Research Article

Performance Optimization of Microvalves Based on a Microhole Array for Microfluidic Chips

Cuimin Sun,1,2 Hui You,1,3 Yang Xie,1 and Ronald X. Xu1

1Department of Precision Machinery and Precision Instrumentation, University of Science and Technology of China, Hefei, Anhui 230001, China
2Xingjian College of Science and Liberal Arts of Guangxi University, Nanning, Guangxi 530004, China
3School of Mechanical Engineering, Guangxi University, Nanning, Guangxi 530004, China

Correspondence should be addressed to Hui You; hyou@gxu.edu.cn

Received 12 June 2020; Accepted 7 August 2020; Published 3 September 2020

Academic Editor: Jaroon Jakmunee

A microfluidic chip with a microvalve based on a microhole array is proposed in this paper for the POCT of tumor marker proteins. In order to control the biochemical reaction time accurately and obtain a high test sensitivity, the parameters of the microhole array are optimized basing on the investigation of the effects of the variation of those parameters on the fluid rate and the residual liquid value in the microvalve region. By conducting liquid flow experiments using microvalves based on microhole arrays with varying microstructural parameters, the residual rate of reaction products is demonstrated to be proportional to the depth and diameter of the microholes and inversely proportional to the distance between the microhole centers. A comprehensive analysis indicates that a microhole depth of 95 μm, a microhole diameter of 230 μm, and a distance between microhole centers of 250 μm not only ensure a sufficiently long delay time, but also reduce the residual rate of reaction products, thereby providing an optimum microvalve performance that maximizes the detection efficiency and accuracy of microfluidic chips.

1. Introduction

Most POCT [1] technologies available worldwide for real-time in vitro diagnostic testing have been designed and developed based on microfluidic chips, and these have been generally applied for the detection of substances with a relatively high rate in the body fluids of patients, such as proteins [2] and blood sugar [3]. At present, low accuracy of the flow control and relatively large residual value are the main shortcomings of the microfluidic systems in such POCT chips, which results in inadequate biochemical reaction and large interassay imprecision. These shortcomings mainly come from the microvalves integrated in the chips. Therefore, the further development of the POCT chips is highly dependent on the performance of the microvalves used in the chips. Most microfluidic systems for POCT applications use passive microvalves, especially the capillary microvalves including paper-based capillary microvalves [4], polymer capillary microvalves [5], and microstructured capillary microvalves [6]. Of which, the microstructured capillary microvalves have been addressed by researchers because of their advantages of good biological compatibility, economy, control performance, and ease of manufacturing [7]. The mechanism of this kind of microvalves is based on the phenomenon that the surface parameters of the microstructures, such as contact angle and roughness, affect the capillary force and thus affect the flow state. The surface effect on the flow has been investigated in the channel in different scales. Xu et al. [8] investigated the effect of the wall roughness on the fluid transport resistance of the water inside nanopores and found that the transport resistance was larger when the relative roughness was higher. Pan et al. [9] developed a novel surface composed of a shape memory micropillar array which can tune the wettability of the surface. The as-obtained surface does not only exhibit reversible wettability between superhydrophobic and slightly hydrophobic, but also exhibit repairable superhydrophobicity. Kim and Varenberg [10] reported on the
behavior of original and split, wall-shaped adhesive microstructures on different surfaces, and their results clearly demonstrated that the adhesion- and friction-driven attachment of the wall-shaped microstructure degrades when the surface roughness increases. Sarafraz and Hormozi [11] experimentally investigated the influence of some parameters such as roughness of the surface, boiling contact angle, and deposition on the pool boiling heat transfer coefficient of nano fluids. When the concentrate of the nano fluid increased, surface roughness of the heating section and the boiling contact angle of bubbles with the surface significantly decreased. Zhixiong et al. [12] found that the boiling thermal performance of the copper oxide nanosuspension was quantified on the modified surfaces with different geometrical specifications, and the fins design with more towering height and smaller width achieved the best thermal performance.

Many microstructured microvalves based on the capillary force and surface effect have been developed. Du et al. [13] tailored the flow rate through capillary microvalves by adjusting the hydrophilicity of the microchannel via the insertion of deep holes on their interior surfaces, which altered the contact angles between the liquid and the microchannel surfaces to achieve a delay function. Suh et al. [14] proposed a microstructured microvalve based on capillary force, which affects the flow state of the liquid in different sections of the microchannel according to their different cross-sectional areas. Chang et al. [15] presented a novel design of a capillary stop valve with a chamfered side that can be used as a flow regulator to hold an injected microfluid in the valve position in a capillary force-driven microfluidic device.

Up to now, most research studies on the capillary microvalves focused on the flow velocity and the fabrication, and no studies have investigated the residual value in the microvalve structures, which affects the detection sensitivity on the occasion that the microvalves are used in POCT chips. We previously developed a capillary microvalve with the microhole array on one of the interior surfaces of the microchannel and investigated the effects of the parameters of the microhole array on the fluid head velocity [16]. However, the effects of these parameters on the residual value in the microvalve region were not investigated. Basing on the work, a microfluidic chip with a microvalve based on a microhole array is proposed in this paper for the POCT application of the tumor marker protein test. The issue of the residual value in the microvalve region is addressed. In order to control the biochemical reaction time accurately and obtain a higher testing sensitivity, the parameters of the microhole array are optimized basing on the investigation of the effects of the variation of those parameters on the fluid rate and the residual liquid value in the microvalve region.

2. Experimental

2.1. Microfluidic Chip and Its Process of Work. The design of a passive microfluidic chip for the detection of the proteins serving as tumor markers is illustrated in Figure 1, and the proposed passive microvalve based on the microhole array is shown at the right of the figure. When a blood sample is dropped in the injection chamber, the serum penetrates through the filter paper and flows into the reaction region below, where the tumor marker proteins in the serum are labeled with the luminescent material by the immunological reaction. The microvalve region is the short section of the microchannel with a microhole array on the bottom surface, which can maintain the serum within the reaction region for a sufficient period to ensure the completion of the reaction. Then, the serum flows quickly through the microvalve and along the capillary channel to the detection region and then to the waste chamber. When the serum flows past the detection region, the tumor marker proteins contested are specifically captured by the special antibody anchored on the surface of the channel bottom, and therefore the color bars appear due to the luminescent material. The quantity of the tumor marker proteins can be evaluated according to the intensity of the color.

2.2. Working Principles of the Microvalve. The microstructured capillary microvalve proposed in this paper has two main functions: one is to maintain the sample fluid within the reaction region for a sufficient period to ensure the completion of the biochemical reactions, while the other function is to enable the sample fluid to quickly flow through with very little liquid remaining after the reaction completion to make the total test time shorter and test sensitivity higher. These two functions are fulfilled by reducing the fluid head velocity as the sample fluid flows into the microvalve region and then allowing the fluid to flow quickly once the microvalve region becomes saturated with the fluid. In this sense, the function of the microvalve is similar to that of a passive slow-opening valve.

The process of the liquid sample flow through the microvalve can be divided into the three stages as shown in Figure 2, where the vector $P$ represents the capillary force. The liquid head velocity of the fluid sample varies according to the changes in the hydrophobicity of the microchannel induced by the microhole array.

The microvalve based on the microhole array was designed according to the Wenzel model [17], which is commonly used for predicting the equilibrium contact angle (CA) of drops which penetrate the asperities of a rough surface and do not account for the liquid volume stored in the asperities. As such, the hydrophobicity of the solid surface can be determined according to the contact angle [18]:

$$\cos \theta_b = r \cos \theta_e,$$

where $\theta_b$ is the predicted Wenzel contact angle, $r$ is the roughness factor of the solid surface, which is given as the rate of the area of the solid-liquid interface and the projected area: $\frac{A_{SL}}{A_{projected}}$ and $\theta_e$ is the contact angle of a liquid droplet on a smooth surface made up of the same material (i.e., the contact angle associated with Young’s equation). Applying this relationship to the microhole array structure yields the following formula:
where \( h \) is the microhole depth, \( d \) is the microhole diameter, and \( a \) is the distance between microhole centers. In addition, our previous study established the following equation governing the effect of the microstructural parameters on the flow period \([16]\):

\[
t = k \left( 1 + \frac{\pi dh}{2a^2} \right).
\]

where \( k \) is related to various factors such as the liquid viscosity, material properties, and temperature.

The adsorption of fluids on solid surfaces can be divided into physical adsorption and chemical adsorption according to the nature of the binding force between the adsorbed liquid molecules and the atoms on the solid surface. Physical adsorption is produced by Van der Waals forces and is closely related to the surface area and hole size distribution of solids. Chemical adsorption can be produced only under particular conditions due to its chemical bonding nature and includes some level of selectivity. Here, we consider the residual liquid value on the microvalve region only from the perspective of physical adsorption. The well-known Gibbs adsorption isotherm formula can be applied to determine the quantity of a physically absorbed liquid species on a solid as follows \([19]\):

\[
Q = - \frac{c}{RT} \frac{d\gamma}{dc},
\]

where \( c \) is the activity of the component, \( \gamma \) is the surface tension, \( R \) is the ideal gas constant, and \( T \) is the temperature. As such, the quantity of an absorbed liquid on a solid surface depends expressly on the surface tension. The surface tension is difficult to be measured directly, but it can be obtained from the contact angle \( \theta_b \) given by formula (2). Therefore, the residual value, due to the adsorption on the surface of the microvalve region, is related to the microhole array parameters \( a, d, \) and \( h \) according to formulas (2) and (4).

\[\text{2.3. Fabrication of the Microfluidic Chip.}\] The manufacturing process of the microfluidic chip is shown in Figure 3. The microfluidic chip consists of a cover plate and a baseplate made of polymethyl methacrylate (PMMA) sheets. The baseplate, including the microchannel and the microvalve, is fabricated with a PMMA sheet by the hot embossing process using a steel template, under the condition of 105°C temperature, 2 MPa pressure, and 90 minutes molding time and cooling slowly after the molding. The steel template with the microchannel and the microvalve pattern was fabricated in advance by CNC milling. The cover plate of the injection chamber is fabricated by CNC milling as well. The base- and cover plates of the microfluidic chip are rinsed with deionized water for 10 minutes in an ultrasonic cleaner at room temperature and then subjected to plasma cleaning to improve their surface activity. Finally, the two plates are fused together under a pressure of 0.6 MPa and a temperature of 70°C for 20 minutes.
2.4. Microvalve Performance Testing. A series of the microfluidic chips with the same channel size (3.5 mm in width, 105 μm in depth, and 35 mm in length) and different sets of the parameters of the microhole array were fabricated and tested with DI water. In the chips, the areas of the microhole arrays were the same (3.5 mm wide and 5 mm long), but the diameter of the holes $d$ varied from 170 to 240 μm by 10 μm, while the depth of the holes $h$ varied from 60 to 100 μm by 5 μm, and the distance of microholes $a$ varied from 225 to 400 μm by 25 μm. Such ranges of the microholes size were selected because the microvalve in this paper was designed for a commercial product of the POCT chip, which must be easily fabricated on a large scale and the manufacture cost must be low enough, and that was why hot embossing process was used. Limited by the equipment of the process and the manufacture cost, the diameter of the microhole and the distance between microholes cannot be made very smaller, and the microhole cannot be made very deep. On the contrary, the microholes cannot be designed large, otherwise the residual value will be too much. If they are too shallow or the distance between microholes is too large, the surface will be approximately planar, and the regulation of the hydrophilic will be too weak.

The flowing state and residual value tests on five chips of each set of parameters of the microhole array were carried out under a microscope. To avoid the residual value calculation error due to the absorption of the filter paper, there was no filter paper in any chip in the test. 40 μL of DI water doped with the blue ink as the test sample was directly pipetted into the reaction chamber of each chip, and then the fluid head velocities in the microhole array area and the microchannel downstream were measured. The fluid head velocity through the microchannel downstream with a length of 30 mm was measured with the same method.

The sample residue of each microvalve is difficult to be measured directly. Here, it was estimated from the photograph of the whole microfluidic system including the waste chamber, which was taken after the end of flowing. The surfaces of chip where flowed past, including the microvalve region, were stained in blue due to their absorption of the ink particles. The quantity of the ink particles absorbed in each region was in proportion to the gray value in the area in the photograph. Therefore, the sample residue rate in the microvalve could be calculated by the rate of the gray value in the region against the total gray value in the whole microfluidic system area.

3. Results and Discussion

3.1. Fluid Head Velocities of Microfluidic Chips. The fluid head velocities of three types of chips with the same microchannel size (3.5 mm in width, 105 μm in depth, and 35 mm in length) and different sets of microhole array parameters as shown in Table 1 were tested, and the results are compared in Figure 4.

For different types of chips, the head flow velocities in the microvalve regions were significantly different, while the flow velocities in the capillary channels downstream are nearly equivalent. The tests indicated that the fluid head moved very slowly through the microvalve region and then moved much faster in the capillary channel downstream. The flow velocity difference between the two regions was at least 5 times. The lowest fluid head velocity in the microvalve region, which is attained by Chip C, is less than 1/10 of that in the capillary channel downstream. The phenomenon confirms that the microhole array has a significant delay effect on the fluid head when it was moving through the
Microvalve region
Microchannel region

![Figure 4: Effects of different microvalve structural parameters on fluid head velocities in the microvalve and microchannel areas.](image)

Table 1: Three types of microfluidic chips with different sets of microhole array parameters.

| Type of chip | h: depth of microhole (µm) | d: diameter of microhole (µm) | a: distance between microhole centers (µm) | l: length of microhole array (mm) |
|--------------|---------------------------|------------------------------|-------------------------------------------|----------------------------------|
| Chip A       | 55                        | 300                          | 400                                       | 5                                |
| Chip B       | 75                        | 260                          | 350                                       | 5                                |
| Chip C       | 95                        | 230                          | 300                                       | 5                                |

The increased contact angle means there is an increase in the surface hydrophobicity, which results in a smaller contact area between the liquid and the surface of the microchannel; therefore, less liquid is absorbed by the surface. The experimental results coincide with our theoretical analyses and can be employed for optimizing the microstructural parameters of the microvalve.

3.3. Optimization of Microstructural Parameters for the Best Microvalve Performance. The microvalve performance lies in the three respects: the delay time, the flow speed after the delaying time, and the liquid residue rate in the microvalve array region, which are related to the chip functions in the adequacy of the biochemical reaction, total test time, and sensitivity, respectively. We tried to optimize the microvalve array design to get the best valve performance in the three respects. As shown in Figure 4, different designs of microvalve array parameters almost have no influence on the flow speed after the delaying time. Therefore, the optimization is only aimed to get longer delay time and lower liquid residue rate.

Figures 6(a)–6(c) show the effects of microvalve array parameters on the delay time and the liquid residue rate. Within the range of microvalve array parameters, we experimented the delay time and the residual rate varied from 179 to 218 seconds and 29.4% to 23.8%, respectively. The variation of the microvalve array parameters leads to a similar change trend in the delay time and the residual rate, except that the delay time reaches the peak when the diameter and depth of the hole and the center distance between holes are 230, 95, and 250 µm, respectively, while the residual rate increases monotonously with the increase in those parameters. Therefore, the maximum delay time and the minimum residual rate cannot be achieved simultaneously. We need to balance the two respects to select the most suitable parameters of microvalve array parameters. Besides changing the microvalve array parameters, the residual rate can also be reduced by increasing the injected sample value. According to the microfluidic chip design, the control of delay time mainly depends on the selection of microvalve array parameters. Therefore, the optimization of the microvalve array parameters should firstly meet the requirement of the time delay. Since a period of at least 3.5 minutes is required to complete the biomedical reactions in the reaction chamber, the microvalve array with 230 µm in diameter, 95 µm in depth, and 250 µm distance between hole centers is selected finally, which leads to the longest delay time of 215 seconds and a relatively not too high residual rate of 28%.

In our previous research, it has been found that the contact angle of the surface with the microhole structure was inversely proportional to the depth and diameter of the microhole and proportional to the distance between the microhole center [16]. In this study, the relationship between the contact angle and the delay time was built as shown in
Figure 5: Effects of microstructural parameters on the contact angle and the residual rate of the absorbent in microfluidic chips. (a) Effect of the diameter of the microhole on the results and $h = 95 \mu m$ and $a = 250 \mu m$. (b) Effect of the depth of the microhole on the results and $d = 230 \mu m$ and $a = 250 \mu m$. (c) Effect of the center distance of the microholes on the results and $d = 230 \mu m$ and $h = 95 \mu m$. (d) Relationship between the residual rate and the contact angle results.

Figure 6: Continued.
Figure 6(d). The delay time increases with the contact angle when it is less than 90° and decreases as the contact angle increases and when it is greater than 90°. The delay time reached the maximum when the contact angle was around 90°, which coincided with the previous study. Especially, the contact angle is exactly 90° for the surface with the best set of microhole array parameters we selected, which is 230 μm in hole diameter, 95 μm in depth, and 250 μm center distance between holes.

4. Conclusions

By conducting liquid flow experiments using microvalves based on microhole arrays with varying microstructural parameters, the residual rate of reaction products is demonstrated to be proportional to the depth and diameter of the microholes and inversely proportional to the distance between the microhole centers. A comprehensive analysis indicates that a microhole depth of 95 μm, a microhole diameter of 230 μm, and a distance between microhole centers of 250 μm not only ensure a sufficiently long delay time, but also reduce the residual rate of reaction products, thereby providing an optimum microvalve performance that maximizes the detection efficiency and accuracy of microfluidic chips. Compared with the traditional microvalve, the microvalve based on the microarray designed in this paper has the following innovations. The accurate control of fluid velocity and the residual rate of reaction products are realized by adjusting the microstructure parameters to meet the requirements of different biochemical reactions on the microfluidic chip. The microvalve with long delay time and small residual rate designed in this paper provides a reference for guiding future research. The microvalve used in POCT applications based on these types of microvalves.

The present work employed deionized water as the liquid sample. However, blood plasma typically serves as the liquid sample in practical microfluidic chip applications. Protein adsorption is a complex process that is affected by various factors [20], which mainly include the physical and chemical properties of the proteins and other materials and the influence of the surrounding environment. Although considerable progress has been made in this field, the adsorption mechanisms of proteins require further exploration before a more sophisticated study of the residual rate of reaction products on the inner surface of microvalves can be conducted.

Data Availability

The data used to support the findings of this study are included within the article.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

References

[1] A. Bietenbeck, K. Wust, and P. B. Lappa, “Users regard operator training as critical for successful poct applications,” Clinical Laboratory, vol. 66, no. 1, 2020.
[2] C. Liu, N. Xue, H. Cai et al., “Nanoparticles enhanced self-driven microfluidic biosensor,” Micromachines, vol. 11, no. 4, 2020.
[3] F. Rashid, P. W. J. Glover, P. Lorinczi, D. Hussein, and J. A. Lawrence, “Microstructural controls on reservoir quality in tight oil carbonate reservoir rocks,” Journal of Petroleum Science and Engineering, vol. 156, pp. 814–826, 2017.
E. Fu, B. Lutz, P. Kauffman, and P. Yager, “Controlled reagent transport in disposable 2D paper networks,” *Lab on a Chip*, vol. 10, no. 7, pp. 918–920, 2010.

K. Morikawa and T. Tsukahara, “Fabrication of hydrophobic nanostructured surfaces for microfluidic control,” *Analytical Sciences*, vol. 32, no. 1, pp. 79–83, 2016.

A. Glière and C. Delattre, “Modeling and fabrication of capillary stop valves for planar microfluidic systems,” *Sensors and Actuators A: Physical*, vol. 130-131, pp. 601–608, 2006.

S. Padmanabhan, T. Misteli, and D. L. Devoe, “Controlled droplet discretization and manipulation using membrane displacement traps,” *Lab Chip*, vol. 17, no. 21, pp. 3717–3724, 2017.

B. Xu, Y. Li, T. Park, and X. Chen, “Effect of wall roughness on fluid transport resistance in nanopores,” *The Journal of Chemical Physics*, vol. 135, no. 14, Article ID 144703, 2011.

S. Pan, M. Chen, and L. Wu, “Smart superhydrophobic surface with restorable microstructure and self-healable surface chemistry,” *ACS Applied Materials & Interfaces*, vol. 12, no. 4, pp. 5157–5165, 2020.

J.-K. Kim and M. Varenberg, “Contact splitting in dry adhesion and friction: reducing the influence of roughness,” *Beilstein Journal of Nanotechnology*, vol. 10, pp. 1–8, 2019.

M. M. Sarafraz and F. Hormozi, “Pool boiling heat transfer to dilute copper oxide aqueous nanofluids,” *International Journal of Thermal Sciences*, vol. 90, pp. 224–237, 2015.

L. Zhixiong, M.M. Sarafraz, A. Mazinani et al., “Pool boiling heat transfer to CuO-H2O nanofluid on finned surfaces,” *International Journal of Heat and Mass Transfer*, vol. 156, 2020.

X. Du, P. Zhang, Y. Liu, and Y. Wu, “A passive through hole microvalve for capillary flow control in microfluidic systems,” *Sensors and Actuators A: Physical*, vol. 165, no. 2, pp. 288–293, 2011.

K. Y. Suh, Y. S. Kim, and H. H. Lee, “Capillary force lithography,” *Advanced Materials*, vol. 13, no. 18, pp. 1386–1389, 2001.

Y.-J. Chang, Y.-T. Lin, and C.-C. Liao, “Chamfer-type capillary stop valve and its microfluidic application to blood typing tests,” *SLAS Technology: Translating Life Sciences Innovation*, vol. 24, no. 2, pp. 188–195, 2019.

Y. Xie, H. You, Z. Gao, Z. Huang, and M. Yang, “An effective capillary valve based on micro-hole array for microfluidic systems,” *Analytical Sciences*, vol. 34, no. 11, pp. 1323–1327, 2018.

R. N. Wenzel, “Surface roughness and contact angle,” *The Journal of Physical and Colloid Chemistry*, vol. 53, no. 9, pp. 1466-1467, 1949.

T. Young, “The bakerian lecture. experiments and calculations relative to physical optics,” *Abstracts of the Papers Printed in the Philosophical Transactions of the Royal Society of London*, vol. 1, 1832.

V. Ponec, *Physical Chemistry of Surfaces*, John Wiley & Sons, Chichester, UK, Fifth edition, 1990.

B. Hagmeyer, F. Zechnall, and M. Stelzle, “Towards plug and play filling of microfluidic devices by utilizing networks of capillary stop valves,” *Biomicrofluidics*, vol. 8, no. 5, 2014.