Testing whether all eigenstates obey the Eigenstate Thermalization Hypothesis

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We ask whether the Eigenstate Thermalization Hypothesis (ETH) is valid in a strong sense: in the limit of an infinite system, every eigenstate is thermal. We examine expectation values of few-body operators in highly-excited many-body eigenstates and search for ‘outliers’, the eigenstates that deviate the most from ETH. We use exact diagonalization of two one-dimensional nonintegrable models: a quantum Ising chain with transverse and longitudinal fields, and hard-core bosons at half-filling with nearest- and next-nearest-neighbor hopping and interaction. We show that even the most extreme outliers appear to obey ETH as the system size increases, and thus provide numerical evidences that support ETH in this strong sense. Finally, periodically driving the Ising Hamiltonian, we show that the eigenstates of the corresponding Floquet operator obey ETH even more closely. We attribute this better thermalization to removing the constraint of conservation of the total energy.

I. INTRODUCTION

A cup of hot coffee and a glass of cold beer empirically thermalize to room temperature if they are left out. This conventional description of thermalization assumes an infinitely large ‘reservoir’ with which an initially out-of-equilibrium system can exchange energy (and particles if allowed) to achieve thermal equilibrium. However, this does not describe thermalization of an isolated system. When a large isolated system thermalizes, what happens is that small subsystems thermalize, with the remainder of the full system serving as the reservoir. The question of how this works for a quantum many-body system undergoing linear unitary time evolution has a long history (see e.g. [1–3]), and has attracted renewed attention due to experimental realizations of such systems [4, 5].

Even though unitary quantum time-evolution is reversible and retains all information about the initial state, thermalization can occur if one restricts observations to only few-body operators, and can not access the full many-body density operator. This occurs because all the information in the initial state spreads over the entire system in the long-time limit, and its reconstruction requires access to the full many-body density operator.

The Eigenstate Thermalization Hypothesis (ETH) has been proposed as the underlying mechanism for thermalization in isolated quantum systems based on random matrix [6] and semiclassical [7] arguments. ETH states that within the eigenstates of a nonintegrable (quantum chaotic) Hamiltonian, few-body operators have thermal distributions in the thermodynamic limit, i.e. the same probability distributions as the Boltzmann-Gibbs ensemble at the corresponding temperature.

Numerical tests of the ETH have recently been performed for a wide variety of nonintegrable models [8–17]. In every case, good numerical evidence is provided that the deviation of a typical eigenstate from thermal value decreases towards zero as the size of the system is increased, as expected from the ETH. However, most of these studies only test that almost all energy eigenstates obey the ETH, while ETH is actually expected to make the stronger claim that all eigenstates away from the edges of the many-body spectrum are thermal in the thermodynamic limit [18]. This difference is of fundamental importance, because it is also the difference between almost all initial states approaching thermal equilibrium, and all initial states doing so. Some previous works have tested whether all eigenstates obey ETH by analyzing the mismatch between eigenstate expectation values and microcanonical ensemble averages [10, 12].

In this paper, we provide more numerical evidence that all eigenstates obey ETH for two one-dimensional nonintegrable models: an Ising chain with transverse and longitudinal fields and hard-core bosons at half-filling with nearest- and next-nearest-neighbor hopping and interaction. We also show that driving the Ising chain periodically in time, which removes the conservation of total energy, makes its eigenstates obey ETH more closely for a given finite-size system.

One remark is in order. There are two notable exceptions to ETH: integrable systems and many-body localized (MBL) systems. An integrable system has an extensive number of local conservation laws. Therefore, the conventional Gibbs ensemble is not enough to fix the probability distributions of few-body operators. It is conjectured that distributions of few-body operators in integrable systems are given by the Generalized Gibbs Ensemble (GGE) [19–22], however some recent papers report insufficiencies of the GGE in certain cases [23–28]. Many-body localization happens when quenched disorder is strong enough in an interacting system (see Refs. [29–31] and references therein). In a MBL phase, individual many-body eigenstates are localized and violate ETH [12], due to localized conserved observables. Although integrable systems and MBL systems are exciting and currently very active topics of research, we restrict ourselves to disorder-free, robustly nonintegrable systems throughout this paper.

The rest of this paper is organized as follows. In Section II, we develop an ETH indicator to investigate the...
strong ETH and describe the two models investigated in our study. In Section III, using exact diagonalization, we conduct an ‘outlier’ analysis. The outlier states are the energy eigenstates that deviate the most from the predictions of ETH. We show that even these outlier states converge towards ETH behavior as we increase the system size. We also investigate some properties such as the momenta and the participation ratios of the ‘outlier’ states. In Section IV, we periodically drive the Ising chain by two sets of non-commuting operators in the Hamiltonian and study the eigenstates of the corresponding Floquet operator, which are thermal at infinite temperature [32–34]. Again doing an outlier analysis, we show that the eigenstates of the Floquet operator of a finite chain deviate from ETH significantly less than do the eigenstates of the corresponding time-independent Hamiltonian (and of course these deviations vanish in the thermodynamic limit).

II. ETH INDICATOR AND MODELS

A. ETH indicator

Given a time-independent Hamiltonian $H$ and an out-of-equilibrium initial state $\rho$, we write the expectation value of a few-body operator $\hat{O}$ at time $t$ (the Planck constant $\hbar$ is set to unity throughout this paper):

$$\langle \hat{O}(t) \rangle = \text{tr} \left( e^{-iHt} \rho e^{iHt} \hat{O} \right) = \sum_{n,m} \rho_{nm} O_{mn} e^{-i(E_n - E_m)t},$$  

(1)

where $\rho_{nm}$ and $O_{mn}$ are the matrix elements of the initial state $\rho$ and the operator $\hat{O}$ in the energy eigenbasis and $E_n$ is the eigenenergy for eigenstate $n$. Assuming no degeneracies, off-diagonal terms dephase in the long time limit and Eq. (1) approaches a stationary value in the thermodynamic limit for a broad class of out-of-equilibrium initial states [35]. The stationary value $\langle \hat{O} \rangle_{eq}$ is the sum of diagonal elements and thus time-independent:

$$\langle \hat{O} \rangle_{eq} = \sum_n \rho_{nn} O_{nn}.$$  

(2)

Thus, at long time the system ‘equilibrates’, but does not necessarily thermalize. Examples of systems that can ‘equilibrate’ but not thermalize include many-body localized systems [31].

Being thermalized is a stronger statement, which means that in the thermodynamic limit the equilibrium value is equal to the average in the corresponding thermal ensemble. Assuming that the energy is the only extensive conserved quantity, which fixes the temperature (and its inverse $\beta$), thermalization means the equilibrated value is equal to the thermal (canonical (C) and microcanonical (MC)) value:

$$\langle \hat{O} \rangle_{eq} = \langle \hat{O} \rangle_C = \langle \hat{O} \rangle_{MC},$$  

(3)

$$\langle \hat{O} \rangle_C = \frac{1}{Z_\beta} \text{tr} \left( e^{-\beta H} \hat{O} \right)$$  

(4)

$$\langle \hat{O} \rangle_{MC} = \frac{1}{N} \sum_{|E_n - E| \leq \Delta} O_{nn},$$  

(5)

where total energy $E$ and the inverse temperature $\beta$ are related by $E = \text{tr}(H\rho) = (1/Z_\beta)\text{tr}(e^{-\beta H} \hat{O})$ and $Z_\beta = \text{tr}(e^{-\beta H})$. A macroscopically small energy $\Delta$ sets the microcanonical energy window, and $N \equiv \sum_{|E_n - E| \leq \Delta} 1$ is the number of eigenstates in the window. Equation (3), when true, implies that any initial state with the same energy density should thermalize the operator $\hat{O}$ to the same thermal equilibrium value.

Assuming that the above statement is true for all initial states, we may consider an extreme situation: the initial state is an energy eigenstate ($\rho = |n\rangle \langle n|$), which is time-independent so must be thermalized. Thus it follows that in the thermodynamic limit the expectation value of every few-body operator in every energy eigenstate is the thermal value. This highly nontrivial statement is the essence of Eigenstate Thermalization Hypothesis (ETH) [6–8]. Sometimes this is called ‘strong ETH’ (every eigenstate), in contrast to ‘weak ETH’ where some small number of eigenstates are not thermal [36].

One necessary condition of ETH is that the diagonal elements, $O_{nn}$, depend only on the eigenenergy [37]. Therefore, after sorting the eigenstates by energy ($E_{n-1} < E_n < E_{n+1}$), we consider the following quantity:

$$r_n = \langle n+1 | \hat{O} | n+1 \rangle - \langle n | \hat{O} | n \rangle.$$  

(6)

If ETH is true, this quantity should be exponentially small in the system size, because the energy difference between adjacent eigenenergies is exponentially small. Since the typical magnitude of $r_n$ depends on the density of states at energy $E_n$, we consider only a ‘central’ half of the eigenstates in the spectrum of $H$, where the variation in the density of states is small (see Appendix A). In section III, we examine various aspects of the parameter $r_n$, its distribution, its largest absolute values, and features of the corresponding ‘outlier’ eigenstates.

B. Models

We consider two nonintegrable one-dimensional Hamiltonians:

**Model 1.** Ising chain with transverse ($g$) and longitudinal ($h$) fields:

$$H = \sum_{i=1}^{L} \left( g \sigma_i^x \sigma_{i+1}^x + h \sigma_i^z + J \sigma_i^z \sigma_{i+1}^z \right),$$  

(7)
where $\sigma_i^x$ and $\sigma_i^z$ are the Pauli matrices of the spin at site $i$. We use periodic boundary conditions, so site $L+1 = 1$. For nonzero values of all the parameters ($g$, $h$, and $J$), this model is known to be nonintegrable; specifically, we use the parameters $(g, h, J) = (0.9045, 0.8090, 1)$, where this model is robustly nonintegrable for the system sizes we can exactly diagonalize [39].

As few-body operators, we look at the single-site operators $\sigma_i^x$ and $\sigma_i^z$ (the expectation value of $\sigma_i^x$ is zero due to time-reversal symmetry), and two two-site operators, $\sigma_i^x\sigma_{i+1}^x$ and $\sigma_i^y\sigma_{i+1}^y$ (the expectation value of $\sigma_i^x\sigma_{i+1}^z$ is fixed by those of the single-site operators and the energy). We look at momentum eigenstates, so the results do not depend on the site $i$ and we fix $i = 1$.

**Model 2.** One-dimensional hard-core bosons with nearest- and next-nearest-neighbor hopping and interaction:

$$H = \sum_{i=1}^{L} \left[ -t(b_{i+1}^\dagger b_i + b_i^\dagger b_{i+1}) + V n_i n_{i+1} \right]$$

$$+ \sum_{i=1}^{L} \left[ -t'(b_{i+2}^\dagger b_i + b_i^\dagger b_{i+2}) + V' n_i n_{i+2} \right] , \tag{8}$$

where $b_i$ ($b_i^\dagger$) is the annihilation (creation) operator of a hard-core boson on site $i$ with $[b_i, b_j] = [b_i^\dagger, b_j^\dagger] = [b_i, b_j^\dagger] = 0$ for $i \neq j$ and $\{b_i, b_j\} = \{b_i^\dagger, b_j^\dagger\} = 0$ and $\{b_i, b_i^\dagger\} = 1$, and $n_i = b_i^\dagger b_i$ the number of bosons at site $i$. The total number of bosons $N$ is conserved and we focus on half-filling, $N/L = 1/2$ (thus only even $L$). We impose periodic boundary conditions; $L+1 = 1$. We choose $t = V = t' = V' = 1$, for which this model is known to be nonintegrable [40].

As few-body operators, we look at the three two-site operators $n_j n_{j+1}$, $(b_j^\dagger b_{j+1} + b_{j+1}^\dagger b_j)/2$, and $(b_j^\dagger b_{j+1} - b_{j+1}^\dagger b_j)/(2i)$, which form a basis of the observables acting on two neighboring sites whose expectation values in simultaneous eigenstates of $H$ and momentum are not simply dictated by this system’s symmetries and conservation laws. We only consider $j = 1$, since we look only at eigenstates of momentum. For this model, the expectation values of all of the one-site operators do not vary between these eigenstates, and thus are not of interest for this study of ETH.

We first write each Hamiltonian in block-diagonal form in the momentum basis and diagonalize each momentum sector. Then we collect results from all momenta and sort the exact many-body eigenstates in ascending order of energy. Although level statistics should be carried out within each momentum sector, ETH should be valid regardless of discrete symmetries [10]. Since the eigenstates with positive and negative momenta map on to one another under time reversal, we only diagonalize non-negative momenta $0 \leq k \leq L/2$. A state with momentum $k$ has eigenvalue $\exp(i2\pi k/L)$ under the operator that translates the system by one lattice spacing. The lengths of the systems we diagonalize are $L = 12$ to

![FIG. 1: Diagonal elements of a few-body operator in energy eigenbasis vs. energy density. The darker, the larger the system size. (a) Ising Hamiltonian (Eq. (7)). The operator is $\sigma_1^z$. (b) Hard-core boson Hamiltonian (Eq. (8)). The operator is $n_1 n_2 = b_1^\dagger b_1 b_2^\dagger b_2$. For both cases, the fluctuations become smaller as the system size increases.](image)

19 (18 for the Floquet operator) for Model 1, and even $L$’s from 14 to 22 for Model 2.

**III. RESULTS**

For the Ising model (Eq. (7)), we present results for the operator $\sigma_1^z$, unless otherwise specified. For the hard-core boson model (Eq. (8)), we present results for the operator $n_1 n_2$, unless otherwise specified. The results of the other three operators are qualitatively the same and given in Appendix B.

**A. Distribution of $|r|$**

Figure 1 shows the expectation values in each energy eigenstate vs. its energy density. It is clear that as we increase the system size (approaching the thermodynamic limit), these fluctuations reduce and the expecta-
tion value becomes a smooth function of energy density. This is in a good agreement with ETH predictions. Note that Refs. [8, 9] shows the fluctuations are not small in an integrable system.

Next, we compute the distribution of \(|r|\) (state index \(n\) is omitted when the meaning is straightforward) and see how it behaves as we increase the system size. Figure 2 is the plot of the distributions of \(|r|\). We see that the distribution becomes sharply peaked at \(|r| = 0\). The distribution can be well-fitted by a Gaussian distribution (only positive argument) with a standard deviation \(\sigma\) decreasing exponentially with the system size \(L\).

To quantify the fluctuations, we consider the average of \(|r_n|\) (the average of \(r_n\) is basically zero). Note that \(r_n\) is an indicator of ETH without microcanonical averaging, thus it can be considered as an extreme version of the indicator introduced in Refs. [10, 12, 14] that is averaged over a small energy window. As we can see in Figure 3, the mean value of \(|r|\) decreases exponentially with the system size (thus a power-law decay with the Hilbert space dimension), in accordance with ETH [41].

As long as the thermodynamic limit of the distribution \(P(r)\) is the Dirac delta function \(\delta(r)\), the conventional microcanonical formulation of equilibrium statistical mechanics is valid, since averaging a few-body operator over a microcanonical ensemble, which still includes exponentially many states even in a narrow energy window, should be equal to the canonical ensemble average. Therefore, Figure 2 provides numerical evidence of the validity of equilibrium statistical mechanics for these isolated quantum systems. This feature is also confirmed by several previous works [8, 10, 14]. This implies that almost all out-of-equilibrium initial states will eventually equilibrate and thermalize in terms of the expectation values of few-body operators. This is enough for all practical purposes, since it is impossible to precisely manipulate highly-excited many-body states. Sometimes, this is called “weak ETH”.

Here we ask whether there could be some small number of eigenstates with nonzero finite values of \(r_n\) in the thermodynamic limit. Such ‘outlier’ states if sufficiently rare would not contribute to the microcanonical ensemble average, and thus not compromise standard equilibrium statistical mechanics. However, Eigenstate Thermalization Hypothesis is stricter: every eigenstate is thermal. This is sometimes referred as “strong ETH”. Strong ETH requires that every \(r_n\) approaches zero in the thermodynamic limit.

### B. Outliers of \(|r|\)

We introduce one way to numerically test the strong ETH: the outliers. We define the outliers as the eigenstates that deviate the most from ETH and thus give large values of \(r_n\). Since each \(r_n\) comes from two states, a large \(|r_n|\) means either one state is an outlier and the other one is “normal” or both states are outliers of opposite signs. This also implies that the indicator \(|r_n|\) does not detect the special case where two outliers of the same sign are consecutive in the energy spectrum, resulting in a small \(|r_n|\). In such a case, however, both \(|r_{n-1}|\) and \(|r_{n+1}|\) should be large so we can easily identify the outliers [42]. Usually, we find one outlier state next to many normal states. Therefore, there are no difficulties in spotting these outlier states. If the strong ETH is correct, even the largest value of \(r_n\) should decrease to zero in the thermodynamic limit.

Figure 3 shows the 1st, 2nd, 4th, and 8th largest values of \(|r_n|\) and the mean value of \(|r_n|\). It is clear that the mean value \(<|r|>\) (averaged over half of the spectrum) decreases exponentially with the system size. This shows that our (isolated) quantum models agree well with the microcanonical formulation of equilibrium statistical mechanics, as explained earlier. The central feature of Figure 3 is that even the largest value of \(|r|\) decreases with the system size. Extrapolating this tendency, we provide supporting evidence for the strong ETH, that every eigenstate far away from the edge of the spectrum is thermal as far as the expectation values of few-body operators are concerned.
FIG. 3: (color online) From top to bottom in each figure: 1st, 2nd, 4th, 8th largest value of $|r|$ and the mean value $\langle|r|\rangle$. (a) Ising Hamiltonian (Eq. (7)), and (b) Hard-core boson (Eq. (8)). The mean value $\langle|r|\rangle$ decreases exponentially in $L$ as ETH suggests [14]. The largest ‘outliers’ also decrease, although slower than $\langle|r|\rangle$, with the system size.

Now let us examine these outlier states. Table I is the list of the 1st, 2nd, 4th, and 8th outlier states for four few-body operators and their state #, participation ratio (PR), and the momentum of the state ($k$). The state # is the location of the state in the list of the analyzed states sorted by ascending order in energy. For $L = 18$, total 72821 states are considered.

| $L = 18$ | state # | $k : 0 \sim 9$ |
|---|---|---|
| $O = \sigma_1^z$ | 1st | 70164 | 0.907 | 9 |
|  | 2nd | 8033 | 1.17 | 0 |
|  | 4th | 48351 | 1.37 | 9 |
|  | 8th | 69512 | 7.33 | 6 |
| $O = \sigma_1^z\sigma_2^z$ | 1st | 8033 | 1.17 | 0 |
|  | 2nd | 70164 | 0.907 | 9 |
|  | 4th | 52061 | 1.72 | 9 |
|  | 8th | 64591 | 4.44 | 0 |

TABLE I: Ising Hamiltonian (Eq. (7)). List of 1st, 2nd, 4th and 8th outliers for four few-body operators and their state #, participation ratio (PR), and the momentum of the state ($k$). The state # is the location of the state in the list of the analyzed states sorted by ascending order in energy. For $L = 18$, total 72821 states are considered.

| $L = 20$ | state # | $k : 0 \sim 10$ |
|---|---|---|
| $O = b_1^\dagger b_1 b_2^\dagger b_2$ | 1st | 48359 | 5.29 | 0 |
|  | 2nd | 50735 | 5.49 | 0 |
|  | 4th | 49503 | 8.55 | 9 |
|  | 8th | 48858 | 7.90 | 3 |
| $O = (b_1^\dagger b_2 + b_2^\dagger b_1)/2$ | 1st | 48993 | 5.17 | 0 |
|  | 2nd | 45849 | 5.77 | 0 |
|  | 4th | 47993 | 5.60 | 0 |
|  | 8th | 48766 | 5.03 | 0 |
| $O = (b_1^\dagger b_2 - b_2^\dagger b_1)/(2i)$ | 1st | 35990 | 8.70 | 5 |
|  | 2nd | 42699 | 8.65 | 9 |
|  | 4th | 34191 | 8.39 | 3 |
|  | 8th | 31557 | 8.55 | 7 |

TABLE II: Boson Hamiltonian (Eq. (8)). List of 1st, 2nd, 4th and 8th outliers for three few-body operators and their state #, participation ratio (PR), and the momentum of the state ($k$). The state # is the location of the state in the list of the analyzed states sorted by ascending order in energy. For $L = 20$, total 50814 states are considered. The operator $(b_1^\dagger b_2 - b_2^\dagger b_1)/(2i)$ is odd under time reversal thus has zero expectation value for $k = 0$ and 10 states, which are even under time reversal.

Now let us examine these outlier states. Table I is the list of the 1st, 2nd, 4th, and 8th outlier states and their properties for four few-body operators for the Ising Hamiltonian (Eq. (7)) with $L = 18$. We consider three features; (1) the location of the outlier state in the list of the states considered sorted by energy in ascending order (state #), (2) participation ratio (PR), (3) and momentum $k$.

(1): The state number tells us where the outliers are located in the spectrum. It shows that the outlier states may come from any place in the spectrum, which implies that their presence is not strongly sensitive to the small changes in the density of states over the energy range we are studying. Another feature is that different operators do share outlier states: States # 70164 and 8033 are the two most extreme outlier states for all of $\sigma_1^z$, $\sigma_1^x$ and $\sigma_1^z\sigma_2^z$, but are not outlier states for $\sigma_1^y\sigma_2^y$. We have checked the 30 most extreme outlier states for $L = 18$ and it turns out that $\sigma_1^z$, $\sigma_1^x$, $\sigma_1^z\sigma_2^z$ share many outlier states, while $\sigma_1^y\sigma_2^y$ seldom has common outlier states with the other operators.

(2) and (3): The participation ratio (PR) quantifies
how delocalized a state is in a certain basis [43]. Here we write each eigenstate in the $\sigma_z^L$ basis for the Ising model, and in the $n_i$ basis for the boson model. Then, for a given eigenstate $|n\rangle = \sum_{s=1}^{D} c_s^{(n)} |s\rangle$ ($D$ is the Hilbert space dimension, $|s\rangle$ are the basis states), the PR is

$$\text{PR} = \frac{1}{\sum_{s=1}^{D} |c_s^{(n)}|^4}.$$  \hfill (9)

When the state is completely delocalized, each $|c_s^{(n)}|^2 = 1/D$ and thus PR = $D$. If the state is totally localized on only one basis state, then PR = 1. Thus the PR is a measure of how many basis states the state is delocalized on. There are two special momenta, $k = 0$ and $k = L/2$, which preserve the system's time-reversal symmetry (for odd $L$, only $k = 0$ exists). These two momentum sectors have an additional discrete symmetry, spatial inversion, and thus each eigenstate in these sectors is either even or odd under this symmetry. Consequently, this extra discrete symmetry prevents these special momentum eigenstates from exploring all basis states, and results in a smaller PR than the states with the other momenta. For $L = 18$, the average PR of the central half spectrum with momenta $k = 1 \sim 8$ is $8.53 \times 10^4$ with standard deviation $0.59 \times 10^4$, while the average PR of states with momenta $k = 0$ and $k = 9$ is $5.55 \times 10^4$ with standard deviation $0.45 \times 10^4$ [44]. Therefore, these special momentum states are less ergodic and are good candidates for outliers. As we can see in Table I, many (but not all) outliers do have small PR compared to the average value of PR for their momenta, which implies these states are less uniformly delocalized than typical states. Also, outlier states tend to come from the special time-reversal-symmetric momenta, as expected. Nevertheless, Figure 3 indicates that even these extreme outlier states seem to obey ETH in the thermodynamic limit. The tendencies of outlier states are similar for other $L$. Table II is the list of outlier states and their PR and momenta for the boson Hamiltonian (Eq. (8)) with $L = 20$. The average PR for $k = 0$ and $L/2 = 10$ is $5.50 \times 10^4$ with standard deviation $0.30 \times 10^4$, and the average for the other $k$‘s is $8.61 \times 10^4$ with standard deviation $0.27 \times 10^4$. Again, many of the outlier states are from the special momenta ($k = 0$ and $L/2$). But in contrast to the Ising model, the PR’s of extreme outliers are not much lower than the averages. This indicates that the PR need not be extreme in outlier states [45]. It turns out that the lowest PR state for the boson Hamiltonian (PR = $1.19 \times 10^4$ for $L = 20$) is not extreme in the $|r|$ measure for these few-body operators, while the lowest PR state in the Ising Hamiltonian (state $# = 70164$ in Table I) is an outlier in $|r|$ for most of the few-body operators we examined. Note that the local current operator $(b_1^\dagger b_2 - b_2^\dagger b_1)/(2i)$ is odd under time-reversal symmetry and thus has zero expectation value for all states that are symmetric under time reversal. Therefore, $k = 0$ and $L/2$ states cannot have outliers of $(b_1^\dagger b_2 - b_2^\dagger b_1)/(2i)$. Since these special momentum states are not outliers for this operator, it has smaller value of extreme $|r|$‘s (see Appendix B for extreme values).

In Figure 3(a), there is an alternation between even and odd $L$ in outlier values of $|r|$. We attribute this to the number of special momenta. Even chains have two special momenta ($k = 0$ and $L/2$), while odd chains have only $k = 0$. As we see from Table I, these special momentum states tend to have more extreme outliers. Since even chains have more such states, it is natural that they tend to have higher extreme values of $|r|$. Nevertheless, once we decompose the data by the parity of $L$, we see that the largest value of $|r|$ decreases monotonically with $L$ for both even and odd $L$.

IV. ROLE OF ENERGY CONSERVATION IN ETH: FLOQUET SYSTEM

Few-body conservation laws put constraints on a system’s dynamics that can slow down or impede thermalization. One example is integrable systems that have many such conservation laws and thus do not fully thermalize [19, 20]. Our Ising model has only one few-body conservation law, which is the energy (its Hamiltonian is a sum of one- and two-body operators). Thus, we can ask what happens to thermalization when we remove energy conservation, so that the system has no few-body conserved quantity. [Note that these systems always have all the many-body conserved operators that are the projections on to the system’s eigenstates.]

One way to remove energy conservation but still have eigenstates of the dynamics is to have a time-dependent Hamiltonian $H(t)$ that is periodic in time, so $H(t) = H(t + \tau)$. We can divide the Ising Hamiltonian (Eq. (7)) into two parts, one with only $\sigma^x$ operators ($H_x = \sum_i g_\sigma \sigma_z^i$) and one with only $\sigma^z$ operators ($H_z = \sum_i h_\sigma \sigma_z^i + \sigma_z^i \sigma_z^{i+1}$). During one period $\tau$, we have $H(t) = H_z$ for the first $\tau/2$ and then $H(t) = H_x$ for the remaining $\tau/2$. Then, the unitary Floquet operator that takes the system through one period is

$$\hat{U} = \exp(-iH_z\tau/2) \exp(-iH_x\tau/2).$$ \hfill (10)

The eigenvalues of $\hat{U}$ are complex numbers of magnitude one. On the complex unit circle, the level spacing statistics of the eigenvalues follow the ‘circular orthogonal ensemble’ [32]. References [33, 34] report that when this sort of many-body Floquet system thermalizes, it thermalizes a generic initial state to the ‘infinite temperature’ ensemble (all states of each small subsystem equally probable). Therefore, if the strong ETH is applicable to this Floquet system, every eigenstate of $\hat{U}$ should be thermal at infinite temperature.

Here we perform the same outlier analysis for eigenstates of $\hat{U}$ with the few-body operator $\sigma^z$. Since the expectation value of $\sigma^z$ at infinite temperature is zero, we need not compare expectation values of adjacent states.
We analyzed the outlier states and showed outliers have an integrable Hamiltonian system with energy conservation law, thermalizes “better” (by this measure) than the non-integrable Floquet system, which has no local conservation approach ETH predictions faster. Therefore, we conclude that the Floquet system satisfies ETH more precisely for each system size $L$.

and instead just evaluate the absolute value of the expectation value in each eigenstate. Furthermore, since the eigenvalues are well spread over the unit circle, we can use all eigenstates and need not search for a region where the density of states is nearly constant. We choose the period $\tau = 1.6$ and use the same parameters $g, h, J$ as above.

Figure 4 shows the outliers and average value of the magnitude of the eigenstate expectation value $|\langle \sigma^x \rangle|$. In comparison with Figure 3(a), we can clearly see that the value of outliers and average value are smaller and approach ETH predictions faster. Therefore, we conclude that the Floquet system, which has no local conservation law, thermalizes “better” (by this measure) than the non-integrable Hamiltonian system with energy conservation.

\section{Conclusion and Outlook}

In this paper, we have done a stringent test of the Eigenstate Thermalization Hypothesis. We chose two popular nonintegrable model Hamiltonians, well away from integrable points in their parameter spaces, and thoroughly investigated properties of eigenstate expectation values of several few-body operators. First, we introduced an indicator that measures deviation from ETH behavior, and showed that these deviations decrease as we increase the system size. Therefore, we recover some known results about ETH \cite{8, 14}. Then, we examined the ‘outlier’ eigenstates, that deviate the most from ETH behavior. Even these extreme states (outliers) approach ETH behavior as the system size is increased. Thus we provide numerical evidence in support of ETH in its strong version: ETH is true for all eigenstates. We analyzed the outlier states and showed outliers have relatively small participation ratio, which implies they are less delocalized in the many-body Fock space than typical states. Finally, we deliberately broke the energy conservation by making the Hamiltonian time-dependent (Floquet system). We showed that the eigenstates of the Floquet operator deviate from ETH behavior by less than those of the corresponding time-independent Hamiltonian. Therefore, the Floquet system, which has no conserved energy to transport, thermalizes better.

Many open questions still remain. First, we have only considered certain one-site and two-site operators. One could in principle search systematically over some complete set of few-body operators to find the operators that produce the most extreme outliers. We have not done this, so the possibility remains that ETH might fail for the combination of special eigenstates and special few-body operators, although we see no reason to expect such a failure. Second, we only looked at two models, and there might be some other nonintegrable models that would violate the strong ETH. We know that strong ETH is false for integrable models, while it appears to be true for the two strongly nonintegrable models we have studied. Naively, we would expect that ETH is restored in the thermodynamic limit as soon as the integrability is broken by some nonzero amount, but this remains an open question \cite{9, 46}. We leave these interesting questions for future investigation.

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\appendix

\section{Density of states and ETH indicator}

In Ref. \cite{14}, they report that the typical deviations of eigenstate expectation values from their thermal values scale as $D^{-1/2}$, where $D$ is the dimension of the Hilbert space. For the Hamiltonian systems with thermal eigenstates that are in a certain sense microcanonical, $D$ is proportional to $e^{S(E)}$ and thus to the many-body density of states, where $S(E)$ is the thermodynamic entropy at energy $E$. Therefore, we expect that typical values of our ETH indicator, $|r_n|$, are inversely proportional to the square root of the density of states. The density of states does vary over the energy range we study and thus direct comparison of ‘bare’ values of $|r_n|$ could be dangerous, especially near the edge of the spectrum where the variation in the density of states is the largest. This is why we choose to only look at one half of the eigenstates, and only those that are near the middle of the spectrum where the density of states is nearly constant. The states we left out are the lowest and highest 25% of...
FIG. 5: The many-body density of states over the energy ranges we examine. (a) Ising chain (Eq. (7)) with $L = 19$. (b) Hard-core bosons (Eq. (8)) with $L = 22$. For both Hamiltonians the ratio of maximum to minimum density of states over our energy range is $\sim 1.20$.

FIG. 6: (color online) The largest outlier values (black solid lines) and the mean of $|r|$ (red dotted lines) for other few-body operators. (a) Ising chain (Eq. (7)). Circles, squares and diamonds are results for $\sigma_1^z$, $\sigma_1^x \sigma_2^x$ and $\sigma_1^y \sigma_2^y$ respectively. (b) Hard-core bosons (Eq. (8)). Circles and squares are results for the real and imaginary parts of $b_1^\dagger b_2$ respectively. For all cases, the largest outliers decrease with the system size, thus again supporting the strong ETH.

**Appendix B: Results of other observables**

In the main text, we reported results for the local operators $\sigma_1^z$ for the Ising model and $b_1^\dagger b_1 b_2^\dagger b_2$ for the hard-core boson model. Here, we give outlier results for other few-body operators: $\sigma_1^z$, $\sigma_1^x \sigma_2^x$, and $\sigma_1^y \sigma_2^y$ for the Ising model and $(b_1^\dagger b_2 + b_2^\dagger b_1)/2 = \text{Re}(b_1^\dagger b_2)$ and $(b_1^\dagger b_2 - b_2^\dagger b_1)/(2i) = \text{Im}(b_1^\dagger b_2)$ for the hard-core boson model. Figure 6 shows the largest value of $|r|$ (the extreme outlier) and the mean value of $|r|$ for each operator. It is clear that they have the same qualitative feature, the decrease with increasing system size of the value for the outliers. Therefore, all results support the strong ETH.

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