King Abdullah International Medical Research Center (KAIMRC)

Memo Ref. No. IRBC/0744/20 E-CTS Ref. No. RYD-20-419812-63995

Study Number: RJ20/082/3
Study Title: The Impact of Coronavirus disease 2019 (COVID-19) Lockdown on Diabetic Patients Attending Primary Health Care Centers in Jeddah, Saudi Arabia
Study Sponsor: Non Grant
IRB Approval Date: 19 May 2020
IRB Review Type: Expedited Review
Study site(s): Western Region

Dear Dr. Abdullah Mohammad Al-Zahrani
Assistant Professor of Family Medicine, Consultant Family Medicine, Diabetologist, KAMC, Jeddah
Ministry of National Guard – Health Affairs

Sub-investigators: Dr. Lama Nashat Ghandoura, Dr. Alhussain Saad Alzahrani and Dr. Reem Jalal Alshareef

After reviewing your submitted research proposal/protocol and related documents, the IRB has APPROVED the submission.

The approval includes the following related documents:

| Document/Title       | Version | Date       |
|----------------------|---------|------------|
| Research Proposal    | 01      | 19 May 2020|
| Informed Consent     | 01      | 19 May 2020|
| Data Collection      | 01      | 19 May 2020|

The approval of the research study is valid for one year from the above approval to expiration date.

Terms of Approval:
- Annual Reports: An Annual report must be submitted for approval to avoid termination/suspension of your research.
- Financial report: If your study is funded project, details financial report should be submitted with the scientific report.
- Final Report: After completion of the study, a final report must be forwarded to the IRB.
- Retention of original data: The PI is responsible for the storage and retention of original data pertaining to the project for a minimum of five years.
- Reporting of adverse events or unanticipated problems: The PI is responsible to report any serious unexpected adverse events or unanticipated problems, which could involve any risk to participants or others, or any event on incidents that may have impact on the research or participants.
- Biological samples: No biological samples to be shipped out of the Kingdom of Saudi Arabia without prior IRB approval.
- Participant incentives: No financial compensation or gifts to be given to participants without prior IRB approval.
- Storage of biological samples: All biological samples collected for the purpose of this research must be stored in the KAIMRC related repository.
- You will need to resubmit the proposal to the IRB for review and re-approval before implementing any changes to the approved proposal.
- It is possible that the IRB may decide that the proposed new changes may exclude the proposal from being accepted for exempt review.
- It is your responsibility to safely store the data collected.

Prof. Abdullah Al Sayyari
Chairman, Institutional Review Board (IRB)
Ministry of National Guard – Health Affairs

21 MAY 2020