**ABSTRACT**

The exstrophy-epispadias complex is a rare and difficult to treat condition, whose best management involves the participation of multidisciplinary teams. Because those patients’ penis is short, with a broad basis and, usually, with dorsal chordee, there is an important demand to improve its esthetical appearance and to enlarge it. We present the case of a patient who underwent the construction of an abdominal wall flap that considerably improved the penile appearance and enlarged it by approximately 4 cm.

**Key Words:** Bladder exstrophy; epispadias; cosmetic appearance; abdominal flap.
appendicovesicostomy (Mitrofanoff procedure), bilateral ureteral reimplantation, Mitchell procedure on the bladder neck and construction of a “Sling” by using a rectus abdominis flap. Having failed to become continent, at age 15 he underwent closure of the bladder neck. Socially well adjusted, he constantly requested a surgical intervention for penile enlargement. In February 2017 he underwent the first stage of the penile plastic surgery, as described below.

**Technique**

Full mobilization of both corporal bodies, and use of a long triangular skin flap whose base is located on the hypogastric portion of the abdomen. The penis was “degloved” of its skin by means of an incision in the transition between the penile mucosa and skin. The incision was closed and the penis with the mobilized corporal bodies was transferred to the abdomen and covered with the triangular flap in its ventral face and involved in the abdominal skin in its dorsal face. Six months later the penis was separated from the abdomen (Fig. 1,2,3). Currently he is well, having gained more than 4 cm in penile body length (Fig. 3).

**Fig. 1.** Construction of a lower base triangle flap the abdominal wall.

**Fig. 2.** Ventral face of the penis covered with the triangle flap and penis “enveloped” on the abdominal wall.
Discussion

EEC is a malformation that involves alterations in the lower abdominal wall, pelvic floor, bladder, urethra, external genital organs and hip [4]. Alterations in the innervation, collagen tissue and smooth muscles of the bladder wall have also been reported [5]. The standard treatment involves a staged approach, with a bilateral osteotomy of the iliac bones in the first 48 hours of life, if possible [1,5]. Those children present, at pubertal age, hypertrophic scars and boys almost always have a broad base penis, short in length due to shorter corporal bodies and, usually, rotated and with a relevant dorsal curvature [6]. If a longer size of the penis is to be obtained, the corporal bodies must be broadly and completely mobilized, which usually implies absence of an adequate skin cover, thus preventing the penis from again “sinking” into the pubic fat.

Different techniques have been proposed to cover the penile body all of which using either local or scrotal skin flaps or grafts [2,7,8,9]. They are used at the time of the first intervention and in our case the technique proposed by Mitchell [3] had been used. In many cases, however, the lack of skin support may lead, in the long term, the corporal bodies to “drop” and again be “buried” within the pubic fat.

We proposed the use of a triangular abdominal flap that raises the previously mobilized corporal bodies and that serves to cover the ventral face of the penis. To cover the dorsal face of the penis we constructed an abdominal wall flap that “holds” the penis elevated and keeps it richly irrigated. Our patient had an abdominal skin scar in the central area, which did not prevent us from using it. Six months later the penis is separated from the abdomen, allowing for a gain that may come to 4 cm in length.

There is still much to learn about the best way to correct external genital organs of males with EEC and the construction of such abdominal wall flap may represent a small however important collaboration for the final esthetic outcome.

Compliance with ethical statements

Conflicts of Interest: None.
Financial disclosure: None.
Consent: All photos were taken with parental consent.

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