A Comparison of the Influence of Kraft Lignin and the Kraft Lignin/Silica System as Cell Carriers on the Stability and Efficiency of the Anaerobic Digestion Process

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Abstract: This study compares the effects of pure kraft lignin and the kraft lignin/silica system (1:4 by weight). The comparative analysis of the physicochemical properties of both carriers showed that the kraft lignin/silica system was characterised by better properties. The experiment conducted in the study involved continuous anaerobic digestion under mesophilic conditions. Three samples were degraded in the following order: (i) sewage sludge (SS), (ii) SS with the addition of kraft lignin, and (iii) SS with the addition of the kraft lignin/silica system. A qualitative analysis of the digestate samples was carried out by means of in situ fluorescence. It showed more intense proliferation of microorganisms in the SS + kraft lignin/silica variant than in the sample with pure kraft lignin. The highest amount of biogas was obtained in the SS + kraft lignin/silica variant (689 m³ Mg⁻¹ VS, including 413 m³ Mg⁻¹ VS of methane; VS—volatile solids). There were comparable amounts of biogas in the SS variant (526 m³ Mg⁻¹ VS of biogas, including 51% of methane) and the SS + kraft lignin variant (586 m³ Mg⁻¹ VS of biogas, including 54% of methane). The research clearly showed that the material with a high share of silica was an effective cell carrier.

Keywords: kraft lignin; silica; microbial carriers; anaerobic digestion; process efficiency

1. Introduction

Good condition of the bacterial flora is a fundamental factor guaranteeing the high efficiency of biogas/methane production in the anaerobic digestion (AD) process. The activity of methanogens and other mixed cultures can be improved by their immobilisation with the right medium, which will ensure the intensification of biochemical changes [1]. Basically, interactions between microorganisms and material result in the formation of a tight and stable biofilm, which naturally becomes a more active catalyst of bioconversion processes. According to data in reference publications, so far, several types of microbiological carriers have been tested in the AD process. Natural zeolites have been tested most often due to their favourable adhesive properties [2,3]. However, there is increasing interest...
in other natural additives, which are environmentally friendly, available, biocompatible, and with defined physicochemical properties, such as thermal stability, porous structure and well-developed specific surface [4,5].

Lignin is a material with the properties listed above. It is a natural polymer, a basic component of wood, with a porous structure, is resistant to hydrolytic enzymes and is thermally stable [6]. Lignin is characterised by a well-developed specific surface area, absorbency, thermoplasticity, and specific structure. The low cost, environmental friendliness, and other valuable properties contributed to the development of innovative ‘green’ applications of this material, which is used as a filler in a wide range of polymers, as a carrier or component of a carrier for enzyme immobilisation, and as a material for the construction of electrochemical sensors, detectors, and innovative lithium-ion batteries. Due to the presence of numerous functional groups in the lignin molecule, especially carboxylic and phenolic groups on the lignin surface, it could be a potential biosorbent for hazardous metal ions [5–8]. As shown in recent reports, there is advanced research on the selective conversion (depolymerisation, digestion) of lignocellulosic biomass into bio-based organic mono-aromatic compounds by means of various solvents, including deep eutectic solvents (DES) and ethanol [9,10]. Due to the high thermal stability of kraft lignin, it is also used as a flame-retardant material [11], e.g., in briquettes produced from sugarcane bagasse. Kraft lignin has a potential to be used as both a binder in compressed products and an additive for the production of bio-oil with valuable phenolic compounds [12]. Innovative materials synthesised with lignin include Fe-lignin composites, which are high-activity catalysts [13]. As shown in the latest reports, there is advanced research on the hydrogenolysis and hydrodeoxygenation of lignin dimer model compounds, particularly the cleavage of C–C and ether bonds, by means of selective catalysts [14]. These examples of the latest research and applications of kraft lignin show that this material has high potential and there is growing scientific interest in it.

Lignin, which is part of lignocellulosic biomass, is hardly decomposed in the digestion process. Therefore, digestate, which is a co-product of anaerobic digestion, is a lignin-rich substrate, which can be used as a fertiliser or composted [15]. It is noteworthy that as a precursor substance of humic acid, lignin is a basic chemical compound affecting the formation of soil organic matter, its structure and bioactivity [16]. The author of this study described this material in detail and tested it in mono-digestion and co-digestion of organic waste [17–19].

Silica is a mesoporous material with a particularly well-developed specific surface area and a wide range of other desirable properties for cell carriers. It is used in various branches of science and industry. Due to the specific physicochemical and electrochemical properties of silicas, they are used in various industries, including the pharmaceutical, cosmetic, chemical, paper, varnish, and electrochemical industries [20,21]. The authors of other studies noticed that the integration of lignin and silica resulted in the formation of a material with strong adsorption of dyes, harmful organic compounds, and heavy metals, as well as enzymes and natural macromolecules [22–25]. The ability of silica to adsorb proteins is commonly used in biomedicine. The porosity of silica does not promote protein adsorption, but it improves the deposition of low-molecular weight protein fractions due to the size-exclusion effect related to the pore diameter [26]. When lignin, which has strong adsorptive properties and high resistance to degradation, is combined with porous and biocompatible silica, an effective carrier and cell activator for anaerobic digestion may be formed. Dai et al. (2017) and Chen et al. (2020) observed the effect of micron silica particles on the decomposition of organic matter in wastewater [27,28].

This study compares the effect of pure kraft lignin and the kraft lignin/silica system (1:4 by weight) as cell carriers in the continuous mesophilic anaerobic digestion of sewage sludge. The physicochemical properties of both carriers were discussed and the cellular biomass in the *Bacillus amyloliquefaciens* culture was measured. The degree of proliferation of microorganisms and changes in the dehydrogenase activity (DHA) during the decomposition of subsequent sewage sludge (SS) samples were assessed. The digestate was successively collected to verify the concentration of heavy metals, the values of the parameters that determine the stability of the process, i.e., pH, volatile fatty acids-to-total alkalinity
ratio (VFA/TA ratio), N-HH$_4^+$. Finally, the biogas efficiency of sewage sludge in each of the three samples was measured.

2. Materials and Methods

2.1. Substrate and Carriers

Raw sewage sludge from a municipal sewage treatment plant was used as a substrate in the experiment. Digested sewage sludge was collected from a biogas plant belonging to the same company and used as an inoculum. Kraft lignin (lignin, alkali) and silica (silicon dioxide, powder)—both from Sigma-Aldrich Chemie GmbH, Taukirchen, Germany, were used as carriers.

2.2. Preparation of Carriers

The carriers were prepared as two systems: (i) kraft lignin (20 g L$^{-1}$) and (ii) kraft lignin/silica (1:4)—kraft lignin (4 g L$^{-1}$) and silica (16 g L$^{-1}$). These quantities were based on data provided in reference publications [29].

The hybrid kraft lignin/silica system was generated by mechanical grinding and simultaneous mixing of the input components with a ball mill (PULVERISETTE 23, FRITSCH Bakery Technologies GmbH & Co. KG, Markt Einersheim, Germany). The carriers were first washed with phosphate-buffered saline (PBS) and then with sterile distilled water. Next, they were dried at 70 °C (SL 115 dryer, POL-EKO-APARATURA, Wodzislaw Śląski, Poland) until a constant (initial) weight was obtained. Then, they were applied to the digester under anaerobic conditions.

2.3. Bacillus Amyloliquefaciens Cell Biomass

The biomass of bacterial cells in the culture with the carriers tested in the experiment was measured with the weight method (the authors’ original procedure). First, the carriers (kraft lignin and kraft lignin/silica) were rinsed with a PBS solution. Then they were rinsed with sterile distilled water and dried at 70 °C to obtain a constant initial weight. The carriers were prepared at amounts calculated for 100 mL (see Section 2.2) and combined with 0.6 g of glucose and 1.3 g of regular broth in a flask. Next, the content was supplemented with distilled water to a volume of 100 mL and sterilised in an autoclave for 40 min at 110 °C. The substrate prepared in this way was inoculated with the autochthonous Bacillus amyloliquefaciens strain, which had been isolated from the digested sewage sludge. The inoculated samples (except for the control samples) were incubated at 24 °C for 5 days and shaken at 75 rpm in a Compact Shaker KS 15 B (Edmund Bühler GmbH). After 5 days, the cultures, including the control samples, were centrifuged for 15 min at 15,000 rpm and 4 °C in a Universal 16 R centrifuge (Hettich). The biomass of bacterial cells cultured in the medium with the carriers was calculated as the difference between the weight (g) of the uninoculated medium and the medium inoculated with the autochthonous Bacillus amyloliquefaciens strain. The analysis was triplicated for each carrier and the result was averaged. The differences in the bacterial biomass were taken into account to determine the standard deviation.

2.4. Experimental Set-Up of Continuous Systems

2.4.1. Structure and Operation of Digester

A glass bioreactor with a working volume of 2 dm$^3$ (see Figure 1, symbol NO.2), equipped with a two-level anchor propeller driven by a variable-speed stirrer (11) (Heidolph Instruments GmbH & Co. KG, Schwabach, Germany), was used in the study. Every 57 min, the stirrer turned on automatically and worked for 3 min. The propeller axis passed through a gas-tight bearing installed in the top cover with three stub pipes (3, 4, 5). Two of them, marked as no. 4 and 5 in Figure 1, were used to discharge the biogas to the eudiometer (6) and to collect biogas samples for analyses. One stub pipe, with a larger diameter, was used for dosing new portions of the substrate and process
additives to the bioreactor (3). At the bottom of the bioreactor tank there was a bottom stub pipe with a ball valve, which was used to collect samples of the digested mass for tests (9). During digestion, the bioreactor was immersed in a 15 L water bath (1), heated by a thermoregulator and a 350 W electric heater. There was a circulation pump with a capacity of about 600 L h⁻¹ (10) to maintain a constant temperature of water in the entire bath. The process was carried out under mesophilic conditions, i.e., 37–38 °C.

![Diagram of the bioreactor system](image)

**Figure 1.** The digester used in the experiment for the production of biogas in the continuous mesophilic anaerobic digestion process; 1—water bath; 2—bioreactor; 3—stub pipe for dosing substrates and process additives; 4—stub pipe for sampling/biogas composition analysis; 5—stub pipe for discharging biogas to eudiometer; 6—eudiometer; 7—collection/expansion vessel; 8—circulation of water in water bath with pump; 9—stub pipe with drain valve for sampling of digested biomass; 10—thermoregulator with electric heater; 11—double anchor agitator with drive and speed regulation.

The biogas generated in the bioreactor was collected and measured in a eudiometer with a capacity of 5 dm³ (6). The gas entered through the upper end of the eudiometer exerted pressure on the liquid inside the eudiometer and pushed it through the lower end to the expansion tank (7) located above the eudiometer. The expansion tank and the eudiometer constituted communicating vessels. The eudiometer was filled with a solution composed of sulphuric acid and sodium carbonate, and a methyl orange dye for better contrast. This composition and low pH guaranteed that the biogas components did not dissolve in the solution and thus they did not affect the result of analysis of the biogas composition. The analyses of biogas/methane production were carried out according to the German standard DIN 38 414-S8 [30].

2.4.2. Anaerobic Digestion

The digester worked in a continuous mode. There were three stages of the experiment. In the first stage, the bioreactor was filled with digested sewage sludge, which was used as an inoculum. When the temperature stabilised (37–38 °C), raw sewage sludge was dosed as the substrate. In industrial production, it is used as a feed for a biogas plant in a sewage treatment plant. The dose of the substrate was selected so that it was the equivalent of organic loading rate (OLR): about 1 kg VS (m³-d)⁻¹ (VS—volatile solids), at a hydraulic retention time (HRT) of about 40 days.
The course of the second stage of the digestion process was analogous to the first stage, but an additive of kraft lignin was dosed together with the substrate into the digester. The bacterial cell carrier was prepared (see Section 2.2) and fed over five consecutive days at an adequate dose to obtain a carrier concentration of 20 g L\(^{-1}\). During the next eight days of the process kraft lignin was added (about 2 g day\(^{-1}\)) to each batch of the substrate at an adequate amount so that its concentration in the digester would theoretically remain constant, i.e., 20 g L\(^{-1}\). The general assumption of maintaining a constant concentration of lignin was that it did not degrade and a new portion of lignin would supplement the amount collected from the bioreactor together with the excess digestate. In this stage, a lower OLR was used, i.e., 0.65 kg VS (m\(^3\)·d\(^{-1}\)). This stage also lasted 14 days.

In the third stage of the process (another 14 days), raw sewage sludge was dosed together with a mixture of 25% kraft lignin and 75% silica. During the first five days, the amount of the mixture was dosed to ensure that the concentration was close to 20 g L\(^{-1}\). On the following days, the doses of the mixture were lower, so as to maintain a constant concentration of the carrier in the bioreactor. Like in the second stage, the OLR was maintained at 0.65 kg VS (m\(^3\)·d\(^{-1}\)).

Each day, samples collected from the bioreactor were analysed for pH and the composition of biogas. The following values were also measured at specific terms of each stage of the study: total solids, volatile solids, ammonium nitrogen concentration, volatile fatty acids/total alkalinity (VFA/TA) ratio and the concentrations of heavy metals, such as Zn and Pb. Apart from the physicochemical analyses, the digestate samples were also analysed microbiologically and biochemically.

2.5. Analytical Methods

2.5.1. Physicochemical Analysis of Substrate, Digestate and Biogas Samples

The pH of the sewage sludge and the digestion mixture was measured with the potentiometric method (PN-EN 12176:2004, EN 15933:2012) by means of an Elmetron CP-215 (ELMETRON, Zabrze, Poland). The total solids content was measured with the gravimetric method by drying to a constant weight at 105 °C (PN-EN 12880:2004, EN 15934:2012). The volatile solids content (loss on ignition) was also measured with the weight method by burning a dry sample (obtained after measurement of the total solids) to a constant weight in a furnace at 550 ± 25 °C ((PN-EN 12879:2004, EN 15935:2012), MS Spectrum PAF 110/6 furnace, MS Spectrum, Warsaw, Poland).

The ammonium nitrogen content in the substrate and in the digestate samples was measured by distillation and titration ((PN-ISO 5664, ISO 5664), Büchi K-360 distiller, Büchi Labortechnik AG, Zurich, Switzerland). The weighed sample was heated with water vapour in the presence of magnesium oxide. The distillate was collected into a 2% boric acid solution with a Tashiro indicator. The distilled ammonium nitrogen was titrated to colour change with a digital burette and 0.1 n HCl.

The VFA/TA ratio of the digestate mixture samples was measured by titration in a dedicated HACH LANGE titrator (Wroclaw, Poland). The samples were diluted with 0.1 n H\(_2\)SO\(_4\) (0.05 mol/dm\(^3\)) and titrated potentiometrically so as to obtain two pH values—5.0 and 4.4. The obtained volumes were automatically converted for the values of VFA (mg CH\(_3\)COOH/L), TA (mg/L CaCO\(_3\)) and VFA/TA ratio. The concentration of volatile fatty acids was measured by gas chromatography with a flame ionisation detector (FID). The VFAs were extracted into tetramethyl ethyl ether and injected onto an Agilent CP-FFAP CB 25 m × 0.32 mm column, at a temperature gradient of 100-250 °C for 20 min [31].

The lead and zinc content was measured by mass spectrometry with ionisation in inductively coupled plasma ICP-MS for the following ranges: zinc—0.050–30.0 mg/L; lead—0.010–10.0 mg/L (PN-EN ISO 17072-1: 2011), ICP-MS Agilent 7800 spectrometer (Agilent Technologies, Santa Clara, CA, USA). The concentrations of both metals were measured on the supernatant and sediment fractions obtained after 5 min centrifugation of 100 mL of the digestate sample collected from the bioreactor (Eppendorf Centrifuge 5702) at a speed of 3000× g (4400 rpm).
The composition of the biogas accumulated in the eudiometer was analysed by passing it through the measuring cells in a BIOGAS 5000 analyser (Geotechnical Instruments Ltd., Coventry UK). The percentages of CH$_4$, CO$_2$, O$_2$ and H$_2$S by volume were measured.

2.5.2. Physicochemical Characteristics of Carrier Materials

Various physicochemical properties of kraft lignin and the kraft lignin/silica system, as well as their morphological dispersion were compared and analysed. A Zetasizer apparatus with a 4 mW helium/neon laser (Zetasizer Nano ZS, Malvern Instruments Ltd., Malvern/Worcestershire, UK) was used to measure particles sized 0.6–6000 nm. The particles were measured by the apparatus by non-invasive backscattering (NIBS). All samples were isolated in isopropanol before analysis using mild sonication, and measurements were performed at 25 °C. The FEI Quanta 250 FEG scanning electron microscope (Thermo Fisher Scientific, Waltham, MA, USA) operated in a low vacuum mode at 70 Pa and an accelerating voltage of 10 kV, was used to record images of the morphology and microstructure of the kraft lignin and kraft lignin/silica materials, which were then examined and analysed. The samples were coated with Au for 5 s with a Balzers PV205P coater (Oerlikon Balzers Coating SA, Balzers, Switzerland) before conducting the examination.

An ASAP 2420 instrument (Micromeritics Instrument Co., Norcross, GA, USA) was used in order to measure surface area ($A_{BET}$), total volume ($V_p$) and mean size ($S_p$) of pores, as well as the porous structure parameters, nitrogen adsorption/desorption isotherms at 77 K. After measuring these parameters, degassing was carried out at 90 °C using a vacuum. The Brunauer–Emmett–Teller (BET) model was used to calculate the specific surface area (SSA), which was also applied for the linear part of adsorption isotherm ($0.05 < P / P_0 < 0.25$). Meanwhile, the Barrett–Joyner–Halenda (BJH) method was used to measure and calculate the mean pore size and volume.

The samples, which were in tablet form, were prepared by pressing a mixture at a pressure of approximately 10 MPa of anhydrous KBr (approximately 0.25 g) and 1 mg of the tested substance in a special steel ring. Fourier transform infrared spectroscopy (FTIR) measurements were made at room temperature on a Vertex 70 spectrophotometer (Bruker Optik GmbH, Leipzig, Germany). FTIR spectra were obtained at a transmission mode between 400 and 4000 cm$^{-1}$, and the sample analysis was made at a resolution of 0.5 cm$^{-1}$ [18]. In order to analyse the chemical composition of the samples, a FLASH 2000 elemental analyser (Thermo Fisher Scientific, Waltham, MA, USA) was used. The analysis from this elemental analyser was based on the dynamic combustion technique. Approximately 2–4 mg of the samples were placed into the reactor combined with a precisely defined portion of oxygen by means of an autosampler. Combustion was performed at 900–1000 °C. Once the combustion process was completed, the flue gases were transported in a helium flow to another reactor furnace, which was filled with copper. The gases were then transported through a water trap into the chromatography column. Once separation of the gases was complete, a thermal conductivity detector was used to detect these separated gases.

Kraft lignin and the kraft lignin/silica system were also tested in a nitrous environment for thermal stability using a TGA 4000 thermogravimetric analyser (PerkinElmer, Waltham, MA, USA). The samples were heated in nitrogen from 25 to 995 °C at a flow rate of 20 mL min$^{-1}$ and were kept at 995 °C for 1 min before cooling.

2.5.3. Microbiological and Biochemical Analysis of Digestate

The total count of bacteria from six samples collected during the digestion process was measured by means of the modified fluorescent in situ hybridisation (FISH) method under a fluorescent microscope (Carl Zeiss AG, Oberkochen, Germany) according to Amann et al. (1990) [32]. Microbiological analyses were conducted at five various terms of the experiment. The first analysis was conducted on the 2nd day of the experiment, the second on the 4th day of the experiment, the third on the 8th day of the experiment, the fourth on the 10th day of the experiment and lastly the fifth on the 14th day of the experiment. Approximately 0.01 mL of the fermented sludge was placed onto the
surface of slides and placed into a breeding chamber. Subsequently, the samples were fixed with a 4% PFA solution (paraformaldehyde), washed in a phosphate buffer solution (PBS) three times, and lastly 0.5% of Triton solution was added. The samples were then washed again three times in PBS and placed in alcohol series of 70%, 80% and 96%. Lastly, 70% of a formamide solution was added and the genetic probe EUB_338 GCT GCC TCC CGT AGGAGT (Amann et al. 2019) was applied at a concentration of 25 ng µL⁻¹ [33]. The samples were stained with a Cy5 fluorescent dye and suspended in a solution consisting of 5 M NaCl, 1 M Tris/HCl, 25% formamide, 10% SDS and ddH₂O. Once this process was complete, the samples were incubated at 37 °C for 24 h in complete darkness. A fluorescence microscope equipped with an AxioCam MRc5 colour digital camera was used to analyse and capture images of the prepared samples. The images were analysed by the AxioVision 4.8 software (AxioVision LE 4.8 2.0, Carl Zeiss Microscopy, LLC, White Plains, NY, USA) [18]. The digestate samples underwent biochemical analysis by means of the spectrophotometric method and dehydrogenase activity was measured by means of the method developed by [28], with some modifications. Samples of approximately 5 mL were incubated at 30 °C, at a pH of 7.4 for 24 h with 2,3,5-triphenyltetrazolium chloride (TTC). Triphenylformazan (TPF) was yielded, extracted with 96% ethanol, and lastly measured spectrophotometrically at 285 nm. The dehydrogenase activity was expressed as µmol TPF g⁻¹ DM of waste 24 h⁻¹ (Camina et al., 1998) [34].

2.5.4. Statistical Analyses

Statistical analyses were conducted using the Statistica 13.3 software (StatSoft Inc. 2013, Tulsa, OK, USA). The significance of the variation in the count of groups of bacteria and the soil enzymatic activity was determined by two-way analysis of variance. Tukey’s test was used to identify homogenous subsets of means at a significance level of $p = 0.05$. Stepwise regression was used to determine the optimal set of variables for a given characteristic of the bacteria and dehydrogenase activity. On the basis of the highest F-value for the model and the significance of all the independent variables, the best regression model was selected. Principal component analysis (PCA) was used to illustrate the dependence between the biomass and activity of microorganisms as well as the chemical properties in the digestion process of different types of waste.

3. Results and Discussion

3.1. Characterisation of Substrate and Inoculum

The pH of both the raw sewage sludge, used as the substrate in the experiment, and the inoculum, i.e., digested sewage sludge (both from the same company), was close to neutral (see Table 1). The materials were characterised by low TS content (4.6% in the SS and 2.4% in the inoculum), but a high content of organic matter (81.4% and 65.7% TS, respectively). Both types of sewage sludge were used in earlier experiments conducted by the authors, where they were characterised in detail, especially in the study [35], which explained the mechanism of generation of high buffer capacity (ensured by alkalinity) of digested sewage sludge as a result of changes in the elemental nitrogen and the accompanying release of carbonates and bicarbonates. The values of other key physicochemical parameters of the tested SS, including the content of light and heavy metals, were presented in subsequent studies [17,18,36].

| Material | pH (-) | TS (wt %) | VS (wt %TS) | TKN (wt %TS) |
|----------|--------|-----------|-------------|--------------|
| SS       | 6.83   | 4.6       | 81.4        | 0.33         |
| Inoculum | 7.15   | 2.4       | 65.7        | 0.19         |

SS—sewage sludge, TS—total solids, VS—volatile solids, TKN—total Kjeldahl nitrogen.
3.2. Characterisation of Carrier Materials

3.2.1. Dispersive and Morphological Properties

Figure 2 shows the particle size distributions by volume of kraft lignin and the kraft lignin/silica system (1:4 ratio by weight). The narrow band for kraft lignin indicates a small range of particle diameters and the monodisperse nature of the sample—the highest share, i.e., 31.0% was noted for particles with a diameter of 712 nm [18]. The kraft lignin/silica system was characterised by a wider band, with the highest share (17%) of particles with a diameter of 105.7 nm. As the share of silica in the system with lignin was four times higher, there was an increasing tendency to form particle aggregates. The SEM images (see Figure 3a,b) also showed that the kraft lignin/silica carrier was characterised by greater morphological diversity than kraft lignin on its own, because there were irregularly-shaped and porous microstructures observed in the aggregates of particles in the compound system. Rough, porous surfaces favour the immobilisation of microorganisms and their proliferation [37].

![Particle size distributions by volume of kraft lignin and the kraft lignin/silica system.](image1)

**Figure 2.** Particle size distributions by volume of kraft lignin and the kraft lignin/silica system.

![SEM images of kraft lignin (a) and the kraft lignin/silica system (b).](image2)

**Figure 3.** SEM images of kraft lignin (a) and the kraft lignin/silica system (b).

3.2.2. Porous Structure Properties

The formation of irregular particle clusters influences the degree of development of the BET specific surface [18]. As the results of the analyses in Table 2 indicate, the amount of silica in the
system with lignin was four times greater and it significantly increased the $A_{\text{BET}}$ value. In spite of the considerable size of the pore diameters in pure lignin (18.4 nm), it was silica that developed the carrier surface up to 151.5 m$^2$ g$^{-1}$ and formed a porous microstructure with a pore volume of 0.35 cm$^3$ g$^{-1}$.

Table 2. Properties of the porous structure of kraft lignin [18] and the kraft lignin/silica system.

| Carriers     | $A_{\text{BET}}$ (m$^2$ g$^{-1}$) | $V_p$ (cm$^3$ g$^{-1}$) | $S_p$ (nm) |
|--------------|----------------------------------|-------------------------|------------|
| Kraft lignin | 1.9                              | 0.01                    | 18.4       |
| Kraft lignin/silica | 151.5                        | 0.35                    | 10.8       |

$A_{\text{BET}}$—BET surface area; $V_p$—pore volume; $S_p$—pore size.

Figure 4 shows the nitrogen adsorption/desorption isotherms used in the work of the carrier materials. The nature of the isotherms points to their mesoporous structure. The N$_2$ volume adsorbed by the kraft lignin/silica system was incomparably higher than that for pure lignin and amounted to about 225 cm$^3$ g$^{-1}$ STP, where the gas volume increased rapidly above the relative pressure value of 0.8. The adsorption and desorption isotherms were used to determine the porous structure parameters in Table 2.

![Figure 4](image_url)  
Figure 4. N$_2$ adsorption/desorption isotherms of kraft lignin and the kraft lignin/silica system.

3.2.3. FTIR Spectroscopy and Elemental Analysis

According to the current state of knowledge in analytical chemistry and spectroscopy, lignin is an aromatic biopolymer (see Figure 5a) composed of three basic monomers in the form of p-coumaryl, coniferyl and sinapyl alcohols, differing in the degree of methoxylation [37]. Coniferyl alcohol, which has a methoxy group in position C3 in its structure, is the main lignin monomer in softwood. In hardwood, the structure of lignin is composed not only of coniferyl alcohol but also molecules of sinapine alcohol, which has -OCH$_3$ groups substituted in positions C3 and C5. The third monomer, i.e., p-coumaryl alcohol, can be found in grasses [38]. The spectrum of pure lignin (Figure 6) includes bands assigned to the stretching vibrations O–H (3600–3200 cm$^{-1}$), stretching vibrations C–H (3004–2846 cm$^{-1}$), vibrations of the ketone group C=O (1710–1530 cm$^{-1}$) and the ones at 1599, 1512, 1426, and 1368 cm$^{-1}$ assigned to the stretching vibrations at the C–C bonds in the aromatic skeleton. Subsequently, groups of bands can be observed at 1270, 1218, 1125, and 1033 cm$^{-1}$, which correspond...
to the stretching vibrations of the bands C–O and ether C–O–C. The FTIR spectrum of lignin was described in detail by Pilarska et al. (2018) [18]. The high percentage of carbon in this compound is confirmed by the results of elemental analysis, shown in Table 3.

![Figure 5. The structural formulas of (a) kraft lignin and (b) silica.](image)

![Figure 6. FTIR spectra of kraft lignin and the kraft lignin/silica system.](image)

**Table 3.** The elemental content of kraft lignin [18] and the kraft lignin/silica system.

| Carriers          | C (%) | H (%) | S (%TS) | O (%TS) |
|-------------------|-------|-------|---------|---------|
| Kraft lignin      | 60.29 | 5.61  | 0.57    | -       |
| Kraft lignin/silica | 4.03  | 0.4   | -       | 3.41    |

The surface of silicon dioxide is composed of silanol (≡Si–OH) and siloxane (≡Si–O–Si≡) groups—see Figure 5b. Silanol groups are reactive centres and indicate the hydrophilic nature of silica [39]. Thanks to silanol groups, the silica surface has an acidic nature due to the possibility of proton cleavage. On the other hand, the predominance of siloxane groups results in the hydrophobicity of the material. Thus, it is possible to say that silica has a hydrophilic or hydrophobic nature, depending on its surface structure. This is a key aspect in the modification of silica and its use as a cell carrier.

Nevertheless, it is important to note that the binding of lignin with silica in this experiment may have been considerably affected by the degree of methoxylation and by a significant number of hydroxyl and phenolic groups, which are characteristic of lignin isolated in the kraft process [38].
The FTIR spectrum of the kraft lignin/silica system (1:4 ratio by weight) differs significantly from the spectrum of pure lignin due to the dominant content of silica. Like the band of kraft lignin, the band of the kraft lignin/silica system ranges from 3600 to 3200 cm\(^{-1}\) and corresponds to O–H stretching vibrations. On the other hand, the maximum at a wavenumber of approximately 1630 cm\(^{-1}\) is assigned to O–H bending vibrations and corresponds to the presence of water bound physically to the material. The spectrum is dominated by the 1080 cm\(^{-1}\) band, which is assigned to Si–O–Si stretching vibrations, and by the ~800 cm\(^{-1}\) band (Si–O stretching vibrations). The results of our experiment are consistent with the data published in earlier studies \[40,41\].

### 3.2.4. Thermal Analysis

The knowledge of the temperatures of decomposition of microbial carriers is particularly important for biotechnological processes conducted at increased temperature. During anaerobic digestion, the value of this parameter may be significant when the process is carried out under thermophilic conditions (50–60 °C). The thermal stability of kraft lignin and the kraft lignin/silica system (1:4 ratio by weight) was determined by means of thermogravimetric analysis (Figure 7).

![Thermograms of kraft lignin and the kraft lignin/silica system](image)

**Figure 7.** Thermograms of kraft lignin and the kraft lignin/silica system.

The thermal decomposition behaviour of pure kraft lignin was described in detail in an earlier study by Pilarska et al. (2018) \[18\]. According to the shape of the TG curve (solid black line), the pyrolysis of pure lignin can be described as a two-stage process, where the adsorbed/hydrated water is lost in the first phase, within a temperature range of 31–71 °C. Up to 215 °C, the weight loss was small and did not exceed 2.7%. The main exothermic stage of lignin degradation took place within a temperature range of 250–570 °C, when various volatile compounds, including phenolic compounds, as well as methanol and methane were released. The greatest weight loss (33.9%) in the thermal decomposition of this compound occurred within a temperature range of 288–388 °C.

The kraft lignin/silica carrier, with the predominant content of silica, was much more thermally stable within a wide range of temperatures than pure lignin. As indicated by the shape of the TG curve (solid grey line), the highest weight loss at high temperatures (~745 °C) amounted to 10%. This result confirms one of numerous advantages of silica as an inorganic precursor and is consistent with the data provided in reference publications \[42\].

According to the latest scientific reports, the thermal stability of pure kraft lignin can be improved by phosphorylation with a green phosphating reagent, NH\(_4\)H\(_2\)PO\(_4\), in the presence of urea \[11\]. This procedure may extend its application as a flame-retardant material. Colloidal silicas exhibit high
heat resistance and excellent mechanical properties. For this reason, they can be applied in light but strong composite materials made from carbon fibre, such as carbon-fibre-reinforced thermoplastics (CFRTPs) [43]. In this case, colloidal silica is adsorbed onto carbon fibres via electrodeposition, which enhances the interfacial properties of the CFRTP, and thus improves its thermal stability and mechanical properties.

To sum up, both pure kraft lignin and the kraft lignin/silica system, used as cell carriers in this study, are thermally stable within the temperatures of mesophilic and thermophilic digestion and can be used as cell carriers.

3.3. Cell Growth and Cell Biomass

The analysis of the results of colonisation of the kraft lignin and kraft lignin/silica system carriers by the autochthonous strain of Gram-positive, sporulating Bacillus amyloliquefaciens bacteria isolated from digested sewage sludge showed that the isolate strongly colonised the surface of both carriers (see Figure 8).

![Figure 8. A Bacillus amyloliquefaciens cell culture with the carriers added.](image)

The analysis of the results of colonisation of the kraft lignin and kraft lignin/silica system carriers by the autochthonous strain of Gram-positive, sporulating Bacillus amyloliquefaciens bacteria isolated from digested sewage sludge showed that the isolate strongly colonised the surface of both carriers (see Figure 8). The cell biomass calculated according to the authors’ original procedure (Section 2.3) showed that the colonisation of the carrier with the predominant content of silica was much stronger. The cell biomass in the system with pure kraft lignin was 0.49 ± 0.03 g/100 mL, whereas in the kraft lignin/silica system it was twice as high, i.e., 1.05 ± 0.07 g/100 mL. The advantage of colonisation of the silica carrier can be easily noticed in the photo (Figure 8), and it was confirmed by SEM images (Figure 9a,b).

The increased proliferation of bacterial cells in the variant with the kraft lignin/silica system (1:4 by weight) was mainly caused by the considerable content of silica, which increased the microbial production of intracellular proteins, including enzymatic proteins [44]. Chen et al. (2020) researched anaerobic digestion of sewage sludge and observed that the addition of silica accelerated protein degradation in the sludge and simultaneously inhibited the degree of polysaccharide degradation. This increased the degradation of macromolecular organic components and resulted in higher methane production [28]. The production of biogas, including methane, may also increase due to the greater abundance and higher activity of methanogens. The dispersion and morphological properties of this compound, its porosity, well-developed specific BET surface and reactive centres on the surface provide favourable conditions for the adhesion and colonisation of bacterial cells. The Bacillus amyloliquefaciens bacteria have a well-developed enzyme apparatus, which enables them to decompose both easily-degradable and hard-to-degrade compounds [45,46]. Initial immobilisation
of this bacterial strain with the carrier followed by the application of systems prepared in the hydrolysis phase of anaerobic digestion might increase the effectiveness of the AD process.

![SEM images of Bacillus amyloliquefaciens colonisation](image)

**Figure 9.** SEM images of *Bacillus amyloliquefaciens* colonisation of (a) kraft lignin and (b) the kraft lignin/silica system.

### 3.4. Analysis of Digestate Samples

#### 3.4.1. Total Bacterial Count

The two-way analysis of variance showed that both the type of sample undergoing anaerobic digestion and the sampling term had highly significant influence on the growth and development of eubacteria and their enzymatic activity (see Table 4).

| Parameter       | Term     | Combination | Interaction |
|-----------------|----------|-------------|-------------|
| Bacteria        | 168.77 *** | 296.91 ***  | 32.59 ***   |
| Dehydrogenase   | 133.57 *** | 38.21 ***   | 1.01 ns     |

The quantitative analysis of bacteria by means of fluorescence in situ hybridisation showed that during the continuous 14-day process of decomposition of each of the samples, the most intensive proliferation of microorganisms occurred in the SS + kraft lignin/silica variant (SS—sewage sludge; Figure 10). This also confirmed the result of the *Bacillus amyloliquefaciens* cell biomass obtained with this carrier (Figure 8).

The addition of pure lignin also increased the count of bacterial cells in the digested waste (see Figure 11). However, the microorganisms did not react as intensely as in the combination with silica. There was a statistically significant increase in bacterial proliferation in the SS + kraft lignin variant only at the fourth and fifth terms of the analyses. It is most likely that this effect was caused by the slow transformation of lignin methoxyl groups into active functional groups (mainly-COOH), which are an easily available source of carbon for microorganisms [47]. As shown in the results from reference publications, lignin has very good sorption properties, and also works as a carrier for immobilising bacteria and enzymes [48].
The proliferation of microorganisms in the sewage sludge digested with the cell carriers increased processes, including anaerobic digestion. The carrier protects the cells of immobilised microorganisms stability of the consortium of microorganisms, and thus increases the e

According to the current state of knowledge, the use of natural carriers extends the activity and stability of the consortium of microorganisms, and thus increases the efficiency of biotechnological processes, including anaerobic digestion. The carrier protects the cells of immobilised microorganisms if there are changes in the pH value, temperature, and composition of the medium [1,36].
3.4.2. Dehydrogenase Activity

The dynamics of changes in the dehydrogenase activity during the anaerobic digestion of sewage sludge had a different nature (Figure 12)—there was a successive decrease in the DHA in the experimental variants.

![Figure 12. Changes in the dehydrogenase activity (DHA) in the digested samples. Explanation: a–i—different letters denote significant differences at \( p = 0.05 \) (significance level). Means followed by the same letters do not differ significantly at \( p = 0.05 \).](image)

Dehydrogenases are intracellular enzymes, which are regarded as biochemical indicators of the metabolic activity of microorganisms [49,50]. According to reference publications [51], the DHA is positively correlated with the content of organic matter in the substrate and the biomass of microorganisms. However, this correlation was not observed in our study. The statistical analysis showed a negative correlation between the count of bacteria and the activity of these enzymes in the experimental variants. The regression models (Equations (1)-(3)) clearly show that during the 14-day digestion process, the growing population of bacteria did not increase the dehydrogenase activity in digested waste. This may have been caused by specific inhibitors of microbial activity, such as sulphur, ammonia, heavy metals and antibiotics [35,52].

\[
SS = -15.019x^2 - 49.5x + 40.83, \quad R^2 = 0.84, \quad p \leq 0.01 \\
SS + lignin = -2.2537x^2 + 5.1259x - 0.7236, \quad R^2 = 0.9626, \quad p \leq 0.01 \\
SS + lignin + silica = -1.3662x^2 + 3.3492x + 0.3384 \quad R^2 = 0.9101, \quad p \leq 0.01
\]

Similarly to the growth and development of bacteria, the highest dehydrogenase activity was noted in the variants with the carriers, especially with kraft lignin/silica.

3.4.3. Zinc and Lead Concentration

Among all heavy metals contained in sewage sludge, zinc is the one with the highest share. By contrast, lead is in the penultimate position in this ranking [35]. What distinguishes all heavy metals is the fact that, unlike many other toxic substances found in SS, they are not biodegradable and may accumulate at potentially toxic concentrations. Their toxic effect consists of disordering the functions and structure of enzymes by binding metals with thiol and other groups on protein molecules [53].
The suspension was collected in our experiment to verify the concentration of zinc and lead during the anaerobic digestion of each sample (Table 5). There were no breakpoints in the Zn and Pb concentrations, which inhibited the AD process [54].

Additionally, the collected suspension was separated into a liquid fraction (supernatant) and a solid fraction (sludge). There was a higher percentage of zinc in the solid fraction in the SS and SS + kraft lignin/silica samples than in the SS + kraft lignin sample, where the concentration of this metal in the centrifuged sludge was lower and may have resulted in better condition of the bacterial microflora. It is noteworthy that the principal component analysis showed clear positive relations between the bacterial biomass and the Zn content in the SS and SS + kraft lignin/silica objects (Section 3.5.2). However, the concentration of lead in both fractions, in all the samples, remained at the same level.

Table 5. Zinc and lead concentration in digested SS, SS + kraft lignin and SS + kraft lignin/silica samples.

| Fractions Separation (%) | Concentrations Balance (mg kg \(^{-1}\)) |
|--------------------------|-----------------------------------------|
|                          | Zn | Pb |
|                          | Supernat. | Sludge | Supernat. | Sludge | Total | Supernat. | Sludge | Total |
| SS Sample                | 63 | 37  | 0.31  | 41.10  | 41.42  | 0.013  | 2.765  | 2.778 |
|                          | 63 | 37  | 0.28  | 41.04  | 41.32  | 0.017  | 2.754  | 2.771 |
|                          | 65 | 35  | 0.36  | 42.22  | 42.58  | 0.022  | 2.731  | 2.753 |
| SS + Kraft Lignin Sample | 45 | 55  | 1.50  | 46.48  | 47.97  | 0.020  | 2.725  | 2.745 |
|                          | 45 | 55  | 2.13  | 48.18  | 50.31  | 0.024  | 2.647  | 2.887 |
|                          | 46 | 54  | 2.24  | 47.92  | 50.16  | 0.028  | 2.708  | 2.736 |
| SS + Kraft Lignin/Silica Sample | 52 | 48  | 0.45  | 44.29  | 44.74  | 0.010  | 1.781  | 1.792 |
|                          | 52 | 48  | 1.26  | 46.17  | 47.43  | 0.031  | 1.761  | 1.793 |
|                          | 58 | 42  | 1.23  | 45.76  | 46.99  | 0.029  | 1.414  | 1.444 |

supernat—supernatant; Zn—zinc; Pb—lead.

3.5. Continuous Mesophilic Anaerobic Digestion

3.5.1. Monitoring Process Stability

During the three stages of the experiment, the following determinants of the process stability were measured: the VFA/TA ratio (volatile fatty acids-to-total alkalinity ratio), pH and the N–NH\(_4^+\) concentration. If specific values of these parameters are exceeded in anaerobic digestion, the process is inhibited and there is lower efficiency of methane production [55]. Different groups of bacteria take part in the AD process. They are characterised by different sensitivities to environmental changes. Archaea, the acetogenic and methanogenic bacteria, have stringent requirements and do not easily adapt to changing environmental conditions. If the pH of the system drops below 6.5 due to the accumulation of volatile fatty acids, bacterial cells proliferate much more slowly. By contrast, if temperature and pH are too high (above 7.2), NH\(_3\) (aq) is released. It can penetrate through the membranes of microorganisms, affect their cell osmoregulation and thus inhibit their activity [31]. For this reason, both propionic acid (pH < 7) and ammonia (pH > 7) are listed as the most common inhibitors of anaerobic digestion [54]. The monitoring of the process stability should also include measurements of VFA and/or total alkalinity (TA). As there are divergent reports on total alkalinity determining the conditions of process stabilisation [55], many researchers decided that it was best to assess the course of the AD process by measuring the VFA/TA ratio. According to the literature data, different ranges of the VFA/TA ratio are interpreted as follows: VFA/TA ≤ 0.40—stable digester, 0.40 < VFA/TA < 0.80—some
signs of instability, and VFA/TA ≥ 0.80—significant stability [54]. Figures 13 and 14 show the dynamics of changes in these parameters.

The course of the anaerobic decomposition of pure SS was stable. The VFA/TA ratio was low—from 0.19 to 0.26, whereas the pH value ranged from 6.88 to 7.32. There were similar values of these parameters measured during the digestion of SS with the kraft lignin/silica system. The VFA/TA ratio was much lower than 0.4, i.e., 0.24–0.26, whereas the pH values ranged from 7.3 to 7.54. There was higher pH at the beginning of the third stage of decomposition of the SS + kraft lignin/silica system, but it tended to decrease as the process progressed. At the second stage of the process, during the decomposition of the SS + kraft lignin sample, the pH value increased to 7.58 in the middle of the stage and then it tended to decrease, whereas the VFA/TA ratio increased to a maximum value of 0.45. These values indicate certain destabilisation of the process, which may have affected the activity of methanogens. It is noteworthy that an increased alkaline pH influences the NH$_3$ and NH$_4^+$ dissociation equilibrium. The shape of the curves illustrating changes in the N–NH$_4^+$ concentration (Figure 14) points to values tolerated by methanogens in the SS variant (1156–1277 mg L$^{-1}$) as well as in the SS + kraft lignin/silica system (1036–1265 mg L$^{-1}$) and slightly increased levels in the SS + kraft lignin combination (1322–1494 mg L$^{-1}$), but still referred to as non-inhibiting values [54]. On the other hand, it is most likely that the increased value of the VFA/TA ratio in the same sample (SS + kraft lignin) during partial degradation of lignin was caused by the release of furfural (an indirect product of the decomposition of carbohydrates, including cellulose) and derivatives of phenolic alcohols [56,57]. During the second stage, the biogas/methane production was transiently inhibited, which may have affected the final result (Figure 15).

![Figure 13. Changes in pH and the VFA/TA ratio during the anaerobic digestion of the SS, SS + kraft lignin and SS + kraft lignin/silica samples.](image-url)
Figure 14. Changes in the N-NH$_4^+$ level during the anaerobic digestion of the SS, SS + kraft lignin and SS + kraft lignin/silica samples.

Figure 15. The efficiency of biogas and methane production per Mg of volatile solids obtained from SS, SS + kraft lignin and SS + kraft lignin/silica samples.

3.5.2. Process Efficiency

The three-stage experiment on the continuous anaerobic digestion of successive samples based on sewage sludge resulted in the following average production efficiencies: SS—526 m$^3$ Mg$^{-1}$ VS biogas, including 267 m$^3$ Mg$^{-1}$ VS methane (51%), SS + kraft lignin—586 m$^3$ Mg$^{-1}$ VS biogas, including 316 m$^3$ Mg$^{-1}$ VS methane (54%), SS + kraft lignin/silica—689 m$^3$ Mg$^{-1}$ VS biogas, including 413 m$^3$ Mg$^{-1}$ VS methane (60%) (see Figure 15).

The value of biogas efficiency for SS in this study was greater [58] or comparable [17] to the results noted in earlier studies conducted by the author. The methane content in biogas was identical [17]. This result is similar to the data provided in available reference publications [59]. It is noteworthy that there may be considerable differences in the efficiency of biogas/methane production from sewage sludge coming from the same sewage treatment plant (and even bigger differences if sewage sludge
comes from different sources). These differences observed in subsequent experiments may be caused by changes in the composition of sewage, including differences in the content of compounds inhibiting the process (heavy metals and toxic substances) [60]. The results may also be significantly influenced by the operating mode, configurations and sizes of bioreactors, applied technologies/process parameters, and organic loading rate (OLR).

However, as far as the effectiveness of the additives used in the experiment is concerned, the yield of biogas resulting from the continuous mode of anaerobic digestion with pure kraft lignin was lower than that the biogas yield noted in our previous study [17], i.e., 746.82 m$^3$ Mg$^{-1}$ VS. The volume of methane was comparable, but the volume of biogas obtained in this study (586 m$^3$ Mg$^{-1}$ VS) was lower. The result may have been influenced by both the composition of sewage sludge and the continuous operation mode of the bioreactor, during which the production of biogas was temporarily inhibited—most likely by an excessive load of organic substance. This situation did not occur during the anaerobic digestion of the third sample of sewage sludge with the kraft lignin/silica system (1:4 by weight), where the highest efficiency was noted. Due to the addition of silica, this system was also characterised by the highest proliferation of bacteria (Figure 11), as shown by measurement of the Bacillus amyloliquefaciens cell biomass (Figure 8). Moreover, the principal component analysis (PCA) (Figure 16) confirmed the strongest relationship between the size of bacterial biomass and methane emission ($R = 0.8783$) in this variant (SS + kraft lignin/silica). This material is an excellent cell carrier in anaerobic digestion due to the functional properties of both substances forming the kraft lignin/silica hybrid, i.e., lignin sorption and the microstructural properties of silica. Silica nanoparticles have the potential to be used in nanomedicine as drug carriers, cell markers, imaging agents, biosensors, etc. This compound not only adsorbs proteins (the concept of differential protein adsorption), but also stimulates their multiplication [21]. The high potential of an advanced functional silica/lignin material for use in science and industry (e.g., as an adsorbent for heavy metals) was noted by Klapiszewski et al. (2013, 2015, 2015a), who presented various methods of its production and modification and analysed its properties in detail [40,41,61]. Given the high efficiency of the kraft lignin/silica carrier in the anaerobic digestion process, it may be highly competitive to other support materials [62], including carbon-based materials [63] and charcoal [64]. Carbon-based materials have been proven to reduce operational instability and substrate-induced inhibition, which hinder the microbial organic matter breakdown activity [63]. By contrast, according to publications, the use of cedar charcoal as a support material for microbial attachment could enhance methane production during the anaerobic digestion of crude glycerol and wastewater sludge. The methane yield from a charcoal-containing reactor was approximately 1.6 times higher than the yield from a reactor without charcoal [63]. This result is highly comparable to the yield of methane from the SS and SS + kraft lignin/silica samples. However, the use of the kraft lignin/silica hybrid may be much more advantageous than the application of the carrier materials described in reference publications for economic reasons and due to problems in maintaining the stability of the digestion process [62–64]. It is also important that neither lignin nor silica need to be separated from the digested pulp, even if the digestate is to be used as a fertiliser. The costs of isolation of the carrier material would certainly be higher than the profit from recycling. Another advantage is small amounts of the substance recommended in the study to be used as a microbial carrier. Apart from that, both lignin and silica are environmentally friendly.

As was mentioned in the Introduction, lignin positively affects the formation of soil organic matter, its structure and bioactivity. It also acts as a chelating agent, which reduces the leaching of iron and zinc [65]. At the same time, lignin is a urease inhibitor, which can reduce the nitrification of urea and help to retain it in the soil [16].

Principal component analysis (PCA) was applied to demonstrate the cause-and-effect relationships between the following parameters: cell biomass, dehydrogenase activity, CH$_4$ emission, N-NH$_4^+$, VFA/TA ratio, Zn, Pb (see Figure 16). The PCA demonstrated the regularities between the independent variables. The components being a linear combination of the variables under consideration were determined. The PCA enabled the identification of the initial variables,
which constituted a frame of reference for the other variables. It is noteworthy that a considerable amount of variation (over 70%) was explained in the new coordinate system.

The PCA showed that the type of interaction between the parameters depended on the type of experimental variant. The samples digested with the cell carrier were characterised by a positive relationship between the cell biomass and methane emission. There was also a positive interaction between the bacterial content and the concentration of ammonium ions in the SS variant and the VFA/TA ratio in the SS + kraft lignin and SS + kraft lignin/silica combinations. The addition of silica was also marked by the occurrence of a negative correlation between the pH of digested sludge and the emission of methane and the content of ammonium ions.

4. Conclusions

The results of the experiment lead to the following conclusions:

1. The kraft lignin/silica material (1:4 by weight) was characterised by better properties than pure kraft lignin as a cell carrier: very well-developed BET specific surface, high pore volume, high thermal stability.

Figure 16. The distribution of bacterial biomass, activity and the chemical properties in the anaerobic digestion in two PCA axes. Legend: (a)—SS sample, (b)—SS + kraft lignin sample, (c)—SS + kraft lignin/silica sample; DHA—dehydrogenase activity, VFA/TA ratio—volatile fatty acids-to-total alkalinity ratio, CH₄—methane emission, N-NH₄⁺—ammonium nitrate, Zn—zinc, Pb—lead.
2. The proliferation of *Bacillus amyloliquefaciens* bacterial cells was more intensive in the kraft lignin/silica system, where the cellular biomass was twice as large as in the culture with pure kraft lignin.

3. The quantitative analysis conducted by means of in situ fluorescence showed increased proliferation of microorganisms during the anaerobic digestion in the SS + kraft lignin/silica variant. The addition of pure kraft lignin also increased cell proliferation, but to a lesser extent.

4. The highest dehydrogenase activity was observed during the decomposition of the sample with silica. In the course of the process, the value of this parameter tended to decrease in each experimental variant.

5. As indicated by the values of monitoring parameters, the course of the AD process was stable in the SS and SS + kraft lignin/silica samples. There was a temporary increase in the VFA/TA ratio accompanied by simultaneous inhibition of biogas/methane production in the SS + kraft lignin sample. It is most likely that this effect was caused by the release of lignin decomposition products, i.e., furfural and/or derivatives of phenolic alcohols.

6. During the continuous anaerobic decomposition of three samples based on sewage sludge, the largest amount of biogas was produced from the SS + kraft lignin/silica system (689 m$^3$ Mg$^{-1}$ VS, including 413 m$^3$ Mg$^{-1}$ VS methane). There were comparable amounts of biogas produced from the SS sample (526 m$^3$ Mg$^{-1}$ VS biogas, including 51% methane) and the SS + kraft lignin sample (586 m$^3$ Mg$^{-1}$ VS biogas, including 54% methane).

The functional properties of the compounds forming the kraft lignin/silica hybrid, e.g., the lignin sorption and silica microstructure, mean that this material can be successfully used as a cell carrier and cell development activator in the anaerobic digestion process.

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