On the physical mechanism underlying
Asymptotic Safety

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ABSTRACT: We identify a simple physical mechanism which is at the heart of Asymptotic Safety in Quantum Einstein Gravity (QEG) according to all available effective average action-based investigations. Upon linearization the gravitational field equations give rise to an inverse propagator for metric fluctuations comprising two pieces: a covariant Laplacian and a curvature dependent potential term. By analogy with elementary magnetic systems they lead to, respectively, dia- and paramagnetic-type interactions of the metric fluctuations with the background gravitational field. We show that above 3 spacetime dimensions the gravitational antiscreening occurring in QEG is entirely due to a strong dominance of the ultralocal paramagnetic interactions over the diamagnetic ones that favor screening. (Below 3 dimensions both the dia- and paramagnetic effects support antiscreening.) The spacetimes of QEG are interpreted as a polarizable medium with a “paramagnetic” response to external perturbations, and similarities with the vacuum state of Yang-Mills theory are pointed out. As a by-product, we resolve a longstanding puzzle concerning the beta function of Newton’s constant in $2 + \epsilon$ dimensional gravity.

KEYWORDS: Models of quantum gravity, renormalization group

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1 Introduction

While finding a consistent and predictive quantum theory of gravity is considered one of the
major challenges of today’s theoretical physics it seems clear that still substantial efforts
are necessary in order to reach this goal [1, 2]. Presently a variety of approaches is explored,
for instance loop quantum gravity and spin foam models based on Ashtekar’s variables [3–
5] or statistical mechanics models based on causal dynamical triangulations [6] or Regge
calculus [7]. All of these approaches come with their specific advantages and drawbacks.
A scenario which is particularly attractive from the physics point of view is the idea of
Asymptotic Safety [8] since it does not rely on any unproven assumptions such as, say, higher dimensions, supersymmetry, or the existence of extended objects such as strings or branes, for instance. However, its ultimate success will crucially depend on whether we are able to understand the nonperturbative dynamics of a background independent quantum field theory sufficiently well.

In its form based upon the gravitational average action [10] the first step in the Asymptotic Safety program consists in defining a coarse graining flow on an appropriate theory space which comprises action functionals depending on the metric or similar field variables. Then one searches for nontrivial fixed points of this flow by means of functional renormalization group (RG) techniques. If there is none, the idea fails right from the start. On the other hand, if such fixed points exist, one must embark on the second step and try to construct a complete RG trajectory entirely within the theory space of well defined actions whereby the limit corresponding to an infinite ultraviolet (UV) cutoff is taken at the fixed point in question. In the successful case this trajectory defines a (candidate for a) non-perturbatively renormalized quantum field theory whose properties and predictions can be explored then. Furthermore, as the last step of the program one can use the RG trajectory in order to construct a representation of the quantum theory in terms of a UV-regularized functional integral; only then one will know the underlying Hamiltonian system which, implicitly, got quantized by taking the UV limit at the fixed point computed [11].

During the past decade a large number of detailed studies of the gravitational RG flow has been performed and significant evidence for the viability of the Asymptotic Safety program was found. In particular, all investigations carried out to date unanimously agree on the existence of a non-Gaussian fixed point (NGFP) at which the infinite cutoff limit can be taken [10, 12–18].

However, exciting and encouraging as they are, these findings are still somewhat mysterious since there is no general physical or mathematical understanding yet as to why this fixed point should exist, rendering Quantum Einstein Gravity (QEG) nonperturbatively renormalizable. In fact, most of the existing investigations pick a certain truncated theory space and then calculate the $\beta$-functions describing the RG flow on it. Typically this step is technically extremely involved; often it requires developing new and non-standard computational tools and in any case it tends to be of frightening algebraic complexity. This is particularly true for the bimetric truncations [19–21, 40] which need to be considered as a consequence of the “paradoxical” implementation of background independence by means of background fields [22]. After the $\beta$-functions are found it is usually comparatively easy to solve the differential equations they give rise to, and to study the resulting RG flow. Only at this final point an interpretation in physical terms can be attempted. The input, a specific truncation ansatz, is typically selected because it is “natural” in mathematical terms, for instance as part of a derivative expansion or an asymptotic heat kernel series. Then, in order to systematically improve the ansatz, and to get an idea of the physics encapsulated in it, it is necessary to re-compute the $\beta$-functions within a modified truncation.

In this situation it would be very desirable to gain some intuitive understanding about the features of a truncated action functional which are essential for exploring Asymptotic Safety and which are not.
In this paper we take a first step in this direction by identifying a simple physical mechanism which, according to all average action-based studies of Asymptotic Safety, seems to underlie the formation of the crucial non-Gaussian RG fixed point in QEG. We shall demonstrate that it owes its existence to a predominantly paramagnetic interaction of the metric fluctuations with an external gravitational field.

Let us explain the meaning of “paramagnetic” in this context. It is well known that nonrelativistic electrons in an external magnetic field are described by the Pauli Hamiltonian

\[ H_P = \frac{1}{2m} (p - eA)^2 + \mu_B B \cdot \sigma . \]  

(1.1)

It is equally well known that the first term on the RHS of (1.1), essentially the gauge covariant Laplacian, gives rise to the Landau diamagnetism of a free electron gas, while the second term is the origin of the Pauli (spin) paramagnetism. The former is due to the electrons’ orbital motion, the latter to their spin alignment; they are characterized by a negative (\(\chi_{\text{Landau-dia}} < 0\)) and a positive (\(\chi_{\text{Pauli-para}} > 0\)) magnetic susceptibility, respectively. An important result is the relation between these two quantities,

\[ \chi_{\text{Landau-dia}} = -\frac{1}{3} \chi_{\text{Pauli-para}} , \]  

(1.2)

implying that it is always the paramagnetic component which “wins” and determines the overall sign of the total susceptibility: \(\chi_{\text{mag}} \equiv \chi_{\text{Landau-dia}} + \chi_{\text{Pauli-para}} > 0\).

From a more general perspective we should think of the Pauli Hamiltonian in position space as a nonminimal matrix differential operator, consisting of a covariant Laplacian, \(D^2 = (\nabla - ieA)^2\), plus a non-derivative term \(\propto B \cdot \sigma\) which involves the “curvature” \(B\) of the “connection” \(A\).

This pattern persists when we move on to the relativistic analog of (1.1), the square of the Dirac operator \(\not{D} \equiv \gamma^\mu D_\mu \equiv \gamma^\mu (\partial_\mu - ieA_\mu)\), namely

\[ \not{D}^2 = D^2 - \frac{i}{2} \epsilon^{\mu\nu\lambda\sigma} F_{\mu\nu} \gamma_\lambda \gamma_\sigma . \]  

(1.3)

This differential operator, too, is nonminimal. It comprises a covariant Laplacian, \(D^2 \equiv D^\mu D_\mu\), responsible for the orbital motion-related “diamagnetic” effects, and a non-derivative term which is non-diagonal in spinor space and causes the “paramagnetic” effects.\(^1\)

The same physics based distinction of orbital motion vs. spin alignment effects can also be made for bosonic systems. Let us consider an \(\text{SU}(N)\) gauge field \(A^a_\mu\), \(a = 1, \cdots, N^2 - 1\), governed by the classical Yang-Mills Lagrangian \(\propto (F^a_{\mu\nu})^2\). If we expand \(A^a_\mu\) at some background field \(\bar{A}^a_\mu\), small fluctuations about this background, \(\delta A^a_\mu\), are described by a quadratic action of the form \(\int \delta A^a_\mu (\cdots) \delta A^b_\nu\). In Feynman gauge the kernel \((\cdots)\) is given by the nonminimal operator

\[ (\bar{D}^2)^{ab} \delta_\mu^\nu - 2ig \bar{F}^{ab} \delta_\mu^\nu . \]  

(1.4)

\(^1\)From the mathematical point of view the operator (1.3) generalizes to a large class of nonminimal second order operators with similar properties, the Laplacians admitting a Weitzenböck decomposition [23]. They play an important role in differential geometry (Lichnerowicz- and Bochner theorems).
Here \( \bar{D}^2 \equiv \bar{D}^\mu \bar{D}_\mu \) and \( F_{\mu \nu} \) are built from the background field. Clearly the operator (1.4) has the same structure as (1.3), namely a Laplacian, covariantized by means of a certain connection, plus a multiplicative term linear in the corresponding curvature.

The fluctuations \( \delta A_\mu^a \) have two qualitatively different interactions with the background field \( \bar{A}_\mu^a \): an orbital one \( \propto \int \delta A \bar{D}^2 \delta A \) related to their spacetime dependence, and an ultralocal one \( \propto \int \delta A \bar{F} \delta A \) which is sensitive to the orientation of the fluctuations relative to the background in color space. In this sense, one considers the vacuum a color magnetic medium where the corresponding susceptibility turns out to be proportional to the \( \beta \)-function of the Yang-Mills coupling. The occurrence of two different types of contributions in (1.4) raises the question whether in Yang-Mills theory, too, there are specific effects which can be attributed to the first, “diamagnetic”, and the second, “paramagnetic”, term separately [24].

A well known example where this can be done [25–29] is asymptotic freedom [32]. In fact, the one-loop Yang-Mills \( \beta \)-function can be presented in the decomposed form

\[
\beta_{g^2} = -\frac{N}{24\pi^2} \left[ 12 - 2 + 1 \right] g^4,
\]

where the “+12” is due to the fluctuations’ paramagnetic interaction, the “-2” stems from the diamagnetic one, and the “+1” comes from the Faddeev-Popov ghosts. The paramagnetic and diamagnetic contributions come with an opposite sign, but since the former are six times bigger than the latter, it is the paramagnetic interaction that determines the overall negative sign of \( \beta_{g^2} \). In this respect \( \beta_{g^2} \) is analogous to the magnetic susceptibility \( \chi_{\text{mag}} \) whose sign is also determined by the competition of para- and diamagnetic effects, the clear winner being paramagnetism.

Thus we can say that in Yang-Mills theory asymptotic freedom is due to the predominantly paramagnetic interaction of gauge field fluctuations with external fields.

In this paper we are going to show that the Asymptotic Safety of QEG is, in the sense of this magnetic analogy, very similar to the asymptotic freedom of Yang-Mills theory, the main difference being that the Gaussian fixed point implicit in perturbative renormalization is replaced by a nontrivial one now. The similarities are most clearly seen in the Einstein-Hilbert truncation of the QEG theory space [10]. The dynamics of fluctuations \( h_{\mu \nu}(x) \) about a prescribed metric background \( \bar{g}_{\mu \nu}(x) \) is given by a quadratic action \( \propto \int \sqrt{\bar{g}} h_{\mu \nu}(\cdots) h^{\mu \nu}(\cdots) \) whose kernel \( \cdots \) is found by expanding the Einstein-Hilbert action to second order. The result with a harmonic gauge fixing is again a nonminimal matrix differential operator with a clear separation of “diamagnetic” vs. “paramagnetic” couplings to the background:

\[
-\bar{K}^{\mu \nu}_{\rho \sigma} \bar{D}^2 + \bar{U}^{\mu \nu}_{\rho \sigma}.
\]

Here \( \bar{D}^2 \equiv \bar{g}^{\mu \nu} \bar{D}_\mu \bar{D}_\nu \), where \( \bar{D}_\mu \) is the covariant derivative with respect to the Levi-Civita connection given by \( \bar{g}_{\mu \nu} \), and \( \bar{U}^{\mu \nu}_{\rho \sigma} \) is a tensor built from the background’s curvature tensor,

\[
\bar{U}^{\mu \nu}_{\rho \sigma} = \frac{1}{4} \left[ \bar{g}^{\mu \nu} \bar{g}^{\rho \sigma} + \bar{g}^{\mu \sigma} \bar{g}^{\rho \nu} - \bar{g}^{\mu \nu} \bar{g}^{\rho \sigma} \right] \left( \bar{R} - 2\Lambda k \right) + \frac{1}{2} \left[ \bar{g}^{\mu \nu} \bar{R}_{\rho \sigma} + \bar{g}_{\rho \sigma} \bar{R}^{\mu \nu} \right] - \frac{1}{4} \left[ \delta^\mu_\rho \bar{R}^{\nu \sigma} + \delta^\mu_\sigma \bar{R}^{\nu \rho} + \delta^\nu_\rho \bar{R}^{\mu \sigma} + \delta^\nu_\sigma \bar{R}^{\mu \rho} \right] - \frac{1}{2} \left[ \bar{R}^{\mu \nu}_{\rho \sigma} + \bar{R}^{\nu \mu}_{\rho \sigma} \right].
\]
Furthermore, $\check{K}^{\mu\nu}_{\rho\sigma} = \frac{1}{4} \left[ \delta^\mu_\rho \delta^\nu_\sigma + \delta^\mu_\sigma \delta^\nu_\rho - \bar{g}^{\mu\nu} \bar{g}_{\rho\sigma} \right]$. The rôle of $\beta_{g^2}$ in 4D Yang-Mills theory is played by the anomalous dimension $\eta_N$ of Newton’s constant now. Here, too, it is possible to disentangle dia- and paramagnetic contributions. Again they come with opposite signs, and the paramagnetic effects turn out much stronger than their diamagnetic competitors or the ghosts.

As a consequence, the negative sign of $\eta_N$ governing the RG running of Newton’s constant, crucial for Asymptotic Safety and gravitational antiscreening, originates from the paramagnetic interaction of the metric fluctuations with their background (or “condensate”). The diamagnetic effects counteract the antiscreening trend and the formation of an NGFP, but they are too weak to overwhelm the paramagnetic ones. This is what we shall call paramagnetic dominance.

Thus we see that it is the nonminimal part of the fluctuations’ inverse propagator (1.6) that determines the essential features of nonperturbative gravity. This mechanism becomes manifest in the special case of three dimensions. There are no propagating degrees of freedom in $d = 3$, that is no gravitational waves. Nevertheless the couplings parametrizing a generic effective average action, such as the scale dependent Newton constant, for instance, show a nontrivial RG running, very much like in 4 dimensions. In this paper we shall resolve this apparent paradox as follows. Diagrammatically speaking, the non-existence of propagating physical gravitons is a result of the antagonistic effects of the metric fluctuations and the ghosts circulating inside loops. If, and only if, $d = 3$ the contributions due to their respective $D^2$ kinetic terms cancel precisely. Hence the net “diamagnetic” contribution vanishes exactly. Allowing for a non-flat background, however, the fluctuation modes couple nontrivially to its curvature. As a result the entire RG behavior is determined by this “paramagnetic” interaction.

We shall also address the special case of $2 + \epsilon$ dimensions in detail since in the past there has been a certain confusion about the correct leading order coefficient in the $\beta$-function for Newton’s constant. This longstanding controversy will be resolved by attributing the different results to a different treatment of the paramagnetic interaction term.

To complete the picture of “paramagnetic dominance” we shall then leave the old-type single-metric computations and investigate an example of a bimetric truncation ansatz [19–21]. For this purpose we consider an action $\propto \int \sqrt{g} \, A \left( -D^2 + \xi R \right) A$, describing scalar fields $A$, nonminimally coupled to the metric, and carefully distinguish the dynamical from the background metric during the calculation. The dynamics of $A$ is determined by the nonminimal differential operator

$$- D^2 + \xi R, \quad (1.8)$$

similar to the ones mentioned above. Varying the parameter $\xi$ which is treated as a scale independent constant we shall study the impact of the “paramagnetic” term on the resulting RG flow. As we will demonstrate, only for $\xi$ large enough one finds a fixed point with a positive value of Newton’s constant.

Before presenting the details of the mechanism mentioned above we shall briefly summarize some essentials of the calculational method we employ.
In our approach the scale dependence due to the renormalization or “coarse graining” processes is studied by means of the effective average action \( \Gamma_k \).\(^2\) The basic feature of this action functional consists in integrating out all quantum fluctuations of the underlying fields from the UV down to an infrared cutoff scale \( k \). In a sense, \( \Gamma_k \) can be considered the generating functional of the 1PI correlation functions that take into account the fluctuations of all scales larger than \( k \). Consequently, for \( k = 0 \) it coincides with the usual effective action, \( \Gamma_{k=0} = \Gamma \). On the other hand, in the limit \( k \to \infty \), \( \Gamma_k \) approaches the bare action \( S \), apart from a simple, explicitly known correction term.\(^1\)

Starting from the functional integral definition of \( \Gamma_k \) one may investigate its scale dependence by taking a \( k \)-derivative, which results in the exact functional renormalization group equation (FRGE)\(^{[33–35]}\)

\[
\partial_t \Gamma_k = \frac{1}{2} \text{STr} \left[ \left( \Gamma_k^{(2)} + \mathcal{R}_k \right)^{-1} \partial_t \mathcal{R}_k \right].
\]

Here we introduced the RG time \( t = \ln k \). The differential operator \( \mathcal{R}_k \) in (1.9) comprises the infrared cutoff: in the corresponding path integral the bare action \( S \) is replaced by \( S + \Delta_k S \) where the cutoff action added is quadratic in the fluctuations \( \phi \), \( \Delta_k S \propto \int \phi \mathcal{R}_k \phi \). Furthermore, \( \Gamma_k^{(2)} \) denotes the “matrix” of second functional derivatives with respect to the dynamical fields. The functional supertrace in (1.9) includes a trace over all internal indices, and a sum over all dynamical fields, with an extra minus sign for the Grassmann-odd ones.

The effective average action “lives” in the infinite dimensional “theory space” of all action functionals depending on a given set of fields and respecting the required symmetries. Its RG evolution determined through eq. (1.9) amounts to a curve \( k \mapsto \Gamma_k \) in theory space. Since the FRGE leads in general to a system of infinitely many coupled differential equations, one usually has to resort to truncations of the theory space. For this purpose \( \Gamma_k \) is expanded in a basis of field monomials \( P_\alpha[\cdot] \), i.e. \( \Gamma_k[\cdot] = \sum_\alpha c_\alpha(k) P_\alpha[\cdot] \), but then one truncates the sum after a finite number of terms. Thus the scale dependence of \( \Gamma_k \) is described by finitely many running couplings \( c_\alpha(k) \). Projecting the RHS of (1.9) onto the chosen subspace of theory space the resulting system of differential equations for the couplings remains finite, too. In this way we obtain the \( \beta \)-functions for the couplings \( c_\alpha \).

In most studies of quantum gravity carried out so far the monomials \( P_\alpha[\cdot] \) retained in the truncation ansatz were local functionals of the metric, typically powers of the curvature tensor and its contractions. By analogy with Yang-Mills theory this should be a valid approximation at high scales \( k \) when the trajectory is close to its UV fixed point. In fact, for \( k \to \infty \) the average action approaches \( \Gamma_\ast \) which is essentially the same as the bare action \( S \), that, at least in a standard field theory such as QCD, is a simple local functional. On the other hand, when \( k \) approaches the QCD (confinement) scale \( \Lambda_{QCD} \) from above purely local truncations become insufficient, and finally, for \( k \to 0 \) at the latest, all the nonlocal terms are generated which must be present in the ordinary 1PI generating functional \( \Gamma_{k=0} \equiv \Gamma \). In QEG the situation is believed to be similar, with the Planck mass playing a rôle analogous

\(^2\)Unless stated otherwise, all bare and effective actions considered in this paper refer to a Euclidean spacetime.
to $\Lambda_{\text{QCD}}$. (See [13] for a discussion.) Since we are mostly interested in UV aspects of the RG flow here, nonlocal terms are unlikely to be qualitatively important.

In order to illustrate the main idea of this work we shall thus use simple local truncation ansätze for the respective system, for instance the Yang-Mills action $\propto \int (F_{\mu\nu})^2$ for an SU($N$) gauge theory, or the Einstein-Hilbert action in the case of gravity, each one furnished with running couplings.

The remaining sections in this article are organized as follows. Section 2 demonstrates the idea of distinguishing between the two ‘magnetic’ contributions with the help of two examples: fermions in QED and gauge bosons in Yang-Mills theory. In section 3 we perform the analogous analysis for gravity and focus on the question which terms render QEG, in the Einstein-Hilbert truncation, asymptotically safe. Section 4 is devoted to the investigation of a matter induced bimetric action. In section 5 we interpret the spacetimes of QEG as a polarizable medium, emphasizing certain analogies with Yang-Mills theory. Our main results are summarized in section 6.

2 Paramagnetic dominance: known examples

This section is meant to demonstrate our method by means of two well-known examples: QED and Yang-Mills theory.

By calculating the interaction energy between two (generalized) charges it is possible to define analogs of the electric and magnetic susceptibility also for other field theories than electrodynamics, for instance Yang-Mills theory [28]. From a renormalization point of view this can be used to establish a connection between the susceptibility and the $\beta$-function. Let us consider a massless charged field with spin $S$ and renormalized charge $g$. The lowest order of the $\beta$-function for $g^2$ is quartic in $g$, so that one can expand $\beta g^2 = \beta_0 g^4 + \mathcal{O}(g^6)$. Then one finds a relation for the magnetic susceptibility, $\chi_{\text{mag}} \propto \beta_0$, where $\beta_0$ is given by

$$\beta_0 = -\frac{(-1)^{2S}}{4\pi^2} \left[ (2S)^2 - \frac{1}{3} \right]. \quad (2.1)$$

Here the first term, $(2S)^2$, is due to the “paramagnetic” interaction, while the $-\frac{1}{3}$ is the “diamagnetic” contribution. For spin-$\frac{1}{2}$ fermions eq. (2.1) reduces to $\beta_0^{\text{QED}} = \frac{1}{4\pi^2} \left[ 1 - \frac{1}{3} \right]$, reproducing relation (1.2): $\beta_0^{\text{dia}} = -\frac{1}{4\pi^2} \beta_0^{\text{para}}$. A similar result is obtained in QCD. One has to determine the weighted sum over all charged gluons contributing to (2.1) [27]. Then the gluon-only part of the $\beta$-function at lowest order is seen to assume the form $\beta_0^{\text{QCD}} = -\frac{1}{4\pi^2} \left[ 12 - 1 \right]$.

In the following we shall rederive these findings within the FRGE approach, and present the analysis in a way which lends itself to a generalization to gravity.

2.1 Paramagnetic dominance in QED

In order to derive the QED $\beta$-function we have to choose an appropriate truncation for the effective average action $\Gamma_k$. Since we are interested only in the lowest order of the
\(\beta\)-function, it is sufficient to consider the simple ansatz, in 4 Euclidean dimensions,

\[
\Gamma_k[A, \bar{\psi}, \psi] = \int d^4x \left[ Z_{F,k} \frac{1}{4} F_{\mu \nu} F^{\mu \nu} + \bar{\psi} D \psi \right]. \tag{2.2}
\]

Here \(F_{\mu \nu} \equiv \partial_\mu A_\nu - \partial_\nu A_\mu\) is the field strength tensor built from the gauge field \(A_\mu\), \(\psi\) denotes the fermion field, and \(Z_{F,k}\) is a wave function renormalization constant. We do not include any mass term since it would not change our conclusions qualitatively. Using (2.2) we determine the influence of the fermion field on the running of \(Z_{F,k}\), that is, on the propagation of the gauge field.

With the above truncation it is sufficient to quantize the fermions, keeping the gauge field as a classical background. As a result the FRGE (1.9) can be written in the form

\[
\partial_t \Gamma_k = - \text{Tr} \left[ \left( \Gamma_k^{(2)} + R_k \right)^{-1} \bar{\psi} \psi \partial_t R_k \right], \tag{2.3}
\]

where the trace is over fermionic fluctuation modes only, and the second functional derivative is given by \(\Gamma_k^{(2)}(x, y) \equiv \delta/\delta \bar{\psi}(x) [\delta/\delta \psi(y) \Gamma_k]\) with suppressed spinor indices. It is convenient to reexpress the RHS of (2.3) such that \(\Gamma_k^{(2)} = \mathcal{D}\) makes its appearance via its square only. For this purpose one can exploit the formal operator trace identity

\[
\text{Tr} \ln(a/D^2 + b^2) = \frac{1}{2} \text{Tr} \ln(-a^2/D^2 + b^2),
\]

which is valid for an adequate regularization of the trace [29, 30]. Provided that \(R_k \propto 1\) we obtain

\[
\text{Tr} \left( \frac{\partial_t R_k}{\Gamma_k^{(2)} + R_k} \right) = \frac{1}{2} \text{Tr} \left( \frac{\partial_t (R_k^2)}{-\mathcal{D}^2 + R_k^2} \right), \tag{2.4}
\]

with the cutoff operator \(R_k \equiv R_k(-\mathcal{D}^2) \equiv k R^{(0)}(-\mathcal{D}^2/k^2)\). Here \(R^{(0)}\) is an arbitrary cutoff shape function interpolating smoothly between \(R^{(0)}(0) = 1\) and \(R^{(0)}(\infty) = 0\).

At this point we see how the separation of the magnetic contributions arises naturally: the operator \(\mathcal{D}^2\) appearing under the functional trace of (2.4) satisfies the relation

\[
\mathcal{D}^2 = D^2 - \frac{i}{2} \bar{e} \gamma^\mu \gamma^\nu F_{\mu \nu}, \tag{2.5}
\]

where \(\bar{e}\) denotes the bare charge. The first, minimal, term in (2.5) is referred to as the diamagnetic part and the second, nonminimal, one as the paramagnetic part. We shall now disentangle these different contributions up to the final result for the \(\beta\)-function.

Applying standard heat kernel techniques [31] we can project the trace occurring in (2.3) and (2.4) onto a basis of monomials constructed from the field strength tensor. A comparison of the coefficients of \(\int d^4x F_{\mu \nu} F^{\mu \nu}\) in (2.3) yields a relation for the anomalous dimension \(\eta_F \equiv -\partial_t \ln Z_{F,k}\). If we define the renormalized charge by \(e^2 = Z_{F,k}^{-1} \bar{e}^2\), we finally arrive at

\[
\partial_t e^2 = \beta_{e^2} = \frac{1}{4\pi^2} \left[ \left\{ 1 \right\}_\text{para} + \left\{ -\frac{1}{3} \right\}_\text{dia} \right] e^4. \tag{2.6}
\]

We use curly brackets in (2.6) in order to separate and label the different contributions to the total sum. This notation will be employed in the following sections, too. As we
expected, the result according to (2.1) is retrieved. In particular, we clearly see the relation \( \beta_{\text{dia}}^{e^2} = -\frac{1}{3} \beta_{\text{para}}^{e^2} \). The positive sign of \( \beta_{e^2} \) is a crucial feature of QED. It is responsible for screening effects, and for a possible singularity of the renormalized charge emerging at a large but finite energy scale, the Landau pole \([36]\). Since it is the paramagnetic term in (2.6) that dictates the overall sign, we can conclude that the qualitative properties of QED, particularly its asymptotic behavior, are determined by paramagnetism. We emphasize that these findings, based on (2.6), are universal, i.e. they are independent of the cutoff shape function \( R(0) \) we choose.

### 2.2 Paramagnetic dominance in Yang-Mills theory

Now we transfer the concepts employed above for QED to the non-Abelian case, and investigate in particular the origin of asymptotic freedom in Yang-Mills theory, viewing its vacuum as a color magnetic medium. We keep the spacetime dimension \( d \) arbitrary. For \( d \neq 4 \) the Yang-Mills coupling is dimensionful and so the \( \beta \)-function of its dimensionless counterpart contains the classical scaling dimension \( d - 4 \) besides the anomalous dimension \( \eta_F \):

\[
\partial_t g^2 = \beta_{g^2} \equiv (d - 4 + \eta_F)g^2.
\]  

(2.7)

Since it is \( \eta_F \) that comprises the quantum effects we are interested in, we shall discuss the different “magnetic” contributions at the level of \( \eta_F \) rather than the \( \beta \)-function.

![Figure 1](image)

**Figure 1.** Schematic diagram of the coupling of YM-field fluctuations to the background.

Within the nonperturbative setting the calculation proceeds as follows. If we employ the background formalism, i.e. split the dynamical gauge field \( A^a_\mu \) into a sum of a rigid background \( \bar{A}_\mu^a \) and a fluctuation \( a_\mu \equiv \delta A^a_\mu \), the propagation of the fluctuating field is crucially influenced by its interaction with the background. In this regard the background assumes the role of an external color magnetic field that couples to the fluctuations and probes their properties, see figure 1. Our goal is to determine the scale dependence of the corresponding coupling constant.

Choosing the gauge group \( SU(N) \) we construct gauge invariant combinations of the gauge field \( A^a_\mu \) as candidates for appropriate action monomials. Here it turns out sufficient to follow ref. [34] and consider a simple truncation for \( \Gamma_k \) which consists of the usual Yang-Mills action, equipped with a scale dependent prefactor, plus a gauge fixing term:

\[
\Gamma_k[A, \bar{A}] = \int d^d x \left\{ \frac{1}{4} Z_{F,k} F^a_{\mu\nu}[A] F^{a\mu\nu}[A] + \frac{Z_{F,k}}{2 \alpha_k} [D_\mu[A](A^\mu - \bar{A})^\mu]^2 \right\}.
\]  

(2.8)

Here the field strength tensor is given by \( F^a_{\mu\nu}[A] = \partial_\mu A^a_\nu - \partial_\nu A^a_\mu + \bar{g} f_{bc}^a A^b_\mu A^c_\nu \) with the bare charge \( \bar{g} \) and the structure constants \( f_{bc}^a \). The gauge fixing parameter \( \alpha_k \) will be set to the constant value 1 in the following.

For truncations of the type (2.8) the general, exact FRGE for Yang-Mills fields [34] boils down to the following decomposed form which treats gauge boson and ghost contributions
separately:
\[
\partial_k \Gamma_k[A, \bar{A}] = \frac{1}{2} \operatorname{Tr} \left\{ \left( \Gamma_k^{(2)}[A, \bar{A}] + \mathcal{R}_k[\bar{A}] \right)^{-1} \partial_t \mathcal{R}_k[\bar{A}] \right\} - \operatorname{Tr} \left\{ \left( \mathcal{D}_S[\bar{A}] + \mathcal{R}_k^{gh}[\bar{A}] \right)^{-1} \partial_t \mathcal{R}_k^{gh}[\bar{A}] \right\},
\]
(2.9)
where \((\mathcal{D}_S[\bar{A}])^a_b \equiv -(D_{\mu}[\bar{A}] D^{\mu}[\bar{A}])^a_b\). Note the different arguments in the respective cutoff operators which are chosen as in [34]. The gauge boson cutoff depends on
\[
\mathcal{D}_F[\bar{A}] \equiv -D^2[\bar{A}] + 2i\bar{g} F[\bar{A}],
\]
(2.10)
a color matrix in the adjoint representation, while \(\mathcal{R}_k^{gh}[\bar{A}] \equiv \mathcal{R}_k(\mathcal{D}_S[\bar{A}])\) for the ghosts.

After taking the second functional derivative in (2.9) we may identify \(\bar{A} = A\), project the traces onto the functional \(\int d^dx F^a_{\mu\nu}[A] F_a^{\mu\nu}_k[A]\), and deduce the running of \(Z_{F,k}\). With the gauge fields identified, \(\Gamma_k^{(2)}\) reduces to
\[
\Gamma_k^{(2)}[A] \equiv \frac{\delta^2}{\delta A^2} \Gamma_k[A, \bar{A}] \big|_{\bar{A} = A} = Z_{F,k} D_F[A] = Z_{F,k} \left( - D^2 + 2i\bar{g} F \right).
\]
(2.11)
We observe that the operator (2.11) has a similar form as its QED analog (2.5). Thus an obvious notion of “diamagnetic” vs. “paramagnetic” contributions suggests itself: the first term of the RHS in (2.11) represents diamagnetic interactions, and the second, nonminimal, term paramagnetic ones. The only difference compared to the fermions in QED occurs due to the additional ghost term in the FRGE. Since the ghost analog of (2.11) is a minimal operator, \(\mathcal{D}_S = -D^2\), its induced effects will be referred to as “ghost-diamagnetic” in the following.

Again we expand the traces in (2.9) as a heat kernel series, compare the coefficients of \(\int d^dx F^a_{\mu\nu}[A] F_a^{\mu\nu}_k[A]\), and obtain a differential equation describing the scale dependence of \(Z_{F,k}\). In terms of the dimensionless renormalized charge \(g^2 \equiv k^{d-4} Z_{F,k}^{-1} g^2\) this results in a relation for the anomalous dimension \(\eta_F \equiv -\partial_t \ln Z_{F,k}\),
\[
\eta_F(g) = -\frac{1}{3} (4\pi)^{-d/2} N \Phi_{d/2-2}(0) \left[ \{ 24 \}_\text{para} + \{ -d \}_\text{dia} + \{ 2 \}_\text{ghost-dia} \right] g^2 + \mathcal{O}(g^4).
\]
(2.12)
The factor \(\Phi_{d/2-2}(0)\) in (2.12) denotes one of the standard threshold functions, evaluated at vanishing argument. In general they are defined by [10]
\[
\Phi_n^p(w) \equiv \frac{1}{\Gamma(n)} \int_0^\infty dz \, z^{n-1} \frac{R^{(0)}(z) - z R^{(0)}(z)}{[z + R^{(0)}(z) + w]^p}, \quad n > 0,
\]
(2.13)
with the cutoff shape function \(R^{(0)}\). For later use we also introduce
\[
\tilde{\Phi}_n^p(w) \equiv \frac{1}{\Gamma(n)} \int_0^\infty dz \, z^{n-1} \frac{R^{(0)}(z)}{[z + R^{(0)}(z) + w]^p}, \quad n > 0.
\]
(2.14)
\footnote{See [34] for the details of the calculation.}
In the case \( n = 0 \) we define \( \Phi_p^0(w) = \tilde{\Phi}_p^0(w) = (1 + w)^{-p} \). The threshold functions \( \Phi_n^p \) and \( \tilde{\Phi}_n^p \) are positive for all \( n \), in particular, concerning eq. (2.12), \( \Phi_{d/2-2}^1(0) > 0 \) for any \( d \). In a generic dimension the numerical value of \( \Phi_{d/2-2}^1(0) \) depends on the shape function \( R^{(0)} \). The case \( d = 4 \) is special in that \( \Phi_0^1(0) = 1 \) for any \( R^{(0)} \).

We emphasize the importance of relation (2.12). For all \( d \) smaller than 24 we find the paramagnetic part to be dominant. With regard to relative signs, the diamagnetic effect counteracts the paramagnetic and the ghost one. However, the diamagnetic contribution is subdominant up to the “critical” dimension \( d = 26 \) which has \( \eta_F = 0 \). Hence, for \( d < 26 \) the anomalous dimension is negative, and this is basically due to the paramagnetic term. In turn, it is this sign that determines the qualitative behavior of the coupling \( g \) at high energies. Therefore, one can say that paramagnetism decides about whether or not the Yang-Mills theory is asymptotically free/safe.

The total diamagnetic contribution in (2.12) is proportional to \( (d - 2) \). This reflects the number of propagating (!) physical gauge bosons: for every color direction, the \( d \) originally available degrees of freedom of each gauge field are reduced by 2 units if one exploits gauge invariance and the freedom to perform a residual gauge transformation on shell [9]. This leads to \( (d - 2) \) degrees of freedom, similar to the situation of a photon in electrodynamics. The vanishing number of both propagating and physical degrees of freedom in \( d = 2 \) corresponds to a vanishing total diamagnetic contribution, such that \( \eta_N \) is given entirely by the paramagnetic term. We will encounter an analogous behavior for gravity in \( d = 3 \) later on.

Finally, we focus on the case \( d = 4 \). Then \( \eta_F \) becomes universal since \( \Phi_0^1(0) = 1 \) is independent of the cutoff, and so we obtain

\[
\eta_F = -\frac{N}{24\pi^2} \left[ \{12\}_{\text{para}} + \{-2\}_{\text{dia}} + \{1\}_{\text{ghost-dia}} \right] g^2 + O(g^4),
\]

or, equivalently,

\[
\beta g^2 = -\frac{N}{24\pi^2} \left[ \{12\}_{\text{para}} + \{-2\}_{\text{dia}} + \{1\}_{\text{ghost-dia}} \right] g^4 + O(g^6). \tag{2.15}
\]

The crucial overall minus sign driving \( g \) to zero in the high energy limit results from the first term of the sum. Thus we can conclude for four-dimensional Yang-Mills theory that asymptotic freedom occurs only due to the paramagnetic interactions. In the QCD case with \( N = 3 \) we see that (2.15) is in agreement with eq. (2.1).

As for higher dimensions, the \( F^2 \)-truncation used here leads to a non-Gaussian fixed point \( g_* \neq 0 \). There \( \beta g^2 \) vanishes by virtue of \( d - 4 + \eta_F(g_*) = 0 \) for \( 4 < d < 26 \). According to an improved truncation [37] this NGFP seems likely to disappear for dimensionalities too far above 4.

Let us recapitulate. We considered the inverse propagator, an operator of the form \(-\bar{D}^2 + U\) with a potential term \( U \). It consists of two parts, a minimal one of Laplace type and a nonminimal one. The effects induced by these different parts, in particular their impact on the \( \beta \)-function, are called diamagnetic and paramagnetic, respectively. We found the latter to prevail in QED and Yang-Mills theory. Diamagnetism, in this sense, correspond to rather different types of interactions the quantized field fluctuations have with their classical background: via their spacetime modulation, measured by \( \bar{D}^2 \) in the
“dia” case, and by aligning their internal degrees of freedom to the external field in the “para” case.

Before identifying the same mechanism also in gravity we shall mention some subtleties concerning the notion of dia- and paramagnetic media.

2.3 The vacuum as a magnetic medium

The results of the previous subsections may be seen as a confirmation of eq. (2.1), or

\[
\beta_0 = -\frac{(−1)^{2S}}{4\pi^2} \left[ \left\{ (2S)^2 \right\}_{\text{para}} + \left\{ -\frac{1}{3} \right\}_{\text{dia}} \right],
\]

for the cases \( S = \frac{1}{2} \) and \( S = 1 \), respectively. However, this formula is valid more generally for any massless field of spin \( S \), carrying nonzero Abelian or non-Abelian charge, and having a \( g \)-factor of exactly 2.

Concerning our discussion of paramagnetic dominance the important point about (2.16) is the following: even though for all spins \( S \geq \frac{1}{2} \) the paramagnetic contribution to \( \beta_0 \) is larger than the diamagnetic one which comes with the opposite sign, the total sign of \( \beta_0 \) nevertheless alternates with \( S \). This results from the overall factor \( (−1)^{2S} \) which can be seen as a consequence of the spin-statistic theorem or of the Feynman rule requiring an extra minus sign for every fermion loop. Without this extra factor, QED would be asymptotically free since both in Yang-Mills theory and in QED the “para” contribution to \( \beta_0 \) overrides the “dia” one.

Asymptotic freedom can be understood in an elementary way by viewing the vacuum state of the quantum field theory under consideration as a magnetic medium and analyzing the response of this medium to an external magnetic field \[24, 26–28\]. Besides the (electromagnetic or color) fields \( E, B \) it is then useful to introduce also \( D = E + P \) and \( H = B - M \) with the polarization \( P \) and the magnetization \( M \), respectively \[38\]. In terms of the corresponding effective Lagrangian \( L_{\text{eff}}(E, B) \),

\[
D_i = \frac{\partial L_{\text{eff}}}{\partial E_i}, \quad H_i = -\frac{\partial L_{\text{eff}}}{\partial B_i}. \tag{2.17}
\]

Introducing electric and magnetic susceptibilities \( \chi_{\text{el}} \) and \( \chi_{\text{mag}} \) by \( P = \chi_{\text{el}} E \) and \( M = \chi_{\text{mag}} H \), and the permeabilities \( \varepsilon = 1 + \chi_{\text{el}} \) and \( \mu = 1 + \chi_{\text{mag}} \), we have then \( D = \varepsilon(E, B) E \) and \( H = \mu(E, B)^{-1} B \). The field dependence of \( \varepsilon \) and \( \mu \) (which are tensors in general) is determined by \( L_{\text{eff}} \). As usual a medium is called diamagnetic if \( \chi_{\text{mag}} < 0 \), and paramagnetic if \( \chi_{\text{mag}} > 0 \).

Up to here the setting is exactly the same as in condensed matter physics. A special feature of Lorentz invariant quantum field theories on Minkowski space is that \( \varepsilon \mu = 1 \), or \( \varepsilon(E, B) = \mu(E, B)^{-1} \). Hence, when \( \varepsilon \) and \( \mu \) are close to unity we have approximately \( \chi_{\text{el}} \approx -\chi_{\text{mag}} \).

A homogeneous, isotropic medium, the vacuum of some quantum field theory, say, is screening electric charges if \( \varepsilon > 1, \chi_{\text{el}} > 0 \). In the relativistic case this implies \( \mu < 1, \chi_{\text{mag}} < 0 \), and so the vacuum is a diamagnetic medium.
If, instead, the medium is *antiscreening* electric charges we have \( \varepsilon < 1, \chi_{el} < 0 \), and Lorentz invariance implies \( \mu > 1, \chi_{mag} > 0 \). The vacuum state represents a *paramagnetic medium* then.

Here we used the usual terminology of calling a medium dia- (para-) magnetic when \( \mu < 1 (\mu > 1) \). We stress that a priori this notion has little or nothing to do with our earlier discussion of dia- vs. paramagnetic *interactions*. It is only in the nonrelativistic theory of standard magnetic materials that “paramagnetic dominance” leads to a “paramagnetic medium”. In the present generalized context, however, *the vacuum state of a quantum field theory can behave as a diamagnetic medium even though paramagnetic interactions dominate*.

This possibility is closely related to the point we made about the factor \((-1)^{2S}\) in the formula (2.16) for \( \beta_0 \). In fact, if one computes \( \mathcal{L}_{\text{eff}} \) for the field theory this formula applies to, and determines the field dependent magnetic susceptibility from it, the result reads [24, 26, 27]:

\[
\chi_{\text{mag}}(B) = -\frac{1}{2} \beta_0 g^2 \ln \left( \frac{\Lambda^2}{gB} \right). \tag{2.18}
\]

Here \( \Lambda \) is a UV cutoff, and we employ a normalization such that \( \chi_{\text{mag}}(B = \Lambda^2/g) = 0 \). Lowering \( B \) below \( \Lambda^2/g \) we integrate out the modes with eigenvalues in the interval \([gB, \Lambda^2] \).

This renders \( \chi_{\text{mag}} \) nonzero whereby its sign is correlated with the sign of \( \beta_0 \):

\[
\begin{align*}
\beta_0 > 0 & \Rightarrow \chi_{\text{mag}} < 0, \text{ diamagnetic medium} \\
\beta_0 < 0 & \Rightarrow \chi_{\text{mag}} > 0, \text{ paramagnetic medium}
\end{align*} \tag{2.19}
\]

As a consequence, since \( \beta_0^{\text{QED}} > 0 \) the vacuum of QED is a diamagnetic medium, while by virtue of \( \beta_0^{\text{YM}} < 0 \) the vacuum state of non-Abelian gauge bosons is a paramagnetic one. But in both cases we have “paramagnetic dominance” as far as the relative strength of the two interactions is concerned!

Again, the perhaps unexpected diamagnetism of the QED vacuum is due to the extra minus sign for fermions. Note that in scalar electrodynamics we have \( \beta_0 > 0 \), too. For \( S = 0 \) we loose the minus sign from the statistics now, but since the scalar has no paramagnetic interaction at all and shows “diamagnetic dominance”, the bracket in (2.16) also changes its sign (relative to the spinor case). Thus, in scalar electrodynamics, we have the perhaps less surprising association of diamagnetic material properties to diamagnetic interactions.

3 Paramagnetic dominance and Asymptotic Safety in QEG

In this section we investigate Asymptotic Safety in Quantum Einstein Gravity. Using the gravitational average action [10] many different truncations and models have been analyzed [15–17]. These studies all share one central result: the existence of a non-Gaussian fixed point (NGFP), the crucial prerequisite for a theory to be asymptotically safe. However, the most obvious question remained open: what is the physical reason for this fixed point to appear? Why do all those many independent computations conspire to give the same result? And, could the NGFP get “destroyed” in some way? In order to approach this
problem we shall avail ourselves of the same concept as in the previous section, based on the generalized dia- and paramagnetic interactions of quantum fluctuations with their background. The analogy between gravity and Yang-Mills theory is made clear in the following.

In the framework of the gravitational average action the dynamical metric $\gamma_{\mu\nu}$ is written as a sum of a fixed background metric $\bar{g}_{\mu\nu}$ and the fluctuations $h_{\mu\nu}$, i.e. $\gamma_{\mu\nu} = \bar{g}_{\mu\nu} + h_{\mu\nu}$. For its expectation value we have analogously $g_{\mu\nu} \equiv \langle \gamma_{\mu\nu} \rangle = \bar{g}_{\mu\nu} + \bar{h}_{\mu\nu}$, with $\bar{h}_{\mu\nu} \equiv \langle h_{\mu\nu} \rangle$.

Since $\bar{g}_{\mu\nu}$ and $\bar{h}_{\mu\nu}$ enter the cutoff and gauge fixing terms separately, the average action $\Gamma_k[\bar{h}_{\mu\nu}; \bar{g}_{\mu\nu}]$, or equivalently $\Gamma_k[g_{\mu\nu}, \bar{g}_{\mu\nu}] \equiv \Gamma_k[g_{\mu\nu} - \bar{g}_{\mu\nu}; \bar{g}_{\mu\nu}]$, depends on two independent tensor fields.

After expanding $\Gamma_k$ in terms of $\bar{h}_{\mu\nu}$ one encounters interaction terms between the metric fluctuations and the background field of any order in $\bar{h}_{\mu\nu}$, schematically indicated in figure 2. In a single-metric truncation where, by definition, $\Gamma_k[g, \bar{g}]$ has only a trivial $\bar{g}_{\mu\nu}$-dependence via the gauge fixing term, a perturbative evaluation of the supertrace in the corresponding FRGE involves only diagrams with external $\bar{g}_{\mu\nu}$-lines and $h_{\mu\nu}$’s propagating inside loops. Within this class of truncations, it is exclusively the fluctuation-background interaction that drives all RG effects; self-interactions of the $h_{\mu\nu}$’s play no rôle yet.

From the point of view of the metric fluctuations (“gravitons”) the background geometry can be regarded as a kind of external “magnetic” field, polarizing the quantum vacuum of the “$h_{\mu\nu}$-particles”, and giving rise to an induced field energy and a corresponding susceptibility. Therefore, a separation of dia- and paramagnetic mechanisms by disentangling kinetic from ultralocal alignment effects is natural also here.

3.1 Einstein-Hilbert truncation: dia- vs. paramagnetism

Next we study QEG within the Einstein-Hilbert truncation. We derive the $\beta$-functions along the same lines as in [10], but having computed the inverse propagator $\Gamma^{(2)}_k$ we perform the split into the magnetic components and treat them separately during the entire calculation that follows.

Our specific truncation ansatz consists of the Einstein-Hilbert action with a scale dependent Newton and cosmological coupling constant, $G_k$ and $\Lambda_k$, respectively, plus a gauge fixing and a ghost action: $\Gamma_k = \Gamma_k^{\text{EH}} + \Gamma_k^{\text{gf}} + \Gamma_k^{\text{gh}} \equiv \bar{\Gamma}_k + \Gamma_k^{\text{gh}}$, where $\bar{\Gamma}_k$ is given by

\[
\bar{\Gamma}_k[g, \bar{g}] = \frac{1}{16\pi G_k} \int d^d x \sqrt{g} \left( -R(g) + 2\Lambda_k \right) + \frac{1}{32\pi G_k} \int d^d x \sqrt{\bar{g}} \tilde{g}^{\mu\nu} \left( F^{\alpha\beta}_{\mu} g_{\alpha\beta} \right) \left( F^{\sigma\rho}_{\nu} g_{\rho\sigma} \right).
\]

Here we use the harmonic coordinate condition, i.e. $F^{\alpha\beta}_{\mu} \equiv \delta^2_{\mu} \tilde{g}^{\alpha\gamma} D_\gamma - \frac{1}{2} \tilde{g}^{\alpha\beta} D_\mu$. With this gauge choice the Faddeev-Popov operator $\mathcal{M}$ reads $\mathcal{M}[g, \bar{g}]_{\mu\nu} = \tilde{g}^{\alpha\mu} \tilde{g}^{\sigma\lambda} D_\lambda (g_{\mu\nu} D_\sigma + g_{\sigma\nu} D_\rho) - \tilde{g}^{\alpha\sigma} \tilde{g}^{\mu\lambda} D_\lambda g_{\sigma\nu} D_\rho$. Since we do not want to determine the running of the ghost
sector here, $\Gamma_{k}^{gh}$ coincides with the classical ghost action. This leads to a decomposed FRGE, with one trace for the metric fluctuations and another one for the ghosts:

$$
\partial_{t}\Gamma_{k}[g, \bar{g}] = \frac{1}{2} \text{Tr} \left[ \left( \tilde{\Gamma}_{k}^{(2)}[g, \bar{g}] + R_{k}^{\text{grav}}[\bar{g}] \right)^{-1} \partial_{t}R_{k}^{\text{grav}}[\bar{g}] \right] + \frac{1}{2} \text{Tr} \left[ \left( -\mathcal{M}[g, \bar{g}] + R_{k}^{\text{gh}}[\bar{g}] \right)^{-1} \partial_{t}R_{k}^{\text{gh}}[\bar{g}] \right].
$$

(3.2)

Here $R_{k}^{\text{grav}}[\bar{g}] \propto k^{2}R^{(0)}(-\bar{D}^{2}/k^{2})$, and similarly for $R_{k}^{\text{gh}}[\bar{g}]$.\(^{4}\) For the projection it is sufficient to set $\bar{g} = g$ after having determined the second functional derivative $\tilde{\Gamma}_{k}^{(2)}$. This leads to the nonminimal operator

$$
\left( \tilde{\Gamma}_{k}^{(2)}[g, \bar{g}] \right)^{\mu\nu}_{\rho\sigma} \bigg|_{g=\bar{g}} = \frac{1}{32\pi G_{k}} \left( -\tilde{K}^{\mu\nu}_{\rho\sigma} \bar{D}^{2} + \tilde{U}^{\mu\nu}_{\rho\sigma} \right),
$$

(3.3)

with $\tilde{K}^{\mu\nu}_{\rho\sigma}$ and $\tilde{U}^{\mu\nu}_{\rho\sigma}$ as introduced in eqs. (1.6), (1.7). Furthermore, the Faddeev-Popov operator assumes a similar nonminimal form, involving the covariant Laplacian $-\bar{D}^{2}$ and a potential term:

$$
-\mathcal{M}[g, \bar{g}] \delta_{\mu}^{\nu} \bigg|_{g=\bar{g}} = \delta_{\mu}^{\nu} \left( -\bar{D}^{2} - \frac{1}{d} R \right).
$$

(3.4)

At this point we perform the separation into the different “magnetic” components. Contributions coming from the first term in (3.3) are referred to as diamagnetic, those from the second term as paramagnetic. Similarly, the first part of the Faddeev-Popov operator (3.4) gives rise to ghost-diamagnetic interactions, while the second one induces ghost-paramagnetic effects.

Next we decompose $\bar{h}_{\mu\nu}$ into a trace plus a traceless part, and we assume that $\bar{g}_{\mu\nu}$ corresponds to a $d$-sphere, which simplifies the computation but is general enough to identify the terms of our truncation. Then the curvature scalar $R$ is no longer a function but rather a numerical constant depending on the radius of the $d$-sphere. With these assumptions the FRGE reads

$$
\partial_{t}\Gamma_{k}[g] = \text{Tr}_{T} \left[ \mathcal{N} ( \mathcal{A} + C_{T} R )^{-1} \right] + \text{Tr}_{S} \left[ \mathcal{N} ( \mathcal{A} + C_{S} R )^{-1} \right] - 2 \text{Tr}_{V} \left[ \mathcal{N}_{0} ( \mathcal{A}_{0} + C_{V} R )^{-1} \right],
$$

(3.5)

where the traces $\text{Tr}_{T}$, $\text{Tr}_{S}$ and $\text{Tr}_{V}$ refer to symmetric traceless tensors, scalars and vectors, respectively. The constants $C_{T}$, $C_{S}$ and $C_{V}$ are given by

$$
C_{T} \equiv \frac{d(d - 3) + 4}{d(d - 1)}, \quad C_{S} \equiv \frac{d - 4}{d} \quad \text{and} \quad C_{V} \equiv -\frac{1}{d}.
$$

(3.6)

In (3.5) we also introduced the following functions of the Laplacian $D^{2}$,

$$
\mathcal{A} \equiv -D^{2} + k^{2}R^{(0)}(-D^{2}/k^{2}) - 2\Lambda_{k},
$$

(3.7)

$$
\mathcal{N} \equiv (1 - \frac{1}{2} \eta_{NN})k^{2}R^{(0)}(-D^{2}/k^{2}) + D^{2}R^{(0)}/(-D^{2}/k^{2}),
$$

(3.8)

\(^{4}\)See [13, 14] and in particular the summary in [18] for a discussion of other types of cutoff operators $R_{k}^{\text{grav}}$. It is by now well established that for pure gravity in the Einstein-Hilbert truncation the qualitative features of the RG flow are insensitive to the precise definition of $R_{k}$. Replacing, for instance, $\bar{D}^{2}$ in the argument of $R^{(0)}$ by a nonminimal operator $\bar{D}^{2} + \text{curvature}$ has no significant effect.
and their ghost counterparts $A_0 \equiv A|_{\Lambda_k=0}$ and $N_0 \equiv N|_{\eta_N=0}$, with the anomalous dimension of Newton’s constant $\eta_N \equiv \partial_t \ln G_k$.

The crucial point is that on the RHS of (3.5) the denominators in each of the three traces are of the same form, and that the paramagnetic contribution is given entirely by a term $\propto CR$. Therefore, when we perform the expansion

$$(A + CR)^{-1} = A^{-1} - CA^{-2} R + \mathcal{O}(R^2),$$

we identify the term $A^{-1}$ as diamagnetic and the one proportional to $R$ as paramagnetic.

The next steps are exactly the same as in [10]. This finally yields two differential equations describing the scale dependence of $G_k$ and $\Lambda_k$, or of the corresponding dimensionless couplings, $g_k \equiv k^{d-2} G_k$ and $\lambda_k \equiv k^{-2} \Lambda_k$, respectively.

For the cosmological constant we find the flow equation

$$\partial_t \lambda_k = \beta_\lambda(g_k, \lambda_k) \equiv [\eta_N(g_k, \lambda_k) - 2] \lambda_k + 2\pi g_k (4\pi)^{-d/2} [2d(d + 1) \Phi_{d/2}(2\lambda_k) - d(d + 1) \eta_N(g_k, \lambda_k) \widetilde{\Phi}_{d/2}(-2\lambda_k) - 8d \Phi_{d/2}(0)],$$

where the threshold functions $\Phi$ and $\widetilde{\Phi}$ are given by eqs. (2.13) and (2.14) of the previous section. The separation rule outlined above is now used to identify the different magnetic contributions to the anomalous dimension. We obtain the result in the familiar form

$$\eta_N(g, \lambda) = \frac{g B_1(\lambda)}{1 - g B_2(\lambda)},$$

This representation of $\eta_N$ contains two functions of the cosmological constant, both with “dia” and “para” contributions, from both the gravitons and the Faddeev-Popov ghosts.

In the numerator of (3.11) we have

$$B_1(\lambda) \equiv \frac{1}{3} (4\pi)^{1-d} \left[ \left\{ d(d + 1) \Phi^1_{d/2-1}(-2\lambda) \right\}_{\text{dia}} + \left\{ -4d \Phi^1_{d/2-1}(0) \right\}_{\text{ghost-dia}} \right]
+ \left\{ -6d(d - 1) \Phi^2_{d/2}(-2\lambda) \right\}_{\text{para}} + \left\{ -24 \Phi^2_{d/2}(0) \right\}_{\text{ghost-para}},$$

and similarly in the denominator:

$$B_2(\lambda) \equiv -\frac{1}{6} (4\pi)^{1-d} \left[ \left\{ d(d + 1) \widetilde{\Phi}^1_{d/2-1}(-2\lambda) \right\}_{\text{dia}} + \left\{ -6d(d - 1) \widetilde{\Phi}^2_{d/2}(-2\lambda) \right\}_{\text{para}} \right].$$

In terms of the anomalous dimension, the RG equation of the dimensionless Newton constant reads

$$\partial_t g_k = \beta_\lambda(g_k, \lambda_k) \equiv [d - 2 + \eta_N(g_k, \lambda_k)] g_k.$$

As eq. (3.11) suggests, the specific form of $\eta_N$ displays two parts of different relevance: the numerator $g B_1(\lambda)$ determines the qualitative behavior of $\eta_N$, in particular it decides on the overall sign of $\eta_N$. By contrast, the denominator $1 - g B_2(\lambda)$ plays the rôle of a
correction term only. It stems from the differentiated $G_k$ factors inside $R_k$ on the RHS of the FRGE. Due to the singularity it causes at $g = 1/B_2(\lambda)$ it delimits the $g$-$\lambda$ theory space \cite{13}, but away from this boundary singularity, where the calculation can be trusted, it does not lead to qualitative changes of the leading order behavior given by the numerator.

Since our analysis focuses on the sign of $\eta_N$, the important features are contained in $g B_1(\lambda)$ alone. In order to investigate the influence of the various magnetic effects it is thus sufficient to expand $\eta_N$ in powers of $g$,$ \eta_N = g B_1(\lambda) + \mathcal{O}(g^2)$, and to retain the term linear in $g$ only:\footnote{Despite this expansion in $g$, we are still aiming at a nonperturbative renormalization of QEG, meaning that the continuum limit is taken at an NGFP with $g_\ast \neq 0$ rather than the trivial fixed point of perturbation theory, $g_\ast = 0$. If the NGFP, in some scheme, has a small but nonzero $g_\ast B_2(\lambda_\ast)$ it might well be possible to find it in a small coupling expansion. However, the latter may not be confused with “perturbation theory” in the sense of “perturbative renormalization”.}

\begin{equation}
\eta_N(g, \lambda) = \frac{1}{3} (4\pi)^{1-\frac{d}{2}} \left[ \left\{ d(d+1) \Phi_{d/2-1}^1(-2\lambda) \right\}_{\text{dia}} + \left\{ -4d \Phi_{d/2-1}^1(0) \right\}_{\text{ghost-dia}} \right] + \left\{ -6d(d-1) \Phi_{d/2}^2(-2\lambda) \right\}_{\text{para}} + \left\{ -24 \Phi_{d/2}^2(0) \right\}_{\text{ghost-para}} \right] g + \mathcal{O}(g^2) .
\end{equation}

Already at the level of (3.15) we can make an important observation if we take into account that the $\Phi$’s are strictly positive functions: The graviton’s paramagnetic part as well as both ghost contributions (dia- and paramagnetic) drive $\eta_N$ towards negative values, while the graviton’s diamagnetic term has the opposite sign and tries to make $\eta_N$ positive.

The numerical prefactor $6d(d-1)$ of the (graviton-) paramagnetic term, however, is larger than the one of the diamagnetic part, $d(d+1)$, for any $d > 1.4$, suggesting that the overall sign of $\eta_N$ is governed by the three non-graviton-diamagnetic effects. Of course, the validity of this hypothesis has to be checked for a generic cutoff shape function $R(0)$, which enters (3.15) through the threshold functions, see eqs. (2.13) and (2.14). Later on we shall indeed demonstrate the universality of our findings, and in particular that the conjecture about $\eta_N$ being negative due to “paramagnetic dominance” is actually true, by employing a whole class of cutoff functions $R(0)$.

Why is the sign of $\eta_N$ so crucial? By virtue of the definition $\eta_N \equiv k \partial_k \ln G_k$, gravitational antiscreening, i.e. increasing $G_k$ for decreasing scale $k$, amounts to $\eta_N < 0$. Furthermore, our main interest consists in finding a non-Gaussian fixed point ($g_\ast, \lambda_\ast$), as it is the fundamental ingredient for the Asymptotic Safety scenario. In the nontrivial case ($g_\ast \neq 0$) a fixed point requires, by eq. (3.14), that $\eta_N(g_\ast, \lambda_\ast) = 2 - d$. Thus, for any $d > 2$, an NGFP can occur only if $\eta_N$ is negative.

With regard to (3.15) we conclude that an asymptotically safe world needs the graviton-diamagnetic effect to lose against the other three ones. In the following we show that this is actually the case.

### 3.2 Paramagnetic dominance: $\eta_N$ to leading order in $g$

In this subsection we investigate under which conditions the NGFP forms. We begin with a general discussion for arbitrary dimension $d$, before we turn to the special cases of 4, 3,
and $2 + \epsilon$ dimensions.

In order to compare the relative size of the different magnetic contributions to $\eta_N$ we need to resort to a particular cutoff. A simple choice is the “optimized” shape function $[39]$, $R^{(0)}(z) = (1 - z)\Theta(1 - z)$, which allows for analytical results. Additionally, the main findings are checked afterwards using a family of exponential shape functions. This is necessary to show that the conclusions obtained with the optimized $R^{(0)}$ are universal.

For the optimized cutoff $\eta_N$ assumes the explicit form

$$\eta_N(g, \lambda) = \frac{1}{3} (4\pi)^{1-\frac{d}{2}} \frac{1}{\Gamma(d/2)} \left[ \left\{ \frac{d(d + 1)}{1 - 2\lambda} \right\}_{\text{dia}} + \left\{ -\frac{d}{d} \right\}_{\text{ghost-dia}} \right] + \left[ \left\{ -\frac{12(d - 1)}{(1 - 2\lambda)^2} \right\}_{\text{para}} + \left\{ -\frac{48}{d} \right\}_{\text{ghost-para}} \right] g + \mathcal{O}(g^2). \quad (3.16)$$

To figure out the relative importance of the four terms in (3.16) we first set $\lambda = 0$, and consider $\lambda \neq 0$ subsequently.

Comparing the absolute values of the four curly brackets in (3.16), for $\lambda = 0$, the most important result is that for any $d \lesssim 9.8$ there is indeed always a contribution present which is larger than the diamagnetic one. For $2.6 \lesssim d \lesssim 9.8$ it is the graviton-paramagnetic part that provides the largest contribution, while for $d \lesssim 2.6$ the ghost-paramagnetic effect is most important, see left panel of figure 3. Only for $d \gtrsim 14.4$ the graviton-diamagnetic term would be large enough to win against the sum of the three other ones and flip the sign of $\eta_N$. In $d = 4$ for instance, we find the hierarchy

$$\left\{ | -36| \right\}_{\text{para}} > \left\{ | +20| \right\}_{\text{dia}} > \left\{ | -16| \right\}_{\text{ghost-dia}} > \left\{ | -12| \right\}_{\text{ghost-para}}.$$

This confirms that the sign of $\eta_N$ is indeed determined by the three non-graviton-diamagnetic contributions.

It turns out particularly instructive to combine the graviton-para- and ghost-para-terms in a total paramagnetic contribution, and similarly in the diamagnetic case. In this way we obtain from (3.16) at $\lambda = 0$:

$$\eta_N(g, 0) = \frac{1}{3\Gamma(d/2)} (4\pi)^{1-\frac{d}{2}} \left[ \left\{ d(d - 3) \right\}_{\text{total dia}} + \left\{ -12(d - 1) - 48/d \right\}_{\text{total para}} \right] g + \mathcal{O}(g^2). \quad (3.18)$$

While the total paramagnetic part is always negative, we observe a sign change at $d = 3$ in the total diamagnetic component. Thus, for $d < 3$, the latter no longer counteracts the paramagnetic interactions, but rather amplifies their effect of making $\eta_N$ negative. This sign flip at $d = 3$ is independent of the cutoff, it holds for any choice of $R^{(0)}$.

The relative total contributions to $\eta_N$ in (3.18) are illustrated on the right panel of figure 3. Here one clearly sees that $\eta_N$ is determined only by the total paramagnetic term, at least qualitatively. In particular, the negative sign arises only due to paramagnetism.

Next we discuss the general case $\lambda \neq 0$. A careful analysis of the $\beta$-functions shows that the fixed point value of the cosmological constant, $\lambda_*$, is positive in most cases. There are only two exceptions: First, for $d \gtrsim 11.7$ two new fixed points with negative $\lambda_*$ emerge,
Figure 3. Relative size of the various magnetic contributions to $\eta_N/f$, where $f$ denotes the common factor $\frac{d}{(4\pi)^{\frac{d}{2}}} (4\pi)^{1-\frac{d}{2}} g$. On the left panel the absolute values of all four contributions (dia, para, ghost-dia and ghost-para) are shown. (Note that $\eta^\text{ghost$-dia}_N$ has an opposite sign.) The right panel combines graviton-dia and ghost-dia as well as graviton-para and ghost-para parts. Here the total paramagnetic term overbalances the diamagnetic one, rendering the sum $\eta_N = \eta^\text{total$-dia}_N + \eta^\text{total$-para}_N$ negative (dashed line).

in addition to the one with $\lambda_* > 0$. We do not discuss such high dimensions here. Second, for $2 < d \lesssim 2.56$ the known fixed point is shifted to negative values for $\lambda_*$. We will cover this case in detail later on. Therefore, we assume $\lambda > 0$ for any other dimension now.

Let us reconsider eq. (3.16). The paramagnetic contribution is already known to be dominant compared to the diamagnetic one for $\lambda = 0$. Going to larger values for $\lambda$ will even enhance this effect due to the factor $(1 - 2\lambda)^{-2}$ in the paramagnetic part. Thus, also for general $\lambda$, the crucial negative sign of $\eta_N$ in the fixed point regime stems from the dominant paramagnetic terms.

In order to investigate to what extent these findings change when using different cutoffs we finally repeat our computation of the various contributions to $\eta_N$ for the one-parameter family of exponential shape functions $[13, 14]$, $R^{(i)}_N(z) = \frac{z_i e^{-z_i}}{1-z_i}$. The result of this analysis is shown in figure 4. Remarkably, the qualitative picture is almost the same as the one of figure 3. We find paramagnetic dominance for all cutoff functions considered. The diamagnetic term is too weak to flip the sign of $\eta_N$ if the dimension is not too large. This demonstrates the universality of our conclusion about the importance of the paramagnetic interaction terms.

3.3 Phase portrait and NGFP in $d = 4$

Specializing for 4 dimensions, we shall now investigate the share the dia-/paramagnetic effects have in the emergence of an NGFP within the Einstein-Hilbert truncation. First we recall the flow implied by the full $\beta$-functions $[10, 13]$, including all contributions to the anomalous dimension. Then we show that restricting ourselves to the linear approximation (in $g$) of $\eta_N$ leads to essentially the same result. Afterwards we perform the same computation, but this time we consider only paramagnetic terms in $\eta_N$. Finally, we repeat the latter step using diamagnetic contributions only.
Figure 4. Relative size of the various magnetic contributions to the anomalous dimension, based on the exponential cutoff $R^{(0)}_0$ with $s = 0.5, 1, 2, 3, 5, 10$. As in figure 3 we normalize each term with their common factor, $f = \frac{1}{2}(4\pi)^{1-d} \Phi_{d/2-1}(0)$. The labeling of the four curves in each diagram is analogous to the left panel of figure 3.

(i) We start with the RG equations (3.10) and (3.14) together with the full anomalous dimension (3.11), employing the optimized cutoff. The resulting phase portrait, obtained by a numerical evaluation, is the well known one [13]; it is depicted on the left panel in
Figure 5. Standard phase portrait based on the full $\beta$-functions (left panel) and the approximation $\eta_N \approx g B_1(\lambda)$, right panel. In each diagram both di- and paramagnetic contributions are retained.

Figure 5. One finds a Gaussian fixed point in the origin, but also a UV attractive non-Gaussian fixed point. The dashed curve restricts the domain of the $g$-$\lambda$ theory space since there the $\beta$-functions diverge. To the left of this boundary all points with positive Newton’s constant are “pulled” into the NGFP for $k \to \infty$.\(^6\)

(ii) Now we convince ourselves that the denominator in $\eta_N = g B_1(\lambda)/(1 - g B_2(\lambda))$ leads only to qualitatively inessential modifications of the phase portrait. We solve the RG equations with the approximate anomalous dimension obtained in leading order of the $g$-expansion, $\eta_N \approx g B_1(\lambda)$, as given in (3.16), retaining both dia- and paramagnetic terms. The resulting phase portrait, shown on the right panel of figure 5, is basically indistinguishable from the exact one on the left.\(^7\) Therefore, we may continue with the approximation $\eta_N \approx g B_1(\lambda)$.

(iii) Next we use eq. (3.16) again, but take into account the total paramagnetic contributions only. Thus $\eta_N$ assumes the simple form

$$\eta_N^{\text{total para}}(g, \lambda) = -\frac{1}{\pi} \left[ \frac{3}{(1 - 2\lambda)^2} + 1 \right] g + \mathcal{O}(g^2), \quad (3.19)$$

where the first term inside the brackets of (3.19) is due to the gravitons, while the “+1” stems from the ghosts. We insert this expression into the $\beta$-functions of $g$ and $\lambda$, and again obtain the flow by a numerical computation. Figure 6 displays the resulting phase portrait.

The similarity of this diagram to the phase portrait based on the full $\beta$-functions, shown in figure 5, is truly impressive. We observe that all qualitative features of the flow are incorporated already in the total paramagnetic terms alone. In particular, we find the same structure involving a Gaussian fixed point with one attractive and one repulsive

\(^6\)The arrows in the flow diagrams point from the UV to the IR.

\(^7\)Since we based the computation underlying the right panel of figure 5 on the expansion of $\eta_N$ up to first order in $g$, $\eta_N = g B_1(\lambda)$, there is no longer a divergence at $1 - g B_2(\lambda) = 0$. Nevertheless, we show the dashed line for a better comparison with the left panel. The same holds for figures 6 and 7.
direction, and an NGFP with two UV-attractive eigendirections. Even the values of the fixed point coordinates and critical exponents do not change significantly, see Table 1.

This is a further demonstration showing that paramagnetism is at the heart of Asymptotic Safety. The observed behavior is mainly due to the graviton-para term alone: when omitting the ghost contribution “+1” in (3.19) we find an RG flow similar to the one of figure 6, including the Gaussian and the non-Gaussian fixed point.

(iv) At last we perform the same steps as in (iii), but keep only the total diamagnetic contributions to $\eta_N$ in (3.16), such that it is given by

$$\eta_N^\text{total dia}(g, \lambda) = \frac{1}{3\pi} \left[ \frac{5}{1 - 2\lambda} - 4 \right] g + O(g^2),$$

where the “-4” comes from the ghosts. This anomalous dimension leads to the flow diagram depicted in figure 7. Though the Gaussian fixed point persists, the structure of the flow is quite different.

It is an important result that the non-Gaussian fixed point has disappeared. This is an illustration of our statement above that the total diamagnetic term contributes to $\eta_N$ with the “wrong” sign and rather counteracts the emergence of an NGFP. Hence, diamagnetic effects work against Asymptotic Safety. Note that the culprit is alone the diamagnetism of the graviton; the ghosts make a negative contribution to $\eta_N^\text{total dia}$ and actually favor an NGFP.

(v) As yet we employed the optimized cutoff in this subsection. In order to assess the degree of universality of our findings we now check them against calculations with other cutoffs. For this purpose we choose again the one-parameter family of exponential shape
functions, $R_s^{(0)}(z) = \frac{z}{e^{s^2 z} - 1}$, and re-compute the RG flow for various values of the “shape parameter” $s$. Concerning the fixed point data, Table 1 lists the remarkable result of this analysis. While the NGFP is “destroyed” for any cutoff when retaining the diamagnetic terms only, it persists in all cases when only the paramagnetic contributions are kept. The fixed point coordinates and critical exponents in the latter case are almost the same as those obtained with the full $\eta_N$. Thus our findings appear to be perfectly stable under changes of the cutoff: paramagnetic dominance is not a peculiarity of the optimized shape function.

We can conclude that the formation of an NGFP in the RG flow of QEG is a universal result of the paramagnetic interaction of the metric fluctuations with their background.

Table 1. Fixed point data from the full $\beta$-functions compared to those taking into account only the total paramagnetic contribution to $\eta_N$. The numerical evaluation is done for five different cutoffs: the exponential cutoff $R_s^{(0)}$ with $s = 0.5, 1, 2, 5$, and the optimized cutoff. The “para” results are in remarkable accordance with the exact ones.

| Cutoff   | $g_s$ | $g_{s\text{para}}$ | $\lambda_s$ | $\lambda_{s\text{para}}$ | $\theta_1$ | $\theta_{1\text{para}}$ | $\theta_2$ | $\theta_{2\text{para}}$ |
|----------|-------|---------------------|--------------|---------------------------|------------|------------------------|------------|------------------------|
| $s = 0.5$ | 0.168 | 0.167               | 0.448        | 0.429                     | 1.122      | 1.331                  | 6.176      | 5.237                  |
| $s = 1$   | 0.272 | 0.271               | 0.359        | 0.333                     | 1.420      | 1.536                  | 4.327      | 3.869                  |
| $s = 2$   | 0.439 | 0.436               | 0.261        | 0.237                     | 1.483      | 1.588                  | 3.558      | 3.288                  |
| $s = 5$   | 0.835 | 0.828               | 0.154        | 0.138                     | 1.530      | 1.605                  | 3.020      | 2.976                  |
| optimized | 0.707 | 0.707               | 0.193        | 0.192                     | 1.475      | 1.255                  | 3.043      | 2.712                  |

Figure 7. Flow diagram taking into account the total diamagnetic terms in $\eta_N$ only.
3.4 What is special in $d = 3$, and what is not

If one plots the Einstein-Hilbert phase portrait in $d = 3$ the result looks almost the same as the 4D diagram in figure 5. One finds strong renormalization effects and in particular a non-Gaussian fixed point. Sometimes it is – erroneously – claimed that this contradicts the well known fact that classical General Relativity in 3 dimensions has no “physical” propagating degrees of freedom. Indeed, the Riemann curvature tensor in three spacetime dimensions can be expressed in terms of the Ricci tensor and the scalar curvature. Hence, Einstein’s vacuum field equations $R_{\mu\nu} = 0$ tell us that the Riemann tensor vanishes identically, $R_{\rho\mu\sigma\nu} = 0$. That means there are no gravitational waves.

This can also be seen by counting the number of independent gravitational degrees of freedom. We start with $\frac{1}{2}d(d+1)$ unknown functions, the components of the symmetric matrix $g_{\mu\nu}$, which we try to determine from the $\frac{1}{2}d(d+1)$ algebraically independent field equations $R_{\mu\nu} = 0$. Those, however, are not all independent but subject to $d$ (differential!) constraints due to the Bianchi identities. Furthermore, we must impose $d$ coordinate conditions, leading to a total of

$$\frac{1}{2}d(d+1) - d - d = \frac{1}{2}d(d-3)$$

(3.21)

independent functions which characterize a vacuum solution $g_{\mu\nu}(x)$ and whose time evolution can be inferred from Einstein’s equation. In $d = 4$ this fits with the 2 polarization states of a massless spin-2 particle, and in $d = 3$ with the absence of gravitational waves.

These remarks should make it clear that the number (3.21) relates to the equations of motion. The FRGE on the other hand is a typical off-shell construction: no special metric plays a distinguished rôle, in particular not the solutions of any (classical, effective, etc.) field equation: the metric is an argument of $\Gamma_k[g_{\mu\nu}, \bar{g}_{\mu\nu}]$ that can be varied freely.

Thus, in particular the curvature tensor under the functional trace on the RHS of the FRGE solely depends on the chosen argument of $\Gamma_k$ but it does not care about $R_{\mu\nu\rho\sigma} = 0$ being a consequence of the classical (!) field equations in $d = 3$.

As for understanding the renormalization effects actually taking place in 3 dimensions recall that the inverse fluctuation propagator is given by (1.6) and (1.7): $-\bar{K}^{\mu\nu}_{\rho\sigma} D^2 + \bar{U}^{\mu\nu}_{\rho\sigma}$. This is a nonminimal operator since $\bar{U}^{\mu\nu}_{\rho\sigma} \neq 0$ when $\bar{R}^{\mu\nu}_{\rho\sigma} \neq 0$ as it is the case when we project on $\int \sqrt{g} R$. Being off-shell, we allow for paramagnetic terms now. As a result, the RG running becomes nontrivial. Reconsidering eq. (3.18),

$$\eta_N = \frac{1}{3\Gamma(d/2)} (4\pi)^{1-\frac{d}{2}} \left[ \left\{ d(d-3) \right\}_{\text{total dia}} + \left\{ -12(d-1)-48/d \right\}_{\text{total para}} \right] g + \mathcal{O}(g^2), \quad (3.22)$$

which was obtained by setting $\lambda = 0$, we see that there is obviously no diamagnetic contribution to $\eta_N$ for $d = 3$, but it is nonzero thanks to the total paramagnetic term. This is paramagnetic dominance in its most distinct form.

We want to point out that this property is universal: the prefactor of the diamagnetic part is proportional to $d(d-3)$, independent of the cutoff. Without the paramagnetic component we would indeed encounter the trivial case of a vanishing anomalous dimension such that the dimensionful Newton constant would no longer be $k$-dependent. But here the
paramagnetic effects determine the RG behavior completely and provide for a non-Gaussian fixed point.

For $\lambda \neq 0$ the diamagnetic contribution to $\eta_N$ does not vanish identically due to an incomplete cancellation between gravitons and ghosts. However, the paramagnetic dominance is still very pronounced.\(^8\) This results in a situation similar to the four-dimensional case. The flow induced by the $\beta$-functions with the full $\eta_N$ shows an NGFP. Taking into account paramagnetic terms only one observes qualitatively the same picture. In contrast, with diamagnetic interactions only, there is no nontrivial fixed point.

### 3.5 The $\beta$-function of $g$ in $2 + \epsilon$ dimensions

As Newton’s constant becomes dimensionless in two dimensions the RG flow of the gravitational average action can be expected to show a certain degree of universality if $d = 2 + \epsilon$ for $\epsilon$ small. This case has been studied in detail in ref. \([10]\) already where it was shown that there exists an NGFP whose coordinates $g_*$ and $\lambda_*$ are of order $\epsilon$. Since $\lambda_k = \mathcal{O}(\epsilon)$ near the fixed point, the flow in its vicinity is described by RG equations in which we may expand the threshold functions for small $\lambda_k$. For those occurring in $\eta_N$ this yields the universal leading order $\Phi^1_\epsilon(\lambda_k) = \Phi^1_0(0) + \mathcal{O}(\epsilon)$ and $\Phi^0_\epsilon(\lambda_k) = \Phi^0_0(0) + \mathcal{O}(\epsilon)$ where $\Phi^2_0(0) = 1$ and $\Phi^1_0(0) = 1$ for any cutoff shape function $R(0)$. As a result, the leading order (in $\epsilon$) contribution to the anomalous dimension reads $\eta_N = -bg + \mathcal{O}(g^2)$ where the coefficient $b$, in its decomposed form, follows from (3.15):

$$b = \frac{1}{3} \left[ \{-6\}_{\text{dia}} + \{8\}_{\text{ghost-dia}} + \{12\}_{\text{para}} + \{24\}_{\text{ghost-para}} \right].$$ (3.23)

The quantity $b$ is defined as in Weinberg’s paper \([8]\), so that the NGFP-condition $d - 2 + \eta_N = \epsilon - bg_* = 0$ leads to the fixed point coordinate $g_* = \epsilon/b + \mathcal{O}(\epsilon^2)$. According to our result (3.23), or

$$b = \frac{2}{3} \left[ \{1\}_{\text{total dia}} + \{18\}_{\text{total para}} \right] = \frac{38}{3},$$ (3.24)

the crucial coefficient $b$ is positive – and the anomalous dimension negative therefore – not only thanks to the large “para” contribution but also because of the smaller, but positive diamagnetic one. This is exactly as it should be since we know that below $d = 3$ the diamagnetic interaction drives $\eta_N$ in the same direction as the paramagnetic, see figure 3.

In the literature \([41–47]\) there has been a considerable amount of confusion about the correct value of $b$. The situation has already been discussed by Weinberg \([8]\) but was never resolved satisfactorily. In \([8]\) two classes of disagreeing results for gravity coupled to various matter fields were quoted.\(^9\) Here we list them for the case of $n_S$ dynamical scalar fields coupled to quantum gravity. According to \([44–47]\) the coefficient $b$ reads in this case

$$b = \frac{38}{3} - \frac{2}{3} n_S = \frac{2}{3} [19 - n_S].$$ (3.25)

---

\(^8\) At the fixed point for instance, based on the optimized cutoff, the total paramagnetic contribution to $\eta_N$ is more than 27 times larger than the diamagnetic one.

\(^9\) For a more recent account see \([2]\).
The authors of refs. [41, 42] find instead
\[ b = \frac{2}{3} - \frac{2}{3}n_{S} = \frac{2}{3}[1 - n_{S}] , \tag{3.26} \]
which has the same scalar contribution\(^{10}\) but differs in its pure gravity part. Comparing the results of the two camps to the answer obtained by means of the effective average action, eq. (3.24)\(^{11}\), we observe that the first candidate, the coefficient in (3.25), amounts to the full, i.e. dia- plus paramagnetic gravity contribution, while the second, eq. (3.26), consists of the diamagnetic one only. Looking at the details of their respective derivations one can see that the different treatment of the paramagnetic piece is indeed the source of the disagreement.

As pointed out by Weinberg [8] the original expectation was that by virtue of the count (3.21) the graviton contribution near \( d = 2 \) should equal \( \frac{1}{2}d(d - 3) = -1 \) times the contribution of a single scalar. This would favor (3.26) over (3.25), i.e. \( b = \frac{2}{3} \) rather than \( b = \frac{28}{3} \) for pure gravity. However, as we emphasized in the previous subsection, this notion of “degrees of freedom” refers to the fields’ propagation characteristic the diamagnetic interaction, but not the paramagnetic, is connected to. In this way we can understand why in the framework of the average action and the FRGE the perhaps counterintuitive result (3.25) occurs, with a total gravitational contribution 19 times stronger than that of a scalar.

Interestingly enough, the result (3.26) found in [41, 42] is by no means computationally wrong, but rather amounts to a different definition of a “running Newton constant”, namely via the coefficient of the Gibbons-Hawking surface term. And indeed, as we discuss next, when we use the FRGE to compute the running of this boundary Newton constant the result we find is in perfect agreement with (3.26).

### 3.6 Adding a boundary term

Recently [40] a generalization of the Einstein-Hilbert truncation for spacetime manifolds \( \mathcal{M} \) with a nonempty boundary \( \partial \mathcal{M} \) has been considered. In [40] the truncation ansatz (3.1) was augmented by a Gibbons-Hawking term [48] with a running prefactor parametrized by a surface Newton constant \( G_{k}^{\partial} \):

\[ \Gamma_{k}^{\partial}[g] = -\frac{1}{8\pi G_{k}^{\partial}} \int_{\partial \mathcal{M}} d^{d-1}x \sqrt{H} K . \tag{3.27} \]

Here \( K \) denotes the trace of the extrinsic curvature of \( \partial \mathcal{M} \) embedded in \( \mathcal{M} \) and \( H_{\mu\nu} \) is the boundary metric induced by \( g_{\mu\nu} \). The normalization of \( \Gamma_{k}^{\partial} \) is such that for \( G_{k} = G_{k}^{\partial} \) the disturbing surface terms in the \( \delta g_{\mu\nu} \)-variation cancel exactly. The RG equation for the dimensionless \( g_{k}^{\partial} \equiv k^{d-2}G_{k}^{\partial} \) was found to be \( \partial_{t}g_{k}^{\partial} = [d - 2 + \eta_{N}^{\partial}]g_{k}^{\partial} \) where the surface anomalous dimension \( \eta_{N}^{\partial} \), to leading order in the “bulk” Newton constant \( g_{k} \), is given by

\[ \eta_{N}^{\partial}(g^{\partial}, g, \lambda) = \frac{1}{3}(4\pi)^{1-\frac{d}{2}} \left[ d(d + 1) \Phi_{d/2-1}^{1}(-2\lambda) - 4d \Phi_{d/2-1}^{1}(0) + O(g) \right] g^{\partial} . \tag{3.28} \]

\(^{10}\)The calculations disagree, however, on the matter contributions from higher spin fields.

\(^{11}\)Eq. (3.24) holds for pure gravity. Adding \( n_{S} \) scalar fields, see section 4.1 below, the complete FRGE result reads \( b = \frac{2}{3}[19 - n_{S}] \), in perfect agreement with (3.25).
Going through the derivation of (3.28) it is easy to see that in leading order the surface anomalous dimension $\eta^0_N$ is of entirely diamagnetic origin. In fact, eq. (3.28) has exactly the same structure as the diamagnetic terms in the corresponding “bulk” formula (3.15). Therefore, if it was not for the additional paramagnetic terms in (3.15) the equality $G_k = G_k^\partial$ would be stable under RG evolution. (The interested reader is referred to [40] for further details.)

Thus we understand where the different (and, in fact, opposite in $d = 4$) running of $G_k$ and $G_k^\partial$ found in [40] comes from: it is due to the paramagnetic interaction which affects the running of $G_k$, but not of its surface counterpart $G_k^\partial$. Consistent with that, at $\lambda = 0$, the surface anomalous dimension vanishes in $d = 3$, and it becomes

$$\eta^0_N = -b^\partial g^\partial + \cdots \quad \text{with } b^\partial = \frac{2}{3}$$

in $d = 2 + \epsilon$.

Remarkably, the FRGE result in $2 + \epsilon$ dimensions for the coefficient in the boundary anomalous dimension, $b^\partial = \frac{2}{3}$, coincides precisely with the gravity contribution of (3.26) found in [41, 42]. This confirms that the authors advocating (3.26) actually computed the anomalous dimension of the boundary Newton constant $G_k^\partial$, while those who obtained (3.25) focused on the bulk quantity $G_k$. Thus, in a way, both “camps” are right, but their respective results, $\eta^0_N$ and $\eta_N$, are unavoidably different as a consequence of the paramagnetic interaction.

### 4 A matter induced bimetric action

Every gravitational field theory has to cope with the issue that the “stage” it is constructed on, i.e. spacetime and its metric, is a priori not given. It should rather be an outcome of the theory. One way out of this conceptual problem is to introduce a background field [22]: we choose a fixed but arbitrary background metric $\bar{g}_{\mu\nu}$, and then base the quantization and the construction of possible actions on this metric. The natural requirement of background covariance claims that physical quantities should be independent of the choice of the background in the end. This is what we meant by “paradoxical” in the introduction: one realizes background independence by using background fields.

As a consequence, the effective average action $\Gamma_k \equiv \Gamma_k[g_{\mu\nu}, \bar{g}_{\mu\nu}]$ depends on two metrics, the background $\bar{g}_{\mu\nu}$ and the dynamical metric $g_{\mu\nu} = \bar{g}_{\mu\nu} + h_{\mu\nu}$. It may consist of monomials built from $g_{\mu\nu}$ like $\int \sqrt{g}$ and $\int \sqrt{g} R$, but also of their background analogs $\int \sqrt{\bar{g}}$, $\int \sqrt{\bar{g}} R$, etc., and of mixed terms. For calculational simplicity, however, the older computations starting with [10] all chose truncations which contained only the former terms, combined with a gauge fixing and a ghost action depending on $g_{\mu\nu}$ and $\bar{g}_{\mu\nu}$ separately. These so-called single metric truncations amount to a possibly severe approximation, though. This issue was first studied in [19] where both metrics were retained during the entire calculation. Such truncations are referred to as bimetric. It is encouraging that so far all work done in this setting [19–21, 40] provided further evidence for the Asymptotic Safety scenario: although the number of couplings has increased, the systems analyzed still
develop a non-Gaussian fixed point, despite significant quantitative changes in comparison to the single-metric approximation.

In this section we re-investigate the role of nonminimal, i.e. paramagnetic, terms, now within a bimetric truncation. We choose an ansatz for a gravity+ matter system similar to the one in [20] so that the $\beta$-functions are easily evaluated within the induced gravity approximation. The question we would like to answer is to what extent our findings on paramagnetic dominance change when one goes beyond a single-metric theory space. Does the bimetric extension modify the qualitative picture about the relative importance of minimal and nonminimal terms?

4.1 Nonminimally coupled scalar fields – single-metric

To introduce the matter coupled model we start from its single-metric truncation. We make an ansatz for $\Gamma_k$ involving the Einstein-Hilbert action with appropriate gauge fixing and ghost terms as in (3.1), supplemented by an action for $n_S$ scalar fields $A_i$ with mass $\bar{m}$, nonminimally coupled to the spacetime curvature:

$$\Gamma_k[g, A, \bar{g}] = \Gamma_{EH}^k + \Gamma_{gf}^k + \Gamma_{gh}^k + \frac{1}{2} \int d^d x \sqrt{g} A_i \left( - D^2 + \bar{m}^2 + \xi R \right) A_i. \quad (4.1)$$

Here a sum over $i = 1, \cdots, n_S$ is implied. In principle, $\bar{m}$ and $\xi$ are $k$-dependent couplings but here we neglect their running. This is particularly suitable for our purposes since we want $\xi$ to be a tunable parameter in order to test the influence of the nonminimal term $\propto R A^2$.

The flow equations are derived along the lines of the previous section using the FRGE (1.9), however, we take the “large $n_S$ limit”, i.e. we assume $n_S \to \infty$. In this limit the scalar field contributions to the $\beta$-functions are dominant compared to pure gravity effects. Therefore, it is sufficient to take into account the second functional derivative of $\Gamma_k$ with respect only to the scalar fields in the FRGE, which is then given by $\partial_t \Gamma_k = \frac{1}{2} \text{Tr} \left( (\Gamma^{(2)}_k + \mathcal{R}_{\text{scalar}})^{-1} \partial_t \mathcal{R}_{\text{scalar}} \right)$, with

$$\left( \Gamma^{(2)}_k \right)_{AA} = - D^2 + \bar{m}^2 + \xi \bar{R}, \quad (4.2)$$

where we have set $g_{\mu\nu} = \bar{g}_{\mu\nu}$ now. We refer to the gravity-scalar interactions arising from $- D^2$ as scalar-diamagnetic, and to those coming from $\xi \bar{R}$ as scalar-paramagnetic. Employing heat kernel techniques again, we can evaluate the functional trace and finally obtain the $\beta$-functions

$$\beta_g = (d - 2 + \eta_N) g_k \quad \text{and} \quad \beta_\lambda = (\eta_N - 2) \lambda_k + 2 n_S g_k (4\pi)^{1-d/2} \Phi_{d/2}(m^2), \quad (4.3)$$

with the anomalous dimension

$$\eta_N = \frac{2}{3} n_S (4\pi)^{1-d} \left\{ \Phi_{d/2-1}(m^2) \right\}_{\text{scalar-dia}} + \left\{ - 6 \xi \Phi_{d/2}(m^2) \right\}_{\text{scalar-para}} g, \quad (4.4)$$

involving the dimensionless mass $m^2 \equiv \bar{m}^2/k^2$.

We observe that without the nonminimal term $\propto \xi \bar{R} A^2$ the anomalous dimension $\eta_N$ would be of purely scalar-diamagnetic origin, and, provided that $g > 0$, $\eta_N$ could assume
positive values only. Including the nonminimal part, however, a second, negative, term contributes to $\eta_N$ which can change the overall sign in (4.4) for appropriate values of $\xi$. As a result, there is a very direct relation between the size of $\xi$ and the possibility of a nontrivial fixed point with positive Newton constant.

In order to find a UV fixed point we set $m^2 = 0$ in (4.3) and (4.4) since $\lim_{k \to \infty} m^2 = \lim_{k \to \infty} m^2/k^2 = 0$ in the truncation where $\tilde{m}$ does not run. Solving the condition $d - 2 + \eta_s = 0$ for $g_s$, and $\beta_\lambda \big|_{g=g_s,\eta_N=\eta_s} = 0$ for $\lambda_s$ yields a fixed point at $(g_s, \lambda_s)$ with

$$g_s = -\frac{3(d-2)(4\pi)^{\frac{d}{2}}}{2n_S \left[ \Phi_{d/2-1}^1(0) - 6 \xi \Phi_{d/2}^2(0) \right]}, \quad \lambda_s = -\frac{3(d-2) \Phi_{d/2}^1(0)}{d \left[ \Phi_{d/2-1}^1(0) - 6 \xi \Phi_{d/2}^2(0) \right]}.$$  \hspace{1cm} (4.5)

In eqs. (4.5) those terms in the square brackets that involve $\xi$ are scalar-paramagnetic contributions, the others are scalar-diamagnetic. We find a non-Gaussian fixed point even if we switch off the former ($\xi = 0$). But taking into account the scalar-diamagnetic part alone, $\eta_s$ is negative only since the fixed point value of Newton’s constant is negative. This is something we would like to avoid since the present system is meant to be a toy model for full fledged QEG (without matter) which has $g_s > 0$. Indeed, via the parameter $\xi$ we can change the sign of the fixed point coordinates: for $\xi > \Phi_{d/2-1}^1(0)/(6 \Phi_{d/2}^2(0))$ Newton’s constant $g_s$ at the NGFP gets greater than zero. Hence, if the scalar-paramagnetic interaction is strong enough it renders $g_s$ positive.

In 4 dimensions for instance, using the optimized cutoff, the sign flip of $\eta_N$ (and of $g_s$) happens at $\xi = \frac{1}{3}$. For $\xi > \frac{1}{3}$ the scalar-para term is dominant and renders $g_s$ positive. This situation is illustrated in figure 8.

In $d = 2 + \epsilon$, eq. (4.4) reduces to $\eta_N = \frac{2}{7} n_S \left[ 1 - 6 \xi \right] g + \mathcal{O}(\epsilon)$, for any cutoff. In the minimally coupled case $\xi = 0$ we obtain exactly the same scalar field contribution as both in eq. (3.25) and in eq. (3.26). For $\xi > \frac{1}{6}$, we have $\eta_s < 0$ and $g_s > 0$ if $\epsilon$ is positive.
In the following we shall investigate if these features of the single-metric computation survive the generalization to the bimetric truncation.

4.2 Nonminimally coupled scalar fields – bimetric

We now perform an analysis similar to the previous subsection, but disentangle the dynamical and the background metric. Here we follow ref. [20] and expand the pure gravity part of the effective average action $\Gamma_k[g, A, \bar{g}] \equiv \Gamma_k[A, \bar{h}; \bar{g}]$ in terms of the metric fluctuation $\bar{h}_{\mu\nu} = g_{\mu\nu} - \bar{g}_{\mu\nu}$, going up to order $O(\bar{h}_{\mu\nu})$ only. As for the scalar fields we generalize the truncation ansatz of [20] by including a nonminimal interaction term $\propto \xi R A^2$:

$$\Gamma_k[A, \bar{h}; \bar{g}] = -\frac{1}{16\pi G_k^{(0)}} \int d^dx \sqrt{\bar{g}} \left( \bar{R} - 2\Lambda_k^{(0)} \right)$$

$$+ \frac{1}{16\pi G_k^{(1)}} \int d^dx \sqrt{\bar{g}} \left( \bar{G}^{\mu\nu} - \frac{1}{2} E_k \bar{g}^{\mu\nu} \bar{R} + \Lambda_k^{(1)} \bar{g}^{\mu\nu} \right) \bar{h}_{\mu\nu}$$

$$+ \frac{1}{2} \int d^dx \sqrt{\bar{g}} A_i \left( -D^2 + \bar{m}^2 + \xi R \right) A_i \bigg|_{g_{\mu\nu} = \bar{g}_{\mu\nu} + \bar{h}_{\mu\nu}}.$$

(4.6)

In (4.6) $\bar{G}^{\mu\nu} \equiv \bar{g}^{\mu\rho} \bar{g}^{\nu\sigma} (\bar{R}_{\rho\sigma} - \frac{1}{2} \bar{g}_{\rho\sigma} \bar{R})$ denotes the Einstein tensor of the background metric. The purely gravitational part of (4.6) is the most general ansatz containing no more than two derivatives, up to first order in $\bar{h}$. The five invariants give rise to five coupling constants, $G_k^{(0)}$, $\Lambda_k^{(0)}$, $G_k^{(1)}$, $\Lambda_k^{(1)}$, and $E_k$. Here the superscripts (0) and (1) refer to the “level” of the corresponding parameter, i.e. the $\bar{h}$-order of the term in (4.6) in which it appears.

Again we consider the limit $n_S \to \infty$, thus we need to quantize only the scalar fields but not the gravitons. In this case the FRGE reads

$$\partial_t \Gamma_k[A, g, \bar{g}] = \frac{1}{2} \text{Tr} \left[ \left( \Gamma_k^{(2)}[A, g, \bar{g}] + \mathcal{R}_{k}^{\text{scalar}}[\bar{g}] \right)^{-1} \partial_t \mathcal{R}_{k}^{\text{scalar}}[\bar{g}] \right].$$

(4.7)

Inserting (4.6) into (4.7) and evaluating the traces along the lines of [20] and [40] one finally arrives at the following system of $\beta$-functions for the dimensionless couplings $g_k^{(0)} \equiv k^{d-2}G_k^{(0)}$, $\lambda_k^{(0)} \equiv k^{-2}\Lambda_k^{(0)}$, $g_k^{(1)} \equiv k^{d-2}G_k^{(1)}$, $\lambda_k^{(1)} \equiv k^{-2}\Lambda_k^{(1)}$ and $E_k$. At level (0) we find:

$$\partial_t g_k^{(0)} = \left[ d - 2 + \eta(0) \right] g_k^{(0)},$$

$$\partial_t \lambda_k^{(0)} = \left[ \eta(0) - 2 \right] \lambda_k^{(0)} + 2 n_S (4\pi)^{1-n_S} g_k^{(0)} \Phi_0^1(m^2).$$

(4.8a)

(4.8b)

Similarly one obtains for the couplings occurring at level (1):

$$\partial_t g_k^{(1)} = \left[ d - 2 + \eta(1) \right] g_k^{(1)},$$

$$\partial_t \lambda_k^{(1)} = \left[ \eta(1) - 2 \right] \lambda_k^{(1)} - n_S (4\pi)^{1-n_S} g_k^{(1)} \left[ (d-2) \Phi_0^2(m^2) + 2m^2 \Phi_0^2(m^2) \right],$$

$$\partial_t E_k = \eta(1) E_k + \frac{2}{3} n_S (4\pi)^{1-n_S} g_k^{(1)} \left[ \frac{d-2}{2} \Phi_0^2(m^2) + m^2 \Phi_0^2(m^2) \right]$$

$$- 6\xi (d-2) \Phi_0^3(m^2) - 12\xi m^2 \Phi_0^3(m^2).$$

(4.9a)

(4.9b)

(4.9c)
As above, $m^2 \equiv \tilde{m}^2/k^2$ denotes the dimensionless mass. The anomalous dimensions at level (0) and (1), $\eta^{(0)} \equiv \partial_t \ln G^{(0)}_k$ and $\eta^{(1)} \equiv \partial_t \ln G^{(1)}_k$, respectively, are given by

$$\eta^{(0)} = \frac{2}{3} n_S (4\pi)^{1-\frac{d}{2}} \left[ \{ \Phi^{1}_{d/2-1}(m^2) \}_{\text{scalar-dia}} + \{-6\xi \Phi^{2}_{d/2}(m^2)\}_{\text{scalar-para}} \right] g^{(0)}_k,$$

$$\eta^{(1)} = \frac{2}{3} n_S (4\pi)^{1-\frac{d}{2}} \left[ \{ \Phi^{1}_{d/2}(m^2) \}_{\text{scalar-dia}} + \{-6\xi \Phi^{2}_{d/2}(m^2)\}_{\text{scalar-para}} \right] g^{(1)}_k.$$  

We observe that the system of evolution equations (4.8a) – (4.10b) decouples. Both the level (0) and the level (1) couplings form closed sub-systems; the differential equations for $g^{(0)}_k$ and $\lambda^{(0)}_k$ do not depend on $g^{(1)}_k$, $\lambda^{(1)}_k$, $E_k$, and vice versa.

The encouraging news with regard to Asymptotic Safety is that each one of the decoupled sets allows for both a Gaussian and a non-Gaussian fixed point. As already discussed in detail in [20] the independence of the two levels entails that there exists a total of 4 fixed points, corresponding to all possible fixed point combinations.

Moreover, having included the nonminimal term $\propto \xi R$ we are able to extract additional information here. The respective scalar-diamagnetic contributions to the anomalous dimensions at both level (0) and level (1) are positive for $g^{(0)}_k, g^{(1)}_k > 0$. Switching on the paramagnetic interactions, i.e. $\xi > 0$, however, the values of both $\eta^{(0)}$ and $\eta^{(1)}$ decrease.

For $\xi$ large enough they become even negative. We emphasize that this behavior is not restricted to level (0) but is also present at level (1).

An important result of this bimetric analysis is revealed by a comparison with the single-metric truncation: the level-(0) sub-system (4.8) and (4.10a) coincides exactly with the RG equations (4.3) and (4.4) one obtains in the single-metric case. Thus all conclusions drawn in the previous subsection, in particular those concerning the fixed point, hold also for the level-(0) sub-system of the bimetric truncation. It is possible to tune the parameter $\xi$ such that the Newton constant $g^{(0)}_k$ has a positive fixed point value. As we will demonstrate next, the same is true for the NGFP at level (1), too.

In order to search for fixed points we may set $m = 0$ in eqs. (4.8a) – (4.10b) as above. This results in the following NGFP coordinates of the level (0) couplings:

$$g^{(0)}_k = -\frac{3(d-2)(4\pi)^{\frac{d}{2}-1}}{2 n_S \Phi^{1}_{d/2-1}(0) - 6\xi \Phi^{2}_{d/2}(0)}, \quad \lambda^{(0)}_k = -\frac{3(d-2)\Phi^{1}_{d/2}(0)}{d [\Phi^{1}_{d/2-1}(0) - 6\xi \Phi^{2}_{d/2}(0)]}.$$  

Likewise we find for the couplings at level (1):

$$g^{(1)}_k = -\frac{3(d-2)(4\pi)^{\frac{d}{2}-1}}{2 n_S \Phi^{2}_{d/2}(0) [1 - 6\xi]}, \quad \lambda^{(1)}_k = \frac{3(d-2)2\Phi^{2}_{d/2+1}(0)}{2 d \Phi^{2}_{d/2}(0) [1 - 6\xi]},$$

$$E^{(0)}_k = \frac{d}{2} \left[ 1 - 12\xi \frac{\Phi^{3}_{d/2+1}(0)}{\Phi^{2}_{d/2}(0)} \right].$$  

The two equations in (4.11) clarify our statement made above: there is a critical value $\xi^{(0)}_{\text{crit}}= \Phi^{1}_{d/2-1}(0)/(6 \Phi^{2}_{d/2}(0))$ where the scalar field contribution to $g^{(0)}_k$ and $\lambda^{(0)}_k$ changes their signs. For $\xi < \xi^{(0)}_{\text{crit}}$ it is the scalar-diamagnetic part that decides about the sign of...
the anomalous dimension $\eta^{(0)}$; in this case $\eta^{(0)} < 0$ is possible only if $g^{(0)}_s$ and $\lambda^{(0)}_s$ are negative. However, tuning $\xi$ to higher values, $\xi > \xi^{(0)}_{\text{crit}}$, the scalar-paramagnetic interaction gets dominant and flips these signs, rendering the fixed point coordinates $g^{(0)}_s$ and $\lambda^{(0)}_s$ positive.$^{12}$

Remarkably, a very similar behavior occurs at level (1). Again we find a critical value for $\xi$, $\xi^{(1)}_{\text{crit}} = 1/6$, above which the signs of $g^{(1)}_s$ and $\lambda^{(1)}_s$ are flipped. In particular $g^{(1)}_s$ is rendered positive for $\xi$ large enough. As a consequence, for $\xi > \max(\xi^{(0)}_{\text{crit}}, \xi^{(1)}_{\text{crit}})$ we have both $g^{(0)}_s > 0$ and $g^{(1)}_s > 0$.

The similarities between the various levels can be understood as a reflection of the basic split symmetry [20]; while the cutoff breaks it to some extent, it still has a certain impact on the RG flow.

Now we can return to the question raised above: does the transition from single- to bimetric truncations destroy our picture of the rôle of paramagnetic terms? According to the findings of this section the answer is no. All qualitative features contained in the single-metric result reappear in the bimetric setting. The RG flow with its fixed points, and the influence of the scalar-paramagnetic interaction found in the single-metric computation, is recovered in its bimetric analog both at level (0) and level (1).

Thus, at least for the matter induced truncation investigated here, there remains the special significance of the paramagnetic effects.

5 QEG spacetimes as a polarizable medium

The previous sections dealt with the predominance of paramagnetic interactions over diamagnetic ones in determining certain gross features of the RG flow in QEG. As we emphasized in section 2.3 already, a priori this fact has nothing to do with the interpretation of the quantum field theory vacuum as a paramagnetic medium.

Nevertheless, as we shall argue in this section, the spacetimes of QEG can be seen as a polarizable medium, indeed with a “paramagnetic” response to external perturbations. In this respect they are analogous to the vacuum state of Yang-Mills theory.

As a useful application of our results about paramagnetic dominance on the technical side, we explain in this section also the emergence of decoupling scales due to the nonminimal character of the kinetic operator. They are important for “RG-improving” lower order calculations, as we shall illustrate by means of a simple black hole example.

5.1 Physical vs. cutoff scales

5.1.1 Decoupling scales and RG improvement

By definition, we say that the effective average action $\Gamma_k$ displays (complete) decoupling if, when we lower the IR cutoff $k$, it stops running at a certain finite scale $k = k_{\text{dec}} > 0$. When this happens the remainder of the RG evolution from $k_{\text{dec}}$ down to $k = 0$ is “for

\footnote{At the critical value $\xi = \xi_{\text{crit}}$ the scalar field contribution to the anomalous dimension $\eta^{(0)}$ drops out. Then the limit $n_S \to \infty$ is no longer admissible, and one can not neglect other fields. In this case $g^{(0)}_s$ and $\lambda^{(0)}_s$ contain non-scalar-field contributions which prevent them from diverging.}
free”, and the ordinary effective action is \( \Gamma \equiv \Gamma_0 = \Gamma_{\text{dec}} \). Generically there will be only partial decoupling, i.e. only the contributions to the \( \beta \)-functions of particular fields, or modes, vanish at \( k_{\text{dec}} \), or only some terms in \( \Gamma_k \) might stop running. Hence, there is more than one decoupling scale in general.

In its most general form, decoupling happens whenever certain terms in the Hessian \( \Gamma^{(2)}_k \) dominate over the cutoff operator \( R_k \). In this case we have, roughly speaking, “\( \Gamma^{(2)}_k \gg \partial \partial R_k \)”, and also “\( \Gamma^{(2)}_k \gg \partial \partial R_k \)” since both \( R_k \sim k^2 \) and \( \partial \partial R_k \sim k^2 \). Then it is clear that the RHS of the FRGE, \( \partial \partial \Gamma_k = \frac{1}{2} \text{Tr} \left[ \left( \Gamma^{(2)}_k + R_k \right)^{-1} \partial \partial R_k \right] \), becomes very small such that \( \Gamma_k \) no longer runs significantly with \( k \). Usually it is not easy to find out when this happens since \( \Gamma^{(2)}_k \) and \( R_k \) are non-commuting operators in general, and a certain understanding of the spectrum of \( \Gamma^{(2)}_k + R_k \) is necessary.

Nevertheless, the FRGE reproduces of course the simple examples known from perturbation theory. If, for instance, \( \Gamma_k \) contains some mass term freezing out at \( k = m_0 \) we have for the IR modes, symbolically, \( \Gamma^{(2)}_k + R_k = \cdots + m_0^2 + k^2 + \cdots \) so that \( \Gamma_k \approx \text{const} \) for \( k \lesssim m_0 \).

The situation becomes more interesting when the decoupling scale is field dependent. Consider for instance the \( \phi^4 \)-truncation for a single scalar field with \( \Gamma^{(2)}_k = -\Box + m_k^2 + \lambda_k \phi^2 \). In the massless regime \( (m_k \ll k) \) decoupling occurs when \( k^2 \) gets negligible relative to \( \lambda_k \phi^2 \). Thus \( k_{\text{dec}} \equiv k_{\text{dec}}(\phi) = \lambda_k^{1/2} \phi \). Knowing this decoupling threshold we can predict terms in \( \Gamma_k \) that were not included in the truncation used to determine the running of the couplings \( m_k, \lambda_k, \cdots \). In fact, a simple \( \phi^2 + \phi^4 \) ansatz is sufficient to find the well known logarithmic running of the quartic coupling: \( \lambda_k \propto \ln k \). Thus decoupling predicts that the potential in \( \Gamma = \Gamma_{k=0} \) contains a term \( \lambda_{k=0} \phi^4 = \ln \left( k_{\text{dec}}(\phi) \right) \phi^4 \) which equals \( \phi^4 \ln \phi \) to leading order for strong fields \( \phi \). This term is in fact exactly the correct Coleman-Weinberg potential of a massless scalar theory.

Obviously the impressive power of this decoupling argument [49] resides in the fact that it sometimes allows the computation of terms in the effective action which were not included in the truncation ansatz. (See [16] and [50] for a more detailed discussion.)

In the \( \int (F^a_{\mu \nu})^2 \)-truncation of Yang-Mills theory where \( \Gamma^{(2)}_k = -D^2 + 2ig_k F \) it can happen that the nonminimal \( F \)-term dominates over \( k^2 \), suggesting a decoupling scale which depends on the field strength, \( k^4_{\text{dec}}(F) \approx g_{\text{dec}}^2 F_{\mu \nu} F^{\mu \nu} \), implying that \( \ln \left( k^4_{\text{dec}}(F) \right) = \ln \left( F_{\mu \nu} F^{\mu \nu} \right) \), again omitting a field independent constant which is subdominant for strong fields. This insight into the decoupling features of \( \Gamma_k \) allows us to predict an \( F^2 \)-term in \( \Gamma_0 \) from the knowledge of \( \beta_{g^2} \) in the \( F^2 \)-truncation alone: \( \Gamma[F] = \Gamma_{k=0}[F] = \frac{1}{4} \int g_{\text{dec}}^{-2}(F) F_{\mu \nu}^a F^{\mu \nu} \).

Taking the generic model with the \( \beta \)-function (2.16) as an example, the \( k \)-dependence of the gauge coupling is given by \( g_k^{-2} = g_\Lambda^{-2} \left[ 1 - \frac{1}{2} g_{\Lambda}^2 \beta_0 \ln(k^2/\Lambda^2) \right] \) with an arbitrary constant of integration \( \Lambda \). This leads to \( \Gamma[F] = \int d^4 x \mathcal{L}_{\text{eff}} \) with the effective Lagrangian

\[
\mathcal{L}_{\text{eff}} = \frac{1}{4g_\Lambda^2} F_{\mu \nu}^a F^{\mu \nu} \left[ 1 - \frac{1}{4} g_{\Lambda}^2 \beta_0 \ln \left( F_{\mu \nu}^a F^{\mu \nu}/\Lambda^4 \right) \right].
\]  

(5.1)

It can be checked by conventional means [29] that (5.1) coincides with the correct one-loop
effective action in the strong field limit, meaning that terms $\propto DDF$ are neglected relative to $F^2$-terms.

As an application we mention that (upon scaling $gA$ into the gauge field and Wick rotating) the effective Lagrangian (5.1), by virtue of $-\frac{\partial L_{\text{eff}}}{\partial B} = H = (1 + \chi_{\text{mag}})^{-1}B \approx B - \chi_{\text{mag}}B$, yields the magnetic susceptibility (2.18) which we discussed earlier. Here we see that it is valid within logarithmic accuracy, when field gradients can be neglected relative to field amplitudes.

For Lorentzian signature, the RG improvement consists in replacing $\frac{1}{2g_A^2}(E^2 - B^2)$ with

$$\frac{1}{2g_k^2}(E^2 - B^2) \equiv \frac{1}{2g_A^2} \left(\varepsilon_k E^2 - \frac{1}{\mu_k}B^2\right),$$

which is to be evaluated at $k = k_{\text{dec}}(F)$. This amounts to defining the scale, or field dependent dielectric constant and the magnetic permeability by

$$\varepsilon_k \mu_k = \frac{1}{\mu_k} = g_A^2 g_k^2.$$ 

Hence, $\varepsilon_k \mu_k = 1$ is satisfied automatically. The normalization is fixed such that $\varepsilon_A = \mu_A = 1$ at the UV scale $\Lambda$, and when the deviations of $\varepsilon$ and $\mu$ are small we have approximately $\chi_{\text{el}} = -\chi_{\text{mag}}$.

The latter relation allows us to deduce the $E$-dependence of $\varepsilon(E) = 1 + \chi_{\text{el}}(E)$ from the $\chi_{\text{mag}}(B)$ in eq. (2.18). For later comparison with the gravitational case we note that the (real part of the) corresponding effective Lagrangian in a static (color-) electric field $E \equiv -\nabla \Phi_{\text{el}}$ reads

$$L_{\text{eff}} = \frac{1}{2} \varepsilon(|\nabla \Phi_{\text{el}}|)|\nabla \Phi_{\text{el}}|^2, \quad \varepsilon(|\nabla \Phi_{\text{el}}|) = 1 + \frac{1}{2} \beta_0 g_A^2 \ln \left(\frac{\Lambda^2}{g_A |\nabla \Phi_{\text{el}}|}\right).$$

We see that for $\beta_0 > 0$ ($\beta_0 < 0$), in QED (QCD), say, integrating out fluctuation modes between the effective IR cutoff $k^2 = g_A |\nabla \Phi_{\text{el}}|$ and $\Lambda^2$ leads to a dielectric constant $\varepsilon > 1$ ($\varepsilon < 1$) indicating that test charges are screened (antscreened) by the virtual excitations populating the vacuum [51].

5.1.2 Decoupling scales in QEG

In the Einstein-Hilbert approximation of QEG the inverse propagator of the metric fluctuations $h_{\mu\nu}$ is of the form (1.6), i.e. $-\tilde{K} D^2 + \tilde{U}$. The tensor $\tilde{U}$ was given in eq. (1.7). In this subsection we restrict ourselves to $\Lambda_k = 0$ so that $\tilde{U}_{\mu\nu} = 0$ when the Riemann tensor vanishes. For suitable backgrounds $\tilde{g}_{\mu\nu}$ we can distinguish two forms of decoupling in which $k^2$ can be neglected relative to either $-\tilde{K} D^2$ or $\tilde{U}$, respectively. (A) The first case is realized in flat spacetimes ($\tilde{U} = 0$, $D^2 = \partial^2$), with a finite volume, say, where $-\partial^2$ has a lowest eigenvalue $p_{\text{min}}^2$ and so decoupling occurs at $k_{\text{dec}} = p_{\text{min}}$. More generally, when the background is not too strongly curved, the usual intuition about Fourier analysis still applies and geometrical constraints involving (proper) length scales $L$ affect (i.e., cut off) the spectrum of $-\tilde{D}^2$ near $1/L^2$. For example, at large distances
from a Schwarzschild black hole the spacetime curvature is weak ($\bar{U} \approx 0$) and only the Laplacian $-\bar{D}^2$ matters. If we focus on the portion of spacetime interior to a sphere of constant Schwarzschild radial coordinate $r$, decoupling should occur near

$$k_{\text{dec}}^{(A)}(r) \approx \frac{1}{r}.$$  \hspace{1cm} (5.5)

While there exists no rigorous proof, a number of strong arguments in favor of (5.5) has been put forward in the literature, and its consequences have been studied [10, 50, 52]. In particular $k(r) \propto 1/r$ is the only function $k = k(r)$ one can write down which respects spherical symmetry and introduces no new scale into the problem. Moreover, in the analogous problems of standard quantum field theory (QED, QCD, etc.), eq. (5.5) is known to be the correct cutoff. In QED, for instance, the RG improvement of the Coulomb potential on the basis of (5.5) does indeed lead to the correct Uehling-Serber potential originally determined by standard methods. (See [51] for a detailed discussion). In fact, this simple way of obtaining the screened Coulomb potential works only in massless QED. If the electrons have a nonzero mass, a second length scale besides $r$ makes its appearance, namely the Compton wavelength $1/m$. As a consequence, any ansatz $k(r) = \frac{1}{r} f(mr)$ is consistent with the general principles, and the function $f(mr)$ could not be guessed without an explicit (standard) calculation.

In this context, the operator $R_k$ and the “cutoff identification” $k = k(r)$, or, more generally $k = k(x^\mu)$, can be interpreted as a mathematical model of the true, physical mode suppression process. Here we are not looking for universal features but, on the contrary, those of a very particular physical situation.

With a cutoff identification $k = k(x^\mu)$ the scale $k$ becomes effectively a field over spacetime. In a sense, $\Gamma_k$ with position dependent running couplings can be thought of as an adiabatic approximation meaning that the “fast dynamics” of the high frequency quantum modes has been integrated out in the background of the “slow” ones. If we then set $k = k(x^\mu)$ the “slow” background for the “fast” modes varies from point to point. This procedure can be meaningful if the $x$-dependence of $k$ is sufficiently weak in comparison to the corresponding variation of the modes integrated out.

(B) The second case, complete or partial decoupling via the nonminimal term, occurs when some or all eigenvalues of $U$ become larger than $k^2$. Hereby $U \equiv (\bar{U}_{\rho\sigma}^{\mu\nu})$ is regarded a $\frac{d(d+1)}{2} \times \frac{d(d+1)}{2}$ matrix whose rows and columns are labeled by the symmetric pairs $(\mu\nu)$ and $(\rho\sigma)$.

For a generic background $\bar{g}_{\mu\nu}$ it will be difficult in general to find the eigenvalues of $\bar{U}_{\rho\sigma}^{\mu\nu}$ explicitly. However, to deduce a scale of at least partial decoupling knowledge of easily computable curvature invariants is sufficient sometimes. For example, for Ricci flat backgrounds, i.e. solutions to the classical vacuum equation $\bar{R}_{\mu\nu} = 0$, we have $\bar{U}_{\rho\sigma}^{\mu\nu} = -\frac{1}{2} [\bar{R}_{\rho\sigma}^{\mu\nu} + \bar{R}_{\mu\nu}^{\rho\sigma}]$, implying that $U$ is traceless, $\text{tr} (U) \equiv \bar{U}_{\mu\nu}^{\mu\nu} = 0$, and that

$$\text{tr} (U^2) = \frac{3}{4} \bar{R}_{\mu\nu\rho\sigma} \bar{R}^{\mu\nu\rho\sigma}.$$  \hspace{1cm} (5.6)

So we can conclude that when $k^4$ drops below $k^4_{\text{dec}} = \text{tr} (U^2)$ there is at least one eigenvalue of $U$ which has a magnitude larger than $k^2$. 

– 35 –
5.1.3 RG improved black holes

As a simple illustration, consider a Schwarzschild black hole of mass $M$. In this case the quadratic curvature invariant is

$$\bar{R}_{\mu\nu\rho\sigma} \bar{R}^{\mu\nu\rho\sigma} = 12 \left( \frac{2GM}{r^3} \right)^2.$$  

(5.7)

By the above argument it suggests the decoupling scale

$$k_{\text{dec}}^{(B)}(r) \approx \left( \frac{2GM}{r^3} \right)^{1/2} \equiv \frac{1}{r} \sqrt{\frac{2GM}{r}},$$  

(5.8)

where we have discarded a factor of order unity.

By now we have found two candidates for position dependent decoupling scales in the Schwarzschild spacetime, namely $k_{\text{dec}}^{(A)} \propto r^{-1}$ and $k_{\text{dec}}^{(B)} \propto r^{-3/2}$ which are related to the fluctuations’ diamagnetic ($\bar{D}^2$) and paramagnetic ($\bar{U}$) interaction with the background, respectively. With regard to the RG improvement of the black hole spacetime proposed in [52, 53] it is interesting to ask which one is more effective, i.e. is located at the higher scale. The answer is seen to depend on whether $r$ is smaller or larger than the pertinent Schwarzschild radius $r_S \equiv 2GM$:

$$k_{\text{dec}}^{\text{max}}(r) = \begin{cases} 
\frac{1}{r} & \text{for } r > r_S \quad \text{(diamagnetic interaction)} \\
\frac{1}{r} \sqrt{\frac{r_S}{r}} & \text{for } r < r_S \quad \text{(paramagnetic interaction)}
\end{cases}$$  

(5.9)

It is quite intriguing that approaching a black hole it happens already at the horizon scale (rather than, say, the Planck scale) that the paramagnetic effects take over; for a heavy black hole this is a perfectly macroscopic scale, after all.\textsuperscript{13}

Remarkably enough, (5.9) coincides exactly with the cutoff identification motivated in refs. [52] by means of an entirely different reasoning.\textsuperscript{14} In [52] it was used to explore the leading QEG corrections to the Schwarzschild metric, in particular the modified horizon and causal structure and the related quantum corrected thermodynamics were analyzed. Indications were found that the Hawking evaporation process might come to a halt when $M \approx m_{\text{Pl}}$, and that the central singularity either disappears completely or at least is significantly ameliorated by the quantum effects. In retrospect we now understand that these effects are all predominantly due to the paramagnetism of the metric fluctuations.

\textsuperscript{13}Of course, this is not to say that there are necessarily large quantum effects at the horizon; this requires a significant RG running of the couplings near $k_{\text{dec}}$ which (according to the present truncations) occurs near the Planck scale only.

\textsuperscript{14}In particular the typical $k \propto r^{-3/2}$ behavior at short distances was found in [52]. It turned out that, for large distances, it must get replaced by $k \propto r^{-1}$ since otherwise Donoghue’s [54] perturbative correction to Newton’s potential would not be recovered. From the present point of view this implies that, first, the perturbative result [54] is of a “diamagnetic” nature and, second, RG-improvement based upon the cutoff identification $k_{\text{dec}}^4 \propto R_{\mu\nu\rho\sigma}^2$ is demonstrably wrong for $r \gg r_S$ as it contradicts explicit perturbative computations.
5.1.4 Gravitational effective Lagrangian by RG improvement?

Let us now try to follow the discussion in section 5.1.1 as closely as possible for gravity. As far as a simple derivation of $\Gamma \equiv \Gamma_{k=0} = \int d^4x \mathcal{L}_{\text{eff}}$ in the strong field strength/curvature regime is concerned, the method is less powerful in QEG than in Yang-Mills theory, however, the reason being that there is more than one invariant that could take over the rôle of $F^a_{\mu \nu} F^a_{\mu \nu}$ in determining the decoupling scale. For the regime of strong, constant field strength (curvature) a general quadratic ansatz reads

$$k_{\text{dec}}^4 = c_1 R^2_{\mu \nu \rho \sigma} + c_2 R^2_{\mu \nu} + c_3 R^2,$$  \hspace{1cm} (5.10)

with dimensionless constants $c_i$. In order to evaluate $\Gamma_{k=1}$ let us use the following simple but qualitatively correct caricature of the RG trajectories of the Einstein-Hilbert truncation $[52]$:

$$\frac{1}{G_k} = \frac{1}{G_0} + \frac{k^2}{g_*}, \hspace{1cm} \frac{\Lambda_k}{\Lambda_0} = \frac{\Lambda_0}{G_0} + \lambda_k k^4 / g_*.$$ \hspace{1cm} (5.11)

For fields strong enough so that $k$ is in the asymptotic scaling regime the cosmological constant term in $\Gamma_{k=\text{dec}}$ gives rise, in $\mathcal{L}_{\text{eff}}$, to the three (curvature)$^2$ terms, precisely in the linear combination of (5.10). The improvement of the $\sqrt{g} R$ term, taken literally, leads to a structure with a square root: $R [c_1 R^2_{\mu \nu \rho \sigma} + c_2 R^2_{\mu \nu} + c_3 R^2]^{1/2}$. One can speculate that the (as yet unavailable) exact result for $\mathcal{L}_{\text{eff}}$ will amount to $c_1 = c_2 = 0$ which avoids the somewhat implausible nonlocality due to the square root. If so, we may conclude that for gravitational fields satisfying $R^2 \gg DDR$ and, to be in the regime where $1/G_0$ and $\Lambda_0/G_0$ in (5.11) can be neglected, $k_{\text{dec}} \gg m_{\text{Pl}}$, the effective Lagrangian has the structure

$$\mathcal{L}_{\text{eff}} = a_1 R^2_{\mu \nu \rho \sigma} + a_2 R^2_{\mu \nu} + a_3 R^2.$$ \hspace{1cm} (5.12)

In any case, it seems fairly certain that as a consequence of paramagnetic decoupling $\mathcal{L}_{\text{eff}}$ is of the (curvature)$^2$ form; a priori this includes also exotic dimension 4 terms like $R(R_{\mu \nu} R^{\mu \nu})^{1/2}$, say $[55]$.

5.2 The QEG vacuum as a polarizable medium

We stressed repeatedly the conceptual difference between the dominance of the paramagnetic interactions and a possibly paramagnetic response to external fields. The latter is a property of the vacuum or any other state of the quantum field theory under consideration. While the previous sections all dealt with the dominance of the paramagnetic interaction term over the diamagnetic one, we now turn to the question of how the QEG vacuum responds to external fields.

We shall not embark here on a discussion of the tensorial susceptibilities one can define for a general gravitational field but rather restrict the expectation value of the metric to the lowest post-Newtonian order. This will display the analogy of QEG to QED or Yang-Mills theory most clearly. Employing Cartesian coordinates $x^\mu = (t, \mathbf{x})$, we consider metrics of the form $[9]$

$$g_{\mu \nu} dx^\mu dx^\nu = -(1 + 2 \Phi_{\text{grav}}) dt^2 + 2 \zeta \cdot d\mathbf{x} dt + (1 - 2 \Phi_{\text{grav}}) d\mathbf{x}^2,$$ \hspace{1cm} (5.13)
where $\Phi_{\text{grav}}$ and $\zeta$ are the gravitational scalar and vector potentials, respectively. We assume them time independent, and adopt the harmonic coordinate condition, $\nabla \cdot \zeta = 0$.

Leaving the cosmological constant aside, we consider the Lorentzian version \[56\] of the effective average action $\Gamma_{k}^{\text{Lor}}[g] = \frac{1}{16\pi G_k} \int d^4x \sqrt{-g} R[g]$. Inserting the metric (5.13) and retaining at most quadratic terms in $\Phi_{\text{grav}}$ and $\zeta$ we find

$$\Gamma_{k}^{\text{Lor}}[g] = -\frac{1}{4\pi} \int d^4x \frac{1}{2G_k} \left( g^2 - \Omega^2 \right). \tag{5.14}$$

Here we encounter the acceleration $g \equiv -\nabla \Phi_{\text{grav}}$ and the angular velocity of the local inertial frames, $\Omega \equiv -\frac{1}{2} \nabla \times \zeta$. They are the gravitational analogs of the electromagnetic, or Yang-Mills, $E$ and $B$ fields, respectively. Following the logic that had led us to eq. (5.3) we now rewrite eq. (5.14) in the following fashion:

$$\Gamma_{k}^{\text{Lor}}[g] = -\frac{1}{4\pi} \int d^4x \frac{1}{2G_i} \left( \varepsilon_{k}^{\text{grav}} g^2 - \frac{1}{\mu_{k}^{\text{grav}}} \Omega^2 \right). \tag{5.15}$$

Here $G_\Lambda$ is a scale independent prefactor, Newton’s constant at some fixed UV scale $k = \Lambda$. In this reinterpretation of the running action its $k$-dependence is carried by the “grav-di-electric constant” $\varepsilon_{k}^{\text{grav}}$ and the “gravimagnetic permeability” $\mu_{k}^{\text{grav}}$, defined by

$$\varepsilon_{k}^{\text{grav}} = \frac{1}{\mu_{k}^{\text{grav}}} = \frac{G_\Lambda}{G_k}. \tag{5.16}$$

For the simplified trajectory (5.11), for example, we obtain the explicit formula

$$\varepsilon_{k}^{\text{grav}} = \frac{1}{\mu_{k}^{\text{grav}}} = \frac{g_* + G_0 k^2}{g_* + G_0 \Lambda^2}. \tag{5.17}$$

As $\frac{1}{2}(g^2 - \Omega^2)$ corresponds to the Maxwell Lagrangian $\frac{1}{2}(E^2 - B^2)$, the analogy between (5.15) and its gauge theory counterpart (5.2) is indeed striking.

In order to understand the physics contents of (5.15) it is not necessary to actually identify $k \equiv k_{\text{dec}}(R)$. Let us continue to consider $\varepsilon_{k}^{\text{grav}}$ and $\mu_{k}^{\text{grav}}$ functions of the IR cutoff $k$ itself, and let us ask how they evolve along an RG trajectory. Starting at the UV cutoff $k = \Lambda$ we have $\varepsilon_{\Lambda}^{\text{grav}} = \mu_{\Lambda}^{\text{grav}} = 1$ initially. Then, lowering $k$, the RG flow is such that $G_k$ is the larger the smaller is $k$. Hence we see that integrating out the metric fluctuations in the momentum interval $[k, \Lambda]$ gives rise to a gravi-dielectric constant (gravimagnetic permeability) smaller (larger) than unity:

$$\varepsilon_{k}^{\text{grav}} \leq 1, \quad \mu_{k}^{\text{grav}} \geq 1 \quad \text{for } k \leq \Lambda. \tag{5.18}$$

In this sense, the behavior of the QEG vacuum is analogous to that of Yang-Mills theory: $\varepsilon_{k}^{\text{grav}} < 1$ implies that external charges (masses) are antiscreened, and $\mu_{k}^{\text{grav}} > 1$ indicates the paramagnetic response to external gravimagnetic fields.

We emphasize that the RG trajectories are unaffected by the post-Newtonian approximation used here for purely illustrative purposes. Inserting a more general argument into $\Gamma_{k}^{\text{Lor}}[g]$, the function $G_k$ will remain the same, only the interpretation in intuitive terms might become more difficult.
6 Summary and conclusion

In a large class of well understood physical systems the pertinent quantum fluctuations $\varphi$ are governed by inverse propagators of the general form $-D^2_A + U(F_A)$ where $D_A$ is the covariant derivative with respect to a certain connection $A$, and $U$ denotes a matrix-valued potential depending on its curvature, $F_A$. The first and the second term of the quadratic Lagrangian $\mathcal{L} = \frac{1}{2} \varphi (-D^2_A + U(F_A)) \varphi$ give rise to, respectively, diamagnetic-type and paramagnetic-type interactions of the $\varphi$’s with the background constituted by the $A$ field. In the regime of the interest, the two types of interactions have an antagonistic effect, but as the paramagnetic ones are much stronger than their diamagnetic opponents they win and thus determine the qualitative properties of the system.

Well known examples of this “paramagnetic dominance” include the susceptibility of magnetic systems, the screening of electric charges in QED, and the antiscreening of color charges in Yang-Mills theory.

In this paper we showed that also 4-dimensional Quantum Einstein Gravity belongs to this class of systems. The RG flow of QEG is driven by the quantum fluctuations of the metric which, too, have an inverse propagator with the above structure. We disentangled the dia- from the para-type contributions to the RG flow, in particular to the anomalous dimension of Newton’s constant, $\eta_N$. The negative sign of $\eta_N$ which is crucial for gravitational antiscreening and Asymptotic Safety was found to be due to the predominantly paramagnetic interaction of the gravitons with external gravitational fields. Those interactions are sufficient by themselves to trigger the formation of a non-Gaussian RG fixed point. On the other hand, the diamagnetic interaction would not lead to such a fixed point on its own, and, in fact, in $d > 3$ dimensions it counteracts gravitational antiscreening and Asymptotic Safety. Thus the NGFP owes its existence to the paramagnetic dominance.

In the familiar quantum field theories, such as QED and QCD, one of the most interesting tasks, which often is also essential from the practical point of view, consists in determining the properties of its vacuum state, e.g. the response of quantum fluctuations to external fields. In the case of quantum gravity we were led to the following intuitive picture of a QEG “vacuum” state, a spacetime represented by a self-consistent solution $\bar{g}_{\mu\nu}$ to the effective field equations for instance.

The dominant paramagnetic coupling of the metric fluctuations $h_{\mu\nu}$ to their “condensate”, that is, the background $\bar{g}_{\mu\nu}$, has the form $\int h(x)\bar{U}(x)h(x)$ which is analogous to $\int \bar{\psi}(\sigma \cdot B)\psi$ for magnetic systems. It contains no derivatives of $h_{\mu\nu}$, i.e. it is ultralocal, and the interaction energy it gives rise to depends only on the spin orientation of $h(x)$ relative to $\bar{U}(x)$ at each spacetime point $x$ individually. So the essential physical effects in the fixed point regime are due to fluctuations which do not correlate different spacetime points. To the extent the orbital motion effects caused by $\int h D^2 h$ can be neglected, different spacetime points decouple completely.

Thus, if one wants to invoke a magnetic analogy again, the QEG vacuum should be visualized as a statistical spin system which consists of magnetic moments sitting at fixed lattice points and interacting with their mean field, rather than as a gas of itinerant electrons.
This picture is also the answer to a question that has often been raised, namely, how can it be that there is a nontrivial RG flow in 3 spacetime dimensions even though the gravitational field has no physical degrees of freedom in \(d = 3\)? We explained this fact by noting that a “degree of freedom” in the sense of this question amounts to a propagating degree of freedom or, in the language of the classical Cauchy problem, to an independent component of the metric whose time development can be computed from the field equations. While diamagnetic effects are in fact related to propagation and orbital motion, and hence are indeed absent in \(d = 3\), the paramagnetic ones are still present in that case. Since the interactions responsible for the nontrivial RG flow are, essentially, only of paramagnetic nature, we now understand that they have nothing to do with propagation, and so they do not count as degrees of freedom in the sense of the question. They rather relate to the ultralocal spin orientation of the fluctuations \(h_{\mu\nu}\) relative to a given background.

Another dimensionality of special interest is \(d = 2 + \epsilon\). For \(\epsilon \to 0\) Newton’s constant is dimensionless and so one expects the leading order of \(\eta_N\) to become universal. Nevertheless, in the literature there has been a longstanding puzzle about the correct \(O(g)\) coefficient appearing in \(\eta_N = -bg + O(g^2)\). In this paper we have seen that actually both values for \(b\) found by the majority of the authors, namely \(b = \frac{38}{3}\) and \(b = \frac{2}{3}\), are correct in a certain sense. However, they refer to two different running coupling constants, both of which make their appearance in the effective average action: the coefficient \(b = \frac{38}{3}\) belongs to the bulk Newton constant \(G_N\), while \(b = \frac{2}{3}\) \(\equiv b^\partial\) plays a similar rôle for the boundary Newton constant \(G_N^\partial\) which occurs in the prefactor of the Gibbons-Hawking term [40]. The difference of \(b\) and \(b^\partial\) is explained by the fact that \(b\) receives contributions from both the dia- and the paramagnetic interactions, while \(b^\partial\) is nonzero due to the diamagnetic term alone.

Since, in \(d < 3\) dimensions, the dia- and paramagnetic interactions drive \(\eta_N\) in the same direction, both of them contribute positively to \(b\) in \(d = 2 + \epsilon\). This observation makes it clear that the “old” fixed point with \(b = \frac{2}{3}\) of \(2 + \epsilon\) dimensional gravity found already in the 1970’s is of a rather different nature than the NGFP in 4 dimensions: the former exists only thanks to the diamagnetic interaction, the latter despite it! Therefore, the fixed point with \(b = \frac{38}{3}\) can be seen as the dimensional continuation of the NGFP from \(d = 4\) to \(d = 2 + \epsilon\), while the one corresponding to \(b = \frac{2}{3}\) can not.

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