Correlations between the right ventricular passive elasticity and organ function in adult ovine

Wenqiang Liu1, Michael Nguyen-Truong1, Kevin Labus1, June Boon3, Jeremiah Easley3, Eric Monnet3, Christian Puttlitz2,2 and Zhijie Wang1,2*

1School of Biomedical Engineering, Colorado State University, Fort Collins, Colorado, USA
2Department of Mechanical Engineering, Colorado State University, Fort Collins, Colorado, USA
3Department of Veterinary Medicine and Biomedical Sciences, Colorado State University, Fort Collins, Colorado, USA

Abstract
Right ventricle failure (RVF) contributes significantly to the morbidity and mortality in pulmonary hypertension (PH). The mechanical behavior of the RV is considered fundamental to its physiological function; however, the link between RV tissue biomechanics and organ function remains a key knowledge gap. We hypothesize that the RV passive elasticity is correlated with its in vivo function. In this study, we examined the relationships between the tissue mechanics and physiological function of the RV in healthy and PH sheep using a revised ovine model of pulmonary artery constriction. In vivo RV function was examined by echocardiography and hemodynamic measurement, and the RV passive elasticity was measured by ex vivo equibiaxial mechanical tests. We observed that the RV longitudinal stiffness was significantly increased and thus the anisotropic property was altered in PH sheep. This elasticity was significantly correlated with the long axis end-diastolic or end-systolic diameter/area. We further observed that in the outflow tract (longitudinal) direction, there were trends of correlations between the low-strain elastic modulus (EM) and the acceleration time, as well as between the high-strain EM and the deceleration time. These findings strongly indicate the critical role of RV passive mechanical properties in the organ function.

Introduction
Right ventricle failure (RVF) contributes significantly to the mortality and morbidity in a variety of cardiovascular diseases including pulmonary hypertension (PH), congenital heart disease and left heart failure with preserved ejection fraction [1-5]. The biomechanical properties of the RV free wall are considered to play a role in its organ function [6,7], and a recent rodent study has reported a correlation between the passive elastic modulus and the end-diastolic volume of the RV [8], with the latter often being used as an index of RV function [9]. This is the first study that directly relates the RV tissue biomechanics to a clinically relevant hemodynamic index, leading to a new point of view to link the ventricular biomechanics with the organ function to advance the understanding of biomechanical mechanism of RV failure. However, the comprehensive understanding of the roles of RV biomechanical properties in the in vivo function remains a key knowledge gap.

This study aimed to explore the correlations between RV tissue mechanical properties and the in vivo function in healthy and hypertensive adults. We hypothesized that the RV passive elasticity was correlated with its in vivo function. Using a large animal model of RV failure, we observed the correlations between the RV elastic properties and the physiological function, and our findings offer a deeper insight of the biomechanical mechanisms of RVF secondary to chronic pressure overload.

Materials and methods
Ovine model of pulmonary hypertension and RV failure development
All animal works were approved by the Colorado State University Institutional Animal Care and Use Committee (IACUC#17-7590A). Six PH sheep and three age-matched health sheep were recruited in this study. Sheep was chosen for this study because its anatomy and physiology are closer to human than those of small animals [10]. PH was induced in eight-month old male and female ovine using our recently established animal-specific, pulmonary artery constriction model [11]. Briefly, an adjustable hydraulic occluder (AUS-PORT 12×14 mm, Norfolk Vet Products, IL) was placed around the main pulmonary artery trunk to elevate the pulmonary pressure. The degree of constriction for each animal was determined by the amount of saline injected to elevate the RV systolic pressure comparable to that of the left ventricle (LV) in the same animal. The chronic pressure overload was maintained for 11-20 weeks and thus different phases of RV failure were included in these PH ovine.

In vivo functional measurements
Prior to the euthanasia, RV hemodynamic and function measurements were performed by thoracic echocardiography using a 2.5 MHz transducer on a GE Vivid (GE Healthcare, Chicago, IL) in awake animals, and then by RV catheterization (7 Fr Swan Ganz catheter (Edwards Lifesciences Corporation, Irvine, CA) in anesthetized animals. RV systolic pressure (RVSP), stroke volume (SV), cardiac output (CO), tricuspid annular plane systolic excursion

*Correspondence to: Zhijie Wang, School of Biomedical Engineering, Colorado State University, Fort Collins, Colorado, USA, E-mail: zhijie.wang@colostate.edu

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Ex vivo mechanical test and data analysis

Within four hours of sacrifice, the RVs were dissected and immersed in a physiological saline solution (PBS) on ice. Because the healthy RV is thin, almost the entire free wall was used for mechanical tests after the removal of trabeculae; but in diseased RVs, the midwall was sliced with a similar thickness of healthy RVs and used for mechanical tests. To obtain the biaxial mechanical properties, the outflow tract (OT) direction of the RV was defined as the longitudinal direction in the test axis. A minimal sample aspect ratio of 3:1 (length: thickness) was used to approximate a plane-stress condition, and a cruciform section (with the center square region to be 25 mm × 25 mm × 3 mm) was cut to generate more homogenous strain distribution and minimize shear strains in the biaxial tests [13,14]. A ruler and caliper were used to measure the tissue size and thickness, respectively.

The tissues then underwent equibiaxial tensile mechanical tests, either with a regular spray of PBS solution to keep the tissue moist in room air or with the bath of cardioplegic solution (CPS) and 30 mM of 2,3-butanedione monoxime (BDM) at 26–37°C. Our supplement experimental data confirmed that there were not significant changes of the stress-strain curves between these testing conditions (Figure 1). Graphite powder (AGS, MI) was used for strain characterization via digital image correlation. During the test, images were taken with a digital camera (Nikon) at 1 fps. A MATLAB-based digital imagine correlation program was used to analyze the tissue deformation. Two 250 lb capacity load cells (Honeywell Sensotec, Columbus, OH) were used to obtain the forces. A custom LabVIEW code was used to control the actuators and record the data [13].

After mounting, a small preload (~0.1 N) was applied to define the zero-stress configuration, and then the tissue underwent 15 cycles equibiaxial tests including preconditioning cycles (at the stretch rate of 15 mm/min, with ~25% maximal stretch). Assuming the tissue to be incompressible [15] and with negligible shear deformation, the last cycle of the loading curve was then used to generate the Cauchy stress–Green strain curve to analyze the RV mechanical properties as previously described [15]. We were unable to obtain complete mechanical data in one control and one PH sheep. From the stress-strain curves, the RV passive stiffness (or elasticity) was quantified by the elastic moduli (EM) at the low and high strain ranges, respectively [8].

Statistical and correlation analyses

All data were analyzed by the non-parametric statistical analysis, except for the EM which were confirmed with the normal distribution by the QQ plot (GraphPad (v8.0.2)). Pearson correlation analysis was used to investigate the correlations between the tissue mechanical properties and RV function indices (Microsoft Excel). All the data were presented as mean ± SEM. P < 0.05 was considered statistically significant.

Results

Changes in RV geometry and hemodynamic function with PH development

The results of the individual RV geometry and hemodynamic function were summarized in Table 1. There was a significant increase in RVSP and significant decreases in SV and CO in the PH group compared to the CTL group (p<0.05). PH also led to a trend of decrease in the AT (p=0.07) and significant increases in the DT, ET, as well as the AT/ET ratio compared to the CTL group (p<0.05). Lastly, the RV became significantly hypertrophic with the PH development (p<0.05). These results indicate the successful induction of pressure overload of the RV and the establishment of RV failure in the PH animals.

Changes in RV passive elasticity with PH development

Figure 2 presented the RV passive, biaxial elasticity obtained from the control and PH ovine. Despite a relative small number of the control animals, we observed significant stiffening of the RV in the PH group: compared to the control RVs, the PH RVs had a larger EM at low strain range (EMLow) in the longitudinal direction (Figure 2A), p<0.05. A similar trend was observed for the EM at high strain range (EMHigh) in the same direction, but the difference did not reach statistical significance (Figure 2B). In contrast, the changes in these EM in the circumferential direction were absent with PH development.

Furthermore, PH led to a strong trend of increased EMHigh in the longitudinal direction compared to the circumferential direction (Figure 2A, p=0.06). However, this was not observed in the control
EM High was differently correlated with the RV area than with the RV to correlate with the RV end-diastolic area (Figure 4B). However, the long-axis RV end-systolic area (Figure 4A), $p<0.05$ and it tended
diameter: instead of the longitudinal EM High, the circumferential EM High was correlated with the long-axis end-diastolic area (Figure 3A), $p<0.05$ and it tended
diameter, the longitudinal EM Low was significantly correlated with the end-systolic diameter (Figure 3C).

Correlations between RV passive elasticity and other function indices such as the SV and TAPSE. We observed a mild trend of negative correlation between the longitudinal elasticity and other function indices such as the SV and TAPSE. We did not observe any anisotropic behavior from the high-strain EM in both PH and control groups.

Correlations between RV passive elasticity and physiological function indices

**RV elasticity and RV diameter:** Among all healthy and diseased RVs, we observed that the longitudinal EM_low was significantly correlated with the long-axis end-diastolic area (Figure 3A), $p<0.05$ and it tended to correlate with the end-systolic diameter (Figure 3B). Moreover, we also saw a trend that the longitudinal EM_high was correlated with the long-axis RV end-systolic diameter (Figure 3C).

In our study, the definition of longitudinal direction in the biaxial properties was anatomical and aligned with the long-axis of the RV geometry. Thus, these data suggest that the passive elasticity of the RV is strongly related to the ventricular shortening in the same (long-axis) direction.

**RV elasticity and RV area:** Similarly, as we observed in the RV diameter, the longitudinal EM_low was significantly correlated with the long-axis RV end-diastolic area (Figure 4A), $p<0.05$ and it tended to correlate with the RV end-diastolic area (Figure 4B). However, the EM_high was differently correlated with the RV area than with the RV diameter: instead of the longitudinal EM_high, the circumferential EM_high showed a trend of correlation with the long-axis RV end-systolic area (Figure 4C).

**RV elasticity and RV hemodynamic profile:** Lastly, we found that the RV longitudinal stiffness indices showed strong trends of correlations with the RV hemodynamic profile obtained from the Doppler flow measurements. The longitudinal EM_low tended to be negatively correlated with the AT, and the longitudinal EM_high tended to be positively correlated with the ET and DT (Figure 5).

Moreover, we examined the correlations between the RV passive elasticity and other function indices such as the SV and TAPSE. We observed a mild trend of negative correlation between the longitudinal EM_high and the SV ($r=-0.48$, $p=0.28$), but there were no correlations between the passive elasticity indices and TAPSE (data not shown).

**Discussion**

In this study, we originally investigated the relationship between RV passive mechancial property and its physiological function in healthy and pulmonary hypertensive adults using a sheep model of RV failure. To our knowledge, there is only one rodent study showing a correlation between the RV passive elasticity and its end-diastolic volume [8]. The prior study was the first effort to link the RV biomechanics to the organ function, but the relationships examined were limited. The present study investigated the relations of the RV tissue mechanics and a variety of organ function indices measured in large animal (ovine) species. The anatomy and physiology of sheep are closer to human patients compared with the small animals, and thus the findings here are more translatable to human physiology and cardiac biomechanics [10,16,17].

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**Table 1. Individual hemodynamics, structure and function measurements of the ovine RV.**

| Sample | RVSP (mmHg) | SV (mL) | CO (mL) | TAPSE (mm) | FS (%) | AT (msec) | ET (msec) | DT (msec) | AT/ET | Fulton Index (%) |
|--------|-------------|--------|--------|------------|--------|-----------|-----------|-----------|-------|----------------|
| CTL1   | 22.7        | 96     | 9.2    | 19         | /      | 94        | 231       | 137       | 0.41  | 28.8          |
| CTL2   | 23.8        | 99     | 13.3   | 21         | /      | 73        | 160       | 87        | 0.46  | 29.5          |
| CTL3   | 21.7        | 130    | 11.6   | 28         | /      | 68        | 198       | 130       | 0.34  | 27            |
| Mean ± SEM | 23 ± 1 | 108 ± 11 | 11 ± 1 | 23 ± 3   | /      | 78 ± 8    | 196 ± 21  | 118 ± 16  | 0.40 ± 0.03 | 28 ± 1 |
| PH1    | 35          | 69     | 6.5    | 17         | 32.7   | /         | /         | /         | /     | 43.9          |
| PH2    | 51          | 65     | 5.9    | 20         | 11.1   | 69        | 335       | 266       | 0.21  | 46            |
| PH3    | 45          | 83     | 9.4    | 22         | /      | 59        | 237       | 178       | 0.25  | 39.2          |
| PH4    | 42          | 39     | 3.8    | 25         | 35.9   | 62        | 271       | 209       | 0.23  | 58.8          |
| PH5    | 28          | 56     | 5.6    | 22         | 11.9   | 67        | 360       | 293       | 0.19  | 58.2          |
| PH6    | 51          | 47     | 3.9    | 20         | 27     | 44        | 278       | 234       | 0.16  | 64.1          |
| Mean ± SEM | 42 ± 4* | 60 ± 7* | 6 ± 1* | 21 ± 1    | 24 ± 5 | 60 ± 4    | 300 ± 19* | 236 ± 20* | 0.21 ± 0.02* | 52 ± 4* |

**Figure 2.** Different RV elasticities derived from the stress-strain curves. (A) the EM at low strain range (EM_low) and (B) the EM at high strain range (EM_high) in both longitudinal (L) and circumferential (C) directions. CTL: control group, PH: pulmonary hypertension group. *: $p<0.05$ vs CTL group.

**Table 1.** Individual hemodynamics, structure and function measurements of the ovine RV.

CTL: Control Group, PH: Pulmonary Hypertension Group. RVSP: Right Ventricle Systolic Pressure, SV: Stroke Volume, CO: Cardiac Output; TAPSE: Tricuspid Annular Plane Systolic Excursion, FS: Fraction Shortening, AT: Accelerate Time And ET: Ejection Time. /: unable to obtain the data. *: $p<0.05$ vs CTL group.

**Table 2.** RV passive elasticity and organ function in adult ovine.

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Figure 3. Correlations between the RV passive elasticity and RV diameter at longitudinal direction. (A) correlation between the EM at low strain range and RV end-diastolic diameter, (B-C) correlations between the EM and RV end-systolic diameter at low and high strain ranges, respectively.

Figure 4. Correlations between the RV passive elasticity and the RV area. (A) correlation between the EM at low strain range and RV end-diastolic area at the longitudinal direction, (B) correlation between the EM and RV end-systolic area at low strain range at the longitudinal direction, and (C) correlation between the circumferential EM at high strain range and RV end-systolic area in the long axis.

Figure 5. Correlations between the RV passive elasticity and RV hemodynamics. (A) correlation between the low-strain EM and RV acceleration time (AT); (B) correlation between the high-strain EM and RV ejection time (ET) and (B) correlation between the high-strain EM and RV deceleration time (DT).

We observed several interesting correlations that support the hypothesis that there is linkage between the RV mechanics and hemodynamic function. First, our results showed that the RV elasticity was correlated with the RV chamber geometry, which is an alternative index of RV function and a useful prognostic parameter for RV failure patients [9,18-20]. Our data showed that the longitudinal EM_Low was correlated with the RV end-diastolic diameter and area in the same direction (long axis) (Figures 3 and 4). The finding is consistent with the report in a pulmonary arterial banding rat study, which showed that the longitudinal EM_Low was correlated with the RV end-diastolic volume [8]. It is unclear whether the same degree of RV failure was achieved in the present ovine study as in the previous rodent study. Moreover, we have various durations of PAC in the PH sheep, which may include different stages of RV failure in the animals. Nevertheless, both our study and the previous study identified a correlation between the low-strain EM (EM_Low) and RV diastolic geometry (Figures 3A and 4A). These findings confirm a critical role of RV passive mechanical property in the diastolic function.

Furthermore, we observed a change in the anisotropic behavior of the RV during PH development (Figure 2). The stiffening of the RV in the longitudinal direction and the absence of stiffening in the circumferential direction led to a more anisotropic behavior of the RV with the progression of PH. We speculate that the biaxial mechanical changes may partially explain the development of RV failure. Under persistent pressure overload, the RV typically remolds into a spherical shape and requires a higher wall strength in the circumferential direction.

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to maintain the blood flow in the pulmonary circulation. Alternatively, a failure to enhance the circumferential wall strength will impair the ventricular function and result in RV failure. Therefore, a lack of stiffening (‘elastic recoil strength’) of the wall in the circumferential direction, as we observed in the study, may contribute to the decline of the \textit{in vivo} function (e.g., decreased SV).

Next, we also observed new correlations between the RV passive elasticity and its systolic geometry (Figures 3B-C and 4B-C). This drove us to think how RV passive elasticity may interfere with the overall function including the systolic function. It is known that the myocardial stiffness plays a role in the progression of heart failure [21]. For the RV particularly, the diastolic stiffness derived from the diastolic pressure-volume relation is a better parameter than the systolic parameter such as the load-independent contractility to distinguish different clinical outcomes (survival) of PH patients [22]. This evidence underscores the importance of RV passive stiffness in the overall health of the RV. Our data here add additional support that the role of the passive elasticity may go beyond the diastolic function, and one possible explanation is that the matrix ‘stiffness’ may be linked with the ‘health’ state of the cardiomyocytes [23,24], and thus affect the contractile function of the RV. The understanding of the roles of active (systolic) and passive (diastolic) mechanical property in myocardial function has been an ongoing research area, especially with the development of non-invasive cardiac imaging and computational modeling techniques [25-27]. Therefore, future study should elucidate the linkage between the active and passive stiffness of the RV and their impacts on the RV function.

Finally, we observed for the first time that the longitudinal stiffness indices (EM_{low} and EM_{high}) tended to be correlated with the AT \((p=0.07)\) and DT \((p=0.05)\) (Figure 5), both of which are hemodynamic indices associated with the ventricular afterload [28,29]. Unlike the AT, the DT is not a commonly reported hemodynamic parameter. A study in the LV showed that the increased DT was correlated with increased central blood pressure as well as with the increased pulse wave velocity (indicator of arterial stiffness) at rest and during exercise [29]. Therefore, the DT is suggested as a surrogate marker for central hemodynamics, mainly representing LV afterload (both steady and pulsatile). To our knowledge, such measurement in the RV has not been noted, but another group has measured the mid-systolic DT (the deceleration time from the peak to ‘notch’ in the flow profile) in pulmonary arterial hypertension patients. They found that the mid-systolic DT was associated with the pulmonary vascular resistance and pulmonary pressure, which are measures of the steady RV afterload [30]. Therefore, our observed trends of correlations indicate that the RV longitudinal stiffening is an adaptation to the increased afterload, and the hemodynamic indices (AT and DT) may not only be used to estimate the RV afterload, but also to predict the ventricular wall stiffening.

In addition, the EM_{low} is a measurement in the diastolic stress range and thus it has been adopted as the diastolic stiffness of the RV [8,31]. It is speculated that the EM_{low} is mainly contributed by the myofiber stiffness, which is different than the EM_{high} that is measured in the high-strain range and contributed mostly by the collagen fiber stiffness [8,32,33]. We do not know why EM_{low} and EM_{high} showed different degrees of correlations with the AT and DT, and future study should investigate if RV stiffening in different strain ranges may distinguish adaptive and maladaptive remodeling or is a response to different types of RV afterload (steady or pulsatile). Overall, the suggested relations between the pulmonary hemodynamics and RV passive elasticity may imply new diagnostic markers for the assessment of RV function and should be further investigated in future preclinical and clinical studies.

Conclusions

In this study, we performed the \textit{in vivo} RV function assessment and \textit{ex vivo} RV mechanical measurements in healthy and PH ovine, and then investigated the relationship between the passive elasticity and RV function. We observed that the RV longitudinal elasticity was significantly correlated with the RV end-diastolic and end-systolic diameter/area, indicating a contribution of RV passive stiffness in the diastolic function. More importantly, the elastic modulus at the low strain range was correlated with the acceleration time, whereas the elastic modulus at the high strain range was correlated with the deceleration time. This suggests that the RV hemodynamic profile may be an alternative estimation of RV passive elasticity and can be explored as a useful marker for RV failure assessment. Overall, this study highlights the importance of the passive elastic properties of the RV in the progression of RV dysfunction.

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