Research Article

Colostomy Delays Cell Loss in the Brain and Improves Juvenile Survival in a Neonatal Rat Model of Hirschsprung’s Disease

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Hirschsprung’s disease is a congenital malformation characterized by the absence of enteric ganglia in the distal intestine and gut obstruction. Our previous study indicates the brain pathology during the disease progression. A subpopulation of Hirschsprung’s disease patients is also associated with anomalies of the central nervous system. In the investigation, we studied a rat model of Hirschsprung’s disease, known as spotting lethal (sl/sl) ET B−/− rats, which carries a spontaneous deletion in endothelin receptor B (human gene name: EDNRB) and manifests a similar phenotype as humans with Hirschsprung’s disease. Homozygous mutant sl/sl rats were successfully rescued from premature death by performing colostomy and dramatically survived to their juvenile age. By the body weight measured, their body growth was not revealed to be significantly different between ET B−/− and wildtype ET B+/+ or heterozygous (+/sl) ET B+/− groups while all underwent the same colostomy. Cell loss was investigated in several brain regions by using terminal deoxynucleotidyl transferase-mediated dUTP nick end-labeling assay (TUNEL) in ET B+/+, ET B−/−, and ET B+/− rats. Number of TUNEL-positive cells in the cerebellum and the hippocampus of ET B−/− rats was significantly increased compared with that of the ET B+/+ and ET B+/− rats. TUNEL-positive cells were observed in the molecular layer and granular cell layers of the cerebellum. In contrast, no significant difference in the density of TUNEL-positive cells was revealed in the cerebral cortex. These results suggest that either endothelin receptor B sl mutation or colostomy has predominant lasting effects on the cell survival/loss in the cerebellum and hippocampus of adult ET B−/− rats. Our findings provide the information on cellular changes in the brains of patients with Hirschsprung’s disease due to congenital EDNRB mutation as well as clinically relevant interventions.

1. Introduction

The major functions of the intestine are controlled by the enteric nervous system located within the wall of the gut tissue [1]. The absence of enteric neurons can cause a serious medical condition called Hirschsprung’s disease [2, 3]. It is a congenital malformation due to a failure of neural crest-derived precursors to colonize intestine during fetal period. The serious consequences include from severe intestinal obstruction to death. Although surgical removal of the blocked intestine saves the lives of Hirschsprung’s disease patients, some are complicated with a whole variety of neurological deficits [4]. This indicates that the malformation in Hirschsprung’s disease is not limited to the gut but also involves abnormalities in the central nervous system. Our previous reports include a dramatic increase in TUNEL-positive cells in the cerebellum at an early neonatal day 3 of age in rats [5]. The pathological changes are strictly different from neurotropic factor pathways (e.g., BDNF or GDNF). We have previously tested a surgical procedure for
prolonging the life of the spotting lethal ET_B^{-/-} rat [6]. That allows us to further study the long-term neural mechanisms in the developing brain model of Hirschsprung’s disease.

The mutation of the gene for endothelin receptor B (human gene name: EDNRB) is known to cause both sporadic and familial Hirschsprung’s disease in genetically isolated population of Old Order Mennonite [2, 3]. EDNRB is the major receptor subtype with the roles in neural cell differentiation, neuronal migration, proliferation, or survival during development [7]. However, little piece of evidence is known about the cellular changes in the brains from Hirschsprung’s disease patients. Study of the animal model is useful for the understanding of cellular changes and the potential interventions.

The current study utilizes a strain, known as spotting lethal (sl/sl) ET_B^{-/-} rat, which carries a spontaneous deletion of 301 bp within EDNRB gene, and manifests a similar phenotype as in humans with Hirschsprung’s disease [8, 9]. The ET_B^{-/-} rats demonstrate a significant decrease in cellular proliferation and an increase in cell death in the cerebellum and the hippocampus. EDNRB role is critical not only for its effect on the development of the enteric nervous system but also an effect on the development of the brain. Studies on the American MENSA family of Hirschsprung’s disease have shown an epilepsy and mental retardation. This phenotype behind an EDNRB function remains to be determined [10]. Additionally, due to the genetic lethality of EDNRB gene defects, investigation was not focused on the effect of EDNRB neural development and the CNS. Our observations based on rat model of enterocutaneous stoma included the effect of EDNRB in the developing brain. We curiously tested EDNRB deficiency in the rats that led to increased neuronal apoptosis and decreased proliferation in the cerebellum and hippocampus. It was confirmed that EDNRB promoted neuronal proliferation and inhibited apoptosis during the development of the nervous system.

However, it was not known whether some of the effects observed in neonatal rats persist into adult life due to inevitable premature death of ET_B^{-/-} rats. To study the changes in juvenile rats, we performed colostomy on 7-day-old ET_B^{-/-} rats as previously reported by our group [6]. This surgical operation allowed the contents of the large bowel to be discharged directly through the abdominal wall. The ET_B^{-/-} rat could live to a juvenile age for our research. In this morphological study, we focused on the effects of EDNRB deficiency on cell death in different brain regions of the juvenile ET_B^{-/-} rat, by comparing with their wild type (+/+) ET_B^{+/+} or heterozygous (+/sl) ET_B^{+/-} littermates.

2. Material and Methods

2.1. Experimental Design. Genotyping was done at an earlier age of the rats, for surgical design and grouping during postnatal day 5 (P5) to day 7 (P7). The grouping was randomly performed for colostomy or sham operations after considering genotyping results [8]. The research protocol was modified from our previous article [11], with changes in the surgical conditions considering the study design and the homozygous rats, which usually had poorer nutrition, slower growth, and lighter weight. Compared to the previous protocol, this updated result suggested a much lower mortality rate, consistently showing improved postoperative survival rate. Consequently, it was conducive to any postoperative observation, with extended animal growth to no shorter than postnatal 28 days under surgery. Otherwise, that gene with a fatal mutation was related to the loss of intestine peristaltic function and to the megacolon unable to defecate, leading to water and electrolytes disorder around their P7 to P10 when they barely survived. Our design included colostomy surgeries on the homozygotes to allow the excretion of feces from the stomas through the abdominal wall. The operated rats survived till skin pigment changes into small black patches and the stomach distention, bowel obstruction and megacolon were relieved.

2.2. Animals. Experiments were performed on the Wistar-Imamichi, congenital aganglionosis rat strain that was shown to lack a functional EDNRB due to a spontaneous 301 base pair deletion in EDNRB gene [9]. Littermates of ET_B^{+/+}, ET_B^{+/-}, and ET_B^{-/-} rats were generated by heterozygous mating originally from an established colony at the Australian National University animal facilities. The neonatal phenotype for homozygote includes small spotting skin due to reduced cutaneous pigmentation. During P5 to P7, the pups were genotyped as previously performed [8]. All treatment and subsequent operations on rats were approved by the animal ethics committee of the Australian National University.

2.3. Colostomy Surgery. Procedures of colostomy in neonatal rats were followed with slight modifications [6]. Briefly, a total of 22 rats of different genotypes at the age of P7 were anesthetized with 2% isoflurane carried in O_2 at 300 ml/min through an inhalation mask. Abdominal skin was cleaned with chlorhexidine and cetrimide solution (Pfizer Australia) and 70% ethanol. A midline incision was made to minimise faecal soiling and subsequent inflammation of the hind limbs. The proximal colon adjacent to the caecum was pulled through the incision on the abdominal wall. Four sutures along the circumference of the colon wall were anchored to abdominal muscle at the rostral end of incision using absorbable 8-0 braided coated Vicryl (Ethicon Inc.). At about 0.5 cm distal to this sutured region, another segment was similarly sutured to the caudal end of the incision. The bowel was severed in between to perform two colostomies. Both were further fixed to the skin using the 6-0 nonabsorbable polypropylene monofilament suture (Ethicon Inc.). The skin between the two colostomies was closed using 6-0 suture. Wound was applied with Wound-Gard (Virbac Pty Ltd., Australia), a bitter tasting anti-septic cream, to prevent the mother from licking the wound and cannibalism, which occurred for eight rats without the cream application. After regaining consciousness, the pups were wiped thoroughly with the mother’s bedding and faecal pellets before being returned to the mother, together with unoperated pups in the same cage. Postoperated rats were then monitored on a daily basis. Warm saline-soaked cotton tips were used to remove dried faecal matter blocking the stoma. All operated
pups were weaned at P21 after birth and fed with normal rat chow for additionally one week. Body weights were recorded at P28 and brain tissue was collected according to our previous study [11]. We were able to collect data from fourteen rats with colostomy (four ETB+/+ rats, six ETB-/- rats, and four ETB+/- rats).

Sham operations were performed in additional five ETB+/+ rats, which entailed incising abdominal wall, followed by gently handling the intestine and suturing the wounds. Those rats were handled in the same way with the others receiving the colostomy. With our surgical interventions, the survival rate of the animals detected at P28 was around 66.7%.

2.4. Tissue Preparation and TUNEL Assay. The effect of EDNRB deficiency on cell death in the juvenile rat brain was assessed using terminal deoxynucleotidyl transferase-mediated dUTP nick end-labeling (TUNEL). Four to six rats for each genotype and operations (ETB+/+ with colostomy, ETB+/- with colostomy, and ETB-/- with colostomy) were examined at the age of P28 (three weeks after colostomy). Rats were sacrificed after i.p. injection of pentobarbital at 100 mg/kg and transcardial perfusion-fixed with 4% paraformaldehyde. Brains were dissected and postfixed and coronal sections were made at 12 μm on a cryostat. Three to four random sections from each region of the rat brain were processed for TUNEL with recombinant terminal transferase (Roche Diagnostics, Cat. 03333574001) combined with biotinylated dUTP (Roche, Cat. 11093070910), followed with streptavidin conjugated Alexa Fluor 594 (Invitrogen, Cat. S32356). Sections were counterstained with DAPI (300 nM in PBS).

2.5. Image Analysis. Fluorescence images of TUNEL-stained sections were examined under Nikon A1 confocal microscope system with appropriate filter sets. Images were collected from three to four random sections in each region for cell counting using ImageJ (1.46r; W. Rasband, NIH, USA) within the cerebellum, the hippocampus/dentate gyrus, and the cerebral cortex. All cell counting was carried out by experimenters blinded to the genotype.

2.6. Cell Culture and Western Blot Analysis. Human SH-SY5Y cell line was applied to confluence and was transfected for cell counting using ImageJ (1.46r; W. Rasband, NIH, USA) within the cerebellum, the hippocampus/dentate gyrus, and the cerebral cortex. All cell counting was carried out by experimenters blinded to the genotype.

2.7. Statistical Analysis. Results of body weight and number of dead cells (e.g., TUNEL-positive cells per mm²) were presented as the mean ± SEM. For statistical analysis of data from different genotypes, one-way analysis of variance (ANOVA) was used followed by a Tukey’s multiple comparison test (P < 0.05).

3. Results

3.1. The Effect of Colostomy on the Body Growth of Rats. Our previous study showed that colostomy was able to rescue ETB+/+ rats that would otherwise die early due to gut blockage and subsequent malnutrition [6]. We performed colostomy surgery on the P7 rats (Figure 1). The weight gain of four groups of rats was compared at 28 days old (three weeks after colostomy). In rats that received colostomy, the averaged body weight in ETB+/+ rats was lower than that in ETB-/- rats or ETB+/- rats, although it did not reach a statistically significant level (Figure 2). However, colostomy operation per se did affect body weight, since the weight of ETB+/+ group with sham operations was significantly higher than ETB+/+ rats with colostomy. The human cell culture experiments further suggested that there were not dependent on either BDNF or GDNF (P > 0.05, Figure S1) in the cells with mutated EDNRB, consistent with our previous reports in the animal model. We assumed that colostomy operation compromised body growth, probably due to decreased fluid and electrolyte absorption and accelerated gastric emptying but showed protection of the brain.

3.2. Significant Cell Loss in the Cerebellum in ETB+/- Rats. To evaluate the detrimental cell death effect of the mutated EDNRB, TUNEL-positive nuclei were stained and compared among four groups of juvenile rats: ETB+/+ with colostomy, ETB-/- with colostomy, and ETB+/- with colostomy under genotyping (Figure S2). The Purkinje cell nuclei with DAPI
3.3. Significant Cell Loss in the Hippocampus/Dentate Gyrus in ETB_{-/-} Rats. The cerebral cortex, the dentate gyrus, and the hippocampus were examined among normal, ETB_{+/-}, and ETB_{-/-} genotypes littermates. TUNEL-positive nuclei were found in CA1 to CA3 regions of the hippocampus and the dentate gyrus of ETB_{+/-} rats (Figure S3). In contrast, density of TUNEL-positive nuclei in the hippocampus/dentate gyrus was significantly higher in ETB_{-/-} rats than in ETB_{+/-} rats with colostomy. Little difference in the hippocampus was seen between ETB_{+/-} and ETB_{-/-} or between ETB_{+/-} and ETB_{-/-} groups of juvenile rats. Interestingly, pursuing our previous design, there was no increased level of BDNF or GDNF (data not shown), two growth factors that contribute to brain development and repair greatly.

3.4. Cell Loss in the Cerebral Cortex. Few TUNEL-positive cells were found in the cerebral cortex of juvenile rats (Figure 3(g)). There was no significant change between each of the groups and ETB_{-/-} animals received colostomy. These results indicated that the loss of functional EDNRB had little relation with the cell death in the cerebral cortex of juvenile rats. Consistently, the animal survival was dramatically improved (Figure 4).

4. Discussion

In Hirschsprung’s disease (or congenital aganglionic megacolon), it occurs with abnormal development of intestinal neurons (ganglion cells) and delayed progression of stool through the intestines. Following surgical procedures in clinic, it is commonly observed for children with Hirschsprung’s disease to have few problems [15]. Based on evidences from abdominal x-ray, contrast enema, and rectal biopsy, the pathological gut segment can be removed by the surgery. There are usually few follow-up interventions although neurodevelopmental issues of the children are documented [16]. The clinical follow-up studies have limitations. Understanding the disease progression in central nervous system research is useful for the further exploration of neurodevelopment mechanisms and treatment [17].

Our previous collaborative study has shown that ETB_{-/-} rats can be rescued from premature death when colostomy is performed at the neonatal period [6]. This operation enables us to keep ETB_{-/-} rats survive up to four to six weeks when they are sacrificed. The present study confirms that ETB_{-/-} rats (which would otherwise die) have similar weight gain as their ETB_{+/-} and ETB_{+/-} littermates that receive the same colostomy surgery. This indicates that the effects on cell death in the brain are unlikely related to malnutrition. However, rats with colostomy have significantly lower body weight than sham-operated ETB_{+/-} rats, which suggests that colostomy per se compromises body growth. The mechanisms are related to decreased fluid and electrolyte absorption and accelerate gastric emptying as in human with colostomy. Therefore, the comparison of brain development has to be between different genotypes with colostomy. There was no difference in behaviors as well as the general body size of the rats.

The effect of null mutation of EDNRB was further examined for cell death in the cerebral, the cerebral cortex, the dentate gyrus, and the hippocampus by comparing ETB_{-/-}.
The deficiency of EDNRB substantially increased cell death in the cerebellum, hippocampus, and dentate gyrus of juvenile ETB−/− rats, compared with ET B+/+ littermates. However, no such change was observed in the cerebral cortex.

EDNRB receptor expression is differentially regulated during early and later brain development. In embryos, EDNRB is abundantly expressed in cells lining the ventricles, but its expression is substantially decreased in the cortex and subventricular zones at P14 [18]. In contrast, the expression of EDNRB in the cerebellum and hippocampus persists in juvenile rats [19]. EDNRB is generally related to the development of neural crest lineage. Growing evidence shows its regulatory effects on a number of regions of the brain, including the cerebellum, hippocampus, and early cerebral cortex. This study further shows pathological cell death persisting in juvenile ETB−/− rat cerebellum and hippocampus where EDNRB is normally expressed at this age [20]. We have not observed a significant increase in cell death of the cerebral cortex, which is consistent with significant decrease in the EDNRB expression within the first two weeks following birth [21]. Taken together, the mutated EDNRB effects in different regions of the brain further support a receptor mediated event during development. Variants have been identified in the RET/EDNRB pathways, accounting for 30% of any sporadic Hirschsprung’s disease cases [22]. Unfortunately, our study may not provide direct targets for clinical applications. The signaling pathways are followed and the research will be reported in our further paper.

Hirschsprung’s disease is associated with a variety of congenital abnormalities in the CNS, including microcephaly, agenesis of the corpus callosum, asymmetry of lateral
ventricles, central hypoventilation, sensorineural deafness, seizures, mental retardation, and autonomic nervous abnormalities [23–25]. Although Hirschsprung’s disease in humans is polygenic, the EDNRB mutation causes a substantial proportion of sporadic and familial cases [26–28]. The currently reported brain structural changes have not been studied in human brains with Hirschsprung’s disease. Our results in ETB<sup>-/-</sup> rats may allow us to extrapolate that the major effects on human Hirschsprung’s disease with congenital EDNRB mutation are associated with early development and an increased cell death within the cerebellum and the hippocampus. In addition, cerebral cortical cell protection may be critically important to the juvenile survival in the disease, which are explored further by our group.

5. Conclusion

The sl/sl ETB<sup>-/-</sup> rats were rescued from premature death by performing colostomy. Cell loss significantly occurred in the cerebellum and hippocampal formation of juvenile ETB<sup>-/-</sup> rats. ENDRB mutation could possess long lasting effects on the cell death in the cerebellum and hippocampus. Our findings would help improve the understanding of cellular changes in the brains of Hirschsprung’s disease patients with congenital EDNRB mutation as well as clinically relevant interventions.

Data Availability

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request. The morphological and biochemical data used to support the findings of this study were supplied by D.X. and Z.S. under license and so cannot be made freely available. Requests for access to these data should be made to Z.S. at z.song@griffith.edu.au.

Additional Points

**Highlights.** (i) Colostomy rescued rats with Hirschsprung’s disease (spotting lethal rats) from premature death. (ii) Cell loss significantly occurred in the cerebellar and hippocampal regions of juvenile spotting lethal rats. (iii) Colostomy with endothelin receptor B sl mutation in the rat could be associated with protection of cerebral cortical cells.

Disclosure

A preprint has previously been published (https://www.researchsquare.com/article/rs-1537125/v1) [29]. The authors declared all sources of funding received for the research. The funder was not involved in the study design, collection, analysis, interpretation of data, the writing of this article, or the decision to submit it for publication.

Conflicts of Interest

The authors declare no conflict of interest related to this paper.

Authors’ Contributions

D.X., Y.D., and Y.W. contributed to investigation, data curation, formal analysis, review, and editing. G.D.H.C. and Z.Z.W. conceptualized the study and contributed to funding acquisition and supervision. Z.S. contributed to conceptualization, funding acquisition, methodology, formal analysis, and writing original draft and editing. Dan Xie and Yitong Du contributed equally to this work.

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Supplementary Materials

**Supplementary 1.** Figure S1: protein level analysis of human cell line with EDNRB deletion mutation. The relative protein levels were compared based on the protein samples of human SH-SY5Y cell lyses. The EDNRB mut experiments indicated the deletion mutation in the cells, in which EDNRB protein expression was detected significantly low (A). Neither BDNF (B) nor GDNF (C) was changed.

**Supplementary 2.** Figure S2: representative images showing related phenotype of the ETB<sup>-/-</sup> rat. In the rats with congenital EDNRB gene defects, we recorded the consequences due to the intestinal obstruction with malnutrition and electrolyte disorders, or peritoneal infections. Mostly, the neonatal rats with homozygous mutations could die within one week of birth. We first applied colostomies to the EDNRB gene defective neonatal rats after genetic testing of the newborn ones. It was allowed to observe the cellular apoptosis and proliferation as well as the animal survival of ETB<sup>-/-</sup> rats for the body growth and nervous system development. With the surgical interventions, ETB<sup>-/-</sup> neonatal rats survived to adulthood. Importantly, with/without the operation on the rats with congenital EDNRB gene defects, there were both changes in hair melanin pigmentation (A and B). Typically, there were 200bp and 500bp gene fragments for ETB<sup>+/−</sup>, the bp alone for ETB<sup>-/-</sup>, and the 500 bp alone for ETB<sup>-/-</sup> rats (as shown in C).

**Supplementary 3.** Figure S3: representative images of the hippocampus of a juvenile ETB<sup>-/-</sup> rat with colostomy showing the distribution of TUNEL-positive nuclei (red) with DAPI counterstaining. (A–C) Low magnification view of the hippocampus (including CA1 and CA3) and dentate gyrus. (D-I) TUNEL-positive nuclei were visible in all the three brain regions of ETB<sup>-/-</sup> rats. Scale bar: 50 μm for (C) and 20 μm for (F) and (I). (J) Summary data comparing the density of TUNEL-positive nuclei in the hippocampus.
of juvenile ET_\text{B}_+/^{+}, \text{ET}_\text{B}_+/^{-}, \text{and ET}_\text{B}_-/^{-} \text{ rats. ET}_\text{B}_-/^{-} \text{ rats had significantly more TUNEL-positive cells than ET}_\text{B}_+/^{+} \text{ rats (}P < 0.05\). However, no significant difference in the cerebral cortex was found between any groups of the rats (}P > 0.05\).

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