Swelling Kinetics and Impregnation of PLA with Thymol under Supercritical CO₂ Conditions

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The present work was aimed to study swelling kinetics of polylactic acid (PLA) and its impregnation with thymol in supercritical carbon dioxide (scCO₂) medium. The influences of temperature and soaking time on the swelling kinetics and impregnation yield of PLA cylindrical disc and film were investigated. Swelling experiments were performed in a high pressure view cell at 10 MPa and temperatures of 40 °C, 60 °C and 75 °C for 2 to 24 h. On the basis of swelling kinetics, pressure of 10 MPa and temperature of 40 °C were chosen for supercritical solvent impregnation (SSI) of the PLA samples during 2 to 24 h. The highest swelling extent was observed for the PLA monolith after 24 h treatment with pure scCO₂ (7.5%) and scCO₂ with thymol (118.3%). It was shown that sufficiently high amount of thymol can be loaded into both PLA monolith and film using SSI after only 2 h (10.0% and 6.6%, respectively). Monolith and film of PLA impregnated with thymol could be suitable for active food packaging and sterile medical disposables.

Key words: carbon dioxide, PLA, supercritical impregnation, swelling, thymol

1. INTRODUCTION

One of the most important trends in the polymer field nowadays is replacement of petroleum-based polymers with bio-based ones. Polylactic acid (PLA) has been very attractive for food packaging and biomedical applications being biocompatible and biodegradable polymer with relatively low cost production and good physical and mechanical properties. PLA is obtained on industrial scale by the ring-opening polymerization of lactide, the cyclic dimer of lactic acid [1, 2]. The ratio between the two stereoisomers, L-lactic acid and D-lactic acid, control the PLA properties, in particular crystallinity [2]. Crystalline level of the PLA modulates its permeability, mechanical performance, heat deflection temperature, and biodegradation rate. Due to mechanical strength, PLA has attracted interest as a packaging material. Also, its ability to slowly degrade in the human body makes it suitable for biomedical applications (e.g. tissue engineering scaffold) [1, 2].

Supercritical carbon dioxide (scCO₂) has been recently proven as advantageous medium for polymer processing [3]. Besides having low critical pressure and temperature (P_c=7.38 MPa and T_c=31.1 °C), scCO₂ is non-toxic, non-flammable, chemically inert, cheap, and easily available. ScCO₂ is a good solvent
for non-polar substances and has high diffusivity in solids. Therefore, scCO$_2$ can be used as a solvent, foaming agent, and impregnation medium in polymer processing. Main advantages of polymers processing with scCO$_2$ include working at low temperatures and with thermolabile and hydrophobic substances as well as fast and complete solvent removal from the final product [4]. Supercritical foaming process implies polymers saturation with a supercritical fluid at constant temperature and pressure conditions followed by rapid increase of temperature or reduction of pressure which may result in the nucleation and growth of gas bubbles inside the polymer matrix and thus creation of porous structures. Control of the pore structure is crucial because size and interconnectivity of pores strongly influence scaffolds cell growth behavior and drug release profile [1]. Supercritical solvent impregnation (SSI) implies dissolution of bioactive compounds in supercritical fluid and contact of the resulting fluid mixture with a polymer material to be impregnated [5]. A bioactive compound can be entrapped by a simple deposition into the polymer matrix after removal of the scCO$_2$ from the system or via chemical interactions between the bioactive compound and the polymer that favors the impregnation [6]. Loading of the bioactive compounds or depth of their penetration can be modified by adjusting parameters such as solvent density (by changes in pressure and temperature), rate of the depressurization step, and the time of impregnation [5, 6]. Incorporation of bioactive components into polymers enables production of materials with high added value with a wide range of use. One of natural compounds that proved to be appropriate for producing antimicrobial polymers is thymol [7-9]. Thymol has strong antimicrobial, antioxidant and anti-inflammatory activity [10] and its use was approved by FDA.

This research was aimed to determine swelling behavior of PLA samples in the form of monolith and film and their impregnation with thymol under moderately high scCO$_2$ pressure and temperatures in order to obtain functional material for use as active food packaging or in production of sterile medical disposables.

2. EXPERIMENTAL WORK

2.1. Materials

Semi-crystalline PLA (Ingeo 3052D, NatureWorks LLC, Germany) containing 4.15% of D-lactide monomer was used for this research. Thymol (purity <99%, Sigma Aldrich, Germany) was used for impregnation process. Chlorophorm (Centrohem, Serbia) was used for PLA film preparation. Commercial carbon dioxide (purity 99%) was supplied by Messer-Tecnogas (Serbia).

2.2. Methods

2.2.1. Preparation of PLA cylindrical monolith and film

Cylindrical PLA monolith was obtained by pre-melting of PLA beads (0.34 g ± 0.05 g) at 170 °C ± 5 °C and its moulding in the disc shaped glass for 15 minutes. Obtained PLA disc had thickness of 3 mm ± 0.5 mm and diameter of 10 mm ± 2 mm.

Film of PLA was obtained by solvent casting method using chloroform as a solvent (1 g of PLA was dissolved in 12.5 mL of chloroform). Solvent was evaporated at room temperature during 48 h. Thickness of the obtained film was 0.20 mm ± 0.04 mm.

2.2.2. Swelling of PLA and its impregnation

A high pressure view cell equipped with CCD camera described elsewhere [8] was used to monitor swelling behavior and impregnation of PLA samples (Figure 1).

![Figure 1 - View cell](image)

Swelling behavior of PLA exposed to scCO$_2$ was investigated at 10 MPa and 40, 60, 75 °C. The time of exposure varied from 2 h to 24 h. The volume changes of the samples exposed to scCO$_2$ were monitored by recording the two-dimensional projection of the rotationally symmetric sample with time using the IC Capture 2.1 software. The change of the sample’s dimension (height, $L$) due to swelling was determined by the image processing program ImageJ. Swelling extent ($S$) was calculated using Eq. 1:

$$S(\%) = \frac{V_f - V_0}{V_0} \cdot 100 = \left( \frac{L_f}{L_0} - 1 \right) \cdot 100$$

where $V_0$ is the volume of polymer at ambient conditions at the beginning of the process, $V_f$ is the volume of swollen polymer, $L_0$ and $L_f$ are the heights of polymer molded in the glass beaker at the beginning of the process and after swelling, respectively.

For monitoring of PLA swelling and impregnation in scCO$_2$-thymol system, 1:1 PLA to thymol ratio was chosen. Thymol was placed at the bottom of the cell
while PLA was placed above it. Pressure of 10 MPa and temperature of 40 °C were applied during 2 to 24 h.

Impregnation yield ($I$) was calculated using Eq. 2:

$$I(P,T,t) = \frac{m_{\text{Thymol}}}{m_{\text{PLA}} + m_{\text{Thymol}}} \cdot 100\%$$

(2)

where $m_{\text{Thymol}}$ is the mass of impregnated thymol and $m_{\text{PLA}}$ is the mass of polymer at the beginning of process. $m_{\text{Thymol}}$ was calculated as a difference between masses of the impregnated PLA sample and $m_{\text{PLA}}$.

2.3.3. Scanning electron microscopy (SEM)

Field emission scanning electron microscopy (FE-SEM, Mira3Tescan) was used to analyze morphology of the PLA disc and film treated with scCO$_2$ and thymol. The samples were coated with a thin layer of Au/Pd (85/15) prior to the analysis.

3. RESULTS

3.1. Swelling behaviour of PLA

Swelling kinetics of the PLA disc at pressure of 10 MPa and temperatures of 40 °C, 60 °C and 75 °C are presented in Figure 2.

![Figure 2 – Swelling kinetics of PLA monolith](image)

Longer soaking time led to the higher swelling extent of the PLA disc while the temperature increase resulted in decrease of the swelling extent. Accordingly, the highest swelling extent (7.45%) of the PLA disc at 10 MPa was recorded after 24 h and at the lowest temperature tested (40 °C).

Swelling kinetics of the PLA disc and film at 10 MPa and 40 °C are presented in Figure 3. It can be seen that the disc had 4.2 times higher swelling extent. The highest swelling extent of PLA was achieved after 24 h. Swelling extent of the PLA film reached its maximum of 1.75% after 6 h.

The samples of PLA investigated in this study had higher swelling extent in scCO$_2$ in comparison to previously reported at comparable pressure and temperature conditions (density of CO$_2$) [1, 11, 12].

PLA (PLA 52K, Purac) investigated by Pini and coworkers [11] had maximum swelling extent of 0.65% at 35 °C and 20 MPa, while swelling extent of PLA (PLA 15K, Resomer, and PLA 52K, Purac) investigated by Tai and coworkers [1] at same conditions was up to 0.68%. Sato and coworkers [12] reported 0.20-0.55% swelling extent of PLA (PLA 117K and 157K, Mitsui Chemicals, Inc.) at 40 °C and 6-20 MPa.

![Figure 3 – Swelling kinetic of PLA disc and film at 10 MPa and 40 °C](image)

ScCO$_2$ solubility and diffusivity into PLA are influenced by both, the molecular structure (the interaction between CO$_2$ and polymer chains) and the morphology (crystalline or amorphous, related with free volume) of polymers [1]. Shieh and Lin [13] suggested that the sorption process at or below $P_c$ was mainly driven by carbonyl groups. Above $P_c$ sorption process is driven by the degree of crystallinity in such way that the higher the degree of crystallinity, the lower CO$_2$ solubility in the polymer will be.

3.2. Supercritical solvent impregnation of PLA with thymol

Pressure and temperature conditions for SSI of the PLA samples with thymol (10 MPa and 40 °C) were selected on the basis of previously determined solubility of thymol in scCO$_2$ [8] and swelling behaviour of PLA (Figure 1). At these conditions, maximum impregnation yield for the PLA disc was 29.91% with 118.27% swelling extent obtained for 24 h indicating thymol effect on the PLA morphology.

Kinetics of the PLA disc impregnation with thymol is presented in Figure 4. Longer soaking time led to higher impregnation yield. This is in accordance with the previously observed positive effect of longer soaking time on the swelling of PLA (Figure 2) at the same conditions (10 MPa and 40 °C).
The highest impregnation rate was observed within first 5 h reaching 20% of thymol impregnation yield in PLA. Impregnation yield of PLA disc after 24 h was 30%. However, sufficiently high impregnation yield of the PLA disc was achieved already after 2 h (10%) with the swelling extent 8.04%. Namely, in our previous study impregnated cellulose acetate scaffold containing 4.51% of thymol provided antimicrobial action against Escherichia coli, Staphylococcus aureus, and Candida albicans [7]. Also, satisfactory impregnation yield of the PLA film (6.6%) was achieved after only 2 h at same operating pressure and temperature (10 MPa and 40 °C). Therewith, swelling extent of the PLA film in the presence of scCO2 and thymol was only 1.20%. Small swelling extent of the PLA film during SSI is desirable feature for film usage in food packaging. There are no data in the literature available on PLA impregnation with thymol using scCO2. Sato and coworkers [12] impregnated PLA with paclitaxel at 40 °C and 20 MPa during 24 h with 0.01% impregnation yield. Some of the recently reported thymol impregnated polymeric materials using scCO2 at same conditions (10 MPa, 40 °C, 2h) include: cellulose acetate with impregnation yield 4.51% [7], cotton gauze with impregnation yield 11% [8], polycaprolactone with impregnation yield 23.7% [3].

3.3. Morphological analysis

SEM images of PLA disc (Figure 5a) and film (Figure 5b) processed at 10 MPa and 40 °C with pure scCO2 show that samples have almost flat surface without visible pores.

Comparable analysis of SEM images of PLA disc and film treated with pure scCO2 (Figure 5) and impregnated with thymol at 10 MPa and 40 °C during 2 h (Figure 6) showed that thymol had small effect on PLA morphology at applied pressure and temperature conditions.

4. CONCLUSION

The study provided new data on swelling kinetics of PLA in presence of scCO2 and thymol as well as the first data on SSI of PLA with thymol. The highest swelling extent with pure scCO2 was obtained at 10 MPa and 40 °C. After 24 h, PLA disc had higher swelling extent then film, 7.45% and 1.75%, respectively. Thymol had pronounced effect on the PLA disc swelling at aforementioned conditions (118.3%).

Feasibility of SSI for successful loading of sufficiently high amounts of thymol into both PLA disc (10%) and film (6.6%) after only 2 h was proven. Nonporous PLA disc and film impregnated with thymol have great potential for food packaging and production of medical disposals where sterile environment is required.

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6. REMARK

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REZIME

KINETIKA BUBRENJA PLA I NJEGOVA IMPREGNACIJA TIMOLOM UPOTREBOM NATKRITIČNOG UGLJENIK(IV)-OKSIDA

Prikazana studija je namenjena ispitivanju kinetike bubrenja polilaktilida (PLA) i njegovoj impregnaciji timolom u natkritičnom ugljeniku(IV)-oksidu (nKCO₂). Praćen je uticaj temperature i operativnog vremena na kinetiku bubrenja i prinos impregnacije PLA cilindričnog diska i filma. Eksperimenti bubrenja su izvedeni u čelici za rad pod visokim pritiscima na 10 MPa i 40 °C, 60 °C i 75 °C od 2 h do 24 h. Na osnovu kinetike bubrenja, natkritična impregnacija uzoraka PLA timolom je izvedena na pritisku od 10 MPa i temperaturi od 40 °C tokom 2 do 24 h. Najveći stepen bubrenja je imao PLA disk na 10 MPa i 40 °C nakon 24 h (7,5%) u sistemu sa čistim nKCO₂ i u sistemu sa timolom (118,3%). Pokazano je da se dovoljno visok prinos impregnacije timola može postići nakon 2 h (10,0% za disk i 6,6% za film). PLA u formi diska i filma impregnirani timolom su pogodni materijali za aktivno pakovanje hrane i za sterilni medicinski pribor.

Ključne reči: ugljen(iv)-oksid, PLA; natkritična impregnacija, bubrenje; timol