A Contrastive Divergence for Combining Variational Inference and MCMC

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Abstract
We develop a method for combining VI and MCMC that improves an explicit variational distribution (i.e., with analytic density) by applying MCMC sampling. The method runs a few iterations of an MCMC chain initialized with a sample from the explicit distribution, so that each MCMC step successively improves the initial distribution.

Combining VI and MCMC in this way is challenging. Specifically, fitting the parameters of the explicit variational distribution is intractable under the standard VI framework. This is because the improved distribution, obtained by MCMC sampling, is defined implicitly, i.e., its density cannot be evaluated. Thus, we cannot minimize the Kullback-Leibler (KL) divergence between the improved variational distribution and the true posterior of interest.

To address this challenge, we develop a divergence that allows combining VI and MCMC in a principled manner. We refer to it as variational contrastive divergence (VCD). The VCD replaces the standard KL objective of VI, enabling tractable optimization. The key property of the VCD is that it is possible to obtain unbiased estimates of its gradient to perform stochastic optimization (Robbins & Monro, 1951). The VCD differs from the standard KL in that it captures a notion of discrepancy between the improved and the initial variational distributions. The properties of the VCD make it a valid objective function for Bayesian inference: it is non-negative and it becomes zero only when the variational distribution matches the posterior.

Additionally, as the number of MCMC steps increases, the VCD converges asymptotically to the symmetrized KL between the initial explicit variational distribution and the posterior. This implies that the variational distributions fitted by minimizing the VCD will exhibit larger variance than the distributions fitted with the standard KL divergence, even for moderate values of the number of MCMC iterations.

1. Introduction
Variational inference (VI) and Markov chain Monte Carlo (MCMC) are two of the main approximate Bayesian inference methods (Bishop, 2006; Murphy, 2012). While MCMC is asymptotically exact, VI enjoys other advantages: VI is typically faster, makes it easier to assess convergence, and enables amortized inference—a way to quickly approximate the posterior over the local latent variables.

A natural question is whether it is possible to combine MCMC and VI to leverage the advantages of each inference method. Such topic has attracted a lot of attention in the recent literature (see, e.g., Salimans et al., 2015; Maddison et al., 2017; Naesseth et al., 2018; Le et al., 2018; Hoffman, 2017; Li et al., 2017).

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We demonstrate the VCD on latent variable models, where there is a local latent variable corresponding to each observation, and the goal is to fit some global model parameters via approximate maximum likelihood (ML). In this setting, amortized inference allows us to obtain a quick approximation of the posterior over each latent variable. We refine the amortized variational distribution using MCMC, and we use the VCD objective to fit the parameters of the amortized distribution. We show experimentally that the models fitted with the VCD objective have better predictive performance than when we use alternative approaches, including standard VI and the method of Hoffman (2017).

2. Method Description

Here we formally describe the method for refining the variational distribution with Markov chain Monte Carlo (MCMC) sampling, as well as the variational contrastive divergence (VCD) that enables stochastic optimization.

Section 2.1 provides a brief background on variational inference (VI) and introduces the notation. Section 2.2 describes the improved distribution that uses MCMC sampling. Section 2.3 introduces the VCD, and Section 2.4 describes how to form unbiased estimators of its gradient. Finally, Section 2.5 summarizes the full algorithm.

2.1. Background: Variational inference

Consider the joint distribution $p(x, z)$ over the data $x$ and latent variables $z$. We are interested in approximating the posterior $p(z \mid x)$. Consider a variational approximation $q_0(z)$, a family of distributions with parameter $\theta$. The distribution $q_0(z)$ may also depend on $x$ as in amortized VI, where $q_0(z) = q_0(z \mid x)$. To avoid clutter, we simply write $q_0(z)$ throughout this section.

The variational parameter $\theta$ is fitted by minimizing the Kullback-Leibler (KL) divergence between the variational distribution $q_0(z)$ and the posterior $p(z \mid x)$.

$$
\text{KL}(q_0(z) \mid \mid p(z \mid x)) \leq \text{KL}(q_0(z) \mid \mid p(z \mid x)).
$$

(1)

If $q_0(z) \neq p(z \mid x)$, then $q_0(z)$ is strictly closer to the posterior and the above becomes a strict inequality. In the case where $q_0(z) = p(z \mid x)$, then the KL divergence is zero and cannot be reduced, therefore the KL divergence between $q_0(z)$ and the posterior is also zero.

$$
\text{KL}(q_0(z) \mid \mid p(z \mid x)) = \text{KL}(q_0(z) \mid \mid p(z \mid x)) = 0.
$$

(5)

We now develop a triangle inequality that will play an important role in the development of the divergence in Section 2.3. Specifically, we add the non-negative term $\text{KL}(q_0(z) \mid \mid q_0(z))$ to the left-hand side of Eq. 4,

$$
\text{KL}(q_0(z) \mid \mid p(z \mid x)) + \text{KL}(q_0(z) \mid \mid q_0(z))
\geq \text{KL}(q_0(z) \mid \mid p(z \mid x)).
$$

(6)

Triangle inequalities do not hold in general for KL divergences (since the KL is not a norm), but Eq. 6 holds because $q_0(z)$ is an improvement of $q_0(z)$ with the respect to the target $p(z \mid x)$.

While the original variational distribution $q_0(z)$ is typically tractable and allows for direct maximization of the ELBO in Eq. 1, we cannot directly use the improved distribution $q_0(z)$ as the variational approximation. The reason is that the resulting ELBO, given by

$$
\mathcal{L}_{\text{improved}}(\theta) = \mathbb{E}_{q_0(z)} \left[ \log p(x, z) - \log q_0(z) \right],
$$

(7)

presents several challenges. First, the log-density of the improved distribution $\log q_0(z)$ cannot be evaluated because it is implicitly defined through Eq. 3. This makes standard stochastic optimization techniques for Monte Carlo-based maximization of Eq. 7 intractable to apply. Second, the optimization of Eq. 7 can be difficult because $q_0(z)$ depends more weakly on the variational parameters $\theta$ than the initial $q_0(z)$, since the former is closer to the posterior.


\( p(z \mid x) \), which is independent of \( \theta \). In fact, in the limit when the number of MCMC steps is very large \( t \to \infty \), the objective \( \mathcal{L}^{\text{improved}}(\theta) \) becomes independent of \( \theta \). Thus, it is challenging to use the improved distribution as the variational distribution directly.

We next introduce a divergence that can be tractably optimized while avoiding these two challenges.

### 2.3. The variational contrastive divergence

Our goal is to find an alternative divergence that can be tractably and efficiently optimized over \( \theta \). The divergence we wish to find needs to satisfy two conditions: (i) it must be non-negative for any value of the variational parameters \( \theta \), and (ii) it must become zero only when the variational distribution \( q_\theta(z) \) matches the posterior \( p(z \mid x) \).

A first idea to form such a divergence is to start from the inequality in Eq. 4, bring everything to the left-hand side, and express the discrepancy between \( q_\theta(z) \) and its improvement \( q_\theta^{(t)}(z) \) in terms of the difference

\[
\mathcal{L}_{\text{diff}}(\theta) = \text{KL}(q_\theta(z) \mid \mid p(z \mid x)) - \text{KL}(q_\theta^{(t)}(z) \mid \mid p(z \mid x)).
\] (8)

This is a proper divergence since it satisfies the two criteria outlined above. It takes non-negative values because \( q_\theta^{(t)}(z) \) reduces the KL divergence, and it becomes zero only when \( q_\theta(z) = p(z \mid x) \), as discussed in Section 2.2.

However, the objective \( \mathcal{L}_{\text{diff}}(\theta) \) is still intractable to minimize due to the term \( \log q_\theta^{(t)}(z) \) that appears in a similar way as in Eq. 7. To address this, we make use of the triangle inequality in Eq. 6 and modify the divergence above by adding the regularization term \( \text{KL}(q_\theta^{(t)}(z) \mid \mid q_\theta(z)) \), which adds an extra force for reducing the discrepancy between the initial distribution and its improvement. This leads to the VCD divergence:

\[
\mathcal{L}^{\text{VCD}}(\theta) \triangleq \mathcal{L}_{\text{diff}}(\theta) + \text{KL}(q_\theta^{(t)}(z) \mid \mid q_\theta(z)).
\] (9)

The VCD is also a proper divergence. It is non-negative due to the triangle inequality (see Eq. 6) and it becomes zero only when \( q_\theta(z) \) matches the posterior \( p(z \mid x) \).

The VCD in Eq. 9 is tractable, in the sense that we can obtain unbiased stochastic gradients with respect to \( \theta \) without evaluating the density of the improved distribution \( q_\theta^{(t)}(z) \). In fact, unlike most common divergences, we can also obtain unbiased stochastic estimates of the actual value of the VCD. The reason is that the problematic term \( \log q_\theta^{(t)}(z) \) now cancels out. To see that, we rearrange the terms in Eq. 9 (see Appendix 1) and express the divergence as

\[
\mathcal{L}^{\text{VCD}}(\theta) = -\mathbb{E}_{q_\theta(z)} [f_\theta(z)] + \mathbb{E}_{q_\theta^{(t)}(z)} [f_\theta(z)].
\] (10)

The VCD contains two terms. The first term is the negative standard ELBO (Eq. 1), which involves only the tractable distribution \( q_\theta(z) \). The second term is also an expectation of the instantaneous ELBO (Eq. 2), taken with respect to the improved distribution \( q_\theta^{(t)}(z) \) instead. Even though the expectation is taken with respect to \( q_\theta^{(t)}(z) \), the argument of the expectation no longer involves the improved distribution. This allows us to form Monte Carlo estimates of the gradient of \( \mathcal{L}^{\text{VCD}}(\theta) \) with respect to the variational parameters, as detailed in Section 2.4.

### 2.4. Taking gradients of the VCD

We now show how to estimate the gradient of the VCD with respect to \( \theta \). The first term in Eq. 10 is the negative standard ELBO, for which we can obtain unbiased gradients with respect to \( \theta \) by using either the score function estimator (or REINFORCE) (Carbonetto et al., 2009; Paisley et al., 2012; Ranganath et al., 2014) or the reparameterization gradient (Rezende et al., 2014; Titsias & Lázaro-Gredilla, 2014; Kingma & Welling, 2014). Assuming that \( q_\theta(z) \) is reparameterizable as \( \varepsilon \sim q(z), z = h_\theta(\varepsilon) \), then the reparameterization gradient of the (negative) first term is

\[
\nabla_\theta \mathbb{E}_{q_\theta(z)} [f_\theta(z)] = \mathbb{E}_{q(z)} \left[ \nabla_\theta f_\theta(z) \right]_{z=h_\theta(\varepsilon)} \times \nabla_\theta h_\theta(z),
\] (11)

which can be estimated with samples \( \varepsilon \sim q(z) \).

We now focus on the non-standard second term. We express its gradient as an expectation with respect to the improved distribution \( q_\theta^{(t)}(z) \), from which we can sample, thus enabling stochastic optimization. To achieve that, we compute the gradient of the second term in Eq. 10 as the sum of two expectations with respect to \( q_\theta^{(t)}(z) \),

\[
\nabla_\theta \mathbb{E}_{q_\theta^{(t)}(z)} [f_\theta(z)] = -\mathbb{E}_{q_\theta^{(t)}(z)} [\nabla_\theta \log q_\theta(z)] + \mathbb{E}_{q_\theta(z_0)} \left[ \mathbb{E}_{Q^{(t)}(z \mid z_0)} [f_\theta(z)] \nabla_\theta \log q_\theta(z_0) \right].
\] (12)

This expression allows us to form Monte Carlo estimates of

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1 This can be seen by substituting \( q_\theta^{(t)}(z) = p(z \mid x) \) in Eq. 9.
the gradient using samples from \( q_\theta(t) (z) \) and does not require to evaluate the intractable log-density \( \log q_\theta(t) (z) \). Samples from \( q_\theta(t) (z) \) can be obtained by first sampling \( z_0 \sim q_0(z) \) and then running \( t \) MCMC steps, \( z \sim Q^{(t)}(z \mid z_0) \).

**Proof of Eq. 12.** We now show how to derive Eq. 12. We first apply the product rule for derivatives,

\[
\nabla_\theta \mathbb{E}_{q_\theta(t)}[f_\theta(z)] = \int q_\theta(t)(z) \times \nabla_\theta f_\theta(z) \, dz \\
+ \int \nabla_\theta q_\theta(t)(z) \times f_\theta(z) \, dz.
\]

(13)

The first integral is straightforward to unbiasedly approximate by drawing samples from \( q_\theta(t) (z) \), and hence it is directly one of the terms in Eq. 12. Note that, since the model \( p(x, z) \) does not depend on \( \theta \), the gradient of the instantaneous ELBO is \( \nabla_\theta f_\theta(z) = -\nabla_\theta \log q_\theta(z) \).

For the term \( \nabla_\theta q_\theta(t) (z) \) in the second integral, we substitute the definition of the improved distribution in Eq. 3 and apply the log-derivative trick, yielding

\[
\nabla_\theta q_\theta(t)(z) = \nabla_\theta \int Q^{(t)}(z \mid z_0) q_\theta(z_0) \, dz_0 \\
= \int Q^{(t)}(z \mid z_0) q_\theta(z_0) \nabla_\theta \log q_\theta(z_0) \, dz_0.
\]

(14)

Here we have made use of the fact that the \( t \)-step MCMC kernel \( Q^{(t)}(z \mid z_0) \) is independent of \( \theta \). Finally, we obtain Eq. 12 by substituting Eq. 14 into Eq. 13.

**Controlling the variance.** Since the estimator based on (the last line of) Eq. 12 is a score function estimator, it may suffer from high variance. We form a simple control variate to reduce the variance, obtained as an exponentially decaying average of the previous stochastic values.

More in detail, consider the term in the last line of Eq. 12, \( \mathbb{E}_{q_\theta(z_0)} [w_\theta(z_0) \times \nabla_\theta \log q_\theta(z_0)] \), where we have defined \( w_\theta(z_0) \triangleq \mathbb{E}_{Q^{(t)}(z \mid z_0)} [f_\theta(z)] \). This expectation can be equivalently written using a control variate \( C \) as \( \mathbb{E}_{q_\theta(z_0)} [(w_\theta(z_0) - C) \times \nabla_\theta \log q_\theta(z_0)] \), as long as \( C \) does not depend on \( z_0 \). We set \( C \) as an exponentially decaying average of the previous stochastic values of \( w_\theta(z_0) \), i.e., the values from previous iterations of gradient descent. At a given iteration of gradient descent, the one-sample stochastic estimate for \( w_\theta(z_0) \) is simply \( f_\theta(z) \).

Finally, note that when the number of MCMC iterations \( t \) is very large, the resulting estimator based on Eq. 12 has much lower variance, and control variates might not be needed. The reason is that the distribution \( q_\theta(t) (z) \) becomes less dependent on \( \theta \), and is gradient (Eq. 14) becomes zero. In that case, Eq. 12 simplifies as \( \nabla_\theta \mathbb{E}_{q_\theta(t)}[f_\theta(z)] \approx -\mathbb{E}_{q_\theta(t)}[\nabla_\theta \log q_\theta(z)] \), and the resulting estimator based on this term only has much lower variance than the estimator based on the two terms.

### 2.5. Full algorithm

We now summarize the full algorithm to minimize the VCD from Section 2.3. The algorithm forms a one-sample estimator of the gradient of the VCD. For that, it first samples \( z_0 \sim q_0(z_0) \) from the initial distribution (this can be done using reparameterization) and then runs \( t \) MCMC steps to obtain the improved sample \( z \sim Q^{(t)}(z \mid z_0) \).

The algorithm uses the initial sample \( z_0 \) to form an unbiased estimator of the gradient of the standard term, \( \nabla_\theta \mathbb{E}_{q_\theta(z_0)} [f_\theta(z_0)] \), using Eq. 11 (alternatively, the score function estimator can be used instead). With both samples \( z_0 \) and \( z \), the algorithm makes use of Eq. 12 to estimate the non-standard gradient \( \nabla_\theta \mathbb{E}_{q_\theta(z)}[f_\theta(z)] \). The control variate \( C \) is used in this step to reduce the variance of the estimator. Finally, the two terms are combined following Eq. 10 to obtain the gradient estimator of the divergence.

The full procedure is given in Algorithm 1.\(^2\) It has two additional parameters. The first one is the decay parameter \( \gamma \) for the updates of the control variate. We set \( \gamma = 0.9 \). The second parameter is the stepsize \( \rho \). We set the stepsize using RMSProp (Tieleman & Hinton, 2012); at each iteration \( \ell \) we set \( \rho(t) = \eta/(1 + \sqrt{G^{(t)}}) \), where \( \eta \) is the learning rate, and the updates of \( G^{(t)} \) depend on the gradient estimate \( \nabla_\theta \mathcal{L}_{\text{VCD}}^{(t)} \) as \( G^{(t)} = 0.9G^{(t-1)} + 0.1(\nabla_\theta \mathcal{L}_{\text{VCD}}^{(t)})^2 \).

### 3. Related Work

There are several related works in the literature. For example, Salimans et al. (2015) combine Markov chain Monte Carlo (MCMC) and variational inference (VI) by introducing auxiliary variables (associated with the MCMC iterations) that need to be inferred together with the rest of the variables. Other works use rejection sampling within the variational framework (Naesseth et al., 2017; Grover et al., 2018) or meld sequential Monte Carlo and VI (Maddison et al., 2017; Naesseth et al., 2018; Le et al., 2018).

More related to ours is the work of Hoffman (2017); Li et al. (2017); Zhang et al. (2018); Titsias (2017). Specifically, the method of Hoffman (2017) performs approximate maximum likelihood (ML) estimation in non-linear latent variable models based on the variational autoencoder (VAE). The E-step of the approximate ML procedure minimizes the standard Kullback-Leibler (KL) divergence KL(q_\theta(z) \parallel p(z \mid x)) with \( q_\theta(z) \) as an explicit amortized distribution; and the M-step updates the model parameters using an improved MCMC distribution \( q_\theta(t) (z) \). Since it uses the standard KL divergence, it does not use a control variate, and its gradient estimator is unbiased.

\(^2\)Code is available online at https://github.com/franruiz/vcd_divergence.
divergence of VI, the MCMC procedure does not provide feedback when learning the variational parameters \( \theta \).

The amortized MCMC technique of Li et al. (2017) incorporates feedback from MCMC back to the parameters of the explicit distribution. Their method aims at learning \( \theta \) by minimizing the KL divergence between the improved distribution and its initialization, i.e., \( \text{KL}(q_{\theta}^{(t)}(z) \| q_0(z)) \). This divergence is intractable, and Li et al. (2017) approximate its gradient \( \nabla_{\theta} \text{KL}(q_{\theta}^{(t)}(z) \| q_0(z)) \approx \mathbb{E}_{q_{\theta}^{(t)}(z)}[\nabla_{\theta} \log q_{\theta}(z)] \), which ignores the dependence of \( q_{\theta}^{(t)}(z) \) on \( \theta \). Subsequently, this can lead to unstable optimization over \( \theta \), especially for small values of \( t \), when \( q_{\theta}^{(t)}(z) \) strongly depends on \( \theta \). The procedure becomes stable for large \( t \), when the MCMC chain converges and \( q_{\theta}^{(t)}(z) = p(z | x) \). Notice that the expectation \( \mathbb{E}_{q_{\theta}^{(t)}(z)}[\nabla_{\theta} \log q_{\theta}(z)] \) appears also in our approach (see Eq. 12), but it is just one part of the overall gradient for optimizing \( L_{\text{VCD}}(\theta) \), a divergence that leads to stable optimization.

Zhang et al. (2018) described a method to combine MCMC with VI that tries to directly minimize \( \text{KL}(q_{\theta}^{(t)}(z) \| p(z | x)) \), which as discussed in Section 2.2 is intractable. Zhang et al. (2018) drop the intractable entropy term from the evidence lower bound (ELBO); again this can result in unstable and inaccurate optimization for a small number of MCMC steps.

Finally, Titsias (2017) proposed to firstly apply a model reparameterization so that the exact marginal likelihood is preserved, i.e., \( f(x, z)dz = \int f(x, g(\epsilon; \theta))J(\epsilon; \theta)d\epsilon \), where \( g(\epsilon; \theta) \) is a parametrized invertible transformation and \( J(\epsilon; \theta) \) the determinant of its Jacobian. The method then learns the variational parameters \( \theta \) by maximizing an ELBO under an MCMC distribution using an EM-like procedure. While such an approach can more accurately minimize a divergence of the form \( \text{KL}(q_{\theta}^{(t)}(z) \| p(z | x)) \), it can suffer from the weak gradient problem (see Section 2.2), and it is only applicable to differentiable models.

The variational contrastive divergence (VCD) developed in this paper shares also similarities with contrastive divergence procedures for performing ML estimation of model parameters in undirected graphical models such as restricted Boltzmann machines (Hinton, 2002). There, the loss function takes a similar discrepancy form between KL divergences that involve the actual data distribution \( p_{\text{data}}(x) \) and an MCMC-improved distribution \( p(t(x)) \) that converges to the model distribution \( p_{\text{model}}(x) \). The fundamental difference with our method is that these approaches are designed for model parameter estimation while ours is suitable for approximate Bayesian inference.

4. Experiments

Here we demonstrate the algorithm described in Section 2.5, which minimizes the variational contrastive divergence (VCD) with respect to the variational parameters \( \theta \).

In Section 4.1, we showcase the procedure on a set of toy experiments involving a two-dimensional target distribution. We show that the variational distribution \( q_{\theta}(z) \) fitted by minimizing the divergence \( L_{\text{VCD}}(\theta) \) has higher variance than the variational distribution fitted by minimizing the standard Kullback-Leibler (KL) divergence. In Section 4.2, we run experiments on two latent variable models, namely, a matrix factorization model and a variational autoencoder (VAE), using amortized variational distributions. We show that the resulting models fitted with the VCD achieve better predictive performance on held-out data.

4.1. Toy experiments

To showcase the VCD, we approximate a set of synthetic distributions defined on a two-dimensional space: a Gaussian, a mixture of two Gaussians, and a banana distribution. Their densities are given in Table 1.

Our goal is to experimentally check that the VCD favors higher variance distributions \( q_{\theta}(z) \) compared to the standard KL divergence used in variational inference (VI). This is because the divergence \( L_{\text{VCD}}(\theta) \) converges asymptotically to the symmetrized KL divergence between \( q_{\theta}(z) \) and the target distribution (see Section 2.3).

We use two different variational families \( q_{\theta}(z) \): a Gaussian distribution and a mixture of two Gaussians. In both cases, the Gaussian components have diagonal covariances. (See Appendix 3 for the mathematical details on minimizing the
Table 1. Synthetic distributions used in the toy experiments.

| name      | p(z)                                      |
|-----------|-------------------------------------------|
| Gaussian  | $\mathcal{N}(z | 0 \, 0 \cdot [1 \, 0.95 \, 0.95 \, 1])$ |
| mixture   | $0.3\mathcal{N}(z | [0.8 \, 0.8 \, 1 \, 1]) + 0.7\mathcal{N}(z | [1 \, -2 \, -0.6 \, 1])$ |
| banana    | $\mathcal{N}(z | [0.8 \, 0.8 \, 1 \, 1]) = \frac{1}{2} \mathcal{N}(z | [1 \, 0.9 \, 0.9 \, 1])$ |

VCD for these specific variational distributions.

**Experimental settings.** Our algorithm of choice to improve the variational distribution is Hamiltonian Monte Carlo (HMC) (Neal, 2011). We set the number of HMC iterations $t = 3$. We use 5 leapfrog steps.

We run 20,000 iterations of Algorithm 1 (50,000 iterations instead when $q_θ(z)$ is a mixture). We set the learning rate $η = 0.1$ for the mean parameters, $η = 0.005$ for the standard deviation, and $η = 0.001$ for the mixture weights. We additionally decrease the learning rate by a factor of 0.9 every 2,000 iterations.

**Results.** Figure 1 shows the contour plots of the synthetic target distributions (green), together with the contour plots of the fitted variational distribution $q_θ(z)$. For comparisons, we show the distribution $q_θ(z)$ obtained when optimizing the standard KL divergence in Eq. 1 (blue), together with the distribution $q_θ(z)$ obtained when optimizing the VCD in Eq. 10 (red). Both variational methods were initialized to the same values. In Figures 1(a) to 1(c), the variational distribution is a factorized Gaussian; in Figure 1(d) it is a two-component Gaussian mixture.

In all cases, the resulting variational distribution $q_θ(z)$ has higher variance when the objective is the VCD. As discussed above, this is due to the asymptotic properties of the divergence; specifically, the VCD eventually converges to the symmetrized KL divergence between $q_θ(z)$ and the target. This effect is apparent despite the small number of HMC iterations ($t = 3$) because the target is a simple two-dimensional distribution.

**4.2. Experiments on latent variable models**

We now consider latent variable models, where there is a local latent variable $z_n$ for each observation $x_n$ in the dataset, and the joint distribution factorizes as $p_θ(x, z) = \prod_n p(z_n)p_θ(x_n | z_n)$. Here, $φ$ is a model parameter that we wish to learn via maximum likelihood (ML).

We use amortized VI for inference over the latent variables, i.e., the distribution $q_θ(z_n) \equiv q_θ(z_n | x_n)$. The improved variational distribution, after running $t$ HMC steps, is $q_θ^{(t)}(z_n | x_n) = \int Q_n^{(t)}(z_n | z_n^{(0)})q_θ(z_n^{(0)} | x_n)dz_n^{(0)}$, where the $t$-step HMC kernel $Q_n^{(t)}(z_n | z_n^{(0)})$ has the posterior $p_θ(z_n | x_n)$ as its stationary distribution.

Our goal is to show empirically that the fitted models lead to better predictive performance when we optimize the variational parameters $θ$ by minimizing the VCD, compared to the standard VI setting.

**Models.** We consider two models. The first one is Bayesian logistic matrix factorization, a model of binary data. The likelihood $p_θ(x_n | z_n) = \prod d p_θ(x_{nd} | z_n)$ is a product of Bernoulli distributions, each with parameter $sigmoid(z_n^T φ_d + φ_d^{(0)})$, where $sigmoid(x) = 1/(1 + e^{-x})$. The model parameters are the weights $φ_d$ and intercepts $φ_d^{(0)}$ for each dimension $d$.

The second model is a VAE (Kingma & Welling, 2014), which uses a density network (MacKay, 1995) to define the likelihood $p_θ(x_n | z_n)$. That is, the likelihood is parameterized by a neural network with parameters $φ$. We choose a fully connected neural network with two hidden layers of 200 hidden units each and ReLu activation functions. We use a Bernoulli likelihood $p_θ(x_n | z_n)$, similarly to Bayesian logistic matrix factorization, and thus the output layer of the neural network performs a sigmoid transformation.

For both models, we consider a standard multivariate Gaussian prior $p(z_n) = \mathcal{N}(z_n | 0, I)$.

**Methods.** We compare three different objectives to perform the optimization: standard KL, the method of Hoffman (2017), and the divergence $\mathcal{L}_{\text{VCD}}(θ)$. The standard KL objective involves an explicit variational distribution. Both the objective of Hoffman (2017) and the VCD divergence involve an improved HMC distribution $q_θ^{(t)}(z_n | x_n)$.

We fit the model parameters $φ$ via ML by maximizing the objective $\sum_n E_{q_θ^{(t)}}(z_n | x_n) [log p_θ(x_n | z_n)]$. The variational distribution $q_θ^{(t)}(z_n | x_n) = q_θ(z_n | x_n)$ for the standard KL method, as there is no improved distribution. For the other two methods, $q_θ^{(t)}(z_n | x_n)$ is the distribution improved with HMC, and maximizing the objective with respect to $φ$ corresponds essentially to a Monte Carlo expectation maximization algorithm (Wei & Tanner, 1990).

We fit the variational parameters $θ$ by optimizing the corresponding divergence, according to the method. Both the standard KL and the method of Hoffman (2017) optimize the evidence lower bound (ELBO) in Eq. 1. Thus, the method of Hoffman (2017) does not incorporate feedback from the HMC chain into learning $θ$, as discussed in Section 3. Instead, the VCD method optimizes $\mathcal{L}_{\text{VCD}}(θ)$ in Eq. 9.

**Datasets.** We use two datasets. The first one is the binarized MNIST data (Salakhutdinov & Murray, 2008), which contains 50,000 training images and 10,000 test images of handwritten digits. The second dataset is Fashion-MNIST.
Table 2. Marginal log-likelihood on the test set. Fitting an improved distribution by minimizing the VCD leads to the best predictive performance.

| method            | average test log-likelihood MNIST | Fashion-MNIST |
|-------------------|-----------------------------------|---------------|
| Standard KL       | -111.20                           | -127.43       |
| Hoffman (2017)    | -103.61                           | -121.86       |
| VCD (this paper)  | **-101.26**                       | **-121.11**   |

(a) Bayesian logistic matrix factorization.

| method            | average test log-likelihood MNIST | Fashion-MNIST |
|-------------------|-----------------------------------|---------------|
| Standard KL       | -98.46                            | -124.63       |
| Hoffman (2017)    | -96.23                            | -117.74       |
| VCD (this paper)  | **-95.86**                        | **-117.65**   |

(b) Variational autoencoder.

(Xiao et al., 2017), which contains 60,000 training images and 10,000 test images of clothing items. We binarize the Fashion-MNIST images with a threshold at 0.5. Images in both datasets are of size 28 × 28 pixels.

Variational family. The variational family is a Gaussian, \( q_\theta(z_n | x_n) = \mathcal{N}(z_n | \mu_\theta(x_n), \Sigma_\theta(x_n)) \), whose mean and covariance are parameterized using two separate fully connected neural networks with two hidden layers of 200 units each. The neural networks have ReLu units, and the covariance \( \Sigma_\theta(x_n) \) is set to be diagonal. The neural network for the covariance has non-linear activations in the output layer to ensure positive outputs. In particular, for each entry corresponding to the standard deviation, the neural network activation function is a modified softplus, \( \text{softplus}(x) = \log(\exp(x) + 1) \). The modified softplus avoids numerical issues; it ensures that the variances are above a small threshold at \( 10^{-8} \).

Experimental settings. We set the number of HMC iterations \( t = 8 \), using 5 leapfrog steps. We set the learning rate \( \eta = 5 \times 10^{-4} \) for the variational parameters corresponding to the mean, \( \eta = 2.5 \times 10^{-4} \) for the variational parameters corresponding to the covariance, and \( \eta = 5 \times 10^{-4} \) for the model parameters \( \phi \). We additionally decrease the learning rate by a factor of 0.9 every 15,000 iterations. We set the dimensionality of \( z_n \) to 50 for Bayesian logistic matrix factorization, and to 10 for the VAE.

We run 400,000 iterations of each optimization algorithm. We perform stochastic VI by subsampling a minibatch of observations at each iteration (Hoffman et al., 2013); we set the minibatch size to 100.

For the VCD, the control variates are local, i.e., there is a \( C_n \) for each datapoint. However, in the earlier iterations of the optimization procedure we set the control variates to the same global value, \( C_n = C \). The reason is that in these earlier iterations the model is highly non-stationary, as the model parameters \( \phi \) change more significantly. We found that introducing local control variates at the beginning may lead to unstabilities; therefore we only introduce the local control variates \( C_n \) after 3,000 iterations. Before that, we update the global control variate \( C \) taking the mean of the stochastic estimates in the minibatch. After iteration 3,000, we let each \( C_n \) be updated independently.

Evaluation. We compute the average marginal test log-likelihood. For each test datapoint \( x_n^* \), we estimate the marginal log-likelihood using importance sampling,

\[
\log p_\theta(x_n^*) \approx \log \frac{1}{S} \sum_{s=1}^{S} \frac{p_\theta(x_n^* | z_n^{(s)})p(z_n^{(s)})}{r_\theta(z_n^{(s)} | x_n^*)},
\]

where \( z_n^{(s)} \sim r_\theta(z_n | x_n^*) \). For each test instance \( x_n^* \), we use three different proposals \( r_\theta(z_n | x_n^*) \) and keep the highest resulting value (note that the approximation in Eq. 15 gives a lower bound of the marginal log-likelihood). The first proposal is an overdispersed version of the amortized variational distribution \( q_\theta(z_n | x_n^*) \). It is a Gaussian distribution whose mean is equal to the mean of \( q_\theta(z_n | x_n^*) \) but its standard deviation is 1.2 times larger. The second proposal is a Gaussian distribution whose mean is set to the mean of the samples resulting after running an HMC chain initialized at \( q_\theta(z_n | x_n^*) \) (we run the chain for 600 iterations and obtain
Figure 2. Estimates of the marginal log-likelihood on the test set for the VAE as a function of the number of MCMC steps \( t \). Increasing the number of MCMC steps improves the performance.

Figure 3. Average time (in seconds) per iteration of the inference algorithm for the VAE as a function of the number of MCMC steps.

The mean of the last 300 samples). We set the standard deviation of the proposal 1.2 times larger than the standard deviation of \( q_\theta(z_n | x_n^k) \). The third proposal is similar to the second one, but we set its standard deviation 1.2 times larger than the standard deviation of the last 300 HMC samples. In all cases, we set \( S = 20,000 \) samples.

Results. Table 2 displays the average test log-likelihood. Optimizing the VCD leads to the best results for all methods and datasets. We can conclude that optimizing the VCD is in general the best approach, since it is at least as good as the state of the art. It outperforms standard amortized VI because it refines the variational distribution with HMC, and it outperforms the method of Hoffman (2017) because it uses feedback from the HMC samples when fitting the variational parameters \( \theta \).

Table 2 was obtained with \( t = 8 \) HMC steps. We now study the impact of \( t \) on the results. Figure 2 shows the test log-likelihood for the VAE as a function of the number of HMC steps, ranging from \( t = 2 \) to \( t = 25 \). As expected, increasing the number of steps improves the performance. Even for a small value \( t = 2 \), the test log-likelihood is better than for the standard KL method (see Table 2b).

The improvement comes at the cost of computational complexity. Figure 3 shows that the average time per iteration for fitting the VAE by minimizing the VCD increases linearly with the number of HMC steps. (No parallelism or GPU acceleration was used.) We also found that the optimization of the VCD is slightly faster than the method of Hoffman (2017) for all models and datasets. This is counter-intuitive, as the VCD requires a few additional computations, although their computational complexity is negligible compared to the HMC steps. Therefore, both methods should run roughly equally as fast. We believe that the differences we observed are implementation-specific.

To sum up, more computation leads to better results, but even a few HMC steps are advantageous compared to the minimization of the standard KL divergence.

5. Conclusion

We have proposed a method to improve the approximating distribution in variational inference (VI) by running a Markov chain Monte Carlo (MCMC) algorithm that targets the posterior of a probabilistic model. This leads to an implicit approximating distribution with an intractable density, which makes it challenging to minimize the Kullback-Leibler (KL) divergence between the approximation and the posterior. To address this, we have developed a divergence, called variational contrastive divergence (VCD), that can be tractably optimized with respect to the variational parameters; in particular, we can form unbiased Monte Carlo estimators of its gradient. The VCD differs from the standard KL in that it measures the discrepancy between the improved and the initial variational distributions. We have shown empirically that minimizing the VCD leads to better predictive performance in latent variable models.

One line for future research is to use the VCD to design tests for assessing the quality (or exactness) of a given variational distribution, similarly to the goal of Yao et al. (2018). For that, we can use a property of the VCD—that it allows us to obtain unbiased estimates of the actual value of the divergence (based on Eq. 10). Such tests can rely on the VCD being a proper divergence, as it takes non-negative values and it becomes zero only when the variational approximation matches the exact posterior.

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A. Simplification of the VCD

Here we show how to express the simplified expression of the VCD as the difference of two expectations. We start from the definition in terms of the KL divergences,

$$\mathcal{L}_{\text{VCD}}(\theta) = \mathcal{L}_{\text{diff}}(\theta) + \text{KL}(q_\theta^{(t)}(z) \parallel q_\theta(z))$$

$$= \text{KL}(q_\theta(z) \parallel p(z \mid x)) - \text{KL}(q_\theta^{(t)}(z) \parallel p(z \mid x))$$

$$+ \text{KL}(q_\theta^{(t)}(z) \parallel q_\theta(z)).$$

(16)

We now apply the definition of the KL divergence,

$$\mathcal{L}_{\text{VCD}}(\theta) = \mathcal{E}_{q_\theta(z)} \left[ \log \frac{q_\theta(z)}{p(z \mid x)} \right] - \mathcal{E}_{q_\theta^{(t)}(z)} \left[ \log \frac{q_\theta^{(t)}(z)}{p(z \mid x)} \right]$$

$$+ \mathcal{E}_{q_\theta^{(t)}(z)} \left[ \log \frac{q_\theta^{(t)}(z)}{q_\theta(z)} \right].$$

(17)

Next we expand the logarithms. The expectation of the log-density $\log q_\theta^{(t)}(z)$ cancels out because it appears with different signs in the second and third terms. We also rewrite the posterior $p(z \mid x) = p(x, z)/p(x)$.

$$\mathcal{L}_{\text{VCD}}(\theta) = \mathcal{E}_{q_\theta(z)} \left[ \log \frac{q_\theta(z)p(x)}{p(x, z)} \right] - \mathcal{E}_{q_\theta^{(t)}(z)} \left[ \log \frac{q_\theta(z)p(x)}{p(x, z)} \right].$$

(18)

The marginal log-likelihood $\log p(x)$ does not depend on $z$ and can be taken out of the expectation. Since it appears with different signs, it cancels out. We now recognize that the argument of each expectation—after having canceled out the marginal log-likelihood—is the negative instantaneous evidence lower bound (ELBO), defined as

$$f_\theta(z) \triangleq \log p(x, z) - \log q_\theta(z).$$

(19)

Thus, we finally have

$$\mathcal{L}_{\text{VCD}}(\theta) = -\mathcal{E}_{q_\theta(z)} [f_\theta(z)] + \mathcal{E}_{q_\theta^{(t)}(z)} [f_\theta(z)].$$

(20)

B. Generalization of the VCD

The VCD divergence can be generalized with a parameter $\alpha$ that downweights the two KL terms involving the improved distribution $q_\theta^{(t)}(z)$. More in detail, we define the $\alpha$-generalized VCD as

$$\mathcal{L}_{\text{VCD}}^{(\alpha)}(\theta) = \text{KL}(q_\theta(z) \parallel p(z \mid x))$$

$$+ \alpha \left[ \text{KL}(q_\theta^{(t)}(z) \parallel q_\theta(z)) - \text{KL}(q_\theta^{(t)}(z) \parallel p(z \mid x)) \right].$$

(21)

For any $0 \leq \alpha \leq 1$, the $\alpha$-generalized VCD is also a proper divergence because it satisfies the two desired criteria—it is non-negative and it becomes zero only when $q_\theta = p(z \mid x)$. Moreover, it leads to tractable optimization because the intractable log-density $\log q_\theta^{(t)}(z)$ also cancels out in this expression.

By varying $\alpha$, the $\alpha$-generalized VCD interpolates between the standard KL divergence of VI (for $\alpha = 0$) and the VCD in Eq. 16 (for $\alpha = 1$). When the number of MCMC steps is large, this is effectively an interpolation between the standard KL and the symmetrized KL divergence.

The $\alpha$-generalized VCD is useful when the MCMC method does not mix well. To see this, consider that due to slow mixing, the improved distribution $q_\theta^{(t)}(z) \approx q_\theta(z)$. In this case, the divergence $\mathcal{L}_{\text{VCD}}^{(\alpha)}(\theta) \approx 0$ for any value of the variational parameters, but the $\alpha$-generalized VCD becomes proportional to the standard KL, $\mathcal{L}_{\text{VCD}}^{(\alpha)}(\theta) \approx (1 - \alpha)\text{KL}(q_\theta(z) \parallel p(z \mid x))$. Therefore, the $\alpha$-generalized VCD may lead to more robust optimization when the MCMC method does not mix well.

In our experiments, we consider the non-generalized VCD in Eq. 16 because we did not find any mixing issues with our MCMC method. The derivations of the gradients in the main paper can be straightforwardly generalized for the case where the objective is $\mathcal{L}_{\text{VCD}}^{(\alpha)}(\theta)$.

C. Particularizations of the Gradients

Here we derive the gradients of the VCD for two choices of the variational distribution $q_\theta(z)$, namely, a Gaussian and a mixture of Gaussians.

C.1. Gaussian Variational Distribution

We now show how to obtain the gradient of the VCD in the case where the distribution $q_\theta(z)$ is Gaussian.

Consider $q_\theta(z) = \mathcal{N}(z \mid \mu, \Sigma)$, i.e., a Gaussian distribution with mean $\mu$ and covariance $\Sigma$. That is,

$$\log q_\theta(z) = -\frac{D}{2} \log(2\pi) - \frac{1}{2} \log |\Sigma|$$

$$- \frac{1}{2} (z - \mu)\top \Sigma^{-1}(z - \mu).$$

(22)

Here, $\theta = [\mu, \Sigma]$ denotes the variational parameters, and $D$ is the dimensionality of the latent variable, $z \in \mathbb{R}^D$.

The definition of the VCD is in Eq. 20. Since it consists of a difference of two expectations of the same function $f_\theta(z)$, the terms that are constant with respect to $z$ in $f_\theta(z)$ cancel out. Specifically, the term $-\frac{D}{2} \log(2\pi) - \frac{1}{2} \log |\Sigma|$ from Eq. 22, which appears in $f_\theta(z)$ (Eq. 19), is constant with respect to $z$; therefore it cancels out. This leads to the
simplified objective
\[
\mathcal{L}_{\text{VCD}}(\theta) = -\mathbb{E}_{q_\theta(z)}[g_\theta(z)] + \mathbb{E}_{q_\theta'(z)}[g_\theta(z)],
\]
where we have introduced the shorthand notation \(g_\theta(z)\) for the (simplified) argument of the expectation,
\[
g_\theta(z) \triangleq \log p(x, z) + \frac{1}{2}(z - \mu)^\top \Sigma^{-1}(z - \mu).
\]
Eq. 23 can be further simplified by computing the exact expectation of the quadratic form that appears in the first expectation,
\[
\mathcal{L}_{\text{VCD}}(\theta) = -\mathbb{E}_{q_\theta(z)}[\log p(x, z)] - \frac{D}{2} + \mathbb{E}_{q_\theta'(z)}[g_\theta(z)].
\]
These expressions are also valid when using amortized inference with a Gaussian variational distribution. That is, when \(\mu\) and \(\Sigma\) depend on \(x\), \(\mu = \mu(x)\) and \(\Sigma = \Sigma(x)\).

Taking the gradients. We now derive the expressions for the gradient of the VCD with respect to the variational parameters. We parameterize the Gaussian in terms of its mean and the Cholesky decomposition of its covariance. That is, the variational parameters are \(\mu\) and \(L\), where \(L\) is a lower triangular matrix such that \(LL^\top = \Sigma\). The reparameterization transformation in terms of this reparameterization, \(ELBO = \mathbb{E}_{\theta(z)}[f_\theta(z)]\), as well as the mixture weights \(w_k\), is a mixture of \(K\) components,
\[
q_\theta(z) = \sum_{k=1}^{K} w_k q_{\theta_k}(z).
\]
where each \(q_{\theta_k}(z)\) is a Gaussian,
\[
q_{\theta_k}(z) = \frac{1}{\sqrt{(2\pi)^D|\Sigma_k|}} e^{-\frac{1}{2}(z-\mu_k)^\top \Sigma_k^{-1}(z-\mu_k)}.
\]
The variational parameters are \(\theta_k = [\mu_k, L_k]\) for each component, where \(L_k\) is the Cholesky decomposition of \(\Sigma_k\), i.e., \(L_k L_k^\top = \Sigma_k\), as well as the mixture weights \(w_k\).

The VCD objective is given in Eq. 20; however in this case there are no constant terms in \(f_\theta(z)\) that cancel out as in the Gaussian case. Thus, we obtain the gradient of the VCD by computing the gradients \(\nabla_\theta \mathbb{E}_{q_\theta(z)}[f_\theta(z)]\) and \(\nabla_\theta \mathbb{E}_{q_\theta'(z)}[f_\theta(z)]\) separately.

Taking the gradient of the first term. We first rewrite the standard ELBO term as a sum over the mixture components,
\[
\mathbb{E}_{q_\theta(z)}[f_\theta(z)] = \sum_{k=1}^{K} w_k \mathbb{E}_{q_{\theta_k}(z)}[f_\theta(z)].
\]
We next reparameterize each component, with \(z \sim q(\varepsilon) = \mathcal{N}(\varepsilon \mid 0, I)\) and \(z = h_{\theta_k}(\varepsilon) = \mu_k + L_k \varepsilon\). We rewrite the ELBO in terms of this reparameterization,
\[
\mathbb{E}_{q_{\theta_k}(z)}[f_\theta(z)] = \sum_{k=1}^{K} w_k \mathbb{E}_{q(\varepsilon)}[f_\theta(z)|z = h_{\theta_k}(\varepsilon)].
\]
We now obtain the gradient of the weights. We build a score function estimator, the second term of Eq. 20 involves an expectation with respect to the improved distribution \( q^* \) in the VCD, compute this gradient in a numerically stable manner using the reparameterization gradient, one of the quantities \( w \) in Eq. 33.

For the reparameterization gradient, one of the quantities \( w \) in Eq. 33.

\[
\nabla_{\theta_k} \log q(z) = \frac{1}{q_\theta(z)} \sum_{k=1}^{K} w_k \nabla_z q_{\theta_k}(z)
\]

(34)

where \( q_\theta(k | z) \) is the “posterior probability” (under the variational model) of component \( k \) given \( z \), i.e.,

\[
q_\theta(k | z) \propto \exp \{ \log w_k + \log q_{\theta_k}(z) \}.
\]

Taking the gradient of the second term. The second term in the VCD of Eq. 20 involves an expectation with respect to the improved distribution \( q^{(t)}_\theta(z) \). As derived in the main paper, the gradient of the second term can in turn be split into two terms. We first obtain the gradient w.r.t. the parameters \( \theta_k \) of each Gaussian component,

\[
\nabla_{\theta_k} E_{q^{(t)}_\theta(z)} [f_\theta(z)] = E_{q^{(t)}_\theta(z)} [\nabla_{\theta_k} \log q_\theta(z)]
\]

(36)

\[
+ E_{q_\theta(z_0)} [w_\theta(z_0) \nabla_{\theta_k} \log q_\theta(z_0)].
\]

where we have defined

\[
w_\theta(z_0) \triangleq E_{Q^{(t)}(z | z_0)} [f_\theta(z)].
\]

Now we make use of the definition of \( q_\theta(z) \) and substitute Eq. 28 in the two expressions above, yielding

\[
\nabla_{\theta_k} E_{q_\theta(z)} [f_\theta(z)] = \sum_{k=1}^{K} w_k E_{q_{\theta_k}(z_0)} [E_{Q^{(t)}(z | z_0)} [\nabla_{\theta_k} \log q_\theta(z)]]
\]

(38)

\[
+ \sum_{k=1}^{K} w_k E_{q_{\theta_k}(z_0)} [w_\theta(z_0) \nabla_{\theta_k} \log q_\theta(z_0)].
\]

We can find an alternative expression for the latter term. Starting with the latter term in Eq. 38, we first use the definition in Eq. 28 and then apply the log-derivative trick, yielding the following expression,

\[
\sum_{k=1}^{K} w_k E_{q_{\theta_k}(z_0)} [w_\theta(z_0) \nabla_{\theta_k} \log q_\theta(z_0)]
\]

\[
= E_{q_\theta(z_0)} [w_\theta(z_0) \nabla_{\theta_k} \log q_\theta(z_0)]
\]

\[
= E_{q_\theta(z_0)} \left[ w_\theta(z_0) \frac{1}{q_\theta(z_0)} w_k q_{\theta_k}(z_0) \nabla_{\theta_k} \log q_{\theta_k}(z_0) \right]
\]

(39)

\[
= w_k E_{q_{\theta_k}(z_0)} [w_\theta(z_0) \nabla_{\theta_k} \log q_{\theta_k}(z_0)].
\]

Finally, we obtain the gradient \( \nabla_{w_k} E_{q^{(t)}_\theta(z)} [f_\theta(z)] \), taken w.r.t. the mixture weights. We apply the expression derived in the main paper,

\[
\nabla_{w_k} E_{q^{(t)}_\theta(z)} [f_\theta(z)] = E_{q^{(t)}_\theta(z)} [\nabla_{w_k} \log q_\theta(z)]
\]

(40)

\[
+ E_{q_\theta(z_0)} [w_\theta(z_0) \nabla_{w_k} \log q_\theta(z_0)].
\]

We rewrite the first term in Eq. 40 by taking the exact expectation with respect to the mixture indicator,

\[
E_{q^{(t)}_\theta(z)} [\nabla_{w_k} \log q_\theta(z)] = \sum_{k=1}^{K} w_k E_{q_{\theta_k}(z_0)} E_{Q^{(t)}(z | z_0)} \left[ -q_{\theta_k}(z) \frac{q_\theta(z)}{q_\theta(z)} \right].
\]

(41)

We rewrite the second term in Eq. 40 using the log-derivative trick.

\[
E_{q_\theta(z_0)} [w_\theta(z_0) \nabla_{w_k} \log q_\theta(z_0)]
\]

= \[ E_{q_\theta(z_0)} \left[ w_\theta(z_0) \frac{1}{q_\theta(z_0)} w_k q_{\theta_k}(z_0) \nabla_{w_k} \log q_{\theta_k}(z_0) \right].
\]

(42)