An explicit time-integrator with singular mass for non-smooth dynamics

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Abstract
This article addresses the simulation of non-smooth dynamics problems with unilateral contact constraints between rigid and deformable bodies. It proposes a modified CD-Lagrange scheme with a singular mass matrix. This scheme is explicit, and based on a contact condition on velocity. The formulation is designed for a 1D impact problem between deformable and rigid body with unilateral constraint. The singular mass matrix allows to get a more accurate energy balance on the discrete system, especially during non-smooth events. An extension is presented then for the 3D cases. Its implementation is easy, and fully compatible with large deformations or non-linear materials. Indeed it consists only in adding a numerical parameter for each contact node. The energy balance for the singular 3D formulation is improved compared to the consistent one.

Keywords Impact · Symplectic mechanics · Singular mass matrix · Unilateral contact · Energy conservation

1 Introduction
In transient dynamics simulations of deformable solids, a particular case of interest concerns the simulation of impacts. In mechanical design, these situations may occur in standard configurations like forming in manufacturing process. But above all they are met in accidental scenario of usage with very high loads, like shocks. The numerical simulations are here crucial to predict the mechanical properties and reduce the tests on real structures.

Many numerical schemes are designed for transient dynamics evolutions, and some of them are adapted to deal with impacts [for a review (see [14])]. Only few are specially designed to cope with such non-smooth cases, especially for discrete systems in space and time as in [4,6,16,20,22,26,28]. Impact simulations usually require small time steps in order to catch the fast phenomena. As the cost of the simulation may increase accordingly, some strategies address this issue by reducing the computational cost of a time-step as explicit schemes (see [2,5,9,15,30]).

The global properties of integration schemes are: efficiency with regard to computational cost; precision; and rate of space-time convergence. An additional key property is the symplectic feature. It gathers the conservation of energy, angular and linear momentums. And it is crucial for accurate long-time simulation, especially for non-linear systems [27,33,34]. Note that these properties have to be discussed on the discrete problem, in space and time.

Keeping these aspects are a major issue in presence of impacts and contact releases. Some recent advances in this direction were made using the so-called singular mass matrix concept. But they are limited to implicit schemes. The aim of this article is therefore to bring such improvements in explicit. The singular mass matrix is applied on the CD-Lagrange scheme [15], in the case of frictionless contact between a rigid and a deformable body. The CD-Lagrange scheme is based on central difference method for time-integration, and Lagrange multipliers to deal with contact in a velocity-impulse formulation. For more details and results, see [13,15].

This article is organized as follows. First, the state of the art is detailed in Sect. 2 for implicit schemes with singular mass matrix in presence of impacts. Section 3 proposes a design for the CD-Lagrange scheme aiming to take advantage of the singular mass concept. It is built on a dynamic 1D test problem to detail the different steps in the designing process, and for validation on a reference case. Then, Sect. 4...
presents a possible extension to 3D cases, and illustrates the performances of the developed scheme for an impact problem between a deformable solid and a rigid wall. Finally, conclusions and prospects are exposed.

2 State of the art on singular mass for implicit schemes

In structural transient dynamics, most of the time-integration schemes have been designed for unconstrained case. The HHT-Newmark schemes [8,19,29] are the most used in this framework. They are stable, and energy conservative or dissipative depending on the choice of scheme parameters [25]. Following the work of Simo and Tarnow [33,34], variational integrators have been then developed. They are symplectic, meaning that they conserve momentum equations based on Noether’s theorem: linear, angular momentum, and energy for conservative mechanical systems [21,27,34]. This conservation property is well suited to non-linear problems especially for running accurate long time simulations.

But the structure of the dynamical problem is deeply changed with contact constraints. The unilateral contact constraint leads to the Signorini’s conditions [10]. They state three conditions (sometimes called “non-penetrability conditions”): (i) bodies can not penetrate each other, (ii) contact stresses are normal to the boundary, and (iii) are compressive. With these, the velocity is discontinuous around impact time, and the solution may not be unique. For a clear example on an elastodynamic frictionless contact problem see [23].

The Signorini’s conditions are commonly imposed on a semi-discrete system in space by Lagrange multipliers. Indeed this method enforces them exactly. Other effective methods exist for enforcing contact constraints as the penalty, or the Nitsche’s method [7]. But in the following, we focus on Lagrange multipliers. For more details on discretization by finite elements method and enforcement of Signorini’s conditions see for example [14,23].

On semi-discrete systems with contact enforcement by Lagrange multipliers, the time-integrators like HHT-pg Newmark lose their properties as the energy conservation, and even sometimes the stability. As shown in [14] on a 1D numerical example, the Crank–Nicholson scheme presents high frequency oscillations at impact on displacement. They are non-physical, and entirely caused by the numerical time-integration. And above all the energy is highly increased during contact for numerical reasons. This scheme is yet stable and energy conservative on the unconstrained case. The oscillations can be damped by introducing numerical dissipation, but the energy balance is widely degraded.

To overcome these difficulties, Moreau introduces in [20,28] a framework suited to impact dynamics. The acceleration and contact stresses are defined as measures on velocity, which can be then discontinuous. Moreover the contact constraint no more relies on displacement but on velocity. With this velocity contact condition, if a point comes in contact its normal velocity is set to zero (for an impact on a steady rigid body). It is not strictly equivalent to Signorini’s conditions on displacement for a discrete system in space and time. Indeed a slight constant penetration arises at impact and persists during contact. But it tends to zero with space-time convergence. The Moreau’s framework and velocity contact condition bring high stability at contact, and a better energetic behavior [6,13]. The Moreau’s condition are sometimes called “persistency condition”, due to the null velocity during contact. In [26], Laursen and Chawla use the persistency condition together with the symplectic scheme of Simo and Tarnow. The obtained scheme is symplectic, but the price to pay is numerical oscillations (but bounded) on velocity at contact boundary [14].

In order to recover the uniqueness of the solution with the Signorini’s conditions, Paoli and Schatzman [30,31] introduce an impact law. However if it enables to recover the uniqueness of the solution, the discrete energy behavior is not conservative [13,14].

In [23] the singular mass method is introduced on elastodynamics contact problems. It combines a recovered uniqueness and a stabilization of contact stresses on semi-discrete system with the Signorini’s conditions imposed by Lagrange multipliers. The method relies on zero entries in mass matrix for degrees of freedom (DOF) constrained by contact. According to [12,23,32], the solution is unique for elastodynamics problems semi-discrete in space. The singular mass matrix changes indeed the problem structure. The equations of contact DOFs are no more hyperbolic, but elliptic. Indeed the inertia term associated to twice-derivative displacement disappears with the cancellation of the mass entry. The semi-discrete formulation with singular mass matrix presents interesting properties proven in [23,32]. Firstly the persistency condition is automatically met if the non-penetrability condition is satisfied. This brings stability into contact. Secondly this persistency condition leads to an energy conservative formulation.

These properties allows to use time-integrators from HHT-Newmark family on the singular semi-discrete formulation, with keeping stability and accurate energy balance. Numerical results demonstrate this in [14] for the HHT-Newmark scheme: with a classical mass matrix the energy blows up and the contact stresses highly oscillates; but with a singular mass matrix, the energy balance is only slightly dissipative and the contact stresses become smooth. [11] presents other interesting results, this time on convergence rate, by comparing classical and singular semi-discrete formulations on 1D numerical tests. For some test cases, the Crank–Nicholson scheme diverges with classical mass matrix but converges with singular one. For others, the singular formu-
lation improves at less the convergence rate. In [11,12,23], it is a reduction of oscillations on contact stresses which is observed for Crank–Nicholson, Newmark (β = γ = 1/2) and backward Euler schemes. The energy balance is also improved: the energy blow-up disappears for Crank–Nicholson method, and the energy balance is less dissipative for Newmark’s (β = γ = 1/2) scheme.

This improvement of stability for contact stresses is explained in [24]. For Newmark-like schemes and consistent mass matrix, the contact stresses equilibrate both inertial terms (from mass of contact nodes) and internal nodal forces. But in the continuous case, the contact boundary has no mass. The contact stress equilibrates then only the internal one. With cancelling the mass of contact nodes, the discrete case gets closer from the continuous one.

Hager et al. in [17] apply the singular mass method to Laursen and Chawla’s algorithm [26]. This scheme is already energy conservative. And unlike the HHT-Newmark’s schemes, it uses the persistency condition instead of the non-penetrability one. But its main drawback is symmetric oscillations for velocities and displacement at the contact boundary due to the numerical integration (see for instance [14]). In [24] Krause and Walloth state that these oscillations are due to the incompatibility between persistency condition and energy conservation. If the normal velocity on contact boundary is cancelled, some kinetic energy is lost. The Laursen and Chawla algorithm renders then the velocity always equals to the opposite of its preceding value during contact. However with a singular mass matrix, the contact nodes have no inertia and then the oscillations should be reduced. Hager et al. observe in [17] such a numerical behaviour.

There are different ways to get a singular mass matrix. In [23] a global constrained minimization problem is solved under two conditions. Firstly the DOFs along the normal to contact boundary must have a null mass. And secondly the mass redistribution should preserve the total mass, the inertial momentum and the center of gravity of the initial problem. As only DOFs along the normal to contact boundary are massless, the singular mass matrix is parametrized by this normal. This represents an extra computational cost, especially with large displacements where the matrix must be built at each time-step with the updated normal. But some local methods exist with a lower computational cost. In [17] the singular mass matrix arises from modified quadrature formulas. They still enforce the previously mentioned constraints for preserving the global mass characteristics of the system. But all DOFs of contact nodes have a null mass instead of only the normal ones. Renard in [32] proposes an other local method with two different Galerkin discretization spaces for velocity and displacement. Hauret in [18], and Tkachuk et al. in [35], embed the singular mass matrix in a variational framework. They use a two and three fields Lagrangian by distinguishing displacement, velocity and linear momentum as independent variables. Finally in [12], the shape functions used to compute the mass matrix are weighted. Depending on the weights, the singular mass matrix has different patterns which have an influence on the discrete solution.

In the present article, we do not address the influence of the pattern of the mass matrix and the method to get it. Indeed, improvements in numerical results are observed whatever the singular mass matrix chosen. In the following, the singular mass method is adapted for the explicit CD-Lagrange scheme. The CD-Lagrange scheme [see [15]] is based on central difference method for time-integration, and Lagrange multipliers combined with the Moreau’s velocity contact condition. With a consistent mass matrix, a loss of energy is observed at impact for a deformable body [see [13]]. Indeed the normal velocities of contact nodes are set to zero, cancelling the associated kinetic energy. The goal is then to achieve energy conservation while removing mass of contact nodes and thus the associated inertia.

3 A CD-Lagrange scheme with singular contact mass for a 1D case

3.1 Scheme introduction on 1D impacting bar problem

We consider the impacting bar problem described in Fig. 1. This problem is often used as a benchmark in impact mechanics because the analytical solution is known at the contact node [see [14]]. For numerical results with singular mass matrix, see [11,12]. In [15] and [13], the discrete solution of impacting bar problem is gotten with the CD-Lagrange scheme, but with a consistent mass matrix.
Linear and homogeneous elasticity is assumed, and the 1D bar impacts a rigid wall with an initial uniform velocity. The spatial discretization is performed with P1 finite elements of equal length. A node corresponds to one degree of freedom (DOF). For more details on spatial discretization, see for example [23].

The specificity of the spatial discretization is the massless node at one end of the bar (see Fig. 1). The mesh is split in the “bulk” and the “skin”. The bulk gathers the elements with massive nodes. And the skin is constituted by the element gathering the massless contact node and the bulk node connected. The contact condition is applied on the boundary denoted as $\Gamma_c$. And $\Gamma_b$ denotes the interface between bulk and skin.

Here the initial mass of contact node is simply cancelled: once the mass matrix has been assembled and lumped, the term corresponding to contact node is set to zero. The mass matrix is then singular. Doing this the total mass is not conserved. Indeed the goal is only to get easily a singular mass matrix. No comparisons will be done between the consistent and the singular mass matrix solutions.

The notations chosen distinguish the bulk and the skin quantities. On the one hand, the bulk problem is a classic finite element discrete system with all massive nodes. It is described by:

- $\bm{U}$, $\dot{\bm{U}}$, $\ddot{\bm{U}}$: displacement, velocity and acceleration vectors gathering DOFs of discrete fields;
- $\bm{X}_0$: initial position of nodes;
- $\bm{M}$: mass matrix (consistent, see below);
- $\bm{F}^{\text{int}}(\bm{U}, \dot{\bm{U}})$: internal forces in the bulk, possibly depending on deformation speed (but elastic in the following);
- $\bm{F}^{\text{ext}}$: external forces;
- $\ddot{\bm{u}}$: displacement for DOF on $\Gamma_b$;
- $\dot{\bm{L}}$: selects the DOF on $\Gamma_b$, $\ddot{\bm{u}} = \dot{\bm{L}} \dot{\bm{u}}$;

The assemblies of mass and internal force differ. Indeed the global mass matrix $\bm{M}$ is assembled for all elements, and then modified for getting a zero entry for contact DOF. $\bm{M}$ is the sub-matrix of $\bm{M}^*$ corresponding to DOFs of the bulk ($\bm{M}$ is therefore not singular). But for the internal forces $\bm{F}(\bm{U}_{n+1})$, the assembly is performed only on bulk elements. The skin element is not considered.

The spatial semi-discrete system for the bulk is:

$$\bm{M} \ddot{\bm{U}} = \bm{F}^{\text{ext}} - \bm{F}^{\text{int}}(\bm{U}, \dot{\bm{U}}) + \dot{\bm{L}}' \ddot{\bm{f}}$$

(1)

where $\ddot{\bm{f}}$ is the force applied by the skin on the bulk. Note here that the system is not submitted to any unilateral contact constraint, $\ddot{\bm{f}}$ is regular being the elastodynamic stress in the skin. $\dot{\bm{U}}$ and $\ddot{\bm{f}}$ are then well defined.

On the other hand, the skin problem has two DOFs: $\ddot{\bm{u}}$ for the node on $\Gamma_b$, and $\ddot{\bm{u}}$ for the contact node on $\Gamma_c$. It is described by:

- $\ddot{\bm{u}}$: displacement of contact massless node;
- $\dot{\bm{x}}_0$: initial position for contact node;
- $\delta \ddot{\bm{u}} = \ddot{\bm{u}} - \ddot{\bm{u}}$: difference of displacements for skin nodes, positive if the skin is compressed, negative if stretched;
- $\ddot{\bm{l}} = (\ddot{\bm{x}}_0 + \ddot{\bm{u}}) - (\ddot{\bm{x}}_0 + \ddot{\bm{u}}) = \ddot{\bm{l}}_0 - \delta \ddot{\bm{u}}$: thickness of skin, $\ddot{\bm{l}}_0$ is the initial thickness, with $\ddot{\bm{x}}_0 = \dot{\bm{L}} \dot{\bm{X}}_0$;
- $\ddot{k}$: rigidity of the skin.

Here the choice of skin length and rigidity is made with the initial mesh and rigidity matrix assembled on all elements.

The skin is described by a static behaviour:

$$\begin{bmatrix} 0 \\ 0 \end{bmatrix} = \begin{bmatrix} -\ddot{\bm{f}} \\ \ddot{\bm{f}} \end{bmatrix} - \begin{bmatrix} \dddot{\bm{u}} & -\dddot{\bm{u}} \\ -\dddot{\bm{u}} & \dddot{\bm{u}} \end{bmatrix} \begin{bmatrix} \dddot{\bm{u}} \\ \dddot{\bm{u}} \end{bmatrix}$$

(2)

The skin system (2) added to bulk system (1) forms a global system for all nodes. The node on $\Gamma_b$ supports an inertial term from the bulk giving its velocity. But the nodal velocity of $\Gamma_c$ is still undetermined according to Eqs. (1) + (2).

Equation (2) condenses in the following expression to give the contact force:

$$\ddot{\bm{f}} = \dddot{\bm{k}} \delta \dddot{\bm{u}}$$

(3)

Time-integration is performed using the CD-Lagrange scheme [see [13,15]]:

- $\ddot{\bm{h}}$, the time-step, is kept constant all along the simulation;
- the time-interval $[t_n, t_{n+1}]$ is discretized with

$$\begin{cases} \{ t_n \} | t_n = t_0 + n \ast \ddot{\bm{h}} \\ \{ t_{n+\frac{1}{2}} \} | t_{n+\frac{1}{2}} = t_n + \frac{\ddot{\bm{h}}}{2} \end{cases}$$

- an impulse $\dddot{\bm{r}}_{n+\frac{1}{2}}$ is associated to $\dddot{\bm{f}}$, as its integral over the time interval $[t_{n+\frac{1}{2}}, t_{n+\frac{3}{2}}]$:

$$\dddot{\bm{r}}_{n+\frac{1}{2}} = \ddot{\bm{h}} \dddot{\bm{r}}_{n+1} = \ddot{\bm{h}} \dddot{\bm{k}} \delta \dddot{\bm{u}}_{n+1}$$

(4)

Dynamics equations in the bulk (1) are integrated in time as follow [15]:

$$\begin{aligned} \bm{U}_{n+1} &= \bm{U}_n + \ddot{\bm{U}}_{n+\frac{1}{2}} \\ \bm{M}(\ddot{\bm{U}}_{n+\frac{1}{2}} - \ddot{\bm{U}}_{n+\frac{1}{2}}) &= \ddot{\bm{h}} \left( \bm{F}^{\text{ext}}_{n+\frac{1}{2}} - \bm{F}^{\text{int}}(\bm{U}_{n+1}, \ddot{\bm{U}}_{n+\frac{1}{2}}) \right) \\
&+ \dot{\bm{L}}' \dddot{\bm{r}}_{n+\frac{1}{2}} 
\end{aligned}$$

(6)
The time integration relation (5) relates two time-steps in explicit fashion. The node velocities are here crucial, and they are determined by the dynamics equation (6) thanks to the inertia term. But no such relation exists for the skin. Note that in order to preserve an explicit integration of internal forces, the term $F^{\text{int}}(U_{n+1}, \dot{U}_{n+\frac{1}{2}})$ is computed thanks to the velocity at the previous time-step $\dot{U}_{n+\frac{1}{2}}$ [see [3]]. In the following, the term $F^{\text{ext}}_{n+1} - F^{\text{int}}(U_{n+1}, \dot{U}_{n+\frac{1}{2}})$ is denoted $F(U_{n+1})$ for shortness but without any loss of generality.

Finally, the contact behaviour acts on the velocity $\hat{u}$ which appears only in time-integration relation:

$$\hat{u}_{n+1} = \hat{u}_n + h \hat{u}_{n+\frac{1}{2}} \quad (7)$$

As $\hat{u}_{n+\frac{1}{2}}$ is not determined by the dynamics equation, a contact law is proposed. It determines $\hat{u}_{n+\frac{1}{2}}$ in order to enforce the contact constraints. This contact law is designed to reproduce the Moreau-Jean’s conditions [see [20,28]] which enforce the contact constraints on the velocity. But some adjustments are required as the contact node has no inertia.

Describing the contact law requires:

- $g_{n+1}$, the gap at the contact node, equal here to $g_{n+1} = x_0 + \hat{u}_{n+1} - x_0$ is the initial position of the contact node;
- $U^\text{free}_{n+\frac{1}{2}}$, the free velocity of the bulk: i.e. the bulk velocity without skin action.

Equation (6) without contact force gives $U^\text{free}_{n+\frac{1}{2}}$ as:

$$U^\text{free}_{n+\frac{1}{2}} = \dot{U}_{n+\frac{1}{2}} + hM^{-1}F(U_{n+1}) \quad (8)$$

and for the common node to bulk and skin:

$$\hat{u}^\text{free}_{n+\frac{1}{2}} = L U^\text{free}_{n+\frac{1}{2}} \quad (9)$$

The proposed velocity contact law is:

$$\hat{u}^\text{free}_{n+\frac{1}{2}} = \hat{u}_{n+\frac{1}{2}} \quad (10)$$

$$\hat{u}^\text{free}_{n+\frac{1}{2}} = \hat{u}_{n+\frac{1}{2}} \quad (11)$$

where $(\cdot)^+$ returns the positive part.

The main idea herein is to relate the velocity $\hat{u}$ of $\Gamma_c$ and the velocity $\hat{v}$ of $\Gamma_h$. This law concerns two main situations:

- Equation (10) describes the free-of-contact state, where the contact node is not in contact;
- Equation (11) describes the active contact state, where the contact node velocity depends on the skin force.

$\hat{u}_{n+\frac{1}{2}}$ is always set with the free velocity of the closest node on the bulk. In free-of-contact state, $\hat{u}_{n+\frac{1}{2}}$ and $\hat{u}^\text{free}_{n+\frac{1}{2}}$ are equal only if the skin is at rest ($\delta \hat{u}_{n+1} = 0$ and then $\hat{r}_{n+\frac{1}{2}} = 0$). For active contact state, three cases emerge as described in Table 1.

At impact, the skin is considered in its initial rest state. In this particular impacting bar problem this is true. Otherwise the skin tends to relax into rest state during a free-of-contact phase.

In summary, the discrete system is described by the following equations:

$$U_{n+1} = U_n + h \dot{U}_{n+\frac{1}{2}} \quad (12)$$

$$M(\dot{U}_{n+\frac{1}{2}} - \dot{U}_{n+\frac{1}{2}}) = hF(U_{n+1}) + L \dot{\hat{r}}_{n+\frac{1}{2}} \quad (13)$$

$$\hat{u}_{n+1} = \hat{u}_n + h \hat{u}_{n+\frac{1}{2}} \quad (14)$$

$$\begin{cases}
\dot{\hat{r}}_{n+\frac{1}{2}} = \delta \hat{u}(\hat{u}_{n+1}, \hat{u}_{n+1}) \\
\quad \text{Velocity contact law: (10), (11),}
\end{cases} \quad (15)$$

where the unknowns are:

- The displacements $U_{n+1}$, $\hat{u}_{n+1}$ directly computed from (12) and (14);
- The velocities $\dot{U}_{n+\frac{1}{2}}$, $\dot{\hat{r}}_{n+\frac{1}{2}}$ get from (13) and (15).

The scheme steps are described in Algorithm 1. It is explicit because no system solving is needed. Indeed the update of displacement is direct, and $\dot{U}_{n+\frac{1}{2}}$ comes from a system with a lumped mass matrix. This singular contact mass variant of the CD-Lagrange preserves the suitable properties for impact problems of the one with a consistent mass [see [13]]. As the velocity contact law is very close from the Moreau–Jean’s conditions (see the Appendix 1 for more...
Algorithm 1 CD-Lagrange with singular contact mass

1: \[ U_{n+1} = U_n + h\dot{U}_{n+1/2} \] Update of position
2: \[ \dot{\hat{U}}_{n+1/2} = \dot{\hat{u}}_{n+1/2} + h\hat{M}^{-1}\dot{F}(U_{n+1}) \] Update of free velocity
3: \[ \overrightarrow{r}_{n+1/2} = h\hat{\delta}\overrightarrow{u}_{n+1/2}, \frac{\ddot{\hat{u}}_{n+1/2}}{2} \] by (10), (11) Contact state solving
4: \[ \overrightarrow{U}_{n+1/2} = \overrightarrow{U}_{n+1/2} + h\overrightarrow{F}(U_{n+1}) \] Velocity correction

details), both schemes present a very stable contact with a slight residual penetration at \( \Gamma_c \).

The following energy balance highlights some interesting properties of this scheme. The balance is done between \( t_{n+1/2} \) and \( t_{n+1/2} \) in order to eliminate the complementary term (see [15,25] for the balance between \( t_{n+1} \) and \( t_n \)). The energy balance for the bulk is:

\[ \Delta E_k = \Delta \hat{W}_{\text{int}} + \Delta W_{\text{skin}} \] (16)

With:

\[ \Delta E_k = \left[ \frac{1}{2} \hat{U}' \hat{M} \hat{U} \right]_{n+1/2} - \left[ \frac{1}{2} \dot{U}' \dot{M} \dot{U} \right]_{n+1/2} \] (17)

\[ \Delta \hat{W}_{\text{int}} = \frac{1}{2} h \left( \dot{U}_{n+1/2} + \dot{\hat{u}}_{n+1/2} \right)' \dot{F}(U_{n+1}) \] (18)

\[ \Delta W_{\text{skin}} = \frac{1}{2} (\dot{\overrightarrow{u}}_{n+1/2} + \ddot{\overrightarrow{u}}_{n+1/2}) \overrightarrow{r}_{n+1/2} \] (19)

\( \Delta E_k \) is the variation of kinetic energy. As the kinetic energy relies on mass, only the bulk is concerned. \( \Delta \hat{W}_{\text{int}} \) is the work of internal forces in the bulk. \( \Delta W_{\text{skin}} \) is the work on \( \Gamma_b \) due to the skin, which can be decomposed into:

\[ \Delta W_{\text{skin}} = \Delta \hat{W}_{\text{int}} + \Delta W_c \] (20)

With:

\[ \Delta \hat{W}_{\text{int}} = -\frac{1}{2} \left( \delta \overrightarrow{u}_{n+1/2} + \delta \dot{\overrightarrow{u}}_{n+1/2} \right) \overrightarrow{r}_{n+1/2} \]
\[ \Delta W_c = \frac{1}{2} \left( \ddot{\overrightarrow{u}}_{n+1/2} + \dot{\overrightarrow{u}}_{n+1/2} \right) \overrightarrow{r}_{n+1/2} \] (21)

\( \Delta \hat{W}_{\text{int}} \) is the work of internal forces in the skin, \( \Delta W_c \) is the work of contact forces. \( \delta \hat{u} = \hat{u} - \ddot{\hat{u}} \) is the deformation speed of skin. The energy balance for bulk and skin is then:

\[ \Delta E_k = \Delta \hat{W}_{\text{int}} + \Delta W_{\text{skin}} + \Delta W_c \] (22)

The energy conservation depends on the term \( \Delta W_c \), that equals zero when:

- \( \overrightarrow{r}_{n+1/2} = 0 \) \( \Leftrightarrow \delta \overrightarrow{u}_{n+1/2} = 0 \): the skin is in rest state;
- \( \left( \overrightarrow{u}_{n+1/2} + \dot{\overrightarrow{u}}_{n+1/2} \right) = 0 \): the contact is active for previous and current time-step.

On the impacting bar problem, the skin develops an energy only at release time-step and time-steps after. The release is detected when \( \delta \hat{u} \leq 0 \), meaning that the skin passes from a compressed state during contact to a stretched one at release. During the time-steps after release, the skin goes back to its rest state and so \( \delta \hat{u} \neq 0 \). The corresponding work is not null and not necessary dissipative. But if the skin does not reach a stretched state, this work is null. To do that, \( \delta \hat{u} \) must be equal to zero at release.

This energy balance confirms the idea that the massless contact node solves the loss of energy at impact. Indeed \( \Delta W_c \) is null at impact. If the release is not conservative, this work can be cancelled. The singular mass matrix makes then possible a conservative energy balance.

### 3.2 Numerical results

The impacting beam described in Fig. 1 is set with the values of Table 2. The CFL time-step is \( t_{CFL} = 2(\lambda_{\text{max}})^{-1} \), with \( \lambda_{\text{max}} \) the maximum eigenvalue of \( M^{-1}K \) (see [2]). We choose a constant time-step \( h = 0.9 \times t_{CFL} \).

The following charts compare the discrete solution to the analytic one at the contact node.

The figure 2 depicts the position for analytical solution and the discrete one. The main difference between both is the residual penetration during contact for the discrete solution. For velocity on Fig. 3, the discrete solution presents spurious oscillations after release. They are present too on the classical CD-Lagrange [see13], due to the spatial discretization. On Fig. 4 the discrete impulse oscillates after impact before
stabilizing at a constant value close to the analytic one. At release, the skin impulse reaches a negative minimum before coming back to null value in few time-steps. The negative minimum corresponds to the discrete time where release is detected. The Fig. 5 shows the global energy transfers. The internal energy on this graph is the sum of bulk and skin internal energies; and the system energy is the sum of conservative terms:

\[ E_{\text{sys}} = E_k + E_{\text{int}} + \bar{E}_{\text{int}} \]

The energetic behaviour is confirmed: the impact is conservative; during contact, the energy is transferred between kinetic and internal ones; and at release, the contact work decreases the system energy when the skin comes back to its rest state.

If the release time matches a discrete time, the skin does not reach a stretched state. Thus the skin impulse is not negative after release and does not reduce the system energy. The Figs. 6 and 7 illustrate this. The time step is chosen in order that a discrete time corresponds exactly to the analytic release time (with keeping the time-step constant during the simulation). \( h_{\text{Release}} \) names this time-step, and \( h \) the previous one. The impulse for \( h_{\text{Release}} \) on Fig. 6 stays positive (equal to zero at release). The system energy is then constant on Fig. 7 for \( h_{\text{Release}} \), whereas it decreases after release for \( h \). Note that the goal of Figs. 6 and 7 is only to illustrate the energy conservation.

These numerical results confirm that the singular contact mass brings the possibility of a conservative energy balance without degrading the other performances. Even if the conservation of energy is conditioned to a release time matching a discrete time, it is a major advance in explicit schemes for impact between deformable bodies.

### 3.3 Choice of skin rigidity and length

The choice of skin initial length and rigidity is a numerical parameter of the scheme. For the previous impacting bar problem, the skin element keeps the rigidity and length of the problem with a consistent mass. But the same kind of
The problem is obtained by adding a massless node at the contact boundary in order to form a skin. The skin rigidity and initial length have then to be chosen. In order to lead such a choice, the influence of skin rigidity and length is analysed on the discrete solution for the 1D impacting bar problem.

The initial length of skin has no influence on the shape of discrete solution. Indeed \( l_0 \) does not appear in the equations. The skin force, \( f = k \delta u \), depends only on \( \delta u \): the difference between the displacements of \( \Gamma_c \) and \( \Gamma_b \). The initial skin length ensures only that the skin keeps a positive length. Indeed as \( l = l_0 - \delta u \), if \( \delta u > l_0 \) the skin has a negative length. But the behaviour of \( f \) stays valid, even when \( l < 0 \). \( l_0 \) is only a numerical parameter which gives a physical interpretation to the skin. It is not necessary to the formulation.

But as the gap is here computed between \( \Gamma_c \) and the rigid body, it depends on \( l_0 \). A change in \( l_0 \) modifies the discrete impact time: earlier than the analytical one with a larger \( l_0 \), and later with a smaller one. It raises the question of where the gap should be estimated. This point is discussed later on the 3D case.

The influence of skin rigidity is far more crucial. First, it changes the stable time-step. Here the element rigidity is constant over the beam, and denoted \( k_{\text{nominal}} \). If \( k > k_{\text{nominal}} \) the time-step must be decreased to keep the time-integration stability. And this is not acceptable for the computational cost. A modification of \( k \) changes also slightly the shape of the discrete solution, as shown in Figs. 8, 9, 10 and 11. Here several discrete solutions are computed for several \( k \) between \( 0.1 \times k_{\text{nominal}} \) and \( k_{\text{nominal}} \), keeping the same time-step as before.

A modification of \( k \) causes no changes in the global shape for the position of contact node (Fig. 8). But the release is smoother for velocities when \( k \) decrease, with less oscillations for contact node (Fig. 9). Indeed \( k \) is directly the stiffness of skin element. The same pattern appears on skin impulses (Fig. 10) when \( k \) decreases. On Fig. 10, the contact impulse reaches the same maximum value whatever the \( k \) value. Indeed the force applied by the bulk on the skin does

\[
\begin{align*}
\text{Impulse (N.s)} & \quad 0.12 \\
0 & \quad 0.2 \\
& \quad 0.0 \\
& \quad 0
\end{align*}
\]

\begin{align*}
\text{Times (s)} & \quad 1.4 \quad 1.45 \quad 1.5 \quad 1.55 \quad 1.6 \\
0 & \quad 0.2 \\
& \quad 0.0 \\
& \quad 0
\end{align*}

Fig. 6 Skin impulse—release on a discrete time

\begin{align*}
\text{Contact node position (m)} & \quad 8 \times 10^{-6} \\
0 & \quad 6 \times 10^{-6} \\
& \quad 4 \times 10^{-6} \\
& \quad 2 \times 10^{-6} \\
& \quad 0
\end{align*}

\begin{align*}
\text{Times (s)} & \quad 0 \quad 1 \quad 2 \quad 3 \times 10^{-6} \\
0 & \quad 2 \times 10^{-6} \\
& \quad 4 \times 10^{-6} \\
& \quad 6 \times 10^{-6} \\
& \quad 8 \times 10^{-6}
\end{align*}

Fig. 8 Influence of \( k \) on contact node position

\begin{align*}
\text{Contact node velocity (m/s)} & \quad 8 \\
0 & \quad 6 \\
& \quad 4 \\
& \quad 2 \\
& \quad 0
\end{align*}

\begin{align*}
\text{Times (s)} & \quad 0 \quad 1 \quad 2 \quad 3 \times 10^{-6} \\
0 & \quad 2 \times 10^{-6} \\
& \quad 4 \times 10^{-6} \\
& \quad 6 \times 10^{-6} \\
& \quad 8 \times 10^{-6}
\end{align*}

Fig. 9 Influence of \( k \) on contact node velocity

\( \delta \phi \)
not change. The consequence on $\delta \tilde{u}$ is shown on Fig. 11: the maximum value increases when $k$ decreases to keep $f$ constant.

An interesting property of $k$ parameter is that it modifies the time of release (see Fig. 8). The energy loss at release is related to $\|\delta \tilde{u}\|$. Further is the release time from a discrete time, greater is $\|\delta \tilde{u}\|$ and greater is the energy loss. Adjusting $k$ is then equivalent to adjust the time-step: it can match the release and a discrete time, making the scheme conservative or at least improving the energy balance.

In brief, $k$ influences only slightly the discrete solution both on the discrete release time and the skin response. Indeed it is more a numerical parameter, than a physical one. It gives a flexibility for the choice of skin parameter which is useful for extending the scheme to 3D problems. Moreover it does not influence the convergence rate.

The space-time convergence is checked using a mesh refinement. Increasing the number of nodes in bar decreases the element length (constant over the bar). For each mesh, the time-step is set at 90% of critical time-step. The following Hausdorff measure is used to evaluate the error [see1]:

$$e = \frac{1}{2} h \sum_{i \in [1,n]} |f_i - f(t_i)|$$

(23)

where:
- $n$ is the number of discrete times in interval $[t_0, t_f]$;
- $f_i$ is the discrete solution at time $t_i$, here at contact node;
- $f(t_i)$ is the analytical solution at time $t_i$, here at contact node.

The norm (23) evaluates the distance between the point graph from discrete solution and the continuous graph from analytical solution.

The Figs. 12 and 13 show no differences in convergence rate for several $k$, both on contact node position and contact impulse. The space-time convergence rate is order 1. This rate of convergence is common for schemes using a con-
tact constraint on velocity. See for example [1,6] for implicit schemes, or [13,15] for CD-Lagrange with consistent mass matrix.

### 3.4 Conclusions on 1D case

The CD-Lagrange scheme with singular contact mass gathers the advantages of: an explicit scheme for time integration; a contact constraint at velocity level for stabilising the contact; and a massless contact node for improving the energy balance. The massless contact node brings a conservative impact by cancelling the inertia of contact boundary. The drawback is that the contact velocity is no more determined by the dynamic. This is overcome by a contact law based on skin stress, which enforces a persistency like contact condition. With the massless contact node, the skin rigidity becomes a numerical parameter which allows to adjust the release time and the skin response. Indeed it does not change the solution at space-time convergence. The new result is a possible conservative energy balance, when the release time matches a discrete time. The scope of this result is nevertheless limited to one-DOF contact systems.

Some explicit schemes present a really good energy behavior for impact on deformable bodies, as the Cirak and West's DCR algorithm [9], the pinball algorithm [2], the Paoli–Schatzman’s scheme [30,31] or the CD-Lagrange scheme [15]. But as far as we known, no one achieves conservative energy balance, when the release time matches a discrete time. The scope of this result is nevertheless limited to one-DOF contact systems.

In 1D it is quite simple to adjust \( \bar{k} \) or the time-step to match the release time with a discrete time. But for a multiple DOF contact, it becomes difficult. As a consequence the goal of the following section is not to achieve energy conservation for multiple DOFs contact. The 1D singular mass CD-Lagrange is extended to a 3D case for improving the energy balance.

### 4 An extension to 3D case: normal elements on contact zone

#### 4.1 Adaptation of the 1D formulation to a 3D case

For the impacting bar problem, the direction of the beam can be seen as the local normal to contact boundary. With this interpretation, the skin is a 1D normal element added on \( \Gamma_b \) along the contact normal. This interpretation leads to a quite straightforward 3D extension of the preceding 1D scheme.

Figure 14 represents the contact boundary of a 3D semi-discrete problem in space. This contact boundary \( \Gamma_b \) impacts a rigid motionless frontier \( \Gamma_r \) (analytically described). The contact is unilateral, no friction is considered. The problem is discretized in space with P1 finite elements to have DOFs localized on nodes especially on \( \Gamma_b \).

In order to meet the contact constraint, a “skin” is added on \( \Gamma_b \). Each node on \( \Gamma_b \) gets a 1D normal element with a massless node outward (along \( -n \)). The normal \( n \) is the inner normal to \( \Gamma_b \). When contact happens, \( n \) is close to match the outer normal of \( \Gamma_r \). Each normal element is characterized by an artificial rigidity, which is now totally a numerical parameter. It is the extension of the previously 1D massless skin for 3D meshes. The persistency condition is, as in 1D, applied on massless nodes.

The “bulk” refers to initial mesh, without added normal skin. It is composed by nodes with three DOFs corresponding to the three components of the displacement field. The discretization is the classical finite element one, with a mass term for each node. The material law is not necessary elastic; indeed the following formulation does not depend on it. This bulk problem is described by:

- \( U, \dot{U}, \ddot{U} \): vector of DOFs for displacements, velocities and accelerations of bulk nodes, \( X_0 \) gathers the initial position;
- \( M, F^e, F^i(U, \dot{U}) \): lumped mass matrix, external forces, and internal ones depending possibly on velocity;
- \( L \): projection operator on each node of \( \Gamma_b \) along \( n \).

The equation for the semi-discrete problem in space is:

\[
\ddot{U} = F^e - F^i(U, \dot{U}) + L^T \ddot{f}
\]  

(24)

\( \ddot{f} \) is a vector gathering each force applied by normal elements on the bulk. With these notations, the Eq. (24) is similar to 1D case.

All normal quantities are gathered in vectors whose size is the number of nodes in \( \Gamma_b \). For all nodes in \( \Gamma_b \), identified with subscript \( i \), the following normal quantities describe the skin problem:

- \( (\bar{k})_i \): artificial rigidity of normal element;
- \( (\ddot{u})_i \): displacement of a massless node;
- \( (\bar{u})_i \): normal displacement for a bulk node, \( \bar{u} = LU \);
- \( (\delta \ddot{u})_i = (\delta \bar{u})_i \): difference in displacements between the skin nodes and bulk ones;
- \( (\bar{f})_i = (k)_i \): normal force applied on the bulk.
The choice of \( \tilde{k} \) and \( \tilde{I}_b \) is discussed later. With these notations, the skin problem equations are summarized as:

\[
\tilde{f} = \tilde{k} \circ \delta \tilde{u}
\]  

(25)

With time-integration performed by CD-Lagrange scheme as for 1D case, the discrete dynamics equations of bulk and skin are:

\[
U_{n+1} = U_n + h \dot{U}_{n+\frac{1}{2}}
\]  

(26)

\[
M(\dot{U}_{n+\frac{1}{2}} - \dot{U}_{n-\frac{1}{2}}) = h F(U_{n+1}) + \dot{L}_{n+\frac{1}{2}}
\]  

(27)

\[
\tilde{u}_{n+\frac{1}{2}} = \tilde{u}_n + h \tilde{\dot{u}}_{n+\frac{1}{2}}
\]  

(28)

\[
\tilde{r}_{n+\frac{1}{2}} = \tilde{h} \tilde{k} \circ \delta \tilde{u}_{n+1}
\]  

(29)

The Eqs. (26), (28) are the time-integration relations. And the Eqs. (27), (29) are the dynamic equations for bulk and skin respectively. As in 1D, the skin contact nodes have no inertia. Their velocities are given by a similar local contact law to the 1D case:

\[
\forall i \in \Gamma_b,
\]

If \((g_{n+1})_i > 0,
\]

\[
(\tilde{u}_{n+\frac{1}{2}})_i = (\tilde{u}_{n+\frac{1}{2}})_i^\text{free}
\]  

(30)

Else \((g_{n+1})_i \leq 0,
\]

\[
\begin{cases}
\text{If } (\tilde{r}_{n+\frac{1}{2}})_i \geq 0, & (\tilde{u}_{n+\frac{1}{2}})_i = 0 \\
\text{Else } (\tilde{r}_{n+\frac{1}{2}})_i < 0, & (\tilde{u}_{n+\frac{1}{2}})_i = (\tilde{u}_{n+\frac{1}{2}})_i^\text{free}
\end{cases}
\]  

(31)

where \(\tilde{u}_{n+\frac{1}{2}}^\text{free}\) is the free bulk velocity without skin action:

\[
\tilde{u}_{n+\frac{1}{2}}^\text{free} = \dot{U}_{n+\frac{1}{2}} + hM^{-1}F(U_{n+1})
\]  

(32)

and \(\tilde{u}_{n+\frac{1}{2}}^\text{free}\) is its projection on \(\Gamma_b\) according to \(n\):

\[
\tilde{u}_{n+\frac{1}{2}}^\text{free} = \tilde{U}_{n+\frac{1}{2}}^\text{free}
\]  

(33)

The gap \(g\) is here the distance between nodes of \(\Gamma_b\) and \(\Gamma_r\) along \(-n\). This choice leads to a clear definition of contact normal: \(n\) matches the outer normal of \(\Gamma_r\) when contact happens, i.e. \(g_N = 0\). But the persistency condition is not applied on \(\Gamma_b\), but on the massless nodes. The persistency condition is then not enforced on \(\Gamma_b\): the penetration is non-constant during contact, and the normal velocities are not equal to zero. \(\Gamma_r\) has no physical sense here as the skin is only a set of numerical parameters: \(\delta \tilde{u}\) and \(\tilde{k}\). Doing this, \(\tilde{I}_b\) is definitely no more necessary.

This formulation, with a totally numerical massless skin, is close to a penalty one for the nodes on \(\Gamma_b\). Indeed a force is applied on \(\Gamma_b\) depending on penetration \(\delta \tilde{u}\) and a numerical multiplication coefficient \(\tilde{k}\). The main difference is that the skin elements stay active after release.

The algorithm described in Algorithm 1 is still valid, as the energy balance of Eq. (22). But it is difficult to cancel the energy loss after release in 3D. The “release time” is no more unique, but exists for each normal elements. As a reminder to obtain a conservative energy balance, each \((\delta \tilde{u})_i\) must be equal to zero on a discrete time when it releases. This is theoretically possible by adjusting \(\tilde{k}\), but highly difficult in practice. It remains to do a detailed study of the influence of \(\tilde{k}\) in 3D on the energy balance. But this extra numerical parameter provides a way to improve it without any major change on the solution.

### 4.2 Numerical results on impacting dome

This scheme is used on the case of impacting dome depicted on Fig. 15 and set with the values in Table 3. The dome has an initial uniform velocity along \(y\). The upper nodes of the cylindrical part forming \(\Gamma_b\). Normal massless skin elements are added on them. The assumption is made that the inner contact normal is along \(-y\). This seems valid for the line of nodes at the top (along \(z\)), and two closest lines.

This does not correspond to a physical case: the linear elastic material law is used for large deformations. The purpose is to illustrate the ability of contact formulation. The initial velocity \(v_0\) is along \(y\). Here the rigidity of normal massless elements is equal to \(k\) for nodes inside the dome, and \(k/2\) for nodes on edges of the dome (as the nodes belong only to two
Table 3  Numerical values of the 3D impacting dome

| Parameters                  | Values               |
|-----------------------------|----------------------|
| Density $\rho$              | 2000 kg m$^{-3}$     |
| Young modulus $E$           | $1 \times 10^7$ Pa   |
| Poisson’s ratio $\nu$       | 0.3                  |
| Initial velocity $v_0$      | 5 m s$^{-1}$         |
| Characteristic mesh length $l_e$ | 1/9 m           |
| Critical time step $dt_{CFL}$| $8.55 \times 10^{-4}$ s |
| Time step $h$               | $7.69 \times 10^{-4}$ s |
| Skin rigidity $\bar{k}$    | $1.91 \times 10^6$ Nm$^{-1}$ |
| Distance between dome and plane $h_0$ | 0.102 m       |

Fig. 16  Impacting dome—central contact zone

Fig. 17  Normal contact position—mean value on central contact zone

Fig. 18  Normal contact velocities—mean value on central contact zone

elements). $\bar{k}$ is the maximal diagonal value of $\bar{L}K\bar{L}^T$, with $K$ the rigidity matrix (see Table 3).

In order to analyse the numerical results, a central contact zone is defined by the nodes in red on Fig. 16. This zone is used to mean the contact values (velocities, displacements, impulses). For positions and velocities, the mean is computed only on the first impacting nodes. On Fig. 16, this corresponds to the two central lines of nodes on the red zone. The mean node impulse is evaluated over the whole zone. It integrates weighting coefficients depending on position in the zone: if the node is on a corner, the coefficient is 1/4; if the node is on an edge, it is 1/2; and inside, it is 1. These quantities are depicted in the following graphs.

On Fig. 17, the mean position of $\Gamma_b$ nodes is denoted by $\bar{x}$. The penetration is directly visible as the difference between $x_{plane}$ and $\bar{x}$. It changes during the contact because the node is not stopped. As mentioned before, the persistency condition is indeed set on massless nodes. The curve $\bar{x}$ represents the mean position of numerical massless contact nodes (with an arbitrary $I_0$). They do not move during contact, respecting the persistency contact constraint. The same pattern happens on mean velocities represented on Fig. 18. The velocities of massless contact nodes are equal to zero. But the velocities of $\Gamma_b$ nodes are oscillating. These oscillations are also visible on the contact impulse on Fig. 19.

Despite the non-constant penetration and these oscillations, the energy balance is better than for the reference CD-Lagrange with consistent mass matrix. Figure 20 shows the energy balances for both: the total loss of energy is 0.3% of the initial energy for the CD-Lagrange with normal massless elements, and 0.6% for the reference CD-Lagrange. If the two energy losses are low, the gain in energy loss is of 50%. Moreover only one bounce is simulated here, and the number of contact DOFs is low in comparison with the total number of DOFs. In case of multiple bounces or for a larger
contact boundary the energy loss will be higher, and the gain even more interesting. This gain is obtained without any optimization in the choice of $k$, which shows the scheme ability to improve the energy balance.

The Figs. 21, 22, 23, 24 represents the deformed mesh for several times colored by $(\bar{L}_{r} \cdot y)$:

- At impact on Fig. 21;
- During contact, when the contact impulse is maximal, on Fig. 22;
- At release on Fig. 23;
- After release on Fig. 24.

The space-time convergence is numerically checked on the dome test case. For each space-time refinement, two numerical solutions are computed: one as a reference by classical CD-Lagrange scheme, and one by the CD-Lagrange with normal massless elements. For each solution, the displacement of $\Gamma_{b}$ nodes and contact impulse are averaged on central contact zone. If the number of nodes in it changes, its geometrical dimensions stay the same. The error is defined as the graph distance between the reference solution and the normal massless elements one with the norm described by Eq. (23). The reference CD-Lagrange scheme is supposed to converge, as mentioned in [13,15]. The mesh of impacting dome is recomputed with five mesh lengths: $1/3$ m, $1/6$ m, $1/9$ m, $1/12$ m, $1/15$ m. For each mesh size, the time-step is set at $0.9 \times dt_{CFL}$. The results are represented on Figs. 25,
The rate of convergence is close to order 1 as in the 1D case.

### 4.3 Conclusions on 3D case

The presented extension from 1D to 3D gives a formulation which may looks like a penalization method. Indeed the nodes on contact boundary (the mass ones) check only approximately the velocity contact condition. But the normal massless elements stay active after release. This formulation leads to an accurate energy balance, better than the one of consistent CD-Lagrange. The rigidities of massless skin elements provides numerical parameters which could optimize the energy balance, or the skin response.

The scheme does not present extra difficulties for implementation compared to classic schemes. It consists only in adding DOFs (massless contact nodes) on contact boundary with an associated rigidity. It does not depend on the material law, and is fully compatible with large deformations.

### 5 Conclusions

The singular mass method brings new properties into the CD-Lagrange scheme. For a one DOF contact, it can turn into an energy conserving scheme which is new in the explicit framework. In order to keep a contact constraint on velocity, a contact law is proposed. It determines the velocity of
massless contact node according to a persistency condition. The proposed 3D extension gives a kind of penalty formulation but for a contact constraint on velocity. It introduces for each contact node a numerical parameter: the rigidity of massless element. This new formulation is easily implementable, being fully compatible with large deformations and non-linear material laws. Moreover the energy balance is better than for the reference CD-Lagrange. Concerning the 3D numerical case, the energy behavior is investigated at impact and release; as well as the evolution of impulse, velocity and contact position. The space-time convergence is numerically checked both on displacement and contact impulse. This confirms the good properties exemplified in 1D.

Nevertheless a direct perspective of this work is to deeply investigated the 3D formulation. Indeed the properties found herein need to be confirmed with other numerical examples with non-linear materials, different contact shape, other initial conditions...

Besides the deeper investigation for this 3D formulation, the extension of 1D formulation to 3D could be achieved in different manners. It would be interesting to design a 3D singular mass formulation without normal massless elements, but directly by setting massless DOFs in the initial 3D mesh. The major issue is then to compute the velocities of massless DOFs because they are no more determined by the dynamics. This could be done by adapting the contact law.

An other direct perspective is to add friction on the 3D case. And in order to fully address industrial formulations, the scheme needs to deal with deformable-deformable, or rigid-deformable contact problems with non conforming meshes at the interface. This could be done by mortar methods [36–38].

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Code availability All computations were done with a custom code.

Appendix: a parallel between the contact law and the velocity contact condition of Moreau-Jean

The contact law described by Eqs. (10), (11) is close from the Moreau–Jean velocity conditions [20,28]. With a mass contact node, these conditions express as:

If \( g_{n+1} > 0 \),
\[
\dot{r}_{n+\frac{1}{2}} = 0
\]

If \( g_{n+1} \leq 0 \),
\[
0 \leq \dot{r}_{n+\frac{3}{2}} \perp \dot{u}_{n+\frac{1}{2}} \geq 0
\]

The Eq. (35) describes the free of contact state, and the Eq. (36) describes the active contact. \( \dot{r}_{n+\frac{3}{2}} \), the contact impulse, acts as a Lagrange multiplier. It imposes \( \dot{u}_{n+\frac{1}{2}} \), the contact node velocity, if it does not respect the contact conditions:

- If \( \dot{u}_{n+\frac{1}{2}} \leq 0 \), the beam tends to penetrate into rigid frontier.
  
  The dynamic gives a \( \dot{r}_{n+\frac{3}{2}} > 0 \) to stop the contact node. It compensates both the internal stress of skin and the inertia of contact node. The skin is in compression.

- If \( \dot{u}_{n+\frac{1}{2}} > 0 \), the beam tends to leave the rigid frontier. \( \dot{r}_{n+\frac{3}{2}} \) is set to zero because the system already meets the contact conditions. The skin is no more constrained.

The velocity contact law (10), (11) for singular mass matrix follows the same principles as the Moreau–Jean’s condition (35), (36). But the Moreau–Jean’s condition have here need to be confirmed with other numerical examples where

\[
\alpha_{2} \leq \alpha_{3} \leq \alpha_{1} > 0
\]

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