Morphological and Molecular Characteristics of Anisakis typica Larvae in Two Species of Threadfin Bream, Nemipterus hexodon and N. japonicus, from the Gulf of Thailand

Rattanachai Tunya1, Chalobol Wongsawad1,2,*, Pheravut Wongsawad1,3, Jong-Yil Chai4,5

1Department of Biology, Faculty of Science, Chiang Mai University, Chiang Mai 50202, Thailand; 2Environmental Science Research Center (ESRC), Faculty of Science, Chiang Mai University, Chiang Mai 50202, Thailand; 3Economic Plant Genome Service Center, Faculty of Science, Chiang Mai University, Chiang Mai 50202, Thailand; 4Institute of Parasitic Diseases, Korea Association of Health Promotion (KAHP), Seoul 07649, Korea; 5Department of Tropical Medicine and Parasitology, Seoul National University College of Medicine, Seoul 03080, Korea

Abstract: The third stage larvae (L3) of Anisakis typica were detected in 2 species of threadfin bream, Nemipterus hexodon and N. japonicus, from the Gulf of Thailand, and were morphologically and molecularly characterized. Total 100 threadfin breams, 50 Nemipterus hexodon and 50 N. japonicus, were examined with naked eyes after the opening of abdominal cavity with scissors. Almost all infected larvae remained alive and active even the fish were transported for 1-2 days. Anisakid larvae were exclusively distributed in the body cavity and rarely in the liver. The prevalence of A. typica L3 were 68.0% and 60.0% in N. hexodon and N. japonicus and their infection intensities were 3.5 and 4.2 per fish infected each. Morphological and morphometric analysis were performed by viewing specimens under both a light microscope and a scanning electron microscope. Interestingly, the protruded mucron of Anisakis typica under SEM showed a distinct cylindrical shape that differed from the cone shape of A. simplex. The protruded mucron could be used to identify A. typica L3 larvae in the future. A comparison of the ITS1-5.8S-ITS2 rDNA nucleotide sequences of these species revealed high blast scores with A. simplex. Conclusively, it was confirmed that A. typica L3 are prevalent in threadfin breams from the Gulf of Thailand, and their morphological and molecular characters are something different from those of other anisakid larvae, including A. simplex and A. pegreffii.

Key words: Nemipterus hexodon, Nemipterus japonicus, Anisakis typica, Ornate threadfin bream, Japanese threadfin bream

INTRODUCTION

In Thailand, various marine species are important natural sources of nutrition, and imperative to industries surrounding the harvest of marine species for maintaining food and economic stability. Previous reports have stated that the demersal resources have declined around 8% between the years 1961 and 1995. Four major species groups in decline include Nemipterus spp., Priacanthus spp., Saurida spp. and squids [1]. Threadfin bream (Nemipterus spp.), in the order Perciformes, is one of the types of fish in decline. One possible cause may be infection with an endoparasite that causes abnormal fish growth.

Anisakidae is a family in the phylum Nematoda, which is probably the most prevalent family of parasites found in marine mammals. The family has the potential to affect the human health. The intermediate host of anisakid nematodes are marine vertebrates and invertebrates including fish, squid, crustaceans and molluscs. Accidental ingestion of anisakid L3 larvae (e.g. Anisakis simplex and Anisakis pegreffii) by humans can cause anisakiasis and more than 20,000 cases have been reported worldwide, over 90% from Japan, and the rest from Asia, Europe, America and New Zealand. Anisakid larvae burrow into the stomach wall and elicit an inflammatory response which causes acute ulceration, nausea, vomiting and epigastric pain [2-5]. The histological studies of rat stomach tissue infected by Anisakis typica found epithelial damage, bleeding within the submucosal layer, inflammation of the stomach and decreased numbers of mucous cap cells, which
comprise the gland-containing, mucus-membrane layer covering the surface of the stomach [6]. However, there are no records of human anisakiasis caused by *A. typica*, possibly because there is little information about the infection available.

There have been many reports of cases of anisakiasis in Asia and Europe, especially in Japan, which has popularised cuisine made with raw or undercooked seafood such as sushi and sashimi [7-10]. In Thailand, which also has a high level of consumption of raw seafood, eating raw fish or squid with dipping sauce or cooked into spicy seafood salad is common. Today, seafoods transportation from the Gulf of Thailand to the northern areas can be done within a short time and still fresh. So, the chances of becoming infected with the anisakid larvae are increasing as well.

Identification of L3 anisakid larvae morphologically using a light microscope is rather difficult, because of the low level of development of organs at this stage and the lack of remarkable characteristics of the larvae. Consequently, morphological study using a scanning electron microscope (SEM) is required to provide adequate detail, especially with regard to the skin and miniscule structures which are not observable using a light microscope. Moreover, molecular methods, such as DNA sequencing are the most reliable method and are often used to identify anisakid larvae. There have been many reports of anisakid nematodes using internal transcribed spacer (ITS) region of rDNA analysis, such as *Anisakis tytica* [11-17], *Anisakis simplex* [11,14,16], *Anisakis pegreffii* [14,16,17], *Anisakis breviculata*, *Anisakis paggiue and Anisakis physeteris* [17].

The purpose of this study was to investigate the epidemiology of anisakid larvae present within marine fish, *N. hexodon* and *N. japonicus*, sent from the Gulf of Thailand to Chiang Mai province, northern Thailand, by using both morphological and molecular studies to increase the reliability of the species identification.

**MATERIALS AND METHODS**

**Parasite collection**

Total 100 threadfin breams, 50 ornate threadfin bream (*N. hexodon*) and 50 Japanese threadfin bream (*Nemipterus hexodon*) and 50 Japanese threadfin bream (*Nemipterus japonicus*). 

![Fig. 1. Ornate threadfin bream (*N. hexodon*) and Japanese threadfin bream (*N. japonicus*) (A and B, respectively) from the Gulf of Thailand purchased from a department store in Chiang Mai province. Fish sold in the department store in Chiang Mai province (C) and fresh specimens of L3 anisakid larvae viewed under a stereo microscope (D).](image-url)
(japonicus) (Fig. 1) purchased from a department store in Chiang Mai province of northern Thailand between December 2018 and June 2019. The fish nomenclature adopted has been outlined in a journal [18]. Purchased fish were shipped from the Gulf of Thailand, Chachoengsao province (Fig. 2) under refrigerated conditions (−4°C) for 1-2 days. Almost all of the anisakid larvae were active while carefully removed from the body cavity and liver. Total 243 anisakid larvae, 118 from N. hexodon and 125 from N. japonicus were washed using saline (0.85% NaCl) for further study.

Morphological examinations
Permanent slide preparation and light microscopy
The 30 larvae (15 samples from each fish species) were fixed with 4% formalin for 24 hr, washed with distilled water and stained with hematoxylin for 2 weeks. After staining, samples were dehydrated using a graded alcohol series, were cleared with xylene and mounted in permount. The permanent slides were illustrated using a light microscope with a drawing tube. Measurements were performed using an ocular micrometer and all measurements have been given in micrometers (µm) unless otherwise indicated. The species were identified based on morphology according information previously provided in journals and textbooks [19-23].

Scanning electron microscopy
The 18 larvae (9 samples from each fish species) were deep cleaned with normal saline (0.85% NaCl), washed with phosphate buffer and pre-fixed in 2.5% glutaraldehyde. After 24 hr, samples were post-fixed in 1% osmium tetroxide (OsO4) in phosphate buffer for 24 hr, dehydrated using an ethanol series and acetone, were dried using the critical point method with CO2 and mounted with carbon tape on aluminum stubs. The specimens were sputter-coated with gold and examined using a Jeol JSM-5910 LV (Japan) at an accelerating voltage of 15 kV. All measurements have been given in micrometers unless otherwise indicated.

Molecular analyses
Isolation of genomic DNA
The 6 larvae (3 samples from each fish species) were used for extraction of the genomic DNA with 150 µl of 5% Chelex (Fluka) solution containing 3 µl of proteinase K (Sigma). Samples were then heated at 55°C for 1 hr, followed by gentle vortexing and heating at 95°C for 30 min and gently vortexed. The mixture was centrifuged at 13,000 g for 10 sec. The supernatant was removed and stored at −20°C for further use.

DNA amplification and sequencing
PCR amplification of the ribosomal DNA region comprising of the ITS1-5.8s-ITS2 plus 70 nucleotides of the 28S gene was performed using primers NC5 (forward; 5’-GTAGGTGAACCTGCGGAAGGATCATT-3’) and NC2 (reverse; 5’-TTAGTTTCCTCCGCT-3’) [11]. The PCR amplifications were carried out in a final volume of 20 µl, which included 50 ng of DNA template, 50 pM of each primer (NC5 and NC2), 1.5 mM MgCl2, 200 µM of each dNTP, and 0.5 unit of Taq DNA polymerase. The amplification procedure involved an initial denaturation step at 94°C for 5 min, then 30 cycles that included denaturation at 94°C for 30 sec, primer annealing at 60°C for 30 sec,
extension at 72°C for 30 sec, and a final extension at 72°C for 5 min. PCR products were analysed after a 100 V, 45 min electrophoretic separation through a 2.0% agarose gel stained with RedSafe nucleic acid staining solution in TBE buffer. Gels were visualized using a UV-transilluminator. PCR products were purified and sequenced by Ward Medic Ltd., Part. (Bangkok, Thailand).

Phylogenetic analysis

The sequences of ITS1-5.8S-ITS2 of rDNA was verified by forward and reverse comparisons which were assembled and edited using the BioEdit Sequence Alignment Editor version 7.0.5.3. They were compared manually with original chromatograms when necessary. The obtained sequences were aligned with previously characterized sequences of Anisakis spp. registered in GenBank using ClustalW in Mega version 6.06. Sequences identified included Anisakis simplex, Anisakis typica, Anisakis typica var. indonesiensis, Anisakis breviscalata, Anisakis nascetti, Anisakis paggiae, Anisakis pegreffii, Anisakis physeteris and Anisakis ziphidaru. Hysterothylacium aduncum was used as an outgroup.

Phylogenetic analysis was carried out by maximum likelihood (ML) and neighbour-joining (NJ) methods using bootstrapping of 1,000 replicates in Mega version 6.06.

RESULTS

Prevalence, intensity and abundance of the L3 anisakid larvae

The average length and weight of sampled fish have been shown in Table 1. N. hexodon was significantly longer and heavier than N. japonicus (P = 0.05). Anisakid larvae in N. hexodon were all in the body cavity, while the distribution in N. japonicus showed that larvae were mostly in the body cavity and some were in the liver. Morphological characteristics of all anisakid nematodes from 2 species of the fish revealed the same species when investigated under a light microscope.

Prevalence, intensity and abundance of larvae in N. hexodon were 68%, 3.47 and 2.36, and 60%, 4.17 and 2.50, respectively, for N. japonicus.

Morphological description

The body of L3 anisakid larvae under a light microscope was...
cylindrical and attenuated at both ends. Measured larvae ranged from 12.31-18.00 (15.78 ± 2.82) mm in length and 0.34-0.45 (0.39 ± 0.04) mm in width. The anterior extremity of each larval specimen examined contained a projecting boring tooth and inconspicuous lips. Esophagus was characterized by an anterior part (proventriculus) with cylindrical striated muscle that was 1.36-1.88 (1.58 ± 0.19) mm in length and 0.08-0.12 (0.10 ± 0.02) mm in width, and a glandular ventriculus that was 0.55-0.94 (0.67 ± 0.13) mm long and 0.10-0.20 (0.15 ± 0.04) mm wide with an oblique esophago-intestinal junction. The rectum of an anisakid larva is surrounded by rectal glands and opens through an anal opening (Table 2; Fig. 3). The scanning electron micrograph showed that the characteristic triradiate mouth opening was surrounded by 4, small, cephalic papillae (2 were dorsolateral and 2 were ventrolateral). Each larval specimen had an excretory pore that opened at the base of the ventrolateral lips below its boring tooth. The larvae were covered with a rigid cuticle that was approximately 5 µm thick, with an annular transverse striation and longitudinal lateral grooves (Fig. 4). Their tails are short and rounded with terminal mucrons. Protrude mucrons were cylindrical-shaped measuring 12.9-18.9 (15.7 ± 3.0) µm long and 6.4-8.8 (7.6 ± 1.7) µm wide (Figs. 4, 5). The comparison of the mucron from SEM micrograph of *A. simplex* was cone-shape measuring 14.7 µm long and 9.6 µm wide [24].

**Molecular identification of L3 anisakid larvae**

A total of 910 bp of ITS1-5.8S-ITS2 of rDNA gene sequences of the present anisakid larvae from *N. hexodon* and *N. japonicus* were deposited in the GenBank under the accession numbers MN420660 and MN420659, respectively. A comparison of the nucleotide sequences of the rDNA of these species revealed high blast scores with *A. typica* accession numbers KC928262, HF911524, JX523715, and AB432909 in the GenBank (percent identity = 100). The results of the genetic distance study (Table 3) showed that the distances between *A. typica* from the present study with other *A. typica* in the GenBank were 0.000 or 0%. Moreover, the phylogenetic tree of 8 *Anisakis* species constructed with ML and NJ methods (Fig. 6) could be divided into 3 major clades and anisakid larvae in the present study were grouped together with other *A. typica* with 100% bootstrap value. The phylogenetic tree constructed using ML and

![Fig. 3. Fresh specimens of L3 A. typica from N. japonicus viewed under a light microscope are shown (A-D). Drawings on specimen from permanent slides (E-H) indicate the nerve ring, oblique esophago-intestinal junction (A, E) and tail (B, F), boring tooth and inconspicuous lips (C, G), rectal gland, anus and rounded tail with terminal mucron (D, H). ao, anus opening; bt, boring tooth; ed, excretory duct; ep, excretory pore; es, esophagus; int, intestine; mu, mucron; nr, nerve ring; pv, proventriculus; rg, rectal gland; vt, ventriculus.](image-url)
Fig. 4. Scanning electron micrographs of L3 A. typica from N. hexodon (A-D) and N. japonicus (E-H) from the Gulf of Thailand. Mouth parts have been shown in A and E, cuticle structures in the midsection with longitudinal linear cuticular striations, small papillae (white arrow) and grooves (black arrow) (B, F). Cuticle structures of the posterior end with longitudinal linear cuticular striations (C), the posterior end including the anal opening and grooves (black arrow) (G) and posterior extremity with mucron (D, H) ao, anus opening; ap, amphid; bt, boring tooth; cp, cephalic papillae; dl, dorsal lip; ep, excretory pore; lv, left ventrolateral lip; m, mouth; mu, mucron; rvl, right ventrolateral lip.
NJ methods showed that the group of *A. typica* from Asia (China, India, Indonesia and Papua New Guinea) were separated from the group of *A. typica* from Europe and America (Fig. 7).

**DISCUSSION**

This is the first epidemiological study of L3 anisakid larvae in ornate threadfin bream (*N. hexodon*) and Japanese threadfin bream (*N. japonicus*) in Ching Mai province, northern Thailand. Here we have identified the species using both morphological and molecular analyses. The L3 larvae of *A. typica* in the present study occurred at a high prevalence, intensity and abundance, the prevalence, intensity and abundance in *N. hexodon* were 68.0%, 3.47, and 2.36, respectively, while in *N. japonicus* the values were 60.0%, 4.17, and 2.50, respectively.

The first study of the anisakid nematodes from marine fish in the Gulf of Thailand has been reported [25]. They identified adult-stage anisakid nematodes in Perciformes fish, including *Johnius carouna* and *Dendrophysa russelli*, and identified the helminths as *A. simplex* morphologically.

Based on morphological characteristics observed using both light and scanning electron microscopy, L3 anisakid larvae in the present study were morphologically similar to previous specimens studied [19,22,26-30]. For example, a distinct boring tooth and undeveloped lips at the anterior end of larva, the position of the excretory pore at the base of ventrolateral lips below the boring tooth and the rounded tail with a mucron were similar to those previously described [31]. However, L3 larvae of *A. simplex* and *A. typica* are difficult to differentiate morphologically because they look quite similar, especially with respect to the morphology of the anterior portion of the larvae, which consists of a boring tooth and undeveloped lips, the oblique esophago-intestinal junction and the posterior part with a terminal mucron. The examination of morphometric data in Table 2 revealed that *A. simplex* is substantially larger than *A. typica*. Further, the protruded mucrons observed using a scanning electron micrograph (Fig. 5) showed *A. simplex* from Ishii et al. [24] was cone-shape, while *A. typica* in the present study was cylindrical-shape, which seems narrower and longer than *A. simplex*. Thus, the protruded mucron of L3 larvae should be able to be used to identify the larval species of anisakid larvae, but further study will be required to enhance the certainty of identification.

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**Fig. 5.** A comparison of the protruded mucron of L3 anisakid larvae using a scanning electron micrograph. *Anisakis simplex* from Ishii et al., 1989 has been shown in (A) and *A. typica* from the present study has been shown in (B).
Fig. 6. Maximum likelihood (A) and neighbour-joining (B) phylogenetic trees for Anisakis spp. based on the ITS1-5.8S-ITS2 region of rDNA. Accession numbers are reported in the text and Hysterothylacium aduncum was used as an outgroup. Number on node is 1,000 bootstrap replications.
Table 3. Genetic distance of *Anisakis* spp. based on ITS1-5.8S-ITS2 of rDNA

| Taxa                      | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  | 13  | 14  |
|---------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| *Anisakis typica*          | -   | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.021 | 0.021 | 0.021 | 0.022 | 0.022 | 0.023 | 0.023 | 0.202 |
| A. typica (AB432909)      | 0.000 | -   | 0.000 | 0.000 | 0.000 | 0.000 | 0.021 | 0.021 | 0.021 | 0.022 | 0.022 | 0.023 | 0.023 | 0.202 |
| A. typica (A/F911524)     | 0.000 | 0.000 | -   | 0.000 | 0.000 | 0.000 | 0.021 | 0.021 | 0.021 | 0.022 | 0.022 | 0.023 | 0.023 | 0.202 |
| A. typica (JX532715)      | 0.000 | 0.000 | 0.000 | -   | 0.000 | 0.000 | 0.021 | 0.021 | 0.021 | 0.022 | 0.022 | 0.023 | 0.023 | 0.202 |
| A. typica (KC928262)      | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | -   | 0.021 | 0.021 | 0.021 | 0.022 | 0.022 | 0.023 | 0.023 | 0.202 |
| A. ziphidurum             | 0.159 | 0.159 | 0.159 | 0.159 | 0.159 | 0.159 | 0.126 | 0.126 | 0.126 | 0.127 | 0.127 | 0.128 | 0.128 | 0.222 |
| A. pagglae                | 0.159 | 0.159 | 0.159 | 0.159 | 0.159 | 0.159 | 0.126 | 0.126 | 0.126 | 0.127 | 0.127 | 0.128 | 0.128 | 0.222 |
| A. physeteris            | 0.164 | 0.164 | 0.164 | 0.164 | 0.164 | 0.164 | 0.140 | 0.140 | 0.140 | 0.141 | 0.141 | 0.142 | 0.142 | 0.228 |
| A. brevipliculata         | 0.172 | 0.172 | 0.172 | 0.172 | 0.172 | 0.172 | 0.143 | 0.143 | 0.143 | 0.144 | 0.144 | 0.145 | 0.145 | 0.230 |
| A. simplex               | 0.175 | 0.175 | 0.175 | 0.175 | 0.175 | 0.175 | 0.053 | 0.053 | 0.053 | 0.054 | 0.054 | 0.055 | 0.055 | 0.205 |
| A. pegreffii             | 0.177 | 0.177 | 0.177 | 0.177 | 0.177 | 0.177 | 0.052 | 0.052 | 0.052 | 0.053 | 0.053 | 0.054 | 0.054 | 0.208 |
| A. nascettii             | 0.182 | 0.182 | 0.182 | 0.182 | 0.182 | 0.182 | 0.053 | 0.053 | 0.053 | 0.054 | 0.054 | 0.055 | 0.055 | 0.212 |
| H. aduncum               | 0.910 | 0.910 | 0.910 | 0.910 | 0.910 | 0.910 | 0.916 | 0.916 | 0.916 | 0.917 | 0.917 | 0.918 | 0.918 | 1.033 |

*Anisakis typica* from *Nemipterus hexodon*, **A. typica** from *N. japonicus*, **Hysterothylacium aduncum** was used as an outgroup, distance value (below diagonal), and standard error (above diagonal).

Fig. 7. Comparisons of L3 *A. typica* ITS1-5.8S-ITS2 rDNA sequences in present study with others (A). Maximum likelihood and neighbour-joining phylogenetic tree (B) of *A. typica* based on ITS1-5.8S-ITS2 of rDNA with accession numbers, hosts and locations (C). Number of bootstrap replications was 1,000.
Molecular identification methods, such as PCR-amplification of genomic DNA within the ITS region of rDNA, is commonly used for identification of anisakid larvae in many countries and at least 6 species have been reported [11-17]. In Thailand, the molecular study of anisakid nematodes in marine fishes is still limited and no reports of anisakid nematodes from threadfin bream based on the ITS region of rDNA. So, our study is the first study of anisakid nematodes in threadfin bream from the Gulf of Thailand using the ITS region of rDNA. The previous study of the anisakid larvae in marine fish, Priacanthus tayenus, from the Gulf of Thailand was identified as A. typica based on mtDNA cox2 with the genetic distance between 0.000-0.076 or 0-7.6% [32]. Compared with the present study of the anisakid larvae in differences fish (N. hexodon and N. japonicus), we identified the larvae as A. typica based on ITS region of rDNA with genetic distance = 0.000 or 0% (Table 3) and percent identity = 100. Therefore, the genetic marker, ITS region of rDNA, in the present study is suitable for use to identify the species of the larvae. Moreover, according to the results of trees created using ML and NJ derived from ITS region of rDNA nucleotide sequences in the present study (Fig. 7) showed that the group of A. typica from marine animals in Asia were noticeably separated from groups of A. typica from Europe and America. It seems that A. typica from Asia, Europe and America exhibit diversity with respect to genetics and morphology.

It is well known that almost all reports of anisakiasis in humans have occurred by the accidental infection of A. simplex and A. pegreffii [33,34], but no report of anisakiasis in humans caused by A. typica exists. However, a report has shown that this species can infect and cause severe tissue damage in the stomach of rats [6]. Therefore, A. typica may have a high impact on animals or even cause human infections.

ACKNOWLEDGMENTS

We would like to thank Dr. Preeyaporn Butboonchu and all members of the Applied Parasitology Research Laboratory, Department of Biology, Faculty of Science, Chiang Mai University. This research was partially supported by Chiang Mai University, Chiang Mai, Thailand, and the Institute for the Promotion of Teaching Science and Technology (IPST). Finally, we would like to thank Proof-Reading-Service.com for assistance with the English language.

CONFLICT OF INTEREST

The authors declare no conflict of interest related to this study.

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