Loss rates for high-$n$, $49 \lesssim n \lesssim 150$, $5\text{ns}(^{3}\text{S}_1)$ Rydberg atoms excited in an $^{84}\text{Sr}$ Bose-Einstein condensate

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Measurements of the loss rates for strontium $n^3\text{S}_1$ Rydberg atoms excited in a dense BEC are presented for values of principal quantum number $n$ in the range $49 \lesssim n \lesssim 150$ and local atom densities of $\sim 1$ to $3 \times 10^{14}$ cm$^{-3}$. Two main processes contribute to loss, associative ionization and state-changing. The relative importance of these two loss channels is investigated and their $n$- and density-dependences are discussed using a model in which Rydberg atom loss is presumed to involve a close collision between the Rydberg core ion and ground-state atoms. The present measurements are compared to earlier results obtained using rubidium Rydberg atoms. For both species the observed loss rates are sizable, $\sim 10^5 - 10^6$ s$^{-1}$, and limit the time scales over which measurements involving Rydberg atoms immersed in quantum degenerate gases can be conducted.

I. INTRODUCTION

Ultracold Rydberg molecules, which comprise a Rydberg atom in whose electron cloud are embedded one, or more, ground state atoms weakly bound through scattering of the Rydberg electron, are the subject of increasing interest due to their novel physical and chemical properties [1, 2]. Initial experiments focused on the creation of dimer molecules comprising just one ground-state atom bound to a spherically-symmetric Rb(nS) Rydberg atom [3]. Measurements have since been extended to include a variety of different atomic species and atomic states [4–8], and have demonstrated the formation of molecules containing multiple bound ground-state atoms, i.e., trimers, tetramers, ... [9–11]. More recently, studies of “molecule” formation and loss in Bose-Einstein condensates (BECs) have been reported where the very-high ground-state atom densities (approaching $10^{15}$ atoms cm$^{-3}$) allow the production of Rydberg atoms whose electron orbits can enclose hundreds or even thousands of ground-state atoms [12–15]. This work has demonstrated that such species provide an opportunity to probe the properties of cold dense gases [16, 17], to image the electron wavefunction [18, 19], and to examine many-body phenomena such as the creation of Rydberg polarons in quantum degenerate gases [20]. Such investigations, however, require that the lifetime of the Rydberg molecules be sufficiently long as to allow, for example, interactions to produce measurable effects. Initial studies of the lifetimes of Rydberg atoms excited in a BEC were undertaken using Rb(nS) states created in a rubidium BEC and yielded lifetimes of $\sim 1 - 10\mu$s [12, 13, 21]. The reactions responsible for atomic loss, which involve a collision between the Rydberg core ion and nearest-neighbor ground-state atom, were investigated and identified. More recently the lifetimes of strontium $5\text{ns}(^{3}\text{S}_1)$ Rydberg atoms with $n = 49 - 72$ produced in an $^{84}\text{Sr}$ BEC have been explored [14, 15]. Again lifetimes of $\sim 1 - 10\mu$s were observed.

The collision of a Rydberg atom with a neutral particle in a thermal gas has been intensively studied [22]. The dynamics can be analyzed in terms of three different processes: scattering of the Rydberg electron from the neutral particle, the acceleration of the Rydberg core ion as a result of a collision with the neutral particle, and a three-body collision involving the Rydberg electron and the quasi-molecular ion formed by the Rydberg core and the neutral atom. For ultracold gases the energy exchange resulting from scattering of the Rydberg electron by a ground state atom is very small, and is insufficient to induce a transition from the $5\text{ns}(^{3}\text{S}_1)$ state to another nearby Rydberg level. Similarly, the acceleration of the core ion during a collision with a neutral atom will transfer momentum mostly to the center of mass motion of the Rydberg atom and the transfer to the electronic excitation (i.e., relative motion) is small. When a ground state atom approaches the Rydberg core ion, however, an electric dipole moment is induced in the atom and the corresponding interaction potential is

$$V_{pol}(R) = -\frac{\alpha}{2R^4},$$

(1)

where $\alpha$ is the polarizability of the ground-state atom ($\alpha \approx 186$ a.u. for strontium) and $R$ is the internuclear distance. At low temperatures, the resulting attractive force accelerates the ion-atom pair towards each other resulting in a close collision. (For the present range of $n$ and BEC densities, the separation between the Rydberg core ion and nearest-neighbor ground-state atom is much less than the size of the electron orbit and screening of the core ion charge is small.) Loss of energy by the Rydberg electron during such a close collision can lead to state-changing reactions

$$\text{Sr}(n^3\text{S}_1) + \text{Sr} \rightarrow \text{Sr}(n^L') + \text{Sr}$$

(2)

in which the Rydberg electron transitions to a neighboring lower-lying Rydberg level. The energy released, $\sim 1/n^3$ a.u., is communicated to the quasi-molecular ion-neutral atom pair. Following such an interaction the electron remains bound to the core ion producing a “fast”
Rydberg atom that quickly leaves the BEC. The Rydberg electron may also gain energy during a close collision through de-excitation of the transient Sr$^+_2$ ion, leading to associative ionization

$$\text{Sr}(n^3S_1) + \text{Sr} \rightarrow \text{Sr}^+_2 + e^+$$  \hspace{1cm} (3)

In the present work we extend earlier measurements in strontium to much larger values of $n$, $n \sim 150$, to explore the $n$ and local-density dependences of the Rydberg loss rates. In addition, the present measurements are compared to those reported previously using Rb($nS$) states. Due to the absence of a low-energy $p$-wave electron scattering resonance, the collision dynamics for strontium are easier to analyze and can be described to a good approximation by a single Born-Oppenheimer potential surface. Because reactions (2) and (3) can only occur when the separation between the core ion and nearest-neighbor ground-state atom becomes small compared to the size of the Rydberg atom, their reaction rates can be analyzed using the time required for the Rydberg core ion to collide with the nearest-neighbor ground-state atom as starting point. This collision time can be estimated using the Langevin model for ion-atom collisions. The present observations show that the loss rates are approximately proportional to density. Additionally, the rates associated with associative ionization (reaction 3) scale simply as $\sim 1/n^3$ analogous to the rate predicted for a thermal gas [22]. The loss rates associated with state-changing (reaction 2) display a more complex $n$-dependence. For values of $n \gtrsim 110$, the present measured loss rates agree well with those reported previously for rubidium. At lower values of $n$, however, the loss rates seen for strontium are considerably smaller than those for rubidium highlighting the role played by the low-energy $p$-wave electron scattering resonance in rubidium. Nonetheless, for both species the observed loss rates are sizable and limit the time scales over which measurements involving Rydberg atoms immersed in quantum degenerate gases can be conducted.

II. EXPERIMENTAL METHOD

The present experimental approach has been described in detail previously [23, 24]. Briefly, $^{88}$Sr atoms are first cooled in a “blue” magneto-optical trap (MOT) using the $5s^2 \, ^1S_0 \rightarrow 5s5p \, ^3P_1$ transition at 461 nm following which they are further cooled in a “red” MOT operating on the narrow $5s^2 \, ^1S_0 \rightarrow 5s5p \, ^3P_1$ intercombination line at 689 nm. The atoms are then loaded into an optical dipole trap (ODT) formed by two crossed 1.06 $\mu$m laser beams where they are subject to evaporative cooling to create a BEC. The peak trap densities are determined from measurements of the total atom number and trap oscillation frequencies. Typically $\sim 2 \times 8 \times 10^5$ atoms are trapped with peak densities of up to $\sim 3 \times 10^{14}$ $\text{cm}^{-3}$. The temperature of the atoms is estimated to be $\sim 120$ nK and the condensate fraction is $\gtrsim 95%$. Stray fields in the ODT are minimized by the application of small offset potentials to a series of electrodes that surround the ODT which allows excitation of well-defined Rydberg states with values of $n \lesssim 150$.

Rydberg atoms are created by two-photon excitation via the $5s5p \, ^3P_1$ intermediate state. The 689-nm laser for the first step is tuned 80 MHz to the blue of the intermediate state to reduce single-photon scattering. The 319-nm laser required for the second step is tuned to the Rydberg state of interest. Both excitation lasers are stabilized to the same high-finesse optical cavity. The detuning, $\Delta E$, of the laser from the unperturbed atomic state determines the local density, $\rho$, in which a Rydberg atom is excited. For large ground-state atom densities, $\Delta E$ and $\rho$ are approximately related by the mean field expression

$$\Delta E = \frac{2\pi\hbar^2}{m_e-a_{s_{eff}}} \rho$$  \hspace{1cm} (4)

where $m_e$ is the electron mass and $a_{s_{eff}} \sim -11a_0$ is the effective s-wave scattering length which reflects the average of the interactions over the Rydberg wave function. The value of $a_{s_{eff}}$ is $n$ dependent but varies by $\lesssim 10\%$ for the present range of $n$ [25]. The excitation lasers cross at right angles and have circular and linear polarizations, respectively, leading to creation of $5s^3 \, ^3S_1$ states with magnetic quantum number $M_f = 1$. The excitation lasers are chopped to form a periodic train of optical pulses, each of $\sim 2\mu$s duration, with a pulse repetition frequency of $\sim 4$ kHz. The ODT is turned off during excitation to eliminate ac Stark shifts. The number of Rydberg atoms created during a single pulse is limited to $\lesssim 0.2$ to eliminate any possibility of effects due to blockade.

Following excitation the number and excited-state distribution of the surviving Rydberg atoms is measured as a function of the delay time, $t_p$, from the end of the laser pulse using selective field ionization (SFI) [15, 26, 27] for which purpose the atoms are subject to a time-dependent electric field of the form $E(t) = E_p(1-e^{-t/\tau})$ with a time constant $\tau \sim 6\mu$s. Ionization, however, typically begins $\sim 1\mu$s from the start of the field ramp. Electrons produced by SFI are directed to a microchannel plate (MCP) detector whose output pulses are fed to a multichannel scaler (MCS). The electric field at which ionization occurs is determined from the electron arrival time at the MCP and the time dependence of the applied electric field. Data are accumulated following many laser pulses to build up good statistics. Approximately $4 \times 10^5$ experimental cycles can be performed using a single BEC sample.

Figure 1 shows SFI spectra recorded at several values of delay time using $n = 55$ Rydberg atoms and a local atom density $\rho \sim 8 \times 10^{13}$ $\text{cm}^{-3}$. The field at which a particular Rydberg state ionizes depends on $n$, $|M_L|$, and the slew rate of the applied field. The relatively narrow feature of low fields at the shortest delay time results primarily from ionization of parent $M_f = 1$.
(\(M_L = 0\)) Rydberg atoms along a mostly adiabatic path involving a multitude of avoided crossings \([14]\) leading to ionization across the Stark saddle with a threshold given by \(\sim 1/16(n - \delta)^4\) a.u., where \(\delta = 3.371\) is the quantum defect, and corresponds to a field of \(\sim 45\) V cm\(^{-1}\). With increasing time delay \(t_D\), the total SFI signal decreases and the form of the SFI spectrum changes dramatically. The ionization signal at the lower fields decreases substantially, this being accompanied by the growth of a signal that encompasses a range of higher field strengths that correspond to ionization of higher \(|M_L|\) states along principally diabatic paths \([14]\) that resemble the ionization paths of the most red shifted hydrogen Stark states and for which the threshold is given by \(\sim 1/9(n - \delta)^4\), i.e., \(\sim 80\) V cm\(^{-1}\). In practice, for each value of \(n\), the size of the peak applied field \(E_p\) was varied \((\sim n^{-4})\) such that the adiabatic and diabatic ionization signals arrived at the same relative times during the ramp and were similarly well resolved. Earlier work suggests that for \(n \approx 60\) and electric field slew rate of 43 V/cm/\(\mu\)s, states with \(|M_L| \leq 3\) tend to ionize along principally adiabatic paths, whereas states with larger values of \(|M_L|\) tend to ionize along predominantly diabatic paths \([15]\). As \(n\) increases, however, the low \(|M_L|\) states follow increasingly non-adiabatic paths to ionization. Nevertheless, the SFI spectra recorded at the other values of \(n\) studied in this work exhibit similar characteristics to those seen in Fig. 1. In general, as the delay time increases the total surviving Rydberg population decreases and there is an evolution towards states of higher \(|M_L|\), i.e., higher \(L\).

### III. Rate Equation for the Ionization Dynamics

In a BEC two processes primarily contribute to the loss of parent Rydberg atoms: associative ionization and Rydberg state-changing transitions (henceforth simply referred to as \(L\)-changing reactions) both of which require energy exchange in an interaction between the (transient) Sr\(^2\) ion formed by the collision of the core ion and nearest-neighbor ground-state atom and the Rydberg electron. To extract information on the dynamics of associative ionization and \(L\)-changing from the measured SFI signals, the time evolution of the Rydberg atom population is approximated using the rate equations

\[
\frac{dN_p}{dt} = -(\Gamma_{AI} + \Gamma_L + \Gamma_R)N_p
\]

\[
\frac{dN_L}{dt} = \Gamma_L N_p - \Gamma_R N_L
\]

where \(N_p\) is the number of parent Rydberg atoms and \(N_L\) is the number of \(L\)-changed Rydberg atoms. \(\Gamma_{AI}\) is the rate for associative ionization, \(\Gamma_L\) is the rate for \(L\)-changing collisions, and \(\Gamma_R\) is the average radiative decay rate which includes the effects of interactions with background blackbody radiation. For simplicity, it is assumed that the radiative decay rates for Rydberg atoms are independent of \(L\). Measurements of the decay rates for Rydberg atoms created in (low-density) thermal samples and (as will be demonstrated) for \(L\)-changed atoms created in a BEC yield similar rates \(\Gamma_R \sim 5 \times 10^{-4} \text{ s}^{-1}\) which are much smaller than the decay rates associated with associative ionization or \(L\)-changing, i.e., \(\Gamma_R \ll \Gamma_{AI}, \Gamma_L\). Analytic solution of the rate equations [Eq. (5)] with the boundary condition \(N_p(t = 0) = N_0\) and \(N_L(t = 0) = 0\) yields

\[
N_p = N_0 e^{-(\Gamma_{AI} + \Gamma_L + \Gamma_R)t}
\]

\[
N_L = N_0 \frac{\Gamma_L}{\Gamma_{AI} + \Gamma_L} e^{-\Gamma_R t}[1 - e^{-(\Gamma_{AI} + \Gamma_L)t}].
\]

Although the \(L\)-changed atoms quickly exit the BEC, they remain sufficiently close to the BEC during an experimental cycle that they are still detected, whereupon \(L\)-changing does not effectively contribute to the loss of total SFI signal. The values of \(\Gamma_{AI}\) and \(\Gamma_L\) can be obtained by fitting the measured total SFI signals, shown in Fig. 2, to the analytical solution \(N_p(t) + N_L(t)\).

In the present work we adopt a different approach with the goal to disentangle in more detail the two rates, \(\Gamma_{AI}\) and \(\Gamma_L\). As illustrated in Fig. 1 the SFI spectra are divided into two regions of interest: the SFI signal appearing at low electric fields, i.e., in region A, and at higher electric fields, i.e., in region B. For each value of \(n\), the boundary between these regions is taken to be the threshold for diabatic ionization, \(1/(9(n - \delta)^4)\). Ionization in region A results primarily from ionization of the parent Rydberg atoms plus a contribution from the low-\(|M_L|\) \(L\)-changed collision products. Region B contains...
FIG. 2. Measured time evolution of the total SFI signal as a function of delay time $t_D$ for the values of $n$ indicated. The figure also includes the separate evolutions of the SFI signals in regions A and B. The lines show fits to the data obtained using Eqs. (5)-(8). The local atom density $\rho$ is $8 \times 10^{13}$ cm$^{-3}$.

FIG. 3. Measured total loss rates, $\Gamma_{total} = \Gamma_{AI} + \Gamma_{L} + \Gamma_{R}$, for the values of $n$ indicated as a function of the number of ground-state atoms within the Rydberg electron cloud.

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IV. RESULTS AND DISCUSSION

Figure 3 shows the measured total decay rates ($\Gamma_{total} = \Gamma_{L} + \Gamma_{AI} + \Gamma_{R}$) for several values of $n$ expressed as a function of the total number of ground state atoms contained within the Rydberg electron cloud, given by $4\pi r^3\rho/3$, where $\rho$ is the local density and $r \sim 2n^2a_0$. Two features of the data are immediately apparent. Firstly, for a given number of atoms within the electron orbit the total de-
cay rate decreases with increasing $n$. For example, with about 1500 ground state atoms residing within the Rydberg electron cloud, the total decay rate for $n = 110$ is a factor of 3 to 4 times larger than for $n = 130$. Secondly, for a given value of $n$, the loss rate increases steadily as the number of ground-state atoms in the electron cloud increases. This is further illustrated in Fig. 4 which displays measured total loss rates as a function of laser detuning, which is directly proportional to $\rho$ (Eq. 1), for several values of $n$. As seen in Fig. 3, the measured loss rates for each value of $n$ scale linearly with $\rho$.

In the following we analyze the rates for associative ionization and $L$-changing separately. When the initial separation, $R_i$, between the Rydberg core ion and nearest-neighbor ground state atom is substantially smaller than the size of the electron orbit, their interaction is governed by the polarization potential $V_{pol}(R)$ (Eq. 4). For a ground state atom with energy near the dissociation threshold, the collision time can be estimated [14] [15] as

$$t_{col} \simeq \frac{1}{3} \sqrt{\frac{\mu}{\alpha}} R_i^3$$  

where $\mu$ is the reduced mass of the collision pair. If only the pair interaction between the core ion and neighboring ground-state atom is considered, $\mu = M/2$ where $M$ is the $^84$Sr mass. However, when many ground-state atoms are bound to the core ion in the molecular potential the effective reduced mass might be somewhat larger. An average collision rate for a binary ion-core-ground state atom collision can be estimated by considering a uniform distribution of ground state atoms as

$$\langle \Delta t_{col} \rangle^{-1} \simeq 4\pi \rho \sqrt{\frac{\alpha}{\mu}}.$$  

$\langle \Delta t_{col} \rangle$ is equivalent to the average time required for a collision with the nearest neighbor and, assuming $\mu = M/2$, is estimated to be $\sim 3.2$ $\mu$s for $\rho = 8 \times 10^{13}$ cm$^{-3}$. This corresponds to a collision rate of $\langle \Delta t_{col} \rangle^{-1} \simeq 3.1 \times 10^7$ s$^{-1}$. This rate should provide an upper bound to the reaction rate governing the decay of Rydberg atoms. Indeed, this rate is close to the observed total decay rate $\Gamma_{total}$ for $n = 49$ at this density (Fig. 5). For the higher values of $n$, the measured reaction rates are, however, much smaller than this binary collision rate. In addition, as seen in Fig. 2, reactions occur on time scales much longer than $\langle \Delta t_{col} \rangle$. Taken together, these observations suggest that multiple core ion-ground state atom collisions may be required before reaction occurs, the overall reaction rate being given by the product of the collision rate and the probability that each collision will result in a reaction. (Multiple collisions are possible because, following their initial collision, ion-atom pairs that do not react remain bound and can undergo further periodic collisions. In addition, at late times collisions involving next-to-nearest-neighbor and even more distant ground-state atoms begin to occur.)

Extracting the probability that a single ion-atom collision will lead to reaction from the measured loss rates is challenging because the collision rate for a bound ion-atom pair depends on how strongly they are bound in the potential $V_{pol}(R)$ (Eq. 1), which depends on the many-body environment of nearby ground state atoms. For example, the binding energy of a given pair may change because scattering of the core ion during an ion-atom collision can lead to the loss of bound ground-state atoms from the initial Rydberg “molecule” as a result of which the ion-atom pair will become more strongly bound and their collision frequency will increase. The sum of the binding energies of all the ground-state atoms equals the laser detuning $\Delta E$, which is proportional to $\rho$ (see Eq. 1). As an example, if it is assumed that the binding energy of an ion-atom pair is increased by this amount, estimates show that, for a detuning $\Delta E = -5.6$ MHz, i.e., a density $\rho = 8 \times 10^{13}$ cm$^{-3}$, the collision frequency will approach $\sim 10^7$ s$^{-1}$. This value is much higher than the measured loss rates suggesting that the probability of reaction during an ion-atom collision can become rather small.

Since the binary collision rate (Eq. 10) is determined by the density, or equivalently, laser detuning, it is independent of $n$. However, as is evident from Fig. 4, the total loss rates $\Gamma_{total}$ decrease steadily with increasing $n$ which must therefore be attributed to a decrease in the reaction probabilities during ion-atom collisions. The measured loss rates $\Gamma_{AI}$ and $\Gamma_L$ both increase linearly with the local density, $\rho$. Therefore the reaction probabilities can be separated from the density-dependent collision rate (Eq. 10) by analyzing the slopes, $d\Gamma/d\rho$, which are shown in Fig. 3.

We first consider associative ionization which requires the autoionization of the Rydberg electron through an energy exchange with the valence electron of the transient $\text{Sr}_2^+$ ion. Since the electron-electron scattering probability is approximately proportional to the overlap of the electron wavefunctions, it is reasonable to expect that the associated reaction probability will scale with the local Rydberg electron probability density near the valence electron which decreases rapidly with increasing $n$, scaling as $1/(n - \delta)^3$. (The autoionization rate for thermal collisions between a Rydberg atom and a ground state atom is known to scale as $1/(n - \delta)^3$ [22].) As seen in Fig. 5, the measured values of $d\Gamma_{AI}/d\rho$ do indeed decrease rapidly with increasing $n$ scaling as $\sim 1/n^3$, consistent with this picture. (For values of $n \gtrsim 110$, $\Gamma_{AI}$ and $d\Gamma_{AI}/d\rho$ become too small to be reliably measured.)

In $L$-changing reactions the Rydberg electron exchanges energy not with the valence electron of the transient $\text{Sr}_2^+$ ion but with its vibrational motions. Whereas energy exchange can be caused by acceleration of the ion core, a momentum transfer $\Delta p$ to the ion core will accelerate the Rydberg electron with respect to the ion core by $(m_e/M)\Delta p$, resulting in only very small energy transfer to the Rydberg electron. This suggests that the major contribution to energy exchange most likely results
Asso. ionization

The transition probability from a given electronic dipole moment $\vec{D}$ electronic dipole moment $\vec{D}$ line is a fit to the results for $L$-changing (see text). The dashed line is a fit to the results for $L$-changing in this regime.

If $L$-changing results from dipole interactions it should, starting from parent $S$-states, preferentially populate low-$L$ states. As is evident from Fig. 2 for $n = 49$ a sizable fraction, $\sim 40\%$, of the product $L$-changed atoms are in low-$|M_L|$ states, i.e., in region A. This is considerably larger than expected for a statistical distribution of $n = 49$ states for which fewer than $14\%$ of atoms are in states with $|M_L| \leq 3$. The data therefore point to the preferential population of low-$|M_L|$, and hence low-$L$, states. As $n$ increases the fraction of $L$-changed atoms that ionize in region A decreases but again the data suggest that low-$L$ states are preferentially populated. For example, at $n=100$, $\sim 17\%$ of the $L$-changed atoms ionize in region A whereas this number should be $\sim 9\%$ for a statistical mix of states.

It is interesting to compare the present results with those reported previously using Rb(nS) states $[^{12}]$. Figure 6 compares the present measured lifetimes, i.e., $1/(\Gamma_{AI} + \Gamma_L + \Gamma_R)$, with those obtained in the earlier rubidium experiments. The lifetime, $\tau$, of the rubidium states was obtained using the expression

$$\frac{1}{\tau} = \frac{1}{\tau_{Rb^+_2}} + \frac{1}{\tau_L} \tag{11}$$

where $\tau_{Rb^+_2}$ is the $Rb^+_2$ formation time and $\tau_L$ the $L$-changing collision time (see ref $[^{12}]$). For large values of $n$, $n \gtrsim 110$, the lifetimes measured in the present work are very similar to those seen in rubidium. However, for values of $n \lesssim 110$ the lifetimes become markedly different. In particular, in the case of rubidium there is a

![Graphs showing decay rate and associative ionization data.](image1)

**FIG. 4.** Measured total loss rates $\Gamma_{total}$, loss rates for associative ionization ($\Gamma_{AI}$), and rates for $L$-changing ($\Gamma_L$) as a function of local atom density $\rho$ for the representative values of $n$ indicated. The lines show linear fits to the data. Loss rates calculated using Eq. 10 (—) are also included.

![Graph showing $n$ dependence of slopes $d\Gamma_{AI}/d\rho$ and $d\Gamma_L/d\rho$.](image2)

**FIG. 5.** Measured $n$ dependence of the slopes $d\Gamma_{AI}/d\rho$ and $d\Gamma_L/d\rho$ (see text). The dashed line is a fit to the results for associative ionization and scales as $1/n^1.0$. The dash-dotted line is a fit to the $L$-changing data at high $n$ and scales as $1/n^{2.5}$. The dotted line is drawn as a guide to the eye.

from the interaction of the Rydberg electron with the electronic dipole moment $\vec{D}(r)$ of the Sr$^{2+}$ molecular ion. The transition probability from a given $n$ level to an adjacent $n$ level induced by the electron-dipole interaction is estimated to scale as $\sim 1/n^2$ $[^{22}]$ when contributions from all initial $L$ and $M$ levels are considered. At high $n$, $d\Gamma_L/d\rho$ is seen to scale as $\sim 1/n^{2.5}$ (see Fig. 5) which is close to this predicted scaling, the discrepancy possibly resulting because here we only consider $L$-changing from an initial $S$-state. At the lower values of $n$, however,
FIG. 6. Comparison of the atomic lifetimes, $\tau = 1/(\Gamma_{A I} + \Gamma_L + \Gamma_R)$ measured in the present work with those reported previously for Rb(nS) molecules (see text) for varying local atomic densities as indicated. The inset provides a schematic of the potential energy landscape for Rb(90S) and includes the “butterfly” state associated with the p-wave shape resonance in electron scattering from rubidium. Possible behaviors at the resulting avoided crossings are also indicated (adapted from ref [12]).

pronounced drop in the lifetime between $n = 110$ and $n = 90$ followed by a slower decrease at lower $n$. No similar sudden drop is seen in strontium.

The short lifetimes seen for $n \lesssim 90$ in rubidium were attributed to the p-wave shape resonance at $\sim 0.03$ eV present in electron-rubidium scattering which significantly affects the potential energy landscape leading to the appearance of the so-called “butterfly” state. As illustrated by the Born-Oppenheimer potential surfaces shown in the inset in Fig. 6, this results in a series of avoided crossings as the separation between the ground-state atom and core ion decreases. Calculations suggest that there is a sizable probability that upon approach a parent nS state will transition to the “butterfly” state which accelerates the core ion and neutral atom towards each other, enhancing the collision rates. Since strontium does not possess such a p-wave resonance, the observed longer lifetime of Sr Rydberg states supports the claim that this scattering feature plays an important role in determining the rubidium lifetime. The similar lifetimes observed at high $n$ in rubidium and strontium suggest that the butterfly potential is not significantly influencing the loss in this regime in rubidium. Furthermore, long lifetimes imply that multiple binary ion-atom collisions are required before reaction occurs.

V. CONCLUSIONS

The present study demonstrates that strontium Rydberg atoms created in a dense BEC undergo rapid associative ionization and $L$-changing processes that are initiated by the attractive ion-induced dipole interaction between the “bare” Rydberg core ion and nearest-neighbor ground-state atom which leads to their collision. Both mechanisms require the presence of the Rydberg electron during the collision to facilitate energy exchange. The destruction rate due to associative ionization decreases rapidly with increasing $n$, scaling as $\sim 1/n^{3.0}$ which matches the $n$-dependent decrease in the electron probability density near the ion-ground state atom collision pair. The $L$-changing rate displays a more complex behavior. The $1/n^{2.5}$ scaling at high $n$ and the approximate $n$-independence at the lower quantum numbers suggest that the internuclear separation at which the $L$-changing events occur and the energy released during such processes both play non-trivial roles in determining the rate.

In future studies it will be of considerable interest to test the hypothesis that the loss rate is limited by the electron probability density near the core ion by undertaking measurements starting from high-$L$ Rydberg states for which this probability is greatly reduced. It will also be of interest to examine the properties of Rydberg atoms excited in dense spin-polarized $^{87}$Sr samples.
for which fermion statistics limit the likelihood of finding two ground-state atoms in close proximity which should again delay collisions and result in longer molecular lifetimes.

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