Emicizumab in children: bleeding episodes and outcome before and after transition to Emicizumab

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Abstract

Purpose: Real-world data and study data regarding therapy with Emicizumab in pediatric cohorts with haemophilia A is scarce. Especially, data on previously untreated pediatric patients (PUPs) and minimally treated patients (MTPs) are missing.

Methods: Thirteen pediatric patients with haemophilia A and treatment with Emicizumab were retrospectively evaluated for Annual Bleeding Rates (ABR) pre-and post-Emicizumab treatment. Safety data and data on management of minor surgery as well as laboratory results were collected. Additionally, we describe the clinical features of two PUPs and one MTP that are included in our cohort.

Results: Median age at initiation of Emicizumab was 5.3 (range: 0.26–17.5) years, three patients were younger than one year at initiation of treatment with Emicizumab. Median follow-up time on Emicizumab was 23.8 (range: 0.7–40) months. Total ABR ($p = 0.009$) as well as spontaneous ($p = 0.018$), traumatic ($p = 0.018$), and joint ($p = 0.027$) ABR reduced significantly post-Emicizumab transition. Safety profile was favourable as only one local site reaction occurred; no cessation of treatment was necessary. Surgery was successfully performed in three patients receiving rFVIIa pre- and post-surgery. Emicizumab trough levels showed a median of 43.2 μg/ml (range: 23.9–56.8) after three doses of 3 mg/kg and 51.9 μg/ml (range: 30.4–75) at first follow-up with 1.5 mg/kg.

Conclusion: Emicizumab is safe and efficient in pediatric patients with and without inhibitors. More data on larger multicenter cohorts and especially on PUPs/MTPs are still needed.

Keywords: Emicizumab, Hemlibra, Children, Annual bleeding rate

What is known—What is new?

What is known
Emicizumab significantly reduces Annual Bleeding Rate (ABR) in adults and children and has a favourable safety profile in study setting. Data on young children, especially primary untreated patients (PUPs) and minimally treated patients (MTPs) is scarce.

What is new
We add real-world data of young children, including primary untreated patients and a minimally treated patient and confirm reduction of ABR as well as a favourable safety profile in this younger cohort.
**Introduction**

Haemophilia A is a severe bleeding disorder caused by deficiency or complete lack of coagulation factor VIII (FVIII). Haemophilia A causes a chronic severe health burden due to its X-linked mode of inheritance which subjects male patients to severe bleeding episodes not only causing acute life-threatening conditions but also haemophilic arthropathy [1]. Lifelong prophylactic intravenous substitution of FVIII used to be the treatment of choice since the 1980s. In addition, patients may develop FVIII antibodies which require a frequent substitution of FVIII and/or of bypassing factors via a central venous line in the course of immune tolerance induction (ITI) [2].

In 2017, Emicizumab (Hemlibra®, Roche), a humanized bi-specific antibody was approved by the Food and Drug Administration (USA) for prophylactic treatment in patients with inhibitors. After demonstration of safety in non-inhibitor patients (HAVEN 3 study [3]), approval for all haemophilia A patients followed. Emicizumab mimics the co-factor function of FVIII, bridging activated FIX and FX [4]. A great advantage of Emicizumab is its subcutaneous application (once weekly to once every four weeks), and therefore, the benefit especially in pediatric patients remains undisputed. Annual bleeding rates (ABR) of patients, formerly treated with prophylactic FVIII, reduced when treated with Emicizumab and the safety profile revealed no serious side effects under exclusive treatment with Emicizumab [4]. Several phase III studies (HAVEN 1–4) further investigated different age cohorts, while only HAVEN 2 investigated pediatric patients ($n=85$ aged <12 years). All studies confirmed safety and efficacy of Emicizumab [3, 5–7]. Only few other studies have since investigated pediatric patients under prophylaxis with Emicizumab [8–12], especially data on PUPs and MTPs [13, 14] are limited.

For all non-factor replacement therapies like Emicizumab there is a potential risk of thrombosis. However, an increased risk of thrombosis in patients under sole Emicizumab prophylaxis or in combination with rFVII has not yet been described in clinical trials. Severe adverse events (death due to thrombotic microangiopathy) occurred under combination therapy with Factor Eight Inhibitor Bypassing Activity (FEIBA). Therefore, activated prothrombin complex concentrate is prohibited under Emicizumab therapy [5]. Other risks are anti-drug antibodies that were described in two pediatric patients (one with loss of efficacy of Emicizumab) [6] or breakthrough bleeding, mainly associated with trauma [8].

There is no standard procedure for surgery for patients with haemophilia and Emicizumab treatment in place. It is recommended to add FVIII according to the extent of the surgery in non-inhibitor patients and recombinant Factor seven a (rFVIIia) in patients with inhibitors [15].

Conventional monitoring of therapy in haemophilia patients consists of FVIII activity analysis using one stage clotting assays. Emicizumab interferes with this laboratory testing and therefore, chromogenic FVIII activity analysis is necessary. The same applies for FVIII inhibitor testing. Monitoring of Emicizumab therapy is not generally recommended, but mean steady state concentrations for different dosing intervals in clinical trials were if administered once weekly: 51,1 μg/mL [3, 5], every two weeks: 46,7 μg/mL [3] and every four weeks: 38,3 μg/mL [7]. An exposure–response model showed that ABR decrease rapidly with an increasing Emicizumab plasma concentration. Concentrations above 30 μg/mL were predicted to provide clinically meaningful control of bleeding [16]. Activated partial thromboplastin time (aPTT) values generally normalize under treatment with low doses of Emicizumab. However, this does not reflect normalization of hemostasis [17].

As real-world data regarding pediatric patients and especially PUPs and MTPs on Emicizumab is still scarce, we investigated efficacy and safety of a cohort of 13 pediatric patients treated with Emicizumab in our outpatient clinic, focusing on the intrapersonal ABR before and after initiation of treatment. We also describe the clinical characteristics of two PUPs and one MTP of this cohort.

**Methods**

**Patients**

Retrospective data analyses of 13 pediatric patients with haemophilia A (12 severe, 1 moderate) and treatment with Emicizumab was performed at our section of pediatric hemostaseology. Two out of thirteen patients were PUPs, the youngest being 3 months old at the time of treatment initiation with Emicizumab and one patient was a minimally treated patient with less than 5 exposure days to FVIII. One patient was already >18 years at the time of analysis, but <18 years at the time of transition to Emicizumab.

Study inclusion criteria were: (1) Diagnosis of haemophilia A, objectively confirmed by FVIII activity of <1% for severe and 1–5% for moderate haemophilia A and molecular genetic analysis, (2) treatment with Emicizumab, (3) regular follow-up examination and laboratory parameters at our department of pediatric hemostaseology, (4) informed consent to use data for evaluation and publication (approval of ethics committee of the University of Freiburg: 222/20 (registry study)).

Indication to transition to Emicizumab.

- Presence of inhibitors (high and low responder)
- Difficulties in venous access
• Preference of parents/patient due to easier form of application and/or hope for better compliance

Emicizumab was applied once weekly according to the manufacturer’s recommendation. The first dose of Emicizumab (3 mg/kg) was applied in our hospital to observe safety and side effects. The next two weekly loading doses of 3 mg/kg were administered by the children’s pediatrician. Emicizumab levels were screened before the fourth loading dose at our outpatient clinic. The following weekly dose consisted of 1.5 mg/kg Emicizumab.

FVIII substitution remained the treatment of choice for patients without inhibitors in case of breakthrough bleeds while on Emicizumab. For patients with inhibitors rFVIIa was employed in case of trauma or surgery. No other bypassing agent was used for any patient on Emicizumab.

Data collection
The retrospective longitudinal patient chart review of clinically derived data included: patient demographics, previous FVIII therapy (prophylactic, ITI, PUP/MTP), treated bleeds in ABR before/after transition to Emicizumab subdivided into a) total ABR, b) spontaneous ABR, c) traumatic ABR, d) joint ABR, treatment duration before/after Emicizumab, reasons for transition to Emicizumab, comorbidities, motor activity level, side effects and treatment during surgery.

Of note, ABRs were calculated to account for different lengths of therapy with prophylactic FVIII and Emicizumab and only treated bleeds were considered for analysis. Additionally, different age groups (<6 years vs. >6 years) were compared regarding ABR.

Emicizumab levels were monitored after 3 doses of the loading dose of 3 mg/kg and at every follow-up appointment under therapy with 1.5 mg/kg. A modified, aPTT-based Factor VIII assay, calibrated against Emicizumab (r2 diagnostics) was used.

In addition, aPTT before and after transition to Emicizumab was analysed and FVIII inhibitor (Bethesda assay) was measured regularly.

FVIII activity using a chromogenic substrate assay based on bovine factors (which is unaffected by the presence of Emicizumab) was also monitored. Transaminases, electrolytes and creatinine were regularly assessed.

Statistical methods
Median values and ranges were reported, and non-parametric statistics were used to test for differences in continuous variables in terms of Inhibitor-status (Mann–Whitney-U-Test). Spearman’s rank correlation was performed to measure the degree of association between the two continuously measured variables (age and ABR variables). The paired samples Wilcoxon rank test was used to compare paired data (ABR before – after treatment, <6 years—>6 years).

All p-values were 2-sided and values less than 0.05 were considered statistically significant. P values greater than 0.1 were reported as non-significant, whereas those between 0.05 and 0.1 were reported in detail. SPSS for Windows 28.0.1 (IBM Corp) was used for the statistical analysis of data.

Results
Patient demographics
Thirteen patients were included in the study. Twelve patients had severe haemophilia A, whereas one patient had FVIII-activities between <1–2%. All patients received molecular genetic testing, confirming pathogenic mutations in the FVIII-gene in all patients. Their demographics and pre-Emicizumab treatment as well as description of reasons for initiating treatment with Emicizumab are presented in Table 1.

The median age at initiation of Emicizumab treatment was 5.3 (range: 0.26–17.5) years. Three patients were younger than one year at initiation of treatment with Emicizumab. Four out of thirteen (30.8%) patients were high-responding inhibitor patients, the other 9/13 (69%) patients did not have inhibitors.

Prior treatment consisted of prophylactic FVIII-substitution: for 7/13 (53.8%) patients (25–35 IU/kg thrice weekly), of whom in one patient (patient 10) Emicizumab plus ITI was started immediately after diagnosis of a FVIII-inhibitor. Two out of thirteen (15.4%) patients were on ITI when being switched to Emicizumab. ITI had failed in one patient (7,7%), and FEIBA had been used for prophylaxis before starting Emicizumab. Two (15.4%) patients were PUPs and 1 (7.7%) was a MTP. There were 2/13 (15.4%) patients with <20 exposure days (patient 4, patient 10).

Median treatment time before transition to Emicizumab was 54 (range: 0–197) months and median follow-up time on Emicizumab was 23.8 (range: 0.7–40) months.

Efficacy
Median total ABR pre-Emicizumab was 0.25 (range: 0–4) compared to 0 (range: 0–0.5) post-Emicizumab (p=0.009), (Table 2).

In addition, median spontaneous ABR (p=0.018), traumatic ABR (p=0.018), and median joint ABR (p=0.027) were significantly reduced after transition to Emicizumab.

Twelve (92.3%) of the patients experienced no bleeds after transition to Emicizumab. There was a traumatic bleed in one patient on Emicizumab.
If patients aged > 6 years were compared to patients < 6 years, the only significant difference occurred in spontaneous ABR, which was significantly reduced post-Emicizumab in younger patients ($p = 0.016$).

There was no correlation between age and ABR. There was a tendency towards higher spontaneous ABR before Emicizumab in patients with inhibitors compared to non-inhibitor patients ($p = 0.104$), however it did not reach significance level.

One patient presented with a target joint before transition to Emicizumab (patient 13). After transition to Emicizumab, no novel bleed into that joint occurred. The latest clinical examination of that joint was without pathological findings.

Surgery
Three inhibitor-patients received minor surgery, all regarding removal of their central venous lines, while one patient additionally underwent keloid scar removal.

### Table 1: Patient characteristics

| Patient number | Age (years) | Ethnicity | Inhibitors | Prior regimen | treatment duration Pre-Emicizumab | treatment duration Post-Emicizumab | Reason to transition to Emicizumab | Comorbidities | Motor activity level |
|----------------|-------------|-----------|------------|---------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------|---------------------|
| 1              | 0.4         | Caucasian | none       | MTP<sup>a</sup> | 0                                 | 0.7 mo                            | difficult venous access, parental decision | none            | normal              |
| 2              | 2           | Caucasian | none       | PUP<sup>b</sup> | 0                                 | 12 mo                             | difficult venous access, parental decision | none            | normal              |
| 3              | 2           | Caucasian | none       | PUP<sup>b</sup> | 0                                 | 0.9 mo                            | parental decision                     | none            | normal              |
| 4              | 3           | Caucasian | none       | proph. FVIII<sup>c</sup> | 4 mo                            | 25 mo                             | difficult venous access, parental decision | none            | normal              |
| 5              | 6           | Caucasian | none       | proph. FVIII<sup>c</sup> | 4 y, 6 mo                        | 12 mo                             | increasing problems with FVIII administration | autism          | normal              |
| 6              | 9           | Caucasian | none       | proph. FVIII<sup>c</sup> | 8 y, 1 mo                        | 3 mo                              | parental decision, better feasibility (reduction of intravenous punctures and physician visits) | linguistic developmental delay | normal, very careful parents |
| 7              | 12          | African   | none       | proph. FVIII<sup>c</sup> | 10 y, 4 mo                        | 24 mo                             | parental decision                      | Juvenile idiopathic arthritis, asthma hyperreactive bronchitis | normal         |
| 8              | 15          | Caucasian | none       | proph. FVIII<sup>c</sup> | 12 y, 7 mo                        | 3 mo                              | parental decision, reduced compliance due to puberty | normal         |
| 9              | 20          | Caucasian | none       | proph. FVIII<sup>c</sup> | 16 y, 5 mo                        | 28 mo                             | change of FVIII required due to availability | none            | reduced             |
| 10             | 3           | Caucasian | high-titre | proph. FVIII<sup>c</sup>, ITI<sup>d</sup>, FEIBA<sup>e</sup> | 2 mo                             | 29 mo                             | inhibitors                           | none            | normal              |
| 11             | 6           | Caucasian | high-titre | ITI<sup>d</sup>, FEIBA<sup>e</sup> | 3 y, 2 mo                        | 24 mo                             | inhibitors                           | ADHD<sup>f</sup> | high                |
| 12             | 9           | Caucasian | high-titre | ITI<sup>d</sup>, FEIBA<sup>e</sup> | 5 y, 5 mo                        | 33 mo                             | inhibitors                           | none            | normal              |
| 13             | 15          | Caucasian | high-titre | failed ITI<sup>d</sup>, FEIBA<sup>e</sup> | 11 y                             | 40 mo                             | inhibitors                           | none            | normal              |

<sup>a</sup> MTP Minimally treated patient, <sup>b</sup>PUP Previously untreated patient, proph. <sup>c</sup>FVIII Prophylactic treatment with FVIII, <sup>d</sup>ITI Immune tolerance induction, <sup>e</sup>FEIBA Factor Eight Inhibitor Bypassing Activity, <sup>f</sup>ADHD Attention Deficit Hyperactivity Disorder
Table 2  Annual Bleeding Rate and laboratory results before and after transition to Emicizumab

| Patient number | ABR total Pre-Emicizumab | ABR total Post-Emicizumab | ABR spont.\(^{*}\) Pre-Emicizumab | ABR spont.\(^{*}\) Post-Emicizumab | ABR traumatic Pre-Emicizumab | ABR traumatic Post-Emicizumab | ABR joint Pre-Emicizumab | ABR joint Post-Emicizumab | Emicizumab (μg/ml) level after 3 doses (3 mg/kg) | Emicizumab level at first follow-up (1.5 mg/kg) |
|----------------|---------------------------|---------------------------|-----------------------------------|-----------------------------------|-------------------------------|-------------------------------|--------------------------|--------------------------|----------------------------------|----------------------------------|
| 1              | 4                         | 0                         | 0                                 | 0                                 | 4                             | 0                            | 0                        | 0                        | 56.8                             | 56.8                             |
| 2              | 0                         | 0                         | 0                                 | 0                                 | 0                             | 0                            | 0                        | 0                        | 34.4                             | 68.4                             |
| 3              | 1                         | 0                         | 0                                 | 0                                 | 1                             | 0                            | 0.5                      | 0                        | 51.9                             | 51.9                             |
| 4              | 0                         | 0                         | 0                                 | 0                                 | 0                             | 0                            | 0                        | 0                        | 49.9                             | 75                               |
| 5              | 0.16                      | 0                         | 0                                 | 0                                 | 0                             | 0                            | 0                        | 0                        | 37.4                             | 66.3                             |
| 6              | 15                        | 0.25                      | 0                                 | 1.13                              | 0                             | 0.5                          | 0                        | 0                        | 43.2                             | 51.6                             |
| 7              | 0.08                      | 0                         | 0.1                               | 0                                 | 0                             | 0                            | 0                        | 0                        | 41.4                             | 49.9                             |
| 8              | 0.53                      | 0                         | 0.16                              | 0                                 | 0.24                          | 0                            | 0.16                     | 0                        | 48.4                             | 51.8                             |
| 9              | 0.04                      | 0.18                      | 0                                 | 0.24                              | 0.06                          | 0.18                         | 0                        | 0                        | 43.7                             | 63.5                             |
| 10             | 0                         | 0                         | 0                                 | 0                                 | 0                             | 0                            | 0                        | 0                        | 35.1                             | 56.1                             |
| 11             | 0.33                      | 0.33                      | 0                                 | 0.33                              | 0.33                          | 0                            | 0.33                     | 0                        | 23.9                             | 30.4                             |
| 12             | 0.11                      | 0.18                      | 0                                 | 0                                 | 0                             | 0                            | 0                        | 0                        | 39.6                             | 38.1                             |
| 13             | 1.55                      | 1                         | 0                                 | 0.27                              | 0.63                          | 0                            | 0.63                     | 0                        | 52.1                             | 41.7                             |
| Median (Min–Max) | 0.25             | 0                         | 0.05                              | 0.23                              | 0                             | 0.06                         | 0                        | 0                        | 43.2                             | 51.9                             |

\(^{*}\) spont Spontaneous

\(^{p<0.05}\)
All of them received one pre-operative dose of rFVIIa (~ 100 µg/kg). Two patients received two additional post-operative FVIIa substitutions after surgery and on the first postoperative day. The patient with keloid scar removal received a total of 6 postoperative doses rFVIIa until 3 days post-surgery. No peri- or postsurgical bleeding occurred.

**PUPs/MTPs**

The two PUPs and one MTP are presented in detail.

**Patient 1 (PUP)**

A 9-month-old boy was referred to our outpatient department because of recurrent hematoma. A diagnosis of severe haemophilia A was made based on a reduced FVIII activity (< 1%). No other bleeding event had occurred. The parents received comprehensive and repeated education and opted for Emicizumab as primary prophylaxis, since i.v. injections were very challenging in this patient. After head trauma, the patient once received plasmatic FVIII in addition to his Emicizumab prophylaxis and did not develop any bleeding. Molecular genetic testing revealed a hemizygous variant of the FVIII-gene (c.[5188A > G];[0] p.(Met1730Val)). Follow-up examinations (12 months) did not show any signs of inhibitors against FVIII and no bleeding had occurred.

**Patient 2 (PUP)**

A 3.5-year-old boy was diagnosed with haemophilia A after a traumatic joint bleed of the ankle. Medical history only revealed one extended mucocutaneous bleeding at the age of 1.5 years. FVIII activity was < 1% and 2%, respectively. Molecular genetic analysis revealed a hemizygous FVIII-gene variant (c.[5339C > T];[0] p.(Pro1780Leu)). Because of the increased bleeding symptoms, a prophylaxis using Emicizumab was initiated based on parental preference. Follow-up examinations (2 months) did not show any signs of inhibitors against FVIII and no bleeding had occurred.

**Patient 3 (MTP)**

At the time of diagnosis, a 3-month-old boy had already suffered from postnatal cephalic hematoma that required transfusion of red blood cells, but no further diagnostics were initiated. After persistent bleeding following frenectomy, coagulation studies were initiated, and severe haemophilia A was diagnosed. The initial treatment of the acute bleeding consisted of 5 substitutions with plasmatic FVIII (30 IU/kg). Because venous access was very difficult, the parents asked for prophylactic treatment with Emicizumab, which was initiated shortly after. In addition, the boy received prophylactic FVIII-substitution once weekly (30 IU/kg). Molecular genetic testing revealed a missense mutation of the FVIII-gene (c.[1043G > A];[0] p.(Cys348Tyr)). Follow-up examination after 3 months did not show any signs of inhibitors against FVIII and no other bleeding episodes occurred so far.

**Emicizumab levels.**

Emicizumab trough levels after three doses of 3 mg/kg (= before 4th dose) showed a median of 43.2 µg/ml (range: 23.9–56.8) and at first follow-up (with 1.5 mg/kg) increased to 51.9 µg/ml (range: 30.4–75). Median follow-up Emicizumab testing was performed after 67 days (range: 42–163), (Table 2).

**aPTT levels**

aPTT decreased inversely to Emicizumab levels from median 110 s. (range: 71–>140) to 27 s. (range: 23–40).

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![Fig. 1 Local site reaction after subcutaneous injection of Emicizumab](image-url)
FVIII activity levels
Regarding FVIII activity levels using the chromogenic assay with bovine factors, all patients had FVIII activity levels of <3.3% after transition to Emicizumab.

Safety
Two patients presented with local skin reaction at the injection site after the first Emicizumab dose. One of the two patients recurrently showed urticaria at injection site after every injection (Fig. 1). We performed skin prick test to exclude allergic reaction to Emicizumab or other contents of the medication. No skin reaction occurred during prick test. Deeper subcutaneous injection improved the clinical symptoms remarkably. No patient developed thrombosis, thrombotic microangiopathy, renal failure, liver function impairment or blood count abnormalities. No cessation of treatment was necessary in any patient due to side effects.

Discussion
Data on efficacy and safety of Emicizumab in children, especially in young children <3 years and PUPs is still scarce. Between 2019–2021 several publications have reported the use of Emicizumab in children, including about 40 children under the age of 3 years [8, 9, 11–13]. All studies showed similar results regarding reduction of ABR, safety and laboratory results as adult cohorts. But especially PUPs demand special attention, because avoiding FVIII exposure might impose a higher risk of inhibitor development on these patients in case of breakthrough bleeding or surgery [18].

This current study provides additional evidence on efficacy and safety of Emicizumab in 5 children < the age of 3 years, two PUPs and one MTP. Our data show that the ABR significantly reduced under Emicizumab, regardless of age and inhibitor status. There were no spontaneous breakthrough bleeds during the long follow up-time of 24 months in our study. Other studies presented data of up to 50% breakthrough bleeds on Emicizumab [8].

Regarding PUPs, there is still no standardized recommendation regarding primary prophylaxis with Emicizumab in very young children. In 2020, the Society for Thrombosis und Hemostasis (GTH) published a guidance regarding the use of Emicizumab that stated a 92% agreement rate to the statement that “The decision to use Emicizumab in small children, especially PUPs, has to be made on an individual base” [15]. Published studies of pediatric patients on Emicizumab included three PUPs and one minimally treated patient in a total cohort of 52 individuals [14] and one PUP in the HOHOEMI study [13]. Both studies reported no other safety profiles or differences in efficacy compared to the other pediatric studies.

Therefore, our study adds to the data that, although haemostasis may still be developing in young children and FIX -activities may be low during the first months of life, efficacy in terms of reduction of ABR of Emicizumab is nevertheless comparable to adults. In addition, the same dosing can reach stable levels of Emicizumab. We were able to confirm this finding in children under the age of 3 years. We also report on two PUPs and one MTP that experienced no complications while being treated with Emicizumab. This was independent of whether Emicizumab was the initial treatment, initiated upon occurrence of inhibitors or administered in combination with FVIII.

Although this current study provides crucial information about treatment of PUPs, future studies, e.g. the Haemophilia Inhibitor Prevention Trial (NCT04303559) on PUPs, will provide more extensive data on this particular group and add valuable insight. Additionally, the HAVEN 7 study is ongoing, entitled: A Study to Evaluate the Efficacy, Safety, Pharmacokinetics, and Pharmacodynamics of Subcutaneous Emicizumab in Participants From Birth to 12 Months of Age With Hemophilia A Without Inhibitors [19].

Currently, there is still an ongoing debate on eradication of inhibitors in the era of Emicizumab. Most experts argue that inhibitor eradication by ITI should be initiated to be able to use FVIII products in case of breakthrough bleeds or surgery. Others argue that Emicizumab is efficient to prevent bleeding and therefore, ITI is not mandatory [20–22]. The German expert panel of the GTH recommended that one treatment trial with ITI should be offered to patients on Emicizumab [23]. Our cohort consisted of four high-titre inhibitor patients of whom three had already received several years of ITI long before transition to Emicizumab. One patient was transitioned to Emicizumab and additional ITI according to the Atlanta-Protocol (3 x 100/IU/kg weekly) immediately after diagnosis of high-titre inhibitors. Due to very difficult venous access and parental decision, ITI was terminated in this patient after a total of 2,5 years on ITI. Overall, none of our patients had a breakthrough bleed and according to patients and parents perspective, quality of life improved significantly.

In our cohort injection site reactions including minor skin reddening resembled previous reports [6]. We used a skin prick test to exclude acute allergic reaction to Emicizumab. Deeper deposition of the Emicizumab (still on the subcutaneous level) led to no more local site reaction in this patient. No other safety issues occurred during the study period.

We show that minor surgery in patients receiving Emicizumab prophylaxis is safe and that no bleeding or thrombosis occurred, even if few doses of rFVIIa were
administered additionally [5]. Nevertheless, treatment strategies in case of major trauma or other major surgery should still be investigated in further studies.

Lastly, we demonstrate that efficient Emicizumab levels were reached already after 3 doses of 3 mg/kg and were stable at follow-ups in most patients. This went along with the already well documented effect of shortening the aPTT [8, 17].

This study has some limitations, especially due to its retrospective design and limited number of patients. This makes statistical analysis vulnerable for outliers and generalization of results must be considered carefully. One example is patient 1, who experienced two bleeds in 6 months and therefore has an ABR of 4, which is very high compared to our cohort in total. The retrospective design also limited the analysis to treated bleeds alone, as only these bleeds are thoroughly documented in patient data. Additionally, the follow-up period in some patients is short and there was only one bleed on Emicizumab. Therefore, at the time of this study we are unable to contribute any information on FVIII inhibitor development in case of bleeding on Emicizumab.

In the future, there might be patients in this cohort being treated with different dosing regimen (e.g. once every four weeks) and further studies with other dosing regimens may offer new insights.

In conclusion, we report longitudinal data on a small pediatric cohort including two PUPs and three MTPs that were treated safely and efficiently with Emicizumab. The debate on ITI and treatment decision making on PUPs/MTPs in the era of Emicizumab must be validated by larger cohorts.

Abbreviations

ABR: Annual bleeding rate; aPTT: Activated partial thromboplastine time; FVIII: Factor eight; FEIBA: Factor Eight Inhibitor Bypassing Activity; GTH: Gesellschaft für Thrombose und Hämostase (Society for Thrombosis und Hemostasis); ITI: Immune tolerance induction; MTP: Minimally treated patient; PUP: Primary untreated patient; rFVIIa: Recombinant Factor FVII a.

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Authors’ contributions

HG performed regular clinical assessment of patients, collected the data, performed the data analysis and drafted the manuscript. FA performed regular clinical assessment of patients and substantially revised the manuscript. FK and SM revised the manuscript. MB performed the laboratory testing and revised the manuscript. BZ provided data and study oversight, contributed and SM revised the manuscript. MB performed the laboratory testing and clinical assessment of patients and substantially revised the manuscript. FK performed the data analysis and drafted the manuscript. FA performed regular clinical assessment of patients, collected the data, performed the data analysis and drafted the manuscript.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Declarations

Ethics approval and consent to participate

Ethics approval by the Ethics Committee of the University of Freiburg was obtained prior to inclusion of patients into the retrospective analysis. All methods were carried out in accordance with relevant guidelines and regulations. Parents gave written informed consent to participate in this study.

Consent for publication

Written informed consent was obtained from the parents for publication.

Competing interests

All authors have no competing interests to declare pertaining to this manuscript.

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