Inhibition of Glycolysis and Glutaminolysis: An Emerging Drug Discovery Approach to Combat Cancer

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Abstract: Cancer cells have a very different metabolism from that of normal cells from which they are derived. Their metabolism is elevated, which allows them to sustain higher proliferative rate and resist some cell death signals. This phenomenon, known as the “Warburg effect”, has become the focus of intensive efforts in the discovery of new therapeutic targets and new cancer drugs. Both glycolysis and glutaminolysis pathways are enhanced in cancer cells. While glycolysis is enhanced to satisfy the increasing energy demand of cancer cells, glutaminolysis is enhanced to provide biosynthetic precursors for cancer cells. It was recently discovered that there is a tyrosine phosphorylation of a specific isoform of pyruvate kinase, the M2 isoform, that is preferentially expressed in all cancer cells, which results in the generation of pyruvate through a unique enzymatic mechanism that is uncoupled from ATP production. Pyruvate produced through this unique enzymatic mechanism is converted primarily into lactic acid, rather than acetyl-CoA for the synthesis of citrate, which would normally then enter the citric acid cycle. Inhibition of key enzymes in glycolysis and glutaminolysis pathways with small molecules has provided a novel but emerging area of cancer research and has been proven effective in slowing the proliferation of cancer cells, with several inhibitors being in clinical trials. This review paper will cover recent advances in the development of chemotherapeutic agents against several metabolic targets for cancer therapy, including glucose transporters, hexokinase, pyruvate kinase M2, glutaminase, and isocitrate dehydrogenase.

Keywords: Cancer, glycolysis, glutaminolysis, hexokinase, glucose transporters, pyruvate kinase M2, glutaminase, isocitrate dehydrogenase.

1. INTRODUCTION

According to the World Cancer Report 2014, cancer accounted for 14.6% of all human deaths in 2012, equal to 8.2 million lives [1]. If considered as a single entity, cancer has become the second biggest cause of mortality worldwide. Costs of cancer treatment are spiraling with increasing demands that are placed on the health-care budgets of all countries. Cancer cells have a very different metabolism from that of normal cells from which they are derived [2]. Their metabolism is elevated, which allows them to sustain higher proliferative rate and resist some cell death signals. The importance of cellular metabolism in the development of cancer was observed early by Warburg when he noticed that tumor cells exhibited enhanced glycolytic activity than normal cells [3]. This phenomenon, now known as the “Warburg effect”, has recently become the focus of intensive efforts in the discovery of new therapeutic targets and new cancer drugs [4,5]. Cancer cells, however, do not enhance the glycolytic activity in their metabolism by just simply upregulating the expression of enzymes in the glycolytic pathway to accelerate many reactions in this pathway. They were observed to predominantly produce energy by a high rate of glycolysis followed by lactic acid fermentation in the cytosol, rather than by a comparatively low rate of glycolysis followed by oxidation of pyruvate in mitochondria as in most normal cells [6]. The former process is anaerobic, which does not use oxygen, and the latter process is aerobic, which uses oxygen. This switch in cancer cell metabolism occurs even if oxygen is plentiful. It was recently discovered by Christofk et al. that this switch in cancer cell metabolism happens because the conversion of phosphoenolpyruvate to pyruvate, which is catalyzed by the enzyme pyruvate kinase, is not accelerated, but rather attenuated in cancer cells [7]. There is a tyrosine phosphorylation of a specific isofrom of pyruvate kinase, the M2 isoform, that is preferentially expressed in cancer cells, as well as in embryonic cells, but not in differentiated cells, which results in the generation of pyruvate through a unique enzymatic mechanism that is uncoupled from ATP production. Pyruvate produced through this unique enzymatic mechanism is converted primarily into lactic acid [6], rather than acetyl-CoA for the synthesis of citrate, which would normally enter the citric acid cycle (Fig. I). Glycolysis, although enhanced in cancer cells, is no
Inhibition of Glycolysis and Glutaminolysis

Glucose transport is the first step in the metabolism of glucose, which transports glucose across the plasma membrane. There are 14 glucose transport proteins (GLUT) present in humans, and they are often overexpressed in malignant cells [25]. Small molecule inhibitors of GLUT1, GLUT2, and GLUT4 have already been developed and studied [26-32]. In addition, recent studies have shown multiple myeloma exhibiting dependence on GLUT4, GLUT8, and GLUT11 [28]. Studies on the inhibition of GLUT started with GLUT1 antibodies, but recently, several small molecule inhibitors of GLUT, including fasentin, phloretin, STF-31, and WZB117 (Fig. 2), were discovered and have shown promising results in anticancer therapy [9,26,27,33,34].

Fasentin (Fig. 2) is a small molecule that was previously found leading to cell death. Further studies on the mechanism of action of fasentin have shown that it works as a GLUT1 inhibitor [26]. Studies by Wood et al. showed that fasentin and its analogues not only exhibit partial inhibition of the glucose transportation pathway but also break down the resistance of caspase activation, which is normally seen in malignant cells that are resistant to chemotheraphy and other treatments [35,36].

Polyphenol Phloretin (Ph) (Fig. 2), isolated from apple, was recently found to be an antagonist of GLUT2 in triple-negative breast cancer (TNBC), a poorly understood subclass of breast cancer [32]. Ph was shown to suppress TNBC cell growth and metastasis, as well as to possess potential benefits for breast, bladder, liver, and colon cancer chemoprevention [32,37-39]. The benefits of Ph may have come from the antagonistic effects of GLUT1. Cao et al. observed that GLUT1 is significantly overexpressed in hypoxic regions of colon and breast cancers and that Ph showed greater than 60% inhibition of glucose uptake in Daunorubicin (DRN)-resistant breast/colon cancer cell lines [40]. This inhibition enhanced the anticancer effect of DRN by overcoming the hypoxia-conferrred drug resistance and induced apoptosis in doxorubicin (a chemotherapy medication)-resistant cancer

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**2. INHIBITION OF GLUCOSE TRANSPORTERS (GLUT)**

Glucose transport is the first step in the metabolism of glucose, which transports glucose across the plasma membrane. There are 14 glucose transport proteins (GLUT) present in humans, and they are often overexpressed in malignant cells [25]. Small molecule inhibitors of GLUT1, GLUT2, and GLUT4 have already been developed and studied [26-32]. In addition, recent studies have shown multiple myeloma exhibiting dependence on GLUT4, GLUT8, and GLUT11 [28]. Studies on the inhibition of GLUT started with GLUT1 antibodies, but recently, several small molecule inhibitors of GLUT, including fasentin, phloretin, STF-31, and WZB117 (Fig. 2), were discovered and have shown promising results in anticancer therapy [9,26,27,33,34].

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cells. Lin et al. recently observed that Ph inhibited colorectal cancer cell growth not only via inhibition of GLUT2 but also via activation of p53-mediated signaling, which is a protein that plays an important role in cell cycle control and apoptosis [41]. While other flavonoids similar to Ph have also been shown to inhibit glucose efflux, Ph exhibits the highest inhibitory activity [34]. Further studies would be needed for other flavonoids and antiestrogens.

![Structures of known GLUT inhibitors.](image)

Fig. (2). Structures of known GLUT inhibitors.

Compared to other GLUTs, GLUT1 plays a pivotal role in basal glucose uptake, but there is a lack of potent and selective inhibitors of GLUT1. WZB117 (Fig. 2) is one of the few inhibitors that are selective for GLUT1 (IC₅₀ = ~0.6 µM). In addition to inhibition of GLUT1, WZB117 also lowers the amount of intracellular ATP and causes stress on the endoplasmic reticulum (ER), which leads to cell cycle arrest [42]. WZB117 alone was shown to have inhibitory effects on cancer cell growth in vitro and in vivo, but it also has synergistic effects with cisplatin and paclitaxel. STF-31 (Fig. 2) is another compound that is a selective inhibitor of GLUT1 (IC₅₀ = ~1.0 µM). Chan et al. used STF-31 to exploit the loss of von Hippel-Lindau (VHL) tumor suppressor genes [27]. STF-31 suppressed renal cell carcinoma’s dependence on glycolysis by GLUT1 inhibition. This small molecule resulted in an inhibition of cancer cell growth and a decrease of tumor size in VHL-dependent models.

![Structures of known hexokinase inhibitors.](image)

Fig. (3). Structures of known hexokinase inhibitors.

The antiretroviral medication ritonavir is a protease inhibitor, but recently it was discovered to have the potential utility as a noncompetitive inhibitor of GLUT4 for myeloma [28-31]. The HIV-protease inhibitor slowed the growth of multiple myeloma cells and was used in combination with other drugs, such as metformin, to create synergistic effects.

Inhibition of GLUT3 has also been shown to delay the resistance to temozolomide (TMZ) in the treatment of glioblastoma, the most frequent malignant glioma [23,43]. This was elucidated by showing that long-term treatment using concurrent radiation and chemotherapy with the alkylating drug TMZ can lead to overexpression of GLUT3.

### 3. INHIBITION OF HEXOKINASE (HK)

Hexokinase is a tissue-specific isozyme that phosphorylates glucose to glucose-6-P (G-6-P). The formation of G-6-P is the first reaction in glycolysis and also the starting point of the pentose phosphate pathway, a metabolic pathway parallel to glycolysis, which generates NADPH, pentoses, and ribose 5-phosphate, a precursor for the synthesis of nucleotides. To date, there are four hexokinase isozymes discovered in mammals [44-46]. Among the four, it has been observed that hexokinase II (HKII) plays a major role in maintaining the high glucose catabolic rate, which is needed for tumor cells to thrive [47-49]. Many inhibitors of HKII, such as 3-bromopyruvate, 2-deoxyglucose, GEN-27, benzerazide, and lonidamine (Fig. 3), have been discovered and have shown efficacy in pre-clinical trial testing, with 2-deoxyglucose advancing to phase I/II clinical trials for prostate cancer before stoppage due to insignificant effects on tumor growth in vivo as a single agent [21,50-54]. Several natural products have also been shown to be HKII inhibitors [55-57].
suppress the ATP levels in malignant cell lines of multiple myeloma and in leukemic cells [65]. Resistant cell lines were chosen to study the role of glycolysis inhibition in drug resistance due to the aberrant expression of drug-expelling ATP-binding cassette (ABC) transporters. Overexpression of ABC transporters prevents the sufficient accumulation of anticancer drugs within the cells, which eventually leads to drug resistance. The malignant cell lines, when treated with DRN or mitoxantrone and 3-bromopyruvate, were observed to have a larger uptake of the chemotherapeutic drugs. This suggested that the inhibition of glycolysis with 3-bromopyruvate simultaneously led to inactivation of all types of ABC transporters in cancer cells since these transporters are dependent on the ATPs that were generated through enhanced glycolysis. The overall result was a restoration of susceptibility to anticancer drugs in these resistant cells. 3-Bromopyruvate has been hailed by many researchers as a potential breakthrough; however, it has yet to undergo formal clinical trials. It recently made the news for being the single target but rather at multiple sites. Overall, the drug is capable of sensitizing tumors to chemotherapy, hyperthermia, and radiotherapy [74-76].

Genistein-27 (GEN-27) (Fig. 3), a derivative of genistein, was synthesized and reported by Du et al. to exhibit potent anti-proliferation activity against colon cancer cells as well as prevention of colitis-associated tumorigenesis [54]. This anti-proliferative activity was observed across three human colorectal carcinoma cell lines with IC50’s of less than 31 µM. Further studies have shown that GEN-27 works as an inhibitor of glycolysis and induces cell apoptosis via suppression of HKII in human breast cancer cells [53].

Therapies for acute lymphoblastic leukemia have been using several classes of drugs such as glucocorticoids, vinca alkaloids, and anthracyclines [77]. However, cellular resistance to glucocorticoids is common, and therefore, therapies involving these compounds fail at about 20% of the time. Co-administration of glucocorticoids with 3-bromopyruvate, 2-deoxyglucose, or lonidamine was shown to increase in vitro sensitivity of glucocorticoids [78].

Benserazide (Fig. 3) is another HKII inhibitor that binds to HKII specifically and significantly. Screened against a large amount of targets, benserazide was identified to inhibit HKII in colorectal cancer cells, and induce apoptosis and suppress tumor growth in colorectal cancer xenograft models [52]. Benserazide was also tested in breast cancer cell lines and was shown to decrease malignant properties associated with tumorigenesis, but via a different mechanism independent of HKII inhibition [79].

Recent studies have also discovered several natural products, including astragalin, resveratrol, and the flavonoid chrysin (Fig. 3), possessing inhibitory efficacy against HKII and some specific cancer types. Astragalin was shown to reduce the activity of HKII by boosting microRNA-125b, and therefore inhibiting the proliferation of hepatocellular carcinoma (HCC) cells in vitro and in vivo [56,80]. The increase in expression of microRNA-125b was shown to suppress the proliferation of the HCC cells via the microRNA-125b/HKII cascade. Inhibition of HKII by chrysin and resveratrol were also shown to induce apoptosis in HCC cells, and therefore leading to a decrease in their proliferation [55,57].

4. INHIBITION OF PYRUVATE KINASE M2 (PKM2)

Pyruvate kinase (PK) is the enzyme that catalyzes the final step of glycolysis, the transformation of phosphoenolpyruvate to pyruvate. There are four isoforms of PK expressed in mammals, but the M2 isoform (PKM2) has been shown to be predominantly expressed in tumor cells and play a pivotal role in cancer metabolism and tumor growth [81-84]. Studies have shown that suppression of PKM2 leads to mixed responses to some chemotherapeutic drugs and that resistance to oxaliplatin in many colorectal cell lines was linked to an inverse relationship between PKM2 and p53 protein levels [85-89]. P53 is a protein that plays an important role in cell cycle control and apoptosis. Mutations in p53 could result in proliferation of abnormal cells and contribute to the complex network of molecular events leading to tumor formation [90]. The p53 protein levels are usually low in normal cells, but stresses to the cell such as DNA damage, hypoxia, telomere erosion, nutrient deprivation, and ribosomal stress, can cause an increase in
can cause an increase in p53 proteins. A large increase of p53 proteins can lead to growth arrest, DNA repair, and apoptosis [91]. It is not known whether high levels of p53 and low levels of PKM2 are a good marker for colorectal cancer, but they result in a poor response to oxaliplatin [86]. Moreover, when PKM2 was studied in human gastric carcinoma cell lines, a low expression of PKM2 was observed leading to resistance to cisplatin [85]. Interestingly, it was seen in colon cancer that upregulation of PKM2 was linked to 5-fluorouracil resistance [87]. In human lung cancer cells, the silencing of PKM2 was observed increasing the efficacy of docetaxel in vitro and in vivo [82].

Few studies have been published on small molecule inhibitors or activators of PKM2, but there is some promising development. First, a class of N,N’-diarylsulfonamides was discovered to have PKM2 activation, but no further studies of docetaxel [92]. In addition, resveratrol (Fig. 3), a natural phytoalexin found in a variety of plants, was shown to reduce PKM2 expression in tumor cells, which resulted in an increase in the expression of ER stress and mitochondrial fission proteins but decrease in cell viability and the levels of fusion proteins [93]. Finally, apigenin, a natural product belonging to the flavone class that is found in many plants, was recently found to restrain colon cancer cell proliferation via blocking of PKM2 [94]. These results further highlight the pivotal role of PKM2 in cancer metabolism and tumor growth. In a study led by Hitosugi, it was discovered that oncogenic forms of fibroblast growth factor receptor type 1 inhibit PKM2 by direct phosphorylation of PKM2’s Tyr105, which inhibits the formation of active, tetrameric PKM2 [95]. Thus, tyrosine phosphorylation is suggested to regulate PKM2 to provide a metabolic advantage to tumor cells, thereby promoting tumor growth.

5. INHIBITION OF GLUTAMINASE (GLS)

Glutaminase is an amidohydrolase that catalyzes the first step in glutaminolysis, the conversion of glutamine in the cytosol to glutamate in the mitochondria. There are 3 isoforms of glutaminase: kidney-type (GLS1), the splice variant of GLS1 (Glutaminase C or GAC), and liver-type (GLS2) [96]. GLS1 is widely distributed throughout extra-hepatic tissues, whereas GLS2 is found primarily in adult liver [97]. While the role of the gene GLS2, a novel p53 target gene, in cancer is controversial with conflicting reports concerning its function as a tumor suppressor [98,99], GLS1, however, has emerged as a critical enzyme in a number of types of cancer cells [9], siRNA-mediated knockdown of the gene GLS1 was shown to slow the growth of several different cancer types, including human P-493 B lymphoma cells [100], human PC3 prostate cancer cells [100], breast cancer cells [101], non-small cell lung cancer cells [102], and glioma cells [103].

Bis-2-(5-phenylacetamido-1,3,4-thiadiazol-2-yl)ethyl sulfide (BPTES) (Fig. 4) was identified to be the first allosteric inhibitor of GLS1 [97,104]. BPTES has shown to slow the proliferation in several cancer cell types in vitro and in xenograft models [8,9,12,103,105]. Docking studies and crystal structure of BPTES-bound GLS1 showed that the complex is locked into a tetramer, essentially locking GLS1 in an off mode and disabling the enzyme [106-109]. The potency of BPTES, however, is only moderate (IC50 = 3.3 µM) [97]. In addition, its poor metabolic stability and low solubility have limited its potential for clinical development [97]. An attempt to identify more BPTES-like GLS1 inhibitors by Shukla et al. did not lead to significantly better compounds [97]. CB-839 (Fig. 4), structurally related to BPTES [110], is an allosteric and more potent inhibitor of GLS1 than BPTES with a much lower IC50 (IC50 = 30 nM) [111]. CB-839 diminished growth of mouse HCC cells at a concentration (333 mM) at which BPTES had no effect on their growth [9]. CB-839 is currently in phase 1 clinical trial development for treatment of various cancer types [112].

![Fig. 4. Structures of known glutaminase inhibitors.](image-url)

Azaserine [113], acivicin [113-116], and 6-diazo-5-oxo-L-norleucine (DON) [17,22,117] (Fig. 4) are naturally occurring glutamine analogues that are inactivators of GLS1. They modify the enzyme by forming covalent bonds with Ser286 in the active site. These compounds have shown to suppress the growth of a variety of tumors and have demonstrated their activity in some clinical trials [17,117]. A phase IIa study of PEGylated glutaminase (PEG-PGA) plus DON in patients with advanced refractory solid tumors was conducted, and the results were promising in late stage colorectal and lung cancers and warranted further investigations.
hydroxyglutaric acid (D2HG) (Fig. 6). Inhibition of isocitrate dehydrogenase (IDH) catalyzes the conversion of isocitrate to α-ketoglutarate, a key reaction in the citric acid cycle, which contributes to the overall enhanced production of α-ketoglutarate in cancer cells [128]. There are three isoforms of IDH: cytosolic NADP-dependent IDH1, mitochondrial NADPH-dependent IDH2, and mitochondrial NAD-dependent IDH3 [129]. Of the three isoforms, mutations in IDH1 and IDH2 are not present in most common tumors, but have been identified in significant percentages of several rare tumor types, including acute lymphoblastic leukemia and gliomas [128], and have been suggested to be responsible for the initiation and/or maintenance of these cancers [130]. Mutant IDH1/IDH2 are found to almost lose the wild-type enzyme activity; instead, these mutant enzymes catalyze a new reaction, the reduction of α-ketoglutarate to D-2-hydroxyglutaric acid (D2HG) (Fig. 5), which then inhibits many α-ketoglutarate-dependent dioxygenases, including histone and DNA demethylases [130].

While no potent or specific inhibitors of wild-type IDH have been reported, several potent inhibitors have been identified for mutant IDH1 (2, AGI-5198, AG-120, and 3, Fig. 6) [5,131,132] and mutant IDH2 (AGI-6780 and AG-221, Fig. 6) [130,131]. AGI-5198 (Fig. 6) was reported to inhibit D2HG accumulation in IDH1-mutated glioma cells in vivo [133], reverse histone methylation, and delay growth and promote differentiation of glioma cells [134]. Compounds 2 and AGI-6780 (Fig. 6) were reported to inhibit the proliferation of IDH1- and IDH2-mutated cancer cells, respectively [130,135]. AG-120 and AG-221 (Fig. 6) are the latest development of mutant IDHs inhibitors [131]. AG-120 and AG-221 are selective for mutant IDH1 and IDH2, respectively.

AG-120 is currently in Phase 1 clinical trials for patients with IDH1 mutant-positive advanced solid tumors, including glioma, chondrosarcoma and cholangiocarcinoma [14]. AG-221 is currently in Phase 2 clinical trials for patients with IDH2 mutant-positive acute myeloid leukemia, who are in second or later relapse, refractory to second-line induction or reinduction treatment, or have relapsed after allogeneic transplantation [14].

Over the last several years, more inhibitors of mutant IDH1/IDH2 have been discovered [15,135–137]. The clinical candidate, IDH-305, was shown to be a brain penetrable mutant IDH1 inhibitor. Mutations at Arg132 in IDH1 have been linked to various types of cancer, including glioma, glioblastoma, AML, chondrosarcoma, and cholangiocarcinoma [138-141]. Tested against wild-type IDH, IDH-305 was shown to
have a 200-fold higher selectivity towards the mutant enzyme. IDH-305 was tested in various xenograft models and was shown to inhibit the growth of IDH1-mutated PDX melanoma model. It was also shown to have an improved brain penetration, suggesting potential utility against brain cancers. IDH-305 is currently in clinical trials to treat IDH1 mutant-positive tumors [15]. Compound 4 (Fig. 6) was recently discovered from high-throughput screening and structure-activity relationship to be an allosteric inhibitor of mutant IDH1 and display potent activity against proliferation of human acute myeloid leukemia cells [142]. In addition, 4 did not show any activity against wild-type IDH. In another study, 8-membered ring sulfonamides were discovered to be inhibitors of mutant IDH1, with BRD2879 (Fig. 6) being the most potent compound from the study [143]. However, the low solubility and poor metabolic stability of BRD2879 prevented its use in vivo. BRD2879 was also tested against wild-type IDH and was shown to have no activity. Other 1-hydroxypyridin-2-one compounds like 2 (Fig. 6) were also found to inhibit mutant IDH1 [135]. Of the 61 derivatives synthesized, several potent inhibitors were identified. These compounds exhibited potent and selective activity in inhibiting the proliferation of IDH1-mutated BT-142 glioma cells. When tested against wild-type IDH, these compounds showed little or no activity.

CONCLUSION

Cancer cells have a very different metabolism from that of normal cells from which they are derived. They depend on aerobic glycolysis, fatty acid synthesis, and glutaminolysis. The difference in their metabolism promotes cell proliferation and decreases drug-induced apoptosis, leading to therapeutic resistance. The enzymes that catalyze deregulated transformations in cancer metabolism become very attractive targets for cancer therapy. The more the studies on these important metabolic targets, the better the understanding and the clearer the picture on the differences in cancer cell metabolism and normal cell metabolism to assess selectivity and toxicity. The amount of work being done in this field is growing and making great progress in the development of small molecule anticancer agents.

CONSENT FOR PUBLICATION

Not applicable.

CONFLICT OF INTEREST

The authors declare no conflict of interest, financial or otherwise.

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