An Altered Ratio of CD4+ And CD8+ T Lymphocytes in Cervical Cancer Tissues and Peripheral Blood – A Prognostic Clue?

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Abstract

Background: Several studies have provided evidence of CD4+ and CD8+ lymphocyte infiltration in various malignancies with probable implications for prognosis. Cervical cancer accounts for a major part of the cancer burden in the developing world. Study of genetically and ethnically diverse Indian cervical cancer patients is necessary to assess effects on lymphocytic infiltration of tumour tissue. Methods: This observational study was conducted over a period of 12 months with selected cervical cancer patients meeting inclusion criteria. Samples of cervical cancer tissue and peripheral blood were obtained and tumour infiltration with CD4+ and CD8+ lymphocytes was noted. Cell numbers were quantified by flow-cytometry and proportions compared between tumour and peripheral blood samples. Results: Tumour infiltration was noted with both CD4+ (13.93±10.95) and CD8+ (19.5±12.05) lymphocyte subtypes. However, compared to peripheral blood, CD4+ cells were significantly less predominant in tumour tissue (p, 0.0013). There was a statistically significant (p, 0.0004) reversal of the ratio of CD4+ and CD8+ in the tumour tissue (0.68±0.39) compared to peripheral blood (1.5±0.66) with maximal alteration in higher stage disease. Conclusion: The study revealed that T lymphocyte infiltration of cervical cancer tissue occurs but the ratio of CD4+ to CD8+ subtypes is significantly lower than in peripheral blood, especially with in advanced stages of disease. The clinical implications of such a reversal of CD4+ and CD8+ ratios is unknown, but might have prognostic significance.

Keywords: Tumour infiltrating lymphocytes- cervical cancer- CD4- CD8

Introduction

After the successful researches related to immunology by Paul Ehrlich, the newer concepts started evolving with newer researches in this field (Bosch and Rosich, 2008; Turk, 1994). Gradually the term immune surveillance was coined in the field of tumour. Spontaneous regression of certain tumours was probably the eye opener for the scientists to put more stress on the theory proposed by Paul Ehrlich. It is also claimed that immune system may serve to prevent emergence of cancer and cellular immunity may provide a critical role in protection against tumours (Saranchova et al., 2016). The tumour infiltrating lymphocytes are considered to be part of the tumour surveillance system (Umansky et al., 1996). T lymphocytes were found to infiltrate human tumours in many cases and has often been implicated with the prognosis of the disease, both positive and negative (Disis et al., 2009). It was claimed that presence of TIL resulted in antitumour response in several types of cancer like ovarian, pancreatic or colorectal carcinoma; and was correlated with a better prognosis (Fukunaga et al., 2004; Prall et al., 2004; Ruffini et al., 2009; Sato et al., 2005). Role of CD4+ and CD8+ lymphocytes has drawn attention of the researchers and resulted in controversies due to observed differences in their of action. It is considered that CD4+ T-cell response can elicit both immune stimulatory or immune inhibitory effects (Pardoll and Topalian, 1998). CD8+ T cells of the immune system are able to distinguish between normal cells and cancerous or virus-infected cells by monitoring major histocompatibility complex class I (MHC-I) molecules on the cell surface (Alimonti et al., 2000; Gabathuler et al., 1994; Saranchova et al., 2016). Considering the controversies about the role of CD4+ T cells, it was described as a ‘double-edged immunologic sword’ because CD4+ T cells play a central role in initiating and maintaining anticancer immune responses (Bevan, 2004; Shah et al., 2011; Toes et al., 1999). But the CD8+ T Cells can recognise tumour antigens bound in class 1 MHC molecules in the tumour cells and directly kill them (Ye et al., 2007). The generation of tumour-specific cytotoxic T lymphocyte (CTL) responses depend on the help of activated CD4+ T cells, which recognize tumoural antigens presented with class II MHC molecules on
Materials and Methods

This was an observational study conducted in the Rotary Cancer Hospital of All India Institute of Medical Sciences, New Delhi, India during January 1996 to May 1997. Permission from the Institutional review Board was obtained before starting the study. Written informed consents were obtained from all participating patients.

All the consenting patients between age 18-65 years, diagnosed to be suffering from Cervical Cancer were screened for inclusion and exclusion criteria during the study period. Random sampling was done for enrollment of the screened patients and serial enrollment was done over a period of 12 months. Histologically, all patients had either non-keratinising or keratinising squamous cell carcinoma of uterine cervix of any size and none of the patients received chemotherapy at the time of study. Patients with positive serology for HIV, hepatitis B, Hepatitis C; patients suffering from other major systemic diseases which might affect immunity, those receiving any immunosuppressive therapy and those with ECOG 3 or 4 were excluded for this study.

Age of the patient, present symptoms, duration of symptoms, record of any past illness, menstrual history, obstetrical history, family history of cancer and personal history with particular emphasis on socio economic status, marital status, any addiction and level of genital hygiene were noted. Performance statuses of the patients were noted by using ECOG status. Local disease assessment was done by gentle speculum examination with well lubricated gloved index and middle finger, to assess former volume, consistency, fornical involvement, and vaginal wall infiltration. Position, size, consistency and mobility of uterus was assessed and parametral evaluation done.

Investigations done were hematological, renal and hepatic function tests along with blood glucose profile. Chest x-ray, urine analysis, intravenous pyclography, ultrasound examination of abdomen and pelvis, CT scan of abdomen and pelvis. Proctosigmoidoscopy and cystoscopy were done in patients as and when indicated.

Blood and tumour tissues were collected in the same visit for each patient. Tumour tissue were obtained using cervical punch biopsy forceps. In the next step Single cell suspension were prepared from blood and cervical tissues.

Preparation of single cell suspension from blood and cervical tissue: Single cell suspension from blood and cervical tissues were prepared by enzymatic digestion. Whole blood was collected, 10µl was taken in each tube, treated with specific monoclonal antibody labeled with FITC (fluorecein isothiocyanate for CD4+ Cells) and PE (phycoerythrin for CD8+ cells) respectively (Axberg et al., 1991; Imlach et al., 2001; Johnson, 2015; Kenny et al., 2000). After labeling, red blood cells were lysed by hypotonic shock with lynyng solution. About 10,000 events were acquired in FAC SCAN and analysis was done using the lyses II programme. Percent of CD4+ and CD8+ T cells were calculated and ratio of CD4+:CD8+ was established (Hernandez et al., 2005; Picot et al., 2012).

For TILS, the method was same except preparation of single cell suspension, which was done by the combination of enzymatic and mechanical disaggregation of tumour cells, following the protocol standardized in the Biotechnology Laboratory of the Institute. The result was expressed in terms of percent CD4+, CD8+ as well as ratio of CD4+ with CD8+.

Statistical analysis

Data were analysed by using SPSS version 16 and Open EPI version 3 softwares (Dembe et al., 2011; Scotch et al., 2006). Other than descriptive statistics, the mean values were compared statistically by unpaired t-test. P values of <0.05 were considered significant. Data were expressed as mean and standard deviation (SD).

Results

Total 20 patients were enrolled for the study (n=20) and all of them were suffering from invasive squamous cell carcinoma of cervix. All of them were married female with age between 28-65 years. All of them had history of childbirth, and most of them, multiple numbers of pregnancies (Table 1). Mean age of the enrolled patients were 48 years (SD = 9.98).

All the enrolled patients were having ECOG
The tumour volume assessment was done by gentle manual digital examination at the time of initial inspection. The findings were confirmed by CT scan findings later. Tumour size was highly variable between two extremes, the largest becoming 38.4 cm² where the smaller one had a size of 27 cm². The mean volume was, however 121.45±85.36 cm². Clinical staging was also done for all the patients (Table 1).

The samples of peripheral blood and the cervical tumour tissue were analyzed for lymphocytes including the CD4+ and CD8+ subpopulations. The numbers of tumour infiltrating lymphocytes (TIL) were compared to that of peripheral blood (Figure 1 and 2). Evidence of tumour infiltration with lymphocyte was evident. However, TIL could not be isolated from one patient. Both CD4+ and CD8+ infiltration was noted in the collected tumour samples. CD4+ count was higher in the peripheral blood sample compared to tumour tissue and the difference was statistically significant (p, 0.0013). However, CD8+ count in the tumour and peripheral blood were similar (p, 0.83). A reversal of ratio was noted which was significant statistically (p value, 0.00004)

The tumour volume assessment was done by gentle manual digital examination at the time of initial inspection. The findings were confirmed by CT scan findings later. Tumour size was highly variable between two extremes, the largest becoming 384 cm² where the smaller one had a size of 27 cm². The mean volume was, however 121.45±85.36 cm². Clinical staging was also done for all the patients (Table 1).

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### Table 1. Baseline Demographic Parameters

| Parameter                  | Number (n=20) | Percent (%) |
|----------------------------|--------------|-------------|
| Age range                  |              |             |
| 25-35 years                | 3            | 15          |
| 36-45 years                | 4            | 20          |
| 46-55 years                | 11           | 55          |
| > 55 years                 | 2            | 10          |
| Menstrual status           |              |             |
| Premenopausal              | 7            | 35          |
| Postmenopausal             | 13           | 65          |
| Parity                     |              |             |
| <4 (1-4)                   | 7            | 35          |
| >4                         | 13           | 65          |
| Performance status         |              |             |
| ECOG 1                     | 14           | 70          |
| ECOG 2                     | 6            | 30          |
| Symptoms                   |              |             |
| Bleeding PV                | 20           | 100         |
| Discharge PV               | 17           | 85          |
| Abdominal pain             | 8            | 40          |
| Low backache               | 3            | 15          |
| Duration of symptom        |              |             |
| < 6month                   | 14           | 70          |
| 6-12 months                | 5            | 25          |
| >12 months                 | 1            | 5           |
| Clinical stage             |              |             |
| II B                       | 6            | 30          |
| III B                      | 14           | 70          |
| Tumour volume (mean= 121.45 ± 85.36) |              |             |
| <100 cm²                   | 10           | 50          |
| > 100 cm²                  | 10           | 50          |
| Tumour histology           |              |             |
| Non keratinizing SCC       | 14           | 70          |
| Keratinizing SCC           | 6            | 30          |

Values are in number ± standard deviation; CD4+ and CD8+ are in percent

### Table 2. Menstrual Status and Lymphocyte Subpopulation

|                       | Peripheral blood | Tumour tissue |
|-----------------------|------------------|---------------|
|                       | Premenopausal (n=7) | Postmenopausal (n=13) | p | Premenopausal (n=7) | Postmenopausal (n=13) | p |
| CD4+                  | 25.88±7.03       | 24.69±9.65   | 0.77 | 13.63±10.55   | 14.09±11.58   | 0.93 |
| CD8+                  | 17.11±2.15       | 22.12±8.31   | 0.05 | 20.68±14.05   | 18.87±11.4    | 0.74 |
| CD4+/CD8+             | 1.54 ± 0.50      | 1.12 ± 0.79  | 0.16 | 0.65 ± 0.41   | 0.69 ± 0.39   | 0.83 |

Figure 1. Extent of CD4+ and CD8+ Infiltration in the Tumour Tissue and Mean Value in the Peripheral Blood. CD4+ & CD8+ values are shown as percent values.

Figure 2. Ratio of CD4+ and CD8+ in Peripheral Blood and Tumour Tissue. Footnote: A reversal of ratio was noted which was significant statistically (p value, 0.00004)
As a result, the CD4+/CD8+ ratio was different in tumour tissue (0.68±0.39) compared to peripheral blood (1.5±0.66). The CD4+/CD8+ ratio was also significantly higher in peripheral blood (p <0.0001).

Further analysis was carried out to find out any possible relationship of CD4+ and CD8+ subpopulation of lymphocytes in respect to menopausal status, tumour size, ECOG status and stage of the disease. Count of CD4+ cells were almost similar in the peripheral blood in pre and post menopausal patients. But a higher CD8+ cell count were recorded in the peripheral blood in the post menopausal patients compared to premenopausal (p value, 0.05). Tumour infiltration with CD4+ and CD8+ were noted irrespective of the menstrual status of the patients. However, the counts of CD4+ and CD8+ in the tumour tissue were different from the peripheral blood. The variation in the CD4+ and CD8+ in the tumour tissue in relation to menopausal status were not significant statistically. Reversal of CD4+/CD8+ ratio in the tumour tissue in comparison to peripheral blood were consistent in both pre and post-menopausal patients (Table 2).

Infiltration of the tumour tissue with CD4+ and CD8+ lymphocytes were noted in the patients of different performance status. The counts of both lymphocyte subtypes were similar in peripheral blood irrespective of the performance status. Higher amount of infiltration were noted for both the lymphocyte subtypes in patients with poorer performance status. Count of CD8+ in the tumour tissue was higher than that of peripheral blood in the patients with poorer performance status. Reversal of the ratio of CD4+/CD8+ was consistent in both ECOG1 and ECOG2 performance status patients (Table 3).

Tumour infiltration was noted in the patients of all stages of disease. Again, higher amount of infiltration were noted in higher stages of disease. CD8+ count was marginally higher in the tumour tissue of stage III disease in comparison to peripheral blood. Again, reversal of CD4+/CD8+ ratio in the tumour tissue in comparison to peripheral blood were noted and such reversal were consistent irrespective of the stage of disease (Figure 3).

Higher amount of tumour infiltration with both CD4+ and CD8+ were noted in the more voluminous tumours. Such differences were not statistically significant. Again, the mean values of CD8+ were higher in the tumour tissue compared to peripheral blood of higher stage disease (Figure 4).

Discussions

In the present study, the cervical tumour tissue and peripheral blood of the patients of cervical carcinoma patients were obtained at the same sitting and the samples were analyzed to find CD4+ and CD8+ lymphocyte subpopulation. Evidence of lymphocyte infiltrations of the tumour was noted in all the patients and it was positive for both CD4+ and CD8+ subpopulation. CD4+ percent

| Performance Status | Peripheral Blood | Tumour Tissue | p | Peripheral Blood | Tumour Tissue | p |
|--------------------|-----------------|---------------|---|-----------------|---------------|---|
| ECOG1 (n=14)       | 25.06±8.68      | 24.84±9.62    | 0.96 | 11.81±10.49     | 18.86±11.30   | 0.22 |
| ECOG2 (n=6)        | 19.92±6.75      | 19.43±7.84    | 0.97 | 16.84±10.08     | 25.72±13.50   | 0.18 |
| CD4+/CD8+          | 1.49±0.76       | 1.48±0.79     | 0.87 | 0.62±0.38       | 0.81±0.41     | 0.35 |

Values are in number ± standard deviation; CD4+ and CD8+ in percent.
in the peripheral blood were significantly higher in the peripheral blood compared to tumour tissue though CD8+ percent were almost similar in both. The ratio of CD4+ and CD8+ was reversed in the tumour tissue compared to that of peripheral blood. Further analysis was done to compare the difference of CD4+ and CD8+ percent in the different subgroups made according to the menopausal status, performance status, disease stage and tumour size. Higher amount of infiltration were noted in the patients with higher stage disease, larger size tumour and poorer performance status. Cell count of CD8+ in the tumour was higher than the count in the peripheral blood in higher stage diseases and more voluminous tumours. None of the differences were statistically significant. However, CD4+ : CD8+ were consistently reversed in the tumour tissue in comparison to peripheral blood across all the subgroups. This was indicative of higher percent of CD4+ in peripheral blood compared to the tumour tissue.

Tumour infiltration of lymphocytes

Tumour infiltration with lymphocytes was noted by several researchers in different types of cancers including breast, prostate, oesophagus, lung, melanoma or different squamous cell carcinomas (Adams et al., 2014; Itoh et al., 1991; Li et al., 2016; Mishra et al., 2016; Nardone et al., 2016; Semeraro et al., 2016). TIL was also observed in the cervical cancers by several researchers (Brustmann et al., 2015; Hou et al., 2012; Wu et al., 2012). Among the different cells, CD4+, CD8+, CD25, CD4+5 and regulatory T cells (Foxp3) were some significant one (Bedoya et al., 2013; Gorter et al., 2015; Patel and Chiplunkar, 2009). The present study also detected the presence of CD4+ and CD8+ lymphocytes in the tumour tissue from cervix which is an evidence of TIL.

Tumour-infiltrating lymphocytes are considered as manifestations of the recognition and defense against malignant cells by the host immune system. Unfortunately, even with the presence of TIL in the tumour tissues, they often fail to control the growth of tumour (Chiou et al., 2005). However, several researchers commented that immunosurveillance against cancer is possible a implication of TIL and is linked to the prognosis of several types of cancers. In many cases TIL was considered to be associated with a better prognosis (Dieci et al., 2015; Katz et al., 2013; Kim et al., 2016; Li et al., 2016; Liakou et al., 2007). Dysfunction of TILs was also linked to failure of immunosurveillance against cancer (Chiou et al., 2005; Gajewski et al., 2006; Liakou et al., 2007). Immunotherapy was developed to exploit the possible role of such immune defense mechanism against cancer. Cytotoxic T cells were used successfully for this role (Benchetrit et al., 2003; Ye et al., 2007). Tumour-infiltrating lymphocyte therapy has consistently yielded durable clinical responses in selected patients with metastatic melanoma and is now being increasingly applied to treat other solid tumours, including head and neck squamous cell carcinoma, cervical cancer, breast cancer, and lung cancer (Radvanyi, 2015; Sim et al., 2014; Wu et al., 2012). However, the present study did not aim to detect any such findings.

Peripheral blood, CD4+ count and ratio of CD4/CD8

Uppal et al., (2003) reported normal values of CD4+ and CD8+ lymphocyte subsets in the blood of healthy Indian adults by flow cytometry method. The mean values of CD4+ and CD8+ were 40.2 and 31.3% respectively and the CD4/CD8 ratio was 1.7. There was gender variation in the counts and the ratio. The corresponding CD4/CD8 ratio males and females were 1.55 and 1.92. In the males, the corresponding level of CD4+ and CD8+ were 39.09% and 32.41% respectively; in females the CD4+ and CD8+ were 41.71% and 29.71% respectively. There is considerable ethnic variation in the CD4+/CD8+ ratio in the peripheral blood of healthy adults. The CD4+/CD8+ ratio in the peripheral blood of healthy adults of China, USA and UK were 1.49, 1.4 and 1.51 respectively (Bofill et al., 1992; Jiang et al., 2004; Reichert et al., 1991). Though the ratios were different across countries and population subset, the CD4+ level were consistently higher in comparison to CD8+ in the peripheral blood. The differences were statistically significant across all the studies mentioned. The present study also supports the previous findings of higher proportion of CD4+ compared to CD8+ in the peripheral blood. However, the ratio of CD4+/CD8+ was found to be different from the earlier studies. The present study had detected a much lower ratio of CD4/CD8 at 1.5 in comparison to earlier Indian study which estimated the ratio 1.9 for the healthy Indian females. It is unclear that whether the lowered ratio in the present study is attributable to the disease process.

CD4+ count

It was considered that maintaining and initiating anticancer immune response is one central role of CD4+ T cells (Pardoll and Topalian, 1998; Toes et al., 1999). During the primary antigen specific response, CD4+ cells help the CD8+ cells to develop long lasting functional memory cells (Bevan, 2004). Potential role of the CD4+ T lymphocytes were also found important in the anti-tumour immunity resulting from the adoptive transfer of CD8+ T lymphocytes where it helps in persistence of the CD8+ subpopulation (Dudley et al., 2002). However, the presence of subset of CD4+ T cells, referred to as CD4+CD25+ regulatory T cells (Treg), in the TIL suppress the proliferation of effector T lymphocytes (effector function of CD8+ T cells) and has negative influence in the prognosis of certain cancers (Fu et al., 2007; Yu and Fu, 2006). Again, certain other cancers, like oesophageal squamous cell carcinoma and follicular B cell lymphoma, were not found to be associated with the negative prognostic role of Treg. In fact, in these cases, Tregs was associated with either no prognostic role or even better prognosis (Lee et al., 2008; Yoshioka et al., 2008). The present study detects CD4+ infiltration in the TIL and a relatively higher proportion of CD4+ with more advanced disease or larger tumours. However, the CD4+ count in TIL in the present study remained always lower to peripheral blood irrespective of the stage of disease or size of tumour.
Role of CD8 and higher CD8 count in advanced disease

The CD8+ count was found to be linked with invasive cervical carcinoma in a study in high risk human papillomavirus-associated pre-malignant and malignant lesions of the uterine cervix. This study, conducted in a very small sample also found a CD45 were more abundant in such progressing lesions (Monnier-Benoit et al., 2006). A meta-analysis suggested a CD8+ TILs has ‘positive effect’ on survival. Incidentally, this meta-analysis also reported that the beneficial prognosis were mostly from the studies were on ovarian and colorectal cancers, smaller samples and shorter median follow up (Gooden et al., 2011). Another study on cervical cancer patients suggested that a robust CD8+ response is usually associated with no lymph node metastasis in large early stage cancers (Piersma et al., 2007). The present study also found higher CD8+ count in stage III diseases and larger tumours. However, implication of this finding is unknown.

CD4/CD8 ratio and the possible implications

As the antitumour immune response is mainly attributable to cell mediated immunity, activation of both CD4+ and CD8+ subsets of T lymphocytes are required for the efficient immune response to destroy the tumour cells (Dudley et al., 2002; Ho et al., 2002; Pardoll and Topalian, 1998; Toes et al., 1999). So, in this scenario, Shah et al. (2011) suggested that ‘infiltration of the tumour site with high numbers of CD8+ TILs would be desirable (Shah et al., 2011). They had suggested that “the ratio of CD4+/CD8+ T cells is likely a key parameter for appropriate TIL function; this ratio may be different for different types of cancer”. They found a lower ratio CD4+/CD8+ in the tumour stroma in higher FIGO stage patients and the patients who died compared to the surviving patients. They suggested a poorer prognosis of the patients with reversed CD4/CD8. Altered CD4+/CD8+ in the TIL, as noted in the present study were also reported in other studies conducted on the cervical cancer patients (Sheu et al., 1999). A similar lowering was noted in the present study also. Though conduction of survival analysis was beyond the objectives of the present study, it could be assumed that the Indian females with cervical cancer suffer from reversed ratio of CD4+/CD8+, similar to their counterparts of the rest of the world with a similar prognostic implication.

Limitations

Small sample size was a limitation of the present study. Also, the study did not separately determine TIL from tumour stroma and tumour nest. The study did not prospectively followed the patients which could further enlighten about prognostic implication of the altered CD4+/CD8+ in the TIL. The status of HPV infections, which is often found in cervical cancer patients, were also not taken in to account in this study. In spite of these limitations, this study aims to determine the TIL in cervical cancer patients in the Indian patients, who might have specific implications due to separate genetic make-up of Indian females compared to other parts of the world.

In Conclusions it could be concluded that there is infiltration of the cervical tissue by the T lymphocytes in the cervical cancer patients. Higher amount of infiltration were noted in the patients with advanced stages of diseases, larger tumour and poorer performance status. The ratio of CD4 and CD8 lymphocytes in the tumour infiltrate is reversed in comparison to peripheral blood. The clinical implication of such reversal of CD4 and CD8 is unknown, but the ratio is more reduced with higher stages of disease. So, alteration of the ratio and higher amount of infiltration might have some prognostic implications. However, larger prospective studies are recommended before considering the findings of this study for decision making in the global scenario.

Disclosure

1. Conflict of interest : Nil
2. Source of funding: Nil.

All investigations were done free of cost by the Department of Biotechnology, All India Institute of Medical Sciences, New Delhi.

Acknowledgements

We sincerely extend out thanks to the staff of the Rotary Cancer Hospital of All India Institute of Medical Sciences, New Delhi and all the staff of the Department of Biotechnology. Our sincere thanks to all participating patients.

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