the main contribution to the non-Baryonic dark matter. The $f(R)$ theory includes the four-derivative terms in the metric and does not violate general covariance; moreover the four-derivative gravity is known to be renormalizable $[78-84]$. The $f(R)$ should in our opinion be considered as a toy theory, since it would be naive to think that a real new theory of gravity could be constructed without changing the notion of space-time. The problem of quantum gravity will, in our opinion, not be solved by some random guess of the appropriate $f(R)$ function. Instead, the general foundational questions should be reconsidered with the new notions of dynamics and space-time learned from quantum mechanics and general relativity. Taking the $f(R)$ formalism as an effective toy theory for modeling the quantum effects on high curvatures, we will not be concerned here with specific forms of $f(R)$ function. Our approach will be to change the GR with minimal modification in action similar to $[77]$, where we assume that $f(R)$ is analytic around $R = R_0$ and can be expanded in Taylor series $[85-89]$:

$$f(R) = c_0 + \frac{c_1}{1!} (R - R_0) + \frac{c_2}{2!} (R - R_0)^2 + \frac{c_3}{3!} (R - R_0)^3 + \mathcal{O}((R - R_0)^4) \ldots$$ \hspace{1cm} (3)

the dimension of $f(R)$ should be the same as $R$, it then follows that the dimension of $c_i$ is $[R]^{1-i}$. We will use this expansion in order to find conditions on coefficients in different regimes, which makes our approach general and non-dependent on specific models.
We also take into consideration that the given Taylor expansions – corresponding to different $f(R)$ function – will in general be dependent on a specific curvature regime. It seems plausible that quantum corrections will effectively manifest in a different form, depending on the properties of the system under consideration. Otherwise, if one $f(R)$ function could cover all the scales and regimes, it could in principle already be considered as a complete theory of quantum gravity, and not just an effective description - which we assume it is not the case. We take this into account making the coefficients of the Taylor expansion mildly dependent on curvature $c(R)$ - such that their variation can be neglected in a specific curvature region. To make it more suitable for our cyclic model we express (3) in terms of the maximal Ricci curvature of the Universe, $R_{\text{max}}$, and take $R_0 = 0$. Moreover, we identify $c_0$, as an effective cosmological term (which is now no longer constant but mildly dependent on curvature), $c_0 = -2\Lambda$. Then the expansion (3) reads:

$$f(R) = -2\Lambda(R) + \sum_{i=1}^{\infty} c_i(R)(R/R_{\text{max}})^i,$$

(4)

where we also made the substitution $c_i \rightarrow c_i R_{\text{max}}^i$. We note that the functional scale dependence of the couplings defining the theory, $c_i(R)$, is to be expected from an effective field theory, as for example analyzed in asymptotically safe approach towards quantum gravity [90, 91]. The scale of interest is here naturally given by the curvature scalar, whose value determines UV and IR regimes of the theory. Since the Ricci curvature scalar is a function of time in the cosmological context, it follows that these couplings will be time dependent. We emphasize that terms $\sum_{i=1}^{\infty} c_i(R)(R/R_{\text{max}})^i$ can simply be redefined to a new single function of Ricci scalar, which enters into Lagrangian density as any other $f(R)$ function, and therefore variational procedure is still well defined. From a mathematical perspective any $f(R)$ function with appropriate behavior in specific curvature regimes, satisfying conditions imposed on the expansion coefficients - which will be determined in the following sections, can support our cyclic model. However, reconstruction of a single $f(R)$ function, satisfying these conditions in specific regimes, is beyond the scope of our work. Moreover, in our opinion it is unrealistic to expect that a single $f(R)$ function could properly model effects of quantum gravity at all scales of interest. Therefore, the approach that we use should be considered as a more general expansion in the Ricci curvature with running couplings, rather than a single $f(R)$ function formalism.

Modified $f(R)$ gravity, and therefore also the expansion (4), is known to be free from the Ostrogradsky instability [93]. Moreover, the theory based on the expansion (4) will be stable and
ghost-free if the following conditions are satisfied \[32\] \[94\] \[95\]

\[
\frac{df(R)}{dR} > 0, \tag{5}
\]

\[
\frac{d^2 f(R)}{dR^2} \geq 0. \tag{6}
\]

In order to obtain the field equations we will use the standard metric formalism. Beginning with the action \( S_m(\phi, \phi) \) and varying it with respect to the metric we get the modified field equations:

\[
f'(R)R_{\mu\nu} - \frac{1}{2} f(R)g_{\mu\nu} - (\nabla_\mu \nabla_\nu - g_{\mu\nu} \Box) f'(R) = \kappa T_{\mu\nu}, \tag{7}
\]

as usual the stress-energy tensor is:

\[
T_{\mu\nu} = -\frac{2}{\sqrt{-g}} \delta S_m \delta g_{\mu\nu}, \tag{8}
\]

where the prime denotes differentiation with respect to the argument, \( \nabla_\mu \) is the covariant derivative, and \( \Box \) is \( \nabla_\mu \nabla^\mu \). The field equations \( (7) \) will be used in order to solve the modified Friedmann equations in different regimes.

The structure of the field equations in \( f(R) \) makes it possible to avoid singularities which are inevitable in standard GR. The necessary ingredient of the singularity theorems is the requirement that the Strong Energy Condition (SEC) is satisfied \[92\]. Namely, if \( \xi^\mu \) is a unit timelike four-vector than SEC reads:

\[
\xi^\mu \xi^\nu T_{\mu\nu} \geq -\frac{1}{2} T, \tag{9}
\]

where \( T \) is the trace of the stress-energy tensor defined in \( (8) \). Since all ordinary matter satisfies SEC, it appears that realistic cosmologies based on the standard GR must lead to singularities. However, in \( f(R) \) modified gravity one can require that SEC for the matter stress-energy tensor is satisfied, while \( R_{\mu\nu} \xi^\mu \xi^\nu < 0 \). If one defines the effective stress-energy tensor, \( T_{\mu\nu}^{\text{eff}} \), which takes into account the effect of non-Hilbert terms in the action, then the equation \( (7) \) can be rewritten as:

\[
R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = \kappa(T_{\mu\nu} + T_{\mu\nu}^{\text{eff}}). \tag{10}
\]

It can be required that the total effective SEC can be violated:

\[
(T_{\mu\nu} + T_{\mu\nu}^{\text{eff}}) \xi^\mu \xi^\nu < 0, \tag{11}
\]
while matter components, $T_{\mu\nu}$, can still satisfy SEC. Under these conditions it is possible to avoid singularities in modified gravity, which is an essential component of our cyclic model.

We will take the assumption that the Universe is homogeneous and isotropic (the cosmological principle), which then is described by the FLRW line element in spherical coordinates:

$$ds^2 = -dt^2 + a(t)^2 \left[ \frac{dr^2}{1 - kr^2} + r^2(d\theta^2 + \sin^2\theta d\phi^2) \right], \quad (12)$$

where $a(t)$ is the scale factor, $k = \pm 1$ describes the spatial curvature, where $k = +1$ describing positive spatial curvature, $k = -1$ negative curvature and $k = 0$ corresponds to local flat space. Current observations seem to favor the flat Universe, so in this work we will consider the case $k = 0$ [22]. The matter in this model of the Universe will be described as a perfect-fluid with the energy-momentum tensor:

$$T_{\mu\nu} = (\rho + p)u_\mu u_\nu + pg_{\mu\nu}, \quad (13)$$

where $\rho$ is the density, $p$ is the pressure, $u_\mu$ is the four-velocity and satisfies $u_\mu u^\mu = -1$. The energy momentum conservation:

$$\nabla_\mu T^{\mu\nu} = 0, \quad (14)$$

yields the equation:

$$\dot{\rho} + 3H(t)(\rho + p) = 0, \quad (15)$$

where the dot is the time derivative and $H(t) = \frac{\dot{a}}{a}$ is the Hubble parameter.

IV. BOUNCING PHASE

According to the framework of our previously described cosmological model, we assume that each cycle of the Universe begins from the contraction phase of the previous cycle, so that curvature, densities and all other physical quantities remain finite and well defined. Following already established terminology we will call this transition - from contraction in the previous cycle to expansion in the new cycle - bouncing phase of the Universe. This directly leads to some simple conditions for the Hubble parameter which need to be satisfied by any bouncing, and therefore also the cyclical, cosmological model. If the scale factor of the Universe has a minimum at some moment $t_0$ (measured from some time, arbitrarily chosen, as an origin in infinite history of the
Universe) then, taking $d > 0$ to be the time parameter, it follows i) $H(t_0 - d) < 0$, ii) $H(t_0 + d) > 0$, iii) $H(t_0) = 0$ if $|d - t_0| < |t_{\text{max}} - t_0|$, where $t_{\text{max}}$ is the time where the scale factor reaches its maximal value. For simplicity, we can focus our attention on a special case which satisfies all three conditions and assumes the symmetry of the scale factor around $t_0$: $H(t_0 - d) = -H(t_0 + d)$. In accordance with the limit of cosmology based on the General relativity, our second physical requirement is that the Ricci curvature reaches its maximal value during the bouncing phase of the cycle, at $t = t_0$. It can be shown in general that if the curvature scalar reaches its maximal and finite value at a certain point in time, FLRW geometry leads to the solutions which satisfy bouncing conditions ((i) - (iii)) on some interval around this point. If the Ricci scalar has a maximum at $t_0$, then for sufficiently small intervals of time around it, $|t - t_0| \ll 1$, it can be described by first terms in the Taylor expansion:

$$6\dot{H} + 12H^2 = R_{\text{max}} + R_2(t - t_0)^2 + R_3(t - t_0)^3 + R_4(t - t_0)^4 + \mathcal{O}((t - t_0)^5)\ldots, \quad (16)$$

where $R_{\text{max}} > 0$, $R_2 < 0$ and $R_{\text{max}}$ is the curvature at the minimum of the scale factor, which happens at time $t_0$. If we also assume that $R(t)$ is even around $t_0$, choosing $R_3 = 0$, one can also easily obtain the following conditions:

- \( \dot{H}(t_0 + d) = \dot{H}(t_0 - d) \),
- \( \dot{H}(t) > 0 \) in the bouncing region,
- \( 6\dot{H}(t_0) = R_{\text{max}} \),
- \( \ddot{H}(t_0) = 0 \),
- \( \ddot{R}(t_0) = 6\ddot{H}(t_0) + 24\dot{H}^2(t_0) \).

The equation $6\dot{H} + 12H^2 = R(t_0) = R_{\text{max}}$ has the analytical solution:

$$H(t) = \frac{\sqrt{R_{\text{max}}}}{2\sqrt{3}} \tanh \left( \frac{\sqrt{3}R_{\text{max}}(t - t_0)}{3} \right), \quad (17)$$

with integration constant $C$. The complete equation (16) can therefore be solved by a perturbation procedure. It can be easily checked that this solution, consisting of (16) and small higher order corrections, satisfies the bouncing conditions ((i) - (iii)) on a sufficiently small interval around $t_0$, and this also determines the value of the integration constant. Requirement of a small time interval leads to the physically plausible demand that bouncing phase needs to be small when compared to the period of a complete cycle of the Universe. We see that a bouncing solution
in general appears as a rather natural feature of the FLRW geometry. Of course, this is only a geometrical consideration and the real physical question is if the field equations for gravity admit solutions which lead to a Ricci scalar that satisfies Eq. \[16\]. In General relativity, which leads to an initial singularity in the curvature, this condition is obviously not fulfilled. This shows that the paradigm of the beginning of the Universe (i.e. non-cyclicity of the Universe) in standard cosmology is entirely based on the specific mathematical form of the field equations, and not on the features of FLRW metric based on observations. This is important, since the field equations based on the same set of physical assumptions as the standard General relativity can in principle have different form (as explored in modify gravity theories), as long as they are consistent, and lead to the same Newtonian and low-curvature limit. As we will show, even the introduction of very simple higher-order curvature terms in the action integral for gravity can lead to field equations that satisfy \[16\].

After these completely general remarks about the bounce in FLRW geometry, we turn to the proposed concrete model of cyclical Universe in general \(f(R)\) gravity. In this model the bouncing phase comes after the rip phase, and is induced by an increase of the curvature which effectively activates higher terms in the expansion of \(f(R)\) function. It is followed by the inflation phase (or possibly some other phase determined by the lower order in \(f(R)\) expansion) during which curvature continues to diminish, and which subsequently leads to the low-curvature phase of the standard cosmology, \(f(R) \approx -2\Lambda + R\). Therefore, in the bouncing phase one naturally needs to take into account the expansion of \(f(R)\) function to the highest order, \(N\), with respect to other phases. As we have already discussed, we take the bouncing phase to be significantly shorter than the total time of one cycle of the Universe. Therefore, the coefficients \(c_n\) can be taken to be constant on this small interval of time. Then starting from equations \[4, 7, 12, 13\] we obtain the modified Friedmann equation in the bouncing region:

\[
3H(t)^2 \sum_{n=0}^{N} c_n n R(t)^{n-1} = \rho(t)_{\text{mat}} + \rho(t)_{\text{rad}}
+ \frac{1}{2} \left[ R(t) \sum_{n=0}^{N} c_n n R(t)^{n-1} - \sum_{n=0}^{N} c_n R(t)^n \right]
- 3H(t) \sum_{n=0}^{N} c_n (n-1) n R^{n-2} \dot{R}(t),
\]

where \(H(t)\) needs to be a solution of equation \[16\] and \(R(t)\) is given by the expansion given in the RHS of the same equation. The problem of constructing a bouncing phase in general \(f(R)\)
gravity after its expansion in curvature terms, is therefore reduced to the problem of finding some set of coefficients \( c_n \) which are consistent with (18) and (16) on some interval \( d \) around \( t_0 \). Energy densities are given as functions of the scale factor by the conservation of the stress-energy tensor, (15), and can be expressed as a function of the Hubble parameter, according to \( a(t) \sim e^{\int H(t) dt} \).

Therefore any \( f(R) \) theory whose factors of high-curvature expansion around \( t_0 \) satisfy (18) and (16) leads to a cosmological bounce, which is the necessary component of cyclical cosmology.

For simplicity we will consider this \( f(R) \) expansion only to the third order in \( R \). Higher orders introduce more parameters and therefore make the physical goals of the cyclical model, such as a non-singular and well behaved bounce, in principle more easily obtainable - although leading to more complicated equations. On the other hand, our approach here will be to construct a viable cosmological cyclical model in general \( f(R) \) gravity in the simplest possible mathematical framework suitable for analytical treatment, with the smallest amount of assumptions and free parameters as possible. If necessary all of the expansions taken here can be easily extended.

We have discussed why the viable cyclical cosmological model should have a rip phase (without a singularity), which brings perfect fluid densities to negligible levels and happens before the contracting phase. It will also be assumed that we can effectively treat the Universe as empty at the end of the previous and the beginning of the next cycle - i.e. during the bouncing phase. Strictly speaking, at the beginning of the expanding phase (at the minimum of the scale factor) values of densities need to be set in accordance to empirical findings [22] according to the later evolution of densities in the FRW model. If we do not want to introduce special mechanisms of matter and radiation creation after the bouncing phase, one would expect that these values are reached by the end of the contracting phase of the previous cycle, in which values of densities rise as the scale factor gets smaller. Therefore, not only that densities are actually not equal to zero at the beginning of the expanding phase, but they are in fact at their maximum there. Nevertheless, we will for simplicity assume that in the bouncing region higher order curvature terms dominate over densities which, in turn, can be neglected. This leads to the condition:

\[
\rho_{\text{mat}}^{\text{max}} + \rho_{\text{rad}}^{\text{max}} \ll \frac{1}{2} (f_R(R_{\text{max}}) - f(R_{\text{max}})) - 3H(t_0) \frac{df_R(R)}{dt} \bigg|_{R = R_{\text{max}}},
\]

(19)

where \( \rho_{\text{mat}}^{\text{max}} \) and \( \rho_{\text{rad}}^{\text{max}} \) are maximal values of matter and radiation densities. Since the minimum of the scale factor, \( a_{\text{min}} \), is a free parameter of the model, we can in principle always choose it high enough to satisfy this condition according to \( \rho_{\text{max}} = \rho_{\text{today}} a_{\text{min}}^{-3(1+w)} \) as long as it stays smaller than scales corresponding to the highest observed red-shift factor.
Thus, expanding the $f(R)$ to the third other in $R$, and solving the equations \([16]\) and \([18]\) to the fourth order in time for the coefficients of $f(R)$ expansion, we obtain the following relations:

\[
R_4 = - \frac{R_2(3\Lambda - 1 + 45\Lambda R_2 - 24R_2 + 324\Lambda R_2^2)}{18(3\Lambda - 1)},
\]

\[
c_2 = \frac{3\Lambda + 36\Lambda R_2 - 2}{1 - 12R_2},
\]
where for simplicity (and easier comparison with the standard GR) we took $c_1 = 1$. We present solutions for time evolution of $H(t)$ and $R(t)$ corresponding to parameters (20)-(22) in Fig. 1 and Fig. 2. Also, in the same figures we compare this analytical perturbative solutions with the numerical results in the bouncing phase to get more accurate and reliable results. Numerical solutions are obtained by solving the full modified Friedmann equation:

$$3H(t)^2 \frac{df}{dR} - \frac{1}{2} \left( R(t) \frac{df}{dR} - f(R) \right) + 3H(t) \frac{d^2 f}{dR^2} \dot{R}(t) = 0,$$

(23)

taking $f(R)$ as in (4), expanded to the third order. The field equation is a second order differential equation in $H(t)$, in order to solve it we need two initial conditions. From the bounce definition at $t = t_0$ the Hubble parameter should be $H(t_0) = 0$. We note that in a small time region around the maximum the Ricci scalar appears to be symmetric. This comes from the fact that for small intervals the second order term in Taylor expansion of $R(t)$ will be dominant, but for larger intervals the Ricci scalar is not necessary symmetric in our model. It can be seen that the numerical results are matching the perturbative method. While perturbative and numerical solutions are in an excellent agreement for the Hubble parameter, we see that for large $(t - t_0) \sqrt{R_{\text{Max}}}$ the respective Ricci scalars start to slightly differ. This comes from the fact that for larger time intervals higher order terms become significant, and this error accumulates in the Ricci scalar which we compute from the $H(t)$ obtained by the perturbative calculation.

The transition through a cosmological bounce signifies the beginning of a new cycle of the Universe, with the evolution that will be subsequently described by lower curvature regimes.

V. EARLY EXPANSION PHASE

In principle, the bouncing phase - characterized by the significance of the highest order curvature corrections, can be followed by some phase of lower order Lagrangian corrections. In order that this phase matches the bouncing phase and the standard radiation era it follows that $\dot{R}(t) < 0$ and $\dot{a}(t) > 0$ during this phase. Any set of parameters in the $f(R)$ expansion leading to these conditions and solving the modified Friedmann equation is therefore consistent with the description of this phase. More specific, although inflationary expansion may be conceptually unnecessary in the framework of cyclic Universe it can easily be embedded in our model. It would then just be a result of modifying gravity and not supported with any kind of special field. In fact, historically it was the Starobinsky's proposal for the inflation model that brought attention to the $f(R)$ modified gravity
We will therefore not study this phase in detail here, but only give a simple demonstration of this, taking a second order curvature correction and assuming that a variation of $c_i$ can be neglected in this phase:

$$f(R) = -2\Lambda + (R/R_{\text{max}}) + c_2(R/R_{\text{max}})^2. \quad (24)$$

Assuming that during this early expansion phase there is an era where $R(t)$ changes very slowly we can take $R(t)/R_{\text{max}} \equiv R_c \approx \text{const.}$ Then if $c_2 R^2 + \Lambda \gg \rho_{\text{mat}}(t) + \rho_{\text{rad}}(t)$ it follows

$$H^2 = \frac{c_2 R_c^2 + 2\Lambda}{6(1 + 2c_2 R_c)}, \quad (25)$$

leading therefore to the inflationary growth of the scale factor after an initial time, $t_{\text{in}}$, given by

$$a(t) = a(t_{\text{in}}) e^{\sqrt{\frac{c_2 R_c^2 + 2\Lambda}{6(1 + 2c_2 R_c)(t-t_{\text{in}})}}}. \quad (26)$$

VI. PHASE OF STANDARD COSMOLOGY AND THE RIP PHASE

When the value of the Ricci curvature scalar of the Universe becomes small enough, $R/R_{\text{max}} \ll 1$, all higher terms in $f(R)$ expansion are negligible and the evolution is governed by the $f(R) = -2\Lambda + R$ function. In order to have the observed evolution of the Universe - with a radiation dominant era, matter dominant era and structure growth, as well as the late accelerated expansion - this regime of a small curvature must last for a sufficiently long time. Therefore, on this time interval the coefficients $c_i$ should not be considered as constants - as was the case with the earlier phases, but rather as slowly varying functions of $R(t)$. In the following, we will assume for simplicity that this time dependence can be completely absorbed in the $\Lambda(t)$ function and ignore time variation of other coefficients. However, considering the case where $t_{\text{today}} - t_{\text{bounce}} \ll t_{\text{max}} - t_{\text{bounce}}$, $\Lambda(t)$ can still be considered as a constant on time scales from bounce till today. We remind the reader that $t_{\text{max}}$ is the time where the scale factor reaches its maximal value. In this time region standard cosmological results are obtained, with an approximately constant zero order-term of $f(R)$ expansion playing the role of the standard cosmological term. After the era of radiation and matter domination, this term starts to dominate and leads to the long period of accelerated expansion of the Universe. The matter, $\rho_{\text{mat}}^{\text{today}}(a/a_{\text{today}})^{-3}$, and radiation, $\rho_{\text{rad}}^{\text{today}}(a/a_{\text{today}})^{-4}$, content become negligible and after long enough time the Universe can be treated as essentially empty, with its dynamics completely determined by the $\Lambda$ term. On time scales of this assumed long accelerated expansion, the time variation of $\Lambda$ term now becomes essential. In order to more easily study this regime, Friedmann
equations can now be rearranged to read:

$$\dot{H}^2 = \frac{\kappa}{3}(\rho + \rho_{eff}),$$  \hspace{1cm} (27)

$$\dot{H} + H^2 = -\frac{\kappa}{6}\left(\rho + \rho_{eff} + 3(\rho + p_{eff})\right),$$  \hspace{1cm} (28)

where \(p = \left(1/3\right)\rho_{rad}\) and we have introduced the effective energy density, \(\rho_{eff}\), and effective pressure, \(p_{eff}\), which describe the contribution of the non-Hilbert term, \(\Lambda(R)\), in the action integral for gravity. These effective terms do not correspond to any real physical fluid, but just effectively model the influence of the generalization of the standard field equations. The obvious advantage of this notation is that this model of modified gravity can be formally compared to other models, also the ones including quintessence, scalar fields etc. From the modified Friedmann equation \((23)\) with \(f(R) = -2\Lambda(R) + R\) using the chain rule, \(d\Lambda(t)/dR(t) = \dot{\Lambda}(t)/\dot{R}(t)\), and comparing it with equation \((27)\) and \((28)\) we determine that the effective terms are given by:

$$\rho_{eff} = \frac{1}{\kappa\left(1 - \frac{2\Lambda(t)}{R(t)}\right)} \left[\Lambda(t) - R(t)\frac{\dot{\Lambda}(t)}{R(t)} + 6\left(\frac{\dot{\Lambda}(t)}{R(t)} - \frac{\dot{\Lambda}(t)}{R^2(t)}\right)H(t) + \kappa\rho\frac{2\dot{\Lambda}(t)}{R(t)}\right],$$  \hspace{1cm} (29)

$$p_{eff} = -\frac{1}{3\kappa\left(1 - \frac{2\Lambda(t)}{R(t)}\right)} \left[R(t)\left(1 - \frac{\dot{\Lambda}(t)}{R(t)} - \frac{\Lambda(t)}{R(t)}\right)\right.$$

$$\left.\left.- 6\left(\frac{\dot{\Lambda}(t)}{R(t)} - \frac{\dot{\Lambda}(t)}{R^2(t)}\right)H(t) - \kappa\left(\rho - 3p\left(1 - \frac{2\Lambda(t)}{R(t)}\right)\right)\right]\right].$$  \hspace{1cm} (30)

Since the Universe can be considered as nearly empty, in the remaining discussion we will take \(\rho = 0\), and the effective equation of state (EOS) can then be written as:

$$w_{eff}(t) = -\frac{1}{3} \frac{R(t)\left(1 - \frac{\dot{\Lambda}(t)}{R(t)} - \frac{\Lambda(t)}{R(t)}\right) - 6\left(\frac{\dot{\Lambda}(t)}{R(t)} - \frac{\dot{\Lambda}(t)}{R^2(t)}\right)H(t)}{\Lambda(t) - R(t)\frac{\dot{\Lambda}(t)}{R(t)} + 6\left(\frac{\dot{\Lambda}(t)}{R(t)} - \frac{\dot{\Lambda}(t)}{R^2(t)}\right)H(t)}.$$

$$\hspace{1cm}$$  \hspace{1cm} (31)

For time intervals such that \(t \ll (t_{max} - t_{bounce})\) one can take \(\Lambda \approx const.\) and then \(w_{eff} \approx -1\). For these early times we therefore obtain the standard cosmological term with the usual EOS.

In the cyclical model, the Universe needs to reach the maximal value of the scale factor at time \(t_{max}\) and then enter into the contracting period of the cycle, finally leading to the bouncing phase and beginning of a new cycle. If this contracting phase would immediately follow after the phase of accelerated expansion with \(\Lambda = const.\) it would lead to the collapse of galaxies and matter of the Universe, new phase transitions, and therefore enormous increase of the temperature.
end entropy - which would then be progressively higher at the beginning of every new cycle. In
order to prevent these problems we assume that prior to entering into the contraction phase, all
structures of the Universe need to be thorn apart due to the contribution of modified terms (29)
and (30). Moreover, also due to the long period of accelerated expansion, we treat the Universe
as empty when entering into the contraction phase. Therefore we call this phase of the cycle - a
ripping phase, with the crucial difference with respect to the previously proposed Big rip scenarios
[64, 97, 98] that the scale factor remains always finite. This means that the contribution of the
effective energy density contained in the modified terms needs to increase with time, in order to
become significantly large to destroy all bounded systems in the Universe. Starting from (29), (30)
and (31) modified Einstein’s equation can be written as in (10). Using the conservation of the
energy-momentum tensor for matter, and \( \nabla_\mu G^{\mu\nu} = 0 \), it also follows that
\( \nabla_\mu T^{\mu\nu}_{\text{eff}} = 0 \), leading to
the equation for the evolution of the effective energy density component
\[
\dot{\rho}_{\text{eff}}(t) + \frac{\dot{a}(t)}{a(t)} \rho_{\text{eff}}(t)(1 + w_{\text{eff}}(t)) = 0
\]
(32)
On the small interval around some time instant, \( t = t_i \), \( w_{\text{eff}} \) can be considered as constant, and it
is then easy to see that the effective energy contribution will grow on that interval if \( w_{\text{eff}} < -1 \).
Therefore, for the late times it follows that \( w_{\text{eff}}(t) < -1 \), so that the effective energy contribution be
always growing – in order to destroy all bounded systems. Although this represents the condition for
phantom energy EOS, our framework differs from various phantom energy proposals both physically
and mathematically. The physical difference comes from the fact that we do not assume the
existence of any substance that would have the properties of the phantom energy, but this effective
behavior comes just as a result of generalizing the action for GR. The important mathematical
difference lies in the fact that the structure of the field equations is essentially different from the
case when one would assume the existence of the time dependent phantom energy contribution to
the energy-momentum tensor of standard General relativity. In the later case the system would be
described by the equation
\[
H^2 = \kappa \left( \rho + \rho_\Lambda^{\text{today}} \left( \frac{a}{a_{\text{today}}} \right)^{-3(1+w_\Lambda)} \right),
\]
(33)
with \( w_\Lambda = \text{const.} \) instead of our equations (27), (29) and (30).

Since \( \rho + 3p \) can be considered as a source of gravitational potential, one can make an esti-
mate of the rip time of a gravitationally bounded system. If we have an orbit around a mass \( M \)
then the rip time is roughly determined by the condition: \( (\frac{4\pi}{3}r^3)[\rho_{\text{eff}} + 3p_{\text{eff}}] \approx M \). Therefore
the rip time, $t_{\text{rip}}$, for an astrophysical object determined by the typical values for $M$ and $r$ can be written as:

$$\frac{4 \pi^3}{3 \kappa} \frac{2 \Lambda(t_{\text{rip}}) - R(t_{\text{rip}}) + 12 \frac{d^2 \Lambda(t)}{dt^2} H \dot{R}(t)}{1 - \frac{2 \Lambda(t_{\text{rip}})}{R(t_{\text{rip}})}} \approx M. \quad (34)$$

In accord with the previous discussion, we require that $t_{\text{rip}}$, which will depend on a specific form of the $\Lambda(R)$ function, satisfies the condition $t_{\text{rip}} \leq t_{\text{max}}$. In order to have the transition from the expanding, $H(t) > 0$, to the contracting phase $H(t) < 0$, the scale factor must reach its maximum value, which leads to the conditions:

$$\frac{\Lambda(t_{\text{max}})}{\dot{\Lambda}(t_{\text{max}})} = \frac{R(t_{\text{max}})}{\dot{R}(t_{\text{max}})}, \quad (35)$$

$$\rho_{\text{eff}}(t_{\text{max}}) + 3p_{\text{eff}}(t_{\text{max}}) > 0. \quad (36)$$

It is clear that a viable model of cyclic cosmology cannot be obtained by adding new fluid components with a fixed EOS to the $\Lambda$CDM ones. Effective EOS needs to be a time dependent variable, changing from $w_{\text{eff}} < -1$ at $t_{\text{rip}}$ to $w_{\text{eff}} > -1/3$ at $t_{\text{max}}$, as given by (36). There is a broad potential class of $\Lambda(t)$ functions that can satisfy this requirement, together with (34), (35), (36). For simplicity we will here focus on functions which also have the following properties:

i) $\lim_{t \to \infty} \Lambda(t) = \Lambda_0 = \text{const.}$, ii) $\lim_{t \to 0} \Lambda(t) = \Lambda_0$, iii) $\dot{\Lambda}(t) > 0$ for $t_{\text{today}} < t < t_{\text{rip}}$, iv) $\Lambda(t) \approx c(t - t_{zp})$ for $|t - t_{\text{rip}}| \ll |t_{\text{rip}} - t_{\text{today}}|$, where $c$ is a real number. These functions therefore all have a zero point, $t_{zp}$, and sufficiently far away from it can be considered as constants. In this case the influence of the time change in the $\Lambda$ term can be ignored for all other phases of a cycle of the Universe. Some examples of functions with these properties include: $\Lambda_0 \left(1 - \frac{1+(t-t_{zp})}{1+(t-t_{zp})^2}\right)$, $\Lambda_0(1 - \sinh\left(\ln(1 + \sqrt{2}) + (t - t_{zp})\right)e^{-(t-t_{zp})^2} ...$

In order to solve the Friedmann equation we should choose a $\Lambda$ that satisfy the above mentioned requirements. Physically interesting regions are those in the vicinity of $t_{zp}$ where we approximate $\Lambda(t) \approx c(t - t_{zp})$ and the asymptotical region $t \to \infty$ where we take $\Lambda(t)$ as a constant, $\Lambda_0$.

Solving the Friedmann equation with $\Lambda(t) = \Lambda_0$ gives the well known result from General Relativity with empty space filled with an effective cosmological constant:

$$H^2 = \frac{\Lambda}{3}, \quad (37)$$
as it should be if we want a smooth transition from the phase of the standard late time cosmology. Now we want to find the solution near $t_{zp}$, where approximately $\Lambda(t) = c(t - t_{zp})$. By inserting $\Lambda(t)$ into Friedmann equation we get:

$$6 \ddot{R}H^2 = c \left(6 \frac{\ddot{R}}{R} H + 6H^2 - R + \dot{R}(t - t_{zp}) \right).$$

(38)

It can be shown that $H(t) = A(t - t_{zp}) + b$ is a solution of (38) on a sufficiently small interval around $t_{zp}$, where higher orders of $(t - t_{zp})$ are negligible. From the field equation we get the following conditions:

$$A = -2b^2,$$

(39)

$$c = -48b^3.$$

(40)

We depict $H(t)$, $a(t)$ and various $\Lambda(t)$ in figures 3, 4 and 5.

After reaching the maximal value of the scale factor, the Universe will contract following the same dynamics governed by (27), (28) until the value of the Ricci curvature becomes high enough so that the term $(R/R_{max})^2$ is again significant.
FIG. 4: Time evolution of the scale factor, $a(t)$, near its maximum in the rip phase, with $b = 5$.

FIG. 5: Example of the family of functions $\Lambda(t)$ which satisfy conditions i) $\lim_{t \to \infty} \Lambda(t) = \Lambda_0 = \text{const.}$, ii) $\lim_{t \to 0} \Lambda(t) = \Lambda_0$, iii) $\dot{\Lambda}(t) > 0$ for $t_{\text{today}} < t < t_{\text{rip}}$, iv) $\Lambda(t) \approx c(t - t_{zp})$ for $|t - t_{zp}| \ll |t_{rip} - t_{\text{today}}|$, with $D = \ln(1 + \sqrt{2})$. 
VII. TRANSITION TO A NEW BOUNCE

When the second order term again becomes significant, modified Friedmann equation must lead to solutions which will enable the Universe to contract with an increasing curvature scalar, in order to reach a new bouncing phase and start a new cycle, thus $\dot{R}(t) > 0$, $\dot{a}(t) < 0$. As was the case with the early expansion phase, many different solutions will enable this transition. In general, the contracting Universe in the Einstein-Hilbert low curvature regime which enters into contracting phase with a small cosmological constant will continue to contract, therefore again leading to high curvature regime and the bouncing phase. But for the sake of concreteness let us concentrate on a particularly simple case where the (negative) Hubble parameter has a polynomial dependence on time

$$H(t) = \sum_{i=1}^{N} A_i (t - t_{fin})^i + H_{fin},$$

(41)

where $t_{fin}$ is the time when the rip phase ends, and obviously $H(t_{fin}) < 0$. Since the rip phase ends with a negative value of the Ricci scalar there is a further constraint on parameters: $A_1 < -2H(t_{fin})^2$. Since we are again dealing with the second order curvature correction to standard GR Lagrangian, the considered $f(R)$ has the same form as in $[24]$, but now with a different value for the parameters $c_1$ and $c_2$. Using the modified Friedmann equation $[23]$, with the curvature expansion to the second order, and taking the Universe to still be essentially empty while ignoring the variation of $\Lambda$, the modified Friedmann equation in this phase reads

$$3H^2(t)[c_1 + 2c_2(6\dot{H}(t) + 12H^2(t))] = \frac{c_2}{2}[6\dot{H}(t) + 12H^2(t)]^2$$

$$+ \Lambda - 6H(t)c_2[6\dot{H}(t) + 24\dot{H}(t)H(t)].$$

(42)

Solving (42) with the ansatz (41) in the simplest case, $N = 1$, we obtain the solutions

$$c_1 = \frac{2\Lambda}{A_1},$$

(43)

$$c_2 = -\frac{\Lambda}{18A_1}.$$  

(44)

We depict $H(t)$, $R(t)$ and $a(t)$ corresponding to (41) and compare it with numerical results obtained by solving (42) using (43 - 44) in Fig. 6, 7 and 8.

When the value of the Ricci scalar increases enough, higher order terms in the field Lagrangian will become relevant, leading to a new bounce - as already described in section 1. In
this way the Universe eternally oscillates between bouncing phases, undergoing all phases of the standard $\Lambda$CDM cosmology in the low curvature limit, where the effective corrections coming from the quantum effects can be ignored. Due to the variation of the expansion factors of the Lagrangian, the standard $\Lambda$CDM phase is followed by a cosmological rip and the beginning of a contraction phase, opening the way for the beginning of a new cycle in the infinite history of the Universe.

FIG. 6: Time evolution of the Hubble parameter, $H(t)$, during the transition to a cosmological bounce following (41), with parameters $A_1 = -0.005$, $H_{fin} = -0.03$ with $N = 1$. The numerical result (dashed line) is obtained by solving (42) with $\Lambda = 0.01$, $A_1 = -0.005$, $H_{fin} = -0.03$, using (43) and (44).

FIG. 7: Time evolution of the Ricci curvature, $R(t)$, during the transition to a cosmological bounce following (41), with parameters $A_1 = -0.005$, $H_{fin} = -0.03$ with $N = 1$. The numerical result (dashed line) is obtained by solving (42) with $\Lambda = 0.01$, $A_1 = -0.005$, $H_{fin} = -0.03$, using (43) and (44).
FIG. 8: Time evolution of the scale factor, $a(t)$, during the transition to a cosmological bounce following (41), with parameters $A_1 = -0.005$, $H_{fin} = -0.03$ with $N = 1$. The numerical result (dashed line) is obtained by solving (42) with $\Lambda = 0.01$, $A_1 = -0.005$, $H_{fin} = -0.03$, using (43) and (44).
VIII. EXAMPLES OF CONCRETE MODELS SUPPORTING THE CYCLIC COSMOLOGY

As previously discussed, it is natural to assume that quantum corrections to the Lagrangian density of GR will have a different form in different curvature regimes. It is therefore not probable that the effects of quantum gravity could be fully modeled with a single \( f(R) \) function. In accord with this reasoning, we based the proposed model of cyclic cosmology on model independent analysis - deriving specific conditions and relations between coefficients of curvature corrections specific for each regime of the cyclic universe. However, it is interesting to ask what would be the archetypal forms of Lagrangian modifications supporting the cyclic cosmology, and therefore in this section we reconstruct concrete example of \( f(R) \) function leading to cosmological bounce, rip and contraction, based on our previous discussions.

Using the equation (4) to the third order, as well as (21) and (22) and prescribing \( \Lambda \) and \( R^2 \) we can obtain a specific model consistent with bouncing solutions, which we depict on Fig. (9). Here we have assumed that variation of coefficients of the expansion can be neglected during the bouncing phase. As expected, we see that the action integral for gravity effectively reduces to the GR case when curvatures are small compared to the maximal curvature of the Universe, reached at the bouncing phase. To couple this regime with the later rip phase and turnaround, we need to take into account the effective scaling of cosmological term, \( \Lambda(R) \), as proposed in the section VI.

As a simple test function that satisfies necessary properties described in section VI. we take

\[
\Lambda(t) = \Lambda_0 - A \frac{1 - (t - t_{\text{max}})^2}{1 + (t - t_{\text{max}})^4},
\]

(45)

where \( t_{\text{max}} \) is the time when the scale factor reaches its maximum, and \( A \) is a constant. Since the Ricci scalar has a minimum in this phase it can be approximated as \( R(t) = R_{\text{min}} + B(t - t_{\text{max}})^2 \), which is also consistent with the solution of the equation (38) around zero point of \( \Lambda(t) \), given by:

\[
H(t) = C(t - t_{\text{max}}).
\]

We therefore obtain the following dependence of cosmological term on the curvature

\[
\Lambda(R) = \Lambda_0 - A \frac{1 - (R - R_{\text{min}})/B}{1 + (R - R_{\text{min}})^2/B^2},
\]

(46)

which we show in Fig. (10).

Finally, neglecting the variation of all other coefficients, we show the complete modified Lagrangian density, \( f(R) = -2\Lambda(R) + (R/R_{\text{max}}) + c_2(R/R_{\text{max}})^2 + c_3(R/R_{\text{max}})^3 \), leading to bouncing,
FIG. 9: Typical form of $f(R)$ function leading to the bouncing solution in the third order expansion, given by Eq. (4), (21) and (22) (full line), compared to the standard GR with cosmological constant (dashed line). Here $\Lambda = 0.0005$, $R_2 = -2$.

FIG. 10: Typical scaling of cosmological term, $\Lambda(R)$, with curvature, as discussed in section VI, and given by Eq. (46). Here $R_{\text{min}} = -0.5/R_{\text{max}}$, $B = 2/R_{\text{max}}$, $A = 0.5$.

rip and contraction phase in Fig (11). When the values of the Ricci curvature scalar are high compared to $R_{\text{max}}$, $\Lambda$ can be considered as constant, but higher order corrections cause a significant departure from the GR description. This corresponds to the bouncing and early expansion phase. Then, as curvature decreases during the evolution of the universe, contribution of the higher order terms become negligible, and the action approximately matches the one corresponding to the standard GR with the constant cosmological term, leading to $\Lambda$CDM cosmological phase. Finally, at the end of asymptotic De-Sitter phase, $\Lambda$ starts to vary significantly. Its value rises at first, leading to the rapid expansion and ripping of all bounded systems, and then abruptly decreases becoming negative - leading to decelerated expansion of the universe and finally beginning of the contracting
FIG. 11: Typical form of $f(R)$ function leading to cosmological bounce, rip phase and entering into contracting phase (full line), obtained by combining third order expansion of the action, given by Eq. (4), (21) and (22), together with the scaling of $\Lambda(R)$ given by equation (46) compared to the standard GR with cosmological constant (dashed line). Here $\Lambda = 0.0005$, $R_2 = -2$, $R_{\text{min}} = -0.5/R_{\text{max}}$, $B = 2/R_{\text{max}}$, $A = 0.5$.

phase. Then subsequently, the increase of the curvature scalar during the contraction phase causes the higher order corrections to again become significant leading to the new bouncing phase.

IX. CONCLUSION

The question of the origin of the Universe, and its later evolution, has always been one of the leading intellectual driving forces in the development of mythologies, religions, philosophical systems and physical theories. In the last hundred years the development of the physical cosmology has enabled us to make the first steps in a quantitative and empirical understanding of this question. The standard cosmological $\Lambda$CDM model based on General Relativity, and the ad hoc addition of dark matter and dark energy, predicts the beginning of the Universe in the initial singularity. But, one must admit that up to this date some of the crucial assumptions of the $\Lambda$CDM model have not been empirically verified. Moreover, singularity theorems which lead to the initial singularity are dependent on the validity of Einstein’s GR, which cannot be a complete theory since it does not take into account the principles of quantum physics. Taking the usually assumed position that the quantization of gravity will remove singularities existing in GR, it seems natural to replace the Big Bang paradigm with the idea of an eternally existing cyclic Universe.
Inspired by the works on cyclic cosmology in the previous decades, we propose a new potentially viable model of cyclic cosmology which is assuming no hypothetical ingredients such as extra dimensions, new scalar fields, phantom energy and special space-time geometries. Also, we do not use any specific theoretical framework, such as string theory or loop quantum gravity. In our approach we start from the idea that quantum gravity effects can be modeled by higher order curvature corrections to the standard GR Lagrangian density for gravity. For the sake of simplicity we describe these contributions in the framework of $f(R)$ in the metric formalism, using a power law expansion in terms of the Ricci curvature scalar. We also take into consideration that a given power expansions, corresponding to a different $f(R)$ function, will in general be dependent on a specific curvature regime. In this model each cycle of the eternally existing Universe starts from the cosmological bounce, which ends the contraction phase of a previous cycle, gradually leading to the regime of standard $\Lambda$CDM cosmology. At the end of this regime the variation of the coefficients leads to a non-singular rip of bounded systems, where the non-Hilbert terms contribution plays a dominant role and leads to the transition to a contraction phase of the Universe. Then, during the contraction of an essentially empty Universe, higher order curvature terms again become significant and lead to a new bounce and the beginning of a new cycle.

We have first analyzed the mathematical properties and necessary conditions for the establishment of a bounce - a transition from contraction to an expanding phase of the Universe. It has been shown that a bouncing solution appears as a rather natural and general feature of the FLRW geometry. Namely, if the Ricci scalar has a maximum at a certain point in time, then on some small interval around that point it is given by a function satisfying the requirements for a bouncing solution. The critical question is if these conditions can be satisfied in the framework of the given field equations. Using the perturbative approach up to the fourth order in time and third order in Ricci power law series, we have determined the relations between the coefficients of expansion and obtained the solutions for $H(t)$ and $R(t)$, which we compare with numerical solutions – showing a good agreement of different techniques. Inflationary expansion of the Universe may be conceptually unnecessary in the framework of the cyclic Universe, but we still briefly discuss it in the following chapter for completeness, where we have shown that inflation can easily be obtained in our model. After this potential phase of the early expansion - possibly incorporating the inflation phase - during the subsequent evolution of the Universe all higher order curvature corrections to GR Lagrangian density become negligible and its dynamics is approximately described by the standard $\Lambda$CDM model. The late time evolution of this regime leads to an essentially empty Universe.
dominated by the effective cosmological term. In our model the slow variation of the coefficients in the curvature corrections then leads to the strong growth of terms playing the role of the effective dark energy, and therefore leading to the destruction of all bounded systems in the Universe - in order to avoid problems with the increase of entropy during the contraction phase. We have then assumed that after this rip phase, the Universe reaches the maximal value of the scale factor, and starts the contraction. The equations leading to this scenario, as well as the necessary conditions for the rip and entering into the contraction period have then been studied. Absorbing all the time dependence of the expansion coefficients in the zeroth order term, and choosing a family of functions with a suitable asymptotical behavior, we also presented the corresponding solutions of the modified Friedmann equations. To get the full period of a cycle we need one last phase - the contraction phase. In this regime, the Ricci scalar must increase in order to reach its maximum at a bounce, and in the same time the scale factor must decrease and reach its minimum at a bounce. Many different solutions will enable this transition, but for simplicity we demonstrated the features of this phase by modeling the Hubble parameter as a decreasing polynomial function in time. We have then analytically solved the modified Friedmann equation to the third order in non-Hilbert curvature corrections. Again, we compared the numerical solution, using the same parameters obtained by the analytical method, with the simple analytical solution, and conclude that the solutions in both techniques are in a good agreement.

We have thus analysed the basic aspects of a new general cyclic model based on the corrections and generalization of the standard GR. Further work should concentrate on the question of potential observational consequences of this model, and also on the more detailed discussion of the open cosmological problems within this framework. In the present work it was assumed that the contribution of stress-energy tensor components can be neglected in all phases of the cycle, apart from the low curvature regime. It would be important to avoid this assumption and also to address in a greater detail the issue of entropy evolution during a cycle of the Universe, specially during the contracting phase. Moreover, it would also be interesting to apply the same scenario to the other variants of modified gravity formalisms, such as $f(T)$ gravity and Palatini or metric-affine $f(R)$ gravity formalism, to see if other formalisms lead to the same physical conclusions.
"This world, the same for all, neither any of the gods nor any man
has made, but it always was, and is, and shall be, an ever living
fire, kindled in due measure, and in due measure extinguished."

Heraclitus of Ephesus[99]

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