Effects of on-farm supplemental feeding of probiotic Bacillus subtilis on milk production in lactating dairy cows under tropical conditions

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ABSTRACT. The objective of the study was to determine the effect of Bacillus subtilis supplementation on the production of heat-stressed cows in a tropical environment during summer and rainy seasons. Twenty-eight lactating crossbred Holstein-Friesian cows (89 ± 50 days in milk) on four farms in Thailand were randomly assigned to treatment sequences in a replicated 4 × 4 Latin square design. Each 21 days of experimental period included 13 days of adaptation followed by data collection from day 14 through 21. A basal ration was fed to all cows. Cows were individually fed 0 (CON), 0.5 × 10¹¹ (BS0.5), 1 × 10¹¹ (BS1) or 2 × 10¹¹ CFU (BS2) of B. subtilis/day. Throughout the study, microclimatic conditions inside the barns were recorded. Milk weights were measured on days 14 and 21, and milk samples were collected on day 21. Whole blood samples were collected for haematological and biochemical analyses only during the first period of the study. Milk yield increased \( P < 0.01 \) linearly as the level of B. subtilis increased. The temperature-humidity index (THI) was negatively related to milk yield \( r = -0.52, P < 0.01 \), protein \( r = -0.51, P < 0.01 \) and lactose \( r = -0.49, P < 0.01 \). Cows fed B. subtilis at the level of 2 × 10¹¹ CFU/day produced 1.7 kg/day more milk. So, it was indicated that milk yield increased linearly with the level of supplemented B. subtilis, and the supplementation did not exert any effect on haematological and biochemical parameters.

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Introduction

Heat stress is an important economically-relevant problem in the dairy industry around the world and occurs in environments with both high ambient temperature and high relative humidity. The extent of heat stress is determined by a temperature-humidity index (THI) (Armstrong, 1994). In general, physiological changes in heat-stressed cows include impaired rumen function (Bernabucci, 2012), decreased rumination time (Moretti et al., 2017) and feed intake (Wheelock et al., 2010) resulting in decreased milk production, reproductive efficiency and immune functioning. The initial heat stress (environment THI > 72) and moderate heat stress (environment THI > 80) induce panting, increased respiratory rate, lower feed intake, lower production performance, reduced fertility and increased early embryonic death (Jian et al., 2015).
In order to reduce the heat stress, better provision of shade and evaporative cooling (Polsky and von Keyserlingk, 2017) and roughage quality have to be applied, but such methods are complicated and difficult to realise. Feeding animals additives containing live microorganisms (i.e. probiotics) is generally considered beneficial for the health of hosts (FAO, 2016). The results of the studies conducted in warm-temperature conditions (Peng et al., 2012; Sun et al., 2013) demonstrated that supplementation of Bacillus subtilis improves both rumen fermentation and lactation performance of dairy cattle.

A tropical environment is characterized by both high ambient temperature and high relative humidity. In most tropical countries, including Thailand, the THI is usually >72 and often >80 during the summer and rainy seasons. Under these conditions, the adverse effects of heat stress on performance, health and reproduction are persistent during the whole year (Boonkum et al., 2011; Polsky and von Keyserlingk, 2017). Due to the marked influence of heat stress on rumen fermentation and lactation performance in the tropical environment, the aforementioned promising results of probiotics on milk production in heat-stressed cows were considered. So, the objective of this study was to determine if supplementation of B. subtilis would stimulate milk yield in heat-stressed cows in a tropical environment during summer and rainy seasons.

Material and methods

Animal welfare

All procedures were carried out following the principles and ethical guidelines for the use of animals for scientific purposes, and approved by the Animal Care and Use Committee of the Faculty of Veterinary Medicine, Chiang Mai University, Chiang Mai, Thailand (no. S23/2558).

Cows, housing and feeding management

The study was conducted on four randomly selected smallholder dairy farms with herds ranging from 10 to 20 crossbred Holstein-Friesian cows/farm from May to August 2016. The participating farms were selected based on the same size, basal rations and feeding practice. All farms are located near the Mae Wang Dairy Cooperative, Chiang Mai, Thailand (latitude: 18.616485, longitude: 98.812913; diameter 20 km). Clinically healthy cows, free from mastitis based on the California Mastitis Test were selected for the trial. The selected cows on each farm were housed together with other cows in free stall barns and were fed rice straw and maize husk ad libitum supplemented with a commercial concentrate at the rate of 1 kg of concentrate per 2 kg of milk yield. Since roughages in Thailand are of low quality, the practice on giving a cow 1 kg of concentrate per 2 kg of milk yield is the routine practice for small holder dairy farms recommended by Department of Livestock Development, Ministry of Agriculture and Cooperative, Thailand. If cow produced 14 kg of milk per day, farmers give them 3.5 kg of concentrates during morning milking, and 3.5 kg of concentrates during evening milking. The pelleted concentrate (‘Win W 95 SS’, Lee Feed Mill Public Company Limited, Saraburi, Thailand) consisted of fish meal, soybean meal, maize meal, oil, bran, molasses, oyster shell, salt, trace minerals and vitamins. The same feeding was applied at each farm especially during the study period. Throughout the study, all cows had free access to the forage and fresh water. Inside each barn, electronic data loggers (Tenmars Electronics Co., Ltd., Taipei, Taiwan) registered the temperature and relative humidity hourly throughout the study. According to Boonkum et al. (2011) THI was calculated as:

\[
\text{THI} = (1.8 \times T + 32) - [(0.55 - 0.0055 \times \text{RH}) \times (1.8 \times T - 26)]
\]

where: T—temperature expressed as °C and RH—relative humidity (%).

Experimental design

Twenty eight dairy cows, including 4, 12, 8 and 4 from farm A, B, C and D, respectively, were used to evaluate the effects of B. subtilis supplementation on milk yield and composition. The B. subtilis probiotic, with >90% viability base according to information provided by the manufacturer (Sahathanee Co., Ltd, Bangkok, Thailand), was a mix of powdered B. subtilis solid-state fermentation products including defatted rice bran powder which was formed into a solid compact tablet containing $0.5 \times 10^8$ CFU of B. subtilis (Relianz Vet Drug Co., Ltd., Bangkok, Thailand). At the beginning of the study, cows were characterised by (mean ± standard deviation): 2 ± 1 lactations, 500 ± 78 kg body weight, 89 ± 50 days in milk (DIM), and 15.8 ± 3.1 kg/day milk. Animals were distributed to squares accordingly to initial milk yield. Within each square, cows were randomly assigned to treatment sequences in a replicated $4 \times 4$ Latin square design. The Latin square design was applied to the set of 4 cows in each farm. Therefore, 1, 3, 2 and 1 squares were applied to farm A, B, C and D, respectively. Each experimental period lasted 21 days, with 13 days for adaptation, and data collection from day 14 till day 21. The four dietary treatments included a basal ration without B. subtilis (CON), or the basal
ration supplemented with either 0.5 × 10^11 (BS0.5), 1 × 10^11 (BS1) or 2 × 10^11 (BS2) CFU of _B. subtilis/_cow/day. The treatment doses were based on the amounts previously determined by Peng et al. (2012), Sun et al. (2013) and Song et al. (2014). The _B. subtilis_ preparation was fed in the morning.

### Sampling and chemical analysis

On each farm, cows were milked twice a day at approximately 4:00 and 14:00. Individual milk weights were recorded on day 14 and 21 of each period. Individual milk samples were collected from two consecutive milkings on day 21 of each period and combined in a 1:1 ratio to form a composite for analysis. Milk samples were collected into plastic bottles, immediately placed on ice and transported to the laboratory. Then within 24 h, samples stored at 4 °C were analysed for concentrations of fat, protein, lactose percentages and somatic cell count (SCC) using an automated milk analyser (FOSS, Hillerød, Denmark). Yields of fat, protein and lactose were calculated using the corresponding milk yield.

Due to the fact of using higher than in previous studies (Peng et al., 2012; Sun et al., 2013) dose of _B. subtilis_ (BS2), haematological and biochemical parameters were monitored during the first experimental period of the study. Whole blood samples were collected immediately prior to the beginning of the trial (week 0) and at the end of each week within first experimental period from the coccygeal vein or coccygeal artery following the morning feeding.

### Statistical analysis

Data were analysed using the linear mixed model (MIXED procedure) of SAS University Edition (SAS Institute Inc., Cary, NC, USA) as a replicated 4 × 4 Latin square design. The model included the fixed effects of square, treatment and period. Farm and cow within square were included as random effects. The SCC data were log transformed for analysis. Kenward-Roger option and first-order autoregressive covariance structure were used in the models. Data for haematological and biochemical parameters were
analysed as repeated measures using the MIXED procedure of SAS with a model containing week 0 as covariate, fixed effects of treatment, sampling time, and the interaction between treatment group and sampling time, farm and cow within treatment group as random effect. The best covariance structure was selected based on Akaike’s information criterion and Schwarz’s Bayesian criterion among first-order autoregressive, compound symmetry and unstructured. The values were presented as least squares means and standard error of the mean, which were compared using the Tukey adjustment. Orthogonal polynomials were used to test linear, quadratic and cubic effects in response to dietary probiotic levels of B. subtilis. Correlation coefficients among different variables were determined using the CORR procedure of SAS. Significance was declared at P ≤ 0.05 and trends at 0.05 < P ≤ 0.10.

### Results

Milk yield increased linearly (P < 0.01) as B. subtilis supplementation increased (Table 2). Cows from group BS2 produced 1.7 kg/day more milk than animals from CON group. No statistically significant differences were observed in yield or concentration of milk components. Negative correlations (Table 3) were observed between increased DIM and milk yield (r = −0.56, P < 0.01), and lactose percentage (r = −0.66, P < 0.01). The THI gradually increased from 80.5 in the summer (May) to 82.4 in rainy season (August) (Figure 1). The high THI (> 80) indicates that cows in the study were under moderate heat stress throughout the study. The THI was negatively correlated with yields of milk (r = −0.52, P < 0.01), protein (r = −0.51, P < 0.01) and lactose (r = −0.49, P < 0.01) (Table 3).

#### Table 2. Effect of dietary supplementation of Bacillus subtilis (BS) on milk yields and compositions

| Indices                        | Treatment | SEM | P-value – contrasts |
|--------------------------------|-----------|-----|---------------------|
|                                | CON       | BS0.5 | BS1 | BS2   | linear | quadratic | cubic |
| Milk yield, kg/day             | 14.1<sup>a</sup> | 14.1<sup>ab</sup> | 14.6<sup>ab</sup> | 15.8<sup>b</sup> | 1.110 | <0.01 | 0.52 | 0.72 |
| Fat, %                         | 4.20      | 3.78 | 3.76 | 3.42 | 0.422 | 0.15 | 0.74 | 0.78 |
| Protein, %                     | 2.86      | 2.91 | 2.81 | 2.83 | 0.071 | 0.52 | 0.85 | 0.37 |
| Lactose, %                     | 4.82      | 4.93 | 4.86 | 4.87 | 0.094 | 0.82 | 0.34 | 0.16 |
| Fat yield, kg/day              | 0.54      | 0.52 | 0.50 | 0.44 | 0.090 | 0.36 | 0.86 | 0.95 |
| Protein yield, kg/day          | 0.42      | 0.45 | 0.44 | 0.45 | 0.033 | 0.44 | 0.82 | 0.57 |
| Lactose yield, kg/day          | 0.72      | 0.76 | 0.76 | 0.79 | 0.064 | 0.39 | 0.85 | 0.78 |
| SCC, log<sub>10</sub> cells/ml | 5.13      | 4.86 | 5.28 | 5.10 | 0.917 | 0.81 | 0.93 | 0.21 |

<sup>1</sup> CON – no supplemental BS, BS0.5 – 0.5 × 10<sup>7</sup> CFU BS/cow per day, BS1 – 1 × 10<sup>7</sup> CFU BS/cow per day, BS2 – 2 × 10<sup>7</sup> CFU BS/cow/day; SEM – pooled standard error of the mean; SCC – somatic cell count; <sup>a, b</sup> – means within the same row with different superscripts are significantly different at P ≤ 0.05

#### Table 3. Correlation between milk yield, milk composition, somatic cell count (SCC), days in milk (DIM) and temperature-humidity index (THI)<sup>1</sup>

| Indices                        | % Fat | % Protein | % Lactose | Fat yield | Protein yield | Lactose yield | SCC | DIM | THI |
|--------------------------------|------|-----------|-----------|-----------|---------------|---------------|-----|-----|-----|
| Milk yield                     | −0.20| −0.33     | 0.52      | 0.54      | 0.91          | 0.96          | −0.20| −0.56| −0.52|
|                               | P 0.30| <0.01     | <0.01     | <0.01     | <0.01         | <0.01         | 0.15| <0.01| <0.01|
| % Fat                          | −0.48| −0.14     | 0.67      | 0.001     | −0.20         | 0.099         | 0.26| 0.03| 0.03|
|                               | P <0.01| 0.47     | <0.01     | 1.00      | 0.30          | 0.61          | 0.16| 0.88| 0.88|
| % Protein                      | −0.12| 0.12      | −0.002    | −0.28     | 0.18          | 0.36          | 0.13| 0.35| 0.35|
|                               | P 0.40| 0.52      | 0.99      | 0.05      | 0.19          | <0.01         | 0.35| 0.35| 0.35|
| % Lactose                      | 0.15 | 0.47      | 0.63      | −0.32     | −0.66         | −0.25         |     |     |     |
|                               | P 0.42| <0.01     | <0.01     | 0.02      | <0.01         | 0.07          |     |     |     |
| Fat yield                      | 0.66 | 0.51      | −0.25     | −0.11     | −0.29         |     |     |     |     |
|                               | P <0.01| <0.01     | 0.18      | 0.57      | 0.12          |     |     |     |     |
| Protein yield                  | 0.93 | −0.089    | −0.49     | −0.51     |     |     |     |     |     |
|                               | P <0.01| 0.54     | <0.01     | <0.01     |     |     |     |     |     |
| Lactose yield                  | −0.13| −0.61     | −0.49     |     |     |     |     |     |     |
|                               | P 0.33| <0.01     | <0.01     |     |     |     |     |     |     |
| SCC                            | 0.17 | 0.072     | 0.22      | 0.61      |     |     |     |     |     |

<sup>1</sup> significant correlations are in bold
Haematological and biochemical parameters during the first period of the study are presented in Table 4. No differences \((P > 0.05)\) were observed among treatments for haematological and biochemical parameters. Erythrocyte parameters including packed cell volume, RBC, haemoglobin and MCHC decreased linearly as supplementation of \(B.\ subtilis\) increased (all \(P \leq 0.06\)). Concerning leukocyte parameters, a tendency \((P = 0.07)\) of treatment by time interaction for WBC, a treatment by time interaction \((P = 0.05)\) for lymphocytes were observed, and a treatment by time interaction \((P = 0.01)\) was also observed for albumin, but comparisons using the Tukey adjustment indicated time effects within each treatment rather than treatment effects at individual time points. Glucose tended to decrease linearly as the level of \(B.\ subtilis\) increased \((P = 0.09)\).

**Discussion**

Lactating dairy cows were used in the study as their milk yield had gradually declined to minimize physiological fluctuation of lactation performance (Moran, 2012). It is well recognized that heat stress negatively influences lactation performance (West, 2003). In contrast to other studies in which cows were housed in different environmental conditions, e.g., the comparison between thermal comfort zones and moderate heat stress (Salvati et al., 2015; Zhu et al., 2016), the current study was performed in an environment with THI ranging from 80.5 to 82.4 indicating that the cows experienced moderate heat stress (Polsky and von Keyserlingk, 2017) constantly during the whole experiment. The environmental conductions resulted in strong...
negative correlations between THI and lactation performance which would be expected. Regardless of other management factors, many studies in either tropical environment (Boonkum et al., 2011) or temperate environment (Bouraoui et al., 2002; Hammami et al., 2013) also show the negative associations between increased THI and milk yield and composition.

While experiencing chronic moderate heat stress in this study, milk yield increased in response to supplementation of*B. subtilis*. Cows fed $2 \times 10^{11}$ CFU of *B. subtilis*/day produced 1.7 kg/day more milk in comparison with CON group. These results are similar to those of Souza et al. (2017), who reported an increase of 1.7 kg/day in comparison with the control group when supplementing mid-lactation cows (DIM = 167 ± 72 at the beginning) with $3.9 \times 10^9$ CFU of *B. subtilis*/day during a 16-week trial. Peng et al. (2012) and Sun et al. (2013) reported increases of 3.3 and 3.4 kg/day, respectively, in comparison with the control group when early-lactated cows’ diets (DIM = 29 ± 6 and DIM = 56 ± 23, respectively at the beginning) were supplemented with $1 \times 10^{11}$ CFU of *B. subtilis*/day during a 9-week trial. Our results indicated that milk yield increased linearly with increasing *B. subtilis* supplementation which is consistent with other studies (Peng et al., 2012; Sun et al., 2013). Also, no differences in yield or concentration of milk components were observed between late-lactating cows (DIM = 246 ± 75 at the beginning) fed diets supplemented with *B. subtilis* and control ones during a 39-day trial (Souza et al., 2017). In contrast, increased percentage and yield of milk protein and lactose were observed in early lactating cows fed supplemental *B. subtilis* (Peng et al., 2012; Sun et al., 2013). The differences observed in our study may be related to the tropical environment, stage of lactation and duration of supplementation. Peng et al. (2012) and Souza et al. (2017) reported significant differences in milk yields between animals fed diets supplemented with *B. subtilis* and control ones after 5 weeks of treatment.

Supplementation with *B. subtilis* might improve the health of cows under chronic moderate heat stress. Choonkham and Suriyasathaporn (2018) reported that periparturient cows fed diets supplemented with *B. subtilis* at $0.5 \times 10^{11}$ CFU/day had lower risk of oxidative stress during the transition period under tropical conditions a factor related to the reduced milk production in heat-stressed cows (Guo et al., 2018). In poultry, supplementing *B. subtilis* under heat stress conditions improved the productive performance of broiler chickens (Gao et al., 2017; Wang et al., 2018) and laying hens (Fathi et al., 2018). Although, most of erythrocyte parameters and glucose decreased linearly as *B. subtilis* supplementation increased during the first period of the study, haematological and biochemical parameters in our study did not differ among treatments, and also were in line with the reference intervals established in the Animal Health Diagnostic Centre, College of Veterinary Medicine, Cornell University (Cornell University College of Veterinary Medicine, n.d.).

Supplementation of *B. subtilis* was reported to shift ruminal fermentation and promote greater propionate production (Peng et al., 2012; Sun et al., 2013). Propionate is converted to glucose which supports greater production of lactose in the mammary gland and therefore greater milk production (Rigout et al., 2003). Thus, lower blood levels of glucose were found in cows with higher milk yield (Bicalho et al., 2017).

**Conclusions**

The stimulatory effect of *Bacillus subtilis* supplementation on lactation performance was confirmed. Feeding $2 \times 10^{11}$ CFU of *B. subtilis*/day/cow can be effectively used to improve milk yield in moderate heat-stressed cows in a tropical environment. However, a cost-benefit analysis is needed to determine whether *B. subtilis* supplementation is a practical treatment for tropical dairy production systems. In addition, the underlying physiological mechanisms under heat stress conditions need further exploration.

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