Opinions About the Most Appropriate Surgical Management of Diabetes-Related Foot Infection: A Cross-Sectional Survey

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Research

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Abstract

Background: There is a lack of high quality evidence to guide the optimal management of diabetes-related foot infection, particularly in severe cases of diabetes-related foot infection and diabetes-related foot osteomyelitis. This study examined the opinions of surgeons about the best management of severe diabetes-related foot infection.

Methods: Vascular and orthopaedic surgeons in Australia and New Zealand were invited to complete an online survey via email. The survey included multi-choice and open-ended questions on clinical management of diabetes-related foot infection. Responses of vascular surgeons and orthopaedic surgeons were compared using non-parametric statistical tests. Open-text responses were examined using inductive content analysis.

Results: 29 vascular and 20 orthopaedic surgeons completed the survey. One-third (28.6%) used best-practice guidelines to assist in decisions about foot infection management. Areas for guideline improvement identified included more specific advice regarding the indications for available treatments, more information about the overall non-surgical patient management and advice on how management can be varied in regions with limited health service resource. The probe-to-bone test and magnetic resonance imaging were the preferred methods of diagnosing osteomyelitis. Approximately half (51.2%) of respondents indicated piperacillin combined with Tazobactam as the preferred antibiotic choice for empirical treatment of severe diabetes-related foot infection. Negative pressure wound therapy was the most common way of managing a wound following debridement. All vascular surgeons (100%) made revascularisation decisions based the severity of ischemia while most orthopaedic surgeons (66.7%) were likely to refer to vascular surgeons to make revascularisation decisions. Vascular surgeons preferred using wound swabs while orthopaedic surgeons favoured tissue or bone biopsies to determine the choice of antibiotic. Respondents perceived a moderate variation in management decisions between specialists and supported the need for further trials to test different management pathways.

Conclusions: Most vascular and orthopaedic surgeons do not use best-practice guidelines to assist in decisions about management of diabetes-related foot infection. Vascular and orthopaedic surgeons appear to have different preferences for wound sampling to determine choice of antibiotic. There is a need to advance available evidence supporting different treatments and the related guidelines for the surgical managing of diabetes-related foot infection.

Background

Foot infection is a common complication of diabetes and varies in severity (1, 2). Severe diabetes-related foot infection (DFI) often precipitates hospital admission and requirement for lower extremity amputation (3). Management of DFI is challenging due to difficulties with diagnosis, limited evidence from high quality clinical trials and heterogeneity in clinical presentation (3). Bone biopsy, for example, is the gold-standard method to diagnose diabetes-related foot osteomyelitis and to determine choice of
antibiotic but is highly invasive and not always appropriate to use (3, 4). International best-practice guidelines for management of DFI recognise that the evidence to support recommendation is limited due to the lack of high-quality clinical trials (3). Only one reported randomised clinical trial, for example, has tested whether surgical or medical treatment is superior for treating diabetes-related foot osteomyelitis (5). This trial was too small with too short follow-up to clarify the most appropriate management (5).

The lack of high quality evidence means that there is limited consensus to guide optimal management of DFI, particularly in severe cases of DFI and diabetes-related foot osteomyelitis (6-8). This is echoed in a recent survey of Australian and New Zealand infectious diseases clinicians which reported limited consensus on how DFI was treated amongst this group of clinicians (9). In Australia and New Zealand, surgical management of DFI is mainly performed by vascular and orthopaedic surgeons, but these specialties were not included in the previous survey on this topic (10, 11). The aim of this study was to discover vascular and orthopaedic surgeons’ opinions about the management of DFI. Due to the prior evidence of variation in practice in Australia and New Zealand, the survey was focused on vascular and orthopaedic surgeons practicing in this region.

Methods

Study design

This descriptive cross-sectional study administered an online survey through the Qualtrics platform between January 2021 and April 2021. The survey was piloted and refined in consultation with vascular surgeons with experience in managing DFI. The final 21-question survey had three sections: Participant demographics (5 questions); management of DFI and osteomyelitis (10 questions); clinical consensus and areas for further research (6 questions). The survey included both multiple choice and free-text questions to facilitate in-depth responses. A full copy of the survey is included in Additional File 1. Likert scales (5-point rating scale) were used to gauge perceived usefulness of diagnostic modalities for osteomyelitis, variation in clinical practice, confidence in managing key aspects of DFI and perceptions on the need for further clinical trials.

Survey dissemination

A purposive sampling technique was used to distribute the online survey. Professional associations whose members (i.e. vascular and orthopaedic surgeons) were involved in the surgical management of DFI were approached to assist with disseminating the survey. The associations agreeing to assist in dissemination were Diabetes Feet Australia, Australian Orthopaedic Association, Australia and New Zealand Society for Vascular Surgery, the Queensland Statewide Diabetes Clinical Network and New South Wales Diabetes and Endocrine Network.
Data analysis

Survey responses were deemed eligible for inclusion if at least 50% of the questions were completed. Descriptive analysis was conducted to determine participant characteristics and to sum their responses. The Mann-Whitney U and Yates Continuity Correction tests were used to assess statistical differences between the responses of the vascular and orthopaedic surgical specialties, and also between responses of surgeons working in the public and private setting. The Fisher-Freeman-Halton test was used to analyse contingency tables greater than 2x2 and where there were expected cell counts of less than 5. A p-value of <0.05 was considered statistical significance. Statistical analyses were performed using SPSS V25 (IBM Corp, Armonk, NY, USA). Open-text responses were analysed using inductive content analysis, performed by LS, who read all responses and generated categories to provide a description of the responses. As not all survey respondents answered every question, the number of respondents answering a question was used as the denominator for the relevant results of that question and percentages calculated using this denominator.

Results

Participants

A total of 49 survey responses were received, with 42 being complete and seven including responses to at least 50% of questions. Participant characteristics are shown in Table 1. 29 respondents (59.2%) were from vascular surgeons and 20 respondents (40.8%) were from orthopaedic surgeons. Most (46; 93.9%) were also Royal Australasian College of Surgeons accredited consultants.

Table 1: Characteristics of the forty nine participants
Surgical specialty
- Vascular surgery: 29 (59.2%)
- Orthopaedic surgery: 20 (40.8%)

Location
- Queensland: 29 (59.2%)
- New South Wales: 5 (10.2%)
- South Australia: 2 (4.1%)
- Tasmania: 4 (8.2%)
- Victoria: 3 (6.1%)
- Western Australia: 2 (4.1%)
- Australian Capital Territory: 3 (6.1%)
- New Zealand: 3 (6.1%)

Primary place of work
- Public hospital: 31 (63.3%)
- Private practice: 18 (36.7%)

Years of medical experience: 27.0 (9.4)

Designation
- RACS accredited Consultant: 46 (93.9%)
- Others: 3 (6.1%)

Data presented as number (%) and mean (standard deviation). RACS = Royal Australasian College of Surgeons.

Current management practices

Responses to questions on current management practices are summarised in Table 2. The extent of infection was determined most commonly by the degree of tissue necrosis (30/49; 61.2%) and/or the extent of erythema (27/49; 55.1%). International classification systems were rarely used to determine the extent of infection (13/49; 26.5%). The most common wound sampling method for guiding the choice of antibiotic was the wound swab (27/49; 55.1%), followed by tissue or bone biopsy (17/49; 34.7%). There was a statistically significant difference (Fisher-Freeman-Halton = 14.512, p < 0.001) in the sampling method preferred by vascular and orthopaedic surgeons. Vascular surgeons (22/29; 75.9%) preferred
wound swabs but orthopaedic surgeons (13/20; 65.0%) preferred tissue or bone biopsies to guide antibiotic choice for severe DFI.

Most respondents (35/49; 71.4%) did not use a guideline to assist their management of DFI. This finding was consistent in both surgical specialties ($x^2 = 0.610, p = 0.435$).

**Table 2: Current management practices**
| Determining extent of infection prior to surgical treatment | Total | Vascular surgeons | Orthopaedic surgeons | p-value |
|-----------------------------------------------------------|-------|-------------------|----------------------|---------|
| Based on international classification system              | 13/49 (26.5%) | 9/29 (31.0%) | 4/20 (20.0%) | 2 |
| Based on extent of erythema                               | 27/49 (55.1%) | 18/29 (62.1%) | 9/20 (45.0%) | |
| Based on extent of skin with raised temps                 | 19/49 (38.8%) | 14/29 (48.3%) | 5/20 (25.0%) | |
| Based on amount and type of wound exudate                 | 21/49 (42.9%) | 14/29 (48.3%) | 7/20 (35.0%) | |
| Based on extent of swelling                               | 20/49 (40.8%) | 15/29 (51.7%) | 5/20 (25.0%) | |
| Based on degree of tissue necrosis                        | 30/49 (61.2%) | 19/29 (65.5%) | 11/20 (55.0%) | |
| Others                                                    | 18/49 (36.7%) | 6/29 (20.7%)  | 12/20 (60.0%) | |

| Wound sampling prior to surgical treatment                |       |                   |                     |         |
|-----------------------------------------------------------|-------|-------------------|----------------------|---------|
| Tissue or bone biopsy                                     | 17/49 (34.7%) | 4/29 (13.8%) | 13/20 (65.0%) | p < 0.001 |
| Wound swab                                                | 27/49 (55.1%) | 22/29 (75.9%) | 5/20 (25.0%) |         |
| Others                                                    | 5/49 (10.2%) | 3/29 (10.3%)  | 2/20 (10.0%) |         |

| Guideline usage                                           |       |                   |                     |         |
|-----------------------------------------------------------|-------|-------------------|----------------------|---------|
| Yes                                                       | 14/49 (28.6%) | 10/29 (34.5%) | 4/20 (7.4%) | P = 0.435 |
| No                                                        | 35/49 (71.4%) | 19/29 (65.5%) | 16/20 (29.6%) |         |

| Antibiotic choice                                         |       |                   |                     |         |
|-----------------------------------------------------------|-------|-------------------|----------------------|---------|
| Piperacillin/Tazobactam                                    | 21/41 (51.2%) | 13/22 (59.1%) | 8/19 (42.1%) | p = 0.871 |
| Amoxicillin/Clavulanic acid                               | 8/41 (19.5%) | 4/22 (18.2%)  | 4/19 (21.1%) |         |
| Cefazolin                                                 | 5/41 (12.2%) | 2/22 (9.1%)   | 3/19 (15.8%) |         |
| Defer to guidelines or infectious diseases                | 5/41 (12.2%) | 2/22 (9.1%)   | 3/19 (15.8%) |         |
| Other antibiotics | 2/41 (4.9%) | 1/22 (4.5%) | 1/19 (5.3%) |
|-------------------|------------|------------|------------|
| **Antibiotic route** |            |            |            |
| IV                | 31/40 (77.5%) | 18/21 (85.7%) | 13/19 (68.4%) | $p = 0.518$ $^3$ |
| IV + Oral         | 2/40 (5.0%) | 1/21 (4.8%) | 1/19 (5.3%) |
| Defer to guidelines or infectious diseases physicians | 5/40 (12.5%) | 2/21 (9.5%) | 3/19 (15.8%) |
| Others            | 2/40 (5.0%) | 0/21 (0.0%) | 2/19 (10.5%) |
| **Wound dressing selection $^1$** | | | |
| Iodine-based dressings | 26/42 (61.9%) | 14/22 (63.6%) | 12/20 (60.0%) | $^2$ |
| Betadine paint     | 10/42 (23.8%) | 9/22 (40.9%) | 1/20 (5.0%) |
| Saline soaked packing | 19/42 (45.2%) | 12/22 (54.5%) | 7/20 (35.0%) |
| Betadine soaked packing | 13/42 (31.0%) | 10/22 (45.5%) | 3/20 (15.0%) |
| Chlorohexidine-based dressings | 1/42 (2.4%) | 0/22 (0.0%) | 1/20 (5.0%) |
| Silver-based dressings | 23/42 (54.8%) | 11/22 (50.0%) | 12/20 (60.0%) |
| Honey-based dressings | 1/42 (2.4%) | 0/22 (0.0%) | 1/20 (5.0%) |
| Negative pressure therapy | 38/42 (90.5%) | 19/22 (86.4%) | 19/20 (95.0%) |
| No dressing        | 2/42 (4.8%) | 2/22 (9.1%) | 0/20 (0.0%) |
| Others             | 9/42 (21.4%) | 8/22 (36.4%) | 1/20 (5.0%) |
| **Wound closure after debridement $^1$** | | | |
| Healing by primary closure | 19/42 (45.2%) | 10/22 (45.5%) | 9/20 (45.0%) | $^2$ |
| Healing by delayed primary closure | 27/42 (64.3%) | 13/22 (59.1%) | 14/20 (70.0%) |
| Superficial skin graft | 18/42 | 13/22 | 5/20 (25.0%) |
Healing by secondary intention

|                  | (42.9%) | (59.1%) |
|------------------|---------|---------|
| Healing by secondary intention | 39/42 (92.9%) | 20/22 (90.9%) | 19/20 (95.0%) |

1 % do not add up to 100% as participants could select multiple responses, 2 As responders could indicate a positive response to more than one option statistical testing was not possible due to the dependence of responses, 3 Fisher-Freeman-Halton test, 4 Yates continuity correction

Respondents who used guidelines were also asked to detail what they thought was lacking in the current guidelines. Three main themes were identified from their responses: (i) Treatment-based decisions, (ii) Holistic management and (iii) Local resource considerations.

Table 3 reports this in greater detail.

**Table 3:** Additional areas to be covered in guidelines

| Additional areas to be covered in guidelines | n |
|---------------------------------------------|---|
| Treatment-based decisions                   | 9 |
| • Indications for conservative vs surgical management |
| • Optimal offloading and biomechanical considerations |
| • Vascular intervention                      |
| • Imaging criteria                           |
| • Charcot vs infection considerations       |
| Holistic management                          | 7 |
| • Co-morbidities                             |
| • Indicators of function                     |
| • Patient education                          |
| • Dietary management of diabetes             |
| Local resource consideration                 | 2 |
| • Distance to nearest hospital               |
| • Availability of podiatry services          |

Sample quotes are given below to illustrate these themes:

(i) Treatment-based decisions

“The timing of debridement is not clear” (Orthopaedic surgeon 11)

“The role of total contact casting. Determining infection vs Charcot arthropathy.” (Orthopaedic surgeon 7)

(ii) Holistic management
“Adding patients’ baseline levels (ADSLs)... life expectancy and other co-morbidities into equation” (Vascular surgeon 21)

“Long-term indicators of function (i.e. cognitive assessment; health literacy; social networking)” (Vascular surgeon 15)

(iii) Local resource considerations

“Consideration of local resources available like podiatry services.” (Orthopaedic surgeon 17)

Half (21/41; 51.2%) of the respondents indicated that Piperacillin combined with Tazobactam was their preferred choice of antibiotic for the empirical management of severe DFI. Most (31/40; 77.5%) respondents preferred an intravenous route of antibiotic administration. Few respondents indicated that their choice (5/41; 12.2%) and route (5/40; 12.5%) of antibiotic was based on guidelines or on advice from infectious diseases physicians. There was no statistical difference in the choice and route of delivery for antibiotics between orthopaedic and vascular surgery specialties (Fisher-Freeman-Halton = 1.799, p = 0.871; Fisher-Freeman-Halton = 2.832, p = 0.518). Negative pressure dressings were the most common method used to manage open wounds (38/42; 90.5%) with most wounds left to heal by secondary intention (39/42; 92.9%).

Perceptions regarding clinical management and further research

Table 4 summarises respondents’ opinions about the usefulness of diagnostic modalities for osteomyelitis, variation in clinical practice, confidence in managing key aspects of DFI and perceptions on the need for further clinical trials. Results were reported as median (IQR). The probe-to-bone test (4/5 (3 - 5)) and magnetic resonance imaging (4/5 (3 - 5)) were seen as the most useful ways to diagnose osteomyelitis and this was not significantly different between both the vascular and orthopaedic surgeons (p = 0.082, p = 0.922). Respondents were confident about making management decisions with a median confidence score of 4 out of 5 in all aspects covered. Respondents indicated greatest confidence in the indications for surgical debridement (5/5 (4 - 5)). Respondents felt that there was moderate variation (i.e. median variation score of 3) between specialists in most management decisions. The choice of wound dressing was felt to be particularly variable (4/5 (3 - 5)). Respondents perceived moderate need (minimum median score of 3) for further randomised controlled trials exploring key aspects of DFI management. There was no statically significant difference between the response of vascular and orthopaedic surgeons.

Table 4: Perceptions of managing diabetes-related foot infection and osteomyelitis
### Usefulness for diagnosing diabetic foot osteomyelitis

| Test                                      | Total | Vascular surgeons | Orthopaedic surgeons | p-value |
|-------------------------------------------|-------|------------------|----------------------|---------|
| Probe-to-bone test                        | 35/49 | 19/29            | 16/20                | p = 0.082 |
|                                           | 4 (3 - 5) | 4 (3 - 5) | 3 (2 - 4)            |         |
| Bone biopsy                               | 35/49 | 18/29            | 17/20                | p = 0.303 |
|                                           | 3 (2 - 5) | 3 (2 - 4) | 4 (2 - 5)            |         |
| Plain x-ray                               | 40/49 | 22/29            | 18/20                | p = 0.757 |
|                                           | 3 (2 - 4) | 3 (2 - 4) | 3.5 (2 - 4)          |         |
| Magnetic resonance imaging                | 39/49 | 21/29            | 18/20                | p = 0.922 |
|                                           | 4 (3 - 5) | 4 (3.5 - 5) | 4 (3 - 5)            |         |
| Bone scan                                 | 24/49 | 12/29            | 12/20                | p = 0.478 |
|                                           | 3 (2 - 4) | 3 (2 - 4) | 3 (2 – 3.75)         |         |
| PET-CT scan                               | 19/49 | 10/29            | 9/20                 | p = 0.720 |
|                                           | 3 (3 - 4) | 3 (2.75 - 4) | 4 (3 - 4)            |         |

### Confidence in:

| Decision                              | Total | Vascular surgeons | Orthopaedic surgeons | p-value |
|---------------------------------------|-------|------------------|----------------------|---------|
| Wound dressing choice                 | 40/49 | 21/29            | 19/20                | P = 0.065 |
|                                       | 4 (3.25 - 5) | 5 (4 – 5) | 4 (3 – 4)            |         |
| Antibiotic choice                     | 39/49 | 21/29            | 18/20                | P = 0.053 |
|                                       | 4 (4 - 5) | 4 (4 - 5) | 4 (3 – 4)            |         |
| Antibiotic duration                   | 40/49 | 22/29            | 18/20                | P = 0.638 |
|                                       | 4 (3 – 4) | 3.5 (3 - 4) | 4 (3 - 4)            |         |
| Indications for removal of infected bone | 41/49 | 22/29            | 19/20                | P = 0.954 |
|                                       | 4 (4 - 5) | 4.5 (4 - 5) | 4 (4 - 5)            |         |
| Indications for surgical debridement  | 42/49 | 22/29            | 20/20                | P = 0.083 |
|                                       | 5 (4 - 5) | 5 (4 - 5) | 4 (4 - 5)            |         |
| Extent of surgical debridement        | 42/49 | 22/29            | 20/20                | P = 0.190 |
|                                       | 4 (4 - 5) | 5 (4 - 5) | 4 (4 - 5)            |         |

### Variation in:


|                              | 41/49 | 21/29 | 20/20 | p = |
|------------------------------|-------|-------|-------|-----|
| Wound dressing choice        | 4 (3 - 5) | 4 (3.5 - 5) | 4 (3 – 4) | 0.122 |
| Antibiotic choice            | 40/49 | 21/29 | 19/20 | p = |
|                              | 3 (2 - 4) | 3 (2 – 3.5) | 3 (2 – 4) | 0.830 |
| Antibiotic duration          | 40/49 | 21/29 | 19/20 | P = |
|                              | 3 (2 – 3.75) | 3 (3 - 4) | 3 (2 – 4) | 0.320 |
| Indications for removal of infected bone | 38/49 | 19/29 | 19/20 | P = |
|                              | 3 (3 - 4) | 3 (2 - 3) | 3 (2 – 4) | 0.525 |
| Indications for surgical debridement | 38/49 | 20/29 | 18/20 | P = |
|                              | 3 (2 - 4) | 3 (2 - 4) | 3 (2 – 4) | 0.806 |
| Extent of surgical debridement | 41/49 | 21/29 | 20/20 | P = |
|                              | 3 (2 - 4) | 3 (2 - 4) | 3 (2 – 4) | 0.764 |

**Need for further randomised clinical trials exploring:**

|                              | 31/49 | 16/29 | 15/20 | p = |
|------------------------------|-------|-------|-------|-----|
| Wound dressing choice        | 3 (3 - 4) | 4 (3 - 5) | 3 (3 – 4) | 0.216 |
| Antibiotic choice            | 33/49 | 18/29 | 15/20 | p = |
|                              | 3 (2 - 4) | 3 (2 - 4) | 3 (2 – 4) | 0.789 |
| Antibiotic duration          | 35/49 | 18/29 | 17/20 | p = |
|                              | 4 (3 - 4) | 4 (3 - 4) | 4 (2.5 - 4) | 0.732 |
| Indications for removal of infected bone | 34/49 | 17/29 | 17/20 | p = |
|                              | 4 (3 - 5) | 4 (3 - 5) | 4 (2.5 - 5) | 0.610 |
| Indications for surgical debridement | 32/49 | 14/29 | 18/20 | p = |
|                              | 4 (2 - 5) | 4 (2 – 4.25) | 4 (2.75 - 5) | 0.639 |
| Extent of surgical debridement | 34/49 | 16/29 | 18/20 | p = |
|                              | 4 (2.75 – 4.25) | 4 (3 – 4.75) | 4 (2 – 4.25) | 0.506 |

1 Reported as median (IQR), 2 Mann-Whitney U test

In an optional open-ended question, respondents were asked about their management decision for revascularisation. Content analysis identified two main themes: (i) Revascularisation decision based on
assessment of the severity of ischemia and (ii) Referral to vascular surgery for revascularisation decisions. Table 5 reports this in greater detail.

Table 5: Revascularisation decisions

| Revascularisation decision                      | Total     | Vascular surgery | Orthopaedic surgery |
|------------------------------------------------|-----------|------------------|---------------------|
| Severity of ischemia determined via:           |           |                  |                     |
| • Toe pressures/ABI \(^1\)                      | 23/33 (69.7%) | 18/18 (100.0%)   | 5/15 (33.3%)        |
| • Palpation of foot/lower limb pulses           |           |                  |                     |
| • Imaging modalities                           |           |                  |                     |
| • Wound healing & appearance                   |           |                  |                     |
| Referral to vascular surgery                   | 10/33 (30.3%) | 0/18 (0%)        | 10/15 (66.7%)       |

\(^1\)ABI= Ankle brachial pressure index

Sample quotes are given below:\(^1\) ABI= Ankle brachial pressure index

(i) Severity of ischemia

This theme formed the largest section of comments (23/33; 69.7%). All vascular surgeons who commented (18/18; 100.0%) on this question mentioned that they would make revascularisation decisions based on the severity of ischemia. These were determined using a combination of imaging modalities, ankle and toe Doppler pressures, palpation of pulses and/or based on the healing and appearance of the wound itself.

“Clinical assessment along with aid of toe pressures, duplex ultrasound and addition of MRA or angiography.” (Vascular surgeon 29)

“Degree of ischemia of tissues clinically, absent pulses and toe pressures.” (Vascular surgeon 22)

(ii) Referral to vascular surgery

In contrast, a majority of orthopaedic surgeons who commented on this question mentioned that they would refer to vascular surgery to make revascularisation decisions (10/15; 66.7%).

“Vascular consults, guided by their (vascular surgery) valued opinion – if they believe there is a benefit we run with it.” (Orthopaedic surgeon 15)

Private vs public setting differences
The responses of surgeons that mainly worked in public hospitals were not significantly different to those mainly working in the private sector, with one exception (Additional File 2). Surgeons working privately were more likely to see value (4/5 on a 5-point Likert rating scale) in RCTs testing different wound dressings compared to those working in the public setting (3/5) (p = 0.040).

**Discussion**

This study is the first to report the perceptions of surgeons about management of severe DFI. The main findings were that relatively few vascular and orthopaedic surgeons felt guidelines were valuable in guiding decisions on DFI management. Vascular and orthopedic surgeons did not defer significantly in their responses on most management aspects such as the type of empirical antibiotic, method to diagnose DFO and dressing selection. There was a notable difference in the wound sampling method used to guide choice of antibiotic. Vascular surgeons were more inclined to use wound swabs compared to orthopaedic surgeons who preferred tissue or bone biopsies. The reason for this variation is not clear and might warrant further investigation.

Currently, best-practice guidelines recommend a tissue or bone biopsy as gold standard in determining the causative pathogen for DFI (3). Bone biopsy is invasive and it is likely vascular surgeons may have felt inappropriate to perform a bone biopsy unless an amputation was being performed as part of clinical care. Less than one-third of respondents indicated they used clinical guidelines to guide their management of DFI. The survey did not gather information on the reasons for this. One possible explanation is the lack of focused guidelines on the surgical management of DFI. A number of respondents indicated in their free text responses that guidelines could be improved by covering specific treatment decisions and providing a more holistic management approach. Past research suggest that barriers to use of best-practice guidelines for wound care include the heterogeneous presentation of DFI, complexity of best-practice recommendations and lack of financial incentives to following best practice (12, 13). Warriner and Carter in their review of wound care guidelines suggested that these could be advanced by greater patient involvement and more complete consideration of the effect of varying resources on implementation, such as the impact of a tertiary versus a regional setting (13). Currently, the International Working Group on the Diabetic Foot (IWGDF) guidelines are recommended for clinical management of DFI in Australia (11). It is likely that the IWGDF guideline, although evidence-based, lacks contextualisation to the local situation and is therefore not widely adopted, as evidenced in our survey. Work is currently being undertaken to develop up-to-date Australian-specific guidelines for diabetes-related foot management using the IWGDF guidelines as a reference (14). The development of the Australian-specific guidelines has undergone rigorous initial public consultations and review by local experts, with an up-to-date Australian guideline expected to be released later this year (14).

Survey respondents agreed on the usefulness of the probe-to-bone test and magnetic resonance imaging (MRI) in diagnosing osteomyelitis. This is in line with past research and current guidelines (15–17). Although survey respondents were confident in managing DFI, they indicated there was a moderate variation in management, particularly in relation to choice of wound dressing. Given the myriad of wound
dressings available and the varying costs associated with different types of wound dressings this is not surprising. Currently, there is no robust evidence suggesting superiority of one dressing over another for managing a diabetic foot wound and best-practice guidelines suggest the choice of dressings should be based on wound healing principles, dressing costs and patient preferences and for treatment of infected wounds, should contain antimicrobial properties (18, 19). For management of a post-surgical diabetic foot wound, current guidelines suggest considering the use of negative pressure wound therapy although evidence for this is low at this stage (19).

Similar to a survey amongst Australian and New Zealand infectious diseases physicians, vascular and orthopaedic surgeons preferred using MRI to diagnose osteomyelitis and reported limited use of clinical guideline to aid management of DFI (9). Similar to vascular surgeons responding to this study, the majority of infectious diseases physicians preferred using superficial swabs to guide the use of antibiotics. The heterogeneity of antimicrobial treatments reported in the survey of infectious diseases physicians was less evident in the current survey, with approximately half of respondents indicating Piperacillin combined with Tazobactam was the preferred antibiotic. A possible explanation for this disparity is that the current survey asked about the initial empirical antibiotic management of DFI and thus it is likely for respondents to list an antibiotic that provides a broad spectrum of antimicrobial cover.

Survey respondents identified a moderate need for further clinical trials testing key aspects of management. This is in keeping with the IWGDF guidelines and a recently published systematic review, which have highlighted uncertainties in many areas of managing DFI due to the lack of high-quality clinical trials (3, 6). Surgeons that mainly worked in the private sector perceived greater value in RCTs testing wound dressings than those working at public hospitals. The reasons for this difference are not clear but could relate to greater availability of different types of dressings within the private than public setting due to disparate economic situations.

The strengths of this study include the inclusion of open-ended survey questions, which have provided a greater insight into DFI management in a reasonable number of vascular and orthopaedic surgeon respondents. This study also has several limitations which should be considered when interpreting the results. Firstly, as the surveys were disseminated through multiple professional societies, it was not possible to determine the response rate. The findings are also subject to participant bias, with respondents expected to be more likely than non-responders to have an interest or expertise in managing DFI. In addition, it was not possible to examine variation in DFI practice, particularly between surgeons working in metropolitan and regional areas as postcodes of respondents were not collected. Lastly, as the study was conducted in Australia and New Zealand, the findings may not be relevant to other countries.

Conclusions

In conclusion, this survey suggests that Australian and New Zealand vascular and orthopaedic surgeons have relatively similar management approaches for DFI. A statistically significant difference in the preferred wound sampling method was noted. Few of the responding surgeons used best-practice
guidelines to guide management of DFI. There was a perceived moderate variation in clinical management and moderate need for clinical trials investigating key aspects of DFI management. Our findings highlights that the available evidence supporting different treatments and the related guidelines for the surgical managing of DFI need to be advanced.

**Abbreviations**

DFI   Diabetes-related foot infection  
DFO   Diabetes-related foot osteomyelitis  
MRI   Magnetic resonance imaging  
IWGDF International Working Group on the Diabetic Foot  
RCT   Randomised clinical trials

**Declarations**

**Ethics approval and consent to participate:** This study received an ethics waiver from the Townsville Hospital and Health Service Human Research Ethics Committee (LNR/2020/QTHS/69539). Ethics waivers are available for clinical audits and quality improvement or assurance research activities that are considered as being of low or negligible risk. Participants imply their consent by online submission of the survey.

**Consent for publication:** Not applicable.

**Availability of data and materials:** Survey data are available from the corresponding author on reasonable request.

**Competing interests:** The authors declare that they have no competing interests.

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**Authors’ contributions:** JG takes responsibility for the integrity of the work as a whole, from inception to published article. JG designed the research study. JG, LS, AD and MF designed the survey tool. JG, LS and AD collected and analysed the data. LS and AD wrote the manuscript, with all authors editing and approving the final manuscript version.

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