Structure of autoinhibited Akt1 reveals mechanism of PIP₃-mediated activation

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The protein kinase Akt is one of the primary effectors of growth factor signaling in the cell. Akt responds specifically to the lipid second messengers phosphatidylinositol-3,4,5-trisphosphate [PI(3,4,5)P₃] and phosphatidylinositol-3,4-bisphosphate [PI(3,4)P₂] via its PH domain, leading to phosphorylation of its activation loop and the hydrophobic motif of its kinase domain, which are critical for activity. We have now determined the crystal structure of Akt1, revealing an autoinhibitory interface between the PH and kinase domains that is often mutated in cancer and overgrowth disorders. This interface persists even after stoichiometric phosphorylation, thereby restricting maximum Akt activity to PI(3,4,5)P₃ or PI(3,4)P₂-containing membranes. Our work helps to resolve the roles of lipids and phosphorylation in the activation of Akt and has wide implications for the spatiotemporal control of Akt and potentially lipid-activated kinase signaling in general.

Significance

Akt is an essential protein kinase that controls cell growth, survival, and metabolism. Akt is activated by the lipid second messengers PI₃ and PI(3,4)P₂ and by phosphorylation. However, the relative contributions of lipid binding and phosphorylation to Akt activity in the cell are controversial. Here, we have determined the structure of autoinhibited Akt1, which reveals how the lipid-binding PH domain maintains the kinase domain in an inactive conformation in the absence of PI₃. Despite stoichiometric phosphorylation, Akt adopts an auto-inhibited conformation with low basal activity in the absence of PI₃. Our work reveals the mechanistic basis of Akt hyperactivation in cancer and overgrowth diseases and unambiguously establishes that Akt depends on lipids for activity in the cell.

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PI(3,4)P$_2$. The respective roles of PI$_3$ and phosphorylation in the control of Akt activity are therefore an open question.

In order to resolve the molecular mechanisms of Akt activation, we have determined the high-resolution structure of Akt1 in complex with a nanobody, detailing the autoinhibitory interface between the PH and kinase domains. This interface both sequesters the PI$_3$-binding site of the PH domain and is mutually exclusive with the active conformation of the kinase domain. Rare mutations of Akt associated with cancer (33) and overgrowth disorders (34–36) map to this autoinhibitory interface. By combining a spectrum of biophysical, structural, and biochemical techniques, we demonstrate that, while stoichiometric activation loop open and hydrophobic motif phosphorylation increase the basal kinase activity of Akt1 in vitro, they do not completely relieve autoinhibition by its PH domain. Our findings provide clear evidence that full activation of Akt is dependent on both phosphorylation and lipid binding and, therefore, that its activity against cellular substrates is most likely restricted to membranes containing either PI(3,4,5)P$_3$ or PI(3,4)P$_2$.

**Results**

**The PI$_3$-Binding Site Is Sequestered in Autoinhibited Akt.** While structures of Akt in complex with various allosteric inhibitors have provided evidence for an autoinhibitory interaction between the PH and kinase domains (20, 21, 23, 32), the extent to which these inhibitors complex reflect the physiological conformation and regulation of Akt is still controversial. In order to resolve these issues, we set out to determine the structure of Akt1 without the use of inhibitors. We employed our previously characterized Akt1$^\text{DrLink}$ (20), which was optimized to encode the shortest evolutionarily tolerated interdomain linker and to avoid heterogeneous phosphorylation of nonconserved residues during heterologous overexpression. We have previously shown that this “DrLink” construct exhibits no discernible differences from wild-type Akt1 with respect to activation by PI$_3$, kinase activity, and membrane binding (20). All constructs analyzed in this study are derivatives of Akt1$^{\text{DrLink}}$. However, for reasons of clarity, we use the numbering of human Akt1$^{\text{V1}}$ throughout this manuscript, although there is an offset in the kinase domain of Akt1$^{\text{DrLink}}$ of -7 amino acids due to the shorter PH-kinase linker. We also omit “DrLink” from the construct nomenclature for reasons of simplicity and clarity. Akt1$^{\text{DrLink}}$ is instead designated as Akt1$^{\text{V1}}$ by virtue of its stoichiometric turn motif phosphorylation at T450. An overview of all constructs can be found in *SI Appendix, Fig. S1*.

Using a llama-derived nanobody as a crystallization chaperone, we determined the structure of near-full length Akt1 (residues 1 to 445) to 2.05 Å resolution (Fig. 1A and *SI Appendix, Figs. S2 A–D and Table S1*). The structure reveals an autoinhibitory assembly in which the entire PI$_3$ binding site on the PH domain is sequestered in an intramolecular interface with a region of extended polypeptide chain between the APE motif of the activation loop and helix $\alpha \Phi$ of the kinase domain, which we refer to as the APE-\(\alpha \Phi\) loop (Fig. 1B). The interface surface area of 307 Å$^2$ is stabilized by one polar cluster involving seven ordered water molecules and one hydrophobic core (Fig. 1C): D323 to D325 of the kinase domain interact with K14, R23, R25, N53, and Q79 of the PH domain, and L316, V320, L321, F358, and L362 of the kinase domain associate with Y18 and I19 of the PH domain. We have previously observed that mutation of interfacial residues D323 and D325 leads to PI$_3$ independent activity, increased PI$_2$ protein substrate affinity, and disruption of the PH-kinase interface, consistent with the critical roles of these residues in maintaining an inhibited conformation (20, 23).

An additional interaction is provided by a cation-pi interaction between Y326 and R273 of the kinase domain, which positions R273 in hydrogen-bonding distance to T82 of the PH domain. The nanobody, which we refer to as NB41, binds to a short sequence of the engineered interdomain linker (Fig. 1A and *SI Appendix, Fig. S2E*), thereby stabilizing the linker conformation and mediating essential crystal lattice contacts. Previously reported mutations in Akt1, Akt2, and Akt3 associated with Proteus Syndrome, several cancers, and megalencephalies (33–38) and mutations in Akt1 that drive growth factor-independent cell survival in vitro (39) all map to the autoinhibitory interface (Fig. 1D).

In our structure, the PH domain is rotated ~23° with respect to the structure of Akt in complex with allosteric inhibitors (27–29), leading to an overall root mean square deviation of 9.04 Å over the whole PH domain (Fig. 1E and *SI Appendix, Fig. S2F*), indicating that allosteric inhibitors severely distort the autoinhibitory interaction between the PH and kinase domains. In the absence of the C-terminal 35 amino acids, which comprise the turn motif (T450) and the hydrophobic motif (S473), density was not observed for the glycine-rich loop (residues 154 to 157), e$\alpha$C helix (residues 180 to 196), or the activation loop (residues 289 to 306), though inspection of the structure reveals that there are no barriers to the e$\alpha$C helix or the glycine-rich loop from adopting their known physiological conformations in the presence of the C terminus. Superposition of the structure of Akt in the active conformation bound to a substrate peptide and a nonhydrolyzable analog of ATP (PDB 4EKK) with the kinase domain of autoinhibited Akt1 reveals that the conformation of the phosphorylated activation loop and substrate binding are incompatible with the autoinhibitory interface (Fig. 1F). Activation loop phosphorylation on T308 elicits a number of backbone and side chain rearrangements in the APE-\(\alpha \Phi\) loop of the kinase domains. These changes accommodate the active conformation of the activation loop and are required for the hydrogen bond network formed between pT308 with R273 in the catalytic loop and K297 in the activation loop (15, 16). The docking of the phosphorylated activation loop to the surface created by the rearranged APE-\(\alpha \Phi\) loop results in steric clashes with the PH domain. This raises the obvious question of whether Akt phosphorylation can override autoinhibition by its PH domain.

**Akt1 Prepared by Protein Semisynthesis Lacks a Phosphorylated Turn Motif.** We previously demonstrated that Akt1 stoichiometrically phosphorylated on T308 and bearing a phosphomimetic serine to aspartate mutation in its hydrophobic motif was still autoinhibited by its PH domain (20). A recent study, however, has suggested that S473 phosphorylation could activate Akt independently of lipids (21). Since phosphorylated serine and aspartate differ both in their chemical makeup and charge, we sought to prepare Akt1 stoichiometrically phosphorylated on T308 (activation loop), T450 (turn motif), and S473 (hydrophobic motif).

Akt1$^{\text{PP}}$, purified from baculovirus-infected insect cells is phosphorylated stoichiometrically on T450 but substoichiometrically on T308 (<5%) and S473 (<0.5%) (20). To generate site-specifically phosphorylated Akt, we therefore employed the elegant method of expressed protein ligation previously reported for Akt1 by Chu et al. (21) (*SI Appendix, Fig. S3A*). Phosphorylation of T308 was achieved by in vitro incubation with recombinant, active PDK1. The phosphorylation state of Akt1 was monitored by high-resolution anion-exchange chromatography and mass spectrometry. Attempts to prepare tri-phosphorylated Akt1 according to the protocol of Chu et al. resulted in a diphosphorylated species ( *SI Appendix, Fig. S3B*), in which T308 and S473 were 90% and 100% phosphorylated, respectively, but T450 was less than 3% phosphorylated (Fig. 2A). This residual, low-level phosphorylation, may explain why Chu et al. could confirm T450 phosphorylation by Western blotting (21), but mass spectrometry indicates that it is almost completely absent. Henceforth, we refer to this protein as Akt1$^{\text{PP}}$ (diphosphorylated on T308 and S473). Since truncation of the C-terminal tail of Akt1 by 24 amino acids in the context of a nonintein fusion protein does not per se affect T450 phosphorylation ( *SI Appendix, Fig. S3C*), which occurs normally during heterologous overexpression, it seems likely that the presence of the folded Mxe GyrA intein domain (21 kDa) just nine
Fig. 1. The PIP3 binding site is sequestered in autoinhibited Akt. (A) Structure of autoinhibited Akt1 1 to 445 in complex with a nanobody. Cartoon schematic illustrates domain architecture of Akt1. Color scheme: PH domain, orange; N-lobe of kinase domain, yellow; C-lobe of kinase domain, magenta; C-tail of kinase domain, cyan. Dashed boxes indicate regions of disorder in the structure. (B) Superposition of Akt1 PH domain in complex with Ins(1,3,4,5)P4 (PDB 1UNQ) with autoinhibited Akt1. Ins(1,3,4,5)P4 shown in sticks. PIP3-coordinating residues of PH domain shown in blue sticks (3′ phosphate, K14 and R25; 4′ phosphate, R86). (C) Interaction map of PH-kinase domain interface. Figure produced using Arpeggio (63). Dashed red lines, hydrogen bonds; red springs, cation-pi; blue springs, donor-pi; gray springs carbon-pi; dotted gray lines, hydrophobic van der Waals. (D) Map of disease-associated mutations (red, bold) and mutations that drive growth factor-independent cell survival in vitro (black). Mutations in PH domain shown in orange sticks; mutations in kinase domain shown in magenta sticks. (E) Superposition of structure of Akt1 in complex with inhibitor VIII (3O96) on autoinhibited Akt1. Inward rotation of PH domain indicated by 23° rotation of α1. Rmsd of PH domain over all atoms is 9 Å. (F) Superposition of active Akt1 kinase domain (4EKK) on autoinhibited Akt1. APE-αF loop of autoinhibited Akt1 shown as magenta mesh. Activation loop and APE-αF loop of active Akt1 shown in blue. Zoom: conformation of phosphorylated T308 in activation loop (red sticks) and network of stabilizing interactions.
motif phosphorylation and consequent destabilization of Akt1 has a negative impact on the behavior of the hydrophobic C-tail in the context of membrane-bound Akt. Attempts to revise the chemical ligation strategy to ligate a C-terminal peptide comprising residues 446 to 480, diphosphorylated on T450 and S473, to Akt1 were in vain, due to the absence of a C-terminal linker that can interact with the PH domain. Solid lines, +1 mM ATP; dashed lines, no ATP. EPL, expressed protein ligation.

We first compared the thermal stability of Akt1P to Akt1P and Akt1P (1P). We observed comparable thermal stabilities between Akt1P and Akt1P, but a 4°C loss of stability in Akt1P (SI Appendix, Fig. S4D) as previously observed (Fig. 2B). Since Akt1P differs from Akt1P and Akt1P by the phosphorylation of T450, we concluded that absent T450 phosphorylation adversely affects the stability of Akt1. We next subjected Akt1P to a kinase assay in the absence of liposomes with or without PI(3,4,5)P3 incorporation. We first established PIP3 binding by performing a kinase pelleting assay (Fig. 3B) before determining kinase activity on the same sample in the presence and absence of the allosteric inhibitor MK-2206 (Fig. 3C). Akt1P was robustly activated by liposomes containing 5 mol % PI(3,4,5)P3 and inhibited by MK-2206, though the efficacy of MK-2206 was significantly attenuated by PIP3 binding (Fig. 3C). As a control, we used Akt1P (20), though a 20-fold lower concentration of Akt1P was required due to the higher basal activity of Akt1P (SI Appendix, Fig. S4D). In order to compare the activity of Akt1P to Akt1P, we used a combination of inhibitors to drive hyperphosphorylation of Akt1P during heterologous expression (SI Appendix, Fig. S4A). The Akt inhibitor A-438364 has been shown to drive paradoxical hyperphosphorylation of Akt in cells (40, 41). Okadaic acid is a P2A and PPI inhibitor that drives global hyperphosphorylation by inhibiting the major cellular phosphatases. Two additional mutations were introduced into Akt1P to avoid spurious, inhibitor-induced hyperphosphorylation of the C-tail: S475A and T479R. These mutations were designed by inspecting a sequence alignment of Akt isoforms and orthologs, which indicated that these residues are not conserved. Ser475 is hyperpervariable outside of chordates and is solvent exposed in the structure of active Akt1, while T479 is hyperpervariable across all Akt orthologs and isoforms. Akt1 prepared in this manner exhibited hyperphosphorylation of up to seven sites, of which T308, T450, and S473 were the most abundant modifications. Modification of amino acids C-terminal to T450 interferes with its phosphorylation. Efforts to solve this problem by moving the ligation site nine amino acids further toward the C terminus (and thereby away from the phosphorylation site) resulted in a fusion protein that was prematurely hydrolyzed during protein expression. The uncleaved protein, bearing the intein and chitin-binding domain (CBD), was phosphorylated (SI Appendix, Fig. S3D) on T450. This confirms that it is indeed the C-terminal domain that interferes with the phosphorylation of T450. We observed that loss of pT450 results in a 4.3°C loss of thermal stability of Akt1 (Fig. 2B). In contrast to Akt1P and Akt1P, which are activated by PI(3,4,5)P3-containing liposomes in vitro (20, 23), Akt1P was actually inhibited by ~70% upon PI(3,4,5)P3 binding (Fig. 2 C and D). It seems reasonable to conclude that loss of turn motif phosphorylation and consequent destabilization of Akt1 has a negative impact on the behavior of the hydrophobic C-tail in the context of membrane-bound Akt. Attempts to revise the chemical ligation strategy to ligate a C-terminal peptide comprising residues 446 to 480, diphosphorylated on T450 and S473, to Akt1 were in vain, since it was not possible to synthesize the corresponding peptide.

Phosphorylation Does Not Override the Requirement for PIP3. In order to solve the problem of generating stoichiometrically phosphorylated Akt1, we employed a combination of inhibitors to drive hyperphosphorylation of Akt1P during heterologous expression (SI Appendix, Fig. S4A). The Akt inhibitor A-438364 has been shown to drive paradoxical hyperphosphorylation of Akt in cells (40, 41). Okadaic acid is a P2A and PPI inhibitor that drives global hyperphosphorylation by inhibiting the major cellular phosphatases. Two additional mutations were introduced into Akt1P to avoid spurious, inhibitor-induced hyperphosphorylation of the C-tail: S475A and T479R. These mutations were designed by inspecting a sequence alignment of Akt isoforms and orthologs, which indicated that these residues are not conserved. Ser475 is hyperpervariable outside of chordates and is solvent exposed in the structure of active Akt1, while T479 is hyperpervariable across all Akt orthologs and isoforms. Akt1 prepared in this manner exhibited hyperphosphorylation of up to seven sites, of which T308, T450, and S473 were the most abundant modifications. Modification of S123, T127, and S132 in the PH-kinase linker and S477 in the C-terminal tail were found in the 7-phospho (7P) species (SI Appendix, Fig. S4B), but not in the tri-phosphorylated species (3P). Tri-phosphorylated Akt1 was isolated by high-resolution anion-exchange chromatography and verified by intact mass spectrometry (SI Appendix, Fig. S4C). The stoichiometric phosphorylation of this protein on T308, T450, and S473 was confirmed by tandem mass spectrometry (Fig. 3A). Henceforth, we refer to this protein as Akt1P.
Akt1DA (20). Akt1DA bears two mutations at D323 and D325 located in the autoinhibitory PH-kinase interface and exhibits both an open conformation and PIP₂-independent kinase activity (20, 23). To avoid any protein aggregates in our SAXS analysis we employed in-line size exclusion chromatography (Fig. 4A). The radius of gyration of Akt1SP was estimated by Guinier analysis of the low-angle portion of the scattering curve (Fig. 4B and C) and by calculation of the pair-distribution function (Fig. 4D), which estimates the maximum diameter of the particle, Dmax. Akt1SP exhibits identical values for Rg (2.63 to 2.70 nm) and Dmax (9.7 nm) to Akt1WT and Akt1SP and is significantly more compact than the open conformation of Akt1DA (Rg = 3.1 nm, Dmax = 12.2 nm) (20). These data indicate that stoichiometric phosphorylation of Akt1 does not induce a conformational change consistent with displacement of its PH domain.

**Phosphorylation Alone Does Not Drive Akt into an Active Conformation.** The dependency of tris-phosphorylated Akt1 on PIP₃ for full activity strongly implied that Akt1 is autoinhibited by its PH domain in the presence of T308 and S473 phosphorylation. To support this conclusion, we collected small-angle X-ray scattering (SAXS) data on Akt1SP in solution and compared the particle parameters to those previously obtained for Akt1WT, Akt1SP, and Akt1DA (20). Akt1DA bears two mutations at D323 and D325 located in the hydrophobic motif. Mutation of R144 to alanine was reported to decrease catalytic activity 50-fold (21). However, given that Akt1 stoichiometrically phosphorylated on T308, T450, and S473 (Fig. S4), phosphorylation does not override the requirement for PIP₃. Phosphorylation state analysis of Akt1SP after coculture with A-443654 and okadaic acid, tandem mass spectrometry of GluC digest, and additional substoichiometric phosphorylation of S477 in 4P species indicated that Akt1SP and Akt1DA to PIP₃ in the kinase assay shown in F. Akt1 kinase assay ± PIP₃ liposomes, ± 10 μM MK-2206. Akt1SP (37.5 nM), black bars; Akt1WT (750 nM), gray bars. (D) Kinase assay of Akt1SP in the presence of liposomes containing increasing concentrations of PIP₃. Left axis, and blue lines correspond to kinase activity. Right axis and black lines correspond to % PIP3 binding (determined by a lipid phosphate assay). Squares, Akt1SP; circles, Akt1DA preincubated for 10 min with 10 μM MK-2206. PIP₃ binding and PIP₃-dependent increase in kinase activity were fit to one-site binding models, taking into account basal Akt1SP activity and nonspecific binding in the presence of 0 mol % PIP₃ liposomes respectively. (E) Kinase assay of Akt1SP and Akt1SP R144A with increasing substrate concentration in the presence of liposomes containing 0 or 5 mol % PIP₃. Error bars indicate the SD of three independent measurements.
Phosphorylation alone does not drive Akt into an active conformation. (A) Size-exclusion profile of Akt1<sup>3P</sup> from in-line SEC-SAXS data collection. Gray bar indicates the region of the chromatogram evaluated in the SAXS data processing. (B) SAXS curve of Akt1<sup>3P</sup>. Radius of gyration (R<sub>G</sub>) derived from Guinier analysis of the low-angle scattering regime. (C) Guinier plot of the low-angle SAXS regime for Akt1<sup>3P</sup>. (D) Pair distribution function for Akt1<sup>3P</sup>, indicating the radius of gyration (R<sub>G</sub>) and maximum dimension of the particle (D<sub>max</sub>). (E) Hydrogen-deuterium exchange mass spectrometry analysis of Akt1<sup>3P</sup> in the presence of liposomes containing 0 or 5 mol % PI(3,4,5)P<sub>3</sub>. Regions of Akt1<sup>3P</sup> that showed significant increases or decreases in exchange (meeting the three significance criteria: ≥6% change in exchange, ≥0.4 Da difference in exchange, and a P value < 0.01 using a two-tailed Student's t test) upon PIP<sub>3</sub> binding are mapped on the structures of the PH domain and the active kinase domain (PDB ID 4EKK) (16) with the corresponding color scheme. (F) Plot of differences in deuterium incorporation upon PIP<sub>3</sub> binding. Changes in deuterium incorporation are plotted against the center of each peptide. Regions of protection and deprotection are indicated above the plot and correspond to those mapped in E. Error bars indicate the SD of three independent replicates. Red data points indicate increases or decreases in exchange that passed the three significance criteria. (G) Plot of changes in deuterium incorporation upon ATP<sub>S</sub> binding. Changes in deuterium incorporation are plotted against the center of each peptide. Regions of protection and deprotection are indicated above the plot. Error bars indicate the SD of three independent replicates. No changes were deemed significant according to the three significance criteria.

**PIPs Binding Exposes the Hydrophobic Motif of Akt.** Since it was necessary to delete the C-terminal 35 amino acids of Akt1 to facilitate crystallization, we investigated the conformation and accessibility of the hydrophobic motif in Akt1. We purified Akt1<sub>ΔC</sub> to 456 (Akt1<sup>13C</sup>), a C-terminally truncated construct missing the hydrophobic motif but retaining the stabilizing turn motif site. We confirmed that the recombinant protein is stoichiometrically monophosphorylated on T450 in the turn motif (SI Appendix, Fig. S3C). SAXS analysis revealed that Akt1<sup>13C</sup> adopts a compact conformation in solution with an identical radius of gyration and maximum dimension of the particle as Akt1<sup>WT</sup> (20) (Fig. 5 A and B and SI Appendix, Fig. S6A), indicating that the hydrophobic motif is not required for interaction of the PH and kinase domains. This corroborates our crystal structure of C-terminally truncated Akt1. Analysis of the thermal stability of Akt1<sup>13C</sup> indicates a modest reduction of 1.5 °C compared with full-length Akt1<sup>3P</sup> (SI Appendix, Fig. S6B), suggesting that, although not sufficient to destabilize Akt completely, deletion of the hydrophobic motif does in fact weaken the overall structure of Akt. By contrast, however, additional mutation of residues in the interface between the PH and kinase domains (Akt1<sub>ΔA,ΔC</sub>) destabilizes Akt1 by 8 °C (SI Appendix, Fig. S6B), just as we have previously observed in the context of full-length Akt1 (20). We confirmed that Akt1<sub>ΔA,ΔC</sub> is also stoichiometrically monophosphorylated (SI Appendix, Fig. S6C). Together, these findings indicate that the inactive conformation of Akt1 does not depend on the hydrophobic motif but that it may actively sequester the hydrophobic motif in a bound conformation.

The likely binding pocket for the hydrophobic motif is the so-called PDK1-interacting fragment (PIF) pocket in Akt that binds the phosphorylated hydrophobic motif in the active conformation (15, 16). Previous HDX-MS analysis of Akt1<sup>1P</sup> indicated small but significant exposure of the PIF pocket upon PI(3,4,5)P<sub>3</sub> binding (20) (Fig. 4C). We confirmed this observation by comparing the deuterium incorporation rates for Akt1<sup>1P</sup> and Akt1<sup>13C</sup> in solution. Sequence coverage of the truncated Akt1<sup>13C</sup> comprised 85 peptides spanning ~94% of all exchangeable amides (SI Appendix, Table S2). Two peptides in Akt1<sup>13C</sup>, corresponding to β3-αB in the...
Fig. 5. PIP3 binding promotes Akt hydrophobic motif exposure. (A) SAXS scattering curve for Akt1AC. (B) Pair-distribution function (PDF) for Akt1AC indicating the radius of gyration (R_g) and maximum dimension of the particle (D_max). (C) HDX-MS of Akt1IP ± PIP3 liposomes. Exposure (deprotection) of N-lobe peptide 218 to 225 indicated in red on structure of kinase domain. Plot: deuterium incorporation as a function of time for Akt1IP ± PIP3 liposomes. Deuterium incorporation plots were reproduced with permission. Adapted from ref. 20, which is licensed under CC BY-NC-ND 4.0. (D) HDX-MS of Akt1IP versus Akt1AC. Two regions showed significant increases in exchange (meeting the three criteria: ≥5% change in exchange, ≥0.4 Da difference in exchange, and a P value <0.01 using a two-tailed Student’s t-test). Regions 171 to 183 (YAMKLKKEIVQA) in the N-lobe and 260 to 274 (HSEKNVYRYDLKLEN) in the C-lobe are indicated in red on the structure of the kinase domain. Deuterium incorporation plots for these peptides as a function of time for Akt1IP and Akt1AC are shown to the right. (E) Plot of changes in deuterium incorporation between Akt1IP and Akt1AC. Changes in deuterium incorporation are plotted against the center of each peptide. Regions of protection and deprotection are indicated above the plot and correspond to those mapped in D. Error bars indicate the SD of three independent replicates. Red data points indicate increases or decreases in exchange that passed the three significance criteria. (F) Fluorescence anisotropy binding assay for C-terminal tail peptide (FITC-SMEAVDSERRPQFQSAYSGTA) to Akt1AC. The K_d was estimated from three independent titrations. Each data point is the mean of 50 technical replicates with an integration time of 1 s. Error bars indicate the SD from the mean. Data were fit to a one-site binding model. (G) Composite model of full-length Akt1. The model comprises autoinhibited Akt1 (PH domain, PH-kinase linker, and kinase domain C-lobe), the N-lobe of active Akt1 (4EKK), and the phosphorylated C-terminal regulatory tail of PKC (4DC2). The inactive conformation of the activation loop (unknown) is indicated with dashed magenta lines. (H) Stepwise activation of Akt by PIP3 and phosphorylation. Activating steps are indicated with green arrows. Inactivating steps are indicated with red arrows. Phosphorylation state of each species in the activation and inactivation cycle is indicated in the blue boxes for each of the three regulatory residues: T308, T450, and S473.

N-lobe and the catalytic loop in the C-lobe of the kinase domain, exhibited a modest, but significant, 6% increase in deuterium incorporation (Fig. 5D and E). These changes indicate exposure of the PIF pocket and consequent local disordering of the N-lobe in the absence of the hydrophobic motif. These observations are consistent with the lack of electron density observed for the αC helix and activation loop and overall higher temperature factors for the N-lobe of the kinase domain (SI Appendix, Fig. S6D). In order to test whether the unphosphorylated hydrophobic motif indeed binds to the PIF pocket in the inactive conformation, we measured the binding affinity of a tail peptide containing the missing C-terminal tail residues in Akt1AC (residues 457 to 480 of human Akt1) by fluorescence anisotropy. The binding constant was estimated to be ~0.5 mM from three independent titrations (Fig. 5F), although it was not possible to reach saturation due to limiting Akt1AC concentration. While this is a relatively weak interaction, it is sufficient in the context of an intramolecular interaction to sequester the hydrophobic motif more than 99% of
the time at equilibrium due to the almost infinite local concentration.

Taken together with the crystal structure of Akt1 1 to 445, we propose a model for the structure and conformation of full-length Akt1 (Fig. 5G) in which the C-terminal tail binds in its unphosphorylated state to the PI(3)P pocket of the kinase domain, thereby stabilizing the active conformation of the αC helix and promoting ATP binding. This composite model, which includes an ordered αC helix and C-terminal tail, fits very well into the molecular envelope of Akt1 [previously calculated from SAXS data in solution (20)] (SI Appendix, Fig. S6E).

Discussion

We present here a structure of autoinhibited Akt1, providing a near-atomic resolution picture of the autoinhibitory interface between its PH and kinase domains. This confirms previously published findings indicating that the PI(3)P-binding pocket is sequestered in the inactive conformation (20, 23, 27). A number of recurrent mutations in Akt have been identified in breast cancer (37), Proteus syndrome (34), and hemimegalencephaly (35). Many of these mutations map to the interface between the PH and kinase domains. Mutation of E17K has been shown to promote membrane binding and cellular transformation in vitro (37) with a corresponding increase in membrane affinity and loss of specificity for PI(3)P (38). In the structure of autoinhibited Akt1, E17 forms a salt bridge with R86, which stabilizes the loop conformation between strands β1 and β2 that packs against the kinase domain. Substitution of E17 by lysine would cause an energetically unfavorable charge repulsion with R86 and consequent destabilization of the interface. Mechanistically, E17K therefore likely promotes membrane binding and hyperactivation of Akt by lowering the energy barrier to Akt activation by PI(3)P and shifting the equilibrium to the membrane-bound fraction. This finding is consistent with the destabilizing effect of E17K on the PH-kinase domain interface observed in a mammalian two-hybrid assay (39) and the observation that E17K is still dependent on PI(3)P for full activation (23). D323 is one of a pair of invariant aspartates in the APE-αC loop of the kinase domain, mutation of which have previously shown to promote a conformational change in Akt, uncouple Akt activity from PI(3)P, and promote Akt hyperphosphorylation (20, 23). D323 and D325 form a network of hydrogen bonds with residues from the PH domain and seven ordered water molecules, which obscures the PI(3)P binding site. This explains why mutation of the kinase domain at D323 and D325 or deletion of the kinase domain promotes binding of the PH domain to PI(3)P in vitro and in vivo (23). Hyperphosphorylation and constitutive activity of Akt1DA is therefore driven by a combination of enhanced membrane association and relief of the inhibitory interface that blocks formation of the active conformation of the activation loop. Although the surface area is relatively small at just over 500 Å², it is stabilized by numerous water-mediated hydrogen bonds that have previously been shown to be critical for the association of hydrophilic protein interfaces (42) as well as a set of hydrophobic interactions.

The PH domain of Akt1 interacts with a surface of the kinase domain that fulfills important regulatory functions in a wide range of eukaryotic protein kinases. In protein kinase R, for example, the αG helix as well as the C-terminal part of the activation segment has been shown to function as a docking surface for its substrate eIF2α (43), while the same surface binds the inhibitory regulatory subunit of protein kinase A in the holoenzyme complex (44). In Cdk2, a surface surrounding the αG helix facilitates the binding of the CDK-interacting protein phosphatase KAP to its phosphatase-mediated activation loop, thereby imposing specificity on phosphatase-mediated inactivation (45). Finally, the αG helix mediates heterodimerization of B-Raf and MEK1, critical for B-Raf-mediated MEK1 activation by activation loop phosphorylation (46) as well as, conversely, the autoinhibition of the death-associated protein kinase 2 (DAPK2) (47). In summary, protein–protein interactions mediated by this surface of the C-lobe permit both activation and inhibition of kinase activity as well as specific substrate phosphorylation or even kinase inactivation by phosphatases.

The PI(3)K-kinase interface in autoinhibited Akt1 is considerably different to that reported for Akt1 in complex with allosteric inhibitors (27–29). Allosteric inhibitors appear to stabilize a nonnative conformation of Akt by binding to both the PH and kinase domains, an interaction that depends critically on W80 in the β6-β7 loop of the PH domain (24). While W80 mediates a number of contacts that stabilize the inhibitor-bound conformation, W80 does not make any contacts with the kinase domain in our structure. This observation likely reflects the fact that the C-terminal tail is missing and, consequently, the αC helix of the N-lobe is disordered. However, it also indicates that W80 is not essential for maintenance of the autoinhibited conformation of the PH and kinase domains and more likely participates in sequestering the N-lobe, activation loop, and C-terminal tail in their inactive conformations. It is worth noting that only small changes in the conformation of the activation loop from the active state would be required in order to accommodate it in the space between the PH domain and N-lobe of the kinase domain, which would sequester it from phosphorylation in the absence of PI(3)P. Confirmation of this hypothesis will, however, require a structure in which the C terminus and activation loop are fully visualized.

The mutual exclusivity of the inactive and active conformations of Akt defined by their corresponding structures raises the obvious question of whether phosphorylation of the kinase domain can displace the PH domain and thereby override the requirement for PI(3)P. In this respect, a recent study was unable to demonstrate the PI(3)P-mediated activation of site-specifically phosphorylated Akt1 prepared by protein semisynthesis (21). To resolve this issue, we produced Akt1 by the same intein-based protein ligation method reported by Chu et al. (21). By using Akt1P, previously optimized for homogeneous phosphorylation on T308, T450, and S473, we could routinely monitor the phosphorylation state of Akt both by high-resolution anion-exchange chromatography and mass spectrometry. The latter, however, indicated that the ligation product, while stoichiometrically phosphorylated on T308 and S473, was missing T450 phosphorylation. This is consistent with the lack of observed electron density for the phosphorylated turn motif in both crystal structures of the Akt1 kinase domain reported by the same group. The consequence of absent turn motif phosphorylation are significantly reduced protein stability and a >70% decrease in kinase activity when bound to PI(3)P, presumably due to the disordered nature of the C-terminal hydrophobic tail in the vicinity of the membrane. The absence of turn motif phosphorylation likely also explains the millimolar K_m values for ATP reported by Chu et al. for most constructs (21). We previously determined the affinity of monophosphorylated (T450) Akt11P for ATP to be 100 μM (23), while a kinetic study determined the K_m for ATP to be 53 μM (48). The importance of turn motif (T450) phosphorylation in regulating the stability of Akt and other AGC kinases is also well established (10, 11).

PI(3)P-independent activation of Akt1 by S473 phosphorylation has recently been proposed to be mediated by a conserved basic patch in the PH-kinase interdomain linker (21). The interaction of R144 with phosphorylated S473 in the hydrophobic motif was suggested to dislodge the PH domain from the kinase domain by inducing a conformational change in the linker. More recently, a follow-up study has attempted to shed light on the proposed mechanism. Using protein semisynthesis to segmentally label Akt1 for NMR studies, the authors suggest that S473 phosphorylation induces a loop-helix transition of residues 44 to 46 (DVD) in the PH domain, which dislodges it from its autoinhibitory interaction with the kinase domain. However, these findings are very difficult to reconcile with the structure of autoinhibited Akt1 and the critical role of PI(3)P in PH domain displacement and, consequently, kinase activation. Importantly, analysis of S473-phosphorylated Akt1 with
two complementary biophysical techniques (SAXS and HDX-MS) unambiguously shows that S473 phosphorylation does not dislodge the PH domain from the kinase domain. Furthermore, mutation of R144 did not affect the kinase activity of Akt13P or its activation by PIP3 in vitro.

We have shown here that stoichiometrically phosphorylated Akt1 is activated by PIP3 in a concentration-dependent manner that corresponds to its binding. We can be confident in this finding for two reasons: first, in order to directly correlate PIP3 binding with changes in kinase activity, we subjected half of the kinase reaction to a liposome pelleting assay in order to quantify the degree of PIP3 binding, which was then compared with the signal from the kinase assay; second, preincubation of Akt13P with MK-2206, a specific allosteric Akt inhibitor, completely abrogated the observed activity and the PIP3-dependent increase in activity. The activation of Akt13P by PIP3 is further supported by the observation that PIP3 binding elicits the same conformational changes in Akt13P, as we previously reported for Akt11P (20). Nevertheless, phosphorylated Akt1 retains significant basal activity, which raises the question of how the active conformation is obtained in the absence of PIP3. We suggest that this is the consequence of an equilibrium between open and closed conformations. When phosphorylated, Akt is able to sample the active conformation under conditions in which the PH domain dissociates from its inhibitory interaction with the kinase domain. We previously showed, however, that this equilibrium is heavily biased toward the closed conformation in the absence of PIP3 (20). The fact that the PH domain must dissociate from the kinase domain in order to bind PIP3 strongly supports the existence of such an equilibrium.

In summary, binding of PI(3,4,5)P3 promotes the exposure and phosphorylation of the activation loop (13, 20, 49) as well as exposure of the hydrophobic motif (20), presumably leading to its phosphorylation by mTORC2 in vivo. Consistent with this hypothesis, deletion of the PH domain promotes mTORC2-independent phosphorylation of S473 in the hydrophobic motif of Akt in Sin1−/− mouse embryonic fibroblasts (50). Phosphorylation of T308 and S473, in the context of PIP3 binding, results in disorder-to-order transitions of the activation loop and hydrophobic motif, respectively, and the structuring of a highly ordered, high-affinity substrate-binding site as well as the catalytic machinery for phospho-transfer (15, 16). Without phosphorylation, Akt is essentially inactive (23). This explains why two recent studies, as well as other evidence obtained in our laboratory, indicate that Akt is allosterically regulated. In vitro kinase assays are typically done in the presence of large excesses of substrates to membranes containing either PI(3,4)P2 or PIP3. Multiple substrates are a well-established mechanism by which effective sub- strate phosphatases to membranes containing either PI(3,4)P2 or PIP3. Multiple substrates have been shown to be phosphorylated in the cell strongly depends upon PI(3,4,5)P3 or PI(3,4)P2. This mechanism (Fig. 5F), which involves the coincident detection of either PIP3 or PI(3,4)P2 and the upstream kinases PDK1 and mTORC2, functions like an electronic logic gate (AND) to restrict Akt activity to locations in the cell where these inputs are present. Coupling Akt activity to both lipids and upstream kinases ensures the fidelity of Akt signaling downstream of PI3K.

Akt is able to phosphorylate many downstream substrates, including both cytosolic and nuclear substrates, with phosphorylation of these molecules likely dependent on the migration of these substrates to membranes containing either PI(3,4)P2 or PIP3. Multiple studies have identified pools of actively signaling PI(3,4)P2 in the cell interior, and evidence for nuclear phosphoinositides is accumulating. Cytosolic Akt activity has previously been reported with the use of genetically encoded kinase activity reporters (52, 53). An earlier study, however, only detected Akt activity with fluorescence-based sensors localized to membrane-bound compartments (54). More recently, intracellular Akt activity has been correlated with significant pools of endomembrane PI(3,4)P2 using the same fluorescence-based activity reporters (30). In this respect, fluorescence cross-correlation experiments in live cells did not detect evidence of freely diffusing Akt-substrate complexes in the cytosol (23). While these experiments do not rule out the possibility of cytosolic Akt activity, the evidence suggests that Akt activation and most of its subsequent activity is dependent on PIP3, or PI(3,4)P2. While it is eminently conceivable that substrates of Akt that exert their functions in the nucleus could be phosphorylated by Akt bound to PI(3,4)P2-rich endomembranes in the cytoplasm (55), it should be noted that evidence of nuclear Akt signaling has also recently been obtained (56). Further studies will undoubtedly be required to understand precisely how and under what conditions Akt is activated in the nucleus.

Materials and Methods

Protein Expression and Purification. Akt1 constructs were coexpressed with human PDK1 in baculovirus-infected Sf9 cells using a pFastBac Dual vector. For nanobody screening, biotinylated Akt1DB (biotinylated Akt1) was expressed by fusing the AviTag sequence (GLNDIFEAQKIEWHE) to the N terminus of an unstructured 50 amino acid sequence from tumor susceptibility gene 101 (residues 145 to 194, C188S) and appending this sequence to the N terminus of Akt1. Recombinant baculovirus was prepared from a pFastBac Dual construct expressing Akt1DB in the polyhedrin cassette and Escherichia coli BiAR in the p10 cassette, and the medium was supplemented with 10 μM D-biotin during protein expression. Detailed protein purification protocols can be found in the SI Appendix.

Mass Spectrometry. Detailed protocols for intact and tandem mass spectrometry as well as HDX-MS can be found in the SI Appendix.

Nanobody Generation against Akt1DB. Akt1DB-specific nanobodies were raised by immunizing a llama as previously described (57). Details of the specific protocol can be found in the SI Appendix.

Surface Plasmon Resonance Affinity Measurements. All surface plasmon resonance experiments were performed using a Biacore T200 and a streptavidin-coated Biacore CAPture chip. To measure the binding kinetics of nanobody NB41, the chip was loaded with 10 μg/ml Akt1DB in 20 mM Tris pH 7.5, 100 mM NaCl, 0.1% BSA, and 0.05% Tween for 2 min at 10 μL/min. Three startup cycles, during which the Akt1DB-loaded chip was equilibrated with buffer at 30 μL/min for 2 min, were performed before stabilization of the sensor chip surface. The binding kinetics of NB41 were determined via single cycle kinetics (58) by measuring five increasing nanobody concentrations (3.125 nM, 6.25 nM, 12.5 nM, 25 nM, and 50 nM) with association and dissociation intervals of 60 s at a flow rate of 30 μL/min. The chip surface was regenerated and the ligand reloaded after every cycle. k_on and k_off rates were determined via curve fitting.

Crystallization and Structure Determination. Akt1DB-5R, derived from MESNA-mediated cleavage of Akt1DB-intein-CBD, was combined with purified NB41 at a 1:1.5 ratio and the complex separated from free NB41 by SEC on a Superdex 200 10/30 column. The complex crystallized in 200 mM
malonate, pH 5.0, and 16% PEG 3350. Crystals were cryoprotected in mother liquor supplemented with 25% (vol/vol) glycerol and plunge frozen in liquid nitrogen. Crystals grew in spacegroup P2\(_1_2\)_1_2\(_1\), with unit cell dimensions a = 70.01 Å, b = 72.20 Å, and c = 120.17 Å (\(\alpha = \beta = \gamma = 90^\circ\)). Data were collected to 2.05 Å resolution on ID23-2 at the European Synchrotron Radiation Facility (ESRF). The structure was solved by molecular replacement using PHASER (59) with 4EKK (Akt1 kinase domain), 1UNP (Akt1 PH domain), and 3EZ2 (nanobead) as input models. The model was built in Coot (60) with iterative rounds of refinement and model validation in PHENIX (61). Data processing and model building statistics are reported in Table S1. The coordinates of Akt\(_{13C}\) were deposited in the Protein Data Bank with the identifier: 7AAP.

### SAXS

SAXS data for Akt\(_{13A}\) and Akt\(_{13P}\) were collected on BM29 at the ESRF, Grenoble, France using an in-line SEC-SAXS setup as described in Lu et al. (20). Proteins were applied to a Superdex 200 column equilibrated in 20 mM Tris, pH 7.4, 100 mM NaCl, 1 mM DTT, and 1% (vol/vol) glycerol and images were acquired every second for the duration of the size exclusion run. Buffer subtraction was performed by averaging 50 frames either side of the peak. All subsequent data processing steps were performed using the ATSAS data analysis software 3.9.1. The program DATGNOM (62) was used to generate the pair-distribution function (P(\(r\))) for each isoform and to determine Dmax and \(r_g\) from the scattering curves \(I(q)\) versus \(q\) in an automatic, unbiased manner.

### Preparation of Sucrose-Loaded Vesicles and Liposome Pelleting Assays

Liposomes and liposome pelleting assays with Akt were performed as previously reported (20).

### Akt Kinase Assays

Kinase assays were performed according to the Promega ADP-Glo protocol. In brief, upon binding of Akt proteins (Akt\(_{13A}\), Akt\(_{13P}\), or Akt\(_{13DA}\)), microtiter-plate–coating vesicles, the proteinfoam-vesicle mixtures were incubated with Crostide (GenScript) and ATP/MgCl\(_2\) with or without Akt inhibitor MK-2206 for 1 h at RT. The assay contained a final concentration of 100 μM ATP, 200 μM MgCl\(_2\), 100 μM Crotside, and 750 mM Akt1, 37.5 mM Akt2, or 37.5 mM Akt3 with or without 5 to 10 μM MK-2206. Luminol was read out in a TECAN 500 infinite plate reader. For end-point assays, 10 μM MK-2206 was added postliposome-binding; for PIP\(_3\) titration, Akt\(_{13C}\) was preincubated with 20 μM MK-2206 for 20 min prior to addition to the liposomes (10 μM MK-2206 final).

### Thermal Stability Assays

The thermal stabilities of Akt\(_{13A}\), Akt\(_{13P}\), Akt\(_{13C}\), and Akt\(_{13DA}\) were measured by differential scanning fluorimetry. Samples contained 0.2 mg/ml protein in 25 mM Tris pH 8.0, 100 mM NaCl, 1 mM TCEP, 1 mM ATP, and 2 mM MgCl\(_2\). Samples were measured in triplicates using a BioRad CFX96Touch RT-PCR System.

### Fluorescence Anisotropy

The binding affinity of the C-terminal 35 amino acids of Akt to Akt\(_{13C}\) was determined by reverse titration of 200 to 250 μM Akt\(_{13C}\) buffer containing 100 μM fluorescently-labeled peptide with the sequence SMEAVDSERRPHFPQFSYSASGTA (unphosphorylated). The obtained binding curves were fit with a one-site binding model to estimate the binding affinity. Fluorescence anisotropy was measured on a Perkin-Elmer LS50 flurometer with \(λ_{ex}=500\) nm and \(λ_{em}=518\) nm, at 20 °C in 20 mM Tris, pH 8.0, 100 mM NaCl, and 1 mM TCEP. Each concentration of Akt\(_{13C}\) was measured 50 times with an integration time of 1 s and the mean plotted. The error bars represent the SD of the measurements. Three independent titrations were performed.

### Data Availability

Structure coordinates data have been deposited in the Protein Data Bank (7AAP).

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\[ \Delta C = \frac{C_{\text{drug}} - C_{\text{control}}}{C_{\text{drug}}} \times 100 \]
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