Performance of lettuce under influence of different soil covers and planting spacing

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ABSTRACT

Lettuce cultivation is an activity of great economic importance; therefore, the use of techniques for better use of space and better-growing conditions should be evaluated. The objective of this study was to evaluate the development and yield of garden lettuce grown under different soil coverings and plant spacing. The study was conducted in an experimental area located at the School of Agronomy of the Federal University of Goiás, in the city of Goiânia, Goiás. The experiment was conducted in a randomized block design with subdivided plots in four replications. The plots consisted of three soil coverings (soil without cover, straw, and plastic cover) and the subplots in three planting spacing (PS1 = 25 x 20; PS2 = 25 x 25; PS3 = 25 x 30 cm), totaling nine treatments. The evaluations occurred when the plants presented their complete development, being evaluated: plant diameter, fresh head mass, stem mass, number of leaves, stem height; stem diameter; relative chlorophyll index; yield; and utilization, corresponding to the percentage of fresh marketable mass. It was found that the use of soil cover can favor the densification of lettuce cultivation. For cultivation on soil without cover or with the use of plastic as a cover, the cultivation spacing must be greater.

Keywords: Lactuca sativa L., population density, soil protection, plant morphology.

Interação entre cobertura do solo e densidade de plantio sobre o cultivo de alface

RESUMO

O cultivo de alface é uma atividade de grande importância econômica, portanto, o uso de técnicas para melhor aproveitamento do espaço e melhores condições de cultivo, devem ser avaliadas. Objetivou-se com este estudo avaliar o desenvolvimento e a produtividade de plantas de alface crespa cultivadas sobre diferentes coberturas do solo e espaçamentos entre plantas. O estudo foi conduzido em área experimental localizada na Escola de Agronomia da Universidade Federal de Goiás, na cidade de Goiânia, Goiás. O experimento foi conduzido em delineamento experimental de parcelas subdivididas, com quatro repetições. Os tratamentos consistiram em três coberturas do solo (solo descoberto, palhada e cobertura plástica) e três espaçamentos de plantio (PS1 = 25 x 20; PS2 = 25 x 25; PS3 = 25 x 30 cm), perfazendo nove tratamentos. Foi utilizada mudas de alface crespa, cultivar ‘Vanda’. Foram avaliadas as características: diâmetro da planta; massa fresca de cabeça; massa do caule; número de folhas; altura do caule; diâmetro do caule; índice relativo de clorofila; produtividade; e aproveitamento, correspondendo ao percentual de massa fresca comercializável. Verificou-se que o adensamento do cultivo de alface, pode ser favorecido pelo uso de cobertura do solo. Para cultivo em solo descoberto ou comuso de plástico, como cobertura, o espaçamento do cultivo deve ser maior.

Palavras-chave: Lactuca sativa L., densidade populacional, proteção do solo, morfologia vegetal.
1. Introduction

Lettuce (*Lactuca sativa* L.) is the most widely cultivated leafy vegetable in periurban areas and the green belts of cities, intensively, standing out as one of the most economically important vegetables in Brazil, among the leafy ones (Brzezinski et al., 2017). Vegetable producers, in general, explore small areas; therefore, management changes that allow an increase in income and yield without reducing the final quality of the product are essential in this agricultural activity (Vidigal et al., 2020).

Currently, several vegetable planting techniques have been studied, such as the use of mulching, or soil cover, which consists of using different materials in order to establish better cultivation conditions, in addition to acting to increase the characteristics of vegetable yield and quality (Blind and Silva Filho, 2015). The coverings can vary, using organic vegetable materials or plastic films, which converge in terms of beneficial effects, favoring the species of commercial interest by suppressing the development of weeds, protecting against injuries to leaves and fruits, anticipating the harvest, and better phytosanitary control (Meneses et al., 2016; Castoldi et al., 2006), maintaining soil temperature, and decreasing evaporation, allowing for a better soil moisture condition (Meneses et al., 2016; Kosterna, 2014).

In addition to the benefits observed, when using organic vegetable materials, such as soil cover, one can also see a number of advantages, such as the improvement in physical properties (aggregation of particles and reduction of soil compaction), chemical (increase in soil organic matter content in the decomposition and mineralization of plant residues) and biological (increased activity of microorganisms) in the soil (Costa et al., 2015). Also, different vegetation cover types can result in different economic returns, depending on their qualitative and quantitative characteristics (Vendruscolo et al., 2017). According to Farias et al. (2017), lettuce plants grown under plastic soil cover showed better results when compared to plants grown in soil without cover.

This improvement can be related to the maintenance of adequate levels of water in the soil, together with the smaller oscillation of daily soil temperature and increased capacity for nutrient absorption, due to the favor of root activity (Meneses et al., 2016; Kosterna, 2014), in addition to acting in the reduction of weeds that may reduce crop yield due to competition for water, light and essential nutrients for the growth and development of the crop of economic interest (Souza et al., 2016).

Another factor widely studied and which influences the production of lettuce is the spacing, and the greater spacing provided more significant averages of fresh and dry mass. This result can be explained due to the larger area occupied by the plant (Cecconello et al., 2020). On the other hand, planting density tends to generate smaller plants due to the existing competition for environmental resources, such as water, nutrients, and light (Vasconcelos et al., 2017), as well as to increase the number of plants per area and to enable an increase in yield and profitability (Vendruscolo et al., 2019).

The objective of this work was to evaluate the development and yield of garden lettuce plants grown under different soil coverings and cultivation spacing between plants.

2. Material and Methods

The study was conducted from May 1 to June 14, 2016, in an experimental area located at the School of Agronomy of the Federal University of Goiás, in the city of Goiânia-GO (16°35’S, 49°16’W and altitude of 725m). For the locality, the following average climatic indicators are verified: annual precipitation of 1,575 mm, and average monthly temperature of 22.9 °C, predominance of the Aw climate, characterized by a tropical climate with a rainy season between October and April and a period with rainfall below 100 mm monthly between May and September (Cardoso et al., 2014). The climatic records of air temperature and humidity during the conduction of the experiment were obtained in an evaporimeter station 300m away from the experimental area (Figure 1).

The soil was classified as Latossolo Vermelho, containing the following chemical characteristics of the 0-0.2 m layer, before the experiment was implemented: Ca\(^{2+}\): 2.8 cmol\(_e\) dm\(^{-3}\), Mg\(^{2+}\): 1.8 cmol\(_e\) dm\(^{-3}\), K\(^+\): 0.37 cmol\(_e\) dm\(^{-3}\), P (Mehlich I): 25.8 mg dm\(^{-3}\), Organic Matter: 3.0 g dm\(^{-3}\), Al\(^{3+}\): 0.0 cmol dm\(^{-3}\), H + Al: 2.8 cmol dm\(^{-3}\) and pH values (CaCl\(_2\)): 5.3, Cation exchange capacity: 7.8 cmol\(_e\) dm\(^{-3}\), Saturation by bases: 64 , 0%.

Before planting, liming was carried out, aiming to increase base saturation to 80%, in a dose of 1.6 Mg ha\(^{-1}\) of limestone, incorporated with disc plow (Sousa and Lobato, 2004). The foundation fertilization consisted of the equivalent application of 320 kg ha\(^{-1}\) of simple superphosphate (Sousa and Lobato, 2004), with subsequent harrowing with a leveling grid and construction of the beds with a roto-enchanter. The beds were 1.00 m wide and were spaced 0.50 m apart.
Figure 1. Relative air humidity, rainfall, and maximum, average, and minimum temperature during the study.

The experiment was carried out in a randomized block design with subdivided plots in four replications. The plots were composed by the combination of three soil coverings (soil without cover, straw, and plastic cover) and the subplots by three planting spacing (PS1 = 25 x 20; PS2 = 25 x 25; PS3 = 25 x 30 cm), totaling nine treatments. Each sub-plot had dimensions of 1.0 x 1.25 m (1.25 m²), with four planting lines, and, to obtain the sub-plot, the central plants of the two internal lines were evaluated, excluding the two outer lines and the plants at the ends of each line, used as a border.

The irrigation was carried out through drippers spaced twenty centimeters apart, in 3 polyethylene tapes suitable for this purpose, positioned between the planting lines, activated twice a day, in the morning and the afternoon. After placing the irrigation tapes, soil coverings were installed according to the treatments. For this purpose, straw from the brush cutting of potato grass (*Paspalum notatum*) was used and distributed over the plots until obtaining a layer about 5 cm thick. The plastic cover was double-sided polyethylene canvas (black and white), with the white side facing up.

The seedlings of garden lettuce, cultivar 'Vanda', were acquired in a commercial nursery, with a surplus of 10% of the quantity required for plant replacement. Seedlings were transplanted on May 1, 2016. For this purpose, pits were opened in the middle of the covers.

The cover fertilization was carried out via fertigation and divided into three applications during the cycle, at 10, 20, and 30 days after transplanting, based on the recommendations for the crop (*Trani et al., 2014*), applying 60 kg ha⁻¹ urea (45% N) and 50 kg ha⁻¹ KCl (60% K₂O). During the lettuce cycle, there was no application of fungicides, insecticides, or herbicides. The plants were harvested 45 days after transplanting (DAT) of the seedlings when the good formation of the aerial part was observed.

The characteristics of the plant's diameter (cm) were evaluated using a graduated ruler; fresh head mass (g) and stem mass (g), by weighing on a digital scale to two decimal places; the number of leaves, by counting; stem height (cm) and stem diameter (mm), using a digital caliper; relative chlorophyll index (RCI), measured with a digital chlorophyll meter; yield (YIELD), by multiplying the fresh mass by the population of plants obtained in each treatment; utilization (UTZN), corresponding to the percentage of fresh mass marketable after the removal of damaged leaves.

The data were submitted to preliminary tests of normality and homoscedasticity. As the data for all variables showed normal distribution and homogeneous variances, they were subjected to analysis of variance, and the significance of the mean squares obtained in the analysis of variance was tested by the F test at the level of 5% probability. The means relative to the treatments were compared by the LSD test at the level of 5% probability.

### 3. Results and Discussion

For the variables of plant diameter, stem height, relative chlorophyll index, and utilization, there was no interference from the treatments applied. However, it was observed that the variation factors individually affected the stem diameter and that there was an interaction between the variation factors for weight of the fresh head, number of leaves, fresh weight of the stem, and yield (Table 1).

The absence of soil cover resulted in higher mean values of fresh head mass, stem mass, and yield (Figure 2A, B, and D, respectively), when the plants were grown in broader spacing and only for stem mass, no difference was observed between PS1 and PS3 spacing (Figure 2C). In general, when grown on plastic cover or straw, there was superiority of the PS3 and PS1 spacing, however, without any difference for PS1 and PS2. (Figure 2)
Table 1. Summary of analysis of variance of plant diameter (PD), fresh head mass (FHM), number of leaves (NL), stem height (SH), stem diameter (SD), stem mass (SM), relative chlorophyll index (RCI), yield (YIELD) and utilization (UTZN) of lettuce plants, grown under different ground cover and spacing.

| Source of variation | D.F. | PD       | FHM      | NL      | SH      | SD       |
|---------------------|------|----------|----------|---------|---------|----------|
| Blocks              | 2    | 1.54     | 156.86   | 19.58   | 7.65    | 0.02     |
| Soil covering (C)   | 2    | 13.80 ns | 5494.56**| 4.92 ns | 8.29 ns | 0.16     |
| Spacing (S)         | 2    | 5.17 ns  | 238.46ns | 0.83 ns | 6.86 ns | 0.09*    |
| C x S               | 4    | 50.85 ns | 5517.22**| 23.34** | 10.01 ns| 0.18 ns  |
| Error               | 16   | 122.99   | 869.37   | 5.29    | 6.63    | 0.03     |

| Source of variation | D.F. | SM      | RCI      | YIELD   | UTZN   |
|---------------------|------|---------|----------|---------|--------|
| Blocks              | 2    | 9.26    | 4.42     | 0.06    | 1.53   |
| Soil covering (C)   | 2    | 33.61*  | 0.90 ns  | 2.20**  | 0.23 ns|
| Spacing (S)         | 2    | 1.76 ns | 1.54 ns  | 0.10 ns | 0.37 ns|
| C x S               | 2    | 37.78*  | 0.94 ns  | 2.21**  | 0.66 ns|
| Error               | 4    | 8.71    | 1.11     | 0.35    | 0.62   |

DF - Degrees of freedom; CV - Coefficient of variation; ns, * and ** - not significant, significant at 5% and 1% probability by the LSD test

Figure 2. Average values of fresh head mass, stem fresh mass, number of leaves, and yield of lettuce plants grown under different soil coverings and planting spacing (PS1 = 25 x 20; PS2 = 25 x 25; PS3 = 25 x 30 cm). Averages followed by the same letter, lower case for spacing and upper case for cover, do not differ by the LSD test at 5% probability.

Among the coverings, the superiority of plants grown on straw was observed when the spacing used was PS1 and inferiority of those grown on plastic cover, with PS2 spacing. In addition, when planting in PS3, there was a superiority of plants grown in soil without cover or with plastic cover, compared to those grown on straw (Figure 2). For the stem diameter, the superiority of plants grown without the presence of soil cover or when they were grown in PS3 spacing was verified, without any significant difference for those grown in PS2 (Figure 3).

The positive response of cultivation without soil cover, when using the PS2 and PS3 spacing or cultivation on the plastic cover in PS3 spacing, is related to the less competition of plants for environmental resources, mainly nutrients, due to the system being provided with daily irrigation, and, in the case of control treatment, the preventive management of weeds, before they reach the point of competing with the crop.
This is evident due to the response observed for plants grown on straw, which, in addition to offering protection to the soil, serves as an additional source of nutrients (Kader et al., 2017a; Vendruscolo et al., 2017), enabling the obtaining of adequate results even in more dense cultivation conditions, as verified in the present study.

When evaluating the performance of beet cultivars in an organic system under different soil coverings, Souza et al. (2020) found that the use of vegetable remains and mulching were superior to the soil without cover, providing greater mass and yield of beet.

Straws used as soil cover, including those from grass species, together with the no-tillage system, have other positive effects in addition to those of protection and as a source of nutrients. These straws allow for an increase in the organic matter content of the soil (Loss et al., 2015). In this sense, there is also an increase in atmospheric carbon sequestration and a significant improvement in the hydrological conditions of the soil through the physical changes provided, including the increase in the levels of organic matter at greater depths in the soil profile. (Kader et al., 2017a; Kader et al., 2017b). It is also effective in suppressing weeds (Sousa et al., 2019) and can increase crop profitability (Vendruscolo et al., 2017).

The lower values observed when planting on the plastic cover are also related to the soil temperature. Due to its composition and the impossibility of exchanging heat with the environment due to the formation of a physical barrier, there is an increase in temperature under this type of material. This effect can be beneficial in crops located in temperate regions, where the increase in temperature can increase the development and yield of plants (Ibarra-Jiménez et al., 2011). However, in regions of tropical climate where the air temperature can reach values above 30ºC, the plastic cover can result in a decrease in root development and, consequently, affect the absorption of water and nutrients, essential to the functioning of the photosynthetic mechanism, and plant development (Shoaib et al., 2012; Meneses et al., 2016).

The choice of soil cover and spacing, in addition to being based on the development of plants, must take into account the availability of resources from the producer, such as labor, financial resources for the purchase of plastic cover and seedlings or seeds, or presence of plant material in the area that can be used as a cover. In this sense, Vendruscolo et al. (2019) found that, despite the lower cost for establishing a crop without soil cover, labor costs are high due to weed control, while the value of plastic cover is the factor that burdens this form of management. In that same study, the authors observed that the permanence of straw as a soil cover increases profitability due to the partial control of weeds and the low cost of implantation.

4. Conclusions

The use of straw as a soil cover makes it possible to increase lettuce cultivation without producing losses. When soil cover or plastic cover is not used, cultivation should be carried out in broader spacing.

Authors’ Contribution

Eduardo Pradi Vendruscolo, Luiz Fernandes Cardoso Campos, Aliny Heloísa Alcântara Rodrigues, Sávio Rosa Correia and Paulo Ricardo Oliveira participated in the planning, execution, analysis and writing stages, while Murillo Ribeiro Freitas and Alexander Seleguini contributed to the writing of the manuscript.

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