**Article**

**Soluble Expression of hFGF19 without Fusion Protein through Synonymous Codon Substitutions and DsbC Co-Expression in E. coli**

Hye-Ji Choi, Dae-Eun Cheong, Su-Kyoung Yoo, Jaehong Park, Dong-Hyun Lee and Geun-Joong Kim *

Department of Biological Sciences and Research Center of Ecomimetics, College of Natural Sciences, Chonnam National University, Yongbong-ro, Buk-gu, Gwangju 61186, Korea; choihg1993@naver.com (H.-J.C.); decheong01@gmail.com (D.-E.C.); ysk_bio@naver.com (S.-K.Y.); applevd0827@hanmail.net (J.P.); donghyunlee73@chonnam.ac.kr (D.-H.L.)

* Correspondence: gjkim@chonnam.ac.kr; Tel.: +82-62-530-3403

Received: 18 November 2020; Accepted: 4 December 2020; Published: 7 December 2020

**Abstract:** Human fibroblast growth factor 19 (hFGF19) is a difficult-to-express protein that is frequently fused with another protein for soluble expression. However, residual amino acids after cleavage with protease represent one of the major problems in therapeutic protein development. Here, we introduced synonymous codon substitutions in the N-terminal region encoding sequence of hFGF19 and co-expressed disulfide bond isomerase (AssDsbC) to functionally express hFGF19 without any fusion protein. Synonymous codon substitution significantly increased hFGF19 expression. Subsequent co-expression of AssDsbC with a selected variant of hFGF19 (scvhFGF19) further increased the proportion of soluble hFGF19 expression in *Escherichia coli* XL1-Blue. Both total and soluble scvhFGF19 expression increased remarkably in the alternative host, *E. coli* Origami 2 with mutated thioredoxin reductase and glutathione reductase. scvhFGF19 purification by anion exchange and heparin affinity chromatography resulted in a yield of 6.5 mg/L under normal induction conditions in flask culture. As such, a high cell density culture is expected to achieve an even higher yield. The biological activities of purified scvhFGF19 were assessed based on its ability to activate ERK1/2 signaling pathway in HepG2 hepatocarcinoma cells. In conclusion, the strategy described here may represent an efficient alternative process for the production of hFGF19 and/or related proteins.

**Keywords:** FGF19; DsbC; synonymous codon substitution; chaperon co-expression

1. **Introduction**

Fibroblast growth factor (FGF) is a representative growth factor that activates various signaling pathways by binding to fibroblast growth factor receptors (FGFRs) [1]. The amino acid sequences and tertiary structures of the 22 members of the human fibroblast growth factor (hFGF) family share similarities [2,3]. The hFGF family proteins are classified into seven groups based on phylogenetic analysis as well as intracrine, paracrine, and endocrine FGFs based on their mechanisms of action [4]. Endocrine hFGF19 belongs to the FGF19 subfamily comprising FGF19, 21, and 23, which have low binding affinity to heparin sulfate, allowing them to function as circulating molecules with effects on distant tissues [5]. Typically, hFGF19 is synthesized in the ileum in response to bile acid absorption and regulates various biological processes, such as the synthesis of cholesterol, glucose, lipid metabolism, and bile acid, thus representing a therapeutic agent for non-alcoholic fatty liver disease, insulin sensitivity, and reduction of adiposity [6,7].

In the crystal structure of hFGF19 (1PWA) [3], two disulfide bonds and long disordered structures in N- and C-terminal regions are observed; owing to these structural features, hFGF19 production
in *Escherichia coli* is difficult. Recent advances in molecular biological tools, such as fusion proteins and genetically modified hosts, have facilitated functional expression of this difficult-to-express protein in the cytoplasm of *E. coli*, although the host environment is unfavorable for the formation of disulfide bonds [8]. Fusion proteins or tags are frequently used to facilitate soluble expression and purification of recombinant proteins. However, removal of these fusion proteins without any scar (amino acids remaining after digestion with protease) is difficult. In particular, it is vital for proteins to be free of scars when produced for fundamental research and clinical applications. Nevertheless, the functional expression of hFGF19 without any fusion tag or protein has not yet been reported in *E. coli*.

We have previously reported that the solubility and expression of aggregation-prone and difficult-to-express proteins, respectively, are improved by synonymous codon substitutions in the N-terminal region encoding sequences of the corresponding genes [9,10]. Thus, in this study, we attempted to screen synonymous codon variants of hFGF19 (scvhFGF19). Although the expression level of scvhFGF19 was significantly improved, its soluble fraction was only marginally improved in *E. coli* XL1-Blue, the usual host used for expressing many proteins. We, therefore, inferred that improper disulfide bond formation in scvhFGF19 resulted in an insufficient expression of soluble protein. A chaperone was co-expressed with scvhFGF19, and the cytoplasmic redox condition was modulated to facilitate the formation of proper disulfide bonds, which increased the soluble expression of scvhFGF19. The scvhFGF19 thus obtained was purified using anion exchange and heparin affinity chromatography successively. The purified scvhFGF19 fully activated ERK1/2 signaling pathway, which is mediated through interactions of FGF19 with FGFR. To our knowledge, this is the first report regarding the expression and purification of hFGF19 without a fusion partner in *E. coli*, and this strategy may facilitate an improved expression quality of similar difficult-to-express FGFs for fundamental research and therapeutic applications.

2. Materials and Methods

2.1. Bacterial Strains and Chemicals

*Escherichia coli* XL1-Blue (Δ(mcrA)183 Δ(mcrCB-hsdSMR-mrr)173 endA1 supE44 thi-1 recA1 gyrA96 relA1 lac (F’ proAB lacIqZAM15 Tn10 (Tet’)), Origami2 (Δ(ara-leu)7697 ΔlacX74 ΔphoA PvuII phoR araD139 ahpC galE galK rpsL F’ (lac+ lacIq pro) gor522::Tn10 trxB (StrR, TetR)), and Origami (DE3) (Δ(ara-leu)7697 ΔlacX74 ΔphoA PvuII phoR araD139 ahpC galE galK rpsL F’ (lac+ lacIq pro) (DE3) gor522::Tn10 trxB (KanR, StrR, TetR)) were used as hosts to construct randomly substituted synonymous codon libraries and express the screened codon variants of scvhFGF19. The genomic DNA of *E. coli* W3110 was isolated and used as a template to amplify the *dsbC* gene. pET24a_hFGF19 was kindly provided by Dr. Lee Jung-Hyun (Korea institute of Ocean Science & Technology, Busan, Korea) and used as a template to amplify the hFGF19 gene by PCR with specifically designed primers having synonymous codons at the 5’-terminal region [9]. pSCT5-mCherry [10] was used for constructing the synonymous codon library. pACYCDuet1 (New England Biolabs, Hitchin, UK) and pQE80L (Qiagen, Hilden, Germany) were used as backbones for the plasmid constructs containing the *dsbC* and scvhFGF19 genes, respectively, for co-expression in the cytoplasm of *E. coli*. The primers used in this study are listed in Table 1. Recombinant FGF19 was purchased from ProSpec-Tany TechnoGene (Israel) and used as positive control for the biological assay of purified scvhFGF19.
Table 1. List of primers used in this study.

| Primers | Sequence (5′→3′) Cloning |
|---------|--------------------------|
| pSCT5_FGF19-mC-fw | ATAACTAGTATGGGCCCGCCCGCTTAC | SpeI |
| pSCT5_FGF19-mC-rv | ATAGGATCCCTTCTCAAAGCTGGGACTCCTCAC | BamHI |
| pSCT5_scvFGF19-mC-fw | ATAACTAGTATGGGCCCGCCCGCTTAC | SpeI |
| pSCT5_scvFGF19-rv | ATAGGATCCCTTCTCAAAGCTGGGACTCCTCAC | BamHI |
| pSCT5_∆ssDsbC-fw | ATAACTAGTATGGGCCCGCCCGCTTAC | SpeI |
| pSCT5_∆ssDsbC-rv | ATAGGATCCCTTCTCAAAGCTGGGACTCCTCAC | BamHI |
| pSCT5_FGF19/∆ssDsbC-fw | ATAACTAGTATGGGCCCGCCCGCTTAC | SpeI |
| pSCT5_FGF19/∆ssDsbC-rv | ATAGGATCCCTTCTCAAAGCTGGGACTCCTCAC | BamHI |
| pSCT5_scvFGF19-fw | ATACAATTTCACACAGAATTCATTAAAGAGGAGAAAGGATCC | SpeI |
| pSCT5_scvFGF19-rv | ATACAATTTCACACAGAATTCATTAAAGAGGAGAAAGGATCC | SpeI |
| pACYCDue1_∆ssDsbC-fw | GAGGAGAAATTAACTATGGATGACGCGGCAATTC | NcoI |
| pACYCDue1_∆ssDsbC-rv | ATAGGATCCCTTCTCAAAGCTGGGACTCCTCAC | BamHI |
| pACYCDuet1_∆ssDsbC-fw | GAGGAGAAATTAACTATGGATGACGCGGCAATTC | NcoI |
| pACYCDuet1_∆ssDsbC-rv | ATAGGATCCCTTCTCAAAGCTGGGACTCCTCAC | BamHI |
| pQHDuet_Infu∆ssDsbC-fw | GAGGAGAAATTAACTATGGATGACGCGGCAATTC | NcoI |
| pQHDuet_InfuFGF19-rv | ATACTCGAGGGCGGTTTTTAAGGCAGTTATTGGTGCCC | XhoI |

1 Cloning of PCR product was conducted by specific digestion with restriction enzymes or homologous recombination. Underlined sequence indicates restriction sites.

2.2. Library Construction and Screening of Synonymous Codon Variants

Synonymous codon libraries of hFGF19 were constructed as previously described [9]. Briefly, the hFGF19 gene was amplified by PCR with a set of primers using Phusion polymerase (New England Biolabs, Ipswich, MA, USA), followed by its incorporation into the vector pSCT5_mCherry, which was digested with Spel and HindIII or SpeI and BamHI according to standard cloning procedures, generating pSCT5_hFGF19 as a control and pSCT5_scvhFGF19-mCherry as a library for screening codon variants, respectively. The set of primers used was either pSCT5_FGF19-mC-fw and pSCT5_FGF19-mC-rv or pSCT5_scvFGF19-mC-fw and pSCT5_FGF19-mC-rv. The resulting recombinant plasmids were transformed into E. coli XL1-Blue for cloning and library construction. From the synonymous codon libraries, scvhFGF19-mCherry codon variants with improved expression were screened based on the enhanced fluorescence of red fluorescent mCherry.

2.3. Analysis of Expression Pattern of mCherry-Fused scvhFGF19 Variants

To analyze the expression patterns of the selected synonymous codon variants, recombinant E. coli cells expressing pSCT5_scvFGF19-mCherry variants were streaked onto Luria Bertani (LB) agar plates supplemented with 100 µg/mL ampicillin and then grown at 37 °C. Each of the resulting single colonies on LB agar was separately seeded into 4 mL LB broth containing 100 µg/mL ampicillin and incubated at 37 °C on an orbital shaker (220 rpm; shaking diameter, 5 cm). After overnight cultivation, 1% (v/v) of the culture broth was inoculated into fresh LB broth and cultured under the same conditions. After reaching an optical density of about 0.5–0.6 at 600 nm (OD600), 4 µL of 200 mM isopropyl β-D-1-thiogalactopyranoside (IPTG, final concentration of 0.2 mM) was added to the culture, which was further incubated for 3 h under the same conditions to induce protein expression. The resulting culture was harvested by centrifugation at 16,100 × g, 4 °C. Harvested cells were resuspended (adjusted to an OD600 of about 2.0) in 200 µL of 20 mM sodium phosphate buffer (pH 7.4) and then sonicated for 4 min 30 s (2 s pulse and 8 s break for cooling) at 4 °C to disrupt the cells. The insoluble aggregates in cell lysates were removed by centrifugation at 16,100 × g for 30 min at 4 °C. Total protein and soluble protein samples were obtained from the cell lysates and supernatant after centrifugation, respectively. Aliquots of total and soluble protein were mixed with sample loading buffer (0.225 M Tris-HCl pH 6.8, 50% glycerol, 5% SDS, 0.005 M bromophenol blue, and 0.25 M DTT) at a 1:4 ratio and boiled for 15 min before resolving by SDS-PAGE on 12% gels. After electrophoresis, gels were stained with Coomassie blue staining solution.
2.4. Analysis of the Expression Pattern of scvhFGF19 Variants without Fusion Partner

After the expression analysis of mCherry-fused scvhFGF19, the selected variants were amplified by PCR with the primers pSCT5_scvhFGF19-fw and pSCT5_scvhFGF19-rv, followed by digestion with SpeI and HindIII, and then subcloned into pSCT5 plasmid digested with the same restriction enzymes to remove the gene encoding the fusion partner mCherry. Subsequently, the expression patterns of the scvhFGF19 variants without fused mCherry were reanalyzed in the same manner as those of the mCherry-fused scvhFGF19 variants.

2.5. Construction of Plasmids for Co-Expression of DsbC and scvhFGF19

To co-express the screened scvhFGF19 and the chaperone DsbC in E. coli, three constructs were prepared. First, to express the dsbC and scvhFGF19 genes as a single polycistronic mRNA in E. coli cytoplasm, ΔssdsbC gene encoding DsbC without the signal peptide from 2 to 20 amino acids was amplified from the genomic DNA of E. coli W3110 by PCR using either pSCT5_-ssDsbC-fw and pSCT5_-ssDsbC-rv or pSCT5_FGF19/ΔssDsbC-fw and pSCT5_FGF19/ΔssDsbC-rv, and the resulting DNA fragments were digested with the restriction enzymes SpeI and BamHI or BamHI and HindIII, respectively, followed by cloning into pSCT5_scvhFGF19 digested with the same enzymes. The two constructs, pSCT5_-ssDsbC/scvhFGF19 and pSCT5_scvhFGF19/ΔssDsbC, were generated by incorporating the gene encoding ΔssDsbC into the upstream and downstream regions of scvhFGF19, respectively (Figure 1).

Second, to independently express each gene under the same promoter T7, the ΔssdsbC gene was amplified by PCR using the primers pACYCDeut1_-ssDsbC-fw and pACYCDeut1_-ssDsbC-rv, while scvhFGF19 was amplified using pACYCDeut1_scvhFGF19-fw and pACYCDeut1_scvhFGF19-rv. The resulting ΔssdsbC gene was digested with Ncol and BamHI, followed by incorporation into pACYCDeut1 vector digested with the same enzymes, generating pACYCDeut1_DsbC. The scvhFGF19
gene was digested with NdeI and XhoI, followed by incorporation into pACYCDuet1_DsbC vector digested with the same enzymes, resulting in the construct pACYCDuet1_AssDsbC/scvhFGF19 (Figure 1).

Third, to independently express each gene under different promoters (T5 and T7), the DNA sequence between AssDsbC and scvhFGF19 of pACYCDuet1_AssDsbC/scvhFGF19 was amplified by PCR with the primers pQHDuet_InfuAssDsbC-fw and pQHDuet_InfuAssDsbC-rv, then recombined with the DNA fragment amplified from the plasmid pQE80L with the primers pQE80L V-fw and pQE80L V-rv using an In-Fusion cloning Kit (Takara Bio, Kusatsu, Japan), and finally subcloned into the vector pQE80L. The resulting construct was named pQHDuet_AssDsbC/scvhFGF19 (Figure 1).

2.6. Analysis of scvhFGF19 Expression Patterns Due to Co-Expression of AssDsbC in E. coli Cytoplasm

The four plasmid constructs were transformed into E. coli XL1-Blue, Origami 2, and Origami (DE3) by incubating competent cells with each plasmid under the general conditions for heat shock treatment. Using harvested cells after the culture of the transformed cells, total and soluble fractions of the expressed proteins were prepared as described in the analysis of the expression pattern of mCherry-fused scvhFGF19 variants. The expression patterns of scvhFGF19 were analyzed using SDS-PAGE and Western blotting. For Western blot analysis, the proteins separated by SDS-PAGE (15%) were transferred into a nitrocellulose membrane (GE healthcare, Chicago, IL, USA) using the Power Blotter-Semi-dry transfer system (ThermoFisher scientific, Waltham, MA, USA) according to the manufacturer’s instructions. The membrane was then blocked using 5% skim milk for 1 h, followed by overnight probing at 4 °C with anti-human FGF19 monoclonal antibody (1:5000, R&D Systems, Minneapolis, MN, USA). Next, the membrane was incubated with horseradish peroxidase-linked goat anti-mouse immunoglobulin G (1:5000, Enzo Life Sciences, Ann Arbor, MI, USA) at room temperature for 1 h. The proteins on the membrane were visualized using the ECL kit detection system (Bio-Rad, Hercules, CA, USA).

2.7. Purification of scvhFGF19

For the purification of the selected variant of scvhFGF19, recombinant E. coli Origami (DE3) cells harboring pQHDuet_AssDsbC/scvhFGF19 were streaked onto Luria Bertani (LB) agar plates supplemented with 100 µg/mL ampicillin and then grown at 37 °C. Single colonies on LB agar were individually seeded into 4 mL LB broth containing 100 µg/mL ampicillin and incubated at 37 °C and 220 rpm until the cultures reached early stationary phase. Then, a 1 L flask containing 200 mL of LB broth with the same antibiotics was inoculated with 1% (v/v) of the seed culture and incubated at 37 °C until OD$_{600}$ of the culture reached 0.6. Subsequently, the cells were induced with 0.2 mM IPTG and further incubated at 30 °C for 3 h, with constant shaking at 240 rpm. Finally, the cultured cells were harvested by centrifugation at 4 °C and 10,000×g for 10 min.

Based on the theoretical isoelectric point and heparin affinity of hFGF19, Q HP anion exchange chromatography and a heparin HP column were successively used for purifying scvhFGF19. Considering the theoretical isoelectric point (6.5), the Q HP column (5 mL; GE Healthcare, Chicago, IL, USA) was selected for primary purification. The harvested cells were resuspended in the binding buffer (20 mM sodium phosphate buffer, pH 7.3) and disrupted by sonication; insoluble aggregates were removed by centrifugation at 20,000×g and 4 °C for 30 min. The resulting supernatant was loaded onto the Q HP column that had been pre-equilibrated with binding buffer. After binding, the column was completely washed with washing buffer (20 mM sodium phosphate buffer, pH 7.3), and then eluted by using a linear gradient of elution buffer (20 mM sodium phosphate buffer, 1 M NaCl, pH 7.3). The purity of the eluted protein in each fraction was analyzed by SDS-PAGE. The fractions containing scvhFGF19 were collected and diluted five times with a dilution buffer (20 mM sodium phosphate, pH 6.5) before loading onto the heparin column pretreated with the dilution buffer. The column was then completely washed with the same buffer, then eluted using a linear gradient of 0.1–1 M NaCl. The purity of the protein in eluted fractions was determined by SDS-PAGE.
2.8. Endotoxin Removal

Endotoxins in eluted protein solutions were removed using a high capacity endotoxin removal spin column (ThermoFisher Scientific, Waltham, MA, USA) according to the manufacturer’s instructions, and its concentration in protein solution was determined using the LAL endotoxin assay kit (ThermoFisher Scientific, Waltham, MA, USA). There was no difference between the resulting protein and control buffer solution. The concentration of the purified recombinant scvhFGF19 was determined using Bradford assay with bovine serum albumin (BSA) as a standard.

2.9. Activity Assay of scvhFGF19

HepG2 hepatocellular carcinoma cells were cultured in DMEM media containing 10% fetal bovine serum (FBS), 100 U/mL penicillin, and 100 µg/mL streptomycin until the mid-logarithmic phase, then transferred to a 96-well plate (5 × 10^3/well). After incubation at 37 °C for 24 h, the cells were starved in DMEM supplemented with 0.4% FBS for 24 h prior to treatment of the purified scvhFGF19. HepG2 cells were treated with 5 µg/mL scvhFGF19 at different concentrations for 15 min (or indicated time), followed by cell disruption with lysis buffer (25 mM Tris-HCl pH 7.5, 150 mM NaCl, 1 mM EDTA, 1% NP-40, and 5% glycerol) containing protease inhibitor cocktail (Quartett GmbH, Germany) and phosphatase inhibitor cocktail (AG Scientific, San Diego, CA, USA). Following centrifugation at 12,000 × g and 4 °C for 20 min, total protein concentration of the supernatant was measured using the BCA kit (ThermoFisher Scientific, Waltham, MA, USA) and separated by SDS-PAGE. From the lysates, biological activity of scvhFGF19 was analyzed by immunoblotting with antibodies against Erk1/2 (Cell Signaling Technology, Danvers, MA, USA), phosphorylated Erk1/2 (Cell Signaling Technology), and α-tubulin (Sigma-Aldrich, St. Louis, MO, USA).

3. Results

3.1. Expression of scvhFGF19 Screened from Synonymous Codon Variant Library

To express hFGF19 without any change in the amino acid sequence, codons encoding the first ten amino acids except for ATG were randomly substituted with synonymous codons as described previously [10]. From synonymous codon variant (scv) libraries consisting of approximately 2.8 × 10^4 independent clones, 20 scvhFGF19-mCherry-fused variants were preliminarily screened based on red fluorescence intensity, using fused mCherry as a reporter (Figure S1). Among them, five mCherry-fused variants (Figure 2a) were selected after SDS-PAGE and Western blot analysis based on their relatively high expression level and soluble fraction ratio. Although the results from the DNA sequence analysis were insufficient to address the different expression levels of the selected variants, the corresponding sequence to each variant showed that codons encoding amino acids in N-terminal region were randomly replaced with synonymous codons (Figure 2b).

scvhFGF19-mCherry-expressing cells harvested from culture broth exhibited light pink color under visible light due to the high expression level of fused-mCherry. In contrast, cells expressing the wild type hFGF19-mCherry had no color. As expected, the distinct protein bands corresponding to the wild type hFGF19 and its fusion protein hFGF19-mCherry, respectively, were not detected in SDS-PAGE (Figure 2). In contrast, the protein bands corresponding to the selected scvhFGF19 variants were clearly detected. However, almost all expressed proteins formed an insoluble aggregate as an inclusion body (Figure 2a), although mCherry emitted red fluorescence in the screening step; these results were inconsistent with our previous reports [10,11]. We thus speculated that marginal soluble expression of scvhFGF19 was probably associated with structural features such as the two internal disulfide bonds and the long, disordered region at the N- and C-terminus [12]. As the reducing environment of the E. coli cytoplasm is unfavorable for the formation of disulfide bonds, correct folding of scvhFGF19 may be impaired. To test this speculation, we used E. coli Origami 2 as an alternative host strain for the expression of two codon variants, 19 and 20, in which the expression levels were relatively reproducible regardless of mCherry fusion among the five selected variants (Figure 3). Origami 2
strain is a K-12 derivative that resembles XL1-Blue and has mutations in both thioredoxin reductase (trxB) and glutathione reductase (gor) genes, thus promoting disulfide bond formation in the E. coli cytoplasm. However, only a slight increase was observed in the expression levels of the soluble fraction of scvhFGF19-mCherry when E. coli Origami 2 was used as a host (Figure 3a). These trends were also observed when the fusion partner mCherry was removed from the construct (Figure 3b), suggesting that either the innate solubilities of the selected scvhFGF19 variants were not improved or these variants were misfolded in the cytoplasm due to incorrect disulfide bond formation. To enhance the soluble expression of scvhFGF19 without the reporter mCherry, codon variant 19 was used as a model for further experiments due to its relatively higher solubility compared with that of codon variant 20. When required, codon variant 20 was also used as a control.

Figure 2. SDS-PAGE analysis and DNA sequence alignment of the selected codon variant scvhFGF19: (a) Analysis of the expression of the selected variant scvhFGF19-mCherry fusion proteins. MW: protein size marker; T and S: total and soluble fraction; mCherry: expressed mCherry as a control; hFGF19: mCherry-fused with wild type hFGF19; 16–20: screened codon variant scvhFGF19-mCherry. (b) Alignment of DNA sequence of the screened scvhFGF19 with substituted synonymous codons in the N-terminal region.

Figure 3. Analyses of the expression of the selected codon variants 19 and 20 in E. coli XL1-Blue and Origami 2. (a) Expression patterns of the selected codon variants with mCherry fusion in E. coli XL1-Blue and Origami 2. mCherry: expressed mCherry as a control; 19–20: the selected codon variants with mCherry fusion. (b) Expression patterns of the two selected codon variants without the fusion partner mCherry in E. coli Origami 2. mCherry: expressed mCherry as a control; hFGF19: expression of wild type hFGF19 without mCherry as a control; 19–20: expression of codon variants 19 and 20 without mCherry.
3.2. Enhanced Soluble Expression of scvhFGF19 Due to Co-Expression of DsbC in E. coli Cytoplasm

Disulfide bond formation in *E. coli* is mainly catalyzed by DsbC or the DsbA/B complex in the periplasmic space. To support disulfide bond formation in the cytoplasm, we employed the disulfide bond isomerase DsbC, which reduces two active site cysteines through a pathway involving the cytoplasmic proteins thioredoxin reductase, thioredoxin, and cytoplasmic membrane protein DsbD, thereby assisting the correct folding of proteins with multiple disulfide bonds even when expressed in the cytoplasm [13,14]. To co-express DsbC and the codon variant 19 in the cytoplasm of *E. coli*, a *dsbC* gene without a signal sequence (2-22 aa) (*∆ssdsbC*) was incorporated downstream or upstream of the codon variant 19 in pSCT5_scvhFGF19 and transcribed in a polycistronic manner under the control of a single T5 promoter. The expressed codon variant 19 was quantitatively analyzed by Western blotting because the sizes of the proteins scvhFGF19 (22 kDa) and *∆ssDsbC* (23.5 kDa) were indistinct in SDS-PAGE.

In both cases, although DsbC co-expression significantly increased the proportion of the soluble codon variant 19 in *E. coli* Origami 2 cytoplasm, the total expression level of this variant was approximately two times lower than that without *∆ssDsbC*. Interestingly, *∆ssDsbC* incorporation upstream of the codon variant 19, which resulted in earlier expression of the protein encoded by it, increased the expression level of soluble scvhFGF compared with that due to its incorporation in the downstream region of codon variant 19, as shown by the SDS-PAGE and Western blotting results of the expressed proteins when XL1-Blue and Origami 2 were used as two hosts (Figure 4a). The DNA sequences and maps for the physical locations of codon variant 19 and DsbC in the pSCT5_scvhFGF19/DsbC plasmid completely matched with the intended design strategy. Nevertheless, in the case of later expression of *∆ssDsbC*, due to the incorporation of the gene encoding it in the downstream region of the codon variant 19, anti-hFGF19 monoclonal antibody mainly bound to an ambiguous protein with a higher molecular weight than the expected size of scvhFGF19 owing to unknown reasons. Based on these results, we determined the beneficial effects of DsbC co-expression as a chaperone and use of Origami 2 as a host for the soluble expression of scvhFGF19 without fusion partners, although the expression level required further improvements for practical applications.

![Figure 4. Expression analysis of DsbC co-expressed codon variant hFGF19. (a) Codon variant hFGF19 and DsbC were independently co-expressed under a single promoter. In this experiment, two constructs were used: scvhFGF19/∆ssDsbC and ∆ssDsbC/scvhFGF19 (denote the genetically expressed order). Two hosts—E. coli XL1-Blue and Origami 2—were used to compare the expression patterns under different reduction conditions of the cytoplasm. The lower panel shows a Western blotting result of the expressed codon variant 19. For clearer comparison, codon variant 20 was used as a positive control. (b) Co-expression of codon variant 19 and DsbC under two identical and different promoters in E. coli Origami 2 and Origami (DE3) were analyzed. pACYCDuet1 and pQE80L empty vectors were used as negative controls. Lanes 1–3: repeated experimental results of the clones harboring pACYCDuet1_∆ssDsbC/scvhFGF19 under two identical T7 promoters; pQHDuet_∆ssDsbC/scvhFGF19: the expression of DsbC and scvhFGF19 under T5 and T7 promoters, respectively. Arrows indicate the protein size corresponding to their prediction molecular weight: DsbC (23.5 kDa), scvhFGF19 (22 kDa). SDS-PAGE results for DsbC and scvhFGF19; overlapped bands were obtained.](image-url)
3.3. Improved Total Expression of scvhFGF19

We constructed pACYCADuet1_DsbC/scvhFGF19 and pQHDuet_DsbC/scvhFGF19, wherein ∆ssDsbC and scvhFGF19 were independently expressed under two identical T7 promoters and T5 and T7 promoters, respectively (see Figure 1). In the former case, when ∆ssDsbC and scvhFGF19 were separately expressed under the control of two independent T7 promoters in pACYCADuet1_DsbC/scvhFGF19, the expression level of scvhFGF19 increased by about 1.5-fold and was recovered to approximately 90% of that under T5 promoter in pSCT5_scvhFGF19 (Figure 4b). However, total and soluble expression levels of the codon variant 19 in pACYCADuet1_DsbC/scvhFGF19 fluctuated in the repeat experiments. In the latter case, when ∆ssDsbC and scvhFGF19 were expressed under T5 and T7 promoters, respectively, in pQHDuet_DsbC/scvhFGF19, the expression level of the codon variant 19 increased to approximately 1.3–1.5-fold compared with that of pACYCADuet1_DsbC/scvhFGF19 and showed a high reproducible result. Thus, the clone harboring the construct pQHDuet_DsbC/scvhFGF19 was used for the purification of scvhFGF19.

3.4. Purification of scvhFGF19

Recombinant scvhFGF19 was purified from E. coli Origami (DE3) cell lysate using a two-step purification procedure, consisting of anion exchange and heparin affinity column chromatography, according to the experimental procedure described in the methods section. In the first step, the fraction containing scvhFGF19 was eluted from the column using the concentration gradient corresponding to 160 to 220 mM NaCl. The second step, which involved purification using heparin column, reproducibly eluted scvhFGF19 from the column using salt concentrations of 400–500 mM NaCl (Figure S2). Figure 5 shows that ∆ssDsbC was separated from scvhFGF19 after anion exchange column chromatography, although other contaminants remained. After heparin affinity column chromatography, more than 90% purity of scvhFGF19 was reproducibly obtained (Figure S2). The final yield of purified scvhFGF19 from Origami (DE3) strain was approximately 6.5 mg/L of culture broth.

3.5. Biological Activity of Purified scvhFGF19

It has been previously reported that hFGF19/FGFR4 signaling leads to the activation of Ras-Raf-Erk1/2 MAPK pathway, and thus functional assay for recombinant scvhFGF19 is conducted using HepG2 hepatocellular carcinoma cell line [8,15]. In this study, HepG2 cells were treated with purified scvhFGF19, and Erk1/2 phosphorylation in these cells was evaluated in a time- and dose-dependent manner. We found that scvhFGF19 induced a distinct phosphorylation of Erk1/2,
and its effect decreased in a time-dependent manner (Figure 6a). In addition, scvhFGF19 activated Erk1/2 phosphorylation in a dose-dependent manner, similar to the commercially available positive control (Figure 6b). Altogether, this study demonstrated that the screened recombinant scvhFGF19 has the ability to phosphorylate Erk1/2 through a signaling pathway.

![Figure 6. Biological activity of purified codon variant 19: (a) Time course of ERK1/2 kinase activation in HepG2 cells treated with 5 µg/mL of the codon variant 19. P.C.: positive control. (b) Dose-dependent ERK1/2 kinase activation in HepG2 cells treated with the defined amount of recombinant scvFGF19 (codon variant 19) for 15 min. All experiments were conducted at least three times according to the described procedure in the methods section.](image_url)

4. Discussion

hFGF19 plays pivotal functions in bile acid synthesis, energy metabolism, insulin sensitivity, liver regeneration, and anti-inflammation, although the underlying mechanisms are yet to be clarified [16,17]. Consequently, hFGF19 has become an attractive therapeutic drug for the treatment of obesity, fatty liver disease, and type 2 diabetes [18]. However, the production of hFGF19 without any modifications, especially in its amino acid sequence, has not been previously achieved in E. coli.

To express hFGF19 without fusion tags, we randomly substituted codons encoding the first 10 amino acids, except ATG, of hFGF19 with synonymous codons and screened variants expressing functional hFGF19 based on the fluorescence intensity of C-terminal-fused mCherry as a reporter. However, all the screened hFGF19 codon variants were expressed as insoluble aggregates. Moreover, after the centrifugation of the total cell lysate to remove insoluble aggregates, both the soluble and insoluble fractions emitted red fluorescence under UV light (data not shown). Red fluorescence emission in the soluble fraction indicated the presence of soluble scvhFGF19-mCherry and/or mCherry cleaved from scvhFGF19 by certain proteinases after or during translation. The cleavage site of mCherry is probably located in the long, disordered region of the C-terminus of hFGF19 [3], which is highly sensitive to proteolytic activity. In contrast, red fluorescence in the insoluble fraction is apparently emitted by the active inclusion bodies of mCherry [19]. Therefore, mCherry is not a suitable folding reporter for screening proteins with long, disordered regions at the C-termini, although it indicates increased expression levels of the target protein, as shown in this report.

The aggregate-prone property of the scvhFGF19 screened in this study was alleviated by modulation of the cytoplasmic reducing environment using the alternative host E. coli Origami 2 instead of E. coli XL1-Blue and the co-expression of DsbC. This strategy involved the co-expression of DsbC and scvhFGF19 under three different conditions: under the control of a single promoter, under the control of two identical promoters, and under the control of two different promoters. We found that the use of different promoters for the expression of each gene could increase both DsbC and scvhFGF19 expression. Although the two different promoters are recognized by different RNA polymerases, viz. E. coli and T7 phage RNA polymerase, both genes were reproducibly expressed in this study. This may be due to the non-interference of the RNA polymerases with each other. Stochastic interaction between T7 RNA polymerase and two adjacent T7 promoters might underlie the low level of gene expression and reproducibility when two identical promoters were used.

In a previous report, Kong et al. [8] showed that the solubility of TrxB-fused hFGF19 in the reducing environment of the cytoplasm could be improved by co-expression of DsbC alone,
although the functional separation of hFGF19 from TrxB was not successfully achieved. In our study, co-expression of DsbC improved the solubility of scvhFGF19 in the non-reducing cytoplasmic environment of the usual E. coli host XL1-Blue. DsbC expression upstream, rather than downstream, of scvhFGF19 was more effective. However, despite an increased expression of DsbC, a major proportion of the expressed scvhFGF19 remained insoluble. These results indicated that the soluble overexpression of scvhFGF19 with two disulfide bonds was not innately difficult or prone to degradation by proteases, as shown in the results of the western blot analysis (truncated bands, just below the intact band of total cell lysate fraction; Figures 4 and 5). It has been previously reported that high expression of DsbC can cause oxidation and exceed the reductive capacity of the cytoplasm [13]. Therefore, overexpression of DsbC alone was not sufficient to enhance the soluble expression of hFGF19, although we obtained approximately 5–7 mg of purified protein without any tag or additional amino acids using translational rate-controlled codon variants. Translational rate control promotes the interaction of a de novo synthetic protein with chaperones or exploits a fitness landscape for correct folding.

The FGF19 subfamily, including 19, 21, and 23, shares a common core of around 140 amino acids with a high degree of sequence homology, and thus is expected to have similar structural properties. More intriguingly, the fold of hFGF19, including the predicted second disulfide bond, is similar to those of other FGFs, such as FGF8, 15, 17, 18, 21, and 23 [3,20]. Previous studies support that the FGF19 production strategy used in this study could be applied to express other related FGFs.

Supplementary Materials: The following are available online at http://www.mdpi.com/2076-2607/8/12/1942/s1.

Author Contributions: G.-J.K. designed research, analyzed the data, and wrote the paper. H.-J.C. and D.-E.C. designed research, performed the experiments, analyzed the data, and wrote the paper. J.P. and D.-H.L. performed the research experiments and analyzed the data. S.-K.Y. performed the research experiments and analyzed the data. All authors have read and agreed to the published version of the manuscript.

Funding: This work was supported by a grant from Marine Biotechnology Program (20170305) funded by Ministry of Oceans and Fisheries, Korea. This work was also supported by Basic Science Research programs (NRF Grant Number: 2018R1A4A1023882) of the National Research Foundation (NRF) of Korea funded by the Ministry of Education, Science and Technology of Korea (MEST).

Conflicts of Interest: The authors declare no conflict of interest.

References
1. Yun, Y.R.; Won, J.E.; Jeon, E.; Lee, S.; Kang, W.; Jo, H.; Jang, J.H.; Shin, U.S.; Kim, H.W. Fibroblast growth factors: Biology, function, and application for tissue regeneration. *J. Tissue Eng.* 2010, 2010, 218142. [CrossRef] [PubMed]
2. Ornitz, D.M.; Itoh, N. Fibroblast growth factors. *Genome Biol.* 2001, 2, Reviews3005. [CrossRef] [PubMed]
3. Harmer, N.J.; Pellegrini, L.; Chirgadze, D.; Fernandez-Recio, J.; Blundell, T.L. The crystal structure of fibroblast growth factor (FGF) 19 reveals novel features of the FGF family and offers a structural basis for its unusual receptor affinity. *Biochemistry* 2004, 43, 629–640. [CrossRef] [PubMed]
4. Itoh, N.; Ornitz, D.M. Fibroblast growth factors: From molecular evolution to roles in development, metabolism and disease. *J. Biochem.* 2011, 149, 121–130. [CrossRef] [PubMed]
5. Walters, J.R.F.; Appleby, R.N. A variant of FGF19 for treatment of disorders of cholestasis and bile acid metabolism. *Ann. Transl. Med.* 2015, 3, S7. [PubMed]
6. Zhou, M.; Learned, R.M.; Rossi, S.J.; DePaoli, A.M.; Tian, H.; Ling, L. Engineered FGF19 eliminates bile acid toxicity and lipotoxicity leading to resolution of steatohepatitis and fibrosis in mice. *Hepatol. Commun.* 2017, 1, 1024–1042. [CrossRef] [PubMed]
7. Inagaki, T.; Choi, M.; Moschetta, A.; Peng, L.; Cummins, C.L.; McDonald, J.G.; Luo, G.; Jones, S.A.; Goodwin, B.; Richardson, J.A.; et al. Fibroblast growth factor 15 functions as an enterohepatic signal to regulate bile acid homeostasis. *Cell Metab.* 2005, 2, 217–225. [CrossRef] [PubMed]
8. Kong, B.; Guo, G.L. Soluble expression of disulfide bond containing proteins FGF15 and FGF19 in the cytoplasm of Escherichia coli. *PloS ONE* 2014, 9, e85890. [CrossRef] [PubMed]
9. Cheong, D.E.; Ko, K.C.; Han, Y.; Jeon, H.G.; Sung, B.H.; Kim, G.J.; Choi, J.H.; Song, J.J. Enhancing functional expression of heterologous proteins through random substitution of genetic codes in the 5’ coding region. *Biotechnol. Bioeng.* 2015, 112, 822–826. [CrossRef] [PubMed]
10. Cheong, D.E.; Lee, J.; Choi, H.J.; Yoo, S.K.; Lee, D.H.; Kim, G.J. Soluble overexpression of a flagellin derivative from Salmonella enterica using synonymous codon substitutions of 5′-coding region in Escherichia coli. Biotechnol. Lett. 2019, 41, 1275–1282. [CrossRef] [PubMed]

11. Jeon, H.G.; Cheong, D.E.; Han, Y.; Song, J.J.; Choi, J.H. Itaconic acid production from glycerol using Escherichia coli harboring a random synonymous codon-substituted 5′-coding region variant of the cadA gene. Biotechnol. Bioeng. 2016, 113, 1504–1510. [CrossRef]

12. Uemura, E.; Niwa, T.; Minami, S.; Takemoto, K.; Fukuchi, S.; Machida, K.; Imataka, H.; Ueda, T.; Ota, M.; Taguchi, H. Large-scale aggregation analysis of eukaryotic proteins reveals an involvement of intrinsically disordered regions in protein folding. Sci. Rep. 2018, 8, 678. [CrossRef]

13. Rietsch, A.; Bessette, P.; Georgiou, G.; Beckwith, J. Reduction of the periplasmic disulfide bond isomerase, DsbC, occurs by passage of electrons from cytoplasmic thioredoxin. J. Bacteriol. 1997, 179, 6602–6608. [CrossRef] [PubMed]

14. Chen, J.; Song, J.L.; Zhang, S.; Wang, Y.; Cui, D.F.; Wang, C.C. Chaperone activity of DsbC. J. Biol. Chem. 1999, 274, 19601–19605. [CrossRef] [PubMed]

15. Raja, A.; Park, I.; Haq, F.; Ahn, S.M. FGF19-FGFR4 signaling in hepatocellular carcinoma. Cells 2019, 8, 536. [CrossRef]

16. Jahn, D.; Rau, M.; Hermanns, H.M.; Geier, A. Mechanisms of enterohepatic fibroblast growth factor 15/19 signaling in health and disease. Cytokine Growth Factor Rev. 2015, 26, 625–635. [CrossRef] [PubMed]

17. Owen, B.M.; Mangelsdorf, D.J.; Kliwer, S.A. Tissue-specific actions of the metabolic hormones FGF15/19 and FGF21. Trends Endocrinol. Metab. 2015, 26, 22–29. [CrossRef] [PubMed]

18. Tomlinson, E.; Fu, L.; John, L.; Hultgren, B.; Huang, X.; Renz, M.; Stephan, J.P.; Tsai, S.P.; Powell-Braxton, L.; French, D.; et al. Transgenic mice expressing human fibroblast growth factor-19 display increased metabolic rate and decreased adiposity. Endocrinology 2002, 143, 1741–1747. [CrossRef] [PubMed]

19. Raghunathan, G.; Munussami, G.; Moon, H.; Paik, H.J.; An, S.S.A.; Kim, Y.S.; Kang, S.; Lee, S.G. A variant of green fluorescent protein exclusively deposited to active intracellular inclusion bodies. Microb. Cell Fact. 2014, 13, 989. [CrossRef] [PubMed]

20. Wang, S.; Li, Y.; Jiang, C.; Tian, H. Fibroblast growth factor 9 subfamily and the heart. Appl. Microbiol. Biotechnol. 2018, 102, 605–613. [CrossRef] [PubMed]

Publisher’s Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.

© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).