Synthesis and Characterization of Chitosan-Acrylic Acid Based Hydrogels and Investigation the Properties of Bilayered Design with Incorporated Alginate Beads

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Abstract
The paper presents the synthesis of hydrogels via free-radical polymerization, based on Chitosan (CS) grafted with Acrylic acid (AA), using a two-step procedure. Free-radical polymerization has given strong hydrogels with compact structure, dominant elastic behavior, and long linear viscoelastic region. The results of rheological studies have shown that obtained hydrogels have significantly improved mechanical properties in comparison to chitosan hydrogels obtained by other sustainable methods. A step forward in the investigation of the potential application of chitosan hydrogels in wound dressing systems has been made by preparation of the bilayer design by embedding a layer of active compound-loaded alginate beads into the contact surface between two conjoined units of CS/AA hydrogels. Wild garlic (Allium ursinum L.) dried extract was used as an active compound because of its antimicrobial activity and green properties. This system has demonstrated pH-dependent release of extract and higher shear elastic modulus values than ordinary disc gels. A conducted study has given preliminary results for the possible application of bilayer chitosan-based hydrogels in wound dressing systems and represents the first step towards extrapolating the proposed design across other application fields.

Keywords Chitosan hydrogels · Free-radical polymerization · Alginate beads · Bilayer design · Rheological properties

Introduction
Hydrogels are three-dimensional polymer networks that absorb water due to their hydrophilic nature but do not dissolve in it, due to the existence of cross-links between the polymer chains [1, 2]. The main property of hydrogels is swelling—the ability to absorb the water and increase its volume [3]. Hydrogel swelling behavior depends on polymer chemical structure (the type and amount of hydrophilic groups), polymer-water interaction, crosslinking density, hydrogel porosity, and environmental conditions [4, 5]. The presence of hydrophilic groups in hydrogel structure such as hydroxyl (-OH), amide (-CONH-,-CONH2), and ionizing groups such as amine (-NH2) and carboxylic (-COOH) enable the swelling of hydrogel. The ability of hydrogels to respond to changes in pH and ionic strength in the surrounding medium by changing their absorption properties and volume is based on the ionization of present functional groups [5]. Due to their specific, tailored-made properties such as absorption, the possibility to respond to external stimuli, and flexibility in a swollen state similar to natural tissue, hydrogels have received significant attention in the last decades. Hydrogels can be prepared from polymers of different origins, according to which they are divided into natural and synthetic ones [6]. A large amount of non-degradable wastes which comes from synthetic polymers followed by releasing of toxic products and drastic reduction of fossil fuels resources impose ecological and economical requirements for using biodegradable materials with improved properties based on renewable resources, such as biopolymers. In addition to water absorption ability, hydrogels are expected to meet other criteria, such as biocompatibility, biodegradability, and non-toxicity [6]. Furthermore, depending on the field of application, other specific properties such as...
as antimicrobial activity could be advantageous in biomedical applications such as wound dressings [7]. Hence, this environmentally pressured reassessment of values has inspired a recent transition to biopolymers in hydrogel preparation. Chitosan is one of the most commonly used natural polymers for hydrogel preparation, obtained by partial deacetylation of chitin in an alkaline medium. Chitin is a natural polysaccharide and follows cellulose, the most abundant polymer [6]. Due to its excellent biocompatibility and antimicrobial properties, chitosan-based hydrogels are being thoroughly considered for biomedical applications. They are especially promising in the field of wound dressing systems, because, in addition to the listed properties, chitosan accelerates wound healing by stimulating immune response [8], promoting the wound contraction [6] having the hemostatic and anticoagulant properties [6, 9]. Permanent (chemically cross-linked) chitosan hydrogels can be obtained using different cross-linkers able to react with chitosan groups such as glutaraldehyde [10, 11] genipin [12] ethylene glycol diglycidyl ether (EDGE) [13]. Additionally, a cross-linking reaction can be carried out after grafting of the chitosan. Therefore, according to the functional groups introduced in the chitosan backbone by grafting, different types of cross-linkers can be employed in hydrogel synthesis [14, 15]. However, hydrogels obtained in this way (via a one-step reaction process between functional groups) have poor mechanical properties which limit their application as hemostatic gauzes, while the non-specific response to pH limits their application as drug delivery systems. Chitosan gels can also be obtained by a photo-crosslinking which is performed under the UV light in the presence of a chemical photoinitiator [7]. Hydrogels obtained in this way have a stronger structure, but lower flexibility [7]. Ionizing radiation is a powerful tool for obtaining chemically crosslinked hydrogels for biomedical applications enabling simultaneous sterilization [16]. This method does not require the addition of crosslinking agent; the final hydrogel contains only chitosan and possesses good mechanical properties [7]. However, this process requires expensive equipment and installations. Accordingly, an ideal wound dressing should possess specific properties of chitosan hydrogel, enabling gaseous exchange, maintaining wound moisture, and removing the excess exudates. It is also very important that the hydrogels can be fabricated from available material, using economical and simple procedures [6]. Numerous authors have proposed grafting of chitosan by polyacrylic acid by the mechanism of free-radical polymerization which implies the production of macro-radicals in the reaction of chitosan and initiator radicals, which initiate the vinyl monomer to polymerize [17–19]. Guided by these principles, hydrogels based on chitosan grafted by acrylic acid have been synthesized in this research using a simple and economical two-step method; the first step has resulted in grafted chitosan with incorporated double bonds, able to form a strong hydrogel in the second step via free-radical polymerization, in the presence of the crosslinking agent. Chitosan is a cationic polymer due to its amino groups. However, these groups are employed in the grafting process as well as the carboxylic groups of acrylic acid, resulting in a hydrogel that is not pH sensitive. This shortcoming has thus far hindered the development of chitosan-based drug delivery systems and limited the use of chitosan-based dressings for chronic wound clinical treatment, despite the commercial success of their counterparts designed for acute wounds. Therefore, the goal is to obtain a completely biocompatible, chitosan-based hydrogel system under mild reaction conditions, using a green path, which shows the pH-dependent delivery of the active compound. The aim of this work is a contribution to solving this issue, by introducing a novel sustainable drug delivery system, consisting of a CS/AA hydrogel shell and entrapped drug-loaded alginate beads. Sodium alginate is a pH-sensitive anionic polysaccharide. Carboxylic groups are in the anionic form above the pKa values of alginate constitutive units—guluronic (pKa 3.38) and mannuronic acid (pKa 3.65) leading to the expansion of alginate-based network and water uptake. Under this value, the carboxylic groups are not ionized, and in such form do not contribute to swelling [20, 21]. The design is termed bilayer because it is prepared by embedding a layer of active compound-loaded beads into the contact surface between two conjoined units of CS/AA hydrogels. The unique architecture of the proposed delivery platform allows for exploiting all the proven virtues of chitosan wound dressing systems, enabling pH-dependent drug release from the alginate beads within which the active compound is contained. Releasing profile of bilayer sample was investigated using the wild garlic (dried extract incorporated in alginate beads as colored, bio-based, water-soluble substance, with proven antimicrobial effect, obtained from widely available weed plant using a green extraction process. This selection of compounds and methods of preparation have put the whole process in an ecological framework, guided by the principles of green chemistry and exploitation of low-cost raw materials for the preparation of valuable products. According to our best knowledge, swelling kinetics of chitosan-graft-acrylic acid-based hydrogels obtained in this way is not reported in the available literature, as well as a deeper consideration of their rheological properties; therefore this paper gives established parameters of swelling kinetics—determined diffusion type, swelling kinetics order of hydrogels based on chitosan grafted by acrylic acid obtained via free-radical polymerization and thoroughly studied rheological properties. Also, bilayer-designed chitosan hydrogel prepared in this way and aimed in this purpose has not been described in the available literature.
Experimental Section

Materials

Chitosan (CS, Mₐ = 100,000–300,000 g/mol, degree of deacetylation ≥ 75%), Acrylic acid (AA, p.a.) and Glacial acetic (p.a.) acid were supplied from Acros Organic (New Jersey, USA). N, N’-methylenebisacrylamide (MBAM) was purchased from Sigma-Aldrich (St. Louis, MO USA), while potassium persulfate (PPS) was delivered from Centrohem (Stara Pazova, Serbia). Distilled water with added glacial acetic acid was used for chitosan dissolution and as a medium for the polymerization reaction. The swelling behavior of obtained hydrogels was investigated in citric (pH 3) and phosphate (pH 7.4) buffer solution (Alfapanon, Bački Petrovac, Serbia). Wild garlic extract in powder state prepared according to the procedure described in Sect. “Preparation of Wild Garlic Dry Extract”. The antibacterial activity of extract water solution was investigated according to the procedure described in Sect. “Antimicrobial Activity of Wild Garlic Extract” [22].

Preparation of Chitosan/Acrylic Acid Hydrogels

For the preparation of CS/AA hydrogels, chitosan (in the amount of 4.5% w/w) was added to the solution of acetic acid in distilled water (pH 4.5) at about 75 °C. After the complete dissolution of chitosan, acrylic acid was added in a certain amount (Table 1). After 60 min of simultaneous homogenization and amidation/esterification, cross-linker

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Table 1  The initial amounts of components for the synthesis of CS/AA hydrogels

| Sample name | CS (wt.%) | AA (wt.%) | MBAM (wt.% per AA weight) | PPS wt.% (per AA weight) |
|-------------|-----------|-----------|--------------------------|--------------------------|
| 15/85, 2%   | 15        | 85        | 2                        | 2.5                      |
| 20/80, 1%   | 20        | 80        | 1                        | 1                        |
| 20/80, 2%   |            |           | 2                        |                          |
| 20/80, 3%   | 25        | 75        | 3                        |                          |
| 25/75, 2%   |            |           | 2                        |                          |

a15/85, 2%—sample based on 15 wt.% of Chitosan, 85 wt.% of Acrylic acid, and 2 wt.% of MBAM per Acrylic acid weight
b20/80, 1%—sample based on 20 wt.% of Chitosan, 80 wt.% of Acrylic acid, and 1 wt.% of MBAM per Acrylic acid weight
c20/80, 2%—sample based on 20 wt.% of Chitosan, 80 wt.% of Acrylic acid, and 2 wt.% of MBAM per Acrylic acid weight
d20/80, 3%—sample based on 20 wt.% of Chitosan, 80 wt.% of Acrylic acid, and 3 wt.% of MBAM per Acrylic acid weight
e25/75, 2%—sample based on 25 wt.% of Chitosan, 75 wt.% of Acrylic acid, and 2 wt.% of MBAM per Acrylic acid weight

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MBAM and initiator PPS completely dissolved in distilled water (1 wt.% aqueous solution) was added to the solution of CS grafted with AA. Crosslinking reaction was completed for 40 min. Obtained hydrogels were purified by distilled water (gels were been rinsed until the water was not completely clear) in order to remove unreacted acrylic acid and cross-linking agent. In order to investigate the influence of cross-linker amount on the properties of obtained hydrogels, one series with the same CS/AA ratio was synthesized by varying the cross-linker amount (1, 2, and 3 wt.% per AA weight). Obtained hydrogels were dried in a vacuum at 50 °C until constant weight.

**Preparation of Calcium Alginate Beads**

Sodium alginate was dissolved in distilled water at about 70 °C (1.5% w/w). Calcium alginate beads were formed using an automatic pipette to drip 25 μl of alginate solution in calcium-chloride (CaCl₂) water solution (3% w/w). The beads were formed via the complexation of alginate by Ca²⁺ ions. After stirring for 1 h at room temperature, formed beads were kept overnight in calcium-chloride gelling solution in order to ensure the optimal level of crosslinking, i.e. strongly gelled alginate beads. Formed beads were separated from the CaCl₂ solution by filtration method, rinsed with distilled water two times in order to remove Ca²⁺ and Cl⁻ ions from the surface of beads, and dried at about 45 °C until constant weight.

**Preparation of Wild Garlic Dry Extract**

Dried and chopped leaf wild garlic was subjected to extraction by subcritical water at 160 °C for 20 min (extractor Parr Instrument Company, SAD). All extractions were performed under isobaric conditions at 36 bar. The drug-solvent ratio remained constant in all experiments at 1:10 (m/v). After extraction, the extractor was cooled in an ice bath to room temperature. After cooling, the extracts were immediately filtered through filter paper. The obtained liquid extract was dried by spray drying technique on a semi-industrial device Anhydro spray dryer (APV Anhydro AS, Denmark). Maltodextrin (DE 19.7) was used as a drying agent and carrier in the drying process at a concentration of 40% relative to the dry residue of the liquid extract. The feed mixture was prepared by homogenization of maltodextrin solution in water and liquid extract of wild garlic [22].

**Antimicrobial Activity of Wild Garlic Extract**

For investigation of antibacterial activity of the aqueous extract of wild garlic—Allium ursinum L. powder the following bacterial species were used: *Salmonella Typhimurium*, *Salmonella Enteritidis*, *Escherichia coli*, *Proteus hauseri*. Commercial species purchased in the lyophilized state were stored in the refrigerator until the moment of activation. Once a week, the cultures were refreshed by inoculation of nutrient agar (Himedia, India) and safely removed after one month. Working cultures are prepared from the corresponding subcultures by inoculation on nutrient agar and incubation at 37 °C for 18–24 h. Samples with extract solution were contaminated by test microorganisms, and incubated for 24 h at 37 °C in nutrient broth under aerobic conditions. After incubation, test number of microorganisms in the tested was determined using the drop plate method [22, 23]. The results of the antibacterial test of the examined supercritical extract have shown an inhibitory effect on all species of tested bacteria. After 24 h, bacterial colonies were not detected in the test sample.

**Preparation of Filled Alginate Beads**

Wild garlic extract was dissolved in alginate solution in a predicted amount. After homogenization and cooling, calcium alginate beads filled with extract were formed in the same way as it is explained in Sect. “Preparation of Calcium Alginate Beads”.

**Preparation of Bilayer Hydrogel Embedded with Alginate Beads**

Bilayer hydrogels were prepared by forming a top layer on the surface of a previously formed bottom layer in the swollen state with alginate beads on the contact surface of the layers (Fig. 1). The reaction mixture just before reaching the gel point was poured over the bottom layer with alginate beads on the contact surface. The bottom layer was prepared according to the previously described procedure in Sect. “Preparation of Chitosan/Acrylic Acid Hydrogels”, using the CS/AA in an initial ratio of 20/80, with 2 wt.% of crosslinking agent, as hydrogel with optimized properties. Bilayer samples were prepared with and without extract in alginate beads in order to investigate the delivery of extract at two different pH values using two kinds of biopolymer hydrogels with different geometry united in the new design.

**Fourier Transform Infrared (FTIR) Spectroscopy**

The chemical structure of prepared hydrogels was analyzed using the Fourier Transform Infrared spectrophotometer (FTIR, IRAffinity-1S, Shimadzu) applying the attenuated total reflection (ATR) technique (MIRacle series), using ZnSe (zinc selenide) Prism Plat. The spectra were recorded in the infrared region 4000–400 cm⁻¹. Samples were scanned 24 times with a resolution setting of 4 cm⁻¹.
Scanning Electron Microscopy

The microstructures of xerogels were analyzed using a scanning electron microscope (JEOL JSM-6460, Japan) with an accelerating voltage of 20 kV. Xerogel samples were immersed in liquid nitrogen, cut, gold-sputter coated, and examined at different magnifications.

Swelling Analysis

Swelling Ratio

The swelling behavior of synthesized disc hydrogels was investigated at two pH values (3 and 7.4), at room temperature (25 °C), and physiological temperature (37 °C). Preweighed xerogels (completely dried hydrogels) were immersed in buffer solution and in certain time intervals (15, 30, 60, 120, 180, 240, 300 min) the swollen hydrogel discs were pulled out, wiped superficially, and weighed. Swelling ratio (S) at different time intervals was determined using the following Eq. 1:

\[
S = \frac{W_t - W_0}{W_0} \times 100\%
\]

where \(W_t\) is the weight of swollen hydrogel in a certain time, and \(W_0\) is the initial weight of xerogel.

All tests were carried out in triplicate and average values were considered.

Diffusion of Water

A type of solvent diffusion was studied using the following empirical model (Eq. 2) [24]:

\[
F = \frac{S}{S_e} = k \cdot t^n
\]

where \(F\) is a swelling fraction, \(S\) is the swelling ratio in time \(t\) and \(S_e\) is the equilibrium swelling ratio; \(S_e\) represents the swelling ratio when the hydrogel is stopped to swell (the last three measurements were the same) \(k\) is a constant dependent on polymer network structure and \(n\) is a diffusional exponent which provides information about solvent sorption, i.e. diffusion type. The value of \(n\) is determined from the slope of natural logarithm transformed by Eq. 2 which gives precise analysis for the fractional uptake values up to 0.6. If \(n\) has a value between 0 and 0.5, sorption is diffusion-controlled, or Fickian, which means that solvent diffusion in the to hydrogel matrix is slower than the relaxation of polymer chains. If \(n\) has a value above 0.5, diffusion is non-Fickian, or relaxation controlled, which means that diffusion of solvent is faster than the relaxation of polymer chains of hydrogel [25].

Swelling Kinetics

Based on the behavior of samples during the manipulation within swelling ratio measurements and obtained results, swelling kinetics is analyzed with the assumption that the swelling follows first-order kinetics described by the following Eq. 3 [26]:

\[
\frac{dS}{dt} = K_1(S_e - S)
\]

where \(S\) is the swelling ratio at time \(t\), \(S_e\) is the equilibrium swelling ratio and \(K_1\) (min\(^{-1}\) in this investigation) the is constant of first-order kinetics. After integrating the Eq. 3 for the initial conditions (\(t\) from 0 to \(t\) and \(S\) from 0 to \(S_e\)) the following Eq. 4 is obtained:

\[
\ln\frac{S_e - S}{S_e} = K_1 \cdot t
\]

Determination of Gel Fraction

At the end of the swelling experiments, hydrogel discs were dried in a vacuum dryer until constant weight and reweighed. The gel fraction was determined using the following Eq. 5:

\[
\text{Gel Fraction} = \frac{W'}{W_0} \times 100\%
\]

where \(W'\) is the weight of dried hydrogels and \(W_0\) is the initial weight of xerogel. All tests were carried out in triplicate and average values were considered.

Rheology

Rheological characterization of hydrogels was performed using a Haake Mars rheometer (Thermo Scientific, Karlsruhe, Germany), with PP35 Ti plate-plate geometry with 35 diameters at 25 ± 0.1 °C. The gap between plates was kept at 25 mm. After the samples stopped being adherent, hydrogels were subjected to the first series of dynamic-mechanical measurements. Before the second series of measurements was carried out, disc-shaped hydrogels (after drying and syneresis) were equilibrated in an acidic buffer at room temperature. In order to determine shear elastic (\(G'\)) and viscous (\(G''\)) moduli of hydrogels in the linear viscoelastic regime, oscillatory frequency sweep tests were performed in the frequency range from 0.1 to 10 Hz, at constant stress of 10.00. Oscillatory stress tests were carried out in the stress range from 1 to 10,000 Pa, at a constant frequency of 1 Hz in order to determine the hydrogel strength in a swollen state. Measurements were carried out in triplicate and average values were graphically presented. The loss tangent (\(\tan\delta\)), which indicates the relative degree of energy
dissipation of hydrogels and bilayered system, represents the ratio between shear viscous and elastic modulus is calculated using Eq. 6:

$$\tan \delta = \frac{G}{G}$$  \hspace{1cm} (6)

Viscoelastic behavior of hydrogels can be also described by complex shear viscosity (using the following Eq. 7, where $\omega$ represents linear frequency expressed in Hz.

$$e|\eta^*| = \sqrt{\left(\frac{G}{\omega}\right)^2 + \left(\frac{\Delta}{\omega}\right)^2}$$  \hspace{1cm} (7)

The complex viscosity—linear frequency dependence is described using the regression analysis, assuming the equation for a given empirical dependence (Results and discussion, Eq. 13), in order to find out the type of viscoelastic behavior. The parameters of function which describes the variation of complex shear viscosity in the function of linear frequency are calculated using Eqs. 8 and 9:

$$b_1 = \frac{n \cdot \sum_i n \cdot y_i - (\sum_i n \cdot y_i) (\sum_i n \cdot x_i)}{n \cdot \sum_i x_i^2 - (\sum_i n \cdot x_i)^2}$$  \hspace{1cm} (8)

$$b_0 = \frac{1}{n} \left( \sum_i n \cdot y_i \cdot b_1 - \frac{1}{n} \left( \sum_i n \cdot x_i \cdot b_1 \cdot \sum_i n \cdot x_i \right) \right)$$  \hspace{1cm} (9)

where $x$ and $y$ are variables in a regression analysis ($\ln\eta^*$ and $\lnf$), obtained after the transformation of Eq. 13 using a natural logarithm (Eq. 13); $b_1$ is a slope (a), and $\ln b_0$ is an intercept (b).

Results of the frequency sweep test enable the determination of mesh size ($\xi$) using Eq. 10 [27]:

$$\xi = \left( \frac{k_b \cdot T}{G_e} \right)^{\frac{1}{2}}$$  \hspace{1cm} (10)

where $k_b$ is the Boltzmann constant and $T$ is an absolute temperature and $G_e$ is the plateau value of shear elastic modulus.

**Delivery Studies**

The ability of bilayer hydrogels to deliver extract incorporated in alginate beads was investigated at two pH values (3 and 7.4) at 37 °C, considering different swelling properties of alginate beads at different pH values. Bilayered xerogels were immersed in buffer solutions (pH 3 and pH 7.4) and in certain time intervals (30, 60, 90, 120, 150, 180 min), hydrogels were removed from the buffer and the color of the buffer solution was determined using a Konica Minolta Chromameter. The parameters $L^*$ (lightness), $a^*$ (red-green), and $b^*$ (yellow-blue) were firstly read for the blank tan solutions using a D65 light source and the white calibration plate. Blank tans were obtained by immersing the bilayer hydrogels without extract in buffer solutions (pH 3 and pH 7.4) and removing them after 180 min. Every 30 min, after bilayer hydrogel was taken out, the values of parameters $L^*$, $a^*$, $b^*$ were read. The color difference between buffer solution in a certain time interval and blank tan ($\Delta E^*ab$) was calculated by the following Eq. 11:

$$\Delta E_{ab} = \sqrt{(\Delta L^*)^2 + (\Delta a^*)^2 + (\Delta b^*)^2}$$  \hspace{1cm} (11)

where $\Delta L^*$ is the difference in lightness between buffer solution in a certain time interval and blank tan buffer solution, $\Delta a^*$, and $\Delta b^*$ the difference in coordinates green/red and blue/yellow [28]. For each sample (buffer in a certain time interval) three values are noted and the average value was taken into consideration. All tests were carried out in triplicate and average values were considered. This method was implemented for the investigation of bilayer delivery properties as a fast, simple and relevant procedure to confirm its main ability—pH sensitive releasing of used extract.

**Differential Scanning Calorimetry (DSC)**

Differential scanning calorigrams were recorded for xerogel samples using a Q20, TA Instruments differential scanning calorimeter. The measurements were performed in the atmosphere of nitrogen at a flow rate of 50 ml/min in the temperature range from 25 to 250 °C; the heating rate was 10 °C/min. Indium was used as a calibration reference. The soft Indium pills were pressed flat in order to achieve better thermal contact, placed into the aluminium pan and weighed. Calibration measurements were carried out with three sequential heating segments up to 260 °C and two cooling segments down to 50 °C, at three heating rates (5, 10, and 20 °C/min). Peak from second and third heating was used for the evaluation.

**Thermal Gravimetric Analysis (TGA)**

The thermal stability of xerogel samples was analyzed using the LECO 701 Thermogravimetric Analyzer. The samples were heated in the air atmosphere, from 25 to 800 °C at a heating rate of 10 °C/min.

**X-Ray Diffraction Analysis (XRD)**

The microstructure of xerogel samples was investigated by Philips PW1820 X-ray Diffractometer, which operates at a voltage of 30 kV and a current of 30 mA using CuKα radiation ($\lambda = 0.154$ nm). Data were obtained in the $2\theta$ (angle between transmitted and reflected beam) range of 5–40°. Peak position calibration and determination of instrumental
peak broadening were performed using a LaB$_6$ as an external standard. The average interchain spacing (⟨$R$⟩) for xerogel samples was calculated using Eq. 12 in order to investigate the influence of the initial ratio of components on the chain arrangement in the amorphous phase [29].

$$\langle R \rangle = \frac{5}{8} \left( \frac{\lambda}{\sin\theta} \right)$$  \hspace{1cm} (12)

**Statistical Analysis**

The statistical analysis of experimental data was carried out using Microsoft Excel 2010 and OriginPro 8. Average values, standard deviation, and range of the obtained swelling ratio, gel fraction, color parameter and plateau elastic modulus values are calculated in Excel, while Standard Error—values for intercept and slope of linear fitted curves were determined in Origin.
Results and Discussion

Preparation of Hydrogels

Figure 2 illustrates the proposed reaction mechanism of CS-graft-AA hydrogels synthesis, according to conducted FTIR and swelling studies. The reaction of grafting is carried out via the formation of the ester and amide bonds between hydroxyl or amino groups of CS and carboxylic groups of AA in an acidic medium. Grafting reaction enables obtaining modified CS with double bond able to form polymer network via free-radical polymerization in the presence of MBAM as a crosslinking agent.

FTIR Analysis

Two peaks at approximately 3360 and 3230 cm\(^{-1}\) noticed in the FTIR spectrum of the graft copolymer (Fig. 3I) and hydrogels spectra (Fig. 3II and III) correspond to the asymmetrical and symmetrical stretching vibration of -NH\(_2\) group, which overlaps with -OH stretching (3600–3000 cm\(^{-1}\)) [30]. The absorption peaks at around 2920 and 2890 cm\(^{-1}\) are attributed to -C-H asymmetric and symmetric stretching vibrations. The peak at 1720 cm\(^{-1}\) is attributed to the -C = O group from the ester bond and the peak at 1640 cm\(^{-1}\) corresponds to the -C = O group from the amide bond. A small peak at 1630 cm\(^{-1}\) visible in the IR spectrum of copolymer (Fig. 3Ia) is attributed to -C = C asymmetric stretching. The band at 1560 cm\(^{-1}\) corresponds to -N–H bending vibrations from the amide linkage while the band at 1410 cm\(^{-1}\) corresponds to -C-O-H bending. The peak at 1320 cm\(^{-1}\) corresponds to the -C-O-H bending and CH\(_2\) twisting. The peak at about 1210 cm\(^{-1}\) is attributed to the C-O and C-N stretching. Two peaks at 1050 and 1020 cm\(^{-1}\) correspond to -C-C-O stretching and -C-O-H deformation. Bending vibrations of = C-H and = CH\(_2\) group appear as peaks at 985, 885, and 780 cm\(^{-1}\) in IR spectrum of copolymer; their absence in hydrogel spectra confirms crosslinking via free-radical polymerization. A broad peak at about 710 cm\(^{-1}\) is attributed to -N-H bending (out-of-plane) [31]. There are no differences between FTIR spectra of synthesized hydrogels in terms of present peaks.

Scanning Electron Microscopy Studies

During hydrogels drying, syneresis has been observed. Under the available magnifications, the hydrogel pores could not be detected. Figure 4 shows the compact inner structure of hydrogels, with no differences related to the chemical composition. SEM micrographs of alginate beads at different magnifications (Fig. 5) reveals rough, porous surface with network of fissures and protrusions visible at higher magnifications (Fig. 5b and c).

Swelling Behaviour Studies

Swelling properties were investigated at two pH values (3 and 7.4) and two temperatures (25 and 37 °C) in order to determine the influence of chemical composition on the formation and functionalization of the polymer network. Hydrogel with a greater amount of AA (15/85, 2%) has shown the greater swelling capacity at both pH and temperature values in comparison to hydrogel 20/80 and 25/75 because of a higher concentration of amide groups (Fig. 6a and c and Fig. S1a and c). A similar swelling pattern at different pH values indicates that protonated amino groups had reacted with the carboxylic groups of AA, which has resulted in amide linkages, because increasing in AA amount in copolymer composition leads to the increase in hydrogel swelling ratio; pK\(_b\) of amide groups is about 14 [32], which means that under this value (at pH 3 and pH 7.4), amide groups are in ionized form. A greater amount of acrylic acid in hydrogel composition implies increased hydrophilicity which comes partially from the oligomers of acrylic acid grafted to chitosan. The other reason can be the increased concentration of amide groups originates from the reaction of acrylic acid and chitosan amine groups, as well as from the amide groups which originate from crosslinking agent MBAM [32]. Hydrogel 20/80 and 25/75 have very similar swelling behavior at both pH values. Comparison of the swelling ability of hydrogels with the same CS/AA ratio, but different amount of crosslinking agent MBAM, it was revealed that hydrogel with 1wt.% of MBAM has had the greatest swelling capacity, which is the consequence of the lowest crosslinking density (Fig. 6b and d and Fig. S1b and c). Hydrogel synthesized with 3 wt.% of MBAM has shown the lowest swelling capacity, which is the consequence of high crosslinking density. Hydrogels in general have shown a little bit better swelling capacity at physiological pH (Fig. 6b and d, Fig. S1b and d). Hydrogels manifest better swelling capacity at higher, physiological temperature (Fig. S1) which is a consequence of a higher rate of water diffusion and better penetration into the hydrogel matrix, due to the thermal motion and better segmental mobility of polymer chains which enables better water uptake.

The mechanism of solvent diffusion into the hydrogel matrix was investigated using Eq. 2. Natural logarithm values of \(F \left(\ln F\right)\) and \(t \left(\ln t\right)\) were plotted and \(n\) values is determined from the slope for both pH values and room temperature (Fig. S2 and S3, Supporting Information) and presented in Table 2 for both temperatures. Obtained \(n\) values are above 0.5, indicating a non-Fickian or relaxation-controlled mechanism of solvent diffusion, which implies that
hydrogels swelling has carried out at temperatures which is below the glass transition temperature (T_g) of xerogels.

In order to assess if the swelling of CS/AA hydrogels follows the first-order kinetics, the ln (Se/(Se-S)) values from Eq. 4 were plotted against the time (Fig. S4 and S5, Supporting Information). The K_1 values were determined from the slope (Table 3). Swelling data fit a straight line for all samples at both pH values and temperatures, which supports the claim that swelling of CS/AA hydrogels follows the first-order kinetics.

Considering the potential application in wound dressing systems, the swelling behavior of bilayered hydrogel was investigated at two pH values and physiological temperature. Bilayered hydrogel has a greater swelling capacity at pH 7.4 (Fig. 7) due to the presence of alginate beads in its structure which swell above the pK_a value of the alginic acid constitutive units. The swelling pattern is less regular in comparison to monolayer hydrogel, but values of swelling ratio are greater due to the larger contact surface between hydrogel and buffer solution.
Results of Gel Fraction Study

Gel fraction of hydrogels is given in Table 9 in section "Statistical analysis". High values of gel fraction imply optimal initial composition of hydrogels and high yield of the reaction. Hydrogel 20/80 with 2% of MBAM has a greater value of gel fraction, which indicates that this sample has an adequately optimized composition. Bilayered hydrogel composed of two hydrogels 20/80, 2%, and alginate beads has also a high value of gel fraction, but a little bit lower than monolayer hydrogels, which is expected, considering its multi-component structure and different design.

Results of Rheological Studies

Rheological measurements were carried out before syneresis and after syneresis. The results of the frequency sweep test before and after syneresis are shown in Figs. 8 and 9. Over the whole frequency range, shear elastic modulus values ($G'$) were above the viscous modulus values ($G''$), which implies...
the dominant elastic behaviour of hydrogels in the linear viscoelastic region. Hydrogels 20/80, 2% can be observed as the strongest one (Figs. 8 and 9) having the highest values of shear elastic modulus ($G'$). Rheological, as well as swelling measurements have shown achieved optimized chemical composition of this hydrogel which has been used for the preparation of bilayer sample. The bilayer sample has a dominant elastic nature and optimal mechanical properties in the linear viscoelastic region, considering its design (Fig. 8c).
Rheological analysis of hydrogels in the swollen state has revealed that syneresis has taken place during the drying until constant weight. Shear elastic modulus has significantly higher values after syneresis (Fig. 9), which implies a higher crosslinking density of the polymer network and a stronger structure. Considering the presence of the same peaks in FTIR spectra before and after syneresis, probably, the hydrogen bonds have been formed, causing the more compact structure. Bilayer sample (Fig. 9c) has significantly higher values of shear elastic modulus in comparison to monolayer samples, which is important from the point of its application. Results of rheological measurements have demonstrated that chitosan hydrogels obtained in this way have significantly higher values of elastic moduli in comparison to chitosan hydrogels obtained using a different synthesis route such as crosslinking by glutaraldehyde [25] or by adding coagulant solution [33].

Over the whole frequency range, the loss tangent values are below 0.4, implying a low energy dissipation and dominant elastic behavior before and after syneresis (Fig. 10). The values of tanδ are very close before syneresis showing an insignificantly small frequency dependence. After syneresis, these values are lower implying increasing in shear elastic moduli values.

Figure 11 illustrates an absolute value of complex shear viscosity (|η*|) in the function of frequency for hydrogel samples before and after syneresis. It can be noticed that (|η*|) decreases with an increase in frequency indicating a shear-thinning behavior in viscoelastic hydrogels [34]. Considering the power-law model of shear-thinning (pseudo-plastic) behavior, the dependence absolute value of complex shear viscosity on frequency in a given range can be described using the Eq. 13 [34]:

|η*| = b · f^a

where b is a flow consistency parameter (K, Pa) and a is a flow behavior index.

In order to assess if the complex viscosity depends on the frequency in accordance with Eq. 13, the ln|η*| were plotted against lnf. Since the plotting of ln|η*| in the function of lnf has given a straight line (Fig. S6, Supporting information), the proposed power-law model is adequate, which implies shear-thinning behavior in viscoelastic material. The parameters of the proposed model were presented in Table 4. The flow behaviour index values are between 0 and 1, which is typical for the shear-thinning systems. The values of the consistency index are a little bit greater after syneresis, which is the consequence of a more compact structure and higher absolute values of complex shear viscosity.

Using an Eq. 10, the mesh size values are calculated for CS/AA hydrogels before and after syneresis (Table 5). Lower ξ values after syneresis indicate a shorter distance between crosslinking points, and more compact structure of hydrogel. The mesh size values for investigated hydrogels reported in the literature are in the range from 50 to 1000 Å [35]. For acrylate hydrogels, synthesized using the crosslinker MBAM, the ξ value is above 60 Å [5, 36]. Higher mesh size value implies a greater water uptake [37].

Mechanical stability of hydrogel samples was also investigated in the regime of shear stress variation. Over the applied stress range (up to 10,000 Pa), hydrogels have not shown significant change in their elastic modulus values.

Table 2: The diffusional exponent (n) values for CS/AA hydrogel samples (pH 3 and 7.4, at room temperature and physiological temperature).

| Sample  | n   | pH 3, 25 °C | pH 7.4, 25 °C | pH 3, 37 °C | pH 7.4, 37 °C |
|---------|-----|-------------|-------------|-------------|-------------|
| 15/85, 2% | 0.83 | 0.60        | 0.51        | 0.73        |
| 20/80, 2% | 0.52 | 0.53        | 0.54        | 0.53        |
| 25/75, 2% | 0.55 | 0.51        | 0.55        | 0.59        |
| 20/80, 1% | 0.51 | 0.51        | 0.51        | 0.56        |
| 20/80, 3% | 0.52 | 0.53        | 0.51        | 0.56        |

Table 3: Estimated K1 values for the first—order kinetics (Eq. 4).

| Sample  | K1 (min−1) |
|---------|------------|
| pH 3, 25 °C | pH 7.4, 25 °C | pH 3, 37 °C | pH 7.4, 37 °C |
| 15/85, 2% | 7.88·10–3 | 8.10·10–3 | 8.58·10–3 | 9.64·10–3 |
| 20/80, 2% | 8.21·10–3 | 9.45·10–3 | 7.91·10–3 | 1.00·10–2 |
| 25/75, 2% | 9.10·10–3 | 1.02·10–2 | 6.74·10–2 | 1.03·10–2 |
| 20/80, 1% | 1.10·10–2 | 9.42·10–3 | 7.84·10–3 | 6.69·10–3 |
| 20/80, 3% | 9.10·10–3 | 8.97·10–3 | 8.58·10–3 | 1.05·10–2 |

Fig. 7: Swelling ratio as a function of time for bilayered hydrogel at physiological temperature and different pH values (pH 3 and pH 7.4).
maintained structural integrity and shear moduli—stress independence in whole investigated range (Fig. 12a and b). In comparison to the other chitosan hydrogels prepared using the other types of crosslinking agents [10–15, 25, 34] free-radical polymerization gives hydrogels with significantly better mechanical properties. The values of shear elastic moduli are higher after syneresis (Fig. 13) Hydrogel with 1 and 3% of crosslinking agent have been disintegrated above 10,000 and 2337 Pa, respectively. Bilayer hydrogel has maintained structural integrity up to 10,000 Pa (Fig. 12) when it has been disintegrated, i.e. stratification has occurred. After syneresis, stratification of bilayer hydrogel has occurred at 336 Pa, but after the values of the moduli had dropped, the bilayer hydrogel has retained its dominant elastic properties.

**Results of Extract Release Studies**

The calibration curve for dependence $\Delta E_{ab}$ of the extract concentration enables the determination of the concentration of delivered extract from the bilayer hydrogel (Fig. S7, Supporting Information). The series of standard extract solutions in distilled water was prepared and corresponding $\Delta E_{ab}$ values were read. Linear fitting of the curve gives the Eq. 14:

$$\Delta E_{ab} = 5.058 \cdot c$$

where $c$ (g/l) is a concentration of realized extract, $\Delta E_{ab}$ is a color difference between buffer solution in a certain time interval and blank tan.

The releasing profile of *Allium ursinum* dry extract from alginate beads loaded in a bilayer system can be observed in Fig. 14, expressed as $\Delta E_{ab}$ in the function of time. The initial concentration of wild garlic extract in alginate beads of bilayer hydrogel was 2.4 g/l. Alginate beads are pH-sensitive systems, those manifest better delivering capacity at pH 7.4 above $pK_a$ value of alginic acid. The ability of bilayer system to deliver an active compound depend on pH sensitivity of alginate beads, which gives a proof for realization of idea about chitosan-based bilayer system which realise antimicrobial compound at phisiological conditions (pH 7.4, 37 °C), giving the theoretical platform for application of such system in wound dressing.
According to the Eq. 14, corresponding concentrations for the $\Delta E_{ab}^*$ values are summarized in Table 6.

**Results of DSC Analysis**

DSC curves of xerogels with different CS/AA ratios are presented in Fig. 15. Xerogels possess the high value of glass transition temperature ($T_g$) which increases with increasing in AA amount in hydrogel composition (143, 148, 162 °C, respectively), probably due to the higher concentration of hydrogen bonds in hydrogel composition. According to the fact that hydrogels $T_g$ values are highly above swelling medium temperature, relaxation of polymer chains is slower than diffusion of solvent molecules in a hydrogel matrix and swelling is relaxation-controlled (non-Fickian) [38]. Degradation of hydrogels has occurred in several steps. Comparing the hydrogels with different amounts of crosslinking agent (Fig. 16) it can be noticed that $T_g$ value rises with increasing in crosslinking agent amount in hydrogel composition (125, 148 and 153 °C, respectively), due to a higher crosslinking density and lower segmental mobility.

**Results of TG Analysis**

The thermogravimetric curves of xerogels with different CS/AA ratios and different amounts of a crosslinking agent are presented in Fig. 17a and b. The investigated xerogel samples have shown very similar behavior during the thermal decomposition. The three main degradation stages are noticed at thermal curves. The temperature peaks corresponding to the maxima degradation rate at each step are read from the derivative thermogravimetric (DTG) curves, and T5% (the temperature at which the weight loss is achieved value of 5%) are listed in Table 7. The first stage, from 25 to 235 °C corresponds to the water evaporation and smaller side group disintegration. It has resulted with a weight loss up to 5%. The second stage, up to 500 °C, with a weight loss of up to 80% corresponds to the network disintegration, breaking of amide, ester, and glycosidic linkage [33, 39]. The weight loss in the third stage is attributed to the further decomposition of the chitosan backbone, and it continues until 4.5–7% of the residual weight. The lowest value of residual weight is noticed for hydrogel 15/85, 2% which possess the greatest amount of AA in its composition, while this value for the other samples is in the range between 6.6 and 7%. This
sample also possesses the maximal degradation rate which corresponds to the weight loss of 40%.

**Results of XRD Analysis**

XRD measurements were performed in order to investigate the influence of hydrogel composition on the microstructure arrangement. The obtained results have shown that copolymer, as well as hydrogels, possesses similar amorphous morphology. Figure 18 shows a XRD pattern of CS-graft-AA copolymer and Fig. 19 XRD patterns of CS/AA hydrogels. XRD pattern of copolymer shows one broaden peak at $\theta = 19^\circ$. One broad peak at the same position is observed in the hydrogels diffractograms. Based on the position of the amorphous halo peak and the value of radiation wavelength (1.54 Å) the average interchain spacing ($<R>$) was calculated using Eq. 12 [29]. The values of interchain spacing expressed in Angstroms for copolymer and hydrogel samples are listed in Table 8. Hydrogels have similar values of interchain spacing regardless of chitosan/acrylic acid ratio and amount of MBAM in hydrogel composition. A slightly smaller $<R>$ is obtained for copolymer (5.67 Å), which implies more efficient chain packaging.

**Results of Statistical Analysis**

The results of average values, standard deviation, and range for equilibrium swelling ratio (ESR), and gel fraction for hydrogel samples are summarized in Table 9. The standard deviation is in the range between 0.38 and 2.00, which implies relatively low dissipation of results. Standard Error values for intercept and slope of curves fitted for determination of diffusional exponent (n) are given in Fig. S2 and S3 in Supporting Information, while Fig. S4 and S5 show
Fig. 11 Complex shear viscosity ($\eta^*$) versus frequency for CS/AA hydrogels a before syneresis, b after syneresis, c bilayer hydrogel before syneresis d bilayer hydrogel after syneresis

| Table 4 | Parameters of predicted Eq. 13 |
| Sample | Before syneresis | After syneresis |
|        | $a$ | $b$ (Pas$^a$) | $a$ | $b$ (Pas$^a$) |
| 15/85, 2% | 0.43 | 10.55 | 0.38 | 11.21 |
| 20/80, 2% | 0.42 | 10.80 | 0.39 | 11.41 |
| 25/75, 2% | 0.43 | 10.33 | 0.39 | 11.41 |
| 20/80, 1% | 0.45 | 10.15 | 0.38 | 11.03 |
| 20/80, 3% | 0.43 | 10.44 | 0.39 | 10.74 |
| Bilayer | 0.42 | 10.38 | 0.35 | 15.12 |

| Table 5 | The mesh size ($\xi$) values of CS/AA hydrogels |
| Sample | Before syneresis | After syneresis |
| 15/85, 2% | 51 | 39 |
| 20/80, 2% | 46 | 37 |
| 25/75, 2% | 53 | 37 |
| 20/80, 1% | 56 | 42 |
| 20/80, 3% | 54 | 45 |
Standard Error for intercept and slope of linear fitted curves for determination of second-order swelling kinetics, \( K_2 \). Table 10 shows the statistical analysis of color parameter \( \Delta E_{ab}^* \) at two pH values (3 and 7.4) for the bilayered sample with an active compound. Statistical analysis of elastic plateau values of shear elastic modulus before and after syneresis for hydrogel samples is given in Table S1, Supporting Information.

**Conclusions**

Chitosan-based hydrogels were prepared via free-radical polymerization, using a simple and economical two-step method. The first step has implied grafting of chitosan using an acrylic acid in order to get branched copolymer with incorporated double bonds able to form a hydrophilic network in the presence of crosslinking agent such as MBAM. Grafting reaction carried out by amidation and esterification reactions was confirmed by FTIR method. Obtained hydrogels have shown similar swelling behavior at different pH values, dominant elastic behavior, and excellent mechanical properties. According to the diffusional exponent values, solvent sorption into the hydrogels is non-Fickian, and swelling kinetics follows the second order. Amplitude sweep tests have shown the high mechanical stability of hydrogels. Variation in complex viscosity in the function of frequency has shown pseudoplastic (shear-thinning) behavior in viscoelastic material. In order to get a pH-sensitive system intended for potential application in wound dressing based
on the strong chitosan gels, the novel design of bilayer chitosan hydrogels with embedded alginate beads was prepared. Hydrogel 20/80, 2% was used for layers, because it has shown the best properties—optimal crosslinking, the strongest nature. The bilayered system has demonstrated the ability for pH-dependant releasing of an active compound—Allium ursinum L. dried extract. Rheological measurements have demonstrated strong nature, as a consequence of coherent juncture between layers.
Fig. 15 DSC thermograms for hydrogels with different CS/AA ratios: a 15/85, 2%, b 20/80, 2%, c 25/75, 2%

Fig. 16 DSC thermograms for CS/AA hydrogels with different amounts of MBAM: a 20/80, 1%, b 20/80, 2%, c 20/80, 3%
Fig. 17  TGA thermograms of CS/AA hydrogels with different MBAM amounts

Table 7  DTG peak maxima values for CS/AA xerogel samples

| Sample  | 15/85, 2% | 20/80, 2% | 25/75, 2% | 20/80, 1% | 20/80, 3% |
|---------|-----------|-----------|-----------|-----------|-----------|
| T5% (°C) | 211       | 228       | 226       | 226       | 231       |
| First stage, T_max (°C) | 191 | 186 | 184 | 184 | 189 |
| Second stage, T_max (°C) | 328 | 322 | 320 | 319 | 326 |
| Third stage, T_max, (°C) | 573 | 569 | 566 | 566 | 571 |

Fig. 18  XRD pattern of CS-graft-AA copolymer
Fig. 19  XRD patterns of hydrogels:  a 15/85, 2%, b 20/80, 2%, c 25/75, 2%, d 20/80, 1%, e 20/80, 3%
### Table 8: Average values of interchain spacing $<R>$

| Sample                        | $<R>$ (Å) |
|-------------------------------|-----------|
| CS-graft-AA copolymer         | 5.67      |
| 15/85, 2%                     | 5.78      |
| 20/80, 2%                     | 5.73      |
| 25/75, 2%                     | 5.70      |
| 20/80, 1%                     | 5.80      |
| 20/80, 3%                     | 5.77      |

### Table 9: Average values of ESR at different pH (3 and 7.4) and temperatures (25 and 37 °C) and gel fraction, with standard deviation and range

| Sample                        | ESR at pH 3 (25 °C) | ESR at pH 7.4 (25 °C) | ESR at pH 3 (37 °C) | ESR at pH 7.4 (37 °C) | Gel fraction (%) |
|-------------------------------|---------------------|-----------------------|---------------------|-----------------------|------------------|
| 15/85, 2%                     | 52.93               | 100.79                | 58.18               | 131.03                | 98.14            |
| Standard deviation            | 0.57                | 1.49                  | 1.97                | 1.00                  | 0.4              |
| Range                         | 1.15                | 2.99                  | 3.94                | 2.02                  | 0.8              |
| 20/80, 2%                     | 34.38               | 47.11                 | 48.13               | 68.79                 | 98.61            |
| Standard deviation            | 0.32                | 0.90                  | 2.00                | 0.49                  | 0.09             |
| Range                         | 0.64                | 1.81                  | 4.02                | 0.97                  | 0.19             |
| 25/75, 2%                     | 34.55               | 39.97                 | 44.91               | 54.76                 | 97.68            |
| Standard deviation            | 0.55                | 0.57                  | 0.51                | 0.56                  | 0.56             |
| Range                         | 1.09                | 1.14                  | 1.02                | 1.11                  | 0.56             |
| 20/80, 1%                     | 39.76               | 46.25                 | 53.48               | 63.22                 | 97.28            |
| Standard deviation            | 1.5                 | 1.25                  | 0.98                | 1.11                  | 0.39             |
| Range                         | 3                   | 2.5                   | 1.95                | 2.22                  | 0.78             |
| 20/80, 3%                     | 31.48               | 35.46                 | 41.56               | 46.09                 | 98.43            |
| Standard deviation            | 1.23                | 0.99                  | 0.54                | 1.00                  | 0.31             |
| Range                         | 2.46                | 1.99                  | 1.09                | 2.00                  | 0.62             |
| Bilayered hydrogel            | 43.35               | 68.59                 | 67.35               | 143.88                | 96.56            |
| Standard deviation            | 1.19                | 0.98                  | 0.94                | 0.77                  | 0.56             |
| Range                         | 2.35                | 1.95                  | 1.89                | 1.49                  | 0.69             |

### Table 10: Average values of color parameter $\Delta E_{ab}^*$ at different pH (3 and 7.4) and physiological temperature (37 °C) with standard deviation and range

| Sample                        | $\Delta E_{ab}^*$ at pH 3 (37 °C) | $\Delta E_{ab}^*$ at pH 7.4 (37 °C) |
|-------------------------------|----------------------------------|-------------------------------------|
| 15/85, 2%                     | 5.86                             | 8.32                                |
| Standard deviation            | 0.25                             | 0.28                                |
| Range                         | 0.25                             | 0.56                                |
| 20/80, 2%                     | 6.09                             | 8.41                                |
| Standard deviation            | 0.29                             | 0.26                                |
| Range                         | 0.58                             | 0.51                                |
| 25/75, 2%                     | 6.29                             | 8.81                                |
| Standard deviation            | 0.11                             | 0.15                                |
| Range                         | 0.22                             | 0.2                                 |
| 20/80, 1%                     | 7.09                             | 8.85                                |
| Standard deviation            | 0.11                             | 0.17                                |
| Range                         | 0.22                             | 0.32                                |
| 20/80, 3%                     | 7.24                             | 9.99                                |
| Standard deviation            | 0.22                             | 0.26                                |
| Range                         | 0.44                             | 0.52                                |
**Supplementary Information** The online version contains supplementary material available at https://doi.org/10.1007/s10924-022-02473-7.

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### Declarations

**Conflict of Interest** The authors declare no competing financial interest.

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