The goal of this survey is to inform us about your physical and sports activities. In answering this survey spontaneously and sincerely, you will bring precious informations to researchers at the Faculty of Sports Sciences, Marseille. Your answer will be anonymous and used only for scientific purposes. No commercial use is warranted.

We thank you for your participation.

1. Age  
2. Height  
3. Weight  
4. Number of Siblings  
5. Sex  Female  Male  
6. School Board  Full board  ½ board  No board  
7. You live with  your parents  your father  your mother  alternating  other(s)  
8. Father’s and Mother’s Occupation (tick the correct answer(s))

| Mother | Father |
|--------|--------|
| Farmer |        |
| Merchant, artisan, company director |        |
| Intellectual occupation (engineer, doctor/physician, etc.) |        |
| Intermediate occupation (teacher, nurse, technician, etc.) |        |
| Salaried employee |        |
| Manual worker |        |
| Retired |        |
| Unemployed |        |
| At home |        |
| Other (precise) |        |

7. In a typical week, on how many days do you bicycle for at least 10 minutes continuously to get to and from places?  

8. How much time do you spend cycling for travel on a typical day?  

| Hours | Minutes |
|-------|---------|

9. Apart from physical education classes at school, do you do sports? (If not, the questionnaire ends there)  

| Yes | No |
|-----|----|

7. In a typical week, how many days do you do sports?  

8. In a typical week, how much time do you spend doing sports?  

| Hours | Minutes |
|-------|---------|

9. What sport do you do the most (main sport)? (Only one answer)  

10. You play your main sport... (multiple answers possible)  

| club | outside-club |
|------|--------------|

11. How long have you been playing your main sport?  

| year(s) | month(s) |
|---------|----------|

12. What is your level of competition in your main sport?  

| I do not play in competition | |
| Local/community level | |
| Regional/state level | |
| National level | |
| International level | |
| Official high-level athletes recognized by the Ministry of Sports | |

13. In a typical week, on how many days do you do your main sport?  

14. In a typical week, how much time do you spend doing your main sport?  

| Hours | Minutes |
|-------|---------|