Review

Tunnel Squeezing Deformation Control and the Use of Yielding Elements in Shotcrete Linings: A Review

Xiaomeng Zheng 1,2, Kui Wu 1*, Zhushan Shao 1, Bo Yuan 1,2 and Nannan Zhao 1,2

1 School of Civil Engineering, Xi’an University of Architecture and Technology, Xi’an 710055, China; gqquyqiegq@163.com (X.Z.); shaozhushan@xuat.edu.cn (Z.S.); qinsxauat@126.com (B.Y.); zhaonannan@xuat.edu.cn (N.Z.)
2 Shaanxi Key Lab. of Geotechnical and Underground Space Engineering (XAUAT), Xi’an University of Architecture and Technology, Xi’an 710055, China
* Correspondence: wukuigz@163.com

Abstract: Shotcrete lining shows high resistance but extremely low deformability. The utilization of yielding elements in shotcrete lining, which leads to the so-called ductile lining, provides a good solution to cope with tunnel squeezing deformations. Although ductile lining exhibits great advantages regarding tunnel squeezing deformation control, little information has been comprehensively and systematically available for its mechanism and design. This is a review paper for the purpose of summarizing the development history and discussing the state of the art of ductile lining. It begins by providing a brief introduction of ductile lining and an explanation of the importance of studying this issue. A following summary of supporting mechanism and benefits of ductile lining used in tunnels excavated in squeezing ground conditions is provided. Then, it summarizes the four main types of yielding elements applied in shotcrete lining and introduces their basic structures and mechanical performances. The influences of parameters of yielding elements on the supporting effect are discussed and the design methods for ductile lining are reviewed as well. Furthermore, recommendations for further research in ductile lining are proposed. Finally, a brief summary is presented.

Keywords: tunnel; squeezing deformation; yielding element; ductile lining performance

1. Introduction

Deep excavation in squeezing grounds for tunnel engineers normally implies excessive tunnel convergences [1–7], and these rock deformations usually take slowly, sometimes lasting for one week, several months, or more than one year, after tunnel excavation is completed [8–15]. Conventional rigid tunnel shotcrete linings, where rock deformations are strictly limited, are unable to work against great overburden pressure which is triggered by considerable rock deformations [16,17], and the bad phenomenons of shotcrete falls or cracking, or even serious tunnel collapse are often observed [18,19]. In such a condition, it is almost infeasible to contain deformation energy involved by means of heavier linings [20–22].

In order to avoid shotcrete lining failure in deep excavation through squeezing grounds, the use of yielding elements in shotcrete lining, leading to the so-called “ductile lining”, has gradually gained more attention. In fact, at first tunnel engineers took actions to divide the shotcrete shell into several segments, where longitudinal gaps were left in advance, in order to accept considerable rock deformations without damaging shotcrete. Unfortunately, this practice led to circumferential internal forces in lining segments not being greatly transferred over these reserved gaps, consequently followed by a significant decrease of shotcrete lining resistance [23]. Then, ductile lining replacing the open gaps with yielding elements was proposed with the attention to address the problems of both
acceptance of considerable rock deformations and transfer of shotcrete lining internal forces. Yielding elements show a stronger deformability than shotcrete, providing shotcrete lining with high possible resistance and able to accommodate the controlled rock deformations through their compressible deformations [24–29]. Ductile linings were first applied in the Galgenberg tunnel, Austria, in 1994, where the yielding elements consisted of groups of axially loaded steel pipes having some manufactured local weakness, and the large squeezing deformations occurring were successfully overcome by using the yielding elements in shotcrete linings [30]. Due to the great advantages of ductile lining in tunnel squeezing deformation control, many research efforts have been made to continuously develop and improve high-performance yielding elements over the past two decades [31–35], such as the glass fiber reinforced plastic element (FFU) [16], telescope yielding element [36], and lining stress controller element [37]. Of course, good applications of these yielding elements in shotcrete linings have been also achieved in many tunnel cases, for instance in the Tauern tunnel in Austria [38], the Lyon-Torino Base tunnel connecting France and Italy [31,39], and the Yangshan tunnel in China [32,33,40]. In Table 1, a brief summary of famous tunnels throughout the world is provided, where large squeezing deformations were satisfactorily controlled by applying ductile linings [18,25,30–33,37–39,40–43]. In many international conferences, including World Tunnel Congress [18,27,44–46], International Rock Mechanics Congress [16,36,47–51], and many other conferences [42,52–55], much attention has been paid and hot discussions raised on the topic of design and use of ductile linings in squeezing rock tunnels. In addition, many researchers have also attempted to investigate the influences of the limited set of design parameters on ductile lining performances or the interaction between rocks and linings, and presented their results in research article form [19,23,25,56–65]. The use of yielding elements in shotcrete linings for tunnel squeezing deformation control at first glance appears as simple work, however in practice it is rather challenging because of the time-dependent hardening of shotcrete, non-linear mechanical response of yielding elements, and the time and tunnel face-advancement dependent development of rock deformations. A more serious failure would take place remarkably if they are employed incorrectly [66,67]. However, up to now, there still has not been a systematic and comprehensive summary on previous research, which is fundamental for future research leading to a deeper understanding and better application of ductile linings.

Table 1. Selected tunnels employing ductile linings.

| Tunnel Name                        | Country    | Reference |
|------------------------------------|------------|-----------|
| Galgenberg tunnel                  | Austria    | [30]      |
| Semmering pilot tunnel             | Austria    | [41]      |
| Strengendunnel                     | Austria    | [42]      |
| Tauern tunnel                      | Austria    | [38]      |
| Koralmtunnel                       | Austria    | [37]      |
| Lyon-Torino Base tunnel           | Italy      | [31,39]   |
| Ibbenbüren coal mine tunnel        | Germany    | [25]      |
| Lötschberg Base tunnel             | Switzerland| [18]      |
| Ceneri Base tunnel                 | Switzerland| [43]      |
| Yangshan tunnel                    | China      | [32,33,40]|

Previous to this work, little information was comprehensively and systemically available for the mechanism and design of ductile linings in squeezing rock tunnels. This is a review paper concentrating on the development history and state of the art of ductile linings. This review article is arranged in six Sections. After the “Introduction”, the supporting mechanism and benefits of ductile linings applied in squeezing rock tunnels are explained in Section 2. Section 3 summarizes four main types of yielding elements (Highly
deformable concrete element, Lining stress controller element, Wabe element, and Support resistance limiting damper) and introduces their basic structures and mechanical performances. In Section 4, the influences of parameters of yielding elements on the supporting effect are discussed and the design methods for ductile lining are reviewed. Based on authors’ experience in this research field, recommendations for further research in ductile lining are proposed in Section 5. Finally, a brief summary is proposed.

2. Supporting Mechanism and Benefits of Ductile Linings

The International Society for Rock Mechanisms (ISRM) has provided a qualitative definition of “squeezing rock” in that the squeezing of rock is the deformation observed over time, and is basically related to the rock creep triggered by exceeding its limit shear stress [68]. Chu et al. [69] reported that time-related deformations were possible to account for more than 70% of the total convergences of tunnels in heavy squeezing rocks. Rabcewicz [70] stated in his book that “…for the primary supports, it is also a futile attempt to deal with high overburden pressure by employing stiff supports, as those would inevitably be destroyed…”, because measures of strengthening support structures could only be effective within a certain limit [71–73]. As shown in Figure 1, when a large amount of rock deformation energy is accumulated, rigid shotcrete lining, however, allowing a limited rock displacement, fails to provide a sufficient support resistance, causing its final failure [74]. Instead, the idea of “flexible principle” considers that the ground pressure will decrease as rock deformation increases, and the controlled rock displacement is necessarily permitted in large squeezing deformation tunnels, thus protecting shotcrete linings from excessive pressure and failure [75]. Ductile lining behind the “flexible principle” uses the shortenings of yielding elements to accommodate rock deformations and fulfil the intention to decrease ground pressure. The schematic diagram of ductile lining is illustrated in Figure 1. The material cost is a very important factor that must be taken into consideration in the construction. Tables 2 and 3 provide comparisons of material costs between stiff supports and ductile linings in two tunnel cases [76]. Obviously, the application of ductile lining lost up to 30% of material cost, compared with stiff supports. In other words, besides the effective control of tunnel squeezing deformations, the goal of cost saving is also achievable by using ductile linings.

Table 2. Comparison of material costs in A-tunnel.

| Support System       | Item               | Specification                        | Quantity/m² | Unit | Unit Price  | Cost (Euro) |
|----------------------|--------------------|--------------------------------------|-------------|------|-------------|-------------|
|                      | Shotcrete          | 1st layer: t = 250 mm, 36 N/mm²       | 17.997      | m²   | 115         | 2070        |
|                      |                    | 2nd layer: t = 200 mm, 36 N/mm²       | 13.549      | m²   | 115         | 1558        |
|                      | Steel support      | 1st layer: NH-200                     | 1.996       | ton  | 969         | 1934        |
|                      |                    | 2nd layer: NH-150                     | 1.170       | ton  | 969         | 1134        |
| Stiff support system | Rock bolt          | 1st layer: L = 6 m, 290 kN            | 21          | piece | 42          | 882         |
|                      |                    | 1st layer: Ground side of lining      | 51.788      | m²   | 1.58        | 82          |
|                      | Wire mesh          | 2nd layer: d5 mm × 150 mm spacing     | 48.596      | m²   | 1.58        | 77          |
|                      | Yielding element   |                                      |             | piece | 0           | 0           |
|                      |                    | Sum                                  |             |          | 7737        |
| Ductile support system | Shotcrete          | t = 250 mm, 36 N/mm²                 | 17.341      | m²   | 115         | 2005        |
|                      | Steel support      | Lattice girder                       | 0.484       | ton  | 920         | 445         |
|                      | Rock bolt          | L = 6 m, 290 kN                      | 21          | piece | 42          | 882         |
|                      | Wire mesh          | Inner side: Both sides of lining      | 50.192      | m²   | 1.58        | 79          |
|                      |                    | Outer side: d5 mm × 150 mm spacing   | 48.197      | m²   | 1.58        | 79          |
|                      | Yielding element   | LSC-N                                | 4           | piece | 400         | 1600        |
|                      |                    | Sum                                  |             |          | 5087        |
Table 3. Comparison of material costs in B-tunnel.

| Support System     | Item            | Specification                        | Quantity/m² | Unit | Unit Price (Euro) | Cost (Euro) |
|--------------------|-----------------|--------------------------------------|-------------|------|------------------|-------------|
| Stiff support system | Shotcrete       | 1st layer, t = 250 mm, 36 N/mm²⁵      | 21.308      | m³   | 115              | 2450        |
|                    |                 | 2nd layer, t = 200 mm, 36 N/mm²⁵      | 16.555      | m³   | 115              | 1904        |
|                    | Steel support   | 1st layer, NH-200                     | 2.208       | ton  | 1208             | 2450        |
|                    |                 | 2nd layer, NH-150                     | 1.361       | ton  | 1208             | 1644        |
|                    | Rock bolt       | 1st layer, L = 6 m, 290 kN            | 51.309      | m²   | 1.58             | 81          |
|                    |                 | 2nd layer, d5 mm × 150 mm spacing     | 47.718      | m²   | 1.58             | 75          |
|                    | Wire mesh       | -                                     | 0           | piece| 0                | 0           |
|                    | Yielding element| -                                     | Sum         |      | 9654             |             |
| Ductile support system | Shotcrete       | t = 250 mm, 36 N/mm²⁵                  | 20.459      | m³   | 115              | 2353        |
|                    | Steel support   | lattice girder                        | 0.474       | ton  | 920              | 436         |
|                    | Rock bolt       | L = 6 m, 290 kN                       | 25          | piece| 42               | 1050        |
|                    | Wire mesh       | inner side, d5 mm × 150 mm spacing    | 49.314      | m²   | 1.58             | 78          |
|                    |                 | outer side, both sides of lining      | 46.920      | m²   | 1.58             | 74          |
|                    | Yielding element| LSC-N                                 | 6           | piece| 400              | 2400        |
|                    |                 | Sum                                   |             |      | 6391             |             |

Figure 1. Comparison of supporting characteristic curves between stiff lining and ductile lining [35]. Reproduced with permission from [37].

The general supporting characteristic curve for ductile lining is shown in Figure 1. Clearly, it can be broadly divided into three stages [63]. The first stage should be regarded as the common elastic deformations of both shotcrete and yielding elements after ductile linings are installed because the internal forces accumulated in the linings do not exceed the yielding stress of yielding elements during this stage. However, this process does not last a long time and the element yielding stress will be easily achieved [77]. When the yielding elements yield in the second stage, the internal forces in the lining will not increase and lining pressure remains practically unchanged. In this stage, the circumferential shortenings of the lining are totally caused by the plastic deformations of yielding
elements and the controlled rock displacement is accepted with a constant support resistance $p_{yield}$ [78]. This stage is called the yielding stage, which cleverly makes the supporting law of ductile linings basically fit with the deformation characteristics of squeezing rocks. After the gaps close, in other words, the ultimate compressive strain of yielding elements is achieved, the deformation of ductile linings proceeds into the third stage. In the third stage, the deformation behavior of ductile linings does not differ from that of conventional rigid linings, using strong resistance only provided by shotcrete to avoid further rock displacements. Finally, an equilibrium in point C, as shown in Figure 1, is obtained between the ground and ductile lining, where the rock displacement is permitted to a considerable level and ground pressure is controlled within the bearing capacity of shotcrete linings.

3. Main Types of Yielding Elements

Over the past two decades, a series of yielding elements have been developed and improved, for instance, the FFU element [16], Meypo, DeCo-grout, Complex [25], and Telescope yielding element [36], in order to make their mechanical performances more suitable for the deformation behaviors of shotcrete and squeezing grounds. Broadly, according to their manufacturing materials, all yielding elements available can be divided into two groups: Porous concrete-based element and steel-based element [37]. A further sub-classification of steel-based element is also possible, which includes steel pipe-based element and steel plate-based element. The applications of both two types of yielding elements are shown in Figure 2, where the use of porous concrete-based elements can be seen in Figure 2a,b, steel pipe-based elements can be seen in Figure 2c–e, and steel plate-based elements can be seen in Figure 2f. In this section, the structures and mechanical properties of four yielding elements mostly used in squeezing rock tunnels are discussed in detail, including one porous concrete-based element, two steel pipe-based elements, and one steel plate-based element.

Figure 2. Illustration for applications of yielding elements in tunnels; (a) and (b) porous concrete-based element; (c–e) steel pipe-based element; and (f) steel plate-based element. Reproduced with permission from [37].
3.1. Highly Deformable Concrete (Hidcon) Element

Hidcon element, as shown in Figure 2a,b, is usually made of high-strength concrete matrix with porous additives [24]. Sometimes, tunnel engineers prefer to call it the “porous concrete element”. If the Hidcon element is adopted as the yielding element used in shotcrete linings, some other additives are also often used, in order to increase the compressive strength and deformability of this element [78]. Taking the Hidcon element used in the Saint Martin La Porte access adit of the Lyon–Turin Base tunnel as an example, steel fibres and hollow glass particles were applied in the elements [79]. The addition of steel fibres led to a significant improvement of element strength, and the hollow glass particles contributed to an increase of element controllable compression value, as a result of particles collapsing at a predefined compressive stress.

Typical stress-strain curves for the Hidcon element employed in the Saint Martin La Porte access adit are plotted in Figure 3. It is obvious that Hidcon elements present a high initial stiffness within a small strain range, followed by an almost unchanged resistance over a great strain range after reaching their yielding stress. The maximum strain of the Hidcon element in Figure 3 can even amount to 50%, and its resistance exhibited a high increase in the later deformation stage. Another advantage of the Hidcon element should be highlighted in that there usually does not exist a sudden brittle failure during its shortenings. However, tunnel engineers often worry about the damage of progressive hardening shotcrete when using Hidcon elements in shotcrete linings because of their high stiffness in the early deformation stage.

![Figure 3. Stress-strain curves for Hidcon elements applied in the Saint Martin La Porte access adit [79]. Reproduced with permission from [79].](image)

3.2. Lining Stress Controller Element

As previously mentioned, groups of axially-loaded steel pipes were first applied as the yielding elements used in shotcrete linings in the Galgenberg tunnel, Austria, in 1994 [30]. Considering the low strength of young shotcrete, those pipes featured a row of holes in order to decrease their initial stiffness. However, this type of yielding element showed a quite unstable load-displacement behavior due to the buckling of steel pipes. To overcome such a problem, tunnel engineers working at the Institute for Rock Mechanics and
Tunnelling, Graz University of Technology, Austria, attempted to add shorter guiding pipes in length and insert them in those steel pipes, thus optimizing the buckling route of pipe elements [37], which is the so-called “Lining stress controller” (LSC).

Up to now, a good Lining stress controller consists of axially loaded steel pipes, where additional pipes are simultaneously installed at both ends of the element, aligned concentrically with the load-bearing pipes [24], as shown in Figure 2d. The development of load-bearing pipe buckling folds either inwards or outwards is strictly restrained due to the presence of these additional guiding pipes installed concentrically. Lining stress controller can take advantage of rationally symmetrical cylinder buckling in this way, making its load-displacement behavior better match the strength development of shotcrete. Obviously, it is very convenient to adjust the bearing capacity and allowable shortening value of the LSC element by flexibly determining the number and length of steel pipes used in the element. Figure 4 exhibits the load-displacement curve for a LSC element, where four yielding steel pipes are contained and two of them are 30 mm shorter in length. It can be seen that a practically linearly increasing load resistance is provided by the LSC element until its shortening value of 80 mm. Subsequently, its load resistance oscillates within a stable range of 2050 kN and 2500 kN, triggered by pipe buckling.

![Figure 4. Load-displacement curve for a LSC element [37]. Reproduced with permission from [37].](image)

3.3. Wabe Element

The Wabe element, compared with the LSC element, is composed of a set of transversely loaded steel pipes, which are connected with steel plates and finally bonded by top and bottom plates, as illustrated in Figure 2e. The Wabe element was first proposed and applied in the second tube of the Tauern tunnel [38]. The load-displacement curve for a Wabe element consisting of three rows of five steel pipes each, is plotted in Figure 5. It clearly shows that there is a remarkable increase of initial load resistance of the Wabe element during a very small shortening of about 8 mm, but this value in the LSC element approximately equals to 80 mm. A load resistance of about 500 kN can be provided after a compression of 10 mm is completed, which remains almost constant in the next few tens of centimeters of shortening. The element resistance presents a small increase from about the compression deformation of 80 mm, and its final value approximately equals to 900 kN with 200 mm of shortening.

Of course, it is also feasible, like the LSC element, to insert additional steel pipes that have smaller diameters to increase the load resistance of the Wabe element. It can be easily found in Figure 5 that the resistance of the Wabe element (with additional steel pipes) has
an increase of about 200 kN at a shortening of 30 mm, and the final load approximates 1400 kN in this way. By comparing results in Figures 4 and 5, it indicates that the resistance capacity of steel pipe-based elements is highly affected by the forced direction of steel pipes.

![Figure 5. Load-displacement curve for a Wabe element [37]. Reproduced with permission from [37].](image)

3.4. Support Resistance Limiting Damper

Support resistance limiting damper (SRLD, as shown in Figure 2f), is a type of steel plate-based yielding elements. This element is composed of upper and lower connecting steel plates and several vertical resistance-limiting plates [32,33,40]. The upper and lower connecting steel plates are placed in parallel, and the vertical resistance-limiting plates are welded on them. The vertical steel plates are produced by low-carbon steel, which has good yielding deformability and post-peak residual load-bearing capacity. By using the bending plastic deformations of these vertical steel plates, the resistance limiting element is able to achieve the purpose of releasing the deformation energy of rocks, and thus decreasing the internal forces in shotcrete linings. As reported, a huge advantage of resistance limiting elements is that they can work together with ordinary steel arches and shotcrete [32]. However, steel sets with sliding connections are usually needed for coordinate deformations, when using other yielding elements that are separated from arches.

Figure 6 provides the load-displacement curves for two sample resistance limiting elements used in the Yangshan tunnel, in China. Obviously, the working phase of SRLD can be grouped into four stages. The first one is the elastic deformation stage, and the load resistance of SRLD increases rapidly and linearly, and reaches the peak value at an extremely small shortening in this stage. The second is the yield decrease stage, in which stage the load resistance decreases with the compression. The following is the yield constant resistance stage. The vertical steel plates generate the plastic bending in this stage, with the resistance remaining practically constant. The shortening in this stage accounts for more than 80% of the total compression value of SRLD. The last stage is the compaction rise stage and in this stage the resistance increases rapidly with the shortening. It is clearly seen from Figure 6 that SRLD has a very high initial stiffness and young shotcrete is prone to damage in the early stage. It is necessary for tunnel engineers to take action to improve this behavior performance of SRLD.

These four yielding elements above are the most commonly used types in practical engineering. In order to clearly show the difference in their performance, Table 4 lists a qualitative comparison of these yielding elements, from the aspects of several important
factors, including deformability, initial stiffness, yield stress, installation procedure, serviceability, and costs.

![Displacement-load curve for the resistance limiting element](image)

**Figure 6.** Displacement-load curve for the resistance limiting element [32]. Reproduced with permission from [37].

Table 4. Qualitative comparison of four mentioned yielding elements.

| Criterion               | HidCon | LSC   | Wabe  | SRLD  |
|-------------------------|--------|-------|-------|-------|
| Deformability           | Medium | High  | High  | High  |
| Initial stiffness       | High   | Medium| Low   | High  |
| Yield stress            | Medium | High  | Low   | Low   |
| Installation procedure  | Medium | Medium| Medium| Simple|
| Serviceability          | Difficult| Difficult| Difficult| Difficult|
| Costs                   | Low    | Low   | Medium| Low   |

4. Mechanical Performance for Ductile Linings

4.1. Factors Influencing the Performance of Ductile Linings

The installation quantity and location of yielding elements in shotcrete linings, reportedly, were changed several times in the Saint Martin La Porte adit, in order to fulfil the requirements of tunnel closure and shotcrete lining bearing capacity [39]. Table 5 provides these solutions used before in the tunnel. Of course, the performance of ductile lining is absolutely associated with many other factors, besides the installation quantity and location of yielding elements. Many researchers have made many efforts on this topic, in order to achieve a better understanding of the supporting mechanism and better mechanical behavior of ductile lining [80–85]. In this section, a summary of factors and how they influence the ductile lining performance is provided in detail.
Lei and Zhao [62], based on the analytical method, put forward that shotcrete linings normally suffer from the bending deformation upon loading, but shotcrete has weak resistance to such deformation due to its very low tensile strength. The ductile lining design should be based on the principle of reducing its compressive stiffness, and yielding elements are required to be installed at the place where the bending moment is relatively small. Furthermore, they have provided the calculation expressions for determining the internal forces of shotcrete lining, which can be seen in Equation (1) [62,63]. According to Equation (1), it is easy to find that when the lateral pressure coefficient does not equal to 1, the installation locations of yielding elements in shotcrete lining should be $\theta = \pi/4$, $3\pi/4$, $5\pi/4$, and $7\pi/4$, where the values of bending moments are equal to zero. In the condition of lateral pressure coefficient $\lambda = 1$, the bending moment value of each location in shotcrete linings is zero. In other words, a same effect will be obtained wherever yielding elements are placed in the shotcrete lining for a tunnel subjected to a hydrostatic pressure.

Interestingly, it can be found from Table 5 that tunnel engineers actually installed yielding elements in all these locations ($\theta = \pi/4$, $3\pi/4$, $5\pi/4$, and $7\pi/4$) when their quantity in shotcrete linings is not less than four. In addition, although the quantity of yielding elements was only two at chainage 1778–1784 and 1887–1915, they were both placed in the locations of $\theta = \pi/4$ and $3\pi/4$ in shotcrete linings.

$$
\begin{align*}
M &= -(1 - \lambda) p r_0^2 \cos(2\theta)/4 \\
Q &= -(1 - \lambda) p r_0 \sin(2\theta)/2 \\
N &= -[1 + \lambda + (1 - \lambda) \cos(2\theta)] p r_0/2
\end{align*}
$$

(1)

where $M$, $Q$, and $N$ stand for bending moment, shear force, and axial force in shotcrete linings, respectively, $p$ denotes the ground pressure and $r_0$ is the lining radius. $\lambda$ represents the lateral pressure coefficient.

Tunnel engineers used to increase the length or quantity of yielding elements used in shotcrete linings to accept larger rock displacement because ground pressure may still be beyond the bearing capacity of shotcrete lining and its failure is possible if the total length of yielding elements is insufficient. On the other hand, however, when too many yielding elements are applied in shotcrete linings, meaning that a large rock displacement is accepted, it will lead to a high risk of tunnel collapse [85]. Reportedly, the maximum tunnel convergence had reached up to 1100 mm when the ductile linings were used in the Bolu tunnel, in Turkey, and this was an unsuccessful case regarding the application of ductile linings [86]. Therefore, how to determine the reasonable yielding element length

| Chainage    | 1325–1444 | 1445–1601 | 1602–1747 | 1716–1747 | 174–1777 |
|-------------|-----------|-----------|-----------|-----------|-----------|
| Number and position | 8         | 9         | 7         | 6         | 4         |

| Chainage    | 1778–1784 | 1785–1820 | 1821–1853 | 1854–1886 | 1887–1915 |
|-------------|-----------|-----------|-----------|-----------|-----------|
| Number and position | 2         | 4         | 6         | 4         | 2         |
is the key to the successful application of ductile linings in squeezing rock tunnel. Our group [60,63,87] has analytically investigated the mechanical response of ductile lining supported tunnels, and provided the theoretical solutions for rock displacement and lining pressure. Based on the analytical results, we further analyzed the influence of yield element length on tunnel time-dependent behavior. Our findings showed that there is a linear relationship between yielding element length and rock displacement (or lining pressure) in linear viscoelastic geomaterial. Rock displacement increases as element length increases while lining pressure shows an opposite trend. Our conclusion can strongly prove the point of view that it is very effective to increase yielding element length to achieve lower ground pressure and thus make it within the bearing capacity of shotcrete lining. However, under such a circumstance, excessive rock deformations possibly leading to tunnel collapse should also be given sufficient attention. Tian et al. [57,58] performed a series of numerical studies on ductile linings and suggested that if the total length of yielding element in shotcrete linings is finally determined, it will be better to select an element in shorter length, in order to obtain a more uniform lining stress distribution. However, we [63] considered that tunnel engineers must also take the construction convenience into account to finalize the yielding element length.

Determination of yield stress of yielding elements has always been regarded as the most important and challenging technical task for tunnel engineers because of the complexity of shotcrete progressive hardening and surrounding rock relaxation. Our group found that the yield stress of yielding elements should be controlled within a reasonable range, because too large yielding stress will lead to that the elements not working before shotcrete lining damage or failure and too low yielding stress will cause an accidental rock loosening during their yield stage [60]. In addition, we [63] also concluded that when the influence of shotcrete hardening process is neglected and tunnel stability is guaranteed, there does not exist a significant difference in final rock displacement and lining pressure under different element yield stresses. Many others have reported the influence of element yield stress on the overall performance of ductile linings. Tian et al. [58], using the numerical approach, provided a statistics of failure zone in shotcrete lining in the situations of seven different element yield stresses, as shown in Figure 7. The tensile failure zone in shotcrete lining decreases with the yield stress of the yielding element, and gradually leads to zero at a yield stress of about 10 MPa, as shown in Figure 7a. Shear failure zone in shotcrete lining (see in Figure 7c) starts to decrease first as the element yield stress increases. Once the element yield stress becomes greater than 10 MPa, shear failure zone, instead, increases with yield stress. Figure 7d exhibits the development of total failure zone in shotcrete lining, including tensile and shear failure zones, and it has the same trend with shear failure zone. Generally, in this case, the optimal yield stress of the yielding element should be controlled within a range of 8 MPa and 12 MPa, which is approximately 40–60% of shotcrete compressive strength, and the minimum total failure zone in shotcrete lining can be achieved. In spite of the importance of yield stress of yielding elements on shotcrete lining performance, however, until now, related researches have not been comprehensive and thorough, and this should remain the focus for future work.
4.2. Design Method for Ductile Linings

The presence of yielding elements in shotcrete lining leads to, compared with conventional stiff supports, a novel support characteristic curve, as previously mentioned in Section 2. How to provide a reasonable design for ductile linings is a very important issue that tunnel engineers must face. Although several researchers have made great efforts on this topic, advancements in a ductile lining design method are not satisfactory, and there still has not been a maturely-established and universal design method for ductile lining [42,66]. Previous work on ductile lining design method can be divided into two categories, either analytical researches or numerical attempts [88,89]. In this section, a summary of breakthrough work on this issue is described in detail.

Our group have investigated the mechanical behavior of yielding elements and generally divided their deformation behavior into elastic, yield, and compaction stages. Based on the interaction between yielding elements and shotcrete linings during different deformation stages, we provided the analytical computation equations for the support characteristic curve for ductile lining [85]. As well accepted, the determination for the stiffness of lining is a crucial part for support design. However, the calculation of ductile lining stiffness is confusing now. Using the equivalent deformation principle and homogenization method, we [63] proposed a general expression for calculating the elastic modulus of ductile lining, referring to Equation (2). Furthermore, according to the deformation characteristics of yielding elements, we deduced the calculation formulas for the ductile lining stiffness in different deformation stages, as shown in Equation (3). We applied our research results to predict the time-dependent response of the Saint Martin La Porte access...
adit and excitingly, a successful prediction for the tunnel convergences was achieved. Radončić et al. [59], based on the convergence-confined method, summarized the design procedure of ductile linings as six steps: 1. Determination of the equilibrium point; 2. calculation of rock displacement; 3. plotting the time-advance chart; 4. plotting the maximum support resistance curve; 5. assigning the shotcrete capacity; and 6. examination of the ductile lining stiffness. The detailed calculation process can be seen in his literature [59].

\[
E^* = \frac{E_1E_2 \sum_{i=1}^{n} (l_i + l_{2i})}{E_1 \sum_{i=1}^{n} l_{2i} + E_2 \sum_{i=1}^{n} l_i}
\]  

where \(E^*\) denotes the elastic modulus of homogenized ductile lining, and \(E_1\) and \(E_2\) represent the elastic moduli of shotcrete and yielding element material, respectively. \(l_i\) and \(l_{2i}\) stand for the segmental shotcrete lining and yielding element lengths, respectively.

\[
K_s^{(j)} = \begin{cases} 
\frac{E^*}{(1 + \nu_1)} \left(\frac{r_0^2 - (r_0 - d_s)^2}{(1 - 2\nu_1) r_0^2 + (r_0 - d_s)^2}\right) & (j = 1) \\
0 & (j = 2) \\
\frac{E_1}{(1 + \nu_1)} \left(\frac{r_0^2 - (r_0 - d_s)^2}{(1 - 2\nu_1) r_0^2 + (r_0 - d_s)^2}\right) & (j = 3)
\end{cases}
\]  

in which \(K_s\) is the homogenized ductile lining stiffness, and \(\nu_1\) denotes shotcrete Poisson’s ratio. \(d_s\) stands for ductile lining thickness. Based on the lining stiffness, the relationship between lining pressure (\(p\)) and tunnel displacement (\(u\)) can be written as:

\[
p = K_s \frac{u}{r_0}.
\]  

If the role of steel arches in ductile linings is considered [90], the composite ductile lining stiffness can be provided in Equation (5).

\[
K_{tot}^{(j)} = K_s^{(j)} + K_{sa}^{(j)}
\]

where \(K_{tot}\) represents the total stiffness of composite ductile lining, and \(K_{sa}\) stands for steel arch stiffness. Herein, it should be noted that in case of the steel arch having function of coordinate deformation with ductile lining, its stiffness in the second stage is \(K_{sa}^{(2)} = 0\).

Ramoni and Anagnostou [56] attempted to use a numerical method to provide some supporting characteristic curves for several different types of tunnel linings, as shown in Figure 8. The numerical study is conducted in a tunnel subjected to a hydrostatic pressure, therefore, the lining pressure \(p\) and tunnel displacement (the radial displacement of inner contour of lining) \(u\) in Figure 8 keep the same in each direction. Table 6 lists the detailed components of these linings. Under the same geological conditions, results in Figure 8 well validate the supporting effect of ductile linings is significantly influenced by those factors, as mentioned previously. Based on the analytical computation equations for support characteristic curve for ductile lining, our group has successfully reproduced one of the curves in Figure 8 [85]. Of course, tunnel engineers can now easily, by using advanced computer technologies, obtain the estimation of tunnel performance in situations of different ductile lining designs. However, the premise is that there should be a preliminary design guidance, in turn providing reliable verification of the numerical design method.
5. Challenges and Directions for Future Research

Ductile linings have huge advantages in the tunnel squeezing deformation control. The use of yielding elements in shotcrete linings is a very challenging task because the supporting effects are influenced by many factors, and a more serious failure would happen if they are wrongly designed and applied. Up to now, although many researchers have carefully investigated ductile linings by various approaches, there still has not been a maturely-established design method for them. This greatly limits the popularization and application of ductile linings in squeezing rock tunnels. Many further researches are still needed for transferring and extending ductile lining beneficial effects into practical applications. Based on the authors’ experience in this research field, we summarize the general recommendations in following three points (1)–(3), and outline the specific research suggestions in (4)–(7).

1. Development of higher performance yielding elements, making them harmoniously work with progressive hardening shotcrete;

| Support System       | Shotcrete Thickness $d$/cm | Arch Type | Yielding Elements | Material | Length $d_2$/cm | Illustration |
|----------------------|---------------------------|-----------|-------------------|----------|-----------------|--------------|
| Rigid support        | -                         | -         | -                 | -        | -               | -            |
| RS15                 | 15                        | TH36      | -                 | -        | -               | -            |
| RS25                 | 25                        | TH36      | -                 | -        | -               | -            |
| Ductile lining       | -                         | -         | -                 | -        | -               | -            |
| YS15/S5              | 15                        | TH36      | $4 \times 5.0$    | Styrofoam| 5               | -            |
| YS15/C5              | 15                        | TH36      | $4 \times 2.5$    | Concrete | 5               | -            |
| YS15/C15             | 15                        | TH36      | $4 \times 7.5$    | Concrete | 15              | -            |
| YS25/C15             | 25                        | TH36      | $4 \times 7.5$    | Concrete | 15              | -            |
2. Establishment of rock quality evaluation system, making it quick and easy to judge the applicability of ductile linings in such grounds;
3. Development of universal ductile lining design method, leading to its wider applications in squeezing rock tunnels;
4. How to determine the interface interaction between rock and ductile lining, especially in the situation of anisotropic ground stress;
5. How to accurately predict the tunnel convergence with ductile lining parameters selected, so as to tunnel over-excavation in advance;
6. How to qualitatively determine the influence of ductile lining parameters on its performance, such as shotcrete hardening, yielding element installation location, and yield stress;
7. How to repair ductile linings during construction or service, with unexpected failure occurring.

6. Conclusions

Ductile linings show great advantages in tunnel squeezing deformation control. However, previous to this work, little information has been comprehensively and systematically available for its mechanism and design. This review paper discusses the development history and the state of the art of ductile linings. Findings in this study are summarized in the following points.

The use of yielding elements in shotcrete lining, leading to the so-called “ductile lining” is for the purpose of accepting considerable rock deformations and better use of shotcrete high resistance without damage. The deformation process of ductile lining can be generally divided into three stages. When the yielding elements yield, the circumferential shortenings of the lining are totally caused by the plastic deformations of yielding elements and the internal forces in the lining will not increase, keeping the lining pressure practically unchanged. The rock displacement is mainly released in this stage. All yielding elements can be, based on their manufacturing materials, broadly divided into two groups: Porous concrete-based element and steel-based element. Structures and mechanical performances of the four most commonly used yielding elements, HidCon, LSC, Wabe, and SRLD, are introduced, and a qualitative comparison between these four elements are provided from six aspects. The strength and initial stiffness are the most important parameters for yielding elements that an engineer should pay sufficient attention to.

Shotcrete linings usually suffer from bending deformation, but shotcrete has weak resistance due to its very low tensile strength. When the lateral pressure coefficient does not equal to 1, the optimal installation locations of yielding elements in shotcrete linings should be \( \theta = \pi/4, 3\pi/4, 5\pi/4, \) and \( 7\pi/4 \), where bending moment values equal to zero. Rock displacement increases as yielding element length increases while lining pressure shows an opposite trend. The yield stress of yielding elements has a great influence on shotcrete failure and the yield stress of yielding elements is required to be controlled within a reasonable range, which should not be too large or too small. How to provide a reasonable design for ductile linings is still a crucial task for tunnel engineers. Previous work on ductile lining design methods can be divided into analytical studies or numerical attempts. Finally, some important recommendations for further research are outlined.

**Author Contributions:** Conceptualization, K.W.; methodology, X.Z. and K.W.; software, B.Y. and N.Z.; validation, X.Z.; formal analysis, X.Z.; investigation, B.Y. and N.Z.; resources, K.W.; data curation, B.Y.; writing—original draft preparation, X.Z. and K.W.; writing—review and editing, K.W.; visualization, N.Z.; supervision, Z.S.; project administration, Z.S.; funding acquisition, Z.S. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by [National Natural Science Foundation of China] grant number [11872287], and [Foundation of Shaanxi Key Research and Development Program] grant number [2019ZDLGY07-10].
Institutional Review Board Statement: Not applicable.
Informed Consent Statement: Not applicable.
Data Availability Statement: Not applicable.

Conflicts of Interest: The authors have declared that there are no competing interests in their work.

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