Effects of Arsenic Trioxide on Minor Progressive High-Grade Osteosarcoma of the Extremities Metastatic to the Lung: Results of 39 Patients Treated in a Single Institution

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Osteosarcoma, minor progressive · Arsenic trioxide · Pulmonary metastasis

Abstract
Patients who mildly progressed after first-line chemotherapy were administered arsenic trioxide (ATO) 5–10 mg intravenously daily. Thirty-nine patients were finally enrolled in the study, of whom 19 patients received first-line chemotherapy with ATO infusion while 20 patients did not. Progression-free survival at 4 months was 89.2 and 62.7% (p = 0.043) for the ATO group and the control group, respectively, while the 2-year overall survival was 61 and 16.4% (p = 0.032).
Introduction

Following the implementation of chemotherapy in the 1970s, treatment of high-grade osteosarcoma has made great progress. Modern, multiagent, dose-intensive chemotherapy in conjunction with surgery achieves a 5-year overall survival (OS) of 60–70% in localized patients suffering from osteosarcoma of the extremities [1]. However, a major, as yet unsolved, problem is the poor prognosis for refractory metastatic or recurrent disease, with a 5-year OS of 18–33% [1–4].

The role of lung metastasectomy was affirmed for a couple of years especially for people with resectable pulmonary metastasis [5–9]. These patients should be addressed in a multidisciplinary fashion, involving a thoracic surgeon with experience in pulmonary metastasectomy. It was discovered that patients with survival benefit all had complete surgical removal of metastatic tumors, whereas those who were not operated on or who had partial removal did not survive. The definition of ‘resectable’ relies on the opinion of the thoracic surgeons. Early clinical intervention in the case of newly found metastatic lesions is thought to be crucial and effective for better prognosis [9]. During conventional chemotherapy, it is always difficult for clinicians to decide whether to change the first-line chemotherapy or not, when bilateral multiple metastatic pulmonary lesions firstly emerge with a maximal size of 3–5 mm, which we defined as minor progressive disease. At this stage, those multiple minor lesions might be difficult to locate, and thoracotomy with manual palpation may be a huge trauma to patients without complete resection. Changing the systemic protocol to second-line chemotherapy may not be as effective as the first-line therapy. Today, most oncologists choose to continue with the first-line chemotherapy and wait for the appropriate opportunity, when the lesions grow, to transfer these patients to thoracic surgery, or if the lesions grow worse, to second-line protocol or clinical trials.

Arsenic trioxide (ATO, As$_2$O$_3$) has been studied and used for thousands of years for Chinese people as a traditional oriental medicine. Today, it is associated with substantial clinical efficacy in the treatment of promyelocytic leukemia patients [10–15]. In addition, preclinical studies have shown that other hematological cancers and solid tumors are susceptible to ATO [16–19]. Although the exact mechanisms underlying the antitumor effects of this agent remain unclear, ATO has been recognized as a powerful inducer of oxidative stress in tumor cells [20]. Some scholars consider low-dose ATO as a immunomodulator that could increase antitumor immune response in colon tumor-bearing mice by modulating regulatory T-cell (Treg) abundance [21]. Based on those findings and our preclinical data on osteosarcoma cells [22, 23], we conducted and observed the immunostimulatory effects of low ATO concentrations combined with conventional chemotherapy in minor progressive osteosarcoma patients.

Materials and Methods

Patients

From March 1998 to December 2014, 775 consecutive patients with histologically proven high-grade osteosarcoma of the extremities were diagnosed and received treatment at the Musculoskeletal Tumor Center of Peking University People’s Hospital. Of those 775 pa-
patients (fig. 1), 124 had pulmonary metastasis: 70 patients had a metastatic lesion at presentation and 54 developed metastasis during/after treatment (within 6 months). The diagnosis of osteosarcoma was always made by histological examination of specimens taken from an open biopsy or a core needle biopsy. All patients underwent clinical routine evaluation including radiography, CT and/or MRI for an assessment of the primary tumor, as well as a chest CT scan and a radionuclide total bone scan to detect pulmonary and osseous metastasis. The diagnosis of pulmonary metastasis was based on chest CT, usually with high resolution. Still, we are aware that the results might be false positive, just as with other tumor types, because not all nodules shown on chest CT regardless of nodule size and number are metastatic lesions. We still consider it to be a rare event unless there is pathological evidence excluding it.

Eligible patients had the following characteristics: diagnosis of high-grade osteosarcoma confirmed histologically; no metastatic lesion shown on chest CT and bone scan/PET/CT at presentation; no previous treatments; an Eastern Cooperative Oncology Group performance status ≤2; adequate renal, hepatic, and hematopoietic function; during evaluation, newly found bilateral multiple (≥3) pulmonary nodules with a maximal nodule of 3–5 mm (defined as 'minor progressive' disease), and radiological evidence of disease progression found during first-line chemotherapy or within 6 months after chemotherapy. The definition of resectable or unresectable pulmonary lesions is made by thoracic surgeons, orthopedic oncological surgeons, and oncologists. We excluded those patients who had metastases at other sites and whose metastatic lesions were considered for complete resection by thoracic surgeons.

Treatment

All patients received standard chemotherapy and surgery (limb salvage surgery or amputation). Though surgical techniques for local treatment and thoracic surgical techniques for pulmonary lesions may have changed over the last decades, achieving wide surgical margins was always assured as the primary goal. Current standard management comprises preoperative (neoadjuvant) chemotherapy followed by surgical removal of local disease and postoperative (adjuvant) chemotherapy (fig. 2). Supplemental therapeutic approaches are angioembolization, chemotherapy using intra-arterial infusion, gamma knife radiosurgery of the pulmonary metastatic lesion, and others. First-line chemotherapy agents include: high-dose methotrexate with leucovorin rescue, doxorubicin (adriamycin), cisplatin, and ifosfamide (for a detailed regimen, see fig. 2). Those patients who met with inclusion criteria were administered ATO 5–10 mg (usually adults were given 10 mg daily, while children <10 years with a body weight <30 kg were given 5 mg daily) intravenously daily for 28 days/cycle (fig. 2). During observation, if the disease was still progressive, the patient would be withdrawn from the ATO infusion and was recommended lung metastasectomy (if possible), to receive second-line chemotherapy, or directly join clinical trials. For most of the patients, surgeons and pathologists reviewed gross specimens and histological material to determine the surgical margins after surgery. Histological evaluation of the primary tumor response was performed according to a method previously reported [24]. A tumor necrosis rate ≥90% was defined as ‘good’ and a tumor necrosis rate <90% as ‘poor’, according to the literature [25].
Efficacy Assessment

Before starting treatment, patients were staged with chest CT of high-resolution layer, bone scan or PET/CT, as well as with localized CT and/or MRI. Baseline assessment contained full blood count, serum chemistry, physical inspection, and relevant examination of the heart and respiration. During chemotherapy, all those tests were repeated every 8 weeks unless there were toxic effects or suspicion of disease progression. The focus of this study was progression-free survival (PFS) and clinical benefit rate (CBR). Response was assessed by CT scan, mostly according to RECIST 1.0 [26, 27]; however, since our lesions were too small to observe a significant change in size during reevaluation intervals (8 weeks), we consider both a newly detected lesion or a volume increase by ≥50% as progressive disease and a volume decrease by ≥50% as partial response (PR). Complete response (CR) and PR needed confirmation within 4 weeks after a response was first demonstrated. Stable disease (SD) was confirmed after at least 8 weeks. CBR was defined as a PFS rate (CR + PR + SD) of ≥6 months. Duration of response was calculated from the day of first response assessment until either progression/death or last follow-up (censored). OS was calculated from the date of pulmonary recurrence to the time of last follow-up or death, while PFS was calculated from the detection of metastasis to disease progression or follow-up. PFS, OS, and duration of response were estimated according to the Kaplan-Meier method with their interquartile range (IQR). Another notable parameter was disease-free interval, which means the interval from diagnostic biopsy to first pulmonary metastasis.

Statistics

All parameters were first investigated by univariate techniques. The \( \chi^2 \) analysis was used to compare unrelated samples. Survival analyses were performed using the Kaplan-Meier method [28]. The log-rank test was used to compare survival curves [29]. Because of the small sample, univariate analyses of survival were used to compare different parameters and completed using the Cox proportional hazards model [30]. All \( p \) values were two-sided, and a \( p \) value <0.05 was significant.

Results

Features of the Study Population

Among the 39 eligible patients, there were 22 males (56.4%) and 17 females (43.6%) (table 1). At initial diagnosis, the median age of all eligible patients was 17 years (range 6–55). Until the last follow-up on March 1st, 2015, 1 patient was alive without evidence of disease, 20 patients were alive with disease, and 18 patients had died from the tumor. 19 patients received first-line chemotherapy together with long-term ATO infusion while 20 patients had first-line chemotherapy alone. The median follow-up time was 9.3 months (range 2–46; IQR 3.2–21.8).

The most common primary site of tumor was the distal femur (n = 20), followed by the proximal tibia and/or fibula (n = 8), proximal humerus (n = 4), and proximal femur (n = 4). The remaining 3 patients had tumors located in the scapula, distal tibia, and metacarpus. 31 patients had conventional osteosarcoma, which included the osteoblastic, chondroblastic, and fibroblastic type. Two patients had telangiectatic osteosarcoma, 5 patients had small cell
type carcinoma, and 1 patient had mixed-type osteosarcoma. Of all those patients, 16 (41.0%) had a tumor necrosis rate ≥90% after surgery of the local lesion, and 8 (20.5%) had tumor necrosis <90%, while the data of 15 patients were missing or not available for analysis.

**Prognostic Factors and Survival**

PFS at 4 months was 89.2 and 62.7% (p = 0.043) for the ATO group and the control group (fig. 3), respectively, while the 2-year OS was 61.0 and 16.4% (p = 0.032) (fig. 4, fig. 5). The median time to progression for patients with and without ATO infusion was 10.2 months (IQR 6.5–24.3) and 5.9 months (IQR 3.4–9.9), respectively. At the same time, we noticed that the median follow-up time for patients receiving first-line chemotherapy with and without ATO was 29.4 months (IQR 11.2–31.4) and 12.8 months (IQR 8.4–24.5), respectively. For patients with ATO infusion, we observed 2 (10.5%) CRs, 3 (15.8%) PRs, 13 (68.4%) SD, and 1 (5.3%) progressive disease. And for 13 patients (68.4%), the clinical benefit (CR + PR + SD) lasted longer than 6 months. Meanwhile, for the control group, 10 (50%) patients had SD, and 10 (50%) had disease progression with CBR 30% (6 patients) (fig. 6).

Comparing all those clinicopathological parameters that might affect PFS, we noticed that the location of the primary tumor (p = 0.014), the chemotherapy scheme (p = 0.043), and the disease-free interval (p = 0.012) obviously influenced survival. Age (p = 0.193), gender (p = 0.475), pathological subtype (p = 0.106), tumor necrosis rate (p = 0.091), and local recurrence (p = 0.511) did not seem to be connected with obvious different survival (table 1). The median interval (disease-free interval) from the start of treatment for the primary tumor to first metastasis was 5.3 months (IQR 1.5–9.8) (for details, see table 1).

**Chemotherapy Toxicity**

In total, 132 cycles of chemotherapy were performed. Nearly one third of the patients had chemotherapy delayed by >1 week due to delayed bone marrow recovery, abnormal laboratory findings (mainly elevated hepatic enzymes), surgical complications, delayed clearance of methotrexate, or other problems. The ATO-combined chemotherapy was well tolerated, and approximately 30% of patients had grade 3 or 4 adverse events. The most obvious manifestation was that ATO could aggravate myelosuppression, and nearly all those patients complained of longer intervals of rehabilitation, with 3 patients experiencing grade 4 myelosuppression. Frequent adverse events included nausea and emesis, diarrhea, fatigue, neuropathy, and others, all of which could be tolerated by symptomatic treatment. Only 1 patient turned up with persistent abdominal pain with derma and nail hyperpigmentation, and she was found to have an internal arsenic concentration >10 μmol/l (normal: <2 μmol/l). She had to stop treatment because of chronic arsenic poisoning, and the arsenic content distribution gradually reverted to normal after 2 months.

**Discussion**

At the time of osteosarcoma diagnosis, about 10–20% of patients presented with macroscopic evidence of metastatic disease, most commonly in the lungs, then in bones, and rarely in brains [31]. However, 80–90% of patients are assumed to have micrometastatic disease,
which is subclinical or undetectable using current diagnostic modalities [32]. A total of 30–40% of patients with localized osteosarcoma will develop local recurrence or distant metastasis [33]. Approximately 90% are pulmonary metastases, which usually occur in the first 2–3 years after diagnosis [7] and are associated with a rather poor prognosis. The 5-year OS for those with lung metastasis has been reported to be 19.1–37% [34, 35] (table 2).

Aggressive multimodal therapy holds the promise to achieve prolonged survival, especially in patients who respond well to chemotherapy [6, 7]. Recently, the most commonly recognized chemotherapy regimens applied for osteosarcoma have been based on 4 drugs: high-dose methotrexate with leucovorin rescue, doxorubicin (adriamycin), cisplatin, and ifosfamide [1], and these agents were integrated into various chemotherapy protocols. Our center has been using these drugs following the protocol (fig. 2) since 1997, and the oncologic outcome of OS patients was almost in accordance with that reported in the literature [1, 32, 36]. However, for those osteosarcoma cases with synchronous or metachronous pulmonary metastasis, there is no standardized therapeutic strategy, though most protocols included general recommendations. Resection of pulmonary metastasis from osteosarcoma is a treatment option which has been shown to correlate with survival benefit and cure in select individuals. Although not conclusive, the wealth of retrospective data support surgical resection of pulmonary metastasis in carefully selected patients. It seems that the primary selection criteria that should be considered is the ability to achieve a complete resection. From all those large trials (table 2) and the present study, we could found that macroscopic complete resection correlated with improved survival. However, for unresectable patients, thoracotomy could not improve survival but brought more suffering.

Early clinical intervention to newly found metastatic lesions is thought to be crucial and effective for better prognosis. During conventional chemotherapy, it is always difficult for clinicians to decide whether to change first-line chemotherapy or not when bilateral multiple (≥3) metastatic pulmonary lesions firstly emerge with a maximal size of 3–5 mm, which we defined as minor progressive disease. It is considered difficult for thoracic surgeons to locate and remove all the lesions, while changing the systemic protocol to second-line chemotherapy may not be as effective as first-line chemotherapy. Presently, with the development of a recognition of the monocyte/macrophage immunomodulator muramyl tripeptide phosphatidylethanolamine [3], OS of osteosarcoma seems to increase when combined with standard chemotherapy, while more recent results of clinical trials have shown no improvement in the last 30 years and deserve further investigation [37]. However, antitumor immunotherapy has become a hotspot when biological and immunologic agents are under investigation in preclinical or clinical trials. Thus, new therapeutic tools are awaited.

Mentioning ATO, many people think of its use as an antileukemia agent dating back to the late 19th century, which was only replaced by modern chemotherapeutics in the 1950s [38]. Although the exact mechanisms underlying the antitumor effects of this agent remain unclear, ATO has been recognized as a powerful drug with clinical benefit not only in acute promyelocytic leukemia, but also in other solid tumors [39]. Nowadays, some scholars tend to consider it inhibiting osteosarcoma cell invasiveness via the MAPK signaling pathway [22]. Thomas-Schoemann et al. [22] observed immunostimulatory effects at low As₂O₃ concentrations (0.5–1 μM) in vitro and with a single 1-mg/kg dose in vivo [40]. The immunogenic effects of low-dose ATO appeared to be related to the high sensitivity of Tregs to this agent, which killed those cells by oxidative stress and nitrosative bursts; thus, the antitumor
activity of effector T cells could be improved because of the depletion of Tregs [20]. The immunomodulatory mechanisms of ATO have been proven and observed in colon and breast cancer cell experiments [20, 21]. These positive results, along with our preclinical data [22, 41], provided the background for the design of our study, in which ATO was added to conventional first-line chemotherapy to observe the clinical effects of this agent on minor progressive osteosarcoma.

The outcome of the study astonished us: PFS at 4 months of targeted patients was 89.2% with obvious statistical benefit (p = 0.043) compared to that of the control group, which was 62.7% (fig. 5). The 2-year OS differed more distinctly (61 and 16.4%; p = 0.032). The median time to progression for patients receiving ATO and that in the control group was 10.2 (IQR 6.5–24.3) and 5.9 (IQR 3.4–9.9), respectively. Though it was a small sample study, from the detailed response figure (fig. 7) that we made according to these data, we could deduce that this difference should be more obvious with a larger sample. The CBR was 68.4%. We observed 2 (10.5%) CRs, 3 (15.8%) PRs, 13 (68.4%) SD, and 1 (5.3%) progressive disease. Within this context, ATO produced two notable results. Firstly, it achieved a far greater PFS at 4 months than the hypothesized threshold of interest, and, secondly, it delivered a CBR of more than half of the patients with progressive disease at enrollment. We are aware of the fact that our patients were in an early phase of disease progression and thus the PFS might be longer than that traditionally defined as ‘refractory’ disease. However, this PFS interval was worthy of attention, compared with the literature [5, 9, 31, 42], and the outcome was superior to our own historical control.

Although this study was a retrospective case series report, we did find that for those nodules <5 mm, adding ATO to conventional chemotherapy could make the lesions shrink (case shown in fig. 7), which indicates that those who already seemed to be drug resistant to first-line chemotherapy might continue to benefit from those drugs when ATO was added. We considered this early intervention as effective. Whether those people profited from the chemotherapy or ATO is a problem which needs to be verified urgently. And, it is suspected that ATO may intrigue autoimmunology targeted on tumor cells by depleting Tregs through oxidative and nitrosative bursts [20]. We did observe some long-lasting disease stability. Whereas in a nonrandomized study [42–45], such behavior could be attributed to tumor growth variability rather than to study agent activity, physicians involved in the care of high-grade osteosarcoma patients would estimate the likelihood of ‘spontaneous’ stability to be extremely low. Still, the phenomenon that most of those baseline progressive lesions have shrunk or were calcified when ATO was added at least demonstrated some potential for further research of ATO in osteosarcoma.

In some cases, tumor shrinkage may not be obvious or may even occur together with lesion calcification, while density reduction on the CT scan or the SUV_max uptake of PET/CT may be a relatively new type of radiological finding for the evaluation of chemo-response [46]. From this point of view, such objective findings of dimensional response might not represent proof for all antitumor activities of this new agent [47]. Therefore, we believed SD (at least for 8 weeks) should be regarded as success of treatment in this specific population, and, thus, ATO could be considered efficacious in our study.

We acknowledge that our study has some limitations due to its retrospective case series nature and lack of a larger sample to demonstrate statistical significance. At the same time, some patients were lost to follow-up because of various reasons and maybe we had some
selection bias regarding the study population. Yet, we conceived this study to explore a completely different strategy in the treatment of refractory metastatic osteosarcoma. Compared to other immunomodulators, such as MTP-PE, it is quite cheap and convenient. Unlike those membrane tyrosine kinase receptor inhibitors, this agent could be stopped at any time without significant ‘rebound’ of the tumor. Its advantages deserve further investigation in prospective clinical trials.

The combination of ATO and chemotherapy was well tolerated, and approximately 30% patients had grade 3 or 4 adverse events. The most obvious manifestation was that ATO could aggravate myelosuppression, and nearly all patients complained of longer intervals of rehabilitation. Frequent adverse events included nausea and emesis, diarrhea, fatigue, neuropathy, as well as others. Chronic arsenic poisoning should be looked for when patients received more than 4 cycles of infusion. It did happen rarely, depending on individual physical differences. However, usually, after stopping the drug for 2 months or longer, the arsenic content distribution did gradually revert to normal.

**Conclusion**

Early intervention using low-dose ATO combined with first-line chemotherapy displayed obvious clinical effects and an acceptable toxicity in minor progressive osteosarcoma patients, and thus, these encouraging results call for further prospective randomized controlled trials.

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**Statement of Ethics**

The authors have no ethical conflicts to disclose.

**Disclosure Statement**

The authors have no conflicts of interest to declare.
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Fig. 1. Main diagram manifesting all patients who participated in this trial. PD = Progressive disease.
Fig. 2. Therapeutic protocol for the research group who received first-line chemotherapy with ATO. Doses administered were: doxorubicin (ADM): 60 mg/m²; cisplatin (CDDP): 100–120 mg/m²; ifosfamide (IFO): 2.4 g/m²/day on days 1–5; ATO: 10 mg (5 mg) on days 1–28; methotrexate (MTX): 8–12 g/m²; leucovorin: 12–15 mg i.m. every 6 h for 12 doses – start 18 h from high-dose methotrexate (HDMTX).
Fig. 3. Therapeutic protocol for the control group who received first-line chemotherapy alone. Doses administered were: doxorubicin (ADM): 60 mg/m²; cisplatin (CDDP): 100–120 mg/m²; ifosfamide (IFO): 2.4 g/m²/day on days 1–5; methotrexate (MTX): 8–12 g/m²; leucovorin: 12–15 mg i.m. every 6 h for 12 doses – start 18 h from high-dose methotrexate (HDMTX).
Fig. 4. PFS for the two patient groups.
Fig. 5. OS for the two patient groups.
Fig. 6. Therapeutic effect of all patients who participated in the study (n = 39).
Fig. 7. Chest CT of a patient (No. 10), with CR for more than a year, showed multiple pulmonary mini-nodules disappearing after treatment. a–c One nodule (arrow) located at the middle left lobe which disappeared 1 year and 2 months after therapy. d–f Another nodule (arrow) located at the middle right lobe which disappeared after therapy. g–i Another nodule (arrow) from the same person with CR after therapy.
### Table 1. Characteristics of patients (n = 39) who participated in this research

| Characteristics                                      | n  | %    | P(PFS) |
|------------------------------------------------------|----|------|--------|
| Age at study entry, years (range)                    | 17 | (6–55) | 0.193  |
| Gender                                               |    |       | 0.475  |
| Male                                                 | 22 | 56.4 |        |
| Female                                               | 17 | 43.6 |        |
| ECOG performance status                              |    |       | 0.553  |
| 0                                                    | 24 | 61.5 |        |
| 1                                                    | 15 | 38.5 |        |
| Location of primary tumor                            |    |       | 0.014  |
| Distal femur                                         | 20 | 51.3 |        |
| Proximal tibia and/or fibula                         | 8  | 20.5 |        |
| Humerus                                              | 4  | 10.3 |        |
| Proximal femur                                       | 4  | 10.3 |        |
| Others                                               | 3  | 7.6  |        |
| Osteosarcoma histotype                               |    |       | 0.106  |
| Conventional                                         | 31 | 79.5 |        |
| Teleangiectatic                                      | 2  | 5.1  |        |
| Small cell                                           | 5  | 12.8 |        |
| Mixed                                                | 1  | 2.6  |        |
| Necrosis after surgery of local lesion               |    |       | 0.091  |
| Poor (<90%)                                          | 16 | 41.0 |        |
| Good (≥90%)                                          | 8  | 20.5 |        |
| Not available or missing                             | 15 | 38.5 |        |
| Chemotherapy scheme                                  |    |       | 0.043  |
| First-line chemotherapy + ATO                        | 19 | 48.7 |        |
| First-line chemotherapy                              | 20 | 51.3 |        |
| Time to progression                                  |    |       |        |
| First-line chemotherapy + ATO, months (IQR)          | 10.2 (6.5–24.3) | | |
| First-line chemotherapy, months (IQR)               | 5.9 (3.4–9.9) | | |
| Follow-up                                            |    |       |        |
| First-line chemotherapy + ATO, months (IQR)          | 29.4 (11.2–31.4) | | |
| First-line chemotherapy, months (IQR)               | 12.8 (8.4–24.5) | | |
| Evaluation\(^1\)                                     |    |       |        |
| First-line chemotherapy + ATO                        | 19 | 100  |        |
| CR                                                   | 2  | 10.5 |        |
| PR                                                   | 3  | 15.8 |        |
| SD                                                   | 13 | 68.4 |        |
| PD                                                   | 1  | 5.3  |        |
| First-line chemotherapy                              | 20 | 100  |        |
| SD                                                   | 10 | 50   |        |
| PD                                                   | 10 | 50   |        |
| Follow-up status                                     |    |       |        |
| NED                                                  | 1  | 2.5  |        |
| AWD                                                  | 20 | 51.3 |        |
| DOD                                                  | 18 | 46.2 |        |
| Local recurrence during follow-up                    |    |       | 0.511  |
Table 2. Comparison with historical large-scale clinical research on the treatment strategy of metastatic osteosarcoma

| Authors               | Institution       | Year | Patient group                        | Patients, n | Therapeutic strategy                                                                 | 2-year OS, % | 5-year OS, % |
|-----------------------|-------------------|------|--------------------------------------|-------------|--------------------------------------------------------------------------------------------|--------------|--------------|
| Bacci et al.          | Rizzoli           | 2003 | metastasis at presentation           | 57          | first-line chemotherapy + surgery                                                            | 53           |              |
| Bacci et al.          | Rizzoli           | 2005 | recurrent osteosarcoma                | 235         | surgery and second-line chemotherapy + surgery and only second-line chemotherapy or radiotherapy | 28.7         |              |
| Kempf-Bielack et al.  | COSS              | 2005 | recurrent osteosarcoma                | 576         | not standardized                                                                            | 38           | 23           |
| Harting et al.        | University of Texas Medical Sciences Center | 2006 | recurrence with lung metastasis      | 137         | mainly surgery                                                                               | 29           |              |
| Bacci et al.          | Rizzoli           | 2008 | metastasis at presentation           | 162         | first-line chemotherapy + surgery                                                            | 19.1         |              |
| Steliga and Vaporciyan| IRLM              | 2009 | recurrence with lung metastasis      | 734         | mainly surgery                                                                               | 36           |              |
| Briccoli et al.       | Rizzoli           | 2010 | recurrence with lung metastasis      | 323         | mainly surgery                                                                               | 37           |              |
| Gelderblom et al.     | UK/MRC EORTC/SIOP other | 2011 | recurrent osteosarcoma                | 1,067       | not standardized                                                                            | 18           |              |
| Present study         | Musculoskeletal Tumor Center of PKUPH | 2015 | recurrence with lung metastasis      | 19          | first-line chemotherapy + ATO                                                                | 61           | 16.4         |

Data are n (%) or median (range; IQR). ECOG = Eastern Cooperative Oncology Group; PD = progressive disease; NED = no evidence of disease; AWD = alive with disease; DOD = died of disease.  

1 According to the lesion evaluation description given in Materials and Methods.