Holistic Resilience Index: measuring the expected country resilience to pandemic

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Abstract
This study aims to holistically measure the expected resilience of the different countries to a global pandemic like COVID-19. The proposed indicator has been designed looking at the direct and indirect impact of the COVID-19 pandemic on our society at different levels, including health and socio-economic aspects. More concretely, the resulting index has been produced by combining 11 different indicators grouped in five categories. It is actually composed of two sub-indicators that aim to measure the expected resilience according, respectively, to the data available in a given moment and to a period of development. The former sub-indicator depends on the actual values of the underpinning indicators, while the latter takes into account only their variation in a given time. In this paper we address 22 countries among the most affected by COVID-19, looking at recent pre-pandemic data and at the development in the past 20 years. As expected, the combination of the two methods determines contrasting results but also a more comprehensive analysis framework. As part of the lesson learnt, we do expect countries to prioritise the increasing of their holistic resilience to situations of pandemic.

Keywords COVID-19 · Indicators · Data analysis · Resilience

1 Introduction

While the COVID-19 pandemic crisis is in a new critical phase characterised by the massive vaccination rollout in the most developed countries (Scudellari 2020), upon scientists warns (Murdoch 2020), WHO urges nations to prepare for future pandemics as it is unlikely that this will be the last one (https://www.who.int/news/item/01-10-2020-the-best-time-to-prevent-the-next-pandemic-is-now-countries-join-voices-for-better-emergency-preparedness.), as well as we need to rethink sustainable pathways for our planet Naidoo and Fisher (2020).
A clear picture of the impact of COVID-19 in terms of human lives is provided by the John Hopkings University through a real-time dashboard (Dong et al. 2020). Beyond those dramatic statistics, socio-economic implications are progressively being assessed (Bashir et al. 2020), pointing out a situation of generalised distress. Apart from the well-known economic issues (Nicola et al. 2020), fear, uncertainty (Chater 2020; Altig et al. 2020) and the restrictions in place in most countries (e.g. social distancing, lock-down, travel-ban) to contain the spread of the virus (Haug et al. 2020), are contributing to an even more alarming picture characterised, among others, by increasing mental illness (Fofana et al. 2020), increasing violence against women (Roesch et al. 2020), aggressive behaviour (Mazza et al. 2020), increasing concerns about the misuse or abuse of alcohol (Clay and Parker 2020) and use of illegal drugs (Zaami et al. 2020).

In this evolving situation across the different mutations of COVID-19 (Kupferschmidt 2021), most hopes rely on vaccines (Le et al. 2020) and treatments (Felsenstein et al. 2020), as well as government (Cheng et al. 2020) and individual response play a significant role (Van Bavel et al. 2020). In this complex and mostly still undefined context, the concept of vulnerability in itself should probably be redefined (Lancet 2020). At the same time, resilience becomes a key concept, looking at individuals (Killgore et al. 2020), families (Prime et al. 2020) and the whole society (e.g. in terms of health system (Legido-Quigley et al. 2020).

In the context of this work, we consider country resilience from an holistic perspective, as we are dynamically looking at a number of criteria that are ultimately combined together to likely express the expected resilience of a given country in a situation of pandemic.

This study aims to holistically measure the expected resilience of the different countries to a global pandemic. By analysing the direct and indirect impact of the pandemic on our society at different levels, including health and socio-economic aspects, 11 different indicators grouped in five categories have been selected and an index has been produced accordingly by combining them. The holistic indicator is actually composed of two sub-indicators that aim to measure the expected resilience according, respectively, to the data available in a given moment and to a period of development. The former sub-indicator depends on the actual values of the underpinning indicators, while the latter takes into account only their variation in a given time. We have computed such indicators for 22 countries among the most affected by COVID-19, looking at recent pre-pandemic data and at the development in the past 20 years. The final indicator can be computed for any other country not included in this study upon data availability, as well as input indicators may be potentially refined. As expected, the combination of the two methods determines contrasting results but also a more comprehensive analysis framework. As part of the lesson learnt in this challenging period, we do expect countries to prioritise the increasing of their holistic resilience to situations of pandemic.

The rest of the paper is organized as follows: Sect. 2 deals with materials and methods, while results are presented in Sect. 3 and discussed in context considering also current limitations in Sect. 4. Additionally, the paper includes three annexes which report, respectively, missing data, an overview of the raw data underpinning the target indicator and a summary of the development trends in the period object of analysis.
2 Materials and methods

From a methodological perspective, there are basically two key characterizing aspects underlining this work: (1) the selection of indicators and (2) the computational method to combine them into a unique index. They are object of detailed discussion in the following sub-sections.

2.1 Categories and indicators

Looking at the impact of the global pandemic on our lives, five different dimensions have been selected to define the global resilience to pandemic of a given country. Indeed, the generic health has been integrated with an additional category that more specifically targets the healthcare infrastructure to be properly considered in a certain demographic context (demography). The socio-economic context is represented by two separate categories (economy and society).

We are not explicitly considering a category associated with the environment at this stage. Indeed, despite the existence of several researches which aim to investigate possible relationships between COVID-19 mortality/spread and environmental factors (e.g. air pollution Fattorini and Regoli 2020) as well as between COVID-19 and climate change (Beyer et al. 2021), we consider that, at the best of our current knowledge, such a category could play a less determinant role than the previously proposed ones to measure holistic resilience in the aimed extent of this study. However, we believe that we are indirectly considering certain aspects related to the environment, for instance considering the death rate (which normally also includes deaths caused by air pollution (Jerrett 2015) as an indicator.

The indicators selected for each category are reported in Table 1. The table also includes supporting indicators, namely those indicators which are not adopted to produce the index but are used in this work to perform computations (e.g. normalization) or to discuss the current impact of COVID-19. A wished trend (or value range) is related to each indicator. It may have two values: increasing (or positive) for indicators we would like to have a positive trend or high value associated with; decreasing (or negative) when we would like the value of the indicator decreasing or, in general, as low as possible. For instance, we would like a decreasing/negative unemployment rate and an increasing/positive expenditure in healthcare.

The health infrastructure category has been proposed as, in a situation of pandemic, the healthcare system is definitely under serious stress and, indeed, the most immediate response and management aim to keep the curve within the capability of the healthcare infrastructure. We have chosen two different indicators for this categories, the current health expenditure as a % of the GDP and the number of hospital beds. The former provides a clear understanding of the investment in healthcare of a given country and becomes very valuable looking at its evolution in the time. The latter is a kind of approximation to consider the capability of the hospital network in a given country.

The health category pretends to capture, at a very generic level, the health status of a given country. It’s hard to figure out such a figure provided by a restricted number of indicators. We have chosen the death rate and, looking at the most immediate effects, people with mental health disorders. For this last indicator, the assumption is that a country which detects and properly deals with mental health disorder is more prepared (and, therefore, more resilient) to face a significant increasing of cases.
| Indicator                                      | Wished trend/value range | Source                                                                 |
|-----------------------------------------------|--------------------------|------------------------------------------------------------------------|
| **Healthcare infrastructure**                 |                          |                                                                        |
| HI.1 Current health expenditure (% of GDP)    | INCREASING / POSITIVE    | WHO (https://www.who.int/data/gho/data/indicators/indicator-details/GHO/current-health-expenditure-(che)-as-percentage-of-gross-domestic-product-(gdp)-(c)), retrieved from (https://data.worldbank.org/indicator/SH.XPD.CHEX.GD.ZS) |
| HI.2 Hospital beds (x 10k population)         | INCREASING / POSITIVE    | WHO (https://www.who.int/data/gho/data/indicators/indicator-details/GHO/hospital-beds-(per-10-000-population))                 |
| **Health**                                    |                          |                                                                        |
| H.1 Death rate, crude (per 1000 people)       | DECREASING / NEGATIVE    | World Bank (https://data.worldbank.org/indicator/SP.DYN.CDRT.IN)       |
| H.2 People with mental health disorders       | DECREASING / NEGATIVE    | GDB 2016 & IHME (http://ghdx.healthdata.org/gbd-results-tool), retrieved from Ritchie and Roser (2018) |
| **Economy**                                   |                          |                                                                        |
| E.1 GDP x capita                               | INCREASING / POSITIVE    | World Bank (https://data.worldbank.org/indicator/NY.GDP.PCAP.CD)       |
| E.2 GINI Index                                 | DECREASING / NEGATIVE    | World Bank (https://data.worldbank.org/indicator/SI.POV.GINI)           |
| **Demography**                                |                          |                                                                        |
| PD.1 Population density (people per sq. km of land area) | DECREASING / NEGATIVE | World Bank (https://data.worldbank.org/indicator/EN.POP.DNST)           |
| PD.2 Median age of population                 | DECREASING / NEGATIVE    | United Nations (https://population.un.org/wpp/Download/Standard/Population/) |
| **Society**                                   |                          |                                                                        |
| S.1 Unemployment rate (% of total labor force) | DECREASING / NEGATIVE    | International Labour Organization, ILOSTAT database. Retrieved from (https://data.worldbank.org/indicator/SL.UEM.TOTL.ZS) |
| S.2 Total alcohol consumption per capita (liters of pure alcohol, projected estimates, 15+ years of age) | DECREASING / NEGATIVE | WHO, retrieved from (https://data.worldbank.org/indicator/SH.ALC.PCAP.LI) |
| S.3 Violence against women (attitudes towards violence) | DECREASING / NEGATIVE | OECD (2021) |
| **Supporting**                                |                          |                                                                        |
| SP.1 Total population                          | N/A                      | United Nations, retrieved from: https://data.worldbank.org/indicator/SP.POP.TOTL |

**Table 1** Indicators by category
| Indicator | Wished trend/value range | Source |
|-----------|--------------------------|--------|
| SP.2 COVID-19: Government Stringency Index | N/A | Oxford COVID-19 Government Response Tracker (https://www.bsg.ox.ac.uk/research/research-projects/coronavirus-government-response-tracker) Hale et al. (2021) |
| SP.3 Share of the population fully vaccinated against COVID-19 | N/A | Mathieu et al. (2021) |
| SP.4 Mortality analyses | N/A | John Hopkins University - Coronavirus Resource Center (https://coronavirus.jhu.edu/data/mortality) |
Economy plays an important role in terms of social stability and may affect governments strategy in the mid/long term. We consider the most classic economic indicator \((GDP \times \text{capita})\) both with an indicator that measures inequality \((\text{GINI Index})\). In general terms, an healthy economy characterised by limited inequality is associated with higher resilience.

Demographic indicators aim to have a more in context analysis by providing key information about a given population. Looking at the characteristics of COVID-19, we have selected the \(\text{population density}\) and the \(\text{median age of population}\). In terms of resilience, we expect low density to be a favourable factor to contrast the spreading of the virus, while a low median age may potentially contribute to a lower mortality rate.

The last category (society) is the less specific and includes three different indicators: \(\text{unemployment rate}\), \(\text{alcohol consumption} \times \text{capita}\) and \(\text{attitude towards violence against women}\). The first indicator becomes crucial in the very likely situation of economic distress caused by a pandemic, with a largely predictable high numbers of job loss. Countries with high unemployment rates could be especially vulnerable from a socio-economic perspective. Statistics related to alcohol consumption want to reflect the potential abuse/misuse of substance (legal or illegal) under the assumption that countries with high-consumption in “normal” circumstances have less resilience as they might experiment a substantial increase in a situation of pandemic. Violence against women is representative in this case of any kind of domestic violence. The key assumption and interpretation in terms of resilience are similar to the previously discussed indicator. However, despite domestic violence is unfortunately very diffused, it is not always properly reported and statistics could be not very accurate.

As explained, the input indicators have been selected looking at current trends and studies on the impact of COVID-19 on various aspects of life. Such a dataset is considered to be pertinent and relevant within the intent and extent of this study. However, it is also expected to be refined in the future in the light of further investigation on the topic.

### 2.2 Computations

The target indicator \(HR\) to measure the expected holistic resilience of a country to a situation of pandemic is composed of two different sub-indicators (Eq. 1a) as follows:

- **Snapshot component** \((HR_{S(c,t_n)}^S)\) expresses the expected holistic resilience according to the data at the time \(t_n\). As explained later on in the section, such a component is generated by computing average values and deviations from the average. Indeed, it depends on indicator values and on the set \(c\) of countries considered.
- **Trend component** \((HR_{T(c,[t_0,t_n])}^T)\) proposes a completely different perspective, as the expected holistic resilience is computed looking at the development of raw indicators in the period of observation \([t_0 , t_n]\). Since trends are modelled as variations in percentage between data at the time \(t_n\) and at the time \(t_0\), this sub-indicator doesn’t depend on the values of the underpinning indicators but just on their variations. Additionally, the outcome associated with a given country is fully independent as it has no relationship with value associated with the other countries considered.

\[
HR_{c,[t_0,t_n]} = (HR_{S(c,t_n)}^S, HR_{T(c,[t_0,t_n])}^T)
\] (1a)
$$\text{HRC}^C_c(t_0, t_n) = w_S \cdot \text{HR}^S_c(t_n) + w_T \cdot \text{HR}^T_c(t_0, t_n)$$ (1b)$$
$$w_S + w_T = 1$$ (1c)

The two sub-indicators may be weighted and eventually combined together to produce a single indicator (Eqs. 1b and 1c).

Missing values and approximations. Missing values are reported in Annex A.1. Given the indicator $k$ for the country $c$ considered in given period of time, intuitively, a missing value at the time $i$, $d^k_c(i)$, is approximated by the closest available value $d^k_c(j)$, with a priority to previous values ($j < i$) according to the time dimension. The strategy is formally described by Algorithm 1.

**Algorithm 1** Approximation for missing data.

```plaintext
for all $d^k_m(i)$ do
  if $\exists d^k_j(j < i)$ then
    $d^k_m \leftarrow d^k_j(j), \beta d^k_c(h) : |i - h| < |i - j|$
  else
    $d^k_m \leftarrow d^k_{>i}, \beta d^k_c(h) : |i - h| < |i - j|$
  end if
end for
```

Such a simple approach is justified by the computation methods adopted which are affected primarily by extreme values along the time dimension, namely the first and the last one. If such a values are available, computations are accurate, regardless of other missing data. On the other side, if some extreme value is missed, computations are approximated. The availability of close values determine somehow the level of uncertainty.

**Snapshot** sub-indicator (HR$^S$). Given a set of countries $c$ and $k$ indicators at the time $t_n$, the snapshot sub-indicator is computed according to Eq. 2a as the sum of the contributions $s_{k,c}$ of single indicators. Each indicator $k$ is associated with a weight $w_k$ and with a wished trend/value $\alpha_k$, which determines the sign of the contribution to the indicator as per previous explanations. The contribution of a single indicator (Eq. 2b) is computed as the deviation in percentage from the average value $\bar{s}_{k,c}$ of the indicator $k$ over the $c$ countries (Eq. 2c). Finally, the sub-indicator can be expressed according to a 100 scale (Eq. 2d).

$$\text{HR}^S_{c,t_n} = \sum_k \alpha_k \cdot w_k \cdot s_{k,c}(t_n)$$ (2a)

$$\alpha_k = \begin{cases} 
1 & \text{when } k \text{ is INCREASING/POSITIVE} \\
-1 & \text{when } k \text{ is DECREASING/NEGATIVE} 
\end{cases}$$

$$s_{k,c}(t_n) = (a^{k,c}(t_n) - \bar{s}_{k,c}(t_n)) \cdot 100/\bar{s}_{k,c}(t_n)$$ (2b)

$$\bar{s}_{k,c}(t_n) = (\sum_c a^{k,c}(t_n))/c$$ (2c)

$$\text{HR}^{S100}_{c,t_n} = \text{HR}^S_{c,t_n} \cdot 100/\max_c |\text{HR}^S_{c,t_n}|$$ (2d)
**Trend** sub-indicator ($HR^T$). It is computed adopting a simplified version of the method proposed in Pileggi (2020). This sub-indicator refers to a period of observation $[t_0, t_n]$ and adopts the extreme values $t_0$ and $t_n$ for computations. The contribution $p_{k,c}$ of each raw indicator to the outcome (Eq. 3a) is defined as the variation in percentage between the two extreme values (Eq. 3b). Like the Snapshot sub-indicator, the Trend sub-indicator can be expressed in a 100 scale (Eq. 3c). This last version of the indicator depends on the values computed for other countries, while the generic version (Eq. 2a) is completely independent.

\[
HR^T_{c,[t_0,t_n]} = \sum_k \alpha_k \cdot w_k \cdot p_{k,c}(t_0, t_n)
\]

\[
\alpha_k = \begin{cases} 
1 & \text{when } k \text{ is INCREASING/POSITIVE} \\
-1 & \text{when } k \text{ is DECREASING/NEGATIVE}
\end{cases} 
\]

\[
p_{k,c}(t_0, t_n) = (a^{k,c}(t_n) - a^{k,c}(t_0)) \cdot 100/a^{k,c}(t_0)
\]

\[
HR^T_{c,[t_0,t_n]}^{100} = HR^T_{c,[t_0,t_n]} \cdot 100 / \max_c [HR^T_{c,[t_0,t_n]}]
\]

### 3 Results

In this section the indices previously proposed are computed for 22 different countries as a case study in the period of observation 2000–2018. Such a time-frame is considered to be suitable to address a pre-pandemic figure (Pileggi 2021). The index can be computed for any other country upon data availability. While an in-depth discussion country-by-country is out of the scope of the paper, we report an overview of computations, which also includes the contributions of the different raw indicators to the final index. Values reported assume raw indicators associated with the same weight, as well as the two sub-indicators equally contributing to the combined value.

#### 3.1 Snapshot sub-indicator

The computation of the snapshot sub-indicator (Eqs. 2a and 2d) is reported in Table 2, both with the contribution of each raw indicator. These contributions take into account of the wished trend/value ($\alpha$) as per previous explanations.

Looking at results, roughly half of the considered countries perform under the average (negative values). Among these under-performing countries, South Africa stands out as, despite potentially favourable demographic factors, results in a very low expected resilience, from both an healthcare infrastructure and a socio-economic perspective. A very low resilience is expected also for India, which presents a much more critical demography than South Africa, but performs better in terms of social indicators. Other nine countries are associated with more moderated negative values.

On the positive side, USA and Australia out-stand, as well as Canada, Japan and Sweden. As reported in the table, other six countries are expected to be averagely resilient.
Table 2  Snapshot sub-indicator and contribution of single indicators

| Country | HI.1 | HI.2 | H.1 | H.2* | E.1 | E.2 | PD.1 | PD.2 | S.1 | S.2 | S.3 | HR 2018 | HR SJ100 2018 |
|---------|------|------|-----|------|-----|-----|------|------|-----|-----|-----|----------|----------------|
| USA     | 92.6 | −25.7| −2.7| −7.9 | 130 |−6.9 | 73.4 |−2.5 | 50.2|−14.9|23.5|309       | 45.7          |
| AUS     | 5.9  | −0.7 |24.7 |−15.2 |88  |10.6 |97.6 |−1.6 |32.2|−22.4|77.8|297       | 43.9          |
| CAN     | 23.1 | −34  | 8   | −2.2 |69.2|13.4 |97   |−10.2|25.4|−4.1 |45.8|231       | 34.2          |
| JPN     | 25   | 235.8|−31.4|13.2 |43  |14.5 |−158.7|−26.5|69.3|7.3  |38.1|230       | 33.9          |
| SWE     | 24.3 | −44.6|−8.7 |6   |99.4|25.1 |81.4 |−11.5|18.8|−4   |29.1|203       | 30.0          |
| FRA     | 28.4 | 52.9 |−9.9 |6.1  |52.1|17.8 |8.9  |−12.5|15.9|−43.5|54.1|126       | 18.6          |
| MEX     | −38.7|−74.6|28.2 |21.2 |−64.6|−18 |51.6 |24.5 |58  |41.8 |65.2|95        | 14.0          |
| ARG     | 9.8  | 29.1 | 9.1 |−3.9 |−57.5|−7.6 |87.9 |16.7 |−18 |−12.3|19.4|73        | 10.7          |
| POL     | −27.8|69.2 |−30.2|15.1 |−43.5|22.8 |7.6  |−8.4 |50.8|−36.3|45.1|64        | 9.5           |
| GER     | 30.4 | 106.9|−37.4|−5.3 |74.6|17.1 |−76.9|−25.2|56.7|−50.3|−36.2|54        | 8.0           |
| COL     | −12.8|−55.8|33.6 |27.7 |−75.5|−31 |66.6 |19.6 |−16.5|33.2 |22.8|12        | 1.7           |
| RUS     | −39.4|84.2 |−48.1|15.1 |−58.5|2.5 |93.4 |−5.5 |38.0|−30.3|−62 |−10       | −1.5          |
| BRA     | 8.5  | −46  |22.9 |−4.7 |−67.1|−40.1|81.3 |14.4 |−57.8|13.6 |40.9|−34       | −5.0          |
| UK      | 14   | −35.3|−11.1|−1.1 |57.2|9.5  |−104.7|−9.2 |48.9|−33.3|29.1|−36       | −5.3          |
| TUR     | −53  |−26.3|35.3 |−3.4 |−65.5|−8.9 |20.3 |18.5 |−39.3|76.1 |7.6 |−39       | −5.7          |
| ITA     | −1.1 |−18.8|−25.4|−7.8 |26.4|6.7  |−53.1|−23.8|−35.7|8.7 |63.2|−61       | −9.0          |
| IRN     | −1.2 |−59.6|42.1 |−27.4|−79.7|−6.1 |62.6 |19   |−54  |88  |−46 |−62       | −9.2          |
| NLD     | 13.8 |−18  |−6.3 |−15 |93.8 |25.9 |−281.2|−14.8|51  |−11.9|55.5|−107      | −15.8         |
| SPA     | 2.4  |−23.2|−8.7 |−12.1|11  |9.8  |30.2 |−15.9|95.1|−48.1|33.3|−116      | −17.2         |
| CHN     | −39  |11.5 |15.2 |7.2  |−63.6|−0.1 |10.6 |−0.1 |45.3|17.9 |−127.3|−144      | −21.2         |
| IND     | −59.6|−86.3|13.6 |8.0  |−92.7|7.2  |−239.1|27  |31.8|35.5 |−53.6|−408      | −60.3         |
| ZAF     | −5.8 |−40.5|−12.7|10.6 |−76.7|−63.8|64.5 |28.1 |−244|−10.8|325.4|−677      | −100          |

*computations consider the share (%) of people with mental health disorders over the total population (http://ghdx.healthdata.org/gbd-results-tool; https://data.worldbank.org/indicator/SP.SOC.TOTL).

\( w_{HI.1} = w_{HI.2} = w_{H.1} = w_{H.2} = w_{E.1} = w_{E.2} = w_{PD.1} = w_{PD.2} = w_{S.1} = w_{S.2} = w_{S.3} = 1 \)
3.2 Trend sub-indicator

The trend sub-indicator (Eqs. 3a and 3c) is reported in Table 3, both with the contribution of each raw indicator. As for the sub-indicator previously reported, these contributions take into account of the wished trend/value ($\alpha$).

As expected, results show a completely different picture in which most countries have increased their expected resilience, with only 3 countries (Iran, Argentina and South Africa) proposing negative values. China is the top-ranked since it has increased its expected resilience in the period of observation, sustained mostly by a strong economic growth slightly contrasted by demographic factors. Also Russia and Poland have significantly increased their expected resilience, while other 16 countries proposed a more moderated yet positive trend.

3.3 Combined index

The combined index (Eq. 1b) is depicted in Fig. 1, both with the values of the composing sub-indicators. As shown, seven countries propose negative values.

According to the combined index, China is the best performer by combining an impressive development in the period of observation and values of indicators still below the average in absolute terms. Also the second country in the ranking (Russia) presents a similar contrasting pattern. While Australia and USA are characterised by a solid present, resulting from a constant development, Poland has strongly increased its expected resilience in the last period. Considerations similar to Australia and USA apply to Japan, Sweden, Canada and France.

Among under-performing countries, South Africa presents a strongly negative value with a negative trend in the period of observation. India’s performance is characterised by a contrasting pattern, while Iran and Argentina present a concerning trend.

4 Discussion

Despite its relative objectivity, the expected holistic resilience as proposed in this paper may be understood in different ways depending on the context of application. This section aims to discuss the indicator in relationship to COVID-19 response and impact. Indeed, more and more indicators are showing up to analyse and better understand effectiveness of response and actual impact.

4.1 Expected resilience and response

While the response to COVID-19 at the different levels is object of an intense debate within the different countries, the assessment of possible strategies as a result of the experience matured until the moment is considered a priority.

Certain approaches, such as independent evaluation (García-Basteiro et al. 2020), could lead to the establishment of shared principles and practice for response which is expected probably to happen in a context of increased collaboration among countries.

For instance, the Stringency Government Index (average value on available data) (Hale et al. 2020) and the share of population fully vaccinated (Mathieu et al. 2021) are reported in Fig. 2. The former is a combined measure of the main restrictions (e.g. closures and
Table 3  Trend sub-indicator and contribution of single indicators

| Country | HI.1 | HI.2 | H.1 | H.2 | E.1 | E.2 | PD.1 | PD.2 | S.1 | S.2 | S.3 | HRT[^100] | HRT[^0018] |
|---------|------|------|-----|-----|-----|-----|------|------|-----|-----|-----|-----------|-----------|
| CHN     | 19.6 | 157  | -10.1 | -9.9 | 940 | 8.3 | -10.3 | -22.4 | -31.1 | -85 | 33.3 | 989       | 100       |
| RUS     | 6    | -37.5 | 19   | 1.7 | 542 | -1.1 | 1.4 | -5.9 | 54.2 | 28.9 | 6.8 | 615       | 62.2      |
| POL     | 19.5 | -2.1 | -13.5 | -0.3 | 244 | 21.8 | 0.7 | -13.5 | 76.4 | -27.7 | 21 | 326       | 33.0      |
| COL     | 35.6 | 15.5 | -7.2 | -18.1 | 166 | 14.1 | -25.3 | -22.2 | 55.6 | -2.9 | -0.9 | 211       | 21.3      |
| IND     | -12.2 | -18.5 | 16.8 | -28.7 | 352 | -3.8 | -28 | -17.9 | 5.9 | -143 | 50.9 | 174       | 17.6      |
| GER     | 15.6 | -12.3 | -12.7 | 0.6 | 102 | -10.8 | -0.7 | -14.5 | 57.2 | 8.8 | 2 | 136       | 13.8      |
| AUS     | 21.9 | -5    | 6    | -27.2 | 110 | -2.7 | -30.3 | -5.2 | 15.7 | 10.3 | 20 | 113       | 11.4      |
| BRA     | 14.2 | -26   | -4.2 | -18.1 | 140 | 7.7 | -19.8 | -24.1 | -24.6 | 15.5 | 43.3 | 104       | 10.5      |
| UK      | 37.2 | -38.7 | 9.7 | -10.1 | 52.9 | 3.3 | -12.9 | -6.4 | 28.2 | 16.6 | 15 | 95        | 9.6       |
| JPN     | 53.2 | -11.6 | -42.9 | -2.2 | 1.6 | 5.5 | 0.3 | -12.5 | 49 | 3.3 | 36.4 | 80        | 8.1       |
| NLD     | 29.4 | -35.6 | -1.1 | -3.1 | 103 | 4.4 | -8.4 | -12.1 | -40.6 | 13.3 | 28.9 | 78        | 7.9       |
| FRA     | 17.5 | -25.8 | -3.4 | -7.6 | 86.2 | -1.6 | -9.9 | -9.5 | 11.3 | 12.4 | 5.7 | 75        | 7.6       |
| TUR     | -10.3 | 35.7 | 16.3 | -27.3 | 118 | -1.2 | -30.2 | -20 | -67.7 | 14.9 | 46.8 | 75        | 7.6       |
| ITA     | 14.6 | -33.3 | -7.1 | -7.2 | 72.3 | -1.7 | -6.1 | -12.5 | 21 | 24.4 | 24.3 | 70        | 7.1       |
| SWE     | 48.7 | -40.2 | 13.3 | -9.8 | 84.3 | -5.9 | -15.5 | -3.7 | -16.1 | -4.7 | 15 | 65        | 6.6       |
| SPA     | 32 | -18.6 | -2.2 | -15.7 | 107 | -1.2 | -15.2 | -13 | -10.7 | -2.3 | 4 | 64        | 6.5       |
| USA     | 34.6 | -17.8 | -1.2 | -11.9 | 73.4 | -2.5 | -16 | -6.8 | 2.4 | -7.4 | 15.3 | 62        | 6.3       |
| MEX     | 20.7 | -6.7 | -26.9 | -33.3 | 35.3 | 13.7 | -27.6 | -20.7 | -28.1 | 22.2 | 68.8 | 17        | 1.7       |
| CAN     | 30.4 | -32.4 | -8.5 | -22 | 91.5 | 0 | -20.8 | -9.8 | 14.6 | -0.7 | -30 | 12        | 1.2       |
| ZAF     | 11 | -25.8 | 22.1 | -17.4 | 110 | -9 | -28.5 | -16.5 | 10.9 | 5 | -80 | -18       | -1.8      |
| ARG     | 13.7 | 13.7 | 3 | -20.4 | 50.9 | 19 | -20.7 | -10.4 | 38.5 | -10.3 | -190 | -113      | -11.4     |
| IRN     | 82.9 | -1.9 | 4.6 | -32.4 | 232 | 6.4 | -24.7 | -40.3 | -5.1 | -390 | 0 | -168      | -17.0     |

\[ w_{HI.1} = w_{HI.2} = w_{H.1} = w_{H.2} = w_{E.1} = w_{E.2} = w_{PD.1} = w_{PD.2} = w_{S.1} = w_{S.2} = w_{S.3} = 1 \]
travel bans) imposed by Governments in response to COVID-19, while the latter expresses the total number of people who received all doses prescribed by the vaccination protocol, divided by the total population of the country.

Based on their experience and current development, we do expect countries to be able to assess their expected resilience and increasing it by identify and mitigating major vulnerabilities. Assuming more and more reliable data and assessment models available in the next future, we will aim at better understanding the relationship between expected resilience and response.

### 4.2 Expected Resilience and Impact

According to a merely theoretical and probably naive analysis, the impact of COVID-19 should result somehow inversely proportional to the expected resilience. On one side, preparedness may have played a key role in certain situations and will become even more critical in future (WHO 2020). On the other side, the actual impact on the different countries has been determined by many factors, which are in most cases hard, if not impossible, to predict (e.g. virus mutations Starr et al. 2021; Korber et al. 2020).
Waiting for a post-pandemic comprehensive assessment, we report in Fig. 2 the mortality analysis provided by the John Hopkins University (https://coronavirus.jhu.edu/data/mortality). It currently includes two different main indicators (deaths/100k people and observed case-fatality ratio).

Unpredictable factors will still probably play a role also in the future. An increasing theoretical resilience may be a simple and effective way to partially deal with uncertainty and we believe that the approach proposed in this paper can contribute to holistically measure it.

5 Conclusions and future work

In this paper we introduced the concept of expected resilience to a pandemic. It is the theoretical resilience expected for a country given a period of observation. Expected resilience has been approached holistically as it considers simultaneously and combines multiple perspective, including health and healthcare infrastructure, and socio-economic factors in the context of demographic aspects. The target indicator is composed of two sub-indicators which provide, respectively, a snap-shot based on the most recent values and a trend perspective based on the variations over the period of observation.

The index has been computed for 22 countries looking at data in the period 2000–2018. Results reflect overall the well-known differences and contradictions currently existing...
among the different countries and provide, if needed, further reasons to reflect about global developments and challenges.

Additionally, expected resilience has been briefly discussed in the context of COVID-19 response and impact indicators to prevent possible misleading interpretations.

Assuming more and more reliable data about COVID-19 available before too long, future work will apply sophisticated methods based on Artificial Intelligence and Optimization techniques to explicit and better understand the relationship between expected resilience and response/impact.

A Annexes

A.1: Missing data

Missing data by indicator is reported in Table 4. Missing values are reported for each country. Approximations adopted for computations have been addressed in the paper (see Sect. 2.2). Additionally, missing data critical for computations (extreme values) is highlighted in bold.

Table 4 Missing data by indicator

| Indicator                                | Missing data |
|------------------------------------------|--------------|
| GINI Index                               | ITA(2001,2002,2018), JPN(2000-2007,2009,2011,2012,2014-2018), AUS(2000,2002,2005-2007,2009,2011-2013,2015-2018), GER(2012,2014,2017,2018), BRA(2000,2010), FRA(2001,2002,2018), SWE(2001,2002,2018), UK(2000-2003, 2017,2018), USA(2001-2003,2005,2006,2008,2009,2011,2012,2014,2015,2017,2018), IND(2000-2003,2005-2008,2010,2012-2018), CHN(2000,2001,2003,2004,2006,2007,2009,2017,2018), COL(2006,2007), MEX(2001,2003,2007,2009,2011,2013,2015,2017), ARG(2015), TUR(2000,2001), SPA(2001,2002,2018), POL(2000-2003,2018), IRN(2000-2004,2007,2008,2010-2012,2018), ZAF(2001-2004,2006,2007,2009,2011-2015,2018), NLD(2000-2003,2018), CAN(2001-2003,2005,2006,2008,2009,2011,2012,2014-2016, 2018). |
| Hospital beds                            | AUS(2016-2018), GER(2018), BRA(2018), USA(2018), IND(2003,2004,2018), CNH(2018), COL(2000-2009), ARG(2000-2010,2018), POL(2000-2002), IRN(2018), ZAF(2000,2001,2008-2018), NLD(2014). |
| People with mental health disorders      | All Countries (2017,2018). |
| Median age of population                 | All Countries (2001-2004,2006-2009,2011-2014,2016-2018). |
| Total alcohol consumption per capita     | All Countries (2001-2014,2016,2017). Canada(2000). |
| Violence against women                   | All Countries (2000-2013,2015-2018). Computations adopt 2019 data instead of 2018 data. |
A.2: Raw data overview

An overview of the indicators that underpin the expected holistic resilience index is provided by Figs. 3, 4, 5, 6 and 7 which represent, respectively, healthcare infrastructure, health, economical, demographic and social indicators.

![Fig. 3 Indicators associated with healthcare infrastructure](image1)

(a) Current health expenditure (% of GDP)
(b) Hospital beds x 10000 population.

![Fig. 4 Health indicators](image2)

(a) Death rate x 1000 people.
(b) People with mental health disorders.

![Fig. 5 Economical indicators](image3)

(a) GDP x capita (US$).
(b) GINI Index.
Development trends by country: 2000–2018

Development trends in the period of observation for the 22 considered countries are reported in Fig. 8.
Fig. 8 Development trends in the period 2000–2018
Fig. 8 (continued)
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