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Intense selection by pesticides and antibiotics has resulted in a global epidemic of evolved resistance. In agriculture and medicine, using mixtures of compounds from different classes is widely accepted as optimal resistance management. However, this strategy may promote the evolution of more generalist resistance mechanisms. Here we test this hypothesis at a national scale in an economically important agricultural weed: blackgrass (Alopecurus myosuroides), for which herbicide resistance is a major economic issue. Our results reveal that greater use of herbicide mixtures is associated with lower levels of specialist resistance mechanisms, but higher levels of a generalist mechanism implicated in enhanced metabolism of herbicides with diverse modes of action. Our results indicate a potential evolutionary trade-off in resistance management, whereby attempts to reduce selection for specialist resistance traits may promote the evolution of generalist resistance. We contend that where specialist and generalist resistance mechanisms co-occur, similar trade-offs will be evident, calling into question the ubiquity of resistance management based on mixtures and combination therapies.
The provision of adequate food and the effective treatment of infectious diseases are prerequisites for a healthy human society. A range of chemical agents (pesticides, antimicrobials and anti-retrovirals) has become critical tool for combating an array of pathogens, pests, weeds and diseases that impact food production and human health. The successful and widespread use of these chemicals has, however, resulted in the rapid and repeated evolution of resistance across taxa\(^1\). Resistance to antimicrobials has been described as a catastrophic threat to human health and well-being\(^2\), while fungicide, insecticide and herbicide resistance now seriously compromise food security\(^3\)-\(^5\). Developing strategies to mitigate the evolution of resistance has therefore become critical in both agriculture and healthcare.

For many pest and pathogen targets, multiple chemicals with different modes of action are available for use, and a key question is how to best deploy these to slow or prevent the evolution of resistance\(^1\). Diversifying selection pressure by employing cycling, sequences or mixtures of chemicals with different modes of action is recognised as a key component of resistance management\(^1\)-\(^12\). In particular, modelling studies across taxa have established the generality of mixtures for effective resistance management\(^10\),\(^11\),\(^13\)-\(^15\) and empirical studies have confirmed this for fungicide\(^16\), herbicide\(^17\), insecticide\(^18\) and antibiotic\(^19\) resistance. However, the success of mixture strategies rests on the assumption that resistance traits are ‘specialist’ adaptations that do not provide general cross-resistance across modes of action\(^1\). Cases of target-site resistance (TSR), where the structure and/or expression of the chemical’s biological target are altered, conform to this model\(^2\)-\(^23\). Nevertheless, it is now clear that non-target-site resistance mechanisms (NTSR) are also widespread. These mechanisms involve the regulated expression of multiple genes encoding proteins involved in chemical detoxification, transport, efflux and sequestration\(^24\)-\(^29\) and can cause simultaneous resistance to multiple chemicals with differing modes of action\(^30\)-\(^34\). Consequently, NTSR can provide a more ‘generalist’ resistance\(^2\),\(^25\),\(^35\),\(^36\).

General theories of ecological specialisation predict that the degree of environmental heterogeneity determines the evolution and maintenance of specialist and generalist strategies\(^37\). Heterogeneous selective environments can constrain the evolution of specialist adaptations, whilst promoting the evolution of species and the response of these mechanisms to different historical selective environments can constrain the evolution of resistance mechanisms that are selected in populations, with more intensive use of herbicide mixtures associated with lower levels of specialist, TSR resistance, but higher levels of the more generalist NTSR mechanism.

**Results**

**Herbicide mixtures do not consistently reduce selection for herbicide resistance.** Plant phenotyping assays for 132 UK blackgrass populations identified high levels of evolved resistance to three herbicides: the sulfonlurea (SU) herbicide mesosulfuron (‘SU’, >75% survival at field-relevant dose), the aryloxyphenoxypropionate herbicide fenoxaprop-P-ethyl (‘Fop’, >90% survival), and the cyclohexanedione-oxime herbicide cycloxydim (‘Dim’, >60% survival), while all reference susceptible populations were completely controlled (Fig. 1a–c, Supplementary Fig. 1). Seventy-nine per cent of populations showed resistance (≥20% survival) to all three herbicides, suggesting widespread presence of cross- or multiple-herbicide resistance. The historical intensity of the use of a particular class of herbicide (SU, Fop or Dim) was positively associated with phenotypic resistance to that herbicide class, clearly establishing that the resistance epidemic was driven by herbicide use (Supplementary Table 1). The historical intensity of the use of herbicide mixtures was negatively associated with ‘Dim’ resistance, but phenotypic ‘Fop’ and ‘SU’ resistance were not associated with either herbicide mixture intensity or herbicide diversity (Fig. 1d–f, Supplementary Table 1). Therefore, at the whole plant phenotypic level, it appears that resistance to the ‘Dim’ herbicide was mitigated by herbicide mixtures, whereas resistance to ‘Fop’ and ‘SU’ herbicides was unaffected.

**High frequencies of target-site mutations only partially account for observed resistance.** Pyrosequencing (\(n = 2574\) plants) identified multiple single nucleotide polymorphisms that are known to convey target-site (specialist) resistance to ACCase (Fop and Dim) and acetolactate synthase (ALS; SU) herbicides. Seven ALS resistance-endowing and eight ACCase resistance-endowing amino acid substitutions were identified, with mutations at position 197 of the ALS gene and 1781 of the ACCase gene being the most frequent (Fig. 2). Assuming that ACCase and ALS TSR mutations are dominant at field application rates\(^2\), we predicted the proportion of individuals in each population with a TSR phenotype for each herbicide (hereafter referred to as the ALS, Fop and Dim TSR frequencies). An approximate 1:1 relationship was observed between the Dim TSR frequency and observed survival at field dose of the herbicide cycloxydim (Fig. 2e), suggesting that this phenotype can be accounted for by specialist TSR alone. However, for the SU (Fig. 2c) and Fop (Fig. 2d) herbicides, observed survival was considerably higher than predicted from the TSR frequencies, suggesting the role of a further resistance mechanism in conferring the population-level resistance phenotype observed for these herbicides.

**Specialist and generalist mechanisms co-exist to confer resistance phenotypes.** ‘Generalist’ NTSR in blackgrass is associated with the upregulation of herbicide-detoxifying enzymes, with increased expression of the glutathione-S-transferase AmGSTF1 functionally linked to NTSR\(^3\),\(^2\). To characterise the NTSR status of all populations, mean population-level foliar concentrations of AmGSTF1 were determined. A mixed model analysis identified that AmGSTF1 content was a significant predictor of the population-level resistance phenotype for both fenoxaprop (Fop) and mesosulfuron (SU) resistance, but not for resistance to cycloxydim (Dim) (Supplementary Table 2, Fig. 3). These results provide further validation of this protein as a functional biomarker for NTSR in \(A. \) myosuroides. As expected, the mixed model confirmed that TSR frequencies were also highly significant as predictors of herbicide resistance (Supplementary Table 2). These results clearly establish that in populations sampled across England, specialist (TSR) and generalist (NTSR)
mechanisms co-exist and account for observed herbicide resistance phenotypes to the SU and Fop herbicides.

**Herbicide mixtures preferentially selected for generalist resistance mechanisms.** Herbicide diversity and the use of herbicide mixtures were significant positive predictors of the level of NTSR within populations, indicating that both practices preferentially selected for this generalist resistance mechanism (Fig. 4d, e, Supplementary Table 3). In contrast, a significant negative effect of herbicide mixing on the frequency of TSR was observed (Fig. 4a–c, Supplementary Tables 3 and 6). As predicted by theory, our results confirm that mixtures can constrain selection for specialist resistance. However, these results also reveal a potential trade-off in resistance management, whereby the use of mixtures to counter specialist, TSR, may impose a greater selective pressure for generalist, NTSR.

Our results are consistent, in that phenotypic resistance to ‘Dim’ herbicides is negatively associated with greater use of herbicide mixtures (Fig. 1f). This is because this ‘Dim’ resistance is caused solely by TSR mutations (Fig. 2e), and TSR mutations are selected against by herbicide mixtures (Fig. 4a–c). Conversely, phenotypic resistance to the ‘Fop’ and ‘SU’ herbicides showed no association with the use of herbicide mixtures (Fig. 1d, e). This is because resistance to these herbicides is conferred by a combination of ‘specialist’ TSR and ‘generalist’ NTSR mechanisms (Fig. 2c, d). In this case, the opposing effects of mixtures on TSR and NTSR (Fig. 4d, e), mean that there are no overall impacts of the use of herbicide mixtures on the resistance phenotype.

**Discussion**
We have used an evolutionary epidemiological approach, based on national scale field and laboratory data, to demonstrate that ‘specialist’ target-site (TSR) and ‘generalist’ non-target-site (NTSR) herbicide resistance mechanisms co-exist in populations of blackgrass. Using this approach, we show clearly contrasting relationships between the historical intensity of the use of herbicide mixtures, and the presence of specialist, versus...
generalist, resistance mechanisms in *A. myosuroides*. When considered alongside emerging data from experimental evolution in other species, e.g., Refs. 8, 48, 49, these results support the theory that the use of pesticide mixtures may mediate an evolutionary trade-off between selection for specialist versus more generalist resistance mechanisms. Given the potential for generalist resistance mechanisms to evolve in other species and taxa, these results could have significant implications for the design of resistance management strategies in agriculture and healthcare.

Specifically, we found that the frequency of specialist TSR within both the ALS and ACCase genes was negatively associated with greater use of herbicide mixtures. Where TSR alone was the sole mechanism providing resistance (the ‘DIM’ herbicide), the population-level resistance phenotype was also negatively

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**Fig. 2** Contribution of ALS and ACCase target-site mutations to herbicide resistance across UK *A. myosuroides* populations. **a, b** Show the geographic distribution and relative frequency of amino acid substitutions in the ALS gene and ACCase gene, respectively. White portions of the pie charts show the frequency of wild-type sequence, while coloured portions represent the relative frequencies of each amino acid substitution. 'Freq' within the legend shows the overall allele frequency for each mutation across all tested populations. **c**–**e** show the observed proportion of individuals surviving herbicide (Y-axis) versus the proportion of individuals carrying a TSR resistance mutation (X-axis) for the ALS (SU), Fop and Dim herbicides, respectively. An expected 1:1 relationship is shown by the diagonal line. Points above the 1:1 line implicate the coexistence of TSR and NTSR mechanisms in respective populations. Source data are provided as a Source Data file.
associated with greater use of herbicide mixtures, providing epidemiological support for previous empirical and theoretical studies that have established that heterogeneous selection environments can delay the evolution of resistance. Where generalist adaptations can evolve, however, heterogeneous selection is predicted to promote the evolution of these traits. In this study, we found that the elevated expression of AmGSTF1, a quantitative biomarker for certain types of NTSR in blackgrass, was strongly correlated with resistance to both ACCase and ALS herbicides, confirming that this marker is associated with a generalist herbicide cross-resistance phenotype. Notably, we show that this resistance mechanism is positively associated with heterogeneous selection. Consequently for the ‘Fop’ and ‘SU’ herbicides, where both TSR and NTSR mechanisms contribute to resistance, we found no overall effect of the use of herbicide mixtures on the population-level resistance phenotype.

These results conform to ecological theories predicting the evolution of specialist and generalist adaptations, and as such may be generalisable across taxa and chemical classes (pesticides, antimicrobials, anti-retrovirals and anti-cancer chemotherapy), wherever generalist resistance mechanisms can evolve. Whilst our data do not empirically prove a cause–effect relationship, there is mounting evidence from observational and experimental evolution studies in other species that this may be the case. In the bacterium Pseudomonas aeruginosa, combination therapy with β-lactam (ceftazidime) and fluoroquinolone (ciprofloxacin) antimicrobials was selected for broad spectrum (generalist) multidrug resistance, whereas single-drug exposure resulted in narrow-spectrum (specialist) resistance. In another study of P. aeruginosa, combined antibiotic and phage therapy resulted in rapid selection for biofilm growth, providing a generalised resistance to both treatments. In the unicellular algae Chlamydomonas reinhardtii, selection with a herbicide mixture resulted in a broader, more generalist cross-resistance than selection with the mixture components individually. In addition, attempts to control the cockroach Blattella germanica, using insecticide mixtures, were ineffective, and led to the rapid evolution of a generalist cross-resistance mechanism. Together, these studies demonstrate that where generalist mechanisms of resistance exist, these may be preferentially selected through the use of mixtures and MOA diversity.

The results of the current study demonstrate a potential resistance management trade-off: using mixtures to combat the evolution of specialist resistance may promote the evolution of a generalist resistance mechanism. In the current study, we have not attempted to compare the relative efficacy of different mixtures of specific actives. It is highly probable that there are combinations of chemical classes that are less prone to the evolution of generalist resistance, and where demonstrated, the use of pesticide and/or antibiotic mixtures should continue to be advocated as a rational resistance management strategy. Nevertheless, our study clearly demonstrates that effective resistance management is contingent on understanding the evolutionary potential for specialist versus generalist resistance traits, as these attributes may significantly alter the evolutionary response to much-promoted ‘best-management’ practices. In that respect, future control of pests, weeds and diseases will become increasingly reliant on rapid and accurate resistance diagnostics, in order to select the best combinations of chemical and non-chemical strategies to mitigate the evolution of resistance. Whilst pesticide (or antibiotic) diversity will remain a key strategy for managing the evolution of specialist resistance, the widespread occurrence of generalist resistance mechanisms questions the ubiquity of strategies based solely on MOA diversity, mixtures and/or combination therapy.

Methods
Seed collection and source populations. Blackgrass seeds were collected in 2014 from 132 wheat production fields from 71 farms across England. Seeds were sampled using a stratified-random approach from ten locations within each field. At each location, seeds were collected from multiple plants, sampled from a circumference of ~5–10 m. A single representative seed population for each field was

Fig. 3 Modelled relationship between population-level phenotypic herbicide resistance and the protein biomarker AmGSTF1 for the generalist NTSR mechanism. X-axis shows the foliar concentration of the AmGSTF1 protein, while Y-axis represents herbicide resistance as the proportional (%) survival of individuals for (a) the ‘SU’ herbicide mesulfuron, (b) the ‘Fop’ fenoxaprop and (c) the ‘Dim’ cycloxydim. Fitted lines show the mean predicted relationship following mixed model analysis given in Supplementary Table 2, with shaded regions representing the estimated 95% confidence interval of the prediction. The modelled response variable was the proportional survival of individuals (n = 18) over all doses of the tested herbicide. Terms for the target-site resistance frequency, AmGSTF1 concentration and their interaction were included as fixed factors, with each model containing random effect terms for the population ID and herbicide dose. Solid black lines are used for significant relationships in (a) (p ≤ 0.001) and (b) (p ≤ 0.001), while a dashed line is used where the relationship was non-significant in (c) (p = 0.10 ns).
subsequently generated by combining 50% by weight of seed collected at all sampling locations within a field. These field-scale seed populations were used in all phenotypic and genotypic assays reported here. Blackgrass abundance in each field was visually recorded using a density-structured approach, and with a density calculated per field on a scale of 0–4 (absent–very high).

**Glasshouse resistance phenotyping.** Phenotypic herbicide resistance was established using glasshouse dose–response experiments conducted over October 2014–May 2015. Three herbicides were tested: a commercial formulation of mesosulfuron-methyl + iodosulfuron (site of action: ALS; chemical class: SU), fenoxaprop-p-ethyl (site of action: acetyl-CoA-carboxylase, ACCase; chemical class: aryloxyphenoxypropionate, ‘Fop’), and cycloxydim (site of action: acetyl-CoA-carboxylase, ACCase; chemical class: cyclohexanedione, ‘Dim’). All herbicides are registered for blackgrass control. For each herbicide, the dose–response design consisted of six treatments (five herbicide doses plus a no-herbicide control). For the ALS herbicide, ‘mesosulfuron’, doses were 2.7, 5.4, 10.8, 21.6 and 43.2 g a.i. ha$^{-1}$ (current recommended UK field rate is 14.4 g a.i. ha$^{-1}$), fenoxaprop doses were 17.19, 34.38, 68.75, 137.5 and 275 g a.i. ha$^{-1}$ (current UK field rate is 68.75 g a.i. ha$^{-1}$), while cycloxydim doses were 37.5, 75, 150, 300 and 600 g a.i. ha$^{-1}$ (current UK field rate is 150 g a.i. ha$^{-1}$).

Seeds from each population were pre-germinated in an incubator (Sanyo, MLR-350) with a 17/11 °C temperature cycle and a 14/10 h light/dark cycle, before sowing into 8 cm plastic plant pots filled with a Kettering loam soil, mixed with 2 kg m$^{-2}$ osmocote fertiliser. Eighteen pots, each with six seedlings, were sown per population, providing three pots at each herbicide dose. Replicate pots were

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**Fig. 4** The effect of historical herbicide mixing and diversity on selection for target-site (TSR) and non-target-site resistance (NTSR) mechanisms. **a–c** show the mean predicted relationship between herbicide mixing and TSR frequency for the SU (p = 0.023), Fop (p ≤ 0.001) and Dim (p = 0.002) herbicides, respectively. Coefficients are from mixed model analyses fitted for each TSR separately (Supplementary Table 4). **d** The mean predicted relationship between the use of herbicide mode of action mixtures and the foliar concentration of AmGSTF1 (p = 0.040) (used here as a proxy for NTSR), and **e** the mean predicted relationship between the overall diversity of herbicide modes of action and the foliar AmGSTF1 concentration (p ≤ 0.001) following mixed model analysis are given in Supplementary Table 3. Solid lines show the mean predicted relationship, with shaded regions representing the 95% confidence interval of the prediction.
blocked over three greenhouse compartments, with the position of pots within each compartment determined using a randomised alpha design. The glasshouse was set to maintain 16 °C during the day and 10 °C at night, with a 14/10 h day/night cycle. Three reference populations with known herbicide resistance phenotypes (herbicide susceptible, target-site resistant and non-target-site resistant) were included as positive and negative controls. Over the three dose–response experiments, we phenotyped 324 plants per population, with over 40,000 plants phenotyped in total. Plants were maintained in the glasshouse for 2–3 weeks until they reached the 3–4 leaf stage. At this point, pots were removed from the glasshouse and sprayed with herbicide using a fixed track sprayer with a TeeJet 110015VK nozzle placed 50 cm above the plant canopy. The boom speed was set at 0.33 m s–1, and herbicide was applied at 90 l ha–1. After spraying, pots were returned to the glasshouse. After 3 weeks, the number of surviving plants per pot was assessed, and above-ground tissue was harvested on a per pot basis. Leaf tissue was oven dried at 80 °C for 48 h before weighing to determine plant biomass.

Target-site resistance sequencing. Known TSR mutations within the ALS and ACCase genes were analysed using pyrosequencing28,29. Approximately 2 cm of air-dried leaf tissue from 8 cm plant pots (seeded in a standard soil mix (see above). Three (HCl) and 1 M KCl at pH 9.5). A 5 μl aliquot of the resulting supernatant was diluted using 250 μl PCR grade water (Merck, Darmstadt, Germany) and used in PCR reactions containing HotStar Taq Master Mix (Qiagen, Hilden, Germany) and biotinylated primers. Two ALS fragments were amplified to include amino acid positions 1781 and 1785, at which resistance-conferring mutations have been previously documented. Two ACCase fragments were amplified, the first of which included amino acid position 1781 and the second of which spanned positions 2027, 2041, 2078 and 1996; all sites where resistance conferring mutations have been reported. The biotinylated ALS and ACCase fragments were used in pyrosequencing to detect unequivocally individual target-sites using site-specific PCR. For pyrosequencing, 12 μl of amplified biotinylated PCR product was combined with a ml solution containing binding buffer and streptavidin-coated Sepharose beads and shaken for 5 min, before washing and drying DNA coated beads at 80 °C. Sequencing was carried out using a Pyromark Q96 MD pyrosequencer (Qiagen, Hilden, Germany). In total, genotyping data were generated for 2574 individual plants (n = 16 plants per population). All primer sequences lengths and PCR conditions are given in Supplementary Table 5. The geographical distribution of target-site mutations was visualised using ArcMaps (version 10).

To determine the importance of TSR mechanisms on the observed herbicide resistance in the glasshouse, we used the general linear model (above) to model the proportion of individuals in each population which would be expected to survive each of the three tested herbicides, based on presence of TSR mutations alone. Whilst different ALS and ACCase mutations in A. myosuroides can be considered dominant in conveying survival at the phenotypic level, others26,27,28,29 suggest that they can be considered dominant in conveying survival at field-relevant herbicide doses. Using this information, the proportion of individuals carrying TSR resistance to each herbicide was calculated, hereafter referred to as the ALS, Fop and Dim TSR frequencies. The ACCase 2096 Glycine—Alanine substitution is reported to convey resistance frequency, Am GSTF1 protein. The 96-well microtiter plates were coated overnight at 4 °C with 100 μl of primary antibody (909-D, diluted to 1 μg ml–1 in phosphate saline buffer). Plates were washed four times with phosphate saline buffer containing 0.1% Tween 20 (PBS-T), and 200 μl PBS containing 1% BSA was added to each well to block unspecific binding of the antigen–antibody. Plates were incubated for 1 h at room temperature and then washed four times with PBS-T. 100 μl of plant protein samples was added and a dilution series of recombinant AmGSTF1 protein (0–100 ng ml–1) was added on each plate to produce a standard curve for quantification. Plates were incubated for 1 h at room temperature in the vertical shaker (150 rpm). Plates were washed with PBS-T before addition of 100 μl of secondary antibody conjugated with horseradish peroxidase (S908D-HRP, diluted to 25 ng ml–1 in PBS-T). Plates were incubated in a vertical shaker for 1 h, then washed with PBS-T, before addition of a 1:2500 dilution of 1 M HCL and the absorbance at 450 nm was determined. Samples and standards were analysed in duplicate. The concentration of the AmGSTF1 protein was calculated from standard curve (four-parametric logistic regression fitting) of recombinant AmGSTF1 protein.

Field management histories. Field management histories were collected for 94 of the 132 blackgrass populations37. Data from all field populations, overall three herbicide screening experiments were included, with the model fitting a separate curve for each herbicide. In this way, the fitted curve for each herbicide is estimated using data from all of the screened populations, providing a relative estimate of resistance to each herbicide at the national scale. The models were fitted using a two parameter Weibull curve. In this way, the parameter–parameter type-2 model was retained for analysis based on comparison of each models Akaike’s information criterion. For comparison, a dose–response model was also fitted for each herbicide using herbicide screening data from a fully susceptible standard population. Data for each herbicide were analysed separately, and models were fitted using the ‘lme4’ package6 in R version 3.4.2.

Generalised linear mixed models (GLMM) were used to analyse herbicide selectivity histories as predictors of herbicide resistance phenotype for the three herbicides. Survival of individuals at each dose (n = 18) was specified as the (binomial) response variable, with population ID and herbicide dose included as random factors. The number of herbicide mixtures was calculated as the Euclidean distance between the 132 blackgrass populations, providing a relative estimate of resistance to each herbicide at the national scale. The models were fitted using a two parameter Weibull type-1 and Weibull type-2 curve types. The two-parameter Weibull type-2 model was retained for analysis based on comparison of each models Akaike’s information criterion. For comparison, a dose–response model was also fitted for each herbicide using herbicide screening data from a fully susceptible standard population. Data for each herbicide was analysed separately, and models were fitted using the ‘lme4’ package6 in R version 3.4.2.

Further GLMM models were used to establish the significance of the TSR resistance frequency, AmGSTF1 protein concentration, and their interaction, as predictors of phenotypic herbicide resistance (survival). Again, the survival data were modelled as a binomial response variable, with population ID and herbicide dose included as random factors. Terms representing the two resistance mechanisms and their interaction were added to models sequentially as fixed effects, and their...
significance estimated using parametric bootstrapping as above. The AmGSTF1 variable was log-transformed before analysis.

A final set of mixed model analyses was used to assess the association between herbicide selective histories and the measures of TSR and NTSR resistance. For TSR, all three measures of TSR (the proportion of plants with TSR to the SU, Fop and Dim herbicides) were included as the response variable, and analysed using a binomial GLMM. A random effect term was included for the resistance MOA (SU, Fop and Dim), and a further random effect term for the population ID. For the ‘NTSR’ model, all three replicate measurements of the AmGSTF1 protein concentration were included as the response variable, analysed using a linear mixed model. AmGSTF1 protein concentrations were log-transformed before analysis. A random effect term was included for the ‘resistance MOA’ (SU, Fop and Dim) separately, i.e., a separate model for TSR to the SU herbicides, the annual concentration were included as the response variable, analysed using a linear mixed model. Am

As a further test, the TSR models were then re-run for each TSR MOA (SU, Fop and Dim) separately, i.e., a separate model for TSR to the SU herbicides, the annual

The data that support the models were fitted using the `lmer` package in R version 3.4.2.

The overall results of all fitted models are given within Supplementary Tables 1–4.

**Reporting summary.** Further information on research design is available in the Nature Research Reporting Summary linked to this article.

**Data availability**

The data that support the findings of this study are available from the corresponding author upon reasonable request. The source data underlying Figs. 1–4 and Supplementary Figs. 1 and 2 are provided as a Source Data file.

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**Author contributions**

D.C. and P.N. conceived and designed the study, with contributions from R.P.F. and D.Z. C.D. and H.L.H. led the field monitoring and collection of seed populations and farm management data. D.C. and R.H. performed the glasshouse experiments. C.L. performed the pyrosequencing with supervision and expertise provided by R.B. D.C. and N.O. performed the quantification of AmGSTF1 protein concentration with advice from R.E. D.C. analysed data with statistical input provided by R.P.F. and D.Z.C. Research funding for this project was awarded to R.E., P.N., R.P.F. and D.Z.C. The paper was written by D.C. and P.N., with contributions from all authors.

**Competing interests**

D.C., R.H., L.C., H.L.H., N.O., D.Z.C., R.E., and R.P.F. declare no competing interests; C.L. contributed as part of a PhD studentship co-funded by Bayer CropScience, supervised by R.B. and P.N.

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