Acoustic monitoring of coastal dolphins and their response to naval mine neutralization exercises

Marc O. Lammers\textsuperscript{1,2}, Marian Howe\textsuperscript{1}, Eden Zang\textsuperscript{1}, Megan McElligott\textsuperscript{2}, Amy Engelhaupt\textsuperscript{3} and Lisa Munger\textsuperscript{1}

\textsuperscript{1}Oceanwide Science Institute, PO Box 61692, Honolulu, HI 96839, USA
\textsuperscript{2}Hawaii Institute of Marine Biology, PO Box 1346, Kaneohe, HI 96744, USA
\textsuperscript{3}Engelhaupt Consulting, 4173 Ewell Road, Virginia Beach, VA 23455, USA

To investigate the potential impacts of naval mine neutralization exercises (MINEX) on odontocete cetaceans, a long-term passive acoustic monitoring study was conducted at a US Navy training range near Virginia Beach, USA. Bottom-moored acoustic recorders were deployed in 2012–2016 near the epicentre of MINEX training activity and were refurbished every 2–4 months. Recordings were analysed for the daily presence/absence of dolphins, and dolphin acoustic activity was quantified in detail for the hours and days before and after 31 MINEX training events. Dolphins occurred in the area year-round, but there was clear seasonal variability, with lower presence during winter months. Dolphins exhibited a behavioural response to underwater detonations. Dolphin acoustic activity near the training location was lower during the hours and days following detonations, suggesting that animals left the area and/or reduced their signalling. Concurrent acoustic monitoring farther away from the training area suggested that the radius of response was between 3 and 6 km. A generalized additive model indicated that the predictors that explained the greatest amount of deviance in the data were the day relative to the training event, the hour of the day and circumstances specific to each training event.

1. Introduction

The use of underwater explosives and other high-amplitude impulsive sound in industrial activities, hydrocarbon exploration and military training is becoming increasingly common in many marine habitats around the world, raising concerns about
impacts on marine fauna. Marine mammals are particularly vulnerable to these types of sounds because of their dependence on hearing and acoustic signalling for sensing their environment, finding prey and communicating with conspecifics [1,2]. Documented impacts on marine mammals from explosions and other impulsive sounds include behavioural modifications [3–6], increased rates of entanglement [7], temporary shifts in hearing sensitivity [8,9], and mortality [10,11].

The naval forces of many nations conduct mine neutralization exercises in coastal waters as part of their regular training. These exercises typically involve detonating explosives in areas often co-habited by various species of marine mammals and, therefore, have the potential to disturb, injure or kill animals occurring there. In March 2011 three common dolphins (*Delphinus delphis*) were killed at the US Navy’s Silver Strand Training Complex off San Diego, California during a training exercise using underwater explosives [11]. In this particular case, the animals entered the training area after initiation of a time-delayed detonation that could not be safely aborted. The US Navy is required to comply with US federal laws designed to protect marine species, including the Endangered Species Act and the Marine Mammal Protection Act. As part of the regulatory process, the Navy must monitor and report on certain activities that have the potential to injure or kill marine mammals, such as underwater detonations (UNDets). One of the principal monitoring goals is to increase understanding of how marine mammals respond to sonar, UNDETs or other stimuli that result in the anticipated ‘take’ of individual animals, defined as hunting, harassing, capturing or killing a marine mammal [12].

To address this need, a long-term passive acoustic monitoring (PAM) study was conducted between 2012 and 2016 at the Virginia Capes (VACAPES) W-50 mine neutralization exercise (MINEX) training range near Virginia Beach, Virginia, to document the spatial and temporal occurrence of odontocete cetaceans and to document their behavioural responses to UNDETs. The most commonly seen odontocete species in this area is the bottlenose dolphin (*Tursiops truncatus*), followed by rare sightings of Harbour porpoise (*Phocoena phocoena*) and common dolphins (*Delphinus delphis*) [13]. There are at least three Western Atlantic coastal bottlenose dolphin stocks that potentially occur in this area: the northern and southern migratory stocks and the northern North Carolina estuarine stock, with a combined estimated abundance of 21 500 animals [14]. Recent small-boat survey effort within the W-50 MINEX training area documented seasonal variation in local bottlenose dolphin densities, with the highest abundance estimated in autumn at \( N = 1277 \) and lowest in winter at \( N = 37 \) [13]. In combination with low re-sighting rates between years, these data suggest that dolphins are seasonal but not year-round residents of the area, and recent and previous evidence support a northward movement in warm months and southward movement in cold months [13–15].

The VACAPES training complex was established in 1977 and MINEX training occurs in the W-50 range year-round with between one and four training events taking place each month [16,17]. The exercises involve one or more detonations per day over one to three days, typically of charges ranging in weight between 2.3 and 9.1 kg. The objectives of this study were to: (i) determine the daily, monthly and seasonal occurrence of dolphins near the primary location of MINEX training, (ii) quantify the acoustic activity of dolphins in response to MINEX training events, (iii) establish the distance from the training area at which a response is observable, and (iv) identify the predictive factors associated with dolphin acoustic response to training events.

## 2. Material and methods

### 2.1. Data collection

Passive acoustic monitoring was accomplished using bottom-moored ecological acoustic recorders (EARs), which use hydrophones with sensitivity of \(-193.5\) dB and a flat frequency response (\(\pm 1.5\) dB) from 1 Hz to 28 kHz [18]. EARs were programmed to sample at a rate of 50 kHz for 180 s (3 min) every 360 s (6 min) (i.e. a 50% duty cycle), providing an effective recording bandwidth of approximately 0–25 kHz. This bandwidth was sufficient to detect the whistles and the low-frequency end of echolocation clicks produced by bottlenose dolphins and other delphinid species (e.g. common dolphins) potentially occurring in the VACAPES area. Harbour porpoise signals are centred at 130 kHz [19], well above the effective recording frequency of EARs and, therefore, were not considered in this study.

EAR deployments took place between 15 August 2012 and 8 July 2016. The EARs were recovered, refurbished and re-deployed approximately every 2–4 months as weather conditions and access to the training range allowed. EAR clocks were set at the beginning of each deployment to local time (Eastern Standard Time or Eastern Daylight Savings Time). During the first four deployments, two EARs (A and B)
Figure 1. Spatial configuration of the three linear EAR arrays. Site B remained constant and north is shown in red (B–H–I–J), east in purple (B–K–L–M), and south in blue (B–E–F–G). The yellow dot represents the position of the ‘epicentre’.

were located 0.5–1 km apart, and their recording periods were offset so that one unit was recording while the other was off. As a result, one of the paired units was always ‘on’ in order to detect any nearby UNDETs. The two EARs were placed in 14 m water depth approximately 1 km to the north of a site that was identified as the ‘epicentre’ of MINEX training activity (figure 1). This is a search field location approximately 7 km offshore from Virginia Beach where the majority (approx. 95%) of MINEX detonations were expected to occur each year.

Beginning in September of 2013, two additional EARs were used in a modified deployment configuration. During alternating deployments, four EARs were placed in a ‘linear-array’ shape, which was aligned to the south, east or north. These EAR units were spaced at approximate distances of 1 km (site B), 3 km (sites E, H or K) 6 km (sites F, I or L), and 12 km (sites G, J or M) from the primary MINEX epicentre (figure 1). The 1 km EAR and 6 km EAR were programmed to record synchronously, and the 3 and 12 km EAR were programmed to record synchronously at an offset duty cycle from the 1 and 3 km EARs in order to ensure the capture of all UNDETS, as in the previous year. Site B was maintained as the 1-km location for all subsequent linear-array deployments to ensure the continuation of the data time-series from this site. The other deployment configuration in 2013–2016 consisted of site B and three other sites approximately 150 m from site B intended as a localization array; results from the localization effort are not presented here and only data from site B are included in the present analysis.

2.2. Data analysis

Dolphin occurrence at site B was analysed using data from August 2012 to August 2015 (table 1). An experienced acoustic analyst manually examined all available recordings obtained from site B for the presence/absence of dolphin signals during this 3-year period using the Matlab™ program Triton [20]. During deployment #7 (16 Feb–27 April 2014), the disk drive of EAR B malfunctioned so the data from EAR K (3 km from the epicentre) were analysed instead. Each 3 min recording containing dolphin signals
surrounding each MINEX training event were assigned a scalar acoustic activity index between 1 and 5. In addition, all 3 min recordings on EAR B in the four days surrounding UNDETs. For data from EAR B recorded during the first year of the project (Deployments 1–4), an analyst manually counted whistles in the 30 s before and after detected UNDETs; this analysis was not continued in subsequent years. Because deployments made after August 2015 were intermittent and/or shorter compared to the first 3 years, they were not examined for dolphin occurrence. Three different analysts were employed sequentially over the course of the project and were trained for consistency using a common training dataset.

Analysts also manually searched for UNDETs in recordings. Beginning in 2015, an automated Matlab™ script was used to identify training events containing UNDETs by searching recordings for large deviations in acoustic amplitude from background levels with a near instantaneous rise time. Each UNDET was classified as ‘small’, ‘medium’ or ‘large’ based on the duration of the associated acoustic reverberations (0–2 s, 2–7 s and 7+ s, respectively), i.e. the period from initial onset to when acoustic energy fell below 6 dB above pre-UNDET ambient noise levels.

Dolphin acoustic activity was quantified in detail during timescales of seconds, hours and days surrounding UNDETs. For data from EAR B recorded during the first year of the project (Deployments 1–4), an analyst manually counted whistles in the 30 s before and after detected UNDETs; this analysis was not continued in subsequent years. In addition, all 3 min recordings on EAR B in the four days surrounding each MINEX training event were assigned a scalar acoustic activity index between 1 and 5.

### Table 1. EAR deployment/recovery information. Superscripts after EAR site indicate analyses conducted at that site: 1, UNDET detection; 2, dolphin presence/absence per recording; 3, dolphin acoustic activity during the days surrounding an UNDET (table 2).

| EAR deployment | EAR configuration | begin recording | end recording | EAR sites | no. of explosions detected |
|----------------|-------------------|-----------------|---------------|-----------|---------------------------|
| 1              | paired EARs       | 15 Aug 2012     | 13 Oct 2012   | A1 and B1,2,3 | 10                        |
| 2              | paired EARs       | 8 Dec 2012      | 25 Feb 2013   | A1 and B1,2,3 | 3                         |
| 3              | paired EARs       | 16 Mar 2013     | 13 May 2013   | A1 and B1,2,3 | 2                         |
| 4              | paired EARs       | A: 1 June 2013  | A: 9 July 2013| A1 and B1,2,3 | 5                         |
| 5              | linear array (south) | 21 Oct 2013     | 11 Nov 2013   | B1,2,3, E3, F3 and G3 | 1                         |
| 6              | localization array (only site B incl. here) | 16 Nov 2013 | 23 Jan 2014 | B1,2,3 | 6                         |
| 7              | linear array (east) | 17 Feb 2014     | 27 Apr 2014   | B4, K1,2,3, L3 and M3 | 5                         |
| 8              | linear array (north) | 19 May 2014     | 3 Aug 2014    | B1,2,3, J3, H3 and J3 | 15                        |
| 9              | localization array (only site B incl. here) | 16 Aug 2014 | 27 Oct 2014 | B1,2,3 | 4                         |
| 10             | linear array (south) | 10 Nov 2014     | B: 23 Jan 2015| B1,2,3, E3, F3 and G3 | 1                         |
| 11             | linear array (north) | 9 Mar 2015      | 21 May 2015   | B1,2,3, J3, I3 and J3 | 2                         |
| 12             | localization array (only site B incl. here) | 25 June 2015     | 21 Aug 2015   | B1,2,3 | 5                         |
| 13             | linear array (east) | 13 Oct 2015     | B: 15 Nov 2015| B1,2,3, K3, L3 and M3 | 1                         |
| 14             | linear array (south) | 1 Feb 2016       | 23 Mar 2016   | B1,2,3, F3 and G3 | 6                         |
| 15             | localization array (only site B incl. here) | 13 June 2016       | 8 July 2016    | B1,3 | 2                         |

*EAR lost or disk drive malfunctioned.*
Variation in daylight hours was not explicitly accounted for in analyses; the ‘daytime’ hours do, however, second day after values and either a parametric paired $t$-test (for normally distributed data) [21] or a non-parametric Wilcoxon signed-rank test (for non-normally distributed data) [22] was performed. Seasonal variation in daylight hours was not explicitly accounted for in analyses; the ‘daytime’ hours do, however, represent the typical working day hours for naval exercises [17].

### 2.3. Predictive modelling

In order to test which predictors best explained the variation in dolphin acoustic activity in the hours and days surrounding MINEX training events, a generalized additive model (GAM) was constructed in the mixed GAM computational vehicle (mgcv) package using R software, version 3.3.1 [23–25]. The model was based on data recorded during deployments 1–14 (August 2012 to March 2016) by EAR B, 1 km away from the training epicentre (table 1). Training events were excluded from analysis if they did not have a baseline period of 3 days prior to the event, in order to avoid confounding the ‘before’ and ‘after’ periods with other training events.

Acoustic activity indices were used to quantitatively compare the acoustic behaviour of dolphins during the hours (site B) and days (all linear-array EARs) before and after MINEX training events throughout all years of the project. To determine whether the observed differences in the hours surrounding explosions were statistically significant, pairwise comparisons were conducted using a Wilcoxon signed-rank test between the hour before and the hour after, second hour after or third hour after an UNDET. Similarly, for the ‘day(s)’ time scale, hourly indices for each day before, day of, day after and second day after were averaged for the daytime hours (06.00–17.59) and night-time hours (18.00–05.59). The day before values were then matched with the corresponding day of, day after and second day after values and either a parametric paired $t$-test (for normally distributed data) [21] or a non-parametric Wilcoxon signed-rank test (for non-normally distributed data) [22] was performed. Seasonal variation in daylight hours was not explicitly accounted for in analyses; the ‘daytime’ hours do, however, represent the typical working day hours for naval exercises [17].

### Table 2

Index values used to quantify dolphin acoustic activity in each 3 min recording made the day before, day of and the two days after each detected explosion, based on the abundance of dolphin whistles, burst pulses (BP) and echolocation clicks.

| acoustic category                                      | index value |
|--------------------------------------------------------|-------------|
| no signals detected                                    | 0           |
| 1–20 whistles                                          | 1           |
| BP only <10                                            | 1           |
| echolocation only <2 clicks/s                         | 1           |
| 21–40 whistles                                         | 1.5         |
| echolocation only >2 clicks/s                         | 1.5         |
| BP only >10                                            | 1.5         |
| echolocation and BP <10                                | 1.5         |
| 1–20 whistles and echolocation or BP                   | 2           |
| > 41 whistles                                          | 2.5         |
| echolocation and BP >10                                | 2.5         |
| 1–20 whistles, echolocation and BP                     | 3           |
| 21–40 whistles and echolocation or BP                  | 3           |
| 21–40 whistles, echolocation and BP                     | 3           |
| > 41 whistles and echolocation or BP                   | 3.5         |
| > 41 whistles, echolocation and BP                      | 4           |
from the training epicentre. The response variable was dolphin acoustic activity, labelled ‘mean acoustic activity’ (MAA) in the dataset, which was quantified as the mean acoustic activity index for each hour of data recorded the day before, day of, day after or second day after an explosion event, normalized to be between 0 and 1. MAA was tested as a function of nine predictors: season, hour of day, day/night, hours since explosion, size of explosion, number of previous explosions, day (relative to training event), deployment and cumulative hours (table 3). The first three predictor variables were chosen to account for the observed seasonal and diurnal variation in dolphin activity. The next four predictors were chosen because any changes in dolphin activity relative to MINEX training events were expected to be influenced by how close in time they were to explosions and the magnitude of the explosion or event. Deployment (number) was included to account for inter-deployment variation in conditions, and cumulative hours (elapsed since beginning of the dataset) was included to explain variation due to temporal autocorrelation.

A GAM with a $\beta$ distribution and logit link was chosen for the starting model because the response variable (MAA) was bounded between zero and one. The residuals from the resulting model appeared to

| predictor            | units | type               | description                                                                 | range/values |
|----------------------|-------|--------------------|-----------------------------------------------------------------------------|--------------|
| hour of explosion    | n.a.  | discrete, ordinal  | counts the number of hours passed since the most recent explosion (not necessarily within same training event or deployment) | 0–3169       |
| size of explosion    | n.a.  | discrete, ordinal  | 0 = no explosion  
1 = small, 0–2 s long  
2 = medium, 2–7 s long  
3 = large, 7+ s long  
value is applied to each hour based on the size of the most recent explosion. | 0–3          |
| deployment           | n.a.  | categorical        | no 1 km data for deployments 5, 7 or 14. Coded as fixed effect.             | 1, 2, 3, 4, 6, 8, 9, 10, 11, 12, 13 |
| season               | n.a.  | categorical        | autumn = Sept–Nov  
winter = Dec–Feb  
spring = March–May  
summer = June–Aug | autumn, winter, spring, summer |
| previous explosions  | n.a.  | discrete, ordinal  | cumulative count of the number of explosions that occurred within a training event | 0–4          |
| day                  | n.a.  | categorical        | defines when a recording occurred relative to an training event              | day before, day of, day after, second day after |
| day/night            | n.a.  | categorical        | based on sunrise/sunset times                                               | day, night   |
| cumulative hours     | hours | discrete, ordinal  | the number of hours that have passed since the beginning of the dataset (to account for temporal correlation). Coded as fixed effect | 1–27 816    |

| response              | units | type               | description                                                                 | range/values |
|-----------------------|-------|--------------------|-----------------------------------------------------------------------------|--------------|
| mean acoustic activity| n.a.  | discrete, ordinal  | average acoustic activity index for each hour of each day. Acoustic activity index ranged from 0 to 4 based on the number of whistles, burst pulses and echolocation present in the recording. Divided by 4 to fit a $\beta$-regression bounded by 0 and 1 | 0–1          |
have fairly constant variance and showed only slight departures from the expected normal distribution. GAMs with $\beta$ distributions were also fit to test the probit, cloglog and cauchit links. The different link functions did not have much influence on the residuals or explained deviance. Therefore, the logit link was used in further analysis.

The optimal combination of the nine predictors was determined with dredge in the MuMIn package [26]. All possible combinations of predictors generated a set of models ranked by corrected Akaike information criterion (AICc). The best candidate models (within two $\Delta$ AICc of the lowest AICc) all included hours since explosion, hour of day, deployment, season, cumulative hours and day as predictors (table 4). The model with the lowest AICc was selected as the ‘best-specified’ model as it was the simplest of the three.

To address autocorrelation, the predictor variable cumulative hours was included as described previously. Remaining dependence (autocorrelation) among residuals was tested using acf and the Durbin–Watson test in the lmtest library [27]. The acf function plots a correlogram of the residuals, displaying the approximate correlation at each time lag. The Durbin–Watson test checks for serial correlation between the residuals of the model. The acf plot suggested some autocorrelation exists; however the Durbin–Watson test indicated that autocorrelation was not a significant problem ($p = 0.764$).

All analyses were performed using R with the base, dplyr, car, MuMIn, lmtest, mgcv and effects packages [23,25–30].

3. Results

3.1. EAR deployments

Fifteen EAR deployment cycles were conducted during the study period (table 1). Two instruments were lost, but were replaced, and one instrument malfunctioned. In total, 609,584 3 min recordings were made among all EARs totalling 30,479 h of data. Of these, 213,176 recordings totalling 10,659 h of data were made at site B, representing coverage of approximately 888 days of the 1423 day study period.

3.2. Dolphin occurrence near ‘epicentre’ area of W-50

Dolphin presence/absence at site B was analysed for the period from 15 August 2012 to 30 August 2015 (deployments 1–12), totalling 799 days of recordings. Dolphins were present almost daily from August 2012 to August 2015 in or near the MINEX range, with detections made on 97% of recording days. During the 3 year period analysed, a clear seasonal trend was observed in the mean number of daily detections each month. Dolphin detection rates (detections/day) were greatest between the months of April and October, decreased substantially between November and March, and were reduced by 90% during the month of February compared to the peak in October (figure 2). However, although the mean number of daily detections decreased during winter months, dolphins were still detected in the area nearly every day throughout the year.

3.3. Dolphin acoustic response at site B

In total, 74 UNDETs were detected between 15 August 2012 and 8 July 2016, representing 38 MINEX training events. Of these, 16 UNDETs during 12 training days were analysed from site B during the first year of the project (August 2012–July 2013) to compare the number of whistles in the 30 s before and after an UNDET. The number of whistles increased significantly in the 30 s after explosions compared to the 30 s before (figure 3; Wilcoxon signed-rank test, $N = 16$, $Z = 2.8$, $p < 0.005$, effect size $r = 0.50$).

For the more comprehensive analyses at the hours and day scales, 31 of the 38 total training events coincided with data successfully obtained from site B, whereas seven training events took place during two deployments when the EAR at site B was either lost or malfunctioned. Of the training events recorded at site B, 31 included baseline data obtained from the day before the event, 30 from the day after the event, and 29 from the second day after the event. The disparity in the number of days recorded is due to the timing of EAR recovery and recording duration relative to two of the training events.

Dolphin acoustic activity at site B decreased over the 3 h following an UNDET compared to the hour before (figure 4). This decrease was statistically significant for the second hour after and third hour after compared to the hour before (Wilcoxon signed-rank test, $N = 31$, $Z = 2.77$, $p = 0.006$, $r = 0.50$, respectively).

Dolphin acoustic activity at site B decreased over the 3 h following an UNDET compared to the hour before (figure 4). This decrease was statistically significant for the second hour after and third hour after compared to the hour before (Wilcoxon signed-rank test, $N = 31$, $Z = 2.77$, $p = 0.006$, $r = 0.50$, respectively).
**Figure 2.** Number of daily dolphin detections at site B averaged by month for the 3 years of data collected between 15 August 2012 and 30 August 2015. Error bars represent one standard deviation. ‘N’ values give the total number of days that were monitored during each month.

**Figure 3.** Number of whistles in the 30 s before and after UNDETs (N = 16) analysed in deployments 1–4 (Aug 2012–July 2013). Error bars represent standard deviation.

**Figure 4.** (a) Sum of acoustic activity index in the hour before, hour after, second hour after and third hour after explosions (N = 31). (b) Pairwise differences between the hour before and each of the 3 h after an explosion. Red lines represent median, box boundaries represent 25th and 75th percentiles.
Dolphin acoustic activity in the days surrounding a MINEX training event varied depending on the time of day. During the day before an event, dolphins were most active during midday (11.00–12.00 local time) and night-time hours (20.00–06.00 local time) (figure 5). On the day of MINEX training and the following day (day after), the midday activity peak was reduced or absent. The reduction in daytime dolphin acoustic activity on the day of and day after was significant compared to the day before an event (Wilcoxon signed-rank test, \( N = 31 \), \( Z = 3.46 \), \( p < 0.001 \), effect size \( r = 0.62 \) and \( N = 30 \), \( Z = 2.15 \), \( p = 0.032 \), \( r = 0.39 \), respectively). However, on the second day after a training event, daytime dolphin acoustic activity was significantly higher than the day before an event (Wilcoxon signed-rank test, \( N = 28 \), \( Z = 2.07 \), \( p = 0.038 \), effect size \( r = 0.39 \)). By contrast, during night-time hours, no significant differences were found between dolphin acoustic activity levels from the day before compared to the day of (paired \( t \)-test, \( t = 1.092 \), d.f. = 30, \( p = 0.283 \), effect size Cohen’s \( d = 0.20 \)), day after (paired \( t \)-test, \( t = 0.692 \), d.f. = 30, \( p = 0.494 \), Cohen’s \( d = 0.12 \)) or second day after (paired \( t \)-test, \( t = 1.642 \), d.f. = 27, \( p = 0.112 \), Cohen’s \( d = 0.31 \)).

### 3.4. Dolphin acoustic response along linear array

Seven linear-array deployments were conducted between September 2013 and March 2016. Overall, the baseline (day before) mean acoustic activity indices at the 3 km and 6 km sites were approximately 15% lower than EAR B, and the mean index at sites 12 km away was approximately 40% lower than EAR B (figure 6). However, hourly patterns in baseline dolphin acoustic activity at the linear-array sites were similar to site B, with elevated activity at night and a peak in activity during the daytime, although the magnitude of the daytime peak decreased with increasing distance from EAR B (figure 6). To statistically infer whether training events influenced dolphin acoustic activity at distances of 3, 6 and 12 km from the epicentre, the hourly indices for each day before, day of and day after were averaged for the daytime and night-time. Because more than 90% of recorded UNDETs occurred between 10.00 and 17.59, the hypothesis was tested that daytime effects would be observed between these hours at distances further away from the epicentre on the day of the training event. The night-time hours examined were those between 18.00 and 05.59, while the day after daytime hours considered were those between 06.00 and 17.59. The values corresponding to the equivalent day before periods were then matched with the...
Figure 6. (a–c) The hourly dolphin acoustic activity determined over the 24 h period of the day before, the day of, and the day after MINEX training events detected during linear array deployments. Data are pooled for 3 km sites \( (N = 15) \), 6 km sites \( (N = 10) \) and 12 km sites \( (N = 14) \), regardless of directional orientation of array.

corresponding day of and day after values and either a parametric paired \( t \)-test or a non-parametric Wilcoxon signed-rank test was performed.

Dolphin acoustic activity on the day before, day of, and day after training events varied depending on the distance of the monitoring site from the epicentre. For the pooled 3 km data \( (N = 15 \) MINEX training events recorded), the mean daytime dolphin acoustic activity on the day of the training event was significantly reduced compared to the day before (paired \( t \)-test, \( t = 2.26 \), d.f. = 14, \( p = 0.040 \), Cohen’s \( d = 0.58 \)). No significant differences were found between the daytime hours of the day before and the day after, or between the night-time hours of the day before and either the day of or day after. At 6 km from the epicentre \( (N = 10 \) MINEX training events recorded), no significant differences in dolphin acoustic activity were found between the day before and the day of or the day after for either the daytime or night-time periods. Lastly, for the pooled 12 km data \( (N = 14 \) MINEX training events recorded), the mean daytime dolphin acoustic activity on the day of the training event was significantly lower than the day before (Wilcoxon signed-rank test, \( N = 14 \), \( Z = 2.41 \), \( p = 0.016 \), effect size \( r = 0.64 \)). However, at the 12 km sites, no significant differences were found between the daytime hours of the day before and the day after, or between the night-time hours of the day before and either the day of or day after.

To further explore the significant reduction in daytime acoustic activity at the 12 km sites during the day of the training event, data were grouped according to the linear array orientation (north, south or east). At the northern site, the baseline (day before) mean dolphin acoustic activity indices were more than three times greater than the southern site and more than 18 times the activity levels observed at the eastern site (figure 7). At both the northern and southern sites, mean daytime dolphin acoustic activity decreased by nearly 50% during the day of a training event. At the eastern site, activity levels remained low and unchanged.

3.5. Predictive model

The best-fitting model was determined to be the MAA as a function of day, deployment, cumulative hours, hour of day, hours since explosion and season. The explained deviance of this model was 39.07%.
Figure 7. The mean acoustic activity index determined for sites J (N = 6), G (N = 5) and M (N = 3) during the day before and the day of a MINEX training event. Error bars represent one standard deviation.

Figure 8. Smoothing splines from the best-fit model for each continuous variable: (a) cumulative hours ‘CmHr’, (b) hour of the day ‘hour’, and (c) hours since the previous explosion ‘Hours_Since_Exp’. The solid lines depict the marginal effect of the predictor while the other variables in the model are controlled. The shaded areas represent two standard errors. The y-axis indicates that the fit type is a thin plate regression spline and states the estimated degrees of freedom. The rugplot (short upward ticks along x-axis) indicates the location of the data samples (i.e. MINEX training events).

Table 4. Top three models within two \( \Delta \text{AICc} \) from output of dredge of the starting model.

| model ID | predictors in model                                                                 | \( R^2 \) | d.f.  | AICc     | \( \Delta \text{AICc} \) |
|----------|------------------------------------------------------------------------------------|----------|-------|----------|--------------------------|
| 246      | intercept + day + deployment + cumulative hours + hour + hours since explosion + season | 0.3359   | 36    | −2733.3  | 0                        |
| 502      | intercept + day + deployment + cumulative hours + hour + hours since explosion + season+ size of explosion | 0.3361   | 37    | −2732.2  | 1.13                     |
| 248      | intercept + day + deployment + cumulative hours + hour + hours since explosion + season | 0.3361   | 37    | −2731.8  | 1.52                     |

The deviance explained by each individual predictor was found by refitting the model without that predictor, then comparing the explained deviance in the new model to the explained deviance of the original model. Deployment, hour of day, and day (relative to a training event) were the predictors that explained the most deviance (table 5).

Figure 8 shows the smoothing splines from the best-fit model for each continuous variable. The standard error for the cumulative hours variable increases as the number of cumulative hours increases beyond approximately 20 000h, probably due to the small number of data points late in the dataset.
Dolphin mean acoustic activity is plotted against categorical variables in figure 9. MAA was greatest in the autumn and lowest in the spring (figure 9a). MAA decreased on the day of and day after a MINEX training event, whereas on the second day after, MAA increased relative to baseline levels of the day before (figure 9b). There was also variation in acoustic activity as a function of deployment (number) (figure 9c), indicating that differences in deployment-specific conditions influenced MAA.

4. Discussion

Dolphins were detected nearly daily in the MINEX W-50 training area from August 2012–August 2015. Seasonally, there was a period of low occurrence or reduced acoustic activity during the winter months with a minimum in February. This finding is consistent with reported seasonal trends in bottlenose dolphin abundance offshore of Virginia Beach [13,15]; this is by far the most commonly sighted delphinid in this region [13] and the majority of detections in this study are presumed to be of this species. Other delphinid species such as common dolphins are sighted infrequently, but may also have been detected occasionally. The near-continuous presence of dolphins in the MINEX training area indicates that dolphins are exposed to noise from UNDETs, although it is not clear at what range most exposures occur.

There is strong evidence that dolphins respond behaviourally to MINEX training events. The data from site B, comprising 31 monitored training events in 4 years of data collection, paint a clear picture: after a short-term increase in whistling rates in the seconds following an UNDET (figure 3), dolphins either moved away or became less acoustically active during the hours following UNDETs (figures 4

---

**Figure 9.** Predicted values of mean acoustic activity versus each categorical predictor: (a) season, (b) day relative to an explosion and (c) the deployment number.

**Table 5.** Deviance explained by the whole model and each predictor.

| predictor            | deviance explained without predictor | difference in deviance explained from total |
|----------------------|--------------------------------------|--------------------------------------------|
| whole model          | -                                    | 0.3907213                                  |
| deployment           | 0.3455138                            | 0.045208                                   |
| hour                 | 0.3473501                            | 0.043371                                   |
| day                  | 0.3615639                            | 0.029157                                   |
| season               | 0.3746857                            | 0.016036                                   |
| hours since last explosion | 0.3786422                        | 0.012079                                   |
| cumulative hours     | 0.3831953                            | 0.007526                                   |
and 5). Dolphin acoustic activity returned to baseline levels in the evening and night-time hours of that day (figure 5). However, during the daytime hours of the following day, acoustic activity was again reduced compared to baseline levels, but activity normalized again in the evening and at night. Interestingly, during daytime hours of the second day following a training event, dolphin acoustic activity at site B was generally higher than the baseline period.

It cannot be confirmed in the present study whether the observed changes represent individuals moving away from the area, a shift in acoustic signalling behaviour, or both. If the former is true, then the observed patterns suggest that dolphins temporarily move away from the epicentre during the day of the training event as well as the day afterward, but return during night-time hours (although it cannot be determined from this study whether the same individuals were recorded). Perhaps because training events often occur over multiple days, dolphins may anticipate additional UNDETs beyond the final day of the training event, which could explain the reduced acoustic activity observed during the day after the final UNDET. In other words, dolphins may hedge against potential future exposure to an UNDET by avoiding the area. The increase in dolphin acoustic activity on the second day following the training event may indicate that dolphins occupied the area in greater numbers, but this cannot be confirmed at present.

Alternatively, acoustic activity levels may also be a function of individual dolphin sound production rates. In a study of wild Western Atlantic coastal dolphin populations, vocalization rates varied geographically and as a function of behavioural state, and decreased with increasing group size at most locations [31]. The higher acoustic activity levels determined two days after a training event could indicate more frequent signalling by dolphins, perhaps reflecting altered behaviour and/or group sizes compared to the baseline. In captive animals, stressful events can lead to periods of reduced or no acoustic activity lasting hours or even days [32,33]. It is not known whether free-ranging animals respond similarly, but lower acoustic activity levels the day of and day following a training exercise may also signify a stress response.

The data obtained from the EARs 3, 6 and 12 km away from the epicentre further help inform our understanding of the response by dolphins to MINEX training events. There is evidence that dolphin acoustic activity is reduced 3 km away from the epicentre during the day of an UNDET, but not 6 km away, which suggests that the dolphins potentially respond to UNDETs at ranges up to 3–6 km (figure 6). These results are consistent with studies of captive bottlenose dolphins and a beluga whale (Delphinapterus leucas), which demonstrated disruption to trained behaviours in response to simulated explosions at ranges of 1.5 to 9.3 km depending on the size of the charge [4]. Of note, however, is that a significant reduction in acoustic activity on the day of an UNDET was also observed at the two 12 km sites towards the north and south of the epicentre (figure 7). This suggests that animals from these areas responded to relatively distant UNDETs or other aspects of training exercises. It is unclear whether this response indicates animal movement, behavioural changes or both. One possibility is that the animals may be moving away from more distant areas toward the epicentre to exploit prey fauna harmed or disoriented by the UNDET, during the night-time hours in between or after training days when acoustic activity was at normal levels. Another possibility is that habituation to UNDETs exists among animals typically occurring approximately 6 km away, but not among those substantially further away, which may be exposed to training events less frequently. More detailed studies are needed to better understand the response by these more distant animals to the north and south of the epicentre.

For the purposes of this study, it was not possible or feasible to empirically determine detection distances of dolphin signals or UNDETs, as the locations of sound sources were not available (or able to be localized). Janik demonstrated the range of detectability could be up to 20–25 km for dolphin whistles at maximum source level in Moray Firth, Scotland [34]. However, this was a relatively deep water habitat and these distances were estimated in low noise and Beaufort 0 sea state. Previous studies of bottlenose dolphins in more comparable high-noise, shallow, mud/sand bottom habitats in the eastern US and western Australia reported lower source levels of whistles and estimated the active space of dolphin whistles to range from less than 1 km to 2–6 km [35–37]. In 2014, work was conducted to measure received levels of UNDETs and derive a semi-empirical model for the propagation of underwater detonations in shallow water in/near the VACAPES W-50 range [38]. Sound exposure levels and peak pressure are calculated for 1, 3, 6 and 12 km for typical MINEX UNDET charge weights in table 6. Using the equations in [38], the sound exposure level for a receiver at 12 km away from a 20 lb charge would be 173 dB re 1µPa² s (table 6). Because of this and the offset duty cycles between neighbouring EARs, it is likely that EARs in the linear array configuration recorded independent groups of dolphins, and also that dolphins 12 km from an UNDET were still exposed to the sound.
The modelling effort corroborated the empirically derived results and suggested some additional factors to consider. The explanatory power of the variables day and hour of day supports the finding that dolphin acoustic activity varied significantly on the days during and after an event compared to the day before, as well as the consistent diel pattern observed in dolphin acoustic activity. The inclusion of the deployment variable suggests that MAA was influenced by deployment- or event-specific conditions, such as the number of dolphins present prior to and during the training event, ambient noise conditions and the precise UNDET locations relative to the 1 km EAR site. Other predictors included in the best-fit model were season, hours since explosion and cumulative hours. The variation in MAA in response to season was consistent with the observed peak dolphin activity in autumn and lowest activity in spring. The increase in MAA with increasing hours since explosion for time periods of 60 h to two months may indicate that dolphins gradually returned to natural activity levels after a training event. The decrease in MAA with more than two months since the previous explosion does not lend itself to meaningful interpretation because conditions could have changed or training events may have taken place between deployments (typically approximately 2 months in duration). The variation in MAA observed over the course of the study (as a function of cumulative hours) may reflect the fact that three different analysts manually scanned different periods of recordings, which roughly corresponded to the different shape of the MAA function for 0–5 months, the middle 2 years and the final approximately 7–8 months. Although analysis were trained for consistency, some subjective variability in assigning acoustic indices may have persisted. However, because the response to training events was statistically analysed in a pairwise manner, any inter-analyst variability would not have affected the results.

The biological implications, if there are any, of the documented responses cannot be resolved by the present study. However, among the deleterious effects at the organismal level that might be expected are: chronically elevated stress hormone levels, acute or cumulative hearing damage/loss, reduced access to foraging habitat, and/or increased energy expenditures to avoid training areas [1,39–41]. For example, Rolland et al. [39] provide evidence that exposure to ship noise was responsible for increased levels of stress-related hormones in North Atlantic right whales (Eubalaena glacialis). Such effects may result in reduced fitness and possible declines in reproductive rates at the population level. Other possible impacts could include shifts in distribution and local reduction in abundance; such effects were demonstrated in bottlenose dolphins (Tursiops sp.) in Australia as a result of chronic disturbance from tourism vessels [40]. More detailed data on received sound characteristics are needed to interpret responses and link sound exposure to potential population-level effects [41].

Follow-on work would be useful to investigate the conservation implications and to help the Navy improve mitigation strategies. For example, future studies could investigate sound exposure levels as well as the types (physiological, behavioural, etc.) and magnitude of individual and group responses, potentially with the use of short-term tags, focal follow studies, unmanned aerial vehicles, hydrophone arrays and other means. In addition, analyses of the existing data could target calls from other marine mammals, including baleen whales and pinnipeds that occur in the area, to determine whether they also exhibit an acoustic response to MINEX training. Finally, long-term monitoring using passive acoustics, visual, and/or other means should be considered in order to detect any changes over time in dolphin occurrence and behaviour, and other environmental and anthropogenic factors should be integrated into cumulative impacts studies.

Table 6. Sound exposure level (SEL) (integrated over time period containing 90% of waveform) calculated for UNDETs using Soloway & Dahl [38] equation.

| range (km) | charge weight (lbs, C4, converted to TNT equiv. in kg) | SEL (dB re 1 μPa² s⁻¹) | peak pressure (Pa) |
|-----------|------------------------------------------------------|-------------------------|-------------------|
| 1         | 5                                                   | 183                     | 39 139            |
| 1         | 20                                                  | 187                     | 65 976            |
| 3         | 5                                                   | 177                     | 11 310            |
| 3         | 20                                                  | 181                     | 19 065            |
| 6         | 5                                                   | 173                     | 5168              |
| 6         | 20                                                  | 177                     | 87 11             |
| 12        | 5                                                   | 169                     | 2361              |
| 12        | 20                                                  | 173                     | 3980              |
Ethics. This was a non-invasive, acoustic observational study. No physical or behavioural interactions between the authors and any protected animal species occurred during the course of this study. The authors had no control or influence over the occurrence, scheduling or magnitude of the UNDETs associated with in this study.

Data accessibility. The processed datasets supporting this study are available from the Dryad Digital Repository: http://dx.doi.org/10.5061/dryad.1j0sf [42].

Authors' contributions. M.O.L. developed the experimental design, implemented the statistical analyses and led the drafting of the manuscript. M.H. and E.Z. performed most of the data processing. M.M. led the modelling efforts. A.E. led data collection efforts in the field. L.M. assisted with statistical analyses and drafting of the manuscript. All co-authors reviewed and edited earlier drafts of the manuscript.

Competing interests. The authors have no known competing interests. The work presented here was funded by the US Navy’s Marine Species Monitoring contract to HDR, Inc and OSI was subcontracted by HDR, Inc. One of the co-authors (A.E.) is married to the program manager for this contract at HDR, Inc.

Funding. Funding for this work was provided by US Fleet Forces Command under the US Navy’s Marine Species Monitoring Program.

Acknowledgements. We are very grateful to Jessica Aschettino, Michael Richlen and Dan Engelhart at HDR, Inc. for their invaluable role in the deployment, recovery and refurbishing of EARs, and also in overall project management. At Oceanwide Science Institute (OSI), Maegan Kraus, Mattie Cifuentes, Helen Meigs and Kimberly Wood contributed greatly to the analysis and preparation of the data presented. Thank you also to Dr Anna Neuheimer at the University of Hawai’i who provided crucial assistance with the modelling effort. Project management and technical review was provided by NAVFAC Atlantic. We are especially thankful to Joel Bell, Cara Hotchkin, Mandy Shoemaker, Anu Kumar, Lee Shannon, Ron Fillipowitz, Dave MacDuffee and Brian Amrhein for their support of this work.

References

1. Richardson WJ, Greene Jr CR, Malme CI, Thomson DH. 1995 Marine mammals and noise. San Diego, CA: Academic Press.
2. Tyack PL, Clark CW. 2000 Communication and acoustic behavior of dolphins and whales. In Hearing by whales and dolphins (eds WWL Au, AR Fay, AN Popper), pp. 156–224. New York, NY: Springer.
3. Buckstaff KC, Wells BS, Gunnion JG, Nowacek DP. 2013 Responses of bottlenose dolphins (Tursiops truncatus) to construction and demolition of coastal marine structures. Aquat. Mamm. 39, 174–186. (doi:10.1578/AM.39.2.2013.174)
4. Finneran JJ, Schlundt CE, Corder DA, Clark JA, Young JA, Gaspin JB, Ridgway SH. 2000 Auditory and behavioral responses of bottlenose dolphins (Tursiops truncatus) and a beluga whale (Delphinapterus leucas) to impulsve sounds resembling distant signatures of underwater explosions. J. Acoust. Soc. Amer. 108, 417–431. (doi:10.1121/1.429475)
5. Finneran JJ, Schlundt CE, Branstetter BK, Trickey JS, Bowman V, Jenkins K. 2015 Effects of multiple impulses from a seismic air gun on bottlenose dolphin hearing and behavior. J. Acoust. Soc. Am. 137, 1634–1646. (doi:10.1121/1.4916591)
6. Castellote M, Clark CW, Lammers MO. 2012 Acoustic and behavioral changes by fin whales (Balaenoptera physalus) in response to shipping and airgun noise. Biol. Conserv. 147, 115–122. (doi:10.1016/j.biocon.2011.12.021)
7. Todd S, Lien J, Manques F, Stevick P, Ketten D. 1996 Behavioural effects of exposure to underwater explosions in humpback whales (Megaptera novaeangliae). Can. J. Zool. 74, 1661–1672. (doi:10.1139/z96-265)
8. Finneran JJ, Schlundt CE, Dear R, Corder DA, Ridgway SH. 2012 Temporary shift in masked hearing thresholds (MTTs) in bottlenose dolphins exposed to power exposure to single underwater impulses from a seismic watergun. J. Acoust. Soc. Am. 111, 2929–2940. (doi:10.1121/1.479150)
9. Lucke K, Siebert U, Lopper PA, Blanchet MA. 2009 Temporary shift in masked hearing threshold in a harbor porpoise (Phocoena phoecena) after exposure to seismic airgun stimul. J. Acoust. Soc. Am. 125, 4060–4070. (doi:10.1121/1.3107443)
10. Fitch J, Young P. 1948 Use and effect of explosives in California coastal waters. Calif. Fish Game 34, 53–70.
11. Danil KS, St. Leger J. 2011 Seabird and dolphin mortality associated with underwater detonation exercises. Mar. Technol. Soc. J. 45, 89–95. (doi:10.4031/MTSJ.45.4.6.5)
12. United States Navy (DoN). 2010 Integrated Comprehensive Monitoring Program: 2010 Update. 20 December 2010. POC: OPNAVN45, Dr. V. Frank Stone, 703-604-1424. See http://www.propboatmonitoring.us.
13. Engelhart A, Aschettino J, Jefferson TA, Engelhart D, Richlen M. 2016 Occurrence, distribution, and density of marine mammals near Naval Station Norfolk and Virginia Beach, VA: Final Report. Prepared for U.S. Fleet Forces Command. Submitted to Naval Facilities Engineering Command Atlantic, Norfolk, Virginia, under Contract No. N62700-10-301, Task Orders 013 and 043, issued to HDR Inc., Virginia Beach, Virginia, 12 October 2016.
14. Waring GT, Josephson E, Maze–Foley K, Rosel PE (eds). 2015 US Atlantic and Gulf of Mexico Marine Mammal Stock Assessments—2015. NOAA technical memorandum NMFS–NE–238, US Dept of Commerce.
15. Barco SG, Swingle WM, Mlellan WA, Harris RN, Pabst DA. 1999 Local abundance and distribution of bottlenose dolphins (Tursiops truncatus) in the nearshore waters of Virginia Beach, Virginia. Mar. Mammal. Sci. 15, 394–408. (doi:10.1111/j.1748-7692.1999.tb00809.x)
16. U.S. Navy website. 2016 See https://www.public.navymil/AIRFOR/vacapes/Pages/Mission%20and%20History.aspx (accessed 4 October 2017).
17. DoN. 2008 Request for Letter of Authorization for the Incidental Harassment of Marine Mammals Resulting from Navy Training Operations Conducted within the Vaquero Range Complex. Submitted by: Commander, U.S. Fleet Forces Command, 1562 Mitscher Avenue, Suite 250, Norfolk, Virginia 23551-2678 to Office of Protected Resources, National Marine Fisheries Service (NMFS), 1315 East-West Highway, Silver Spring, MD 20910-3226.
18. Lammers MO, Brainard RE, Au WWL, Mooney TA, Wong K. 2008 An Ecological Acoustic Recorder (EAR) for long-term monitoring of biological and anthropogenic sounds on coral reefs and other marine habitats. J. Acoust. Soc. Am. 123, 1720–1728. (doi:10.1121/1.2836780)
19. Goodson AD, Stuart-Camer CA. 1996 Sonar characteristics of the harbor porpoise (Phocoena phoecena): source levels and spectrum. ICES J. Mar. Sci. 53, 465–472. (doi:10.1006/jmsc.1996.0066)
20. Wiggins S. 2003 Autonomous acoustic recording packages (ARPs) for long-term monitoring of whale sounds. Mar. Technol. Soc. J. 37, 11–22. (doi:10.4031/003320375/373187)
21. Sokal RR, Rohlf FJ. 1995 Biometry: the principles of statistics in biological research. New York, NY: WH Freeman and Co.
22. Hollander M, Wolfe DA. 1999 Nonparametric statistical methods. Hoboken, NJ: John Wiley & Sons, Inc.
23. R Core Team. 2016. R: A language and environment for statistical computing. Vienna, Austria: R Foundation for Statistical Computing. See https://www.R-project.org).
24. Hastie T, Tibshirani R. 1990 Generalized additive models. London, UK: Chapman and Hall.
25. Wood SN. 2011 Fast stable restricted maximum likelihood and marginal likelihood estimation of semi-parametric generalized linear models. J. R.
3. Castellote M, Fossa F. 2006 Measuring acoustic activity as a method to evaluate welfare in captive beluga whales (Delphinapterus leucas). Aquat. Mamm. 32, 325–333. (doi:10.1578/AM.32.3.2006.125)

35. Quintana-Rizzo E, Mann DA, Wells RS. 2006 Estimated communication range of social sounds used by bottlenose dolphins (Tursiops truncatus). J. Acoust. Soc. Am. 120, 1671–1683. (doi:10.1121/1.2226539)

37. Frankel AS, Zeddies D, Simard P, Mann D. 2014 Whistle source levels of free-ranging bottlenose dolphins and Atlantic spotted dolphins in the Gulf of Mexico. J. Acoust. Soc. Am. 135, 1624–1631. (doi:10.1121/1.4863304)

38. Soloway AG, Dahl PH. 2014 Peak sound pressure and sound exposure level from underwater explosions in shallow water. J. Acoust. Soc. Am. 136, EL218–EL223. (doi:10.1121/1.4892668)

39. Rolland RM, Parks SE, Hunt KE, Castellote M, Corkeron PJ, Nowacek DP, Wasser SK, Kraus SO. 2012 Evidence that ship noise increases stress in right whales. Proc. R. Soc. B 279, 2363–2368. (doi:10.1098/rspb.2011.2429)

40. Beyler L et al. 2006 Decline in relative abundance of bottlenose dolphins exposed to long-term disturbance. Conserv. Biol. 20, 1791–1798. (doi:10.1111/j.1523-1739.2006.00540.x)

41. Nowacek DP, Thorne LH, Johnston DW, Tyack PL. 2007 Responses of cetaceans to anthropogenic noise. Mamm. Rev. 37, 81–115. (doi:10.1111/j.1365-2907.2007.00104.x)

42. Lammers MO, Howe M, Zeng E, McElligott M, Engelhardt A, Munger L. 2017 Data from: Acoustic monitoring of coastal dolphins and their response to naval mine neutralization exercises. Dryad Digital Repository. (http://dx.doi.org/10.5061/dryad.1q0f5)