INTRODUCTION

Alzheimer’s disease (AD) is a neurodegenerative disorder associated with progressive memory loss and neuronal cell death. Although numerous previous studies have been focused on disease progression or reverse pathological symptoms, therapeutic strategies for AD are limited. Alternatively, the identification of traditional herbal medicines or their active compounds has received much attention. The aims of the present study were to characterize the ameliorating effects of spinosin, a C-glucosylflavone isolated from Zizyphus jujuba var. spinosa, on memory impairment or the pathological changes induced through amyloid-β oligomer (AβO) in mice. Memory impairment was induced by intracerebroventricular injection of AβO (50 μM) and spinosin (5, 10, and 20 mg/kg) was administered for 7 days. In the behavioral tasks, the subchronic administration of spinosin (20 mg/kg, p.o.) significantly ameliorated AβO-induced cognitive impairment in the passive avoidance task or the Y-maze task. To identify the effects of spinosin on the pathological changes induced through AβO, immunohistochemistry and Western blot analyses were performed. Spinosin treatment also reduced the number of activated microglia and astrocytes observed after AβO injection. In addition, spinosin rescued the AβO-induced decrease in choline acetyltransferase expression levels. These results suggest that spinosin ameliorated memory impairment induced through AβO, and these effects were regulated, in part, through neuroprotective activity via the anti-inflammatory effects of spinosin. Therefore, spinosin might be a useful agent against the amyloid β protein-induced cognitive dysfunction observed in AD patients.

Key Words: Spinosin, Amyloid-β oligomer, Alzheimer’s disease, Neuroprotection
treat psychiatric disorders in China, Japan, and Korea (Zhu, 1998). In addition, various compounds including jujubosides, jujubogenin, and sanjoinine in Z. jujuba var. spinosa are evaluated as active constituents against insomnia (Zhang et al., 2003; Chen et al., 2008; Han et al., 2009). Recently, we reported that spinosin (2″-β-O-glucopyranosyl swertisin), a C-glycoside flavonoid isolated from the seeds of Z. jujuba var. spinosa has an ameliorating effect on scopolamine-induced memory impairment (Jung et al., 2014). However, whether spinosin has neuroprotective effects on AβO-induced cognitive impairment in a mouse model of AD remains unknown. If spinosin exerts neuroprotective and anti-inflammatory activities, it would be a potential therapeutic candidate for AD.

In the present study, we evaluated whether spinosin has neuroprotective effects and ameliorates AβO-induced memory impairment in mice. To examine the memory-ameliorating effects and mechanisms of neuroprotection, we used several behavioral tasks, including the Y-maze task and the passive avoidance task. In addition, Western blot and immunohistochemistry analyses were also employed to investigate the effects of spinosin.

**MATERIALS AND METHODS**

**Animals**

Male ICR mice (25-30 g, 6 weeks old) were purchased from the Orient Co. Ltd, a branch of the Charles River Laboratories (GyeongGi-do, Korea). The mice were housed 5 per cage under a 12 h light/dark cycle (light on 07:30-19:30 h) at a constant temperature (23 ± 1°C) and relative humidity (60 ± 10%) and provided food and water ad libitum. The animals were treated and maintained in accordance with the Animal Care and Use Guidelines of Kyung Hee University. All experimental protocols were approved through the Institutional Animal Care and Use Committee of Kyung Hee University (approval number: KHP-2013-01-04).

**Materials**

Spinosin was provided by one of the authors (D.S. Jang) and the purity of this sample was greater than 99%. The AβO protein fragment and donepezil hydrochloride monohydrate were purchased from Sigma Chemical Co. (St. Louis, MO, USA). Rabbit polyclonal anti-glia fibrillary acidic protein (GFAP) antibody was purchased from Invitrogen Co. (Carlsbad, CA, USA). Rat polyclonal anti-OX-42 and goat polyclonal anti-ChAT antibodies were purchased from Chemicon (Temecula, CA, USA). All other materials were of the highest grade commercially available.

**Thioflavin T assay**

Inhibitory effect of spinosin on AβO formation was determined using a previously described method (Choi et al., 2012). Briefly, AβO was dissolved in dimethyl sulfoxide (DMSO) and resuspended in distilled water. The concentration of the AβO stock solution was 100 μM. To prepare the thioflavin T (ThT, 5 mM) stock solution, ThT was dissolved in DMSO and the solution was stored at -20°C. The ThT stock solution was diluted in 50 mM glycine-NaOH buffer (pH 8.5) to generate a 25 μM working solution. Spinosin was dissolved in DMSO and screened at concentrations of 4, 20, 100, and 500 μg/mL. To measure the inhibitory effect of spinosin on AβO formation, the AβO stock solution was incubated in the presence of spinosin (4, 20, 100 and 500 μg/mL, with a final 1% DMSO concentration). The mixture was incubated for 24 h at 4°C. The resultant was mixed with the ThT working solution, and the fluorescence intensity was monitored using a FLUOstar Omega microplate reader (BMG Labtech, Germany) at 25°C (excitation, 470 nm; emission, 520 nm). The relative fluorescence intensity was measured to determine the amount of oligomeric aggregates formed in solution. The following equation was used to estimate AβO aggregation based on the fluorescence intensity: AβO aggregation (arbitrary unit, AU)=(F2-F0)/(F1-F0) (F0, dye alone fluorescence; F1, AβO fluorescence; F2, AβO+spinosin fluorescence). All measurements were obtained from 2 individual experiments with duplicate.

**AβO injection and drug administration**

Soluble oligomers were generated as previously described, with slight modifications (Moon et al., 2014). Briefly, AβO protein was dissolved in 1,1,1,3,3,3-hexafluoropropanol (HFIP) to a final concentration of 1 mg/ml at room temperature for 3 days. The peptides were aliquoted and vacuum dried for 1 h. The aliquoted peptides were dissolved in anhydrous DMSO to a final concentration of 1 mM. The protein concentration of the solution was determined using a Bradford assay. Subsequently, the stock was directly diluted into phosphate-buffered saline (PBS, pH 8.5) at 50 μM and incubated at 4°C for 24 h to generate oligomeric Aβ protein. The 60 mice were used and randomly divided into 6 groups (10 mice/group) and administered either AβO or PBS (3 μl/3 min, i.c.v.) into the right lateral ventricle at stereotaxic coordinates (AP, -0.2 mm; ML, +1.0 mm; DV, -2.5 mm) taken from the atlas of the mouse brain (Paxinos and Franklin, 2001) under anesthesia using a mixture of N2O and O2 (70:30) containing 2% isoflurane. After 5 min, the needle was removed using three intermediate steps with a 1-min inter-step delay to minimize backflow, and mice were maintained on a warm pad until awakened. Sham animals were injected with the same amount of PBS (3 μl) using an identical manner. Immediately after AβO injection, the mice were administered spinosin (5, 10, or 20 mg/kg, p.o), and the mice were administered spinosin injections once a day for 6 days. The mice in the control group were orally administered 10% Tween 80 solution. Behavioral tests were conducted at 24 h after the last administration of spinosin.

**Passive avoidance task**

Acquisition and retention trials of the passive avoidance task were performed at 7 and 8 days, respectively, after AβO injection. Testing was performed in a box comprising of two identical chambers (20×20×20 cm) with one illuminated with 50-W bulb and a non-illuminated chamber separated with a guillotine door (5×5 cm). The floor of the non-illuminated compartment comprised 2 mm stainless steel rods spaced 1 cm apart as previously described (Lee et al., 2013). The mice were administered either spinosin (5, 10 or 20 mg/kg, p.o.) or donepezil (5 mg/kg, p.o.) for 6 days, and the last treatment was administered at 24 h before the acquisition trial. The control group received 10% Tween 80 solution at the same volume as used in the experimental groups. The mice were initially placed in the illuminated compartment during the acquisition trial. The door between the two compartments was opened after 10 s. The door automatically closed when the mice entered the non-illuminated compartment, and a 3-s
electrical foot shock (0.5 mA) was delivered through the stainless steel rods. The mice that did not enter the non-illuminated compartment within 60 s after opening the door were excluded from retention trial. The retention trial was conducted at 24 h after the acquisition trial when individual mice were returned to the illuminated compartment. The time required for the mouse to enter the dark compartment after opening the door was defined as latency in both trials. The latencies were recorded for up to 300 s.

**Western blot analysis**

The mice were sacrificed at 24 h after the last spinosin administration (20 mg/kg) for Western blotting. The isolated hippocampal tissues were homogenized in ice-chilled Tris-HCl buffer (20 mM, pH 7.4) containing 0.32 M sucrose, 1 mM EDTA, 1 mM EGTA, 1 mM PMSF, 1 mM sodium orthovanadate, and one protease inhibitor tablet per 50 ml of buffer. The homogenates (15 μg for protein) were subsequently subjected to SDS-PAGE (8% gel) under reducing conditions. The proteins were transferred to PVDF membranes in transfer buffer [25 mM Tris-HCl (pH 7.4) containing 192 mM glycine and 20% v/v methanol] at 400 mA for 2 h at 4°C. The Western blots were blocked at room temperature for 2 h in 5% skim milk and incubated with anti-GFAP, anti-OX-42 or anti-ChAT antibodies (1:1000 dilution) overnight at 4°C, followed by washing ten times with Tris-buffered saline/Tween 20 (TBST). Subsequently, the membranes were incubated with a 1:3000 dilution of horseradish peroxidase-conjugated secondary antibody for 2 h at room temperature, washed ten times with TBST, and developed with enhanced chemiluminescence (Amer sham Life Science, Arlington Heights, IL, USA). The membrane was analyzed using the LAS-4000 mini bio-imaging program (Fuji film Life Science USA, Stamford, CT, USA).

**Immunohistochemistry**

After Aβ1-42 injection, the mice were treated with spinosin (20 mg/kg) or 10% Tween 80 for 7 days. The mice were anesthe-

**Y-maze task**

The Y-maze task was performed at 7 days after Aβ1-42 injection. The Y-maze is a three-arm (40-cm-long and 3-cm-wide with 12-cm-high walls) horizontal maze in which the arms were symmetrically disposed at 120° angles from one another. The maze floor and walls were constructed of dark opaque polyvinyl plastic as previously described (Jung et al., 2014). The mice were initially placed within one arm, and the sequence (i.e., ABC, CAB, or BCA but not BAB). The mice were administered either spinosin (5, 10 or 20 mg/kg, p.o.) or donepezil (5 mg/kg, p.o.) for 6 days, and the last treatment was administered at 24 h before the test. The control group animals received 10% Tween 80 solution rather than spinosin or donepezil. Between each test, the maze arms were thoroughly sprayed with water to remove residual odors and residues. The alternation score (%) for each mouse was defined as the ratio of the actual number of alternations to the possible number (defined as the total number of arm entries minus two multiplied by 100) using the following equation: % Alternation=([Number of alternations]/[Total arm entries-2])×100. The number of arm entries was used as an indicator of locomotor activity.

**Results**

Subchronic administration of spinosin ameliorated Aβ1-42-induced cognitive dysfunction in the passive avoidance task

The passive avoidance task was employed to investigate the memory-ameliorating effects of spinosin. Significant group effects in the step-through latency were observed in the retention trial performed 24 h after the acquisition trial [F (5, 49)=13.28, p<0.05]. The reduction in the step-through latency
Fig. 2. Effects of subchronic spinosin treatment on Aβ1-42 oligomer (AβO)-induced memory impairment in the Y-maze task. The animals were intracerebroventricularly injected with AβO protein (50 μmol/3 μl) or sterile saline (3 μl). Immediately following Aβ1-42 oligomer protein injection, spinosin (5, 10, or 20 mg/kg), dissolved in 10% Tween 80, was administered for 6 days (once a day, p.o.). The last administration of spinosin or vehicle (same volume of 0.9% normal saline) was conducted at 1 h before performing the Y-maze task. The mice were introduced to the Y-maze task for 8 min. The data represent the means ± S.E.M. (n=8-10/group). *p<0.05 compared with the sham group, #p<0.05 compared with the AβO-treated group. n.s., no significance.

Fig. 3. The effects of subchronic spinosin treatment on Aβ1-42 oligomer (AβO)-mediated glial cell activation. (A) Microphotographs of glial fibrillary acidic protein (GFAP)-immunopositive cells, (B) the numbers of GFAP immunopositive cells in the CA1, CA3, and dentate gyrus (DG) regions of the hippocampal formation (n=4), and (C) a Western blot of the GFAP immunoreactivity in the hippocampus are presented (n=4). (D) Microphotographs of CD11b (OX-42)-immunopositive cells, (E) the numbers of OX-42-immunopositive cells in the CA1, CA3, and DG regions of the hippocampal formation (n=4), and (F) a Western blot of OX-42 immunoreactivity in the hippocampus are presented (n=4). The rectangular subsets in the top panel showing the CA1, CA3, and DG were magnified in the lower panel. The data represent the means ± S.E.M. *p<0.05 compared with the sham group, *p<0.05 compared with the AβO-injected group. Magnification, 400 ×; Bar, 50 μm.
in the AβO-injected group was significantly reversed in the spinosin-treated group (20 mg/kg, p<0.05; Fig. 1). During the acquisition trial, no significant differences in the step-through latencies between the groups were observed.

**Subchronic administration of spinosin ameliorated memory impairment induced through AβO in the Y-maze task**

The Y-maze task was performed to examine the effect of spinosin on spontaneous alternation behaviors in mice. A significant group effect was observed in spontaneous alternation behaviors after the subchronic administration of spinosin [F (5, 50)=6.0141, p<0.05; Fig. 2]. The percentage of spontaneous alternations in the AβO-injected group was significantly lower than that in the vehicle-treated control group (p<0.05, Fig. 2A), and the reduction of spontaneous alternation was significantly ameliorated following the administration of spinosin (20 mg/kg, p.o.) or donepezil (5 mg/kg, p.o.) (p<0.05, Fig. 2A). Therefore, we adopted 20 mg/kg as the administered dosage for the remaining in vivo studies. The mean number of the arm entries was similar across all experimental groups (Fig. 2B), suggesting that general locomotor activity was not affected after spinosin treatment.

**Subchronic administration of spinosin attenuated glial cell activation induced through AβO injection**

To examine whether the glial cell activations induced after AβO injection were attenuated through subchronic spinosin administration, we performed immunohistochemistry using either an anti-GFAP or an anti-OX-42 antibody. Representative photomicrographs of the GFAP-immunopositive cells in the CA1, CA3, and DG regions of the hippocampal formation are shown in Fig. 3A. Negligible GFAP-positive cells were observed in the sham control groups, whereas in the AβO-injected group, the GFAP-immunopositive cells in the hippocampal region were hypertrophic and the numbers of cells were increased. The administration of spinosin (20 mg/kg) or donepezil (5 mg/kg), as a positive control, markedly reduced the number of GFAP-immunopositive cells compared with the AβO-injected group [CA1, F (3,12)=24.89, p<0.05; CA3, F (3,12)=48.76, p<0.05; DG, F (3,12)=38.68, p<0.05, Fig. 3B]. Consistent with the results of the GFAP-immunohistochemistry, the Western blot analysis showed that GFAP-immunoreactivity in the hippocampal tissue was significantly increased after the injection of the AβO, and this increase was attenuated by spinosin (20 mg/kg) or donepezil (5 mg/kg) [F (3,12)=18.97, p<0.05, Fig. 3C].

Representative photomicrographs of the OX-42-immunopositive cells in the CA1, CA3, and DG regions of the hippocampal formation are presented in Fig. 3D. In the sham control group, the OX-42-immunopositive microglial cells were scattered and ramified. However, the OX-42-immunopositive cells in the AβO-injected group were condensed and activated, particularly in the DG region. Moreover, Aβ1-42 peptide-induced microglial cell activation was attenuated after treatment with 20 mg/kg of spinosin or 5 mg/kg of donepezil
Subchronic administration of spinosin ameliorated the reduction in ChAT expression induced through AβO injection

We performed immunohistochemistry and Western blot analyses to investigate whether spinosin exerts protective effects against the cholinergic neurotransmitter system. Representative photomicrographs of ChAT-immunopositive cells in the CA3 region of the hippocampus are shown in Fig. 4A. The optical density of hippocampal ChAT immunoreactivity, particularly in the CA3 region, was markedly reduced after AβO injection, and this effect was ameliorated after treatment with 20 mg/kg of spinosin or 5 mg/kg of donepezil [F(3,12)=7.790, p<0.05, Fig. 4B]. Similarly, Western blot analysis revealed that the ChAT-immunoreactivity in the hippocampus was significantly reduced after the AβO injection, and spinosin or donepezil administration reversed this reduction to the sham level [F(3,12)=11.30, p<0.05, Fig. 4C].

The effects of spinosin on the formation of AβO in vitro

In addition to the anti-inflammatory effect of spinosin, an in vitro assay was conducted to investigate whether spinosin prevents Aβ1-42 oligomerization. The oligomer formation was
measured as the amount of ThT fluorescence associated with the oligomers. When we measured the ThT fluorescence intensity in the absence of spinosin, Aβ oligomers were readily generated through the incubation of Aβ42 protein (25 μM) at pH 7.4 and 4°C. Spinosin (0.1, 1, and 10 μg/ml) significantly suppressed the formation of Aβ42 oligomers in a dose-dependent manner as observed in clociquin (10 μM), a positive control. In the presence of spinosin (10 μg/ml), oligomerization was reduced 82% compared with the control (Fig. 5). The data were obtained from quadruple individual experiments with duplicate.

**DISCUSSION**

We investigate anti-amnesic or anti-dementic herbal agents that affect the central nervous system. Previously, we reported that the Ethanolic extract of *Zizyphus jujuba* var. *spinososa* ameliorates cognitive function in scopolamine-induced memory impairment and suggested that spinosin, a C-glycosylflavone from *Zizyphus jujuba* var. *spinososa*, is an active constituent of this extract (Lee et al., 2013). In addition, we also reported that spinosin exhibits anti-amnesic effects in part through the antagonistic properties of the 5-HT1A receptor. 5-HT1A receptor ligands regulate the release of acetylcholine activity at the presynaptic sites of cholinergic nerves (Jung et al., 2014). Thus, the putative attenuation of Aβ-induced neuronal dysfunctions through spinosin implicates this compound as a potential therapeutic agent for treating AD.

We observed that the subchronic administration of spinosin significantly ameliorated Aβ-O-induced memory impairment. Indeed, Aβ-O, rather than insoluble Aβ plaques, is the primary toxic species underlying AD pathogenesis (Hyman et al., 1984; Resende et al., 2007). While both forms have been detected in the AD brain, soluble AβOs are more associated with AD severity than amyloid plaques containing insoluble Aβ fibrillar deposits (Lue et al., 1999; McLean et al., 1999; Tomic et al., 2009). Thus we employed an Aβ-O injection mouse model in the present study. To avoid the previously observed memory enhancing effect of spinosin (Jung et al., 2014), the last administration was conducted at 24 h before the behavioral tests in the present study. As a result, the subchronic administration of spinosin ameliorated Aβ-O-induced memory impairment in the passive avoidance task and the Y-maze task. These results indicate that the memory-ameliorating effect of spinosin might be derived from the prevention of Aβ-O-induced neuronal damage rather than the acute memory enhancing effects.

In addition, we observed that spinosin decreased the increased Aβ-O-induced immunoreactivity of GFAP or OX-42 in the hippocampus. Activated astrocytes and microglia act as markers of pathological events in the CNS, and these cells are also activated in the AD brain (Nagele et al., 2004). Activated glial cells release various inflammatory mediators under pathological conditions, such as the release of superoxide, nitric oxide or cytokines (Block et al., 2007; Mizuno, 2012). Consistent with the results of previous studies (Dinamarca et al., 2006; Moon et al., 2011), activated astrocytes (GFAP positive) and microglia (OX-42-positive) were markedly increased after the injection of the Aβ-O in the present study. The immunoreactivity of Aβ-O-activated astrocytes and microglia was significantly decreased after subchronic spinosin administration. These results indicate that spinosin attenuated Aβ-O-induced glial cell activation, resulting in neuroprotection through the anti-inflammatory effects of this compound. In addition, spinosin exhibited anti-oligomeric effects *in vitro*. Protein aggregation into Aβ oligomers involves the misfolding of soluble Aβ proteins into insoluble Aβ fibrils comprising β-β-sheets, and these aggregates have been detected as common symptoms in many neurodegenerative diseases, including AD (Hardy and Selkoe, 2002). Accumulating evidence has shown that Aβ oligomerization or fibrillation is critical for neurodegeneration (Bloom et al., 2005; Glabe, 2005), suggesting that the prevention of this process might be an effective approach for the treatment of AD. For examples, clociquin or curcumin has been reported as an anti-oligomeric or anti-fibrillogenic agent and it was suggested as a candidate for AD therapy (Yang et al., 2005). To our knowledge, however, any compound is not approved for clinical use against anti-oligomerization. Although numerous hurdles should be overcome for clinical trial, the present study suggests that spinosin alleviates not only Aβ-O-induced neurotoxicity, but also Aβ-O-induced neuronal dysfunctions.

ChAT is abundant in cholinergic neurons and is responsible for the synthesis of acetylcholine (Strauss et al., 1991). Moreover, ChAT expression is reduced in the hippocampus of AD brain (Armstrong et al., 1986). The change in ChAT activity is highly associated with the severe impairment of spatial learning and memory. Many studies have suggested the possibility that Aβ-O suppresses the activity of ChAT (Nunes-Tavares et al., 2012). In the present study, hippocampal levels of ChAT expression were depleted through Aβ-O and reversed through the subchronic administration of spinosin. These results indicate that the memory-ameliorating effects of spinosin on Aβ-O-induced cognitive dysfunction might partially reflect the restoration of ChAT expression in the hippocampus.

Several studies have indicated that spinosin exhibits 5-HT1A receptor antagonistic properties (Wang et al., 2010; Wang et al., 2012; Jung et al., 2014). However, the effects of 5-HT1A receptor agonists or antagonists on Aβ-O-induced pathological symptoms have been rarely investigated. Until recently, it is not clear whether the 5-HT1A receptor antagonistic properties of spinosin influence the neuroprotective effects of this compound. According to the results of previous studies, compounds with structures similar to spinosin exhibit neuroprotective effects on Aβ-O-induced neurotoxicity, with anti-inflammatory properties (Kim et al., 2008; Xu et al., 2014). Therefore, we proposed that the effects of spinosin reflect the structural specificity of this compound, similar to flavonoid or polyhydroxylated compound. Further studies are needed to determine the precise neuroprotection mechanism of spinosin.

In conclusion, the present study demonstrates that spinosin is effective against Aβ-O-induced memory impairment. These memory-ameliorating effects were derived from the anti-inflammatory and neuroprotective activities of spinosin. Thus, although the present study did not provide clinical outcomes, these findings suggest that spinosin is a potential therapeutic agent for the treatment of AD through the targeting of both lowered cholinergic- and Aβ-O-induced cognitive dysfunctions.

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