Histopathological, Immunological, Hematological and Biochemical Effects of Fipronil on Nile Tilapia (Oreochromis Niloticus)

Abd elhakeem El-Murr1, Tamer S Imam2, Hakim Y1 and Wael AM Ghonimi3*
1Department of Fish Diseases and Management, Faculty of Vet Medicine, Zagazig University, Egypt
2Department of Forensic Medicine & Toxicology, Faculty of Vet, Medicine, Zagazig University, Egypt
3Department of Histology and Cytology, Faculty of Vet Medicine, Zagazig University, Egypt
Corresponding author: Wael AM Ghonimi, Department of Histology and Cytology, Faculty of Vet Medicine, Zagazig University, Egypt, Tel: 00201222496246; Fax: +2-055-2283683; E-mail: drwael_histology@yahoo.com; waghanimi@zu.edu.eg

Abstract

The current experiment was carried out to measure the effects of different concentrations of Fipronil on the immune response and health of Oreochromis niloticus through the evaluation of some immunological, biochemical and hematological parameters in addition to histopathological examination. Two hundred and forty Oreochromis niloticus were randomly distributed into four groups in triplicates. The first group served as a control. The second group exposed to 0.014 mg/l which equal to 1/3 96 hr lethal concentration (96 hr LC50) for 4 days. The third and fourth groups were exposed to 0.0042 and 0.002 mg/l (1/10 and 1/20 96hr LC50) respectively for 10 weeks. The mortality rate in fish exposed to 0.014 mg/l of fipronil was 53%, meanwhile it was 21% and 8% in fish exposed to 0.0042 and 0.002 mg/l for 10 weeks respectively. Fish exposed to fipronil showed pale gills and nervous manifestations beside congestion and hemorrhages of different internal organs. There was a significant decrease in the level of Immunoglobulin M (IgM) and lysozyme with concurrent increasing in the serum nitric oxide level compared with the control group. Significant increase in serum level of AST, ALT and Cortisol in all the exposed groups to Fipronil compared to the control group. Liver and gills of fish exposed to Fipronil showed different histopathological alterations.

Keywords: Fipronil; Immunological; Hematological; Biochemical; Histopathological; Nile tilapia (Oreochromis niloticus)

Introduction

Fresh water ecosystems are considered among the most vulnerable systems worldwide and suffer from a harsh loss of biodiversity in recent times [1]. The various threats to freshwater ecosystems include climate alteration, nutrient swings, acidification, habitat loss, exploitation and biological invasions. In addition to chemical contamination that is considered a substantial factor. A key source of chemical stress is established by indiscriminate and common use of pesticides, primarily in the agricultural sector that eventually leads to pollution of the aquatic environment and thus, it becomes hazardous to the aquatic life [2,3]. Increased use of pesticides results in the excess inflow of toxic chemicals into the aquatic ecosystem [4].

Contamination of water with large amounts of pesticides leads to fish mortality or starvation by destruction of food organism. Moreover, many toxicants have been shown affecting the growth parameters and reproduction, with evidence of tissue damage [5].

Fipronil is a new broad-spectrum phenylpyrazole insecticide. The International Union of Pure and Applied Chemistry (IUPAC) name for fipronil is (±)-5-amino-1-(2,6-dichloro-a,a,a-trifluoro-p-tolyl)-4-trifluoro methyl sulfynyl pyrazole-3-carbonitrile (Tomlin, 2006). Moreover, Fipronil is identified by the US. Environmental Protection Agency (US. EPA) and is used as an alternative to organophosphate compounds [6,7].

Recently, Fipronil is gaining a considerable attention as a minute concentration of Fipronil is highly effective against various insects and pests of crops, notably rice insects, trips and termites [8], owing to its lipophilicity and persistency properties. It has also non-agricultural applications, including control of veterinary pests [9]. Fipronil is used to control ants, beetles, cockroaches, fleas, ticks, termites, mole crickets, thrips, rootworms, weevils, and other insects [10,11]. Fipronil is highly toxic for crustaceans, insects and zooplankton as well as bees, termites, rabbits, the fringe-toed lizard and certain groups of gallinaceous birds. It is also highly toxic to many fish. Moreover, its toxicity is varied within different species. Conversely, the substance is relatively innocuous to passerines, wild fowl and earthworms [12]. There is evidence that Fipronil and some of its degradates may bio accumulate particularly in fish [13]. Fipronil is highly toxic to many non-target organisms, such as honeybees, fish, aquatic invertebrates, and upland game birds. Fipronil causes mortalities in fish with low concentrations 96 hr. Acute toxicity studies showed that Fipronil is very highly toxic to bluegill sunfish (LC 50=0.083 ppm) and highly toxic to rainbow trout (LC50=0.246 ppm) [10].

Due to the high consumption of Nile tilapia by humans and considering the insecticides used in agriculture practice, the possible toxic effects of these products in fish tissues for commercial interest have become of a great concern. So the present investigation was carried out to evaluate the harmful effects of acute and chronic exposure to different concentrations of Fipronil on health and immune response of O. niloticus through the measurement of some immunological, biochemical and hematological parameters in addition to histopathological examination.
Materials and Methods

Chemicals

Technical grade fipronil (C13H21F5N2OS) (99.1% pure) manufactured by Bio Quest International Private Limited, Mumbai, India. A stock solution of fipronil was prepared using analytical grade acetone. Required amount of fipronil was drawn from this stock solution for the experimental use.

96 hr LC50 fipronil for O. niloticus is 0.042 mg/l according to [14].

Fish

A total number of two hundred and forty of O. niloticus with an average body weight (35 ± 1.0 g) were employed in the present study. Fish were obtained from private fish farm Abbassah, Sharkia Province. Fish were apparently healthy and free from any skin lesions or external parasites. Fish were kept in glass aquaria, each aquarium (80 × 30 × 40 cm) provided with aerator and thermostatically controlled heater and filled with clean and dechlorinated water. Fish were acclimatized for two weeks to the laboratory environment before the start of the experiments. They were fed on basal diet containing crude protein 30%. The amount of feed (on dry matter basis) given daily to fish was 5% of body weight and the fish were fed three times daily. During all experimental period, the average water parameters are as follows: temperature 25.5 ± 2.0 °C, pH 6.4 ± 0.2, dissolved oxygen 5.1 ± 2.0 mg/L, non-ionized ammonia 0.8 ± 0.01 µg/L and nitrite 0.06 ± 0.01 mg/L.

Experimental protocol

Fish were divided into four triplicated groups, at a density of 20 fish per aquarium. The first group kept as a control. Second group was exposed to 0.014 mg/l (1/3 of 96 hr LC50) for 4 days. Third group was exposed to 0.0042 mg/l (1/10 of 96 hr LC50) for 10 weeks. Fourth group was exposed to 0.002 mg/l (1/20 of 96 hr LC50) for 10 weeks.

The experimental fish were observed daily, the clinical signs, postmortem lesions of the affected fish and the mortality rate were recorded according to [15].

Samples collection

At the expiration of the experiment, blood samples were collected by puncturing caudal blood vessels using a medical syringe which was previously rinsed with EDTA solution (as anticoagulant) and shaken gently to prevent hemolysis of blood which is used for hematological analysis. Serum blood were collected without anticoagulant and stored at -20°C till measurement of immunological and biochemical parameters. Then fish were sacrificed by decapitation and specimens from the liver, gills and gills from all groups were kept in neutral buffered formalin for histopathological examination.

Humoral immunological studies

Lysozyme assay: Serum lysozyme was ascertained by the turbidimetric assay [16].

Nitric oxide: The serum nitric oxide production activity was assessed as described by [17].

Assay procedure for IgM evaluation: Immunoglobulin M (IgM) was determined using ELISA Kit, Catalog No.CSB-E12045Fh (96 test). CUSABIO BIOTECH CO.,Ltd.

Estimation of some biochemical parameters

"Serum aspartate amino transferase (AST), serum alanine aminotransferases (ALT) were measured according to [18], cortisol level were quantified according to [19] and serum level of urea and creatinine was determined [20,21].

Estimation of some hematological parameters

"Erythrocytes (RBCs) and leukocytes (WBCs) counts were carried out according to the method described by [22], hemocrit packed cell volume (PCV) was measured according to [23] while hemoglobin concentration (Hb) was done according to acid hematin method using forstab haemometer as rapid collection using sahls method. The attained hemoglobin values were adjusted according to equation of [24].

Histopathological examination

Specimens from the liver, gills, intestine and skin were gathered and fixed in 10% buffered neutral formalin solution, dehydrated in gradual ethanol (70-100%), cleared in xylene, and embedded in paraffin. Five-micron thick paraffin sections were prepared and then routinely stained with Hematoxylin and Eosin (H&E) dyes [25] and then eventually examined microscopically.

Statistical analysis

Statistical analysis employing one-way ANOVA Statistical Analysis System [26]. It was performed to obtain the significant difference at P<0.05 on various parameters between tested groups.

Results and Discussion

Clinical signs and postmortem lesions

Pesticides are widely studied in the aquatic Ecotoxicology as large amounts are used in agriculture and livestock in the whole world.

Fish exposed to Fipronil in second group (1/3 LC50/96 hr) exhibited nervous and sluggish movement with no reaction to tested reflexes. Furthermore, the body was covered with a dense layer of mucus. Moreover, gills appeared pale with excessive mucous secretion. Postmortem examination showed congestion of all internal organs with extended gall bladder. And also, nervous manifestations were observed due to its mode of action which including the disruption of the normal nerve function by targeting the γ-aminobutyric acid type [27].

Regarding effect on health, the mortality rate of fish exposed to 0.014 mg/l of fipronil for four days demonstrated 53% mortality rate. It was 21% and 8% in fish exposed to 0.0042 and 0.002 mg/l for 10 weeks respectively. These results were in agreement with Colliot et al. [28] who mentioned that fipronil caused mortality too many fish species like rainbow trout and to bluegill sunfish with 96 hr LC50 of 0.246 mg L/1 and 0.083 mg L/1 respectively.

Humoral immunological parameters

Table 1 revealed that O. niloticus exposed to different concentrations of fipronil for different durations showed significant (P<0.05) increase in the level of nitric oxide with concurrent significant (P<0.05) lower lysozyme and IgM activity in serum of all treated groups with fipronil in comparison with control group. These results were completely in concordance with Gupta et al. [29] who...
proved the negative effect of fipronil on immune response of fish through decreased serum level of lysozyme and nitroblue tetrazolium (NBT) in Cyprinus carpio fry after exposure to sub lethal dose (1/10th LC50 for 96 hr) of fipronil for 45 days. Also similar results were obtained by Claesen et al. [30] who found that exposure of cyprinus carpio to 0.65 mg/l fipronil for 7,30 and 90 days cause changes in the antioxidant profile and elevation of oxidative stress parameters and subsequently altered immune status in different tissues of common carp. The harmful effect on immune response can be explained by exposure to fipronil leading to alterations in superoxide dismutase (SOD) and catalase (CAT) activities. SOD is the first enzyme to respond against free radicals and is the one that offers the greatest response to oxidative stress [31].

Biochemical parameters

Alanine aminotransferase (ALT) and aspartate aminotransferase (AST) are liver specific enzymes and they are more sensitive measures of hepatotoxicity and histophathalogic changes [32]. Morowati clarified that, the elevation of ALT activity appears to reflect an acute hepatic disease more specifically than using AST values [33].

Exposure of O. niloticus to fipronil resulted in significant increase in serum level of ALT and AST (Table 2). Like many toxic chemicals, fipronil has been well known to affect metabolic enzyme profile and thus can alter the physiological and biochemical responses of aquatic organisms [10].

Table 1: Effect of fipronil on nitric oxide, lysozyme and IgM level in O.niloticus. Means within the same column bearing different superscripts are significant at p ≤ 0.01. IgM: immunoglobulin M.

| Group (Dose) | Parameters | Control | Acute 1/10 96 hr LC50 | Chronic 1/10 96 hr LC50 | Chronic 1/50 96 hr LC50 |
|--------------|------------|---------|-----------------------|--------------------------|-------------------------|
| Creative (mg/DL) | 0.22 ± 0.12a | 0.45 ± 0.14a | 0.39 ± 0.02b | 0.38 ± 0.15ab |
| Urea (mg/dl) | 12.10 ± 0.11b | 22 ± 0.15c | 19 ± 0.01d | 17 ± 0.02ab |
| ALT (µ/ml) | 12 ± 0.57d | 19 ± 0.57a | 17 ± 0.57b | 15 ± 0.57c |
| AST (µ/ml) | 17 ± 0.21d | 44 ± 0.23a | 34 ± 0.06b | 29 ± 0.24c |
| Cortisol (µg/DL) | 0.80 ± 0.16b | 2 ± 0.12a | 1.5 ± 0.03ab | 1.4 ± 0.07ab |

Table 2: The effect on serum level of some biochemical parameters of O.niloticus exposed to different concentrations of fipronil for various durations comparing with control group (Mean ± SE). Means within the same row bearing different superscripts are significant at p ≤ 0.05. AST=aspartate aminotransferase. IgM=Immunoglobulin M.

| Groups | Parameters | Rbcs (10⁶/µL) | Pcv (%) | Hb (g/dL) | TLC (10⁶/µL) |
|--------|------------|--------------|---------|-----------|-------------|
| Control | 1.30a ± 0.003 | 21.0b ± 0.30 | 4.76a ± 0.08 | 36.98a ± 0.07 |
| Acute 1/10 96 hr LC50 | 0.36b ± 0.02 | 19.2a ± 0.50 | 4.90a ± 0.10 | 29.35a ± 1.50 |
| Chronic 1/10 96 hrs LC50 | 0.36b ± 0.02 | 17.8b ± 0.30 | 4.30b ± 0.13 | 27.57b ± 1.50 |
| Chronic 1/50 96 hr LC50 | 0.30b ± 0.01 | 14.8b ± 1.15 | 4.24b ± 0.04 | 30.96b ± 1.00 |
| F test | ** | ** | ** | ** |

Table 3: The effect on some hematological parameters of O.niloticus exposed to different concentrations of fipronil for various durations comparing with control group (Mean ± SE). Means within the same row bearing different superscripts are significant at p ≤ 0.01. RBCs=red blood corpuscles, PCV=packed cell volume, Hb=hemoglobin, TLC=total leukocytes counts.

De Aguiar et al. [34] attributed the increase observed in the liver AST to mitochondrial membrane damage. While Arshad et al. [35] revealed that, the raised level in liver AST may be due to enzyme induction as a result of insecticide stress or due to the adverse effect of the insecticide on the oxidation by Kreb’s cycle. Thus, the significant increases in liver AST and ALT recorded in the present study could be due to the stress effect of fipronil as an insecticide and due to its hepatotoxicty effect.

There was increase in the serum level of kidney function markers (urea and creatinine) and serum cortisol level (Table 2). Gupta et al. [36] observed an elevation in serum level of cortisol of cyprinus carpio fry after exposure to 0.0428 mg/l fipronil equivalent to (1/10th LC50 for 96 hr) for 45 days. The elevated level of urea and creatinine may be attributed to alteration of detoxifying power of kidney caused by Fipronil.
Hematological evaluation

There was significant (P<0.05) decrease in erythrocyte count in fipronil treated groups compared with control (Table 3). Previously, Ghisi et al. [37] was not surprised that the lowest recorded concentration of Fipronil 0.0002 mg/L (0.2 μg/L) causes erythrocyte injury in silver catfish, *Rhamdia quelen* due to detrimental effect of Fipronil on erythrocytes synthesis.

Hemoglobin content and total leukocytic count in Fipronil exposed fish showed significant (P<0.05) decreases compared with the control group. This might be due to the fast oxidation of hemoglobin to methemoglobin or release of oxygen radical due to the toxic effect and oxidative stress induced by Fipronil as observed by Clasen et al. [30]. These results were compatible with that obtained by Gupta et al. [36] who found that exposure of *caprinus carpio* fry to sub lethal dose (1/10th LC50) of Fipronil for 45 days resulted in significant decrease in erythrocytic count, total leucocytic count (TLC) and Hb%, however these results were differed from those reported by Gupta et al. [29] and Gill & Dumka [38]. The latter mentioned that neither hemoglobin concentration nor total erythrocytic count was affected when buffalo calves were exposed to Fipronil at dose level (0.5 mg/kg body weight per day). This disagreement most probably will be due to the different species.

Histopathological examination

Regarding histopathological results, the liver of the control group exhibited a normal hepatocytes and sinusoidal architecture and there were no pathological abnormalities. Liver demonstrated the sponge-like appearance of the parenchyma which is primarily composed of large irregular polygonal hepatocytes with typically large single central or subcentral spherical nucleus with prominent nucleioli, and sometimes binucleated. Nucleus is associated with a pale or vacuolar area as a lot of glycogen. Hepatocytes cytoplasm is homogenous. Moreover, hepatocytes were arranged as tubules or cords that are not always clearly visible. Furthermore, cords of hepatocytes were separated by sinusoids that were filled with erythrocytes (Figure 1A).

In group subjected to 0.014 mg/l of fipronil for 4 days; liver showed focal areas of necroses infiltrated with numerous lymphocytes and few erythrocytes (Figure 1B). Severe congestion in the hepatic blood vessels and sinusoids and hemorrhages among the hepatic cells were seen. Diffuse hydropic degenerations and vacuolations in the hepatocytes were identified. The portal areas showed necrosis the pancreatic acini and lymphocytes infiltration (Figure 1C). While the liver of the third group that exposed to (0.0042 mg/l for 10 weeks; revealed extensive hyperplasia (Figure 2D). Comparable results were declared by Ghisi [37] who researched the effects of the phenyl pyrazole fipronil in the gills of the silver catfish after 60 days of intoxication in the sublethal concentrations 0.05; 0.10 and 0.23 μg/L. The latter described hyperplasia, lamellar fusion and aneurysms in all treated groups that can impair the gill function. However, we consider the injuries of low severity and possible regression if the source of stress is eliminated, since the concentration of fipronil used was very low. Lamellar fusion is a nature of defense mechanism to protect the epithelium of the lamella from direct contact with toxic agents [40].

Intestine of the control group exhibited a normal tunica mucosa, submucosa, muscularis and serosa and there were no pathological abnormalities (Figures 3A and 3B). The intestinal mucosa is the innermost layers and has a deep finger-like processes; villi that extending in the organ lumen (Figures 3A and 3B). These expansions are lined by a simple columnar epithelium comprising mainly absorptive cells and mucus-secreting or goblet cells (Figure 3C).

The lamina propria and submucosa are generally composed of a loose connective tissue containing blood and lymph capillaries and large numbers of wandering eosinophilic granular cells and variable quantities of lymphoid tissue. The role of the eosinophilic granular cells (EGCs) comes as containing antimicrobial peptides and their granulation that can increase the vascular permeability and promote neutrophil adhesion, suggesting that they are intimately involved in innate immunity and inflammation (Figures 3C and 3D). The muscularis mucosa usually consists of a thin layer of smooth muscle cells, longitudinal in direction. The intestine is covered externally with tunica serosa that is mainly formed of vascularized loose connective tissue; tunica adventitia and mesothelium of simple squamous epithelium (Figure 3 D).
Intestine of fish subjected to 0.014 mg/l of fipronil for 4 days; showed severe necrosis in the intestinal villi. The necrotic areas were infiltrated with lymphocytes and macrophages (Figure 3E). The intestinal lumina showed desquamated epithelium, leukocytes and erythrocytes. The remaining epithelia revealed mucinous degeneration. The small intestine of the third group that exposed to 0.0042 mg/l (1/10 of 96 hr LC$_{50}$) of fipronil for 10 weeks; revealed intact mucosa with moderate mucinous degeneration and few lymphocytes in the submucosa (Figure 3F). The intestine of exposed group to 0.002 mg/l (1/20 of 96 hr LC$_{50}$) for 10 weeks; revealed mucinous degeneration and desquamation of the lining epithelium. Mild edema and few lymphocytes infiltrations were recorded in the submucosa (Figure 3G).
Figure 2A: Section of *O. niloticus* gills of control group showing normal filaments and lining epithelium, H&E (Bar=100 µm). Figure 2B: Section of *O. niloticus* gills of second group showing focal necrosis and sloughing in the covering epithelium of the secondary lamellae with intense lymphocytes infiltrations (arrows), H&E (Bar=100 µm). Figure 2C: Section of *O. niloticus* gills of second group showing epithelial proliferations and fused at the base of gill filaments (arrows) besides severe congestion of the lamellar blood capillaries (arrowheads), H&E (Bar=100 µm). Figure 2D: Section of *O. niloticus* gills racker of second group showing mucinous degeneration in the lining epithelium (arrow) and edema and EGCs infiltration in the submucosa (arrowhead), H&E (Bar=100 µm). Figure 2E: Section of *O. niloticus* gills of third group showing hyperplasia of the covering epithelium in the interlamellar spaces, followed by fusion of the lamellae (arrow), congestion (arrowheads) and hemorrhages (irregular arrow), H&E (Bar=100 µm). Figure 2F: Section of *O. niloticus* gills of third group showing severe congestion and focal hemorrhages (arrowhead) besides the hyperplasia in the lining epithelium (arrow), H&E (Bar=100 µm). Figure 2G: Section of *O. niloticus* gills of fourth group showing mild hyperplasia in the epithelium of the secondary lamellae and congestion (arrow), H&E (Bar=100 µm).
Skin of the control group exhibited a normal epidermis, dermis and dermal skeletal muscles and there were no pathological abnormalities (Figure 4A). The epidermis is the outermost layer of the skin and is consisting of a non-keratinizing stratified squamous epithelium that varies in thickness from 3-5 cells. Dermis usually is made up of two strata: an upper spongiosum (laxum) of collagen and reticular fibers, nerves, capillaries, fibroblasts and pigment cells and situated beneath the epidermis and a deeper compactum. The latter is more developed than the stratum laxum and is formed by densely compressed bundles of collagen fibers that run parallel to the skin surface. Beneath the dermal layer is two bundles of striated muscle; outer circular and inner longitudinal (Figure 4A). Skin of fish subjected to 0.014 mg/l of fipronil for 4 days; showed intact epidermis with severe proliferation of epidermal cells, spongiosis and hydropic degeneration (Figure 4B). The underlying dermis and hypodermis revealed Zenker’s necrosis and inflammation. The latter was represented by numerous round cells infiltrations and few extravasated erythrocytes (Figure 4C). Edema and numerous melanin-carrying were rarely separated the epidermis from the dermis. Sometimes, the epidermis was focally eroded. Skin of the third group that exposed to 0.0042 mg/l (1/10 of 96 hrs LC50) of fipronil for 10 weeks; revealed increased of mucous cells and slight vacuolations of the epidermal cells. The dermis particularly at the subepithelial zone showed congested capillaries, edema and aggregations of the leukocytes and melanin-carrying cells (Figure 4D). Sometimes, erosions in the epidermis were noticed with destructed or desquamated epithelium. The underlying muscles showed edema, hyaline degeneration and infiltrated with few lymphocytes (Figure 4E). The skin of exposed group to 0.002 mg/l (1/20 of 96hrs LC50) for 10 weeks showed intact epidermis with activation of melanomacrophages in the dermis (Figure 4F). Edema and inflammation were rarely detected.
Figure 4A: Section of *O. niloticus* skin of control group showing normal epidermis (arrow), dermis (arrow head) and dermal skeletal muscles (star), H&E (Bar=100 µm). **Figure 4B**: Section of *O. niloticus* skin of second group showing intact epidermis with severe proliferation of epidermal cells, spongiosis and hydropic degeneration (arrows) besides few melanin carrying cells (arrowhead), H&E (Bar=100 µm). **Figure 4C**: Section of *O. niloticus* skin of second group showing Zenker’s necrosis infiltrated with numerous round cells (arrows) and edema (arrowheads), H&E (Bar=100 µm). **Figure 4D**: Section of *O. niloticus* skin of third group showing increased of mucous cells (arrow) and slight vaculations of the epidermal cells. Edema and aggregations of the leukocytes (irregular arrow) and melanin-carrying cells (arrowhead) were seen in the dermis, H&E (Bar=100 µm). **Figure 4E**: Section of *O. niloticus* skin of third group showing edema and focal hyaline degeneration in the skeletal muscles (arrows), H&E (Bar=100 µm). **Figure 4F**: Section of *O. niloticus* skin of fourth group showing intact epidermis (arrow) with activation of melanomacrophages in the dermis (arrowhead), H&E (Bar=100 µm).

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