Neuro-anesthetic Management of Craniotomy-surgery in Removal Tumor Multiple Meningioma Patients: A Case Report

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Introduction

Meningioma is a challenge for neurosurgeons worldwide because of its malignancy nature, and the expected surgical results are perfect after total excision. The very narrow range of errors makes surgery on meningioma more attractive. Nevertheless, sometimes, this presents a mixed picture and unusual complications [1]. Meningioma is an extra-axial tumor originating from the arachnoid membrane cells [1], [2]. These tumors often occur in multiple locations where arachnoid cells are present between the brain and bone, the ventricles, and along the spine [3]. These lesions can occur at any age, but most commonly in the elderly. Meningioma incidence in women is higher than in men, with a 2:1 intracranial ratio and 10:1 in the spine [1], [2], [3]. Most meningioma commonly benign, limited, develop slowly and can be treated surgically according to the location of the lesion. The most common location is in the parasagittal area [3]. The clinical symptoms that arise generally depend on the anatomical location involved. The three main symptoms that often occur are headache, altered mental status, and paralysis [1], [2], [3].

In addition to facilitating surgery, anesthetists also need to perform neuroanesthesia to control intracranial pressure (ICP) and brain volume, protect nerve tissue from injury and ischemia by implementing brain protection techniques, and reduce bleeding during the operation [4], [5]. Several things are essential to avoid during surgery, namely, hypoxemia, hypercapnia, anemia, and hypotension because they will harm the central nervous system and surgery results. It is essential to maintain brain autoregulation and response to CO2 to prevent ICP. Cerebral blood flow (CBF) is maintained at a mean arterial pressure (MAP) of 50–150 mmHg. Exceeding this limit, even with maximal dilation or maximal constriction of the cerebral blood vessels, CBF will passively follow the cerebral perfusion pressure (CPP). If CBF is significantly reduced (MAP <50 mmHg), cerebral ischemia can occur. Above normal limits (MAP >150 mmHg), the pressure will damage the constriction of blood vessels, and CBF will rise suddenly. There is damage to the...
intracranial components consist of brain tissue, blood, and cerebrospinal fluid. The volume composition of these three components can change according to Monroe Kellie’s law, but the total volume is always constant because the intracranial volume is always the same. Therefore, the increasing volume of one component will be followed by a decrease in the volume of another component. Good neuroanaesthesia includes the prevention of disruption of each of the intracranial components [8], [9].

Inhalation anesthetic techniques have been widely accepted in neurosurgical management, but they can decrease vascular resistance, particularly cerebral vascular resistance, resulting in increased CBF and ICP. In cases with increased ICP, the inhalation anesthetic technique will make the ICP higher, thereby reducing CPP, increasing the risk of cerebral ischemia, which can cause brain damage [10].

The total intravenous anesthesia technique uses propofol/dexmedetomidine and analgesic drugs (remifentanil or fentanyl), can reduce CBF, decrease ICP, maintain brain perfusion pressure and decrease cerebral metabolism oxygen rate (CMRO2) known as “Coupling Flow Metabolism” to protect brain tissue from damage [11]. This case report will discuss the neuro-anesthetic management of craniotomy surgery in the removal of multiple meningiomas. This case was interesting because of full of challenges for the neurosurgeon and neuroanaesthesia. The way a neurosurgeon controls the bleeding and makes the outcome better. For the neuroanaesthesia, how to maintain the stable hemodynamic by maintaining the CPP was adequate, reducing the CBF, maintain the normal autoregulation, decreasing the CMRO2, keeping the cerebral delivery oxygen (CDO2) was adequate, making the slack brain relaxing tumor.

Case Report

A 50-year-old female presented with complaints of full-body spasms since 10 min before admission to the hospital, full-body spasms with eyes staring upward with a seizure duration of about 20 min, a patient with a history of meningioma brain tumor and had surgery 4 years ago, a history of seizures previously there after surgery for 5 times, the last seizure was about 4 months ago. The patient had fever since 1 day before hospital admission. History of high blood pressure is denied. The patient has comorbid type II diabetes mellitus. A history of asthma and allergies to food and drugs was also denied. On physical comos mentis patient with a blood pressure of 130/90 mmHg, a regular pulse rate of 90 times/min, a breath rate of 18 times/min, and an oxygen saturation of 98%. Mallampati 1, good flexion and extension movements of the neck and temporomandibular joints. Auscultation of the chest, a versicular breath sounds, and no wheezing and rhonchi were found — laboratory tests within normal limits. Chest radiograph with a posterior-anterior position is normal limits. Electrocardiography (ECG) with left axis deviation is normal with a heart rate 100 times/min sinus rhythm. The contrast and non-contrast computerized tomography (CT) scan of the head showed a hyper-dense lesion in the left frontal and parietal bone area measuring 6.0 cm × 4.0 cm × 5.3 cm and multiple lesions on the left side of the cerebellum pontine angle (CPA) with a size of 3.0 cm × 4.0 cm × 2.7 cm, in the right CPA the diameter was 1.8 cm. In the frontal lobe, the diameter was 1.3 cm multiple meningiomas. Deviation of the midline to the right was about 1 cm from the previous about 1.5 cm. Defect in the right frontal bone (Figure 1). The patient was diagnosed with multiple meningiomas, with the American Society of Anesthesiology 3 of physical status [2].
under a microscope. The dura mater and other layers are closed until the operation is complete.

Postoperatively, the patient is admitted to the intensive care unit (ICU). On the 1st day in the ICU, the patient entered the ICU at 1:00 p.m. on a ventilator control (pressure control, FiO2 50%, respiratory rate 12 times/min, P-inspiration 12, PEEP 5, VT 350–370 cc, Oxygen saturation (SatO2) 99%). While in the ICU, the patient received fentanyl 25 mcg/h. Other therapies in the ICU include ceftriaxone, omeprazole, citicoline, propofol, dexamethasone, and mannitol.

**Discussion**

Meningioma neoplasms are classified based on the source, degree of anaplasia, and tumor location. The general classification of meningioma based on the World Health Organization (WHO) criteria divides meningioma into three groups, as shown in Table 1 [3]. All of these factors influence prognosis and management strategies. About 35,000 new tumor cases are diagnosed each year in the United States, of which 85% are primary brain tumors. Primary brain tumors account for 55–60% of all supra-tentorial tumors. Primary brain tumors included neuroepithelial tumors (35%), meningioma (15%), and pituitary adenomas (8%). The incidence of meningioma is 7.8 per 100,000 per year, but only 2.5% are symptomatic [11], [12].

**Table 1: Meningioma grading based on the WHO criteria**

| Type (WHO Grade) | Characteristic |
|------------------|----------------|
| Benign meningioma (WHO Grade I) | - Histological variant other than the clear cell, chordoid, papillary, or rhabdoid |
| Atypical meningioma (WHO Grade II) any of three criteria | - Mitotic index ≥ four mitoses/10 high-power field (HPF) |
| - Lack criteria of atypical and anaplastic meningioma |
| Anaplastic (malignant) meningioma (WHO Grade III) (either of two criteria) | - Anaplasia (sarcoma or melanoma-like histology) |

Meningioma is an extra-axial tumor that is often faced by neurosurgery and has been studied for the last two decades. Meningioma formed from cells that line the outside of the arachnoid membrane, meninges, or stem cells. In general, meningioma originates from the meninges and connects directly to the meninges on the brain's surface. Most of the meningioma grows slowly, and complaints and disorders result from pressure on the area around the mass. The three most common complaints are headache, altered mental status, and limb weakness. Most meningioma can be treated surgically, especially if the tumor location allows for complete extraction of the tumor and is accompanied by dura layer adhesions [13], [14].

Neoplasms in the central nervous system can cause both generalized and focal neurological disorders. Patients with tumors causing increased ICP may experience headache, nausea and vomiting, ataxia, syncope, and visual and cognitive impairments. Focal neurological signs are presented due to the mass compression in the surrounding area. Visual disturbances occur in a predictable pattern according to the location of the mass to the optic nerve, optic tract, optic radiation, and visual cortical area [15], [16]. Evaluation of a patient suspected of having an intracranial mass begins with the history and neurological examination. Radiological examination is essential for determining the patient's diagnosis and location of the tumor and postoperative assessment of patients with a supratentorial period.

Compared with CT, magnetic resonance imaging images of soft tissue give better results [17], [18]. The main purpose of anesthesia, in this case, is not only to facilitate surgery but also to control ICP and brain volume, prevent secondary brain injury, and reduce the occurrence of bleeding during surgery. Factors to avoid include hypoxemia, hypercapnia, anemia, and hypotension. Brain autoregulation and response to CO2 must be maintained to prevent it. The three intracranial components include brain tissue, blood, and cerebrospinal fluid. The volume composition of these three components can change according to Monroe-Kellie’s law, but the total volume is always constant because the intracranial volume is always the same. A volume decrease of one component will follow a volume increase in another component. Autoregulation of blood flow to the brain under normal conditions ranges from 50cc/100 g/min with a basal brain oxygen consumption of 3.3cc/100 g/min and a glucose consumption of 4.5 mg/100 g/min. This condition can occur when the MAP is maintained between 50 and 150 mmHg. MAP below 50 mmHg can cause ischemia in brain tissue, while pressures above 150 mmHg will cause damage to the blood-brain barrier resulting in brain edema or severe bleeding. In the case of brain tumor removal, a target PaO2 of 100–200 mmHg is expected. The provision of high oxygen levels with a PaO2 >200 mmHg should be avoided because cerebral vasoconstriction can occur and cause brain tissue ischemia [3], [6], [10]. Changes in the partial pressure of CO2 in the arteries (PaCO2) will result in changes in brain blood flow because CO2 is a potent vasodilator in brain blood vessels. Every mmHg change in PaCO2 between 25 and 80 mmHg will change brain blood flow by about 4%.

In brain tumor surgery, the PaCO2 is maintained between 25 and 30 mmHg to decrease CBF. PaCO2 pressures below 20 mmHg should be avoided as they can cause severe vasoconstriction and cause brain tissue ischemia [4]. Propofol is widely used in the induction of anesthesia and sedation in neuro-intensive care. Several studies have shown that propofol has a protective effect

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on the brain. Propofol decreases CBF (30%), CMRO2 (30%), and ICP. The CPP also decreases because propofol has a powerful hypotensive effect. The mechanism of action of propofol is to facilitate the inhibition of neurotransmission mediated by gamma-aminobutyric acid (GABA). In this case, titrated propofol 100 mg was given to a patient weighing 70 kg. The effect of propofol administration on the cardiovascular system can lead to a decrease in blood pressure by an average of 20% and a decrease in systemic vascular resistance by 26%, and the result is a decrease in cerebral perfusion. However, this decrease can be prevented by giving propofol by titration and giving fluids before induction. This patient was given a co-loading fluid of 10 cc/kg body weight or 700 cc [19].

Muscle relaxants are known to increase CBF, but the agents that increase CBF the least are vecuronium and rocuronium, so they are the drugs of choice for neurosurgical surgery. In this case, rocuronium muscle relaxant 50 mg was given to a patient weighing 70 kg. Rocuronium was chosen in this case because it is the competitive muscle relaxant that has the fastest onset of action, reportedly reacting within 2 min with an intermediate duration of action. Reported to have minimal cardiovascular effects; at high doses, it has a mild vagolytic effect. Rocuronium is mainly eliminated in the liver and a small part in the kidneys [4], [6].

The inhalation anesthesia used was sevoflurane 0.8% with a ratio of 50 oxygen: 50 air. The use of 50% oxygen flow is done to prevent the PaO2 pressure above 200 mmHg. N2O can directly vasodilate cerebral blood vessels and increase CBF; but this effect can be reduced by hyperventilation (PaCO2 30–35 mmHg). In some studies, N2O has no protective effect on brain neurons and can lead to vacuolization of the endoplasmic reticulum and mitochondria. N2O can also cause complete disinhibition of GABA receptors. In patients with folic acid deficiency, the use of N2O can cause spinal cord degeneration and inhibit the electrophysiological recovery of cells. However, the adverse effects vary when N2O is used in combination with other inhalation anesthesia, with or without hypocapnia [4], [7].

Sevoflurane was used in this case because the effects of cerebral vasodilation and increased CBF were the lowest of all the anesthesia gases. Sevoflurane also has a neuroprotective effect in the form of antiapoptosis [6]. The decrease in cardiac output by sevoflurane is also lower than isoflurane or halothane, thus avoiding excessive fluid administration or the use of vasoconstrictors. Sevoflurane is also safe to use in cases of asthma because it does not irritate the airway. Early extubation following the use of sevoflurane facilitates early neurological examination [8].

Lidocaine is local anesthesia in the amide class. Lidocaine can be administered intravenously at a dose of 1–1.5 mg/kg-BW to prevent the increased hemodynamic response and airway response to intubation. The start of action of lidocaine is 60–90 s. In this case, lidocaine was not administered [20]. Mannitol 20% is an osmotic diuretic with an osmolarity of 1086 mOsm/L, with a dose of 0.25–0.5 g/kg, reducing ICP rapidly. Mannitol was administered before drilling for the cranium.

Furosemide or loop diuretic can also be given at a dose of 0.5–1 mg/kg-BW. In this case, frusemide was not given because the brain tissue had seen slack with the administration of mannitol [4], [9]. Another measure that can be done to prevent an increase in ICP is to position the patient’s head at an elevation of 15–30°C. Mild hypothermia, that is, a temperature of 33–35°C, can cause a decrease in blood flow to the brain by about 5% at any change of 10°C [4], [7]. Postoperatively, the patient’s head is maintained in a supine position, in a neutral position, not tilted to the left or right and is not hyperextended or hyperextended. Blood pressure is maintained within auto-regulatory limits, and the hematocrit is maintained at not far from 33% [3], [10].

The difference between the day to day techniques with this case is to keep the principle of neuroanesthesia procedure as such as CPP, cerebral metabolic rate oxygen (CMRO2), CDO2, CBF, ICP, Cerebral Autoregulation, and slack brain. The pitfalls and the problems in the neuroanesthesia approach are lack of monitoring. We combined intravenous and inhalational anaesthesia instead of choosing one technique because the drug-like propofol does not provide enough effect for 3 h of surgery. We did not extubate this patient because of avoiding problem when transferring the patient to the ICU. The goals in neuro-critical care post-operative are to maintain the CPP adequate, the cerebral metabolic oxygen rate decrease, CBF decrease, and ICP decrease. The outcome of this patient was good; Glasgow Coma Scale 15, hemodynamic was stable, no seizure, can transfer to the room.

The strength of this case report is this is a rare case in our hospital and full of challenges for the neurosurgeon and neuroanesthesia. Neuroanesthesia management was difficult, so we need knowledge, skills, and medical equipment for procedure and monitoring. The limitation of this case report was the patient in the high risky procedure, but the facilities are provided not advance hemodynamic monitoring. The skills of neurosurgeon also are the key to the successful removal of tumor procedure when bleeding control. The good management of neuroanesthesia will support the success of maintaining stable hemodynamic and better outcome.

Conclusion

The optimal conditions for meningioma tumor surgery are challenging for anesthetists — various
neuroanesthesia approaches, including patient positioning and optimal neuroanesthesia management to minimize edema and bleeding. The “ABCDE” neuroanesthesia approach consists of Airway, namely ensuring a safe airway; Breathing, by providing adequate ventilation and oxygenation; circulation, which is stabilizing the cardiovascular system; drug, which is avoiding drugs and anesthetic actions that increase ICP and environment, namely, maintaining a mild temperature/hypothermia. A wide variety of medications are available for general anesthesia management. Therefore, the anesthetist must know the effects of each drug used to maintain the patient’s hemodynamic condition and achieve a flaccid state of the brain tissue.

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