Detecting Climate Teleconnections With Granger Causality

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Abstract Climate system teleconnections are crucial for improving climate predictability, but difficult to quantify. Standard approaches to identify teleconnections are often based on correlations between time series. Here we present a novel method leveraging Granger causality, which can infer/detect relationships between any two fields. We compare teleconnections identified by correlation and Granger causality at different timescales. We find that both Granger causality and correlation consistently recover known seasonal precipitation responses to the sea surface temperature pattern associated with the El Niño Southern Oscillation. Such findings are robust across multiple time resolutions. In addition, we identify candidates for unexplored teleconnection responses.

Plain Language Summary Teleconnections, or climate responses far away from a perturbation, are difficult to study. We have developed a new method of quantifying teleconnection strengths and identifying new teleconnections. When testing this method on global precipitation responses to El Niño surface temperature changes, not only does our method do a good job of recovering previous findings, but we identify several new possible teleconnections. Our method can be applied to any two climate variables and could be useful for attribution studies, for example changes in frequency of extreme events.

1. Introduction

Climate system teleconnections are responses in one region of the globe to perturbations far away. The most well-known and well-studied teleconnection stems from the El Niño Southern Oscillation (ENSO): A warmer or cooler anomaly condition in the tropical Pacific Ocean that results in changes in seasonal weather patterns in (for example) North America and Asia (Yuan et al., 2018). Other well-studied teleconnections include correlations between midlatitude temperature features that are mediated by Rossby waves (Hoskins & Karoly, 1981) and potential links from Arctic sea ice loss to midlatitude winter storms (Cohen et al., 2014).

In all cases, there must be physical mechanisms that link the forcing in one region to a response in another. In the case of the non-regular and complex ENSO fluctuations, equatorially propagating Kelvin waves trigger the event, leading to numerous downstream effects that are mediated by other modes of variability, including the Pacific Meridional Mode, the Pacific Decadal Oscillation, and the Indian Ocean Dipole (Chang et al., 2007; Chiang & Vimont, 2004; Hare & Mantua, 2002; Lorenzo et al., 2015; McPhaden, 2015; Stuecker, 2018; Stuecker et al., n.d.; Timmerman et al., 2018; Trenberth, 2019; Yuan et al., 2018). In addition, there is evidence of ENSO teleconnections via stratospheric mechanisms (Domiesen et al., 2019). Uncovering these mechanisms can be a time-consuming, research-intensive process. Methods that have been explored in previous studies include empirical orthogonal functions (Liu et al., 2002), Green’s function approaches (Harrop et al., 2018; Hill & Ming, 2012; Liu et al., 2020), the fluctuation-dissipation theorem (Fuchs et al., 2015), and system identification. Each of these methods has advantages and disadvantages and situations in which they are most useful.
A standard technique to detect teleconnections (prior to uncovering the underlying mechanisms) relies on computing correlations between time series of climate variables in different locations (Donner et al., 2017). Typically the world map is turned into a latitude-longitude grid, and each grid cell is represented by time series of variables measured in that location, for example, temperature, precipitation, or pressure. Then, correlations between time series in separate locations are computed (Boers et al., 2019; Fan et al., 2017; Wang et al., 2013; Yamasaki et al., 2008). Most methods in the literature rely on computing linear correlation coefficients. Nonlinear scores, like mutual information (Kantz & Schreiber, 2004a), do not alter the picture substantially (Donges et al., 2009). The ensuing relationships of strongly correlated time series can be interpreted as the links of a climate network, with the grid cells or locations as nodes (Boers et al., 2019; De Castro Santos et al., 2020; Donges et al., 2009; Donner et al., 2017; Fan et al., 2017; Guez et al., 2012; Steinhaeuser et al., 2011; Tsonis & Swanson, 2008; Wang et al., 2013; Yamasaki et al., 2008). Structural features of climate networks have been associated to critical climate phenomena, like ENSO (Fan et al., 2017; Yamasaki et al., 2008) and Rossby waves (Boers et al., 2019; Wang et al., 2013).

Although correlation-based methods have yielded useful results, they do not necessarily provide causal relationships among phenomena. They also suffer from problems related to interpretability (Fenton & Neil, 2012); for instance, low correlation values can lead to significant p-values depending on the length of the time series (for example, see Text S1). When cross-correlation is employed, a peak in a correlogram may be spurious (Damos, 2016) — for example, it can be a consequence of processes with feedback mechanisms (Chatfield & Xing, 2019), which are common in climate science. Moreover, one can observe high computed cross-correlation peaks even among any two time series due to serial autocorrelation within each time series, which is another common feature in geophysical time series (Falasca et al., 2019; McGraw & Barnes, 2018).

Here we explore a new method of measuring the strength of teleconnections by employing Granger causality (Granger, 1969), a concept that has gained increasing currency in climate science (McGraw & Barnes, 2018; Papagiannopoulou et al., 2017; Triacca, 2005) and differs from standard correlation in several important ways. First, Granger causality is defined explicitly as a statistical test to assess the predictive relationship of one time series with another. Thus, it has a clear interpretation that depends only on the choice of the null models. It also satisfies the two traditional assumptions for causal relationships: given two events such that A causes B, A must happen before B; and A must provide unique information needed to predict B, thus implying an information flow from A to B. Finally, Granger causality can be extended to a multivariate framework to incorporate multiple time series into the model.

In this work we employ Granger causality to uncover potential causal relationships between temperature anomalies in the tropical Pacific and precipitation anomalies in the rest of the globe (Figure 1). We show that our approach is able to recover known ENSO teleconnections and to identify candidates for new ones. Our methodology is robust and represents a powerful new tool to investigate how remote locations influence each other’s climate.

2. Methods

The steps in the methodology, which we describe in this section, are illustrated in Figure 1.

2.1. Data Set

We used hourly near-surface air temperature and precipitation data from the MERRA-2 reanalysis project (Molod et al., 2015). The data set covers the period from 1980 to 2018, with a resolution of 0.5° latitude × 0.625° longitude, for a total of 207,936 grid cells. Of these, we only consider grid cells between 80°N and 80°S. We then reduced the spatial resolution and sample frequency by transforming the data set to a resolution of 1.0° × 1.25° and temporally averaging to produce daily mean values, resulting in 365 measurements of each variable for each of the resulting 45,792 cells for each year. In the case of leap-years, we averaged the daily values of the 28th and 29th of February so all years have the same length. Precipitation data tends to be highly skewed, with many very small values and some values orders of magnitude larger. Therefore we re-scaled the precipitation time-series by applying a logarithmic function to all values.
We removed the seasonal cycle from the data by averaging temperature and precipitation values for each of the 365 calendar days. We considered the interval from January 1, 1980 to February 28, 2018 as the climatic period for which the long-term averages were computed. The anomalies are then obtained by subtracting for each day the respective average temperature or precipitation from the climatic period. For example, the January 1, 1998 anomaly is computed as the value for that day minus the average of all January 1 values between 1980 and 2018.

Due to climate change over this period, the obtained anomaly time series are not sufficiently stationary in time, in that the averages in specific periods are not stable. Since our methods require approximate stationarity, we detrended the anomaly time series at each grid point by employing ordinary least squares regression of order 2 on the time series at each point. We then subtract the fitted curve from the anomaly data. We finally smoothed the results across time by taking weekly averages of the temperature or precipitation anomalies to remove high frequency weather noise.

### 2.2. Lagged Correlation

Cross-correlation (also sometimes called lagged correlation) methods have been commonly used in climate science to find relationships between time series (Boers et al., 2019; Falasca et al., 2019; Fan et al., 2017). These techniques are based on calculating the Pearson correlation \( \rho_\tau \) between two time series \( x(t) \) and \( y(t) \) shifted by a time lag \( \tau \). One approach to find the highest correlation across all the lags is by defining an upper-bound time lag \( \tau_{\text{max}} \) and calculating the maximum Pearson correlation across the lags as

\[
C_{\tau_{\text{max}}} = \max \{ |\rho_\tau (x(t), y(t + \tau))| : 0 \leq \tau \leq \tau_{\text{max}} \}.
\]

This measure has been used as a way to construct a network of teleconnections among different regions and time series around the globe (Donner et al., 2017). We employ this cross-correlation as one of our methodologies to measure the relationships between temperature anomalies in the ENSO region and precipitation in each grid box.

Correlation (and cross-correlation) can be greatly influenced by the presence of outliers and by the overall distributions of the time series across the time and frequency domains. Because of that, we employ a null-model of surrogate instances generated for each pair of the original time series to serve as the basis to calculate the significance of their correlations (e.g., Arizmendi et al., 2014), an approach also known in statistics as bootstrapping (Kantz & Schreiber, 2004b). This is accomplished by calculating the \( p \)-value as a measure of significance among the surrogate pairs. Here, we obtained the surrogates using the refined...
Amplitude Adjusted Fourier Transform (AAFT) method (Theller et al., 1992). This technique shuffles the time series by randomizing the phases while preserving the distribution of magnitudes across the frequency spectrum. It is based on applying the Fourier transform to the data and separating the phase from the spectrum of magnitudes. Next the phase spectrum is replaced by uniformly distributed values. These surrogate data are then reassembled by means of the inverse Fourier transform. An extra iterative correction step is used to also preserve the probability distribution of the time series, for example, that average or extreme temperature and precipitation events are occurring with the same frequency in all realizations. Next, the p-value is calculated from the survival function of the surrogate distribution, more specifically, the area under the surrogate distribution curve considering all correlation values higher than $C_{r_{max}}$.

2.3. Granger Causality

The bivariate Granger causality (Damos, 2016; Hamilton, 1994) is defined as a causality test between two time series $x(t)$ and $y(t)$ according to a linear autoregressive model. If the inclusion of $y(t - r)$ to a linear predictive model significantly improves the prediction of $x(t)$ we say that $y$ Granger-causes (G-causes) $x$. More specifically, the test is defined in terms of the linear relationships between $x(t)$ and the lagged time series $x(t - r)$ and $y(t - r)$ for lags $r$ varying from 1 to a maximum value $r_{max}$. Two linear models are taken into consideration: the complete model, defined by

$$x(t) = a_0 + \sum_{t=1}^{r_{max}} \alpha_t x(t-r) + \sum_{t=1}^{r_{max}} \beta_t y(t-r) + \epsilon_t(t),$$

and the restricted model,

$$x(t) = \gamma_0 + \sum_{t=1}^{r_{max}} \gamma_t x(t-r) + \epsilon_t(t),$$

where $\alpha_t, \beta_t$, and $\gamma_t$ are constants that can be determined from the data by using ordinary least squares, and $\epsilon_t$ and $\epsilon_r$ correspond to the residuals of the complete and restricted models respectively.

The restricted model can be regarded as a null model for the hypothesis of $x(t)$ having no dependence on $y(t - r)$ (i.e., $\beta_t = 0$ for any $r$) in the bivariate analysis. The performance of the two models can then be compared in terms of their residuals. Thus, $y$ G-causes $x$ ($y \rightarrow x$) when the sum of the squared residuals for the complete model $R_c = \sum |\epsilon_c(t)|^2$ is significantly smaller than those observed for the restricted model, $R_r = \sum |\epsilon_r(t)|^2$.

For the Granger causality analysis, we employed a similar pipeline to the lagged correlation analysis. However, to accelerate its computation, instead of applying the significance test based on surrogate time series, we directly performed an $F$-test with $\chi^2$ asymptotic approximation (Hamilton, 1994) based on the sum of the residuals. In this test, a $\chi^2(r_{max})$ distribution is used to approximate the null model distributions of

$$F = (N - r_{max}) \frac{R_c - R_r}{R_r} \approx \chi^2(r_{max}),$$

where $N$ is the number of points in the time series. Finally, the $p$-values can be calculated from the survival distribution of $\chi^2(r_{max})$. As for lagged correlation, we select the more significant relationships by filtering the $p$-values in the higher percentile of the distribution. This way, we obtain a set with the most significant locations (grid cells) impacted by ENSO.

2.4. Persistence

It is possible to obtain spurious results that appear to be statistically significant but only for a single time resolution. To determine the robustness of our results to changes in the resolution of the time series, we introduce a persistence metric. For each method (lagged correlation and Granger causality), we compute at each grid point whether there is a statistically significant relationship between ENSO temperature and precipitation in that grid box, for different resolutions $r$. We considered values of $r$ ranging between 7 and 30 days to remove short-term weather noise while retaining a sufficient amount of data. We define persistence as the number of instances (choices of resolutions) that result in a statistically significant relationship (minimum of 5). Figure 2 compares the persistence of the two methods: Yellow values indicate equal persistence for lagged
correlation and Granger causality. Blue/red values indicate higher persistence for lagged correlation/Granger causality, respectively. See Text S1 for a comparison between the Granger Causality persistence calculated using the surrogate-based null-model and the approximated distribution.

3. Results

We consider as “ground truth” a number of regions where teleconnections have been reported in prior literature; the regions were digitized from IRI (2021a, 2021b), which are composites of results beginning with Ropelewski and Halpert (1987). Most of these regions (shaded areas in Figure 2) are well captured by both Granger causality (90-day maximum lag) and cross-correlation (also for 90-day maximum lag). Qualitatively, the two methods perform equally well in many of the ground-truth regions, such as the Equatorial Pacific, the horseshoe-shaped pattern in the Western and Central Pacific, the Australian Coasts, the Amazon, Southern Africa, and the Horn of Africa. Both methods tend to miss ground-truth ENSO features in the Sahel, but such relationships are variable and not robust (Janicot et al., 2001). There are several regions (boxes in Figure 2) where performance differs between lagged correlation and Granger causality (Also see Text S1).

The response over the Indian subcontinent (Region C) is different for the two methods, with only Granger causality recovering a statistically significant, persistent result for $p \leq 0.01$. Indian Summer Monsoon Rainfall (ISMР) and ENSO are known to be weakly anticorrelated; the magnitude of correlation is often much less than 0.5 (Ashok et al., 2019; Hrudya et al., 2020). Moreover, the correlation between ISMR and ENSO may have been weakening in recent years, possibly due to effects from increased greenhouse gas concentrations (Kumar et al., 1999), although stochastic variability could also cause an apparent weakening in correlation (Yun & Timmermann, 2018). There is little consensus about whether there is a strong relationship between ISMR and ENSO (Hrudya et al., 2020). Nevertheless, the Granger causality method does reveal a strong relationship between Niño 3.4 temperature and precipitation in central India. We hypothesize that
part of the difficulty in determining whether there is a robust relationship between ISMR and ENSO is because correlation appears not to be an effective diagnostic tool in this case.

For Western North America and the nearby Eastern Pacific (Region G in Figure 2), the picture is more mixed, with some regions showing a stronger response under lagged correlation and some under Granger causality. While there is a long history relating El Niño events and precipitation in western North America, especially California (Anrews et al., 2004; Schonher & Nicholson, 1989), as well as changes in California precipitation due to changing ENSO characteristics in response to climate change (Wang et al., 2014; Yoon et al., 2015), recent studies have cast doubt on the robustness of that relationship (O’Brien et al., 2019). Ku & Chen (2020) argue that predictability of the ENSO response in California using common methods is inhibited by low signal-to-noise ratios. Nevertheless, Region G does show a region in southern California that is almost exclusively identified by Granger causality, potentially indicating an advantage for Granger causality in low signal-to-noise ratio regimes. Further study is warranted.

Kumar and Chen (2020) argue that Eastern North America and the nearby Western Atlantic (Region H) are known to be influenced by ENSO in boreal winter (DJF) (Ropelewski & Halpert, 1987). Both methods show some statistically significant teleconnections in this region, and cross-correlation has a robust response in more grid boxes. Nevertheless, neither method recovers the robust DJF precipitation response described by Kumar and Chen (2020). It is difficult to pinpoint a reason behind this discrepancy. It could be due to different performance metrics (Kumar and Chen (2020) used the anomaly correlation coefficient, which would not make sense to compute in our current study), as well as a different observational set; MER-RA-2 is known to have substantial dry biases in this region, which could obscure teleconnections (Reichle et al., 2017). Further study is warranted before we make firm conclusions about this region.

It is perhaps not surprising that many regions identified by cross correlation fall within the ground truth, as many past analyses of teleconnections used correlation-based methods (Mason & Goddard, 2001). In addition, both Granger causality and cross-correlation have identified several regions that are predominantly picked up by only one method. Regions B and I in Figure 2 are more persistent with cross-correlation but do not substantially overlap with the ground truth. For these regions, Granger causality does detect at least some portion of the areas that the correlation-based method does, but for different maximum lag windows (Figure 3b), indicating that the maximum lag window is an important parameter in this methodology. Conversely, the maximum lag window does not appear to be important for cross-correlation (Figure 3a), which is counter-intuitive: there should be evolving seasonal dynamics of precipitation. This suggests a potential shortcoming of the cross-correlation method; further discussion of this issue can be found below.

Several regions appear to be persistent only for Granger causality (Figure 2), and with few exceptions, do not appear in the ground truth. We are reluctant to make any conclusions about whether the regions indicate real features of ENSO teleconnections. We highlight this as an area of future work, not only for understanding teleconnections, but also as further validation of our methodology.
It may appear strange that there are regions that satisfy Granger causality but do not appear to have a significant lagged correlation with El Niño 3.4 temperature (e.g., Regions C or J in Figure 2) according to our methods. Despite the fact that this can occur in real-world time series (Altman & Krzywinski, 2015), we attribute these phenomena to specific shortcomings of lagged correlation that are overcome by Granger causality (see Texts S1 and S2). Thresholds of statistical significance for cross-correlation are sensitive to the choice of the null model, whereas that is not the case for Granger causality. This effect can be easily demonstrated for a simple synthetic autoregressive time series (see Supporting Information S1) that shares many characteristics with large-scale geophysical data (e.g., MacMynowski et al., 2011): Cross-correlation only chooses a single lag of maximum correlation, whereas Granger causality incorporates information across all lags (up to $\tau_{max}$), resulting in a more robust metric. Also, while the results of the two methods are often consistent, in some cases the cross-correlation method may select a value with a slightly higher correlation with a lag that is temporally inconsistent with neighboring grid points, which is a physically spurious result.

Figure 4 shows globally aggregated metrics gauging how well cross-correlation ($C_r$) and Granger causality ($G_r$) perform against the ground truth for a given maximum lag $\tau$ (in days). For this comparison we adopted only the best results of each model, corresponding to $C_{16}$ and $G_{29}$ (a more complete set of plots is available in Figure S7). While the curves are nearly identical, Granger causality has slightly worse quantitative performance than cross-correlation as measured by the AUC score. This is likely because most of the errors in cross-correlation result from false negatives (misses), whereas in addition to false negatives, Granger causality also identifies several features (e.g., regions D, E, and J in Figure 2) that do not appear in the ground truth, which register as false positives. This effect is more clear by looking at precision and recall metrics (Text S4). Granger causality displays higher precision and recall than cross-correlation if we keep only the areas of lower $\rho$-values. This indicates that the most significant Granger causal relationships occur inside the ground-truth regions, lending confidence that the lower AUC scores for Granger causality are indeed primarily because that method identifies new features that are not in the ground truth.
To assess the similarity of the maps obtained by employing the two methodologies, we computed the Spearman rank correlation between $C_{\tau\text{max}}$ (cross-correlation) and $G_{\tau\text{max}}$ (Granger causality) for different values of the maximum time lag $\tau\text{max}$ (see Table S1). There is not much difference in the ranks for the cross-correlation method across the considered values of $\tau\text{max}$ (rank correlation values range between 0.77 and 0.94). On the other hand, Granger causality seems to be more sensitive to the maximum time lag because the autoregressive model encompasses all the information of previous lags (up to $\tau\text{max}$) to predict the time series.

4. Discussion and Conclusions

We have developed a new method of quantifying climate system teleconnections using Granger causality that complements existing methods like cross-correlation. In addition to accurately reproducing the results found in the ground truth (as cross-correlation also does), this new method has several advantages:

1. Granger causality identifies statistically causal relationships with high precision and recall when focusing on high-confidence regions (low $\rho$; Figure 4).
2. Cross-correlation appears to not vary substantially with the maximum lag window. Based on the information in Figure 3, we cannot conclude whether cross-correlation is indeed picking up longer-term modes of variability, as we would want for evaluating ENSO teleconnections. Conversely, relationships found by Granger causality differ with lag (Figure 3 and Text S2), which not only matches our physical intuition that relationships evolve over time, but also allows us to determine the timescale of different precipitation responses to Niño 3.4 temperature and, in principle, the spatiotemporal evolution of teleconnections.
3. Cross-correlation methods can cause spurious results (e.g., McGraw & Barnes, 2018), appearing as false positives due to serial autocorrelation among the time series. As was seen for the Indian Summer Monsoon, there is also potential for false negatives due to a relative insensitivity. We also encountered a U-shaped distortion for the distribution of maximum lags (Dean & Dunsmuir, 2016; Yule, 1926), which depends on the window size (see Figure S5, as well as an extended discussion in Text S1). Thus the selected best lags for cross-correlation, in some cases, are artifacts of the method.

The potentially novel results highlighted by the regions in Figure 2 need further investigation. Our method is useful for discovering statistically robust relationships, but these explanations are incomplete without connecting physical mechanisms. To aid in this process, one promising attribute of Granger causality is the ability to construct long causal chains, that is, the discovered relationships indicated in Figure 2 may be mediated by several intermediate steps. Other proposed techniques can detect indirect relationships or retrieve the causal graph (e.g., Runge et al., 2019; Zhou et al., 2015). Future work could explore indirect associations through a multivariate Granger causality framework, which is more suited to be compared to the mentioned techniques used to retrieve causal graphs. This could be useful for uncovering physical mechanisms and signal propagation through the Earth system.

Several aspects of our method require further exploration. An example is the maximum lag — for Granger causality, this appears to be an important parameter. We have not yet explored the ability of this parameter to reveal useful properties of relationships, such as signal propagation. Moreover, the lags we chose had an upper limit of 180 days, which is a reasonable limit for many of the effects of ENSO. However, that upper limit may need to be altered for other applications, which could introduce difficulties in obtaining clear signals, such as if the annual cycle interferes with the calculations or if other modes of variability begin to play important roles; these potential effects have not been explored. Other aspects of our method that need to be investigated include time averaging or filtering the precipitation results by percentile. These potential effects may impact the robustness of our method, but we have not explored them in detail.

Perhaps one of the most important aspects of our method is that it provides additional testable predictions about thus far unverified ENSO teleconnection regions. The ground truth we used for ENSO teleconnections (shaded regions in Figure 2) is a composite of results obtained over years of research. Our methodology has identified new regions, which need to be reconciled with that composite, resulting in rejection of our findings or an update to the suite of known ENSO teleconnection responses. This process could apply to teleconnection studies more generally, providing a systematic way of identifying teleconnections between
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