Abstract. The present study aimed to explore microRNA-126 (miR-126) as a novel therapeutic target for primary hypertension. The lentiviral vector containing human immunodeficiency virus 1 (HIV-1), the miR-126 gene knockdown viral vector (lenti-miR-126-Kd), and control lentiviral vector (lenti-scramble-miR) were constructed. Spontaneously hypertensive rats were randomly divided into 4 groups, which received a high dose of lenti-miR-126-Kd (1x10^8, n=5), low dose of lenti-miR-126-KD (1x10^7, n=6), scramble-miR (5x10^7, n=6), and PBS (n=6). Lentiviral vectors were injected into the tail vein. Data on the systolic blood pressure, diastolic pressure, mean arterial pressure, and heart rate were collected weekly. After 8 weeks of virus administration, the distribution of lentiviral vectors in different tissues was observed by fluorescence microscopy. Picric acid Sirius red and H&E staining were used to observe the target organ damage, and the ELISA kit was used to determine the serum nitric oxide (NO) content. The lentiviral vector was found to be constructed successfully. Eight weeks after the lentiviral vector injection, green fluorescent protein was observed in different tissues in each group. The blood pressure and heart rate were not significantly altered after lentiviral vector injection (P>0.05). No significant differences in the heart-to-body weight ratio among the four groups were observed (P=0.23). Picric acid Sirius red and H&E staining revealed that there was no significant difference in morphology among the four groups. No significant difference in the serum NO level among the four groups was noted (P=0.23). Picric acid Sirius red and H&E staining revealed that there was no significant difference in morphology among the four groups. No significant antihypertensive effect was observed by the knockdown of miR-126 for the treatment of primary hypertension. The target organs were not protected significantly after the treatment. The increased level of miR-126 expression in hypertensive patients may be due to a compensatory mechanism.

Introduction

Essential hypertension is considered to be a highly prevalent pathological condition contributing to the morbidity of crucial risk factors such as cardiovascular disease, cerebrovascular disease, chronic renal failure and increased mortality (1). According to statistics, approximately 90-95% of the cases of hypertension affecting more than 2 billion adults worldwide are categorized as the essential subtype (2). To date, a large amount of evidence has shown that vasoactive substances such as urotensin II (3,4), endothelin (5,6), and adrenomedullin (7,8) play a major role in the pathophysiology of essential hypertension (9). Therefore, the study of the pathogenesis of hypertension is substantial. Essential hypertension is a multifactorial disease caused by the combined action of several genetic, environmental, and behavioral factors (10). Some studies have attempted to identify the genetic abnormalities (11). However, these results are only the tip of the iceberg in the research of a new field concerning the pathogenesis of hypertension.

MicroRNAs (miRNAs or miRs) are 22-nucleotide non-coding RNA molecules that regulate the expression of other genes by inhibiting translation or cleaving of complementary target messenger RNAs (12), thereby providing a mechanism for protein dose regulation. Five years ago, the discovery of the first miRNA gene, lin-4, in the nematode Caenorhabditis elegans (13), rapidly unraveled the field of miRNA biology. Since then many more of these short regulatory RNA genes have been identified in flowering plants, worms, flies, fish, frogs, and mammals (12). Currently, about 2% of the known human genes encode miRNAs (14).

miRNAs are transcribed as long RNA precursors (pri-miRNAs) that contain a stem-loop structure of approximately 80 bases (15). Pri-miRNAs are processed in the nucleus by the RNase III enzyme Drosha and DGCR8/Pasha (16), which excise the stem-loop to form the pre-miRNA. These RNA molecules are then exported from the nucleus by Exportin-5 (17) to the cytoplasm, wherein another RNA III enzyme, Dicer, cuts the pre-miRNA to generate the mature miRNA as a part of a short RNA duplex. Subsequently, the RNA is unwound by helicase activity and incorporated into an RNA-induced silencing complex (RISC) (18). The RISC
directs the gene silencing, where it is enabled to target specific mRNAs through complementary sequences in the 3'-untranslated regions (3'-UTRs) (19,20). The perfect base pairing triggers mRNA degradation through a mechanism similar to that operating during RNA interference (RNAi) induced by small interfering RNAs (siRNAs). On the other hand, miRNAs regulate gene expression by imperfect base pairing to the 3'-UTR of target mRNAs and causing mRNA degradation or inhibiting protein synthesis (21).

The miRNAs expressing in specific tissues constitute a predominant population, which suggests that the miRNAs are highly tissue-specific (22). miR-126 is an endothelial cell-specific miRNA (20). Recent studies have demonstrated the vital roles for miRNAs as a response to injury and stress to the cardiovascular system. This characteristic illustrates that a single miRNA can regulate vascular integrity and angiogenesis (20,23). miR-126 was found to reduce atherosclerosis (24), and can regulate adhesion molecule expression, thereby further controlling vascular inflammation (25). Ding et al demonstrated that the levels of inflammation are significantly enhanced in the early stage of hypertension (26).

Some researches have previously investigated the gene functions associated with hypertension and high blood pressure leading to organ damage (27,28). Previous studies have shown that miR-126 is involved in cardiovascular disease by modulating the transition of endothelial progenitor cells, which is indispensable for the occurrence of hypertension (29-31). Thus, further research by us focused on the relationship between miR-126 and the pathogenesis of hypertension in animal experiments. In the present study, the research process and results of animal experiments are reported.

miR-126 is closely related to endothelial function, and endothelial dysfunction is indispensable for the occurrence of hypertension. Therefore, we hypothesized that dysregulated miR-126 expression impairs endothelial function, resulting in hypertension. However, relevant data have not yet been reported. RNA interference (RNAi) occurs in normal individuals as a phenomenon of specific inhibition of a target gene. When double-stranded RNAs (dsRNAs) homologous to the endogenous mRNA coding region are introduced into cells, the mRNA degrades resulting in specific gene silencing, thus, playing an important role in cell culture and in vivo studies. Based on the above principles, the present study utilized the lentiviral vector system to integrate the antisense oligonucleotides of miR-126, and thereby knock down the miR-126 expression to treat hypertension through gene therapy strategy.

Taken together, miR-126 is crucial for endothelial function. Since hypertension is closely associated with endothelial dysfunction, we speculated that dysfunctional endothelium caused by abnormal miR-126 expression may play a pivotal role in primary hypertension. Our preliminary investigation used serum samples from 4 healthy individuals and 6 patients with essential hypertension who were comparable in age, sex, and weight. We also found that miR-126 expression was upregulated in the patients with hypertension compared with the healthy controls. Moreover, although miR-126 down-regulation through RNAi is theoretically feasible, no evidence has yet been shown for miR-126 application in hypertension therapy. To the best of our knowledge, the present study for the first time elucidated the relationship between miR-126 and human hypertension and is also the first in vivo assessment of the role of miR-126 in hypertension.

Materials and methods

A total of 4 healthy individuals and 6 patients with essential hypertension from Beijing Chao-Yang Hospital (Beijing, China) were selected for assessment of miRNA expression in our preliminary experiment who were comparable in age, sex, and weight. The present study was approved by the Ethics Committee of Beijing Chaoyang Hospital (reference no. 2009-S-1). All the patients provided written informed consent for the use of their samples for scientific research prior to enrollment. A total of 23 spontaneously hypertensive rats (SHR), 8 weeks of age, were obtained from Capital Medical University Laboratory Animals Research Center (Beijing, China) and acclimatized in a controlled room at 21±2°C and 60±5% humidity in which a 12:12 h light:dark cycle was maintained. All the animals were maintained under specific pathogen-free conditions. The study was approved by the Animal Ethics Committee (reference no. 2012/A-99) and was conducted in accordance with the ‘Animal Welfare Act and the Guide for the Care and Use of Laboratory Animals (NIH publication no. 5377-3, 1996)’.

**Instruments.** The instruments used included rat tail-artery non-invasive blood pressure tail-cuff apparatus (BP-98A; Softron, Tokyo, Japan), inverted fluorescence microscope BX51, polarization microscope BH2 (both from Olympus, Tokyo, Japan) and GenePix 4000B Microarray Scanner (Axon Instruments, Union City, CA, USA).

**Reagents.** The reagents were purchased as follows: TRIzol (Invitrogen Life Technologies, Carlsbad, CA, USA), RNeasy Mini kit (Qiagen, Inc., Valencia, CA, USA), microRNA-126 gene knockdown lentiviral vector, microRNA-126 interference control lentiviral vector (both from Shanghai Shengbo Biotech Co., Ltd., Shanghai, China), nitric oxide (NO) kit (R&D Systems, Minneapolis, MN, USA), Sirius red F2B stain in carboxylic acid (Sigma, St. Louis, MO, USA), and ELISA kit (R&D Systems).

**miRCURY LNA™ microRNA arrays.** Our preliminary investigation reserved the blood samples from healthy individuals and patients with essential hypertension. Total RNA was harvested using TRIzol and RNeasy Mini kit according to the manufacturer's instructions. After having undergone RNA measurement on the NanoDrop instrument, the samples were labeled using the miRCURY™ Hy3™/Hy5™ Power Labeling kit and hybridized on the miRCURY™ LNA Array (v.11.0). Scanning was performed with the Axon GenePix 4000B Microarray scanner. GenePix Pro v6.0 ( Molecular Devices LLC, USA) was used to read the raw intensity of the image.

**Construction of the miR-126 gene knockdown lentiviral vector (lenti-miR-126-KD).** Cloning and vector construction was carried out as previously described (19). The rno-miR-126 mature sequence was >rno-miR-126 MIMAT0000832; UCGUACCCGUAAGUAUAUGCG. For gene knockdown, the target gene expression was driven by the U6 promoter. A lentiviral vector for miR-126 gene knockdown was constructed by U6-promoter-
Roles of miR-126 in hypertension pathogenesis and progression

Serum sample preparation. A total of 3% of pentobarbital sodium was used at a dose of 0.2 g/100 g body weight for rat anesthesia. A total of 6-7 ml whole blood sample was withdrawn from the cardiac apex before the removal of the tissues by thoracotomy and transferred into yellow capped tubes. The serum samples were collected by centrifugation for 15-20 min at 3,000 rpm.

NO level test. ELISA kit was used, following the manufacturer's protocol, to estimate the NO levels.

Biochemical measurements. ELISA was performed to estimate ALB, AST, ALT, CHOL, HDL-C, LDL-C, TG, BUN and Cr (38 parameters in total). The differences in the biochemical indices among groups were compared.

Statistical analysis. Data were analyzed by SPSS 16.0 (SPSS, Inc., Chicago, IL, USA) and GraphPad Prism 4.0 statistical package. Measurement data are represented as mean ± standard deviation (mean ± SD). Normality and homogeneity of variance were tested before comparison: data that fulfilled the normal distribution and homogeneity of variance were analyzed by one-way analysis of variance; for data with the heterogeneity of variance, the logarithm of normality and homogeneity was used for the variance test. Data that did not fulfill the homogeneity criteria were analyzed by Kruskal-Wallis non-parametric test. P<0.05 and P<0.01 were considered to indicate a statistically significant difference.

Results

miRNA-126 expression level in hypertension. The hypertensive patients demonstrated significantly higher expression of 3'-UTR of miR-126 (1.410±0.369 vs. 0.838±0.274, P=0.03) and 5'-UTR of miR-126 (1.799±0.490 vs. 0.997±0.437, P=0.03) compared with the healthy controls (Fig. 1A). At the same time, the color of the heat map diagram scale shown at the top illustrates the relative expression level of an miRNA in a certain slide: red color represents a higher expression level and green color represents a lower expression level, indicating that miR-126 was upregulated in the patients with hypertension (Fig. 1B).

Construction of the lentiviral vector for miR-126 gene knockdown. The DNA sequencing result for the lentiviral vector for miRNA-126 gene knockdown is demonstrated in Fig. 2. The highlighted areas indicate the antisense sequence complementary to the mature miR-126: 5'-CGCCATTATTAATCAGGTAC-3', indicating successful construction of the lentiviral vector.

miR-126 gene knockdown for hypertension treatment Blood pressure and heart rate. After tail vein injection, changes in the systolic pressure, mean blood pressure, diastolic blood pressure, and heart rate with time were continuously monitored for 8 weeks. The results are summarized in Tables I-IV, and plots are represented in Fig. 3. A statistical significant difference
was neither observed in the blood pressure among each SHR group before dose (P>0.05), nor at each time point after the drug administration (P>0.05), suggesting that the blood pressure was not affected by dose. According to Fig. 3, the heart rates of the HD and LD groups started declining from 4 weeks after drug administration; however, this was not statistically significant (P>0.05).

Body weight and heart body ratio. As shown in Table V and Fig. 4, no statistical significance was noted (one-way analysis of variance P>0.05).

Green fluorescence of frozen sections. Since the lentiviral vector encodes an eGFP gene, successful transfection of the lentiviral vector can be observed as green fluorescence in the tissue. Although miR-126 has tissue specificity, with high expression in the heart and lung, it is also expressed in brain, liver, and kidney at a low level (15). The lentiviral vector is not topic for organs. It is not only highly expressed in the lung but expressed in all other organs. The GFP is demonstrated in Fig. 5 in all the organs; less in the brain, maximum in the lung. The expression data are consistent with the previous studies,
indicating successful transfection of the lentiviral vectors, and detectable levels in the SHRs even after experiments.  

**H&E and Sirius red F2B in carbazotic acid staining.** H&E and Sirius red F2B in carbazotic acid staining of the heart and
kidney are shown in Fig. 6. Although the quantitative analysis was not performed, a difference in the histomorphology was not observed among the groups.

**Effects of miR-126 on hypertension pathogenesis and progression.** NO and major biochemical criterion of SHR groups are shown in Table VI; no statistical significant difference was noted among the groups (P>0.05).

**Discussion**

The pathogenesis of primary hypertension is complex (1). Genetics, activation of the renin-angiotensin-aldosterone system, and vascular endothelial dysfunction may all be associated with the pathogenesis and progression of hypertension. However, the pathogenesis of primary hypertension remains unknown in nearly 90% of patients.

RNAi is a biological process of gene silencing induced by dsRNA (including siRNA and miRNA). RNAi interferes with gene translation or transcription to inhibit specific gene expression. Once dsRNA homologous to the endogenous mRNA is induced into a cell, the mRNA degrades resulting in gene silencing (20). Compared to other gene therapies, RNAi...
is highly specific, with high efficiency and stability (21,22). However, it is primarily used in tumors (23), virus infectious diseases (24,25), and genetic diseases with single gene defects (26). In 2003, Rubinson et al (27) reported successful RNAi in mammalian primary stem cells and transgenic mice by the virus system. It was confirmed that RNAi lowers target gene expression efficiently in vitro (28). Chen et al (32) injected adenovirus-mediated ATIR shRNA into mouse brains for hypertension therapy.

miRNA is an endogenous non-coding RNA, approximately 20-22 nucleotides in length (2). It has been proved that miRNA-126 is endothelium-specific, and has been studied extensively in tumors (33-38) and hematological system diseases (39,40). Our preliminary studies indicated that miR-126 expression was increased in hypertensive patients by miRCURY LNA™ microRNA arrays. Thus, we hypothesized that there may be a close correlation between miR-126 and the pathogenesis and progression of hypertension. Accordingly, in this study, we focused on the relationship between miRNA-126 and the pathogenesis of hypertension in animal experiments. We inhibited the miR-126 expression by RNAi to explore the possibility of its usage in gene therapy for hypertension and the results of animal experiments were reported.

Lentiviral vector is a retroviral vector with defective replication. The principle of lentiviral vector construction is to separate the cis-acting elements of human immunodeficiency virus 1 (HIV-1) genome and the sequence encoding the trans-acting proteins. This eliminates the virulence gene from the wild-type virus gradually through reconstruction, and completely removes the U3 sequence at the 3’LTR, weakening its transcriptional activation capacity. Thus, a self-inactivating vector system is established. It retains the cis-acting element LTR of the wild-type virus and packaging signals as well as the responding element of the Rev gene, but removes the virulence genes including vif, vpr, vpu, and nef, ensuring the biosafety of the vector (41). It stably integrates into the genome of target cells for effective exogenous gene expression without any alterations in the cloned gene. Therefore, the lentiviral vector is widely used to transfer genes due to its high efficiency and stability (42-46). Other retroviral vectors accommodate exogenous genes <8 kb, which were unfavorable for the present study. The adenovirus is also commonly used as a vector for gene therapy. However, in this case, the target genes are free in the nucleus and do not integrate into the chromosomes, thereby impeding long-term expression.

Based on the above features, a lentivirus was adopted as a vector for miR-126 gene knockdown in the present study. Hence, pMagic 4.0 vector with two promoters was used: CMV promoter driving the expression of GFP, resulting in cells with green fluorescence, which is a robust marker for successful gene transfection. The other is the U6 promoter, downstream of which the target gene segment is inserted. For gene knockdown, the target gene segment is complementary to the mature miRNA-126 gene. The sequencing result of the vector construct is shown in Fig. 2, and indicates a successful vector construct. Eight weeks after the in vivo experiment, the heart, kidney, liver, brain, and lung tissue sections were prepared from the SHRs. Green fluorescence was observed in all the cells (Fig. 5).

| Group     | Body weight before dose (g) | Body weight after dose (g) | Heart body ratio (mg/g) |
|-----------|----------------------------|---------------------------|------------------------|
| HD (n=5)  | 143.4±9.9                  | 316.1±16.2                | 4.41±0.52              |
| LD (n=6)  | 140.3±10.5                 | 314.6±15.9                | 4.06±0.29              |
| Scramble-miR (n=6) | 135.3±6.8            | 305.9±12.0                | 3.97±0.20              |
| Control (n=6) | 139.3±8.5            | 318.3±18.5                | 4.25±0.40              |
| P-value   | 0.527                      | 0.561                     | 0.230                  |

HD, high dose; LD, low dose. Data are expressed as mean ± SD
suggesting successful construction of the lentiviral vector and SHR transfection with a detectable expression even after the experiments.

It is considered that inflammation and immune responses are both critical mechanisms for primary hypertension pathogenesis and progression (47,48). Existing data have shown marked upregulated inflammatory factors in the serum of hypertension patients (16). Notably, upregulation of IL-6 and TNF-α was found to lead to vascular endothelial dysfunction and excessive proliferation and migration of vascular smooth muscle cells (49,50). Blocking of the IL-6 or TNF-α inflammatory signaling pathway inhibited Ang II-induced hypertension (51,52). Reduced endothelial nitric oxide synthase (eNOS) activity and NO hyposecretion are crucial for vaso-motor dysfunction induced by endothelial malfunction, thereby resulting in hypertension (53). NO is a vital humoral factor which regulates endothelial functions. In vitro studies have confirmed that NO interacts with vascular endothelial growth factor (VEGF), upregulating its mRNA expression. On the other hand, there is a positive feedback from VEGF through

Table VI. Comparison of NO and major biochemical criterion of the SHR groups.

| Test index | HD (n=4) | LD (n=5) | Scramble-miR (n=5) | Control (n=5) | P-value |
|------------|----------|----------|-------------------|---------------|---------|
| NO (µmol/l) | 8.299±5.001 | 8.081±6.353 | 14.00±10.01 | 4.492±2.055 | 0.233 |
| ALB (g/l) | 16.0±1.7 | 16.6±1.4 | 17.1±1.7 | 18.6±0.5 | 0.131 |
| CHOL (mmol/l) | 1.74±0.32 | 1.59±0.06 | 1.69±0.12 | 1.64±0.05 | 0.552 |
| LDL-C (mmol/l) | 0.22±0.14 | 0.14±0.12 | 0.15±0.10 | 0.06±0.04 | 0.280 |
| TG (mmol/l) | 0.27±0.07 | 0.22±0.09 | 0.28±0.32 | 0.29±0.10 | 0.601 |
| AST (U/l) | 311.0±56.7 | 213.8±63.4 | 244.8±119.8 | 205.0±165.6 | 0.610 |
| ALT (U/l) | 59.3±8.6 | 57.6±8.9 | 61.4±13.6 | 65.3±9.1 | 0.764 |
| BUN (mmol/l) | 8.44±1.20 | 7.67±1.30 | 7.09±1.27 | 6.75±1.57 | 0.398 |
| CREA (µmol/l) | 41.1±4.7 | 36.7±11.9 | 29.9±3.9 | 34.4±3.3 | 0.244 |
| Na⁺ (mmol/l) | 146.2±2.2 | 147.9±1.3 | 147.3±1.4 | 146.3±1.8 | 0.422 |
| K⁺ (mmol/l) | 6.8±1.0 | 6.0±0.6 | 6.7±0.5 | 6.6±0.7 | 0.250 |
| Ca²⁺ (mmol/l) | 2.42±0.04 | 2.40±0.12 | 2.42±0.11 | 2.40±0.06 | 0.976 |

NO, nitric oxide; SHR, spontaneously hypertensive rats. HD, high dose; LD, low dose. Data are expressed as mean ± SD.

Figure 6. H&E and Sirius red F2B in carboxazic acid staining of heart and kidney. 1st column, HD; 2nd column, LD; 3rd column, scramble-miR; 4th column, control. (A) H&E staining of cardiac muscle, (B) H&E staining of kidney, (C) Sirius red F2B in carboxazic acid staining of cardiac muscle, (D) Sirius red F2B in carboxazic acid staining of kidney. HD, high dose; LD, low dose.
upregulated eNOS mRNA to promote NO secretion (54,55). Furthermore, increased VEGF synthesis favors the repair of damaged endothelial cells, inhibiting the thickening of impaired intima, thereby improving vascular remodeling. Some studies have shown that in addition to promoting the proliferation of endothelial cells, vascular proliferation, and vascular remodeling, VEGF is closely related to endothelial inflammatory reaction (56-60).

Liu et al found that miR-126 downregulated the VEGF expression in cells and tissues (61). Based on the previous results that miR-126 is highly expressed in hypertensive patients, we speculated that it reduces the expression of endogenous VEGF, weakening the repair of vascular endothelial cells, and therefore, accelerates the thickening of the endangium, resulting in aggravation of vascular remodeling. On the other hand, due to the positive feedback correlation between VEGF and NO, activated VEGF may promote angiogenesis, protecting vascular integrity. Therefore, accelerates the thickening of the endangium, resulting in hypertension.

In the present study, a lentiviral vector with miR-126 gene knockdown sequence was introduced into the rats through tail vein injection. After 8 weeks of continuous observation, measurements of blood pressure, heart rate, and comparison to the control groups, there was no decrease in the blood pressure. In addition, the heart body ratio, histomorphology of heart and kidney, serum NO, and other biochemical criterion did not differ significantly (P>0.05).

Knockdown of miR-126 neither reduced the blood pressure nor prevented target organ damage. Therefore, miR-126 may potentially serve as a compensatory mechanism in hypertensive patients. Wang et al (12) found that target knockout of miR-126 resulted in angiorrhesis, bleeding, and embryonic mortality. This was due to impaired vascular integrity, defects in endothelial cell division and proliferation or migration, which might be caused by the reduction of angiogenic factor signaling (e.g., VEGF and FGF). However, the regulatory mechanism of angiogenesis signaling cascade amplification remains unclear. Nevertheless, Fish et al (13) demonstrated that miR-126 directly restricts the negative regulatory factors of the VEGF pathway, including Spred-1 protein and phosphoinositols-3 kinase regulatory subunit 2 (PI3K/R2/p85-β). For overexpression of Spred-1 or blocking of VEGF signaling in zebrafish, both these pathological phenomena were mimicked by miR-126 gene knockout. These were inconsistent with data from Liu et al (61), which proved that miR-126 enhanced the VEGF pathway and promoted angiogenesis, protecting vascular integrity. Therefore, it may be justified that while under high blood pressure, endothelial function is impaired, activating inflammatory responses, which might promote the compensatory increase in miR-126. Strikingly, this activates the VEGF pathway, promoting endothelial cell proliferation and repair of injured cells, inhibiting thickening of vascular walls, and improving vascular remodeling. On the other hand, since there is a positive feedback relationship between VEGF and NO, activated VEGF may facilitate eNOS to produce NO, reversing the disorder of the renin-angiotensin-aldosterone system.

Although there was no anticipated therapeutic outcome, the present study was the first to elucidate the correlation between miRNA-126 and primary hypertension in human. To the best of our knowledge, this is the first attempt to target miR-126 for hypertension therapeutics. In addition, the miR-126 gene knockdown lentiviral vector was constructed successfully. We speculate that hyper-expression of miR-126 in hypertensive patients is a compensatory mechanism. Taken together, we demonstrated the possible mechanisms of miR-126 during the pathogenesis and progression of hypertension, providing substantial evidence for miR-126 target gene therapy for hypertension.

**Competing interests**

The authors declare that they have no competing interests.

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