Sperm Trajectories Form Chiral Ribbons

Ting-Wei Su1,2, Inkyum Choi1, Jiawen Feng1, Kalvin Huang1, Euan McLeod1,2 & Aydogan Ozcan1,2,3,4

1Electrical Engineering Department, University of California, Los Angeles, CA, 90095, USA, 2Bioengineering Department, University of California, Los Angeles, CA, 90095, USA, 3California NanoSystems Institute (CNSI), University of California, Los Angeles, CA, 90095, USA, 4Department of Surgery, David Geffen School of Medicine, University of California, Los Angeles, CA, 90095, USA.

We report the discovery of an entirely new three-dimensional (3D) swimming pattern observed in human and horse sperms. This motion is in the form of ‘chiral ribbons’, where the planar swing of the sperm head occurs on an oscillating plane creating in some cases a helical ribbon and in some others a twisted ribbon. The latter, i.e., the twisted ribbon trajectory, also defines a minimal surface, exhibiting zero mean curvature for all the points on its surface. These chiral ribbon swimming patterns cannot be represented or understood by already known patterns of sperms or other micro-swimmers. The discovery of these unique patterns is enabled by holographic on-chip imaging of >33,700 sperm trajectories at >90–140 frames/sec, which revealed that only ~1.7% of human sperms exhibit chiral ribbons, whereas it increases to ~27.3% for horse sperms. These results might shed more light onto the statistics and biophysics of various micro-swimmers’ 3D motion.

Locomotion in an aqueous environment plays an important function in the lives of many micro-organisms, such as bacteria, protists, and sperms. Without this kind of self-propelled swimming act, these micro-organisms cannot actively find food, escape predators, or produce offsprings to sustain their species. Understanding the swimming patterns of these micro-organisms and the underlying biophysical processes is important to advance our existing knowledge in microbiology. To resolve the spatial and temporal details of these tiny (e.g., 1–50 μm) micro-organisms’ fast locomotion (with speeds of for example 50–500 μm/sec), lens-based optical microscopes with high-speed cameras (e.g., >60 frames per sec, FPS) have been typically employed to digitally record their trajectories. Due to the restricted imaging volume of microscope objective lenses (having a limited field-of-view and depth-of-field), most of the earlier studies on these micro-organisms’ locomotion have been limited to their two-dimensional (2D) dynamics1–11. Relatively recently, three-dimensional (3D) optical tracking techniques have also emerged, enabling the observation of various unique 3D swimming patterns of these micro-organisms, including for example helical, star-spin and planar motion12–23. Among these recent techniques, computational lensfree on-chip microscopy tools are especially well suited to analyze rare 3D swimming events that occur at the micro-scale because, unlike their lens-based counterparts, they have a much higher throughput to track a large number of individual trajectories in 3D14,16,23,24.

Using a dual-angle and dual-color illumination based computational on-chip imaging platform23, here we report the discovery of an entirely new swimming pattern observed in human and horse sperms. This rare 3D motion is in the form of ‘chiral ribbons’ that resemble the chiral structures observed in several other biological systems25–28 (see Fig. 1 for a 3D illustration of chiral ribbons). In this swimming pattern, left-to-right and right-to-left planar swing of the sperm head occurs on an oscillating plane creating in some cases a ‘helical ribbon’ and in some others a ‘twisted ribbon’. Quite interestingly, the twisted ribbon trajectory mathematically defines a minimal surface, exhibiting zero mean curvature for all the points on its surface, which will be proved and further discussed in our Discussion Section. These dynamic trajectories defined by chiral ribbons cannot be represented or understood by already known patterns of sperms of various species or other micro-swimmers4,12,21,23. The discovery of these unique 3D patterns is enabled by lensfree holographic on-chip imaging and tracking of ~1,000–1,600 sperms (per experiment) at a frame rate of >90–140 frames per second over a large sample volume of e.g., ~9 μL, which is more than an order-of-magnitude larger compared to a lens-based optical microscope. Our high-throughput imaging experiments revealed that only ~1.7% of human sperms (out of 24,090 individual sperm trajectories) exhibit chiral ribbons, whereas the same percentage increases to ~27.3% for horse sperms (out of 9,625 individual sperm trajectories). We also observed that the majority (~65%) of the chiral ribbons displayed by human sperms are right-handed, whereas ~85% of the chiral ribbons observed in horse sperms exhibit left-handed rotations. We believe that these results could help us better understand the statistical behavior of various micro-swimmers and might shed more light onto the biophysics of their 3D motion.
Results
Using a dual-view and dual-wavelength holographic on-chip microscopy platform (see Fig. 2), we initially imaged and reconstructed 3D spatio-temporal trajectories of horse sperms within large sample volumes (~9 μL) at ~140 FPS (refer to the Methods Section for details). Based on these experiments, we observed that horse sperms display a unique ‘chiral ribbon’ pattern (see Fig. 3–4), which occurs with a frequency of ~27.3% among 9,625 individual 3D trajectories that we reconstructed using our high-throughput on-chip imaging platform. These horse sperms that follow a chiral ribbon swimming pattern have locally planar lateral displacements as if they are confined in 2D. In contrast to regular planar trajectories, however, in a chiral ribbon the plane on which the lateral displacements occur rotates continuously around a central axis as the sperm is moving forward, forming a ‘twisted’ ribbon within e.g., a ~0.7-sec long segment of the sperm trajectory (see Fig. 3(b,e)). Not only is this twisted ribbon trajectory quite tight with a typical side-to-side displacement...
of ~5 µm, but also it beats rather fast, crossing over the central axis roughly 30 times within a second, making it rather challenging to observe with other 3D optical tracking techniques12–22,29,30 due to the tight requirements in 3D localization accuracy and video frame rate.

Further investigation of these chiral ribbon swimming patterns in horse sperm samples revealed that in longer durations of observation (≥2.1 sec), we can also observe spatio-temporal super-structures that mimic a different type of a chiral ribbon, namely a “helical ribbon” (see e.g., Fig. 3(a,d) and Supplementary Movies S1–S2). With this type of super-structure, the osculating plane of the sperm trajectory (i.e., the beating of the sperm head) not only twists as the sperm moves forward, but also forms a 3D helix in the form of a chiral ribbon (see for example the left-handed twisting planes that form the left-handed helical ribbons shown in Fig. 3(a) and (d); or Supplementary Movies S1 and S2, respectively). We should emphasize that such a helical ribbon trajectory should not be confused with already known helical trajectories of sperms23, where the sperm head defines a simple helix, not a 3D ribbon (i.e., without any chiral planar motion). As a matter of fact, these chiral ribbon swimming patterns cannot be represented by already known patterns of sperms or other micro-swimmers, and are reported in the literature for the first time, enabled by our high-throughput on-chip imaging platform. The same lensfree imaging system also permits us to track each one of these ~1,000 horse sperms (per experiment) within a large sample volume of ~9 µL across a time window of e.g., ~7–10 sec (at ~140 FPS), and analyze the spatio-temporal transitions of their swimming patterns into or out of the chiral ribbon pattern. Figure 4 and Supplementary Movie S3 illustrate such a swimming pattern transition observed when an individual horse sperm encountered the bottom glass surface of our observation chamber, where its 3D trajectory switched from a right-handed chiral ribbon pattern to a simple planar swimming pattern. This example illustrates that boundary confinement could be an influential factor in the transitions of sperm swimming patterns.

We also statistically quantified the 3D motion dynamics, such as Rate of Twisting (RTW), Linearity (LIN), Straight-Line Velocity (VSL), Curvilinear Velocity (VCL), and Amplitude of Lateral Head Displacement (ALH) of the chiral ribbon trajectories observed in horse sperms (see Fig. 5 and the Methods Section for details). For this statistical analysis, we digitally processed 2,625 individual chiral ribbon patterns (out of a total of 9,625 trajectories, each 0.7 sec long) to reveal that ~85% of the ribbon horse sperm trajectories prefer left-handed twisting over right-handed twisting (see Fig. 5(c)), exhibiting a side-to-side displacement of 1–12 µm and a twisting rate (RTW) of 0.5–22 rad/sec.

After discovering chiral ribbon trajectories in horse sperm samples, we also searched for similar 3D swimming patterns in human sperms (see the Methods Section). For this end, we digitally

![Figure 3 | The chiral ribbon patterns displayed by horse sperm trajectories.](image-url)
processed 24,090 individual human sperm trajectories to find out that only \( \sim 1.7\% \) of the time chiral ribbons were formed (see e.g., Fig. 6 and Supplementary Movie S4 for a twisted ribbon pattern). This lower percentage also partially explains why this twisted ribbon type of swimming pattern remained unidentified in earlier studies and was in fact broadly classified as part of the “typical” trajectories for human sperms (see Fig. 7). Despite their low percentages, we still observed that right-handed twisting in human sperm ribbons is more frequent than left-handed twisting (1.1% vs. 0.6% of 24,090 trajectories), which is quite the opposite of what is observed with horse sperm ribbons. Another interesting difference between the chiral ribbons of these two species is that human sperms, even in longer observation time windows, still follow twisted ribbons rather than helical ribbons (see e.g., Fig. 6(a)).

Figure 4 | A 5.0-sec long 3D trajectory showing the transitions between different swimming patterns of a horse sperm. This trajectory switched from a right-handed chiral ribbon pattern to a simple planar swimming pattern when the sperm encountered the bottom glass surface of the observation chamber. (b), (c), and (d) illustrate digitally zoomed segments (\( \sim 0.7\)-sec long each) of the whole sperm trajectory shown in (a). The inset in each panel represents the lateral displacement of the straightened sperm track segment (front view). The arrows indicate the directions of the sperm’s forward movement. The time position of each track point is encoded by its color (see the color bar). See Supplementary Movie S3 for the spatio-temporal evolution of this trajectory.

Figure 5 | Dynamic swimming parameters of 2,625 chiral ribbon trajectories (out of a total of 9,625 motile horse sperms, each \( \sim 0.7\) sec long). Color bar represents the relative density of data points in each graph. Magenta lines enclose 90% of the chiral ribbon trajectories presented in each panel. VSL: straight-line velocity. VCL: curvilinear velocity. ALH: amplitude of lateral head displacement. LIN: linearity. RTW: rate of twisting. A chiral ribbon trajectory with RTW > 0 (RTW < 0) is defined as right-handed (left-handed). These measurements were all made with horse sperms suspended in equine semen extender (BotuSemen) after \( >30\) min of incubation.
Discussion
Mathematically, the equation of a ‘chiral ribbon’ surface $s$ can be broadly defined as:

$$s=egin{bmatrix} x \\ y \\ z \end{bmatrix} = \begin{bmatrix} r_h \cos \left( \frac{2\pi l}{P_h} + \theta_h \right) \\ r_h \sin \left( \frac{2\pi l}{P_h} + \theta_h \right) \\ l \end{bmatrix} \pm \frac{a}{\sqrt{1 + \left( \frac{2\pi r_h}{P_h} \right)^2}} = \begin{bmatrix} \sin \left( \frac{2\pi l}{P_h} + \theta_h \right) \\ -\cos \left( \frac{2\pi l}{P_h} + \theta_h \right) \\ \frac{2\pi r_h}{P_h} \end{bmatrix} \sqrt{1 + \left( \frac{2\pi r_h}{P_h} \right)^2} \frac{r_h \cos \left( \frac{2\pi l}{P_h} + \theta_h \right)}{v_z} + \frac{r_h \cos \left( \frac{2\pi l}{P_h} + \theta_h \right) \cos (\omega_b t + \theta_h) - v_z \cos (\omega_b t + \theta_h)}{v_z \sin (\omega_b t + \theta_h)} \right],$$

where $0 \leq l \leq L$, $-\frac{D}{2} \leq a \leq \frac{D}{2}$, $L$ is the length of the chiral ribbon that is aligned along the $z$-direction, $D$ and $r_h$ are the width and the radius of the chiral ribbon, respectively, $P_h$ is the pitch of the chiral ribbon (defined as positive for a right-handed ribbon and negative for a left-handed ribbon), and $\theta_h$ is the offset angle of the chiral ribbon. This chiral ribbon equation can form a “helical” or a “twisted” ribbon when $r_h$ is significantly larger than zero or close to zero, respectively.

The chiral ribbons observed in our sperm tracking experiments (see e.g., Figs. 3(a) and 3(d)) can be mathematically reproduced by adding a periodic lateral oscillation (e.g., sinusoidal) along the ribbon surface that is defined by equation 1, i.e.,

$$\begin{bmatrix} x \\
\end{bmatrix} = \begin{bmatrix} r_h \cos (\omega_b t + \theta_h) \\
\end{bmatrix} + \frac{r_h \cos (\omega_b t + \theta_h) \cos (\omega_b t + \theta_h) - v_z \cos (\omega_b t + \theta_h)}{v_z \sin (\omega_b t + \theta_h)} \right],$$

where $v_z$ is the forward-moving velocity along the $z$ direction, $\omega_b = 2\pi \left( \frac{v_z}{r_h} \right)$ is the angular velocity of the helical ribbon (positive for a right-handed ribbon and negative for a left-handed one), $r_h$ is the radius of the sperm beating waveform, $\omega_b$ and $\theta_b$ are the angular velocity and the offset angle of the same beating waveform. Two

Figure 6 | (a) A 4.4-sec long human sperm trajectory that forms a twisted ribbon. The magenta ribbon surface in (b) designates the right-handed osculating plane of the trajectory. The insets in the panels represent the lateral displacement of the straightened sperm trajectories (front view). The arrows indicate the directions of the sperm’s forward movement. The time position of each track point is encoded by its color (see the color bar). See Supplementary Movie S4 for the spatio-temporal evolution of the sperm trajectory shown in (a).

Figure 7 | The statistics of human sperm chiral ribbon swimming patterns compared to other swimming patterns observed in human sperms. The right-handed and left-handed chiral ribbon patterns (excluding hyperactivated ribbons) account for 1.1% and 0.6% of all the 24,090 human sperm trajectories that we reconstructed, respectively. These measurements were made in human sperm baseline medium (artificial HTF) after $\geq 2$ h of incubation.
examples of simulated sperm trajectories that are computed based on equation 2 are shown in Fig. 3(c) and 3(f), with their parameters (Table 1) tuned to match the measured chiral ribbon trajectories of Fig. 3(a) and 3(d), respectively. Note that the oscillating planes of the measured sperm trajectories reported in Fig. 3(a) and 3(d) are in very good agreement with our theoretical trajectories shown in Fig. 3(c) and 3(f), respectively, both calculated based on equation 2 with the parameters of Table 1.

Interestingly, when \( r_h = 0 \), the “twisted” ribbon surface exactly becomes a minimal surface in the form of a helicoid (which should not be confused with a helix)\(^1\). Minimal surfaces minimize their surface area with respect to a particular boundary, and also have local mean curvature equal to zero at all points on their surface. Besides a helicoid, a simple plane and a catenoid also define minimal surfaces. The mean curvature \( \langle H \rangle \) of a chiral ribbon surface can be computed from the partial derivatives of \( s \) with respect to its parameters, \( l \) and \( a \), and it can be written as:\(^2\)

\[
H = \frac{\langle s', s' \rangle - 2\langle s', s \rangle \langle s, s \rangle + \langle s, s \rangle^2}{2 \langle s, s \rangle^2} \]

where subscripts indicate partial derivatives (e.g., \( s_i = \partial s_i / \partial l \)), and \( n = (s_i \times s_j) / \|s_i \times s_j\| \) is the unit normal vector. For the chiral ribbon surfaces defined by equation 1, the mean curvature can be calculated as:

\[
H = \frac{-r_h}{2 \sqrt{P_i n^4 + r_h^2 + \frac{P_i}{2\pi}}} \left( 2r_h^2 + a^2 \right) \]

As the term inside the square root is strictly positive in equation 4, \( H = 0 \) and \( s \) is a minimal surface if and only if \( r_h = 0 \), proving that an ideal twisted ribbon indeed defines a minimal surface.

Note that minimal surfaces are also naturally found in a wide range of other fields. For example, minimal surfaces (in the form of catenoids) describe the shape soap films adopt on a wire frame\(^3\). Additionally, nano-catenoid minimal surfaces have recently been shown to describe the shape of self-assembled liquid nanolenses that can spontaneously form around nanoparticles or viruses adhered to a substrate\(^4\). As another related example, one of the phases of di-block copolymer mixtures, the gyroid phase, is also a minimal surface\(^5\). Here the gyroid surface describes the interphase boundary between the two nanoscopic domains of the polymer. Other materials whose structure can be described as minimal surfaces include inorganic crystal structures, biological cell membranes, and in certain cases, the structure of folded proteins\(^6,7\).

We should emphasize that the actual cause and the biological function of these chiral ribbon swimming patterns are not clear and should be the subject of future work. In many of the situations where minimal surfaces arise, a common theme is that of energy minimization. Hence, the fact that different modes of sperm locomotion (e.g., twisted ribbon as well as simple planar trajectories) follow a minimal surface may also indicate energy minimization corresponding to maximal propulsion efficiency in these modes. However, significantly more investigation into the hydrodynamics and biomechanics of the sperm motion would be required to validate this proposition. Another related speculative cause is that a small asymmetry in the shape or the location of the center-of-mass of the sperm head might generate a net torque through the surrounding fluid when the sperm tail is pushing its body forward. Similar phenomena have been discussed previously using hydrodynamics numerical simulations to partially explain regular helical trajectories (not chiral ribbons) of sperm cells\(^8\). Based on such a structural asymmetry, the local movement of the sperm head can still be governed by the planar beating of its tail, however the whole body can gradually rotate due to a net torque and the sperm trajectory can slowly deviate from the central axis of the beating. Once the whole sperm body finishes a full rotation, the trajectory would also complete a cycle of the helical ribbon. As for the biological function of such a chiral ribbon swimming pattern, it might possibly be similar to what has been proposed for regular helical trajectories\(^9,10\); in other words, these chiral swimming patterns could potentially help reorienting the motion of the micro-organisms into the direction of stimulus gradient due to for example the concentration of a chemo-attractor or just the environmental temperature distribution. These chiral ribbons that we observed, compared to simple planar trajectories, might permit sperms to sense such gradient profiles over larger 3D volumes, which could then help detection of weaker stimuli, assisting in e.g., sperms’ chemotaxis\(^11,12\) or thermotaxis\(^13,14\) behavior. These and other possible hypotheses would need to be further studied in greater detail to better understand the origins and possible functions of chiral ribbon swimming patterns in general.

### Methods

**Preparing and incubating sperm suspension.** Frozen sperm specimens of a Warmblood stallion were obtained from the Center for Equine Health at the University of California, Davis. Before freezing, fresh semen specimens were first diluted to a concentration of 50 million sperms per ml with equine semen extender (E-Z Freezin Equine Semen Extender, Animal Reproduction Systems) and then were centrifuged at 400 G for 15 min. After centrifugation the pellet was re-suspended in freezing extender (E-Z Freezin Equine Semen Extender, Animal Reproduction Systems) with a final concentration of 400 million sperms per ml. The processed sperms specimens were packaged in 0.5 ml straws and frozen in a programmable freezer. When the straws had reached −150 °C they were plunged in liquid nitrogen for storage.

To prepare the horse sperm suspension for imaging, the frozen specimens were first thawed at 38 °C water bath for 30 sec, and then rehydrated for 15 min by mixing with equine semen extender (BoteSemen, Nidacon, Sweden) by a ratio of 1:1. After rehydration, gradient density centrifugation with isotonic density medium (Equipure, Nidacon, Sweden, 200 g for 30 min) was used to concentrate the motile sperms within the semen specimens. The centrifuged sperm pellet was re-suspended with the same equine semen extender at a concentration of ~1 million sperms per ml (>90% motile) and then incubated for another 30 min. Right before free on-chip imaging experiments, ~25 μL of the sperm suspension was put into a disposable observation chamber prepared by tapering a laser-cut Acetal film (~0.15 mm thick) between two pieces of No. 1 cover slips.

The methods and related procedures for preparing and incubating human sperm suspensions have been explained in detail in our previous work\(^15\).

**Dual-view and dual-wavelength lensfree on-chip holographic imaging and tracking set-up.** A dual-view and dual-wavelength lensfree on-chip holographic imaging setup, as illustrated in Fig. 2, was utilized to record the 3D movement of sperms. Two partially-coherent light sources (LED-coupled multimode fibers, core size: 400 μm) illuminating the observation chambers from two different angles with two different wavelengths (vertical one: 625 nm; oblique one at 45°: 470 nm; bandwidth ~20 nm). When recording the 3D movement of sperms, the observation chamber was placed directly on the top of the protection glass of our CMOS (Complementary Metal-Oxide-Semiconductor) image sensor (Apix, MT9P031STC, 5 megapixels, 2.2 μm pixel size, monochrome; see Fig. 2(b)). The power of this image sensor chip was cut off between video acquisition sessions to maintain the temperature of the sperm observation chamber at ~37–39 °C.

The frame rate of the computational imaging system used in this manuscript was raised to 143 FPS to oversample the faster beating of horse sperms (beat-cross-frequency, BCF ~30 Hz), whereas it was operated at ~92 FPS for imaging of human sperms\(^16\). Such high frame rates reduced the imaging area of individual regions-of-interest (ROIs) that the CMOS image sensor chip can record at its full speed. Therefore, the whole field of view (FOV) of the image sensor was digitally divided into

### Table 1 | The parameters used in equation 2 for simulating the helical ribbons shown in Fig. 3(c) and 3(f)

| \( n_l \) (μm) | \( \omega_b \) (rad/sec) | \( \phi_b \) (rad) | \( r_h \) (μm) | \( \omega_p \) (rad/sec) | \( \phi_p \) (rad) | \( v_x \) (μm/sec) |
|---|---|---|---|---|---|---|
| Fig. 3(c) | 3.0 | −4.7 | −0.3 | 2.0 | 188.5 | 0.5 | 40.0 |
| Fig. 3(f) | 10.0 | −5.7 | 3.5 | 3.0 | 125.7 | 0.0 | 20.0 |
Reconstructing the 3D trajectories of sperms. For horse sperms, due to the high density of dead sperms and undissolved extender solute in the suspension liquid, each lensfree holographic frame was subtracted from a stationary image to remove the holograms of non-moving objects within the ROI. The stationary image was generated by averaging 100 consecutive lensfree frames that are nearest to the processing frame in the video sequence of the same ROI. These digital background cleaning steps were not needed and were not used for human sperm data. The 3D trajectories of mobile sperms inside the FOV of the image sensor were then reconstructed following the procedures detailed in our previous work. The vertical and oblique lensfree projections of each sperm head were digitally reconstructed on all the possible depth (i.e., z) planes individually. Once passed the morphological screening process, the centroid positions of both the vertical and the oblique head projections were calculated by their centers-of-gravity within their corresponding reconstructed amplitude images. The x and y coordinates of the sperms were taken directly from the centroid positions of the vertical head projections, while the z (depth) coordinates of the sperms were calculated by dividing the distance between their vertical and oblique projection centroids with the tangent of the oblique illumination angle in water. A space-time matrix containing the spatial and temporal coordinates of all the sperms within the observation volume was generated by repeating the same 3D localization procedures depicted above on all the holographic frames. Finally, the 3D trajectory of each sperm was constructed by linking the detected points across the recorded frames by a Brownian-statistics-based algorithm. Note that the shapes of the sperm heads are assumed to be either spherical or ellipsoidal so that the orientation of the heads will not create a systematic error in the centroid-based position estimation. For tracking of sperms with deformed heads (see, e.g., images in References 45 and 46), processing techniques reported in Ref. 47 can potentially be used to minimize such errors and improve the reliability of our lensfree 3D tracking technique for deformed sperms.

Definitions of sperms’ 3D dynamic swimming parameters. To quantify the 3D dynamics of sperm motion, we extracted a series of parameters from individual reconstructed sperm trajectories. All the parameters reported for horse sperms in this work were extracted from either 0.7 sec-long trajectories (~100 lensfree frames at 143 FPS) or track segments of such length that were digitally cropped from longer tracks (e.g., ~3 ms to avoid motion blur in recording the high-speed movement of horse sperms (which exhibit a typical instantaneous speed of ~150 μm/sec).

Ribbon trajectory: TWS ≥ 1.3.

Hyperactivated trajectory: VCL ≥ 150 μm/sec and ALH ≥ 12 μm (following the definition used in Ref. 48).

Hyper-ribbon trajectory: A hyperactivated trajectory that also forms a ribbon (TWS ≥ 1.2).

Because human sperm trajectories were recorded at a lower frame rate (92 FPS instead of 143 FPS), the criteria for categorizing these trajectories for human sperms were modified as such:

Immotile trajectory: VCL < 30 μm/sec.

Ribbon trajectory: TWS ≥ 1.3.

Hyperactivated trajectory: VCL ≥ 150 μm/sec and ALH ≥ 12 μm (following the definition used in Ref. 48).

Hyper-ribbon trajectory: A hyperactivated trajectory that also forms a ribbon (TWS ≥ 1.2).

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Digital classification of sperm trajectories. The 3D swimming patterns of sperms were classified based on the dynamic parameters defined in the previous section. Note that all the horse sperm trajectories with VCL smaller than 60 μm/sec and VSL were reported across the whole duration of each track segment. TWS represents how much a track segment is confined to a twisted ribbon angle. A ribbon is a pattern that is defined as the angular frequency of the linear function that best fits the sine wave of oscillating plane angle for a track segment. The oscillating plane angle on each position along the track segment is calculated by finding the most frequent angle of the lateral displacements occurring in the adjacent beating cycle, whose duration is defined by 2BCF. Twisting stability (TWS) is defined as the ratio between the accumulated angle change of the oscillating plane angle and the averaged error to the best-fit linear function in the oscillating plane angle. Both the angle change accumulation and the error averaging (by taking root mean square) were performed across the whole duration of each track segment. TWS represents how much a track segment is confined to a twisted ribbon angle. TWS is reported in logarithm to the base 10. For example, a track segment with 10 radians of accumulated oscillating plane angle change and 1 radians of mean linear-fit error would have a TWS of 1.3.

Hyperactivated trajectory: VCL ≥ 150 μm/sec and ALH ≥ 12 μm (following the definition used in Ref. 48).

Hyper-ribbon trajectory: A hyperactivated trajectory that also forms a ribbon (TWS ≥ 1.2).

Because human sperm trajectories were recorded at a lower frame rate (92 FPS instead of 143 FPS), the criteria for categorizing these trajectories for human sperms were modified as such:
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Author contributions
T.S. conducted the experiments and processed the resulting data. I.C., J.F. and K.H. contributed to experiments. E.M. contributed to the discussion section. T.S. and A.O. planned and executed the research. T.S., E.M. and A.O. wrote the manuscript. A.O. supervised the project.

Additional information
Supplementary information accompanies this paper at http://www.nature.com/scientificreports

Competing financial interests: A.O. is the co-founder of a start-up company that aims to commercialize lens-free microscopy tools.

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