Hyper-accreting black holes
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Abstract. Hyper-accretion disks are short-lived, powerful sources of neutrinos and magnetized jets. Such disks are plausible sources of gamma-ray bursts. This review describes the disk structure, the neutrino conversion to electron-positron plasma around the disk, and the post-burst evolution.

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INTRODUCTION

Hyper-accretion disks form when a neutron star merges with another compact object, neutron star or a black hole. Recent numerical simulations of mergers [1,2,3] are fully relativistic and show how most of the mass of the binary system disappears behind the event horizon in about 10 ms, leaving a rotating debris disk around the black hole. The mass of this centrifugally supported disk is \( m \sim 0.01 - 0.1 M_\odot \), similar to what was found in previous non-relativistic simulations (e.g. [4, 5]). The ensuing disk accretion is not followed by the merger simulations. It is established on a viscous timescale \( t_{\text{visc}} \sim 0.1 \text{s} \) as the inner parts of the disk relax to a quasi-steady state; this relaxation was studied numerically in [6,7]. Most but not all of the disk is accreted on the timescale \( t_{\text{visc}} \), releasing an energy comparable to \( mc^2 \) and emitting copious neutrinos. This disk has an accretion rate \( \dot{M} \sim (M_\odot/s) (m/0.1 M_\odot) (t_{\text{visc}}/0.1 \text{s})^{-1} \).

Similar neutrino-emitting disks may form during the core-collapse of massive stars if the stellar material has a sufficient angular momentum [8, 9]. These hypothetical objects are often called “collapsars.” After the formation of a central black hole of mass \( M \sim 3 M_\odot \) collapsars develop an accretion disk that is fed by the continually infalling stellar material. The high accretion rate \( \dot{M} \sim 0.1 M_\odot \text{s}^{-1} \) is sustained for \( \sim 10 \text{s} \) (the core-collapse timescale). Recent relativistic MHD simulations of this accretion show how the black hole could accumulate a large magnetic flux and create jets via the Blandford-Znajek process [10].

The studies of hyper-accretion disks are greatly stimulated by observations of cosmological gamma-ray bursts (GRBs, see [11] for a review). Hyper-accretion is expected to produce hyper-jets on a timescale \( \sim 0.1 - 10 \text{s} \). If a fraction \( \varepsilon_{\text{jet}} \) of the accretion power \( \dot{M}c^2 \) is channeled to a relativistic jet, it leads to an explosion with energy \( E_{\text{jet}} \sim 2 \times 10^{51} (M_{\text{acc}}/M_\odot) (\varepsilon_{\text{jet}}/10^{-3}) \text{ erg} \), where \( M_{\text{acc}} \) is the mass accreted through the disk. The energy and duration of the jet is consistent with GRB observations.

Hyper-accretion disks are markedly different from normal accretion disks in X-ray
binaries and AGN. Their optical depth to photon scattering is enormous and radiation is trapped inside the disk, being advected by the matter into the black hole. However, the disk can be efficiently cooled by neutrino emission. Significant neutrino losses can occur when $\dot{M} > 10^{-3} \, M_\odot \, s^{-1}$ and make the disk relatively thin and neutron rich.

The accreting black hole is expected to have a significant angular momentum, because it forms from rotating matter and is further spun up by accretion. The black-hole spin helps the jet formation through the Blandford-Znajek process. It also affects the black-hole spacetime in such a way that the disk extends to smaller radii and the overall efficiency of accretion significantly increases. For example, the inner radius of the disk around a maximally-rotating black hole (spin parameter $a = 1$) is reduced by a factor of 6 compared with the Schwarzschild case $a = 0$. This leads to a higher temperature and a higher neutrino intensity above the disk, increasing the rate of neutrino annihilation into $e^\pm$ pairs. Therefore, disks around rapidly spinning black holes can deposit an interesting fraction of their energy into the $e^\pm$ plasma outside the disk and facilitate the formation of ultra-relativistic jets.

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The size of a hyper-accretion disk depends on the specific angular momentum of the accreting matter, $l$, which is modest in neutron-star mergers and probably even smaller in collapsars. The accretion flows in collapsars are quasi-spherical and may form a special “mini-disk” that is not supported centrifugally and instead accretes on the free-fall time. Larger $l$ leads to standard viscous accretion, which leaves a relict disk carrying the initial angular momentum of the accreted matter. The relict disk gradually spreads to larger radii, and its late evolution may be relevant to the post-burst activity of GRBs.

**VISCOUS DISKS**

As matter spirals into the black hole, it is viscously heated: the gravitational energy is converted to heat. The heat is distributed between nuclear matter, radiation, and $e^\pm$ pairs, in perfect thermodynamic equilibrium. In particular, the equilibrium $e^\pm$ population is maintained. As discussed below, electrons are mildly degenerate in neutrino-cooled disks, which affects the $e^\pm$ density. The equilibrium microphysics is determined by only three parameters: temperature $T$, baryon mass density $\rho$, and electron fraction $Y_e$ (equal to the charged nucleon fraction). Other parameters — e.g. the electron chemical potential $\mu_e$ and density of $e^\pm$ pairs, $n_\pm$ — are derived from $T$, $\rho$ and $Y_e$. At radii $r \lesssim 10^8$ cm, temperature and density are high enough to maintain the nuclear statistical equilibrium, which determines the abundances of all nuclei. Nuclear matter in the disk is dissociated into free nucleons $n$ and $p$ inside radius $r_\alpha = (40 - 100)r_g$ where $r_g \equiv 2GM/c^2$. The temperature at this radius is $kT \lesssim 1$ MeV.

Neutrino cooling is significant in the inner region where $kT > 1$ MeV. The far dominant mechanism of neutrino emission is the $e^\pm$ capture onto nucleons:

$$e^- + p \rightarrow n + \nu_e, \quad e^+ + n \rightarrow p + \bar{\nu}_e.$$  

The escaping neutrinos not only cool down the disk — they also change its electron fraction $Y_e$ if the emission rates of $\nu$ and $\bar{\nu}$ are not exactly equal. The first goal of the disk modeling is to find $T$, $\rho$, $Y_e$, and self-consistently evaluate the neutrino losses.
Modeling disk accretion

Accretion is quasi-steady in the inner region of the disk where $t_{\text{visc}}$ is shorter than the timescale of $\dot{M}$ evolution. Viscosity in accretion disks is caused by MHD turbulence, sustained by the magneto-rotational instability [12]. It creates an effective kinematic viscosity coefficient $\nu$, which may be related to the half-thickness of the disk, $H$, and sound speed, $c_s$: $\nu = \alpha c_s H$, where $\alpha \sim 0.01 - 0.1$ is a dimensionless parameter. A number of works studied hyper-accretion disks with this traditional parameterization of viscosity [13, 14, 15, 16, 17, 18, 19]. Two works constructed models in full general relativity and studied disks around spinning black holes [13, 17]. The following list highlights advances and limitations of the current models [17]:

- The model is fully relativistic: the disk dynamics is calculated in Kerr metric.
- Hydrodynamic equations are solved with the vertically-integrated $\alpha$ prescription. The equations include radial transport of heat and lepton number.
- Local microphysics is calculated exactly: nuclear composition, electron degeneracy, neutrino emissivity and opacity etc., using the equilibrium distribution functions for all species except neutrinos. Neutrinos are modeled separately in the opaque and transparent zones of the disk, matching at the transition between the two zones.
- The model provides only vertically averaged $T$, $\rho$, and $Y_e$ (which are approximately equal to their values in the midplane of the disk). The diffusion of neutrinos in the opaque zone is treated in the simplest one-zone approximation (using escape probability). This gives a good approximation for the energy losses, however, does not give the exact neutrino spectrum emerging from the opaque zone.

The vertically-integrated approximation provides no information about the vertical structure of the disk and its corona. The vertical structure may be eventually understood with global 3D time-dependent MHD simulations that include energy losses, although the results of such simulations generally depend on the assumed initial magnetic configuration. The behavior of magnetic field on large scales is coupled to the local turbulence cascade that extends to scales $\ll H$. The microscopic magnetic Prandtl number for hyper-accretion disks has been recently estimated in [20]. The models discussed here are aware of the MHD issues only through the value of $\alpha$. They are computationally much cheaper than MHD simulations and allow one to study the disk in a broad range of $\dot{M}$ and $\alpha$.

Vertically-integrated disks are described by 1D equations that express conservation of baryon number, energy, and momentum (angular and radial) in Kerr spacetime (see [21] for a review). The full set of these equations can be solved [22], and the solutions show that the deviation from circular Keplerian rotation is small ($\lesssim 10\%$) even when the disk is strongly advective (i.e. when the released heat is transported radially without losses). Thus, the angular velocity of the disk can be approximated by its Keplerian value $\Omega_K$. A small radial velocity is superimposed on this rotation: $u' = -\alpha S^{-1} c_s (H/r)$, where

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1 A strong reduction of $\Omega$ below $\Omega_K$ can occur in the limit of a large steady disk with no cooling. This limit does not apply to hyper-accretion disks which are transient and have a moderate radius.
FIGURE 1. **Left panel:** Contours of the equilibrium $Y_e(T, \rho)$ on the $T$-$\rho$ plane for $\nu$-transparent matter. The electrons become degenerate near the dashed line given by $kT_{\text{deg}} = \hbar c (\rho/m_p)^{1/3} = 7.7 \rho_1^{1/3} \text{ MeV}$. The $Y_e$ contours are calculated assuming that the nuclear matter is dissociated into free nucleons; they are invalid in the shaded region where matter is dominated by composite nuclei. The “neutronization line” $Y_e = 0.5$ is given by $kT_n = 33 \rho_1^{1/2} \text{ MeV}$. **Right panel:** The equilibrium $Y_e(T, \rho)$ for $\nu$-opaque matter with neutrino chemical potential $\mu_\nu = 0$. The free-nucleon region is the same as in the left panel. The calculation of the equilibrium $Y_e$ is now extended into the region of composite nuclei. The neutronization line $Y_e = 0.5$ is given by $kT_n = 23.1 \rho_1^{1/2} \text{ MeV}$.

c_s = (P/\rho)^{1/2}$ is the isothermal sound speed, $H$ is the half-thickness of the disk; $S(r)$ is a numerical factor determined by the inner boundary condition [17]. This description of the velocity field in the disk is a good approximation everywhere except in the very vicinity of the inner boundary where $|u'|$ exceeds $c_s$.

In contrast to accretion disks in X-ray binaries and AGN, there is one more conservation law that must be taken into account: conservation of lepton number,

$$\frac{1}{H} (\dot{N}_\nu - \dot{N}_{\bar{\nu}}) = u' \left[ \frac{\rho}{m_p} \frac{dY_e}{dr} + \frac{d}{dr} (n_\nu - n_{\bar{\nu}}) \right].$$

Here $\dot{N}_\nu$ and $\dot{N}_{\bar{\nu}}$ are the number fluxes of neutrinos and anti-neutrinos per unit area (from one face of the disk), $n_\nu$ and $n_{\bar{\nu}}$ are the number densities of neutrinos and anti-neutrinos inside the disk. This equation determines $Y_e$, which is related to the neutron-to-proton ratio by $Y_e = (n_n/n_p + 1)^{-1}$ and greatly affects the rate of neutrino cooling.

In the models solved in [17] and shown below, $Y_e$ is calculated using Eq. (2). Note, however, that throughout most of the neutrino-cooled disk, the right side of Eq. (2) is small compared with each of the two terms on the left side, and $Y_e$ is nearly equal to the local equilibrium value such that $\dot{N}_\nu \approx \dot{N}_{\bar{\nu}}$. This equilibrium $Y_e$ is determined by the local temperature and density and found for both neutrino-opaque and neutrino-transparent matter [23, 24, 25]. It is shown in Fig. 1.
Hyper-accretion disks have several zones separated by the following characteristic radii:

1. Radius $r_\alpha$ where 50% of $\alpha$-particles are decomposed into free nucleons. The destruction of $\alpha$-particles consumes 7 MeV per nucleon, which makes the disk thinner.

2. "Ignition" radius $r_{\text{ign}}$ where neutrino emission switches on. At this radius, the mean electron energy becomes comparable to $(m_e - m_p)c^2$, enabling the capture reaction $e^- + p \rightarrow n + \nu$. Then neutrino cooling due to reactions (1) becomes significant, further reducing the disk thickness $H/r$.

3. Radius $r_{\nu}$ where the disk becomes opaque to neutrinos and they relax to a thermal distribution. The disk is still almost transparent to anti-neutrinos at this radius.

4. Radius $r_{\bar{\nu}}$ where the disk becomes opaque to anti-neutrinos, so that both $\nu$ and $\bar{\nu}$ are now in thermal equilibrium with the matter. The disk is still cooled efficiently at this radius since $\nu$ and $\bar{\nu}$ diffuse and escape the flow faster than it accretes into the black hole.

5. Radius $r_{\text{tr}}$ where neutrino diffusion out of the disk becomes slower than accretion, and neutrinos get trapped and advected into the black hole.

The different zones of the disk are shown on the $\dot{M} - r$ diagram in Fig. 2. In addition, this figure shows the zone of gravitational instability.
Three characteristic accretion rates can be defined: $\dot{M}_{\text{ign}}$ above which the disk is neutrino-cooled in the inner region, $\dot{M}_{\text{opaque}}$ above which the disk is opaque to neutrinos in the inner region, and $\dot{M}_{\text{trap}}$ above which the trapping of neutrinos occurs in the inner region. The dependence of $\dot{M}_{\text{ign}}$, $\dot{M}_{\text{opaque}}$, and $\dot{M}_{\text{trap}}$ on $\alpha$ is well approximated by the following power laws [17],

$$
\dot{M}_{\text{ign}} = K_{\text{ign}} \left( \frac{\alpha}{0.1} \right)^{5/3}, \quad \dot{M}_{\text{opaque}} = K_{\text{opaque}} \left( \frac{\alpha}{0.1} \right), \quad \dot{M}_{\text{trap}} = K_{\text{trap}} \left( \frac{\alpha}{0.1} \right)^{1/3}.
$$

The normalization factors $K$ depend on the black hole spin $a$. For $a = 0.95$ they are $K_{\text{ign}} = 0.021 \, M_\odot \, s^{-1}$, $K_{\text{opaque}} = 0.06 \, M_\odot \, s^{-1}$, $K_{\text{trap}} = 1.8 \, M_\odot \, s^{-1}$ and for $a = 0$ they are $K_{\text{ign}} = 0.071 \, M_\odot \, s^{-1}$, $K_{\text{opaque}} = 0.7 \, M_\odot \, s^{-1}$, $K_{\text{trap}} = 9.3 \, M_\odot \, s^{-1}$.

To complete this short guide to quasi-steady viscous disks, Figs. 3-4 show $T$, $\rho$, $Y_e$, and $H/r$ for a model with $\dot{M} = 0.2 \, M_\odot \, s^{-1}$, $M = 3 \, M_\odot$, and $a = 0.95$.

**FIGURE 3.** Disk with $\dot{M} = 0.2 \, M_\odot \, s^{-1}$ around a black hole of mass $M = 3 \, M_\odot$ and spin $a = 0.95$. Three models are shown with viscosity $\alpha = 0.1, 0.03,$ and 0.01. Radius is measured in units of $r_g = 2GM/c^2 = 10$ km. **Left panel:** Temperature in units of $m_e c^2$. **Right panel:** Mass density. (From [17].)

**FIGURE 4.** Electron fraction $Y_e$ and thickness of the disk $H/r$ for the same three models as in Fig. 3.
The main properties of the neutrino-cooled disk (i.e. at \( r < r_{\text{ign}} \)) may be summarized as follows [17].

- The disk is relatively thin, \( H/r \sim 0.1 - 0.3 \), especially in the inner region where most of accretion energy is released.
- The \( \nu \)-cooled disk is locally very close to \( \beta \)-equilibrium, \( \dot{N}_\nu \approx \dot{N}_\bar{\nu} \). In particular, the relation between \( \rho, T, \) and \( Y_e \) calculated under the equilibrium assumption (Fig. 1) is satisfied with a high accuracy.
- Degeneracy of electrons in the disk significantly suppresses the positron density \( n_{e^+} \). However, the strong degeneracy limit is not applicable — the disk regulates itself to a mildly degenerate state with \( \mu_e/kT = 1 - 3 \). The reason of this regulation is the negative feedback of degeneracy on the cooling rate: higher degeneracy \( \mu_e/kT \) \( \rightarrow \) fewer electrons (lower \( Y_e \)) and positrons \( (n_{e^+}/n_{e^-} \sim e^{-\mu_e/kT}) \) \( \rightarrow \) weaker neutrino emission \( \rightarrow \) lower cooling rate \( \rightarrow \) higher temperature \( \rightarrow \) lower degeneracy.
- Pressure in \( \nu \)-cooled disks is dominated by baryons, \( P \approx P_b = (\rho/m_p)kT \), most of which are neutrons (Fig. 5 shows contributions to pressure for two sample models).
- All \( \nu \)-cooled disks are very neutron rich in the inner region, with \( Y_e \sim 0.1 \) or lower.

**NEUTRINO ANNIHILATION AROUND THE DISK**

The emitted neutrinos and anti-neutrinos can collide and convert to \( e^\pm \), thereby depositing energy [26]. The emission of tau and muon neutrinos is negligible [17], so only reaction \( \nu_e + \bar{\nu}_e \rightarrow e^- + e^+ \) can be considered. Its cross section (assuming center-of-momentum energy \( \gg m_e c^2 \)) is given by \( \sigma_{\nu\bar{\nu}} \approx 3.3 \times 10^{-45} (p_{\nu} \cdot p_{\bar{\nu}})^2 (p_{\nu}^0 p_{\bar{\nu}}^0)^{-1} \text{cm}^2 \) where \( p_{\nu}, p_{\bar{\nu}} \) are the 4-momenta of \( \nu_e \) and \( \bar{\nu}_e \), expressed in units of \( m_e c \). The cross section is
small and only a small fraction $\varepsilon \sim 10^{-3} - 10^{-2}$ of the total neutrino luminosity $L$ converts to $e^\pm$ plasma. Nevertheless, this energy may be sufficient to drive a relativistic jet (or help the formation of a magnetically-dominated jet) since it occurs above the disk where the mass density is relatively low, especially near the rotation axis [27].

Neutrinos emitted by the disk follow null geodesics in Kerr spacetime. The efficiency $\varepsilon$ of their annihilation can be calculated numerically by tracing the geodesics, evaluating the local energy deposition rate $q_{\nu\bar{\nu}}$ [erg s$^{-1}$ cm$^{-3}$] everywhere around the black hole, and then integrating over volume to obtain the net energy deposition rate $\dot{E}_{\nu\bar{\nu}}$ (energy at infinity per unit time at infinity). The neutrino emission and annihilation is concentrated near the black hole, where accretion is expected to be quasi-steady. $\dot{E}_{\nu\bar{\nu}}$ depends on four parameters that specify the steady disk model: $M, \alpha, M, \text{and } a$.

The energy deposition rate $\dot{E}_{\nu\bar{\nu}}$ was estimated in [13], approximating geodesics by straight lines. Fully relativistic calculations were made for several toy models, in particular for disks or tori with uniform temperature or other arbitrary distribution of temperature or entropy (see [28] and refs. therein). Recently, the relativistic calculation for a realistic disk around a spinning black hole has been done (Zalamea & Beloborodov, in preparation). $q_{\nu\bar{\nu}}$ has been obtained everywhere around the black hole, including its ergosphere, and the dependence of $\dot{E}_{\nu\bar{\nu}}$ on $M, \alpha, M, \text{and } a$ has been determined.

Besides tracing the geodesics, this calculation involves a model for neutrino and antineutrino spectra emitted by the disk. Using the results of [17], it is straightforward to evaluate the spectra from the transparent zone of the disk. It is more difficult to find the spectrum that emerges from the opaque zone, because the neutrino transport in this zone depends on the unknown vertical distribution of viscous heating. Various assumptions may be made about this distribution [15, 29, 30, 31, 32], including a strong heating of the magnetic corona above the disk. Note that the corona of a hyper-accretion disk is always in thermodynamic equilibrium, and its temperature $T_c$ is determined by its thermal energy density $U_c = U_\gamma + U_e \approx 3a_r T_c^4$ where $a_r = 7.56 \times 10^{-15}$ erg cm$^{-3}$ K$^{-4}$ is the radiation constant. $U_c$ is generally smaller than the energy density inside the disk. Therefore, relocating the heating from the disk to its corona cannot significantly increase the energies of emitted neutrinos.

Fortunately, a robust estimate can be obtained for $\dot{E}_{\nu\bar{\nu}}$ in spite of the uncertainty in the vertical structure of the disk. It is easy to see that all detailed models of neutrino spectrum formation must predict practically the same rate of $\nu\bar{\nu}$ annihilation above a neutrino-cooled disk. For such a disk, neutrinos carry away a fixed energy flux $F^- \approx F^+$ where $F^+ \sim 3M\Omega_K^2 S(r)/8\pi$ is the rate of viscous heating. Therefore, transfer models that predict a higher average energy of emitted neutrinos, $E_{\nu\nu}$, must also predict a lower number density of the neutrinos above the disk, $n \sim F^- / E_{\nu\nu} \propto E_{\nu\nu}^{-1}$. Since the annihilation cross section $\sigma_{\nu\bar{\nu}} \propto E_{\nu\nu}^2$, one finds that the reaction rate $n_{\nu\bar{\nu}} \sim c\sigma_{\nu\bar{\nu}} n_{\nu} n_{\bar{\nu}}$ is independent of $E_{\nu\nu}$. The energy deposition rate $\dot{q}_{\nu\bar{\nu}} \sim n_{\nu\bar{\nu}} E_{\nu\nu}$ is proportional to $E_{\nu\nu}$. It cannot be changed without a substantial change in temperature (or electron chemical potential) of the neutrino source, which would require a huge change in energy density and therefore is hardly possible.

Detailed calculations confirm that $\dot{E}_{\nu\bar{\nu}}$ weakly depends on the details of the vertical structure and $\nu, \bar{\nu}$ transfer in the disk. Consider two extreme models for the opaque zone.
FIGURE 6. Total energy deposition rate due to $\nu\bar{\nu}$ annihilation outside the black-hole horizon, $\dot{E}_{\nu\bar{\nu}}$, as a function of the disk accretion rate, $\dot{M}$. The two characteristic accretion rates $\dot{M}_{\text{ign}}$ and $\dot{M}_{\text{trap}}$ depend on the viscosity parameter $\alpha = 0.1$ (see eq. 3); $\alpha = 0.1$ is chosen in this figure. The black hole is assumed to have mass $M = 3 M_\odot$. $\dot{E}_{\nu\bar{\nu}}$ strongly depends on the spin parameter of the black hole; the numerical results are shown for two cases: $a = 0$ (triangles) and $a = 0.95$ (squares). The uncertainty in the vertical structure of the accretion disk leads to a small uncertainty in $\dot{E}_{\nu\bar{\nu}}$ as illustrated by two extreme models: Model A (open symbols) and Model B (filled symbols), see the text for details. The results of both models are well approximated by simple Model C that is given by Eq. (4) and also shown in the figure, by solid line for $\nu$-opaque disks ($\dot{M} > \dot{M}_{\text{opaque}}$) and by dashed line for $\nu$-transparent disks ($\dot{M} < \dot{M}_{\text{opaque}}$). (From Zalamea & Beloborodov, in preparation.)

**Model A:** Neutrinos $\nu_e$ and $\bar{\nu}_e$ are emitted with the same distributions as found inside the disk (same temperature $T$ and chemical potential $\mu_\nu$). The distribution normalization is, however, reduced compared with the thermal level inside the disk, so that the emerging emission carries away the known energy fluxes $F_\nu$ and $F_{\bar{\nu}}$ that are found in [17].

**Model B:** Neutrinos are emitted with a thermal Fermi-Dirac spectrum with chemical potential $\mu_\nu = 0$ and the effective surface temperature $T_{\text{eff}}$. The effective temperature is defined by $(7/8)\sigma T_{\text{eff}}^4 = F^-$, where $F^- = F_\nu + F_{\bar{\nu}}$ is the energy flux from one side of the disk and $\sigma = a_r c^4/4$ is Stefan-Boltzmann constant. The factor $7/8$ is determined by the difference between Plank and Fermi-Dirac distributions and the fact that the disk emits only $\nu_e$ and $\bar{\nu}_e$ — the emission of other neutrino species is negligible.

The temperature $T$ inside an opaque disk exceeds $T_{\text{eff}}$ by factor $T/T_{\text{eff}} \sim \tau_\nu^{1/4}$ when the neutrino optical depth $\tau_\nu \gg 1$. The neutrino chemical potential is modest and, approximately, $E_{\text{av}} \propto T$. Hence, even the extreme Model A gives a moderate enhancement of $\dot{E}_{\nu\bar{\nu}}$, by the factor $T/T_{\text{eff}}$. Zalamea & Beloborodov (in preparation) calculated $\dot{E}_{\nu\bar{\nu}}$
in both Models A and B. The results of numerical calculations are shown in Fig. 6 and demonstrate that the difference between the two models is indeed small.

It is instructive then to consider Model C: same as Model B except that \( F^- = F^+ \) is assumed at all radii. The assumption is clearly incorrect outside the region \( r_{\text{tr}} < r < r_{\text{ign}} \). Nevertheless, this simplest model gives a good approximation to \( \dot{E}_{\nu\nu} \) in a broad range \( M_{\text{ign}} < \dot{M} < M_{\text{trap}} \) (Fig. 6). Note that \( \dot{E}_{\nu\nu} \) in Model C is explicitly independent of \( \alpha \). However, the range of \( \dot{M} \) where Model C is applicable depends on \( \alpha \) (Eq. 3).

The scaling of \( \dot{E}_{\nu\nu} \) with \( \dot{M} \) is easy to evaluate analytically. The effective surface temperature is related to \( F^- \approx F^+ \) by \( T_{\text{eff}}^4 \propto F^- \propto \dot{M} \). The neutrino number density above the disk is proportional to \( T_{\text{eff}}^3 \propto \dot{M}^{3/4} \). The annihilation cross-section \( \sigma_{\nu\nu} \propto T_{\text{eff}}^2 \) (assuming \( kT_{\text{eff}} > m_e c^2 \)). Hence the energy deposition rate \( \dot{E}_{\nu\nu} \propto T_{\text{eff}}^9 \propto \dot{M}^{9/4} \), and one can write

\[
\dot{E}_{\nu\nu} = \dot{E}_0(a) \left( \frac{\dot{M}}{\dot{M}_\odot} \frac{\text{s}}{\text{yr}} \right)^{9/4}, \quad M_{\text{ign}} < \dot{M} < M_{\text{trap}}. \tag{4}
\]

The normalization factor \( \dot{E}_0 \) depends on the black hole spin \( a \) and must be calculated numerically. For example, \( a = 0.95 \) gives \( \dot{E}_0 \approx 10^{52} \text{ erg s}^{-1} \), which implies the efficiency \( \varepsilon = \dot{E}_{\nu\nu}/L \approx 0.05(M/3 M_\odot \text{ s}^{-1})^{5/4} \). It is much larger than the corresponding value for a non-rotating black hole, by two orders of magnitude.

The strong dependence of \( \dot{E}_{\nu\nu} \) on \( a \) may be seen from the following rough estimate. The neutrino luminosity \( L \) peaks at \( r_{\text{peak}} \) that is a few times the inner radius of the disk, \( r_{\text{ms}}(a) \) — the marginally stable orbit, which is determined by \( a \). The luminosity depends on \( r_{\text{ms}} \) approximately as \( r_{\text{ms}}^{-1} \), and \( T_{\text{eff}} \) at \( r_{\text{peak}} \) scales as \( (L/r_{\text{peak}}^2)^{1/4} \propto r_{\text{ms}}^{-3/4} \). The energy deposition rate \( \dot{q}_{\nu\nu} \) scales as \( T_{\text{eff}}^9 \) and \( \dot{E}_{\nu\nu} \) scales as \( r_{\text{ms}}^3 \dot{q}_{\nu\nu} \), which yields \( \dot{E}_{\nu\nu} \propto r_{\text{ms}}^{-15/4} \). Then the reduction in \( r_{\text{ms}} \) by a factor of 3 (as \( a \) increases from 0 to 0.95) gives a factor of 60 in \( \dot{E}_{\nu\nu} \). This estimate neglects the fact that the gravitational bending of neutrino trajectories is stronger for smaller \( r_{\text{ms}} \). Stronger bending implies a larger average angle between neutrinos and leads to an additional enhancement of \( \dot{E}_{\nu\nu} \). Therefore, a steeper dependence of \( \dot{E}_{\nu\nu} \) on \( r_{\text{ms}} \) is found in numerical simulations. A simple power law \( \dot{E}_{\nu\nu} \propto r_{\text{ms}}^{-4.7} \) is an excellent approximation to the numerical results for \( 0 < a < 0.95 \) which corresponds to \( r_g < r_{\text{ms}} < 3r_g \) (Zalamea & Beloborodov, in preparation).

Note that \( \dot{E}_{\nu\nu} \) is defined as the total energy deposition rate outside the event horizon (including the ergosphere). A significant fraction of the created \( e^\pm \) plasma must fall into the black hole, and only the remaining fraction of \( \dot{E}_{\nu\nu} \) will add energy to the jet. This fraction depends on the plasma dynamics outside the disk, which is affected by magnetic fields and is hard to calculate without additional assumptions.

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2 The deviation of Model B from Model C at \( \dot{M} \sim 2M_{\text{ign}} \) is caused by the overshooting of \( F^- \) above \( F^+ \), which happens just inside of \( r_{\text{ign}} \) (see Fig. 7 and 16 in [17]). As hot matter accretes into the neutrino-cooled region, its stored heat is quickly emitted with \( F^-/F^+ \) reaching \( \sim 2 \) at \( r \approx r_{\text{ign}}/2 \). For disks with \( r_{\text{ign}}/2 \sim 2 \), this leads to the enhancement of \( \dot{E}_{\nu\nu} \) by the factor \( \sim 2^{9/4} \) compared with Model C that assumes \( F^- = F^+ \).
FIGURE 7. The shaded region shows the range of angular momenta $l_0$ that form a mini-disk with insufficient centrifugal support, leading to accretion on the free-fall timescale. $l_0$ is defined as the angular momentum of the accretion flow in the equatorial plane; angular momentum decreases toward the polar axis (shells $r = \text{const}$ are assumed to have a uniform angular velocity $\Omega \ll \Omega_K$ at $r \gg r_g$). (From Zalamea & Beloborodov, in preparation).

LOW-ANGULAR-MOMENTUM DISKS IN COLLAPSARS

The quasi-spherical accretion flows in collapsars create a centrifugally supported disk if the circularization radius of the flow is sufficiently large, $r_{\text{circ}} \sim 10r_g$. A smaller disk may not be centrifugally supported and then will accrete on a free-fall timescale [33]. It accretes so fast (super-sonically) that the effects of viscosity can be neglected. A steady model of this “mini-disk” was constructed in [33] and 2D time-dependent hydrodynamical simulations were performed in [34].

The mini-disk can be thought of as a caustic in the equatorial plane of a rotating accretion flow. It absorbs the feeding infall, and this interaction releases energy, making the accretion radiatively efficient. With increasing angular momentum, the size of the disk grows up to $14r_gc$, at which point the centrifugal barrier stops accretion, so that it can proceed only on a viscous timescale. Thus, the mini-disk model fills the gap between two classical regimes of accretion — spherical ($l < r_gc$) and standard accretion disk ($l \gg r_gc$) — and is qualitatively different from both.

The calculations of [33] were limited to the case of a Schwarzschild black hole. Recently, the model has been extended to the case of a Kerr black hole (Zalamea & Beloborodov, in preparation). Fig. 7 shows the range of angular momenta that lead to mini-disk formation around a black hole of spin $0 < a < 1$. The critical angular momentum for viscous disk formation sets the maximum radius of a mini-disk. This radius is $\approx 14r_g = 28GM/c^2$ for $a = 0$ and $\approx 5r_g$ for $a = 0.95$. 

\[ \frac{l_0}{r_gc} \]

\[ \text{black-hole spin } a \]

\[ \text{viscous disk} \]

\[ \text{mini-disk} \]

\[ \text{no disk} \]
The mini-disk is sandwiched by shocks through which the infalling matter enters the disk. The model of [33] assumes that the cooling timescale of the postshock material is sufficiently short, shorter than the accretion timescale in the disk. Let us check if this assumption can be valid for collapsars. The postshock mass density and energy density can be estimated as

$$\rho \sim 10^9 \xi M_{0.1} M_3^{-2} \left(\frac{r}{r_g}\right)^{-3/2} \text{ g cm}^{-3}, \quad U \sim 0.2 \rho c^2 \left(\frac{r}{r_g}\right)^{-1}. \quad (5)$$

Here $\xi \sim 2$ is the compression in the shock (note that the shock dissipates only the normal component of the infall velocity); $M_{0.1} \equiv M/0.1 M_\odot \text{ s}^{-1}$ and $M_3 \equiv M/3 M_\odot$. The postshock matter has $\mu_e/kT < 1$, and $U$ is dominated by radiation and $e^\pm$ pairs, which implies $U \approx 3a_r T^4$. The postshock temperature is then $T \approx 5.3 \times 10^{10} \rho_9^{1/4} (r/r_g)^{-1/4} \text{ K}$. Disintegration of nuclei in the shock consumes only $\approx 8 \text{ MeV per nucleon}$; therefore, the shock stalls.

Disintegration of nuclei in the shock consumes only $\approx 8 \text{ MeV per nucleon}$; therefore, the shock stalls.

$$q_c \approx 9 \times 10^{32} T_9^3 \rho_9 \text{ erg cm}^{-3} \text{ s}^{-1},$$

and

$$\dot{q}_\pm \approx 3.6 \times 10^{33} T_9^n \text{ erg cm}^{-3} \text{ s}^{-1} \quad \text{ (see e.g. [35]).}$$

This gives

$$\dot{q}_c \approx 6 \times 10^{31} \rho_9^{5/2} \left(\frac{r}{r_g}\right)^{-3/2} \text{ erg cm}^{-3} \text{ s}^{-1}, \quad \dot{q}_\pm \approx 10^{31} \rho_9^{9/4} \left(\frac{r}{r_g}\right)^{-9/4} \text{ erg cm}^{-3} \text{ s}^{-1}. \quad (6)$$

Approximating the total $\dot{q} = \dot{q}_c + \dot{q}_\pm \sim \dot{q}_c$, one finds

$$\frac{\dot{q}_\text{acc}}{U} \sim 10^{-2} \rho_9^{3/2} \left(\frac{r}{r_g}\right) M_3 \sim 10^{-2} \xi^{3/2} M_{0.1}^{3/2} \left(\frac{r}{r_g}\right)^{-5/4} M_3^{-2}, \quad (7)$$

where $t_{\text{acc}} \sim 10^{-4} (r/r_g)^{-3/2} M_3$ s. The mini-disk is neutrino-cooled if $\dot{q}_\text{acc}/U \gtrsim 1$, which requires a high accretion rate, comparable to $M_\odot \text{ s}^{-1}$. Thus, only high-$M$ mini-disks are sandwiched by radiative shocks that stay near the equatorial plane in the innermost region of the accretion flow. A large neutrino luminosity, up to $\sim 0.1 M_\odot c^2$, is produced by such disks.

For smaller accretion rates, the postshock matter is unable to cool on the free-fall timescale, and the neutrino luminosity from the inner region is suppressed by the factor $\dot{q}_\text{acc}/U \ll 1$. Then a hot low-angular-momentum bubble must grow around the black hole. Mass flows into the bubble through the shock front that expands to $r \gg r_g$. Such a bubble is observed in low-$M$ simulations in [34]. It resembles the bubble around viscous disks in the models of [3, 36], except for a slower rotation, less centrifugal support, and faster accretion. The shock expansion can be stopped when it approaches $\sim 40 r_g = 4 \times 10^7 M_3$ cm. Up to this radius, the postshock temperature, $T \approx 7 \times 10^9 M_{0.1}^{1/4} (r/40 r_g)^{-5/8} \text{ K}$, is high enough to disintegrate nuclei at the density $\rho \sim 4 \times 10^6 M_{0.1}^{3/2} (r/40 r_g)^{-3/2} \text{ g cm}^{-3}$. As the shock expands to $40 r_g$, its energy decreases to $G M m_p/r \approx 12(r/40 r_g)^{-1} \text{ MeV per nucleon}$, and a large fraction of this energy is consumed by disintegration (8 MeV per nucleon); therefore, the shock stalls.
SPREADING OF VISCOUS DISKS AND NUCLEAR BURNING

Formation of a viscous disk with \( r_{\text{circ}} > 10 r_g \) implies that most of the angular momentum of accreting matter will be stored outside the black hole, in a viscously spreading ring. When matter supply to the disk stops, accretion will proceed from this ring. At any time \( t \), the characteristic size of the ring \( R(t) \) is where its mass peaks. Alternatively, \( R \) can be defined by \( J = (GMR)^{1/2} m \), where \( J \) is the angular momentum carried by the disk and \( m \) is its mass.

Spreading of merger disks

Immediately after the merger, the characteristic size of the debris disk is \( R_0 \sim 10^7 \) cm, and its initial mass \( m_0 \) may be as large as \( \sim 0.1 M_\odot \). Its viscous evolution starts on a timescale \( t_0 = (\alpha \Omega_K)^{-1} (H/r)^{-2} \approx 0.1(\alpha/0.1)^{-1} \) s, with accretion rate \( \dot{M}_0 \sim m_0 / t_0 \) that can exceed \( 1 M_\odot \) s\(^{-1} \). The disk is initially hot and \( \nu \)-opaque (cf. Fig. 2); its nuclear matter is composed of free nucleons \( n \) and \( p \).

The initial accretion phase lasts \( \sim t_0 \). Following this stage, the disk mass \( m(t) \) is reduced and its radius \( R(t) \) grows to conserve the angular momentum, \( J = m(GMR)^{1/2} \approx \text{const} \), which implies \( m \propto R^{-1/2} \). Several important changes occur in the disk as it spreads to \( R \sim 10^2 r_g \approx 10^8 \) cm:

- Temperature \( T \) and electron chemical potential \( \mu_e \) in the outer region \( r \sim R \) decrease to \( \sim 1 \) MeV. As a result, the disk material at \( r \sim R \) is not \( \nu \)-cooled anymore: \( R(t) \) exits the neutrino-cooled region \( r < r_{\text{ign}} \) on the \( \dot{M} - r \) diagram (Fig. 2). The viscously produced heat outside \( r_{\text{ign}} \) is stored and advected by the spreading accretion disk. The spreading matter is then marginally bound to the black hole, \( c_s \sim v_K \).
- Electrons become non-degenerated. Pressure is not dominated by neutrons anymore: it is dominated by radiation and \( e^\pm \) pairs, \( P \approx P_\gamma + P_\pm \approx a_r T^4 \).
- \( Y_e \) freezes.
- Nuclear burning occurs: free nucleons \( n \) and \( p \) recombine into \( \alpha \) particles. This process releases energy of \( 7 \) MeV per nucleon, comparable to the binding energy \( GMm_p/r \), and unbinds most of the disk matter, ejecting it in a freely expanding wind.

All these changes happen as \( R(t) \) grows from \( \sim 50 \) to \( \sim 100r_g \).

A one-zone model of the spreading disk is calculated in a recent work [38]. Let us estimate here one characteristic radius \( R_* \) at which \( t_{\text{visc}} = t_{\text{weak}} \). Here \( t_{\text{weak}} \) is the time of conversion \( n \leftrightarrow p \) through reactions (1) [23]. At \( R_* \), pressure is already becoming

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3 The mass of the debris disk is sensitive to the parameters of the binary system before the merger, in particular to the mass ratio and the spins of the two companions, see e.g. [37] for a review.

4 In addition to nuclear burning and viscous heating, the matter is heated by neutrinos emitted at \( r \sim r_g \) (the mass accretion rate by the black hole is still significant when \( R(t) \) approaches \( 10^8 \) cm). The energy deposited by neutrinos in the advective zone of the spreading disk, \( r > 50r_g \), is comparable to the viscously dissipated energy in this zone.
dominated by radiation and non-degenerate $e^\pm$ pairs. On the other hand, $n$ and $p$ have not yet recombed. The timescales $t_{\text{weak}}$ and $t_{\text{visc}}$ are then given by

$$t_{\text{weak}} \approx 70 \left( \frac{kT}{m_e c^2} \right)^{-5} \text{s}, \quad t_{\text{visc}} \approx \frac{1}{\alpha \Omega_K(r)} \left( \frac{H}{r} \right)^{-2}.$$ (8)

Using the hydrostatic balance $P/\rho = (H/r)^2 v_K^2$ with $\rho \approx m/4\pi r^2 H$, one finds

$$kT \approx 0.60 h^{1/4} M_3^{1/4} \frac{m_{32}^{1/4}}{R_8} \text{ MeV}, \quad \frac{\mu_e}{kT} \approx 1.0 Y_e h^{-7/4} M_3^{-3/4} m_{32}^{1/4},$$ (9)

where $h \equiv 2H/R$, $M_3 \equiv M/3 \, M_\odot$, $m_{32} \equiv m/10^{32} \, g = (m/0.05 \, M_\odot)$, and $R_8 \equiv R/10^8 \, \text{cm}$. (Note that $\mu_e/kT$ depends on $m$ and $h$ only, not $R$.) This gives

$$\frac{t_{\text{weak}}}{t_{\text{visc}}} \approx 17 h^{3/4} \alpha_{0.1} M_3^{-3/4} R_8^{7/2} m_{32}^{-5/4}$$ (10)

$$\Rightarrow R_* \approx 4.5 \times 10^7 h^{-3/4} \alpha_{0.1}^{-2/7} M_3^{3/4} m_{32}^{5/4} \, \text{cm},$$ (11)

where $\alpha_{0.1} = \alpha/0.1$. The density and temperature of the disk at $r = R = R_*$ are

$$kT_* \approx 1.3 h^{13/28} \alpha_{0.1}^{2/7} M_3^{1/28} m_{32}^{-3/28} \text{ MeV},$$ (12)

$$\rho_* \approx 2 \times 10^8 h^{-5/14} \alpha_{0.1}^{6/7} M_3^{-9/14} m_{32}^{-1/14} \, \text{g cm}^{-3}.$$ (13)

At this temperature and density matter is close to the neutronization line $kT_n(\rho) = 1.04 (\rho/10^8 \, \text{g cm}^{-3})^{1/2} \, \text{MeV}$ (Fig. 2),

$$\frac{T_*}{T_n(\rho_*)} \approx 0.9 h^{9/14} \alpha_{0.1}^{-1/7} M_3^{5/14} m_{32}^{-1/14}.$$ (14)

Hence the equilibrium value of $Y_e$ at $R_*$ is $Y_e^* \approx 0.5$. The actual $Y_e$ in the spreading disk gradually freezes out as $R(t)$ passes through $R_*$ and its asymptotic value after the transition can differ from $Y_e^*$. The freeze-out $Y_e \sim 0.3$ is found in [38] using a dynamical model for the spreading disk. Note that the model describes the average value of $Y_e$. Viscous spreading is a random diffusion process, so different elements of the disk spend different times near $R_*$, and a longer residence time at $R_*$ gives a higher $Y_e$. One can therefore expect a mixture of different $Y_e$ in the spreading disk, with a dispersion $\Delta Y_e/Y_e \sim 1$ around the average value.

Soon after passing $R_*$ this mixture is heated by nuclear recombination and ejected in a wind of duration $\sim t_{\text{visc}}(R = 10^8 \, \text{cm})$. Subsequent nucleosynthesis in the expanding ejecta produces diverse radio-active elements, including some with a long life-time. Their decay can make the ejecta visible to a distant observer [39]. In particular, material with $Y_e \approx 0.5$ will synthesize $^{56}\text{Ni}$. $^{56}\text{Ni}$ decays when the ejecta expand so much that their thermal radiation can diffuse out and escape to observer, producing an optical flash similar to normal supernovae.
Spreading of collapsar disks

The collapsar disks are continually fed by the infalling stellar matter during a long time $t_{\text{infall}} \sim 10$ s (and longer, with a decreasing infall rate). The model posits that the angular momentum of the infall, $l_{\text{infall}}$, is sufficiently large to form a viscous disk [8, 9].

The accretion timescale at this radius, $t_{\text{visc}} \sim 3 \times 10^{-2} \frac{\alpha}{0.1}^{-1}$ s is much shorter than $t_{\text{infall}}$.

This led [9] and many subsequent works to picture a low-mass disk, $m \sim t_{\text{visc}} \dot{M} \sim 3 \times 10^{-3} \dot{M}$ that is continually drained into the black hole and re-filled with fresh infalling matter.

The picture of a low-mass viscous disk is, however, implausible. Conservation of angular momentum requires the following: (1) The disk spreads during $t_{\text{infall}}$ to a radius $R \sim 3 \times 10^2 r_g (\alpha/0.1)^{-1}$ where the viscous timescale is comparable to $t_{\text{infall}}$. (2) The disk accumulates mass $m$ that carries angular momentum $J = J_{\text{tot}} - J_{\text{acc}}$. Here $J_{\text{tot}} = M_{\text{acc}} l_{\text{infall}}$ is the total angular momentum processed by the collapsar disk, $J_{\text{acc}} \sim M_{\text{acc}} r_g c$ is the angular momentum accreted by the black hole, and $M_{\text{acc}} \sim M_{\text{infall}} \sim M_\odot$ is the mass accreted through the disk. Since $J_{\text{tot}} > J_{\text{acc}}$ for any viscous disk and usually $J_{\text{tot}} \gg J_{\text{acc}}$, such disks must store $J \sim J_{\text{tot}}$ (unless almost all angular momentum is carried away by a wind). This implies that the disk accumulates the mass,

$$m \approx M_{\text{acc}} \frac{l_K(R)}{l_{\text{infall}}} = M_{\text{acc}} \left( \frac{R}{r_{\text{circ}}} \right)^{1/2} \sim M_\odot. \quad (15)$$

The disk mass may be much smaller than this estimate only if $l_{\text{infall}}$ is so small that $J_{\text{tot}} \approx J_{\text{acc}}$, which leaves $J \ll J_{\text{tot}}$ for the disk. This condition leads, however, to the inviscid mini-disk described in the previous section. A low-mass viscous disk could form only if $l_{\text{infall}}$ is fine-tuned toward the boundary between the viscous and mini-disk accretion regimes (cf. Fig. 7).

Spreading of viscous disks in collapsars through a radius $R \sim 10^2 r_g$ is accompanied by significant changes, similar to the evolution of merger disks described above. In particular, matter acquires a positive Bernoulli constant as a result of viscous, nuclear, and neutrino heating. The infalling material of the progenitor star exerts an external ram pressure on the disk, and can confine the disk initially, but eventually the disk pressure must win and its matter will expand with a velocity $\sim 2 \times 10^9$ cm/s. The ejected mass $\sim 10^{33}$ g carries the energy $E \sim 10^{52}$ erg and will explode the outer parts of the star. To a first approximation, the expansion of the outer disk may be described as a thermal explosion driven mainly by nuclear burning of $n$ and $p$ into $\alpha$ particles. A fraction of the unbound disk matter will turn into $^{56}$Ni and should create a bright supernovae-like event.

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5 The very small $m \approx 0.003 M_\odot$ found in the simulations of [9] may be the result of the imposed absorbing boundary condition at $r_{\text{in}} = 50$ km $\approx 5 r_g$, which is $\sim 5$ times larger than the true inner radius of the disk, $r_{\text{in}} \sim r_g$. The large $r_{\text{in}}$ implies an artificially large $J_{\text{acc}}$, which happens to be nearly equal to $J_{\text{tot}}$ in the model, permitting $J \ll J_{\text{tot}}$. In addition, a (small) fraction of $J_{\text{tot}}$ is carried away by the wind.
Self-similar spreading at late stages

The disk matter that has spread beyond \( \sim 10^8 \) cm is largely unbound and ejected, however, some matter remains bound and rotating in a remnant disk. Its mass is hard to estimate; it could be as large as \( \sim 0.1 \) M\(_\odot\) for collapsars and \( \sim 0.01 \) M\(_\odot\) for mergers. This remnant is composed of recombined nucleons, and further fusion reactions are not a significant source of energy (compared with the virial/gravitational energy). The central source of neutrinos switches off as \( \dot{M} \) drops, so neutrino heating is also insignificant. This advective remnant disk will continue to spread viscously to larger radii, gradually draining its mass into the black hole and possibly losing mass to a wind.

If the mass loss through a wind is small, the spreading enters a simple self-similar regime such that \( J = \text{const} \), \( R(t) \) grows as a power-law with time, while \( \dot{M}(t) \) and \( m(t) \) decrease as power-laws with time. Detailed self-similar models of this type were studied, see e.g. [40, 41]. The advective disk has a scale-height \( H \sim r \), sound speed \( c_s \sim v_K = (GM/r)^{1/2} \), and \( \Omega \sim \Omega_K \). Its kinematic viscosity coefficient is \( \nu \sim \alpha c_s H \sim \alpha v_K r = \alpha l_K \), where \( l_K(r) = (GM/r)^{1/2} \). The disk spreading is a diffusion process described by

\[
R^2(t) \sim \nu(R)t \sim \alpha(GMR)^{1/2}t \quad \Rightarrow \quad R(t) \sim \alpha^{2/3}(GM)^{1/3}t^{2/3} \sim R_0 \left( \frac{t}{t_0} \right)^{2/3}, \quad (16)
\]

where subscript “0” refers to an initial reference moment of time \( t_0 \). The disk mass \( m(t) \) is then found from the condition \( J = (GMR)^{1/2}m = \text{const} \),

\[
m(t) = \frac{J}{(GMR)^{1/2}} \sim m_0 \left( \frac{R}{R_0} \right)^{-1/2} \sim m_0 \left( \frac{t}{t_0} \right)^{-1/3}, \quad (17)
\]

and the accretion rate is given by

\[
\dot{M}(t) \sim \frac{m}{t} \sim \dot{M}_0 \left( \frac{t}{t_0} \right)^{-4/3}, \quad (18)
\]

This self-similar solution may not apply if the disk loses mass through a wind and [38] consider solutions that include the wind. In general, advective disks are only marginally bound by the gravitational field of the black hole and their Bernoulli constant can be positive [42, 43]. This is expected to cause a strong wind. On the other hand, bound solutions with a negative Bernoulli constant were found for spreading advective disks [41]. The mass loss through a wind then depends on the poorly understood vertical distribution of viscous heating inside the disk and the behavior of the magnetic field above the disk.

CONCLUSIONS

Hyper-accretion disks are formed from matter with a modest angular momentum, with circularization radius \( r_{\text{circ}} \) well inside \( 10^2 r_g \approx 10^8 \) cm. Matter with \( r_{\text{circ}} \gtrsim 10r_g \) is supported by the centrifugal barrier, and its accretion is driven by viscous stresses on a
timescale $t_0 \sim 0.1(\alpha/0.1)^{-1}$ s, where $\alpha \sim 0.01 - 0.1$ is the viscosity parameter. These viscous disks are dense and hot, and emit copious neutrinos as long as the accretion rate $\dot{M}$ exceeds $\dot{M}_{\text{ign}} \sim 0.03 (\alpha/0.1)^{5/3} M_\odot \text{ s}^{-1}$.

Neutrino annihilation above the disk deposits a significant energy that can power GRB explosions. In contrast to previous expectations, the rate of energy deposition $\dot{E}_{\nu\bar{\nu}}$ is found to be not sensitive to the details of neutrino transport and the vertical structure of the accretion disk. It is given by $\dot{E}_{\nu\bar{\nu}} \approx \dot{E}_0 (\dot{M}/M_\odot \text{ s}^{-1})^{9/4}$ in a broad range of accretion rates $\dot{M}_{\text{ign}} \lesssim \dot{M} \lesssim \dot{M}_{\text{trap}}$ (eq. 3). The normalization factor $\dot{E}_0$ is very sensitive to the black hole spin $a$. For instance, $\dot{E}_0 \approx 10^{52}$ erg s$^{-1}$ is found for a black hole with $a = 0.95$, which is two orders of magnitude larger than $\dot{E}_0$ for the Schwarzschild case $a = 0$.

Remarkably, all neutrino-cooled viscous disks regulate themselves to a characteristic state such that electrons are mildly degenerate, $Y_e \sim 0.1$, and free neutrons dominate the pressure in the disk [17]. The neutron-rich matter may contaminate the jet from the accreting black hole and get ejected with a high Lorentz factor. Then the gradual decay of the ejected neutrons affects the global picture of GRB explosion on scales up to $10^{17}$ cm, where the GRB blast wave is observed [44, 45, 46].

The disk size $R$ grows with time as a result of viscous spreading. Most of the disk mass $m(t)$ resides near $R(t)$ and its state is not described by the steady model (which remains valid at radii $r < R$). Instead, it is described by a markedly different spreading solution. In particular, as the disk spreads to $\sim 100 r_g$ it is heated both viscously and by the nuclear burning of free nucleons into helium [6]. As a result, the disk is disrupted before it spreads much beyond $10^8$ cm: the heated flow acquires a positive Bernoulli constant and gets unbound.

Then most of the disk mass $m$ is ejected with a velocity $\sim 0.1 c$ and a total energy $\sim 10^{52} (m/M_\odot)$ erg. A fraction of the ejected matter acquires $Y_e \approx 0.5$, which favors the synthesis of $^{56}$Ni as the ejecta expand and their temperature drops. The ensuing gradual decay of $^{56}$Ni should produce a visible optical flash on a week timescale — a supernova-like event. The flash is expected to be especially bright for collapsars that develop massive spreading accretion disks. A similar (but weaker) flash should be produced by the spreading disks around a merged binary; the ejected mass can be a few orders of magnitude smaller in this case.

$^{56}$Ni-rich matter may also be ejected from the inner, geometrically thin, neutrino-cooled disk. This can occur if the inner disk produces a strong wind [47, 48, 49, 50]. Such winds are modeled as quasi-steady magnetized outflows, illuminated by neutrinos which can heat and de-neutronize the wind material. The details of this plausible mechanism are uncertain because the mass outflow rate and the asymptotic $Y_e$ in the wind is hard to predict with confidence — both depend on the assumed MHD behavior of the disk and its corona.

6 In contrast, when matter accretes through $\sim 10^2 r_g$ (as in the steady-state model), this process is reversed: helium is disintegrated, which leads to cooling.
Following the main burst, the accretion rate is determined by the amount of matter that remains bound and rotating around the black hole. $\dot{M}(t)$ decreases steeply when the disk spreads beyond $10^8$ cm and most of its matter is ejected, however, some matter remains bound and continues to accrete. The evolution of $\dot{M}$ may be related to the observed puzzling features in the afterglow emission of GRBs. The afterglow is likely to be produced by the relativistic blast wave driven by the jet from the central engine. Its luminosity is determined by the energy and magnetization of the jet as well as the density profile of the ambient medium at $r \sim 10^{15} - 10^{17}$ cm. A long-lived jet of luminosity $L_{\text{jet}} = \epsilon_{\text{jet}} \dot{M} c^2$ would certainly impact the afterglow emission. However, current theories are unable to reliably predict the evolution of $\dot{M}$ and $\epsilon_{\text{jet}}$. For instance, one could speculate that the jet switches off abruptly as $\dot{M}$ decreases below a threshold, which causes the observed steep decay in the afterglow light curves.

While the mechanism of the relativistic jet and its evolution with $\dot{M}(t)$ remain uncertain, the non-relativistic massive ejecta with $v \sim 0.1c$ is a robust consequence of viscous-disk accretion. Viscous disks certainly form in merger events. The standard collapsar model also assumes the formation of a viscous disk, but this case is less certain. The minimum angular momentum needed to form a disk is $\sim r_g c$, and collapsars were proposed as rare events of stellar collapse with $l > r_g c$. Hence, statistically, the accretion flows in collapsars are likely to have small $l$ and their disks can be smaller than $\sim 10r_g$. Such mini-disks are not centrifugally supported and accrete faster than viscous disks. In contrast to the viscous regime, this low-angular momentum accretion leaves no remnant disk in the end of the core collapse, involves no viscous spreading, and may not eject much mass. However, it still can produce a powerful relativistic jet via the Blandford-Znajek mechanism and/or neutrino heating near the rotation axis.

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7 In collapsars, the fallback of the progenitor envelope is often assumed to determine $\dot{M}$ at late times. This assumption is invalid if a viscous disk has formed. The disk stores and then ejects so much mass and energy that it must explode the star. Even if the disk ejected little mass/energy, the accretion of the envelope would be negligible — the relict disk would supply a larger accretion rate $\dot{M} \propto t^{-4/3}$. 

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