Potential Application of Green Composites for Cross Arm Component in Transmission Tower: A Brief Review

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Recently, advanced technologies exploit materials from nonrenewable resources such as petroleum, natural gas, metal ores, and minerals. Since the depletion of these resources and environmental issues, it has brought attention to researchers to progress in the development of biodegradable materials from green composites. Most biofibres and biopolymers are obtained from agricultural waste products either from stem, leaf, stalk, or fruit. Nowadays, green composites with well-regulated life span have been widely discussed in numerous fields and applications. Some studies have shown that biofibres and biopolymers have comparable mechanical, thermal, and physical properties with glass fibre and other synthetic polymers. Thus, researchers are progressively narrowing down the development of green composite materials in many high strength applications, such as house deck and automotive components. This review focuses on the background of green composites (natural fibres and biopolymers), the manufacturing processes, potential applications in cross arm structures, and testing evaluations. This article also focuses on the specific current cross arm configurations and the pultrusion process to form squared hollow section beams. Many open issues and ideas for potential applications of green composites are analysed, and further emphases are given on the development of environmentally friendly material structures. Hence, the article is expected to deliver a state-of-art review on manufacturability and perspectives of natural fibre reinforced biopolymer composite cross arms for transmission towers.

1. Introduction

Currently, the growth of environmental concerns in manufacturing new materials among researchers and corporate sectors has increased; thus, the idea is to substitute the current material with more environmentally friendly fibres and resins [1, 2]. Petroleum has been widely used for decades in order to power various transportation systems and also to produce many synthetic plastics such as polyester. However, they can last only for another 5–6 decades at the current rate of global consumption [3]. Another issue associated with petroleum consumption is the emission of greenhouse gases, such as methane and carbon dioxide, which contribute to global warming [4]. This issue has increased awareness of
the finiteness of fossil energy resources, leading to the development of new materials that are entirely based on renewable resources. Mass production of petroleum plastics has also lead to a significant reduction of landfill capacities across the globe. This issue has led many nations to create new legislations and laws regarding plastic waste control, which educate the society to be more conscious on environmental issues. Subsequently, this phenomenon will drive many manufacturers and retailers to capitalise their finance on the development of green and sustainable products with acceptable costs to reduce the impact of global warming. Thus, the rising awareness among the public on the abundance of synthetic plastics as well as their effects towards the environment has brought an urgency to develop a technology based on biodegradable materials with acceptable properties [5].

In order to fabricate materials from used products, consumption of energy, raw materials, and cost would increase. Thus, several actions have been taken by scientists to find suitable alternative material sources. Renewable resources such as plants, animals, and minerals are the advantageous alternative sources on the condition of subsequent processing with low energy requirements [6]. A solution to the aforementioned statement is implementing naturally available fibrous resources from agricultural wastes. On top of that, plants could benefit the urban society in many ways, including as energy-saving structures in building structures and thermal insulation. In this case, there are several advantages of applying plant fibre in structural composite applications, such as thermal regulation of structures, protection from weather, and protection from direct sunlight. To ensure the advantages are grasped accordingly, it is necessary to consider suitability of the structures, types of plants, and locations in the plants, as well as questions of keeping the plants [7–10]. Thus, from the above statement, the plants’ waste products not only can be harvested to become new materials but also can act as a sustainable and energy-saving agent for urban building environment.

Previously, the aviation industry was the first forerunner of producing polymeric composite products [11]. This material has been implemented in various applications including the energy sector due to its ability in high mechanical strength and stiffness as well as lightweight property [12–14]. These applications include the application of pultruded E-glass fibre reinforced unsaturated polyester cross arms in transmission towers [15] and wind turbines [16]. Specifically for cross arms, the pultruded glass fibre reinforced polymer (PGFRP) composite is the most suitable material next to Chengal wood due to its ability to arc-quench lightning strikes [17]. Moreover, the PGFRP cross arms are able to withstand constant loading of insulators and cables in long term [18, 19]. The synthetic polymeric composites have caused many major problems especially in recycling at the end of their life span. Moreover, the implementation of landfill disposal of used synthetic polymeric composites is not a suitable option due to the growth of environmental awareness among the society. This has pushed the government in implementing stricter regulations and law of landfill disposal [20]. In order to solve this issue, the application of alternatives for petroleum-based composites, such as renewable composite materials, has shown a significant effort to improve the current environmental quality [21, 22].

Green composites are the next generation of biocomposite material where natural fibre reinforced biodegradable polymer forms a lightweight and strong structure material [2, 23]. Hence, this review article focuses on the potential of natural fibre reinforced biopolymer composites (NFRBCs) in a cross arm structure for transmission tower application. NFRBCs or green composites could potentially replace the current synthetic composite in cross arm application due to their properties including high mechanical strength and excellent biocompatibility, and they have gained more attention and a growing field in material technology. A general review on green composites composed of plant fibre and bio-plastic was done by several researchers [23–26]. Although there is a numerous amount of literature available on bio-based composite materials, there is lack of extensive review articles that specifically focus on manufacturability and application of green composites for cross arm beam application. This work highlights on the current research that has been carried out in the field of green composites. Further elaborations on the natural fibre, biopolymer, manufacturing process of green composites, and its potential applications on cross arm structures will be discussed in the subsequent subtopics.

2. Green Composites

Composite materials are divided into several classifications, such as (1) fibre reinforced composites, (2) particle reinforced composites, and (3) structural composites [20]. Green composites are one of the subsets of composite materials composed of both fibre and polymer originating from nature or recycled resources [27]. These materials include plant fibres, such as flax, kenaf, sugar palm fibres, recycled wood, or even waste paper-based fibres [28–31]. In order to select the most appropriate biofibre and biopolymer in a composite, several factors are essential to be fulfilled including tensile stiffness and strength, fibre treatments, thermal stability, elongation at failure, and fatigue and creep resistance properties [32–35]. For green composite products, they can be fabricated through various processes which employ the analysis and optimization methods in composite technology. The processes include mixing, wetting, and saturating the fibre and resin together in order to achieve better bonding of firm composite structure. This would later contribute to better mechanical performance, thermal stability, and heat reaction [21, 28].

The current applications of natural fibre reinforced biopolymer composites are emerging in many sectors. Table 1 shows the progresses of green composites in many sectors including transportation, construction, sports, electronics, household, and material handling and storage [24, 36]. In addition, the rising demands for the advanced materials with tailored physical and mechanical properties have made the natural fibres as the most attractive composite materials for high-performance applications.

2.1. Natural Fibre: Plant Cellulosic Fibre. Rapid depletion of fossil fuel resources alongside the growth of environmental
Currently, many developers and scientists have narrowed the awareness due to excessive production of man-made fibres is the main drive to substitute them with natural fibres as green composites. The natural fibres have attracted the researchers and industries, since it is sustainable in nature. These fibres are categorized based on their origins, such as plants, geological processes (mineral), and animals [37, 38]. Among these natural fibre origins, the plants are most widely implemented as reinforcement in composite materials. Figure 1 displays the classifications of natural fibres.

Nowadays, plant-based fibres have progressively replaced synthetic fibres as reinforcement agents in composite materials for various industrial applications and household products. This is due to researchers’ and manufacturers’ interests with the ecological advantages and low capital cost during manufacturing process [39–41]. These fibres have extra advantages over synthetic fibres, such as cheap, high strength, ease of handling, low fossil-fuel energy requirements, and can deliver high mechanical properties. A report from Karus [42] discussed on $4.3 \times 10^6$ kg of cellulosic fibre being utilized by the automobile industries every year as reinforcing agents in composites. For plant fibre, they are divided into several types depending on where they are extracted. Figure 2 displays various subdivisions of plant cellulosic fibres [30].

The increasing usage of plant-based fibres can be attributed to their affordability, availability, biodegradability, renewability, recyclability, and processability [43–45]. Additionally, plant fibres can also benefit the composite industry in many ways, such as permit better tensile strength and stiffness, good insulation performance, lightweight, consume less energy during fabrication, and less health risk especially respiratory diseases [46, 47]. Based on the aforementioned statements, most plant-based fibres demonstrate that they are the prominent candidates to substitute man-made (synthetic) fibres in most sectors in the composite industry. Table 2 shows the comparison between plant-based fibres and man-made fibres.

All mentioned plant fibres are termed as nonwood fibres. Currently, many developers and scientists have narrowed the implementation of nonwood fibres to assist the effort of preventing deforestation. In this case, the depletion of wood timber in wood-plastic composites for construction has caused a massive destruction of biodiversity. For example, Malaysia has reported that around 14.4% of its tropical forests have been lost from 2000 to 2012, in which the land area covers about 47, 278 km² [48]. Thus, the application of nonwood fibre seems to be a solution for this issue to substitute synthetic fibres. These nonwood natural fibres have good comparable values with synthetic fibres such as glass fibres. Table 3 depicts the comparison of tensile properties of glass fibres and other well-known natural fibres.

However, the main problem associated with plant fibre–green composites is low thermal stability in order to be applied for engineering applications. Hence, it is essential to improve the thermal stability of plant fibres using modifications to produce better performance of green composites to be used in wider applications. According to Ramesh [49], the dynamic mechanical properties and thermal stability are dependent on the fibre weight fraction of the composites. Meanwhile, the modified plant fibre–based green composites that show losses of modulus peaks are widened due to improved fibre/matrix adhesion [50]. In another study conducted by Belhassen et al. [51], thermal behaviour of the improved green composites was comparable with the synthetic fibre composites. This can be proven based on their morphological analysis which depicted that the interaction between untreated plant fibres with their matrices was poor due to the occurrence of fibre debonding, fibre pull–out, matrix fracture, and fibre fracture.

### 2.2. Biopolymer

Polymer is a chemical substance made up from a number of repetitive subunits. According to Ramesh [52], the exploitation of biopolymer is the most prominent aspect compared to plant fibre to ensure environmental sustainability. Since they have a wide range of behaviours, both synthetic and natural polymers are vital materials in many sectors from the industrial scale to household products [53]. In general, plastics are composed of a long chain of polymers formed by the addition of polymerization reactions and condensation processes [54, 55]. From these processes, they can be formed either in thermosetting or thermoplastic polymers. These polymers are obtained from petroleum-based (synthetic polymer) and renewable-based (biopolymer) resources. Bio-based plastics are made up from renewable and natural resources such as plant oils, latex, starch, and animal fats. On the other hand, biodegradable plastic means that it can be decayed by action of living organisms (fungi and bacteria) into water, carbon dioxide, and biomass. Figure 3 shows the demonstration of conventional and bio-based polymer.

| Sector                                | Application                                                                 |
|---------------------------------------|-----------------------------------------------------------------------------|
| Electronics                           | Laptop cases and mobile                                                     |
| Sports                                | Door panel, engine rubber insulation, engine cover, floor mat, dashboard, car spoiler, hand-brake, steering, pedal components, parcel shelves, interior carpet, and body panels |
| Transportation                        | Bridge, railing, false ceiling, partition boards, windows, door frames, mobile structures, wall, and floor |
| Building and construction             | Mug pad, chairs, coffee table, shoe rack, suitcases, food tray, partitions, safety helmet, ropes, fencing elements, showers, bath units, and pipes |
| Household                             | Post-boxes, biogas containers, fuel container, and storage silos             |

### Table 1: Common applications of natural fibre reinforced composites in various industrial sectors [100–108].
Typically, polymer has a significant ability to resist chemical reaction as well as both electric and thermal insulators. They are also lightweight which also possess good mechanical properties in terms of stiffness and strength. Table 4 shows the list of mechanical and physical properties of bio-polymers and synthetic polymers. On top of that, they can be manufactured in various ways either in open or closed moulding techniques. They have a limitless range of characteristics and colours, and they can be used to produce items that have no alternatives from other materials [56].

3. Manufacturing of Green Composites

In common practices, green composites from both polymer and fibre can be fabricated from various manufacturing processes either in open or closed moulding systems. Open moulding fabrication process involves hand layup, spray layup, and filament winding. This process exposes both resin and fibre to air as they cure or harden [57]. Open moulding is usually applied to a composite product, which is large, and has a complex shape, whereby the design option is virtually limitless. However, the problem of this fabrication technique is that it has low volumes, which contribute to higher moulding costs of automated processes. Apart from open moulding system, closed moulding is another common manufacturing process of composite products applied in enclosed and heated cavity for curing using pressure pump or vacuum [58]. The examples of closed moulding techniques are compression moulding, resin transfer moulding, pultrusion, injection moulding, hot pressing, and vacuum infusion moulding [59]. These manufacturing techniques enable product developers to produce better parts faster and consistent with lesser waste. At the end of the process, the end products have good surface finishes, which eliminate post-work activities. Nevertheless, manufacturers have to bear the initial capital cost of tools and equipment. Figure 4 depicts the classifications of fabrication processes of green composite products.

There are several criteria needed to be fulfilled using these conventional manufacturing processes as these are primarily designed from synthetic composites. Thus, pretreatment process, either chemically or physically, is required for natural fibres to improve interfacial adhesion with their matrix in composite laminates [60, 61]. Pretreatment of fibres improves fibre-matrix interfacial interactions, improving processability and properties of green composites. Specifically for cross arm beam fabrication process, pultrusion process is implemented as the product is in symmetrical square shape in the long beam section. The following sub-topic elaborates on the specific process of pultrusion of composite products.

3.1. Current Fabrication Method: Pultrusion. Pultrusion is a fabrication process of composite profile by impregnating the fibre with thermosetting matrix and is pulled via heated die [62]. In general, this fabrication technique has the capability to operate continuously in order to produce symmetrical section profile such as cross arm (Figure 5) with high volume rate.

In the pultrusion process, it can be categorized into three main zones, which are pulling zone, heat transfer zone, and pressure zone [63]. Initially, a thermosetting resin bath with appropriate viscosity is ready to impregnate the fibre from the creel by pulling them towards the basin as shown in Figure 6. Guide plates are applied in the system to direct the fibre inside the resin bath for impregnation process. The resin bath contains thermoset resins along with its filler, colouring pigment, catalyst, release agent, stabilizers, and ultraviolet ray to initiate the curing process of impregnated resin. After that, the fibres are pulled out via preform guides to remove excess resin before going inside heated die for curing. This heated die is also called the curing zone. Within the heated die, it is divided into two zones, which are low...
temperature for gelation and high temperature for curing action. In this part of the pultrusion, the die is heated by the heater that embeds thermocouple sensor to ensure the temperature is sufficient enough for curing. Moreover, the thermocouple sensor also functions to avoid the die from overheating which could flaw the composite profile.

Typically, the pultrusion of composite profiles apply continuous unidirectional fibres impregnated with low viscosity thermosetting resin [62]. Later, the resin would be in rubbery state from liquid state. This transition point is called as gelation point, which later solidifies to form solid pultruded profile [64, 65]. Overall, the movement of pultrusion line is controlled by pneumatic controller system that instructs the hydraulic clamp to pull the profiles through cutter as displayed in Figure 6. Moreover, the hydraulic clamp is installed with rubber to grip and protect the composite profiles. The pulling speed is controlled using a programming control system, and it can be easily monitored and controlled in the monitor screen.

### 3.2. Other Potential Advance Fabrication Method: Filament Winding.

Filament winding is another advanced manufacturing method which implements impregnated fibre with polymer resin thoroughly onto the rotating mandrel. The winding angle, patterns, and rotation number are automatically controlled by a computerised system. In terms of application to transmission lines, this method could produce better beams for cross arm members in latticed tower [66, 67].

In general, there are three types of winding patterns in this manufacturing process, which are hoop, helical, and polar windings as shown in Figure 7 [29]. Morozov [68] found out that mechanical properties of thin-walled filament wind structure depend on its winding patterns. The stress and strain distributions are affected by the size of the triangular mosaic units and their numbers per unit of length in both longitudinal (hoop) and circumferential (helical) directions. Thus, it is suggested that the cross arm beams to be fabricated, to implement hoop and helical windings to ensure

#### Table 2: Comparison of natural fibres to man-made fibres [109].

| Attributes            | Natural fibre | Man-made fibre |
|-----------------------|---------------|----------------|
| Raw material cost     | Low           | High           |
| Manufacturing cost    | Low           | High           |
| Weight/density        | Light         | Heavy          |
| Disposal              | Highly degradable | Takes thousand years to be composed |
| Availability          | Widely available | Depleted from time by time |
| Renovability          | Yes           | No             |
| Recyclability         | Yes           | No             |
| Energy usage          | Low           | High           |
| Health risk           | No            | Yes            |

#### Table 3: Comparison between glass fibres with various plant fibres [90, 110–118].

| Fibre                  | Tensile strength (MPa) | Elongation at break | Tensile modulus (GPa) |
|------------------------|------------------------|---------------------|-----------------------|
| Banana                 | 355.0                  | 5.3                 | 33.8                  |
| Jute                   | 400.0-800.0            | 1.8                 | 10.0-30.0             |
| Bagasse                | 20.0-290.0             | 1.1                 | 19.7-27.1             |
| Coir                   | 220.0                  | 15.0-25.0           | 6.0                   |
| Abaca                  | 980.0                  | —                   | —                     |
| Cotton                 | 400.0                  | 3.0-10.0            | 12.0                  |
| Flax                   | 800.0-1500.0           | 1.2-1.6             | 60.0-80.0             |
| Kenaf (bast)           | 295.0                  | 2.7-6.9             | —                     |
| Sisal                  | 60.0-700.0             | 2.0-3.0             | 38.0                  |
| Hemp                   | 550.0-900.0            | 1.6                 | 70.0                  |
| Pineapple              | 170.0-1627.0           | 1.0-3.0             | 82.0                  |
| Sugar palm             | 42.1                   | 9.8                 | 10.4                  |
| Ramie                  | 500.0                  | 2.0                 | 44.0                  |
| Oil palm (empty fruit bunch) | 248.0            | 2.5                 | 3.2                   |
| Henequen               | 3.0-4.7                | —                   | —                     |
| S-glass                | 4570.0                 | 2.8                 | 86.0                  |
| E-glass                | 4570.0                 | 2.8                 | 86.0                  |
Another advantage of implementing filament winding for cross arm beam fabrication is they can manufacture these beams with their core structures simultaneously. This manufacturing technique allows the beams to have more coherent thickness distribution along with their core structures. Further elaboration on reinforcement of core structure of cross arm will further be discussed in the next subsection.

3.3. Potential Reinforcement of Core Structure in Cross Arm Beam to Enhance Its Strength. Core structure can be defined as a thin-walled composite structure that contains aluminium, NOMEX, and natural fibre composites (NFCs) cores which join them by using either adhesive or brazing. Figure 8 displays the laminated wood timber which acts as a core structure inside pultruded glass fibre reinforced polymer composite (PGFRPC) square hollow section. There are various types of cores used to reinforced beams such as balsa wood, honeycomb, NOMEX, foam, and corrugated and tetrahedral truss core. The facing of the thin-walled structure is usually thinner than the core to ensure the produced material is stiff and strong [69, 70]. In common practices, the composite filled core structures have various functions and applications depending on durability, manufacturing and raw material costs, and availability. For instance, graphite-epoxy and carbon-epoxy are the facings that enclose the NOMEX or aluminium honeycomb core for aerospace structures in order to resist extreme environment conditions [71]. Meanwhile, in marine and civil structure sectors, the typical facings implemented are glass-epoxy or glass-vinyl ester reinforced with close-cell or open-cell foam [72, 73]. Balsa with various densities has typically become a choice for sandwich structure’s core in ship application [69].

From the aforementioned statement, honeycomb core structure is one of the potential improvements associated to have high durability and longer service for cross arm structure. This could be due to honeycomb core to be lightweight as well as has high bending strength and stiffness [74, 75]. The innovation of honeycomb sandwich structure has been paid generous attention, and this has led to the development of filled-type, embedded, tandem, and hierarchical [76, 77] as displayed in Figure 9. From the previous studies [78, 79], it can be seen that the filled sandwich structure has currently attracted researchers because of its simple configuration and ease of manufacturing. In order to optimize the
composite filled core structure, various fillers have been investigated to seek the optimal combination including foam, honeycomb, lattice-filled, and balsa wood [80–82]. Another way to fabricate composite filled structure is by embedding the honeycomb cell with foam, tubes, or even other polymer materials using the concept of a container instead of a filler [83]. For tandem honeycomb structure, it is considered to combine several segments with a separator between each segment. The idea of a separator is using it to distinguish segments from each other and to deliver interactions between them [84].

4. PGFRP Composite: Current Cross Arm’s Material

Based on previous literature, the current cross arm in transmission tower used pultruded glass fibre reinforced polymer (PGFRP) composites [85, 86]. Previously, Chengal wood cross arm was applied to the transmission tower since 1963 due to its ability to arc quench lightning strikes and has better mechanical performance [87, 88]. However, the wooden cross arm seemed to degrade and started to fail due to natural wood defect and attack from termites and microbes [89].
This has led researchers and engineers to conduct a research to shift wooden cross arms to PGFRP cross arms.

In general, the PGFRP composites have become the successor for wooden cross arms due to good tensile strength and stiffness, lightweight property, better bending strength and stiffness, as well as good electrical and thermal insulation properties [90, 91]. The PGFRP composite is made up of E-glass fibre reinforced with unsaturated polyester (UPE) resin with ratio of 37:63 in order to achieve optimum mechanical performance [92]. The PGFRP composite also seems to be lightweight as both densities of E-glass fibre and unsaturated polyester are less, of around 2580 and 1350 kg/m³.
respectively. The overall mechanical and physical properties of PGFRP composite and structural steel are demonstrated in Table 5.

In terms of surface finish, the PGFRP composite has homogenous, fine, and unidirectional fibre along its polymer laminate. The optimal configurations for PGFRP composite, specifically for cross arm beams, five layers of E-glass fibre are laminated with various orientations and thicknesses in order to attain high mechanical and structural properties [86]. Table 6 elaborates the fabric orientations and its thickness layers to form pultruded square profile of cross arm beams.

5. Potential Applications of Green Composites in Cross Arm Structures

Natural fibre reinforced biopolymer composites are vital potential prospects of green technologies based on numerous findings emphasized in this review. One of these interesting inventions of the green composites is the simplicity of processing with various types of biopolymers. Other than that, the highlighted findings in this review also found that green composites have great potential as alternative composite materials for cross arm beams (Figure 10) due to their lightweight property and low cost. Other cross arm application in transmission tower is as bracing arm as shown in Figure 11. Currently, the ongoing research used wooden bracing arms to reinforce cross arm structure for better structural and long-term mechanical performances [93]. Thus, it is highly suggested to apply pultruded green composites as a replacement candidate for both cross arm beams and bracing arms.

Based on the previous paragraph, the green composites have high potential to substitute the PGFRP cross arms (Figure 10) and wooden bracing arms (Figure 11) as new materials in transmission tower applications. However, comprehensive studies have to be carried out for fabricated green composite cross arms with additional members in terms of mechanical and electrical insulation performances. The test evaluations include mechanical quasistatic test, creep test, and electrical resistance test before the newly fabricated green composite cross arms compute their services in electrical suspension towers.

6. Test Evaluation

6.1. Creep Test. To extend the description of the loading mechanisms at prolonged time of pultruded green composite cross arms in such applications, many research works have emphasized on creep experiments in both coupon-scale and full-scale cross arms [33]. This creep test is conducted to investigate the strength of the structure and material, failure mode, elasticity, and viscoelasticity under constant load in long-term period [12, 32]. The creep strain, creep compliance, stress-independent material constant, creep failure, and creep life are the interesting topics, especially for cross arm structures. Thus, related previous studies from creep responses of cross arm structures are highlighted to give a clear picture for any potential evaluation before being commercialised in the energy sector.

Currently, recent research works have been conducted especially in providing testing facilities to evaluate long-term mechanical performances of cross arms. According to Asyraf et al. [94, 95], two conceptual designs of creep test rigs, specifically for cross arm structures, have been developed in order to set up a platform for creep testing in three-point flexural and cantilever beam tests. This research team has designed both test rigs using hybridization of TRIZ, Morphological chart, and Analytic Network Process to generate ideas, refine attributes and characteristics, as well as design selection. Along these processes, both computer-aided drawing (CAD) and finite element analysis (FEA) tools were used to compute the process systematically and optimize the designs based on actual scenarios based on the structural principles [96].

Other than that, many creep studies and long-term mechanical performance comparisons of cross arm’s coupons have been conducted. For instance, Johari et al. [18] have evaluated the influence of calcium carbonate (CaCO₃) on creep response of PGFRP composite cross arms. In the research, the conventional creep and time-temperature superposition (TTSP) methods were evaluated, and it was found that the CaCO₃ did not influence the long-term performance of the pultruded laminates. Moreover, both pultruded composites (with and without CaCO₃) had the same creep life of about 25 years.

All in all, it is noteworthy that the evaluation of creep performances and responses in both conventional and accelerated creep techniques are highly important for new green composite cross arm structures. Moreover, before coming to the experimental stage, the test facilities have to be

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**Table 5: Comparison between PGFRP composites and structural steel used in cross arms system [86].**

| Properties          | PGFRP composite | Structural steel |
|---------------------|-----------------|-----------------|
| Density (kg/m³)     | 1800            | 7850            |
| Poisson ratio, vₓᵧ = vᵧz = vₓz | 0.28            | 0.3             |
| Shear modulus, vₓᵧ = vᵧz = vₓz (MPa) | 4000            | 76923           |
| Young modulus in x, Eₓ (MPa) | 16000           | 200000          |
| Young modulus in y, Eᵧ (MPa) | 4800            | 200000          |
| Young modulus in z, Eₓ (MPa) | 1440            | 200000          |

**Table 6: Fabric orientation and fibre thickness of PGFRP composite [86].**

| PGFRP composite layer | Fabric orientation (°) | Thickness (mm) |
|-----------------------|------------------------|----------------|
| Fifth (Inner)         | 45                     | 0.7            |
| Forth                 | 0                      | 3.6            |
| Third                 | 90                     | 0.7            |
| Second                | -45                    | 0.5            |
| First (Outer)         | 45                     | 0.5            |

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designed and developed to execute the specialised tests and analyses for structural evaluations.

6.2. Quasistatic Mechanical Test. In the past 20 years, many research activities have been executed to address the mechanical strength and performances of PGFRP composite beams. Since PGFRP cross arms are made up of pultrusion and in square hollow shape, it helps the structures to be low self-weight and has corrosion resistance capability. However, the cross-section geometry in the cross arm beams has caused a very complex behaviour as it is subjected to multiaxis compression forces. This phenomenon may induce a concentric compression due to immediate loading action, which subsequently causes a buckling reaction. Hence, a series of quasistatic mechanical tests and analyses is required to ensure the fabricated green composite cross arms fulfil the mechanical property standards as their predecessors (wood and PGFRP composites).

An earlier study conducted by Cardoso et al. [13] developed a comprehensive mathematical formulation to govern the mechanical strength of PGFRP square hollow composite under buckling action. From this research, PGFRP composites with longer length and lower strength specimen were exposed to higher potential of failure during postbuckling stage. Postbuckling was observed on the behaviour and interaction between crushing and local and global buckling.

In another study, Sharaf et al. [93] have also designed and examined full-scale wooden cross arms using quasistatic mechanical tests in both normal and broken wire conditions. The findings proved that the design of wooden cross arms experienced deflection and were exposed in broken wire condition, which was higher than normal wire condition. Afterwards, Sharaf et al. [97] developed a conceptual design of cross arm structure with the incorporation of bracing arms. A simple computational simulation using finite element analysis was executed to identify the best design with the most optimal mechanical and structural performances.

Thus, the previous literature shows that it is necessary to evaluate quasistatic mechanical properties of green composite cross arms and to guarantee the newly fabricated cross arms to be at least at par with PGFRP composite.

6.3. Electrical Capacity Test. From the view of electrical capacity of cross arms, it is essential for any cross arms to have their voltage stress, relative permittivity, volume conductivity, and current density examined. This is required in order to ensure continuous electrical supply to end users for urban and rural areas [98, 99]. These aspects are vital for cross arm structures to avoid experiencing any structural failures which could cause disruptions along the transmission line [91]. Some failures that cross arms might experience are being burnt by the electrical tracking and forming a charred path, creating some cavities which reveal the PGFRP composite structure as shown in Figure 12. From an analysis conducted by Rawi et al. [17], the cross arm located at the top of transmission tower experienced the highest peak voltage during lightning that stroke the earth wire of the cross arms. This was due to distance from the stricken point to the cross arms.
7. Conclusions

This manuscript presents a brief review on the potential of manufacturing cross arm components from natural fibre reinforced biopolymer composites. This green composite material has attracted the attention of many researchers and industrial sectors due to its excellent mechanical ability, and the material itself is a part of green technology. In the most recent research works reviewed, several natural fibres seem to be at par with synthetic fibre in terms of mechanical performance. In particular, flax and pineapple fibres have comparable tensile strength and stiffness values to glass fibre. Moreover, the physical, thermal, and mechanical properties of natural fibres can be enhanced either via physical or chemical treatments, which improve interfacial adhesion between fibre and its resin. Meanwhile, several biopolymers have the potential to replace the current synthetic polymers, such as PLA, PHA, and PHB. These biopolymers could be good candidates to be applied in structural applications especially as cross arm beams. Since the cross arms are made via pultrusion process, it is suggested that the natural fibre reinforced biopolymers could be conducted via the same process with the same configuration in order to develop green composite cross arms. In addition, it is useful to enhance their intrinsic properties and significantly improve the green composite cross arms developed from treated natural fibres. However, there are several properties that need to be identified and evaluated, such as creep, fatigue, and quasistatic mechanical performance, since green composite cross arms are new in this field. Hence, further exploration on more advanced processing techniques for natural fibre reinforced biopolymer composite cross arms is necessary to be conducted in order to replace the conventional cross arms in transmission towers.

Data Availability

The data used to support the findings of this study are included within the article.

Conflicts of Interest

The authors declare no conflict of interest in the article.

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