Keratocystic odontogenic tumor in the maxillary sinus: A case report

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Abstract
This paper describes a case of unilocular keratocystic odontogenic tumor in the left maxillary sinus of a 22 years old Saudi female patient along with the relevant literature review. The maxillary lesion was not associated with any impacted tooth; and it destroyed the posterior wall of the maxillary sinus. The lesion was enucleated and curettage of the sinus floor was done by a rotary instrument. The patient was followed up for about 15 months without any evidence of recurrence. Clinical consideration of a keratocystic odontogenic tumor in the differential diagnoses of the maxillary sinus lesions can affect the modality of treatment being used; and is associated with the possibility of lesion recurrence.

Introduction
Keratocystic odontogenic tumors (KCOT) has been defined by the World Health Organization as a benign intraosseous neoplasm of odontogenic origin with characteristic lining of the parakeratinized squamous epithelium [1]. KCOTs are found in the mandible, especially the posterior portion of the body, approximately twice as much as in the maxilla. Buccal expansion is noted in approximately 30% of maxillary and 50% of mandibular lesions [2]. In maxillary canine region KCOT may mimic other lesions such as the inflammatory ones [3].

The origins of KCOT have been suggested as either primordial, including dental lamina rests or the basal cells of the oral epithelium, or dentigerous-like reduced enamel epithelium of the dental follicle [3].

There are two methods of treatment, conservative and aggressive. In the conservative method, simple enucleation with or without curettage and marsupialization is suggested. Aggressive methods include peripheral ostectomy, chemical curettage with Carnoy's solution, and resection [4]. However more specific terminologies describing the treatment modalities in which to be considered as an aggressive or conservative since a surgeon aggressive approach is another’s conservative [5].

Reported recurrence rates for KCOT cover a wide range, from 5% to approximately 70% [3].

Radiographically, KCOT presents predominantly as a unilocular radiolucency with well-developed sclerotic borders. They may also present as a multinodular radiolucency [6-8].

Case report
A 22 years old Saudi female presented to our department of Oral and Maxillofacial Surgery at King Fahad Hospital – Hofuf, KSA complaining of pain of left side of the face and recurrent oral discharge of few months duration.

The previous medical history was unremarkable and the extra-oral examination did not show any deformity or alteration.

Intra-oral examination revealed tenderness of left lateral wall of the maxillary sinus without mucosal changes, impacted lower third molars and congenitally missing upper third molars (Figure 1).

Water’s view, panoramic and computed tomography (C.T) (Figures 2 and 3) showed a discrete well defined lytic lesion surrounded by a thick radiopaque wall without involving impacted tooth with destruction of poster wall of left maxillary sinus on 3- Dimensional C.T. (Figure 4).

Under general anesthesia, the lesion was enucleated with curettage of the floor of the sinus where the lesion was implanted using rotary

Figure 1. Intra-oral photograph showing normal oral mucosa.
instrument through Caldwell Luc approach (Figures 5 and 6).

The enucleated lesion was sent to the laboratory for histological examination which gave the result of parakeratotic Keratocystic odontogenic tumor (Figure 7).

Patient was discharged then followed up for a period of 15 months with no sign of recurrence (Figures 8 and 9).

**Discussion**

Some surgeons reported keratocystic odontogenic tumor invading or associated with maxillary sinus related to impacted third molar in rare cases (less than 1%), it may also exhibits displacement to adjacent structures (Brannon RB. 1976). Two cases were reported in which KCOT was found in maxillary sinus associated with maxillary third molar impacted in the sinus completely. However maxillary alveolar bone was intact and not related to the lesion. These two cases were managed with enucleation & curettage, they did not show any recurrence in five to eight years follow up [9]. Similar cases were reported where third molar was impacted in the sinus destroying & displacing its roof & lateral wall, the lesions were either excised and curetted or enucleated & treated with carnoy’s solution. No recurrence was reported up to the follow up date [10,11].

This particular case is presenting an unusual picture of KCOT where it was found in maxillary sinus with no relation to either ectopically erupted or impacted teeth.

Clinically, in most patients, pain, swelling or both, are shown, but there are also cases with no symptoms [4]. Patients with multiple KCOTs, with or without nevoid basal cell carcinoma syndrome (NBCCS), are generally younger than those with single KCOT [5].
(Neville BW et al 2002) [12] reported that in 25% - 40% of cases the lesion was involved with an unerupted tooth.

In recent studies a somatic mutation of PTCH gene in some odontogenic keratocysts have been implicated [13].

Histologically, they are characterized by the presence of a thin bandlike parakeratinized or orthokeratinized stratified squamous epithelium, with a prominent basal layer composed of either columnar or cuboidal cells, and connective tissue wall that is usually free of inflammation. Depending on the characteristics of the lining and the type of keratin produced, they are classified into 2 subtypes: parakeratotic and orthokeratotic. Parakeratotic KCOTs recur far more than orthokeratotic KCOTs [14].

KCOTs grow by the extension of fingerlike processes into marrow spaces rather than by expansion, and the tumor wall grows greater than the tumor cavity expands, so the wall lining becomes folded.

The KCOT frequently perforates adjacent cortical bone and may lie partially within soft tissue [15].

There are two methods of treatment, conservative and aggressive. In the conservative method, simple enucleation with or without curettage and marsupialization is suggested. Aggressive methods include peripheral ostectomy, chemical curettage with Carnoy’s solution, and resection [4,5].

Reported recurrence rates for KCOTs range from 5% to about 70% [3].

**Conclusion**

Keratocystic odontogenic tumor may arise within the maxillary sinus with or even without an impacted tooth. Considering this fact during management of the patient may significantly affect types of management chosen and the tumor recurrence rate.

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