Autophagy inhibitor chloroquine induces apoptosis of cholangiocarcinoma cells via endoplasmic reticulum stress

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Abstract. Poor prognosis and chemotherapy tolerance are the main obstacles encountered in the treatment of cholangiocarcinoma. Chloroquine (CQ), an antimalarial agent, is able to induce sustained endoplasmic reticulum (ER) stress by functioning as an autophagy inhibitor. The present study indicated that CQ had the ability to induce apoptosis in QBC939 cholangiocarcinoma cells. Furthermore, using western blotting, Hoechst staining and flow cytometry, it was demonstrated that CQ induced the apoptosis of QBC939 cholangiocarcinoma cells. Analysis by a polymerase chain reaction (PCR) array and confirmation via quantitative PCR technology indicated that the expression levels of growth arrest and DNA damage 153 [C/EBP homologous protein (CHOP)], a key molecule involved in ER stress-induced apoptosis, and its downstream death receptors were increased following CQ stimulation. It was considered that the upregulation of CHOP may mediate CQ-induced extrinsic pathways and autophagy-dependent apoptosis; therefore, the role of autophagy in cholangiocarcinoma treatment was elucidated based on the data demonstrating that CQ regulates the ER-autophagy network in tumor cells. Furthermore, it was considered that CQ may become a novel and effective strategy for the treatment of cholangiocarcinoma.

Introduction

Hepatocellular carcinoma and cholangiocarcinoma are the two most common cancer types in the hepatobiliary system (1). Extrahepatic cholangiocarcinoma is a malignancy that originates from the confluence of right and left hepatic ducts to the distal end of the common bile duct (2-4). Clinically, the treatment options include surgery, radiotherapy and chemotherapy; however, the prognosis remains poor following these treatments (5). Recent studies have indicated that autophagy is able to protect cells by degrading misfolded proteins, which may shed new light on the treatment of cholangiocarcinoma (6,7).

Chloroquine (CQ), which is frequently used clinically as an antimalarial agent, is a classic inhibitor of autophagy that blocks the binding of autophagosomes to lysosomes by altering the acidic environment of lysosomes, resulting in the accumulation of a large number of damaged proteins in cells (8). The inhibition of autophagy by CQ results in the accumulation of a large number of damaged proteins in the cytoplasm and induces endoplasmic reticulum (ER) stress (9). Persistent ER stress eventually results in cell death (10,11). A study confirmed that CQ is able to induce tumor necrosis factor (TNF)-related apoptosis-inducing ligand (TRAIL)-mediated apoptosis of glioma cells (12). Our previous experiments demonstrated that cisplatin increases the ER stress and autophagy level in HeLa cells, whereas blocking autophagy significantly increased the chemosensitivity of HeLa cells to cisplatin (13); therefore, CQ may serve an antitumor role by regulating the ER-autophagy network, although the specific mechanism is currently unclear.

Growth arrest and DNA damage 153 [C/EBP homologous protein (CHOP)] is considered to be one of the most important molecules mediating ER stress-induced apoptosis (14). Activated CHOP exerts a pro-apoptotic effect by upregulating the expression of B-cell lymphoma-2 (Bcl-2)-associated X (Bax), a pro-apoptotic member of the Bcl-2 family (15,16). Additionally, CHOP promotes the transcription of death receptor 5 (DR5), also known as TRAIL-receptor, and activates the caspase-8-dependent extrinsic apoptosis pathway (17). Cells may be protected from ER stress-induced apoptosis by inhibition of CHOP expression. Furthermore, a previous study indicated that CHOP-deficient mice were more tolerant to tunicamycin (an inducer of endoplasmic reticulum stress) (18); therefore, CHOP may serve a key role in targeted cell apoptosis induced by ER stress. Further studies have demonstrated the involvement of an autophagy-dependent death-inducing signaling complex known as intracellular death-inducing signaling complex (iDISC) in the ER stress-apoptosis signaling...
pathway. iDISC is associated with the autophagy substrate p62 and initiates apoptosis through activation of caspase-8 (19,20). CHOP may be the core molecule associated with multiple ER stress-induced apoptotic pathways. By investigating the regulatory mechanisms of the autophagy inhibitor CQ underlying ER stress and apoptosis, the role of autophagy-ER stress in antitumor therapy may be further elaborated, potentially indicating the development of novel targets.

In the present study, the autophagy inhibitor CQ was used to regulate the ER-autophagy network, in order to examine whether autophagy provides data on novel treatments of cholangiocarcinoma. Additionally, by elucidating the mechanism by which CQ exerts cytotoxicity against the cholangiocarcinoma cell line QBC939, CQ was considered a novel and effective strategy for the treatment of cholangiocarcinoma.

Materials and methods

Materials. CQ diphosphate salt was purchased from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany) and was dissolved in water to produce a 10 mM stock solution. Hoechst 33342 and MTT were purchased from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany). Anti-PARP (sc-7150), anti-Bak (sc-832), anti-Bax (sc-4239), and anti-HSPA5 (sc-13968) antibodies were purchased from Santa Cruz Biotechnology, Inc. (Dallas, TX, USA). Anti-CHOP (3868), anti-Caspase-3 (9662), anti-Cleaved-Caspase-3 (9664) and anti-β-actin (3700) were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). Anti-p62 (ab109012) was purchased from Abcam (Cambridge, UK). Horseradish peroxidase-conjugated goat anti-rabbit (H+L) immunoglobulin (Ig)G (SA00001-2) and goat anti-mouse (H+L) IgG (SA00001-1) secondary antibodies were purchased from Proteintech (Chicago, IL).

Cell lines and culture. The human cholangiocarcinoma cell line QBC939 was purchased from America Tissue Culture Collection (Manassas, VA, USA) and was cultured in RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) supplemented with 10% fetal bovine serum (HyClone, Logan, UT, USA), 100 U/ml penicillin, and 100 mg/ml streptomycin (complete medium) in a humidified cell culture incubator with an atmosphere containing 5% CO$_2$ at 37°C.

MTT assay. Cellular viability was assessed using MTT assays. Briefly, cells were seeded in 96-well plates at a density of 1x10$^4$ cells/well in 100 µl complete medium at 37°C in an atmosphere containing 5% CO$_2$, and exposed to different doses of CQ (0, 1.5, 3.1, 6.2, 12.5, 25, 50, 100 and 200 µM) for 24 h. At the end of the treatment 10 µl 10 mg/ml MTT reagent (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) in PBS was added to each well and incubated at 37°C for a further 4 h. Any formazan crystals that formed were dissolved in 150 µl dimethyl sulfoxide and absorbance was recorded at a wavelength of 490 nm. Each treatment was repeated in five separate wells.

Analysis of apoptosis by Hoechst 3324 staining. Apoptotic morphological alterations in nuclear chromatin were detected by Hoechst 3324 staining. Briefly, QBC939 cells were cultured in 24-well plates and treated with 50 µM CQ for 12 and 24 h, with the untreated group used as a control. Cells were washed with ice-cold PBS three times and fixed with 4% (w/v) paraffomaldehyde at 37°C for 15 min. The plates were then incubated with 10 M Hoechst 33258 staining solution for 10 min at 37°C and the cells were visualized under a fluorescence microscope (magnification, x10) (IX-71; Olympus Corporation, Tokyo, Japan).

Western blot analysis. Subsequent treating with 50 µM CQ for 6, 12 and 24 h, with the untreated group used as a control, cells were collected and lysed with radioimmunoprecipitation assay buffer (Beyotime Institute of Biotechnology, Haimen, China). The lysate was agitated with ultrasound for 20 sec, and placed on ice for 45 min. The lysate was then centrifuged at 3,170 x g for 5 min at 4°C and the precipitate was discarded. Briefly, following quantification of protein in each sample with the Bio-Rad protein reagent (Bio-Rad Laboratories, Inc., Hercules, CA, USA), 40 µg total protein per well was separated by 12% SDS-PAGE and transferred onto an Immobilon polyvinylidene fluoride membrane (Bio-Rad Laboratories, Inc.). The membranes were blocked in Tris buffered saline containing 5% (w/v) non-fat dry milk at room temperature for 1 h, and then incubated with specific primary antibodies overnight at 4°C. Following washing with PBS Tween-20 (0.1%, v/v) for three times, membranes were incubated with horseradish-peroxidase-conjugated secondary antibodies (Santa Cruz Biotechnology, Inc., Dallas, TX, USA) at room temperature for 1 h. Membranes were then incubated in enhanced chemiluminescent reagents (Thermo Fisher Scientific, Inc.) and images were captured by Syngene Bio Imaging (Synoptics, Ltd., Cambridge, UK). Densitometric quantitation of bands was performed using Syngene Bio Imaging tools (version 1.2.2.0; Synoptics, Ltd., Cambridge, UK).

Quantitative polymerase chain reaction (qPCR). Cells were harvested and total RNA was extracted with TRIzol® reagent (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA). qPCR was performed using SYBR®-Green Real-Time PCR Master Mix (Takara Biotechnology Co., Ltd., Dalian, China) with relevant primers using the MX3000P instrument (Agilent Technologies, Inc., Santa Clara, CA, USA), according to the manufacturer’s protocol in the following conditions: 94.0°C for 30 sec, 40 cycles of 94.0°C for 5 sec and 60.0°C for 30 sec. A melting curve was detected between 60 and 94°C to confirm the PCR product of interest. The primer sequences used are as follows: TNF receptor superfamily member 10c (DCR1), 5′-CCTCTTTGCTTCCATGAC-3′ (forward), and 5′-CTT CAACACCTGGATCTAC-3′ (reverse); TNF receptor superfamily member 10d (DCR2), 5′-TCACGTCCCTCACAGATT CC-3′ (forward), and 5′-CTCCGACCCCCCTTCAGCTTC-3′ (reverse); TNF receptor superfamily member 25 (DR5), 5′-CCATTGCGCCAGGCTTT-3′ (forward), and 5′-ATGCAG GCACGTCAC-3′ (reverse); TNF receptor superfamily member 10a (DR4), 5′-CTGTCGTCACTGTGCCATCG-3′ (forward), and 5′-GTACACAGCTGACACACT-3′ (reverse); TNF receptor superfamily member 10b (DR5), 5′-AGACC CTTGGTCTCGTTG-3′ (forward), and 5′-AGGCCGACA CATTCCCTTG-3′ (reverse); tumor necrosis factor-related...
apoptosis-inducing ligand (TRAIL), 5'-GAGCTGAGACGCA
ATGCAGGAC-3' (forward), and 5'-TGACGGAGTTGGCCA
TTGAC-3' (reverse); TNF receptor 2 (TNFR2), 5'-GCC
CCAGATCTGCAAGCTG-3' (forward), and 5'-TGAGGC
ACCTGGGCTCTCCT-3' (reverse); and Fas cell surface
death receptor (FAS), 5'-TGTAGATTGTGTGATGAAGG-3'
(forward), and 5'-GATCCCATGTCACTATTGG-3' (reverse).
Analysis of relative gene expression data using qPCR and the
2^ΔΔCq method (21).

Caspase-8 activity. Caspase-8 activity was measured using
the Caspase-Glo 8 assay kit (Promega Corporation, Madison,
WI, USA), according to the manufacturer's protocols. Each
experiment was performed in quintuplicate.

Flow cytometry. Apoptosis was determined by an Annexin-V
and PI kit (cat. no. 556547; BD Biosciences, San Jose, CA,
USA). Cells were seeded in 6-well plates overnight at a
density of 5x10^5 cells/well. Following exposure to 50 µM CQ
for 12 and 24 h, the untreated group was used as a control,
cells were trypsinized at 37°C for 5 min and incubated with
PI and Annexin V-FITC for 15 min at 37°C. The samples
were analyzed using a BD Accuri C6 flow cytometer (BD
Biosciences, Franklin Lakes, NJ, USA). All experiments were
performed in triplicate.

RT^2 Profiler PCR Array System. The Human Unfolded Protein
Response RT^2 Profiler PCR Array (SABiosciences-Qiagen,
Hilden, Germany) profiles the expression of 84 key genes
involved in unfolded protein accumulation in the ER. Total
cellular RNA was extracted from cultured cells according
to the manufacturer's instructions. Single-stranded cDNA
was obtained by reverse transcription of 1 µg of total RNA
using the SABiosciences RT^2 First Strand kit. qPCR was
performed using Applied Biosystems 7300 Fast with SYBR
Green Fluorophore. The reactions were carried out using an
RT^2 SYBR-Green Mastermix. cDNA was used as template
and cycling parameters were 95°C for 10 min, followed by
40 cycles of 95°C for 15 sec and 60°C for 1 min. Fluorescence
intensities were analyzed using the manufacturer's software,
and relative quantification was calculated using the 2^ΔΔCq
method. Change of expression of the 84 genes was shown by
heat imaging. GAPDH was used as a reference gene.

Immunoprecipitation assay. Cells were lysed in NP40 lysis
buffer. Equal amounts of lysates were immunoprecipitated
with 2 µg of the p62-linkage Specific Polyubiquitin antibody
overnight at 4°C. A total of 25 µl protein A and G agarose
(Beyotime Institute of Biotechnology) were used in each
sample. Beads were washed with PBS three times with 1 ml
each. The eluted proteins were examined by using western
blotting as described above.

Statistical analysis. Data are expressed as the mean ± stan-
dard deviation. SPSS 17.0 software (SPSS, Inc., Chicago, IL,
USA) was used for analysis. All experiments were repeated at
least three times. The statistical significance of the difference
between groups was assessed using one-way analysis of vari-
ance with Least-Significant-Difference post-hoc test. P<0.05
was considered to indicate a statistically significant difference.

Results

Autophagy inhibitor CQ induces apoptosis of QBC939 cells.
CQ has been frequently used as an autophagy inhibitor.
QBC939 cells died following treatment with different doses
of CQ (Fig. 1A), and the half-maximal inhibitory concentra-
tion (IC_{50}) was 53.01 µM (for the convenience of calculation
and statistics, 50 µM was used as the IC_{50} dose). However,
the exact mechanism underlying cell death caused by CQ remains
unclear. Staining the cells with Hoechst 33342 indicated typical
apoptotic changes, including nuclear fragmentation (Fig. 1B).
The data produced by flow cytometry were consistent with the
fluorescence results, where the apoptosis rate of cells gradually
increased proportional to increasing CQ treatment time (Fig. 1C).

Autophagy inhibitor CQ initiates the iDISC-associated
apoptosis pathway. To verify the hypothesis that CQ induces
the apoptosis of QBC939 cells, western blotting was performed
to detect the expression of apoptosis-associated proteins.
As depicted in Fig. 2A and B, the expression of caspase-3
increased following CQ treatment for 6, 12 and 24 h (P<0.05).
Accordingly, the level of pol(ADP-ribose) polymerase
(PARP) cleavage also increased (P<0.05). Additionally, 50 µM
CQ resulted in the notable accumulation of microtubules asso-
ciated protein light chain 3 II (P<0.05) and blocked the binding
of autophagosomes to lysosomes, resulting in the accumula-
tion of autophagosomes in the cytoplasm. CQ also promoted
the expression of pro-apoptotic Bcl-2 family proteins Bax and
Bcl-2 antagonist/killer (Bak) (P<0.05) and accelerated apop-
tosis; therefore, CQ results in the apoptosis of QBC939 cells.

Caspase-8 is a key protease in the induction of the extrinsic
pathway of apoptosis (10). Due to the aforementioned results
indicating that CQ-induced apoptosis may be associated with
the death receptor-mediated extrinsic apoptotic pathway, the
effect of CQ on caspase-8 was determined. As depicted in
Fig. 2A and C, activation of caspase-8 significantly increased
throughout CQ treatment 12 and 24 h (P<0.05) indicating that
caspase-8 may be involved in CQ-induced apoptosis.

Autophagy inhibitor CQ induces ER stress in QBC939 cells.
Previous studies have demonstrated that ER stress may be a
cause of apoptosis (6,12-14); therefore, in order to examine
whether ER stress serves a key role in CQ-induced apoptosis,
84 ER stress-associated genes were screened using a PCR
Array (Table I). The results depicted in Fig. 3A demonstr-
ated significant changes in the expression of numerous ER
stress-associated genes. Compared with the control, the expres-
sion levels of HSPA5 (DNA damage inducible transcript 3 (Hsp70)
member 5) were verified to be significantly increased (Table II; P<0.05), and
also demonstrated that the protein expression of CHOP and
HSPA5 were significantly increased (Fig. 3B and C; P<0.05).

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As an autophagy inhibitor, CQ can induce the accumulation
of the autophagy substrate p62. Johnson et al demonstrated that
ER stress can induce mTORC1-overactive cells to produce an
autophagy-dependent death-inducing signal complex iDISC and
promotes the establishment of such a death platform, a protein complex that binds to multiple proteins during apoptosis, by facilitating the binding between p62 and caspase-8 (10). In the present study, CQ promoted the accumulation of p62 protein and activation of caspase-8 in QBC939 cells (Fig. 3B and C; P<0.05); therefore, any interaction between these two factors was investigated. Immunoprecipitation experiments demonstrated that the binding of caspase-8 with p62 significantly
increased following CQ treatment (Fig. 3D and E; P<0.05); therefore, it was considered that an autophagy-dependent apoptosis mechanism was involved in CQ-induced apoptosis.

**Autophagy inhibitor CQ promotes the high expression of multiple death receptors downstream of CHOP.** Previous studies demonstrated that CHOP, as a transcription factor, has the ability to bind to a variety of death receptor promoters, promoting their transcriptional expression (22-24). In the present study, CQ induced ER stress in QBC939 cells and promoted the expression of CHOP at mRNA and protein levels (Figs. 3A and 4A; P<0.05). To determine whether the continuous activation of CHOP resulted in the expression of downstream death receptor genes, qPCR analysis of multiple death receptor genes downstream of CHOP was performed. As depicted in Fig. 4B, the gene level expression of DCR1, DCR2, DR3, DR4, DR5 and TNFR2 significantly increased during CQ treatment (P<0.05); however, there was no significant change in the gene expression of TRAIL and FAS. Therefore, CQ may initiate death receptor pathway-dependent apoptosis by inducing CHOP, a key molecule associated with ER stress.

**Discussion**

CQ was initially used as an antimalarial drug, but previous studies demonstrated that CQ has inhibitory effects on a number of tumor types (25-27). Further investigations into the antitumor mechanism underlying CQ demonstrated that CQ was able to inhibit the growth of lung cancer cells by inducing the expression of prostate apoptosis response-4 and p53 (28). In bile duct carcinoma CCKS1 and HuCCT1 cells, CQ increases cell invasion by suppressing the autophagy-associated gene autophagy and beclin 1 regulator 1 (29). Furthermore, CQ can increase the sensitivity of cholangiocarcinoma QBC939 cells to cisplatin by upregulating the mitochondrial level of reactive oxygen species (30). The present study demonstrated that CQ reduced the viability of cholangiocarcinoma QBC939 cells. The cells exhibited notable apoptotic changes, including nuclear fragmentation and the increased activation of apoptotic protein caspase-3 and its substrate PARP, and markedly increased the apoptotic rate, indicating that the inhibitory effect of CQ on QBC939 cholangiocarcinoma cells was achieved by inducing apoptosis. Apoptosis is generally considered to primarily involve the extrinsic apoptotic pathway and mitochondrial apoptosis pathway (12,31,32). In the present study, the expression of pro-apoptotic Bcl-2 family proteins Bax and Bak was significantly increased following CQ treatment of

| Gene   | Fold-change | CHOP | EIF2AK3 | ERN1 | GADD34 | HSPA5 |
|--------|-------------|------|---------|------|--------|-------|
|        | 9.1219      | 3.5365 | 2.8352  | 2.8954 | 2.3864 |

CHOP, C/EDP homologous protein; EIF2AK3, eukaryotic translation initiation factor 2 α kinase 3; ERN1, endoplasmic reticulum to nucleus signaling 1; GADD34, growth arrest and DNA damage inducible 34; HSPA5, heat shock protein family A (Hsp70) member 5.
cholangiocarcinoma QBC939 cells, and the protein expression and activity of caspase-8, which is associated with the extrinsic apoptotic pathway, was also significantly increased. Therefore, CQ may not trigger apoptosis through a single pathway but rather through the co-activation of multiple apoptotic pathways.

Inhibition of autophagy by CQ results in the accumulation of large quantities of protein in the cytoplasm, which cannot be degraded and will inevitably result in further cytotoxic effects, including ER stress (31,33). Whilst a low stress level assists in maintaining the normal functions of cells, excessively high ER stress induces cell death. CHOP is an important effector of ER stress (34). Activated CHOP, as a transcription factor, performs numerous functions, including suppressing Bcl-2, stimulating DR5, activating caspases, integrating mitochondrial events and...
amplifying death signals (35). In models where ER stress induced the apoptosis of colon cancer HCT116 cells and prostate cancer DU145 cells, autophagy may reduce cell vacuoles, alleviate the ER stress and protect cells from death (36-38). In the present study, the inhibition of autophagy in cholangiocarcinoma QBC939 cells by CQ significantly increased the expression of two key proteins in ER stress GRP78 and CHOP, particularly the latter, indicating the occurrence of ER stress. CHOP, as a transcription factor, has the ability to bind to a variety of death receptor promoters and thus directly induce cell death.

The expression of classic death receptor genes including DCR1, DCR2, DCR3, DCR4, DCR5 and TNFR2 was significantly increased in the present experimental model. Thus, CQ may initiate the extrinsic apoptosis pathway. CQ blocks autophagy during autolysosome formation, resulting in the accumulation of the p62 protein. p62 and caspase-8 co-existed in QBC939 cells and their levels increased following CQ treatment. One previous study demonstrated that tunicamycin and thapsigargin (two classic inducers of endoplasmic reticulum stress) are able to induce ER stress-autophagy-dependent activation of caspase-8 in cells deficient for caspase-9 or Bax/Bak (39). CQ treatment results in an increase in the remaining autophagosomes in the cytoplasm. These autophagosomes include a variety of autophagy-associated proteins, including p62, which form iDISC, or other known stress-inducible complexes or stressors, with caspase-8 (40,41). It is speculated that CQ induces the establishment of a novel ER stress-associated death platform in QBC939 cells, which results in autophagy-dependent apoptosis.

In the present study, the cytotoxic mechanism underlying the autophagy inhibitor CQ in cholangiocarcinoma QBC939 cells was elucidated through in vitro experiments. ER stress and autophagy inhibition occur during the stimulation of cells by CQ, resulting in intrinsic, extrinsic and autophagy-dependent apoptosis. By investigating the role of CQ in the promotion of apoptosis through regulation of the ER-autophagy network, novel insights into the mechanism underlying CQ in antitumor therapy were produced. Numerous studies have indicated that conventional agents used to treat other diseases have antitumor effects, including blocking autophagy, a process termed drug re-positioning (42-45). The present study indicated that CQ may function synergistically with traditional chemotherapeutics to increase apoptosis of cancer cells by autophagy inhibition; however, there are a number of limitations of the present study. For example, only one cholangiocarcinoma cell line was used in the present study, and as a result it lacks persuasiveness. Additionally, the association between the upregulation of p53 and CHOP was not investigated. Future studies will need to use other cell lines in order to verify the mechanism underlying CQ and to justify the clinical application of CQ in the chemotherapy of cholangiocarcinoma. Additionally, the role of p53 in the CQ-mediated increase of CHOP expression and apoptosis of human cholangiocarcinoma cells will be investigated, and experiments involving RNA interference-mediated reduction in CHOP expression will be conducted in order to verify whether the effects of CQ treatment are mediated by CHOP. Furthermore, the aim of future studies will be to determine how the dose used to treat QBC939 cells compares with the physiological dose administered to humans. Due to there being no exact drug dose used clinically at present, this is important for future studies to investigate.

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Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions
SLK, LYP and LYH made substantial contributions to design. XYN, XYY, LJL, WY, GR, ZJH and ZLC were involved in performing the experiments, acquiring and analyzing associated articles and data. JBX was a major contributor in designing research program, analyzing data and writing the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate
Not applicable.

Patient consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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