Identifying Emergency Department Symptom-Based Diagnoses with the Unified Medical Language System

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INTRODUCTION

Patients are commonly discharged from the emergency department (ED) without a pathological diagnosis to explain their symptoms, with one study finding that over one third of patients leave the ED with a symptom-based diagnosis (SBD).¹ Studies exploring reasons for return ED visits have identified high levels of patient uncertainty related to lack of a definitive diagnosis as one cause for return.²⁻⁴ These findings suggest the need for further research regarding the impact of and needs associated with receiving a SBD at the time of ED discharge and on patient transitions home from the ED. Research on this topic is challenging, however, because electronic health records (EHR) do not have a unique identifier for SBDs, and there is no agreed upon classification system for these conditions. This leaves manual chart review as the primary option for identifying these patients,⁵ which is a highly subjective and
time-consuming process.

The Unified Medical Language System (UMLS) is a compilation of multiple biomedical vocabularies that facilitates interoperability between information systems. The UMLS consists of three main components: the Metathesaurus; the Semantic Network; and the SPECIALIST Lexicon. The UMLS Metathesaurus is a biomedical thesaurus that connects and organizes over 200 vocabularies into unique concepts, allowing varying terms for the same concept to be linked together so that relationships can be established between different concepts. For example, the International Statistical Classification of Diseases and Health Related Problems, 10th edition (ICD-10) code “R07.4 – Chest Pain” and Systematized Nomenclature of Medicine – Clinical Terms (SNOMED-CT) code “29857009 – Chest Pain (finding)” both map to the UMLS concept unique identifier (CUI) “C0008031 – Chest Pain.”

The Semantic Network is a series of semantic types that more broadly categorize concepts in the Metathesaurus and allow for relationships between these concepts. For example, the UMLS concept for chest pain and headache (C0018681) both map to the semantic network identifier “T184 – Sign or Symptom.”

Finally, the SPECIALIST Lexicon is a biomedical dictionary of English terms used for natural language processing (NLP). Each entry contains syntactic, morphological, and orthographic information for a term, as well as acronyms and abbreviations. This allows unification of different variations of the same term that would usually be documented in text in multiple forms (eg, “testing,” “tested” and “test” are all treated as the same verb “test”). For instance, a term search for “chest pain” returns its base term, spelling variant (chest-pain), identification number, syntactic category (noun), and variants describing it as both a countable noun (“I’m having chest pains”) and uncountable noun (“the most common complaint was chest pain”). A search for “CP” (a common acronym for “chest pain”) returns multiple entries including the noun entry for “chest pain.”

The UMLs has previously been used to facilitate ED-based research. Metzger et al. used it to develop an automated process to identify suicide attempts in the ED. For this process, they used NLP to assign codes from five different terminologies to medical terms written in natural language, and then used the Metathesaurus to identify similar concepts between the different terminologies. Travers et al. evaluated the UMLS as a foundation for the generation of an ED chief complaint (CC) vocabulary. Lu et al. used the UMLS to map ED CCs to UMLS concepts for the purpose of grouping CCs into syndromic categories to allow for automated monitoring of disease outbreaks. Finally, Doan et al. used the UMLS to construct a lexicon of terms from ED documentation that identifies patients who should be considered for a diagnosis of Kawasaki disease. To our knowledge, the UMLS has not yet been used to identify cohorts of patients based on categories of ED discharge diagnoses for use in research.

In our current research, we sought to engage patients who had recently been discharged from the ED with a SBD via follow-up interviews. In previous work, these patients were identified manually. Here we describe the process by which we mapped patients’ ED diagnoses to UMLS concepts to extract the semantic type for each diagnosis, thus generating a list of patients recently discharged from the ED with a likely SBD. The primary goal of this study was to compare this automated process of identifying SBDs to the “gold standard” of manual review.

**METHODS**

**Study Design, Setting and Population**

We performed a retrospective data analysis on data from the EHR at a single, urban, academic hospital. These methods were approved by the hospital institutional review board. The hospital had over 68,400 ED visits the year prior to this study with approximately 64% of patients being discharged from the ED. The process we designed was to identify all adult patients (18 years and older, non-pregnant) who were discharged from the ED with a SBD within a 30-day period. Exclusion criteria included any patient who did not receive an ED disposition of discharge (ie, left against medical advice, transfer, admission to inpatient or observation status), and any patient who did not have a discharge diagnosis assigned.
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Data Collection and Processing
We first queried documentation from the hospital’s EHR system Epic (Epic Systems Corporation, Verona, WI) via a third-party analytics software Qlik Sense (Qlik, Radnor, PA) to develop a list of all potentially eligible patients from May 2018. At the time of discharge, physicians enter a “clinical impression,” which is derived from a local vocabulary linked with an ICD-10 based diagnosis code in the ED. We extracted the primary ICD-10 code and the associated “primary clinical impression” of the discharge diagnosis for each encounter to generate a list of potentially eligible patients. In cases for which there were multiple codes assigned, we used the first diagnosis code.

We downloaded the full release of the 2018AA UMLS and created a custom subset of ICD-10 Clinical Modification via Metamorphosys, the UMLS installation and customization program. Complete instructions on the installation of Metamorphosys are described by the U.S. National Library of Medicine. We read the UMLS Rich Release Format (RRF) files for codes (MRCONSO.RRF) and the semantic types (MRSTY.RRF) into R statistical software v 3.3.2 (R Core Team, Vienna, Austria).

We then read into R the list of ICD-10 diagnosis codes and the associated discharge diagnosis associated with our study population. We used the package “data.table” v 1.11.4 (Matt Dowle and Arun Srinivasan) to map ICD-10 codes to their respective UMLS CUIs from MRCONSO (excluding term types deemed suppressible) and mapped the resulting CUIs to their appropriate semantic type from MRSTY. We isolated the unique relationships between ICD-10s, CUIs and semantic types, and linked these to each ICD-10 included in our study population.

This resulted in a table consisting of ICD-10 codes, associated discharge diagnoses, CUIs, and associated semantic types. For example, the ICD-10 “R68.2” is associated with the diagnosis of “Dry mouth” which mapped to the CUI: “C0478155 – Dry mouth, unspecified” which holds the semantic type “T184 – Sign or Symptom.”

Data Analysis
For comparison, two authors (KLR and DMM) independently reviewed each discharge diagnosis and their respective ICD-10 code while blinded to the mapped semantic type, and categorized each diagnosis as either a SBD or non-SBD electronically in a spreadsheet. We calculated Cohen’s kappa for inter-rater reliability. In the event of a disagreement, a third author (BHS) performed review to resolve the discrepancy.

The results of the manual categorization were linked to the output of the UMLS mapping. We calculated frequencies for each combination of ICD-10 code, discharge diagnosis, CUI, semantic type, and SBD category. Using the manual categorization as the “gold standard,” we also calculated sensitivity and specificity of the UMLS mapping to the “Sign or Symptom” semantic type. We focused specifically on mapping to the semantic type “Sign or Symptom,” as this was determined by the team to be the semantic type that should logically contain SBDs.

We calculated the statistical outcomes twice. The first analysis was conducted at the level of the patient encounter, which applies clinically to the question of whether each patient was discharged with a SBD. The second analysis was conducted at the level of the discharge diagnosis, thus assessing whether each unique diagnosis that was provided across one or more encounters was a SBD. We mapped all primary discharge diagnosis codes to CUIs in the Metathesaurus and their associated semantic types from the Semantic Network for each CUI. Our EHR uses a proprietary discharge diagnosis dictionary where multiple discharge diagnoses can be assigned the same ICD-10 code. Therefore, there are multiple synonyms within our discharge dictionary, and a high number of diagnoses could map to a small number of ICD-10 codes. For instance, “Seizure (CMS/HCC [Centers for Medicare and Medicaid Services/ hierarchical condition category])” and “Seizures (CMS/HCC)” are separate diagnoses in our dictionary that only differ in plurality, but are both associated with the same ICD-10 code “R56.9.”

RESULTS
A total of 5705 patients visits occurred in our ED during the study period, out of which we identified 3879 (67.9%) that received an ED disposition of discharge. Of these, 237 (6.1% of discharges) met exclusion criteria resulting in 3642 (63.8% of all visits) eligible ED discharge visits that were included in our patient encounter level analysis. Of these, 53.1% were for female patients with a median age of 41 years (interquartile range [IQR] 28-57 years) and 46.9% were for male patients with a median age of 43 year (IQR 31-56 years). These 3642 patient encounters received 1382 unique discharge diagnoses that we included in our discharge diagnosis-level analysis. These discharge diagnoses corresponded to 875 unique ICD-10 codes that mapped to 873 unique CUIs associated with 10 unique semantic types. Inter-rater reliability for the manual categorization of discharge diagnoses as SBD or non-SBD was very good at 0.87, with discrepancy in 73 (5.3%) diagnoses.

Patient Encounter Level Results
Of the 3642 patient encounters that resulted in discharges, there were 1367 encounters (37.5% of ED discharges) assigned a “Sign or Symptom” semantic type by our software (Table 1). When applying the results of our manual review to the full dataset of discharge encounters, we identified 1288 patient encounters with a discharge diagnosis categorized as a SBD by manual review and assigned a semantic type of “Sign or Symptom.” There were 79 encounters with discharge diagnoses not categorized as SBDs but assigned the semantic type of “Sign or Symptom.” There were 2042 encounters with a discharge diagnosis code not assigned the semantic type of “Sign or Symptom” and also not categorized as SBDs. There
were 233 encounters that were not assigned the semantic type “Sign or Symptom” but categorized as SBDs in our manual review. Therefore, when examining all discharge encounters in our dataset (ie, examining the accuracy of our software for identifying SBDs on the level of the patient), our methods resulted in a sensitivity of 84.7% (95% confidence interval [CI], 82.8 – 86.5) and a specificity of 96.3% (95% CI, 95.4 – 97.0). Positive predictive value was 94.2% (95% CI, 92.9 – 95.3) and negative predictive value was 89.8% (95% CI, 88.6-90.8). These results are presented in Table 2. The top 10 diagnoses, ICD-10 codes, and frequencies for each grouping of semantic type assignment and SBD category at the encounter level are displayed in Tables 3-6.

**Discharge Diagnosis Level Results**

A total of 1382 unique discharge diagnoses were associated with the 3642 ED discharge encounters. Of these diagnoses, 314 (22.7%) were assigned the semantic type of “Sign or Symptom” by our software. With manual review, we identified 369 (26.7%) diagnoses as a SBD. When comparing the semantic types assigned by the software to those categorized as a SBD by manual review, 277 of the unique discharge diagnoses assigned “Sign or Symptom” were categorized as a SBD, while the other 37 assigned “Sign or Symptom” were not categorized as a SBD.

There were 976 unique discharge diagnosis codes not assigned the semantic type “Sign or Symptom” that were also not categorized as SBDs, and 92 diagnosis codes not assigned the semantic type “Sign or Symptom,” but categorized as SBDs in our manual review. Therefore, when examining the accuracy of the software for identifying SBDs by classifying diagnoses to the semantic type of “Sign or Symptom,” our methods resulted in sensitivity of 75.1% (95% CI, 70.3-79.4) and a specificity of 96.4% (95% CI, 95-97.4) with a positive predictive value of 88.2% (95% CI, 84.4 – 91.2) and a negative predictive value of 91.4% (95% CI 89.9 – 92.7). A 2 x 2 table of these results is presented in Table 7.

**Table 1. Frequencies of semantic types among all included emergency department discharges (N = 3642).**

| Semantic type                  | n   | Percent |
|-------------------------------|-----|---------|
| Sign or Symptom               | 1367| 37.5%   |
| Disease or Syndrome           | 916 | 25%     |
| Injury or Poisoning           | 643 | 17.6%   |
| Finding                       | 358 | 9.8%    |
| Mental or Behavioral Dysfunction | 163 | 4.5%    |
| Pathologic Function           | 155 | 4.2%    |
| Acquired Abnormality          | 20  | 0.5%    |
| Neoplastic Process            | 10  | 0.3%    |
| Anatomical Abnormality        | 9   | 0.2%    |
| Body Substance                | 1   | 0.03%   |

**Table 2. Patient encounter level statistics (N = 3642).**

| Semantic type                  | SBD  | Not SBD | Total |
|-------------------------------|------|---------|-------|
| Sign or Symptom               | 1288 | 79      | 1367  |
| Disease or Syndrome           | 233  | 2042    | 2275  |
| Injury or Poisoning           | 916  | 1521    | 2437  |
| Finding                       | 358  | 17.6%   | 358   |
| Mental or Behavioral Dysfunction | 163 | 4.5%    | 163   |
| Pathologic Function           | 155  | 4.2%    | 155   |
| Acquired Abnormality          | 20   | 0.5%    | 20    |
| Neoplastic Process            | 10   | 0.3%    | 10    |
| Anatomical Abnormality        | 9    | 0.2%    | 9     |
| Body Substance                | 1    | 0.03%   | 1     |

**Discussion**

We describe a novel automated electronic approach using the UMLS to identify groups of patients who have been discharged from the ED with a SBD (ie, “shortness of breath”) instead of a disease-specific diagnosis (ie, asthma exacerbation). Using manual physician review as the “gold standard,” we demonstrated a high sensitivity and specificity for the identification of SBDs using the UMLS semantic type of “Sign or Symptom.”

The UMLS has been used in prior studies on ED EHR data for purposes including epidemiologic surveillance, constructing chief complaint dictionaries, and automated screening of rare conditions.10-13 These applications typically use UMLS with NLP, where free text is analyzed (eg, provider notes) for concepts that were not otherwise captured in the EHR. Our work is different in that it was not intended for use with NLP or decision support, but rather was focused on automating the categorization of data fields that are not disease-specific for the purpose of identifying patients for research.

Our recent work suggests that many patients discharged from the ED with a SBD have struggles related to their lack of a definitive diagnosis, with further work needed to explore the challenges unique to this patient population.3,4,16-18 Until now, there has not been a well-defined automated process for identifying these patients based upon their category of diagnosis (ie, “symptom-based”) instead of a specific diagnosis name (eg, “myocardial infarction”). Our software was able to identify SBDs with a high sensitivity and specificity on the encounter level. False positives (assigned “Sign or Symptom” but not categorized as SBD) generally appeared to be pain or neurologic syndromes such as “seizure” and “musculoskeletal pain.” Some of these diagnoses are inherently ambiguous, as there are both primary conditions and secondary causes for many of these diagnoses.

False negatives (not assigned “Sign or Symptom” but categorized as a SBD) appear from predominantly three
Table 3. Top 10 encounter-level diagnoses with associated ICD-10 codes and “Concept Unique Identifiers” classified as both “Sign or Symptom” semantic type and symptom-based diagnosis (N = 3,642).

| ICD-10 code | Discharge diagnosis                                      | CUI code     | Semantic type          | SBD | n  |
|-------------|-----------------------------------------------------------|--------------|------------------------|-----|----|
| R07.9       | Chest pain, unspecified type                              | C0008031     | Sign or Symptom        | Yes | 153|
| R51         | Nonintractable headache, unspecified chronicity pattern, unspecified headache type | C0018681     | Sign or Symptom        | Yes | 61 |
| R10.9       | Abdominal pain, unspecified abdominal location            | C000737      | Sign or Symptom        | Yes | 43 |
| R10.84      | Generalized abdominal pain                                | C0344304     | Sign or Symptom        | Yes | 38 |
| R51         | Acute nonintractable headache, unspecified headache type  | C0018681     | Sign or Symptom        | Yes | 37 |
| R06.02      | Shortness of breath                                       | C0013404     | Sign or Symptom        | Yes | 35 |
| R07.89      | Chest wall pain                                           | C0029537     | Sign or Symptom        | Yes | 28 |
| R42         | Dizziness                                                | C0476206     | Sign or Symptom        | Yes | 25 |
| R05         | Cough                                                     | C0010200     | Sign or Symptom        | Yes | 23 |
| R21         | Rash                                                      | C0015230     | Sign or Symptom        | Yes | 23 |

Table 4. Top 10 encounter-level diagnoses with associated ICD-10 codes and “Concept Unique Identifiers” classified as “Sign or Symptom” semantic type but not as symptom-based diagnosis (N = 3642).

| ICD-10 code | Discharge diagnosis                                      | CUI code     | Semantic type          | SBD | n  |
|-------------|-----------------------------------------------------------|--------------|------------------------|-----|----|
| R56.9       | Seizure (CMS/HCC)                                         | C0036572     | Sign or Symptom        | No  | 16 |
| K59.00      | Constipation, unspecified constipation type               | C0009806     | Sign or Symptom        | No  | 8  |
| M79.1       | Musculoskeletal pain                                      | C0231528     | Sign or Symptom        | No  | 5  |
| R42         | Postural dizziness with presyncope                        | C0476206     | Sign or Symptom        | No  | 5  |
| G89.18      | Post-op pain                                              | C2875361     | Sign or Symptom        | No  | 4  |
| R46.89      | Suicidal behavior without attempted self-injury           | C0478141     | Sign or Symptom        | No  | 4  |
| M62.838     | Muscle spasm                                              | C2895804     | Sign or Symptom        | No  | 3  |
| R55         | Vasovagal syncope                                         | C0039070     | Sign or Symptom        | No  | 3  |
| G89.18      | Post-operative pain                                       | C2875361     | Sign or Symptom        | No  | 2  |
| R56.9       | Seizures (CMS/HCC)                                        | C0036572     | Sign or Symptom        | No  | 2  |

LIMITATIONS

Our analysis was limited to a single academic institution that uses a single EHR. Our implementation design includes ICD-10 codes associated with clinical diagnoses made in the ED; however, other hospital systems may use other medical terminologies or proprietary diagnosis dictionaries. The UMLS allows for various search modes, including various terminologies, ontologies and search terms; however, a comparison of these methods is needed to ensure reliable results.
In addition, even among institutions using similar EHRs and impressions mapped to ICD-10, there are likely to be health system and regional variation in practice patterns for the level of detail provided at the time of discharge (e.g., gastroenteritis vs vomiting and dehydration), which may make these methods less reliable. For the purpose of this analysis we used the first diagnosis and associated ICD-10 code assigned to each patient encounter, which is defined as the “primary clinical impression” in our EHR. We presume that the “primary clinical impression” is the diagnosis made by the treating provider most closely associated with the patient’s encounter.

The analysis of additional diagnoses assigned at the time of treatment and the development of a process to weigh the value of combinations of SBDs and non-SBDs were outside the scope of this research. It is possible that if a patient was assigned additional diagnoses that were not SBDs, their overall level of uncertainty could be lower or vice-versa. Further analysis will have to be performed to include additional diagnosis codes and develop a process to determine the level of uncertainty associated with combinations of SBDs and non-SBDs. Also, we mapped ICD-10 codes to the first CUI returned by the UMLS. It is possible that additional CUIs could be more appropriate in certain cases, although an analysis to compare various CUIs would deviate significantly from the simple methods described in this manuscript.

We used manual review and categorization of discharge diagnoses by two emergency physicians (with a third as an arbitrator) as the gold standard for SBDs. While our reviewers

| Table 5. Top 10 encounter-level diagnoses with associated ICD-10 codes and “Concept Unique Identifiers” classified as symptom-based diagnosis but not as “Sign or Symptom” semantic type (N = 3,642). |
|-------------|-----------------|-----------------|---------------|---------|
| ICD-10 code | Discharge diagnosis | CUI code | Semantic type | SBD n |
|-------------|-----------------|-----------------|---------------|---------|
| M25.571     | Acute right ankle pain | C3531698   | Finding       | Yes     | 17     |
| K08.89      | Pain, dental     | C0029790 | Disease or Syndrome | Yes | 15     |
| R00.2       | Palpitations     | C0030252 | Finding       | Yes     | 15     |
| R33.9       | Urinary retention | C0080274 | Finding       | Yes     | 14     |
| K62.5       | Rectal bleeding  | C0019081 | Pathologic Function | Yes | 9      |
| R31.9       | Hematuria, unspecified type | C0018965   | Disease or Syndrome | Yes | 9      |
| M79.89      | Leg swelling     | C0477668 | Disease or Syndrome | Yes | 8      |
| M25.572     | Acute left ankle pain | C3531697  | Finding       | Yes     | 7      |
| N93.9       | Vaginal bleeding | C0459117  | Pathologic Function | Yes | 7      |
| N89.8       | Vaginal discharge | C0029819  | Disease or Syndrome | Yes | 6      |

| Table 6. Top 10 encounter-level diagnoses with associated ICD-10 codes and “Concept Unique Identifiers” not classified as either “Sign or Symptom” semantic type or symptom-based diagnosis (N = 3642). |
|-------------|-----------------|-----------------|---------------|---------|
| ICD-10 code | Discharge diagnosis | CUI code | Semantic type | SBD n |
|-------------|-----------------|-----------------|---------------|---------|
| W19.XXXA    | Fall, initial encounter | C2904005 | Injury or Poisoning | No | 111    |
| F10.920     | Alcoholic intoxication without complication (CMS/HCC) | C2874406 | Mental or Behavioral Dysfunction | No | 59     |
| R45.851     | Suicidal ideation | C0424000 | Finding       | No     | 30     |
| L02.91      | Abscess         | C2888089 | Pathologic Function | No | 20     |
| N12         | Pyelonephritis  | C0477743 | Disease or Syndrome | No | 19     |
| N30.00      | Acute cystitis without hematuria | C2902964 | Disease or Syndrome | No | 19     |
| S09.90XA    | Head injury, initial encounter | C2832842 | Injury or Poisoning | No | 19     |
| S61.219A    | Finger laceration, initial encounter | C2849879 | Injury or Poisoning | No | 18     |
| Y09         | Assault         | C0004063 | Injury or Poisoning | No | 17     |
| J06.9       | Upper respiratory tract infection, unspecified type | C0264222 | Disease or Syndrome | No | 16     |

ICD-10, International Classification of Diseases, 10th ed; SBD, symptom-based diagnosis; CUI, concept unique identifier; CMS/HCC, Centers for Medicare and Medicaid Services/hierarchical condition category.
had high inter-rater reliability (0.87), they were not blinded to the goals of the study, and may have been biased in their categorization of SBDs. Additionally, as noted above, some of these discharge diagnoses are inherently ambiguous. Our team of raters established the list of SBDs via consensus and in these ambiguous cases attempted to consider the case from the viewpoint of the patient. For example, if a patient presents with pain in a limb, they are often concerned about a fracture or sprain; in this case, receiving a diagnosis of musculoskeletal pain (while still ambiguous and less specific than “sprain” or “contusion”) has more specificity than the presenting complaint of “leg pain.” In contrast, when a patient presents unable to urinate and is discharged with a diagnosis of “urinary retention,” they have gained no specificity beyond that with which they presented. It was this sort of rationale that informed our decision-making and why “musculoskeletal pain” is not considered a SBD, but “urinary retention” is.

However, despite our high inter-rater agreement, we acknowledge that others, including both patients and medical professionals, may disagree with our determination of SBD classification. Future work is needed to refine this method before routine use to identify complete cohorts of patients or to assess frequencies of occurrence. Further, by categorizing SBDs, we are not attempting to assign value to the SBD or encouraging emergency physicians to provide definitive diagnoses in all cases, as the physician’s role is to rule out immediately dangerous conditions rather than provide a definitive diagnosis. Finally, per our research protocol we excluded pregnant and pediatric patients; however, these patients could also benefit from SBD research and future methods should consider including these populations.

CONCLUSION

This study demonstrates an application of the UMLS to identify symptom-based diagnoses, with the semantic type of “Sign or Symptom” showing high sensitivity and specificity compared to manual review. Automation of this time-intensive process could facilitate large-scale studies on the effects of symptom-based diagnoses or other non-disease-based events associated with an episode of care.

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Table 7. Discharge diagnosis level statistics (N = 1382).

| Semantic type | SBD | Not SBD | Total |
|---------------|-----|---------|-------|
| Sign or Symptom | TP = 277 | FP = 37 | 314 | PPV = 0.882 |
| Not Sign or Symptom | FN = 92 | TN = 976 | 1068 | NPV = 0.914 |
| Total | 369 | 1013 | 1382 |
| Sn = 0.751 | Sp = 0.964 |

*SBD, symptom-based diagnosis; TP, true positives; FP, false positives; TN, true negatives; FN, false negatives; Sn, sensitivity; Sp, specificity; PPV, positive predictive value; NPV, negative predictive value.*
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