Toxicity of colloidal silica nanoparticles administered orally for 90 days in rats

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Introduction

Nanomaterials are commonly defined as materials designed and produced to have structural features with at least one dimension in the range of 1–100 nm. Nanoparticles (NPs) are now used commercially in health and fitness products, such as cosmetics, clothing, personal care items, sporting goods, and sunscreens. Moreover, NPs are expected to find applications in the medical field for diagnosis, imaging, and drug delivery. Silica (SiO$_2$) NPs, a typical nanomaterial, are currently being used in chemical-mechanical polishing, varnishes, printer toners, cosmetics, foodstuffs, and biomedical devices. Silica NPs have also been used in drug delivery matrices, in imaging devices, and as chemical sensors and catalysts because they are capable of various types of surface modifications, including chemical bonding between biomolecules and their own particle surfaces. Despite this wide range of applications, understanding of the potential toxic effects of SiO$_2$ NPs is very limited.

The physicochemical properties of NPs, including their particle size, surface area, and shape, are considered to be critical factors in the assessment of their nanotoxicity. In particular, bulk-sized particles were known to retain their properties consistently, regardless of their particle size. However, nanosized particles have been shown to acquire new properties as their particle size decreases. Therefore, it would be necessary to investigate the toxic effects of NPs because they would behave differently...
according to their size. For example, Nabeshi et al showed that the bioproperties of nanosized SiO$_2$ were different from those of bulk-sized 300 nm and 1,000 nm SiO$_2$ particles in vivo and in vitro.\textsuperscript{6} Further, when SiO$_2$ NPs of various sizes (30, 70, and 100 nm) were administered intranasally to mice for 7 days, NPs 30 nm and 70 nm in size resulted in abnormal activation of the coagulation system.\textsuperscript{7} Other studies have reported that SiO$_2$ NPs also have cytotoxic effects by inducing reactive oxygen species in a particle size-dependent manner in in vitro systems.\textsuperscript{8,9} Therefore, we selected 20 nm and 100 nm sized particles of comparable diameters for analysis, where 100 nm was deemed to be at the high end of what can be considered “nanoparticulate”.

Moreover, because of their small size, NPs can be exposed and internalized into biological systems through different routes, including oral administration, inhalation, dermal penetration, and intravenous injection.\textsuperscript{10} A number of in vivo studies have investigated the toxicity of SiO$_2$ NPs according to route of exposure. For instance, it was shown that intratracheal instillation of SiO$_2$ NPs caused moderate to severe pulmonary inflammation and tissue injury in mice.\textsuperscript{11} In contrast, Sayes et al reported that inhalation of aerosolized SiO$_2$ NPs in rats did not provoke a pulmonary inflammatory response, based on lung histopathology.\textsuperscript{12} On the other hand, intravenously administered SiO$_2$ NPs caused liver damage in mice.\textsuperscript{13} Intraperitoneal injection of SiO$_2$ NPs in mice was also shown to induce a cytokine-mediated inflammatory response.\textsuperscript{14} Likewise, the majority of studies of the toxicity of SiO$_2$ NPs in animal models were performed by inhalation and intraperitoneal or intravenous injection. Because SiO$_2$ NPs could be used as a drug delivery carrier, agent of capsulated drug, oral administration would be the most likely route of exposure to SiO$_2$ NPs, so the possibility of toxic effects through this pathway should not be ignored. Recently, Fu et al reported the toxicity of mesoporous SiO$_2$ NPs administered orally in mice.\textsuperscript{15} Short-term exposure studies are limited in their ability to evaluate nanotoxicity, and to date there has been no report of a repeated-dose oral toxicity study of SiO$_2$ NPs following Organisation for Economic Cooperation and Development (OECD) test guideline 408.\textsuperscript{16}

In the present study, the possible toxic effects of 90 days of repeated oral administration of colloidal SiO$_2$ NPs of different sizes, ie, 20 nm and 100 nm, were evaluated in Sprague-Dawley rats. Their no observed adverse effect level (NOAEL) and potential target organs were also investigated.

## Materials and methods

### Preparation of NPs

Colloidal SiO$_2$ NPs 20 nm and 100 nm diameter were purchased from E&B Nanotech Co Ltd (Gyeonggi-do, Republic of Korea). The test particles were diluted in distilled water, and each of the tested doses (high, middle, and low) were formulated by dilution of the highest dose with distilled water. Before starting this study, the physicochemical properties of the two study particles were confirmed, including their primary particle size, morphology, hydrodynamic size, and zeta potential.\textsuperscript{17} As previously reported,\textsuperscript{17} the hydrodynamic sizes of 20 nm and 100 nm SiO$_2$ NPs were 21.0±0.1 nm and 91.6±0.5 nm, respectively, and their zeta potentials were determined to be −38.3±1.2 and −45.2±0.1 mV. Working samples of each dose formulation were prepared daily during the study. The formulated test particles were homogenized by vortexing just prior to administration.

### Experimental animals and animal husbandry

Six-week-old Crl:CD(SD) specific pathogen-free rats were obtained from Orient Bio (Gyeonggi-do, Republic of Korea). Twenty-five animals of each sex were used in the dose range-finding study and 50 animals of each sex were used in the 90-day repeated oral toxicity study. Two animals per cage were housed in stainless steel wire cages (270 mm width×500 mm depth×200 mm height) in a dedicated animal room maintained at a temperature of 21.5°C–23.3°C and a relative humidity of 42.0%–51.4%, with light hours from 8 am to 8 pm (150–300 Lux) and a room ventilation frequency of 10–15 cycles per hour. Rodent feed and water were sterilized with 2.0 Mrad radiation and ultraviolet radiation, respectively, and both were available ad libitum. All animals were acclimated and quarantined for 8 days in a dedicated animal room. The study was conducted in compliance with the standards of Good Laboratory Practice, and performed in accordance with the regulations for the care and use of laboratory animals in the Health Care Research Laboratory of the Korea Testing and Research Institute (Institutional Animal Care and Use Committee, 2010) based on the Animal Protection Act No 10995 (2011, complete revision).

### Fourteen-day dose range-finding study

After acclimatization and quarantine, the 25 healthy male and 25 healthy female rats selected for this study were randomly distributed into groups with approximately equal initial mean body weights. Based on the results of a preliminary acute oral pharmacokinetic absorption study (data not shown), in which
Repeated-dose oral toxicity of silica nanoparticles

no significant effect was observed in the 2,000 mg/kg group, the high dose for the 14-day study was set at 2,000 mg/kg, with the middle and low doses set at 1,000 and 500 mg/kg, respectively. Distilled water was administered to the negative control group. All experimental groups consisted of five rats of each sex. Body weight ranges at the time of initial dosing were 189.9–205.6 g for males and 154.5–166.6 g for females. The test formulation was administered by oral gavage between 9 am and noon, and the dose volume was 10 mL/kg for all groups. Clinical signs and body weight were monitored throughout the 14-day study period, and gross findings were observed on the scheduled necropsy day.

Ninety-day repeated oral administration toxicity study

After acclimatization and quarantine, 50 healthy male and 50 healthy female animals selected for this study were distributed randomly in groups, with approximately equal initial mean body weights. No significant effects were observed at doses of 1,000 and 2,000 mg/kg in the 14-day repeated dose study (data not shown), so the high dose for this study was set at 2,000 mg/kg, with the middle and low doses set at 1,000 and 500 mg/kg, respectively. Distilled water was administered to the control group. Recovery was observed during a 2-week period after the end of treatment in the 2,000 mg/kg and negative control groups. The negative control and high-dose groups consisted of 15 rats of each sex, and the low-dose and middle-dose groups consisted of 10 rats of each sex. Body weight ranges at the time of dosing were 187.9–205.3 g for males and 143.3–167.1 g for females. The test formulation was administered into the stomach by oral gavage. After measuring body weight just prior to administration and once per week thereafter, the administration volume was calculated to be 10 mL/kg. The test formulation was administered once daily for 90 days. Assessment of treatment effects included clinical observation, body weight, feed and water consumption, urinalysis, ophthalmological testing, necropsy, organ weight, hematological and biochemical analysis, and histopathological observation.

Observation and examination

Clinical signs

During the study, all animals were observed once daily after treatment for well-being, death, and any clinical signs of toxicity.

Feed and water consumption

Feed and water consumption was recorded daily after the start of treatment. Consumption was calculated from the differences between the supplied amounts and the remaining amounts measured the next day.

Urinalysis

Urinalysis was performed for five animals per group of each sex during the last week of treatment using Multistix® 10 SG strips (Siemens AG, München, Germany) and a Clinitek 500 urine analyzer (Siemens AG). Specific gravity, pH, leukocytes, protein, glucose, ketone bodies, urobilinogen, bilirubin, blood, nitrates, and color were examined in the urinalysis. Microscopic examination of urinary sediments was conducted to determine amount of urine, red blood cells, white blood cells, epithelial cells, casts, and crystal in fresh urine. Samples were collected from five animals of each sex in the control and high-dose groups over a sampling period of 3 hours using metabolic cages. Total urine volume was calculated from the urine collected over a 24-hour period.

Ophthalmological tests

In the negative control and high-dose groups, eyes were examined both before grouping and during the last week of the experiment. The ocular fundus was observed using a fundus camera (Genesis, Kowa, Japan) after the pupil was dilated with a mydriatic drug (Ocu-Tropine®, Samil Pharm Co Ltd, Republic of Korea).

Necropsy and organ weight

Necropsies were performed on moribund and dead animals soon after they were found. After blood samples were collected under deep anesthesia with isoflurane, the animal was euthanized by exsanguination. External surfaces, all orifices, and all organs in the cranial, thoracic, and abdominal cavities and their contents were examined. Tissues were collected from all animals and preserved for microscopic examination as described later in the histopathological examination section. In addition, the absolute and relative (organ-to-body ratio) weights of the major organs were measured in all surviving rats after they were euthanized. Liver, kidney, spleen, adrenal glands, testes, ovaries, brain, pituitary gland, lung, heart, thymus, uterus, prostate, epididymis, and submaxillary glands were included in the major organs.

Hematology

The rats were fasted overnight before necropsy. Blood was collected from the abdominal aorta under anesthesia with isoflurane. Three milliliters of blood was collected in a CBC bottle (EDTA 3 K; BD Biosciences, San Jose,
CA, USA) and analyzed using an autohematoanalyzer (Advia120E; Siemens). The remaining blood was transferred into Vacutainer® tubes (sodium citrate 3.2%, BD Biosciences) and centrifuged at 3,000 rpm for 10 minutes. The plasma was separated and clotting time was determined using a coagulometer (ACL 7000; Instrumentation Laboratory, Bedford, MA, USA). The hematological parameters studied were as follows: total leukocyte and differential leukocyte (neutrophil, lymphocyte, monocyte, eosinophil, and basophil) count, total erythrocyte count, hemoglobin concentration, hematocrit, mean cell volume, mean cell hemoglobin, mean cell hemoglobin concentration, reticulocytes, platelets, prothrombin time, and activated partial thromboplastin time.

Blood biochemistry
Blood was allowed to clot for one hour at room temperature and then centrifuged at 3,000 rpm for 10 minutes to collect serum for biochemical analysis using an automatic serum analyzer (Hitachi 7600; Hitachi, Tokyo, Japan) and an electrolyte analyzer (EasyLyte Plus Na/K/Cl Analyzer; Medica, Houston, TX, USA). The parameters analyzed were as follows: total protein, albumin/globulin ratio, total bilirubin, alkaline phosphatase, aspartate aminotransferase, alanine aminotransferase, creatinine, blood urea nitrogen, total cholesterol, triglycerides, glucose, calcium, inorganic phosphorus, creatine kinase, sodium, potassium, and chloride.

Histopathology
The internal organs from all animals were collected at necropsy and fixed in 10% neutral buffered formalin. The testes and epididymis were fixed in Bouin’s solution and the eyes were fixed in Davidson’s solution. Only tissues from the negative controls and high-dose groups were examined histopathologically. The following internal organs were examined: liver, kidney, adrenal gland, heart, lung, pituitary gland, spleen, seminal vesicles, testis, ovary, epididymis, prostate gland, uterus, vagina, tongue, trachea, esophagus, thymus, thyroid gland, stomach, small and large intestine, urinary bladder, submandibular gland, eyeball, skin, pancreas, sternum, mammary gland, spinal cord, femur, mesenteric lymph node, and sciatic nerve.

Statistical analysis
Body weight values, feed and water consumption data, hematological data, blood biochemistry data, and organ weight values were analyzed for homogeneity of variance using Levene’s test. One-way analysis of variance was performed to evaluate the significance of differences. If the variance was homogeneous and a significant difference was identified, Scheffe’s multiple comparison test was performed as a post hoc test. If the variance was not homogeneous, the data were analyzed using Dunnett’s T3 test. Analysis of data from the recovery groups was performed using the Student’s t-test. All analyses were performed using Statistical Package for the Social Sciences version 19.0 software (SPSS Inc, Chicago, IL, USA).

Results
Fourteen-day dose range-finding study
The two test particles, ie, SiO$_2$ EN20(-20 nm) and SiO$_2$ EN100(-100 nm), were orally administered to male and female Sprague-Dawley rats at doses of 500, 1,000, or 2,000 mg/kg for 14 days. There were no animal deaths related to administration of the test formulations in any group. In addition, regardless of particle size, there were no significant changes indicated by clinical observation, body weight, feed and water consumption, urinalysis, ophthalmological testing, necropsy, organ weight, or hematology or biochemistry analysis in rats of either sex. Based on the above results, the high dose for the 90-day toxicity study was set at 2,000 mg/kg and the mid and low doses were set at 1,000 and 500 mg/kg, respectively.

Ninety-day repeated oral administration toxicity study
Mortality and clinical signs
Irrespective of particle size, there were no animal deaths and no treatment-related clinical signs during the experimental period for rats of either sex. However, salivation, loss of fur, and wound scratching were observed in the SiO$_2$ EN20(-20 nm) 2,000 mg/kg group. Specifically, salivation was observed in one male animal in the 2,000 mg/kg group on study day 47, and loss of fur and wound scratching were observed in one male each in the 2,000 mg/kg group from study day 69. Loss of fur was also observed in two females in the 2,000 mg/kg group from study day 68 until completion of treatment.

Body weight
Regardless of SiO$_2$ particle size, there were no statistically significant differences in body weight between treated rats and their respective control groups, for either males or females (Figures 1 and 2).

Feed consumption
Feed consumption in male rats treated with SiO$_2$ EN20(-20 nm) was significantly decreased in the 2,000 mg/kg dose group at
weeks 1, 2, 9, and 12, in the 1,000 mg/kg dose group at week 1, and in the recovery group at weeks 1 and 2 during the post-treatment period. Feed consumption was also decreased in females treated with SiO$_2$ EN20(-) at a dose of 500 mg/kg at weeks 5 and 10, and also in females in the recovery group at week 1 during the post-treatment period (Table 1). In the case of SiO$_2$ EN100(-), feed consumption was increased at week 1 in males given 2,000 or 1,000 mg/kg, and in males given 2,000 mg/kg at week 7 and during both weeks of the post-treatment recovery period. Feed consumption was increased in females given 2,000 mg/kg at weeks 5 and 9, and during both weeks of the post-treatment recovery period (Table 2).

Water consumption
Water consumption was significantly increased after treatment with SiO$_2$ EN20(-) in male rats given 500 mg/kg at week 9 and was decreased in female rats given 2,000 mg/kg at week 6 (Table 3). In the case of SiO$_2$ EN100(-), water consumption was significantly decreased in male rats given 2,000 mg/kg at weeks 9, 12, and 13, and was increased in females given 1,000 mg/kg at weeks 1 and 13 (Table 4).

Urinalysis
Regardless of SiO$_2$ particle size, there were no statistically significant differences in urinalysis between treated rats of either sex and their respective control groups.

Necropsy findings
Pale yellowish discoloration on the posterior surface of the left lateral lobe of the liver was observed in one male animal from the SiO$_2$ EN20(-) 500 mg/kg group. With regard to SiO$_2$ EN100(-), a small-sized right testis and epididymis
were observed in one male from the 500 mg/kg group. A light yellow discoloration of the left lateral lobe of the liver (about 1 mm diameter), and a light yellow-colored cyst with adjacent fat near the right kidney were also observed in another male in the 1,000 mg/kg group. In addition, a small-sized left ovary was observed in one female from the 2,000 mg/kg recovery group.

Organ weight
For SiO$_2^{EN20}$, the relative liver weight was significantly decreased in male rats from the 2,000 mg/kg group. In addition, both absolute and relative lung weights were increased in male rats from the 2,000 mg/kg recovery group, and the relative weights of the kidney and lung were significantly increased in the same group compared with the control group. Both absolute and relative ovary weights were significantly decreased in female rats from the 2,000 mg/kg recovery group (Tables 5 and 6).

Hematology
Lymphocytes in male rats from the SiO$_2^{EN20}$ 2,000 mg/kg recovery group were significantly increased when compared with the control group (Table 7). However, there were no statistically significant differences in the groups treated with SiO$_2^{EN100}$.

Blood biochemistry
There were no statistically significant changes in blood biochemistry data related to administration of SiO$_2^{EN20}$.

Table 1 Feed consumption by rats in the 90-day gavage study of 20 nm SiO$_2$ nanoparticles

| Week | Control | 500 mg/kg | 1,000 mg/kg | 2,000 mg/kg |
|------|---------|-----------|-------------|-------------|
| Male |         | 15        | 10          | 10          | 15          |
| 1    | 33.1±2.0| 31.3±2.0  | 30.0±2.3$^{a}$| 30.2±2.1$^{b}$|
| 2    | 32.4±2.1| 31.6±1.9  | 32.1±1.5    | 29.9±1.4$^{b}$|
| 3    | 24.2±1.6| 30.7±0.9  | 31.5±1.7    | 32.0±1.6    |
| 4    | 34.0±2.7| 33.8±0.8  | 32.4±1.4    | 33.5±2.6    |
| 5    | 34.0±2.7| 34.4±1.5  | 33.2±1.5    | 31.7±2.7    |
| 6    | 31.3±2.3| 32.4±2.6  | 28.8±1.8    | 29.8±2.7    |
| 7    | 28.7±3.6| 29.1±3.2  | 27.7±2.9    | 27.5±1.8    |
| 8    | 31.2±2.0| 30.2±1.1  | 31.0±1.9    | 30.5±2.2    |
| 9    | 32.2±1.9| 32.5±3.0  | 30.5±2.0    | 29.3±1.4$^{b}$|
| 10   | 31.7±1.3| 32.9±2.5  | 32.1±1.7    | 31.5±2.2    |
| 11   | 31.9±0.9| 31.3±2.4  | 30.8±1.1    | 31.0±2.0    |
| 12   | 31.9±2.3| 30.9±2.2  | 31.2±2.2    | 29.1±2.7$^{b}$|
| 13   | 33.7±1.0| 33.5±4.4  | 32.9±3.2    | 30.8±3.0    |
| 14   | 30.6±2.2| –         | –           | 27.5±0.6$^{d}$|
| 15   | 30.6±0.8| –         | –           | 28.5±0.1$^{b}$|

Female

| Week | Control | 500 mg/kg | 1,000 mg/kg | 2,000 mg/kg |
|------|---------|-----------|-------------|-------------|
| 1    | 20.8±1.8| 19.0±1.5  | 22.3±1.6    | 21.0±2.5    |
| 2    | 22.4±2.5| 21.7±1.3  | 21.2±1.2    | 22.4±3      |
| 3    | 21.9±2.2| 23.2±1.7  | 21.8±1.6    | 23.1±2.1    |
| 4    | 24.5±2.2| 23.6±3.6  | 25.8±6.4    | 23.1±1.2    |
| 5    | 22.3±2.1| 19.8±1.6$^{a}$ | 22.9±1.9    | 22.9±2.0    |
| 6    | 21.5±1.7| 21.4±1.9  | 22.8±2.7    | 21.0±2.2    |
| 7    | 18.6±1.5| 18.4±1.5  | 17.6±1.5    | 19.0±2.5    |
| 8    | 21.9±2.6| 19.7±2.6  | 20.4±2.1    | 20.7±1.8    |
| 9    | 20.6±3.2| 18.6±1.9  | 21.3±2.0    | 20.9±2.0    |
| 10   | 21.2±1.0| 19.7±0.9$^{a}$ | 20.1±3      | 21.0±2.8    |
| 11   | 21.3±2.1| 23.6±1.9  | 20.7±2.5    | 23.0±1.6    |
| 12   | 27.2±18.6| 20.5±1.6 | 19.9±1.6    | 19.9±1.4    |
| 13   | 23.8±1.7| 21.7±2.7  | 23.0±2.0    | 21.8±2.1    |
| 14   | 27.4±4.4| –         | –           | 16.5±1.4$^{b}$|
| 15   | 25.0±5.5| –         | –           | 29.5±5.7    |

Notes: $^{a}$P<0.05, and $^{b}$P<0.01, significantly different from vehicle control, by Scheffe’s test; data are given as the mean ± standard deviation (g/rat/day).
**Histopathology**

Remarkable changes in the SiO$_2$ NPs treatment group when compared with the negative control groups included granulomatous and bronchioalveolar inflammation. Granulomatous inflammation was observed in one male rat from the 1,000 mg/kg group and two from the 2,000 mg/kg group. Chronic bronchioalveolar inflammation was observed in one male rat from the 2,000 mg/kg group. However, there were no treatment-related histopathological changes in rats treated with SiO$_2$ NPs.

**Discussion**

The present study investigated the potential toxic effects of colloidal silica and determined the NOAEL and target organs after 90 days of repeated oral administration of SiO$_2$ NPs in Sprague-Dawley rats following OECD test guideline 408. This chronic study was intended to provide information for establishing safety criteria with regard to human exposure and the major toxic effects of SiO$_2$ NPs.

Size-dependent toxicity of 20 nm and 100 nm SiO$_2$ NPs was examined, considering that particle size could be one of the key factors in nanotoxicity.
Table 3 Water consumption by rats in the 90-day gavage study of 20 nm SiO\textsubscript{2} nanoparticles

|               | Control  | 500 mg/kg | 1,000 mg/kg | 2,000 mg/kg |
|---------------|----------|-----------|-------------|-------------|
| Number of animals | 15       | 10        | 10          | 15          |
| Male          |          |           |             |             |
| Week          |          |           |             |             |
| 1             | 52.8±1.4 | 52.8±9.7  | 45.7±5.4    | 48.6±9.8    |
| 2             | 43.5±3.1 | 50.2±7.7  | 49.5±3.9    | 47.0±7.1    |
| 3             | 49.3±5.4 | 51.2±13.7 | 49.4±8.7    | 46.1±7.9    |
| 4             | 43.8±2.7 | 47.2±5.3  | 49.9±6.0    | 47.6±9.0    |
| 5             | 47.8±7.3 | 51.0±5.0  | 47.0±3.9    | 42.3±6.1    |
| 6             | 40.3±4.8 | 41.0±2.4  | 38.6±3.1    | 39.1±7.2    |
| 7             | 40.8±6.7 | 42.0±4.7  | 44.1±12.2   | 43.2±15.4   |
| 8             | 39.7±7.1 | 44.7±3.5  | 38.8±6.4    | 40.0±10.0   |
| 9             | 39.6±4.5 | 44.2±2.3  | 43.5±7.5    | 37.3±6.7    |
| 10            | 37.2±1.8 | 39.2±4.3  | 37.9±4.9    | 39.1±7.0    |
| 11            | 39.2±2.8 | 40.8±4.8  | 43.9±5.7    | 40.4±7.4    |
| 12            | 44.6±5.4 | 42.6±4.2  | 42.6±6.4    | 45.5±13.7   |
| 13            | 43.9±6.1 | 46.8±4.9  | 45.6±4.4    | 42.4±12.7   |
| 14            | 34.3±0.1 | –         | –           | 38.0±4.7    |
| 15            | 36.4±1.6 | –         | –           | 47.4±9.1    |
| Female        |          |           |             |             |
| Week          |          |           |             |             |
| 1             | 40.6±9.2 | 50.3±16.5 | 43.4±6.9    | 37.3±8.0    |
| 2             | 39.3±3.6 | 41.9±9.5  | 33.2±3.8    | 35.5±4.5    |
| 3             | 40.6±8.4 | 45.2±11.7 | 34.4±6.8    | 35.0±5.4    |
| 4             | 38.8±6.3 | 36.4±4.3  | 31.5±4.6    | 33.6±7.7    |
| 5             | 33.5±4.5 | 31.1±4.9  | 32.1±8.3    | 29.5±4.7    |
| 6             | 33.5±4.1 | 29.4±4.4  | 33.4±8.3    | 27.7±9.8    |
| 7             | 28.4±4.2 | 30.7±5.0  | 26.3±2.2    | 31.4±13.9   |
| 8             | 35.2±4.9 | 32.3±5.9  | 34.3±6.3    | 35.3±11.5   |
| 9             | 34.3±4.3 | 29.8±5.7  | 32.7±7.6    | 30.4±5.1    |
| 10            | 31.0±3.3 | 28.6±4.0  | 31.6±8.0    | 32.4±9.7    |
| 11            | 32.3±4.9 | 34.1±4.7  | 29.3±3.0    | 32.3±6.5    |
| 12            | 34.3±3.5 | 32.6±4.3  | 28.7±2.7    | 36.2±17.3   |
| 13            | 40.1±7.6 | 35.1±5.8  | 36.0±5.8    | 36.9±7.4    |
| 14            | 38.3±2.8 | –         | –           | 32.0±12.1   |
| 15            | 35.7±3.2 | –         | –           | 32.8±4.3    |

Notes: *P<0.05, significantly different from control, by Scheffe's test; data are given as the mean ± standard deviation (g/rat/day).

A recent report indicated that oral administration of 5,000 mg/mL mesoporous SiO\textsubscript{2} NPs did not result in death, abnormal behavior, or any acute toxicity in mice, suggesting that a dose of 5,000 mg/mL could be the maximum tolerated dose for oral administration.\textsuperscript{15} Further, our preliminary acute oral pharmacokinetic absorption study showed no significant effects at doses of 2,000 mg/kg. Moreover, on the basis of toxicity studies, the OECD guideline recommends maximum doses for pharmaceuticals and food additives as 2,000 mg/kg and 5,000 mg/kg, respectively.\textsuperscript{18} Considering the differences in animal species and experimental durations used in the earlier studies, we selected 2,000 mg/kg for the high dose in our 14-day dose range-finding study, with 1,000 and 500 mg/kg as the middle and low doses, respectively. No animal deaths or significant changes were observed in any of the parameters monitored during our 14-day dose range-finding study. Also, the OECD test guideline suggests that the highest dose level should be chosen with the aim to induce toxicity without death or severe suffering, and two-fold intervals were selected as optimal for setting the descending dose levels in a repeated-dose 90-day oral toxicity study in rodents.\textsuperscript{16} Therefore, the three test dose levels of 500, 1,000 and 2,000 mg/kg were selected for the 90-day toxicity study.

In the 90-day repeated oral administration study, there were no deaths and no treatment-related clinical signs of toxicity during the experimental period in rats of either sex, irrespective of particle size. Salivation, loss of fur, and wound scratching were observed in very few cases at 2,000 mg/kg of SiO\textsubscript{2} EN20-1, but were not considered to be treatment-related, given that they did not show any dose-dependency among the treatment groups and were observed only sporadically.
Table 4 Water consumption by rats in the 90-day gavage study of 100 nm SiO₂ nanoparticles

| Week | Control | 500 mg/kg | 1,000 mg/kg | 2,000 mg/kg |
|------|---------|-----------|-------------|-------------|
| Male | 16      | 10        | 10          | 15          |
| 1    | 36.4±3.4| 39.6±6.8  | 38.0±2.4    | 36.7±4.3    |
| 2    | 40.3±5.7| 41.4±6.1  | 39.8±4.0    | 41.2±4.8    |
| 3    | 41.6±4.7| 42.0±6.2  | 43.4±5.8    | 40.2±3.7    |
| 4    | 44.1±7.6| 41.2±7.2  | 42.5±2.5    | 40.9±4.6    |
| 5    | 38.2±7.8| 43.0±6.7  | 44.2±3.4    | 41.8±5.4    |
| 6    | 44.8±8.1| 40.5±5.2  | 46.0±6.9    | 38.2±4.2    |
| 7    | 43.9±7.0| 44.8±8.8  | 45.2±3.7    | 43.6±6.5    |
| 8    | 42.8±9.8| 39.4±8.9  | 42.0±4.9    | 37.0±3.7    |
| 9    | 42.7±5.0| 42.1±6.5  | 40.5±1.2    | 35.0±5.9b   |
| 10   | 42.0±9.3| 37.5±7.9  | 36.8±4.5    | 36.7±7.7    |
| 11   | 42.0±7.8| 40.9±10.1 | 42.2±5.4    | 37.5±4.4    |
| 12   | 47.1±5.8| 42.8±8.1  | 42.1±4.6    | 36.2±5.0b   |
| 13   | 46.6±6.4| 42.6±7.9  | 40.6±6.2    | 37.0±6.5b   |
| 14   | 46.4±8.3| –         | –           | 36.9±5.1    |
| 15   | 47.4±10.9| –        | –          | 35.4±4.1    |

Female

| Week | Control | 500 mg/kg | 1,000 mg/kg | 2,000 mg/kg |
|------|---------|-----------|-------------|-------------|
| 1    | 25.2±3.7| 25.5±3.1  | 30.5±3.1 1a | 27.1±2.5    |
| 2    | 28.0±7.1| 29.4±2.6  | 33.5±2.7   | 29.5±6.0    |
| 3    | 30.1±5.4| 30.7±2.8  | 32.5±3.3   | 28.2±4.8    |
| 4    | 32.0±9.9| 31.6±2.0  | 32.1±4.9   | 31.3±4.8    |
| 5    | 30.7±7.5| 27.1±5.4  | 34.7±3.8   | 31.6±3.8    |
| 6    | 33.6±8.7| 33.9±5.2  | 33.4±3.3   | 31.2±5.8    |
| 7    | 38.1±9.2| 37.7±3.1  | 38.6±6.4   | 35.4±5.5    |
| 8    | 31.3±6.2| 30.8±4.1  | 32.9±5.1   | 28.2±4.5    |
| 9    | 30.4±5.0| 26.6±4.8  | 31.2±8.5   | 32.0±6.3    |
| 10   | 27.1±6.4| 24.3±4.0  | 30.0±5.6   | 23.9±5.6    |
| 11   | 30.7±6.8| 30.2±3.7  | 30.8±3.8   | 29.7±3.3    |
| 12   | 30.7±4.6| 33.9±6.2  | 36.0±5.0   | 29.0±2.8    |
| 13   | 27.9±4.5| 32.5±5.5  | 36.5±3.5  1b | 29.9±5.5    |
| 14   | 35.0±6.2| –         | –          | 33.0±0.4    |
| 15   | 35.3±6.1| –         | –          | 32.3±1.7    |

Notes: *P*<0.05 and **P**<0.01, significantly different from vehicle control, by Scheffe’s test; data are given as the mean ± standard deviation (g/rat/day).

Similarly, although significant changes in feed and water consumption were observed for both sexes in all treatment groups, they were not considered to be treatment-related as they did not show consistent dose-dependency over time after initiation of treatment and occurred only sporadically. Necropsy findings were significant in the liver, kidney, and ovary in rats in the SiO₂ NP treatment groups. The absolute and relative weights of the lung and liver were significantly changed in the SiO₂ EN20(++) treatment groups, and the absolute weights of the kidney, lung, and submandibular

Table 5 Organ weights and organ weight to body weight ratios of male rats in the 90-day gavage study (main group) of 20 nm SiO₂ nanoparticles

|       | Control | 500 mg/kg | 1,000 mg/kg | 2,000 mg/kg |
|-------|---------|-----------|-------------|-------------|
| Male  | 10      | 10        | 10          | 10          |
| Necropsy body weight | 565.9±43.4 | 553.7±45.1 | 529.1±48.4 | 526.6±48.9 |
| Liver | Absolute (g) | 14.7±1.90 | 13.6±1.26 | 13.1±1.94 | 12.5±1.71 |
|       | Relative (%) | 2.59±0.18 | 2.47±0.14 | 2.47±0.16 | 2.38±0.11 |

Notes: *Organ (absolute) weights and body weights are given in grams: organ weight to body (relative) weights are given as mg organ weight/g body weight (mean ± standard deviation).* **P**<0.05 significantly different from control, by Scheffe’s test.
Table 6 Organ weights and organ weight to body weight ratios for the recovery group in the 90-day gavage study of SiO$_2$ nanoparticles

|                 | Control | 2,000 mg/kg |
|-----------------|---------|-------------|
| Number of animals | 5       | 5           |
| **SiO$_2$**$^{EN20(-)}$ Male |         |             |
| Necropsy body weight lung | 569.8±38.4 | 545.9±35.0 |
| Absolute (g) | 1.6±0.07 | 1.81±0.12$^a$ |
| Relative (%) | 0.28±0.02 | 0.33±0.02$^a$ |
| **SiO$_2$**$^{EN100(-)}$ Male |         |             |
| Necropsy body weight kidney | 577.4±60.5 | 603.3±22.0 |
| Absolute (g) | 3.27±0.21 | 3.69±0.21$^a$ |
| Relative (%) | 0.57±0.03 | 0.61±0.02$^a$ |
| Submaxillary gland absolute (g) | 1.62±0.09 | 1.93±0.08$^a$ |
| Relative (%) | 0.28±0.02 | 0.32±0.02$^a$ |
| **SiO$_2$**$^{EN100(-)}$ Female |         |             |
| Necropsy body weight ovary | 303.9±47.8 | 304.9±16.9 |
| Absolute (g) | 0.04±0.009 | 0.06±0.002$^a$ |
| Relative (%) | 0.03±0.004 | 0.0217±0.0069$^a$ |

Notes: $^a$Organ (absolute) weights and body weights are given in grams: organ weight to body (relative) weights are given as mg organ weights/g body weight (mean ± standard deviation). $P<0.05$, significantly different from control by Scheffe’s test.

Abbreviations: SiO$_2$$^{EN20(-)}$, 20 nm SiO$_2$ nanoparticle treatment group; SiO$_2$$^{EN100(-)}$, 100 nm SiO$_2$ nanoparticle treatment group.

Table 7 Hematology and biochemistry data for the recovery group in the 90-day gavage study of SiO$_2$ nanoparticles

|                 | Control | 2,000 mg/kg |
|-----------------|---------|-------------|
| Number of animals | 5       | 5           |
| Males in SiO$_2$$^{EN20(-)}$ |         |             |
| Lymphocytes (%) | 71.7±1.8 | 75.1±2.6$^a$ |
| Females in SiO$_2$$^{EN100(-)}$ |         |             |
| AST (IU/L) | 128±36 | 102±21$^a$ |
| CK (IU/L) | 631±270 | 400±340$^a$ |

Notes: Data are given as the mean ± standard deviation. $P<0.05$ and $P<0.01$, significantly different from control by Scheffe’s test.

Abbreviations: SiO$_2$$^{EN20(-)}$, 20 nm SiO$_2$ nanoparticle treatment group; SiO$_2$$^{EN100(-)}$, 100 nm SiO$_2$ nanoparticle treatment group; AST, aspartate aminotransferase; CK, creatine kinase.

gland, and the relative weights of the kidney, lung, and ovary were changed in the SiO$_2$$^{EN100(-)}$ treatment groups when compared with their respective control groups. However, these changes in necropsy findings and organ weights were not considered to be treatment-related, because they did not show dose-dependency and did not correspond with histopathological observations.

To summarize the histopathological findings, no SiO$_2$ NP treatment-related changes were observed in appearance or morphology in the treatment groups, regardless of particle size, with only granulomatous and bronchoalveolar inflammation observed in the SiO$_2$$^{EN20(-)}$ treatment groups. These lesions were observed in only four cases, and seemed to be minimal to mild in severity; the other animals did not show any treatment-related effects in the lung, which was not considered to be the affect lesion by the test material. Similarly, Fu et al reported that different routes of exposure to mesoporous SiO$_2$ NPs, including intravenous, oral, hypodermic, and intramuscular administration, did not result in any histopathological changes or lesions in the liver, spleen, kidney, or lung at 24 hours and 7 days after administration in mice.

In the present study, treatment-related clinical change or target organ were not observed after 90 days of oral administration of 20 nm or 100 nm SiO$_2$ NPs in Sprague-Dawley rats of either sex. Moreover, when comparing our observations according to SiO$_2$ NP size, no difference in toxicity resulting from long-term exposure to the particles was seen. Of note, a recent study reported no difference in plasma concentration-time curves in rats after single oral administration of SiO$_2$ NPs at doses of 500 and 1,000 mg/kg using similar particle sizes, ie, 20 nm and 100 nm. These results coincide with the similar physicochemical properties of the test agents used in the present study. Similar to our results indicating an absence of toxic effects during the experimental period, a number of other studies have also demonstrated no adverse effects of SiO$_2$ NPs or only limited minor toxic effects. For example, some studies have reported SiO$_2$ NPs to have negligible cytotoxicity, and that they did not show any cytotoxicity or genotoxicity in human cancer cells.

Guo et al reported that intraperitoneal injection of SiO$_2$ NPs showed low toxicity with regard to histopathological changes and serum biochemical parameters, and that SiO$_2$ NPs did not induce oxidative stress in mice after 7 days of injection. Another intraperitoneal injection study in mice indicated that exposure to colloidal SiO$_2$ NPs for a period of 4 weeks did not have any effect on immunological parameters, such as serum immunoglobulin G and immunoglobulin M levels, or splenic lymphocyte numbers. In addition, when rats were exposed to SiO$_2$ NPs via intratracheal instillation, no influence on markers of oxidative stress, including superoxide dismutase, inducible nitric oxide synthase, and cyclo-oxygenase type 2 enzymes, was found at 24 hours, 7 days, or 30 days after instillation. Further, Ivanov et al...
suggested that SiO$_2$ NPs were biocompatible nanomaterials with regard to acute toxicity upon intravenous administration in rats after 5, 21, and 60 days. Thus, we could speculate that both 20 nm and 100 nm colloidal SiO$_2$ NPs would have minor acute and chronic toxicity, although additional intensive mechanistic studies would be required based on their physicochemical properties.

**Conclusion**

In conclusion, under the conditions of this study, in which 500, 1,000, and 2,000 mg/kg doses of two different sized colloidal SiO$_2$ particles (20 nm and 100 nm) were repeatedly administered by gavage for 90 days in Sprague-Dawley rats, neither test material had a toxic effect on the organs and tissues studied. Therefore, the NOAEL would be more than 2,000 mg/kg, and no target organs were identified in rats of either sex.

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**Disclosure**

The authors report no conflicts of interest in this work.

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