TOTAL FLAVONOID CONTENT ANALYSIS FOUR ILER ACCESSIONS
(COLEUS ATROPURPUREUS [L] BENTH) ON LOWLAND KARANGANYAR, CENTRAL JAVA, INDONESIA

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ABSTRACT

Objective: Iler is an ornamental plant that can be used as a medicinal plant. An effort to increase the flavonoids content was done by planting Iler in the lowlands with the hope that it can increase the secondary metabolites contained to meet the needs of flavonoids obtained from nature.

Methods: This research was conducted in Tegal Gedhe Village, Karanganyar Regency with an altitude of 182 m above sea level with Brown Mediterranean soil types. The study used a completely randomized block design. The treatment used consists of one factor which was four accessions of iler plants. Analysis of iler extract was done using ethanol, while analysis of thin layer chromatography (TLC) used the n-hexane:ethyl acetate (6:4) and analysis of total flavonoid were used the AlCl₃ method using a spectrophotometer.

Results: The total extract content of iler plant in this study was not significantly different, which was accession 1 by 4.009% (±0.36), accession 2 by 5.677% (±0.25), accession 3 by 6.892% (±0.83), and accession 4 by 5.913% (±0.57). TLC analysis shows that accession 1 and accession 2 had 8 spots, while accession 3 and accession 4 formed 9 spots. The highest total flavonoid content was found in accession 2 (5.848% [±0.25]).

Conclusion: Accession 2 has a better morphology such as wider leaves characterized by higher source of flavonoids and longer vegetative life than the other three accessions.

Keywords: Flavonoid, Coleus atropurpureus, Iler accession, Medicinal plant, Lowland.

INTRODUCTION

Iler (Coleus atropurpureus) is a plant that is easily propagated and commonly grows tropical area. The main utilization of iler plants is a medicinal material which contains flavonoids that can be used as an alternative in the development of herbal plants in the world.

Iler plants produce secondary metabolites in the form of steroids. In one research [1], pure isolates of steroids were obtained in the form of crystal needles with clear white color. The results of tests carried out using Liebermann–Burchard reagent resulted in the appearance of a green ring shape, indicating that secondary metabolites were found to be positive for steroids.

The research of Lisdawati et al. [2] stated that iler plants contained a class of chemical compounds in the form of terpenoids, tannins, catechin, tannins, and flavonoids. The content of flavonoids has been proven to be used as antimalaria. Flavonoids in leaves act as a protection substance against ultraviolet (UV)-B rays, microbial infections, pigmentation, and contain antioxidants which is useful as drugs [3]. Furthermore, flavonoids can be used as prevention for cancer and coronary heart disease [4].

Another research Yohanes et al. [5] stated that the main content of secondary metabolites present in beluntas (Pluchea indica L.) is flavonoids. The extract obtained was isolated using thin-layer chromatography, the obtained flavonoid compounds were flavonoid compounds.

There are six main sub-classes of flavonoids, namely flavones (apigenin and luteolin), flavanone (naringenin and hesperidin), flavanol (quercetin and myricetin), catechins or flavanols (epicatechin and galocatechin), isoﬂavones (genistein and daidzein), and anthocyanidin (cyanidin and pelargonidin). Flavonoids in plants are mostly in the form of sugar (glycosides), although they are sometimes found in the form of aglycones [6].

Flavonoids are able to counteract free radicals in Melissa officinalis extract [7]. This compound has a higher flavonoid content compared to four other tested plants. In Euphorbia neriifolia plants, there are a lot of flavonoid compounds which are characterized by chemical bonds that are formed 2-(3,4-dihidroxy-5-methoxy-phenyl)-3,5-dihydroxy-6,7-dimethoxychromen-4,5-one. Flavonoids can be used as antioxidants to kill cancer cells and tumors [8].

The high flavonoids utilities in health requires more studies to be carried out to obtain the better sources of flavonoids from nature, as conducting research this research on iler plants which four iler accessions, to understand the accession that produces highest flavonoids that can be obtained as a medicine. This study aims to determine the flavonoid content of four accessions of iler plants grown in the lowlands.

MATERIALS AND METHODS

Plant material was obtained from four accessions of iler plants with violet leaf color, i.e. accession 1 (deep purple), accession 2 (greenish purple), accession 3 (green), and accession 4 (reddish purple). Leaves used for analysis were taken from leaf pairs to 1-10 each plant sample. In this study, all accessions used the same harvest criteria, which was 75% of the plant population which had flowered in each trial plot.
Total extract content analysis
Leaf samples are cleaned from the dirt that attaches to the leaves and dried without direct sunlight exposure. Further drying was done by oven to absolute drying, then continued to be powdered by mashing with the mortar until it smooth. Leaf extract which has been finely weighed 10 g was put into the bottle, added by 100 ml ethanol into the bottle and shaken until homogeneous. The extract was left for 3 × 24 h and then filtered to separate the pulp and filtrate. The results of the filtrate in the cup were evaporated using a water bath until it dries and weighed [9].

Total extract content can be calculated using formula:

\[ r = \frac{x}{y} \times 100\% \]

Description:
- \( r \): Total extract content (g)
- \( x \): Sample weight (g) [9].

Thin-layer chromatography (TLC) analysis
Iler plant leaves powder extract was weighed by 2 mg and put into a small tub. n-hexane solution: ethyl acetate (6:4) as much as 200 µl was put into the tub and stirred until it dissolves, and then followed by sonification for 15 min. The solution was taken 2 µg and attached to the plate. After eluent saturates, the plate with the solution was inverted into the chamber. After mobile phase was completed, verification process of sample content was done under UV light of \( \lambda \) 254 nm and 366 nm [9].

Flavonoid analysis
1. Quercetin primary solution (400 ppm) was made by weighing 20 mg of quercetin then dissolving it with 20 ml ethanol and put it into a 50 ml flask, then added with ethanol and transferred into the bottle.
2. 10% AlCl₃ solution was made by weighing 10 g of AlCl₃ and dissolving with 100 ml of distilled water, then put into dunn flask.
3. 5% acetic acid solution was prepared. 2.6 ml of acetic acid was put into a 50 ml flask and added with aquadest, and then put into a bottle.
4. 100 ppm quercetin solution was made from 400 ppm primary solution. 1 ml of quercetin plus 1 ml of AlCl₃, 10% plus 1 ml of 5% acetic acid was put into cuvet. The results were observed using a spectrophotometer at \( \lambda \) 300–500 nm. If the absorbance value is below 0.2, the incubation is continued for 30 min, and then the observation can be repeated. The result was recorded as the maximum wavelength (\( \lambda \)).
5. 1 ml of quercetin plus 1 ml of AlCl₃ plus 1 ml of acetic acid was added into the cuvette. Reading was done at \( \lambda \) as before. The absorbance was recorded every 5 min for 40 min. The most stable absorbance was recorded as the established operating time.
6. 10 ml of the solutions were made with a concentration of 100, 120, 140, 160, 180, and 200 ppm. Then, 2.5, 3, 3.5, 4, 4.5, and 5 ml of 400 ppm quercetin were taken and put it into a 10 ml flask then transferred into duran flask. In each reading, 1 ml of quercetin plus, 1 ml of AlCl₃ plus, and 1 ml of 5% acetic acid were inserted into the cuvette. Measurement at \( \lambda \) with established operating time which previously obtained. The results were analyzed regresively and recorded as established standard curve.

Sample preparation was done by weighing 100 mg of sample. The sample dissolved with 10 ml of ethanol. Sonification of the sample was done for 15 min then incubated overnight. Furthermore, 4 ml sample was taken. Sample then evaporated in the oven at 50°C until it dries. 8 ml of dried sample then dissolved with methanol. Another sonification was done for 15 min and the sample was left overnight. The sample was observed using a spectrophotometer at the determined wavelength and predetermined operating time. The blank solution contained 1 ml of sample and 4 ml of distilled water. The sample solution contains 1 ml of sample plus, 1 ml of AlCl₃ plus, 2 ml of H₂O plus, and 1 ml of acetic acid, then incubation was done for 15 min and the reading performed using a spectrophotometer [9].

The flavonoid content can be calculated using formula:

\[ QE = \frac{c \times f \times p \times x \times 10^{-3}}{m} \times 100\% \]

Description:
- \( QE \): The number of flavonoid content (µg/ml)
- \( c \): Equivalence of quercetin (µg/ml)
- \( f \): The total volume extracts (ml)
- \( p \): Dilution factor
- \( m \): Sample weight (mg) [9].

Data obtained from the observations were analyzed using the variance test (F test) at the level of 5%. If there is a significant effect of the treatment tested based on F-count test at the level of 5%, further testing will be done to see the differences between treatments with the Duncan test at the level of 5%. Data analysis was processed using SPSS software.

RESULTS
The planting material used in this study was accession of iler plants with different leaf colors. Leaf color was observed using leaf color chart. Four accessions of the iler plants used were accession 1, accession 2, accession 3, and accession 4. Accession 1 has a leaf color of 5 RP 3/2, accession 2 has a leaf color 7.5 GY 3/4, and accession 3 has a leaf color 5 GY 5/6, while accession 4 has leaf color 2.5 R 4/2. Leaf appearance and leaf color are shown in Fig. 1.

Total extract content did not give a significantly difference in the accession of the iler plant. Accession 3 shows the highest extract level 6.892% (±0.25), whereas accession 2 showed the lowest extract yield with 5.677% (±1.51).

Fig. 1: The accession of four plants that are grown in lowland Karanganyar.
Isolation of flavonoid compounds on iler leaves was carried out using the TLC method. Extracts were dissolved with 96% ethanol and bottled along the plate using a micro pipette at a distance of 1 cm then eluted using n-hexane eluent:ethyl acetate (6:4) to produce the best separation in TLC. Analysis of flavonoid content by spectrophotometer showed that total flavonoid significantly affected iler accession. Accession 2 produced the highest levels of total flavonoid 5.848% (±0.25) while accession 4 showed the lowest levels of total flavonoid 3.451% (±0.57).

**DISCUSSION**

The results of TLC (Fig. 2) were examined under UV light at the wavelengths by 255 and 366 nm. Accession 1 and 2 formed 8 spots, while accession 3 and 4 formed 9 spots. The difference in the number of spots formed indicates that iler plants contain different amounts of active compounds. The clearer spot color is formed, it was indicating that the quality of the active compounds contained in the sample is good. All samples have almost the same Rf value (Table 1). The same Rf value means that the compounds contained in the iler accession have the same or similar characteristics. Different Rf values indicate there are differences in active compounds between accessions. In line with the research conducted by Alen et al. [10] in their study, it was stated that in TLC analysis of Carica papaya seeds using the same eluent obtained the best results with ratio of eluent n-hexane:ethyl acetate (6:4). This means that the eluent ratio used for the TLC analysis depends on the sample used. Routine comparison commonly used in the analysis of flavonoids is quercetin [5], which has a yellow stain and has an Rf value of 0.64.

n-hexane eluent:ethyl acetate (6:4) is suitable for TLC analysis of iler plant. In contrast to the research conducted by [11], TLC analysis of *Carica papaya* seeds using the same eluent obtained the best results with ratio of eluent n-hexane:ethyl acetate (20:80). This means that the eluent ratio used for the TLC analysis depends on the sample used. Routine comparison commonly used in the analysis of flavonoids is quercetin [5], which has a yellow stain and has an Rf value of 0.36.

Quercetin is a biologically very strong, with antioxidant activity by 4.7 [12]. Quercetin can be used to protect the body from disease by preventing the occurrence of fat peroxidation.

Calculation of extract yield is the final weight ratio of the extract obtained with initial weight multiplied by 100%. The extract of iler plant in this study was not significantly different, as shown by accession 1 with the value of 4.009% (±0.23), accession 2 with 5.677% (±0.21), accession 3 with 6.892% (±0.25), and accession 4 with 5.913% (±1.51) (Table 2). This might happen because the iler plants used in the study came from the same species so that the extracts in the 4 accessions were not significantly different. The extract itself is the result of the process of plant growth and the production of active compounds in plants. High biomass production does not determine of high extract yields. This is because the yield of plant extracts is a group of secondary metabolites.

Furthermore, Saifudin [13] explained that secondary metabolites are compounds synthesized by plants as supplementary need, means that its production is needed but not as essential. This secondary metabolism compound is used in the field of pharmacology and biology as a drug.

The yield extracts added by ethanol solvents, as a study performed by Septiana and dan Asnani [14], showed that total flavonoids were not affected by the extraction method and the type of solvent used based on analysis result, it assumed that flavonoid compound had a similar polar and non-polar structure.

The results of total flavonoid content analysis in this study showed that the total flavonoid content produced by accession 1 was 4.009% (±0.36), accession 2 was 5.949% (±0.25), and accession 3 was 4.971% (±0.35) while accession 4 was 3.451% (±0.23) (Table 1). This shows that accession 2 has the highest levels of flavonoids. Accession 2 has wider leaves than the other three accessions. Accession 2 has a longer flowering and harvesting age than three other accessions so that this accession is good to be cultivated and used as a flavonoid producing plant to meet the needs of flavonoids. Flavonoids are important because they are secondary metabolites that are useful as drugs. In line with the research conducted by Tari et al. [15] which states that the flavonoids contained in iler extract can accelerate wound healing in the skin of mice. [16]. Further stated that ethanol in the iler extract had anti-diabetic activity in mice.

Iler plant in the lowland of Karanganyar have a various content of flavonoids, which may influenced by biotic or abiotic factors [17]. It was known that biotic and abiotic conditions can affect the growth and yield of plant secondary metabolites, in example, the effect of climate change on the presence of pollinators such as butterflies, bees and the effect on soil affect the productivity of plant metabolites. Another factor affecting flavonoids is growth hormone [18], as quercetin levels obtained from the extraction of *Pluchea lanceolata* plants contain NAA (auxin) + BAP (cytokinin).

In the article written by Sharanappa and Vidyasagar [19], flavonoid compounds were found in the leaves of the *Argemone mexicana* plant.

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**Table 1: The results of the retention factor analysis of thin-layer chromatography with n-hexane eluent:ethyl acetate (6:4)**

| Accession | Rf | Color | Accession | Rf | Color |
|-----------|----|-------|-----------|----|-------|
| 1         | 0.29 | Light brown | 2         | 0.29 | Light brown |
| 0.36 | Light brown | Light brown | 0.36 | Light brown |
| 0.44 | Yellow | Yellow | 0.44 | Light brown |
| 0.54 | Yellow | Light brown | 0.54 | Yellow |
| 0.63 | Dark green | Dark green | 0.54 | Yellow |
| 0.74 | Green | Dark green | 0.61 | Dark green |
| 0.74 | Green | Dark green | 0.67 | Dark green |
| 0.72 | Green | Green | 0.72 | Green |

Rf: Retention factor
Table 2: Total extract content, thin-layer chromatography spot appearance and flavonoid content of four accession iler plant

| Number of accession | Total extract content (%)±SD | TLC (spots) | Flavonoid content (%)±SD |
|---------------------|-----------------------------|------------|-------------------------|
| 1                   | 6.197±0.23                  | 8          | 4.009±0.36              |
| 2                   | 5.677±0.21                  | 8          | 5.848±0.25              |
| 3                   | 6.892±0.25                  | 9          | 4.971±0.83              |
| 4                   | 5.913±1.51                  | 9          | 3.451±0.57              |

The number followed by same character in a same column is not significantly different within Duncan test of 5% level. TLC: Thin-layer chromatography. SD: Standard deviation

Argemone mexicana leaves contain a lot of cysteine flavonoids which useful as anti-inflammatory and analgesic activity. Total flavonoids can be used as analgesic drugs [20]. Furthermore, the extracts were containing lots of phenol compounds and flavonoids have strong antioxidants and have the potential to reduce sugar in blood [21].

CONCLUSION

Accession 1 and 2 formed 8 spot, while accession 3 and 4 formed 9 spots under the TLC analysis. The extract of iler plant in this study was not significantly different, with value of 4.009% (±0.36) for accession 1, accession 2 with 5.677% (±0.25), accession 3 with 6.892% (±0.83), and accession 4 with 5.913% (±0.57). The highest total flavonoids were found in accession 2 (5.848% [±0.25]). Accession 2 has a better morphology such as wider leaves characterized by higher source of flavonoids and longer vegetative life than the other three accessions.

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AUTHORS’ CONTRIBUTIONS

Fitria Roviqowati conducted the experiment and prepared the manuscript. Dr. Yuli Widiyastuti contributed in the experimental conduct and flavonoid analysis. Prof. Samanbudi designed the experiment and finalizes the manuscript. Prof. Ahmad Yunus designed and conducted the experiment and finalize the manuscript.

CONFLICTS OF INTEREST

All authors confirm that has no conflicts of interest this article content.

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