Quantum Evaporation of Classical Breathers

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We apply the recently discovered classical-quantum correspondence (CQC) to study the quantum evaporation of breathers in an extended sine-Gordon model. We present numerical results for the decay rate of the breather as a function of the coupling strength in the model. This is a complete treatment of the backreaction of quantum radiation on the classical dynamics of oscillons.

I. INTRODUCTION

Oscillons are long lived localized oscillating solutions of non-linear wave equations. They occur in many different fields of physics, such as condensed matter theory [1] or cosmology [2], and have been studied extensively. A particularly interesting example of such a solution is the so-called breather solution of the sine-Gordon model [3]. It is well-known that this model possesses soliton and antisoliton solutions interpolating between two consecutive vacua, which are non-perturbative, stable and stationary. In this context breather solutions can be interpreted as soliton-antisoliton bound state solutions which are time-periodic and perfectly stable.

It is of course understood that breathers are purely classical solutions but their stability properties can be shown to extend into the quantum realm [4]. This however ceases to hold when one introduces a coupling to a quantum radiative field. The quantum evaporation of breathers can be studied in the limit where the breather itself is treated classically and provides a time-dependent background causing the radiation field to get excited, and thereby losing energy and slowly decaying. The classical breather thus becomes a “quantumoscillon”. This radiative phenomenon is analogous to particle production during gravitational collapse (Hawking radiation) [5] or other means. The resulting solution for the classical dynamics problem that can be solved by numerical means. The resulting solution for the classical background is precisely the backreacted solution we are seeking. Application of this technique to a quantum mechanical example, where the full solution can also be calculated, shows excellent agreement [8].

In Sec. [II] we start by introducing the notations pertaining to the particular evaporating breather model we will be studying. The 1 + 1 dimensional model will involve a classical sine-Gordon field $\phi(t,x)$ and a quantum massless scalar field $\psi(t,x)$ coupled together via a bi-quadratic interaction term. In Sec. [III] we discretize this mixed classical-quantum model on a lattice and map it to fully classical system with well-defined initial conditions that exactly mimics the full backreacted dynamics. This mapping is achieved via the CQC which we briefly describe in this particular context. In Secs. [IV] and [V] we set up the numerical simulation of the dynamics and describe its results. We conclude with Sec. [VI] where we discuss the validity of our analysis and compare it to previous work.

II. FIELD THEORY MODEL

We consider the sine-Gordon model plus an extra real scalar field with bi-quadratic coupling:

$$L = \int dx \left[ \frac{1}{2} \dot{\phi}^2 - \frac{1}{2} \phi'^2 - m_\phi^2 (1 - \cos \phi) \right. \left. + \frac{1}{2} \psi^2 - \frac{1}{2} \psi'^2 - \frac{\lambda}{2} \phi'^2 \psi^2 \right]. \quad (1)$$

Here dotted (resp. primed) quantities denote time (resp. spatial) derivatives, $m_\phi$ is the mass of the excitations.
about the vacua, and we use natural units where \( \hbar = c = 1 \). The classical breather solution,

\[
\phi_b(t, x) = 4 \tan^{-1} \left[ \frac{\eta \sin(\omega t)}{\cosh(\eta \omega x)} \right], \quad \psi = 0
\]  

(2)

with \( \eta = \sqrt{m_\phi^2 - \omega^2/\omega} \), is an exact classical solution to the equations of motion that is time-dependent, periodic and non-dissipative i.e. it has an infinite lifetime. However at the quantum level, the \( \psi \) field will get excited and this quantum radiation will backreact on the breather and cause it to evaporate.

In general, it is difficult to couple the quantum excitations of the field \( \psi \) to the purely classical breather solution. Indeed, calculating such backreaction effects requires in principle working in the fully quantized theory and since the breather is a non-perturbative solution of the sine-Gordon model, results can only be obtained via computationally intensive lattice field theory simulations.

Another avenue generally used is the semi-classical approximation whereby the dynamics of the quantum field \( \psi \) are first determined in the presence of the fixed classical background \( \phi \), then the classical equations of motion for the field \( \phi \) are solved by substituting \( \psi^2 \) for its vacuum expectation value \( \langle \psi^2 \rangle \), and finally the procedure is iterated in order to get better and better approximations to the backreaction.

In the following, we will choose a somewhat different path and study the evaporation of the breather using the classical-quantum correspondence (CQC) developed in Refs. [8][10].

### III. LATTICE VERSION

We first discretize the theory by putting it on a spatial lattice as in Ref. [9]. More precisely, we introduce an IR regulator \( L \) for the spatial domain (physical size of the lattice) and divide the interval \([-L/2, L/2]\) into \( N + 1 \) intervals of size \( a = L/(N + 1) \). For any integer \( i \) running from 1 to \( N + 1 \) we then define

\[
\phi(t, ia) = \phi_i(t),
\]

(3)

\[
\psi(t, ia) = \psi_i(t)
\]

(4)

and impose Dirichlet boundary conditions \( \phi_0 = \phi_{N+1} = \psi_0 = \psi_{N+1} = 0 \) at “spatial infinity.” With these definitions [11] is well approximated by

\[
L^{(N)} = \sum_{i=1}^{N} \left[ \frac{1}{2} \dot{\phi}_i^2 + \frac{1}{2a^2} \phi_i(\phi_{i-1} - 2\phi_i + \phi_{i+1}) + \frac{1}{2} \dot{\psi}_i^2 + \frac{1}{2a^2} \psi_i(\psi_{i-1} - 2\psi_i + \psi_{i+1}) - m_\phi^2 (1 - \cos \phi_i) - \frac{\lambda}{2} \phi_i^2 \psi_i^2 \right].
\]

(5)

Introducing the matrix \( \Omega^2 \) defined by

\[
\Omega^2_{ij} = \begin{cases} 
+2/a^2 + \lambda \phi_i^2, & \text{if } i = j \\
-1/a^2, & \text{if } i = j \pm 1.
\end{cases}
\]

we can recast the \( \psi \) dependent part of [5] in more compact form as

\[
L_\psi^{(N)} = \sum_{i,j=1}^{N} \left[ \frac{a}{2} \dot{\psi}_i \delta_{ij} \dot{\psi}_j - \frac{a}{2} \psi_i \Omega^2_{ij} \psi_j \right].
\]

(7)

As we have discussed in the previous section, the breather solution [2] is classically non-dissipative, but not quantuminy. In order to study its quantum evaporation, we make use of the techniques developed in Ref. [9]. In the spirit of the CQC, we assume that the \( \phi \)’s are classical degrees of freedom while the \( \psi \)’s are quantum. At time \( t = 0 \) the initial conditions for \( \phi_i \) are such that if \( \lambda \) were to be set to zero, one would recover the non-dissipative breather solution. The quantum harmonic oscillators \( \psi_i \) on the other hand are taken to be in their ground state initially. Because of the explicit time-dependence induced by the presence of the \( \lambda \phi_i^2 \) term in \( \Omega^2 \), their quantum state subsequently evolves and their average energy increases. Within the CQC, this situation can be accurately and quantitatively described by promoting the quantum degree of freedom \( \psi_i \) to a classical complex \( N \times N \) matrix coefficient \( Z_{ij} / a \). This results in the following substitution at the level of the discretized Lagrangian:

\[
L_\psi^{(N)} \rightarrow L_2^{(N)} = \sum_{i,j,k}^{N} \left[ \frac{1}{2a} \dot{Z}_{ij} \delta_{ik} \dot{Z}_{kj} - \frac{1}{2a} Z_{ij} \Omega^2_{ik} Z_{kj} \right].
\]

(8)

In addition to the above substitution, the CQC paradigm also requires that we choose very specific initial conditions for the classical variables \( Z_{ij} \). These are most easily written in matrix notation:

\[
Z_0 = -i \sqrt{\frac{a}{2}} \sqrt{\Omega_0}^{-1} \quad \text{and} \quad \dot{Z}_0 = \sqrt{\frac{a}{2}} \sqrt{\Omega_0}.
\]

(9)

Here the zero subscript denotes initial values while the square root of a symmetric positive definite matrix \( S = O \text{Diag}(\lambda_1, \lambda_2, \ldots, \lambda_N)O^T \) is defined as \( \sqrt{S} = O \text{Diag}(\sqrt{\lambda_1}, \sqrt{\lambda_2}, \ldots, \sqrt{\lambda_N})O^T \).

Finally the CQC Lagrangian reads

\[
L_{\text{CQC}}^{(N)} = \sum_{i=1}^{N} \left[ \frac{1}{2} \dot{\phi}_i^2 + \frac{1}{2a^2} \phi_i(\phi_{i-1} - 2\phi_i + \phi_{i+1}) - m_\phi^2 (1 - \cos \phi_i) - \frac{\lambda}{2} \phi_i^2 \psi_i^2 \right] - m_\phi^2 (1 - \cos \phi_i)
\]

\[
+ \sum_{i,j,k=1}^{N} \left[ \frac{1}{2a} \dot{Z}_{ij} \delta_{ik} \dot{Z}_{kj} - \frac{1}{2a} Z_{ij} \Omega^2_{ik} Z_{kj} \right].
\]

(10)
Note that the interaction term is present in the very last term because the definition of $\Omega^2$ contains $\phi$ as in [9].

In the next section we will set the problem up for numerical simulation.

### IV. NUMERICAL SETUP

To understand how the quantum evaporation of the classical breather proceeds in time we will solve the discretized equations of motion stemming from [10]. The evolution of $\phi$ will be described by the ordinary differential equations

$$\ddot{\phi}_i - \frac{1}{a^2} (\phi_{i+1} - 2\phi_i + \phi_{i-1}) + m_\phi^2 \sin(\phi_i) + \lambda \left( \frac{1}{a^2} \sum_{j=1}^{N} Z_{ij}^* Z_{ij} \right) \phi_i = 0,$$

with initial conditions that would yield the non-dissipative breather solution in the $\lambda = 0$ limit i.e.

$$\phi_i(t = 0) = 0, \quad \dot{\phi}_i(t = 0) = \frac{4\eta_\omega}{\cosh(2\eta_\omega (i - \frac{N+1}{2}))}.$$  \hspace{1cm} (11)

The $Z_{ij}$ will evolve according to

$$\ddot{Z}_{ij} + \Omega^2_{ij} Z_{kj} = 0,$$  \hspace{1cm} (12)

with initial conditions prescribed by the CQC. More precisely, since $\phi_i(t = 0) = 0$, it is easy to diagonalize the tri-diagonal matrix $\Omega^2_{ij}$ and obtain explicit expressions for the initial conditions for $Z_{ij}$. Indeed we find that $\Omega^2_{ij} = ODO^T$, where

$$D_{ij} = \frac{4}{a^2} \sin^2 \left( \frac{\pi i}{2(N+1)} \right) \delta_{ij},$$  \hspace{1cm} (13)

and $O$ is an orthogonal matrix with components,

$$O_{ij} = \sqrt{\frac{2}{N+1}} \sin \left( \frac{\pi ij}{N+1} \right).$$  \hspace{1cm} (14)

Therefore using (10) we can explicitly write

$$Z_{ij}(t = 0) = -\frac{ia}{N+1} \sum_{k=1}^{N} \sin \left( \frac{\pi k}{N+1} \right) \sin \left( \frac{\pi k j}{N+1} \right),$$  \hspace{1cm} (15)

$$\dot{Z}_{ij}(t = 0) = \frac{2}{N+1} \sum_{k=1}^{N} \sin \left( \frac{\pi ik}{N+1} \right) \sin \left( \frac{\pi k j}{N+1} \right) \times \sqrt{\sin \left( \frac{\pi k}{2(N+1)} \right)}.$$  \hspace{1cm} (16)

The numerical solution to the coupled system of ordinary differential equations (11) and (14) with respective initial conditions [12], [13], [17] and [18] will thus yield the dynamics of the quantum evaporation of the classical breather. In the following we will take $m_\phi = 1$, $\omega = 0.25$ and $L = 100$ (the latter choice thus completely fixing our units). Note that because of the Dirichlet boundary conditions that we used to implement our discretized model, we will only be able to trust our results for maximum integration times $T$ of the order of the size of the lattice $L$ (light crossing time) beyond which spurious reflections are expected to spoil the predictivity of the numerical analysis.

Notice also that because of the matrix nature of the $Z$ variable, the computational complexity of this numerical problem increases as $N^2 \propto 1/a^2$ or in other words as the inverse square of the spatial resolution.

Before going on to discuss our numerical results, we first need to address the running of the coupling constant $\lambda$ with $N$ i.e. as we go from a coarse-grained description of the model to a more fine-grained one. As discussed in Ref. [9], the effects of the backreaction of the quantum radiation on the classical breather are encoded in the term appearing in Eq. (11), which diverges logarithmically as $N \to \infty$. Heuristically, this means that $\lambda$ is not the physical coupling constant and that keeping it fixed while varying the spatial lattice resolution amounts to considering discretized models corresponding to different physical couplings in the continuum theory. Since we require predictions that are robust against changes in the effective description of our continuum model, we renormalize the bare coupling constant $\lambda$ by making the substitution

$$\lambda \to \frac{\tilde{\lambda}}{\ln N},$$  \hspace{1cm} (17)

everywhere in Eqs. (11) and (14). Here and henceforth, $\tilde{\lambda}$ will denote the physical coupling constant which can be inferred by measuring the shift of the physical mass of small fluctuations of $\phi$ about its trivial vacuum. In the next section, we will explicitly check that this renormalization procedure yields consistent results independent of the lattice spacing.

The equations of motion (11) and (14) with initial conditions [12], [13], [17], [18] and the substitution (17) can now be solved numerically using explicit methods in Fortran and also in Mathematica (for smaller values of $N$). As noted above, the computational costs scale as $N^2$ and we are effectively limited to $N \leq 1000$.

### V. RESULTS

As discussed in the introduction, we expect the classical breather field $\phi$ to evaporate under the effect of the
coupling to the quantum radiation field $\psi$. This can be explicitly seen in Figs. 1a and 1b where we plot snapshots of the breather spatial profile with and without quantum backreaction taken into account: indeed the evaporating breather oscillates at a higher frequency and with decreasing amplitude as compared to the non-evaporating one. The amplitude plots of Figs. 1c and 1d confirm these heuristic observations.

We are in particular interested in the breather’s decay rate and in how this rate changes with the physical coupling constant $\tilde{\lambda}$. As mentioned previously, we would also like to check if our renormalization scheme leads to similar evaporation rates when we change $N$.

In Fig. 2 we plot the energy of the breather

$$E_{\text{breather}} = \int dx \left( \frac{1}{2} \dot{\phi}^2 + \frac{1}{2} \phi'^2 + m_\phi^2 (1 - \cos \phi) \right)$$

$$\approx a \sum_{i=1}^{N} \left[ \frac{1}{2} \phi_i^2 - \frac{1}{2a^2} \phi_i (\phi_{i-1} - 2\phi_i + \phi_{i+1}) \right] + m_\phi^2 (1 - \cos \phi_i),$$

as a function of time for several different values of $\tilde{\lambda}$, keeping all other parameters fixed. With $\tilde{\lambda} = 0$, the breather does not decay, as expected. For non-vanishing $\tilde{\lambda}$, the breather decays while also undergoing small oscillations. As $\tilde{\lambda}$ becomes larger, the breather decays faster and the amplitude and frequency of the oscillations grow (which can readily be seen on Figs. 3 and 4).

For a more quantitative result we could further-
more find a power law fit of the upper and lower envelopes bounding this oscillatory behavior to estimate the breather lifetime and understand its dependence on $\tilde{\lambda}$ in particular. Here we only show a linear fit of the large time behavior of the lower envelope in Fig. 5 for different values of $\tilde{\lambda}$. With the exception of the $\tilde{\lambda} = 1$ case where the fit is poorer, the slopes increase in absolute value with increasing $\tilde{\lambda}$ which is consistent with the intuitive idea that the breather lifetime decreases as the coupling becomes stronger.

Finally we check that our renormalization prescription is the correct one for dealing with the large $N$ limit. To do this we plot the breather energy for different values of $N$ and fixed $\tilde{\lambda}$ (Fig. 6a), respectively fixed $\tilde{\lambda}$ (Fig. 6b). It is clear from these two plots that the dependence on the effective description is dramatically mitigated through the use of our renormalization prescription: the obvious drift in Fig. 6a is greatly reduced when we hold the physical coupling $\tilde{\lambda}$ fixed. The residual drift can be attributed to finite $N$ effects i.e. contributions to the renormalization that are sub-leading in $N$ and numerical errors due to the coarseness of the lattice. In the $N \to \infty$ limit both these contributions will vanish.

These results, especially Figs. 2 and 5, give clear evidence that the breather evaporates by emitting quanta of $\psi$. In our setup, this comes together with oscillations in the breather energy. In order to understand the origin of these oscillations, note that the vacuum fluctuations of $\psi$ give rise to a nonzero $\langle \psi^2 \rangle$, which is affected by the boundary conditions imposed on our simulation box of...
finite length $L$ as in the Casimir effect.

It is natural to ask how the initial quantum fluctuations of $\psi$, as measured by $\langle \psi^2 \rangle_{t=0}$, affect the breather evolution. This is very simple to answer by considering the SG model perturbed by a constant mass term, $\Box \phi + \sin \phi + m^2_{\text{eff}} \phi = 0$, with $m^2_{\text{eff}} = \lambda \langle \psi^2 \rangle_{t=0}$. The energy stored in the breather in this model (without including the $m^2_{\text{eff}}$ perturbation term) exhibits very similar behavior to that in Figs. 2 and 3 including the oscillations with a definite $\lambda$-dependent period. More specifically, taking $m^2_{\text{eff}} = \lambda \sum Z^* Z / a^2$ evaluated at the center of the box (and at $t = 0$), the plot in Fig. 5 is reproduced with better than 10% precision. Note that, the frequency is seen to approach twice the breather frequency at $\lambda \ll 1$, which is readily understood because the perturbation of the SG model at lowest order in $\lambda$ is proportional to $\phi^2$.

This suggests that the oscillatory behavior in the breather energy can be interpreted as originating from the quantum vacuum fluctuations of $\psi$. On top of this, there is the quantum creation of $\psi$ particles which leads to the decrease of the average breather energy over time. Thus the CQC scores a double goal, capturing the two kinds of quantum effects at once – as it should.

**VI. CONCLUSIONS**

In the previous section we have studied the decay of the breather numerically via the CQC. Backreaction was fully taken into account. A legitimate question that might arise is whether the predictions of the CQC actually correspond to the full quantum solution i.e. where both breather and radiation field are treated quantumly. It turns out that in the fixed background approximation the $1/a^2 \sum_{i,j=1}^N Z^* Z_{ij}^2$ term responsible for the backreaction is actually exactly equal to the vacuum expectation value $\langle 0 | \psi^2 | 0 \rangle$. Therefore the solution of the dynamical system discussed in this paper can be seen to correspond to the limit of a semi-classical iterative procedure where one starts with the classical breather solution, computes the quantum radiation in this background, uses it to calculate the first semi-classical correction to the background and repeats this process ad infinitum. To our knowledge this is the first time such a numerical calculation is carried out in full. Usually, the first iteration of this semi-classical procedure is carried out and claimed to give accurate results. However this can lead to relative errors of order 100% as discussed in Ref. [8] in the context of a 0 + 1 dimensional toy model. Previous work on the quantum decay of oscillons [7] used methods analogous to the CQC to calculate the radiation rate on a fixed oscillon background. However the backreaction on the oscillon background was not computed.

The method outlined in this paper can be very powerful in computing quantum backreaction on classical backgrounds but it is important to be aware of its limitations in order to successfully apply it to other field theory models. First of all, it only yields accurate results in the limit where the background can actually be treated classically. This is only true in the limit where the pure sine-Gordon part of the action evaluated for the breather solution dominates the quantum radiation as well as the interaction parts (this can be seen by temporarily restoring the reduced Planck constant $\hbar$). We see that this requirement amounts to [4]

$$E_{\text{breather}} \sim 16 M_\phi \sqrt{1 - \frac{\omega^2}{m_\phi^2}} \gg E_Z - \frac{1}{2} \text{Tr } \Omega_0, \quad (22)$$

where $E_Z = \sum_{i,j,k=1}^N [Z^*_{ij} \delta_{ik} Z_{kj}/2a + Z^*_{ij} \Omega^2_{ik} Z_{kj}/2a]$ and
the subtraction in the last term is meant to remove the vacuum energy contribution (which diverges quadratically with $N$). For our choice of parameters and since total energy is conserved, Fig. 2 shows that this condition will hold up to times $T \sim \lambda$ as long as $\lambda \ll 1$.

Second, our method also has intrinsic numerical limitations chief among which is its quadratic computational complexity in the size of the lattice. This renders high resolution computations intractable and is a source of numerical error which manifests itself in what could be termed finite $N$ artifacts (such as the residual $N$-dependent drift in the energy of the breather even after coupling constant renormalization, or the imperfect conservation of total energy). Another source of inaccuracy are the perfectly reflecting boundary conditions chosen in the discretization of the continuous problem which set an upper bound on the meaningful integration time.

However these limitations also suggest new avenues for improvement. In particular parallelizing the code would allow for larger lattices, both potentially increasing the resolution and pushing the spatial boundaries further so as to allow for larger integration times. One could also implement higher order discretization schemes to increase accuracy, or absorbing boundary conditions to reduce spurious reflections.

Finally, it should be mentioned that this technique should be readily applicable to more complicated field theory scenarios such as backreaction of quantum radiation of a gravitationally collapsing background or Schwinger pair creation. However, gravitational scenarios will necessarily involve more intricate renormalization schemes in particular when dealing with vacuum energy divergences. Another interesting question is whether one can use the CQC to obtain the quantization of the breather spectrum in the full quantum SG theory [4]. By separating the SG field into a classical breather plus quantum fluctuations and treating the latter via CQC one may perhaps reproduce this classic result.

We have thus solved for the quantum evaporation of classical breathers by applying the CQC. This is the first application of the CQC to a field theory problem that has not been solved by traditional methods. The CQC relies on the classicality of the background variable and if the background is quantum there will be deviations from the CQC as seen in the quantum mechanical example in [5]. Thus it will still be useful to solve the breather evaporation problem in full quantum field theory in order to compare to the CQC result and to understand the methods limitations. However, since the breather is non-perturbative, we expect that a quantum field theory treatment will require new techniques and/or a lattice implementation. In the context of gravity, the CQC may be the only hope to solve important problems such as black hole evaporation because we do not yet have a quantum theory of gravity.

Acknowledgments

TV is supported by the U.S. Department of Energy, Office of High Energy Physics, under Award No. de-sc0019470 at Arizona State University and GZ is supported by John Templeton Foundation grant 60253. JO and OP acknowledge support by the Spanish Ministry MEC under grant FPA2017-88915-P, the Severo Ochoa excellence program of MINECO (grant SEV-2016-0588), as well as by the Generalitat de Catalunya under grant 2017SGR1069. We also acknowledge the support of the Centro de Ciencias de Benasque Pedro Pascual for hosting the workshop ‘Probes of BSM - from the Big Bang to the LHC’, where this project was initiated.

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