Loss of Christianson Syndrome Na\(^{+}\)/H\(^{+}\) Exchanger 6 (NHE6) Causes Abnormal Endosome Maturation and Trafficking Underlying Lysosome Dysfunction in Neurons

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Loss-of-function mutations in endosomal Na\(^{+}\)/H\(^{+}\) exchanger 6 (NHE6) cause the X-linked neurologic disorder Christianson syndrome. Patients exhibit symptoms associated with both neurodevelopmental and neurodegenerative abnormalities. While loss of NHE6 has been shown to overacidify the endosome lumen, and is associated with endolysosome neuropathology, NHE6-mediated mechanisms in endosome trafficking and lysosome function have been understudied. Here, we show that NHE6-null mouse neurons demonstrate worsening lysosome function with time in culture, likely as a result of defective endosome trafficking. NHE6-null neurons exhibit overall reduced lysosomal proteolysis despite overacidification of the endosome and lysosome lumen. Akin to Nhx1 mutants in Saccharomyces cerevisiae, we observe decreased endosome-lysosome fusion in NHE6-null neurons. Also, we find premature activation of pH-dependent cathepsin D (CatD) in endosomes. While active CatD is increased in endosomes, CatD activation and CatD protein levels are reduced in the lysosome. Protein levels of another mannose 6-phosphate receptor (M6PR)-dependent enzyme, \(\beta\)-N-acetylglucosaminidase, were also decreased in lysosomes of NHE6-null neurons. M6PRs accumulate in late endosomes, suggesting defective M6PR recycling and retromer function in NHE6-null neurons. Finally, coincident with decreased endosome-lysosome fusion, using total internal reflection fluorescence, we also find a prominent increase in fusion between endosomal multivesicular bodies and the plasma membrane, indicating enhanced exosome secretion from NHE6-null neurons. In summary, in addition to overacidification of endosomes and lysosomes, loss of NHE6 leads to defects in endosome maturation and trafficking, including enhanced exosome release, contributing to lysosome deficiency and potentially leading to neurodegenerative disease.

Key words: Christianson syndrome; endosome; exosome; lysosome; neurodegeneration; NHE6

Significance Statement

Loss-of-function mutations in the endosomal Na\(^{+}\)/H\(^{+}\) exchanger 6 (NHE6) cause Christianson syndrome, an X-linked neurologic disorder. Loss of NHE6 has been shown to overacidify endosomes; however, endosome trafficking mechanisms have been understudied, and the mechanisms leading to neurodegeneration are largely unknown. In NHE6-null mouse neurons in vitro, we find worsening lysosome function with days in culture. Notably, pH-dependent lysosome enzymes, such as cathepsin D, have reduced activity in lysosomes yet increased, precocious activity in endosomes in NHE6-null neurons. Further, endosomes show reduced fusion to lysosomes, and increased fusion to the plasma membrane with increased exosome release. This study identifies new mechanisms involving defective endosome maturation and trafficking that impair lysosome function in Christianson syndrome, likely contributing to neurodegeneration.

Received May 18, 2020; revised July 5, 2021; accepted Aug. 7, 2021.

Author contributions: M.F.P., Q.O., J.S.L., and E.M.M. designed research; M.F.P., Q.O., J.S.L., and E.M.M. performed research; M.F.P., Q.O., J.S.L., and E.M.M. analyzed data; M.F.P., Q.O., J.S.L., and E.M.M. wrote the paper.

This work was supported by National Institutes of Health Grants R01NS113141, R01MH102418, R01MH105442, and R21MH115392 to E.M.M. M.F.P. was supported by National Institutes of Health National Research Service Award F31NS095880 and advanced postdoctoral training grant T32NS062443. We thank D. Michel Pegtel for kindly providing the CD63-pHluorin construct.

The authors declare no competing financial interests.

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https://doi.org/10.1523/JNEUROSCI.1244-20.2021

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Introduction

The nervous system is vulnerable to endolysosome dysfunction. Lysosomal storage disorders, which are caused by mutations in lysosome-associated genes, provide primary evidence linking endolysosomal dysfunction with neurologic disease (Platt et al., 2012; Boustany, 2013). Additional genetic studies have further implicated endolysosomal genes in more common neurodegenerative diseases, such as Alzheimer’s disease and Parkinson’s disease (Fraldi et al., 2016; Sharma et al., 2018; Winckler et al., 2018; Lie and Nixon, 2019).

The process of endosome maturation involves the transition of endosomes in the earlier stages of the endocytic pathway to the degenerative route, thereby ensuring proper trafficking of cargo assigned for degradation to the lysosome (Huotari and Helenius, 2011; Scott et al., 2014). Progressive acidification of the endolysosomal lumen from early to late stages of the endocytic pathway is a key feature of endosome maturation, and regulated by a number of membrane-bound ion channels, pumps, and transporters (Mellman et al., 1986; Casey et al., 2010; Huotari and Helenius, 2011). Endosomal Na+/H+ exchangers (NHEs) (i.e., NHE6 and NHE9) represent a class of cation exchangers that are thought to alkalize intraluminal pH by exchanging luminal H+ for cytosolic cations (e.g., Na+ or K+). NHE6 protein has been shown to be particularly abundant on early and recycling endosomes (≥80%) (Brett et al., 2002; Ohgaki et al., 2010; Ouyang et al., 2013), and is also on late endosomes (~50%) at least in neurons (Ouyang et al., 2013).

Exemplifying the importance of endosomal NHEs to human brain function, loss-of-function mutations in X-linked NHE6 cause the neurologic disorder Christianson syndrome (CS) (Gilfillan et al., 2008; Pescosolido et al., 2014). Affected males present with intellectual disability, epilepsy, ataxia, and postnatal microcephaly (Pescosolido et al., 2014). Neurodegenerative features identified in CS patients include cerebellar degeneration and widespread neuronal loss and gliosis, potentially involving tau deposition (Garbern et al., 2010; Pescosolido et al., 2014); however, the cellular mechanisms mediating neurodegenerative pathology in CS remain unclear. Ouyang et al. (2013) found that loss of NHE6 in neurons led to an overacidification of the endosomal lumen, consistent with a critical role for NHE6 in the regulation of luminal pH during endosome maturation. The functions of NHE6 in endosome maturation and trafficking are less well understood. Abnormalities in these primary endosome processes may secondarily lead to defects in lysosome function. Neuropathological features seen in lysosome disorders have been previously reported in the CS mouse model (Stromme et al., 2011; Sikora et al., 2016); however, the molecular mechanisms underlying potential lysosome deficiency in CS are unknown.

In this study, we investigate mechanisms of endolysosome dysfunction in NHE6-null neurons. We show here that loss of NHE6 in primary neurons in vitro causes worsening lysosome function with days in cultures, and that this lysosome deficiency is associated with defects in endosome maturation and trafficking. NHE6-null neurons exhibit overall reduced lysosomal proteolysis, despite overacidification of the endosome and lysosome lumen. Akin to Nhx1 mutants in Saccharomyces cerevisiae, the yeast homolog of NHE6 (Karim and Brett, 2018), we observe decreased endosome-lysosome fusion in NHE6-null neurons. We find precocious activation of the pH-dependent lysosome enzyme cathepsin D (CatD) in endosomes, with evidence of reduced CatD trafficked to lysosomes. While loss of NHE6 inhibits its endosome-lysosome fusion, we find greater fusion between late endosomes/multivesicular bodies (MVBs) with the plasma membrane (PM), leading to enhanced exosome release. Overall, these novel disease mechanisms in CS, involving defective endosome maturation likely causing lysosome deficiency, place CS within the context of a growing category of neurodegenerative disorders with endolysosome dysfunction.

Materials and Methods

Materials. Materials included protease inhibitor (Roche, 05892970001), phosSTOP (Roche, 04906837001), PMES (Sigma, 934822), Fluoromount-G (Southern Biotechnology). Lipofectamine 2000 (Invitrogen, catalog #11668019), 22 mm poly-D-lysine-coated coverslips (Neutrino, GG-22-1-5-PDL), and black CellCarrier-96 Ultra microwells (PerkinElmer). The following compounds were used: 4-methyl-umbelliferyl-N-acetyl-β-D-glucosaminide (Millipore Sigma, 474502), bafilomycin A1 (Sigma, B1793), DMSO (Sigma, D8418), ionomycin (Sigma, I9657), NH4Cl (Sigma, A9434), and U18666A (Sigma, U633). The following items were purchased through Thermo Fisher Scientific: AlexaFluor-546-transferrin (T23364), AlexaFluor-594-BSA (A13101), AlexaFluor-594-dextran (D22913), AlexaFluor-647-dextran (D22914), B27 (17504044), BODIPY FL-peptstatin A (P12271), DQ-BSA (Green, D12050), FITC-transferrin (T2871), GlutaMAX (35050061), Oregon Green (OG) 488-dextran (D7171), ProLong Gold antifade mountant with DAPI (P36931), and tetramethylrhodamine (TMR)-dextran (D1817).

Antibodies. The following antibodies were used for western blot: actin (Sigma, A3853, Ms, 1:1000), CatD (R&D Systems, AF1029, Gt, 1:1000), CD63 (Abcam, EPR21151-2b17345, Rb, 1:1000), mi-mannose 6-phosphate receptor (M6PR) (Cell Signaling Technology, 1364S, Rb, 1:500), GAPDH (Sigma, G8795, Ms, 1:4000), LAMP1 (DHSB, 142B, Rt, 1:1000), RAB5 (Cell Signaling Technology, 3547, Rb, 1:1000), and RAB7 (Sigma, R8779, Ms, 1:1000). The following antibodies were used for immunocytochemistry experiments: mi-MPR (Abcam, 2G11-α2b2733, Ms, 1:1000), Hoechst-33342 (Thermo Fisher Scientific, H1399, 1:1600), LAMP1 (Abcam, ab24170, Rb, 1:500 for BODIPY-peptstatin A, 1:1000 for M6PR), lysobisphosphatidic acid (LBPA, Echelon Biosciences, Ms, 1:1000), MAP2 (Abcam, ab5392, Ch, 1:5000), RAB5 (Cell Signaling Technology, 3547, Rb, 1:500), RAB7 (Abcam, ab157029, Rb, 1:1000 for BODIPY-peptstatin A, 1:500 for M6PR and 3D imaging), and TGN46 (Abcam, ab6059, Rb, 1:1000). The following secondary antibodies were used at a 1:800 dilution: anti-mouse AlexaFluor-488, anti-chicken AlexaFluor-594, anti-rabbit AlexaFluor-594, anti-mouse AlexaFluor-647, anti-rabbit AlexaFluor-647, and anti-rat AlexaFluor-647.

Animals. All animal care and use were performed in accordance with National Institutes of Health guidelines and were approved under a protocol by the Brown University Institutional Animal Care and Use Committee.

Dissociated hippocampal cultures. Dissociated hippocampal neurons were derived from mouse pups at P0-P1 as previously described (Ouyang et al., 2013). Cells were typically seeded at densities of either 3.0 × 10^5/ml (immunoblot and immunocytochemistry) or 3.5 × 10^5/ml (immunoblot and enzyme assays) unless otherwise specified. All treatments were added to Neurobasal media supplemented with B27 (2%), and Glutamax (1%) unless otherwise specified. Cultured neurons were transfected at DIV 13 with Lipofectamine 2000 (Invitrogen).

Western blot. Western blots were analyzed by the Odyssey Clx Infrared Imaging System (LI-COR) and Odyssey software version 5.2.5. Primary hippocampal neurons were washed with cold 1× PBS and lysed with RIPA buffer supplemented with 1% protease inhibitor on ice. Cultures were then scraped, put on ice for 1 h, and centrifuged for 10 min at 13,000 RPM at 4°C. Mouse hippocampal tissue was harvested at 8 weeks, lysed with tissue lysis buffer (RIPA buffer supplemented with 1% protease inhibitor, 1% phosSTOP and 1% PMSF), homogenized, and put on ice for 1 h. Brain tissue samples were then centrifuged for 15 min at 13,200 RPM at 4°C. Protein quantity was quantified for all samples using BCA kit (Pierce). Equal amounts of protein were resolved on NuPAGE 4%-12% SDS-polyacrylamide gels (Invitrogen). All proteins of interest were normalized to loading control proteins (e.g., actin or GAPDH). Western blot images have been cropped for presentation.
Lysosomal enzyme assays. Enzyme activity was measured in 8-week-old mouse brain tissue (e.g., hippocampus, cerebellum, and cortex) and 14 DIV hippocampal neuronal cultures. β-N-Acetylgalactosaminidase (β-NAG) activity was measured using the substrate 4-nitrophenyl N-acetyl-β-D-galactosaminide (NP-GlcNAc) according to the kit protocol (Sigma, CS0780). Acid phosphatase activity was measured using the substrate 4-nitrophenyl phosphate according to the kit protocol (Sigma, CS0740). Hippocampal primary culture (10 µg) or mouse brain tissue (20 µg) was incubated in triplicate for 10 min at 37°C. Absorbance was measured at 405 nm on a Cytation3 microplate reader (BioTek) using Gen5 software version 2.07.

Lysosome-enriched fractionation. Lysosomes from the cortex and hippocampus of 4-month-old male Nhe6 WT and WT littermate mice were enriched using the lysosome isolation kit (LYSISO1, Sigma). The modified protocol from Bagh et al. (2017) was used. Briefly, brain tissue was homogenized in 4 volumes of 1× extraction buffer with protease inhibitor and spun for 10 min at 1000 × g at 4°C. The supernatant was then centrifuged for 20 min at 20,000 × g at 4°C. The crude lysosome fraction pellet was resuspended in 1× extraction buffer and added to the 19% Optiprep gradient. The following Optiprep gradients were layered: 27%, 22.5%, 19%, (including crude lysosome fraction), 16%, 12%, and 8%. Samples were ultracentrifuged (Optima MAX-XP, Beckman Coulter) for 4 h at 150,000 × g at 4°C. Five fractions were collected at the junction of each gradient. Fractions 2 (12%-16%) and 3 (16%-19%), which had the highest LAMP1 protein levels, were combined and used for analysis. The same amount of protein was loaded for Western blot (2.5 µg).

Proteins of interest were normalized to LAMP1.

Confocal microscopy. Confocal z-stack for the following experiments were acquired using an LSM 800 (Carl Zeiss) microscope: (1) DQ-BSA, (2) AF594 BSA, and (3) BODIPY-pepstatin A (see Fig. 2) experiments. Images were collected using an oil-immersion 63× objective with 1024 × 1024 pixel resolution. To ensure an unbiased selection, all neurons were selected using the DIC channel. For colocalization experiments (e.g., BODIPY-pepstatin A and M6PR), z-stack images were acquired using an Olympus FV3000 microscope. Images were collected using an oil-immersion 63× objective with 512 × 512 pixel resolution. pH and endosome-lysosome fusion experiments were imaged using the Opera Phenix High-Content Screening System (PerkinElmer). Single-plane (pH) or z-stack (endosome-lysosome fusion) images were collected with a water-immersion 63× objective. For each experiment, laser settings were the same across all time points. For live imaging, cells were placed in a humidity chamber and maintained at 37°C with 5% CO2.

DQ-BSA degradation. Mouse hippocampal neuronal cultures were analyzed at DIV 3, 5, and 14. Cells were treated with 20 µg/ml of DQ-BSA at 37°C. Cells were incubated with DQ-BSA for 30 min, washed twice with 1× PBS, Active CatD dilution buffer with supplemented Neurobasal media. Following DQ-BSA treatment, neurons were briefly rinsed with 1× PBS and fixed with 4% PFA for 10 min at room temperature. Cells were washed with 1× PBS 3 times for 5 min each, with the first and second washes containing Hoechst. Slides were mounted with Fluoromount-G.

BSA uptake. Mouse hippocampal neuronal cultures were analyzed at DIV 3, 5, and 14. Cells were treated with 20 µg/ml of BSA conjugated with AlexaFluor-594 (BSA-AF594) at 37°C. Cells were incubated with BSA-AF594 for 30 min, briefly rinsed twice with 1× PBS, and fixed with 4% PFA for 10 min at room temperature. Cells were then washed with 1× PBS 3 times for 5 min each, with the first and second washes containing Hoechst. Slides were mounted with Fluoromount-G.

Active CatD labeling using BODIPY FL-pepstatin A. Mouse hippocampal neuronal cultures were analyzed at DIV 3, 5, and 14. Cells were treated with 1 µg/ml of BODIPY FL-pepstatin A for 1 h at 37°C. Following BODIPY FL-pepstatin A treatment, neurons were briefly rinsed twice with 1× PBS and fixed with 4% PFA for 10 min at room temperature. Cells were then washed 3 times with 1× PBS for 5 min each, with the first and second washes containing Hoechst. Slides were mounted with Fluoromount-G.

Exosome acquisition and analysis. For lysosome pH experiments, 20 images were collected per well for each sample. Data were collected from at least three independent experiments using at least 4 animals per experiment.

Following treatment, cells were washed 3 times with warm 1× PBS, fixed/permeabilized with 4% PFA in 1× PBS for 30 min at room temperature, and washed 3 times with 1× PBS for 5 min per wash. For dextran experiments, cells were then mounted with Fluoromount-G. For non-dextran experiments, cells were then blocked with 10% goat serum in 1× PBS and 0.1% Triton X-100 or 0.01% saponin (LBPA) for 1 h at room temperature. Cells were then incubated with primary antibodies overnight in 1× PBS and 0.1% Triton X-100 or 0.01% saponin (LBPA) at 4°C. The next day, cells were washed twice with 1× PBS, incubated with secondary antibodies in 1× PBS and 0.1% Triton X-100 or 0.01% saponin (LBPA) for 1 h at room temperature, washed once with 1× PBS, and mounted with Fluoromount-G. For dextran experiments, cells were incubated with 5 mg/ml dextran (1:25) for 3 h at 37°C in DIV 4 or 13. Cells were washed twice with 1× PBS and chased overnight (16 h) with Neurobasal media.

Endosome and lysosome pH. Mouse hippocampal neuronal cultures were analyzed at DIV 8. For each animal, 3 or 4 wells were seeded in CellCarrier-96 Ultra microplates (PerkinElmer) for replication purposes. Lysosome pH was measured using a protocol adapted from Johnson et al. (2016). At DIV 7, cells were incubated with 0.1 mg/ml each of OG 488-dextran (OG-dextran) and TMR-dextran (TMR-dextran) for 2 h at 37°C. They were washed 3 times with 1× PBS and then chased overnight in supplemented Neurobasal media. Before live imaging, cells were incubated with Hoechst-33342 (1:1600) in supplemented Neurobasal media minus phenol red for 10 min to label cell nuclei. They were then washed once with 1× PBS and imaged with supplemented Neurobasal media minus phenol red. The pH ratio was calculated using a pH calibration curve. The calibration curve was generated by imaging pH standards (e.g., 3.5, 4.5, and 5.5) in a calibration solution (125 mM KCl, 25 mM NaCl, 10 µM monensin, 25 mM MES, and adjusted to a final pH using 1N NaOH or 1N HCl). For bafilomycin A1 experiments, 100 nm was added with Hoechst-33342 in supplemented Neurobasal media minus phenol red for 10 min. Cells were then imaged in supplemented Neurobasal media minus phenol red with 100 nm of bafilomycin A1. Endosome pH was measured in primary hippocampal neurons at DIV 5 as previously described (Ouyang et al., 2019).

Endosome-lysosome fusion. Cells were seeded on CellCarrier-96 Ultra microplates (PerkinElmer). Mouse hippocampal neuronal cultures were analyzed at DIV 5. At DIV 4, cells were incubated with 0.25 mg/ml of TMR-dextran for 2 h at 37°C. Cells were then washed twice with 1× PBS and chased overnight with supplemented Neurobasal media. At DIV 5, cells were incubated with 0.5 mg/ml AlexaFluor-647-dextran and Hoechst-33342 (1:5000) for 10 min at 37°C, washed twice with 1× PBS, and imaged immediately with supplemented Neurobasal media minus phenol red. For bafilomycin A1 experiments, cells were treated with 100 nm bafilomycin A1 while incubating with AlexaFluor-647-dextran and Hoechst-33342. Laser settings were performed using the Opera Phenix High-Content Screening System in supplemented Neurobasal media minus phenol red. z-stack images were taken every 20 min over the span of 2 h (i.e., 7 time points).

Total internal reflection fluorescence (TIRF) microscopy. Exosome secretion events were visualized by ring-TIRF using the DeltaVision OMX SR imaging system (GE). Mouse hippocampal neuronal cultures were analyzed at 14 DIV. Cells were plated on 22 mm poly-D-lysine coated coverslips (Neuvitro) at 3.5 × 10^6 cells in 13. At DIV 3, cells were cotransfected with CD63-pHluorin and empty-mCherry plasmids using Lipofectamine 2000. Before imaging, neurons were transferred to Tyrode’s solution (124 mM NaCl, 3 mM KCl, 2 mM CaCl2, 1 mM MgCl2, 10 mM HEPES, pH 7.4, 5 mM D-glucose). Images were collected on a 63× TIRF objective at 1024 × 1024 resolution with oil 1.522. To visualize transfected cell location, a widefield, single-plane image was collected before TIRF imaging. Laser settings were identical across all experiments. Environmental settings were constant for O2 (20%), CO2 (5%), and humidity (50%). Five-minute videos were collected per cell at 2 Hz (i.e., every 500 ms). Cultured neurons were treated with bafilomycin A1 (100 ng/ml for 2 h) and U18666A (1.5 µg/ml for 16 h) (Strauss et al., 2010).
genotype. Image analysis was performed using Harmony software (version 4.9, PerkinElmer). The DAPI channel was used to define the nucleus and cell soma regions using the “Find Nuclei” and “Find Cytoplasm” building blocks, respectively. Cell count was calculated from identified nuclei. Live cells were then distinguished using a minimum nuclear area threshold. Dextran-labeled lysosomes were identified using the “Find Spots” building block. Spots (i.e., lysosomes) that met inclusion criteria for fluorescence intensity and size (15-140 pixels) were included for analysis. Fluorescence intensity for both OG- and TMR-dextran spots/Total AlexaFluor-647-dextran spots was analyzed using the “Find Population” building block with AlexaFluor-647-dextran as population 1 and TMR-dextran as population 2. Fusion event data are expressed as % fold change to time point 0 for each animal.

3D-reconstruction analysis was performed using Imaris 5.1 software (Bitplane). z-stack confocal images were cropped, and volume was reconstructed: surface and “MIP” (i.e., maximum intensity projection). File names were randomized to ensure unbiased analysis. Puncta were manually thresholded by adjusting: (1) background subtraction, (2) absolute intensity, and (3) split touching objects. To segment the nucleus, the DAPI marker was manually traced throughout the entire z-stack. The distance between different markers was calculated using the “Distance Transformation” module, with “Outside SurfaceObject” selected.

Lysosome exocytosis experiments. Media was collected from mouse primary hippocampal cultures at DIV 14. Approximately 8 x 10^5 cells were added to a well of a 6-well plate. For each sample, primary cultures were seeded in duplicate to allow for treatment comparisons. Neurons were treated with either ionomycin (10 μM) or DMSO for 10 min at 37°C. Media was then collected and centrifuged for 10 min at 13,200 x g at 4°C to pellet any cellular debris.

β-Hexosaminidase (β-Hex) activity was measured using a protocol adapted from Laulaugier et al. (2011) and using the Tyrode’s solution previously mentioned. Following media collection, cells were washed once with cold 1× PBS and lysed with 500 μl of cell lysis buffer (RIPA buffer + 1% protease inhibitor). Cells were put on ice for 15 min, spun for 10 min at 13,200 RPM at 4°C, and the supernatant was collected. For media and cell lysate samples, 50 μl was added to a 96-well in triplicate. In each well, the following were added: 5 μl of lysine, 16 μl of reaction mixture (1 mM 4-methylumbelliferyl-N-acetyl-β-D-glucosaminide in 11.2 mM citrate, 17.6 mM Na2HPO4, pH 4.5), and 45 μl of 1× PBS. Samples were incubated for 30 min at 37°C, followed by the addition of 100 μl of stop reaction (2 mM Na2CO3, 1.1 μl glycine, pH 10.2). Fluorescence was measured at Ex/Em = 365/450 nm on a Cytation3 microplate reader (BioTek) using Gen5 software version 2.07. β-Hex activity was calculated by averaging each sample and subtracting the control sample average (i.e., Tyrode’s solution without any primary neurons). Released activity was calculated using the following formula: (media – control)/cell lysis × cell lysis buffer) x 100

CatD activity was measured using the synthetic substrate GKPILFRLK(Dnp)-D-R-NH2 according to the kit protocol (Abcam, ab63502). Culture media was aspirated at 14 DIV and replaced with 1 ml of Tyrode’s solution (124 mM NaCl, 3 mM KCl, 2 mM CaCl2, 1 mM MgCl2, 10 mM HEPES, pH 7.4, 5 mM D-glucose) before treatment. A total of 50 μl of sample media was added per well in duplicate and incubated for 1.5 h at 37°C. Fluorescence was measured at Ex/Em = 328/460 nm on a Cytation3 microplate reader (BioTek) using Gen5 software version 2.07. Enzyme activity was calculated by subtracting the media-only average from each sample average.

LDH was measured and calculated according to the protocol (Sigma, MA066). For each sample, 50 μl of media was added to a 96-well plate in duplicate. Absorbance was measured at 450 nm on a Cytation3 microplate reader (BioTek) using Gen5 software version 2.07.

Statistical analysis. Data are presented as mean ± SEM. n represents the number of biological replicates for each experiment. For microscopy experiments, the n typically represents the number of cells, although it may also represent the number of animals (e.g., pH and endosome-lysosome fusion experiments) analyzed. Most statistical analyses were performed using GraphPad Prism version 7. Normality was assessed using the D’Agostino and Pearson omnibus normality test. For experiments with a low sample size (n < 7) where D’Agostino and Pearson omnibus normality test was unable to be tested, Gaussian distribution was assumed. Unless otherwise specified, two group comparisons were analyzed by unpaired, two-tailed Student’s t test (data normally distributed) or Mann–Whitney U test (data not normally distributed). For data not normally distributed with distribution shapes between the 2 groups, a log10 transformation was applied and a normality test was performed on the transformed data. Effect size was calculated using Cohen’s d (sample size n > 20), Hedges’ g (samples size n < 20), or Glass’s Δ (if SD significantly different). Linear mixed model analysis was performed using SPSS version 25. Endosome-lysosome fusion experiments were...
Figure 1. Decreased lysosomal proteolysis in NHE6-null neurons in vitro. A, Puncta analysis by fluorescence microscopy and 3D images of WT and Nhe6−/− male primary hippocampal neurons following DQ-BSA treatment at DIV 5. Images are denoted as: 2D (i.e., DQ-BSA fluorescent microscopy maximum intensity projection images), 3D (i.e., 3D reconstruction of DQ-BSA puncta), and 3D Rotation (i.e., 3D image rotated 90° along the x axis). B–E, Quantification of 3D-reconstructed DQ-BSA puncta. B, Number of DQ-BSA puncta per cell (WT n = 50 cells from 5 mice, Nhe6−/− n = 50 cells from 5 mice, 4 litters, p = 0.02, Glass’s Δ = 0.46). C, Average DQ-BSA puncta volume per cell (WT n = 50 cells from 5 mice, Nhe6−/− n = 49 cells from 5 mice, 4 litters, p = 0.001).
analyzed using a linear mixed model, with % endosome-lysosome fusion as the dependent variable. Genotype and time points were factors, whereas litter was entered as a covariate. Intercept, genotype, time, litter, and time × genotype were modeled as fixed effects, whereas animal was modeled as a random effect. Time points (e.g., 20, 40, 60, 80, 100, and 120) were calculated as % endosome-lysosome fusion normalized to time point 0. The time × genotype interaction for % endosome-lysosome fusion was the primary outcome variable. Analysis of exosome secretion following various treatments was analyzed using Kruskal-Wallis test with Dunn’s test for multiple comparisons. An ordinal logistic regression was performed using Stata SE (release 15). The number of MVB-PM fusion/exosome release events (i.e., counts) were considered ordered categorical variables. Lysosomal exocytosis experiments were performed with two-way ANOVA followed by Tukey’s multiple comparisons test when necessary.

Results

Loss of NHE6 leads to reduced lysosomal protease function

To examine the relationship between loss of NHE6 and lysosome functioning, we investigated the degradative capacity of primary hippocampal neurons in vitro. We treated NHE6-null and WT male neurons with DQ-BSA (i.e., BSA conjugated with fluorophores that emit only when degraded) to measure proteolysis of endocytosed material (Vazquez and Colombo, 2009). We first examined DQ-BSA puncta features using 3D reconstruction of primary hippocampal neurons at 5 DIV (Fig. 1A). This time point was chosen as some of the earliest overacidified endosomes findings in NHE6-null neurons were observed at 5 DIV (Ouyang et al., 2013). NHE6-null neurons had significantly fewer DQ-BSA puncta (Fig. 1B), smaller average individual punctum size (Fig. 1C), and less total summed puncta volume per cell (Fig. 1D) compared with WT neurons. There were no differences in DQ-BSA distribution across the cell, as measured by distance from the nucleus (Fig. 1E). To further investigate lysosome degradation, we measured the mean fluorescence intensity (MFI) of DQ-BSA treated neurons across a range of in vitro time points that reflect key neuronal processes, such as axonal outgrowth (3 DIV), dendritic outgrowth (5 DIV), and synaptic maturation (14 DIV) (Dotti et al., 1988; Craig and Banker, 1994). NHE6-null neurons displayed significantly decreased proteolytic activity across all three time points compared with WT littermate controls, with worsening dysfunction at older time points. Effect size by Cohen’s d was 0.23 compared with 0.64 at 3 and 14 DIV, respectively (Fig. 1F,G). Importantly, this decrease in degradative signal was not because of differences in BSA internalization (Fig. 1H,I). These results indicate that loss of NHE6 leads to worsening lysosomal protease activity with time in vitro relative to control.

NHE6-null neurons have reduced overall CatD activity

Hydrolases perform the degradative function of lysosomes, and their activity is dependent on the highly acidic lysosomal lumen (Braulke and Bonifacino, 2009). Lysosomal enzyme dysfunction represents a shared mechanism across many neurologic disorders leading to the accumulation of macromolecules in cells (Boustanly, 2013; Lloyd-Evans and Haslett, 2016; Mazzulli et al., 2016). Based on our observations of deficient lysosomal protease function in NHE6-null neurons, we next examined the function of specific lysosome enzymes. To examine lysosome enzyme functioning, we analyzed the aspartic protease CatD whose dysfunction has been reported across multiple neurodegenerative disorders (Vidoni et al., 2016).

To measure active CatD, we treated male Nhe6+/Y and WT littermate primary hippocampal neurons with BODIPY FL pepstatin A. For this probe, the CatD-specific inhibitor pepstatin A has been conjugated with a pH-insensitive fluorophore (Chen et al., 2000). NHE6-null neurons demonstrated significantly reduced active CatD activity at DIV 5 and 14 (Fig. 2A). Specifically, NHE6-null neurons had significantly decreased signal intensity (Fig. 2B) and fewer puncta (Fig. 2C), both worsening with days in culture. There were no differences in puncta size (data not shown). We investigated whether these CatD findings extended to mouse brain tissue. Therefore, we quantified active CatD protein levels biochemically in male Nhe6+/Y and WT littermate hippocampus at 8 weeks of age. Cleaved-CatD (i.e., the enzymatically active form) was significantly decreased in Nhe6+/Y mice (large effect size, Hedges’ g = 1.77) (Fig. 2D,E).

To determine whether other lysosomal enzymes are affected, we measured the activity of β-NAG and acid phosphatase in NHE6 mouse brain tissue (e.g., cerebellum, cortex, and hippocampus) from acutely dissected brains at 8 weeks of age, as well as from primary hippocampal neurons at 14 DIV. β-NAG activity was significantly reduced in male NHE6-null hippocampal tissue as well as primary hippocampal cultures compared with male WT littermates [large effect size, Hedges’ g = 0.78 (tissue) and Hedges’ g = 1.42 (cultures)] (Fig. 2F). No differences were found in the cortex or cerebellum. There were no differences in acid phosphatase activity across all brain tissue regions and primary hippocampal neurons at 14 DIV (Fig. 2G). These findings may reflect differences in lysosomal enzyme trafficking routes. Many newly synthesized lysosomal enzymes are transported from the trans-Golgi network (TGN) to the endocytic pathway by binding to M6PRs, including CatD and β-NAG (von Figura and Hasilik, 1986; Ghosh et al., 2003). There is evidence to support the notion that acid phosphatase is trafficked via a distinct, M6PR-independent pathway (Braun et al., 1989; Peters et al., 1990). Together, these results indicate that loss of NHE6 leads to deficits ex vivo and in vitro in CatD and β-NAG function, with both enzymes being trafficked in a M6PR-dependent manner.

Reduced lysosome intraluminal pH in NHE6-null neurons

Given loss of NHE6 leads to hyperacidification of the endosome lumen in vitro (Ouyang et al., 2013), we sought to determine whether intraluminal pH in lysosomes was also affected. We adapted a ratiometric fluorescence microscopy protocol using
Figure 2. Loss of NHE6 impairs lysosome enzyme function in vitro and ex vivo. A, Confocal microscopy images of mature CatD using BODIPY-pepstatin A in WT and Nhe6<sup>−/−</sup> male mouse primary hippocampal neurons at DIV 3, 5, and 14. B, Quantification of MFI per cell at 3 DIV (WT n = 153 cells, Nhe6<sup>−/−</sup> n = 148 cells, 5 mice per genotype, 5 litters), 5 DIV (WT n = 130 cells, Nhe6<sup>−/−</sup> n = 129 cells, 5 mice per genotype, 3 litters, p < 0.0001, Cohen’s d = 0.66), and 14 DIV (WT n = 80 cells, Nhe6<sup>−/−</sup> n = 80 cells, 4 mice per genotype, 4 litters, p < 0.0001, Cohen’s d = 0.76). C, Quantification of number (#) of puncta per cell at 3 DIV (WT n = 161 cells, Nhe6<sup>−/−</sup> n = 148 cells, 5 mice per genotype, 5 litters), 5 DIV (WT n = 107 cells, Nhe6<sup>−/−</sup> n = 105 cells, 4 mice per genotype, 3 litters, p = 0.85, Glass’s Δ = 0.37), and 14 DIV (WT n = 78 cells, Nhe6<sup>−/−</sup> n = 78 cells from 4 mice per genotype, 4 litters, p < 0.0001, Cohen’s d = 0.56). D, E, CatD western blot (D) and quantification (E) in WT and Nhe6<sup>−/−</sup> male littermate mice, acutely dissected hippocampal tissue at 8 weeks old (WT n = 11 animals, Nhe6<sup>−/−</sup> n = 6 animals, 6 litters, cleaved.
dextran from Johnson et al. (2016) to measure the luminal pH of lysosomes. Primary hippocampal neurons were treated with both pH-sensitive (i.e., OG 488) and pH-insensitive (i.e., TMR) dextran and chased overnight to allow for trafficking to lysosomes (Fig. 3A). The fluorescence ratio was converted to absolute pH using a pH calibration curve. Using a high-content imaging system, we found that NHE6-null neurons had significantly lower intralysosomal pH compared with WT male neurons (Fig. 3B). Specifically, both the soma and processes contained more acidic lysosomes in NHE6-null neurons. Primary hippocampal neurons were treated with bafilomycin A1, as a positive control, to alkalize the luminal pH of lysosomes (Fig. 3C). As expected, lysosomal pH increased and there were no significant differences between NHE6-null and WT neurons (Fig. 3D). To further verify our prior results on intra-endosomal pH in NHE6-null cells, but now using our high-content imaging system, we examined transferrin-positive early/recycling endosome pH using fluorescent ratio imaging (Fig. 3E). NHE6-null neurons had significantly lower endosome pH in both the soma and processes (Fig. 3F). These results corroborate our previously published findings that NHE6-null neurons display lower intra-endosomal (Ouyang et al., 2013); however, here, we extend our studies to demonstrate a more acidic pH in the lumen of lysosomes in the absence of NHE6.

**NHE6-null neurons have abnormal active CatD distribution across endosome and lysosome compartments**

CatD is trafficked to lysosomes in various enzymatically inactive forms from the Golgi complex to endosomes until reaching the highly acidic lysosomal lumen where it is converted to its active form in a pH-dependent fashion (Zaidi et al., 2008). CatD is generally trafficked by the M6PR pathway (von Figura and Hasilik,
Figure 4. Loss of NHE6 alters CatD activation and distribution across the endosome and lysosome compartment. Confocal microscopy single-plane images of BODIPY-pepstatin A colocalization with different endosomes and the lysosome in male WT and NHE6-null mouse primary hippocampal neurons at DIV 5 and 14. Colocalization of active CatD within distinct endosome and lysosome compartments was tested using BODIPY-pepstatin A colocalization with the following markers: (A) dextran (lysosome), (C) LAMP1 (lysosome and late endosome), (E) RAB7 (late endosome), (G) LBPA (late endosome), and (I) RAB5 (early endosome). BODIPY-pepstatin A colocalization with these markers was quantified using the Manders' coefficient (i.e., degree BODIPY-pepstatin A signal overlaps with marker signal or M1).

A, Quantification of BODIPY-pepstatin A colocalization with dextran at 5 DIV (WT n = 50 cells, Nhe6−/− n = 50 cells, 5 mice per genotype, 3 litters, p = 0.004, Cohen’s d = 0.58) and 14 DIV (WT n = 40 cells from 4 mice, Nhe6−/− n = 50 cells from 5 mice, 3 litters, p = 0.0004, Cohen’s d = 0.78).
Canuel et al., 2008

Figure 5. Larger lysosome-associated dextran puncta in mature NHE6-null neurons. A, Confocal microscopy images of WT and Nhe6−/− male primary hippocampal neurons following dextran treatment at DIV 5. Images are denoted as 2D (i.e., fluorescent microscopy images) and 3D (i.e., 3D reconstruction of dextran puncta). B, Quantification of 3D-reconstructed dextran puncta at DIV 5 (WT n = 50 cells from 5 mice, Nhe6−/− n = 40 cells from 4 mice, 3 litters). Graphs depict the following: number of dextran puncta per cell, average dextran puncta volume per cell, and total summed dextran puncta volume per cell. C, Confocal microscopy images of WT and Nhe6−/− male primary hippocampal neurons following dextran treatment at DIV 14. D, Quantification of 3D-reconstructed dextran puncta at DIV 14 (WT n = 40 cells from 4 mice, Nhe6−/− n = 50 cells from 5 mice, 3 litters). Graphs depict the following: number of dextran puncta per cell, average dextran puncta volume per cell (Welch's correction). Scale bars, 5 μm. Data are mean ± SEM. Unpaired two-tailed Student's t test (D, number of dextran puncta and average dextran puncta volume-transformed) or Mann-Whitney test (B, D, total dextran puncta volume).

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pepstatin A colocalization with LAMP1 at 5 DIV (WT n = 50 cells, Nhe6−/− n = 50 cells, 5 mice per genotype, 4 litters, p = 0.018, Cohen's d = 0.48) and 14 DIV (WT n = 40 cells, Nhe6−/− n = 40 cells, 4 mice per genotype, 3 litters, p < 0.0001, Cohen's d = 1.06). F, Quantification of BODIPY-pepstatin A colocalization with Rab7 at 5 DIV (WT n = 60 cells, Nhe6−/− n = 60 cells, 6 mice per genotype, 4 litters, p = 0.0004, Cohen's d = 0.66) and 14 DIV (WT n = 50 cells, Nhe6−/− n = 50 cells, 5 mice per genotype, 3 litters, p < 0.0001, Cohen's d = 0.95). H, Quantification of BODIPY-pepstatin A colocalization with LBP A at 5 DIV (WT n = 40 cells, Nhe6−/− n = 40 cells, 4 mice per genotype, 3 litters, p < 0.0003, Cohen's d = 0.82) and 14 DIV (WT n = 70 cells, Nhe6−/− n = 70 cells, 7 mice per genotype, 5 litters). J, Quantification of BODIPY-pepstatin A colocalization with Rab8 at 5 DIV (WT n = 50 cells from 5 mice, Nhe6−/− n = 60 cells from 6 mice, 4 litters, p = 0.009, Cohen's d = 0.49) and 14 DIV (WT n = 40 cells from 4 mice, Nhe6−/− n = 50 cells from 5 mice, 3 litters). K, L, CatD western blot (K) and quantification (L) in LEFs from acutely dissected 4-month-old WT and Nhe6−/− male littermate hippocampi and neocortex combined (WT n = 10, Nhe6−/− n = 8, 7 litters, pro CatD p = 0.007, Hedge's g = 1.26, cleaved CatD p = 0.0007, Hedge's g = 1.99). CatD was normalized to LAMP1. Scale bars, 10 μm. BODIPY-pepstatin A; DEX, Dextran. Data are mean ± SEM. Unpaired two-tailed Student's t test (B,D,F, 14 DIV, L, cleaved CatD) or Mann-Whitney test (F, 5 DIV; H,J,L, pro-CatD).

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1986), although M6PR-independent routes have been reported (Gopalakrishnan et al., 2004; Canuel et al., 2008). Since NHE6-null primary neurons exhibit deficiencies in the enzymatically active CatD, we investigated whether this was because of impaired trafficking and/or distribution of CatD in the endosome and lysosome compartment. Given our prior data demonstrating overacidification of endosomal pH in NHE6-null neurons, we hypothesized that CatD may undergo precocious pH-dependent activation.

We measured the subcellular distribution of active CatD using BODIPY FL pepstatin A with different endosome and lysosome markers. To reliably label lysosomes, primary hippocampal neurons were treated with fluorescent dextran and chased overnight. NHE6-null neurons exhibited significantly less active CatD-dextran colocalization compared with WT littermate controls at DIV 5 and 14 (Fig. 4A,B). This result reflects less active CatD in lysosome compartments in NHE6-null neurons, with increasing effect size with days in culture. We do not believe this apparent reduction in colocalization is because of alterations in the size or distribution of lysosome compartment alone. Using 3D volumetric reconstruction of dextran puncta, we observed no...
differences at 5 DIV (Fig. 5), a time at which we see decreases
in colocalization of the mutant. We also found reduced active
CatD colocalization using another lysosome-associated marker
LAMP1 whereby NHE6-null neurons showed decreased active
CatD-LAMP1 colocalization at DIV 5 and 14, again with increas-
ing effect size with time in culture (Fig. 4C,D). However, we are
aware that LAMP1 labels both degradative lysosomes as well as
nondegradative organelles of endosomal and autophagic origin
(Gowrishankar et al., 2015; Cheng et al., 2018; Kulkarni and
Maday, 2018; Yap et al., 2018). Again, we do not believe that this
pattern of active CatD is caused solely by alterations in lysosome
size or distribution. There were no differences in LAMP1 protein
levels in the mutant (Fig. 6A,B). 3D volumetric reconstruction
revealed that NHE6-null neurons had significantly more LAMP1

**Figure 6.** LAMP1 dysfunction in NHE6-null neurons. **A,** LAMP1 western blot and quantification in WT and Nhe6−/− male littermate mice, acutely dissected hippocampal tissue at 8 weeks old (WT n = 9 animals, Nhe6−/− n = 5 animals, 5 litters). **B,** LAMP1 western blot and quantification in WT and Nhe6−/− male primary hippocampal neurons at 14 DIV (WT n = 5 animals, Nhe6−/− n = 5 animals, 5 litters). **C,** Confocal microscopy images of WT and Nhe6−/− male primary hippocampal neurons at 5 DIV labeled with LAMP1 antibody. Images are denoted as 2D (i.e., fluorescent microscopy images) and 3D (i.e., 3D reconstruction of LAMP1 puncta). **D,** Quantification of 3D-reconstructed LAMP1 puncta at DIV 5 (WT n = 50 cells, Nhe6−/− n = 50 cells, 5 mice per genotype, 3 litter). Graphs depict the following: number of LAMP1 puncta per cell (p = 0.02, Cohen’s d = 0.42), average LAMP1 puncta volume per cell, and total summed LAMP1 puncta volume per cell (p = 0.03, Cohen’s d = 0.42). **E,** Confocal microscopy images of WT and Nhe6−/− male primary hippocampal neurons at 14 DIV labeled with LAMP1 antibody. **F,** Quantification of 3D-reconstructed LAMP1 puncta at DIV 14 (WT n = 40 cells, Nhe6−/− n = 40 cells, 4 mice per genotype, 3 litter). Graphs depict the following: number of LAMP1 puncta per cell (p = 0.01, Cohen’s d = 0.58), average LAMP1 puncta volume per cell (p = 0.01, Glass’s Δ = 0.69), and total summed LAMP1 puncta volume per cell. Scale bars, 5 μm. Data are mean ± SEM. Unpaired two-tailed Student’s t test (A,B,F, number of LAMP1 puncta and total LAMP1 puncta volume) with Welch’s correction (F, average LAMP1 puncta volume) or Mann–Whitney test (D).
puncta and total LAMP1 volume at 5 DIV (Fig. 6C, D). However, we observed significantly fewer LAMP1 puncta and greater average LAMP1 puncta volume at 14 DIV (Fig. 6E, F).

By contrast to the findings of reduced active CatD in mutant lysosomes, NHE6-null neurons displayed significantly greater colocalization of active CatD within the early and late endosome compartment. The late endolysosome compartment was initially studied using the marker RAB7 at DIV 5 and 14, wherein there was more active CatD (Fig. 4E, F). There were no differences in RAB7 protein levels, yet NHE6-null neurons had larger RAB7 puncta volume and more total RAB7 volume at DIV 5 (Fig. 7). We examined active CatD colocalization with LBPA, an
Atypical phospholipid found on the internal membrane of late endosomes (Kobayashi et al., 1998). Active CatD colocalization with LBPA was enhanced at DIV 5 relative to control, and although not statistically significant, showed greater colocalization at DIV 14 (Fig. 4G,H). Also, NHE6-null neurons exhibited significantly greater active CatD colocalization with the early endosome marker RAB5, at DIV 5 but not DIV 14 (Fig. 4I,J). There were no differences in RAB5 protein levels or puncta features in mutant neurons (Fig. 8). These endosome results are consistent with overacidification of the endosome lumen (Fig. 3E,F) and precocious activation of CatD; however, perhaps with a compensatory response in the early endosome by later stages of culturing.

Our data support a reduced level and/or activity of CatD in the lysosome, suggesting that loss of NHE6 impairs CatD trafficking to lysosomes. To further corroborate our lysosome
findings, we measured CatD protein levels directly within the lysosome by cellular fractionation using lysosome-enriched fractions (LEFs) collected ex vivo from 4-month-old CS mouse hippocampal and neocortical tissue combined. LEFs from NHE6-null mice had significantly decreased pro- and cleaved-CatD levels compared with male littermate controls (Fig. 4K, L). These results show strong effective sizes (Hedges’ $g = 1.26$ for pro-CatD and Hedges’ $g = 1.99$ for cleaved). Collectively, these findings indicate that loss of NHE6 causes two important effects on CatD: (1) premature CatD activity in earlier stages in the endocytic pathway and (2) impaired trafficking of CatD to lysosomes.

Loss of NHE6 alters M6PR distribution

Given our findings that M6PR-dependent lysosomal enzymes (i.e., CatD and $\beta$-NAG) are notably affected in NHE6-null neurons, we investigated whether this was due, in part, to impaired trafficking of M6PRs. M6PR shuttles between the TGN and the endocytic pathway (Brown et al., 1986; Hirst et al., 1998; Ghosh et al., 2003; Lin et al., 2004; Kucera et al., 2016). Before reaching lysosomes, M6PRs are retrogradely transported back to the TGN via the retromer complex (e.g., VPS26, VPS29, and VPS35) (Arighi et al., 2004; Seaman, 2004; Cui et al., 2019). Notably, we did not observe differences in M6PR protein levels by western blot between NHE6 null and control neurons (Fig. 9A, B); however, NHE6-null neurons had significantly greater M6PR puncta numbers and total volume per cell at 14 DIV (Fig. 9E, F).

To investigate the steady-state distribution of endogenous cation-independent-M6PR (CI-M6PR), we measured M6PR colocalization with markers for the TGN and endolysosome compartments. NHE6-null primary hippocampal neurons exhibited significantly decreased M6PR colocalization with the TGN marker TGN46 at DIV 5 and 14 (Fig. 10A, B). On the other hand, NHE6-null neurons showed significantly greater M6PR-RAB7 colocalization at DIV 5 and 14, reflecting enhanced distribution of M6PRs in the late endosomes in NHE6-null neurons (Fig. 10C, D). Furthermore, NHE6-null neurons demonstrated significantly greater M6PR-LAMP1 colocalization at DIV 5 and 14 (Fig. 10E, F). NHE6-null neurons also had significantly
greater M6PR-RAB5 colocalization at DIV 5, but not DIV 14 (Fig. 10G,H). Taken together, these findings are consistent with altered M6PR trafficking in NHE6-null neurons, perhaps reflecting defects in retrograde trafficking of M6PR back to Golgi.

NHE6-null neurons have diminished endosome-lysosome fusion
Loss of Nhx1 in *S. cerevisiae*, the NHE6 homolog in yeast, impairs MVB fusion with vacuoles (i.e., the lysosome equivalent in yeast) (Karim and Brett, 2018). Given these observations and our data on reduced CatD activity in lysosomes in neurons, we set out to measure endosome-lysosome fusion in primary hippocampal neurons. Primary neurons were incubated with TMR-dextran on DIV 4 to allow for trafficking to lysosomes. On DIV 5, cells were briefly incubated with AlexaFluor-647-dextran for 10 min for internalization via endocytosis. Time-lapse images collected every 20 min over the span of 2 h captured endosome-lysosome fusion events, as defined by endocytosed AlexaFluor-647-dextran puncta that colocalized with the lysosome marker TMR-dextran. NHE6-null neurons displayed significantly less endosome-lysosome fusion across all time points throughout a
Figure 11. Delayed endosome-lysosome fusion in NHE6-null neurons in vitro. A, Live-cell confocal microscopy imaging of endosome-lysosome fusion in WT and Nhe6<sup>−/−</sup> male mouse primary hippocampal neurons at 5 DIV with and without bafilomycin A treatment. The following time points were measured following incubation with AlexaFluor-647-dextran: 0, 20, 40, 60, 80, 100, and 120 min. B, Quantification of endosome-lysosome fusion (WT n = 7 animals, Nhe6<sup>−/−</sup> n = 7 animals, 5 litters). Endosome-lysosome fusion % is expressed as % fold change to time point 0 for the same animal. There was a significant interaction effect for time × genotype ($F_{(6,72)} = 3.432$, $p = 0.005$). Scale bars, 5 μm. Data are mean ± SEM. Linear mixed model.
2 h span compared to WT littermates (Fig. 11A,B). There was a statistically significant time × genotype interaction \(F_{(6,72,0)} = 3.432, p = 0.0059\) (Fig. 11B). As a control, cells were treated with bafilomycin A, which disrupts the trafficking of late endosomes to lysosomes (van Weert et al., 1995). As expected, bafilomycin A treatment impaired endosome-lysosome fusion in WT and NHE6-null neurons. The kinetics of endosome-lysosome fusion between NHE6-null neurons without bafilomycin A and control neurons with bafilomycin A were similar. Our data therefore suggest that loss of NHE6 significantly impedes or delays endosome-lysosome fusion in neurons in vitro.

Loss of NHE6 enhances MVB-PM fusion and exosome secretion

Given impaired endosome to lysosome trafficking, we investigated whether loss of NHE6 altered the trafficking of late endosomes/MVBs. We used a CD63-pHluorin construct to visualize MVB fusion with the PM in live neurons using TIRF microscopy (Verweij et al., 2018; Bebelman et al., 2020). This construct is also able to visualize exosomes, a class of extracellular vesicles originating from endosomes (Colombo et al., 2014). Interestingly, endosomal acidification has been identified as a key regulator of exosome secretion (Barbieri et al., 2009; Bonsergent and Lavieu, 2019). In this experiment, individual MVB-PM fusion/exosome secretion events were scored in primary hippocampal neurons at 14 DIV (Fig. 12A; Movie 1). To reliably identify neurons transfected with the CD63-pHluorin, we cotransfected an mCherry vector to label neurons. Control neurons demonstrated a remarkably low level of MVB-PM fusion events; however, notably, NHE6-null neurons displayed significantly greater MVB-PM fusion/exosome secretion events compared with WT male littermate controls (Fig. 12B). Statistical analysis using an ordinal logistic regression revealed that NHE6-null neurons were more
likely to exhibit multiple MVB-PM fusion/exosome secretion events (i.e., $\geq 2$ events) than control neurons (odds ratio = 11.4; 95% CI = 1.9, 66.6; $p = 0.007$). As a positive control, we treated primary hippocampal neurons with bafilomycin A1 (Villarroya-Beltri et al., 2016) and U186668 (Strauss et al., 2010), each of which increases small- to medium-sized EV secretion. Bafilomycin A1 treatment significantly increased MVB-PM fusion/exosome secretion in WT neurons compared with untreated neurons ($H_0 = 12.44$, $p = 0.002$, Kruskal–Wallis test with Dunn’s test for multiple comparisons) (Fig. 12C). In NHE6-null neurons, bafilomycin A1 treatment did not increase MVB-PM fusion/exosome secretion above untreated mutant neurons, possibly because of the high fusion events at baseline. We also measured CD63 protein levels in primary hippocampal neurons at 14 DIV. Interestingly, there was significantly less CD63 in NHE6-null neurons (Fig. 12D,E). Taken together, these findings suggest that NHE6-null neurons display enhanced MVB-PM fusion and CD63-associated exosome secretion. Furthermore, it is unlikely that this reflects an increase in CD63 protein levels as CD63 protein levels were reduced in NHE6-null neurons, perhaps in part because of excess release of CD63-positive exosomes.

We investigated whether loss of NHE6 also led to greater lysosome fusion with the PM, a Ca$^{2+}$-dependent process known as lysosomal exocytosis (Andrews, 2000; Blott and Griffiths, 2002). Enhancing lysosomal exocytosis has been shown to promote the extracellular release of pathogenic substrates in various lysosomal storage diseases (Medina et al., 2011). To measure lysosomal exocytosis in vivo, we measured the activity of extracellularly secreted lysosome enzymes in primary hippocampal neurons at DIV 14. As a positive control, cells were treated with ionomycin, a calcium ionophore that increases cytoplasmic Ca$^{2+}$ concentration, which enhances lysosomal exocytosis (Rodriguez et al., 1997). Importantly, there were no differences in released activity of the lysosomal enzyme $\beta$-Hex at baseline (i.e., DMSO) as well as following ionomycin treatment in NHE6-null neurons relative to control neurons (Fig. 12F). Similar results were found when measuring released CatD enzyme activity (Fig. 12G). There were no differences in cell death, as measured by released LDH enzyme activity, across all treatments (Fig. 12H). We therefore conclude that loss of NHE6 causes specific changes in MVB-PM fusion/CD63-positive exosome release that does not extend to lysosomal exocytosis.

**Discussion**

Loss-of-function mutations of the endosomal protein NHE6 cause CS, an X-linked disorder characterized by severe neurodevelopmental as well as neurodegenerative pathology (Gillilan et al., 2008; Garbern et al., 2010; Pescosolido et al., 2014). Loss of NHE6 has previously been shown to hyperacidify endosomal compartments and alter endosomal signaling in neurons (Ouyang et al., 2013; Kucharava et al., 2020). However, we currently lack a comprehensive understanding of how the endolysosomal pathway is affected in NHE6-null neurons. In this study, we found that loss of NHE6 in primary hippocampal neurons leads to worsening lysosome functioning with days in culture, likely because of impaired endosome maturation and trafficking (Fig. 13). We present evidence of precocious activation of pH-dependent proteases, such as CatD, in endosomes, with reduced delivery of CatD to lysosomes because of reduced endosome-lysosome fusion. We also present evidence of accumulation of M6PRs in late endosomes, potentially reflecting defective retromer function. Coincident with these late endosome trafficking defects, we find enhanced fusion of late endosomes or MVBs with the PM and enhanced exosome release in NHE6-null neurons.

Neuropathological findings indicative of lysosome deficiency have been reported in a CS mouse model (Stromme et al., 2011; Sikora et al., 2016). These in vivo results are important as they strengthen the significance of our mechanistic studies here, indicating that our studies are not strictly attributable to the in vitro setting. In Stromme et al. (2011), NHE6-null mice exhibit features consistent with lysosomal storage diseases, such as pathologic accumulation of GM2 ganglioside and unesterified cholesterol in late endosomes and lysosomes that affect particular brain regions, including the hippocampus. In the current study, we directly measured lysosomal degradation of endocytosed cargo in vitro. NHE6-null neurons displayed significantly less overall DQ-BSA fluorescence, indicating reduced overall degradative capacity, consistent with lysosome deficiency. Furthermore, it is unlikely that this difference in BSA degradation is because of less BSA being internalized in NHE6-null neurons, as we observed equivalent endocytosis of fluorescent BSA. Importantly, we observed worsening lysosome function in NHE6-null neurons with time in culture, suggesting that these defects may be secondary to endosomal trafficking defects accumulated over time.

We examined specific lysosome enzymes, including CatD, a pH-dependent aspartic lysosomal hydrolase. CatD gene mutations have been identified in the lysosomal storage disease neuronal ceroid-lipofuscinosis subtype 10 (CLN10) (Siintola et al., 2006; Steinfeld et al., 2006). We found that loss of NHE6 leads to decreased mature, enzymatically active CatD both in vitro and ex vivo in NHE6-null tissue. NHE6-null neurons demonstrated overall decreased active CatD fluorescence and number of puncta, as measured by BODIPY-peptatin A. A limitation to our imaging experiments is that, while this probe is routinely used to visualize active CatD, peptatin A is an aspartic protease inhibitor (Marciniszyn et al., 1976). Therefore, we cannot exclude that other aspartic proteases (e.g., cathepsin E,
BACE1, etc.) are also labeled. However, our ex vivo experiments further support our interpretation that loss of NHE6 leads to decreased active CatD specifically. We found decreased mature CatD protein levels in 8-week-old NHE6-null hippocampal tissue compared with WT male littermates by western blotting. We also observed a unique endolysosomal distribution of active CatD in NHE6-null neurons, consistent with precocious activation of CatD in endosomes. Notably, acidification-dependent dissociation of M6PR-ligand complexes occurs at a lower pH (~5.8) than other ligands, such as insulin, consistent with dissociation in late endosome compartments (Borden et al., 1990); therefore, it may be possible that some level of CatD may be mislocalized because of premature dissociations from M6PR. Furthermore, reduced endosome signaling, as observed previously (Ouyang et al., 2013; Kucharava et al., 2020), may be in part because of premature dissociation of ligand and/or enhanced protease degradation of ligand-receptor complexes within endosomes. Importantly and in contrast, we observe less colocalization of active CatD with lysosomal markers (e.g., dextran and LAMP1). Our findings that active CatD was less likely to colocalize with lysosome-associated markers in NHE6-null neurons were further corroborated by our analysis of LEF brain tissue. NHE6-null LEF samples contained significantly less protein levels of both the enzymatically inactive pro-form as well as the active cleaved-form. These results, along with reduced

Figure 13. NHE6-null endolysosomal model in neurons. A, Schematic representation of endosomal maturation and trafficking in WT neurons. Newly synthesized CatD enzymes are trafficked through the endocytic pathway by M6PRs until they reach the highly acidic lysosome lumen to assist in degradation, ensuring proper lysosome functioning. B, Loss of NHE6 leads to overacidification of both the endosomal and lysosomal lumen that ultimately results in lysosome dysfunction. CatD becomes prematurely active in hyperacidified endosomal compartments yet is less likely to be trafficked and active in lysosomes, likely due in part to impaired endosome-lysosome fusion. Trafficking of M6PRs, which are responsible for delivering newly synthesized CatD to lysosomes, is also disrupted as they accumulate in endosomes and are unable to be transported back to the TGN. Endolysosomal trafficking is further altered as MVBs are more likely to fuse with the PM, resulting in enhanced exosome release.
endosome-lysosome fusion, suggest that CatD is not properly trafficked to degradative lysosomes, which is a shared pathobiologic feature across some lysosomal storage disorders (Futerman and van Meer, 2004, 2012; Platt et al., 2018).

NHE6 plays a role in regulating the luminal pH of the endocytic pathway. Loss of NHE6 has been shown to overacidify the endosomal lumen in neurons (Ouyang et al., 2013). However, it was not known whether NHE6 was also involved in the regulation of lysosomal pH. We found that NHE6-null neurons had a significantly lower pH compared to WT male littermates. To our knowledge, the only other disease-associated finding of lysosome hyper-acidification was reported in patient fibroblasts with a dominant, gain-of-function mutation in the Cl\(^{\text{+}}\)/H\(^{+}\) exchanger CLCN7 (Nicoli et al., 2019). Interestingly, these patients exhibited overlapping neurological features with CS, including cerebellar atrophy. These lysosome hyperacidification findings are in contrast to a number of mutations associated with neurological disease that impair lysosome acidification, such as P71 and CLN1 (Lee et al., 2010, 2015; Colacurcio and Nixon, 2016; Bagh et al., 2017). Our in vitro findings are suggestive of NHE6 contributing to lysosomal pH homeostasis. Interestingly, reduced lysosomal pH may occur as a result of proton diffusion from the endosome compartment. Prior literature indicates that NHE6 is not localized to lysosomes (Brett et al., 2002; Ohgaki et al., 2010).

Studies of impaired lysosome enzyme trafficking in NHE6-null neurons suggest impairment in M6PR-dependent trafficking. In our studies here, we find reduced CatD and β-NAG, both M6PR-dependent enzymes (von Figura and Hasilik, 1986; Ghosh et al., 2003), but not reduced acid phosphatase, a M6PR-independent enzyme (Braun et al., 1989; Peters et al., 1990), in lysosomes. In Stromme et al. (2011), they found reduced β-Hex in hippocampus, a third M6PR-dependent enzyme (Hasilik and Neufeld, 1980). We observed that the steady-state distribution of M6PRs in NHE6-null neurons was skewed favoring greater colocalization with endolysosome markers, with strongest colocalization in late endosome and less colocalization with the TGN, suggesting defective retrograde trafficking from endosomes to the TGN, possibly involving retromer function. A consequence of this perturbed trafficking of M6PRs is decreased replenishment of the endocytic pathway of lysosome enzymes. Since we found no differences in M6PR protein levels, it is unlikely that insufficient M6PR protein is being produced in NHE6-null mice. Future experiments may examine retromer defects in NHE6-null neurons more directly. Overall, our data are consistent with lysosome deficiency caused by impaired trafficking of M6PR-dependent enzymes to lysosomes in NHE6-null neurons.

Late endosome fusion with the lysosome is a crucial step in the delivery of (1) newly synthesized lysosomal proteins and (2) endocytosed cargo for degradation (Luzzio et al., 2007). Our findings support the conclusion that endosome-lysosome fusion is hampered in NHE6-null neurons in vitro. These results are consistent with a recent study of the yeast NHE6 ortholog, Nhx1, which shows that NhX1 regulates MVF fusion with vacuoles (i.e., lysosome equivalent in yeast) (Karim and Brett, 2018). Currently, the specific molecular mechanisms for this fusion defect are not known. This could involve dysfunction of critical regulators of endosome-lysosome fusion, such as the molecular fusion machinery (Ballabio and Bonifacino, 2020). Interestingly, our data on accumulation of M6PR in RAB7 late endosomes suggest a second defect in late endosome trafficking, namely, potentially involving retromer function. A unifying hypothesis might suggest that a defect in late endosome maturation may concurrently lead to these distinct defects in late endosome trafficking. Importantly, it is also unknown whether autophagosome-lysosome fusion is delayed in NHE6-null neurons. Taken together, our findings are consistent with loss of NHE6 impairing late endosome maturation, and specifically the ability of endosomes to fuse with lysosomes, which reflects important new mechanistic insight into disease pathophysiology.

Our data using a novel CD63-pHluorin construct (Verweij et al., 2018; Bebelman et al., 2020) provide further evidence of altered late endosome trafficking in NHE6-null mice. Specifically, NHE6-null neurons demonstrate enhanced MVF fusion with the PM along with CD63-associated exosome release. We observe a very low basal rate of CD63-associated exosome release in control neurons. Endolysosome dysfunction has been shown to enhance exosomal secretion (Strauss et al., 2010; Villarroya-Beltri et al., 2016; Gauthier et al., 2017) as well as proteins associated with neurodegenerative disorders (Alvarez-Erviti et al., 2011; Miranda et al., 2018). Cells with compromised lysosome function may increase exosome secretion as a protective mechanism to bypass lysosomes and release endosomal cargo extracellularly (Levy, 2017; Miranda et al., 2018). While loss of NHE6 led to an upregulation in MVF/late endosome fusion with the PM in neurons in vitro, there were no differences in lysosome fusion with the PM (i.e., lysosomal exocytosis).

In summary, our study provides insight into how endolysosome functioning is perturbed by the loss of NHE6, underlying the pathophysiology of CS. We show that loss of NHE6 impairs lysosome degradative function as well as disrupts trafficking of endosomes to lysosomes. Interestingly, we observed NHE6-null neurons exhibit impaired endosome-lysosome fusion while, simultaneously, enhanced release of MVF-derived exosomes. CS may exemplify lysosome deficiency secondary to defects in endosome maturation and trafficking, broadening the spectrum of lysosome-related neurologic disorders. In conclusion, these studies indicate that, in addition to playing a role in regulation in intraendosomal and lysosome pH, loss of NHE6 has important impact on endosome maturation and trafficking.

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