Synthesized Goethite and Natural Iron Oxide as Effective Absorbents for Simultaneous Removal of Co(II) and Ni(II) Ions from Water

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Abstract
This study reports on the adsorption efficiency of a natural iron oxide from Mballam-Cameroon in comparison with synthesized goethite to simultaneously remove cobalt and nickel ions from aqueous solutions. Chemical analysis on the natural iron oxide sample revealed iron as the main element and hematite (58.52%) goethite (19.42%), kaolinite (12.69%) and quartz (7.79%) as the component phases in the iron oxide sample. The iron oxide was found to be microporous (BET surface area 43.27 m²/g) with fairly spherical polydisperse particles. Results show maximum absorption for Co(II) and Ni(II) ions for both adsorbents occurred at an equilibrium contact time of 80 mins, dose rate of 0.1 g/L, and pH = 7. Goethite was slightly more efficient at removing target metal ions with maximal adsorbed quantities at 117.8 mg/g of Co(II) and 100.6 mg/g of Ni(II) ions for natural iron oxide. Equilibrium modelling presented the Freundlich isotherm as the best fit model for both adsorbents and metal ions, indicating heterogeneity of the surface binding sites during adsorption. The pseudo-second order kinetic model was the best-fit model, indicating chemical adsorption between the adsorbent surface and metal ions, hence a good correlation between equilibrium and kinetics. The findings indicate that the efficacy of the natural iron oxide from Mballam is almost equivalent to that of synthetic goethite, validating its applicability for the simultaneous removal of cobalt and nickel ions from aqueous solution.
Keywords
Adsorption, Iron Oxide, Goethite, Powder Diffraction, Heavy Metals, Water Treatment

1. Introduction
One of the most significant environmental aspects of mining is its effects on water quality and on the availability of water resources. Mining activities categorically pollute water bodies [1]. They affect fresh and surface water through heavy use of water in processing ore (fresh water withdrawal) and pollution from discharged mine effluent [2], during beneficiation and leaching of toxic materials from tailings and waste rock impoundments [3]. In addition to pollution from targeted metal and other metal by-products, sulfuric acid is produced and leached when sulfide containing rock (from waste dumps, overburden dump and tailings dam) is exposed to air or water and may contaminate ground and surface waters [4] [5] [6]. Given the upsurge of mining companies in Cameroon, it is obvious that mining is fast developing into a major economic activity in the country [7]. In a scenario where a mine is exploited for cobalt and nickel, such as the Nkamouna Cobalt-Nickel-Manganese Project by GEOVIC Cameroon, these metals may be leached into the surrounding waters, resulting to pollution of these water bodies, which has a direct effect on the aquatic life, animals and on man.

Cobalt (Co) and nickel (Ni), when present in quantities greater than the standard norms for drinking water quality pose a threat to human health. Some of the health concerns related to pollution from Co and Ni include genotoxicity, carcinogenicity, sensitization and skin irritation. The concentration limit for drinking water is 0.05 mg/L for Co [8], and 0.07 mg/L for Ni [9], and that for mine water effluent 1 mg/L for Co and 0.2 g/L for Ni. The presence of residual metals in streams and rivers around mine sites has been demonstrated by several studies such as the case of a Canada-wide survey carried out in 1994 on the characteristics of acid mine drainage, where a maximum nickel concentration of 36.0 mg/L was reported for drainage associated with both nickel and gold mines. Cobalt concentrations of 2.20 mg/L were reported for tailings dam seepage associated with a uranium mine [10]. Surveys carried out by Lupankwa et al., recorded a nickel concentration of 13.85 mg/L from streams around the Madziwa Nickel Mine to as high as 95.5 mg/L of nickel and 289 mg/L of cobalt from streams around the Anthens Gold Mine in the Zambezi basin [11] [12].

Among the conventional treatment technologies used for controlling heavy metals in the environment, adsorption is the most common and applied method in wastewater treatment and it appears to be the most effective economical method [13]-[19]. There is a shift of interest to natural adsorbent materials, prepared at a low cost and equal or more performance when compared to commercial adsorbents [20] [21] [22]. Adsorption of heavy metals onto natural iron
oxides and goethite had been widely studied for several reasons: iron oxide minerals are abundant in nature, and they are relatively inexpensive [23]; they are present in almost all of the different compartments of the global system, can be readily synthesized in the laboratory and represent efficient sorbents for organic and inorganic species [24]; they have relatively high surface charge, and act as both a contamination adsorbent and nutrient source for oceanic phytoplankton growth. Their ability to remove contamination is a function of the morphology, structural characteristic and method of synthesis [25]. Many toxic cations (Co$^{2+}$, Zn$^{2+}$, Pb$^{2+}$, Cd$^{2+}$, Sc$^{2+}$, U$^{2+}$, Sr$^{2+}$), and anions (AsO$_4^{3-}$, CrO$_4^{2-}$, PO$_4^{3-}$, CO$_3^{2-}$), are removed by using various phases of iron oxides [26]. The adsorption properties of iron oxides are due to a combination of both surface complexation by inner or outer sphere bonding with adsorbate [27], and ion exchange by van der Waals forces.

Although the ability of natural iron oxide for heavy metal pollutant removal is well documented, its ability to simultaneously remove cobalt and nickel ions has not been reported, furthermore, this work accesses the effect on composition and structure on the adsorption properties of these adsorbents. Thus, in this study, the potential of a natural iron oxide sample from Mballam (about 200 km from the Nkamouna site) to simultaneously remove cobalt and nickel ions from aqueous solutions and compared its effectiveness to synthetic goethite, is examined. This study was carried out as a proactive attempt, aimed at establishing the natural iron oxide from Mballam as an efficient and abundantly available adsorbent capable of use in the treatment of effluents containing cobalt and nickel ions.

2. Materials and Method

2.1. Materials

All the reagents and chemicals used in this study were of analytical grade. Distilled water was used for synthesis and in the preparation of all solutions. Cobalt(II) nitrate hexahydrate (99% pure) was purchased from Riedel-de Häen, Nickel(II) nitrate hexahydrate (99% pure) from LABOSI, Ferric nitrate (99% pure) from PROLABO, Sodium hydroxide from Fluka, and Sodium hydrogen carbonate of analytical grade.

2.2. Preparation of Adsorbents

2.2.1. Preparation of Natural Iron Oxide

The rock sample was obtained from the Mballam Iron Ore Deposit in the Eastern Region of Cameroon, at coordinates, N: 02, 14,100 - 383,105, E: 013, 56,926 - 247,077 and an Elevation of 812. The sample was first crushed using a hammer on a hard surface, then ball-milled for 10 hours using a G91 broiler at 220 V and 200 W. It was then sieved over a 100-µm mesh. The residue was ball-milled for another 10 hours and sieved. These powders were mixed, washed with distilled water and dried under the sun for 24 hours. The resulting dark brown powder was further dried in a CARBOLITE Electric Furnace at 110°C for 8 hours. The
dried powder was ground using a mortar and pestle and further sieved with over a 80 µm mesh and dried for 2 hours at 110°C in the electric furnace, and stored in a desiccator.

2.2.2. Goethite Synthesis

Goethite was synthesized according to a method outlined by Marek et al. [28]: 40 g of hydrated ferric nitrate, Fe(NO₃)₃·9H₂O was dissolved in 200 mL distilled water in a 500 mL beaker. The solution (pH = 2.2) was agitated by a magnetic agitator for 1 hour to obtain homogeneity, and titrated (while stirring) with 1 M NaOH to a pH of 11.9. The amorphous dark brown precipitate formed was aged in an electronic furnace for 16 hours at a temperature of 90°C. The resulting reddish-brown crystalline precipitate was washed twice with distilled water to remove water-soluble salts. This precipitate was dried for 24 hours at 110°C; the resulting reddish-brown powder was ground, sieved and stored in a desiccator.

2.3. Characterization

Nitrogen sorption experiments were performed using a TriStar 3000 V6.05 A System. The specific surface area of the two powder samples was estimated by applying the Brunauer-Emmet-Teller (BET) equation in the 0.010 ≤ P/P₀ ≤ 0.299 interval of relative pressure and by using 0.1620 nm² for the cross-sectional area of molecular nitrogen.

Powder diffraction analysis was carried out using a D2 PHASER BRUKER diffractometer, with Co Kα radiation, to determine the various phases present in each sample. The spectra were recorded from 10° to 90° (2θ), at a scan rate of 0.026° every 185 seconds for 50 minutes each. Phase identification was carried out by evaluating and presenting the powder data using the DIFFRAC Plus EVA software. The peak locations, lattice parameters, and phase composition were evaluated by comparing scans against the Inorganic Crystal Structure Database (ICSD).

Fourier Transform Infrared Spectroscopy, Attenuated Total Reflection (FTIR-ATR) was performed using a Perkin Elmer Spectrum One FTIR spectrometer with a microscope system. A ZnSe top plate was used and samples scanned at a resolution of 4 cm⁻¹. Three scan replicates were performed per sample to ensure reproducibility and uniformity.

High resolution SEM (Scanning Electron Microscope) images were recorded to examine the morphology and particle size of the iron oxide using the Carl Zeiss EVOHD15 scanning electron microscope. The ETH was 20 kV, probe current 400 pA, a working distance of 8.5 mm and Chamber pressure of 40 Pa. An Oxford Instrument X-Max energy dispersive X-ray equipped with the 80 mm⁻² EDX (Energy-dispersive X-ray) detector (SEM-EDX) was also used to perform elemental analysis. Three scan replicates were performed per sample to ensure reproducibility and uniformity.

2.4. Batch Adsorption Studies

Batch adsorption studies were carried out simultaneously at room temperature
to determine the adsorption capacity of the adsorbents. Thus 20 mL of 700 ppm Co(NO₃)₃·6H₂O and 20 mL of 700 ppm Ni(NO₃)₃·6H₂O (1:1 ratio) were pipetted into a 250 mL conical flask. These were prepared in sets of eight. A predetermined amount of the adsorbent was weighed and added to these eight bottles. A control experiment was set up by pipetting 20 mL each of the cobalt and nickel nitrate solution in separate conical flasks. The nine bottles were sealed with a stopper and equilibrated for predetermined periods on a magnetic agitator. After adsorption, the solutions were filtered thrice using Whatman filter paper, and the resulting supernatant was analyzed twice for cobalt and nickel. A Buck Scientific Atomic Absorption Spectrophotometer, with a VPG system, Model 210 was used to analyze the Co(II) and Ni(II) ions in solution. The specifications for each metal are given in Table 1. The amount of adsorbate adsorbed onto our adsorbents was calculated by the mass balance relationship given in Equation (1).

\[
Q_e = \left( \frac{C_0 - C_e}{m} \right) \times V
\]  

(1)

where:

\(Q_e\) is the quantity of substance adsorbed (mg/g), \(C_0\) is the initial adsorbate concentration (mg/L ≈ ppm), \(C_e\) the equilibrium concentration of adsorbate (mg/L), and \(V\) is the volume of solution (L), and \(m\) is the mass of sorbent in aqueous solution (g).

| Element | Wavelength | Average Current | Energy | Hollow-Cathode lamp |
|---------|------------|----------------|--------|---------------------|
| Co(II)  | 240.7 nm   | 10.1 mA        | 2.463  | Co-BuckSci          |
| Ni(II)  | 232.0 nm   | 9.2 mA         | 2.342  | Ni-BuckSci          |
3. Results and Discussion

3.1. Characterization of Adsorbents

3.1.1. Surface Area Analysis
The N2-adsorption/desorption plot for iron oxide and goethite is given in Figure 1, and shows the system follows a type III isotherm. This indicates that adsorbate-adsorbate interactions are stronger than adsorbate-adsorbent interactions, allowing for multilayer formation. Though not wide, a hysteresis loop similar to type H3 indicative of aggregates of adsorbent containing parallel plates and slit-pores is observed. From BET analysis, goethite was found to be mesoporous (pore volume 48.24 nm) with a BET surface area of 59.45 m²/g and iron oxide macroporous (pore volume 165.03 nm), with a BET surface area of 43.27 m²/g. The BJH average adsorption pore diameter (4V/A) is 13.35 nm and 17.11 nm for iron oxide and goethite respectively.

3.1.2. X-Ray Powder Diffraction (XRPD)
The powder patterns of the natural iron oxide and synthetic goethite on a 2θ scale are represented in Figure 2 and Figure 3 respectively. The sharp diffraction peaks observed for both powders imply well crystalline samples. Phase identification using DIFFRAC Plus EVA software and quantitative analysis (peak locations, lattice parameters, and phase composition) from comparing scans against the Inorganic Crystal Structure Database (ICSD) for iron oxide powder data reveals the presence of goethite, hematite, kaolinite and quartz in the iron oxide sample.

Hematite is the major component at 58.52%, followed by goethite (19.42%), then by kaolinite (12.69%), and lastly quartz (7.79%). Phase identification of the
goethite sample revealed the three phases, the goethite (90.73%), an intermediate iron hydroxide oxide and sodium nitrate. The intermediate phase may be as result of incomplete conversion of the amorphous iron hydroxide phase during aging. Sodium nitrate implies washing was not complete. The composition and lattice parameters of all the components in each sample are listed Table 2.

### 3.1.3. FTIR

The overlaid ATR-FTIR spectra of goethite and iron oxide is illustrated Figure 4. The peak assignments were done after correlating the spectra with handbook values and previous reports. The absorption band around 3116 cm⁻¹, 3123 cm⁻¹
### Table 2. Phase composition and lattice parameters.

| Sample                          | Lattice          | Lattice parameters | Space group | ICSD code |
|---------------------------------|------------------|--------------------|-------------|-----------|
| **Iron oxide**                  |                  |                    |             |           |
| Hematite $\alpha$-Fe$_2$O$_3$   | Rhombohedral     | $a$ 5.03530 $b$ 5.0350 $c$ 13.74950 | R-3c        | 082902    |
| Goethite FeOOH                  | Orthorhombic     | $a$ 4.61580 $b$ 9.95450 $c$ 3.02300 | Pbnm        | 071810    |
| Kaolinite $\text{Al}_2\text{Si}_2\text{O}_5\text{(OH)}_4$ | Triclinic        | $a$ 5.16910 $b$ 8.95950             |             |           |
| Quartz SiO$_2$                  | Hexagonal        | $a$ 4.91370 $b$ 5.40470 $c$ 4.91370 | P3221       | 089276    |
| Goethite                        | Orthorhombic     | $a$ 4.60480 $b$ 9.95950 $c$ 3.02300 | Pbnm        | 033692    |
| **Goethite**                    |                  |                    |             |           |
| Iron hydroxide oxide Fe$_{1.883}$($\text{OH})_{0.5}$O$_{2.5}$ | Rhombohedral     | $a$ 5.03400 $b$ 13.75000 $c$ 5.07010 | R-3c        | 033693    |
| Sodium nitrate Na(NO$_3$)        | Rhombohedral     | $a$ 5.07010 $b$ 16.32902 $c$ 5.07010 | R-3c        | 078801    |

**Figure 4.** ATR-FTIR Spectra of natural iron oxide and goethite presenting major functional groups.

The bands at 898, 891 cm$^{-1}$ ($\delta$OH in-plane bend) and 800, 794 cm$^{-1}$ ($\gamma$OH out-of-plane bend) which vibrate in and out respectively, can be assigned to the Fe-OH bending vibration of goethite [29] [30]. The bands at 623 cm$^{-1}$ and 628 cm$^{-1}$ are due to stretching vibrations of the Fe-O bond characteristic of the metal oxide. The three bands at 1077 cm$^{-1}$ (perpendicular Si-O stretch), 1027 cm$^{-1}$ (in-plane Si-O stretch), and 1019 cm$^{-1}$ (in-plane Si-O stretch) in the spectra of the natural iron oxide depicts the Si-O deformation bands of kaolinite, which is also characteristic of the Si-O asymmetrical stretching vibration of quartz [31]. The absence of a peak at 2900 cm$^{-1}$ characteristic of the C-H stretching band, implies no organic compound is present in the sample [32]. The sharp band at 1365.52 cm$^{-1}$ in the spectrum of goethite is characteristic of nitrate ion (impurity). Hence, in addition to the surface hydroxy
groups (from adsorption of water and structural OH), and Fe-O/Fe-OH metal-oxide functional groups on the goethite and natural iron oxide, the natural iron oxide also has SiOH potential adsorption sites (from the kaolinite).

3.1.4. SEM-EDX

The morphology of the iron oxide and goethite as studied using SEM is presented in Figure 5. The iron oxide particles (Figure 5(a)) are fairly spherical (granular in shape) and polydisperse, with particle diameter of 136.2 nm for the smallest visible particle to 515 nm for the largest particle. Chen and Li, 2010 [33] also observed granular-shaped nano particles of hematite synthesized via coprecipitation. The morphology of goethite particles in the natural iron oxide sample is rod-like. Energy dispersive X-ray elemental analysis (an average of five measured points) depicts iron (46.69 wt%) as the main component of iron oxide sample followed by oxygen (35.76 wt%), Si (14.47 wt%) and Al (1.87 wt%). At low magnification (Figure 5(b)), goethite particles look very similar to those of the iron oxide with fairly spherical polydisperse particles. However, at higher magnification (Mag = 200 KX), needle-like (acicular) particles typical of goethites are visible. The particle diameter varies from 37.52 to 150.5 nm.

Figure 5. SEM Micrograph and EDX spectra showing fairly spherical particles of iron oxide and needle-like goethite particles.
3.2. Batch Adsorption Studies: Effect of Contact Time, Adsorbent Mass and pH

The effect of contact time, adsorbent mass and pH on the simultaneous adsorption of Co(II) and Ni(II) ions on natural iron oxide and goethite are illustrated in Figure 6. To study the effect of contact time, batch experiments were conducted at different contact times from 10 to 120 minutes at constant concentration of 700 ppm, and 0.1 g of adsorbent at room temperature. From the graph, the extent of removal of the Co(II) and Ni(II) ion increases initially, then stabilizes after 80 minutes for both adsorbents. At the onset and at lower contact times, the surface adsorption sites are unoccupied and available for metal ion adsorption. As the contact time increases, the surface adsorption sites become occupied; the uptake rate is controlled by the rate at which the adsorbate is transported from the exterior to the interior sites of the adsorbent particles (diffusion) which in this case is low, resulting to the plateau-shape of the curve at higher contact times. Equilibrium was attained at a contact time of 80 minutes for both adsorbents. The effect of contact time was also studied at 50 ppm and 0.1 g of natural iron oxide and the equilibrium was attained at 80 mins with a percentage removal of 90.33% of Co(II) and 75.60% of Ni(II) ions.

![Graphs showing the effect of contact time, adsorbent mass, and pH on Co(II) and Ni(II) adsorption](image)

**Figure 6.** Effect of contact time, adsorbent mass and pH on the simultaneous adsorption of Co(II) and Ni(II) ions on natural iron oxide and goethite.
For effect of adsorbent mass, the removal of the Co(II) and Ni(II) ions was studied at a concentration of 700 ppm, contact time of 80 minutes while varying the dose of adsorbent in the range 0.03 to 0.5 g. Equilibrium was attained for Co(II) and Ni(II) ions at 0.1 g of both adsorbents, hence, increasing the mass up to 0.1 g makes available more adsorption active sites on the adsorbents [34] and beyond 0.1 g aggregation of adsorbent particles prevents further adsorption.

The pH is another important parameter controlling the uptake of Co(II) and Ni(II) ion from aqueous solution. The point of zero charge was determined using the method developed by Ouardi et al. [35] at a pH range of 3 - 11. The pHzpc of goethite and iron oxide was found out to be 6.7 and 6.1 respectively. The adsorption potential of both adsorbents was studied at various pH values (3 to 8) keeping the system at the following conditions: initial concentration of 700 ppm, adsorbate dose of 0.1 g contact time 80 minute. At low pH (pH < pHzpc), a positive charge is developed on the surface of the adsorbents, resulting to poor sorption of the metal ions due to repulsion. As pH increases, the surface of the adsorbents become increasingly negatively charged (OH− ions dominating), enhancing electrostatic attraction between the metal ion and the adsorbent surface resulting in increased removal of the metal ions. Abdus-Salam and Adekola [36] reported that as the pH increases, divalent metal retention on the surface of natural goethite through the processes of adsorption and inner sphere surface complexation increases. An optimum pH of 7 is recorded for both adsorbents, after which adsorption decreases, probably due to the precipitation of Ni(II) ions to Ni(OH)2. This indicates the applicability of adsorbents developed for water systems at neutral pH.

Adsorption of metal ions onto goethite is a surface complexation reaction between the aqueous metal ions and hydroxyl-specific surface sites. The amphoteric reaction at the goethite surface is depicted in the equations below.

\[ \text{FeOH}^+_2 (\text{s}) \rightarrow \text{FeOH} (\text{s}) + \text{H}^+ (\text{aq}) \]

\[ \text{FeOH} (\text{s}) \rightarrow \text{FeO}^- (\text{s}) + \text{H}^+ (\text{aq}) \]

where FeOH represents a single protonated surface oxide site and FeO− and FeOH+ represents ionized surface functional groups. The possible adsorption reactions include

\[ \text{FeO}^- + \text{Co}^{2+} \rightarrow \text{FeCo}^+ \]

\[ \text{FeO}^- + \text{Co(OH)}^+ \rightarrow \text{FeOCO(OH)} \]

\[ \text{FeOH} + \text{Co}^{2+} \rightarrow \text{FeOCO}^+ + \text{H}^+ \]

\[ \text{FeOH} + \text{Co(OH)}^+ \rightarrow \text{FeCo(OH)} + \text{H}^+ \]

Metal adsorption is thus favored if the adsorbent is negatively charged at higher pH. These reactions are analogous to those involving Ni(II) ions.

The results obtained from batch adsorption studies gave an indication of the effectiveness of each adsorbent with respect to Co(II) and Ni(II) ions. These are summarized in Table 3. For both adsorbents, the quantity of Co(II) ions adsorbed
Table 3. Quantity adsorbed at equilibrium for various parameters.

| Parameter            | Metal ion | Optimum Quantity Adsorbed at Equilibrium (mg/g) |
|----------------------|-----------|-------------------------------------------------|
|                      | Iron oxide| Goethite                                        |
| Contact Time         | Co(II)    | 95.1                                            |
|                      | Ni(II)    | 81.4                                            |
| Adsorbent Dose       | Co(II)    | 96.2                                            |
|                      | Ni(II)    | 82.2                                            |
| pH                   | Co(II)    | 103.9                                           |
|                      | Ni(II)    | 85.2                                            |

from solution was higher than that of Ni(II) ions under the same conditions. Cobalt has a slightly lower electronegativity value (1.88) than nickel (1.91) and higher ionic radius, hence, it is more reactive (easily give off its electrons to react with negatively charged functionalities on the surface of the adsorbent). Also, it is higher than nickel in the reactivity series and will therefore displace some of the adsorbed Ni(II) ions. Goethite showed the highest adsorption capacity for both Co(II) and Ni(II) ions. This is so for several reasons. As demonstrated by BET, it has a larger specific surface area, possess more number of micropores and mesopores and higher total surface energy which make it more prone to adsorb the Co(II) and Ni(II) ions on its surface. The presence of other phases (such as quartz and kaolinite) in the natural iron oxide sample may also have caused a decrease in its adsorptive capacity.

Dwivedi et al. [37] compared the adsorption capacity of pristine carbon (FWC) and amine modified carbon (AFWC) from fireweed to that of commercial grade activated carbon (PAC) for binary adsorption of cobalt(II) and nickel (II) ions. The optimum conditions for batch adsorption were 0.8 g/L adsorbent, 5 mg/L adsorbate, pH 5.78 and 18 h. The adsorption capacities varied from 2.21 to 10.12 mg/g and percentage removal varied from 17.7% to 96.8% (Table 4). They reported the AFWC, with a BET surface area of 117.7 mg/g, to have a five-fold and three-fold capacity over FWC and PAC respectively for Co(II) and Ni(II) ion removal. Table 4 compares the adsorption capacity of natural iron oxide used in this study and others reported in the literature for alt and/or nickel ion adsorption. From these results, the natural iron oxide is seen to have a considerable high adsorption capacity.

3.3. Adsorption Isotherms

The equilibrium data was model using the linear forms of the Langmuir and Freundlich isotherm models as given in Equation (2) and Equation (3) below. The model parameters are given in Table 5.

\[
\frac{1}{Q_e} = \frac{1}{Q_m KC_e} + \frac{1}{Q_m}
\]  

\[
\ln Q_e = \ln K_f + \frac{1}{n} \ln C_e
\]
Table 4. Comparing the adsorption capacity of natural iron oxide used in this study and others reported in the literature for cobalt and/or nickel ion adsorption.

| Adsorbate | Adsorbent                          | Removal capacity (mg/g) | Percentage removal (%) | Ref       |
|-----------|-----------------------------------|-------------------------|------------------------|-----------|
| Co(II)    | Natural iron oxide                | 103.9                   | 90.33                  | This work |
| Ni(II)    |                                    | 85.2                    | 75.60                  |           |
| Co(II)    | Synthetic goethite                | 117.8                   | N/A                    | This work |
| Ni(II)    |                                    | 100.6                   | N/A                    |           |
| Co(II)    | AFWC                              | 9.89                    | 96.5                   | [37]      |
| Ni(II)    |                                    | 10.12                   | 96.8                   |           |
| Co(II)    | FWC                               | 2.91                    | 26.3                   |           |
| Ni(II)    |                                    | 2.97                    | 26.8                   | [37]      |
| Co(II)    | PAC                               | 1.86                    | 16.7                   |           |
| Ni(II)    |                                    | 2.29                    | 17.7                   |           |
| Co(II)    | Mesoporous silica nano-conjugate material | 170.17 (calculated) | 96 | [38]      |
| Ni(II)    | Ni2+-imprinted chitosan Foam      | 69.93 (calculated)      | N/A                    | [39]      |
| Ni(II)    | MWCNTs                            | 2.90                    | N/A                    | [40]      |
| Ni(II)    | HNO3-treated MWCNTs              | 12.50                   | N/A                    | [41]      |
| Co(II)    | MWCNTs/iron oxide                | 2.88                    | N/A                    | [42]      |
| Co(II)    | Oxidized CNTs sheets             | 69.63                   | N/A                    | [43]      |
| Co(II)    | Chitosan-coated perlite beads    | 56.18                   | N/A                    | [44]      |
| Ni(II)    |                                    | 66.66 (calculated)      | N/A                    |           |
| Co(II)    | γ-Fe2O3 nanotubes                 | 56.83                   | 65.62                  | [45]      |
| Ni(II)    |                                    |                         |                        |           |

Table 5. Langmuir and freundlich model parameters.

| Parameter            | Langmuir Isotherm | Freundlich Isotherm |
|----------------------|-------------------|---------------------|
|                      | $k_L$ (L/mg)      | $Q_m$ (mg/g)        | $R^2$     | $K_f$ (L/g) $\times 10^7$ | 1/n     | $R^2$     |
| Iron Oxide           |                   |                     |           |                         |         |           |
| Co(II)               | −0.44             | 27.40               | 0.9891    | 3.9                      | −2.108  | 0.9963    |
| Ni(II)               | −0.82             | 21.10               | 0.9931    | 212                      | −2.794  | 0.9858    |
| Goethite             |                   |                     |           |                         |         |           |
| Co(II)               | −0.20             | 37.59               | 0.987     | 0.4                      | −1.755  | 0.9957    |
| Ni(II)               | −0.36             | 29.85               | 0.9961    | 4.4                      | −2.124  | 0.9965    |

where: $Q_m$ is the maximum adsorption capacity corresponding to complete monolayer coverage, $K$ is the Langmuir constant related to energy of the adsorption ($L$ of adsorbate per mg of adsorbent) $n$ is the heterogeneity factor representing the deviation from linearity of adsorption, $K_f$ indicates the adsorption capacity of adsorbent related to the bonding energy

The $R^2$ values for the Freundlich model are the highest (in the range 0.976 to 0.9965), thus the Freundlich isotherm model more accurately describes the adsorption for both adsorbents and for both adsorbates (Figure 7). The Freundlich
Figure 7. Linear model plots of the Freundlich Isotherm.

The Freundlich Isotherm relates the amount of material adsorbed to the concentration of the material in solution. Krishine et al. [46] stated that a good fit of Freundlich isotherm to an adsorption system implies there is adsorption on heterogeneous surfaces. It assumes heterogeneity in the surface binding sites; FeO- and FeOH, present in the adsorbate as seen from FT-IR. $K_f$ values may be used to predict differences in the abilities of adsorbents to adsorb a particular adsorbate [26].

The exponent $1/n$ is an index of the diversity of free energies associated with the adsorption of the solute by multiple components of a heterogeneous adsorbent [47]. For $1/n < 1$, adsorption is the predominant process implying strong interaction between adsorbent and adsorbate and vice versa. The $1/n$ values for both adsorbents are negative implying strong interaction between the metal ion and FeO$^-$/FeOH species. The strongest interaction however, as can be seen from Table 5, occurs with iron oxide adsorbent for both metal ions.

### 3.4. Adsorption Kinetics

The kinetics of Co(II) and Ni(II) ions adsorption were studied as a function of pH at a constant initial concentration of 700 ppm, adsorbate dose of 1 g/L and contact time of 80 mins. The linear equation of the Lagergren’s Pseudo-First Order, Pseudo-Second and Elovich Model Kinetic models are respectively given in Equations (4)-(6) below.

$$\ln(Q_e - Q_t) = \ln Q_e - K_i t$$  \hspace{1cm} (4)
\[
\frac{t}{Q_e} = \frac{1}{h_e} + \frac{t}{Q_e}
\]

where:

- \(Q_e\) and \(Q_t\) are the adsorption capacity at equilibrium and at time \(t\) respectively (mg/g),
- \(K_1\) is the rate constant of pseudo-first order adsorption (min\(^{-1}\)),
- \(K_2\) is the rate constant of pseudo second order adsorption (mg\(^{-1}\cdot\)min\(^{-1}\)),
- \(h_e = K_2 \cdot Q_e^2\) is the initial adsorption rate (mg\(\cdot\)g\(^{-1}\cdot\)min\(^{-1}\)),
- \(\alpha\) is the initial sorption rate (mg\(\cdot\)g\(^{-1}\cdot\)min),
- \(\beta\) is the rate constant for desorption (g\(\cdot\)mg\(^{-1}\)) during any one experiment.

The correlation coefficients were in the range of 0.0.155 - 0.9652 for pseudo-first-order kinetic model. Additionally, the \(q\) values predicted by the pseudo-first-order model were not in agreement with the experimental values indicating that the model did not fit mechanism of cobalt and nickel adsorption.

The \(R^2\) values for pseudo-second order model were in the range 0.9887 - 0.9993 and the predicted \(q\) values agreed well with the experimental ones. The model is based on the assumption that the rate-limiting step may be a chemical adsorption involving valance forces through sharing or exchange of electrons between adsorbent and adsorbate [14]. This suggests that during the adsorption, there was chemisorption due to the sharing of electrons between the adsorbent surface and the d orbitals of cobalt and nickel ions. In Table 6 are listed the kinetic parameters for the three kinetic models and correlation coefficients for the adsorption of each metal ion.

From the table, the pseudo-second order kinetic model best fit (in the range 0.9887 to 0.9993) the kinetic data for both adsorbents and adsorbates. This indicates chemisorption and the formation of covalent bonds between the metal and adsorbents. Thus, the adsorption of cobalt and nickel ion onto iron oxide, goethite is a surface complexation process by inner sphere bonding. This analysis is in line with the universal uptake mechanism reported by Woodward et al. [48]; using synchrotron x-ray absorption spectroscopy (EXAFS), they found that Co-O moieties form inner sphere bidentate complexes with FeOH groups of iron (oxy) hydroxides, and Co-Al moieties, with variable charged sites on alumina (kaolinite) form inner sphere bidentate complexes in mid-to-high pH range. Figure 8 compares the FTIR spectra of goethite and iron oxide before and after adsorption. From the graph, there is a general decrease in the intensity of the spectra after adsorption for both adsorbents indicating that the interaction of Co(II) and Ni(II) ions with the surface active sites increases their bond length. The FTIR results after adsorption thus confirms chemical interactions between Co(II) and Ni(II) ions and the surface active groups on the adsorbents. The correlation coefficients were in the range of 0.3752 - 0.8886 for the Elovich kinetic model. This model is often applied to determine the kinetics of chemisorption of gases onto heterogeneous surfaces. This explains why the model is a poor fit for kinetic data of the adsorption of cobalt and nickel.
Figure 8. FTIR spectra of goethite (a) and iron oxide (b) before and after adsorption of Ni(II) ions.

Table 6. Rate constants and correlation coefficients of kinetic models.

| Models          | Parameter | Iron Oxide | Goethite | Models |
|-----------------|-----------|------------|----------|--------|
| Pseudo-first order| $R^2$     | Co(II) 0.9652 | 0.7745 |        |
|                 |           | Ni(II) 0.8529 | 0.155 |        |
|                 | $K_1$     | Co(II) 0.0636 | 0.0008 |        |
|                 |           | Ni(II) 0.0385 | 0.0003 |        |
|                 | $R^e$     | Co(II) 0.9987 | 0.9984 |        |
|                 |           | Ni(II) 0.9936 | 0.9964 |        |
| Pseudo-second order| $h_o$ (mg/g min) | Co(II) 81.3 | 43.86 |        |
|                 |           | Ni(II) 18.15 | 769 |        |
|                 | $K_2$ (g/mg min) | Co(II) 0.010 | 0.004 |        |
|                 |           | Ni(II) 0.003 | 0.114 |        |
|                 | $Q_o$     | Co(II) 88.50 | 105.26 |        |
|                 |           | Ni(II) 81.97 | 81.97 |        |
|                 | $K_e$     | Co(II) 0.8886 | 0.8392 |        |
|                 |           | Ni(II) 0.8309 | 0.3752 |        |
| Elovich         | $\beta$ (g/mg) | Co(II) 0.0693 | 0.1421 |        |
|                 |           | Ni(II) 0.0888 | 0.2264 |        |
|                 | $\alpha$ (mg/g min) | Co(II) 123.91 | 157494 |        |
|                 |           | Ni(II) 150.33 | $77 \times 10^3$ |        |

4. Conclusions

The natural iron oxide sample was obtained and easily treated. Goethite was synthesized by chemical precipitation, and both adsorbents were characterized. PXRD identified the various phases present in each sample, SEM, the morphology and size of the particles, while FT-IR identified the various functional groups.
From batch studies, equilibrium was attained after a contact time of 80 min for both adsorbents, an adsorbent dose of 0.1 g and pH = 7 were the optimal conditions obtained from varying these parameters, at metal ion concentration of 700 ppm. A percentage removal of 90.33% of Co(II) and 75.60% of Ni(II) ions by the natural iron oxide sample (50 ppm adsorbate concentration, 0.1 g adsorbent at 80 mins) was also recorded. The best isotherm model fit for both adsorbents and both metal ions was the Freundlich model (monolayer adsorptions) with least square ($R^2$) values in the range 0.976 to 0.9965. Analysis of kinetic data presented the pseudo-second order kinetic model as the best-fit model (in the range 0.9887 to 0.9993) for both adsorbents and the two adsorbates. This indicates chemisorption and the formation of covalent bonds between the metal and adsorbents, and hence a good correlation between equilibrium and kinetics. From these observations, the natural iron oxide stands as an affordable material that can be applied as an effective adsorbent for treating effluents containing cobalt and nickel ions.

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**Conflicts of Interest**

The authors declare no conflicts of interest regarding the publication of this paper.

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