|                         | The selection of participants | Confounding variables | Measurement of exposure | Blinding of outcome assessments | Incomplete outcome data | Selective outcome reporting |
|-------------------------|------------------------------|-----------------------|-------------------------|---------------------------------|------------------------|-----------------------------|
| Aydin Guclu 2019        | +                            | -                     | ?                       | -                               | +                      | +                           |
| Seyedmehdi 2016         | +                            | -                     | +                       | -                               | +                      | +                           |
| Soylu 2014              | +                            | -                     | +                       | +                               | +                      | +                           |
| Walia 2012              | +                            | -                     | +                       | +                               | +                      | +                           |
| Yazdi 2014              | +                            | +                     | ?                       | -                               | +                      | +                           |