Disorder-induced superfluidity

Long Dang,1 Massimo Boninsegni,1 and Lode Pollet2

1Department of Physics, University of Alberta, Edmonton, Alberta, Canada, T6G 2J1
2Theoretische Physik, ETH Zürich, 8093 Zürich, Switzerland

(Dated: February 3, 2022)

We use quantum Monte Carlo simulations to study the phase diagram of hard-core bosons with short-ranged attractive interactions, in the presence of uniform diagonal disorder. It is shown that moderate disorder stabilizes a glassy superfluid phase in a range of values of the attractive interaction for which the system is a Mott insulator, in the absence of disorder. A transition to an insulating Bose glass phase occurs as the strength of the disorder or interactions increases.

I. INTRODUCTION

The interplay of superfluidity (SF) and localization in disordered Bose systems has been the subject of intense study for two decades.1 Most of the theoretical investigative effort has been focused on the quantum phase transition between a superfluid and insulating phase. For example, it has been established that disorder leads to the appearance of an (insulating) Bose glass, sandwiched between the superfluid and Mott insulating phases. This topic is enjoying continued interest, especially since cold atom physicists have recently produced controllable disorder using laser speckle2 and looked at such phenomena as Anderson localization of a one-dimensional condensate3 and the suppression of the condensate fraction in three dimensions.4

The idea of “superglass” has come to the forefront in the context of the investigation of the (super)solid 4He. The superglass phase was initially observed in quantum Monte Carlo simulations, in which the superfluid phase had an inhomogeneous condensate map on a microscopic scale.5 Biroli et al. proved that such a superglass phase does exist (at least as a metastable phase) by introducing an (artificial) model which could be mapped to a classical system of hard spheres and studied in a controlled fashion.6 Recent experiments on solid 4He have confirmed the strong interplay between a superfluid component and a slow (glassy) dissipative component.7 However, little is known yet about the superglass phase, and specifically about the actual role of disorder in promoting or enhancing superfluidity. Give the current controversies and puzzles surrounding the interpretation of experiments on the possible supersolid phase of helium, further investigations of superglassy phases are thus warranted.

In this work, we provide strong numerical evidence for disorder-induced superfluidity in a lattice realization of hard-core bosons with a strong nearest-neighbor attraction. In particular, we show that at low temperature and in a small range of attractive interactions, disorder of sufficient strength stabilizes a “glassy” superfluid phase. The superfluid density reaches a maximum and then decays as the strength of the disorder increases, as an insulating glassy phase intervenes. In contrast to the case of repulsive bosons where disorder reduces the size of the superfluid phase, we see that strongly attracting hard-core bosons can be stabilized and made superfluid by disorder. In other words, disorder induces superflow in an otherwise insulating phase. Aside from supersolid 4He, such a scenario is possibly relevant to other condensed matter systems, e.g., high-temperature superconductors8 as well as to the elusive superfluid phase of molecular hydrogen9 and to the role of substrate disorder in the superfluidity of (sub)monolayer helium films.10

II. MODEL

We describe a disordered Bose system by means of the following Hamiltonian:

\[ H = -t \sum_{\langle ij \rangle} (\hat{a}_i^\dagger \hat{a}_j + \text{h.c.}) + V \sum_{\langle ij \rangle} \hat{n}_i \hat{n}_j + \sum_i \delta_i \hat{n}_i \].

(1)

We consider here a square lattice of \( N = L \times L \) sites, with periodic boundary conditions. The sums \( \langle ij \rangle \) run over all pairs of nearest-neighboring lattice sites, \( \hat{a}_i^\dagger \) (\( \hat{a}_i \)) is the Bose creation (annihilation) operator for a particle at site \( i \), \( \hat{n}_i = \hat{a}_i^\dagger \hat{a}_i \) is the local density operator. The first term of (1) represents the hopping of particles to nearest-neighboring sites. Henceforth, we choose the hopping integral \( t \) as our energy unit.

The second term represents the interaction among bosons. A hard-core on-site repulsion is assumed, limiting the occupation of every site to no more than one particle. For the nearest-neighbor interaction, essentially all previous work based on (1) has focused on the repulsive case, i.e. \( V > 0 \), chiefly to elucidate the nature of the disorder-driven superfluid to insulator transition.12 An enhancement of superfluidity by disorder has been predicted in some cases.13 Here, on the other hand, we consider the case of attractive nearest-neighbor interaction (i.e., negative \( V = -|V| \)), and neglect interactions among particles lying at distances greater than nearest neighbors. With this choice, the Hamiltonian (1), which is essentially a lattice model of quantum “sticky” spheres, is isomorphic to that of a spin-1/2 XXZ quantum ferromagnet.

We model disorder by means of a random on-site potential \( \delta_i \), uniformly distributed in the interval \( [-\Delta, \Delta] \).
Other theoretical representations of a disordered environment could be considered, e.g., one in which the hopping matrix element $t$ randomly varied from site to site, but in this work we restricted ourselves to the above, widely adopted diagonal model of disorder. In the spin language, the disordering potential is equivalent to a random on-site magnetic field along the $z$ axis.

In the absence of disorder, the ground state of $[\mathbf 1]$ is a superfluid for $|V| < 2$, whereas for $|V| \geq 2$ only a Mott insulating phase exists, with exactly one particle per site, regardless of lattice geometry and dimensionality. This is simply because the system can maximally lower its energy by having each particle surrounded by as many nearest-neighbor particles as possible, trumping any contribution from the hopping term. The regime of interest in this work is the latter, i.e., that in which no superfluid phase exists in the absence of disorder.

### III. METHODOLOGY

We perform grand-canonical quantum Monte Carlo simulations to study the ground state properties of $[\mathbf 1]$, using the Worm Algorithm in the lattice path-integral representation. As the details of this computational method are extensively described elsewhere, and because the calculations performed here are standards, we shall not review it here, and simply refer interested readers to the original references.

The results shown here correspond to a temperature $T$ sufficiently low (typically $\beta = 1/T = L$), to be regarded as essentially ground state estimates. Simulations are carried out over square lattice of size varying from $L=12$ to $L=96$, and estimates are averaged over a number $M$ of independent realizations of the random disordering potential, typically $M=100$ ($20$) for $L=12$ ($96$).

### IV. RESULTS

Fig. 1 shows the average particle density $\rho$ as a function of the chemical potential $\mu$, for a particular value of $|V|$ greater than 2 ($|V|=2.3$). For weak disorder (i.e., small $\Delta$), the ground state of the system has exactly one particle per site, with an abrupt density jump at $\mu/|V| = 2$, when the lattice turns from empty to fully filled. However, for disorder of sufficient strength (figure shows results for $\Delta = 3$), the density jump disappears, being replaced by a smooth curve, signaling continuous dependence of density on chemical potential. In other words, the disorder stabilizes phases at intermediate densities, consisting of interconnected “clusters” of particles, pinned by local fluctuations of the disordering potential. In this situation, the value $\mu/|V| = 2$ corresponds to a particle density $\rho = 0.5$.

Clearly, the issue immediately arises of whether such disordered phases may turn superfluid at low $T$, and what the nature would be of such a disordered superfluid phase, simultaneously featuring broken translational invariance. We investigated the occurrence of superfluid behavior by directly calculating the superfluid density $\rho_S$ (using the standard winding number estimator). Fig. 2 shows $\rho_S$ as a function of particle density $\rho$, in the limit $T \to 0$, for the one of the choices of model parameters of Fig. 1, namely $\Delta = 3$ and $|V| = 2.3$. The superfluid density increases from zero and reaches a maximum value at half filling, where approximately 12% of the system is superfluid.

![Figure 1: (Color online). Ground state density $\rho$ versus chemical potential $\mu$ for $|V|=2.3$, for weak ($\Delta=0.5$, squares), intermediate ($\Delta=3.0$, circles) and strong ($\Delta=9.0$, triangles) disorder. Results shown are for a lattice of size $L=96$, and are obtained by averaging over 20 independent realizations of the disorder. Statistical errors are smaller than symbol sizes.](image1)

![Figure 2: (Color online). Superfluid density $\rho_S$ as a function of particle density $\rho$, in the limit $T \to 0$, for the one of the choices of model parameters of Fig. 1, namely $\Delta = 3$ and $|V| = 2.3$. The superfluid density increases from zero and reaches a maximum value at half filling, where approximately 12% of the system is superfluid.](image2)
The observed superfluid phase is ostensibly induced by disorder, which stabilizes uniform phases of filling intermediate between zero and one. In order to gain further insight and in-depth understanding of the role of disorder in actually promoting superfluidity, it is of interest to study the competition between the strength of disorder ($\Delta$) and that of the attractive boson interaction ($|V|$).

For definiteness, we consider the case of half filling, corresponding to a maximum in the superfluid density (for those systems for which superfluidity is observed). The same trends are also observed away from half filling.

When the disorder is weak ($\Delta \ll |V|$), it cannot break apart clusters of particles, hence the system remains insulating, as shown in Fig. 4 or by the vanishing compressibility $\kappa = d\rho/d\mu$ for $\Delta = 0.5$ in Fig. 1. There are thus macroscopic domains (empty or fully filled) with hidden long-range order in the system. When the disorder becomes of the order of the attraction ($\Delta \lesssim |V|$), sites and regions begin to appear throughout the system where the chemical potential is low enough to rip particles off the cluster, which then breaks down into large grains. These particles, however, are still largely localized in the vicinity of the energetically favorable sites created by disorder, as the curve for $\Delta = 2$ in Fig. 5 shows.

If we further increase the disorder strength, the grain size decreases to a microscopic scale, a (relatively) large fraction of the particles are delocalized, and superfluidity along interfaces (ridges) becomes possible, as also shown in previous numerical studies. This effect takes place essentially due to percolation. We can thus say that the disorder counters the insulating trend caused by the attractions, and actually makes the system superfluid. This is shown in Fig. 4 where we see a rather large superfluid fraction as a function of disorder.

If the disorder strength is increased even further, insulating glassy behavior re-appears, because the disorder is now so strong that it can block any superfluid path and localize particles, much as in the case of repulsive interactions.

A similar scenario takes place on increasing the interac-
Figure 5: (Color online). Maximum value of the superfluid density $\rho_S$ (attained for $\rho=0.5$) versus absolute value of attractive interaction $|V|$ for different diagonal disorder $\Delta$ at inverse temperature $\beta = 96$. Statistical errors are smaller than symbol sizes. Results shown are for a square lattice with $L = 96$. The solid lines are a guide to the eye.

Figure 6: Map of the local superfluid density for a particular disorder realization, on a square lattice with $L=96$, $|V| = 2.3$ and $\Delta = 3$. The total superfluid density $\rho_S$ equals 0.068(1) for this run. The white areas are small insulating grains, connected by superfluid interfaces.

It is worth noting that the above scenario is quite different from that of the repulsive disordered Bose-Hubbard model, where regions of uniform chemical potential are crucial for stabilizing locally a liquid phase, and thus the superfluid properties and the compressibility of the whole system. We also note here that this insulating phase is compressible, as shown in Fig. 1 for $\Delta = 9t$, which justifies the nomenclature “Bose glass”.

The compressibility at half filling goes from zero in the phase segregated regime (no disorder), to a large value in the superfluid phase, and decreases then monotonically over the Bose glass phase, when increasing the disorder bound at constant interaction strength.

This “superglass” phase can be visualized through local superfluid density maps, shown in Fig. 6 for a particular realization of disorder. The local value is obtained by statistically averaging local contributions to the total superfluid density (i.e., to the square of the winding number), which, in the case shown in Fig. 6 for $\Delta = 3$ and $|V| = 2.3$, amounts to slightly less than 7%. We found that the covariance between the superfluid density and the disordering potential is virtually zero, i.e., for these values of the parameters the physics is mostly driven by the attraction between bosons, consistent with the picture given above in the case of strong disorder and strong attraction.

V. CONCLUSIONS

We have shown that disorder induces a superfluid phase in a lattice system of hard-core bosons with a strong nearest-neighbor attraction. While the system without disorder is an insulator of the ferromagnetic Ising type, the disorder can induce an inhomogeneous superfluid (or superglass) phase (corresponding to in plane order in the spin parlance) in a window of interaction and disorder strengths. For stronger disorder bounds, the disorder and the attractive interactions work together to localize the particles. The coherence induced by disorder might easily be observable in time-of-flight images for ultracold atoms or molecules.

In the absence of disorder, the physics of our model is reminiscent of that of molecular $\text{para-H}_2$, long speculated to be a potential “second superfluid”, due to the light mass of its constituents (one half of that of helium atoms). On the other hand, superfluidity is not observed in $\text{para-H}_2$ due to the strength of the intermolecular potential, which causes the system to crystallize at temperatures significantly above that at which Bose Condensation is expected to take place. Recent numerical studies have shown that disorder ought not give rise to a superfluid phase of $\text{para-H}_2$. Based
on the results obtained in this work, we may argue that \textit{para}-hydrogen may be a system too “deep” into the insulating regime (i.e., the effective value of $|V|$ is too large) for disorder to stabilize a superfluid phase.

On the other hand, the results obtained here suggest that disorder may be responsible for the observation of superfluidity in helium films at coverages corresponding to less than a full monolayer. It should be noted, though, that helium films are expected to be superfluid at “negative” pressure, in fact all the way down to the spinodal density,

\[ \rho_{\text{spinodal}} \]
rendering them essentially different than what is discussed here.

Acknowledgments

This work was supported in part by the Natural Science and Engineering Research Council of Canada under research grant G121210803, by the Alberta Informatics Circle of Research Excellence and by the Swiss National Science Foundation. One of us (MB) gratefully acknowledges the hospitality of the Institute of Theoretical Physics, University of Innsbruck.

1. M. P. A. Fisher, P. B. Weichman, G. Grinstein, D. S. Fisher, Phys. Rev. B \textbf{40}, 546 (1989).
2. J. Billy, V. Josse, Z. Zuo, A. Bernard, B. Hambrecht, P. Lugan, D. Clément, L. Sanchez-Palencia, P. Bouyer, and A. Aspect, Nature \textbf{453}, 891 (2008); L. Sanchez-Palencia, D. Clément, P. Lugan, P. Bouyer, and A. Aspect, New J. Phys., \textbf{10}, 045019 (2008).
3. M. White, M. Pasienski, D. McKay, S. Zhou, D. Ceperley, and B. DeMarco, Phys. Rev. Lett. \textbf{102}, 055301 (2009).
4. G. Roati, C. D’Errico, L. Fallani, M. Fattori, C. Fort, M. Zaccanti, G. Modugno, M. Inguscio, Nature \textbf{453}, 895 (2008).
5. M. Boninsegni, N. Prokof’ev and B. Svistunov, Phys. Rev. Lett. \textbf{96}, 105301 (2006).
6. G. Biroli, C. Chamon and F. Zamponi, Phys. Rev. B \textbf{78}, 224306 (2008).
7. J. C. Davis, private communication (2008).
8. See, for instance, J. C. Phillips, PNAS \textbf{105}, 9917 (2008).
9. J. Turnbull and M. Boninsegni, Phys. Rev. B \textbf{78}, 144509 (2008).
10. H. Cho and G. A. Williams, Phys. Rev. Lett. \textbf{75}, 1562 (1995); G. A. Csáthy, J. D. Reppy, and M. H. W. Chan, Phys. Rev. Lett \textbf{91}, 235301 (2003).
11. W. Krauth, N. Trivedi and D. M. Ceperley, Phys. Rev. Lett. \textbf{67}, 2307 (1991).
12. M. Makivic, N. Trivedi and S. Ullah, Phys. Rev. Lett. \textbf{71}, 2307 (1993); M. Wallin, E. S. Sorensen, S. M. Girvin and A. P. Young, Phys. Rev. B \textbf{49}, 12115 (1994); F. Alet and E. S. Sorensen, Phys. Rev. E \textbf{67}, 015701 (2003); N. Prokof’ev and B. Svistunov, Phys. Rev. Lett. \textbf{92}, 015703 (2004).
13. N. V. Prokof’ev, B. V. Svistunov, and I. S. Tupitsyn, Phys. Lett. A \textbf{238}, 253 (1998); Sov. Phys. JETP \textbf{87}, 310 (1998).
14. K. V. Houcke, L. Pollet and S. M. A. Rombouts, J. Comp. Phys. \textbf{225}, 2249 (2007).
15. E. T. Seppälä, V. Petäjä, and M. J. Alava, Phys. Rev. E \textbf{58}, R5217 (1998).
16. Y. Imry and S. Ma, Phys. Rev. Lett. \textbf{35}, 1399 (1975).
17. E. Burovski, E. Kozik, A. Kuklov, N. Prokof’ev, and B. Svistunov, Phys. Rev. Lett. \textbf{94}, 165301 (2005).
18. V. L. Ginzburg and A. A. Sobyanin, JETP Lett. \textbf{15}, 242 (1972).
19. M. Boninsegni, M. W. Cole and F. Toigo, Phys. Rev. Lett. \textbf{83}, 2002 (1999).