Gravitational-wave extraction from neutron-star oscillations: Comparing linear and nonlinear techniques

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The main aim of this study is the comparison of gravitational waveforms obtained from numerical simulations which employ different numerical evolution approaches and different wave-extraction techniques. For this purpose, we evolve an oscillating, nonrotating, polytropic neutron-star model with two different approaches: a full nonlinear relativistic simulation (in three dimensions) and a linear simulation based on perturbation theory. The extraction of the gravitational-wave signal is performed via three methods: the gauge-invariant curvature-perturbation theory based on the Newman-Penrose scalar $\psi_4$; the gauge-invariant Regge-Wheeler-Zerilli-Moncrief metric-perturbation theory of a Schwarzschild space-time; some generalization of the quadrupole emission formula.

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I. INTRODUCTION

The computation of the gravitational-wave emission from compact sources like supernova explosions, neutron-star oscillations, and the inspiral and merger of two compact objects (like neutron stars or black holes) is one of the most lively subjects of current research in gravitational-wave astrophysics. This goal may be pursued using different numerical approaches. That is, (i) solving the full set of coupled Einstein and matter equations; (ii) solving the linearized Einstein and matter equations around a fixed background, when such an approximation is valid. In the latter case, with the additional condition of spherical symmetry, the formalism we employ is based on a multipolar expansion and the computation of the gravitational waves directly follows from the knowledge of the perturbative metric multipoles $k_{\ell m}$, $\lambda_{\ell m}$, and $\psi_{\ell m}$. On the other hand, extracting gravitational waveforms from a space-time computed numerically in a given coordinate system is a highly nontrivial problem that has been addressed in various ways in the literature. In general, two routes have proven successful: (i) the gauge-invariant curvature-perturbation theory based on the Newman-Penrose [1] scalar $\psi_4$, and (ii) the Regge and Wheeler [2], Zerilli [3] theory of metric-perturbations of a Schwarzschild space-time, recast in a gauge-invariant framework following the work of Moncrief [4].

The aim of our study is the computation of the gravitational waveforms emitted by the very controlled system constituted by a nonrotating polytropic relativistic star that oscillates nonisotropically around its spherically symmetric equilibrium configuration because of an axisymmetric perturbation. Our aim is to follow two (complementary) calculation procedures. On one hand, we perform a full 3 + 1 numerical simulation of the system, i.e. we compute a numerical solution of the Einstein equations without approximations except those of the numerical method itself. Because of its generality, this approach allows us to analyze different physical regimes, in particular, the case in which the “perturbation” is not small and nonlinear effects can play a relevant role with important consequences on the waveforms. On the other hand, we follow a perturbative approach based on the assumption that the perturbation is “small.” If this is the case, one can (i) expand the metric around a fixed background (i.e. the Tolman-Oppenheimer-Volkoff solution), (ii) retain only the linear term of this expansion, and (iii) solve the linearized Einstein equations. In addition, since the star is nonrotating, one can factorize the angular dependence by means of a spherical-harmonic decomposition of the metric and matter fields, and, thus, only a 1 + 1 system of partial differential equations must be solved.

The present work has much in common with Refs. [5,6], where a comparison of different extraction techniques has been performed. Following the same inspiration of Ref. [6], we exploit perturbative computations to obtain “exact” waveforms to compare with the numerical-relativity–generated ones. As done in Ref. [5], we use an oscillating neutron star as a test-bed system, but we consider a wider range of possible wave-extraction techniques. Since there is a copious literature dealing with the problem of gravitational-wave extraction in numerical relativity, we prefer not to mention here the main bibliographic references, but rather to address the reader to the references in Refs. [5,6] and to the citations in the following text.

The article is organized as follows. In Sec. II, we describe the numerical time-evolution methods and the
gravitational-wave extraction techniques adopted. In Sec. III, we introduce our choice of initial data, and Sec. IV is devoted to the presentation of our results. Conclusions that can be drawn from our results are discussed in Sec. V.

Standard dimensionless units \( c = G = M_\odot = 1 \) and a spacelike signature \((-+, +, +, +)\) are used. Greek indices are taken to run from 0 to 3, Latin indices from 1 to 3, and we adopt the standard convention for the summation over repeated indices.

II. THE PHYSICAL SYSTEM AND ITS NUMERICAL EVOLUTION

In this section, we present the main elements of the two evolutionary approaches and discuss the three wave-extraction techniques mentioned in the introduction. In our investigation, we deal with the full set of Einstein equations

\[
G_{\mu\nu} = 8\pi T_{\mu\nu},
\]

coupled to a perfect fluid matter, with stress-energy tensor

\[
T_{\mu\nu} = \rho \left( 1 + e + \frac{p}{\rho} \right) u^\mu u^\nu + \rho g_{\mu\nu},
\]

where \( u^\mu \) is the fluid 4-velocity, \( p \) is the fluid pressure, \( e \) is the specific internal energy, and \( \rho \) is the rest-mass density, so that \( e = \rho(1 + e) \) is the energy density in the rest frame of the fluid and \( H = \rho(1 + e) + p \) is the relativistic specific enthalpy. The Einstein equations for the space-time must be supplemented by the relativistic hydrodynamics equations, namely, the conservation law for the energy-momentum tensor \( \nabla_\mu T^{\mu\nu} = 0 \), the conservation law for the baryon number \( \nabla_\mu (\rho u^\mu) = 0 \), and an equation of state (EOS) of the type \( p = p(\rho, e) \). For the purpose of this work, we restrict our attention to the polytropic (isoentropic) equation of state:

\[
p = K\rho^\Gamma, \quad e = \frac{K}{\Gamma - 1} \rho^{\Gamma - 1},
\]

with parameters \( K = 100 \) and \( \Gamma = 2 \).

A. PERBACCO: a general-relativistic 1D linear code

The PERBACCO (PerturBAtive Constrained Code) general-relativistic linear code that we employ in this work is a development of the one introduced in Refs. [7,8] and recently used in many studies [9–11]. This code is 1 + 1-dimensional and evolves, in the time domain, nonspherical, matter and metric linear perturbations of a spherical star. The equations that are solved are obtained, after a multipolar decomposition of the linearized Einstein equations, as the static-background case in the gauge-invariant and coordinate-independent formalism of perturbations of spherically symmetric space-times developed in Refs. [12–16]. We work explicitly in the Regge-Wheeler gauge. In this case, the full set of perturbation equations that we use is equivalent to that of Refs. [17,18].

The focus of this work is on even-parity perturbations only.\(^1\) Let us recall that Ref. [9] showed how the even-parity perturbation problem can be set up, and stably solved, using a constrained formulation of the perturbation equations. These equations, as well as their numerical solution, have been discussed several times in the literature [8–10]. Notably, common practice is that (i) one elliptic equation, the Hamiltonian constraint, namely, Eq. (7) of Ref. [10], is solved to obtain the perturbed conformal factor, \( \kappa_{\ell m} \); (ii) one hyperbolic equation, namely, Eq. (6) of Ref. [10], is used (only inside the star) to evolve the matter variable \( H_{\ell m} \) (i.e. the perturbation of the relativistic enthalpy); (iii) another hyperbolic equation, namely, Eq. (5) of Ref. [10], permits to obtain the nondiagonal, gauge-invariant metric degree of freedom (the one actually associated with gravitational radiation), \( \chi_{\ell m} \). After specification of initial data, the hyperbolic equations are solved with standard, second-order-convergent-in-time-and-space, finite-differencing algorithms (e.g. leapfrog or Lax-Wendroff). Consistently, the elliptic equation is discretized at second order in space and reduced to a tridiagonal linear system, which is then solved by inversion. For any given multipole, \((\ell, m)\), one solves the system of equations to obtain \( \chi_{\ell m} \) and \( k_{\ell m} \) as functions of time. Outside the star, one finally computes the Zerilli-Moncrief function as

\[
\Psi^{(e)}_{\ell m} = \frac{2(r - 2M)}{\Lambda[(\Lambda - 2)r + 6M]} \times \left[ \chi_{\ell m} - r \partial_r k_{\ell m} + \frac{r \Lambda + 2M}{2(r - 2M)} k_{\ell m} \right],
\]

where \( M \) is the stellar mass and \( \Lambda = \ell(\ell + 1) \). This function is directly connected to the \( h_+ \) and \( h_\times \) gravitational-wave polarization amplitudes (see Eq. (41) below) and it can be extracted from general-relativistic 3D codes; for this reason it will be the main object of our interest in the forthcoming discussion. Note that Eq. (4) also defines our normalization conventions and notation, that agree with those of Ref. [19].

B. CACTUS-CARPET-CCATIE-WHISKY: a general-relativistic 3D nonlinear code

We evolve a conformal-traceless \( “3 + 1” \) formulation of the Einstein equations \([20–23]\), in which the space-time

\(^1\)The metric perturbations of a spherically symmetric background space-time are divided in two classes, which are decoupled: the even-parity perturbation (also called electric because it is generated by the time variation of the mass multipole moments of the source), which transform as \((-1)^{\ell}\) under a parity transformation, and the odd-parity perturbation (also called magnetic because it is generated by the current multipole moments), which transform as \((-1)^{\ell+1}\).
is decomposed into three-dimensional spacelike slices, described by a metric $\gamma_{ij}$, its embedding in the full space-time, specified by the extrinsic curvature $K_{ij}$, and the gauge functions $\alpha$ (lapse) and $\beta^i$ (shift), that specify a coordinate frame (see Sec. II B 1 for details on how we treat gauges, and Ref. [24] for a general description of the $3+1$ split). The particular system which we evolve transforms the standard ADM variables as follows. The three-metric $\gamma_{ij}$ is conformally transformed via

$$
\phi = \frac{1}{12} \ln \det \gamma_{ij}, \quad \tilde{\gamma}_{ij} = e^{-4\phi} \gamma_{ij}
$$

and the conformal factor $\phi$ is evolved as an independent variable, whereas $\tilde{\gamma}_{ij}$ is subject to the constraint $\det \tilde{\gamma}_{ij} = 1$. The extrinsic curvature is subjected to the same conformal transformation and its trace $\text{tr} K_{ij}$ is evolved as an independent variable. That is, in place of $K_{ij}$ we evolve

$$
K = \text{tr} K_{ij} = g^{ij} K_{ij}, \quad \tilde{A}_{ij} = e^{-4\phi} \left( K_{ij} - \frac{1}{3} \delta_{ij} K \right),
$$

with $\text{tr} \tilde{A}_{ij} = 0$. Finally, new evolution variables

$$
\tilde{\Gamma}^i = \tilde{\gamma}^{ijk} \tilde{\Gamma}_{jk}^i
$$

are introduced, defined in terms of the Christoffel symbols of the conformal three-metric.

The Einstein equations specify a well-known set of evolution equations for the listed variables and are given by

$$
(\partial_t - L_\beta) \tilde{\gamma}_{ij} = -2\alpha \tilde{A}_{ij},
$$

$$
(\partial_t - L_\beta) \phi = -\frac{1}{6} \alpha K,
$$

$$
(\partial_t - L_\beta) \tilde{A}_{ij} = e^{-4\phi} \left[ -D_i D_j \alpha + \alpha (R_{ij} - 8\pi S_{ij}) \right] + \alpha \left( K \tilde{A}_{ij} - 2\tilde{A}_{ik} \tilde{A}^k_j \right),
$$

$$
(\partial_t - L_\beta) K = -D_i D_j \alpha + \alpha \left[ \tilde{A}_{ij} \tilde{A}^{ij} + \frac{1}{3} K^2 + 4\pi (\rho_{ADM} + S) \right],
$$

$$
\partial_i \tilde{\Gamma}^i = \tilde{\gamma}^{ijk} \partial_j \partial_k \beta^i + \frac{1}{3} \tilde{\gamma}^{ij} \partial_j \partial_k \beta^k + \beta^i \partial_j \tilde{\Gamma}^i - \Gamma^i_{jk} \partial_j \beta^i + \frac{2}{3} \tilde{\gamma}^{ij} \partial_j K - 8\pi \tilde{\gamma}^{ij} S_j,
$$

where

$$
\rho_{ADM} \equiv n_a n_\beta T^{a\beta}, \quad S_{ij} \equiv -\gamma_{ia} n_\beta T^{a\beta}, \quad S_{ij} \equiv \gamma_{ia} n_\beta T^{a\beta},
$$

and $n_a \equiv (-\alpha, 0, 0, 0)$ is the future-pointing four-vector orthonormal to the spacelike hypersurface, and $T^{a\beta}$ is the stress-energy tensor for a perfect fluid [cf. Eq. (2)]. The Einstein equations also lead to a set of physical constraint equations that are satisfied within each spacelike slice:

$$
\mathcal{H} = R^{(3)} + K^2 - K_{ij} K^{ij} - 16\pi \rho_{ADM} = 0,
$$

$$
\mathcal{M}^i = D_i (K^{ij} - \gamma^{ij} K) - 8\pi S^i = 0,
$$

which are usually referred to as Hamiltonian and momentum constraints. Here $R^{(3)} = R_{ij} \gamma^{ij}$ is the Ricci scalar on a three-dimensional time-slice. Our specific choice of evolution variables introduces five additional constraints:

$$
det \tilde{\gamma}_{ij} = 1,
$$

$$
\text{tr} \tilde{A}_{ij} = 0,
$$

$$
\tilde{\Gamma}^i = \tilde{\gamma}^{ijk} \tilde{\Gamma}_{jk}^i.
$$

Our code actively enforces the algebraic constraints (16) and (17). The remaining constraints, $\mathcal{H}$, $\mathcal{M}^i$, and (18), are not actively enforced and can be used as monitors of the accuracy of our numerical solution. See Ref. [25] for a more comprehensive discussion of the above formalism.

### 1. Gauges

We specify the gauge in terms of the standard Arnowitt-Deser-Misner (ADM) lapse function $\alpha$, and shift vector $\beta^i$ [26]. We evolve the lapse according to the “1 + log” slicing condition [27]:

$$
\partial_i \alpha - \beta^i \partial_i \alpha = -2\alpha (K - K_0),
$$

where $K_0$ is the initial value of the trace of the extrinsic curvature and equals zero for the maximally sliced initial data we consider here. The shift is evolved using the hyperbolic $\tilde{\Gamma}$-driver condition [25]:

$$
\partial_i \beta^i - \beta^j \partial_j \beta^i = \frac{3}{4} \alpha B^i,
$$

$$
\partial_i B^i - \beta^j \partial_j B^i = \partial_i \tilde{\Gamma} - \eta B^i
$$

where $\eta$ is a parameter which acts as a damping coefficient. The advection terms on the right-hand sides of these equations have been suggested in Refs. [28–30].

All the equations discussed above are solved using the CCATIE code, a three-dimensional finite-differencing code based on the Cactus Computational Toolkit [31]. A detailed presentation of the code and of its convergence properties have been recently presented in Ref. [32].
Mesh refinement is achieved through the CARPET code [33].

2. Evolution system for the matter

We solve the general-relativistic hydrodynamics equations with the WHISKY code [34–38]. An important feature of the WHISKY code is the implementation of a flux-conservative formulation of the hydrodynamics equations [39–41], in which the set of conservation equations for the stress-energy tensor $T^\mu{}\nu$ and for the matter current density $J^\mu = \rho u^\mu$, namely,

$$\nabla_\mu T^\mu{}\nu = 0, \quad \nabla_\mu J^\mu = 0, \quad (22)$$

is written in a hyperbolic, first-order and flux-conservative form of the type

$$\partial_t q + \partial_i f^{(i)}(q) = s(q), \quad (23)$$

where $f^{(i)}(q)$ and $s(q)$ are the flux vectors and source terms, respectively [42]. Note that the right-hand side (the source terms) does not depend on derivatives of the stress-energy tensor. Furthermore, while the system (23) is not strictly hyperbolic, strong hyperbolicity is recovered in a flat space-time, where $s(q) = 0$.

As shown by Ref. [40], in order to write system (22) in the form of system (23), the primitive hydrodynamical variables (i.e. the rest-mass density $\rho$, the pressure $p$ measured in the rest-frame of the fluid, the fluid three-velocity $v^i$ measured by a local zero-angular momentum observer, the specific internal energy $e$, and the Lorentz factor $W$) are mapped to the so-called conserved variables $q \equiv (D, S^i, \tau)$ via the relations

$$D \equiv \sqrt{\gamma} W \rho, \quad (24)$$

$$S^i \equiv \sqrt{\gamma} p H W^2 v^i, \quad (25)$$

$$\tau \equiv \sqrt{\gamma}(p HW^2 - p) - D. \quad (26)$$

Note that, in the case of a general EOS of the type $p = p(\rho, e)$ only five of the seven primitive variables are independent, furthermore, if one adopts—as we do in the present work—a simpler isentropic EOS of the type $p = p(\rho)$ where the specific energy ($e$) is fully determined by the rest-mass density ($\rho$), there is even one less independent variable. Namely, Eq. (26) becomes redundant and needs not be solved. No fundamental changes need be applied to the code, except that a simpler conversion scheme from conservative variables to primitive variables can be adopted [43,44].

In this approach, all variables $q$ are represented on the numerical grid by cell-integral averages. The functions that the $q$ represent are then reconstructed within each cell, usually by piecewise polynomials, in a way that preserves conservation of the variables $q$ [45]. This operation produces two values at each cell boundary, which are then used as initial data for the local Riemann problems, whose (approximate) solution gives the fluxes through the cell boundaries. A method-of-lines approach [46], which reduces the partial differential equations (23) to a set of ordinary differential equations that can be evolved using standard numerical methods, such as Runge-Kutta or the iterative Cranck-Nicholson schemes [46,47], is used to update the equations in time (see Ref. [48] for further details). The WHISKY code implements several reconstruction methods, such as total-variation-diminishing (TVD) methods, essentially-non-oscillatory (ENO) methods [49], and the piecewise parabolic method (PPM) [50]. Also, a variety of approximate Riemann solvers can be used, starting from the Harten-Lax-van Leer-Einfeldt (HLLE) solver [51], over to the Roe solver [52] and the Marquina flux formula [53] (see Ref. [38,48] for a more detailed discussion).

In this work, we always use a global second-order accurate scheme, where time evolution is performed using the iterative Cranck-Nicholson scheme with three substeps and with a Courant-Friedrichs-Lewy factor equal to 0.25. We always use the PPM method (that it is nominally third-order accurate, but in actual simulations usually shows at best second-order accuracy) for the reconstruction and the Marquina formula for the approximate fluxes. The employed finite differencing for the space-time evolution with the CCATIE code is fourth-order accurate. There are no particular reasons to prefer these schemes with respect to others used in the literature (like third-order Runge-Kutta methods for time evolutions), however, since in this work we have focused on comparing gravitational-wave-extraction methods rather than time-evolution methods, we decided to use the old-fashioned iterative Cranck-Nicholson scheme.

3. Treatment of the atmosphere

At least mathematically, the region outside our initial stellar models is assumed to be a perfect vacuum. Independently of whether this represents a physically realistic description of a compact star, the vacuum represents a singular limit of the Eqs. (24)–(26) and must be treated artificially. We have here followed a standard approach in computational fluid dynamics and added a tenuous “atmosphere” filling the computational domain outside the star. We treat the atmosphere as a perfect fluid governed by the same polytropic EOS used for the bulk matter, but having a zero coordinate velocity. Furthermore, its rest-mass density is set to be several (6 in the present case) orders of magnitude smaller than the initial central rest-mass density.

The evolution of the hydrodynamical equations in grid zones where the atmosphere is present is the same as the one used in the bulk of the flow. Furthermore, when the rest mass in a grid zone falls below the threshold set by the
atmosphere, that grid zone is simply not updated in time and the values of its rest-mass density and velocity are set to those of the atmosphere.

C. Gravitational-wave extraction in CACTUS-CARPET-CATIE-WHISKY

On a flat space-time, it is natural to express the waveform as a multipolar expansion in spin-weighted spherical harmonics of spin weight \( s = -2 \) as

\[
    h_+ - i h_\times = \sum_{\ell=2}^{\infty} \sum_{m=-\ell}^{\ell} h_{\pm\ell m} Y^{\ell m}(\theta, \phi). \tag{27}
\]

The problem of gravitational-wave extraction out of a space-time computed numerically amounts to computing, in a coordinate-independent way, the multipolar coefficients \( h_{\pm\ell m} \). Two routes are commonly followed in numerical-relativity simulations of astrophysical systems which do not involve matter (like binary black-hole coalescence). On one hand, one focuses on Weyl “curvature” waveforms [54], by extracting from the numerical space-time the Newman-Penrose scalar \( \psi_4 \), which is related to the second time derivative of \( (h_+, h_\times) \) (see below). The metric waveform (27) is then obtained from the curvature waveform via time integration. On the other hand, one can rely on the Regge-Wheeler [2] and Zerilli [3] theory of metric perturbations of Schwarzschild space-time, after recasting it in its gauge-invariant form according to Moncrief [4]. This allows us to compute the metric waveform directly from the numerical space-time. See also Refs. [19,55,56] for reviews and generalizations.

Moreover, if matter is involved, it is also possible to calculate the gravitational radiation emitted by the system by means of some (modified) Landau-Lifshitz quadrupole formula. The purpose of this section is to review the main elements of the three wave-extraction procedures, as an introduction to Sec. IV, where waveforms obtained via the different methods will be compared and contrasted.

1. Wave extraction via Newman-Penrose scalar \( \psi_4 \)

The use of Weyl scalars for wave-extraction purposes has become very common in numerical relativity and it has been successfully applied in current binary black hole (see Ref. [57] and references therein), binary–neutron-star [34], and mixed-binary [58] simulations.

Given a spatial hypersurface with a timelike unit normal \( n^\mu \) and a spatial unit vector \( r^\mu \) in the direction of the wave propagation, the standard definition of \( \psi_4 \) is the following component of the Weyl curvature tensor \( C_{\alpha\mu\beta\nu} \):

\[
    \psi_4 = -C_{\alpha\mu\beta\nu} \ell^\alpha \ell^\mu \ell^r \tilde{m}^\alpha \tilde{m}^\beta, \tag{28}
\]

where \( \ell^\mu = 1/\sqrt{2}(n^\mu - r^\mu) \) and \( m^\mu \) is a complex null vector (such that \( m^\alpha \tilde{m}_\alpha = 1 \)) that is orthogonal to \( r^\mu \) and \( n^\mu \). This scalar can be identified with gravitational radiation if a suitable frame is chosen at the extraction radius. On a curved space-time there is considerable freedom in the choice of the vectors \( r^\mu \) and \( m^\mu \), and different researchers have made different choices, which are all equivalent in the \( r \to \infty \) limit (see for example [59] and references therein). We define an orthonormal basis in the three-space \( (\hat{e}_r, \hat{e}_\theta, \hat{e}_\phi) \), centered on the Cartesian origin and oriented with poles along the z axis. The normal to the slice defines a timelike vector \( \hat{e}_r \), from which we construct the null frame

\[
    l = \frac{1}{\sqrt{2}}(\hat{e}_t - \hat{e}_r), \quad n = \frac{1}{\sqrt{2}}(\hat{e}_t + \hat{e}_r), \quad m = \frac{1}{\sqrt{2}}(\hat{e}_\theta - i \hat{e}_\phi). \tag{29}
\]

We then calculate \( \psi_4 \) via a reformulation of Eq. (28) in terms of ADM variables on the slice [60],

\[
    \psi_4 = C_{ij} \tilde{m}^i \tilde{m}^j, \tag{30}
\]

where

\[
    C_{ij} = R_{ij} - KK_{ij} + K^k_i K_{kj} - i e^j \partial_i \partial_k K^i j. \tag{31}
\]

The gravitational-wave polarization amplitudes \( h_+ \) and \( h_\times \) are related to \( \psi_4 \) by [61]

\[
    \tilde{h}_+ - i \tilde{h}_\times = \psi_4. \tag{32}
\]

It is then convenient to expand \( \psi_4 \) in spin-weighted spherical harmonics of weight \( s = -2 \) as

\[
    \psi_4(t, r, \theta, \phi) = \sum_{\ell=2}^{\infty} \sum_{m=-\ell}^{\ell} \psi_4^{\ell m}(t, r) Y^{\ell m}(\theta, \phi), \tag{33}
\]

so that the relation between \( \psi_4^{\ell m} \) and the metric multipoles \( h^{\ell m} \) becomes

\[
    h^{\ell m}(t, r) = \psi_4^{\ell m}(t, r). \tag{34}
\]

\( h^{\ell m}(t, r) \) is then the double indefinite integral of \( \psi_4^{\ell m}(t, r) \), which we numerically compute (after multiplying both sides by \( r \)) as

\[
    r \tilde{h}^{\ell m}(t, r) \equiv \int_0^t dt' \int_0^r dr' r \psi_4^{\ell m}(t', r), \tag{35}
\]

which results in

\[
    r \tilde{h}^{\ell m}(t, r) = r \tilde{h}^{\ell m}(0, r) + Q_0 + t Q_1, \tag{36}
\]

where the integration constants \( Q_0 \) and \( Q_1 \) are explicitly written. They can be determined from the data themselves and their physical meanings are \( Q_0 = r \tilde{h}^{\ell m}(0, r) \) and \( Q_1 = r \tilde{h}^{\ell m}(0, r) \).

This is not the end of the story yet. The equations discussed so far refer to a signal extracted at a finite value of \( r \), while one is interested in computing \( \psi_4^{\ell m}(t, r) \) at spatial infinity. It is imaginable that in the computed values of \( \psi_4^{\ell m}(t, r) \) there may be an offset, dependent on the extraction radius; that is, \( \psi_4^{\ell m} \) at spatial infinity should be written...
as

\[ r \psi^m_4(t) = r \psi^m_4(t, r) + 2Q_2(r), \]  

(37)

where \( \psi^m_4(t, r) \) is the scalar extracted at a finite radius \( r \) and \( 2Q_2(r) \) is an offset function, that takes into account (in an additive way) the effects of the extraction at a finite radius. The time integration of this offset generates an additional term that is quadratic in time, so that the final result for \( rh^m(t) \) is

\[ rh^m(t) = rh^m(t, r) + Q_0 + Q_1 t + Q_2(r)t^2. \]  

(38)

The term \( Q_2(r) \) should tend to zero when the extraction radius goes to infinity. We checked that this is the case for the results of our simulations (see Sec. IV C and Fig. 10).

Various ways of fixing the two integration constants \( Q_0 \) and \( Q_1 \) have been discussed in the literature about coalescing binary black-hole systems [32,62–64]. In particular, in Appendix A of Ref. [64] the following procedure was proposed: (i) integrate the curvature waveform twice forward in time (starting from \( t = 0 \) and including the initial burst of radiation due to the initial-data setup) and (ii) subtract the linear-in-time offset present in there. This simple procedure led to an accurate metric waveform which exhibited the correct circular polarization behavior. A similar line was also followed in Ref. [62], where it was pointed out that in some situations (e.g. close extraction radius, higher multipoles) one needs to subtract a general polynomial in \( t \), consistently with our Eq. (38).

2. Abrahams-Price metric wave-extraction procedure

The wave-extraction formalism based on the perturbation theory of a Schwarzschild space-time was introduced by Abrahams and Price [65] and subsequently employed by many authors [66–69].

The assumption underlying this extraction method is that, far from the strong-field regions, the numerical space-time can be well approximated as the sum of a spherically symmetric Schwarzschild “background” \( g^0_{\mu \nu} \) and a nonspherical perturbation \( h_{\mu \nu} \). Even if based on the gauge-invariant formulation of perturbations due to Moncrief [4], the standard implementation [65] of this approach is done by fixing a coordinate system (Schwarzschild coordinates) for the background. As usual, the spherical symmetry\(^2\) of \( g^0_{\mu \nu} \) allows one to eliminate the dependence on the angles \((\theta, \phi)\) by expanding \( h_{\mu \nu} \) in (tensor) spherical harmonics, i.e. seven even-parity and three odd-parity multipoles. The multipolar expansion explicitly reads

\[ g_{\mu \nu}(t, r, \theta, \phi) = g^0_{\mu \nu} + \sum_{\ell=2}^{\infty} \sum_{m=-\ell}^{\ell} \left[ (h^{\ell m}_{\mu \nu})^{(e)} + (h^{\ell m}_{\mu \nu})^{(o)} \right]. \]  

(39)

The metric multipoles \((h^{\ell m}_{\mu \nu})^{(e/o)}\) (and their derivatives) can be combined together in two gauge-invariant master functions, the even-parity (Zerilli-Moncrief) \( \Psi^{(e)}_{\ell m} \) [see Eq. (4) above] and the odd-parity (Regge-Wheeler) \( \Psi^{(o)}_{\ell m} \). These two master functions satisfy two decoupled waveequations with a potential.\(^3\) Finally, in a radiative coordinate system we have

\[ h^{\ell m} = \frac{N_\ell}{r} (\Psi^{(e)}_{\ell m} + i\Psi^{(o)}_{\ell m}), \]  

(40)

where \( N_\ell = \sqrt{(\ell + 2)(\ell + 1)\ell(\ell - 1)} \).

Note that the use of Schwarzschild coordinates for the background metric is not at all necessary and more general wave-extraction frameworks exist. In particular, Sarbach and Tiglio [56] and Martel and Poisson [55] have shown that there exists a generalized formalism for perturbations that is not only gauge invariant (i.e. invariant under infinitesimal coordinate transformation), but also coordinate independent, in the sense that it is invariant under finite coordinate transformations of the \( M^2 \) Lorentzian submanifold of the background. Since in a numerical-relativity simulation the gauge depends on time, one is a priori expecting that the gauge fixing of the background may introduce systematic errors. For the odd-parity case, Ref. [6] has shown that this is indeed the case for the particular physical setting represented by the scattering of a Gaussian pulse of gravitational waves on a Schwarzschild black hole in Kerr-Schild coordinates (see Ref. [70] for the even-parity case). In this work, we present results obtained using the “standard” Moncrief formalism. A comprehensive discussion of results obtained via the generalized formalism will be presented elsewhere [71].

3. Landau-Lifshitz quadrupole-type formula

In the presence of matter, it is sometimes convenient to extract gravitational waves using also some kind of (improved) Landau-Lifshitz “quadrupole” formula. Although this formula is not gauge invariant, this route has been followed by many authors with different degrees of sophistication [5,72–75], to give well-approximated waveforms [5]. For the sake of completeness, let us review how this quadrupole formula came into being, as the first contribution in a multipolar expansion, and let us express it in the convenient form of \( h^{\ell m} \), as outlined above. The basic reference of the formalism is a review by Thorne [76]; most of the useful formulas of this review have been collected by Kidder [77], who condenses and summarizes

\(^2\)That is, the background 4-manifold \( M \) can be written as \( M = M^2 \times S^2 \), where \( M^2 \) is a two-dimensional Lorentzian manifold and \( S^2 \) is the unit two-sphere.

\(^3\)The equations are just approximately satisfied on the extracted background.
the gravitational-wave-generation formalism developed in Refs. [78,79].

Following Ref. [77], we recall that Eq. (40) can be derived in all generality by (i) decomposing the asymptotic waveform \( h_{ij}^{TT} \) into two sets of symmetric trace-free (STF) radiative multipole moments (to be related later to the matter multipole moment of the source in the near-zone) called \( U_L \) and \( V_L \), where a capital letter for an index denotes a multi-index (i.e. \( U_L = U_{ij\ldots\ell} \); (ii) projecting the STF-decomposed \( h_{ij}^{TT} \) along an orthonormal triad that corresponds to that of the spherical coordinate system. In the same notation of Ref. [77], Eq. (40) reads

\[
\int_{L}^{m} = \frac{1}{\sqrt{2\pi}} (U_{L} - i V_{L}),
\]

where the mass multipole moments \( U_{L} \) and current multipole moments \( V_{L} \) are related to their STF counterparts by

\[
U_{L} = \frac{16\pi}{(2\ell+1)} \sqrt{\frac{(\ell+1)(\ell+2)}{2\ell(\ell-1)}} U_{L}^{m*}, \tag{42}
\]

\[
V_{L} = -\frac{32\pi \ell}{(2\ell+1)} \sqrt{\frac{\ell+2}{2(\ell+1)(\ell-1)}} V_{L}^{m*}, \tag{43}
\]

where \( Y_{L}^{m} \) are the STF spherical harmonics. These functions form a basis of the \((2\ell+1)\)-dimensional vector space of STF \( \ell \)-tensors; they are related to the scalar spherical harmonics by

\[
Y_{L}^{m} = Y_{L}^{m} N_{L}, \tag{44}
\]

where \( N_{L} \) is a component of the unit radial vector. The expanded form of the STF \( Y_{L}^{m} \) is given in Refs. [76,80] (see also Eq. (A6a) of Ref. [78]). In the post-Newtonian (PN) wave-generation formalism of Refs. [78,79], one can relate in a systematic manner the radiative multipole moments (\( U_{L} \), \( V_{L} \)) to a set of six STF source moments (\( I_{0}, J_{0}, W_{0}, X_{L}, Y_{L}, Z_{L} \), which can be computed from the stress-energy pseudotensor of the matter and of the gravitational field of the source. A set of two canonical source moments (\( M_{L}, S_{L} \)) can be computed as an intermediate step between the source moments and the radiative moment. Two of the source moments, the mass moments \( I_{0} \) and the current moment \( J_{0} \) are dominant, while the others only make a contribution starting at 2.5 PN order and we neglect them here. In a first approximation (i.e. neglecting the nonlinear “tail-interactions” as well as higher-order nonlinear interactions), the \( L \)-th radiative moment is given by the \( \ell \)-th time derivative of the canonical moments as

\[
U_{L} = I_{L}^{(\ell)} + O(\varepsilon^{5/2}), \tag{45}
\]

\[
V_{L} = J_{L}^{(\ell)} + O(\varepsilon^{5/2}), \tag{46}
\]

where \( \varepsilon \sim (\nu/c)^{2} \) indicates some PN ordering parameter of the system. As a result, the computation of \( U_{L} \) and \( V_{L} \) is straightforward. As an example (that will be used in the following), let us focus on the \( \ell = 2 \) moments of a general astrophysical system with equatorial symmetry. In this case, the \((2, 1)\) moment is purely odd-parity, while the \((2, 0)\) and \((2, 2)\) are purely even-parity. Straightforward application of what we have reviewed so far gives

\[
h_{20} = \frac{1}{r} \sqrt{\frac{24\pi}{5}} \left( \frac{1}{3} \text{Tr}(\tilde{J}) \right), \tag{47}
\]

\[
h_{21} = -\frac{i}{r} \sqrt{\frac{128\pi}{45}} \left( \tilde{J}_{xz} - i \tilde{J}_{yz} \right), \tag{48}
\]

\[
h_{22} = \frac{1}{r} \sqrt{\frac{4\pi}{5}} \left( \tilde{J}_{xx} - 2i \tilde{J}_{xy} - \tilde{J}_{yy} \right). \tag{49}
\]

In the harmonic gauge, in the case of small velocity and negligible internal stresses (i.e. in the Newtonian limit) one has \( I_{ij} = \int d^{3}x \rho \phi_{ij} \) and \( J_{ij} = \int d^{3}x \rho \phi_{ij} \). The 1 PN corrections to the mass quadrupole have been computed in Ref. [81]. Recently, Ref. [82] included 1 PN correction, using an effective 1 PN quadrupole moment, in the gravitational-wave-extraction procedure from supernova core-collapse simulations. As a complementary approach, Ref. [5] proposed to “effectively” take into account possible general-relativistic corrections by inserting in Eqs. (47)–(49) the following effective “quadrupole moment” defined in terms of the “coordinate rest-mass density” \( \rho_{s} \equiv \alpha \sqrt{\gamma} u^{0} \rho \),

\[
I_{ij} = \int d^{3}x \rho_{s} \phi_{ij} \tag{50}
\]

This presents some very useful properties: (i) it is of simple implementation and (ii) from the continuity equation \( \partial_{\nu} \rho_{s} + \partial_{\nu} (\rho_{s} u^{\nu}) = 0 \), one can analytically compute the first time-derivative of the quadrupole moment, so that only one numerical time-derivative needs to be evaluated. The last property is extremely important; in fact, on data computed via a second-order accurate numerical scheme it is not possible to calculate noise-free third derivatives, which are needed for the gravitational-wave luminosity. The accuracy of a scheme based on Eq. (50) has been tested in Ref. [5] in the case of neutron-star oscillations and was subsequently used by various authors to estimate the gravitational-wave emission in other physical scenarios. See, for example, Refs. [35,74,83,84]. In order to get some more insight on the accuracy of possible “generalized” standard quadrupole formulas (SQFs), we have tried the strategy exploited in Ref. [85], namely, to test some pragmatic modifications of the quadrupole formula and to check which one is closer to the actual gravitational waveform. In practice, we start with a sort of generalized quadrupole moment of the form
where now, instead of the “matter density,” we use the following generalized effective densities $q$:

\[
\text{SQF } q := \rho, \\
\text{SQF 1 } q := a^2 \sqrt{\gamma} T^{00}, \\
\text{SQF 2 } q := \sqrt{\gamma} W \rho, \\
\text{SQF 3 } q := u^0 \rho = \frac{W}{\alpha} \rho. \tag{55}
\]

We do not think that any of the “quadrupole formulas” obtained using these generalized quadrupole moments should be considered better than the others. Note that none of them is gauge invariant and, indeed, the outcome will change if one is considering isotropic or Schwarzschild-like coordinates. These formulas were widely used in the literature and the main purpose of the comparison among Eqs. (52)–(55) is to give an idea of the kind of information that can be safely assessed using them. We will comment more on that in the discussion in the following Sec. IV E.

III. INITIAL DATA

As a representative model for a neutron star, we choose a model described by a polytropic EOS [Eq. (3)] with $\Gamma = 2$, $K = 100$, central rest-mass density $\rho_c = 1.28 \times 10^{-3}$ and so with rest mass $M \approx 1.4$. This model has been widely used in the literature and it is known as model A0 in Ref. [86]. Some of its equilibrium properties are listed in Table I.

A. Fluid-perturbation setup

In both the linear and nonlinear codes, setting up the initial data amounts to (i) solving the Tolman-Oppenheimer-Volkov (TOV) equations to construct the equilibrium configuration; (ii) fixing an axisymmetric pressure perturbation; and (iii) solving the linearized constraints for the metric perturbations. We rewrite the perturbative equations in terms of enthalpy perturbations because it is more convenient.

We set up the initial pressure perturbation as an axisymmetric multipole:

\[
J_{ij}[q] = \int d^3x q x_i x_j, \tag{51}
\]

and then one is free to specify a profile for the relativistic enthalpy $H_{i0}(r)$. Actually we limit our study to $\ell = 2$ (quadrupole) perturbations. Since we aim at a comparison between waveforms and not at exploring the physics of the process of neutron-star oscillations, for our purpose the best system is represented by a star oscillating precisely at one frequency, i.e. such that $H_{i0}(r)$ corresponds to an eigenfunction of the star. We set a profile of $H_{i0}(r)$ that excites, mostly, the $f$ mode of the star (with a small contribution from the first overtone). In general, as suggested in Ref. [8], an “approximate eigenfunction” for a given fluid mode can be given by setting

\[
H_{i0} = \lambda \sin \left[ \frac{(n + 1) \pi r}{2R} \right]. \tag{57}
\]

where $n$ is an integer controlling the number of nodes of $H_{i0}(r)$, $\lambda$ is the amplitude of the perturbation, and $R$ is the radius of the star in Schwarzschild coordinates. The case $n = 0$ has no nodes (i.e. no zeros) for $0 < r \leq R$; as a result, the $f$ mode is predominantly triggered (as in Ref. [8]) and the $p$-mode contribution is negligible. If $n = 1$, the $f$ mode is still dominant, but a non-negligible contribution of the $p_1$ mode is present. If $n = 2$, in addition to the fundamental and the first pressure modes also the $p_2$ mode is clearly present in the signal. For higher values of $n$ more and more overtones are excited.

In the following, we use the same setup, Eq. (57), to provide initial data in both the linear and nonlinear codes. Correspondingly, the computation of $\delta p$ is needed to get a handle on the magnitude of the deviation from sphericity. The best indicator is given by the ratio $\delta p / p_c$, where $p_c$ is the central pressure of the star. Figure 1 displays the profile of $\delta p / p_c$, at the pole and at the equator, as a function of the Schwarzschild radial coordinate $r$ for $\lambda = \lambda 0 = 0.001$. For simplicity, we consider only $n = 0$ perturbations, with four values for the amplitude, namely $\lambda = [0.001, 0.01, 0.05, 0.1]$, in order to see, in the 3D code, how the transition from linear to nonlinear regime occurs. Maxima and minima of the initial pressure perturbation for the different values of the initial perturbation amplitude $\lambda$ can be found in Table II.

B. Metric-perturbation setup: the 1D linear code

Let us turn now to discuss the implementation of Eq. (57) in the two codes and the corresponding treatment of the related initial metric perturbation. As discussed in Refs. [12,15], the even-parity metric perturbation of a general (nonstatic) spherically symmetric space-time is described by 3 degrees of freedom ($k_{lm}$, $\chi_{lm}$, and $\psi_{lm}$) that are the solution of three coupled partial differential equations. On the static TOV background, only $k_{lm}$ and $\chi_{lm}$ are independent degrees of freedom of the gravitational field, and their evolution equations are decoupled.
from that of $\psi_{\ell m}$, which can be obtained at every time step once $\chi_{\ell m}$ and $k_{\ell m}$ are known. The recovery of $\psi_{\ell m}$ from $\chi_{\ell m}$ and $k_{\ell m}$, that is needed in the 3D case, will be explicitly discussed in Sec. III C below. By contrast, for the 1D implementation one only needs to specify initial data for $\chi_{\ell m}$, $k_{\ell m}$, and their time derivatives. This is accomplished by solving the constraints under a number of assumptions related to the physics that we want to investigate. First of all, we consider only axisymmetric perturbations ($m = 0$) and we restrict ourselves to the dominant quadrupole mode ($\ell = 2$). Then, since in this work we are not interested in $w$-mode excitation, we impose the conformally flat condition ($\chi_{20} = 0$) (see Refs. [9, 10] for details). With these hypotheses, we solve the Hamiltonian constraint, namely, Eq. (7) of Ref. [10], for $k_{20}$. This is done on a grid $r \in [0, r_{\text{max}}]$, with $r_{\text{max}} \gg R$ and with boundary condition $k_{20} = 0$ at $r = 0$ and at $r = r_{\text{max}}$. We impose $k_{20} = \dot{\chi}_{20} = 0$ for simplicity, but we are aware that this is inconsistent with the condition that $H_{20} \neq 0$ initially and thus the momentum constraints should also be solved. However, since the effect is a small initial transient in the waveforms that quickly washes out before the quasiharmonic oscillation triggered by the perturbation $H_{20}$ sets in, we have decided to maintain the initial-data setup simple. Figure 2 synthesizes the information about the initial data. The top panel shows (as a solid line) the profile of $k_{20}$ (versus Schwarzschild radius) corresponding to the perturbation $\lambda = \lambda_0$ of Table II; the bottom panel shows (as a solid line) the initial profile of the Zerilli-Moncrief function $\Psi_{20}^{(0)}$ outside the star.

C. Metric-perturbation setup: the 3D nonlinear code

In the 3D code we setup the same kind of initial condition as in the 1D code, but the procedure is more complicated as one needs to reconstruct the full 3D metric on the Cartesian grid. In addition, the main difference with respect to the 1D case is that the perturbative constraints are expressed using a radial isotropic coordinate $\tilde{r}$ instead of the Schwarzschild-like radial coordinate $r$. This is done because $\tilde{r}$ is naturally connected to the Cartesian coordinates in which the code is expressed, i.e. $\tilde{r} = \sqrt{x^2 + y^2 + z^2}$. The initialization of the metric in the 3D case has to follow four main steps: (i) The perturbative constraints are solved; (ii) The multipolar metric components are added to the unperturbed background TOV metric; (iii) The resulting metric is written in Cartesian coordinates; (iv) It is interpolated on the Cartesian grid.

Let us then recall some useful formulas. At the background level, the TOV metric in isotropic coordinates reads

$$ds_0^2 = -e^{2a}dt^2 + e^{2b}(dr^2 + \tilde{r}^2 d\Omega^2),$$

where $d\Omega = d\theta^2 + \sin^2 \phi^2$. The relations between the Schwarzschild and isotropic radial coordinates in the exterior are given by

$$r = \tilde{r} \left( 1 + \frac{M}{2\tilde{r}} \right)^2,$$

$$\tilde{r} = \frac{1}{2} \sqrt{r^2 - 2Mr + r - M},$$

and in the interior by

$$r = \tilde{r} e^{2b(r)}.$$

$$\tilde{r} = Cr \exp \left[ \int_0^r dx \frac{1 - \sqrt{1 - 2m(x)/x}}{x\sqrt{1 - 2m(x)/x}} \right],$$

where

$$C = \frac{1}{2R} \left( \sqrt{R^2 - 2MR} + R - M \right) \times \exp \left[ - \int_0^R dx \frac{1 - \sqrt{1 - 2m(x)/x}}{x\sqrt{1 - 2m(x)/x}} \right].$$

In terms of the isotropic radius, the perturbative Hamiltonian constraint explicitly reads

![Figure 1](image-url)
\((\chi_{\ell m}, k_{\ell m}, \psi_{\ell m})\) must be inserted in the explicit expression of the (even-parity) metric perturbation

\[
\delta s_{\ell m}^2 = [(\chi_{\ell m} + k_{\ell m})e^{2\alpha} - 2\psi_{\ell m}e^{a+b}dtd\bar{r}
+ e^{2b}[\chi_{\ell m} + k_{\ell m}d\bar{r}^2 + r^2k_{\ell m}d\Omega^2]Y_{\ell m}. \quad (65)
\]

In the absence of azimuthal and tangential velocity perturbations, in Schwarzschild coordinates and in the Regge-Wheeler gauge, from the momentum-constraint equation, namely, Eq. (95) of Ref. [12], one obtains

\[
\psi_{\ell m, r} = -\frac{2[m(r) + 4\pi r^3 p(r)]}{r - 2m(r)} \psi_r,
\]

which, once solved, gives

\[
\psi_{\ell m}(r) = \tilde{C} \exp \left[- \int_0^r dx \frac{2[m(x) + 4\pi x^3 p(x)]}{x - 2m(x)} \right]. \quad (67)
\]

The requirement \(\psi_{\ell m} \to 0\) for large \(r\), like for \(k_{\ell m}\), implies \(\tilde{C} = 0\); therefore, the metric perturbation is given by Eq. (65) with \(\psi_{\ell m} = \chi_{\ell m} = 0\). The full metric in isotropic coordinates is obtained as \(ds^2 = d\tilde{s}_0^2 + \delta \tilde{s}_{\ell m}^2\). This metric is transformed to Cartesian coordinates and then it is linearly interpolated onto the Cartesian grid used to solve the coupled Einstein-matter equations numerically. To ensure a correct implementation of the boundary conditions (i.e. \(k_{\ell m} \to 0\) when \(\tilde{r} \to \infty\)), the isotropic radial grid used to solve Eq. (64) is much larger (\(\tilde{r} > 3000\)) than the corresponding Cartesian grid (\(\tilde{r} \sim 208\)), and the spacing is much smaller.

One proceeds similarly for the matter perturbation: From a given profile for \(H_{\ell m}(r)\), the pressure perturbation \(\delta p(r, \theta)\) is computed and from this the total pressure is given by \(p + \delta p\). This is interpolated on the Cartesian grid to finally obtain the vector of the conserved hydrodynamics variables \((D, S', \tau)\).

The consistency of the initial-data setup procedure in both the PERBACCO 1D linear code and in the CACTUS-CARPET-CCATIE-WHISKY 3D nonlinear code is highlighted in Fig. 2. The top panel of the figure compares the profiles of \(k_{20}\) in the 1D case (solid line) and in the 3D case (dashed line) for \(\lambda = \Lambda 0\) and \(n = 0\). The small differences are related to a slightly different location of the star surface in the two setups and to the different resolution of the grids. The bottom panel of Fig. 2 contrasts the Zerilli-Moncrief functions \(\Psi_{20}^{(2)}\) from the 1D code (solid lines) with those extracted (at \(t = 0\)) from the numerical 3D metric (dashed lines). For all initial conditions, the curves show good consistency.

\[\text{IV. RESULTS}\]

The presentation of our results is organized in the following way: in Sec. IVA, we focus first on radial oscillations, that are always present due to numerical discretization error. Then we concentrate on nonradial
stellar oscillations and we compare the 1D and 3D metric waveforms (Sec. IVB) and curvature waveforms (Sec. IV C). In Sec. IVD, we discuss advantages and disadvantages of these two wave-extraction techniques. Finally, we discuss the use of quadrupole-type formulas in Sec. IV E, while Sec. IV F is devoted to the analysis of nonlinear couplings between oscillation modes.

A. Radial oscillations

The unperturbed configuration A0 has been stably evolved for about 20 ms. The numerical 3D grid used for this simulation is composed of two concentric cubic boxes with limits [−32, 32] and [−16, 16] in all the three Cartesian directions. The boxes have resolutions Δxyz = 0.5 and 0.25, respectively; bitant symmetry, i.e. the z < 0 domain is copied from the z > 0 domain instead of being evolved, was imposed as a boundary condition in order to save computational time.

The truncation errors of the numerical scheme trigger (physical) radial oscillations of (mainly) the fundamental mode F and the first overtones. We have checked that these frequencies agree with those computed evolving the radial pulsation equation with the perturbative code. This comparison is shown in Table III. We note in passing that our pulsation equation with the perturbative code. This comparison is shown in Table III. We note in passing that our

| Table III. Frequencies of the fundamental radial mode of model A0. |
|---|
| n | Perturbative [Hz] | 3D [Hz] | Difference [%] |
| 0 | 1462 | 1466 | 0.3 |
| 1 | 3938 | 3935 | 0.1 |
| 2 | 5928 | 5978 | 0.8 |

B. Nonradial oscillations: comparing 1D and 3D metric waveforms

Let us now turn to the discussion of nonspherical oscillations and to the related extraction of waveforms from 1D and 3D simulations. We consider a star perturbed with an ℓ = 2, H(r) profile with n = 0, according to the procedure outlined in Sec. III. This system is evolved separately with the two codes and the related gravitational waveforms are compared.

We focus first on the discussion of the outcome of the 1D linear code. We accurately performed very long simulations, whose final time is about 1 s. The extraction radii for the Zerilli-Moncrief function extend as far as r = 420 (≃ 300M). The resolution of the radial grid is Δr = 0.032, which corresponds to having 300 points inside the star. Figure 3 shows the Zerilli-Moncrief function Ψ(ℓ)20 (for λ = A1) extracted at different radii. It is plotted versus the observer retarded time, namely u = t − rs, where rs is the Regge-Wheeler tortoise coordinate rs = r + 2M log[(r/2M) − 1] and M is the mass of the star.

The farther observers that are shown in Fig. 3 are sufficiently deep in the wave zone that the initial offset, that is typically present due to the initial profile of k20, is small enough to be considered negligible. We checked the convergence of the waves with the extraction radius using as a reference point the maximum of Ψ(ℓ)20. This point can be accurately fitted, as a function of the extraction radius, with

max(Ψ(ℓ)20) ∼ a^α + a^1/r. (68)

The extrapolated quantity a^α allows an estimate of the...
FIG. 3. Evolution of the Zerilli-Moncrief function, extracted at various isotropic radii \( r \), versus the retarded time \( u \), for the 1D linear code evolution with \( \lambda = \lambda 1 \). Note how the initial offset decreases with the extraction radius.

error related to the extraction at finite distance

\[
\delta a = \frac{|a^{\infty} - \max(\Psi^{(r)}_{20}(r))|}{a^{\infty}}. \tag{69}
\]

The values of \( \delta a \) for different radii are \( \delta a \approx 0.5 \) for \( r = 25M \), \( \delta a \approx 0.09 \) for \( r = 50M \), \( \delta a \approx 0.017 \) for \( r = 100M \), and \( \delta a < 0.016 \) for \( r > 200M \).

The waveform can be described by two different phases: (i) an initial transient, of about half a gravitational-wave cycle, say up to \( u \approx 50 \), related to the setup of the initial data,

\[ \Psi^{(r)}_{20} \]

followed by (ii) a quasiharmonic oscillatory phase, where the matter dynamics are described in terms of the stellar quasinormal modes. From the Fourier spectrum of \( \Psi^{(r)}_{20} \) over a time interval from 1 to about 30 ms (namely, \( u \in [50, 6000] \)), we found that the signal is dominated by the \( f \) mode (at frequency \( \nu_f = 1581 \) Hz) with a much lower contribution of the first \( p \) mode (at frequency around \( \nu_{p_1} = 3724 \) Hz). The frequency of the \( f \) mode agrees with that of Ref. [87] within 1–2%. The accuracy of our linear code for frequencies obtained from Fourier analysis on such long time series has been checked in Refs. [8,10] and is better than 1% on average. We mention that the Fourier analysis of the matter variable \( H_{(1m)} \) permits to capture some higher overtones than the \( p_1 \) mode, although they are essentially not visible in the gravitational-wave spectrum. In a first approximation, the waveform can thus be thought as the superposition of damped harmonic oscillators

\[ \Psi_{20} \sim \sum_{k=0}^{N} A_{2k} \cos(2\pi \nu_{2k} u + \phi_{2k}) \exp(-\alpha_{2k} u), \tag{70} \]

and we aim at determining the quantities \( A_{2k}, \phi_{2k}, \nu_{2k}, \) and \( \alpha_{2k} \) from a standard nonlinear least-square fit. Since the frequency \( \nu \) is also independently known from the Fourier analysis, it is used as feedback for the fit. In addition, to quantify the global differences between the “actual” and the “fitted” time series, we compute the \( (I^2) \) scalar product

\[
\Theta(X, Y) = \frac{\sum_{j} X_j Y_j}{\sqrt{\sum_{j} X_j^2} \sqrt{\sum_{j} Y_j^2}}. \tag{71}
\]

which is bounded in the interval \([0, 1]\), and then we look at the residual \( R = 1 - \Theta \). This residual gives us a relative measure of the reliability of the fit. In addition we use the \( I^\infty \) distance:

\[
D(X, Y) = \max_{j} |X_j - Y_j|, \tag{72}
\]

that gives the maximum difference between the two time series. We will use the quantities \( R \) and \( D \) also as measures of the global agreement between the 3D and 1D waveforms.

On the interval \( u \in [50, 6000] \), the waves can be perfectly \( (R \approx 7 \times 10^{-4}, D \approx 6 \times 10^{-6}) \) represented by a one-mode expansion, \( N = 1 \), as the waveform is dominated by \( f \)-mode oscillations. The frequency we obtain, \( \nu_{20} = 1580.79 \pm 0.01 \) Hz, is perfectly consistent with that obtained via Fourier analysis; for the damping time, we estimate \( \alpha_{20} = 3.984 \pm 0.066 \) s\(^{-1}\) and thus \( \tau_{20} = \alpha_{20}^{-1} = 0.25 \) s. If we consider the entire duration (1 s) of the signal (see the inset in Fig. 4), it is clear that a one-mode expansion is not sufficient to accurately reproduce the waveform. The Fourier analysis of the waveform in two different time intervals, one for \( t \leq 0.5 \) s and one for \( t \geq 0.5 \), reveals that in the second part of the signal the \( p_1 \) mode, which has longer damping time, clearly emerges and must be taken into account. We fit the entire signal with two modes, namely \( N = 2 \), with a global agreement of \( R \approx 2 \times 10^{-6} \) and \( D \approx 4 \times 10^{-5} \). The results of the fit are reported in Table V. The frequencies are slightly larger than those computed via Fourier analysis and via the fit procedure restricted to only one mode on a shorter interval. They are, however, still consistent. The damping times are \( \tau_{20} = 0.268 \) s and \( \tau_{21} = 2.37 \) s, with errors of the order of 0.1% and 2%, respectively.

At this stage, we have clearly assessed the accuracy of the waveforms computed via our 1D code; in the following we shall consider these waveforms (extracted at the farthest observer) as exact for all practical purposes. We turn now to the discussion of the metric waveforms extracted from the 3D code and we compare them to the exact, perturbative results for different values of the perturbation \( \lambda \).
FIG. 4. Evolution of the Zerilli-Moncrief function, extracted at isotropic radius $\tilde{r} = 280$ for the same evolution of Fig. 3 versus the retarded time $u$ expressed now in seconds (1 dimensionless time unit is equal to $4.92549 \times 10^{-6}$ s). The main panel shows only the envelope of the waveform that is dominated by the damping of the $f$ mode ($\tau_f \approx 0.27$ s). The two insets represent the full waveform at early (top) and late (bottom) times. The presence of the overtone is evident in the oscillations at late times.

The 3D simulations are performed over grids with three refinement levels and cubic boxes with limits $[-120, 120]$, $[-24, 24]$, and $[-12, 12]$ in each direction. The resolutions of the boxes are $\Delta_{xyz} = 0.5$, 0.25, and 0.125, respectively. The equations are evolved only on the first octant of the grid and symmetry conditions are applied. The outermost detector is located at isotropic-coordinate radius $\tilde{r} = 110$ ($\approx 80M$).

Figure 5 is obtained with perturbation $\lambda = \lambda_1$. It displays the Zerilli-Moncrief normalized metric waveforms, extracted on coordinate spheres of radii $\tilde{r} \in \{30, 60, 90, 110\}$ and plotted versus the (approximate) retarded time $u = t - r_s$, where $r_s = r + 2M \log[r/(2M) - 1]$. Here, $r$ is the areal radius of the spheres of coordinate radius $\tilde{r}$ and $M$ is the Schwarzschild mass enclosed in $\tilde{r}$ [6,65,68]. This figure is the 3D analogous of Fig. 3. The 1D and 3D waveforms look qualitatively very similar apart from the presence of a highly damped, high-frequency oscillation early times. In Sec. IV D, we will argue that this oscillation is essentially unphysical because its amplitude grows linearly with the extraction radius $\tilde{r}$, instead of approaching an approximately constant value (as it happens instead for the subsequent fluid-mode oscillations). Section IV D is devoted to a thorough discussion of these issues; for the moment, we simply ignore this problem and focus our attention only on the part of the waveform dominated by fluid modes.

Each panel of Fig. 6 compares the 1D, exact $\Psi_{20}^{(e)}$ (dashed lines) with that computed via the 3D code (solid lines) for the four values of the perturbation $\lambda$. The extraction radius is (in both codes) $\tilde{r} = 110$ and this implies that a nonzero, constant offset for $u \lesssim 0$ is present. Note, in this respect, the good consistency between 3D and 1D results for $u \lesssim 0$, confirming here the information enclosed in the bottom panel of Fig. 2. After the initial high-frequency (unphysical) oscillations, the top-left panel of Fig. 6 shows that an excellent agreement between the waveforms is found when the perturbation is small. Then, for larger values of $\lambda$ (until it assumes values that cannot be considered a perturbation anymore) the amplitude of the oscillation in the 3D simulations becomes smaller with respect to the linear case, suggesting that nonlinear couplings (specifically, couplings with overtones as well as couplings with the radial modes) are redistributing the energy of the $\ell = 2$, $m = 0$ oscillations triggered by the initial perturbation. In Sec. IV F, we will argue that cou-

TABLE V. Perturbative 1D evolution with $\lambda = \lambda_1$: results of the fit to a superposition of two fluid modes [see Eq. (71)] over the interval $u \in [0, 200000]$, i.e. about 1 s (cf. Fig. 4). For this fit, $R \approx 1.6 \times 10^{-6}$ and $D \approx 3.6 \times 10^{-5}$ (see text for explanations).

| [Arbitrary units] | $\nu$ [Hz] | $\alpha$ [s$^{-1}$] |
|-------------------|------------|---------------------|
| $A_{20}$ | $1.3145^{+0.17}_{-0.23} \times 10^{-3}$ | $1583.7369^{+1.3}_{-1.4}$ | $3.7358^{+0.0}_{-0.0}$ |
| $A_{21}$ | $3.517^{+1.1}_{-1.3} \times 10^{-5}$ | $3706.9413^{+1.1}_{-1.1}$ | $0.421^{+8}_{-6}$ |
plings between modes become more and more relevant when the perturbation increases, giving a quantitative explanation to the phenomenology that we observe. This effect is summarized in Fig. 7, which displays the amplitude $A_{20}$ obtained by fitting the waveform with the template Eq. (70) versus the magnitude of the perturbation for 1D (linear) and 3D (nonlinear) simulations. It is evident from the figure that there is a consistent deviation from linearity already when the perturbation is relatively small ($\lambda \approx 0.1$). As a measure of the global agreement between 1D and 3D waveforms (as a function of the initial perturbation $\lambda$) we list in Table VI the $l^2$ residuals $R = 1 - \Theta(\Psi^{1D}, \Psi^{3D})$ and the $l^1$ distances $D(\Psi^{1D}, \Psi^{3D})$.

The 3D waveforms for $\lambda_0$ and $\lambda_1$ turn out to be damped on a time scale of about 20 ms. This damping time is much shorter than the one of the $f$ mode or $p_1$ mode, as computed via the 1D approach. This “effective-viscosity”

![Table VI](image)

"Global-agreement" measures computed on the interval $\Delta u = [50, 3000]$ (after the junk burst) at the outermost detector. Here, $R = 1 - \Theta(\Psi^{1D}, \Psi^{3D})$ is the $l^2$ residual while $D(\Psi^{1D}, \Psi^{3D})$ is the $l^1$ distance.

| $\lambda$ | $R$   | $D$     |
|---------|-------|---------|
| A0      | $3.07 \times 10^{-2}$ | $7.93 \times 10^{-5}$ |
| A1      | $4.88 \times 10^{-2}$ | $7.79 \times 10^{-4}$ |
| A2      | $1.63 \times 10^{-1}$ | $2.78 \times 10^{-3}$ |
| A3      | $9.96 \times 10^{-1}$ | $2.04 \times 10^{-2}$ |

FIG. 7 (color online). Comparison between the oscillation amplitude $A_{20}$ (from fits) in the 1D (linear) and 3D (nonlinear) simulations versus the initial perturbation $\lambda$. Deviations from linearity are occurring already for very small values of $\lambda$.  

FIG. 6 (color online). Metric waveforms extracted at $r = 110$ computed from 3D simulations (dashed lines) and 1D linear simulations (solid lines) for different values of the perturbation $\lambda$. If $\lambda$ is sufficiently small (e.g., $\lambda \leq 0.01$) the outcomes of the two codes show good agreement. If the perturbation is large ($\lambda \sim 0.1$), nonlinear effects become dominating.
damping time $\tau_{visc}$ (that is related to the inverse of the viscosity coefficient) can be extracted by means of the fit analysis discussed above for the waveform. We have found that $\tau_{visc}$ depends on the initial perturbation, being $\tau_{visc} \approx 0.022, 0.132, 0.203, 0.129$ s, respectively, for $\lambda = \lambda_0, \lambda_1, \lambda_2, \lambda_3$. The best agreement with the expected physical value of $\tau_{20} = 0.268$ s is obtained for $\lambda = \lambda_2$; both for larger and smaller perturbations the 3D results show even shorter damping times. The errors on these quantities are of the order of 0.5%. The interpretation of these results may include two different effects. The smaller damping time of the wave for the $\lambda = \lambda_3$ perturbation with respect to the $\lambda = \lambda_2$ one may be interpreted as due to the nonlinear couplings that allow the disexcitation of the fundamental mode in other channels; as it can be seen from Fig. 7 and Table VII, the importance of nonlinear effects is larger for the simulation with perturbation $\lambda = \lambda_3$. However, for perturbations smaller than $\lambda = \lambda_2$ the effective viscosity is not found to decrease towards the expected perturbative value, as it could have been expected from the above argument. This discrepancy might be due to the numerical viscosity proper of the evolution scheme. Such numerical viscosity would have a bigger influence in low-perturbation simulations, where the energy lost from the fundamental mode into other modes is smaller (while in higher-perturbation simulations the coupling of modes is the dominant effect).

Although the detailed analysis of the numerical viscosity of the 3D code is beyond the scope of the present work, we checked that, as expected, it depends on the grid resolution. We performed tests using a three-refinement-level setup with the resolution of the coarsest grid (with limits $[-120, 120]$ in the three directions) set at the values $\Delta_{120} = 2$ (low), 1 (medium), and 0.5 (high). Using these three resolutions, we observed that, in the case of the coarsest grid, there was an initial explosion in the amplitude, then followed by a strong damping during the first five gravitational-wave cycles. This shows that this resolution is not even sufficient to extract the qualitative behavior of the waveform. On the other hand, the other two resolutions did not show any qualitative difference in addition to the different value of the effective viscosity that is smaller for higher resolutions. We also checked whether there is a measurable effect due to the artificial atmosphere. Focusing only on the $\lambda = \lambda_0$ perturbation, we varied the value of the rest-mass density of the atmosphere in the range $\rho_{atm} = 10^{[5,-6,-7]} \rho_{max}$, without finding any significant influence on the values of $\tau_{visc}$. We leave to forthcoming studies a detailed analysis of the viscosity of the 3D evolution code.

Finally, we have also Fourier-transformed the 3D waveforms to extract the fluid-mode frequencies and we have compared them with the linear ones. This comparison is shown in Table VII. Apparently, the frequency of the $f$ mode (that dominates the signal) is less sensitive to nonlinear effects than its amplitude, as it can be seen from the fact that only the $\lambda = \lambda_3$ initial data are such to force the star to oscillate at a frequency slightly different from that of the linear approximation. On the other hand, the first overtone (the $p_1$ mode) seems more sensitive. It is in any case remarkable that for $\lambda = \lambda_0$ and $\lambda = \lambda_1$ the frequencies from 3D and 1D simulations coincide at better than 1%, suggesting that the main gravitational-wave frequencies are only mildly affected by nonlinearities.

### C. Nonradial oscillations: comparing 1D and 3D curvature waveform

This section is devoted to the comparison between 1D and 3D curvature waveforms. In the 1D code one can use the relation

$$ r \psi_4^{(m)} = r \hat{h}^{(m)} = N_c (\tilde{\Psi}_c^{(e)} + i \tilde{\Psi}_c^{(o)}) $$

(73)

to obtain the Newman-Penrose scalar (multiplied by the extraction radius) $r \hat{\psi}_4^{(m)}$ from the gauge-invariant metric master functions. Because of our choice of initial conditions, we shall consider only $\Psi_4^{(e)}$ in the following.\(^5\) The second time derivative of $\Psi_4^{(e)}$ is computed via finite differencing, by applying twice a first-order derivative operator with fourth-order accuracy. By contrast, in the 3D code $\psi_4^{(e)}$ is extracted independently of the metric waveform. Then, one computes $r \psi_4^{(m)}$, where $r$ is an approximated radius\(^6\) from Eq. (59) with $M = 1.4$.

Figure 8 displays the $r \psi_4^{(m)}$ waveforms from 1D (solid line) and 3D (dashed line) evolutions with perturbation $\lambda = \lambda_0$. The extraction radius is $\tilde{r} = 110$ in both codes. Visual inspection of the figure immediately suggests that:

(i) The initial transient in the 1D metric waveform preceding the setting in of the quasiharmonic $f$-mode oscillation results in a highly damped, high-frequency oscillation;

\(^5\)Note that in principle one could compute $\psi_4$ independently, solving the Bardeen-Press-Teukolsky equation [92].

\(^6\)This is an approximate relation as $r$ is a coordinate radius and the mass inside the sphere of radius $\tilde{r}$ is time dependent. We neglect all higher-order effects here as this approximation is sufficiently accurate for our purposes.
the initial transient radiation has \textit{the same qualitative shape} in both the 1D and 3D waveforms, although the amplitude of the oscillation is larger in the latter case. At this point one should note that: (i) In the 1D case, although the conformally flat condition is imposed at \(t = 0\), the constraint is solved \textit{numerically} and thus a small violation of this condition occurs; (ii) The violation is expected to be larger in the 3D case, because of the larger truncation errors. It is in any case remarkable that, as the figure shows, these errors (e.g. the slightly different shapes of \(k_{20}\), the linear interpolation from spherical to Cartesian coordinates, etc.) are sufficiently under control to produce the same qualitative behavior besides \textit{small quantitative differences} in the initial part of the 1D and 3D waveforms.

The question that occurs at this point is whether the violation of the conformally flat condition introduces some amount of physical \(w\)-mode excitation in the waveforms. To answer this question we show in Fig. 9 the Fourier power spectral density (PSD) of the \(r \psi_{20}^4\) waveforms of Fig. 8. The PSD is computed all over the waveform and not only during the “ring down,” because of the difficulty of separating reliably this part from the “precursor” \([11]\). We are aware of the problems related to the precise determination the \(w\)-mode frequencies and to their location in the waveform (see Refs. \([11,93]\) for a related discussion), and, in particular, of the fact that the Fourier analysis can not provide accurate and definitive answers, essentially because, in the presence of damped signals with frequencies comparable to the inverse of the damping time, the Fourier spectrum results in a broad peak. However it represents a fundamental part of the analysis and, in the present case, is preferable to a fitting procedure because of the already mentioned problem of separating the precursor from the ring-down part.

The dashed-dotted vertical lines of Fig. 9 locate the first two \(w\)-mode frequencies of this model, \(\nu_{w_1} = 10.09\) kHz and \(\nu_{w_2} = 17.84\) kHz. These frequencies have been computed by K. Kokkotas and N. Stergioulas via an independent frequency-domain code and have been kindly given to us for this specific comparison. Two of the maxima of the PSD of the 3D \(r \psi_{20}^4\) waveform can be associated to the frequencies \(\nu_{w_1}\) and \(\nu_{w_2}\), even if they are in a region very close to the noise. The frequency \(\nu_{w_1}\) is probably slightly excited also in the 1D case (see inset), while only noise is present around \(\nu_{w_2}\). In Fig. 9, we show also the PSD of the 1D \(\Psi_{20}^4\) (dashed dark line) and the one of the 3D \(\Psi_{20}^4\) (dashed light line) obtained from the double time integration of \(\psi_{20}^4\). In both cases, it is not possible to disentangle \(\nu_{w_1}\) and \(\nu_{w_2}\) from the background noise.

The fact that a signal characterized by highly damped modes is much less evident in the PSD of the metric waveform than in the corresponding curvature one is simply due to the second derivative that relates the two gauge-invariant functions. When space-time modes are excited, the metric waveform is (approximately) composed by a pure ring-down part plus a tail contribution \([94]\), that is \(\Psi_{20}^{(e)} = e^{-\sigma t} + \beta t^{-7}\), where \(\sigma = \alpha + i \omega\) (\(\alpha\) is the inverse of the damping time and \(\omega\) the \(w\)-mode frequency) and \(\beta\) is a numerical coefficient. When one takes two time derivatives to compute \(r \psi_{20}^4\) from \(\Psi_{20}^{(e)}\), the tail contribution is suppressed by a factor \(r^{-2}\) and the oscillatory part of the waveform emerges more sharply. This comparison suggests that the best way to extract information about \(w\)
modes (especially when their contribution is small) is, in general, to look at $\psi_{4m}^{(e)}$. In addition, it also highlights that, while it is not possible to exclude the presence of $w$ modes in the $r\psi_{4m}^{(e)}$ signal due to the small violation of the conformally flat condition at $t = 0$, at the same time we can not definitely demonstrate that those high frequencies present near the noise are attributable to $w$ modes. In the next section, we are going to show similar analyses on the spectra computed from $\Psi_{20}^{(e)}$ waveforms extracted à la Abrahams-Price from the 3D simulation.

Finally, the global-agreement measures on the $\psi_4$ extraction are $R = 1.42 \times 10^{-2}$ and $D \approx 9.09 \times 10^{-7}$, and they highlight some differences between the linear and the nonlinear approach.

The analysis discussed so far indicates that, in the present framework, the wave-extraction procedure based on the Newman-Penrose scalar $\psi_4$ seems to produce waveforms that, especially at early times, are more accurate than the corresponding ones extracted via the Abrahams-Price metric-perturbation approach. However, one of the big advantages of the latter method is that the waveforms $h_+$ and $h_\times$ are directly available at the end of the computation, and thus ready to be injected in some gravitational-wave–data-analysis procedure. By contrast, if we prefer to use Newman-Penrose wave-extraction procedures (which are the most common tools employed in numerical-relativity simulations nowadays), we must consistently give prescriptions to obtain $\Psi_{20}^{(e/o)}$ from $\psi_4^{(e/o)}$. To do so, one needs to perform a double (numerical) time integration, with at least two free integration constants to be determined to correctly represent the physics of the system. Inverting Eq. (73) following the considerations of Sec. II C 1, we obtain the following result [see Eq. (38)]:

$$rh_{em} = N_e(\Psi_{em}^{(e)} + i\Psi_{em}^{(o)}) = \int_0^t dt' \int_0^{t'} dt'' r^4 \psi_4^{(e)}(t'') + Q_0 + Q_1 t + Q_2 t^2,$$

$$= r h_{em}(t) + Q_0 + Q_1 t + Q_2 t^2,$$

(74)

where $Q_0, Q_1, \text{and } Q_2$ are (still) undetermined integration constants, which are complex if $m \neq 0$. Note that this relation does not involve the $Q_2$ integration constant only if finite-radius extraction effects can be considered negligible (see below).

Our aim is to recover the metric waveform that corresponds to the 3D $r\psi_{420}^{(e)}$ waveform that we have characterized above. We consider the waveform of Fig. 8 up to $t = 1500$, where the reduction in amplitude due to numerical viscosity is already of the order of 30% with respect to the exact linear waveform. This sampled curvature waveform is integrated twice in time, from $t = 0$ without fixing any integration constant to obtain $r h_{em}(t)$.

The raw result of this double integration is shown in Fig. 10. The “average” of the oscillation does not lay on a straight line, as it does instead in the case of the waveforms of binary black-hole coalescence discussed in Ref. [64], but rather it shows also a quadratic correction due to the finite extraction radius (see discussion in Sec. II C 1).

Indeed, when a “floor” of the form $P(t) = Q_0 + Q_1 t + Q_2 t^2$ is subtracted, the resulting metric waveform is found to oscillate around zero, as it can be seen in Figs. 10 and 11, which focus on the beginning of the oscillation. The values of the coefficients of $P(t)$ obtained from the fit are $Q_0 = -4.338 \times 10^{-7}$, $Q_1 = -1.2462 \times 10^{-7}$, and $Q_2 = -6.2046 \times 10^{-9}$. The fact that $Q_0 < 0$ is connected to the choice of initial data we made (i.e. $k_{20} \neq 0$ at $t = 0$). Then, $Q_1 \neq 0$ indicates that the system is (slightly) out of equilibrium already at $t = 0$ and it is thus emitting gravi-

![FIG. 10 (color online). Recovery of $\Psi_{20}^{(e)}$ from two successive time integrations of $r\psi_{420}^{(e)}$ extracted from the 3D simulation with initial perturbation $\lambda = \lambda_0$. After the subtraction of a quadratic floor the waveform correctly oscillates around zero.](image1)

![FIG. 11 (color online). Selecting the best fitting function for the 3D integrated-and-subtracted metric waveform. The dash-dotted line refers to the curve obtained with the subtraction of a cubic fit and the dashed line to the curve obtained with the subtraction of a quadratic fit. They are very similar to each other and to the 1D waveform (solid line). Contrary to the case of the extracted metric waveform, no initial burst of radiation is present in the 3D integrated-and-subtracted waveform.](image2)
tional waves since $\dot{\Psi}_{20}^{(e)}(0) \neq 0$. This is consistent with the choice of initial data we made, that is, a perturbation that appears instantaneously at $t = 0$ without any radiative field obtained from the solution of the momentum constraint (since we use time-symmetric initial perturbations, for which $\dot{\chi}_{20} = \chi_{20} = 0$).

We tested the robustness of the quadratic fit by adding a cubic term $Q_3 \lambda^2$ to $P(t)$ and then fitting again. In Fig. 11, we compare the 3D $\Psi^{(e)}_{20}$ waveform corrected with a cubic fit (dashed line) with the one corrected with a quadratic fit (dashed-dotted line) and with the exact 1D metric waveform (solid line) output by the PERBACCO code. Note that the 1D waveform has been suitably time shifted in order to be visually in phase with the others at the beginning of the simulation. The figure suggests that the effect of the cubic correction is almost negligible (one only finds slight changes in the very early part of the waveform). The values of the fitting coefficients $Q_i$ are $Q_0 = -1.0096 \times 10^{-5}$, $Q_1 = -6.3331 \times 10^{-9}$, $Q_2 = -4.747 \times 10^{-8}$, $Q_3 = 6.7114 \times 10^{-14}$. The fact that $Q_3$ is many orders of magnitude smaller than the other coefficients is a good indication that the quadratic behavior is indeed the best choice here. Consistently with the waveform data of Fig. 8, we note the excellent agreement between 1D and 3D (integrated) metric waveforms also in the initial part of the waveform, i.e. up to $t = 200$ (corresponding to the high-frequency oscillation in $r \psi_{4}^{20}$). Evidently, this is in contrast with the Abrahams-Price metric waveform in the top-left panel of Fig. 6 (we will elaborate more on this in the next section).

Finally, we point out that the coefficient $Q_2(r)$ shows, as expected, a clear trend towards zero for increasing values of the extraction radius.

**D. Advantages and disadvantages of the Abrahams-Price metric wave-extraction procedure**

The analysis carried out so far suggests that both the Regge-Wheeler-Zerilli metric-based and the Newman-Penrose $\psi_4$-curvature-based wave-extraction techniques can be employed to extract reliable gravitational waveforms from simulations of compact self-gravitating systems. For the particular case of an oscillating neutron star as considered here, both extraction methods allow to obtain waveforms that are in very good agreement with the linear results. Despite this success, the two approaches are not free from drawbacks. Let us first focus on $r \psi_4^{20}$ curvature waveforms. The comparison between 1D and 3D $r \psi_4^{20}$ waveforms in Fig. 8 (as well as between integrated metric waveforms in Fig. 11) shows good consistency between the two (as long as the effects of numerical viscosity on the evolution of the system remain negligible). As we mentioned above, we think that the most important information enclosed in Fig. 8 is that the differences between the high-frequency oscillations in the initial part of the waveforms (where $w$- modes are probably present in the 3D case) are small. This fact makes us confident that the violation of the 3D Hamiltonian constraint at $t = 0$ (due to its approximate solution) as well as the violation of the conformally flat condition are sufficiently small to avoid pathological behavior during evolution. A further confirmation of the accuracy of the evolution and of the curvature extraction is given by Fig. 12: The quantities $r \psi_4^{20}$ extracted at various radii ($\bar{r} \in \{30, 60, 90, 110\}$) and plotted versus retarded time are all superposed. This confirms the theoretical expectations of the peeling theorem and indicates (once more) that the quantity $r \psi_4^{20}$ is accurately computed. In Fig. 12, $r$ is obtained from $\tilde{r}$ via Eq. (59). The retarded time is approximated with the standard $r_*$, where the constant mass $M = 1.4$ has been used. In our setup, the only subtle issue about $r \psi_4^{20}$ seems to be the computation of the corresponding metric waveform via a double time integration. Although we were able to obtain a rather accurate metric waveform, the time-integration procedure (including the evaluation of the integration constants) may not be likewise straightforward in other physical settings. By contrast, the Abrahams-Price wave-extraction procedure directly produces the metric waveform and no time integrations are needed. For this reason, it looks a priori more appealing than $\psi_4$ extraction. Unfortunately, the results that we have presented so far (notably our Fig. 6) indicate that this computation can be very delicate and can give unphysical results even in a very simple system like an oscillating polytropic star: we have found that $\Psi_{20}^{(e)}$
extracted in this way is unreliable at early times, because of
the presence of high-frequency, highly damped oscilla-
tions, that are instead absent in both the 1D linear metric
waveforms and the 3D metric waveforms time integrated
from $r\Psi_{41}$. The unphysicalness of this initial “burst” of
radiation is evident from Fig. 13, where the extractions at
various radii $\tilde{r} \in \{30, 60, 90, 110\}$ of the quantity $\Psi_{20}^{(c)}$ are
compared: The amplitude grows with $\tilde{r}$, instead of decreas-
ing progressively to approach a constant value (as it is the
case for the $f$-mode–dominated subsequent part of the
waveform). The weird behavior at early times of the
extracted $\Psi_{20}^{(c)}$ indicates that this function does not satisfy
the Zerilli equation in vacuum. Consistently, the perturba-
tive Hamiltonian constraint in vacuum, Eq. (64) with
$H_{20} = 0$, constructed from the 3D metric multipoles
$(\chi_{20}, k_{20})$, must be violated of some amount in correspon-
dence of the “junk”. This reasoning suggests that the junk
may be the macroscopic manifestation of the inaccuracy in
the initial-data setup at $t = 0$ (i.e. of solving the linearized
Hamiltonian constraint first and then interpolating), possi-
bly further amplified by the wave-extraction procedure.
This statement in itself looks confusing, because we have
learned, from the analysis of $\phi_4$, that the Einstein (and
matter) equations are accurately solved and that the errors
made around $t = 0$ due to the violation of the Hamiltonian
constraint are relatively negligible. The relevant question is
then: Is it possible that small numerical errors, almost
negligible in $r\Psi_{41}^0$, may be amplified in $\Psi_{20}^{(c)}$ at such a
big level to produce totally nonsensical results? The fol-
lowing discussion proposes some heuristic explanation.
To clarify the setup of our reasoning, let us first remind
the reader of the basic elements of the Abrahams-Price
metric wave-extraction procedure and, in particular, the
role of Eq. (4). At a certain evolution time $t$, the numerical
metric $g_{\mu\nu}(t)$ is known at a certain finite accuracy on the
Cartesian grid. One selects coordinate extraction spheres of
coordinate radius $\tilde{r} = \sqrt{x^2 + y^2 + z^2}$ on which the metric
is interpolated via a second-order Lagrangian interpo-
ation. Isotropic-coordinate systems $(\tilde{r}, \theta, \phi)$ naturally live
on these spheres and thus one defines spherical harmonics.
Then, the metric $g_{\mu\nu}$ is formally decomposed in a
Schwarzschild “background “ $g_{\mu\nu}^0$ plus a perturbation
$h_{\mu\nu}$. The next step is to choose a coordinate system in
which the background metric is expressed. The standard
approach is to use Schwarzschild coordinates, although
this choice actually introduces systematic errors that may
relevantly affect the waveforms. This has been recently
demonstrated in Ref. [6]. Although we are aware of this
fact, we prefer to neglect this source of error, on which we
will further comment below. Choosing Schwarzschild co-
ordinates means that one needs to compute a Schwarzschild radius $r$. This is given by the areal radius of the extraction two-spheres. Proceeding further, $h_{\mu\nu}$ is
decomposed into seven (gauge-dependent) even-parity
$\left(\mathcal{H}_0, \mathcal{H}_1, \mathcal{H}_2, h_0^{(c)}, h_1^{(c)}, G, K\right)$ and three (gauge-dependent)
odd-parity multipoles (that we do not consider here).
From combinations of the seven even-parity multipoles and
of their radial derivatives, see Eqs. (41) and (42) of
Ref. [19], one obtains the gauge-invariant functions $k_{\ell m}$
and $\chi_{\ell m}$, as well as the derivative $\partial_{\tilde{r}} k_{\ell m}$. The last step is the
computation of the Zerilli-Moncrief function via Eq. (4).
Various sources of errors are present. In particular, we
mention the errors originating from: (i) the discretization
of $g_{\mu\nu}$ (and its derivatives), from the numerical solution
of Einstein’s equations; (ii) the interpolation from the
Cartesian grid to the isotropic grid; (iii) the computation
of the metric multipoles via numerical integration over
coordinate (gauge-dependent) two-spheres. Our aim is to
investigate how these inaccuracies on $(\chi_{\ell m}, k_{\ell m}, \partial_{\tilde{r}} k_{\ell m})$
can show up in $\Psi_{20}^{(c)}$ at large extraction radii. In the limit
$r \gg M$, Eq. (4) reads

$$\Psi_{20}^{(c)} = \frac{2r}{\Lambda (\Lambda - 2)} \left( \chi_{\ell m} - r \partial_{\tilde{r}} k_{\ell m} + \frac{\Lambda}{2} k_{\ell m} \right).$$

(75)

that is

$$\Psi_{20}^{(c)} \approx r Z_{\ell m},$$

(76)

where $Z_{\ell m} = \chi_{\ell m} - r \partial_{\tilde{r}} k_{\ell m} + \Lambda / 2 k_{\ell m}$ and $r$ is the areal
radius of the coordinate two-spheres. The Abrahams-Price
wave-extraction procedure introduces then errors both on $r$ and $Z_{lm}$. In particular, the errors on the (gauge-invariant) multipoles $(\chi_{lm}, k_{lm}, \partial_r k_{lm})$ conspire in a global error on $Z_{lm}$. In a numerical simulation one has $Z_{lm} = Z_{lm}^{\text{Exact}} + \delta Z_{lm}$ and $r = r^{\text{Schw}} + \delta r$. Here $Z_{lm}^{\text{Exact}}$ is computed from $(\chi_{lm}^{\text{Exact}}, k_{lm}^{\text{Exact}})$, that are solutions of the perturbation equation on a Schwarzschild background, and $r^{\text{Schw}}$ is the radial Schwarzschild coordinates; $\delta Z_{lm}$ encompasses all possible errors due to the multipolar decomposition procedure, and $\delta r$ various inaccuracies related to the determination of the areal radius (e.g., those related to gauge effects). As a result, for the “extracted” Zerilli-Moncrief function we can write

$$\Psi_{lm}^{(e)} = \Psi_{lm}^{\text{Exact}} + r^{\text{Schw}} \delta Z_{lm} + \delta r Z_{lm}^{\text{Exact}}. \tag{77}$$

This equation shows that, if $\delta Z_{lm}$ is not zero at a certain time (and does not decrease in time like $1/r^{\text{Schw}}$) there is a contribution to the global error on $\Psi_{lm}^{(e)}$ that grows linearly with the extraction radius. This qualitative picture is consistent with what we observe in the 3D waveforms: A small error on $\delta Z_{20}$ introduced at $t = 0$, because of the approximate solution of the constraints (as indicated by the analysis of $r \psi_{20}^{\text{exact}}$ curvature waveforms), can show up as a burst of radiation whose amplitude increases linearly with the observer location. Note that what really counts here is the error budget at the level of $(\chi_{20}, k_{20}, \partial_r k_{20})$ and the related violation of the perturbative Hamiltonian constraint, Eq. (64). Indeed, it might occur that, even if the three-metric $\gamma_{ij}$ is very accurate and the constraints are well satisfied at this level, the extraction procedures add other errors (for example, due to the multipolar decomposition, computation of derivatives, etc.) that may be eventually dominating in $\delta Z_{20}$. This observation may partially justify why $r \psi_{20}^{\text{exact}}$ is well behaved, while $\Psi_{20}^{(e)}$ is not. Finally, we note that in our evolution $\delta r$ is typically very small, so that we have $r^{\text{Schw}} \approx r$ with good accuracy.

Because of the complexity of the 3D wave-extraction algorithm, we were able neither to push forward our level of understanding, nor to precisely diagnose the cause of the aforementioned errors.\textsuperscript{10} This is now beyond the scope of the present work and will deserve more attention in the future. By contrast, we can exploit the simpler computational framework offered by the 1D PERBACCO code to “tune” the error $\delta Z_{lm}$ in order to produce some initial “spurious” burst of radiation, and then possibly observe that its amplitude grows linearly with $r$. In the 1D code $\delta r$ is zero by construction, so that all errors are concentrated on $\delta Z_{lm}$. The constrained scheme adopted in the perturbative code (which is second-order convergent) allows to accurately compute the multipoles $(\chi_{lm}, k_{lm})$ at every time step, and the Hamiltonian constraint is satisfied by construction. Then, $\partial_r k_{lm}$ is obtained via direct numerical differentiation of $k_{lm}$. Consequently, the error $\delta Z_{lm}$ depends on the resolution $\Delta r$ as well as on the order of the finite-differencing representation of $\partial_r k_{lm}$.

In the following, we shall analyze separately the effect of resolution and of the approximation scheme adopted for the numerical derivatives. First, we approximate $\partial_r k_{lm}$ with its standard first-order finite-differencing representation, i.e. $\partial_r k_{lm} = (k_{lm}^{j+1} - k_{lm}^{j})/\Delta r$ and we study the behavior of the extracted $\Psi_{lm}^{(e)}$, computed using Eq. (4), versus extraction radius and resolution. Second, we use a fixed $\Delta r$, but we vary the accuracy of the finite-

\textsuperscript{10}For example, we mention, in passing, that we have also tried fourth-order Lagrangian interpolation, without any visible improvement on the waveform.
differencing representation of $\partial_r k_{\ell m}$, contrasting first-order, second-order, and fourth-order stencils. The results of these two analyses, for $\ell = 2$, $m = 0$, are shown in Figs. 14 and 15, respectively. In the top panel of Fig. 14, $\partial_r k_{20}$ is approximated at first-order, with a resolution of 10 points inside the star ($\Delta r \sim 0.9$). This resolution approximately corresponds to the resolution of the coarsest refinement level used in the 3D code. The extracted waveform $\Psi_{20}^{(e)}$ is shown at different observers, $\bar{r} \in \{30, 60, 90, 110\}$: An initial burst of junk radiation develops at early times and its amplitude grows linearly with the extraction radius (and it keeps growing for $\bar{r} > 110$). This behavior looks identical to that found in the 3D simulations. In the bottom panel of Fig. 14, we focus on $\bar{r} = 110$ only, but vary the number of radial points $N_r$ inside the star; namely, $N_r \in \{10, 20, 30, 40, 50, 100\}$. The figure shows that the initial junk is not present at higher resolutions ($N_r \geq 20$) and that the waveform converges to the exact profile.\footnote{As discussed in Ref. [11] we cross-checked things also by matching the Zerilli-Moncrief function at the surface and evolving it with the Zerilli equation outwards. We found good agreement between the “matched” and the “computed” waveforms.} But varying the resolution only shifts the occurrence of the burst at farther radii; Observers at $\bar{r} \gg 110$ still see this burst appear and grow linearly with $\bar{r}$.

A complementary analysis is shown in Fig. 15, where we fix the resolution at $N_r = 10$ (for $\bar{r} = 110$), but we change the accuracy of the numerical derivative $\partial_r k_{20}$. As expected, the initial junk disappears when the accuracy of the numerical differential operator is increased: A second-order operator produces only a small amplitude bump, that is not present when the fourth-order operator is employed.\footnote{At this stage, the conclusion is clear: The convergence of the Zerilli-Moncrief function computed from the separate knowledge of the multipoles $k_{\ell m}$ and $\chi_{\ell m}$ is a delicate issue that must be analyzed with care according to the physical problem under consideration. The violation of the perturbative Hamiltonian constraint and, in particular, the accuracy of the numerical derivative $\partial_r k_{\ell m}$ (note that we refer to the induced violation at the level of the wave extraction and not at that of the solution of the perturbation equations) seems to play an important role in the convergence properties of the waveforms. The main conclusions of the aforementioned numerical tests are: (i) The errors in $\Psi_{20}^{(e)}$ seem to behave like suggested in Eq. (77); (ii) The phenomenon occurs in the same way in both the 1D and 3D code, although the fine details of the oscillation are different.}

Focusing on the 1D PERBACCO code, an accurate $\Psi_{20}^{(e)}$ is obtained using sufficiently high resolution ($N_r = 300$) as well as a fourth-order representation for $\partial_r k_{\ell m}$. These prescriptions are accurate enough for the problem addressed in this work, although they may not be sufficient for other stellar models or other initial perturbations. For example, using the PERBACCO code, with the same initial-data setup discussed here, in order to study the time evolution of perturbations of stars with realistic EOS proved that higher resolutions are typically needed to produce convergent waveforms of comparable accuracy [10]. Likewise, for a polytropic EOS and initial data given by a Gaussian pulse in $\Psi_{20}^{(e)}$, the same Ref. [10] showed that at least fourth-order accuracy in $\partial_r k_{20}$ is needed in order to have a consistent extraction of $\Psi_{20}^{(e)}$ already at $t = 0$ (see Appendix A of Ref. [10]). This suggests that the presence of linearly growing junk radiation in the computation of $\Psi_{20}^{(e)}$ from the multipoles ($k_{\ell m}$, $\chi_{\ell m}$) can appear ubiquitously in the time evolutions of the perturbation equations with the PERBACCO code. The presence of this junk in $\Psi_{20}^{(e)}$ is the macroscopic manifestation of the violation of the perturbative Hamiltonian constraint due to errors (notably, in the discretization of the derivatives) introduced in the wave-extraction procedure. These (typically small) numerical errors are eventually magnified by the presence of an overall $r$ factor in Eq. (75). Note that this phenomenon occurs even if the computation of the multipoles ($k_{\ell m}$, $\chi_{\ell m}$) is very accurate and the Hamiltonian constraint is satisfied by construction in the evolution algorithm. The analysis that we have presented here suggests that either increasing the resolution or, more reasonably, implementing higher-order differential operators in the perturbative “extraction” procedure are viable proposals to compute convergent waveforms.

In the 3D case the situation is more involved and we have not succeeded in making statements as solid as in the 1D case. We can only rely on analogies: (i) The appearance of the junk occurs in a way similar to the 1D case when the
accuracy of the 1D Zerilli function is low; (ii) The two time evolutions look qualitatively very similar. Yet, it is not technically possible to use in the 3D code resolutions equivalent to those of the 1D code. By analogy with our perturbative results, we can only conclude that it is not unreasonable that the junk in the 3D waveforms is the macroscopic manifestation of inaccuracies hidden in the implementation of the Abrahams-Price wave-extraction procedure. The analysis presented here points out that such metric wave-extraction procedures require typically more subtle care than expected and these subtleties must be kept in mind in developing more modern wave-extraction routines.

The PSD of $\Psi^{(e)}_{20}$ in both the 1D case (solid line) and 3D case (dashed line) is displayed in Fig. 16. The perturbation is $\lambda = \lambda_0$ and the extraction radius is $\tilde{r} = 110$. The spectrum of the 3D Zerilli waveform is consistent with what we observed in $r\Psi^e_{20}$ below 10 kHz, but it looks different at higher frequencies (compare it with that of the “integrated” $\Psi^{(e)}_{20}$ in Fig. 9): Here the PSD shows broad peaks attributable to the initial part of the waveform. Recovering the reasoning started in the previous section about the presence of the w modes, we can observe that the frequencies contained in the junk are compatible with the w-mode frequencies $\nu_{w_1}$ and $\nu_{w_2}$ (indicated by dashed vertical lines in Fig. 16). However, since such frequencies belong to an unphysical part of the waveform, we prefer to consider them unphysical as well.

We conclude by mentioning, in passing, that the initial junk radiation is essentially not related to the systematic error introduced by fixing Schwarzschild coordinates for the background metric $g^{0\mu}_{\nu}$. This fact is suggested by Fig. 17, where we contrast the standard Zerilli-Moncrief function $\Psi^{(e)}_{20}$ (which assumes Schwarzschild coordinates for the background) with the generalized $\Psi^{\text{STMP}}_{20}$ one based on the Sarbach-Tiglio [56] and Martel-Poisson [55] perturbation formalism, which does not require any gauge-fixing condition for the background submanifold $M^2$. This particular simulation was performed over a grid with three refinement levels and cubic boxes with limits $[-120, 120], [-24, 24], \text{and } [-12, 12]$. The resolution of each box is coarser than in the previous simulations, namely, $\Delta_{xyz} = 1.875, 0.9375, \text{and } 0.46875$, respectively. Evidently, with this resolution the waveforms are less accurate, but we do not mind at this stage, since we are interested in an intrinsic comparison between extraction procedures at fixed resolution. The function $\Psi^{\text{STMP}}_{\ell m}$ that we use is given by the straightforward implementation of Eq. (4.23) of Ref. [56]. Note that this expression is equivalent to the combination of Eqs. (20), (25), (26), and (27) of Ref. [56]. The top panel of Fig. 17 displays $\Psi^{(e)}_{20}$ (lines) and $\Psi^{\text{STMP}}_{20}$ (point markers) for observers at $\tilde{r} \in \{30, 60, 90, 110\}$. It highlights that the differences in the early-time part of the waveforms are very small. By contrast, the bottom

![FIG. 16 (color online). PSD of the 3D metric waveforms (dashed line) extracted a la Abrahams-Price (at $\tilde{r} = 110$) and the corresponding 1D waveform (solid line) for a simulation with perturbation $\lambda = \lambda_0$. The Fourier spectrum of the junk radiation is compatible with some w-mode frequencies.](attachment:fig16.png)

![FIG. 17 (color online). The top panel compares the standard Zerilli-Moncrief $\Psi^{(e)}_{20}$ (depicted with lines) and the generalized $\Psi^{\text{STMP}}_{20}$ (depicted with point markers) for the first part of the gravitational-wave signal in a simulation with perturbation $\lambda = \lambda_1$. The waves extracted at four radii $\tilde{r} \in \{30, 60, 90, 110\}$ are shown. The bottom panel shows that the present junk radiation negligibly depends on the choice of the coordinates of the background metric.](attachment:fig17.png)
panel of the figure, showing the difference $\Psi^{(e)}_{20} - \Psi^{\text{STMP}}_{20}$, indicates that removing (part of) the systematic errors generates some improvement, but this is too small to be of any relevance. This analysis suggests that the inaccuracies in the early-time part of the waveform are essentially not related to the specific computation of the (generalized) Zerilli function, but rather connected to the underlying multipolar extraction infrastructure (grid setup, approximate solution of the constraints, interpolation procedures, computation of the derivatives of the metric, etc.), on which we have relatively little control. A comprehensive analysis of the problems related to the generalized extraction procedure will be presented elsewhere [71]. We remark, however, that systematic effects that are very small in our physical system, as emphasized by our Fig. 17, may be not small in other situations, as found in Ref. [6]. For this reason, we emphasize that the formalism of Refs. [55,56] is the actual correct metric formalism to extract waveforms out of a numerical space-time that can be considered a small deformation of the Schwarzschild one. As such, it must be taken into account properly in numerical codes.

**E. Generalized quadrupole-type formulas**

Finally, we study the performances of the various generalized quadrupole-type formulas that we have introduced in Sec. II C. The results of our analysis are shown in Fig. 18. The left panel of the figure displays $r h^{20}$ waveforms obtained via the SQF1, SQF2, SQF3, and SQF4 [see Eqs. (52)–(55)] for perturbation $\lambda = \lambda_0$. The right panel complements this information by showing (for several perturbation magnitudes $\lambda$) the relative difference in amplitude between the various SQFs and the corresponding gauge-invariant Zerilli-Moncrief function $\Psi^{(e)}_{20}$. This analysis highlights that the quadrupole formula gives an excellent approximation to the phasing of the actual signals. By contrast, there is a systematic over or under estimation of the amplitude depending on the choice of SQF.

A related observation is that the discrepancy between the quadrupole formula and the gauge-invariant waveform is not due to the fact that waveforms are extracted at a finite radius. Our results are consistent with those of Shibata and Sekiguchi [5], who performed an analysis similar to ours (and also considered uniformly rotating stars), but without the possibility of contrasting their results with linear evolutions. In this respect, the main conclusion of Ref. [5] was that, although the amplitude of the waveform is systematically underestimated by the quadrupole formula (47), it is however sufficiently accurate to capture both the frequency and the phasing (that are the most important quantities for detection) of the waveforms in a proper way. These results are fully confirmed here using totally different codes.

**F. Nonlinearities**

In this section, we comment on the onset of nonlinear effects for high values of the initial perturbation amplitude $\lambda$, showing, for the first time using full GR simulations, evidences for mode couplings and for the appearance of nonlinear harmonics.

In the linear regime ($\lambda = \lambda_0$) the star is oscillating at, essentially, the frequency of the fundamental quadrupolar proper fluid (quasinormal) mode of pulsation. The principal linear modes excited are thus the $(\ell, m) = (2, 0)$ one and its overtones. For growing values of the initial pertur-
bation, we observe that in 3D simulations, differently from the linear ones, the amplitude of the multipole $\Psi^{(c)}_{20}$ does not increase proportionally to $\lambda$ but, instead, is progressively reduced (see Fig. 7). This fact could be interpreted as the results of a typical phenomenon in nonlinear systems in which linear modes couple, generating nonlinear harmonics. Naïvely, one could think that the “energy” associated to the $\ell = 2$ mode is redistributed to the others while the system departs from the linear regime.\textsuperscript{13} As we saw in Sec. IVA, radial modes of oscillation are already present in the evolution of the equilibrium models. As a consequence, we expect to reveal couplings between nonradial and radial modes ($F$ and its overtones $H_1, H_2, \ldots$) as a result of the onset of some nonlinear effect. In addition, we detect signals in multipoles of $\Psi^{(c)}_{\ell m}$ with $\ell = 4, 6$ and $m = 0, 4$, that are even-parity axisymmetric modes and nonaxisymmetric modes triggered by the Cartesian grid. The amplitudes are very weak compared to those of the linear modes.

As a strategy to study nonlinearities, we consider the rest-mass–density projections:

$$\langle \rho \rangle_{\ell m}(t) = \int d^3 x \rho(t, x) Y_{\ell m}^*$$

and we apply to them the Fourier analysis. Like all the global variables, $\rho$ contains all the frequencies of the system. Its projections in Eq. (78) allow to separate the contribution of each mode ($\ell, m$). Figure 19 shows the power spectrum of $\langle \rho \rangle_{20}$ for the four different values of $\lambda$. The signal for $\lambda = \lambda 0$ contains the 3 frequencies of the linear modes $f_1, p_1$, and $p_2$. The same happens for $\lambda = \lambda 1$ and $\lambda = \lambda 2$: The amplitudes of the linear modes grow linearly with $\lambda$ and some new frequencies are present with small power for $\lambda = \lambda 2$. In the case of $\lambda = \lambda 3$, which corresponds to a pressure perturbation of 10% of the central TOV value, the spectra is rich of nonlinear harmonics. Most of them can be recognized as due to weak couplings, i.e. sums and differences of linear mode frequencies $v_1 \pm v_2$, also called combination tones. In particular, we identify the nonlinear harmonics of the $f$ mode and its overtone $f \pm p_1$ and many frequencies $f \pm F, f \pm H_1$, and $p_1 \pm H_1$ due to the radial and nonradial mode couplings. Such couplings have been previously and extensively studied in Refs. [86,89,90] using the Cowling approximation as well as the conformally flat approximation to GR. In addition, the couplings between radial and nonradial modes have been studied in detail in Ref. [96] by means of a second-order perturbative approach. Note how our fully general-relativistic results are consistent with all these studies.

The projection $\langle \rho \rangle_{00}$ describes essentially the radial mode of pulsations; analyzing this quantity instead of $\langle \rho \rangle_{20}$ gives analogous results in term of couplings. From the analysis of higher multipoles we compute the frequencies of the linear modes, finding $\nu = 2404$ Hz for $\ell = 4$ and $\nu = 2988$ Hz for $\ell = 6$. No couplings can be clearly recognized in these data. We stress that frequencies of the nonaxisymmetric modes ($m = 4$) are the same as the axisymmetric ones because the star is nonrotating and modes are degenerate in $m$.

V. CONCLUSIONS

We have compared various gravitational-wave–extraction methods that are nowadays very popular in numerical-relativity simulations: (i) the Abrahams-Price [65] technique based on the gauge-invariant Regge-Wheeler-Zerilli-Moncrief perturbation theory of a Schwarzschild spacetime; (ii) the extraction method based on Weyl curvature scalars, notably the $\psi_4$ function; (iii) some (variations of) quadrupole-type formulas. We have applied these methods to extract gravitational radiation from 3D numerical-relativity simulations of the very controlled system represented by a neutron star (with polytropic EOS), that is oscillating nonradially due to an initial pressure perturba-
tion. The simulations have been performed via the CACTUS-CARPET-CCATIE-WHISKY general-relativistic nonlinear code. This code evolves the full set of Einstein equations in full generality in the three spatial dimensions. The accuracy of the waveforms extracted from the simulations, using the three methods recalled above, has been assessed (for small perturbations) via a comparison with waveforms (assumed to be exact) computed by means of the PERBACCO perturbative code. This code is designed to evolve, in the time domain, the Einstein equations linearized around a TOV background. It is 1 + 1-dimensional (i.e., one temporal and one spatial dimension) and adopts a constrained evolution scheme. The latter choice allows for the computation of very long and very accurate time series and similarly accurate waveforms.

The initial pressure perturbation $\delta p$ is given as an “approximate” eigenfunction of the star, whose maximum is a fraction of the central TOV pressure $p_c$. We focused only on $l = 2$, $m = 0$, quadrupolar deformations, but we analyzed four values of the perturbation in order to cover the transition from the linear to the nonlinear oscillatory regimes. We have first presented results of simulations done using only the 1D PERBACCO code to assess the accuracy of our exact waveforms. We have performed very long (about 1 s) and accurate simulations to extract both mode frequencies and damping times. We have analyzed finite-radius effects, finding that observers should be placed at extraction radius $r > 200M$ in order to have amplitude errors below 1.6%.

In doing 3D simulations in the perturbative regime, ($10^{-3} \leq \max(\delta p/p_c) \leq 10^{-2}$), we have found that both metric and curvature wave-extraction techniques generate waveforms that are consistent, both in amplitude and phasing, with the perturbative results. Each method, however, was found to have drawbacks. On one hand, the Zerilli-Moncrief function presents an unphysical burst in the early part of the waveform; on the other hand, the $\psi_4$ scalar requires a polynomial correction to obtain the corresponding metric multipole. Our conclusion is that, in our setup, one needs both extraction methods to end up with accurate waveforms.

For larger values of the initial perturbation amplitude, nonlinear effects in the 3D general-relativistic simulations are clearly present. The effective relative amplitude of the main modes of the extracted gravitational wave is smaller for larger amplitudes of the initial perturbation, because of mode couplings. The Fourier spectra of the rest-mass–curvature wave-extraction techniques (curvature as well as metric perturbations) and to be always prepared to expect inaccuracies in the metric waveforms. In addition, concerning the many advantages related to extracting the metric waveforms directly from the space-time, we believe that it is also urgent and important for the community to have reliable implementations of the Abrahams-Price technique based on the Sarbach-Tiglio-Martel-Poisson [6,55,56,70] formalism.

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