A coming era of precision diagnostics based on nano-assisted mass spectrometry

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Abstract
Precision diagnostics relies on omic analysis by mass spectrometry to overcome the limitation in accuracy by an individual biomarker, due to the complex nature of diseases. Recent development in nanotechnology markedly enhanced sample treatment and detection efficiency of this method. Herein, we foresee a coming era of precision diagnostics based on nano-assisted mass spectrometry. Some important progress in the field includes detection of (1) nucleic acids for genetic analysis; (2) proteins/peptides for proteomic analysis; and (3) small molecules for metabolic analysis. We anticipate that this review will be a reminder for both young and experienced researchers about the future of diagnostics and call for attention worldwide.

Purpose and Rationale
Diagnostics is the core of biomedical research and clinical practice, which guides the prevention and treatment of diseases for better healthcare globally.1–3 Notably, precision diagnostics relies on omic analysis to overcome the limitation in accuracy by an individual biomarker,4–7 due to the complex nature of physiological and pathological process.1,8,9 Among numerous analytical approaches for omics, mass spectrometry (MS) has become the major tool due to the desirable throughput, sensitivity, and identification capability.10,11 To date, the state-of-art MS methods and techniques have advanced omics in all levels including genomics,14,15 proteomics,16–18 and metabolomics.19–21

Nowadays, interdisciplinary research is fundamental to achieve real case applications of MS in clinics. Particularly, development of nanotechnology enhanced sample treatment and detection efficiency of MS for diagnostics.10,22–24 For sample treatment, nanoscale materials and devices afford unique size-dependent properties for selective extraction of either a specific molecule or a group of molecules.3,20,25,26 For detection efficiency, nanoscale materials and devices contribute to the amplified ionization performance with orders of magnitude.24,25,27
Therefore, nanotechnology can tackle the key obstacles for MS-based omics, which can be further combined with instrumentation and data mining for next generation of precision diagnostics.

Herein, we foresee a coming era of precision diagnostics based on nano-assisted MS. We show a few important developments in the field (Scheme 1 and Table 1), including MS detection of (1) nucleic acids for genetic analysis; (2) proteins/peptides for proteomic analysis; and (3) small molecules for metabolic analysis. We anticipated that this review would be a reminder for both young and experienced researcher about the future of diagnostics, calling for the attentions worldwide.

**Scheme 1. Schematic illustration of omic analysis including genomics, proteomics, and metabolomics based on nano-assisted mass spectrometry.**

**Table 1 Overview of nano-assisted MS and typical applications that could be replaced**

| Categories for nano-assisted MS | Performance of nano-assisted MS | Typical applications that could be replaced | Performance of typical applications |
|---------------------------------|---------------------------------|---------------------------------------------|-----------------------------------|
| Nano-MS based genomics          | sensitivity: high               | gene chip[^31]                              | sensitivity: high                  |
|                                 | throughput: high                | quantitative real-time PCR[^33]             | throughput: low                    |
|                                 | cost: moderate                  | sanger gene sequencing[^34]                | cost: very high                    |
|                                 | quantitation: yes               |                                             | quantitation: yes                  |
| Nano-MS based proteomics        | sensitivity: high               | chromatography[^38]                         | sensitivity: high                  |
|                                 | throughput: high                | protein microarrays[^39]                   | throughput: moderate               |
|                                 | cost: moderate                  | gel electrophoresis[^40]                   | cost: high                         |
|                                 | quantitation: yes               |                                             | quantitation: yes                  |
| Nano-MS based metabolomics      | sensitivity: very high          | biochemical analyzer[^47]                  | sensitivity: high                  |
|                                 | throughput: very high           | NMR[^48]                                    | throughput: low                    |
|                                 | cost: low                       | electrochemical sensing[^49]               | cost: moderate                      |
|                                 | quantitation: yes               |                                             | quantitation: yes                  |

MS = mass spectrometry; PCR = polymerase chain reaction.
Summary of relevant literature and discussion

Detection of nucleic acids for genetic analysis

Genomics is the study of nucleic acids for genetic evaluation of an organism, analyzing the structure and function of genomes.\(^{28,29}\) Compared to the well-defined analysis of mutations at DNA level, the emerging fields of RNA editing, methylation, and splicing generate a library of transcript isoforms encoding genetic information from DNA-RNA-proteins.\(^{30}\) RNA editing is a molecular process effectively altering the amino acid sequence of the encoded protein to produce a new genomic sequence. It is crucial to develop “omics approach” for RNA editing, since RNA editing deals with modifying the nucleotide sequence in a specific genomic template to produce a new nucleotide sequence for understanding the molecular mechanisms of disease such as cancer. Deciphering these mutated sequences contributes to the development of disease-specific prognostic and therapeutic approaches. Different analytical methods have been employed for detailed analysis of genetic sequences such as gene chips,\(^{31}\) single-nucleotide polymorphism (SNP) microarrays,\(^{32}\) quantitative real-time polymerase chain reaction (qPCR),\(^{33}\) sanger gene sequencing,\(^{34}\) and so on. Among these, SNP microarray genotyping is a tool to determine genetic mutations, phenotype-specific panels, and genome-wide panels of a particular individual.\(^{32}\)

[i]![Diagram](image1.png)

[ii]![Diagram](image2.png)

Figure 1. Mass spectrometry detection of nucleic acids for genetic analysis. Schematic illustration of Nm-seq method based on oxidative cleavage for mapping 2′-O-methylation with base precision. (i) was sequencing process and (ii) showed the obtained mass spectra. Reproduced with permission.[14] Copyright 2017, Springer Nature.
Combining MS with these microarray techniques provides the ability for rapid, accurate, and quantitative characterization of post-transcriptionally modified nucleosides based on their molecular weight changes. Hence, the continued improvements in the methodology and instrumentation used for the mass spectral analysis of nucleic acids will increase the applications of this technology to the field of genomics.

MS-based microarrays enable hybridization free analysis of nucleic acids based on their respective molecular weights. Research groups lead by Chuan He and Jianzhao Liu reported a new small molecule called as N6-allyladenosine (a6A) for RNA (ribonucleic acid) labeling through both metabolic and enzyme-assisted manners (Figure 1).15

The total extracted RNAs were digested into single nucleosides and analyzed by ultra-high-performance liquid chromatography coupled with triple quadrupole tandem mass spectrometer (UHPLC-QQQ-MS/MS) for accurate quantification of a6A levels. Notably, the increased molar mass of a modified probe by MS quantification validated the proposed RNA post-treatment reaction mechanism. Overall, the metabolically incorporated a6A molecule provides facile differentiation of labeled and unlabeled RNA using reverse transcriptase (RT)-induced mutation assay for its potential sequencing applications in the RNA field. Research work by Dai et. al. utilized liquid chromatography-tandem mass spectrometry (LC-MS/MS) for accurate detection and quantification of 2′-O-methylated (Nm) sites in mRNA molecules at low stoichiometry (Figure 2).14

Figure 2. RNA labeling study for genetic analysis. (i) Test of the allyl transfer ability. (ii) Mass spectra of modified RNA oligo and percentages of mutation. Adapted with permission[15] Copyright 2017, American Chemical Society.

The MALDI-TOF spectra of modified and unmodified standard RNA oligonucleotides revealed the feasibility of RNA modification. A conceptually distinct approach was developed based on the different chemical properties of nucleosides with 2′-OH and 2′-OMe groups by periodate oxidation for exposing, enriching and mapping Nm sites in the transcriptome with single-nucleotide precision. Thus, deciphering the deregulated RNA processing events facilitates the detection of rare but functionally relevant transcripts at cellular level. The RNA editing studies will provide key insights for detecting disease-specific biomarkers and development of novel therapeutic strategies.

Detection of proteins/peptides for proteomic analysis

Proteomics focuses on the large-scale study of proteins produced or modified at the gene or cellular level by an organism. Proteomics is more complicated owing to the distinct gene expressions in every system.6,35,36 Proteins have been detected using variety of techniques such
as antibody free/ labeled immunoassays, chromatographic techniques, or protein microarrays, gel electrophoresis, and mass spectrometric methods prominently Orbitrap, matrix-assisted laser desorption/ionization (MALDI), and electrospray ionization (ESI). MS-based proteomics is an advanced technology interpreting encoded information in the genomes. The approach has been successful in the case of small sets of proteins isolated in specific functional contexts. Detecting patterns of a differentially expressed proteins clinical samples shows the potential to diagnose the presence and stage of many diseases such as cancer. Thus, the ability of MS to precisely identify and quantify thousands of proteins from complex samples has broadly impacted biology and medicine.

Hu and co-workers have developed a method using antibody-labeled and energy-focusing porous discoidal silicon nanoparticles (nanodisks) for detection of specific peptide fragments present in Mycobacterium tuberculosis (Mtb) using a high-throughput MS approach (Figure 3).

![Figure 3. Mass spectrometry detection of proteins/peptides for proteomic analysis. The NanoDisk-MS platform. (i) Recognition and enrichment of target peptides and stable isotope-labeled internal standard peptides by antibody-conjugated nanodisks. (ii) Enhanced MS signals allowing quantification of target peptide at low concentrations. Reproduced with permission.[16] Copyright 2017, Proceedings of the National Academy of Sciences of the United States of America (PNAS) group.](image-url)
NanoDisk-MS diagnosed active Mtb cases with robust sensitivity for cases of culture-positive pulmonary tuberculosis (PTB, 91.3%) and extrapulmonary tuberculosis (EPTB, 92.3%). Another advanced technique known as mass cytometry by time-of-flight (CyTOF) has seen rapid developments of MS in proteomics. The CyTOF platform utilizes antibody coupled metal isotopes for mapping phenotypic heterogeneity and progression of cancer cells and hematologic malignancies. Lavin et. al. combined mass cytometry with single-cell transcriptomics and multiplex tissue imaging of the lung tumor for identifying natural killer and myeloid cell responses (Figure 4).

Tumor lesions enriched in tertiary lymphoid structures had significantly more T lymphocytes and less macrophages as measured by CyTOF at the tumor site. Ginhoux and co-workers combined two high-dimensional technologies such as single-cell mRNA sequencing and CyTOF for identification of human blood CD123+CD33+CD45RA+ dendritic cells precursors (pre-DC) (Figure 5).

They unraveled the complexity of the human DC lineage at the single-cell level, revealing a continuous process of differentiation that starts in the bone marrow, and diverges at the point of emergence of pre-DC and plasmacytoid DC(pDC) potentials culminating in maturation...
of both lineages in the blood. Thus, the phenotypic heterogeneity in the circulating mature DC population can be evaluated by single-cell RNA sequence analysis, which was further confirmed by the marked dispersion in the t-stochastic neighbor embedding (tSNE) analysis of the CyTOF data. Even though MS-based proteomics is still an emerging technology, analysis of non-fragmented proteins with high accuracy has the potential to provide insights into detailed structural analysis.

**Detection of small molecules for metabolomics analysis**

The youngest emerging omics member, “metabolomics” has been considered important in early disease diagnosis and clinical evaluation. Analyzing the levels of all cellular metabolites from biological samples demonstrates the pathological and physiological status in biochemical pathway for biomarker identification. Identification of this distinctive fingerprinted metabolic pattern of an individual from the biological fluids could provide new insights for precision diagnostics. Compared to traditional biochemical analyzer, nuclear magnetic resonance spectrometry (NMR), and electrochemical methods for metabolite analysis, MS techniques edge the unique advantages of desirable scanning speed, resolution, selectivity, sensitivity, and simple instrument structure over other methods in large-scale clinical applications. Notably, the use of matrices is of key significance in MS for laser energy transfer and desorption/ionization of analytes.

Qian research group developed a designer silver nanoshell (SiO$_2$@Ag) matrix for LDI MS assisted detection of small metabolites in cerebrospinal fluid (CSF) of patients with postoperative brain infection (Figure 6).

![Figure 6. MS detection of small molecules for metabolic analysis. Plasmonic silver nanoshells for drug and metabolite detection. (i) Schematic diagrams of experimental workflow and LDI MS process using SiO$_2$@Ag nanoshells as matrix. (ii) Diagnosis of postoperative brain infection based on glucose quantitation. Reproduced with permission.[20] Copyright 2017, Nature Publishing Group.](image)

Isotopic quantification of selected metabolites revealed patients with postoperative brain infection by cerebrospinal fluid (CSF) analysis and monitored the drug concentrations in both CSF and serum to investigate the blood–brain/CSF-barriers and for pharmacokinetics study. The same group also developed a novel plasmonic chip with gold nanoshells on the surface for in vitro metabolic diagnosis of early-stage lung cancer patients using serum and exosomes (Figure 7).
The orthogonal partial least squares discriminant analysis (OPLS-DA) demonstrated clear group separation based on the fingerprinting results of serum and exosomes (both with p < 0.0001). Compared to the conventional MS methods for diagnosis of human cancer tissues, Eberlin and co-workers reported the development of an automated and biocompatible handheld mass spectrometry device named MasSpec Pen (Figure 8).²¹

The MasSpec Pen was utilized for molecular analysis of potential cancer biomarkers of normal and cancerous tissue samples from 253 patients. Statistical analysis technique allowed prediction of cancer with high sensitivity (96.4%), specificity (96.2%), and overall accuracy (96.3%). Thus, MS-based high-performance metabolic analysis towards precision medicine, initiates the development of advanced diagnostic tools identifying various metabolic biomarkers.

3. Conclusion

In this review, we summarized the key milestones of MS, to address the needs from clinical omics towards precision diagnostics. In near future, research lines in the field would include but would not be limited to (1) integrated MS systems with low costs and smaller sizes; (2) high analytical performance for multi-omic analysis in one specimen; and (3) precision diagnosis of major diseases in large populations. Notably, considering the commercial value and social benefit of precision diagnostics, there would be emerging high-tech companies around the world to mine nano-assisted MS and facilitate the university application.
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Conflict of Interest

The authors declare no conflict of interest.

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