Gene expression of single human mesenchymal stem cell in response to fluid shear

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Abstract
Stem cell therapy may rely on delivery and homing through the vascular system to reach the target tissue. An optical tweezer model has been employed to exert different levels of shear stress on a single non-adherent human bone marrow–derived mesenchymal stem cell to simulate physiological flow conditions. A single-cell quantitative polymerase chain reaction analysis showed that collagen type I, alpha 2 (COL1A2), heat shock 70-kDa protein 1A (HSPA1A) and osteopontin (OPN) are expressed to a detectable level in most of the cells. After exposure to varying levels of shear stress, there were significant variations in gene transcription levels across human mesenchymal stem cells derived from four individual donors. Significant trend towards upregulation of COL1A2 and OPN gene expression following shear was observed in some donors with corresponding variations in HSPA1A gene expression. The results indicate that shear stress associated with vascular flow may have the potential to significantly direct non-adherent stem cell expression towards osteogenic phenotypic expression. However, our results demonstrate that these results are influenced by the selection process and donor variability.

Keywords
mesenchymal stem cell, fluid flow, shear stress, gene expression, osteogenic

Introduction
Stem cell therapy is an emerging technique for the treatment and cure of many diseases for which adequate therapies do not exist, such as cardiac diseases1 and Parkinson’s disease.2 However, upon transplantation, stem cells and their derived lineages experience a multitude of biochemical and mechanical cues that influence cell behaviour.3 A fundamental understanding of the implications of the interplay of stem cell niche factors (growth factors, cell–cell contact and cell–matrix interaction) and external forces would enable the control of therapeutic cells and effective regeneration of functional tissues.4 An example of an evolving strategy for therapy would be the use of injectable solutions for stem cell treatments via intravenous injection into the body and delivery to target sites via the circulatory system. However, various safety concerns have been raised, which include the use of a heterogeneous population of cells, donor-to-donor variability, microbiological contamination, immunological response to alloantigens and tumorigenicity of the transplanted cells.5 It is therefore essential to develop standards and methodologies for characterizing products to address pre-clinical safety and efficacy.

One issue that arises when we discuss injectable approaches is the necessity to understand the effects of transport through the vascular system on phenotypic variation in autogenic and allogenic sources of stem cells. In addition to this, the potential interactions between shear forces and cell behaviour and the ultimate differentiation capacity on delivery also need to be explored. Traditionally, stem cell population has been used for fluid-induced shear stress.6–10 However, adult stem cells are isolated with limited purity, even when the most advanced phenotypic marker combinations are utilized.11,12 Because of these variations, studies that are reliant on stem cell population are unable to accurately address many crucial biological and clinical questions.13,14 Analysing the cell population with single-cell
precision may provide great insight into stem cell behaviours. In this study, a single cell from the human mesenchymal stem cell (hMSC) population will be used to examine the effect of shear stress on the stem cell.

Single-cell responses to mechanical stimulation can be characterized by a single-cell polymerase chain reaction (PCR). The major challenge for a single-cell PCR analysis is the small amounts of RNA obtained from an individual cell. Mammalian cells contain approximately 10–40 pg of RNA, of which about 0.1–1 pg is mRNA, corresponding to $10^5–10^6$ messages. Recent studies have investigated the effects of compressive forces on a single cell and defined biomechanical profiles and molecular expression. There is, however, a lack of quantitative experimental models that enable effective study of the mechanical shear stresses on a single cell. Recently, optical tweezers have emerged as an essential tool for manipulating a single biological cell and performing sophisticated biophysical/biomechanical characterizations. In this study, we use optical tweezers to mimic the effects of blood circulation on non-adherent hMSCs during vascular delivery. Using this technique, we can exert varying levels of shear stress equivalent to physiological flow-induced stress on a single non-adherent stem cell. We have observed that the cells possessed a range of sizes from 20 to 40 μm. At higher velocity, some cells were visibly deformed under microscope analysis. The effects of shear stress on a profile of gene expressions were assessed using the single-cell quantitative PCR.

Materials and methods

Optical tweezers

Optical tweezers (Cell Robotics, Inc., Albuquerque, NM, USA), driven by a Windows XP–based Cell Robotic Workstation software, were used in the present experimental work. A Nd:YAG laser source was used at a wavelength of 1064 nm pumped by a 1.5-W diode. The laser was reflected through dichroic mirrors and focused through an inverted microscope (Nikon Optical Microsystem, Melville, NY, USA) before it reached the objects.

Operational chambers

Two different chambers have been used for the experimental operation. A Lab-Tek chamber (Nunc Inc., Naperville, IL, USA) without coating was initially used for manipulation of hMSCs. The CoverWell perfusion chambers (Grace Bio-Labs, Inc., Bend, OR, USA) were coated with chemical reagents. To prevent adherence of stem cells on the surfaces of glass substrates, 40 mg poly(2-hydroxyethyl methacrylate) (Sigma, Dorset, UK) was dissolved in 2 mL of 95% ethanol. The thin cover glass was dipped into the solution and dried overnight at room temperature.

Table 1. Source and derivation of four populations of human bone marrow–derived MSCs for experimental analysis

| Age (years) | Sex |
|-------------|-----|
| hBMA1 | 18 | Male |
| hBMA2 | 21 | Male |
| hBMA3 | 40 | Male |
| CD_SEL | 32 | Male |

MSCs: mesenchymal stem cells; hBMA: human bone marrow aspirate; CD_SEL: human Lonza CD selected.

Derivation of cells

hMSCs from four donors were obtained from Lonza (Walkersville, MD, USA) either as CD-selected population or as a bone marrow aspirate (BMA) (Table 1).

CD-selected Lonza population. In the case of the CD-selected population, cells have been routinely characterized for positive expression of CD29, CD44, CD105 and CD106, and for negative expression of CD14, CD34 and CD45 by Lonza Biologics. For subsequent experimental procedure, CD-selected hMSCs were used at passage 5. Cells were resuspended in cell culture media (10% fetal calf serum (FCS), 1% antibiotics and 1% glutamine in Dulbecco’s modified Eagle’s medium (DMEM) solution (low glucose). The cells were placed in 24-well plates and maintained at 37°C in 5% CO₂. The media were changed every 2 days, and the cells were monitored until cells became confluent. The cells were detached using trypsin–ethylenediaminetetraacetic acid (EDTA). After centrifugation, the cells were resuspended in serum-free media.

Isolation of hMSCs from BMA. hMSCs were isolated from commercially obtained BMA (Lonza) through an adhesion selection methodology. Mononuclear cells were plated at a density of $10^2$ cm⁻² in 10 ng mL⁻¹ fibronectin-coated (Sigma LS) in T75 flasks in high-glucose DMEM (Lonza) supplemented with 5% fetal bovine serum (FBS; Lonza), 1% non-essential amino acids (Invitrogen) and 1% L-glutamine (Invitrogen). After 7 days, half of the culture medium was removed and replaced with fresh one and after further 7 days, all media were removed. Isolated MSCs were subsequently cultured to confluency, passaged using standard procedures and multipotency confirmed through differentiation assays.

Cell manipulation and single-cell harvest

On the day of experimentation, the cells were passaged using standard methodologies and diluted to around $1 \times 10^3$ cells mL⁻¹ in a serum-free medium. After gently shaking to keep cells uniformly distributed in the solution, 1 mL solution was pipetted into the surface-treated operational chamber. A 20× objective was used to screen an operational region where only one cell was present to avoid cell–cell
transcription (RT) buffer, 0.8 μL 25× deoxynucleotide
lysate (including the negative controls): 2 μL 10× reverse
reagents were added to the entire volume of treated cell
a High Capacity cDNA RT kit. In brief, the following
for 5 min. The RNA was reverse-transcribed in situ using
RNase-free DNase I at 37°C for 15 min, followed by 75°C
for 10 min and then placed on ice. To degrade
genomic DNA, the lysate was then treated with 0.2 μL
at 75°C for 10 min and then placed on ice. To degrade
lysis buffer. To rupture the cell, the mixture was incubated
lysis buffer and a lysis blank control containing 10 μL
medium blank control comprising 1 μL DMEM + 9 μL
USA). Two negative controls were also processed: a
Cell lysis buffer (Cells-to-cDNA™ II Kit; Ambion, CA,
free 0.5-mL PCR tube containing 9 μL ice-cold cDNA II
primer/probe mix and 18.75 μL nuclease-free H2O were
TaqMan PreAmp Master Mix and 6.25 μL pooled 0.2× con-
tent. After adding 6.25 μL cDNA (or blank control),
the tubes were placed in a PCR thermal cycler and incu-
bated at 95°C for 10 min. Samples were preamplified for 14
cycles (denaturation at 95°C followed by annealing and
extension at 60°C). The preamplified samples were diluted
1:20 with Tris–EDTA buffer. Gene expression was individ-
ually quantified for all genes of interest using the Applied
Biosystems 7300 Real-Time PCR system. In brief, 12.5 μL
stock primer/probe mixes (except 18s rRNA) were prediluted
using TaqMan PreAmp Master Mix. In brief, all stock
primer/probe mixes were manufactured by Applied Bio-
systems. The specific TaqMan® gene expression assay used
was indicated for each gene studied. Each primer/probe
mixture was supplied as a 20× concentrate. In total, nine
genes of interest were studied (Table 2), including collagen
type 1, alpha 2 (COL1A2, Hs00164099_m1), collagen type
2, alpha 1 (COL2A1, Hs00156568_m1), aggrecan (ACAN,
Hs01048717_m1), osteopontin (OPN, Hs00167093_m1),
alkaline phosphatase (ALP, Hs01029144_m1), heat shock
70-kDa protein 1A (HSPA1A, Hs00271229_s1), core-binding
factor α-1 (CBFA1 or SOX9, also known as runt-related
transcription factors, RUNX2, Hs00231692_m1) and cyclo-
oxigenase-2 (COX2, Hs00153133_m1). Gene expression
was normalized to 18s rRNA. To amplify gene copy
numbers to detectable levels, cDNA was first preamplified
using TaqMan PreAmp Master Mix. In brief, all stock
primer/probe mixes were diluted 1:20 with Tris–EDTA buffer. Gene expression was individ-
ually quantified for all genes of interest using the Applied
Biosystems 7300 Real-Time PCR system. In brief, 12.5 μL
TaqMan Universal PCR Master Mix, 1.25 μL 20× stock
primer/probe mix and 18.75 μL nuclease-free H2O were
added to each 6.25 μL preamplified, diluted cDNA sample
or blank control.

**Relative abundance and statistical analysis**

A relative abundance value of each gene of interest was calculated using a method adapted from Pfaffl. Briefly, the abundance, $A$, was calculated using the following equation

$$A = (1 + E)^{-CT}$$

where $E$ is the calculated amplification efficiency of the target gene and $CT$ is the threshold cycle for that gene. PCR efficiency was calculated by running a standard curve for serially diluted cDNA prepared from hMSCs.
Means and standard deviation (SD) were calculated for all data sets. The statistical analysis was based on the GraphPad Prism 5.0. For the hMSCs isolated from BMA through the adhesion selection methodology, a regular two-way factorial analysis of variance (ANOVA) was performed between group 1 of gene expression after 0 h and group 2 of gene expression after 18 h. A one-way ANOVA followed by Tukey’s test was performed for group 1 and group 2 individually. For CD-selected hMSCs, a one-way ANOVA followed by Tukey’s test was performed. Paired student’s $t$-test was used for gene expression after 0–24 h compared to the control group. The values of $p$ lower than 0.05 were considered evidence for statistical significance.

Theoretical analysis of shear stress on a single non-adherent cell

Individual cells were moved by the optical tweezers in the operational chamber to generate different velocities, resulting in the cells being subjected to different levels of shear stress. The force exerted on a single cell was calculated from the Stokes’ law, $F = 6\pi r \eta u$, where $r$ is the cell radius, $\eta$ is the liquid viscosity and $u$ is the flow velocity. The shear stress was obtained by the force over the cross-sectional area of the single cell. The fluid velocity at 20, 40, 60 and 80 $\mu$m s$^{-1}$ corresponds to a shear stress of 0.015, 0.030, 0.045 and 0.060 Pa, respectively.

Results

Gene expression of single hMSCs

To investigate the shear stress effect on hMSC gene expression, we examined nine genes: COL1A2, COL2A1, ALP, ACAN, OPN, HSPA1A, CBFA1, SOX9 and COX2 as well as the house-keeping gene, 18s rRNA, as indicated in Table 2. After 40 cycles of amplification, a threshold to eliminate background noise was applied to all samples on the same plate according to the user guide of Applied Biosystems (Warrington, UK). Of these, three genes, COL1A2, OPN and HSPA1A, achieved relative abundance levels of >40% and were selected for subsequent analysis. The current protocol of PCR analysis is still quite limited to the evaluation of very few, relatively highly expressed genes. Sensitive detection methods are being developed to improve the detectable levels of various genes.

Table 2. Levels of baseline gene expression in cultured hMSC (CD_SEL)

| Gene    | COL1A2 | COL2A1 | ALP | ACAN | OPN | HSPA1A | CBFA1 | SOX9 | COX2 |
|---------|--------|--------|-----|------|-----|--------|-------|------|------|
| 18s     | 100%   |        |     | 0%   | 28% | 46%    | 94%   | 19%  | 17%  | 25%  |

hMSC: human mesenchymal stem cell; CD_SEL: human Lonza CD selected.

Figure 2. The effect of shear stress on gene expression of (a) COL1A2, (b) HSPA1A and (c) OPN for hMSC population hBMA1 (18-year-old male). The cells were lysed after collection at 0 and 18 h in the incubator. The data were normalized to 18s rRNA and presented as mean ± averaged absolute deviation. $n$ means number of cells expressed out of 9–12 cells picked up after micromanipulation. The symbol ‘*’ indicates $p < 0.05$. hMSC: human mesenchymal stem cell.

Responses of hMSCs (hBMA1–3) derived from different donors and CD-selected hMSCs

The effects of shear stress on hMSC expression of the genes, COL1A2, HSPA1A and OPN, from three individual donors are shown in Figures 2 to 4. All donor-derived hMSCs demonstrated individual-specific sensitivity to the manipulating velocities. For hBMA1, COL1A2 expression (Figure 2(a)) was significantly increased ($p < 0.05$) after
manipulating at 20, 40 and 80 μm s⁻¹. \textit{HSPA1A} expression (Figure 2(b)) after 18 h was also markedly increased ($p < 0.05$) after 20, 40 and 80 μm s⁻¹ manipulation. When lysing cells immediately after collection, \textit{OPN} expression (Figure 2(c)) was significantly increased ($p < 0.05$) after manipulating at 20 and 40 μm s⁻¹. In contrast, there was no significant difference in \textit{HSPA1A} (Figure 3(b)) and \textit{OPN} gene expression (Figure 3(c)) at 0 and 18 h through all manipulating velocities in patient hBMA2. Although \textit{COL1A2} expression (Figure 3(a)) showed an increase in response to shear at 18 h compared to control at 18 h, the difference was only significant between control and 40 μm s⁻¹. In contrast with hBMA3, the effect of shear stress on gene expression for \textit{COL1A2} (Figure 4(a)), \textit{HSPA1A} (Figure 4(b)) and \textit{OPN} (Figure 4(c)) was not significant after 0 and 18 h.

In the population of CD-selected cells from Lonza grown in culture to passage 5, \textit{COL1A2} expression (Figure 5(a)) was elevated in response to shear stress of 60 μm s⁻¹ when compared to control samples. However, the increase at shear stress levels at a manipulation velocity ranging from 20 to 80 μm s⁻¹ was not significant when compared to control samples. Expression of \textit{HSPA1A} (Figure 5(b)) and \textit{OPN} (Figure 5(c)) was not elevated in response to increasing levels of shear in CD-selected hMSCs.

The gene expression profiles for different durations following application of shear to CD-selected hMSCs were then examined to determine if fluctuations were occurring over a wider time range. Following manipulation at 40 μm s⁻¹, each single cell was suspended at 37°C in serum-free media for 0, 6, 12, 18 and 24 h. No significant effect of
shear stress on gene expression of COL1A2 (Figure 6(a)), OPN (Figure 6(c)) and HSPA1A (Figure 6(b)) was observed, except following 12-h incubation where HSPA1A expression (Figure 6(b)) was significantly increased (\(p < 0.05\)).

**Discussion**

The average levels of venous and arterial wall shear stresses range between 0.1–0.5 Pa and 0.6–4.0 Pa, respectively.\(^{23}\) However, the shear stress acting on a single suspension hMSC is below the physiological wall shear stress. The calculated shear stress in venous flow is around 0.004–0.08 Pa. The shear stress exerting on a single hMSC by optical tweezers at a flow velocity from 20 to 80 \(\mu\)m s\(^{-1}\) was calculated to be 0.015–0.06 Pa, which falls within the physiological flow range.

In our study, mechano-inductive gene expression was upregulated in response to varying levels of stress. These responses were not consistent across all four donors. A reduction in response was also noted with an ageing source.

![Figure 5](image1.png)

**Figure 5.** The expression of (a) COL1A2, (b) HSPA1A and (c) OPN of CD-selected population (passage 5) after exposing to different levels of shear stress. The second bar represents the cells exposed to laser heating only. The single cell was lysed after collection. The data were normalized to 18s rRNA and presented as mean ± averaged absolute deviation. \(n\) means number of cells expressed out of 9–12 cells picked up after micromanipulation.

![Figure 6](image2.png)

**Figure 6.** The effect of incubation time before cell lysis on gene expression of (a) COL1A2, (b) HSPA and (c) OPN after CD-selected cells is manipulated at 40 \(\mu\)m s\(^{-1}\). The cells were lysed after collection at 0, 6, 12, 18 and 24 h in the incubator. The data were normalized to 18s rRNA and presented as mean ± averaged absolute deviation. \(n\) means number of cells expressed. The symbol '*' indicates \(p < 0.05\). C: control; S: shear.
of patient material although there may be other factors which explain these responses. In addition, CD-selected hMSC after extended growth in culture showed a decline in shear response as has been observed for adherent selected cells at an earlier stage of culture/passage. These variations demonstrate the inherent variability in using mixed populations of bone marrow–derived cells with quite marked cell responses to environmental cues; a feature which must be considered when designing cell therapies and sources of cells for use in therapeutic treatments.

**Analysis of HSPA1A expression**

HSPA1A, heat shock 70-kDa protein 1A, is involved in cell protection from stress and apoptosis. It has been reported that shear stress could result in the induction of genes involved in mediating the cellular response to stress including HSPA1A. However, this gene may also be induced by the stress from the heating and photodamage to stem cells due to laser absorption. Optical tweezers generate a highly focused spot with power intensities of megawatts per square centimetre, which can lead to damage or ‘optlcution’ due to laser adsorption. Laser-induced effects on cell viability, growth and division have been found to be significant in *Escherichia coli* and Chinese hamster ovary (CHO) cells. **HSPA1A** could be induced by either shear stress effect or photodamaging effect. To differentiate between these two effects, the hMSCs were exposed to the laser source only without any movement for 5–10 min. There was no significant increase in response in all cell types in response to the laser alone as shown in Figure 5. A possible explanation is that near-infrared laser Nd:YAG (1064 nm in wavelength) was chosen as a lower energy source to mitigate the photodamaging effects of optical tweezers.

Our observations illustrate that hMSC responses to shears stress were largely donor specific. HSPA1A expression was significantly increased in hBMA1 after shear stress, respectively. However, upregulation of HSPA1A was not consistently observed. Expression levels of HSPA1A were either largely unchanged (hBMA2) or reduced in response to low levels of shear stress (hBMA3). The mechanisms remain to be clarified through further studies.

**COL1A2 and OPN expression**

hMSCs derived from adherent selection demonstrated a tendency towards osteogenic differentiation after fluid shear stress exposure. Both collagen I and osteopontin are key markers of osteogenic lineage differentiation. In addition, osteopontin has been shown to be an early marker of mechanical induction. Osteogenic induction as a shear stress response agrees with previous data on adherent monolayer and three-dimensional (3D) cultures of MSC exposed to varying levels of shear.

Similar to HSPA1A, we have noted donor-specific responses in expression levels of COL1A2 and OPN after shear stress manipulation. COL1A2 expression was increased after 0.030 Pa shear stress exposure for both hBMA1 and hBMA2 but not hBMA3. Upregulation of COL1A2 was also noted for CD_SEL. Common upregulation of OPN was also noted for both hBMA1 and hBMA2 at 80 μm s⁻¹, while reduced or control level expression of OPN was noted for both hBMA3 and CD_SEL.

Although we have found that some statistically significant changes in gene expression are donor specific after exposing stem cells to shear stress, it is important to note that a significant number of hMSCs remain untouched when circulating inside the human body in the physiological conditions. However, in this condition, cells are smoothly flown in the blood vessel without considering the effect of cell rotation and adhesion. It has been demonstrated that characterization of the population at the single-cell level shows a very variable population. More work needs to be carried out to understand the characteristics of stem cells and the potential impact of delivery to the site of repair.

**Conclusions**

A single-cell approach for studying fluid mechanical influence on gene expression of hMSCs has been developed based on a unique combination of optical tweezers and single-cell PCR. Optical tweezers have been used to apply different levels of shear stress to hMSCs which correspond to physiological stress levels observed during vascular flow.

The effect of shear stress has been examined by single-cell PCR analysis of nine genes (Table 2). Among these, only COL1A2, HSPA1A and OPN were expressed to robustly determinable levels. Transcriptional responses to shear stress applications were noted which encompassed both upregulation and downregulation of the same gene in an individual-specific manner. This single-cell PCR analysis combined with optical tweezers could be used to understand the fundamental stem cell biology and formulate the strategies for stem cell delivery.

**Funding**

The work is supported by the project funding (BB/D014786/1), which was co-funded by BBSRC and EPSRC (Life Science Interface Programme).

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