Dynamical Properties of Eccentric Nuclear Disks: Stability, Longevity, and Implications for Tidal Disruption Rates in Post-merger Galaxies

Ann-Marie Madigan1, Andrew Halle2,3, Mackenzie Moody3, Michael McCourt4,6, Chris Nixon5, and Heather Wernke1

1 Astrophysical and Planetary Sciences & JILA, CU Boulder, CO, USA; annmarie.madigan@colorado.edu
2 Astronomy Department, UC Berkeley, CA, USA
3 Department of Astrophysical Sciences, Princeton University, NJ, USA
4 Department of Physics, UC Santa Barbara, CA, USA
5 Theoretical Astrophysics Group, Department of Physics & Astronomy, University of Leicester, Leicester LE1 7RH, UK

Received 2017 May 8; revised 2017 December 22; accepted 2018 January 5; published 2018 February 1

Abstract

In some galaxies, the stars orbiting the supermassive black hole take the form of an eccentric nuclear disk, in which every star is on a coherent, apsidally aligned orbit. The most famous example of an eccentric nuclear disk is the double nucleus of Andromeda, and there is strong evidence for many more in the local universe. Despite their apparent ubiquity, however, a dynamical explanation for their longevity has remained a mystery: differential precession should wipe out large-scale apsidal-alignment on a short timescale. Here we identify a new dynamical mechanism which stabilizes eccentric nuclear disks, and explain for the first time the negative eccentricity gradient seen in the Andromeda nucleus. The stabilizing mechanism drives oscillations of the eccentricity vectors of individual orbits, both in direction (about the mean body of the disk) and in magnitude. Combined with the negative eccentricity gradient, the eccentricity oscillations push some stars near the inner edge of the disk extremely close to the black hole, potentially leading to tidal disruption events (TDEs). Order of magnitude calculations predict extremely high rates in recently formed eccentric nuclear disks (∼0.1–1 yr−1 gal−1). Unless the stellar disks are replenished, these rates should decrease with time as the disk depletes in mass. If eccentric nuclear disks form during gas-rich major mergers, this may explain the preferential occurrence of TDEs in recently merged and post-merger (E+A/K+A) galaxies.

Key words: stars: kinematics and dynamics

1. Introduction

The tidal gravity of supermassive black holes (SMBHs) gives rise to some of the most energetic phenomena in the universe: tidal disruption events (TDEs), hyper-velocity stars, and gravitational wave inspirals of compact stellar remnants. Fundamentally, the rates of these events are determined by the dynamics of stars in the vicinity of SMBHs. It is commonly assumed that nuclear star clusters are spherically symmetric, and that gravitational two-body scattering is the dominant process determining the rates of these events. However, the distribution of stars around SMBHs is often observed to be highly asymmetric, and coherent torques between stellar orbits may strongly dominate over two-body interactions. For a historical perspective, we look to our most massive galactic neighbor.

The asymmetric nucleus of the Andromeda galaxy (M31) has been a puzzle since its discovery by balloon-borne experiments (Light et al. 1974). It took nearly two decades for a telescope of sufficient resolution (Hubble Space Telescope; HST) to resolve the nucleus into two distinct components: a faint peak (P2) lying approximately at the bulge center, and a brighter component (P1) offset by 0″5 (∼2 pc; Lauer et al. 1993). An obvious hypothesis is that P1 and P2 are separate star clusters. If this were the case, however, the two clusters should merge on such a short timescale that finding something like the M31 nucleus becomes exceedingly improbable. Furthermore, spectroscopy reveals that their K-type stellar populations are nearly identical (Kormendy & Bender 1999); they must therefore comprise a single system of stars.

Tremaine (1995) showed that the double nucleus is best modeled as an eccentric stellar disk orbiting the SMBH. This configuration can lead to two brightness peaks: a primary peak at apoapsis (P1), where stars spend most of their time, and a fainter one at periapsis (P2), where orbits pinch together and create an enhancement in surface brightness. The periapsis peak is faint, however, and is only visible for a narrow range of nearly edge-on orientations. Though the M31 disk at first seems exotic, seeing an improbable arrangement in a nearby galaxy suggests that these disks should in fact be common. Indeed, while no systematic search for eccentric nuclear stellar disks has been conducted, there is growing evidence that they are unexceptional. In the Lauer et al. (2005) sample of 65 non-dust-obscured early-type galaxies, ∼20% show features consistent with eccentric nuclear stellar disks seen from different angles (offset nuclei, nuclei with central minima, and double nuclei). This is despite the observational challenges of detecting such signatures; stable eccentric nuclear disks live within the radius of influence of the SMBH, a scale difficult to resolve except for the closest and/or most massive galaxies (see Section 5).

Hopkins & Quataert (2010a, 2010b) show that eccentric nuclear stellar disks may originate in gas-rich galaxy mergers: they form when gas that is funneled to the center of the potential fragments and forms stars on aligned eccentric orbits. The presence and prevalence of these disks may therefore encode a wealth of information about galaxy formation and merger histories. Despite the importance and apparent ubiquity of eccentric nuclear disks, however, the stability of such disks...
has remained a mystery. Individual orbits within the disk should precess at different rates, smearing out the coherent structure on a differential precession timescale of ~Myr, far shorter than the ~Gyr ages of the stars in the M31 disk. This has led many (e.g., Merritt 2013) to conclude that the eccentric disk we see in M31 is a transient feature.

In this paper we identify a new dynamical mechanism which stabilizes eccentric nuclear stellar disks against smearing by differential precession, thus explaining the longevity of these structures. We show that, in an isolated system, a small fraction of outermost orbits break away to form their own oppositely precessing structure, for which there may be evidence in the M31 nucleus (Brown & Magorrian 2011; Menezes et al. 2013). We also show that the mechanism naturally reproduces the negative eccentricity gradient of the M31 disk (Peiris & Tremaine 2003). An important corollary of our disk stabilizing mechanism is that the stars undergo oscillations in orbital eccentricity. During these oscillations, some fraction of the stars approach plunging orbits and are susceptible to tidal disruption by the SMBH near periapsis. Thus, we propose that eccentric nuclear disks, via their stabilizing mechanism, fundamentally change the rates at which stars interact with SMBHs. Such interactions may significantly enhance the production rates of TDEs, hyper-velocity stars and binaries, and gravitational wave inspirals of compact objects.

We present the paper as follows: in Section 2 we describe a new dynamical model which explains the stability of eccentric nuclear disks. In Section 3 we compare predictions of our model with N-body results, showing that an eccentric disk develops a negative eccentricity gradient, and that individual orbits undergo large-amplitude oscillations in eccentricity and that some may even flip in inclination. In Section 4 we describe how our dynamical model can explain the enhanced TDEs seen in recently merged and post-merger galaxies. In Section 5 we summarize our findings and discuss our results.

2. A Stability Model for Eccentric Nuclear Disks

The orbit of a star near an SMBH of mass $M$, can be described by two vectors: the (specific) angular momentum vector $j = r \times v$, which defines the orbital plane, and the eccentricity vector $e = (v \times j)/(GM) - \hat{r}$, which points toward periapsis and whose magnitude equals the eccentricity of the orbit. In a perfectly Keplerian potential, the vectors $j$ and $e$ are constant. If we add a small non-Keplerian force $f$, however, the orbit vectors evolve in time according to

$$j' = r \times f = \tau \quad \text{(1a)}$$

$$e' = \frac{f \times j}{GM} + \frac{v \times \tau}{GM}, \quad \text{(1b)}$$

where $\tau \equiv r \times f$ is the specific torque produced by the non-Keplerian force.

An eccentric disk is characterized by apsidally aligned orbits, i.e., orbits with aligned $e$-vectors. Non-Keplerian forces induce precession of the $e$-vectors (Equation 1(b)) at rates that depend on the semimajor axes of the orbits (orbits near the inner edge of the disk have smaller angular momentum and experience larger forces than orbits at the outer, less dense edge of the disk). Hence we would expect the $e$-vectors to spread out on a differential precession timescale, and that the apsidally aligned orbits observed in the M31 nucleus and in so many other galaxies should be a short-lived, transient phenomenon.

The forces that drive differential precession in $e$-vectors, however, also result in coherent gravitational torques (Equation 1(a)) acting between stellar orbits (Rauch & Tremaine 1996). In the inner arcsecond ($\sim 4$ pc) of the M31 nucleus, where the eccentric nuclear stellar disk can be studied in detail, the total mass of the disk is $\sim 15\%$ of the mass of the SMBH ($M_\odot \approx (1-2) \times 10^8 M_\odot$; Bender et al. 2005). Hence the secular (orbit-averaged) gravitational torques exerted by the disk orbits on each other are strong and can effectively counteract $e$-vector differential precession.

The stability of a disk depends entirely on the direction of its $e$-vector precession. In Madigan et al. (2009), we focused on the case in which an eccentric stellar disk is embedded in a more massive, approximately symmetric nuclear star cluster (such as in the Milky Way Galactic center; Feldmeier et al. 2014). This additional gravitational potential leads to retrograde precession of the orbits ($e' \cdot v_p < 0$ where $v_p$ is the velocity at periapsis). Retrograde precession, combined with mutual gravitational torques, results in an "eccentric disk instability" which propels the orbits apart.

Here we focus on the case in which the mass of the asymmetric eccentric disk is much greater than the background stellar potential (as is true for the M31 nucleus; Kormendy & Bender 1999), such that the direction of precession is reversed. Prograde precession ($e' \cdot v_p > 0$) leads instead to stability: orbits which precess ahead of the disk feel a gravitational pull toward the disk behind it. We show this in the left panel of Figure 1. This gravitational force creates a torque $\tau_e < 0$ (see Equation 1(a)) which decreases the angular momentum of the orbit. Specific angular momentum and energy are defined as

$$j^2 = GM_\odot a (1 - e^2) \quad \text{(2a)}$$

$$E = \frac{GM_\odot}{2a} \quad \text{(2b)}$$

The torque does not affect the energy or, equivalently, the semimajor axis of the orbit. Hence the torque raises the orbital eccentricity of the orbit. Increasing the eccentricity slows its angular precession rate ($\sigma f \times j/e$), stalling the orbit until it is reabsorbed by the mean body of the disk. A similar analysis shows that orbits which lag behind the disk decrease in eccentricity, precess more rapidly, and are driven back toward the bulk of the disk (right panel of Figure 1). This stability mechanism implies both that a coherent precessing eccentric disk maintains its shape in response to perturbations, and that perturbed orbits undergo oscillations in eccentricity and in orientation about the mean body of the disk. A similar analysis shows that sufficiently massive eccentric disks are stable to perturbations in inclination resulting from out-of-plane forces. Strongly perturbed and/or extremely eccentric orbits can flip their orientation, however; see Section 3.4.

7 An intuitive explanation for this retrograde precession can be seen from Equation 1(b). In Gauss’s approximation, we spread the mass of the star over its orbit, with the density inversely proportional to the instantaneous velocity. Hence most of the mass of the orbit is located at apoapsis. For sufficiently eccentric orbits and for typical nuclear star cluster density profiles, the forces experienced at this location dominate over those at periapsis. A spherical gravitational potential results in an inward radial force at apoapsis; the first term in Equation 1(b) gives retrograde precession.
Orbit Leads Disk:

Orbit Lags Behind Disk:

Figure 1. Physics of orbital oscillations within a stable eccentric disk. The entire disk (black) precesses in the prograde direction (counterclockwise in this figure). If an orbit (red) moves ahead of the disk (left panel), it feels a gravitational pull toward the bulk of the disk. This torques the orbit, decreasing its angular momentum and thus increasing its orbital eccentricity ($\dot{e} \propto (1-e^2)$). This lowers the orbit’s precession rate, allowing the bulk of the disk to catch up with it. The reverse happens for an orbit which lags behind the bulk of the disk (right panel). The overall effect is to stabilize the disk: any orbit which is perturbed off the disk is driven back toward it by torques and differential precession. The mechanism inducing this stability leads to oscillations in eccentricity.

3. N-body Simulations of Eccentric Disks

We can use these results to study stable models of eccentric disks using N-body simulations. We use the REBOUND code with the IAS15 integrator (Rein & Liu 2012; Rein & Spiegel 2015) with no gravitational softening. We choose general initial conditions for disk orbits, initializing $N = 100–1000$ stars on eccentric apsidally aligned orbits with a narrow range of semimajor axes ($a = 1–2$), a flat eccentricity distribution, and surface density profile $\Sigma \propto a^{-2}$. The disk to SMBH mass ratio is $M_{\text{disk}}/M_* = 0.01$. For simplicity, we treat the stars as point masses and do not include a tidal disruption radius in the code; orbits are allowed pass through $e = 1$.

3.1. Oppositely Precessing Outer Orbits

Our model posits that eccentric orbits in an asymmetric disk are stable so long as they apsidally precess in a prograde direction. We verify this with N-body simulations. Figure 2 shows results for an eccentric disk with initial orbital eccentricities $e = 0.8$. We plot the components of the eccentricity vectors in the disk plane ($e_x$, $e_y$). As expected, the bulk of the eccentric nuclear disk stably precesses with prograde motion (counterclockwise; blue points). The outermost orbits (5%–10% by mass) are pushed via two-body relaxation beyond the initial outer edge of the disk, and precess more slowly with retrograde motion (clockwise; red points). The direction of precession of orbits at intermediate semimajor axes is time-dependent—these orbits undergo both prograde and retrograde precession as secular torques change their eccentricities. Dissipation decreases the mean precession rate of the disks. This is also due to two-body relaxation which increases the semimajor axis range of the stars as they scatter off one another.

In Figure 3, we show the transition between the prograde-precessing eccentric nuclear disk and the outermost retrograde-precessing orbits. The orange line shows the mean longitude of periapsis $\varpi$ as a function of time for the innermost 76% of the disk orbits (in the semimajor axis). The dark blue line shows the same for the outermost 6% of the disk orbits. Three things stand out from this plot. The first is that the transition between the inner prograding-precessing disk and the outer retrograde-precessing orbits is not abrupt. Second, the outer orbits precess at about half the rate of the prograde-precessing disk. Third, the precession rate of the outer orbits slows when the orbits overlap with the main disk. This last point is important observationally: the two oppositely precessing structures will not necessarily appear as separate components. The slow-down in precession is a direct result of angular momentum exchange. As the outer orbits approach the inner prograde-precessing disk, they lose angular momentum, increase in mean orbital eccentricity, and slow down in precession. As they precess past the disk, they are torqued to higher angular momenta, decrease in mean orbital eccentricity, and speed up in precession. Hence they appear to race around in precession toward the inner disk again. As the prograde-precessing disk is far more massive, it experiences smaller eccentricity variations.

Our idealized, low-N simulations cannot provide a direct comparison to the M31 nucleus. Due to the artificially high two-body relaxation rate, the stars diffuse rapidly in semimajor axes, thus decreasing both the orbital precession rates and the strength of the torques exerted between orbits. Both of these affect the eccentricity structure of the disk which feeds back into the precession rates. A careful convergence study will therefore be required to make a concrete comparison with the M31 nucleus. We must also add the M31 bulge potential and general relativistic precession, explore a smaller mass ratio between the SMBH and the disk, and expand the semimajor axis range of the disk. Nevertheless, across a broad range of parameter space, our simulations generically show that the outermost orbits ($\leq 10\%$ in mass) break away into an oppositely precessing structure, and there may be observational evidence of this in the M31 nucleus.
Brown & Magorrian (2013) explore non-parametric models of the M31 nuclear disk. They find that some sections of the disk are not aligned with others. This is consistent with our model. In detail, however, they find that orbits are anti-aligned with respect to the main disk both inside $r < 0.15$ and outside $r > 1.2$. This is not what we predict, but this is likely an artifact of biaxial symmetry in their model. The inner structure that they describe behaves similarly to the inner disk in our simulations: eccentricities, inclinations, and their standard deviations decrease with semimajor axis. There are differences in the main disk structure that they find, however. The inclinations of orbits increase with radius, which is the opposite of what we find. We note, however, that our simulations do not include a grainy (N-body) background potential; this has been shown to be important in the growth of orbital inclinations of disk stars (Löckmann et al. 2009).

Menezes et al. (2013) recently reported the discovery of an eccentric H$\alpha$-emitting disk in the inner 0.7 of the M31 nucleus. The source of this emission—whether stellar or gaseous in origin—is not yet known. Using a simple orbit model, they derived Kepler elements that show it to be related to, but distinct from, the P1–P2 stellar disk. Its eccentricity, inclination, and position angle of ascending nodes ($e = 0.35$, $i = 45^\circ$, P.A. = 59$^\circ$) are very similar to that derived for the stellar P1–P2 disk ($e = 0.3$, $i = 55^\circ$, P.A. = 56$^\circ$). Noticeably however, the argument of periapsis $\omega = 115^\circ$ is very different from that of the stellar P1–P2 disk, $\omega = 250^\circ$. This translates to a longitude of periapsis difference of $\Delta \omega \sim 135^\circ$ between the two structures.

Though it is not yet clear how to map the Brown & Magorrian models and Menezes, Steiner & Ricci H$\alpha$-observations to our simulations, or even to each other, a stable eccentric nuclear disk is likely to be more complex than a single monolithic structure.

---

**Figure 2.** Time evolution of an eccentric disk. Eccentricity vectors of stars in an N-body simulation (projected into the disk plane), plotted every secular timescale ($\sim$100 orbits) (left to right, top to bottom). The dashed gray circle indicates values of $e = 1$. Stars are initialized with eccentricities $e = 0.8$. Colors correspond to semimajor axes (stars are initialized from $a = 1$–2 but spread out quickly due to two-body relaxation). The bulk of the disk stably precesses with prograde motion (counterclockwise). The $\mathbf{e}$-vectors spread out due to orbits oscillating back and forth across the mean body of the disk and high eccentricity orbits gaining significant inclinations. The very outermost orbits precess with retrograde motion (clockwise). They exchange angular momentum via coherent gravitational torques with the prograde-precessing disk when they encounter it at low relative azimuthal angles.

---

8 $\varpi$ is the angle between the eccentricity vector and a reference direction.
3.2. Negative Eccentricity Gradient of the Main Disk

Orbits of the same eccentricity with low semimajor axes will precess faster than those with high semimajor axes (from Equation 1(b)); \( e' \propto f \propto j \propto (1 - e^2)^{1/2} a^{-3/2} \) taking \( f \propto a^{-2} \). For the inner disk to stably precess as one body, the orbits at low semimajor axes must increase their eccentricities with respect to the mean, while the orbits at high semimajor axes must become more circular. They do this naturally via the coherent torques as described in Section 2. Hence our model predicts that a stable equilibrium eccentric stellar disk will have a negative eccentricity gradient; orbital eccentricities decrease as a function of semimajor axis.

Our N-body simulations verify this prediction. As an example we show results from a simulation with initial disk eccentricity \( e = 0.8 \). The top panel of Figure 4 shows the negative eccentricity gradient \( de/da < 0 \) of the inner disk, with a high mean eccentricity \( \langle e \rangle \approx 0.95 \) near its inner edge. The gray regions show one-sigma quantiles, the typical amplitude of eccentricity oscillations (see Section 3.3). The outer edge of the inner disk has a much lower mean eccentricity of \( \langle e \rangle \approx 0.3 \). Beyond \( a > 2.3 \) the orbits precess with retrograde motion. The bottom panel of Figure 4 shows the inclination distribution as a function of semimajor axis, which also demonstrates a clear negative gradient, \( di/da < 0 \). The highest values at low semimajor axes are driven by the “flipping” of extreme eccentricity orbits to \( i \sim 180^\circ \) (see Section 3.4). In this high-eccentricity disk, secular (orbit-averaged) torques dominate the dynamical evolution of the system. Orbits with high eccentricities have less angular momentum and therefore require less force to be torqued around, and so a negative inclination gradient is a natural consequence of the negative eccentricity gradient.

One might expect from the inclination distribution that the inner disk is more geometrically thick than the outer disk. This is not the case, however, as pointed out by Haas & Subr (2016): the high-eccentricity orbits have \( \omega \) values such that they are relatively embedded in the disk. In other words, inclinations grow via orbits rolling over their major axes. Since the orbits are so eccentric, their high inclinations do not lift them far above the disk in three-dimensional space. In terms of the azimuthal distribution of orbits, the stable eccentric nuclear disk is a coherent, prograde-precessing structure with a relatively small deviation of \( \varpi \) values, whereas the outermost orbits form a less coherent structure. The full three-dimensional structure of eccentric disks, which varies with semimajor axis and also with azimuth, will greatly affect the observational signatures of disks seen from different angles.

3.3. Eccentricity Oscillations

As discussed in Section 2, the stabilizing forces which hold the disk together against differential precession also drive oscillations in the individual orbits’ eccentricity vectors. These oscillations are driven by gravitational torques—which adjust orbital eccentricities and limit the differential precession rate—and are damped by two-body relaxation. In Figure 5 we show longitude of periapsis \( \varpi \) tracks for two stars over \( \sim 300 \) orbital periods, subtracting the mean longitude of periapsis of the main disk to highlight orbital oscillations. The inner (orange) orbit oscillates with counterclockwise motion about the main body of the disk as described in Section 2. When ahead of the disk \( (\varpi - \langle \varpi \rangle > 0) \), it increases in eccentricity and decreases in precession rate. When the disk overtakes it \( (\varpi - \langle \varpi \rangle < 0) \), it decreases in eccentricity and increases in precession rate. The (blue) outer orbit differentially precesses (with retrograde motion) on this timescale. It feels strong gravitational torques from the inner disk and so it oscillates in eccentricity as it encounters and moves past the inner disk. Here we write down the governing dynamical equations for the orbital oscillations within the inner disk and derive its timescale.

The orientation of an eccentricity vector in the disk can be described by \( i_e = \arctan e_j/e_i \) (Madigan & McCourt 2016). We note that this angle is equivalent to the longitude of
for orbits of zero inclination, \( i_e = \Omega - \arctan \{ \cos \omega, \cos i \sin \omega \} + \pi/2 \). The precession rate, that is the time rate of change of \( i_e \), is

\[
di_e' = -\frac{j_f}{GM_e} \cos \psi + \frac{\eta_j v_r}{GM_e} \left[ \frac{2}{e} + \cos \psi \right],
\]

\[
\sim (e^2 - 1)^{1/2} \frac{2\pi}{t_{sec}^1}
\]

where \( \psi \) is the true anomaly of the star on its orbit, \( \eta_j \equiv \tau \cdot \hat{j} \) is the perpendicular component of the torque and \( v_r \) is the radial velocity of the star at \( \psi \) (Madigan et al. 2017). The first term in Equation 3(a) describes precession due to a radial, non-Keplerian specific force \( f_r \). For simplicity we evaluate this at apoapsis\(^9\) (\( \cos \psi = -1 \)) and ignore the second term which results from fitting Kepler elements to a slightly non-Keplerian orbit. We approximate the magnitude of the radial force experienced at apoapsis as \( f_r \sim GM_{disk}/a^2 \) and define the secular dynamical timescale

\[
t_{sec} \equiv \left( \frac{M_\star}{M_{disk}} \right)p.
\]

We denote the angular difference between the \( e \)-vector of a test orbit and the mean \( e \)-vector of the disk by \( \delta i_e \). To first order, differences in eccentricity drive spreading of the disk according to

\[
\delta i'_e = \frac{di'_e}{de} \delta e.
\]

From Equation 3(b),

\[
\frac{di'_e}{de} = \left( \frac{e^{-3}}{\sqrt{e^2 - 1}} \right) \left( \frac{2\pi}{t_{sec}} \right).
\]

Next we model the azimuthal in-plane force felt by a test orbit by the disk. The eccentric disk has some mean azimuthal spread (angular spread of the eccentricity vectors in the disk plane) which we denote as \( \phi_{disk} \). A test orbit lying outside this range experiences a force \( f \sim -GM_{disk}/(a\delta i_e)^2 \). Inside the disk, however, the force should not tend to infinity. In fact opposing forces approximately cancel near the middle of the disk. Here we approximate the force as \( f \sim -\alpha \delta i_e \), where \( \alpha = GM_{disk}/(a^2\phi_{disk})^2 \). The time rate of change of eccentricity of a test orbit within the disk is given by

\[
e' = \frac{2E(j \cdot \tau)}{GM_e^2 e} + \frac{j^2 (v \cdot f)}{GM_e^2 e} = \frac{\sqrt{e^2 - 1}}{\phi_{disk}^2} \delta i_e \left( \frac{2\pi}{t_{sec}} \right)
\]

where we have ignored the second half of the Equation 7(a) as it oscillates over an orbital period, and used \( \tau \sim rf \cos(\delta i_e) \sim rf \).

Differentiating Equation (5), and equating \( \delta e' = e' \), gives

\[
\delta i'_e = \frac{di'_e}{de} \delta e.
\]

\[
- \frac{\delta e'}{\delta i'_e} = -\omega_{osc}^2 \delta i_e \left( \frac{2\pi}{t_{sec}} \right)^2.
\]

This yields the equation for simple harmonic motion, \( \delta i'_e = -\omega_{osc}^2 \delta i_e \), with the oscillation frequency

\[
\omega_{osc} = (e\phi_{disk})^{-3/2} \left( \frac{2\pi}{t_{sec}} \right)
\]

The oscillation period is

\[
t_{osc} = \frac{2\pi}{\omega_{osc}} = (e\phi_{disk})^{3/2} t_{sec}.
\]

Taking representative values of \( e \sim \phi_{disk} \sim 0.8 \), the oscillation period in our simulations should be \( O(100) \) P. This is the order of magnitude we see for oscillations in Figures 5, 6, and 8.

### 3.4. Inclination Flips

Since stars with very high orbital eccentricity have low angular momentum, they are easily torqued around and may undergo orbital “flips.” In Figure 6 we focus on one such star. The top plot shows its eccentricity (orange; right \( y \)-axis) and inclination (green; left \( y \)-axis) evolution over the entire simulation. High-eccentricity peaks often correspond to a rapid reversal of orbital inclination. The bottom two plots show a zoom-in at a time when the orbital inclination (green circles, plotted every orbital period) flips from prograde to retrograde and back in tandem with eccentricity oscillations (orange diamonds). In the bottom right plot, we show \( i_e (\equiv \arctan e_i/e_v) \) relative to the mean \( i_e \) of the inner disk (blue pentagons), essentially quantifying the difference in eccentricity vectors in the plane of the disk. The double-peaked eccentricity profile and corresponding double inclination flip can be explained using simple Newtonian mechanics as follows.

As the orbit precesses ahead of the main body of the disk \( (t \sim 6.5) \), its eccentricity increases due to the disk’s negative gravitational torque. Its precession rate slows to a halt with respect to that of the disk \( (t \sim 6.8) \), and the coherent torque efficiently reduces the orbit’s angular momentum until it approaches and passes through zero. The inclination is flipped to \( i \sim 180^\circ \) and the torque is now acting in the same direction.
as the angular momentum vector of the orbit and so starts to circularize it. As the disk overtakes the orbit \( t \approx 7.4 \), the torque reverses direction and yet again the eccentricity increases. In the same manner as before, the torque drives the angular momentum to zero and flips its direction. The inclination returns to prograde in a matter of orbits.

These rapid inclination flips are not new. Touma et al. (2009) observed similar behavior in simulations of nearly coplanar, counter-rotating orbits, using a softened Gauss code which secularly evolves systems of gravitationally interacting Kepler ellipses. Eccentricities oscillate from near-circular to near-radial and back, as inclinations flip between prograde and retrograde near the peaks of the eccentricity oscillation. These flips have also been detected in \( N \)-body simulations of mutually interacting eccentric orbits and disks (Löckmann et al. 2009; Kazandjian & Touma 2013; Haas & Šubr 2016; Šubr & Haas 2016).

Li et al. (2014) study similar near-coplanar flips in the context of hierarchical three-body systems using Hamiltonian dynamics. They identify the dynamics with the octupole eccentric Kozai–Lidov mechanism (third order in semimajor axis ratio between inner and outer binary). If we relate the outer perturber in their models with the coherent eccentric disk in ours, it is unsurprising that we find similar dynamics. We note, however, that the high eccentricities and similar semimajor axes of eccentric nuclear disk stars fail the stability criterion for hierarchical three-body systems

\[
e \approx \frac{a_1}{a_2 (1 - e_2^2)} < 0.1
\]

where the subscripts 1, 2 refer to the inner and outer orbit respectively (see Naoz 2016 for a review). In the eccentric nuclear disk scenario, \( a_1 \approx a_2, e_2 \gtrsim 0.4, e \gtrsim 0.5 \).

Since these orbital flips occur only when the stars reach very high eccentricity, and consequently reach small periapsis distance, one might expect the high number of inclination flips to decrease when we include general relativity in our \( N \)-body simulations. General relativistic precession acts in a prograde direction at a rate which increases with orbital eccentricity. This increases the differential precession rate between perturbed, high-eccentricity orbits and the disk. Preliminary results suggest, however, that the rate of inclination flips remain constant; secular torques from the eccentric nuclear disk are strong enough to push orbits through zero angular momentum faster than general relativistic precession can respond (H. Wernke et al. 2018, in preparation).

4. Enhanced Rate of TDEs

A TDE occurs when a star is destroyed by the tidal force of an SMBH (Hills 1975). A significant fraction of the disrupted stellar gas remains bound to the SMBH (Rees 1988), and its
Since the mechanism stabilizing the disk as a whole sets up a large-scale eccentricity gradient, simply disrupting the innermost stars will not deplete the supply; they will be dynamically repopulated by differential precession on approximately an oscillation timescale. This is the secular–dynamical analogue of “refilling the loss cone,” and it is much faster than the diffusive processes typically considered when computing predicted TDE rates (e.g., Wang & Merritt 2004; Stone & Metzger 2016). However, if we consider an eccentric nuclear disk in isolation, we see that such an elevated rate of TDEs cannot persist indefinitely. Since each TDE removes mass but not angular momentum from the disk, it lowers the mean eccentricity of the disk. Eventually the disk will drop below the TDE threshold $\delta e/(1 - e) = 1$, causing the TDE rate to dwindle. This will also cease evolution of the disk, so we predict most eccentric disks to have inner edges with $e \sim 0.6$–0.7. On the other hand, if the eccentric nuclear disk is embedded in a star cluster and its potential is an attractor, background stars may join the structure. This could replenish the disk’s mass as the innermost stars are lost to the SMBH, thus prolonging the phase of elevated TDE rates.

In our N-body simulations and in Figure 7, we observe that the inner edge of the disk needs to drop below $e \sim 0.6$ before the TDEs switch off. This should not be taken as a precise prediction. Both the calculations leading to Equation (12) and our N-body simulations are overly simplistic. Nevertheless, the fact that they agree with one another is encouraging. Given the negative eccentricity gradient, an inner edge of $e \sim 0.6$ corresponds to a mean disk eccentricity of $\langle e \rangle \sim 0.4$. If the mean disk eccentricity begins at $\langle e \rangle \sim 0.8$, this requires a third of the disk mass to drain onto the SMBH. Until then, the self-gravity of the disk continually forces stars into the SMBH.

We cannot currently make accurate estimates of the time-dependent TDE rate from eccentric nuclear disks using our N-body calculations. As the two-body relaxation rate scales as $\sim N^{-1}$, dissipation in our low-N simulations is artificially high. Convergence studies with high-N simulations are computationally demanding and beyond the scope of this work. However, we expect the effect of dissipation to lower the amplitude of the oscillations and thus to artificially reduce the TDE rates in our simulations. Additionally, we will need to improve our calculations with the addition of bulge gravitational potentials and apsidal precession due to general relativity (although general relativistic precession does not appear to lower TDE rates; H. Wernke et al. 2018, in preparation).

Though we cannot yet use N-body simulations to calculate the TDE rate, we can make an order of magnitude estimate for the TDE soon after disk formation. We take a representative SMBH mass of $M_\odot = 10^7 M_\odot$ and an SMBH–disk mass ratio similar to what is observed in M31 (~10%), to give a disk mass of $M_{\text{disk}} = 10^6 M_\odot$. We estimate that ~10% of stars are disrupted soon after disk formation. We take a representative SMBH mass of $M_\odot = 10^7 M_\odot$ and an SMBH–disk mass ratio similar to what is observed in M31 (~10%), to give a disk mass of $M_{\text{disk}} = 10^6 M_\odot$. We estimate that ~10% of stars are disrupted soon after disk formation. We take a representative SMBH mass of $M_\odot = 10^7 M_\odot$ and an SMBH–disk mass ratio similar to what is observed in M31 (~10%), to give a disk mass of $M_{\text{disk}} = 10^6 M_\odot$. We estimate that ~10% of stars are disrupted soon after disk formation.

We make the simplest approximation and convert this directly to $10^5$ stars. The TDEs will not happen instantaneously; we estimate that they occur over ten oscillation times, which yields $10^7$ stars being disrupted over $10^{25}$–$10^{26}$ orbital periods (Equation (10)). The stars are preferentially disrupted at the inner edge of the disk. From observations of the M31 nuclear eccentric disk and the (non-apsidally aligned) nuclear disk in the Galactic center (Lu

\[ \frac{\delta e}{1 - e} \sim \sqrt{\frac{e(1 + e)}{1 - e}} \phi_{\text{disk}}^{-2/3} \delta_{\text{osc}} \]

where, as before, $e$ is the initial eccentricity of the orbit, $\delta e$ is the magnitude of the eccentricity oscillation, and $\phi_{\text{disk}}$ quantifies the angular “width” of the disk in radians, comparable to the amplitude of oscillation ($\delta_{\text{osc}}$). The disk rapidly produces TDEs whenever the TDE threshold $\delta e/(1 - e) \gtrsim 1$. We plot Equation (12) as a function of eccentricity $e$ in Figure 7, taking a range of values for $\phi_{\text{disk}}$ and $\delta_{\text{osc}}$: 0.5–2 radians. The TDE threshold is met whenever the oscillating orbits at the inner edge of the disk have equilibrium (unperturbed) eccentricities $e \gtrsim 0.6$, and those with $e \gtrsim 0.9$ greatly surpass it. Figure 8 demonstrates this, showing the eccentricity evolution of a handful of stars with low semimajor axes (and hence large equilibrium eccentricities) in an N-body simulation with initial disk eccentricity $e = 0.8$. Time is given in units of the secular timescale. Over the course of roughly two precession periods of the inner disk, all five stars are torqued to $(1 - e) < 10^{-5}$.

---

8
Though we select these stars for their high eccentricities, we note that 36% of stars in this simulation reach $e = 0.05$ pc, where $e$ is essentially no classical angular momentum barrier, since self-gravity of the disk actively forces stars into the black hole.

Our model anticipates anomalously high TDE rates from gaseous, recently merged galaxies (Hopkins & Quataert 2010a, 2010b). TDEs at this stage may be difficult to distinguish from quasar or active galactic nucleus (AGN) activity. Certainly, overlapping events will obscure the characteristic TDE luminosity signature ($L \sim t^{-5/3}$; Phinney 1989). TDEs interacting with a pre-existing magnetized accretion disk, built up from previous TDEs, may account for observed jetted TDEs (Kelley et al. 2014; Tchekhovskoy et al. 2014). Radiation pressure in hyperaccreting TDE envelopes may also produce jets in TDEs (Coughlin & Begelman 2014), and significant variability can be induced in the fallback rates through gravitational fragmentation of the tidal debris stream (Coughlin & Nixon 2015). TDEs involving high-metallicity stars (Batra & Baldwin 2014; Kochanek 2016) may help explain observed abundance anomalies in quasars.

Tadhunter et al. (2017) recently discovered the first TDE candidate in a nearby ultra-luminous infrared galaxy (ULIRG). ULIRGs represent the peak of major, gas-rich galaxy mergers. Unlike in most ULIRGs, the central region of this galaxy is not heavily enshrouded in dust and so presents us with a rare view of its star-forming, active nucleus. Given this unusually clear sightline and the small sample of ULIRGs from which the event was discovered, the authors suggest that the TDE rate in such galaxies could be $\sim 0.1$ gal$^{-1}$ yr$^{-1}$. Interestingly, the TDE flare was unusually prolonged compared with typical TDEs, with the light curve flattening at late times rather than following the typical $L \sim t^{-5/3}$ decline predicted for isolated events.

Since the eccentric disk loses stellar mass but not angular momentum through TDEs, its mean eccentricity will decrease with time. Lowering the eccentricity at the inner edge of the disk reduces the probability of TDEs, as shown in Figure 7. Hence the TDE rate will decrease with time. Eventually, individual events will be detectable on top of the baseline AGN activity. This may in some cases explain the so-called “changing-look quasars” (MacLeod et al. 2016), in which transient broad H$\alpha$ emission lines, possibly due to TDE flares, are seen superimposed on quasar spectra.

When the time between TDEs is longer than the accretion time of the stellar material onto the SMBH ($\sim 10^{-2}$ gal$^{-1}$ yr$^{-1}$), TDEs will be individually identifiable. Thus we predict that TDEs occur at a lower rate in post-merger galaxies (with the rate continuing to decrease with time since merger) than in ULIRGs, but that events should behave more like typical TDEs following the theoretical $L \sim t^{-5/3}$ decline. There may already be evidence to support this: Arcavi et al. (2014) and French et al. (2016) have discovered that TDEs frequently occur in K+A galaxies. K+A (or E+A) galaxies are so called due to Balmer absorption features in their spectra (characteristic of an A star) which appear superimposed on an old K star or (E)early-type galaxy population (Dressler & Gunn 1983). The Balmer absorption in K+A galaxies points to a significant starburst population with ages $\sim 10^9$ yr, while low H$\alpha$ indicates a lack of ongoing star formation. There is strong evidence that galaxy–galaxy interactions and/or mergers trigger the starburst (Yang et al. 2004), and the most luminous K+A galaxies appear to be successors of ULIRGs. There is even a connection to the formation of eccentric nuclear disks: the population of A-stars in K+A galaxies is often very centrally concentrated, a consequence of gas driven to the center during the merger (e.g., Yang et al. 2008), which hydrodynamic simulations of galaxy formation suggest leads to eccentric disks (Hopkins & Quataert 2010a, 2010b). The results of French et al. (2016) imply an average TDE rate of $\sim 10^{-3}$ yr$^{-1}$ per K+A galaxy, and only a few $\times 10^{-6}$ yr$^{-1}$ per galaxy in “normal” star-forming or elliptical galaxies.

In our model, when the inner edge of the disk drops to $e \lesssim 0.6$, the eccentricity oscillations are inefficient at driving stars to $e \sim 1$. Tidal interactions are greatly reduced and so the eccentric disk structure “fossilizes.” The double nucleus in M31 is an example of such a remnant disk.

5. Discussion

This paper focuses on the dynamics of eccentric nuclear disks, in which the stars orbiting the SMBH in the center of a galaxy all have eccentric, apsidally aligned orbits. In an eccentric nuclear disk, the individual stellar orbits nearly overlap, such that the entire star cluster takes the form of an
elliptical disk with the black hole at one focus. While such a configuration at first seems exceedingly improbable, an eccentric nuclear disk has been observed in the nearby galaxy M31, and quite possibly in many other galaxies as well. Eccentric nuclear disks are only discernible in very nearby galaxies, and double nuclei appear only for nearly edge-on configurations; the low probability of detecting eccentric nuclear disks therefore suggests they may be quite common in the local universe. It is surprising that such an apparently finely tuned structure should be seen in so many galaxies, and this result suggests that some unknown process actively creates and stabilizes eccentric disks.

While self-gravity seems like a perfect candidate for stabilizing eccentric disks, ostensibly one would expect self-gravity to instead destabilize these disks since it drives differential precession. Stellar orbits precess in the non-Keplerian potential caused by the disk’s gravity; since stars near the inside and outside of the disk feel different gravitational potentials, they should precess at different rates, smearing out the angular extent of the disk.

We have shown that such smearing by differential precession does not in fact occur; the same non-Keplerian forces which drive precession also torque the orbits and change their eccentricities. Since the precession rate also depends on eccentricity ($\alpha f \times f/e$), we find the system reaches a stable equilibrium in which the orbital energies and angular momenta of individual stars balance such that each star has a nearly identical precession rate, independent of its location within the disk. We sketch the dynamics of this mechanism in Figure 1, and we show that the system is stable in the sense that stars undergo oscillations about their equilibrium configuration (see Figure 5). Our model explains the $> \text{Gyr}$ longevity of the M31 disk, and its negative eccentricity gradient.

In addition, our model makes a number of predictions, which may be testable in M31 and other nearby galaxies.

1. We predict the presence of a less massive ($< 10\%$) outer disk in the M31 nucleus (Section 3.1), which precesses in the opposite direction to the stable eccentric nuclear disk. Preliminary results from “observing” our N-body simulations, indicates that the inner and outer disk can reproduce M31’s double nucleus structure.

2. In addition to the negative eccentricity gradient in M31, we also predict a negative inclination gradient (Section 3.2).

3. Our model predicts a small population of counter-orbiting stars at low semimajor axes due to rapid inclination flips (Section 3.4).

4. Our stability model predicts that eccentric disks may be quite common in nearby galaxies, especially post-merger galaxies. These disks will only manifest as double nuclei over a narrow range of parameter space, but may appear as offset nuclei or as a central “hole” in the stellar distribution (Lauer et al. 2005).

5.1. Implications for Galaxy Formation

Using cosmological simulations, Hopkins & Quataert (2010a, 2010b) show that tidal torques can drive gas into galactic nuclei during galaxy mergers. If enough gas enters the galactic nucleus, it forms a lopsided, eccentric disk orbiting the SMBH. When this gas fragments and forms stars, it may produce an eccentric stellar disk very similar to the ones we study here.

Not all eccentric disks are stable; reversing the logic in Figure 1, one can see that if the orbits precess in a retrograde manner, the disk becomes unstable. Retrograde precession would naturally result from a massive symmetric background stellar population, such as the one found in the Milky Way Galactic center. This may explain why we do not observe one in our own Galaxy, despite the observational evidence for a recent star formation event in a disk (Levin & Beloborodov 2003). However, we note that during a galaxy merger, inspiraling SMBHs are expected to scour out a core in stars in any prior nuclear star distribution, leading to the conditions necessary for stability of a stable eccentric disk.

Once a stable eccentric disk forms, it should persist until either the background potential changes, or until the galaxy undergoes another merger. In either event, eccentric nuclear disks may last for many Gyr, serving as persistent markers of gas-rich galaxy mergers. The population of nearby eccentric disks may therefore encode valuable information about galaxy mergers and evolution in the local universe.

5.2. Implications for TDEs

Eccentric nuclear disks are stable in the sense that they undergo stable oscillations about their equilibrium configuration. Over the course of these oscillations, individual stars swing in both eccentricity and in orientation. Since the equilibrium configuration of the disk places the innermost stars at the highest eccentricity, these oscillations may take the innermost stars to an eccentricity of one if the overall disk eccentricity is high enough. Such stars are on plunging orbits and are therefore susceptible to tidal disruption by the SMBH. This leads to the corollary that eccentric nuclear disks may be remarkably prolific sources of TDEs: the self-gravity of the disk actively funnels stars into the black hole, with essentially no analogue of the loss cone. This process should continue until the stellar disk partially circularizes, likely after losing a significant fraction of its mass to TDEs.

While we cannot yet precisely quantify either the total number of TDEs from a single eccentric nuclear disk, or precisely how the TDE rate evolves with time, we can describe the expected behavior in a broad qualitative manner.

1. At early times the TDE rate should be very high ($0.3-3 \text{ yr}^{-1} \text{ gal}^{-1}$) and nuclei will be difficult to distinguish from an AGN. Along many lines of sight, TDEs will be blocked by the eccentric disk itself.

2. As stars are destroyed through tidal forces, the disk loses mass, though not angular momentum, and so should become less eccentric over time. Since a lower initial eccentricity decreases the number of stars susceptible to disruption, the TDE rate will decrease with time, unless the mass of the disk is somehow replenished.

3. When the rate has dropped sufficiently such that the average TDE duration is shorter than time period between TDE events ($\sim 10^2 \text{ yr}^{-1} \text{ gal}^{-1}$), individual TDEs will be easier to identify. At this point a galaxy may be in the post-merger phase ($E+A/K+A$).

4. When the inner edge of the disk drops to $e \lesssim 0.6$, the eccentricity oscillations are inefficient at driving stars to $e \sim 1$. Tidal interactions are greatly reduced, the disk
ceases to evolve, and the eccentric disk “fossilizes.” This state may persist for many Gyr.

5.3. TDE Predictions

If our hypothesis is correct, and eccentric nuclear disks are a dominant source of TDEs, gas-rich mergers and K+A/E+A galaxies should host eccentric stellar disks within the radius of influence of their SMBHs. Unfortunately both of these galaxy types are rare and typically too distant to resolve nuclear scales. When unresolved, an eccentric nuclear disk will appear as an asymmetric nucleus, as in the case of M31 before the HST era. Stone & van Velzen (2016) recently demonstrated using HST photometry that one of our nearest E+A galaxies, NGC 3156 (22 Mpc), has a significantly asymmetric nucleus.

Our model predicts a high rate of TDEs originating from a recently formed eccentric nuclear disk. Therefore we expect the age of stars being tidally disrupted to increase as a function of time since merger. Recent major, gas-rich mergers or (U) LIRGs should host TDEs of the youngest stars, with K+A/E+A galaxies hosting an older (∼0.1–1 Gyr) stellar TDE. We expect massive galaxies to host more TDEs than smaller galaxies, up to the SMBH mass at which the tidal disruption radius lies within the Schwarzschild radius ($M_s \lesssim 10^5 M_\odot$). Eccentric nuclear disks orbiting more massive SMBHs will still produce high-eccentricity orbits and in-falling stars will add to the growth of the SMBH, but they will not result in observable TDEs.

The mechanism driving stars to high eccentricities works via secular gravitational torques, not two-body relaxation. Therefore we might expect some stars to repeatedly graze the loss cone before fully disrupting. Partial TDEs and TDEs with stripped outer envelopes should be commonly observed. The latter should lack hydrogen in their spectra (e.g., PS1-10jh; Strubbe & Murray 2015). Multiple stellar systems, if they prevail in eccentric nuclear disks, will be more easily disrupted than individual stars. This could result in hyper-velocity stars, binaries and tightly bound high-eccentricity stars close to the SMBH, detracting somewhat from the overall TDE rate. Other likely outcomes include double tidal disruptions and disruptions of highly magnetized stars (Mandel & Levin 2015; Bradnick et al. 2017).

5.4. Future Work

We will study the structure of eccentric nuclear disks as a function of initial disk parameters such as eccentricity and surface density. We will also explore how the disk responds to background stellar potentials and losing stellar mass via TDEs. Ultimately we would like to calculate the time-dependent TDE rate due to evolving eccentric nuclear disks. We will include the effects of general relativity, background gravitational potentials, and stellar mass segregation.

With a suite of N-body simulations of differing initial conditions, we will be able to calculate the photometric and spectroscopic signatures of eccentric nuclear disks at different resolutions. These may be used to determine the prevalence of eccentric nuclear disks in the local universe, and directly compared with high-resolution studies of the nuclear environments of ULIRGs (e.g., Medling et al. 2014) and E+A/K+A galaxies. Since eccentric nuclear disks are long-lived, it is also worth considering their observational implications, in particular how their presence may bias SMBH mass measurements.

We will additionally study the effect that the eccentric nuclear disk has on the background stellar population surrounding the SMBH. Torques from the non-axisymmetric disk potential, analogous to the eccentric Kozai–Lidov mechanism (Li et al. 2015; Naoz 2016), should produce high-eccentricity orbits in this older stellar population. This will result in an older TDE population along with hyper-velocity stars and hyper-velocity binaries. We are interested to explore whether the latter can account for the currently unexplained distribution of unusual Ca-rich supernovae observed offset from their host galaxies (Perets et al. 2010; Kasliwal et al. 2012; Lyman et al. 2014; Foley 2015).

Finally, torques due to eccentric nuclear disks are an exciting possible channel for the production of extreme-mass ratio inspirals of compact stellar remnants into SMBHs, a prime target for low-frequency, space-based, gravitational wave observatories such as LISA.

A.M. thanks Mariska Kriek, Marcel van Daalen, and Freeke van de Voort for their encouragement at UC Berkeley. She thanks Decker French, Ann Zabludoff and Nadia Zakamska for enlightening conversations. A.M. was supported by UC Berkeley’s Theoretical Astrophysics Center. M.McC. was supported by NASA grant NNX15AK81G and HST-HF2-51376.001-A, under NASA contract NAS5-26555. C.N. was supported by the Science and Technology Facilities Council (STFC) (grant number ST/M005917/1). We gratefully acknowledge support from NASA Astrophysics Theory Program (ATP) under grant 80NSSC17K0720. Resources were provided by the NASA High-End Computing (HEC) Program through the NASA Advanced Supercomputing (NAS) Division at Ames Research Center under grant SMD-15-6582.

ORCID iDs

Ann-Marie Madigan https://orcid.org/0000-0002-1119-5769
Andrew Halle https://orcid.org/0000-0003-4402-5544
Michael McCourt https://orcid.org/0000-0003-4531-7733
Chris Nixon https://orcid.org/0000-0002-2137-4146

References

Arcavi, I., Gal-Yam, A., Sullivan, M., et al. 2014, ApJ, 793, 38
Batra, N. D., & Baldwin, J. A. 2014, MNRAS, 439, 771
Bender, R., Kormendy, J., Bower, G., et al. 2005, ApJ, 631, 280
Brown, C. K., & Magorrian, J. 2013, MNRAS, 431, 80
Coughlin, E. R., & Begelman, M. C. 2014, ApJ, 781, 82
Coughlin, E. R., & Nixon, C. 2015, ApJL, 808, L11
Dressler, A., & Gunn, J. E. 1983, ApJ, 270, 7
Feldmeier, A., Neumayer, N., Seth, A., et al. 2014, A&A, 570, A2
Foley, R. J. 2015, MNRAS, 452, 2463
French, K. D., Arcavi, I., & Zabludoff, A. 2016, ApJL, 818, L21
Haas, J., & Šuhá, L. 2016, ApJ, 822, 25
Hills, J. G. 1975, Natur, 254, 295
Hopkins, P. F., & Quataert, E. 2010a, MNRAS, 407, 1529
Hopkins, P. F., & Quataert, E. 2010b, MNRAS, 405, L41
Kasliwal, M. M., Kulkarni, S. R., Gal-Yam, A., et al. 2012, ApJ, 755, 161
Kazandjian, M. V., & Touma, J. R. 2013, MNRAS, 430, 2732
Kelley, L. Z., Tchekhovskoy, A., & Narayan, R. 2014, MNRAS, 445, 3919
Kochanek, C. S. 2016, MNRAS, 458, 127
Komossa, S. 2015, JHEAp, 7, 148
Kormendy, J., & Bender, R. 1999, ApJ, 522, 772
Lauer, T. R., Faber, S. M., Gebhardt, K., et al. 2005, AJ, 129, 2138
Lauer, T. R., Faber, S. M., Groth, E. J., et al. 1993, AJ, 106, 1436
Levin, Y., & Beloborodov, A. M. 2003, ApJL, 590, L33
Li, G., Naoz, S., Kocsis, B., & Loeb, A. 2015, MNRAS, 451, 1341
Light, E. S., Danielson, R. E., & Schwarzschild, M. 1974, ApJ, 194, 257
Löckmann, U., Baumgardt, H., & Kroupa, P. 2009, MNRAS, 398, 429
Lu, J. R., Ghez, A. M., Hornstein, S. D., et al. 2009, ApJ, 690, 1463
Lyman, J. D., Levin, Y., Church, R. P., Davies, M. B., & Tanvir, N. R. 2014, MNRAS, 444, 2157
MacLeod, C. L., Ross, N. P., Lawrence, A., et al. 2016, MNRAS, 457, 389
Madigan, A.-M., Levin, Y., & Hopman, C. 2009, ApJ, 697, L44
Madigan, A.-M., & McCourt, M. 2016, MNRAS, 457, L89
Madigan, A.-M., McCourt, M., & O’Leary, R. M. 2017, MNRAS, 465, 2310
Mandel, I., & Levin, Y. 2015, ApJL, 805, L4
Medling, A. M., Vivian, U., Guedes, J., et al. 2014, ApJ, 784, 70
Menezes, R. B., Steiner, J. E., & Ricci, T. V. 2013, ApJL, 762, L29
Merritt, D. 2013, Dynamics and Evolution of Galactic Nuclei (Princeton, NJ: Princeton Univ. Press)
Naoz, S. 2016, ARA&A, 54, 441
Peiris, H. V., & Tremaine, S. 2003, ApJ, 599, 237
Perets, H. B., Gal-Yam, A., Mazzali, P. A., et al. 2010, Natur, 465, 322
Phinney, E. S. 1989, in IAU Symp. 136, The Center of the Galaxy, ed. M. Morris (Dordrecht: Kluwer), 543
Rauch, K. P., & Tremaine, S. 1996, NewA, 1, 149
Rees, M. J. 1988, Natur, 333, 523
Rein, H., & Liu, S.-F. 2012, A&A, 537, A128
Rein, H., & Spiegel, D. S. 2015, MNRAS, 446, 1424
Stone, N. C., & Metzger, B. D. 2016, MNRAS, 455, 859
Stone, N. C., & van Velzen, S. 2016, ApJL, 825, L14
Strubbe, L. E., & Murray, N. 2015, MNRAS, 454, 2321
Subr, L., & Haas, J. 2016, ApJ, 828, 1
Tadhunter, C., Spence, R., Rose, M., Mullaney, J., & Crowther, P. 2017, NatAs, 1, 0061
Tchekhovskoy, A., Metzger, B. D., Giannios, D., & Kelley, L. Z. 2014, MNRAS, 437, 2744
Touma, J. R., Tremaine, S., & Kazandjian, M. V. 2009, MNRAS, 394, 1085
Tremaine, S. 1995, AJ, 110, 628
Wang, J., & Merritt, D. 2004, ApJ, 600, 149
Yang, Y., Zabludoff, A. I., Zaritsky, D., Lauer, T. R., & Mihos, J. C. 2004, ApJ, 607, 258
Yang, Y., Zabludoff, A. I., Zaritsky, D., & Mihos, J. C. 2008, ApJ, 688, 945