Mothers with hypertensive disorders of pregnancy increased risk of periventricular leukomalacia in extremely preterm or extremely low birth weight infants: A propensity score analysis

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Background: At present, the conclusions about the impact of hypertensive disorders of pregnancy (HDP) on the clinical outcomes of preterm infants are inconsistent. This study used the propensity score matching (PSM) analysis to evaluate the effect of HDP on clinical outcomes of extremely preterm or extremely low birth weight (EP/ELBW) infants.

Methods: Retrospective analysis was performed on the EP/ELBW infants discharged from 26 tertiary neonatal intensive care units or died during hospitalization from 2008 to 2017, who were divided into HDP group and non-HDP group. The six covariates including sex, gestational age, birth weight, twin or multiple pregnancy, antenatal steroids administration, and conception method were matched through the PSM method at a ratio of 1:1. The survival rate at discharge and the major clinical complications were compared between the two groups.

Results: After matching the six covariates, compared with the non-HDP group, there was no significant difference in the survival rate at discharge (64 vs. 63.2%, p > 0.05), the incidence of bronchopulmonary dysplasia (BPD) or moderate to severe BPD in the HDP group (58.3 vs. 54.9%, p > 0.05; 5.2 vs. 6.2%, p > 0.05). The incidence of periventricular leukomalacia (PVL) in the HDP group was significantly increased (5.7 vs. 1.9%, p < 0.05).
Conclusions: HDP increased the risk of PVL in EP/ELBW infants, but had no significant effect on the survival rate at discharge, or the occurrence of other complications.

KEYWORDS
hypertensive disorders of pregnancy, extremely preterm infant, extremely low birth weight infant, outcome, propensity score matching

Introduction

Hypertensive disorders of pregnancy (HDP) are a major comorbidity or complication of pregnancy, accounting for about 10% of all pregnancies worldwide, and about 20% of preterm births are caused by HDP (1–3). HDP is characterized by hypertension in pregnancy including gestational hypertension, preeclampsia-eclampsia, chronic hypertension, and preeclampsia superimposed on chronic hypertension. Preeclampsia is defined as new onset of hypertension with either proteinuria or other maternal organ dysfunction after 20 weeks of gestation (1). If HDP is not identified and controlled, it can lead to adverse maternal and neonatal outcomes, including increased risk of maternal stroke, stillborn, preterm birth, and lower birth weight (1, 2).

Over the past years, several studies have reported the effect of HDP on the clinical outcomes of preterm infants, but these conclusions are contradictory, especially in mortality (4–8), bronchopulmonary dysplasia (BPD) (4, 5, 9–12), and intraventricular hemorrhage (IVH) (4, 5, 10, 13–15). The inconsistency of these results may be related to different study populations and inconsistent baseline characteristics of the subjects. Recently, a retrospective study was performed in Japan, a total of 21,659 extremely or very preterm infants were divided into HDP and non-HDP groups, at a ratio of 1:1 after stratification by four factors including gestational age, maternal age, year of delivery, and parity (13). The results showed that the mortality and the incidence of severe IVH were lower in the HDP group. Another study concluded that the factors such as sex, gestational age, birth weight, multiple births, and antenatal steroids could affect the mortality of extremely preterm (EP) infants (16), while the Japanese study only matched gestational age as an important factor, which might affect the conclusion. Hence, the aim of our study was to further evaluate the effects of HDP on clinical outcomes of EP or extremely low birth weight (ELBW) infants by using the propensity score matching (PSM) method to match the covariates including sex, gestational age, birth weight, twin or multiple pregnancy, antenatal steroids administration, and conception method.

Materials and methods

Participating centers

This study was a secondary analysis of the EP/ELBW infants’ data of a multi-center clinical research collaborative group (17, 18). The research objects were from 26 tertiary neonatal intensive care units (NICUs) in Guangdong Province. The Third Affiliated Hospital of Guangzhou Medical University was responsible for coordinating this survey, where all the data were aggregated, stored, and analyzed. Each participating unit was responsible for the collection of case data in its hospital and was responsible for its authenticity and completeness. This study was approved by the Ethics Committee of the Third Affiliated Hospital of Guangzhou Medical University.

Subjects and data collection

The population included in this study needed to meet all the following criteria: (1) gestational age below 28 weeks or birth weight <1000 grams; (2) admission to one of the NICUs of the collaborative hospitals within 24 h after birth; (3) discharged alive or died during hospitalization from January 1, 2008, to December 31, 2017. Infants with one of the following conditions were excluded: (1) the infants with various severe congenital malformations such as hereditary metabolic diseases, central nervous system malformations, and cardiovascular malformations; (2) the mothers with maternal comorbidities or complications in pregnancy, including diabetes, thyroid dysfunction, placental abruption, placenta previa, cervical incompetence, premature rupture of membranes, symptomatic infection before delivery, and other severe internal and external diseases, but not including HDP; (3) incomplete necessary information. Based on the mother with or without HDP, all the involved infants were divided into HDP group or non-HDP group. The neonatal and maternal clinical data were analyzed. The neonatal data included sex, gestational age, birth weight, small for gestational age (SGA), 1-min and 5-min Apgar score, pulmonary surfactant administration, mechanical ventilation, major complications, and survival rate at
discharged. The maternal data included age, conception method, twin or multiple pregnancy, delivery mode, antenatal steroids administration, intrauterine fetal distress, and HDP.

**Definitions and classifications**

According to the guidelines for the diagnosis and treatment of HDP (19), HDP was defined as systolic blood pressure ≥ 140 mmHg (1 mmHg = 0.133 kPa) and/or diastolic blood pressure ≥ 90 mmHg measured at least twice in the same arm. Neonatal respiratory distress syndrome (RDS) was diagnosed in preterm infants with respiratory distress shortly after birth and/or a compatible chest X-ray appearance (20). BPD was defined as oxygen dependency for at least 28 days, and the severity classifications were assessed at 36 weeks postmenstrual age or at discharge (21). The diagnosis and grading of necrotizing enterocolitis (NEC) were defined according to the modified Bell criteria (22). Retinopathy of prematurity (ROP) and its grades were defined by the international classification of ROP (23). The therapy for ROP included laser coagulation, intravitreal antivascular endothelial growth factor, and surgical treatment. Both IVH and periventricular leukomalacia (PVL) were diagnosed by cranial ultrasonography or magnetic resonance imaging (MRI). The Papile criterion was used to grade IVH, and grade III-IV was referred to severe IVH (24). PVL was defined as degeneration of white matter adjacent to the cerebral ventricles following cerebral hypoxia or brain ischemia (25). Because the diagnostic criteria of hospital acquired infection referred to the infections that occurred after 48 h of hospitalization (26), onset sepsis in this study was defined by clinical symptoms and positive culture from blood or cerebrospinal fluid samples after 48 h of admission. SGA was defined as sex-specific birth weight below the 10th percentile for gestational age (27). Antenatal steroid administration was defined as the use of dexamethasone or betamethasone to accelerate fetal lung maturity within 7 days before delivery (28). Fetal distress was defined as a syndrome that endangered the health and life of the fetus in utero due to acute or chronic hypoxia (28). Hemodynamically significant patent ductus arteriosus (hsPDA) was diagnosed by echocardiography and was defined as an arterial duct diameter > 1.5 mm with diastolic flow reversal in the descending aorta, and a left atrial to aortic root rate > 1.4 (29).

The main outcomes in this study were survival rate at discharge, and the occurrence of the complications including BPD, RDS, NEC, ROP, IVH, PVL, sepsis and hsPDA.

**Statistical analysis**

All data were analyzed using SPSS 26.0 software (IBM, Armonk, NY, USA). We initiated a 1:1 matched analysis by PSM with a nearest-neighbor matching algorithm to adjust the baseline characteristic differences between the two groups, including sex, gestational age, birth weight, antenatal steroids administration, twin or multiple pregnancy, and conception through in vitro fertilization and embryo transfer (IVF-ET). These covariates were selected based on the previous studies, which were found to be relative to the outcomes of preterm infants (16, 30–32). We used calipers of width equal to 0.02 of the standard deviation of the logit of the propensity score. The normality of the data distribution was shown as means ± standard deviation (SD), which was analyzed using t-test. Categorical variables were presented as rates, which were analyzed using Chi-square tests. When P < 0.05 is considered as significant difference.

**Results**

**Baseline characteristics of neonates and mothers**

Between 2008 and 2017, there were 3,299 EP/ELBW infants discharged from the included hospitals or died during the hospitalization. After exclusion of 1,334 cases, the rest 1,965 cases of EP/ELBW infants were enrolled, and they were divided into the HDP group and the non-HDP group (Figure 1). Before matching, there were 660 infants in the HDP group and 1,305 infants in the non-HDP group. After matching, each group included 342 infants. The baseline characteristics of the infants and mothers in the two groups before and after matching are shown in Tables 1, 2 respectively. Before matching, 12 of the 14 covariables including male, gestational age, birth weight, SGA, surfactant therapy, mechanical ventilation of the infants; and elderly maternal age (≥ 35 years), IVF-ET, antenatal steroids administration, twin or multiple pregnancy, intrauterine fetal
distress, cesarean section, were significantly different between the two groups. After matching, only elderly maternal age (≥35 years), cesarean section and 1-min Apgar score were significantly different between the two groups.

Clinical outcomes

Before matching, the survival rate at discharge of the HDP group was significantly higher than that of the non-HDP group (62.7% [414/660] vs. 53.1% [693/1,305], P < 0.01). After matching, there was no significant difference in it between the two groups.

On the other hand, compared with the non-HDP group, the incidences of total BPD, ROP above stage II or required therapy, total IVH or severe IVH (grade III–IV), and hsPDA in the HDP group were lower before matching (all P < 0.01), but they had no significant difference after matching. Oppositely, before matching, the HDP group had a significantly higher incidence of sepsis occurred after 48 h admission (P < 0.01), but not after matching. The incidence of PVL between the two groups was not significantly different before matching (6.2% [30/486] vs. 5.3% [51/961], P > 0.05), while it was higher in the HDP group (5.7% [14/246] vs. 1.9% [5/266], P < 0.05) after matching. In addition, there was no significant difference in the incidence of RDS, moderate to severe BPD, total ROP, total NEC or definite NEC (≥stage IIa) between the two groups before or after matching. The results were shown in Table 3.

Discussion

In our study, after matching the six major covariates including sex, gestational age, birth weight, antenatal steroids administration, conception through IVF-ET, and twin or multiple pregnancy, mothers with HDP increased the risk of PVL in EP/ELBW infants, but had no significant effect on the survival rate at discharge, or the incidence of other complications.

After matching, survival was not significantly different in the two groups. Our data showed that the HDP group had a significant higher survival rate at discharge before matching, which was similar to the report of Gemmell et al. (4–6). This may be related to the following aspects: firstly, the delivery method of pregnant women with HDP is usually planned, and it can help improve antenatal steroids administration and reduce the mortality of EP infants (33, 34). Secondly, in the present study, compared with the non-HDP group, the proportion of SGA infants in the HDP group was significantly higher before matching, while it was reported that SGA infants of HDP mothers had a lower incidence of BPD before those of non-HDP mothers. In our study, the HDP group had a higher proportion of SGA infants before matching. After matching for the relevant factors, this study showed that there was no significant difference in the incidence of BPD or moderate to severe BPD between the two groups. This was consistent with the conclusions of O’Shea et al. (36–38). O’Shea et al. (36) found that there was no significant difference in the incidence of BPD in EP/ELBW infants in the preeclampsia group compared with the non-preeclampsia group. After adjusting for confounding variables such as sex, gestational age, and birth weight, BPD was not associated with preeclampsia. Another retrospective study included 1,827 preterm infants with gestational age below 30 weeks in the Korean Neonatal Network, and the infants were divided into pregnancy-induced hypertension (PIH) groups and non-PIH groups. It showed that the incidence of BPD was not significantly different between the two groups; after adjusting for sex, gestational age, RDS, and treated PDA, there was no correlation between PIH and BPD in EP infants below 27 weeks of gestation (37). As the risk factors for BPD are multifactorial, in addition to abnormal vascular growth caused by maternal factors, there are many other risk factors that can contribute to the development of BPD (37), while gestational age and low birth weight are the two strongest risk factors (39). Therefore, after matching gestational age, birth weight and sex, HDP had no significant effect on the incidence of BPD in EP/ELBW infants.

HDP increased the risk of PVL in EP/ELBW infants. The IVH and PVL are the two major causes leading to neurological sequelae of preterm infants. The reported studies demonstrated that the correlation between HDP and IVH/PVL was also contradictory (4, 5, 10, 13–15). In this study, before matching, EP/ELBW infants in the HDP group had a significantly lower incidence of IVH or severe IVH. This was similar to the results of Gemmell et al. (4, 5, 14, 15). After matching, there was no
TABLE 1 The neonatal characteristics in HDP and non-HDP groups.

|                      | Before matching | After matching |
|----------------------|-----------------|---------------|
|                      | HDP (N = 660)   | Non-HDP (N = 1,305) | P-value | HDP (N = 342) | Non-HDP (N = 342) | P-value |
| Male sex, N (%)      | 1,131 (57.6)    | 342 (51.8)    |          | 191 (55.8) | 182 (53.2)        | 0.490   |
| Gestational age (weeks), mean±SD | 27.94 ± 1.94 | 29.10 ± 1.80 |          | 28.42 ± 1.63 | 28.43 ± 2.23 | 0.910   |
| <27 weeks, N (%)     | 519 (26.4)      | 59 (8.9)      |          | 52 (15.2)  | 70 (19.9)         |         |
| 27-28 weeks, N (%)   | 915 (46.6)      | 256 (38.8)    |          | 171 (50.0) | 156 (44.3)        | 0.183   |
| ≥29 weeks, N (%)     | 531 (27.0)      | 345 (52.3)    |          | 119 (34.8) | 126 (35.8)        |         |
| Birth weight (grams), mean±SD | 911 ± 158     | 869 ± 132     |          | 892 ± 135  | 893 ± 138         | 0.949   |
| SGA, N (%)           | 446 (22.7)      | 294 (44.5)    |          | 97 (28.4)  | 110 (32.2)        | 0.279   |
| Apgar ≤7 at 1 min, N (%) | 927 (47.2)  | 318 (48.2)    |          | 166 (48.5) | 133 (38.9)        | 0.011   |
| Apgar ≤7 at 5 min, N (%) | 344 (17.5)  | 105 (15.9)    |          | 53 (15.5)  | 51 (14.9)         | 0.831   |
| Pulmonary surfactant administration, N (%) | 1,255 (63.9) | 390 (59.1)   |          | 268 (78.4) | 256 (74.9)        | 0.278   |
| Mechanical ventilation, N (%) | 1,347 (68.5) | 429 (65.0)  |          | 237 (69.3) | 224 (65.5)        | 0.289   |

TABLE 2 The maternal characteristics in HDP and non-HDP groups.

|                      | Before matching | After matching |
|----------------------|-----------------|---------------|
|                      | HDP (N = 660)   | Non-HDP (N = 1,305) | P-value | HDP (N = 342) | Non-HDP (N = 342) | P-value |
| Maternal age ≥35 years, N (%) | 388 (19.7) | 208 (31.5)    |          | 111 (32.5) | 53 (15.5)        | <0.001  |
| IVF-ET, N (%)        | 246 (12.5)      | 55 (8.3)      |          | 28 (8.2)   | 28 (8.2)         | >0.999  |
| Twin or multiple pregnancy, N (%) | 669 (34.0)  | 121 (18.3)    |          | 83 (24.3)  | 88 (25.7)        | 0.659   |
| Antenatal steroids, N (%) | 918 (46.7) | 358 (54.2)    |          | 215 (62.9) | 220 (64.3)       | 0.691   |
| Cesarean section, N (%) | 794 (40.4) | 572 (86.7)    |          | 291 (85.1) | 103 (30.1)       | <0.001  |
| Intrauterine fetal distress, N (%) | 124 (6.3)  | 82 (12.4)     |          | 39 (11.4)  | 27 (7.9)         | 0.120   |

IVF-ET, in vitro fertilization and embryo transfer; HDP, hypertensive disorders of pregnancy.

Significant difference in the incidence of IVH or severe IVH in EP/ELBW infants between the HDP group and the non-HDP group. This was consistent with the results reported by ElSayed et al. (10), but it was contrary to the recent report of Nakamura et al. (13). The study conducted by Nakamura et al. also matched at the rate of 1:1, but the matching factors were different from our study. The two major factors including birth weight and antenatal steroids were not matched. The administration of antenatal steroids could significantly reduce the risk of IVH in preterm infants (40), as well as the incidence of IVH in preterm infants with HDP (41). In this study, the proportion of antenatal steroids administration in the HDP group was significantly higher than that of non-HDP before matching; but after matching, the proportions of antenatal steroids administration in the two groups were similar. This could explain why there was no difference in the incidence of IVH between the two groups after matching in our study. It also suggests that HDP has little effect on the occurrence of IVH in EP/ELBW infants, which is consistent with the previous view that “preeclampsia has no significant influence on the occurrence of IVH” (42). In addition, our results also found that after matching, the incidence of PVL in the HDP group was significantly higher than that in the non-HDP group, which was inconsistent with the results reported by Nakamura et al. (13). This shows that HDP has an impact on the occurrence of IVH under the premise that gestational age, birth weight, sex and antenatal steroids administration are consistent. It may be related to the pathogenesis of PVL. Hypoxia is one of the two major upstream mechanisms of PVL (43). In HDP mothers, especially preeclampsia, the fetus is exposed to chronic hypoxia in the intrauterine environment (44). Placental hypoxia leads to oligodendrocyte dysmaturation in the offspring, resulting in impaired myelination (45), and ultimately forming PVL. At the same time, the animal model of preeclampsia also found that preeclampsia could induce oligodendrocytes death and demyelination in the offspring (46). Studies noted that PVL was associated with Autism Spectrum Disorders (ASD) (47), and HDP could increase the risk of ASD (48, 49). Does it
suggest that there are any associations among HDP, PVL and ASD. The further research is needed. In this study, compared with the non-HDP group, the proportion of 1-min Apgar scores <7 was significantly higher in the HDP group after matching. A systematic review and meta-analysis showed that infants with 1-min Apgar score at birth <7 had an increased risk of PVL. (50). This might also be one of the risk factors for the increased incidence of PVL in the HDP group in our study.

In addition, our results showed that the incidence of onset sepsis after 48 h admission was significantly higher in the HDP group before matching. This is similar to the study of Letouzey et al. (51), which found that very preterm infants with HDP had a higher risk of late-onset sepsis. The causes for it might be premature infants with HDP susceptible to neutropenia or low plasma immunoglobulin concentration (51). The inflammatory response induced by infection is also an important mechanism leading to the occurrence of PVL.

In summary, HDP increased the risk of PVL in EP/ELBW infants, but has no significant effect on the survival rate at discharged, or the occurrence of other complications. However, some limits remain in this study. First, it was a secondary analysis by PSM method, not a randomized controlled study. Second, there may be some other factors such as histological chorioamnionitis which lacked placental histological data in this study that affect the clinical outcomes of EP/ELBW infants, as well as the six matched covariates. Third, due to the lack of data on pulmonary hypertension, we couldn’t analyze the association between the presence of HDP and the pulmonary hypertension of the infants, especially the vascular phenotype associated with BPD. Thus, the further studies are needed.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.
Ethics statement

This study was approved by the Medical Ethics Committee of the Third Affiliated Hospital of Guangzhou Medical University.

Author contributions

FW, QM, and JC: study concept and design. ZS, WH, and XF: drafting of the manuscript. FW, QC, and BS: statistical analyses. FW, CJ, and ZS: review and editing. JC and FW: funding acquisition. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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