Vision-based gait impairment analysis for aided diagnosis

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Abstract Gait is a firsthand reflection of health condition. This belief has inspired recent research efforts to automate the analysis of pathological gait, in order to assist physicians in decision making. However, most of these efforts rely on gait descriptions which are difficult to understand by humans, or on sensing technologies hardly available in ambulatory services. This paper proposes a number of semantic and normalized gait features computed from a single video acquired by a low-cost sensor. Far from being conventional spatio-temporal descriptors, features are aimed at quantifying gait impairment, such as gait asymmetry from several perspectives or falling risk. They were designed to be invariant to frame rate and image size, allowing cross-platform comparisons. Experiments were formulated in terms of two databases. A well-known general-purpose gait dataset is used to establish normal references for features, while a new database, introduced in this work, provides samples under eight different walking styles: one normal and seven impaired patterns. A number of statistical studies were carried out to prove the sensitivity of features at measuring the expected pathologies, providing enough evidence about their accuracy.

Keywords Gait impairment · video-based gait analysis · gait database · computer-aided diagnosis

1 Introduction

Gait is essentially determined by the coordinated action of musculoskeletal and nervous systems. This makes gait a reliable indicator to detect symptoms of worsening health caused by aging [34], physical malfunction [9], or neurodegenerative disorders. Some examples of these last ailments are Parkinson’s disease [23,25,33], multiple sclerosis [16] and strokes [30]. In this regard, neurologists handle a number of diagnostic tests for assessing and manually scoring gait disorders, such as the Unified Parkinson’s Disease Rating Scale (UPDRS) [5] or the Rating Scale for Gait Evaluation (RSGE) [17].

The potential of gait as a multifaceted source of knowledge has encouraged a number of applied research fields based on the automation of gait analysis. The vast majority of efforts have been focused on biometric recognition or video-surveillance systems [31]. However, last decade has witnessed a growing interest in clinical applications of gait assessment such as rehabilitation [15], medical diagnosis [23], and detection of medical emergencies in hospital environments [22]. These results are supported by different sensors for extracting gait data, being wearable gadgets and vision-based devices those most popular. Sensors in the first group (e.g., gyroscopes, accelerometers, markers) [11-13] acquire precise information, although they can be deemed intrusive since they are usually attached to rigid segments of the human body, thus possibly causing discomfort to patients. Regarding the vision-based group, there are professional solutions from specialized companies (BTS, Vicon, NDI, etc.) also aimed at providing highly accurate motion data without requiring any contact with a sensor [1]. However, they are generally costly and demand certain setting and calibration processes, hence their use tends to be restricted to more
specialized environments. On the contrary, less sophis-
ticated vision devices such as Microsoft Kinect or plain RGB cameras \cite{22,33,34,13} are also capable of capture-
ing motion at a distance, being usually cheaper, easier to use and virtually ubiquitous.

It is well known that precision of gait descriptions acquired by vision systems can be severely affected by a number of factors that influence either the motion pattern or the gait perception. Motion may be altered by footwear, surface, mood, age, body weight, physical injuries, neurological disorders, or even by people’s own volition. Regarding the last, it has been noticed that some patients affected by a neurological disease tend to conceal motion impairments when they know that they are being recorded. On the other hand, factors that affect gait perception can be classified into three groups: according to their sources: subject appearance, recording conditions and video quality. Appearance can be affected by changes in clothing, load carrying and cam-
era viewpoint. Recording conditions depend on factors like background, illumination and occlusions. Finally, video quality refers to limitations of optical sensors.

Fortunately, vision-based analysis of gait disorders is a type of task in which both physicians and pa-

tients are equally interested in acquiring high-quality data. Therefore, it can be assumed a cooperative set-
ing, where the majority of factors that can affect gait are avoided. For example, we can expect simple and clean scenarios, possibly indoor, pleasant environ-

tal conditions, fixed background, steady illumination during recording, patients under controlled emotional states, tight clothes, flat shoes, no accessories, smooth floor, etc. Also patients’ efforts to conceal gait disorders can be mitigated by simply adding an acoustic or visual distracting element, such as music or a TV.

Under such general conditions, extraction of silhouettes (source of information of the most popular gait models) can be performed accurately from plain videos acquired with any low-cost device (RGB cameras, smartphones, Microsoft Kinect, etc.).

1.1 Related works

Low-cost 2D/3D vision-based analysis of gait has be-

come a fast-growing area of applied research. Within this field, related works can be categorized as regards the analysis of either unaffected or impaired gait.

Concerning the first group, a number of works which measure spatio-temporal and kinematic parameters of gait from healthy people have been recently published. In \cite{10}, a wearable 2D system based on smartphone fixed in a belt is proposed. The phone includes a camera which tracks two markers placed on feet to com-pute step length, width and time, gait speed and double support time. In another work \cite{24}, a simple RGB webcam is used together with markers to get kinematic gait parameters from people walking in a treadmill.

Concurrently, 3D low-cost approaches have gained in popularity since Microsoft Kinect was released. For instance, in \cite{22} and \cite{25} a Kinect-based marker-less solution was validated against a more sophisticated system consisting of 8 IR cameras, when quantifying lower limbs motion. In a different approach \cite{27}, several machine learning models were fed with Kinect data to perform self-esteem recognition based on people’s gait pattern. A comparison between a Kinect-based method and a wearable sensor-based solution is presented in \cite{6}. Accuracies of both frameworks at estimating temporal gait parameters were assessed over people belonging to two age ranges, using GAITRite as gold standard.

On the other side, manifold vision methods which delve into the analysis of impaired gait have been pro-

posed. The work in \cite{31} addresses the problem of discriminating two categories of pathological gait com-

monly seen in senior people, which are caused by leg and visual impairments respectively. Gait was represented by a PCA+LDA transformation of GEI features elicited from body patches. Experiments were performed on gait sequences of normal people wearing knee pads that restrict knee bending, and glasses that blur the sight and narrow the view field, both tools from an age simul-

tation kit. In the case of \cite{32}, it focuses on recogniz-

ing walking styles, including both abnormal and normal gait, based on PCA features obtained from frame-to-frame optical flow data. Pathological styles were recre-

ated by a single trained professional actor. The last two proposals prioritized recognition based on information far from human awareness, over a comprehensible char-

acterization of gait abnormality.

Focusing on typical ailments that affect motion, many works address gait impairment associated to Parkinson’s Disease (PD). In \cite{24}, authors evaluate the dis-

criminant power of several gait parameters extracted from Kinect data, for distinguishing between PD pa-


tients treated with deep brain stimulation and control subjects. In \cite{25}, a Kinect-based approach for analyzing the movements of PD patients during rehabilitation treatment is presented, as a preliminary step towards a system suitable for home usage. Gait analysis consists simply in the estimation of gait speed and hand rigidity while subjects are walking from 3.5 to 1.5 m away from the Kinect. The work in \cite{24} also delves into the use of Kinect for describing walking parameters and rec-

ognizing gait disorders in PD patients. After filtering and smoothing the signal, two gait features were esti-

mated: step length normalized to leg length, and walk-
ing speed. Then, they were involved in a 1-NN classi-

cation process. In [12], a portable solution for assessing

Parkinsonian gait in common environments is proposed [29] based on monocular image sequences of patients wear-
ing markers attached to knee and ankle joints. A num-

ber of basic gait parameters, such as gait cycle time, stride length, walking velocity and cadence, were measured from videos and their reliability validated against the GAITRite system. Results showed the relevance of stride length and walking velocity at distinguishing PD before and after drug administration.

1.2 Open issues

After literature review, some issues are worthy of fur-

ther consideration. On the one hand, some works ad-

dress automatic classification of gait impairment based on unreadable or basic gait features. However, since gait disorders are generally evident to the naked eye, making an obvious decision between patients or healthy people seems to have no practical sense. At most, the usefulness of classification tasks would be limited to assess the discriminant capacity of features (as it is made clear in [11]). Thus, the design of features that provide human-friendly quantification of a visible gait disorder is supposed to be of much more interest for physicians than a superfluous classification process.

On the other hand, there are virtually no published benchmarking efforts. There exist almost as many datasets, preprocessing techniques, gait feature sets and experimental methodologies as research works. In addi-
tion, most datasets are not publicly available. This sce-
nario makes it hard to establish the real merits of cur-

cent approaches.

1.3 Scope and goals

This paper introduces a semantic, vision-based charac-
terization of gait impairment to directly assist physi-
cians in diagnostic decisions. Instead of measuring typ-

cal spatio-temporal parameters, a number of normal-

ized and invariant gait features quantify impaired gait patterns, such as multiple views of gait asymmetry and risk of falling. Normalization makes these features easy-to-intercept source of information, while the insensitivity to recording parameters, such as frame rate and image resolution, provides consistency in cross-pla-

form comparisons. In contrast to most previous efforts [21], which rely on cryptic or plain gait descriptors, or otherwise less pervasive technologies, the feature set proposed in this paper could be embedded in a low-cost vision system (e.g. a mobile phone or a Kinect-based solution) to directly assist clinicians in quantifying gait disorders.

This paper also presents a new dataset, the INIT Gait Database, which consists of video recordings of a number of volunteers simulating different patterns of pathological gait, along with their natural walking style. It is intended to validate the effectiveness of the features at characterizing known gait disorders. This dataset is made publicly available to the research community, with the aim of encouraging future studies involving other tasks or features.

Experiments involve the new dataset and a general-
purpose gait database. The latter comprises independent regular gait samples, which were used to establish reliable neutrality baselines for all features, and to statistically verify whether the INIT samples recorded under the natural walking style fit this expectation. Afterward, the capacity of features to precisely characterize irregular gait patterns was statistically studied.

The rest of the paper is structured as follows. Section 2 establishes the fundamentals of human gait and presents the main contributions of this work: the devised video-based features and the new INIT Gait Database. Experiments are presented and discussed in Sections 3 and 4. Finally, Section 5 provides the conclusions and some future work highlights.

2 Theory and methods

2.1 Human gait

Normal gait can be defined as a cyclic movement pattern under two main assumptions [20, 29]: i) cycles are identical, and ii) left and right limbs perform in a similar way (i.e., both halves of each cycle are symmet-
ical). These assumptions are normally not fully met in practice; however, they can be considered consistent expectations for most people.

A gait cycle is composed of two principal phases: stance, where a particular foot is on the ground, and swing, where this same foot is no longer in contact with the ground and it is moving forward. Start and end of these phases are determined by two main events: a heel strike (HS) of a foot represents its first contact with the ground, initiating the stance phase, while the transition between stance and swing is produced by a toe off (TO) event, when the foot leaves the ground starting a new step. Concurrently, the other foot follows a similar dynamic pattern half a cycle after (or before).

Figure 1 illustrates this distribution, from the right limb perspective, along a full gait cycle.
L 272 271 269 268 266 265 264 263 262 261 260 258 257 256 255 254 253 252 251 250 248 247 246 245 244 242 241 239 238 237

These theoretical assumptions are considered necessary conditions for normal gait, but not sufficient. That is, a pathological gait can potentially yield identical symmetrical cycles that meet the 62:38 distribution of stance and swing phases. However, gait abnormality is generally characterized by asymmetrical patterns or by stance/swing imbalance. As a way of example, gait asymmetry has been observed in patients affected by PD [21] and by cerebrovascular accidents [30]. This paper takes advantage of such evidence to formulate a comprehensible description of gait (a)symmetry.

2.2 Data processing

A number of video-based features have been devised to be computed from binary frames, where foreground (a silhouette) appears in white over a black background. Henceforth, the term feature is used interchangeably with measure.

Given a frame from a gait video, it is binarized by simple background subtraction techniques. Then, the silhouette is extracted as a new cropped picture kept ing the absolute position of its bounding box in the original frame for further calculations. Finally, all silhouette images are scaled under a common height, but variable widths to keep their particular aspect ratios.

Furthermore, some of the proposed measures are computed on a silhouette-based gait representation named Gait Energy Image (GEI) [5], instead of directly using raw silhouettes. GEI can be considered the most popular model-free method for condensing subject’s dynamic and appearance. It is the mean image of a sequence of normalized binary silhouettes, as illustrated in Fig. 2. To construct it, the height-scaled silhouettes are horizontally aligned by the x-coordinate of their upper-half centroids and, if needed, neutral background columns are added to both sides so as to obtain equal-sized images. Then, they are pixel-wise averaged. Since GEI collects information of many silhouettes, it is widely known by its robustness to silhouette defects [29]. Moreover, its way of computation guarantees the independence of feature values from recording parameters.

With the aim of obtaining gait asymmetry measurements, all features (except one related to posture) are computed separately for each lower limb. To this end, given a full sequence of silhouettes, it is split up into segments delimited by midstance/midswing poses, i.e. each segment comprises half a cycle. Two groups of segments are built taking them by turns, in such a way one group contains odd segments and the other, even ones. A representative step length is elicited from each group, such that group with the shortest (longest) step is labeled as A (B). Since the ultimate goal is to assess gait asymmetry, the final correspondence between left/right limb and A/B group is irrelevant.

The representative step length of a group is here given by the median of measurements from all segments belonging to it. Median was chosen due to its greater robustness to outliers as compared to the mean. This same strategy is extended to obtain the limb-dependent representative values of proposed features, except for those based on GEI. In these cases, two GEI representations are built from all silhouettes (of every segment) belonging to either A or B groups, respectively. Since GEI is a mean image, this approach is expected to be more reliable than choosing the median of a series of rough GEIs comprising single half-cycle data.

2.3 Gait and posture features

Figure 3 shows a diagram with the taxonomy of the proposed features, which have been split up into two categories: gait-based (Sect. 2.3.1) and postural (Sect. 2.3.2). Regarding the gait-based category, two branches can be identified. All features listed on the left side of each one are considered primary features, since they are directly inferred from gait data. Conversely, features on the right side represent asymmetry measurements derived from corresponding primary features.

### 2.3.1 Gait-based features

Let \( f \) denote a generic primary feature. Let \( f_A \) and \( f_B \) be the representative values of \( f \) computed on A and B groups, respectively. From them, an \( f \)-based gait asymmetry measure \( A_f \) can be defined as follows:

\[
A_f = \frac{|f_A - f_B|}{\max(f_A, f_B)}
\]

As observed, image of \( A_f \) is \([0, 1], \) with 0 corresponding to a perfect symmetrical gait pattern and 1 to the
maximum gait asymmetry. Equation (1) can be considered a normalized relationship between two paired measurements \((f_A, f_B)\) from a same subject, what makes it suitable for cross-dataset experiments. The devised primary gait features \(f\), from which this asymmetry measure is elicited, are introduced below.

As aforementioned, gait-based features are further divided into two subgroups as regards the type of input data, which can be either the raw binary silhouettes or GEI representations. Within the first subgroup, three primary features are proposed:

- **Stance phase \((StP)\)**. It estimates the relative length of the stance phase in a gait cycle. It is formulated as
  \[
  StP = \frac{\text{stance}}{\text{stance}+\text{swing}},
  \]
  where stance and swing are the amounts of frames belonging to these two phases.

- **Swing phase \((SwP)\)**. It estimates the relative length of the swing phase in a gait cycle. It is formulated as
  \[
  SwP = \frac{\text{swing}}{\text{stance}+\text{swing}},
  \]
  where stance and swing are the amounts of frames belonging to these two phases.

- **Step length \((Sl)\)**. It represents the distance (in pixels) covered by one foot in a step.

Given a particular limb, \(StP\) and \(SwP\) compute the distribution over time of stance and swing phases, contrary to their common definition in literature as exclusively temporal measures. In other words, \(StP\) and \(SwP\) are reformulated as the portions \(I\) of gait cycles taken up by stance and swing phases, respectively.

Note that both measures do not depend on frame rate.

Conventionally, detection of start and end of these events is carried out by identifying the HS and TS events within gait cycles. Nevertheless, pathological gait styles could entail major difficulties to obtain these events. To properly deal with expected gait disturbances, in this work stance phase is assumed to start at the moment (video frame) when distance between feet is maximum, i.e. the bounding box of the lower half of the silhouettes within a segment does not grow anymore. For its part, swing phase is deemed to start when rear leg is starting to move forward, i.e., bounding boxes begin to decrease. This method was statistically validated against a standard procedure by the results over high-quality neutral sequences, and no significant differences were found.

In the case of \(Sl\), it is generally obtained by measuring the width (in pixels) of bounding box enclosing the lower part of the silhouette in the frame when stance phase starts. The use of pixel as unit of measurement in silhouettes with standardized sizes also facilitates cross-dataset comparisons.

The second subgroup comprises two other primary features based on GEI representations which, to our knowledge, are introduced for first time in this work. The proposed features are:

- **Intensity \((I)\)**. It is defined to show the amount of movement within a GEI area:
  \[
  I = \sum_{p \in F} \frac{I_p}{|F|},
  \]
  where \(I_p = 1 - \frac{|g_p - 127.5|}{127.5}\) measures the motion at a foreground pixel \(p\), with \(g_p\) and \(F\) being the gray level of \(p\) and the set of foreground pixels, respectively. The closer to 127.5 \(g_p\) is, the higher the estimated motion (up to 1). That is, 127.5 would correspond to a pixel \(p\) that has been background (0) in half of the frames, and foreground (255) in the other.
half. This scenario can be considered of maximum movement, leading to \( I_p = 1 \).

- **Amplitude** \((Am)\). It is defined to show the limb movement’s broadness:

\[
Am = \frac{|F|}{|F| + |B|},
\]

where \( F \) and \( B \) are the sets of foreground and background pixels, respectively, with \(|F|\) and \(|B|\) denoting the cardinality of both sets.

Since these two features are intended to focus on lower limb activity, GEI area was limited to the bottom 33\%, which encloses approximately knees and feet. To build \( F \) and \( B \), GEI pixels with gray values greater than or equal to 10 were considered foreground, while those lower than 10 were classified as background. As commented in Sect. 2.2, unlike in the previous three features based on raw silhouettes, \( f_A \) and \( f_B \) values of each GEI-based \( f \) are computed from two limb-dependent global GEIs.

### 2.3.2 Postural feature

In addition to gait-based features which characterize gait dynamics and asymmetry, a way of measuring the falling risk \((Fr)\) is formulated by relating patient’s support area and body tilt. Both parameters are computed from those frames in which feet reach the largest distance between them. Support area is measured from the toe of front foot to the heel of rear foot, while body tilt is determined by the head position on \( x \)-axis. Formally, falling risk is defined as follows:

\[
Fr = \min \left( 1, \frac{|x_h - \bar{x}_f|}{w_f/2} \right)
\]

where \( x_h \) is the \( x \)-centroid of the head, \( \bar{x}_f \) is the middle point between feet in the \( x \)-plane, and \( w_f \) is the width of the support area. As far as we know, this proposal also a novelty of this paper.

The minimum falling risk, \( Fr = 0 \), is reached when \( x_h = \bar{x}_f \), that is, when head is vertically aligned with the center of the support area. On the contrary, the maximum probability of falling, \( Fr = 1 \), occurs when the \( x \)-centroid of the head coincides with, or is located beyond, the front limit of the support area. As in the silhouette-based measures defined in Sect. 2.3.1, this feature is computed once per segment. However, in this case there is no further distinction in \( A \) and \( B \) groups. The final \( Fr \) value is the median of measurements from all segments together.

### 2.4 The INIT Gait Database

The proposed INIT Gait Database consists of sequences of high-quality binary silhouettes extracted from RGB videos recorded in the specialized studio LABCOM, which belongs to the audiovisual facilities of University Jaume I. Ten healthy volunteers, nine males and one female, were required to walk across a green chroma simulating several abnormal gait styles. The use of such uniform background facilitated the binarization of frames and extraction of high-quality silhouettes, thus reducing the uncertainty when evaluating the accuracy of features.

Seven impaired gait styles were simulated, in which movement of limbs and posture of the entire body were altered to some extent. They are inspired by pathological gait patterns that are characteristic of certain neurologic diseases such as Parkinson. An eighth style of natural and unaffected motion has also been included. Each person was recorded twice under each gait pattern, and all sequences were acquired from a lateral view, from which limb motion and body posture can be better described. Gait styles of the INIT Gait Database are summarized below, named as in the database file structure:

- **nm** It represents the normal gait pattern of a healthy person, which is also referred to as neutral or regular appearance in the database.
- **l-r0.5** It recreates a gait pattern in which right leg takes steps roughly one half shorter than left leg.
- **l-l0.5** It recreates a gait pattern in which left leg takes steps roughly one half shorter than right leg.
- **r-l0.5** It recreates a severely affected gait pattern in which the full body presents a number of abnormal gait symptoms: subjects walk slowly, bending the knees, and taking very short steps barely rising feet from ground (shuffling gait). Posture is also considerably modified with respect to a healthy gait style, losing the vertical position and excessively bending head and chest forwards. These symptoms are common in advanced stages of the Parkinson’s disease.
- **a-r0.5** It recreates a gait pattern in which right arm swings approximately one half less than left arm.
- **a-l0.5** It recreates a gait pattern in which left arm swings approximately one half less than right arm.
- **a-0** It recreates a gait pattern in which right arm does not swing at all.

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1 For reviewing purposes, the database can be directly downloaded from [http://www.vision.uji.es/gaitDB/INIT_GaitDB.zip](http://www.vision.uji.es/gaitDB/INIT_GaitDB.zip) (password to uncompress: *INIT_GaitDB2017UJI*). The final version will include a public website with instructions to download.
Fig. 4 Samples of the different gait styles in the INIT Gait Database.

(a) \textbf{nm}: Normal gait pattern of a healthy person.

(b) \textbf{l-l0.5}: Left leg takes steps approximately one half shorter than right leg.

(c) \textbf{fb}: Severely affected gait pattern where the full body presents abnormal symptoms.

(d) \textbf{a-l0.5}: Left arm swings approximately one half less than right arm.

(e) \textbf{a-l0}: Left arm does not swing at all.

\textbf{a-l0} It recreates a gait pattern in which left arm does not swing at all.

Figure 4 shows a sample of a same subject walking under a) \textit{nm}, b) \textit{l-l0.5}, c) \textit{fb}, d) \textit{a-l0.5} and e) \textit{a-l0} gait styles. The remaining three have not been included in the figure, since they are realizations of b), d) and e) styles but from the contrary limb perspective.

3 Results

Two experimental studies have been conducted to evaluate the sensitivity of the proposed features at characterizing both normal and impaired gait styles. In a first study, the expected normality of the \textit{nm} style was assessed by comparing feature values from the \textit{nm} sequences against two references, one theoretical and the other empirical. The relevance of proving normality of \textit{nm} sequences lies in the confidence it provides to subsequent comparisons between normal and pathological styles.

This preliminary analysis was also useful to establish early evidence in favor of the consistency of features.

In a second study, features were computed on several styles of the INIT Gait Database, to statistically verify whether features are able to reflect the anomalies recreated in the different gait patterns.

In the new INIT Gait Database (2 sequences per subject and style), each feature value used in the experiments results from averaging the two measurements obtained from both corresponding sequences of a person under analysis. Furthermore, when a primary feature \(f\) is directly involved in any test, its limb-based measurements \(f_A\) and \(f_B\) are equally considered without any distinction.

3.1 First study: normality assessment of \textit{nm} sequences

In this section, the expected regularity of \textit{nm} sequences from the INIT Gait Database is verified from both a theoretical perspective and an empirical one.

3.1.1 Theoretical validation

The cycle distribution between stance and swing estimated by \textit{StP} and \textit{SwP} on \textit{nm} sequences was compared to their theoretical values (62:38) introduced in
Section 2.1 A one-sample t-test was applied to each feature to find out whether the observed $StP$ and $SwP$ values could have been generated by a process with the mean on paper. This would allow a validation of the normality of $nm$ sequences assuming that $StP$ and $SwP$ perform satisfactorily and, on the other hand, the assessment of $StP$ and $SwP$ provided that $nm$ sequences fit a normal pattern.

Table 1 summarizes the results of both parametric tests. As can be observed, p-values over the significance level $\alpha$ is not rejected and, therefore, that no relevant differences between the theoretical mean and our samples have been found. This supports the assumption of normality of $nm$ sequences.

3.1.2 Empirical validation

Four gait features were used to validate the normality of the $nm$ sequences from the INIT Gait Database with respect to a collection of neutral gait sequences from the OU-ISIR Treadmill Dataset B [15]. The latter is a general-purpose gait database composed of indoor recordings of 68 healthy subjects from their side view, wearing up to 32 clothing combinations. Due to their neutral appearance, only sequences that combine regular pants and full shirt were considered, which correspond to type 9 sequences according to the database nomenclature. Given a specific feature, the two population samples (OU-ISIR, INIT) were compared by applying unpaired two-sample t-tests assuming equal variance.

Under the reasonable assumption of a normal pattern in the selected gait sequences from OU-ISIR database, this test is expected to provide further evidence on the normality of $nm$ sequences.

The gait features included in this experiment were $A_{SI}$, $A_{I}$, $A_{Am}$ and $Fr$. They were chosen because of two reasons: 1) they can be computed from sequences of normalized silhouettes, as provided by the OU-ISIR database; and 2) they were designed to be robust to cross-dataset studies. Results are shown in Table 2. Under the theoretical validation, in none of the tests has the null hypothesis been rejected. It statistically supports that both samples may belong to the same population, strengthening the assumption of normality of $nm$ sequences.

Regarding the remaining features, some evidence was found which made them unsuitable to compare treadmill walking samples of Japanese people (OU-ISIR) against overground gait sequences of European subjects (INIT). For instance, [2] stressed a lower normalizedized step length in Asian people than in European people. Another work [20] showed significant differences in step length and stance-swing distribution between overground and treadmill locomotion, which directly affect the intensity and amplitude of leg motion. Exploratory tests with $Sl$, $I$ and $Am$ confirmed these expected differences. In addition, $StP$ and $SwP$ (and their corresponding asymmetries) could not be accurately computed from the out-of-context silhouettes provided by OU-ISIR, due to the fact that neither their original position in the scene nor source recordings are available.

3.2 Second study: ability of features to characterize gait anomalies

In this study, features introduced in Section 2.3 were computed on gait sequences corresponding to four styles out of the eight comprised in the INIT Gait Database. Styles involved were $nm$, $l-r0.5$, $l-l0.5$ and $fb$. Only those that mimic arm disorders were excluded, motivated by the belief that features formulated are not as suitable for describing arm motion as for characterizing movement in leg region. Unlike the latter, arm dynamic is largely occluded by torso; thus, appropriate features should probably weight the perceived motion by some measure of the size of trunk.

Since every subject appears walking in all styles, a number of parametric pairwise tests were applied in order to find out whether there exist statistical differences between feature values computed on normal gait patterns and those computed on each pathological style. This study has been broken down into two subsections, focusing on $nm$ vs. $fb$ and $nm$ vs. $l-r0.5$/$l-l0.5$ comparisons, respectively.

### Table 1 One-sample t-tests given a known population mean for stance phase ($StP$) and swing phase ($SwP$) features over the $nm$ sequences from INIT Gait Database. Symbols “$\times$” highlight p-values above the significance level $\alpha = 0.05$, indicating irrelevant differences between the sample and the population theoretical mean.

| Feature | $StP$ | $SwP$ |
|---------|-------|-------|
| p-value | 0.7711 | 0.7711 |

### Table 2 Unpaired two-sample t-tests assuming equal variances between neutral sequences from INIT Gait Database and OU-ISIR Database. Features involved are the asymmetries in step length ($A_{SI}$), intensity ($A_{I}$) and amplitude ($A_{Am}$), and the fall risk factor ($Fr$). Symbols “$\times$” highlight p-values above the significance level $\alpha = 0.05$, indicating irrelevant differences between both samples.

| Feature | $A_{SI}$ | $A_{I}$ | $A_{Am}$ | $Fr$ |
|---------|---------|--------|---------|------|
| p-value | 0.2957 | 0.3415 | 0.9124 | 0.1634 |
3.2.1 Normal style (nm) versus full-body disorder style (fb)

A first analysis involved the six features that do not entail asymmetries: stance phase (StP), swing phase (SwP), step length (Sl), intensity (I), amplitude (Am), and falling risk (Fr). A second analysis covered the five asymmetry-driven measures inferred from previous features: A\_StP, A\_SwP, A\_Sl, A\_I, and A\_Am. The upper half of Table 3 shows the results of paired two-sample t-tests on the first group of features. As expected, significant differences were found in the behavior of StP, SwP, Sl, I, Am, and Fr. These results provide the sensitivity of features at reflecting the severe gait impairment recreated in fb samples. The second analysis comprehends the lower part of Table 3, which includes the results over the five asymmetry features. No statistical differences were found when computing two of them (A\_StP, A\_SwP), while significant changes were observed in A\_Sl, A\_StP, and A\_SwP. Further details about these findings are given in Section 4.

3.2.2 Normal style (nm) versus one-leg disorder style (l-r0.5, l-l0.5)

The comparison between the nm style and the two one-leg disorder styles (l-r0.5, l-l0.5) was based on the five asymmetry features (A\_StP, A\_SwP, A\_Sl, A\_I, A\_Am) and the falling risk (Fr). The limb-dependent primary features (StP, SwP, Sl, I, Am) were discarded because the single general value f representing both limbs makes no sense in asymmetrical patterns of leg motion as those simulated in l-r0.5 and l-l0.5 styles.

The t-test results corresponding to the six involved features are shown in Table 4. By way of summary, it is observed that three of them (A\_Sl, A\_I, A\_Am), significant differences were found between the nm and l-r0.5/l-l0.5 styles, while the remaining three features (A\_StP, A\_SwP, Fr) showed a statistically similar behavior when operating in both scenarios. Next section gives a deeper interpretation of these results.

Additionally, by way of supplementary information, Appendix A includes two tables with the feature values measured on the INIT Gait Database styles considered in the experiments. Table 5 shows the limb-dependent values of primary features and falling risk for each style, while Table 6 reflects the values of asymmetry measures. The sake of clearness, presented feature values are averages, together with standard deviations, over all subject measurements. Note that these values do not match with those used in the experiments, where values per person were required to perform the t-tests. As it can be seen, broad margins can be identified between domains of values from the normal style and those corresponding from pathological styles. This would allow physicians to establish reliable thresholds for assessing the existence and severity of a gait disorder.

4 Discussion

Results have been remarkably consistent with expectations. This can be explained by two factors that, in our opinion, have been extensively verified: 1) the well-defined gait styles included in the INIT Gait Database, and 2) the effectiveness of features at characterizing the normal and pathological gait patterns.

These two premises were first tested in the study of normality of nm sequences (Section 3.1), which established the consonance of the empirical relative lengths of stance/swing and their ideal values. It supports both the neutrality of the nm sequences and the validity of StP and SwP. This study also entailed a successful cross-database comparison that proved the robustness of features to different video settings. As commented, it makes possible to directly compute gait features from videos acquired by heterogeneous devices.

As regards the second study (Section 3.2), Table 5 shows consistent behaviors of the primary features when coping with two quite dissimilar symmetrical styles such as nm and fb. This is a relevant finding since the fb style is a heavily affected gait pattern that involves extra complexity to be analyzed. In particular, the greatest differences were obtained in step length (Sl), amplitude (Am) and intensity (I) of leg motion (their null hypotheses of equal means were rejected by larger margins). As regards Fr, it was clearly affected by the
hunched posture reflected by \( fb \) style, as well as by its shorter steps which produce a narrow support area.

Concerning the asymmetry measures from the lower part of Table 3, no statistical differences were found when computing \( A_{SlP}, A_{SwP}. \) This illustrates that an underlying alteration in stance/swing portions within the gait cycles takes place equally in both limbs, what effectively occurs in \( fb \) style as compared to normal gait \( (nm) \), leading to similar asymmetry values. It can be easily corroborated checking Table 5. Conversely, statistical differences were found on \( A_{Sl}, A_{I} \) and \( A_{Am} \). However, a closer look at their corresponding mean results in Table 6 (columns 3–5; rows 1 and 4) reveals very low asymmetry values in both \( nm \) and \( fb \) styles: \( \leq 0.1 \) in the range [0,1]. This behavior is explained by the greater impact of differences between \( StP, I \) and \( A \) measurements on both limbs (columns \( A, B \) from Table 6) in the computation of \( fb \) asymmetries. That is, the relative nature of Eq. 4 stresses the influence of a given discrepancy when it comes from smaller magnitudes.

The fact that such slight differences in these \( nm \) and \( fb \) asymmetry features were deemed significant by the statistical tests, proves them as a rigorous and reliable validation method.

Consequently, asymmetry features were also very precise at measuring the one-half shorter step reproduced by one of the legs (Table 4), a disorder that substantially affects the symmetry of step length \( (A_{Sl}) \) as well as of intensity \( (A_{I}) \) and amplitude \( (A_{Am}) \), as shown in the table, the null hypotheses (of equal means) were associated to their corresponding paired two-sample t-tests rejected by very large magnitudes. Nevertheless, contrary to what might seem logical at first, a shorter step had no impact on stance/swing asymmetry measures \( (A_{SlP}, A_{SwP}) \). That is, a shorter step does not alter the portions of a gait cycle taken up by stance and swing stages in comparison to normal gait, as reflected by Table 6. Finally, no significant difference was found in \( Fr \) computation. This is also in agreement with expectations, since one-leg disorder is not supposed to influence subject’s posture nor the support area (which is determined by the leg with normal motion).

\[ \text{It is worth recalling that all measures (except } Sl \text{) range from 0 to 1, what can be directly understood by physicians. This fact makes them semantic, easy-to-interpret features.} \]

5 Conclusions

This work proposes a readable and robust characterization of common gait and posture disorders, which consists in a number of video-based gait features. They are intended to provide normalized and invariant information when gait is being used to diagnose health condition, for instance, in primary health care for elderly people or in Parkinson’s disease. Moreover, a new gait database including normal and impaired gait videos is introduced in this paper, with the object of proving the suitability of features. This dataset, named INIT Gait Database, has been made publicly available to the research community, aiming at fostering future studies about gait measurement.

A first study was conducted to test both consistency of features and neutrality of those gait samples from the new database recorded under the normal pattern. On the one hand, estimations of the relative lengths of stance and swing phases in normal gait samples were compared against their expected ideal values. On the other hand, behavior of features was analyzed when performing on normal gait samples from both the new database and a well-known general-purpose gait dataset. In a second study, sensitivity of features to reflect the impaired gait styles recreated in the new database was also assessed.

Experimental results, all of them supported by statistical tests, proved the reliability of the proposed features. In the first study, their values were in statistical agreement with their theoretical expectations and with each other when they were computed on the two independent collections of normal gait samples. This also provided strong evidence in favor of the validity of the new database. The second study showed the accuracy of features at measuring and describing different walking styles.

By way of conclusion, some promising directions for future research are suggested next. First, this paper has not delved into effective ways of characterizing arm motion. As aforementioned, arm dynamic is heavily over-

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**Table 4** Paired two-sample t-tests performed on the INIT Gait Database between neutral \( (nm) \) sequences and right leg half motion \( (l-r0.5) \) or left leg half motion \( (l-l0.5) \) sequences. Symbols “○” (“●”) highlight \( p \)-values above (below) the significance level \( \alpha = 0.05 \), indicating irrelevant (substantial) differences between samples.

| \( A_{SlP} \) | \( A_{SwP} \) | \( A_{Sl} \) | \( A_{I} \) | \( A_{Am} \) | \( Fr \) |
|---|---|---|---|---|---|
| \( nm \) vs. \( l-r0.5 \) | \( p \)-value | 0.5269 | 0.6510 | 1.87E-06 | 0.0024 | 5.81E-06 | 0.1611 |
| \( nm \) vs. \( l-l0.5 \) | \( p \)-value | 0.7398 | 0.7942 | 1.29E-05 | 0.0026 | 7.94E-06 | 0.7514 |
lapped by torso, mainly in binary silhouette images. Any satisfactory solution to this problem should consider the extent of overlapping. To tackle this open matter, the INIT Gait Database includes sequences where upper limb motion is affected at different degrees. Second, from an applied point of view, the proposed features should be evaluated in truly impaired gait samples, for example, from patients of Parkinson’s disease. Our immediate goal is to work in this direction. Finally, we believe that semantic and invariant gait features like those proposed in this paper, along with the ease of gathering gait videos from ubiquitous simple devices, open the door to the development of low-cost vision systems that can potentially be used in ambulatory services.

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A Feature values from the INIT Gait Database

Table 5  Means and standard deviations of primary features, computed over all subjects for each gait style in the INIT Gait Database. Values are sorted in such a way that A columns always correspond to the leg with a lower Sl in each style.

|       | StP | SwP | Sl | I   | Am  | Fr  |
|-------|-----|-----|----|-----|-----|-----|
|       | A   | B   | A  | B   | A   | B   |
| nm    | 0.62± | 0.61± | 0.38± | 0.39± | 106.13± | 108.45± | 0.65± | 0.66± | 0.55± | 0.56± | 0.07± |
|       | 0.03  | 0.03  | 0.03  | 0.03  | 6.75  | 6.42  | 0.01  | 0.02  | 0.04  | 0.04  | 0.04  |
| l-r0.5| 0.61± | 0.61± | 0.39± | 0.39± | 72.50± | 104.30± | 0.54± | 0.66± | 0.40± | 0.54± | 0.10± |
|       | 0.04  | 0.04  | 0.04  | 0.04  | 12.81 | 11.29 | 0.09  | 0.02  | 0.06  | 0.06  | 0.06  |
| l-l0.5| 0.63± | 0.62± | 0.37± | 0.38± | 70.80± | 103.25± | 0.51± | 0.67± | 0.37± | 0.55± | 0.08± |
|       | 0.04  | 0.05  | 0.04  | 0.05  | 14.37 | 7.04  | 0.11  | 0.02  | 0.06  | 0.03  | 0.04  |
| fb    | 0.71± | 0.70± | 0.29± | 0.30± | 60.38± | 65.03± | 0.36± | 0.40± | 0.32± | 0.34± | 0.85± |
|       | 0.06  | 0.06  | 0.06  | 0.06  | 5.31  | 7.09  | 0.06  | 0.08  | 0.03  | 0.04  | 0.16  |

Table 6  Means and standard deviations of asymmetry features, computed over all subjects for each gait style in the INIT Gait Database.

|       | ASnP| ASnP| ASl| AI  | AAm |
|-------|-----|-----|----|-----|-----|
|       | A   | B   | A  | B   | A   | B   |
| nm    | 0.03± | 0.05± | 0.02± | 0.03± | 0.04± |
|       | 0.01  | 0.02  | 0.01  | 0.01  | 0.03  |
| l-r0.5| 0.04± | 0.06± | 0.30± | 0.18± | 0.27± |
|       | 0.02  | 0.02  | 0.09  | 0.12  | 0.08  |
| l-l0.5| 0.04± | 0.06± | 0.52± | 0.24± | 0.32± |
|       | 0.03  | 0.04  | 0.11  | 0.16  | 0.09  |
| fb    | 0.02± | 0.05± | 0.07± | 0.10± | 0.08± |
|       | 0.02  | 0.04  | 0.04  | 0.06  | 0.03  |