Self-accelerating Massive Gravity: Exact solutions for any isotropic matter distribution

Pierre Gratia, Wayne Hu, and Mark Wyman

1Department of Physics, University of Chicago, Chicago, Illinois 60637, U.S.A
2Kavli Institute for Cosmological Physics, Department of Astronomy & Astrophysics, Enrico Fermi Institute, University of Chicago, Chicago, Illinois 60637, U.S.A

We present an exact solution to the equations of massive gravity that displays cosmological constant-like behavior for any spherically symmetric distribution of matter, including arbitrary time dependence. On this solution, the new degrees of freedom from the massive graviton generate a cosmological constant-like contribution to stress-energy that does not interact directly with other matter sources. When the effective cosmological constant contribution dominates over other sources of stress energy the cosmological expansion self-accelerates, even when no other dark-energy-like ingredients are present. The new degrees of freedom introduced by giving the graviton the mass do not respond to arbitrarily large radial or homogeneous perturbations from other matter fields on this solution. We comment on possible implications of this result.

I. INTRODUCTION

More than seventy years have elapsed since Pauli and Fierz made the first attempt at writing a theory of gravity with a massive graviton [1]. In the intervening years, daunting challenges to realizing such a theory have been found, including the scylla of incompatibility with Solar System tests [2, 3], and the charybdis of ghost-like degrees of freedom [4]. Recently, de Rham, Gabadadze, and Tolley have constructed a theory of massive gravity [13] that evades these dangers [9, 10]. This theory also contains a vacuum solution that recovers exactly a flat matter dominated solution [13] to the de Sitter isotropic distribution of matter. Such solutions connect the matter evolution into self-acceleration [14].

For a theory of massive gravity to be free from this potential must take on the Fierz-Pauli structure to be ghost free; but any purely linear theory exhibits the vDVZ discontinuity [2, 3], where an extra helicity mode couples to matter even in the $m \rightarrow 0$ limit. Nonlinear extensions to the Fierz-Pauli potential can evade this problem via a strong coupling phenomenon known as the Vainshtein mechanism [13], where the extra coupling is suppressed near matter sources. However, these extensions typically contain an unhealthy ghost-like degree of freedom [4].

For a theory of massive gravity to be free from this ghost, the potential term must take a special form built out of expressions that have the form of total derivatives in absence of dynamics [5]. These can be written as contractions of the tensor

$$K_{\mu \nu} = \delta_{\mu \nu} - \sqrt{\Sigma} \Sigma_{\mu \nu}.$$  (2)

The matrix $\sqrt{\Sigma}$ is understood to denote $\sqrt{\Sigma}^{\alpha}_{\alpha} \sqrt{\Sigma}^{\nu}_{\nu} = \Sigma^{\mu \nu}$. The potential-generating matrix is defined as

$$\Sigma^{\mu \nu} \equiv g^{\mu \alpha} \partial_{\alpha} \phi^{\alpha} \partial_{\nu} \phi^{\beta} \eta_{\alpha \beta} \equiv g^{\mu \alpha} \Sigma_{\alpha \nu},$$  (3)

where $\phi^{\alpha}$ are the 4 St"uckelberg fields introduced to restore diffeomorphism invariance. The $\phi^{\alpha}$ fields transform as scalars, while $\Sigma$, $\sqrt{\Sigma}$ and $K$ transform as tensors under general coordinate transforms.

In matrix notation, the potential can be written [7, 8]

$$-\mathcal{U}/4 = |K|^2 - |\Sigma|^2 + \alpha_3 (|K|^3 - 3 |K||\Sigma|^2 + 2 |\Sigma|^3) + \alpha_4 (|K|^4 - 6 |K|^2 |\Sigma|^2 + 8 |K||\Sigma|^3 + 3 |\Sigma|^2 |K|^2 - 6 |\Sigma|^4),$$  (4)

where brackets denote traces, $[A] \equiv A_{\mu \nu}$, and $\alpha_3, \alpha_4$ are free parameters. Using Eq. (2), we can reexpress the
potential in terms of traces of products of $\sqrt{\Sigma}$

$$
\frac{U}{4} = -12 + 6[\sqrt{\Sigma}] + [\Sigma] - [\sqrt{\Sigma}]^2
+ \alpha_3(-24 + 18[\sqrt{\Sigma}] - 6[\sqrt{\Sigma}]^2 + [\sqrt{\Sigma}]^3
- 3[\Sigma]/(\sqrt{\Sigma} - 2) + 2[\Sigma^{1/2}])
+ \alpha_4(-24 + 24[\sqrt{\Sigma}] - 12[\sqrt{\Sigma}]^2 - 12[\sqrt{\Sigma}][\Sigma]
+ 6[\sqrt{\Sigma}]^2[\Sigma] + 4[\sqrt{\Sigma}]^3 + 12[\Sigma] - 3[\Sigma]^2
- 8[\Sigma^{3/2}]/(\sqrt{\Sigma} - 1) + 6[\Sigma^2] - [\sqrt{\Sigma}]^4).
$$

(5)

Variation of the action with respect to the metric yields the modified Einstein equations

$$
G_{\mu\nu} = m^2 T^{(K)}_{\mu\nu} + \frac{1}{M^3_{Pl}} T^{(m)}_{\mu\nu},
$$

(6)

where $G_{\mu\nu}$ is the usual Einstein tensor and $T^{(m)}_{\mu\nu}$ is the matter stress energy tensor. Here

$$
T^{(K)}_{\mu\nu} = \frac{1}{\sqrt{-g}} \frac{\delta}{\delta g_{\mu\nu}} \sqrt{-g} \frac{U}{4}
= -\frac{1}{2} \left( \frac{\partial U}{\partial X} \right)_\mu \Sigma_{\mu
u}
+ \alpha_3 \left[ -3 \left( 6 - 4[\sqrt{\Sigma}] + [\sqrt{\Sigma}]^2 - [\Sigma] \right) \sqrt{\Sigma}_{\mu\nu}
+ 6 \left( [\sqrt{\Sigma}] - 2 \right) \Sigma_{\mu\nu} - 6\Sigma^{3/2}_{\mu\nu} \right]
+ \alpha_4 \left[ -24 \left( \Sigma_{\mu\nu} - \left( [\sqrt{\Sigma}] - 1 \right) \Sigma^{3/2}_{\mu\nu} \right)
- 12 \left( 2 - 2[\sqrt{\Sigma}] - [\Sigma] + [\sqrt{\Sigma}]^2 \right) \Sigma_{\mu\nu}
- 6 \left( 12 - 24[\sqrt{\Sigma}] - 12[\sqrt{\Sigma}]^2 - 4[\sqrt{\Sigma}]^3
- 12[\Sigma] + 12[\Sigma]/(\sqrt{\Sigma} - 1) \right) \sqrt{\Sigma}_{\mu\nu} \right]
$$

(7)

is the dimensionless effective stress energy tensor provided by the mass term. Note that this effective stress energy depends explicitly on the metric itself. To solve the modified Einstein equation, we first parameterize the metric and then solve for the joint effect of the matter and mass term.

III. EXACT SOLUTION

Generalizing [13, 14], we consider an arbitrary spatially isotropic metric,

$$
ds^2 = -b^2(r, t)dt^2 + a^2(r, t)(dr^2 + r^2d\Omega^2).
$$

(8)

We correspondingly take a spherically symmetric ansatz for the Stuckelberg fields:

$$
\phi^0 = f(t, r),
\phi^i = g(t, r) \frac{r^i}{r},
$$

(9)

and look for solutions to the functions $g(t, r)$ and $f(t, r)$. The potential matrix $[3]$ then takes the form

$$
\Sigma = \begin{pmatrix}
\frac{\dot{f}^2 - \dot{g}^2}{b^2} & \frac{\dot{f} \dot{f}' - \dot{g} \dot{g}'}{a^2} & 0 \\
\frac{\dot{g} \dot{g}' - \dot{f} \dot{f}'}{a^2} & \frac{\dot{f}^2 + \dot{g}^2}{a^2} & 0 \\
0 & 0 & \frac{g^2}{a^2 r^2}
\end{pmatrix},
$$

(10)

where primes denote derivatives with respect to $t$ and overdots with respect to $t$.

The resulting, rather involved, calculation is made easier by isolating the upper-left-hand $2 \times 2$ submatrix of $\Sigma$ and using the Cayley-Hamilton theorem, which states that a matrix solves its own characteristic polynomial. For a $2 \times 2$ matrix $A$, this means

$$
|A| A = A^2 + (\text{det } A) I_2,
$$

where $I_2$ is the $2 \times 2$ identity matrix. We can then use

$$
|\Sigma| = \sqrt{X} [\Sigma_2 + W I_2],
$$

(11)

where

$$
X \equiv \left( \frac{\dot{f} + \mu \frac{\dot{g}'}{a}}{b} \right)^2 - \left( \frac{\dot{g}'}{b} + \mu \frac{\dot{f}'}{a} \right)^2,
W \equiv \frac{\mu}{ab} \left( \dot{f} \dot{g}' - \dot{g} \dot{f}' \right),
$$

(12)

and $\mu = \text{sgn}(\dot{f} \dot{g}' - \dot{g} \dot{f'})$.

With Eq. (11), traces of $\Sigma^n$ become

$$
[\sqrt{\Sigma}] = \sqrt{X} + \frac{2g}{ar},
$$

(13)

$$
[\Sigma] = X - 2W + \frac{2g^2}{a^2 r^2},
$$

$$
[\Sigma^{3/2}] = X^{3/2} - 3W \sqrt{X} + \frac{2g^3}{a^3 r^3},
$$

$$
[\Sigma^2] = X^2 - 2W(2X - W) + \frac{2g^4}{a^4 r^4},
$$

(14)

and the potential is given by

$$
\frac{U}{4} = P_0 \left( \frac{\dot{g}}{ar} \right) + \sqrt{X} P_1 \left( \frac{\dot{g}}{ar} \right) + WP_2 \left( \frac{\dot{g}}{ar} \right),
$$

(15)

where the $P_n$ polynomials are

$$
P_0(x) = -12 - 2x(r - 6) - 12(x - 1)(r - 2) \alpha_3 - 24(x - 1)^2 \alpha_4,
P_1(x) = 2(3 - 2x) + 6(x - 1)(x - 3) \alpha_3 + 24(x - 1)^2 \alpha_4,
P_2(x) = -2 + 12(x - 1) \alpha_3 - 24(x - 1)^2 \alpha_4.
$$
Varying the action with respect to $f$ and $g$ yields the St"uckelberg field equations

$$\partial_i \left[ \frac{a^2 r^2}{\sqrt{X}} \left( \frac{\dot{f}}{b} + \mu \frac{y'}{a} \right) P_1 + \mu a^2 r^2 g' P_2 \right]$$

\[= - \partial_r \left[ \frac{a^2 b r^2}{\sqrt{X}} \left( \frac{\dot{g}}{b} + \frac{f'}{a} \right) P_1 + \mu a^2 r^2 \dot{g} P_2 \right] = 0, \tag{16}\]

and

$$- \partial_t \left[ \frac{a^2}{\sqrt{X}} \left( \frac{\ddot{f}}{b} + \mu \frac{f'}{a} \right) P_1 + \mu a^2 r^2 f' P_2 \right]$$

$$+ \partial_r \left[ \frac{a^2 b r^2}{\sqrt{X}} \left( \frac{\ddot{g}}{b} + \frac{g'}{a} \right) P_1 + \mu a^2 r^2 \dot{g} P_2 \right]$$

$$= a^2 b r \left[ P'_0 + \sqrt{X} P'_1 + WP'_2 \right], \tag{17}\]

where $P'_n(x) \equiv dP_n/dx = ar \partial P/\partial g$. By inspection, we find that a solution to the $f$ equation of motion, Eq. (16), is given by $P_1(x_0) = 0$, or

$$x_0 = 1 + 6\alpha_3 + 12\alpha_4 \pm \sqrt{1 + 3\alpha_3 + 9\alpha_3^2 - 12\alpha_4 \over 3(\alpha_3 + 4\alpha_4)}, \tag{18}\]

and hence $g = x_0 ar$. Note that if $\alpha_3 = \alpha_4 = 0$, $P_1(x)$ becomes linear and $g = 3ar/2$ is the solution.

The equation of motion for $g$ evaluated on the solution provides a constraint on $f$

$$\sqrt{X} P'_1 = \left( {2P_2 \over x_0} - P'_2 \right) W - P'_0, \tag{19}\]

where the $P_n$ functions are evaluated at $x_0$ and we have used the fact that

$$W = \mu b \left( f + \frac{a'}{a} r \ddot{f} - \frac{\dot{a}}{a} r f' \right) x_0. \tag{20}\]

An explicit solution for $f$ is not required for the computation of the stress energy tensor. That is, the physical background solution does not depend on the choice of solution for $f$ and in particular is independent of the spatial and temporal integration constants that are introduced in solving for $f$. After straightforward but tedious algebra, we find that its nonzero components are:

$$T^K_{\theta\theta} = \frac{1}{2} P_0(x_0) b^2,$$

$$T^K_{rr} = - \frac{1}{2} P_0(x_0) a^2,$$

$$T^K_{\theta\phi} = T^K_{\phi\theta} = \frac{1}{2} P_0(x_0) a^2 r^2. \tag{21}\]

The $T^K_{\theta\theta}$ and $T^K_{rr}$ pieces can be easily checked from Eq. (14) by direct variation with respect to $g^{tt}$ and $g^{rr}$, noting that the polynomial pieces come from the angular metric. The angular pieces can be similarly analyzed by separately tracking the equal $\theta$ and $\phi$ contributions to $2(\dot{q}/ar)^n$ terms in the traces of Eq. (13). Their separate variations can then be reduced with Eq. (19).

Hence, the effective energy density and pressure are

$$(m^2 M_{pl}^2) T^\mu_{\nu(K)} = \begin{pmatrix} -p_\kappa & 0 & 0 & 0 \\ 0 & p_\kappa & 0 & 0 \\ 0 & 0 & p_\kappa & 0 \\ 0 & 0 & 0 & p_\kappa \end{pmatrix}, \tag{22}\]

where

$$p_\kappa = -\rho_\kappa = \frac{1}{2} m^2 M_{pl}^2 P_0(x_0). \tag{23}\]

This shows that a cosmological constant type solution exists for general isotropic metrics. Conversely, the modified Einstein equation for arbitrary spherically symmetric distributions of matter becomes the ordinary Einstein equation plus a cosmological constant on this solution.

For example, the spatially flat FRW space-time is a subset where $a(r, t) = a(t)$ is the scale factor, $b(r, t) = 1$ and the modified Einstein equation (6) just becomes the usual Friedmann equation

$$\left( {\dot{a} \over a} \right)^2 = \frac{1}{3M_{pl}^2} (\rho_\kappa + \rho_m). \tag{24}\]

FRW space-times with spatial curvature $K \neq 0$ are also included with

$$a(r, t) \to \frac{a(t)}{\sqrt{1 + Kr^2/4}} \tag{25}\]

in isotropic coordinates. Note that for the FRW metric, this solution applies for radiation and matter domination as well as for a self-accelerated epoch where the massive graviton itself provides the cosmological constant-like dark energy. It also allows for arbitrary isotropic perturbations around the FRW metric with

$$a^2(r, t) = a^2(t) [1 + 2\Psi(r, t)],$$

$$b^2(r, t) = [1 + 2\Psi(r, t)]. \tag{26}\]

Thus the solution remains of the cosmological constant type for arbitrary spherically symmetric matter distributions. Furthermore, the matter only sees the effects of the mass term as a cosmological constant with no direct coupling to the St"uckelberg fields on the exact solution.

It is straightforward to verify that our class of solutions subsumes several particular solutions that have previously appeared in the literature: in vacuum $(T^\mu_{\nu(m)}=0)$, it recovers exactly the static Schwarzschild-de Sitter solution from [11, 12], and it also reproduces the decoupling limit solution in [17, 18] as well as the open universe solution reported in [14]. Reduction to these particular solutions is effectively made through a choice of $f(t, 0)$, thus demonstrating that those solutions are not unique. Our solution is also similar to another Schwarzschild-de Sitter solution [19], as well as the vierbein formulation solution of [20].
IV. DISCUSSION

The solution we have found is a perfect analog for a cosmological constant. Because the solution exists for any isotropic distribution of matter, it recovers static solutions like Schwarzschild-de Sitter in vacuum and generalizes them to dynamical cases such as the FRW cosmology. In each of these cases, the presence of other isotropic sources of stress-energy does not alter the cosmological constant-like behavior of massive gravity. Hence, we can have a truly self-accelerating gravitational background that coexists peacefully with a standard cosmological history; the self acceleration begins in precisely the same manner as cosmological-constant-driven acceleration would begin, only here the size of the apparent cosmological constant is set by the graviton mass and the other free parameters of the theory ($\alpha_3$ and $\alpha_4$). Moreover, the extra gravitational degrees of freedom present in this theory do not appear to couple to radial matter perturbations. In practice, this means that radial matter perturbations will feel only the ordinary gravitational attraction as in general relativity. This is in contrast with the enhanced gravitational force felt by matter perturbations around other solutions of this theory. Likewise the St"uckelberg-driven self-accelerating background physics perturbations will feel only the ordinary gravitational at-
traction as in general relativity. This is in contrast with
the enhanced gravitational force felt by matter perturba-
tions around other solutions of this theory. Likewise the
St"uckelberg-driven self-accelerating background physics
will not respond to spherically symmetric matter pertur-

bations either.

In this paper, we have restricted ourselves to isotropic
situations. Note that although we have assumed our
St"uckelberg fields to be in a radially symmetric configu-
ration, their effective center in space disappears in their ef-
fective stress energy, which is homogeneous and isotropic.
Indeed, we can recover fully homogeneous background
solutions supported by the St"uckelberg fields. This sug-
gests that perhaps even more general inhomogeneity in
the matter fields may not drive inhomogeneity in the ob-
servable effective stress energy of the St"uckelberg fields.

The obvious next step in assessing the solution we have
found is to attempt to study perturbations around it.
Naively speaking, the solution we have found gives us
reason for concern, because the part of the action that we
might expect to generate kinetic terms for these fluctua-
tions appears to vanish on our solution, since $P_1(x_0) = 0$.
At first, this appears to confirm the findings of [21],
who find vanishing kinetic terms for perturbations of the
St"uckelberg fields around their open Universe solution [14],
which is a member of our class of solutions. How-
ever, our class also includes the solutions found in [18],
who studied vector and scalar perturbations in the de-
coupling limit of their solution and found non-vanishing
kinetic terms for the scalar perturbations as well as ei-
ther ghost-like or vanishing kinetic terms for the vector
departure solutions. Similarly, the closely related decoupling
limit solution of [17] also has non-vanishing kinetic terms for
scalar perturbations. In light of these considerations,
we should certainly consider attempts to include perturba-
tions to our class of solutions will be an important area for future work.

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