Optogenetic Control of PIP$_3$: PIP$_3$ Is Sufficient to Induce the Actin-Based Active Part of Growth Cones and Is Regulated via Endocytosis

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Abstract

Phosphatidylinositol-3,4,5-trisphosphate (PIP$_3$) is highly regulated in a spatiotemporal manner and plays multiple roles in individual cells. However, the local dynamics and primary functions of PIP$_3$ in developing neurons remain unclear because of a lack of techniques for manipulating PIP$_3$ spatiotemporally. We addressed this issue by combining optogenetic control and observation of endogenous PIP$_3$ signaling. Endogenous PIP$_3$ was abundant in actin-rich structures such as growth cones and “waves”, and PIP$_3$-rich plasma membranes moved actively within growth cones. To study the role of PIP$_3$ in developing neurons, we developed a PI3K photoswitch that can induce production of PIP$_3$ at specific locations upon blue light exposure. We succeeded in producing PIP$_3$ locally in mouse hippocampal neurons. Local PIP$_3$ elevation at neurite tips did not induce neurite elongation, but it was sufficient to induce the formation of filopodia and lamellipodia. Interestingly, ectopic PIP$_3$ elevation alone activated membranes to form actin-based structures whose behavior was similar to that of growth-cone-like “waves”. We also found that endocytosis regulates effective PIP$_3$ concentration at plasma membranes. These results revealed the local dynamics and primary functions of PIP$_3$, providing fundamental information about PIP$_3$ signaling in neurons.

Introduction

Phosphatidylinositol-3,4,5-trisphosphate (PIP$_3$) is an intracellular signaling lipid with multiple roles in various cellular functions [1,2]. It is produced from phosphatidylinositol bisphosphate (PI(4,5)P$_2$) by phosphatidylinositol 3-kinases (PI3Ks) on the plasma membrane, and rapidly dephosphorylated by the tumor suppressor phosphatase and tensin homolog (PTEN) [1]. PIP$_3$ comprises only a fraction of all phospholipids in the resting state [2]. The distribution of PIP$_3$ is thought to be deeply related to its functions [3,4]. In neurons, PIP$_3$ has been implicated in growth cone guidance [5,6], the formation of filopodia and branches in axons [7], and the formation of axons [8,9]. Considering the rapid and strict control of PIP$_3$ levels [2], it is necessary to control PIP$_3$ production both spatially and temporally. However, methods used in previous studies, such as pharmacological inhibition [8,9], neurotrophic factors [6,7], and genetic perturbation [10], have limited ability to provide specificity of the location and timing of effects.

Among approaches to overcome these limitations, recently developed optogenetic tools are promising. They allow us to rapidly control the amplitude, location and timing of activity of specific signals rapidly [11]. They also diminish the problem of variance among cells, because we can assess the effects of activated signaling on the same cells. Accordingly, using these tools enables us to obtain well controlled data on the effects of acute activation of signaling pathways in cells. Such data, together with knowledge of the cellular distribution of signals, will reveal the spatiotemporal role of these signals in cells.

We first observed the endogenous distribution and dynamics of PIP$_3$ in developing mouse hippocampal neurons. PIP$_3$ was abundant at growth cones and growth cone-like “waves” [12], and its level seemed to be related to growth cone size and dynamics. PIP$_3$-rich membranes moved dynamically within growth cones.

To induce acute and localized PIP$_3$ signaling, we developed a PI3K photoswitch that enables PIP$_3$ to be produced at specific locations upon blue light exposure. We succeeded in producing PIP$_3$ locally in neurons. Local accumulation of PIP$_3$ induced the formation of dynamic F-actin-related structures and enlarged growth cones, but did not cause neurites to be elongated. Interestingly, ectopic production of PIP$_3$ induced growth-cone-like structures in the middle of neurites and soma. We also found that PIP$_3$-rich membranes were endocytosed.
Results
Construction and Characterization of the PI3K Photoswitch

It was recently reported that the photolyase homology region (PHR) of cryptochrome 2 (CRY2) and CIBN (truncated cryptochrome-interacting basic-helix-loop-helix 1) require no exogenous chromophores and dimerize within seconds upon blue-light exposure in mammalian cells [13]. We developed a PI3K photoswitch based on a PI3K chemical activation system [14] and the PHR-CIBN module. The overall design of the PI3K photoswitch is as follows (Fig. 1A). CIBN is targeted to the plasma membrane by a C-terminally fused K-ras CAAX motif (CIBNcaax). Before photoactivation, PHR-iSH (containing the inter-SH2 domain of p85β, the regulatory subunit of PI3K) exists in the cytoplasm where it interacts with endogenous p110, the catalytic subunit of PI3K. Upon blue light exposure, the PHR-iSH-p110 complex moves rapidly to the plasma membrane, triggering PI3K production. The generation of PI3K is indicated by the translocation of mCherry-tagged AktPH, the pleckstrin homology domain of Akt, which specifically binds to PI3P, [15]. We used a 2A peptide sequence to co-express multiple, discrete proteins in a single ORF [16] (Fig. 1B). Although similar optogenetic systems for controlling PI3K production have been reported [17,18], our system using the 2A peptide sequence has at least two advantages: (1) a single fluorescent tag is sufficient for checking the expression of the switch; and (2) equimolar expression of the two components ensures more robust reproducibility than if the two plasmids were co-transfected.

We first characterized light-induced translocation of PHR and PHR-iSH to the membranes in HEK293 cells. Both PHR (Fig. 1B plasmid #1) and PHR-iSH (Fig. 1B plasmid #2) tagged with mCherry (mCh) showed cytoplasmic localization before photoactivation (Fig. 1Ca,c). Blue light irradiation triggered rapid membrane translocation of mCh-PHR (t1/2 = 7.6±1.8 s, n = 25) or mCh-PHR-iSH (t1/2 = 6.8±2.0 s, n = 8, Fig. 1Cb,d), indicating that the insertion of 2A peptide sequences did not affect the localization or light-induced heterodimerization of the peptides used. We estimated the amount of membrane translocation of the fluorescent protein by measuring the decrease in fluorescence in the cytoplasmic fraction [13]. The difference in t1/2 between mCh-PHR and mCh-PHR-iSH was not statistically significant (p = 0.38, two-sample t-test). mCh-PHR-iSH and mCh-PHR bound to CIBNcaax in proportion to the light intensity (Fig. 1Da,b). The recovery half times for intracellular mCh fluorescence were 295 s and 324 s for PHR (n = 13) and PHR-iSH (n = 18), respectively (Fig. 1Ea).

Next, we co-expressed the PI3K photoswitch and AktPH-mCh (Fig. 1B plasmid #3) in HEK293 cells to test whether this system could work. Before photoactivation, AktPH-mCh showed a cytoplasmic localization, which suggested that there was little leakage of PI3K activity in the dark state (Fig. 1Ce). Upon blue light exposure (442-nm He-Cd laser, 3%, 0.2 Hz), AktPH-mCh rapidly (t1/2 = 25.5±6.6 s, n = 18) moved to the plasma membrane (Fig. 1Cf). This membrane translocation was strictly dependent on the PI3K photoswitch based on the following observations: (1) it required irradiation (Fig. 1F #3 dark); (2) it required both iSH and PHR (Fig. 1F #4, 5, 6 light); (3) it was blocked by application of PI3K inhibitor (LY294002) (Fig. 1G); and (4) the amount of PI3P production was correlated with the intensity of light (Fig. 1Dc). It took about 10 minutes for the PI3P signal to recover to the pre-photoactivation level (Fig. 1Eb, n = 18). This seemed to be largely due to the time-course of PHR-CIBN dissociation, because the level of cytoplasmic AktPH-mCh increased in accordance with the level of cytoplasmic mCh-PHR-iSH (Fig. 1Ea). The amount of PI3P produced in the presence of a saturated level of PI3K photoswitch photoactivation was comparable to that following EGF application, indicating that the photoswitch can activate endogenous PI3K to the physiologically appropriate degree (Fig. 1H). We also tested whether other wavelengths of light could photostimulate the photoswitch (Fig. 1I). Both 3% of a 488-nm Argon laser and 10% of a 405-nm diode laser (0.1 Hz) could activate the photoswitch to its saturated level (442 nm 3%, 0.2 Hz). We succeeded in repetitively inducing PI3P production using this system (Movie S1).

Collectively, these findings suggest that our photoswitch had little leakage in the dark state, and could be used to produce PI3P in a strictly light-dependent manner to the level of physiological stimulation.

Distribution and Dynamics of Endogenous PI3P in Mouse Hippocampal Neurons

We then examined the distribution and dynamics of endogenous PI3P in mouse hippocampal neurons. In cultures of rodent embryonic hippocampal neurons, several hours after plating, isolated neurons typically bear several highly dynamic neurites tipped by mobile growth cones that have lamellipodia and filopodia (stage 2). Then, without the addition of any exogenous factors, one of the neurites rapidly grows and becomes an axon, while the other neurites remain short (stage 3) [19].

We investigated the dynamics of endogenous PI3P during axon formation at the whole cell level by co-expressing AktPH-mCh and the early axonal marker K381-EGFP (truncated conventional kinesin) [20–22] in neurons. An axon was deemed to have formed when one neurite rapidly extended and became >15 μm longer than any other neurites (Fig. 2A–D) [21]. K381 accumulated at the tips of future axons before neurite elongation (Fig. 2A,B and Movies S2, S3). AktPH-mCh was rich in large, motile growth cones as reported previously [9], rather than in the future axons (Fig. 2A,B and Movies S2, S3). The amount of PI3P at the tips of the neurites changed on a timescale of tens of minutes (Fig. 2B,D). During axon formation, the level of PI3P was not related to the fate of a neurite: in one neuron it was highest in the future axon (Fig. 2A,C), while in another neuron the level was higher in neurites not fated to become an axon than in the future axon (Fig. 2B,D). Even in the former case, PI3P production was not inhibited in the neurites that did not eventually become an axon (Fig. 2C, Movie S2, most notably seen in neurite 1). These observations question the notion that local positive feedback of PI3P in one neurite induces axon formation, and that global negative regulation of PI3P in the other neurites suppresses them from becoming axons [23].

We examined the subcellular distribution of endogenous PI3P in mouse hippocampal neurons by estimating the amount of membrane-bound AktPH. AktPH exhibits two states: bound to PI3P in the plasma membrane, or located in the cytoplasm (unbound to PI3P). We co-expressed EGFP and AktPH-mCh in hippocampal neurons, and estimated the amount of cytoplasmic AktPH from EGFP images. Then, membrane-bound AktPH images (subtracted AktPH) were produced by subtracting cytoplasmic AktPH from the original AktPH-mCh images (for details, see Materials and Methods). Application of the PI3K inhibitor LY294002 reduced the amount of subtracted AktPH signal in the growth cones, which verified this method of image processing (Fig. 3B). The subtracted AktPH signal was rich in the growth cones in both stage 2 and stage 3 neurones (Fig. 3A).

Growth cone-like structures, which occasionally emerged at the base of neurites, possessed high concentrations of PI3P (Fig. 3C).
These growth cone-like structures then traveled along the neurites at an average rate of 6–8 μm/min. These structures behaved similarly to “waves” [12]. We observed growth cone-like structures emerging from growth cones and traveling down neurites (Fig. 3D). Hereinafter, we refer to growth cone-like structures moving in either direction as “waves”. Lifecat, an F-actin marker [24] revealed that the “waves” contained a high concentration of F-actin, as previously reported [12] (Fig. 3E).

Distribution and Dynamics of Endogenous PIP₃ Inside Growth Cones

We noticed that the distribution of subtracted AktPH was not uniform within growth cones. Neurite growth cones are composed of a peripheral (P) domain and a central (C) domain [25]. The P domain is flat and contains actin-rich structures such as lamellipodia and filopodia [26]. The C domain contains membrane organelles that accumulate at the ends of microtubule cytoskeletons [25]. We classified the growth cones in stage 2 neurons into three types. Those with sharp tips and little flat area (<20 μm² in size) were named “type S” (Fig. 4A). Neurite tips of this type contained a low concentration of subtracted AktPH compared with the other types (Fig. 4B, p = 0.00007, two-sample t-test). Neurite tips with large flat areas were divided into two groups based on the subtracted AktPH distribution. “Type P” neurite tips had a higher concentration of subtracted AktPH in the P domain than in the C domain, whereas “type C” neurite tips had the opposite distribution (Fig. 4A). Subtracted AktPH signals in the C domain were often vesicular in shape (Fig. 4A). Type P, C and S neurite tips comprised 30.9%, 25.1% and 44.0% of neurite tips, respectively, when neurites were not in the process of extension (Fig. 4G). In type P and C neurites, the subtracted AktPH signal was often quite strong at filopodia in the P domain of the growth cones (Fig. 4A arrowheads). The subtracted AktPH signal colocalized well with the signal for Lifecat-mCh (Fig. 4C).

We then conducted time-lapse observation of subtracted AktPH in neurons to examine the physiological dynamics of PIP₃. The three types of neurite tips were not stable, but rather changed from one to another within a timescale of minutes. Fig. 4D shows the transition from a type C tip to a type P tip, and then to a type S tip. The level of PIP₃ in the C domain decreased simultaneously with the increase in the surface area of the P domain (Fig. 4D 40 s), which suggested recycling of the PIP₃-rich membrane. Fig. 4E shows the transition from a type P tip to a type C tip, and then to a type P tip again. PIP₃ was locally accumulated in the P domain, then concentrated in the C domain (Fig. 4E 27 s) and retrogradely transported to the neurite (Fig. 4E 1 min 20 s). When the level of PIP₃ in neurite tips decreased, those neurites simultaneously lost motility and flat area (type S) (Fig. 4F). On the other hand, when neurite tips acquired PIP₃, growth cones emerged and became motile (Fig. 2A and Movie S2, neurite 1, 40 min to 99 min).

Next, we examined the relationship between PIP₃ level and neurite extension. Neurites possessing abundant PIP₃ in growth cones did not always extend. However, the majority of neurites (85.7%) about to extend were type C neurites. In contrast, type S neurites scarcely extended. The proportions of neurite types present when type C neurites had completed extension were 16.7%, 47.2% and 36.1% for type P, C and S neurites, respectively, which were not statistically different from those when neurites were not undergoing extension (Chi-square test, p = 0.53) (Fig. 4G). Type S neurites before extension (n = 4) remained type S neurites (n = 4), whereas type P neurites before extension (n = 2) became type P (n = 1) or S (n = 1) neurites when they had completed extension. Altogether, 81.0% of neurites showed reduced growth cone size and 61.9% of neurites showed reduced levels of subtracted AktPH signal during neurite extension (Fig. 4D,F).

Local Activation of the PI3K Photoswitch Induces PIP₃ Production at Neuronal Growth Cones

To study the role of PIP₃ in growth cones, we introduced the PI3K photoswitch and AktPH-mCh (plasmid #3) into mouse hippocampal neurons. First, we photoactivated growth cones and tested whether the local activation of the photoswitch could produce PIP₃ locally. For photoactivation, one pulse of a 405-nm diode laser (10% of the maximal intensity) was applied every 10 seconds for 20 min. This condition did not apparently damage the irradiated growth cones, because they retained motility after photoactivation (Movie S4). As expected, accumulation of AktPH-mCh was observed at the photoactivated growth cone in a light-dependent manner (Fig. 5A, Movie S4). We performed a similar experiment in 59 neurons expressing the PI3K photoswitch and AktPH-mCh (plasmid #3), and found that 45 of them showed localized AktPH-mCh accumulation at the irradiated growth cones. The mean fluorescence for AktPH-mCh increased 2.30±0.18-fold (n = 11) following photoactivation (Fig. 5B). In addition, the mean fluorescence for AktPH-mCh in the non-photoactivated growth cones in photoactivated neurons was significantly decreased (Fig. 5B, n = 11, p = 0.0005, paired t-test). This result indicates that local activation of the PI3K photoswitch can induce asymmetric PIP₃ signaling between neurites.

In platelets, cholesterol-enriched membrane domains were necessary for PIP₃ production [27]. To investigate whether the cholesterol-enriched membrane domains are necessary for the formation of asymmetric PIP₃ signaling, neurons were treated with methyl-β-cyclodextrin (MβCD) to deplete cholesterol and the PI3K photoswitch was locally activated. 20 min photoactivation did not change AktPH-mCh fluorescence in the presence of MβCD (Fig. S1). This result shows the necessity of cholesterol-
enriched membrane domains in the local production of PIP3 in neurons.

PIP3 could be either locally produced at or transported to growth cones. It has been reported that PIP3-containing vesicles were transported on microtubules by guanylate kinase-associated kinesin (KIF13B) [28]. To investigate the involvement of microtubules-based transport in the accumulation of PIP3 in growth cones, neurons were treated with nocodazole, a microtubules-depolymerizing agent. In neurons without the photoswitch, nocodazole treatment decreased subtracted AktPH signal at the growth cones (Fig. S2A). Local activation of the PI3K photoswitch at growth cones increased AktPH-mCh fluorescence in the

Figure 2. Dynamics of PIP3 signaling during axon formation. (A,B) Two representative images of hippocampal neurons expressing AktPH-mCh (red) and K381-EGFP (green), an early axonal marker. See Movies S2, S3. (C,D) Time-course of changes in the levels of AktPH-mCh (upper graphs) and K381-EGFP (middle graphs) in each growth cone, and in neurite length (lower graphs) during the formation of axons. The K381-EGFP level in each growth cone is shown as a percentage of the total for all growth cones [21]. The graphs in (C) and (D) correspond to the neurons in (A) and (B), respectively. The same color in the graphs indicates the same neurites numbered in (A) and (B). Note that some data for the graphs in (C) could not be obtained. Data on neurite 7 before 20 min was not recorded, because it branched from neurite 6 at that time. The AktPH-mCh level in neurite 6 was also not recorded after 35 min, because it barely had a growth cone. The AktPH-mCh and K381-EGFP levels in neurite 3 were not recorded after 100 min because of a bright particle attached to the growth cone. Arrowheads indicate the exact time of the formation of axons. Scale bars represent 30 μm. White crosses in A and B mark cell debris.

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presence of nocodazole (Fig. S2B). However, the degree of AktPH-mCh fluorescence increase in nocodazole-treated growth cones was about one third of that in non-treated growth cones. These results indicate that local production as well as microtubules-based transport participate in the proper accumulation of PIP3 in growth cones.

Local Activation of the PI3K Photoswitch Leads to Formation of the Actin-based Active Part of Growth Cones

Next, we examined the effect of local PIP3 elevation on morphology of neurons. Local photoactivation of the PI3K photoswitch induced expansion of the growth cone area (Fig. 5C). The growth cone area after photoactivation was 2.19±0.47 times larger than that before photoactivation (n = 11), while non-photoactivated growth cones in photoactivated neurons were significantly decreased in size (p = 0.00002, paired t-test). This finding, together with the distribution of AktPH-mCh signal (Fig. 5B), suggests that asymmetrical distribution of cytoplasm. PIP3 production in growth cones also increased the numbers of filopodia and lamellipodia, and activated their movements (Fig. 5E, Movie S5). Importantly, PIP3 could induce filopodia and lamellipodia in quiescent neurites (corresponding to type S), which had tapering tips without filopodia and lamellipodia, and showed no motility in time-lapse experiments (Movie S5).

It is widely accepted that PIP3 regulates actin dynamics [1,2]. We observed the effect of local PIP3 elevation on actin dynamics by introducing the PI3K photoswitch and Lifeact into hippocampal neurons. Local activation of the PI3K photoswitch led to an increase in the level of F-actin at irradiated growth cones (Fig. 5F, Movie S6). The F-actin concentration began to increase shortly after photoactivation, and seemed to reach an upper threshold, 10 min after photoactivation (Fig. 5G). This increase of F-actin was blocked by the application of Latrunculin A which inhibits actin polymerization (Fig. 5H). These results indicate that the local elevation of PIP3 directly induces F-actin polymerization.

PI3K photoactivation slightly shortened the irradiated neurites (Fig. 5D). This shortening of neurites by PI3K photoactivation...
Figure 4. Distribution and dynamics of endogenous PIP3 in growth cones. (A) Subtracted AktPH (pseudo-color), AktPH-mCh (red) and EGFP (green) images of three types of growth cones in stage 2 hippocampal neurons. Arrowheads indicate PIP3-rich filopodia. (B) Comparison of PIP3 concentrations between type S (n = 64) and type P, C (n = 143) neurites. The PIP3 concentration in the growth cone was normalized to that in the neurite.

(C) Time-lapse images of lifeact, AktPH, and merge of type P neurites. (D) Time-lapse images of AktPH and merge of type C neurites. (E) Time-lapse images of AktPH of type S neurites. (F) Time-lapse images of AktPH of type S neurites.
neurite. Data are expressed as means ± s.e.m. ***P<0.0005, two sample t-test. GC stands for “growth cone”. (C) AktPH-EGFP (green), Lifeact-mCh (red) and merge time-lapse images of a growth cone of a stage 2 hippocampal neuron. (D–F) Subtracted AktPH images of growth cones of stage 2 hippocampal neurons. (D) A neurite changed its PIP₃ distribution from type C to type P (5 min 6 s), and subsequently became type S (11 min 20 s). This neurite extended from 40 s after the start of observation to 11 min 20 s. (E) A neurite changed its PIP₃ distribution from type P to type C (40 s), and subsequently became type P again (1 min 33 s). (F) Transition from a type P growth cone to a type S one. (G) Percentages of growth cones classified as non-extending neurites (n = 207), and neurites before (n = 42) and after extension (n = 36) showing each tip pattern (S, P and C). Only type C neurites before extension are included in “Post-extension”. Other types before extension are documented in the main text. Data were taken from time-lapse images of subtracted AktPH, and neurites were classified into “non-extending neurites” when they did not extend over 10 min. Scale bars represent 5 μm.
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was not considered to be due to photo-damage, because neurites without at least one of the photoswitch components extended in spite of the same amount of laser irradiation. We also carefully changed the photoactivation conditions by lowering laser power and changing the irradiated area as well as the temporal profile. Despite these efforts, no neurite extension was observed. The average length by which neurites were shortened (2.28 μm) was small (about one fifth of the axial length of a growth cone). This shortening could be explained by a requirement for that volume for the increase in the size of the growth cones.

**Increased PIP₃ Signal Alone is Sufficient to Induce Growth-cone-like Structures in Ectopic Plasma Membrane Areas of Neurons**

It is of particular interest how cells respond to ectopic signals, especially in the case of signaling molecules such as PIP₃, that are highly regulated in a spatiotemporal fashion. First, we activated the PI3K photoswitch in the middle of neurites. In five neurons, lamellipodial protrusions emerged in the photoactivated area (n = 10) **(Fig. 6A,B, Movie S7)**. Then, the protrusions moved anterogradely (n = 3, **Fig. 6A**) or retrogradely (n = 2, **Fig. 6B, Movie S7**) along the neurites. The protrusions normally fused to form one growth-cone structure, and did not stay within the photoactivated area for a long time. These structures and their behavior are reminiscent of “waves” [12]. Next, the PI3K photoswitch was activated in the soma. Lamellipodial protrusions also emerged in these areas, albeit at lower frequencies (n = 2 out of 6 neurons, **Fig. 6C**). They sometimes traveled anterogradely along the neurites (**Fig. 6C**).

**PI3K Activity is Required for Rac1-induced Membrane Protrusion at Growth Cones**

Rac1 stimulates lamellipodia formation [29], and functions in a coordinated manner with PI3K [14]. To investigate the relationship between PIP₃ and Rac1 in forming growth cone lamellipodia, we locally activated Rac1 using a photoactivatable form of Rac1 (PA-Rac1) [30], and tested the effect of a PI3K inhibitor on growth cones. Local photoactivation of PA-Rac1 induced a significant increase in the size of growth cones (p = 0.0004, paired t-test, n = 13) **(Fig. 7A, B, Movie S8)**. LY294002 inhibited the motility of these growth cones and reduced their size back to their pre-photoactivation level within minutes **(Fig. 7A, B, Movie S8)**, indicating that PI3K activity was required for the formation of growth cones.

**PI3P Concentration in Growth Cones is Regulated by Endocytosis**

During photoactivation of the PI3K photoswitch, we noticed that the accumulation of AktPH-mCh was not uniform within irradiated growth cones **(Fig. 5A, 8A)**. After ~8 min of photoactivation, while the AktPH-mCh level in the P domain showed a modest increase, that in the C domain of the growth cone increased drastically **(Fig. 8A)**. After 20 min of photoactivation, the AktPH-mCh concentration in the C domain had increased 3.66±0.37-fold, which was significantly greater (p = 0.0003, n = 11, paired t-test) than the amount of increase in the P domain (2.05±0.16-fold) **(Fig. 8B)**. Although only AktPH images were captured, this distribution of AktPH seemed to correspond to the distribution in type C neurites **(Fig. 8A)**.

We often observed vesicular structures in the growth cone that were strongly labeled with AktPH-mCh during photoactivation **(Fig. 8C, Movie S5)**. Time-lapse movies and kymographs showed that these vesicles were retrogradely transported **(Fig. 8C arrowheads, 8D, Movie S5)**. These vesicles seemed to emerge at the sites where filopodia and lamellipodia disappeared, and their behavior was suggestive of macropinocytosis **(Movie S5)** [31]. We also tested the effect of endocytosis inhibition on PIP₃ elevation in growth cones. Both dynasore treatment (a selective inhibitor of dynamin-dependent endocytosis) [32], K⁺ depletion (blocking clathrin-mediated endocytosis) [33,34] and genistein treatment (inhibitor of caveolae-mediated endocytosis) [35] narrowed the difference in the size of the photoactivation-induced increase in AktPH-mCh concentrations in the P and C domains **(Fig. 8E)**. Indeed, when K⁺ was depleted, the difference in AktPH-mCh concentrations between the P and C domains was not statistically significant (p = 0.17, paired t-test). This finding suggests that both clathrin-dependent and caveolae-dependent endocytosis regulates the accumulation of AktPH in the C domain of the growth cones. Interestingly, dynasore treatment and K⁺ depletion partially inhibited the photoactivation-induced increase in AktPH-mCh concentrations in both P and C domains **(Fig. 8E)**. Thus, it is possible that the recycling of PIP₃-positive endosomes is diminished by inhibition of endocytosis.

To examine whether PIP₃ elevation increases endocytosis, the growth cones of neurons expressing the PI3K photoswitch and mCherry-tagged Rab5a were photoactivated. Because Rab5 mediates fusion of endocytotic vesicles to form early endosomes [36], mCh-Rab5 fluorescence on early endosomes should be much brighter than that in plasma membranes. Activation of the PI3K photoswitch increased the fluorescence of mCh-Rab5 in photoactivated growth cones and neurites **(Fig. 8F, Movie S9)**, suggesting that PIP₃ elevation facilitates endocytosis at growth cones.

To further confirm the endocytotic retrieval of PIP₃-rich membranes, we examined the dynamics of a membranous protein known to be endocytosed at nerve terminals [37]. Neurons were co-transfected with vectors for vesicle-associated membrane protein 2 (VAMP2) tagged with photoactivatable (PA-) GFP [38] and mCh. mCh was used to visualize the shapes of neurons before photoactivating PA-GFP. Either the P domain or the C domain of the growth cone was photoactivated using a 405-nm laser, and time-lapse images were acquired immediately afterwards. When the C domain was photoactivated **(Fig. 9Aa, Ba)**, vesicular structures in the C domain were retrogradely transported from 40 s after photoactivation **(Fig. 9Aa)**. In contrast, when the P domain was photoactivated, fluorescent VAMP2 in the P domain was gradually incorporated into the C domain **(Fig. 9Ab,Bb)**.
Figure 5. Local activation of the PI3K photoswitch in neuronal growth cones. (A) AktPH-mCh fluorescence images of a hippocampal neuron expressing plasmid #3 before (left) and 20 min after (right) photoactivation (10% of 405-nm diode laser, 0.1 Hz). (B) Mean fluorescence for AktPH-mCh in whole growth cones before and 20 min after photoactivation. (C) Sizes of growth cones before and 20 min after photoactivation. (D) Changes
Later (50–600 s after photoactivation), large, highly fluorescent vesicles in the C domain increased in number and moved into neurites (Fig. 9Ab, arrowheads). To study the nature of these vesicles, we labeled endosomes by loading a red marker for endocytosis (FM4-64). FM4-64 colocalized with fluorescent VAMP2 (Fig. 9C). In addition, AktPH-labeled vesicles often colocalized and moved together with VAMP2-labeled vesicles (Fig. 9D). These observations confirmed that PIP3-rich membranes were endocytosed.

Discussion

PIP3 regulates various cellular functions via its intracellular distribution [1]. However, it is difficult to understand the local primary functions of PIP3 because of the lack of techniques for manipulating PIP3 in a spatiotemporal manner. In this study, we addressed this issue by using a PI3K photoswitch that could induce spatiotemporal production of PIP3 upon blue light exposure (Fig. 5). We found that PIP3 regulated the size and motility of growth cones (Fig. 5), and that PIP3 induced growth-cone-like “waves” (Fig. 6). Additionally, we found that endocytosis is used as a novel mechanism for regulating PIP3 signaling in growth cones (Figs. 8, 9). Our study exemplifies the power of...
optogenetics for dissecting the functions of signaling molecules such as PIP3 under tight spatiotemporal regulation.

Model for the Relationship between PIP3 Dynamics and Growth Cones

Our findings led us to propose the following model for growth cone dynamics (Fig. 10A). When PI3K is activated intracellularly, or by other mechanisms such as extracellular growth factors, the PIP3 level increases to form an active part of a growth cone. PIP3-containing vesicles may also play a role in this process. First, PIP3 resides in the P domain of the growth cone (type P). When PIP3 is further elevated, PIP3 is endocytosed into the C domain (type C) (Figs. 8, 9) [4]. The endocytosed PIP3 vesicles are either transported retrogradely (Fig. 8), or are recycled to form the P domain (Figs. 4, 8) [4] or stay in the C domain. When the number of these vesicles or PIP3 on these vesicles has decreased, the growth cone becomes type P again. Once the amount of PIP3 in the growth cone has decreased further to a level similar to that in the plasma membrane of the neurite, the neurite loses its growth cone and becomes type S again.

Intracellular Function of PIP3 in Neurons

Previously, it was shown that PI3K activation is essential for membrane expansion at the growth cone [39] and that PIP3 accumulates in the tips of neurites [40]. We directly showed that PIP3 in growth cones induces actin-rich active structures such as filopodia and lamellipodia, and increases the size and motility of growth cones (Fig. 5). Also, PI3K activity was necessary (Fig. 7) and sufficient (Movie S5) for membrane expansion at the growth cone. These results suggest that PIP3 is the master regulator of the active parts of growth cones.

One of the advantages of optogenetics is that it enables particular molecules at specific locations to be activated. We elevated PIP3 in the middle of neurites and on the neuronal soma to find that PIP3 alone induces growth-cone-like “waves” (Fig. 6). Also, the “waves” contained abundant PIP3 (Fig. 3). Although “waves” were first documented over 10 years ago and were considered to be important for neurite elongation and branching [41,42], the molecular mechanisms underlying the formation of “waves” has remained elusive. In our model, local PIP3 elevation underlies the formation of “waves” (Fig. 10B). This schema provides a unified view of the origins of “waves” and growth cones. It is consistent with reports that “waves” have similar characteristics to growth cones such as movement, ultrastructure and the molecules they contain [12,41]. PIP3 did not seem to determine whether the “waves” moved anterogradely or retrogradely (Fig. 3, 6), specification of which may require other mechanisms.

The role of PIP3 in neurite extension is obscure. PIP3 elevation did not induce neurite elongation (Fig. 5), but the majority of neurites before extension were type C (Fig. 4). Considering that local accumulation of PIP3 induced asymmetric accumulation of cytoplasm (Fig. 5), PIP3 might prepare neurites for extension by stimulating accumulation of proteins and membranes in growth cones, which might then be used for building the extended parts of the neurites.

Figure 7. PI3K activity is required for Rac1-induced lamellipodia at growth cones. (A) Fluorescence images of a neuron expressing mCherry and PA-Rac1. The neuron was locally photoactivated (circle) and subsequently LY294002 (100 μM) was applied. (B) Size of growth cones expressing PA-Rac1 before and after photoactivation and after LY294002 (100 μM) application (n = 13). Data are expressed as means ± s.e.m. in the histograms. **P < 0.005, ***P < 0.0005, paired t-test. Scale bar represents 30 μm. See Movie S8.

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It was recently reported that local activation of G protein-coupled receptor (GPCR) signaling induced PIP3 elevation, which led to neurite initiation and extension when the photoactivated area was moved [43]. The discrepancy between those findings and our results (Fig. 5) could have resulted from downstream effectors of GPCR signaling other than PIP3, such as JNK or ERK1/2 [44].

### Novel Regulatory Mechanisms of PIP3 in Growth Cones

We found that PIP3-rich membranes were endocytosed (Figs. 8, 9). PIP3 elevation induced by the PI3K photoswitch did not lead to a large increase in PIP3 concentration in the P domain of growth cones (Fig. 8). Considering that the P domain is flat and PIP3 acts on plasma membranes, endocytosis may restrict the PIP3 concentration in the plasma membranes of growth cones. This...

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**Figure 8. Elevated PIP3 is endocytosed into the C domain of growth cones.** (A) High magnification of the photoactivated growth cone in Fig. 5A. (B) Time-course of fold changes in AktPH-mCh fluorescence in the P domain (red) and C domain (blue) of photoactivated growth cones expressing plasmid #3 (n = 11) compared with the AktPH-mCh concentration before photoactivation. We used here the same growth cones used to obtain the leftmost data in Fig. 5B. (C) AktPH-mCh fluorescence images of a neurite expressing plasmid #3. Arrowheads indicate the same AktPH-mCh-labeled vesicle. (D) Kymograph showing that AktPH-positive vesicles were endocytosed from the peripheral part to the central domain of the growth cone (right). The left figure indicates the red line used to take the kymograph. See Movie S5. (E) Effect of inhibiting endocytosis on AktPH-mCh distribution. Growth cones expressing plasmid #3 were photoactivated for 20 min with 80 µM dynasore (n = 12), in simplified buffer (see Materials and Methods) (n = 10), with 100 µM genistein (n = 12), or in normal imaging medium (n = 11). Fold changes in AktPH-mCh fluorescence in the P domain and C domain of photoactivated growth cones in bar graphs. n.s. stands for not statistically significant. **P<0.005, ***P<0.0005, paired t-test. (F) Time-course of fold changes in mCh-Rab5a fluorescence in photoactivated neurites expressing mCh-Rab5a and mVenus-PHR-ISL2A-CIBNcaax (n = 10). Data are expressed as means ± s.e.m. The white circled areas were photoactivated. Scale bars represent 10 µm.

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The notion is also supported by the finding that PIP3 elevation facilitated endocytosis (Fig. 8). Although PIP3 may still perform some roles within endocytosed vesicles [4,45], PIP3 is primarily localized within the plasma membrane where it recruits downstream signaling effectors [2]. PIP3 on endosomal structures is considered unable to contribute to the rapid changes in the size

Figure 9. PIP3 is endocytosed via a constitutive endocytotic pathway at growth cones. (A) PA-GFP-VAMP2 was photoactivated (green line) at either the C domain (a) or the P domain (b) of the growth cone. Arrowheads indicate retrogradely transported vesicles. (B) Time-course of changes in VAMP2 fluorescence in the P and C domains of growth cones and small areas of neurites. The C or P domain was photoactivated in (a) or (b), respectively (n = 6 in a, n = 8 in b). VAMP2 moved both from the C to the P domain and from the P to the C domain. VAMP2 level in the growth cone gradually decreased, which reflects the retrograde transport observed in (A). Graphs are expressed as means ± s.e.m. (C) Axon of a stage 3 hippocampal neuron expressing PA-GFP-VAMP2 (green) and loaded with FM4-64 (red). PA-GFP-VAMP2 colocalized with FM4-64 (arrowheads). (D) Time-lapse images of distal part of a neurite of a stage 2 neuron expressing both PA-GFP-VAMP2 (green) and AktPH-mCh (red). An AktPH-mCh-labeled vesicle colocalized with fluorescent VAMP2 (arrowheads). Scale bars represent 10 μm.

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PIP3 concentration increases, the neurite gains a growth-cone followed by the linker APGT or APGS to locate the 2A product. The 2A peptide sequence (EGRGSLLTCGDVEENPGP) was used when endocytosed PIP3 vesicles are recycled into the P domain or retrogradely transported, the neurite returns to being type P. A decrease in PIP3 concentration transforms the neurite from type P, C to type S.

DNA Constructs

CRY2PHR-mCherry and CIBN-pmGFP were kind gifts from Chandra Tucker. EYFP-C1-p85β was purchased from Addgene (Plasmid #1406). PH-mRFP1 (the PH domain of human Akt1) was a generous gift from Daniel F. Cimino. We introduced a silent mutation into PH-mRFP by overlap PCR to delete the NotI site in the original sequence.

To make CAG promoter-controlled backbone plasmids, a CAG promoter was cut out from the adenosine cosmid vector (TaKaRa) and subcloned into the CMV promoter region of pEGFP-N1 (Clontech); Rab5a cDNA was amplified by PCR to make mCherry-PHR-iSH. All of the plasmids shown in Fig. 1B were under the control of the CAG promoter.

Lêifact [24] was amplified by overlap PCR of two oligos (5′-CCCAAGCGTTGCCACCATGGGGCTGCCATCGAT-CGAAGATTCGAGA-3′ and 5′-TTTGGATCCCGTTCCTCCGCGATGTCCTC-9′ and 5′-GAACGTTCCTGTACAGGT-3′) and was inserted into the HindIII– BamHI sites of mCherry-N1.

VAMP2 cDNA was amplified by PCR and cloned into the XhoI and EcoRI sites of PA-GFP-C1 (kind gift from Jennifer Lippincott-Schwartz). Then, PA-GFP-VAMP2 was subcloned into the NheI and EcoRI sites of CAG-EGFP-C1-WPRE.

To make CAG-K381-EGFP-WPRE, K381-EYFP was subcloned into the EcoRI–NotI sites of CAG-EGFP-N1-WPRE. Then, K381-EGFP was subcloned into the EcoRI–NotI sites of CAG-EGFP-N1-WPRE.

Rab5a cDNA was amplified from EGF-Rab5a by PCR and cloned into the SalI and EcoRI sites of CAG-mCherry-C1.

All coding regions were verified by sequencing.

HEK293 Cell Culture and Transfection

HEK293 cells were maintained in MEM (minimal essential medium; Nacalai Tesque) supplemented with 10% (v/v) fetal bovine serum, penicillin (50 U/ml), and streptomycin (50 mg/ml) (MEM-FBS). Cells were passed every 2–3 days. Two days before experiments, cells were seeded on matrigel- or poly-L-lysine-coated glass-bottomed dishes (Greiner) and grown close to confluency. The next day, plasmid transfection was performed using Lipofectamine 2000 (Invitrogen) according to the manufacturer’s instructions. Cells were maintained in MEM-FBS overnight after transfection. On the experimental day, cells were starved in serum-free MEM for ≥3 hours so as not to activate endogenous PI3K by exogenous factors. Then, the medium was replaced with pre-warmed L-15 medium (Invitrogen) before imaging. Human EGF and LY294002 were purchased from PeproTech and Cell Signaling Technology, respectively.

Primary Culture and Electroprolation of Hippocampal Neurons

Primary hippocampal neurons derived from mouse embryos were cultured following the method of Kaech and Banker [48] with some modifications. In brief, glass coverslips (Hecht Assistent, #1001-18, No.1) for hippocampal neurons were bathed for 14 mm-holed 35-mm Petri dishes with silicone grease and coated with polyl-lysine (1 mg/ml in borate buffer, pH 8.5) overnight at room temperature. Coverslips were washed twice with distilled water for 2 hours to remove excess polyl-lysine (Nacalai Tesque, 28360-14, MW 30,000–70,000) and subsequently incubated with M-MEM (MEM supplemented with 1 mM pyruvic acid and 0.6% glucose) containing 10% horse serum in 5% CO2 at 37°C overnight. E16.5 mice (purchased from Sankyo Lab Service, Japan) were killed by cervical dislocation. The procedure was done quickly and expertly to ameliorate suffering. Then, the hippocampi of the mice were dissected, trypsinized for 15 min with...
0.5% trypsin-EDTA at 37°C and washed three times in HBSS for 5 minutes. After removing HBSS, cells were resuspended in K buffer (Neon electroporation kit, Invitrogen), pipetted 10–15 times with a 1000-μl pipette tip and 4–5 times with a 200-μl pipette tip or a fire-polished glass Pasteur pipette, mixed with the DNA constructs, electroporated using the Neon electroporation system (Invitrogen) and plated onto the dishes described above. For electroporation, pulse voltage, pulse width and pulse number were set to 1700 V, 20 ms and once, respectively. The cells were kept in 5% CO2 at 37°C. After 2 hours, the medium was exchanged to N-MEM containing B27 (Invitrogen) and the cells were brought back to the CO2 incubator without astrocyte co-culture. In this condition, stage 2–3 transition typically occurs 24–48 hours after plating. To prevent cells from being unintentionally exposed to blue light, dishes were covered with aluminum foil when incubated. The medium was replaced with L-15 supplemented with B27 before imaging.

Ethics Statement
All procedures relating to the care and treatment of the animals were performed in accordance with the National Institutes of Health (NIH) guidelines. All animal experiments were approved by the Institutional Animal Care and Use Committee of Tokyo Medical and Dental University (0130270C).

Live-cell Imaging and Photoactivation
Time-lapse images were obtained using confocal laser scanning microscopy (Bio-Rad MRC-1024, Bio-Rad Laboratories) on an Axiovert100 inverted microscope equipped with a Kr/Ar laser (λ = 488 nm, 568 nm, Zeiss), a HeCd laser (λ = 442 nm, KIMMON Electric Co., Ltd.) and a 40 × C-Apochromat objective lens (Zeiss) or using LSM510 META laser scanning microscopy (Zeiss) on an Axiovert 200M microscope (Zeiss) equipped with a diode laser (λ = 405 nm, 25.0 mW), a multi-line argon gas laser (λ = 438 nm, 477 nm, 488 nm, 514 nm, 30.0 mW), a HeNe laser (λ = 543 nm, 1.0 mW) and a 40 × C-Apochromat objective lens (Zeiss, numerical aperture = 1.2). Whole cell activation experiments in HEK293 cells were typically performed by scanning the whole area with the HeCd laser (3%) simultaneously with image acquisition (3–5 s intervals) using the MRC1024 system. For local photoactivation in hippocampal neurons, diode laser light (λ = 405 nm) was focused on the selected area of the neuron (15–22.5 μm in diameter), which was irradiated typically every 10 s using the LSM510 META system. A comparison of different laser activations is shown in Fig. 11. Some images of neurons expressing both AktPH-mCh and EGFP were taken using a 63 × C-Apochromat objective lens (Zeiss, numerical aperture = 1.2). Latrunculin A, nocodazole and MJCD were purchased from Cayman chemical, Sigma and Wako, respectively.

FM4-64 Loading
For FM4-64 labeling, electroporated hippocampal neurons at 1–2 DIV were treated with 15 μM FM4-64 (Molecular Probes, Inc., Eugene, OR) cultured in high potassium Ringer solution (31.5 mM NaCl, 90 mM KCl, 2 mM CaCl2, 2 mM MgCl2, 30 mM glucose, 25 mM HEPES, pH 7.3) [49,50] for 10 min, and then washed three times over a 15-min period with L-15. The medium was replaced with L-15 supplemented with B27 before imaging.

Inhibition of Endocytosis
For the dynasore and genistein experiments, hippocampal neurons at 1–2 DIV were imaged with L-15 supplemented with B27 and either 80 μM dynasore (Merck) or 100 μM genistein (Wako). To deplete K+, neurons were washed once with L-15, and treated with hypotonic medium (N-MEM/H2O, 1:1) for 5 min. Neurons were then incubated with simplified buffer (140 mM NaCl, 10 mM KCl, 1 mM CaCl2, 1 mM MgCl2, 20 mM HEPES, 5.5 mM glucose, and 1% (vol/vol) BSA, pH 7.4) [33] for 30 min, and were imaged without medium change.

Image Analysis
Image analysis was performed using ImageJ software (NIH).

Membrane translocation assay. The membrane translocations of mCh-PHR, mCh-PHR-iSH and AktPH-mCh shown in Fig. 1 were evaluated based on changes in cytoplasmic fluorescence [13]. Fluorescent signal intensity was measured in a 2.25 μm x 2.25 μm square region in the cytoplasm throughout imaging. Then, the relative translocation level at time-point X was calculated by dividing the fluorescence intensity at time-point X by the average fluorescence intensity before photoactivation.

Measurement of fluorescence and the sizes of growth cones in neurons. The AktPH-mCh level and the size of the P domain of growth cones were calculated by subtracting those of the C domain from those for the whole growth cone. The AktPH-mCh concentration was calculated by dividing AktPH-mCh level by the size of the corresponding area.

Membrane dynamics measured by PA-GFP-VAMP2 in growth cones. Neurons were co-transfected with PA-GFP-VAMP2 and mCherry to visualize neurons prior to photoactivation. The P or C domain of growth cones was chosen and irradiated by 5–10 pulses of maximal intensity with a 405-nm diode laser, followed by image acquisition. The P domain and the C domain of the growth cone were determined manually. The level of GFP fluorescence was normalized to the initial fluorescence intensity in the irradiated area immediately after photoactivation.

Subtraction image of AktPH. We generated subtraction images of AktPH in Figs. 3, 4 by the following procedures. Neurons were transfected with AktPH-mCh and EGFP. We estimated the cytosolic fraction of AktPH-mCh assuming that cytoplasmic proteins would distribute similarly to EGFP. EGFP images were multiplied by the constant k, so as to represent the distribution of cytosolic (unbound to PIP3) AktPH-mCh. Values of k for each cell were determined as the ratio of mean fluorescence for AktPH-mCh to that of EGFP in a part of the neurite shaft where membrane-bound AktPH-mCh (bound to PIP3) was considered to be scarce. k-multiplied EGFP images were subtracted from AktPH-mCh images. Then, upper thresholds were set as pseudo-color images with a high dynamic range. Images were subjected to a smoothing filter, followed by binary masking [51].

Statistics. Data are expressed as means ± s.e.m. Statistical analyses were performed using Excel software (Microsoft) or manually. P values <0.05 were judged statistically significant.

Supporting Information
Figure S1 Choresterol-enriched membrane domains are necessary for local accumulation of PIP3. Time-course of fold changes in AktPH-mCh fluorescence in photoactivated growth cones expressing plasmid #3. Growth cones expressing plasmid #3 were photoactivated for 20 min with 5 mM MJCD (n = 15) or in normal imaging medium (n = 11), the same growth
cone as the leftmost data in Fig. 5B). Data are expressed as means ± s.e.m.

**Figure S2** Microtubules-based transport is partially involved in the production of PIP3 at growth cones. (A) Subtracted AktPH images of a growth cone before and after nocodazole (3.3 μM) application in the absence of the photoswitch. (B) Time-course of fold changes in AktPH-mCh fluorescence in photoactivated growth cones expressing plasmid #3. Growth cones expressing plasmid #3 were photoactivated for 20 min with 3.3 μM nocodazole (n = 18) or in normal imaging medium (n = 11), the same growth cone as the leftmost data in Fig. 5B). Data are expressed as means ± s.e.m.

**Movie S1** AktPH-mCh repeatedly moved to the plasma membrane upon photoactivation of the PI3K photoswitch. Time-lapse images of a HEK293 cell expressing AktPH-mCh and the PI3K photoswitch (plasmid #3). AktPH-mCh fluorescence images were acquired every 10 s. Photoactivation was given to whole cell with one pulse of a 442-nm HeCd laser (3%) at 0 min, 15 min and 30 min. Repeated activation successfully translocated AktPH-mCh to the plasma membrane. (MOV)

**Movie S2** Dynamics of PIP3 signaling during the formation of axon. Time-lapse images of a mouse hippocampal neuron expressing AktPH-mCh (pseudo-color, left) and K381-EGFP (green, light). Fluorescence images were taken every 1 min. The AktPH-mCh concentration in neurites varied on a timescale of minutes. Note that the K381 level did not correlate with the AktPH-mCh level. Selected images from this movie are shown in Fig. 2A. (MOV)

**Movie S3** Dynamics of PIP3 signaling during the formation of axon. Time-lapse images of a mouse hippocampal neuron expressing AktPH-mCh (pseudo-color, left) and K381-EGFP (green, light). Fluorescence images were taken every 5 min. The AktPH-mCh level in the future axon (neurite 4), which did not have a lamellipodial growth cone, was often lower than that in neurite 3. Selected images from this movie are shown in Fig. 2B. (MOV)

**Movie S4** Local production of PIP3 by activation of the PI3K photoswitch. Time-lapse images of a stage 2 mouse hippocampal neuron expressing AktPH-mCh and the PI3K photoswitch (plasmid #3). AktPH-mCh fluorescence images were acquired every 10 s and showed in pseudo-color. The red circled areas were continuously photoactivated (405-nm laser at 10% of maximal power, 0.1 Hz) from 0 min. The photoactivated growth cone was changed at 20 min. Photoactivation of the PI3K photoswitch induced accumulation of mCh-PIR-iSH. The lamellipodial protrusions formed at the photoactivation site and moved retrogradely. Selected images from this movie are shown in Fig. 6B. (MOV)

**Movie S5** Local production of PIP3 by activation of the PI3K photoswitch. Time-lapse images of a stage 2 mouse hippocampal neuron expressing AktPH-mCh and the PI3K photoswitch (plasmid #3). AktPH-mCh fluorescence images were acquired every 10 s. The red circled area was continuously photoactivated (405-nm laser at 10% of maximal power, 0.1 Hz) from 20 min per growth cone) from 0 min. The photoactivated growth cone was changed at 20 min. Photoactivation of the PI3K photoswitch significantly increased AktPH-mCh fluorescence and the area of the growth cone in a light-dependent manner. (MOV)

**Movie S6** Local PIP3 production increased F-actin at growth cones. Time-lapse images of a stage 2 mouse hippocampal neuron expressing Lifeact-mCh, AktPH-mVenus, and the PI3K photoswitch. Lifeact-mCh fluorescence images were acquired every 10 s. The red circled areas were continuously photoactivated (405-nm laser at 10% of maximal power, 0.1 Hz) from 0 min. The photoactivated growth cone was changed at 15 min. Photoactivation of the PI3K photoswitch increased Lifeact-mCh fluorescence and growth cone motility. Selected images from this movie are shown in Fig. 5F. (MOV)

**Movie S7** Local PIP3 production in the middle of the neurites caused “wave”. Time-lapse images of a stage 2 mouse hippocampal neuron expressing the PI3K photoswitch (plasmid #2). mCh-PIR-iSH images were acquired every 10 s. The red circled area was continuously photoactivated (405-nm laser at 10% of maximal power, 0.1 Hz) from 0 min. Photostimulation of the PI3K photoswitch induced accumulation of mCh-PIR-iSH. Then, lamellipodial protrusions formed at the photoactivation site and moved retrogradely. Selected images from this movie are shown in Fig. 6B. (MOV)

**Movie S8** Inhibition of PI3K activity blocked the PA-Rac1-induced formation of growth cone lamellipodia. Time-lapse images of a stage 2 mouse hippocampal neuron expressing both mCherry and PA-Rac1. mCherry fluorescence images were acquired every 10 s. The red circled area was continuously photoactivated (405-nm laser at 10% of maximal power, 0.1 Hz) from 0 min and LY294002 (100 μM) was applied at 10 min. LY294002 application blocked formation of growth cone lamellipodia induced by PA-Rac1 photoactivation and prevented growth cone motility. Selected images from this movie are shown in Fig. 7A. (MOV)

**Movie S9** PIP3 elevation increased the number of Rab5a-positive endosomes. Time-lapse images of a growth cone of a stage 2 mouse hippocampal neuron expressing mCh-Rab5a and mVenus-PHR-iSH-2A-CIBNcaax. mCh-Rab5a fluorescence images were acquired every 10 s. The red circled area was continuously photoactivated (405-nm laser at 10% of maximal power, 0.1 Hz) from 0 min. Accumulation of Rab5a-positive vesicles increased in the C domain of the growth cone and in neurites in response to photoactivation. (MOV)

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**Author Contributions**

Conceived and designed the experiments: TK TN. Performed the experiments: TK. Analyzed the data: TK. Wrote the paper: TK TN.
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