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Hydrodynamic optical-field-ionized plasma channels

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We present experiments and numerical simulations which demonstrate that fully ionized, low-density plasma channels could be formed by hydrodynamic expansion of plasma columns produced by optical field ionization. Simulations of the hydrodynamic expansion of plasma columns formed in hydrogen by an axicon lens show the generation of 200 mm long plasma channels with axial densities of order $n_e(0) = 1 \times 10^{17} \text{ cm}^{-3}$ and lowest-order modes of spot size $W_{	ext{SL}} \approx 40 \mu \text{m}$. These simulations show that the laser energy required to generate the channels is modest: of order 1 mJ per centimeter of channel. The simulations are confirmed by experiments with a spherical lens which show the formation of short plasma channels with $1.5 \times 10^{17} \text{ cm}^{-3} \leq n_e(0) \leq 1 \times 10^{18} \text{ cm}^{-3}$ and $61 \mu \text{m} \lesssim W_{	ext{SL}} \lesssim 33 \mu \text{m}$. Low-density plasma channels of this type would appear to be well suited as multi-GeV laser-plasma accelerator stages capable of long-term operation at high pulse repetition rates.

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I. INTRODUCTION

The interaction of intense laser pulses with plasma results in a wealth of phenomena, with many important applications, such as the generation of coherent x rays or acceleration of charged particles. In many of these cases it would be desirable to increase the laser-plasma interaction distance beyond the limits set by diffraction or refraction of the laser beam. The development of methods for guiding intense laser pulses through plasma is therefore important for many areas of plasma physics.

Laser-driven plasma accelerators are of particular relevance to the present work. In these, an intense laser pulse drives a trailing density wave, within which are formed very large electric fields. Accelerating fields of order 100 GV m$^{-1}$ can be generated [1], which is three orders of magnitude higher than possible with radio-frequency technology. Laser-driven plasma accelerators have generated electron beams with particle energies in the GeV range in a wealth of phenomena, with many important applications, and an increase in the accelerator length by a factor of 30. For example, recent design studies for 5 and 10 GeV accelerator stages propose $n_e = 1.8 \times 10^{17} \text{ cm}^{-3}$, $L_{\text{acc}} = 118 \text{ mm}$ and $n_e = 0.96 \times 10^{17} \text{ cm}^{-3}$, $L_{\text{acc}} = 600 \text{ mm}$, respectively [17,18].

To maintain $a_0 \approx 1$ while keeping the laser power below the critical power for relativistic self-focusing requires [18] that the laser spot size $w_0 \lesssim \lambda_p$. This condition means that the ratio of $L_{\text{acc}}$ to the Rayleigh range $Z_R = \pi w_0^2/\lambda$ increases as the energy gain of the stage is increased, since $L_{\text{acc}}/Z_R \approx \lambda_p/2\pi \lambda \sim \sqrt{\Delta W}$. There is therefore considerable interest in developing waveguides capable of guiding intense laser pulses over distances above 100 mm, through plasma with a density of order $10^{17} \text{ cm}^{-3}$, and with a matched spot size $W_{\text{SL}} \lesssim \lambda_p \approx 100 \mu \text{m}$. With potential applications of laser plasma in mind, it would be highly desirable if the waveguide could operate uninterrupted for extended periods at kilohertz repetition rates.

To date laser-plasma accelerators have employed step-index guiding in hollow capillaries and gradient refractive index guiding in plasma channels. Grazing-incidence guiding in hollow capillary waveguides [19] has been shown to guide [20] joule-level pulses with peak intensities above $10^{16} \text{ W cm}^{-2}$ over lengths of 100 mm, and to generate electron beams in the 100 MeV range with improved stability [21]. With this approach, laser damage of the capillary, particularly the entrance face, can be a problem if the transverse profile and pointing of the drive laser are not tightly controlled.

Hence, compared to a 1 GeV stage, a 10 GeV accelerator requires a decrease in the plasma density by an order of magnitude, and an increase in the accelerator length by a factor of 30. For example, recent design studies for 5 and 10 GeV accelerator stages propose $n_e = 1.8 \times 10^{17} \text{ cm}^{-3}$, $L_{\text{acc}} = 118 \text{ mm}$ and $n_e = 0.96 \times 10^{17} \text{ cm}^{-3}$, $L_{\text{acc}} = 600 \text{ mm}$, respectively [17,18].

An alternative approach is to employ gradient refractive index guiding in a plasma channel, i.e., a cylinder of plasma in which the electron density increases—and hence the refractive index decreases—with radial distance from the axis. Plasma channels have been produced by: slow electrical discharges in evacuated plastic capillaries [22], fast capillary-dis-
Hydrogen and helium. Here we extend that work significantly by proposing that OFI with an axicon (or similar) lens could generate plasma channels more than an order of magnitude longer and with axial densities an order of magnitude lower.

The paper is organized as follows. We first describe analytic and numerical models of the formation of the plasma column and its subsequent expansion. Section III describes experiments to characterize the properties of short, low-density plasma channels generated in hydrogen by focusing femtosecond-duration laser pulses with a spherical lens. Section IV presents numerical modeling of long, low-density plasma channels produced by an axicon lens, and in Sec. V we draw conclusions.

II. SIMULATIONS OF OFI-DRIVEN HYDRODYNAMIC CHANNELS

A. Electron energies from OFI heating

Optical field ionization (OFI) occurs when the strength of an applied electric field becomes comparable to the fields binding the valence electrons in the target atom. The subsequent motion of the ionized electron has two components: a driven oscillation at the laser frequency and a constant drift [42,43]. After the laser pulse has passed, only the drift component remains, with momentum \( \hat{p}_t = eA(t_0) \) where \( A(t) \) is the vector potential of the laser field and the electron is ionized at time \( t = t_0 \).

The electrons will predominantly be ionized when the magnitude of the laser field \( \dot{E}(t) = -\partial A/\partial t \) is close to a maximum. Hence, for linearly polarized radiation \( \dot{A}(t_0) \approx 0 \) and the retained momentum will be small. In contrast, for circular polarization the drift energy will be large. To see this, suppose that the electron is ionized when the field points along the \( x \) axis, and hence \( A_x(t_0) = 0 \). For laser propagation along the \( z \) axis then \( |A_z(t_0)| \approx E_0/\omega_0 \), where \( E_0 \) is the magnitude of the electric field. Hence the electrons will retain a momentum \( p_x = eE_0/\omega_0 \) and a kinetic energy \( E_{\text{kin}}^z = e^2 E_0^2/(2m_e \omega_0^2) = U_{p}(t_0) \), where \( U_{p}(t_0) \) is the ponderomotive energy of the laser field at the moment of ionization.

Optical field ionization therefore produces electrons with momentum in the plane transverse to the laser propagation; the magnitude of this momentum will increase as the ellipticity of the field \( e \) (defined as the ratio of the minor to major axes of the ellipse) is increased towards unity.

Figure 1 shows, for three different laser ellipticities, the electron energy distribution following ionization of molecular hydrogen calculated by the particle-in-cell code EPOCH [44]. The EPOCH code calculates the ionization rates using the ADK model in the tunneling regime, and the Posthumus model [45] in the BSI regime [46], and it subsequently tracks particle motion in the electric field. For these simulations the laser pulse was assumed to have a Gaussian temporal profile of 40 fs full-width at half maximum (FWHM), a peak intensity of \( 2.5 \times 10^{14} \text{ W cm}^{-2} \), and a center wavelength of \( \lambda = 800 \text{ nm} \). The optical field ionization of hydrogen is complicated by the fact that it is a diatomic molecule and hence there are several paths which result in fully ionized, dissociated hydrogen atoms [47]. For simplicity we have treated the hydrogen as being atomic, but with an ionization energy of 15.4 eV, corresponding to the first ionization of molecular hydrogen [47,48]. A more
advanced treatment would be required to account for the multiple dissociation and ionization pathways, but the electron energy distribution is not expected to be very different from that calculated here. As expected, the mean electron energy increases with the ellipticity: from \( \langle E_k \rangle = 1.8 \text{ eV} \) for \( \epsilon = 0 \) (linear polarization) to \( \langle E_k \rangle = 13.7 \text{ eV} \) for \( \epsilon = 1 \) (circular polarization).

### B. Modelling shock expansion

The nonisotropic and nonthermal electron momentum distribution complicates a calculation of the subsequent expansion of plasma columns produced by OFI. For the general case of multielectron ionization to form an ion of atomic charge \( Z > 1 \), ionization of each valence electron gives rise to a “class” of electrons with a mean energy determined by its ionization energy. For each class the momentum distribution will become isotropic, and the energy distribution will thermalize, in a time of order the Spitzer electron self collision time \( \tau_e^\text{c} \approx (1.40/8\pi r_e^2 e^4 n_e \ln \Lambda)(3k_B T_e/m_e)^{3/2} \), where \( \ln \Lambda \) is the Coulomb logarithm, and \( T_e \) is the effective temperature of the class [49]. For \( T_e = 10 \text{ eV} \) and \( n_e = 10^{18} \text{ cm}^{-3} \), we find \( \tau_e^\text{c} \approx 0.9 \text{ ps} \). The different electron classes will exchange energy, to form a single thermal distribution, in a time of order \( \tau_e^\text{c} \) calculated with \( T_e \) equal to the mean temperature of all the classes; this timescale is also around 1 ps.

The hot electrons produced by OFI will start to stream out of the initial plasma column but will be held back by the cold, positive ions. If a fraction \( \alpha \) of high-energy electrons have already escaped a plasma column of radius \( r_c \), only electrons with kinetic energy of \( E_k > \alpha m_e c^2 r_c^2 \) can escape the cylinder. Assuming \( r_c \approx 10 \mu \text{m} \), and \( n_e \sim 10^{18} \text{ cm}^{-3} \), this condition yields \( \alpha \lesssim 10^{-6} E_k [\text{eV}] \). The Debye length \( \lambda_D = \sqrt{e_0 k_B T/n_e e^2} \) is found to be \( \sim 10 \text{ nm} \), and hence we expect only a very small proportion of electrons to stream out of the expanding plasma, and for the plasma to remain locally neutral.

The considerations above show that after a time of order a few ps the electron distribution will be isotropic and thermal, with a temperature \( k_B T_e = (2/3) \langle E_k \rangle \), where \( \langle E_k \rangle \) is the mean electron kinetic energy immediately after OFI. The ions will remain cold. The subsequent expansion of the plasma can therefore be modeled by fluid codes.

We have modeled the hydrodynamic expansion of OFI plasma columns using two different Lagrangian single fluid codes: HELIOS [50] and an in-house code developed by one of the authors [25,27,51]. Both codes assume Maxwellian energy distributions for electrons and ions but do not assume \( T_e = T_\text{ion} \).

The in-house code includes a model of OFI and solves the Helmholtz wave equation for the propagation of the channel-forming pulse in the evolving plasma [51]. The channel-forming pulse is assumed to be focused by an axicon lens, and the plasma expansion is subsequently calculated using the single-fluid equations for mass, momentum, and energy conservation. In addition to modeling OFI, the code includes inverse-bremsstrahlung heating, collisional ionization and recombination, and thermal conduction.

The HELIOS code does not include OFI and provides only an opacity model for energy deposition. Therefore for the HELIOS simulations the initial electron density profile simulated by the in-house code was used to describe the initial fraction of ionized atoms; the initial electron temperature was calculated from the electron energy spectrum shown in Fig. 1. The ion temperature, and the temperature of the neutral gas, were assumed to be \( T_\text{ion} = 298 \text{ K} \) everywhere.

A useful analytic expression for the temporal evolution of the radial position of the shock front is provided by the Sedov-Taylor solution for expansion of ideal gases, assuming \( T_e = T_\text{ion} \) [52,53]. For an idealized system comprising an initial cylindrical region of infinitesimal radius and energy per unit length \( E_\sigma \), expanding into an unshocked region of density \( \rho_0 \), the radial position of the shock front is given by

\[
r_s^4 = \frac{(y + 1)^2 E_\sigma \tau^2}{\pi \rho_0},
\]

where \( \tau = 0 \) is the idealized moment when \( r_s = 0 \). When fitting to experimental data we will write \( \tau = t + t_0 \), where \( t \) is the delay after the initial deposition of energy along the axis, and the constant \( t_0 > 0 \). In our case \( E_\sigma = (Z n_0 E_k) \pi r_0^2 \), where \( r_0 \) is the radius of the initial plasma column and \( n_0 \) is the initial ion density, and \( \rho_0 = n_0 M_\text{ion} \). Hence the Sedov-Taylor solution gives

\[
r_s(t) = (y + 1)^{1/2} \left(\frac{Z E_k}{M_\text{ion}}\right)^{1/4} \left[ r_0(t + t_0) \right]^{1/2},
\]

where, for a fully ionized medium, the adiabatic index \( y = 5/3 \).

In the section below we compare the results of these models with the results of experiments on the hydrodynamic expansion of hydrogen plasma produced by OFI.

### III. Measurements of the Hydrodynamic Expansion of OFI Plasmas Produced by a Spherical Lens

To demonstrate the potential of this approach for generating low-density plasma channels, we generated short plasma
FIG. 2. Schematic diagram of the experimental layout employed to measure low-density plasma channels. Symbols: Half-wave plate (HWP); quarter-wave plate (QWP); plano-convex lenses (L1–L3); dichroic mirror (DM); 50/50 beamsplitter (BS). The inset shows the interference fringes observed when a plasma channel is formed.

channels by focusing femtosecond-duration laser pulses with a spherical lens. Figure 2 shows the experimental arrangement employed.

The channels were formed by pulses from a Ti:sapphire laser system of central wavelength $\lambda = 800$ nm and 50 fs FWHM duration. This channel-forming beam was passed through a quarter-wave plate which converted the beam from linear to elliptical polarization, with an ellipticity which could be varied by adjusting the angle between the incident polarization and the fast axis of the wave plate. This beam was then directed into a vacuum chamber, focused by a fused-silica plano-convex lens of focal length $f = 500$ mm, used at $f/13$, and directed into a gas cell by a mirror (HM) in which a 4 mm hole was drilled at 45$^\circ$ to the normal of the mirror face. A combination of a half-wave plate and linear polarizer prior to the quarter-wave plate allowed the energy of the pulses reaching the gas cell to be adjusted.

A synchronized 400 nm, 3 mm diameter probe beam was formed by frequency doubling a small fraction of the 800 nm beam. The probe beam was directed to a four-pass, motorized delay stage to control the delay $t$ between the arrival of the channel-forming and probe pulses; injected into the gas cell, by passing it through the hole in HM; and aligned to be collinear with the channel-forming beam by mirrors external to the vacuum chamber.

The variable-length gas cell was machined from aluminium with a single gas inlet fed from a reservoir placed outside the vacuum chamber. Hydrogen gas could be flowed into the cell via a 4 mm inner diameter pipe and the pressure within the cell was measured by a capacitance manometer (MKS Instruments Baratron 626) placed 1 m from the cell. The gas input was pulsed using a solenoid valve to limit the background chamber pressure; by assuming that the plasma had a constant electron density equal to the atomic density (determined from the cell pressure), the length of the plasma column could then be found from the rate of increase in phase shift with pressure. In practice it was found that the length of plasma determined this way equalled the measured pinhole spacing. These findings are consistent with the fact that the incident laser intensity was nearly two orders of magnitude above the threshold ionization intensity for hydrogen over the length of the 4 mm cell, and fluid flow simulations show that outside a gas cell the gas density decreases rapidly with longitudinal distance from the pinhole.

Further, the measured radius of the initial plasma column did not change significantly as the pinhole separation was changed from 2 to 4 mm. Hence we conclude that the initial plasma columns formed in these experiments had a length equal to the pinhole spacing and were of approximately constant radius. The plasma channels formed by subsequent hydrodynamic expansion would therefore have been up to 4 mm long.

After propagating through the gas cell the channel-forming and probe beams were separated by a dichroic mirror (DM, 400 nm reflecting, 800 nm transmitting). The diameter of the probe beam was increased by a factor of $\sim 3.7$ by a Keplerian telescope formed by a pair of plano-convex lenses (L2 and L3) of focal lengths $f_2 = 270$ mm and $f_3 = 1000$ mm, and directed to a folded-wave interferometer; this comprised a Michelson interferometer, adjusted so that the two exiting beams formed straight, nonlocalized fringes with a spacing which could be varied by adjusting its mirrors (see inset to Fig. 2).

The front focal plane of L2 was adjusted to coincide with the exit pinhole of the gas cell, and an 8-bit CCD camera was positioned in the back focal plane of L3 so that it imaged the exit pinhole of the gas cell. In separate calibration experiments the resolution of the imaging system was found to be $0.83 \pm 0.01 \mu m/pixel$.

In the presence of plasma, those parts of the probe beam passing through the plasma acquired an additional phase $\phi(x,y) = n_g(x,y)R_g \lambda_{\text{probe}} \ell$, where $x$ and $y$ are transverse coordinates measured from the axis of the initial plasma column, $\lambda_{\text{probe}}$ is the probe wavelength, and $\ell$ is the length of the plasma column. This additional phase shift, and hence the transverse electron density profile, $n_g(x,y)$, could be extracted from the interferogram by standard methods [54,55]. Beam propagation simulations, using the extracted electron density profiles, showed that refraction of the probe beam by the plasma was not significant for the conditions of these experiments.

Figure 3 shows the extracted electron density profiles measured for a circularly polarized channel-forming pulse of energy $(26.7 \pm 2.9)$ mJ and an initial cell pressure of 50 mbar. The initial plasma formed ($t = 0$) comprises an approximately cylindrical region of diameter $72 \mu m$ and peak electron density $n_g(0) \approx 2.4 \times 10^{18} \text{ cm}^{-3}$, corresponding to full ionization of the hydrogen gas. The subsequent hydrodynamic expansion of the plasma column to form a plasma channel is clearly evident.

Figure 4 shows measured transverse electron density profiles for the same laser parameters as in Fig. 3. For each shot, the transverse electron density profile $n_g(r)$, where $r^2 = x^2 + y^2$, was found by rotationally averaging about the axis—the position of the axis being determined by fitting an ellipse to the half-peak-value contour. To reduce the effect of the large...
The temporal evolution of a plasma channel from an initial fill pressure is indicated for each plot.

The temporal evolution of the channels formed after the arrival of the channel-forming pulse focused into 50 mbar of hydrogen gas. Each profile is obtained from analysis of a single interferogram and is shown in a square of side 280 $\mu$m. The delay $t$ is indicated for each plot.

The temporal evolution of a plasma channel from an initial fill pressure of hydrogen gas. Each profile is obtained from analysis of a single interferogram and is shown in a square of side 280 $\mu$m. The delay $t$ is indicated for each plot.

FIG. 3. Measured transverse electron density profiles at delays $t$ after the arrival of the channel-forming pulse focused into 50 mbar of hydrogen gas. Each profile is obtained from analysis of a single interferogram and is shown in a square of side 280 $\mu$m. The delay $t$ is indicated for each plot.

The temporal evolution of the expansion of the plasma after OFI by a circularly polarized pulse. The solid lines are a fit of Eq. (2) to the data as $t \rightarrow 0$. The HELIOS simulation assumed an initial electron temperature $k_B T_e = (2/3) (E_k) = 9.1$ eV and an initial transverse electron density profile described by a 10th-order super-Gaussian chosen to match the measured profile of the initial plasma column. It can be seen that both the HELIOS simulations and the Sedov-Taylor solution are in excellent agreement with the experimental data, demonstrating that the essential physics is captured by our models of the OFI heating of the initial plasma column and its subsequent expansion.

For $P = 25$ mbar $[n_e(0) \approx 1.9 \times 10^{17}$ cm$^{-3}$ at $t = 3.9$ ns] the measured channel has a calculated lowest-order mode with a matched spot size (defined as the radius at which the intensity is a factor $1/e^2$ smaller than that on axis) of $W_M = 48 \mu$m, and an attenuation length of $L_{\text{att}} = 160$ mm.

FIG. 5. Comparison of measured and simulated temporal evolution of the shock front. Blue circles show the average of the major and minor axes of an ellipse fitted to a half-max contour of the measured electron density profiles; the same data binned by time interval are shown as open red circles. The results of a HELIOS simulation (dotted purple) and a fit of the data to the Sedov-Taylor solution [Eq. (2), dashed black] are also shown.

FIG. 4. Measured transverse electron density profile for hydrogen plasma after OFI by a circularly polarized pulse. The solid lines show the mean rotationally averaged profile for 5–10 shots while the associated colored band shows the RMS error in the measurement. (a) The temporal evolution of a plasma channel from an initial fill pressure of 50 mbar; (b) the electron density profile 3.9 ns after ionization for a range of different cell fill pressures.

3.9 ns. A plasma channel is formed in all cases, with an axial density which is proportional to the initial cell pressure within experimental error. For an initial cell pressure $P = 25$ mbar the axial density is $n_e(0) \approx (1.9 \pm 0.2) \times 10^{17}$ cm$^{-3}$.

The rotationally averaged electron density profiles at $t = 3.9$ ns had axial densities in the range $n_e(0) = 1.5 \times 10^{17}$ cm$^{-3}$ to $1.0 \times 10^{18}$ cm$^{-3}$; these profiles were used to calculate the lowest-order modes of the channels by solving the Helmholtz equation for the electric field of the form $E(\vec{r}, z) = u(\vec{r}) \exp(i\beta z)$, where $z$ is the position along the waveguide axis and $\vec{r}$ is the perpendicular position vector [38]. The $1/e$ attenuation length for the power of the guided mode is then $L_{\text{att}} = [2\Im(\beta)]^{-1}$.

For $P = 25$ mbar $[n_e(0) \approx 1.9 \times 10^{17}$ cm$^{-3}$ at $t = 3.9$ ns] the measured channel has a calculated lowest-order mode with a matched spot size (defined as the radius at which the intensity is a factor $1/e^2$ smaller than that on axis) $W_M = 48 \mu$m, and an attenuation length of $L_{\text{att}} = 160$ mm.

For both measured and simulated electron density profiles the shock radius was set equal to that calculated from the EPOCH simulations and the Sedov-Taylor solution are in excellent agreement with the experimental data, demonstrating that the essential physics is captured by our models of the OFI heating of the initial plasma column and its subsequent expansion.
IV. SIMULATIONS OF THE FORMATION OF LONG, LOW-DENSITY PLASMA CHANNELS PRODUCED BY AXICON FOCI

The results presented above demonstrate that short, low-density plasma channels can be generated by hydrodynamic expansion of an OFI plasma, and that the properties of those channels are in excellent agreement with our analytic and numerical models. We now consider the extension of this approach to the generation of long, low-density plasma channels produced by expansion of plasma columns formed in a longitudinally extended focal region such as that produced by an axicon or axilens [56,57].

We will concentrate on the use of an axicon lens, as successfully used in collisionally heated hydrodynamic channels [25–27,37]. The length of the axicon focus is given by $L = R \cot \alpha$, where $R$ is the radius of the axicon and $\alpha$ is the approach angle, i.e., the angle between rays refracted by the axicon and the axis. In vacuo, the intensity of the beam downstream of the axicon is given by $I(r,z) = A(z) J_0^2(kr \sin \alpha)$, where $k = 2\pi/\lambda$, and $A(z)$ depends on the axicon properties and the input power and transverse intensity profile of the incident laser radiation. Hence the transverse profile of the beam is strongly peaked on axis, with a first zero at a radial distance $r_1 = b_1/2\pi \sin \alpha$, where $b_1 \approx 2.4$ is the position of the first zero of the zeroth-order Bessel function. The presence of plasma introduces a further constraint in that refraction will cause rays approaching the axis to be reflected at a modified critical density $n_c(\alpha) = n_c \sin^2 \alpha$, where $n_c = \pi/r_0 \lambda^2$ is the critical density at normal incidence. If we neglect the effects of evanescent waves, this effect places an upper limit on the electron density which can be generated.

Figure 6 shows simulations of the formation of a 200 mm-long plasma channel using an axicon with $\alpha = 2.5^\circ$ and $R = 18$ mm. The laser pulses incident on the axicon were taken to be circularly polarized, of wavelength 800 nm, with a Gaussian temporal profile of 40 fs FWHM, and a top-hat transverse profile. The total energy contained within the incident laser pulses was 22 mJ. The initial gas was assumed to be molecular hydrogen with a pressure of 60 mbar and a temperature of 298 K; under these conditions the initial electron density was close to $n_c(\alpha)$. The initial transverse electron density profile resulting from ionization of the hydrogen gas by the Bessel beam was calculated with the in-house code, and a sixth-order super-Gaussian fit to this profile was used as the initial electron density profile for a HELIOS simulation. The energy of the ionized electrons was set to $E_k = 13.7$ eV, calculated from the energy distributions shown in Fig. 1. It is seen that the initial plasma column expands in a time of a few nanoseconds to form a plasma channel; the on-axis density of the channel is found to decrease from $n_e(0) \approx 4 \times 10^{17}$ cm$^{-3}$ at $t = 1$ ns to $n_e(0) \approx 0.9 \times 10^{17}$ cm$^{-3}$ at $t = 10$ ns. The position of the shock front is found to agree well with the Sedov-Taylor solution, where the effective hard edge plasma column radius was fitted as $r_0 = 4.5 \mu$m.

The modes of the simulated axicon-generated plasma channels were calculated at different times during the expansion, using the in-house Helmholtz code [38]. Figure 6 also shows the evolution of the matched spot size $W_M$ of the lowest-order mode as the channel expands; it can be seen that in this case the spot size increases from approximately 10 $\mu$m at early times to 40 $\mu$m for $t \approx 10$ ns. Figure 7(a) plots the matched spot size of the plasma channel against its axial density during the expansion. It can be seen that the spot size remains below $\lambda_p$, as required to remain in the quasilinear regime while ensuring that the peak power of the guided pulse $P < P_c$. Figure 7(b) shows the temporal evolution of the power attenuation length of the lowest-order mode; from this it can be seen that for $t \gtrsim 5$ ns low-loss guiding is possible over hundreds of millimeters.

V. CONCLUSION

We have proposed that the hydrodynamic expansion of columns of plasma produced by optical field ionization could generate long plasma channels with low propagation losses. Since OFI operates at the atomic level, the electron heating is independent of the initial density, which allows the formation of low density plasma channels. Numerical simulations demonstrate that an axicon lens could be used to generate long plasma channels with on-axis densities on the order of $n_e \approx 10^{13}$ cm$^{-3}$, matched spot sizes around $W_M \approx 40 \mu$m, and attenuation lengths of order $L_{\text{att}} \sim 1000$ mm.

The physics underlying the proposed concept is confirmed by the excellent agreement observed between simulations and the measured hydrodynamic expansion of the OFI plasma.
produced in hydrogen with a spherical lens. In those experiments short plasma channels were formed with on-axis densities $1.5 \times 10^{17}$ cm$^{-3} \lesssim n_e(0) \lesssim 1 \times 10^{18}$ cm$^{-3}$. These measured plasma channels could support lowest-order modes of spot size $\theta_{\text{M}} \gtrsim 33 \mu\text{m}$ and $1/e$ power attenuation lengths of order 100 mm.

Hydrodynamic OFI (HOFI) channels of this type could be generated repeatedly, and, since they are free-standing, the waveguide system would be immune to damage or degradation by the guided laser pulse or pulses. The maximum possible repetition rate would be limited by the time for the plasma to recombine and return to uniform density, or by the time taken to sweep fresh gas into the channel region. Assuming a flow velocity of order 1 km s$^{-1}$, and a transverse scale of 100 $\mu$m, repetition rates up to the MHz range would seem to be possible in principle. We note that for the axicon-generated channels shown in Figs. 6 and 7, the required laser energy was only approximately 1 mJ per centimeter of channel.

The prospect of generating low density channels with lengths of order 1 m at pulse repetition rates of at least several kilohertz would therefore appear to be realistic. HOFI channels of this type would appear to be an ideal basis for multi-GeV laser-plasma accelerator stages capable of long-term operation at high pulse repetition rates.

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