Periploca forrestii Schltr (P. forrestii) is an edible medicinal herb with various health benefits such as treating antirheumatoid arthritis (RA), reducing inflammation, and preventing tumor growth. The active ingredients in P. forrestii responsible for its protective effect against RA, however, remain unknown. In this study, the active ingredient of P. forrestii and its potential mechanism of action against RA were investigated by network pharmacology and enrichment analysis. The methods included predicting target genes of P. forrestii, constructing a protein interaction network, and performing gene-ontology (GO) and Kyoto-encyclopedia of genes and genomes (KEGG) enrichment analysis. We discovered targets of RA through retrieval of OMIM and GeneCards public databases. Cardiac glycosides (CGs) are considered the primarily active ingredients of P. forrestii, and the target genes of GCs were discovered to be overlapped with relevant targets of RA using the Venn diagram. After that, prediction of relevant targets of P. forrestii was accomplished with a network pharmacology-based approach. Through the Venn diagram, we discovered 99 genes shared in the target genes of P. forrestii and RA. Gene enrichment analysis showed that the mechanisms of CGs against RA are associated with 55 signaling pathways, including endocrine resistance, Epstein-Barr virus infection, bladder cancer, prostate cancer, and coronavirus disease (COVID-19) signaling pathways. Coexpression analysis indicated ADSL, ATIC, AR, CCND1, MDM2, and HSP90AA1 as the hub genes between putative targets of P. forrestii-derived CGs and known therapeutic targets of RA. In conclusion, we clarified the mechanism of action of P. forrestii against RA, which would provide a basis for further understanding the clinical application of P. forrestii.
Periploca forrestii Schltr (P. forrestii, also known as Hei-Long-Gu or Hei-Gu-Teng) is derived from the rhizomes and roots of a vining shrub of Periploca (Asclepiadaceae). For thousands of years, P. forrestii has been regarded as one of the most widely used Chinese herbal medicines (CHM) in Guizhou, China. It is historically believed to possess numerous medicinal properties, including activating the meridians, improving blood circulation, dispelling wind, and removing dampness, as well as being used to treat RA, bruises, and tumors [15]. Until now, the increased interest in CHM has led researchers to isolate and identify over 100 active compounds from P. forrestii. This means that CHM, P. forrestii, and its periplocin derivatives can exert anti-inflammatory activity by regulating the immune response. For example, in rats with adjuvant arthritis (AIA), P. forrestii has been shown to inhibit local joint inflammation and bone destruction [16]. Additionally, studies in pharmacology have indicated that cardiac glycosides (CGs) are the major active ingredients of P. forrestii which have wound healing and antitumor properties [17–19]. Despite the fact that P. forrestii has been extensively investigated for its therapeutic use in a variety of human diseases, our knowledge of its mechanism of action in treating RA is still restricted. Therefore, this study was undertaken in order to investigate the possible mechanisms of action of P. forrestii-derived CGs when these compounds are applied in RA treatment.

2. Materials and Methods

2.1. Chemical Structure of Compounds. Firstly, based on literature mining, we gathered information on the main active ingredients of P. forrestii-derived CGs. Next, the chemical structures of these gathered active ingredients were retrieved from the PubChem database. As an open-archive, the PubChem database (https://pubchem.ncbi.nlm.nih.gov/) consists of compound, substance, and bioassay primary databases.

2.2. Prediction of CGs Targets. Through the use of the pharmacophore mapping approach (PMA), we were able to identify potential therapeutic targets for these retrieved compounds in the PharmMapper (PM) database (http://www.lilab-ecust.cn/pharmmapper/) [20–22]. After that, the 3D chemical structures of these compounds were inputted into the PM database, and then twenty human targets with the highest matching scores were chosen for each of the compounds. Also, we removed probable CGs-related predicted targets that were repeated or nonstandard.

2.3. Analysis of Protein-Protein Interaction Network (PPIN) and Visualization. For predicted drug targets and known RA-related targets, an interaction network was selected with a score greater than or equal to 0.4 for the construction of a PPI network in a database, the Search Tool for Retrieving Interactive Genes (STRING). In light of the built interaction network, using the R package, we identified adjacent nodes with a greater number of connections to other nodes in our networks. For the purpose of constructing and visualizing interaction networks, Cytoscape software (Version 3.9.0) was used. The network displayed the active ingredients of CGs, and the nodes on the periphery of the network represented the key target genes of diseases and active components of CGs. As a result, the entire network demonstrates the link between drug-bioactive components-disease targets, while the mechanistic action of P. forrestii in RA treatment was explored by constructing this network.

2.4. SIN Targets Prediction for Treatment of RA. By searching for the term “rheumatoid arthritis” in the databases of GeneCards (https://www.genecards.org/) [23] and OMIM (https://www.omim.org/) [24], it was possible to retrieve therapeutic targets associated with RA. Moreover, using the Venn diagram, we were able to identify the overlapping genes between putative targets of P. forrestii and known therapeutic targets of RA.

2.5. Enrichment Analysis of Gene-Ontology (GO) and Kyoto-Encyclopedia of Genes and Genomes (KEGG) Pathway. A GO functional annotation was performed using the org.Hs.eg.db R package, while principal target genes of P. forrestii in RA treatment were converted into EntrezID for GO function enrichment analysis of the aforementioned genes (p < 0.05). Subsequently, we discovered key signaling pathways with overlapping targets and biological functions through KEGG pathway analysis, wherein p < 0.05.

3. Results

3.1. Target Genes that Associated with 10 Compounds and RA. As a result of a literature review, the 10 main chemical components of CGs obtained from P. forrestii were collected, and 654 corresponding target genes were determined using the pharmacophore model prediction tool. Afterward, we summarized and deduplicated the data in order to obtain 10 species with 279 target genes corresponding to the 10 main chemical components. Through GeneCards and the OMIM database, a total of 4821 target genes relating to RA were obtained. We performed a Venn diagram analysis on the target genes of CHM components and RA, resulting in 99 intersecting genes (Figure 1).

3.2. Potential Signaling Pathways of CGs against RA. Based on these identified target genes, an analysis on a total of 29 GO term lists that were related to RA was performed (Figures 2(a) and 2(b)). These lists were combined with the top 20 results from a gene enrichment analysis of targets. As a result, this GO enrichment analysis showed biological processes and functions related to the activity of ligand activated transcription factors, the activity of nuclear-receptor, Hsp90 protein-binding, ubiquitin-like protein ligase-binding, RNA polymerase-II transcription initiation factor-binding, and so forth. There were also 55 signaling pathways that were identified in the KEGG analysis of P. forrestii (p < 0.05). Taken together, P. forrestii may treat RA by influencing endocrine resistance, Epstein-Barr virus infection, bladder cancer, prostate cancer, and COVID-19.
Figure 1: Using a Venn diagram analysis, 4722 target genes for the CHM component, GC, as well as 180 target genes for rheumatoid arthritis were identified, resulting in 99 overlapping genes.
3.3. Hub Genes of CGs against RA. We used the online STRING database to construct a protein-protein interaction (PPI) network of overlapped targets with 4722 RA-related genes and 180 CGs-related genes (Figure 3(a)). Before it was used to visualize the overlapping genes between CGs and RA, the PPI network was constructed utilizing the STRING database and Cytoscape.

3.4. Construction of Coexpression Network. Within the PPI network, the circle denotes the size of the degree value; a higher degree value corresponds to a transition from the signaling pathways, as well as other pathways (Figures 2(c) and 2(d). Table 1).
The thickness of the edge represented the size of the combined score; a thicker edge suggests that the combined score has a bigger value. ADSL, ATIC, AR, CCND1, MDM2, and HSP90AA1 were among the key protein nodes, which were produced based on the credit scores of node interactions (Figure 4).

4. Discussion

As a result of their chemical diversity and advantages such as simple availability and bioprocessing, scientists have always been interested in natural compounds [25–27]. *P. forrestii* has been reported to contain numerous bioactive compounds, including steroids, flavonoids, and phenylpropanoids [25]. These active molecules have previously shown a variety of functions, including antiproliferative, antioxidant, antinociceptive, and palliative effects [28–33]. In addition, TCMs containing these bioactive compounds have been demonstrated to be effective against COVID-19, showing their antivirus properties [34]. No doubt, *P. forrestii* and its extracts are capable of exhibiting these similar properties. Among the identified compounds in *P. forrestii* extracts, CGs are considered to be the main bioactive component. The CGs are mainly obtained from various plant and amphibian sources, such as members of the genus *Bufo* [35, 36]. It is widely accepted that heart disease and cancer treatment can benefit greatly from the application of these GCs, with some undergoing clinical trials (phase I and II) for solid tumor therapy [37–39].
In this study, the pharmacophore model was used to predict active compounds of CGs, and a network of “drug-active ingredient-disease” was built, in which we attempted an analysis of the CGs’ mechanism of action. Besides, a coexpression network was established using the STRING database and used to identify key target genes. Furthermore, we performed function analysis of GO and KEGG pathway to reveal the related signaling pathways.

In light of our findings, enrichment analysis indicated that the treatment of RA with *P. forrestii* may be related to endocrine resistance, Epstein-Barr virus infection, bladder cancer, prostate cancer, and COVID-19 signaling pathways, suggesting that *P. forrestii* might treat RA by altering these signaling pathways. There is a long-established association between RA and cancer, based on studies that have demonstrated an increased lymphoma risk in patients with RA [40]. Though not all types of cancer are equally at risk, lung cancer and lymphoma incidences are higher among RA patients than in the general population as demonstrated by standardized incidence rates [41]. Therefore, CGs participate in a wide range of cancer-related pathways that are involved in RA treatment, which provides a novel perspective for the combination therapy. Not just cancer, but also COVID-19 was discovered to be connected with RA. According to the findings of Williamson and colleagues [42], people with RA, systemic lupus erythematosus, or psoriasis (combined) were more likely to die of COVID-19. Other researchers have also observed that some common treatment strategies like cytokine inhibition were effective in both COVID-19 and RA [43]. Furthermore, it was found that analysis of the GO function enrichment of core genes was primarily concentrated in the activity of ligand activated transcription factor, nuclear-receptor, Hsp90 protein-binding, ubiquitin-like protein ligase-binding, and RNA polymerase-II transcription initiation factor-binding. However, the current research on *P. forrestii* did not report on this specific aspect, which needs further investigation. Likewise, our coexpression analysis revealed that ADSL, ATIC, AR, CCND1, MDM2, and HSP90AA1 were the key genes that linked potential targets of *P. forrestii* to known therapeutic targets within RA.

Through these molecular mechanisms, CGs may play an important role in treating RA, thereby providing a theoretical foundation for future research and clinical application of these organic compounds. Also, based on their antitumor property, GCs have been increasingly studied, exhibiting cytotoxic effects against some tumor types, including prostate cancer [44, 45], melanoma [37], and lung cancer [46–48]. In view of this, the CGs’ potential mechanism and potential *in vivo* application deserve further study. On the other hand, although CGs have shown some excellent safety profiles and efficacy, future clinical trials will need to confirm the long-term efficacy and safety of their extracts and chemical components due to the complexity of *P. forrestii* compounds.

### 5. Conclusion

In summary, a network of essential genes was established using the network pharmacology-based approach, connecting the putative therapeutic targets of *P. forrestii* to the known targets of RA. This network screened out six hub genes, including ADSL, ATIC, AR, CCND1, MDM2, and HSP90AA1. The significant biological processes, molecular functions, cellular components, and KEGG pathways were obtained by performing GO and KEGG pathway analysis. The hub genes and enrichment analysis results indicated that the primary active ingredients, GCs, appeared frequently in the application to treat RA, cancer, and COVID-19. The therapeutic effect of GCs in treating RA is mainly by regulating ligand activated transcription factors, activity of nuclear-receptor, Hsp90 protein-binding, ubiquitin-like protein ligase-binding, and RNA polymerase-II transcription initiation factor-binding. These pathways were most commonly observed in the host’s immune inflammatory response, oxidative stress, cell repair, and cell migration. These findings provide a basis for understanding the further clinical application of *P. forrestii* and its ingredients, GCs, in the treatment of RA.

### Data Availability

The data presented in this study are available on request from the corresponding author.

### Disclosure

Qiuyi Wang and Xueming Yao should be considered co-first authors.

### Conflicts of Interest

The authors declare that there are no conflicts of interest.
Authors’ Contributions

Yi Ling, Ying Huang, Changming Chen, Lei Hou, Yu Tao Yang, Hongyan Wu, and Wukai Ma provided important suggestions about designing and performing the overall research. Qiuyi Wang and Xueming Yao collected and analyzed the data, and wrote the paper. Qiuyi Wang and Xueming Yao contributed equally to this work.

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