Toxicity assessment of repeated intravenous injections of arginine–glycine–aspartic acid peptide conjugated CdSeTe/ZnS quantum dots in mice

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Background: Nanotechnology-based near-infrared quantum dots (NIR QDs) have many excellent optical properties, such as high fluorescence intensity, good fluorescence stability, and strong tissue-penetrating ability. Integrin \( \alpha v \beta 3 \) is highly and specifically expressed in tumor angiogenic vessel endothelial cells of almost all carcinomas. Recent studies have shown that NIR QDs linked to peptides containing the arginine–glycine–aspartic acid (RGD) sequence (NIR QDs-RGD) can specifically target integrin \( \alpha v \beta 3 \) expressed in endothelial cells of tumor angiogenic vessels in vivo, and they offer great potential for early cancer diagnosis, in vivo tumor imaging, and tumor individualized therapy. However, the toxicity profile of NIR QDs-RGD has not been reported. This study was conducted to investigate the toxicity of NIR QDs-RGD when intravenously administered to mice singly and repeatedly at the dose required for successful tumor imaging in vivo.

Materials and methods: A NIR QDs-RGD probe was prepared by linking NIR QDs with the maximum emission wavelength of 800 nm (QD800) to the RGD peptide (QD800-RGD). QD800-RGD was intravenously injected to BALB/C mice once or twice (200 pmol equivalent of QD800 for each injection). Phosphate-buffered saline solution was used as control. Fourteen days postinjection, toxicity tests were performed, including complete blood count (white blood cell, red blood cell, hemoglobin, platelets, lymphocytes, and neutrophils) and serum biochemical analysis (total protein, albumin, albumin/globulin, aspartate aminotransferase, alanine aminotransferase, and blood urea nitrogen). The coefficients of liver, spleen, kidney, and lung weight to body weight were measured, as well as their oxidation and antioxidation indicators, including superoxide dismutase, glutathione, and malondialdehyde. The organs were also examined histopathologically.

Results: After one or two intravenous injections of QD800-RGD, as compared with control, no significant differences were observed in the complete blood count; biochemical indicators of blood serum, organ coefficient, and oxidation and antioxidation indicators; and no cell necrosis or inflammation were seen in the liver, spleen, kidney, or lung through histopathological examination.

Conclusion: Our data demonstrate that the single and repeated intravenous injection of QD800-RGD at a dose needed for successful tumor imaging in vivo is not toxic to mice. Our work lays a solid foundation for further biomedical applications of NIR QDs-RGD.

Keywords: nanotechnology, RGD peptides, integrin \( \alpha v \beta 3 \), quantum dots, intravenous injection, toxicity

Introduction

Due to their unique physical and chemical properties, many synthetic nanomaterials have become important tools for medical research.\(^1,2\) Quantum dots (QDs) with unique optical properties are a class of novel nanomaterials and have been widely used in medical research.\(^3,4\) QDs are nanocrystals (diameter ranges from 2–10 nm) consisting of
elements belonging to group 2–6 or group 3–5. When coated with water-soluble bioactive material, they form core–shell nanostructures that are water soluble and biocompatible. The structures can be further conjugated with a variety of ligands, antibodies, or peptides to prepare functional nano fluorescent probes with unique optical properties. These functional QD probes have been increasingly used in cellular and molecular tracing, in vivo tumor imaging, drug monitoring, and signal transduction.3–8

Since the core components of QDs are heavy metals (such as Cd, Se, and so on), their toxicity and biosafety have aroused general concern.9,10 Some studies have shown that due to the release of heavy metals from the QD core and the generation of reactive oxygen free radicals induced by QDs in cells, QDs are toxic to the organism and cells.9–11 However, other studies show that for some functional QDs coated with bioactive substances, no cell or organism toxicity was observed in vitro and in vivo.12–14 Since there is a large number of functionalized QDs species, each having different physical and chemical properties, their toxicity varies greatly. A number of factors have been demonstrated to impact the toxicity of QDs,15–24 such as the composition of the QD core, particle size, exposure concentration, exposure time, the physical and chemical properties of the coating material, environmental condition, administration manner, and the types of targeted cells. Therefore, QDs cannot be generally defined as toxic or nontoxic. The toxicity of functionalized QDs needs to be assessed individually. What is important is that, firstly, we need to assess, individually, the toxicity of different types of functional QDs to the organism and cell at the dose that is required for the QDs to achieve their medical application purposes.

The recently developed near-infrared QDs (NIR QDs) with emission wavelengths between 700–900 nm have unique optical properties, such as high fluorescent intensity, excellent fluorescence stability, and strong tissue-penetrating ability, and therefore have great potential for early cancer diagnosis, in vivo tumor imaging, and individualized tumor therapy.25–27 The occurrence and development of cancer have been shown to depend on angiogenesis, and integrin αvβ3 is specifically and highly expressed in the endothelial cells of almost all tumor angiogenic vessels; moreover, integrin αvβ3 can specifically bind to peptides containing the arginine–glycine–aspartic acid (RGD) sequence.28,29

Preparation of QD800-RGD

QD800 are made of CdSeTe cores with a ZnS shell and an amino-derivatized polyethylene glycol outer coating (Thermo Fisher Scientific, Waltham, MA, USA); cyclic RGD peptide was obtained from GL Biochem Ltd. (Shanghai, People’s Republic of China). QD800 and RGD were conjugated to prepare QD800-RGD according to the protocol described in Qdot® Antibody Conjugation Kits (Thermo Fisher Scientific). The detailed operational steps were reported in our previous paper.27

Characterization of QD800-RGD and QD800

A 50 μL aliquot of QD800-RGD solution (16 μmol/mL) and a 50 μL aliquot of QD800 solution (16 μmol/mL) were...
diluted 100 times separately with double-distilled water after being sonicated. A 50 μL aliquot of each diluted suspension was separately added to copper grids with a membrane. After standing for 10 minutes, redundant water was removed from the copper grids with filter paper. The samples were observed under a transmission electron microscope (H-7500; Hitachi Ltd., Tokyo, Japan) for QD800-RGD and QD800 dispersion when they became dry. A 200 μL aliquot of each suspension was separately diluted to 6 mL with ultrapure water in sample tubes (Yixing Jingke Optical Instrument Co., Ltd., Jiangsu, People’s Republic of China), and determined with a laser scattering analyzer (BI-200SM; Brookhaven Instruments Corporation, Holtsville, NY, USA). QD800-RGD and QD800 dynamic diameters were analyzed by Dynamics® Light Scattering software version 5.77 (Wyatt Technology Corporation, Goleta, CA, USA).

In vivo distribution of QD800-RGD and QD800

Nine SPF mice (male; BALB/C mice) were randomly divided into three groups with three mice in each group. In group 1, mice were injected via tail vein with 100 μL of QD800-RGD solution (containing 200 pmol equivalent of QD800). For group 2, the mice were similarly injected with 100 μL of QD800 solution (containing 200 pmol QD800). In group 3, mice were injected with 100 μL of phosphate-buffered saline (PBS) solution through the tail vein. All mice were cervically dislocated 24 hours later and dissected immediately for brain, heart, liver, spleen, lung, kidney, tibia, and stomach. After washing with PBS and blotting dry with filter paper, the organs were fluorescently imaged with the Maestro™ in vivo imaging system (Maestro EX IVIS; Thermo Fisher Scientific) at an excitation of 630 nm and an emission of 800 nm to observe the distribution of QD800-RGD and QD800 in various organs.

Blood count and serum biochemical analysis

Twenty-four SPF mice (male; BALB/C) were randomly divided into four groups with six mice in each group. In experimental group 1, mice were injected via tail vein with 100 μL of QD800-RGD (equivalent to 200 pmol of QD800) on the first day. For control group 1, mice were injected similarly with 100 μL of PBS. In experimental group 2, mice were repeatedly injected via tail vein with 100 μL of QD800-RGD (equivalent to 200 pmol of QD800) on the first and seventh days, and for control group 2, mice were repeatedly injected similarly with 100 μL of PBS on the first and seventh days. The general health of the mice was observed once a day. On the 14th day, the weights of all mice were measured and recorded, and then the right eyeball of every mouse was removed to collect about 1.2 mL of blood from each mouse after 12 hours of watering but not feeding. The blood from each mouse was put into two collection tubes with coagulant or anticoagulants (approximately 0.6 mL each). The samples in the tubes with the anticoagulants were analyzed using an automatic hematology analyzer (XE-2100; Sysmex Corporation, Kobe, Japan) for numbers or content of white blood cells (WBCs), red blood cells (RBCs), hemoglobin (Hb), platelets (PLT), lymphocytes (LYM#), and neutrophils (NEUT#). The samples in the tubes with the coagulant were immediately centrifuged for 6 minutes (4°C; 3,000 rpm), and the sera obtained were analyzed for total protein (TP), albumin (Alb), Alb/globulin ratio (Alb/GLB), aspartate aminotransferase (AST), alanine aminotransferase (ALT), and blood urea nitrogen (BUN) using an automatic biochemical analyzer (Modular DDP; Hoffman-La Roche Ltd., Basel, Switzerland).

Organ coefficient

After taking the blood samples, the 24 mice were sacrificed by cervical dislocation, and then organs including the liver, spleen, kidney, and lung were dissected and weighed with an electronic balance after blotting the blood and body fluids with filter paper. The organ coefficient of an organ was calculated as follows:

\[
\frac{\text{Organ weight (g)}}{\text{Body weight (g)}} \times 100\%.
\]  

(1)

Measurement of oxidation and antioxidation indicators

The liver, spleen, lung, and kidney were each cut into two pieces immediately after weighing them. One piece of every organ was washed with 4°C physiological saline three times, blotted dry with filter paper, and weighed. Then, the tissues were homogenized with mechanical homogenizer in an ice bath after 4°C physiological saline was added to the homogenate tube as follows:

\[
\frac{\text{Organ weight (g)}}{\text{Total volume (mL)}} = 1 : 9.
\]  

(2)

The homogenates were centrifuged for 10 minutes (4°C, 3,000 rpm), and then the supernatants were used to measure the TP concentration with the Coomassie Brilliant Blue binding method. The total superoxide dismutase
(SOD) activity, glutathione (GSH), and malondialdehyde (MDA) content of each organ was measured separately using the total SOD test kit (A001; Nanjing Jiancheng Bioengineering Institute, Nanjing, People’s Republic of China), MDA test kit (A003-1; Nanjing Jiancheng Bioengineering Institute) and GSH test kit (A006-1; Nanjing Jiancheng Bioengineering Institute). Every experiment was carried out according to the instructions of the corresponding test kit. The detailed operational steps were reported in previous papers.33,34

Histopathology
The other piece of every organ was fixed in 4% paraformaldehyde for 6 hours, embedded in paraffin, and cut into 4 μm tissue slices. The slices were stained with hematoxylin and eosin (HE) and observed under a light microscope (Leica DMI4000 B; Leica Microsystems, Wetzlar, Germany).

Statistical methods
One-way analysis of variance was performed using SPSS version 13.0 software (IBM Corporation, Armonk, NY, USA) and the results were expressed as means ± standard deviation. P<0.05 was considered statistically significant.

Results
Characteristics of QD800-RGD and QD800
The QD800-RGD concentration obtained in this experiment was 1.2 μM. Under transmission electron microscope, both QD800-RGD and QD800 dispersed well without agglomeration (Figure 1). The average hydrodynamic diameters of QD800-RGD and QD800 were 23.83±5.24 nm and 16.67±3.81 nm, respectively.

In vivo distribution
Twenty-four hours after injection via the tail vein, strong fluorescence signals of QD800 were detected in the liver, spleen, and lungs, but not in the brain, heart, kidney, tibia, and stomach (Figure 2), indicating that QD800-RGD and QD800 had similar distribution patterns in the organs in vivo after the intravenous injection (Figure 2).

General reactions
All mice survived and ate and drank normally with normal urine and feces. No tail lift, skin and hair color change, or abnormal behaviors were observed. No excitatory or inhibitory response was noticed.

Coefficients of organs
The coefficients of liver, spleen, kidney, and lung weight to body weight following the one or two intravenous injections of QD800-RGD or PBS are shown in Table 1. The organ coefficients of mice in the four groups showed no statistical difference (∼0.05), indicating that the one or two injections of QD800-RGD did not cause changes in the relative weight of these organs.

Complete blood count
The numbers of WBC, RBC, Hb, pLT, LYM#, and NEUT# in the peripheral blood of the mice in the four groups are
shown in Table 2. These counts were not significantly different among the groups ($P>0.05$), indicating that the one or two injections of QD800-RGD did not cause any hematologic toxicity.

### Serum biochemical parameters
The serum biochemical parameters of the mice in the four groups are shown in Table 3. The measurements of TP, Alb, the Alb/GLB ratio, AST, ALT, and BUN were not significantly different among the groups ($P>0.05$), indicating that the one or two injections of QD800-RGD did not damage the functions of the liver and kidney.

### SOD activity, GSH, and MDA content
The measurements of SOD, GSH, and MDA in the liver, spleen, and lung of the four groups of mice are shown in Table 4. No significant difference in these measurements was found among the four groups ($P>0.05$), indicating that the injections of QD800-RGD did not cause oxidative damage to the liver, spleen, and lung.

### Histopathology
HE-stained tissue slices under light microscope showed that the cell morphology, number, and distribution in the mice liver, spleen, lung, and kidney tissues after the one or two

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**Table 1** Organ coefficient after one or two intravenous injections of QD800-RGD and PBS

| Organ    | QD800-RGD          | PBS             | P-value |
|----------|---------------------|-----------------|---------|
|          | One injection       | Two injections  | One injection | Two injections |
| Liver    | 4.42±0.49           | 5.33±0.70       | 4.59±0.27 | 5.32±0.77 | 0.621 |
| Spleen   | 0.31±0.05           | 0.33±0.05       | 0.32±0.05 | 0.32±0.04 | 0.990 |
| Kidney   | 1.55±0.12           | 1.88±0.18       | 1.62±0.22 | 1.87±0.19 | 0.665 |
| Lung     | 0.72±0.08           | 0.88±0.21       | 0.72±0.06 | 0.87±0.17 | 0.852 |

**Note:** Mean ± standard deviation (n=6).

**Abbreviations:** QD800, quantum dots with emission wavelength of 800 nm; RGD, arginine–glycine–aspartic acid; IVIS, in vivo imaging system; PBS, phosphate-buffered saline; n, number.
QD800-RGD injections were not obviously different from those in the control samples. There was no necrosis or other abnormality, demonstrating that the QD800-RGD injections did not cause damage to these organs (Figure 3).

**Discussion**

The toxicity of QDs is influenced by many factors and varies considerably among different types of functionalized QDs. In this study, the outer coating of QD800 is amino-derivatized polyethylene glycol; therefore, QD800 is highly cationic under physiological conditions. On the basis of the size of QD800, we estimated that there are about 80–100 amino groups on the surface of each QD800. Since the maximum ligand coupling efficiency of the amino groups and RGD peptides is 40%–50%, about half of the amino groups conjugated with RGD peptides; therefore, the overall charge of the QD800-RGD is much less.

Studies show that after intravenous injection, QDs could react first with the blood components, causing inflammation and changes in the blood factors (such as WBC, PLT, RBC, and so on). QDs-RGD containing 150–200 pmol equivalent of QDs intravenously injected to mice weighing 20–25 g have been shown to be adequate doses for clear in vivo tumor imaging. In our study, mice weighing 17–20 g were intravenously injected once or twice with QD800-RGD containing 200 pmol equivalent of QD800, which exceeds the maximum dose of QD800-RGD for achieving in vivo tumor imaging. The results indicate that the single and repeated injections did not cause any hematologic toxicity 14 days after the injection.

The QD toxicity is believed to be due to the released heavy metal ions of the QD core (such as Cd, Se, and so on) and the QD-induced reactive oxygen free radicals in the cells. This and earlier studies have demonstrated that following intravenous injection, QD800-RGD was mainly distributed in the liver, spleen, and lung. Since the kidney is the main excretory organ in vivo, we focused our toxicity assay in the liver, spleen, lung, and kidney.

Serum proteins (such as TP and Alb) and some unique enzymes (such as AST, ALT, and BUN) are important indicators for liver and kidney function. When the liver and kidney undergo inflammation or damage, these indicators will change significantly. The results of this study show that single or repeated injections of 200 pmol QD800-RGD did not cause any damage to liver and kidney function.

Reactive oxygen free radicals are closely associated with cell proliferation, differentiation, apoptosis, and other pathological processes. Increased reactive oxygen free radicals in the liver, spleen, lung, and kidney were found to be adequate doses for clear in vivo tumor imaging. In our study, mice weighing 17–20 g were intravenously injected once or twice with QD800-RGD containing 200 pmol equivalent of QD800, which exceeds the maximum dose of QD800-RGD for achieving in vivo tumor imaging. The results indicate that the single and repeated injections did not cause any hematologic toxicity 14 days after the injection.

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Figure 3 HE staining micrograph of the liver, spleen, kidney, and lung sections after one or two QD800-RGD or PBS injections.

Notes: The scale bar represents 100 μm. (A) Group 1, one intravenous injection of QD800-RGD; (B) group 2, one intravenous injection of PBS; (C) group 3, two intravenous injections of QD800-RGD; (D) two intravenous injections of PBS. The photos show that the cells and tissues are normal.

Abbreviations: HE, hematoxylin and eosin; QD800, quantum dots with emission wavelength of 800 nm; RGD, arginine–glycine–aspartic acid; PBS, phosphate-buffered saline.

Table 4 SOD activity and GSH and MDA contents in mice after one or two intravenous injections of QD800-RGD and PBS

| Organ | Measurement indicators | QD800-RGD One injection | QD800-RGD Two injections | PBS One injection | PBS Two injections | P-value |
|-------|------------------------|-------------------------|--------------------------|------------------|-------------------|---------|
| Liver | SOD (U/mg prot)        | 273.57±5.14             | 275.63±5.84              | 273.40±5.32      | 273.40±5.32       | 0.412   |
|       | GSH (mg/g prot)        | 2.81±0.19               | 2.86±0.11                | 2.87±0.17        | 2.92±0.24         | 0.490   |
|       | MDA (nmol/mg prot)     | 8.97±0.57               | 8.63±0.53                | 8.63±0.37        | 8.80±0.67         | 0.715   |
| Spleen| SOD (U/mg prot)        | 330.02±8.79             | 327.04±7.23              | 329.74±8.80      | 327.74±7.25       | 0.438   |
|       | GSH (mg/g prot)        | 2.32±0.08               | 2.39±0.07                | 2.38±0.11        | 2.37±0.12         | 0.344   |
|       | MDA (nmol/mg prot)     | 11.06±0.92              | 10.89±0.90               | 11.14±0.55       | 10.97±0.85        | 0.436   |
| Kidney| SOD (U/mg prot)        | 158.13±2.13             | 158.49±2.33              | 156.83±1.22      | 157.86±0.93       | 0.317   |
|       | GSH (mg/g prot)        | 2.75±0.19               | 2.66±0.06                | 2.65±0.12        | 2.64±0.12         | 0.369   |
|       | MDA (nmol/mg prot)     | 11.76±0.58              | 12.59±0.69               | 12.75±0.67       | 12.74±0.63        | 0.784   |
| Lung  | SOD (U/mg prot)        | 335.96±13.02            | 337.80±14.55             | 339.70±11.84     | 341.20±14.60      | 0.832   |
|       | GSH (mg/g prot)        | 2.37±0.07               | 2.34±0.12                | 2.36±0.12        | 2.37±0.14         | 0.915   |
|       | MDA (nmol/mg prot)     | 11.76±0.58              | 11.59±0.83               | 11.40±0.82       | 11.23±1.05        | 0.680   |

Note: Mean ± standard deviation (n=6).

Abbreviations: QD800, quantum dots with emission wavelength of 800 nm; RGD, arginine–glycine–aspartic acid; PBS, phosphate-buffered saline; SOD, superoxide dismutase; GSH, glutathione; MDA, malondialdehyde; n, number; prot, protein.
radicals can cause lipid peroxidation injury, resulting in cell membrane damage, apoptosis, or cell death.\cite{9,13,27} MDA is a representative product of lipid peroxidation, and its content can be used to measure the rate and intensity of lipid peroxidation. The production and cleavage of cellular reactive oxygen free radicals depend on a redox system comprising a variety of enzymes. SOD and GSH are two key enzymes that clear reactive oxygen free radicals. Therefore, MDA, SOD, and GSH are often used in the study of oxidative stress and antioxidant defense.\cite{28} Our results show that single and repeated intravenous injections of 200 pmol QD800-RGD did not cause significant changes in the activity of SOD, or in the contents of MDA and GSH in the liver, spleen, kidney, and lung tissues. Histopathologically, no cell necrosis or damage was observed in the mice after the injections.

**Conclusion**

In summary, the individualized evaluation of functional QDs is necessary for the accurate assessment of their biotoxicity, given the vast types of functional QDs available.\cite{15,19} Our study demonstrates for the first time that at the dose needed to produce in vivo tumor imaging, there is no short-term toxicity of QD800-RGD in mice after repeated intravenous injections, which provides invaluable information for the clinical application of QD800-RGD. Additional study is needed to further elucidate the dose–toxicity relationship of QD800-RGD in mice and its long-term toxicity and metabolic fates.

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**Disclosure**

The authors report no conflicts of interest in this work.

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