ENERGY CONSERVATION AND GRAVITY WAVES IN SOUND-PROOF TREATMENTS OF STELLAR INTERIORS. II. LAGRANGIAN CONSTRAINED ANALYSIS

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ABSTRACT

The speed of sound greatly exceeds typical flow velocities in many stellar and planetary interiors. To follow the slow evolution of subsonic motions, various sound-proof models attempt to remove fast acoustic waves while retaining stratified convection and buoyancy dynamics. In astrophysics, anelastic models typically receive the most attention in the class of sound-filtered stratified models. Generally, anelastic models remain valid in nearly adiabatically stratified regions like stellar convection zones, but may break down in strongly sub-adiabatic, stably stratified layers common in stellar radiative zones. However, studying stellar rotation, circulation, and dynamos requires understanding the complex coupling between convection and radiative zones, and this requires robust equations valid in both regimes. Here we extend the analysis of equation sets begun in Brown et al., which studied anelastic models, to two types of pseudo-incompressible models. This class of models has received attention in atmospheric applications, and more recently in studies of white-dwarf supernova progenitors. We demonstrate that one model conserves energy but the other does not. We use Lagrangian variational methods to extend the energy conserving model to a general equation of state, and dub the resulting equation set the generalized pseudo-incompressible (GPI) model. We show that the GPI equations suitably capture low-frequency phenomena in both convection and radiative zones in stars and other stratified systems, and we provide recommendations for converting low-Mach number codes to this equation set.

Key words: planets and satellites: atmospheres – stars: interiors – Sun: interior

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1. INTRODUCTION AND MOTIVATION

In astrophysical fluid dynamics, the relevant timescales are often substantially longer than the sound crossing time of the system. This particularly holds true for convection deep in stellar interiors where the flows are very subsonic. Near the base of the solar convection zone the sound speed is about 220 km s⁻¹, while the convective velocities are likely of order hundreds of meters per second. Directly following the evolution of sound imposes crippling computational limits on simulations of such flows, as their evolution times are typically many convective turnover times, each of which is often several thousand sound times.

For numerical stability, an explicit time-integration scheme must satisfy the Courant–Friedrichs–Lewy (CFL) condition, that the time-step must stay smaller than the shortest dynamical timescale. For the non-rotating Euler equations in a stably stratified medium, this is

\[ \Delta t \lesssim \min \left( \frac{\Delta x}{c_0}, \frac{\Delta x}{u_0}, \frac{1}{N_0} \right), \tag{1} \]

where \( \Delta t \) represents the time-step size, \( \Delta x \) is the smallest resolved length scale in the calculation, and \( c_0, u_0, \) and \( N_0 \) represent characteristic sound speed, flow velocity, and Brunt-Väisälä frequency respectively. The Mach number gives the ratio of the first two timescales in Equation (1)

\[ Ma \equiv \frac{|u_0|}{c_0}, \tag{2} \]

which is typically very small in stellar interiors. If we make the order-of-magnitude estimates \( c_0^2 \sim gH \) and \( N_0^2 \sim g/H \), where \( g \) and \( H \) represent gravitational acceleration and density scale height, respectively, then the ratio of the first and third timescales in Equation (1) is

\[ \frac{\Delta x}{H}, \tag{3} \]

which is also small in high-resolution simulations of stellar interiors.

So-called “sound-proof” models start with the Euler equations and filter out fast, high-frequency sound waves while retaining compressible motions on slower timescales due to density stratification. These motions include gravity waves in stably stratified regions and convection in unstably stratified regions. The CFL condition for sound-proof equations only requires

\[ \Delta t \lesssim \min \left( \frac{\Delta x}{u_0}, \frac{1}{N_0} \right), \tag{4} \]

which much less severely restricts efficiency than Equation (1) for the fully compressible (FC) Euler equations. In astrophysical and geophysical settings, the most commonly employed “sound-proof” models are the anelastic equations (Batchelor 1953; Ogura & Phillips 1962; Gough 1969). To filter sound waves, anelastic models neglect density fluctuations in the continuity equation of the FC Euler equations. Formally, the anelastic approximation only functions well for an adiabatic or nearly adiabatic atmosphere (Gough 1969; Braginsky & Roberts 1995).

The pseudo-incompressible (PI) models—with a modified pressure, rather than density, equation—give an alternate approach to sound-proofing the Euler equations. Durrant (1989) first proposed this class of models, which were recently adapted...
to a number of astrophysical applications (e.g., Almgren et al. 2006a, 2006b; Zingale et al. 2009). A PI model finds particular use in the MAESTRO code (Nonaka et al. 2010). The atmospheric sciences community has also extensively explored the properties of gravity waves and stable-layer dynamics in PI models, with several comparisons against the properties of anelastic models (Durran 1989, 2008; Nance & Durran 1994; Achatz et al. 2010; Klein et al. 2010).

In Brown et al. (2012, hereinafter Part I) we discussed the energy-conserving properties of various anelastic models in stably stratified, sub-adiabatic atmospheres such as are found in stellar radiative zones. We found that some widely used anelastic models violate energy conservation. This behavior escaped attention previously as in bounded atmospheres, the norm for most simulations, energy-violating anelastic models instead conserve a pseudo-energy (an energy-like quadratic invariant with incorrect stratification weighting). Internal gravity wave eigenfunctions in energy-violating anelastic models can differ significantly from the FC results, and neither energy nor pseudo-energy remains conserved when nonlinear dynamics become important. Anelastic models that correctly conserve energy have modified momentum equations, a theme which reoccurs here in our study of PI models.

Here we explore two PI models (Section 2), one used in the atmospheric community (PI equations), and a new variant being used in the astrophysical community that includes more general equations of state (low Mach number (LM) equations). We find that the PI equations conserve energy but that the LM equations do not. We additionally derive a new subsonic flow model based on a constrained Lagrangian analysis of the full compressible flow (Sections 3 and 4). We call these the generalized pseudo-incompressible (GPI) equations. The GPI equations conserve energy and correctly generalize the PI approximation for an arbitrary equation of state, including astrophysically relevant situations such as radiation hydrodynamics. After analyzing the general properties of the GPI, PI, and LM equations, we specialize to the case of an ideal gas equation of state to explore the behavior of these differing models in bounded atmospheres (Section 5) and perform numerical simulations that show the difference between the LM and GPI equations (Section 6). The implications of these findings for simulations of stellar interiors are discussed in Section 7. The essential results of this paper are the derivation of the Euler–Lagrange equation (73) for any general non-dissipative fluid flow, and application of Equation (73) to derive the GPI equations as expressed in Equations (99)–(101). The reader who is primarily interested in implementing energy-conserving subsonic models with a general equation of state should read Sections 3, 4, 6, and 7.

2. BACKGROUND AND MODEL EQUATIONS

2.1. Thermodynamics and Stratification

We begin our discussion with thermodynamics and the geometric conservation laws of mass and entropy

$$\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho u) = 0$$

$$\frac{\partial s}{\partial t} + u \cdot \nabla s = 0,$$

where $u(t, x)$ denotes the Eulerian (fixed spatial coordinates) fluid velocity, $\rho(t, x)$ denotes the density, and $s(t, x)$ represents the specific entropy. The main result of this paper provides a framework for producing appropriate evolution equations for the fluid velocity under different physical assumptions and approximations. At this stage, $u(t, x)$ represents an arbitrary flow field.

In this paper, with conservation of energy a primary theme, we limit our analysis to strictly isentropic flow, $ds = 0$ (Equation (6)). This allows us to ensure that no mechanical violations of energy balance occur. Our more general interest lies in proper energy budgets for non-isentropic flows, but including dissipative terms would complicate the analysis presented here, and we intend to consider such effects in future work.

The combined First and Second Laws of Thermodynamics relate small changes in density, entropy, and specific internal energy, $e$, via

$$T \, ds = de - \frac{p}{\rho^2} \, d\rho.$$  \hspace{1cm} (7)

Equation (7) suggests that the internal energy naturally depends on the density and entropy. An equation of state closes the thermodynamic description of the system, which comes in the form of an algebraic (instantaneously valid at every point in space) relation between any three thermodynamic variables; for example, $p = p(\rho, s)$, or more fundamentally $e = e(\rho, s)$. Therefore,

$$p(\rho, s) \equiv \rho^2 \left( \frac{\partial e}{\partial \rho} \right)_s, \quad T(\rho, s) \equiv \left( \frac{\partial e}{\partial s} \right)_\rho$$  \hspace{1cm} (8)

define the pressure, $p$, and temperature, $T$. We consider the two partial derivatives of internal energy $e$ at constant entropy $s$ and density $\rho$, respectively.

We also find it useful to define the specific enthalpy,

$$h \equiv e + \frac{p}{\rho}, \quad dh = T \, ds + \frac{dp}{\rho}.$$  \hspace{1cm} (9)

The differential form of Equation (9) suggests that the internal enthalpy depends naturally on the pressure and entropy.

If using $h(p, s)$, rather than $e(\rho, s)$, and assuming $\{\rho, s\}$ evolve according to Equations (5) and (6), then determining the pressure requires implicitly solving

$$1 \rho = \left( \frac{\partial h(p, s)}{\partial p} \right)_s.$$  \hspace{1cm} (10)

While the distinction between internal energy and enthalpy appears like a mere reorganization of the thermodynamic variables, using the enthalpy and pressure significantly aids in interpreting LM approximations to dynamical models.

Finally, in addition to Equations (8) and (10), Equations (5)–(7) also imply an explicit local pressure evolution equation. In differential form

$$dp = \left( \frac{\partial p}{\partial \rho} \right)_s \, d\rho + \left( \frac{\partial p}{\partial s} \right)_\rho \, ds.$$  \hspace{1cm} (11)

Therefore, interpreting the differentials as convective time derivatives produces

$$\left( \frac{\partial}{\partial t} + \nabla \cdot u \right) p + \Gamma_1(p, \rho) p \, \nabla \cdot u = 0,$$  \hspace{1cm} (12)

where

$$\Gamma_1(p, \rho) \equiv \frac{\rho}{p} \left( \frac{\partial p}{\partial \rho} \right)_s.$$  \hspace{1cm} (13)
specifies the first adiabatic exponent. The adiabatic sound speed also follows from Equation (13),

\[ c^2(p, \rho) \equiv \left( \frac{\partial p}{\partial \rho} \right)_s = \Gamma_1(p, \rho) \frac{p}{\rho}. \]  

(14)

In Part I, we restricted our analysis to a monatomic ideal gas with \( \Gamma_1 = \gamma = 5/3 \). Here, we derive a general sound-proof hydrodynamic model with a general equation of state. Using general equations of state provides a two-fold advantage over the ideal gas model. First, many astrophysical applications simply require more complex physics than ideal gases can model. In Appendix A we give an example of an astrophysically relevant equation of state incorporating an ideal gas and blackbody radiation, with the general form for \( \Gamma_1 \) given in Equation (A4). This is of particular interest when studying convection in massive stars, where near-Eddington luminosities lead to strongly interacting mixtures of radiation and matter, but the fluid dynamics remain very subsonic (Cantiello & Braithwaite 2011). One can find these and other examples, including partially ionized gases critical for stellar interiors, in textbooks on stellar structure (e.g., Cox & Giuli 1968, Chapter 9). Second, keeping a general equation of state helps clarify and unify the thermodynamic interpretation of a number of concepts that arise when considering the energetics of waves and instabilities in stratified atmospheres. We also show in Appendix A how to implement the GPI equations (99)–(101) using this more complex equation of state.

In this paper, as in Part I, we consider the dynamics of LM flows in the presence of stratification. Therefore, we introduce a hydrostatically balanced, stratified reference atmosphere with background density \( \rho_0 \), pressure \( p_0 \), temperature \( T_0 \), and entropy \( s_0 \) that vary only in the direction of gravity

\[ \nabla p_0 = -\rho_0 \nabla \phi. \]  

(15)

The potential function \( \phi(x) \) determines the local gravitational acceleration \( g = -\nabla \phi \). We neglect self-gravitation, and therefore \( \phi \) is a known function of space.

Part I discusses anelastic models, which eliminate acoustic modes from the dynamics by employing the density-based velocity constraint

\[ |\rho - \rho_0| \ll \rho_0 \implies \nabla \cdot (\rho_0 \mathbf{u}) = 0. \]  

(16)

Equation (16) rests on the premise that dynamical density fluctuations remain small compared to the background. Equation (16) indeed filters sound modes, but is only justified formally for nearly adiabatically stratified atmospheres (Gough 1969).

Beginning with work on combustion (Rehm & Baum 1978; Majda & Sethian 1985), a number of authors recognized that the pressure field more naturally distinguishes between acoustic and LM dynamics. In atmospheric sciences, Durran (1989) first made this observation for stratified fluids. The pressure field provides the restoring force for acoustic oscillations, and this implies that small pressure fluctuations,

\[ |p - p_0| \ll p_0, \]  

(17)

characterize LM dynamics on small scales, rather than small density fluctuations as in Equation (16).

Therefore, replacing the pressure field with the static background reference field, the PI models in this paper replace the pressure evolution equation (12) with a velocity divergence equation

\[ \nabla \cdot \mathbf{u} + \frac{\mathbf{u} \cdot \nabla p_0}{\Gamma_1(p_0, \rho)p_0} = 0. \]  

(18)

Moreover, for the case of constant \( \Gamma_1 = \gamma \), we may rewrite Equation (18) into a form similar to Equation (16),

\[ \nabla \cdot (\beta_0 \mathbf{u}) = 0, \]  

(19)

where

\[ \beta_0 \equiv \frac{p_0^{1/\gamma}}{\rho_0}. \]  

(20)

We consider Equation (18) the defining characteristic of PI models—as opposed to anelastic models. In adiabatically stratified atmospheres, \( s_0 = \text{constant} \) implies \( p_0 \propto \rho_0^{\gamma} \), and

\[ \nabla \cdot (\beta_0 \mathbf{u}) \propto \nabla \cdot (\rho_0 \mathbf{u}) = 0. \]  

(21)

In these atmospheres, the PI constraint equation (18) reduces to the more common anelastic constraint, which we studied in Part I.

Here we consider two different PI models. The different notation and different thermodynamics used in the various treatments can lead to ambiguity over the equivalence or differences between models. To avoid this, as in Part I, we write each model using as consistent a notation as possible. Practical numerical or computational differences can arise when solving different transformations of the same fundamental model, but these issues mostly lie beyond our current scope. Therefore, we consider two models identical if one can bring them into the same form by legitimate mathematical transformation (without approximation), and/or by a possible change of notation.

2.2. Fully Compressible Euler Equations

The thermodynamic equations (5)–(12) apply with respect to an arbitrary flow field, \( \mathbf{u}(t, x) \). For FC dynamics neglecting dissipation and sources of heat, the FC Euler equations govern the flow evolution,

\[ \rho \left( \frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u} \right) + \nabla p + \rho \nabla \phi = 0 \]  

(22)

\[ \frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{u}) = 0 \]  

(23)

\[ \frac{\partial s}{\partial t} + \mathbf{u} \cdot \nabla s = 0. \]  

(24)

An equation of state \( p = p(\rho, s) \) closes Equations (22)–(24). Equations (22)–(24) imply the conservation of total energy

\[ \frac{\partial E}{\partial t} + \nabla \cdot [\mathbf{u}(E + p)] = 0, \]  

(25)

where

\[ E = \frac{\rho |\mathbf{u}|^2}{2} + \rho e(\rho, s) + \rho \phi. \]  

(26)

The FC equations conserve energy with an arbitrary equation of state, assuming \( \partial \phi = 0 \).
The form of the potential energy in Equations (25) and (26) leads to some confusion when comparing linear and nonlinear dynamics. For nonlinear states, the potential energy appears to determine very little about how the system may or may not extract energy from a background stratification and convert it into fluid motion. Alternatively, by perturbing about a background hydrostatic stratification, the equations of motion possess a well-known energy-conservation principle that adopts a quadratic form in the perturbation variables.

We reconcile these facts by noting that Equations (5) and (6) together imply

$$\frac{\partial (\rho f(s))}{\partial t} + \nabla \cdot [\rho \mathbf{u} f(s)] = 0, \tag{27}$$

for any arbitrary function exclusively depending on entropy, $f(s)$.

Equation (27) implies the existence of a family of conserved free energies,

$$F \equiv E - \rho f(s) = \frac{\rho|\mathbf{u}|^2}{2} + \rho[e(\rho, s) - f(s) + \phi], \tag{28}$$

where we subtract an arbitrary “ground-state” energy, represented by $f(s)$.

Given a hydrostatically balanced background stratification $\{\rho_0(x), p_0(x), s_0(x)\}$, we may choose $f(s)$ such that the linear contributions from perturbations to the free energy cancel identically. The character of the quadratic terms then determines the linear stability, and possibly even the nonlinear stability.

The idea of available potential energy goes back to Lorenz (1955) in the case of a Boussinesq fluid, and Andrews (1981) computed the quantity for a compressible system by analyzing the dynamical equations directly. Using the potential energy, we show in Appendix B that the functional relations

$$f(s_0(x)) = h_0(x) + \phi(x), \quad f'(s_0(x)) = T_0(x), \tag{29}$$

define the appropriate choice of ground-state energy density required to cancel contributions from linear perturbations. Mathematically, $h_0 + \phi$ represents the “pullback” of $f$ with respect to $s_0$. We may use Equation (29) to find a global function, $f(s)$, if $s_0$ is a one-to-one function of the gravitational potential, $\phi$.

Equation (29) renders $F$ quadratic to lowest order in the perturbations around background state. That is,

$$F \equiv \frac{\rho|\mathbf{u}|^2}{2} + A - p_0(x), \tag{30}$$

where $A$ represents the available potential energy. To leading order,

$$A \equiv \rho [e(\rho, s) + \phi(x) - f(s)] + p_0(x) \tag{31}$$

$$= \frac{(\rho - p_0)^2}{2\rho_0 e_0} + \frac{\rho_0 N_0^2 (s - s_0)^2}{2|\nabla s_0|^2} + \text{h.o.t.}, \tag{32}$$

where

$$N_0^2 \equiv g \cdot \left(\frac{\nabla \rho_0}{\rho_0} - \frac{g}{c_g^2}\right) \tag{33}$$

defines the background Brunt-Väisälä frequency, and $c_g$ represents the background sound speed. For linear dynamics, we may neglect the higher-order terms in Equation (31) and obtain the well-known quadratic energy invariant in Equation (32). In this case, we see clearly that $N_0^2 > 0$ implies $F \geq -p_0$, and the system cannot create kinetic energy indefinitely. We also see that, to leading order, pressure perturbations always produce a positive contribution to the free energy.

Additionally, we show in Appendix C that one may rewrite Equation (33) into the alternative general form

$$N_0^2 = -\frac{T_0 c_\rho}{c_p} g \cdot \nabla s_0, \tag{34}$$

where $c_p$ gives the specific heat capacity at constant pressure, and $c_\rho$ gives the thermal expansion coefficient at constant pressure,

$$c_p \equiv T \left(\frac{\partial s}{\partial T}\right)_p, \quad c_\rho \equiv -\frac{1}{\rho} \left(\frac{\partial \rho}{\partial T}\right)_p. \tag{35}$$

Equation (34) relates entropy gradients to the potential gradient in Equation (33) and simplifies to the more typical expression in the case of an ideal gas, where $T c_\rho = 1$ and $c_p$ is constant.

Along with energy, entropy, and mass, non-dissipative flow dynamics conserves the Ertel potential vorticity

$$q \equiv \frac{\nabla s \cdot \nabla \times \mathbf{u}}{\rho}, \tag{36}$$

such that

$$\frac{\partial q}{\partial t} + \mathbf{u} \cdot \nabla q = 0. \tag{37}$$

Equation (37) represents a fundamentally important result in continuum fluid mechanics and constrains many important processes. Conservation of potential vorticity finds many useful applications across geophysical and astrophysical fluid dynamics (Bretherton 1970; Salmon 1988), and neglecting Equation (37) admits similar errors as neglecting energy conservation in Equation (25).

2.3. Pseudo-incompressible Equations

Durrant (1989) first proposed PI models as a response to inadequacies of anelastic models. As Part I discusses in detail, anelastic models faithfully describe nearly adiabatic convection zones while filtering fast acoustic motions from the dynamics. Additionally, different anelastic models perform with differing results in stably stratified zones.

The anelastic equations filter sound waves with a condition equivalent to requiring the density field to instantaneously match the background stratification. As we discuss in the introduction, however, local pressure equilibrium proves the more physically well-motivated assumption when wishing to sound-proof a dynamical model. The distinction between density and pressure in approximations becomes especially clear for atmospheres with significant sub-adiabatic (stable to convection) stratification. In the Sun, this particular difficulty arises in modeling the transition from the convective outer envelope to the stable radiative interior. This region of penetration and overshoot, known as the tachocline, likely plays an important role in the solar dynamo. Understanding the coupled dynamics between convection and gravity waves in this region is vitally important. Sufficiently deep in the solar radiative zone, the assumption of near
adibaticity underlying the anelastic approximation eventually breaks down, even though the flow remains in a significantly LM regime.

The work of Durran (1989) sought to overcome the difficulty of transitions to strong stable stratifications when modeling similar situations in Earth’s troposphere and stratosphere. The main innovation in that work assumed rapid pressure, rather than density, equilibration. However, even though this model, dubbed the PI equations, significantly generalizes the anelastic equations, it still implicitly assumes an ideal gas equation of state. This assumption leaves open the question of how to generalize the idea of pressure balance to the more complex situations encountered in many astrophysical applications. In this section, we outline the basic assumptions of the PI equations with an ideal equation of state. After establishing the basic idea, we use a general variational framework (Section 3) to move beyond simple equations of state while retaining the appealing features of the PI equations in Section 4.

The FC equations from Section 2.2 require adjustment to correctly accommodate the pressure-restricted evolution equation (19). The PI equations evolve according to

\[
\frac{D\rho u}{Dt} = -\beta_0 \nabla \left( \frac{p'}{p_0} \right) + (\rho - \rho_0) g, \tag{38}
\]

\[
\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho u) = 0, \tag{39}
\]

\[
\nabla \cdot (\beta_0 u) = 0, \tag{40}
\]

where \( D/Dt \equiv \partial_t + u \cdot \nabla \) and \( p' = p - p_0 \) represents the pressure fluctuations around a given hydrostatic background. We recall the definition \( \beta_0 \equiv p_0^{1/\gamma} \) (Equation (20)). Equations (38)–(40) assume an ideal gas with constant ratio of specific heats \( \gamma \). Ostensibly, the pressure-gradient term in the momentum equation (38) takes an unusual form when compared to the FC momentum equation (22). Durran (1989) originally derived Equation (38) by writing the FC momentum equation in terms of the Exner function and potential temperature, respectively,

\[
\pi \equiv \left( \frac{p}{p_{\text{ref}}} \right)^{\gamma/\gamma}, \quad \theta \equiv \frac{T}{\pi}, \tag{41}
\]

where \( p_{\text{ref}} \) is a constant reference pressure. The only approximation comes from assuming small Exner function fluctuations in the pressure evolution equation. As we show in Section 4, the treatment of pressure in momentum equation (38) provides exactly the correct behavior given the PI divergence constraint. Equations (38)–(40) also conserve entropy, assuming an equation of state of the form \( s = s(p_0, \rho) \). The most important physical assumption of the PI equations is that they ignore pressure fluctuations everywhere except the momentum equation.

The conservation of energy gives one important self-consistent feature of the PI equations,

\[
\frac{\partial E_{\text{PI}}}{\partial t} + \nabla \cdot \left[ u \left( E_{\text{PI}} + p' + \frac{\gamma}{\gamma - 1} \rho_0 \right) \right] = 0, \tag{42}
\]

where

\[
E_{\text{PI}} \equiv \frac{\rho |u|^2}{2} + \rho \phi. \tag{43}
\]

We note that \( \gamma p_0/(\gamma - 1) = \rho_0 p_0 \) coincides with the background enthalpy density for an ideal gas. Equation (42) states that filtering acoustic motions from the dynamics should not produce energy balance violations in LM flow. We expand on the physical reasons for this important fact in Section 4.

Similar to the FC equations, the PI equations also conserve a free energy that assumes a quadratic form for small perturbations,

\[
F = \rho_0 \frac{|u|^2}{2} + \frac{\rho_0 N_0^2 (s - s_0)^2}{2(\nabla \rho_0)^2} + \text{h.o.t.}
\]

\[
\approx \rho_0 \frac{|u|^2}{2} + \frac{g^2 (\rho - \rho_0)^2}{2N_0^2} + \text{h.o.t.}, \tag{44}
\]

where we only retain the leading-order quadratic form for linear wave dynamics. Importantly, Equation (44) only omits free potential energy associated with acoustic oscillations. Dropping pressure dependencies allows us to use only the density perturbations, for sources of potential energy. Equation (29) determines the adjustment, \( f(s) \), to Equation (43) that produces Equation (44), just as for the FC equations. The conservation of Equation (44) for small-amplitude gravity waves makes an important point of comparison to other models in Section 6.

In addition to properly conserving energy, the PI equations also consistently account for potential vorticity in the reduced dynamics. In this situation, the entropy gradient reflects the fact that \( \rho \approx p_0 \),

\[
\nabla s = c_p \left( \frac{\nabla p_0}{\gamma p_0} - \frac{\nabla \rho}{\rho} \right), \tag{45}
\]

and

\[
\left( \frac{\partial}{\partial t} + u \cdot \nabla \right) \left( \frac{\nabla s \cdot \nabla \times u}{\rho} \right) = 0. \tag{46}
\]

2.4. MAESTRO Low Mach Number Equations

In the last few years, a new subsonic model came into the astrophysical community from work modeling Type-II supernova progenitors. These LM equations resemble the PI equations but with the important feature of a generalized equation of state needed to model the complex thermodynamics of convecting white-dwarf interiors (Almgren 2000; Almgren et al. 2006a, 2006b, 2008). The MAESTRO code implements the LM equations in an adaptive resolution framework suited to the needs of multiscale convection problems (Zingale et al. 2009; Nonaka et al. 2010, 2012; Malone et al. 2011).

The LM equations use the same momentum and density equations as the standard-form Euler equations (5) and (22). However, the velocity–divergence equation (18) replaces the pressure equation (12). We write the LM equations set as

\[
\rho \frac{Du}{Dt} = -\nabla p' + (\rho - \rho_0) g, \tag{47}
\]

\[
\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho u) = 0, \tag{48}
\]

\[
\nabla \cdot u + \frac{u \cdot \nabla p_0}{\Gamma_1(\rho_0, \rho_0) p_0} = 0, \tag{49}
\]

where we again use \( p' \) to denote the pressure perturbation. We here exclude many dissipative and multi-species effects.
that are important in the modeling of dynamics in actual white-dwarf interiors; including these effects would not change the fundamental conclusions we draw here about the LM equations.

The LM momentum equation (47) is motivated by scaling the FC momentum equation (written in terms of $p$ and $\rho$) with respect to the characteristic velocity $U_{\text{ref}}$, the timescale $t_{\text{ref}} = U_{\text{ref}}/g$, and the length scale $L_{\text{ref}} = U_{\text{ref}}/t_{\text{ref}} = U_{\text{ref}}^2/g$ (Almgren et al. 2006a). The density and pressure scale with respect to $\rho_{\text{ref}}$ and $p_{\text{ref}}$, and the characteristic pressure scale height $H_{\text{ref}} = p_{\text{ref}}/\rho(\gamma R)g$ is defined such that $L_{\text{ref}}/H_{\text{ref}} = O(Ma^2)$. These choices imply that the non-dimensional momentum equation becomes

$$\frac{D\rho_s}{Dt_s} = -\frac{1}{Ma^2}\nabla_s(p_s - p_{0,s}) + (\rho_s - \rho_{s,0})\mathbf{g}_s, \quad (50)$$

where the $*$ subscripts represent non-dimensional scaled quantities. The non-dimensional pressure fluctuations must remain $O(Ma^2)$ in order to balance time evolution and buoyancy, and omitting the evolution of these fluctuations from Equation (12) filters acoustic modes and allows for volume changes by moving through the background stratification (Almgren et al. 2006a). However, Equation (50) gives a different momentum equation than Equation (38) because transforming the original thermodynamic variables in the FC equations, and then approximating the result, gives a different result than making the approximations first and then transforming to new variables. This particular derivation neglects possible changes in buoyancy due to momentum exchange—but not energy exchange—between the LM flow and rapid sound waves.

In trying to derive an energy conservation principle for the LM equations, the following form gives the closest possible analogue to Equations (25) and (42),

$$\frac{\partial E_{\text{LM}}}{\partial t} + \nabla \cdot (u E_{\text{LM}}) = -u \cdot \nabla p', \quad (51)$$

where

$$E_{\text{LM}} = \frac{\rho |u|^2}{2} + \rho \phi + \rho h(p_0, s) = E_{\text{PI}} + \rho h(p_0, s), \quad (52)$$

and $h(p_0, s)$ evolves according to Equation (9). The term on the right-hand side of Equation (51) does not reduce to an exact divergence, and represents an uncontrolled energy source or sink. For an ideal gas with constant ratio of specific heats, $\gamma$, Equation (51) becomes

$$\frac{\partial E_{\text{PI}}}{\partial t} + \nabla \cdot \left[u \left(E_{\text{PI}} + \frac{\gamma}{\gamma - 1} p_0 \right)\right] = -u \cdot \nabla p', \quad (53)$$

which only differs from Equation (42) by $p' \nabla \cdot u$ on the right-hand side. For general flows, the LM equations do not conserve any energy $E$.

Along with energy, the LM equations also do not conserve potential vorticity. To show this, we use Equation (C5)

$$T \alpha T \frac{ds}{c_p} = \frac{dp}{\Gamma_1 p} - \frac{dp}{\rho},$$

where $\alpha T$ is the coefficient of thermal expansion given in Equation (35). Because of the pressure constraint, $p \approx p_0$, the entropy for the LM equations only depends on density $\rho$ and $p_0$, thus $s = s(p_0, \alpha, \rho)$. The entropy $s$ still satisfies Equation (6). Therefore, $q = \nabla s \cdot (\nabla \times u)/\rho$ still defines the potential vorticity, using

$$\nabla s = \frac{c_p}{T \alpha T} \left(\frac{\nabla p_0}{\Gamma_1 p_0} - \frac{\nabla \rho}{\rho}\right), \quad (54)$$

where $c_p$, $T$, $\alpha T$, and $\Gamma_1$ all implicitly depend on $p_0$ and $\rho$. Therefore,

$$\frac{\partial q}{\partial t} + u \cdot \nabla q = \frac{c_p}{\rho^3 T \alpha T \Gamma_1 p_0} \nabla p_0 \cdot (\nabla \rho \times \nabla p'). \quad (55)$$

If we assume an ideal gas equation of state, then Equation (54) reduces to Equation (45) and Equation (55) reduces to

$$\frac{\partial q}{\partial t} + u \cdot \nabla q = \frac{c_0}{\rho^3 p_0} \nabla p_0 \cdot (\nabla \rho \times \nabla p'). \quad (56)$$

No way exists to eliminate the right-hand side of Equations (55) or (56). The LM equations do not conserve potential vorticity for general motions.

Problems remain even in the linear regime. The right-hand side of Equation (55) does vanish if we consider only linear perturbations, so linear perturbations do conserve potential vorticity, which vanishes for gravity waves. They do not, however, conserve energy. In the linear regime, the conservation of $s$ and the definition of the buoyancy frequency in Equation (34) imply

$$\frac{\partial E}{\partial t} + \nabla \cdot (u p') = -p' \frac{u \cdot \nabla p_0}{p_0 \Gamma_1 (p_0, \rho_0)}, \quad (57)$$

where $E$ follows from Equation (44) just as in the PI equations.

$$E = K + U, \quad (58)$$

$$K = \frac{\rho_0 |u|^2}{2}, \quad (59)$$

$$U = \frac{g^2 (\rho - \rho_0)^2}{2N_0^2 \rho_0}. \quad (60)$$

where we use the density, rather than entropy, form of Equation (44). Even for linear motions the right-hand side of Equation (57) remains non-zero.

Although the LM equations do not conserve energy, the linearized equations do possess a quadratic invariant, which we call the pseudo-energy. As in Part I, the presence of a pseudo-energy can produce misleading effects since it allows bounded solutions in some dynamical regimes. However, bounded solutions do not necessarily imply accurate solutions, and as we found in Part I, these pseudo-energy solutions may contain significant errors in many situations. We now derive the conserved pseudo-energy.

Assuming $p_0$ and $\rho_0$ only depend on the direction of $g$, which we call $z$, we follow Almgren et al. (2006a) and define a more general

$$\log \beta_0 \equiv \int \frac{dp_0}{p_0 \Gamma_1 (p_0, \rho_0)} = - \int \frac{g}{c_0^2} dz. \quad (61)$$

For the simple case of an ideal gas with constant $\gamma$, Equation (61) recovers $\beta_0 = p_0^{1/\gamma}$. Using the general form of $\beta_0$ in Equation (57) produces

$$\frac{\partial \beta E}{\partial t} + \nabla \cdot (u p' \beta_0) = 0, \quad (62)$$
where PE represents the quadratic invariant pseudo-energy

\[ PE \equiv \beta_0 E = PK + PU, \tag{63} \]

\[ PK \equiv \beta_0 K = \frac{\rho_0 \beta_0 |u|^2}{2}, \tag{64} \]

\[ PU \equiv \beta_0 U = \frac{g^2 \beta_0 (\rho - \rho_0)^2}{2 N_0^2 \rho_0}. \tag{65} \]

Equation (62) implies that linear motions in the LM equations conserve pseudo-energy PE.

The pseudo-energy and energy only coincide for constant \( \beta_0 \), which implies an atmosphere with no background stratification. For an adiabatic atmosphere \( \beta_0 \propto \rho_0 \), and the LM equations do not reduce to anelastic equations. In Section 6, we numerically calculate the evolution of the energies (Equations (58)–(60)) and pseudo-energies (Equations (63)–(65)) for a simple test problem with both the PI and LM equations.

3. LAGRANGIAN ANALYSIS

The analysis in Section 2 makes clear that the form of the momentum equation determines if a given sound-proof model will correctly conserve energy. Generally, as we found in Part I for anelastic models, sound-proof equations using an unmodified Euler momentum equation do not conserve energy. In this section we develop the tools which allow one to correctly and consistently determine the momentum equation for a sound-proof model with general equations of state.

3.1. Eulerian Action Principle

Students in fluid mechanics commonly first learn to derive Equation (22) by appealing to Newton’s laws of motion for a continuum medium (Landau & Lifshitz 1959; Kundu et al. 2012). This type of analysis typically considers fluid elements either moving with the flow (Lagrangian formulation) or in fixed volumes (Eulerian formulation) and analyzes the forces acting on these fluid elements. Given the analysis of forces, typically both of these approaches fall under the scope of Newtonian mechanics, regardless of where one places the spatial coordinates. Alternatively, Lagrangian mechanics relies on Hamilton’s principle of stationary action to reformulate a dynamical equation of motion without recourse to specific forces. Here we derive the FC Euler momentum equation (22) using Lagrangian mechanics.

In contrast to Newtonian dynamics, Lagrangian mechanics defines a Lagrangian function \( L \), which is related to the energy at each point of the medium. The action, \( S \), is the space-time integral of the Lagrangian density. Hamilton’s principle states that the equation of motion is equivalent to the stationarity of the action with respect to the variables of the system.

Hamilton’s principle assumes a simple form and interpretation when considering particle mechanics. The situation in continuum fluid mechanics is somewhat more complicated. In our case, the problem corresponds to the stationarity of the action

\[ S \equiv \int L(u, \rho, s) \, d^3 x \, dt, \tag{66} \]

such that the density and entropy satisfy Equations (5) and (6).

We leave the particular form of the Lagrangian unspecified until the next section. Given the similarities with particle mechanics, the Lagrangian coordinate formulation of a fluid lends itself well to solution by Hamilton’s principle (Salmon 1988). In this case, after extremizing the action, one must take the trouble of recasting the dynamic equations into a fixed coordinate (Eulerian) form to compare with the Newtonian-derived Equation (22). Alternatively, one may consider a Eulerian version of Hamilton’s action principle on a fixed spatial coordinate system. In this case, the added difficulty results from properly enforcing the geometric conservation constraints of mass and entropy equations (5) and (6).

In Eulerian coordinates, the volume measure remains fixed. Therefore, Hamilton’s principle becomes

\[ \delta S = \int \left( \frac{\partial L}{\partial u} \cdot \delta u + \frac{\partial L}{\partial \rho} \delta \rho + \frac{\partial L}{\partial s} \delta s \right) \, d^3 x \, dt = 0. \tag{67} \]

Two constraints relate the virtual displacements in Equation (67),

\[ \frac{\partial \delta \rho}{\partial t} + \nabla \cdot (\rho \delta u + u \delta \rho) = 0, \tag{68} \]

\[ \frac{\partial \delta s}{\partial t} + u \cdot \nabla \delta s + \delta u \cdot \nabla s = 0. \tag{69} \]

Equations (68) and (69) follow by linearizing Equations (5) and (6) around a given phase-space trajectory \((u(t, x), \rho(t, x), s(t, x))\). Two main methods exist for enforcing Equations (68) and (69) in Eulerian variables. The first method uses Lagrange multipliers to constrain the action directly. This method of Lin constraints requires the added complication of Euler (a.k.a. Clebsch) potentials for the velocity (Cendra & Marsden 1987). The second method for enforcing Equations (5) and (6) amounts to directly parameterizing Equations (68) and (69). A well-known result from linear analysis, the following perturbations

\[ \delta u = \frac{\partial \xi}{\partial t} + u \cdot \nabla \xi - \xi \cdot \nabla u \tag{70} \]

\[ \delta \rho = -\nabla \cdot (\rho \xi) \tag{71} \]

\[ \delta s = -\xi \cdot \nabla s \tag{72} \]

directly solve Equations (68) and (69) for any displacement \( \xi \) and any flow field \( u \) assuming \( \rho \) and \( s \) satisfy Equations (5) and (6) (Eckart 1960; Newcomb 1962; Kulsrud 2005). The three-dimensional infinitesimal displacement, \( \xi \), generates the five-dimensional constrained phase space. One may easily confirm Equations (70)–(72) if \( \xi = u \delta t, \delta u = (\delta u) \delta t, \delta \rho = (\delta \rho) \delta t, \) and \( \delta s = (\delta s) \delta t \). For this special case, Equation (70) reduces to a trivial statement, and Equations (71) and (72) become Equations (5) and (6), respectively.

Using Equations (70)–(72) in Equation (67) and integrating by parts to isolate \( \xi \) gives the Euler–Lagrange equations for an ideal fluid in a fixed spatial Cartesian coordinate system,

\[ \frac{\partial}{\partial t} \frac{\partial L}{\partial u_i} + \frac{\partial}{\partial x_j} \left( u_j \frac{\partial L}{\partial u_i} \right) + \left( \frac{\partial L}{\partial u_i} \right) \frac{\partial u_j}{\partial x_i} - \rho \frac{\partial}{\partial x_i} \frac{\partial L}{\partial \rho} + \left( \frac{\partial L}{\partial s} \right) \frac{\partial s}{\partial x_i} = 0, \tag{73} \]

where we use Einstein notation and sum over repeated subscripts.
Equation (73) represents the Euler–Lagrange equations of motion for a general non-dissipative fluid. At this stage, we specify nothing about the specific form of the Lagrangian density function. This master equation allows us to derive the FC momentum equation (22) from an alternative perspective, but more importantly allows us to make approximations in a general way and distil dynamical models that remain consistent with regard to energy, and potential vorticity budgeting, as we now demonstrate.

3.2. Energy Conservation

We define the momentum density

\[ j \equiv \frac{\partial L}{\partial u}. \]  

(74)

With this, conservation of energy follows by contracting Equation (73) with the velocity field, \( u \),

\[ u \cdot \frac{\partial j}{\partial t} + \nabla \cdot [u (u \cdot j)] - \rho u \cdot \nabla \frac{\partial L}{\partial \rho} + u \cdot \nabla_s \frac{\partial L}{\partial s} = 0, \]

(75)

where the last line assumes that the Lagrangian \( L \) does not depend on time explicitly. We recognize that the Legendre transforms of the Lagrangian density with respect to the velocity and density give the “Hamiltonian” \( \mathcal{H} \) and the “generalized pressure” \( P \), respectively,

\[ \mathcal{H} = u \cdot j - L, \quad P = L - \rho \frac{\partial L}{\partial \rho}. \]  

(76)

From Equations (75) and (76), the general statement of local energy conservation follows in conservative form,

\[ \frac{\partial \mathcal{H}}{\partial t} + \nabla \cdot [u (\mathcal{H} + P)] = 0. \]  

(77)

The primary utility of Equations (73) and (77) lies in the unspecified form of the Lagrangian density \( L \). Choosing the traditional form for \( L \) (Equation (86)) in Section 3.4, Equation (77) leads to Equation (25) and we have energy conservation. Furthermore, just as in Section 2.2 and Equation (27), we may define the conserved free energy

\[ F \equiv \mathcal{H} - \rho f(s) \]  

(78)

for any \( f(s) \). Assuming the following relationship

\[ f(s_0(x)) = \frac{\partial \mathcal{H}}{\partial \rho} \bigg|_{u=0, \rho=\rho_0(x), s=s_0(x)} \]  

(79)

eliminates all linear contributions to the available potential energy, thus generalizing Equation (29). We also encourage the reader to compare the Lagrangian formulation for fluid mechanics with the Hamiltonian formulation (Morrison 1998).

3.3. Potential Vorticity Conservation

We now turn to the conservation of potential vorticity. We begin by noting that for any \( \phi \), if

\[ \xi = \frac{\nabla \phi \times \nabla s}{\rho}, \]  

(80)

then \( \delta \rho = \delta s = 0 \), but \( \delta u \neq 0 \).

The interpretation of potential vorticity becomes clear when one realizes that Equations (5) and (6) imply that density and vorticity act as dynamic coordinate variables. Equations (70)–(72) show that \( \delta \xi \) generates three-dimensional virtual displacement velocity, and \( \xi \) generates density and entropy changes. However, this only accounts for five out of six possible phase-space dimensions. Equation (80) therefore implies a displacement direction that generates neither \( \delta \rho \) nor \( \delta s \), but still produces a momentum. The Lagrangian density only depends on two thermodynamic variables, and hence displacements associated with Equation (80) represent a so-called “cyclic coordinate” familiar from Lagrangian particle mechanics. Each cyclic coordinate implies the conservation of an associated conjugate momentum. We show here that because of this invariance, the Lagrangian framework manifestly conserves energy and potential vorticity.

First we define the following two quantities

\[ U \equiv \frac{1}{\rho} \frac{\partial L}{\partial u}, \quad \Omega \equiv \nabla \times U. \]  

(81)

For simple Newtonian dynamics, \( U = u \) and \( \Omega \) represents the traditional vorticity; in a rotating frame \( \Omega \) also includes contributions from the background “planetary” vorticity. Then defining the following quantity,

\[ A \equiv \frac{\partial U}{\partial t} + \Omega \times u + \nabla (U \cdot u), \]  

(82)

variation of the action over \( \phi \) from Equation (80) implies

\[ \nabla \cdot (\nabla \times A) = 0. \]  

(83)

Defining the generalized potential vorticity

\[ \text{GPV} \equiv \frac{\nabla s \cdot \Omega}{\rho} \]  

(84)

and then combining Equations (5) and (6) and some vector calculus identities gives conservation of GPV along trajectories of the flow

\[ \left( \frac{\partial}{\partial t} + u \cdot \nabla \right) \left[ \nabla s \cdot \nabla \times (\frac{1}{\rho} \frac{\partial L}{\partial u}) \right] = 0. \]  

(85)

Equation (85) (for any \( L \)) represents a significant additional advantage of the Lagrangian approach, especially when we begin to apply approximations to the FC dynamics.

In the case where the flow contains other frozen-in dynamical quantities—such as magnetism in Appendix D, or chemical concentration—then variation in the direction of Equation (80) produces explicit changes in the Lagrangian density and Equation (85) no longer holds.

3.4. Lagrangian Derivation of the Euler Equations

With Equation (73), we derive here the FC momentum equation with the Lagrangian density,

\[ \mathcal{L} = \rho \left( \frac{|u|^2}{2} - e(\rho, s) - \phi \right). \]  

(86)

where Equation (7) gives \( e = e(\rho, s) \). Computing specifically each relevant term

\[ \frac{\partial \mathcal{L}}{\partial u} = \rho u, \]  

(87)
Furthermore, the Legendre transform of the Second Law of Thermodynamics (Equation (7)) manifests that energy budgeting even if the constraint depends explicitly on time.\footnote{We note that while this paper was under review, Cotter & Holm (2013) independently and contemporaneously produced a very similar result to our constrained-Lagrangian analysis for stratified LM dynamics.}

Substituting into Equation (73),

\[
\frac{\partial L}{\partial \rho} = \frac{|u|^2}{2} - e - \rho \frac{p}{\rho} - \phi, \quad (88)
\]

\[
\frac{\partial L}{\partial s} = \rho T. \quad (89)
\]

The last two terms in Equation (90) simplify because of the Second Law of Thermodynamics (Equation (7))

\[
T \nabla s = \nabla e - \frac{p}{\rho^2} \nabla \rho,
\]

and the FC momentum equation (22) follows in compact form

\[
\rho \frac{Du}{Dt} + \nabla p + \rho \nabla \phi = 0.
\]

For the FC equations, the energy adopts the expected form

\[
\mathcal{H} \equiv u \cdot \frac{\partial L}{\partial u} - L = \rho \left( \frac{|u|^2}{2} + e(\rho, s) + \phi \right).
\]

Furthermore, the Legendre transform of $L$ with respect to $\rho$ reduces to the thermodynamic pressure

\[
P \equiv L - \rho \frac{\partial L}{\partial \rho} = p. \quad (91)
\]

At this point, using Hamilton’s principle to derive the momentum equations merely reformulates a well-known equation set. The utility of Equation (73) lies in that we need not use the specific Lagrangian density $L$ in Equation (86). When considering LM flows we also possess the tools to produce constrained dynamics that manifestly filter acoustic modes. Moreover, any constrained dynamics derived from Equation (73) will automatically achieve proper energy balance; this also leads to correct energy budgeting even if the constraint depends explicitly on time.

\section*{4. CONstrained MODELS}

We now use the Euler–Lagrange equation (73) to derive a momentum equation for subsonic constrained flows. To obtain constrained dynamics, we first recall the hydrostatic reference state

\[
\nabla p_0 + \rho_0 \nabla \phi = 0.
\]

As a fluid parcel moves slowly through a background stratification, its internal pressure must equilibrate rapidly to approximately that of its surroundings. If the parcel does not remain almost in pressure balance, then it could isotropically compress or expand without moving vertically. Rapid compressive collapse and/or expansion generate the fast oscillations characterizing acoustic motions. We wish to remove these modes from the dynamics. In this section we find that a succession of more restrictive assumptions leads to the generalized PI, anelastic, and Boussinesq equations in turn.\footnote{We note that while this paper was under review, Cotter & Holm (2013) independently and contemporaneously produced a very similar result to our constrained-Lagrangian analysis for stratified LM dynamics.}

We also note that the constrained-Lagrangian analysis bears a number of philosophical similarities to the LANS-$\alpha$ sub-grid closure model of hydrodynamical turbulence (Holm 1999).

\subsection*{4.1. Lagrangian Derivation of the Generalized Pseudo-incompressible Equations}

The first and least restrictive constraint is that pressure fluctuations equilibrate rapidly and remain small. We therefore impose the following (velocity independent, or holonomic) constraint on the dynamics

\[
L \rightarrow L - \lambda \mathcal{C}(\rho, s), \quad (93)
\]

where Equation (92) gives the constraint $\mathcal{C}$, and $\lambda$ represents the Lagrange multiplier, an additional independent variable of the action. Thus the full Lagrangian density becomes

\[
L = \rho \left( \frac{|u|^2}{2} - e(\rho, s) - \phi \right) - \lambda \mathcal{C}(\rho, s). \quad (94)
\]

The appropriate new term in the Euler–Lagrange equation (73) assumes that stationarity of the action with respect to $\lambda$ enforces the constraint,

\[
\frac{\partial L}{\partial \lambda} = -\mathcal{C}(\rho, s) = -p + p_0 = 0. \quad (95)
\]
Stationarity of the action with respect to $\phi$ yields the equations of motion as in Equation (73).

The strictly additive constraint in Equation (94) implies that the portion of the dynamical equations deriving from the original (unconstrained) Lagrangian density remain unaltered. Therefore, the constrained Euler–Lagrange equations assume the general form

$$\rho \frac{Du}{Dt} + \nabla p + \rho \nabla \phi = -\rho \nabla \left( \lambda \frac{\partial C}{\partial \rho} \right) + \lambda \frac{\partial C}{\partial s} \nabla s = -\nabla (\Gamma_1 \lambda p) + \lambda \nabla p,$$

where we use

$$\frac{\partial C}{\partial \rho} = \left( \frac{\partial p}{\partial \rho} \right)_s, \quad \frac{\partial C}{\partial s} = \left( \frac{\partial p}{\partial s} \right)_\rho.$$

Defining the rescaled Lagrange multiplier

$$p' \equiv \Gamma_1 \rho \lambda,$$

the constrained momentum equation now becomes

$$\rho \frac{Du}{Dt} + \nabla p + \rho \nabla \phi = -\nabla p' + \rho' \frac{\Gamma_1 p}{\Gamma_1 \rho} \nabla p.$$  \hspace{1cm} (98)

Comparing Equation (98) with Equation (22), we see that Equation (98) now contains an additional source of momentum that prevents the dynamics from leaving the constraint manifold.

The constraint equation (92) allows us to replace freely $p \rightarrow p_0$, leading to the following constrained LM equations for momentum, density, and energy:

$$\rho \frac{Du}{Dt} + (\rho - \rho_0) \nabla \phi = -\nabla p' + \rho' \frac{\Gamma_1 p_0}{\Gamma_1 \rho_0},$$  \hspace{1cm} (99)

$$\frac{D\rho}{Dt} = \rho \frac{u \cdot \nabla p_0}{\Gamma_1 \rho_0},$$  \hspace{1cm} (100)

$$\nabla \cdot u = -\frac{u \cdot \nabla p_0}{\Gamma_1 \rho_0}.$$  \hspace{1cm} (101)

We dub Equations (99)–(101) the GPI equations. The scaled Lagrange multiplier $p'$ enforces Equation (101). In Equation (99) we use Equations (15) and (92) to replace $\nabla p \rightarrow \nabla p_0 = -\rho_0 \nabla \phi$, but the generality of Equation (98) does not require hydrostatic balance. In the limit of an ideal gas equation of state with constant $\gamma$, Equations (99)–(101) reduce to the PI equations (38)–(40). Thus, the GPI equations extend the PI equations to more general equations of state.

Most previous derivations of anelastic or PI models follow from an asymptotic expansion of the full equations under the assumption of particular scalings of the leading-order terms. The asymptotic procedure applies to many systems under strong constraint (Julien & Knobloch 2007). Spiegel & Veronis (1960) pioneered this approach with the Boussinesq approximation for a compressible fluid, Gough (1969) does this for the anelastic models discussed in Part I, while Durran (1989), Achatz et al. (2010), and Klein et al. (2010) do this for the PI model. In all of these derivations, the authors implicitly assume $|p - p_0| \ll p_0$, which may or may not imply a similar relation for density.

Our approach makes the same assumptions as previous authors. Our method differs in that we enforce the pressure constraint identically, i.e., non-perturbatively. The main disadvantage of our approach is that our constraint tells us nothing quantitative about when our assumptions break down. We must apply physical reasoning (as in the roller coster analogy) and solution monitoring to determine when acoustic and swirling motions lose their distinct identity and thus when our derived equations lose their validity. The main advantage of our derivation is that it provides a general, systematic framework for extending the PI equations to include additional physics. Hamilton’s principle gives a systematic method for generalizing the PI equations to an arbitrary equation of state, while correcting the energy violations that emerge in the LM equations.

We can apply the same Lagrangian framework to other important problems in astrophysical and geophysical fluid mechanics. For example, we derive an analogous model in Appendix D that incorporates magnetism correctly in a general framework. We note that any shortcomings of the GPI equations derived here also apply to the previous sets of sound-proof equations discussed in Section 1. In particular, the GPI equations reduce to the PI equations for an ideal gas and to the anelastic equations for an adiabatic background stratification. Furthermore, even if a filtered model gives lackluster quantitative results, the equations may still give excellent qualitative insight by eliminating complicating details. Finally, well-motivated subsonic models may guide the construction of numerical methods that take fast dynamics into account in an optimal fashion.

The energy density in the GPI equations retains the same form as for the FC equations, i.e.,

$$H \equiv u \cdot \frac{\partial \mathcal{L}}{\partial u} - \mathcal{L} = \rho \left( \frac{|u|^2}{2} + e + \phi \right),$$  \hspace{1cm} (102)

where implicitly $p = p_0$.

However, we score more physical interpretation when computing the generalized pressure,

$$p \equiv \mathcal{L} - \rho \frac{\partial \mathcal{L}}{\partial \rho} \equiv \mathcal{L} - \rho \left( \frac{|u|^2}{2} - e - \phi - \frac{p}{\rho} - \lambda \left( \frac{\partial p}{\partial \rho} \right)_s \right).$$  \hspace{1cm} (103)

Simplifying Equation (103) and using Equation (77), we find

$$p = p + p' = p_0 + p'.$$  \hspace{1cm} (104)

Comparing to Equation (91), Equation (104) suggests that $p'$ indeed carries the closest possible correspondence to the pressure fluctuation $p' \equiv p - p_0$ in the FC dynamics. We show in the next section that the correspondence between the Lagrange multiplier and pressure perturbations arises naturally from considering enthalpy in the Lagrangian framework.

For the GPI equations, the potential vorticity becomes

$$q = \frac{c_p}{\rho T \alpha_T} \left( \frac{\nabla p_0 - \nabla \rho}{\Gamma_1 \rho_0} \right) \cdot (\nabla \times u),$$  \hspace{1cm} (105)

where $c_p$, $T$, $\alpha_T$, and $\Gamma_1$ all implicitly assume $p = p_0$. Given Equation (105), Equations (99)–(101) imply $\partial_t q + u \cdot \nabla q = 0$ directly from the underlying Lagrangian structure, i.e., Equation (85).

4.2. Enthalpy

In Section 3.4 we express the Lagrangian density in terms of the fluid’s internal energy, and hence its density and entropy.
Here, we provide an alternative derivation in terms of enthalpy. Salmon & Smith (1994) used the same transformation in the Hamiltonian derivation of a nonhydrostatic pressure-coordinate model. This requires us to introduce the pressure as a canonical variable, in addition to \(\xi\), and requires stationarity of the action with respect to this additional degree of freedom. This approach contains a number of advantages in helping to clarify the meaning of the Lagrange multiplier, and also points the way to more sophisticated approximation schemes in the future.

Therefore, we make the following replacement

\[
e(\rho, s) \rightarrow h(p, s) - \frac{p}{\rho}
\]

in Equation (86) to produce

\[
\mathcal{L}(u, \rho, s, p) = \rho \frac{|u|^2}{2} - \rho h(p, s) - \rho \phi + p.
\]

Stationarity of the action with respect to \(\rho\) exactly enforces the equation of state given in Equation (10),

\[
\frac{\partial \mathcal{L}}{\partial \rho} = -\rho \left( \frac{\partial h(p, s)}{\partial p} \right)_{s, \rho} + 1 = 0.
\]

In this sense, the pressure acts as a nonlinear Lagrange multiplier, similar to a generalization of \(\lambda \mathcal{L}(\rho, s, x)\) in Section 4.1. We make the PI assumption

\[
p \rightarrow p_0(x) + p_1, \quad \text{with} \quad |p_1| \ll |p_0|.
\]

Expanding the Lagrangian density in Equation (107) to linear order in \(p_1\) gives

\[
\mathcal{L} \approx \rho \frac{|u|^2}{2} - \rho h(p_0, s) + \phi - p_1 \left[ \frac{\rho}{\rho(p_0, s)} - 1 \right] + p_0.
\]

Now \(p_1\) acts as the Lagrange multiplier enforcing the constraint

\[
\frac{1}{\rho(p_0, s)} = \left( \frac{\partial h}{\partial p} \right)_{s, \rho} \Bigg|_{p_1 = 0} = \frac{1}{\rho}.
\]

Equation (111) requires some interpretation. The density on the right-hand side of Equation (111) (representing mass per unit volume) remains frozen into the flow, and evolves according to Equation (5). Durran (1989) used the notation \(\rho^*\), to distinguish this from the density in the equation of state. The density on the left-hand side of Equation (111) represents the equation of state density derived from enthalpy. Equation (111) implies that the dynamical mass density must instantaneously equilibrate to the potential density of a parcel adiabatically transported to a reference pressure level, \(p_0\). This is mathematically equivalent to the constraint \(p(\rho, s) = p_0(x)\) imposed in Section 4.1.

Furthermore, substituting Equation (110) into the general Euler–Lagrange equation (73) gives exactly the same result as Equation (98) only with \(p_1\) replacing \(p^]\). This underlies the correspondence between the Lagrange multiplier and the small dynamic pressure fluctuations. Understanding this correspondence becomes necessary when one wants to import data from a sound-filtered numerical model into an FC simulation. The FC simulation will generate significant acoustic transients if the initial conditions start out of pressure balance. Using Equation (98) with the extra momentum source relative to the LM equation (47) allows the pressure field to donate just enough momentum to the flow to keep it from oscillating rapidly if it were allowed.

In principle, one could choose to carry the expansion of enthalpy around the background pressure to higher order in \(p_1\). This would reintroduce linear acoustic dynamics back into the equations of motion. This gives an intermediate approach between the FC equations and the GPI equations and, in principle, would allow a scale-by-scale filtering of acoustic modes according to some criterion such as their timescale. We leave these types of considerations for future work.

### 4.3. Lagrangian Derivation of the Anelastic Equations

We next tie our current results back to Part I, showing how the LBR anelastic equations naturally follow from an additional linearization around the background entropy profile. We point out that the constraint in Equation (110) almost constrains the density to give the background value, except for the entropy dependence. Therefore, if we make the replacement in the constraint term,

\[
p_1 \left[ \frac{\rho}{\rho(p_0, s)} - 1 \right] \rightarrow p_1 \left[ \frac{\rho}{\rho(p_0, s_0)} - 1 \right],
\]

then stationarity with respect to \(p_1\) would yield \(\rho = \rho_0\) and \(\nabla \cdot (\rho_0 u) = 0\). Making the replacement in Equation (112) produces a version of the LBR anelastic equations with a nonlinear buoyancy term deriving from the enthalpy term in Equation (110). However, we cannot justify Equation (112) without admitting that

\[
\rho \approx \rho_0 \quad \Rightarrow \quad s \approx s_0
\]

in some fashion. In particular, we must guarantee that Equation (113) is consistent with the entropy equation.

In Lagrangian coordinates, the dynamics conserves the specific entropy of a fluid parcel along a given trajectory. That is,

\[
s(t, x(t, a)) = s_0(a),
\]

where \(a = x(t = 0, a)\) represents the initial position of a fluid parcel. Therefore, defining an entropy perturbation

\[
s'(t, x(t, a)) \equiv s_0(a) - s_0(x(t, a)),
\]

the mean-value theorem implies that

\[
|s'| \leq L_s \max_x |\nabla s_0(x)|,
\]

if we assume the background profile only depends on the height within the layer. Here \(L_s\) represents the total layer thickness.

Therefore, if we assume a small background entropy gradient, then we may further linearize the Lagrangian density in Equation (110) and obtain

\[
\mathcal{L} \approx \rho_0 \frac{|u|^2}{2} - \rho_0 T_0 s - p_1 \left[ \frac{\rho}{\rho_0} - 1 \right] + \mathcal{L}_0,
\]

where \(\mathcal{L}_0 = -\rho_0 (e_0 - T_0 s_0 + \phi)\) gives a dynamically irrelevant offset. Equation (117) implies that we neglect energy sources from nonlinear terms in the thermodynamic variables. Extremizing Equation (117) produces the compact form of the LBR formulation of the anelastic equations,

\[
\frac{Du}{Dt} + \nabla \sigma = -s' \nabla T_0
\]
\[
\frac{Ds'}{Dt} + u \cdot \nabla s_0 = 0 \quad (119)
\]
\[
\nabla \cdot (\rho_0 u) = 0, \quad (120)
\]
where often
\[
\sigma \equiv \frac{p_1}{p_0} \quad (121)
\]
denotes a kinematic pressure variable, and \( \rho_1 = p_1/c_0^2 \) gives the physical density perturbations associated with the evolution in Equations (118)–(121). This derivation remains valid only if \( s' \) remains small. By Equation (116), this can occur in general only if \( \nabla \ln s_0 \) is small compared to \( L_z^{-1} \). This holds clearly in a nearly adiabatic atmosphere, where \( \nabla s_0 \) is tiny. Alternatively, the assumption of small \( s' \) may hold (weakly) for motions with small vertical displacements compared to \( L_z \).

For an ideal gas,
\[
\nabla T_0 = -\frac{\nabla \phi}{c_p} = \frac{g}{c_p} \quad (122)
\]
gives the temperature gradient in the more common form for an adiabatic background atmosphere. This then puts the momentum equation in a more familiar form
\[
\frac{Du}{Dt} + \nabla \sigma = -\frac{s'}{c_p} g. \quad (123)
\]
For a radiation-pressure-dominated gas, \( c_p \to \infty \), however,
\[
\nabla T_0 = \frac{g}{s_0}, \quad (124)
\]
for the nearly constant background entropy \( s_0 \). As for the LBR equations of Part I, the LBR equations (118)–(120) also conserve the energy
\[
E \equiv \rho_0 \left( \frac{|u|^2}{2} + s'T_0 \right), \quad (125)
\]
and an associated free energy. While the buoyancy term in Equation (118) may appear surprising on first glance, temperature represents the only physically meaningful quantity for nearly adiabatic stratifications that produces an energy when multiplied with entropy fluctuations.

When compared to Part I, Equation (118) implies a severe contradiction when attempting to model an isothermal atmosphere with a “nearly adiabatic” background. This abuse of approximation becomes clear when one notices the complete vanishing of all buoyancy forcing in Equation (118) with constant \( T_0 \). This implies that one may derive the isothermal LBR equations from a Lagrangian that replaces \( T_0 \to -\phi/c_p \) in Equation (117), but this replacement would not follow from any systematic approximation of the FC dynamics, and would only apply for an ideal gas. Nevertheless, Equations (99)–(101) reduce to the anelastic equations (118)–(120) for a nearly adiabatic background.

### 4.4. Boussinesq Equations

At the outset, we only require a Lagrangian density pertaining to a fluid media, which depends on \( \rho \) and \( s \), but not directly on the Lagrangian displacement as in the case of a solid. Other than the fluid requirement, we say nothing more specific about the equation of state—in particular we did not distinguish between liquids or gases. The difference between liquids and gases mainly derives from the strong independence of density as a function of pressure at fixed entropy, or \( \Gamma_1 \to 1 \).

For example, in case of water under laboratory conditions, \( \rho_0 \approx 10^3 \text{ N m}^{-2} \), \( \rho_0 \approx 10^3 \text{ kg m}^{-3} \), \( c_0 \approx 1500 \text{ m s}^{-1} \), and therefore \( \Gamma_1 \approx 2.25 \times 10^5 \). \( H_p \approx c_0/g \approx 225 \text{ km} \). However, over the temperature range of liquid water, the density can vary by up to 10%, with a density maximum at \( T \approx 4^\circ \text{C} \) allowing for penetrative convection (Veronis 1963). Therefore, nontrivial density backgrounds may exist in modeling liquids, but such systems may still filter acoustic modes and may not undergo any significant volume changes.

We therefore note that the GPI equations directly imply generalized Boussinesq equations in the limit
\[
\Gamma_1 \to \infty. \quad (126)
\]
Dropping all terms involving \( \Gamma_1 \) in Equations (99)–(101) gives
\[
\rho \frac{Du}{Dt} + (\rho - \rho_0) \nabla \phi = -\nabla p', \quad (127)
\]
\[
\frac{D\rho}{Dt} = 0, \quad (128)
\]
\[
\nabla \cdot u = 0. \quad (129)
\]
Unlike the standard Boussinesq model, \( \rho_0 \) may depend nontrivially on \( z \), and large density fluctuation may occur, especially in the presence of combined compositional and thermal effects.

### 5. LINEAR WAVES IN ISOThermal ATMOSPHERES

As in Part I, we illustrate the properties of various systems of equations with the dynamics of gravity waves in bounded plane-parallel atmospheres assuming an isothermally stratified ideal gas. These simple atmospheres possess constant sound speed, buoyancy frequency, and density scale height. This makes computing eigenfrequencies and eigenmodes for linear gravity and acoustic waves (when present) analytically tractable. This helps elucidate the differences between the various sound-proof equations. These analytic results set the stage for the numerical experiments of Section 6. We use an ideal gas equation of state
\[
p = (c_p - c_v)\rho T = (\gamma - 1)\rho e \quad (130)
\]
with specific internal energy \( e \) and \( \gamma = c_p/c_v = 5/3 \).

As in Part I, we define the velocity in terms of the vector displacement,
\[
u = \frac{\partial \xi}{\partial t}, \quad (131)
\]
which allows the simple integration of the linear density and pressure equations.

We assume wavelike perturbations
\[
\xi \propto \Xi(z) \exp(i\omega t - imx), \quad (132)
\]
where \( x \) represents the horizontal coordinate and \( m \) its associated wavenumber, and \( \Xi(z) \) gives the vertical structure depending on the specific model.
In a hydrostatically balanced (Equation (15)) isothermal atmosphere

\[ \nabla \ln \rho_0 = \nabla \ln \rho = -\frac{\dot{z}}{H} = -\frac{\gamma g \dot{z}}{c_0^2}, \]  

(133)

where \( H \) is the (constant) pressure or density scale height and

\[ c_0^2 = \frac{\gamma P_0}{\rho_0} \]  

(134)
is the (constant) sound speed. The Brunt-Väisälä frequency \( N_0 \) is

\[ N_0^2 = -\frac{g \cdot \nabla s_0}{c_p} = \frac{(\gamma - 1) g}{\gamma H}, \]  

(135)

where \( \nabla s_0 \) is the background entropy gradient.

### 5.1. Fully Compressible Waves

The well-known solution for the FC equations exists in several textbooks (e.g., Lighthill 1978) and in Part I. In a bounded or unbounded atmosphere, vertical eigenfunctions take the following form

\[ \Xi(z) = \exp \left( \frac{z}{2H} \right) \sin(kz + \delta), \]  

(136)

where \( k \) and \( \delta \) give an arbitrary vertical wavenumber and phase. For finite domains with impenetrable boundaries, only quantized modes

\[ k = \frac{\pi n}{L_z}, n = 1, 2, \ldots, \delta = 0, \]  

(137)

ensure that vertical motions cease (\( \xi_z = 0 \)) at \( z = 0, L_z \). Equation (136) implies that the frequencies of gravity and acoustic modes remain purely real, i.e.,

\[ -\frac{\omega^4}{c_0^2} + \omega^2 \left[ k^2 + m^2 + \frac{1}{4H^2} \right] = m^2 N_0^2. \]  

(138)

The quadratic nature of Equation (138) in \( \omega^2 \) provides the two distinct acoustic and gravity wave branches. We write the full solution to both branches of Equation (138) in the form

\[ \omega_N^2 = \frac{\omega_c^2}{2} \left( 1 \pm \sqrt{1 - \frac{4 \omega_c^2}{\omega_N^2}} \right), \]  

(139)

where

\[ \omega_c^2 = \left[ k^2 + m^2 + \frac{1}{4H^2} \right] c_0^2 \]  

(140)

and

\[ \omega_g^2 = \frac{m^2}{k^2 + m^2 + \frac{1}{4H^2}} N_0^2, \]  

(141)

Equations (140) and (141) represent simple approximations to the behavior of Equations (138) and (139) in the high- and low-frequency limits, respectively.

Importantly, the linear waves conserve the leading-order quadratic energy in Equations (30)–(32).

### 5.2. Pseudo-incompressible Gravity Waves

We begin our linear analysis of the sound-filtered systems with the energy-conserving PI equations. As we show in Section 3.4, the GPI equations (99) and (100) reduce to the PI equations (38)–(40) for \( \Gamma_1 = \gamma \). Linearizing the pressure, momentum, and density equations around the background state gives

\[ -\rho_0 \omega^2 \xi = -\beta_0 \nabla \left( \frac{\rho'}{\rho_0} \right) + \rho_1 g, \]  

(142)

\[ \rho_1 = -\xi \cdot \nabla \ln \rho_0 - \nabla \cdot \xi, \]  

(143)

\[ \nabla \cdot \xi = -\xi \cdot \nabla \ln \beta_0, \]  

(144)

where \( \beta_0 \equiv \rho_0^{1/\gamma} \) (Equation (20)). We combine the density equation (143) and pressure equation (144) to give

\[ \frac{\rho_1}{\rho_0} = \xi \cdot \nabla \ln \frac{\beta_0}{\rho_0} = \xi \cdot \nabla s_0. \]  

(145)

Thus the buoyancy term in the PI equations remains identical to the buoyancy term in the anelastic equations considered in Part I.

The divergence of the horizontal momentum equation and the pressure constraint determines the pressure fluctuations in terms of the vertical displacement,

\[ \nabla_z^2 \rho' = \rho_0 \omega^2 \nabla \perp \cdot \xi \perp = -\frac{\omega^2 \rho_0}{\beta_0} \frac{\rho_0}{\beta_0} \frac{\partial (\beta_0 \xi_z)}{\partial z}. \]  

(146)

Combining the vertical momentum equation (142) and the buoyancy equation (145) for linearized waves, we obtain

\[ \omega^2 \nabla_z^2 \xi_z = \frac{\beta_0}{\rho_0} \frac{\partial}{\partial z} \left( \frac{\nabla_z^2 \rho'}{\beta_0} \right) = N_0^2 \nabla_z^2 \xi_z, \]  

(147)

where we use Equation (135). Collapsing the entire system into a single second-order equation for vertical displacement gives

\[ \omega^2 \left( \nabla_z^2 + D_{\text{PI}}^2 \right) \xi_z = N_0^2 \nabla_z^2 \xi_z, \]  

(148)

where

\[ D_{\text{PI}}^2 \xi_z \equiv \frac{\beta_0}{\rho_0} \frac{\partial}{\partial z} \left[ \frac{\rho_0}{\beta_0^2} \frac{\partial (\beta_0 \xi_z)}{\partial z} \right], \]  

(149)

is a negative-definite self-adjoint operator with respect to the integration weight function \( \rho_0(z) \). Self-adjointness follows from the identity

\[ \int \rho_0 \eta D_{\text{PI}}^2 \xi \ dz = -\int \rho_0 \eta \frac{\partial (\beta_0 \eta)}{\beta_0} \frac{\partial (\beta_0 \xi)}{\partial z} \ dz, \]  

(150)

assuming \( \eta = \xi = 0 \) on the endpoints of the integration domain.

For the isothermal background in Section 5.1, the same vertical eigenfunction profile in Equation (136) provides the real-valued dispersion relation

\[ \omega_{\text{PI}}^2 \left( m^2 + k^2 + \frac{(\gamma - 2)^2}{4\gamma H^2} \right) = m^2 N_0^2, \]  

(151)

which closely resembles Equation (141), but with a different large-scale cutoff. We note that the correspondence between PI
and FC eigenfunctions breaks down in spherical geometries. In spherical geometries, the radial structure of the FC eigenfunctions depends explicitly on the spherical harmonic degree, ℓ, but not in the PI approximation. However, many of the fundamental qualitative properties developed here remain even in those systems.

In a monatomic ideal gas with \( \gamma = 5/3 \), Equation (151) implies a large-scale cutoff frequency \( 1/(10H) \); the cutoff vanishes when \( \gamma = 2 \), and approaches \( 1/(2H) \) for larger \( \gamma \). The vanishing of the large-scale cutoff for \( \gamma = 2 \) actually corresponds to similar behavior in the FC dispersion relationship for any \( m \) as \( k \to 0 \). Generally, for any background, Equation (151) gives an optimal approximation to the FC frequencies in the sense that

\[
|\omega_\ast - \omega_{\text{FC}}| = O \left( m^{-4} \right), \quad m \to \infty, \quad (152)
\]

where \( \omega_\ast \) is the gravity-wave branch of Equation (139). More typically, the error in the difference between the approximate and FC frequencies scales as \( \sim m^{-2} \).

Figure 1 shows the dispersion relationship for the PI equation (151), in the limit \( kH \to 0 \), and compares this to the equivalent modes in FC, LM, and all other anelastic models considered in Part I. Figure 1 clearly shows the behavior in Equation (152) relative to other models for large \( mH \). At low horizontal wave number \( m \), the reduced large-scale cutoff in the PI dispersion relationship (Equation (151)) leads to higher frequencies than those obtained from the FC equation (139). For particular comparison, we also plot the dispersion relationship of the energy-conserving LBR anelastic equations from Part I. Generally, frequencies obtained from the LBR equations match the Euler frequencies well at low frequencies but approach \( \omega \sim N_0 \) slowly for large \( m \). The differences in frequencies obtained in all energy-conserving equation sets become smaller as \( kH \) increases. We also show all of the equation sets considered in this paper and in Part I in Figure 1 for the same isothermal atmosphere. The PI, FC, and LBR equations conserve energy, while the LM and ANS equations do not. In general, the RG equations do not conserve energy, except in the special case of an isothermal atmosphere (see Part I). At large \( mH \), the ANS, LBR, LM, PI, and FC equations converge to the Brunt-Väisälä frequency \( N_0 \), while the RG equations are too large by a factor of \( \sqrt{\gamma} \).

Table 1 gives the dispersion relationships for all equation sets in both papers.

| System | Equation |
|--------|----------|
| FC     | See text |
| PI     | \( m^2 + k^2 + \frac{(\gamma - 1)^2}{4\gamma^2 H^2} \) |
| LM     | \( m^2 + k^2 + \frac{(\gamma - 1)^2}{4\gamma^2 H^2} \) |
| ANS    | \( m^2 + k^2 + \frac{1}{4\gamma^2 H^2} \) |
| LBR    | \( m^2 + k^2 + \frac{1}{4\gamma^2 H^2} \) |
| RG     | \( \frac{1}{\gamma} \left( m^2 + k^2 + \frac{1}{4\gamma^2 H^2} \right) \) |

Note. We quote the ANS and LBR dispersion relationships from Part I (P1).

Figure 2(a) shows the first five vertical modes \( k_1 \)–\( k_5 \) of the dispersion relationship for the PI, LM, and FC equations, where Equation (137) gives \( k \) with \( L_z = 5H \). Similar to Figure 1, the frequencies of gravity waves in the PI equations remain somewhat larger than the FC equations at low horizontal wave number, with the discrepancy most notable for long-vertical-wavelength modes (e.g., \( k_4 \)). Figure 2(b) shows the vertical eigenfunction structure for the \( k_2 \) mode. This mode and the
stratification of this atmosphere correspond to the numerical results we present in Section 6.

As in Part I, we normalize these eigenfunctions with an amplitude $A$, such that

$$ A^2 = \frac{\int_0^{5H} \Xi(z)^2 e^{-\xi z/H} dz}{\int_0^{5H} e^{-\xi z/H} dz} = \frac{5}{2 \left(1 - e^{-5\xi}\right)}. \quad (153) $$

In the PI and FC equations, $\epsilon = 1$ and $A_{\rm PI} \approx 1.59$ for $\gamma = 5/3$, whereas in the LM equations $\epsilon = (\gamma + 1)/\gamma$ and $A_{\rm LM} \approx 2.00$.

5.3. Low Mach Number Gravity Waves

Finding linear eigenfrequencies in the LM equations (47)–(49) amounts to the same procedure as in Section 5.2. Now, however, the linearized momentum equation is

$$ -\rho_0 \partial_t \hat{\xi} = -\nabla p' + \rho_1 g. \quad (154) $$

The fundamental differences in the pressure term between Equations (142) and (154) lead to the non-conservation of energy in the LM equations and instead to the conservation of pseudo-energy for linear waves.

Using the linearized equations (143) and (144) for density and pressure, and Equation (154) for momentum, we collapse the LM system into a form equivalent to Equation (148),

$$ \omega^2 (\nabla_\ell^2 + D_{\text{LM}}^2) \hat{\xi} = N_0^2 \nabla_\ell^2 \hat{\xi}, \quad (155) $$

where

$$ D_{\text{LM}}^2 \hat{\xi} \equiv \frac{1}{\rho_0} \frac{\partial}{\partial z} \left[ \frac{\rho_0}{\beta_0} \frac{\partial (\beta_0 \hat{\xi})}{\partial z} \right] \quad (156) $$

is a negative-definite self-adjoint operator with respect to the modified integration weight function,

$$ \hat{\rho}_0(z) \equiv \rho_0(z) \beta_0(z). \quad (157) $$

That is, assuming $n = \xi = 0$ on the endpoints of the integration domain,

$$ \int \hat{\rho}_0 \eta D_{\text{LM}}^2 \hat{\xi} dz = - \int \frac{\hat{\rho}_0}{\beta_0^2} \frac{\partial (\beta_0 \hat{\xi})}{\partial z} \frac{\partial (\beta_0 \hat{\xi})}{\partial z} dz. \quad (158) $$

For an adiabatic background atmosphere, $\hat{\rho}_0 \propto \rho_0^2$ and the LM equations do not reduce to an anelastic system. This implies that the LM equations would not give correct growth rates and vertical structure for convection in an unstably stratified system.

For an ideal gas, Equations (155)–(157) require the vertical eigenfunction

$$ \Xi(z) = \exp\left(\frac{\gamma + 1}{\gamma} \frac{z}{2H}\right) \sin(kz + \delta), \quad (159) $$

to guarantee real-valued wave frequencies,

$$ \omega_{\text{LM}}^2 \left[ m^2 + k^2 + \frac{(\gamma - 1)^2}{4\gamma^2 H^2} \right] = m^2 N_0^2. \quad (160) $$

As with the ANS equations in Part I, a serious problem lurks with this choice, since the kinetic energy density scales as

$$ \rho_0 u^2 \propto \exp\left(\frac{z}{\gamma H}\right). \quad (161) $$

Therefore, the kinetic energy of the waves grows exponentially with height. From the FC equations, we know that this kinetic energy density should remain constant with height in an isothermal atmosphere. This discrepancy arises from the fact that the LM equations fail to properly conserve energy, but rather conserve the pseudo-energy given in Equation (63).

Figure 2(a) shows the dispersion relationship with real $\omega$ given in Equation (160) for an isothermal atmosphere with $L_z = 5H$. Like the PI equations, the LM equations give slightly higher frequencies than the FC equations. A much larger problem, however, rests with the eigenfunctions of the waves. Figure 2(b) shows the eigenfunctions in an isothermal atmosphere with $L_z = 5H$. Equation (153) provides the normalization, and gives the response of waves in the LM equations generated from the same initial density perturbation used for the PI equations. Clearly, the eigenfunctions of waves in the LM equations acquire an excess amplitude compared to the correct eigenfunctions given in Equation (136).

6. SIMULATIONS OF GRAVITY WAVES IN A BOUNDED ISO THERMAL ATMOSPHERE

In this section we demonstrate through direct numerical simulation the properties of the PI and LM equations described in Sections 2.3, 2.4, and 5. We use the MAESTRO code to simulate the propagation of internal gravity waves in a bounded isothermal atmosphere, implementing both the PI and LM equations (see Appendix E for more details). Although MAESTRO supports adaptive mesh refinement and an evolving base state, we use neither of these capabilities here (Almgren et al. 2008; Nonaka et al. 2010, 2012). In our implementation of the PI equations, we take an ideal gas equation of state, assume that $\gamma_1(\rho, \rho) = \gamma = 5/3$, and solve the nonlinear PI equations (38)–(40) and LM equations (47)–(49). In both cases we do not include any explicit diffusivities, and rely instead on numerical diffusivities within the MAESTRO code itself.

We use an isothermal, hydrostatically balanced background state with constant scale height, $H$, and gravitational acceleration, $g$, such that

$$ \rho_0(z) = \rho_{\text{ref}} \exp(-z/H), \quad p_0(z) = g H \rho_0(z). \quad (162) $$

Although the PI and LM equations allow arbitrarily large density perturbations, both assume small pressure perturbations, and thus $\rho_0(z) \propto \exp\left(-z/\gamma H\right)$ remains fixed throughout our simulations. In this paper we focus on a set of two-dimensional simulations in a Cartesian domain with size $L_x \times L_z$, where $L_x = L_z = 5H$.

For any given background variable, say $\rho$, defining the number of scale heights of this variable proves helpful in discussing the degree of stratification in our simulations,

$$ n_\rho \equiv \ln \frac{\rho_0|_{z=0}}{\rho_0|_{z=L_z}}. \quad (163) $$

Therefore, $n_\rho = n_p = 5$ in this isothermal atmosphere. By comparison, for the radiative zone of the Sun, $n_\rho \approx 6.6$.

In the LM equations, $\beta_0$ scales the pseudo-density according to Equation (157). The number of pseudo-density scale heights $n_\hat{\rho}$ is

$$ n_\hat{\rho} = n_p + n_\beta = n_p + \frac{1}{\gamma} n_p, \quad (164) $$
where \( n_\beta \) and \( n_p \) represent the number of \( \beta \) and pressure scale heights, respectively. When \( n_\beta = 5 \), \( n_g = 3 \), and \( n_p = 8 \), thus, the gravity waves in the LM simulations experience the effects of stratification much more strongly than the gravity waves in the PI simulations.

We conduct the simulations in a Cartesian box with resolution \((N_x, N_z) = (512, 512)\). The box has a periodic horizontal direction, with impenetrable vertical boundary conditions at the top and bottom. Since we do not include explicit viscosity or thermal diffusion, we do not require any further boundary condition at the lower or upper boundaries. We initialize the various simulations with one of three small density perturbations,

\[
\delta \rho_{PI} = A_0 \sin \left( \frac{2\pi x}{H} \right) \sin \left( \frac{2\pi z}{5H} \right) \exp \left[ \frac{z}{2H} \right],
\]

\[
\delta \rho_{LM} = A_0 \sin \left( \frac{2\pi x}{H} \right) \sin \left( \frac{2\pi z}{5H} \right) \exp \left[ \frac{(\gamma + 1)z}{2\gamma H} \right],
\]

\[
\delta \rho_{GW} = A_0 \sin \left( \frac{2\pi x}{H} \right) \sin \left( \frac{2\pi z}{5H} \right),
\]

where \( A_0 = 10^{-6} \rho_{ref} \), and \( \rho_{ref} \) gives the density at \( z = 0 \) from Equation (162). The perturbations \( \delta \rho_{PI} \) and \( \delta \rho_{LM} \) correspond to the \( n = 2 \) eigenfunctions derived in Section 5 for the PI and LM equations, respectively, with \( m = 10 \) horizontal perturbation. Importantly, each PI (LM) eigenfunction projects onto many LM (PI) eigenfunctions, so the PI (LM) eigenfunction excites many modes of the LM (PI) equations. The third perturbation, \( \delta \rho_{GW} \), projects onto many modes from both models, and thus excites a broad band of modes in either the PI or LM equations. We normalize the background density to one at the bottom of the domain, i.e., \( \rho_{ref}(0) = 1 \). Because the density perturbations produce small velocity amplitudes, the default velocity-based CFL time-step condition insufficiently captures the Brunt-Väisälä timescale of the gravity waves, where \( \tau_{BV} = N_0^{-1} \).

We thus restrict our time steps such that \( \Delta t \leq 0.016 N_0^{-1} \), which accurately resolves the relevant waves.

The analysis in Section 5 shows that the vertical eigenfunctions differ for the two sets of equations. In Figure 3 we plot the rms value of the density perturbation at two times, \( t = 0 \) and \( t = 600 N_0^{-1} \), in both (PI and LM) types of simulations using initial density perturbations based on each eigenfunction in Equations (165) and (166). We compute the rms perturbation by taking the square root of the horizontally averaged potential energy density (Equation (60)) times \( 2N_0^2 / (\rho_0 g^2) \). In each set of equations, when we perturb the background with the correct eigenfunction, the perturbation remains the same after an integer number of periods. We demonstrate this for the PI equations with initial perturbation \( \delta \rho_{PI} \) (Figure 3(a)) and the LM equations with initial perturbation \( \delta \rho_{LM} \) (Figure 3(d)). Otherwise, the perturbation excites a broad band of modes which interfere, and the rms amplitude changes in time (Figures 3(b) and (c)). This confirms the predicted differences in the eigenfunctions of the PI and LM equations, as given in Equations (136) and (159).

Another significant difference between the two sets of equations is that the PI equations conserve energy, whereas the LM equations do not. Although the LM equations violate energy conservation, they still contain a pseudo-energy quadratic invariant in the linear regime (Equation (63)) which differs from the true energy by a factor of \( \beta_0 \) (see discussion in Section 2.4).

We plot temporal traces of volume-averaged energy and pseudo-energy (Equations (58) and (63)) for simulations implementing the PI equations and the LM equations in Figure 4. We integrate the equations until \( t = 1000 N_0^{-1} \), and use \( \delta \rho_{GW} \) as an initial perturbation, which excites a broad band of modes for both simulations. Figure 4(a) demonstrates that the PI equations conserve energy, whereas the LM equations clearly violate energy conservation (Figures 4(c) and (e)). Instead, the LM equations conserve the pseudo-energy (Figure 4(d)), which the PI equations do not conserve (Figures 4(b) and (f)). Because both simulations use the same initial perturbation, \( \delta \rho_{GW} \), the two simulations initially contain the same energy and the same pseudo-energy (Figures 4(c) and (f)).

Figures 4(e) and (f) show the long-time variation in energy and pseudo-energy. To quantify the deviations in these
Figure 4. Temporal evolution of energies and pseudo-energies in simulations solving the PI and LM equations with $\delta \rho_{GW}$ as an initial perturbation. (a) Energy and (b) pseudo-energy in the simulation solving the PI equations. The total energy ($E$, Equation (58), in black) and pseudo-energy (PE, Equation (63)) are divided by two to highlight the fluctuations between kinetic energy $K$ (Equation (59), in red) and potential energy $U$ (Equation (60), in blue) or PK (Equation (64)) and PU (Equation (65)), respectively. The PI equations correctly conserve total energy, but not the total pseudo-energy. (c) Energy and (d) pseudo-energy in the simulation solving the LM equations. The LM equations do not conserve the total energy, and instead conserve the total pseudo-energy. We plot the total energy (e) divided by two and total pseudo-energy (f) divided by two for the LM simulation (solid line) and the PI simulation (dashed line), over a longer timescale. The vertical dotted lines show the time range $[850N_0^{-1}, 950N_0^{-1}]$ depicted in (a–d). Averaging over $1000N_0^{-1}$, we have that $\Delta E \approx 0.035\%$ for the PI simulation and $\Delta PE \approx 32\%$. Over this same timescale, $\Delta E \approx 36\%$ for the LM simulation, but $\Delta PE \approx 0.035\%$.

(A color version of this figure is available in the online journal.)

quantities, we define the energy and pseudo-energy variation as

$$\Delta E \equiv \langle \delta E \rangle / \langle E \rangle,$$

$$\Delta PE \equiv \langle \delta PE \rangle / \langle PE \rangle,$$

where $\langle \cdot \rangle$ denotes a temporal mean and $\delta$ denotes the standard deviation in time for the entire dataset from $0 \leq t \leq 1000N_0^{-1}$. In the PI simulation depicted in Figure 4, $\Delta E \approx 0.035\%$, whereas $\Delta PE \approx 32\%$. Conversely, for the simulation implementing the LM equations, $\Delta E \approx 36\%$ and $\Delta PE \approx 0.035\%$.

Slowly accumulating errors within the explicit time-stepping method of MAESTRO leads to the slight deviations from perfect energy conservation in the PI simulation and perfect pseudo-energy conservation in the LM simulation. The small growth in the “conserved” quantities becomes even smaller when we decrease the size of our maximum time step.
We compute a variety of simulations using the LM equations with simulation domains of various sizes, and with different initial perturbations. As in Part I, we find that the degree of energy non-conservation, measured using $\Delta E$, scales about linearly with $n_p$. That is, larger $n_p$ leads to larger variations in $E$. In the simulations shown in Figure 4, the initial perturbation contains only one horizontal mode. Including multiple horizontal modes lowers $\Delta E$, since modes with different frequencies combine incoherently. This does not mitigate the lack of local energy balance. In all cases, the pseudo-energy-conserving LM waves tend to have larger amplitudes than the energy-conserving PI waves.

7. SUMMARY AND CONCLUSIONS

In the past few decades, the fluid dynamics and magnetohydrodynamics (MHD) of stellar and planetary interiors have become amenable to direct numerical simulation. Although the simulations do not capture all the realistic parameter ranges—they tend to overemphasize the role of diffusive processes, for example—many approximate treatments such as the mixing length theory of convection, Eddington-Sweet circulation, turbulent viscosity, and mean-field dynamo theory can now use numerical solutions of the fluid equations to calibrate useful parameterizations. These advances make it possible to probe many dynamical phenomena, including penetrative convection, chemical mixing, angular momentum transport, and stellar and planetary dynamos, with unprecedented realism.

Many interesting problems involve the coupling between radiative and convection zones. Penetrative convection gives one example; the degree of overshoot affects dynamo-related phenomena such as magnetic pumping, chemical evolution phenomena such as depletion of light elements, and dynamical phenomena such as the generation of gravity waves. Angular momentum balance generally also tends to couple radiative and convection zones; for example, red giant cores should spin up as they contract while red giant envelopes should spin down, but can angular momentum flow between these two zones?

Because acoustic timescales in stars are typically very short compared to other dynamical timescales, direct numerical simulation of stellar interior dynamics is only practical if acoustic waves can be filtered out. Similar issues arise in the study of planetary atmospheres and accretion disks. Over the years, many ingenious and beautiful treatments have been developed to work around this problem. Two such approximations, the anelastic and PI models, are valid for adiabatically stratified systems, and thus should be quite accurate in stellar convection zones. However, in recent years, interest in modeling stellar dynamos and stellar internal rotation, circulation, and mixing has also demonstrated the need for models which are valid in stably stratified, radiative zones. Additionally, modeling double-diffusive buoyancy such as fingering convection and semi-convection requires capturing both significant turbulent and gravity wave dynamics.

In Part I we studied the anelastic equations and showed that one particular version (the LBR equations) was particularly versatile because it conserves energy. In this paper we extend our treatment to consider two sets of PI models (PI and LM).

Since there are many methods for achieving acoustic filtering, which one works best? It has long been known that the FC Euler equations can be derived from Lagrangian analysis. In Section 4 we showed that approximations such as pseudo-incompressibility can be implemented by a Lagrangian analysis with the approximation scheme enforced through constraints. The resulting equations conserve energy in their ideal form and are thus preferable over nonconservative formulations. As an important illustration of the technique, we extended the PI approximation to systems with a generalized equation of state. This extension will enable treatment of gas-radiation mixtures, partially degenerate systems, and other thermodynamically complex states frequently encountered in stellar astrophysics. We call this model the generalized GPI equations (Section 4.1). More generally, we provide a systematic framework for producing approximate equations that filter fast dynamics. In Appendix D we apply this to the MHD version of the GPI equations. In the future, we expect to apply the Lagrangian framework to many other similar problems in astrophysical fluid dynamics such as rapidly rotating, strongly sheared, and/or multiple-component systems.

Simple wave propagation problems provide a good test of the properties of different equation sets. In Section 5 we derive and illustrate the behavior of gravity waves in the FC, pseudo-incompressible (PI/GPI), and LM equations. We demonstrate that in an isothermal atmosphere, the energy flux in FC and PI/GPI gravity waves remains constant with height, but that the LM gravity wave flux diverges with height. These properties follow from energy conservation and non-conservation, respectively.

In Section 6 we conduct direct numerical simulations of linear gravity waves in isothermal atmospheres using two versions of the MAESTRO code: the standard version, which employs the LM equations, and a modified version which solves the PI/GPI equations. We showed in Figures 3 and 4 that the eigenfunctions, energy conservation properties, and pseudo-energy conservation properties are as expected. Thus, we show that implementation of the PI/GPI equations is achievable, and we hope that it will prove fruitful.

In this paper and in Part I we worked only with ideal equations which omit viscosity, diffusion, and any other non-adiabatic heat transport effects. Including diffusion likely requires care to avoid many similar traps found in the ideal case (Alboussière & Ricard 2013). We intend to address dissipation carefully in future work. While it might be argued that energy conservation is only important in ideal systems, we note that if an ideal system does not conserve energy, there is no guarantee that non-ideal effects will decrease energy; they might cause spurious instabilities or other poorly controlled behavior (Chetaev 1962). Thus, we recommend always working with equations which conserve energy in the ideal limit.

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**APPENDIX A**

**RADIATION-GAS EQUATIONS OF STATE**

Astrophysical fluids can depart significantly from the ideal gas equation of state assumption. In this appendix we show how to implement a more complicated equation of state into the pressure-constrained GPI equations. That is, we show how to compute \( \Gamma_1(p_0(x), \rho) \) in a non-trivial situation.

As an example, we present a mixed radiation and gas model, which commonly applies in astrophysical systems ranging from the interiors of massive stars to accretion disks around black holes. In this case,

\[
\rho_g = \frac{k_B}{m_p} \rho T, \quad p_r = (\gamma_r - 1) a T \frac{\rho}{\rho_T}, \quad p = p_g + p_r \tag{A1}
\]

specify the (ideal) gas, (blackbody) radiation, and combined total pressures, respectively \( (k_B, m_p, \gamma_r) \) and represent the Boltzmann constant, mass per gas particle, and \( \gamma_r \) the radiation constant, respectively. For the radiation adiabatic exponent \( \gamma_r = 1 + 1/n \), where \( n \) is the dimensionality of the space (e.g., \( \gamma_r = 3/2 \) in two dimensions and \( \gamma_r = 4/3 \) in three dimensions).

Equations for the internal energy \( e \) and entropy \( s \) follow from Equation (7),

\[
\begin{align*}
\rho e &= \frac{p_r}{\gamma_r - 1} + \frac{p_g}{\gamma_g - 1}, \tag{A2} \\
s &= \frac{\gamma_r a T \frac{\rho}{\rho_T}}{\rho} + \frac{k_B}{m_p} \log \frac{T \frac{\rho}{\rho_T}}{\rho}. \tag{A3}
\end{align*}
\]

The temperature parameterizes the various thermodynamic variables; implicitly giving \( p = p(\rho, s) \). In this case the first adiabatic index \( \Gamma_1 \) mixes contributions from gas and radiation, i.e.,

\[
\Gamma_1 = \frac{\gamma_g (\gamma_r - 1)^2 p_g^2 + \gamma_r (\gamma_r - 1) p_r (2 \gamma_r - 1) p_g + (\gamma_r p_r)}{(p_r + p_g) (\gamma_r - 1) p_g + \gamma_r (\gamma_r - 1) p_r}
\]

\[
= \frac{32 - 24X - 3X^2}{24 - 21X}, \tag{A4}
\]

where \( X \equiv p_g/(p_r + p_g) \), \( \gamma_g = 5/3 \), and \( \gamma_r = 4/3 \) for the last expression in Equation (A4). Equation (A4) for \( \gamma_r = 4/3 \) matches the result given in Cox & Giuli (1968), which also presents a wide range of astrophysically relevant equations of state. When gas pressure dominates, \( \Gamma_1 \approx \gamma_g = 5/3 \) (for a monatomic gas in three dimensions). When radiation pressure dominates, \( \Gamma_1 \approx \gamma_r = 1 + 1/n = 4/3 \) (in three dimensions). Importantly, when neither gas nor radiation pressure dominate, then \( \Gamma_1 \) depends on both \( (T, \rho) \), or implicitly on any other independent pairs of thermodynamic variables such as \( (p, \rho) \) or \( (\rho, s) \).

When applying the pressure constraint \( p = p_0 \), we must invert the implicit relationship

\[
p_0(x) = \frac{k_B}{m_p} \rho T + a T^4 \tag{A5}
\]

by solving Equation (A5) for \( T = T(p_0(x), \rho) \). The complete formula requires the roots of a 4th-order polynomial, but one may easily numerically solve an equation of the form \( y = x + x^4 \) for \( x \) in terms of \( y \). Finding \( T \) determines \( p_g = p_g(p_0(x), \rho) \) and \( p_r = p_r(p_0(x), \rho) \) individually. Substituting into Equation (A4) gives \( \Gamma_1(p_0(x), \rho) \).

**APPENDIX B**

**FREE ENERGY**

In this appendix we derive the desired entropy function to produce a leading-order quadratic energy invariant. To start, we define

\[
F = \frac{\rho |u|^2}{2} + \rho (e(\rho, s) + \phi - f(s))
\]

\[
= \frac{\rho |u|^2}{2} + A(\rho, s) - p_0, \tag{B1}
\]

where

\[
A(\rho, s) \equiv \rho_0 + \rho (e(\rho, s) - f(s) + \phi) \tag{B2}
\]

represents the available potential energy. For notational convenience, we define the perturbation variables

\[
s_1 \equiv s - s_0, \quad \rho_1 \equiv \rho - \rho_0. \tag{B3}
\]

Expanding the available potential energy to second order in the perturbations,

\[
A(\rho, s) = A_0 + \rho_1 \frac{\partial A}{\partial \rho} |_{0} + s_1 \frac{\partial A}{\partial s} |_{0} + \rho_1^2 \frac{\partial^2 A}{\partial \rho^2} |_{0} + \rho_1 s_1 \frac{\partial^2 A}{\partial \rho \partial s} + \frac{\partial^2 A}{\partial s^2} |_{0} + O(\rho_1^3, s_1, s_1^2, \rho_1 s_1^2). \tag{B4}
\]

where \( |_{0} \) denotes evaluating at \( \rho = \rho_0 \) and \( s = s_0 \). Requiring

\[
\frac{\partial A}{\partial \rho} (\rho_0, s_0) = e_0 + \frac{p_0}{\rho_0} + \phi - f(s_0) = 0 \tag{B5}
\]

\[
\frac{\partial A}{\partial s} (\rho_0, s_0) = \rho_0 (T_0 - f'(s_0)) = 0, \tag{B6}
\]

ensures that the linear (non-sign-definite) terms in Equation (B4) vanish, and the quadratic terms produce the first non-trivial contributions to the free energy. Equations (B5) and (B6) imply the following functional relationships

\[
f(s_0(x)) = h_0(x) + \phi(x), \quad f'(s_0(x)) = T_0(x). \tag{B7}
\]

for background enthalpy, \( h_0 \), and temperature, \( T_0 \). Equation (B7) only allows a solution if the two relations do not contradict each other. Checking this,

\[
d(h_0 + \phi - f(s_0)) = dh_0 - \frac{dp_0}{\rho_0} - df \tag{B8}
\]

\[
= (T_0 - f'(s_0))ds_0 = 0,
\]
the enthalpy form of Equation (9) implies compatibility between the two relations in Equation (B7).

Assuming Equations (B5) and (B6), we compute the leading-order term in the available energy,

\[ A(\rho_0, s_0) = 0. \]  

(B9)

To compute the quadratic terms in Equation (B4), we first define the total background pressure differential,

\[ dp_0 = -\rho_0 d\phi = \frac{\partial p}{\partial \rho}(\rho_0, s_0) d\rho_0 + \frac{\partial p}{\partial s}(\rho_0, s_0) ds_0, \]  

(B10)

and differentiation with respect to the gravitational potential function,

\[ \frac{d}{d\phi} = -g \cdot \nabla |g|^2. \]  

(B11)

Together,

\[ \frac{\partial p}{\partial s}(\rho_0, s_0) = - \left( \frac{d\rho_0}{d\phi} \right)^{-1} \left( \rho_0 + c_0^2 \frac{d\rho_0}{d\phi} \right). \]  

(B12)

Therefore,

\[ \frac{\partial^2 A}{\partial \rho^2}(\rho_0, s_0) = \frac{c_0^2}{\rho_0} \]  

(B13)

\[ \frac{\partial^2 A}{\partial \rho \partial s}(\rho_0, s_0) = \frac{1}{\rho_0} \frac{\partial p}{\partial s}(\rho_0, s_0) \]  

(B14)

\[ \frac{\partial^2 A}{\partial s^2}(\rho_0, s_0) = \rho_0 \left( f''(s_0) - \frac{\partial T}{\partial s}(\rho_0, s_0) \right). \]  

(B15)

Using

\[ f'(s_0) = T_0 = \frac{\partial e}{\partial s}(\rho_0, s_0), \]  

(B16)

and differentiating with respect to \( \phi \),

\[ \left( f''(s_0) - \frac{\partial T}{\partial s}(\rho_0, s_0) \right) ds_0 = \frac{1}{\rho_0^2} \frac{d\rho_0}{d\phi} \frac{\partial p}{\partial s}(\rho_0, s_0). \]  

(B17)

To linear order, density and entropy perturbations generate pressure perturbations via

\[ p_1 = \rho_1 c_0^2 + s_1 \frac{\partial p}{\partial s}(\rho_0, s_0) + O(\rho_1^2, s_1^2, \rho_1 s_1). \]  

(B18)

Putting everything together, we obtain the available potential energy to quadratic order in terms of pressure and entropy perturbations,

\[ A(\rho, s) = \frac{p_1^2}{2\rho_0 c_0^2} - \left( \frac{\rho_0 + \frac{d\rho_0}{d\phi}}{c_0^2} \right) \phi_1^2 + \text{h.o.t.}, \]  

(B19)

where

\[ \phi_1 = s_1 \frac{d\phi}{ds_0}. \]  

(B20)

The background stratification determines the sign of the second coefficient in Equation (B19), and therefore determines the static stability to linear perturbations.

### APPENDIX C

#### BUOYANCY FREQUENCY AND ENTROPY

Simply from the properties of differentials, the following two relations hold for any three thermodynamic quantities,

\[ \left( \frac{\partial a}{\partial b} \right)_c \left( \frac{\partial b}{\partial c} \right)_a = 1. \]  

\[ \left( \frac{\partial a}{\partial b} \right)_c \left( \frac{\partial b}{\partial c} \right)_a \left( \frac{\partial c}{\partial a} \right)_b = -1. \]  

(C1)

Computing the entropy differential

\[ ds = \left( \frac{\partial s}{\partial p} \right)_p dp + \left( \frac{\partial s}{\partial \rho} \right)_p d\rho, \]  

(C2)

Equation (C1) implies

\[ -\frac{1}{\rho} \left( \frac{\partial \rho}{\partial s} \right)_p ds = -\frac{p}{\rho} \left( \frac{\partial \rho}{\partial s} \right)_p \left( \frac{\partial p}{\partial \rho} \right)_s dp - \frac{dp}{\rho}. \]  

\[ \equiv \frac{dp}{\Gamma(p, \rho) p} - \frac{dp}{\rho}. \]  

(C3)

Carrying this further, and using commutativity of second partial derivatives (Maxwell relations),

\[ -\frac{1}{\rho} \left( \frac{\partial \rho}{\partial s} \right)_p = \frac{1}{v} \left( \frac{\partial v}{\partial s} \right)_p = \frac{1}{v} \left( \frac{\partial^2 h}{\partial \rho \partial s} \right)_p = \frac{1}{v} \left( \frac{\partial T}{\partial s} \right)_p. \]  

\[ = -\frac{1}{v} \left( \frac{\partial T}{\partial s} \right)_p \frac{\partial s}{\partial \rho} = -\frac{T}{vc_p} \frac{\partial s}{\partial \rho}. \]  

\[ = -\frac{T}{vc_p} \frac{\partial s}{\partial \rho} \equiv T \alpha T. \]  

(C4)

Therefore,

\[ T \alpha T \frac{ds}{c_p} = \frac{dp}{\Gamma(p, \rho) p} - \frac{dp}{\rho}. \]  

(C5)

where

\[ \alpha_T = \frac{1}{\rho} \left( \frac{\partial \rho}{\partial T} \right)_p. \]  

(C6)

defines the thermal expansion coefficient at constant pressure, and

\[ c_p = T \left( \frac{\partial s}{\partial T} \right)_p = \left( \frac{\partial h}{\partial T} \right)_p \]  

(C7)

defines the specific heat capacity at constant pressure. The Brunt-Väisälä frequency in terms of the entropy gradient and gravity follows from Equation (C5),

\[ N^2 = -T \alpha_T \frac{g \cdot \nabla s}{c_p} = g \cdot \left( \frac{\nabla \rho}{\rho} - \frac{\nabla p}{\Gamma_1 \rho} \right). \]  

(C8)

For an ideal gas, \( \alpha_T = 1/T, \Gamma_1 = \gamma \).

### APPENDIX D

#### CONSTRAINED MAGNETOHYDRODYNAMICS

Many astrophysical fluids are magnetized plasmas, and can be modeled by coupling the Euler equations with electrodynamics to derive the MHD equations. Assuming the fluid is a perfect
The magnetic field influences the velocity evolution through the induction equation
\[ \frac{\partial B}{\partial t} = \nabla \times (u \times B). \] (D1)

The magnetic field modifies the velocity by\footnote{See unpublished 2007 Mathematical Tripos, Part-III notes of Gordon Ogilvie for an excellent introduction to Hamiltonian MHD.} the Lorentz force, \( \mu_0^{-1} (\nabla \times B) \times B \), which appears in the momentum equations.

Linear perturbations around a background flow and magnetic field evolve according to
\[ \frac{\partial \delta B}{\partial t} = \nabla \times (\delta u \times B + u \times \delta B). \] (D2)

Parameterizing perturbations using a displacement vector \( \xi \) defined in Equation (70), one may integrate Equation (D2) such that
\[ \delta B = \nabla \times (\xi \times B). \] (D3)

The special case where \( \xi = u \delta t \) and \( \delta B = (\partial_t B) \delta t \) confirms Equation (D1).

As in Section 3, we can derive the MHD momentum equation using Hamilton’s principle of stationary action. To correctly incorporate the Lorentz force, we must take the Lagrangian to depend on \( B \) in addition to \( u, \rho, \) and \( s \). Defining
\[ j \equiv \frac{\partial L}{\partial u}, \quad H \equiv -\frac{\partial L}{\partial B}, \] (D4)
the general MHD Euler–Lagrange equation becomes
\[ \frac{\partial j}{\partial t} + \nabla \cdot (u j) + \nabla u \cdot j - \rho \nabla \left( \frac{\partial L}{\partial \rho} \right) + \frac{\partial L}{\partial s} \nabla s = (\nabla \times H) \times B. \] (D5)

Using the Lagrangian (Lundgren 1963),
\[ L_{MHD} = \rho \left( \frac{|u|^2}{2} - e(\rho, s) - \phi \right) - \frac{|B|^2}{2\mu_0}, \] (D6)
one may straightforwardly check that the left-hand side of Equation (D5) reproduces the Euler momentum equation, while the right-hand side of Equation (D5) equals the Lorentz force.\footnote{See unpublished 2007 Mathematical Tripos, Part-III notes of Gordon Ogilvie for an excellent introduction to Hamiltonian MHD.}

Furthermore, for any Lagrangian depending on only \( u, B, \rho, \) and \( s \), a conserved Hamiltonian and generalized pressure tensor follow respectively
\[ H \equiv u \cdot j - L, \] (D7)
\[ p \equiv \left( L - \rho \frac{\partial L}{\partial \rho} - B \cdot \frac{\partial L}{\partial B} \right) I + B \cdot \frac{\partial L}{\partial B} B, \] (D8)
and satisfy
\[ \partial_t H + \nabla \cdot (H u + p u) = 0. \] (D9)

Thus, the Lagrangian derivation maintains energy conservation.

To eliminate the fast magneto-acoustic modes from the MHD equations, we first define a base state satisfying magnetohydrostatic balance,
\[ \nabla p_0 + \rho_0 \nabla \phi = \frac{(\nabla \times B_0) \times B_0}{\mu_0}. \] (D10)

In Section 4.1, we argued that sound waves rapidly equilibrate the pressure within a fluid parcel to that of its surroundings. From this physical argument, we derived the GPI equations by constraining the system so \( p(\rho, s) = p_0(x) \). In the MHD context, magneto-acoustic waves rapidly equilibrate a fluid parcel’s total pressure to that of its surroundings, where the total pressure comprises the sum of the gas pressure, and the magnetic pressure,
\[ \Pi(\rho, s, B) \equiv p(\rho, s) + \frac{|B|^2}{2\mu_0}. \] (D11)

Thus, we eliminate magneto-acoustic waves from the MHD equations by imposing the constraint
\[ c(\rho, s, B, x) \equiv \Pi(\rho, s, B) - \Pi_0(x), \] (D12)
and using the constrained Lagrangian,
\[ L = L_{MHD} - \lambda c(\rho, s, B, x). \] (D13)

The full set of associated equations follow from Equation (D13),
\[ \frac{D\rho}{Dt} + \rho \nabla \cdot u = 0, \] (D14)
\[ \frac{B}{\mu_0} \frac{Du}{Dt} + (\rho - \rho_0) \nabla \phi = -\nabla (\Pi_0 \lambda) + \lambda \nabla \Pi_0 \]
\[ + \frac{B \cdot \nabla ((1 + \lambda) B)}{\mu_0} - \frac{B_0 \cdot \nabla B_0}{\mu_0}, \] (D15)
\[ \frac{DB}{Dt} + B \cdot \nabla u = B \cdot \nabla u, \] (D16)
\[ \nabla \Pi_0 \nabla \cdot u + u \cdot \nabla \Pi_0 = \frac{B \cdot \nabla u \cdot B}{\mu_0}, \] (D17)

where
\[ \Gamma \equiv \frac{\Gamma_1 + 2 \frac{|B|^2}{2\mu_0 p}}{1 + \frac{|B|^2}{2\mu_0 p}} \] (D18)
gives the average adiabatic exponent. If gas pressure dominates over magnetic pressure, then \( \Gamma \approx \Gamma_1 \), whereas if magnetic pressure dominates over gas pressure, then \( \Gamma \approx 2 \).

Potential vorticity conservation no longer holds in the presence of magnetism. Recall from Section 3.3 that PV conservation follows from the explicit invariance of the Lagrangian with respect to displacements in the form of Equation (80). A major implication of PV conservation is that the two-dimensional pair \( \{ \rho, s \} \) act as reduced phase-space coordinates for the three-dimensional phase-space momenta \( au \). Each reduction in phase-space dependence implies one conserved momentum.

In the case of magnetism, Equation (D3) implies that the three components of \( B \) also act as phase-space coordinates, bringing
the apparent total to 5. It seems that magnetic field confuses the accounting of phase-space dimension. However,

\[ \nabla \cdot \mathbf{B} = 0 \quad \text{(D20)} \]

implies that only two of the additional components of Equation (D3) vary independently. However, it still seems that we have one extra coordinate for three-dimensional dynamics. The final relation between the apparent four remaining coordinates comes from the conservation of potential magnetism

\[ \left[ \frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla \right] \left( \nabla \cdot \mathbf{B} \right) = 0. \quad \text{(D21)} \]

Equation (D21) contains no significant dynamical information, and simply constrains an over-specification of phase space accompanying Equation (D1). Now, however, Equations (5) and (6) along with Equation (D21) imply fully six-dimensional phase-space dynamics with no conserved momenta in the form of Equation (85).

APPENDIX E

MODIFICATIONS TO THE MAESTRO CODE

The numerical tests in Section 6 required modifying the MAESTRO code to implement the PI equations (99) and (100). The necessary modification follows from MAESTRO’s implementation of the velocity divergence constraint in the LM equations (see Nonaka et al. 2010, 2012, for more details).

The MAESTRO code assumes a velocity evolution of the form

\[ \frac{\partial \mathbf{u}}{\partial t} = -\frac{1}{\rho} \nabla p' + \mathbf{a}, \quad \text{(E1)} \]

where the acceleration

\[ \mathbf{a} = -\mathbf{u} \cdot \nabla \mathbf{u} + \frac{(\rho - \rho_0)}{\rho} \mathbf{g}. \quad \text{(E2)} \]

Equation (E1) separates the accelerations due to pressure and the accelerations due to inertia and gravity (and other sources in general). The MAESTRO code satisfies the constraint

\[ \nabla \cdot (\beta_0 \mathbf{u}) = 0 \quad \text{(E3)} \]

using a divergence-cleaning scheme, evolving the velocity in two steps.

To advance the velocity \( \mathbf{u} \) by \( \Delta t \), MAESTRO first computes \( \mathbf{a} \), from the solution at the \( n \)th time step, \( \mathbf{u}^{(n)} \), and \( \rho^{(n)} \). With this, the code advances the flow according to

\[ \mathbf{u}^{(n+1)} = \mathbf{u}^{(n)} + \mathbf{a} \Delta t. \quad \text{(E4)} \]

The code then removes (cleans) the portion of \( \mathbf{u}^{(n+1)} \) not satisfying Equation (E3). This requires solving the elliptic equation,

\[ \nabla \cdot \left( \frac{\beta_0}{\rho} \nabla \chi \right) = \nabla \cdot \left( \beta_0 \mathbf{u}^{(n+1)} \right) \quad \text{(E5)} \]

for \( \chi \). The new flow solution,

\[ \mathbf{u}^{(n+1)} = \mathbf{u}^{(n+1)} - \frac{\nabla \chi}{\rho}, \quad \text{(E6)} \]

satisfies Equation (E3). We can then identify \( \chi = p'/\Delta t \).

The PI equations also employ the constraint equation (E3), but use the velocity evolution equation

\[ \frac{\partial \mathbf{u}}{\partial t} = -\frac{\beta_0}{\rho} \nabla \left( \frac{p'}{\rho_0} \right) + \mathbf{a}. \quad \text{(E7)} \]

The MAESTRO code easily implements this new velocity evolution equation. First, we solve for \( \tilde{\mathbf{u}}^{(n+1)} \) in the same way as Equation (E4). We then solve a modified equation for \( \tilde{\chi} \),

\[ \nabla \cdot \left( \frac{\beta_0^2}{\rho} \nabla \tilde{\chi} \right) = \nabla \cdot \left( \beta_0 \tilde{\mathbf{u}}^{(n+1)} \right), \quad \text{(E8)} \]

and update \( \mathbf{u}^{(n+1)} \) via

\[ \mathbf{u}^{(n+1)} = \tilde{\mathbf{u}}^{(n+1)} - \frac{\beta_0 \nabla \tilde{\chi}}{\rho}. \quad \text{(E9)} \]

We now identify \( \tilde{\chi} = p'/(\beta_0 \Delta t) \). To implement the PI equations instead of the LM equations, we replace Equations (E5) and (E6) with Equations (E8) and (E9), respectively.

The distinction between the original MAESTRO implementation and our modifications amounts to simply replacing

\[ \nabla \chi \rightarrow \beta_0 \nabla \tilde{\chi}. \quad \text{(E10)} \]

In both cases, we merely subtract a vector from the initial evolution equation (E4). In both cases, the divergence of that vector equals the divergence of the output from Equation (E4). The difference between the vortical components of these vectors provides the difference between the two methods. That is, even though

\[ \nabla \cdot \left( \frac{\beta_0}{\rho} \nabla \chi \right) = \nabla \cdot \left( \frac{\beta_0^2}{\rho} \nabla \tilde{\chi} \right), \quad \text{(E11)} \]

it is also true that

\[ \nabla \times \left( \frac{\nabla \chi}{\rho} \right) \neq \nabla \times \left( \frac{\beta_0 \nabla \tilde{\chi}}{\rho} \right), \quad \text{(E12)} \]

unless

\[ \nabla \beta_0 \times \nabla \tilde{\chi} = 0, \quad \text{(E13)} \]

which is not satisfied in general. Therefore, we find that the PI and LM equations possess non-trivial differences (see Section 6).

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