AMPK-induced activation of Akt by AICAR is mediated by IGF-1R dependent and independent mechanisms in acute lymphoblastic leukemia

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Abstract

Background: Children with Acute Lymphoblastic Leukemia (ALL) diagnosed with resistant phenotypes and those who relapse have a dismal prognosis for cure. In search for novel treatment strategies, we identified the AMP activated protein kinase (AMPK) as a potential drug target based on its effects on cell growth and survival. We have shown previously that AICAR-induced AMPK activation also induced a compensatory survival mechanism via PI3K/Akt signaling.

Results: In the present study, we further investigated the downstream signaling induced by AMPK activation in ALL cells. We found that AICAR-induced AMPK activation resulted in up-regulation of P-Akt (Ser473 and Thr308) and decrease of P-mTOR (Ser2448) expression and downstream signaling. We determined that activation of P-Akt (Thr308) was mediated by AMPK-induced IGF-1R activation via phosphorylation of the insulin receptor substrate-1 (IRS-1) at Ser794. Inhibition of IGF-1R signaling using the tyrosine kinase inhibitor HNMPA(AM)₂ resulted in significant decrease in P-IRS-1 (Ser794) and P-Akt (Thr308). Co-treatment of AICAR plus HNMPA(AM)₂ prevented AMPK-induced up-regulation of P-Akt (Thr308) but did not alter the activation of P-Akt (Ser473). Inhibition of AMPK using compound-C resulted in decreased P-Akt expression at both residues, suggesting a central role for AMPK in Akt activation. In addition, inhibition of IGF-1R signaling in ALL cells resulted in cell growth arrest and apoptosis. Additional Western blots revealed that P-IGF-1R (Tyr1131) and P-IRS-1 (Ser794) levels were higher in NALM6 (Bp-ALL) than CEM (T-ALL), and found differences in IGF-1R signaling within Bp-ALL cell line models NALM6, REH (TEL-AML1, t(12;21)), and SupB15 (BCR-ABL, t(9;22)). In these models, higher sensitivity to IGF-1R inhibitors correlated with increased levels of IGF-1R expression. Combined therapy simultaneously targeting IGF-1R, AMPK, Akt, and mTOR pathways resulted in synergistic growth inhibition and cell death.

Conclusions: Our study demonstrates that AMPK activates Akt through IGF-1R dependent and independent mechanisms. Co-targeting IGF-1R and related downstream metabolic and oncogenic signaling pathways represent a potential strategy for future translation into novel ALL therapies.

Background

Acute Lymphoblastic Leukemia (ALL) is the most common hematological malignancy affecting children and adolescents, and remains the leading cause of cancer-related mortality in this age group [1]. ALL is a heterogeneous disease with distinct phenotypes segregated by the presence of non-random translocations and genomic deletions and amplifications [2]. Despite significant progress in the treatment of ALL, a large number of children continue to relapse and for them, outcome remains poor. In addition, adults are generally diagnosed with resistant phenotypes of ALL and continue to respond poorly to existing treatment regimens. Therefore, novel therapies need to be developed. Recently, our laboratory identified AMP activated protein kinase (AMPK) as a potential target for ALL therapy due to its effects on cell growth and its signaling crosstalk with critical metabolic and oncogenic pathways [3]. Treatment with the AMPK activator 5-aminoimidazole-4-carboxamide-1-β-D-ribofuranoside (AICAR) induced...
apoptotic cell death in ALL cells mediated by AMPK, mTOR, P27, P53, and p38-MAPK [3]. In addition, AICAR significantly increased P-Akt (Ser473) following AMPK activation and mTOR down-regulation, which was viewed as a compensatory survival mechanism. Akt (protein kinase B) is involved in critical survival pathways, and inhibits apoptosis via phosphorylation of the pro-apoptotic protein BAD at Ser136, which prevents its inhibitory association with the anti-apoptotic Bcl-2 protein [4-6]. Akt is activated by phosphorylation of two key residues: Thr308 within the T-loop of its catalytic domain, and Ser473 located in the hydrophobic region of its C-terminal domain [7,8]. Phosphorylation of both residues is essential for maximal activity [8] and was found to be regulated by independent mechanisms [9]. Phosphorylation of Akt at Ser473 involves rictor, a member of the TORC2 complex known to modulate the activity of mTOR [7,10-12], while phosphorylation of Thr308 is mediated by PDK1 and PIP3 following phosphorylation of PIP2 by P3K [13,14]. The latter mechanism is responsible for the described feedback loop inhibition of Akt phosphorylation mediated by mTOR-dependent phosphorylation of IRS-1 at Ser312, the immediate downstream effector protein of the insulin-like growth factor-1 receptor (IGF-1R) [15,16]. Phosphorylation of IRS-1 (Ser312) by P-mTOR promotes conformational changes and subsequent detachment from the receptor and degradation [17], and inhibits potentiation of Akt by IGF-1R/IRS-1 signaling [18].

Conversely, inhibition of mTOR results in IRS-1 activation and increased phosphorylation of Akt at Thr308 [19].

IGF-1R is one of four transmembrane receptors (IGF-1R, IGF-IIIR, IR, and hybrids receptors of IGF and IR) that compose the IGF-1R signaling system in addition to the three circulating ligands (IGF-I, IGF-II, and insulin) and multiple regulatory IGF-binding proteins (IGFBP-1 to -6) [20-23]. IGF-1R is ubiquitously expressed in human cancer cells compared to normal tissues [24]. Elevated plasma concentrations of IGF-1, IGFBP-2, and IGFBP-3 have been linked to more aggressive phenotypes in breast, colon, prostate, lung cancer, and ALL [25,26]. IGF-1R exerts its action through activation of downstream signaling cascades that regulate metabolic and oncogenic pathways important for cellular growth [27]. IGF-1R signaling has been linked to the regulation of normal and malignant hematopoietic cells. Significant differences in the expression of the IGF-1 system components IGF-II, IGFBP-2, IGFBP-4 and IGFBP-5 have been found between B-lineage and T-lineage ALL [28-30]. Taken together, this suggests that activation of IGF-1R signaling and its downstream pathways may confer ALL cells a survival advantage by influencing growth and metabolic adaptations aimed at supporting accelerated growth. Therefore, to delineate the mechanism responsible for ALL cell survival regulated by AMPK and IGF-1R and to understand the role of IGF-1R in this process, we investigated the relationship between AMPK and the cell proliferation and survival pathways downstream of IGF-1R/IRS-1. As a result, we uncovered potential combination therapies that simultaneously target key factors within these signaling cascades.

Results

AICAR-induced AMPK activation promotes phosphorylation of IRS-1 at Ser794

Recently, we reported that treatment of ALL cell lines with AICAR induced growth inhibition and apoptosis, and resulted in increased expression of P-Akt (Ser473) [3]. Phosphorylation of Akt, especially at the Ser473 residue, has been shown to be regulated by the mTOR/TORC2 complex [7,10-12], whereas phosphorylation of Akt at Thr308 was shown to be regulated by mTOR but through a feedback loop inhibition mechanism targeting IRS-1 [15-17]. To investigate the role of AMPK and mTOR in this process, we examined the levels of P-mTOR (Ser2448) and P-IRS-1 (Ser794, a residue known to be phosphorylated by AMPK) [31] in CCRF-CEM (T-ALL) and NALM6 (Bp-ALL) cells treated with AICAR. As expected, levels of P-AMPK and P-Akt (Ser473) were increased following treatment with AICAR (200 and 500 μM), while expression of P-mTOR (Ser2448) was significantly decreased (p < 0.001, for control vs. AICAR treated cells) (Fig. 1). Concomitantly, expression of P-IRS-1 (Ser794) was significantly increased in a dose dependent manner (p < 0.05, for control vs. AICAR treated cells). These changes in phosphorylated protein expression directly correlated with level of P-AMPK (Thr172), and inversely correlated with the degree of P-mTOR down-regulation (Fig. 1). These data indicate that the compensatory increase in P-Akt expression seen in AICAR-treated ALL cells results from both activation of IRS-1 by AMPK, and inhibition of the mTOR mediated feedback loop inhibition of IRS-1 activity. Nevertheless, as previously demonstrated, this compensatory up-regulation of P-Akt was unable to rescue ALL cells from apoptotic death following AICAR-induced AMPK activation [3].

AICAR-induced phosphorylation of Akt at Ser473 is independent of IGF-1R/IRS-1 signaling in ALL but requires AMPK activation

To characterize the extent to which the increase in P-Akt expression was dependent on IGF-1R/IRS-1, we used the specific tyrosine kinase inhibitor HNMPA(AM) 3 (IGF1Ri) to inhibit IGF-1R/IRS-1 signaling, and examined its effects on P-IRS-1 (Ser794) and P-Akt (Ser473 and Thr308) expression in AICAR-treated CCRF-CEM
and NALM6 cells using Western immunoblotting. As shown in Fig. 2, treatment with AICAR (200 μM) alone for 24 h increased the expression of P-IRS-1 (Ser794) and P-Akt at Ser473 and Thr308 by over two fold, whereas treatment with HNMPA(AM)₃ alone (IGF1Ri, 10 μM) decreased significantly the phosphorylation of P-IRS-1 (Ser794) and P-Akt (Thr308) (p < 0.0001, for P-IRS-1 expression in control vs. HNMPA(AM)₃ treated cells; p < 0.001, for P-Akt expression in control vs. HNMPA(AM)₃ treated cells), but had a negligible effect on P-Akt (Ser473). More important, co-treatment with an IGF-1R inhibitor in cells exposed to AICAR failed to restore the observed AICAR-induced up-regulation of P-IRS-1 (Ser794), and P-Akt (Thr308), while phosphorylation of Akt at Ser473 remained unaffected (Fig. 2, A + IGF1Ri). These findings indicate that AICAR-induced Akt phosphorylation at Thr308 is dependent of IGF-1R/IRS-1 activation whereas phosphorylation of Akt at Ser473 occurs independently of IGF-1R/IRS-1 signaling but requires AMPK activation. Therefore, AMPK

| Treatment | CCRF-CEM | NALM6 |
|-----------|----------|-------|
| AICAR [μM]|          |       |
| 0         |          |       |
| 200       | ![image](image1.png) | ![image](image2.png) |
| 500       | ![image](image3.png) | ![image](image4.png) |
| P-AMPK (Thr172) | ![image](image5.png) | ![image](image6.png) |
| Fold induction | 1.0 | 1.1 |
| | 3.8 | 6.0 |
| P-Akt (Ser473) | ![image](image7.png) | ![image](image8.png) |
| Fold induction | 1.0 | 2.6 |
| | 3.1 | 9.8 |
| P-mTOR (Ser2448) | ![image](image9.png) | ![image](image10.png) |
| Fold induction | 1.0 | 0.55 |
| | 0.32 | 0.37 |
| P-IRS-1 (Ser794) | ![image](image11.png) | ![image](image12.png) |
| Fold induction | 1.0 | 3.5 |
| | 5.1 | 1.0 |
| | 1.8 | 2.5 |

Figure 1 Activation of AMPK induces phosphorylation of IRS-1 at Ser794 and down-regulation of mTOR (Ser2448) in ALL cell lines. Western blot analysis of the expression of AMPK (Thr172), Akt (Ser473), mTOR (Ser2448) and IRS-1 (Ser794) in CCRF-CEM (T-ALL) and NALM6 (Bp-ALL) cells treated with AICAR (200 and 500 μM) and incubated for 24 h at 37°C. The density value of each band was normalized to β-actin level and expressed relative to control (shown as fold induction).
activation by AICAR promotes activation of Akt by two mechanisms: phosphorylation of Akt (Thr308) by IGF-1R/IRS-1 (Ser794) signaling mediated by AMPK and its downstream down-regulation of mTOR, and the other through phosphorylation of Akt (Ser473) by an AMPK-dependent mechanism.

To further investigate the role of AMPK in the activation of Akt, we compared the effects of the AMPK activator AICAR and compound-C, a known specific inhibitor of AMPK [32,33]. Western blot analysis of protein extracts from CCRF-CEM and NALM6 cells treated with either AICAR (100 & 200 μM) or compound-C (2.5 & 5.0 μM) showed that activation of AMPK correlated with phosphorylation of Akt at both residues (Ser473 and Thr308), and conversely inhibition of AMPK by compound-C also led to down-regulation P-Akt at both residues (Fig. 2). To ascertain the affects of P-AMPK in these experiments, the functional activation or inhibition of AMPK signaling were confirmed by the determining the phosphorylation status of P-ACC (Ser79). As seen in Fig. 3, expression of P-ACC directly correlated with the phosphorylation status of AMPK at Thr172. These data together with data presented in Fig. 2, strongly suggest that functional AMPK signaling is required for activation of Akt at both Ser473 and Thr308, but the phosphorylation of Akt at Thr308 also requires IGF-1R/IRS-1 signaling. Therefore, the compensatory activation of Akt seen in ALL cells following AICAR-induced AMPK activation resulted from phosphorylation of Akt at Thr308 and Ser473 (Fig. 2).

**Inhibition of IGF-1R tyrosine kinase activity with HNMPA(AM)₃ induces growth inhibition and apoptosis in ALL cell lines**

Phosphorylation of Akt at Thr308 was shown to be sufficient to induce Akt’s pro-survival effects [34] but phosphorylation of both residues is needed for optimal activity. To examine the role of IGF-1R/IRS-1 signaling in ALL cell survival, we evaluated the effects of IGF-1R inhibition using HNMPA(AM)₃ (2 - 100 μM) on cell

| CCRF-CEM | NALM6 |
|----------|-------|
| CTRL     | CTRL  |
| AICAR    | AICAR |
| IGF1 Ri  | IGF1 Ri |
| A + IGF1 Ri | A + IGF1 Ri |

**Figure 2** AICAR-induced AMPK activation phosphorylates Akt at Ser473 in a mechanism independent of IGF-1R/IRS-1 signaling in ALL cell lines. Western blot analysis of P-IRS-1 (Ser794), P-Akt (Ser473), and P-Akt (Thr308) in CCRF-CEM and NALM6 cells treated with 0.1% DMSO (CTRL), AICAR (200 μM), the IGF-1R tyrosine kinase inhibitor HNMPA(AM)₃ (IGF1R), 10 μM, or both agents (A + IGF1Ri) and incubated for 24 h at 37°C. The levels of P-IRS-1 and P-Akt were normalized to β-actin (loading control) and expressed relative to control (shown as fold induction).
growth and apoptosis using a panel of ALL cell models. As shown in Fig. 4A, treatment of CCRF-CEM and NALM6 cells with HNMPA(AM)$_3$ inhibited their growth in a dose-dependent manner with calculated EC50 values of 16.5 μM and 6.1 μM for CCRF-CEM and NALM6, respectively. We then extended our analysis to other Bp-ALL subtypes characterized by the non-random translocations REH [t(12;21)] and SupB15 [t(9;22)]. In NALM6 treatment with HNMPA(AM)$_3$ (10 μM) led to 50% growth inhibition compared to 40% and 25% in REH and SupB15 cells, respectively (Fig. 4B).

To determine if IGF-1R inhibition was cytostatic or cytotoxic in ALL cells, we determined induction of apoptosis in these same cell models. CCRF-CEM and NALM6 cells were treated with increasing concentrations of HNMPA(AM)$_3$ (2 - 100 μM) and apoptosis was assayed using Annexin V-FITC/PI staining. Fig. 4C shows that HNMPA(AM)$_3$ induced apoptotic cell death in a dose-dependent manner in NALM6, and to a lower extent in CCRF-CEM cells. Comparatively, the maximal fold increase in apoptotic cell death was approximately 40-fold compared to control in NALM6 cells, whereas only a 10-fold increase in apoptotic death was observed in CCRF-CEM cells (Fig. 4C). Level of apoptosis in the Bp-ALL subtypes REH [t(12;21)] and SupB15 [t(9;22)] following treatment with HNMPA(AM)$_3$ (10 μM) was significantly lower compared to NALM6 cells ($p = 0.0032$, for NALM6 vs. REH; $p = 0.0016$, for NALM6 vs. SupB15). REH and SupB15 cells exhibited only a 2-fold increase in apoptotic cell death compared to a 6-fold increase in NALM6 cells (Fig. 4D). Similar fold differences were observed over a range of drug concentrations. Interestingly, the translocation t(9;22) encoding for the BCR-ABL fusion protein expressed in SupB15
cells was shown to induce autocrine IGF-1 signaling in leukemia, which may confer clinical resistance due to higher IGF-1R signaling and constitutive P-Akt activity. Taken together, these data raise the intriguing possibility that cell lineage of origin (B- vs. T-ALL) and the presence of non-random translocations may modulate IGF-1R activity and consequently may influence ALL cell death vs. cell survival when exposed to IGF-1R inhibitors.

**Differential expression level of IGF-1R and downstream signaling factors in ALL cells**

The different levels of sensitivity to the IGF-1R inhibitor observed among CCRF-CEM (T-ALL) and NALM6 (Bp-ALL) cells, and within Bp-ALL REH and SupB15 subtypes expressing selected non-random translocations may modulate IGF-1R activity and consequently may influence ALL cell death vs. cell survival when exposed to IGF-1R inhibitors.

**Figure 4 Inhibition of IGF-1R tyrosine kinase activity induces growth inhibition and apoptosis in ALL cell lines**

Cell growth (A) and level of apoptosis (C) detected in ALL CCRF-CEM and NALM6 cells treated with the IGF-1R inhibitor HNMPA(AM)3 (2 - 100 μM) and incubated for 24 h at 37°C. Proliferation (B) and level of apoptosis (D) detected in Bp-ALL subtypes NALM6, REH (t[12;21]), and SupB15 (t[9;22]) treated with HNMPA(AM)3 (10 μM) and incubated for 24 h at 37°C. The cell growth (viability) values are expressed as a percentage relative to those obtained with untreated control cells (mean ± SEM, n = 3). Annexin V-FITC/PI staining data (apoptosis) were normalized and expressed as fold induction relative to control values (mean ± SEM, n = 3) as described in Methods.
target [38], and demonstrated that mTOR activity was down-regulated in all cell lines following IGF-1R inhibition. These data further suggest that “addiction” of the cells to IGF-1R activity as determined by P-IGF-1R (Tyr1131) and P-IRS-1 (Ser312) expression makes cells more dependent on IGF-1R signaling for survival, and therefore more susceptible to IGF-1R inhibition.

Simultaneous inhibition of IGF-1R or Akt signaling pathways with AMPK activator induces synergistic cytotoxicity in ALL cell lines

Our laboratory and others have demonstrated that significant functional cross-talk between AMPK, mTOR, IGF-1R/IRS-1, and Akt signaling factors occur in leukemia cells [3,9,39-42]. Since inhibition of IGF-1R activity is capable of inducing growth inhibition and apoptotic cell death, we reasoned that co-targeting these inter-connected pathways would result in enhanced cytotoxicity. To test this hypothesis we tested three combination strategies in ALL cell line models. First, we evaluated agents targeting simultaneously the AMPK (AICAR, 100 μM) and IGF-1R (HNMPA(AM)3, 1 μM) signaling proteins. This combination resulted in significant growth inhibition ($p < 0.001$, for AICAR + HNMPA(AM)3 vs. control, AICAR alone, and HNMPA(AM)3 alone) in CCRF-CEM and NALM6 cell lines examined (Fig. 6A) with a calculated combination index (CI) of 0.47 and 0.55 for CCRF-CEM and NALM6, respectively. Second, we tested whether inhibition of Akt, downstream to IGF-1R signaling, in the presence of AICAR would also increase growth inhibition. As shown in Fig. 6B, combination of AICAR (200 μM) plus the Akt inhibitor X (AIX, 9 μM) had similar effects with CI values of 0.90 and 0.85 for CCRF-CEM ($p < 0.001$, for AICAR + AIX vs. control, AICAR alone, and AIX alone) and NALM6 ($p < 0.05$, for AICAR + AIX vs. control, AICAR alone, and AIX alone), respectively. These results suggest that blocking activation of Akt by either inhibiting IGF-1R/IRS-1 activity or the downstream interference with Akt phosphorylation, greatly increases the growth inhibition when AMPK is simultaneously activated by AICAR in ALL cells. Third, we tested the combined inhibition of

**Figure 5** Expression level of IGF-1R and downstream regulated signaling factors in B-ALL vs. T-ALL cell lines. A) Western blot analysis of P-IGF-1R (Tyr1131), P-IRS-1 (Ser794 and Ser312), and P-4EBP1 (Thr70) expression in Bp-ALL (NALM6) and T-ALL cells (CCRF-CEM) treated with 0.1% DMSO (Control) or the IGF-1R inhibitor HNMPA(AM)3 (IGF1Ri, 10 μM) and incubated for 24 h. B) Basal expression level of P-IGF-1R (Tyr1131), P-IRS-1 (Ser312), P-Akt (Thr308), and P-4EBP1 (Thr70) in Bp-ALL NALM6 and subtypes characterized by non-random translocations (REH ([12;21]), and SupB15 ([9;22])). The levels of P-4EBP1 were normalized to β-actin (loading control) and expressed relative to control (shown as fold induction).
IGF-1R and mTOR, which is negatively regulated following AMPK activation [3]. For these experiments we treated cells with the mTOR inhibitor rapamycin plus the IGF-1R inhibitor HNMPA(AM)3. Although blocking mTOR activity would have a negative effect on cell proliferation secondary to inhibition of protein synthesis, it would also relieve the feedback loop inhibition on IRS-1 activating Akt, which might promote cell growth. As presented in Fig. 6C, treatment of CCRF-CEM and NALM6 cells with rapamycin (1 μg/ml) and HNMPA(AM)3 (0.5 and 1.0 μM) induced growth inhibition with CI values of 0.41 and 0.88 for CCRF-CEM and NALM6 cells, respectively. Therefore, the three combination strategies tested resulted in synergistic growth inhibition in both cell lines examined, as evidenced by CI values <1 in all cases.

We then analyzed induction of the cell death resulting from these drug combinations and found that only the combination AICAR plus AIX, targeting AMPK and Akt simultaneously, was synergistic with a CI value of 0.89 and 0.78 for CCRF-CEM and NALM6 cell lines, respectively (Fig. 7B). Although additional cell death was observed for the other combinations as compared to single drug alone, none of the cytotoxic effects resulting from these drug combinations and found that only the combination AICAR plus AIX, targeting AMPK and Akt simultaneously, was synergistic with a CI value of 0.89 and 0.78 for CCRF-CEM and NALM6 cell lines, respectively (Fig. 7B). Although additional cell death was observed for the other combinations as compared to single drug alone, none of the cytotoxic effects resulting from these drug combinations and found that only the combination AICAR plus AIX, targeting AMPK and Akt simultaneously, was synergistic with a CI value of 0.89 and 0.78 for CCRF-CEM and NALM6 cell lines, respectively.
from the two other drug combinations were synergistic (Fig. 7A and 7B). The combination HNMPA(AM)3 plus AICAR resulted in a “borderline” CI of 0.99 and was considered additive, whereas the combination of HNMPA(AM)3 plus rapamycin was found to be antagonistic with CI >1. In both cases in which combination therapy was either additive or synergistic in inducing cell death in NALM6 and CCRF-CEM cells, activation of AMPK signaling was co-targeted. These data suggest that the master energy regulator AMPK plays a pivotal role in triggering apoptotic cell death when these signaling cascades are co-targeted, and that the cross-talk between AMPK and the IGF-1R, Akt and mTOR pathways appears to be important in determining cellular fate following perturbations of these cascades. Taken together, our data indicate that blocking simultaneously both the key cell proliferation regulator mTOR, and the IGF-1R-induced Akt phosphorylation pathway resulted in significant cell growth inhibition and cell death by interfering with the mechanism of cell survival triggered by treatment with single agents.

**Discussion**

In search for novel treatment strategies, we investigated AMPK signaling as potential target for ALL therapy. Our results, together with our previously published
dies demonstrated that phosphorylation of Akt at Ser473 and Thr308. Although phosphorylation of Akt at both residues is critical for maximum catalytic activity [9,43], it has been established that phosphorylation of Thr308 is sufficient to activate its kinase activity and support cell survival [34]. We show that the mechanism of Akt activation in ALL cells is mediated in part by AMPK-induced phosphorylation of IRS-1 at Ser794, the immediate downstream effectors of the IGF-1R signaling cascade, and also in part by AMPK-induced inhibition of mTOR and its downstream feedback loop inhibition of IRS-1 (Ser312). Direct interaction between P-AMPK (Thr172) and phosphorylation of IRS-1 at Ser794 has been shown to occur in several systems such as cell lines [31,44,45], and insulin-resistant animal models [46], but the biological relevance of this phosphorylation event is still not clear. Different functions have been reported for AMPK-induced IGF-1R phosphorylation with some reporting a positive effect on PI3K/Akt signaling [31] whereas others reported a negative effect [45-47]. Additive activation of AMPK and Akt has been shown to regulate important biological functions such as angiogenesis and glucose metabolism [48,49], suggesting that positive interactions exist between AMPK and Akt as we report here. Other reports demonstrated that Akt could negatively regulate AMPK activity by direct binding and phosphorylation of AMPK at Ser485 [50-52]. These opposite effects reflect the complexity of the signaling cross-talk that exists between AMPK, IRS-1, and downstream activation of Akt.

It is clear from our studies that phosphorylation of Akt at Thr308 in AICAR-treated ALL cells occurs via direct AMPK down-regulation of mTOR and activation of the IGF-1R/IRS-1 signaling cascade. This compensatory mechanism promotes cell survival because inhibition of IGF-1R activity in either presence or absence of AICAR decreases P-IRS-1 (Ser794) and P-Akt (Thr308) levels and significantly increases apoptotic cell death. The signaling cascade triggered by activation of tyrosine kinase receptor leading to phosphorylation of IRS-1 and subsequent activation Akt at Thr308 have been extensively studied and is mediated by the downstream P13K and PDK1 kinases [16,34,53]. Additionally, we demonstrate that phosphorylation of Akt is also dependent on AMPK since inhibition of AMPK activity with compound-C clearly decreased P-Akt at both residues. AMPK has been shown to inhibit mTORC1 activity by two different mechanisms: one through activation of the TSC2, which promotes downstream inhibition of the mTOR activator Rheb [9,54], and the other through direct phosphorylation of Raptor at Ser792 blocking mTORC1 activation [55]. Additional studies demonstrated that phosphorylation of Akt at Ser473 was mediated by mTORC2, a complex formed by the association of rictor, mSin1, mLST8, with mTOR [7,10,12,34,56,57]. Among mTORC1 and mTORC2, mTOR is the only critical factor that is shared by both complexes [9]. Thus, it is tempting to speculate that by down-regulating mTORC1, AMPK could increase the availability of mTOR and favor the formation of mTORC2, which would promote phosphorylation of Akt at Ser473. A similar mechanism was proposed for activation of Akt by AMPK in macrophages expressing a constitutively active form of AMPK [58]. Nevertheless, we cannot rule out the possibility that a distinct mechanism independent of mTORC2 might be involved in this process.

The data presented herein shows that activity of IGF-1R/IRS-1 was higher in NALM6 vs. CCRF-CEM cells, and that their expression also differs within Bp-ALL REH and SupB15 subtypes characterized by the non-random translocations t[12;21], and t[9;22]. More important, these differences correlated with reduction in P-IRS-1 (Ser794) and P-Akt (Ser473 and Thr308), and degree of induction of apoptotic death resulting from the pharmacological inhibition of IGF-1R. Our results raise the intriguing possibility that cell lineage of origin and/or presence of selected non-random translocations may influence response to therapy in ALL cells treated with inhibitors of IGF-1R. This possibility needs to be investigated using primary samples from patients with ALL. It is also possible that the level of Akt activation in these cells may also dictate their degree of sensitivity to IGF-1R inhibition. For instance, it is well known that the CCRF-CEM cell line carries a mutation inactivating PTEN [35] and that REH cells born a PTEN deletion [36], both leading to increased reliance on Akt signaling for cell survival. In addition, SupB15 cells express high levels of P-Akt because the expression of the BCR-ABL gene fusion inhibits PP1α, a serine phosphatase that negatively regulates the PI3K/Akt pathway [37]. Interestingly, the expression level of P-Akt was the lowest in NALM6 cells which was also the most sensitive to the IGF-1R inhibitor HNMPA(AM) 3 as compared to all of the other cell lines examined, therefore suggesting that Akt provides a mechanism to escape cell death following IGF-1R inhibition.

To further assess whether IGF-1R signaling may be influenced by biological pathways closely linked to cell lineage and non-random chromosomal translocations, we have mined existing gene expression databases from childhood ALL patients http://www.stjude research.org/data/ALL1, and found that the expression of relevant IGF-1 regulatory carriers such as IGFBP2 and IGFBP4 appear to be significantly differentially expressed in ALL in a phenotype specific manner. The known correlation between these carriers and IGF-1 suggested to us that differences in IGF-1 signaling may exist in ALL, and
Akt lead to synergistic induction of apoptosis. Interestingly, IGF-1R signaling has been linked to cell lineage of origin in ALL. For instance, significant differences in the expression of the IGF-1 system components IGF-II, IGFBP-2, IGFBP-4 and IGFBP-5 have been described between B-lineage and T-lineage ALL [28-30]. IGFBP-2 was identified as the major regulatory carrier in childhood leukemia and exhibited an inverse correlation with IGF-1 levels [59], suggesting that activation of IGF-1R signaling may confer ALL cells a survival advantage and influence induction of apoptosis. Emerging literature suggests that IGF-1R signaling may also be influenced by non-random translocations in ALL [60,61]. For instance, leukemia cells expressing the translocation t(9;22) encoding for the BCR-ABL fusion not only exhibit a higher degree of resistance to chemotherapeutic drugs but also were shown to induce autocrine IGF-1 signaling. Thus, it is clear that IGF-1R pathway may provide ALL cells a survival advantage through its crosstalk with other critical metabolic networks.

The identification of potential cross-talk within compensatory survival pathways in ALL cells prompted us to developed simultaneous co-targeting strategies to induce cell death in ALL cells. We demonstrated that co-targeting IGF-1R and downstream pathways (AMPK & IGF-1R, mTOR & IGF-1R, and AMPK & Akt) led to synergistic growth inhibition in ALL cell models. This is consistent with the study of Bertrand et al. [62] that demonstrated that blocking IGF-1R activity using an antibody synergized with inhibitors of PI3K/Akt/mTOR pathway by suppressing the IGF-1R-induced Akt phosphorylation, and consequently promoted apoptosis in hematopoietic cells. Among the three drug combinations tested, only the one co-targeting AMPK and Akt resulted in synergistic induction of cell death. This can be explained in part by differences in the mechanism of action between AIX vs. HNMPA(AM)₃, with AIX being more effective in inactivating Akt. Taken together, rationally designed simultaneous targeting of key factors within the AMPK, IGF-1R, and mTOR pathways leads to synergistic induction of cell growth inhibition by blocking compensatory survival responses triggered by treatment with single agents. Nevertheless, of the combinations strategies tested only co-targeting AMPK plus Akt lead to synergistic induction of apoptosis.

**Conclusions**

We conclude that IGF-1R and its downstream metabolic and oncogenic pathways contribute to cell survival and are important to determine pro- or anti-apoptotic responses in ALL cells to treatment with inhibitors of these signaling pathways. Our data suggest that PTEN status, AMPK and Akt signaling, and possibly cell-lineage and non-random translocations, influence IGF-1R signaling and sensitivity to IGF-1R inhibitors in ALL lymphoblasts. Selected combination strategies aimed at inhibiting IGF-1R and related downstream pathways represent a potential strategy for future translation into novel ALL therapies, in particular when AMPK is one of the signaling proteins targeted in these combinations.

**Methods**

**Cell lines and chemicals**

The childhood ALL cell lines CCRF-CEM (T-lineage), NALM6 (Bp-lineage), REH (Bp-ALL/t(12;21)) were grown in RPMI 1640 medium supplemented with 10% FBS and antibiotics. SupB15 (Bp-ALL/t(9;22)) were grown in Iscove’s modified DMEM medium with 20% FBS. Cell culture media were purchased from Cellgro (Mediatech, Inc, Manassas, VA). All other cell culture reagents were from Invitrogen Corporation (Carlsbad, CA). Cells were treated with agents known to activate AMPK (AICAR, Toronto Research Chemicals, Inc, Ontario, Canada) or inhibit IGF-1R (HNMPA(AM)₃), mTOR (rapamycin, LC Laboratories, Woburn, MA), or Akt (Akt inhibitor-X, EMD Chemicals, Inc, Gibbstown, NJ), and incubated for periods of 24 to 48 h (5% CO₂ at 37°C).

**Cell proliferation assays**

Cell viability (500 μl) was determined using the Vi Cell XR system (Beckman-Coulter), and values are expressed as a percentage relative to those obtained in untreated controls (means ± SEM, n = 3). Synergism was determined using the Chou’s combination index (CI) based on the following equation: CI = [(D₁ combination/D₁ single) + (D₂ combination/D₂ single)] [63]. The numerators D₁ combination and D₂ combination represent the concentration of the drug D₁ and D₂, respectively, used in the combination treatment that inhibits cell growth by x%. The denominators D₁ single and D₂ single represent the concentration of drug D₁ and D₂ as single agent needed to achieve the same level of growth inhibition than in the combination (x%).

**Apoptosis assays**

Apoptosis was evaluated using the Annexin V-FITC Apoptosis Detection Kit I following the manufacturer’s recommendations (BD Biosciences, San Jose, CA). Briefly, cells were washed twice with 1x PBS pH 7.4, resuspended to [1 × 10⁶ cells/ml] in 1x Binding Buffer, then 100 μl of cells were incubated with a mixture of Annexin V/Propidium Iodide (PI) reagents for 15 min/RT°C, equilibrated with 400 μl 1x Binding Buffer, and fluorescence was analyzed by flow cytometry (BD Biosciences LSR II flow cytometer; University of Miami-SCCC Flow Cytometry Core Facility). Apoptotic Annexin V/PI staining values were combined, and normalized to control values (fold induction).
Western immunoblotting

Protein extracts were prepared by sonication in the presence of protease inhibitors, and quantified using the Micro BCA Protein Assay Kit (Pierce, Rockford, IL). Proteins (50 μg/lane) were resolved by 4-15% SDS-PAGE (Bio-Rad, Hercules, CA), transferred onto PVDF membranes (Invitrogen, Carlsbad, CA) and immunodetected using a Western Lighting ECL system (Perkin Elmer, Waltham, MA). For immunodetection of P-AMPK (Thr172), P-Akt (Ser473 & Thr308), P-IRS-1 (Ser312 & Ser794), P-IGF-1R (Tyr1131), P-4EBP1 (Thr70), P-mTOR (Ser2448), and β-actin, we used specific primary antibody against each protein and horseradish peroxidase-conjugated secondary antibody (anti IgG) (Cell Signaling, Danvers, MA). Expression of each protein was determined by densitometry analysis of the immunodetected bands, normalized to β-actin, and expressed relative to control (fold induction). The immunoblots shown are representative of 3 independent experiments, which produced similar results.

Abbreviations list

ACC: acetyl-CoA carboxylase; AICAR: 5-aminoimidazole-4-carboxamide 1-D-ribonucleoside; AIX: Akt inhibitor X; ALL: acute lymphoblastic leukemia; Akt: protein kinase B; AMPK: AMP activated protein kinase; HNMPAA(M)3: hydroxy-2-naphthylenemethylphosphonic acid trisacetoxyethyl ester; IGF-1R: insulin-like growth factor-1 receptor; IGFBP: IGF-binding protein; IRS-1: insulin receptor substrate-1; PKD1: phosphoinositide-dependent kinase-1; PI3K: phosphoinositide 3-kinase; P1P3: phosphatidylinositol (3,4,5)-triphosphate; PTEN: phosphatase and tensin homolog; mTOR: mammalian target of rapamycin; 4EBP1: eukaryotic translation initiation factor 4E binding protein-1; TORC: mTOR complex; MAPK: mitogen activated protein kinase.

Competing interests

The authors declare that they have no competing interests.

Authors’ contributions

GML carried out major experiments including Western blots, cell growth proliferation and apoptosis assays, statistical data analysis; conceived the study and participated in designing the experiments. GJL participated in data analysis, flow-cytometry assays, and in designing the experiments. GF carried out Western blots. JCB is the corresponding author and is responsible for experimental design and coordination. All authors read and approved the final manuscript.

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