Seed priming of plants aiding in drought stress tolerance and faster recovery: a review

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Abstract
Drought stress exposure adversely affects plant growth and productivity. Various seed priming techniques are experimented to mitigate the adverse effect of drought stress on plant performance. It is a low-cost and sustainable technology that proved to be of immense potential to enhance drought tolerance and increase crop productivity. Drought episodes are followed by recovery through rain or irrigation and help the plants to recuperate from the damages caused by drought stress. The severity of drought-associated damages determines the recovery kinetics of plants. Under the recurrent cycle of drought events, recovery kinetics has immense importance in predicting the stress tolerance potential and survival status of a plant. Many processes like DNA damage repair, de-novo synthesis of nucleic acids and proteins, osmotic adjustment through the accumulation of osmolytes, the potential activity of antioxidant machinery occurring during seed priming play a significant role during recovery from drought stress. Alleviation of the severity of drought stress through the accumulation of osmolytes, the augmented activity of antioxidant machinery, improved photosynthetic performance, and the upregulated expression of stress-responsive genes attributed by seed priming will complement the recovery from drought stress. Although the beneficial effects of seed priming on drought tolerance are well explored, priming influenced recovery mechanism has not been well explored. There is a lacuna in the field of research related to the beneficial effects of seed priming for recovery from drought stress, and that is the focus of this paper.

Keywords DNA repair · Drought · Recovery · ROS scavenging · Seed priming · Sustainable

Introduction
Plants are frequently exposed to multitudes of unfavorable environmental conditions such as excessive light intensity, heat, ultraviolet radiation, drought, cold, salinity, nutrient deficiency and environmental pollutants (Banerjee and Roychoudhury 2017; Martinez et al. 2018; Gharechahi et al. 2019). Drastic and frequent occurrence of stress exposure adversely affects plant performance and productivity and thereby causes a negative impact on the food and agriculture system, which fails to meet the demands of the growing global population (Zandalinas et al. 2017; Zhou et al. 2017). The plants growing in these adverse conditions modulate their metabolic processes to maintain normal functionality (Hussain et al. 2019; Ansari et al. 2021). The changes in the morphological, physiochemical, and molecular characteristics of plants help them to withstand the unfavourable conditions during a threshold period in which the plants may be able to rescue themselves from the stress exposure (Song et al. 2019).

The extreme rise in the earth’s atmospheric temperature and the subsequent effect of global warming creates a significant impact on global agricultural production by limiting water availability and intensifies the occurrence of the drought period. Among the various abiotic stresses, drought is the most crucial one, which directly affects plant metabolisms, development and productivity (Reddy et al. 2004; Abdel-Ghany et al. 2020). Prolonged and recurrent drought
episodes may eventually lead to the desertification of arable land and increase the gravity of food scarcity and starvation. Current researches are focused on finding out the best strategy to overcome the cumulative effects of drought stress on crop production and to boost up the overall performance and yield of plants amidst frequent and extreme weather events.

Various strategies like conventional breeding and modern methods such as genetic engineering, mutation breeding, and polyploidy breeding are being experimented to develop plants that can endure environmental stresses. However, these techniques have several limitations, such as huge human resources, biosafety and ethical issues (Jisha et al. 2013). Priming is an alternative technique to overcome these limitations and serves as a means to boost up the stress tolerance potential of plants (Sen and Puthur 2020a; Thomas et al. 2020). Seed priming is the treatment of seeds with different factors of natural and synthetic origin to induce a mild dose of stress (Paparella et al. 2015). Seed treatments prior to germination induce a particular physiological state called primed state, which augments several cellular responses (Wojtyla et al. 2016). As a result, plants are equipped to respond quickly to further stress exposure (Farooq et al. 2020). The seedlings emerging from primed seeds are characterized by early and uniform germination, and an overall enhancement in various growth features can be noted in its life span (Jisha et al. 2013; Huang et al. 2020; Khalaki et al. 2021). Seed priming techniques such as hydropriming, osmopriming, halopriming, UV-B priming, and chemical priming induces mild stress on plants and thereby activating stress-responsive genes and proteins like late embryogenesis abundant (LEAs), that potentially induces drought stress tolerance (Chen and Arora 2013; Sen et al. 2020; Thomas et al. 2020). Studies suggest that earlier mild stress exposure can imprint epigenetic memory in plants and make the plants ready to encounter similar stress or with different stress (Bruce et al. 2007; Ding et al. 2013; Marcos et al. 2018; Hossain et al. 2018).

The transitory nature of stress periods complicates the process of drought stress cascades (Ding et al. 2012; Crisp et al. 2016). Most drought events are brief in nature and are followed by favorable conditions enabling the recovery of plants from stress. At the onset of recovery, most of the modifications induced by drought are reverted to the initial state, and plants try to recover from the damages caused by drought (Zhang et al. 2018; Ammar et al. 2020). The extent of damages induced by the stress determines the recovery kinetics of plants, depending on the threshold in which the plants may be able to re-establish homeostasis upon new minimum favorable conditions (Rivas et al. 2016). Researchers have found that earlier exposure to mild stress, which was termed priming, made plants alert for another event of stress (Bruce et al. 2007). This could be accomplished through the imprinting of priming memory. Treatment of seeds with mild doses of stress agents activates signaling molecules and thereby provides drought stress tolerance to plants. Various reports on the attainment of drought tolerance potential in plants emerged from primed seeds of important crops. But, under the transitory nature of stress periods, the quickness of stress recovery plays a vital role in predicting the survival status of plants subjected to stress. Inherent tolerance potential attributed to various seed priming techniques can reduce the drought-induced damages and may help the plants to speed up the process of stress recovery. As the technique does not use any environmentally hazardous substances, it can serve as an environmentally safe and effective strategy to reduce crop loss due to various stressors. The physiochemical and molecular modulations achieved through seed priming complementing the recovery from drought stress are represented in Fig. 1.

There are scanty records on the beneficial effects of seed priming in the recovery kinetics of drought-stressed plants. This review not only focuses on the priming-induced drought tolerance potential of plants but also deals with the recovery kinetics of drought-stressed plants as influenced by seed priming. Also, it addresses the possible mechanisms by which priming aid in faster and efficient recovery from drought.

### Impact of drought stress on plant growth

Drought stress may affect normal plant growth, stomatal conductance, photosynthetic efficiency, ion homeostasis and causes oxidative damage by the over-accumulation of reactive oxygen species (ROS), impeding normal plant growth (Farooq et al. 2009a; Matos et al. 2010). The oxidative stress caused by ROS generation harms the cell integrity by disrupting cell membranes and eventually leads to the degradation of proteins and nucleic acids (Gill and Tuteja 2010). There exists a delicate equilibrium between ROS generation and their scavenging (Choudhury et al. 2017). Efficient detoxification of ROS is essential for the normal functioning of a cell. Modulation of ROS is carried out with the help of potent antioxidant enzymes like superoxide dismutase (SOD), peroxidase (POD), catalase (CAT), and glutathione reductase (GR), and non-enzymatic free radical scavengers like ascorbate (AsA), glutathione (GSH) and phenolics are also involved in antioxidative function (Mittler et al. 2004; Zandalinas et al. 2017). But under severe stress conditions, this equilibrium is disturbed.

Plants have developed several mechanisms for survival under drought stress. Stress signals elicit the accumulation of compatible solutes as osmoprotectants to maintain osmotic balance and to stabilize the integrity of cellular structures (Bohnert et al. 1995; Choluj et al. 2008). It assists the plants in enhancing their survival status under the environment of
Fig. 1 Augmented drought stress tolerance potential of seedlings emerged from primed seeds alleviates the drought induced damages and thereby facilitates rapid recovery from drought stress upon re-watering through rain or irrigation.
stress (Wang et al. 2019). Better plant water status is maintained by the increased accumulation of osmolytes, aiding in the reduction of oxidative damage (Wang et al. 2019). These osmoprotectants are mainly classified under three chemical categories: sugar and polyols, betaines, amino acids and their derivatives. Furthermore, drought signalling facilitates modifications in the biosynthetic pathways of hormones, especially abscisic acid (ABA). The synthesis of ABA induces a cascade of signalling and gene expression, ending up in the closure of stomata and prevention of excessive water loss (Peleg and Blumwald 2011; Takahashi et al. 2018). Phytohormone signalling pathways (ABA, ethylene and jasmonic acid) are activated during drought stress along with the upregulated activity of drought inducible transcription factors (TFs), which may promote drought tolerance in plants (Wu et al., 2019; Zhu et al. 2019). Accumulation of secondary metabolites during stress periods also serves as an adaptive strategical response to counteract the adverse effects caused by drought conditions (Althaithloul et al. 2020).

Plant response to drought stress involves complicated signalling machinery (Takahashi et al. 2018). Under a water deficit scenario, plants orchestrate their gene expressions to cope with the unfavourable state. This leads to physiological modulations inside the plant cell (Abdel-Ghany et al. 2020). With the depletion of the water supply, drought tolerance responses in plants start to show up quickly (Pandey and Shukla 2015). Deciphering the actual mechanism of drought tolerance is highly essential for the mitigation of the adverse effects of drought stress on plant performance. Drought-modulated genes show complex regulatory mechanisms and subsequent responses during water deficit conditions, imparting tolerance to the plants under stress (Chiappetta et al. 2015; Begcy et al. 2019). The regulation and governing of gene expression occur at different levels, including transcriptional, post-transcriptional, translational, and post-translational levels (Wang et al. 2010; Zhang et al. 2014). Transcriptional signal transduction is mediated through ABA-dependent and ABA-independent pathways. It comprises various TFs such as apetala2/ethylene responsive factor (AP2/ERF), myeloblastosis (MYB), myelocytomatosis (MYC), WRKY, basic-leucine zipper (bZIP), NAC and dehydration-responsive element binding protein (DREB), which in turn activates genes which induce drought tolerance. Mitogen-activated protein kinase (MAPK) and calcium-dependent protein kinases (CDPK) also play an important role in drought signaling (Singh and Laxmi 2015). A proper understanding of these molecular mechanisms would be helpful in improving the genetic potential of plants for drought tolerance.

Expression of stress-responsive genes was directed by several TFs and expression levels of these TFs vary greatly among the tolerant and sensitive genotypes, and upregulation of these are generally shown in tolerant genotypes (Begcy et al. 2019). Drought upregulated TFs help gene expression of stress-specific proteins, which may have a crucial role in alleviating the deleterious effects of drought stress (Abdel-Ghany et al. 2020). Drought switches on these TFs and activates downstream signalling cascade. Major drought-related TFs include Dehydration Responsive Element Binding protein (DREB) and Abscisic acid Responsive Element Binding protein (AREB), which play a vital role in offering stress survival under water-scarce conditions (Joshi et al. 2016; Kudo et al. 2017; Takahashi et al. 2018).

Another interesting drought stress regulator is LEA proteins, a class of hydrophilic proteins having a potential role in protection against abiotic stresses and are widely distributed in the plant kingdom (Brini et al. 2007; Wang et al. 2007; Magwanga et al. 2018). Dehydrins (Group 2 LEA) are a family of LEA proteins that provide enhanced plant adaptation during drought stress (Chen et al. 2012a, b; Charfeddine et al. 2015). They provide better protection against dehydration stress. Xiao et al. (2007) reported that overexpression of an LEA protein gene, OsLEA3-1, offered drought resistance in rice without a significant yield penalty. In cotton plants, during drought stress conditions, different plant organs showed differential expression levels of LEA genes (Magwanga et al. 2018). The upregulation of genes following drought stress signalling helps to analyze the molecular mechanisms of drought tolerance (Chiappetta et al. 2015).

**Priming equips the plants for repeated stress**

Plants are exposed to multiple cycles of stress events. Earlier exposure to stress may help the plant to imprint stress memory and thereby elicit quicker responses on exposure to further stress (Bruce et al. 2007; Marcos et al. 2018). Hence, the transcriptional activities upon the repeated cycle of drought stress are different from that of single stress exposure (Ding et al. 2012). Studies in *Arabidopsis thaliana* showed transcriptional stress memory through the upregulation of transcription and increased in the level of transcripts of stress-responsive genes upon repeated stress exposure (Ding et al. 2012). A study of dehydration response genes in *A. thaliana* revealed that there are two categories of genes showing differential transcriptional responses. One group of genes produce transcripts at a similar level during each stress event and others showing upregulated transcript level after each stress exposure. The latter set of genes are termed memory genes. These memory genes finely tune the plants to alert them for the next event of stress (Ding et al. 2013). Expression levels of the stress-responsive genes were higher in plants of primed state than the non-primed state. This
reveals the phenomenon of complicated stress imprinting by accumulating stress signaling proteins (Bruce et al. 2007). Drought priming before anthesis in wheat enhanced the rate of photosynthesis and activities of ascorbate peroxidase and also reduced membrane damage during grain filling, and this could play a significant role in protection from later occurring stress (Wang et al. 2014). Hence a plant exposed to an earlier stress event can perform better than a plant that did not face any earlier stress. This plant acclimation strategy associated with the stress memory of environmental perturbations elicits signalling processes and offers better protection during further stress exposure.

### Seed priming: a means of memory boosting

The ability to remember past events is highly a boon for organisms to live in a fluctuating hostile environment (Ding et al. 2013; Marcos et al. 2018). Seed priming is a promising strategy to develop stress-tolerant plants by treating seeds with various natural and synthetic factors in mild doses (Jisha et al. 2013; Thomas and Puthur 2020). It induces the triggering of mild stress in plants and thereby alerts the system and partially activates stress-responsive genes and proteins that potentially induce stress tolerance (Chen and Arora 2013). It is well documented that priming promotes early and uniform germination of seedlings by reducing the seedling emergence time and improve the performance and productivity of seedlings that emerged from the primed seeds (Farooq et al. 2013; Jisha et al. 2013). Studies in *Oryza sativa* revealed that seed priming techniques improve the tolerance potential of tolerant varieties and provide stress tolerance to sensitive varieties (Sen and Puthur 2020a). In both these cases, the priming carried out in the seed stage allows the priming effects to be carried over to the seedlings, which is a clear indication that priming imprints are carried over to different stages of the life cycle of a plant (Sen and Puthur 2020b).

It is possible to develop stress memory in plants through priming strategies, which hasten the molecular responses related to stress tolerance upon subsequent stress exposure. It was also established that the priming memory gets passed from parents to the progeny (Wojtyla et al. 2016). This transgenerational memory provides stress tolerance to the proceeding generations, and it is being studied that whether it will pass on from generation to generation in equal vigour or will it fade off with passing off the generations. Beneficial effects of priming could get imprinted in plants after exposure to the stress exerted by the unfavourable environment (Martinez-Medina et al. 2016) and would help the plant for the augmentation of abiotic stress tolerance response, on being encountered with the same stress or even different stress. The effect of various seed priming techniques and the physiological and molecular responses of primed plants towards drought stress are highlighted in Table 1. Stress tolerance mechanisms attributed through seed priming strategies in turn compliment the process of drought recovery.

### How seed priming complement recovery from drought stress

Drought stress is followed by a favorable period with water availability by rain or irrigation, and plants try to recover. During recovery from stress, plants need to recover from the damages caused by drought. The severity of the drought and the extent of damage caused by the stress determine the recovery kinetics of plants (Rivas et al. 2016). The lesser the damage induced by drought, the more will be the rate and kinetics of recovery (Chen et al. 2016). Hence drought recovery has a vital role in plant drought stress adaptation. Studies revealed that various priming techniques such as hydroproming, osmopriming, UV-B priming and chemical priming generally experiment for the enhancement of drought stress tolerance in plants (Wojtyla et al. 2016). The same priming techniques could be equally good in aiding the plant for a quick and effective recovery from drought stress. It will be interesting to see what all features and effects of priming would aid the plant for recovery from drought stress.

### Priming-mediated osmolyte accumulation and recovery kinetics

Plants being highly susceptible to environmental conditions, maintenance of better water status is a prerequisite for drought stress recovery (Blackman et al. 2009; Dien et al. 2019; Ammar et al. 2020). Effective osmotic regulation during drought stress helps to maintain better plant water status and to reduce the membrane damage caused by drought in primed plants (Farooq et al. 2009b). This was mainly accomplished through the enhanced accumulation of compatible solutes such as sugars, amino acids, proline, and glycine betaine during priming (Tabassum et al. 2018; Khan et al. 2019). Greater accumulation of osmolytes indicated a higher tolerance level of plants (Tabassum et al. 2018). Studies revealed that the accumulation of osmolytes during different seed priming techniques provides drought stress tolerance in plants (Khan et al. 2019; Farooq et al. 2020). When encountering stress, *sorghum* and barley seedlings emerged from osmoprimed seeds increased the production of amino acids, glycine betaines and total soluble sugars (Zhang et al. 2015; Tabassum et al. 2018). Increased levels of proline, total soluble sugars, and total free amino acids were also noted in hydropromed, haloprimed and UV-B primed rice subjected to osmotic stress (Sen and Puthur 2020a). Enhanced production of proline in primed rice seedlings indicated their ability...
| Sl. no. | Plant species   | Priming treatment | Priming dosage and duration | Plant response under osmotic stress                                                                 | References               |
|--------|-----------------|-------------------|----------------------------|------------------------------------------------------------------------------------------------------|--------------------------|
| 1      | *Lens culinaris*| Osmopriming- (CaCl₂) | 1% for 12 h                | Early, uniform germination, accumulate sugar, calcium, reduced lipid peroxidation                    | Farooq et al. (2020)     |
| 2      | *Medicago truncatula* | Hydropriming | 2 h and 4 h                | Faster and uniform germination, upregulated activity of SOD and APX gene along with FPG gene involved in base excision repair | Forti et al. (2020)      |
| 3      | *Arachis hypogaea* | Brassinosteroid priming | 0.15 ppm for 8 h            | Improved yield components (number of pods per plant, hundred pod weight, hundred kernel weight)       | Huang et al. (2020)      |
| 4      | *Brassica napus* | Gibberellic acid   | 500 mg L⁻¹ for 6 h          | Activation of antioxidant machinery, Increased yield traits under drought and reduced MDA content     | Khan et al. (2020)       |
| 5      | *Brassica napus* | Melatonin priming | 500 µM for 6 h              | Reduction of H₂O₂ and MDA content, reduced yield loss                                              | Khan et al. (2020)       |
| 6      | *Oryza sativa*  | UV-B priming      | 4 kJm⁻²                     | Osmolyte accumulation and enhanced activity of antioxidants (Cu/Zn SOD, CatA and APx1) and stress related proteins such as HSP90 and Group3 LEA | Sen et al. (2020)        |
| 7      | *Oryza sativa*  | UV-B priming      | 4 kJm⁻²                     | Improved the activity of PSI and PSII, upregulated expression of SOD, CAT and APX genes             | Thomas et al. (2020)     |
| 8      | *Brassica napus*| Melatonin priming | 500 µM for 6 h              | Enhanced antioxidant activity, osmolyte accumulation                                               | Khan et al. (2019)       |
| 9      | *Zea mays*      | Silicon priming   | 6 mM for 16 h               | Increased root and shoot length, biomass. Enhanced photosynthetic activity and activity of SOD, POD and CAT | Parveen et al. (2019)    |
| 10     | *Hordeum vulgare*| Osmopriming (CaCl₂) | 1.5% for 12 h                | Improved plant water status, osmolyte accumulation and reduced lipid peroxidation                   | Tabassum et al. (2018)   |
| 11     | *Oryza sativa*  | BABA priming      | 1 mM for 6 h                | Osmolytes and Antioxidant activity enhanced, photosynthetic efficiency, nitrate reductase activity, reduced MDA content | Jisha and Puthur (2016a) |
| 12     | *Vigna radiata* | BABA priming      | 1 mM for 12 h               | Accumulation of osmolytes, increased activity of antioxidants and nitrate reductase                | Jisha and Puthur (2016b) |
| 13     | *Medicago sativa*| Osmopriming (PEG) | 20% for 24 h                | Improved nutritional status of plant, nodulation and nitrogen fixation rate                         | Mouradi et al. (2016)    |
to adjust the osmotic potential. At the time of recovery, it can also serve as a reservoir of carbon and nitrogen (Thomas and Puthur 2019). Moreover, compatible solutes offer protection to macromolecules and stabilize enzymes (Wang et al. 2019). Maintenance of higher water content through the priming-induced augmentation of osmolytes may also help in rapid recovery from drought stress.

Augmented activity of antioxidant machinery facilitates rapid recovery

The efficient functioning of the antioxidant system is very crucial for alleviating the adverse effects of drought stress (Mittler et al. 2004). Under severe stress conditions, ROS get accumulated inside the cells and cause damages to cellular membranes and biomolecules (Choudhury et al. 2017). Enhanced activity of enzymatic antioxidants and accumulation of non-enzymatic antioxidants helps to reduce the extent of drought-induced damages to the cell (Gill and Tuteja 2010). The lesser the injury to the cellular structure more will be the rate of recovery (Rivas et al. 2016). Pre-germinative events taking place during seed priming activates the antioxidant system to scavenge ROS and reduce oxidative damage (Paparella et al. 2015). This augmentation of antioxidants occurring due to seed priming results in alleviation of the oxidative damage caused by drought stress (Zheng et al. 2016; Khan et al. 2020).

Studies revealed that UV-B priming in rice reduced the content of hydrogen peroxides and superoxides and increased the level of antioxidant potential by accumulating SOD, CAT, APX, ascorbate and glutathione (Sen et al. 2020; Thomas et al. 2020). Augmentation of the mRNA level expression of SOD, CAT and APX were also noticed in UV-B primed rice (Thomas et al. 2020). Similar results were also seen in rice subjected to spermidine priming with increased activities of SOD, POD and CAT (Zheng et al. 2016). Hydropriming in Brassica juncea enhanced the activities of SOD and GR under osmotic stress (Srivastava et al. 2010). Similarly, hydropriming of Medicago truncatula seeds for 2 h and 4 h resulted in the upregulated expression of APX and SOD genes (Forti et al. 2020). The activities of antioxidant enzymes such as APX, SOD, POD and CAT were also upregulated in osmoprimed sorghum (Zhang et al. 2015). Seedlings that emerged from the BABA primed seeds of Vigna radiata and Oryza sativa showed enhancement in antioxidant activity (Jisha and Puthur 2016a, b). Yi et al. (2016) suggested that the improved activity of antioxidant machinery helps to protect the cellular structures from drought stress and aid in rapid stress recovery. Drought-resistant variety showed greater modulation of antioxidants and thereby showed faster recovery (Wang et al. 2019). Such a response was reflected in the case of seed priming also, wherein priming offered more stress tolerance to the tolerant variety (Sen and Puthur 2020a). The efficient functioning of antioxidant machinery attributed to various priming techniques will certainly help plants to recover and restore their normal activity as earlier as possible, on being relieved from stress.

Priming aids in faster photosynthetic recovery

Among the various biochemical processes, photosynthesis is highly sensitive to drought and more responsive to recovery (Hayano-Kanashiro et al. 2009; Zhang et al. 2018). Photosynthetic recovery is the immediate result of re-watering. The extent of stress recovery relies on the pre-drought intensity, duration and plant species (Rivas et al. 2016; Ammar et al. 2020). During drought recovery, plants restore their photosynthetic activity, which can be noted as an increase in the rate of photosynthesis (Zhang et al. 2018). Two weeks
Hura et al. (2018) showed an unchanged level of reiske was attributed to the stability of photosystems. Similarly, NYE1 and non-yellowing 1 (Craterostigma plantagineum), pheophorbide a oxygenase (PaO), pheophytinase (PPH) and non-yellowing 1 (NYE1), in Craterostigma plantagineum (Liu et al. 2019). According to Yi et al. (2016), rapid photosynthetic recovery upon re-watering the cotton plant was attributed to the stability of photosystems. Similarly, Hura et al. (2018) showed an unchanged level of reiske protein of cytochrome b$_6$f complex during drought as well as re-watering and was found to be one of the reasons for the complete recovery of winter triticales after stress exposure. In contrast, a prolonged drought event may lead to the destruction of chloroplast structure, and hence the recovery process becomes incomplete. Hence the duration and severity of stress determine the rate and kinetics of recovery (Miyashitha et al. 2005). Priming has a role in reducing the severity of stress and thus supporting a quick recovery.

Various seed priming techniques improved the photosynthetic performance of different plants, such as BABA priming and hydroproming in Vigna radiata (Jisha and Puthur 2016b, 2018), biopriming and osmopriming in barley (Tabassum et al. 2018), ascorbic acid priming in wheat (Faroqq et al. 2013). According to Sen et al. (2020), UV-B priming of rice seeds reduced the photosystem damage in seedlings subjected to osmotic stress. The rehydration behaviour of tolerant and susceptible genotypes varies greatly during drought recovery. Improved photochemical activity and leaf gas exchange are shown by the tolerant variety helped to reduce the photosynthetic damage during drought stress and favoured early recovery (Rivas et al. 2016). Tolerant genotypes showed rapid recovery in terms of net photosynthetic rate, stomatal conductance, and plant water status (Hayano-Kanashiro et al. 2009). This was supported by the fact that greater modulation in the expression of differentially expressed genes encoding different TFs occurs in the tolerant genotype during drought and subsequent recovery (Hayano-Kanashiro et al. 2009; Zheng et al. 2010; Zhang et al. 2018). Likewise, seed priming of rice with UV-B radiation improved the photochemical efficiency of photosystems in the tolerant variety more profoundly than in the sensitive variety (Sen et al. 2020). Priming induced improvement in the photosynthetic efficiency by reducing the damages to the photosynthetic machinery may aid in rapid recovery from stress and the complete restoration of photosynthesis function.

**Priming mediated DNA repair mechanisms enhances the recovery rate**

DNA repair is an important event taking place during the early phase of rehydration. A sudden transition from quiescent to the active metabolic stage causes osmotic imbalance inside the seeds and leads to the accumulation of ROS, which causes breaks in nuclear DNA and subsequent arrest in cell division (Bray and West 2005). Early and controlled imbibition during the seed priming activates DNA repair pathways and antioxidant machinery (Kubala et al. 2015; Forti et al. 2020). This preserves seed vigor and enhances the germination and performance of seedlings that emerged from primed seeds (Paparella et al. 2015). The main repair pathways, such as nucleotide excision repair and base excision repair, are activated during the initial phase of germination, preserving the integrity of the genome (Macovei et al. 2010; Chen et al. 2012a, b; Paparella et al. 2015). Activation of DNA repair mechanism during imbibition, before the onset of cell division, ensured proper germination and seedling growth (Fig. 2). The upregulated expression of AtOGG1, a DNA glycosylase involved in base excision repair in Arabidopsis during seed imbibition, helped to remove DNA lesions and showed enhanced abiotic stress tolerance (Chen et al. 2012a). During seed germination in Arabidopsis, DNA ligase VI and IV genes, AtLIG6 and AtLIG4, had a major role in ligating the double-strand breaks in DNA and determine the quality and longevity of seeds (Waterworth et al. 2010). Similarly, hydroproming of Medicago truncatula seeds resulted in the upregulation of genes involved in DNA damage repairs and antionoxidation machinery. Hydroproming treatment for 4 h enhanced the activity of formamidopyrimidine DNA glycosylase (FPG) involved in base excision repair (Forti et al. 2020). Accumulation of tubulin subunits upon hydroproming and osmoproming in Arabidopsis seeds also indicated the role of seed priming in the reactivation of the cell cycle (Gallardo et al. 2001).

Similar to the DNA repair processes during early germination, stress recovery also relies on the DNA and organelles’ damage repair mechanism. During recovery, plants rearrange most of the metabolic pathways to repair drought-induced damages (Chen et al. 2016). Recovery was aided by the reactivation of cell cycle events (Wojtyla et al. 2016). The accumulation of glycine betaine and proline in Beta vulgaris at the final stage of drought event
indicated their role in the repair of damage rather than osmoregulation (Wedeking et al. 2018). Similar results were also found in cowpea, wherein an increase in the content of proline only at the time of severe stress indicated that they are not only involved in osmotic adjustment but assisted in damage repair (Souza et al. 2004). Proper DNA and organelle damage repair mechanism activated during the seed priming techniques helps to reduce the deleterious effects of rapid rehydration and also improves the tolerance and subsequently enhances the rate and kinetics of stress recovery, just as in the case of seeds subjected to rapid hydration during germination.

**Beneficial effects of priming memory to encounter recurrent stress**

Stress memory is a boon for plants to cope with the recurrent cycle of stress and recovery (Ding et al. 2013; Liu et al. 2019). More accumulation of stress-related genes or proteins upon repeated stress exposure reveals the role of earlier stress exposure to imprint memory in plants and the subsequent development of alertness for memorizing the past event (Liu et al. 2019). Several studies have shown that prior drought stress exposure results in the imprinting of the stress memory in plants (Ding et al. 2012; Marcos et al. 2019).

![Diagram showing priming mediated DNA repair mechanisms enhances seeds quality and vigour and as a result, the seedlings emerged from primed seeds shows improved performance and uniform germination.](image-url)
The role of certain genes in stress memory was evident in a study carried out with the resurrection plant *Craterostigma plantagineum*. When subjected to multiple cycles of dehydration and recovery, it was showed elevated transcript level of stress-induced LEA genes (*LEA*-like 11–24, *LEA2 6–19* and *LEA 13–62*), and early dehydration responsive 1 (*EDR1*), upon each dehydration stress and the memory persist up to 6 days of recovery (Liu et al. 2019). Similarly, Ding et al. (2012) showed an increased rate of transcription of stress response genes (*RD29B* and *RAB18*) in *Arabidopsis* on exposure to each cycle of stress, and it was found that the memory related to this gene lasts for 5 days during recovery.

Earlier stress exposure equips the plant for the upcoming stress similar to the past stress (Gamir et al. 2014). This sort of prior exposure to mild stress is called priming. Seed priming with a mild dose of stress agents activates stress memory in plants and thereby equips them for a future stress encounter (Bruce et al. 2007). Retention of the stress tolerance mechanism even after recovery is helpful to keep the plant ready for repeated drought events (Nawaz and Wang 2020). The priming memory can be accomplished through epigenetics and metabolic imprinting (Schwachtje et al. 2019). Priming mediated stress memory helps to improve the tolerance potential of plants through the accumulation of stress-responsive proteins and activation of genes, which will facilitate quick recovery from stress. The exposure of mild stress during the vegetative stage of a plant exhibits an enhanced tolerance potential during the second exposure to severe stress. Evidence for this was found in wheat plants subjected to drought priming during the tillering stage, showing enhanced performance in terms of higher photosynthesis rate and antioxidants and reduced yield loss upon further drought exposure at the time of post-anthesis. This implicates the possibility of stress memory getting imprinted during priming (Abid et al. 2016).

Studies showed that the rate of recovery largely depends on pre-stress exposure. According to Ammar et al. (2020), the plants subjected to earlier stress regain their growth through the emergence of new leaves and subsequently improved photochemical activities during stress recovery than the plants that did not encounter any past stress experience. This finding suggested the role of pre-stress exposure in the recovery kinetics of plants. Leaf proteome analysis in *Beta vulgaris* showed that some stress-related proteins did not revert very quickly during drought recovery, and the involvement of these proteins was found to be more involved in drought memory and acclimation (Schneider et al. 2019). A second increase in the amino acids content was noted in the leaves of *B. vulgaris* after the transient normalization of most of the metabolites within 8 days of re-watering. This second increase of amino acids might be indicating an imprint left behind after a stress episode, which turns out to be beneficial during future drought episodes (Wedeking et al. 2018). Hence, metabolic imprinting also has a vital role in inducing tolerance in the altered environment (Schwachtje et al. 2019).

Accumulation of several TFs and signaling proteins during seed priming provides greater stress tolerance and cross-tolerance to the seedlings that emerged from primed seeds (Chen and Arora 2013). The findings of our own research group have provided the first report on the effectiveness of UV-B seed priming in stress imprinting and cross-tolerance mechanism of rice seedlings, where cross-tolerance was shown towards NaCl stress after imparting UV-B priming to the seeds (Thomas et al. 2020). Activation of stress signalling pathways through the enhanced expression of heat shock proteins (HSP) and LEA proteins was reported in UV-B primed seedlings of rice (Sen et al. 2020). Augmentation of such stress-responsive genes and proteins during seed priming enhances the tolerance potential towards abiotic stresses and makes the plants alert for future stress events. Hence, under the recurrent cycle of drought stress and recovery, stress memory is highly beneficial for plants to shift their metabolism in accordance with the changing circumstances.

**Priming and retention of stress memory**

Epigenetics is an interesting concept in the field of stress biology. Modifications in the chromatin architecture governs the gene expression by regulating the accessibility of genes for transcriptional machinery (Banerjee and Roychoudhury 2017). These modifications involve DNA methylation, histone modification or chromatin remodeling (Bruce et al. 2007). Abiotic stress exposure alters the expression levels of various TFs involved in stress metabolism. Long-term changes in gene expression is also brought about by the epigenetic modifications enabling the plant to retain some memory regarding the past experience, even after the relieving of stress (Bruce et al. 2007). These heritable epigenetic modifications retain stress memory through genome imprinting and lead to the persistence of memory over multiple generations. Priming of plants was found to create long-term stress memory in plants (Tabassum et al. 2017). When plants encounter with further stress exposure, this epigenetic stress memory will be helpful for plants to respond quickly and to recover rapidly from drought induced injuries (Abid et al. 2018). Beneficial effects of epigenetic memory in counteracting multiple cycle of drought stress and alleviating the drought induced damages for favouring recovery is provided in Fig. 3.

Even though, some stress marked epigenetic signatures may reset into the initial state upon stress removal, the process of resetting may not occur in full strengths. At the time of recovery, the expression of drought stress induced genes reset to their basal level and this process necessitates
nucleosome rearrangements. During post drought recovery it was examined that an immediate deacetylation occurs at the H3K9ac sites, followed by the eventual elimination of RNA polymerase II. On the other hand, histone H3 Lys4 tri-methylation (H3K4me3), progressively decreased following rehydration but still remained at low levels without total disappearance. Therefore, H3K4me3 can very well serves as a stress related epigenetic marker (Kim et al. 2012). Based on the reversibility, methylation/demethylation sites differs. During recovery 70% of the methylation/demethylation sites were restored to their original state, and 29% of the sites persists even after recovery (Wang et al. 2010) During recovery from stress the level of H3K4me3 decrease but even after the recovery some stress memory is retained (To and Kim 2014). This memory is beneficial in easing the process of drought stress recovery.

Fig. 3 Epigenetic modifications induced by priming is helping in imprinting stress memory. It is beneficial under recurrent drought exposure and also favours rapid stress recovery
Molecular events during stress recovery can be influenced by seed priming

Molecular events taking place during stress recovery may be considered similar to the pre-germinative events occurring during seed priming. Hence, the rate and kinetics of drought recovery can be positively influenced by seed priming techniques (Fig. 4). The recovery phase is primarily characterized by the process of damage repair, re-start of cell division, and reactivation of mRNA, and synthesis of new proteins (Dace et al. 1998). Priming in seeds also activates similar events such as DNA repair, activation of antioxidants and de-novo synthesis of nucleic acids and proteins, and metabolic reactivation (Paparella et al. 2015). Drought stress recovery in tomato showed upregulated expression of histone variants, which lead to the reactivation of DNA replication and restoration of cell cycle activity (Iovieno et al. 2016). Likewise, seed priming also involves the activation of specific enzymes, early DNA replication, and synthesis of DNA and RNA (Bray et al. 1989). Which, in turn, contributes to early and uniform germination, improved growth, and performance of seedlings emerged from primed seeds (Parveen et al. 2019; Farooq et al. 2020).

**Fig. 4** Physio-chemical events taking place during seed priming and drought recovery. The processes common to both seed priming and recovery reveals the beneficial effects of seed priming for faster recovery from drought stress.
Seed germination triggered the production of ROS. The upregulated activity of antioxidant genes during seed priming complements the process of faster germination and seedling establishment. Cu/Zn SOD, CatA and APx1 genes were upregulated in UV-B primed rice seedlings (Sen et al. 2020; Thomas et al. 2020). Also, enhanced expression patterns of most stress-response genes such as LEA and HSP were reported in plants subjected to different seed priming treatments. HSP90 and group 3 LEA genes were upregulated in UV-B primed rice varieties (Sen et al. 2020). Similar trends were also noticed in osmoprimed Spinacia oleracea, wherein the relative expression of genes coding for dehydrin-like proteins were upregulated, and it was still more under drought stress (Chen et al. 2012a, b). Enhanced expression of these stress-induced genes in plants subjected to priming and exposed to stress may be advantageous at the time of stress recovery.

During re-watering, photosynthetic genes were upregulated, which leads to photosynthetic restoration and subsequently promotes plant growth (Iovieno et al. 2016). Upregulated expression of PsII homologue, ATP-dependent zinc metalloprotein is involved in the turnover of the oxidized D1 protein of PSII reaction centre during recovery from drought stress and helps for faster recovery from photosystem damage (Zhang et al. 2014; Iovieno et al. 2016). Evidence suggests that through various seed priming techniques, plants achieve improved photochemical activity and maintains the stability of photosynthetic apparatus even during stress periods. This could serve as one of the possible roles of seed priming in facilitating rapid recovery from stress. The upregulated activity of Drought-Responsive genes RD1 and RD2 of AP2/ERF family in the seedlings of primed seeds under drought stress enhanced the drought tolerance potential in rice (Samota et al. 2017). In a different study, expression of PSII gene in Brassica oleracea revealed that the upregulated expression of P5B in the variety botrylis and PbBm in the variety capitata upon jasmonic acid and methyl jasmonate priming was involved in the formation of PSII dimer and maintains photosystem stability, and this may facilitate rapid photosynthetic recovery upon re-watering (Sirhindi et al. 2020). This finding reveals the role of priming in maintaining the stability of photosynthetic apparatus during the drought, which may turn to be very crucial during the recovery for the quick regain of photosynthetic capacity.

Genes involved in osmolyte synthesis and hormone biosynthesis, aquaporin genes, signalling molecules, and several TFs, modulates their expression during drought and recovery (Bhargava and Sawant 2013; Iovieno et al. 2016). Table 2 list the changes in the expression levels of various stress-related genes during recovery from drought stress. Overexpression of aquaporin gene MaPIP2-7 enhanced the stress tolerance potential through the maintenance of better plant water status (Xu et al. 2020), which is a prerequisite for seed germination. Increased activity of OePIP2.1, a PIP2 aquaporin gene during drought stress recovery, implicates the beneficial role of aquaporin water channels in facilitating water absorption and subsequent recovery from drought (Secchi et al. 2007). There are reports of similar events taking place during seed priming. Upregulation of aquaporin genes SoPIP1;1, SoPIP1;2, SoPIP2;1, and SoSTIP offers drought tolerance in S. oleracea upon seed priming with PEG, which in turn favours water imbibition for the initiation of germinative events and further seedling growth (Chen et al. 2013). These sorts of molecular events will turn

| Sl. no | Plant species | Gene | Expression during recovery | References |
|--------|---------------|------|---------------------------|------------|
| 1      | Craterostigma plantagineum | Chlorophyll synthesis (CHLM, PBGD, GSA, ALAD, CPO and CHLG) | Upregulated expression | Liu et al. (2019) |
| 2      | Saccharum officinarum | Late embryogenesis abundant (LEA) | Increased gene expression | Devi et al. (2019) |
| 3      | Zea mays | Photosynthetic genes (PSAK and PSH-2) | Expressions were induced | Zhang et al. (2018) |
| 4      | Camellia sinensis | ABA biosynthesis (NCED1 and NCED4) | Downregulated during recovery | Liu et al. (2016) |
| 5      | Solanum lycopersicum | Histone gene families and photosystem genes | Re-activated during recovery | Iovieno et al. (2016) |
| 6      | Vigna radiata | Pyrroline-5-carboxylate synthetase (P5CS) | Activity reached to the control level | Sengupta et al. (2013) |
| 7      | Nicotiana tabacum | Dehydrin gene (NtERD10B) | Downregulated | Dobrá et al. (2011) |
| 8      | Zea mays | Pyrroline-5-carboxylate dehydrogenase (P5CDH) | Decreased activity | Hayano-Kanashiro et al. (2009) |
| 9      | Olea europaea | Aquaporin gene (OePIP2.1) | Upregulated expression | Secchi et al. (2007) |
| 10     | Craterostigma plantagineum | Transketolase (tkt7) | Increased activity | Bernacchia et al. (1996) |
out to be beneficial for the plants not only during the phase of stress but during the recovery from stress. The molecular mechanism of drought tolerance and the possible means of recovery response attributed by seed priming are represented in Fig. 5.

**Conclusion and future perspective**

Augmentation of stress tolerance potential through various seed priming techniques is a promising strategy to mitigate the detrimental effects of drought stress on plant growth and productivity. Just as priming enhancing the drought tolerance potential, it can also complement rapid and successful recovery from stress impacts. Maintenance of better plant water status, enhanced antioxidation machinery, improved photochemical efficiency, DNA and organelle damage repair, and denovo synthesis of nucleic acids and proteins attributed by seed priming reduces the severity of drought-induced damages on plant performances. These physiochemical modulations taking place during seed priming could favour most of the processes essential for a plant to recover quickly from drought stress. Hence, at the onset of a favourable environment through rain or irrigation, plants emerged from primed seeds recoup in a faster and improved manner. There is a prominent gap of information regarding the influence of seed priming on the recovery kinetics of plants subjected to drought stress. This eco-innovation augments the inherent stress tolerance potential of plants and thereby contributes towards better crop production. Environmental and ethical safeness offered by various seed priming techniques makes it a promising and sustainable strategy to ensure food security.

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