Dummy atoms in alchemical free energy calculations

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1 Dummy atom contributions to the partition function

We first sketch the derivations leading to the starting point of the theoretical considerations of the main manuscript (Sect. 1.1). In addition (Sect. 1.2), we exemplify the effect of redundant bonded terms for a two-dimensional example.

1.1 General considerations

Since we are concerned with classical mechanical systems, the contribution of the kinetic energy to the partition function can always be separated, and its contribution to double free energy differences cancels. We start by exploring under what conditions the configurational partition function $Z$ of a molecule to which dummy atoms are attached, e.g., solutes $L^1$ and $L^2$ in Fig. 1(b) of the main manuscript, can be written as the product $Z(L^D) = Z(L) \times Z(D)$. $L$ denotes the physical molecule and the superscript $D$ indicates the presence of dummy atoms. Clearly, if the partition function can be written as a product, any dummy atom contribution cancels from the relative free energy differences of interest (cf. Fig. 1 of the main manuscript). If, on the other hand, there is no such separability of the partition function, or, in other words, if there is coupling between the energy terms of the physical system and the (bonded) energy terms involving dummy atoms, the equilibrium geometry as well as the dynamics of the physical atoms may be different in the presence and absence of dummy atoms. The physical atoms interact with the remainder of the system (water, protein etc.); these interactions depend on the (average) geometry of these atoms, as well as their dynamics. In the context of a thermodynamic cycle, these interactions take place in two different environments, e.g., gas phase and aqueous solution (calculation of relative solvation free energies), or in aqueous solution and in the protein (relative binding free energy calculations). Thus, in the presence of coupling, the identity $\Delta A_2 - \Delta A_1 \neq \Delta A'_2 - \Delta A'_1$ (cf. Fig. 1 of the main manuscript) may not hold.

We start with the potential energy function of some molecule $L^D$ in which one or more
dummy atoms are present. Depending on the application our molecule could be in gas phase, aqueous solution or bound to a protein, we will refer to this as environment (E). The potential energy function can be schematically written as

\[ U_{LD} = U_{LE}(r_L, r_E) + U_D(b_{LD}(r_L, r_D), b_D(r_D)) \]  \hspace{1cm} (1)

In Eq. 1 the term \( U_{LE} \) encompasses all bonded and non-bonded interactions within the physical molecule and the non-bonded interactions between L and E. The second term \( U_D \) comprises all interactions in which dummy atoms participate. By employing the notation \( b_{LD}(r_L, r_D) \) and \( b_D(r_D) \), we emphasize that dummy atoms interact only through bonded terms. Since \( r_L \) appears in both terms on the right hand side, no separation of the configurational partition function is possible in Cartesian coordinates.

The desired factorization can be accomplished by a partial change of variables from Cartesian to suitable internal coordinates \( \{b_{LD}', b_D'\} \). Adapting steps outlined, e.g., in Refs. 1–4, we obtain

\[ Z = \int d r_E d r_L \exp(-\beta U_{LE}(r_L, r_E)) \int d b_{LD}' d b_D' |\hat{J}_{LD,D}(b_{LD}', b_D')| \exp(-\beta U_D(b_{LD}', b_D')) \]  \hspace{1cm} (2)

Here \( |\hat{J}_{LD,D}(b_{LD}', b_D')| \) is the Jacobian resulting from the coordinate transformation. It is independent of \( r_E \) and \( r_L \) because of the choice of \( \{b_{LD}', b_D'\} \) defining the position of the dummy atoms relative to the coordinates of the physical atoms. Eq. 2 has the desired form

\[ Z = Z_{LE}(r_L, r_E) \times Z_D(b_{LD}', b_D') \]  \hspace{1cm} (3)

However, the factorization of Eq. 2 into a term for the physical system and a term comprising the dummy atom contributions depends on several prerequisites. In general, the steps leading to Eq. 2 assume that one uses exactly three internal degrees of freedom and associated force field terms per (dummy) atom;\textsuperscript{1–4} Herschbach, Johnston and Rapp refer to
these as non-redundant degrees of freedom. E.g., given four non-linear, unbranched atoms, for which the Cartesian coordinates of atoms 1–3 are known, the position of atom 4 can be specified in terms of the bond distance $d_{43}$, the angle $\theta_{432}$ and the dihedral angle $\varphi_{4321}$. Any additional force field term acting on 4 constitutes a redundant degree of freedom. As already mentioned, in modern force fields an energy term is assigned to each valence and dihedral angle formed by the covalent bonds; this means that there are usually more than three bonded energy terms acting on an atom. Thus, in most practical cases the three non-redundant internal coordinates $\{b_{LD}', b_D'\}$ employed in the coordinate transformation leading to Eq. 2 are a subset of the bonded energy terms present. Consequently, if widespread practice is followed and the bonded energy terms attaching a dummy atom to a physical atom are the same as in the corresponding native state, then the position and orientation of the dummy atom relative to the physical system depends on (many) more than three degrees of freedom (bonded energy terms).

When investigating how the presence of such redundant terms affects the separability of the partition function, one has to distinguish two cases. Any redundant degrees of freedom (bonded energy terms), which depend only on positions (coordinates) of dummy atoms, are of no concern; their contribution to the partition function can be factored even in Cartesian coordinates. In fact, within large groups of dummy atoms all bonded interactions should be kept to maintain its structural integrity. By contrast, care is required in the “junction region”, i.e., for redundant bonded terms, which involve coordinates of physical atoms as well as dummy atoms. It is these cases we will analyze in the following subsections.

In biomolecular simulations bonds are frequently held rigid by holonomic constraints to increase the integration time-step. As will be shown in the following subsections, complications from non-redundant degrees of freedom result from angle bending or dihedral angle terms, which are not subject to constraints. Therefore, all considerations given below apply regardless whether bonds are flexible or held rigid by SHAKE,\textsuperscript{5} RATTLE\textsuperscript{6} or similar means.
1.2 Analysis of coupling between dummy and physical atoms in 2D space

Keeping non-redundant bonded energy terms in the junction region may be convenient as one does not have to choose exactly three bonded terms, and it may be helpful or even needed to prevent flapping (cf. Sect. 2.2 of the main manuscript). To illustrate how we investigate whether/when doing so affects the separability of the partition function Eq. 3, we discuss here a two-dimensional example. As a model, we consider the alchemical transformation from ethene (ETH) to water, specifically, the water end point with three dummy atoms attached (WAT-D) depicted on the right hand side of Fig. 1. When the transmutation to water is completed, no intramolecular non-bonded interactions are present. Since we assume the molecules to be perfectly planar, the only force field terms needed are the usual quadratic bond stretching and angle bending terms, \( k(x - x_0)^2 = k(\Delta x)^2 \), where \( \Delta x \) denotes the displacement of a bond length \( r \) or an angle \( \theta \) from its equilibrium value.

In 2D there are \( 2N - 3 \) non-redundant intramolecular degrees of freedom, i.e., in our example (six atoms, three physical, three dummy atoms) there are 9 non-redundant degrees of freedom. We start with the potential energy functions of physical water and the dummy

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Figure 1: Schematic representation of the alchemical transformation from ethene (ETH) to water (with dummy atoms, WAT-D). Both endpoints are considered to be planar.
part, respectively,

\[
U_{\text{wat}} = k_{\text{O-H}_1}(\Delta r_{\text{O-H}_1})^2 + k_{\text{O-H}_2}(\Delta r_{\text{O-H}_2})^2
\]
\[
+ k_{\text{H}_1-\text{O-H}_2}(\Delta \theta_{\text{H}_1-\text{O-H}_2})^2
\]
\[
U_{\text{pure dummy}} = k_{\text{D}_2-\text{D}_3}(\Delta r_{\text{D}_2-\text{D}_3})^2 + k_{\text{D}_2-\text{D}_4}(\Delta r_{\text{D}_2-\text{D}_4})^2
\]
\[
+ k_{\text{D}_3-\text{D}_2-\text{D}_4}(\Delta \theta_{\text{D}_3-\text{D}_2-\text{D}_4})^2
\]

(4)

where the subscripts refer to the atom labels of Fig. 1. Having used 6 out of 9 non-redundant intramolecular degrees of freedom, we have available three energy terms to attach the dummy atoms to the physical water part. Specifically, we anchor D$_{\text{C}_2}$ relative to water and O relative to the dummy part. In 2D, in addition to the bond r$_{\text{O-D}_2}$, one angle per side is sufficient; no dihedral angle is needed:

\[
U_{\text{junction}} = k_{\text{O-D}_2}(\Delta r_{\text{O-D}_2})^2 + k_{\text{H}_1-\text{O-D}_2}(\Delta \theta_{\text{H}_1-\text{O-D}_2})^2 + k_{\text{O-D}_2-\text{D}_3}(\Delta \theta_{\text{O-D}_2-\text{D}_3})^2
\]

(5)

Thus, using Eqs. 4 and 5 the full energy function for the WAT-D endpoint is

\[
U_{\text{WAT-D}} = U_{\text{wat}} + U_{\text{junction}} + U_{\text{pure dummy}}
\]

(6)

To illustrate the steps leading to Eq. 2 in the general treatment, we use Eq. 6 and explicitly write the partition function for the WAT-D end state

\[
Z_{\text{WAT-D}} = \left[ \int d\mathbf{r}_\text{O} d\mathbf{r}_\text{H}_1 d\mathbf{r}_\text{H}_2 \exp(-\beta U_{\text{wat}}) \right] \times
\]
\[
\left[ \int_0^\infty d\mathbf{r}_\text{D}_2-d\mathbf{r}_\text{D}_3 \int_0^{2\pi} d\theta_{\text{H}_1-\text{O-D}_2} \int_0^\infty d\mathbf{r}_\text{D}_2-d\mathbf{r}_\text{D}_3 \int_0^{2\pi} d\theta_{\text{D}_3-\text{D}_2-\text{D}_4} \right. \]
\[
\left. \times \int_0^\infty d\mathbf{r}_\text{D}_2-d\mathbf{r}_\text{D}_3 \int_0^{2\pi} d\theta_{\text{D}_3-\text{D}_2-\text{D}_4} \exp(-\beta U_{\text{dummy}}) \right]
\]
\[
= Z_{\text{wat}} \times Z_{\text{dummy}}
\]

(7)
where the square brackets indicated the two multiplicative factors. Cartesian coordinates are kept for the physical system (water), but for the dummy part of WAT-D we transform to the internal coordinates present in the bonded energy terms of Eq. 6. The Jacobian factors $r_{A-B}$ resulting from the transformation from Cartesian to planar polar coordinates positioning atom B relative to atom A are written explicitly; one sees that they do not depend on degrees of freedom of the physical water molecules.

At the corresponding ETH endpoint, two additional angle bending terms, $k_{\text{H}_2\text{-O}-\text{D}_2}(\Delta \theta_{\text{H}_2\text{-O}-\text{D}_2})^2$ and $k_{\text{D}_4\text{-C}_2\text{-O}}(\Delta \theta_{\text{D}_4\text{-C}_2\text{-O}})^2$, are present. We now investigate the effect of including either of these redundant terms on the separability of the partition function at the WAT-D endpoint. Let us start with the angle term in $\theta_{\text{D}_4\text{-C}_2\text{-O}}$. In the general notation of Eq. 2, it is not part of the non-redundant degrees of freedom $\{b'_{\text{LD}}, b'_D\}$, i.e., it is not one of the integration variables in the configurational integral Eq. 7. Therefore, we need to express it in terms of the non-redundant internal coordinates chosen earlier, $r_{\text{O}-\text{D}_2}$, $\theta_{\text{H}_1\text{-O}-\text{D}_2}$, $\theta_{\text{D}_3\text{-D}_2\text{-O}}$, $r_{\text{D}_2\text{-D}_3}$, $r_{\text{D}_2\text{-D}_4}$ and $\theta_{\text{D}_3\text{-D}_2\text{-D}_4}$. Adding a redundant degree of freedom is equivalent to introducing a geometrical constraint, which in this specific case is given by

$$\theta_{\text{D}_3\text{-D}_2\text{-D}_4} + \theta_{\text{D}_3\text{-D}_2\text{-O}} + \theta_{\text{D}_4\text{-D}_2\text{-O}} = 2\pi. \quad (8)$$

Adding $k_{\text{D}_4\text{-C}_2\text{-O}}(\Delta \theta_{\text{D}_4\text{-C}_2\text{-O}})^2$ to $U_{\text{WAT-D}}$ (Eq. 6) and utilizing Eq. 8, we obtain for the potential energy function of WAT-D

$$U_{\text{wat}} + U_{\text{dummy}} + k_{\text{D}_4\text{-C}_2\text{-O}}(\Delta \theta_{\text{D}_4\text{-C}_2\text{-O}})^2 =$$

$$U_{\text{wat}} + U_{\text{dummy}} + k_{\text{D}_4\text{-C}_2\text{-O}} \left[ (2\pi - \theta_{\text{D}_3\text{-D}_2\text{-D}_4} - \theta_{\text{D}_3\text{-D}_2\text{-O}})^2 - \theta_{\text{D}_3\text{-D}_2\text{-D}_4\text{-D}_2\text{-O}}^0 \right]^2 \quad (9)$$

On the right hand side of Eq. 9 the redundant energy term has been expressed in terms of non-redundant degrees of freedom. The superscript 0 indicates the equilibrium value of the additional force-field term. Its instantaneous value depends on $\theta_{\text{D}_3\text{-D}_2\text{-D}_4}$ and
\(\theta_{D_2H_3-DC_2-O}\), all of which are internal coordinates with respect to dummy atoms. Thus, no coupling with the physical degrees of freedom (water) is introduced and the partition function of the WAT-D endpoint following from Eq. 9 remains separable. While the additional \(k_{D_2H_4-DC_2-O}(\Delta \theta_{D_2H_4-DC_2-O})^2\) term will affect single free energy differences, it will cancel exactly from double free energy differences between two environments and can safely be included as a force-field term to keep the dummy atoms attached to the physical system. An important observation here is that this can be deduced directly from the constraint equation Eq. 8, which does not contain any terms involving degrees of freedom of the physical molecule. Explicitly writing expressions for the potential energy function, such as Eq. 9 above, is not needed, which simplifies analyses considerably.

Let us repeat the above steps for the second redundant degree of freedom, the \(\theta_{H_2-O-DC_2}\) angle, one would potentially like to keep. In this case, the relevant geometrical constraint reads

\[
\theta_{H_1-O-H_2} + \theta_{H_1-O-DC_2} + \theta_{H_2-O-DC_2} = 2\pi.
\]

Eq. 10 involves \(\theta_{H_1-O-H_2}\) (emphasized in boldface), an internal coordinate of the physical water molecule. While one can express the redundant energy term \(k_{H_2-O-DC_2}(\Delta \theta_{H_2-O-DC_2})^2\) in terms of the non-redundant degrees of freedom used in Eqs. 4 and 5, in analogy to the steps leading to Eq. 9, the resulting configurational integral is not separable anymore; in other words, the desired factorization Eq. 3 is no longer possible. This can be deduced immediately from the simultaneous presence of physical and dummy degrees of freedom in the constraint Eq. 10.

To summarize, the addition of an energy term in a redundant internal degree of freedom introduces a geometric constraint. If the constraint involves only internal degrees of freedom pertaining to one or more dummy atoms, then the physical part of the system is not affected, and any contribution, which the additional force field term makes to the partition function, cancels from double free energy differences. If, on the other hand the constraint couples the redundant degree of freedom with one or more physical degrees of freedom, then the physical
system is affected and the partition function cannot be factorized.

2 Details concerning coupled three angles

2.1 Additional theoretical details

We outlined in the main manuscript (“Coupled three angles” in Sect. 2.1.2) that unintended coupling between degrees of freedom of dummy atoms and physical atoms arises when there are three atoms bound to a central atom, and one of these is transformed into a dummy atom. The simplest possible model for this is the alchemical transformation of ammonia to water, cf. Fig. 5 of the main manuscript. We showed that the following constraint applies to the physical bond angle

\[ |\theta_{D-O-H_1} - \theta_{D-O-H_2}| \leq \theta_{H_1-O-H_2} \leq M(\theta_{D-O-H_1}, \theta_{D-O-H_2}) \quad (11) \]

where we use the shorthand

\[ M(\theta_{D-O-H_1}, \theta_{D-O-H_2}) = \min(\theta_{D-O-H_1} + \theta_{D-O-H_2}, 2\pi - \theta_{D-O-H_1} - \theta_{D-O-H_2}) \]

The upper and lower bounds in Eq. 11 both arise in the limiting case of all four atoms being coplanar. The lower bound can be deduced immediately from Figs. 2(d,e) with \( \theta_2 = \theta_{H_1-O-H_2} \) (see 2.2); similarly, the upper bound follows from Figs. 2(b,c) with \( \theta_3 = \theta_{H_1-O-H_2} \) Using the methodology of Herschbach, Johnston and Rapp (see their Table I),\(^1\) the partition function of the water end state with the dummy atom attached can be written as

\[
Z = V 8\pi^2 \int_{0}^{\infty} dr_{D-O} r_{D-O}^2 \int_{0}^{\infty} dr_{O-H_1} r_{O-H_1}^2 \int_{0}^{\pi} d\theta_{D-O-H_1} \sin(\theta_{D-O-H_1}) \int_{0}^{\infty} dr_{O-H_2} r_{O-H_2}^2 \\
\times \int_{0}^{\pi} d\theta_{D-O-H_2} \int_{M(\theta_{D-O-H_1}, \theta_{D-O-H_2})}^{\theta_{H_1-O-H_2}} d\theta_{H_1-O-H_2} \sin(\Psi)^{-1} \exp(-U/kT) \quad (12)
\]
with

\[ \sin(\Psi) = \sqrt{1 - \cos(\theta_{\text{D-O-H}_1})^2 - \cos(\theta_{\text{D-O-H}_2})^2 - \cos(\theta_{\text{H}_1-\text{O-H}_2})^2 - 2\cos(\theta_{\text{D-O-H}_1})\cos(\theta_{\text{D-O-H}_2})\cos(\theta_{\text{H}_1-\text{O-H}_2})} \times \frac{\sin(\theta_{\text{H}_1-\text{O-H}_2})^2 \sin(\theta_{\text{D-O-H}_2})^2}{\sin(\theta_{\text{H}_1-\text{O-H}_2})}\].

The potential energy function \( U \) consists of all bonded energy terms present in water with the dummy atom attached to it. Since our integration variables are exactly the internal coordinates of these energy term, which are additive, the potential energy function \( U \) itself in this non-redundant coordinate set is unproblematic. However, the partition function Eq. 12 does not factorize because of the limits of integration and the functional form of the Jacobian factor \( \sin \Psi \), which couples all three angles.

Thus, attaching a dummy atom by a bond and two angles does not lead to a multiplicative contribution to the partition function. Two limiting cases, however, are of special interest. If one attempts to keep all atoms, including the dummy atom, in the same plane, the hard constraint \( \theta_{\text{H}_1-\text{O-H}_2} + \theta_{\text{H}_1-\text{O-D}} + \theta_{\text{H}_2-\text{O-D}} = 2\pi \) applies, and an influence of the dummy atom on the physical water molecule cannot be avoided. In fact, this is the limit case with the strongest coupling. If, on the other hand, one chooses \( \theta_{\text{D-O-H}_1} = \theta_{\text{D-O-H}_2} = \pi/2 \), then the limits of integration reduce to

\[ |\theta_{\text{D-O-H}_1} - \theta_{\text{D-O-H}_2}| = 0 \]
\[ M(\theta_{\text{D-O-H}_1}, \theta_{\text{D-O-H}_2}) = \pi \] (13)

and

\[ \sin(\Psi) = 1 \] (14)

With these simplifications Eq. 12 can be rewritten so that the partition function of the physical water molecule becomes a multiplicative factor, i.e., the desired separability of the partition function is regained. The somewhat surprising conclusion from this analysis is that
whenever one anchors a dummy atom by one bond and two angles with respect to a physical molecule, one should set the equilibrium values of the two angles involving the dummy atom to 90 degrees in order to maintain separability of the partition function (Eq. 3), at least in good approximation since the dummy angles still fluctuate around 90 degrees. As shown next, this choice for the bond angles involving the dummy atom also effectively prevents flapping.

### 2.2 Energy barrier of inversion at a pyramidal center

![Figure 2: Possible paths of pyramidal flapping. (a) Dual junction in ammonia-like sp$^3$ geometry. (b) Symmetric pathway: Y flaps through the midpoint of X$_1$, X$_2$ and D or, equivalently, D crosses the X$_1$-Y-X$_2$ plane following a path distant to X$_1$ and X$_2$. (c) Canonical asymmetric path: D takes the path between X$_1$ and X$_2$ to cross the X$_1$-Y-X$_2$ plane. The dash in $\theta'_3$ indicates that it is chosen as $0 \leq \theta'_3 \leq \pi$, so $\theta_1 + \theta_2 + \theta'_3 \neq 2\pi$. For usual geometries encountered in chemistry, $\theta_1$ and $\theta_2$ are acute angles (in contrast to case (b)), i.e., $0 \leq \theta_1, \theta_2 \leq \pi/2$. If unusual geometries are permitted, one (but only one) of them may be obtuse. (d) Non-canonical asymmetric path I: X$_1$ takes the path between D and X$_2$ to cross the D-Y-X$_2$ plane. (e) Non-canonical asymmetric path II: same as (c) and (d), but X$_2$ takes the path between D and X$_1$ to cross the D-Y-X$_1$ plane.](image-url)
We just showed that attaching a dummy atom through a bond stretching and two bond angle terms to a physical system leads to a three angle constraint (two dummy angles, one physical angle), which potentially influences the physical system. Somewhat unexpectedly, the effect of this constraint can be (mostly) avoided by setting the equilibrium value of the two angle terms involving the dummy atom to 90°. In Sect. 2.2 of the main manuscript we showed that positioning a dummy atom relative to the physical system through a bond stretching and two bond angle terms is prone to flapping, as this choice of internal coordinates leads to two sets of Cartesian coordinates, which are equivalent with respect to their internal coordinates for the dummy atom. In the main manuscript, our example was the alchemical transformation of ammonia to water, with one of the ammonia hydrogens becoming a dummy atom attached to the water oxygen. This dummy atom can be either “above” or “below” the plane formed by the water atoms. When the dummy atom switches between the two possible positions, it has to traverse this plane, i.e., all four atoms are in the same plane, exactly the configuration for which the effect of the three angle constraint is most pronounced.

While the ammonia to water transformation may be considered a fringe case, positioning a dummy atom or group relative to a physical system through one bond and two bond angles is an appealing option. It is, therefore, necessary to understand the pathway of flapping which may arise in this case. Special emphasis has to be paid to the case where the equilibrium angles involving dummy atoms have been set to 90° to mitigate the effect of the three angle constraint. Further, at the ammonia end state, “flapping” is normal since this is the nitrogen inversion occurring for ammonia and amines. Conversely, at the water end state (assuming a flexible water molecule), we would like to keep the dummy atom in a fixed position relative to the water molecule to prevent the planar transition state, which through a three angle constraint would influence the angle bending motion of water.

Fig. 2(a) shows the most general form of attaching a dummy atom D to a branched physical system X₁-Y-X₂. In the ammonia to water transformation, this reduces to H-O-H. This configuration arises in other model transformations considered in the main manuscript.
For the toluene to pyridine transformation one has (see Fig. 9) $D_C \approx D$, $N \approx Y$, $C_1 \approx X_1$ and $C_5 \approx X_2$. Similarly, for acetone to 2-propenol (see Fig. 12), the correspondence is $D_{H_{13}} \approx D$, $C_1 \approx Y$, $C_2 \approx X_1$ and $H_{11} \approx X_2$.

Figs. 2(b)–(e) illustrate the four possible pathways, along which “pyramidal flapping” may occur. All involve a configuration in which the four atoms are coplanar. Fig. 2(b) shows the symmetric path, where D passes through the $X_1$-$Y$-$X_2$ plane while staying at the opposite side of atoms $X_1$ and $X_2$. Alternatively, this path can be viewed as the central atom Y tunneling through the plane formed by $X_1$, $X_2$ and D. This latter view, of course, corresponds to nitrogen inversion. While this is the expected pathway for normal molecular geometries, we have to keep two aspects in mind. First, we are discussing dummy atom dynamics here, which we want to keep in a well defined position with respect to a physical molecule. Second, because we want to mitigate the effect of the associated three angle constraint on the physical system, we also have to consider the unusual case where angles $X_i$-$Y$-$D$ are set to $90^\circ$.

The first possible asymmetric path is illustrated in Fig. 2(c): D crosses the plane $X_1$-$Y$-$X_2$ between $X_1$ and $X_2$. We refer to it as canonical asymmetric, as it is the dummy atom which crosses the plane. The second asymmetric path, shown in Fig. 2(d), is obtained if $X_1$ crosses the D-$Y$-$X_2$ plane between D and $X_2$. In the third asymmetric path (Fig. 2(e)), $X_2$ crosses the D-$Y$-$X_1$ plane between D and $X_1$.

To discriminate between these four potential pathways, we need to calculate the minimum energy of the planar configurations depicted in Figs. 2(b)–(e), which correspond to the respective transition state. The height of the energy barrier a particle has to cross along the four pathways also indicates how likely it is that flapping will occur. We start with the symmetric planar configuration shown in Fig. 2(b) and carry out an energy minimization under the constraint of planarity, i.e., the sum of the three angles has to equal $2\pi$. The only energy terms we need to consider are the three angle bending terms; changes in bond lengths do not affect the angles. Due to non-bonded exclusions, there are neither Lennard-Jones, nor
electrostatic interactions present between the physical atoms X₁, X₂, Y, and obviously none for D. Assuming quadratic potentials, the potential energy term including the Lagrangian multiplier is:

$$\mathcal{L} = \sum_{j=1}^{3}(\theta_j - \theta_j^0)^2k_j - \lambda(\sum_{j=1}^{3}\theta_j - 2\pi)$$

(15)

We want to find the angles $\theta_i$; $\theta_i^0$ and $k_i$ are the equilibrium angles and force constant of the respective force field terms. Taking the derivatives and setting them to zero leads to the following system of equations

$$\frac{\partial \mathcal{L}}{\partial \theta_i} = 2(\theta_i - \theta_i^0)k_i - \lambda = 0 \quad i = 1, 2, 3$$

$$\frac{\partial \mathcal{L}}{\partial \lambda} = \sum_{j=1}^{3}\theta_j - 2\pi = 0,$$

(16)

with solutions

$$\theta_i = \theta_i^0 + \frac{\lambda}{2k_i} \quad i = 1, 2, 3$$

$$2\pi = \sum_{j=1}^{3}\theta_j = \sum_{j=1}^{3}\theta_j^0 + \lambda\frac{\sum_{j<l}k_jk_l}{2\prod_{j=1}^{3}k_j}$$

$$\lambda = \frac{2(2\pi - \sum_{j=1}^{3}\theta_j^0)\prod_{j=1}^{3}k_j}{\sum_{j<l}k_jk_l}$$

$$\theta_i = \theta_i^0 + \frac{(2\pi - \sum_{j=1}^{3}\theta_j^0)\prod_{j=1}^{3}k_j}{k_i\sum_{j<l}k_jk_l}.$$  

(17)

To find the energy of the transition state, we insert the expressions for the three angles into the energy term of the Lagrangian multiplier equation and obtain

$$E = \sum_{j=1}^{3}(\theta_j - \theta_j^0)^2k_j = \sum_j \left(\frac{(2\pi - \sum_{l=1}^{3}\theta_l^0)\prod_{l=1}^{3}k_l}{\sum_{l<m}k_lk_m}\right)^2k_j = \left(\frac{(2\pi - \sum_{l=1}^{3}\theta_l^0)\prod_{l=1}^{3}k_l}{\sum_{l<m}k_lk_m}\right)^2\sum_j \frac{1}{k_j}.$$  

(18)

Next, we turn to the asymmetric cases Figs. 2(c)–(e). Because of our choice of labeling, the same derivation can be applied to all three cases. Here, the Lagrangian multiplier
equation is:

\[ \mathcal{L} = \sum_{j=1}^{3} (\theta_j' - \theta_j^0)^2 k_j - \lambda \left( \sum_{j=1}^{3} \theta_j - 2\pi \right) \]

\[ \theta_i' = \begin{cases} \theta_i, & \text{for } 0 \leq \theta_i \leq \pi \\ 2\pi - \theta_i, & \text{for } \pi < \theta_i < 2\pi \end{cases} \] (19)

Because of the energy function for angle bending terms, we need to introduce the auxiliary variables \( \theta_i' \). Specifically, the instantaneous value of an angle in an angle bending energy term is expected to be in the range \( 0 \leq \theta_i \leq \pi \). However, to define the constraint for the coplanar configuration of interest, we also need to allow for angles \( \pi < \theta_i < 2\pi \). To proceed, we assume that

\[ 0 \leq \theta_{1,2} \leq \pi \]
\[ \pi < \theta_3 < 2\pi \] (20)

Importantly, \( \theta_3 \) is always the angle formed by the two atoms (plus central atom Y), between which the respective third atom crosses the plane (\( \theta_3' \) is its complement to \( 2\pi \)). E.g., in Fig. 2(c), \( \theta_3 \) describes the angle formed by atoms \( X_1 \) and \( X_2 \) (with Y as center), and atom D crosses the \( X_1\)-Y-\( X_2 \) plane between them. In Fig. 2(d), \( X_1 \) crosses the D-Y-\( X_2 \) plane between atoms D and \( X_2 \) etc. Using this notation, the system of equations to solve is:

\[ \frac{\partial \mathcal{L}}{\partial \theta_i'} = 2(\theta_i' - \theta_i^0) k_i - \lambda = 0 \quad \text{for } i = 1, 2 \]

\[ \frac{\partial \mathcal{L}}{\partial \theta_3'} = 2(\theta_3' - \theta_3^0) k_3 + \lambda = 0 \]

\[ \frac{\partial \mathcal{L}}{\partial \lambda} = \sum_{j=1}^{3} \theta_j - 2\pi = 0, \] (21)
which leads to

\[
\begin{align*}
\theta_i' &= \theta_i^0 + \frac{\lambda}{2k_i} \quad \theta_i' = \theta_i' \\
\theta_3' &= \theta_3^0 - \frac{\lambda}{2k_3} \quad \theta_3 = 2\pi - \theta_3' = 2\pi - \theta_3^0 + \frac{\lambda}{2k_3} \\
2\pi &= \sum_{j=1}^{3} \theta_j = 2\pi + \theta_1^0 + \theta_2^0 - \theta_3^0 + \frac{\lambda}{2} \sum_{j<l} k_jk_l \\
\lambda &= \frac{2(\theta_3^0 - \theta_2^0 - \theta_1^0) \prod_{j=1}^{3} k_j}{\sum_{j<l} k_jk_l} \\
\theta_i' &= \theta_i^0 + \frac{(\theta_3^0 - \theta_2^0 - \theta_1^0) \prod_{j=1}^{3} k_j}{k_i \sum_{j<l} k_jk_l} \quad i = 1, 2 \\
\theta_3' &= \theta_3^0 - \frac{(\theta_3^0 - \theta_2^0 - \theta_1^0) \prod_{j=1}^{3} k_j}{k_3 \sum_{j<l} k_jk_l}. 
\end{align*}
\]

(22)

(23)

(24)

Having found the \( \theta' \), we can insert them in the energy function of the Lagrangian multiplier equation and obtain

\[
E = \sum_{j=1}^{3} (\theta_j' - \theta_j^0)^2 k_j = \left( \frac{(\theta_3^0 - \theta_2^0 - \theta_1^0) \prod_{j=1}^{3} k_j}{\sum_{j<l} k_jk_l} \right)^2 \sum_{j=1}^{3} \frac{1}{k_j}. 
\]

(25)

Having derived expressions for the (effective) energy barriers along the four possible paths, we can explore their dependence on the choice of equilibrium angles and force constants. All of the following examples are inspired by the alchemical transformation of ammonia to water. Specifically, if we set \( \theta_1^0 = \theta_2^0 = \theta_3^0 = 107.1 \text{ deg} \) and \( k_1 = k_2 = k_3 = 41.50 \text{ kcal mol}^{-1} \text{ rad}^{-2} \), the force field parameters for ammonia taken from the CHARMM general force field,\(^7\)-\(^9\) the symmetric energy barrier is 6.3 kcal mol\(^{-1}\) and all asymmetric energy barriers equal 48.3 kcal mol\(^{-1}\).
Figure 3: Dependence of the energy barriers for a pyramidal flap on the dummy angle force constants. $\theta_0^1 = \theta_0^2 = \theta_0^3 = 107.1$ deg and $k_3 = 41.50$ kcal mol$^{-1}$ rad$^{-2}$. The energy barrier of the asymmetric flaps is considerably higher. Index 3 is tied to the physical angle.

Fig. 3 shows how the respective barrier heights change as a function of the force constants $k_1$ and $k_2$ for the two angles involving the dummy atom. The ammonia-like case $k_1 = k_2 = k_3 = 41.50$ kcal mol$^{-1}$ rad$^{-2}$ is indicated by the small arrow. The three asymmetric flaps all have the same energy barrier (minimum energy of the coplanar configuration). This follows from the observation that the minimum energy for all three asymmetric flaps can be obtained by permuting indices 1, 2 and 3 in Eq. 25, while keeping the association of the force-field equilibrium angles $\theta^0$ and force-constants $k$ fixed. E.g., index 3 always refers to the physical angle degree of freedom. Doing so is not in line with the labeling used in Figs. 2(d,e), the utility of which was mostly unification of the mathematical treatment. As
expected, the symmetric flap, corresponding to nitrogen inversion in the case of ammonia, has a far lower energy barrier than the hypothetical asymmetric paths. One sees in Fig. 3 that the height of this barrier depends only weakly on the value of the force constants $k_1$ and $k_2$, i.e., extremely high values of the force constants for the two angle bending terms involving the dummy atom would be necessary to prevent flapping.

![Energy by equilibrium angles variation](image)

Figure 4: Dependence of the energy barriers for a pyramidal flap on the dummy angle equilibrium values. $\theta_0^3 = 107.1$ deg and $k_1 = k_2 = k_3 = 41.50$ kcal mol$^{-1}$ rad$^{-2}$. There is a sweet spot at $\theta_1^0 = \theta_2^0 = 90$ deg. Index 3 is tied to the physical angle.

Since we know from considerations concerning the separability of the partition function (see Sect 2.1 above and Sect 2.1.2 of the main manuscript) that the equilibrium angles for the two terms involving the dummy atom should be set to $90^\circ$, we explore next whether and how the findings from Fig. 3 change as a function of the equilibrium angles $\theta_1^0$ and $\theta_2^0$ (the
angle degrees of freedom involving the dummy atom). The resulting plot is shown in Fig. 4. All three force constants are set to a fixed value, the equilibrium value of the physical angle \( \theta_3^0 \) is set to 107.1°, whereas the equilibrium angles of the dummy angles are varied. We now can distinguish three cases. The two non-canonical symmetric flaps (Figs. 2(d) and (e)) lead to a high energy, flat curve (in red). If one again ties index 3 in Eq. 25 to the physical angle, then these two pathways correspond to exchanging index 3 in Eq. 25 with index 1 or 2, respectively. While Eq. 25 is invariant to changing the indices of the force constants \( k_i \), this is not the case for the equilibrium angles because of the \( \theta_3^0 - \theta_2^0 - \theta_1^0 \) term (in Fig. 3, we had \( \theta_1^0 = \theta_2^0 = \theta_3^0 \), but now we are varying \( \theta_1^0 \) and \( \theta_3^0 \)). For the two asymmetric non-canonical cases, by index permutation, the term reads either \( \theta_1^0 - \theta_2^0 - \theta_3^0 \) or \( \theta_2^0 - \theta_3^0 - \theta_1^0 \). Thus, any variation of \( \theta_2^0 \) and \( \theta_1^0 \) cancels, resulting in the flat red function shown in Fig. 4.

The much more interesting feature of Fig. 4, however, is the mirror symmetry, centered around 90°, between the symmetric (black curve) and the asymmetric canonical energy barriers (blue curve). This cross-over point at 90° can be understood considering Figs. 2(b) and (c). If \( \theta_1 = \theta_2 = 90° \), the physical angle, i.e. \( \theta_3 \) in Fig. 2(b) and \( \theta'_3 \) in Fig. 2(c), is at 180°. Then, the two cases are essentially equivalent. Lowering the physical angle (\( \theta_3 \) or \( \theta'_3 \)) forces \( \theta_1 \) and \( \theta_2 \) out of their equilibrium position at 90°. Only the direction is different: in the symmetric case, \( \theta_1 \) and \( \theta_2 \) are forced to values > 90°, whereas in the asymmetric case, \( \theta_1 \) and \( \theta_2 \) are forced to values < 90°. The magnitude of these elongations, \( |\theta_1 - \pi/2| \) and \( |\theta_2 - \pi/2| \), by symmetry arguments, is the same in both cases. The energy function is quadratic and depends only on the magnitude of the displacement, which explains the mirror symmetry of the energy barriers. For the force constant chosen in Fig. 4 and with dummy equilibrium angles of 107.1°, the energy barrier of the symmetric flapping pathway is only 6.3 kcal/mol, too low to prevent flapping. As one can see in Fig. 4, setting the dummy equilibrium angles to 90°, increases the barrier to > 20 kcal/mol. Using slightly higher than usual force constants \( (k_1 = k_2 = 100 \text{ kcal mol}^{-1}\text{rad}^{-2}) \) raises the barrier height > 35 kcal/mol, sufficiently high so that a flap will not be encountered during finite simulation lengths. Additionally, proceeding
in this manner blocks both the symmetric and asymmetric flapping pathways equally.
3 Error analysis in thermodynamic integration

Free energy differences were calculated using Thermodynamic Integration (TI),\textsuperscript{10,11} as well as Bennett’s acceptance ratio (BAR).\textsuperscript{12} The results obtained with the latter were computed as a control; for additional details see Sect. 5 below. Each of our $5 \times 21$ simulations ($N = 5$ repetitions, $K = 21$ λ-states) per system and transformation are statistically independent. Using BAR, each of the individual $\Delta A_{\lambda_i \to \lambda_{i+1}}, (i = 1, \ldots K - 1)$ was, therefore, obtained from five independent simulations; similarly, in TI we have five values for each of the $K$ derivatives $\langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i} (i = 1, \ldots K)$. In the case of BAR, Gaussian error propagation based on the standard deviation of the individual $\Delta A_{\lambda_i \to \lambda_{i+1}}$ is straightforward; in the following, we outline how we estimated the overall statistical error using TI.

In TI, the integral over $\lambda$ has to be approximated by numerical quadrature. Numerical integration algorithms, applied to TI, can formally always be written as

$$\Delta G_r = \int_0^1 d\lambda \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda,r} \approx \sum_{i=1}^K W_{\lambda_i} \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i,r}$$

(26)

where $\left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i,r}$ is the potential energy derivative of the $i$th λ-state averaged over the $r$th of our $N = 5$ independent simulations and $K = 21$ denotes the number of simulated λ-states. The $W_{\lambda_i}$ are constants depending on the quadrature scheme. If they are known (as, e.g., when using the trapezoidal rule, Simpson’s rule, Gauss-Legendre or Clenchaw-Curtis integration), error propagation based on the standard deviation of the individual $\left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i}$ is straightforward.

In this work, however, we fitted the integrand using natural cubic splines, approximating it in a piece-wise continuous manner by cubic polynomials, which were then integrated analytically.\textsuperscript{13,14} Denoting this spline-fit-then-integrate approach as splint\textsuperscript{[]}, one can show that\textsuperscript{13}

$$\Delta G_r = \int_0^1 d\lambda \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda,r} \approx \text{splint} \left[ \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_1,r}, \ldots, \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_K,r} \right] = \sum_{i=1}^K W_{\lambda_i} \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i,r};$$

(27)
i.e., splint[] can be regarded as any other numerical quadrature method. However, obtaining the coefficients $W_{\lambda_i}$ is not as obvious as in standard numerical quadrature methods. Because of the linearity of the weighted sum in Eq. 27, we find for the free energy difference $\Delta G$, i.e., the average over the $N = 5$ independent results $\Delta G_r$:

$$\Delta G = \frac{1}{N} \sum_{r=1}^{N} \Delta G_r = \frac{1}{N} \sum_{r=1}^{N} \text{splint} \left[ \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_1,r}, \ldots, \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_K,r} \right]$$

$$= \text{splint} \left[ \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_1,r}, \ldots, \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_K,r} \right]$$

$$\langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i} = \frac{1}{N} \sum_{r=1}^{N} \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_j,r}$$ (28)

The corresponding standard deviation $\sigma$ is

$$\sigma = \sqrt{\sum_{i=1}^{K} W_{\lambda_i}^2 \sigma_i^2}$$

$$\sigma_i = \sqrt{\frac{1}{N-1} \sum_{r=1}^{N} \left( \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i,r} - \langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i} \right)^2}$$ (29)

The coefficients $W_{\lambda_i}$ can be extracted by means of custom code from spline routine used; this is, e.g., done in the widely-used software package Alchemical Analysis.$^{15}$ We took a different, yet mathematically equivalent approach, which requires neither knowledge of implementation dependent representations of the coefficients $W_{\lambda_i}$, nor of the computational details of the spline routine used. Specifically, we used the Python package SciPy (www.scipy.org), which wraps the FITPACK$^{16}$ library, but any numerical package capable of fitting and integrating natural cubic splines could have been chosen.

In order to compute the standard deviation $\sigma$ (Eq. 29) without explicit knowledge of the
$W_{\lambda_i}$, we define

$$s = \sqrt{\sum_{i=1}^{K} (s_{\lambda_i})^2}$$

$$s_{\lambda_i} = \sqrt{\frac{1}{N-1} \sum_{r=1}^{N} \left[ \text{splint}_{\lambda_i} \left( \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i,r} \right) - \text{splint}_{\lambda_i} \left( \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i} \right) \right]^2}$$

$$\text{splint}_{\lambda_i}(x) = \text{splint}\left[ \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i}, \ldots, \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_{i-1}}, x, \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_{i+1}}, \ldots, \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_K} \right]$$  \hspace{1cm} (30)

Because Eq. 27 is a linear sum of the values of the integrand $\left\langle \frac{\partial U}{\partial x} \right\rangle_{\lambda_i,r}$ at the $\lambda$-states, most of the terms $\left\langle \frac{\partial U}{\partial x} \right\rangle_{\lambda_i}$ cancel from Eq. 30 and one obtains

$$\text{splint}_{\lambda_i} \left( \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_{i},r} \right) - \text{splint}_{\lambda_i} \left( \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i} \right) = W_{\lambda_i} \left( \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_{i},r} - \left\langle \frac{\partial U}{\partial \lambda} \right\rangle_{\lambda_i} \right)$$  \hspace{1cm} (31)

From Eq. 31 one sees that $s$ in Eq. 30 and $\sigma$ in Eq. 29 are, in fact, identical. Pseudo code for the approach outlined in Eqs. 30 and 31 is given in Sect. 4.

Our approach is very similar to the methodology available in the Alchemical Analysis package,\textsuperscript{15} except for the following two differences. First, we use five independent simulations to compute the mean and standard deviation of $\left\langle \frac{\partial U}{\partial x} \right\rangle$ instead of instantaneous $\frac{\partial U}{\partial x}$ values from a single trajectory, corrected for statistical independence. Our approach outlined above can be cast into their formalism, if one considers $\left\langle \frac{\partial U}{\partial x} \right\rangle_{\lambda_i,r}$ as the instantaneous value of $\frac{\partial U}{\partial x}$ at frame number $r$ (of state $\lambda_i$). Second, we report standard deviations instead of standard errors of the mean. To convert to the latter, our standard deviations would have to be scaled by $1/\sqrt{5} \approx 0.447$. 

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4 Pseudo code for statistical error estimation in the spline based thermodynamic integration approach used

Algorithm 1 Spline integration error propagation

1: #### Calculate average $\frac{\partial U}{\partial \lambda}$ over replicas
2: for $\lambda \leftarrow 1$, num_lambdas do
3:   dudl_aver[$\lambda$] $\leftarrow$ mean$_r$(dudl[$\lambda$][$r$])
4: end for
5: 
6: #### Yield the average
7: result_aver $\leftarrow$ splineintegrate(dudl_aver)
8: 
9: #### Calculate the $s_{\lambda_i}$
10: for $\lambda \leftarrow 1$, num_lambdas do
11:   dudl_tmp $\leftarrow$ dudl_aver #copy the whole array
12:   for $r \leftarrow 1$, num_replicas do
13:     dudl_tmp[$\lambda$] $\leftarrow$ dudl[$\lambda$][$r$]
14:     spl_int[r] $\leftarrow$ splineintegrate(dudl_tmp)
15:   end for
16:   stddev_lam[$\lambda$] $\leftarrow$ stddev$_r$(spl_int[r])
17: end for
18: 
19: #### Yield the total standard deviation via error propagation
20: result_stddev $\leftarrow$ 0
21: for $\lambda \leftarrow 1$, num_lambdas do
22:   result_stddev $\leftarrow$ result_stddev + (stddev_lam[$\lambda$])$^2$
23: end for
24: result_stddev $\leftarrow$ $\sqrt{(result\_stddev)}$

The above pseudo-code complements the description of Sect. 3. The individual, statistically independent $\langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i,r}$ values ($r = 1, \ldots N, i = 1, \ldots K$, with $K = 21, N = 5$) are stored in the two-dimensional array dudl. The function splineintegrate() in the above code corresponds to the splint[] function of Sect. 3.

First, the array dudl_aver is filled with the averages over replicas $\langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i}$ for each state $\lambda_i$ from the data $\langle \frac{\partial U}{\partial \lambda} \rangle_{\lambda_i,r}$ stored in dudl. The estimate for $\Delta G$, i.e. result_aver, is calculated
as the spline integral over $dudl_{\text{aver}}$; cf. Eq. 29.

This is followed by the estimation of the standard deviation $s_{\lambda_i}$ for each $\lambda$-state; cf. Eq. 31. For each $\lambda_i$, the respective entry in $dudl_{\text{aver}}[\lambda]$ is replaced by each of the individual values $\left(\frac{\partial U}{\partial \lambda}\right)_{\lambda_i,r}$ from $dudl[\lambda][r]$. The resulting array, labeled $dudl_{\text{tmp}}$, is evaluated with $\text{splineintegrate()}$ and the result stored in $\text{splint}[r]$. The latter is used to compute the standard deviation $s_{\lambda_i}$ for each of the $\lambda_i$.

The overall error estimate is obtained by Gaussian error propagation. For further details, the reader is referred to the input scripts and source code available at Zenodo (https://zenodo.org/record/4381708).\textsuperscript{17}
5 Detailed specifications for each transformation studied

Full technical details and additional results are summarized on one page per transformation for each of the 12 relative solvation free energy differences reported in the main manuscript.

For each alchemical pair, there is a figure showing the atom labels used. The accompanying table lists on the left hand side gas phase and solvation free energy differences obtained along the absolute and relative paths. If a relative free energy difference was computed with more than one approach, then individual results are given for each of them.

The right hand side of each table for the twelve alchemical transformations lists force field terms involving dummy atoms, which were either deleted and/or modified. Illustrative examples of such lists were given in Table 3 of the main manuscript. If more than one approach was used to carry out the alchemical transformation, this is indicated by footnotes. Urey-Bradley terms involving dummy atoms which would lead to a constraint were always deleted; this is not explicitly noted.

We report free energy differences obtained with thermodynamic integration (TI), as well as Bennett’s acceptance ratio (BAR) method (see below). Tables 4 and 5 of the main manuscript were compiled from the TI results reported here. All free energy differences were also calculated using BAR based on the same underlying MD simulations used for TI. Coordinates were saved to disk every 50 steps (cf. Methods of main manuscript); each trajectory saved at $\lambda_i$ was used to compute energies at $\lambda_{i-1}$, $\lambda_i$ and $\lambda_{i+1}$. Thus, the overall free energy difference of a transformation was calculated as the sum of 20 individual free energy differences; except for PRP2DIM-3, where we employed 39 $\lambda$-states and hence the total free energy difference is the sum of 38 contributions.

As described in the main manuscript, each simulation was repeated five times (by starting from different random initial velocities); hence, for each free energy difference between $\lambda_i$ and $\lambda_{i+1}$ we computed five values $\Delta A_{\lambda_i \rightarrow \lambda_{i+1}}^j$ ($j = 1, \ldots, 5$). Rather than just averaging
over these (i.e., \( \langle \Delta A \rangle_{\lambda_i \rightarrow \lambda_{i+1}} = \frac{1}{5}\sum_{j=1}^{5} \Delta A_{\lambda_i \rightarrow \lambda_{i+1}}^j \)), we combined the raw data from the respective simulations (forward and backward energy differences), and computed our best expectation value for the free energy difference \( \Delta A_{\lambda_i \rightarrow \lambda_{i+1}}^E \) from these combined data. The statistical uncertainty for this step was estimated as the standard deviation of the five individual \( \Delta A_{\lambda_i \rightarrow \lambda_{i+1}}^j \) values. Thus, using BAR, the total free energy difference was estimated as \( \Delta A_{0 \rightarrow 1}^E = \sum_{k=1}^{20} \Delta A_{\lambda_i \rightarrow \lambda_{i+1}}^E \). The corresponding error estimate was obtained by Gaussian error propagation from the variances \( \sigma^2(\Delta A_{\lambda_i \rightarrow \lambda_{i+1}}) \) of the individual steps.

Tools to (re)create all calculations reported in this work have been uploaded to Zenodo.\(^{17} \)
5.1 Terminal junctions

5.1.1 Hexane–Propane

![Hexane-Propane transformation diagram](image)

Figure 5: Hexane→Propane transformation, Propane endpoint

| Relative | ΔΔG_{solv} | ΔG_{aq} | ΔG_{gas} |
|----------|------------|---------|----------|
| HEX2PRP-1 |            |         |          |
| TI       | -0.47 ± 0.04 | -4.02 ± 0.03 | -3.55 ± 0.02 |
| BAR      | -0.47 ± 0.04 | -4.01 ± 0.05 | -3.54 ± 0.01 |
| HEX2PRP-2\(^a\) |            |         |          |
| TI       | -0.50 ± 0.05 | -3.44 ± 0.04 | -2.94 ± 0.03 |
| BAR      | -0.51 ± 0.08 | -3.44 ± 0.03 | -2.93 ± 0.07 |

| Absolute | ΔG_{solv} | ΔG_{aq} | ΔG_{gas} |
|----------|-----------|---------|----------|
| Hexane   |           |         |          |
| TI       | 2.82 ± 0.06 | -7.98 ± 0.05 | -5.16 ± 0.02 |
| BAR      | 2.83 ± 0.07 | -7.99 ± 0.07 | -5.16 ± 0.05 |
| Propane  |           |         |          |
| TI       | 2.33 ± 0.03 | -5.31 ± 0.03 | -2.98 ± 0.00 |
| BAR      | 2.34 ± 0.04 | -5.32 ± 0.04 | -2.98 ± 0.00 |

| Hexane → Propane | ΔΔG_{abs}^{solv} |
|------------------|------------------|
| TI               | -0.49 ± 0.06     |
| BAR              | -0.49 ± 0.03     |

\( ^a \) naive approach, see introduction.
5.1.2 Toluene–Methane

![Diagram of Toluene–Methane transformation]

**Figure 6:** Toluene→Methane transformation, Methane endpoint

| Relative   | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ |
|------------|----------------------------------|-------------------------|-------------------------|
| TOL2MET    |                                 |                         |                         |
| TI         | 2.46 ± 0.02                      | -3.43 ± 0.02            | -5.89 ± 0.00            |
| BAR        | 2.44 ± 0.02                      | -3.43 ± 0.02            | -5.87 ± 0.03            |

| Absolute   | $\Delta C_{\text{solv}}^{\text{abs}}$ | $\Delta C_{\text{aq}}^{\text{abs}}$ | $\Delta C_{\text{gas}}^{\text{abs}}$ |
|------------|--------------------------------------|-------------------------------------|-------------------------------------|
| Toluene$^a$|                                      |                                     |                                     |
| TI         | -0.10 ± 0.05                         | -5.97 ± 0.05                       | -6.07 ± 0.00                       |
| BAR        | -0.06 ± 0.04                         | -6.00 ± 0.04                       | -6.06 ± 0.00                       |
| Methane$^b$|                                      |                                     |                                     |
| TI         | 2.40 ± 0.02                          | -2.40 ± 0.02                       | 0.00 ± 0.00                        |
| BAR        | 2.39 ± 0.01                          | -2.39 ± 0.01                       | 0.00 ± 0.00                        |

| Toluene$^a$ → Methane$^b$ | $\Delta \Delta G_{\text{solv}}^{\text{abs}}$ |
|---------------------------|-----------------------------------------------|
| TI                        | 2.50 ± 0.05                                   |
| BAR                       | 2.46 ± 0.04                                   |

Deleted:
- $D_{C_1}$-H$_9$-C-H$_7$
- $D_{C_5}$-H$_9$-C-H$_7$
- $D_{C_1}$-H$_9$-C-H$_8$
- $D_{C_5}$-H$_9$-C-H$_8$

Modified:
None

$^a$ with 567 water molecules;

$^b$ with 567 water molecules.
5.2 Dual Junctions

5.2.1 Ethane–Methanol

\[
\begin{align*}
\text{H}_1 & \quad \text{H} \\
\text{H}_2 & \quad \text{C} & \quad \text{O} & \quad \text{D}_{\text{H}_5} \\
\text{H}_3 & \quad \text{D}_{\text{H}_6}
\end{align*}
\]

Figure 7: Ethane→Methanol transformation, Methanol endpoint

| Relative ETH2MEOH | \(\Delta \Delta G_{\text{solv}}\) | \(\Delta G_{\text{aq}}\) | \(\Delta G_{\text{gas}}\) |
|-------------------|-----------------|-----------------|-----------------|
| TI                | \(-6.93 \pm 0.03\) | \(0.24 \pm 0.03\) | \(7.17 \pm 0.00\) |
| BAR               | \(-6.95 \pm 0.04\) | \(0.23 \pm 0.03\) | \(7.18 \pm 0.04\) |

| Absolute | \(\Delta G_{\text{solv}}^{\text{abs}}\) | \(\Delta G_{\text{aq}}^{\text{abs}}\) | \(\Delta G_{\text{gas}}^{\text{abs}}\) |
|----------|-----------------|-----------------|-----------------|
| Ethane   | \(\text{TI}\)   | \(2.25 \pm 0.02\) | \(-11.11 \pm 0.02\) | \(-8.86 \pm 0.00\) |
|          | \(\text{BAR}\)  | \(2.25 \pm 0.02\) | \(-11.11 \pm 0.02\) | \(-8.86 \pm 0.00\) |
| Methanol | \(\text{TI}\)   | \(-4.69 \pm 0.02\) | \(-10.59 \pm 0.02\) | \(-15.28 \pm 0.00\) |
|          | \(\text{BAR}\)  | \(-4.70 \pm 0.02\) | \(-10.59 \pm 0.02\) | \(-15.29 \pm 0.00\) |
| Ethane → Methanol | \(\Delta \Delta G_{\text{solv}}^{\text{abs}}\) | | |
| TI       | \(-6.94 \pm 0.02\) | | | |
| BAR      | \(-6.95 \pm 0.01\) | | | |

\(^a\) all to 90° equilibrium angle and 100 kcal/rad² force constant.
### 5.2.2 Methane–Water

![Figure 8: Methane→Water transformation, Water endpoint](image)

| Relative | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ |
|----------|-------------------------------|----------------|----------------|
| **MET2WAT** |                               |                |                |
| TI       | $-9.18 \pm 0.04$              | $-7.81 \pm 0.04$ | $1.36 \pm 0.01$ |
| BAR      | $-9.19 \pm 0.03$              | $-7.83 \pm 0.04$ | $1.36 \pm 0.01$ |
| **MET2WAT-qfs$^a$** |                               |                |                |
| TI       | $-9.24 \pm 0.03$              | $-7.93 \pm 0.03$ | $1.31 \pm 0.00$ |
| BAR      | $-9.29 \pm 0.02$              | $-7.94 \pm 0.03$ | $1.36 \pm 0.01$ |

| Absolute | $\Delta G_{\text{abs}}^{\text{solv}}$ | $\Delta G_{\text{abs}}^{\text{aq}}$ | $\Delta G_{\text{abs}}^{\text{gas}}$ |
|----------|---------------------------------------|--------------------------------|--------------------------------|
| **Methane$^b$** |                               |                |                |
| TI       | $2.38 \pm 0.02$                      | $-2.38 \pm 0.02$ | $0.00 \pm 0.00$ |
| BAR      | $2.38 \pm 0.01$                      | $-2.38 \pm 0.01$ | $0.00 \pm 0.00$ |
| **Water** |                               |                |                |
| TI       | $-6.89 \pm 0.01$                    | $6.89 \pm 0.01$  | $0.00 \pm 0.00$ |
| BAR      | $-6.89 \pm 0.01$                    | $6.89 \pm 0.01$  | $0.00 \pm 0.00$ |
| **Water$^a$** |                               |                |                |
| TI       | $-6.88 \pm 0.01$                    | $6.88 \pm 0.01$  | $0.00 \pm 0.00$ |
| BAR      | $-6.89 \pm 0.01$                    | $6.89 \pm 0.01$  | $0.00 \pm 0.00$ |
| **Methane$^b$ → Water$^a$** |                               |                |                |
| TI       | $-9.27 \pm 0.02$                   |                  |                |
| BAR      | $-9.27 \pm 0.02$                   |                  |                |

$^a$ instead of the 1 fs integration step used in all other simulations, due to the small physical molecule size, a 0.25 fs integrator step was used here; $^b$ with 567 water molecules, see methane-ammonia); $^c$ all to 90° equilibrium angle and 100 kcal/rad² force constant.
### 5.2.3 Toluene–Pyridine

![Toluene–Pyridine structure](image)

**Figure 9: Toluene→Pyridine transformation, Pyridine endpoint**

| Relative | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ |
|----------|-------------------------------|----------------|-------------------------------|
| TOL2PYR-1$^a$ |                               |                 |                               |
| TI       | -4.69 ± 0.02                  | 3.97 ± 0.02     | 8.66 ± 0.01                   |
| BAR      | -4.69 ± 0.02                  | 3.97 ± 0.02     | 8.66 ± 0.01                   |
| TOL2PYR-2$^b$ |                               |                 |                               |
| TI       | -4.67 ± 0.02                  | 4.14 ± 0.02     | 8.81 ± 0.00                   |
| BAR      | -4.67 ± 0.01                  | 4.13 ± 0.02     | 8.81 ± 0.01                   |

| Absolute | $\Delta G_{\text{abs}}^{\text{solv}}$ | $\Delta G_{\text{abs}}^{\text{aq}}$ | $\Delta G_{\text{abs}}^{\text{gas}}$ |
|----------|--------------------------------------|----------------|-------------------------------|
| Toluene$^c$ |                                      |                 |                               |
| TI       | -0.08 ± 0.03                        | -5.98 ± 0.03    | -6.07 ± 0.00                  |
| BAR      | -0.05 ± 0.02                        | -6.02 ± 0.03    | -6.06 ± 0.00                  |
| Pyridine |                                      |                 |                               |
| TI       | -4.75 ± 0.03                        | -10.00 ± 0.03   | -14.75 ± 0.00                 |
| BAR      | -4.73 ± 0.03                        | -10.03 ± 0.04   | -14.75 ± 0.00                 |

| Toluene$^c$ → Pyridine | $\Delta \Delta G_{\text{abs}}^{\text{solv}}$ |
|------------------------|--------------------------------------|
| TI                    | -4.67 ± 0.04                         |
| BAR                   | -4.68 ± 0.04                         |

$^a$ bond and two angles approach;
$^b$ bond, angle, dihedral approach;
$^c$ with 562 water molecules;
$^d$ both to 90° equilibrium angle and 100 kcal/rad$^2$ force constant;
$^e$ to 0° equilibrium angle without periodicity and 100 kcal force constant.
5.2.4 Hexane–Propanol

![Chemical structure diagram of Hexane to Propanol transformation]

Figure 10: Hexane→Propanol transformation, Propanol endpoint, canonical transformation

| Relative | \( \Delta \Delta G_{\text{solv}} \) | \( \Delta G_{\text{aq}} \) | \( \Delta G_{\text{gas}} \) |
|----------|-------------------------------|----------------|----------------|
| HEX2POL-1 |                              |                |                |
| TI       | -7.09 ± 0.04                  | -4.59 ± 0.03   | 2.50 ± 0.02    |
| BAR      | -7.09 ± 0.08                  | -4.58 ± 0.05   | 2.51 ± 0.04    |
| HEX2POL-2\(^a\) |                              |                |                |
| TI       | -7.09 ± 0.05                  | -3.95 ± 0.04   | 3.15 ± 0.03    |
| BAR      | -7.10 ± 0.06                  | -3.95 ± 0.05   | 3.15 ± 0.03    |

| Absolute | \( \Delta G_{\text{abs}}^{\text{solv}} \) | \( \Delta G_{\text{abs}}^{\text{aq}} \) | \( \Delta G_{\text{abs}}^{\text{gas}} \) |
|----------|--------------------------------|----------------|----------------|
| Hexane   |                                  |                |                |
| TI       | 2.82 ± 0.06                     | -7.98 ± 0.05   | -5.16 ± 0.02   |
| BAR      | 2.83 ± 0.07                     | -7.99 ± 0.07   | -5.16 ± 0.05   |
| Propanol |                                  |                |                |
| TI       | -4.28 ± 0.05                    | -3.48 ± 0.04   | -7.77 ± 0.02   |
| BAR      | -4.28 ± 0.02                    | -3.48 ± 0.01   | -7.77 ± 0.02   |
| Hexane → Propanol | \( \Delta \Delta G_{\text{abs}}^{\text{solv}} \) |                |                |
| TI       | -7.11 ± 0.07                    |                |                |
| BAR      | -7.11 ± 0.08                    |                |                |

\(^a\) naive approach, see introduction;
\(^b\) all to 90° equilibrium angle and 100 kcal/rad^2 force constant.
5.2.5 Propane–Dimethylether

![Diagram of Propane and Dimethylether](image)

Figure 11: Propane→Dimethylether transformation, Dimethylether endpoint

| Relative | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ | Deleted: |
|----------|-----------------|-----------------|-----------------|---------|
| PRP2DIM-1<sup>a</sup> | | | | |
| TI | -3.33 ± 0.02 | -4.00 ± 0.02 | -0.67 ± 0.00 | $D_{H_1}-O-D_{H_2}$<sup>a</sup> |
| BAR | -3.33 ± 0.02 | -3.98 ± 0.03 | -0.66 ± 0.02 | $D_{H_1}-O-C_2$<sup>b</sup> |
| PRP2DIM-2<sup>b</sup> | | | | |
| TI | -3.36 ± 0.02 | -7.69 ± 0.02 | -4.32 ± 0.01 | $D_{H_1}-O-C_1-H_{11}$<sup>a</sup> |
| BAR | -3.36 ± 0.02 | -6.92 ± 0.03 | -3.56 ± 0.01 | $D_{H_1}-O-C_1-H_{13}$ |
| PRP2DIM-3<sup>b,c</sup> | | | | |
| TI | -3.34 ± 0.02 | -6.91 ± 0.02 | -3.58 ± 0.01 | $D_{H_1}-O-C_2-H_{21}$ |
| BAR | -3.34 ± 0.02 | -6.91 ± 0.02 | -3.57 ± 0.01 | $D_{H_1}-O-C_2-H_{22}$ |
| Absolute | $\Delta G_{\text{solv}}^{\text{abs}}$ | $\Delta G_{\text{aq}}^{\text{abs}}$ | $\Delta G_{\text{gas}}^{\text{abs}}$ | Modified: |
| Propane | | | | |
| TI | 2.33 ± 0.03 | -5.31 ± 0.03 | -2.98 ± 0.00 | $D_{H_1}-O-C_1$<sup>a,d</sup> |
| BAR | 2.34 ± 0.04 | -5.32 ± 0.04 | -2.98 ± 0.00 | $D_{H_2}-O-C_1$<sup>a,d</sup> |
| Dimethylether | | | | |
| TI | -1.02 ± 0.02 | -0.93 ± 0.02 | -1.95 ± 0.00 | $D_{H_1}-O-C_2$<sup>a,d</sup> |
| BAR | -1.01 ± 0.03 | -0.93 ± 0.03 | -1.95 ± 0.00 | $D_{H_2}-O-C_2$<sup>a,d</sup> |
| Propane → Dimethylether | $\Delta G_{\text{solv}}^{\text{abs}}$ | | | |
| TI | -3.36 ± 0.03 | | | |
| BAR | -3.35 ± 0.04 | | | |

<sup>a</sup> bond and two angles approach;  
<sup>b</sup> bond, angle, dihedral approach;  
<sup>c</sup> fine-graining of the $\lambda$-states at the Dimethylether end state, see main text;  
<sup>d</sup> 90° equilibrium angle and 100 kcal/rad² force constant.
5.3 Triple Junctions

5.3.1 Acetone–2-Propenol

Figure 12: Acetone→2-Propenol transformation

| Relative | ΔΔG\text{solv} | ΔG\text{aq} | ΔG\text{gas} | Triple junction\textsuperscript{b}: planar |
|----------|----------------|-------------|--------------|------------------------------------------|
| ACE2PEOL-1 |                |             |              | Deleted:                                  |
| TI       | 1.03 ± 0.02    | -21.71 ± 0.02 | -22.74 ± 0.01 | D\textsubscript{H}-O-C\textsubscript{2}-C\textsubscript{1}\textsuperscript{a} |
| BAR      | 1.03 ± 0.04    | -21.71 ± 0.03 | -22.73 ± 0.01 | D\textsubscript{H}\textsubscript{13}-C\textsubscript{1}-H\textsubscript{12}\textsuperscript{b} |
|           |                |             |              | D\textsubscript{H}\textsubscript{13}-C\textsubscript{1}-C\textsubscript{2}-C\textsubscript{3}\textsuperscript{b} |
|           |                |             |              | D\textsubscript{H}\textsubscript{13}-C\textsubscript{1}-C\textsubscript{2}-O\textsuperscript{b} |
| Absolute | ΔG\text{abs}\textsuperscript{a} | ΔG\text{abs}\textsuperscript{a} | ΔG\text{abs}\textsuperscript{a} | Modified\textsuperscript{b,c}:                    |
| Acetone  |                |             |              | Deleted\textsuperscript{b,c}:                  |
| TI       | -4.28 ± 0.02   | 40.90 ± 0.02 | 36.62 ± 0.00 | D\textsubscript{H}\textsubscript{13}-C\textsubscript{1}-H\textsubscript{11}\textsuperscript{b,c} |
| BAR      | -4.27 ± 0.02   | 40.89 ± 0.02 | 36.61 ± 0.00 | D\textsubscript{H}\textsubscript{13}-C\textsubscript{1}-C\textsubscript{2}\textsuperscript{b,c} |
| 2-Propenol |                |             |              |                                           |
| TI       | -3.23 ± 0.02   | 63.66 ± 0.02 | 60.43 ± 0.00 |                                           |
| BAR      | -3.23 ± 0.02   | 63.66 ± 0.02 | 60.43 ± 0.00 |                                           |
| Acetone → 2-Propenol | ΔΔG\text{abs}\textsuperscript{a} | | |                                           |
| TI       | 1.05 ± 0.03    |             |              |                                           |
| BAR      | 1.04 ± 0.02    |             |              |                                           |

\textsuperscript{a} Acetone endpoint;
\textsuperscript{b} 2-Propenol endpoint;
\textsuperscript{c} both to 90° equilibrium angle and 100.0 kcal/rad\textsuperscript{2} force constant.
5.3.2 Phenol–Cyclohexadienone

\[
\begin{align*}
\text{Phenol} & \rightarrow \text{Cyclohexadienone} \\
\text{H}_2 & \text{C}_2 \text{C}_1 \text{C}_6 \text{H}_6 \quad \text{D}_{\text{H}62} \\
\text{H}_4 & \text{H}_5 \text{H}_6 \\
\text{O} & \text{C}_3 \text{C}_6 \quad \text{C}_4 \text{C}_5 \\
\end{align*}
\]

Figure 13: Phenol→Cyclohexadienone transformation

| Relative | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ | $\text{Triple junction}^a$: planar |
|----------|-------------------------------|----------------------|----------------------|-----------------------------------|
| PHE2CYC  |                               |                      |                      |                                   |
| TI       | -0.01 ± 0.02                  | 8.41 ± 0.02          | 8.42 ± 0.00          |                                   |
| BAR      | -0.02 ± 0.04                  | 8.41 ± 0.03          | 8.43 ± 0.02          |                                   |

| Absolute | $\Delta G_{\text{abs}}^{\text{solv}}$ | $\Delta G_{\text{abs}}^{\text{aq}}$ | $\Delta G_{\text{abs}}^{\text{gas}}$ | $\text{Deleted}$: |
|----------|---------------------------------|-------------------------------|---------------------------------|------------------|
| Phenol   |                                 |                               |                                 |                  |
| TI       | -4.78 ± 0.04                    | 4.39 ± 0.04                   | -0.39 ± 0.00                   | $D_{6}\text{-C}_6\text{-C}_5^a$ |
| BAR      | -4.74 ± 0.04                    | 4.34 ± 0.04                   | -0.39 ± 0.00                   | $D_{6}\text{-C}_6\text{-C}_5\text{-H}_5^a$ |
| Cyclohexadienone |                           |                               |                                 | $D_{6}\text{-C}_6\text{-C}_5\text{-C}_4^a$ |
| TI       | -4.77 ± 0.04                    | -4.41 ± 0.04                 | -9.19 ± 0.00                  | $D_{6}\text{-C}_6\text{-C}_1\text{-H}_1^a$ |
| BAR      | -4.75 ± 0.05                    | -4.44 ± 0.06                 | -9.19 ± 0.00                  | $D_{6}\text{-C}_6\text{-C}_1\text{-C}_2^a$ |
| Phenol→Cyclohexadienone | $\Delta \Delta G_{\text{abs}}^{\text{solv}}$ |                               |                                 | $D_{6}\text{-H}_6\text{-O}\text{-C}_3\text{-C}_4^b$ |
| TI       | 0.01 ± 0.06                     |                               |                                 |                  |
| BAR      | -0.01 ± 0.04                    |                               |                                 |                  |

$^a$ Phenol endpoint;  
$^b$ Cyclohexadienone endpoint;  
$^c$ both to 90° equilibrium angle and 100.0 kcal/rad² force constant.
### 5.3.3 Ethane–Methylamine

![Diagram](image)

**Figure 14:** Ethane→Methylamine transformation, Methylamine endpoint

|                | Relative $\Delta \Delta G_{solv}$ | $\Delta G_{aq}$ | $\Delta G_{gas}$ |
|----------------|-----------------------------------|-----------------|-----------------|
| **ETH2MTA-1**  |                                   |                 |                 |
| TI             | $-5.90 \pm 0.02$                  | $10.75 \pm 0.02$| $16.65 \pm 0.00$|
| BAR            | $-5.90 \pm 0.01$                  | $10.75 \pm 0.01$| $16.65 \pm 0.01$|
| **ETH2MTA-2**  |                                   |                 |                 |
| $^{a}$TI       | $-5.91 \pm 0.02$                  | $12.50 \pm 0.02$| $18.41 \pm 0.00$|
| $^{a}$BAR      | $-5.91 \pm 0.02$                  | $12.50 \pm 0.02$| $18.41 \pm 0.00$|

|                | Absolute $\Delta G_{abs}$ | $\Delta G_{abs}^{aq}$ | $\Delta G_{abs}^{gas}$ |
|----------------|---------------------------|------------------------|------------------------|
| **Ethane**     |                           |                        |                        |
| TI             | $2.25 \pm 0.02$           | $-11.11 \pm 0.02$      | $-8.86 \pm 0.00$       |
| BAR            | $2.25 \pm 0.02$           | $-11.11 \pm 0.02$      | $-8.86 \pm 0.00$       |
| **Methylamine**|                           |                        |                        |
| TI             | $-3.62 \pm 0.02$          | $-22.99 \pm 0.02$      | $-26.61 \pm 0.00$      |
| BAR            | $-3.62 \pm 0.02$          | $-22.98 \pm 0.02$      | $-26.61 \pm 0.00$      |
| **Ethane → Methylamine** | $\Delta \Delta G_{solv}$ |                        |                        |
| TI             | $-5.87 \pm 0.02$          |                        |                        |
| BAR            | $-5.87 \pm 0.02$          |                        |                        |

$^{a}$ naive approach, see introduction;

$^{b}$ to $107.691^\circ$ equilibrium angle and $3.55$ kcal/rad$^2$ force constant;

$^{c}$ both to $107.14^\circ$ equilibrium angle and $3.55$ kcal/rad$^2$ force constant.
## 5.3.4 Methane–Ammonia

![Methane→Ammonia transformation](image)

**Figure 15:** Methane→Ammonia transformation, Ammonia endpoint

| Relative   | $\Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ |
|------------|--------------------------|-------------------------|--------------------------|
| MET2AMM-1  |                          |                         |                          |
| TI         | -6.22 ± 0.02             | -7.16 ± 0.02            | -0.95 ± 0.00             |
| BAR        | -6.21 ± 0.01             | -7.16 ± 0.01            | -0.95 ± 0.01             |
| MET2AMM-2a |                          |                         |                          |
| TI         | -6.05 ± 0.02             | -5.46 ± 0.02            | 0.59 ± 0.00              |
| BAR        | -6.05 ± 0.02             | -5.46 ± 0.02            | 0.59 ± 0.01              |
| MET2AMM-3b |                          |                         |                          |
| TI         | -5.60 ± 0.02             | -4.83 ± 0.02            | 0.77 ± 0.00              |
| BAR        | -5.61 ± 0.02             | -4.83 ± 0.02            | 0.77 ± 0.01              |

| Absolute   | $\Delta G_{\text{abs}}^{\text{solv}}$ | $\Delta G_{\text{abs}}^{\text{aq}}$ | $\Delta G_{\text{abs}}^{\text{gas}}$ |
|------------|------------------------------------------|---------------------------------------|---------------------------------------|
| Methane$^c$|                                          |                                       |                                       |
| TI         | 2.38 ± 0.02                              | -2.38 ± 0.02                          | 0.00 ± 0.00                          |
| BAR        | 2.38 ± 0.01                              | -2.38 ± 0.01                          | 0.00 ± 0.00                          |
| Ammonia    |                                          |                                       |                                       |
| TI         | -3.81 ± 0.01                             | 3.81 ± 0.01                           | 0.00 ± 0.00                          |
| BAR        | -3.82 ± 0.01                             | 3.82 ± 0.01                           | 0.00 ± 0.00                          |

| Methane$^c$→Ammonia | $\Delta G_{\text{abs}}^{\text{solv}}$ |
|---------------------|----------------------------------------|
| TI                  | -6.19 ± 0.02                           |
| BAR                 | -6.20 ± 0.01                           |

$^a$ simulated with angle force constants from Methane, however with equilibrium angles adjusted to 111.749°;

$^b$ naive approach, see introduction;

$^c$ with 567 water molecules;

$^d$ all to 111.749° equilibrium angle and 3.55 kcal/rad$^2$ force constant.
### 5.3.5 Ethane–Ammonia

![Figure 16: Ethane→Ammonia transformation, Ammonia endpoint](image)

| Relative | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ |
|----------|-------------------------------|------------------------|------------------------|
| **ETH2AMM-1** |                               |                        |                        |
| TI       | -6.08 ± 0.02                  | -16.49 ± 0.02          | -10.41 ± 0.00          |
| BAR      | -6.08 ± 0.02                  | -16.49 ± 0.02          | -10.41 ± 0.01          |
| **ETH2AMM-2**<sup>a</sup> |                               |                        |                        |
| TI       | -5.91 ± 0.02                  | -14.75 ± 0.02          | -8.84 ± 0.00           |
| BAR      | -5.91 ± 0.02                  | -14.75 ± 0.03          | -8.84 ± 0.01           |
| **ETH2AMM-3**<sup>b</sup> |                               |                        |                        |
| TI       | -5.69 ± 0.02                  | -14.08 ± 0.02          | -8.39 ± 0.00           |
| BAR      | -5.69 ± 0.02                  | -14.08 ± 0.02          | -8.39 ± 0.00           |
| **Absolute** | $\Delta G_{\text{abs}}$ | $\Delta G_{\text{abs}}$ | $\Delta G_{\text{abs}}$ |
| Ethane   |                              |                        |                        |
| TI       | 2.25 ± 0.02                   | -11.11 ± 0.02          | -8.86 ± 0.00           |
| BAR      | 2.25 ± 0.02                   | -11.11 ± 0.02          | -8.86 ± 0.00           |
| Ammonia  |                              |                        |                        |
| TI       | -3.81 ± 0.01                  | 3.81 ± 0.01            | 0.00 ± 0.00            |
| BAR      | -3.82 ± 0.01                  | 3.82 ± 0.01            | 0.00 ± 0.00            |
| Ethane → Ammonia | $\Delta \Delta G_{\text{abs}}$ | $\Delta G_{\text{abs}}$ | $\Delta G_{\text{abs}}$ |
| TI       | -6.06 ± 0.02                  |                         |                        |
| BAR      | -6.07 ± 0.02                  |                         |                        |

<sup>a</sup> simulated with angle force constants from Ethane, however with equilibrium angles adjusted to 111.749°;

<sup>b</sup> naive approach, see introduction;

<sup>c</sup> all to 111.749° equilibrium angle and 3.55 kcal/rad² force constant.
## 5.4 Dual Topology junctions

### 5.4.1 Acetone–2-Propenol dual topology

![Acetone–2-Propenol dual topology](image)

Figure 17: Acetone→2-Propenol transformation with dual topology, both endpoints

| Relative   | $\Delta \Delta G_{\text{solv}}$ | $\Delta G_{\text{aq}}$ | $\Delta G_{\text{gas}}$ |
|------------|---------------------------------|------------------------|------------------------|
| ACE2PEOL-2 |                                 |                        |                        |
| TI         | 1.02 ± 0.02                     | -23.00 ± 0.02          | -24.01 ± 0.01          |
| BAR        | 1.02 ± 0.02                     | -22.99 ± 0.03          | -24.01 ± 0.01          |
| ACE2PEOL-3a|                                 |                        |                        |
| TI         | 1.05 ± 0.02                     | -22.77 ± 0.02          | -23.82 ± 0.00          |
| BAR        | 1.05 ± 0.02                     | -22.77 ± 0.02          | -23.82 ± 0.00          |

| Absolute   | $\Delta G_{\text{solv}}^{\text{abs}}$ | $\Delta G_{\text{aq}}^{\text{abs}}$ | $\Delta G_{\text{gas}}^{\text{abs}}$ |
|------------|----------------------------------------|-------------------------------------|-------------------------------------|
| Acetone    |                                         |                                     |                                     |
| TI         | -4.28 ± 0.02                           | 40.90 ± 0.02                        | 36.62 ± 0.00                        |
| BAR        | -4.27 ± 0.02                           | 40.89 ± 0.02                        | 36.61 ± 0.00                        |
| 2-Propenol |                                         |                                     |                                     |
| TI         | -3.23 ± 0.02                           | 63.66 ± 0.02                        | 60.43 ± 0.00                        |
| BAR        | -3.23 ± 0.02                           | 63.66 ± 0.02                        | 60.43 ± 0.00                        |

| Acetone → 2-Propenol | $\Delta \Delta G_{\text{solv}}^{\text{abs}}$ |
|----------------------|-----------------------------------------------|
| TI                   | 1.05 ± 0.03                                   |
| BAR                  | 1.04 ± 0.02                                   |

$^a$ naive approach, see introduction;

$^b$ none in addition to what is anyway deleted in dual topology, i.e. any (bonded) terms spanning between the branches of the endstates (blue and orange);

$^c$ Acetone endpoint, all to 109.54° equilibrium angle and 3.55 kcal/rad² force constant;

$^d$ 2-Propenol endpoint, all to 111.23° equilibrium angle and 3.55 kcal/rad² force constant.
6 Comparison of absolute solvation free energies from simulation with experiment

Absolute solvation free energies for small molecules calculated with the cgenff force field family are not readily available in the literature; therefore, we list them here for our model compounds. We compare these to the experimental values compiled in the Minnesota Solvation Database, as well as to recently reported computational results. For the four systems for which a comparison to Ref. 19 is possible, the agreement is excellent. By contrast, the numbers reported by Huenenberger and co-workers differ systematically. However, one should keep in mind the following differences in simulation setup. Calculations were carried out with GROMACS rather than CHARMM. Lennard-Jones interactions were truncated with a force switching function rather than switching the potential energy used in this work and in Ref. 19. A long-range correction for Lennard-Jones interactions was applied, which was not done here since our primary focus was closing the thermodynamic cycle (Fig. 1b of the main manuscript).
Table 1: Absolute aqueous solvation free energies for compounds used in this work

| solute                | $\Delta G_{\text{abs}}^{\text{solv}}$ (this work) | $\Delta G_{\text{abs}}^{\text{solv}}$ experiment$^d$ | $\Delta G_{\text{abs}}^{\text{solv}}$ (Ref. 19) | $\Delta G_{\text{abs}}^{\text{solv}}$ (Ref. 20) |
|-----------------------|-----------------------------------------------|------------------------------------------------|--------------------------------|--------------------------------|
| Hexane                | 2.82 ± 0.06                                   | 2.49                                            | -                               | -                               |
| Propane               | 2.33 ± 0.03                                   | 1.96                                            | 2.77                            | 2.42                            |
| Toluene$^a$           | -0.10 ± 0.05                                  | -0.89                                           | -0.61                           | -0.61                           |
| Toluene$^a$           | -0.08 ± 0.03                                  | -0.89                                           | -0.61                           | -0.61                           |
| Methane$^b$           | 2.40 ± 0.02                                   | 2.00                                            | -                               | -                               |
| Methane$^b$           | 2.38 ± 0.02                                   | 2.00                                            | -                               | -                               |
| Ethane                | 2.25 ± 0.02                                   | 1.83                                            | 2.23                            |                                 |
| Methanol              | -4.69 ± 0.02                                  | -5.11                                           | -4.68                           | -4.60                           |
| Water                 | -6.89 ± 0.01                                  | -6.91                                           | -6.91                           | -6.61                           |
| Water$^c$             | -6.88 ± 0.01                                  | -6.91                                           | -6.91                           | -6.61                           |
| Pyridine              | -4.75 ± 0.03                                  | -4.70                                           | -                               | -5.00                           |
| Propenol              | -4.28 ± 0.05                                  | -4.83                                           |                                 |                                 |
| Dimethylether         | -1.02 ± 0.02                                  | -1.92                                           |                                 |                                 |
| Phenol                | -4.78 ± 0.04                                  | -6.62                                           | -4.72                           |                                 |
| Cyclohexadienone      | -4.77 ± 0.04                                  | -                               |                                 |                                 |
| Methylamine           | -3.62 ± 0.02                                  | -4.56                                           |                                 |                                 |
| Ammonia               | -3.81 ± 0.01                                  | -4.29                                           |                                 |                                 |
| Acetone               | -4.28 ± 0.02                                  | -3.85                                           | -4.52                           |                                 |
| 2-Propenol            | -3.23 ± 0.02                                  | -                               |                                 |                                 |

$^a$duplicate ensemble of five simulations with a different number of water molecules; $^b$duplicate ensemble of five simulations with the same number of water molecules; $^c$instead of the 1 fs integration step used in all other simulations, due to the small physical molecule size, a 0.25 fs integrator step was used here; $^d$experimental values from Minnesota Solvation Database.
7 Integrand $\langle \frac{\partial U}{\partial \lambda} \rangle$ for PRP2DIM-2/3

Figure 18: Plot of the integrand $\langle \frac{\partial U}{\partial \lambda} \rangle_\lambda$ (in kcal/mol) as a function of $\lambda$ ($0.6 \leq \lambda \leq 1$) when using the usual 21 intermediate states (PRP2DIM-2) vs. a finer spacing near $\lambda = 1$ (PRP2DIM-3). For the reasons discussed in the main text, the integrand varies rapidly near $\lambda = 1$, which leads to a systematic error during numerical quadrature. The plot is shown for the gas phase, but the behavior is almost identical in aqueous solution, leading to fortuitous error cancellation for PRP2DIM-2 using TI for $\Delta \Delta A_{solv}$; cf. the main manuscript.
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