CD8+ lymphocyte infiltration is an independent favorable prognostic indicator in basal-like breast cancer

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Research Article

Abstract

Introduction: Tumor infiltrating lymphocytes may indicate an immune response to cancer development, but their significance remains controversial in breast cancer. We conducted this study to assess CD8+ (cytotoxic T) lymphocyte infiltration in a large cohort of invasive early stage breast cancers, and to evaluate its prognostic effect in different breast cancer intrinsic subtypes.

Methods: Immunohistochemistry for CD8 staining was performed on tissue microarrays from 3992 breast cancer patients. CD8+ tumor infiltrating lymphocytes were counted as intratumoral when in direct contact with tumor cells, and as stromal in adjacent locations. Kaplan-Meier functions and Cox proportional hazards regression models were applied to examine the associations between tumor infiltrating lymphocytes and breast cancer specific survival.

Results: Among 3403 cases for which immunohistochemical results were obtained, CD8+ tumor infiltrating lymphocytes were identified in an intratumoral pattern in 32% and stromal pattern in 61% of the cases. In the whole cohort, the presence of intratumoral tumor-infiltrating lymphocytes was significantly correlated with young age, high grade, estrogen receptor negativity, human epidermal growth factor receptor-2 positivity and core basal intrinsic subtype, and was associated with superior breast cancer specific survival. Multivariate analysis indicated that the favorable prognostic effect of CD8+ tumor infiltrating lymphocytes was significant only in the core basal intrinsic subgroup (Hazard ratio, HR = 0.35, 95% CI = 0.23-0.54). No association with improved survival was present in those triple negative breast cancers that lack expression of basal markers (HR = 0.99, 95% CI = 0.48-2.04) nor in the other intrinsic subtypes.

Conclusions: CD8+ tumor infiltrating lymphocytes are an independent prognostic factor associated with better patient survival in basal-like breast cancer, but not in non-basal triple negative breast cancers nor in other intrinsic molecular subtypes.

Introduction

Immune response may play an important role in cancer progression. Tumor-infiltrating lymphocytes (TILs) reflect a local immune response and could be a key mechanism in controlling tumor progression [1,2]. A number of studies demonstrate that TILs are associated with clinical outcome in patients with carcinoma and melanoma [3-8]. TILs have been found to be mainly T lymphocytes, and the majority express a cytotoxic effector phenotype (CD8+) [9-11]. CD8+ T cell-mediated type 1 immune responses can enhance the accumulation of distinct endogenous CD8+ and CD4+ T cells and facilitate their antitumor function within the tumor microenvironment [12,13]. Studies in ovarian carcinomas and colon cancer show that high levels of CD8+ lymphocyte infiltration are associated with better prognosis in these diseases [3,14]. In breast cancer, some studies have reported that inflammation and cytotoxic lymphocyte infiltration are associated with better survival [15-17]. In contrast, other groups have reported that high numbers of TILs are related to worse overall

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survival [18,19], whereas still other studies did not find any significant association of TILs with patient outcome [20,21]. A recent publication reported that a high ratio of CD8+ TILs to FOXP3+ regulatory T cells had a significant relationship to improved patient survival in breast cancer [22]. Two other studies have tested larger series: one study used a retrospective cohort of 1,334 patients with primary breast cancer diagnosed from 1987 to 1998 in the UK and showed that total CD8+ TILs were independently associated with better survival in breast cancer [23], whereas another study with 1,953 breast cancer cases treated in the University Hospital Basel in Switzerland between 1985 and 1996 demonstrated that the independent favorable prognostic effect of total CD8+ TILs was observed only in those with estrogen receptor-negative (ER-) tumors (whereas, in univariate analyses, CD8+ TILs had an unfavorable effect on outcome in ER-positive (ER+) breast cancers) [24]. Thus, the extent to which TILs contribute to tumor progression and clinical outcome in breast cancer has remained controversial, possibly because the effect is limited to certain subgroups of patients.

Breast cancer is a heterogeneous disease composed of different intrinsic subtypes, each with distinctive biological and prognostic behaviors and responses to therapy. Although the introduction of adjuvant systemic therapy (AST) has led to a significant reduction in breast cancer mortality, many patients do not benefit. Gene expression studies suggest that predictive indicators should be developed for different breast cancer subtypes [25,26]. The interaction between immune response, intrinsic subtype, and treatment strategy all likely contribute to the outcome of the disease. The development of molecular diagnostic techniques has facilitated a better understanding of the heterogeneity of breast cancer and opened up the possibility of more personalized therapy [27,28]. Hormone receptor status and human epidermal growth factor receptor-2 (HER2) molecular status are currently used to guide AST strategies for the luminal and HER2+ intrinsic subgroups, but no targeted therapy for the basal-like subgroup is currently available. Basal-like breast cancer comprises about 15% of all invasive breast cancers and is likely to be high-grade, occur in young women, and have an aggressive clinical course [29]. Although a majority of basal-like tumors carry a clinical triple-negative phenotype (TNP) (ER-, progesterone receptor-negative (PR-), and HER2-), they are not synonymous [30], and triple-negative breast cancers include many cases that lack the expression of basal markers - the so-called ‘five-marker negative phenotype’ (5NP): ER-, PR-, HER2-, epidermal growth factor receptor-negative (EGFR-), and cytokeratin (CK) 5/6- - which have been shown to have significantly better outcomes than core basal cases [31,32]. Gene expression profiling data suggest that medullary breast tumors (a rare histological subtype with a prominent lymphocytic reaction and a good prognosis) are a specific subgroup within the basal-like class, indicating that the overall poor survival of basal-like breast cancer might be mitigated in cases in which there is a strong immune response [33-35]. On the other hand, a separate body of research has highlighted that recruitment of chronic inflammatory cells, including macrophages, can actually promote cancer progression [36]. Different types of immune response in different subtypes of breast cancer might explain apparently contradictory results. However, to date, no large immunohistochemistry study has explored the prognostic effect of an immune response in breast cancer stratified by breast cancer intrinsic subtype.

Therefore, there is a clear need for studies with sufficient power for subgroup analysis, employing validated measurements of immune response, to evaluate the significance of TILs in breast tumors. The aim of this study was to examine the prognostic significance of CD8+ TILs in different breast cancer intrinsic subtypes in a large population-based cohort with long-term follow-up. Our hypothesis was that CD8+ lymphocyte infiltration has distinct prognostic effects in different intrinsic molecular subtypes of breast cancer.

**Materials and methods**

**Study population**

The study population consists of 3,992 female patients with invasive breast cancer diagnosed between 1986 and 1992 in the province of British Columbia. This cohort was collected from the Breast Cancer Outcomes Unit database maintained by the British Columbia Cancer Agency (BCCA). During the study period, 75% of patients with breast cancer in the province were referred to the BCCA; non-referred patients were generally older or had no indications for adjuvant therapy [37,38]. Of the patients referred to the BCCA, approximately 25% had available formalin-fixed paraffin-embedded blocks with sufficient tumor tissues for tissue microarray (TMA) construction. Thus, the study cohort represents about 20% of all of the patients with breast cancer diagnosed in the province during the study period. The mean age of the cohort at diagnosis was 58.9 years (23 to 95 years), and the median follow-up was 12.6 years.

Baseline clinical information of the study population includes age at diagnosis, histology, grade, tumor size, number of involved axillary nodes, lymphovascular invasion (LVI), and dates of diagnosis, recurrence, death, and cause of death (breast cancer versus other). As shown in Table 1 among the study cases, approximately half (51.1%, 2,040/3,992) were poorly differentiated tumors (grade 3). 47.3% (1,888/3,992) had breast tumors over 2 cm, 43.1% (1,719/3,992) were node-positive, and
42.8% (1,710/3,992) had LVI. Histological categorization on these cases, including assignment to the medullary subtype, was determined by a central review of full sections which was performed at the time of referral to the BCCA. During the time period of this study cohort, most patients with breast cancer were treated according to the provincial guidelines developed by the BCCA on the basis of patient age, tumor size, nodal status, and LVI. Patients were defined as high-risk if their lymph nodes were positive, if there was evidence of LVI, or if the tumor was both greater than 2 cm and ER- at the time of diagnosis. High-risk patients were treated with AST according to their age and menopausal status. Low-risk patients were not given any AST. This study and the use of de-identified data were approved by the Clinical Research Ethics Board of the BCCA and the University of British Columbia. We were permitted access to the de-identified patient outcome information from the Breast Cancer Outcomes Unit database, maintained by the BCCA. In compliance with the Canadian Tri-Council Policy Statement for ethical research involving human subjects, the requirement for informed consent was waived as this study was limited to anonymous archival specimens.

| Characteristics | Patients, number (percentage) | iTILs (≥ 1) | Prevalence, percentage (proportion) | P value |
|-----------------|-----------------------------|-----------|------------------------------------|---------|
| Age at diagnosis, years |                             |           |                                    |         |
| < 40            | 294 (7.4)                   |           | 38.9 (98/252)                     | < 0.001 |
| 40-49           | 844 (21.1)                  |           | 37.5 (273/728)                   |         |
| 50-65           | 1,425 (35.7)                |           | 31.3 (377/1,203)                 |         |
| > 65            | 1,429 (35.8)                |           | 29.2 (356/1,220)                 | < 0.001 |
| Grade |                             |           |                                    |         |
| 1: well differentiated | 209 (5.2)             |           | 24.4 (40/164)                     |         |
| 2: moderately well or partially differentiated | 1,563 (39.2)     |           | 26.9 (361/1,342)                 |         |
| 3: poorly differentiated | 2,040 (51.1)    |           | 37.2 (652/1,754)                 |         |
| Unknown | 180 (4.5)                   |           |                                    | 0.076   |
| Tumor size, centimeters |                             |           |                                    |         |
| ≤ 2             | 2,078 (52.1)                |           | 30.5 (540/1,768)                 |         |
| > 2-5           | 1,667 (41.8)                |           | 34.1 (494/1,449)                 |         |
| > 5             | 221 (5.5)                   |           | 34.9 (59/169)                    |         |
| Unknown | 26 (0.6)                    |           |                                    |         |
| Nodal status |                             |           |                                    | 0.051   |
| Negative | 2,265 (56.7)                |           | 31.0 (593/1,911)                 |         |
| Positive | 1,719 (43.1)                |           | 34.3 (509/1,484)                 |         |
| Unknown | 8 (0.2)                     |           |                                    |         |
| Lymphovascular invasion |                             |           |                                    | 0.638   |
| Negative | 2,106 (52.8)                |           | 32.5 (576/1,770)                 |         |
| Positive | 1,710 (42.8)                |           | 31.8 (474/1,492)                 |         |
| Unknown | 176 (4.4)                   |           |                                    |         |
| Histology |                             |           |                                    | < 0.001 |
| Medullary | 66 (1.7)                    |           | 78.4 (40/51)                     |         |
| Not medullary | 3926 (98.3)                |           | 31.7 (1,064/3,352)               | 0.004   |
| AJCC stage |                             |           |                                    |         |
| I | 1,393 (34.9)                |           | 28.8 (337/1,172)                 |         |
| II | 2,255 (56.5)                |           | 34.6 (677/1,959)                 |         |
| III | 317 (7.9)                   |           | 32.9 (83/252)                    |         |
| Unknown/missing | 27 (0.7)                   |           |                                    | 0.012   |
| Adjuvant systemic therapy |                             |           |                                    |         |
| No adjuvant systemic therapy | 1,676 (42.0)  |           | 21.2 (302/1,427)                 |         |
| Tamoxifen only  | 1,276 (32.0)                |           | 18.6 (206/1,105)                 |         |
| Chemotherapy only | 727 (18.2)                 |           | 27.2 (169/622)                   |         |
| Tamoxifen + chemotherapy | 297 (7.4)                 |           | 29.4 (73/148)                    |         |
| Other | 16 (0.4)                    |           | 21.4 (3/14)                      | < 0.001 |
| ER |                             |           |                                    |         |
| Negative | 1,200 (30.1)                |           | 39.9 (370/927)                   |         |
| Positive (≥ 1% nuclei stained) | 2,761 (69.1)  |           | 29.6 (728/2,456)                 |         |
| HER2 |                             |           |                                    | < 0.001 |
| Uninterpretable/missing | 31 (0.8)                  |           |                                    |         |
| Negative | 3,316 (83.1)                |           | 31.3 (907/2,902)                 |         |
| Positive | 498 (12.5)                  |           | 39.6 (176/444)                   |         |
| Uninterpretable/missing | 178 (4.4)                  |           |                                    |         |
| Subtype |                             |           |                                    | < 0.001 |
| Luminal A | 1,518 (38.0)                |           | 25.4 (353/1,392)                 |         |
| Luminal B | 829 (20.8)                  |           | 36.9 (285/773)                   |         |
| Luminal/HER2 | 224 (5.6)                  |           | 39.8 (82/206)                    |         |
| Luminal not further assigned | 244 (6.1)                 |           | 21.5 (37/172)                    |         |
| HER2*/ER | 250 (6.3)                   |           | 39.6 (90/227)                    |         |
| TNP | 630 (15.8)                  |           | 42.2 (226/535)                   |         |
| Core basal | 330 (8.3)                   |           | 49.2 (151/307)                   |         |
| SNP | 162 (4.1)                   |           | 35.2 (50/142)                    |         |
| TNP not assignable | 138 (3.4)                   |           | 29.1 (25/86)                     |         |
| Unassignable | 297 (7.4)                  |           | 31.6 (31/98)                     |         |
| Total | 3,992 (100)                 |           | 32.4 (1,104/3,403)               |         |

SNP, five negative phenotype; AJCC, American Joint Committee on Cancer; ER, estrogen receptor; HER2, human epidermal growth factor receptor-2; iTIL, intratumoral tumor-infiltrating lymphocyte; TNP, triple-negative phenotype.
Tissue microarray and immunohistochemistry
The centralized provincial laboratory of Vancouver General Hospital retained single archival blocks for each of the 3,992 patients. One 0.6-mm core per patient was used, 17 TMAs representing these samples were constructed, and immunohistochemistry and scoring for ER, PR, HER2, the Ki67 proliferation marker, EGFR, and CK5/6 were performed as previously described [31,37,39-42]. Immunohistochemistry for CD8+ TILs was performed by using the antibody against human CD8 (clone C8/144B, dilution 1:100) in accordance with the protocol of the manufacturer (DakoCytomation, Glostrup, Denmark). Intrinsic breast cancer subtypes were determined by the immunohistochemical expressions of ER, PR, HER2, Ki67, EGFR, and CK5/6. Luminal A was defined as ER+ or PR+, HER2-, and low Ki67 (< 14%); luminal B was defined as ER+ (or PR+) and HER2+ with high Ki67 (≥ 14%); luminal/HER2 subgroup was defined as ER+ (or PR+) and HER2+; HER2+/ER- was defined as HER2+ with ER- and PR- [42]; and triple-negative subgroup (TNP) was defined as ER-, PR-, and HER2-. The core basal subgroup was defined as triple-negative with either EGFR+ or CK5/6+, and the five negative phenotype (5NP) was defined as triple-negative as well as EGFR+ and CK5/6+ [31]. The 3,992 patients with breast cancer were thereby categorized as follows: 38.0% (1,518/3,992) luminal A, 20.8% (829/3,992) luminal B, 5.6% (223/3,992) luminal/HER2, 6.3% (250/3,992) HER2+/ER-, and 15.8% (630/3,992) triple-negative, of which 8.3% (330/3,992) could be categorized as core basal and 4.1% (162/3,992) as 5NP; the remainder had a partial or unassignable subtype because of missing or ambiguous biomarker data (Table 1).

CD8+ tumor-infiltrating lymphocytes: scoring and quantification
Stained TMA slides were digitally scanned and CD8+ TILs were visually scored by a pathologist who was blinded to the clinical characteristics and outcomes of the patients. Scoring and quantification of CD8+ TILs were carried out as described in a recent study [24]. In brief, intratumoral CD8+ TILs (iTILs) were defined as CD8+ lymphocytes located within tumor cell nests or in direct contact with the breast carcinoma malignant epithelial cells, whereas stromal CD8+ TILs (sTILs) were defined as CD8+ lymphocytes in the adjacent peritumoral stroma without direct contact with the carcinoma cells. Total CD8+ TILs (tTILs) were measured by combining the counts of iTILs and sTILs for each tissue core. To assess the reproducibility and reliability of the scoring, 490 cases were repeatedly scored by the same pathologist after a period of time (4 weeks), and 200 cases were randomly selected from the whole cohort and iTILs were re-scored by a second pathologist. Pearson correlation analysis was used to check the reliability of the repeated scoring by the same scorer, and the intraclass correlation coefficient (ICC) was used to assess the reliability of re-scoring by the two scorers. High correlation coefficients were obtained (Pearson r was at least 0.94, and ICC was 0.74).

Statistical analysis
The outcome variable in this study was breast cancer-specific survival (BCSS). Optimal cutoff points for TILs counts against BCSS were chosen on the basis of recently published findings from an independent series [24] and checked by receiver operating characteristic curve analysis by using 10-year BCSS as the endpoints, as described in the Supplemental method section (Additional file 1). The optimal cutoff points for iTIL, sTIL, and tTIL used in this study were 1, 3, and 2, respectively. To specify, CD8+ iTIL expression was categorized as low when iTIL was 0 (no CD8+ iTIL counted) and high when iTIL was at least 1 (1 or more CD8+ iTILs in the assessed tissue core); sTIL low means fewer than 3 CD8+ sTILs per core, and tTIL low means fewer than 2 CD8+ tTILs were identified in a core.

Analysis of the association between TILs and clinicopathologic variables was performed by using SPSS version 19.0 and R 2.11.1. Because the distributions of the outcome variable (BCSS) were not normal in the study cohort, non-parametric Wilcoxon testing was used to check the bivariate relationship between BCSS and TILs and other potential confounding variables, including age at diagnosis, grade, tumor size, involvement of lymph nodes, LV1, and intrinsic subtypes. Chi-squared testing was used to check the relationship between TILs and those potential confounding variables. For survival analysis, the event under study was death from breast cancer. BCSS time was defined as the number of years between the date of diagnosis of breast cancer and the date of death attributable to breast cancer. Survival time was censored at the time a patient died from another cause or when the follow-up period ended. For univariate survival analyses, the Kaplan-Meier function analysis was performed to estimate probabilities of BCSS. Log-rank testing was used to assess differences in BCSS among different subgroups. For multivariate survival analyses, Cox proportional hazards regression models were built to estimate the TIL hazard ratio (HR), which was adjusted by the potential confounding variables on the basis of the partial maximum likelihood estimation. Smoothed, rescaled Schoenfeld residual plots were performed to test proportional hazards assumptions. Only cases with sufficient information for all covariates were included in the multivariate analysis. Wald statistics were used to test the significance of individual coefficients. Interactions between TILs and some covariables
were checked by building Cox regression models for different levels of those variables and comparing HRs of TILs. All of the tests were two-sided at a significance level of 0.05. Supplementary analyses were also performed by using relapse-free survival as an outcome variable; relapse-free survival time was defined as the number of years between the date of diagnosis of breast cancer and the date of any type of relapse, including local, regional, and distant relapses of the disease.

Results

CD8\(^+\) tumor-infiltrating lymphocyte counts and distributions in breast cancer

Among the 3,992 breast tumor cases, intact cores bearing infiltrating breast carcinoma sufficient for interpretation of immunohistochemical data for CD8 staining were available from 3,403 (85.2\%) tumors. Median counts of CD8\(^+\) TILs per 0.6-mm TMA core were 0 for iTIL (interquartile range, or IQR, of 0 to 1), 2 for sTIL (IQR of 0 to 10), and 3 for tTIL (IQR of 0 to 12). Of the 3,403 interpretable cases, 32.4\% had tumor infiltrated with at least one CD8\(^+\) iTIL and 60.6\% by at least one CD8\(^+\) sTIL (Figure S1 of Additional file 2). The distributions of CD8\(^+\) iTILs and sTILs were both significantly and positively skewed (Figure S2 of Additional file 3). Because analytical results from all types of TILs interpretation were broadly similar, results presented in this paper are based primarily on iTILs analysis, which is the fastest and simplest to perform. As shown in Table 1 the presence of iTIL is significantly associated with young age, high grade, medullary histology, ER negativity, HER2 positivity, and the core basal intrinsic subgroup, the category that has the highest prevalence of cases displaying intratumoral lymphocytes.

Prognosis of CD8\(^+\) iTILs in patients with breast cancer (whole cohort)

To examine the prognosis of CD8\(^+\) iTILs in the study population, we first applied univariate Kaplan-Meier function survival analysis in the whole cohort. The results did not show a significant difference in BCSS between breast cancer patients with an iTIL count of at least 1 and an iTIL of 0 (\(P = 0.761\)). Since the distribution of iTILs was associated with patient age at diagnosis, tumor grade, and ER and HER2 status, we next assessed the survival functions of iTIL associated with BCSS in groups with different age, tumor grade, and ER and HER2 status. Figure 1 showed that, in younger patients (< 50 years) and in those with ER\(^-\) tumors, cases with iTILs had significantly better BCSS than those without. Reversed associations were observed in patients who were at least 50 years old or who had ER\(^+\) breast cancer. No significant associations were detected in cases stratified by grade (grade 1 + 2 versus grade 3) or HER2 status (HER2\(^+\) versus HER2\(^-\)). These results indicated that age and ER status could have an interaction with the association between iTILs and patient survival in breast cancer.

We built Cox proportional hazards regression models to estimate the HR for iTILs. Smoothed, rescaled Schoenfeld residual plots showed that iTILs and most other covariates satisfied the proportional hazards assumptions well during the period of follow-up. Only iTILs in the luminal A subgroup varied slightly during longer follow-up.

Results from the univariate Cox regression model analysis showed that iTILs was not a significant prognostic factor associated with BCSS in the cohort as a whole: HR = 1.02, 95% confidence interval (CI) = 0.89 to 1.17. To take into consideration potential confounders, a multivariate Cox regression model was built to assess the association between iTILs and BCSS, including the covariates of age at diagnosis, tumor grade and size, lymph node status, LVI, and intrinsic subtype. Table 2 showed that the adjusted HR of iTIL was 0.79 (95% CI = 0.68 to 0.91), meaning that, in the whole cohort, the probability of BCSS among patients with an iTIL count of at least 1 was 21% (1 to 0.79) higher than among those with an iTIL count of 0 after adjustment for age, grade, tumor size, lymph node status, LVI, and intrinsic subtypes. Besides iTIL, tumor grade and size, nodal status, LVI, and intrinsic subtype, each had significant effects on BCSS. To examine the effect of interaction between age, ER status, and iTIL, we built multivariate Cox regression models for iTILs at different levels of age and ER status. These analyses showed that the adjusted HRs for iTILs were 0.65 (95% CI = 0.51 to 0.84) for those younger than 50 years old and 0.89 (95% CI = 0.74 to 1.06) for those at least 50 years old; the adjusted HRs were 0.61 (95% CI = 0.47 to 0.77) for those with ER\(^+\) tumors but 0.91 (95% CI = 0.77 to 1.11) for those with ER\(^-\) tumors. Therefore, interactions between iTIL and age and ER status might modify the effect size for iTILs in the unstratified whole cohort of patients with breast cancer.

Association of CD8\(^+\) iTILs with breast cancer-specific survival in different breast cancer intrinsic subgroups

We further assessed the association of CD8\(^+\) TILs with patient survival in different breast cancer intrinsic subtypes, first using univariate Kaplan-Meier function survival analysis. No difference in BCSS was detected between those with an iTIL count of at least 1 and an iTIL count of 0 within the luminal A and luminal B subgroups (Figure 2a, b). Although we observed an apparent difference between the two groups among HER2\(^-\)/ER\(^+\) cases, this was not statistically significant (\(P = 0.064\)) (Figure 2c). However, as shown in Figure 2d, a large and significant difference in BCSS was found
between cases with an iTIL count of at least 1 and those with an iTIL count of 0 among triple-negative breast cancers. By stratifying triple-negatives into core basal and 5NP subgroups, we observed a much larger difference in BCSS between cases with an iTIL count of at least 1 and those with an iTIL count of 0 in the core basal intrinsic subgroup. Patients with an iTIL count of at least 1 basal-like tumor had significantly better survival than those with an iTIL count of 0 (mean survival time of 14.5 years versus 11.0 years, \( P < 0.001 \)) (Figure 2e). No such association was found among triple-negative, non-basal (5NP) cases (Figure 2f). We also performed survival analysis in all patients with ER- breast cancer, excluding the core basal cases, and found no significant difference in BCSS between cases with an iTIL count of at least 1 and those with an iTIL count of 0 (\( P = 0.434 \)).

To confirm the association between iTIL and BCSS and to assess the independent prognostic effect size in different breast cancer intrinsic subgroups, multivariate Cox proportional hazards regression models were built to estimate the iTIL HRs, which were adjusted by the potential confounders. Results in Table 3 showed that the HRs of iTIL were not significant in the luminal A, luminal B, and HER2+/ER- intrinsic subgroups. However, iTIL was demonstrated to be a significantly
independent favorable factor for BCSS in triple-negative cases because of a strong effect in the core basal subgroup (Table 4). Among core basal cases, the presence of any intratumoral CD8+ lymphocytes (iTILs of at least 1) was associated with a 65% higher probability of BCSS than among those tumors lacking intratumoral CD8+ lymphocytes (iTIL of 0) and this was statistically significant even after adjusting for age at diagnosis, grade, tumor size, lymph node status, and LVI. Considering that medullary breast carcinoma, a histologically evident subtype known to carry a good prognosis, usually has a core basal immunophenotype and could be responsible for some of the observed effect, we repeated the multivariate Cox regression analysis for core basal cases by excluding those with medullary carcinoma (27 cases). The results still showed a similar and significant HR (HR = 0.38, 95% CI = 0.24 to 0.59), which therefore could not be attributed to medullary histology. In contrast, the multivariate analysis did not show any association between iTILs and BCSS in the 5NP subgroup (that is, triple-negative breast cancers that do not express basal markers). These results demonstrated that the prognostic effect of iTILs was significantly different in these two subgroups of triple-negative cases, indicating that the association of iTIL with BCSS exists primarily in only the core basal intrinsic subgroup.

### Association of CD8+ sTILs and tTILs with clinical outcome

To confirm the prognostic value of CD8+ TILs in breast cancer, we also evaluated the distributions of sTILs and tTILs in relation to patient and tumor characteristics and the associations of sTILs and tTILs with survival. Results similar to those from the analysis with iTILs were obtained. In brief, high expressions of sTILs and tTILs were significantly correlated with young age, high grade, larger tumor size, medullary histology, ER negativity, HER2 positivity, and the core basal phenotype (Table S1 of Additional file 4) and again were significantly associated with better BCSS in only the core basal intrinsic subgroup (Figure S3 of Additional file 5 and Tables S2 and S3 of Additional file 4).

### Discussion

The prognostic significance of TILs in breast cancer has been debated, but no consistent conclusion has yet been drawn. We implemented this study, using a particularly large, well-annotated cohort comprising nearly 4,000 patients, in an attempt to definitively assess the clinical implication of TILs in breast cancer. In addition to addressing the question of whether immune response (as measured by CD8+ TILs) has a prognostic role in breast cancer in general, we examined the effect of TILs in the major breast cancer intrinsic biological subtypes. To our knowledge, this is the first study sufficiently powered for multivariate analysis to investigate the association of CD8+ TILs with patient survival within the breast cancer intrinsic subtypes. Our results demonstrate that the presence of iTILs is independently associated with a significantly superior outcome in women with diagnosed core basal tumors. Although the

### Table 2 Hazards for breast cancer-specific survival in the whole cohort with univariate and multivariate analyses

| Variable                  | Univariate analysis | Multivariate analysis |
|---------------------------|---------------------|-----------------------|
|                           | n = 3,144           |                       |
| Age                       |                     |                       |
| ≥ 50 vs. < 50 years       | 0.85 (0.75-0.96)    | 1.01 (0.88-1.16)      |
| Grade                     | 2.12 (1.87-2.41)    | 1.57 (1.35-1.82)      |
| Tumor size                | 2.17 (1.92-2.45)    | 1.59 (1.36-1.83)      |
| Nodal status              | 2.79 (2.48-3.15)    | 2.05 (1.76-2.39)      |
| Lymphovascular invasion   | 2.25 (1.99-2.54)    | 1.29 (1.10-1.51)      |
| Subtype                   |                     |                       |
| Luminal B vs. luminal A   | 2.08 (1.78-2.45)    | 1.75 (1.46-2.09)      |
| HER2+/ER- vs. luminal A   | 2.98 (2.40-3.70)    | 2.51 (2.99-3.19)      |
| Core basal vs. luminal A  | 2.30 (1.87-2.84)    | 2.02 (1.58-2.58)      |
| 5NP vs. luminal A         | 1.65 (1.30-2.10)    | 1.49 (1.12-1.97)      |
| iTIL                      | ≥ 1 vs. 0           | 1.02 (0.89-1.17)      |

SNP, five negative phenotype; CI, confidence interval; ER, estrogen receptor; HER2, human epidermal growth factor receptor-2; HR, hazard ratio; iTIL, intratumoral tumor-infiltrating lymphocyte.
Figure 2 Breast cancer-specific survival (BCSS) by intratumoral tumor-infiltrating lymphocytes (iTILs) in different breast cancer intrinsic subgroups. (a) Luminal A, (b) luminal B, (c) HER2+/ER−, (d) triple-negative phenotype, (e) core basal phenotype, and (f) five negative phenotype subgroups. CI, confidence interval; ER, estrogen receptor; HER2, human epidermal growth factor receptor-2.
presence of CD8+ iTILs is also an independent prognostic indicator for improved patient survival in triple-negative breast cancers, this favorable prognostic effect cannot be detected among those lacking expression of basal biomarkers (5NP). In the core basal subgroup, patients having tumors with CD8+ iTILs survived an average of 3.5 years longer than did patients with basal tumors lacking evidence of a CD8+ iTIL immune response.

Breast cancer is both clinically and molecularly heterogeneous and is, in practice, stratified by hormonal receptors (ER and PR), by HER2 status, and, increasingly, by expression of other biomarkers such as Ki67 or by gene expression profiling methodologies. Dissecting the heterogeneity of breast cancer is critically important for understanding the underlying mechanisms of the disease and for identifying subpopulations that are most likely to respond to particular therapies [43]. In general, ER’ breast cancers have a worse prognosis than those that are ER+, but not all patients with ER’ breast cancer have poor survival. Teschendorf and colleagues [44] applied an integrative analysis of three gene expression datasets to assess the prognostic value of molecular signatures and found that most prognostic markers of better prognosis in ER’ breast cancer are associated with the activation of immune response pathways. Furthermore, a seven-gene immune response classifier was constructed and showed significant good prognostic value in patients with ER’ breast cancer [45]. Meta-analytic studies of clinical and gene expression data have demonstrated that immune response is significantly associated with prognosis in breast cancer [46], primarily in rapidly proliferating [47] and ER’ [48,49] subgroups. Results from some studies indicate that TILs could be a protective factor reducing the likelihood of distant metastasis in patients with triple-negative breast cancers.

### Table 3 Hazards for breast cancer-specific survival with multivariate analysis in the luminal A, luminal B, and HER2+/ER’ intrinsic subgroups

| Variable          | Luminal A (n = 1,276) | Luminal B (n = 709) | HER2+/ER’ (n = 216) |
|-------------------|-----------------------|---------------------|---------------------|
|                   | HR  | P     | HR  | P     | HR  | P     |
| Age               | 1.38| 0.037 | 1.04| 0.750 | 1.13| 0.654 |
| ≥ 50 vs. < 50 years| 1.02| 1.35  | 0.99| 1.67  | 1.21| 3.76  |
| Grade             | 1.75| 0.28  | 1.49| 0.062 | 2.13| 0.009 |
| 3 vs. 1 and 2     | 1.36| 2.25  | 1.14| 1.95  | 1.11| 2.68  |
| Tumor size        | 1.64| 0.49  | 1.75| 0.004 | 1.11| 2.78  |
| > 2 vs. ≤ 2 cm    | 1.28| 2.11  | 1.75| 1.35  | 1.75| 2.00  |
| Nodal status      | 2.20| 0.85  | 2.00| 0.85  | 2.00| 0.76  |
| Positive vs. negative | 1.65| 2.95  | 1.33| 0.001 | 1.36| 0.025 |
| Lymphovascular invasion | 1.12| 1.34  | 1.12| 1.34  | 1.12| 1.34  |
| iTIL              | 1.14| 0.35  | 0.85| 0.76  | 0.76| 0.76  |
| ≥ 1 vs. 0         | 0.86| 1.50  | 0.66| 1.11  | 0.50| 1.15  |

ER, estrogen receptor; HER2, human epidermal growth factor receptor-2; HR, hazard ratio; iTIL, intratumoral tumor-infiltrating lymphocyte.

### Table 4 Hazards for breast cancer-specific survival with multivariate analysis in TNP, core basal, and 5NP groups

| Variable          | TNP (n = 496) | Core basal (n = 287) | 5NP (n = 130) |
|-------------------|---------------|----------------------|--------------|
|                   | HR  | P     | HR  | P     | HR  | P     |
| Age               | 0.90| 0.488 | 0.91| 0.488 | 1.07| 0.830 |
| ≥ 50 vs. < 50 years| 0.66| 1.35  | 0.62| 1.35  | 0.54| 1.14  |
| Grade             | 1.74| 1.54  | 1.54| 1.81  | 1.81| 0.019 |
| 3 vs. 1 and 2     | 1.11| 2.70  | 0.015| 0.201| 0.74| 4.41  |
| Tumor size        | 1.66| 1.85  | 1.85| 1.49  | 1.49| 0.28  |
| > 2 vs. ≤ 2 cm    | 1.19| 2.30  | 0.003| 0.003| 0.71| 3.12  |
| Nodal status      | 2.00| 2.16  | 2.16| 1.58  | 1.58| 0.36  |
| Positive vs. negative | 1.42| 2.83  | < 0.001| 1.39| 3.35  | 0.73| 3.42  |
| Lymphovascular invasion | 1.55| 1.52  | 1.52| 3.12  | 1.52| 3.12  |
| Positive vs. negative | 1.08| 2.21  | 0.017| 0.065| 1.27| 7.77  | 0.013|
| iTIL              | 0.48| 0.35  | 0.35| 0.99  | 0.35| 0.99  |
| ≥ 1 vs. 0         | 0.34| 0.67  | 0.23| 0.04  | 0.48| 2.04  | 0.986|

5NP, five negative phenotype; HR, hazard ratio; iTIL, intratumoral tumor-infiltrating lymphocyte; TNP, triple-negative phenotype.
tumors [50] and among those with medullary carcinoma [17]. Moreover, two recently published gene expression profiling studies demonstrated that effective immune (particularly cytotoxic T-cell) response plays a favorable prognostic role in basal breast cancer subgroups [51,52]. In our study, the multivariate analysis clearly demonstrates that the presence of CD8+ TILs has a different prognostic value in breast cancer with different intrinsic biological subtypes. Even among the triple-negative cases, immune response has different meanings in core basal versus ‘five negative’ phenotypes. Evidence from previous studies has shown that core basal-like tumors are associated with a poorer prognosis and appear biologically different from 5NP tumors [31,32]. Our results suggest that local immune response characterized by CD8+ lymphocyte infiltration might be considered an important factor differentiating the core basal from 5NP breast tumors within the class of triple-negative breast cancers.

Tumor-infiltrating lymphocytes and macrophages are thought to be molecular determinants of clinical outcome in breast cancer. Although cytotoxic T lymphocytes and natural killer cells have been found to have antitumor activity, some lymphocytes such as B cells exhibit biphasic roles in breast cancer development. Distinct cell-mediated immune responses also play antagonistic roles in disease prognosis. T helper cell 1 (Th1)-mediated immune response pathways are considered to have an inhibitory effect, whereas Th2 immune response pathways may promote development and metastasis of breast cancer. It has been found that CD4+ T lymphocytes can promote metastasis by activating the EGFR signaling pathway in a Th2-type tumor microenvironment [53]. Identification of interactions between immune response and other molecular pathways may define novel prognostic subtypes. In ER+ breast cancer, those characterized with high expression of EGFR and low expression of Th1-mediated pathway-related markers such as interleukin-12 and interferon-gamma were found to have a poor prognosis [54]. TILs in the tumor microenvironment are predominantly CD8+ T cells [55,56], which are considered to be the effector cells in Th1 antitumor immune responses. CD8+ T cells produce interferon-gamma through interaction with tumor-related antigens, potential leading to tumoricidal activity by induction of apoptosis or macrophage tumor killing activity or both [57]. Studies indicate that tumor-specific or even non-cancer-specific antigens such as p53 and β-actin are common targets of cytotoxic T lymphocytes and can induce immunological and clinical effects in patients with breast cancer [58-60]. Findings from our study suggest that core basal-like breast cancer is more immunogenic than other intrinsic subgroups, as measured by CD8+ T-cell infiltration. Tumors of this subtype have a high expression of basal markers, some of which (such as EGFR) may interact with T cell-mediated immune response to affect clinical outcome in breast cancer. We would suggest a hypothesis that certain ‘basal proteins’ expressed on the cell surface can be recognized as tumor antigens and that the consequent induction of adaptive basal marker-specific immunity can enhance the local Th1-mediated antitumor immune response in these breast cancers. The absence of these surface markers in 5NP breast cancers could underpin the observed difference in prognostic significance of TILs in core basal compared with 5NP breast cancers.

Recent studies have suggested that a pre-existing immune response can strengthen the effect of conventional chemotherapy [61,62], enhancing destruction of tumor cells [63], and this favorable effect could become stronger in patients with highly immunogenic tumors, perhaps including the core basal group. Basal-like breast cancers have distinctive survival patterns, many relapses and deaths during the first 5 years after diagnosis, but fewer events after this period [32], indicating that basal-like breast cancers encompass both poor and good prognostic subgroups responding variably to conventional therapies. In our cohort, systemic treatment decisions were not randomized, making outcomes stratified by treatment difficult to interpret; nevertheless, an exploratory analysis suggests that pre-treatment CD8+ lymphocyte infiltration is an independent favorable predictive indicator of good outcomes in basal-like cases treated with chemotherapy (HR = 0.29, 95% CI = 0.16 to 0.55, P < 0.001, n = 107) (Table S4 of Additional file 4). Our results indicate that efforts toward developing immunostimulative therapies might be best directed to the core basal group. The recognition of tumor-associated antigens by CD8+ cells is a significant contributor to the detection and ultimate destruction of tumor cells [64]. Basal-like breast cancer could be particularly suitable for targeted immunotherapy. The lack of success of prior attempts at immunotherapy for breast cancer may be attributable, in part, to the lack of focus on appropriate breast cancer subtypes. A better understanding of the interaction between immune response, intrinsic subtype, AST, and patient outcome is critical to more effective and targeted clinical management for patients with breast cancer, especially those with basal-like breast tumors.

Studies on TILs in breast cancer have come to inconsistent conclusions. We believe that one of the underlying reasons could be inconsistency in defining and measuring TILs. Some research considered only the presence of peritumoral stromal lymphocytes [65,66], and many considered all T lymphocytes (which might include larger numbers of regulatory T cells that could in some cases reflect immune suppression instead of activation). In our study, specific immunohistochemistry
was used with a mouse monoclonal anti-human CD8 antibody to detect cytotoxic effector CD8+ TILs in intratumoral and stromal locations for each tumor tissue core. We evaluated the reliability of repeated scoring by the same scorer and between different scorers, and it was demonstrated that our visual CD8+ TILs scoring was highly reliable (Figure S4 of Additional file 6). Analyses with intratumoral, stromal, and total CD8+ TILs were conducted, and consistent results were obtained. We also did analyses using relapse-free survival as an outcome and obtained results similar to those using BCSS as the outcome (Figures S5 and S6 of Additional files 7 and 8 and Tables S5 to S7 of Additional file 4).

Thus, we are confident that the identification and quantification of TILs and the assessment of the association of TILs with clinical outcome in breast cancer are reliable and valid in this study. One potential limitation of our methods is that TMAs may not adequately represent breast tumor heterogeneity. Several studies nevertheless have shown that findings from TMAs are consistent with those from full-face tissue sections [67,68]. Although we observed a trend to a favorable prognostic effect of CD8 TILs in the HER2+/ER− subgroup (and this trend is consistent with a gene expression study [69]), the effect was not statistically significant in our univariate or multivariate analyses. Research with more power particularly for this subgroup needs to be done to draw a more definitive conclusion among HER2+ cases. We were not able to measure changes in immune response induced by chemotherapy, as all of the tissue samples were collected before patients received systemic therapy. Further studies would need to be conducted to assess the interaction of TILs with chemotherapy, ideally in randomized trials.

Conclusions
This study provides strong evidence that CD8+ lymphocyte infiltration is an independent factor associated with improved survival in patients with breast cancer. The favorable prognostic effects of TILs occur mostly in the basal-like intrinsic subgroup.

Additional material

Additional file 1: Validation of the cutoff points of TILs. The Supplemental method section explained how the receiver operating characteristic (ROC) analysis was used to validate the optimal cutoffs of TILs chosen from an independent study. To take into consideration that outcome variable, breast cancer specific survival, is a time to event endpoint, X-tile software was also used to validate the optimal cut-offs, and the same cutoff points of iTIL and sTIL were obtained as those from the ROC method.

Additional file 2: CD8+ TILs in breast cancer. This image showed some examples of CD8+ iTIL and sTIL in a breast tumor sample (scale bar, 50 μm). Information with respect to availability of all of our CD8 staining images were provided in the figure legend.

Additional file 3: Distributions of CD8+ iTIL and sTIL in the whole cohort. Histograms were used to show the distributions of CD8+ iTIL and sTIL in the whole study population. Values on the x-axis represent absolute counts of CD8+ iTIL (A) or sTIL (B) per tissue microarray core.

Additional file 4: Supplemental tables. Table S1 showed the distributions of CD8+ sTIL and iTIL in relation to patient and tumor characteristics. Table S2 showed the hazard ratios (HRs) of sTIL and iTIL in the whole cohort with multivariate Cox regression analysis, adjusted by age at diagnosis, tumor grade and size, lymph node status, lymphovascular invasion, and intrinsic subtype. Table S3 showed the HRs of sTIL and tTIL in triple negative (TNP), core basal (CBP), and five negative (SNP) breast cancer intrinsic subgroups in multivariate analysis. Table S4 showed the HRs of iTIL, sTIL and tTIL in patients without adjuvant systemic therapy (AST) and with chemotherapy in multivariate analysis. Table S5 showed HRs of iTIL in the whole cohort with univariate and multivariate analysis, using relapse-free survival (RFS) as the outcome variable. Tables S6 and S7 showed the HRs of iTIL in different intrinsic subgroups with multivariate Cox regression analysis using RFS as the outcome variable.

Additional file 5: Breast cancer specific survival (BCSS) by sTIL and iTIL in different breast cancer intrinsic subgroups. Kaplan-Meier function survival analysis of association of TILs with BCSS. (A) sTIL in triple negative (TNP), (B) iTIL in TNP, (C) sTIL in core basal (CBP), (D) iTIL in CBP, (E) sTIL in five negative (SNP), and (F) iTIL in SNP.

Additional file 6: Correlation of re-scoring of CD8+ TILs by the same and different pathologists. The scatter plots demonstrated correlations of repeated scoring for 490 cases by the same pathologist for CD8+ iTIL (A) and sTIL (B), and re-scoring of CD8+ iTIL for 200 cases by two pathologists (C).

Additional file 7: Relapse-free survival (RFS) by iTIL among groups with different age and ER status. Kaplan-Meier function survival analysis of association between iTIL and RFS in: (A) age < 50 year, (B) age ≥50 year, (C) ER−, and (D) ER+.

Additional file 8: Relapse-free survival (RFS) by iTIL in different breast cancer intrinsic subgroups. Kaplan-Meier function survival analysis of association between iTIL and RFS in: (A) luminal A, (B) luminal B, (C) HER2+/ER−, (D) Triple negative, (E) core basal, and (F) five negative subgroups.

Abbreviations
SNP: five negative phenotype; AST: adjuvant systemic therapy; BCCA: British Columbia Cancer Agency; BCSS: breast cancer-specific survival; CI: confidence interval; CK: cytokeratin; EGFR: epidermal growth factor receptor; ER: estrogen receptor; HER2: human epidermal growth factor receptor-2; HR: hazard ratio; ICC: intraclass correlation coefficient; IQR: interquartile range; iTIL: intratumoral tumor-infiltrating lymphocyte; LVI: lymphovascular invasion; PR: progesterone receptor; sTIL: stromal tumor-infiltrating lymphocyte; Th: T helper; TIL: tumor-infiltrating lymphocyte; TMA: tissue microarray; TNP: triple-negative phenotype; tTIL: total CD8+ tumor-infiltrating lymphocyte.

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**Authors' contributions**

SLU coordinated the study, analyzed data, and drafted the manuscript. JL advised on scoring and edited the manuscript. SLU assisted with statistical analyses. DG provided the idea for the study, helped with data analysis, and edited the manuscript. TON organized the study, directed data generation and analysis, and edited the manuscript. All authors read and approved the final manuscript.

**Competing interests**

The authors declare that they have no competing interests.

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