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Mechanical, thermal and acoustical characterizations of an insulating bio-based composite made from sunflower stalks particles and chitosan

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This study has for objective the determination of thermal, mechanical and acoustical properties of insulating bio-based composite made with chitosan and sunflower’s stalks particles. An experimental design was established to find the size grading of particles, the ratio chitosan/sunflower particles and the stress of compaction influencing the thermal and mechanical properties. Composites with a thermal conductivity (κ) of 0.056 W m−1 K−1, a maximum stress (σmax) of 2 MPa and an acoustic coefficient of absorption (α) of 0.2 were obtained with a ratio of chitosan of 4.3% (w/w) and a size grading of particles higher to 3 mm. These mechanical and thermal performances are competitive with those of other insulating bio-based materials available on the market.

1. Introduction

The implementation of agro-industrial residues in the development of composite materials for building trades is now a research of growing interest (Cole, 1999; Gustavsson and Sathre, 2006; Morel et al., 2001). One of the major challenges of this industry for the next decade is to improve the energy performance of existing buildings taking into account the increasing social emphasis on issues of the environment, waste disposal, and the depletion of non-renewable resources. The motivation includes cost, mechanical, thermal and acoustical performance enhancements, weight reduction, and environment concerns (Glé et al., 2012). In this context, bio-based insulator materials made from by-products of agriculture are an interesting alternative to those obtained from fossil carbon. Thermal insulation is known to play a critical role in saving energy by reducing the rate of heat transfer (Keynakli, 2012). A material is considered as a thermal insulator when its thermal conductivity (κ) is lower than 0.1 W m−1 K−1, some of them reaching 0.035 W m−1 K−1 (Al-Homoud, 2005). They include fibrous and cellular inorganic materials, organic materials and metallic or metalized reflective membranes. Among them, those obtained from agricultural by-products have numerous advantages as they are eco-friendly and renewable. Moreover the high fiber content of some of them (wood, hemp, flax . . . ) authorizes the reinforcement of composites (Liu et al., 2006). This property leads to the development of bio-based composites with natural fibers not only in the field of thermal insulators but also in other industrial areas such as paper or thermoplastic industries (Ashori, 2013; Ashori and Nourbakhsh, 2010; Ashori et al., 2014; Zahedi et al., 2013). Onéspippe et al. (2010) have used sugar cane bagasse fibers in cement composites. The bio-sourced material obtained had higher thermal conductivity and mechanical strength compared to cement alone. Korjenic et al. (2011) carried out a research project to develop a new insulating material from jute, flax and hemp. Results showed that the correct combination of natural materials is comparable with conventional materials for mechanical properties. Furthermore, Ellordy et al. (2008), Nguyen et al. (2010), Nozahic and Amziane (2012) and Nozahic et al. (2012) characterized the hemp concrete, a new insulating material. Its thermal conductivity and its compressive strength were evaluated ranging between 0.1 and 0.4 W m−1 K−1 and from 0.2 to 0.8 MPa, respectively.

Sunflower is widely cultivated all over the world. In 2010, the harvested area in Europe was 3.68 × 106 ha representing 16% of the total harvested area in the world (Sun et al., 2013). The crushed
sunflower stems have no real application in agriculture and it has been estimated that each hectare of sunflower can produce 3–7 tons of dry biomass including stems (Marechal and Rigal, 1999). The stems are usually burnt, used as natural fertilizer, for animal feed or for fuel production (Chen and Lu, 2006; Sun et al., 2013). In this context, non-food uses of a part of this biomass would have a significant economic impact on this culture (Ashori and Nourbakhsh, 2010; Laufenberg et al., 2003). Several authors reported that building products/composites produced from various agro-waste materials, including sunflower stalks, have higher mechanical properties, lower thermal conductivity and density, are cheaper, durable, lightweight, available in abundance, much less abrasive and environmental friendly compared to conventional ones (Ashori et al., 2014; Diaz et al., 2011; Madurwar et al., 2013; Zahedi et al., 2013). Bark of sunflower stems exhibit favorable mechanical properties whereas its pith has good insulation ones (Sun et al., 2013). Hence, this by-product could find use in a total bio-sourced composite with thermal insulator properties using a natural organic binder contrary to classical strategies which employed cement (Elfordy et al., 2008; Nguyen et al., 2010; Nozahic and Amziane, 2012 and Nozahic et al., 2012) or epoxy resin (Binici et al., 2014). Chitosan is a natural polymer obtained industrially by deacetylation of chitin from crustacean shells (Dash et al., 2011; No et al., 2007). This polysaccharide, which is the most abundant polysaccharide after cellulose (Barbosa et al., 2005), is a heteropolymer of β-(1,4)-linked 2-acetamido-2-deoxy-D-glucopyranose and 2-amino-2-deoxy-D-glucopyranose units. It is the sole cationic polysaccharide described due to its positive charges (NH$_3^+$) at acidic pH (pH < 6.5) (Barbosa et al., 2005). Over the past few decades, chitosan has received attention as a functional non-toxic, antimicrobial, biocompatible and biodegradable biopolymer useable in the area of biomaterials and/or biosourced materials (Ashori et al., 2013; Dash et al., 2011; Kumar, 2000; Muzzarelli et al., 2012; Nair and Laurencin, 2007; No et al., 2007; Patel et al., 2013; Shalaby et al., 2004; Umemura et al., 2010). In the light of all its features chitosan was selected as a natural binder for the conception of a thermal insulating material using sunflower stalks particles as reinforcement.

2. Material and methods

2.1. Raw materials

2.1.1. Shredded sunflower stalks

The sunflower (reference LG5474) stalks used in this study were harvested in 2009 (Perrier, France). Grinding of sunflower stalks was performed using a cutting mill SM 300 (Retsch) with a sieve of 20 mm mesh. The speed cut applied was 1000 rpm. The particles obtained were sieved at room temperature (20°C) using Controlab sieve-tronic to obtain different particles sizes between 1 and 6.3 mm. Particles were stored at room temperature.

2.1.2. Binder

Chitosan from Shrimp Shell with a molecular weight of 98 kDa and a deacetylation degree of 90% was supplied by France-Chitin (France) with the reference number 342. The polysaccharide was solubilized at room temperature (20°C) for 2 h under stirring at concentrations ranging between 2 and 9% (w/v) in acetic acid 1–2% (v/v) (Sigma Aldrich, 98.9%).

2.2. Bio-based composite

The process for obtaining bio-based composites from shredded stems of sunflower and chitosan is shown in Fig. 1. Chitosan solutions were mixed for 5 min with sunflower’s stalk particles having different particle sizes (between 1.6 and 6.3 mm). Ratios chitosan/sunflower particles were between 0.04 and 0.15 g/g. Each type of mixture was prepared twice in two polyvinylchloride (PVC) molds: 180 mm × 50 mm × 40 mm for tensile tests and 180 mm × 50 mm × 120 mm for compressive measures. Each set was compacted during 1 min at 20 °C under pressures between 1 × 10$^{-3}$ and 32 × 10$^{-3}$ MPa using weights or compressive press machine (Zwick-Roell) equipped with a ±20 kN load cell for pressures between 156 × 10$^{-3}$ and 574 × 10$^{-3}$ MPa. After drying at 50 °C for 50 h in an oven, the resulting composites were firstly thermally characterized (Fig. 1) and then cut with a band saw to obtain slender shapes of 180 mm × 24 mm × 12 mm for tensile mechanical characterization (Fig. 2). Specimens obtained for compressive tests were also cut to obtain slender shape (Fig. 2). Composites failed by buckling when their critical load was reached. As a consequence, the shape of specimens was defined at 80 mm × 50 mm × 50 mm using Euler equation (1) to avoid the phenomenon of buckling during compressive tests:

$$P = \frac{\pi^2EI}{l^2}$$

where “P” is the allowable load (N); “E” the Young modulus (kPa); “I” is the moment of inertia (mm$^4$) and “l” is the length of the sample (mm).

For the acoustical analysis, five composites made with sunflower particles of 5 mm, a ratio chitosan/sunflower stalks particles of 6% (w/w) and a compaction pressure of 32 kPa, were cut into circles with a diameter of 29 mm and a thickness of 13 mm.

Composites with labelled chitosan were built using 2 g of RITC-labelled chitosan dissolved in a solution of 50 ml of 1% (v/v) acetic acid. This solution was mixed with 30 g of sunflower stalk particles. After that, the set was compacted with a stress pressure of 32 kPa in PVC mold of 180 mm × 50 mm × 20 mm before being dried in an oven for 50 h at 50 °C.

Fig. 1. Process of obtaining agro-composite from sunflower stalks and chitosan. (A) sunflower stalks (LG5474), (B) chitosan solutions at 2–9% (w/v), (C) sunflower stalk particles (1–6 mm), (D) PVC mold, (E) composite sunflower/chitosan obtained for compressive analysis, (F) composites obtained for the tensile analysis.
2.3. Biochemical characterization

An estimation of the parietal constituents of sunflower stalks on both pith and bark was performed using the Henneberg and Stohmann (1860) protocol to quantify cellulose and the procedure of Jarrige (1961) to evaluate the amount of lignin. All assays were done in triplicate.

2.4. Thermal characterization

Thermal characterization of several specimens of sunflower stem particles/chitosan composites was carried out by measuring thermal conductivities (κ) (W m$^{-1}$ K$^{-1}$) in different points on the samples by the hot wire method (NeoTIM FP2C) at 20°C. Thermal conductivity is evaluated by tracking the thermal pulse propagation induced in the sample by a heating source consisting of a nickel alloy wire. The temperature is measured on the wire by means of two T type (Copper–Constantan) thermocouples (Franco, 2007). Thenickel wire is used to slightly heat up the samples with the passage of an electrical current and to monitor the temperature increase by recording the variation of the voltage across the wire. The thermal conductivity is determined from the time-dependent temperature increase. A mean thermal conductivity was determined from five measurements on each sample for a temperature of 21°C and a relative humidity close to 40%.

2.5. Mechanical characterization

Mechanical characterization was performed using a tensile testing machine (Instron 5543) equipped with a load cell of 5 kN. The cross-head speed was equal to 5 mm min$^{-1}$ and the specimen clamping length was 140 mm. Compressive tests were carried out with a Zwick–Roell testing machine equipped with a ±20 kN load cell. The tests were displacement-controlled with a cross-head speed equal to 1.2 mm min$^{-1}$. The tested specimens were placed between two steel plates to have homogeneous displacement and pressure and the load was applied on the superior surface. The results of the mechanical tests were analyzed through stress-strain curves. These curves present typically two areas. One corresponds to the deformation (elongation), which is proportional to the stress and corresponds to an elastic reversible strain. The other one, corresponding to a plastic area, represents the part when the strain is non-linear and irreversible. The maximum stress ($\sigma_{\text{max}}$) (MPa) was measured in both tensile and compressive modes. The strain at break $\varepsilon_{\text{b}}$ (%) (percentage of elongation at break) was evaluated only in the tensile mode.

2.6. Acoustical characterization

The measurements were carried out in an impedance tube and based on two-microphones transfer-function method. A sound wave is generated at one end of the tube by a loudspeaker. The wave can be considered as a plane wave if its frequency is below a cut off determined by the tube diameter. After a reflection at the surface of the material at the other end of the tube, the sound field created in the tube is a standing sound field and depends on the reflection coefficient at the surface of the material. The two microphones measure the sound field at two different positions. The loudspeaker can be fed with a white noise signal and the incident and reflected sound pressure recorded by the microphones are then processed to deduce the absorption coefficient of the sample in a frequency band. For a 29 mm diameter tube, the useful frequency band is between 500 Hz and 6400 Hz. Composite samples were placed at the end of the impedance tube and backed by a rigid surface.

2.7. Synthesis of rhodamine-labelled chitosan

The synthesis of rhodamine-labelled chitosan was done as described by Patel et al. (2013). The final concentration of rhodamine isothiocyanate (RITC) in the reaction medium was controlled to give a ratio of labelled d-glucosamine residue ratio equal to 1:50. Two grams of dried chitosan powder were dissolved in 200 ml of acetic acid at 0.1 mol l$^{-1}$. Subsequently, 200 ml of dehydrated methanol were slowly added in this solution under continuous stirring. Rhodamine-isothiocyanate (RITC, Sigma Aldrich) dissolved in methanol at 1.0 mg ml$^{-1}$ was then slowly added to the solution of chitosan. The reaction was realized during 1 h in dark at room temperature (20°C). RITC-labelled chitosan was then precipitated in a solution of sodium hydroxide at 0.1 mol l$^{-1}$. The precipitate was washed with deionized distilled water until complete absence of free RITC in the washing medium. The labelled chitosan was then freeze-dried. The yield was 85% as described by Qaqish and Amiji (1999).

2.8. Microscopy

Composites of rhodamine-labelled chitosan/sunflower stalks particles were observed at magnification 6.3× under light microscopy in the aim to characterize the bonding area by investigating the adhesive penetration of chitosan into sunflower cells.

Observations in scanning electron microscopy (SEM, Jeol 820) were conducted on sections of sunflower stalks on both bark and pith. The samples were metalized with a physical vapor deposition (PVD) thin layer of gold and were observed with secondary electrons detector. The magnification range covered is between 200 and 15,000. The working distance and acceleration potential were equal to 15 mm and 10 kV, respectively.

2.9. Experimental design and statistical analysis

Preliminary testing of the design of composite chitosan/shredded sunflower stalks showed the feasibility of this mixture. To find the best values of the three process parameters affecting the thermal and mechanical properties, namely, the
3. Results and discussion

The elaboration of a new composite from agricultural by-products has a great interest for the society. This study focuses on the development and the characterization of a thermal insulating agro-composite made from sunflower stalks particles glued with chitosan.

Table 2 shows the humidity, parietal content and global dimensions of the used sunflower stalk particles. The cellulose amounts were estimated at 48% for bark and 31.5% for pith, whereas the lignin contents were 14% and 2.5% for bark and pith, respectively. These results are in good agreement with those obtained by Marechal and Rigal (1999) using chemical method leading to the conclusion that bark is responsible of the rigidity of sunflower stem.

3.1. Mechanical and thermal properties of the bio-based composites

Mechanical properties are of primary importance to quantify the performances of materials expected to undergo various types of stresses during their implementation. Young's modulus, also called the elastic modulus, corresponds to the stiffness of the specimen. More Young's modulus increases more rigid is the material. \( \sigma_{\text{max}} \) is the maximum stress reached during tensile or compressive tests that the sample can sustain before being broken. These two parameters characterize the mechanical strength of the material. The thermal performances are evaluated when the conception of insulating material is aimed. More the thermal conductivity of a material is low (less than 0.1 W m\(^{-1}\) K\(^{-1}\)) more the thermal insulation is significant. An experimental design centered on 24 trials was chosen to study the influence of the process parameters (particle size, compaction pressure and ratio binder/reinforcement) about values of Young's modulus (E)\(^\prime\), maximum stress (\( \sigma_{\text{max}} \)) and thermal conductivity (k) of the composites chitosan/shredded sunflower stalks. All the composites manufactured in this study had density between 150 and 200 kg m\(^{-3}\). Table 3 summarizes results from this experimental design in terms of mechanical strength and insulating properties.

Knowing that a material is qualified as insulating when its thermal conductivity is less than 0.1 W m\(^{-1}\) K\(^{-1}\) (Abdou and Boudaiwi, 2013) the composites obtained in this study can be considered as insulators because of their thermal conductivities between 0.056 and 0.058 W m\(^{-1}\) K\(^{-1}\) depending on the manufacturing conditions. These thermal performances are better than those of sunflower fiberboards (\( k = 0.088 \text{ W m}^{-1} \text{ K}^{-1} \)) and date palm fibers insulation boards (\( k = 0.15 \text{ W m}^{-1} \text{ K}^{-1} \)) (Chikhi et al., 2013; Elfordy et al., 2008 and Evon et al., 2014). They are also slightly higher than the thermal conductivities of the current “non-bio-based” insulating products such as rock wool (\( k = 0.04 \text{ W m}^{-1} \text{ K}^{-1} \)), coconut husk insulation boards (\( k = 0.081 \text{ W m}^{-1} \text{ K}^{-1} \)) and date palm fibers insulation boards (\( k = 0.036 \text{ W m}^{-1} \text{ K}^{-1} \)) (Abdou and Boudaiwi, 2013). However, these insulators have very low mechanical resistance and require very specific processes for their maintenance in the building. Mechanical properties of the bio-based composites chitosan/sunflower stalks particles used in tensile mode attained up to 2.6 MPa for \( \sigma_{\text{max}} \), 250 MPa for E’ and 2% for the \( \varepsilon_b \) whereas those used in compressive mode reached 2 MPa and for \( \sigma_{\text{max}} \), 25 MPa for E’. These results revealed that this kind of bio-based composites present higher mechanical properties than the hemp concrete knowing as “the green insulator concrete”. Indeed, the compressive strength (equivalent to the maximal stress in compressive mode) of this material is described lower than 2 MPa (Nozahic and Amziane, 2012). Furthermore, Elfordy et al. (2008)
have measured both Young’s modulus and compressive strength of hemp concrete blocks with various densities (between 291 and 481 kg m\(^{-3}\)). They have obtained Young’s modulus ranging from 7 to 35 MPa and compressive strengths ranging between 0.18 and 0.8 MPa.

Analyses of results from Table 3 allow the following trends for each studied parameter:

The size of sunflower stalks particles greater than 3.1 mm permits the production of composites with optimum mechanical and thermal performances (\(E' = 250\text{ MPa}\), \(\sigma_{\text{max}} = 2.6\text{ MPa}\), \(\kappa = 0.056\text{ W m}^{-1}\text{ K}^{-1}\)).

Compaction pressures used to make composites (between \(1 \times 10^{-3}\) and \(574 \times 10^{-3}\text{ MPa}\)) influence significantly their thermal and mechanical properties. Compaction is the ability of the sample to acquire cohesion and hence resistance for maximum sustained pressure. Results showed that the greater thermal conductivities were attained with compaction pressure of \(10^{-3}\text{ MPa}\) for the samples made for compressive measurements (0.058 W m\(^{-1}\) K\(^{-1}\)) and \(574 \times 10^{-3}\text{ MPa}\) for the samples made for tensile measurements (0.056 W m\(^{-1}\) K\(^{-1}\)). This result is surprising because the thermal conductivity (\(\kappa\)) of the most compacted material (\(574 \times 10^{-3}\text{ MPa}\)), thus containing less air, is lower (0.056 W m\(^{-1}\) K\(^{-1}\)). This phenomenon can be explained by the creation of radiative heat transfer on the highly compacted material as described by Pennec et al. (2013). Higher mechanical performances (\(E'\) and \(\sigma_{\text{max}}\)) appeared with significant compaction pressures for the two kinds of composites (tensile and compressive modes). From the mechanical point of view, this behavior can be linked to the work of Nguyen et al. (2010) who have shown that compaction leads gains strength for hemp concrete composites.

The increase of chitosan/sunflower ratio is logically correlated with the increase of the mechanical strength. This result is not surprising because the chitosan solid state endowed a tensile strength of 70 MPa and Young modulus between 2 and 4 GPa, which reflects a rigid behavior (Mati-Baouche et al., 2014). The Young modulus of the bio-based composite was optimal (250 MPa) when the ratio (w/w) of chitosan/sunflower reached 15.3%, which means that the amount of binder has a direct impact on the strength of the final material. Logically, this increase in mechanical performances is correlated with a loss of thermal one (\(\kappa = 0.066\text{ W m}^{-1}\text{ K}^{-1}\)) because of appearance of thermal bridges in the composite and reduction of the pore spaces of shredded sunflower stalks (Pennec et al., 2013).

3.2. Acoustical properties of the composite chitosan/sunflower stalks particles

Nowadays, building materials are expected to perform several functions and to be sustainable. For example, building materials are supposed to satisfy structural, thermal and acoustical demands (Glé et al., 2011). Hence, acoustical characterization was performed on the composites presenting the best mechanical and thermal compromise. Samples made from 5 mm sunflower stalk’s particles, with a 6.6% ratio chitosan/sunflower (w/w) and compacted with a pressure of 32 kPa during the manufacturing, were analyzed with the 29 mm diameter impedance tube. Fig. 3 represents the sound absorption coefficient (\(\alpha\)) of the composite, with thickness of 13 mm, in the frequency ranging from 0 to 4000 Hz. Note that this range of frequencies is used in the construction field to evaluate the acoustic insulating properties of materials. When toward 1, all the energy of the incident wave is absorbed and when \(\alpha = 0\), the sound is not dampened at all (El Hajj et al., 2011). The absorption coefficient of the bio-based composite tested is lower than 0.5 (\(\alpha \approx 0.2\) at frequency 2500–4000 Hz). Knowing that a composite sugarcane waste fibers/polyester endowed a coefficient of absorption \(\alpha \geq 0.5\) (Putra et al., 2013) above 3500 Hz and that agro-sourced materials from auto link flax-tows had a \(\alpha \leq 0.8\) at 3000 Hz (El Hajj et al., 2011), the acoustical performance of the bio-based composite developed here can be considered as low. If the composite is too tight, the acoustic wave cannot penetrate in it as described for cellular concrete (Cerezo, 2005). The acoustic absorption in a porous material...
strongly depends upon several parameters among which the flow resistivity. For high values of flow resistivity, the sound attenuation can be low and explain the results of Fig. 3. Higher values of absorption can be expected for more porous materials (Gié et al., 2011).

3.3. Penetration of chitosan in sunflower stalks’s cells

The chitosan being not visible inside and around the sunflower particles and cells, RITC-labelled chitosan was synthesized as described in methods using the reactivity of isothiocyanate functional groups of RITC moiety with the primary amine group of d-glucosamine residues of chitosan. Fig. 4 provides evidence that rhodamine-labelled chitosan did not penetrate into the sunflower cell walls and therefore did not reach the cell lumens although a double porosity (50–200 μm and 2–10 μm) was observed by SEM (Fig. 5). Note that pith and bark have a honeycomb structure as described by El Hajji et al. (2012) on flax-shaves. So, rhodamine-labelled chitosan only interacted with the outer surface of the plant cell as reported by Patel et al. (2013) on wood cells and does not take the place of air preserving thermal insulating properties of the agro-composite. This non-penetration of chitosan inside sunflower cells was explained by its viscosity and critical overlap concentration previously reported by Mati-Baouche et al. (2014).

4. Conclusion

The critical discussion about the preservation of natural resources and recycling has led to a renewed interest in natural materials with the focus on renewable raw materials. The objective of this work was to develop a method of manufacturing eco-insulating materials 100% natural based on sunflower stalks particles glued with binder based on chitosan solution, highlighting the factors that affect the mechanical and thermal properties of the bio-based composite. It was clearly shown that the thermal and mechanical performances of the composites were proportionately improved with the increasing of compaction pressure. The mechanical performances of the composites elaborated in this study are sufficient to ensure safe handling, transport and assembly. Composites with a thermal conductivity of 0.06 W m$^{-1}$ K$^{-1}$ and a maximum stress at break of about 2 MPa were obtained with a ratio chitosan/sunflower of 4.3%, a particle size of shredded sunflower stalks of 6.3 mm and a density of 150 kg m$^{-3}$. No penetration of the chitosan binder inside the sunflower cells was observed meaning the preservation of the natural properties of sunflower stalks’s particles. In addition, acoustical study was performed on the best composite leading to the conclusion that its performance is low in the area of acoustic insulating.

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