# Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|------|------------------------------------|-----------------------------|
| **TITLE**     |         |      |                                    |                             |
| Title         | 1       | Identify the report as a Narrative Review or Literature Review. | Page 1/line 3              |                              |
| **ABSTRACT**  |         |      |                                    |                             |
| Structured summary | 2       | Provide a structured summary with the subsections as: objective, background, methods, conclusion (1). | Page 2/line 35-43     | Abstract                     |
| **INTRODUCTION** |         |      |                                    |                             |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | Page 2/line 40-63   | Introduction Paragraph 1     |
| Objectives    | 4       | Specify the key question(s) identified for the review topic. | Page 2/line 64-68     | Introduction Paragraph 1     |
| **METHODS**   |         |      |                                    |                             |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | N/A This is not a meta-analysis, N/A This is not a meta-analysis, |                             |
| **DISCUSSION/SUMMARY** |         |      |                                    |                             |
| Narrative     | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | Page 3-12 line 69-399 | Paragraph 2-24               |
| Summary       | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page 12 line 400-420 | Paragraph 22-26              |

Reference
1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. J Sports Chiropr Rehabil 2001;15:5–19.

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*