Necessary conditions for breathers on continuous media to approximate breathers on discrete lattices

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The sine-Gordon partial differential equation (PDE) with an arbitrary perturbation is initially considered. Using the method of Kuzmak-Luke, we investigate the conditions, which the perturbation must satisfy, for a breather solution to be a valid leading-order asymptotic approximation to the perturbed problem. We analyse the cases of both stationary and moving breathers. As examples, we consider perturbing terms which include typical linear damping, periodic sinusoidal driving, and dispersion. The motivation for this study is that the mathematical modelling of physical systems often leads to the discrete sine-Gordon system of ordinary differential equations, which are then approximated in the long wavelength limit by the continuous sine-Gordon PDE. Such limits typically produce fourth-order spatial derivatives as correction terms. The new results show that the stationary breather solution is a consistent solution of both the quasi-continuum sine-Gordon equation and the forced/damped sine-Gordon system. However, the moving breather is only a consistent solution of the quasi-continuum sine-Gordon equation and not the damped sine-Gordon system.

1 Introduction

The approximation of discrete equations by continuum versions has a long history. An important question in the use of continuum approximation is whether the exact solution of an approximate equation is a good approximation to the solution of the original discrete problem. For example, the approximating PDE may have an exact travelling wave or breather solution; but this does not necessarily mean that the original discrete system has a travelling wave or breather. It is often assumed that while waves move through continuous systems, they do not persist in spatially discrete systems due to a Peierls-Nabarro barrier.

Common applications of the discrete Klein-Gordon system include mathematical models of Josephson junctions, for example, in the work of Golubov et al. [14] and Malomed [20], and models of DNA [10, 22, 27], as reviewed by Yakushevich [36]. Both Englander et al. [10] and Salerno [27] approximated the discrete sine-Gordon (SG) equation

$$\frac{d^2u_n}{dt^2} = u_{n+1} - 2u_n + u_{n-1} - \Gamma^2 \sin u_n,$$  \hspace{1cm} (1.1)
by its continuous counterpart, which is $\phi_t = \phi_{xx} - \sin \phi$, the SG PDE. This approximation process involves replacing the discrete variable $n$ by a continuous variable, $x$, and the second difference $\phi_{n+1} - 2\phi_n + \phi_{n-1}$ by a second derivative term, $\phi_{xx}$. By rescaling $x$ and $t$, all parameters can be removed from the SG equation. This PDE is integrable, and has travelling wave solutions, as well as stationary and moving breather solutions. However, (1.1) is not integrable for any value of $\Gamma$. Whilst there is an integrable version of the discrete SG equation, it arises from the ‘light-cone’ formulation of $\Phi_{XT} = \sin \Phi$, giving $\frac{d}{dt}(\Phi_{n+1} - \Phi_n) = \Gamma \sin \frac{1}{2}(\Phi_{n+1} + \Phi_n)$, as derived by Orfandis [21] and others.

The effects of discreteness in systems such as (1.1) have been studied by a number of authors, notably those interested in the dynamical systems theory perspective. Whilst it is possible for motion to occur in discrete systems, see, for example, the proof of the existence of travelling waves in the discrete and nonintegrable Fermi-Pasta-Ulam system [12], this behaviour is far from commonplace. Peyrard and Kruskal studied the motion of a kink, and its slowing due to the discreteness of the discrete SG lattice [23]. More recently, Boesch and Peyrard [3] have investigated the effects of discreteness on breathers, and the more general localisation of energy has been investigated by Dauxois and Peyrard [7] and Flach and Willis [11]. Thus the discrete SG equation (1.1) has qualitatively different properties to that of the SG PDE.

The use of such quasi-continuum techniques to study the dynamics of nonlinear lattices was initiated by Collins [5] and Collins and Rice [6], who considered the Fermi-Pasta-Ulam system, which models a chain of atoms connected by a nonlinear interaction potential. This system is governed by the equation of motion $\frac{d^2\phi_n}{dt^2} = V'(\phi_{n+1}) - 2V'(\phi_n) + V'(\phi_{n-1})$. Small amplitude waves which vary slowly with $n$ can, subject to certain conditions on $V(\phi)$, be approximated by PDEs. The simplest such equation is the fourth-order Boussinesq equation $\phi_{tt} = \phi_{xx} + (\phi_p)_{xx} + \phi_{xxxx}$. However, the solitary wave solutions of this become very narrow at larger speeds, which is unphysical for a lattice approximation. The improved equations suggested by Collins [5], Collins and Rice [6], Rosenau [24, 25], have the form $\phi_{tt} = \phi_{xx} + (\phi_p)_{xx} + \phi_{xxxx}$. In [34], a number of continuum versions of the discrete SG equation (1.1) are derived, these include several terms from the standard Taylor series expansion of the second difference term which, when rescaled, yields the standard continuum limit

$$u_{tt} = u_{xx} - \sin u + \varepsilon u_{xxxx} + O(\varepsilon^2), \quad (1.2)$$

where $\varepsilon \ll 1$. However, there are also expansions which rely on ‘improved’ approximating techniques for PDEs, [24, 25, 31, 32] leading to

$$u_{tt} = u_{xx} - \sin u + \varepsilon (u_{xxtt} + u_{xx} \cos u - u_x^2 \sin u) + O(\varepsilon^2), \quad (1.3)$$

$$u_{tt} = u_{xx} - \sin u + \varepsilon (3u_{xxxx} + 2u_{xxtt} + 2u_{xx} \cos u - 2u_x^2 \sin u) + O(\varepsilon^3). \quad (1.4)$$

Thus our aim is to investigate the properties of PDE approximations such as (1.2) more closely, to see if they reflect the properties of the original system (1.1) better than the simple SG PDE.

In [32, 33], a combination of the standard continuum limit and variational methods were used to derive approximations of breather modes in the perturbed SG equation. These perturbations led to changes in the frequency-amplitude and width-amplitude relationships for breathers. In [34], a classic small amplitude multiple-scales expansion
was performed on the continuum formulation, the standard continuum limit equation and on the Padé approximations above. At leading order all equations have the same solution, but at next order, there are subtle differences between the continuum formulation and the continuum approximations. However, we would expect these subtle differences to become more significant were larger amplitude solutions to be considered.

The complementary problem of approximating a system which is continuous in both space and time by one with discrete space and continuous time has also received attention. The approximation of continuous systems by discrete counterparts has been investigated by Kevrekidis [16] for a variety of systems, by considering carefully how to discretise each nonlinearity. The outcome of this is that the Peierls-Nabarro potential can be removed, by ensuring that a quantity akin to momentum is conserved. Kevrekidis et al. [17] have noted that if one approximates a continuous Klein-Gordon equation by the expected discretisation, then the discrete momentum is not conserved. Hence they propose adding a perturbation term to the discrete system which ensures conservation of momentum. However, this is at the expense of the energy no longer being constant. Dmitriev et al. [9] have pointed out that for the Klein-Gordon system, the additional terms required to conserve momentum destroy the conservation of energy and permit accelerating waves to occur. In addition, Cisneros-Ake [4] has used variational approximations to model the motion of dislocations in lattices using both spatially discrete and continuous descriptions. He finds the shape of the kink solutions to be similar, but significant differences in the shape of the dispersion relation.

Perturbation theory based on the inverse scattering transform has been previously applied to the moving breather (see, for example, [15]). This technique differs from the applied mathematics literature on oscillatory waves. Firstly, approximate breathers are sought in a restricted family of solutions which lack the long length scale. Secondly, local wave number and frequency are not introduced and conservation of waves does not form part of the analysis [35]. The results of this inverse scattering analysis will be compared with our asymptotic analysis of the moving breather which is consistent with the applied mathematics literature on oscillatory waves.

Herein, we use the method of Kuzmak-Luke [18, 19] to analyse the perturbed SG equation for large-amplitude stationary and moving breathers. The stationary breather is a nonlinear oscillator with spatial dependence, the only previous analysis of this type is for the damped oscillations of an incompressible viscous drop [30]. The moving breather corresponds to a wave with two short scales in which the local frequency and local wave number are correlated. Our analysis of this particular wave is the first of its type; nevertheless, it has several features in common with the single-phased Klein-Gordon wave studied in [29].

Breathers have been shown not to persist for the perturbed SG equation: they very slowly radiate their energy due to exponentially small terms (see [8, 13, 28]). Our approximate analysis of stationary and moving breathers takes place on a time scale of order $1/\epsilon$ which is much shorter than the extremely slow decay due to radiation, where $\epsilon$ is the small parameter. Exponentially small terms are irrelevant on an order $1/\epsilon$ time scale. Furthermore, numerical simulations have shown that, over long time scales, breathers of the perturbed SG equation may also blow up or split into a kink-antikink pair (see [1, 2] and
references therein). The following asymptotic analysis will only be valid when breathers
are stable solutions.

In the next section, the asymptotic analysis of the stationary breather is performed
for an arbitrary perturbation. The perturbations to the continuous SG system in the
continuum versions of the discrete SG equation are shown to be non-dissipative and
the effects of small-amplitude forcing/damping in a discrete lattice such as DNA are
investigated. Section 3 describes the more challenging asymptotic analysis of the moving
breather. The perturbations in the continuum versions of the discrete SG equation are
also shown to be non-dissipative in this case. However, the moving breather is found to
be incompatible with damping in contrast to the stationary breather. Finally, in Section
4 we discuss the results, and compare them with the results of others’ work.

2 Stationary breather

We consider perturbed SG equations of the form
\[
\frac{\partial^2 u}{\partial t^2} - \frac{\partial^2 u}{\partial x^2} + \sin(u) = \epsilon F(x,t,u,\frac{\partial u}{\partial x},\frac{\partial u}{\partial t},\ldots),
\]
(2.1)
with the boundary conditions that
\[
u \text{ decays to zero exponentially as } x \to \pm\infty,
\]
(2.2)
in which \(0 < \epsilon \ll 1\) and \(F\) is an arbitrary perturbation function. Furthermore we assume
that the boundary value problem (2.1)-(2.2) with \(\epsilon = 0\) has time periodic solutions.

2.1 The leading-order solution

For \(\epsilon \ll 1\), the frequency of the stationary breather is approximately constant when
\(t = \mathcal{O}(1)\). However, over a time scale of \(t = \mathcal{O}(1/\epsilon)\), the variation of the frequency is an
order one effect. In order to capture this effect over the \(1/\epsilon\) time scale, we adopt a fast
time scale \(t^+\) and a slow time scale \(\tilde{t}\) with
\[
\frac{dt^+}{dt} = \omega(\tilde{t}), \quad \tilde{t} = \epsilon t,
\]
where \(\omega(\tilde{t})\) is the frequency of oscillation. The main idea behind Kuzmak’s approach is
that the leading order solution, \(u_0\) is periodic in \(t^+\), with period precisely \(2\pi\), so that if
the perturbation \(F\) causes the frequency of oscillation to change this is accounted for by
changing the frequency \(\omega(\tilde{t})\) and not by altering \(u_0\). We introduce expansions of the form
\[
u \sim u_0(t^+,x,\tilde{t}) + \epsilon u_1(t^+,x,\tilde{t}), \quad F \sim F_0(t^+,x,\tilde{t}) + \epsilon F_1(t^+,x,\tilde{t}),
\]
as \(\epsilon \to 0\). The leading-order problem is given by
\[
\omega^2 \frac{\partial^2 u_0}{\partial t^+^2} - \frac{\partial^2 u_0}{\partial x^2} + \sin(u_0) = 0,
\]
(2.3)
with the boundary condition
\[
u_0 \text{ decays to zero exponentially as } x \to \pm\infty,
\]
(2.4)
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and the periodicity condition
\[ u_0(t^+ + \Psi, x, \tilde{t}) = u_0(t^+ + \Psi - 2\pi, x, \tilde{t}), \tag{2.5} \]
where \( \Psi(\tilde{t}) \) is the phase shift. This problem is readily integrated to yield the stationary breather solution
\[ u_0 = 4 \arctan \left( \frac{(1 - \omega^2)^{1/2} \cos(t^+ + \Psi)}{\omega \cosh((1 - \omega^2)^{1/2}(x + \Lambda))} \right), \tag{2.6} \]
The slowly varying phase shift \( \Psi(\tilde{t}) \) and the constant \( \Lambda \) should be incorporated into (2.6), \( \Lambda \) corresponding to the arbitrariness of the origin of \( x \) in (2.3)-(2.5). We note that \( u_0 \) is even about \( t^+ + \Psi = n\pi \) and about \( x + \Lambda = 0 \), where \( n \) is an integer. The former parity condition corresponds to
\[ u_0(t^+ + \Psi, x + \Lambda, \tilde{t}) = u_0(2\pi - (t^+ + \Psi), x + \Lambda, \tilde{t}) \]
in combination with the periodicity condition (2.5), whereas the latter parity condition corresponds to
\[ u_0(t^+ + \Psi, x + \Lambda, \tilde{t}) = u_0(t^+ + \Psi, -(x + \Lambda), \tilde{t}). \]
The amplitude envelope, which in this problem is only governed by the frequency of oscillation, is of interest in the subsequent analysis.

2.2 The first correction

At next order we have
\[ \omega^2 \frac{\partial^2 u_1}{\partial t^+ \partial t} + 2 \frac{\partial^2 u_1}{\partial x^2} + \cos(u_0)u_1 = F_0 - 2\omega \frac{\partial^2 u_0}{\partial t \partial t^+} - \frac{d\omega}{dt} \frac{\partial u_0}{\partial t}, \tag{2.7} \]
with the boundary condition
\[ u_1 \text{ decays to zero exponentially as } x \to \pm \infty, \tag{2.8} \]
and the periodicity condition
\[ u_1(t^+ + \Psi, x, \tilde{t}) = u_1(t^+ + \Psi - 2\pi, x, \tilde{t}), \tag{2.9} \]
following the equations (2.4)-(2.5). The Fredholm alternative is now applied to this linear problem (2.7)-(2.9). We define
\[ \langle \cdot, \cdot \rangle = \int_{-\Psi}^{2\pi-\Psi} \int_{-\infty}^{\infty} \cdot \, dx \, dt^+. \tag{2.10} \]
A function \( v \) in the null space of the adjoint problem satisfies
\[ \omega^2 \frac{\partial^2 v}{\partial t^+ \partial t} - \frac{\partial^2 v}{\partial x^2} + \cos(u_0)v = 0, \tag{2.11} \]
subject to the boundary condition
\[ v \to 0 \text{ as } x \to \pm \infty, \tag{2.12} \]
and the periodicity condition
\[ v(t^+ + \Psi, x, \tilde{t}) = v(t^+ + \Psi - 2\pi, x, \tilde{t}). \tag{2.13} \]
Our linear problem for the first correction (2.7)-(2.9) can only have a solution if
\[
d\omega \mathcal{V} \left( \frac{\partial u_0}{\partial t^+} \right) + 2\omega \mathcal{V} \left( \frac{\partial^2 u_0}{\partial t \partial t^+} \right) = \mathcal{V} F_0,
\]
for any \( v \) in the null space.

Two linearly independent solutions of the adjoint problem (2.11)-(2.13) have been determined
\[
v_1 = \frac{\partial u_0}{\partial t^+}, \quad v_2 = \frac{\partial u_0}{\partial x},
\]
where the first solution is odd about \( t^+ + \Psi = n\pi \) and the second even. Since \( u_0 \) is even about \( x + \Lambda = 0 \), so is \( \partial u_0 / \partial t^+ \), and \( \partial u_0 / \partial x \) is odd about \( x + \Lambda = 0 \). The first solution corresponds to an amplitude modulation equation and the second a solvability condition associated with the stationary breather. The equation for the modulation of the phase shift \( \Psi(\tilde{t}) \) requires consideration of the problem at \( \mathcal{O}(\varepsilon^2) \).

### 2.2.1 Amplitude modulation equation

If we substitute the first solution \( v_1 \) into (2.14), we obtain the equation
\[
d\omega \mathcal{V} \left( \frac{\partial u_0}{\partial t^+} \right)^2 + 2\omega \mathcal{V} \left( \frac{\partial u_0}{\partial t^+} \right) \frac{\partial^2 u_0}{\partial t \partial t^+} = \mathcal{V} \frac{\partial u_0}{\partial t^+} F_0.
\]

We define the wave action
\[
J(\omega(\tilde{t})) = \frac{\omega}{2} \mathcal{V} \left( \frac{\partial u_0}{\partial t^+} \right)^2,
\]
in order to rewrite the modulation equation as
\[
dJ \frac{dt}{\omega} = \frac{1}{2} \mathcal{V} \frac{\partial u_0}{\partial t^+} F_0.
\]

We note that the wave action defined above is distinct from the action which is usually defined in the Lagrangian-Hamiltonian derivation. In order to simplify the wave action, we write
\[
J = 8\Omega \int_{-\infty}^{\infty} \text{sech}^2(\xi) I(\xi, \omega(\tilde{t})) d\xi,
\]
in which \( \Omega = (1 - \omega^2)^{1/2} / \omega \) and
\[
I = \int_{-\Psi}^{2\pi - \Psi} \frac{\sin^2(t^+ + \Psi)}{(1 + \Omega^2 \text{sech}^2(\xi) \cos^2(t^+ + \Psi))^2} dt^+.
\]

Using the substitution \( z = e^{i(t^+ + \Psi)} \) and integrating around the unit circle in the complex plane, we obtain
\[
I = \frac{\pi}{(\Omega^2 \text{sech}^2(\xi) + 1)^{1/2}}
\]
and
\[
J = 8\pi\Omega \int_{-\infty}^{\infty} \frac{\text{sech}^2(\xi)}{(\Omega^2 \text{sech}^2(\xi) + 1)^{1/2}} d\xi.
\]
We now introduce the substitution $y = \tanh(\xi)$ to yield $J = 16\pi \arccos(\omega)$ or
$$\omega = \cos\left(\frac{J}{16\pi}\right),$$
provided that $J < 8\pi^2$. The amplitude envelope may be expressed in simplified form
$$u_{max}(x, \tilde{t}) = 4\arctan\left(\frac{\tan(J/16\pi)}{\cosh(\sin(J/16\pi)[x + \Lambda])}\right).$$

2.2.2 Solvability condition

If we substitute the second solution $v_2$ into (2.14), we have
$$\frac{d\omega}{d\tilde{t}} \left(\frac{\partial u_0}{\partial x} \frac{\partial^2 u_0}{\partial t^+}\right) + 2\omega \left(\frac{\partial u_0}{\partial x} \frac{\partial^2 u_0}{\partial t^+}\right) = \left\langle \frac{\partial u_0}{\partial x} F_0 \right\rangle.$$

The first term on the left-hand side of this equation contains the product of even and odd functions integrated over one period of oscillation, this being zero. The second term on the left-hand side requires further analysis. The structure of $u_0$ takes the form (in view of (2.6))
$$u_0 = u_0(t^+ + \Psi(\tilde{t}), x; \omega(\tilde{t})).$$

This structure may be differentiated to yield
$$\frac{\partial^2 u_0}{\partial t^+ \partial t^+} = \frac{\partial^2 u_0}{\partial x \partial t^+} \frac{d\omega}{dt} + \frac{\partial^2 u_0}{\partial t^+ \partial t^+} \frac{d\Psi}{d\tilde{t}},$$

where the first term on the right-hand side is odd in $t^+ + \Psi$ and the second even. We substitute and exploit parity arguments again to obtain
$$2\omega \frac{d\Psi}{d\tilde{t}} \left(\frac{\partial u_0}{\partial x} \frac{\partial^2 u_0}{\partial t^+} \right) \left(\frac{\partial u_0}{\partial x} \frac{\partial^2 u_0}{\partial t^+} \right) = \left\langle \frac{\partial u_0}{\partial x} F_0 \right\rangle.$$

This equation may be further simplified by substitution of (2.3) and integrating in $x$ to yield the solvability condition
$$\left\langle \frac{\partial u_0}{\partial x} F_0 \right\rangle = 0.$$ \hspace{1cm} (2.18)

The amplitude modulation equation (2.15) and solvability equation (2.18) are necessary conditions for the linear problem for the first correction (2.7)-(2.9) to have a solution.

2.3 Necessary conditions

If the continuous SG equation is to be a valid approximation, then the amplitude envelope should remain constant. The two necessary conditions for stationary breather solutions on continuous media to represent breather solutions on discrete lattices are
$$\left\langle \frac{\partial u_0}{\partial t^+} F_0 \right\rangle = 0, \quad \left\langle \frac{\partial u_0}{\partial x} F_0 \right\rangle = 0.$$ \hspace{1cm} (2.19)

In the continuum version (1.2), we have
$$F_0 = \frac{\partial^4 u_0}{\partial x^4}.$$
which is even about \( t^+ + \Psi = n\pi \) and \( x + \Lambda = 0 \). The left-hand side of the first condition in (2.19) is the product of an odd and even function in \( t^+ + \Psi \) integrated over the period of oscillation, this being zero. The left-hand side of the second condition in (2.19) is the product of an odd and even function in \( x + \Lambda \) integrated over the real line, which is also zero. Both necessary conditions are met and the amplitude envelope remains constant. As the solutions in [29] demonstrate, the phase shift \( \Psi(\hat{t}) \) may still vary even when the frequency and amplitude are constant.

If we consider the continuum reformulations to the discrete operator obtained using Padé approximations (1.3) and (1.4), then

\[
F_0 = \omega^2 \frac{\partial^4 u_0}{\partial x^4} + \frac{\partial^2 u_0}{\partial x^2} \cos(u_0) - \left( \frac{\partial u_0}{\partial x} \right)^2 \sin(u_0)
\]

and

\[
F_0 = 3 \frac{\partial^4 u_0}{\partial x^4} + 2\omega^2 \frac{\partial^4 u_0}{\partial x^4} + 2 \frac{\partial^2 u_0}{\partial x^2} \cos(u_0) - 2 \left( \frac{\partial u_0}{\partial x} \right)^2 \sin(u_0),
\]

respectively. We have \( F_0 \) even about \( t^+ + \Psi = n\pi \) and \( x + \Lambda = 0 \) in both of these cases. The conditions in (2.19) are met following the same parity argument as above. Thus, it is quite feasible for a static breather solution to be the large-time asymptotic solution in this case. This is consistent with the existing theory in which, in the anti-continuum limit, stationary breathers can be rigorously proven to exist in discrete Klein-Gordon systems.

### 2.4 DNA simulation

In this subsection, a stationary breather on the discrete lattice of DNA is considered. We compare accurate numerical simulations of the perturbed discrete SG equation and the asymptotic solution of the corresponding continuum version. Firstly, we consider the system of ordinary differential equations

\[
\frac{d^2 \hat{u}_n}{dt^2} = \hat{u}_{n+1} - 2\hat{u}_n + \hat{u}_{n-1} - \sin(\hat{u}_n) + \epsilon \hat{F}_n,
\]

where \(-N + 1 \leq n \leq N - 1\) and \( \hat{F}_n \) is a perturbation centred at \( n \). The nodes neglected in this truncation are modelled by the discrete one-way wave equations

\[
\frac{d\hat{u}_{-N}}{dt} = \hat{u}_{-N+1} - \hat{u}_{-N}, \quad \frac{d\hat{u}_N}{dt} = \hat{u}_{N-1} - \hat{u}_N.
\]

The coupled system of equations (2.20)-(2.21) is solved using the NAG routine D02EJF.

The discrete stationary breather is investigated using the initial conditions

\[
\hat{u}_n(0) = 4 \arctan \left( \frac{1 - \omega^2)^{1/2}}{\omega \cosh((1 - \omega^2)^{1/2})} \right), \quad \frac{d\hat{u}_n}{dt}(0) = 0,
\]

with the corresponding initial conditions being taken for the continuum version, in which \( \omega(0) = \cos(\pi/16) \). In order to validate the numerical method, our first problem concerns the unperturbed discrete problem and the asymptotic envelope of (1.2). As both of these problems are Hamiltonian, constant amplitudes should be anticipated. The results of the
numerical simulation and the asymptotic envelope are shown in Figure 1, the agreement being excellent.

In order to study DNA, we note that a stationary breather on the discrete lattice of DNA may be simulated by perturbations of the form

$$F = u_{xxxx} - \lambda u_t + \alpha \sin(\bar{\omega}t)$$

and

$$\hat{F}_n = -\lambda \frac{\partial \hat{u}_n}{\partial t} + \alpha \sin(\bar{\omega}t)$$

where $\lambda > 0$ and $\alpha > 0$. We have

$$F_0 = \frac{\partial^4 u_0}{\partial x^4} - \lambda \omega \frac{\partial u_0}{\partial t} + \alpha \sin(\bar{\omega}t).$$

The first term reproduces the effect of discreteness, the second models damping and the third represents a small amplitude background forcing in DNA [36]. The slow time scale, $\tilde{t}$, is based on the first term in the perturbation, whereas the effect of damping or forcing is small on this "discreteness" time scale. The amplitude modulation equation (2.15) becomes

$$\frac{dJ}{dt} + \lambda J = \frac{\alpha}{2} \left( \frac{\partial u_0}{\partial t} \sin(\bar{\omega}t) \right),$$

in which

$$t^+ = \frac{1}{\epsilon} \int_0^{\epsilon t} \omega(s)ds.$$

The solvability condition (2.18) is satisfied by considering parity. Equation (2.22) is not amenable to analytical solution. Henceforth, we consider the damped breather ($\alpha = 0$), then (2.22) is readily integrated to yield

$$J(\tilde{\omega}(\tilde{t})) = J(\omega(0))e^{-\lambda \tilde{t}}.$$

On the long time scale, we have an exponential decay. Using (2.16), the modulated frequency is given by

$$\omega(\tilde{t}) = \cos \left( \frac{J(\omega(0))}{16\pi} e^{-\lambda \tilde{t}} \right).$$

In order to validate the results, we consider $\epsilon = 0.1$ and $\lambda = 0.01$ and the initial condition $J(\omega(0)) = \pi^2$ or $\omega(0) = \cos(\pi/16)$. The slow modulation of amplitude in the discrete SG equation and its continuum version are compared in Figure 2, the agreement being excellent.
3 Moving breathers

We again consider the perturbed SG equations (2.1) with the boundary conditions (2.2). We assume that the initial conditions with $\epsilon = 0$ are consistent with moving breather solutions which are exactly periodic.

3.1 The leading-order solution

For $\epsilon \ll 1$, the local frequency and the local wave number of the moving breather are approximately constant when $t = O(1)$ and $x = O(1)$. However, over a time scale of $t = O(1/\epsilon)$ or a length scale of $x = O(1/\epsilon)$, the variation of the local frequency and the local wave number is an order one effect. In order to capture this effect over the $1/\epsilon$ time and length scales, we adopt two fast scales $\theta$ and $\phi$ defined by

$$
\theta_x = \frac{\omega k}{\mu}, \quad \theta_t = -\frac{\omega^2}{\mu}, \quad \phi_x = \frac{\omega}{\mu} \quad \text{and} \quad \phi_t = -\frac{k}{\mu},
$$

(3.1)

where $\mu = \sqrt{\omega^2 - k^2}$, the slow time scale $\tilde{t} = \epsilon t$, the slow length scale $\tilde{x} = \epsilon x$, $k = k(\tilde{x}, \tilde{t})$ and $\omega = \omega(\tilde{x}, \tilde{t})$. The level surfaces of $\theta$ and $\phi$ can be recognized as waves with two distinct slowly varying wave speeds. The moving breather will be periodic in $\theta$ with local wave number $\omega k/\mu$, local frequency $\omega^2/\mu$ and local phase velocity $\omega/k$. The short scale $\phi$ is required to model the second slowly varying wave speed $k/\omega$. The moving breather is not periodic in $\phi$; however, the solution is exponentially small outside a short interval. These definitions are a generalization of the definition of the local wave number and local frequency for a strongly nonlinear wave train (see, for example, [35]), this formulation being based on the Lorentz invariance of the unperturbed problem. If $k = 0$, then we recover the fast scales for the stationary breather except that $\theta_t = -\omega$. The definitions of $\theta$ and $\phi$ given by (3.1) are consistent only if

$$
\frac{\partial}{\partial t}(\theta_x) = \frac{\partial}{\partial x}(\theta_t), \quad \frac{\partial}{\partial t}(\phi_x) = \frac{\partial}{\partial x}(\phi_t);
$$

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that is,

\[ \frac{\partial}{\partial t} \left( \frac{\omega k}{\mu} \right) + \frac{\partial}{\partial \tilde{x}} \left( \frac{\omega^2}{\mu} \right) = 0, \quad \frac{\partial}{\partial t} \left( \frac{\omega}{\mu} \right) + \frac{\partial}{\partial \tilde{x}} \left( \frac{k}{\mu} \right) = 0, \]  

(3.2)

respectively. We introduce expansions of the form

\[ u \sim u_0(\phi, \theta, \tilde{x}, \tilde{t}) + \epsilon u_1(\phi, \theta, \tilde{x}, \tilde{t}), \quad F \sim F_0(\phi, \theta, \tilde{x}, \tilde{t}) + \epsilon F_1(\phi, \theta, \tilde{x}, \tilde{t}), \]

as \( \epsilon \to 0 \). The leading-order problem is given by

\[ \omega^2 \frac{\partial^2 u_0}{\partial \theta^2} - \frac{\partial^2 u_0}{\partial \phi^2} + \sin(u_0) = 0. \]  

(3.3)

The boundary condition becomes

\[ u_0 \text{ decays to zero exponentially as } \phi \to \pm \infty, \]

and the periodicity condition

\[ u_0(\phi + \Lambda, \theta + \Psi, \tilde{x}, \tilde{t}) = u_0(\phi + \Lambda, \theta + \Psi - 2\pi, \tilde{x}, \tilde{t}), \]

where \( \Lambda(\tilde{x}, \tilde{t}) \) is a slowly varying parameter and \( \Psi(\tilde{x}, \tilde{t}) \) is the phase shift. The moving breather integral of this problem is given by

\[ u_0 = 4 \arctan \left( \frac{(1 - \omega^2)^{1/2} \cos(\theta + \Psi)}{\omega \cosh((1 - \omega^2)^{1/2}(\phi + \Lambda))} \right). \]  

(3.4)

We note that \( u_0 \) is even about \( \theta + \Psi = n\pi \) and about \( \phi + \Lambda = 0 \), where \( n \) is an integer. In (3.4), \( \theta \) and \( \phi \) represent time-like and space-like variables, respectively. The amplitude envelope, which in this problem is only governed by \( \omega \), is of interest in the subsequent analysis.

3.2 The first correction

At next order we have

\[ \omega^2 \frac{\partial^2 u_1}{\partial \theta^2} - \frac{\partial^2 u_1}{\partial \phi^2} + \cos(u_0) u_1 = F_0 + 2 \left( \frac{\omega^2}{\mu} \frac{\partial^2 u_0}{\partial \theta^2} + \frac{k}{\mu} \frac{\partial^2 u_0}{\partial \phi^2} + \frac{\omega k}{\mu} \frac{\partial^2 u_0}{\partial \theta \partial \phi} + \frac{\omega}{\mu} \frac{\partial^2 u_0}{\partial \tilde{x} \partial \phi} \right) \]

\[ + \frac{\partial}{\partial t} \left( \frac{\omega^2}{\mu} \right) \frac{\partial u_0}{\partial \theta} + \frac{\partial}{\partial t} \left( \frac{k}{\mu} \right) \frac{\partial u_0}{\partial \phi} + \frac{\partial}{\partial \tilde{x}} \left( \frac{\omega k}{\mu} \right) \frac{\partial u_0}{\partial \theta} + \frac{\partial}{\partial \tilde{x}} \left( \frac{\omega}{\mu} \right) \frac{\partial u_0}{\partial \phi}, \]  

(3.5)

with the boundary condition

\[ u_1 \text{ decays to zero exponentially as } \phi \to \pm \infty, \]  

(3.6)

and the periodicity condition

\[ u_1(\phi + \Lambda, \theta + \Psi, \tilde{x}, \tilde{t}) = u_1(\phi + \Lambda, \theta + \Psi - 2\pi, \tilde{x}, \tilde{t}). \]  

(3.7)

As for the stationary breather, the Fredholm alternative is applied to this linear problem (3.5)-(3.7). In a similar manner to (2.10), we define

\[ \langle \phantom{.} \rangle = \int_{-\infty}^{\infty} \int_{-2\pi}^{2\pi} d\phi d\theta. \]
A function \( v \) in the null space of the adjoint problem satisfies

\[
\omega^2 \frac{\partial^2 v}{\partial \theta^2} - \frac{\partial^2 v}{\partial \phi^2} + \cos(u_0)v = 0, \tag{3.8}
\]

subject to the boundary condition

\[
v \to 0 \text{ as } \phi \to \pm\infty, \tag{3.9}
\]

and the periodicity condition

\[
v(\phi + \Lambda, \theta + \Psi, \tilde{x}, \tilde{t}) = v(\phi + \Lambda, \theta + \Psi - 2\pi, \tilde{x}, \tilde{t}). \tag{3.10}
\]

Our linear problem for the first correction \((3.5)-(3.7)\) can only have a solution if

\[
\left\langle v \left[ \frac{\partial}{\partial \tilde{t}} \left( \frac{\omega^2}{\mu} \right) \frac{\partial u_0}{\partial \theta} + \frac{\partial}{\partial \tilde{t}} \left( \frac{k}{\mu} \right) \frac{\partial u_0}{\partial \phi} + \frac{\partial}{\partial \tilde{x}} \left( \frac{\omega k}{\mu} \right) \frac{\partial u_0}{\partial \theta} + \frac{\partial}{\partial \tilde{x}} \left( \frac{\omega}{\mu} \right) \frac{\partial u_0}{\partial \phi} \right] \right\rangle + 2 \left\langle v \left[ \frac{\omega^2 \partial^2 u_0}{\mu} \frac{\partial}{\partial \tilde{t}} \frac{\partial \theta}{\partial \phi} + \frac{k \partial^2 u_0}{\mu} \frac{\partial}{\partial \tilde{t}} \frac{\partial \phi}{\partial \theta} + \frac{\omega k \partial^2 u_0}{\mu} \frac{\partial}{\partial \tilde{x}} \frac{\partial \theta}{\partial \phi} + \frac{\omega \partial^2 u_0}{\mu} \frac{\partial}{\partial \tilde{x}} \frac{\partial \phi}{\partial \theta} \right] \right\rangle = - \left\langle v F_0 \right\rangle, \tag{3.11}
\]

for any \( v \) in the null space.

Two linearly independent solutions of the adjoint problem \((3.8)-(3.10)\) have been determined

\[
v_1 = \frac{\partial u_0}{\partial \theta}, \quad v_2 = \frac{\partial u_0}{\partial \phi},
\]

where the first solution is odd about \( \theta + \Psi = n\pi \) and the second even. Since \( u_0 \) is even about \( \phi + \Lambda = 0 \), so is \( \partial u_0 / \partial \theta \), and \( \partial u_0 / \partial \phi \) is odd about \( \phi + \Lambda = 0 \). The first solution corresponds to an amplitude modulation equation and the second a solvability condition associated with the moving breather.

### 3.2.1 Amplitude modulation equation

In view of \((3.4)\), the structure of \( u_0 \) takes the form

\[
u_0 = u_0(\phi + \Lambda(\tilde{x}, \tilde{t}), \theta + \Psi(\tilde{x}, \tilde{t}); \omega(\tilde{x}, \tilde{t})).
\]

This structure may be differentiated to yield

\[
\begin{align*}
\frac{\partial^2 u_0}{\partial \tilde{t} \partial \theta} &= \frac{\partial^2 u_0}{\partial \theta \partial \tilde{t}} \frac{\partial \Lambda}{\partial \tilde{t}} + \frac{\partial^2 u_0}{\partial \theta^2} \frac{\partial \Psi}{\partial \tilde{t}} + \frac{\partial^2 u_0}{\partial \theta \partial \tilde{t}} \frac{\partial \omega}{\partial \tilde{t}}, \tag{3.12} \\
\frac{\partial^2 u_0}{\partial \tilde{t} \partial \phi} &= \frac{\partial^2 u_0}{\partial \phi \partial \tilde{t}} \frac{\partial \Lambda}{\partial \tilde{t}} + \frac{\partial^2 u_0}{\partial \phi^2} \frac{\partial \Psi}{\partial \tilde{t}} + \frac{\partial^2 u_0}{\partial \phi \partial \tilde{t}} \frac{\partial \omega}{\partial \tilde{t}}. \tag{3.13}
\end{align*}
\]

The first and third terms on the right-hand side of \((3.12)\) and the second term on the right-hand side of \((3.13)\) are odd about \( \theta + \Psi = n\pi \); the remaining terms on the right-hand sides of \((3.12)-(3.13)\) are even. The first term on the right-hand side of \((3.12)\) and the second and the third terms on the right-hand side of \((3.13)\) are odd about \( \phi + \Lambda = 0 \); the remaining terms on the right-hand sides of \((3.12)-(3.13)\) are even. A similar result may be obtained by differentiating with respect to \( \tilde{x} \).

If we substitute the first solution \( v_1 \) into \((3.11)\) and exploit the parity of the terms, we
obtain the modulation equation

\[
\frac{\omega}{\mu} \frac{\partial J_1}{\partial \tilde{t}} + \frac{k}{\mu} \frac{\partial J_1}{\partial \tilde{x}} = -\frac{1}{2} \left\langle \frac{\partial u_0}{\partial \theta} F_0 \right\rangle,
\]

(3.14)
in which

\[
J_1(\omega(\tilde{x}, \tilde{t})) = \frac{\omega}{2} \left\langle \left( \frac{\partial u_0}{\partial \theta} \right)^2 \right\rangle = \frac{16\pi}{16\pi} \arccos(\omega),
\]

provided that \( J_1 < 8\pi^2 \).

### 3.2.2 Solvability condition

If we substitute the second solution \( v_2 \) into (3.11) and again exploit the parity of the terms, we have

\[
\frac{\omega k}{\mu} \frac{\partial J_2}{\partial \tilde{t}} + \frac{\omega^2}{\mu} \frac{\partial J_2}{\partial \tilde{x}} = -\frac{1}{2} \left\langle \frac{\partial u_0}{\partial \phi} F_0 \right\rangle,
\]

(3.15)
in which

\[
J_2(\omega(\tilde{x}, \tilde{t})) = \frac{1}{2\omega} \left\langle \left( \frac{\partial u_0}{\partial \phi} \right)^2 \right\rangle = 16\pi \left[ \frac{(1 - \omega^2)^{1/2}}{\omega} - \arccos(\omega) \right].
\]

The functionals \( J_1(\omega) \) and \( J_2(\omega) \) are compared in Figure 3. It is noteworthy that although \( J_1 \) and \( J_2 \) are different quantities, they are directly related via \( J_2 = \frac{16\pi}{16\pi} \tan(J_1/16\pi) - J_1 \).

### 3.3 Necessary conditions

On the long time scale and length scale, we have two unknowns \( \omega \) and \( k \). There are four equations for these two unknowns: two consistency conditions (3.2), an amplitude modulation equation (3.14) and a solvability condition (3.15). The two slowly varying parameters \( \Psi \) and \( \Lambda \) do not appear in these four equations: the equations for their modulation require consideration of the problem at \( \mathcal{O}(\epsilon^2) \). For general perturbations, we would not expect this overdetermined system to have a solution; however, we are interested in the special case in which \( \omega \) and \( k \) are constant. The system of four equations reduces to
two necessary conditions for the approximation of breather solutions on discrete lattices

\[ \left\langle \frac{\partial u_0}{\partial \theta} F_0 \right\rangle = 0, \quad \left\langle \frac{\partial u_0}{\partial \phi} F_0 \right\rangle = 0. \]  

(3.16)

In the continuum version (1.2), we have

\[ F_0 = \omega^4 \left\{ k^4 \frac{\partial^4 u_0}{\partial \theta^4} + 4k^3 \frac{\partial^4 u_0}{\partial \theta^3 \partial \phi} + 6k^2 \frac{\partial^4 u_0}{\partial \theta^2 \partial \phi^2} + 4k \frac{\partial^4 u_0}{\partial \theta \partial \phi^3} + \frac{\partial^4 u_0}{\partial \phi^4} \right\}. \]  

(3.17)

The first, third and fifth terms on the right-hand side of (3.17) are even about \( \theta + \Psi = n\pi \) and about \( \phi + \Lambda = 0 \), whereas the second and fourth terms on the right-hand side of (3.17) are odd about \( \theta + \Psi = n\pi \) and about \( \phi + \Lambda = 0 \). Both necessary conditions (3.16) are met based on parity arguments. The necessary conditions for (1.3) and (1.4) are also met in a similar manner. We note that, in general, the slowly varying parameters \( \Psi \) and \( \Lambda \) will not be constant for these three non-dissipative perturbations.

The constancy of \( k \) and \( \omega \) is consistent with the inverse scattering analysis in [15]; however, the two approaches differ in that the phase shifts are predicted to be functions of the long length scale in this article. In order to investigate which of these approaches agrees with the numerical solutions, we consider the numerical solution of the discrete moving breather and the analytical solution of the continuum version with the initial conditions given by \( \omega = \cos(\pi/16), k = \sin(\pi/16) \) and the phase shifts being zero. After one hundred time units, the numerical solution is compared with (3.4) except that the phase shifts are taken to be independent of the long length scale as in [15]. Figure 4 shows that the phase shifts are correct for \( 0 \leq x \leq 10 \), but the phase shift is incorrect for \( x \geq 20 \). The phase shifts need to be slowly varying functions of space in order to obtain an accurate leading-order solution.

### 3.4 Damping

The system of four equations ((3.2), (3.14) and (3.15)) for the two unknowns (\( \omega \) and \( k \)) on the long time scale and length scale provides little insight into the underlying physics. Accordingly, we again consider a perturbation which represents damping in the form
Necessary conditions for breathers to approximate discrete breathers

\[ F = -\lambda u_t \text{ and } \lambda > 0. \] We have

\[ F_0 = \frac{\lambda \omega^2}{\mu} \frac{\partial u_0}{\partial \theta} + \frac{\lambda k}{\mu} \frac{\partial u_0}{\partial \phi}, \]

which we substitute into (3.14) and (3.15) to obtain

\[ \omega \frac{\partial J_1}{\partial \tilde{t}} + k \frac{\partial J_1}{\partial \tilde{x}} = -\lambda \omega J_1 \]

and

\[ k \frac{\partial J_2}{\partial \tilde{t}} + \omega \frac{\partial J_2}{\partial \tilde{x}} = -\lambda k J_2, \]

respectively. After some algebraic manipulation, equations (3.2) may be rewritten as

\[ \frac{\partial k}{\partial \tilde{t}} + \frac{\partial \omega}{\partial \tilde{x}} = 0, \quad k \frac{\partial \omega}{\partial \tilde{t}} + 2k \omega \frac{\partial \omega}{\partial \tilde{x}} - \omega^2 \frac{\partial k}{\partial \tilde{x}} = 0. \]

The only solution is \( k = 0. \) We have recovered the damped stationary breather. The damped moving breather should not be expected to exist in the presence of dissipation. Inverse scattering analysis also predicts substantially new effects with non-zero damping [15], but damped moving breathers are still predicted.

4 Discussion

Whilst the theory of Kuzmak-Luke has previously been applied to strongly nonlinear waves, these analyses have been restricted to the periodic case. Here, we have applied the theory to waves which are periodic in time, but solitary in space. To our knowledge this is the first application of this theory to such a system.

The sine-Gordon system is interesting, since it possesses both moving and stationary solutions, as well as both simple travelling waves and breather modes, which have an internal degree of freedom. For these more complex waves, we have found expressions for the wave action, which describe its dependence on frequency which, using multiple scales asymptotics, is permitted to evolve on a long time scale.

We have calculated expressions for special quantities of interest, namely the wave action, in the static and moving breather cases. In the static case there is just one quantity, \( J \), which corresponds to the kinetic energy of the system. This is conserved in the case of the quasi-continuum sine-Gordon system, decreases exponentially for the damped sine-Gordon system and satisfies an inhomogeneous ordinary differential equation for the forced sine-Gordon system. In all cases, the solvability condition (2.18) is met, showing that static breather solutions give the correct leading-order behaviour on an order \( 1/\epsilon \) time scale.

For the moving breather, there are two wave actions, corresponding to the kinetic energy (\( J_1 \)) and the elastic component of the potential energy (\( J_2 \)). In this case, we have two consistency conditions (3.2), an amplitude modulation equation (3.14) and a solvability condition (3.15). It is not possible to satisfy all of these in the case of a damped sine-Gordon system, so the decay of a moving breather in such a system is expected to be more complex than simply a moving breather with slowly varying amplitude, frequency and speed. A moving breather in a quasi-continuum sine-Gordon system, however, meets all the specified conditions on an order \( 1/\epsilon \) time scale.
Recent experimental results on the long lifetimes of moving breathers in a layered crystal insulator will require more realistic models than the sine-Gordon system [26]. It is noteworthy that the technique applied in this article is quite general; it does not rely on the rare properties of integrability as in the case of the inverse scattering method. The method of Kuzmak-Luke may be readily extended to meet these new challenges. In particular, the methodology outlined in this paper is useful in the application of quasi-continuum methods, which rely on the approximation of a discrete system by a hierarchy of continuous ones using asymptotic techniques. The leading order continuum equation may have solutions with special properties, such as travelling waves or breathers. It is then desirable to know whether the original discrete system possesses solutions with similar properties. The above theory enables one to determine whether such solutions exist in the next order continuum asymptotic equation.

In summary, we have derived conditions under which the multiple scales asymptotic techniques used in previous works give consistent breather solutions. These conditions are given in Section 2.3 for the stationary breather and Section 3.3 for the moving breather and we have given illustrations of both cases when they are met and when they fail.

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