Dabrafenib and Trametinib in BRAF Mutant Metastatic Conjunctival Melanoma

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Conjunctival melanoma is a rare primary ocular tumor. So far, no standard treatment exists for metastatic disease. Similarly to cutaneous melanoma, up to 50% of conjunctival melanomas harbor BRAF mutations. The most common is represented by V600E. Combined therapy with BRAF and MEK inhibitors is approved for BRAF mutant cutaneous metastatic melanomas. Herein, we report a case of a 70-years old patient with a metastatic conjunctival melanoma harboring V600E BRAF mutation successfully treated with dabrafenib and trametinib.

Keywords: BRAF, MEK, target therapy, conjunctival, melanoma

INTRODUCTION

Conjunctival malignant melanoma is a rare primary ocular tumor with an incidence of 0.2–0.7 per million in Europe and the US (1, 2). Metastases in conjunctival melanoma spread through lymphatic and hematic way, reaching lungs, liver, skin, and brain (3–5). Ten-year mortality rate of conjunctival melanoma is ∼30% (5–7). So far, no standard treatment is approved for metastatic conjunctival melanoma.

The Ras/Raf/Mitogen-activated protein kinase (MAPK) pathway has been described as one of the most important regulatory pathways involved in melanoma development (8, 9). MAPK is a signaling cascade starting from receptor-linked tyrosine kinases that activate Ras, then B-raf, MEK1 and MEK2 and finally ERK, that regulates transcriptional factors involved in proliferation, differentiation, apoptosis, and senescence. Around 40–50% of cutaneous melanomas harbor BRAF mutations, that appear at an early stage of tumor development. In fact, activating BRAF mutations have a pro-oncogenic effect. The most common mutation is represented by the substitution of a valine with glutamic acid in the codon 600 (V600E), that increases the catalytic activity of B-rat (10, 11).

Conjunctival melanoma has not been completely characterized at the level of genetics, however, BRAF mutations have been reported in up to 50%, with V600E as the most frequent one (around 80–90%), followed by V600K (2, 8, 12–15).

Treatment with the BRAF inhibitor dabrafenib and the MEK inhibitor trametinib is approved for V600-BRAF mutant patients with cutaneous but not conjunctival melanomas (16–18). In fact, due to its rarity, conjunctival melanoma patients are not included in most clinical trials with BRAF or MEK inhibitors.
Herein, we present a case of a patient with metastatic conjunctival melanoma harboring BRAF V600E mutation who was effectively treated with dabrafenib and trametinib. To the best of our knowledge, there is no previously described treatment response to dabrafenib and trametinib in metastatic conjunctival melanoma.

CASE DESCRIPTION

A 70-years-old Caucasian man presented in April 2016 with a pigmented lesion of about 1 cm located in the temporal limbus of the left bulbar conjunctiva (Figure 1). Patient was in good clinical conditions; the Eastern Cooperative Oncology Group Performance Status (ECOG PS) was 0. No relevant comorbidities or concomitant medications existed. The patient was an officer employee and had no familiarity for neoplasms nor environmental risk factor exposure. The patient underwent a complete excisional biopsy of the bulbar conjunctiva. The histological analysis demonstrated a conjunctival melanoma with a thickness of 0.3 cm. The extracted DNA was amplified with specific primers for exon 15 of BRAF gene and then sequenced. Codon 600 was also analyzed through Idylla™ BRAF mutation test. The heterozygote mutation of codon V600 was detected, but the specific aminoacidic substitution was not identified due to the scarcity of histological tissue.

In July 2017, the patient noticed a tumefaction of the right parotid region. The 18fluoro-desossi-glucose (FDG) positron emission tomography (PET)/computerized tomography (CT) scan showed an uptake in a nodule of the right parotid gland (ø 23 mm) and latero-cervical lymph node metastases with a maximal standard uptake value (SUV) of 4.4. The fine needle aspiration cytology (FNAC) revealed melanoma cells. Therefore, the patient underwent a right parotidectomy with latero-cervical lymph node dissection. The histologic exam confirmed the presence of metastatic melanoma. Metastasis of melanoma was also detected in 1/13 lymph nodes. There was no evidence of extra nodal invasion. The extracted DNA was amplified with specific primers for exon 15 of BRAF gene and then sequenced. V600E mutation (T1799A) was detected.

The 18FDG PET scan after intervention (October 2017), revealed a residual tumor in the lymph nodes located in left retro-mandibular and latero-cervical areas (maximal SUV 3.9) and a nodule in the mesenteric adipose tissue in right hypogastrum (Figure 2A). LDH was 700 IU/L (ULN 450 IU/L). Other cases of BRAF mutant conjunctival melanoma experienced a disease control with BRAF inhibition therapy (Table 1). In metastatic cutaneous melanoma, the combination of anti-BRAF and anti-MEK demonstrated better survival results vs. anti-BRAF alone. Indeed, we hypothesized that the target combination therapy could be the best option also for this BRAF mutant conjunctival melanoma patient. The combination of these drugs is not approved for conjunctival melanoma, thus we requested the off-label use in accordance with our institutional policy. After the institutional permission, the written consent was obtained by the patient. Then we started therapy with Dabrafenib (150 mg twice daily) and Trametinib (2 mg daily), choosing the standard dosage approved for metastatic cutaneous melanoma (24).

Vital signs, dermatological exam and biochemistry analysis had been performed monthly. The therapy was complicated by fever with body temperature between 37.5 and 38°C. No signs of infections were detected. Patient took paracetamol for the fever and the adverse event resolved without sequel after 2 months. No dose reduction or interruption was needed.

DISCUSSION

The following 18FDG-PET/CT scan was performed after further 4 months of therapy. It showed the reduction of the metabolic activity of the lymph node metastases of the neck (maximal SUV 3). The mesenteric nodule was not modified (Figure 2B). The cranial CT scan with contrast enhancement did not reveal any sign of tumor recurrence. The combination of Dabrafenib/Trametinib was continued. Ophthalmic examinations have been performed every 6 months, and they detected no signs of uveitis or iridocyclitis. The patient never complained of photophobia, ocular pain, or other visual alterations.

On September 2018, the treatment with dabrafenib and trametinib is ongoing at the initial dose. No dose reduction was necessary.

The blood analysis performed in August 2018 revealed a grade 1 hypertransaminasemia. On September 2018, the treatment with dabrafenib and trametinib is ongoing at the initial dose. No dose reduction was necessary.
shows response rates up to 70% with an improved survival in metastatic cutaneous melanoma harboring BRAF mutations of the codon 600 (16–18, 25). NCT01584648 registration trial showed a median progression free survival for V600-BRAF mutant melanoma patients treated with dabrafenib plus trametinib of 9.3 months, and an overall survival of 25 months (17, 24).

It has been shown that activating BRAF mutations are detectable in up to 50% of conjunctival melanomas, of which about 80% are V600E, 15–20% V600K (15, 26). In vitro, Vemurafenib and Dabrafenib inhibit the growth of BRAF-mutated conjunctival melanoma cell lines; MEK inhibitors also promote apoptosis of cell lines from conjunctival melanoma (27). However, neither BRAF inhibitors nor MEK inhibitors are yet approved for patients with conjunctival melanomas.

Previous attempts of treating metastatic conjunctival melanomas with BRAF inhibitors have been reported (Table 1). A patient with a BRAF-mutant conjunctival melanoma that refused the exenteration of the orbit was treated with BRAF inhibitor Vemurafenib for 16 months, obtaining a local control that permitted a more conservative surgery. The patient developed weight loss, nausea, and vomiting (19).

### Table 1 | Previous reports of treatment with BRAF and/or MEK inhibitors in conjunctival melanoma patients.

| References            | Disease sites                  | Drug                                      | Duration | Side effects                                      | Outcome               |
|-----------------------|--------------------------------|-------------------------------------------|----------|--------------------------------------------------|-----------------------|
| Pahlitzsch et al.     | Local disease                  | Vemurafenib (not specified dose)          | 16 months| Weight loss, nausea and vomiting, headaches      | Local control         |
| Pinto Torres et al.   | Local recurrent disease        | Vemurafenib (960 mg twice a day, reduced to 480 mg twice a day due to toxicity) | 34 months| Grade 2 diarrhea, grade 2 arthralgia, grade 1 skin rash, needing a dose reduction | Complete response     |
| Maleka et al.         | Pre-treated metastatic disease | Vemurafenib (960 mg twice a day, reduced to 720 mg twice a day due to toxicity) | 4 months | Grade 2 maculopapular rash, needing a dose reduction | Partial response      |
| Griewank et al.       | Pre-treated metastatic disease | Dabrafenib (150 mg twice a day)           | 6 months | [Not reported]                                   | Partial response      |
| Dagi Glass et al.     | Locally advanced disease       | Dabrafenib and Trametinib interrupted for toxicity | 1.5 months| Nausea and vomiting, leading to therapy discontinuation | Patient followed for over 23 mo without distant spread |
|                       |                                | Vemurafenib                               | 3.5 months| [Not reported]                                   |                       |
|                       |                                | Pembrolizumab                              | 2 months | Not reported                                     |                       |
|                       |                                | Vemurafenib and Cobimetinib (added after 4 months) | [Not reported] |                                              |                       |
A second patient with a recurrent BRAF mutant conjunctival melanoma was effectively treated with Vemurafenib, experiencing a complete remission for over 3 years. Dose reduction was needed because of toxicity, represented by grade 2 diarrhea, grade 2 arthralgia, and grade 1 skin rash (20).

A third patient with a BRAF mutant pre-treated metastatic conjunctival melanoma benefitted from Vemurafenib with a partial response for about 4 months. Grade 2 maculopapular rash was reported, needing a dose reduction (21).

Another patient with pre-treated metastatic conjunctival melanoma expressing BRAF mutation developed a partial response for over 6 months of therapy with the BRAF inhibitor Dabrafenib (22).

Another report described a patient with a locally advanced conjunctival melanoma that was initially treated with combined BRAF/MEK inhibitors (Dabrafenib and Trametinib). After 1.5 months, the treatment was interrupted for toxicity represented by nausea and vomiting, and Vemurafenib alone was continued. Therapy was interrupted 3.5 months later for progressive disease to start Pembralizumab. After progression, firstly the BRAF inhibitor alone (Vemurafenib) was restarted and then a MEK inhibitor (Cobimetinib) was added. The patient was followed for over 23 months without evidence of distant spread (23).

In advanced cutaneous melanoma, the combined inhibition of BRAF/MEK in case of BRAF mutation is effective. The lack of clinical trial does not allow to consider this mutation as a therapeutic target in conjunctival melanoma. However, the patient described in this case report achieved a clinical benefit from this treatment. Thus, it is conceivable that patients with BRAF-mutant conjunctival melanoma could benefit from treatment with BRAF/MEK inhibitors.

CONCLUSIONS

No standard treatment for metastatic conjunctival melanoma has been established. To our knowledge, we present the first patient with a BRAF-mutant metastatic conjunctival melanoma who has been effectively treated with a combined use of BRAF/MEK inhibitor. BRAF mutations need to be investigated in conjunctival melanomas. Further studies are needed to assess the efficacy of BRAF and MEK inhibitors in this subtype of ocular melanoma.

ETHICS STATEMENT

Written informed consent, according to the Declaration of Helsinki, for treatment and publication of this case report, including the images, was obtained from the patient.

AUTHOR CONTRIBUTIONS

All authors listed have made a substantial, direct and intellectual contribution to the work, and approved it for publication.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.