Effect of the severity of liver dysfunction on the minimum alveolar concentration of sevoflurane responding to an electronic stimulation in cirrhotic patients

Yan Yin1†, Hong Xiao1†, Jirimutuya Han1,2, Weiyi Zhang1, Jianguo Cheng3 and Tao Zhu1*

Abstract

Background: It has been observed that patients with liver dysfunction need lower dose anesthetic compared to patients with normal liver function. The minimum amount of volatile anesthetic to achieve an optimal depth of anesthesia for these patients is still unclear. In this study, Minimum alveolar concentration (MAC) of the sevoflurane was determined using an electric stimulation and the effect of severity of liver dysfunction on the MAC was observed in cirrhotic patients.

Methods: Thirty patients undergoing upper abdominal surgery were divided into the following groups: group N (normal liver function), group A (Child-Pugh grade A) and group B (Child-Pugh grade B-C). Neuropsychological tests were performed before surgery. We measured MACelectric (minimum alveolar concentration that prevents movement in response to an electric stimulation in 50 % of patients) of sevoflurane in cirrhotic patients with liver dysfunction using an electrical stimulation of 80 mA at 50 Hz, and analyzed factors that associated change of MAC.

Results: According to the neuropsychological tests, there were 7 and 4 patients with minimal hepatic encephalopathy in Groups B and A, respectively. MACelectric in cirrhotic patients with liver dysfunction decreased significantly compared to that in healthy liver patients (1.51 ± 0.16 vol. %, 1.33 ± 0.14 vol. % and 1.17 ± 0.13 vol. % in Group N, A and B, respectively), while MACelectric was comparable between the cirrhotic patients with different Child-Pugh grade. The Alanine Aminotransferase (ALT) and baseline values of bispectral index (BIS) were risk factors associated with the lowering of MACelectric (p < 0.05).

Conclusion: MACelectric of sevoflurane in cirrhotic patients was significantly lower than that of patients with a healthy liver. The severity of liver dysfunction had no effect on the MACelectric of sevoflurane in cirrhotic patients.

Trial registration: This study has been registered in the Chinese Clinical Trial Register in August 3, 2011 (No. ChiCTR-TRC-11001507).

Keywords: Sevoflurane, Minimum alveolar concentration, Bispectral index, Liver cirrhosis, Minimal hepatic encephalopathy

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Background
The minimum alveolar concentration (MAC) of anesthetic that prevents movement in 50% of subjects in response to a noxious stimulus [1], is used to measure the capability of volatile anesthetics to immobilize patients who are exposed to noxious stimulation. However, it has been shown that MAC may be affected by many pathophysiological conditions and disease states in animals and patients [2–7]. The liver is a vital organ involved in drug distribution, metabolism, and elimination. Although the lifespan of people with asymptomatic liver cirrhosis is not different from that of healthy people [8], the perioperative morbidity and mortality increase significantly in patients with liver cirrhosis [9, 10].

It has been shown that there is an association between excessive depth of anesthesia and poor postoperative outcomes, especially in high-risk patients [11, 12]. Providing safe and effective anesthesia in patients with cirrhosis and liver dysfunction has been a daunting challenge for most of the anesthesiologists. Various clinical and animal studies suggest that volatile anesthetic requirement is decreased in subjects with liver dysfunction and is correlated with the severity of liver dysfunction [13–15]. However, to our knowledge, the MAC to a noxious stimulus of a volatile anesthetic has not been previously evaluated in cirrhotic patients. Thus, we aimed to determine the MAC tile anesthetic has not been previously evaluated in cirrhosis and our knowledge, the MAC to a noxious stimulus of a volatile anesthetic has not been previously evaluated in cirrhotic patients. Therefore, we aimed to determine the MAC of sevoflurane in cirrhotic patients.

Methods
The research protocol was approved by the Institutional Review Board (IRB) of West China Hospital. Patients undergoing selective upper abdominal surgery from September 2012 to June 2013 were screened for this study. Excluded from enrollment were patients with: 1) difficult airway; 2) illiteracy who could not follow instructions; 3) a body mass index (BMI) ≥ 30 kg/m²; 4) taking chronic sedatives and alcoholics; and 5) serious diseases other than liver diseases, such as cardiovascular, respiratory, endocrine system conditions. For those who met the inclusion criteria and were willing to participate, written informed consent was obtained from each patient. A total 30 male patients were enrolled and divided into three groups according to their liver function status: Group N, patients with normal liver function undergoing upper abdominal surgery (n = 10); Group A, patients with cirrhotic liver of Child-Pugh grade [16] A (score 5 or 6) undergoing hepatectomy (n = 10); Group B, patients cirrhotic liver of Child-Pugh grade B or C (score ≥ 7) undergoing Minch devascularization and splenectomy or liver transplantation (n = 10). Diagnosis of cirrhosis was based on clinical, biochemical, ultrasonographory computed tomography scan and liver histological findings if available.

All patients were screened for minimal hepatic encephalopathy (MHE) according to the Number Connection Test A (NCT-A) and Digit Symbol Test (DST) 1 day before the surgery. A test was considered abnormal when the score was beyond ±2 SD from the score in the age and education-matched control group [17, 18]. MHE was diagnosed if one or two tests were abnormal.

All patients received an identical anesthetic technique and monitoring devices, consisting of continuous electrocardiography, pulse oximetry, the arterial line for blood pressure monitoring, nasopharyngeal temperature and bispectral index (BIS) (BeneView T8, Cayman Mindray Medical Electronics Co., Ltd, Shenzhen, China). Expired sevoflurane and CO₂ concentrations (ETCO₂) were continuously monitored using infrared analyzers (M1026B, Philips Medizin System Boeblingen GmbH, Boblingen, Germany). None of the patients received premedication. Anesthesia was induced using a mask with 8% sevoflurane in 6 L/min oxygen, and a Proseal laryngeal mask was inserted when patients’ eyelash reflex was lost, and the end-tidal sevoflurane was greater than 3%. The oxygen flow rate was then adjusted to 3 L/min, and normocapnia (ETCO₂ 35–45 mmHg) was maintained. Manual ventilation was administrated if necessary.

The MAC values were estimated using the method previously described [19, 20]. An electrical stimulation of 80 mA at 50 Hz (Neurostim T4, HSE, Germany) on the ulnar aspect of the forearm at the midpoint was performed for 15 s or until a purposeful movement was observed [21]. Purposeful movement was defined as a substantial movement of the head or extremities following the electric stimulation. Local muscle contractions at the stimulation site and related finger flexion constitute slight movement and are not regarded as purposeful movement. The end-tidal sevoflurane concentration of the first patient in Group N began from1.71 vol. % (MAC that produces immobility exposed to a skin incision) [4]. When patients exhibited purposeful movement, the end-tidal concentration of sevoflurane was increased by 0.2%, and the subjects were retested after 10 min of re-equilibration. If the patient did not move, the end-tidal concentration of sevoflurane was decreased by 0.2%. The MAC of each patient was calculated as the value halfway between the end-tidal concentrations that prevented or allowed purposeful movement in response to the electrical stimulation. The next patient’s initially end-tidal sevoflurane concentration was set at the MAC obtained from the preceding patient. The same method was used to determine the MAC for each
patient’s. The MAC_{electric} for each group was calculated as the mean of the ten patients.

Supramaximal stimulation is required to determine MAC. Since previous studies have shown that pain threshold increases in patients with liver dysfunction, we used parameters that were determined by our pilot data that showed the electric pain tolerance threshold were 41.9 ± 15.4, 50.5 ± 10.39 and 58.9 ± 2.08 mA in healthy, Child grade A, and Child grade B patients (n = 10) respectively. Initially, we used 60 mA as the highest current to measure pain thresholds in the awake patients and pain tolerance over 60 mA was recorded as 60 mA. In such cases, 60 mA was no longer supramaximal stimulation. Since 80 mA at 50 Hz has been confirmed to cause no damage to tissues in animals and healthy volunteers, we chose to use 80 mA, instead of 60 mA, to determine MAC in this study.

All data were analyzed using the IBM SPSS Version 21.0. All original data were first analyzed with Shapiro-Wilk test to examine whether data were in normal distribution. Data were presented as mean ± standard deviation (SD). The data without normal distribution were presented as medians with maximum and minimum.

The results of the three groups were compared using one-way ANOVA. Bonferroni or Dunnett T3 tests were used to analyze the statistical difference between two groups, according to the results of homogeneity test of variance. Student’s t-test was used to compare the data between patients with or without MHE. The Wilcoxon’s signed rank test was used for data in non-normal distribution. Related factors were analyzed using Spearman correlation analysis and multiple linear regressions with a stepwise selection method. p < 0.05 was considered statistically significant.

**Results**

All patients completed the study. The demographic data of patients are reported in Table 1. The results of laboratory examination and the blood gas analysis are shown in Tables 2 and 3 respectively. Compared to patients with normal liver functions, the values of hepatic function and blood coagulation parameters were significantly abnormal in patients with cirrhotic livers.

Results of neuropsychological tests and BIS values before the study are shown in Table 4. These values were used to screen for MHE. Patients with Child-Pugh score over 6 required longer time to finish NCT-A and achieved lower DST scores compared to patients with healthy liver (p < 0.05). Based on the results of NCT-A and DST, there were 4 and 7 patients with MHE in Groups A and B, respectively. The BIS values of Groups A and B were significantly lower than those of Groups N. The BIS values in cirrhotic patients with MHE were significantly lower than those in patients without MHE (92.71 ± 3.82 vs. 95.88 ± 1.19, p = 0.025), when patients were awake.

The vital sign and BIS values measured continuously during the study, which showed in Table 5. MAP, HR, and SPO2 were kept stable throughout the study in three groups, although MAP and HR significantly increased in patients of Group A compared to patients of Group N and B when performed the electric stimulation.

The results of MAC_{electric} are presented in a box- and whisker plot (Fig. 1). The means of MAC_{electric} in patients with liver dysfunction were significantly lower than that of patients with normal liver functions (1.51 ± 0.16 vol. % for Group N, vs. 1.33 ± 0.14 vol. % or 1.17 ± 0.13 vol. % for Group A and B, respectively, p < 0.05). The difference between Groups A and B were not statistically significant (p > 0.05). The mean MAC_{electric} was lower in patients with MHE compared with those without it (1.19 ± 0.12 vol. % vs. 1.32 ± 0.14 vol. %, p = 0.028).

To examine the factors that may affect MAC_{electric}, Spearman analysis were used to analyze the correlation between a number of factors and the change of MAC_{electric}. These factors were Child-Pugh score; NCT-A, DST, BIS index, total bilirubin (TBIL), direct bilirubin (DBIL), alanine aminotransferase (ALT), aspartate aminotransferase (AST), and albumin. Upon multivariate analysis, ALT and BIS values before surgery were significantly correlated with MAC_{electric} among the groups. The regression equation (MAC_{electric} = −0.003 ALT +0.053 BIS) was statistically significant (F = 3.845, p = 0.006).

**Discussion**

The end-tidal concentration of a volatile agent is an essential component of the concept of MAC, which is widely used as an index of anesthetic potency of a volatile anesthetic. In this work, we found that the mean MAC_{electric} was significantly reduced in patients with liver dysfunction (Child-Pugh grade A, and grade B or C) compared to patients with normal liver function (Group B vs. Group N, p < 0.001; Group A vs. Group N, p < 0.05). This observation is consistent with published...
data [13–15]. We have previously reported that the sevo-
flurane MAC values in animals with chemically-induced
liver fibrosis were significantly lower than that in ani-
mals with normal liver function [14]. However, we did
not find statistically significant difference between pa-
tient groups with different levels of liver dysfunction
(Group A vs. Group B, \(p > 0.05\)). This is likely due to the
fact that the study was under powered and limited by
the relatively small sample size. Both Wang [13] and
Kang et al. [15] report that the severity of liver dysfunc-
tion influenced the requirements of volatile anesthetic in
orthotopic liver transplantation patients to maintain pre-
set anesthetic depths, as monitored by a target BIS. In
addition to sample size, other factors may also contribu-
to this discrepancy, such as patient characteristics
and use of different score systems for the severity of liver
diseases. Nonetheless, it is clear that liver dysfunction
status plays a significant role in the requirement of vola-
tile anesthetics.

The mechanisms of reduced volatile anesthetic re-
quirement in cirrhotic patients are poorly understood.
We demonstrate that ALT and BIS were the risk factors
associated the decrease of MAC electric. These results sup-
port the notion that these parameters may be used as
important predictors of decreased requirement of sevo-
flurane in these patients. Accumulating evidence sup-
ports that inhaled anesthetics exert their effects by
acting on ion channels and receptors in neurons and al-
tering synaptic transmission in the central nervous sys-

tem [22–24]. For example, the MAC of halothane in

| Table 2 | Biochemical markers before surgery | Group N | Group A | Group B | \(P\)-value |
|--------|-----------------------------------|--------|--------|--------|------------|
| TBIL (\(\mu\)mol/l) | 9.8 (5.7,24.2) | 16.85 (12.6,26.6) | 42.9 (18.7,620.3) | \(<0.001\) |
| DBIL (\(\mu\)mol/l) | 3.05 (2.1,7.9) | 7.25 (5.2,9.9) | 15.85 (7.9,453.9) | \(<0.001\) |
| IBIL (\(\mu\)mol/l) | 6.65 (3.5,16.3) | 10.50 (6.8,16.7) | 20.1 (6.4,166.4) | 0.003 |
| ALT (IU/l) | 21.5 (16,56) | 50.0 (22,156) | 25.5 (10,80) | 0.016 |
| AST (IU/l) | 24.5 (19,37) | 41.5 (23,142) | 37.5 (10,119) | 0.014 |
| ALB (g/l) | 41.83 ± 3.83 | 39.13 ± 2.83 | 29.63 ± 4.12 | \(<0.001\) |
| LDH (IU/l) | 144.5 (105,247) | 162.5 (56,312) | 148 (105,197) | 0.451 |
| BUN (\(\mu\)mol/l) | 6.07 (4.04,67) | 5.1 (3.59,6.72) | 4.0 (3.22,11.38) | 0.192 |
| Scr (\(\mu\)mol/l) | 91.8 (57,810,19) | 79 (66,296,1) | 75.05 (57,138) | 0.81 |
| Ammonia (\(\mu\)mol/l) | 35.5 ± 20.42 | 49.6 ± 26.81 | 57.0 ± 25.99 | 0.158 |
| PT (s) | 10.7 (10,412) | 12.65 (11,3,14,5) | 17.4 (13,7,23,4) | \(<0.001\) |
| APTT (s) | 27.45 (22,1,32,5) | 30.05 (25,8,36,1) | 41.45 (20,7,59) | 0.001 |
| FIB (g/l) | 2.83 (1.7,2,4,25) | 2.78 (1.7,8,6,16) | 1.22 (0.63,3,6,4) | 0.015 |

Data with normal distribution were presented as the means and SDs. Data without normal distribution were presented as medians with maximum and minimum. The \(P\)-values were derived from ANOVA or Wilcoxon’s signed rank test. Bonferroni or Dunnnett T3 tests were used for post hoc paired comparisons. Abbreviations: TBIL total bilirubin, DBIL direct bilirubin, IBIL indirect bilirubin, ALT alanine aminotransferase, AST aspartame aminotransferase, ALB albumin, LDH lactate dehydrogenase, BUN urea nitrogen, SCR serum creatinine, PT prothrombin time, APTT activated partial thromboplastin time, FIB fibrinogen

\(a\)Group B vs. Group N, \(P < 0.05\)

\(b\)Group B vs. Group A, \(P < 0.05\)

| Table 3 | Blood gas analysis before surgery | Group N | Group A | Group B | \(P\)-value |
|--------|-----------------------------------|--------|--------|--------|------------|
| pH | 7.44 (7.36,7.49) | 7.42 (7.36,7.5) | 7.39 (6.97,7.53) | 0.459 |
| PaO2 (mmHg) | 193.5 (156,317) | 198.7 (158,251) | 194.2 (112,271) | 0.898 |
| PaCO2 (mmHg) | 33.81 ± 3.07 | 34.97 ± 8.17 | 37.01 ± 3.63 | 0.96 |
| BE (mmol/l) | –1.07 ± 2.47 | –1.66 ± 2.81 | –1.83 ± 9.14 | 0.952 |
| HCO3− (mmol/l) | 22.49 ± 1.67 | 22.94 ± 2.9 | 22.45 ± 6.55 | 0.96 |
| K⁺ (\(\mu\)mol/l) | 3.37 ± 0.5 | 3.43 ± 0.32 | 3.63 ± 0.55 | 0.412 |
| Na⁺ (\(\mu\)mol/l) | 141.6 ± 2.72 | 141.26 ± 2.86 | 137.9 ± 3.6 | 0.022 |
| Ca²⁺ (\(\mu\)mol/l) | 1.07 ± 0.07 | 1.08 ± 0.38 | 1.11 ± 0.06 | 0.233 |
| Hb (g/l) | 110.1 ± 3.87 | 100.7 ± 41.73 | 95.9 ± 34.72 | 0.408 |
| Hct (%) | 37.1 ± 6.52 | 33.3 ± 8.35 | 29 ± 10.71 | 0.134 |

\(a\)Group B vs. Group N, \(P < 0.05\)
Table 4  Neuropsychological test results and BIS value before surgery

|          | Group N | Group A | Group B | P-value |
|----------|---------|---------|---------|---------|
| NCT-A (s)| 39.86 ± 10.0 | 62.29 ± 26.9 | 73.64 ± 32.1 | 0.017   |
| DST      | 11.55 (9.8, 17.1) | 10.25 (6.1, 15.1) | 8.5 (5.1, 12.2) | 0.015   |
| BIS      | 97 (97, 99) | 97 (94, 97) | 94 (87, 97) | <0.001  |
| MHE      | 0 | 4 | 7 |         |

NCT-A: The Number Connection Test A (Range of normal values: 10–66 s). DST: Digit Symbol Test, the scores were obtained in 90 s according to Wechsler Intelligence Scale for Adult-Chinese Revised (WAIS-RC). BIS: the bispectral index. MHE: minimal hepatic encephalopathy, which was diagnosed if one or both the two neuropsychological tests were abnormal.

Table 5  BIS value and vital signs during the study

|                      | Group N | Group A | Group B | P-value |
|----------------------|---------|---------|---------|---------|
| Before anesthesia    |         |         |         |         |
| HR (beat/min)        | 76 (63, 92) | 83.5 (71, 122) | 82.5 (65, 118) | 0.15    |
| SpO₂ (%)             | 98.3 ± 1.06 | 97.7 ± 1.25 | 97.3 ± 1.83 | 0.3     |
| MAP (mmHg)           | 82.7 ± 14.22 | 87.2 ± 32.05 | 78.9 ± 9.04 | 0.104   |
| BIS                  | 97 (97, 99) | 97 (94, 97) | 94 (87, 97) | <0.001  |

Time of MACelectric1

|                      | Group N | Group A | Group B | P-value |
|----------------------|---------|---------|---------|---------|
| HR (beat/min)        | 63.6 ± 7.20 | 76.2 ± 7.24 | 71.4 ± 11.21 | 0.012   |
| SpO₂ (%)             | 100 (99, 100) | 100 (99, 100) | 100 (99, 100) | 0.631   |
| MAP (mmHg)           | 65 (54.85) | 75 (61.89) | 64 (60.79) | 0.028   |
| BIS                  | 46.4 ± 6.69 | 49.1 ± 9.36 | 46.4 ± 6.59 | 0.665   |

Time of MACelectric2

|                      | Group N | Group A | Group B | P-value |
|----------------------|---------|---------|---------|---------|
| HR (beat/min)        | 65.9 ± 7.05 | 80.7 ± 7.10 | 73.7 ± 11.26 | 0.003   |
| SpO₂ (%)             | 100 (99, 100) | 100 (99, 100) | 100 (99, 100) | 0.631   |
| MAP (mmHg)           | 67 (57.90) | 85 (77.103) | 65.5 (62.84) | 0.001   |
| BIS                  | 52.3 ± 7.32 | 56.1 ± 9.13 | 51.2 ± 11.59 | 0.519   |

MACelectric was lower in cirrhotic patients with MHE compared those without it.

Previously studies have demonstrated that BIS is a useful tool not only in monitoring the depth of anesthesia [12, 13] but also in diagnosing MHE, HE and grading HE [29, 30]. Consistent with these observations, our results further showed that BIS values in cirrhotic patients with a Child-Pugh score over 6 were significantly lower than those patients with a healthy liver (Table 4) even before the initiation of anesthesia. It may be considered as a predictor of reduced MAC in response to electric stimulation in cirrhotic patients. Furthermore, cirrhotic patients with MHE have lower BIS values than those cirrhotic patients without MHE. These findings suggested that changes in the brain were the most important reason for the decreased requirement of sevoflurane in cirrhotic patients and that BIS values may be a useful quantitative index for recognizing patients with liver dysfunction who may need reduced amount of anesthetic.

Changes of plasma compositions in patients with liver dysfunction can be complex. Here we observed changes in liver enzymes, albumin, bilirubin and coagulation and found a significant increase in ALT and AST in Groups A and B patients, which indicates hepatocyte damages in these patients. Approximately 3 % of sevoflurane absorbed by the body is biotransformed in the liver, through cytochrome P450 enzymes. Sevoflurane biotransformation decreases when hepatocytes are damaged because the concentration of cytochrome P450 enzymes is reduced in patients and animals with cirrhosis [32, 33]. ALT was negatively correlated with MACelectric which may suggested that the requirement of sevoflurane is associated...
with hepatocyte function. However, the correlation coefficient was very minuscule (MAC\textsubscript{electric} = -0.003 \textit{ALT} +0.053 BIS) and the negative association between \textit{ALT} and MAC\textsubscript{electric} cannot be interpreted as clinically relevant.

We used electrical stimulation to determine the sevoflurane MAC as this method has been used previously in humans [21, 34–37]. It has been shown that electrical stimulation is well correlated with the standard noxious incisional stimulus [38]. The electric stimulation of 80 mA at 50 Hz used in this study was a supramaximal stimulus with reliable and predictable motor responses. It is noninvasive, repeatable, and requires smaller sample sizes than the classic method. MAC\textsubscript{electric} is correlated to and less than that determined by the skin incision method [21, 34, 35]. Our data are in normal patients (1.51 % vs. 1.71 %) are consistent with this conclusion and demonstrate that the intensity of the electric stimulus is less than that of the skin incision.

It is important to recognize that although our primary endpoint result showed a significant effect, the sample size is relatively small. Further clinical trials are required to define the relationship between BIS, the level of liver injury, and the MAC of volatile anesthetics. Investigations concerning the mechanism in animal models are also needed.

**Conclusion**

In conclusion, MAC\textsubscript{electric} of sevoflurane in cirrhotic patients was significantly lower than that of patients with normal liver function. The severity of liver dysfunction basing on Child–Pugh grade had no effect on the MAC\textsubscript{electric} of sevoflurane in cirrhotic patients. ALT and BIS were the risk factors associated the decrease of MAC\textsubscript{electric}. MAC\textsubscript{electric} could be used by clinicians to guide the best anesthetic practice in this population and beyond. As the results showed, BIS should be recommended to be a routine in monitoring the depth of anesthesia in the patients with liver dysfunction. Furthermore, the BIS values measured before anesthesia could provide a clue of exiting of MHE, which should be given more attention in the anesthetic practice.

**Abbreviations**

ALB: Albumin; ALT: Alanine aminotransferase; APTT: Activated partial thromboplastin time; AST: Aspartate aminotransferase; BIS: Bispectral index; BMI: Body mass index; BUN: Urea nitrogen; DBIL: Direct bilirubin; DST: Digit symbol test; ETCO\textsubscript{2}: End-tidal CO\textsubscript{2} concentrations; FIB: Fibrogen; HE: Hepatic encephalopathy; HR: Heart rate; IBIL: Indirect bilirubin; IRB: Institutional Review Board; LDH: Lactate dehydrogenase; MAC: Minimum alveolar concentration; MAC\textsubscript{electric}: MAC that prevents movement in response to an electric stimulation; MAP: Mean arterial pressure; MHE: Minimal hepatic encephalopathy; NCT-A: Number connection test A; PT: Prothrombin time; SCR: Serum creatinine; SpO\textsubscript{2}: Pulse oximetry; TBIL: Total bilirubin

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**Availability of data and materials**

All data generated or analyzed during this study are included in this published article. The datasets obtained in the pilot study to supporting the current study available from the corresponding author on reasonable request.

**Authors’ contributions**

YY and HX carried out the studies, participated in collecting data, and drafted the manuscript. YY and HX contributed equally to this work (Acted as co-first authors). JH and WZ participated in acquisition of data and performed the statistical analysis. JC had been involved in drafting and revising the manuscript. TZ designed the study with YY and finalized the manuscript. All authors read and approved the final manuscript.

**Competing interests**

The authors declare that they have no competing interests.

**Consent for publication**

Not applicable.

**Ethics approval and consent to participate**

This study was approved by the Hospital Human Research Ethics Committee of West China Hospital (Reference number: 2011–22), and all study participants provided both written and verbal informed consent.

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