Effect of single ventricular premature contractions on response to cardiac resynchronization therapy

Eperke Dóra Merkel, András Mihály Boros, Walter Richárd Schwertner, Anett Behon, Attila Kovács, Bálint Károly Lakatos, László Gellér, Annamária Kosztin† and Béla Merkely*†

Abstract
Background: We lack data on the effect of single premature ventricular contractions (PVCs) on the clinical and echocardiographic response after cardiac resynchronization therapy (CRT) device implantation. We aimed to assess the predictive value of PVCs at early, 1 month-follow up on echocardiographic response and all-cause mortality.

Methods: In our prospective, single-center study, 125 heart failure patients underwent CRT implantation based on the current guidelines. Echocardiographic reverse remodeling was defined as a ≥15% improvement in left ventricular ejection fraction (LVEF), end-systolic volume (LVESV), or left atrial volume (LAV) measured 6 months after CRT implantation. All-cause mortality was investigated by Wilcoxon analysis.

Results: The median number of PVCs was 11,401 in those 67 patients who attended the 1-month follow-up. Regarding echocardiographic endpoints, patients with less PVCs develop significantly larger LAV reverse remodeling compared to those with high number of PVCs. During the mean follow-up time of 2.1 years, 26 (21%) patients died. Patients with a higher number of PVCs than our median cut-off value showed a higher risk of early all-cause mortality (HR 0.97; 95% CI 0.38–2.48; \( P = 0.04 \)). However, when patients were followed up to 9 years, its significance diminished (HR 0.78; 95% CI 0.42–1.46; \( P = 0.15 \)).

Conclusions: In patients undergoing CRT implantation, lower number of PVCs predicted atrial remodeling and showed a trend for a better mortality outcome. Our results suggest the importance of the early assessment of PVCs in cardiac resynchronization therapy and warrant further investigations.

Keywords: All-cause mortality, Cardiac resynchronization therapy, Premature ventricular contractions, Reverse remodeling

Background
Cardiac resynchronization therapy (CRT) improves cardiac function, reduces the number of hospitalizations and all-cause mortality in patients with mild to severe heart failure and a prolonged QRS [1–3]. However, the rate of non-responder patients remains relatively high [4]. The most frequent factors that can diminish effective biventricular pacing are arrhythmic events, including atrial fibrillation, premature atrial or ventricular complexes, or single beats [4]. In order to achieve the highest biventricular pacing rate and, therefore, the most beneficial response, early detection, and potential treatment of such events are essential.
In patients with a biventricular pacing rate over 98%, approximately a 44% reduction can be observed in the composite endpoint of all-cause mortality and heart failure events [5]. Although, based on prior cross-sectional analysis, only 60% of patients achieve this biventricular pacing rate [6]. One of the most frequent causes (17%) of pacing loss is premature ventricular contractions (PVCs) [6].

A subgroup analysis of the Multicenter Automatic Defibrillator Implantation Trial with Cardiac Resynchronization Therapy (MADIT-CRT) trial also showed the importance of premature ventricular and atrial complexes [7]. A relatively low frequency of ectopic beats (>0.1%) dramatically increases the probability of low biventricular pacing (<97%) and is associated with a higher risk of heart failure events and death along with worse echocardiographic response [7].

Accordingly, we aimed to determine the association between the early detection of single ventricular premature contractions and echocardiographic changes and all-cause mortality in patients undergoing CRT implantation.

Methods
Study design, patient population, and follow-up
In our prospective, observational cohort study, a total of n = 125 patients on optimal pharmacological treatment with severe chronic systolic heart failure [left ventricular ejection fraction (LVEF) ≤ 35%], wide QRS (≥ 130 ms), and ongoing symptoms [New York Heart Association (NYHA) class II–IVa] were enrolled and underwent CRT implantation (Fig. 1). Inclusion criteria met the indications of CRT of current guidelines [8], exclusion criteria included patients with known malignancies, inflammatory diseases, or genetic heart failure and those who were unable or unwilling to attend the regular follow-ups. All patients provided their written, informed consent prior to enrollment. The study was conducted in accordance with the principles of the Declaration of Helsinki and was approved by the local ethical committee. The study was performed between September 2009 and December 2010.

After successful CRT implantation, 1- and 6-months follow-up visits were performed, and patients were further followed for 4 years via phone contact. All in-person visits were scheduled 30 or 180 (±7) days after the implantation procedures, respectively.

Detailed laboratory tests, echocardiographic examination, NYHA functional class assessment, physical examination including a six-minute walk test (6MWT) and pacemaker interrogation were performed at baseline and 6-months after CRT implantation.

All-cause mortality was assessed by the National Health Fund Death Registry index and by the regular follow-ups.

Device implantation procedure
CRT implantation was performed according to the current guidelines. We used the subclavian transvenous approach and performed an angiogram in order to choose the ideal coronary sinus branch. Optimal lead positions were assessed by chest X-rays by using the right and left anterior oblique views. Left ventricular leads were implanted, preferably into the lateral or posterior side branch, while the right ventricular lead was recommended to be implanted in a septal position. After lead positioning, electrical parameters were measured. In patients with intraoperative phrenic nerve stimulation, repositioning was performed.

Pacemaker interrogations and collection of ventricular premature beats
During regular follow-up visits, pacemaker interrogation was performed, and printouts were collected. The electronic database was compiled by the same physician. Ventricular, atrial and total arrhythmic events were collected from the 1- and 6-months follow-ups, and only those interrogation data were analyzed that reported the total number of single PVCs. If patients were not able to attend the 1-month follow-up visit (n = 25), the 6-month data was divided by 6.

Out of the total patient population, n = 67 patients had the complete pacemaker interrogation data and therefore were included in the final analysis (Fig. 1).

Echocardiography
Echocardiography was performed according to current standards in a left lateral position by using the Philips iE33 echocardiography system equipped with an SS-1 transducer (Philips Healthcare, Best, The Netherlands). Image acquisition was performed according to the current recommendations [9]. Measurements were performed offline by using the QLAB software (Philips Healthcare). Left ventricular end-systolic and end-diastolic volumes (LVESV and LVEDV) were measured, and LVEF was calculated by the biplane Simpson’s method. Left atrial volume (LAV) was measured by monoplane Simpson’s method from apical four-chamber or two-chamber view in end-systole, whichever was available [9].

Endpoints
The primary endpoint was all-cause mortality during the follow-up period, which was evaluated in n = 67 patients.

Secondary endpoints included three echocardiographic response criteria defined as at least a 15%
relative improvement in LVEF, or at least a 15% decrease in LVESV, or at least a 15% decrease in LAV 6 months after CRT implantation. A total of thirty-eight patients

**Screening**
September 2009 –December 2010: heart failure patients with reduced LVEF (<35%), wide QRS (>120 ms) and NYHA class II-IVa were screened

**Baseline visit**
Medical history, physical examination, echocardiography, ECG, 6MWT and laboratory parameters were assessed

**Pacemaker implantation**
125 patients underwent successful CRT implantation

**1-month follow-up: available in 67 patients**
Physical examination, ECG and pacemaker interrogation were performed

**Pacemaker interrogation**
Evaluation of low vs. high No. of single PVCs

**Pts without echocardiography at baseline and 6-month follow up**

**6-month follow-up**
Physical examination, ECG, pacemaker interrogation and echocardiography were performed

**Echocardiographic responder criteria**
Available in 38 patients

**Mid- and long-term follow-up**
All-cause mortality

Fig. 1 Flowchart of patient enrollment and follow-up. After successful CRT implantation in 125 patients, 1- and 6-month follow-up visits were performed, and patients were further followed for 2 years. Out of the total patient population, n = 67 patients had the complete pacemaker interrogation data and therefore were included in the final analyses. A total of thirty-eight patients had baseline and 6-month echocardiographic data and were analyzed for echocardiographic response. 6MWT: six-minute walk test; CRT: cardiac resynchronization therapy; ECG: electrocardiogram; LVEF: left ventricular ejection fraction; NYHA: New York Heart Association; PVC: premature ventricular contractions
had baseline and 6-month echocardiographic data and were analyzed for echocardiographic response (Fig. 1).

Statistical analysis
A two-sided P-value of <0.05 was considered statistically significant in all cases. Statistical analyses were carried out by using the IBM SPSS version 22 software (IBM Corp. Released 2013. IBM SPSS Statistics for Windows, Version 22.0. Armonk, NY: IBM Corp) and Graphpad Prism 6.03 (Graph-Pad Softwares Inc., USA) software.

The normality of the data was checked via the Shapiro–Wilk test. Continuous variables were presented as mean ± standard deviation (SD), or as median with interquartile range (IQR, 25–75%), as appropriate. Categorical data were described with frequency and percentage. Baseline clinical characteristics were compared by unpaired t-test, or Mann–Whitney U-test, as relevant. The Fisher’s exact test was used for comparison of categorical data.

For the later analyses, we chose a cut-off point (the median value of PVCs and 15,000 beats shown in Additional file 1) that had appropriate sensitivity, specificity, and clinical relevance. Based on the median cut-off point, the patients were divided into “low” and “high PVCs” groups. Time-to-event data were analyzed by the Gehan-Breslow-Wilcoxon test, since this method gives more weight to deaths at early time points as compared to the log-rank test.

Univariate Cox was performed to reveal the predictors of mortality. Adjusted hazard (HR) with 95% confidence intervals (CI) were calculated for all-cause mortality via logistic regression analyses as a forward stepwise way.

Results
Baseline clinical characteristics
The mean age of the patients (n = 67) was 66.2 ± 10.2 years, 52% had ischemic etiology of heart failure, and the mean LVEF was 29.0 ± 6.0%. The electrocardiogram (ECG) showed typical left bundle branch block (LBBB) morphology in 73% of the cases (Table 1).

The median value of single PVCs at the 1-month follow-up visit was 11,401 in our patient population. Patients with a lower number of PVCs than 11,401 were categorized as “low PVCs”; while patients with a higher number of PVCs at the 1-month follow-up visit were categorized as “high PVCs”.

There were no statistically significant differences between the two groups as regards to baseline clinical parameters, medical history or echocardiographic parameters (Table 1). There were no relevant differences in terms of baseline medication, similar pharmacological regime was used in the two groups (Tables 1 and 2). Also renal function parameters as serum creatinine (120.7 ± 52.2 μmol/L vs. 99.2 ± 30.9 μmol/L, P = 0.07) and blood urea nitrogen levels were similar in the two groups (9.7 ± 4.0 mmol/L vs. 9.8 ± 6.4 mmol/L, P = 0.23). Serum potassium levels that might influence arrhythmic events or the number of premature beats were also similar in the two groups (4.6 ± 0.6 vs. 4.5 ± 0.4 mmol/L, P = 0.33).

Biventricular pacing rate did not differ significantly in patients with “low PVCs” and “high PVCs” at the 1-month follow up [100% (99 / 100%) vs. 99.5% (94.5 / 100%), P = 0.13] indicating that the amount of PVCs in this range did not influence the biventricular pacing rate.

Prognosis and clinical outcome by the amount of PVCs at 1-month follow-up
During the mean follow-up time of 2.1 years, 19 (28%) patients died. In the “low PVCs” group n = 7 patients passed away, while in the “high PVCs” group n = 12 patients reached the primary endpoint (HR 0.97; 95% CI 0.38–2.48; P = 0.04) (Fig. 2). While during the long-term follow-up, a mean of 6.8 years, 40 (60%) patients died, 19 versus 21 reached the primary endpoint, respectively, which showed no significant difference between the two groups (HR 0.78; 95% CI 0.42–1.46; P = 0.15).

Association of the prevalence of PVCs at 1-month follow up and 6-month echocardiographic changes
We analyzed echocardiographic changes 6 months after CRT implantation in thirty-eight patients in “low” versus “high PVCs” groups. Left ventricular parameters were similar in the 2 groups (LVEF + 9.1 ± 6.6 vs. + 8.6 ± 8.7; p = 0.89) (LVESV − 39.0 ± 50.4 vs. − 46.4 ± 50.2; p = 0.82).

At the same time, the decrease of LAV was significantly higher in the “low PVCs” group compared to the “high PVCs” group (− 19.4 ± 25.4 vs. − 14.2 ± 22.5; p = 0.02) (Table 3 and Fig. 3).

Discussion
We found that the number of PVCs 1 month after CRT implantation has impact on the echocardiographic left atrial reverse remodeling, while has moderate—if any—impact on mortality in our patient cohort.

CRT is an effective therapy in symptomatic patients with chronic systolic heart failure, low ejection fraction, and wide QRS, but the beneficial response is multifactorial; it strongly depends on optimal patient selection, electrical parameters at implantation, and the biventricular pacing rate [1–3]. Based on a large cohort study of CRT candidates by Cheng et al., only 40% of patients have more than 98% biventricular pacing rate [6]. Between 95 and 98% pacing rate, the most frequent cause that results
in loss of optimal pacing is the elevated number of single ventricular premature contractions, which affects 18.7% of the patients [6]. In our study, the effectiveness of biventricular pacing was not diminished by PVCs, but we observed a less favorable outcome, atrial reverse remodeling in patients with a high number of PVCs.

Ruwald et al. also found similar results: patients with a relatively low burden of ectopic beats (as low as 1 in 1,000) are more likely to have a worse echocardiographic response and clinical outcome (incidence of ventricular tachyarrhythmias and all-cause death). In the above-mentioned MADIT-CRT substudy, ectopic beats (atral and ventricular premature complexes together) with an occurrence as low was 0.1% were linked to poorer reverse remodeling and increased heart failure events [7]. In our study PVCs solely made up 0.4% of heartbeats.

Table 1  Baseline clinical variables, medical history, echocardiographic measurements, medical therapy and laboratory parameters

| Baseline clinical variables | All patients (n = 67) | Low PVCs (n = 34) | High PVCs (n = 33) | P-value |
|-----------------------------|----------------------|------------------|-------------------|---------|
| No. of single PVCs (no., IQR) | 11,401 (725/48 K) | 64.5±11.3 | 68.5±8.4 | 0.16 |
| Age (years, mean ± SD) | 66.2±10.2 | 10 (29%) | 4 (12%) | 0.13 |
| Gender (female, n, %) | 14 (21%) | 16 (47%) | 19 (58%) | 0.47 |
| Ischemic etiology (n, %) | 32.2±2.0 | 31±2.0 | 3.3±2.0 | 0.21 |
| NYHA (stadium, mean±SD) | 162±24 | 168±25 | 157±22 | 0.10 |
| typical LBBB morphology (n, %) | 49 (73%) | 26 (77%) | 23 (70%) | 0.59 |
| not typical LBBB (n, %) | 18 (27%) | 8 (24%) | 10 (30%) | 0.59 |
| 6MWT (m, mean±SD) | 295.9±125.7 | 318.0±119.6 | 276.3±129.9 | 0.23 |
| RR systolic (mmHg, mean±SD) | 121.9±18.3 | 121.4±18.3 | 122.5±18.1 | 0.81 |
| RR diastolic (mmHg, mean±SD) | 74.1±10.4 | 73.3±9.6 | 74.6±14.8 | 0.52 |
| Heart rate (min⁻¹, mean±SD) | 73.4±13.4 | 72.3±12.0 | 74.6±14.8 | 0.52 |
| Sinus rhythm (n, %) | 55 (82%) | 29 (86%) | 26 (79%) | 0.54 |
| Medical history | | | | |
| Hypertension (n, %) | 46 (69%) | 23 (68%) | 23 (70%) | 1.00 |
| Type 2 diabetes mellitus (n, %) | 22 (33%) | 12 (35%) | 10 (30%) | 0.78 |
| Prior myocardial infarction (n, %) | 17 (25%) | 10 (29%) | 7 (21%) | 0.58 |
| Prior PCI (n, %) | 17 (25%) | 9 (27%) | 8 (24%) | 1.00 |
| Prior CABG (n, %) | 10 (15%) | 3 (9%) | 7 (21%) | 0.19 |
| Prior COPD (n, %) | 4 (6%) | 1 (3%) | 3 (9%) | 0.36 |
| Echocardiographic parameters | | | | |
| LVEF (%), mean±SD | 29.0±6.0 | 30.4±6.7 | 27.7±5.1 | 0.14 |
| LVESV (ml, mean±SD) | 183.8±68.1 | 170.7±63.0 | 196.8±72.1 | 0.24 |
| LAV (ml, mean±SD) | 87.6±26.8 | 94.1±25.6 | 81.9±27.3 | 0.18 |
| Baseline medical therapy | | | | |
| Beta blocker (n, %) | 61 (91%) | 32 (94%) | 29 (88%) | 0.43 |
| ACE inhibitor or ARB (n, %) | 63 (94%) | 32 (94%) | 31 (94%) | 1.00 |
| MRA (n, %) | 44 (66%) | 22 (65%) | 22 (67%) | 1.00 |
| Diuretics (n, %) | 55 (82%) | 24 (68%) | 31 (94%) | 0.06 |
| Digoxin (n, %) | 15 (22%) | 8 (24%) | 7 (21%) | 1.00 |
| Amiodarone (n, %) | 17 (25%) | 12 (35%) | 5 (15%) | 0.09 |
| Oral anticoagulant therapy (n, %) | 21 (31%) | 8 (24%) | 13 (39%) | 0.19 |
| Baseline laboratory parameters | | | | |
| Sodium (mmol/L, mean±SD) | 138.6±2.7 | 139.0±2.5 | 138.1±2.8 | 0.18 |
| Potassium (mmol/L, mean±SD) | 4.6±0.5 | 4.6±0.6 | 4.5±0.4 | 0.33 |
| Creatinine (μmol/L, mean±SD) | 110.1±44.1 | 120.7±52.2 | 99.2±30.9 | 0.07 |
| BUN (mmol/L, mean±SD) | 9.8±3.3 | 9.7±4.0 | 9.8±6.4 | 0.23 |

6MWT, 6-min walk test; ACE, angiotensin converting enzyme inhibitor; ARB, angiotensin receptor blocker; BUN, blood urea nitrogen; CABG, coronary artery bypass graft; COPD, chronic obstructive pulmonary disease; IQR, interquartile range; LAV, left atrial volume; LBBB, left bundle branch block; LVEDV, left ventricular end-diastolic volume; LVESV, left ventricular end-systolic volume; MRA, mineralocorticoid receptor antagonist; NYHA, New York Heart Association; PCI, percutaneous coronary intervention; PVCs, premature ventricular contractions; RR, Riva Rocci; SD, standard deviation.
We did not find a statistically significant correlation between the 6-month changes of left ventricular dimensions and the 1-month number of PVCs, but the number of PVCs predicted the
atrial reverse remodeling by atrial volume measurements. This beneficial effect of low prevalence of PVCs was also described in 47 patients after PVC ablation by Akkaya et al. [10]. Six months after PVC ablation, a higher left atrial volume reduction and improvement of diastolic function were seen independently of LVEF in patients with a lower baseline number of PVCs [10]. Moreover, Park et al. also found that LAV index correlates well with PVC burden and PVC burden predicts LAV index independently of age, sex, and comorbidities [11].

While further studies also raised the question whether the origin of PVCs might have an impact and influence on the subsequent echocardiographic response. Wojdyła-Hordyńska et al. described after investigating 110 consecutive patients underwent monomorphic PVC ablation from an outflow tract origin or from the left ventricle, only outflow tract PVC elimination predicted left ventricular improvement in 6 months [12].

The effect of CRT on left ventricular and atrial reverse remodeling has been studied previously. Left atrial reverse remodeling may be due to the synchronous contraction leading to a better left ventricular filling, an increased cardiac output and decreased mitral regurgitation [13, 14]. Both LAV and LVESV reductions independently decrease the risk of HF and death [15, 16]. Some patients experience only atrial reverse remodeling and they have comparable outcome with complete left sided reverse remodeling (HR 2.0; 95% CI 0.7–5.6; P=0.21) These patients have intermediate outcomes in both echocardiographic, and long-term mortality and HF hospitalizations, supposedly due to an improved left ventricular diastolic filling [17].

In a MADIT-CRT subanalysis by Mathias et al., 22% of the patients underwent CRT implantation had discordant left sided reverse remodeling (either LAV or LVESV reduction). Those with complete left sided reverse remodeling had a significantly lower rate of HF and death compared to the discordant and lesser reverse remodeling patient group. But, the discordantly reverse remodeled patients had better outcomes compared to those in the lesser reverse remodeling group. Predictive factors of complete reverse remodeling were sex (female), non-ischemic etiology, and a lower percent of unfavorable clinical parameters (lower LAV and LVESV, higher LVEF) [18]. In our study we did not experience significant differences in these clinical baseline characteristics.

Considering the above-mentioned results, we do not know whether, in such a relatively low prevalence of PVCs, is it a cause or symptom of e.g. a more activated sympathetic nervous system? Could it be relevant to decrease the number of PVCs and if so, what would be the proper method (ablation or drugs)?

While PVCs can facilitate heart failure progression in patients with CRT due to the loss of effective biventricular pacing, their hemodynamic effect can also be relevant considering the impaired systolic and diastolic function. Even though the cause and consequences of PVCs, and most relevantly their clinical implications are ambiguous, but the early identification of patients with a higher number of PVCs, as well as their close follow-up and maximized medical treatment might be beneficial.

Conclusions
The early assessment of single premature ventricular contractions 1 month after CRT implantation shows association with 6-month left atrial reverse remodeling and presumably of a better outcome.

Limitations
Our study is limited by the relatively small sample size and the low number of endpoints. Nonetheless, our results are in line with other large, multicenter, randomized trials. Second of all, when pacemaker interrogation files of the 1-month follow-up were not available (n=25), the 6-month data was divided by six. The implanted CRT devices varied in brand and type, thus present a limitation due to their different PVC detection modes. Moreover it should be noted that PVC burden may be altered by atrial fibrillation episodes, fused beats, and supraventricular contractions with aberration. This analysis is mainly hypothesis-generating, and the results should be regarded, therefore as preliminary. More extensive studies are needed to confirm the results.
and the clinical impact of PVCs in patients undergoing CRT implantation.

Abbreviations
ACE: Angiotensin converting enzyme inhibitor; ARB: Angiotensin receptor blocker; BUN: Blood urea nitrogen; CABG: Coronary artery bypass graft; COPD: Chronic obstructive pulmonary disease; CI: Confidence interval; CRT: Cardiac resynchronization therapy; HR: Hazard ratio; IQR: Interquartile range; LAV: Left atrial volume; LBBB: Left bundle branch block; LVEDV: Left ventricular end-diastolic volume; LVEF: Left ventricular ejection fraction; PVC: Premature ventricular complex; ROC: Receiver-operator characteristics; RR: Riva Rocci; SD: Standard deviation; 6-MWT: 6-Minute walk test.

Supplementary Information
The online version contains supplementary material available at https://doi.org/10.1186/s12872-022-02725-3.

Additional file 1: Figure S1. PVC distribution of enrolled patients at 1-month, 6-month and total PVC number. Figure S2. Difference in LAV changes after 6 months in patients with low vs. high PVCs, with 15000 beats as cut-off value (low PVC group [mean ± SD]): –18.4 ± 26.6 ml vs. high PVC group (mean ± SD): –0.56 ± 20.6 ml, p = 0.029. Table 1. Baseline clinical variables, medical history, echocardiographic measurements, medical therapy and laboratory parameters of patients dichotomized by 15000 beats as cut-off value value

Acknowledgements
Not applicable.

Author contributions
EDM, AMB, WRS, AB contributed to the conceptualization of the study, the collection of the data and the preparation, writing and editing of the draft. AK and BKL contributed the manuscript by performing echocardiographic examinations. AK, LG and BM contributed to the coordination of the study and critical review of the manuscript. All authors have read and agreed to the published version of the manuscript.

Funding
Open access funding provided by Semmelweis University. This research was funded by the National Heart Program (Project no. NVKP_16–1–2016-0017) with the support provided by the National Research Development and Innovation Fund of Hungary, financed under the NVKP_16 funding scheme. The research was financed by the Thematic Excellence Programme (2020-1.1.-TKP2020) of the Ministry for Innovation and Technology in Hungary, within the framework of the Therapeutic Development and Bioimaging thematic programmes of the Semmelweis University. A. Kostzin was supported by the János Bolyai Research Scholarship of the Hungarian Academy of Sciences.

Availability of data and materials
The data that support the findings of this study are available from Annamária Kostzin, MD, PhD (kostzin.annamaria@med.semmelweis-univ.hu) but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of Semmelweis University.

Declarations
Ethics approval and consent to participate
All patients provided their written, informed consent prior to enrollment. The study was conducted in accordance with the principles of the Declaration of Helsinki and was approved by the Semmelweis University Regional and Institutional Committee of Science and Research, local ethical committee.

Consent for publication
Not applicable.

Competing interests
BM receives lecture fees from Biotronik, Medtronic, and Abbott outside the submitted work. AK reports consultation fees from Medtronic, outside the submitted work. LG receives lecture fees from Biotronik, Medtronic, Johnson & Johnson Medical, and Abbott outside the submitted work. Other authors declare that they have no competing interests.

Received: 12 February 2022 Accepted: 17 June 2022
Published online: 25 June 2022

References
1. Cleland JG, Daubert JC, Erdmann E, et al. Heart Failure (CARE-HF) Study Investigators. The effect of cardiac resynchronization on morbidity and mortality in heart failure. N Engl J Med. 2005;352:1539–49.
2. Bristow MR, Saxon LA, Boehmer J, et al. COMPANION investigators. Cardiac-resynchronization therapy with or without an implantable defibrillator in advanced chronic heart failure. N Engl J Med. 2004;350:2140–50.
3. Moss AJ, Hall WJ, Cannom DS, et al. MADIT-CRT Trial Investigators. Cardiac-resynchronization therapy for the prevention of heart-failure events. N Engl J Med. 2009;361:1529–38.
4. Brignole M, Auricchio A, Baron-Esquivias G, et al. ESC Guidelines on cardiac pacing and cardiac resynchronization therapy: the Task Force on cardiac pacing and resynchronization therapy of the European Society of Cardiology (ESC). Developed in collaboration with the European Heart Rhythm Association (EHRA). Eur Heart J. 2013;34:3281–329.
5. Hayes DL, Boehmer JP, Day JD, et al. Cardiac resynchronization therapy and the relationship of percent biventricular pacing to symptoms and survival. Heart Rhythm. 2011;8:1469–75.
6. Cheng A, Landman SR, Stadler RW. Reasons for loss of cardiac resynchronization therapy pacing: insights from 32 844 patients. Circ Arrhythm Electrophysiol. 2012;5:884–8.
7. Ruwald MH, Mittal S, Ruwald AC, et al. Association between frequency of atrial and ventricular ectopic beats and biventricular pacing percentage and outcomes in patients with cardiac resynchronization therapy. J Am Coll Cardiol. 2014;64:971–81.
8. Dickstein K, Vardas PE, Auricchio A, et al. Focused Update of ESC Guidelines on device therapy in heart failure: an update of the 2008 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure and the 2007 ESC guidelines for cardiac and resynchronization therapy. Developed with the special contribution of the Heart Failure Association and the European Heart Rhythm Association. Eur Heart J. 2010;31:2677–87.
9. Lang RM, Bierig M, Devereux RB, et al. Recommendations for chamber quantification: a report from the American Society of Echocardiography’s Chamber Guidelines and Standards Committee and the Chamber Quantification Writing Group, developed in conjunction with the European Association of Echocardiography, a branch of the European Society of Cardiology. J Am Soc Echocardiogr. 2005;18:1440–63.
10. Akkaya M, Roukoz H, Adabag S, et al. Improvement of left ventricular diastolic function and left atrial reverse remodeling after catheter ablation of premature ventricular complexes. J Interv Card Electrophysiol. 2013;38:179–85.
11. Park Y, Kim S, Shin J, et al. Frequent premature ventricular complex is associated with left atrial enlargement in patients with normal left ventricular ejection fraction. Pacing Clin Electrophysiol. 2014;37:1455–61.
12. Wojdyła-Hordyńska A, Pruszkowska-Skrzep P, Sommer P, et al. Does the origin of ablated premature ventricular contractions determine the level of left ventricular function improvement? Kardiol Pol. 2020;76(5):438–46.
13. St. John Sutton MG, Plappert T, Abraham WT, et al. Effect of cardiac resynchronization therapy on left ventricular size and function in chronic heart failure. Circulation. 2003;107(15):1985–90.
14. Ypenburg C, Cancellotti P, Tops LF, et al. Acute effects of interruption and withdrawal of cardiac resynchronization therapy on papillary muscle dysynchrony and mitral regurgitation. J Am Coll Cardiol. 2007;50(21):2071–7.
15. Goldenberg I, Moss AJ, Hall WJ, et al. Predictors of response to cardiac resynchronization therapy in the Multicenter Automatic Defibrillator Implantation Study.
Implantation Trial with Cardiac Resynchronization Therapy (MADIT-CRT). Circulation. 2011;124(14):1527–36.

16. Gold MR, Daubert C, Abraham WT, et al. The effect of reverse remodeling on long-term survival in mildly symptomatic patients with heart failure receiving cardiac resynchronization therapy: results of the REVERSE study. Heart Rhythm. 2015;12(3):524–30.

17. Kloosterman M, Rienstra M, Mulder BA, et al. Atrial reverse remodelling is associated with outcome of cardiac resynchronization therapy. EP Europace. 2016;18(8):1211–9.

18. Mathias A, Moss Arthur J, McNitt S, et al. Clinical implications of complete left-sided reverse remodeling with cardiac resynchronization therapy. J Am Coll Cardiol. 2016;68(12):1268–76.

Publisher’s Note
Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.