Intelligent navigation of a self-fabricated biped robot using a regression controller

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Abstract. With the growing demand for using biped robots in industrial automation and other related applications, navigation and path planning has emerged as one of the most challenging research topics over the last few decades. In this paper, a novel navigational controller is designed and implemented in a self-fabricated biped robot. After fabricating biped robots equipped with a large set of sensors, a regression controller is implemented on them for the purposes of obstacle avoidance and path optimization. The obstacle distances detected by the biped’s sensory network are fed as input parameters to the regression controller, and the output obtained from the controller is the necessary heading angle required to avoid the obstacles present randomly in the environment. The biped is tested in a simulated environment for obstacle avoidance and target-following behavior. Further, to validate the simulation results, a real-time experimental setup is designed under laboratory conditions. The results obtained from both environments are compared in terms of navigational parameters and, then, good agreement is observed between them. Being a relatively new area of research, the navigation of bipeds can pave the way towards industrial automation.

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1. Introduction

Able to mimic human behavior uniquely and replace human efforts in tedious and repetitive tasks, bipeds have become the center of attraction for many researchers who are engaged in robotic investigation. Bipedes are often preferred over their wheeled counterparts because of their human-like behavior. The use of biped robots has spread to many sectors such as automobiles, manufacturing, industrial automation, medical assistance, aid to elderly people, entertainment source for children, etc. To work freely in an environment filled with randomly placed obstacles and humans, navigation and path planning remains as the most critical area of investigation. Several researchers have focussed on navigation and path planning of different types of robots over the last few years. Navigation and path planning can be categorized into two parts: model-based path planning and sensor-based path planning. In the model-based path planning, the robot is aware of the source and target positions of travel along with the coordinates of the obstacles present in the environment. In sensor-based path planning, the robot is unaware of any information regarding the obstacle positions, and it has to run a real-time based obstacle detection and avoidance.

One of the major breakthroughs in the area of bipeds is the introduction of Zero Moment Point (ZMP) [1], which has been quite helpful in designing a balancing control for bipeds. Pa and Wu [2] designed a hexapod robot with the immediate detection of the
environment by means of a servo control. Liu et al. [3] proposed a trajectory generation in workspace for adaptive control of biped robots. Sahu et al. [4, 5] attempted using nature-inspired techniques in humanoid navigation. Yeon and Park [6] designed a footstep mechanism for abrupt turning and sudden change in the locomotion direction of biped robots. Assa et al. [7] used bifurcation of potential function to discuss the transition between the dynamic behavior of biped and quadruped walking. Iida et al. [8] considered the ideal model of a biped robot using less control and passive elastic joints with an accurate leg design. Rath et al. [9–11] discussed testing a humanoid in simulated and experimental environments using smart algorithms. Rushidi et al. [12] studied the passive gait patterns used in a bipedal walking mechanism. Silva et al. [13] proposed an automated generation of bipedal locomotion without significant knowledge about the task to be performed. Kumar et al. [14–18] developed several intelligent methodologies to ensure the smooth navigation of humanoid robots over complicated terrains. Geng [19] showed the role of passive ankles in the performance of biped robots. They considered the role of the torso and the walking speed of the biped in increasing energy efficiency. Nakamura et al. [20] proposed rhythmic movements controlled by central pattern generators so that biped robots could move stably. Cristiano et al. [21] proposed a mathematical analysis that applies feedback and force sensors to automatically adjust the pattern of a biped robot during inverse kinematics. Farh et al. [22–24] developed numerous navigational controllers for the hassle-free movement of mobile robotic agents in complex environments. Kazita et al. [25] proposed the motion control of biped robots through auxiliary ZMP. Mirjalili et al. [26] proposed an online-based path planning approach to SURENA III humanoid robot considering various control schemes. Hwang and Ahuja [27] applied a multi-level path planning approach to ensure greater accuracy of results. Atkinson [28] applied basic regression analysis to three specific problems in which least squares estimation and basic regression were varying in nature for predicting the results. He emphasized the correctness of the linear model that represents the regression. Qif et al. [29] modified the potential field method into artificial potential method for path planning of mobile robots. Asano et al. [30] used disjoint polygons for the construction of any specific design. Bai and Low [31] designed terrain evaluation as a link to body trajectory planning for simplifying the path planning problem. Kala et al. [32] applied two hierarchies, i.e., coarse and finer hierarchies, for the path planning of the mobile robot to overcome random obstacles. Singh et al. [33–35] discussed the application of computational intelligence to ensure smooth and collision-free path generation for wheeled mobile robots. Mohanty et al. [36–38] developed several navigational techniques for path planning of mobile robots using artificial intelligence. They discussed the modification of controlling parameters of basic intelligent algorithms to improve their performance. Sanjuan et al. [39] discussed closed-form solutions for direct and inverse kinematic analysis of a US-RS-RPS 2-DOF parallel robot. Korayem et al. [40] used a robust input shaper for tracking control and vibration reduction of flexible cable-suspended parallel robots.

Although various researchers have focused on the control of biped robots through the use of some algorithms, the subject of path planning and navigation with an obstacle avoidance capability has not been reported significantly. This has motivated the current study to investigate the design of a novel navigational controller that can be used to guide a biped robot through a random set of obstacles present in the environment. According to the extensive survey of the literature, most of the researchers have focused on the navigation of mobile robots. However, a very few studies have reported on the navigation of biped robots. From a real-world application perspective, bipeds are of large significance in assisting human efforts and working as a human replacement. Therefore, biped navigation models demand much attention. There is a need for a robust navigational model that can be used in both simulated and experimental environments. Therefore, the current research is aimed at designing a robust navigational controller for path planning of a self-fabricated biped robot. The developed approach has been implemented in a V-REP simulation platform, and the simulation results are verified in an experimental platform developed under laboratory conditions. The results obtained in both of the environments are compared against each other in terms of selected navigational parameters, and they are in close agreement with the minimal percentage of errors.

2. General overview of regression analysis

The approach to navigation and path planning problems can be categorized into two types: classical approaches and computational intelligence approaches. Computational intelligence approaches are relatively newer than classical approaches. These two approaches can also be termed as deterministic and non-deterministic ones, respectively. Classical approaches are well known for providing convergent solutions. Since the navigation and path planning of biped robots is new in its own kind, one classical approach called Regression Analysis (RA) is chosen as the method that has been applied in this study for navigational purposes.

Regression analysis is one of the most versatile methods of data forecasting considering the relation-
ship between dependent and independent variables. By keeping the independent variables fixed in a system, the change in the dependent ones can be analyzed on the basis of independent ones. A general equation of regression can be represented as follows:

$$a_i = a_1 + a_2 \beta_i + e_r,$$

where $a_i$ is dependent upon $\beta_i$ with $a_1$ and $a_2$ as the two controlling parameters, and $e_r$ accounts for any error. The accumulation of scattered data into a straight-line equation is the beauty of regression. Figure 1 represents a basic scheme of regression analysis.

According to Figure 1, in $x$-axis, some data for independent variables are taken and, in $y$-axis, some data for dependent variables are taken. The straight line represents the accumulation of all the scattered data.

3. Design of the self-fabricated biped robot

The current analysis is focused on the design of a navigational controller for a biped robot. To accomplish the above-mentioned task, a real physical setup of a biped robot has been designed. The designed biped has eight degrees of freedom. After designing the solid model of the biped robot in SOLIDWORKS, it is fabricated by the use of aluminum strips. The biped robot is designed considering the human leg design. Hip geometry of knee and ankle of humans has been considered as important for the design of the biped. In the proposed design of the biped robot, each leg has four degrees of freedom. For each degree of freedom, a servo motor (Hitec HS-985MG) is used with 5-volt input. The designed biped has two roll rotations in ankle (Right Ankle Roll (RAR) and Left Ankle Roll (LAR)), two pitch rotations in knee (Right Knee Pitch (RKP) and Left Knee Pitch (LKP)), and two yaw and two roll rotations in hip (Right Hip Roll (RHR), Left Hip Roll (LHR), Right Hip Pitch (RHP), and Left Hip Pitch (LHP)). The power unit and the controller are housed in a rectangular channel present in the waist. The synchronized motor rotation is one of the most important aspects of biped locomotion. Therefore, an ARDUINO Mega 2560 controller is implemented on the biped. Two ultrasonic sensors are mounted on the biped for obstacle avoidance purposes. Figure 2 represents the actual view of the biped.

4. Control architecture for path planning of the biped

The path planning and navigation problem can be defined as obstacle avoidance and reaching the target position by the shortest path that consumes minimal time. The optimization of the navigation problem is greatly influenced by the navigational parameters that are considered in the optimization function generation. In the navigation of the biped robot, three navigational parameters are considered: Left Obstacle Distance (LOD), Right Obstacle Distance (ROD), and Heading Angle (HA). Out of the three navigational parameters, LOD and ROD act as the input parameters and HA as the output parameter. It can be noted that the two ultrasonic sensors mounted on the fabricated biped robot can account for the LOD and ROD, respectively. HA is the output from the controller, which is generated by the logic implemented on the controller. Figure 3 represents the navigational parameters of the biped robot, used in the current analysis.

The two ultrasonic sensors mounted on the biped record the obstacle distances from the left and right sides as LOD and ROD, respectively, within their range. The HA provides the necessary turning required to reach the target position by avoiding the obstacles.

![Figure 1. Basic scheme of a regression equation.](image1)

![Figure 2. Self-fabricated biped.](image2)
The sensory network of the biped is continuously searching for potential obstacles. Unless the biped detects any obstacle in the environment, it heads towards the target through the target-following behavior. After detecting any obstacle, the regression controller of the biped is activated, and the HA is decided as per the logic applied to the controller. Based on the environmental conditions, around 750 training pattern data are fed to the controller, depicting random obstacles and source and target positions. Table 1 represents some of the training pattern data used in the current analysis.

The inputs LOD and ROD are represented by centimeters of distance from the biped robot, and the output HA is represented as the angle in degrees. By analyzing one training pattern data shown in Table 1, the parameters can be understood in detail. The 3rd row data from the training pattern show that LOD=30 cm and ROD=70 cm. Accordingly, the right obstacle is far away from the biped, compared to the left obstacle. Therefore, the robot takes a turn at about 20° towards the right side. It can be observed that some data of HA represent negative values. It is not to be confused with the negative HA that represents some negative heading; rather, it just represents a left turn of the robot. A particular sign convention has been followed in the current analysis. Any rotation to the left side of the reference line is considered as a negative heading angle, and any rotation towards the right of the reference line is considered as a positive heading angle. A zero-heading angle represents no rotation or motion in a straight line following the previous heading angle.

After designing the specific sign convention for the bipedal locomotion and the training pattern data, all the training patterns are fed to the regression toolbox of Minitab software. The motive behind using the Minitab software is to formulate a straight-line equation from the accumulated scattered data. The equation generated from the Minitab software is presented as follows:

\[ T_3 = -24.0338 - 0.006284T_1 + 0.81356T_2. \] (2)

where \( T_3 = \text{HA}, T_1 = \text{LOD}, T_2 = \text{ROD}. \)

Based on Eq. (2), the regression navigational controller is implemented on the biped robot. Along with the logic of the regression controller, some reactive behaviors are also implemented on the bipedal locomotion. There are three primary reactive behaviors implemented on the biped robot such as obstacle avoidance behavior, target-following behavior, and wall-following behavior. The obstacle avoidance behavior is implemented for avoiding the obstacles present in the environment by generating the required heading angle. The target-following behavior is implemented for heading towards the target in the absence of any obstacles in the environment. The wall-following behavior is a complementary behavior. If there are a series of obstacles existing in the environment and the target is located towards the end of the long barrier, the robot just follows the long barrier without activation of the navigational controller. Figure 4 presents a pseudo code for the regression navigational controller, and Figure 5 presents a general control scheme in a flowchart manner.

Figure 3. Navigational parameters of the biped robot.
Table 1. Examples of some training pattern data for the navigational controller.

| Serial no. | LOD (cm) | ROD (cm) | HA (deg) | Serial no. | LOD (cm) | ROD (cm) | HA (deg) |
|------------|----------|----------|----------|------------|----------|----------|----------|
| 1          | 30       | 50       | 0        | 31         | 60       | 30       | -14      |
| 2          | 40       | 60       | 10       | 32         | 30       | 40       | 16       |
| 3          | 30       | 70       | 20       | 33         | 35       | 70       | 12       |
| 4          | 55       | 30       | -15      | 34         | 30       | 55       | 15       |
| 5          | 30       | 40       | 0        | 35         | 70       | 30       | -17      |
| 6          | 40       | 30       | -5       | 36         | 40       | 40       | -25      |
| 7          | 35       | 50       | 20       | 37         | 45       | 35       | -18      |
| 8          | 55       | 40       | -15      | 38         | 35       | 55       | 20       |
| 9          | 45       | 55       | 0        | 39         | 80       | 45       | -22      |
| 10         | 50       | 0        | 20       | 40         | 38       | 59       | 18       |
| 11         | 30       | 48       | 12       | 41         | 36       | 39       | 15       |
| 12         | 46       | 58       | 0        | 42         | 65       | 46       | -11      |
| 13         | 66       | 52       | -19      | 43         | 46       | 66       | 14       |
| 14         | 65       | 33       | -10      | 44         | 51       | 65       | -12      |
| 15         | 53       | 62       | 16       | 45         | 41       | 53       | 18       |
| 16         | 61       | 55       | -18      | 46         | 32       | 61       | 16       |
| 17         | 85       | 65       | 0        | 47         | 48       | 85       | 12       |
| 18         | 38       | 42       | 26       | 48         | 34       | 38       | 15       |
| 19         | 42       | 38       | -25      | 49         | 34       | 42       | 16       |
| 20         | 42       | 34       | -24      | 50         | 0        | 42       | -18      |
| 21         | 55       | 45       | -18      | 51         | 39       | 55       | -21      |
| 22         | 61       | 71       | 14       | 52         | 36       | 61       | 0        |
| 23         | 36       | 38       | 0        | 53         | 53       | 36       | -16      |
| 24         | 48       | 42       | -20      | 54         | 32       | 48       | 18       |
| 25         | 45       | 0        | 18       | 55         | 35       | 45       | 20       |
| 26         | 53       | 62       | 19       | 56         | 45       | 53       | 25       |
| 27         | 58       | 36       | 0        | 57         | 70       | 58       | 12       |
| 28         | 45       | 48       | 22       | 58         | 42       | 45       | 28       |
| 29         | 56       | 49       | -15      | 59         | 45       | 56       | 19       |
| 30         | 65       | 20       | -18      | 60         | 35       | 65       | -26      |

5. Navigation of the biped in a cluttered environment

After formulating the logic of the regression navigational controller and implementing the same in the fabricated biped along with the reactive behaviors, the biped is tested under simulation and experimental platforms. The simulation results are compared with real-time experimental results in terms of navigational parameters.

5.1. Simulation results for navigation of the biped

Numerous simulation software products have developed over the last few years to conduct the analysis of bipedal locomotion. However, V-REP has been the center of attraction for bipeds. Compared to other simulation software products, V-REP has certain advantages such as collision detection, better motion planning, and the calculation of the shortest path. V-REP is coded with LUA language based on ANSI C programming. To analyze the effectiveness of the regression navigational controller, an environment of size 200 x 200 units is created in the simulation window of V-REP software. Five static obstacles are placed at random positions. Considering the logic of the regression controller and reactive behaviors, a program has been written in LUA language and implemented on the biped. After specifying the source and target positions, the biped is tested for target-following and obstacle avoidance behaviors. Figure 6 represents the simulation results obtained from the movement of the biped robot using a regression navigational controller. It can be noted that quite a large number of simulation analyses are carried out; however, only a single one has been represented here.
The biped starts heading with an initial direction towards the target position

If no obstacles are detected by the sensors
  Biped navigates with activation of the reactive behaviours
If (Target is reached)
  Stop navigation
Else if the sensors detect an obstacle in its path:
  RA controller is activated
  Obstacle distances are measured by the sensors attached to the biped
  The input parameters (LOD, ROD) are fed to the RA controller
  The output (HA) is calculated based on the input data
  Biped navigates with activation of the reactive behaviours
If (Target is reached)
  Stop navigation
Else if (Obstacle is detected)
  Activate the RA controller to find the next output
Else
  Keep navigating till an obstacle or target is reached

Figure 4. Pseudo code for the proposed RA navigational controller implemented on the biped.

According to Figure 6(a), blue boxes represent the source and target positions, respectively, for the biped robot. Five static obstacles are present at random positions. The path followed by the biped robot shows that it is able to avoid all the obstacles successfully and reach the target position in the shortest path. To compare the results of the simulation analysis with real-time experimentation, path length from the source to the target position and the time spent to cover the path length have been chosen as the two navigational parameters. These two parameters are recorded directly in the simulation window of the V-REP software and noted for further analysis.

5.2. Experimental results for navigation of the biped

By preparing a replica of the simulation environment under a laboratory setup, the simulation results can be verified in terms of accuracy. A real-time experimental environment is developed by considering the same size as that of the simulated environment (200 × 200 units). Five static obstacles are located at positions similar to those of the simulation. The logic of the regression controller and the reactive behaviors are applied directly to the controller of the biped by coded language. The biped operates through wired control in the actual environment, and its obstacle avoidance and target-following behaviors are tested in practice. Figure 7 represents the snapshots taken during the actual experiment performed.

According to Figure 7, the environment is kept exactly similar to the simulated environment. The biped is successful in avoiding all the obstacles present in the environment and has also followed a path similar to that of simulation results. Herein, the two navigational parameters, i.e., path length and time consumed, are calculated by means of a measuring tape and stopwatch, respectively, and recorded for further analysis.

5.3. Comparison of simulation and experimental results

After performing the navigation of the biped robot in simulated and experimental environments, the results of both environments are compared in terms of navigational parameters. Table 2 shows a comparison of the path lengths, and Table 3 presents a comparison of the time spent between simulated and experimental environments.

According to Tables 2 and 3, the navigational parameters for the experimental environment always provide greater values than those for the simulated environment, because the latter is the ideal environment without any external error factors. Unlike the simulated environment, the experimental environment possesses factors such as loss of data transmission, effects of friction, slippage on the environment floor, etc., accounting for the higher values. The comparison of both results amounts to a maximum error below 6%, which is well inside the permissible limit.
Figure 5. Flowchart of the proposed RA controller implemented on the biped.

Table 2. Comparison of path length between simulated and experimental environments.

| No. of scenario | Path length in simulation (cm) | Path length in experiment (cm) | % of error |
|-----------------|--------------------------------|--------------------------------|------------|
| 1               | 281.9                          | 294.5                          | 4.28       |
| 2               | 340.5                          | 359.8                          | 5.36       |
| 3               | 215.4                          | 224.7                          | 4.14       |
| Average         | 279.26                         | 293                            | 4.59       |

Table 3. Comparison of time consumed under simulated and experimental environments.

| No. of scenario | Time consumed in simulation (sec) | Time consumed in experiment (sec) | % of error |
|-----------------|----------------------------------|----------------------------------|------------|
| 1               | 60.56                            | 73.65                            | 5.55       |
| 2               | 84.31                            | 88.95                            | 5.23       |
| 3               | 52.87                            | 55.23                            | 4.27       |
| Average         | 68.91                            | 72.58                            | 5.02       |
use of regression as a navigational tool has achieved satisfactory results for the developed biped robot. However, classical approaches are always prone to lower accuracy than the soft computing techniques, and they can be easily trapped in situations such as dead end and local minima. Therefore, in further investigations, the use of various intelligence algorithms can be taken into consideration for obtaining more robust results.

6. Conclusions

With the development of robotics research, robots have become an integral part of human life. The increasing use of bipeds in almost all sectors of industrial automation and manufacturing has forced researchers to specifically focus on the navigation and path planning problem of biped robots. The current analysis is based on the design and implementation of a novel navigational controller for a self-fabricated biped robot considering the logic of regression analysis. After physically fabricating the biped robot, the controller of the biped was fed with the logic of regression analysis and reactive behaviors. The biped robot was tested for navigation and obstacle avoidance in a simulation platform. The results of the simulation platform were also validated through a real-time experimental setup. The biped robot was successful in avoiding all the obstacles and reaching the target position safely in both environments. The results obtained from both the platforms were closely in agreement with a minimal percentage of error. Hence, the regression controller can be used as an efficient controller for the navigation of biped robots. With a clear lack of significant research on the path planning of biped robots, the current investigation would definitely serve as a guide towards the development of more robust controllers for the same purpose.
Figure 7. Experimental results obtained from the navigation of a biped robot using an RA controller.

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