Hiking trails as conduits for the spread of non-native species in mountain areas

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Abstract Roadsides are major pathways of plant invasions in mountain regions. However, the increasing importance of tourism may also turn hiking trails into conduits of non-native plant spread to remote mountain landscapes. Here, we evaluated the importance of such trails for plant invasion in five protected mountain areas of southern central Chile. We therefore sampled native and non-native species along 17 trails and in the adjacent undisturbed vegetation. We analyzed whether the number and cover of non-native species in local plant assemblages is related to distance to trail and a number of additional variables that characterize the abiotic and biotic environment as well as the usage of the trail. We found that non-native species at higher elevations are a subset of the lowland source pool and that their number and cover decreases with increasing elevation and with distance to trails, although this latter variable only explained 4–8% of the variation in the data. In addition, non-native richness and cover were positively correlated with signs of livestock presence but negatively with the presence of intact forest vegetation. These results suggest that, at least in the region studied, hiking trails have indeed fostered non-native species spread to higher elevations, although less efficiently than...
roadsides. As a corollary, appropriate planning and management of trails could become increasingly important to control plant invasions into mountains in a world which is warming and where visitation and recreational use of mountainous areas is expected to increase.

**Keywords** Disturbance · Hiking · Mountains · Non-native plants · Protected areas · Tourism

**Introduction**

The distribution of non-native plant species in mountain ecosystems has received increasing attention over the last 15 years (Alexander et al. 2011, 2016; Seipel et al. 2016; Lembrechts et al. 2017; Haider et al. 2018; McDougall et al. 2018). One of the major findings of this research was that mountains are not inherently resistant to biological invasions, even though they are still less invaded than lowland regions (Guo et al. 2018). Among the factors that delay the spread of non-native plants into mountainous areas geographical and ecological distance from the hotspots of non-native species introduction, such as harbors, cities and other hubs, play an important role (e.g. Alexander et al. 2011; Anderson et al. 2015). In the future, however, these distances may shrink, at least functionally (Alexander et al. 2016; Dainese et al. 2017). First, a warmer climate may reduce temperature constraints on the encroachment of non-specialist species into high-mountain environments (e.g. Steyn et al. 2017). Second, the further development of human infrastructure and the associated higher influx of people and commodities into mountain areas may facilitate migration of non-native species from hubs of introduction into far remote landscapes (e.g. Chiuffo et al. 2018). Indeed, several papers have already shown that encroachment of non-native plants into mountain environments may be fostered by a warming climate (Pauchard et al. 2016; Dainese et al. 2017; Carboni et al. 2018) and is highly concentrated along the human traffic network (Seipel et al. 2012; Lembrechts et al. 2017; McDougall et al. 2018). The human infrastructure thereby facilitates non-native plant spread because, first, the associated disturbance reduces the resistance of the resident vegetation against newcomers and releases resources, and, second, traffic along this infrastructure increases the probability of propagule transport (Kalwij et al. 2008; Lembrechts et al. 2017; Haider et al. 2018).

Empirical studies on whether and how the traffic infrastructure fosters plant invasion into mountains have so far concentrated on roads with motorized traffic (Kalwij et al. 2008; Lembrechts et al. 2017; Haider et al. 2018; McDougall et al. 2018). However, tourism has nowadays become an important economic sector in many mountain regions of the world (Balmford et al. 2009). The capillary network of touristic movement in mountains consists for a critical part of recreational hiking trails, which distribute visitors to the most remote areas (Ballantyne and Pickering 2014). These trails could hence be particularly important conduits of non-native plant encroachment into pristine ecosystems. Nonetheless, few studies have tackled this issue yet, and those which have done so have provided inconsistent results (Barros and Pickering 2014; Rowe et al. 2018).

The Andes of southern Chile represent a mountain area where tourism has become economically important during the recent decades (Corporación Nacional Forestal 2018). The lowlands of this region are known to be heavily invaded (Castro et al. 2005; Figueroa et al. 2011) and non-native plant species in the area have already been shown to move to higher elevations along roads (Pauchard and Alaback 2004). However, no study has so far evaluated the distribution of non-native species along recreational trails in the region. Here, we try to fill this gap focusing on five different protected areas spread across the central part of the southern Chilean Andes.

The importance of roads as conduits of non-native plants to higher elevations is commonly assessed by comparing the richness of non-native plants along roadsides and in adjacent undisturbed sites (Lembrechts et al. 2014, 2017; McDougall et al. 2018). Here, we transferred this approach to hiking trails. We sampled T-shaped transects perpendicular to the trails at regular intervals from their start at low elevations (henceforth called trail head) to their uppermost elevation (trail end). If the trails actually serve as pathways of ongoing non-native species spread to higher elevations, we expect that: (1) the non-native species found along the trails would be a subset of the source pool occurring in the nearby lowland areas; (2) with increasing distance from the trail head, the number of non-native species in local communities...
decreases; and (3) at each elevation, the incidence and abundance of non-native species decreases with distance to the trail. When evaluating these hypotheses, we also took into account some additional modifying factors. First, trails are sometimes also used by people on horseback and by cattle. Since domestic animals are known to be important seed dispersers (Hogan and Phillips 2011; Ansong and Pickering 2013a), we predict that the presence of domestic animals increases the abundance of non-native species. Second, several other factors are known to affect the invasibility of a habitat, with disturbance intensity and composition of the resident vegetation particularly important (Alpert et al. 2000; Eschtruth and Battles 2009). We hence also evaluated the impact of these factors on non-native plant richness and especially focused on the role of forest versus non-forest vegetation, as forest interiors are commonly much more difficult to invade (Charbonneau and Fahrig 2004).

**Methods**

**Study region**

The study was conducted in five different protected areas (Tolhuaca National Park, Malalcahuello National Reserve, Huerquehue NP, Villarrica NP and Conguillio NP) in the region Araucanía in the south of central Chile, at elevations between 720 and 1910 m a.s.l. (Fig. 1). The climate in the lowlands of the region is temperate to temperate-Mediterranean and characterized by an average precipitation of 1850 mm and a mean annual temperature of 8.4 °C in Lonquimay (S38.45500°; W71.35583°), Luebert and Pliscoff 2006). The main natural vegetation types are, in the lower parts, forests of *Nothofagus alpina* followed by *N. dombeyi* dominated forests, and forests of *N. pumilio* and *Araucaria araucana* up to the tree line. Above the tree line, an open alpine vegetation of herbs and grasses is widespread (Luebert and Pliscoff 2006).

The bedrock of the region consists of volcanic materials such as basalts and, in some areas, plutonic granitites (Sernageomin 2003). Three of the five protected areas (Malalcahuello, Conguillio, Villarrica) host active volcanoes, which have a strong influence on vegetation dynamics at high elevations (Global Volcanism Program 1997, 2010, 2017). Another important disturbance factor in the region is fire (González et al. 2005). Especially Tolhuaca National Park was affected by a fire in 2015 which burned 60% of the park’s area, including the area along one of the sampled trails (Gonzalez and Lara 2015). Large scale anthropogenic disturbance and the introduction of non-native species in the region of the Araucanía started relatively late as it was up until early 1900s largely territory of the indigenous Mapuche. First constant settlements of non-indigenous people in the area were founded in the late nineteenth-century (Bengoa 2000).

The protected areas Tolhuaca, Malalcahuello, Huerquehue, Villarrica and Conguillio were founded in 1935, 1931, 1967, 1940 and 1950 (Supplementary Material 1, Table 3). Prior to their foundation, extraction of wood and pasturing was important in all of the parks. Nowadays, besides ongoing forest industry and livestock farming, tourism provides an important source of income for the local population around the protected areas (Montalba and Stephens 2014). In 2017, Tolhuaca, Huerquehue, Villarrica, Conguillio, Malalcahuello were visited by 8, 47, 61, 92, and 112 thousand visitors ( Corporación Nacional Forestal 2018).

**Sampling**

Field sampling took place in January and February 2018 and (with the exception of a few details, see below) followed the Mountain Invasion Research Network (MIREN) trail survey protocol (Supplementary Material 2) which is an adaptation of the MIREN road protocol (Seipel et al. 2012). In all protected areas we sampled along officially mapped and marked trails spanning at least 200 m of elevation, 17 trails in total (two in Tolhuaca and Huerquehue, three in Malalcahuello and Conguillio and seven in Villarrica). The elevation of the trails varied between 717 and 1910 m a.s.l. Trail width varied between 40 and 350 cm (an overview on the trails is provided in Supplementary Material 1, Table 4).

Sampling was done in transects set up every 50 m of elevation, beginning at the trail head and ending at the last transect at the highest point of the trail, i.e. the trail end. Each transect consisted of three plots with a size of 2 × 10 m forming a T-shape. The first plot was placed parallel to the trail in its immediate adjacency.
The second plot was established at a right angle to the trail, starting in the middle of the first one, thus 2 m away from the trail. The third plot spanned a distance of 12–22 m from the trail (Supplementary Material 1, Fig. 3). We did not include the 2 × 50 m plot along the trail edge in the MIREN T-trail survey scheme because this optional part of the survey is mainly thought to facilitate direct comparison of trail margins with roadsides which was not planned in our study. Moreover, omitting the 2 × 50 m plots allowed us to sample a higher number of transects.

In each protected area, we additionally sampled seven to ten sites along access routes for motorized traffic, camping grounds and parking spaces at low elevations of the protected area and its adjacencies. We purposefully selected sites with high richness of non-native species as these records should serve as ‘reference’ sites to determine the pool of non-native species at lower elevations. We used the same transect design as along the trails. In total, we sampled 735 10 × 2 m plots in 245 transects (202 along the trails and 43 in reference sites). As elevational distances between transects were fixed, transect numbers per trail varied between five and 24 (due to variation in elevational range among the trails).

In each plot of each transect, we identified all vascular plants, natives and non-natives, and estimated their ground cover at a scale from 0 to 8 (0 = 0%, 1 = 0–1%, 2 = 2–5%, 3 = 6–25%, 4 = 26–50%, 5 = 51–75%, 6 = 76–95%, 7 = 96–99%, 8 = 99–100%). This scale follows the MIREN survey protocol for roads (see e.g. Seipel et al. 2012) and accounts for the fact that observers tend to visually estimate extreme cover values more accurately than intermediate ones. Finer differentiation of low cover values is moreover useful when species, as the non-natives in the case of this study, are rare in almost all plots because it allows for a finer differentiation of the predominant low cover values. Additionally, we estimated the percentage cover of forest, of overall vegetation and of bare soil at the same scale and recorded the exact location, elevation and the walking distance from the trail head with a hand-held GPS-receiver. We further collected data on the trail width (in meters, as an indicator of disturbance intensity) and recorded the presence or absence of dung of domestic herbivores (i.e. cows and horses) as an indicator of trail use by such animals.

We classified the plant species recorded as native or non-native following the database of the Darwinian Institute (Instituto de Botánica Darwinion 2018; Fuentes et al. 2013).

Analyses

All analyses were conducted in R (R Core Team 2018).

We evaluated how complete we had sampled the regional lowland pool of non-native species along our reference site transects. We therefore used the first-order jackknife formula implemented in the specpool function of the vegan package (Oksanen et al. 2018). The formula estimates extrapolated species richness, and hence the number of species present but not observed, using the number of samples (= plots in this case) and the number of rare species in the observed pool as input parameters. The method provides a lower boundary of the true species pool size rather than an unbiased estimate (Chiu et al. 2014).

We used three different metrics to characterize the contribution of non-native plants to the communities sampled in each plot: (1) number of non-native species, (2) ratio of non-native and total species numbers (non-native/total richness), and (3) ratio of non-native species cover to total vegetation cover (non-native/total cover). The non-native/total species richness was calculated to account for differences in native species richness among sites, especially along the elevational gradient. We included the non-native/total cover as this metric may be particularly informative for the non-native species’ impact on the local plant community (Viïa et al. 2011). We calculated the non-native/total cover after transformation of the rank-scaled cover values sampled to the median percent cover values in each rank (“0”, “1”, “2”, “3”, “4”, “5”, “6”, “7”, and “8” to 0%, 0.5%, 3%, 15%, 37.5%, 62.5%, 85%, 97%, and 99.5%).

To test the hypotheses about the decrease of non-native species with increasing horizontal distance from the trail and from the lowland trail head we correlated the three different metrics to the respective data sampled: (1) namely a plot’s distance from the trail edge (henceforth called distance to trail), (2) its
walking distance from the trail head, and (3) its
elevation. Distance to trail was thereby indicated by
plot number within T-transect (1—immediately adja-
cent plot, 2—intermediate plot, 3—plot farthest away
from the trail), thus implicitly linearizing an assumed
non-linear distance decay. We further included four
additional predictor variables in our analyses which
should account for differential invasibility of resident
communities, trail use intensity, and trail usage by
livestock. With respect to invasibility we used forest
cover (in percent as above; cf. Charbonneau and
Fahrig 2004) and native species composition of
resident communities, indicated by the first two axes
of a PCA run on the percentage cover values of all
native species in all plots (prcomp function in R, cf.
Supplementary Material, Fig. 4). For indicating inten-
sity of use and livestock usage, we used trail width and
the presence or absence of domestic animal dung. The
metric predictors (transect elevation, distance from
trail head, distance to trail, forest cover, PCA1, PCA2,
and trail width) were scaled to a mean of zero and a
standard deviation of one to make coefficients of the
subsequent regression directly comparable.

Response and predictor variables were correlated
by means of generalized linear mixed effects models
using the glmer function of the lme4 package in R
(Bates et al. 2015). We assumed a Poisson family
distribution and used the standard log-link function to
model non-native species richness. For models of non-
native/total richness and cover ratios we used a
binomial distribution of the response with a logit-link
function. Among predictor variables, distance to trail
was included in all models. Elevation and distance
from trail head were highly correlated with each other
and could hence not be combined in one model. We
thus ran separate bi-variate models with only one of
these two variables (and distance to trail) included,
and then continued the analysis with the model that
had the lower Akaike Information Criterion (AIC). We
added the remaining predictors (trail width, forest
cover, and presence of dung) to this model, first alone
and then in all possible combinations of two. Only the
two PCA axes were just added as a pair and not as
separate variables because they conceptually charac-
terize only one feature of the sampled plots (native
species composition). We could not account for more
than four predictors in a model simultaneously as
parameter estimation procedures failed to converge
with more complex models. We used nested random

Results

We sampled 46 non-native species in the lowland
reference plots and 40 non-native species along the
trails. Extrapolating the lower boundary of real species
richness in the lowland source pool from the reference
plots resulted in an estimated lowland pool size of 53
non-native species. This is exactly the number of non-
native species that we sampled in total, i.e. in the
reference and trail plots in combination. As a corol-
larly, seven species were only found along the trails but
not in the lowland reference plots (Malalcahuello: 7 of
28, Conguillio: 1 of 2, Tolhuaca and Huerquehue: 2 of
17, and in Villarrica: 4 of 22). The average non-native
cover in the plots was 6.7%. The most commonly
found non-native species were Rumex acetosella,
Hypochaeris radicata, Taraxacum officinale and
Agrostis capillaris. A list of all non-native species
found along the trails, together with their frequency
and their average cover is provided in the Supplemen-
tary Material 1 (Table 5). In addition to the non-native
species we found 192 native species along the trails.
Five additional taxa, all of them rare, could not be identified to species level.

Which factors influence the distribution of non-native species along mountain trails?

Non-native species richness and the non-native/total richness ratio were best explained by a model with elevation, distance to trail, forest cover, and presence of livestock dung as predictors (Table 1, Fig. 2). Including elevation into the model generally resulted in better predictions of non-native species richness than including distance from the trail head. The addition of dung presence, forest cover and trail width improved model fit in all cases, with forest cover having a particularly strong impact on AICs. As models including trail width had higher AIC values than models including dung and forest cover, trail width was not included in the final (four-predictor) model.

The first two axes of a PCA of the native species cover in the recorded plots together explained 46% of the variance. The three most important species influencing the PCA axes were the trees *Nothofagus dombeyi* and *Nothofagus pumilio* and the bamboo *Chusquea quila* (Supplementary Material, Fig. 4). All three of these species are negatively correlated with one or both PCA axes. For non-native species richness and the non-native/total richness ratio, a model including these two axes as predictors in addition to elevation and distance to trail had a slightly higher AIC-value than the abovementioned best model including forest cover and dung instead. For non-native/total cover, in contrast, the model with PCA1 and PCA2 in addition to elevation and distance to trail was the one with the lowest AIC.

The effects of variables were consistent across all models which included the respective predictor: for all three metrics used, non-native species contribution to the vegetation of the recorded plots decreased with increasing elevation and increasing distance from the trail. Non-native species richness and the non-native/total richness decreased with forest cover and increased with presence of livestock dung. Non-native/total cover increased non-linearly along the PCA1 and PCA2 of native species composition (Fig. 2) and hence was negatively correlated with the abundance of *Nothofagus dombeyi*, *Nothofagus pumilio* and *Chusquea quila* in particular.

Conditional $R^2$-values varied between 0.56 and 0.7, and marginal $R^2$-values between 0.21 and 0.28 for the three models (Table 2). Contributions of individual predictor variables to marginal $R^2$-values were relatively consistent across response metrics. Elevation explained between 43 and 62% of the variance, distance to trail between 4 and 8%. Forest cover was highly important in the models of absolute and relative non-native species richness, explaining ~ 50% of the

### Table 1

| Predictors                        | Non-native species richness | Non-native/total richness | Non-native/total cover |
|----------------------------------|----------------------------|----------------------------|------------------------|
| Distance trail head + distance trail | 1349.2                     | 1213.9                     | 2305.4                 |
| Elevation + distance trail       | 1340.1                     | 1204.2                     | 2295.7                 |
| Elevation + trail width + distance trail | 1334.7                   | 1197.6                     | 2290.8                 |
| Elevation + dung + distance trail | 1332.9                     | 1196.3                     | 2288.9                 |
| Elevation + forest cover + distance trail | 1261.0                   | 1116.6                     | 2191.9                 |
| Elevation + trail with + dung + distance trail | 1331.9                   | 1194.2                     | 2290.2                 |
| Elevation + forest cover + trail width + distance trail | 1256.8                   | 1110.8                     | 2187.3                 |
| Elevation + PCA1 + PCA2 + distance trail | 1256.2                   | 1125.8                     | **2052.9**             |
| Elevation + forest cover + dung + distance trail | **1253.9**              | **1107.7**                 | 2184.4                 |

Only models with up to four predictors could be fitted. Distance to trail was included in all models. Elevation generally outperformed distance from trail head in otherwise identical models and these alternative models are hence only represented for the case of the most simple model structure (i.e. in combination with Distance to trail). The AIC of best models is indicated by bold font.
variance, while presence of dung explained 16% of the variance. In the model of non-native/total cover, the two PCA-axes together contributed about 60% to marginal $R^2$ (Table 2).

### Discussion

**Hiking trails as conduits of plant invasions**

Barros and Pickering (2014) has already discussed that hiking infrastructure may facilitate non-native species spread to higher elevations of the Andes by channeling both propagule transport and human disturbance in these mostly pristine areas. Here, we put this idea to a more systematic test. We expected that if hiking trails actually play such a role, (1) the non-native species along the trails should be a subset of the lowland source pool (2) the frequency of non-native species should be a function of distance from trail head or elevation, and (3) at each elevation, non-native species should become rarer with increasing distance from the trail margin. Our results corroborate all three of these expectations and hence support the idea that trails serve as conduits of plant invasion into mountainous areas, at least in the region studied. They also indicate, however, that the efficiency of these conduits is relatively moderate.

Classifying the role of hiking trails for plant invasions into mountains as only moderate is motivated by the comparison of our results with equivalent findings along mountain roads, especially with respect to how the incidence and abundance of non-native species relates to proximity to these infrastructures. In a global analysis, Seipel et al. (2012) have shown that in a model with elevation and distance from roads as predictors of non-native species numbers, distance from road accounted for 11% of the variation. In the models fit with our data, the equivalent variable, distance from the trail only explained between 4 and 8% of the variation. In other words, road margins contrast more clearly with the surrounding vegetation in terms of non-native species numbers than trail margins do. Trails may be less conducive to invasions for several reasons: first, hikers transport less seeds than vehicle traffic (Pickering and Mount 2010; Ansong and Pickering 2013a), and frequency of usage is lower, so that, in general both the likelihood and the number of dispersed propagules are lower. Second, natural vegetation is less intensively disturbed during construction and subsequent use of hiking trails, and

| Table 2 | Marginal and conditional $R^2$-values of the best models (selected via AIC, cf. Table 1) for non-native plant species richness, the non-native/total richness ratio, and the non-native/total cover ratio in vegetation plots sampled along hiking trails in southern central Chile |
|----------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| Marginal $R^2$ | 0.24 | 0.28 | 0.21 |
| Conditional $R^2$ | 0.65 | 0.56 | 0.7 |
| Elevation | 0.14 (61%) | 0.17 (61%) | 0.09 (44%) |
| Distance to trail | 0.01 (4%) | 0.02 (8%) | 0.02 (9%) |
| Forest cover | 0.12 (50%) | 0.14 (51%) | 0.04 (15%) |
| Dung | 0.04 (17%) | 0.04 (17%) | 0.04 (15%) |
| PCA 2 | | | |
| PCA 1 | | | |

The contribution of the individual fixed effects to marginal $R^2$-values was assessed by comparison with the respective univariate models. Note that the sum of contributions may be > 100% because part of the variance explained by the multiple model may be shared among two or more predictor variables.
the total area affected by these disturbances is smaller (Ballantyne and Pickering 2015). In particular, forest cover, which is also an important barrier to non-native colonization in our data, is not necessarily reduced by trails and may hence impede non-native species establishment even immediately adjacent to the trail. Third, in contrast to roads, most trails are constructed without adding material from distant sources such as gravel or sand (Newsome et al. 2013), which can contain seeds of non-native plants and potentially mediate their rapid dispersal from lower elevations. Finally, it may also be that non-native species are regionally less dependent on the human traffic infrastructure and associated disturbances because the native vegetation away from the trail is more invasible than in other parts of the world. Indeed, McDougall et al. (2018) reported that in Chile an unusually high proportion of non-native species from roadside plots is also present in the adjacent vegetation (see also Seipel et al. 2012). Reasons for this peculiarity are unclear but may include livestock grazing by domestic cattle which is widespread in the region (Pauchard and Alaback 2004, see below).

Directional ecological filtering

With a few exceptions, the species we found along the trails also occurred in the source pool reference plots at lower elevations. In addition, elevation explained most of the variance in richness and cover of non-native species in our data. These results mirror similar findings in the eastern Himalaya (Yang et al. 2018) and suggest that the major pathway of non-native species flow into the regional mountain areas goes via initial establishment in nearby lowlands, and subsequent spreading to higher elevations, e.g. as stowaways in the clothes, shoes or other mountaineering equipment of hikers (Whinam et al. 2005; Pickering and Mount 2010). Direct transport from one mountain to the other is apparently rare (Lembrechts et al. 2017). A decrease in non-native richness with elevation has been observed in many other studies and may have different reasons (Pauchard et al. 2009; Alexander et al. 2016; Steyn et al. 2017). First, both disturbance frequency and/or intensity and propagule pressure may decrease with increasing elevation due to lower human visitation frequency and/or sequential depletion of transported propagules. The elevational structure of non-native species distribution would hence mainly emerge because species need longer to arrive and establish at higher elevations, thus representing a non-equilibrium situation (cf. Kalwij et al. 2015). Second, climate gets harsher at higher elevations and hence likely filters species not able to withstand these conditions. As a corollary, the elevational structure would be driven by differences of species’ niches, representing an equilibrium situation (e.g. Steyn et al. 2017) which will, nevertheless, gradually change with climate warming (e.g. Rumpf et al. 2018). In our case, we assume that disturbance intensity from hiking is relatively similar along the entire length of the trails, as tourists usually hike the whole trail from start to finish. Moreover, trail width (a proxy for disturbance intensity) had only a comparatively low effect on non-native species distribution in our data in general. The relative impacts of climate versus propagule pressure are harder to disentangle. However, the fact that models including elevation explained non-native richness and cover better than models including distance from the trail head suggests that climate filtering does play a role. In addition, an exploratory analysis of Ellenberg indicator values (Ellenberg et al. 2010) of the subset of the non-native species with European origin (46 out of 53 non-native species in total) indicated that higher elevation plots tend to harbor species better adapted to cold conditions (results not shown). Quantifying the magnitude of this climatic effect in comparison with decreasing propagule pressure is, however, impossible with our data. Proper evaluation of this question requires experimental manipulation of propagule input (Lembrechts et al. 2016).

Other factors modifying non-native species distribution

As expected, the number and cover of non-native species in our data did not only depend on distance to trails and elevation, but was also affected by two additional factors: the presence of livestock, and the structure and composition of native plant communities. Like humans, domestic animals can serve as dispersal vector of non-native plant propagules (Hogan and Phillips 2011; Ansong and Pickering 2013b). Additionally, livestock grazing is an important disturbance factor that can considerably increase the invasibility of native plant communities (Hobbs 2001). A positive impact of domestic animals on
non-native plant occurrence and abundance has indeed already been reported in several studies (Chaneton et al. 2002; Parker 2006; Barros and Pickering 2014). Our own results are in line with these earlier findings: presence of livestock dung was positively correlated with the number of non-native species in the plots. Clarifying whether this correlation is rather due to the role of livestock as dispersal vector or as disturbance agent would again need targeted experimentation. However, as presence of dung is more strongly associated with non-native species numbers than distance to trail or trail width, our primary disturbance indicators, we suppose that transport of propagules by the animals is at least contributing to the relationship found.

In our models, the factor most strongly correlated with non-native species numbers, apart from elevation, was forest cover. Forest cover includes information on both the type of resident vegetation and, implicitly, on human or natural disturbance regimes. In the study area, the natural vegetation is supposed to be a mixed Nothofagus forest at low elevations, followed upslope by more open forests including Araucaria, and, finally, alpine vegetation above the timberline (Gajardo 1995). However, natural disturbance regimes, and in particular fire, constrain regional forest distribution (Veblen et al. 2008). In addition, the natural forests have partly been replaced by grasslands as a result of livestock grazing (Armesto 1998). Like in other mountain regions across the world (Pauchard et al. 2009), these disturbed and open areas, and especially the pastured grasslands, are now preferentially invaded by non-native species. Many of these non-native species are bound to meadows, pasture and other open vegetation in their native range (often Europe), too (Ellenberg et al. 2010). Hence they cannot cope well with the low light availability in intact Nothofagus or Araucaria forests. In addition, principal components of native species composition were related to non-native species cover. The native species most pronouncedly affecting the PCA and negatively correlated to non-native cover, Chusquea quila (a masting bamboo species), N. pumilio and N. dombeyi, are all indicators of intact natural forests. This result hence re-enforces the resistance of such forests to non-native species encroachment.

**Regional differences**

According to marginal R²-values our fixed effect predictors only explained 20–30% of the variation in non-native species richness and cover in our data. This moderate value may be due in part to measurement errors caused, for example, by the horizontal and vertical inaccuracy of hand-held GPS measurements, and hence elevation and distance from trail head values of individual sampling plots. However, the conditional R²-values (describing the variation explained by the fixed and the random factors, i.e. protected area, trails and transects) reached up to 70%, suggesting that macro- to microscale geographical variation was a main determinant of the differences in non-native species numbers and abundance in our data. Differences among protected areas may be the result of distinct landscape history, i.e. historical uses of the areas, the time passed since the protected area was established, and differences in management effort and efficiency. For trail identity, intensity of usage and the kind of use (hiking, horseback riding, mountain biking) may be as important as the distance from potential source pools in explaining the incidence and frequency of non-native plants (cf. e.g. Barros and Pickering 2014). Detailed information on these factors is, however, rarely available, and their relative effects hence had to remain pooled under ‘random effects’ in our models.

**Conclusions**

Our results indicate that a considerable number of non-native species has already colonized the montane protected areas of southern central Chile. Even if their impact does not equal the one of roads, hiking trails obviously played a role for their spread, especially if they were also used by livestock or pack animals. The contribution of non-native species to total vegetation cover is still low, especially at higher elevations, probably because some species are filtered by the harsher climatic conditions and others have not yet reached their potential distribution. With ongoing climate warming we can expect that both of these species groups will expand their regional ranges upward in the future as has already been shown in other mountain environments (Dainese et al. 2017; Lembrechts et al. 2017). Hiking trails will likely
continue to play a role as driver of this spread, especially as the number of mountaineers will probably further increase (Balmford et al. 2009). However, our results suggest that the way these trails are constructed and used can lower their efficiency as invasion conduits. In particular, trail construction could make use of the potential barrier effect that intact natural forests have on non-native plant spread, and the exclusion of domestic animals, either as livestock or as means of transport, could reduce both propagule pressure and disturbance related establishment odds. These measures may not fully prevent invasion, yet they will likely reduce the rate by which non-native plants will encroach into the still pristine mountain environments of southern Chile.

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