Outcome of Prolonged Cardiac Arrest Under Extracorporeal Cardiopulmonary Resuscitation Due to Acute Myocardial Infarction: Complete vs Culprit Revascularization

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Original research

Keywords: Extracorporeal membrane oxygenation, cardiopulmonary resuscitation, extracorporeal cardiopulmonary resuscitation, acute myocardial infarction, percutaneous coronary intervention, coronary artery bypass grafting

DOI: https://doi.org/10.21203/rs.3.rs-47380/v1
Abstract

Background:
Immediate revascularization of infarct-related vessel (culprit strategy) is effective in patients with acute myocardial infarction (AMI) with cardiogenic shock. However, for AMI patients complicated with prolonged cardiac arrest under extracorporeal membrane oxygenation resuscitation (ECPR), whether culprit revascularization (IR) or complete revascularization (CR) is associated with better clinical outcome is not known.

Methods:
Patients with AMI complicated with prolonged cardiac arrest under ECMO support between 2006 and 2016 were included and were grouped by the status of revascularization completeness in three coronary territories into IR and CR groups. The primary endpoint is favorable neurological outcomes at hospital discharge. The second endpoint is the probability of a composite of major adverse cardiac and cerebral events (MACCE) at 1-year follow-up.

Results:
A total of 90 patients (32 IR and 58 CR) were included. Favorable neurological outcomes at hospital discharge were 21.9% and 37.9% in IR and CR patients, respectively (P = 0.121.) Multivariate logistic regression analysis did not reveal CR a significant risk factor (odds ratio: 1.82, 95% confidence interval [CI]: 0.70–4.77, P = 0.221). One-year freedom from MACCE probabilities were 24.6% and 42.4% in IR and CR patients, respectively (P = 0.051.) Cox regression analysis revealed that CR, in addition to age, low-flow duration, and initial shockable rhythm, was a risk factor (hazard ratio: 0.53, 95% CI: 0.31–0.91, P = 0.020).

Conclusion:
For patients with AMI under ECPR, culprit strategy had similar result to that of CR strategy in one-year outcome.

Introduction
Acute myocardial infarct (AMI) complicated with cardiogenic shock and prolonged cardiopulmonary resuscitation (CPR) needing extracorporeal membrane oxygenation (ECMO) support is one of the most detrimental conditions for patients and the most challenging situations for medical personnel. Because rapid death due to persistent shock is likely in this condition, several clinical trials, such as CHEER trial(1) and Prague Out-of-Hospital Cardiac Arrest (OHCA) study,(2) have advocated immediate revascularization of occluded coronary arteries. However, these studies have not compared the probabilities of hospital
survival and favorable neurological outcomes associated with partial revascularization (PR) or complete revascularization (CR). Theoretically, CR of all stenotic coronary arteries, either through percutaneous coronary intervention (PCI) or coronary artery bypass grafting (CABG), may provide the highest chance of heart function recovery, but it may also induce end-organ damage because of the prolonged procedural time and repeated hypoperfusion of the brain and other vital organs during revascularization. The CULPRIT-SHOCK study demonstrated a similar survival rates between PR and CR patients but with a higher incidence of repeated coronary intervention in PR patients during 1-year follow-up.

In the present study, the effects of revascularization strategy on hospital survival and 1-year outcomes for an extremely critical AMI patients, namely patients with cardiac arrest and requiring ECPR, were evaluated. The results of the study can contribute to decision-making protocols(3) for the detrimental AMI complicated by profound cardiogenic shock.

**Methods**

All adult patients (age ≥ 18 years) who had received ECPR and emergency coronary angiography at our institution between 2006 and 2016 were included. All demographic and clinical data were prospectively collected and systemically reviewed under institutional approval (NTUH-9561707007.) The present study was approved by the review board of our institute (NTUH 201810079 RIN).

The contraindications of ECPR, modified from previous reports,(4, 5) are listed in supplement Table 1. The decision to perform coronary angiography after ECPR was made by the consulted cardiologist based on a combination of multiple factors, including presenting symptoms before cardiac arrest, risk factors for coronary artery disease (CAD), and initial and serial electrocardiography (EKG) findings suspecting AMI or a VT or VF rhythm. Emergency coronary angiography was performed on emergency status after exclusion of acute aortic dissection or massive intracranial hemorrhage detected by computed tomography scanning. After confirming the diagnosis of CAD, the decision of emergency PCI or CABG surgery was determined by a discussion between the on-duty cardiologist and cardiac surgeon (10 cardiologists and 5 cardiac surgeons on call 24 h a day and 7 days a week) in which multiple factors, including anatomy of the coronary arteries, culprit coronary lesion pathology, general conditions before the index ECPR event, low-flow duration before ECMO, and the patients’ and relatives’ will, were considered.
Table 1
Demographic data of patients according to revascularization types.

|                                      | IR group | CR group | p value |
|--------------------------------------|----------|----------|---------|
|                                      | (32)     | (58)     |         |
| Male gender                          | 31 (96.9%) | 53 (91.4%) | 0.320   |
| Age (years)                          | 59.6±9.8 | 60.5±10.6 | 0.704   |
| DM                                   | 15 (46.9%) | 31 (53.4%) | 0.553   |
| DM with end-organ damage             | 1 (3.1%)  | 2 (3.4%)  | 0.935   |
| CKD-4,5                              | 2 (6.2%)  | 7 (12.1%) | 0.381   |
| NYHA-3,4                             | 5 (15.6%) | 6 (10.3%) | 0.467   |
| COPD                                 | 0 (0.0%)  | 0 (0.0%)  | 1.000   |
| PAOD                                 | 0 (0.0%)  | 4 (6.9%)  | 0.131   |
| Old CVA or TIA                       | 3 (9.4%)  | 3 (5.2%)  | 0.447   |
| Malignancy                           | 0 (0.0%)  | 5 (8.6%)  | 0.089   |
| CCI                                  | 1.34±1.54 | 1.45±1.78 | 0.780   |
| EuroScore II                         | 0.28±0.15 | 0.24±0.12 | 0.155   |
| OHCA                                 | 11 (34.4%) | 30 (51.7%) | 0.116   |
| Initial shockable rhythm (VT, VF)    | 23 (71.9%) | 39 (67.2%) | 0.651   |
| Low-flow duration (min)              | 43.0±19.1 | 42.8±20.8 | 0.963   |
| CK-MB on admission (ng/mL)           | 158.0±250.6 | 88.6±169.7 | 0.156   |
| Coronary lesions                     |          |          |         |
| LM                                   | 9 (28.1%) | 12 (20.7%) | 0.427   |
| LAD                                  | 30 (93.7%) | 43 (74.1%) | 0.024** |
| LCX                                  | 29 (90.6%) | 31 (53.4%) | <0.001**|
| RCA                                  | 27 (84.4%) | 34 (58.6%) | 0.013** |
| Initial ischemic regions             | 2.7±0.5  | 1.9±0.9  | <0.001**|
| IABP use                             | 28 (87.5%) | 42 (72.4%) | 0.101   |
| PCI                                  | 26 (81.2%) | 40 (69.0%) | 0.210   |
| CABG                                 | 6 (18.8%) | 19 (32.8%) | 0.158   |

**p < 0.01**
|                 | IR group (32) | CR group (58) | p value |
|----------------|--------------|---------------|---------|
| AMI: acute myocardial infarct, CCI: Charlson comorbidity index, CK-MB: creatine kinase MB isoenzyme, CKD: chronic kidney disease, COPD: chronic obstructive pulmonary disease, CPR: cardiopulmonary resuscitation, PR: partial revascularization, CVA: cerebral vascular attack, DM: diabetes mellitus, ECMO: extracorporeal membrane oxygenation, IABP: intra-aortic balloon pumping, NYHA: New-York Heart association, OHCA: out-of-hospital cardiac arrest, PAOD: peripheral artery occlusive disease TIA: transient ischemic attack, CR: complete revascularization, UR: unsuccessful revascularization, VF: ventricular fibrillation, VT: ventricular tachycardia. |

Initial CAD ischemic regions are counted by the number of involvements of left anterior descending (LAD), left circumflex (LCX), right coronary artery (RCA), with left main (LM) is viewed as involvement of LAD and LCX. PCI: percutaneous coronary intervention, including balloon angioplasty or stenting.

Low-flow duration: duration between CPR and ECMO run.

* denotes a trend of statistical significance. ** denotes statistical significance.

Emergency PCI was performed using the femoral artery approach. The coronary lesions were first prepared through balloon angioplasty followed by stent implantation. The activating clotting time was maintained in the range of 250–300 s through continuous heparin infusion; intracoronary IIb/IIIa inhibitors or aspiration catheter were administered if the thrombus burden was large or a TIMI 3 flow was not obtained. Those patients with post-PCI TIMI 1 or 2 flow or with coronary anatomy inappropriate for PCI, emergency CABG was performed soon with ECMO support. Side-clamping of the ascending aorta was applied for saphenous vein graft anastomosis to the ascending aorta in most cases. Anastomosis of target coronary arteries was performed under a beating heart condition in most patients. Induced cardiac arrest with cardioplegia was used in patients with difficult exposure of target vessels or very hemorrhagic and fragile myocardium.

Exclusion criteria

The patients who experienced cardiac arrest and received CPR < 10 min before the return of spontaneous circulation (ROSC) were excluded from the study because they did not fulfils the criteria of prolonged CPR. Patients with acute aortic dissection, massive intracranial hemorrhage, prosthetic valve dysfunction, endocrine crisis, or failure of ROSC after ECMO support were excluded from further coronary intervention. Patients who received CPR and ECMO after coronary intervention or CABG during the same admission were excluded. Transferred patients who did not receive their index ECPR in the study hospital were also excluded because of unstandardized definitions of arrest time, CPR duration, and ECMO management protocol. Patients who experienced shock necessitating ECMO in an elective or emergency situation without cardiac massage were also excluded from the study. Patients with clinical presentation of malignant arrhythmia with patent coronary arteries were excluded. Patients refused to receive PCI or CABG after coronary angiography study were also excluded from the study. Patients with incomplete data of CPR, follow-up, and coronary angiography were also excluded.
ECMO setup

ECMO equipment and management has been described elsewhere.\(^{(5, 6)}\) The principal components of the ECMO circuit used on our patients were centrifugal pumps and an oxygenator (Medtronic, Anaheim, CA, USA; Medos, Stolberg, Germany; Maquet, Rastatt, Germany). The circuit was pre-assembled without priming and was then primed using saline containing 2 U/mL heparin on receiving an ECPR call.

Review of coronary angiography data to determine revascularization types was retrospectively performed by two independent cardiologists (L.Y.L. and W.Y.C.). Coronary artery disease was defined as coronary vessels with stenosis > 70% or left main vessel > 50% stenosis by simple visual estimation. Complete revascularization (CR) was defined by each of the involved territories (left anterior descending [LAD], left circumflex [LCX], and right coronary artery) being successfully revascularized through PCI or CABG 24 hours after the index CPR episode. Incomplete revascularization (IR) was defined as culprit vessel only intervention or culprit vessel plus another artery intervention, leaving at least one diseased coronary artery territory. Successful coronary angioplasty, through either balloon angioplasty or coronary stenting, was defined as a TIMI 3 flow at the end of the emergency procedure. When left main coronary artery is involved, the patient is considered to have a two-vessel disease (LAD or LCX.)

Outcomes

The primary endpoint of the study was a favorable neurological outcome (Cerebral Performance Category [CPC] 1 or 2) at hospital discharge. The second endpoint is the composite of major adverse cardiac and cerebral events (MACCE) defined as cardiac death, myocardial infarction (MI), revascularization, or stroke at 1 year since the index ECPR. Successful weaning of ECMO is defined as separation from ECMO support without subsequent mortality in the next 48 h. Safety endpoints were adverse events of infection, limb ischemia, renal failure, bleeding, or stroke during hospitalization among different study groups. The follow-up data of the patients who survived ECPR to hospital discharge were collected through chart review.

Statistical analysis

All demographic data and post-ECMO events data were prospectively collected from an ECMO registration database, from which several studies regarding ECPR had been reported.\(^{(5)}\) \(^{(7)}\) \(^{(8)}\) Continuous variables are presented as mean ± standard deviation and were examined using the Student t test and analysis of variance (ANOVA). Categorical variables were analyzed using the chi-square test or Fisher exact test, depending on sample sizes. The variables affecting the major outcomes (i.e., hospital survival and favorable neurological function) that were significant (P < 0.15) in the univariate analysis were included in multivariate logistic regression with backward stepwise analysis. The patients’ 1-year survival was modeled using the Kaplan–Meier method and tested using the log-rank test and Cox regression. Statistical significance was set at P < 0.05 and statistical significance was set at 0.10 > P > 0.05. All statistical analyses were performed using MedCalc (version 17.8.6; MedCalc Software, Ostend,
Belgium). All statistical analyses were reviewed by a specialist (J.W.L) blinded to the present study design.

Results

A total of 502 adult ECPR patients during the study period was retrieved from a prospectively collected database and retrospectively analyzed. Among the patients, 115 patients were suspected with acute coronary syndrome and underwent emergency coronary angiography study. After excluding the patients who did not receive revascularization procedure (13), with patent coronary arteries (7), or with incomplete angiography data (5), 90 patients were included in the present study (Fig. 1). Among those patients, 39 received successful PCI to achieve CR, 26 received PCI to achieve IR, 9 received emergent CABG following primary PCI with TIMI 2 flow in target-vessel, 16 received CABG without PCI. Among the 25 patients who received CABG, 19 and 6 achieved CR and IR, respectively. Therefore, 58 patients of CR and 32 patients of IR were included into the analysis. The number of patients achieving CR increased gradually from 2006 to 2016 (22, 30, and 38 patients in 2006–2009, 2010–2013, and 2014–2016, respectively), and the percentage of CR also increased in consecutive periods (40.9%, 70.0%, and 73.7%, respectively, P = 0.028). (Supplement Fig. 1).

The demographic data of both study groups are presented in Table 1. In brief, most demographic data are comparable between IR and CR groups except the extent of coronary artery involvement. The number of ischemic territories was higher in IR group (2.7 ± 0.5) than that in CR group (1.9 ± 0.9) (P = 0.001). Regarding the intervention strategy, 69.0% of IR and 81.2% of CR received PCI (P = 0.210), and 18.8% of IR and 32.8% of CR received CABG (P = 0.158.) The average graft number for CABG cases (25) was 3.0 ± 0.8.

The safety endpoints among the different study groups are listed in Table 2. The incidence of infection, limb ischemia needing fasciotomy or amputation, renal failure needing mechanical renal replacement therapy, brain anoxia, stroke (ischemic or hemorrhagic), and bleeding are all comparable among the three groups. This finding indicates that CR group, even with more CABG procedure than IR group, is not associated with increased risk of peri-procedural morbidity. It is noteworthy that ischemic stroke rate is higher in CR group (12.1%) as compared with IR group (3.1%), even though which does not achieve statistical significance (P = 0.156.)
### Table 2
ECPR outcome

| Safety endpoints                  | IR group (32) | CR group (58) | p value  |
|----------------------------------|---------------|---------------|----------|
| Infection-all                    | 10 (31.2%)    | 17 (29.3%)    | 0.848    |
| Infection-wound                  | 1 (3.1%)      | 5 (8.6%)      | 0.320    |
| Infection-pneumonia              | 3 (9.4%)      | 8 (13.8%)     | 0.542    |
| Infection-bacteremia             | 6 (18.8%)     | 6 (10.3%)     | 0.264    |
| Limb ischemia                    | 2 (6.2%)      | 5 (8.6%)      | 0.689    |
| MRRT                             | 13 (40.6%)    | 20 (34.5%)    | 0.565    |
| Brain anoxia                     | 12 (37.5%)    | 19 (32.8%)    | 0.652    |
| CVA ischemic                     | 1 (3.1%)      | 7 (12.1%)     | 0.156    |
| CVA hemorrhagic                  | 0 (0.0%)      | 1 (1.7%)      | 0.458    |
| Bleeding                         | 5 (15.6%)     | 13 (22.4%)    | 0.443    |

**Hospital outcome**

| Outcome                        | IR group (32) | CR group (58) | p value |
|--------------------------------|---------------|---------------|---------|
| ECMO days                      | 4.1±3.7       | 4.1±3.0       | 0.989   |
| Ventilator days                | 12.9±15.9     | 12.1±14.7     | 0.807   |
| ICU days                       | 13.6±17.0     | 12.8±13.1     | 0.802   |
| Hospitalization days           | 20.3±27.3     | 21.1±22.7     | 0.785   |
| Weaned off ECMO                | 14 (43.7%)    | 36 (62.1%)    | 0.096*  |
| Weaned off ECMO without VAD or HTX | 14 (43.7%) | 35 (60.3%) | 0.132  |
| Hospital survival at discharge | 9 (28.1%)     | 28 (48.3%)    | 0.064*  |
| Favorable neurological outcome (CPC 1, 2) at discharge | 7 (21.9%) | 22 (37.9%) | 0.121  |
| LVEF at hospital discharge (%) | 44.3±7.6      | 48.2±13.0     | 0.416   |

CPC: Cerebral performance category, HTX: heart transplantation, LVEF: left ventricular ejection fraction, MRRT: mechanical renal replacement therapy, VAD: ventricular assist device.

* denotes a trend of statistical significance. ** denotes statistical significance.

Hospital outcomes are also summarized in Table 2. In brief, ECMO days, ventilator days, days of intensive care unit, and hospitalization days were comparable among both groups. One patient received ventricular
assist device (VAD) support and another one received heart transplantation (HTX). The rate of successful wean-off of ECMO without VAD or HTX was higher in the CR (60.3%) than that in IR (43.7%) but not attain statistical significance (P = 0.132). Hospital survival is also marginally higher in CR (48.3%) than that in IR (28.1%) (P = 0.064). Favorable neurological outcome at hospital discharge (CPC 1, 2) was also higher in CR group (37.9%) than in IR group (21.9%), but it does not achieve statistic significance (P = 0.121) (Table 2).

Logistic regression analysis of favorable neurological outcome at hospital discharge is presented in Table 3. The univariate logistic regression analysis revealed that only age is a potentially significant factor (odds ratio [OR] for every 10-year increase in age is 0.66, P = 0.078). The low-flow duration, CABG, or CR are not shown as significant risk factors. Multivariate logistic regression is not performed because only one factor (age) is found by univariate logistic regression analysis.

Table 3
Logistic regression analysis for hospital survival with favorable neurological functions (CPC 1, 2).

|                        | Univariate analysis | Multivariate analysis |
|------------------------|---------------------|-----------------------|
|                        | OR (95% CI)         | P                     | OR (95% CI)         | P         |
| Female gender          | 1.06 (0.18–6.12)    | 0.952                 |                      |           |
| Age (+ 10 years)       | 0.66 (0.41–1.05)    | 0.078*                | 0.66 (0.41–1.05)    | 0.078     |
| CCI                    | 1.00 (0.77–1.30)    | 0.992                 |                      |           |
| EuroScore II           | 0.16 (0.00-6.17)    | 0.323                 |                      |           |
| Low-flow duration (+ 10 min) | 0.83 (0.65–1.07) | 0.148                 |                      |           |
| OHCA                   | 0.51 (0.20–1.27)    | 0.149                 |                      |           |
| Initial shockable rhythm (VT, VF) | 0.61 (0.22–1.65) | 0.327                 |                      |           |
| Initial ischemic regions | 0.79 (0.46–1.35)  | 0.394                 |                      |           |
| CABG                   | 0.99 (0.37–2.65)    | 0.978                 |                      |           |
| IABP                   | 2.04 (0.74–5.69)    | 0.170                 |                      |           |
| Complete Revascularization (CR vs. IR) | 1.82 (0.70–4.77) | 0.221                 |                      |           |

Variables with P < 0.15 by univariate analysis (marked with an asterisk) were included in multivariate analysis. The multivariate logistic regression analysis was set with entry and removal P values of 0.10 and 0.15, respectively.

In 1-year follow-up of the hospital survivors, mortality was recorded in four cases, all attributable to cardiac causes (one in IR and three in CR groups.) Morbidity was recorded as following: two patients received PCI (one each in IR and CR groups), one received CABG (in the IR group), and one had stroke (in IR group). In total, six cases with MACCE in 1-year follow-up period (three in IR and three in CR groups.)
Kaplan–Meier survival analysis for 1-year freedom from MACCE probability for both study groups are illustrated in Fig. 2, revealing marginally higher probability in CR group than in IR groups (42.4% for CR; 24.6% for IR, P = 0.051). Taking only hospital survivors into consideration, the freedom from MACCE probability at 1-year is comparable between CR group (87.5%) and IR group (67.5%) (P = 0.162.)

Cox regression analysis for 1-year MACCE probability for all study patients is presented in Table 4. Univariate analysis revealed that age, Euroscore II, low-flow duration, initial shockable rhythm, CAD number, and CR were potential significant factors. In multivariate analysis, only age, low-flow duration, initial shockable rhythm, and CR were revealed as significant factors (hazard ratios: 1.37 for every 10-year increase in age, 1.23 every 10-minute increase in low-flow duration, 0.53 for initial shockable rhythm, and 0.53 for CR; P = 0.002, 0.027, 0.027, and 0.020, respectively).

|                | Univariate analysis | Multivariate analysis |
|----------------|--------------------|-----------------------|
|                | HR (95% CI)        | P         | HR (95% CI)        | P         |
| Female gender  | 1.03 (0.37–2.85)   | 0.954     | —                  | —         |
| Age (+10 years)| 1.38 (1.08–1.76)   | 0.012**   | 1.37 (1.05–1.79)   | 0.022**   |
| CCI            | 1.08 (0.94–1.24)   | 0.302     | —                  | —         |
| EuroScore II   | 6.51 (1.11–38.2)   | 0.046**   | —                  | N.S.      |
| Low-flow duration (+10 min) | 1.20 (1.05–1.38) | 0.008** | 1.23 (1.08–1.42) | 0.002** |
| OHCA           | 0.95 (0.57–1.59)   | 0.844     | —                  | —         |
| Initial shockable rhythm (VT, VF) | 0.60 (0.35–1.02) | 0.064*  | 0.53 (0.31–0.93)   | 0.027**   |
| CAD numbers    | 1.36 (0.99–1.87)   | 0.053**   | —                  | N.S.      |
| CABG           | 1.04 (0.60–1.82)   | 0.880     | —                  | —         |
| IABP           | 1.44 (0.75–2.77)   | 0.261     | —                  | —         |
| CR vs. IR      | 0.61 (0.37–1.02)   | 0.066*    | 0.53 (0.31–0.91)   | 0.020**   |

Variables with P < 0.10 by univariate analysis (marked with asterisk) were put to multivariate analysis. The multivariate logistic regression analysis was set with entry and removal P values of 0.10 and 0.15, respectively. NS: nonsignificant, HR: hazard ratio

Discussion

The present study is the largest series focusing on the impact of revascularization strategy for AMI patients complicated with cardiac arrest under ECMO support. The results indicated that CR patients is associated with insignificantly higher rate of favorable neurological outcomes at hospital discharge, and
lower MACCE probabilities at 1-year follow-up than IR patients. The results might contribute to the
decision-making in revascularization strategy in this extremely critical condition.

AMI complicated with cardiogenic shock is a highly emergent condition needing immediate decision to
support the critical hemodynamics and protect the jeopardized myocardium.(9),(10) Data from IABP-
SHOCK II trial revealed a 30-day mortality of 43.6% in patients with AMI complicated by cardiogenic
shock with or without IABP support.(11) Several studies have advocated ECMO use during primary PCI
for AMI with cardiogenic shock.(12),(13) Studies have also advocated primary PCI for patients with AMI
after ECMO use to improve hospital survival rates.(14) The mortality reported in the present study was
considerably higher than that reported in the SHOCK I or IABP-SHOCK II trials because the present study
group comprised a relatively severe patients in dying condition. However, the present study outcomes
were comparable with those of our previous studies on ECPR.(4)−(6)

Previous study(15) had reported a systemic approach to OHCA patients, including ECMO initiation and
immediate coronary angiography in patients with presumed ischemic etiology increased the rate of
favorable neurological outcomes at hospital discharge from 3.3% in 2009 to 8.5% in 2013. However, the
types of coronary revascularization in that study was not reported in detail. Other studies have suggested
infarct-related PCI (e.g., HORIZONS-AMI study,(16) APEX-AMI trial(17)) in patients with AMI without
cardiogenic shock, whereas others have suggested multivessel PCI (e.g., SWISSI II trial(18) and HELP-
AMI(19)). The CULPRIT-SHOCK trial demonstrated that in patients with AMI complicated by cardiogenic
shock, immediate culprit-lesion–only PCI had better clinical outcomes than immediate multivessel PCI in
patients with AMI and cardiogenic shock.(20),(21) However, the CULPRIT-SHOCK trial did not include
patients with prolonged resuscitation.(20) The results of a 1-year follow-up study of the CULPRIT-SHOCK
trial(21) showed that although the mortality rates did not differ significantly between the culprit-lesion–
only and multivessel PCI groups, the incidence of rehospitalization and repeated intervention was
considerably higher in the culprit-lesion–only PCI group than in the multivessel PCI group during the
follow-up. This finding indicates that for patients with AMI without intractable cardiogenic shock, the
benefit of solving all residual myocardial ischemic burdens does not outweigh the risk of the procedure,
but it needs to be treated during the follow-up period. Theoretically, the presence of silent myocardial
ischemic burden is associated with a negative effect on long-term outcome. 21–23 The necessity to treat
residual myocardial ischemic burden is supported by other meta-analysis,(22) in which during primary
PCI in patients with AMI without cardiogenic shock, CR was associated with a significantly lower total
mortality and MI risk during follow-up than PR was. In addition, a post hoc analysis of the IABP-SHOCK II
trial(23) indicated that the presence of chronic total occlusion in a non–infarction-related vessel is
associated with an increased ventricular arrhythmia incidence and mortality at 12-month follow-up after
index AMI. However, whether non–infarct-related myocardial ischemic burden needs to be immediately
treated in detrimental AMI complicated with cardiac arrest needing ECMO support is unanswered in those
studies. From the results of the present study, considering that CR did not increase the early mortality in
this group, we suggest CR for the patients to achieve the best chance of hospital survival with favorable
neurological status and high 1-year freedom from MACCE probability.
Regarding the procedural risk and complications, data of the present study indicate that CR group, even with more CABG procedure than IR group, is not associated with increased risk of peri-procedural morbidity. It is noteworthy that ischemic stroke rate is higher in CR group (12.1%) as compared with IR group (3.1%), even though which does not achieve statistical significance (P = 0.156.) Considering that emergency more CABG was performed in CR group with ECMO support as compared with IR group, and using saphenous vein grafts in most cases, the high incidence of ischemic stroke might be explained by inadequate cardiac support by ECMO during exposure of the posterior ventricle in the CABG operation, and embolization during side-clamping of the ascending aorta during anastomosis of the proximal vein grafts. In addition, early studies indicates that the incidence of postoperative pneumonia was also higher in CABG patients as compared with other types of operation.(24, 25) This high incidence of post-CABG pneumonia can be explained by prolonged pump time, excessive blood transfusion, prolonged ICU stay, and limited motility due to IABP and ECMO use, all of which are associated with risk factors for postoperative pneumonia.(24)

Low-flow duration has generally been recognized as a significant risk factor for neurological outcome(7) (26, 27) (8) but not in the present study. The possible explanation is a relatively short low-flow duration (42.4 ± 19.1 min) in the present study. Compared with several studies focusing on ECPR for patients with satisfactory clinical outcomes,(1, 28) the median low-flow duration for the survivor group was similar at 40 min. By the satisfactory hospital survival rates from both the CHEER trial (53.8%) and present study (38.8%), we suggest that special CPR efforts are worthy for cardiac arrest patients with presenting symptoms or initial EKG suspecting AMI as the triggering cause.

Regarding IABP use or not in AMI with shock, our results reconfirmed the neutral effect of IABP in the IABP-SHOCK II trial.(10)(11) The multivariate logical regression analysis in the present study did not demonstrate the beneficial effect of IABP on hospital survival rate, in accordance with previous studies’ findings.(29)

Limitations

Therapeutic hypothermia was not routinely applied in the patients because ECMO systemic hypothermia is not a routine procedure in our institute. Whether therapeutic hypothermia is beneficial to neurological outcome for patients with cardiac arrest remains controversial and is under investigation.(1)(30)−(31) Several strategies for systemic or local hypothermia, such as cerebral selective deep hypothermia after ECPR(32) are under currently investigation in our institute.

EKG was not obtainable for all patients during the ECPR condition to clearly define ST-elevation MI (STEMI) or non-STEMI. However, according to their severity and emergency, the treatment protocol was based on the guideline for STEMI.

The present study was not a randomized trial. However, the decision of revascularization strategy was made by a joint discussion between on-duty cardiologists and cardiac surgeons. It may be considered as
real-world data reflecting the true clinical scenario.

Conclusion

For AMI patients complicated with cardiac arrest supported with ECMO, CR, as compared with IR, had similar outcome in one-year MACCE outcomes. Therefore, we suggest culprit strategy may be acceptable for these severe AMI patients under ECMO support in the point of saving procedure duration.

Declarations

Funding

The study was partially supported by the grant from 106-2314-B-002 -234 -MY3, 102-2325-B-009, Ministry of Science and Technology, Taiwan.

Competing interest

Chen YS was a receipt of the grant of 106-2314-B-002 -234 -MY3, 102-2325-B-009, Ministry of Science and Technology, Taiwan.

The other authors (Yu HY, Wang CH, Lin LY, Lin JW, Chi NH, Wang YC, Chou HW, Chou NK, Hwang JJ) received no financial support for the research, authorship, and/or publication of this article.

Ethical Approval and consent to participate

All demographic and clinical data were prospectively collected and systemically reviewed under institutional approval (NTUH-9561707007.) The present study was approved by the review board of our institute (NTUH 201810079 RIN).

Consent for publication

All authors have read and agreed to publish the manuscript and the data

Availability of supporting data

The supplement information was submitted, and please refer to the supplement.

Authors’ contribution

Concept formation: Yu HY, Chen YS

Data collection: Wang CH, Chi NH, Wang YC, Chou HW, Chou NK,

Manuscript writing: Yu HY, Wang YC, Chou NK
Acknowledgement

The study was partially supported by the research fund of the Ministry of Science and Technology, Taiwan (MOST 106-2314-B-002-154-MY3 and MOST 106-2314-B-002-234-MY3).

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Figures
115 AMI ECPR receiving angiography study

5 missing angiography data

7 Patent coronary arteries

103 coronary artery Disease

Culprit lesion
LM : 9
LAD : 52
LCX : 10
RCA : 25
CAD-3 : 7

39 PCI CR

35 PCI IR

29 no PCI

26 IR

9 CABG

16 CABG

13 no revascularization

25 CABG

10 CABG CR

2 CABG IR
Figure 1

Flowchart of the study patient. Legend: CABG: coronary artery bypass surgery, CR: complete revascularization, ECPR: extracorporeal cardiopulmonary resuscitation, IR: incomplete revascularization, LAD: left anterior descending, LCX: left circumflex, LM: left main, RCA: right coronary artery.
(A) Freedom for MACCE

P = 0.051

Follow-up months

IR
32
10
7
7
7
7
6
0

TR
58
25
23
23
23
21
0

(B) Freedom from MACCE

P = 0.162

Follow-up months

IR

TR
Figure 2

Kaplan–Meier survival analysis for 1-year freedom from MACCE probability for all study patients (A) and for hospital survivors (B). CR: complete revascularization, IR: incomplete revascularization. MACCE is defined by a composite event of cardiac death, myocardial infarction, revascularization, or stroke.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- SupplementTable1.docx