Transposition of the great arteries: Fetal pulmonary valve growth and postoperative neo-aortic root dilatation

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Abstract

Objectives: Documentation of semilunar valve growth in fetal transposition of the great arteries (TGA) and the relationship between neo-aortic root (NAoR) dilatation, a cause for postoperative reinterventions after the arterial switch operation (ASO), and pulmonary valve (PV) annulus dimensions prenatally.

Methods: This retrospective multicenter observational study included TGA fetuses suitable for ASO. Semilunar valve annuli pre-ASO and NAoR diameters (post-ASO) were measured. Trends in annulus diameters were analyzed using a linear mixed-effects model and compared with normal values. Prenatal semilunar valve Z-scores were correlated with NAoR diameters post-ASO.

Results: We included 137 TGA fetuses (35.8% with significant ventricular septal defects [VSDs]). One hundred twenty-one underwent ASO. Fetal TGA-PV diameters were significantly larger than control aortic valve (AoV) and PV annuli from 23 and 27 weeks, respectively, especially when a VSD was present. Fetal TGA-AoV annuli were significantly larger than control AoV and PV annuli from 26 and 30 weeks, respectively.

Z-scores of fetal TGA-PV and NAoR diameter at last follow-up correlated significantly (P < .001 at 26-30 wk).

Conclusion: Fetal TGA semilunar valve annuli are larger than control annuli, especially when there is a significant VSD. Factors besides postoperative hemodynamics, including fetal anatomy, PV Z-score, prenatal flow, connective tissue properties, and genetics, may influence the risk for late reintervention in these fetuses.
1 | INTRODUCTION

D-loop transposition of the great arteries (TGA) is a frequently seen cyanotic cardiac anomaly, occurring in 1 in 3,500 to 5,000 live births per year.\textsuperscript{1} The pulmonary and systemic circulations are in parallel not series, and blood with a higher saturation is ejected into the pulmonary circulation instead of the systemic circulation.\textsuperscript{2,3} Historically, low prenatal TGA detection rates have contributed to a relatively limited knowledge of fetal TGA pathophysiology.\textsuperscript{4} With the inclusion of additional views in prenatal screening protocols, the prenatal detection rate of TGA is improving.\textsuperscript{5} Fetal cardiologists are required to discuss long-term postoperative outcomes of TGA more frequently.

Currently, the arterial switch operation (ASO) is the preferred intervention for d-TGA and Taussig-Bing anomaly (TBA) worldwide with an operative mortality less than 5%.\textsuperscript{6-8} Despite this encouraging figure, some troubling complications do occur.\textsuperscript{8} Problems with coronary perfusion and peripheral pulmonary stenosis may occur in the short term. The growth of the anastomoses of the great arteries and the competence of the native pulmonary valve (PV) and root, now functioning as the neo-aortic valve and root (NAoR), in the systemic circulation are important in the long term.\textsuperscript{6-8} NAoR dilatation has been reported,\textsuperscript{8-17} even in the first year post-ASO.\textsuperscript{9-11} and the root continues to grow excessively,\textsuperscript{15-17} at a rate >4 times normal.\textsuperscript{9} The resulting aortic valve (AoV) regurgitation and aneurysm formation may require a reintervention.\textsuperscript{15-17} The 25-year reintervention-free survival for the neo-aortic valve or root after ASO is reported to be 95%.\textsuperscript{15}

The underlying etiology of NAoR dilatation is not completely understood and is probably multifactorial. Prior pulmonary artery banding, presence of a ventricular septal defect (VSD), TBA, gender, the technique used for the transfer of the coronary buttons, and the length of follow-up have been implicated.\textsuperscript{11-20}

The study aim was to document the natural growth of the semilunar valves in fetuses with TGA and to compare it with normal semilunar valve growth. We also wished to determine if NAoR dilatation post-ASO is related to the prenatal semilunar valve growth. This knowledge could be important to understand the pathophysiology of fetal TGA and the long-term post-ASO complications.

2 | METHODS

2.1 | Study population

All fetuses diagnosed between 2000 and 2017 with d-TGA or TBA (TGA without pulmonary stenosis with a large VSD and overriding of the PV < 50%) suitable for ASO at four academic centers in the Netherlands (Amsterdam University Medical Centers [Academic Medical Center and VU Medical Center], Leiden University Medical Center, and the University Medical Center Groningen) were included in this observational study.

What’s already known about this topic?

- Transposition of the great arteries (TGA) is treated with the arterial switch operation (ASO). Neo-aortic root (NAoR) dilatation is seen postoperatively and may require late reintervention. (26)

What does this study add?

- The first serial data on semilunar valve size in fetal TGA in a large cohort are provided.
- TGA semilunar valve diameters are larger than in normal fetal hearts, giving a larger left ventricular outflow tract.
- The prenatal pulmonary valve size may predispose to NAoR dilatation post-ASO. (44)

The patients were divided into two subgroups: (a) TGA with a hemodynamically significant VSD and (b) TGA with an intact interventricular septum (IVS).

The study was approved by the Medical Ethics Committee of the Academic Medical Centre, Amsterdam University Medical Centers, Amsterdam; however, such approval is legally not required for retrospective studies in the Netherlands.

2.2 | Clinical data

The collected clinical data included sex, gestational age at prenatal follow-ups, prenatal and final diagnosis after birth, gestational age at birth, birth weight, surgical procedures performed, and outcome (alive or dead). The age, weight, and height of the patients at 1-year post-ASO and/or last follow-up moment were also collected.

2.3 | Echocardiographic measurements

The diameters of the semilunar valve annuli at each prenatal follow-up visit and on the first postnatal day were measured in millimeters. The prenatal and pre-ASO measurements were made with the valves open using outflow tract views and compared with the normal data of Vigneswaran et al\textsuperscript{21} and Schneider et al\textsuperscript{22} as Vigneswaran et al measured the annuli with the valves closed and Schneider et al with the valves open.

Fetal and pre-ASO Z-scores for the PV and AoV annular diameters were calculated from Vigneswaran et al\textsuperscript{21} and Schneider et al.\textsuperscript{22}

Measurements post-ASO included the neo-aortic annulus, NAoR at the level of the sinuses, and sino-tubular (ST) junction at the follow-up closest to 1-year post-ASO and at the last follow-up visit. The measurements were made with the valves open from inner-edge to inner-edge (Figure 1). The Haycock formula was used to calculate the body surface area,\textsuperscript{23} and the Z-scores were determined according to a pediatric reference dataset.\textsuperscript{24}
Statistical analysis

Population characteristics

Statistical analysis was performed using IBM SPSS Statistics 23.0 (SPSS Inc, Chicago, Illinois) and R version 3.3.2. Clinical characteristics and echocardiographic parameters were presented as a number (percentage) for categorical variables, mean (standard deviation) for continuous variables with an approximately symmetric distribution, and median (inter-quartiles) for continuous data with a skewed distribution. Comparisons between baseline characteristics for TGA fetuses and median (interquartiles) for continuous data were performed using the chi-squared test or the Mann-Whitney U-test, as appropriate.

Prenatal trends in PV and AoV annular diameters

A repeated measurements analysis with a linear mixed-effects model was used to assess average age trends in PV and AoV annular diameters, using all available prenatal echocardiograms per fetus and the first postnatal echocardiogram. This was also done for the Z-scores of the PV and AoV annular diameters, using only the fetal data. A mixed-effects model takes account of repeated measurements per fetus over time during which the number and timing of the measurements may vary per fetus. Natural cubic splines were modeled to evaluate the variations in time. Knots were placed at five fixed quintiles of the predictor’s distribution as suggested by Stone and Koo. The intercept was allowed to differ per fetus and was assumed to follow a multivariate normal distribution (random effect). Since the slope and the intercept of both semilunar valve models had a correlation of 1.0, no random effect for the slope was used. Control lines for PV and AoV annular diameters were plotted on the basis of regression equations described by Vigneswaran et al and Schneider et al.

Several comparisons were performed for the PV and AoV annular diameters: (a) the average trend in PV annular diameters of the TGA fetuses compared with the trend in PV annular diameters of controls and (b) with the AoV annulus of the controls. Further, (c) the average trend in AoV annulus of the TGA fetuses was compared with the trend in PV annulus of the controls and (d) the AoV annulus of controls. The average trends in (e) the PV and AoV annuli of the TGA fetuses were additionally allowed to differ by the presence or absence of a VSD as well as (f) by the presence of TBA.

A sensitivity analysis was also performed for the TGA-PV annulus trend where only measurements made during fetal life were included. For the Z-scores of the PV and AoV annular diameters, the average trend was analyzed and the trends were allowed to differ by the presence or absence of a VSD.

Sampling uncertainty was quantified via 95% confidence intervals and P values. A P value < 0.05 was considered statistically significant.

Correlation between prenatal and postnatal measurements

Correlations between the Z-scores of the prenatal semilunar valve annuli and the neo-aortic dimensions 1-year post-ASO and last outpatient follow-up were performed, stratified for gestational age: 18 to 22, 26 to 30, and 32 to 36 weeks’ gestation. Each group included only one measurement of PV and AoV annulus per fetus. Correlation between prenatal and postnatal measurements was tested by the Spearman correlation coefficient (Rho).

Prediction of NAoR dilatation post-ASO

Receiver-operating characteristic (ROC) analyses were performed, and the area under the curves (AUCs) were determined for the NAoR dilatation (defined as Z-score > +2) at 1-year post-ASO or the last post-ASO follow-up visit for all gestational age groups (ie, 8-22, 26-30, and 32-36 wk’ gestation), based on the fetal PV and AoV Z-score of one measurement per age group. An AUC > 0.700 was considered...
to be of a good predictive value, and of these values, an optimal cutoff value was defined (Youden index).

A logistic regression analysis was additionally performed to stratify the predictive value for sex.

3 | RESULTS

3.1 | Population characteristics

One hundred forty-nine fetuses were identified with a prenatal diagnosis of TGA suitable for ASO. There were no fetal echocardiograms available for revision in 12 (8.1%). One hundred thirty-seven fetuses were included in the analyses of whom 90 (65.7%) were male and 46 were female. The gender of one fetus, where the pregnancy was interrupted, was not recorded. Eighty-eight fetuses (64.2%) had an IVS and 49 (35.8%) a significant VSD of which 12 (8.8%) had a TBA. In total, 15 fetuses (11%) died (Figure 2). One hundred twenty-one underwent an ASO. There were three post-ASO deaths related to coronary perfusion problems giving an operative mortality of 2.5%. Table 1 shows the baseline characteristics of the included fetuses.

There were 384 fetal and 119 postnatal echocardiograms analyzed giving pre-ASO data from 503 echocardiograms. The median number of included echocardiograms was 5 (range 1-10) per patient. Follow-up data post-ASO were available from 119 fetuses. The median follow-up was 2.9 years (range 1 mo-14.3 y).

FIGURE 2 Flow diagram of included patients. ASO, arterial switch operation; IUD, intra-uterine death; IVS, intact inter-ventricular septum; TBA, Taussig-Bing anatomy; TGA, transposition of the great arteries; TOP, termination of pregnancy; VSD, ventricular septal defect [Colour figure can be viewed at wileyonlinelibrary.com]
The table below shows the baseline characteristics of the study participants.

|                          | All (n = 137) | IVS (n = 88) | VSD (n = 49) | P Value IVS vs VSD |
|--------------------------|--------------|-------------|-------------|-------------------|
| Male                     | 90 (65.7%)   | 63 (71.6%)  | 27 (55.1%)  | .0001             |
| Female                   | 46 (33.6%)   | 25 (28.4%)  | 21 (42.9%)  | .55               |
| Number of echocardiograms| 5 (4–7)      | 6 (4–7)     | 5 (4–6)     | .007              |
| Median (IQR)             |              |             |             |                   |
| Gestation age at birth, wk| 39.1 ± 1.2 (n = 126) | 39.2 ± 0.9 (n = 83) | 39.0 ± 1.5 (n = 43) | .43               |
| Birth weight, kg         | 3.359 ± 0.442 (n = 126) | 3.380 ± 0.438 (n = 83) | 3.320 ± 0.454 (n = 43) | .47               |
| Balloon atrial septostomy| 65 (51.6%) (n = 126) | 49 (59%) (n = 83) | 16 (37.2%) (n = 43) | .03               |
| Deaths                   | 15 (10.9%)   | 6 (6.8%)    | 9 (18.4%)   | .07               |

Significant results are shown in bold (P < .05). Abbreviations: IVS, interventricular septum; IQR, inter-quartile range; VSD, ventricular septal defect.

### 3.2 Trends in PV annular diameters

A statistically significant trend in PV annular diameter (P < .0001) was seen in the TGA fetuses through gestation. The average trend in PV annular diameter in TGA fetuses compared with controls was different from 27 weeks’ gestation, with the PV annulus being larger in the TGA fetuses (Figures 3A and S1). In late gestation, the PV annular growth rate reduced (change in slope of curve). The sensitivity analysis with the exclusion of the first postnatal measurements showed a subtler reduction in PV annular growth rate in late gestation (Figure S2).

When compared with the AoV annular diameter of the controls (Figures 3B and S1), TGA fetuses had a larger PV annular diameter from 23 weeks’ gestation onwards.

There was a statistically significant difference in the PV annular diameter of TGA fetuses with and without a VSD (P = .005) (Figure 3C). TGA fetuses with VSD had, on average, larger PV annular dimensions. When the TGA-VSD fetuses were further stratified on the basis of a TBA or non-TBA anatomy, there was a statistically significant difference in the trend in PV annular diameter between the subgroups (P < .0001) (Figure 3D).

### 3.3 Trends in AoV annular diameters

A statistically significant trend was seen in the AoV annular diameter in the TGA fetuses (P < .0001). There was a significant difference between the average trend in AoV annulus in TGA fetuses compared with the PV annular diameter of the controls from 30 weeks’ gestation (Figure 3E). TGA fetuses had a significantly larger AoV annular diameter compared with the AoV annular diameter of the controls from 26 weeks’ gestation onwards (Figure 3F).

### 3.4 Prenatal trends in Z-score of PV and AoV annular diameters

A statistically significant trend was seen in the semilunar valve Z-scores in the TGA fetuses (P < .0001 for both valves). The trends in the Z-scores of the PV and AoV annular diameters were not different for the presence or absence of a VSD (P = .052 and P = .078, respectively) (Figures 4 and S3).

### 3.5 Correlation between prenatal and postnatal measurements

All correlations are documented in Table 2. Most importantly, at 26 to 30 weeks’ gestation, Z-scores of the PV and AoV annular diameters correlated with the Z-score of the NAoR measurement at the last follow-up visit (r = −0.49, P < .001 and r = −0.32, P = .008, respectively).

### 3.6 Prediction of NAoR dilatation post-ASO

Only the PV annulus Z-score at 26 to 30 weeks’ gestation was considered to be of a predictive value for NAoR dilatation at the last follow-up visit (AUC = 0.761) (Table S1). The optimal cutoff value to predict NAoR dilatation at the last follow-up visit post-ASO was a PV annulus Z-score of −0.04 at 26 to 30 weeks’ gestation (sensitivity 73%, specificity 69%) (Figure S4).

There was no statistically significant difference between males and females in the prediction of NAoR dilatation at last follow-up visit post-ASO based on the PV annulus Z-score at 26 to 30 weeks’ gestation (P = .395).

### 4 DISCUSSION

#### 4.1 Main findings

This study has shown that the semilunar valves are larger in TGA fetuses compared with fetuses with normal hearts. PV annular diameters in the TGA fetuses were significantly larger than controls from 27 weeks’ gestation, especially when a VSD was present. They were also significantly larger than control AoV annular diameters from 23 weeks’ gestation. The Z-scores of the PV annulus and NAoR diameter at last follow-up post-ASO correlated significantly, but only the PV annulus Z-score at 26 to 30 weeks’ gestation was considered to be of a predictive value for NAoR dilatation at the last follow-up visit (AUC = 0.761).

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**TABLE 1** Baseline characteristics

|                          | All (n = 137) | IVS (n = 88) | VSD (n = 49) | P Value IVS vs VSD |
|--------------------------|--------------|-------------|-------------|-------------------|
| Number of echocardiograms| 5 (4–7)      | 6 (4–7)     | 5 (4–6)     | .007              |
| Median (IQR)             |              |             |             |                   |
| Gestation age at birth, wk| 39.1 ± 1.2 (n = 126) | 39.2 ± 0.9 (n = 83) | 39.0 ± 1.5 (n = 43) | .43               |
| Birth weight, kg         | 3.359 ± 0.442 (n = 126) | 3.380 ± 0.438 (n = 83) | 3.320 ± 0.454 (n = 43) | .47               |
| Balloon atrial septostomy| 65 (51.6%) (n = 126) | 49 (59%) (n = 83) | 16 (37.2%) (n = 43) | .03               |
| Deaths                   | 15 (10.9%)   | 6 (6.8%)    | 9 (18.4%)   | .07               |
Additionally, the AoV annular diameters were significantly larger in TGA fetuses than controls from 26 weeks’ gestation and larger than control PV annular measurements from 30 weeks’ gestation.

4.2 Flow and growth of the semilunar valves

The size of a vessel can be related to the flow through it, growing larger with more flow. The PV annulus is usually larger than the AoV annulus in a normal fetal heart. This correlates with the larger proportion of the combined cardiac output (CCO) ejected by the right ventricle compared with the left ventricle, which increases with gestation to about 66% for the right ventricle. In the fetus, oxygenated blood from the venous duct is preferentially streamed across the oval fossa into the left atrium and left ventricle. In TGA, this blood, with a higher oxygen saturation, is ejected into the pulmonary artery and may cause pulmonary vasodilatation and potential ductal constriction. Increased pulmonary blood flow, pulmonary venous return to the left atrium...
and left ventricular filling then follows.\textsuperscript{2,3,5} The percentage of the CCO ejected by the left ventricle increases as a consequence to about 50%.\textsuperscript{2,3,5}

So, if only flow determines growth, the PV annular diameter in fetal TGA hearts should be smaller than control PV annuli but larger than control AoV annuli. However, we found the diameters of fetal TGA-PV annuli to be significantly larger than controls from 27 weeks and also larger than the control AoV annuli from 23 weeks onwards. A previous study has also shown PV $Z$-scores smaller than the AoV $Z$-scores ($-0.65$ vs $+1.13$), in concordance with our findings. Furthermore, the fetal TGA-AoV annuli were not smaller than control PV annuli as may be expected if only flow determines annular growth.

Our findings suggest that other factors besides flow also play a role in the growth of the semilunar valve annuli in fetal TGA. Lalezari et al\textsuperscript{33} have shown that the amount of collagen was diminished in unoperated neonatal TGA hearts and the anchorage and embedding of both arterial roots in the myocardium was less extensive. This deficiency in support for the great vessels possibly contributes to the increased size of the semilunar valves. Furthermore, the pulmonary artery in unoperated TGA hearts showed a clear trend in loss of actin-positive smooth muscle cells with age,\textsuperscript{34} which may further contribute to NAoR dilatation post-ASO.

### 4.3 Effect of a VSD

The enlargement of the PV annulus was especially marked when there was a significant VSD from about 30 weeks’ gestation. In TBA, the PV annular diameter is larger than the AoV annulus as the subpulmonary VSD allows a proportion of the right ventricular output, in addition to the left ventricular output, to cross the PV, encouraging growth. Larger PV annular diameters in non-TBA TGA hearts with a significant VSD were also found, suggesting a net right to left shunt across the fetal VSD and increased flow over the PV, coinciding with the fall in pulmonary resistance that is seen in the fetus around 28 weeks’ gestation.\textsuperscript{31,32}

### 4.4 Late gestational changes in PV annular growth

We found a reduced growth rate in the PV annulus at the end of gestation. A corresponding leveling in the prenatal PV-$Z$-score was seen...
from 35 weeks onwards. Godfrey et al have also described a significant reduction in the PV annular Z-score in fetal TGA between the second and third trimesters. The reason for this is not entirely clear. After 30 weeks, the proportion of the CCO passing through the lungs and oval fossa is stable in normal fetal hearts, but the pulmonary vascular resistance increases. In TGA fetuses, the pulmonary venous return may be increased elevating left atrial pressure and encouraging restriction of the oval foramen, reducing right to left shunting at atrial level, left ventricular filling and flow over the PV in later gestation with possible reduced growth of the PV as a result. When the postnatal measurements were not included in our model, the late gestational trend for reduction in PV annular growth was less evident.

### 4.5 Neo-aortic root

The long-term prognosis of the ASO depends on the adequate growth of the repaired arteries and the adaption of the neo-aortic valve. We have shown that the size of the PV annulus at 26 to 30 weeks correlated with the size of the NAoR at last follow-up visit post-ASO and that the PV annulus in fetal TGA is already larger than a normal AoV annulus. However, this correlation was not strong enough to be clinically useful for a prenatal prediction of NAoR dilatation post-ASO. Measuring the PV annulus at 28 weeks' gestation will not influence the immediate postnatal management of the baby. In countries where there are constraints on prenatal echo facilities, the emphasis should rather lie on the initial diagnosis of the TGA around 20 weeks where there are constraints on prenatal echo facilities, the emphasis should rather lie on the initial diagnosis of the TGA around 20 weeks.
post-ASO is ≥4 times the normal rate.9 The resultant valve regurgitation may require reintervention.7,15-17

4.6 | Strengths and limitations

This was a multicenter study of one of the largest cohorts of fetal TGA reported to date and presents serial data. As with all retrospective studies, it has limitations. Not all cases had stored data that could be analyzed. The fetal echocardiograms were made by different observers, and there was no predetermined protocol, which may have biased the results. However, two researchers performed all the measurements. We did not have our own control group and used the normal data of Vigneswaran et al21 based on a cohort of more than 7000 fetuses. As the semilunar valves were measured in de closed position by Vigneswaran et al21 and they had no measurement data after 36 weeks’ gestation, we also plotted our cohort against the normal data of Schneider et al22 where the semilunar valves were measured in the open position in 130 fetuses. The trends and our conclusions using the different control data were similar.

4.7 | Conclusions

In conclusion, fetal TGA semilunar valve annuli are larger than normal, especially when there is a significant VSD. This research adds to our understanding of the pathophysiology of fetal TGA and the long-term complications post-ASO.

CONFLICT OF INTEREST

None declared.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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SUPPORTING INFORMATION
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