Determination of geochronology and sedimentation rates of shallow lakes in the middle Yangtze reaches using $^{210}$Pb, $^{137}$Cs and spheroidal carbonaceous particles

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**Abstract:** Accurate chronologies for recent sediments of shallow lakes in the Yangtze floodplain are critical to calibrate proxy records for reconstructing environmental changes during the past century. This study presents the results of detailed $^{210}$Pb analysis from eight lake sediment cores collected from the middle Yangtze reaches, southeast China. Unsupported $^{210}$Pb activities generally declined exponentially with mass depth in the eight cores. The chronologies and sedimentation rates for the sediment cores were calculated using different $^{210}$Pb-based mathematical models. The $^{137}$Cs chronomarker (i.e. the 1963 fallout peak) and the spheroidal carbonaceous particle (SCP) chronomarker (i.e. the start of the rapid increase in 1970 AD) were selected to validate the $^{210}$Pb dating. Sedimentation rates derived from different models were validated using historical data including lake area, arable land area, sediment discharge and reservoir volume in the Yangtze basin. The SCP-corrected CRS (constant rate of supply) model performs better than other models, based on validation using historical documents in the Yangtze basin. The $^{137}$Cs chronomarker might be erroneous due to catchment-driven $^{137}$Cs inputs from soil erosion and post-depositional diffusion. Both SCPs and $^{137}$Cs are susceptible to inputs from catchment soil erosion, but SCPs show no apparent degradation and post-depositional changes in lake sediments. The SCP profile provides a relatively reliable chronomarker, which can be used for validating $^{210}$Pb chronologies in these floodplain lakes. Generally, sedimentation rates in the eight lakes were less than 0.2 g cm$^{-2}$ yr$^{-1}$ before the 1930s, and then increased to a peak in the 1960s. Afterwards, sedimentation rates decreased and remained low after the 1980s.

**Key words:** Lacustrine sediment; $^{210}$Pb radiometric dating; spheroidal carbonaceous particles; multiple dating models; the Yangtze floodplain
1. Introduction

Reliably dated lacustrine sediments are crucial archives of past environmental changes, particularly in rapidly developing countries where long-term monitoring data are limited. For dating recent sediments spanning the past 100-150 years, $^{210}\text{Pb}$ is the most widely used radionuclide with a half-life of 22.26 years (Appleby, 2001; Sanchez-Cabeza and Ruiz-Fernández, 2012). $^{210}\text{Pb}$ has two main sources in lake sediments, including ‘supported’ $^{210}\text{Pb}$ ($^{210}\text{Pb}_{\text{sup}}$) produced in situ by the decay of its parent radionuclide $^{226}\text{Ra}$ and ‘excess’ $^{210}\text{Pb}$ ($^{210}\text{Pb}_{\text{ex}}$) supplied by the decay of atmospheric $^{222}\text{Rn}$ (Appleby, 2001). After dry/wet deposition, rapid sedimentation processes remove this radionuclide from the water column into sediments via adsorption onto suspended particles (Krishnaswamy et al., 1971; Mabit et al., 2014). $^{210}\text{Pb}_{\text{ex}}$ decay rates are predictable based on the half-life, and hence $^{210}\text{Pb}_{\text{ex}}$ has become widely used for geochronology determination (Appleby, 2001, 2008; Sanchez-Cabeza and Ruiz-Fernández, 2012).

In stable environments with uniform sediment accumulation rates, chronologies based on appropriate dating models are very reliable (Appleby, 2001). For example, in lakes where the sedimentation rate and $^{210}\text{Pb}_{\text{ex}}$ flux are both constant, the constant flux constant sedimentation model (CFCS) provides reliable dating results (Baskaran et al., 2015; Jweda and Baskaran, 2011; Krishnaswamy et al., 1971). The constant initial concentration model (CIC) assumes a constant initial $^{210}\text{Pb}_{\text{ex}}$ concentration regardless of any changes in the sedimentation rate (Binford, 1990; Pennington et al., 1976; Robbins and Edgington, 1975). The constant rate of supply model (CRS) assumes a constant flux of $^{210}\text{Pb}_{\text{ex}}$ to sediment surface and hence that the initial $^{210}\text{Pb}_{\text{ex}}$ concentration is inversely proportional to the sedimentation rate (Appleby and Oldfield, 1978; Córdoba et al., 2017; Oldfield et al., 1978). Nevertheless, the assumptions and
prerequisites of the commonly used models (e.g. constant initial concentration of $^{210}\text{Pb}_{\text{ex}}$ and constant sedimentation rate) are not always fulfilled in nature, and hence, different models may produce inconsistent dating results and be more suited to particular environmental circumstances (Baskaran et al., 2015; Córdoba et al., 2017; Lan et al., 2018; Mabit et al., 2014; Tylmann et al., 2013, 2016; von Gunten et al., 2009).

Since it is not known a priori which of the models produces the best result, a systematic comparison of different numerical models is vital for establishing accurate chronologies (von Gunten et al., 2009). In addition, the $^{210}\text{Pb}$ geochronology should be validated using at least one independent tracer which separately provides a clear time-stratigraphic horizon (Smith, 2001; Appleby, 2008). The artificial radionuclide $^{137}\text{Cs}$ and spheroidal carbonaceous particle (SCP) profiles are widely used to validate $^{210}\text{Pb}$ chronologies (Appleby, 2001; Rose, 2001). Records of the $^{137}\text{Cs}$ fallout peak from the atmospheric testing of thermo-nuclear weapons can be used to identify the 1963 depth (Ritchie and McHenry, 1990). SCPs are a component of fly-ash formed by the incomplete high-temperature combustion of fossil fuels, and the characteristics of inert composition, efficient extraction and easy identification make them useful indicators of industrial contamination (Rose, 2001). By comparison with the history of regional industrial activities (e.g. coal consumption), changes in the SCP profile can be used as independent chronomarkers for dating recent sediments (Boyle et al., 1999; Rose, 2001; Wu et al., 2005).

The Yangtze floodplain is a particularly interesting region to study environmental changes during the past century using $^{210}\text{Pb}$ dating (Boyle et al., 1999; Xiang et al., 2002; Xu et al., 2017; Xue and Yao, 2011). This region is characterized by more than 600 shallow freshwater lakes with surface area > 1 km$^2$ (Wang and Dou, 1998). Paleolimnological studies have revealed that enhanced human activities in the Yangtze
basin (e.g. large-scale deforestation, land reclamation and dam constructions) during the mid-20th century have altered the erosional input from the watershed, subsequently changing sedimentation rates as well as the flux of $^{210}$Pb$_{ex}$ arriving at lake sediment (Xu et al., 2017; Xue and Yao, 2011). For example, in Taibai Lake, sedimentation rate doubled between 1945 and 1953 due to intensive land reclamation at the lake margins (Liu et al., 2012). Previous $^{210}$Pb chronologies of lacustrine sediments in the Yangtze floodplain lakes were mainly derived from the CRS model (Boyle et al., 1999; Du et al., 2001; Xiang et al., 2002; Xu et al., 2017). One dating method alone or single model calculation may result in an over- or under-estimation of the sediment age (Tylmann et al., 2016). In order to validate the robustness of the chronologies, it has been strongly recommended that multiple dating models should be calculated and calibrated with independent chronomarkers (Baskaran et al., 2015; Liu et al., 2009; Smith, 2001; von Gunten et al., 2009).

This study describes the establishment of chronologies for short sediment cores collected from eight shallow lakes of the middle Yangtze reaches. We applied three different dating approaches, i.e. $^{210}$Pb, $^{137}$Cs and SCP. In order to reveal the range of possible dating results, the $^{210}$Pb chronologies were calculated using five models, i.e. the CIC, CFCS, CRS, $^{137}$Cs-corrected CRS and SCP-corrected CRS models. Sedimentation rates of the eight lakes were calculated and compared to historical documents of arable land area, lake area and sediment discharge from the Yangtze basin. We expected that multiple dating approaches would help to establish reliable chronologies for these shallow floodplain lakes, in comparison with one dating method alone or single model calculation.

2 Materials and methods
2.1 Study area

The Yangtze River ranks third globally in terms of length (6300 km), ninth in catchment area ($1.8 \times 10^6$ km$^2$), fifth in water discharge (~900 km$^3$ per year), and fourth in sediment flux (~500 million tonnes per year, up until 1980) (Chen et al., 2001). The river is generally divided into upper (from the source to Yichang), middle (from Yichang to Hukou) and lower (below Hukou) Yangtze reaches. The Yangtze basin is characterized by a monsoonal climate that features cold, dry winters and hot, wet summers. In the middle Yangtze reaches, mean annual precipitation and mean annual temperature are ~1200 mm and 16-18 °C, respectively. At Yichang and Hankou Stations, annual runoff has been quite stable since 1950; however, sediment discharge has declined markedly since the mid-1980s (Bulletin of Yangtze River sediment, 2003-2015).

The middle Yangtze reaches are characterized by alluvial floodplains, which encompass a number of ecologically and economically valuable lakes and wetlands (Xie et al., 2017). Due to the unique biodiversity, this region has been designated by the World Wide Fund for Nature (WWF) as one of the Global 200 priority ecoregions for conservation (Olson and Dinerstein, 1998). Increasing human disturbances from rapid population growth and economic development in the catchment have caused environmental degradation of these lakes, including surface area shrinkage due to agricultural land reclamation, biodiversity loss and water quality deterioration (Cui et al., 2013; Xie et al., 2017).

2.2 Sampling

Sediment cores were collected from eight lakes between 2011 and 2016 using a gravity corer. Each sediment core was macroscopically described, including lithology,
colour and sedimentary structures, and then sectioned at 1-cm intervals in the field (Fig. 1 and Table 1). The eight lakes include Dongting (DT), Honghu (HH), Luhu (LH), Futou (FT), Shahu (SH), Yanxi (YX), Wanghu (WH) and Poyang (PY) lakes. The sediment samples were transported to the laboratory and stored at 4 °C prior to analyses. Sediment cores from HH and WH have previously been studied for $^{210}$Pb and SCPs, and these cores were collected between 1992 and 1993 (Boyle et al., 1999). In order to retrieve recent environmental change in the two lakes, new cores were collected for further analysis.

2.3 Analytical procedures

Radioactive isotopes $^{210}$Pb, $^{226}$Ra and $^{137}$Cs were counted at 2-cm intervals on a gamma spectrometer (Ortec HPGe GWL). The $^{137}$Cs was determined via its 662 keV photopeak, while $^{210}$Pb was determined via gamma emission at 46.5 keV and $^{226}$Ra at 295 and 352 keV $\gamma$-rays emitted by its daughter isotope $^{214}$Pb, following three weeks of storage in sealed containers to allow radioactive equilibration. Concentrations of $^{210}$Pb$_{ex}$ were calculated by subtracting the $^{226}$Ra-supported $^{210}$Pb concentrations ($^{210}$Pb$_{sup}$) from the total $^{210}$Pb activities ($^{210}$Pb$_{total}$) (Appleby, 2001).

Particle size spectra of sediments were measured at 1-cm intervals using a Malvern automated laser optical particle-size analyser (Mastersizer-2000) after the removal of carbonates by 10% HCl and organic matter by 30% H$_2$O$_2$ with sodium hexametaphosphate as a dispersing agent. The measurement error was within 5%. Clay (<4 μm) content and median grain size were shown in this study. SCP in the sediments was extracted at 2-cm intervals using HNO$_3$, HF and HCl according to Rose (1994). Particles larger than 8 μm were identified and counted using an Olympus CX21.
microscope at 400× magnification (Rose, 2008). SCP concentrations are expressed as grains per gram dry mass of sediment (grains g⁻¹). SCPs in LH were not analysed.

2.4 Numeric models

Because the appropriate choice of the calculation model is not known a priori, the CIC, CFCS, CRS, ¹³⁷Cs-corrected CRS and SCP-corrected CRS models were chosen to calculate chronologies and sedimentation rates (Appleby, 2001; Sanchez-Cabeza and Ruiz-Fernández, 2012).

The CIC model assumes that sediments have a constant initial ²¹⁰Pb concentration regardless of accumulation rate (Shukla and Joshi, 1989). The supply of ²¹⁰Pb to lake sediment must vary directly in proportion to the sedimentation rate. Under such a scenario, the sediment age t at a depth x can be calculated using the formula

\[ C(x) = C(0)e^{-\lambda t} \]  

where \( \lambda \) is the ²¹⁰Pb radioactive decay constant (0.03114 yr⁻¹), and \( C(x) \) and \( C(0) \) are the ²¹⁰Pbex activity at a depth \( x \) and at the surface of the core, respectively.

The CFCS model assumes that both ²¹⁰Pb flux and sedimentation rate are constant (Krishnaswamy et al., 1971). The ²¹⁰Pbex activity versus depth relation is closely approximated by an exponential relation, in which case a plot of the logarithm of the ²¹⁰Pbex against cumulative mass depth will be closely approximated by a straight line. The mean sedimentation rate can be calculated from the slope of the regression line. When the ²¹⁰Pbex activities are plotted against the cumulative mass depth, the resultant least squares best fit slope is used to calculate the mass accumulation rate (\( \omega \) in g cm⁻² yr⁻¹):

\[ \omega = -\lambda / \text{slope} \]  

The cumulative mass depth \( M(x) \) is calculated using the formula
\[ M(x) = \int_0^x \rho(\xi) \, d\xi \]  
(3)

where \( \rho(\xi) \) is the dry bulk density at depth \( \xi \).

Using the CFCS model, the sediment age \( t \) at a depth \( x \) can be calculated using the equation:

\[ t = \frac{M(x)}{\omega} \]  
(4)

Where sedimentation rates have varied, the plot of \( ^{210}\text{Pb}_{\text{ex}} \) versus depth will deviate significantly from an exponential relation and one of the more complex models must be used. The CRS model assumes that in these cases the flux of \( ^{210}\text{Pb}_{\text{ex}} \) to the sediment surface remains constant regardless of any such variations (Appleby and Oldfield, 1978). This method relies on the ratio of the cumulative residual \( ^{210}\text{Pb}_{\text{ex}} \) beneath a given depth to the total \( ^{210}\text{Pb}_{\text{ex}} \) activity in the sediment column. It is therefore imperative that the entire \( ^{210}\text{Pb} \) inventory of a core is measured or estimated as accurately as possible.

The inventory is calculated as

\[ A(x) = \int_{M(x)}^{0} C(m) \, dm \]  
(5)

\[ A(0) = \int_0^{\infty} C(m) \, dm \]  
(6)

where \( C(m) \) is the mass specific \( ^{210}\text{Pb}_{\text{ex}} \) concentration at mass depth \( m \), and \( A(x) \) is the \( ^{210}\text{Pb}_{\text{ex}} \) inventory beneath a given depth \( x \). \( A(0) \) is the total \( ^{210}\text{Pb}_{\text{ex}} \) activity in the sediment column. The sediment age at a depth \( x \) can be calculated using the formula

\[ t = \frac{1}{\lambda} \ln \left( \frac{A(0)}{A(x)} \right) \]  
(7)

A variety of causes such as flood events and land-use change within floodplain may cause variations in the initial \( ^{210}\text{Pb}_{\text{ex}} \) concentration, probably resulting in erroneous dates in the models mentioned above. Where there are discrepancies, changes in the \( ^{210}\text{Pb} \) supply rate can be calculated using independent dates by chronostratigraphic markers (Appleby, 2001). If \( x_1 \) is the depth of one reference point (e.g. the \( ^{137}\text{Cs} \) fallout
peak and the start of rapid increase in the SCP profile) in the core with known age $t_1$, the mean $^{210}\text{Pb}$ flux ($P$) above the reference point is

$$P = \frac{\lambda \Delta A}{1 - e^{-\lambda t_1}}$$

(8)

where $\Delta A$ is the $^{210}\text{Pb}$ inventory above the depth $x_1$.

Corrected $^{210}\text{Pb}$ dates and sedimentation rates for intermediate depths can be derived using chronostratigraphic markers by applying the principles of the CRS model with the relevant $^{210}\text{Pb}$ flux. The sediment age at a depth $x$ above the depth $x_1$ is determined by solving the equation

$$\frac{P}{\lambda} e^{-\lambda t} = \frac{P}{\lambda} e^{-\lambda t_1} + \Delta A(x_1, x)$$

(9)

where $\Delta A(x_1, x)$ is the $^{210}\text{Pb}$ inventory between $x_1$ and $x$. For example, using $^{137}\text{Cs}$ activities as independent chronostratigraphic markers, the presence of a subsurface maximum in the $^{137}\text{Cs}$ profile will in most cases identify the 1963 depth ($x_1$).

The date beneath the given depth $x_1$ can be calculated using the formula

$$T_x = T_1 - \lambda^{-1} \ln(A_{x1} A_x^{-1})$$

(10)

where $T_1$ and $A_{x1}$ are the chronostratigraphic date at the depth $x_1$ and the $^{210}\text{Pb}_{ex}$ inventory beneath the given depth $x_1$, respectively.

2.5 Historical document collections

The studied eight lakes are located in Hunan, Hubei and Jiangxi provinces, respectively (Table 1). In order to validate changes in sedimentation rates of the studied lakes, continuous annual data for suspended sediment concentration (1956-2013) at Datong Station and total capacity of reservoirs in the Yangtze basin (1954-2003) were sourced from Dai et al. (2016). Discontinuous data for arable land area (1887-2008) and lake area (1875-2008) in Hunan, Hubei and Jiangxi provinces were collected from published documents (Cao et al., 2014; Cui et al., 2013). In order to provide context for
the SCP profiles, continuous annual data for coal consumption in Hunan, Hubei and Jiangxi provinces (1949-2009) were collected from compendium of statistics for China’s coal industry (China National Coal Association, 2011). The sequential $t$-test analysis of regime-shifts (STARS) algorithm was used to determine the shifts with the respective mean values and to evaluate the confidence levels for coal consumption data in each province and SCP concentration data of each core (Rodionov, 2004), using a cut-off length of 10 points ($p < 0.05$).

3. Results

3.1 Particle size

Lake sediments in the study area are characterized by fine particles, with mean percentage of clay accounting for 40-60% in the eight cores (Fig. 2). Median grain size in lake sediments mainly ranged from 2 to 8 μm, except in the upper strata of HH and PY. There were some differences in the particle size spectra among the eight cores. Median grain size in DT and FT showed fluctuating trends in the lower strata, and subsequently increased in the upper 10 cm of sediment. In HH, LH and WH, median grain size increased broadly from the lower to upper section. Median grain size in SH and YX fluctuated below 20 cm and then remained relatively stable in the upper 20 cm. Median grain size in PY increased generally in the lower strata, followed by a decrease in the upper 10 cm of sediment.

3.2 Caesium-137 profiles

The distributions of $^{137}$Cs in the eight sediment cores are presented in Fig. 3. To facilitate comparison of the data from the eight cores, mass depth (g cm$^{-2}$) was used in order to reduce the influence of different rates of compaction. The $^{137}$Cs activities in 6
out of the 8 sediment cores generally increased from 0 Bq kg\(^{-1}\) in the bottom layers to the peak values (ranging from 11 to 28 Bq kg\(^{-1}\)), followed by declining trends (Fig. 3). The generally low activities (< 30 Bq kg\(^{-1}\)) of \(^{137}\)Cs probably resulted from relatively greater losses from the lakes via the outflow, due to the high solubility of \(^{137}\)Cs. \(^{137}\)Cs was above 4 Bq kg\(^{-1}\) at the bottom of the profile in DT, indicating that shorter timespan of sedimentary material was recovered (Fig. 3a). The \(^{137}\)Cs activities in PY were very low and below the detection limit (Fig. 3h), probably resulting from its fast hydraulic flushing of the lake (mean retention time of ca. 52 days; Wang and Dou, 1998). Most of the cores have one well-defined \(^{137}\)Cs peak, corresponding to the peak fallout of \(^{137}\)Cs in 1963 AD from atmospheric nuclear weapons testing. The total \(^{137}\)Cs inventory was 3665 Bq m\(^{-2}\) in DT, 597 Bq m\(^{-2}\) in HH, 1323 Bq m\(^{-2}\) in LH, 1309 Bq m\(^{-2}\) in FT, 897 Bq m\(^{-2}\) in SH, 1625 Bq m\(^{-2}\) in YX and 714 Bq m\(^{-2}\) in WH, respectively (Table 2). Based on the modified \(^{137}\)Cs reference inventory model for China, Zhang et al. (2015) estimated that the range of \(^{137}\)Cs reference inventory in central China is between 1292 and 2119 Bq m\(^{-2}\). The total \(^{137}\)Cs inventory for LH, FT and YX was consistent with the reference values. The \(^{137}\)Cs inventory of DT was much higher than the reference values, indicating enhanced deposition due to sediment focusing or catchment-derived \(^{137}\)Cs inputs. In contrast, the total \(^{137}\)Cs inventory for HH, SH and WH was lower than the reference values, probably due to the removal of \(^{137}\)Cs via lake outflows.

### 3.3 Lead-210 Profiles

Supported \(^{226}\)Ra concentrations were virtually constant in each core (Fig. 4). \(^{210}\)Pb\(_{\text{total}}\) activity reached a radioactive equilibrium with \(^{226}\)Ra activity at the bottom layer of HH, LH and SH cores, but not at that of DT and PY cores (Fig. 4). In FT, YX and WH, \(^{210}\)Pb\(_{\text{total}}\) activity reached an equilibrium value that was greater than \(^{226}\)Ra activity (Fig.
4), probably due to an efficiency calibration error with the gamma spectrometers. In order to remove the discrepancy, a correction value was calculated by subtracting the mean supported $^{226}$Ra activity from the mean asymptotic activity of $^{210}$Pb$_{total}$ at the bottom samples of FT, YX and WH, respectively. The correction value was subtracted from the original $^{210}$Pb$_{ex}$ activity at each level to obtain the corrected $^{210}$Pb$_{ex}$ activities in FT, YX and WH, respectively (Fig. 5). The activities of $^{210}$Pb$_{ex}$ in the surface sediments varied considerably, from 191 to 515 Bq kg$^{-1}$, almost by a factor of 2 (Table 2). The maximum concentration was found in a subsurface layer in 7 out of the 8 sediment cores (376 Bq kg$^{-1}$ at 2.5 cm in DT; 333 Bq kg$^{-1}$ at 1.5 cm in LH; 529 Bq kg$^{-1}$ at 2.5 cm in FT; 382 Bq kg$^{-1}$ at 1.5 cm in SH; 356 Bq kg$^{-1}$ at 9.5 cm in YX; 287 Bq kg$^{-1}$ at 2.5 cm in WH; 221 Bq kg$^{-1}$ at 1.5 cm in PY), except HH (462 Bq kg$^{-1}$ at the surface).

$^{210}$Pb$_{ex}$ activities generally declined exponentially with mass depth ($R^2 > 0.55$). The mean annual flux of $^{210}$Pb$_{ex}$ was 2920 Bq m$^{-2}$ yr$^{-1}$ in DT, 965 Bq m$^{-2}$ yr$^{-1}$ in HH, 880 Bq m$^{-2}$ yr$^{-1}$ in LH, 947 Bq m$^{-2}$ yr$^{-1}$ in FT, 781 Bq m$^{-2}$ yr$^{-1}$ in SH, 1132 Bq m$^{-2}$ yr$^{-1}$ in YX, 730 Bq m$^{-2}$ yr$^{-1}$ in WH and 1754 Bq m$^{-2}$ yr$^{-1}$ in PY, respectively. The mean annual fluxes of $^{210}$Pb$_{ex}$ were 2-7.3 times higher than the atmospheric deposition flux at Shanghai City (the delta of the Yangtze River) of 385 ± 62 Bq m$^{-2}$ yr$^{-1}$ (Du et al., 2015). The fluxes in HH, LH, FT, SH and WH were similar to the value of ca. 920 Bq m$^{-2}$ yr$^{-1}$ for Taihu Lake, located in the lower Yangtze floodplain (Xue and Yao, 2011).

Generally, fine particles with greater specific surface areas typically contain higher radionuclide concentrations, and so clay particles are important in the transport and deposition of $^{210}$Pb, as suggested by significantly positive correlations between clay and $^{210}$Pb$_{ex}$ observed in previous studies (Liu et al., 2009; Sun et al., 2017). In contrast, the clay component and $^{210}$Pb$_{ex}$ were significantly negatively correlated in most of our cores ($r < -0.32, p < 0.05$), or non-significantly correlated in DT and YX ($r > -0.3, p > 0.1$). It
seems that the preferential adsorption of $^{210}\text{Pb}_{\text{ex}}$ on fine particles cannot be assumed in the studied lakes. High content of clay (40-60\%) in the studied lakes indicated relatively stable hydrological conditions, which would promote the deposition of $^{210}\text{Pb}$ in these floodplain lakes. Due to dam construction in the upstream during recent decades, erosion of the downstream riverbed has strengthened and coarse particles have been transported into the lakes (Zeng et al., 2018). As a result, clay content in the upper strata has declined and opposed the trend in $^{210}\text{Pb}_{\text{ex}}$.

### 3.4 SCP profiles

SCP concentration maxima in this study are similar to those observed in other Yangtze floodplain sites, such as the Jianghan Plain (4000-15000 grains g$^{-1}$; Boyle et al., 1999), Taihu Lake (600-9000 grains g$^{-1}$; Cao et al., 2013; Rose et al., 2004), Longgan Lake (3000-4000 grains g$^{-1}$; Wu et al., 2005) and Sanliqi Lake (8000 grains g$^{-1}$; Chen et al., 2014). The variations among the sediment cores are probably influenced by SCP emission from the local industries (Boyle et al., 1999) and other site specific processes such as sediment focusing (Rose, 2001). Generally, the SCP profiles showed similar trends (Fig. 6). Low concentrations in the lower strata of the profiles were followed by rapid increases before reaching a peak. Above the peak, the SCP concentrations fluctuated around 3000-8000 grains g$^{-1}$, followed by a decrease to the sediment surface. Coal consumption in Hunan, Hubei and Jiangxi provinces increased slowly before reaching a peak around 1960, and then decreased and fluctuated between 1961 and 1969 (Fig. 7). For each province, coal consumption increased rapidly from 1970, except a transient slump around 2000 (Fig. 7). The trough around 2000 was still higher than the historical peak in 1960. The results of regime shift detection applied for coal consumption data are presented in Fig. 7, indicating three to four significant shifts.
The first shift happened in 1970 in Hubei, in 1969 in both Jiangxi and Hunan, respectively. In the seven studied cores, low SCP concentrations in the lower strata should be consistent with a low level of coal consumption between the 1950s and 1960s. The start of the rapid increase in SCP concentrations was identified by the regime shift detection (Fig. 6), which should correspond to the major expansion in coal consumption since 1970. Hence, the date of the depth, above which the SCP concentrations started to increase rapidly, should be around 1970 (Figs. 6 and 7).

### 3.5 Chronologies and sedimentation rates

We applied the CFCS, CIC, CRS, $^{137}$Cs-corrected CRS and SCP-corrected CRS models to the eight cores. Chronologies provided by alternative models differed, but the tendencies observed were similar for each core (Fig. 8 and Appendix 1). Generally, the $^{137}$Cs-corrected CRS model produced older ages than other models. The CFCS and CIC models generally produced younger ages for the lower sections of the cores. Ages deduced from the SCP-corrected CRS model were intermediate, in comparison with the results from the CRS and $^{137}$Cs-corrected CRS models. Chronologies provided by the CFCS and CRS models showed a good fit in the upper strata of HH, LH, FT and SH (Figs. 8b-e). In LH, ages calculated using different models were broadly consistent (Fig. 8c).

Sedimentation rates estimated by the CRS, SCP-corrected CRS and $^{137}$Cs-corrected CRS models are showed in Fig.9. As a result of the discrepancies among multiple models, we obtained different changes in sedimentation rates. Generally, the sedimentation rates (SARs) increased gradually to a maximum (0.5-2.5 g cm$^{-2}$ yr$^{-1}$), and then declined in each core. The timing of maximum SARs was different for alternative
models, e.g., in the 1950s using the $^{137}$Cs-corrected CRS model, in the 1960s based on the SCP-corrected CRS model, and in the 1970s using the CRS model.

4. Discussion

4.1 Alternative $^{210}$Pb dating models

The chronologies estimated by alternative models showed significant discrepancy in the same core, as also observed in former studies (Blais et al., 1995; von Gunten et al., 2009). The CIC model resulted in large time inversions, especially for the lower part of the profiles, which is consistent with previous studies because the $^{210}$Pb profile is non-monotonic in these lakes (Baskaran et al., 2014; von Gunten et al., 2009). During the mid-20th century, widespread deforestation in the upstream regions and land reclamation of lake margin regions for farming have increased soil erosion and sedimentation rates in the Yangtze floodplain lakes (Xiang et al., 2002; Xu et al., 2017). $^{210}$Pb$_{ex}$ fallout can be rapidly absorbed by the clay minerals and organic matter in the surface soil and its redistribution will occur in association with erosion and sediment transport processes (Gaspar et al., 2013). Recycled $^{210}$Pb$_{ex}$ fallout on catchments via surface runoff delivery and sediment focusing probably contribute to enhanced $^{210}$Pb supply rates in these floodplain lakes (Appleby, 2008; Tylmann et al., 2016). Since most lakes have a large catchment area/surface area ratio (Table 1), the erosional input from the watershed could contribute significant proportions of $^{210}$Pb inventories. Alterations in initial concentrations of $^{210}$Pb and sedimentation rates indicate the failure of the assumption of a constant sedimentation rate and constant initial concentration of $^{210}$Pb (Abril and Brunskill, 2014), and hence the CIC and CFCS models failed to yield a reliable chronology.
The CRS model allows changes in the initial concentrations and the sedimentation rates at different layers, assuming constant $^{210}\text{Pb}_{\text{ex}}$ flux to the sediment surface (Appleby and Oldfield, 1978). Usually, the CRS model yields more realistic results than the CIC model (Appleby, 2008). In this study, the unconstrained CRS model- yielded ages were younger than the $^{137}\text{Cs}$ and SCP chronomarkers (1963 and 1970 AD) at the corresponding horizon of each core (Fig. 8). Underestimation of sediment ages by the unconstrained CRS model was also reported in previous studies (Tylmann et al., 2016). These relatively young sediment ages probably resulted from the declining $^{210}\text{Pb}_{\text{ex}}$ inventory in the upper strata, because the influx of sediment and recycled $^{210}\text{Pb}_{\text{ex}}$ from the catchment decreased after reservoir construction and soil conservation measures were instated in the upper catchment after the 1970s (Dai et al., 2016; see the details in section 4.2). In the upper strata of the eight cores (above 10 g cm$^{-2}$), the $^{210}\text{Pb}_{\text{ex}}$ activities declined rapidly with depth (Fig. 5), indicating that SARs were lower in the upper strata than in the lower layers (cf. Mabit et al., 2014). In cases where there is significant discrepancy between the CRS model chronologies and the $^{137}\text{Cs}$ and SCP chronomarkers, corrected $^{210}\text{Pb}$ dates can be calculated by applying the CRS model in a stepwise way to different sections of the core using the chronostratigraphic dates as reference points (Appleby, 2008).

In each lake (except PY), $^{137}\text{Cs}$ exhibited a sharp peak, suggesting that substantial mixing of the sediments had not occurred and the $^{137}\text{Cs}$ peak can be an independent stratigraphic chronomarker. In the cores from HH, FT, SH and WH, the $^{137}\text{Cs}$-corrected CRS model overestimated sediment ages in the lower layers (stratigraphically below the 1963 fallout peak), in comparison with the unconstrained CRS and SCP-corrected CRS models (Fig. 8). The results might be linked to delayed delivery of $^{137}\text{Cs}$ from the watershed. Besides direct atmospheric fallout, $^{137}\text{Cs}$ is easily transported in dissolved
form from upstream soils into lakes by surface runoff (Putyrskaya et al., 2009), which is another important source for $^{137}$Cs in lake sediments (Ritchie and McHenry, 1990; Walling and He, 1997). The peak of the total $^{137}$Cs in the lake stratigraphies probably reached several years after the maximum atmospheric fallout, because the continuous input of $^{137}$Cs from the catchment into the lake, which would be exacerbated by soil erosion, dominates over radioactive decay before the peak is reached (Putyrskaya et al., 2009). Hence, the impact of $^{137}$Cs delivery from the watershed is likely to be important. In addition, the $^{137}$Cs profile can be impacted by vertical diffusion because caesium is an element susceptible to dissolution (Xiang et al., 2002; Putyrskaya et al., 2009).

Apart from the initial $^{137}$Cs peak, the secondary peak was not observed in the $^{137}$Cs profiles (Fig. 3), indicating that the chronomarker of the 1986 Chernobyl accident is not available in our studied lakes. The peak identified as the 1986 fallout was observed in some lakes of the Yangtze floodplain (e.g. Gucheng Lake; Xiang et al., 2002), but may result from sediment mixing and upward migration of caesium. The distribution of Chernobyl fallout was very uneven and mainly controlled by the path of the radioactive plume and its coincidence with rainfall (Appleby, 2001). Former studies have revealed that the 1986 Chernobyl fallout was mainly observed at sites in Europe and the western former USSR (Ritchie and McHenry, 1990). The $^{137}$Cs profiles of 18 lakes in East Asia and the annual $^{137}$Cs deposition flux for Tokyo indicate that the Chernobyl fallout is not significant in the East Asian region (Zhang et al., 2012).

SCPs are inert to changes in water and sediment chemistry (Rose, 2001), and they could not be transported in dissolved form as for $^{137}$Cs. However, SCPs may enter lakes with soil particles when catchment erosion occurs. After deposition SCPs show no apparent degradation and post-depositional changes in lake sediments (Rose, 1999; Rose and Appleby, 2005). Hence, whilst soil erosion processes may deliver soil-derived
SCP particles to lakes, the magnitude of changes in sediment flux was always < 10-fold, setting boundaries on the possible SCP contributions from soil erosion (Fig. 10). It is likely that a good proportion of eroded soil was old and so SCP-free. In contrast, concentrations of SCP particles increased in the order of $10^3$, making it unlikely that soil erosion processes could be responsible for altering the down-core patterns in SCP concentrations (Fig. 6). Since SCPs are solely anthropogenic in origin, their temporal trends are seen to be in good agreement with known historical coal consumption in Hunan, Hubei and Jiangxi provinces (Fig. 7). SCPs displayed slight decreases in surface sediments, probably due to the deployment of clean coal technologies, such as dust removal (Chang et al., 2016). In accordance with the results of previous studies in both HH and WH (Boyle et al., 1999), the start of rapid increase in SCPs in 1970 AD in this study provided a clear chronomarker for dating recent sediment. Hence, the accuracy of the chronologies for the sediment cores can be improved by validating with the SCP chronomarker in 1970 AD.

4.2 Sedimentation rate changes

Before the 1930s, most lakes were hydrologically connected with the Yangtze River, and human disturbance was weak. Under such a scenario, sedimentation rates in the Yangtze floodplain lakes were generally less than 0.2 g cm$^{-2}$ yr$^{-1}$ before the 1930s (Fig. 10a), in agreement with the results of previous studies (Chen et al., 2011; Liu et al., 2012; Xiang et al., 2002; Xu et al., 2017; Xue and Yao, 2011; Yi et al., 2004; Zeng et al., 2018; Zhang et al., 2010). Between the 1930s and the 1950s, there was an extension of arable land to meet the food demands of the rising population in the Yangtze basin (Cao et al., 2014; Fig. 10b). Firstly, floodplain lakes were reclaimed for agricultural land (Cui et al., 2013; Fig. 10c). Meanwhile, intensive reclamation and deforestation
accelerated surface soil erosion, subsequently increasing sediment loading into the Yangtze floodplain lakes (Xiang et al., 2002), as suggested by rising sedimentation rates in Wushan, Shijiu, Guchenghu and Nanyihu lakes during this period (Zhang et al., 2010; Xue and Yao, 2011). Meanwhile, increasing summer precipitation in the early-1950s probably promoted the transport of sediment into lakes (Xue and Yao, 2011). Accordingly, sedimentation rates derived from the SCP-corrected model reached a peak in the 1960s for most of lakes in this study, such as HH, FT, SH and PY (Fig. 10a).

After 1970, the total reservoir capacity in the Yangtze basin increased rapidly (Fig. 10d), and dam trapping caused a decrease in suspended sediment in the Yangtze River (Figs. 10e). Due to the reducing influx of suspended sediment from the upper reaches, sedimentation rates in these lakes showed declining trends. For example, Zhang et al. (2010) found that sedimentation rate declined in Wushan Lake after the 1960s, resulting from the impoundment of two reservoirs in the upper catchment. Similarly, sediment trapping by several reservoirs that were built in 1958-1962 in the upper reaches, led to a reduction in sedimentation rate in Taibai Lake after the 1960s (Liu et al., 2012). Moreover, surface soil erosion and sediment discharge declined further after 1986, as a consequence of the implementation of water and soil conservation strategies in the Yangtze basin (Dai et al., 2016). Based on the SCP-corrected CRS model, sedimentation rates in the studied lakes (except DT and LH) remained relatively stable after the 1980s, with mean values ranging from 0.09 to 0.58 g cm⁻² yr⁻¹ (Fig. 10a). Taken together, the SCP-corrected CRS model provided results that matched historical changes in arable land and sediment discharge more closely.

DT had relatively higher sedimentation rates than other lakes (Fig. 10a), probably linked to a high influx of sediment from the catchment (Du et al., 2001). Yang et al. (2007) estimated that average annual deposition of sediment was ca. 211 Mt in the
Yangtze basin for the period 1956-2004, and more than half (~113 Mt) of sediment deposited in DT which is located in the upstream position among our lakes (Fig.1). Annual deposition of sediment in DT was high, but declined gradually after the 1950s (Yang et al., 2007), whereas SARs in DT increased gradually until 2003. It is notable that water surface area of DT decreased from ~4000 km² in the 1950s to ~2500 km² in 1998, with an average decrease rate of ~30 km² per year from 1950 (Zhao et al., 2005). Gradual increases in SARs before 2003 suggested that the effects of lake surface area shrinkage exceeded those of sediment deposition reduction in DT, at least in some parts of this large lake. In response to sediment trapping by the Three Gorges Dam impoundment, the deposition rate in DT decreased to 2 Mt/yr for the period 2003-2012 (Bulletin of Yangtze River Sediment, 2003-2015), probably accounting for a recent reduction in sedimentation rate.

5. Conclusions

Multiple $^{210}$Pb-based dating models were tested to establish an accurate chronological framework for recent lake sediment in the Yangtze floodplain. Two independent time markers were used to validate the $^{210}$Pb chronologies, including $^{137}$Cs and SCP. Five models, i.e. CIC, CFCS, CRS, $^{137}$Cs-corrected CRS and SCP-corrected CRS, were calculated. Compared with regional historical documents, sedimentation rates derived from the SCP-corrected CRS model matched historical changes in the Yangtze basin more closely. Due to land reclamation and deforestation, sedimentation rates generally increased between the 1930s and the 1950s, and reached a peak in the 1960s. Reservoir construction and soil conservation measures caused a decrease in sedimentation rates after the 1970s. The SCP-corrected CRS model seems to be a suitable technique for calculating chronologies and sedimentation rates in these shallow
and rapidly-flushed Yangtze floodplain lakes and other similar lacustrine systems within floodplain landscapes.

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Figure captions

Figure 1 Location of the study area in China (labelled with a red rectangle; A) and the middle Yangtze reaches with the eight studied lakes shown (B).

Figure 2 Clay content and median grain size of the eight studied cores arranged by position along the Yangtze River (upstream to downstream), including (a) DT, (b) HH, (c) LH, (d) FT, (e) SH, (f) YX, (g) WH and (h) PY.

Figure 3 $^{137}$Cs activities versus mass depth in the eight sediment cores.

Figure 4 $^{226}$Ra and the total $^{210}$Pb ($^{210}$Pb$_{total}$) activities versus mass depth in the sediment cores.

Figure 5 Unsupported $^{210}$Pb ($^{210}$Pb$_{ex}$) activities versus mass depth in the sediment cores.

Figure 6 SCP concentrations versus mass depth in the sediment cores. The thick grey line depicts the changes in mean identified by the STARS algorithm.

Figure 7 Historical coal consumption Hubei (a), Jiangxi (b) and Hunan (c) provinces. Data sourced from China National Coal Association (2011). The thick grey line depicts the changes in mean identified by the STARS algorithm.

Figure 8 Comparison of dating results derived from alternative $^{210}$Pb models in the sediment cores.

Figure 9 Comparison of sedimentation rates derived from the CRS, $^{137}$Cs-corrected CRS and SCPs-corrected CRS models in the sediment cores.

Figure 10 A comparison between (a) sedimentation rates derived from the SCPs-corrected CRS model and historical documents of the middle Yangtze reaches, including (b) total arable land area in Hunan, Hubei and Jiangxi provinces in the middle Yangtze reaches gathered from Cao et al. (2014), (c) total lake surface area of Hunan, Hubei and Jiangxi provinces sourced from Cui et al. (2013), (d) total capacity of
reservoirs in the Yangtze basin collated from Dai et al. (2016) and (e) suspended sediment concentration (SSC) at Datong Station sourced from Dai et al. (2016).
Table 1 Sampling locations and detailed information of the eight studied lakes. Most of the data is sourced from Wang and Dou (1998).

| Lake   | Sampling site | Sampling date | Location | Water depth (m) | Core length(cm) | Lake area (km²) | Catchment area (km²) | Dam established |
|--------|---------------|---------------|----------|-----------------|-----------------|-----------------|----------------------|------------------|
| Dongting | 29°19'46.02" 112°57'36.60" | 2013 | Hunan | 6.4 | 72 | 2500 | 257000 | - |
| Honghu  | 29°49'10.21" 113°19'36.11"  | 2015 | Hubei  | 1.9 | 87 | 344 | 8265 | 1955 |
| Futou   | 30°03'16.96" 114°12'24.67" | 2014 | Hubei  | 2.9 | 87 | 115 | 1238 | 1935,1973 |
| Luhu    | 30°14'24.99" 114°11'24.34" | 2016 | Hubei  | 2.7 | 101 | 40 | 463 | 1935,1967 |
| Shahu   | 30°34'12.18" 114°20'11.30" | 2011 | Hubei  | 2  | 66 | 3  | - | - |
| Yanxi   | 30°34'18.08" 114°28'42.49" | 2011 | Hubei  | 3.5 | 87 | 12 | 67 | 1955,1965 |
| Wanghu  | 29°52'19.05" 115°18'38.41" | 2016 | Hubei  | 3.6 | 99 | 42 | 5310 | 1967 |
| Poyang  | 29°10'8.75" 116°04'39.73" | 2016 | Jiangxi | 5.1 | 61 | 2933 | 162000 | - |
Table 2 Radiometric inventories of the eight sediment cores.

| Lake   | Unsupported $^{210}$Pb | $^{137}$Cs inventory |
|--------|------------------------|-----------------------|
|        | Surface activity Bq kg$^{-1}$ | Inventory Bq m$^{-2}$ | Flux Bq m$^{-2}$ yr$^{-1}$ | Bq m$^{-2}$ |
| Dongting | 333                    | 93778                 | 2920                  | 3665 |
| Honghu  | 462                    | 30986                 | 965                   | 597  |
| Futou   | 515                    | 30426                 | 947                   | 1309 |
| Luhu    | 324                    | 28250                 | 880                   | 1323 |
| Shahu   | 287                    | 25090                 | 781                   | 897  |
| Yanxi   | 247                    | 36367                 | 1132                  | 1625 |
| Wanghu  | 276                    | 23439                 | 730                   | 714  |
| Poyang  | 191                    | 56324                 | 1754                  | -    |
Figure 2
Figure 3
Figure 4
Figure 5
Figure 7
Figure 8
Figure 9

(a) DT

(b) HH

(c) LH

(d) FT

(e) SH

(f) YX

(g) WH

(h) PY

Legend:

- $^{137}$Cs corrected CRS
- CRS
- SCP corrected CRS
Figure 10