Atomic layer deposition of rhodium and palladium thin film using low-concentration ozone†

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Rhodium (Rh) and palladium (Pd) thin films have been fabricated using an atomic layer deposition (ALD) process using Rh(acac)₃ and Pd(hfac)₂ as the respective precursors and using short-pulse low-concentration ozone as the co-reactant. This method of fabrication does away with the need for combustible reactants such as hydrogen or oxygen, either as a precursor or as an annealing agent. All previous studies using only ozone could not yield metallic films, and required post treatment using hydrogen or oxygen. In this work, it was discovered that the concentration level of ozone used in the ALD process was critical in determining whether the pure metal film was formed, and whether the metal film was oxidized. By controlling the ozone concentration under a critical limit, the fabrication of these noble metal films was successful. Rhodium thin films were deposited between 200 and 220 °C, whereas palladium thin films were deposited between 180 and 220 °C. A precisely controlled low ozone concentration of 1.22 g m⁻³ was applied to prevent the oxidation of the noble metallic film, and to ensure fast growth rates of 0.42 Å per cycle for Rh, and 0.22 Å per cycle for Pd. When low-concentration ozone was applied to react with ligand, no excess ozone was available to oxidize the metal products. The surfaces of deposited films obtained the RMS roughness values of 0.30 nm for Rh and 0.13 nm for Pd films. The resistivities of 18 nm Rh and 22 nm Pd thin films were 17 µΩ cm and 63 µΩ cm.

Introduction

Noble metals like rhodium (Rh) and palladium (Pd) have drawn academic attention since their properties were realized. Rh is widely used as a catalyst for the hydrogenation of carbon dioxide,¹ hydrogen production²³ and styrene production from benzene and ethylene,⁴ etc. Rhodium nanoparticles and clusters have also been widely used in gas detection and sensing.⁵⁶ Similarly, Pd is also well-known as a catalyst for oxidation of carbon monoxide and organic compounds.⁷ In addition, Pd is also an important material in fields of hydrogen sensing¹¹–¹⁴ and hydrogen storage.¹⁵–¹⁹ For all the unique properties mentioned above, a larger surface area is required to promote the properties of these noble metals. To achieve this purpose, the coated thin film of nanoparticles with large specific surface area on the substrates or the surface of 3D surface is expected. Since the specific surface area is determined by the nanoparticle size, a controllable nanoparticle size is desirable. Compared with thin film, a bulk material fabricated from noble metals would be less efficient and extremely costly. Besides nanoparticle size, the distribution of it is also a critical factor that influences the performance of the materials. Atomic layer deposition (ALD) has been proven to be a promising method that allows the precise, conformal Rh and Pd deposition with controllable nanoparticle size and size distribution.²⁰–²²

Compared with other noble metal ALD processes, Rh ALD is limited, as only rhodium(ii) acetylacetonate (Rh(acac)₂) has been found to be a feasible precursor. In 2005, Aaltonen et al. reported Rh ALD process using Rh(acac)₃ as the precursor and oxygen as the co-reactant.²³ Another study further proved the feasibility of this process, whose result was consistent with the previous study.²⁴ The use of Rh(acac)₃ precursor coordinating with ozone and lower deposition temperature only resulted in Rh₂O₃ thin films. Partial reduction of Rh₂O₃ to Rh occurred at 190 °C,²⁵ but no further study has obtained pure Rh thin films by continuing increasing the deposition temperature or trying lower ozone concentration. In a later study, H₂ pulse was introduced after each ozone pulse to reduce the oxide products to obtain the metallic Rh thin films.²⁶ However, as an explosive and flammable gas, H₂ is so dangerous that it is prohibited by many institutions and prevented from large-scale preparation in industry.

Among noble metal ALD processes using metal acetylacetonate (acac) species as the precursors, Pt(acac)₂ (ref. 27) and Ir(acac)₃ (ref. 28) could both achieve Pt and Ir metallic films respectively when ozone was used as the co-reactant. For both Pt and Ir deposition, metal oxide thin film was obtained at low temperature, while metallic thin film was obtained at higher
temperature. A threshold temperature was defined as the point where the metallic film started to form in place of the oxide film. Above the threshold temperature, the available oxygen was quickly consumed by the ligand and as such prevented the oxidation of Pt or Ir, leaving the metallic surface. Since Rh belongs to platinum group metals and the molecular structure of Rh(acac)₃ is very similar to that of Ir(acac)₃, it is expected that there is also a threshold temperature for Rh(acac)₃-O₃ process, above which pure metallic films will be obtained. Besides temperature, the concentration of oxidizing gas is also an important factor that influences noble metal ALD. It was demonstrated that the concentration of oxygen during the ALD process directly determined the products of reaction between Ru(ETCp)₂ and ozone. ³⁰ Under high concentration ozone, oxygen could easily diffuse into Ru lattice. ³⁰ In previousRh(acac)₃-O₃ process, 100 g m⁻³ high concentration ozone was applied, and only the oxide product was obtained. ³³ As such, it is postulated that Rh thin film could similarly be achieved at higher temperature with precisely controlled low-concentration ozone.

The same process with low concentration ozone was also applied to the Pd ALD process with palladium(II) hexafluoroacetyleacetonate (Pd(hfac)₂) precursor. Pd(hfac)₂ is the most widely used precursor in Pd ALD. Depositions of Pd thin film coordinated with H₂ (ref. 31 and 32) and formalin³³,³⁴ on Al₂O₃ have been proven feasible. However, in those studies, the growth of Pd thin film was hampered by Al(hfac) surface species, leading to a longer nucleation period and growth delay at the beginning of the ALD process. ³⁶ Weber et al. attributed the problem of Al(hfac) to the carbon contamination and promoted the process by using another O₂ plasma after each H₂ plasma to eliminate the contamination. ³⁶ As a result, Pd thin films with high uniformity and purity were achieved with Pd(hfac)₂. Feng et al. further compared the cycle sequences of Pd(hfac)₂-H₂, Pd(hfac)₂-H₂-O₂, Pd(hfac)₂-O₂-H₂, and Pd(hfac)₂-N₂H₄ in one study. ³⁷ However, all these known methods require the use of H₂ as a reactant or as an annealing agent. To date, all reported attempts to fabricate Pd thin film with Pd(hfac)₂ and another oxidizing agent, such as H₂O₂, H₂O, O₂, and ozone³⁸ have failed in achieving pure metallic films.

In this study, Rh and Pd thin films were fabricated by using Rh(acac)₃, Pd(hfac)₂ as the precursors and precisely controlled low-concentration ozone as the co-reactant. To figure out magnitude of ozone concentration, the calculation was carried out based on the assumption: all the C, H in the precursors reacted with ozone to form CO₂ and H₂O. In this case, the chemical equations were written as:

For Rh(acac)₃,

\[ 2\text{Rh(O}_2\text{C}_3\text{H}_7\text{)}_3(\text{ads}) + 23\text{O}_3(\text{g}) = 2\text{Rh(s)} + 30\text{CO}_2(\text{g}) + 21\text{H}_2\text{O(g)}. \]  

(1)

For Pd(hfac)₂,

\[ 3\text{Pd(C}_3\text{H}_3\text{F}_4\text{O}_2\text{)}_2(\text{ads}) + 17\text{O}_3(\text{g}) = 3\text{Pd(s)} + 30\text{CO}_2(\text{g}) + 3\text{H}_2\text{O(g)} + 36\text{F(ads)}. \]  

(2)

The calculated ozone concentration was 2.16 g m⁻³ for Rh ALD and 1.92 g m⁻³ for Pd ALD, respectively. During the experiment, different ozone concentration was tested and 1.22 g m⁻³ was finally selected as the ozone concentration.

All thin films were deposited on sapphire substrates, obtaining low resistivity and uniform surface. The growth of Rh revealed an obvious delay, whereas the growth of Pd was linear from the beginning. The morphology deformation of Pd thin films with deposition temperature was discovered.

Simulation details

The first-principle calculations based on DFT were used in this work to reveal the reaction mechanism between Pd(hfac)₂ and ozone. The projector-augmented wave (PAW) pseudopotential method³⁹,⁴⁰ and generalized gradient approximation (GGA) – Perdew–Wang 1991 (PW91) functional³¹ were executed by Vienna Ab Initio Simulation Package (VASP). ³²,³³ The simulation parameters and models are described in ESL.³³

Experimental section

Rhodium(III) acetylacetonate (Rh(acac)₃, 97%) was purchased from Sigma Aldrich. Palladium(II) hexafluoroacetyleacetonate (Pd(hfac)₂, 95%) was purchased from Strem Chemicals. High purity nitrogen (99.99999%) was used as the carrier and purging gas. Ozone was obtained by converting high purity oxygen (99.999%) with the ozone generator (Nanofrontier, XLK-G20). 1 × 1 cm² sapphire (α-Al₂O₃(0001)) was selected as the substrates.

All experiments have been carried out in a custom-built ALD reactor. 150 sccm nitrogen flow continuously passed through the main chamber to keep a base pressure of 1.0 mbar. The sapphire substrates were washed in deionized water, 95% ethanol (with 5% methanol), acetonitrile and isopropyl alcohol in ultrasonic bath respectively. Each procedure lasted for 5 min. Substrates for Rh fabrication were then kept at 500 °C for 4 h in a tube furnace to create reactive sites for Rh nucleation,³⁴ whereas others were blown dry with high purity nitrogen flow and stored for Pd fabrication. Rh(acac)₃ was loaded in a stainless-steel bubbler (Strem Chemicals, 150 mL), while Pd(hfac)₂ was loaded in a glass bubbler. The sublimation temperature for Rh(acac)₃ and Pd(hfac)₂ was set as 165 °C and 65 °C respectively, to obtain enough vapor pressure. The transfer tube between the bubbler and main chamber was permanently kept at 175 °C and 100 °C for Rh(acac)₃ and Pd(hfac)₂ respectively to prevent the condensation of the precursors.

The main process consisted of four main periods: pulse of carrier gas into the precursor holder (t₁), pulse of precursor (t₂), pulse of ozone (t₃) and purging time (t₄). Then all the processes were set as t₁-t₂-t₃-t₁-t₂-t₃-t₄, and the specific duration of each period is listed in Table 1. In both processes, considering the vapor pressures of the precursors were limited, ozone was pulsed after two repetitive precursor pulses so that the precursors can fully attach to the surface.

| Table 1 Pulse details for the Rh and Pd ALD processes |
|---------------------------------|---|---|---|---|
|                                 | t₁ (ms) | t₂ (ms) | t₃ (ms) | t₄ (ms) |
| Rh(acac)₃                       | 5000     | 2000     | 300      | 2000     |
| Pd(hfac)₂                       | 500      | 500      | 100      | 2000     |
The adsorbed \( \text{O}_3 \) top Pd site can also bond with the Pd atom of Pd(hfac) of Pd(hfac) for Pd
are available, an activation barrier of 0.42 eV needs to be overcome to form the adsorbed Pd(hfac) into the adsorbed O.
activation barrier of 0.83 eV, meaning that PdO formation is kinetically reversible and barrierless. The \( \text{O}_3 \)
afforded, especially the control of the ozone concentration. The simulation details are described in ESI.

The reaction mechanisms of direct palladium synthesis using Pd(hfac)\(_2\) and ozone on substrate surface by ALD are investi-
gated using DFT simulations. The ALD process starts by the dissociative chemisorption of Pd(hfac)\(_2\) to form the adsorbed Pd(hfac)\(^*\) and hfac (cited as "Pd(hfac)" and "hfac" respectively) on substrate surface. As an ozone molecule approaches to Pd(hfac)\(^*\), an adsorbed Pd atom (cited as "Pd") can be produced by an O atom of the ozone at the bridging C–C site of Pd(hfac)\(^*\) where the C–C bond is cleaved with an activation barrier of 0.46 eV. The O atom of the Pd–O–C bonds of Pd(hfac)\(^*\) can be also replaced by an O atom of the ozone at the top Pd site to form the adsorbed Pd(hfac–O) (cited as "Pd(hfac–O)"\(^*\)) with a lower activation barrier of 0.29 eV. When more ozone molecules are available, an activation barrier of 0.42 eV needs to be overcome for Pd\(^*\) formation by an O atom of the ozone at the bridging C–C site of Pd(hfac)\(^*\) to cleave the C–C bond. The ozone molecule at the top Pd site can also bond with the Pd atom of Pd(hfac–O)\(^*\) to form the adsorbed \( \text{O}_3 \-)Pd(hfac–O) (cited as "\( \text{O}_3 \-)Pd(hfac–O)"\(^*\)), which is reversible and barrierless. The \( \text{O}_3 \-)Pd(hfac–O)\(^*\) then decomposes into the adsorbed O–Pd(hfac–O) and gaseous oxygen with a high activation barrier of 0.83 eV, meaning that PdO formation is kinetically less favourable. Besides, the formed Pd\(^*\) can be oxidized by the ozone at the Pd–Si site with an activation barrier of 0.64 eV. Based on activation barriers from DFT calculations, it is possible to prepare palladium without reducing steps when ALD conditions are carefully controlled, especially the control of the ozone concentration. The simulation details are described in ESI.

**Rhodium thin films**

Pure metallic Rh films were obtained at 200, 210 and 220 °C, while no film was found at 190 °C. Combining the results of reported Rh(acac)\(_3\)–O\(_3\) processes (shown in Table 2), the threshold temperature should be between 190 and 200 °C. Apart from temperature, the ozone concentration also has influence on the products of the ALD process. With lower ozone concentration, the deposition temperature increased, while the oxide product was less likely to form.

GI-XRD measurement with 1° grazing angle was carried out to study the microstructure of the thin films. The XRD spectra in Fig. 1 were obtained from 18 nm Rh thin films deposited on sapphire at 200, 210 and 220 °C. The peaks of (111) (2\( \theta \) = 40.77°), (200) (47.44°), (220) (59.34°) and (311) (83.68°) revealed the preferred (111) orientation of face-centred cubic Rh. From the full width at half maximum (FWHM) of peak (111), the grain size was determined as 10 ± 1 nm by Debye Scherrer equation. Compared with spectrum at 200 °C, spectrum at 210 °C showed higher intensity, revealing higher crystallinity. However, at 220 °C, the peaks were so blurred that only the top (111) can be clearly recognized, implying amorphous Rh or Rh\(_2\)O\(_3\). Since the resistivity of thin films deposited at 220 °C was only 17 \( \mu \)Ω cm, it should be assigned to pure metal. Conversely, the resistivity of Rh\(_2\)O\(_3\) should exceed 6000 \( \mu \)Ω cm. Therefore, it was believed that thin films deposited at 220 °C were amorphous Rh. The resistivity of the thin films deposited at 200, 210 and 220 °C was 17 ± 5 \( \mu \)Ω cm, which was slightly higher than those in previous Rh ALD studies. The increase in resistivity of noble metal thin films when thickness was less than 20 nm was reported to be caused by the electron-surface and electron-boundary scattering when the electron mean-free-path is close to the grain size and the thin film thickness.

The thicknesses of thin films were determined by XRR. Thin films with 250 cycles shown very limited coverage of the surface. This result indicated a nucleation process and delay of growth during the Rh ALD process. After the nucleation, Rh thin film shown a linear growth. The growth rate of 0.42 Å per cycle was determined by fitting the thickness data (Fig. 2a), which is

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**Table 2** The temperature, ozone concentration and products of previous studies and this work

| Cycle sequence | Temperature | Ozone concentration | Products | Ref. |
|---------------|-------------|---------------------|---------|-----|
| Rh(acac)\(_3\)-O\(_3\) | 160–180 °C | 100 g m\(^{-3}\) | Rh\(_2\)O\(_3\) | 25 |
| Rh(acac)\(_3\)-O\(_3\) | 190 °C | 100 g m\(^{-3}\) | Rh\(_2\)O\(_3\) + Rh | 25 and 26 |
| Rh(acac)\(_3\)-O\(_3\) | 190 °C | 1.22 g m\(^{-3}\) | No film | This work |
| Rh(acac)\(_3\)-O\(_3\) | 200–220 °C | 1.22 g m\(^{-3}\) | Rh | This work |

**Fig. 1** The XRD patterns of Rh thin films deposited at 200, 210 and 220 °C on sapphire substrates.
slower than those in previous studies. The density of Rh thin films was 5.6 g cm\(^{-3}\), lower than the density of Rh bulk. For Rh thin films deposited on sapphire, the RMS roughness was 0.30 nm (Fig. 2b). Compared with Rh deposition through Rh(acac)$_3$–O$_3$–H$_2$ process,\(^{36}\) where the surface roughness was 0.9 nm for 23 nm Rh thin film, the surface in this study is much smoother. Many factors could contribute to the low roughness, including more uniform ozone flux,\(^{25}\) less cycle number,\(^{47}\) more uniform temperature and its distribution in reactor,\(^{48}\) etc.

The morphology of Rh thin film surface was studied through SEM images (Fig. 3). The images of Rh deposited at 210 °C with thickness of 18 nm are shown in Fig. 3 Island-shape Rh nanoparticles were uniformly arranged on the substrate. The diameter of the nanoparticles is 40 ± 8 nm. The morphology and particle size were similar to that of 25 nm Rh thin films deposited by using Rh(acac)$_3$ and oxygen as the co-reactants.\(^{23}\) It was generally believed that the particle size increases with increasing cycle number applied in the ALD process. More recent studies also revealed that the pressure of gas phase reactant also affected the particle size and the distribution: the lower the pressure, the larger the average diameter of nanoparticles and wider nanoparticle size distribution.\(^{39}\) From this conclusion, in Fig. 3, the morphology resulted from low concentration ozone could be explained: although the surface is uniformly occupied by nanoparticles, their distribution was relatively wide.

Fig. 4 shows the XPS survey spectrum and spectra of the C 1s, Rh 3d and O 1s core-levels obtained from Rh thin film deposited at 210 °C. All the spectra have been calibrated using C–C peak at 284.8 eV (Fig. 4b). In Rh 3d spectrum (Fig. 4c), the major components at 308.1 eV and 312.8 eV (\(\Delta = 4.7 \text{ eV}\)) were assigned to metallic Rh(3d/2) and Rh(3d/2). Another two minor components at 308.9 and 313.7 eV were assigned to Rh$_2$O$_3$. The existence of oxide component was also verified by the component at 530.4 eV in O 1s spectrum (Fig. 4d). According to the XPS study of Rh,\(^{50,51}\) the components were identified as Rh$_2$O$_3$. The oxidation could probably result from adsorption of oxygen molecules when exposed to the air. In O 1s spectrum in Fig. 4c, except for Rh$_2$O$_3$ component, a major C–O component at 532.6 eV indicated some remained ligand from Rh(acac)$_3$.

Palladium thin films

All the thin films were determined as metallic palladium by XRD patterns of 22 nm Pd thin films on sapphire deposited at 180, 200 and 220 °C (Fig. 5). The peaks of (111) (2\(\theta = 39.92^\circ\)), (200) (46.43°), (202) (67.77°) and (311) (81.65°) verified the face-centered cubic Pd. The average grain size was determined as 11.6 nm. As the temperature increased, the intensity of specialized peaks was enhanced, indicating the higher crystallinity at higher deposition temperature. Furthermore, compared with the patterns of the thin film deposited at 200 and 220 °C, the pattern at 180 °C shows a shift to lower 2\(\theta\) value, implying an isotropic expansion of the lattice. The calculated unit cell dimension is 0.401 nm for 180 °C, larger than 0.391 nm for 200 and 220 °C. The peak shift can be attributed to carbon incorporation in Pd lattice.\(^{36,52,53}\) In this case, the elimination of
carbon contamination occurred when the deposition temperature continued increasing. The resistivity of Pd thin films deposited at 180, 200 and 220 °C was 63 ± 5 μΩ cm, which was much higher than 9.8 μΩ cm of pure bulk palladium. Since the electron mean free path of palladium is 25.5 nm, which is even longer than the calculated diameter of Pd grain, the electron-grain boundary scattering would be greatly enhanced. Moreover, according to the previous Pd ALD study in which the resistivity was 48 μΩ cm, the increase in resistivity was also attributed to the carbon content.

The growth of Pd thin film was different from Rh deposition, as the growth shown in Fig. 6a showed no obvious delay. The growth rate was determined as 0.22 Å per cycle. The AFM image is shown and Fig. 6b and the RMS roughness was determined as 0.13 nm, which was smoother than the roughness reported in previous studies (Table 3). The SEM images of Pd thin films at 200 and 220 °C in Fig. 7 revealed a change in morphology with increasing temperature. For the thin film deposited at 200 °C, the morphology showed the highly coalesced structure. But when the deposition temperature was increased to 220 °C (Fig. 7c and d), the morphology became island-shape nanoparticles. The nanoparticles with size of 7 ± 3 nm were uniformly distributed on the surface.

The change in morphology contradicted the general understanding of the aggregative growth of ALD. It is generally believed that lower temperature results in smaller particle size and narrower particle size distribution, as carbon on the surface prevents nanoparticles from coalescence by suppressing their mobility. However, in this work, Pd nanoparticles that grew at 200 °C were highly coalesced, while at 220 °C were well-separated. The island coalescence was also reported in other Pt and Pd ALD studies. It was attributed to the poor nucleation.

When the pulses of trimethylaluminum (TMA) were applied prior to the main processes, more nucleation sites were created on the surface, and the nanoparticles became well-separated. Therefore, in this work, the change in morphology of

### Table 3

| Cycle sequence                  | Area (μm²) | Thickness (nm) | Roughness (nm) | Ref. |
|--------------------------------|-----------|----------------|----------------|-----|
| Pd(hfac)₂–H₂ plasma            | 0.5 × 0.5 | 2              | 2.1            | 31  |
| Pd(hfac)₂–H₂ plasma            | 0.5 × 0.5 | 4              | 0.4            | 31  |
| Pd(hfac)₂–H₂                   | 0.5 × 0.5 | 3              | 0.5            | 32  |
| Pd(hfac)₂–formalin              | 1 × 1     | 42             | 4.2            | 33  |
| Pd(hfac)₂–H₂ plasma            | 2 × 2 μm² | 17             | 1.0            | 36  |
| Pd(hfac)₂–H₂ plasma–O₂         | 2 × 2 μm² | 20             | 1.3            | 36  |
| Pd(hfac)₂–formalin              | 25        | 3.5            |                | 34  |
| Pd(hfac)₂–O₃                   | 1 × 1 μm² | 20             | 0.13           | This work |
Pd thin films with increasing temperature indicated an enhancement of nucleation.

Combining with XRD result mentioned above, we proposed that the decomposition of (hfac) species (the poisoning species) at 220 °C enhanced the nucleation of Pd. It has been proved that CF₃ species partly decomposed when the temperature went beyond 200 °C, and (hfac) species full decomposed at 252 °C. At 220 °C, the surface could be occupied with CF₂, C, F and Pd atoms, rather than (hfac) species. During the ALD process, fluorine was reacted away, and the surface carbon help fix and separate the nanoparticles.

Fig. 8 shows XPS spectra of the C 1s, F 1s, O 1s, and Pd 3d core-levels obtained from Pd thin film deposited at 200 °C. In C 1s spectrum, except C–C component, C–O peak at 285.9 eV and C≡O peak at 288.0 eV were identified. As no C–F was detected, it was indicated that fluorine element has been eliminated during the ALD process. Pd 3d spectrum was shown in Fig. 8c, the major component at 335.8 eV and its spin–orbit component (Å = 5.26 eV) at 341.1 eV were assigned to metallic Pd₃/₂ and Pd₅/₂. Another two minor components at 337.1 and 342.2 eV were assigned to the oxide components. In O 1s spectrum (Fig. 8d), the peaks of C–O, Al₂O₃, PdO and Pd 3p were highly overlapped. Each component was identified by comparing the XPS spectra of the Pd thin film after fully oxidizing the thin film.

Conclusions

In this study, Rh and Pd thin films were obtained by ALD method using Rh(acac)₃ and Pd(hfac)₂ as the precursors, ozone as the co-reactant. The short pulses of low-concentration ozone and the appropriate deposition temperature achieved metallic films with smooth surface, controllable thickness and fast growth rate. For Rh deposition, above the threshold temperature, low concentration ozone was consumed fast by the ligands, leading to the pure metallic surface. For Pd deposition, the metallic films were deposited within the temperature range of 180 to 220 °C. In addition, the enhancement of nucleation was discovered at 220 °C, when (hfac) species partly decomposed. Both deposition temperature and ozone concentration were critical to the formation of high purity metallic Rh and Pd thin films. With this ALD process, only a small amount of ozone joined the process, and no dangerous hydrogen would be used to reduce the metal oxides.

Author contributions

A. I. Y. Tok conceived the project. Y. M. Zou and C. Y. Cheng co-wrote this paper. Y. M. Zou and Y. Y. Guo designed the experiments, performed ALD processes, and characterization. C. Y. Cheng accomplished simulation work. A. J. M. Ong corrected the English. R. Goei performed XPS and SEM characterization. All authors discussed the results, finalized the conclusions, and contributed to the manuscript.

Conflicts of interest

There are no conflicts to declare.

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