Annexin A1-suppressed autophagy promotes nasopharyngeal carcinoma cell invasion and metastasis by PI3K/AKT signaling activation

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Abstract

Annexin A1 (ANXA1) is dysregulated in the various tumors. However, the role and mechanism of ANXA1 in the cancers are poorly understood. In this study, we first showed a clinically positive correlation between ANXA1 and autophagy-associated protein SQSTM1 expression in nasopharyngeal carcinoma (NPC) and ANXA1-regulating SQSTM1 expression through autophagy, and further demonstrated that ANXA1 inhibited BECN1 and ATG5-dependent autophagy in the NPC cells. Using phospho-kinase antibody array to identify signaling through which ANXA1 regulated NPC cell autophagy, we found that ANXA1-suppressed autophagy was associated with PI3K/AKT signaling activation. We also showed that ANXA1 expression was significantly increased in the NPCs with metastasis relative to NPCs without metastasis and positively correlated with lymphonode and distant metastasis; high ANXA1 expression in the NPC cells promoted in vitro tumor cell migration and invasion and in vivo metastasis. Lastly, we showed that inhibition of autophagy restored the ability of tumor cell migration and invasion, epithelial–mesenchymal transition (EMT)-like alterations and in vivo metastasis in the ANXA1 knockdown NPC cells with autophagy activation; ANXA1-suppressed autophagy induced EMT-like alterations possibly by inhibiting autophagy-mediated degradation of Snail. Our data suggest that ANXA1-suppressed autophagy promotes NPC cell migration, invasion and metastasis by activating PI3K/AKT signaling pathway, highlighting that the activation of autophagy may inhibit metastasis of NPC with high ANXA1 expression.

Introduction

Nasopharyngeal carcinoma (NPC) is a head and neck cancer that shows a distinct endemic distribution with a high prevalence in southern China and Southeast Asia, and remains one of the leading lethal malignancies in these areas. It is a highly malignant cancer which often invades adjacent regions and metastasizes to neck lymphnodes and distant organs at the time of diagnosis. Although NPC is sensitive to radiotherapy, the prognosis of NPC remains dismal. A major cause for the lethality is attributed to significant rates of relapse and distant metastasis after therapy. Therefore, understanding the cellular and molecular mechanisms underlying the highly invasive and metastatic properties of NPC cells have important implications.

Identification of key molecules of metastasis that can be targeted for therapy may help improve outcomes for NPC patients. One such potential molecule is Annexin A1 (ANXA1), which is a possible target for novel therapeutic intervention. ANXA1 is a calcium-dependent...
phospholipid binding protein that initially characterizes as phospholipase A2-inhibitory activities and possesses anti-inflammatory activities. The following studies suggest that ANXA1 has a wide variety of cellular functions, such as membrane aggregation, phagocytosis, proliferation, differentiation, and apoptosis. The role of ANXA1 in tumor development and metastasis has been documented in multiple cancers, but the underlying mechanism are poorly understood.

Autophagy is a major intracellular degradation system by which cytoplasmic unwanted materials are delivered to and degraded in the lysosome via a membrane trafficking pathway. Autophagic processes can be either constitutive or activated in response to different stimuli. In addition to cellular maintenance, autophagy is involved in many physiological and pathological conditions, such as aging, apoptosis and cancer. The role of autophagy is complex and differs among various types of cancer. Autophagy inhibits tumor initiation and progression in some cancers, and promotes tumor survival and progression in others, making it as a potential therapeutic target for cancer. In the autophagic flux, various dynamic membrane rearrangements occurs starting with the elongation of the phagophore and its closure to build an autophagosome and ending with its fusion with late endosomes and lysosomes to form an autolysosome. It has been reported that ANXA1 plays a role in membrane trafficking, and vesiculation of multivesicular bodies that might be involved in autophagy.

Although there have been a few reports regarding the role of autophagy in NPC, the role and mechanism of ANXA1 in the NPC autophagy are completely unclear. In the present study, autophagy-associated protein Sequestosome-1 (SQSTM1) was used as a marker for autophagy in NPC cells because our previous study found its upregulation in the NPC cells and tissues with high metastatic potential. We found that ANXA1 regulated SQSTM1 expression through autophagy. ANXA1 inhibited BECN1 and ATG5-dependent autophagy by PI3K/AKT signaling activation in the NPC cells, and ANXA1-suppressed autophagy promoted NPC cell in vitro migration and invasion and in vivo metastasis. Our data demonstrate for the first time that ANXA1-suppressed autophagy promotes tumor cell migration, invasion and metastasis in the NPC and perhaps in other cancers.

Results
ANXA1 expression is positively correlated with SQSTM1 expression and metastasis in NPC

Immunohistochemistry (IHC) was performed to detect ANXA1 and autophagy-associated protein SQSTM1 expression in 127 NPC tissues. The results showed that the expression of both ANXA1 and SQSTM1 was significantly increased in the NPCs with metastasis relative to NPCs without metastasis (Fig. 1a; Supplementary Table S1). Among the 127 NPC specimens, high expression of ANXA1 was detected in 41.7% of cases (n = 53), and high SQSTM1 expression was found in 52.8% cases (n = 67) (Fig. 1b). In addition, among the 53 high ANXA1-expressing specimens, high SQSTM1 expression was found in 92.5% cases (n = 49). Among the 74 low ANXA1-expressing specimens, high SQSTM1 expression was found in 24.3% cases (n = 18). As shown in Fig. 1b, we observed significant positive correlations between ANXA1 and SQSTM1 expression (Spearman’s correlation coefficient 0.595, p < 0.001). We also observed that ANXA1 expression was positively correlated with lymphnode and distant metastasis and clinical stage, but did not find any significant association of ANXA1 expression with age, sex, and primary lesion size in patients with NPC (Supplementary Table S2).

We next tested whether ANXA1 regulates the expression of SQSTM1 in the NPC cell lines. As ANXA1 expression was significantly higher in high metastatic 5–8F NPC cells than that in non-metastatic 6–10B NPC cells (Fig. 1c), we downregulated ANXA1 expression in the 5–8F cells and upregulated its expression in the 6–10B cells, using the lentiviral vector-expressing ANXA1 shRNA or ANXA1, and observed that ANXA1 positively regulated SQSTM1 expression in the NPC cells (Fig. 1c). Taken together, the results indicate that ANXA1 expression is positively correlated with SQSTM1 expression and clinical NPC metastasis, and ANXA1 positively regulated SQSTM1 expression in the NPC cells.

ANXA1 regulates SQSTM1 expression through autophagy in NPC cells

SQSTM1, a well-known autophagic substrate, has been shown to be degraded by autophagy. To determine whether ANXA1 regulates SQSTM1 expression through autophagy in the NPC cells, 5–8F cells infected with the lentiviral vector-expressing ANXA1 shRNA or scramble shRNA were next treated with the autophagy inhibitor bafilomycin A1 (BAF, 40 nM) or chloroquine (CQ, 40 μM), which blocks both fusion of autophagosomes with lysosomes and lysosomal protein degradation. Western blot showed that both inhibitors reversed the downregulation of SQSTM1 in the ANXA1 KD NPC cells, but only had slight effect on SQSTM1 levels in the scramble shRNA control NPC cells (Fig. 1d). Additionally, we used siRNA against ATG5 or Beclin 1 (BECN1) to inhibit autophagy initiation, and also observed that both siRNAs reversed the downregulation of SQSTM1 in the ANXA1 KD NPC cells, but only had slight effect on
SQSTM1 levels in the scramble shRNA control NPC cells (Fig. 1d). The results indicate that ANXA1 regulates SQSTM1 expression through autophagy in the NPC cells.

**ANXA1 regulates NPC cell autophagy via an autophagic pathway dependent of BECN1 and ATG5**

To further determine whether ANXA1 regulates autophagy, we established 5–8F NPC cell lines with stable ANXA1 knockdown (5–8F ANXA1 KD), 6–10B NPC cell lines with stable ANXA1 overexpression (6–10B ANXA1 OE) and their respective control cell lines, and then examined the protein levels of BECN1(a fundamental gene for autophagy induction), SQSTM1 and LC3-II, an LC3-phosphatidylethanolamine conjugate and a promising autophagosomal marker (a protein necessary for autophagosome formation)24. As shown in Fig. 2a, a
significant increase in BECN1 and LC3-II along with reduction of SQSTM1 was found in the ANXA1 KD 5–8F cells, whereas a significant decrease in BECN1 and LC3-II along with elevation of SQSTM1 was observed in the ANXA1 OE 6–10B cells as compared to their respective control cells. Next, using an electron microscopy...
technique, we observed that autophagic vacuoles (AVs) were markedly increased in the ANXA1 KD 5–8F cells, whereas were markedly decreased in the ANXA1 OE 6–10B cells, as compared to their respective control cells (Fig. 2b). Moreover, we used immunofluorescent staining to detect LC3 distribution, and observed that the puncta-staining pattern of LC3 was significantly increased in the ANXA1 KD 5–8F cells, whereas was significantly decreased in the ANXA1 OE 6–10B cells, as compared to their respective control cells by using confocal microscopy (Fig. 2c). These results indicate that ANXA1 inhibits autophagy in the NPC cells.

LC3-I is in turn lapidated to LC3-II, which then associates with autophagosome membranes. LC3-II can accumulate due to increased upstream autophagosomal formation or impaired downstream autophagosome-lysosome fusion. To distinguish between these two possibilities, we detected LC3-II level in the presence of BAF, which blocks downstream autophagosome-lysosome fusion. As shown in Fig. 2d, BAF further increased the levels of LC3-II induced by ANXA1 KD in the NPC cells. Besides, ANXA1 KD 5–8F cells were transfected with a plasmid-expressing EGFP fused with LC3 (EGFP-LC3) for 24 h, and BAF treatment for an additional 24 h, thereafter the number of EGFP-LC3 puncta was examined and quantified by fluorescence microscopy. Scale bar = 10 μm. ANXA1 knockdown enhances autophagic flux (left). Western blot analysis showing the LC3-II levels in the ANXA1 KD 5–8F cells and scramble shRNA control cells treated with BAF (middle and right). The number of LC3 puncta per cell was quantified. Scale bar = 5 μm. (top) Immunofluorescent staining showing the number of LC3 puncta in the ANXA1 KD 5–8F cells, ANXA1 OE 6–10B cells and their control cells. Cells was stained by indirect immunofluorescence using anti-LC3 antibody and observed by confocal microscopy (bottom). The number of LC3 puncta per cell was quantified. Scale bar = 5 μm.

ANXA1 inhibits NPC cell autophagy by PI3K/AKT signaling activation

To identify signaling pathways through which ANXA1 regulates NPC cell autophagy, human phospho-kinase antibody array was used to screen the differential phospho-kinases in the ANXA1 KD 5–8F cells and scramble shRNA control cells. As shown in Fig. 3a, p-AKT (S473, but not Y308) was significantly decreased, whereas p-ERK-1/2 (T202/Y204) significantly increased in the ANXA1 KD 5–8F cells relative to control cells. Western blot analysis showed that ANXA1 KD decreased while ANXA1 OE increased p-AKT (S473) level, and ANXA1 KD increased while ANXA1 OE decreased p-ERK-1/2 level in the NPC cells, which confirmed the result of antibody array analysis (Fig. 3b). Moreover, immunofluorescent staining showed that ANXA1 KD decreased while ANXA1 OE increased the level and membrane translocation of p-AKT (S473) in the NPC cells, supporting that ANXA1 activates AKT (Fig. 3c). The results indicate that ANXA1 knockdown enhances NPC cell autophagic flux.

Autophagy may occur via an autophagic pathway dependent of BECN1 and ATG5. To determine whether regulation of autophagy by ANXA1 is involved in such a pathway, we used siRNA to suppress either BECN1 or ATG5 in the ANXA1 KD NPC cells and scramble shRNA control cells, and then examined the levels of LC3-II and EGFP-LC3 puncta. The results showed that down-regulation of either of the two proteins resulted in a significant reduction of LC3-II and EGFP-LC3 puncta levels in the ANXA1 KD NPC cells, but had not obvious effect on the levels of LC3-II and EGFP-LC3 puncta in the scramble shRNA control cells (Fig. 2e). The results indicate that autophagy induction by ANXA1 knockdown might follow an autophagic pathway dependent of BECN1 and ATG5.
autophagy level. The results showed that both inhibitors reversed the levels of BECN1, LC3-II, SQSTM1, and EGFP-LC3 puncta in the ANXA1 OE NPC cells, but only had slight effect on the levels of BECN1, LC3-II, SQSTM1, and EGFP-LC3 puncta in the vector control cells (Fig. 3d), indicating that ANXA1 inhibits NPC cell
autophagy by PI3K/AKT signaling activation. Moreover, our IHC revealed a significant positive correlation between ANXA1 and p-AKT expression ($r = 0.619, P < 0.001$) (Supplementary Table S3), and p-AKT and SQSTM1 expression in 127 NPCs ($r = 0.594, P < 0.001$) (Supplementary Table S4), indicating that ANXA1 inhibits autophagy by AKT signaling activation in the clinical NPC samples.

If ANXA1 inhibited autophagy through both PI3K/AKT and ERK1/2 signaling pathways, autophagy induced by its knockdown should be blocked by ERK-1/2 inhibition using MEK-1/2 inhibitor, U0126. We observed that U0126 did not reverse the levels of LC3-II and SQSTM1 in the ANXA1 KD NPC cells (Fig. 3e). The failure of U0126 to reverse the ANXA1 knockdown’s effect could be explained by the autophagy induction through PI3K/AKT signaling. Therefore, we conclude that ANXA1-suppressed autophagy is mainly dependent on the PI3K/AKT signaling activation.

**ANXA1 promotes NPC cell migration, invasion, and metastasis**

Because ANXA1 expression was significantly increased in the NPCs with metastasis relative to NPCs without metastasis (Fig. 1a, Supplementary Table S1), and ANXA1 expression was positively correlated with lymphnode and distant metastasis (Supplementary Table S2), we tested the effects of ANXA1 on NPC cell migration and invasion in vitro. We observed that ANXA1 OE significantly increased while ANXA1 KD significantly decreased NPC cell in vitro migration (Fig. 4a) and invasion (Fig. 4b).

Next, we tested the effects of ANXA1 on NPC metastasis by using an experimental lung metastasis model. As shown in Fig. 4c, ANXA1 OE significantly increased while ANXA1 KD significantly decreased the lung metastases of NPC cells. Together, these data demonstrate that ANXA1 promotes NPC cell migration, invasion, and metastasis.

**ANXA1-suppressed autophagy enhances NPC cell migration, invasion, and metastasis**

Previous reporters have indicated that autophagy modulates cancer metastasis, which may serve both pro-metastatic and anti-metastatic functions. Our results showed that ANXA1 inhibited NPC cell autophagy and promoted NPC cell migration, invasion and metastasis, suggesting that ANXA1-suppressed autophagy is associated with its metastasis promotion in NPC cells. To determine whether ANXA1-suppressed autophagy promotes NPC cell migration, invasion and metastasis, we used siRNA against BECN1 or ATG5 to inhibit autophagy in the ANXA1 KD NPC cells and scramble shRNA control cells, and observed that both siRNAs significantly increased the migration and invasion of ANXA1 KD NPC cells, but had not obvious effect on the migration and invasion of scramble shRNA control cells (Fig. 5a, b). 3-methyladenine (3-MA), a class III phosphatidylinositol 3-kinase (PtdIns3K) inhibitor, also increased the migration and invasion of ANXA1 KD NPC cells, but had not obvious effect on the migration and invasion of scramble shRNA control cells (Fig. 5c). The results indicate that ANXA1-suppressed autophagy enhances NPC cell in vitro migration and invasion. Moreover, our IHC showed that ANXA1 KD downregulated while ANXA1 OE upregulated p-AKT and SQSTM1 in the lung metastases of NPC cells (Fig. 4d), supporting our in vitro findings.

Next, we assessed the effects of autophagy inhibition on experimental lung metastasis of ANXA1 KD NPC cells and scramble shRNA control cells by stable knockdown of BECN1 and ATG5 by shRNA. The results showed that knockdown of either BECN1 or ATG5 significantly increased the in vivo metastasis of ANXA1 KD NPC cells, but had not obvious effect on the metastasis of scramble shRNA control cells (Fig. 5d), indicating that ANXA1-suppressed autophagy enhances in vivo NPC cell migration.
Fig. 4 (See legend on next page.)
ANXA1-suppressed autophagy induces EMT-like alterations in NPC cells

Epithelial-mesenchymal transition (EMT) has a critical role in metastasis. To assess the potential roles of ANXA1 in the regulation of EMT, we analyzed the effects of ANXA1 on the protein level of Snail and the expression of representative EMT markers in the NPC cells by qRT-PCR and Western blot. We observed that ANXA1 KD downregulated mesenchymal marker Vimentin and N-cadherin while upregulated epithelial marker E-cadherin, and ANXA1 OE had opposite effect on the three EMT markers expression in the NPC cells. IHC also showed that ANXA1 KD downregulated Vimentin and N-cadherin in the NPC cells and scramble shRNA NPC cells, while ANXA1 OE had opposite effect on the EMT marker expression in the lung metastases of NPC cells. The results indicate that ANXA1 induces EMT-like alterations in the NPC cells.

Previous studies have indicated that autophagy is closely correlated with EMT. To explore whether ANXA1-suppressed autophagy induces EMT, we used siRNA against ATG5 or BECN1 and 3-MA inhibited autophagy in the ANXA1 KD NPC cells and scramble shRNA control cells respectively, and then detected the expression of representative EMT markers. The results showed that the genetic and chemical inhibition of autophagy downregulated E-cadherin while upregulated N-cadherin and Vimentin in the ANXA1 KD NPC cells, but only had slight effect on the EMT markers expression in the scramble shRNA control NPC cells, indicating that ANXA1-suppressed autophagy induces EMT-like alterations in the NPC cells.

It has been reported that autophagy deficiency promotes metastasis by inhibiting the degradation of Snail, one master positive regulator of EMT, and then inducing EMT. Interestingly, we also observed that ANXA1 KD significantly decreased while ANXA1 OE significantly increased the protein level of Snail, but only had slight effect on the Snail protein expression in the scramble shRNA control NPC cells (Fig. 6c). The results suggest that ANXA1-suppressed autophagy inhibits the degradation of Snail protein in the NPC cells. Moreover, we observed that SQSTM1 overexpression increased the protein level of Snail in the ANXA1 KD NPC cells, and SQSTM1 knockdown decreased the protein level of Snail in the ANXA1 OE NPC cells (Fig. 6d), without transcriptional effect (Fig. 6e), suggesting that ANXA1-suppressed autophagy participates in the degradation of Snail protein in a SQSTM1-dependent manner in the NPC cells.

Discussion

The role of ANXA1 in tumor development and metastasis has been documented in multiple cancers, but the underlying mechanism is poorly understood. In this study, we found that ANXA1 expression was positively correlated with SQSTM1 expression in the NPC tissues, and it positively regulated SQSTM1 expression by autophagy in the NPC cells. As SQSTM1 is a well-known autophagic substrate, we determined whether ANXA1 regulates autophagy. Our results demonstrated that ANXA1 inhibited autophagy in the NPC cells, and autophagy induced by ANXA1 knockdown follows an autophagic pathway dependent of BECN1 and ATG5. Although ANXA1 might be involved in autophagy, the role of ANXA1 in autophagy has not been systematically investigated. To our knowledge, it is the first time reported that ANXA1 regulates autophagy in the tumors. Mechanistically, we used human antibody array to screen signaling pathway through which ANXA1 regulates autophagy in NPC cells, and found and confirmed that ANXA1 activated AKT signaling and inhibited ERK-1/2 signaling in the NPC cells. It is known that autophagy is negatively regulated by PI3K/AKT signaling, whereas positively regulated by ERK1/2 signaling. Moreover, previous reports have indicated that ANXA1 activates PI3K/AKT signaling through binding its formyl peptide receptors (LPRs) in the cancer cells. Therefore we explored whether the regulation of autophagy by ANXA1 depends on the PI3K/AKT signaling. We used LY294002 or MK2206 to inhibit PI3K/AKT signaling in the ANXA1 OE NPC cells with autophagy activation, and found that
Fig. 5 ANXA1-suppressed autophagy enhances the in vitro migration and invasion and in vivo metastasis of NPC cells.  

**a** Cell migration (top) and invasion (bottom) in the ANXA1 KD 5–8F cells and scramble shRNA control cells transfected with BECN1 siRNA and negative control siRNA respectively.  

**b** Cell migration (top) and invasion (bottom) in the ANXA1 KD 5–8F cells and scramble shRNA control cells transfected with ATG5 siRNA and negative control siRNA respectively.  

**c** Cell migration (top) and invasion (bottom) in the ANXA1 KD 5–8F cells and scramble shRNA control cells treated with 3-MA (3-methyladenine). Mean ± SD (*n* = 3 replicates) and statistical significance are denoted; ***P* < 0.001; ns, no significance.  

**d** The in vivo metastasis assays of ANXA1 KD 5–8F cells stably transfected with lentiviral vector-expressing BECN1 or ATG5 shRNA and control cells using experimental lung metastasis model in nude mice (*n* = 10 mice each). The representative photography of lungs (top) and H&E staining of lung sections (middle) from each group showing metastatic tumors (white arrows), and the numbers of surface lung metastases per mouse are shown (bottom). Mean ± SEM (*n* = 10) and statistical significance are denoted; **P** < 0.01; ***P** < 0.001; ns, no significance. Scale bar = 100 μm.
both inhibitors reversed the increased autophagic levels of ANXA1 OE NPC cells, suggesting that ANXA1-suppressed autophagy was associated with PI3K/AKT signaling activation. Moreover, we did not observe ERK-1/2 signaling involved in regulation of ANXA1 on NPC cell autophagy. Therefore, we conclude that ANXA1-suppressed autophagy induces EMT-like alterations in NPC cells. A QRT-PCR showing the mRNA expression levels of ANXA1, E-cadherin, N-cadherin, Vimentin, and Snail in the ANXA1 KD 5–8F cells, ANXA1 OE 6–10B cells and their control cells. B Western blot analysis showing the protein expression levels of E-cadherin, N-cadherin, Vimentin and Snail in the ANXA1 KD 5–8F cells, ANXA1 OE 6–10B cells and their control cells. C Western blot analysis showing the protein expression levels of E-cadherin, N-cadherin, Vimentin, and Snail in the EphA2 KD 5–8F cells and scramble shRNA control cells transfected with BECN1 siRNA or ATG5 siRNA (left), or treated with 3-MA (right). D Western blot analysis showing the Snail protein expression level in the ANXA1 KD 5–8F cells and scramble shRNA control cells transfected with SQSTM1 expression plasmid, and ANXA1 OE 6–10B cells and vector control cells transfected with SQSTM1 siRNA. E QRT-PCR showing the Snail mRNA expression level in the ANXA1 KD 5–8F cells and scramble shRNA control cells transfected with SQSTM1 expression plasmid, and ANXA1 OE 6–10B cells and vector control cells transfected with SQSTM1 siRNA. Mean ± SD (n = 3 replicates) and statistical significance are denoted; *P<0.05; **P<0.01; ***P<0.001; no, no significance.
suppressed autophagy is mainly dependent on PI3K/AKT signaling activation.

Previous studies have indicated that ANXA1 promotes invasion and metastasis in the various types of cancers such as breast cancer\(^7\), melanoma\(^36\), and pancreatic carcinoma\(^37\). In this study, we observed that ANXA1 expression was significantly higher in the NPCs with metastasis than that in the NPCs without metastasis; ANXA1 expression was positively correlated with lymph node and distant metastasis; ANXA1 OE enhanced while ANXA1 KD reduced NPC cell in vitro migration and invasion and in vivo metastasis. These results indicate that ANXA1 functions as a metastatic promoter in the NPC like its action in other cancers.

Autophagy modulates cancer metastasis, which promotes tumor metastasis in some cancers, and inhibits tumor metastasis in others\(^28,29\). We observed that inhibition of autophagy reversed the decreased in vitro migration and invasion and in vivo metastasis of ANXA1 KD NPC cells with autophagy activation. It has been reported that autophagy inhibition promotes metastasis in the various types of cancer such as hepatocellular carcinoma\(^38\), breast cancer\(^32,39\), and gastric cancer\(^40\). Therefore, it is conceivable that ANXA1-suppressed autophagy promotes tumor cell migration, invasion and metastasis in the NPC and perhaps in other cancers.

It is well known that EMT contributes to cancer invasion and metastasis\(^30\). We observed that ANXA1 induces EMT-like alternations in the NPC cells and their lung metastases. ANXA1 has been shown to induce EMT and then promote invasion and metastasis in the other cancers\(^30,41,42\). Therefore, EMT induced by ANXA1 might be involved in NPC cell invasion and metastasis. Previous studies have indicated that autophagy inhibition induces EMT in the cancers\(^32,33\). We also observed that both chemical and genetic inhibition of autophagy restored the protein levels of EMT markers in the ANXA1 KD NPC cells, suggesting that ANXA1-suppressed autophagy leads to an increased EMT in the NPC cells, which is consistent with previous reports\(^32,33\).

How does ANXA1-suppressed autophagy induce EMT in the NPC cells? Recent studies have indicated that autophagy deficiency induces EMT by inhibiting the degradation of Snail and Twist, two master regulators of EMT, and then induces EMT\(^32,33,43\). We also observed that genetic and chemical inhibition of autophagy reversed the decreased protein level of Snail in the ANXA1 KD NPC cells with autophagy activation, indicating that ANXA1-suppressed autophagy induces EMT possibly by inhibiting the degradation of Snail.

SQSTM1, an autophagy substrate and cargo protein, is normally incorporated and degraded into the autophagosomes in association with proteins that have to be eliminated\(^44\). Recent studies have indicated that autophagy deficiency results in SQSTM1 accumulation, and accumulated SQSTM1 interacts with Snail, increases the stability of Snail and inhibits the degradation of Snail\(^32,33,43\). To explore whether SQSTM1 is involved in the effect of ANXA1-suppressed autophagy on Snail levels, we knocked down and overexpressed SQSTM1 in the NPC cells respectively, and observed that SQSTM1 OE increased the protein level of Snail in the ANXA1 KD NPC cells, whereas SQSTM1 KD decreased the protein level of Snail in the ANXA1 OE NPC cells, indicating that ANXA1-suppressed autophagy inhibits the degradation of Snail protein in a SQSTM1-dependent manner. Together, our results suggest that ANXA1 promotes NPC invasion and metastasis possibly by autophagy deficiency-inducing EMT.

Based on our findings, we propose a model for ANXA1-suppressed autophagy promoting NPC cell migration, invasion, and metastasis (Fig. 7). In this model, ANXA1 activates PI3K/AKT signaling, leading to BECN1 and ATG5-dependent autophagy inhibition; autophagy inhibition makes SQSTM1 accumulation, which inhibits the degradation of Snail; the increased Snail induces EMT-like alterations, and then promotes NPC cell migration and invasion and metastasis.
activates PI3K/AKT signaling pathway, leading to BECN1 and ATG5-dependent autophagy inhibition; autophagy inhibition induces EMT-like alterations, and then promotes NPC cell migration and invasion and metastasis.

Material and methods
Cell lines
High metastatic 5–8F and non-metastatic 6–10B NPC cell lines were established and kindly gifted by Dr. HM Wang of the Cancer Center, Sun Yat-sen University, China. Both cell sublines originated from the NPC cell line SUNE-1, and have the same genetic background but different metastatic potentials.5,46. 5–8F and 6–10B cells were cultured in RPMI-1640 medium supplemented with 10% fetal bovine serum (Life Technologies) at 37 °C in 5% CO2. The cell lines were authenticated by DNA fingerprinting analysis using short-tandem repeat (STR) markers before the start of this study, and were routinely tested for presence of mycoplasma with 4,6-diamidino-2-phenylindole staining.

Patients and tissue specimens
The one hundred and twenty-seven formalin-fixed and paraffin-embedded archival NPC tissue specimens between Jan 2007 and Dec 2009 were obtained from the First Hospital of Chenzhou City (China) at the time of diagnosis before any therapy. On the basis of the 1978 WHO classification, all tumors were histopathologically diagnosed as poorly differentiated squamous cell carcinomas (WHO type III). The clinical stage of the patients was classified and reclassified according to the AJCC cancer staging manual. The clinicopathological features of the patients used in the present study are shown in the Supplementary Table S5.

Antibodies and reagents
The antibodies against ANXA1 (ab196830), SQSTM1 (ab207305), BECN1 (ab62557), LC3-II(ab192890) were purchased from Abcam. The antibodies against ATG5 (#2630), LC3-I/II(#4108) E-cadherin (#3195), N-cadherin (#13116), Vimentin(#5741), p-ERK1/2(Thr202/Tyr204; #4370), p-AKT(S473; #4060), p-AKT(T308; #13038) and AKT(#2922) and LY294002 (#9901) were purchased from CST. Anti-ERK1/2(sc-154) antibody was purchased from Santa Cruz. Anti-Snaill antibody(A5544) was purchased from Abclonal. DyLight 594-labeled anti-rabbit IgG (DI-1794) was purchased from Vector. Bafilomycin A1 (B1793), 3-Methyladenine(M9281) and Chloroquine (C6628) were purchased from Sigma-Aldrich. MK2206 (#S1078) was purchased from SelleckChemicals. U0126 (V1121) was purchased from Promega. Plasmids expressing AKT or SQSTM1 and control plasmid pReceive-M13 were purchased from GeneCopeia. Lentiviral GV248 vector-expressing BECN1 or ATG5 shRNA was established by Genechem (Shanghai, China), and confirmed by sequencing. The target for human BECN1 and ATG5 shRNA is 5′-CAGTTTGGCACAATCAATA-3′, 5′-C TTGTTCACGCTATATCA-3′, respectively.

Establishment of NPC cells lines with stable ANXA1 knockdown and overexpression
Lentiviral GV248 vector expressing ANXA1 shRNA or scramble non-target shRNA, and lentiviral GV358 vector expressing ANXA1 were established by Genechem Co. (Shanghai, China), and confirmed by sequencing. The target for human ANXA1 shRNA was 5′-CITTGTAT-GAACAGGAAGAA-3′, the knockdown efficiency of which has been validated.5, 5–8F and 6–10B cells were infected with the lentiviral particles respectively, and then selected using puromycin for 2 weeks. NPC cell lines with stable knockdown or overexpression of ANXA1 and control cell lines were obtained.

Gene silencing by siRNAs
SiRNAs against BECN1 (sc-29797), ATG5 (sc-41445) and SQSTM1 (sc-29679), purchased from Santa Cruz, were used to silence the BECN1, ATG5 and SQSTM1 genes in the indicated cells in according to the manufacturer’s protocol. The control siRNA (sc-37007) was used as a control.

Analysis of human phospho-kinase antibody array
Membranes (#ARY003B, R&D) already captured with antibody cocktail, streptavidin conjugated to horseradish-peroxidase and chemiluminescent detection reagents were subsequently added, and chemiluminescence was detected in the same manner as a Western blot analysis.

Immunofluorescent staining
immunofluorescent staining was performed as described previously by us. Briefly, 2 × 103 cells were plated into chamber slides (Millipore), and then were incubated with primary antibody against LC3 or p-AKT overnight at 4 °C. After washing with 1× PBS for three times, cells were incubated with secondary antibodies conjugated with Alexa Fluor 594 for 1 h. The slides were washed three times with 1× PBS, counterstained with DAPI, mounted and stored at 4 °C under dark conditions. Autophagy was quantified by quantification of LC3 puncta per cell using Leica TSC SP8 confocal laser scanning microscope. The average number of LC3 puncta per cell was counted with at least 100 cells for each cell line. The images were taken
under confocal laser scanning microscope (LC3) or Leica DMI4000 fluorescence microscope (p-AKT).

Quantification of EGFP-LC3 puncta
The cells were transfected with EGFP-LC3 expression plasmid using Lipofectamine 2000 (Invitrogen). Afterward, cells were fixed in 4% paraformaldehyde at RT for 20 min, and washed twice with PBS. Autophagy was quantified by quantification of EGFP-LC3 puncta per cell using Leica DMI4000 fluorescence microscope. The average number of EGFP-LC3 puncta per cell was counted with at least 100 cells for each cell line.

Transmission electron microscopy
The cells were fixed in the fixative buffer (2.5% glutaraldehyde, 4% paraformaldehyde, 8 µM calcium chloride, 0.1 M sodium cacodylate, pH 7.4) overnight at 4 °C. After a buffer wash, the cells was post-fixed in 1% OsO4 with 1.5% potassium ferricyanide in 0.1 M cacodylate for 1 h at 4 °C, dehydrated in graded ethanols, and then embedded in epoxy resin. The cells were ultra-thin sectioned 70 nm in thickness, mounted on copper slot grids coated with parlodion and stained again with uranyl acetate and lead citrate. The sections were examined using a Philips CM100 electron microscope at 60 kV. Images were recorded digitally using a Hamamatsu ORCA-HR digital camera system.

Animal studies
Nude male mice (BALB/c nu/nu) that were 4 weeks old were obtained from the Laboratory Animal Center of Central South University (Changsha, China). For experimental lung metastasis in nude mice, the mice (n = 10 mice each) were injected intravenously with 1 × 10^6 cells/mouse via the tail vein. 6 weeks after injection, the mice were sacrificed by cervical dislocation, and the lungs were removed and weighed. The tissues were embedded in paraffin for H.E. and immunohistochemical staining. The number of surface metastases per lung were examined under a dissecting microscope and detected in the tissue sections stained with H.E. staining.

To assess the effects of ANXA1-suppressed autophagy on the lung metastasis of NPC cells, we established ANXA1 KD NPC cell lines with stable BECN1 or ATG5 knockdown using lentiviral vector-expressing BECN1 or ATG5 shRNA, and then 1 × 10^6 cells or control cells were injected intravenously into mouse via the tail vein (n = 10 mice each), and the lung metastasis was monitored as described above.

QRT-PCR
Real-time qRT-PCR was performed to detect the expression of ANXA1, Snail, E-cadherin, N-cadherin, and Vimentin in the NPC cells as described previously by us.

The primers used for the amplification of the indicated genes are listed in the Supplementary Table S6.

Western blot
Western blot was performed to detect the expression of ANXA1, SQSTM1, LC3-II, BECN1, p-AKT, AKT, p-ERK1/2, PRK1/2, Snail, E-cadherin, N-cadherin, and Vimentin in the indicated cells as described previously by us.

Scratch wound-healing and matrigel invasion assay
Scratch wound-healing and matrigel invasion assay was performed to detect cell migration and invasion as described previously by us.

Immunohistochemistry
Immunohistochemistry and staining evaluation of ANXA1, SQSTM1, p-AKT (S473), E-cadherin, N-cadherin, and Vimentin were performed on the formalin-fixed and paraffin-embedded tissue sections as described previously by us.

Statistical analysis
All experiments were carried out at least three times. Data were presented as the mean ± standard deviation. Statistical analysis was conducted using SPSS 22.0 statistical software package. For comparisons between two groups, a Student t test, chi-square test or Wilcoxon and Mann–Whitney test was used, and for analysis with multiple comparisons, One way ANOVA test was used. The Spearman rank correlation coefficient was used to determine the correlation between the expression levels of two proteins in the NPC tissues. All statistical tests were two-sided. P values less than 0.05 were considered to be statistically significant.

Ethics statement
This study was approved by the Institute Research Ethics Committee of the First Hospital of Chenzhou City, China. All animal experiments were undertaken in accordance with the Guide for the Care and Use of Laboratory Animals of Central South University, with the approval of the Scientific Investigation Board of Central South University. As only archived tumor specimens were included in this study, the ethics committee waived the need for consent and patient records/information were analyzed anonymously.

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Conflict of interest

The authors declare that they have no conflict of interest.

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Supplementary Information

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