Sub-2 Angstrom resolution structure determination using single-particle cryo-EM at 200 keV

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ABSTRACT

Although the advent of direct electron detectors (DEDs) and software developments have enabled the routine use of single-particle cryogenic electron microscopy (cryo-EM) for structure determination of well-behaved specimens to high-resolution, there nonetheless remains a discrepancy between the resolutions attained for biological specimens and the information limits of modern transmission electron microscopes (TEMs). Instruments operating at 300 kV equipped with DEDs are the current paradigm for high-resolution single-particle cryo-EM, while 200 kV TEMs remain comparatively underutilized for purposes beyond sample screening. Here, we expand upon our prior work and demonstrate that one such 200 kV microscope, the Talos Arctica, equipped with a K2 DED is capable of determining structures of macromolecules to as high as ~1.7 Å resolution. At this resolution, ordered water molecules are readily assigned and holes in aromatic residues can be clearly distinguished in the reconstructions. This work emphasizes the utility of 200 kV electrons for high-resolution single-particle cryo-EM and applications such as structure-based drug design.

1. Introduction

High-resolution three-dimensional (3D) structure determination of vitrified biological macromolecules by cryogenic electron microscopy (cryo-EM) single-particle analysis (SPA) has expanded the utility of the structural biology field, enabling detailed visualization of targets that were previously intractable using other structural techniques (Bai et al., 2015; Dambacher et al., 2016; de la Pena et al., 2018; Zhan et al., 2018). Due to significant advancements in instrumentation, data collection software, and data processing algorithms, obtaining reconstructions of sufficiently high resolution for reliable model building (i.e., 3 Å resolution or better) has become increasingly routine using SPA, and consequently has garnered substantial interest in the achievable resolution limits of this technique. Indeed, though this resolution regime represents an impressive feat, there remains a considerable discrepancy between what has been presently achieved for structural studies of biological macromolecules (e.g., adeno-associated virus (Tan et al., 2018), beta-galactosidase (Bartesaghi et al., 2015; Bartesaghi et al., 2018), glutamate dehydrogenase (Merk et al., 2016), apoferritin (Danev et al., 2019; Hamaguchi et al., 2019; Zivanov et al., 2018)) versus theoretically attainable resolutions possible with a transmission electron microscope (TEM) (i.e., the Abbe resolution limit given the wavelength of the electron beam). Part of this discrepancy is due to aberrations and distortions inherent to the optics of the instrument, which establish the practical resolution limit in EM (Scherzer, 1949). However, ongoing efforts to optimize the integration of aberration correctors with 300 kV TEMs have enabled imaging of materials to resolutions better than 1.0 Å (Jiang et al., 2018; Sawada et al., 2009). The remaining gap might be partially abridged through continued technical developments, such as improvements in detector performance or computational correction of aberrations (Bromberg et al., 2019; Haider et al., 2009; McMullan et al., 2016; Zivanov et al., 2019; Zivanov et al., 2018) but several additional factors currently prevent atomic-resolution cryo-EM SPA of biological specimens. These are largely sample-dependent, and include conformational and/or compositional heterogeneity (Nogales and Scheres, 2015) and the adoption of preferred orientation within the vitrified ice layer, loss of particle signal-to-noise in thick vitrified ice, as well as specimen denaturation at the hydrophobic air-water interface (D’Imprima et al., 2015; Naydenova and Russo, 2017; Noble et al., 2018; Tan et al., 2017). Furthermore, high-resolution information of the specimen substantially deteriorates during imaging due to accumulation of beam-induced radiation damage.

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During beam-induced motion correction (Zheng et al., 2017). Advancements in specimen preparation to minimize air-water interface interactions (e.g., Spotiton (Jain et al., 2012), graphene or graphene oxide support films (D’Imprima et al., 2019; Naydenova et al., 2019a; Palovcak et al., 2018), streptavidin monolayers (Han et al., 2017)) and image processing strategies to account for conformational dynamics (e.g., focused classification, multi-body refinement (Nakane et al., 2018), manifold embedding (Frank and Ourmazd, 2016)), are promising avenues that aid in mitigating these oft-encountered issues.

Recent investigations of the resolution limit of cryo-EM SPA have relied upon the use of conformationally homogeneous test specimens that maintain structural integrity through the specimen preparation process. From these efforts, several groups have reported using a TEM operating at 300 kV and equipped with a direct electron detector (DED) to reconstruct biological specimens to better than 2 Å resolution (EMD-0144, EMD-0153, EMD-7770, EMD-8194, EMD-9012, EMD-9599, EMD-9890, EMD-10101, EMD-20026). Several structures of the iron storage protein ferritin in the apo state (apo-ferritin) (Danov et al., 2019; Hamaguchi et al., 2019; Zivanov et al., 2018) have been released with reported resolutions as high as ∼1.5 Å (EMD-9865), attesting to the quality of the test specimen as well as the imaging instrumentation. Indeed, a 300 kV TEM paired with a DED is considered the “industry standard” for high-resolution cryo-EM due to the smaller inelastic scattering cross-section (which enables imaging of thicker specimens), smaller defocus spread, minimized effects of specimen charging, and a flatter Ewald sphere associated with shorter electron wavelengths (Henderson, 1995). However, the benefits conferred by high-end 300 kV instruments are tied with the high cost of purchase, installation, and maintenance, which are often prohibitive to many institutions or those establishing new cryo-EM facilities (Aleijnse et al., 2017). Moreover, while greater inelastic scattering and poorer detector performance are limiting factors when imaging with lower-energy electrons, the ratio between information and radiation damage is also more favorable (Peet et al., 2019). It is therefore prudent to also investigate the resolution capabilities of comparatively more accessible lower-energy TEMs (Naydenova et al., 2019b; Peet et al., 2019), which have not been as extensively characterized for cryo-EM SPA. We have previously shown that targets of varying sizes and symmetries can be determined to high-resolution using a Talos Arctica (operating at 200 kV) equipped with a K2 Summit DED (Herzik et al., 2017b; Herzik et al., 2019). Another group has recently shown that the Thermo Fisher Scientific Talos Arctica, which utilizes the same TEM optics as the Arctica, paired with the Falcon 3 DED can be used to determine structures to better than 3 Å resolution (Hamdi et al., 2019). We expand upon our prior work using ∼150 kDa rabbit muscle aldolase by further optimizing our imaging strategies and processing methodologies, including computationally estimating and correcting for higher-order optical aberrations, resulting in an improved ∼2.13 Å reconstruction of this small complex (Fig. 1).

Further, we demonstrate using mouse heavy chain apoferritin that ∼1.75 Å resolution can be achieved using our instrumentation (Fig. 2). At these resolutions, water molecules, coordinated ions, defined backbone features, and holes in aromatic and proline residues can be clearly distinguished in the reconstructions (Figs. 1–3). To our knowledge, these are the highest resolutions that have been achieved by cryo-EM SPA using a 200 kV TEM, effectively demonstrating the capacity of lower-energy instruments to break the 2 Å resolution barrier for symmetric, well-behaved specimens.

2. Results and discussion

2.1. Imaging of rabbit muscle aldolase and initial reconstruction

We previously determined the ∼2.6 Å resolution structure of rabbit muscle aldolase using a base-model (i.e., excluding imaging accessories such as a phase plate or energy filter) Thermo Fisher Scientific Talos Arctica equipped with a Gatan K2 Summit DED, demonstrating that high-resolution reconstructions are also attainable using a two-condenser lens TEM operating at 200 kV (Herzik et al., 2017b). In our prior study, aldolase was imaged at 45,000x nominal magnification in super-resolution mode and micrographs were Fourier-binned 2 × 2 during motion correction (0.91 Å/physical pixel). Prior detective quantum efficiency (DQE) measurements of a K2 DED at 200 kV accelerating voltage showed a fall below 0.5 at half Nyquist frequency in both counting and super-resolution imaging modes (Ruskin et al., 2013). Intriguingly, these data also demonstrated that the DQE below half Nyquist frequency is higher in counting mode than in super-resolution mode. Given these results, we attempted to further improve the resolution of aldolase by conducting additional studies in counting mode at a higher magnification (73,000x nominal magnification, corresponding to 0.56 Å/physical pixel) to utilize the higher DQE within our resolution regime. TEM column alignments were performed as described previously (Herzik et al., 2019), with modifications to further maximize parallel illumination using a longer diffraction mode camera length (see Methods). Iterative 3D classification and refinement steps were performed with D2 symmetry imposed throughout, followed by Bayesian particle polishing and refinement of defocus UV and global astigmatism using RELION 3.0 (Zivanov et al., 2018), yielding a ∼2.3 Å reconstruction (see Methods and SI Fig. 1).

2.2. Imaging of mouse apoferritin and initial reconstruction

To further complement our studies as well as those performed using 300 kV TEMs, we sought to investigate the resolution limits of our

![Fig. 1. ∼2.13 Å resolution cryo-EM reconstruction of rabbit muscle aldolase. A. Representative aligned and dose-weighted micrograph (imaged at ∼1.2 μm underfocus) of aldolase in vitreous ice. Representative reference-free 2D class averages are shown in the right-side inset. B. Final aldolase EM density colored by subunit. C. Final aldolase EM density colored by local resolution shown in full or (D) sliced in half. E. and F. An α-helix comprising residues 8–24 shown in stick representation with EM density (gray mesh) from (E) the ∼2.60 Å resolution structure of aldolase (Herzik et al., 2017b) (EMD-8743) or the (F) ∼2.13 Å resolution reconstruction presented here, zoned within 2 Å.](image-url)
The spherical aberration (Cs) value directly contributes to phase error during imaging and becomes an important component of the contrast transfer function (CTF) at high spatial frequencies. The Cs value is supplied by the microscope manufacturers and is typically not refined during image processing, though it is conceivable that there exists some variability across lenses in different systems. We therefore set out to investigate if changing the Cs value of 2.70 mm ascribed to Thermo Fisher Scientific TEMs such as the Titan Krios, Talos Arctica, and Glacios would impact our attainable resolution. Given that available protocols used to measure the Cs of our Arctica would yield values with error ranges of ±10% due to errors in measuring focus, wavelength, and magnification (Budinger and Glaser, 1976), we instead opted to refine a subset of “polished” apoferritin particles using Cs values ranging from 2.60 mm to 2.95 mm (see Methods). The highest resolution reconstruction (∼2.11 Å) was obtained when “correcting” with Cs = 2.80 mm (SI Fig. 4). When we used these optimized instrument values (0.562 Å/pixel, Cs = 2.80 mm) to reprocess the entire dataset of particles, we were able to further improve the resolution of apoferritin to a global resolution of ∼1.8 Å (SI Fig. 3). However, performing the aforementioned Cc refinement procedure for aldolase using Cs values other than 2.70 mm did not yield significant improvements in resolution or quality of the resulting reconstructions (data not shown). Because the phase shifts arising from Cc increase as a fourth power of the spatial frequency, we speculate that the resolution of aldolase (∼2.3 Å) was not sufficiently high enough to be noticeably influenced by an inaccuracy in the Cc.

2.5. Quantification and correction of higher-order aberrations

Given that changing the Cc parameter value improved the resolution for apoferritin, but not for aldolase, we could not eliminate the possibility that by manipulating this parameter we were likely also accommodating for unexplored higher-order optical aberrations that were present in the dataset. Unlike the Titan Krios, two-condenser systems such as the Arctica or Glacios do not contain multipole correctors to physically compensate for these aberrations (e.g., a hexapole corrector, which can be used to minimize three-fold astigmatism). We computationally characterized the higher-order aberrations present in our data using RELION 3.1, which models the anti-symmetrical and symmetrical components using the first six anti-symmetrical Zernike polynomials (radial orders 1 and 3) and the first nine symmetrical polynomials (radial orders 0, 2, and 4) (Zivanov et al., 2019).
Our aldolase data exhibited both anti-symmetrical and symmetrical aberrations, as evidenced by the resulting per-Fourier-pixel average phase-error plots (SI Fig. 2). The anti-symmetrical aberrations corresponded to the presence of beam tilt and axial coma (but minimal three-fold/trefoil astigmatism). The symmetrical aberration plots indicated strong four-fold/tetrafoil astigmatism in both data sets, particularly for the second subset. The symmetrical aberrations were estimated while keeping Cs fixed at 2.70 mm. To further refine Cs (also a 4th order symmetrical aberration), we allowed per-micrograph fitting of Cs values using input values of 2.70 mm or 2.80 mm. The Cs estimates fit from both inputs converged on the same mean value of 2.7 mm ± 0.02 mm, in agreement with the results of our spherical aberration refinement and the default specifications for this parameter. The aldolase data also contained weak magnification anisotropy (SI Fig. 2). Correcting for these aberrations further improved the resolution of the aldolase reconstruction to ~2.13 Å (Fig. 1B, SI Fig. 1, and Table 1). Local resolution estimation of the resulting reconstruction revealed the majority of the core of molecule was resolved to ~1.90 Å (Fig. 1, C and D).

Comparison of this reconstruction to EMD-8743 revealed better-defined backbone and side-chain density overall (Fig. 1, E and F).

The anti-symmetrical aberration plot of the apoferritin data also revealed some beam tilt and axial coma, but again no significant trefoil astigmatism. The symmetrical aberrations corresponded to pronounced tetrafoil astigmatism (SI Fig. 3). Interestingly, when we performed per-micrograph fitting of Cs as was done for aldolase, the estimates did not deviate much from the input value (i.e. the 2.70 mm and 2.80 mm inputs returned mean values around 2.7 mm and 2.8 mm, respectively). However, the resulting estimated symmetrical Zernike polynomials

Fig. 3. Apoferritin EM map quality for each of the standard 20 amino acids. The EM density zone 2 Å around the residue atoms (shown in stick representation) is shown in gray mesh. All amino acids are shown at the same map contour level. The corresponding residue number is shown below each panel.
Table 1
Data collection, reconstruction, and model refinement statistics.

|                      | Aldolase           | Apoferritin        |
|----------------------|--------------------|--------------------|
| **Data collection**  |                    |                    |
| Microscope           | Talos Arctica      |                    |
| Voltage (kV)         | 200                |                    |
| Nominal magnification| 73,000             |                    |
| Exposure navigation  | Stage Position     |                    |
| Cumulative Exposure  | (e− Å⁻²)           |                    |
| 67                   | 58                 |                    |
| Exposure rate (e⁻ pixel⁻¹ sec⁻¹) | 1.92          | 2                  |
| Exposure per frame (e⁻ Å⁻²) | 1.52          | 0.64               |
| Detector             | K2 Summit          | K2 Summit (Super   |
|                      |                    | (Counting Resolution) |
| Pixel size (Å)*      | 0.562              | 0.562 (0.281)      |
| Defocus range (µm)  | −0.3 to −1.8       |                    |
| Micrographs Used     | 3534               |                    |
| Total extracted particles (no.) | 1,801,738 | 405,106 |
| Refined particles (no.) | 982,098           | 323,471            |
| **Reconstruction**   |                    |                    |
| Final particles (no.)| 394,294            | 241,878            |
| Symmetry imposed     | D2                 | 0                  |
| Map sharpening B-factor (Å²) | −30            | −39                |
| Resolution (global)  |                    |                    |
| FSC 0.5 (unmasked/masked) | 3.06/2.35       | 2.01/1.88          |
| FSC 0.143 (unmasked/masked) | 2.56/2.13      | 1.87/1.75          |
| **Refinement**       |                    |                    |
| Protein residues     | 1,772              | 4160               |
| Ligands/waters (atoms) | 328               | > 400              |
| Map Correlation Coefficient | 0.77            | 0.63                |
| Global               | 0.89               | 0.84                |
| Local                | 0.89               | 0.84                |
| R.m.s. deviations    |                    |                    |
| Bond lengths (Å)     | 0.01               | 0.008 (+ ± 0.001)  |
| Bond angles (°)      | 0.85 (± 0.04)      | 1.23 (± 0.07)      |
| Ramachandran         |                    |                    |
| Outliers (%)         | 0.00               | 0.05 (± 0.27)      |
| Allowed (%)          | 1.5 (± 0.3)        | 2.3 (± 0.9)        |
| Favored (%)          | 98.5 (± 0.3)       | 97.6 (± 1.2)       |
| Poor rotamers (%)    | 0.4 (± 0.5)        | 0.3 (± 0.3)        |
| MolProbity score     | 1.43 (+ ± 0.10)    | 1.12 (± 0.19)      |
| Glasho score (all atoms) | 6.93 (± 1.21) | 8.03 (± 1.65)      |
| CaBLAM score⁷²       | 6.5% (± 0.5%)      | 1.8% (± 0.5%)      |
| EMRinger score⁸⁶      | 7.15 (± 0.19)      | 8.74 (± 0.10)      |

*Calibrated pixel size at the detector.
**Values in parentheses correspond to values from top 10 models.

changed substantially between these refinements, indicating that other terms could be absorbing errors in the C₅ (and vice-versa). Specifically, as the global average of the C₅ absconsed by the 0th and 4th terms of the symmetrical polynomials, changes in these values could produce the same “effective” C₅ if the input value is incorrect. Given these polynomial terms were smaller for the 2.80 mm refinements and smaller for the 2.70 mm refinements (1.09 and 4.03, respectively), we reason that the actual C₅ of our microscope likely differs from the factory-specified value of 2.70 mm (SI Fig. 3). However, the resulting aberration-corrected apoferritin reconstructions using C₅ values refined from 2.70 mm or 2.80 mm were very similar both in terms of resolution (~1.78 Å and ~1.75 Å, respectively) and quality, suggesting that tetrafoil and errors in C₅ may have been compensated for by other symmetrical (possibly even higher-order) aberrations. Inspection of the ~1.75 Å reconstruction revealed defined backbone carbonyl groups, clear density for ordered water molecules and coordinated zinc atoms, as well as distinct side-chain structural details such as holes in aromatic rings and notably greater density associated with sulfur atoms, all of which attest to the quality of the map (Fig. 2, B and C; Fig. 3). Local resolution estimation of the reconstruction revealed a fairly uniform resolution distribution, with the core of the ferritin shell resolved to ~1.6 Å (Fig. 2, D and E). Taken together, these results demonstrate that higher-order aberrations that contribute to phase errors and distortions of high-frequency information in our data can now be computationally modeled and corrected for in the absence of multipole aberration correctors, and advances in software will streamline this process. Importantly, CTF parameter values that were previously believed to be invariant for a given type of microscope, such as C₅, may indeed vary from factory specifications, and refinement of these values concurrently with estimation of higher order aberrations could yield improvements in nominal resolution.

2.6. Acceleration voltage refinement

Given that the CTF depends on both the spherical aberration coefficient and the electron wavelength (as defined by the accelerating voltage), we also explored whether the acceleration voltage of the microscope might differ from the factory-specified value of 200 kV for our apoferritin data set. We used the same refinement procedure outlined for estimating the C₅ value to determine the acceleration voltage that produces the highest resolution structure from our data. Briefly, we refined a subset of “polished” apoferritin particles using accelerating voltage values ranging from 194 to 206 kV in 2 kV increments (see Methods). Particles that utilized a C₅ = 2.70 mm returned a value of 196 kV, while particles that utilized a C₅ = 2.80 mm returned a value of 200 kV and refined to a slightly improved nominal resolution (~2.11 Å) than that of a reconstruction obtained from C₅ = 2.70 mm particles (~2.14 Å) (SI Fig. 4). Although we cannot eliminate the possibility that the voltage may have deviated during data collection, these refinements indicate that our acceleration voltage did not significantly deviate from 200 kV.

3. Concluding remarks

Despite the ubiquity of single particle cryo-EM, there is a lingering misconception that high-resolution structure determination of biological targets can only be achieved with 300 kV three-condenser lens instruments such as the Titan Krios, with 200 kV instrumentation primarily relegated to sample screening. Given the costs associated with establishing and maintaining 300 kV systems, it is not only prohibitive but also impractical to rely solely on 300 kV TEMs to meet the demands of the structural biology community. Our work demonstrates that a modern 200 kV counterpart to the Titan Krios (i.e. a constant-power two-condenser lens TEM with an autoloader) equipped with a DED can produce SPA cryo-EM reconstructions of ideal biological specimens to resolutions better than 2 Å. Given that the vast majority of SPA cryo-EM structures deposited in the EMDB are not resolved beyond 2 Å resolution, we posit that issues associated with specimen preparation and/or sample heterogeneity, rather than microscope optics or electron detection, are the greatest limiting factor to the attainable resolution of SPA reconstructions.

A notable drawback to 200 kV instruments is the lack of aberration correctors, which contributes to the lower cost of the instruments but consequently introduces the likelihood of phase incoherence at high spatial frequencies. Our studies show that trefoil and tetrafoil aberrations can be computationally estimated and modeled using RELION 3.1 (Zivanov et al., 2019) to obtain maps containing clear density for coordinated ligands, ordered water molecules, and, particularly in the case of the apoferritin reconstruction, distinct holes in aromatic and proline residues. The capacity of a 200 kV instrument to distinguish these features holds great promise for its applications in high-resolution structure determination as well as structure-based drug design. Curiously, the extent of the tetrafoil aberrations in our imaging system (which would be expected to remain consistent for a given instrument, provided the system is stable) seemed to vary between imaging sessions as well as between specimens (SI Figs. 2 and 3). These inconsistencies warrant future investigations into the cause of the aberrations observed on our Arctica. We also cannot exclude the contributions of other main axial aberrations within our instrument such as other higher-order aberrations as well as chromatic aberration (C₆), the effects of which are
stronger at lower accelerating voltages (Reimer and Kohl, 2008). As such, in lieu of an experimental means to mitigate these, it is necessary to utilize in silico methods for estimating and correcting for such deviations, as demonstrated here and elsewhere (Bromberg et al., 2019; Zivanov et al., 2019). In addition, we speculate that refinement of CTF parameter values that had previously been deemed invariant from the factory specifications will also lead to improvements in cryo-EM reconstructions and better characterization of TEMs in operation. Together, we anticipate that the advent of such computational tools and refinement procedures will greatly benefit the EM community by not only informing on instrument aberrations, but also by expanding the resolving capabilities of TEMs for cryo-EM SPA of biological complexes.

4. Materials and Methods

4.1. Sample preparation

4.1.1. Rabbit muscle aldolase

Lyophilized rabbit muscle aldolase (Sigma-Aldrich) was solubilized in 20 mM HEPES pH 7.5, 50 mM NaCl to a final concentration of ~3 mg/mL further purified by size-exclusion chromatography using a Sepharose 6 10/300 (GE Healthcare) column equilibrated in solubilization buffer. Fractions containing the highest purity aldolase, as determined by SDS-PAGE, were pooled and concentrated to ~1.6 mg/mL.

4.1.2. Mouse heavy chain apoferritin

A pET24a vector encoding the heavy chain of mouse apoferritin was transformed into BL21(DE3)pLys E. coli chemically-competent cells. Cells were grown at 37 °C in LB media until an OD600nm = 0.5 was reached. Protein expression was induced with 1 mM IPTG at 37 °C. After 3 h, cells were pelleted at 4,000xg for 10 min (4 °C), resuspended in lysis buffer (30 mM HEPES pH 7.5, 300 mM NaCl, 1 mM MgSO4) supplemented with 1 mg/mL lysozyme and cComplete Protease Inhibitor Cocktail (Roche), and subsequently lysed using sonication. Cell debris were pelleted at 20,000xg for 30 min (4 °C) and the clarified supernatant was heat-treated at 70 °C for 10 min to denature endogenous E. coli proteins. Denatured proteins were pelleted at 20,000xg for 15 min (4 °C) and ammonium sulfate was then added to the cleared supernatant to a final concentration of 60% (w/v) followed by gentle stirring on ice for 10 min. The precipitant was harvested at 14,000xg for 20 min (4 °C), gently resuspended in 2 mL of cold phosphate buffered saline (PBS) and subsequently dialyzed against buffer Q1 (30 mM HEPES pH 7.5, 1 mM DTT, 20 mM NaCl). Dialyzed protein was diluted two-fold in buffer Q1 and loaded onto a Hitrap Q HP anion exchange chromatography column (GE Healthcare), equilibrated in buffer Q1, at 1 mL/min. The column was washed with 4 column volumes of buffer Q1 and protein was eluted using a 0–100% gradient of buffer Q2 (30 mM HEPES pH 7.5, 1 mM DTT, 500 mM NaCl) applied over 3 column volumes. Apoferritin eluted between 150 and 200 mM NaCl, as confirmed by SDS-PAGE. Samples corresponding to pure apoferritin were pooled, concentrated to 10–20 mg/mL, and loaded onto a Superdex 200 Increase 10/300 (GE Healthcare) size exclusion chromatography column equilibrated with 30 mM HEPES pH 7.5, 150 mM NaCl, 1 mM DTT. Peak fractions corresponding to the highest purity apoferritin were pooled and concentrated to 4–5 mg/mL. For long-term storage, trehalose (5% (v/v) final) was added to concentrated apoferritin prior to flash-freezing in liquid nitrogen.

4.2. Cryo-EM grid preparation

3 μL of purified aldolase (1.6 mg/mL) or apoferritin (5 mg/mL) was dispensed on UltrAuFoil R1.2/1.3 300-mesh grids (Quantifoil Micro Tools GmbH) that had been freshly plasma cleaned for six seconds at 15 Watts (75% nitrogen/25% oxygen atmosphere) using a Solarus plasma cleaner (Gatan, Inc.). Grids were manually blotted for four to five seconds using Whatman No. 1 filter paper and immediately plunge-frozen into liquid ethane cooled by liquid nitrogen using a custom-built manual plunger located in a cold room (≥ 95% relative humidity, 4 °C).

4.3. Cryo-EM data acquisition, image processing, and refinement

Microscope alignments were performed on a crossed-lines grating replica calibration grid using previously described methodologies, including determining parallel illumination using a long working distance camera length (Herzik et al., 2017a; Herzik et al., 2019). Movies of frozen-hydrated aldolase or apoferritin were collected using a Talos Arctica transmission electron microscope (Thermo Fisher Scientific) with a field emission gun operating at an accelerating voltage of 200 kV and equipped with a K2 Summit direct electron detector (Gatan, Inc.). All cryo-EM data were acquired using the Leginon automated data collection software (Suloway et al., 2005) and pre-processed in real-time using the Appion package (Lander et al., 2009). Movies of aldolase and apoferritin were collected in counting mode (0.56 Å/pixel) and super-resolution mode (0.28 Å/super-resolution pixel), respectively, at a nominal magnification of 73,000x over a defocus range of ~0.3 μm to ~1.8 μm. Aldolase movies were obtained over two imaging sessions, approximately 1 month apart, both using an exposure rate of 1.92 e−/pixel/s for a total of 11 s (250 ms/frame, 44 frames), resulting in a total exposure of ~67 e−/Å2 (1.52 e−/Å2/frame). Apoferritin movies were obtained using an exposure rate of ~2 e−/pixel/s for a total of 9 s (100 ms/frame, 90 frames), resulting in a total exposure of ~58 e−/Å2 (0.64 e−/Å2/frame). The apoferritin frames were Fourier-binned 2 × 2 (0.56 Å/pixel) prior to motion correction using the MotionCor2 frame alignment program (Zheng et al., 2017) implemented within RELION 3.0v2 (Zivanov et al., 2018). Frame alignment without dose-weighting was performed on 4 × 4 tiled frames with a B-factor of 250 and a running average of 2 frames for both aldolase and apoferritin images. The raw unaligned frame stacks were also saved to be later used for Bayesian Polishing (Zivanov et al., 2018). Unweighted, summed images were used for local CTF estimation using GCTF with equilibrium averaging (512-pixel local box size, 0.10 amplitude contrast, 30 Å minimum resolution, 3 Å maximum resolution) (Zhang, 2016). Aligned images with a CTF maximum resolution worse than 4 Å, as reported by GCTF, were excluded from further processing.

4.3.1. Aldolase

For aldolase, EMD-8743 was low-pass filtered to 20 Å and used to generate 2D templates for automated template-based particle picking of both datasets separately using RELION 3.0v2. A total of 1,801,738 particles picks were extracted from 3,534 micrographs collected across both sessions, binned 4 × 4 (2.24 Å/pixel, 128 pixel box size) and subjected to reference-free 2D classification (200 classes, tau_fudge = 2, 120 Å mask diameter). Particles corresponding to 2D class averages containing strong secondary structural details were isolated (982,098 particles) and 3D auto-refined with D2 symmetry using EMD-8743 low-pass filtered to 30 Å as an initial model. The refined coordinates were used to re-center and re-extract particles binned 2 × 2 (1.12 Å/pixel, 256-pixel box size). These particles were refined again using a scaled version of the previously refined map, followed by 3D classification (4 classes, tau_fudge = 2, E-step limit = 7 Å) using a soft mask (5-pixel extension, 5-pixel soft cosine edge). A total of 394,294 particles were selected from the 3D classes and subjected to per-particle CTF refinement (defocus and global astigmatism) and beam tilt estimation. The particles were then 3D auto-refined, re-centered, and re-extracted without binning (0.56 Å/pixel, 256-pixel box size). Particle motion trajectories and radiation damage were estimated using RELION 3.0v2 Bayesian particle polishing. Shiny particles were re-extracted without binning (512-pixel box size), combined from both datasets, and 3D auto-refined to ~2.4 Å resolution. An additional iteration of CTF refinement (defocus and global astigmatism) was performed and beam tilt was estimated for the two datasets separately (for the first dataset,
x = 0.23 mrad, y = -0.08 mrad; for the second dataset, x = -0.17 mrad, y = 0.14 mrad). 3D auto-refinement yielded a ~2.3 Å resolution reconstruction (~2.9 Å with C1 symmetry). Estimation of magnification anisotropy and higher-order optical aberrations (anti-symmetrical and symmetrical components) was performed using RELION 3.1 (Zivanov et al., 2019). Per-micrograph refinement of Cₐ was also performed (2.7 ± 0.02 mm). Correcting for these aberrations yielded a final ~2.1 Å resolution reconstruction according to gold-standard FSC (Scheres and Chen, 2012). Local resolution estimation was calculated using the blocres function in BSOFT (Cardone et al., 2013).

4.3.2. Apoferritin

For apoferritin, RELION 3.0v2 was used to manually pick particles from the first 50 micrographs, yielding 1,102 picks, that were then extracted binned 2 × 2 (1.12 Å/pixel, 192-pixel box size) and subjected to reference-free 2D classification. Nearly all particles converged to a single 2D class which was used for automated template-based particle picking against the entire set of aligned images using RELION. A total of 405,106 picks were extracted from 1759 micrographs, binned 2 × 2 (1.12 Å/pixel, 192-pixel box size), and subjected to reference-free 2D classification (50 classes, tau_fudge = 2). Particles corresponding to 2D class averages containing strong secondary structural details were isolated (158,138 particles) and the remaining particles were subjected to an additional round of 2D classification (25 classes, tau_fudge = 2, ignoring information until the first CTF peak), from which 135,116 particles were isolated. This procedure was repeated once more (yielding 30,217 particles) and all selected particles were combined to yield 323,471 particles in total. These particles were subjected to RELION 3D auto-refinement with O symmetry using an initial model generated from EMD-9599 low-pass filtered to 8 Å to provide enough information to assign the orientation of the alpha helices (Henderson and McMullan, 2013). The refined coordinates were used for subsequent re-centering and re-extraction of unbinned particles (0.56 Å/pixel, 384-pixel box size), which were refined using a scaled version of the previous map to yield a ~2.4 Å reconstruction (gold-standard FSC at 0.143 cutoff).

Refinement of per-particle defocus, beam tilt, and global astigmatism were performed using RELION 3.0v2, followed by 3D auto-refinement yielding a ~2.2 Å reconstruction. The particles were then subjected to RELION Bayesian particle polishing, which further improved the resolution of the reconstruction to ~2.1 Å. Repeating per-particle defocus, beam tilt, and per-particle astigmatism refinement yielded a ~2.0 Å reconstruction. The particles were then subjected to no-alignment 3D classification (4 classes, tau_fudge = 12) using a soft mask (5-pixel extension, 10-pixel soft cosine edge), which yielded a single well-resolved class comprising 323,362 particles. It was previously observed that eliminating particles imaged at higher underfocus yielded modest improvements in nominal resolution and map quality (Herzik et al., 2017b; Herzik et al., 2019). From this reasoning, we selected only those images collected between 200 and 1200 nm underfocus (241,878 particles) for 3D auto-refinement; however, no improvement in resolution was observed. Further attempts at 3D classification, particle sorting (e.g., defocus values, Z-scores, rlnNRSignificantSamples, etc.), or modifications to 3D auto-refinement parameters did not improve the nominal FSC-reported resolution beyond ~2 Å. To explore the possibility that errors in pixel size or spherical aberration (Cₐ) were limiting our ability to attain a higher resolution reconstruction, we refined these values using the methodologies described in the subsequent sections.

In accordance with the results of the Cₛ refinement tests, the particles were refined with Cₛ = 2.80 mm, yielding a ~1.89 Å reconstruction. After repeating per-particle defocus and astigmatism refinement with beam tilt estimation (x = 0.15 mrad, y = -0.14 mrad), the resolution of the resulting reconstruction improved to ~1.84 Å. Estimation of higher-order optical aberrations (anti-symmetrical and symmetrical components) and per-micrograph Cₛ refinement were performed using RELION 3.1 (Zivanov et al., 2019) for particle stacks with Cₛ = 2.80 mm or 2.70 mm (yielding values of 2.8 ± 0.01 mm and 2.7 ± 0.006 mm, respectively). Correcting for these aberrations using refined Cₛ = ~2.8 mm or ~2.7 mm yielded reconstructions at ~1.75 Å and ~1.78 Å resolutions, respectively, according to gold-standard FSC (Scheres and Chen, 2012). Local resolution estimation of the ~1.75 Å was calculated using the blocres function in BSOFT (Cardone et al., 2013).

4.3.3. Pixel size refinement

X-ray structural arrangements of apoferritin (3WNN) and aldolase (5VYS) asymmetric units were rigid-body refined into the EM reconstructions determined using voxel sizes between 0.555 Å/pixel and 0.575 Å/pixel using the Phenix.real_space_refinement package (Afonine et al., 2018). For aldolase, 5VYS was subjected to a short molecular dynamics simulation to minimize bias in the starting model from compaction upon freezing of the specimen for X-ray diffraction studies (Juers and Matthews, 2001; Tilton et al., 1992). Briefly, PDB2QR (Dolinsky et al., 2004) was used for the initial assignment of charges of aldolase and the CHARMM-GUI (Jo et al., 2008; Lee et al., 2016) was used to generate the input files for NAMD (Phillips et al., 2005). Aldolase was then subjected to a standard equilibration followed by a short 20 ns simulation run using implicit solvent. The outputted snapshots (every 1 ns) were monitored to ensure protein structural integrity was maintained and the PDB file of the final snapshot was used for voxel size refinement. Second-order polynomial curves were fit to the plot of local model-map cross-correlation (CC) against voxel size for each specimen (SI Fig. 5).

4.3.4. Spherical aberration (Cₛ) refinement

For apoferritin, particles from the first 50 micrographs (11,902 particles) of the final refined particle stack that yielded the ~2 Å resolution reconstruction were selected for testing CTF parameters. The RELION star file representing these particles was manually modified to change the Cₛ value from 2.70 mm (factory specifications) to values between 2.60 and 2.95 mm in 0.05 mm increments. The modified star files were then used for defocus refinement as implemented within RELION while keeping the CTF astigmatism and azimuth angle values constant. The star file containing updated defocus estimates were then subjected to 3D auto-refinement with O symmetry enforced using the 2 Å resolution reconstruction low-pass filtered to 8 Å as an initial model. Each reconstruction was postprocessed within RELION using a voxel size of 0.56 Å/pixel, subjected to an additional round of CTF refinement and subsequent 3D auto-refinement. The final FSC-estimated resolution for each reconstruction was then plotted against Cₛ value and a second order polynomial was fitted (SI Fig. 4). A minimum was observed at Cₛ = 2.80 mm. The RELION star file representing all the particles contributing to the ~2 Å reconstruction was manually modified to change the Cₛ value to 2.80 mm and subjected to further CTF refinement and 3D auto-refinement (see above).

4.4. Acceleration voltage refinement

The same subset of “polished” apoferritin particles previously used for Cₛ refinement were manually modified to change the accelerating voltage from 200 kV to values ranging from 194 to 206 kV in 2 kV increments. The Cₛ value of these subsets were set to 2.70 mm or 2.80 mm. The same refinement procedure was performed as described above using a voxel size of 0.56 Å/pixel. The final FSC-estimated resolution was plotted against accelerating voltage for each Cₛ value, and a second order polynomial was fitted (SI Fig. 4). A minimum was observed at 196 kV and 200 kV for subsets using Cₛ = 2.70 mm and 2.80 mm, respectively.

CRediT authorship contribution statement

Mengyu Wu: Conceptualization, Methodology, Writing - original
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