Treatment of *Staphylococcus aureus* skin infection \textit{in vivo} using rifampicin loaded lipid nanoparticles

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We have previously reported on a novel nanoparticle formulation that was effective at killing *Staphylococcus aureus* \textit{in vitro}. Here, we report for the first time, the antibacterial effects of a lipidic nano-carrier containing rifampicin (NanoRIF) which can be used to successfully treat Methicillin-Resistant *S. aureus* (MRSA) infection at a reduced antibiotic dosage compared to the free drug in a skin wound model in mice. The formulation used contains the lipid monoolein, a cationic lipid N-[1-(2,3-dioleoyloxy)propyl]-N,N,N-trimethylammonium methyl-sulfate (DOTAP) and the antibiotic. We have shown that rifampicin-loaded nanoparticles are more effective at treating infection in the skin wound model than the antibiotic alone. Cryo-TEM was used to capture for the first time, interactions of the formed nanoparticles with the cell wall of an individual bacterium. Our data strongly indicate enhanced binding of these charged nanoparticles with the negatively charged bacterial membrane. The efficacy we have now observed \textit{in vivo} is of significant importance for the continued development of nanomedicine-based strategies to combat antibiotic resistant bacterial skin infections.

1. Introduction

Developing new delivery vehicles and compounds to aid in the treatment of antibiotic resistant bacterial infections is a global public health challenge of growing urgency.\textsuperscript{1} The misuse of antibiotics has resulted in the emergence of Multi-Drug Resistant (MDR) bacteria.\textsuperscript{2} It is becoming increasingly common for bacteria to gain MDR across different classes of antibiotics.\textsuperscript{3–7} Therefore, it is important that the research community contribute to the development of more effective therapies to treat MDR bacterial infections, including Methicillin-Resistant *Staphylococcus aureus* (MRSA), a common cause of skin and other infections, which can be fatal.\textsuperscript{9–15}

The use of nanoparticles that encapsulate antibiotics shows great promise, potentially improving the efficacy of currently available compounds whilst reducing the risk of overuse leading to MDR bacteria.\textsuperscript{16–21} The advantages of these nanoparticles include the fact that they may preferentially accumulate at infected sites due to poorly built neovascularization in diseased tissues which is commonly referred to as the enhanced permeability and retention (EPR) effect.\textsuperscript{22,23} The EPR effect was first observed in solid tumours where macromolecules and nanoparticles tend to accumulate in large quantities due to their increased vascular permeability and reduced lymphatic drainage. This discovery has resulted in a paradigm shift in anti-cancer drug design, including a strong rationale for using nanoparticle-based delivery vehicles. Several studies have shown that the EPR effect is not limited to solid tumours and has been observed in bacterial infections\textsuperscript{1,24–26} Azzopardi \textit{et al.} provide an excellent review summarising the enhanced permeability and retention effect for drug targeting infection.\textsuperscript{21} There are a number of possible shared pathophysiological pathways in infection and cancer and a new class of novel nanomedicines which have been termed ‘Nanoantibiotics’,\textsuperscript{27} are showing promise in passive accumulation at infected sites \textit{in vivo}\.\textsuperscript{18} Sikkink \textit{et al.} have shown enhanced uptake of radio-labelled PEG-coated liposomes in intra-abdominal abscesses which could be rationalised by the presence of an EPR effect from the infection and selective accumulation of the nanoparticles at the site of infection.\textsuperscript{28} Similar to the hyper-vasculature found in solid tumours, inflammation and infection may be associated with angiogenesis and high vascular density.\textsuperscript{29} The nanoparticles are believed to be retained at the infected site by phagocytic cells such as macrophages.\textsuperscript{30} The similarity between cancer and infection may also be a dysfunctional lymphatic system, an essential characteristic of the EPR phenomenon in cancer. It has been proposed that increased interstitial pressure and tissue destruction due to infection may be causes for reduced lymphatic drainage.\textsuperscript{31} Following on from an initial infection, vasodilation rapidly occurs which results in wound site swelling and angiogenesis which may aid in the retention of macromolecules and...
nanoparticles at wound sites. The EPR effect has also been shown to reduce side effects and enable greater concentrations of antibiotics to be administered to infected patients. Other benefits with the use of nanoparticles include their ability to be designed to enhance their interaction with bacterial cell walls through various protein and antibody-ligand bindings or via electrostatic forces.  

A particularly interesting class of potential antibiotic nano-carriers is based on self-assembled lyotropic liquid crystalline lipid materials which display unique internal nanostructures. Under physiological conditions, the bulk lipid can form nano-porous mesophase structures including lamellar, inverse bicontinuous cubic, hexagonal, and sponge phases. The lipid used in this study (monoolein) is a lyotropic liquid crystal forming bulk lipid. The mesophases (lamellar, cubic, hexagonal, sponge) are normally referred to as the structure which arises from the bulk lipid which is used to form them. When the bulk lipid is dispersed into nanoparticles, they form colloids (liposomes, cubosomes, hexosomes, and nano sponges). The lipid nanoparticles in this study are defined as lyotropic liquid crystalline nanoparticles which are colloidally and thermodynamically stable nanoparticles. The lipid bilayers of a bicontinuous cubic phase for example, can be described by a mathematical structure of infinite periodic minimal surfaces (IPMS), which have zero mean curvature. The mesophase structure of bicontinuous cubic phases have been reviewed previously together with other mesophases formed by lyotropic liquid crystalline materials. In terms of the production and characterisation of mesophase nanoparticles, Demurtas et al. performed a very interesting study using tomographic-cryo-TEM to elucidate the structure of bicontinuous cubic phases in cubosomes. After the creation of a colloidally stable dispersion through the use of a stabiliser, nanoparticles of liposomes, cubosomes, hexosomes, and nano sponges can be produced. The commonly used pluronic stabiliser, F127, is amphiphilic and interacts with the lipid bilayer to provide colloidal stabilisation to the cubosomes used in this work. As these nanomaterials are amphiphilic they can be used to encapsulate both hydrophilic and hydrophobic compounds.

Nanomedicine based formulations utilising liposomes are most commonly used in cancer therapies. It has been shown however that for some applications the use of cubosomes, hexosomes and nano sponges with more complex internal nanostructures may be advantageous. The significantly larger interfacial surface areas in these mesophases can enable a greater concentration of drug molecules to be incorporated and the release rates may also be modulated. Through the bioconjugation of targeting proteins, cubosomes for example, have been shown to be more effective than liposomes in some applications. Due to these potential benefits a number of non-lamellar self-assembled lipid nanoparticles are currently under investigation as drug delivery platforms for various compounds including cancer drugs, antimicrobial peptides and proteins.

In this study, we have used our previously optimised and reported non-lamellar lipid nanoparticles formed with monoolein (MO) and stabilised with Pluronic F127 as the bulk carrier. is a biocompatible lipid, extensively studied for use in drug delivery applications. Positively charged lipid nanoparticles (NanoRIF), which consisted of MO and cationic lipid DOTAP, were used to encapsulate the antibiotic rifampicin (Rif). The positive charge of DOTAP is believed to improve the interaction of the nanoparticles with bacterial membranes, thereby enhancing the effectiveness of the antibiotic. Rif is a poorly soluble antibiotic used to treat infections including Staphylococcus aureus, MRSA, and Mycobacterium tuberculosis. In some patients, Rif can display a number of side effects including fever, hepatotoxicity, gastrointestinal irritation, and adverse immune responses. Its poor water solubility and side effects make this drug an ideal candidate for incorporating in a nano formulation. Prior research has shown that Rif-loaded liposomes display anti-biofilm activity against Staphylococcus epidermidis in vitro. Other researchers have shown an improvement in the antibacterial effect of Rif-loaded solid lipid nanoparticles compared to free Rif in vitro. Few studies have reported results with data conducted using in vivo experiments and none using lyotropic liquid crystal forming lipids. In our study, the NanoRIF formulation was tested against MRSA in vitro and in vivo in an infected wound model in mice. For the first time, we have also investigated the interactions of non-lamellar lipid nanoparticles with S. aureus using cryogenic transmission electron microscopy (cryo-TEM) showing strong interactions between the nanoparticles and the bacteria.

2. Materials and methods

2.1 Materials

MO was obtained from Nu-chek Prep Inc., (MN, USA) with purity >99%. 1,2-Di-oleyl-3 trimethyl-ammonium-propane (DOTAP) (purity > 99%) was purchased from Avanti Polar Lipids, (AL, USA). Pluronic F127 and Rif (purity > 97%) were purchased from Sigma Aldrich (MO, USA) and used as received. The structures of MO, Rif, DOTAP and a schematic representation of the lipid mesophase nanoparticle structure formed by mixing these components is presented in Fig. 1.

2.2 Lipid nanoparticle formulation

MO and DOTAP solutions were prepared separately in ethanol while Rif was dissolved in chloroform. Rif and DOTAP weights were prepared at 10% and 5% of total lipid weight respectively (NanoRIF). Mixtures of MO with 10% Rif (MO-RIF) and MO with 5% DOTAP (MO-DOTAP) were also prepared for comparison. Solvents were then evaporated overnight using a centrifugal evaporator (GeneVac EZ-2, NSW, Australia) or a high speed evaporating system (CombiDancer, NSW, Australia). Pluronic F127 solutions (500 µL) in Milli-Q water were added to the lipid mixtures. The Pluronic F127 weight was kept at 10 wt% of lipid throughout the study. Mixtures were then sonicated by using a multi-probe high throughput sonicator (QSonica Q700, Newtown, CT, USA) at 30% amplitude, with a 5 s on, 5 s-off mode for a total of 3 min. The plate was then sealed, and the resultant dispersions were kept at room temperature for further
examination. The composition of each sample is summarised in Table 1. Throughout the study, the nanoparticle concentration refers to the concentration of lipid, which included MO and/or DOTAP.

2.3 Nanoparticle characterisation

2.3.1 Cryogenic transmission electron microscopy (Cryo-TEM). Cryo-TEM was used to visualize the formed nanoparticles. Copper grids (200 mesh) coated with perforated carbon film (Lacy carbon film: ProSciTech, Qld, Australia) were glow discharged for 60 seconds in a Pelco easiGlow (Ted Pella, USA) to render them hydrophilic and then placed in a laboratory-built humidity-controlled vitrification system. The dispersions were aspirated several times to ensure good mixing, then a droplet was placed onto the grids which were gently blotted by filter paper for approximately 3 s and then immediately plunged into liquid ethane cooled by liquid nitrogen. The samples were examined using a Gatan 626 cryoholder (Gatan, Pleasanton, CA, USA) and Tecnai 12 Transmission Electron Microscope (FEI, Eindhoven, The Netherlands) at an operating voltage of 120 kV, beam dose was kept below 10 electrons per \( \AA^2 \). Images were recorded using a FEI Eagle 4k \( \times \) 4k CCD camera at magnification ranging from 15 000 to 42 000.

2.3.2 Dynamic light scattering (DLS). Nanoparticle hydrodynamic diameters and the particle size distribution (polydispersity index – PdI) were measured by DLS using DynaPro Plate Reader (Wyatt Technology Co., Santa Barbara, CA, USA). For this, nanoparticles were diluted to 0.5 mg mL\(^{-1}\). Samples were analysed with Dynamics software at 25 °C using a refractive index of 1.33. Milli-Q Water (18.2 M\( \Omega \)) was used as the

| Sample code     | MO (mg) | Rif (mg) | DOTAP (mg) | Pluronic F127 (mg) |
|-----------------|---------|----------|------------|--------------------|
| MO              | 10      | 0        | 0          | 1                  |
| MO-RIF          | 10      | 1        | 0          | 1                  |
| MO-DOTAP        | 9.5     | 0        | 0.5        | 1                  |
| MO-DOTAP-RIF (NanoRIF) | 9.5     | 1        | 0.5        | 1                  |
solvent to calculate the hydrodynamic sizes of the nanoparticles. TriPLICATE measurements with a minimum of 5 runs were performed.

2.4 Bacterial characterisation

2.4.1 Bacterial minimum inhibitory concentration (MIC) assay. An inoculum of S. aureus MRSA strain (ATCC1698) was prepared by transferring a colony directly from a nutrient agar plate into 10 mL of Tryptic Soy Broth (TSB) bacterial growth media, and grown overnight at 37 °C. The density of the bacteria was measured and adjusted to approximately \(1 \times 10^8\) cfu mL\(^{-1}\) (colony forming units per mL) with an OD\(_{600}\) value of approximately 1. The bacterial suspension was then diluted to \(1 \times 10^5\) cfu mL\(^{-1}\) in TSB media. Serial two-fold dilutions of the lipid nanoparticles in Milli-Q water were prepared to obtain the desired concentration range. An aliquot of 50 µL of the nanoparticle solution was added into each well of a sterile Nuclon® 96-well plate containing 50 µL of the bacterial suspension in triplicate. Positive controls contained only an aliquot of the bacterial suspension and Milli-Q water (growth control) and negative control wells contained TSB medium and the nanoparticles. The plates were incubated at 37 °C for 24 h while under constant shaking at 75 rpm.

The MIC was defined as the lowest concentration of the sample that completely inhibited the growth of the bacteria. In this study, to determine MIC, absorbance measurements were made with a 96-well plate reader (Wallac 1420, PerkinElmer) after 0 h and 24 h. The value at 0 h was subtracted from the value at 24 h in order to correct for background. The experiments were performed three times and the data was reported as mean ± standard deviation.

2.4.2 Mouse model of S. aureus infected surgical wound. The S. aureus MRSA strain (ATCC1698) was cultured at 37 °C on brain heart infusion (BHI) agar plates, or in BHI broth (Oxoid, UK). The number of bacteria was determined by measuring the optical density at 590 nm of an overnight culture, where OD 1.0 was previously determined to equivalent to 10\(^9\) cfu per mL.

Female 8–10 week-old C57BL/6 mice (ARC, Perth, Australia) were housed in IVC cages under SPF conditions. Food and water were available ad libitum. All experiments were performed with the approval of the RMIT Animal Ethics committee (approval numbers 1728 and 1817).

For surgery, mice were induced and maintained under anaesthesia with inhaled isoflurane. The surgical site on the dorsal area was shaved and disinfected with 70% ethanol. After site preparation, Bupivacaine (0.25%) was injected subcutaneously in a line block for local anaesthesia. A 10 mm incision was made in the dorsal skin, and a subcutaneous pocket approx. 10 mm long was formed using scissors tip. Ten 10 µL of a suspension \(10^8\) S. aureus, or sterile saline was pipetted into the base of the subcutaneous pocket and the wound was closed with either sutures (Ethibond 6.0, Ethicon US LLC) or a stainless-steel staple (Reflex 7, Cell Point Scientific, Gaithersburg, MD). After wound closure, NanoRIF, Rifampicin alone (RIF), MO-DOTAP, DOTAP alone or sterile saline as a control were injected subcutaneously into the wound site. Mice were housed individually after surgery. Mice were weighed before surgery, and daily until day 5. Assessment of health status was made twice daily and clinical scores were recorded using the scoring system shown in Table 2.

Mice were killed on day 1 and 5, after euthanasia, 10 mm\(^2\) skin including the wound site was dissected away, and half was used for determination of S. aureus colonisation, histology or FACS analysis as required. For determination of S. aureus colonisation, skin was collected into pre-weighted tubes containing 2 mL BHI. Tissue was homogenised and 100 µL was plated out onto selective BHI agar containing \([1.5 \mu g mL^{-1}\text{ Oxacillin}, 12.5 \mu g mL^{-1}\text{ Ampicillin, 2 µg mL}^{-1}\text{ Polymixin B}]\). Colonies were counted after 24 hours at 37 °C and data are expressed as cfu g\(^{-1}\) skin.

2.4.3 Flow cytometry. For flow cytometry analysis skin was collected into ice cold DMEM medium (Gibco BRL) containing 2% FCS. Lymphocytes were isolated from skin using collagenase/dispsase treatment as described in. After blocking Fc receptor sites, cell suspensions were stained with ZombiAqua (Biolegend), and then with a cocktail of surface markers: CD45, CD3, CD4, CD8, CD11b, Ly6G (all from Biolegend), Single-stained cytometric beads were used as compensation controls and labelled non-specific isofrom control antibodies as negative controls (Biolegend). Stained were cells were washed and acquired using a FACScanto II with FACSdiva (Becton Dickinson), analysis was performed using FlowJo software (V10.4.3, FlowJo Treestar, LLC). Cells were gated to exclude dead cells and aggregates, and gating was applied to detect lymphocytes based on FSC ad SSC characteristics. Inflamatory cell populations were defined as follows: neutrophils (CD45\(^+\), CD3\(^-\), CD11b\(^+\), Ly6G\(^+\)), macrophages (CD45\(^+\), CD3\(^-\), CD11b\(^-\)), CD4\(^+\) T cells (CD45\(^+\), CD3\(^+\), CD4\(^+\)).

Statistical analysis was performed using GraphPad Prism (V8.0.1, GraphPad Software Inc.). Datasets were tested for normality (D’Agostino & Pearson test), and because data for

| Table 2 | Criteria used to determine clinical scores in mice with S. aureus infected surgical wounds. Mice with scored 2 were monitored with increased frequency, any mouse meeting the criteria of score 3 was humanely killed |
|---------|---------------------------------------------------------------|
| Response| Criteria                              | Clinical score |
| Mild    | Weight loss < 10%                                              | 1              |
|         | Physical appearance                                           | 1              |
|         | Measurable clinical signs                                      | 1              |
|         | Behaviour (unprovoked)                                         | 1              |
|         | Behaviour (external stimuli)                                   | 1              |
| Moderate| Weight loss > 10%                                              | 2              |
|         | Physical appearance                                           | 2              |
|         | Measurable clinical signs                                      | 2              |
|         | Behaviour (unprovoked)                                         | 2              |
|         | Behaviour (external stimuli)                                   | 2              |
| Severe  | Weight loss > 10%                                              | ≥3             |
|         | Physical appearance                                           | ≥3             |
|         | Measurable clinical signs                                      | ≥3             |
|         | Behaviour (unprovoked)                                         | ≥3             |
|         | Behaviour (external stimuli)                                   | ≥3             |
some groups were found not to be normally distributed, groupwise comparisons to untreated controls were made using the non-parametric Kruskal–Wallis test with Dunn’s correction for multiple comparisons. Specific groups were also compared using a 2-tailed Mann–Whitney U-test as indicated. A value of $P$ of 0.05 was considered significant.

3. Results

3.1 Characterization of MO based self-assembled lipid nanoparticles

A full detailed characterisation of the nanoparticles used in this work have been reported previously. In our previous work, the composition of the nanoparticles was screened to obtain well dispersed colloidally stable nanoparticles. Briefly, MO nanoparticles were formed with Rif and DOTAP according to the ratios listed in Table 1. Visually, the nanoparticles are milky white dispersions in the absence of Rif but turn red in its presence. We have previously observed in nanoparticles containing both DOTAP and Rif (NanoRIF), a dramatic change in the SAXS profile. A single broad and strong peak with a maxima at around $q = 0.14 \text{ Å}^{-1}$ is observed. This is likely due to the presence of several co-existing intermediate phases including bicontinuous cubic and sponge phase, which has been confirmed by cryo-TEM. It appears that the MO bilayer swells within the cubic phase to the point where long range order is lost. The hydrodynamic diameters of the nanoparticles in PBS were measured by DLS and are typically in the range from 150 nm to 230 nm. The zeta potential of the MO nanoparticles is almost neutral as expected ($\zeta = -1.2 \pm 0.1 \text{ mV}$). Addition of Rif to the MO nanoparticles results in them being slightly more negatively charged ($\zeta = -4.1 \pm 0.4 \text{ mV}$) whilst the NanoRIF particles exhibit a zeta potential of $25.5 \pm 0.4 \text{ mV}$.

We previously reported enhanced interactions of these cationic charged nanoparticles with the negatively charged bacteria via electrostatic forces. No direct visual observation of this interaction was possible however fluorescent confocal microscopy confirmed colocalization of the NanoRIF with S. aureus bacteria. Additionally, Forster resonance energy transfer (FRET) analysis of NanoRIF in the presence of S. aureus suggested fusion between the nanoparticles and bacterial cell walls occurred. In this work we postulated that the capturing of direct interactions with S. aureus and NanoRIF via the use of cryo-TEM may be possible. Therefore, we undertook a systematic and thorough investigation of various experimental conditions in order to attempt this.

3.2 Cryo-TEM analysis of interactions of NanoRIF with MRSA

From the antimicrobial activity data presented in our previous work, it was clear that the presence of DOTAP enhanced the antibacterial effect of Rif towards S. aureus in vitro. We observed
co-localisation of NanoRIF using FRET fluorophores indicating that they either bind to or fuse with the bacteria. It was clear that these co-localisation events occurred more frequently with the NanoRIF nanoparticles than for MO-RIF nanoparticles. This increased membrane binding of MO-DOTAP-RIF to the S. aureus indicates that the positive charge of the DOTAP containing nanoparticles promotes electrostatic binding with the negative charge present at the surface of the bacteria. We hypothesise that these binding and possible fusion events, which are likely enhanced by the presence of the cationic lipid DOTAP, may have boosted the delivery of Rif into the bacteria, leading to greater cell death and improved efficacy of the antibiotic Rif. We were interested to attempt to visualise these interactions to see if any evidence of membrane fusion was evident which is a reported mechanism for drug loaded liposomes incubated in vitro with S. aureus, Stenotrophomonas maltophilia, and Propionibacterium acnes.64,65

In order to attempt to visualize the effect that DOTAP had on nanoparticle-bacteria interactions, cryo-TEM was used. Remarkably we have been able to show strong interactions of the NanoRIF with S. aureus using cryo-TEM after some trial and error in perfecting the experimental protocols. It was important to vortex mix the bacterial-nanoparticle solutions immediately prior to blotting of the samples for vitri

3.3 In vitro antibacterial properties of NanoRIF against MRSA

In our previous work we reported the toxicity and minimum inhibitory concentration (MIC) concentrations for NanoRIF against S. aureus (ATCC 29213) and observed that the MIC of NanoRIF was lower than the free drug (RIF). Here we extended the studies to a S. aureus MRSA strain (ATCC1698) and tested the efficacy of NanoRIF both in vitro and in vivo in a skin wound infection model. The results of the in vitro MIC testing conducted are summarised in Table 3. It can be seen that, MO nanoparticles and MO-DOTAP nanoparticles did not show any antibacterial activity against S. aureus 1698. The MICs of all Rif containing formulations, i.e. MO-RIF and NanoRIF, were however similar to that of the free Rif control and were around 0.025 µg mL⁻¹. These data suggest that at least in vitro, the impact of nanoparticle formulations containing Rif may be strain-dependent.

3.4 NanoRIF is well tolerated and effective at reducing S. aureus colonization of infected wounds in mice

To investigate the antimicrobial activity of the components of NanoRIF, S. aureus infected surgical wounds were made in groups of mice (5 per group). Wounds were treated with Rif alone, MO-DOTAP, MO-RIF, NanoRIF, or sterile saline as control. Control mice had non-infected wounds. The dose of 25 mg kg⁻¹ NanoRIF was determined to be well-tolerated in preliminary experiments (data not shown).

S. aureus colonisation and clinical scores were determined on day 1 (n = 2) and 5 (n = 3). As expected, saline control and MO-DOTAP alone did not reduce bacterial colonisation. In contrast, free Rif, MO-RIF and NanoRIF all reduced the number of S. aureus by approximately 2 and 5 log on day 1 and 5 respectively (Fig. 3). Although there was a tendency for control mice to lose more weight than treated mice, there was no significant difference in either clinical scores or weight at day 5 (Fig. 3C and D) (p < 0.05). It is noteworthy that the clinical score for all mice in the study was less than 1.5, and the score defining an intervention is 3 (Table 2). This is further evidence that NanoRIF formulations were safe and well-tolerated.

3.5 NanoRIF treatment significantly reduces S. aureus colonisation, at a reduced dose

In order to compare the efficacy of NanoRIF to Rif alone, groups of 10 mice received MRSA contaminated wounds as above, and were treated with saline, NanoRIF or free Rif at full (25 mg kg⁻¹) or reduced 12.5 mg kg⁻¹ or 2.5 mg kg⁻¹ Rif doses diluted in saline. Control mice had non-infected wounds. Weights, clinical scores and cfu count at the wound site were determined as previously, and immune cells in wound infiltrates were

| Formulation | MIC (µg mL⁻¹) |
|-------------|--------------|
| MO          | >1.6         |
| MO-DOTAP    | >1.6         |
| MO-RIF      | 0.025        |
| NanoRIF (MO-DOTAP-RIF) | 0.025 |
| Rif (free Rif dissolved in DMSO) | 0.025 |
**Fig. 3** NanoRIF is safe and effective at reducing *S. aureus* colonization of infected wounds. Surgical wounds were either non-infected (control) or infected with $10^8$ *S. aureus* and treated with saline, MO-DOTAP, free RIF, MO-RIF or NanoRIF (MO-DOTAP-RIF). The number of *S. aureus* cfu was determined on days 1 (A) and 5 (B). No adverse effects were detected, and both bodyweight (C), and clinical scores (D) were similar for all treated mice. Treatment with MO-RIF and NanoRIF resulted in significant reduction or elimination of *S. aureus* from the wound site, whereas MO-DOTAP alone had no effect on colonization ($n = 2$, day 1; $n = 3$, day 5). Control untreated mice had higher clinical scores at 48 h post-surgery, but all treatment groups were similar by day 5. **$p < 0.05$.**

**Fig. 4** Effect of reduced dose NanoRIF treatments on *S. aureus* colonization (A and B) and immune cell responses (C–E). Surgical wounds were either non-infected (control) or infected with $10^8$ *S. aureus* and treated with saline (untreated), or different doses of RIF (25, 12.5 or 2.5 mg kg$^{-1}$) or NanoRIF (MO-DOTAP-RIF) (25, 12.5 or 2.5 mg kg$^{-1}$). The number of *S. aureus* cfu was determined on days 1 (A) and 5 (B). Most NanoRIF treated mice had significantly reduced or eliminated the infection by day 5 (* $p < 0.05$, ** $p < 0.001$). Lymphocytes were isolated from the wound site on day 5 ($n = 5$ per group) and stained for flow cytometry analysis of neutrophil (C), macrophage (D) and CD4$^+$ T (E) cells. Mice with wounds treated with NanoRIF had significantly lower numbers of neutrophils infiltrating the site (** $p < 0.005$, * $p < 0.01$) compared to RIF alone. Only the NanoRIF 2.5 mg kg$^{-1}$ group had significantly more macrophages present than controls (* $p < 0.05$). Mice that received 25 and 2.5 mg kg$^{-1}$ doses of NanoRIF had significantly more infiltrating CD4$^+$ T cells than those treated with equivalent doses of RIF alone (* $p < 0.05$, ** $p < 0.001$).
characterized by flow cytometry. Fig. 4 shows that while treatment with Rif alone did lead to reductions in S. aureus cfu count compared to untreated mice, there was no significant difference between the doses used. Further, by day 5, mice treated with 25 mg kg\(^{-1}\) NanoRIF had either significantly lower, or no detectable bacteria (\(p < 0.05\)) compared to untreated controls. The reduction was significant, but the fact that bacteria were detected in 2/5 mice in the 25 mg kg\(^{-1}\) treatment group compared to controls (data not shown). In summary, our data show that treatments were well-tolerated by mice and there was no evidence of neutrophils and increased numbers of CD4\(^+\) T cells at wound sites in all groups, however the 2.5 mg kg\(^{-1}\) dose of NanoRIF was greater and only 2/5 had no bacterial count. All treated mice had no detectible bacteria at day 5 (Fig. 2B). The range of cfu obtained for the 2.5 mg kg\(^{-1}\) dose of NanoRIF treated mice had no detectable bacteria that 12.5 mg kg\(^{-1}\) NanoRIF was greater and only 2/5 had no bacterial count. All treated mice had no detectible bacteria at day 5

3.6 NanoRIF treated mice have reduced numbers of neutrophils and increased numbers of CD4\(^+\) T cells at wound sites

Lymphocytes were isolated from the wound site on day 5 (\(n = 5\) per group) and stained for flow cytometry analysis of neutrophil, macrophage and CD4\(^+\) T cells (Fig. 4C-E). Mice with wounds treated with NanoRIF had significantly lower numbers of neutrophils infiltrating the site compared to control mice, or those treated with an equivalent dose of free Rif (\(p < 0.05\)). A dose dependent effect was observed for Rif treated mice and those treated with 2.5 mg kg\(^{-1}\) had significantly fewer neutrophils than the 25 mg kg\(^{-1}\) treatment group (\(P = 0.0317\), Mann–Whitney U-test, 2-tailed).

Overall low numbers of macrophages were detected at the wound sites in all groups, however the 2.5 mg kg\(^{-1}\) NanoRIF treated group had significantly higher numbers (\(P = 0.0038\)) compared to control groups. Overall, low numbers of CD4\(^+\) T cells were detected in the wound infiltrates, however mice that received 12.5 and 2.5 mg kg\(^{-1}\) NanoRIF doses had significantly more infiltrating CD4\(^+\) T cells than those treated with Rif alone (\(P = 0.0079\) and 0.0159 respectively, Mann–Whitney U-test, 2-tailed).

4. Discussion

Cationic nanoparticles are attractive as potential vehicles to improve the stability and delivery of anti-microbial drugs, particularly those that are poorly soluble such as Rif. Rif is an antibiotic mainly used to treat infections with Gram-positive bacteria in humans and animals, and is a first-line drug used to treat tuberculosis. Rif has also been used as an adjunct therapy to treat methicillin resistant Staphylococcus aureus (MRSA) infections due to its good tissue penetration compared to vancomycin.

The efficacy of Rif for treatment of MRSA has been the subject to some controversy, and the recent ARREST clinical trial reported a small, but statistically non-significant enhancement of survival in patients with MRSA bloodstream infections who received Rif as adjunct therapy. The same study reported that in the UK, an episode of severe systemic MRSA infection cost approximately £12 000, and that treatment with Rif reduced costs by 10%. Rif has also been used extensively to treat orthopaedic and device-related infections, and patients treated with Rif combination therapy have cure rates of 80–100% compared to 30–60% for conventional regimes.

Rif formulated into MO-DOTAP nanoparticles (NanoRIF) have previously been shown to have low toxicity for mammalian cells in vitro, and a major aim of this study was to determine the safety and efficacy of NanoRIF in an in vivo model of S. aureus infection. The poor solubility of Rif in water, and its reported tissue irritant effects mean that Rif is usually applied either orally or intravenously, reducing its utility. Thus, a second aim of this study was to investigate the potential impact of MO-DOTAP on the tissue compatibility of Rif.

The mouse model of MRSA infected surgical wounds employed in this study provided an opportunity to study both the anti-microbial efficacy, and any local irritation caused by free Rif and NanoRIF in vivo. In this model, while all mice exhibit weight loss of approx. 5–10% in the first 24–48 h after surgery, mice with untreated wounds tended to exhibit more weight loss, and higher clinical scores. The beneficial effect was, however, generally not significantly different for mice treated with free Rif or NanoRIF.

Initially we tested several formulations containing a high dose of 25 mg kg\(^{-1}\) of Rif and observed that all mice treated with free Rif, MO-RIF or NanoRIF tended to gain more weight, and better recovery (as evidenced by lower clinical scores) than untreated controls, although this was not statistically significant (Fig. 3C and D). Treatment with MO-RIF or NanoRIF had significantly reduced colonisation with S. aureus to undetectable levels in all 3 mice by day 5, whereas 1 of 3 Rif treated mice still had detectable bacteria present (Fig. 3A and B). Consistent with our previous in vitro studies, MO-DOTAP alone had no antibacterial effect.

The larger study confirmed our initial findings on the anti-microbial effects of NanoRIF and showed that the reduced doses of 12.5 mg kg\(^{-1}\) and 2.5 mg kg\(^{-1}\) also significantly reduced S. aureus colonisation compared to untreated, and Rif 12.5 mg kg\(^{-1}\) treated wounds (Fig. 4B). Formulating Rif with MO-DOTAP, thus appears to enhance its antimicrobial activity in vivo when using MRSA but does not improve its efficacy when tested in vitro. The enhancing effect on anti-microbial activity in vivo may possibly be due to effects of the cationic particles ‘targeting’ the bacterial cell wall that were previously reported which may aid in potentiating the access of Rif to bacterial membranes.

Cationic particles are also known to be taken up by immune cell populations, and to cause inflammation in their own right, it was therefore important to investigate the impact of these effects on the ability to clear an infection in vivo. As discussed above, Rif is not usually administered via the subcutaneous route due to reported tissue irritation. In this study only
the highest dose of 25 mg kg\(^{-1}\) Rif showed evidence of mild local irritation as evidenced by an infiltrate of neutrophils that was similar to the local S. aureus infection (Fig. 4C). Neutrophils are the primary innate cell population that enter wounds in response to tissue damage and infection and are important for bacterial killing and attracting other immune cells to a site of infection. Although in our experiments, no significant irritation was observed macroscopically on any wound site, an extremely interesting finding of this study was that the number of neutrophils detected in the wound sites of NanoRIF treated mice was significantly lower than in Rif or untreated mice (Fig. 2C). This is of particular interest because the in vivo antibacterial effects were greatest in mice treated with NanoRIF. This finding indicates the nanoparticles themselves may be aiding in the host defense response to the infection from the MRSA bacteria and potentially having an adjuvant effect.\(^7\)

Neutrophils and macrophages are the main cells that responsible to the wound healing process. Without an ongoing infection, neutrophil activity should gradually decrease. Prolonged neutrophil activity may indicate delayed wound healing and can result in tissue damage.\(^7,76\) It is possible that the enhanced killing that we have observed was a result of the membrane damaging effects of NanoRIF, and this may have resulted in quicker clearance of the wound sites, and thus fewer neutrophils by day 5. The implications of the increased numbers of CD4\(^+\) T-cells and macrophages in mice treated with the low dose of NanoRIF require further investigation. CD4\(^+\) T-cells generally direct adaptive immune response and provide help to promote the development of antibody responses for example. A study of specific antibody responses was beyond the scope of this study in an acute infection model, but DOTAP containing lipid nanoparticles have previously been reported to have adjuvant effects in experimental vaccine studies.\(^77\) Macrophages and T cells are likely to have been attracted to the site of the NanoRIF depot as a result of local chemokine gradients. The mechanism for this is proposed to be due to enhanced membrane interactions with antigen presenting cells such as dendritic cells and macrophages. Future investigations should include an assessment of DC activation at earlier time points after administration.

In this study, NanoRIF was injected adjacent to the site of infection for an assessment of safety and antibacterial activity. Assessment of the EPR effect was therefore beyond the scope of this work. In future studies, the potential targeting of NanoRIF from a distant site would be of great interest, due to its potential for treatment of systemic infections, or infections in internal organs. Additionally, it would be of interest to investigate topical skin infections with this type of treatment. Taken together, our data suggest that the NanoRIF formulation reduces the dose required to clear a localised infection in vivo, and also reduces the tissue toxicity of Rif, potentially enhancing its utility for tissue infections.

5. Conclusion

In this work we have shown that MO lipid nanoparticles containing cationic lipid DOTAP and loaded with Rif [NanoRIF] are more effective at treating MRSA infection in a wound model in mice than the Rif alone. Interestingly, when the NanoRIF formulation was tested in vitro against MRSA it was found that the effect of free Rif vs. NanoRIF as measured by the minimum inhibitory concentration is similar. When S. aureus was incubated with the nanoparticles in vitro, strong interactions between the bacteria and nanoparticles are visible using cryo-TEM. An extremely interesting finding of this study is that the number of neutrophils detected in the wound site when using NanoRIF was significantly lower than when the free drug was used or when compared to the untreated mice control group. Our data suggests that the NanoRIF formulation reduces the dose required to clear a localised infection in vivo, reducing the tissue toxicity of Rif and potentially facilitates the immune system response enhancing its utility for tissue infections. The new findings we highlight here exemplify the concept of using lipid nanocarriers as drug delivery vehicles for the targeted treatment of infection in vivo and take the approach one step closer to a potential clinical treatment option. This work significantly enhances the potential of this approach and shows that additional benefits may exist when delivering antibiotics to infected wounds in vivo due to improved immune responses in addition to delivery of poorly soluble antibacterial compounds. This technique appears to be a useful method to enable and enhance the use of poorly soluble antibiotic drugs. Further research into this type of approach should enable the development of new strategies in the fight against multi-drug resistant strains of bacteria in various wound infection types.

Conflicts of interest

The authors declare no conflict of interest.

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