Landscape of immune checkpoint inhibitor-related adverse events in Chinese population

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This study aimed to describe the landscape of immune checkpoint inhibitors (ICIs)-related adverse events (AEs) in a predominantly Chinese cohort. We searched electronic datasets including PubMed, Web of Science and Embase to identify and recruit relevant trials up to September 2, 2019. Clinical trials focusing on ICIs in Chinese patients or a predominantly Chinese population were included. Incidences of treatment-related AEs (TRAEs) and immune-related AEs (irAEs) were pooled and compared. In total, we recruited 13 trials consisting of 1063 patients, with 922 (86.7%) receiving ICI monotherapy and 141 (13.3%) receiving combination of ICI with chemotherapy or anti-angiogenesis. The pooled incidence of any grade TRAEs, grade 1–2, grade 3–5 TRAEs, any grade irAEs, grade 1–2 irAEs and grade 3–5 irAEs in all 1063 patients were 84.1%, 63.3%, 20.9%, 43.3%, 40.0% and 3.0%, respectively. Moreover, 4.3% (44/1018) of patients experienced treatment discontinuation and only 8 (0.8%) patients experienced treatment-related death. Compared to ICI monotherapy, combination significantly increased grade 3–5 TRAEs (46.1% vs. 17.0%, \( P < 0.001 \)) and grade 3–5 irAEs (7.1% vs. 2.0%, \( P = 0.015 \)). By comparing the toxicity profiles between different ICIs, we found some drug-specific AEs such as reactive capillary haemangiomas for camrelizumab (58.6%), hyperglycemia for toripalimab (55.6%) and pyrexia for tislelizumab (54.3%). Additionally, nivolumab has the lowest incidence of any grade (64.1%) and grade 3–5 (11.8%) TRAEs. ICI-related AEs were generally mild and tolerable for a predominantly Chinese cohort. However, we should pay attention to the combination of ICI with chemotherapy as it could increase grade 3–5 TRAEs and irAEs.

Cancer has become as the leading cause of death and the single most important barrier to health life expectancy in every country of the world in the twenty-first century. Also, the increasing cancer incidence and mortality has made cancer the leading cause of death and a major public health problem in China. In recent years, the advances in early detection and treatment as well as the growth and aging of the population has enabled the increasing of cancer survivors in developed countries like the USA. However, the scenario is different in less developed countries like China because the underdeveloped economy and poor medical care constrain the access to routine cancer screening and novel and effective anti-tumor treatments. Therefore, cancer treatment still remains a huge challenge and threat in China.

Over the past 5 years, immunotherapy represented by immune checkpoint inhibitors (ICIs) targeting programmed death 1 (PD-1), programmed death ligand-1 (PD-L1) and cytotoxic T lymphocyte-associated antigen-4 (CTLA-4) has become an important milestone in cancer treatment. Different from conventional cytotoxic drugs, ICI enhances the autoimmune power to kill cancer cells through blocking negative regulators expressed on immune or tumor cells. Currently, ICI (nivolumab, pembrolizumab, atezolizumab, durvalumab and ipilimumab) alone or combined with chemotherapy has become the standard first-line or second-line therapies for various malignancies. The durable response to ICI makes cancer a “chronic disease” for a small proportion of patients. Despite the impressive efficacy, ICI-related toxicities (i.e., immune-related adverse events, irAEs)
should not be neglected because many like myocarditis and pneumonitis are covert and fatal\(^1\). Having a knowledge of these fatal irAEs is the key for successful application of ICI in clinical practice.

Although ICI has been applied in clinical practice for a few years, safety data from Chinese cohorts were very rare. Given the heavy tumor burden and strong need for ICI, it is therefore of great importance and clinical significance to describe the safety profile of ICIs in Chinese patients. Here, we report the landscape of irAEs in a predominantly Chinese cohort to provide a preliminary understanding and aid clinicians in improving early recognition and management of irAEs through a comprehensive review of published literatures.

Materials and methods

Online datasets and searches. Three investigators (LL, GL and BR) independently searched the online datasets including PubMed, Web of Science and Embase to include relative clinical trials which focused on ICI and were published in English up to September 22, 2019. Conference abstract books were not searched. The searching key words were “Immune Checkpoint Inhibitor OR immunotherapy OR PD-1 OR PD-L1 OR anti- programmed death 1 OR anti-programmed death ligand-1 OR CTLA-4 OR cytotoxic T lymphocyte-associated antigen-4” AND “Cancer OR Tumor OR Carcinoma OR Malignancy OR Neoplasm OR Lymphoma OR Sarcoma”. All studies were restricted to clinical trials.

Study inclusion. Only clinical trials (Phase I-IV) focusing on ICI (alone or combined with other anti-tumor treatments such as chemotherapy and anti-angiogenesis) in patients with malignant disease were included because safety data from trials may be more accurate and reliable than that from retrospective studies. ICIs approved or not approved by current guidelines were both included for analysis. Conference abstracts, posters or oral presentations of ongoing trials without publication were excluded because they did not provide detailed safety data. At the beginning, we planned to include studies recruiting only Chinese patients. However, the number of studies meeting such criteria is too small, and studies with a predominantly Chinese population were therefore also included. Moreover, studies only reporting treatment-related adverse events (TRAES, defined as all adverse events which were considered to be associated with immune checkpoint inhibitors, including irAEs and non-irAEs [such as vomiting, leukopenia, dyspnea and so on]) but not irAEs (defined as the toxicities caused by ICIs-induced abnormal autoimmune such as autoimmune colitis, pneumonitis, thyroiditis and so on) were also excluded.

Data extraction. The study data including disease, treatment and toxicity information were extracted by two authors (LL and A-PQ) separately. For randomized clinical phase II/III trials comparing ICI with other conventional treatments, we only extracted the safety data of ICI arm. If the study stated in the text that AEs with an incidence below 5% or 10% were not reported, the study sample size would not be included in the safety data. At the beginning, we planned to include studies recruiting only Chinese patients. However, the number of studies meeting such criteria is too small, and studies with a predominantly Chinese population were therefore also included. Moreover, studies only reporting treatment-related adverse events (TRAES, defined as all adverse events which were considered to be associated with immune checkpoint inhibitors, including irAEs and non-irAEs [such as vomiting, leukopenia, dyspnea and so on]) but not irAEs (defined as the toxicities caused by ICIs-induced abnormal autoimmune such as autoimmune colitis, pneumonitis, thyroiditis and so on) were also excluded.

Results

Baseline information of included studies. Up to September 22, 2019, we totally identified 40 potentially eligible studies (Fig. 1). Twenty-seven of them were excluded as they were conference abstracts, leaving 13 eligible studies consisting of 1063 patients for analysis\(^20-32\). Basic information of these studies were shown in Table 1. Overall, there were six ICIs were assessed including pembrolizumab (n = 27), nivolumab (n = 382), camrelizumab (n = 343), toripalimab (n = 145), tislelizumab (n = 70) and sintilimab (n = 96). Among these studies, there are three international trials\(^20,23,32\) and only one phase III trial (Checkmate-078, nivolumab)\(^13\). More than half of them focused on nasopharyngeal carcinoma (NPC, n = 3) or classical Hodgkin lymphoma (cHL, n = 4). Three studies have two arms\(^21,25,31\) and four studies focused on the combination of ICI with chemotherapy\(^21,25,31\) or anti-angiogenesis\(^21\). Keynote-028 is the only trial that requires positive PD-L1 expression (>1%).

Pooled TRAEs and irAEs in whole cohorts. We pooled all 13 studies together to evaluate any grade and grade 3–5 TRAEs and irAEs. Overall, 12 studies reported the data on any grade TRAEs (n = 1018) and grade 3–5 TRAEs were reported in all 13 studies (n = 1063). Any grade irAEs were shown in 7 studies (n = 424) and grade 1–2 irAEs in 8 studies (n = 451). Detailedly, the pooled incidence of any grade TRAEs, grade 1–2, grade 3–5 TRAEs, any grade irAEs, grade 1–2 irAEs and grade 3–5 irAEs were 84.1%, 63.3%, 20.9%, 43.3%, 40.0% and 3.0%, respectively (Fig. 2A). The highest incidence of any grade, grade 1–2 and grade 3–5 TRAEs were reactive capillary haemangiomas (64.3%), reactive capillary haemangiomas (64.3%) and leucopenia (4.4%), and the cor-
responding irAEs were reactive capillary haemangiomas (64.3%), reactive capillary haemangiomas (64.3%) and pneumonitis (2.0%) in whole cohorts (Fig. 2B, Supplementary Material, Table S1). In addition, 4.3% (44/1018) of patients experienced treatment discontinuation and only 8 (0.8%) patients experienced treatment-related death.

**Comparison of TRAEs and irAEs between ICI monotherapy and combination.** The detailed profiles of TRAEs and irAEs between ICI monotherapy and combination were presented in Fig. 3. Overall, the any grade TRAEs (82.0% vs. 97.2%, \( P < 0.001 \)), grade 3–5 TRAEs (17.0% vs. 46.1%, \( P < 0.001 \)) and grade 3–5 irAEs (2.0% vs. 7.1%, \( P = 0.015 \)) were significantly lower in ICI monotherapy group than those in ICI combination.
| First author | Journal (year) | Region | Study period | Treatment | Disease | Phase | No. of patients | Tumor response | PD-L1 expression request |
|-------------|----------------|--------|--------------|-----------|---------|-------|----------------|---------------|------------------------|
| Hsu C       | J Clin Oncol (2017) | International - Collaborated (Taiwan mainly) | – | Pembrolizumab: 10 mg/kg every 2 weeks | Recurrent or metastatic NPC failed on prior standard treatment | Ib | 27 | PR: 7 (25.9%) | SD: 14 (51.9%) | PD: 6 (22.2%) | Positive (PD-L1 > 1%) |
| Fang W      | Lancet Oncol (2018) | Mainland China | 2016.3–2017.9 | Camrelizumab: escalating dose 1 mg/kg - 3 mg/kg - 10 mg/kg - 200 mg every 2 weeks | Recurrent or metastatic NPC failed on prior standard treatment | I | 93 (91 for tumor response evaluation) | CR: 2 (5%) | PR: 29 (32%) | SD: 37 (41%) | No |
| Fang W      | Lancet Oncol (2018) | Mainland China | 2017.4–2017.8 | Camrelizumab plus GP: Camrelizumab 200 mg d1 + gemcitabine 1 g/m² d1 + d8 + Cisplatin 80 mg/m² d1 | Treatment-naïve recurrent or metastatic NPC | I | 23 (22 for tumor response evaluation) | CR: 1 (5%) | PR: 19 (86%) | SD: 2 (9%) | No |
| Huang J     | Clin Cancer Res (2018) | Mainland China | 2016.5–2016.12 | Camrelizumab: 200 mg or 600 mg every 2 weeks | Advanced or metastatic ESCC failed on at least one systemic treatment | I | 30 | CR: 1 (3.3%) | PR: 9 (30%) | SD: 7 (23.3%) | PD: 13 (43.3%) | No |
| Ma BB       | J Clin Oncol (2018) | International - Collaborated (Hong Kong mainly) | 2015.10–2016.6 | Nivolumab: 3 mg/kg every 2 weeks | Recurrent or metastatic NPC failed on prior standard treatment | II | 45 (44 for tumor response evaluation) | CR: 1 (2.3%) | PR: 8 (18.2%) | SD: 15 (34.1%) | PD: 18 (40.9%) | NA: 2 (4.5%) | No |
| Mo HN       | Br J Cancer (2018) | Mainland China | 2016.4–2016.12 | Camrelizumab: 60 mg + 200 mg + 400 mg every 2 weeks | Advanced solid tumors failed at least one systemic treatment | I | 36 | CR: 2 (5.6%) | PR: 7 (19.4%) | SD: 5 (13.9%) | PD: 22 (61.1%) | No |
| Nie J       | J Clin Oncol (2019) | Mainland China | 2017.1–2018.7 | Camrelizumab: 200 mg every 3 weeks | Relapsed / refractory Classical Hodgkin lymphoma failed at least two lines of previous therapy | II | 19 | CR: 6 (32%) | PR: 11 (58%) | SD/PD: 2 (10%) | No |
| Nie J       | J Clin Oncol (2019) | Mainland China | 2017.1–2018.7 | Camrelizumab plus decitabine: Camrelizumab 200 mg d8 + decitabine 10 mg/day d1 - d5 every 3 weeks | Relapsed / refractory Classical Hodgkin lymphoma failed at least two lines of previous therapy | II | 67 | CR: 37 (55.2%) | PR: 16 (23.9%) | SD/PD: 14 (20.9%) | No |
| Sheng XN    | J Clin Oncol (2019) | Mainland China | 2017.4–2018.4 | Toripalimab plus Axitinib: Toripalimab 1 mg/kg - 3 mg/kg every 2 weeks + Axitinib 5 mg twice daily | Chemotherapy-naïve or treated advanced mucosal melanoma | Ib | 33 (29 for tumor response evaluation) | CR/PR: 14 (48.3%) | CR/PR: 4 (13.8%) | No |
| Shi YK      | Lancet Oncol (2019) | Mainland China | 2017.4–2017.11 | Sintilimab: 200 mg every 3 weeks | Relapsed / refractory Classical Hodgkin lymphoma after two or more lines of previous therapy | II | 96 (92 for tumor response evaluation) | CR: 31 (34%) | PR: 43 (47%) | SD: 16 (17%) | PD: 2 (2%) | No |
| Song YQ     | Clin Cancer Res (2019) | Mainland China | 2017.1–2017.9 | Camrelizumab: 200 mg every 2 weeks | Relapsed / refractory Classical Hodgkin lymphoma failed to achieve a response or progressed after ASCT or failed at least two lines of systemic therapy | II | 75 | CR: 28 (37.3%) | PR: 31 (41.3%) | SD: 14 (18.7%) | PD: 2 (2.7%) | No |
group, while grade 1–2 TRAEs (65.2% vs. 51.1%, \( P = 0.001 \)), any grade irAEs (45.8% vs. 32.9%, \( P = 0.032 \)) and grade 1–2 irAEs (43.3% vs. 25.9%, \( P = 0.003 \)) were higher in ICI monotherapy group. Reactive capillary haemangiomas was the highest incidence of any grade AE for both whole cohorts (64.3%) and ICI monotherapy (69.3%, Fig. 3A) while ICI combinations have the highest incidence of hematological toxicities (Fig. 3A) such as anemia (62.2%), leucopenia (69.5%) and neutropenia (64.9%; Supplementary Material, Table S1). Generally, most TRAEs and irAEs were grade 1–2 except hematological AEs in ICI combinations group (Fig. 3B,C). ICI combinations significantly increased grade 1–2 rash (29.8% vs. 13.5%, \( P < 0.001 \)), hyperthyroidism (24.1% vs. 15.8%, \( P = 0.015 \)), hyperglycemia (16.1% vs. 3.9%, \( P < 0.001 \)), myocarditis (10.6% vs. 0.9%, \( P < 0.001 \)), hypercreatinine (12.5% vs. 2.9%, \( P < 0.001 \); Supplementary Material, Table S1). Besides, grade 3–5 irAEs except hematological toxicities were almost comparable between ICI monotherapy and combinations (all less than 5%, Fig. 3C).

### Comparison of TRAEs and irAEs between different ICIs.

We further compared the TRAE and irAE profiles between different ICIs monotherapy (Fig. 4, Supplementary Material, Tables S2, S3). The overall incidence of TRAEs and irAEs of different ICIs were shown in. Generally, TRAEs and irAEs of different ICIs monotherapy were grade 1–2, and the incidence of grade 3–5 TRAEs and irAEs were almost below 5% (Fig. 4C). Intriguingly, the four domestic ICIs (camrelizumab, toripalimab, tislelizumab and sintilimab) had higher any grade (86.2–98.0% vs. 64.1–74.1%) and grade 1–2 TRAEs (58.5–79.8% vs. 44.4–53.7%) than abroad ICIs (pembrolizumab and nivolumab). Only camrelizumab reported the AE of grade 1–2 reactive capillary haemangiomas (58.6%), indicating that this AE should be camrelizumab-specific. Toripalimab has significantly higher incidences of grade 1–2 hyperglycemia (55.6%) and amylase/lipase increase (20.2%) than other ICIs, suggesting it may has higher impact on pancreas. Moreover, tislelizumab has the highest grade 1–2 infusion reaction (38.6%) and pyrexia (54.3%). For grade 3–5 irAEs, we should pay attention to pembrolizumab as it has the highest incidence of pneumonitis (7.4%). Also, grade 3–5 amylase/lipase increase (5.3%) and anemia (5.3%) caused by toripalimab should not be ignored. Besides, other grade 3–5 TRAEs and irAEs were very low.

**Table 1.** Baseline information summary of included trials. NPC nasopharyngeal carcinoma, ESCC esophageal carcinoma, ASCT autologous stem cell transplantation, PD-L1 programmed death ligand-1, CR complete remission, PR partial remission, SD stable disease, PD progression disease, NA not assessed.
Discussion

To the best of our knowledge, our study is the first one to characterize the landscape of TRAEs and irAEs of ICI treatment in a predominantly Chinese cohort. Generally, ICI were well tolerated in Chinese patients and most TRAEs and irAEs were grade 1–2. As expected, ICI combined with chemotherapy or anti-angiogenesis could increase both TRAEs and irAEs. By comparing the toxicity profiles between different ICIs, nivolumab may be the safest as it achieves the lowest incidence of any grade TRAEs (64.1%) and grade 3–5 TRAEs (11.8%).

Different from the anti-tumor mechanism of cytotoxic or targeted drugs, ICI activated endogenous immune cells by blocking negative regulators to kill tumor cells. This unique mechanism should produce different toxicity

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Figure 2. (A) Pooled incidence of treatment-related adverse events and immune-related adverse events among the 1063 patients; (B) Toxicity profiles in the 1063 patients.
Figure 3. Treatment-related adverse events and immune-related adverse events between immune checkpoint inhibitor monotherapy and combination: (A) any grade; (B) grade 1–2; (C) grade 3–5.
Figure 4. Treatment-related adverse events and immune-related adverse events between different immune checkpoint inhibitors: (A) any grade; (B) grade 1–2; (C) grade 3–5.
profiles which is associated with immune. Reports from previous clinical trials indicated that ICI-related AEs were generally very mild and tolerable. However, some toxicities such as myocarditis and pneumonitis were covert and have a very high fatality rate. On the other hand, the durable response to ICIs means that patients would have longer exposure time, leading to a higher rate of ICI-related AEs. Therefore, it would be of great importance to provide an overview of ICI-related AEs for Chinese patients as such data are very rare. The incidences of any grade TRAEs of pembrolizumab and nivolumab were similar as that of previous study, indicating the reliability of our study data. Possibly, the toxicity profiles from our study may help future selection of ICIs. By indirectly comparing the toxicity data of pembrolizumab plus chemotherapy with pembrolizumab alone, we could know that additional chemotherapy significantly increase grade 3–5 TRAEs (67.2–69.8% vs. 18%). In our study, however, we found that additional chemotherapy or anti-angiogenesis to ICI mainly increase grade 1–2 TRAEs and irAEs, which was inconsistent with previous findings. The main reason should be that only one study focused on the combination of platinum-based double regimen with ICI (n = 23) among the combination cohort, therefore leading to the underestimation of grade 3–5 TRAEs. Thus, we could not concluded that ICI combined with chemotherapy is safe in Chinese patients since our data is immature. We need more safety data from Chinese patients before we make a conclusion. By comparing the toxicity profiles between different ICIs, we could find some specific AEs. For example, reactive capillary haemangiomas was only reported in camrelizumab-treated patients, indicating that it is camrelizumab-specific. Moreover, hyperglycemia, amylase/lipase increase and proteinuria were mainly in toripalimab-treated patients. Notably, pembrolizumab has the highest incidence of grade 3–5 pneumonitis and toripalimab has the highest incidence of grade 3–5 myocarditis. Thus, patients at high-risk of experience pneumonitis and myocarditis should avoid these two ICIs. Possibly, our mapping of ICI-related AEs would provide preliminary information for clinically individualized selection of ICIs. Besides drug itself, however, we should also pay attention to the possibility that the differences of incidences of TRAEs and irAEs between ICIs were due to the difference of study design and sample size. Therefore, we need more data to drive mature conclusion. Limitations of our study are also obvious. First, the number of study and sample are very small. Compared with the ongoing or finished studies abroad (n = 823, Fig. 1), the ICI-related trials in China are very lacking. Therefore, we should interpret the pooled incidence of ICIs-related TRAEs and irAEs prudently in case of insufficient statistical power. Second, our analysis was not based on the individualized patient data, therefore may underestimate or overestimate the incidence of some toxicities because many studies did not reported the AEs with an incidence below 5% or 10%. Large cohorts from real world may address this drawbacks. Moreover, due to the inclusion of different phases trials (phase I, II and III) and patients with different malignancies (solid and non-solid), the comparison results of different ICI monotherapy may be affected because the incidence and spectrum of irAEs of each ICI might vary significantly across studies and tumor types. Therefore, we should interpret the results of cross-ICIs comparison discreetly.

Conclusions
We firstly described the landscape of ICI-related toxicity profiles in a predominantly Chinese cohort. Generally, ICI-related toxicities were mild, safe and tolerable. Each ICI has a different toxicity profile and we should focus on individualized selection. Moreover, we should be cautious about combination treatments of ICI with chemotherapy or anti-angiogenesis although our data showed this combination only increases grade 1–2 TRAEs and irAEs. Future studies with large sample were needed to provide more data and information.

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Author contributions
L.L. and Y.-Z.W. contributed to study design. L.L., G.L. and B.R. conducted the search for trials. L.L., A.-H.D. and W.L. assessed the study quality. L.L. and M.-P.Q. extracted study data. L.L., W.-W.H. and J.-M.L. performed the statistical analysis and interpretation. L.L. and Z.-F.L. contributed to text writing. J.-X.Z. and Y.-Z.W. reviewed the final version of the manuscript.

Competing interests
The authors declare no competing interests.

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