Phonon-Limited-Linewidth of Brillouin Lasers at Cryogenic Temperatures

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Laser linewidth is of central importance in spectroscopy, frequency metrology, and all applications of lasers requiring high coherence. It is also of fundamental importance, because the Schawlow-Townes laser linewidth limit is of quantum origin. Recently, a theory of stimulated Brillouin laser (SBL) linewidth has been reported. While the SBL linewidth formula exhibits power and optical Q factor dependences that are identical to the Schawlow-Townes formula, a source of noise not present in conventional lasers, phonon occupancy of the Brillouin mechanical mode is predicted to be the dominant SBL linewidth contribution. Moreover, the quantum limit of the SBL linewidth is predicted to be twice the Schawlow-Townes limit on account of phonon participation. To help confirm this theory the SBL fundamental linewidth is measured at cryogenic temperatures in a silica microresonator. Its temperature dependence and the SBL linewidth theory are combined to predict the number of thermomechanical quanta at three temperatures. The result agrees with the Bose-Einstein phonon occupancy of the microwave-rate Brillouin mode in support of the SBL linewidth theory prediction.

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Stimulated Brillouin scattering (SBS) is a third-order ($\chi^{(3)}$) optical nonlinearity that results from the interaction between photons and acoustic phonons in a medium [1–4]. SBS has practical importance in optical fiber systems [5,6] where it is an important signal impairment mechanism in long-distance transmission systems [7] and makes possible all-fiber lasers [8] as well as tunable, slow-light generation [9]. Power fluctuation resulting from thermal phonons has also been studied in fiber-optic SBS Stokes wave generation [10], and the intensity and phase noise have been measured in narrow-linewidth Brillouin lasers [11]. More recently, the SBS process has attracted considerable interest in microscale and nanoscale devices [12]. Brillouin laser action has been demonstrated in several microcavity resonator systems including silica [13–16], CaF$_2$ [17], and silicon [18], and Brillouin amplification has been demonstrated in integrated chalcogenide waveguides [19]. In silicon waveguides, the use of confinement to enhance amplification has been studied [20]. SBS is also a powerful tool for integrated photonics signal processing [21–23], and it has been applied to realize a chip-based optical gyroscope [24]. Moreover, at radio-frequency rates, the SBS damping rate is low enough in certain systems to enable cavity optomechanical effects [25] including optomechanical cooling [26] and optomechanical-induced transparency [27].

This work studies a recent prediction concerning the fundamental linewidth (i.e., nontechnical noise contribution to linewidth) of the stimulated Brillouin laser (SBL). The analysis of fundamental fluctuations in Brillouin devices falls into a more general category of optomechanical oscillators in which phonons participate in the oscillation process [28,29]. This participation creates a channel for fundamental sources of mechanical noise to couple into the oscillator. For comparison, the SBL fundamental linewidth [15] and the conventional laser Schawlow-Townes (ST) linewidth [30] in Hertz are given below,

$$\Delta \nu_{\text{SBS}} = \frac{h \nu^3}{4 \pi P Q_T Q_E} (n_T + N_T + 1),$$ (1)

$$\Delta \nu_{\text{ST}} = \frac{h \nu^3}{4 \pi P Q_T Q_E} \left( N_T + 1 \right) \left( \frac{1}{2} \right).$$ (2)

where $n_T$ is the number of thermal quanta in the mechanical field at the Brillouin shift frequency, $N_T$ is the number of thermal quanta in the laser mode (negligible at optical frequencies and henceforth ignored), $P$ is the laser output power, $Q_T$ ($Q_E$) is the total (external) Q factor (note: $Q_T^\iota = Q_0^\iota + Q_E^\iota$ with $Q_0$ the intrinsic $Q$), and $\nu$ is the laser frequency. At very low temperatures where $n_T$ is negligible, the quantum-limited SBL linewidth is twice as large as the Schawlow-Townes linewidth on account of phonon participation in the laser process. At finite temperatures $n_T$ is predicted to provide the dominant contribution to the fundamental SBL linewidth. SBL fundamental linewidth measurements at room temperature are consistent with this prediction [15]. In this study, the phonon contribution to Eq. (1) is verified by determination of $n_T$ over a wide range of temperatures followed by comparison to the Bose-Einstein phonon occupancy.

It is important to note that in addition to the fundamental phase noise [Eq. (1)] there is also an important technical noise contribution to the Brillouin linewidth. Specifically, because the Brillouin process is fundamentally a parametric process, pump-phase-noise leaks into the phase of the Stokes wave [11,15,29,31]. This pump noise is theoretically predicted and experimentally observed to be strongly
suppressed by the stronger damping of phonons relative to the optical Stokes wave [11,31], but can nonetheless dominate the Brillouin linewidth if the pump linewidth is large enough. In prior work, low noise optical pumping has been shown to enable observation of the fundamental Brillouin noise in resonators like those studied here [15,22]. These pumping conditions are used here to observe the fundamental noise.

Figure 1(a) shows the measurement setup. Pump and signal light are conveyed using fiber optic cables. After passing through an optical circulator, the pump laser passes into the cryostat using a fiber vacuum feedthrough. Inside the cryostat the pump laser power is evanescently coupled to a silica disk microresonator using a fiber taper that is positioned piezoelectrically [Fig. 1(b)]. Pumping power to the resonator as high as 20 mW was possible. The silica microresonator, shown in Fig. 1(c), is a wedge design [14].

The cryostat is an open-loop continuous-flow unit and was cooled to 77 K using liquid nitrogen and to 8 K using liquid helium.

Brillouin laser action proceeds as diagrammed in Fig. 1(d) where cascaded lasing is illustrated. Pump light coupled to a resonator mode induces Brillouin gain over a narrow band of frequencies that are downshifted by the Brillouin shift frequency

$$\Omega = \frac{2\pi}{\lambda_P} V_s n$$

where $V_s$ is the sound velocity, $n$ is the refractive index, and $\lambda_P$ is the pumping wavelength [15]. At room temperature in the silica devices tested here, the Brillouin-shift frequency is 10.8 GHz for optical pumping near 1.55 μm. When the cavity free-spectral range approximately equals $\Omega$, stimulated Brillouin lasing is possible creating a first-Stokes wave (FSR-$\Omega$ matching occurs for resonator diameters near 6 mm in the silica devices tested here). This Stokes wave propagates backward relative to the pump wave on account of the sign of the group index of the silica.

FIG. 1. Experimental setup and Brillouin laser action. (a) Experimental setup showing external cavity diode laser (ECDL) pump, erbium-doped fiber amplifier (EDFA), polarization control (PC), and circulator coupling to the cryostat. Green lines indicate optical fiber. A fiber taper is used to couple to the microresonator. Pump and even-ordered stimulated Brillouin laser (SBL) waves propagate in the forward direction while odd-ordered SBL waves propagate in the backward direction and are coupled using the circulator. Photodetectors (PD) and an oscilloscope monitor the waves propagating in both directions. A fast photodetector measures the first and third beatnote which is measured using an electrical spectrum analyzer (ESA) and phase noise [L(f)] analyzer. An optical spectrum analyzer (OSA) also measures the backward propagating waves. The pump laser is locked to the microresonator optical resonance using a Pound-Drever-Hall (PDH) feedback loop. (b) Schematic of the optical fiber taper coupling setup inside the cryostat. Optical fiber (red) is glued to an aluminum holder which is fixed on a 3-axis piezoelectric stage. The microresonator is mounted on a copper plate. (c) Top view of the 6 mm wedge disk resonator. (d) Illustration of cascaded Brillouin laser action. Pump and even Stokes orders propagate in the forward direction while odd orders propagate in the backward direction. Green curves represent the Brillouin gain spectra. Brillouin shift frequency ($\Omega$) and free-spectral range (FSR) are indicated. (e) Optical spectrum measured using the OSA and showing cascaded Brillouin laser action to fifth order. Inset: typical electrical beatnote spectrum produced by the first- and third-order SBL signals.
of the Brillouin phase matching condition, and emerges from the cryostat at the fiber input [Fig. 1(a)]. With increasing pump power, the first-Stokes wave will grow in power and ultimately induce laser action on a second-Stokes wave, which, by phase matching, propagates in the forward direction. Phase matching ensures that odd (even) orders propagate backward (forward), and follow fiber-optic paths in Fig. 1(a) to measurement instruments. Figure 1(e) is a spectrum of cascaded laser action to fifth order measured using the OSA. Odd orders appear stronger than the even orders (and the pump signal) because the OSA is arranged to detect odd orders. Even-order detection occurs because of weak backscattering in the optical system.

The SBL cascade obeys a system of rate equations relating the circulating photon number, \(p_n\), of the \(n\)-th-Stokes wave to the circulating photon number, \(p_{n-1}\), of its preceding \((n-1)\)st-pump wave [15].

\[
\dot{p}_n = g_n p_{n-1} p_n - \frac{\alpha_n}{Q_F} p_n, \tag{3}
\]

where
\[
g_n = \hbar \omega_n v_g^2 \Gamma \frac{g_B}{V_{\text{eff}}} \approx \hbar \omega_n v_g^2 \Gamma \frac{\Omega}{2\pi} \left( \frac{g_B}{A_{\text{eff}}} \right) \tag{4}
\]

is the Brillouin gain coefficient for the \(n\)-th-Stokes wave in Hertz units. Here, \(\omega_n\) is the optical frequency of the \(n\)th Stokes wave, \(v_g\) is the group velocity, \(\Gamma\) is the phonon-photon mode overlap factor (defined as the optical mode area, \(A_{\text{eff}}\), divided by the acousto-optic effective mode area [32]), \(g_B\) is the bulk Brillouin gain coefficient of silica, \(V_{\text{eff}}\) is the effective optical mode volume of the \(n\)-th-Stokes wave, and \(\Omega = \text{FSR}\) is assumed. \(g_B/A_{\text{eff}}\) is the normalized Brillouin gain coefficient in \(\text{W}^{-1}\text{m}^{-1}\) units.

As pumping to the resonator is increased, a Stokes wave will begin to lase and increase in power until it clamps when the threshold condition for the next Stokes wave in the cascade is reached. This clamped power, \(P_{\text{clamp}}\), follows directly from the steady-state form of Eq. (3),

\[
P_{\text{clamp}} = \frac{\alpha_{n-1}}{Q_E} \hbar \omega_{n-1} p_{n-1} \approx \frac{1}{g} \frac{\hbar \omega_n^3}{Q_T Q_E} \tag{5}
\]

where the approximation results from letting \(\omega_{n-1} \approx \omega_n\) and in the final result the Stokes order, \(n\), is suppressed. At this clamped power, the fundamental SBL linewidth follows by substitution of Eq. (5) into Eq. (1),

\[
\Delta \nu_{\text{clamp}} = \frac{g}{4\pi} (n_T + 1). \tag{6}
\]

It is useful to note that the SBL linewidth in the clamped condition is independent of \(Q_T\) and \(Q_E\). From Eq. (5), measurement of \(P_{\text{clamp}}\), \(Q_T\), and \(Q_E\) are sufficient to determine \(g\). If combined with Eq. (6) and measurement of \(\Delta \nu_{\text{clamp}}\) then \(n_T\) can be determined at each operating temperature; see the Supplemental Material [33].

**FIG. 2.** Aligning the third-Stokes wave to the Brillouin gain spectrum maximum. (a) Illustration showing spectral placement of Stokes wave with respect to Brillouin gain spectrum maximum. Variation of the pumping wavelength causes the Brillouin shift frequency (\(\Omega\)) to vary and thereby scans the Stokes wave across the Brillouin gain peak. (b) Measured spectra of \(P_{\text{clamp}}\), the clamped third-order Stokes wave power (black circle). The three panels show measurements performed at \(T = 300, 77,\) and \(8\) K. Each color corresponds to a distinct pumping wavelength. The first-order Stokes wave also appears in the spectral map as the stronger peak near the third-order Stokes wave. The pump wave is not observable in the linear-scale spectrum as it propagates in the direction opposite to the first-order and third-order Stokes waves. \(P_{\text{clamp}}\) is determined from the fitted red curve as the minimum power point.
The coefficient $g$ depends on the placement of the Stokes wave within the Brillouin gain spectrum, and the value of $g$ at the spectral maximum (defined as $g_0$) was determined by tuning the pump frequency while recording $P_{\text{clamp}}$. This causes the Brillouin shift frequency $\Omega$ to also tune, and therefore to vary the spectral location of the Stokes wave within the Brillouin gain band [see Fig. 2(a)]. $P_{\text{clamp}}$ will be minimum (denoted as $P_{\text{clamp}}^\text{min}$) when the Stokes wave is spectrally aligned to the maximum value of $g$, thereby allowing determination of the pumping wavelength corresponding to maximum $g$. At this pumping wavelength, the value $P_{\text{clamp}}^\text{min}$ can be used to determine $g_0$ from Eq. (5) when $Q_T$ and $Q_E$ are measured.

Spectra showing multiple measurements of clamped power for the third-Stokes wave at different pumping wavelengths are presented in Fig. 2(b). The three panels show spectra at $T = 300$, 77, and 8 K. The third-Stokes wave spectral peak at each pumping wavelength is identified by a black circle. At each temperature, the minimum clamped power and corresponding wavelength are determined from the quadratic fit [red curve in Fig. 2(b)]. The power clamping condition for the third-Stokes wave was determined by monitoring the onset of laser action in the fourth-Stokes wave. Also, optical losses between the resonator and the OSA were calibrated to determine the clamped power. Table I summarizes the measured minimum clamped powers, $P_{\text{clamp}}^\text{min}$, and their corresponding pumping wavelengths. $Q_T$ and $Q_E$ are also given and were determined by fitting both the linewidth and the transmission minimum of the Stokes mode. Finally, $g_0$, calculated using Eq. (5), is compiled in Table I; see the Supplemental Material [34].

To measure the laser linewidth, the beat of the first- and third-Stokes waves is detected using a fast photodetector. An electrical spectrum analyzer trace of this beat is provided as the inset in Fig. 1(e). As described elsewhere [22] the phase noise of this beat signal provides spectral components associated with the fundamental phase noise of the Stokes waves and can be used to infer the linewidth. Moreover, because the first-Stokes wave has more power than the third-Stokes wave [see Fig. 2(b)], the fundamental linewidth of the first-Stokes wave is narrower. Accordingly, fundamental phase noise in the beat signal is dominated by the third-Stokes wave. Also, microcavity technical frequency noise, while present, is reduced in this measurement because the two Stokes waves lase within a single cavity.

![Image](https://example.com/image.png)

FIG. 3. (a) Phase noise spectra of the first- and third-order SBL beatnotes at three temperatures (300, 77, and 8 K). The Eq. (7) fit within the 30–50 kHz band at each temperature is the black dotted line. The blue bands give the 1.5 dB variation in this fit over multiple traces. (b) Red points are minimum SBL linewidths ($\Delta \nu_{\text{min}}$) resulting from the fittings in (a). (c) Thermal phonon occupancies ($n_T$) calculated from the measured $\Delta \nu_{\text{min}}$ and $g_0$ (see Table I) are plotted (red points) versus temperature. $n_T$ from the Bose-Einstein occupancy is given as the black line. Triangular point: $n_T$-based temperature calibration to 22 K using Bose-Einstein result.
The phase noise of the first- and third-order SBL beatnote is measured at the $F_{\text{min}}$ wavelength determined in Fig. 2(b). The measured phase noise spectra at 300, 77, and 8 K are shown in Fig. 3(a) over offset frequencies from 10 kHz to 10 MHz. The carrier frequencies are $\sim$21.5 GHz and an instrument smoothing is applied to show the noise trend. The theoretical phase noise spectrum for an SBL is given by the expression

$$L(\nu) = \frac{\Delta \nu_{\text{min}}^2}{2\nu^2} = \frac{g_0}{8\pi^2} (n_T + 1)$$

(7)

where $\Delta \nu_{\text{min}}$ is the fundamental linewidth given by Eq. (6) with $g = g_0$. In the electrical spectrum a white noise floor is also added to this phase noise. Even with the common-mode noise suppression noted above, there is considerable technical noise coupling to the phase noise spectrum from the cryogenic system. The black dashed lines in Fig. 3(a) give fits to the measured phase noise spectra using Eq. (7) within the band 30–50 kHz, which seemed to be most immune to technical noise contributions. These spectra were reproducible with a 1.5 dB variation range over multiple scans. The effect of this variation on the fit is given by the blue bands in the figure. Also, at 8 K, the phase noise above 1 MHz is limited by the electronic noise floor due to relatively lower Stokes signal power compared to measured signal power at 300 and 77 K. The corresponding $\Delta \nu_{\text{min}}$ is plotted in Fig. 3(b). By using $g_0$ from Table I and the $\Delta \nu_{\text{min}}$ data in Fig. 3(b), Eq. (7) provides values for $n_T$ at the three temperatures as plotted in Fig. 3(c). The Bose-Einstein thermal occupancy is also provided for comparison. The discrepancy between the lowest temperature $n_T$ value and the Bose-Einstein value could result from parasitic optical heating or temperature difference between the temperature sensor and the resonator. A calibrated temperature of 22 K is estimated using the Bose-Einstein curve.

In summary, stimulated Brillouin lasers are unusual because their fundamental linewidth is predicted to be limited by thermomechanical quanta of the Brillouin mode. We have confirmed this prediction by determining the thermal phonon occupancy versus temperature using the SBL phase noise. Measurements at 300, 77, and 8 K are in good agreement with the expected Bose-Einstein occupancy. This work provides a possible way to reduce the SBL linewidth for precision measurements. It also lends support to the theoretical prediction that the quantum-limited linewidth of an SBL is strongly influenced by the phonon zero-point motion. It is also worth noting that the Brillouin gain bandwidth of silica is reported to be rapidly narrowing at lower temperatures and is expected to be comparable to the optical cavity linewidth below 2 K [35]. In this regime, the system would enter a cavity optomechanical regime [25,28,29] wherein optical damping can exceed mechanical damping. This would require a modification to the SBL linewidth formula [18].

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