Effect of Pre-harvest Sprays of Calcium Compounds and Growth Regulator for Uniform Ripening on Physical Parameters of Sapota Cv. Kalipatti

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ABSTRACT

An experiment was conducted to study the effect of preharvest sprays of calcium compounds and growth regulator on sapota trees at 50 % of the fruit maturity (4 months after fruit set). Various physical parameters like physiological loss in weight, number of days for ripening, firmness, ripening, shelf life, spoilage were estimated. Among these treatments results proved that pre-harvest spray of Gibberellic acid 1000 ppm (T5) on sapota exhibited low PLW (7.34 %) and highest shelf life (12.67 days). Pre-harvest spray of Calcium chloride 2% (T2) showed maximum firmness (0.26 kg/cm²), minimum ripening percent (75.89 %). Pre-harvest spray of Calcium chloride 1% (T1) showed minimum spoilage (58.23 %), pre-harvest spray of Calcium nitrate 1% (T3) and Calcium nitrate 2% (T4) showed highest number of days taken for ripening (9.17 days).

Keywords
Sapota, Pre-harvest sprays, Gibberellic acid, Calcium chloride, Storage, Shelf-life

Introduction

Sapota (Manilkara achras (mill) Fosberg) belongs to the family sapotaceae and is native to Mexico in tropical (central) America. Sapota gained popularity in recent decades due to its high productivity, continuous cropping throughout the year, hardy nature, longevity and comparative freedom from pests and diseases. Though sapota cultivation has gained area in the past couple of decades, post harvest problems such as slow and uneven ripening, corky tissue, physiological loss of weight, decay and post harvest losses lead to economic loss to growers, traders, processors and finally consumers. Further ripening in sapota is not uniform (Chundawat, 1998) and it stores poorly at ambient condition. Calcium a secondary essential nutrient is involved in developmental process of fruits, ripening and senescence. Calcium is essential for structural integrity of both the cell wall and plasma membrane. Calcium treatments have known to delay softening and improves the fruit quality. Calcium alters intra cellular changes, firmness, carbon dioxide and ethylene production increase sugar content and decrease acidity in treated fruits. Plant
growth regulators such as gibberellic acid is extensively used for improving the fruit quality and is found to lead to the uniform ripening and reduction of corky tissue in sapota (Shiva Shankar et al., 2013).

Materials and Methods

The experiment was carried out at farmer’s field in Peddashapur village in Rangareddy district of Telangana and PG lab in College of Horticulture, Rajendranagar during 2016-2017 and 2017-2018. The experiment was laid out in randomized complete block design with three replications and seven treatments. The sapota trees were sprayed with calcium compounds and growth regulator viz., T₀ – Control (without spray), T₁ – Calcium Chloride 1%, T₂ – Calcium Chloride 2%, T₃ – Calcium nitrate 1%, T₄ – Calcium nitrate 2%, T₅ – Gibberellic acid 1000 ppm, T₆ – Gibberellic acid 2000 ppm when fruits attained 50% maturity. The required quantity of CaCl₂, Ca₃(No₃)₂, GA₃ were weighed and dissolved in 95 percent of alcohol and volume was made up based on the treatments. The fruits were assessed for PLW, Number of days for ripening, firmness, ripening percent, shelf life, spoilage. PLW, firmness and spoilage were assessed at 3rd, 6th, 9th and 12th day of storage.

Results and Discussion

Physiological loss in weight (PLW) (%)

The data presented in the Table 1 showed that there was significant difference among treatments in physiological loss in weight during both the years (2016-17, 2017-18) and in pooled data respectively. PLW increased during storage period in all the treatments. In pooled data the lowest physiological loss in weight (%) was recorded with T₀ - control on 3rd (5.17 %), 6th (7.09%), 9th (9.24 %) days. The possible reason for reduction in weight loss by GA₃ could be due to its ability to retain more water against force of evaporation. GA₃ acts as an antisenescent and antirespirant, which might have inhibited catabolic activities and consequently reduced the weight loss during storage. These findings are in conformity with the reports of Brahmachari and Rani (2005) in guava, Ladaniya (1997) in Nagpur mandarin. The increased weight loss in untreated fruits might be due to increased storage break down associated with higher respiratory rate compared to treated fruits.

Number of days taken for ripening (days)

The data on number of days taken for ripening in the Table 2 showed that all the treatments had significant effect on number of days taken for ripening during both the years (2016-17, 2017-18) and in pooled data.

In pooled data significantly highest number of days taken for ripening was recorded with T₃ - Calcium nitrate 1% (9.17 days), T₄ - Calcium nitrate 2 % (9.17 days) and lowest number of days taken for ripening was noted with T₀ - control (7.67 days). The delay of ripening by CaCl₂ may be attributed to higher fruit calcium levels that lead to the reduction of respiration and ethylene production rates (Singh et al., 2003).

The delay of ripening by gibberellic acid might be due to reason that the preharvest applications of gibberellic acid decreases the tissue permeability there by reducing the rate of water loss leading to delayed fruit ripening (Wills et al., 1998) and it might have the inhibitory effect on ethylene biosynthesis and retarded the activity of enzymes responsible for ripening through creation of resistance to pathogen entry, hence cell degradation was prevented which in turn facilitated the
reduced moisture loss and lesser respiratory gas exchange, resulting in delay of ripening. Similar results were obtained by Mounika et al., (2017) in mango.

**Table 1** Effect of preharvest sprays on physiological loss in weight (%) of sapota cv. Kalipatti

| Treatments                  | Physiological loss in weight (PLW)(%) | 3rd day | 6th day | 9th day | 12th day |
|-----------------------------|--------------------------------------|---------|---------|---------|----------|
|                             |                                       | 2016-2017| 2017-2018| Pooled | 2016-2017| 2017-2018| Pooled | 2016-2017| 2017-2018| Pooled |
| **T0 - Control (without spray)** |                                      | 5.89    | 4.45    | 5.17    | 7.25    | 6.93    | 7.09    | 9.58    | 8.90    | 9.24    | --     | --     | --     |
| **T1 - Calcium Chloride 1%**  |                                      | 3.57    | 3.55    | 3.56    | 5.72    | 5.56    | 5.64    | 6.60    | 6.36    | 6.48    | 7.41    | --     | --     |
| **T2 - Calcium Chloride 2%**  |                                      | 3.87    | 3.62    | 3.75    | 6.10    | 5.79    | 5.95    | 6.58    | 6.44    | 6.51    | 8.36    | --     | --     |
| **T3 - Calcium nitrate 1%**   |                                      | 4.19    | 4.08    | 4.14    | 6.73    | 6.45    | 6.59    | 7.42    | 7.34    | 7.38    | --     | --     | --     |
| **T4 - Calcium nitrate 2%**   |                                      | 4.40    | 4.24    | 4.32    | 6.87    | 6.61    | 6.74    | 7.14    | 7.04    | 7.09    | --     | --     | --     |
| **T5 - Gibberellic acid 1000 ppm** |                                  | 3.49    | 3.44    | 3.47    | 5.84    | 5.32    | 5.59    | 6.44    | 6.34    | 6.39    | 7.40    | 7.27    | 7.34    |
| **T6 - Gibberellic acid 2000 ppm** |                                  | 3.76    | 3.52    | 3.64    | 5.89    | 5.38    | 5.64    | 6.66    | 6.46    | 6.56    | --     | --     | --     |
| **Mean**                     |                                      | 4.17    | 3.84    | 4.00    | 6.34    | 6.00    | 6.17    | 7.20    | 6.98    | 7.09    | --     | --     | --     |
| **SE.m.±**                   |                                      | 0.10    | 0.02    | 0.05    | 0.10    | 0.01    | 0.05    | 0.03    | 0.01    | 0.02    | --     | --     | --     |
| **CD at 5%**                 |                                      | 0.30    | 0.06    | 0.16    | 0.30    | 0.03    | 0.14    | 0.10    | 0.03    | 0.06    | --     | --     | --     |

'-' Fruits spoiled

**Table 2** Effect of preharvest sprays on number of days for ripening (days) of sapota cv. Kalipatti

| Treatments                  | Number of days for ripening (days) |
|-----------------------------|------------------------------------|
|                             | 2016-2017  | 2017-2018  | Pooled   |
| **T0 - Control (without spray)** | 8.00       | 7.33       | 7.67     |
| **T1 - Calcium Chloride 1%**  | 8.00       | 8.67       | 8.33     |
| **T2 - Calcium Chloride 2%**  | 8.67       | 9.00       | 8.83     |
| **T3 - Calcium nitrate 1%**   | 9.00       | 9.33       | 9.17     |
| **T4 - Calcium nitrate 2%**   | 9.33       | 9.00       | 9.17     |
| **T5 - Gibberellic acid 1000 ppm** | 8.33       | 8.00       | 8.17     |
| **T6 - Gibberellic acid 2000 ppm** | 8.67       | 8.33       | 8.50     |
| **Mean**                     | 8.57       | 8.52       | 8.55     |
| **SE.m.±**                   | 0.21       | 0.36       | 0.22     |
| **CD at 5%**                 | 0.64       | 1.11       | 0.68     |

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### Table 3: Effect of preharvest sprays on fruit firmness (kg/cm²) of sapota cv. Kalipatti

| Treatments                  | Fruit firmness (kg/cm²) | 3rd day | 6th day | 9th day | 12th day |
|-----------------------------|-------------------------|---------|---------|---------|----------|
|                             | 2016-2017 | 2017-2018 | Pooled | 2016-2017 | 2017-2018 | Pooled | 2016-2017 | 2017-2018 | Pooled |
| **T₀- Control (without spray)** | 7.22     | 6.17     | 6.69    | 5.17     | 4.12  | 4.65    | 2.03 | 2.05 | 2.04 |
| **T₁- Calcium Chloride 1%**   | 7.37     | 6.23     | 6.80    | 5.29     | 4.20  | 4.75    | 2.11 | 2.13 | 2.12 |
| **T₂- Calcium Chloride 2%**   | 7.35     | 6.24     | 6.80    | 5.51     | 4.24  | 4.88    | 2.17 | 2.15 | 2.16 |
| **T₃- Calcium nitrate 1%**    | 7.35     | 6.23     | 6.79    | 5.27     | 4.20  | 4.73    | 2.11 | 2.13 | 2.12 |
| **T₄- Calcium nitrate 2%**    | 7.32     | 6.19     | 6.76    | 5.18     | 4.21  | 4.70    | 2.11 | 2.14 | 2.13 |
| **T₅- Gibberellic acid 1000 ppm** | 7.28    | 6.25     | 6.77    | 5.37     | 4.33  | 4.85    | 2.09 | 2.15 | 2.12 |
| **T₆- Gibberellic acid 2000 ppm** | 7.27    | 6.22     | 6.74    | 5.36     | 4.23  | 4.80    | 2.16 | 2.14 | 2.15 |
| **Mean**                    | 7.31     | 6.20     | 6.76    | 5.31     | 4.22  | 4.76    | 2.11 | 2.13 | 2.12 |
| **SE.m.±**                  | 0.02     | 0.01     | 0.01    | 0.03     | 0.01  | 0.05    | 0.01 | 0.01 | 0.01 |
| **CD at 5%**                | 0.07     | 0.03     | 0.04    | 0.09     | 0.03  | 0.15    | 0.04 | 0.04 | 0.04 |

*'-' Fruits spoiled*

### Table 4: Effect of preharvest sprays on ripening (%) of sapota cv. Kalipatti

| Treatments                           | 2016-2017 | 2017-2018 | Pooled |
|--------------------------------------|-----------|-----------|--------|
| **T₀- Control (without spray)**      | 86.67     | 76.50     | 81.58  |
| **T₁- Calcium Chloride 1%**          | 82.70     | 76.35     | 79.53  |
| **T₂- Calcium Chloride 2%**          | 80.33     | 71.44     | 75.89  |
| **T₃- Calcium nitrate 1%**           | 82.51     | 74.44     | 78.47  |
| **T₄- Calcium nitrate 2%**           | 81.45     | 71.64     | 76.55  |
| **T₅- Gibberellic acid 1000 ppm**    | 84.00     | 76.16     | 80.08  |
| **T₆- Gibberellic acid 2000 ppm**    | 82.68     | 75.33     | 79.01  |
| **Mean**                             | 82.91     | 74.55     | 78.73  |
| **SE.m.±**                           | 0.42      | 0.14      | 0.20   |
| **CD at 5%**                         | 1.31      | 0.45      | 0.63   |
### Table 5: Effect of preharvest sprays on shelf life (days) of sapota cv. Kalipatti

| Treatments                               | Shelf life (days) |          |          |          |          |
|------------------------------------------|-------------------|----------|----------|----------|----------|
|                                          | 2016-2017 | 2017-2018 | Pooled   | 2016-2017 | 2017-2018 | Pooled   | 2016-2017 | 2017-2018 | Pooled   |
| T₀ - Control (without spray)             | 10.33      | 8.67     | 9.50     |           |           |          |           |           |          |
| T₁ - Calcium Chloride 1%                 | 11.67      | 10.67    | 11.17    |           |           |          |           |           |          |
| T₂ - Calcium Chloride 2%                 | 12.67      | 11.33    | 12.00    |           |           |          |           |           |          |
| T₃ - Calcium nitrate 1%                  | 12.00      | 10.67    | 11.33    |           |           |          |           |           |          |
| T₄ - Calcium nitrate 2%                  | 11.33      | 10.00    | 10.67    |           |           |          |           |           |          |
| T₅ - Gibberellic acid 1000 ppm           | 13.00      | 12.33    | 12.67    |           |           |          |           |           |          |
| T₆ - Gibberellic acid 2000 ppm           | 12.00      | 11.67    | 11.83    |           |           |          |           |           |          |
| Mean                                     | 11.86      | 10.76    | 11.31    |           |           |          |           |           |          |
| SE.m.±                                    | 0.27       | 0.30     | 0.18     |           |           |          |           |           |          |
| CD at 5%                                  | 0.85       | 0.95     | 0.56     |           |           |          |           |           |          |

### Table 6: Effect of preharvest sprays on spoilage (%) of sapota cv. Kalipatti

| Treatments                               | 3⁰ day | 6⁰ day | 9⁰ day | 12⁰ day |
|------------------------------------------|--------|--------|--------|---------|
|                                          | 2016-2017 | 2017-2018 | Pooled | 2016-2017 | 2017-2018 | Pooled | 2016-2017 | 2017-2018 | Pooled |
| T₀ - Control (without spray)             | 10.30  | 9.30   | 9.80   | 25.55   | 24.49   | 25.02   | 63.64   | 51.64   | 57.64   | --     | --     | --     |
| T₁ - Calcium Chloride 1%                 | 1.21   | 3.37   | 2.29   | 15.51   | 12.37   | 13.94   | 26.33   | 19.33   | 22.83   | 54.33  | 56.23  | 58.23  |
| T₂ - Calcium Chloride 2%                 | 1.21   | 4.42   | 2.81   | 20.42   | 15.34   | 17.88   | 47.23   | 42.33   | 44.78   | 62.34  | --     | --     |
| T₃ - Calcium nitrate 1%                  | 1.23   | 5.51   | 3.37   | 15.56   | 12.55   | 14.06   | 31.50   | 27.32   | 29.41   | --     | --     | --     |
| T₄ - Calcium nitrate 2%                  | 1.22   | 6.59   | 3.91   | 21.38   | 17.35   | 19.36   | 40.50   | 35.37   | 37.94   | --     | --     | --     |
| T₅ - Gibberellic acid 1000 ppm           | 1.13   | 4.14   | 2.64   | 14.11   | 11.09   | 12.60   | 30.26   | 24.27   | 27.27   | 60.23  | --     | --     |
| T₆ - Gibberellic acid 2000 ppm           | 1.13   | 4.41   | 2.77   | 15.29   | 12.29   | 13.79   | 32.41   | 28.41   | 30.41   | --     | --     | --     |
| Mean                                     | 2.49   | 5.39   | 3.94   | 18.26   | 15.07   | 16.66   | 38.84   | 32.67   | 35.75   | --     | --     | --     |
| SE.m.±                                    | 0.07   | 0.08   | 0.07   | 0.13    | 0.10    | 0.11    | 0.33    | 0.28    | 0.10    | --     | --     | --     |
| CD at 5%                                  | 0.20   | 0.24   | 0.22   | 0.41    | 0.31    | 0.35    | 1.02    | 0.86    | 0.31    | --     | --     | --     |

'-' Fruits spoiled
Firmness (kg/cm²)

The data pertaining to fruit firmness in the Table 3 showed that fruit firmness gradually decreased during storage period, due to advancement of ripening, senescence and break down in the later stage during both the years (2016-17, 2017-18) and in pooled data. In pooled data significantly highest fruit firmness was recorded with T₂ - Calcium Chloride 2% on 3rd (6.80 kg/cm²), 6th (4.88 kg/cm²), 9th (2.16 kg/cm²) and 12th day (0.26kg/cm²). This might be due to the application of calcium which helped to maintain the structure and function of cell wall. It was observed that fruits having higher concentration of calcium compound in pre-harvest sprays retained higher firmness. This was probably due to the more calcium content in peel and pulp which helped to maintain the structure and function of cell wall. Calcium made the complex with pectin and formed calcium pectate and thereby increased the firmness of the fruits. Similar result was also obtained by Lakshmana and Reddy (1999), Aradhya et al., (2006) and Desai (2016) in sapota, Rajkumar et al., (2006) in papaya.

Ripening Percentage (%)

The data depicted in Table 4 regarding ripening percentage (%) of sapota Cv. Kalipatti as affected by different treatments showed significant difference during both the years (2016-17, 2017-18) and in pooled data. In pooled data significantly highest ripening percent was observed with T₀ - Control (81.58 %) followed by T₅ - Gibberellic acid 1000 ppm (80.08 %). Lowest ripening percent was recorded with T₂ - Calcium Chloride 2% (75.89 %). The ripening percentage increased with advancement of storage period. Ripening was closely associated with climacteric peak in all the treatments including control. Highest ripening percent was noted with control and lowest was recorded with calcium compounds. This might be due to extension of ripening period by calcium compounds as Ca²⁺ ion alters intracellular and intercellular biological activity, resulting in retardation of ripening. Similar results were obtained by Virendra Singh et al., (2017) in mango.

Shelf life (days)

The data pertaining to shelf life (days) of sapota Cv. Kalipatti as influenced by different treatments presented in Table 5 showed that treatments varied significantly during both the years (2016-17, 2017-18) and in pooled data. In pooled data significantly highest shelf life was found in T₅ - Gibberellic acid 1000 ppm (12.67 days) followed by T₂ - Calcium Chloride 2% (12.00 days) and lowest shelf life was recorded with the treatment T₀ - control (9.50 days). The extension of shelf life of fruits by the application of GA₃ might be due to the reduced oxidative metabolism and pectin break down through reduced catalase and pectin methyl esterase activities (Gautam and Chundawat, 1990). The extended shelf life in CaCl₂ treatment may be due to the fact that calcium enhances fruit firmness relative to control which leads to slower hastening and extends the shelf-life. Similar results were obtained by Marzouk and Kassim (2011) in Navel orange, Mounika et al., (2017) in mango.

Spoilage (%)

The data presented in Table 6 showed that treatments varied significantly in spoilage during both the years (2016-17, 2017-18) and in pooled data. In pooled data lowest spoilage was recorded with T₁ - Calcium Chloride 1% on 3rd (2.29 %), 9th (22.83%) and 12th (58.23 %) days. Highest spoilage was recorded with control. This might be due to the reason that calcium chloride showed less spoilage which might be due to decreased rate of respiration resulting in to control of enzymatic activities,
ethylene production and senescence, better fruit firmness and calcium content in peel, ultimately resulted in stronger intracellular organization and rigidified cell wall. Similar reduction on fruit rot during storage with calcium compound has been reported by Bhale Rao et al., (2009) in sapota, Lakshmana and Reddy (1999) and Aradhya et al., (2006), Saran et al., (2004) in ber.

In conclusion on the basis of findings, it can be concluded that preharvest spraying of CaCl$_2$ @ 1% found better for reducing spoilage and Gibberellic acid 1000 ppm (T$_5$) was found better for increasing shelf life and reducing physiological loss in weight of sapota fruits.

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