A heterodimer formed by bone morphogenetic protein 9 (BMP9) and BMP10 provides most BMP biological activity in plasma

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Running title: Bioactive BMP9-10 heterodimers in blood

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Keywords: Bone Morphogenetic Protein, heterodimer, Activin receptor-Like Kinase 1 ligand, Bmp10 conditional knock-out mice, blood vessel, liver

ABSTRACT

Bone morphogenetic protein 9 (BMP9) and BMP10 are the two high-affinity ligands for the endothelial receptor activin receptor-like kinase 1 (ALK1) and are key regulators of vascular remodeling. They are both present in the blood, but their respective biological activities are still a matter of debate. The aim of the present work was to characterize their circulating forms to better understand how their activities are regulated in vivo. First, by co-transfecting BMP9 and BMP10, we found that both can form a disulfide-bonded heterodimer in vitro and that this heterodimer is functional on endothelial cells via ALK1. Next, we developed an ELISA that could specifically recognize the BMP9–BMP10 heterodimer and which indicated its presence in both human and mouse plasma. In addition to using available Bmp9-KO mice, we generated a conditional Bmp10-KO mouse strain. The plasma from Bmp10-KO mice, similarly to that of Bmp9-KO mice, completely lacked the ability to activate ALK1-transfected 3T3 cells or phospho-Smad 1–5 on endothelial cells, indicating that the circulating BMP activity is mostly due to the BMP9–BMP10 heterodimeric form. This result was confirmed in human plasma that had undergone affinity chromatography to remove BMP9 homodimer. Finally, we provide evidence that hepatic stellate cells in the liver could be the source of the BMP9–BMP10 heterodimer. Together, our findings demonstrate that BMP9 and BMP10 can heterodimerize and that this heterodimer is responsible of most of the biological BMP activity found in plasma.

Morphogenetic Proteins (BMPs) are members of the Transforming Growth Factor β superfamily that regulate cellular events essential for embryonic development and tissue homeostasis (1). BMPs are synthesized as pro-proteins, consisting of an N-terminal prodomain, and a receptor-binding C-terminal mature region (2). A single disulfide bond within the terminal mature region allows dimerization of the pro-protein, which is further processed through proteolytic cleavage by furin proconvertases (3, 4). BMP homodimers bind to and activate a receptor complex consisting of two type I and type II transmembrane serine/threonine kinases
Following ligand binding, activated receptors propagate signaling by phosphorylating the receptor-regulated SMAD-1, -5, or -8, which, in association with SMAD4, translocate to the cell nucleus and regulate expression of the SMAD pathway-responsive genes (6).

Among the TGFβ growth factor family, BMP9 and BMP10 are two high affinity ligands for the endothelial-specific type I receptor activin receptor-like kinase 1 (ALK1) and its co-receptor endoglin (7, 8). The signaling pathway activated through these receptors is critical for vascular development. Indeed, mutations in ACVLR1, encoding ALK1, or ENG, encoding endoglin, cause an autosomal dominant disease, Hereditary Hemorrhagic Telangiectasia (HHT), characterized by vascular disorders including abundant epistaxis, dilated blood vessels and arteriovenous malformations (9). Accordingly, in mice, inactivation of Acvrl1 is lethal at mid-gestation due to severe vascular defects (10, 11). BMP9 is mainly produced by the liver (12) whereas BMP10 is produced in embryos by the heart and in adults by the right atria (13). Bmp10 deletion was first shown to lead to embryonic lethality due to cardiac defects (14). However, more recently, it was also shown that loss of Bmp10 could also lead to vascular defects both in mouse and zebrafish (15, 16). On the other hand, Bmp9 knockout (KO) mice are viable, but presented lymphatic defects (17). Interestingly, it was found also found that BMP9 and BMP10 could compensate for each other’s loss and that BMP9 and BMP10 play a redundant role in postnatal vascular development (15, 18, 19).

ELISAs have shown that human plasma contains both BMP9 (2-6 ng/mL) and BMP10 (0.5-2 ng/mL) (12, 15). It is widely admitted that BMP9 circulates under a biologically active form (7, 12), and functional and structural studies have confirmed that the binding of mature BMP9 to its prodomain does not prevent its binding to signaling receptors (12, 20, 21). However, there is still a debate about the latency of BMP10. First, it has been shown that, when bound to its pro-domain, mature BMP10 is inactive (22), similarly to other members of the TGFβ family, including TGFβ (23) itself and myostatin (24). A more recent report indicates, however, that recombinant human BMP10 is fully active on endothelial cells, albeit it forms a very stable complex of the mature form associated with the prodomain (25). Along the same line, Chen et al. (15) have shown that anti-BMP10 antibodies could partially decrease Smad6 gene induction by mouse serum, indicating that active BMP10 is present in blood. These data thus appear in contradiction with the absence of ALK1-stimulating activity measured in Bmp9-KO mouse plasma (19). One hypothesis that could reconcile these results is that plasmatic ALK1 ligand is a BMP9-10 heterodimer rather than a mixture of homodimeric BMP9 and BMP10. Indeed, although most BMPs have been described as homodimeric proteins, they can also, to some extent, heterodimerize (1). Such heterodimers spark increasing interest because they likely provide a distinct signaling pattern (26).

The aim of the present work was to better characterize the circulating forms of BMP9 and BMP10 and to evaluate whether BMP9 and BMP10 can form a heterodimer. We provide evidence that, when co-expressed, BMP9 and BMP10 can associate to form a disulfide-bonded BMP9-10 heterodimer. More importantly, we identified the presence of BMP9-10 heterodimers in human and mouse plasma and show that this heterodimer is active and represents the major circulating form in blood.

RESULTS

BMP9 and BMP10 can form heterodimers in vitro

In order to evaluate whether BMP9-10 heterodimerization can occur, we first transfected HEK 293 cells with both BMP9 and BMP10 cDNAs. First, we engineered recombinant BMP9 and BMP10 and added two different tags placed between the prodomain and the mature BMP peptide, i.e. downstream of the furin cleavage site (Fig.1A). BMP9 was tagged with a 6-histidine motif while BMP10 was tagged with a myc epitope. Tagged BMP9 and BMP10 were transfected into HEK 293 cells, either solely or together and secreted BMPs were evaluated by western blotting of conditioned media (CM) (Fig.1B). Both BMPs were produced as incompletely processed molecules, as 3 bands around 110 kDa (unprocessed dimeric pro-BMP), 50-65 kDa (monomer or partially processed BMP), and 23 kDa (mature dimeric peptide) were revealed by western blotting (Fig.1B). To determine if heterodimeric BMP9-10 could be produced by double-transfected cells, we
affinity-purified the two BMPs using their specific tags. For this, CM from his-BMP9/myc-BMP10 co-transfected cells was applied onto a HisTrap™ column and bound BMPs were then eluted and evaluated by western blotting. As expected, his-BMP9 was fully retained by the HisTrap™ column and only detected in the 200 mmol/L imidazole elution (Fig.1C). Myc-BMP10 was partially detected in the unbound or weakly bound fractions (flow-through (FT), wash) but could also be observed in the elution fraction, demonstrating that BMP9 and BMP10 interacted when they were co-transfected (Fig.1C). We then analyzed whether BMP9 and BMP10 could still interact under denaturing conditions. Under this condition, heterodimeric disulfide-bonded molecules should still co-elute while oligomeric non-covalent BMP9/BMP10 complexes should be disrupted by denaturation. For this, CM was treated with 8 mol/L urea and heated for 20 minutes at 65°C before being applied to the HisTrap™ column. We observed that myc-BMP10 could still interact with his-BMP9 (Fig.1D). On the contrary, further treatment resulting in reduction and alkylation of disulfide-bonds completely disrupted myc-BMP10 binding, as shown by absence of signal in the eluate using anti-myc antibody detection, albeit BMP9 was still detectable (Fig.1E). As a control, loading of the HisTrap™ column with single-transfected myc-BMP10 CM demonstrated the absence of non-specific binding of myc- BMP10 alone (supp. Fig.1). To further support BMP9-10 heterodimerization, we generated unprocessed BMP variants by mutating amino acids in the furin cleavage site, and we co-transfected mutated BMP9 with a wild-type (WT) BMP10 or vice versa. Heterodimerization of BMP9 and BMP10 was estimated by western blot as the association of a precursor and a mature BMP. For this, we removed the tags between the pro- and mature BMP domains. This enabled the full processing of pro-BMP9 and pro-BMP10, as shown by the single 23 kDa band revealed by western blot of CM issued from WT BMP9 or WT BMP10 single transfections (Fig.1F). The BMP9 furin cleavage site RK317KR was mutated to RQ317KR, RQ317A318R or RQ317A318A319. The first mutant was generated to mimic a substitution mutation identified in a patient suffering from HHT (27). The two others replaced basic amino acids by alanine residues to avoid furin cleavage. The single substitution of K317 to Q317 did not impair BMP9 maturation (supp. Fig.2), thus indicating that HHT disease in this patient is not linked to a BMP9 processing defect as it had been suggested (27). The double mutant RQAR was only partially processed but could be completely cleaved when furin was overexpressed, while the triple mutant RQAA was not cleaved at all even in the presence of overexpressed furin (supp. Fig.2). Similarly, BMP10 RIR315R316 sequence was mutated to RIAA. Figure 1F shows that, similarly to the BMP9 RQAA mutant, the BMP10 RIAA mutant was exclusively expressed as a 110 kDa precursor. Thus, these mutations inhibit BMP processing and consequently, their capacity to activate ALK1 in a BRE assay using transfected 3T3 cells (7) (Fig.1F, G). Interestingly, co-transfection of BMP10 RIAA mutant with WT BMP9 gave rise to a new 65 kDa BMP9 immune-reactive band (arrowhead), likely corresponding to the association of mature WT BMP9 to BMP10 precursor. Similar results could be obtained with the co-transfection of BMP9 RQAA mutant together with WT BMP10 (Fig.1F). These chimeric proteins (B9WT/B10 RIAA; B10 WT/B9 RQAA) were also unable to activate ALK1 in the BRE assay (Fig.1G). This demonstrated a dominant negative effect of the mutant BMP on the activity of WT BMP9 or 10. Altogether, these results support that BMP9 and BMP10 form a disulfide-bonded heterodimer when coexpressed in the same cells.

**BMP9-10 heterodimer is biologically active**

BMP9-10 heterodimers were purified in two steps using a HisTrap™ column followed by an affinity column grafted with anti-myc antibodies. The latter allowed separating his-BMP9 homodimers from BMP9-10 heterodimers. Elution was performed by lowering the pH to 3 (fraction containing mainly BMP9) and then to 2 (fraction containing BMP9-10 heterodimer) (supp. Fig.3). The mature BMP9-10 heterodimer was carefully quantified by western blotting using known quantities of commercial BMP9 and BMP10 as standards under reduced (BMP9) or unreduced (BMP10) conditions (see Fig. 2A). The activity of BMP9-10 heterodimer was then determined on human umbilical venous endothelial cells (HUVECs) transfected with the BRE-luc reporter plasmid. The BMP9-10 heterodimer dis-
Bioactive BMP9-10 heterodimers in blood played a similar stimulation pattern than BMP9 or BMP10 homodimer: induction started with low doses of ligand (25 pg/ml) and a plateau was obtained at doses higher than 250 pg/mL (Fig. 2B). We next addressed whether the activity of the BMP9-10 heterodimer was mediated by ALK1 signaling. To do this, we knocked down ALK1 expression by transfecting HUVECs with two different siRNA specific for ACVLR1. The activity of BMP9, BMP10, and BMP9-10 was then evaluated as above, using the BRE-luc reporter. The activities of BMP9, BMP10 and BMP9-10 were completely (siRNA#1) or severely (siRNA#2) abolished compared to transfection with scramble siRNA (Fig. 2C). The loss of activity was correlated with the level of ACVLR1 gene extinction (supp. Fig. 4A). Moreover, we also found that BMP9, BMP10 and BMP9-10 lost their ability to induce the phosphorylation of Smad1-5, indicating that ALK1 is necessary for activating the Smad pathway in a similar way for the 3 ligands (supp. Fig. 4B).

**BMP9-10 heterodimer is present in mice plasma and is the main active circulating form**

In order to quantify BMP9-10 heterodimers, we set-up a cross ELISA, using a capture anti-BMP9 antibody and a detection anti-BMP10 antibody, or the other way round, i.e. a capture anti-BMP10 antibody and a detection anti-BMP9 antibody. We compared their immune reactivities with those of standard BMP9 (12) and BMP10 ELISAs (R&D Systems). BMP9 and BMP10 ELISAs both specifically recognized homodimeric BMP9 or BMP10, respectively but also allowed the detection of purified BMP9-10 heterodimer (supp. Fig. 5A, 5B). On the contrary, cross BMP9-10 or cross BMP10-9 ELISAs specifically only detected purified BMP9-10 heterodimers but not BMP9 or BMP10 homodimers (supp. Fig.5C, 5D). Moreover, CM containing a mixture of BMP9 and BMP10 gave no signal, demonstrating that only disulfide-bonded heterodimer is recognized by these cross ELISAs. Standard curves using purified BMP9-10 could be established and showed a sensitivity threshold around 30 pg/mL for both cross ELISAs (supp. Fig. 5E, 5F).

We then sought for the presence of heterodimeric BMP9-10 in mouse plasma. We took advantage of comparing WT and KO mice in which Bmp9 (19) or Bmp10 have been genetically invalidated. As Bmp10-KO is embryonic lethal, we generated conditional KO mice by crossing Bmp10-floxed mice with Rosa26-CreERT2 mice (28). Deletion of Bmp10 was performed in 3-week-old mice by daily injection of tamoxifen for five days. Bmp10 knockdown efficiency was evaluated by RT-qPCR on the right atria, 6 weeks after tamoxifen injection. A very strong, although not complete reduction in BMP10 levels was observed (supp. Fig. 6A). Bmp10 deletion was also checked by measuring the ALK1-BRE activity from protein extracts of the right atria. In accordance with the mRNA levels, only 10% of ALK1-BRE activity remained 3 weeks after tamoxifen injections (supp. Fig. 6B). Following Bmp10 deletion, mice were viable and did not display any obvious phenotype. We next measured the homodimeric BMP9/10 species by ELISA. The results are presented as the immune reactivity as it is difficult to give the accurate concentrations of circulating BMP using ELISA: we are using mature recombinant proteins as standards but BMPs circulate under different forms (uncleaved, processed and complexed) and we know that the antibodies might not recognize the different forms of BMPs with the same affinity (12, 29).

As expected, BMP9 and BMP10 were detected in WT plasma (Fig.3A and B), but very interestingly, using a cross BMP9-10 ELISA, we also found the presence of BMP9-10 heterodimers in WT plasma (Fig.3C). Furthermore, BMP9-10 heterodimer was no more detected in the plasma of Bmp9-KO mice, and its level was also strongly reduced in Bmp10-cKO versus WT mice (Fig.3C). This slight remaining level of heterodimer in Bmp10-cKO plasma is likely due to the incomplete knock-down of Bmp10 expression (supp. Fig.5A and B) as circulating BMP10, measured by ELISA, was also not completely suppressed (10% residual immune-reactivity) (Fig.3B). Interestingly, we also observed a strong decrease in BMP9 levels in the plasma of Bmp10-cKO mice, (Fig.3A), supporting that a large part of BMP9 immune-reactivity can be attributed to BMP9-10 heterodimer. Similarly, we found a significant decrease in BMP10 levels in the plasma of Bmp9-KO mice (Fig.3B), likely due to the loss of BMP9-10 heterodimers. It is worth noting that
the BMP10 ELISA detected much lower levels of circulating BMP10 than BMP9-10 heterodimers suggesting an epitope detection problem for BMP10 from blood with the BMP10 ELISA (Fig. 3B and C). We next evaluated the ALK1 stimulating activity of these plasma using the ALK1-BRE assay. As previously described (19), no ALK1-BRE activity could be detected in Bmp9-KO plasma but interestingly, 90% of ALK1-stimulating activity was also lost in the plasma of Bmp10-cKO mice (Fig. 3D).

To confirm the loss of activity from these plasma, we analyzed their ability to activate Smad1-5 phosphorylation in human endothelial cells. This was done either on human microvascular endothelial cells from the dermis (HMVECs) (Fig.3F) or HUVECs (Fig.3D). WT plasma induced a strong Smad1-5 phosphorylation in both endothelial cell types, while plasma from both KO mice were hardly able to induce Smad1-5 phosphorylation. These results confirm that most of the circulating stimulating activity is lost when either Bmp9 or Bmp10 expression is knocked-down. It is worth noting that the right atria of Bmp9-KO mice still expressed active BMP10 ligand, as shown by the high specific activity of protein extracts from the right atria similar to that of WT mice and that this activity could be fully inhibited by anti-BMP10 antibodies (supp. Fig 6C). Therefore, cardiac BMP10 is normally synthesized and active, even in the absence of BMP9 expression. Taken together these data show for the first time the presence of BMP9-10 heterodimer in mouse plasma. The loss of plasmatic activity both in Bmp9-KO mice and Bmp10-cKO mice strongly supports that this activity is due to the BMP9-10 heterodimeric form as otherwise we would have been able to detect the BMP10 activity in Bmp9-KO plasma and vice versa a BMP9 activity in Bmp10-cKO plasma.

**BMP9-10 heterodimer circulates as an active ligand in human plasma**

We then tried to detect BMP9-10 heterodimers in human plasma using the BMP9-10 crossed ELISA that we have set-up (supp. Fig. 5E, 5F). 19 plasmas from healthy individuals were measured. Very interestingly, we found circulating BMP9-10 heterodimers in human plasma (Fig. 4A).

To further support our data, we undertook the characterization of BMP9-10 heterodimers from human plasma by affinity chromatography on anti-BMP10 antibodies. For this, we passed a pool of human plasma (10 mL) through an affinity chromatography column grafted with anti-BMP10 antibodies and eluted bound BMPs by acidic pH. ELISAs and ALK1-BRE assays were then performed on the flow through (FT) and elution fractions. The data are expressed as the quantity of each BMP recovered in each fraction. The FT fraction contained mostly BMP9 homodimers (Fig.4B) and low levels of BMP10 homodimers (Fig.4C) as nearly no BMP9-10 was detected (Fig. 4D). Interestingly, BMP9-10 was highly recovered in the elution fraction, as measured by the BMP9-10 crossed ELISA further supporting the presence of a BMP9-10 heterodimer in human plasma (Fig. 4D). Surprisingly, more BMP10 epitopes could be detected in the FT and elution fractions than in the whole plasma (Fig.4D), suggesting the presence of masking proteins in plasma impeding BMP10 measurement as already suggested in murine plasma (Fig. 3B). As a similar amount of immune reactive BMP10 and BMP9-10 is detected in the eluate, this suggests that BMP10 ELISA can detect BMP9-10 heterodimer in this fraction, whereas it could not in plasma. Interestingly, most of the ALK1-BRE activity was detected in the elution fraction that contained the BMP9-10 heterodimer (Fig.4E). The FT, containing mostly homodimeric BMP9, was not very active. Altogether, these data demonstrate that, similarly to mouse plasma, BMP9-10 heterodimer is the major ALK1 activator circulating in human plasma.

**Hepatic stellate cells synthesize BMP9 and BMP10**

Heterodimeric BMP9-10 bonding implies that BMP9 and BMP10 are produced by a common cell type. We previously described, using mRNAs from 20 human tissues (Clontech), that BMP9 mRNA is mostly expressed by the liver (12). Using the same samples, we measured BMP10 mRNA expression. We found that BMP10 was, as expected, mostly expressed in the heart but also, though at a lower level, in liver (Fig.5A). We thus hypothesized that liver could be the organ responsible for the expression of circulating BMP9-10 heterodimer. We used the RNAscope technology to identify BMP9- and BMP10-producing cells in mouse liver sec-

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**Bioactive BMP9-10 heterodimers in blood**

The presence of BMP9-10 heterodimers in human plasma suggests that these heterodimers are actively synthesized and secreted by hepatic stellate cells.
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The BMP10 probe was first validated on mouse adult heart cross sections. As expected, a strong pink labeling was specifically observed in the right atria, while the ventricle was completely negative (Fig.5B). No BMP9 mRNA expression could be detected in the heart (Fig.5B). On the contrary, liver sections showed BMP9-positive cells throughout the liver lobules (Fig.5C). Higher magnification indicated that positive cells were triangular-stellate-shaped cells, spread between hepatocytes and sinusoids, having a typical morphology of hepatic stellate cells (HSCs). No staining was observed in other hepatic cells i.e. hepatocytes, sinusoidal endothelial cells, or Kupffer cells (Fig.5C). Interestingly, BMP10 staining, albeit weaker than BMP9 staining, was also specifically observed in HSCs (Fig.5C). As expected, BMP9 and BMP10 staining were lost in the respective Bmp9-KO, and Bmp10-cKO liver sections (supp. Fig.7), demonstrating the specificity of the labeling. BMP10 staining was still observed in liver from Bmp9-KO, and vice versa, supporting that BMP9 and BMP10 do not regulate the expression of each other’s. From this, we conclude that HSCs can synthesize both BMP9 and BMP10 and could be the physiological source of BMP9-10 heterodimer.

DISCUSSION

Our work demonstrates for the first time that BMP9 and BMP10, two BMPs from the same subfamily, which share 65% protein sequence identity, can heterodimerize by disulfide bonding in the C-terminal mature domain to produce an active BMP9-10 heterodimer. It also shows that this heterodimer is present in both human and mouse plasma, and that this circulating form is the main entity capable of activating the endothelial receptor ALK1 both in 3T3-transfected cells and in primary endothelial cells.

Most TGFβs and BMPs have been described as homodimeric proteins, but several reports demonstrate that they can also, to some extent, heterodimerize (1). The recently established structures of pro-TGβ1, pro-activin A and pro-BMP9 support that arm domain-growth factor domain swapping could provide a mechanism for preferential formation of heterodimers over homodimers when a cell synthesize sizes monomers of two different TGF-β family members (30). Heterodimeric BMPs, including BMP2-BMP7, BMP4-BMP7 and BMP2-BMP6, have been shown to play critical roles in embryonic development in various organisms including Drosophila (31, 32), zebraﬁsh (33), xenopus (34) and mammals (35). Nodal-GDF1 heterodimers have also been shown to be involved in left-right patterning (36, 37). There is however only little evidence of the expression of these heterodimers in adults. One example is illustrated by the discovery of cumulin, a GDF9-BMP15 heterodimer, which is an oocyte-specific growth factor involved in granulosa cell differentiation and a key regulator of ovarian function (38, 39). In the present work, we identify a new heterodimeric BMP ligand, BMP9-10, which is circulating in adult blood and is likely a key factor for blood vessel homeostasis. To measure its circulating levels, we have set-up a cross ELISA that specifically recognizes heterodimeric BMP9-10 and does not cross-react with the homodimeric forms. To our knowledge, this is the first time that BMP heterodimers can be quantified from in vivo sources. This original approach of cross ELISA could be developed in the future for other BMPs to more generally assess the occurrence of BMP heterodimers in tissues.

Our previous work on Bmp9-KO mice showed no ALK1-stimulating activity in the plasma of these mice. We therefore proposed that circulating BMP9 was the main active ALK1 ligand in blood (19). In the present report, we show that Bmp10-cKO mice have also lost most of their circulating ALK1-stimulating activity on 3T3-transfected cells. More importantly, plasma devoid of BMP9 or BMP10 failed to activate P-Smad-1-5 on endothelial cells, indicating that BMP9-10 is the only active ligand in blood. It might thus be surprising that Bmp9-KO mice are viable and healthy and that they do not present any obvious blood vessel developmental defects as well as Bmp10-cKO when deleted in adult mice. One hypothesis that would support our data is that latent homodimeric BMP9 or 10 are still present, albeit not detected in plasma, which can still be locally activated. Along this line, recent structural data of the pro-BMP complex showed that pro-BMP9 can adopt both cross-armed and open-armed conformations, which could correspond to latent and nonlatent...
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states respectively (21). The transition between the two states could be regulated through the binding to ECM proteins, acting as BMP reservoir (22, 40). Such ECM interactions have been recently demonstrated for BMP7-prodomain complex, which when bound to fibrillin-1 confers a “closed-arm” conformation and denies access of BMP receptors to the growth factor (41). Since BMP10 prodomain has been shown to also bind fibrillin (42), we can envision that such mechanism could also occur for BMP9 and BMP10 homodimers.

Most heterodimeric BMPs, when produced as recombinant proteins, usually show an increased activity, as compared to their homodimeric counterparts (43–46). It is admitted that the high potency of heterodimers is due to their increased versatility regarding receptor binding. Indeed, heterodimers often consist of the association of a member of the BMP2/4 subgroup, having a high affinity to type I receptor, but a low affinity to type II receptors (47) and a member of the BMP5/6/7/8/8b subgroup, having a higher affinity to type II receptors than to type I receptors (48). The combination of both would then enhance the global affinity for the receptor complex.

To this respect, BMP2-6 heterodimer displays high affinity for both type I and type II receptors (44). Moreover, heterodimeric association could induce the recruitment of two different type I receptors in the same signaling complex, thus inducing a stronger and/or distinct downstream signaling (44), where the signaling by BMP2-7 induces a synergistic activity of ALK3 and ALK6, which is required for dorsoventral patterning (33).

In contrast to these studies, in our assays, the BMP9-10 heterodimer did not display any higher activity than its homodimeric counterparts. The BMP9-10 heterodimer has however only been challenged on endothelial cell expressing the ALK1 receptor. ALK1 is a type I receptor of very high affinity (Kd=2 pM), explained by a unique receptor orientation toward its ligands that is distinct from the other type I receptors (49, 50). ALK1 has a similar affinity for BMP9 and BMP10 and is stimulated with very low concentrations of ligand (as low as 25 pg/mL). To this regard, it might not be surprising that BMP9-10 heterodimer displays the same activation pattern as BMP9 and BMP10 homodimers. It may be possible that this heterodimer differentially activates cells that do not express ALK1. Indeed, BMP9 and BMP10 present differential affinities toward the three type II receptors (50) and the initial binding of the BMP9-10 heterodimer to a given subset of type II receptors might allow the subsequent recruitment of a lower affinity type I receptor such as ALK2 or ALK3. BMP9 has been shown to signal through ALK2 (51, 52) and BMP10 through ALK3 (53) in non-endothelial cell types. It is tempting to speculate that BMP9-10 heterodimer could drive a specific signal through this receptor set and further work is needed to characterize ALK1-independent cellular responses. However, one has to keep in mind that not all heterodimers produce a synergistic signal due to the recruitment of different receptors. In Drosophila, the Dpp/Gbb heterodimer does not lead to a stronger signal but its more effective signaling is attributed to its better transport (54). Hence, specific binding and cleavage play essential roles in spatial regulation of the BMPs activity, as shown in embryonic patterning and vein development with Dpp/Scw heterodimer in Drosophila (1, 31, 32). Heterodimerization of BMP9 and BMP10 could lead to a differential localization than homodimers.

Biosynthesis of disulfide-bonded heterodimeric BMPs supposes a common production site for both BMPs. Analysis of BMP10 mRNA expression in twenty different tissues confirmed that BMP10 was mostly expressed by the heart but that some BMP10 expression could also be found in liver (Fig.5A). Using the powerful RNAscope technology, we found that BMP9 and to a lower extent BMP10 mRNAs are present in hepatic stellate cells (HSCs). The source of BMP9 expression has been debated for a long time (12, 55), but HSCs have been recently described as the cellular source for BMP9 protein (56), in agreement with mRNA detection in the present work (Fig.5C). We propose that HSCs could be the cells that produce the BMP9-10 heterodimer but further experiments with isolated primary HSCs are needed to confirm this hypothesis.

The ALK1-stimulating activity in the right atria is significantly decreased in Bmp10-cKO mice but not in Bmp9-KO mice (supp. Fig.5). This supports the hypothesis that the heart only produces BMP10 homodimer and that this homodimer is not secreted into the circulation, or its activity negatively regulated since no circulating activity is found in Bmp9-
Taken together, our results open a new field of investigation for BMP heterodimers, as we show for the first time the presence of a BMP9-10 heterodimer in the plasma of adult humans and mice. Which additional functions are triggered by this circulating heterodimer that its homodimeric counterparts do not fulfill is still an open question and will require further studies in cellular contexts where various combinations of type I and type II receptors are expressed. Which mechanisms control the differential synthesis and bioavailability of BMP9 and BMP10 homo- and heterodimers in liver and heart is also an intriguing question to be addressed in the future.

EXPERIMENTAL PROCEDURES

BMP9 and BMP10 recombinant expression and purification

Human full-length BMP9 and BMP10 were respectively cloned into pCEP4 vector or pcDNA3.1 zeo vector (Thermo Fischer Scientific, Waltham, MA, USA). An additional sequence was inserted between the prodomain and the mature region for specific tagging of each BMP: a 6-histidine motif for BMP9 or a myc epitope for BMP10. BMP9 and BMP10 were also generated without tags and used as templates to create mutants in the furin cleavage site of each BMP through site-directed mutagenesis using the Stratagene QuickChange kit (BMP9: R317Q, K318A, K319A; BMP10: R315A, R316A). All vectors and mutants were verified by DNA sequencing.

Constructs were transfected in HEK 293-EBNA cells using lipofectamine 2000. Transfected cells were selected using the appropriate antibiotics (300 µg/mL of hygromycin for PCEP4-BMP9, 200 µg/mL of zeocin for pcDNA3-BMP10) and screened for protein expression by western blotting of serum-free conditioned medium (CM) using anti-BMP9 (kind gift of Dr Yan, Genentech, South San Francisco, CA, USA) or anti-BMP10 (MAB2926, R&D Systems, Abingdon, UK). All vectors and mutants were verified by DNA sequencing.

For purification of BMP9-10 heterodimer, 200-500 mL of CM were dialyzed against 50 mmol/L phosphate buffer. In some cases, CM was first denaturated by dialysis against 8 mol/L urea, or alternatively by 1% SDS, followed by 20 minutes heating at 65°C. CM could even undergo a further reduction step with 10 mmol/L DTT followed by alkylation of reduced cysteines by 25 mmol/L iodoacetamide. DTT was then removed by dialysis before loading CM onto the column.

HisTrap™ eluates were further purified by affinity chromatography on anti-c-myc-agarose (Thermo Fischer Scientific, Waltham, MA, USA). Samples were loaded in PBS Tween 20 0.1%, extensively washed with the same buffer and sequentially eluted by glycine 0.1 mol/L, pH 3 then pH 2. BMP9 and BMP10 were quantified in all fractions by western blot with anti-mature BMP9 (kind gift of Genentech, san Francisco, USA) and BMP10 (clone 13C11, home-made monoclonal antibody previously used in (18) using commercial recombinant BMP9 or-10 (R&D Systems, Abingdon, UK) as standard (1-10 ng/lane).

The quantity of purified BMP9-10 heterodimer was calculated from the 23 kDa (BMP10, unreduced) or 14 kDa (BMP9, reduced) immune-reactive bands. Band intensities were quantified using Image Lab software (Biorad, Hercules, CA, USA).

Anti-BMP10 Ab-affinity purification of human plasma

Anti-BMP10 antibody (clone 13C11, see above) was coupled to NHS-activated Sepharose (2mg/mL of resin) using standard protocols (GE Healthcare). 10-30 mL of human plasma (Biopredic International, pool of donors) was diluted 1:1 in PBS and applied to the column using an Äkta chromatography system. The column was washed with phosphate buffer containing 0.5 mol/L NaCl, and eluted by glycine-HCl pH 2.7.

Bmp9- and Bmp10-KO mice

The generation of Bmp9-KO mice was described previously (19). To circumvent the early embryonic lethality of Bmp10-KO mice (14), the Institut Clinique de la Souris (Illkirch, France) generated for us a Bmp10lox/lox mouse by flanking loxP sites around exon 2. These mice were then crossed with the Rosa26-CreERT2 mouse provided by Pr. P. Chambon (IGBMC, Illkirch, France) (28) to generate
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conditional KO of Bmp10 (Bmp10-cKO mice). Intraperitoneal injections of tamoxifen (1 mg) were performed for five days in 3-week-old mice. Blood was collected 6 weeks later on EDTA tubes. Plasma were obtained by centrifugation at 2000 x g for 10 min. All animal studies were approved by the institutional guidelines and those formulated by the European Community for the Use of Experimental Animals. Bmp9-KO and Bmp10-cKO mice were viable. They were maintained in the C57/BL/6 background.

**Right atria extracts**

Right atria were retrieved from 1-2-month-old mice. Tissues were homogenized in 50 mmol/L Tris-HCl pH 7.4, 0.5 mol/L NaCl in presence of a cocktail of proteases inhibitors (Sigma) with a MagNA Lyser (Roche Diagnostics, Meylan, France).

**Cell culture, transfection and dual luciferase activity assay**

NIH-3T3 cells were transfected with a mixture of the reporter plasmid pGL3(BRE)2-luc encoding firefly luciferase downstream of a BMP response element, pRL-TK luc encoding Renilla luciferase and a plasmid encoding human ALK1, as previously described (7). HUVECs were grown in EGM-2 (Lonza, Basel, Switzerland) and transfected by pGL3(BRE)2-luc and pRL-TK luc in the absence of serum with lipofectamine 3000 accordingly to recommended protocols (Thermo Fischer Scientific, Waltham, MA, USA). Cells were stimulated 2 hours after transfection and lysed after 6 hours for luciferase assay measurement.

To analyze Smad 1-5 phosphorylation, HUVEC or HMVEC-d cells (Lonza, Basel) were starved for 90 minutes in EBM-2 without serum and supplements, and stimulated for 20 or 30 minutes with the indicated ligands. Cells were then lysed and phospho-Smads were detected by immunoblotting with rabbit anti- P-Smad1-5 (Cell Signaling, Danvers, MA, USA) (57).

HUVECs were transfected with Silencer® Select siRNA (s986, s987, scramble, Thermofisher scientific) with RNAi max lipofectamine using recommended protocols. Cells were used 48 hours later and transfected by pGL3(BRE)2-luc and pRL-TK luc as above. The extinction efficiency of ALK1 expression was evaluated by quantitative RT-PCR.

**Enzyme-linked immunosorbent assay (ELISA)**

BMP10 ELISA was performed with a commercially available assay (R&D Systems) that recognizes both human and mouse mature BMP10. This ELISA was different from the one previously used (19), and gave more reliable results. BMP9 and heterodimeric BMP9-10 ELISA measurements were performed as follows. 96-well microplate were coated with the capture antibody: MAB3209 (R&D Systems) for BMP9, 13C11 for BMP10 and incubated overnight at room temperature. After blocking with 5% BSA in PBS, all samples except plasmas were diluted in PBS containing 1% BSA, 0.1% Tween-20, added into the wells and incubated for 2 hours at room temperature. Plasma samples were diluted in PBS, 0.05% Tween-20, 0.5% Triton X-100. Biotinylated detection antibodies (anti mature BMP9: BAF3209, R&D Systems or anti mature BMP10: DuoSet R&D Systems, DY2926) were incubated for 2 hours at room temperature. Plates were then revealed and read at 450 nm. Standard curves (15-1000 pg/mL) were obtained with recombinant BMP9 and BMP10 (R&D Systems) or purified BMP9-10 that had been quantified by western blotting.

**Quantitative RT-PCR**

RNAs were extracted, reverse-transcribed as already described (19). Real-time PCR was performed using Bio-Rad CFX with the specific mouse Bmp10 primer : forward 5’ TCCATGC-CGTCTGCTAACATCATC 3’, reverse ACATCAT-GCGATCTCTCTGCACCA and RPL13 : forward 5’ TTTCCCCACCTATGACAAGA 3’, reverse 5’ TTCTCCTCC AGAGTGGCTGT 3’.

**In situ Hybridization by RNAscope**

RNAscope® (Advanced Cell Diagnostics) was carried out on fixed and paraffin-embedded tissues according to the manufacturer instructions. Target retrieval was achieved by heating the slides at 100°C for 18 minutes. RNAscope® probes (Mm-Gdf2, Mm-Bmp10, negative Control Probe, positive Control Probe) were incubated for 2 hours at 40°C on individual slides followed by hybridization amplification and staining. Sections were counter-stained for two minutes with hematoxylin.
Acknowledgments: We thank Dr. D. Constam (Ecole Polytechnique Fédérale de Lausanne, Switzerland) for his gift of PCR3-furin plasmid, Dr S.J. Lee (Johns Hopkins University School of Medicine, Baltimore, MD, USA) and Dr. T. Zimmers (Thomas Jefferson University, Philadelphia, PA, USA) for providing Bmp9-KO mice, Dr. D Metzger (IGBMC, Illkirch, France) for providing us the Rosa26-CreERT2 mouse, and the animal facility staff at Institut de Biosciences et Biotechnologies de Grenoble (BIG, Grenoble, France) for animal husbandry. This work was supported by INSERM (Institut National de la Santé et de la Recherche Médicale, U1036), CEA (Commissariat à l’Energie Atomique et aux Energies Alternatives, DRF/BIG/BCI), UGA (University Grenoble-Alpes), the Ligues Départementales contre le Cancer de la Loire et de la Savoie, the association Maladie de Rendu-Osler (AMRO), the Fondation pour la Recherche Médicale (FRM) and the Association Pour la Recherche sur le Cancer. M.O. was supported by the PhD program of CEA/DSV (IRTELIS). We thank the Fondation Maladies Rares (FMR) for its financial support to the generation of Bmp10lox/lox mice.

Conflict of interest: The authors declare that they have no conflicts of interest with the contents of this article.
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FOOTNOTES
Non-standard abbreviations and acronyms

ALK: Activin receptor-Like Kinase
BMP: Bone Morphogenetic Protein
BRE: BMP Responsive Element
cKO: Conditional knock-out
CM: Conditioned medium
ECM: Extracellular matrix
FT: Flow through
HHT: Hereditary Hemorrhagic Telangiectasia
HSC: Hepatic stellate cells
HUVEC: Human umbilical venous endothelial cell
HMVECd: Human microvascular endothelial cells from the dermis
KO: Knock-out
TGF: Transforming Growth Factor
WT: Wild-Type

FIGURES
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(A) Schematic representation of recombinant BMP9 and BMP10 (pro-BMPs), containing respectively a 6-his epitope and a myc epitope downstream of the furin cleavage site. (B) Western blot analysis of conditioned medium (CM) from HEK 293-transfected cells. HEK-293 cells were stably transfected with plasmids encoding his-BMP9, myc-BMP10 or both plasmids (indicated BMP9-BMP10). Proteins were detected with antibodies directed against the mature domain of BMP9 or BMP10 as indicated. All samples were run under non-reduced conditions. NT: non-transfected cells. (C-E) HisTrap™ chromatography of CM from cells cotransfected with his-BMP9/myc-BMP10. C: CM applied under native conditions. D: CM denaturated by 8 mol/L urea and heated at 65°C for 20 minutes before being loaded onto the column. E: CM denaturated as above, then reduced by DTT and alkylated before loading. Flow through (FT) was collected. Columns were washed with 20 mol/L imidazole (wash) and eluted by 200 mol/L imidazole (elution). Fractions were analyzed by western blot with the indicated antibodies under non-reduced (C-D) or reduced conditions (E). Note that the anti-myc antibody gives a strong non-specific band around 100 kDa (*). In panels C and E, elution tracks are surrounded by a black lane to highlight spliced 10 mM imidazole washing fractions. (F,G) Heterodimerization of a mutant BMP and a wild-type (WT) counterpart. Fully-cleaved mature WT BMP9 and BMP10 have been produced without any tag sequence. BMP9 and BMP10 furin cleavage sites have been mutated to create uncleavable sequences, respectively RQAA and RIAA. Wild type and mutant BMPs have been solely transfected (0.5 ng of plasmid in each condition), or co-transfected (0.5 ng of plasmid coding for WT BMP and 1.5 ng of mutant BMP) into HEK 293 cells. CM were analyzed by western blotting with the indicated antibodies directed against mature BMPs (F) or for their BRE activity on ALK1-transfected 3T3 cells (G). Arrows in F show the bands corresponding to mature BMPs. Arrowheads point to a 65kDa band resulting from the dimerization of a wild type BMP and a mutant pro-BMP. In G, co-transfection with a mutant BMP leads to a dominant negative effect on ALK1-BRE stimulation. Values represent relative firefly luciferase normalized to renilla luciferase activity.
Bioactive BMP9-10 heterodimers in blood

A Western blot detection of purified BMP9-10 heterodimer under reduced (BMP9) or unreduced (BMP10) conditions. BMP9-10 was purified through a HisTrap™ column followed by anti-myc-agarose column and bound heterodimer was eluted by glycine pH 2 (see supp. Fig.3). BMP9-10 was quantified using image Lab (Biorad) after western blotting. Band intensity was measured on the mature form (23 kDa and 14 kDa for non-reduced or reduced respectively) and compared to known amount of commercial (comm) BMP9 or BMP10. The figure shows lanes with 5 ng of each BMP. (B) HUVECs were transfected with pGL3(BRE)2-luc and pRL-TK-luc and stimulated with BMP ligands in a range from 25 to 1000 pg/mL. Results show the fold of induction over control unstimulated cells. Data are the mean ± SEM of 4 independent experiments conducted in duplicate. For each dose, statistical analysis was performed and indicated no significant difference between the 3 ligands (2-way Anova multiple comparison test followed by a Tukey post test). (C) HUVECs were transfected with duplex siRNA (scramble versus ALK1) and further transfected 48h later with pGL3(BRE)2-luc and pRL-TK-luc. They were then stimulated with 250 pg/ml of ligands and results show the relative luciferase activity using two different siRNA compared to cells transfected with scramble siRNA. The figure shows one representative experiment out of two conducted in duplicates.

Fig.2 Recombinant BMP9-10 heterodimer is active on endothelial cells through the ALK1 receptor

(A) Western blot detection of purified BMP9-10 heterodimer under reduced (BMP9) or unreduced (BMP10) conditions. BMP9-10 was purified through a HisTrap™ column followed by anti-myc-agarose column and bound heterodimer was eluted by glycine pH 2 (see supp. Fig.3). BMP9-10 was quantified using image Lab (Biorad) after western blotting. Band intensity was measured on the mature form (23 kDa and 14 kDa for non-reduced or reduced respectively) and compared to known amount of commercial (comm) BMP9 or BMP10. The figure shows lanes with 5 ng of each BMP. (B) HUVECs were transfected with pGL3(BRE)2-luc and pRL-TK-luc and stimulated with BMP ligands in a range from 25 to 1000 pg/mL. Results show the fold of induction over control unstimulated cells. Data are the mean ± SEM of 4 independent experiments conducted in duplicate. For each dose, statistical analysis was performed and indicated no significant difference between the 3 ligands (2-way Anova multiple comparison test followed by a Tukey post test). (C) HUVECs were transfected with duplex siRNA (scramble versus ALK1) and further transfected 48h later with pGL3(BRE)2-luc and pRL-TK-luc. They were then stimulated with 250 pg/ml of ligands and results show the relative luciferase activity using two different siRNA compared to cells transfected with scramble siRNA. The figure shows one representative experiment out of two conducted in duplicates.
Bioactive BMP9-10 heterodimers in blood

Figure 3. BMP9-10 heterodimer is present in mouse plasma and is the only active ALK1-stimulating form

(A-C) ELISA measurements of circulating BMP9 (A), BMP10 (B) or BMP9-10 heterodimer (C) in plasma from WT, Bmp9-KO mice and Bmp10-cKO mice. BMP9-10 ELISA was realized using a capture antibody against mature BMP9 and a detection antibody against BMP10. Recombinant BMP9 and BMP10 or purified BMP9-10 heterodimer were used as standards. n=7 to 15 mice. Results are presented as the median ± interquartile range. Imm. BMP immune reactive BMP (D) ALK1 BRE activity of plasma from WT, Bmp9-KO and Bmp10-cKO mice using a BRE assay on 3T3 transfected cells. Values are presented as mean ± SEM from 8 to 15 mice. (E, F) Immunoblotting of primary human endothelial cell lysates (E, HMVECs; F, HUVECs) using phospho-Smad1-5 antibody. Cells were starved for 90 minutes and stimulated for 20 minutes with 3% plasma from WT, Bmp9-KO, or Bmp10-cKO mice. Blots show 2 different mice per condition. The position of the 50 kDa marker is indicated on the right of each blot. Stimulation values were normalized to actin expression and represented as the % of stimulation with WT plasma taken as 100% (mean ± sem). Quantification has been made on 4 different mice for each condition. Stimulation with 100 pg/ml of commercial BMP9 under the same conditions is shown as a control in E. Statistical comparison of KO-mice versus WT mice was performed using a Mann-Whitney test: * p<0.05; ** p<0.01; *** p<0.001; **** p<0.0001.
Figure 4. BMP9-10 heterodimer is present in human plasma and is the main ALK1-stimulating form

(A) Quantification of BMP9-10 heterodimer in 19 healthy human plasma. BMP9-10 ELISA was realized using a capture antibody against mature BMP10 and a detection antibody against BMP9. Results are presented as the median ± interquartile range. (B-E) Purification and activity of BMP9-10 heterodimer from human plasma. BMP9-10 heterodimer was purified by affinity chromatography: 10 mL of a pool of human plasma (selected for its high BMP9-10 immune reactivity 8-10 ng/mL) was applied to an anti-BMP10 column, and eluted by glycine pH 2.7. (B-D) ELISAs: plasma, flow through (FT) and elution fractions were quantified by ELISA to detect BMP9 (B), BMP10 (C) or BMP9-10 heterodimer under the same conditions as A (D) Y axes represent the total amount of immune reactive BMP9, BMP10 or BMP9-10. (E) ALK1 BRE activity of the different fractions was measured on 3T3 cells. Recombinant BMP9 was used as a standard to quantify the total amount of active BMP in each fraction. Values are the mean ± SD of duplicates measured by ELISA or BRE-luc assay from one representative experiment out of 3.
Fig. 5 Hepatic stellate cells synthesize both BMP9 and BMP10
(A) BMP10 mRNA expression in human tissues (Clontech, 9 tissues out of 20 analyzed) determined by quantitative RT-PCR. Results are shown as the mean ± SD of BMP10 mRNA level normalized to RPL13 mRNA levels. (B-C) Localization of BMP9 or BMP10 mRNA by RNAsecope on mouse adult heart sections (B) or liver sections (C). Paraffin-embedded sections were labeled with Gdf2 probe for BMP9 (left panels) or Bmp10 probe (right panel) revealed by fast-red pink staining and counter-stained with hematoxylin. In (B) RA: Right atria, V: Ventricle. Inserts show higher magnification of the right atria (scale bar, 25 µm). In (C) Upper panels show low magnification with several positive pink cells (arrowheads). Lower panels are high magnifications showing hepatocytes (H), a Kupffer cell (K), lining the wall of a sinusoid and stellate cells (S) between hepatocytes and sinusoids. Note the pink labeling of stellate cells.
A heterodimer formed by bone morphogenetic protein 9 (BMP9) and BMP10 provides most BMP biological activity in plasma

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J. Biol. Chem. published online May 22, 2018

Access the most updated version of this article at doi: 10.1074/jbc.RA118.002968

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