Ventricular hypertrophy blocked delayed anesthetic cardioprotection in rats by alteration of iNOS/COX-2 signaling

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The aim of the current study was to determine whether ventricular hypertrophy affects the delayed isoflurane preconditioning against myocardial ischemia-reperfusion (IR) injury. Transverse aortic constriction (TAC) was performed on male Sprague-Dawley rats to induce left ventricular (LV) hypertrophy, then sham-operated or hypertrophied rat hearts were subjected to isoflurane preconditioning (2.1% v/v, 1 h). 24 h after exposure, the hearts were isolated and perfused retrogradely by the Langendorff for 30 min (equilibration) followed by 40 min of ischemia and then 120 min of reperfusion. The hemodynamics, infarct size, apoptosis, nitric oxide synthase (NOS), cyclooxygenase-2 (COX-2), Cleaved Caspase-3 and production of NO were determined. We found that the hemodynamic parameters were all markedly improved during the reperfusion period and the myocardial infarct size and apoptosis was significantly reduced by delayed isoflurane preconditioning in sham-operated rats. However, such cardiac improvement induced by delayed isoflurane preconditioning was not observed in hypertrophied hearts. The expression of iNOS, COX-2 and NO was markedly enhanced, whereas Cleaved Caspase-3 activity was inhibited by delayed isoflurane preconditioning in sham-operated rats, a phenomenon was not found in TAC-control groups pretreated with isoflurane. Our results demonstrated that ventricular hypertrophy abrogated isoflurane-induced delayed cardioprotection by alteration of iNOS/COX-2 pathway.

Myocardial ischemia reperfusion (IR) injury can be reduced by multiple interventions, such as delayed ischemic/pharmacological preconditioning, in animal hearts1,2. Since the original description of delayed ischemic/pharmacological preconditioning, the mechanisms underlying this endogenous cardioprotective phenomenon have been extensively investigated1,2. Delayed ischemic/pharmacological preconditioning confers myocardial protection, at least in part, through the activation of cyclooxygenase-2 (COX-2) and COX-2-dependent synthesis of prostaglandins expression3-6. Prostanoids have been shown to exert cardioprotection against myocardial IR7-8. Besides COX-2, inducible nitric oxide synthase (iNOS) also plays an essential role in mediating the delayed cardioprotective effects of ischemic/pharmacological preconditioning3-6. The activity of newly synthesized COX-2 following preconditioning requires iNOS-derived nitric oxide (NO) whereas iNOS activity is independent of COX-2-derived prostanoids, indicating that COX-2 is located downstream of iNOS in the protective pathway of delayed preconditioning3-6.

In recent years, delayed anesthetic preconditioning has been shown to reduce myocardial apoptosis and necrosis in healthy subjects1,2,9, and the effect of delayed anesthetic preconditioning on hypertrophied rat heart remains unclear. Several studies have reported reduced protection in the late phase of pharmacological preconditioning in diseased hearts10,11. Since the late phase of pharmacological preconditioning shares similar signaling pathways, it would be reasonable that cardioprotection during the late phase would be impaired in hypertrophied heart. Left ventricular hypertrophy is accompanied by changes in the density, structure, vasodilator capacity of the coronary vasculature, metabolic and other biochemical alterations12,13. The presence of left ventricular hypertrophy on an electrocardiogram is an independent predictor of cardiovascular events, including death from coronary heart disease, sudden cardiac death, congestive cardiac failure, and stroke14. Nonetheless, no data is available with respect to delayed anesthetic preconditioning in hypertrophied myocardium. Using an established rat model of ventricular hypertrophy after permanent transverse aortic constriction (TAC), we investigated
whether ventricular hypertrophy would affect delayed anesthetic preconditioning-induced cardioprotection. Specifically, we hypothesized that ventricular hypertrophy would abrogate delayed isoflurane preconditioning-induced myocardial protection. We also investigated possible mechanisms underlying the loss of cardioprotection by delayed isoflurane preconditioning in hypertrophied rat heart.

**Results**

A total of 119 rats were used for the study. 4 rats died after the operation of TAC. 39 rats were used for myocardial infarction experiments (1 were excluded as a result of arrhythmia duration > 2 min and 2 were excluded as a result of LVDP < 70 mmHg after equilibration for 30 min) and 50 animals were used for immunoblotting (1 were excluded as a result of arrhythmia duration > 2 min and 1 were excluded as a result of LVDP < 70 mmHg after equilibration for 30 min). An additional 26 rats were used for TUNEL staining (1 were excluded as a result of arrhythmia duration > 2 min and 1 were excluded as a result of LVDP < 70 mmHg after equilibration for 30 min).

**TAC-induced left ventricular hypertrophy.** Mean blood pressure measured in a conscious state using the tail-cuff method was higher in rats with TAC for 8 weeks than in age-matched rats with sham operation (132.4 ± 8.9 vs. 86.4 ± 6.1 mmHg, P < 0.05), and heart rate was not significantly different (334 ± 30 vs. 312 ± 26 beats/min, P > 0.05). The ratio of heart weight: body weight (3.9 ± 0.3 vs. 2.8 ± 0.3 mg/g, P < 0.05) and the diastolic posterior wall thickness of the left ventricle assessed by echocardiography were significantly larger in rats with TAC for 8 week than age-matched rats with sham operation, indicating left ventricular hypertrophy (Table 1).

**Ventricular hypertrophy abrogates the left ventricular hemodynamic improvement induced by delayed isoflurane preconditioning.** The LVDP is significantly increased in rats with TAC-induced ventricular hypertrophy in baseline compared to that in sham-operated rats (112 ± 15 vs. 98 ± 11, P < 0.05, Table 2). The changes in LVPD and LVEDP induced by IR during reperfusion were attenuated by in vivo pretreatment with isoflurane. After 30 min of reperfusion, LVPD and LVEDP were all markedly improved in Sham + IR + Iso compared with that in Sham + IR group. However, this improvement did not occur in the TAC + IR + Iso compared with the TAC + IR group.

**Ventricular hypertrophy abrogates the myocardial infarct-sparing effect of delayed isoflurane preconditioning.** As shown in Fig. 1, the infarct size was not significantly different between TAC + IR and Sham + IR groups (P > 0.05). The infarct size was markedly decreased in Sham + IR + Iso (29 ± 3%) compared with that in Sham + IR (45 ± 5%, P < 0.05), a phenomenon was not found in hypertrophied hearts (Fig. 1).

**Ventricular hypertrophy inhibits the myocardial anti-apoptotic effect of delayed isoflurane preconditioning.** As shown in Fig. 2, the number of TUNEL-positive nuclei expressed as a percentage of total nuclei was not significantly different between TAC + IR and Sham + IR groups (P > 0.05), however, the reduced apoptotic nuclear conferred by delayed isoflurane preconditioning was not found in hypertrophied hearts exposed to IR.

**Ventricular hypertrophy abrogates the upregulation of iNOS expression induced by delayed isoflurane preconditioning.** As shown in Fig. 3A and B, total myocardial eNOS expression was not significantly different among all groups. The myocardial iNOS expression was markedly enhanced in Sham + IR + Iso compared with that in Sham + IR (P < 0.05), which was not found in TAC + IR + Iso compared with that in TAC + IR (P > 0.05). There was no significant difference of myocardial iNOS expression between Sham + IR and TAC + IR (Fig. 3A and B).

**Ventricular hypertrophy abrogates the upregulation of COX-2 expression induced by delayed isoflurane preconditioning.** As shown in Fig. 3C. The myocardial COX-2 expression was markedly increased in Sham + IR + Iso compared with that in Sham + IR (P < 0.05), which was not found in TAC + IR + Iso compared with that in TAC + IR (P > 0.05). There was no significant difference of myocardial COX-2 expression between Sham + IR and TAC + IR (Fig. 3C).

**Ventricular hypertrophy abrogates the downregulation of Cleaved Caspase-3 expression induced by delayed isoflurane preconditioning.** As shown in Fig. 4. The myocardial Cleaved Caspase-3 expression was markedly decreased in Sham + IR + Iso compared with that in Sham + IR (P < 0.05), which was not found in TAC + IR + Iso compared with that in TAC + IR (P > 0.05). There was no significant difference of myocardial Cleaved Caspase-3 expression between Sham + IR and TAC + IR (Fig. 4).

**Discussion**

Although preconditioning with volatile anesthetics induces cardioprotection against IR injury, few studies have investigated the myocardial effect of delayed anesthetic preconditioning on animals with ventricular hypertrophy. We used TAC for 8 weeks to induce ventricular hypertrophy in male rats. We found no significant difference in left ventricular hemodynamic parameters and myocardial infarct size between sham-operated rats and rats with ventricular hypertrophy exposed to IR. Furthermore, isoflurane preconditioning produced delayed cardioprotection against reperfusion injury, in terms of decreased infarct size and improved left ventricular pump function, in sham-operated rats. Nonetheless, the delayed cardioprotection of isoflurane was lost in hypertrophied myocardium with alteration of iNOS/COX-2 signaling pathway. Effects of TAC-induced ventricular hypertrophy on myocardial IR are poorly understood. In our current study the infarct size was not significantly increased in rats with TAC compared with sham-operated

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**Table 1 | The heart function parameters assessed by echocardiography in sham-operated and TAC-control groups 8 weeks after surgery**

| Group | LVEDPW (mm) | LVEDD (mm) | LVEDS (mm) | LVFS (%) | LVEF (%) |
|-------|-------------|------------|------------|----------|----------|
| Sham  | 1.5 ± 0.1   | 6.2 ± 0.5  | 2.8 ± 0.2  | 49.3 ± 3.9 | 81.2 ± 8.2 |
| TAC   | 2.4 ± 0.1*  | 6.8 ± 0.6  | 2.7 ± 0.2  | 38.2 ± 3.4* | 80.1 ± 7.8 |

The heart function parameters assessed by echocardiography in sham-operated and TAC-control groups 8 weeks after surgery. LVEDPW: left ventricular end-diasstolic posterior wall thickness; LVEDD: left ventricular end-systolic diameter; LVEDS: left ventricular fractional shortening; LVFS: left ventricular fractional shortening. *P < 0.05 vs. Sham group. n = 57 hearts in sham group, n = 58 hearts in TAC group.
controls, which is also consistent with a recent study\cite{15}. However, several studies\cite{15,16} have shown that the infarct size was larger in hypertensive stroke-prone rats, although TAC induced ventricular hypertrophy, the extent of which was similar to ventricular hypertension in spontaneously hypertensive stroke-prone rats. The reason for the difference between spontaneously hypertensive stroke-prone rats and rats with TAC remains unclear, although different factors between the two models of ventricular hypertrophy (duration of pressure overload) are possibly involved.

Apoptosis is a process of programmed cell death accompanied by morphological changes of cell. In this study we used TUNEL staining to measure myocardial apoptosis. Interestingly, we found that delayed isoflurane preconditioning significantly reduced the number of TUNEL-positive cell in sham-operated rat hearts, however, such anti-apoptotic effect was lost in hypertrophied hearts pretreated with isoflurane. In addition to morphological evaluation, we also assessed the Cleaved Caspase-3 activity by immunoblotting. Caspase-3 is the most important member of the caspase family and mediates apoptotic signal translation pathway and the level of activated Caspase-3 indicates apoptosis of cells. We found that the Cleaved Caspase-3 was significantly reduced in sham-operated hearts but not hypertrophied hearts exposed to delayed isoflurane preconditioning in the setting of IR, implying that the weakening of antiapoptotic effect in hypertrophied myocardium.

Even though eNOS and its produced NO were suggested to trigger and mediate delayed myocardial protection induced by isoflurane preconditioning in rabbits exposed to IR\cite{17}, the iNOS produced NO also seems to be the key of delayed anesthetic preconditioning in rats\cite{15,18}. The observed variations in the source of NO may be related, at least in part, to the animal species (rats vs. rabbits) in which the studies were conducted and deserves further investigation. In our present study, we measured the expression of myocardial iNOS and eNOS to determine whether they are related to the delayed cardioprotection of isoflurane preconditioning in rat hearts. Here we demonstrated that the myocardial iNOS expression and the production

| Table 2 | The effect of delayed isoflurane preconditioning on left ventricular hemodynamic parameters in rat hearts exposed to ischemia-reperfusion |
|---------|----------------------------------------------------------------------------------|
| Group   | Baseline                                                                           | Reperfusion                              |
|         | LVDP, % of baseline (mmHg)                                                        | 30 min | 60 min | 90 min | 120 min |
| Sham    | 100 (98 ± 11)                                                                      | 94 ± 8 | 92 ± 8 | 85 ± 7 | 83 ± 7  |
| Sham + IR| 100 (101 ± 12)                                                                     | 52 ± 8 | 49 ± 6 | 44 ± 5 | 38 ± 5  |
| Sham + IR + Iso| 100 (99 ± 11) | 73 ± 7* | 66 ± 8* | 59 ± 7* | 52 ± 6* |
| TAC     | 100 (112 ± 15)                                                                     | 92 ± 9 | 89 ± 8 | 86 ± 8 | 81 ± 7  |
| TAC + IR| 100 (110 ± 14)                                                                     | 50 ± 8 | 45 ± 6 | 41 ± 6 | 37 ± 5  |
| TAC + IR + Iso| 100 (108 ± 16) | 52 ± 9 | 46 ± 7 | 42 ± 7 | 39 ± 7  |
| LVEDP (mmHg) |                                              | 5 ± 1 | 7 ± 1 | 8 ± 1 | 10 ± 2 | 11 ± 2 |
| Sham    | 5 ± 1                                                                              | 37 ± 8 | 33 ± 7 | 31 ± 6 | 31 ± 6 |
| Sham + IR| 5 ± 1                                                                              | 24 ± 6* | 22 ± 5* | 21 ± 5* | 20 ± 5* |
| Sham + IR + Iso| 5 ± 1  | 24 ± 6* | 22 ± 5* | 21 ± 5* | 20 ± 5* |
| TAC     | 5 ± 1                                                                              | 7 ± 1 | 9 ± 1 | 11 ± 2 | 13 ± 2 |
| TAC + IR| 5 ± 1                                                                              | 42 ± 9 | 33 ± 8 | 30 ± 7 | 31 ± 4 |
| TAC + IR + Iso| 5 ± 1  | 39 ± 9 | 31 ± 6 | 28 ± 6 | 30 ± 5 |

Transverse aortic constriction (TAC) was performed on male Sprague-Dawley rats to induce left ventricular hypertrophy. Delayed isoflurane preconditioning (2.1% v/v, 1 h) was performed 24 h before global ischemia. Data are mean ± SD, n = 6 hearts/group. *P < 0.05 vs. Sham + IR.

Figure 1 | Effects of delayed isoflurane preconditioning on infarct size expressed as a percentage of total area of the myocardium in rat hearts exposed to ischemia-reperfusion. IR: ischemia reperfusion; Iso: Isoflurane; TAC: Transverse aortic constriction. Data are mean ± SD, n = 6 hearts/group. *P < 0.05 vs. Sham + IR.
of NO was upregulated by delayed isoflurane preconditioning. And previous studies have demonstrated that the delayed cardioprotection of isoflurane preconditioning against IR injuries was abrogated by iNOS inhibitor 1400 W in rat hearts exposed to IR. Nonetheless, the expression of eNOS was not affect by delayed isoflurane preconditioning. These results indicate that iNOS, but not eNOS, plays a pivotal role in the delayed cardioprotection of isoflurane preconditioning at least in the current model we adopted, which is also consistent with several previous studies. Interestingly, such cardioprotection of delayed isoflurane preconditioning and upregulation of myocardial iNOS expression were both lost in hypertrophied hearts. COX-2 is downstream of iNOS in delayed preconditioned myocardium and iNOS reduces myocardial injury by recruiting COX-2 in the setting of IR. COX-2 and its major arachidonic acid products were shown to mediate late anesthetic preconditioning-induced myocardial protection. The administration of celecoxib 2.5 hours before prolonged coronary artery occlusion and reperfusion, but not 30 minutes before isoflurane, abolished the cardioprotection associated with remote exposure to the volatile anesthetic. Isoflurane exposure produces time-dependent increases of COX-2 protein expression and activity concomitant with a reduction in myocardial necrosis in rat hearts. In our current study, we demonstrated that COX-2 activity was significantly upregulated by delayed isoflurane preconditioning in the healthy rat hearts subjected to IR. And previous studies have demonstrated that the delayed cardioprotection of isoflurane preconditioning against IR injuries was abrogated by COX-2 inhibitor in rat hearts exposed to IR. Thus, these results indicate that COX-2 plays an obligatory role in delayed anesthetic cardioprotection in normal rats. Nonetheless, the upregulation of myocardial COX-2 expression was not found in hypertrophied hearts. If, as mentioned above, the upregulation of iNOS and COX-2 play a pivotal role in the infarct-sparing effect of delayed isoflurane preconditioning, we reasoned that the loss of cardioprotection in hypertrophied myocardium, at least in part, be attributed to the dysfunction of iNOS/COX-2 signal.

The findings provided here are translationally important in that they determined whether delayed anesthetic cardioprotection occurs in animals with hypertrophied myocardium. However, there are several limitations in our current work. First, although TUNEL staining is the most widely used method to detect apoptosis in the heart, its specificity has also been challenged due to its relatively high false-positive rate. Therefore, cautious interpretation of the staining is needed and apoptosis demonstrated by multiple criteria may be...
more appropriate in the future study. Second, the loss of delayed cardioprotection of isoflurane preconditioning in hypertrophied rat hearts might also be due to changes in oxidative stress\(^2\)^, which were not explored in the current study. Second, although ventricular hypertrophy may be associated with conditions other than hypertension, including myocardial infarction, anemia, aortic valve disease, hyperthyroidism, obesity, and renal disease, hypertension is the most common cause of ventricular hypertrophy\(^2\)^, which indicates that the hypertrophied rat heart model we used may not fully simulate the complex clinical setting of ventricular hypertrophy, so our results may apply only to the effect of ventricular hypertrophy on delayed anesthetic cardioprotection in a limited clinical setting.

In summary, our results showed that isoflurane preconditioning exerted delayed cardioprotection against IR injury in normal rats; this was blocked by ventricular hypertrophy potentially via interfering with iNOS expression and downstream COX-2 activation.

**Methods**

**Animals.** All of the animals were treated according to the guidelines of the Guide for the Care and Use of Laboratory Animals (United States National Institutes of Health). The Laboratory Animal Care Committee of Nanjing Medical University approved all experimental procedures and protocols. All efforts were made to minimize the number of animals used and their suffering. The rats were housed in polypropylene cages, and the room temperature was maintained at 22°C, with a 12-hour light-dark cycle. Six-week-old male Sprague-Dawley rats, weighing 130–180 g, were used for all experiments.

**In vivo experimental design.** Rats were anesthetized with sodium pentobarbital (50 mg/kg intraperitoneally), then TAC was performed by the method of Perlini et al\(^2\)\(^6\) with slight modifications. The suprarenal portion of the aorta was exposed and a blunted 22-gauge needle placed adjacent to the aorta. A ligature (5-0 silk) was snugly tied around both the aorta and the needle. The needle was then removed, leaving the internal diameter of the aorta approximately equal to that of the needle. Sham-operated animals had an untied ligature placed in the same location. After the operation, the animals were housed under controlled environmental conditions and fed with standard pellet chow for 8 weeks. The diastolic left ventricular posterior wall...
Henseleit (K-H) buffer and mounted on the Langendorff apparatus. Retrograde intraperitoneally) for 5 min, hearts were isolated rapidly, placed in ice-cold Krebs-reperfusion.

2.1% (v/v) isoflurane were subjected to 40 min of global ischemia and 120 min of reperfusion.

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Pharmaceutical Co, Ltd, Osaka, Japan) in 33% O2 by spontaneous ventilation for 1 h in an induction chamber for treatment with 2.1% (v/v) isoflurane (Maruishi Canada) with a 21-MHz transducer. Then sham-operated and TAC-rats were placed

...subjected to 40 min of global ischemia by stopping the K-H buffer perfusion and subjected to 40 min of global ischemia and 120 min of reperfusion only; 5) sham-operated rats pretreated with 33% O2 were subjected to 40 min of global ischemia and 120 min of reperfusion only; 6) Transverse aortic constriction plus ischemia reperfusion injury: role of cyclooxygenase-2. Anesthesiology 100, 1332–1341 (2004).

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**Determination of infarct size.** Myocardial infarct size was measured by 2,3,5-triphenyltetrazolium chloride (TTC, Sigma-Aldrich, St. Louis, MO) staining at the end of 120 min of reperfusion*. Briefly, the hearts were frozen at −20 °C for 2–3 h, cut into 2-mm-thick slices, incubated with 1% TTC solution for 5 min at 37 °C. All slices were then scanned together, and the areas of myocardial infarction (pale) in each slice were analyzed by Image J 1.37 (National Institutes of Health, Bethesda, MD). The infarct size was expressed as percentage of the total slice area.

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**Immunoblotting.** At the end of reperfusion, the samples were taken from ischemic zone. The expression of myocardial Cleaved Caspase-3 (Cell Signaling Technology, Beverly, MA, USA) was determined by immunoblotting*. A separate cohort of rats was used for the study of ENOS, INOS and COX-2 (Cell Signaling Technology, Beverly, MA, USA) expression. Briefly, sham-operated and TAC-rats were treated with 33% O2 or 2.1% isoflurane for 1 h, then the left ventricular tissue samples were harvested for immunoblotting 24 h later.

**Measurement of myocardial NO content.** NO content was evaluated by measuring nitrite according to the Griess methods*. In brief, hearts were harvested 24 h after ischemia reperfusion, and the LV tissue samples was frozen in liquid nitrogen, homogenized in buffer and centrifuged at 14,000 g for 20 min. The level of NO was measured using the commercially available total nitric oxide assay Kit (Beyotime Institute of Biotechnology, Haimen, China) according to the manufacturer's instructions.

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**Statistical analysis.** Data are shown as mean ± SD. The data for mean blood pressure, the ratio of heart weight: body weight and left ventricular posterior wall thickness were analyzed using the unpaired Student’s t-test. For hemodynamic data, repeated-measures analysis of variance with post hoc Student-Newman-Keuls test for multiple comparisons was used to evaluate differences over time between groups. All other data were analyzed by one-way ANOVA following Student-Newman-Keuls post hoc test. A value of P < 0.05 was considered to be statistically significant. All statistical analyses were performed using SPSS 13.0 (SPSS Inc., Chicago, IL).

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**Figure 4 | Effects of delayed isoflurane preconditioning on the production of NO in rat hearts exposed to ischemia-reperfusion (IR).** IR: ischemia reperfusion; Iso: isoflurane; TAC: Transverse aortic constriction.

Data are mean ± SD, n = 6 hearts/group. *P < 0.05 vs. Sham + IR.

### Hemodynamic measurements.

For the measurements of LV pressure, a latex fluid-filled balloon was inserted into the left ventricle through the left atrial appendage and the balloon catheter was linked to a pressure transducer connected to a data analysis system (RM6240; Chengdu Biological Instruments, Chengdu, China).

The LV systolic pressure (LVSP), LV end diastolic pressure (LVEDP, adjusted to between 4 and 8 mm Hg before ischemia), LV developed pressure (LVDP) > LVSP – LVEDP) and heart rate (HR) were continuously recorded.

### Determination of infarct size.

Myocardial infarct size was measured by 2,3,5-triphenyltetrazolium chloride (TTC, Sigma-Aldrich, St. Louis, MO) staining at the end of 120 min of reperfusion*. Briefly, the hearts were frozen at −20 °C for 2–3 h, cut into 2-mm-thick slices, incubated with 1% TTC solution for 5 min at 37 °C. All slices were then scanned together, and the areas of myocardial infarction (pale) in each slice were analyzed by Image J 1.37 (National Institutes of Health, Bethesda, MD). The infarct size was expressed as percentage of the total slice area.
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Acknowledgments
This work was supported by the National Natural Science Foundation of China (No. 81301608), National Natural Science Foundation of China (No. 81401633), Zhejiang Provincial Natural Science Foundation of China (No. LY14H150005), and Zhejiang Provincial Medical Technology Foundation of China (No. 2014KYA171).

Author contributions
L.M., J.L. and F.K. analyzed data; L.M., F.K., F.G., L.X. and R.S. performed research; L.M., H.G., F.K. and B.H. wrote the paper.

Additional information
Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Ma, L. et al. Ventricular hypertrophy blocked delayed anesthetic cardioprotection in rats by alteration of iNOS/COX-2 signaling. Sci. Rep. 4, 7071; DOI:10.1038/srep07071 (2014).

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