Understanding the Past to Envision a Sustainable Future: A Social–Ecological History of the Barranquilla Metropolitan Area (Colombia)

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Abstract: Urban growth is one of the major sustainability challenges due to its regional and planetary impacts. In the Colombian Caribbean, one of the most biodiverse places in the world, the Barranquilla Metropolitan Area (BMA) is the main urban agglomeration that has driven landscape transformation. We performed a historical analysis of human–nature relationships in the BMA using a social–ecological approach and the adaptive cycle metaphor to identify the main drivers of change and to point out emergent lessons for sustainability transition. Based on the analysis of existing literature, time series data and ecosystem distribution changes through time, we found that the natural capital has been degraded, human–social capital has had periods of crisis and recovery, while physical–financial capital has increased. The BMA is currently in a highly vulnerable situation and faces great challenges to be sustainable. We discuss the system’s possible future paths: a new collapse due to natural capital depletion, stagnation in a very vulnerable state, or a reorganization. We argue that viewing and managing the BMA as a social–ecological system would contribute to move forward in a sustainable direction.

Keywords: social–ecological history; Colombia; adaptive cycle; social–ecological approach; urban growth; sustainability transition

1. Introduction

Urban growth is becoming an important scientific issue since cities are considered one of the greatest contributors to global change by altering land use and cover, biodiversity, biogeochemical cycles and climate [1]. The large scale of contemporary urbanization process poses a serious challenge but also an opportunity to achieve sustainability [2]. The fundamental importance of urban sustainability for human well-being has been recognized in the global policy arena in the Sustainable Development Goal 11, which calls for “making cities and human settlements inclusive, safe, resilient and sustainable” [3]. By 2050, it is predicted that two thirds of people might be living in towns and cities [4]. An important consequence of these trends is that cities have become the dominant global human habitat of this century [5].

Cities have disproportionate environmental impacts at the local, regional, and global scales that spread beyond their borders [1,6,7]. Urban growth has generated negative impacts such as natural habitat conversion and fragmentation which negatively affects biodiversity [8], and it competes with food production globally [9]. At the same time, cities require productive ecosystems outside their borders to produce the food, the water, and renewable resources that are consumed inside the city [6].
It is not possible to understand the city without considering a wider territory which includes the ecosystems that support city life [10].

The pace of the urbanization process in Latin America and the Caribbean has been very rapid: in 2014, 80% of population were living in urban areas, overcoming Europe (73%), Africa (40%) and Asia (48%) [11]. The urban population in Colombia has increased from 40% in 1951 to 76% in 2010. Unlike other countries in the region, urban population growth is concentrated in four major cities: Bogota, Medellin, Cali and Barranquilla [12].

The Colombian Caribbean, one of the most biodiverse regions in the world, is facing great challenges due to accelerated ecosystem transformations and biodiversity loss [13,14]. Barranquilla, the main city in this region, has driven the major territorial transformations due to its economic dynamics and urban growth. For many reasons, the case study of the Barranquilla is particularly interesting from a social–ecological perspective. Although it shares similarities with other metropolitan areas of Latin America [15,16], Barranquilla has particular characteristics such as being in a key geographical position, having a rich natural capital, enduring a particular colonial history, having a remarkable migratory process and strongly suffering the consequences of Colombia’s political and economic disturbances.

Unlike other approaches that study the processes of change in urban areas from sectorial perspectives (i.e., land cover changes [17,18] or economic and sociocultural [19]); the social–ecological systems approach has been proposed as an integrative framework for understanding the complex human–nature relations in the urban context [5,20,21]. This framework emphasizes the inseparable link between people and ecosystems [22]. Human societies are embedded parts of the biosphere and shape it. On the other way, societies are also shaped by, dependent on, and evolve with the biosphere [23].

Under the social–ecological systems approach, the past events can have large effects on subsequent system dynamics and lay the foundation for future changes [24]. Thus, understanding the drivers of change, defined as any natural or human-induced factor that directly or indirectly causes a change in an ecosystem [25], and how historical dynamics have shaped the current system, can provide insights into how it might be in the future [26].

In this paper, we perform a historical analysis of human–nature relationships in the Barranquilla Metropolitan Area using a social–ecological approach and the adaptive cycle metaphor to identify the main drivers of social–ecological change and provide new insights for a sustainability transition.

2. Study Area

The Barranquilla Metropolitan Area (BMA) is located in the Colombian Caribbean (11°6’24” N, 74°58’52” W, 477 km²; Figure 1) and comprises five municipalities of the Atlantic department: Barranquilla, Puerto Colombia, Soledad, Malambo and Galapa. Metropolitan areas in Colombia are associations of municipalities that are established to regulate issues spanning across jurisdictional boundaries. These legal institutions have administrative autonomy and the mandate to coordinate territorial planning. The BMA was officially formed in 1981.

Barranquilla city is placed at the mouth of the Magdalena River in the Caribbean Sea. The Magdalena River has a length of 1540 km and crosses Colombia from south to north. It delivers the highest amount of freshwater and sediment to the Caribbean Sea [27] and it is considered the main fluvial artery of the country. The BMA climate is arid warm (27 °C mean annual temperature). The precipitations are torrential and scarce (904 mm³/annual) [28]. The relief is flat and undulating, with two morphogenetic units: the tectonic depressions that form hills, plains and valleys and the shores where marshes form [29]. The main natural ecosystems in the study area are: (a) the tropical dry forest (TDF) that originally extended through the tectonic depressions; (b) the Magdalena River and the overflowing plains that form the riverine wetlands; and (c) the estuarine mangroves located in the shores (Figure 2).
Figure 1. Map of the study area.

Figure 2. Ecosystems distribution in historical periods: (a) Pre-Hispanic; (b) Urban decay (1986); and (c) Globalization (2016).

Barranquilla is the core municipality of the BMA, the capital of the Atlantic department and the main Colombian Caribbean city in both demographic and economic aspects [30]. Currently, the BMA population is 2,074,592 people (4.2% of Colombian population), 99% of which are urban inhabitants [31]. Eleven percent of the BMA population belongs to some ethnic group, being 10% black and 1% indigenous. The indigenous people are concentrated in Galapa and Malambo where 28% and 4% of the population censuses in 2005 is considered indigenous. Social conditions in the BMA present a great challenge for the municipal authorities since 21.7% of the population suffer poverty (2.8% extreme poverty), almost six points higher that the main Colombian cities [32]. The Atlantic department’s economy is based on the tertiary sector. In 2015, this sector represented 62% of GDP compared to 36% of the secondary sector and 2% of the primary sector [33].
3. Methods

3.1. Analytical Approach

We used the Holling’s adaptive cycle to analyze the historical paths of the BMA identifying the key events and processes that mark the collapse and reorganization phases. The adaptive cycle is a useful metaphor to understand how complex adaptive systems, structured by social and ecological components, self-organize and change in nested scales of space and time [34–36]. The adaptive cycle attempts to capture the regular cycles of organization, collapse and renewal and has been applied to studying changes in social–ecological systems in various case studies [37–39]. This heuristic model has been described as moving slowly from exploitation (r) to conservation (K) and then moving on to a collapse or release phase (Ω), which rapidly progresses to a phase of reorganization (α) before turning back to exploitation (r) [35]. During the growth and conservation phases, the system’s capitals accumulate. The collapse phase is characterized by changes in the social–ecological system identity (i.e., key actors, system components, and interactions must disappear), involves substantial losses of social–ecological capital and the consequences of collapse must be lasting [40]. In the reorganization phase the social–ecological system regains the organization that was lost in the collapse through adjusting to the changes and beginning a new cycle. We identified cycles of change and transformation in the BMA social–ecological system based on changes found in natural capital, physical–financial capital and human–social capital [41].

3.2. Data Sources

We used different sources of information to identify and characterize the historical periods and the major drivers of change. We analyzed 130 publications spanning the period 1911–2017, consulted experts (historians, anthropologists and archaeologists) and reviewed historical maps. We searched and compiled available time series data related with: Barranquilla human population (census and historic data), Magdalena basin fisheries production [42], Colombian Caribbean cattle herd size [43,44], and Atlantic department GDP [33]. Additionally, changes in ecosystems distribution through time were analyzed. The pre-Hispanic ecosystems distribution was inferred based on the Colombian morphogenetic systems map [29] and a historical map of 1780 [45]. We built land cover maps of 1986 and 2016 using Landsat TM+ (1986) and OLI/TIRS (2016) satellite images (path/row 53/9 and 52/9), with a spatial resolution of 30 m. Landsat images were classified applying a supervised classification (maximum likelihood) to obtain land cover maps at 1:100,000 scale, using Envi 5.0 software (ESRI, New York) and then exported to ArcGis 10.1 (ESRI, New York) for further analyses [46]. Land covers were grouped into broad ecosystem types: TDF, Magdalena River and wetlands, Estuary and mangroves, and Urban. Despite the controversies on how to define the urbanization process [47], we adopted a practical approach in which the term “urban growth” was used to express the spatial expansion of urban land. This “urban land” category includes territories cover by urban, commercial and industrial infrastructure, according to the Corine Land Cover methodology adapted to Colombia [48].

Based on all this information, each of the historical periods was characterized in terms of main drivers of change, status and trends in ecosystems, socio-cultural and human well-being variables, ecosystem services supplied, and multi-scale institutional or policy frameworks that influence the dynamics of the social–ecological system.

4. Results

We summarize the historical social–ecological profile of BMA into five major periods: (a) pre-Hispanic; (b) Spanish conquest and colony; (c) Republic formation and economic growth; (d) urban decay; and (e) globalization (Table 1).
Table 1. Summary of the historical periods and major events that have driven the BMA social-ecological changes.

| Historical Period | Major Events | Social–Ecological Effects |
|-------------------|--------------|---------------------------|
| Pre-Hispanic (?–1532) | Malambo indigenous livelihoods depended on a mosaic of ecosystems | • Minor impact on TDF for agriculture |
| Spanish conquest and colony (1533–1820) | The Spaniards imposed a new territorial organization: the encomiendas | • TDF deforestation for agriculture and livestock. • Introduction of foreign species. • Indigenous collapse and loss of local ecological knowledge. • Fundamental change in the human–nature relationship towards ecosystem exploitation to produce wealth |
| Republic formation and economic growth (1821–1957) | After independence, the territory is reorganized in the current departments and municipalities. Population and economic growth. Barranquilla industrial city and cattle ranch exploitation consolidated | • Intense TDF deforestation for livestock and wood use. • Introduction of African pastures and negative effects on biodiversity. • Pollution of the Magdalena River and wetlands. • Mangrove forest destruction. • Population growth and cultural diversity increased due to national and foreign immigrants |
| Urban decay (1958–1989) | City crisis due to the port decline and the massive rural-urban migrations | • Magdalena river sedimentation • Steep population growth • Proliferation of slums on areas that were originally occupied by TDF • Quality of life diminished • TDF deforestation continued |
| Globalization (1990–today) | Neoliberal model implantation, new Colombian Political Constitution, economic recovery | • Public services improvement • Segregated city model • TDF deforestation for urban growth • Industrial parks and free trade zones expansion over rural soil • Magdalena river sedimentation, pollution and fishing decline |

4.1. Pre-Hispanic Period (?–1532)

In the territory that is now the BMA, there were indigenous peoples in Malambo, Barranquilla and Galapa (Figure 2a). These settlements belonged to the Malambo tradition [49]. The oldest archaeological site was found in Malambo (1120 BC). Archaeological evidence shows indigenous livelihoods associated with Magdalena wetlands and TDF ecosystems used for fishing and hunting and the cultivation of bitter cassava (*Manihot esculenta*). It has been proposed that the first trials of horticulture in Colombia started here [49]. Cassava as a crop requires dry soils [50]; thus, these crops were grown on TDF soils. With the use of fire and macana (polished stone ax) to open clearings in forests and make space for crops [51], it began the human footprint on the TDF. However, the impact was concentrated in the immediate vicinity of the denser settlements [51]. The Malambo wetland must have been an important reserve for semi-aquatic bird hunting and fishing [49].

The history of Barranquilla indigenous occupation is still being written. Recently (June 2017) researchers announced the discovery of human and wildlife remains at the Barranquilla downtown.
With the indigenous collapse, much of the ancestral knowledge related with ecosystem management was lost. There was a fundamental change in the human–nature relationship: from ecosystems use for maintaining livelihoods to ecosystem use and transformation to produce wealth. This implied extensive clearings to establish pastures for cattle and horsestock and also for wood extraction. According to the historical archives, during 1561 the indigenous of Galapa, made the indigenous of his encomienda—work by cutting “montebravo” (dry forest) to sow maize and cassava [51]. At the end of the eighteenth century, there had already been extensive exploitation or growth, (Ω) collapse or release and (α) exploitation or growth, (Ω) collapse or release and (α) reorganization.

Under the Spanish regime, some indigenous population nuclei disappeared (due to population transfer to other encomienda, or the severe demographic crisis); however, some settlement heads of encomiendas survived (e.g., Galapa and Malambo, which are today municipal capitals). The Kamach Indians of Barranquilla were given in encomienda in 1544, those of Malambo in 1555 and those of Galapa before 1551, while Soledad began its existence as a pig farm owned by a Spaniard in 1598 [54].

During this time, maize crops and cattle herds brought from Spain were stablished on TDF areas. During this time, maize crops and cattle herds brought from Spain were stablished on TDF areas. The arrival of the Spanish conquistadors to the “Tierrandentro” territory, name given to the north part of the Atlantic department, marked a profound social–ecological change (Figure 3). The indigenous system collapsed and gave way to the colonial system. In 1533, the conqueror Pedro de Heredia arrived on the Magdalena River coast where Barranquilla is today [51]. From 1538, the Spanish crown authorized the distribution of indigenous people and taxation, thus establishing a noble society based on the encomienda institution to ensure the extraction of surpluses from indigenous agriculture [53]. For the original Colombian peoples, the encomienda meant a severe restriction in all orders of life, i.e. freedom of movement and food gathering [54]. It is estimated that on the Colombian Caribbean coast an indigenous collapse occurred where only 10% of the original population survived [43]. With the indigenous collapse, much of the ancestral knowledge related with ecosystem management was lost. There was a fundamental change in the human–nature relationship: from ecosystems use for maintaining livelihoods to ecosystem use and transformation to produce wealth.

Figure 3. Historical periods, main events and processes of the BMA. showing social–ecological changes over time according to adaptive cycles. The main events and processes are placed in the specific phase of the historical adaptive cycles: (α) exploitation or growth, (Ω) collapse or release and (α) reorganization.

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Between 1627 and 1720, the Hacienda San Nicolas was established in Barranquilla. The hacienda’s landscapes were covered with dry forests and mangroves in the north. The main economic activities were the maize and cassava cultivation, extraction of wood and salt, cattle breeding and river trade [51]. Over time, the hacienda was transformed into a village or “free site” known as the “Barracas de San Nicolas”. By allowing its workers to build their homes within the hacienda boundaries and with the arrival of mestizos and indigenous, the first urban nucleus was formed by 1681. Not being under Spanish rule, as was Cartagena and Santa Marta, the free population began to grow in an environment of coexistence and tolerance, which would characterize the Barranquilla identity [55].

In 1813, Barranquilla received the recognition of “Villa” for its support to the independence movement. During the colony, there was an urban and literate social group, the Creoles, who promoted the expulsion of the Spaniards [56]. With the definitive independence in 1821 a new cycle in the history of the BMA began (Figure 3).

### 4.3. Republic Formation and Economic Growth (1821–1957)

The independence from Spain began the long process of Republic formation. From being a humble village, during this period, Barranquilla became the most important port both on the Caribbean and on the Magdalena River, and a regional center for the development on the Atlantic Coast [57]. The privileged geographical location of Barranquilla, the expansion of foreign trade and the development of steam navigation promoted the city’s development.

After the independence, the Barranquilla Creoles elite demanded its political autonomy with respect to Cartagena, obtaining its definitive separation in 1910 with the Atlantic department designation with Barranquilla as its capital. The independence wars left Colombia in an economic crisis and thus the country sought the insertion in the international market with tobacco and coffee exports [58]. As the economy began to grow so did the population (Figure 4a) and the demand for meat and leather. This encouraged farmers to expand their herds and required new paddocks creation [59]. The introduction of African pastures facilitated the establishment of grasslands for their ability to out-compete weeds and prevent the forest from regenerating [60]. As the cattle industry prospered, TDF were largely removed by burning and clearing the land to become pastures [57,60].

Cattle industry was the mayor economic activity of the Caribbean region. Through this period cattle industry grew steadily (Figure 4b) integrating the region into a wider national and international market [57]. Livestock farms near Barranquilla were established on the Magdalena River margin, from the city to the south. The ranchers exerted pressure on the Malambo and Galapa *resguardos* with the interest of appropriating their lands [61]. In 1927, the Galapa *resguardo* was declared extinct. The Malambo *resguardo* had the same fate. However, the few BMA indigenous people have maintained a legal war since 1830 for the Colombian government to recognize their rights [62]. Barranquilla growth was benefited from cattle industry. Cattle traders invested in urban development and in the emergent industrial sector [57].

The city economic growth was also promoted by the Colombian Government, which allowed the steam navigation on the Magdalena River (1824) and the exports by the Sabanilla Sea port (1849). The steam navigation flourished in Barranquilla between 1824 and 1930; in 1928 there were 133 steam boats sailing the Magdalena waters [57]. For the maintenance of the boats it was necessary the use of large quantities of firewood, exclusive fuel of river steams [63]. Likely, firewood was obtained from TDF.
Figure 4. Time series data related with the Barranquilla Metropolitan Area (BMA): (a) Barranquilla human population (1777–2017) (Census and historic data); (b) Colombian Caribbean cattle herd size (1600–2009) [43,44]; (c) Magdalena basin fisheries production (1975–2008) [42]; (d) Atlantic department Gross Domestic Product (2000–2015) [33].
In the middle of the nineteenth century, Barranquilla became the obligatory route of the exports of tobacco and coffee to the European markets. The products arrived from the Colombia interior through the Magdalena River to the fluvial port of Barranquilla. From there they were transferred in small boats through difficult estuary channels to Sabanilla. When the cargo amount increased, the National Government decided to build a railroad that would connect the river port with the Sabanilla port (Figure 5). In 1871, the Bolivar Railway was inaugurated. However, Sabanilla port did not possess an appropriate harbor, so the railway was extended to Puerto Colombia, where a 4000 ft pier was built in 1893 [57]. During the pier construction, the Puerto Colombia village consolidated (the village was founded in 1888). Through this port arrived a wave of European and Asian immigrants who found in Barranquilla a suitable place to do business and prosper. Immigrants energized industry and made Barranquilla a modern and cosmopolitan city [64,65].

![Figure 5. Map of the north of the BMA showing the location of the sites discussed in the republic formation and economic growth period (1821–1957).](image)

The construction and maintenance of the railroad had a negative impact on the TDF because materials were taken out of the neighboring railroad forests and those of the nearby areas. “In the half-century that passed while operating this company (until 1936) thousands of “polines” or sleepers of wood were needed to replace those that were damaged” [66]. By 1906, about 60% of the country’s foreign trade took the Barranquilla–Puerto Colombia route [57]. These favorable economic circumstances promoted a great commercial and industrial boom that favored Barranquilla population expansion (Figure 4a) and urbanistic growth. Between 1918 and 1938 Barranquilla had the fastest-growing population among the mayor Colombian cities. This growth was due to migratory movements and the city opportunities to offer work [67]. During this period the city was modernized, improving the provision of public services, developing banking services, as well as being a pioneer in commercial aviation throughout America. All these advances in urban development made Barranquilla deserve the appellation of “Golden Gate of Colombia” [57]. Nevertheless, urban growth was not planned and the city grew without any order.

Barranquilla’s industry expanded during 1930s and 1940s, which made it the third largest Colombian industrial center [57]. The industries produced textiles, processed food and beverages [68]. However, unplanned urban growth produced pollution of the Magdalena wetland and streams, causing unhealthy conditions for the population and constant epidemic outbreaks [69].

The agriculture and fishing also developed although to a lesser extent, both activities associated with the Magdalena River [70,71].
In 1936, the Bocas de Ceniza jetty and the Barranquilla sea harbor were officially open giving to Barranquilla the double condition of river and seaport [57]. However, this led to a drastic transformation of the estuarine and mangrove ecosystems, the disappearance of islands at the mouth [72] and the deterioration of the Mallorquin marsh [73].

“In the vicinity of Bocas de Ceniza . . . existed until about twelve years ago (1935) an extensive and dense mangrove forest that covered about 10–12 km$^2$ of marshes. Today they have disappeared in those places, remaining only thousands of scant trunks . . . the construction of the stone dam . . . completely closed the water passage to the estuaries. For this reason, they have been drying up little by little.” [73]

The lack of river channel maintenance caused problems to the performance of the port since 1940s [57]. This problem and the massive rural–urban migration caused a city crisis and led to the next historic social–ecological period (Figure 3).

4.4. Urban Decay (1958–1989)

From 1958, Barranquilla began to suffer an industrial, commercial, social and political crisis [74]. The causes were multiple. On the one hand, the Barranquilla port entered in a decline phase as exports and imports were drastically reduced. The sedimentation of the Magdalena River, product of the deforestation of mountain areas in the interior of the country [14], caused several temporary port closures [75]. The Panama Canal opening had encouraged the rise of the Pacific port of Buenaventura, which gradually displaced the Barranquilla port in importance [57]. The city industrial development was marked by port development, not by the demand for goods from the rest of the territory. Barranquilla grew as a settlement with very weak relations with the rest of the territory. Rural areas were dominated by extensive cattle ranching, with very little labor demand and thus a narrow market for the city’s industrial products [76]. As the port fell, industry declined and the economy went into crisis [74]. Another cause was the massive rural–urban migrations that occurred throughout the country. The violence (1946–1965), a period of political chaos, resulted in 3 million peasants migrating from the countryside to urban areas [77].

As a result, slums expanded through Barranquilla. Between 1957 and 1982, 21 illegal settlements were created [75]. The city expanded 3672 ha between 1957 and 1993, 63% of which was informal growth [67]. The population grew steeply (Figure 4a). This produced the conurbation of Barranquilla with Soledad (Figure 2b). Most of the growth occurred in the southwestern part of the city over shrubs and grassland areas [78] that were once TDF. The soil instability of those areas, product of geological conditions and deforestation, the lack of sewerage and the urban occupation of the streams later caused the collapse of residential sectors [79]. The city could not accommodate the arriving population. This led to the deterioration of public services provision and the quality of life. The 36.5% of the population suffered poverty and 15.7% extreme poverty (1985), values higher than those of Bogotá, Cali and Medellín [75]. Unemployment and informal employment increased. Although there was a Regulatory Plan (1957) that sought to regulate urban growth, it was not implemented [75]. In 1981, the Metropolitan Area of Barranquilla was created as an entity that seeks to harmonize the growth of municipalities, but its weak governance did not contribute to improving the situation.

In this period TDF deforestation continued, both for the growth of the city and for wood extraction. Dugand [68] described that the few remaining patches of forest were isolated, unconnected, and extremely degraded by the action of the peasants, who exploited them by drawing wood and making charcoal, consumed in many thousands of homes in the city of Barranquilla. The next period will begin with globally induced economic changes (Figure 3).

4.5. Globalization (1990–Today)

In the 1990s, a slow economic recovery of the BMA began. The Colombian adoption of the neoliberal economic model and a new Colombian Political Constitution (1991) changed the framework conditions of the BMA.
The new Constitution promoted administrative decentralization, with greater political and planning autonomy for municipalities, and the direct election of mayors. In 1993, Barranquilla was organized as a “Special, Industrial and Port District”, administrative status similar to the departments, which allowed the access to more of the Nation’s economic resources. The decentralization processes promoted the elaboration of municipal territorial plans (POT, in Spanish), that regulate the land-use categories. Barranquilla formulated the first POT in 2000 and revised it in 2012. The other BMA municipalities have their own plans in different update levels. In 2013, the BMA formulated the “Metropolitan Agreement” as the main planning instrument at the metropolitan scale, in harmony with the municipal POTs. The governance of BMA as an institution has been weak [80] but it is currently in the process of strengthening [81].

The neoliberal economic model has conditioned the BMA territory for foreign investment with poor results [82]. With the signing of the Free Trade Agreements (FTA) (1994–2012) it was expected that all economic activities would relocate in cities close to the sea (i.e., Barranquilla) but this has not yet happened at the expected pace [82]. The FTA with the United States, in force since 2012, has been questioned because of its negative effects on peasant economies, intensifying the crisis in the Colombian countryside [83,84]. In contrast, the FTA with the European Union, in force since 2013, excluded from the agreement some agricultural products (such as corn, rice, pork and poultry) to protect national production [85]. The expansion of free trade zones in the BMA (Law 7 of 1991) [86] has been a major consequence of these FTA that ultimately seek to expand trade between countries. Free trade zones are private areas, with large tax benefits that have fostered important land use changes in the municipalities of the BMA. The Galapa and Malambo POTs have favored the industrial parks and free trade zones expansion, affecting the rural soil. The Barranquilla rural area has also undergone changes due to the abandonment of agricultural activities and the progressive location of factories related with construction industry [87]. The effects of globalization in BMA have been mixed: the infrastructure has improved but the unemployment rate and poverty are still high and the department’s economy has advanced to the tertiary sector [82].

A new political movement ruled in Barranquilla between 1992 and 2008. It enhanced the delivery of public services to the poorest sectors of the population. Since 2008, the city’s economy has started to improve due to the growth of the construction sector and the investment in public infrastructures [88]. This progress was due to a new model of city management in which the Barranquilla elite regained political power (2008–today) to achieve a “competitive and integrated city on the global economy” [87]. The urban center renovation and the construction of public infrastructures on the Magdalena River bank have the objective of making the city the “Golden Gate of Colombia” that was in the republican era [87]. However, the renovation process has received some criticism considering the displacing of the poor population who lived and survived in these places [89].

The economic recovery is also evident in the urban growth of the northern area of Barranquilla and Puerto Colombia over littoral ecosystems originally covered by TDF. There, shopping malls, gated communities and private hospitals have been built for the middle and upper social classes. This area constitutes the “new Barranquilla” that is perceived as the modern, clean and organized area of the city, in contrast to the older neighborhoods that look dirty and chaotic [90]. The recreational options for the population improved as new parks and green spaces were built. However, a low percentage of the Barranquilla population benefited from these developments as they were mostly concentrated in the northern zone [90]. This increased the pattern of a segregated city, with a rich north and a poor south.

This spatial pattern of population segregation is supported by studies on the distribution of poverty and violence. The southwestern and southeastern localities of Barranquilla show a clear pattern of concentration of the poorest, least educated population, with informal jobs [91] and having higher rates of homicide cases [92]. It is noteworthy that the population of the southwestern zone has also suffered from being located in an area of serious threat of landslides [87]. As mentioned before, this zone was urbanized over areas that were cover by TDF. Thus, in Barranquilla, at least in the southern areas, deforestation, urbanization, violence and urban poverty spatially converge.
The southern area of Barranquilla and Soledad has received the majority of the armed conflict displaced population that has reached the BMA. According to official data, in the period 1990–2016, the BMA has received a total of 214,995 displaced people (10.4% of the BMA population) [93]. The BMA has acted as a receiving territory because the conflict’s level here has been lower compared to other areas of the country. However, it must be noted that Barranquilla, as a port, has been a place of dispute between illegal groups for the control of arms smuggling and drug trafficking and has suffered from paramilitary groups actions [94].

In this period, the Magdalena River wetlands, TDF and rural areas have been negatively affected by industrial facilities location in Galapa and Malambo, the construction boom in Barranquilla and Puerto Colombia and the urban growth associated with the arrival of displaced population mainly in Soledad and Barranquilla (Figure 2c). In the Magdalena River, sedimentation rates have increased, threatening the Port’s viability and increasing the flooding risk [27]. Fishing has been sharply reduced (Figure 4c) and the contamination continues without a solution [95].

This globalized metropolitan area, based on high public–private investments for urban renewal and the incorporation of the territory to the global market, is growing economically (Figure 4d) but clearly at the expense of the deterioration of its ecosystems. The BMA natural capital is highly degraded as a product of the drivers of change that have been described above. Nearly 80% of the BMA area has some degree of desertification [96] and is highly vulnerable to climate change [97]. In addition, the Magdalena River has high levels of pollution [95] and the Barranquilla city only has 0.89 m² of green space per inhabitant [87] in comparison with the international recommendation of 9 m² per inhabitant (World Health Organization-WHO).

5. Discussion: Future Pathways for Sustainability Transition

The future of a social–ecological system, such as the one described in this study, is not easily predictable and is full of uncertainties [35,98]. Our historical analysis revealed that the BMA territory faces great challenges to be sustainable, resilient and to bring well-being to its inhabitants. As a result of the nature–society interactions that have historically occurred in BMA, the natural capital has degraded notably, physical–financial capital has increased and the human–social capital has had periods of crisis and recovery (Figure 6). In this section, we discuss some possible future pathways that the BMA could follow in view of its past development trends.

![Figure 6. Hypothetical changes in natural, physical–financial and human–social capitals throughout the historical periods in the BMA social–ecological system.](image-url)
It is possible that a new collapse of the system will occur in the future due to the current depletion of its natural capital (black dashed arrow in Figure 3). As the collapse phase involves substantial losses of social–ecological capital, it is foreseeable that in the new collapse there will be decreases of the human–social and/or physical–financial capital, with undesirable consequences.

Otherwise, the system could remain in a very vulnerable (k) phase of the adaptive cycle. This vulnerability would be determined by the city’s dependence on distant ecosystems for the provision of some ecosystem services (e.g., the need to supply local fishing with species brought from other continents). Likewise, Barranquilla is one of the coastal cities most vulnerable to flooding related to climate change [99]. Mangrove ecosystems fulfill the function of coastal protection [100], so their destruction and transformation accentuate the BMA vulnerability to the effects of climate change. In the face of future and unknown disturbances a highly vulnerable system could collapse [35].

Avoiding a new collapse will require making changes at strategic points in the system to move towards a more sustainable and resilient state [101]. This alternative future scenario is represented in a red dashed arrow in Figure 3 and implies a reorganization of the system without going through a collapse phase.

We argue that viewing and managing the BMA as a social–ecological system would contribute to move forward in a sustainable direction. The social–ecological framework calls for an integrated vision of the territory, in which the interaction between the ecological and the social domains is mediated by the ecosystem services and the governance system [23].

For this reason, the necessary changes should consider both ecological and social domains and the interaction between them at multiple spatial scales. In the ecological domain, it is imperative to restore, conserve and value the natural capital. In the social domain changes in people sense of belonging to the territory (place attachment) must be encouraged, along with severe changes in consumption and production patterns. Abundant literature on urban and planetary sustainability call for the urgent need to reconnect with nature and for humanity to become nature stewardship [102,103]. New policies that foster environmental education and interdisciplinary science will fertilize the path to a sustainable transition.

In the interaction between social and natural domains, changes in the governance system that allow managing the natural capital for human well-being are essential. Barranquilla should lead a new process of social–ecological planning of the territory that takes into account the ecosystem services that contribute to human well-being [46]. By making more explicit human–nature links and the benefits that people derive from ecosystems, research and mapping on ecosystem services and their incorporation into planning instruments (e.g., POTs and Metropolitan agreements) could help materialize this idea. Furthermore, an adaptive governance scheme that promotes the re-organization of a social–ecological system implies establishing new institutional arrangements and the active collaboration across diverse interests and sectors [104]. The coordination of planning and development policies among the municipalities of BMA will be a necessary first step, taking into account the current differences in the municipal urban political agendas [105].

Transitions towards a more sustainable future will require fostering social capital and promoting effective social participation in ecosystem management decisions [106]. The social–ecological approach has been successfully used to guide projects that foster participation and social enrollment in ecosystem management [107]. Social learning and exchange of information between stakeholders are common elements to ensure meaningful participation [107]. Even though the Colombian law considers social participation as a fundamental requirement in land use planning and management, the real application of participatory processes has resulted in more failures than successes [108]. In Barranquilla, social participation in the POT development failed, mostly due to civil society’s fear of participation in the violent context and the lack of trust in institutions [108]. Finding ways to strengthen civil organizations and empower them to participate, in a context of change and vulnerability such as that of BMA, will be essential to move towards sustainability.

Finally, despite the huge challenges ahead [13,109], the Colombian peace process that is underway also opens a window of opportunity, by proposing a comprehensive agrarian reform that will improve people life in the countryside and thus improve rural–urban relationships. This scenario of change opens the possibility of rethinking the territory for human well-being and not only for economic growth. However, advances in research and policy will not be enough to face the upcoming challenges without
also rising a renewed ethic of respect for the most disadvantaged actors in the BMA social–ecological history: indigenous and black people, peasants, urban poor and, of course, nature.

6. Conclusions

The social–ecological history of the BMA, explored under the lens of the adaptive cycle metaphor, revealed four cycles of organization, collapse and renewal that have led to a state of high vulnerability to future drivers of change, mostly due to the extreme degradation of the BMA natural capital. Avoiding a new collapse will require fostering changes in different parts of the social–ecological system to move towards a more sustainable and resilient state. Analyzing human–nature relationships and the historical transformations of an urban territory from a social–ecological perspective, as we have done, could be a useful tool to explore the future of other cities that face similar challenges in relation to the degradation of their natural capital. Likewise, this approach, can serve as a basis for initiating a social process of discussion about the desired future and the strategies that must be implemented to redirect the current path and improve urban sustainability.

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