Fernandez, Mariana F; Olmos, Begoña; Granada, Alicia; López-Espinosa, Maria José; Molina-Molina, José-Manuel; Fernandez, Juan Manuel; Cruz, Milagros; Olea-Serrano, Fátima; Olea, Nicolás; (2007) Human exposure to endocrine-disrupting chemicals and prenatal risk factors for cryptorchidism and hypospadias: a nested case-control study. Environmental health perspectives, 115 Su (Suppl ). pp. 8-14. ISSN 0091-6765 DOI: https://doi.org/10.1289/ehp.9351

Downloaded from: http://researchonline.lshtm.ac.uk/id/eprint/2688/

DOI: https://doi.org/10.1289/ehp.9351

Usage Guidelines:

Please refer to usage guidelines at https://researchonline.lshtm.ac.uk/policies.html or alternatively contact researchonline@lshtm.ac.uk.

Available under license: http://creativecommons.org/licenses/by-nc-nd/2.5/
Ten years ago, it was hypothesized that exposure of the developing male fetus to environmental estrogens may be responsible for anomalies of sexual maturation and reproductive function in adult life (Anonymous 1995). Male sexual differentiation and reproductive functioning are critically dependent on a balanced androgen/estrogen ratio. In this regard, two common male reproductive-tract malformations—cryptorchidism (failure of one or both testicles to descend into scrotum) and hypospadias (urethral opening on ventral side of penis)—are birth defects of prenatal origin that may be related to in utero exposure to estrogens/androgens.

Animal (Edwards et al. 2006) and human data (Nurminen 2001) point toward a causal relationship between exposure to pesticides during pregnancy and the development of congenital malformations. In fact, parental involvement in agricultural work and/or parental exposure to pesticides has been associated with higher risk of a wide range of congenital malformations (Kristensen et al. 1997). For example, in Spain, maternal involvement in agricultural activity during the month before conception and the first trimester of pregnancy was followed by a 3-fold increase in the risk of bearing a child with a malformation (García et al. 1999). Moreover, an ecologic investigation into variations in orchidopexy rates in the Spanish province of Granada found an association between exposure to pesticides and the risk of cryptorchidism (García-Rodríguez et al. 1996). A later retrospective case-control study in the same geographic area suggested that cryptorchidism was related to the father’s employment in agriculture (Rueda-Domingo et al. 2001).

Because of their persistence in the environment, pesticides are common contaminants in soil, water, and wildlife and are present in tissues of mothers and children, especially in regions devoted to intensive agriculture (Botella et al. 2004; Cerrillo et al. 2006; Olea et al. 1999). Their ubiquity supports the plausibility of embryo-fetal exposure during pregnancy, although maternogenic or epigenetic parental germ cell damage cannot be ruled out. Some organochlorine pesticides are endocrine-disrupting chemicals (EDCs) (Soto et al. 1995), defined as exogenous substances or mixtures with the ability to disrupt hormonal homeostasis, alter endocrine system functions, and consequently cause adverse health effects in an intact organism or its progeny or subpopulations. EDC pesticides are now considered to include not only chemicals with estrogenic and androgenic properties but also those with antihormonal and enzymatic/metabolic properties (Almstrup et al. 2002).

Maternal exposure to pesticides has been associated with urogenital malformations, semen quality impairment, and testicular, prostate, ovarian, and breast cancer (Koifman et al. 2002). Thus, an excess of cryptorchidism but not of hypospadias was reported in sons of women working in farming, especially horticulture (Weidner et al. 1998), whereas the occupation of the father had no influence on the risk of either cryptorchidism or hypospadias. Kristensen and coworkers (1997), who studied the association of different birth defects with farm purchases of pesticides and tractor pesticide spraying equipment, found a positive relationship with cryptorchidism and a moderate association with hypospadias. However, when exposure assessment was based on parental occupation (farmers vs. other jobs), no significant differences were observed.

Occupational exposure of the father was associated with cryptorchidism in a nested case–control study conducted by Pierik et al. (2004), and with hypospadias in an investigation by Irgens et al. (2000). In contrast with the above studies, other authors found no association between cryptorchidism and maternal exposure to pesticides during pregnancy.

This article is part of the monograph “Endocrine Disruptors—Exposure Assessment, Novel End Points, and Low-Dose and Mixture Effects.”

Address correspondence to M.F. Fernandez at the Laboratory of Medical Investigations, San Cecilio University Hospital, 18071-Granada, Spain. Telephone: 34-958-242864. Fax: 34-958-249953. E-mail: marieta@ugr.es

M.F. and B.O. contributed equally to this article. We are indebted to all participants, without whom this work would not have been possible. We are grateful to the nursing staff for their cooperation, K. Main for her critical reading of this manuscript, and R. Davies for editorial assistance.

The study was supported by “INMA Study” G03/176 (Ministry of Health), SAS 202/04 (Andalusia Government), and QLK4-1999-01422 and QLK4-2002-00603 (European Commission). The authors declare they have no competing financial interests.

Received 22 May 2006; accepted 30 October 2006.
(Restrepo et al. 1990), between hypospadias and occupational exposure to EDs by the mother (Ahs et al. 2000; Vrijheid et al. 2003), or between serum levels of dichlorodiphenyl- dichloroethene (DDE) in the third trimester of pregnancy and risk of malformations (Longnecker et al. 2002). These inconsistent results led to the conclusion that epidemiologic studies do not provide sufficient grounds to support a role for environmental estrogens in urogenital malformations, and that a more focused exposure assessment methodology is required, with more specific markers of embryo-fetal exposure (Dolk and Vrijheid 2003; Silva et al. 2002; Vidaeff and Sever 2005).

The need for data to support the endocrine disruptor hypothesis prompted the European Community to support a prospective multicenter cohort study in five European countries (Denmark, England, Finland, France, and Spain) to explore the possible association between exposure of the male fetus to endocrine disruptors and sex differentiation disorders. A prospective mother–child cohort was established in Granada (southern Spain), in which a case–control study was nested for investigation of the main risk factors for male urogenital malformations. In the present study, we examined the relationship between cryptorchidism or hypospadias and environmental factors, with special emphasis on exposure to xenestrogens, estimated by assessment of the combined estrogenic effects of chemicals extracted from placentas.

**Methods**

**Design and participants.** From October 2000 to July 2002, we recruited male newborns registered at the San Cecilio University Hospital (one of the two reference public hospitals serving Granada province in southern Spain), excluding delivering mothers with serious chronic diseases, such as diabetes, hypertension, or thyroid disease, those who developed any pregnancy complication that could affect fetal growth or development, and nonresidents in the hospital referral area. A total cohort of 702 mother–son pairs was established. All boys with urogenital malformations (cryptorchidism and/or hypospadias) born in the study period were included. This study was approved by the Institutional Ethical Committee of the San Cecilio University Hospital, and all participating mothers signed informed consent.

All mothers were of Caucasian origin. All boys in the cohort were examined at birth (within 2 days), and those diagnosed with cryptorchidism and/or hypospadias were reexamined at 1 month of age. Only boys with congenital malformations at reexamination were considered cases. The examination technique and definition of cryptorchidism and hypospadias followed recommendations of a Danish–Finnish study (Boisen et al. 2004) developed by Scorer (1964). In brief, all examinations were done by two physicians in warm conditions (room temperature 20–24°C) with the child in supine position. Testicular position was recorded after manipulation of the testis to the most distal position along the pathway of normal descent using firm traction. Fifty boys were diagnosed with cryptorchidism and/or hypospadias; two of these were excluded from the investigation because their parents refused to participate. For each case, three controls were selected by gestational age (± 1 week), date of birth (± 7 days), and parity (primiparous/multiparous). Although the case–control ratio was 1:3, only 114 controls met the matching criteria. Cases were 27 boys born with undescended testes (19 unilaterally, 8 bilaterally) that persisted until 30 days of age, 19 boys born with hypospadias, and 2 boys born with both malformations. Among cryptorchidism, 17 were severe and 12 were mild cases, classifying nonpalpable inguinal and/or supracrotal cases as severe and high scrotal cases as mild.

Information on potential confounding variables related to parents, pregnancy and delivery, and activities with potential for pesticide exposure were gathered from structured face-to-face interviews with the mother held within the first 48 hr after delivery. Both mother and interviewer were blinded to the case or control status of the child.

Occupational exposure was derived from questions on paid employment and jobs focusing on chemicals with possible endocrine activity or previously described as male reproductive toxicants (van Tongeren et al. 2002). Questionnaires were completed for 47 (96%) cases and 105 (92%) controls.

Preliminary statistical analysis demonstrated similar characteristics between boys in the mother–child cohort and those selected as controls in the case–control study, except for a small difference in father’s age (cohort, 33.6 ± 5.7 years vs. controls, 31.8 ± 5.3 years; p = 0.01) and in gestational age in days (cohort, 276.6 ± 9.2 days vs. controls, 272.6 ± 11.6 days; p = 0.002), although not when expressed in weeks (39.5 ± 1.3 weeks vs. 38.9 ± 1.6 weeks, p = 0.9).

**Laboratory analyses.** Samples of placenta without decidua basalis and chorionic plate were collected at the time of delivery from 36 (75%) cases and 109 (95.6%) controls and sent to the Laboratory of Medical Investigation for analysis. They were immediately frozen at –70°C and stored. Before analysis, the placenta was defrosted and mechanically homogenized. The laboratory was blinded to the case–control status of samples. Bioaccumulated compounds were extracted from samples by a previously described method (Fernandez et al. 2004) with slight modifications. Briefly, 1.6 g placenta homogenate were dissolved in hexane and eluted in a glass column filled with Alumina Merck 90 (70–230 mesh no. 1097; Merck, Darmstadt, Germany) that had been dried at 600°C for 4 hr, followed by the addition of 5% water. The eluate obtained was concentrated at reduced pressure under nitrogen stream to a volume of 800 µL and then injected (4 × 200 µL) into the preparative high-pressure liquid chromatography (HPLC) (Waters model 501 Millipore apparatus with ultraviolet/visible detector model 490; Millipore, Marlborough, MA, USA). One microliter of HPLC chromatography fraction was dried, dissolved in n-hexane, and then injected into a gas chromatography apparatus.

The presence of aldrin, dieldrin, endrin, endosulfan I and II, metoxychlor, endosulphan I and II, metabolites and dieldrin, aldrin, and lindane, as well as other chlorinated and brominated organochlorine compounds were analyzed previously to determine retention times and calibration curves of these chemicals. The calibration linearity of all chemicals in pure and processed standards was > 0.98. The recovery of studied chemicals, measured by spiking placenta samples with pure chemicals, ranged from 84 to 102%. The operational quality control and limits of detection and quantification were previously reported (Lopez-Espinosa et al. 2006; Moreno-Frias et al. 2001). The limit of detection (LOD) ranged from 0.1 to 3 ng/mL. The reproducibility of the process was established by running 10 placenta samples 10 times. The gas chromatography apparatus (Varian-3350; Varian Inc., Walnut Creek, CA, USA) with Millennium Chromatography Manager software was equipped with a methyl silicone column (length 30 m) and dual Ni-63 electron capture detectors. The gas chromatography–mass spectrometry apparatus (Varian Inc.) with automatic injector was equipped with a DBS-MS capillary column (30 m × 0.25 mm). Results are presented with recovery correction.

We estimated the total effective xenoestrogen burden (TEXB) to measure the exposure to xenestrogens in placenta extracts. Previously, an HPLC method was developed to separate natural estrogens (β fraction) from more lipophilic xenoestrogens (α fraction) without destroying either (Fernandez et al. 2004; Soto et al. 1997). Extensive testing demonstrated that the pesticides DDT and metabolites and dieldrin, aldrin, and lindane, as well as other organochlorines, all elute in the HPLC α-fraction, along with other chlorinated and/or brominated organohalogenated
Statistical analysis. We performed statistical analysis to determine associations between predictors of interest and the presence of cryptorchidism and/or hypospadias and these urogenital malformations. Descriptive statistics are reported as arithmetic mean ± SD. All statistical analyses were performed using SPSS statistical software for Windows version 11.0 (SPSS Inc., Chicago, IL, USA). We computed odds ratios (ORs) for malformation and 95% confidence interval (CI) by unconditional and conditional logistic regression. We adjusted for potential confounders and matching variables. Potential confounding variables were selected on the basis of their significant association with outcomes in the univariate models. In addition, exposure variables of interest from the literature were included. The modifying effect of these variables and their association with organochlorine levels and TEXB values were investigated. In the final adjusted model, only maternal age and newborn birth weight had substantial effect on results. We also tested interactions of all variables for significance. Differences between groups were tested with Pearson’s chi-square test or Fisher’s exact test, when appropriate. Pesticide levels and TEXB were also analyzed using an analysis of variance test.

Results
There was a 1.8% prevalence of cryptorchidism plus hypospadias in our cohort. Considered separately, the prevalence of cryptorchidism at 1 month of age was 1.1%, and the prevalence of hypospadias at delivery was 0.74%.

Mean age (± SD) of the mothers was 29 ± 4.96 years, 9.2% of the mothers were illiterate, and 14.5% had university studies. More than half of the women lived in rural areas (53.9%), but only 13.2% stated work in agriculture. One of four of the women were overweight or obese before pregnancy, according to World Health Organization criteria (World Health Organization 1998) body mass index (BMI) > 25. Table 1 shows the relationships between selected characteristics and urogenital malformations. After testing a large number of more complex stratifications, we categorized maternal occupation as agricultural or other. An almost 3.5-fold increase in risk for urogenital

Table 1. Selected characteristics of parents, pregnancy, delivery, and infants in relation to urogenital malformations according to case/control status of newborn.

| Variable | Cases [n (%)] | Controls [n (%)] | p-Value | OR (95% CI) |
|----------|--------------|-----------------|---------|-------------|
| Place of residence | Urban 9 (29.0) | 22 (71.0) 0.75 1 | Rural 39 (52.2) | 37 (47.8) 0.91 (0.48–2.72) |
| Mother’s occupation | Other 37 (26.1) | 105 (72.9) 0.01 1 | Agriculture 11 (55.0) | 9 (47.9) 3.47 (1.33–9.03) |
| Father’s occupation exposure | Low 7 (20.6) | 27 (79.4) 0.03 1 | Medium 15 (25.4) | 44 (74.6) 0.76 (0.47–1.36) |
| Mother’s age (years) | ≤ 30 3 (3.1) | 56 (62.9) 0.09 1 | > 30 15 (24.2) | 47 (75.8) 0.54 (0.26–1.06) |
| Father’s age (years) | ≤ 31 29 (35.6) | 52 (64.2) 0.18 1 | > 31 18 (25.7) | 52 (74.3) 1.61 (0.73–2.5) |
| BMI before pregnancy | < 23 19 (25.3) | 35 (70.2) 1.83 (0.95–3.67) | ≥ 23 26 (36.6) | 45 (63.4) 0.07 1 |
| Previous pregnancy | Yes 28 (29.5) | 43 (70.5) 0.75 1 | No 29 (31.9) | 62 (68.1) 1.12 (0.56–2.26) |
| Problems during pregnancy | Yes 3 (60.0) | 4 (40.0) 2.0 (1.11–16.68) | No 23 (30.3) | 53 (69.7) 0.83 1 |
| Gestational age (weeks) | ≤ 37 35 (26.7) | 96 (73.3) 0.10 1 | > 37 13 (41.9) | 18 (58.1) 1.98 (0.88–4.46) |
| Birth weight (g) | < 2,500 43 (28.3) | 108 (71.7) 0.14 1 | ≥ 2,500 5 (50.0) | 5 (50.0) 2.54 (0.89–1.17) |
| Season of birth | Spring 11 (23.4) | 36 (76.6) 0.1 | Summer 6 (21.2) | 20 (78.8) 0.12 (0.00–0.8) |
| Head circumference (cm) | < 50.9 28 (41.8) | 38 (58.2) 0.04 1 | ≥ 50.9 15 (25.0) | 45 (75.0) 0.46 (0.22–0.99) |
| Minor incidences | Yes 27 (56.3) | 38 (70.2) 1.83 (0.95–3.67) | No 21 (43.8) | 46 (29.8) 0.08 1 |

*Unadjusted; an OR of 1 denotes the reference category. Urban, > 10,000 inhabitants; rural, ≤ 10,000 inhabitants. *We derived occupational exposure from generic questions on paid employment and jobs focusing on chemicals that may have endocrine activity or that have previously been described as male reproductive toxicants (van Tongeren et al. 2002). *Mother’s age, father’s age, BMI (weight [kg]/height [m]²), pregnancy weight gain (kg), length, and head circumference at birth were categorized below and above the median value of the case–control study. *Epispadia, phymosis, hydrocele, and/or micropenis.
malformation was observed when the mother reported taking part in agricultural activities. In contrast, when the father’s work was categorized as agricultural or other, no association was found. However, when a different approach was taken and fathers were asked about specific work tasks and chemical exposures, a 2.98-fold increased risk of urogenital malformation was found for the highest versus lowest occupational exposure level. Effects of an urban or rural setting on mother–child interaction (23 kg/m²), a higher BMI was borderline and above the mean value of the study population, although when BMI was categorized below the mean, it was significantly associated with maternal weight, pregnancy, and smoking habit (Table 1). No association was seen for emesis, episodes of bleeding, and loss of amniotic fluid, use of oral contraceptive before pregnancy, and smoking habit (Table 1). No association was seen with maternal weight, although when BMI was categorized below the mean, it was borderline and above the mean value of the study population (23 kg/m²), a higher BMI was borderline significantly associated with risk of cryptorchidism and/or hypospadias in the group of lower gestational age (OR = 1.98; 95% CI, 0.88–4.46), and this risk was higher in the conditional logistic analysis [crude OR (COR) = 4.18; 95% CI, 0.75–23.34; AOR = 2.29; 95% CI, 0.38–13.74]. Delivery by cesarean was more frequent in the group of mothers exposed to organochlorine pesticides, with a mean weight of 3110.63 ± 614.67 g, which was significantly lower than the mean weight of controls (3034.39 ± 449.13 g).

Weeks of gestation, with category boundary established at 37 weeks, was associated with risk of malformation, with a more frequent presence of cryptorchidism and/or hypospadias in the group of lower gestational age (OR = 1.98; 95% CI, 0.88–4.46), and this risk was higher in the conditional logistic analysis [crude OR (COR) = 4.18; 95% CI, 0.75–23.34; AOR = 2.29; 95% CI, 0.38–13.74]. Delivery by cesarean was more frequent in the group of mothers exposed to organochlorine pesticides, with a mean weight of 3110.63 ± 614.67 g, which was significantly lower than the mean weight of controls (3034.39 ± 449.13 g).

The season of birth had an effect in our study population. Taking spring as category reference, more boys with malformations were born in another season, especially in winter (COR = 1.28; 95% CI, 1.19–9.12), although without statistical significance in the conditional logistic analysis adjusted for maternal weight and birth weight (AOR = 4.5; 95% CI, 0.2–7.15). delivery by cesarean was more frequent in the group of lower gestational age (OR = 1.99; 95% CI, 0.9–16.66). Table 1 shows the findings and results of the conditional logistic analysis associated malformation risk with the presence of these same chemicals, as follows: α,p′-DDT (OR = 2.25; 95% CI, 1.03–4.9); p,p′-DDT, p,p′-DDE, lindane, endosulfan-α, and mirex were more frequently detected in cases than in controls, and the unconditional regression analysis associated malformation risk with the presence of these same chemicals, as follows: α,p′-DDT (OR = 2.25; 95% CI, 1.03–4.89); p,p′-DDT (OR = 2.63; 95% CI, 1.21–5.72), lindane (OR = 3.38; 95% CI, 1.36–8.38), mirex (OR = 2.85; 95% CI, 1.22–6.66), and endosulfan-α (OR = 2.19; 95% CI, 0.99–4.82). Table 3 lists these findings and results of the conditional logistic analysis with crude and adjusted ORs for malformations in relation to the presence of these five selected pesticide residues.

### Table 2. Concentrations of organochlorine pesticides (ng/g of lipid) in placenta samples of cases and controls.

| Pesticide | Cases (n = 48) | Controls (n = 114) |
|-----------|---------------|-------------------|
|          | No.  Mean ± SD | 25th 50th 75th Range | No.  Mean ± SD | 25th 50th 75th Range |
| α,β-DDD  | 19  28.7 ± 42.7 | 1.0 14.1 52.4 1.0–169.6 | 44  64.9 ± 158.3 | 1.0 11.6 62.4 1.0–997.0 |
| β-DDD    | 31  10.8 ± 26.0 | 2.6 4.0 8.9 0.5–158.1 | 92  8.7 ± 16.0 | 1.8 3.5 7.7 0.5–97.7 |
| α-DDT    | 23  3.6 ± 8.3 | 1.0 1.1 1.9 1.0–38.3 | 48  5.8 ± 10.7 | 1.0 1.5 4.8 1.0–40.5 |
| p-DDT    | 18  2.0 ± 5.2 | 1.0 1.0 1.0 1.0–22.0 | 30  9.1 ± 25.1 | 1.0 2.7 10.0 ± 127.0 |
| ΣDDTs    | 35  28.7 ± 47.3 | 4.4 10.2 29.6 1.0–208.9 | 104 39.9 ± 110.2 | 2.9 8.0 34.9 1.0–1025.1 |
| E ether  | 20  0.2 ± 0.2 | 0.1 0.2 0.4 0.1–1.01 | 57  0.3 ± 0.3 | 0.1 0.2 0.4 0.1–1.0 |
| E dione  | 15  19.7 ± 15.6 | 1.2 21.5 28.4 1.0–55.3 | 33  23.7 ± 22.1 | 1.0 19.2 34.1 0.1–74.7 |
| E diol   | 16  5.3 ± 4.4 | 1.4 4.1 8.8 0.5–13.8 | 55  8.1 ± 9.8 | 2.5 4.2 10.7 0.5–45.6 |
| E sulf   | 26  5.6 ± 7.0 | 1.0 2.2 6.5 0.5–21.9 | 80  3.6 ± 6.0 | 1.2 2.0 3.5 0.5–44.6 |
| E I      | 24  3.4 ± 6.1 | 0.5 2.5 4.9 0.5–20.3 | 52  4.9 ± 6.5 | 0.5 2.4 6.5 0.5–26.7 |
| E II     | 22  4.1 ± 10.4 | 2.9 2.0 2.0 2.0–40.2 | 49  2.5 ± 2.7 | 2.6 2.0 2.6 2.0–10.3 |
| ΣE       | 36  20.8 ± 30.0 | 2.7 8.0 36.3 0.14–103 | 103 19.7 ± 29.7 | 3.0 7.0 26.4 0.3–189.5 |
| Aldrin   | 18  0.63 ± 0.2 | 1.0 1.0 1.0 1.0–1.0 | 39  1.9 ± 7.14 | 1.0 1.0 1.1 ± 45.2 |
| Dieldrin | 11  3.8 ± 4.2 | 1.0 2.2 4.8 1.0–12.5 | 19  1.9 ± 2.5 | 1.0 1.0 1.8 0.1–9.6 |
| Endrin   | 22  5.0 ± 4.8 | 3.0 6.5 13.0 0.9–19.7 | 48  7.4 ± 11.9 | 2.2 3.5 7.2 0.3–67.0 |
| Lindane  | 29  0.9 ± 0.8 | 0.5 0.7 1.0 0.5–3.2 | 60  0.7 ± 1.0 | 0.2 0.3 1.0 0.5–6.87 |
| M-chlor  | 19  1.2 ± 1.1 | 1.0 1.0 1.0 1.0–4.7 | 39  2.3 ± 6.2 | 1.0 1.2 1.4 0.1–34.5 |
| Mirex    | 13  1.4 ± 1.1 | 0.1 0.1 0.1 0.1–2.5 | 48  1.7 ± 3.5 | 1.0 2.0 4.5 0.1–15.1 |
| Chlordane| 4  276 ± 355 | 41 139.8 511.5 0.3–791.9 | 11 138.4 ± 112.3 | 63 92.5 ± 162.5 1.0–383.9 |
| HCB      | 22  6.9 ± 11.6 | 1.0 2.7 4.3 0.5–41.6 | 55  9.4 ± 12.7 | 2.0 4.2 10.6 0.5–60.5 |

Abbreviations: E, endosulfan; HBC, hexachlorobenzene; M-chlor, methychlor. 25th, 50th, and 75th are percentiles.
Results were obtained from conditional logistic regression models with the presence of mirex or lindane (Table 4).

### Discussion

We used a novel method to measure exposure of the embryo-fetus to xenoestrogens by estimating the estrogenicity resulting from the combined effect of chemicals extracted from placenta (TEXB measurement) (Fernandez et al. 2004; Ibarluzea et al. 2004). Three of four placentas from boys with cryptorchidism and/or hypospadias and one of two placentas from control boys had a measurable level of estrogenicity due to xenoestrogens (TEXB of the α fraction). We detected a statistically significant difference in estrogenicity levels associated with cases of malformations and xenoestrogen exposure in the study population. Therefore, we are able to report the first demonstration of a significant relationship between male urogenital malformation and the estrogenicity of the α-fraction—the estrogenicity due to bioaccumulated organohalogenated xenoestrogens. Compared with controls, cases had an OR for detectable versus non-detectable TEXB-α of 2.82 (95% CI, 1.10–7.24).

These results support the environmental working hypothesis for male sexual differentiation in humans. This process is known to depend on a balanced steroid ratio and is therefore highly sensitive to disruption by exogenous estrogens; exposure to EDCs would provoke an unbalanced androgen/estrogen ratio, leading to an inadequate maturation of Sertoli and Leydig cells (de Kretser 2003; Skakkebaek et al. 2001). Disagreements in the scientific community about adverse trends in male reproductive health may be partly related to difficulties in comparing studies across time, to the selection of study populations, and to differences in clinical definitions and diagnostic procedures for these diseases. Moreover, epidemiologists traditionally analyze the incidence and risk factors separately for each disorder. Skakkebaek and co-workers (2001) proposed that sperm counts, demand for assisted reproduction, testicular cancer, hypospadias, and undescended testes are all symptoms of a single underlying entity, the so-called testicular dysgenesis syndrome. They concluded that environment and lifestyle factors are among the most likely causes, with minor participation of the genomic background.

Following proposals of separate genetic but common environmental components of risk for cryptorchidism and hypospadias (Akre et al. 1999; Weidner et al. 1999), cryptorchidism and hypospadias were considered comparable entities in terms of their etiology, grouping together boys with one or both malformations in the statistical analysis. The prevalence of cryptorchidism and/or hypospadias was 1.8% in our series, within the range reported by studies in other geographic areas (Boisen et al. 2004, 2005; Paulozzi 1999; Preiksa et al. 2005; Toppari et al. 2001). When the two malformations were considered separately, the prevalence of cryptorchidism at 1 month of age was 1.1%, and the prevalence of hypospadias at delivery was 0.74%. The cohort study conducted by Preiksa et al. (2005) detected a lower frequency of cryptorchidism at birth in Lithuanian boys (5.7%) in comparison with Dans (9.0%) and a higher frequency in comparison with Finns (2.4%). Highly variable prevalences of cryptorchidism have been reported in Western countries on the basis of registry studies (Boisen et al. 2004; Paulozzi 1999; Toppari et al. 2001). However, comparisons in the incidence rate of urogenital malformations among countries may be limited by differences in study populations (registry versus cohort studies), case definitions, and examination techniques. The Spanish Collaborative Study of Congenital Malformations (ECEMC) reported (Martinez-Frias et al. 2004) that the frequency of hypospadias in Spain was 1 of 284 male births (0.35%) and had remained at this level for the past few decades until after 1996, when a decreasing frequency of severe forms was recorded. The authors suggested that this effect was probably caused by a radical change in exposure that affected the whole country. Surprisingly, this change was not observed in the prevalence of any other congenital malformations.

All placentas had measurable concentrations of at least one of the 16 organochlorine pesticides quantified, reflecting the ubiquity of exposure in the population, although the number of quantifiable residues was significantly higher in cases than in controls. No single chemical could be positively and significantly associated with the biologic

### Table 3. Crude and adjusted ORs (95% CIs) for urogenital malformations among male offspring in relation to the presence in placenta samples of specific endocrine disruptors and the TEXB, according to the case/control status of newborn.

| Variable | Cases [n(%)] | Controls [n(%)] | p-Value | COR (95% CI) | AOR (95% CI) |
|----------|--------------|----------------|---------|--------------|--------------|
| α-fraction |< LOD | 12 (16.7) | 60 (83.3) | 0.047 | 1 | 1 |
| ≥ LOD | 23 (33.3) | 46 (66.7) | 2.25 (1.03–4.89) | 2.17 (0.96–5.00) |
| β-fraction |< LOD | 17 (18.1) | 77 (81.9) | 0.017 | 1 | 1 |
| ≥ LOD | 19 (38.3) | 29 (61.7) | 2.63 (1.21–5.72) | 2.17 (0.95–5.00) |
| Endosulfan I |< LOD | 11 (16.4) | 56 (83.6) | 0.025 | 1 | 1 |
| ≥ LOD | 24 (32.4) | 50 (67.6) | 2.19 (0.93–4.82) | 2.49 (0.99–6.24) |
| Lindane |< LOD | 6 (11.1) | 48 (88.9) | 0.002 | 1 | 1 |
| ≥ LOD | 29 (33.3) | 58 (66.7) | 3.38 (1.36–8.38) | 9.48 (2.43–36.96) |
| Mirex |< LOD | 23 (20.7) | 89 (79.3) | 0.023 | 1 | 1 |
| ≥ LOD | 12 (40.0) | 18 (60.0) | 2.85 (1.22–6.66) | 3.42 (1.19–9.77) |
| TEXB-α-fraction |< LOD | 10 (18.2) | 45 (81.8) | 0.031 | 1 | 1 |
| ≥ LOD | 25 (30.9) | 56 (69.1) | 2.02 (0.84–4.80) | 2.82 (1.10–7.24) |
| TEXB-β-fraction |< LOD | 11 (19.6) | 45 (80.4) | 0.069 | 1 | 1 |
| ≥ LOD | 24 (30.0) | 56 (70.0) | 1.75 (0.75–4.00) | 2.31 (0.94–5.70) |

Results were obtained from conditional logistic regression models. **Adjusted for mother’s age at delivery and infant weight at birth.**
Endocrine disruptors and urogenital malformations

No effect of parental age on urogenital malformations was observed, in agreement with most (Preiksaitis et al. 2005; Weidner et al. 1999) but not all (Fisch et al. 2001) of the previous studies. An increased risk of these malformations was, however, significantly associated with lower birth weight, as previously documented (Berkowitz et al. 2003; Weidner et al. 1999), and also appeared to be related to low gestational age although significance was not reached, unlike in some other reports (Berkowitz et al. 2004; Preiksaitis et al. 2005). In our region, Lopez-Espinosa et al. (2006) found that a higher number of organochlorine pesticide residues in placenta was associated with lower birth weight, confirming these observations.

A 4-fold increased risk of malformation in the sons of women with a history of stillbirth was noted (OR = 4.2; 95% CI, 1.11–16.66), confirming previous observations (Weidner et al. 1999). Although cryptorchidism and hypospadias have frequently been described in association with congenital malformations (Mayr et al. 1999), only minor concomitant diseases of the urogenital tract were observed in our series, confirming findings by other authors (Biggs et al. 2002; Preiksaitis et al. 2005). Other variables had less or no influence on the risk in our study population. An increase in malformation has been associated with cesarean delivery (Aschim et al. 2004; Rueda-Domingo et al. 2001), but no significant association was observed in the present study (OR = 2.44; 95% CI, 0.51–11.62).

Seasonal cyclicity in the month of delivery/conception in relation to these malformations has been reported. In agreement with some of these authors (e.g., Mayr et al. 1999), a seasonal cyclicity was also observed in the present study, with a peak of cases born between January and March (COR = 1.28; 95% CI, 1.19–9.12). If the first trimester is considered the most vulnerable time for the embryo-fetus, and if spring is the season during which most of the pesticides were applied, this additional information may strengthen the results. Unfortunately, we do not have accurate data on the application of pesticides in spring versus other seasons.

Finally, maternal weight before pregnancy, categorized below and above the median value of the BMI (23 kg/m²), showed close to a significant association. We have no explanation for this finding, but it would be interesting to consider it together with the observation of a lower body weight increase during pregnancy in mothers of cases versus mothers of control boys (11.3 ± 4.7 kg vs. 13.9 ± 5.5 kg).

In conclusion, although the complexity of human biology makes it very difficult to establish a relationship between EDC exposure and male congenital malformations, our data suggest that environmental chemicals with estrogenic activity play a role in the risk of cryptorchidism and/or hypospadias. Unfortunately, few comparable studies have addressed this issue (e.g., Vidaeff and Sever 2005), and these were limited to a small number of EDCs (Hosie et al. 2000; Longnecker et al. 2002; Vrijheid et al. 2003). However, the present study illustrates the utility for exposure assessment of a biomarker that evaluates the combined effects of bioaccumulated xenoestrogens in placentas.

REFERENCES

Aho M, Kiovisto AM, Tammela TM, Auvikainen AP. 2000. Is the incidence of hypospadias increasing? Analysis of Finnish hospital discharge data 1970–1984. Environ Health Perspect 108:463–465.

Akre O, Lipworth L, Cnattingius S, Sparen P, Eibom A. 1999. Risk factors for cryptorchidism and hypospadias. Epidemiology 10:364–369.

Almstrup K, Fernandez MF, Petersen JH, Olea N, Skakkebaek NE, Leflers H. 2002. Dual effects of phytoestrogens result in U-shaped dose-response curves. Environ Health Perspect 110:1–4.

Anonymous. 1995. Male reproductive health and environmental oestrogens. Lancet 345:933–935.

Aschim EL, Haugen TB, Trætt S, Dalvik AV, Grønne T. 2004. Risk factors for hypospadias in Norwegian boys—association with testicular dysgenesis syndrome? Int J Androl 27:213–221.

Berkowitz GS, Gelb J, Deych E, Lapinsh RH, Godbold JH, Liu Z, et al. 2003. Exposure to indoor pesticides during pregnancy in a multiethnic, urban cohort. Environ Health Perspect 111:79–84.

Berkowitz GS, Wetmore JD, Birman-Deych E, Gelb J, Lapinsh RH, Godbold JH, et al. 2004. In utero pesticide exposure, maternal paraoxonase activity, and head circumference. Environ Health Perspect 112:388–391.

Biggs ML, Beer A, Critchlow DW. 2002. Maternal, delivery and perinatal characteristics associated with cryptorchidism: a population-based case-control study among births in Washington State. Epidemiology 13:197–204.

Boisen KA, Kåлаву M, Main KM, Virtanen HE, Haxvisto AM, Schmidt IM, et al. 2004. Difference in prevalence of congenital cryptorchidism in infants between two Nordic countries. Lancet 363:1264–1269.

Botella B, Crespo J, Rivas A, Cerilllo, Olea-Serrano F, Olea N. 2005. Exposure of women to organochlorine pesticides in southern Spain. Environ Res 96:34–40.

Cerrillo I, Olea-Serrano F, Barba A, Lopez JM, et al. 2004. HCH and DDT residues in human placentas in Murcia (Spain). Toxicol 195:203–208.

Dolk H, Vrijheid M. 2003. The impact of environmental pollution on congenital malformation. Biomed Bull 6:35–45.

Dolk H, Vrijheid M, Armstrong B, Abramsky L, Bianchi F, Garne E, et al. 1998. Risk of congenital anomalies near hazardous waste landfill sites in Europe: the EURHDACON study. Lancet 352:423–427.

Edwards TM, Moore BC, Gillette LJ Jr. 2000. Reproductive dysge- nesis in wildlife: a comparative view. Int J Androl 29:109–121.

Fisch H, Golden RJ, Liberzon GL, Hyun GS, Madsen P, New MI, et al. 2001. Maternal age as a risk factor for hypospadias. J Urology 165:934–938.

[End]
Martínez-Frias ML, Prieto D, Prieto L, Bermejo E, Rodriguez-Lopez-Espinosa MJ, Granada A, Carreño J, Salvatierra M, Longnecker MP, Klebanoff MA, Brock JB, Zhou H, Gray KA, Irgens A, Kruger K, Skorve AH, Irgens LM. 2000. Birth defects among offspring of Norwegian farmers. Environ Health Perspect 108:1098–1099.

Hosie S, Loff S, Witt K, Niessen K, Waag K. 2000. Is there a correlation between organochlorine compounds and undescended testes? Eur J Pediatr Surg 10:304–309.

Hura C, Leanca M, Russ L, Hura BA. 1999. Risk assessment of organochlorine pesticides in placentas from Romania: exposure of male infants born during 1997–2000. Placenta 26:512–514.

Kleinman S, Koliman RJ, Meyer A. 2002. Human reproductive system disturbances and pesticide exposure in Brazil. Cad Sauve Publica 10:435–445.

Kristensen P, Ingens LM, Andersen A, Bye AS, Sundheim L. 1997. Birth defects among offspring of Norwegian farmers. Epidemiology 8:537–544.

Longnecker MP, Klebanoff MA, Brock JB, Zhou H, Gray KA, Needham LL, et al. 2002. Maternal serum level of 1,1-dichloro-2,2-bis(p-chlorophenyl)ethylene and risk of cryptorchidism, hypospadias, and polythelia among male offspring. Am J Epidemiol 155:313–322.

Lopez-Espinosa MJ, Granada A, Carreño J, Salviaterra M, Olea-Serrano F, Olea N. 2006. Organochlorine pesticides in placenta from southern Spain and some related factors. Placenta; doi:10.1016/j.placenta.2006.09.009 [Online 15 November 2006].

Martínez-Frias ML, Prieto D, Prieto L, Bermeje E, Rodríguez-Pitilla E, Cuevas L. 2004. Secular decreasing trend of the frequency of hypospadias among newborn male infants in Spain. Birth Defects Res A 70:79–81.

Mayr JM, Lawrenz K, Berghold A. 1999. Undescended testicles: an epidemiological review. Acta Paediatr 88:1098–1099.

Moreno-Frias M, Garrido-French A, Martinez-Vidal JL, Mateu-Sanchez M, Olea-Serrano F, Olea N. 2001. Analysis of lindane, vinclozolin, aldrin, p,p’-DDE, p,p’-DDT, and p,p’-DDE in human serum using gas chromatography with electron capture detection and tandem mass spectrometry. J Chromatogr B 760:1–15.

Nurminen T. 2001. The epidemiologic study of birth defects and pesticides. Epidemiology 12:140–146.

Oliveira M, Olea-Serrano F, Lardelli-Claret P, Rivas A, Barba-Navarro A. 1999. Inadvertent exposure to xenoestrogens in children. Toxicol Ind Health 15:151–156.

Pauluzzi LJ. 1999. International trends in rates of hypospadias and cryptorchidism. Environ Health Perspect 107:297–302.

Pierik FH, Burdorf A, Deddens JA, Juttmann RE, Weber RFA. 2004. Maternal and paternal risk factors for cryptorchidism and hypospadias: a case-control study in newborn boys. Environ Health Perspect 112:1570–1576.

Preiksaitis, Ziladiene B, Matulevicius V, Skakkebaek NE, Petersen JH, Jorgensen N, et al. 2005. Higher than expected prevalence of congenital cryptorchidism in Lithuania: a study of 1244 boys at birth and 1 year follow-up. Hum Reprod 20:1928–1932.

Restrepo M, Muñoz N, Day N, Parra JE, Hernandez C, Bleotner M, et al. 1990. Birth defects among children born to a population occupationally exposed to pesticides in Colombia. Scand J Work Environ Health 16:239–246.

Rueda-Domingo MT, Lopez-Navarrete E, Nogueras-Ocaña M, Lardelli-Claret P. 2001. Factores de riesgo de criptorquidismo [in Spanish]. Gaceta Sanitaria 15:368–405.

Scorr CG. 1984. The descent of the testis. Arch Dis Child 69:605–609.

Shen H, Maze KM, Kalyve M, Virtanen H, Haavisto AM, Skakkebaek NE. 2005. Prenatal organochlorine pesticides in placenta from Finland: exposure of male infants born during 1997–2000. Placenta 26:512–514.

Silva E, Rajapakse N, Kortenkamp A. 2002. Something from "nothing"—eight weak estrogenic chemicals combined at concentration below NOECs produce significant mixture effects. Environ Sci Technol 36:1751–1756.

Skakkebaek NE, Røgstad-De Meyts E, Main K. 2001. Testicular dysgenesis syndrome: an increasingly common developmental disorder with environmental aspects. Hum Reprod 16:972–978.

Soto A, Fernandez MF, Luzi MF, Olea-Karasko AS, Sonneschein C. 1997. Developing a marker of exposure to xenoestrogens in human serum. Environ Health Perspect 105:647–654.

Soto A, Sonneschein C, Chung KL, Fernandez MF, Olea N, Olea-Serrano F. 1995. The E-Screen as a tool to identify estrogens: an update on oestrogenic environment pollutants. Environ Health Perspect 103:113–122.

Toppuri J, Kajova M, Virtanen HE. 2001. Trends in the incidence of cryptorchidism and hypospadias, and methodological limitations of registry-based data. Hum Reprod Update 7:282–286.

van Tongeren M, Nieuwenhuijzen MJ, Gardiner K, Armstrong B, Vrijheid M, Dokh H, et al. 2002. A job-exposure matrix for potential endocrine-disrupting chemicals developed for a study into the association between maternal occupation and hypospadias. Ann Occup Hyg 46:465–477.

Vidaeff AC, Levar LE. 2005. In utero exposure to environmental estrogens and male reproductive health: a systematic review of biological and epidemiological evidence. Reprod Toxicol 20:5–30.

Vrijheid M, Armstrong B, Dokh H, van Tongeren M, Batting B. 2003. Risk of hypospadias in relation to maternal occupations: exposure to potential endocrine-disrupting chemicals. Occup Environ Med 60:543–550.

Weidner IS, Moller H, Jensen TK, Skakkebaek N. 1998. Cryptorchidism and hypospadias in sons of gardeners and farmers. Environ Health Perspect 106:793–796.

Weidner IS, Moller H, Jensen TK, Skakkebaek N. 1999. Risk factors for cryptorchidism and hypospadias. J Urol 161:1608–1609.

World Health Organization. 1998. Obesity: Preventing and Managing the Global Epidemic. Report of WHO Consultation on Obesity, 3–5 June 1997. Geneva:World Health Organization.