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CFTR Activator Increases Intestinal Fluid Secretion and Normalizes Stool Output in a Mouse Model of Constipation

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SUMMARY
Activation of the cystic fibrosis transmembrane conductance regulator chloride channel drives fluid secretion in the intestine. High-throughput screening identified a small-molecule cystic fibrosis transmembrane conductance regulator activator that increases intestinal fluid secretion. Oral administration of the activator corrected constipation in a mouse model.

BACKGROUND & AIMS: Constipation is a common clinical problem that negatively impacts quality of life and is associated with significant health care costs. Activation of the cystic fibrosis transmembrane conductance regulator (CFTR) chloride channel is the primary pathway that drives fluid secretion in the intestine, which maintains lubrication of luminal contents. We hypothesized that direct activation of CFTR would cause fluid secretion and reverse the excessive dehydration of stool found in constipation.

METHODS: A cell-based, high-throughput screen was performed for 120,000 drug-like, synthetic small molecules. Active compounds were characterized for mechanism of action and one lead compound was tested in a loperamide-induced constipation model in mice.

RESULTS: Several classes of novel CFTR activators were identified, one of which, the phenylquinoxalinone CFTRact-J027, fully activated CFTR chloride conductance with an half-maximal effective concentration (EC50) of approximately 200 nmol/L, without causing an increase of cytoplasmic cyclic adenosine monophosphate. Orally administered CFTRact-J027 normalized stool output and water content in a loperamide-induced mouse model of constipation with a 50% effective dose of approximately 0.5 mg/kg; CFTRact-J027 was without effect in cystic fibrosis mice lacking functional CFTR. Short-circuit current, fluid secretion, and motility measurements in mouse intestine indicated a prosecretory action of CFTRact-J027 without direct stimulation of intestinal motility. Oral administration of 10 mg/kg CFTRact-J027 showed minimal bioavailability, rapid hepatic metabolism, and blood levels less than 200 nmol/L, and without apparent toxicity after chronic administration.

CONCLUSIONS: CFTRact-J027 or alternative small-molecule CFTR-targeted activators may be efficacious for the treatment of constipation. (Cell Mol Gastroenterol Hepatol 2016;2:317–327; http://dx.doi.org/10.1016/j.jcmgh.2015.12.010)

Keywords: CFTR; Constipation; High-Throughput Screening; Loperamide.

Constipation is a common clinical complaint in adults and children that negatively impacts quality of life. The prevalence of chronic constipation has been estimated to be 15% in the US population, with annual health care costs estimated at approximately 7 billion dollars, with more than 800 million dollars spent on laxatives.1,2 The mainstay of constipation therapy includes laxatives that increase stool bulk, such as soluble fiber; creation of an osmotic load, such as polyethylene glycol; or stimulation of intestinal contraction, such as the diphenylmethanes. There also are surface laxatives that soften stool such as docusate sodium and probiotics such as Lactobacillus paracasei.3 The Food and Drug Administration–approved drug linaclotide, a peptide agonist of the guanylate cyclase C receptor, acts by inhibiting visceral pain, stimulating intestinal motility, and increasing intestinal secretion.4,5 A second approved drug, lubiprostone, a prostaglandin E analog, is thought to activate a putative enterocyte CIC-2 channel,6 although the mechanistic data are less clear. Despite the wide range of therapeutic options, there is a continued need for safe and effective drugs to treat constipation.

Intestinal fluid secretion involves active Cl− secretion across the enterocyte epithelium through the basolateral membrane Na+ / K+ / 2Cl− cotransporter, the luminal membrane cystic fibrosis transmembrane conductance regulator

Abbreviations used in this paper: cAMP, cyclic adenosine monophosphate; CFTR, cystic fibrosis transmembrane conductance regulator; CSBM, complete spontaneous bowel movement; DMSO, dimethyl sulfoxide; EC50, half-maximal effective concentration; FRT, Fischer rat thyroid; IP, intraperitoneal; PBS, phosphate-buffered saline; YFP, yellow fluorescent protein.

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(CFTR) Cl− channel, and the Ca2+-activated Cl− channel. The electrochemical and osmotic forces created by Cl− secretion drive Na+ and water secretion. In cholera and traveler’s diarrhea, CFTR is activated strongly by bacterial enterotoxins through increase of intracellular cyclic nucleotides. CFTR is an attractive target to increase intestinal fluid secretion in constipation because it is expressed robustly throughout the intestine and its activation can strongly increase intestinal fluid secretion. An activator targeting CFTR directly is unlikely to produce the massive, uncontrolled fluid secretion seen in cholera because the enterotoxins in cholera act irreversibly to produce a sustained increase of cytoplasmic cyclic adenosine monophosphate (cAMP), which not only activates CFTR but also basolateral K+ channels, which increase the electrochemical driving force for Cl− secretion; cholera enterotoxins also inhibit the luminal NHE3 Na+/H+ exchanger involved in intestinal fluid absorption.

Motivated by these considerations and the continuing need for safe and effective drug therapy of constipation, we report the identification and characterization of a nanomolar potency, CFTR-targeted, small-molecule activator, and provide proof of concept for its prosecretory action in the intestine and efficacy in constipation.

Materials and Methods

Materials

High-throughput screening was performed using a diverse collection of 120,000 drug-like synthetic compounds obtained from ChemDiv, Inc (San Diego, CA) and Asinex (Winston-Salem, NC). For structure-activity analysis, 600 commercially available analogs (ChemDiv, Inc) of active compounds identified in the primary screen were tested. Other chemicals were purchased from Sigma-Aldrich (St. Louis, MO) unless indicated otherwise.

CFTRact-J027 Synthesis

Potassium carbonate (2.5 g, 18.4 mmol) and benzyl bromide (0.73 mL, 6.2 mmol) were added to a solution of o-phenylenediamine (1 g, 9.24 mmol) in dimethylformamide (DMF) (30 mL), and then stirred overnight at ambient temperature. The reaction mixture was diluted with CH2Cl2, washed with water, dried over MgSO4, and concentrated under reduced pressure. The residue was purified by flash chromatography to yield the intermediate N3-benzylbenzene-1,2-diamine as a brown liquid. 1H NMR (300 MHz, CDCl3): δ 7.45–7.31 (m, 5H), 6.86–6.69 (m, 4H), 4.35 (s, 2H), 3.50 (br, 3H); MS: m/z 199 (M+H)+. Then, a solution of the intermediate (400 mg, 2 mmol) and 5-nitroisatin (380 mg, 2 mmol) in acetic acid (5 mL) was re-dissolved with methanol to crystallize 3-(2-amino-5-phenylenediamine) 1-benzylquinoline-2(1H)-one (CFTRact-J027) as a yellow solid with more than 99% purity. 1H NMR (300 MHz, [DMSO]-d6): δ 9.15 (d, 1H, J = 2.8 Hz), 8.07 (dd, 1H, J = 2.7, 9.2 Hz), 7.97 (dd, 1H, J = 1.2, 7.9 Hz), 7.82 (br, 2H), 7.60–7.27 (m, 7H), 6.92 (d, 1H, J = 9.2 Hz), 5.59 (br, 2H); 13C NMR (75 MHz, DMSO-d6): δ 155.0, 154.6, 153.3, 136.3, 135.3, 132.8, 132.2, 131.0, 130.0, 129.5, 129.1, 127.7, 127.3, 126.8, 124.1, 116.1, 115.9, 115.4, 45.9; MS: m/z 373 (M+H)+.

Cell Culture

Fischer rat thyroid (FRT) cells stably co-expressing human wild-type CFTR and the halide-sensitive yellow fluorescent protein (YFP)-H148Q were generated as previously described. Cells were cultured on plastic in Coon’s-modified Ham’s F12 medium supplemented with 10% fetal bovine serum, 2 mmol/L L-glutamine, 100 U/mL penicillin, and 100 μg/mL streptomycin. For high-throughput screening, cells were plated in black 96-well microplates (Corning-Costar Corp, Corning, NY) at a density of 20,000 cells per well. Screening was performed 24–48 hours after plating.

High-Throughput Screening

Screening was performed using a Beckman Coulter (Brea, CA) integrated system equipped with a liquid handling system and 2 FLUOstar fluorescence plate readers (BMG Labtechnologies, Durham, NC), each equipped with dual syringe pumps and 500 ± 10 nm excitation and 535 ± 15 nm emission filters (see Galietta et al for more detail). CFTR- and YFP-expressing FRT cells were grown at 37°C/5% CO2 for 24–48 hours after plating. At the time of assay, cells were washed 3 times with phosphate-buffered saline (PBS) and then incubated for 10 minutes with 60 μL of PBS containing test compounds (at 10 μmol/L) and a low concentration of forskolin (125 nmol/L). Each well was assayed individually for I− influx in a plate reader by recording fluorescence continuously (200 ms/point) for 2 seconds (baseline) and then for 12 seconds after rapid (<1 s) addition of 165 μL of PBS in which 137 mmol/L Cl− was replaced by I−. The initial rate of I− influx was computed by determining exponential regression. All compound plates contained negative controls (DMSO vehicle) and positive controls (20 μmol/L forskolin).

Short-Circuit Current Measurement

Short-circuit current was measured in FRT cells stably expressing wild-type human CFTR cultured on porous filters as described. The basolateral solution contained (in mmol/L): 130 NaCl, 2.7 KCl, 1.5 KH2PO4, 1 CaCl2, 0.5 MgCl2, 10 glucose, and 5 Na-HEPES (pH 7.3, 37°C). In the apical solution, 65 mmol/L NaCl was replaced by Na gluconate, and CaCl2 was increased to 2 mmol/L, and the basolateral membrane was permeabilized with 250 μg/mL amphotericin B. Short-circuit current was measured in freshly harvested adult mouse colon at 37°C using symmetric Krebs-bicarbonate buffer (pH 7.4, in mmol/L: 117 NaCl, 4.7 KCl, 1.2 MgCl2, 2.5 CaCl2, 11.1 D-glucose, 1.2 KH2PO4, and 24.8 NaHCO3).

cAMP Assay

Intracellular cAMP activity was measured using a GloSensor luminescence assay (Promega Corp, Madison, WI). FRT null cells were stably transfected with the pGloSensor
cAMP plasmid and plated on white 96-well microplates and grown to confluence. Cells were washed 3 times with PBS and incubated with 5 μmol/L CFTRact-J027 for 10 minutes in the absence and presence of 100 nmol/L forskolin. cAMP was assayed according to the manufacturer’s instructions.

Animals

Animal experiments were approved by the University of California San Francisco Institutional Animal Care and Use Committee. Animals were housed in communal cages with standard rodent chow and water available ad libitum. Wild-type CD1 mice and CFTRΔF508 homozygous mice were bred in the University of California San Francisco Laboratory Animal Resource Center.

Pharmacokinetics

Female CD1 mice were treated with 10 mg/kg CFTRact-J027 (saline containing 5% DMSO and 10% Kolliphor HS 15) either intraperitoneally (IP) or orally. Blood was collected at 15, 30, 60, 150, and 360 minutes after treatment by orbital puncture and centrifuged at 5000 rpm for 15 minutes to separate plasma. Plasma samples (60 μL) were mixed with 300 μL acetonitrile and centrifuged at 13,000 rpm for 20 minutes, and 90 μL of the supernatant was used for liquid chromatography–mass spectrometry. The solvent system consisted of a linear gradient from 5% to 95% acetonitrile over 15 minutes at 3000 rpm, the supernatant evaporated to dryness, and the residue was dissolved in 100 μL mobile phase (acetonitrile:water, 3:1) for liquid chromatography–mass spectrometry and assayed as described earlier.

In Vitro Metabolic Stability

CFTRact-J027 (5 μmol/L) was incubated for specified times at 37°C with mouse liver microsomes (1 mg protein/mL; Sigma-Aldrich) in potassium phosphate buffer (100 mmol/L) containing 1 mmol/L reduced nicotinamide adenine dinucleotide phosphate, as described. The mixture then was chilled on ice, and 0.5 mL of ice-cold ethyl acetate was added. Samples were centrifuged for 15 minutes at 3000 rpm, the supernatant evaporated to dryness, and the residue was dissolved in 100 μL mobile phase (acetonitrile:water, 3:1) for liquid chromatography–mass spectrometry and assayed as described earlier.

Murine Model of Constipation

Female CD1 mice (age, 8–10 wk) were administered loperamide (0.3 mg/kg, IP; Sigma-Aldrich) to produce constipation. Various amounts of CFTRact-J027 (0.1, 0.3, 1, 3, and 10 mg/kg) were given at the same time (for IP administration) or 1 hour before (for oral administration) loperamide. Control mice were treated with vehicle only. Some mice were treated orally with lubiprostone (0.5 mg/kg; Sigma-Aldrich) or linaclotide (0.5 mg/kg; Toronto Research Chemicals, Inc, Toronto, Ontario, Canada). After loperamide injection, mice were placed individually in metabolic cages with food and water provided ad libitum. Stool samples were collected for 3 hours, and total stool

Figure 1. Identification of small-molecule CFTR activators. (A) Project overview. (B) CFTR activator screen using FRT cells co-expressing human wild-type CFTR and YFP iodide-sensing protein. Test compounds at 10 μmol/L were added for 10 minutes at room temperature in the presence of forskolin (125 nmol/L) before iodide addition. Examples of data from single wells of a 96-well plate showing CFTR activation by CFTRact-J027 are shown. (C) Structures of CFTR activators emerging from the screen. (D) Synthesis of CFTRact-J027. DMF, dimethylformamide.
Complete blood count (Hemavet 950FS; Drew Scientific, Inc.) was used to assess the state of the mice. To measure stool water content, the stool samples were dried at 80°C for 24 hours and water content was calculated as follows: (wet weight - dry weight)/wet weight. Similar studies were performed in cystic fibrosis mice (ΔF508 homozygous) lacking functional CFTR. Some studies were performed using the chemically similar but inactive analog of CFTRact-J027: 3-(2-amino-5-nitrophenyl)-1-(methyl)-2(1H)-quinoxalinone.

In Vivo Intestinal Transit and Ex Vivo Intestinal Contractility

Whole-gut transit time was determined using an orally administered marker (200 μL, 5% Evans Blue, 5% gum Arabic) and measuring the time of its appearance in stool. Mice were administered loperamide and CFTRact-J027 (10 mg/kg) or vehicle intraperitoneally at zero time. For ex vivo contractility measurements, mice were euthanized by avertin overdose (200 mg/kg, 2,2,2-tribromethanol; Sigma-Aldrich) and ileum and colon segments of approximately 2-cm length were isolated and washed with Krebs–Henseleit buffer (pH 7.4, in mmol/L: 118 NaCl, 4.7 KCl, 1.2 MgSO4, 1.2 KH2PO4, 25 NaHCO3, 2.5 CaCl2, and 11 D-glucose). The ends of the intestinal segments were tied, connected to a force transducer (Biopac Systems, Goleta, CA), and tissues were transferred to an organ chamber (Biopac Systems) containing Krebs–Henseleit buffer at 37°C aerated with 95% O2,5% O2. Ileum and colon were stabilized for 60 minutes with resting tensions of 0.5 and 0.2 g, respectively, and solutions were changed every 15 minutes. Effects of CFTRact-J027 on baseline and loperamide-suppressed isometric intestinal contractions were recorded.

In Vivo Intestinal Secretion and Absorption

Mice (wild-type or CF) were given access to 5% dextrose water but not solid food for 24 hours before experiments. Mice were anesthetized with isoflurane, and body temperature was maintained during surgery at 36°C–38°C using a heating pad. A small abdominal incision was made to expose the small intestine, and closed midjejunal loops (length 2–3 cm) were isolated by sutures. Loops were injected with 100 μL vehicle alone or 100 μg CFTRact-J027 in vehicle. The abdominal incision was closed with sutures, and mice were allowed to recover from anesthesia. Intestinal loops were removed at 90 minutes and loop length and weight were measured to quantify fluid secretion. Intestinal absorption was measured in CF mice (to prevent secretion) as described earlier, except that the loops were removed at 0 or 30 minutes. Absorption was calculated as follows: 1 - loop weight at 30 minutes)/loop weight at 0 minutes.

Chronic Administration and Toxicity Studies

Mice were administered 10 mg/kg CFTRact-J027 or vehicle orally once a day for 7 days. One hour after the final dose mice were treated with loperamide (0.3 mg/kg, IP) and stool was collected for 3 hours. In vivo toxicity was assessed in these mice by measuring the lung wet/dry weight ratio, complete blood count (Hemavet 950FS; Drew Scientific, Inc., Miami Lakes, FL) and serum chemistry (Idexx Laboratories, Inc, Sacramento, CA) 4 hours after the last CFTRact-J027 dose. In vitro cytotoxicity was measured in FRT cells incubated with 25 μmol/L CFTRact-J027 for 8 and 24 hours. Cytotoxicity was measured by Alamar Blue assay according to the manufacturer’s instructions (Invitrogen, Carlsbad, CA).

Statistical Analysis

Experiments with 2 groups were analyzed with the Student’s t test, when there were 3 groups or more analysis was performed with 1-way analysis of variance and the post hoc Newman–Keuls multiple comparisons test. A P value less than .05 was taken as statistically significant.

All authors had access to the study data and reviewed and approved the final manuscript.

Results

Identification and In Vitro Characterization of Small-Molecule CFTR Activators

The initial goal was to identify a potent, CFTR-targeted activator with prosecretory activity in the intestine to test its efficacy in a mouse model of constipation. Figure 1A summarizes the project strategy. The compounds evaluated here included small molecules identified in prior CFTR activator/potentiator screens14 and from a new screen of synthetic small molecules not tested previously. The most active compounds emerging from the screen, along with commercially available chemical analogs, were prioritized based on an initial mechanism-of-action study (assay of cAMP increase), in vitro toxicity, prosecretory action in mouse intestine, and efficacy in a mouse model of constipation. Figure 1B shows the cell-based plate reader screening method in which the initial rate of iodide influx was measured in FRT cells stably expressing human wild-type CFTR and a YFP fluorescent halide sensor after extracellular addition of iodide. CFTR activation increased the initial slope of the fluorescence quenching curve. A low concentration of forskolin (125 nmol/L) was included in the screen to recapitulate the basal level of CFTR phosphorylation in vivo because CFTR is not phosphorylated at baseline in FRT cells.15

Figure 1C shows the chemical structures of 6 classes of candidate CFTR activators identified from the screens. Based on the criteria listed earlier, we focused further studies on CFTRact-J027, a 3-phenyl-quinoxalinone with drug-like properties. CFTRact-J027 was synthesized in pure crystalline form in 2 steps (Figure 1D).

Short-circuit current measurements in CFTR-expressing FRT cells showed that CFTRact-J027 fully activated CFTR (Figure 2A) because the cAMP agonist forskolin produced a minimal further increase in current, with an EC50 of approximately 200 nmol/L (Figure 2B). Little CFTR activation by CFTRact-J027 was seen in the absence of forskolin (data not shown), suggesting the need for some level of basal phosphorylation as expected in vivo. Interestingly, CFTRact-J027 was only a weak potentiator of ΔF508-CFTR, as studied in FRT cells expressing ΔF508-CFTR after overnight incubation with the corrector VX-809, which promotes...
plasma membrane targeting of the mutant channel (Figure 2C). Cl− secretion in freshly isolated mouse colon showed a concentration-dependent increase in short-circuit current, with an EC50 of approximately 300 nmol/L (Figure 2D). The increase in current at high CFTRact-J027 levels was increased further by forskolin, which may be a consequence of activation of a basolateral membrane cAMP-sensitive K+ channel that increases the driving force for apical membrane Cl− secretion. The increase in current was fully reversed by a CFTR-selective inhibitor. The reduced effect of CFTRact-J027 on intact intestine could also result from limited drug access to the crypts or intestinal tissue metabolism of the drug. Figure 2E shows that CFTRact-J027 does not increase cellular cAMP when added alone, and does not increase CAMP further when added together with forskolin, suggesting that CFTR activation by CFTRact-J027 involves a direct interaction mechanism rather than indirect action through cAMP increase. Direct activation of protein kinase A by CFTRact-J027 is unlikely to occur because little or no activation of CFTR by CFTRact-J027 is seen in the absence of a cAMP agonist.

**CFTRact-J027 Normalizes Stool Output in a Mouse Model of Constipation**

CFTRact-J027 was studied in a loperamide-induced model of constipation in mice in which stool weight, pellet number, and water content were measured for 3 hours after intraperitoneal loperamide administration (Figure 3A). Intraperitoneal administration of CFTRact-J027 at 10 mg/kg normalized each of the stool parameters. CFTRact-J027 did not affect stool output or water content in control (non-loperamide-treated) mice. Importantly, CFTRact-J027 was without effect in cystic fibrosis mice lacking functional CFTR (Figure 3B). Also an inactive chemical analog of CFTRact-J027 was not effective in wild-type mice (Figure 3C). These results support a CFTR-selective action of CFTRact-J027. Also, the lack of efficacy of CFTRact-J027 in cystic fibrosis mice

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**Figure 2. Characterization of CFTR activation by CFTRact-J027.** Short-circuit current measured in FRT cells expressing (A) human wild-type CFTR and (C) ΔF508-CFTR showing responses to indicated concentrations of forskolin (fsk), CFTRact-J027, and VX-770. The ΔF508-CFTR–expressing FRT cells were corrected with 3 μmol/L VX-809 at 37°C for 24 hours before measurement. CFTRinh-172 (Inh-172, 10 μmol/L) was added where indicated (representative of 3 experiments for each). (B) CFTRact-J027 concentration-dependent activation of wild-type CFTR Cl− current (means ± SEM; n = 3 cultures). (D) Short-circuit current in mouse colon showing responses to indicated concentrations of forskolin (fsk), CFTRact-J027, and CFTRinh-172 (representative of 3 experiments). (E) Assay of cAMP concentration in FRT cells measured after a 10-minute incubation with indicated concentrations of forskolin and 5 μmol/L CFTRact-J027. Positive controls included forskolin (100 nmol/L and 20 μmol/L), and forskolin plus 3-isobutyl-1-methylxanthine (IBMX, 100 μmol/L) (means ± SEM, n = 4–8).
shows that the action of CFTRact-J027 is not caused by opioid-receptor antagonism. Dose-response studies in mice showed a 50% effective dose of 2 mg/kg in the loperamide model by IP administration of CFTRact-J027 (Figure 3D).

Oral administration of 10 mg/kg CFTRact-J027 1 hour before loperamide administration also was effective in normalizing stool output and water content in loperamide-treated mice, with no effect in control mice (Figure 4A). The median effective dose for oral administration was 0.5 mg/kg, which was substantially lower than that for IP administration (Figure 4B). In parallel studies, oral administration of the approved drugs lubiprostone or linaclotide at 250- to 500-fold greater mg/kg doses than given to human beings for treatment of constipation were less effective in normalizing stool output, producing 50% and 35%, respectively, of the maximal CFTRact-J027 response (Figure 4C).

**CFTRact-J027 Actions on Intestinal Transit, Motility, and Fluid Transport**

CFTRact-J027 action on intestinal transit and motility was measured in vivo and in isolated intestinal strips. Whole-gut transit time, as measured by the appearance of a marker in the stool after bolus oral gavage at the time of IP loperamide and CFTRact-J027 administration, was normalized by CFTRact-J027 (Figure 5A, left panel). CFTRact-J027 had no effect on whole-gut transit time in cystic fibrosis mice (right panel). In vitro measurements of intestinal contraction showed no effect of CFTRact-J027 added alone or in the presence of 10 μmol/L loperamide in isolated mouse ileum and colon strips (Figure 5B). CFTRact-J027 thus may increase intestinal transit in vivo by stimulating motility by secretion-induced stretch of the gut wall or other indirect mechanisms, without direct effect on intestinal smooth muscle. The lack of compound effect on loperamide-induced suppression of intestinal contractions shows that CFTRact-J027 does not work by antagonizing the opioid effect.

To directly investigate the effects of CFTRact-J027 on intestinal fluid secretion and absorption, an in vivo closed-intestinal loop model was used. CFTRact-J027 was injected into closed midjejunal loops and fluid accumulation was measured at 90 minutes. CFTRact-J027 produced a 140% increase in loop weight/length ratio, indicating fluid secretion into the intestinal lumen in wild-type mice (Figure 5C, upper panel), but was without effect in cystic
fibrosis mice (lower panel), supporting a CFTR-selective mechanism of action. A closed-loop model also was used to study CFTRact-J027 action on intestinal fluid absorption. Fluid without or with CFTRact-J027 was injected into closed midjejunal loops of cystic fibrosis mice (to avoid confounding fluid secretion) and fluid absorption was measured at 30 minutes. CFTRact-J027 did not affect intestinal fluid absorption (Figure 5D).

**CFTRact-J027 Pharmacology and Toxicity in Mice**

The in vitro metabolic stability of CFTRact-J027 was measured by incubation with mouse liver microsomes in the presence of reduced nicotinamide adenine dinucleotide phosphate. CFTRact-J027 was metabolized rapidly, with an approximately 21-minute elimination half-life, with only 7% of the original compound remaining at 60 minutes (Figure 6A).

Pharmacokinetics was measured in mice after bolus intraperitoneal or oral administration of 10 mg/kg CFTRact-J027. After IP administration, the serum CFTRact-J027 concentration decreased with an elimination half-life of approximately 16 minutes, and was undetectable at 150 minutes (Figure 6B). After oral administration, the serum CFTRact-J027 concentration reached 180 nmol/L at 30 minutes and was undetectable at other time points (Figure 6B). Together, these results suggest rapid compound metabolism by liver, resulting in minimal systemic exposure of orally administered CFTRact-J027.

Preliminary toxicologic studies of CFTRact-J027 were performed in cell cultures and mice. CFTRact-J027, at a concentration of 25 μmol/L, which is near its solubility limit, did not show cytotoxicity as measured by the Alamar Blue assay (Figure 6C). In the 7-day–treated mice, CFTRact-J027 did not affect the major serum chemistry and blood parameters (Table 1), and it did not change body weight or produce airway/lung fluid accumulation (Figure 6D).

Finally, to determine whether chronically administered CFTRact-J027 retained efficacy, mice were treated orally for 7 days with 10 mg/kg CFTRact-J027 or vehicle, and loperamide was given 1 hour after the final dose. Figure 6E shows that chronically administered CFTRact-J027 remained effective in normalizing stool output and water content after loperamide.

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**Figure 4.** Orally administered CFTRact-J027 normalizes stool output and water content in loperamide-treated mice. (A) Study protocol (left) and stool output, pellet number, and water content as performed in Figure 3 (means ± SEM, 6 mice per group). (B) Dose-response study of CFTRact-J027 administered orally in loperamide-treated mice (4–6 mice per group). (C) Same study as shown in panel A, but with oral lubiprostone (Lub) (0.5 mg/kg) or linaclotide (Lin) (0.5 mg/kg) (5–6 mice per group). One-way analysis of variance, *P < .05, **P < .01, ***P < .001. Veh, vehicle.
Discussion

We identified by high-throughput screening a nanomolar affinity, small-molecule CFTR activator, CFTRact-J027, and showed its prosecretory action in mouse intestine and its efficacy in normalizing stool output in a loperamide-induced mouse model of constipation. Constipation remains a significant clinical problem in outpatient and hospitalized settings. Opioid-induced constipation is a common adverse effect in patients after surgery, undergoing chemotherapy, and with chronic pain.

CFTR-targeted activation adds to the various mechanisms of action of anticonstipation therapeutics. It is notable that pure CFTR activation is able to produce a robust Cl⁻ current and fluid secretion response in the intestine, without causing global increase of cyclic nucleotide concentration, direct stimulation of intestinal contractility, or alteration of intestinal fluid absorption. Linaclotide, a peptide agonist of the guanylate cyclase C receptor that increases intestinal cell cGMP concentration, has the closest mechanism of action to a pure CFTR activator. Linaclotide inhibits activation of colonic sensory neurons and activates motor neurons, which reduces pain and increases intestinal smooth muscle contraction; in addition, an increase in cGMP concentration in enterocytes may activate CFTR and have a prosecretory action.4,5 The uroguanylin analog plecanatide has a similar mechanism of action and preliminary data showed comparable efficacy with linaclotide for treatment of chronic constipation.16 A second approved drug, the
prostaglandin E analog lubiprostone, is thought to activate a putative enterocyte ClC-2 channel and it has been reported that lubiprostone also activates CFTR via prostanoid-receptor signaling. Compared with these drugs, a pure CFTR activator has a single, well-validated mechanism of action and does not produce a global cyclic nucleotide response in multiple cell types. Of note, linaclotide and lubiprostone showed limited efficacy in clinical trials. In terms of the primary efficacy end point (weekly frequency of ≥3 complete spontaneous bowel movements [CSBM] and increase of ≥1 CSBM from baseline for at least 9 weeks of the 12-week treatment period), linaclotide was effective in approximately 20% of chronic constipation patients, of whom approximately 5% also responded to placebo, and linaclotide significantly increased CSBM per week (≈2.5) compared with placebo (0.9). The overall response rate to lubiprostone was approximately 13% in constipation-predominant irritable bowel syndrome patients, of whom approximately 7% responded to placebo. Based on our mouse data showing substantially greater efficacy of CFTRact-J027 compared with supramaximal doses of linaclotide or lubiprostone, we speculate that CFTR activators may have greater efficacy in clinical trials.

CFTRact-J027 is substantially more potent for activation of wild-type CFTR than VX-770 (ivacaftor), the Food and Drug Administration–approved drug for treatment of CF caused by certain CFTR gating mutations. In FRT cells expressing wild-type CFTR, short-circuit current measurement showed nearly full activation of CFTR by CFTRact-J027 at 3 μmol/L whereas VX-770 maximally activated CFTR by only 15% (data not shown). However, CFTRact-J027 was substantially less potent than ivacaftor as a potentiator of defective chloride channel gating of the most common CF-causing mutation, ΔF508, which is not unexpected because potentiator efficacy in CF is mutation-specific. In addition to its potential therapeutic utility for constipation, a small-molecule activator of wild-type CFTR may be useful for treatment of chronic obstructive pulmonary disease and
showed very low bioavailability with blood levels well below the EC50 for CFTR activation, which may be owing to first-pass effect as evidenced by its rapid in vitro metabolism in liver microsomes. CFTRact-J027 did not show significant in vitro cytotoxicity at a concentration of 25 μmol/L, more than 100-fold greater than its EC50 for CFTR activation, or in vivo toxicity in mice in a 7-day study at a maximal efficacious dose. The potentially most significant off-target action, stimulation of lung/airway fluid secretion, was not seen as evidenced by normal lung water content in the 7-day–treated mice. These limited toxicity studies offer proof of concept for application of a CFTR activator in constipation, but will require a more extensive data set for further preclinical development.

In summary, our data provide evidence for the prosecretory action of a CFTR activator in mouse intestine and proof of concept for its use in the treatment of various types of constipation, which could include opioid-induced constipation, chronic idiopathic constipation, and irritable bowel syndrome with constipation predominance.

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