Weak and Strong coupling regimes in plasmonic-QED

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We present a quantum theory for the interaction of a two level emitter with surface plasmon polaritons confined in single-mode waveguide resonators. Based on the Green’s function approach, we develop the conditions for the weak and strong coupling regimes by taking into account the sources of dissipation and decoherence: radiative and non-radiative decays, internal loss processes in the emitter, as well as propagation and leakage losses of the plasmons in the resonator. The theory is supported by numerical calculations for several quantum emitters, GaAs and CdSe quantum dots and NV centers together with different types of resonators constructed of hybrid, cylindrical or wedge waveguides. We further study the role of temperature and resonator length. Assuming realistic leakage rates, we find the existence of an optimal length at which strong coupling is possible. Our calculations show that the strong coupling regime in plasmonic resonators is accessible within current technology when working at very low temperatures ($\lesssim 4K$). In the weak coupling regime our theory accounts for recent experimental results. By further optimization we find highly enhanced spontaneous emission with Purcell factors over 1000 at room temperature for NV-centers. We finally discuss more applications for quantum nonlinear optics and plasmon-plasmon interactions.

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I. INTRODUCTION

Cavity quantum electrodynamics (cavity QED) was invented to study and control the simplest light-matter interaction: a two level emitter (called TLS or emitter throughout this paper) coupled to a light monomode[1]. At first associated with quantum optics, the emitter was an atom or a collection of them, while the electromagnetic (EM) field was confined in a high-finesse cavity[2]. Nowadays cavity QED experiments cover quite a lot of implementations. Atoms may be replaced by other two level systems, artificial or not, such as quantum dots or superconducting qubits. The light mode can be any single bosonic mode quantized in e.g. superconducting cavities[3], nanomechanical resonators[4], carbon nanotubes[5], photonic cavities[6] or (collective) spin waves in molecular crystals[7].

Cavity QED relies on the comparison between the “light-matter” coupling strength per boson and the irreversible losses from both emitter and bosonic mode. Depending on their ratio two main regimes appear: weak and strong coupling. In the weak regime losses dominate and the emission spectrum consists of a single peak around the dressed TLS resonant transition while the lifetime is modified because of the field confinement inside the cavity. This modification is nothing but the Purcell effect. In the strong coupling (SC) regime the coupling dominates the losses. In this case a double peak emerges in the emission spectrum, arising from the emitter-resonator level anticrossing. Cavity QED is interesting per se: it demonstrates the quantum nature of both light and matter, and serves e.g. for testing quantumness in bigger and complex systems[8]. But, cavity QED is also a resource, e.g. for optimizing single photon emission[9] or lasing[10]. Besides, systems in the SC regime may behave as non linear media[11], generate photon-photon interactions[12] and are the building blocks in quantum information processing architectures[13].

Though the weak coupling (WC) regime is relevant, the ultimate goal is to reach the SC regime. The former can be easily reached if the latter is set. Being in the SC regime is determined by the EM field lifetime, confinement and dipole moment. Usually, when working with macroscopic mirrors and atoms having small dipole moments, the field confinement is not optimized but the cavity has extremely long lifetimes, i.e., very high finesse or quality factors. In other setups like superconducting circuits all parameters – quality factor, dipole moment and field confinement – are optimized such that the so called ultra-strong coupling regime has been demonstrated[14, 15]. Circuits are promising on-chip setups but have to be operated at microwave frequencies and mK temperatures.

A possible alternative at optical or telecom frequencies, with their plethora of applications in quantum communication, is provided by the subwavelength confined EM fields of surface plasmon polaritons (SPP) in plasmonic waveguides[16]. By making resonators out of those waveguides, the energy density and therefore the coupling is highly enhanced. The payoff is that metals introduce considerable losses, further increasing with higher confinement. Therefore, it is not clear un-
der which conditions SC could be reached with plasmonic resonators. On the other hand, advanced architectures of plasmonic waveguides present a good trade off between confinement and losses\cite{17}, e.g. hybrid\cite{18}, wedge\cite{19} or channel\cite{20} waveguides. Plasmonic waveguides have already shown remarkable properties, such as focusing\cite{21, 22}, lasing\cite{23}, superradiance\cite{24}, mediators for entanglement between qukits\cite{25} and single plasmon emission,\cite{9, 26}. Still, a very challenging perspective is their use for achieving quantum cavity QED with plasmons in the SC regime\cite{27}. Plasmonic QED is not just another layout for repeating what has been done in other cavity QED implementations but offers interesting advantages. As shown in this paper SC can be obtained inside nanometric resonators. It can be mounted on a chip in combination with dielectric waveguides. The latter have minor losses but weakly interact with quantum emitters.

This paper aims to be self-contained. We first summarize the quantum theory for the coupling between quantum dipoles and resonators made out of one-dimensional (1D) plasmonic waveguides. Within this theoretical framework, we properly include the losses and map to a Jaynes-Cummings model and, therefore, to the physics and applications of traditional cavity QED. We present extensive finite-element simulations for a variety of resonator layouts and several quantum emitters. Our simulations allow to set the conditions to reach the SC regime. We also motivate the study of these systems in the less demanding WC regime because of very high achievable Purcell factors into the plasmon channel of more than 1000. We use our simulations for explaining the numbers provided in a recent experiment for quantum resonators in the WC regime\cite{9}.

The paper is organized as follows. We first develop, in section II the light-matter interaction in plasmonic resonators within the Green’s function approach. In section III the different realizations for plasmonic resonators and emitters are discussed. We continue in section IV with numerical results setting the parameter landscape for WC and SC regimes. Section V is devoted to emphasize different applications. Some technical details are discussed in the appendices.

II. INTERACTION OF A PLASMONIC STRUCTURE AND AN Emitter

A. Green’s function approach for dissipative field quantization

Surface plasmon polaritons ("SPPs" or just "plasmons") are surface wave quanta bound to the interface between two media characterized by permittivities ($\epsilon(\omega) = \epsilon'(\omega) + i\epsilon''(\omega)$) with real parts of different signs and negative sum. Usually, the interface separates a dielectric ($\epsilon'(\omega) > 0$) and a metal, which presents $\epsilon'(\omega) \ll 0$ at optical frequencies, see e.g. Ref\cite{28}. On the other hand, the imaginary part, $\epsilon''(\omega)$ is responsible for dissipation in the metal (in order to minimize this dissipation, commonly used metals are silver and gold). Complex permittivities can be easily incorporated in the macroscopic Maxwell equations. However, a problem arises when trying to quantize the EM field: Maxwell equations with a complex permittivity, $\epsilon''(\omega) \neq 0$, cannot be obtained from a Lagrangian and consequently, a straightforward canonical quantization is not possible. On the other hand, (linear) dissipation can be modeled by coupling the EM field to an additional bath of harmonic oscillators: the system-bath approach\cite{29}. Importantly, the system and bath can be cast to a total Lagrangian and consequently this allows the quantization of the EM field in dispersive media\cite{30, 31}. For self-completeness we outline this theory in Appendix A. To apply this quantization to complex geometries – needed for plasmonic structures – the theory can be conveniently reformulated by means of the Green’s tensor of the classical problem\cite{32–35}. The usefulness of this approach can be appreciated by looking at a key result, the quantum expansion of the electric field

\[
\vec{E}(\vec{r}, \omega) = i \sqrt{\frac{\hbar}{\pi \epsilon_0 c^2}} \int d^3r' \sqrt{\epsilon''(\vec{r}, \omega)} \vec{\hat{G}}(\vec{r}, \vec{r}', \omega) \left( f^\dagger(\vec{r}', \omega) - f(\vec{r}', \omega) \right)
\]  

(1)

and an analogous expression for the magnetic field. Here, the electric field can be expanded in normal modes where the coefficients are given by the Green’s function of the classical field. These normal modes of the combined EM field and the dispersive media are represented by the bosonic creation (annihilation) operators $f^\dagger(\vec{r}, \omega) (f(\vec{r}, \omega))$. They obey the commutation relation $[f(\vec{r}, \omega), f^\dagger(\vec{r}', \omega')] = \delta(\omega - \omega') \delta(\vec{r} - \vec{r}')$. We used $\epsilon_0$ to denote the vacuum permittivity and $c$ is the speed of light. Finally, $\vec{\hat{G}}(\vec{r}, \vec{r}', \omega)$ is the dyadic Green’s function of the classical field defined by\cite{28, 34}

\[
\left[ \nabla \times \nabla \times -\frac{\omega^2}{c^2} \epsilon(\vec{r}, \omega) \right] \vec{\hat{G}}(\vec{r}, \vec{r}', \omega) = \vec{I} \delta(\vec{r} - \vec{r}').
\]  

(2)

Therefore, within this formalism the quantum fields, Eq. (1), are determined by the classical Green’s function, Eq. (2).
B. Emitter-plasmon interaction

We are interested in the interaction of these quantum fields with a TLS. The actual physical implementation of the emitters will be discussed in detail in section III C. In the dipole approximation the interaction can be represented by the emitter’s dipole transition strength $\vec{d}$ and the electric field at the position of the emitter ($\vec{r}_e$) [36, Chap. 14]

$$H_{\text{int}} = -\sigma_e \vec{d} \cdot \vec{E}(\vec{r}_e),$$

with $\vec{E}(\vec{r}_e) = \int_0^\infty d\omega \vec{E}(\vec{r}_e, \omega)$. 

In plasmonic waveguides, there are instances (which require a careful positioning of the emitter) where the emitter radiates mainly into the plasmon channel [16, 24]. Then, we can isolate the emitter-plasmon coupling and, as explained in Ref. [37] and summarized in Appendix A, write the emitter-plasmon coupling in terms of operators that annihilate and create plasmons with frequency $\omega$, $a(\omega)$ and $a^\dagger(\omega)$, respectively. These operators have bosonic character, satisfying $[a(\omega), a^\dagger(\omega')] = \delta(\omega - \omega')$. Then the emitter-plasmon Hamiltonian is

$$H = \frac{\omega}{2} \sigma_z + \int_0^\infty d\omega \omega a^\dagger(\omega) a(\omega) + \int_0^\infty d\omega \left( g(\omega) \sigma^- a^\dagger(\omega) + \text{h.c.} \right)$$

This is the spin-boson model where the emitter, with level spacing $\omega_e$, is represented by standard Pauli matrices $\sigma_x, \sigma_y, \sigma_z = \sigma_x \pm i \sigma_y$. The coupling of the emitter to the plasmon modes is characterized by $|g(\omega)|^2$, also called the spectral density,

$$|g(\omega)|^2 = \frac{1}{\hbar \pi \epsilon_0} \frac{\omega^2}{c^2} \int d^2 \vec{r} \text{Im}[G_{\text{spp}}(\omega, \vec{r}, \vec{r}_e)] |d|^2.$$

Here, $G_{\text{spp}}$ is the contribution of the plasmon pole to the the electromagnetic Green’s tensor in the nano-structure. It contains all the information about the plasmonic structure: plasmon propagation length, modal shape, etc., and depends on both emitter position ($\vec{r}_e$) and emitter orientation (via $\vec{d}$).

Eq. (5) considers only the coupling between the emitter and the (lossy) plasmons. All other mechanisms for loss in the system will be introduced as Lindblad terms, which affect the non-unitary evolution of the emitter-plasmon density matrix. The origin and description of these dissipative channels will be discussed in Sect II D.

C. Green’s function of the plasmonic structure

A strategy for confining the EM field to a small area, and consequently enhance light-matter interaction, is by using one dimensional metallic structures (waveguides) that support propagating plasmons. The plasmonic modes of the waveguide confine the EM field in two dimensions. Since they are mixed photon-media excitations, the confinement can exceed the one of free space photons that is limited by diffraction. To further enhance the interaction the plasmons can be stored in resonators. These can be manufactured out of plasmonic waveguides by placing two mirrors or building a ring, as sketched in Fig. 1.

1. Waveguide

Surface plasmons on an infinite ("open") waveguide can be described by $\vec{E}_p(\vec{r}) = \vec{E}_p(\vec{r}_i)e^{\pm ik(z)z}$, with the transverse field profile $\vec{E}_p(\vec{r}_i)$, where $z$ is the coordinate parallel to the waveguide axis and $\vec{r}_i \equiv \{x, y\}$ is perpendicular to it. Due to propagation losses of the plasmons, their propagation constant $k(\omega) = k'(\omega) + ik''(\omega)$ is a complex quantity. The Green’s function $G_{\text{spp}}(\omega, \vec{r}, \vec{r}')$ can be constructed from the plasmon’s electric field [38, 39]:

$$G_{\text{spp}}(\omega, \vec{r}, \vec{r}') \approx \frac{c^2}{\omega v_g} \int_{A_{\text{sl}}} d^2 \vec{r}_t \frac{E_p(\vec{r}_t) \otimes E_p(\vec{r}_t')}{k G_{1d}(\omega, z, z')}$$

This is the contribution to the Green’s function at the region outside the metal arising from the bound surface plasmons. In this expression, $c$ is the speed of light and $v_g(\omega)$ is the plasmon group velocity.
In this work $v_g$ is computed numerically from the dispersion relation $v_g(\omega) = \partial\omega/\partial k$ using frequency dependent values of the permittivity\cite{40}. We have found that using approximate expressions which only involve the permittivity at the working frequency may lead to incorrect results. For instance, the commonly used expression $v_g = \int_A (\vec{E}_p \times \vec{H}_p) \cdot dz \, dA / \int_A \epsilon_0 \epsilon(\vec{r}) |E_p|^2 \, dA$, exact only for non-dispersive materials, sometimes strongly overestimates the group velocity. This is especially important for the case of waveguides with highly confined modes, where the approximate expression may even predict superluminal velocities.

The expression for $G_{spp}(\omega, \vec{r}, \vec{r}')$ is split in a part perpendicular to the waveguide and a part along the waveguide, $G_{1d}$, that matches the 1D (scalar) Green’s function\cite{41, Chap. 2}

$$G_{1d}(\omega, z, z') = \frac{i}{2k} e^{ik|z-z'|}.$$ \hspace{1cm} (7)

Evaluating the coupling strength $g(\omega)$ at the optimal position in the waveguide, using Eq. (5) and Eq. (7) we get

$$|g(\omega)|^2 = \frac{1}{2\pi} \frac{3}{\pi\epsilon_d} \frac{c}{v_g} \frac{A_0}{A_{eff}} \approx \frac{1}{2\pi} \Gamma_{\text{guide}}, \hspace{1cm} (8)$$

where $\Gamma_0$ is the “free space spontaneous emission rate”, $\Gamma_0 = \sqrt{\pi\omega_0^3} |d|^2/3\pi\epsilon_0 c^3$, for an emitter placed in a homogeneous medium with permittivity $\epsilon_d$ (corresponding to the permittivity of the dielectric in which the emitter is placed in). We have defined $\Gamma_{\text{guide}}$ to be the emission rate into surface plasmons of the open waveguide. The diffraction limited area, $A_0 = (\lambda_0/2)^2$, is the minimum section in which light of wavelength $\lambda_0$ can be confined to in vacuum. Furthermore, we have introduced the effective mode area of the plasmon field

$$A_{eff}(r_t) = \frac{\int_{A_{\infty}} d^2 \vec{r} \epsilon(\vec{r}_t) |E_p(\vec{r}_t)|^2}{\text{max}\{\epsilon(\vec{r}_t) |E_p(\vec{r}_t)|^2\}}.$$ \hspace{1cm} (9)

This magnitude is inversely proportional to the maximum energy density and therefore quantifies the achievable coupling strength.

2. Resonator

The 1D Green’s function of a resonator can be obtained by summing over all the reflected contributions of a wave originating from a $\delta-$source \cite{41, 42}. The details can be found in Appendix B. The change in the Green’s function translates into a change in the spectral density, which is related but different to the spectral density in the infinite waveguide.

Here we will look at two resonator configurations. Either a linear resonator of length $L$ terminated by two mirrors with reflectivity $|R|$ or a circular resonator with circumference $L$.

In both configurations the spectral density $|g(\omega)|^2$ is peaked around the resonance frequencies $\omega_r = 2\pi v_p/\lambda$ as shown in Fig. 2. Here, $v_p$ is the phase velocity and $\lambda = \lambda_0 v_p/c$ the wavelength of the SPPs. The condition for resonance is

$$L = \frac{\lambda}{2m} = \frac{\pi v_p m}{\omega_r} \hspace{1cm} (10)$$

Where $m$ counts the number of the field antinodes in the resonator and has to be an even integer for circular resonators and any integer for the linear configuration.

In a real system, the resonator will have losses, with different contributions that can be encapsulated in the coefficient $\gamma_r$

$$\gamma_r \equiv \gamma_{\text{prop}} + \gamma_{\text{leak}} = 2v_g \left( k''(\omega_r) - \frac{1}{L} \ln |R| \right), \hspace{1cm} (11)$$

where $\gamma_{\text{prop}}$ are plasmon propagation losses and $\gamma_{\text{leak}}$ leakage through the mirrors in the linear resonator. For the circular resonator radiative losses due to bending have to be added but will not be treated in detail here.

Taking into account losses, the spectral density can be approximated close to the resonant frequency by (see Fig. 2, and Appendix B for a derivation)

$$|g(\omega)|^2 \approx g^2 \left( \frac{\omega_r}{\omega^2 - \omega_r^2} + \frac{\gamma_r^2 \omega_r^2}{\omega^2 + \gamma_r^2 \omega_r^2} \right) \hspace{1cm} (12)$$

where we assumed that the resonator linewidth is small compared to the resonance position, $\gamma_r \ll \omega_r$, i.e. we have a well defined resonance. The coupling amplitude is given by

$$g = \sqrt{\Gamma_{\text{guide}} v_g / L}. \hspace{1cm} (13)$$

We assumed that the emitter is positioned at a field antinode in the linear resonator to yield maximum coupling. In the circular resonator the emitter can be placed anywhere along the waveguide.

Let us comment on the dependence $\gamma_{\text{leak}} \sim 1/L$. Notice that $\gamma_{\text{leak}}$ is the energy loss per time through the resonators mirrors. Therefore the leakage must be proportional to the energy density at the mirrors which is $\sim 1/L$. In a proper resonator with highly reflective mirrors we can expand $-\ln |R| \equiv -\ln (1 - |T|) \approx |T|$ for small transmission and absorption coefficients, $|T| \ll 1$. Thus, the leakage is proportional to the transmittance. In contrast to the leakage, the propagation losses $\gamma_{\text{prop}}$ do not depend on the resonator length since the linewidth (and the loss rate) quantify the losses per unit of time and not per resonator round-trip of the plasmons. The propagation losses are proportional to the imaginary part of the plasmon wavevector $k''$ or, in other words, inverse to the plasmon propagation length defined as $\ell \equiv 1/(2k'')$. 

Emission into free space radiating EM modes is depicted by $\gamma_{\text{rad}}$. Furthermore, another emitter loss channel specific to plasmonic structures arises: If the emitter is placed close to a metal surface, it couples to non-propagating, quickly decaying evanescent modes and the energy is dissipated through heating of the metal. The associated rate will be called $\gamma_{\text{nonrad}}$ and can assume very high rates when an emitter is close to a metal surface. Actually, $\gamma_{\text{nonrad}}$ is the dominant decay rate at emitter-metal distances below $\sim 10\text{nm}$. To avoid this quenching effect, one may lift the TLS away from the metal surface, and place it at an intermediate region close enough to still couple efficiently to plasmons. In all our calculations we assume that the dipole is placed at a distance of 10nm from the metal surface and set $\gamma_{\text{nonrad}} = 0$. This is validated from estimations of $\gamma_{\text{nonrad}}$ obtained from the fraction of energy radiated by an emitter into waveguide surface plasmons (the so called “$\beta$-factor”). These estimations show that the relevant decay rate in plasmonic resonators arises from both the finite propagation of surface plasmons and the transmission at non-perfect mirrors (which is another decay route for surface plasmons in the resonator). An important point, developed in Appendix C, is that in a plasmonic resonator the decay into non-radiative channels are penalized with respect to the decay into plasmons as the latter can be resonantly enhanced while the former can not.

Additionally, and in order to present a theory as general as possible (valid for any two level system), we consider in Eq. (16) the possible existence of any other non-electromagnetic dissipative channel, characterized by the phenomenological rate $\gamma_{\text{int}}$. However, the actual calculations presented in the paper are for either NV-centres or quantum dots, for which the dissipative rates involving transitions between discrete electronic levels are believed to be of electromagnetic origin. Therefore, in all our calculations we set $\gamma_{\text{int}} = 0$.

Finally the additional phenomenological pure dephasing term $\gamma_d$ accounts for transitions between the vibro-rotational manifold of each discrete electronic level of the qubit. Pure dephasing thus models the broadening of the spectral emission observed in solid state emitters, by e.g. coupling to phonons.

Eq. (15) enables the mapping between the physics of resonators in waveguides and that of cavity-QED systems. As a consequence many of the results from Jaynes-Cummings physics in cavity QED can be exported to quantum plasmonic systems. We emphasize that, within the formalism sketched here, the master equation has been obtained from a first principles theory. Therefore, parameters like the coupling between the single plasmon resonator mode and the emitter, $g$, and the decoherence rates, $\gamma_r$ and $\gamma_e$, can be computed from the emission spectra of the qubit and the Green’s function of the plasmonic structure.
III. REALIZATION OF PLASMONIC QED

In this section we specify the actual emitter and resonator architectures studied in this work.

A. Waveguides

The plasmon resonators treated in this work are made out of waveguides. Therefore, the final resonator properties depend critically on the specific waveguides used, especially on the achievable field confinement and plasmon propagation length. Plasmon waveguides are quasi-1D translational invariant metal-insulator structures. They possess SPP-eigenmodes that propagate along the waveguide axis, while presenting exponentially decaying evanescent fields in the transverse plane, both in the metal and in the dielectric. The waveguides we focus at may reach high field confinements along with low propagation losses. Usually there is a trade-off between confinement and propagation length, but the actual values are geometrically dependent. We pick three different waveguide geometries which offer long propagation lengths along with high field confinements, as well as good fabrication techniques: The first type are small diameter metal nanowires\[16\]. The second type are sharp metal wedges\[19, 58\] offering high field strengths at their tips. Finally, the third class are hybrid waveguides\[18, 23\], formed by a high refractive index dielectric nanowire (silicon $\epsilon = 12.25$) placed close to a metal surface. There, the SPP of the plane and the mode of dielectric create a hybrid mode with strong field confinement in the gap. Transversal cuts through the three waveguides are plotted in Fig. 3 along with a sketch of their field energy distributions. The propagation length and confinement of these waveguides depend on the concrete geometrical parameters of the waveguides. In the hybrid waveguide the main parameter is the gap size between the dielectric and the metal surface. The nanowire properties depend on the radius and the wedge on the tip angle and the tip radius. For smaller wires, smaller gaps or tighter angles, respectively, the field confinement increases and the propagation lengths decrease. Finally, we consider that the metal waveguides are made of silver, which offers best propagation lengths at optical and telecom frequencies and are embedded in PMMA ($\epsilon_d = 2$).

B. Resonators

In our calculations we consider two architectures, a circular and a linear resonator as sketched in Fig. 1.

1. Circular resonator

The circular resonator is formed by bending a waveguide and connecting its ends. The fundamental disad-

![FIG. 3. Model of the three waveguides treated in this work. Below the relative energy density of each waveguide is sketched. The parameters used here are $r = 50\text{nm}$, $h = 25\text{nm}$, $\theta = 40^\circ$ and the SPP eigenmodes are numerically computed for a frequency corresponding to a free space wavelength](image)

vantage is that the energy is converted from propagating modes to free radiation at bending \[59, 60\]. On the other hand these losses decrease exponentially with increasing the radius of the ring. Moreover it is expected that bending losses are smaller for higher confined modes. Circular waveguides can nowadays be made lithographically, but this process leads to polycrystalline modes, with its associated radiative and non-radiative losses at domain interfaces which impair SPP propagation. Hopefully single-crystal circular waveguides (probably synthesized by chemical means) will be available in the near future.

2. Linear resonator

Linear resonators can be built by placing reflective mirrors in the waveguide. Here scattering losses and transmission through these mirrors have to be avoided for having good resonators. Distributed Bragg reflectors were predicted to be limited to low reflectivities for plasmons on 2D metal surfaces\[61\]. However, recent resonator realizations have shown high reflectivities by combining both modes highly confined to waveguides and Bragg reflectors composed of alternating dielectric layers with small refractive index differences \[9\]. In comparison to optical and microwave cavities, where mirror absorption, scattering and transmission losses can be reduced to several ppm\[62, 63\], plasmon mirrors are expected to exhibit losses in the order of a few percent.

C. Quantum emitters

Emitters should (i) be photostable, (ii) present a large dipole moment and (iii) maintain their properties when
either embedded into a solid state substrate or placed on top of a surface. Interesting candidates are color centers in crystals or semiconductor quantum dots (QDs) grown on surfaces or chemically synthesized as nano-spheres.

The emission spectrum of single atomic emitters traditionally studied in quantum optics is simply a Lorentzian with a very narrow transform limited linewidth given by the time-energy uncertainty relation. In contrast, solid state emitters have higher dipole moments but are also strongly coupled to their solid state environment. Therefore, the transform limited line, also called zero-phonon-line (ZPL), is dominated and covered by phonon sidebands, giving rise to a very broad non-transform limited spectrum [53, 55, 57, 64]. As used in section II B, this broad peak can be modeled phenomenological by an additional source of dephasing in the master equation (15) [53–57]. At lower temperature the phonon sidebands mostly vanish and the ZPL can be observed.

The first emitter we consider is the nitrogen-vacancy(NV) center in diamond[65]. Single NV centers can be found embedded in diamond nanocrystals of sizes down to a few nm. At room temperature (RT), these centers are highly stable and present an emission line at ≈ 670 nm, with a spectral width (FWHM) of ≈ 80 nm. The strong overall dipole moment (including RT sidebands) is responsible for a spontaneous emission rate of 0.04 GHz at room temperature. At lower temperatures (~ 2 K) the ZPL prevails at 638 nm with an spontaneous emission of 0.013 GHz. NV-centers are interesting due to their stability, homogeneous properties and long spin coherence times, making them ideal for quantum information processing tasks, as has been recently reviewed in Ref. [65].

The second emitter we investigate are chemically synthesized CdSe semiconductor quantum dots. These spherical nanocrystals with diameters of the order of several nm can also be operated at RT and show a size-tunable emission wavelength in the red part of the spectrum. An typical example is a quantum dot with a spectral width ≈ 20 nm at 650 nm[66, 67] and spontaneous emission rate of 0.05 GHz at room temperature[67]. Finally, we study quantum dots made out of InAs clusters in GaAs[68, 69]. They can exhibit very strong dipole moments and spontaneous emission rates above 1 GHz at cryogenic temperatures (T ~ 4K).

IV. COUPLING

A. Strong coupling condition

The eigenvalues of Eq.(14) form the so called JC-ladder. At resonance ωc = ωr, the states split in doublets \( |\psi_{\pm}\rangle = 1/\sqrt{2}(|N,g\rangle \pm |N-1,e\rangle) \) with energies \( E_{n,\pm} = \hbar N\omega_0 \pm \hbar \sqrt{N} g \). The degeneracy between TLS and resonator is lifted because of the coupling, yielding an anticrossing splitting of \( 2g\sqrt{N} \). Considering the smallest level repulsion with one photon, \( N = 1 \), the SC condition is usually settled as the parameter range where the emission spectrum of the cavity-emitter consists on two peaks of different frequencies [55]. This is the case if \[ |g| > \frac{1}{4}|\gamma_r - \gamma_c| \].

Here we neglected emitter dephasing. In the opposite case, the losses dominate over the coupling and a splitting of the lines can not be resolved. This is the WC regime.

Reaching SC is the objective in many cavity QED experiments. From the fundamental point of view resolving the \( |\psi_{\pm}\rangle \) states confirms the quantum nature of the light-matter coupling. Being in the SC regime has multiple practical applications as well, which we will discuss to some extent in the next section for the case of plasmons. Nevertheless, the WC regime has its own interest, e.g. for effective single photon generation. In both cases the ratio of coupling over losses should be as large as possible. In the following we compute the coupling and losses in the case of different plasmonic resonators. The number of parameters to play is huge so a brute force exploration is unpractical. Therefore we first look at the dependencies of both the coupling and losses on different parameters, which will help us to find the most promising configurations for achieving strong coupling.

From Eq. (13) we see that \( g \sim \sqrt{\Gamma_0/(A_{eff} L)} \). The coupling strength depends on the emitter via its free space spontaneous emission and, therefore, its dipole moment \( \Gamma_0 \sim |d|^2 \). Larger dipole moments directly translate to higher couplings. The two remaining dependencies come from the resonator itself. The first one is the transverse field confinement ~ 1/\( A_{eff} \). The very small modal area of plasmons was the motivation to investigate plasmon resonators in the first place. Finally, the coupling depends on the field strength at the emitter position and consequently \( g \sim 1/\sqrt{L} \).

Now we turn to the right side of the SC condition, Eq. (17), quantifying decoherence of emitter and resonator. To minimize resonator losses in Eq. (11) we must search for long propagation lengths and highly reflective mirrors. Besides, we see an interesting dependence with \( 1/L \) in \( \gamma_{\text{leak}} \) [Cf. Eq. (11) and discussion below]. This must be compared to the \( 1/\sqrt{L} \) dependence of the coupling strength. Therefore, in a realistic scenario where the reflectivity is always less than one, these two dependencies compete and, depending on the other parameters, an optimal length appears. This discussion is also true for the ring configuration by replacing leakage through the mirrors by bending losses. The latter also decreases when increasing the resonator length (but this time exponentially [60]) since the curvature is reduced. Therefore, pretty much like in the linear case, for circular resonators an optimal length also appears.
B. Temperature and propagation losses

In the next section we will see that the losses from the plasmon resonators are often dominated by the small propagation length of the plasmons. In particular, it may not be sufficient to use sophisticated waveguide geometries to increase this length. An often overlooked factor affecting plasmon propagation length is temperature, since usual plasmonic experiments are operated at room temperature. However, lowering the temperature, the propagation length of plasmons can be systematically extended by orders of magnitude\cite{27}. This increase is possible if the conduction losses inside the metal are dominated by scattering by phonons instead of defects like grain boundaries or impurities. Furthermore, the metal nanostructure must have a smooth surface or otherwise electron scattering at the surface will dominate\cite{16,72}(as well as radiative losses but they are much smaller\cite{16}).

Using the Drude-Sommerfeld model for free electrons, the imaginary part of the permittivity, $\epsilon''$, is approximately proportional to the resistivity, $\rho$ (details in D). Since $|\epsilon'| \gg |\epsilon''|$ the modal properties of the plasmons are not affected and an increase in resistivity directly translates into an increase in propagation length

$$\ell \propto \frac{1}{\epsilon''} \propto \frac{1}{\rho(T)}. \quad (18)$$

Working at lower temperatures is of course an experimental hurdle. However, many quantum emitters must be operated at low temperatures anyway. In sufficiently smooth, pure and single crystalline silver, the propagation length can be easily enhanced by a factor of about 10 when using liquid nitrogen (77 K) or even almost 100 when using liquid helium (4 K), see Appendix D.

C. Strong and weak coupling in plasmon resonators

Now we present a systematic study on whether the SC condition (17) can be fulfilled with combinations of realistic plasmonic waveguides, resonator geometries and emitters. Since this depends on so many adjustable parameters (different waveguides each with different geometries, resonator reflectivity and length, temperature, emitters) it is convenient to have a representation that gives a broad overview for as many of these parameters as possible. To this end we rearrange the SC condition [Eq. (17)] as

$$\sqrt{\frac{3}{m} \frac{\mu \varepsilon c }{\omega v_f^2} A_0} \frac{A_0}{A_{eff}} > \frac{1}{8} \left( \frac{\ell}{\lambda} \right)^{-1} - \frac{1}{2} \ln |R|. \quad (19)$$

We have neglected the emitter losses into non-plasmonic modes and used the relation $\omega = v_f k'$. Notice that, the properties of the waveguide are encoded in only two parameters: (i) the field confinement $\frac{v_f^2 c}{\omega v_f A_{eff}}$ and (ii) the propagation length normalized to the plasmon wavelength $\ell/\lambda$. By choosing them to be the axes of a 2D-plot\cite{17} in Fig. 4, we can represent the boundaries that separate strong and weak coupling regimes, which are independent of the actual waveguide used. Furthermore, this can be done for various resonator lengths ($L = m\lambda/2$, see Eq. 10) and mirror reflectivities ($|R|$). Notice that the lines with $R = 1$ in Fig. 4 can also represent circular resonators which are long enough to have negligible bending losses (for instance the line with ($L = 25\lambda, R = 1$)).

We can now overlay in this figure the achievable field confinements and propagation lengths for different waveguides (nanowire, hybrid, wedge) as function of the geometrical parameters that define them. Within this representation, an emitter and a resonator made of a particular waveguide are in the SC regime if the point corresponding to the waveguide is above (meaning higher propagation length than the minimum required) and to the left (meaning higher confinement than needed) of the relevant given boundary line.

The calculations of propagation lengths and field confinements were carried out numerically via a finite element method. The emitter is placed at 10nm from the metal surface. In this way, as mentioned above, the coupling into non-radiative channels is strongly suppressed while the coupling into plasmons is as large as if the emitter were at the surface. Beyond this restriction, both emitter position and orientation were optimized to provide maximal coupling into surface plasmons.

Figure 4 considers an emitter operating at telecom frequencies (free space wavelength $\lambda_0 = 1550$ nm), for instance a self assembled InAs/GaAs quantum dot. As we can see, SC is hard to achieve at room temperature. With non-perfectly reflecting mirrors ($R = 0.99$) only the hybrid waveguide can lead to resonators in the SC region. The emitted and resonators made of wire or wedge waveguides are always in WC. The propagation lengths computed for $T = 4K$ are two orders of magnitude larger than those computed assuming room temperature. Of course, imperfections in the waveguides may limit such enhancements in propagation length. However, our calculations show that even at the lower propagation lengths, the improvement when lowering the temperature places the system comfortably in the SC phase space, specially for long resonators with good reflective ends.

We can conclude that strong coupling should be reachable at low temperatures between a single high-dipole moment quantum dot (e.g. InAs/GaAs ) and a plasmonic resonator. This is possible by using (chemically synthesized) smooth single-crystalline waveguides, realistic DBR mirror reflectivities above 95% and resonator lengths of several wavelengths.

D. NV-Center or CdSe QDs

In Fig. 5 we plot the same as in Fig. 4 but for emitters with spontaneous emission rate of $\Gamma_0 = 0.05$GHz at
\( \lambda_0 = 650 \text{ nm} \). This resembles optimistic values for CdSe QDs or NV-centers. In this case the SC regime is harder to reach: the emission rate is smaller and the normalized propagation length of most of the waveguides is shorter at optical than at telecom frequencies. Even at lowered temperatures reaching SC with emitters with such low emission rates presents an experimental challenge. Especially since at optical frequency interband transitions, which are independent of temperature, limit the propagation length increase that can be achieved when lowering the temperature.

### E. Tradeoff between confinement and losses

In Fig. 4 we first notice the well-known tradeoff between mode confinement and propagation length for plasmon waveguides [73]: The parametric lines for each waveguide run more or less diagonal from bottom-left to top-right in the 2D parameter-space plots. However, different waveguide types perform differently, with the hybrid waveguide offering highest field confinement and propagation lengths, as noted in Ref. [17]. The mode confinement in the plane perpendicular to the waveguide axis therefore affects the maximum achievable quality factor of the resonator.

Interestingly, we see that the trend observed for plasmon waveguides also holds for the resonators as: the stronger the field confinement in the dimension along the waveguide – e.g. shorter resonators – the higher the losses at the ends of the resonators. This is also true for circular resonators, where building shorter but more strongly bent resonators results in higher bending losses.

### V. APPLICATIONS

Let us discuss some practical applications of the theory presented so far.
A. Purcell enhancement for single plasmon sources

As derived in Appendix C, the Purcell factor for plasmon resonators, \textit{i.e.} emission into surface plasmons compared to the emission if the emitter would be placed in a homogeneous dielectric with \( \epsilon_g \), is

\[
F = F_{\text{guide}} \times F_{\text{res}} = \frac{3 \epsilon_0 c}{\pi \epsilon_d^{3/2} v_g A_{\text{eff}}} \times \frac{4 \nu_g}{m \pi v_p} \frac{1}{Q_0 + Q_r}. \tag{20}
\]

The first factor is a broadband enhancement due to the strong transversal field confinement (\( \propto 1/A_{\text{eff}} \)) and reduced group velocity for propagation of EM fields (\( \propto 1/v_g \)) in plasmonic waveguides. The second part is a resonant (wavelength dependent) enhancement arising from the longitudinal confinement in the resonator.

At room temperature, the solid state emitters presented in section III C exhibit broad bandwidths due to dephasing. This can be efficiently expressed in terms of the quality factor of the emitter, \( Q = \lambda_0/\Delta \lambda \), where \( \Delta \lambda \) is the linewidth of the emitter almost entirely attributed to dephasing. For popular emitters like NV-centers and CdSe quantum dots the quality factors are \( Q_{\lambda, \text{NV}} \approx 670 \text{nm}/80 \text{nm} \approx 8 \) and \( Q_{\lambda, \text{CdSe}} \approx 650 \text{nm}/20 \text{nm} \approx 33 \), respectively [65, 66]. These values are considerably smaller than those for typical plasmon resonators and therefore limit the achievable Purcell factors. This can be understood if we visualize that the linewidth of the resonator is much smaller than that of the emitter. Therefore the resonator EM modes only resonate with a small part of the emitter emission spectrum. The advantage of using plasmon resonators is that the sub-wavelength field confinement related to the underlaying waveguide allows a very high broadband enhancement of the coupling to the emitter [9, 74, 75]. Indeed, as we can see in Fig. 6 the Purcell factor due to transversal mode confinement is responsible for very high overall Purcell factors. This is even true for very broad emitters at room temperature where Purcell factors above 1000 are possible. We especially see that the decrease in propagation length of more confined modes does not play the dominant role here: the enhancement of the broadband Purcell factor due to mode confinement amply exceeds the decrease of the resonant Purcell factor due to the reduction in propagation length.

Let us point out that there are experimental realizations where our theory can be applied. In a recent experiment [9] Purcell factors of 75 have been reported for CdSe QDs when coupled to a 50 nm radius nanowire embedded in PMMA. Taking the experimental reported parameters for \( L = \lambda \) and DBR mirror reflectivity \( \approx 0.95 \), we calculate a Purcell factor of 64 for a distance between the QD and the wire surface of 10 nm. This is a very satisfactory agreement with the reported value, especially when taking into account that our calculations do not involve any fitting parameter.

Furthermore a look at lowered temperatures is also interesting here. Higher Purcell factors at lower temperatures can be expected due to higher quality factors of both resonators and emitters.

Although, in the considered cases, the resonant contribution to the Purcell factor \( F_{\text{res}} \) is smaller than the broadband contribution due to the coupling to the strongly confined waveguide \( F_{\text{guide}} \), it has several features that are important for single plasmon sources. First of all, \( F_{\text{res}} \) still has a value above 5 for the broadband emitters considered in Fig. 6 and therefore it is a significant contribution to the high total Purcell factor. Second, it selectively enhances plasmons with large propagation lengths, since it is an effect attributed to cavity resonance. Only the SPP which match the cavity length are enhanced. This is particularly important when dealing with the “efficiency” to emit radiation into this SPP rather than into other SPPs or non-radiative modes.

B. Strong coupling

Once we know under which conditions the SC regime is reachable within plasmonic resonators, we go through some applications. As anticipated in the introduction, cavity QED systems in the strong coupling regime are a cornerstone in quantum optics and a huge number of applications were proposed and implemented in different realizations. Let us discuss some of them that may have relevance in the manipulation of light at the nanoscale. All those applications are implicitly or explicitly related to the coherent coupling between the TLS and the resonator mode, encapsulated in the ratio, \( g/\omega_r \) and \( g/\max[\gamma_r, \gamma_e, \gamma_d] \). The larger the coupling and smaller the losses, the faster and more coherent light-matter oscillations are, optimizing the performance of many of the applications. For later reference, we plot in Fig. 7 the expected performance of \( g/\gamma_r \), as a function of \( g/\omega_r \) for several plasmonic resonators operated at 4K, together with the boundary separating the strong as weak coupling regimes. We consider linear resonators with different lengths and a mirror reflectivity \( |R| = 0.99 \) but, for the larger resonator length considered the results are also applicable to circular resonators, as in this case bending losses are expected to be negligible. For ease of comparison to other coupled light-matter systems, Fig. 8 reproduces the results rendered in Fig. 7, but in terms of explicit values for the coupling and the loss rates.

\[a. Quantum nonlinear optics.\] The JC-model (14) is nonlinear, the energy levels are not equally spaced. Therefore, its response to an external stimulus, is not linear either. In the dispersive regime [76], by expanding the JC-model in powers of \( \frac{g}{\delta} \approx 1 \) with \( \delta = \omega_r - \omega_e \), effective Kerr Hamiltonians like \( H/\hbar = \omega_a a + \kappa(a^\dagger a)^2 \), have been proposed [77]. Kerr nonlinearities generate squeezed states. In a circuit-QED implementation such physics has been recently reported [11]. In that work the authors exploited these nonlinearities to demonstrate, among other things, squeezing. In this experiment \( g/\gamma_e \approx 10 \) and \( g/\omega \approx 10^{-3} \). As shown in Fig. 7, these numbers can be
### FIG. 6. Purcell factors for plasmon resonators made of different waveguides. The emitters used are NV-Centers and CdSe QDs at room temperature with a free space wavelength of approximately 650 nm. The reflectivity of the resonator ends is $|R| = 0.97$ and its length $L = \lambda / 2$. The red dashed line is the Purcell factor due to transverse mode confinement of the guided modes ($F_{\text{guide}}$). The blue dashed-dotted line is the Purcell factor originating from the resonator ($F_{\text{res}}$). The solid black line is the total Purcell factor. For higher confined modes (which, for each panel, occur at small values in the abscissa), the resonator Purcell factor decreases since the higher losses decrease the quality factor of the resonator. For weakly-confined long-propagating modes (large values in the abscissa) the resonator Purcell factor is limited by the emitter’s quality factor.

| Wire Wedge Hybrid | Wire Radius (nm) | Wedge Angle (°) | Nanowire-Metal Distance (nm) |
|-------------------|------------------|-----------------|-----------------------------|
| NV-Center         | $10^1$           | $10^3$          | $10^2$                      |
| CdSe QDs          | $10^1$           | $10^3$          | $10^2$                      |
|                   | $10^4$           | $10^3$          | $10^2$                      |

The blue dashed-dotted line is the Purcell factor originating from the resonator ($F_{\text{res}}$). The solid black line is the total Purcell factor. For higher confined modes (which, for each panel, occur at small values in the abscissa), the resonator Purcell factor decreases since the higher losses decrease the quality factor of the resonator. For weakly-confined long-propagating modes (large values in the abscissa) the resonator Purcell factor is limited by the emitter’s quality factor.

reproduced with the plasmonic resonators considered in this paper.

b. **Plasmon-plasmon interaction.** Rooted in the same nonlinearities, the JC-physics can be used to induce effective photon-photon interactions, as in the so-called photon blockade phenomenon [78]. Another evidence for photon-photon interactions in cavity-QED systems have been demonstrated in Ref. [12], where two light beams interact through a QD (InAs) coupled to a cavity in a photonic crystal. In that experiment, the reporting numbers are $g / \gamma_r \sim 1$ and $g / \omega \sim 10^{-4}$. Again, these numbers are within reach of plasmonic resonators, see Fig. 7.

c. **Other.** Photon-photon interaction allows exploring Bose-Hubbard-like models in JC-lattices, i.e. arrays of coupled cavity-TLS systems. The non-equally spaced levels in the JC-model can yield two phases (localization and delocalization) depending on the coupling $g$ and the hopping term between the cavities [79]. These phases survive even the presence of dissipation [80]. Cavity QED is also a building block for quantum information tasks. On the other hand demonstrations of quantum computation [81], state tomography [82] or quantum buses [83] were done in systems exceeding the ratios $g / \max[\gamma_r, \gamma_e, \gamma_d]$ presented here. This may be a motivation to further improve current figures, for instance the mirror reflectivities, in order to enable these tasks in plasmonic resonators. Finally, we mention recent advances in doing quantum physics driven by dissipation [84, 85]. There, dissipation is viewed as beneficial for reaching interesting ground states or doing quantum computation. Because strong dissipation is present in quantum plasmonics, further investigation in this direction seems rewarding.

## VI. CONCLUSIONS

We have reported a quantum theory for plasmonic resonators coupled to single quantum emitters. Starting from a *first principle* theory, and taking into account the main losses, we were able to end up in a master equation for the effective JC model, Cf. Eq. (15). All the coefficients can be obtained via the classical Green’s function together with the emitter characteristics. This allows us to profit from the studies on plasmonic waveguides. We have studied different architectures for optimizing the binomialia of field enhancement and losses to reach the SC regime. We have numerically demonstrated that SC in plasmonics QED is possible at cryogenic temperatures. Albeit it is demanding at room temperature it is possible if further improvements are reached, e.g. higher mirror reflectivities. Importantly enough our calculations agree with recent experimental results in the WC regime with
plasmonic resonators made of nanowires, see our section VA. Furthermore, we have shown that other architectures, as hybrid or wedge waveguides, can overcome the nanowire implementation and reach even higher Purcell factors. In the paper we also compare the capabilities of plasmonic resonators with other technologies. As demonstrated plasmonic QED can be used as an effective Kerr media or for generating plasmon-plasmon interactions, demonstrating its feasibility for controlling the few plasmon dynamics at the nanoscale.

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Appendix A: Plamon-Emmitter coupling Hamiltonian

In this appendix we justify Hamiltonian (4) in the main text. First, we quantize the macroscopic Maxwell equations (taking into account the losses in the metal). Then, we provide the emitter-plasmon interaction Hamiltonian. The material presented here summarizes the formalism used in Refs [30, 31] and the book [86].

1. EM quantization in dispersive media: the system-environment approach

Let us sketch the quantization program in dispersive (and therefore also lossy) media. We follow an open system approach where the losses are modeled by a reservoir (or “bath”) accounting for the irreversible leakage of energy from the system. We find a Quantum Langevin Equation, that in the classical limit is the Maxwell equation of the EM fields [30, 31].

It is convenient to work both in reciprocal space,

$$\tilde{E}(\vec{r}, t) = \frac{1}{(2\pi)^{3/2}} \int d^3k \tilde{E}(\vec{k}, t)e^{i\vec{k} \cdot \vec{r}},$$  \hspace{1cm} (A1)

and in the Coulomb Gauge,

$$\tilde{A} \cdot \vec{k} = 0.$$  \hspace{1cm} (A2)

The quantization is based on a system-bath Lagrangian. The EM field is coupled to an infinite collection of resonator. The latter provide linear dissipation. Being specific we write

$$L_{\text{total}} = \int d^3k L_{\text{total}}$$

with

$$L_{\text{total}} = \epsilon_0 \left( |\tilde{A}|^2 - c\tilde{k}^2|\tilde{A}|^2 \right) + \sum_j \left( \mu \tilde{x}_j^2 - \omega_j^2 \tilde{A}_j^2 \right) \hspace{1cm} (A3)$$

$$+ \sum_j \alpha_j \int d^3k \left( \tilde{x}_j \tilde{A}^* + \tilde{x}_j^* \tilde{A} \right).$$
The first line accounts for the EM Lagrangian both in the reciprocal space and Coulomb gauge and the set of oscillators. The second line accounts for the interaction. To alleviate the notation we omit the explicit dependence on \( \vec{k} \) and \( t \) in \( \vec{A}(\vec{k}, t) \). The introduced constants will later on be identified with the system’s material parameters.

With Lagrangian (A3) at hand we start the quantization of \( \vec{A}(\vec{k}, t) \) and their conjugate momenta

\[
\Pi = \frac{\partial L}{\partial \dot{\vec{A}}}, \quad \Pi^* = \frac{\partial L}{\partial \ddot{\vec{A}}} \quad (A4)
\]

The quantized fields satisfy the commutation relations

\[
[\hat{A}(\vec{k}), \Pi(\vec{k}')] = 0, \quad [\hat{A}(\vec{k}), \Pi^*(\vec{k}')] = i\hbar\delta(\vec{k} - \vec{k}') \quad (A5)
\]

and the bath’s coordinates satisfy

\[
[\hat{x}_j, \hat{p}_{j'}] = i\hbar\delta_{jj'} \quad (A6)
\]

We write the Heisenberg equations of motion for both \( \vec{A} \) and the bath operators \( x_j \). Because of the interaction part, [Cf. third term in (A3)] these equations are coupled

\[
\epsilon_0 \ddot{\vec{A}} = -c^2 \vec{k}^2 \vec{A} - \sum_j \alpha_j \dot{x}_j \quad (A7)
\]

\[
\ddot{x}_j = -\omega_j^2 x_j + \frac{\alpha_j}{\mu} \dot{A} \quad (A8)
\]

The solution of (A8) is given by

\[
\ddot{x}_j = i \sqrt{\frac{\hbar \omega_j}{2\mu}} \left( f_j^1 e^{i\omega_j t} - f_j e^{-i\omega_j t} \right) - \frac{\alpha_j}{\mu \omega_j} \int_{-\infty}^{t} \sin(\omega_j(t' - t')) \vec{A} \quad (A9)
\]

with the anhilation/creation operators: \([f_j, f_j^\dagger] = \delta_{ij}\). Inserting the above (A9) in (A7) together with some algebra we end up with an equation for the Fourier components of the vector potential,

\[
\hat{A}(\vec{k}, t) = \int d\omega e^{-i\omega t} \hat{A}_\omega(\vec{k}) \quad (A10)
\]

that can be cast to a Langevin-like form

\[
-\epsilon(\omega) \omega^2 \hat{A}_\omega = -c^2 \vec{k}^2 \hat{A}_\omega \quad (A11)
\]

\[
- i \sqrt{\frac{\hbar}{\pi}} \int d\nu \sqrt{\epsilon''(\nu)} \left( f^1_\nu e^{i\nu t} - f_\nu e^{-i\nu t} \right).
\]

The introduced permittivity of the media

\[
\epsilon(\omega) = \epsilon'(\omega) + i\epsilon''(\omega) \quad (A12)
\]

\[
= 1 + \frac{1}{\epsilon_0} \left( \int d\nu \frac{J(\nu)}{\nu - \omega} + \frac{\pi}{2} J(\omega) \right)
\]

Notice that we have introduced the imaginary part \( \epsilon''(\omega) \) also appearing in the integrand of (A11) and the spectral density

\[
J(\omega) = \sum_j \frac{\alpha_j^2}{\mu \omega_j} \delta(\omega - \omega_j) \quad (A13)
\]

Equations (A12) and (A13) link the macroscopic complex permittivity function with a microscopic model accounting for linear dissipation. For example in the Drude-Sommerfeld model, Eq. (D1) we can write that for frequencies close to the plasma frequency the relation becomes,

\[
J(\omega) \cong \frac{\epsilon_0 \pi}{\omega_p^2} \omega \quad (A14)
\]

with \( \omega_p \) the plasma frequency and \( \Gamma_{el} \) is the damping parameter. Finally, and understanding the last term in (A11) as the source, rewriting in position-like operators: \( f(\vec{r}, \omega) = 1/(2\pi)^{3/2} \int d^2k f(\vec{k}, t) \) we express the fields via the Green function as expressed in Eq. (1).

2. Emitter-plasmon coupling: some formulae

As argued in the main text, the emitter-plasmons coupling in the dipole-dipole approximation is given by:

\[
H_{\text{int}} = -\sigma_x \vec{d}. \vec{E}(\vec{r}_e) \quad (A15)
\]

with \( \vec{E}(\vec{r}_e) = \int_{0}^{\infty} d\omega \vec{E}(\vec{r}_e, \omega) \). Using (1) we can express this interaction Hamiltonian as

\[
H_{\text{int}} = -\sigma_x \int_{0}^{\infty} d\omega \int d^3r' g(\omega, r', r_e) \left( f^1(\vec{r}', \omega) - f(\vec{r}', \omega) \right) \quad (A16)
\]

where we have introduced the shorthand notation

\[
g(\omega, r', r_e) = i \sqrt{\frac{\hbar}{\pi \epsilon_0 \omega^2}} \sqrt{\epsilon''(\nu)} \int d^3r'' G(r'_e, r''_e, \nu) \quad (A17)
\]

We now define the collective modes \( a(\omega) \)

\[
\int d^3r' g(\omega, r', r_e) f(\vec{r}', \omega) \equiv \hbar g(\omega)a(\omega) \quad (A18)
\]

which fulfill the bosonic commutation relations

\[
[a(\omega), a^\dagger(\omega')] = \delta(\omega - \omega') \quad (A19)
\]

and yield
\[ |g(\omega)|^2 = \frac{1}{\hbar \pi \varepsilon_0} \frac{\omega^4}{c^4} \int d^3r' \varepsilon''(r', \omega) d^3r \, G(\vec{r}_e, \vec{r}', \omega) \, \bar{G}(\vec{r}_e, \vec{r}', \omega) \, \bar{d}. \]  

(A20)

Using the relation for the Green’s tensor [32, 37]

\[ \frac{\omega^2}{c^2} \int d^3r' \varepsilon''(r', \omega) \, \bar{G}(\vec{r}_e, \vec{r}', \omega) \, \bar{G}(\vec{r}_e, \vec{r}', \omega) = \text{Im}G(\vec{r}_e, \vec{r}', \omega) \]  

(A21)

we finally end up with

\[ |g(\omega)|^2 = \frac{1}{\hbar \pi \varepsilon_0} \frac{\omega^2}{c^2} \text{Im}[G(\omega, \vec{r}_e, \vec{r}_e)]d. \]  

(A22)

This expression allows the evaluation of the contribution of different electromagnetic modes to the spectral density. In our problem, if the emitter is in an intermediate range of distances to the metal surface (larger than \( \sim 10 \) nm to avoid quenching and smaller than the plasmon confinement in the direction normal to the metal surface) the coupling is mainly into plasmons. For this reason, we separate the SPP modes from the rest, treating explicitly the coupling we place the emitter along the resonator axis and zero in the circular configuration.

### Appendix B: Green’s function of resonators

#### 1. Linear resonator

To get the Green’s function of a resonator, we first assume that the system is translational along the \( z \)-direction with additional reflections at the resonator ends, effectively reducing the problem to one dimension. We further notice that \( G_{1d}(\omega, z, z') \) can be obtained by summing all the waves scattered at the mirrors. A resonator of length \( L \) with complex reflection coefficient \( R \) \((0 \leq |R| \leq 1)\) on the resonator ends located at \( x_l \) and \( x_r \) therefore yields the 1D Green’s function

\[ G_{1d}(\omega, z, z') = \sum_{n=0}^{\infty} (e^{ikL}R^2)^n \frac{i}{2k} \left( e^{ik|z-z'|} + Re^{ik|2z_r-(z+z')|} + Re^{-ik|2z_l-(z+z')|} + R^2 e^{ik(2L-|z-z'|)} \right). \]

Without loss of generality we set \( z_r = L/2 = -z_l \).

The coupling of an emitter to the resonator, \( |g(\omega)|^2 \propto \text{Im}G_{1d}(\omega, z, z) \), depends on the position \( z \). To maximize the coupling we place the emitter along the resonator axis at an antinode of the electric field.

#### 2. Circular resonator

The boundary condition in the circular resonator configuration presents \( 2\pi \)-periodicity. In a similar way as for the linear case, summing all the different partial waves yields the Green’s function

\[ G_{1d}(\omega, z, z') = \sum_{n=0}^{\infty} (e^{ikL}R^2)^n \frac{i}{2k} \left( e^{ik|z-z'|} + e^{ik(L-|z-z'|)} \right). \]  

(B1)

Notice that, as expected, in this case the coupling between emitter and resonator does not depend on the emitter position.

#### 3. Approximating resonances

The 1D-Green’s function evaluated at a field antinode and \( z = z' \) can be written, for both linear and circular resonators, as

\[ G_{1d}(\omega, z, z) = \frac{1}{2k} \frac{i \sin \theta'' + \sin \theta'}{\cosh \theta'' - \cos \theta'}, \]  

(B2)

where we have defined

\[ \theta = \theta' + i \theta'' = k'L + \phi + i(k''L - \ln |R|) \]  

(B3)

and \( \phi = \arg (R) \) is the phase picked up by reflection at each resonator end, which is \( \approx \pi \) for the linear resonator and zero in the circular configuration.

We see that \( \theta'' \) quantifies the losses, both due to propagation (via the imaginary part of the propagation constant, \( k'' \)), and the losses through the mirrors (via \( |R| < 1 \)). For radiation losses due to bending in the circular resonator we can phenomenologically add a term...
\(k'_{\text{bound}}\) to the imaginary part of the propagation constant, \(k''\).

The condition for resonances is

\[
L = \frac{2\pi}{k'_{\text{m}}} = \frac{\lambda}{2m} \quad (B4)
\]

where \(m\) is the number of antinodes in the resonator and has to be an even integer for circular resonators and any integer for the linear configuration. In both configurations the coupling

\[
|g(\omega)|^2 = \frac{1}{\pi} \text{Im} \{ k G_{1d}(\omega, z, z) \} \quad (B5)
\]

can be approximated by a Lorentzian near a resonance. We approximate the cosine around the center of the resonance peaks

\[
\cos(\theta') \approx 1 - \frac{1}{2} L^2 (k' - k_0)^2 = 1 - \frac{L^2}{2v_g^2} (\omega - \omega_r) \quad (B6)
\]

Therefore we can write,

\[
|g(\omega)|^2 \approx g^2 \left( \frac{\gamma_r/2}{(\omega - \omega_r)^2 + (\gamma_r/2)^2} \right) \quad (B7)
\]

with the width of the Lorentzian (FWHM) \(\gamma_r\) being the resonator decay rate

\[
\gamma_r = \frac{2v_g}{L} \sqrt{2} (\cosh \theta'' - 1) \approx \frac{2v_g}{L} \theta'' \quad (B8)
\]

and the coupling defined as

\[
g = \sqrt{\Gamma_{\text{guide}} \frac{v_g}{L}} \sqrt{\frac{\sinh \theta''}{\sqrt{2} (\cosh \theta'' - 1)}} \approx \sqrt{\Gamma_{\text{guide}} \frac{v_g}{L}} \quad (B9)
\]

The approximated results were obtained by assuming weak losses, \(\theta'' \ll 1\), and consequently Taylor expanding \(\sinh(\theta'')\) and \(\cosh(\theta'')\).

For small enough \(\gamma_r\), the Lorentzian in Eq. (B7) can be approximated by the expression in Eq. (12), which is used in the mapping to the Jaynes-Cummings model.

**Appendix C: Purcell factors**

Applying the Markov approximation, the emitter coupled to a plasmon resonator undergoes exponential decay into surface plasmons, with a rate given by the spectral density at the frequency of the emitter, \(\omega_e\)(Fermi’s golden rule)

\[
\Gamma_{\text{res}} = 2\pi |g(\omega_e)|^2 \quad (C1)
\]

We define the Purcell factor as the ratio of this emission into surface plasmons compared to \(\Gamma_0\), the emission if the emitter would be placed in a homogeneous medium characterized by \(\epsilon_d\),

\[
F = \frac{\Gamma_{\text{res}}}{\Gamma_0} \quad (C2)
\]

If emission into other channels is negligible small compared to the emission into surface plasmons, this Purcell factor measures the decrease of the emitter lifetime.

In the case of plasmonic resonators the Purcell factor can be written as the product of two different contributions

\[
F = \frac{\Gamma_{\text{res}}}{\Gamma_0} = F_{\text{guide}} \times F_{\text{res}} \quad (C3)
\]

The waveguide Purcell Factor \(F_{\text{guide}}\) exists even without a cavity. It is a result of the small mode area and higher density of states \((\partial k/\partial \omega = v_g^{-1})\) of guided surface plasmons

\[
F_{\text{guide}} = \frac{\Gamma_{\text{guide}}}{\Gamma_0} \equiv \frac{3}{\pi \epsilon_d} \frac{c}{v_g} \frac{A_0}{A_{\text{eff}}} \quad (C4)
\]

Notice that \(F_{\text{guide}}\) has no resonance origin, so it is broadband. The additional contribution to the Purcell factor \(F_{\text{res}}\) is, for \(g \ll \max\{\gamma_r, \gamma_p, \gamma_e\}\),

\[
F_{\text{res}} = \frac{\Gamma_{\text{res}}}{\Gamma_{\text{guide}}} = \frac{4g^2}{\gamma_c + \gamma_d / \Gamma_{\text{guide}}} \quad (C5)
\]

where \(\gamma_d\) is the linewidth due to emitter dephasing (spectral diffusion). Using \(g^2 = \frac{2}{\pi} \Gamma_{\text{guide}}, \omega = v_p 2\pi / \lambda, L = m \lambda / 2, w_c = w_r\) and the quality factors \(Q_d = \omega_c / \gamma_d\)(emitter dephasing) and \(Q_r = \omega_r / \gamma_r\)(resonator) we can rewrite the resonator Purcell factor in terms of

\[
F_{\text{res}} = \frac{4}{m \pi} v_p \frac{1}{Q_p + Q_r} \quad (C6)
\]

The fraction of emission guided into surface plasmons is given by

\[
\beta = \frac{\Gamma_{\text{res}}}{\Gamma_{\text{res}} + \gamma_e} \quad (C7)
\]

In normal cavity QED the emitter decay rates to channels not in the cavity \((\gamma_e)\) stay approximately the same with and without the cavity since the cavity only affects the modes in a small spatial angle. In plasmonics the presence of the metal surface leaves the emission into radiation modes practically unaltered. However, an absorbing metal surface also introduces decay into non-radiative modes that dissipate in the metal. The decay into non-radiative modes is dominant at distances below \(\sim 10-20\) nm. Here, even at these distances, the plasmonic cavity is quite useful as it increases the decay into surface plasmons and not the decay into non-radiative modes. This is an advantage of the “resonator Purcell factor” over the “broadband Purcell factor.”
\[ \epsilon_{\text{Drude}}(\omega) = 1 - \frac{\omega_p^2}{\omega^2 + i\Gamma_\text{el}\omega}. \]  \hspace{1cm} (D1)

The damping is a function of Fermi velocity \( v_F \) and the mean free path of the electrons \( l_{el} \), \( \Gamma_{el} = \frac{v_F}{l_{el}} \). The mean free path is in turn proportional to the resistivity \( \rho \), \( l_{el} \propto 1/\rho \). Using \( \omega \gg \Gamma_{el} \) the imaginary part of the permittivity is thus approximately proportional to the resistivity

\[ \epsilon''_{\text{Drude}}(\omega) \propto \Gamma_{el} \propto \rho. \]  \hspace{1cm} (D2)

By using tabulated data for the resistivity of silver\[88\] at different temperatures and scaling \( \Gamma_{el} \) accordingly, we get the imaginary part of the permittivity at different temperatures. The real part stays approximately constant.

With \( |\epsilon'| \gg |\epsilon''| \) the modal shape of the propagating plasmons is not affected and the reduced imaginary part of the permittivity directly translates into increased propagation length. The imaginary part of the permittivity is plotted in Fig. 9. It translates to a propagation length increase that is universal for all waveguides analyzed in this paper.

At low temperatures \( \epsilon'' \) saturates since the dominant electron scattering happens at lattice impurities. Furthermore, when the scattering due to the Drude-Sommerfeld model vanishes, small but finite interband transitions may play a role. Note that at optical frequencies they may even dominate. That is why the change of \( \epsilon'' \) is less pronounced for \( \lambda_0 = 650 \text{ nm} \) in Fig. 9.

However, the data used for interband transitions\[40\] may be very vague at lower temperatures since it is obtained from a fit at room temperature. A more close experimental analysis is needed here.

Of special interest are the properties at 77 K and 4 K reachable with liquid nitrogen and liquid helium, respectively. For \( \lambda = 1550 \text{ nm} \), the plasmon propagation length at 77 K is \( \sim 5 \) times larger than the room temperature value, while at 4 K this factor is 80. Notice that these are estimations obtained from experimental values of the resistivity of silver. Single crystal resonators may present even larger enhancements.

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