Weak scaling of the contact distance between two fluctuating interfaces with system size

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A pair of flat parallel surfaces, each freely diffusing along the direction of their separation, will eventually come into contact. If the shapes of these surfaces also fluctuate, then contact will occur when their centers-of-mass remain separated by a nonzero distance \( \ell \). An example of such a situation is the motion of interfaces between two phases at conditions of thermodynamic coexistence, and in particular the annihilation of domain wall pairs under periodic boundary conditions. Here we present a general approach to calculate the probability distribution of the contact distance \( \ell \) and determine how its most likely value \( \ell^* \) depends on the surfaces’ lateral size \( L \). Using the Edward-Wilkinson equation as a model for interfaces, we demonstrate that \( \ell^* \) scales weakly with system size, i.e., the dependence of \( \ell^* \) on \( L \) for both (1+1)- and (2+1)-dimensional interfaces is such that \( \lim_{L \to \infty} (\ell^* / L) = 0 \). In particular, for (2+1)-dimensional interfaces \( \ell^* \) is an algebraic function of \( \log L \), a result that is confirmed by computer simulations of slab-shaped domains formed under periodic boundary conditions. This weak scaling implies that such domains remain topologically intact until \( \ell \) becomes very small compared to the lateral size of the interface, contradicting expectations from equilibrium thermodynamics.

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I. INTRODUCTION

In the initial stages of many large-scale changes in the shape of interfaces, microscopic thermal fluctuations play a crucial role. The rupture of a thin liquid film [1–3], the breakup of a liquid jet [4–8], and the fusion of two liquid droplets [9–13] are examples of processes that on the meso- and macroscopic scale are governed by surface tension and hydrodynamics, while at their earliest stages they are controlled by thermal undulations.

Thermal fluctuations also govern the distance up to which two planar interfaces will approach before they come into contact for the first time; a situation which can be viewed as an approximation to the droplet fusion problem for large radii. Figure 1 shows a snapshot taken from a computer simulation of a Lennard-Jones fluid that is an example of this kind of interfacial system. The two interfaces are formed by a single slab of atoms in the liquid phase that is connected through the periodic boundaries of the simulation box. Figure 2 shows a similar scenario for a two-dimensional (2D) Ising model at coexistence. The aim of this paper is to determine how close the centers-of-mass of two such interfaces approach before they come into contact for the first time.

Larger surfaces, whose topographical fluctuations are generally more extreme, should contact each other at larger average separation. At the same time, interfaces that diffuse more slowly relative to each other are expected to come into contact at a larger distance, since more configurations can be explored by the system while the center-of-mass moves over a certain length. We find both of these trends reflected in our analysis. However, the dependence of the most likely distance of the centers-of-mass at the time of first contact \( \ell^* \) on both the linear system size \( L \) and on the diffusion coefficient of the centers-of-mass of the interfaces \( D_{int} \) turns out to be weak. In particular, in the case of a two-dimensional interface that is embedded in three-dimensional space [a (2+1)-dimensional interface], \( L \) and \( D_{int} \) enter the result for \( \ell^* \) as an algebraic function of \( \log L \) and \( \log D_{int} \) only. This dependence of \( \ell^* \) on \( \log L \) resembles previous results obtained by Ponthus et al. [16] for static (2+1)-dimensional interfaces, where it has been observed that the average distance between two such interfaces when they are in single point contact grows with system size in a similar manner.

Our results not only imply that the distance at which two freely diffusing, macroscopic interfaces come into contact for the first time is still likely microscopic, but also has interesting consequences for the situations shown in Figs. 1 and 2. In both cases, the slab is thermodynamically metastable at conditions that fix the relative proportions of coexisting phases. Alternate geometries—a spherical gas bubble and a
disk formed by spins pointing in the same direction—would have a considerably smaller surface and, therefore, also a lower free energy [17–21]. Nevertheless, these slab geometries are remarkably long lived. In fact, we will show that the critical widths of these slabs, at which they transition into the thermodynamically preferred shape, grow with $L$ much more slowly than the scaling $\ell^{*} \sim L$ expected from equilibrium considerations (see Sec. V for details on how this scaling comes about). Hence, this two-interface system has the interesting property that with increasing system size the behavior of the system increasingly diverges from the behavior expected based on equilibrium principles, eventually leading to a complete suppression of the transition to the stable state altogether [22].

The remainder of the article is structured as follows: in Sec. II we present a rough estimate of the expected scaling of the most likely contact distance $\ell^{*}$ with system size $L$. In Sec. III we explain our approach to calculating the distribution of contact distances $u(\ell)$. Section IV introduces the Edward-Wilkinson (EW) equation as a model for surface dynamics and goes through all the steps necessary to predict the scaling of the contact distance between two EW interfaces with system size. In Sec. V we report on simulations of slabs in the Ising model and in a Lennard-Jones system at liquid-gas coexistence. The predicted scaling behavior of the EW model is then compared with the critical width of slabs observed in simulation. Section VI provides a summary and a discussion of the results.

II. A SIMPLE SCALING ARGUMENT

One expects the meeting of initially distant interfaces to occur through a combination of two basic processes. First, the interfaces’ mean positions (averaged over directions perpendicular to their separation) each execute a random walk with diffusion coefficient $D_{\text{int}} \sim 1/L^d$, where $L$ is the surfaces’ linear size and $d$ is their dimensionality. Second, as their shapes change in the course of natural fluctuations, a point on one interface can draw transiently nearer to a point on the other interface, even if the mean separation $\ell$ is fixed. An extreme fluctuation in interfacial shapes can thus achieve contact while the mean positions remain separated by a considerable distance. Contact occurs when the rate $k(\ell)$ of contact-forming shape fluctuations is roughly comparable to a rate $k_D$ of further diffusion

$$k(\ell) \sim k_D(\ell).$$

This diffusion rate $k_D \sim D/\lambda^{2}$ is determined by the diffusion constant $D = \sqrt{2D_{\text{int}}}$ that is associated with the time evolution of the mean distance between the two interfaces, together with a length scale $\lambda$ whose magnitude is not straightforward to anticipate. For the purpose of roughly calculating $\ell^{*}$, we assume simply that $\lambda$ is independent of $L$.

According to notions of transition state theory, the rate of an extreme shape fluctuation that establishes contact at fixed $\ell$ should be proportional to its equilibrium probability, i.e., the probability of an undulation that closes the mean gap. The distribution $P(x)$ of the fluctuating height $x$ at a single point on an interface is simply estimated from Gaussian field theories as [24]

$$P(x) \sim \exp[-x^2/(2w^2)],$$

where $w$ is the roughness of the interface and $w^2 \sim L$ for $d = 1$ and $w^2 \sim \log L$ for $d = 2$. Assuming the gap-closing probability to follow these simple statistics, we estimate $k(\ell) \sim \exp[-\ell^2/(2w^2)]$. 

FIG. 1. Example configuration of a Lennard-Jones gas slab enclosed by liquid. The configuration has been obtained from a molecular dynamics simulation at liquid-gas coexistence using periodic boundary conditions. This snapshot has been rendered using VMD [14,15].

FIG. 2. Example configuration obtained from a simulation of the 200 × 200 Ising model with vanishing external field. The gray circle indicates a disk with the same area as the slab composed of black spins. This circle has a circumference that is roughly 45% smaller than the surface of the slab. Matplotlib [23] has been used to generate graphs and Ising model simulation snapshots throughout this work.
Assembling these arguments, we expect the typical separation \( \ell^\ast \) at contact to scale with \( L \) as
\[
\ell^\ast_{1d} \sim \sqrt{L \log L} \quad \text{and} \quad \ell^\ast_{2d} \sim \log L \quad (3)
\]
for one- and two-dimensional interfaces, respectively. According to this rough prediction, growth of \( \ell^\ast \) with system size is so gradual that \( \ell^\ast \) can remain microscopic even for macroscopic systems.

This line of reasoning is loose, imprecise, and incomplete. First, as mentioned, the balance between \( k(\ell) \) and \( k_0 \) involves a length scale \( \lambda \), which is not specified here. Second, the gap-closing probability should reflect extreme value statistics of the closest points on the two interfaces, not that of arbitrarily chosen points [16]. Finally, since long-wavelength undulations of an interface evolve very slowly in time, the assumptions of transition state theory are difficult to justify in this context.

Sections III and IV present a much more careful treatment of the dynamics that lead to interfacial contact. By making controlled approximations for well-defined models, they reveal and clarify subtleties associated with all of the issues listed above. The theory developed yields improved scaling predictions for \( \ell^\ast \) that confirm an extremely slow divergence of \( \ell^\ast \) with system size.

III. A FRAMEWORK FOR CALCULATING CONTACT DISTANCE DISTRIBUTIONS

A. Reaction-diffusion equation for the contact distance distribution

As a first step towards the estimation of the typical contact distance \( \ell^\ast \), we devise a simple reaction-diffusion equation that governs the time evolution of the distribution of distances between fluctuating interfaces. Consider two planar interfaces, in a two- or three-dimensional simulation box with periodic boundary conditions, that do not interact with each other until they are brought in contact by thermal fluctuations. These interfaces are released at an initial distance \( \ell^0 \) that is much larger than the typical size of interface fluctuations. As shown in Fig. 3 we describe the geometry of the surfaces by two continuous functions \( h_1(x) \) and \( h_2(x) \), where the vector \( x \) collects the lateral coordinates (i.e., those orthogonal to the \( h \) direction). The distance between the two interfaces at a given position \( x \) is denoted by \( \Delta h(x) = h_2(x) - h_1(x) \) and the mean distance of the two interfaces is given by \( \ell = \bar{h}_2 - \bar{h}_1 \), where \( \bar{h}_1 \) and \( \bar{h}_2 \) are the spatially averaged means of \( h_1 \) and \( h_2 \), respectively. The distance between the two interfaces at the point where they are closest is denoted by
\[
s = \min_x [\Delta h(x)]. \quad (4)
\]
As long as the two interfaces are not in contact with each other, \( h_1 \) and \( h_2 \) freely diffuse relative to each other along the \( h \) direction governed by the diffusion coefficient \( D_{\text{int}} \). In the case of a liquid slab, the interfaces diffuse due to mass transport in the slab, due to evaporation and condensation on the surface, and, in the case of simulations at constant pressure, due to fluctuations of the box size.

The rate \( k(\ell) \) with which fluctuations of the interfaces are formed that are large enough to bridge the gap between the two interfaces depends on \( \ell \), i.e., \( k = k(\ell) \). This situation is formally equivalent to a particle that diffuses along a single direction \( \ell \) and undergoes a reaction with a position dependent reaction rate \( k(\ell) \). Using this analogy we write down the following partial differential equation that governs the evolution of the probability density \( \rho(\ell,t) \) that two interfaces have not yet touched, and have mean distance \( \ell \) at time \( t \):
\[
\frac{\partial \rho(\ell,t)}{\partial t} = D \frac{\partial^2 \rho(\ell,t)}{\partial \ell^2} - k(\ell)\rho(\ell,t). \quad (5)
\]
The initial condition is given by
\[
\rho(\ell,0) = \delta(\ell - \ell^0), \quad (6)
\]
where \( \delta(x) \) is the Dirac \( \delta \) function and \( \ell^0 \) is the initial separation of the interfaces.

This equation is reminiscent of the theory of diffusion-controlled reactions [25–27], however, instead of reactions that occur at a boundary, the reaction in our model is controlled by a position and concentration dependent loss-term \( k(\ell) \rho(\ell, t) \). The time integral over the loss term yields the distribution of distances at which the reaction occurs,
\[
u(\ell) = \int_0^\infty dt k(\ell) \rho(\ell,t). \quad (7)
\]
In the next section we introduce a path-integral formalism that allows us to calculate \( u(\ell) \).

B. A path-integral formulation of \( u(\ell) \)

In order to derive an expression for the probability distribution \( u(\ell) \), we use a well-known correspondence between reaction-diffusion equations and the Schrödinger equation that has been pointed out by various authors before; see Refs. [28–31] for comprehensive treatments. Furthermore, our derivation is closely related to the Feynman-Kac path integral formula [32].

We start by considering a discrete diffusive trajectory \( \Lambda \) that consists of \( N \) steps and that has been obtained by
where \( p(\ell_i \rightarrow \ell_{i+1}) \) is the transition probability of a freely diffusing random walker:

\[
p(\ell_i \rightarrow \ell_{i+1}) = \frac{1}{\sqrt{4\pi D\Delta t}} \exp\left[-\frac{(\ell_{i+1} - \ell_i)^2}{4D\Delta t}\right].
\]

Now let us assume that the first contact between the interfaces occurs in the time interval between steps \( n \) and \( n+1 \). The probability of observing such a trajectory is then given by the product of \( P_{\text{diff}} \) with the conditional probability \( P_m[n|\Lambda] \) that no reaction occurs until time step \( n \) given that we are following trajectory \( \Lambda \), and the probability \( P_t[n|\Lambda] \) that the reaction occurs between \( n\Delta t \) and \((n+1)\Delta t \),

\[
P[\Lambda] = P_{\text{diff}}[\Lambda]P_m[n|\Lambda]P_t[n|\Lambda].
\]

In the second line we have carried out the integrations over all \( \ell_i \) with \( i \geq n \) and have taken the limit \( N \to \infty \). We now take the limit \( \Delta t \to 0 \) while keeping the trajectory lengths \( T = n\Delta t \) fixed. With the abbreviations

\[
\int_0^\infty dT \int D[\ell_T] \equiv \lim_{\Delta t \to 0} \sum_{n=0}^{\infty} \Delta t \int \frac{d\ell_1 \cdots d\ell_{n-1}}{(4\pi D\Delta t)^{n/2}} \delta(\ell_0 - \ell) \exp\left[-\frac{(\ell_{n-1} - \ell_0)^2}{4D\Delta t}\right]
\]

and

\[
S[\ell_T(t)] = \int_0^T dt \left\{ \frac{v_T(t')^2}{4D} + k[\ell_T(t')] \right\}
\]

\[
= \lim_{\Delta t \to 0} \sum_{n=0}^{n-1} \Delta t \int \frac{d\ell_1 \cdots d\ell_{n-1}}{(4\pi D\Delta t)^{n/2}} \exp\left[-\frac{(\ell_{n-1} - \ell_0)^2}{4D\Delta t}\right] \left[ k[\ell_{n-1}] - \frac{3k[\ell_i]}{2(\Delta t)^2} \right]
\]

this yields

\[
u_T(t) = k[\ell_T] \int_0^\infty dT \int D[\ell_T(t)] e^{-S[\ell_T(t)]}.
\]

Here \( \ell_T(t) \) is a trajectory of length \( T \) and \( v_T(t) = \ell_T(t) \). As suggested by a comparison to Eq. (7), the probability density

\[
\rho(\ell, t) \text{ is given by}
\]

\[
\rho(\ell, t) = \int D[\ell_T(t)] e^{-S[\ell_T(t)]}.
\]

Equation (19) is known as a path integral in quantum mechanics (QM) and in the following we will use results obtained there to calculate an approximation for \( u(\ell) \). In particular, in analogy to the semiclassical approximation in QM, we can calculate an expression for the probability of the most likely path between two points \( \ell_0 \) and \( \ell \). This can be done most easily by comparing Eq. (17) to the classical action of a particle in a potential that follows a trajectory \( x(t) \),

\[
S[x(t)] = \int_0^T dt \left[ \frac{m x(t)^2}{2} - V[x(t)] \right],
\]

with the kinetic energy \( K = m x^2/2 \) and the potential energy \( V \). The paths with extremal action are the paths that are solutions of the classical equations of motion. Hence, the path \( \ell_T(t) \) that minimizes the action (17) is the Newtonian trajectory taken by a classical particle with mass \( 1/2D \) in a potential \( V(\ell) = -k[\ell] \) [28], i.e., the inverted reaction rate function. Hence, the trajectories with maximum probability
The initial position is marked by \( \ell_0 \).

(or the classical paths) \( \tilde{\ell}_T(t) \) are solutions of the equation

\[
\dot{\tilde{\ell}}_T(t) = \pm \sqrt{4D(E + k(\tilde{\ell}_T(t)))}
\]  

(21)

that fulfill the boundary conditions \( \tilde{\ell}_T(0) = \ell_0 \) and \( \tilde{\ell}_T(T) = \ell \). The constant \( E \) that is determined by these boundary conditions together with \( T \) [i.e., \( E = E(\ell, \ell_0, T) \)], resembles the total energy of the classical particle \( E = K + V \). Alternatively, Eq. (21) can be derived by optimizing the \( \ell_t \) in Eq. (14) for maximum \( P[\Lambda] \) and subsequently taking the limit \( \Delta T \to 0 \).

It is reasonable to assume that the rate of gap-closing fluctuations shrinks with increasing mean distance \( \ell \), so in the following we assume that the derivative of the rate function fulfills \( k'(\ell) < 0 \). This situation is sketched in Fig. 4. In addition, we place a reflecting boundary at the initial position \( \ell_0 \). This has two effects: first, the average length of trajectories is finite in this case [which is not necessarily the case if the rate function \( k(\ell) \) goes to zero fast enough as \( \ell \to \infty \)]; second, the solution to Eq. (21) is unique for any given set of boundary conditions \((\ell_0, \ell, \text{and} \ T)\), i.e., there is only a single classical path that leads from \( \ell_0 \) to \( \ell \) in time \( T \). Note that we have chosen \( \ell_0 > \ell \) and will keep this convention through the rest of the derivation.

Dynamics with such a reflecting boundary can be mapped onto an unbounded system with a symmetrized rate function \( k_{\text{sym}}(\ell) \) such that \( k_{\text{sym}}(\ell) = k_{\text{sym}}(2\ell_0 - \ell) \) [31,33], i.e.,

\[
k_{\text{sym}}(\ell) = \Theta(\ell - \ell_0)k(\ell) + \Theta(-\ell + \ell_0)k(2\ell_0 - \ell) \tag{22}
\]

where \( \Theta(x) \) is the Heaviside step function. The transition probability from \( \ell_0 \) to \( \ell \) in time \( T \), \( p(\ell_0, \ell, T) \), is then given by

\[
p(\ell_0, \ell, T) = p_{\text{sym}}(\ell_0, \ell, T) + p_{\text{sym}}(\ell_0, 2\ell_0 - \ell, T) = 2p_{\text{sym}}(\ell_0, \ell, T) \tag{23}
\]

where \( p_{\text{sym}}(\ell_0, \ell, T) \) is the transition probability calculated using the extended rate function \( k_{\text{sym}} \) without boundaries and in the second line we have used the symmetry of \( k_{\text{sym}} \) and the fact that \( \ell = \ell_0 \) at \( t = 0 \). In other words, one has to sum the path probabilities that move from \( \ell_0 \) to \( \ell \) and another set of paths that move from \( \ell_0 \) to the symmetrically equivalent \( 2\ell_0 - \ell \). We calculate the probabilities of these paths using a semiclassical approximation. The principal difficulty in this calculation lies in the fact that the extended rate function \( k_{\text{sym}}(\ell) \) is not analytic at \( \ell_0 \) and, hence, can only be treated perturbatively [33]. In the following calculation we assume that, due to the shape of the rate function \( k(\ell) \), the corrections to our semiclassical calculations are small. In Appendix B we then numerically check our results for exponential and Gaussian rate functions and find that our calculations are in excellent agreement for small but finite \( D \).

We approximate the path integral in Eq. (18) by expanding the action \( S \) up to leading order around the likeliest paths [28,31,34]. This approximation yields

\[
u(\ell) = \frac{k(\ell)}{Z} \int_0^T dTe^{-\tilde{S}_T(\ell, \ell_0, T)} \tilde{F}_T(\ell, \ell_0, T) \tag{24}
\]

where \( T_0 \) is the length of the longest possible path which has the minimum “energy” \( E_0 = -k(\ell_0) \), \( \tilde{S}_T(\ell, \ell_0, T) = S[\tilde{\ell}_T(t)] \) is the action of the likeliest path, and the factor \( \tilde{F}_T(\ell, \ell_0, T) \) arises from the expansion around the likeliest path. It is given by [31]

\[
\tilde{F}_T(\ell, \ell_0, T) = \left\{ 2\pi \sqrt{D}k[\ell, \ell_0, E(\ell)] \right\} \times \int_\ell^{\ell_0} d\ell' [E(\ell') + k(\ell')]^{-1/2} \right]^{-1/2} \tag{25}
\]

with

\[
\kappa(\ell, \ell_0, E) = \sqrt{[E + k(\ell_0)][E + k(\ell)]} \tag{26}
\]

The normalization constant

\[
Z = \int_{-\infty}^{\ell_0} d\ell \left[ k(\ell) \int_0^T dTe^{-\tilde{S}_T(\ell, \ell_0, T)} \tilde{F}_T(\ell, \ell_0, T) \right] \tag{27}
\]

is introduced in Eq. (24) to normalize the distribution \( u(\ell) \) and includes contributions that are neglected due to the assumptions we made regarding the boundary condition at \( \ell_0 \) and the multiplicity of the classical paths; because the initial position \( \ell_0 \) is also the location of a reflecting boundary, there are two identical paths for each value of \( T \) with the same energy \( E \).

The action of the likeliest path of length \( T \) can be expressed in terms of an integral over the velocity \( \dot{\ell}(t) \),

\[
\tilde{S}_T(\ell, \ell_0, T) = \int_0^T dt[K - V] = \int_0^T dt[-E + 2K]
\]

\[
= -E(T) + \int_0^T dt \frac{\dot{\ell}_T}{2D}
\]

\[
= -E(T) \int_{\ell_0}^{\ell} d\ell' + \int_{\ell_0}^{\ell} d\ell' \frac{\dot{\ell}_T(\ell')}{2D},
\]

where we have used the fact that

\[
T = \int_{\ell_0}^{\ell} \frac{d\ell'}{\dot{\ell}_T(\ell')} \tag{28}
\]

By substituting Eq. (21) (using the minus sign because we consider the path from \( \ell_0 \) to \( \ell \)) we arrive at the expression

\[
\tilde{S}_T(\ell, \ell_0, T) = \int_{\ell_0}^{\ell} d\ell' \frac{E(T)/2 + k(\ell')}{\sqrt{D[E(T) + k(\ell')]}}, \tag{29}
\]

Due to the placement of the reflecting boundary at \( \ell_0 \) and the assumption that \( k' < 0 \), \( E(T) \) is a monotonic function of \( T \) so that we can rewrite the integral in Eq. (24) as an integral...
over $E$ by using the derivative
\[
\frac{d\tilde{T}}{dE} = -\frac{1}{8\pi D k(\ell, \ell_0, E) \tilde{F}_T(\ell, \ell_0, E)^2},
\]
leading us to the expression
\[
u(\ell) = \frac{k(\ell)}{8\pi D Z} \int_{\ell_0}^{\infty} dE \frac{e^{-\tilde{S}_E(\ell, \ell_0, E)}}{k(\ell, \ell_0, E) \tilde{F}_T(\ell, \ell_0, E)},
\]
where the notation $\tilde{S}_E$ and $\tilde{F}_E$ indicates that these functions are now evaluated using $E$ as the independent variable instead of $T$.

This integral can be evaluated using a saddle point approximation. A calculation of the derivatives
\[
\frac{\partial \tilde{S}_E(\ell, \ell_0, E)}{\partial E} = \int_{\ell}^{\ell_0} d\ell' \frac{E}{4\sqrt{D[E+k(\ell)]}}
\]
and
\[
\frac{\partial^2 \tilde{S}_E(\ell, \ell_0, E)}{\partial E^2} = \int_{\ell}^{\ell_0} d\ell' \frac{2k(\ell) - E}{\sqrt{64D[E+k(\ell)]}}
\]
demonstrates that the minimum of $\tilde{S}_E$ can be found at $E = 0$, as long as the rate function itself is larger than zero in the whole range between $\ell_0$ and $\ell$. $E = 0$ corresponds to the paths where
\[
\hat{\ell}(0) = -\sqrt{4Dk(\ell(0))}
\]
and their action is given by
\[
\tilde{S}_0(\ell, \ell_0) = \int_{\ell}^{\ell_0} d\ell' \sqrt{\tilde{K}(\ell')/D}.
\]
Rewriting Eq. (31) by setting $\tilde{S}_E(\ell, \ell_0, E) = \tilde{S}_E(E)/\sqrt{D}$ so that $\tilde{S}_E(E)$ is independent of $D$, yields
\[
u(\ell) = \frac{k(\ell)}{8\pi D Z} \int_{\ell_0}^{\infty} dE \frac{e^{-\tilde{S}_E(\ell, \ell_0, E)}}{k(\ell, \ell_0, E) \tilde{F}_T(\ell, \ell_0, E)}.
\]
In the limit of small but finite $D$ we can now use Laplace’s method [35] to approximate the integral using the minimum of $\tilde{S}_E$ at $E = 0$, resulting in
\[
u(\ell) \approx \frac{e^{-\tilde{S}_E(\ell, \ell_0, 0)/2\sqrt{D}}}{2D^{1/2}k(\ell_0)^{1/2}Z}.
\]
It is instructive to calculate the location of maximum probability $\ell^*$ by setting
\[
\frac{d\log\nu(\ell)}{d\ell} \bigg|_{\ell = \ell^*} = 0.
\]
Evaluating the derivative yields one of the main results of this paper: a simple condition that determines the likeliest reaction distance $\ell^*$ in terms of the rate function $k(\ell)$ and the diffusion coefficient $D$:
\[
\sqrt{\frac{k(\ell^*)}{D}} = \frac{3}{4} \left| \frac{k'(\ell^*)}{k(\ell^*)} \right|.
\]
The prime indicates a derivative with respect to $\ell^*$. Note that this result hinges on the validity of the quadratic expansion (24) which depends on the details of $k(\ell)$.

In Appendix B we calculate the distributions $u(\ell)$ for the rate functions $k(\ell)$ that are of interest to us later on and compare them to numeric results in order to test the theory developed so far. This comparison shows excellent agreement as $D$ becomes small which corresponds to the limit of infinite system size when we consider the contact distance of two interfaces later on.

By squaring both sides and rearranging the factors we can rewrite Eq. (39) to read
\[
k(\ell^*) = \frac{D}{\left(�/3\right)[k(\ell^*)/k'(\ell^*)]^2} = \frac{D}{\lambda(\ell^*)^2},
\]
where $\lambda(\ell^*) = (4/3)[k(\ell^*)/k'(\ell^*)]$. This expression recalls the reasoning of Sec. II, equating reaction and diffusion rates at the critical separation $\ell^*$. The systematic approximation to the reaction-diffusion equation developed in this section allows us to identify the diffusive length scale $[\lambda$ in Eq. (1)] that was previously left ambiguous. It is dictated by how quickly $\log[k(\ell)]$ changes with distance. Specifically, contact of the two interfaces occurs when the reaction time scale $1/k(\ell)$ becomes comparable to the time it takes to diffuse to a location where $k(\ell)$ has changed significantly.

By using a rate function $k(\ell)$, the ansatz (5) tacitly assumes that the equilibration of the shape of the interface happens faster than the center-of-mass diffusion. Based on Eq. (40) we can check the internal consistency of this assumption using the pertinent timescale of diffusion $\tau_D(\ell) = \lambda(\ell)^2/D$. For the interfaces to be equilibrated up to the first contact between them, $\tau_D$ has to be larger than the timescale associated with the relaxation of the interface $\tau_{r_{\text{flx}}}$ for all values of $\ell$ that the system visits before first contact. This yields the condition
\[
1 \ll \left| \frac{\tau_D}{\tau_{r_{\text{flx}}}} \right|_{\ell = \ell^*} = \left| \frac{k(\ell)/k'(\ell)}{D} \right|_{\ell = \ell^*}.
\]

Coming back to our initial problem of determining the scaling of contact distance $\ell^*$ with system size, Eq. (39) demonstrates that this scaling is determined by the scaling of both $k(\ell)$ and $D$. In the following section we investigate these scaling behaviors for a simple interface model as an example: the Edward-Wilkinson model.

IV. APPLICATION TO THE EW MODEL

A. The EW equation as a microscopic model for interfaces

The Edward-Wilkinson (EW) model [39] was first introduced to model the statistics of surfaces that are produced by

\footnote{The problem discussed in this paper is in structure very similar to the problem of diffusion in a potential as discussed, e.g., in [36–38]. In this context it has been pointed out that the second order expansion of the path integral breaks down in the case of effective potentials $V$ that feature degenerate, or quasidegenerate minima. Similarly, for rate functions $k(\ell)$ that feature minima at either $\ell$ or $\ell_0$ a treatment along the lines of [37] or [38] may be necessary. In the case of the Gaussian rate function, which is discussed in the following, $\ell_0$ is never located at a minimum of the effective potential and, hence, the expansion becomes exact in the limit of small but finite $D$.}
depositing a granular material onto a surface. It is given by the stochastic differential equation
\[
\frac{\partial h(x,t)}{\partial t} = \beta \gamma c_D \frac{\partial^2 h(x,t)}{\partial x^2} + \eta(t),
\]
where \( h(x,t) \) is the height of the surface, as shown in Fig. 3, \( \gamma \) is the surface or line tension, \( c_D \) is an effective diffusion constant, and \( \eta(t) \) represents random noise that is specified separately. Together with the Kardar-Parisi-Zhang equation [40] it has since become one of the basic equations used to model surface growth [41]. In order to perform simulations we discretize Eq. (42) in space resulting, in the case of the \((1+1)\)-dimensional EW interface, in the set of \( N = L/\Delta x \) equations of motion
\[
\dot{h}_j = \beta \gamma D_0 \Delta x \left( \frac{h_{j+1} - 2h_j + h_{j-1}}{(\Delta x)^2} \right) + \sqrt{2D_0 \eta_j(t)},
\]
where \( D_0 = c_D / \Delta x \). We choose the \( \eta_j(t) \) to be independent, delta-correlated noise processes with \( \langle \eta_j \rangle = 0 \) and \( \langle \eta_j(t) \eta_j(t') \rangle = \delta_j \delta(t-t') \). Equations (43) then become a set of \( N \) coupled overdamped Langevin equations where each random walker \( h_i \) diffuses with a diffusion coefficient \( D_0 \) and is coupled to its immediate neighbors by harmonic springs. These equations can also be derived from a discretization of the Hamiltonian
\[
\mathcal{H} = \frac{\gamma}{2} \int d^{d-1}x \left( \nabla h(x) \right)^2,
\]
where \( d \) is the dimensionality. This is the Hamiltonian of an interface with an energy that is proportional to its surface area provided that gradients \( \nabla h(x) \) in the height function are small. The generalization of the above equations to \( d \) dimensions is given in Appendix A.

An expansion of \( h(x,t) \) into a Fourier series, substituted into the equations of motion (43), demonstrates that the relaxation timescale \( \tau_{\text{rel}} \) scales with system size like \( \tau_{\text{rel}} \sim L^d \) [24,42,43]. This result is independent of the dimensionality of the system.

Consider now a pair of identical EW interfaces which we assume to be noninteracting. We are ultimately interested in the rate \( k(\ell) \) of interfacial fluctuations that result in the two interfaces coming into contact with each other. As before, \( \ell = h_2 - h_1 \) is the distance between the mean positions of the two interfaces. The position of the interface at each point \( x \) can be written as \( h_i(x) = \bar{h}_i + \delta h_i \), where the \( \delta h_i \) are the relative heights of the two interfaces with respect to their mean position \( \bar{h}_i \). We can then write the separation between the two interfaces as
\[
\Delta h(x) = h_2(x) - h_1(x)
\]
\[
= \ell - [\delta h_1(x) - \delta h_2(x)] = \ell - \Delta(x), \tag{45}
\]
where we have used the abbreviation \( \Delta(x) = \delta h_1(x) - \delta h_2(x) \) in the last line. The two interfaces touch if there is a point where the separation between them is less than or equal to zero, i.e., if
\[
\min_x [\Delta h(x)] = \ell - \max_x [\Delta(x)] \leq 0. \tag{46}
\]
Rearranging these terms results in the condition
\[
\max_x [\Delta(x)] \geq \ell \tag{47}
\]
that all fluctuations that close the gap between the interfaces must fulfill. These are the events that contribute to the rate \( k(\ell) \).

Note that we can infer the equilibrium statistics of \( \Delta(x) \) from the equilibrium statistics of a solitary interface \( h(x) \) by using the fact that the equilibrium fluctuations of the EW interface are Gaussian [24]. Hence, also the \( \Delta(x) \) are distributed according to a Gaussian distribution. In addition, the spatial correlations of \( \Delta(x) \) are simply given by [44,45]
\[
\langle \Delta(0) \Delta(x) \rangle = 2 \langle \delta h_0 \delta h_x \rangle, \tag{48}
\]
i.e., the correlations are the same, except their variance \( \langle \Delta(0) \Delta(0) \rangle \) is doubled. This variance is also known as the square of the roughness \( w \) of the EW interface which is given by [44]
\[
w^2 = \frac{L}{12 \beta \gamma} \tag{49}
\]
for the \((1+1)\)-dimensional EW interface and by [46]
\[
w^2 = \frac{f(L)}{2 \pi^2 \beta \gamma} \tag{50}
\]
for the \((2+1)\)-dimensional EW interface. Here \( f(L) \) is a system size dependent, dimensionless factor that approaches \( f(L) \sim \log(L) \) as \( L \to \infty \) [46]. Hence, the correlations of \( \Delta(x) \) are the same as the correlations of a solitary EW interface where the surface tension \( \gamma \) has been halved [16]. In the following we use this property to make contact with results that are available in literature as well as to reduce the computational effort required to perform simulations. In particular, instead of calculating the rate of fluctuations of two interfaces that fulfill condition (47), we instead calculate the rate \( K(\xi) \) at which the maximum relative height (MRH) of a single EW interface \( \max_x [\delta h(x)] \) reaches a threshold value \( \xi \).

For \( \gamma = \tilde{\gamma}/2 \), where \( \tilde{\gamma} \) is the surface tension of each of the two interfaces of interest, the rate \( k(\ell) \) is then given by
\[
k(\ell) = K(\ell). \tag{51}
\]

### B. Simulation details and rate calculation method

To calculate \( K(\xi) \) for the EW interface we numerically integrate the equations of motion (43) using the Euler forward-like scheme
\[
h_i(t + \Delta t) = h_i(t) + \beta D_0 \Delta t F_i(t) + \sqrt{2D_0 \Delta t} \xi, \tag{52}
\]
where \( \xi \) is a random number chosen from a Gaussian distribution with unit variance and \( F_i(t) \) is the force on random walker \( i \) that is given by
\[
F_i(t) = \gamma \left( \frac{h_{i+1}(t) - 2h_i(t) + h_{i-1}(t)}{\Delta x} \right) \tag{53}
\]
in the case of a one-dimensional interface. The straightforward generalization to higher dimensions is given in Appendix A. The time step \( \Delta t \) is chosen such that \( (\beta \gamma D_0 / \Delta x) \Delta t = 0.005 \) and \( \beta \gamma D_0 \Delta t = 0.01 \) for \((1+1)\)- and \((2+1)\)-dimensional simulations, respectively. A calculation of the MRH at each time step then yields trajectories \( \xi(t) \) that we use in the following to calculate the rate \( K(\xi) \).

We define the rate \( K(\xi) \) via the so-called mean first-passage time (MFPT) \( \tau(\xi) \), which is the average time it takes
FIG. 5. Sketch of the direct method used to calculate the mean first-passage time at a checkpoint $\zeta_i$ starting from a region $\mathcal{E}$ close to the minimum of the free energy landscape. Each time the checkpoint $\zeta_i$ is crossed, the time difference to all points within the equilibrium region $\mathcal{E}$ that have been visited since the last time $\zeta_i$ has been crossed, are added to a running average.

for a configuration to occur with an MRH that is larger than $\zeta$ given that one starts from a configuration drawn from an initial ensemble $\mathcal{E}$ (see Fig. 5). If $t_j$ are the times where configurations from the ensemble $\mathcal{E}$ are found, then this average is given by

$$\tau(\zeta_i) = \lim_{n \to \infty} \frac{1}{n} \sum_{j=1}^{n} [T_i(t_j) - t_j], \hspace{1em} (54)$$

where $n$ is the number of samples $t_j$ and $T_i(t_j)$ is the next time checkpoint $\zeta_i$ is reached after time $t_j$. $K(\zeta_i)$ is then calculated via the relationship

$$K(\zeta_i) = \frac{1}{\tau(\zeta_i)} \hspace{1em} (55)$$

that holds for the so called flux-over-population rate [47]. In our case the ensemble $\mathcal{E}$ consists of configurations with an MRH close to the most likely MRH (see Appendix C for details).

The definition (54) can be used to estimate the MFPT directly by evaluating it based on a finite set of samples, e.g., those generated by propagating a long unbiased trajectory. This has the advantage that no assumptions are made about the dynamics of $\zeta(t)$ and that, in principle, the method is exact in the limit $n \to \infty$. However, in practice this direct method is strongly limited by the length of trajectories available. If the MFPT that one wants to estimate is on the same order as or larger than the length of the trajectory used, $\tau$, then the resulting estimates of $\tau(\zeta)$ are systematically smaller than the true MFPT because not all waiting times can be observed with an equal prior probability (consider, for example, waiting times longer than $\tau$ which cannot be observed at all). In Appendix D it is shown that for a flat distribution of waiting times the expected observed waiting time is $\tau/4$, which is where the MFPTs measured using the direct method level off in Figs. 6 and 8.

FIG. 6. (a) Mean first-passage times $\tau$ as functions of the MRH $\zeta$ calculated by integrating the Langevin equations of motion (43) for (1+1)-dimensional interfaces for several system sizes $L$ [ $L$ increases from left to right in (a) and from top to bottom in (b)]. The MFPTs are calculated from initial configurations where $\zeta$ is close to its average value (see Appendix C for details of the calculation). Solid and dashed lines indicate results obtained using the direct and the Poisson method, respectively. The dotted gray line indicates the value of $\tau = \tau/4 = 3.75 \times 10^6$ (in dimensionless units) that we expect to be the result of the direct method in the limit $\tau \to \infty$ (see Appendix D for details).

(b) Same data with scaled axes as suggested by Eq. (57). For clarity, the results of the direct and the Poisson method are stitched together so that the results of each method are shown where we expect them to be accurate. Inset: $\tau$ as a function of $L$ at a fixed value of $\zeta^2/L = 1.25$. See Appendix E for the same plot at other values of $\zeta^2/L$.  

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Despite this limitation, in the following we use a slight variation of the direct method (see Appendix C for details) to estimate MFPTs without having to make prior assumptions about the statistics of crossing events. We then compare these results to a second set of calculations, where we assume that the statistics of first crossing events—i.e., the crossings of a checkpoint for the first time after visiting $E$—are those of a Poisson process. With this approximation the rate can simply be estimated by calculating

$$K(\xi) = \frac{n_i}{T},$$

where $n_i$ is the number of first-crossing events observed at checkpoint $\xi$ over time $T$. For this method (the Poisson method) the results from different simulations can be combined by simply summing over the respective $n_i$s and the simulation lengths of the individual simulations. The Poisson method significantly extends the range of MFPTs that can be estimated and, additionally, allows us to gauge the influence of correlations between crossing events on their statistics.

C. The (1+1)-dimensional EW interface

For the (1+1)-dimensional EW interface a wide array of results is available. It has been shown that a tagged random walker within the interface behaves according to fractional Brownian motion [48,49] with a Hurst exponent of $H = 1/4$ [43,50] (for conventional diffusion $H = 1/2$). This suggests that also the MRH shows some non-Markovianity. Nevertheless, a calculation of first-passage times (FPTs) by Gross [43], from an initially flat interface to a given value of the MRH, found that they follow a Kramers-like form [51] of

$$\tau(\xi) = \tau_0 \exp \left[\frac{\xi^2}{2\sigma_{id}^2}\right],$$

where $\sigma_{id}^2 \sim L/(\beta \gamma)$ and $\xi \gg w$. A dimensional analysis in Ref. [43] shows that $\tau_0 \sim L^\alpha$. No theoretical argument has yet predicted the value of the exponent $\alpha$, but numerical results in Ref. [43] suggest that $\alpha = 2$.

Figure 6 presents a similar analysis, however, we calculate the MFPT not from an initially flat configuration but rather from configurations observed along long trajectories. For small $\tau$ the Poisson method underestimates the MFPTs, as judged by results from the direct method that should be accurate in this regime. In the intermediate range of $\tau$ values we find excellent agreement between the two methods, indicating that different crossing events are indeed largely uncorrelated. For large values of $\tau$ we expect the MFPTs measured using the direct method to approach $T/4$ (see Appendix D) and, indeed, this is the behavior we observe.

To estimate the scaling behavior of $\tau(\xi)$, we show in the lower panel of Fig. 6 the MFPTs as a function of $\xi^2/L$ as suggested by Eq. (57). We observe that for values $\xi^2/L$ larger than 1, $\tau(\xi)$ is approximately proportional to $e^{a\xi^2/L}$, where $a$ is a constant (as was previously observed for the FPTs). The scaling of the prefactor $\tau_0$ approaches a behavior proportional to $L^2$ in the limit $L \to \infty$.

In summary, we observe the MFPTs to approach the form of Eq. (57) as the system size and the value of $\xi$ increase. Assuming that Eq. (57) holds, we substitute $k(\ell) = K(\ell) = 1/\tau(\ell)$ into Eq. (40). Solving for $\ell^*$ then yields a prediction for the most likely contact distance between two interfaces,

$$(\ell^*)^2 = 2\sigma_{id}^2 W \left(\frac{8\sigma_{id}^2}{9D\tau_0}\right),$$

where $W(x)$ is the inverse of $f(x) = x \exp(x)$, otherwise known as the Lambert-W function. Substituting $\tau_0 \sim L^\alpha$, $\sigma_{id}^2 \sim L$, $D \sim L^{-1}$ and using the fact that for large arguments $W$ becomes logarithmic [52],

$$\ell^* \sim \sqrt{L \log(cL)},$$

where $c$ is an $L$-independent constant, just as anticipated from the simple reasoning of Sec. II. The exponent $\alpha$ ultimately only appears as an argument to a logarithm and, hence, becomes a multiplicative factor in front of the scaling function. Notice the key result here that the most likely contact distance between two EW interfaces scales sublinearly with the system size.

The equilibrium condition (41) can now be assessed by substituting the rate function (57). Since the diffusion timescale increases with increasing $\ell$, it is sufficient to show that the equilibrium condition is fulfilled at $\ell = \ell^*$. Hence, we substitute the solution (58), approximate $W$ by the logarithm, and simplify the expression to

$$\frac{\tau_D}{\tau_{f\text{K}}(\ell=\ell^*)} \approx \frac{1}{2} \frac{\sigma_{id}^2}{\tau_{\text{fK}}D} \sim \frac{L}{L^2(1/L)} \sim \text{const.}$$

This implies that, if the interfaces have time to relax at one system size around $\ell^*$, the relaxation condition (41) is fulfilled.

In particular

$$\log x - \log \log x < W(x) < \log x.$$
for all system sizes, allowing us to extrapolate our results to large system sizes.

In Sec. V we test these results using simulations of the two-dimensional Ising model as an example. First, however, we present a similar analysis of the (2+1)-dimensional interface.

D. The (2+1)-dimensional EW interface

Less is known about the properties of the (2+1)-dimensional EW interface than the (1+1)-dimensional interface. The equilibrium probability distribution $P(\zeta)$ is expected to be Gaussian for large values of $\zeta$ [53–55] and in the limit $N = L/\Delta x \to \infty$ the distributions for different system sizes (but the same value of $\beta \gamma$) can be collapsed by applying the transformation [54]

$$\tilde{\zeta} = \zeta - \sqrt{\frac{2}{\pi \beta \gamma}} \log \left( \frac{L}{\Delta x} \right) = \zeta - S(L),$$

as shown in Fig. 7. Here we have defined the shift $S(L) = \sqrt{2/(\pi \beta \gamma)} \log(L/\Delta x)$. Notice that this expression explicitly references the discretization length $\Delta x$ even in the continuous limit. This is a direct consequence of the fact that the width of the (2+1)-dimensional interface diverges in the same limit [39,46] and, therefore, one has to choose a fixed discretization length in order to predict quantities related to the width of the interface. Figure 7 shows the free energies $\beta F(\zeta) = -\log P(\zeta)$ for a number of system sizes together with a fit of

$$\beta F_{\text{gauss}}(\zeta) = \frac{(\zeta - \tilde{\zeta}_0)^2}{2\sigma_g^2}$$

(62)

to the large $\tilde{\zeta}$ tail of $\beta F$. While the fact that the tail of these distributions is Gaussian can be shown from first principles [54], no theoretical argument that determines the constant $\tilde{\zeta}_0$ exists so far. We determined $\sigma_g$ and $\tilde{\zeta}_0$ from the fit shown in Fig. 7.

The functional form of $\tau(\zeta)$ is not known analytically. As was done in the (1+1)-dimensional case, also here one can propose a Kramers-like form for the MFPT based on Eq. (62), given by

$$\tau(\zeta) = \tau_0 \exp \left[ \frac{(\zeta - \tilde{\zeta}_0)^2}{2\sigma_g^2} \right].$$

(63)

Figure 8 shows the MFPTs calculated from simulations. For the smallest system size of $L = 10$ excellent agreement with Eq. (63) is found by fitting $\tau_0$ while using the parameters $\tilde{\zeta}_0$ and $\sigma_g$ determined from the free energy landscape.

As $L$ increases, however, two changes can be observed: first, the $\zeta$ ranges where direct and Poisson method yield different results become larger and, second, as $L$ becomes larger the $\tau(\zeta)$ is not well described by Eq. (63). Rather, the
MFPTs depend exponentially on \( \zeta \), like

\[
\tau(\tilde{\zeta}) = \tau_0 \exp \left[ \frac{\tilde{\zeta} - \tilde{\zeta}_0}{\sigma_c} \right].
\]  

(64)

where \( \tau_0 \sim \text{const.} \). We are not aware of any theoretical prediction of this behavior, and in the following we will explore the consequences of both the behavior of Eq. (63) and the exponential behavior of Eq. (64) on the most likely contact distance \( \ell^* \).

We start with the exponential rate function implied by Eq. (64), which appears to hold for large \( L \) in the EW model:

\[
k(\ell) = \tau_0^{-1} \exp \left[ -\frac{\tilde{\zeta} - \tilde{\zeta}_0}{\sigma_c} \right].
\]

(65)

Substituting into Eq. (39) and solving for \( \ell^* \) yields

\[
\ell^* = \sigma_c \log \left( \frac{16\sigma_c^2}{9D\tau_0} \right) + S(L) + \tilde{\zeta}_0.
\]

(66)

With the scalings \( \sigma_c \sim \text{const.} \), \( D \sim L^{-2} \), and \( \tau_0 \sim \sqrt{L} \), the scaling of \( \ell^* \) with system size becomes

\[
\ell^* \sim \log(cL),
\]

(67)

where \( c \) gathers all \( L \)-independent factors. With the same scalings the equilibrium condition (41) yields

\[
\frac{\tau_D}{\tau_{\text{fix}}} = \frac{\sigma_c^2}{2D} \sim \text{const.}
\]

(68)

indicating that, if the system fulfills the equilibrium condition at one system size, it also fulfills it at larger system sizes and that we can extrapolate our results to large \( L \).

The above scaling is exactly what was expected based on the simple derivation sketched in Sec. II. However, the path that leads to this result is unexpected: it requires a careful treatment of the contact distance distribution and is based on the unexpected rate expression (64) that likely is the result of strong correlations in the dynamics of the interface.

The Kramers rate expression (63), which was the basis of the argument in Sec. II, leads to the slightly different result

\[
(\ell^* - S(L) - \tilde{\zeta}_0)^2 \sim 2\lambda^2 W \left( \frac{8\sigma_c^2}{9D\tau_0} \right).
\]

(69)

where, again, \( W(x) \) is the Lambert \( W \) function. Substituting the above scalings then leads to

\[
\ell^* \sim \sqrt{\log(cL)} + \sqrt{\frac{2}{\pi \beta \gamma}} \log \left( \frac{L}{\Delta x} \right) + \tilde{\zeta}_0,
\]

(70)

where \( c \) is a constant with regard to \( L \) and we have approximated \( W(x) \) by \( \log(x) \) [52] as before.

The equilibrium condition (41) reads as

\[
\frac{\tau_D}{\tau_{\text{fix}}} = \frac{1}{\sqrt{2D\tau_{\text{fix}}}} \sim \text{const.}
\]

(71)

once again indicating that, if the interface has time to equilibrate at a given system size, it also has sufficient time to do so at larger system sizes. The above result is somewhat more involved since it involves the discretization length \( \Delta x \). But also here, the growth of \( \ell^* \) with system size \( L \) is expected to be slow.

Note that the first term of the result (70) resembles the first term of the semiempirical expression for the average distance between two static \((2+1)\)-dimensional interfaces that are in contact with each other at a single point,

\[
\ell_{\text{cont}} \approx \sqrt{4\log(\kappa_{\ell}L)} + \frac{0.5772}{\sqrt{4\log(\kappa_{\ell})}},
\]

(72)

proposed by Ponthus et al. [16] based on results from extreme value theory by Preumont [59]. Here \( \ell_{\text{cont}} \) is the average distance between two interfaces that are in contact in a single location, \( w_s \) is the root mean square width of the interfaces, and \( \kappa_{\ell} \) and \( \kappa_a \) are factors derived from moments of the power spectral density that describe the fluctuations of the interface at hand.

In the next section we compare these predictions derived using the EW model to simulations of more realistic systems: the Ising model and a system that contains Lennard-Jones liquid-vapor interfaces.

\section{The Stability of Slabs in Simulations}

As an example for systems where the interactions of two interfaces play an important role, we examine the stability of slabs formed in molecular simulations of phase-separated systems where periodic boundary conditions are used (see Figs. 1 and 2 for examples). Here the slab shape is the thermodynamically stable shape for clusters within a certain range of sizes, because the overall surface is smaller than the surface that would be formed by other geometries (spheres, cylinders, or disks). The sizes where the slab is thermodynamically stable can be determined by comparing the surface area of the slab to the competing geometries—a disk in \((1+1)\) dimensions and a cylinder in \((2+1)\) dimensions. Denoting with \( \Omega \) the area or volume of the system simulated and with \( \Omega_c \) the area or volume of the critical cluster where the slab geometry becomes stable with respect to the competing geometries, the result is

\[
\Omega_c/\Omega = 1/\pi
\]

in both \((1+1)\) and \((2+1)\) dimensions. In other words, the slab geometry becomes thermodynamically stable when the cluster makes up more than a certain area/volume fraction of the system. As the cluster becomes larger than half the size of the system, the two phases switch their roles and the sequence of geometries inverts; the phase that previously formed the cluster now envelopes a cluster of the other phase that takes on the different geometries.

In order for a slab to change its shape to another geometry, the two interfaces have to come into contact first. Assuming that this is the rate controlling step of the process, the width of slabs that are observed immediately prior to their transition to a disk or a spherical shape is therefore expected to scale according to Eqs. (59) and (66), in \((1+1)\) and \((2+1)\) dimensions, respectively.

In the following we investigate these widths in simulations of the ferromagnetic Ising model for zero field in \((1+1)\) and \((2+1)\) dimensions as well as in simulations of a Lennard-Jones liquid-vapor interface.
A. Simulation details

Ising model simulations are performed on square and cubic lattices with ferromagnetic nearest-neighbor interactions, vanishing external field, and periodic boundary conditions in all directions. We set up a simulation box that contains a slab of spins pointing in the up direction, which includes 50% of the available spins. Trajectories are run until the first hole appears in the slab and the configuration observed just prior to a hole forming is analyzed. The detection of holes in the slabs is detailed in Appendix F. Roughly 500 trajectories have been generated for each system size.

In order to find the average width of the slabs in these configurations, the configurations are then aligned according to each slab’s center-of-mass and the spin values are averaged over the in-plane directions of the slab. From the resulting distribution (see Fig. 9 for examples) we calculate the full-width at half-maximum distance (FWHM) of the spatial distribution of spins that belong to a cluster that is observed just prior to a hole forming. Error bars indicating an error level of one standard deviation are smaller than the symbol size. The blue line is a fit to $C_1 \sqrt{LW(C_0L)}$ in line with Eq. (58). The resulting parameters are shown in Table I. The dotted black line indicates the slab width below which a disk-shaped cluster becomes the stable configuration in equilibrium.

Next, we prepare the systems for the $NpT$ simulations with different cross-sectional areas by cutting out boxes of $4.4 \times 4.4$, $8.8 \times 8.8$, $17 \times 17$, and $26 \times 26$ from the original one. For each size, we run a short $NVT$ relaxation and generate Nosé-Hoover [61,62] thermostat and the Parrinello-Rahman barostat [63], respectively.

In the case of the three-dimensional LJ system, we first calculate the vapor pressure of a system of 20 133 atoms in a slab configuration (periodic boundary conditions applied in all directions), in the canonical ensemble at $T = 0.63$, using a simulation box of $35 \times 35 \times 35$. After averaging over 500 000 time steps, sampling every 10 steps, we obtain a reduced pressure of $p = (5.9 \pm 0.5) \times 10^{-3}$, which we use as the reference pressure for the subsequent sets of $NpT$ simulations. All molecular dynamics simulations were performed using the GROMACS simulation package [60] (version 5.1.2) with an interaction cutoff of 2.05. We integrated the equations of motion using the leap-frog integrator with a time step of $4.65 \times 10^{-4}$ which is equivalent to $1/4$ $\text{fs}$ using parameters for argon. To simulate the $NVT$ and $NpT$ ensembles, we used the Nosé-Hoover [61,62] thermostat and the Parrinello-Rahman barostat [63], respectively.

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20 different initial states by choosing random initial velocities taken from a Maxwell distribution at $T = 0.63$. We integrate the equations of motion at constant temperature ($T = 0.63$) and normal pressure ($p = 5.9$) for 200,000 time steps for each of the randomized starting configurations. For this particular setup that sets only the pressure normal to the interfaces, we use three uncoupled Parrinello-Rahman barostats, each in one of the three spatial directions, but we vary the box length only along the direction of the interface normal. In this way we impose a constant length for the simulation box edges along the two directions perpendicular to the surface normal. Because the conditions chosen are close to coexistence, during these runs some of the simulation boxes increase their volume, while some others decrease it, bringing the two interfaces eventually in contact.

Unlike in the Ising model, in an off-lattice system like the Lennard-Jones fluid it is necessary to introduce an ad-hoc characteristic distance $d_s$ to determine which molecules belong to the vapor phase, and when two interfaces can be considered to be in contact. We have chosen the value $d_s = 1.32$, roughly corresponding to the distance at which the pair distribution function crosses 1.0 after the first maximum.

We used the distance $d_s$ to perform a cluster analysis of the frames, where we determined the liquid fraction of the system to be the largest connected cluster in the system. Next, we performed an analysis of the interfacial atoms using the ITIM algorithm [64] in the pytim analysis package [65,66] using a probe sphere radius of 0.5 [67]. In a last step we use an additional clustering analysis with the same cutoff parameter $d_s$, this time performed only on the set of interfacial atoms, and consider the two interfaces to be in contact as soon as the two interfacial layers become a single cluster.

Since the interfacial analysis is computationally expensive, a bisection approach can be helpful in the analysis of trajectories, where one checks only the frame in the middle of the search interval, updating the search interval to the right half if no contact is found. This strategy reduces the number of frames to be analyzed from the order of the total number $O(N_t)$ to $O(t \log(N_t))$, where $N_t$ is the number of frames obtained from the simulation over time $t$. Once the frame at which the contact takes place is identified, we compute the root mean square width of the slab as

$$
\delta = \sqrt{\frac{1}{N_s} \sum_i \left( z_i - \bar{z} \right)^2 },
$$

where the sum extends over the $N_s$ surface atoms, $z_i$ is the position along the surface normal of an interfacial atom, and $\bar{z} = \sum z_i/N_s$. Figure 12 shows the averages of $\delta$ over all trajectories observed for a given linear system size $L$ as $\ell^*(L)$.

### B. Results

Figure 10 shows the data obtained using the (1+1)-dimensional Ising model together with a fit to the predicted scaling (58). The data is in excellent agreement with the predicted scaling.

For (2+1)-dimensional interfaces two predictions have been made in Sec. IV that are derived from assuming different dynamics of the maximum relative height of the interface expressed by the rate function $k(\ell)$. In Figs. 11 and 12 fits to both predicted scalings are shown and the resulting parameters are listed in Table I. Note that the second term in the scaling law for the (2+1)-dimensional case, Eq. (70), requires knowledge of the surface tension $\gamma$. In case of the (2+1)-dimensional Ising model we use a value of $\gamma = 1.15095$ as obtained in Ref. [68]. We use the surface tension extrapolated to $L = \infty$ here, since finite size effects are already included in the EW model. In the case of the LJ liquid-vapor interface we use a value of $\gamma = 1.97$, which is obtained from a linear extrapolation of the data provided in Ref. [69] to the temperature used in the simulations presented here.

For the (2+1)-dimensional Ising model the best fit is obtained by assuming a Gaussian form for $k(\ell)$, while the prediction for exponential $k(\ell)$ shows systematic deviations. The agreement between data and the prediction for a Gaussian rate function is excellent, indicating that the fluctuations of the interfaces in the system are, indeed, well described by Gaussian rate functions.

![Figure 12](image)
In the (2+1)-dimensional LJ system such a clear distinction cannot be made. Both assumptions for \( k(\ell) \) yield fits of similar quality. Note that since the value of \( \Delta x \) is unknown in the case of the LJ model, we have used its value as an additional fit parameter. Nevertheless, the slow growth of the contact distance is confirmed.

Figures 10 through 12 also show equilibrium expectations for the stability of slabs. For values of the distance between the two interfaces \( \ell \) below the dashed black lines, slabs are thermodynamically unstable with respect to other geometries. From both theory and simulations we find that slabs persist to much smaller interface separations. For large enough system sizes, the transition from slab to the other geometries is suppressed in all cases by the slow dynamics of extreme interfacial fluctuations. Also, the discrepancy with equilibrium expectations grows with increasing system size. Conversely, for small system sizes, we see that slabs are unstable even though they are predicted to be stable based on their volume alone, which is consistent with our fits and follows from the modulation of the surfaces by capillary waves. Also this regime is well described by the theory developed in this paper.

**VI. SUMMARY AND CONCLUSIONS**

We have presented a general approach to calculate the distribution of contact distances between two surfaces that are modulated by fluctuations and at the same time diffuse freely relative to each other. The corresponding stochastic PDE [Eq. (6)], which can be understood as a generalized reaction-diffusion equation, is solved approximately for different rate functions \( k(\ell) \) using a path-integral method. This calculation yields the distribution of contact distances as well as a condition for the most likely contact distance \( \ell^* \) [Eq. (39)].

The rate function \( k(\ell) \), which represents the rate of forming a closing fluctuation between two interfaces that are on average \( \ell \) apart, is in principle system specific. We have presented simulations using a basic interface model—the Edward-Wilkinson (EW) [39] model in both (1+1) and (2+1) dimensions—where we calculated the rate functions \( k(\ell) \) numerically. Our results on the (1+1)-dimensional interface confirmed previous results [43] that the rate function \( k(\ell) \) is a Gaussian function of \( \ell \). In the (2+1)-dimensional system a more complex behavior was observed where \( k(\ell) \) for small system sizes is a Gaussian, whose mean and variance are consistent with expectations from the known free energy landscape. For larger system sizes, \( k(\ell) \) instead decays exponentially.

Based on these functional forms of \( k(\ell) \), we calculated expressions for the distribution of contact distances \( u(\ell) \) and the most likely contact distance \( \ell^* \). A comparison to the results of numerical calculations of \( u(\ell) \) shows an excellent agreement with our theory in the limit of slow diffusion of the interface, i.e., for small but finite \( D \). Furthermore, a scaling analysis based on the results achieved using the EW model, yielded a scaling law for \( \ell^* \) that shows remarkably slow growth of the most likely contact distance with system size. In particular, in the (1+1)-dimensional case the growth is given by \( \ell^* \sim \sqrt{L \log(cL)} \) and in the (2+1)-dimensional case \( \ell^* \) grows like \( \ell^* \sim \log(cL) \) if \( k(\ell) \) is exponential and like \( \ell^* \sim \sqrt{\log(cL) + \sqrt{2/(\pi \beta')}} \log(L/\Delta x) + \zeta_0 \) for Gaussian \( k(\ell) \). Here \( \beta' \) is the reduced interface tension, \( \Delta x \) is the chosen discretization length, and \( \zeta_0 \) is a constant. In either case the growth of \( \ell^* \) is slow in the sense that the \( L \) dependence enters into the fastest growing terms through \( \log L \) only.

As an application of these results, we investigated the stability of slabs of particles in molecular simulations, in particular, the widths \( \ell \) at which they are found to collapse into more compact cluster shapes. The expectation from equilibrium considerations alone, is that \( \ell^* \sim L \) in all cases. However, in order for this collapse to occur, the two interfaces of a given slab have to come into contact with each other first. Assuming that the dynamics of the interfaces formed in these simulations are similar to the ones exhibited by the EW model, it follows that the scaling laws derived above also apply to the most likely collapse distance; a result that is in stark contrast to equilibrium expectations. Indeed, our simulations of the (1+1)-dimensional Ising model show that \( \ell^* \) scales proportional to \( \sqrt{\text{log}(cL)} \), as stated above. The results obtained with the (2+1)-dimensional Ising model are best fit by a model that assumes \( k(\ell) \) to be Gaussian in shape and also here the fit is excellent. Another set of simulations was performed using a slab of a Lennard-Jones liquid that forms two liquid-gas interfaces. In this case, based on our results we cannot distinguish whether a better fit can be achieved using a \( k(\ell) \) that is exponential or one that is Gaussian. However, both theories fit well to the data obtained, once again confirming the extremely slow growth of contact distance with system size. These results imply that, even in the macroscopic limit, the most likely contact distance \( \ell^* \) is microscopic, an observation that has been made in experiments using colloidal dispersions [11], where colloidal droplets coalesce under the influence of gravity when there is a gap on the order of 1 \( \mu m \) between them.

An interesting consequence of our results is the dependence of \( \ell^* \) on \( \log([\sigma^2/(D\tau_0)]) \), where \( \sigma \) is a length scale related to the roughness of the interface, \( D \) is a dynamical factor related to the timescales of fluctuations of the interface, and \( \tau_0 \) is a dynamical constant that governs the evolution of the center-of-mass distance of the two interfaces. A decrease of \( D \) (while keeping all other coefficients constant) implies an increase of \( \ell^* \), highlighting the importance of dynamical fluctuations in scenarios of interfacial contact. The diffusivity of two interfaces can thus be viewed as a control parameter for tuning the distance at which they come into contact.

The results presented in this work have been achieved by using results about the maximum relative height (MRH) observed in the Edward-Wilkinson model and extending them to other systems. This yielded an excellent match between simulation results and theory for the systems that were investigated. These results should be transferable to other interfacial systems provided that the dynamics of the MRH are qualitatively similar to the EW model. An extension to other situations can be made using the remarkably simple condition (39) that allows a prediction of the likely contact distance

\[^3\text{The length scale } \sigma \text{ is subtly different in the (1+1)- as opposed to (2+1)-dimensional system. See Secs. IV C and IV D for details.}\]
under some general assumptions, should interfaces exhibit different dynamics.

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**APPENDIX A: GENERALIZATION TO ARBITRARY DIMENSION**

We discretize the Hamiltonian Eq. (44) on a $d$-dimensional grid with grid spacing $(\Delta x)_k$ in direction $i$. We arrive at

$$H = \frac{\gamma}{2} \left[ \prod_{k=1}^{d-1} (\Delta x)_k \right] \sum_{j} n_j \cdots \sum_{j_{d-1}} n_{d-1} \times \left\{ \sum_{i=1}^{d-1} \left( \frac{h_{j,...,j+1,...,j_{d-1}} - h_{j,...,j,...,j_{d-1}}}{(\Delta x)_i^2} \right)^2 \right\},$$

(A1)

where $h_{j,...,j_{d-1}} = h_{ij} = h[j_1(\Delta x)_1, \ldots, j_{d-1}(\Delta x)_j]$, and $n_i$ and $(\Delta x)_i$ are the number of nodes and the discretization step size in dimension $i$, respectively. Calculating the derivative with respect to $h_{ij}$ yields the force

$$F_{ij} = \gamma \prod_{k=1}^{d-1} (\Delta x)_k \sum_{i=1}^{d-1} \frac{h_{...,j+1,...,j,...,j_{d-1}} - 2h_{...,j,...,j_{d-1}} + h_{...,j_{d-1}}}{(\Delta x)_i^2},$$

(A2)

and the equation of motion

$$\dot{h}_{ij} = \beta \gamma \Pi D_0 \sum_{i=1}^{d-1} \delta_{ij} \hat{h}_{ij} + \sqrt{2 D_0} \xi_{ij}.$$  

(A3)

Here we have introduced the abbreviations

$$\Pi = \left[ \prod_{k=1}^{d-1} (\Delta x)_k \right]$$

(A4)

and

$$\delta_{ij}^2 h_{ij} = \frac{h_{...,j+1,...,j,...,j_{d-1}} - 2h_{...,j,...,j_{d-1}} + h_{...,j_{d-1}}}{(\Delta x)_i^2}.$$  

(A5)

**APPENDIX B: CONTACT DISTANCE DENSITY DISTRIBUTIONS**

In Sec. III B we have derived an approximate solution for the distribution of contact distances between two interfaces $u(t)$ given a rate function $k(t)$:

$$u(t) \approx \frac{k(t)^{3/4} e^{-\delta_0(t)}}{2D^{1/2}k(t)^{1/4}Z}.$$  

(B1)

In this section we explicitly calculate $u(t)$ for exponential and Gaussian rate functions and test our results by comparing $u(t)$ to distributions obtained from a simple Gaussian random walk model. Random walkers are started at $t_0$ and their positions are updated according to

$$\ell_{i+1} = \ell_i + \sqrt{2D\Delta t}\xi,$$

(B2)

where $\xi$ is a random number chosen from a Gaussian distribution with zero mean and unit variance. Each time step the walker reacts with probability

$$P_T = 1 - e^{-k(t)\Delta t}.$$  

(B3)

If a reaction occurs the position is saved and added to a histogram. The results of these simulations are shown in Figs. 13 and 14.

1. **Exponential rate functions**

We first calculate $u(t)$ for the exponential rate function

$$k(t) = \nu e^{-\ell/t},$$

(B4)

FIG. 13. Comparison of Eq. (B6) (lines) to results obtained from random walk simulations (histograms) for an exponential rate function $k(t)$ (dashed line) and different values of the diffusion coefficient $D$. The other parameters are: $v = 1$, $\Lambda = 1$, $\ell_0 = 10$, and $\Delta t = 0.1$. The gray curve indicates the values of the rate function $k(t)$. $D$ decreases from left to right.

FIG. 14. Comparison of Eq. (B11) (lines) to results obtained from random walk simulations (histograms) for different values of the diffusion coefficient $D$. The other parameters are: $v = 10$, $w = 1$, $\ell_0 = 10$, and $\Delta t = 0.1$. The dashed gray curve indicates the values of the rate function $k(t)$. $D$ decreases from left to right.
where \( \ell_0 > \ell \). Substituting the “action” \( S_0 \), given by

\[
S_0(\ell) = \sqrt{\frac{D}{4\Lambda}} \int_{\ell_0}^{\ell} d\ell' e^{-\ell'/2(2\Lambda)} = \sqrt{\frac{4\Lambda^2}{D}} \left[ e^{-\ell/(2\Lambda)} - e^{-\ell_0/(2\Lambda)} \right],
\]

into Eq. (B1) yields the distribution

\[
u(\ell) = \frac{1}{Z} k(\ell)^{3/4} \exp \left[ -\sqrt{\frac{4\Lambda^2}{D}} e^{-\ell/(2\Lambda)} \right].
\]

This result becomes exact in the limit \( D \to 0 \) and, indeed, it is in excellent agreement with the data obtained from random walk simulations as \( D \) becomes small. The results are shown in Fig. 13. Note that the constants \( Z \) have been obtained by numerically normalizing the distribution \( \nu(\ell) \).

We can also predict the most likely contact distance \( \ell^* \) by setting the derivative of \( \log \nu(\ell) \) to zero and solving the resulting equation, which yields

\[
\ell^* = \Lambda \log \left[ \frac{16 \Lambda^2 v}{9 D} \right].
\]

### 2. Gaussian rate functions

The rate function \( k(\ell) \) is now given by a Gaussian

\[
k(\ell) = v \exp \left[ -\frac{\ell^2}{2w^2} \right],
\]

where we assume that \( \ell_0 \gg w > 0 \), \( v \) is a positive prefactor, and \( \ell < \ell_0 \). Substituting this rate function into Eq. (35) yields

\[
S_0 = \sqrt{\frac{v}{D}} \int_{\ell_0}^{\ell} d\ell' \exp \left[ -\frac{\ell^2}{4w^2} \right],
\]

which can be expressed in terms of an error function:

\[
S_0 = \sqrt{\frac{\nu\pi w^2}{D}} \left[ \text{erf} \left( \frac{\ell_0}{2w} \right) - \text{erf} \left( \frac{\ell}{2w} \right) \right].
\]

Substituting into Eq. (B1) we arrive at

\[
u(\ell) = \frac{1}{Z} k(\ell)^{3/4} \exp \left[ \frac{\nu\pi w^2}{D} \text{erf} \left( \frac{\ell}{2w} \right) \right].
\]

The maximum of this \( \nu(\ell) \) can again be calculated, yielding

\[
(\ell^* )^2 = 2w^2 W \left( \frac{8 \nu w^2}{9 D} \right),
\]

where \( W \) is the Lambert-W function. In the limit of large \( L \) we can approximate \( W(x) \sim \log(x) \), yielding

\[
\ell^* = w \sqrt{2 \log \left( \frac{8 \nu w^2}{9 D} \right)}.
\]

Figure 14 shows a comparison of this solution to the simulation results where the distribution \( \nu(\ell) \) has been normalized numerically. Also here the agreement between the two is excellent in the limit \( D \to 0 \).

### Table II. Simulation parameters used to calculate MFPT data for the (1+1)-dimensional EW interface. Shown are the length of individual simulations \( T \), the extent of the equilibrium region \( \epsilon \), and the number trajectories used \( n_R \) as a function of linear system size \( L \).

| \( L \) | \( T \) \( \times \) \( 10^7 \) | \( \epsilon_{\text{low}} \) | \( \epsilon_{\text{high}} \) | \( n_R \) |
|---|---|---|---|---|
| 10 | 3 | 1.287 (0.55) | 2.388 (0.55) | 11 |
| 20 | 3 | 1.840 (0.55) | 2.941 (0.55) | 11 |
| 40 | 3 | 2.393 (0.55) | 3.494 (0.55) | 11 |
| 80 | 3 | 2.946 (0.55) | 4.047 (0.55) | 10 |
| 120 | 3 | 3.269 (0.55) | 4.371 (0.55) | 9 |
| 200 | 3 | 3.677 (0.55) | 4.778 (0.55) | 6 |
| 400 | 3 | 4.230 (0.55) | 5.331 (0.55) | 7 |
| 800 | 1.22 | 4.783 (0.55) | 5.884 (0.55) | 4 |

### Appendix C: Mean First-Passage Time Calculation

In Sec. IV B we have outlined two different methods of calculating the mean first-passage times (MFPTs): the direct method and what we termed the Poisson method. In this Appendix we provide the parameters used to carry out these calculations as well as the algorithmic details of the direct method.

Both methods require a choice of the equilibrium region \( \epsilon \) which are gathered in Tables II and III. These regions where chosen based on a previous calculation of the free energy \( \beta F(\xi) = -\log P(\xi) \), where \( P(\xi) \) is the equilibrium probability density as a function of the maximum relative height \( \xi \). The results of this calculation are shown in Fig. 15 together with the chosen regions that are centered around the minimum of the respective free energy.

In the direct method we average the waiting times between configurations in \( \epsilon \) and the system reaching a checkpoint \( \zeta \).

### Table III. Simulation parameters used to calculate MFPT data for the \( (2+1) \)-dimensional EW interface. Shown are the length of individual simulations \( T \), the number of trajectories used \( n_R \), and the extent of the equilibrium region \( \epsilon \) as a function of linear system size \( L \).

| \( L \) | \( T \) \( \times \) \( 10^7 \) | \( \epsilon_{\text{low}} \) | \( \epsilon_{\text{high}} \) | \( n_R \) |
|---|---|---|---|---|
| 10 | 2 | 1.287 (0.55) | 2.388 (0.55) | 11 |
| 20 | 3 | 1.840 (0.55) | 2.941 (0.55) | 11 |
| 40 | 3 | 2.393 (0.55) | 3.494 (0.55) | 11 |
| 80 | 3 | 2.946 (0.55) | 4.047 (0.55) | 10 |
| 120 | 3 | 3.269 (0.55) | 4.371 (0.55) | 9 |
| 200 | 3 | 3.677 (0.55) | 4.778 (0.55) | 6 |
| 400 | 3 | 4.230 (0.55) | 5.331 (0.55) | 7 |
| 800 | 2.14 | 4.783 (0.55) | 5.884 (0.55) | 4 |
the next time (see Fig. 5). Here we write $T_{j}^{(i)}$ for the times a crossing of checkpoint $i$ occurs and $i_{jk}^{(i)}$ for the times when the system is found in region $E$ in between the hits at time $T_{j-1}^{(i)}$ and $T_{j}^{(i)}$, i.e., all the times where the next crossing occurs at $T_{j}^{(i)}$. $N_{j}^{(i)}$ is the number of times $i_{jk}^{(i)}$ observed. The MFPT for checkpoint $i$ is then given by

$$\tau(i) = \frac{1}{\sum_{j} N_{j}^{(i)}} \sum_{j} \sum_{k=1}^{N_{j}^{(i)}} (T_{j}^{(i)} - i_{jk}^{(i)}). \quad (C1)$$

where the $\sum_{j}$ runs over all checkpoint crossings $j$. This can be rewritten in the computationally more convenient form of

$$\tau(i) = \frac{1}{\sum_{j} N_{j}^{(i)}} \sum_{j} \left( N_{j}^{(i)} T_{j}^{(i)} - \sum_{k=1}^{N_{j}^{(i)}} i_{jk}^{(i)} \right). \quad (C2)$$

Hence, to calculate the MFPTs directly, two sums have to be kept and updated each time the interface $i$ is crossed: $\sum_{j} N_{j}^{(i)}$, $\sum_{j} (N_{j}^{(i)} T_{j}^{(i)} - \sum_{k=1}^{N_{j}^{(i)}} i_{jk}^{(i)})$.

**APPENDIX D: DIRECT VS POISSON METHOD IN THE (1+1)-DIMENSIONAL EW MODEL**

In Sec. IV B we present mean first-passage times (MFPTs) calculated using two different methods: (i) a direct average of waiting times between visiting the $E$ region (see Appendix C) and crossing a given checkpoint $i$, and (ii) an evaluation that assumes that the statistics of these crossing are Poissonian statistics. In this Appendix we present an analysis of the differences between the results obtained using these two methods and their dependence on system size $L$.

Figures 16 and 17 show the ratios of the MFPTs calculated using direct and the Poisson method, $q(i) = \tau_{\text{direct}}/\tau_{\text{Poisson}}$, for the (1+1)- and the (2+1)-dimensional EW interface, respectively.

As was noted in the main text, the direct method is limited by the length of trajectories used because the a priori
increases from the bottom to the top line. In the second line we have substituted \( \kappa \) as a function of \( L \). The dashed line indicates a fit of \( \kappa(L) = AL^B \), where \( A \approx 0.03 \) and \( B \approx 0.67 \). In contrast to the (1+1)-dimensional system, \( \kappa \) grows with system size. System size increases from the bottom to the top line.

probability of observing a given waiting time is not the same for all waiting times \( t_w \). We assume the distribution of waiting times \( \rho_w(t_w) \) to be time-independent and that subsequent checkpoint crossings are independent of each other. Consider a set of simulation runs of length \( T \) over which we calculate the average waiting time of such events.

We first calculate the waiting time for a single fixed starting time of the waiting period \( 0 \leq t < T \). The expected observed average waiting time starting from \( t \), \( \langle t_w \rangle_t \), is given by

\[
\langle t_w \rangle_t = \frac{1}{Z(t)} \int_0^T dt'' (t'' - t) \rho_w(t'' - t)
\]

where in the second line we have substituted \( t' = (t'' - t) \) and \( Z(t) = \int_0^T dt' \rho_w(t') \) normalizes the distribution of events observed in the limited time \( T - t \). Now we can average over the starting points \( t \) to arrive at the overall expectation value for the observed waiting times:

\[
\langle t_w \rangle = \frac{1}{T} \int_0^T dt \frac{1}{Z(t)} \int_0^{T-t} dt' \rho_w(t').
\]

As an illustrative example, consider waiting times that are distributed according to a Poisson distribution: \( \rho_w(t_w) = \frac{e^{-\tau(t_w)} \tau(t_w)^{t_w}}{t_w!} \). A calculation of \( \langle t_w \rangle_t \) yields

\[
\langle t_w \rangle_t = \tau + \frac{T - t}{1 - e^{-\tau(T-t)/\tau}}.
\]

As expected, the second term vanishes in the limit \( T \to \infty \) to recover the well-known result for Poisson distributions.

The result of the second integration in Eq. (D2) cannot be expressed in terms of basic functions, however, in order to assess the effect of limited simulation time we now consider the regime where \( T - t \ll \tau \). Expanding \( \langle t_w \rangle_t \), to first order in \( (T - t)/\tau \) yields

\[
\langle t_w \rangle_t \approx \frac{1}{2}(T - t).
\]

With this approximation carrying out the second integral in Eq. (D2) then gives

\[
\langle t_w \rangle \approx \frac{T}{4},
\]

which is solely determined by the length of the trajectories. The same result can be achieved by simply assuming that \( \rho_w(t_w) \) is a constant over the range \( [0, T] \). This result is represented by dashed lines in Figs. 16 and 17 and is in excellent agreement with the observed decline of \( q(\xi) \) at large \( \xi \). For both dimensionalities we observe an exponential decay of \( q(\xi) \) with \( \xi \) before the deviations due to finite drop \( q \) to zero. The indicated fits of \( q(\xi) = 1 + A \exp[-(\xi - \xi_0)/\kappa(L)] \) to the data reveal a qualitative difference between the (1+1)- and the (2+1)-dimensional system: while the parameter \( \kappa(L) \) approaches a constant value as \( L \) increases for (1+1)-dimensional interfaces, in the (2+1)-dimensional case \( \kappa(L) \) grows with system size.

### APPENDIX E: SCALING OF MFPTs WITH SYSTEM SIZE

In Figs. 6 and 8 in the main text we have shown examples of the scaling behavior of \( \tau(L) \) at fixed values of \( \xi \). Figures 18 and 19 show the functional form of \( \tau(L) \) for a broader range of \( \xi \) values.
APPENDIX F: DETECTION OF CLUSTER GEOMETRY IN THE ISING MODEL

We present an algorithm that detects the geometry of a given cluster in simulations of the two- and three-dimensional Ising model with periodic boundary conditions. This includes the detection of holes in slabs. As a first step, we identify the largest cluster of neighboring spins that point in a particular direction within the system, the so called geometric cluster [70,71]. The neighbors of a given spin are all spins that can be reached by making a step of ±1 in each direction separately. Diagonally displaced spins are not considered neighbors.

The number of distinct geometries that are thermodynamically stable states if one fixes the magnetization of the system, depends on the number of dimensions. Consider clusters in two dimensions that consist of spins that point up. There are three stable geometries in order of increasing magnetization [21]: a disk of spins pointing up, a slab that points up next to a slab that points down, and a disk that points down (see Fig. 20). In the following we will refer to these states as disk, slab, and opp-disk, using the opp- prefix to identify these geometries. We pick a random spin (see Fig. 20). In the following we will refer to these states as disk, slab, and opp-disk, using the opp- prefix to identify configurations in which the largest cluster of spins that point in the opposite direction has the given geometry.

To distinguish between these geometries, we introduce an algorithm that counts the directions in which a cluster is connected to itself. Figure 20 shows a sketch of the principle used to identify these geometries. We pick a random spin \( \sigma \) from our cluster and ask the question: how many periodic copies of \( \sigma \), which are found in adjacent copies of the simulation box, are connected to \( \sigma \) via a path that does not leave the cluster? Additionally, we require that these copies are distinct, in the sense that they are not related to each other by an inversion around \( \sigma \).

In the case of a disk, the answer is 0; there is no path to any periodic copy of a given spin. If the cluster is a slab the answer is 1 since we can find a path along the \( y \) direction to a spin offset one box-length up and another one, one box-length down. However, these two spins are related to each other by an inversion around \( \sigma \), and, hence, we discard one of them. The last example is the opp-disk; here we can reach copies in \( y \) direction and copies in \( x \) direction so the answer is 2.

In order to also handle unusual cluster geometries like slabs that are aligned along the diagonals of the simulation box or clusters that span multiple periodic boxes before they are connected to themselves, we can generalize this concept by looking for the “closest” copies of our spin in terms of a box-distance \( \Delta \). To define \( \Delta \) we first note that the offset of each periodic copy of \( \sigma \), can be written as

\[
\Delta r = \sum_i b_i s_i, \tag{F1}
\]

where the \( b_i \) are integer coefficients and the vectors \( s_i \) span the simulation box. The box-distance \( \Delta \) is then given by

\[
\Delta = \sqrt{\sum_i b_i^2}. \tag{F2}
\]

By looking for the copies with smallest \( \Delta \), we make sure that we start searching for copies in the neighboring boxes first.

The algorithm that distinguishes between different geometries then proceeds as follows:

1. Pick a random spin \( \sigma \) from the largest cluster in the system that points in the direction of interest.

2. For \( d \) dimensions, up to \( 2d \) of the periodic images of \( \sigma \) that can be reached via a path that does not leave the cluster, will have the minimum value of \( \Delta \), \( \Delta_{\text{min}} \). Find all periodic images with \( \Delta_{\text{min}} \).

3. Pairs of these images will be related by an inversion around \( \sigma \). Keep only one copy of each of these pairs.

4. Count the number of these periodic images found, \( n_c \).

5. Repeat steps 1 to 4 for the largest cluster pointing in the opposite direction. The resulting count is called \( \tilde{n}_c \).

6. To determine the geometry refer to Tables IV and V that summarize the possible geometries in two and three dimensions and the associated values of \( n_c \) and \( \tilde{n}_c \).
TABLE IV. Table of possible geometries in two dimensions, the number of closest periodic images of a spin that can be reached without leaving the cluster $n_c$, and the value for the largest cluster in the opposite direction $\bar{n}_c$.

| $n_c$ | $\bar{n}_c$ | Geometry | spanning |
|-------|-------------|----------|----------|
| 0     | 2           | Disk     | nonspanning |
| 0     | 1           | Disk\textsuperscript{4} | nonspanning |
| 0     | 0           | Disk\textsuperscript{4} | nonspanning |
| 1     | 1           | Slab     | spanning |
| 1     | 0           | Opp-disk\textsuperscript{4} | spanning |
| 2     | 0           | Opp-disk | spanning |

\textsuperscript{4}In these cases the disks are separated from their periodic images by two spins that are offset by one diagonal step.

The additional geometries encountered in three dimensions, shown in Table V, are cylinders, slabs with a hole (i.e., slabs where there is a connected path through the slab that consists of spins that point in the opposite direction), and the corresponding opp geometries. Also, in small systems configurations that contain an up-slab and a down-slab, both with holes, can be found\textsuperscript{4} (Hole-Opp-Hole).

APPENDIX G: MC SIMULATIONS

In the case of a (1+1)-dimensional interface the equations of motion (43) are derived from the Hamiltonian

\[ H = \gamma \frac{N-1}{2} \sum_{i=0}^{N-1} \Delta x \left( \frac{x_{i+1} - x_i}{\Delta x} \right)^2. \] (G1)

The generalization to higher dimensions is straightforward and given in Appendix A.

Free energy landscapes as a function of $\zeta$, $F(\zeta)$, are obtained using Metropolis Monte Carlo [72] umbrella sampling [73] simulations. Configurations are biased using a set of harmonic spring potentials and the resulting histograms are subsequently joined using the weighted-histogram-analysis-method (WHAM) [56–58,74].

APPENDIX H: CALCULATION OF CLUSTER SIZE FROM THE MAGNETIZATION

If a configuration from an Ising model simulation consists of a single large cluster, the size of the cluster can be estimated from the total magnetization. This estimate will be accurate if the average magnetizations inside and outside of the cluster are close to the bulk values $m_0 = -m_\uparrow = \langle m \rangle$. This is expected to be true in the bulk of the cluster, if the cluster is a large enough slab, so that the width of the interfaces is small relative to the width of the cluster. Due to the symmetry of the Ising model with respect to a flip of all the spins, effects that stem from the surfaces of the cluster average out. Hence, we can write

\[ Nm \approx n\langle m \rangle - (N-n)\langle m \rangle, \] (H1)

where $m$ is the magnetization of configuration, $N$ is the total number of spins, and $n$ is the number of spins in the cluster of interest. The cluster size can then be estimated by simply rearranging to

\[ n \approx N \left( \frac{m}{\langle m \rangle} + 1 \right). \] (H2)
