Transport Findings

This article uses piecewise regression to explore diminishing returns to population density and identifies the density thresholds in the three most populous Canadian metropolitan areas beyond which any increase in population density is associated with declining marginal returns in transit mode split. An improved understanding of diminishing returns will enable planners and transit operators to focus on specific transit modes and service areas where increasing population densities are more likely to correlate with higher transit mode splits.

1. RESEARCH QUESTION AND HYPOTHESIS

Previous research has found a strong positive correlation between transit mode split and population density. From cross-sectional studies (Newman and Kenworthy 1991) to localized analyses of travel mode choice, studies have consistently found "higher transit use with increasing density" (Polzin, Chu, and Rey 2000). And whereas higher population or employment densities may not be enough on their own to cause higher transit mode split, they are considered enabling determinants of transit mode split along with other built-form proxies (Cervero and Kockelman 1997; Chakraborty and Mishra 2013). The very premise that built environment influences travel behavior carries a questionable "implicit conception of causality" (Næss 2015). Other critical reviews of density suggest that it "explains only a small fraction of the variation" in travel behavior (Ewing et al. 2018). Furthermore, an improvement in the quality or quantity of public transit (e.g., extending higher-order transit to suburbs) can improve the desirability of nearby parcels, contributing to accelerated land development and a subsequent increase in density (Cervero and Kang 2011).

In Toronto, an urban region with almost six million inhabitants (Statistics Canada 2017), development guidelines stipulate minimum thresholds for population densities to "make efficient use of land and infrastructure and support transit viability" (Government of Ontario 2017). Similar policy prescriptions are found in jurisdictions across the developed world.

Population density, as an input, could be subject to diminishing marginal returns. Mankiw (2014) defines diminishing returns as "the property whereby the benefit from an extra unit of an input declines as the quantity of the
This study investigates the specific thresholds beyond which an increase in population density is correlated with a lower marginal increase in transit mode splits.

2. METHODS AND DATA

This study used 2016 Census data for the three most populous census metropolitan areas in Canada, namely Toronto (5.93 million), Montreal (4.09 million), and Vancouver (2.46 million). The core municipality and the neighboring suburbs form a census metropolitan area (Statistics Canada 2012b). Population density and public transit mode split for work trips were analyzed at the census tract (CT) level, which approximates a neighborhood with a population between 2,500 and 8,000 (Statistics Canada 2012a). Descriptive statistics are presented in Table 1.

The geographic size of CTs varies considerably, from vast suburban CTs spanning several square kilometers in size to tiny tracts in the urban core. This results in some tracts reporting artificially very high population densities, which is partially due to the arbitrary spatial aggregation, also known as the modifiable areal unit problem (Zhang and Kukadia 2005). This article, therefore, computes average densities such that, for each CT, the reported population density is the average density of CTs whose centroids fall within a 1 km radius.

The study applied piecewise (segmented) regression to determine the "knot" or the breakpoint where the relationship between density and transit mode split transforms (Mitchell 2012). The nonlinear model simultaneously estimates the breakpoint and the slopes around it.

If \( y \) is the transit mode split (share of work trips made by public transit), \( d \) is the population density, and \( k \) is the knot, the nonlinear regression model is presented in the following equation:

\[
y = (\alpha + \beta_1 d) \times (d < k) + (\alpha + \beta_1 k + \beta_2 (d - k)) \times (d \geq k)
\]

Equation 1

If the estimate for slope at densities beyond the breakpoint (\( \beta_2 \)) is less than the slope before the breakpoint (\( \beta_1 \)), it is taken as evidence in support of diminishing returns to density.

3. FINDINGS

Using average population density as a regressor, the piecewise regressions estimated breakpoints at 7,763, 8,475, and 7,929 persons per square kilometer for Toronto, Montreal, and Vancouver, respectively (Table 2). The estimated slopes (\( \beta_2 \)s) beyond the breakpoints (knot) are smaller in magnitude than the slopes before the knots (\( \beta_1 \)s), supporting the argument that the strength of the association between population density and transit mode split weakens
Table 1: Descriptive Statistics

| City  | Obs. | Mean | Std. Dev. | Min | Max |
|-------|------|------|-----------|-----|-----|
| Toronto | 1,146 | 25.3 | 14.1 | 0.0 | 68.2 |
| Montreal | 951 | 25.0 | 15.2 | 0.6 | 66.0 |
| Vancouver | 472 | 19.4 | 10.8 | 0.0 | 52.0 |

Transit mode split, work trips (%)

| City  | Obs. | Mean | Std. Dev. | Min | Max |
|-------|------|------|-----------|-----|-----|
| Toronto | 1,146 | 31.7 | 19.3 | 0.0 | 89.1 |
| Montreal | 951 | 34.3 | 22.1 | 1.3 | 94.3 |
| Vancouver | 472 | 28.0 | 16.7 | 0.0 | 78.3 |

Transit + walk + bike trips (%)

| City  | Obs. | Mean | Std. Dev. | Min | Max |
|-------|------|------|-----------|-----|-----|
| Toronto | 1,151 | 5,564 | 6,428 | 0 | 82,434 |
| Montreal | 970 | 5,526 | 5,196 | 0 | 50,278 |
| Vancouver | 478 | 4,604 | 4,928 | 0 | 39,491 |

Pop density (persons per km²)

| City  | Obs. | Mean | Std. Dev. | Min | Max |
|-------|------|------|-----------|-----|-----|
| Toronto | 1,151 | 5,975 | 4,457 | 20 | 30,527 |
| Montreal | 970 | 5,783 | 4,005 | 20 | 14,915 |
| Vancouver | 478 | 5,027 | 4,047 | 15 | 22,406 |

Average pop density (persons per km²)

after the breakpoint and hence the diminishing returns to density. The negative coefficients for \( \beta_2 \) for Montreal (statistically insignificant) and Vancouver (statistically significant) suggest that at very high densities a shift from public transit to nonmotorized modes is likely.

The scatter plots in Figures 1A-C illustrate how the relationship between population density and transit mode split (illustrated with red regression lines) changes beyond the breakpoints, which are represented as black vertical lines with each dot representing a CT. At breakpoints, any further increase in density may not result in higher public transit mode share, although one may still observe an increase in public transit ridership.

Very high population densities in the three cities occur in and near downtowns, which are also major employment hubs resulting in both high population and employment densities. Because of mixed land uses, residents of very high-density neighborhoods could walk or bike to work, as they benefit from shorter commutes. According to the 2016 Census, more than 90 percent of walk commutes between 8:00 and 8:59 a.m. in the three cities were less than 3 km long. One in two walking trips stretched for less than 1 km.

This study tested the assumption that higher population densities in the three cities are characterized by mixed land uses. Thus, at higher densities, one would see an increase in the share of trips made by walking and biking.

The models reported in Table 3 regress the total share of trips by walking, biking, and transit (the sustainable modes) over average population densities. When the three modes are aggregated, the density breakpoints occur at higher densities. In Toronto, for instance, the breakpoint for sustainable mode share
Table 2: Piecewise Regression Models of Transit Mode Split

| Variables       | Toronto                        | Montreal                       | Vancouver                      |
|-----------------|--------------------------------|--------------------------------|--------------------------------|
| Density ≤ 7,763 | Coefficients: 0.00481***       | Coefficients: 0.00461***       | Coefficients: 0.00382***       |
| Density > 7,763 | 0.00015                        | −0.00007                       | −0.00065***                    |
| Constant        | 1.40605                        | 2.03336***                     | 3.05498***                     |
| Observations    | 1,146                          | 951                            | 472                            |
| Adjusted $R^2$  | 0.54                           | 0.74                           | 0.53                           |

*p < .05; **p < .01; ***p < .001.

Figure 1A: Charting the Relationship between Population Density and Transit Mode Split
increases to 9,385 persons/km$^2$ from the 7,763 estimated earlier for transit mode share. This is illustrated in Figures 2A-C, where the new breakpoints are represented by solid vertical lines and those for transit mode split are represented by dashed vertical lines.
Table 3: Estimates of Transit + Walk + Bike Modes for Work Trips

| Variables          | Toronto | Montreal | Vancouver |
|--------------------|---------|----------|-----------|
| Density ≤ 9,385 (β₁) | 0.00534*** | 0.00528*** | 0.00474*** |
| Density > 9,385 (β₂) | 0.00127*** | 0.00375*** | 0.00168*** |
| Constant            | 2.79023*** | 4.25763*** | 5.66877*** |
| Observations        | 1146     | 951      | 472       |
| Adjusted R²         | 0.65     | 0.84     | 0.66      |

Interestingly, diminishing returns also hold for sustainable modes where the coefficients for slope after the breakpoint are smaller than those before the breakpoint, which we take as evidence for diminishing returns. The differences between respective slopes (β₁ − β₂) for the models reported in Tables 1 and 2 are statistically significant at p < .05.

Figures 3A-B illustrate that higher population densities in Toronto occur near subway stations and downtown (blue dots). Also, an increase in densities in CTs near subway stations and downtowns does not result in even higher transit mode splits. The correlation between the two variables is more pronounced for tracts located farther from subway stations and downtown. Thus, increasing population densities in suburban neighborhoods (red dots) and improving service by surface transit would help avoid the pitfalls of diminishing returns, which are more pronounced near transit stations and in the urban core.

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Figure 2A: Charting the Relationship between Population Density and Transit + Walk + Bike Mode Split in the Three Metropolitan Areas

Figure 2B: Charting the Relationship between Population Density and Transit + Walk + Bike Mode Split in the Three Metropolitan Areas

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Figure 2C: Charting the Relationship between Population Density and Transit + Walk + Bike Mode Split in the Three Metropolitan Areas

Figure 3A: Transit Mode Split and Proximity to Subway Stations and Downtown in Toronto

The author is solely responsible for all errors and omissions.
CTs characterized by the distance from central business district

Figure 3B: Transit Mode Split and Proximity to Subway Stations and Downtown in Toronto
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