CASE REPORTS

Coloduodenal Fistula in Right Colorectal Cancer: Case Report and Review of the Literature

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Abstract

In spite of the high incidence of colorectal cancer, cases of right colon cancer presenting with local invasion are not common. This is even more infrequent if we focus on duodenal invasion and presence of duodenal fistula.

We present the case of a patient admitted to our hospital due to severe weight loss, malnutrition and bowel obstruction. The patient was diagnosed of advanced right colon cancer with coloduodenal fistula and concomitant liver metastasis. According to diagnosis, palliative surgery was performed.

1 INTRODUCTION

Colorectal cancer is one of the most frequent malignancies among developed countries. Locally advanced cases range from 5 to 25%. The specific invasion of the duodenum has been reported to account for 0, 4 %. (1), (2)

This clinical entity has become a rare event in present days. Colorectal cancer screening is widespread, and therefore early diagnosis and resection of the primary is the usual proceeding. That explains why isolated case reports are the most common source of current literature. (3), (4), (5)

Symptoms of duodenal involvement of locally advanced right colorectal cancer depend on the primary tumor, the fistula or the metastatic burden. The most common are severe weight loss and malnutrition, metabolic disturbances, chronic blood loss and anemia, diarrhea or feculent vomiting. (1) (5)

Diagnosis is based on upper endoscopy and colonoscopy, which can also provide the biopsy for histopathological confirmation. The gold standard radiology test is the CT scan.

Management of malignant duodenal fistula poses a dilemma to surgeons. In some cases right colectomy

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associated to duodenal resection or pancreaticoduodenectomy is the only curative procedure, if confirmed absence of metastatic spread. This technically demanding procedure, becomes even more challenging due to the compromised patient’s status. (1), (2)

2 | MATERIALS AND METHODS

A 75 year-old male presented with a three week history of feculent vomiting, abdominal pain and lassitude. Physical examination revealed weight loss and abdominal tenderness on right hypochondrium.

A contrast enhanced CT scan showed a locally advanced carcinoma of the right colon with an interface loss with the second part of the duodenum, suggestive of a coloduodenal fistula. (Fig 1, 2).

Colonoscopy confirmed an obstructive lesion previous to the hepatic flexure. In spite of it, histopathology showed a piece of normal colonic mucosa.

The patient’s nutritional status and electrolyte disturbances were corrected prior to surgical treatment. Blood transfusion was also required.

The patient underwent exploratory laparotomy, finding an obstructive tumor of the hepatic flexure of the colon, extended to the second part of the duodenum. Presence of hepatic metastasis was confirmed as well as several peritoneal implants. Due to the poor prognosis and health status, palliative gastrojejunal

Bilobar liver metastasis and pancreatic infiltration were showed. (Fig 3, 4).

FIGURE 1: Coloduodenal fistula on CT scan

FIGURE 2: Coloduodenal fistula on enhanced CT scan

FIGURE 3: Bilobar liver metastasis on CT scan

FIGURE 4: Pancreatic infiltration on CT scan
by pass and terminal ileostomy was performed. Surgical histopathology confirmed moderately differentiated adenocarcinoma of the colon. Postoperative course was complicated with perios- tomal cellulitis requiring drainage and exacerbation of chronic heart failure. The patient was discharged on postoperative day twenty-seventh. Follow up was transferred to the palliative care unit. The patient died two months after hospital discharge.

3 | DISCUSSION

Colorectal cancer is one of the most common oncologic diagnosis in developed countries. (1) , (2) In spite of it, locally advanced colorectal cancer has become a less frequent diagnosis due to colorectal cancer screening, which is widespread in western countries. Early diagnosis leads to a prompt surgical approach and resection of the primary tumor. (3, 4) Vicinity organ invasion is more frequently diagnosed in cases of left colorectal cancer. Duodenal involvement and fistulization is a rare event, associated to right colorectal cancer, which often involves pancreas and also tends to show metastatic spread at diagnosis. As a consequence, the report of this clinical entity in literature sources is limited, mostly accounting for single cases. (3, 4, 5) Recently Gupta et al. reported a retrospective series of nine patients diagnosed of coloduodenal fistula, most of them secondary to right colorectal cancer, and have proposed a classification based on the extent of invasion of the duodenal wall by the primary. This classification leads to different surgical techniques in order to manage the duodenal fistula: sleeve duodenal resection and primary closure, segmental duodenal resection and gastric or jejunal anastomosis to the remaining duodenum, and finally pancreaticoduodenectomy. (1) Fuks et al. also provided a series of fifteen cases of advanced right colon cancer involving the duodenal wall, performing almost the same surgical procedures even in cases of acute onset and need of emergency surgery. (2) The high rate of severe complications associated to right colectomy if tumor is extended to duodenal wall, makes this surgical procedures unsuitable for many patients. Those complications range from medical issues as heart failure from postoperative complication as duodenal or pancreatic leak, intraabdominal abscess leading to septic shock, and eventually death. (1, 2, 4) Authors agree on the need for pancreaticoduodenectomy if absence of distant metastasis is confirmed, there is a real possibility of achieving tumor free margins and the patient status merits an aggressive and oncological procedure. (1, 2, 4, 5).

All cases reported were adenocarcinoma on histopathological examination. (1-5) Fuks et al. showed survival rates of 68% at one year and 53% at three years from resection, and recurrent rate of 46% in cases of T4 or lymph node involvement. (2) In those cases presenting with metastasis or poor health status, curative procedures might not be an option. Most patients present severe malnutrition and weight loss at onset. Chronic blood loss and anemia are frequent symptoms. In addition, diarrhea, caused by colonic flora overgrowth contributes to worsen malnutrition and metabolic disturbances. In those cases palliative gastrojejunal by pass could be the only feasible option. Survival of those patients is less than a year, according to various publications. (1, 2, 4)

4 | CONCLUSION

Malignant coloduodenal fistula is a rare event that happens under the diagnosis of right colon cancer. It has been usually associated to malnourished patients and a poor outcome and widespread metastatic disease. In spite of it, in selected cases surgery could be a feasible option, if complete removal of the primary and the fistula en bloc and negative margins are achieved.

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