Long-term persistence of gastric dysbiosis after eradication of *Helicobacter pylori* in patients who underwent endoscopic submucosal dissection for early gastric cancer

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Abstract

Background Gastric microbiome, other than *Helicobacter pylori*, plays a role in the tumorigenesis of gastric cancer (GC). Patients who undergo endoscopic submucosal dissection for early GC have a high risk of developing metachronous GC even after successful eradication of *H. pylori*. Thus, we investigated the microbial profiles and associated changes in such patients after the eradication of *H. pylori*.

Methods A total of 19 *H. pylori*-infected patients with early GC who were or to be treated by endoscopic resection, with paired biopsy samples at pre- and post-eradication therapy, were retrospectively enrolled. Ten *H. pylori*-negative patients were enrolled as controls. Biopsy samples were analyzed using 16S rRNA sequencing.

Results *H. pylori*-positive patients exhibited low richness and evenness of bacteria with the deletion of several genera, including *Blautia*, *Ralstonia*, *Faecalibacterium*, *Methylobacterium*, and *Megamonas*. *H. pylori* eradication partially restored microbial diversity, as assessed during a median follow-up at 13 months after eradication therapy. However, post-eradication patients had less diversity than that in the controls and possessed a lower abundance of the five genera mentioned above. The eradication of *H. pylori* also altered the bacterial composition, but not to the same extent as that in controls. The microbial communities could be clustered into three separate groups: *H. pylori*-negative, pre-eradication, and post-eradication.

Conclusion Changes in dysbiosis may persist long after the eradication of *H. pylori* in patients with a history of GC. Dysbiosis may be involved in the development of both primary and metachronous GC after the eradication of *H. pylori* in such patients.

Keywords Dysbiosis · Gastric cancer · *Helicobacter pylori* · Eradication

Introduction

*Helicobacter pylori* was classified by the World Health Organization as a type I carcinogen in 1994 [1, 2]. Approximately, 89% of non-cardia gastric cancers (GCs), accounting for 78% of total GCs, are attributable to *H. pylori* infection [3]. Several randomized controlled trials have demonstrated a reduction...
in the risk of developing primary and secondary GC after the removal of *H. pylori* [4–6]. A meta-analysis showed that the pooled ratio for the incidence of GC in individuals who underwent eradication therapy was 0.54 as compared to that in patients who were not treated for *H. pylori* [7]. These confirmed the preventive effect of *H. pylori* eradication on GC development. However, this effect is limited and some patients develop GC after the eradication of *H. pylori*. Several factors, such as endoscopic severe atrophy, histological intestinal metaplasia, and aberrant DNA methylation, in the gastric tissues, are associated with GC in *H. pylori*-eradicated patients [8–10]; however, their underlying mechanisms are unclear.

Animal studies using hypergastrinemic insulin–gastrin (INS-GAS) transgenic mice indicated that non-*H. pylori* microbiota play a crucial role in gastric carcinogenesis. INS-GAS-mice spontaneously developed atrophic gastritis, intestinal metaplasia, dysplasia, and GC [11], whereas germ-free INS-GAS mice had minimal to no gastric pathologies and did not develop GC. Monoassociation of *H. pylori* in germ-free INS-GAS mice accelerates gastritis and induces GC, but the severity of gastric lesions in these mice is less, and there is a delayed onset of GC compared to that in *H. pylori*-infected specific pathogen-free INS-GAS mice [12, 13]. Recently, 16S RNA-based metagenomic analysis revealed alterations in the composition and diversity of gastric microbiota in patients with *H. pylori* [14, 15]. Thus, dysbiosis may play an important role in gastric carcinogenesis.

Metachronous GC develops after the successful eradication of *H. pylori* with high incidence in patients after endoscopic submucosal dissection (ESD) for primary gastric neoplasms [6, 16]. Thus, high-risk patients are suitable candidates for analysis of the pathogenesis of GC after the eradication of *H. pylori*. In this study, we investigated the alteration in microbiota upon the eradication of *H. pylori* in the gastric mucosa using (before and after eradication) paired samples from patients who underwent ESD for early GC.

**Methods**

**Patients**

The study cohort comprised *H. pylori*-infected patients diagnosed with early GC who planned to undergo ESD or were being followed up after ESD at the Osaka City University Hospital and underwent baseline endoscopy between June 2013 and December 2015. We retrospectively enrolled 21 patients with paired frozen biopsy samples during baseline and follow-up endoscopy (6 months or later) after the eradication of *H. pylori*. Patients who did not have gastric neoplasms or gastroduodenal ulcers (confirmed using endoscopy) were also included. *H. pylori*-naïve patients constituted the *H. pylori*-negative control group. The study had the following exclusion criteria during patient selection: prior documented treatment for *H. pylori*; use of antibiotics, proton pump inhibitors (PPIs), probiotics, or immunosuppressive drugs within 12 weeks of endoscopy; and coexistence of concomitant illnesses, including active malignant diseases except for GC, severe renal or hepatic dysfunction, and previous abdominal surgery. The study protocols were approved by the ethics committee of the Osaka City University Graduate School of Medicine (Approval No. 2413). Written informed consent was obtained from all participants.

**Determination of *H. pylori* status**

*H. pylori* infection was determined using at least one of the three tests (serum antibody, histology, and 13C-urea breath test [UBT]). Successful eradication was concluded with negative readouts for histology and UBT ≥ 4 weeks after the end of anti-*H. pylori* treatment. A subject was considered *H. pylori*-naïve if all of the following five criteria were met: (1) no history of *H. pylori* eradication; (2) seronegativity for *H. pylori* antibody; (3) negative UBT; (4) no pathological findings of gastric atrophy and intestinal metaplasia in biopsy specimens; and (5) none or mild gastric atrophy, as per the Kimura–Takemoto classification [17].

**H. pylori eradication therapies**

Post-ESD patients were administered *H. pylori* eradication therapies within 4 weeks of the baseline endoscopy, while patients with newly diagnosed gastric neoplasms underwent therapy within 12 weeks of ESD. *H. pylori*-positive individuals were administered first-line triple therapy consisting of a PPI (esomeprazole, lansoprazole, or rabeprazole) and a PPI (esomeprazole, lansoprazole, or rabeprazole) or vonoprazan in combination with amoxicillin plus clarithromycin (twice daily for 7 days). Patients who did not respond to the first-line therapy were administered second-line triple therapy where clarithromycin was replaced with metronidazole.

**Sample collection**

Biopsy specimens were obtained from all the patients from the greater curvature of the antrum and corpus of the stomach during baseline endoscopy. Gastric biopsy specimens were additionally obtained from *H. pylori*-positive subjects who underwent ESD at least once after 6 months of successful eradication of *H. pylori* and were subjected to microbiome analysis. The latest specimens were analyzed for eradicated patients subjected to multiple biopsies.
DNA extraction and 16S rRNA gene amplicons sequencing

DNA was enzymatically extracted from biopsies of gastric mucosa as previously described [18]. The V1–V2 region of the 16S rRNA was amplified using polymerase chain reaction (PCR) with the forward primer 27Fmod (5′- AAT GATACGCGACCAACCGAGATCTACACxxxxxx-ACACTCTTTCCTACACGAGCTTACTTCGATCTAGGTTGTGATTTGAA-3′), containing the Illumina Nextera Adapters sequence and a unique 8-bp barcode sequence for each sample (Barcode sequence by x), and the reverse primer 338R (5′-CAAGCAGAAGACGGCATACGAGATxxxxxGTGACTGGAGTTCAGACGTGTGCTCTTCCGATCTGTCGGTCTTCGAGTGAGGTCTT-3′) containing the Illumina Nextera Adapters sequence using a 9700 PCR System (Life Technologies, Tokyo, Japan) as previously reported [19]. PCR amplicons were purified using AMPure XP magnetic purification beads (Beckman Coulter, Brea, CA, USA) and quantified using the Quant-iT PicoGreen dsDNA Assay Kit (Life Technologies Japan). An equal amount of each PCR amplicon was mixed and subjected to sequencing with MiSeq (Illumina) using MiSeq Reagent Kit v2 (500 cycles) according to the manufacturer’s instructions [20].

Processing of 16S sequence data

We analyzed the 16S sequencing data using our previously reported method [20] with some modifications. Briefly, after demultiplexing the 16S sequence reads, paired-end reads were joined using the fastq-join program. Reads with an average quality value of < 25 and inexact matches to both universal primers were removed. Among the filter-passed reads, 3000 reads/sample were randomly chosen and analyzed. Subsequently, we sorted the selected reads using the average quality value and grouped them into operational taxonomic units (OTUs) using the UCLUST algorithm with a 97% identity threshold. To reduce the effects of sequence error, a representative sequence of the OTUs was determined to be one having the highest redundancy in the OTU. Each OTU was aligned against the publicly available 16S (RDP and CORE) and NCBI genome databases using GLSEARCH. We used sequence similarity thresholds of 70%, 94%, and 97% to assign the phylum, genus, and species, respectively.

Statistical analysis

Details of the statistical analyses are described in the Supplementary Methods (Supplemental Text).

Results

Baseline patient characteristics

Among the 21 H. pylori-positive patients with early GC, 15 were followed up after successful ESD. The remaining six patients were scheduled to undergo ESD at enrollment; subsequently, curative ESD was performed in all six patients. All of 21 GCs were intestinal type. In 17 of the 21 patients, H. pylori was eradicated using first-line triple therapy, while four patients were subjected to second-line triple therapy to eradicate H. pylori. Gastric biopsy specimens after H. pylori eradication could not be obtained.

| Table 1 Baseline characteristics of patients |
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from one patient, and one patient was given a probiotic after the eradication of *H. pylori*. Therefore, these two patients were excluded from the study. We enrolled 13 *H. pylori*-negative (*H. pylori*-naïve) patients, but three were excluded from the study due to the use of a PPI. Table 1 shows the clinical characteristics of patients in the *H. pylori*-negative group and pre-eradication group (*H. pylori*-positive patients with early GC). There was no difference in the age and sex ratio of the patients between the two groups. The *H. pylori*-positive subjects had more severe endoscopic atrophy than that observed in the *H. pylori*-negative subjects.

**Effect of *H. pylori* infection on gastric bacterial diversity and richness**

We obtained paired (before and after *H. pylori* eradication) samples from the antrum and corpus from 18 out of 19 *H. pylori*-positive patients with early GC, while in one patient, paired samples were obtained from the antrum only. Samples were obtained from both sites for eight out of the 10 *H. pylori*-negative patients, while one sample from either antrum or corpus was obtained from two patients. We obtained a total of 2,261,850 high-quality 16S reads using the Illumina MiSeq platform.
The Good’s coverage indices of the 3000 reads per sample were 0.954 (± 0.002) and 0.934 (± 0.005) for total and *H. pylori*-removing analysis, respectively.

First, we evaluated the differences in the composition of microbiota between the antrum and corpus using paired samples. In the *H. pylori*-negative group, there were no differences in the α-diversity indices, including the number of observed OTUs and Chao1, ACE, and Shannon, between these two regions (Fig. 1). Similarly, β-diversity analysis using unweighted and weighted UniFrac data showed that the bacterial communities did not differ between the regions (Fig. 2). However, in *H. pylori*-positive patients, the number of observed OTUs and the Shannon index in the corpus was significantly lower than that in the antrum, with a non-significant decrease in the indices of Chao1 and ACE in the corpus (Fig. 1). The relative abundance of *H. pylori* inversely correlated with the α-diversity indices (Fig. 3). Additionally, the weighted UniFrac analysis revealed a significant difference in the gastric microbiota structure between the antrum and corpus in the pre-eradication patients (Fig. 2).

Next, we evaluated the changes in the gastric microbiota caused by *H. pylori* infection. Compared to the *H. pylori*-negative group, the α-diversity of gastric microbiota was reduced in the pre-eradication group, as indicated by a significant reduction in the numbers of observed OTUs and Chao1, ACE, and Shannon indices in the antrum and corpus (Fig. 1). Unweighted and weighted UniFrac analyses showed that the gastric microbial community in the *H. pylori*-positive patients clustered separately from that in the *H. pylori*-negative patients (Fig. 2).

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Paired gastric samples from 19 patients with early GC were obtained after a median period of 13 months [range 8–24 months; < 12 months (n = 3), 12–24 months (n = 10), > 24 months (n = 6)] after successful eradication therapy. We detected H. pylori reads in six out of 19 antrum biopsy samples and eight out of 18 corpus biopsy samples obtained after eradication using 16S sequencing (Supplemental Table 1). However, the relative abundances of H. pylori in these samples were low (0.033–0.33%). Previous studies have suggested a ~1% cut-off for the positive readout for H. pylori colonization using pyrosequencing [21]. Taken together with the negative readout for histology and UBT for H. pylori-positive subjects after eradication therapy, we concluded that H. pylori was successfully eradicated in these patients.

H. pylori eradication significantly increased the Shannon index, but did not affect other α-diversity metrics (Fig. 1, Supplemental Figure 1). Moreover, all metrics associated with α-diversity in the antrum and corpus of patients in the post-eradication group were lower than those in the H. pylori-negative patients (Fig. 1). UniFrac analysis showed that the composition of the gastric bacterial community significantly changed after H. pylori eradication, but that in the post-eradication group did not return to normal as in the negative group. The gastric bacterial communities were clustered into three groups based on H. pylori status (Fig. 2).

Effect of H. pylori eradication on the gastric microbiota

Since the gastric microbial community in H. pylori-positive subjects was dominated by H. pylori (Supplemental Table 2), the difference in the composition of gastric microbiota between the negative and positive groups was not surprising. Therefore, we removed H. pylori reads from our sample data and reanalyzed the data. Most differences in the α- and β-diversity metrics of the gastric microbiota between H. pylori-negative and pre-eradication groups remained robust even after removing H. pylori reads (Supplemental Figures 2). In contrast, the difference in the α-diversity metrics and dissimilarities in UniFrac analyses of the bacterial communities between pre- and post-eradication groups disappeared after omitting the H. pylori reads, except for the Shannon index and difference in weighted UniFrac in the corpus (Supplemental Figures 3, 4).

Comparison of the microbiota composition between different H. pylori status groups

All the three groups of patients predominantly possessed the following phyla as part of their gastric microbiota: Firmicutes, Proteobacteria, Bacteroidetes, Actinobacteria, and Fusobacteria. Regardless of the presence of H. pylori, the antrum and corpus showed an abundance of Firmicutes, except for the corpus of the pre-eradication group wherein

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α- and β-diversity analysis by removing H. pylori reads

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Proteobacteria (including H. pylori) was predominant (Fig. 4, Supplemental Table 3). Among the phyla, Proteobacteria was significantly enriched in the corpus of H. pylori-positive patients as compared to that in H. pylori-negative subjects, whereas the abundance of Bacteroidetes in the corpus and Firmicutes, Bacteroidetes, and Spirochetes in the antrum were significantly reduced (Supplemental Table 4). The eradication of H. pylori reduced the abundance of Proteobacteria and increased the abundance of Firmicutes, Bacteroidetes, and Fusobacteria in the gastric corpus. We found no significant differences in the relative abundance of bacteria in each phylum between the H. pylori-negative and post-eradication groups.

The heatmap showed the genera that were abundant in the H. pylori-negative, pre-eradication, and post-eradication samples (Fig. 5). As compared to the bacteria in the negative and pre-eradication groups, Helicobacter was the only genus that was enriched in the pre-eradication group, whereas numerous genera, including Veillonella, Bacteroides, Prevotella, Lactobacillus, Blautia, Ralstonia, Faecalibacterium, Methylobacterium, and Megamonas, were enriched in the H. pylori-negative patients (Supplemental Tables 5, 6). We also observed a significant enrichment in the abundance of five genera (Blautia, Ralstonia, Faecalibacterium, Methylobacterium, and Megamonas) in the H. pylori-negative patients as compared to the genera in the post-eradication group. H. pylori eradication markedly reduced the abundance of the genus Helicobacter and increased the abundance of several genera, including Prevotella, Veillonella, Actinomyces, and Solobacterium (Fig. 5, Supplemental Table 6). Furthermore, there were significant differences in the relative abundances of 8 and 23 species in the antrum and corpus, respectively, between H. pylori-negative and pre-eradication groups. All the taxa, excluding H. pylori, were enriched in the negative group (Fig. 5, Supplemental Tables 7, 8). As compared to the microbial population in the post-eradication group, we identified ten and fifteen species in the antrum and corpus, respectively, that were enriched in the negative group. Among these species, Ralstonia sp. W-15 was the most enriched in the corpus, with an average abundance of 4.66%. Successful eradication of H. pylori significantly altered the abundance of 12 species. As expected, this reduced the
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**Discussion**

Previous studies have demonstrated that *H. pylori* infection is associated with marked changes in the gastric microbiota [14, 19, 22–24]. Here, we confirmed that *H. pylori*-negative and -positive patients had different bacterial profiles characterized by less richness of gastric microbiota and the reduction in abundances of *Blautia*, *Ralstonia*, *Faecalibacterium*, *Methylobacterium*, and *Megamonas* in *H. pylori*-positive patients. Furthermore, there were significant differences in the α- and β-diversities between these two patient groups even after removing the *H. pylori*-related OTUs, indicating that changes in the gastric microbiota in the *H. pylori*-positive patients were not merely due to the presence of *H. pylori*. Dysbiosis persisted for a long time after eradicating *H. pylori*.

Studies have reported the restoration of the richness and evenness of gastric microbiota to a status similar to that of the negative subjects by the eradication [22, 23]; however, we failed to demonstrate marked effects of *H. pylori* eradication on microbial diversity. Among the α-diversity metrics, the Shannon index accounts for richness and evenness of species, while the remaining three metrics represented richness only. If some species are much more abundant than others, the Shannon index is low, thereby accounting for the increase in the Shannon index observed upon the eradication of *H. pylori*. In contrast, our findings showed that the eradication of *H. pylori* did not affect the number of OTUs and Chao1 and ACE indices. Moreover, these metrics were lower in the eradicated subjects than those in the *H. pylori*-negative subjects, suggesting that *H. pylori* eradication may be less effective in improving the richness of gastric microbiota in patients with early GC. Li et al. reported that *H. pylori* eradication normalized the composition of the…
Wang et al. reported that the changing patterns of gastritis to atrophic gastritis, intestinal metaplasia, and GC are highly indicative of the stages of neoplastic progression for early GC in the -positive group. Gastric micro-

Furthermore, we only enrolled patients who underwent ESD to the corpus before finally disappearing. The average abundance of Helicobacter pylori in the antrum and corpus in the group comprised only Helicobacter pylori-naïve subjects. The criteria were enrolled in the -negative group; thus, this group comprised only Helicobacter pylori-naïve individuals, suggesting the heterogeneity of the population. However, we believe that the strict patient enrollment protocol employed in this study has resulted in significant differences in the microbial population and richness according to Helicobacter pylori colonization status and gastric anatomic sites. In this study, only subjects who met all the five selection criteria were enrolled in the Helicobacter pylori-negative group; thus, this group comprised only Helicobacter pylori-naïve subjects. The majority of the published studies enrolled patients who were negative for the Helicobacter pylori antibody, rapid urease test, or UBT as part of the Helicobacter pylori-negative cohort. Therefore, this group may include patients after eradication or after spontaneous clearance of Helicobacter pylori as well as Helicobacter pylori-naïve individuals, suggesting the heterogeneity of the population. Furthermore, we only enrolled patients who underwent ESD for early GC in the Helicobacter pylori-positive group. Gastric microbiota changes during the progression of Helicobacter pylori-induced gastritis to atrophic gastritis, intestinal metaplasia, and GC [23, 27].

Wang et al. reported that the changing patterns of the composition and function of the gastric microbiota are highly indicative of the stages of neoplastic progression in the stomach [27]. Thus, the gastric microbiota and how Helicobacter pylori eradication affects these profiles in patients with different Helicobacter pylori-induced pathologies should be analyzed independently. Moreover, Helicobacter pylori prefers to colonize the normal gastric mucosa and gradually decreases in abundance during the progression of gastritis from the antrum to the corpus before finally disappearing. The average abundance of Helicobacter pylori in the antrum and corpus was 22.3% and 61.1%, respectively, in our patients, who exhibited moderate to severe atrophic gastritis. Since the α-diversity matrices were inversely correlated with the abundance of Helicobacter pylori, the differences in the diversity of the microbiota in our patients may be due to the predominance of Helicobacter pylori in the corpus. To the best of our knowledge, this is the first report on the incomplete reversal of gastric dysbiosis on the eradication of Helicobacter pylori in early GC patients who have a high risk for metachronous GC even after successful eradication [28]. Experimental studies have suggested that microbes other than Helicobacter pylori may also be involved in gastric carcinogenesis [11–13], although direct clinical evidence for a link between specific dysbiosis or bacterial taxa and the development of GC remains to be uncovered. Hsieh et al. reported an increased abundance of Clostridium and Fusobacterium in GC tissues [29]. Ferreira et al. demonstrated that the microbiota in GC tissues was characterized by the reduction in the abundance of Helicobacter and over-representation of intestinal commensals, including Citrobacter, Clostridium, Lactobacillus, Acidamobacter, and Rhodococcus [30]. In contrast, Coker et al. observed the significant enrichment of the oral microbiome, including Parvimonas micra, Peptostreptococcus stomatis, Fusobacterium nucleatum, and Gemella in GC tissues compared to their abundance in the precancerous tissues [31]. Thus, the data were discordant, but microbial populations show alterations, although not identical in all patients, in GC tissues. More importantly, several studies have shown that the paired tumor and non-tumor tissue samples had similar microbiota profiles [23, 27, 32], suggesting the importance of the dysbiosis of background mucosa in the GC development. Compared to the negative group of patients, only Helicobacter was significantly enriched, while more than ten taxa were significantly reduced in the pre-eradication group. Among these reduced taxa, Blautia, Ralstonia, Faecalibacterium, Methylobacterium, and Megamonas were also found to be more deleted in the post-eradication group as compared to the negative group. Therefore, the deletion of these taxa may be involved as a common mechanism for primary and metachronous GC after the eradication of Helicobacter pylori. Anti-inflammatory effects have been demonstrated for Blautia and Faecalibacterium in gastrointestinal diseases, including inflammatory bowel diseases and intestinal graft-versus-host disease [33–36]. Interestingly, colorectal cancer tissues show a reduction in the abundance of these taxa [37, 38]. Taken together, our data and that previously published suggest that reduced abundances of Blautia and Faecalibacterium may maintain or enhance inflammation in Helicobacter pylori-infected and -eradi-
cated gastric mucosa, thereby leading to the development of GC. Ralstonia, a Gram-positive bacterium, is enriched in the gastric mucosa of patients with GC before subtotal gastrectomy [39] and those with gastric inflammation one year after eradication therapy [40]. Thus, the reduction of Ralstonia is unlikely to be linked to GC. The pathogenicity of Methylobacterium and Megamonas in the stomach has not been studied; however, they may not be crucial during gastric carcinogenesis since they are found at an average abundance of <1%.

This study has some limitations. First, we used a small patient cohort. Larger sample sizes will help detect sensitive differences in the microbiota between groups. Our strict
The effects of the eradication of *H. pylori* on gastric microbiota were assessed after a sufficient interval. In conclusion, gastric dysbiosis may persist for a long time after the successful eradication of *H. pylori* in patients with a history of GC. Alterations in the gastric microbiota may form the underlying mechanism involved in the development of metachronous GC after the eradication of *H. pylori* as well as primary GC.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

Human rights statement All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1964 and later versions. Informed consent to be included in the study, or the equivalent, was obtained from all patients.

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