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| Citation | Wildeman, Christopher, E. Ann Carson, Daniela Golinelli, Margaret E. Noonan, and Natalia Emanuel. 2016. "Mortality among white, black, and Hispanic male and female state prisoners, 2001–2009." SSM - Population Health 2 (1): 10-13. doi:10.1016/j.ssmph.2015.12.002. http://dx.doi.org/10.1016/j.ssmph.2015.12.002. |
|---|---|
| Published Version | doi:10.1016/j.ssmph.2015.12.002 |
| Citable link | http://nrs.harvard.edu/urn-3:HUL.InstRepos:34869076 |
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Short report

Mortality among white, black, and Hispanic male and female state prisoners, 2001–2009

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A R T I C L E   I N F O

Article history:
Received 23 September 2015
Received in revised form
2 December 2015
Accepted 2 December 2015

Keywords:
Imprisonment
Mortality
Population health
Racial disparities

A B S T R A C T

Although much research considers the relationship between imprisonment and mortality, little existing research has tested whether the short-term mortality advantage enjoyed by prisoners extends to Hispanics. We compared the mortality rates of non-Hispanic white, non-Hispanic black, and Hispanic male and female state prisoners to mortality rates in the general population using data from the Deaths in Custody Reporting Program, the National Prisoner Statistics, the National Corrections Reporting Program, and the Centers for Disease Control and Prevention. The results indicate that the mortality advantage for prisoners was greatest for black males, followed by black females, Hispanic males, white females, and white males. Hispanic female prisoners were the only group not at a mortality advantage relative to the general population, with an SMR of 1.18 [95% CI: 0.93–1.43]. Taken together, the results suggest that future research should seek to better understand the curious imprisonment–mortality relationship among Hispanic females, although given the small number of inmate deaths that happen to this group (~0.6%), this research should not detract from broader research on imprisonment and mortality.

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1. Introduction and background

On any given day, 1.5 million Americans are imprisoned (Carson & Golinelli, 2013), prompting interest in the health and wellbeing of prisoners (Binswanger, Krueger & Steiner, 2009; Mumola, 2007; Noonan, 2012; Patterson, 2010; Rosen, Wohl & Schoenbach, 2011; Schnittker & John, 2007; Spaulding et al., 2011; Wilper et al., 2009; Fazel & Baillargeon, 2011). Some, although certainly not all, of this research has compared the mortality risks of prisoners to individuals in the general population, finding consistent evidence of a mortality advantage for black male prisoners and somewhat less consistent evidence of a mortality advantage for black female prisoners and white male and female prisoners (Noonan, 2012; Patterson, 2010; Rosen et al., 2011; Spaulding et al., 2011).

Largely missing from the literature on the mortality of prisoners is a consideration of Hispanic prisoners. This oversight is problematic for three reasons. First, as 20% of prisoners are Hispanic (Carson & Golinelli, 2013), knowing if there is a unique imprisonment–mortality relationship for Hispanics is vital for understanding this relationship more broadly. Second, because the relationship between socioeconomic status and mortality is different for Hispanics than other groups in the United States (Franzini, Ribble & Keddie, 2000), it would be reasonable to assume that the imprisonment–mortality relationship might be different for Hispanics than for other groups. Finally, inattention to Hispanics is not confined to research on the imprisonment–mortality relationship but is instead endemic to the broader research on the consequences of imprisonment (Wildeman & Muller, 2012), a pressing oversight that must be rectified if researchers are to better understand the causes and consequences of imprisonment. This report fills this gap by considering the imprisonment–mortality relationship for non-Hispanic white (hereafter white), non-Hispanic black (hereafter black), and Hispanic males and females.

2. Data and analytic strategy

2.1. Data

We use three sources for estimating the crude and age-specific mortality rates of state prisoners: the Deaths in Custody Reporting
2.2. Analytic strategy

Wonder. In the second, we present age-adjusted mortality rates for state prisoners using data from the DCRP, and analyze (Centers for Disease Control and Prevention, 2014a,b) the number of individuals in the population by age, sex, and race/ethnicity through CDC Wonder for the nine years of data we provide information on the number of deaths and ethnicity is missing in the NCRP, we impute it assuming that they are based on individual records rather than aggregate counts and include all inmates who die in the custody of a state prison rather than only those who are currently sentenced as a state prisoner. The DCRP also include extensive information on the age, sex, race/ethnicity, and cause of death for all deaths.

Data from the National Prisoner Statistics (hereafter NPS) and the National Corrections Reporting Program (hereafter NCRP) provide the numerator. Because both datasets provide year-end estimates of state prisoners, we average estimates of the year-end prison population to generate midyear population estimates, which we use as the denominator for all analyses. In order to generate age-specific estimates of prisoners by race/ethnicity and sex, we apply the age distribution from the NCRP to the custody count totals from the NPS, which has information on the prison population, but not on its age distribution. By combining these datasets, we generate precise counts of state prisoners by race/ethnicity and sex—because the NPS are weighted by race/ethnicity and the age distribution of white, black, and Hispanic male and female state prisoners in the NCRP is similar. Because of this, missingness on race/ethnicity in the NCRP will have a minimal effect on our results. When race/ethnicity is missing in the NCRP, we impute it assuming that they are missing completely at random.

Data from the Centers for Disease Control and Prevention (hereafter CDC) provide information on the number of deaths and the number of individuals in the population by age, sex, and race/ethnicity through CDC Wonder for the nine years of data we analyze (Centers for Disease Control and Prevention, 2014a,b).

2.2. Analytic strategy

Our analysis proceeds in three stages. In the first, we present crude mortality rates for state prisoners using data from the DCRP, NPS, and NCRP and the general population using data from CDC Wonder. In the second, we present age-adjusted mortality rates under the counterfactual scenario in which all individuals in the prison population and the total general population had the age distribution of the total population. In the third, we present standardized mortality ratios (SMRs) based on the age-adjusted estimates presented in the second stage.

In each stage of the analysis, we provide estimates based on the population. We do not include state-specific analyses, and we base all analyses on the total number of deaths in the entire period. Although our results provide descriptive insight into the imprisonment–mortality association, they should not be interpreted causally, as research provides reasons both to expect our analyses to underestimate (Massoglia & Pridemore, 2015) or overestimate (Bacak & Wildeman, 2015) the protective effect of imprisonment.

3. Results

3.1. Deaths and denominators

Before moving on to the results it is worth noting, as Table 1 does, the proportion of state inmate deaths that happen in each of the six race/ethnicity by sex groups. Of the 16,168 state inmates who died over this period, 41.4% (6686) were white males, 41.1% were black males (6638); 12.2% were Hispanic males (1973), 2.2% were white females (353), 2.6% were black females (428), and only 0.6% were Hispanic females (90). Thus, even though the analyses we present below are the first to thoroughly consider the imprisonment–mortality association for Hispanic state inmates, these groups combined make up only 12.8% of all deaths among state inmates over this period. As such, although our analyses are important for how they round out knowledge about the imprisonment–mortality association, the size of the groups affected remains small.

3.2. Crude mortality rates

Table 2 compares the crude mortality rates of prisoners with the mortality rates of individuals in the general population. Consistent with previous research, crude mortality rates are statistically significantly lower for prisoners than for members of the population. This is especially the case for black male prisoners, whose mortality rate is about one-third that of black males in the general population (152 per 100,000 relative to 472 per 100,000), but it is also the case for white males, Hispanic males, black females, and white females. The one group of prisoners that is not at a statistically significant mortality advantage is Hispanic females, whose mortality rate is 97 per 100,000, which is lower, although not statistically significantly so [95% CI: 77–117], than the mortality rate of Hispanic females in the population at 105 per 100,000 [95% CI: 104–105].

Table 1

| Race/Ethnicity | 18–24 | 25–34 | 35–44 | 45–54 | Total |
|---------------|-------|-------|-------|-------|-------|
|               | N     | D     | N     | D     | N     | D     | N     | D     |
| Male White    | 1,796,202 | 543 | 3,713,397 | 2025 | 3,216,136 | 4901 | 1,804,625 | 8699 | 10,530,360 | 16,168 |
| Male Black    | 509,970 | 211 | 1,107,498 | 700 | 1,153,588 | 1901 | 726,907 | 3874 | 4,361,063 | 6686 |
| Male Hispanic | 383,646 | 70  | 784,906  | 305 | 519,967  | 604  | 242,312 | 994  | 1,930,831 | 1973 |
| Female White  | 45,148 | 20  | 129,919  | 55  | 137,405  | 113  | 64,354  | 376 | 376,826  | 353  |
| Female Black  | 34,104 | 9   | 90,288   | 56  | 99,592   | 172  | 46,616  | 270 | 270,600  | 428  |
| Female Hispanic| 14,599 | 3   | 36,283   | 17  | 11,689   | 34   | 93,077  | 90  | 93,077   | 90   |

Table 1

Number of state prisoners (N) and deaths (D) for males and females aged 18–54 in state prison by race/ethnicity, 2001–2009.
3.3. Age-standardized mortality rates

Table 3 provides the same comparison of mortality rates across the imprisoned population and the general population. Age-standardizing to the age distribution of the total population of individuals in the general population leads to markedly higher mortality rates for prisoners, which is not surprising since the age distribution of inmates is well-known to be markedly younger than the age distribution of the general population. Nonetheless, with the exception of Hispanic females, prisoners continue to have a lower mortality rate than individuals in the general population. And these differences, moreover, continue to be substantial in most cases.

After age-standardization, Hispanic female prisoners are at a mortality disadvantage—at 137 per 100,000 relative to 117 per 100,000 for Hispanic females in the general population—but the difference is not statistically significant. Nonetheless, this result provides preliminary support for the idea that the imprisonment–mortality relationship is unusual for Hispanic females.

3.4. Standardized mortality ratios

Table 4 presents standardized mortality ratios for prisoners relative to the general population, as well as observed and expected death counts for state prisoners in each of these six groups. Consistent with the results from previous sections, the SMR is lowest for black males at 0.42 [95% CI: 0.41–0.43], with black female prisoners [SMR=0.67; 95% CI: 0.60–0.73] and Hispanic male prisoners [SMR=0.68; 95% CI: 0.64–0.71] having the next lowest SMRs. White male and female prisoners had higher SMRs, at 0.77 and 0.83 respectively, indicating a smaller mortality advantage for prisoners. Hispanic females, with an SMR of 1.18 [95% CI: 0.93–1.43] relative to Hispanic females in the general population, were the one group of prisoners that did not have a statistically significant mortality advantage over individuals in the general population. Although the SMR for Hispanic females was not statistically significant at the conventional .05 level, it was statistically significant at the .10 level. And it was also substantial, indicating that Hispanic female prisoners died at a rate 18% higher than Hispanic females in the population.

Because of the small number of excess deaths for Hispanic female state prisoners (14) and the statistical insignificance of the SMR for this group, there is only weak evidence that imprisonment is associated with elevated mortality for Hispanic females. Nonetheless, since the results for the other five groups imply that imprisonment is associated with lower mortality, there is still evidence that the imprisonment–mortality association is different for Hispanic females.

### Table 2
Crude mortality rates (per 100,000) for males and females aged 18–54 in state prison and in the general population by race/ethnicity, 2001–2009.

| Incarcerated | General |
|-------------|---------|
| Rate | 95% CI | Rate | 95% CI |
| Total | 154 | 151 | 156 | 239 | 239 | 239 |
| Male | 191 | 187 | 196 | 281 | 280 | 281 |
| White | 191 | 187 | 196 | 281 | 280 | 281 |
| Hispanic | 102 | 98 | 107 | 212 | 211 | 213 |
| Female | 94 | 84 | 103 | 164 | 163 | 164 |
| White | 158 | 143 | 173 | 307 | 306 | 309 |
| Hispanic | 97 | 77 | 117 | 105 | 104 | 105 |

### Table 3
Adjusted mortality rates (per 100,000) for males and females aged 18–54 in state prison and in the general population by race/ethnicity, 2001–2009.

| Incarcerated | Total |
|-------------|-------|
| Rate | 95% CI | Rate | 95% CI |
| Total | 210 | 207 | 213 | 237 | 236 | 237 |
| Male | 232 | 226 | 237 | 280 | 280 | 280 |
| White | 232 | 226 | 237 | 280 | 280 | 280 |
| Hispanic | 171 | 163 | 178 | 252 | 251 | 253 |
| Female | 119 | 107 | 132 | 156 | 155 | 156 |
| White | 194 | 176 | 212 | 293 | 292 | 294 |
| Hispanic | 151 | 139 | 166 | 171 | 116 | 118 |

### Table 4
Standardized mortality ratios (SMRs) of male and female state prisoners aged 18–54 relative to males and females in the general population aged 18–54 by race/ethnicity, 2001–2010.

| Deaths | SMR | 95% CI |
|-------|-----|--------|
| Observed | Expected |
| Total | 16,168 | 18,186 | 0.89 | 0.87 | 0.90 |
| Male | Black | Hispanic |
| White | 281 | 280 | 281 | 280 | 280 | 0.83 | 0.81 | 0.85 |
| Black | 6638 | 15,805 | 0.42 | 0.41 | 0.43 |
| Hispanic | 1973 | 2901 | 0.68 | 0.64 | 0.71 |
| Female | Black | Hispanic |
| White | 353 | 458 | 0.77 | 0.68 | 0.84 |
| Black | 428 | 639 | 0.67 | 0.60 | 0.73 |
| Hispanic | 90 | 76 | 1.18 | 0.93 | 1.43 |

### 4. Discussion

Despite the substantial literature on the imprisonment–mortality relationship, no previous research has assessed how this relationship varies across race/ethnicity, even if some research in this area does report crude mortality rates for Hispanic prisoners. The goal of this research note was to provide a more complete portrait of the imprisonment–mortality relationship by estimating this relationship for white, black, and Hispanic males and females using the same methods.

The results provide support for two conclusions. First, most inmates enjoy a mortality advantage over same-sex and same-race/ethnicity individuals in the general population, with the advantage largest for black males, a group which represents roughly 2 in 5 of deaths among state prisoners according to Table 1 (Patterson, 2010). Second, the one group of prisoners that does not enjoy a statistically significant mortality advantage is Hispanic females, a group which represents roughly 1 in 200 deaths among state prisoners according to Table 1. And, in fact, Hispanic female prisoners die at a rate about 18% higher than similarly-aged Hispanic females in the population, although this difference is not statistically significant at the .05 level (though it is at the .10 level). In supplementary analyses that considered other Bureau of Justice Statistics data on Hispanic female prisoners, we confirmed these differences were not driven by Hispanic female prisoners being more disadvantaged than other prisoners in length of stay, offense type, or average age, indicating that the drivers of these relationships are not related in any discernible way to differences in the severity of criminal justice contact among Hispanic females. Although it is unclear why Hispanic female state prisoners seem to benefit the least—or even suffer—in terms of mortality reductions as a result of their imprisonment, it may be the case that this pattern is partially driven by the very low mortality rates of Hispanic females in the general population and partially driven by the
fact that Hispanic females who experience incarceration may disproportionately come from subgroups of the Hispanic population who experience high mortality rates (e.g., Puerto Ricans) relative to other subgroups (e.g., Mexican immigrants) (Rumbaut, 2008).

Nonetheless, the analyses presented here have two serious limitations. First, we provide no insight into why the imprisonment–mortality association is different for Hispanic females than for other groups (although we do hypothesize briefly above). Second, and as has long been documented in critiques of this broader area (Wildeman, 2011), the associations presented here are not causal.

In order to overcome these limitations, we provide two suggestions for future research. First, consistent with previous critiques of this area (Wildeman, 2011), we suggest providing stronger causal tests of the relationship between imprisonment, release, and mortality. Such tests could rely on exogenous shocks to the imprisonment–mortality association for Hispanic females than for other groups (although we do hypothesize briefly above). Second, as has long been documented in critiques of this broader area (Wildeman, 2011), the associations presented here are not causal.

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Acknowledgments

This work was funded by a Bureau of Justice Statistics Visiting Fellowship for Christopher Wildeman, which was awarded by the Department of Justice through the Office of Justice Programs (#2012-R2-CX-K024).

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