Chapter C3

AXONS AND NEURONS IN CORONAVIRUS-INDUCED DEMYELINATION

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Abstract: Infection of mice with the coronavirus mouse hepatitis virus induces primary demyelination in susceptible strains of rodents. Although demyelination is the primary pathological process detected in the central nervous system of infected mice, axonal dysfunction and damage also occur concomitantly with demyelination. This process is T cell mediated, with either CD4 or CD8 T cells sufficient for MHV-induced axonal damage. A striking feature is that axonal damage occurs early in the disease process, at nearly the same time as demyelination is first observed. Axonal damage in MHV-infected mice has many similarities with the parallel process in humans with multiple sclerosis.

Key words: Coronavirus, demyelination, axonal damage, T cells

1. INTRODUCTION

The human disease multiple sclerosis (MS) is characterized by focal demyelinating lesions throughout the white matter of the CNS (1, 2). In multiple sclerosis, immune-mediated damage to oligodendrocytes and/or the myelin sheaths accounts for this pathology. The process of demyelination results in electrical conduction deficits and other alterations in axonal physiology, and previously had been assumed to account for the clinical signs and symptoms of MS.

As described elsewhere in this volume, several older studies identified axonal damage as part of the disease process in MS (3). A series of recent reports confirmed that permanent damage to neurons and their axons also occurs within these demyelinating lesions (4-6). In one study (7), N-acetyl
aspartate, a neurotransmitter, was diminished throughout the CNS in patients with progressive MS, while those patients with relapsing-remitting MS exhibited reduced levels of N-acetyl aspartate only in areas of demyelination. This reduction in N-acetyl aspartate correlated with axonal loss detected by either magnetic resonance imaging or electron microscopy of involved tissue.

Other studies of patients with MS have examined the characteristics of axonal damage, using immunohistochemistry with antibodies to nonphosphoneurofilament H or amyloid precursor protein to visualize damaged axons (5, 6). The preponderance of axonal damage occurred in demyelinating lesions, with the remainder of damage found adjacent to these lesions.

Axonal damage in MS may account for a significant amount of the clinical signs and symptoms seen in the progressive phase of disease. Progressive MS is poorly correlated with the size or number of demyelinating lesion seen by MRI, suggesting that axonal pathology, not demyelination, may be the primary cause of the irreversible deficits that are observed (8). One interpretation is that demyelination and remyelination may explain the relapsing-remitting phase, while progressive disease results from irreversible axonal pathology (9).

Axonal damage has been reported in several animal models of MS, including in rodents with experimental autoimmune encephalomyelitis (EAE) and in mice with demyelination induced by Theiler's encephalomyelitis virus or mouse hepatitis virus, strain JHM (MHV) (10-13). Although it had long been believed that MHV-associated demyelination occurs primarily as a result of virus-induced destruction of oligodendrocytes, accumulating data from multiple studies indicate that CD4 and CD8 T cells are essential in the pathological process (14, 15) (see also chapter C4 of this volume). In this review, we summarize data showing that this T cell-mediated demyelination occurs concomitantly with axonal damage in MHV-infected mice.

2. TEMPOROSPATIAL PROFILE OF AXONAL DAMAGE IN MHV INFECTION

As described elsewhere in this volume, several models of MHV-induced demyelination are studied in different laboratories. In one model, splenocytes are transferred from MHV immune mice to syngeneic immunodeficient mice [mice with severe combined immunodeficiency or with genetic disruption of recombination activation gene 1 (RAG1⁻)] infected with the neuroattenuated variant of MHV, 2.2-V-1 (16). Both SCID
and RAG1−/− mice lack B and T lymphocytes (17) and as such are unable to mount an adaptive immune response to MHV. While immunocompetent C57Bl/6 (B6) mice develop demyelination ten to twelve days after intracranial inoculation with MHV, their RAG1−/− or SCID counterparts develop, instead, a fatal acute encephalitis at 14-18 days post infection (p.i.). Clinical and histological evidence of demyelination, with accompanying macrophage/microglia infiltration, can be detected within seven to ten days of transfer.

Most recent work has been performed using MHV-infected RAG1−/− mice as recipients. In this adoptive transfer model, either CD4 or CD8 T cells can mediate demyelination and disease. T cells are necessary for the demyelinating process since transfer of splenocytes depleted of CD4 and CD8 T cells results in no demyelination. RAG1−/− recipients of CD4 T cell-enriched splenocytes (CD8 T cell-depleted) or CD8 T cell-enriched splenocytes (CD4 T cell-depleted) also develop demyelination, although with different kinetics than recipients of undepleted splenocytes. CD4 T cell enrichment results in a rapid course of disease, with mortality by day 7 p.i., while CD8 T cell enrichment results in a protracted course of disease (as compared to wild type), with mortality at day 14-16 p.i. or later. Strikingly, up to 50% demyelination is observed in recipients of CD8 T cell-enriched populations by 15 days p.i. This model system was used to determine the kinetics of axonal damage and relationship to demyelination in MHV-infected mice.

2.1 The relationship between demyelination and axonal damage in MHV-induced disease

Spinal cords were harvested from MHV-infected RAG1−/− mice at 7 days after adoptive transfer (10 days p.i.) of MHV immune splenocytes. We examined zinc formalin-fixed, paraffin-embedded sections for demyelination and axonal damage. Areas of myelin damage were determined using the chemical stain luxol fast blue (LFB) with quantification as previously described (18). We further assessed the distribution of macrophages/microglia using mAb to the macrophage-specific protein F4/80 (Serotec, Oxford, England) and viral antigen (using the MHV nucleocapsid-specific mAb 5B11.2, provided by Dr. M. Buchmeier, The Scripps Research Institute, La Jolla, CA) by immunohistochemistry. Additionally we stained for axonal damage using an antibody specific for nonphosphonuerofilament H (mAb SMI-32 (Sternberger Monoclonals, Lutherville, MD). This protein is largely found in damaged axons, but is also expressed in the cell body and proximal processes of a fraction of unaffected neurons.
In areas of demyelination, there was abundant staining with SMI-32, indicating axonal damage. Examination of the staining pattern revealed continuous axonal staining, suggestive of intact, demyelinated axons, discontinuous staining patterns consistent with Wallerian degeneration of the axon, and terminal ovoids indicative of axonal transection (Figure C3-1). We detected a large infiltrate of macrophages/microglia in areas of demyelination, consistent with a role for these cells as the terminal effectors of MHV-induced demyelination. It seems likely that these cells also partly mediate axonal damage. These areas of demyelination had relatively little viral antigen staining, suggesting that myelin and axonal damage occurred during the process of viral clearance by infiltrating lymphocytes and macrophages/microglia.

Next we analyzed areas of white matter adjacent to demyelinating lesions. These periplaque regions exhibited abundant staining for virus antigen, with a modest infiltration of macrophages as compared to areas of demyelination. This most likely represents an early infiltrate of macrophages into virus-infected white matter. This infiltration of macrophages was accompanied by roughly half the level of staining for nonphosphophenoxofilament H as detected in areas of frank demyelination.

*Figure C3-1*. MHV-induced axonal damage. Midsagittal spinal cord sections from MHV-infected mice were stained with mAb SMI-32. An area of demyelination within the white matter is shown. Three different types of axonal pathology are indicated. Arrowheads: a demyelinated axon. Small arrows: a degenerating axon. Large arrow: a terminal ovoid, consistent with axonal transection.
Areas of normal appearing white matter distant from demyelinating lesions, as assessed by staining with LFB, were generally devoid of macrophages and viral antigen, although scattered virus-infected cells were occasionally detected in these regions of the spinal cord. These areas had only limited staining with mAb SMI-32. This staining may have resulted from direct viral damage to the axon, since viral antigen has been detected throughout axons (19). Alternatively, and we believe more likely, axonal damage was occurring distal to a demyelinating lesion.

Two methods were used to quantify the amount of axonal damage in the spinal cords of MHV-infected mice. In one method, midsagittal sections of whole spinal cords were stained with mAb SMI-32, analyzed by confocal microscopy, photographed and digitalized. The numbers of pixels fluorescing above background were counted (Figure C3-2A). This method quantifies total damage throughout the spinal cord, but because the majority of the spinal cord does not exhibit demyelination, tended to blunt differences between samples. To address this issue, the number of SMI-32 positive blebs in areas of demyelination, areas adjacent to demyelination, or normal appearing white matter was counted in a blinded fashion (Figure C3-2B). Quantification of the amount of axonal damage (Figure C3-2B) revealed that there were roughly twice as many SMI-32 positive axons in areas of demyelination, on average, than in adjacent areas, while there was minimal damage in distant normal-appearing areas of white matter.

Finally, we investigated the kinetics of axonal damage in relationship to the appearance of demyelination. Spinal cords of mice at 4.5 days p.i. were
B, the number of terminal ovoids in areas of demyelination, areas adjacent to demyelination ("periplaque" areas) or areas of normal appearing white matter (NAWM) were counted.

analyzed using the stains described above. This is the first time point at which demyelination is detectable. Surprisingly, axonal damage, as measured by SMI-32 positivity, was found in these mice. This occurred only in areas of early macrophage infiltration and viral antigen, suggesting that demyelination and axonal damage occur concomitantly, and are mediated at least in part by the same effector agents.

2.2 Contribution of CD4 and CD8 cells to axonal damage

As previously published (16), there are substantial differences in clinical disease and in demyelination between recipients of CD4 T cell- and CD8 T cell-enriched splenic populations. We reasoned that these differences in phenotype could be related to differences in the amount of axonal damage mediated by these two cell types. Therefore, the adoptive transfer system was used to elucidate the contribution of CD4 and CD8 T cells to the pathogenesis of axonal damage. MHV-infected RAG1⁻/⁻ mice received splenocytes enriched for either CD4 or CD8 T cells three days p.i. We quantified the amount of axonal damage by measuring the number of pixels above background in spinal cords stained with mAb SMI-32 and analyzed by confocal microscopy.

Mice receiving splenocytes depleted of both CD4 and CD8 T cells did not develop demyelination and also did not develop axonal damage (Figure C3-2A). Mice that received splenocytes treated with complement only exhibited 0.4% of mAb SMI-32 immunoreactivity across the spinal cord. Surprisingly, no difference in total mAb SMI-32 immunoreactivity could be detected between the spinal cords of recipients of CD4 T cell- or CD8 T cell-enriched splenocytes. The amount of axonal damage was not different statistically from that observed in recipients of undepleted populations of cells. In addition, the amount of axonal damage was not well correlated with the extent of demyelination. These results show that axonal damage did not explain the differences in clinical disease observed between the recipients of undepleted and T cell subset-enriched splenocytes.

3. FUTURE DIRECTIONS

Axonal damage appears to be important in the pathological process in all demyelinating diseases, including MS, EAE, and viral models of
demyelination, including MHV-infected mice (5, 10-13). In the model of MHV-induced demyelination described herein, clinical disease and demyelination occur rapidly and reproducibly after adoptive transfer of immune T cells, making it ideal for the dissection of the processes leading to axonal damage in demyelinating disease.

Although CD4 and CD8 T cells both contribute to demyelination and axonal damage, the mechanisms by which these processes are mediated remains to be determined. CD8 T cell-mediated demyelination is interferon-γ mediated, whereas CD4 T cell-mediated demyelination is increased in the absence of this cytokine (20, 21). Demyelination itself is associated with changes in the cytoskeletal structure of the associated axon (22). In mice with genetic disruption of the proteolipid protein gene, axonal dysfunction is observed in the presence of normally compacted myelin (23, 24). In some models, demyelinated axons appear to be able to compensate for the loss of myelin by upregulating ion channels necessary to maintain conduction (25, 26). Other demyelinated axons fail to do so, leading to severe conduction defects and axonal dysfunction. It is likely that T cells and macrophages/microglia, by creating a pro-inflammatory milieu, contribute to the pathogenesis of axonal injury.

Important issues to be resolved include identifying the effector molecules and cells that cause axonal damage and determining if axonal injury is a necessary consequence of demyelination. Once the mechanisms of axonal dysfunction and damage are better understood, it may be possible to design therapy to minimize axonal disease in MHV-infected mice, and ultimately, in humans with MS.

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