Article

Unsaturated Polyester Resin Nanocomposites Based on Post-Consumer Polyethylene Terephthalate

Kirill Kirshanov, Roman Toms, Pavel Melnikov, and Alexander Gervald

M.V. Lomonosov Institute of Fine Chemical Technologies, MIREA—Russian Technological University, 119571 Moscow, Russia; kirill_kirshanov@mail.ru (K.K.); toms.roman@gmail.com (R.T.); gervald@bk.ru (A.G.)

* Correspondence: melnikovsoft@mail.ru

Abstract: A method for producing nanocomposites of unsaturated polyester resins (UPR) based on recycled polyethylene terephthalate (PET) as a matrix has been proposed. The upcycling method involves three successive stages: (1) oligoesters synthesis, (2) simultaneous glycolysis and interchain exchange of oligoesters with PET, (3) interaction of the obtained resins with glycol and maleic anhydride. UPRs were characterized by FTIR spectroscopy and gel permeation chromatography. The mechanical properties of nanocomposites obtained on the basis of these resins and titanium dioxide have been investigated. It has been shown that 1,2-propylene glycol units, despite their lower reactivity, significantly improve the properties of UPR. The most promising nanocomposite sample exhibited tensile strength 112.62 MPa, elongation at break 157.94%, and Young’s modulus 29.95 MPa. These results indicate that the proposed method made it possible to obtain nanocomposites with high mechanical properties based on recycled PET thus allowing one to create a valuable product from waste.

Keywords: PET; polyethylene terephthalate; oligoesters; unsaturated polyester resins; chemical recycling; glycolysis; interchain exchange; polymer-based nanocomposites; polymer matrix enhancement

1. Introduction

Polymer nanocomposites are an intensively developing class of materials that consist of polymer matrices and nanomaterials distributed in them. Both thermoplastic and thermosetting polymers could be used as matrices. The nanomaterials used vary widely in geometry, with not only three-dimensional powders, but also linear fibers, nanotubes, and layered materials such as clay being used [1,2]. Modern nanocomposites have a wide variety of applications, including additive technologies (3D printing) [3].

Currently, environmental impact of nanocomposites application and production [4] and issues of sustainable polymer nanocomposites development [5] are of particular relevance. It is known that only condensation polymers could be fully recycled [6], with polyethylene terephthalate (PET) being able to be recycled even when contaminated [7]. Nanocomposites can be made based on thermoplastic polyesters with a high degree of polycondensation, such as PET. The presence of the nanofiller in the polyethylene terephthalate matrix was found to increase the glass transition temperatures and thermal stability of the material [8].

Although thermoplastic polyethylene terephthalate can be used for nanocomposites production directly, the utilization of thermoset post-consumer PET-based polyesters with lower viscosity can prove to be easier and more environmentally friendly [7]. For example, a good alternative to the use of pure recycled polyethylene terephthalate are unsaturated polyester resins (UPRs) [9]. These are double bond containing polyesters with a low degree of polycondensation. The main monomers used for UPRs synthesis are phthalic or maleic anhydride, phthalic, maleic or fumaric acid, ethylene glycol, diethylene glycol and 1,2-propylene glycol, with maleate and fumarate units containing double bonds. UPR
composites contain monomers with double bonds (styrene or acrylates) and accelerator, and may contain also thickeners, fillers, reinforcing materials, mold release agents, low profile additives [9], and other additives, such as plasticizers. To cure the resins, a radical polymerization initiator is added.

Flame retardants and nanofillers can be distinguished among the nanomaterials introduced into unsaturated polyester nanocomposites, with nanofillers being the largest group [10–12]. The properties of the composites depend on the filler shape, size, aggregate size, surface characteristics, and degree of dispersion. One widely used inexpensive filler is calcium carbonate [13–15]. More expensive functional fillers are metal oxides [16], with titanium dioxide being one of the most usable. TiO₂ nanoparticles have a number of specific properties: antimicrobial, photocatalytic, heavy metal ions sorption ability [17,18]. Filling of UPRs with nanoparticles proved to increase their thermal, mechanical, and anti-UV aging properties [19]. Known photocatalytic activity of titanium dioxide nanoparticles was also confirmed for UPR-based composites [20]. The effect of ether bonds count on the properties of the nanocomposite was studied using polyethylene glycols as an example [21]. An increase in the ether bonds content is shown to lead to the amplification of elastic properties and an increase in elongation at break. Other metal oxides used are zinc oxide [22–25] and iron oxides [16,26,27], mainly due to lower cost [28]. Silica [29–31] and silica-titania mixtures [32] are also widely applicable. The use of such widespread nanomaterials as clays [33–35], nanocellulose [36], carbon nanotubes [37–39], and nanodiamonds [40] has been investigated. It is also promising to use waste rubber [41], which is characterized by low cost [7] and special properties due to the content of carbon black [42].

UPS can be made from PET by chemical recycling [43,44]. There are many ways to chemically recycle polyethylene terephthalate [45–47]. Depending on the change in molecular weight, chemical recycling can be divided into directed degradation, interchain exchange, and solid-state polycondensation. Depending on the agent, hydrolysis, acidolysis, glycolysis, and esterolysis are distinguished. In addition, chemical recycling can be carried out by various methods: heterogeneous recycling and homogeneous processing in solution or melt [7]. Figure 1 shows paths for obtaining UPRs from post-consumer polyethylene terephthalate chemical recycling products.

![Figure 1](image_url)

**Figure 1.** Different paths for the unsaturated polyester resins synthesis based on the products of post-consumer poly(ethylene terephthalate) chemical recycling: (a) PET hydrolysis or alcoholysis, where TPA—terephthalic acid, DMTP—dimethyl terephthalate; (b) PET heterogeneous glycolysis; (c) PET homogeneous glycolysis and interchain exchange.

The first approach (Figure 1a) involves hydrolysis or alcoholysis of PET with terephthalic acid or dialkyl terephthalate production, respectively, followed by the synthe-
sis of UPRs [45–47]. The second method comprises the synthesis of a resin based on bis(2-hydroxyethyl) terephthalate (BHET), which is a glycolysis product of polyethylene terephthalate, as shown in Figure 1b [45–50]. The most promising method is the chemical recycling of polyethylene terephthalate under the action of oligoesters with hydroxyl end groups [7,51,52]. It consists of simultaneous glycolysis and interchain exchange of PET and synthesized oligoester, followed by glycolysis and/or polycondensation with other co-monomers, as shown in Figure 1c. Preliminary polyethylene terephthalate molecular weight reduction under the action of oligoesters with hydroxyl end groups increases the efficiency of chemical recycling of polyethylene terephthalate, since such oligoesters:

- Contain sufficient concentration of hydroxyl groups to prevent the formation of cyclic oligomers and react readily;
- Are compatible with PET reaction in melt, implying co-solvent effect [7,53];
- Do not actively release low molecular weight compounds at temperatures above PET melting point even without an autoclave.

The process under consideration can be classified as upcycling, since it allows one to obtain value added products when blended with other materials [6].

Thus, the aim of this work is to investigate the process of unsaturated polyester resins of various composition using the chemical recycling of polyethylene terephthalate under the action of various oligoesters with hydroxyl groups and glycols, as well as to study the properties of TiO\textsubscript{2}/UPR nanocomposites based on the resins obtained.

2. Materials and Methods

2.1. Materials

Post-consumer transparent PET flakes with at least 95% of the main fraction, particle size from 5 to 10 mm were purchased from Tver Polymers Recycling Plant (Tver, Russia). Phthalic (PA) and maleic (MA) anhydrides, ethylene glycol (EG), diethylene glycol (DEG), and 1,2-propylene glycol (PG) were used as monomers; N,N-dimethylaniline and benzoyl peroxide were used as accelerator and initiator, respectively; titanium dioxide nanoparticles being colorless crystals of anatase structure with an average size of 25 nm were used as nanofiller. These reagents were purchased from Sigma Aldrich (St. Louis, MO, USA) and were used without further purification. Paraplex G-50 (Hallstar Industrial, Chicago, IL, USA) was used as plasticizer.

2.2. Unsaturated Polyester Resins Synthesis

2.2.1. Saturated Oligoesters

Saturated oligoesters used as agents for PET simultaneous glycolysis and interchain exchange were synthesized as follows. Glycol was introduced into the molten phthalic anhydride at 140 °C in the ratio given in Table 1. The system was kept in an inert gas (nitrogen) flow at a constant temperature for 1.5 h with stirring at 100 rpm, followed by an increase in temperature to 190 °C and stirring up to 350 rpm for 3 h. After that, the reaction was carried out under a vacuum of 40 mbar for 3 h until the isolation of low molecular weight compounds was completed. As a result, samples OEP-1, ODEP-1 and OPP-1 were obtained from EG, DEG and PG, respectively.

| Reagents | OEP-1 | ODEP-1 | OPP-1 |
|----------|-------|--------|-------|
| PA       | 4     | 4      | 4     |
| EG       | 5     | 0      | 0     |
| DEG      | 0     | 5      | 0     |
| PG       | 0     | 0      | 5     |

2.2.2. Simultaneous Glycolysis and Interchain Exchange of Oligoesters with PET

The process of simultaneous glycolysis and interchain exchange of PET and oligoesters was carried out at an equimolar ratio of PET and oligoesters units. Co-melting of PET and
oligoesters at a temperature of 275 °C in an atmosphere of inert gas (nitrogen) was followed by lowering the temperature to 250 °C and conducting the reaction for 1.5 h with stirring at 50 rpm. As a result, samples OEPT-1, ODEEPT-1, and OPEPT-1 were obtained from OEP-1, ODEP-1, and OPP-1, respectively.

2.2.3. Unsaturated Polyester Resins Synthesis

The synthesis of unsaturated polyester resins was carried out at a temperature of 150 °C under a vacuum of 40 mbar with stirring at 100 rpm for 1.5 h. The molar ratios of monomers and oligoesters units are given in Table 2.

| Reagents  | UPR-1 | UPR-2 | UPR-3 | UPR-4 | UPR-5 | UPR-6 |
|-----------|-------|-------|-------|-------|-------|-------|
| MA        | 1     | 1     | 1     | 1     | 1     | 1     |
| OEPT-1    | 0     | 0     | 2     | 2     | 0     | 0     |
| ODEEPT-1  | 0     | 0     | 0     | 0     | 2     | 2     |
| OPEPT-1   | 0     | 0     | 0     | 0     | 0     | 0     |
| DEG       | 1     | 0     | 1     | 0     | 1     | 0     |
| PG        | 0     | 1     | 0     | 1     | 0     | 0     |

2.3. Preparation of Nanocomposites

2.3.1. Mixing UPR with Other Components

All composites were prepared from a mixture of 25 wt% styrene with 75 wt% of UPR samples. First, unsaturated polyester resin was dissolved in styrene, followed by addition of nanoparticles (5 wt%) and N,N-dimethylaniline accelerator taken in equimolar ratio to the initiator added in the next step. The mixture was kept on the Ultrasonic Processor (Cole-Parmer Instruments, Vernon Hills, IL, USA) for 2.5 h.

2.3.2. Composite Curing

Benzyloperoxide initiator was mixed with Paraplex G-50 plasticizer in a 2:1 weight ratio, followed by addition to UPR composite at a rate of 2 wt% of initiator relative to the resin. The mixture was stirred for 30 s to distribute the components by volume, and then it was immediately injected into molds. Curing took place within 24 h.

2.4. Characterization of PET and Oligoesters

2.4.1. Fourier Transform Infrared Spectroscopy (FTIR)

The chemical compositions of PET and the resulting oligoesters were confirmed by the position of the characteristic bands in the FTIR spectra. The spectra were obtained by means of Spectrum 65 FT-IR spectrometer (Perkin Elmer, Waltham, MA, USA).

2.4.2. Gel Permeation Chromatography (GPC)

Gel permeation chromatography (Gilson Inc., Middleton, WI, USA) with Agilent MIXED-E column, tetrahydrofuran as the mobile phase, and refractive index detector was used to determine the molecular weights of the component present in the analyzed samples. Measurements were made at the temperature of 25 °C and the flow rate of 1.0 mL/min. Narrowly dispersed polystyrene standards with Mp (peak molecular weight) 580; 1280; 2940; 10,110; 28,770 g/mol and polydispersity index no more than 1.12 were used for calibration (Agilent, Santa Clara, CA, USA).

2.4.3. Oligoesters Synthesis Conversion

Oligoesters Synthesis Conversion is determined using the Carothers equation [54]. The degree of polycondensation was determined by Equation (1):

\[
P = \frac{M_n}{M_{Mn}}.
\]
where $M_n$ is the number average molecular weight, g/mol, determined by GPC, $\text{MM}_{\text{av}}$ is the unit average molecular weight, g/mol, taking into account the mole fraction.

The unbalance factor was determined by Equation (2):

$$q = \frac{N_{X0}}{N_{Y0}},$$

(2)

where $N_{X0}$ and $N_{Y0}$ are the amounts of glycols and diacids in the initial monomer mixture, with $N_{X0} \geq N_{Y0}$.

The oligoester synthesis conversion was calculated by adjusting the parameter in Equation (3):

$$P = \frac{1 + q}{1 + q \times (1 - 2 \alpha)},$$

(3)

where $P$ is the degree of polycondensation determined by Equation (1), $q$ is the unbalance factor calculated using Equation (2), and $\alpha$ is the desired conversion, %.

2.4.4. Color

The color of the samples was determined using Gardner scale in accordance with ASTM D1544 using BYK Gardner Liquid Color Standards (BYK Additives & Instruments, Wesel, Germany).

2.5. Characterization of UPR Cures

2.5.1. Density Measurement

Density of cured composites was determined using immersion method according to ISO 1183-1:2019 using distilled water at 25 °C.

2.5.2. Test Method for Tensile Properties

Mechanical properties were determined according to ASTM D638. The cross-sectional dimensions of the specimens were 10 × 5 mm, the stretching rate was 5 mm/min. Instron 5942 testing machine (Instron, Norwood, MA, USA) and Instron Bluehill software were used for tensile strength (MPa), elongation at break (%), and Young’s modulus (MPa) measurements. According to the test method, a standard error of no more than 10% of the measured parameter is achieved with an elongation of more than 20%.

3. Results and Discussion

3.1. PET-Flakes Characterization

Figure 2 shows the FTIR spectrum of the untreated PET flakes. The main absorption bands corresponding to the PET structure were determined at 1715 cm⁻¹ (carbonyl, stretching), 1243 cm⁻¹ (ester group, stretching), 1176 and 1116 cm⁻¹ (1,4-substituted ring) [7,55]. The correlation coefficient with the known spectrum of polyethylene terephthalate was 99.3%, which confirms that the sample represents a partially crystalline PET [55].

![Figure 2. FTIR spectrum of PET flakes.](image-url)
3.2. Oligoesters Characterization

3.2.1. OEP-1, ODEP-1, and OPP-1 Properties

Figure 3 shows photographs of the oligoester agents obtained by glycolysis and interchain exchange. All saturated resins are transparent, so their color can be assessed on the Gardner scale (Table 3). OEP-1 and OPP-1 samples are brittle solids at room temperature (Figure 3a,c), while ODEP-2 is a viscous, sticky resin (Figure 3b).

![Photos of OEP-1, ODEP-1, and OPP-1 samples](image)

Figure 3. Photos of OEP-1, ODEP-1, and OPP-1 samples: (a) OEP-1; (b) ODEP-1; (c) OPP-1.

Table 3. Characteristics of OEP-1, ODEP-1, and OPP-1 samples: number average (Mn) and weight average (Mw) molecular weights, polydispersity index (PDI), conversion, and color.

| Sample | Mn, g/mol | Mw, g/mol | PDI | Conversion, % | Color |
|--------|-----------|-----------|-----|---------------|-------|
| OEP-1  | 684       | 1100      | 1.61| 97.65         | 3     |
| ODEP-1 | 835       | 1368      | 1.64| 97.04         | 1     |
| OPP-1  | 667       | 1096      | 1.64| 95.96         | 1     |

The FTIR spectra of the obtained saturated polyester resins are shown in Figure 4. All samples exhibit bands at 1715 cm⁻¹ (carbonyl, stretching) and 1243 cm⁻¹ (ester group, stretching). The FTIR spectrum of the ODEP-1 sample contains bands corresponding to the ether bond of diethylene glycol: 1270 cm⁻¹ (C-O-C, assym. stretching), 939 cm⁻¹ (C-O-C, sym. stretching). The bands characterizing the CH₃-group overlap with other ones, so they cannot be marked. The bands corresponding to the hydroxyl (3350 cm⁻¹) and ester (1715 cm⁻¹) groups are the same for all three samples.

![FTIR spectra](image)

Figure 4. FTIR spectra of OEP-1, ODEP-1, and OPP-1 samples.
GPC curves for OEP-1, ODEP-1, and OPP-1 samples are shown in Figure 5.

![GPC curves](image)

**Figure 5.** GPC curves of OEP-1, ODEP-1, and OPP-1 samples.

The GPC curve of sample OEP-1 has a peak (257 g/mol) with a shoulder (195 g/mol) corresponding to phthalic acid ethylene glycol diester and monoester. The adjacent strong peak (337 g/mol) seems to correspond to phthalic acid diethylene glycol diester, which is known to form in polycondensation processes with ethylene glycol \[7\]. Other peaks (504, 727, 945, and 1198 g/mol) correspond to oligomers.

The GPC curve for the diethylene glycol-containing ODEP-1 sample has a peak (268 g/mol) with a shoulder (315 g/mol) corresponding to phthalic acid diethylene glycol monoester and diester, and peaks of oligomers (474, 667, 882, and 1089 g/mol).

The OPP-1 sample curve exhibits the peak of phthalic acid 1,2-propylene glycol monoester (236 g/mol) with a shoulder of diester (263 g/mol) as well as peaks of oligomers (426, 594, 765, and 933 g/mol).

Peak molecular weights for OEP-1, ODEP-1, and OPP-1 samples differ from the calculated for corresponding monomers and oligomers ones, since polystyrene standards were used. The GPC curves were used to determine the molecular weight characteristics, followed by the conversion calculation (Table 3).

The GPC curves and calculated conversions of more than 95% for all resins confirm the formation of oligomers, which is expected in the polycondensation of a mixture of monomers with an unbalance factor of 0.8. The color of the samples is in line with theoretical expectations, since the end groups of ethylene glycol (in sample OEP-1) easily lead to the formation of known chromophores, both polyenaldehydes and polyenes \[56\].

### 3.2.2. OEPT-1, ODEEPT-1, and OPEPT-1 Properties

Photos of PET-based saturated polyester resins obtained by the reaction of PET and OEP-1, ODEP-1, and OPP-1 oligoesters are shown in Figure 6. The resulting samples are transparent solids.

FTIR spectra of terephthalate-containing resins are shown in Figure 7. FTIR spectra for PET-based saturated polyester resins exhibit peaks at 1176 and 1116 cm\(^{-1}\) (1,4-substituted ring), same as in polyethylene terephthalate spectra \[7,55\].
Characteristics of OEPT-1, ODEEPT-1, and OPEPT-1 samples: number average (Mn) and weight average (Mw) molecular weights, polydispersity index (PDI), conversion, and color.

Table 3. Characteristics of OEPT-1, ODEEPT-1, and OPEPT-1 samples.  

| Sample     | Mn, g/mol | Mw, g/mol | PDI | Conversion, % | Color |
|------------|-----------|-----------|-----|---------------|-------|
| OEPT-1     | 1519      | 3053      | 2.01| 96.81         | 9     |
| ODEEPT-1   | 1786      | 2594      | 1.45| 97.01         | 5     |
| OPEPT-1    | 1600      | 3272      | 2.04| 96.86         | 4     |

In contrast to the polycondensation of OEP-1, ODEP-1 and OPP-1 oligoesters, where the reaction with unbound 1,2-propylene glycol reaches a noticeably lower conversion, the conversion in this process turned out to be practically independent of the chemical composition of the oligomer at an equal concentration of terminal hydroxyl groups (within 0.2% range). All samples acquired a more intense color, which is in line with expectations.
for the second heat treatment cycle. Both the absence of the dependence of the conversion on the composition and the more intense coloration are obviously related to the higher temperature of the described process. Differences in the colors of the samples correspond to the assumption made in Section 3.2.1.

![Figure 8. GPC curves of OEPT-1, ODEEPT-1, and OPEPT-1 samples.](image)

### 3.2.3. Unsaturated Polyester Resins Properties

Photos of the resulting unsaturated polyester resins are shown in Figure 9. Samples treated with diethylene glycol appeared to be opaque sticky and highly viscous resins (Figure 9a,c,e), while the remaining samples persisted to be transparent (Figure 9b,d,f).

![Figure 9. Photos of UPR samples: (a) UPR-1; (b) UPR-2; (c) UPR-3; (d) UPR-4; (e) UPR-5; (f) UPR-6.](image)
IR spectra of UPRs are shown in Figure 10. The spectra of all samples show an elevated region of 2300–3700 cm$^{-1}$, which corresponds to the hydroxyl end groups. The IR spectra of UPR-2, UPR-4, and UPR-6 resins show a band at 1780 cm$^{-1}$ (anhydride, stretching) corresponding to maleic anhydride.

![Figure 10. FTIR spectra of UPR-1, UPR-2, UPR-3, UPR-4, UPR-5, and UPR-6 samples.](image)

The GPC curves of the obtained UPRs are shown in Figure 11. In addition to the main peaks of oligomers, all curves contain weak peaks in the range 147–167 g/mol, corresponding to maleic acid ethylene, diethylene or 1,2-propylene glycol monoester, respectively. Peak molecular weights for UPR-1, UPR-2, UPR-3, UPR-4, UPR-5, and UPR-6 samples are 780, 753, 694, 794, 590, and 620, respectively.

![Figure 11. GPC curves of UPR-1, UPR-2, UPR-3, UPR-4, UPR-5, and UPR-6 samples.](image)

The conversion cannot be calculated, because the reactions of glycolysis of OEPT-1, ODEEPT-1, and OPEPT-1 oligoesters and polycondensation of diethylene or 1,2-propylene glycols and maleic anhydride occur simultaneously in this process. Molecular weight characteristics of samples of UPRs are shown in Table 5.
Table 5. Characteristics of UPR-1, UPR-2, UPR-3, UPR-4, UPR-5, and UPR-6 samples: number average (Mn) and weight average (Mw) molecular weights, polydispersity index (PDI) and color.

| Sample  | Mn, g/mol | Mw, g/mol | PDI | Color     |
|---------|-----------|-----------|-----|-----------|
| UPR-1   | 446       | 657       | 1.47| Cloudy    |
| UPR-2   | 416       | 640       | 1.54|           |
| UPR-3   | 410       | 574       | 1.40| Cloudy    |
| UPR-4   | 492       | 692       | 1.41|           |
| UPR-5   | 354       | 490       | 1.38| Cloudy    |
| UPR-6   | 381       | 517       | 1.36|           |

Unbound 1,2-propylene glycol is less active in the reaction than diethylene glycol, as evidenced by the transparency of samples UPR-2, UPR-4, and UPR-6, and by the presence of peaks corresponding to maleic anhydride in the FTIR spectra of these samples. Lower molecular weights of samples UPR-4 and UPR-6 compared to UPR-3 and UPR-5 were also observed. The same dependencies were observed for the polycondensation reaction (Section 3.2.1).

3.3. Nanocomposites Properties

The first step in the preparation of unsaturated polyester resin nanocomposite is the dissolution of UPR in styrene. Samples UPR-1, UPR-3, and UPR-5 dissolved readily, while sample UPR-2 was completely insoluble. Samples UPR-4 and UPR-6 formed physical gels when dissolved in styrene, with UPR-4 remaining in gel form even when excess styrene was added. Since UPR-4 and UPR-5 have the same composition of monomer mixtures, it can be concluded that the molecular weight has a significant effect on the properties of the unsaturated polyester resin. It should be noted that the molecular weight of the product in the process under study depended on whether the monomers were used in unbound form or as an oligomer at different stages.

The appearance of cured UPRs with or without titanium dioxide is shown in Figure 12. The UPR-3 sample is highly heterogeneous, as evidenced by the yellow inclusions (Figure 12b). Density and mechanical properties are shown in Table 6, stress-strain curves of UPR samples are given in Supplementary Materials (Figure S1).

![Photo 1](image1.png)

![Photo 2](image2.png)

**Figure 12.** Photos of cured UPR-1, UPR-3, and UPR-5 samples: (a) without TiO₂; (b) with TiO₂.
The density of all samples is approximately the same, however, it slightly increases with an increase in the content of diethylene glycol and 1,2-propylene glycol units. The addition of 5 wt% titanium dioxide also increases the density of the nanocomposite.

Tensile strength for samples without titanium dioxide increases in the series UPR-1 < UPR-3 < UPR-5. Nanocomposites based on UPR-1 and UPR-5 exhibit increase in tensile strength (by 2.2 and 117.2 %, respectively), however UPR-3 based sample does not follow the same pattern (71.3% decrease). This may be due to its heterogeneity, the influence of titanium dioxide [16], or the content of ether bonds [21]. The Young’s modulus follows the same pattern (increased by 33.9 and 210.4 % for UPR-1 and UPR-5, respectively). UPR-5 samples, especially TiO_2-containing one, have outstanding strength properties, surpassing the studied analogues [16,21].

The elongation at break increases with the addition of titanium dioxide (by 21.2, 55.3, and 24.3 % for UPR-1, UPR-3, and UPR-5, respectively). Achieved values are approximately the same for samples UPR-1 and UPR-3, with sample UPR-3 without TiO_2 having slightly less elongation than UPR-1. This can be caused both by the inhomogeneity of the samples and by the influence of ether bonds, which are known to reduce elongation at break above a certain concentration [21]. The elongation at break for the UPR-5 sample increases dramatically compared to the other ones. It is almost 5 times greater than that of the UPR-1 and UPR-3 composites, and more than 7 times as compared to UPR-3 without the addition of titanium dioxide.

### Table 6. Density and mechanical properties of UPR samples.

| Resin Sample | Nanofiller Content, wt% | Density, g/mm³ | Tensile Strength, MPa | Elongation at Break, % | Young’s Modulus, MPa |
|--------------|-------------------------|----------------|-----------------------|------------------------|----------------------|
| UPR-1        | 0                       | 1.22           | 3.61                  | 27.14                  | 0.62                 |
|              | 5                       | 1.26           | 3.69                  | 32.89                  | 0.83                 |
| UPR-2        | 0                       | Insoluble in styrene |
|              | 5                       |                |                       |                        |                      |
| UPR-3        | 0                       | 1.24           | 34.32                 | 21.68                  | 7.33                 |
|              | 5                       | 1.28           | 9.85                  | 33.66                  | 1.99                 |
| UPR-4        | 0                       | Forms a physical gel |
|              | 5                       |                |                       |                        |                      |
| UPR-5        | 0                       | 1.26           | 51.86                 | 127.06                 | 9.65                 |
|              | 5                       | 1.29           | 112.62                | 157.94                 | 29.95                |
| UPR-6        | 0                       | Forms a physical gel |
|              | 5                       |                |                       |                        |                      |

### 4. Conclusions

A method for the preparation of unsaturated polyester resins based on recycled polyethylene terephthalate has been studied. It includes successive stages of oligoesters synthesis, their simultaneous glycolysis and interchain exchange with PET, simultaneous glycolysis of the resulting PET-based oligoesters, and polycondensation with maleic anhydride. In the first and third processes, which were carried out in the temperature range of 140–190 °C, the reactivity of 1,2-propylene glycol turned out to be the lowest, yielding the 95.96% conversion during the synthesis of the oligoester, higher molecular weights, and resulting in the presence of bands corresponding to maleic anhydride in the spectrum after glycolysis. However, in the case of combined glycolysis and interchain exchange, which occur in the temperature range of 250–275 °C, the conversion turned out to be practically uninfluenced by oligoester composition. The Gardner color value for the samples containing the highest proportion of 1,2-propylene glycol was the lowest.

TiO_2-based nanocomposites utilizing resin samples that do not contain additional units of ethylene glycol to those present in the original polyethylene terephthalate surpassed the samples produced from ethylene glycol-containing oligoether. The Tensile strength and Young’s modulus differ by more than an order of magnitude. The elongation at break increased significantly for samples containing 1,2-propylene glycol. The addition of titanium
dioxide nanoparticles in most cases increases the mechanical properties and density, with the most significant increase occurring for the 1,2-propylene glycol-containing sample.

Thus, the most rational way to obtain resins utilizing post-consumer polyethylene terephthalate as a matrix for nanocomposites is based on combined glycolysis and interchain exchange of a 1,2-propylene glycol-containing oligomer with PET, followed by glycolysis with diethylene glycol and polycondensation with maleic anhydride. We assume that this chemical recycling process has lower moisture requirements than thermomechanical recycling. The obvious disadvantages include a large number of stages. As in other polycondensation processes, the high purity of the feedstock is important for the synthesis of oligoesters at the first stage. There are also temperature limitations due to degradation processes. Presumably, the temperature should not exceed 280 °C. The ratios of PET, oligomers, glycols and anhydride at all stages, as well as the temperature conditions of the process, are worth further investigation in order to be implemented in the industry.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/polym14081602/s1, Figure S1: Stress-strain curves of UPR samples.

Author Contributions: Conceptualization, K.K.; methodology, K.K. and A.G.; validation, R.T., P.M. and A.G.; formal analysis, P.M.; investigation, K.K. and R.T.; resources, K.K. and A.G.; data curation, R.T.; writing—original draft preparation, K.K.; writing—review and editing, P.M.; visualization, K.K. and P.M.; supervision, R.T. and A.G. All authors have read and agreed to the published version of the manuscript.

Funding: This work was performed using the equipment of the Shared Science and Training Center for Collective Use RTU MIREA (with the support of the Ministry of Science and Higher Education of Russia, grant No. 075-15-2021-689, unique identification number 2296.61321X0010).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Acknowledgments: The authors are grateful to M. Balashov and G. Aliev for their help in instrumental measurements.

Conflicts of Interest: The authors declare no conflict of interest.

References
1. Hooshmand Zaferani, S. Introduction of polymer-based nanocomposites. In Polymer-Based Nanocomposites for Energy and Environmental Applications; Jawaid, M., Khan, M.M., Eds.; Woodhead Publishing: Sawston, UK, 2018; pp. 1–25. [CrossRef]
2. Pielichowski, K.; Pielichowska, K. Polymer Nanocomposites. In Handbook of Thermal Analysis and Calorimetry, 2nd ed.; Vyazovkin, S., Koga, N., Schick, C., Eds.; Elsevier: Amsterdam, The Netherlands, 2018; Volume 6, pp. 431–485. [CrossRef]
3. Vorunichev, D.S.; Vorunicheva, K.Y. Current capabilities of prototyping technologies for multilayer printed circuit boards on a 3D printer. Russ. Technol. J. 2021, 9, 28–37. [CrossRef]
4. Bhawani, S.A.; Bhat, A.H.; Ahmad, F.B.; Ibrahim, M.N.M. Green polymer nanocomposites and their environmental applications. In Polymer-Based Nanocomposites for Energy and Environmental Applications; Jawaid, M., Khan, M.M., Eds.; Woodhead Publishing: Sawston, UK, 2018; pp. 617–633. [CrossRef]
5. Anuar, H.; Ali, F.B.; Buys, Y.F.; Siti Nur E’zzati, M.A.; Siti Munirah Salimah, A.R.; Mahmud, M.S.; Mohd Nordin, N.; Adli, S.A. Sustainable Nanocomposites in Food Packaging. In Sustainable Polymer Composites and Nanocomposites; Inamuddin, T.S., Mishra, R.K., Asiri, A.M., Eds.; Springer: Cham, Switzerland, 2019; pp. 413–436. [CrossRef]
6. Watt, E.; Picard, M.; Maldonado, B.; Abdelwahab, M.A.; Mielewski, D.F.; Drzal, L.T.; Misra, M.; Mohanty, A.K. Ocean plastics: Environmental implications and potential routes for mitigation—A perspective. RSC Adv. 2021, 11, 21447–21462. [CrossRef]
7. Kirshanov, K.; Toms, R.; Melnikov, P.; Gervald, A. Investigation of Polyester Tire Cord Glycolysis Accompanied by Rubber Crumb Devulcanization. Polymers 2022, 14, 684. [CrossRef] [PubMed]
8. Di Lorenzo, M.L.; Errico, M.E.; Avella, M.J. Thermal and morphological characterization of poly(ethylene terephthalate)/calcium carbonate nanocomposites. J. Mater. Sci. 2002, 37, 2351–2358. [CrossRef]
9. Panda, S.; Behera, D. Unsaturated Polyester Nanocomposites. In Unsaturated Polyester Resins; Thomas, S., Hosur, M., Chirayil, C.J., Eds.; Elsevier: Amsterdam, The Netherlands, 2019; pp. 101–124. [CrossRef]
10. Hassan, A.; Hau, L.Y.; Hasan, M. Effect of ammonium polyphosphate on flame retardancy, thermal stability, and mechanical properties of unsaturated polyester/phenolic/montmorillonite nanocomposites. *Adv. Polym. Technol.* 2015, 36, 278–283. [CrossRef]

11. Jiang, G.; Chen, L.; Jiang, S.; Zhou, K.; Shi, X.; Mou, W. Establishment of highly effective flame-retardant unsaturated polyester resin system based on multiple strategies. *Adv. Polym. Technol.* 2018, 37, 2674–2686. [CrossRef]

12. Chen, Z.; Jiang, M.; Chen, Z.; Chen, T.; Yu, Y.; Jiang, J. Preparation and characterization of a microencapsulated flame retardant and its flame-retardant mechanism in unsaturated polyester resins. *Powder Technol.* 2019, 354, 71–81. [CrossRef]

13. Wicaksono, S.T.; Laksana, A.H.; Ardhyananta, H. Effect of calcium carbonate on the tensile and density properties of kenaf/polyester hybrid composite. *IOP Conf. Ser. Mater. Sci. Eng.* 2019, 546, 042019. [CrossRef]

14. Sugiman, S.; Setyawan, P.D.; Maryudi, M.; Madnasri, S. Water absorption, tensile, flexural and impact properties of aged bamboo fibre/nano CaCO$_2$ modified unsaturated polyester resin system based on multiple strategies. *Adv. Polym. Technol.* 2018, 37, 2674–2686. [CrossRef]

15. Chen, H.; Tian, X.; Liu, J. Unsaturated polyester resin nanocomposites containing ZnO modified with oleic acid activated by ultrasound. *Polym. Bull.* 2017, 743–753. [CrossRef]

16. Rahman, M.T.; Asadul Hoque, M.; Rahman, G.T.; Gafur, M.A.; Khan, R.A.; Khalid Hossain, M. Study on the mechanical, electrical and optical properties of metal-oxide nanoparticles dispersed unsaturated polyester resin nanocomposites. *Results Phys.* 2019, 13, 102264. [CrossRef]

17. Serkhacheva, N.S.; Gainanova, A.A.; Kuz'micheva, G.M.; Podbelskiy, V.V.; Sadowskaya, N.V.; Zybinskiy, A.M.; Domoroshchina, E.N.; Dorokhov, A.V.; Chernyshev, V.V.; Prokopov, N.I.; et al. Composites based on polystyrene microspheres with nano-scaled titanium dioxide. *Int. J. Polym. Anal. Charact.* 2015, 20, 743–753. [CrossRef]

18. Blanco, M.; Monteserín, C.; Uranga, N.; Gómez, E.; Aranzabe, E.; García, J.I. Thermal and Photocatalytic Performance of Unsaturated Polyester Resins Modified with TiO$_2$ Nanoparticles as Panel Bodies for Vehicles. *Polymers* 2021, 13, 2036. [CrossRef]

19. Koushal, S.K.; Hamadian, M.; Ghasemi, A.R.; Ashrafi, M. Investigation of mechanical properties of polyester/polyethylene glycol/TiO$_2$ nanocomposites. *J. Nanostruct.* 2021, 11, 38–47. [CrossRef]

20. Chen, H.; Tian, X.; Liu, J. Unsaturated polyester resin nanocomposites containing ZnO modified with oleic acid activated by N,N’-carbonyldiimidazole. *Polymers* 2018, 10, 362. [CrossRef]

21. Mohammed, M.; Betar, B.O.; Rahman, R.; Mohammed, A.M.; Osman, A.F.; Jafar, M.; Adam, T.; Dahham, O.S.; Hashim, U.; Noriman, N.Z. Zinc oxide nano particles integrated kenaf/unsaturated polyester biocomposite. *J. Renew. Mater.* 2019, 7, 967–982. [CrossRef]

22. Franco-Urquiza, E.A.; May-Crespo, J.F.; Escalante Velázquez, C.A.; Pérez Mora, R.; González García, P. Thermal degradation kinetics of ZnO/polyester nanocomposites. *Polymers* 2020, 12, 1753. [CrossRef]

23. Mir Azizi, Z.R.; Sharifzadeh, E.; Rahimpour, F. Thermal analysis of ZnO/hollow graphene oxide/polyester complex and simple structure nanocomposites: Analytical, simulation and experimental approaches. *Iran. Polym. J.* 2022. [CrossRef]

24. Rahman, M.T.; Hoque, M.A.; Rahman, G.T.; Azmi, M.M.; Gafur, M.A.; Khan, R.A.; Khalid Hossain, M. Fe$_2$O$_3$ nanoparticles dispersed unsaturated polyester resin based nanocomposites: Effect of gamma radiation on mechanical properties. *Radiat. Eff. Defects Solids* 2019, 174, 480–493. [CrossRef]

25. Rahman, K.D. synthesis and characterization unsaturated polyester resin nanocomposites reinforced by Fe2O3 + Ni nanoparticles: Influence on mechanical and magnetic properties. *Int. J. Eng. Trans.* 2022, 35, 21–28. [CrossRef]

26. Khachaturov, A.A.; Potapov, E.E.; Reznichenko, S.V.; Kovaleva, A.N. Influence of iron ore concentrate (magnetite) on the kinetics of butadiene-styrene rubber-based blend curing in the presence of different accelerators. *Fine Chem. Technol.* 2020, 15, 46–53. [CrossRef]

27. Poorabdollah, M.; Beheshty, M.H.; Atai, M. Investigating curing kinetics and structural relaxation phenomena of unsaturated polyester resin containing silanized silica. *J. Compos. Mater.* 2015, 50, 2459–2467. [CrossRef]

28. Rustomovic, J.D.; Trifkovic, K.T.; Bugarski, B.; Pavlovic, V.B.; Dzunuzovic, J.; Tomić, M.; Marinkovic, A.D. High performance unsaturated polyester based nanocomposites: Effect of vinyl modified nanosilica on mechanical properties. *EXPRESS Polym. Lett.* 2016, 10, 139–159. [CrossRef]

29. Abdul Halim, Z.A.; Awang, N.; Yajid, M.A.M.; Ahmad, N.; Hamdan, H. A comparison between the effects of hydrophobic and hydrophilic silica aerogel fillers on tensile and thermal properties of unsaturated polyester composites. *Polym. Bull.* 2021, 1–19. [CrossRef]

30. Gorelov, B.M.; Gorb, A.M.; Polovina, O.I.; Wacke, S.; Czapla, Z.; Kostrzewa, M.; Ingram, A. Filler’s impact on structure and physical properties in polyester resin–oxide nanocomposites. *Adsorpt. Sci. Technol.* 2017, 36, 549–560. [CrossRef]

31. Laatar, F.; Jayan, M.; Padmanabhan, P.; Ben Romdhane, M.R.; Srasra, E. Unsaturated polyester-nanoclay nanocomposite coatings for effective corrosion protection of steel. *J. Coat. Technol. Res.* 2017, 15, 293–301. [CrossRef]

32. Poorabdollah, M.; Kamran, A. Optimising cure cycle of unsaturated polyester nanocomposites using directed grid search method. *Polym. Polym. Compos.* 2019, 27, 253–261. [CrossRef]
35. Abobo, I.M.D.; Rodriguez, L.D.; Salvador, S.D.; Siy, H.C.; Penaloza, D.P., Jr. Effect of organoclay reinforcement on the mechanical and thermal properties of unsaturated polyester resin composites. *J. Silicon Based Polym. Mater.* **2021**, *73*, 63–67. [CrossRef]

36. Rusmirovic, J.D.; Rančić, M.P.; Pavlović, V.B.; Rakić, V.M.; Stevanović, S.; Djonlagic, J.; Marinkovic, A.D. Cross-Linkable Modified Nanocellulose/Polyester Resin-Based Composites: Effect of Unsaturated Fatty Acid Nanocellulose Modification on Material Performances. *Macromol. Mater. Eng.* **2018**, *303*, 1700648. [CrossRef]

37. Tasić, A.; Rusmirovic, J.D.; Nikolić, J.; Božić, A.; Pavlović, V.; Marinković, A.D.; Uskoković, P.S. Effect of the vinyl modification of multi-walled carbon nanotubes on the performances of waste poly(ethylene terephthalate)-based nanocomposites. *J. Compos. Mater.* **2016**, *51*, 491–505. [CrossRef]

38. Salehi, M.; Krishnamurthy, A.; Forster, A.M.; Hsiao, K.-T.; Whelton, A.J. Polyester composite water uptake and organic contaminant release affected by carbon nanofiber reinforcements. *J. Appl. Polym. Sci.* **2016**, *133*, 43724. [CrossRef]

39. Moshiul Alam, A.K.M.; Beg, M.D.H.; Yunus, R.M.; Bijarimi, M.; Mina, M.F.; Maria, K.H.; Mieno, T. Modification of structure and properties of well-dispersed dendrimer coated multi-walled carbon nanotube reinforced polyester nanocomposites. *Polym. Test.* **2018**, *68*, 116–125. [CrossRef]

40. Hashemi, M.; Shojaei, A. Morphology development and mechanical properties of unsaturated polyester resin containing nanodiamonds. *Polym. Int.* **2017**, *66*, 950–959. [CrossRef]

41. Saleh, B.; El Mogy, S.A. Use of waste rubber and bionanofiller in preparation of rubber nanocomposites for friendly environmental flooring applications. *Egypt J. Chem.* **2020**, *63*, 2457–2471. [CrossRef]

42. Markov, A.V.; Tarasova, K.S.; Markov, V.A. Effect of relaxation processes during deformation on electrical resistivity of carbon black polypropylene composites. *Fine Chem. Technol.* **2021**, *16*, 345–351. [CrossRef]

43. Wilson García, N.A.; Almaral Sánchez, J.L.; Vargas Ortiz, R.A.; Hurtado Macías, A.; Flores Ramírez, N.; Aguilar Palazuelos, E.; Flores Valenzuela, J.; Castro Beltran, A.; Alvarado Beltrán, C.G. Physical and mechanical properties of unsaturated polyester resin matrix from recycled PET (based PG) with corn straw fiber. *J. Appl. Polym. Sci.* **2021**, *138*, 51305. [CrossRef]

44. Balashov, M.S.; Kirshanov, K.A.; Toms, R.V.; Suvorov, N.V.; Gerval’d, A.Y. Determination of qualitative and quantitative unsaturated polyester resins composition using NMR spectroscopy. *Plast. Massy* **2022**, *1*, 28–33. [CrossRef]

45. Damayanti; Wu, H.-S. Strategic Possibility Routes of Recycled PET. *Polymers* **2021**, *13*, 1475. [CrossRef]

46. Rusmirovic, J.D.; Rančić, M.P.; Pavlović, V.B.; Rakić, V.M.; Stevanović, S.; Djonlagic, J.; Marinkovic, A.D. Cross-Linkable Modified Nanocellulose/Polyester Resin-Based Composites: Effect of Unsaturated Fatty Acid Nanocellulose Modification on Material Performances. *Macromol. Mater. Eng.* **2018**, *303*, 1700648. [CrossRef]

47. Barnard, E.; Jonathan, J.; Arias, R.; Thielemans, W. Chemolytic depolymerisation of PET: A review. *Green Chem.* **2021**, *23*, 3765–3789. [CrossRef]

48. Kirshanov, K.A.; Gerval’d, A.Y.; Toms, R.V. Obtaining oligoesters by directed glycolytic destruction of polyethylene terephthalate waste. *Plast. Massy* **2020**, *1*, 51–53. [CrossRef]

49. Kirshanov, K.A.; Toms, R.V. Study of polyethylene terephthalate glycolysis with a mixture of bis(2-hydroxyethyl) terephthalate and its oligomers. *Plast. Massy* **2021**, *1*, 50–52. [CrossRef]

50. Duque-Ingunza, I.; López-Fonseca, R.; de Rivas, B.; Gutiérrez-Ortiz, J.I. Synthesis of unsaturated polyester resin from glycolysed postconsumer PET wastes. *J. Mater. Cycles Waste* **2013**, *15*, 256–263. [CrossRef]

51. Colomines, G.; Robin, J.-J.; Tersac, G. Study of the glycolysis of PET by oligoesters. *Polymer* **2005**, *46*, 3230–3247. [CrossRef]

52. Colomines, G.; Rivas, F.; Lacoste, M.-L.; Robin, J.-J. Study of Polyurethane Formulations Containing Diols Obtained via Glycolysis of Poly(ethylene terephthalate) (PET) by Oligoesters Diols through a Reactive Extrusion Process. *Macromol. Mater. Eng.* **2005**, *290*, 710–720. [CrossRef]

53. Joshi, A.S.; Alipourasiabi, N.; Vinnakota, K.; Coleman, M.R.; Lawrence, J.G. Improved polymerization and depolymerization kinetics of poly(ethylene terephthalate) by copolymerization with 2,5-furandicarboxylic acid. *RSC Adv.* **2021**, *11*, 23506–23518. [CrossRef]

54. Alcock, H.R.; Lampe, F.W.; Mark, J.E. *Contemporary Polymer Chemistry*, 3rd ed.; Pearson Education: Upper Saddle River, NJ, USA, 2003; p. 324. [CrossRef]

55. Ziyu, C.; Hay, J.N.; Jenkins, M.J. FTIR spectroscopic analysis of poly(ethylene terephthalate) on crystallization. *Eur. Polym. J.* **2012**, *48*, 1586–1610. [CrossRef]

56. Rieckmann, T.; Volker, S. Poly(ethylene terephthalate) polymerization—Mechanism, catalysis, kinetics, mass transfer and reactor design. In *Modern Polyesters: Chemistry and Technology of Polyesters and Copolyesters*; Scheirs, J., Long, T.E., Eds.; John Wiley & Sons: London, UK, 2003; pp. 31–116. [CrossRef]

57. El Mejatti, A.; Harit, T.; Riahi, A.; Khiairi, R.; Bouabdallah, I.; Malek, F. Chemical recycling of poly(ethylene terephthalate). Application to the synthesis of multiblock copolyesters. *EXPRESS Polym. Lett.* **2014**, *8*, 544553. [CrossRef]