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Instability dynamics and breather formation in a horizontally shaken pendulum chain

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Inspired by the experimental results of Cuevas et al. [Phys. Rev. Lett. 102, 224101 (2009)], we consider theoretically the behavior of a chain of planar rigid pendulums suspended in a uniform gravitational field and subjected to a horizontal periodic driving force applied to the pendulum pivots. We characterize the motion of a single pendulum, finding bistability near the fundamental resonance and near the period-3 subharmonic resonance. We examine the development of modulational instability in a driven pendulum chain and find both a critical chain length and a critical frequency for the appearance of the instability. We study the breather solutions and show their connection to the single-pendulum dynamics and extend our analysis to consider multifrequency breathers connected to the period-3 periodic solution, showing also the possibility of stability in these breather states. Finally we examine the problem of breather generation and demonstrate a robust scheme for generation of on-site and off-site breathers.

I. INTRODUCTION

Driven by the pivot point of a single pendulum has long been known to lead to parametric driving of the pendulum motion (see, e.g., Ref. [1] for a textbook treatment). The majority of research has focused on vertical driving (see, e.g., Refs. [2,3], and references therein), where the well-known stabilization of the inverted pendulum may be observed [4]. Horizontal driving has received less attention, with early works considering the nature of the periodic solutions [5] and the appearance of subharmonic excitations [6]. More recently, interest in this problem has been revived, with recent results exploring the appearance of chaotic motion [7], dynamic stabilization of two off-center equilibrium points [8], and complex bifurcation behavior of the period-1 oscillation [9].

In this work, motivated by the experimental setup of Ref. [10], we consider a setup of pendula subject to a horizontal driving force. The progression of our study starts with the case of a single pendulum. There, we identify period-1 solutions near the nonlinear resonance and reveal the familiar fold-over effect for a driven pendulum and the appearance of subharmonic, period-3, solutions. This is a building block of relevance towards the study of the pendulum chain, to which we then turn our attention. In the latter, we find similar results for the period-1 solutions, albeit with the appearance of instability at a critical chain length. We examine this instability in some detail, identifying the characteristic instability wave numbers through modulational instability analysis. We then examine the breather solutions in the system, and in agreement with the results of [10] we find families of breather solutions existing in the bistable region. We examine the instability dynamics and breather formation near this region and provide a prescription for the generation of breather solutions. We also explore the possibility of multifrequency breathers supported by the subharmonic pendulum response and show that these solutions may persist for long times.

Our presentation will be structured as follows. In Sec. II we present the relevant model in connection to the experiments of Ref. [10], while in Sec. III we study the single-pendulum dynamical features. Section IV extends this to multipendulum dynamics and the modulational stability and breather existence and stability, as well as multifrequency generalizations, that can arise. Finally, Sec. V presents our conclusions, as well as some potential future challenges.

II. MODEL

The Lagrangian in the absence of damping for a chain of N pendulums subjected to a periodic horizontal displacement of the pivot point with frequency \( \omega_d \) and amplitude \( A \) (as shown in Fig. 1) takes the following form [11]:

\[
\mathcal{L} = \sum_{i=1}^{N} \left( \frac{1}{2} \left( Ml_i^2 + m_l^2 \right) \frac{d}{dt} \left[ 2A\omega_d \sin(\omega_d t) \cos \theta_i \right] \right) + \frac{1}{2} I_\theta \frac{d^2 \theta_i}{dt^2} + \left( Ml_i + m_l \right) g \cos \theta_i \\
- \frac{1}{2} \beta \left( \theta_i - \theta_{i-1} \right)^2 + \left( \theta_i - \theta_{i+1} \right)^2 \right],
\]

(1)

where \( m \) is the mass of the thin rod of length \( l \) supporting the pendulum bob of mass \( M \), and \( \theta_i \) and \( \dot{\theta}_i \) are the angle relative to vertical and angular speed, respectively, for the \( i \)th pendulum. The moment of inertia is given by \( I = Ml^2 + ml^2/3 \), \( g \) is the acceleration due to gravity, and \( \beta \) is the linear coupling between pendulums through a torsion spring. We consider the case with end pendulums defined by taking \( \theta_{N+1} = \theta_N \), \( \dot{\theta}_{N+1} = \dot{\theta}_N \), and \( \theta_0 = \theta_1, \dot{\theta}_0 = \dot{\theta}_1 \).

As discussed in Ref. [10] in a physical system there is also on-site damping due to velocity-dependent friction (due to air resistance) and intersite damping due to frictional loss in the torsion spring. The equation of motion for the \( n \)th pendulum...
therefore takes the following form [10]:

\[
\begin{align*}
\ddot{\theta}_n &= \frac{\beta}{I} \left( \dot{\theta}_{n+1} + \dot{\theta}_{n-1} - 2\dot{\theta}_n \right) + \gamma_1 \dot{\theta}_n \\
&\quad - \frac{\gamma_2}{I} \left( \dot{\theta}_{n+1} + \dot{\theta}_{n-1} - 2\dot{\theta}_n \right) + \omega_0^2 \sin(\theta_n) \\
&\quad + f \omega_0^2 \cos(\omega_0 t) \cos(\theta_n) = 0,
\end{align*}
\]

where the natural pendulum frequency is given by \(\omega_0^2 = (mgL/2Mg)/I\) and the dimensionless forcing coefficient is \(f = A\omega_0^2/\gamma_1\). We use parameter values consistent with the experimental setup of Ref. [10]: \(\beta = 0.0165\) Nm/rad, \(m = 13\) g, \(l = 25.4\) cm, \(A = 1.12\) cm, \(\gamma_1 = 284\) g cm\(^2\)/s, and \(\gamma_2 = 70\) g cm\(^2\)/s. The driving frequency \(\omega_0\) is an experimental control parameter. In principle the pendulum bob mass can also be varied; however, we take \(M = 1.8\) g. The model can be further simplified by scaling time using the natural frequency, \(t \rightarrow t/\omega_0\), to reach the dimensionless form,

\[
\begin{align*}
\ddot{\theta}_n &= -c \left( \dot{\theta}_{n+1} + \dot{\theta}_{n-1} - 2\dot{\theta}_n \right) + \gamma_1 \dot{\theta}_n \\
&\quad - \gamma_2 \left( \dot{\theta}_{n+1} + \dot{\theta}_{n-1} - 2\dot{\theta}_n \right) + \omega_0^2 \sin(\theta_n) \\
&\quad + \sin(\theta_n) + f \omega_0^2 \cos(\omega_0 t) \cos(\theta_n) = 0,
\end{align*}
\]

where \(c = \beta/(1\omega_0^2)\), \(\omega = \omega_0/\omega_0\), and \(\gamma_1 = \gamma_1/(1\omega_0)\). In this dimensionless model the parameters take the values \(c = 0.799, f = 0.060, \gamma_1 = 0.010, \gamma_2 = 0.0024\). We consider the effect of varying the frequency ratio \(\omega\) and to a lesser extent the forcing amplitude \(f\) (corresponding to a variation of the lateral driving amplitude \(A\) in the physical parameters).

III. SINGLE-PENDULUM DYNAMICS

Earlier analysis of a horizontally shaken single pendulum has revealed the possibility of chaotic dynamics [7] and oscillations about a nonzero equilibrium point [8]. We are primarily interested in exploring some of the dynamics possible in the experimental setup of Ref. [10], so we begin by examining the period-1 solutions within the experimentally accessible parameter space. To this end we consider Eq. (3) in the limit of a single pendulum, i.e., \(N = 1, c = \gamma_2 = 0\).

A. Period-1 solutions

In the presence of damping and low-amplitude forcing we expect to find regular solutions oscillating with the period of the driving force. We search for these periodic solutions numerically using the classical shooting method (see, e.g., the discussion in Ref. [7]), seeking a solution across one forcing period. The advantage of the shooting method is that the eigenvalues of the correction matrix (used in the shooting iterations) correspond to the Floquet multipliers of the periodic solutions and so determine the stability of the converged solution. A periodic solution whose Floquet multipliers have a magnitude less than one or equal to one is stable.

Proceeding with our numerical method we find bistability in a region near the resonance, as is evident in Fig. 2(a), where we see the familiar fold-over effect for a driven sinusoidal pendulum (the resonance drifts to lower frequencies with higher amplitude, due to the softening nature of the sinusoidal nonlinearity). We see that in the region \(\omega = [0.718, 0.9385]\), we have two stable solutions, one at high amplitude, the other at low amplitude. As evident in the inset in Fig. 2(a) the low-amplitude solution is almost exactly out of phase with the force, while the high-amplitude solution is closer to being in phase. The phase here is calculated as

\[
\text{phase} = \frac{\omega}{2\pi} \text{mod}\left(t_{\text{max}}, 2\pi/\omega\right),
\]

where \(t_{\text{max}}\) is a time at which the pendulum has maximum amplitude. This calculation for the phase thus indicates when the pendulum is at maximum amplitude relative to the forcing period (for instance, a value of 0.5 means it is exactly out of phase with the force).

The stability of the solutions follows from the maximum absolute values of the Floquet multipliers, shown in Fig. 2(b). Both the high- and low-amplitude solutions have magnitudes less than one and so are stable. The inset in Fig. 2(b) shows details of the spectra at \(\omega = 0.8\). In Fig. 2(c) we show examples of the stable solutions at \(\omega = 0.8\), with the phase and amplitude relationships evident.

While it is not a focus of our work, it is interesting to compare the resonance picture at large forcing amplitude \(f = 1\), which has more in common with the analysis of Ref. [7]. As can be seen in Fig. 3(a) the amplitude response exhibits a cross-over point, and a significantly more complex spectrum [Fig. 3(b)]. The phase response [Fig. 3(a), inset] is still much the same as that observed at low forcing amplitude. As a final point, we note that the high-amplitude solution becomes unstable at higher frequency, unlike the low forcing case.

B. Approximate solution

Looking ahead to our multipendulum analysis we seek an approximate solution for the period-1 response. We find that we can obtain a good prediction of this response by simply assuming the solution takes the harmonic form:

\[
\theta = V \cos(\omega t + \phi),
\]

where \(V\) is the amplitude of the pendulum oscillation and \(\phi\) is the phase offset from the driving phase \(\omega t\). To proceed, we make two assumptions which allow us to simplify the problem. First, we simplify our equation of motion Eq. (3) by replacing
the trigonometric nonlinearities with their low-order algebraic expansions, i.e., \( \sin \theta \approx \theta - \frac{1}{6} \theta^3 \) and \( \cos \theta \approx 1 - \frac{1}{2} \theta^2 \). This leads to the new (approximate) equation of motion:

\[
\ddot{\theta} + \gamma_1 \dot{\theta} + \left( \theta - \frac{1}{6} \theta^3 \right) + f \omega^2 \cos(\omega t) \left( 1 - \frac{1}{2} \theta^2 \right) = 0. 
\]

Second, remembering the trigonometric identity \( \cos^3(\omega t + \phi) = \frac{1}{4} \cos(\omega t + \phi) + \frac{1}{2} \cos(3(\omega t + \phi)) \), we assume all contributions not at the frequency of the driving force are weak and can be neglected (the so-called rotating wave approximation). Incorporating this assumption into our simplified model (6) we obtain two equations for \( \{ V_c, \phi \} \) by multiplying by \( \cos(\omega t) \) and \( \sin(\omega t) \), respectively, and integrating out the time dependence (integration over \( [0, 2\pi/\omega] \)):

\[
-\frac{\pi V_c}{8\omega} \left[ 2\omega^2 f V_c \cos(\phi)^2 + f \omega^2 V_c - 8 f \omega^2 + 8\gamma_1 \omega \sin(\phi) + 8\omega^2 \cos(\phi) - 8\omega^2 \cos(\phi) + V_c^2 \omega_0^3 \cos(\phi) \right] = 0 \quad (7)
\]

\[
\frac{\pi V_c}{8\omega} \left[ 8\omega^2 \sin^2(\phi) - 8\omega_0^2 \sin(\phi) + 2\omega^2 f V_c \cos(\phi) + V_c^2 \omega_0^2 \sin(\phi) - 8\gamma_1 \omega \cos(\phi) \right] = 0. \quad (8)
\]

We solve these equations using the symbolic mathematics package Maple after setting values for \( \gamma_1 \) and \( \omega \). The results are shown in Fig. 4 with \( \gamma_1 = 0.01 \) and \( \omega \) varying, showing

FIG. 4. (Color online) Comparison between single-pendulum period-1 amplitudes found numerically (lines) and using the ansatz (5) (circles) for \( f = 0.0597, \gamma_1 = 0.001 \).
good qualitative agreement with the numerical results, even when \( V_c \) is large.

### C. Dynamical response

We turn now to the dynamical response of the single pendulum with the nonzero initial condition \( \theta(0) = 0.5 \) and \( \dot{\theta}(0) = 0 \). We represent the dynamical response as a bifurcation plot, plotting all values of \( \theta \) sampled at the forcing frequency (between \( t = 4000 \) and \( t = 5000 \) to allow initial transients to die out), for a given forcing frequency \( \omega \). A single value of \( \theta \) indicates a period-1 solution. Multiple values for a given \( \omega \) indicate a longer period solution. At the low forcing amplitude of \( f = 0.0597 \) we see in Fig. 5(a) a relatively simple plot, with the generation of a single-period solution from the given initial condition for most of the frequency values, except around \( \omega = 3 \) where it appears the dynamics has converged to a multiperiod solution. Note that this has appeared only in the dynamics because we have chosen a nonzero initial condition. For small (or zero) initial amplitudes we find instead that the dynamics converge to the low-amplitude solution. The jump around \( \omega = 0.9 \) is due to the change in convergence from the low-amplitude solution to the high-amplitude solution (thus the jump indicates the presence of bistability).

By way of contrast we consider also the dynamics at large forcing amplitude \( f = 1.0 \) in Fig. 5(b), where we see the appearance of aperiodic solutions, which we surmise to be chaotic, for large ranges of \( \omega \). A deeper analysis of the nature of the dynamics in this regime, and the possible routes to chaos, is beyond the scope of this work.

### D. Period-3 solutions

We find that the jump observed near \( \omega = 3 \) in Fig. 5(a) is due to the existence of a stable three-period solution. This subharmonic response is well known in the pendulum system (see, e.g., Ref. [12], or for a textbook treatment Ref. [1]). To examine in more detail this solution we turn again to our numerical shooting method but this time seek solutions with period \( T = \frac{2\pi}{3} \). We find the existence of a saddle-node bifurcation of periodic orbits near \( \omega = 3 \) and the appearance of lower-amplitude (unstable) and higher-amplitude (stable) solutions, as can be seen in Fig. 6. Perhaps somewhat surprisingly the stability region in driving frequency for the upper branch solution is large, extending to less than \( \omega = 2 \). The two solutions are of much larger amplitude than the period-1 solutions and appear to form an isola (as seen in Ref. [12]), well separated from the low-amplitude solution.

### IV. MULTIPENDULUM DYNAMICS

We now turn to the multipendulum case, i.e., the system (3) with \( N > 1 \). We begin by examining the fundamental oscillation mode (all pendulums synchronized) and find similar results to those of the single-pendulum case, albeit with the emergence of instability for \( N \geq N_{cr} \). We then turn our attention to the nature of the breather solutions (localized energy states), examine their connection to the fundamental mode solution, and explore methods for their generation.

#### A. Fundamental oscillation mode

We find that the period-1 solutions mirror those found in the single-pendulum case, except for the appearance of instability in the large-amplitude solution beyond a critical chain length. We show in Fig. 7 the dependence of the period-1 solutions on \( \omega \) for \( N = 41 \). The solid lines indicate stable solutions, and the dashed lines indicate unstable ones. The instability in this case appears at \( \omega = 1.07 \). As can be seen in the inset of Fig. 7(b) the instability appears through the collision of complex multipliers producing real ones with magnitude greater than 1.

In Fig. 8 we compare the results for chains with different numbers of pendulums and find the critical chain length for the appearance of the instability is \( N_{cr} = 4 \). Also evident in Fig. 8 is a suggestion of convergence to a maximum \( \omega \) beyond which we have stability, even for longer chains. The instability threshold for \( N = 20 \) is \( \omega = 1.07 \), while for \( N = 100 \) it is \( \omega = 1.14 \). We should note that this analysis is focused only on the solutions for which all pendulums behave identically. The full bifurcation picture is expected to be significantly more complicated (as, for instance, seen in a recent work considering coupling between two Duffing oscillators [13]). The detailed bifurcation study is beyond the scope of this work; instead, we study the nature of the instability development for the fundamental oscillation mode at long chain lengths, through modulational instability analysis.
lengths. Also evident is a critical value of driving frequency showing the appearance of a critical chain length for the appearance of instability. Examining the dependence of the maximum growth rate \( \Im \Omega \) versus \( \omega \) we see in Fig. 10 some

B. Modulational instability analysis

We look for the emergence of modulational instability (MI) in the oscillator chain, using standard MI analysis, as, for instance, carried out for chains of periodically forced anharmonic oscillators [14].

We begin with the approximate solution \( \theta_n = V_c \cos(\omega t + \phi) \), equivalent to the single-pendulum solution calculated in Sec. III B. We then add a perturbation to this solution in the following form:

\[
\delta \theta(n) = \frac{1}{2} \cos(qn) [V_{p1} \exp[i(\omega - \Omega)t] + V_{p2} \exp[i(-\omega - \Omega)t]] + \text{const.} \quad (9)
\]

where \( V_{pj} \) is the complex amplitude, and \( q \) and \( \Omega \) are the wave number and (in principle) complex frequency of the perturbation, respectively. Substituting \( \theta_n + \delta \theta_n \) into (3) and keeping only terms to first order in the perturbation (9), we obtain an equation for \( V_{p1} \) and for \( V_{p2} \). Multiplying these two equations together and integrating over a single forcing period \([0, 2\pi/\omega]\) to remove the time dependence we end up with the following equation relating the instability wave number \( q \) and growth rate \( \Omega \):

\[
\left\{ \begin{array}{l}
-(\omega - \Omega)^2 + i\gamma_1(\omega - \Omega) - c[2 \cos(q) - 2]
+ \omega_0^2(\omega - \Omega) - 2i\gamma_2[\cos(q) - 1] - \frac{1}{4}\omega_0^2V_c^2
\end{array} \right.
\]

\[
\times \left\{ \begin{array}{l}
-(\omega - \Omega)^2 - i\gamma_1(\omega + \Omega) - c[2 \cos(q) - 2]
+ \omega_0^2 + 2i\gamma_2[\cos(q) - 1](\omega + \Omega) - \frac{1}{4}\omega_0^2V_c^2
\end{array} \right.
\]

\[
= \frac{1}{\pi} \left[ \omega_0^4V_c^2 + 4\omega_0^2V_c f \phi^2 \cos(\phi)
+ 4f^2\omega^4 + 8f^2\omega^2 \cos(2\phi) \right]. \quad (10)
\]

To proceed, we substitute the \( V_c \) and \( \phi \) associated with the fundamental mode of interest at a given \( \omega \) [found from solving Eqs. (7) and (8)] and solve for \( \Omega \) at a given \( q \). We see from the nature of the perturbation (9) that for any \( \Omega \) with a positive imaginary part we will have growth of the perturbation and a resultant instability with wave number given by \( q \).

As we can see in Fig. 9 for \( \omega = 1.09 \) (top panel) we find instability for a small range of wave numbers around \( q = 0.165\pi \). This suggests the instability development will progress with a characteristic periodicity corresponding to about 12 pendula. As we move deeper into the unstable region we see in Fig. 9 for \( \omega = 0.95 \) (bottom panel) that the interval of unstable wave numbers increases, as well as the instability growth rate. Examining the dependence of the maximum growth rate \( \Im \Omega \) versus \( \omega \) we see in Fig. 10 some

![FIG. 7. (Color online) Family of period-1 solutions in the driven system at low forcing amplitude for \( N = 41 \). \( f = 0.05977, \gamma_1 = 0.001, \gamma_2 = 0.020, c = 0.799 \) showing (a) amplitude response and (b) associated maximum instability eigenvalue with (inset) spectrum on either side of the stability change (\( \omega = 1.06 \) and \( \omega = 1.07 \)) for the high-amplitude solution.](image1)

![FIG. 8. (Color online) Appearance of maximum instability eigenvalue for the period-1 solution at different chain lengths, showing the appearance of a critical chain length for the appearance of instability. Also evident is a critical value of driving frequency \( \omega \) beyond which the period-1 solution appears to be stable for all chain lengths.](image2)

![FIG. 9. (Color online) (a) The maximal growth rates associated with the modulational stability analysis when (a) \( \omega = 1.09 \) and (b) \( \omega = 0.95 \).](image3)
oscillations around the critical threshold, but extended stability above \( \omega = 1.15 \).

### C. Instability dynamics

We turn now to an investigation of the time-dependent response of the pendulum chain, i.e., evolution of system (3) given initial conditions for each pendulum amplitude and velocity. While there are some interesting questions concerning the basins of attraction of the various periodic solutions we have found, we shall consider here only the dynamics following from the initial conditions \( \theta_n(0) = \dot{\theta}_n(0) = 0 \).

First, we see in Fig. 11 for \( \omega = 1.09 \) the spontaneous symmetry breaking accompanying the appearance of modulational instability. We monitor the energy per pendulum to visualize the dynamics, with the associated energy density given by

\[
E_n = \frac{1}{2} \dot{\theta}_n^2 - \cos(\theta_n) + c \frac{1}{2} [(\theta_{n+1} - \theta_n)^2 + (\theta_n - \theta_{n-1})^2].
\]

Figure 11(a) shows the energy per pendulum as a function of time \( t \) and pendulum number \( n \) with white corresponding to \( E_n = -0.8 \) and black \( E_n = -1 \). As can be seen after some initial transient time the symmetry is spontaneously broken through energy localization. We can see in Fig. 11(b) that the periodicity of the emergent pattern is roughly 12 pendula, as was earlier predicted by our modulational instability analysis.

Our MI analysis also showed that decreasing the driving frequency increases both the instability growth rate and the range of unstable wave numbers. To explore the effect of this in the dynamics we consider \( \omega = 0.95 \) with 101 pendulums.

As can be seen in Fig. 12 the instability appears much more rapidly (in comparison with Fig. 11) and without a clearly dominant wave number to the instability, as may be expected from the wide interval of unstable wave numbers, including many with roughly similar growth rates. Instead, we see highly nonstationary dynamics and apparent energy localization. This, in turn, motivates us to study in Sec. IV D the localized states spontaneously arising in the instability evolution.

Finally we consider the emergence of instability in short chain lengths, below the 12 pendulum periodicity predicted by our MI analysis. Our earlier analysis of the pendulum
chain indicated that the large-amplitude state becomes unstable when consisting of four pendulums, for frequencies below approximately $\omega = 0.938$. The instability region increases with chain length, and in fact already a chain of five pendulums is unstable beyond the low-amplitude existence region. We see in Fig. 13 the instability dynamics which emerge at $\omega = 0.94$. The instability pattern of the long chain is gone, and instead we see that the energy appears to move through the chain becoming temporarily trapped at the ends. It is important to note that the modulational stability analysis above applies to the infinite chain, since the wave number parameter was taken to be a continuous variable. An interesting direction for future work would be to consider separately the case of short chains, with $q$ suitably quantized.

D. Period-1 breather solutions

The energy localization we have observed in our instability dynamics appears somewhat connected to the breather solutions observed in Ref. [10]. Thus, we continue our analysis by examining this problem, namely, the form and stability of the period-1 breather solutions. In agreement with the results of Ref. [10] we find two families of breather solutions corresponding to on-site (Fig. 14) and off-site (Fig. 15) configurations. We find these solutions by beginning in the anticontinuous limit [15], with the central site(s) corresponding to the high-amplitude single-pendulum solution and outer sites the low-amplitude solution. Both families are only stable for a limited, and (roughly) mutually exclusive, range of driving frequencies $\omega$, with the on-site state being stable at higher frequencies.

Examining the Floquet multipliers at the instability crossing we see that the on-site breather becomes unstable due to the growth of a complex conjugate pair [Fig. 14(c)], while the off-site breather becomes unstable through the growth of a purely real Floquet multiplier [Fig. 15(c)].

The small range of $\omega$ for which the solutions exist is directly related to the region of bistability in the single-pendulum case.
is evident in this figure that the breathers exist only in the region of bistability for the period-1 solutions of the pendulum chain. Interestingly there is a region in \( \omega \) approximately \([0.94, 1.12]\) where we find no stable solutions. We will exploit this fact in our breather generation scheme discussed in Sec. IV F.

We finish this section by briefly examining the instability dynamics of an unstable breather. As an example we consider the on-site breather at \( \omega = 0.9 \). For this driving frequency the instability growth rate is weak, and we expect still connected with complex conjugate Floquet multipliers. The resultant break-up dynamics of the breather shown in Fig. 17 is indeed slow, showing amplitude oscillations and gradual emission of energy into the surrounding pendulum chain. By \( t = 4000 \) the tails of the breather are showing significant amplitude oscillations [see Fig. 17(b)], yet the energy is still predominantly localized about the central site of the pendulum chain, indicating the weak nature of the instability.

### E. Mixed-frequency breather solutions

Inspired by the connection between the period-1 single-pendulum solutions and the nature of the period-1 breathers we also examine the possibility of breathers connected to the period-3 single-pendulum solutions. In particular, the possibility of breathers in the bistable region of low-amplitude period-1 solutions and high-amplitude period-3 solutions. We find that indeed breathers exist in this bistable region, with the tails connected to the period-1 solution and the central site(s) connected to the period-3 solution (see Fig. 18).

Due to their mixed frequency nature, more breather families become possible. In particular, we find that the central sites (moving with one third the frequency of the driving force) may move either out of phase or in phase with the low-amplitude tails (moving with the same frequency as the driving force). These two classes are shown in Fig. 18(a) and 18(b), respectively, where we have plotted \( \theta(t) \) for each pendulum over three forcing periods, for \( \omega = 2.7 \) and \( N = 101 \). Such so-called subharmonic breathers have also been found in the context of electrical lattices recently [16]. Examining the Floquet spectrum for these families we find that the in-phase state is highly unstable (dashed line in Fig. 19), while the out-of-phase state is only weakly unstable (solid line in Fig. 19).
FIG. 19. Absolute value of maximum Floquet multiplier for multifrequency breather solutions in a chain of 101 pendula. Solid line corresponds to the out-of-phase solution, showing weak instability, while the dashed line corresponds to the in-phase solution showing strong instability.

While we find no stable examples of multifrequency breathers for a chain of 101 pendulums, at shorter chain lengths windows of stability appear. We show in Fig. 20 the dependence on driving frequency $\omega$ for the family of on-site out-of-phase mixed-frequency breathers in a chain of 41 pendulums. The central site amplitude (solid line) and edge site amplitude (dashed line) are shown in Fig. 20(a), with the largest Floquet multiplier shown in Fig. 20(b). Around $\omega = 2.7$ we see that this mixed-frequency breather is predicted to be stable. As we approach $\omega = 3$ the mixed-frequency breather becomes more and more delocalized, evident in the apparent collision of the central site and tail amplitudes. We also see some evidence of symmetry breaking in the tail oscillators, which is perhaps the origin of the small loss in smoothness of the breather family amplitude near cutoff. The full analysis of the properties of this breather state are beyond the scope of this work, but would be an interesting direction for future study.

To confirm the stability results we turn to simulations of the dynamics. In Fig. 21(a) we see the effect of the weak instability on the on-site out-of-phase breather for $N = 101$. After an extended period with little change the breather suddenly evaporates, with the system converging to the in-phase period-1 solution for all pendulums. In contrast, at $\omega = 2.7$ for the breather in a chain with $N = 41$ we see persistence over long simulation times [see Fig. 21(b)] suggesting the state is stable, in agreement with the stability results shown in Fig. 20.

F. Breather generation

An important issue concerning breathers is how to generate them in practice. We consider one possible scheme involving modulation of the driving frequency. We propose starting with all pendulums at rest and driving at a frequency at which modulational instability emerges with a well-defined instability wave number. In this way a regular pattern emerges spontaneously in the system. We then suggest lowering the frequency until it sits within the stable region of the target breather type. In Fig. 22 we show generation of a stable on-site breather, through variation of $\omega$ from $\omega = 1.04$ down to $\omega = 0.84$ [as depicted in Fig. 22(b)]. If we lower the frequency further we sit in the band of stable off-site breathers, and we see in Fig. 23 that similarly we can generate members of this family.
of breathers. In this latter case, we lower the frequency more rapidly from \( \omega = 1.04 \) to \( \omega = 0.75 \). As expected, when relying on instability dynamics, we find the final location of breathers depends on the initial period at the unstable frequency and the speed of the switch. However, we find that the generation of breathers through this process is robust and occurs without any special choice of these parameters. We should note that we have been unsuccessful in using this method to generate mixed-frequency breathers. This appears to be due to the relatively small windows of stability (and presumably also corresponding basins of attraction) of the breathers for our choice of parameters. To achieve generation we have instead used initial conditions near the breather state. The general problem of the nature of the dynamics for different initial conditions is largely still an open one.

V. CONCLUSIONS

We have examined in detail the response of both a single pendulum and a pendulum chain to horizontal driving of the pendulum pivot point, in an experimentally accessible region of the system parameter space, focusing on small driving amplitude. We have characterized the single-pendulum solutions, finding a region of bistability near the linear resonance of the pendulum natural frequency and driving frequency (\( \omega = 1 \)), with one stable solution of large amplitude and roughly in phase with the driving force and the second stable solution of small amplitude and out of phase. We find also the existence of solutions three times the period of the driving force, near the subharmonic resonance at \( \omega = 3 \). These are large-amplitude solutions, with no connection to the period-1 solutions. Turning to the pendulum chain we show that the period-1 higher-amplitude solution exhibits a modulational instability below a certain critical frequency and beyond a certain chain length. We characterize this modulational instability by studying the instability of a sinusoidal solution ansatz, for a low-order expansion of the sinusoidal nonlinearity and find good agreement with our numerical results. We examine the on-site and off-site localized breather solutions in the pendulum chain, since the breather waveforms appear to spontaneously form as a result of this instability. More specifically, we show their close connection to the single-pendulum periodic solutions. In particular, the breathers exist only for parameters for which there is single-pendulum bistability. Following this we examine the possibility of multifrequency breathers, corresponding to the bistable region near the first subharmonic resonance. We find that for moderate chain lengths stable breathers exist in which the central sites are moving at one third of the frequency of the edge sites. For longer chain lengths, however, we find these breathers are weakly unstable. Finally we turn to the possibility of breather generation through dynamically tuning the driving frequency. We discuss a robust scheme which may be used to generate both on-site and off-site breathers. Natural directions for future work include further characterization of the subharmonic response, possibly in connection with shorter chain settings and the potential connection of this setting with experiments such as the mechanical ones of Ref. [10], as well as the electrical ones of Ref. [16]. On the other hand, understanding more systematically breather, as well as multibreather states and a potential tuning of their existence, as well as stability regimes would be of particular interest in inducing (and optimizing) energy localization in this system.
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