Pyroptosis targeting via mitochondria: An educated guess to innovate COVID-19 therapies

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Funding information
CAST Grant; LAM-Bighi Grant Initiative; Petplan Charitable Trust; AIRC-MFAG, Grant/Award Number: 21903; European Research Council Consolidator Grant, Grant/Award Number: COG 2018-819600_FIRM

Pyroptosis is a specialized form of inflammatory cell death which aids the defensive response against invading pathogens. Its normally tight regulation is lost during infection by the severe acute respiratory coronavirus 2 (SARS-CoV-2), and thus, uncontrolled pyroptosis disrupts the immune system and the integrity of organs defining the critical conditions in patients with high viral load. Molecular pathways engaged downstream of the formation and stabilization of the inflammasome, which are necessary to execute the process, have been uncovered and drugs are available for their regulation. However, the pharmacology of the upstream events, which are critical to sense and interpret the initial damage by the pathogen, is far from being elucidated. This limits our capacity to identify early markers and targets to ameliorate SARS-CoV-2 linked pyroptosis. Here, we focus attention on the mitochondria and pathways leading to their dysfunction, in order to elucidate the early steps of inflammasome formation and devise tools to predict and counter pathological states induced by SARS-CoV-2.

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KEYWORDS
mitochondria and pharmacology, pyroptosis, SARS-CoV-2

The 2019 coronavirus disease (COVID-19) has changed our lifestyles causing an unimaginable and unprecedented health crisis with serious effects at many levels. The causative aetiologial agent behind what is the fastest spreading disease of the 21st century is the severe acute respiratory coronavirus 2 (SARS-CoV-2). This virus is an enveloped, positive-sense, single-stranded RNA virus that enters the host cell by binding to the ACE2 receptor through the interaction with the trimeric S spike glycoprotein (Hoffmann et al., 2020; Kim et al., 2020).

Like other coronaviruses (i.e., the highly pathogenic severe acute respiratory syndrome coronavirus [SARS-CoV] and the Middle East respiratory syndrome coronavirus [MERS-CoV]), SARS-CoV-2 infection is associated with overbearing and uncontrolled inflammatory response (He et al., 2006; Lau et al., 2013; Zhou et al., 2014).

Although many patients infected by SARS-CoV-2 remain asymptomatic or develop very mild symptoms, others experience a severe and acute respiratory syndrome leading to hospitalization and critical care treatment. Notably, patients with severe COVID-19 present elevated level of pro-inflammatory mediators (TNF-α and IL-6) in their peripheral blood which epitomizes poor prognosis, linked with mortality (Hojyo et al., 2020; Santa Cruz et al., 2021).

The uncontrolled increase of cytokines delivers distress at a systemic level, irreparably damaging organs essential for life such as the heart and kidneys (Long et al., 2020).
Since the very beginning of the outbreak, it was clear that, in SARS-CoV-2 patients, the so-called “cytokine storm” played a crucial role in the pathogenesis of the disease and its most severe manifestations: immune dysregulation, systemic inflammation and multi-organ dysfunction are all due to the cytokine storm. This is present in the severe COVID-19 cases in which exacerbation of inflammation is a consequence of the unrestrained pathogen-associated molecular patterns. Clinical manifestations of COVID-19 include acute respiratory distress syndrome (ARDS), systemic inflammatory response syndrome (SIRS) and cardiac failure (Patel et al., 2021). Specifically, in COVID-19 cases, the uncontrolled inflammatory response results in leukopenia reflecting a high degree of cell lysis which follows the sustained pyroptosis (Ferreira et al., 2021). In addition, poor prognosis is associated with coagulopathy (Klok et al., 2020) which is also linked with the inflammasome-mediated pyroptosis in macrophages, leading to the release of tissue factor, an essential mediator of blood coagulation cascades (Wu et al., 2019).

Pyroptosis was first described in myeloid cells infected by pathogens (Cookson & Brennan, 2001) and originates etymologically from the Greek words pyro (fire) and ptosis (falling). It is a programmed execution of the cell which follows the stabilization of the supramolecular protein complex called the inflammasome. Pyroptosis (schematically summarized in Figure 1) is characterized by cellular swelling and rupture (lysis) which aids the release of pro-inflammatory mediators such as IL-1β and IL-18.

**FIGURE 1** Activation of the NLRP3 inflammasome by SARS-CoV-2 via mitochondrial dysfunction. The three SARS-CoV proteins (E, ORF3a and ORF8b) induce the activation of inflammasome (4). E protein (yellow) induces Ca2+ efflux through ERGIC/Golgi membranes to the cytosol (6). This induces influx into the mitochondria to generate mtROS (8). ORF3a (blue) induces K+ efflux to the extracellular space (7) and promotes inflammasome assembly (4) through TRAF3-mediated ubiquitination of ASC (7; 10). On the other hand, TRAF3–ORF3a interaction is required for NF-κB activation, resulting in transcription of the pro–IL-1β/IL-18 and NLRP3 genes. ORF8b (violet) can interact directly with NLRP3 stimulating its activation (5). Consequent to inflammasome activation (4), gasdermin D (GSDMD) pores are formed on the plasma (2) and mitochondrial (3) membranes, causing IL-1β/IL-18 secretion (1), the cellular swelling associated with pyroptosis (1) and the induction of mitochondrial apoptotic pathway via Bax-dependent release of cytochrome C into the cytosol. Additionally, activation of Bax can trigger NLRP3 activation via apoptotic caspases (dotted line) in a K+ efflux-dependent manner (7). Thus, SARS-CoV-2 triggers NLRP3 inflammasome assembly and activation by damaging the mitochondria and inducing the production of mtROS (8) and the loss of mitochondrial membrane potential (ΔΨm) to release damaged mitochondrial DNA (mtDNA) in the cytosol through the mitochondrial pore transition (mPT). Therefore, mitophagy (11) stands as an important regulator of NLRP3 which is tethered on the mitochondria for activation in a mtROS-dependent manner (black box).
as IL-1β and IL-18 (Figure 1.1), whose maturation follows activation of caspase-1 (Yang et al., 2019). Pyroptosis is thus a caspase-dependent process in which gasdermin D is proteolytically cleaved enabling interactions with phosphatidylinositol phosphates and phosphatidylserine on the inner cell membrane to form pores (Shi et al., 2015) (Figure 1.2).

Gasdermin D is also able to disrupt the mitochondrial membranes leading to the induction of apoptosis triggered by the release of cytochrome C (Zheng & Li, 2020) (Figure 1.3). SARS-CoV-2 infection therefore results in the activation of apoptosis as well as pyroptosis, and evidence also links the virus to the necroptotic type of cell death (Li et al., 2020). Infection by the virus can initiate the signalling cascade involving caspase 8 (Li et al., 2020), which is an acknowledged master regulator of various types of programmed cell death (Fritsch et al., 2019). It must be nonetheless stated that, even though cross-talk between different forms of programmed cell death is possible, infection by SARS-CoV-2 mostly activates pyroptosis, thus highlighting the inflammatory nature of the disease.

Pathogen-driven pyroptosis requires the nucleotide-binding oligomerization domain (NOD)-like receptors (NLR) to assemble the inflammasome. The latter constitutes a platform for the recruitment and activation of caspase-1 aided by the apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC) which acts as a bridging molecule (Figure 1.4). The NOD-like receptor (NLR) pyrin domain-containing 3 (NLPR3) is the best characterized member of this family of receptors and has been implicated in a wide range of diseases spanning autoinflammatory disorders, including those involving the respiratory system, neurological conditions, virus-associated illnesses and antiviral responses. Activation of the NLPR3 inflammasome is now confirmed in COVID-19 patients in whom it represents a reliable indicator of the disease severity (Courjon et al., 2021; Toldo et al., 2021). The NLPR3 inflammasome is therefore a molecular signature which predicts release of inflammatory cytokines prodomal to the organ damage and deregulation of the immune system, which underlies the systemic COVID-19 pathology.

SARS-CoV-2 (like its predecessors) expresses at least three proteins capable of engaging and activating the NLPR3 inflammasome: ORF8b (Figure 1.5), envelope (E) (Figure 1.6) and the ORF3a (Figure 1.7) (Yap et al., 2020). ORF8b directly activates the inflammasome via the leucine-rich repeat (LRR) domain of the NLPR3 protein with which it co-localizes (Shi et al., 2019) (Figure 1.5). The E protein is a viroporin (oligomeric complexes that act as ion channels) found on the membrane encapsulating the ER-Golgi intermediate compartment (ERGIC) (Torres et al., 2007) which amplifies the inflammasome signalling by mobilizing Ca2+ in the cytosol to increase the production of cytokines and chemokines (Figure 1.6) (Murakami et al., 2012; Nieto-Torres et al., 2015). Finally, ORF3a by acting as a K+ channel (Figure 1.7) (Chen et al., 2019) disrupts mitochondrial integrity causing an intracellular accumulation of ROS which facilitates the activation of the NLPR3 inflammasome (Figure 1.8).

Mitochondrial dysfunction, from which the ROS originates, is therefore linked with the NLPR3 activation and this link supports greater attention to the role of mitochondria in the pathogenesis of COVID-19 (Figure 1.8). Even though engagement of pathogen-associated molecular patterns is the priming signal to up-regulate the transcription of the inflammasome complex subunits, NLPR3 and pro-IL-1β, the impaired mitochondrial function — as shown by the accumulation of the mitochondria-derived ROS (mtROS)—is the second indispensable trigger for the functional assembly of the inflammasome.

Despite the mtROS being acknowledged to be essential for the stabilization of the inflammasome (Nakahira et al., 2011; Zhou et al., 2011), the hierarchy of molecular events which dictate, accompany or characterize the redox stress guiding the process, remains ill-defined. Other mitochondrial proteins involved in inflammasome activation are the mitochondrial antiviral signalling (MAVS) proteins which directly associate with NLPR3 on the outer membrane (Ichinohe et al., 2013; Iyer et al., 2013) (Figure 1.9). MAVS proteins can also recruit, in a ROS-dependent manner, the E3 ligase TRAF3 which amplifies the inflammasome activation by ubiquitinating ASC (Figure 1.10) (Guan et al., 2015; Siu et al., 2019). Ubiquitinating and de-ubiquitinating events define ubiquitinating ASC and hence activation of pyroptosis is still not clear. At present, what is known is that promotion of mitochondrial quality control via selective autophagy (mitophagy) limits NLPR3 activation, by eliminating damaged or stressed mitochondria (Lin et al., 2019; Zhong et al., 2016). Accordingly, de-ubiquitination of mitochondrial proteins by ROS drives the NLPR3 inflammasome complex assembly by blocking mitophagy (Zhang et al., 2019), corroborating the prodromal role played by the loss of mitophagy. It is therefore clear that the precise upstream, mitochondrially based, molecular events that culminate in inflammasome stabilization remain to be fully described and thus limit the precision of targeting this process.

Over the years, molecules capable of controlling pyroptic cell death through the inhibition of the inflammasome complex have been developed and some are now in clinical trials to treat inflammatory diseases. Among these are (i) resveratrol which acts as an inhibitor of thioredoxin-interacting protein, thus decreasing inflammasome assembly (Cheng et al., 2019) and (ii) the FDA-approved disulfiram which blocks pyroptosis by modifying gasdermin D, thereby preventing pore formation (Hu et al., 2020). Notably, all the pharmacological agents which hold the potential to integrate the therapeutic protocols for patients, counteract inflammasome stabilization by targeting the subunits of the supramolecular complex itself, rather than upstream events leading to NLPR3 assembly. Dysfunction of the mitochondria is one such upstream event of NLPR3 inflammasome assembly for which there are several advanced strategies of targeting (Singh et al., 2021).

Blocking the biochemical consensus for NLRP3 stabilization as well as curbing the associated signalling cascades (by reducing ROS, preventing morphological aberrations or increasing mitophagy) may therefore represent a viable strategy to pharmacologically prevent pyroptosis and hence ameliorate the inflammatory processes via effects on mitochondria.

Deciphering the role of mitochondrial dysfunction in SARS-CoV-2-induced NLPR3 activation will be instrumental to identify...
these molecular checkpoints and so improve the pharmacological tools-kit. An increased mechanistic awareness of the upstream processes of pyroptosis may therefore prevent the feed-forward mechanisms which amplify the effects of the inflammasome.

Most of the current efforts to develop anti-COVID-19 therapeutic protocols are devoted to preventing the intracellular access of the virus via prophylaxis, with very few aimed at repressing and preventing pyroptosis. To this end, we are highlighting that the mitochondrial-dependent paths to activation of the NLRP3 inflammasome may provide early molecular read-outs to predict and/or counter the severity of toxicity in SARS-CoV-2 infected cells. This could form the basis of innovative treatments against the uncontrolled inflammation in COVID-19 patients.

**NOMENCLATURE OF TARGETS AND LIGANDS**

Key protein targets and ligands in this article are hyperlinked to corresponding entries in the IUPHAR/BPS Guide to PHARMACOLOGY (http://www.guidetopharmacology.org) and are permanently archived in the Concise Guide to PHARMACOLOGY 2019/20 (Alexander, Fabbro et al., 2019a, 2019b)

**ACKNOWLEDGEMENTS**

The research activities lead by M.C. on the topics of this script are supported by the European Research Council Consolidator Grant COG 2018-819600, FIRM; AIRC-MFAG 21903; the Petplan Charitable Trust; LAM-Bighi Grant Initiative; and the CAST Grant.

**CONFLICT OF INTEREST**

The authors declare no conflicts of interest.

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