Editorial: Comparative animal consciousness

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The scientific study of consciousness has seen a resurgence in the 21st century. This collection of reviews, essays, and theories on various aspects of comparative animal consciousness takes a biological and evolutionary approach. As defined here, consciousness refers to the process by which an animal has perceptual and affective experience or feelings, arising from the material substrate of a nervous system. It draws upon a long tradition of neuroscientific materialism (Jackson, 1887; Churchland, 1986, 2013; Dennett, 1991; Feinberg, 2012) and a recent emphasis on neurophenomenology (Varela, 1996; Gallagher and Zahavi, 2008; Tononi and Koch, 2015; Irwin and Irwin, 2020; Seth, 2021).

The implications of evolutionary theory for the continuity of life inevitably extended investigations of consciousness to species other than humans. Darwin (1871) believed that consciousness is an evolved capacity, shaped by natural selection and graded in complexity. Arguments for its widespread distribution and ancient origins come from various lines of evidence, including documentation of a variety of different but sufficiently complex, hierarchical neural architectures (Tononi and Edelman, 1998; Dehaene and Naccache, 2001; Dehaene and Changeux, 2011; Barron and Klein, 2016; Feinberg and Mallatt, 2016; Ginsburg and Jablonka, 2019; Carvalho and Damasio, 2021; Chittka, 2022), discovery of sensitivity to stimuli undetectable by humans (Chittka, 2017), behavioral indicators of emotion and self-awareness (Mather, 2008; Baars and Edelman, 2012; Paul et al., 2020; Mallatt et al., 2021; Chittka, 2022), evidence for the adaptive role of associative learning and declarative memory (Rbronman et al., 2016; Ginsburg and Jablonka, 2019), and the cognitive capability for place perception and control of movement (Merker, 2005; Engel, 2010; Chittka and Wilson, 2019; Irwin and Irwin, 2020). Taken together, these studies have led to a growing but not unanimous view that all vertebrates, many arthropods, and cephalopods meet these criteria for sensory and affective consciousness, indicating that consciousness evolved independently in arthropods and vertebrates over half a billion years ago, followed by the cephalopods later in the Paleozoic (Barron and Klein, 2016; Feinberg and Mallatt, 2016; Ginsburg and Jablonka, 2019; Godfrey-Smith, 2020). Alternative theories have been
advanced focusing on mechanisms that likely restrict consciousness to birds, mammals, and some reptiles (Humphrey, 1992; Butler and Cotterill, 2006; Edelman et al., 2011; Pennartz et al., 2019; Nieder et al., 2020) or even to humans alone (Chaisson, 1987; LeDoux, 2019). This collection seeks to shed light on this range of views.

If consciousness arose independently in at least three different clades with very different neural architectures, how many different evolutionary trajectories to consciousness are theoretically possible? The long-standing “multiple realizability thesis” maintains that since so many neural architectures exist across the animal kingdom, the same mental states can arise from an almost unlimited number of different architectures (Putnam, 1967). Mallatt and Feinberg argue that, while different architectures can give rise to different forms of consciousness, the forms that mental states can take are not unconstrained. Since consciousness emerged under the influence of the same vital stimuli (temperature, odors, sounds, electromagnetic waves, etc.) some similarity in neuroanatomy and perceptual content is required in order for different taxa to survive in competition in the same physical world. At the same time, others emphasize that as evolutionary pressures differ profoundly between species, so do their sense organs, perceptual systems, and mental operations (Bräuer et al., 2020; Montemayor, 2021; Chittka, 2022).

Thurston Lacalli reasons that consciousness evolved like all biological attributes, from simple antecedents that were progressively elaborated and refined over an extended period of evolutionary time as stepwise adaptations in different cognitive niches. In his first contribution to this volume, Lacalli focuses on “selector circuits” of neurons that encode irreducible elements of experience (qualia) as subunits of the neural correlates of consciousness that evolve through progressive refinement. In his second contribution, Lacalli envisions how distinctive qualia evolved from more diffuse and less differentiated “original (ur-) qualia.”

Two articles on how natural selection can channel consciousness toward greater complexity are included here. Tjostheim et al. note that navigation, including taking detours, appears to be an essential element of consciousness, because it requires map-like cognitive structures for spatial representation beyond the animal’s immediate location. By using simulations in a forced detour paradigm, they show how different strategies can yield behaviors that approximate those of different species. They propose that both neuronal population size and inhibitive efficacy may be important for allowing organisms to negotiate predation risks and natural geometries that obstruct foraging.

In the second example, Van De Pol and van Swinderen build on the paradoxical view of brain function as an ongoing balance between prediction and surprise as a factor in understanding the evolution of consciousness. In particular, this view may provide insight into the function and evolution of active sleep, which is widespread in animals, not just in mammals and birds. They suggest that such sleep evolved as a mechanism for refining and generalizing internal models of the world during sleep, to minimize prediction errors in the waking state.

The earliest vertebrates to evolve were jawless fishes. Suzuki reviews the evidence that the surviving members of that clade — lampreys and hagfish — display the markers of primary, minimal consciousness. He concludes that the adult lamprey appears to meet the neuroanatomical criteria for mediating consciousness. While less is known about hagfish, their sensory behaviors and learning abilities are more amenable to lab testing, and may soon provide the basis for conclusions about their capacity for consciousness as well.

Molluscs, with mostly small brains or merely dispersed ganglia, separated from the lineage to vertebrates over 550 million years ago. But cephalopods soon diverged as a molluscan subgroup, evolving large nervous systems, complex behavior, and significant cognitive abilities (Young, 1964; Grasso and Basil, 2009; Schnell and Clayton, 2021). In a wide-ranging review of historical and current research on the neuroanatomy, behavior, and cognitive abilities of cephalopods, Ponte et al. conclude from five different criteria that these animals have the capacity for at least a basal faculty of consciousness. They further advocate for asking, not “Is this species more conscious than that one?” but rather, “How is the individual experience of this species different from that one?” Kaufmann endorses that formulation, pointing to the growing realization that placing an organism on a single sliding-scale model for consciousness is a methodological mistake. Rather, the behavioral, cognitive and neurological criteria for conscious experience should be sensitive to experience-specific differences conceived within a multidimensional framework that provides a distinct consciousness profile for each species. An example of a non-linear multidimensional model gaining traction is one proposed by Birch et al. (2020).

The paper by Carls-Diamante questions the common notion that consciousness must have a unified structure by noting that a majority of the neurons in an octopus are found, not in its brain, but in its arms. She raises the intriguing idea that each octopus arm may be capable of supporting its own idiosyncratic field of consciousness, limited in content to the sensory and motor processes relevant to that arm. She then points out that if we are to have a more comprehensive understanding of different types of creature consciousness, particularly among invertebrates, we need to go beyond vertebrate-based assumptions about phenomenal experience, such as the notions that there is only one conscious field per organism and that only the CNS can generate conscious fields.

Numerous authors have viewed motility as a primary driver for the evolution of consciousness (Sheets-Johnstone, 1999; Merker, 2005; Engel, 2010; Chittka and Wilson, 2019). Vallortigara likewise makes the core assumption that animals have evolved phenomenal experience in strict association with active movement. Here and in previous writing (Vallortigara,
2020), he invokes the concept of the internally-generated efference copy to distinguish between sensations (what is happening to me, internally) from perceptions (what is happening out there, externally), as originally proposed by Humphrey (1992). Vallortigara argues that consciousness arises from the interplay of this internally-generated efference copy and sensory input from the outside world.

Problem solving through insight may be another window into animal consciousness. Though difficult to investigate in non-verbal animals, Osuna-Mascaró and Auersperg suggest that it may be widespread and amenable to study through proxy indicators, such as eye-tracking, pupil dilation, and emotionality.

Michael Levin provides an overarching perspective that places animal consciousness as a process within a broader population of “cognitive systems,” and invites a reconsideration of the traditional limited conceptions of cognition, the self, memory, regeneration, developmental programs, and evolution. His article provides many novel insights, including questions of agency, the nature of the Self, an expansive view of intelligence, the operation and architecture of distributed memory, and various aspects of consciousness.

The net effect of the contributions to this volume is to support the growing acceptance of the idea that consciousness is ancient in origin and widespread across the phylogenetic spectrum, arising in a diversity of nervous systems, and manifested in a variety of ways (Darwin, 1871; Koch, 2012; Feinberg and Mallatt, 2016, 2018; Chittka and Wilson, 2019; Ginsburg and Jablonka, 2019; Irwin, 2020). They also point to the need for a definition of consciousness, like the one proposed in the first paragraph of this editorial, that is generic enough to encompass a broad range of animal phenomenologies.

Author contributions

LI wrote the draft version of the paper and oversaw revisions. LC, EJ, and JM made extensive suggestions of both an editorial and substantive nature. All authors have read and approved the final version.

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