Lymphoepithelial carcinoma - a rare tumor of the larynx. Case Report

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Lymphoepithelioma was described in 1921 separately by Regaud and Schmincke as nests of non-keratinizing squamous cells embedded in a lymphoid stroma (Regaud) and isolated transitional cells scattered in lymphoid tissue resembling sarcoma (Schmincke). Lymphoepithelial tumors are the most common lesions of the nasopharynx, although they have also been reported in other localizations, such as the nasal cavity, maxillary sinus, the base of the tongue, parapharyngeal area, tonsils and thymus. Lymphoepithelioma of the larynx is extremely rare. We present a case of a 55-year-old patient treated due to this type of lesion to share our experience in the management of this type of malignancy and contribute to the field of rare laryngeal tumors diagnosis and treatment.

KEYWORDS
lymphoepithelial carcinoma (LEC), Schmincke’s tumor, rare tumor location, laryngeal malignancy, laser microsurgery, head and neck surgery

Introduction

Lymphoepithelial carcinoma (LEC) is the most common lesions of the nasopharynx, although they have also been reported in other localizations, such as the nasal cavity, maxillary sinus, the base of the tongue, parapharyngeal area, tonsils and thymus (1). Lymphoepithelioma of the larynx is extremely rare with a 0.2% occurrence rate (1).

Compilation of LEC cases was performed by Faisal et al. with the distribution of the clinical and anatomic pathology variables in 46 patients with this type of tumor in the larynx and hypopharynx (2). Three more cases was described since this publication (Table 1).

We present a case of a 55-year-old patient with Schmincke’s tumor of the larynx.

Case report

A 55-year-old caucasian male patient was admitted to the laryngology ward due to the suspicion of a tumor involving the larynx. The patient had hoarseness lasting for 2 months prior to the admission, without other symptoms. He was a heavy smoker (>20 cigarettes almost over 30 years), suffering from hypertension and psoriasis. The laryngological examination revealed the smooth tumor of the left side of the larynx.
TABLE 1 New cases described after publication of Faisal et al. [2].

| No. | Age | Sex | Presentation          | Site: Supraglottis and Hypopharynx | TNM: No data and No data | Treatment: Chemoradiotherapy | Follow-up: 3 years | Recurrence: no | Literature: (3) |
|-----|-----|-----|------------------------|-------------------------------------|--------------------------|------------------------------|-------------------|----------------|----------------|
| 1.  | 60  | M   | Chronic laryngitis    | Supraglottis and Hypopharynx        | No data and No data      | Chemoradiotherapy            | 3 years           | no             | (3)            |
| 2.  | 70  | M   | Hoarseness, dysphagia | Supraglottis                        | T3 N2c M0                | Pharyngolaryngectomy and bilateral selective neck dissection, adjuvant radiotherapy | 2 years           | no             | (4)            |
| 3.  | 70  | M   | Hoarseness, neck tumor| Glottis                              | T3 N3b M1                | Chemotherapy, secondary laryngectomy and selective neck dissection | 8 months           | no             | (5)            |

TABLE 2 Procedures and histopathological examination results.

| Date          | Procedure                          | Histopathological result                                                                 |
|---------------|------------------------------------|-----------------------------------------------------------------------------------------|
| 17.01.2020    | Microlaryngoscopy (cold steel      | High-grade dysplasia of the epithelium                                                  |
|               | sampling)                          |                                                                                         |
| 14.02.2020    | Microlaryngoscopy (cold steel      | Neuroendocrine carcinoma suspicion; final result: nasopharyngeal carcinoma, nonkeratinizing undifferentiated carcinoma, Schmincke pattern |
|               | sampling)                          |                                                                                         |
| 17.03.2020    | Microlaryngoscopy (laser CO2       | Nasopharyngeal carcinoma, nonkeratinizing undifferentiated carcinoma, Schmincke pattern; the histopathological examination revealed the immunochemistry markers in tumor cells: p16 -, CKPAN +, p63 +, p40 -, LCA -, Ki67 in 80% of cells, CD56 +, synaptophysin -, chromogranin A -, TTF1 -, CK7 + |
|               | resection)                         |                                                                                         |

FIGURE 1
Undifferentiated carcinoma- sheet of tumor cells with few intermixed lymphocytes (H + E stain).
involving the left vocal fold, left vestibular fold and the petiole of the epiglottis. The surgical procedures were scheduled - the patient underwent two microlaryngoscopies with the sampling of the tumor tissue resulting with the diagnosis of malignant lesion, then the patient was referred to transoral laser-microsurgical resection (Table 2). Final histopathological examination revealed nonkeratinizing undifferentiated carcinoma, Schmincke pattern (Figures 1, 2).

The computed tomography (CT) scans made before surgical resection with the use of CO2-laser showed the presence of a tumor measuring 19 × 12 mm and height 21 mm, within the pedicle of the epiglottis on the left side and the anterior 2/3 of the left vestibular fold, invading the anterior commissure and reaching the vocal fold without any obvious features of vocal fold infiltration. In addition, the correct CT image of the entrance to the larynx, epiglottis, subglottic area of the larynx and the part of the trachea included in the examination (Figure 3, 4).

After the surgical resection the Oncological Board referred the patient for adjuvant radiotherapy. He received a full cycle of radiotherapy as planned - 60 Gy. The patient stays under the care of an outpatient clinic. No signs of tumor recurrence were observed in over 18 months of observation. The patient has a socially efficient voice, but he’s dealing with the side-effects after radiotherapy (oral mucositis, skin irritation on the neck) on a manageable level.

FIGURE 2
Histopathological examination showing positivity for cytokeratin.
Discussion

Lymphoepithelioma was described in 1921 separately by Regaud and Schmincke as nests of non-keratinizing squamous cells embedded in a lymphoid stroma (Regaud) and isolated transitional cells scattered in lymphoid tissue resembling sarcoma (Schmincke) (6, 7).

The non-differentiated tumor (called Schmincke's tumor) is more prevalent in the African and Chinese populations (2, 6). There are two peaks of incidence of the tumor according to age: between 20 and 30 years, and after 60 years of age (1, 6). According to the research of Faisal et. al. the mean age of presentation is 64 years (range 40–82 years) with predominant presentation in males. The most commonly involved subsites are the supraglottis and hypopharynx. Smoking and alcohol are major contributing factors in the LEC development (2).

The tumor is rarely located outside of the nasopharynx. In 75% of cases lymph node invasion at the time of diagnosis is present and metastatic disease is described in almost 30% of the cases. The most common sites of metastasis are bones, lungs, and liver (8, 9). No signs of cervical lymphadenopathy or metastatic disease were observed in our patient's case. The association with some HLA haplotypes (A2, A33, B46, B58) was noted (9). Dermatomyositis often manifests as a paraneoplastic syndrome (9). However, most common complaints are hoarseness (⅓ of patients), dysphagia (⅕ of patients) and cervical mass (⅕ of patients) (2).

The lymphoepithelioma of the larynx may arise from lymphoid tissue in the laryngeal ventricle. The microscopic studies on the origin and biology of the tumor showed the presence of single or double laryngocele in 70% of cases of laryngeal and parapharyngeal carcinomas in surgical specimens (9, 10). Cylindrical or squamous epithelium with lymphoid tissue resembling the typical histology of lymph nodes and lymphoid tissue of Waldeyer's ring was observed during the laryngoceles evaluation. This lymphoepithelial tissue has been proposed to be a tonsil of the larynx. Lymphoepithelioma may arise from these structures. Active basal epithelium in the larynx, similar to the epithelium found in the tonsillar crypts, is also proposed to be alternatively the place of origin of these lesions. Lymphocytes are believed to be a nonneoplastic component of the tumor since only the epithelial component is found in the metastatic tissue (1, 8–10).

The lymphomas and lymphoepitheliomas of the larynx are very difficult to distinguish clinically, usually presenting...
as smooth supraglottic masses involving the epiglottic area or aryepiglottic fold (Table 3). Cytokeratin immunohistochemistry is helpful in highlighting the irregular infiltrative nature of lymphoepithelial carcinoma. Malignant differential diagnoses that need to be distinguished from these type of tumor includes lymphoma and melanoma. In our patient’s case the tumor was a smooth lesion involving the supraglottic region. The lymphoepithelioma of the larynx shares many similarities with those of the nasopharynx: the significant metastatic potential to the mediastinum, lung, and abdomen and high radiosensitivity (1).

Due to the rarity of LEC in the larynx and hypopharynx the current literature provides only recommendations and there are no available treatment guidelines. Treatment options include surgery and radiotherapy (primary and adjuvant) (9). Due to the radiosensitivity of the lesion, radiotherapy should be considered as a first-line-therapy providing good local control (11–13). In this case the patient preferred surgical resection followed by the adjuvant treatment. This course of treatment is recommended in advanced cases. Adjuvant chemotherapy may be useful (10, 11). Neoadjuvant or accompanying chemotherapy for lymphoepithelial carcinoma may be recommended in case of early regional adenopathy, which may decrease the risk of metastatic disease development (9–14). The chemotherapy protocol in advanced cases of LEC suggested by Bugada et. al is EXTREME regimen therapy (cisplatin, cetuximab and fluorouracil) (5). This protocol is recommended as the standard care for recurrent/metastatic
head and neck cancer not eligible for surgery or chemotherapy with curative intent, according to NCCN guidelines (2022). The standard protocol of therapy consists of: (1) Cetuximab 400 mg/mEq as first administration and then 250 mg/mEq on days 1, 8, 15 and then 21; (2) Cisplatin 100 mg/mEq in single administration, repeated on day 21 or as an alternative may 20 mg/mEq for 5 days and then repeated on 21 day; cisplatin dosage should be modified according to age, general condition of the patient and his renal function; the change for carboplatin is possible; (3) Fluorouracil (5-FU) 200 mg/mEq on days 1, 2, 3, 4, 5 with the repetition after 21 days.

Radiotherapy protocols vary according to stage of the tumor, usually with the 70 Gy (2.0 Gy/fraction) per 7 weeks and for the site of suspected subclinical spread: 44–50 Gy (2.0 Gy/fraction) to 54–63 Gy (1.6–1.8 Gy/fraction). This protocol is suggested in NCCN guidelines (2022) in the treatment of advanced head and neck cancer (3, 5).

Our patient received a full cycle of planned adjuvant radiotherapy. Chemotherapy was not scheduled in our patient’s case.

Concluding, we have presented a case of a rare laryngeal malignancy treated with success by the surgical excision and adjuvant radiotherapy.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

Ethical review and approval was not required for the study on human participants in accordance with the local legislation and institutional requirements. The patients/participants provided their written informed consent to participate in this study.

Author contributions

PN. MS collected the data, preparation of the manuscript. JJ, MW - revision and correct of the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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