The cysteine proteinase inhibitor Z-Phe-Ala-CHN₂ alters cell morphology and cell division activity of *Trypanosoma brucei* bloodstream forms in vivo

Stefan Scory¹, York-Dieter Stierhof²,⁴, Conor R Caffrey³,⁵ and Dietmar Steverding*¹,⁶

**Abstract**

**Background:** Current chemotherapy of human African trypanosomiasis or sleeping sickness relies on drugs developed decades ago, some of which show toxic side effects. One promising line of research towards the development of novel anti-trypanosomal drugs are small-molecule inhibitors of *Trypanosoma brucei* cysteine proteinases.

**Results:** In this study, we demonstrate that treatment of *T. brucei*-infected mice with the inhibitor, carboxbenzoyl-phenylalanyl-alanine-diazomethyl ketone (Z-Phe-Ala-CHN₂), alters parasite morphology and inhibits cell division. Following daily intra-peritoneal administration of 250 mg kg⁻¹ of Z-Phe-Ala-CHN₂ on days three and four post infection (p.i.), stumpy-like forms with enlarged lysosomes were evident by day five p.i. In addition, trypanosomes exposed to the inhibitor had a 65% greater protein content than those from control mice. Also, in contrast to the normal 16% of parasites containing two kinetoplasts – a hallmark of active mitosis, only 4% of trypanosomes exposed to the inhibitor were actively dividing, indicating cell cycle-arrest.

**Conclusion:** We suggest that inhibition of endogenous cysteine proteinases by Z-Phe-Ala-CHN₂ depletes the parasite of essential nutrients necessary for DNA synthesis, which in turn, prevents progression of the cell cycle. This arrest then triggers differentiation of the long-slender into short-stumpy forms.

**Background**

*Trypanosoma brucei* is the aetiological agent of human African trypanosomiasis or sleeping sickness. At present there are only four drugs available for treatment of sleeping sickness and some of these induce serious side effects [1]. With this in mind, recent research has shown that small-
molecule inhibitors of Clan CA cysteine proteinases [2,3] kill *T. brucei in vitro* and alleviate parasitaemia in mouse models of the disease [4-7]. As possible targets for these inhibitors, two cysteine proteinases have been identified. The first, an ortholog of mammalian cathepsin B (tbcatB), is a single copy gene and expressed in both procyclic and bloodstream forms, but with greater detectable mRNA levels in the latter stage [8]. As yet, its sub-cellular localization is unclear but may be in either the endosome and/or lysosome. Tetracycline-induced RNAi of tbcatB resulted in dysmorphic parasites leading to cell death [8], raising the possibility that tbcatB may be a useful molecular target for disease intervention.

The second potential target for cysteine proteinase inhibitors, termed trypanopain-Tb [5], brucipain [6] or rhodesain [9], is a cathepsin L-like cysteine proteinase [10,11] encoded by 11 gene copies [12] and predominant in terms of enzymatic activity [9]. Inhibition of brucipain by the small molecule inhibitor, carbobenzoxy-phenylalanine-diazomethyl ketone (Z-Phe-Ala-CHN$_2$), correlated with the compound's trypanocidal action in vivo [4]. Also, this and other peptidyl inhibitors blocked proteinolysis in the lysosome as evidenced by the accumulation of undigested FITC-transferrin [4,7], data consistent with the lysosomal localization of brucipain using specific antibodies [9,13]. Brucipain is developmentally expressed, with approximately five-fold more protein found in short-stumpy forms than in either long-slender or procyclic forms [9].

Here, we demonstrate that Z-Phe-Ala-CHN$_2$, when administered to mice infected with *T. brucei* results in parasites with altered cell morphology and an inability to mitotically replicate. We discuss these findings with respect to the parasite proteases targeted by Z-Phe-Ala-CHN$_2$.

**Results**

To study the effect of Z-Phe-Ala-CHN$_2$ on the cell morphology and cell division activity of bloodstream-form trypanosomes in vivo, mice infected with *T. brucei* were injected i.p. once daily on days 3 and 4 p.i. with 250 mg kg$^{-1}$ of the inhibitor or vehicle alone. On day 5 p.i., blood smears were prepared and stained with May-Grünwald’s stain solution. Representative examples from Z-Phe-Ala-CHN$_2$-treated mice (a) and control mice (b) are shown. Trypanosomes exposed to the inhibitor appeared stumpy-like forms (Fig. 1a). In addition, a large blue-stained region was observed between the kinetoplast and the nucleus, i.e., in a position consistent with that of the lysosome (Fig. 1a). That this is the lysosome is corroborated by the fact that the May-Grünwald dye stains acidic cell components. Long-slender and short-stumpy forms from control mice did not contain this structure (Fig. 1b).

Upon electron microscopy, trypanosomes from Z-Phe-Ala-CHN$_2$-treated mice were considerably larger than those from control mice (Fig. 2). Also, the lysosomes of trypanosomes exposed to the inhibitor were significantly larger than those of short-stumpy forms from control mice (Fig. 2). The enlargement of the lysosome may also explain why this organelle could be easily observed by light microscopy after May-Grünwald staining. In addition, the mitochondrion were also enlarged (Fig. 2).

Next, the protein content of trypanosomes purified from Z-Phe-Ala-CHN$_2$-treated and control mice was compared. Trypanosomes exposed to the inhibitor had 65% more...
protein than parasites from untreated animals; the mean values were 8.9 and 5.4 pg cell⁻¹, respectively (Table 1). Thus, the microscopically observed enlargement of trypanosomes exposed to Z-Phe-Ala-CHN₂ correlated with a higher protein content of the cells.

To determine the number of dividing cells, blood smears were stained with the DNA-binding fluorochrome DAPI and examined by fluorescence microscopy. Trypanosomes were considered to be dividing if the parasites contained two kinetoplasts. In contrast to the 16% of the normal trypanosome population containing two kinetoplasts, just 4% of parasites exposed to Z-Phe-Ala-CHN₂ were dividing (Table 2). As the segregation of the kinetoplast precedes trypanosomal cytokinesis [14], this result indicates that the cell division of trypanosomes was impaired under the influence of Z-Phe-Ala-CHN₂.

Table 1: Protein content of T. brucei bloodstream forms purified from Z-Phe-Ala-CHN₂-treated and control mice.

|                     | Z-Phe-Ala-CHN₂-exposed trypanosomes | Control trypanosomes |
|---------------------|-------------------------------------|----------------------|
| Experiment 1        | 9.1                                 | 6.5                  |
| Experiment 2        | 8.7                                 | 4.2                  |
| Average             | 8.9                                 | 5.4                  |
Discussion

Previously, we demonstrated that small molecule inhibitors of cysteine proteinases kill *T. brucei* in culture and experimentally-infected mice [4,6]. We now report that upon treatment of infected mice with the diazomethyl ketone inhibitor, Z-Phe-Ala-CHN₂, parasite death is preceded by an increase in cell body mass and enlargement of constituent organelles (lysosome and mitochondrion) with a predominance (>90%) of trypanosomes displaying a "stumpy-like" morphology. Swelling of the cell body prior to cell lysis has been reported previously for bloodstream forms of *T. brucei* and *T. cruzi* after incubation with peptidyl fluoromethyl ketones in vitro [15]. The mechanism proposed involved inhibition of cysteine proteinase activity.

Treatment with Z-Phe-Ala-CHN₂ elicited a striking enlargement of the lysosome of trypanosomes coincident with the appearance of the same organelle after staining with May-Grünwald’s solution. Swelling of the cell body prior to cell lysis has been reported previously for bloodstream forms of *T. brucei* and *T. cruzi* after incubation with peptidyl fluoromethyl ketones *in vitro* [15]. The mechanism proposed involved inhibition of lysosomal protease activity by the inhibitor thereby allowing the accumulation of undegraded proteins and the consequent increase in parasite weight (Table 1). The alteration in lysosomal size and function is consistent with the previous finding that co-incubation of cultured *T. brucei* bloodstream forms with Z-Phe-Ala-CHN₂ and FITC-labelled transferrin prevented degradation of the latter in the lysosome [4]. However, the lack of increased electron density in the enlarged lysosome, as would normally be expected upon accumulation of undegraded proteins, may suggest an increased water permeability of the organelle.

While it is formally possible that Z-Phe-Ala-CHN₂ exerts its trypanocidal action through one or more off-target mechanisms, one likely molecular target responsible for the enlarged lysosome phenotype is brucipain given that it is localized in the lysosome [9] and that exposure to Z-Phe-Ala-CHN₂ in vivo results in a marked decrease (92%) in cellular cysteine protease activity, most of which is due to brucipain [4]. It is also possible that the phenotype was a result of inhibition of tbcatB by Z-Phe-Ala-CHN₂, even though a sub-cellular localization of this enzyme consistent with the phenotype is as yet unknown [8]. Interestingly, tetracycline-induced RNAi of tbcatB, but not brucipain, induced a lethal phenotype prefaced by an enlarged endosome/lysosome compartment [8] similar to that consequent on exposure to Z-Phe-Ala-CHN₂. The conclusions were that tbcatB, not brucipain, was essential to *T. brucei* survival and that tbcatB was the most likely target of the inhibitor [8]. However, with respect to brucipain, both of these judgments are open to reinterpretation given the available data. First, fully 35% of rhodesain activity remained in the presence of tetracycline-induced RNAi [8], possibly sufficient to allow for normal cell function and the lack of an obvious phenotype. Therefore, it is still unclear what a total knock-down of brucipain might yield in terms of the parasite’s ability to survive. Secondly, Z-Phe-Ala-CHN₂ is chemically reactive with both mammalian cathepsins B and L [16,17] and there is no quantitative data to suggest that tbcatB is preferentially inhibited by this compound. Indeed, it has been shown that, in *T. brucei* lysates, both brucipain and a 34 kDa proteinase species (consistent with the molecular weight of tbcatB) are inhibited by Z-Phe-Ala-CHN₂ [9].

For other protozoan parasites, morphological aberrations, consistent with the prevention of normal proteinolysis, have been noted upon application of cysteine proteinase inhibitors. Thus, incubation of *T. cruzi* epimastigotes with the cysteine proteinase inhibitor morpholinourea-phenylalanine-homophenylalanine vinylsulfone phenyl (K11777) led to enlarged intracellular organelles (endoplasmatic reticulum, nuclear membrane, mitochondrion) and morphological alterations of the Golgi complex [18]. Likewise, for *Plasmodium falciparum* trophozoites, cysteine proteinase inhibitors disrupted the morphology of the food vacuole and prevented degradation of haemoglobin [19,20].

In addition to the morphological changes, the "stumpy-like" nature of trypanosomes exposed to Z-Phe-Ala-CHN₂ was substantiated by the low number of dividing parasites. Only 4% of the parasites were proliferating which is close to the number of dividing cells (long-slender forms) of about 2% found in natural short-stumpy enriched pop-
ulations in vivo [21]. Because we observed no increase in multinucleated cells with aberrant kinetoplast/nucleus configurations, as can occur under non-physiological conditions [22,23], the low number of dividing cells indicates Z-Phe-Ala-CHN₂ induces a cell cycle arrest.

Transformation of long-slender forms into "stumpy-like" forms has been previously observed upon treatment with the methylating agent 1,2-bis(methylsulfonyl)-1-methylhydrazine and the ornithine decarboxylase inhibitor DL-α-difluoromethylornithine (DFMO) [22,24,25]. Whereas the primary effect of DFMO is depletion of the intracellular polyamine pool, that of 1,2-bis(methylsulfonyl)-1-methylhydrazine is modification of DNA. However, the subsequent effect of both agents is an inhibition of DNA synthesis which in turn leads to arrest of the cell cycle [22,25]. A similar mechanism may also account for the cell cycle arrest in trypanosomes exposed to Z-Phe-Ala-CHN₂: inhibition of lysosomal proteolysis depletes the parasite of nutrients necessary for DNA synthesis and this is followed by blockage of mitosis. The cell-cycle arrest may also explain why Z-Phe-Ala-CHN₂-exposed trypanosomes are 65% larger than control parasites as they continue to grow but have stopped dividing.

Conclusion
This study has shown that treatment of T. brucei-infected mice with the cysteine proteinase inhibitor Z-Phe-Ala-CHN₂ results in an increased number of mitotically-arrested, stumpy form-like parasites. The findings agree with previous suggestions that enforced cell cycle arrest can trigger slender-to-stumpy differentiation [21].

Materials and methods
Reagents
Z-Phe-Ala-CHN₂ was purchased from Bachem, Heidelberg, Germany; May-Grünwald’s stain solution was obtained from Merck, Darmstadt, Germany; 4,6-diamidino-2-phenylindole (DAPI) was bought from Sigma, Deisenhofen, Germany; BCA Protein Assay was from Pierce Chemical Company (Rockford, IL, USA).

Treatment of T. brucei-infected mice with Z-Phe-Ala-CHN₂
Female BALB/c mice (about 10 weeks old) were infected intraperitoneally (i.p.) with 2 × 10⁴ cells of the pleomorphic T. brucei variant clone AnTat 1.1 [26]. On days 3 and 4 post infection (p.i.) mice were treated once daily with i.p. injections of 250 mg kg⁻¹ of Z-Phe-Ala-CHN₂ dissolved in 70% DMSO/30% physiological NaCl solution. Infected control mice received only the vehicle. On day 5 p.i., blood smears were prepared or parasites were purified from blood by DEAE-cellulose chromatography [27].

Staining of blood smears
Blood smears were stained with May-Grünwald’s stain solution and additionally treated with 0.0001% DAPI to label the nucleus and the kinetoplast. The stained slides were examined under a microscope (Axioplan) using a 100X Plan-Neofluar objective in transmitted and fluorescence light.

Electron microscopy
Purified trypanosomes were fixed in 2% formaldehyde/0.05% glutaraldehyde in PBS for 60 min. After embedding in 1% agarose, cells were post-fixed with 1% osmium tetroxide/0.9% ferricyanide in PBS for 60 min followed by 1% uranyl acetate for 60 min. Cells were dehydrated in ethanol and subsequently embedded in epoxy resin. Ultrathin sections were stained with uranyl acetate and lead citrate, and examined with a Philips 201 electron microscope at 60 kV.

Protein assay
The protein content of trypanosomes was determined using the bicinchoninic acid (BCA) method. Lysed trypanosomes (2.5 – 3.7 × 10⁵ cells in 10 μl) were incubated with 200 μl of BCA Protein Assay reagent at 37 °C. A series of dilutions of BSA (0.1 – 0.9 mg ml⁻¹) was used to generate a standard curve and each dilution was set up in duplicate. After 30 min of incubation, the absorbance at 500 nm was determined using a Dynatech MR5000 ELISA reader.

Competing interests
The authors declare that they have no competing interests.

Authors’ contributions
S.S., Y.-D.S., C.R.C. and D.S. carried out the experimental work. D.S. conceived the study and supervised its execution. D.S. and C.R.C. prepared the final draft of the manuscript. All authors have read and approved the final manuscript.

Acknowledgements
This work was supported in part by the Bundesministerium für Forschung und Technology, Schwerpunkt für tropenmedizinische Forschung in Heidelberg (01 KA 9301/3).

References
1. Fairlamb AH: Chemotherapy of human African trypanosomiasis: current status and future prospects. Trends Parasitol 2003, 19:488-494.
2. http://merops.sanger.ac.uk/.
3. Rawlings ND, Morton FR, Barrett AJ: MEROPS: the peptidase database. Nucleic Acids Res 2006, 34:D270-D272.
4. Scory S, Caffrey CR, Steierhof Y-D, Ruppel A, Steverding D: Trypanosoma brucei : killing of bloodstream forms in vitro and in vivo by the cysteine proteinase inhibitor Z-Phe-Ala-CHN₂. Exp Parasitol 1999, 91:327-333.
5. Troebel L, Morty RE, Pike RN, Lonsdale-Eccles JD, Palmer TJ, McKerrow JH, Coetzer THT: Cysteine proteinase inhibitors kill cul-
tured bloodstream forms of Trypanosoma brucei. Exp
Parasitol 1999, 91:349-355.
6. Caffrey CR, Scow S, Steveding D: Cysteine proteinases
of trypanosomes: parasites novel targets for chemotherapy.
Curr Drug Targets 2000, 1:155-162.
7. Nkemngu NJ, Grande R, Hansell E, McKerrow JH, Caffrey
CR, Steveding D: Improved trypanocidal activities of cattespin L inhibi-
tors. Int J Antimicrob Agents 2003, 22:155-159.
8. Mackey ZB, O’Brien TC, Greenbaum DC, Blank BB, McKerrow JH: A
catsepin B-like protease is required for host protein degra-
dation in Trypanosoma brucei. J Biol Chem 2004,
279:48426-48433.
9. Caffrey CR, Hansell E, Lucas KD, Brinen LS, Alvarez
Hernandes A, Cheng J, Gwaltney SL 2nd, Roush WR, Steierhof Y-D,
Bogyo M, Steveding D, McKerrow JH: Active site mapping, biochemical
properties and subcellular localization of rhodesain, the
major cysteine protease of Trypanosoma brucei rhodesiense.
Biochem Paramol Parasitol 2001, 118:61-73.
10. Robertson CD, North MJ, Lockwood BC, Coombs GH: Analysis of the
proteases of Trypanosoma brucei. J Gen Microbiol 1990,
136:921-925.
11. Sajid M, McKerrow JH: Cysteine proteases of parasitic organ-
isms. Mol Biochem Parasitol 2002, 120:1-21.
12. Berriman M, Ghdin E, Herz-Fowler C, Blandin G, Renaud H, Bar-
tholomeu DC, Lennard NJ, Caler E, Hamlin NE, Haas B, et al: The
genome of the African trypanosome Trypanosoma brucei. Science
2005, 309:416-422.
13. Lonsdale-Eccles JD, Grab DJ: Lysosomal and non-lysosomal pep-
tidyl hydrolases of the bloodstream forms of Trypanosoma
brucei brucei. Eur J Biochem 1987, 169:467-475.
14. Sherwin T, Gull K: The cell division cycle of Trypanosoma brucei brucei:
timing of event markers and cytoskeletal modula-
tions. Philos Trans R Soc Lond B Biol Sci 1989, 323:573-588.
15. Ashall F, Angliker H, Shaw E: Lysis of trypanosomes by peptidyl
fluoromethyl ketones. Biochem Biophy Res Commun 1990,
170:923-929.
16. Wilcox D, Mason RWV: Inhibition of cysteine proteinases in lys-
osomes and whole cells. Biochem J 1992, 285:495-502.
17. Crawford C, Mason RW, Wikstrom P, Shaw E: The design of pep-
tidylidazomethane inhibitors to distinguish between the
cysteine proteinases calpain II, cathepsin L and cathepsin B.
Biochem J 1988, 253:751-758.
18. Engel JC, Doyle PS, Palmer J, Hsieh I, Bainton DF, McKerrow JH:
Cysteine protease inhibitors alter Golgi complex ultrastruc-
ture and function in Trypanosoma cruzi. J Cell Sci 1998,
111:597-606.
19. Rosenthal PJ, Wollish WS, Palmer JT, Rasnack D: Antimalarial
effects of peptide inhibitors of a Plasmodium falciparum
cysteine proteinase. J Clin Invest 1991, 88:1467-1472.
20. Rosenthal PJ: Plasmodium falciparum: effects of proteinase
inhibitors on globin hydrolysis by cultured malaria parasites.
Exp Parasitol 1995, 80:272-281.
21. Reuner B, Vassella E, Yutzy B, Boshart M: Cell density triggers
slender to stumpy differentiation of Trypanosoma brucei
bloodstream forms in culture. Mol Biochem Parasitol 1997,
90:269-280.
22. Penketh PG, Divo AA, Shyam K, Patton CL, Sartorelli AC: The
effects of the methylaing agent 1,2-bis(methylsulfonyl)-1-
methylhydrazine on morphology, DNA content and mito-
chondrial function of Trypanosoma brucei subspecies. J Proto-
zoal 1991, 38:172-177.
23. Vassella E, Boshart M: High molecular mass agarose matrix
supports growth of bloodstream forms of pleomorphic
Trypanosoma brucei strains in axenic culture. Mol Biochem Par-
asitol 1996, 82:91-105.
24. de Gee ALW, Carstens PHB, McCann PP, Mansfield JM: Morpholog-
ical changes in Trypanosoma brucei rhodesiense following inhibi-
tion of polyamine biosynthesis in vivo. Tissue Cell 1984,
16:731-738.
25. Giffin BF, McCann PP, Bitonti AJ, Bacchi CJ: Polyamine depletion
following exposure to DL-α-difluoromethylornithine both in
vivo and in vitro initiates morphological alterations and mito-
chondrial activation in a monomorphic strain of Trypano-
soma brucei brucei. J Protozool 1986, 33:238-243.
26. Van Meirvenne N, Janssens PG, Magnus E: Antigenic variation in
syringe passaged populations of Trypanosoma (Trypanozoon)
brucei, I. Rationalization of the experimental approach. Ann
Soc Belg Med Trop 1975, 55:1-23.
27. Lanham SM, Godfrey DG: Isolation of salivarian trypanosomes
from man and other mammals using DEAE-cellulose. Exp
Parasitol 1970, 28:521-534.