Phytoremediation of soils contaminated with heavy metals

Abstract
Several studies have demonstrated that certain particular plants increase biodegradation of a number of exogenous organic molecules in contaminated soils. However, information on mechanisms, stages and the role of plants, direct or even indirect, in transforming such compounds is scarce. The objective of this work is to put on view phytoremediation as a technological helpful alternative for cleaning contaminated soils. General mechanisms and particular stages that plants use, as well as the complex interactions plants-native microorganisms-xenobiotics in the soil are reviewed. This knowledge will allow proposing solutions to problems of contamination and eventually recovering sites and soils.

Keywords: remediation, phytodegradation, xenobiotics, phytoextraction

Introduction
The generation, distribution and accidental spills of different xenobiotic organic molecules (herbicides, insecticides, miticides and hydrocarbons, among others) have caused environmental degradation directly or indirectly accumulate in soil, water and air. Generally speaking, one can say that the rate of accumulation is greater than the capacity of the planet to remove these xenobiotic organic compounds.1 Hence the interest arises for collaborating with nature to reverse the effect of pollutants on ecosystems.2 One of the concepts that requires special attention is biodegradation, which refers to the natural process by which bacteria or other living organisms alter and convert organic molecules into less toxic substances such as fatty acids and CO2. Some recent examples are: the biodegradation of phenanthrene by roots of oats and native communities of soil;3 biodegradation of pyrene by Festuca arundinacea L. and Panicum virgatum L., where the carbon was marked to observe carbon transformation, distribution and fate of the contaminant was used. Furthermore, bioremediation refers to the chemical transformation of contaminants by using microorganisms that meet their nutritional requirements and energy contributing to detoxification or mineralization environment by co-metabolism.4

Heavy metals in soil-pollution
The term “heavy metal” refers to those metals of the periodic tables whose specific weight is greater than 5 g.cm−3 or have an atomic number above 20, generally excluding alkali and alkaline earth elements.5 The term is somewhat imprecise when taking into account the particular properties ionic physicochemical elements, properties that define the composite ability and biological properties. We used other terms such as “toxic metal” or “trace element”, none of them refers to the same elements, resulting equally unsatisfactory.

In any case, according to Tiller,5 it seems that the term “heavy metal” can be used in a globalizing way to refer to those metals classified as environmental pollutants. The metalloids, meanwhile, have characteristics intermediate between metals and non-metals according to their binding properties and ionization. Non-metals such as As, Se or Sb may also be important environmental pollutants.6 Among the heavy metals there are essential and non-essential elements, for living of living organisms, although the boundary between these two groups is not clearly defined and the list of biologically important elements increases with time. They are essential elements Generally Known as Fe, Mn, Zn, Cu, Co and Mo, as Ni and Cr beneficial elements; and They are essential elements Generally Known as Fe, Mn, Zn, Cu, Co and Mo; Ni and Cr as beneficial elements, and It is Considered don not have a biological function Cd, Hg, Pb and As and As.7,8 Heavy metals, essential or not, can become toxic when their contribution is excessive and adversely affect the growth and reproduction of organisms, even cause death. The increase of heavy metals in soil also inhibits microbial enzyme activity and reduces the diversity of populations of flora and fauna, causing infertility and increasing erosion. The transfer of metals to man can occur through the ground (inhalation and ingestion of dust), food, water, air or skin (result of dermal absorption of contaminants from soil and water).9 Toxicological effects of metals to humans, particularly of Cd, Zn, Hg and Pb and as the Ace, which represent some of the most dangerous, have been well documented and there are references where you can get information about this.10–12

All soils have heavy metals as a result of geological processes and edaphogenic. The natural content of existing chemical elements in soil is called local geochemical fund (GF) or funds level,13 and represents an ideal situation that should be known to determine the contamination by the presence of amounts of metals unusually high.14 The determination of GF in soils is not an easy task, and its value varies geographically mainly based on the geological material.15 Generally igneous and metamorphic rocks, which occupy 95% of the earth’s crust,16 have high amounts of Mn, Cr, Co, Ni, Cu and Zn, and represent an important natural source of heavy metals into soil.17 The natural concentration of metals in soils derived from serpentinized ultrabasic rocks, for example, becomes toxic to animals and plants as a result of the high content of heavy metals from the bedrock from which they derive. There are many references that define the typical ranges of heavy metals in the various rocks and reveal the wide variability. There are many references that define the typical ranges of heavy metals in the various rocks and reveal the wide variability (Table 1).13,15,16–18
Pollution of soils derived from an increase of metal content often varies or exceeds the content in the FG. Until recent years, the consideration of a contaminated soil in Europe was based on a few critical levels defined in Annex 1st of Directive 86/278/EEC (CEC, 1986), and establishes limit values of concentration of metals in soils agricultural fertilized with sludge. This directive was implemented as national laws in, with levels below those used in some countries (Netherlands, Denmark, Sweden). In Spain, Royal Decree 9/2005 of 14 January considers the GF, which it calls “generic reference level” (GRL), as the basic parameter for evaluation by the Autonomous communities of soil contamination by certain substances. EU identifies five categories of potentially polluting activities of heavy metals: i. Industry: accidents, spills, leaks or leaks, storage and disposal. ii. Mining activities: a generally associated with storage and deposition of tailings, acid mine drainage and the use of certain chemical reagents risk. iii. Waste processing activities: It is estimated that 57% of municipal waste generated in the EU in a landfill; 87% in the EEC. iv. Traffic through emission, oils and gasoline losses, abrasion of rubber tires, etc. v. Other activities: construction products used on the floor (concrete, paints), inadequate agricultural practices (use of fertilizers and pesticides) private and commercial storage (tanks, gas), water treatment systems, etc.

In Figure 1 it is represented the main sources of soil contamination by heavy metals according to available data. This type of polluting activities provides to soils heavy metals, Until They reach levels That Exceed the Proposed limits, Causing Often toxic effects to organisms. It is estimated, for example, that the addition of metals such as Cd, Cr, Cu, Pb, Hg, Mo, Zn and metalloid as is derived from industrial activities is approximately 10 to 20 times greater than the amount provided by natural weathering of geological materials. Some authors, as Nriagu & Pacyna, also point out that the toxicity of heavy metals that were emitted per years exceeds the organic and radioactive contamination, assuming toxicity as a measure of the amount of water needed to dilute the concentration of contaminants to safe levels.

Local pollution of heavy metals associated with localized discharges, as discharges from industries such as metal smelting, whose impact reaches several kilometers from the emission source; acid drainage and runoff generated by the oxidation of materials pyritic type, mine slag heaps, which can reach values of pH <3 causing the dissolution of metals; a high production of ash derived from coal combustion, which mobilizes significantly metals such as Cd, Mo, Zn and metalloids such as As and Se or the existence of a large number of different waste dumps, especially older ones built without containment barriers and pose a potential danger to the pollution of the deeper layers of soil and groundwater.

Diffuse pollution of heavy metals associated with processes that affect large areas of land, such as atmospheric deposition, certain farming practices and inadequate waste recycling and wastewater. Atmospheric deposition represents one of the largest sources of heavy metals into the soil (Figure 1), with the deposition of volatile metalloid (Se, Hg, As and Sb) or dust and/or fly ash mainly enriched in Pb, Cd, Zn, Cu, Ni and V (and motor vehicle emissions). Meanwhile, some agricultural production systems involving the direct Addition During long periods of time of heavy metals, it is Associated to different fertilizers that contains, mainly Cd by the use of phosphates (in Europe an average of 138mg Cd kg⁻¹) and not by the use of calcium nitrate. Also the use of manure from animals Often Involves With water pollution nitrates, salts and metals (mainly Cu and Zn), or the addition of antibiotics and rich pesticides Zn salts, arsenates Cu and Pb and various organ metallic compounds or sewage sludge with varying concentrations of heavy metals.

### Soil pollution in the European Union (EU)

Following the publication of the “Thematic Strategy on Soil Protection” by the European Commission (CEC, 2002), various European countries are being forced to make an inventory of contaminated areas of its territory, which is currently available for more information on the magnitude of the existing problem. Table 2 indicates the estimated latest number of spaces (potentially) contaminated by country carried out in relation to the area of “artificial surfaces” (occupied by “urban factories” land, “industrial units, commercial and transport” and “mines, landfills and construction sites”) obtained from the European database “Corine”.

#### Table 1 Typical ranges of concentrations of trace metals in the most abundant rock types (mg.kg⁻¹)

| Volcanic rocks | Sedimentary rocks |
|---------------|-------------------|
|               | Ultrabasic | Basic | Granites | Limestone | Sandstone | Shale |
| Cd            | 0.12       | 0.13-0.20 | 0.09-0.20 | 0.028-0.10 | 0.05 | 0.2 |
| Co            | 110-150    | 35-50 | 1        | 0.1-4.0 | 0.3 | 19-20 |
| Cr            | 2000-2980  | 200  | 4        | 11-Oct | 35 | 90-100 |
| Cu            | Oct-42     | 90-100 | 13-Oct | 5-5-15 | 30 | 39-50 |
| Hg            | 0.004      | 0.01-0.08 | 0.08 | 0.05-0.16 | 0.03-0.29 | 0.18-0.5 |
| Mn            | 1040-1300  | 1500-2200 | 400-500 | 620-1100 Apr-60 | 850 |
| Ni            | 2000       | 150  | 0.5     | 12-Jul | 9-Feb | 68-70 |
| Pb            | 0.1-14     | 5-Mar | 20-24  | 5.7-7  | 10-Aug | 20-23 |
| Sn            | 0.5        | 1-1.5 | 3-3.5  | 0.5-4  | 0.5 | 6-Apr |
| Zn            | 50-58      | 100  | 40-52  | 20-25  | 16-30 | 100-120 |

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Corine 2000 and for Sweden in the most recent data land use Eurostat (Statistical Office of the European Communities).

Figure 1 Main sources of origin of heavy metals in soils.²⁴

The number of potentially contaminated sites extrapolated in the EU25 is among 3'600,000 3'250,000/1000km². The actual number of contaminated sites (where there is a risk to human health or the environment) was estimated at between 450,000 and 630,000/1000km². The amplitude of the estimated ranges is due to the difference in quality and degree of progress in inventories and heterogeneity of criteria that contaminated soils are defined, acceptable risks are quantified and instruments and characterization methodologies are adopted in different countries. As a final figure, we often speak of an estimate of about 3.5million potentially contaminated sites in Europe, of which 0.5 million has been found that are actually contaminated and need to be restored.⁴⁹

Soil contamination in Asia and the Pacific

Among the land degradation processes that are of particular concern in Asia and the Pacific include erosion, compaction, acidification, declining organic matter in soils, weed invasion, depletion of soil fertility and biological degradation.

Table 2 Extrapolation of the number of spaces (potentially) contaminated in the EU25, based on the area of “artificial surfaces” and using the estimated 14 countries⁴⁹

| Artificial surfaces¹ (1000km²) | Estimated number of potentially contaminated spaces (N°/1000km² S.A.) | Estimated number of contaminated sites (N°/1000km² S.A.) |
|-------------------------------|--------------------------------------------------|--------------------------------------------------|
| Austria 1.5                   | 20,000                                           | 1,667                                            |
| Belgium - Flanders 3 (est)    | 25,000                                           | 3,667                                            |
| Czech Republic 4.2            | 1,185                                            | 119                                              |
| Denmark 2.4                   | 12,500                                           |                                                   |
| Finland 2.4                   | 8,333                                            | 2,708                                            |
| France 20                     | 45,000                                           |                                                   |
| Ireland 0.7                   | 3,286                                            | 2,686                                            |
| Hungary 5.1                   | 5,882                                            | 588                                              |
| Italy 12                      | 8,333                                            |                                                   |
| Lithuania 2                   | 7,500                                            |                                                   |
| Slovenia 0.5                  | 5,384                                            |                                                   |
| Spain 6.7                     | 3,946                                            |                                                   |
| Sweden 5.2                    | 10,865                                           | 2,211                                            |
| Holland 3.3                   | 181,181                                          | 18,181                                           |
| Total 14 countries: 69        | Total number of spaces for the 14 EU countries del | Total number of spaces for the 8 EU countries del |
| 8 countries: 20               | 1'180,000                                        | 95000                                            |
|                               | Weighted average for the 14 countries             | Weighted average for the 8 countries              |
|                               | 27,400 spaces/1000km² S.A.)                      | 3,800 spaces/1000km² S.A.)                       |
| Extrapolated to the total EU 25 | Total artificial surfaces EU25 (1000km²) 119.3   | Total number of potentially contaminated sites for EU25 3'250,000 |
|                               | Total artificial surfaces EU25 (1000km²) 119.3   | Total number contaminated spaces for EU25 450000  |

The Global Assessment of Soil Degradation (GLASOD, according to its acronym in English) estimated that about 13 percent (850 million hectares) of land in Asia and the Pacific is degraded.⁵⁰ Although most of the land is in Asia, there are 104 million degraded hectares in the Pacific subregion where the dismantling large-scale forest land has caused a decline in the structure and soil fertility and where invasive species are the cover predominant vegetation on many islands.

Chemical soil degradation is mainly attributed to agricultural mismanagement. In parts of northern India and Bangladesh, soils have been acidified and saline, also losing nutrients, while a significant...
proportion of land in Cambodia, Malaysia, Thailand and Viet Nam has been degraded because of the acid sulphate. It is common for there deficient nutrient balances in soils (between phosphorus, nitrogen and potassium) of Australia, Bangladesh, Nepal, Pakistan and Sri Lanka. Saline soils cover 60 million hectares of farmland in the region, and Australia in particular is facing severe land salinity problems. Excessive extraction of groundwater and surface water and the rise of the water table caused by faulty irrigation systems have increased the occurrence of surface water and soil salinity. Serious soil contamination problems are characteristic of the northern parts of the region, and parts of Australia and New Zealand. Among the contaminants include cadmium (contained in fertilizer), hexavalent chromium, lead, arsenic, trichlorethylene, tetrachlorethylene and dioxin concentrates. The health issues arising from chronic poisoning from agricultural land were common in the early seventies in the Pacific Northwest and Northeast Asia. The main contaminants from the soil in the region are now the chemical and electroplating industries in Japan and the Republic of Korea but heavy metals are also present in agricultural land (as a result of fertilizer application), and near mines and refineries (due to chemical spills). Soil contamination caused by lead and arsenic is prevalent throughout South and Southeast Asia. Irrigation with untreated effluent has also caused contamination and soil acidification in many areas; in Mongolia, for example, waste disposal and wastewater discharges are the main causes of soil contamination.

Action has been taken to address soil contamination, such as the Law on the prevention of pollution of soils and agricultural lands of Japan, in addition to restricting polluting activities, it has promoted recovery projects. In 1999, projects had been undertaken recovery for 79 percent of the total area of contaminated land (7,145 hectares).

In the Republic of Korea, the Ministry of Environment established a network of pollution monitoring soil in 1996 to prevent contamination of adjacent mines soil, refineries, military bases, and storage facilities for oil and waste landfills. Australia has a nationally consistent approach to the assessment of site contamination through a national environmental protection measure (NEPM, according to its acronym in English) for the assessment of site contamination.

Many of the failures of physical reactions to the problems of land degradation originated from the competing influences of fiscal programs and business incentives. The practice of undercutting the price of resources and the granting of subsidies for agricultural inputs such as fertilizers have played important to continue exerting pressure on land papers. Insecure land tenure is a great conducive regulatory failure to land degradation, although in many cases even ownership is not enough to ensure sustainable use of land because population pressures have led to fragmentation and overexploitation of large estates. Political opponents of economic and environmental issues also influences land use practices in New Zealand. Government subsidies in the decades of the seventies and eighties transformed, as a result, large areas of forests and forest areas in pastures and crops, dramatically increasing the risk of erosion in these areas. However, since those subsidies were eliminated in the early eighties, has allowed vast areas of marginal pasture on steep land and regenerate in natural forest understory, reducing the risk of erosion. Of the 1,977 million hectares of dry lands in Asia, more than half are affected by desertification. The worst affected area is Central Asia (more than 60 percent are affected by desertification), followed by South Asia (over 50 percent) and Northeast Asia (about 30 percent). In Figure 2 illustrates a map that shows this information.

**Figure 2** Vulnerability and desertification in Asia and Pacific

Activities to combat desertification include watershed management, soil conservation and water, dune fixation, reforestation programs, reclamation of waterlogged and saline lands, forest and rangeland management, and recovery soil fertility. In India, among the programs started from the early nineties, there may be mentioned Afforestation Program, the Program drought-prone areas (1994-1995), the Development Program on deserts, national Project watershed development for dry areas (1990-1991), the Indira Gandhi Nahar project (encouraging local community participation) and the environmental action Programme 1993.

**Soil contamination on the African continent**

Africa is one of the least developed continent and suffers various environmental problems among the most serious is the contamination by chemicals. The most important economic activities on this continent is agriculture, extraction of mineral resources and metals but the way they are done you are highly polluting and harmful are. Each year 500,000 workers die in Africa by chemical pollution from pesticides and other chemicals such as cyanide, DDT, banned in many other countries, etc. that are used to develop these industries. But also they pollute towns and entire population’s kilometers from where farms are already covering pollution to air, soil, surface water and groundwater, flora and fauna. Another problem is that entering this continent toxic waste from outside, but they are not given proper treatment only accumulate becoming potential risk of environmental pollution.

In African transnational corporations have a double standard, since there using the dirtiest methods and processes because they are cheaper but know they are highly damaging and harmful to the health of people and the environment. While in the countries of origin or subsidiaries in developed countries carry out its as clean and sustainable activities possible. They take advantage of that in these countries are desperate for investment of foreign capital and have a strong and effective environmental legislation to prevent companies from contaminated and if they do pay and should compensate the losers and restore environmental damage. The African continent has much of its population in extreme poverty and if we add the consequences on the health of thousands of people causing enterprises, the social
situation is even worse. Corporate social responsibility should be required in all countries, most in places where social reality is very hard.

Soil contamination in Mexico

As a result of several centuries of mining in Mexico and later, due to basic industry, petrochemical and oil refining chemical, there are very large amounts, but very difficult to quantify hazardous waste. In addition to this, the intense activity of other industries, along with accidents during storage, transport or transfer of substances (leaks, spills, fires) and illegal and uncontrolled waste disposal, contribute greatly to soil contamination.\(^{59}\) The number of contaminated sites, even the most conservative estimates, amounts to several thousand places whose potential risk is unknown. According to data published by the INEGI,\(^{60}\) the surface of soil degraded by pollution causes in 1999 (as reported) it was 25,967 km\(^2.\)\(^{61}\)

In all events that are involved substances that involve some risk to the environment or the population and could cause pollution to soil or water bodies are known as environmental emergencies. According to statistics from the Federal Attorney for Environmental Protection (PROFEPA), they are presented each year in Mexico an average of 550 environmental emergencies associated with hazardous materials and wastes. Within the hazardous ingredients most commonly involved in environmental emergencies, are the petroleum and petroleum products (gasoline, fuel oil, diesel), agrochemicals, LP and natural gas, among others (Figure 3).

**Figure 3** Main substances involved in environmental emergencies reported to Profepa between 1997 and 1999.\(^{62}\)

Among the pollutants that are considered priority in Mexico because of its high toxicity and its persistence in the environment, they are the following: dioxins, furans, hexachlorobenzene, polychlorinated biphenyls (PCBs), organ chlorine pesticides, mercury, lead, chromium, cadmium, air toxics compounds and poly aromatic hydrocarbons (PAHs). Compounds such as PCBs have been stored in drums on many occasions, have been arranged clandestinely. Meanwhile, PAHs are found as components of total petroleum hydrocarbons (HTP). As mentioned, there are nationwide pollution problems still not precisely quantified. However, there may be mentioned qualitatively pollution problems generated by the use of agrochemicals, both fertilizers (especially nitrogen) and pesticides (fungicides, herbicides and insecticides); which they are a result of the spill and leak fuel (oil and derivatives), as well as those related to mining activities in their stages of extraction and the processing of the materials obtained.\(^{63}\) Due to the increasing volume of hazardous waste generated in our country and existing capacities for management often clandestine disposal of these it comes in various places (municipal dumps, vacant lots, yards of enterprises, drains), thereby causing an increase in sites contaminated with dangerous substances of organic and inorganic nature. In Table 3 it shows that in period from 1995 to 1998, cases of illegal sites or abandoned, Which Were detected by PROFEPA, where waste is dumped hazardous waste from various industries.

**Table 3** Types of Hazardous Waste Found as Major pollutants in this abandoned sites and/or Illegal Several States of Mexico

| State                        | Number of sites | Major waste*       |
|------------------------------|-----------------|--------------------|
| Baja California Norte        | 8               | Oils, mineral, casting powders, solvents |
| Baja California Sur          | 2               | Smelting slag, tailings |
| Campeche                     | 4               | Oil, drilling mud   |
| Chiapas                      | 17              | Hydrocarbons, pesticides, solvents |
| Chihuahua                    | 13              | Oils, hydrocarbons, chemicals |
| Coahuila                     | 15              | Oils, hydrocarbons, mining tailings, chemicals |
| Durango                      | 3               | Hydrocarbons, insecticides |
| Estado de Mexico             | 10              | Oils, smelting slag, chemical |
| Guanajuato                   | 10              | Oils, smelting slag, sludge, metals, organ chlorine |
| Hidalgo                      | 6               | Tailings, slag casting, painting |
| Jalisco                      | 7               | Diesel and fuel, batteries, sludge, chemical |
| Nayarit                      | 5               | Hydrocarbons, tailing |
| Nuevo León                   | 22              | Oils, cyanides, foundry slag, hydrocarbons, metals | Asbestos, smelting slag, sludge, metals, paints |
| San Luis Potosi              | 10              | Hydrocarbons, tailing |
| Sinaloa                      | 4               | agrochemicals |
| Tamaulipas                   | 8               | Oils, smelting slag, chemical |
| Veracruz                     | 8               | Sulfur, hydrocarbons |
| Zacatecas                    | 9               | Jales, metals, chemicals |
| Total                        | 161             |                    |

In the period 1995-1998, 161 abandoned sites contaminated with hazardous waste in 18 of the 32 states of the Republic were detected. However, it is estimated that the number of such sites containing hazardous waste is much higher and it is unknown. Since 1988, more than 27 thousand companies have complied with the obligation to report the generation of hazardous waste. However, the universe of generating companies that do not report and dispose of their waste illegally is unknown, and it is estimated that the potential universe is greater than 100,000/1000km\(^2.\)\(^{64}\) According to this information within hazardous waste found most often in clandestine dumps waste from the mining industry (tailings, metals and foundry slag) and petrochemical (oil and chemical) are also spent oils from mechanical workshop.
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**Environmental risk - mobility and bioavailability of metals**

The chemical forms in which the metals are found in soil and greatly mobility and bioavailability between them is determined by the set of the different components of soil and chemical, physical and biological factors affecting the reactivity of such components. Trace elements of a soil is divided between a water-soluble fraction, in interchangeable positions of clay and organic matter, together with oxides, carbonates, sulfates and phosphates, complexed organic matter and within the crystal lattices of the residual fraction (Figure 4). The balance of the metals between different soil components is regulated by a number of biotic and abiotic processes that govern their behavior and determine their stay in one compartment or the other, that is, its biogeochemical speciation. This results in a dynamic and exchange of items between the different phases that maintains a system of quasi-equilibrium under field conditions.

![Figure 4 Compartmenalization of heavy metals in the soil](image)

The Processes governing the biogeochemical speciation of metals in soils result in reactions of precipitation - dissolution and reactions adsorption-desorption, Which Directly Affect the distribution of metals Between solid and aqueous phase and complexation reactions and oxidation - reduction. Affecting the reactivity of the metal itself (solubility and bioavailability). These reactions are controlled by environmental factors such as pH, cation exchange capacity (CEC), the redox potential and the type itself and chemical speciation of the elements.

The pH is considered the dominant factor in the behavior of metals, since it affects the surface charge of the clay, organic matter and oxides of Fe and Al and influences the complexation of metals with organic matter in the precipitation reactions, dissolution, redox reactions and colloid dispersion. A pH increase causes an increase in the absorption and retention of cations with a maximum around neutrality. Exceptions with Mo, V, Cr (III) and metalloids such as and Se, commonly less mobile under acidic conditions. In the case of Cd, solubility increases with decreasing pH from a value pH 6.5. Pb and Hg begins from pH 4, while other elements such as As, Cr, Cu and Ni begins to solubilize at pH values between these two extremes.

The cation exchange capacity (CEC) of soils is largely dependent on the surfaces of adsorption determined by the amount and type of clay, organic matter (OM) and oxides of Fe, Al and Mn. In general, the higher the clay content, the greater the CIC and therefore greater the amount of metal that can be held without potential danger, since the solubility and mobility of metals is limited. The 2:1 clays (montmorillonite and vermiculite) also have much higher CEC values than 1:1 (kaolinite). The adsorption capacity of the oxides of Fe, Al and Mn can also play an important role in controlling and immobilizing metals in soils. Furthermore, some heavy metals such as Co, Cu, Hg, Y, Pb and Zn have high affinity to organic matter, forming soluble and insoluble complex. Organic matter has both the ability to complexation as cation exchange.

Complexation processes occur as an exchange reaction with water molecules coordinated, which are exchanged for some ligands, which can be described by the principle of strong and weak acids and Lewis bases. Protons and all metal cations of interest in the soil solution are Lewis acids, while Lewis bases include H₂O, oxyanions OH⁻, SO₄²⁻, PO₄³⁻, COO⁻, CO₃⁻², F⁻, NO₃⁻ and organic compounds as N, S and P electron donors. According to the principle of Lewis, bases strong are complexed more easily with strong acids and weak bases with weak acids, all under comparable conditions of acid-base strength. These bonds are much stronger, this because the ions penetrate the crystal structure, and are linked by covalent bonds via oxygen atoms or hydroxyl groups.

The moisture content of the soil is another important factor governing metal speciation and mobility through oxidation-reduction reactions. Under reducing conditions can form metal sulphides, which are quite insoluble, so that mobility and bioavailability are considerably lower than those expected under oxidizing conditions. Analyzing an extracted solution of a floor, which is treated with iodine, indicates for example, decreased solubility of Cd, Cu and Zn and increasing the solubility of Mn and Fe under reducing conditions. Furthermore, it is known that the chemical nature of the mineral surfaces is the most significant factor contributing to the retention / mobility of contaminants, and these properties are generally considered invariable during the exposure time and reaction of the pollutant. Studies show, however, that the mineral surface chemistry is extensively modified by changes in the oxidation state of the Fe in the crystalline mineral structure, assuming a great impact on the chemical environment. The redox activity of the mineral surface affects the oxidation state, and consequently speciation and chemical behavior of ionic metals sensitive to redox reactions aqueous phase (such as Cr, which can go from Cr⁶⁺ to Cr⁴⁺, less mobile and dangerous).

Finally, some of the physicochemical properties of the elements, as electro negativity, ionic strength and the diameter of the hydrated ion in aqueous solution, have influence on the behavior of metals biogeochemical. Electro negativity influences the order in which the heavy metals are absorbed by soil constituents, the more
electronegative metals tend to form strong covalent bonds with oxygen atoms on the surface. For some divalent metals, binding preferences could be: Cu > Ni > Co > Pd > Cd > Zn > Mg > Sr. However, it also influences the binding forces, ionic potential, and preferences can be: Ni > Mg > Cu > Co > Zn > Cd > Sr > Pb. Trivalent trace metals as Fe⁺³ and Cr⁵⁺ may be preferentially adsorbed in this presence of divalent metals listed above. Similarly, it should be mentioned that Mn oxides show a particularly strong preference for the adsorption of Cu, Ni, Co and Pb, while oxides of Fe and Al preferentially adsorb Pb and Cu.71

Because of this variety of factors, mobility and risk of toxicity to different organisms and human health due to the presence of metals, it cannot be solely based on the total concentration of the element in question, but rather in their physical chemical state. The bioavailability of the elements refers to biologically available forms that can become absorbed by the organisms and integrated into their metabolism, this will depend mainly on the species in which the metals are in the soil and the absorbive capacity of the organism self. In fact, absorption and toxicity of many metals, depend on the chemical species in which the metal is located, and are often correlated with the activity of free metal ion.76-78

The process of sequential extraction it is a frequently used tool for the fractionation of metals in soil, and it allows us to identify the main points of union and associations of trace elements in different soil constituents. This allows evaluating the potential remobilization of metals and the risk of release towards the dissolution of soil. Likewise, there are and have been used some simple extraction methods to study the ecotoxicity and mobility of metals in soils, to determine the fraction of bioavailable metal. They have been used a variety of extractants, such as strong acids, or solutions of neutral salts, may be buffered or unbuffered, and metal complex agents. Some of them are widely used, such as EDTA, DTPA, or the mixture of ammonium/EDTA acetate, which often cause good correlations between the extracted metals and absorbed by plants.

Recovery of contaminated soils

In the “Thematic Strategy on Soil Protection” launched by the European Commission it provides that Member States of the EU must ensure that actions are taken to restore contaminated sites identified within their national territory. The restoration should consist of actions on the ground which can extract, control, contain or reduce pollutants in a given area, considering its current use and future use, also preventing any significant risk to human health and the environment. It is assumed that all contaminated areas identified must be restored in a time of 30-50 years, having to hold the state of those places where no owner or itself cannot bear the costs of restoration (Directive 2004/35/EC).

Restoration objectives defined in “National Restoration Strategy” and were ordered the priority which must be recovered contaminated sites. In Spain, the National Plan of recovery of contaminated soil (NPRCS) raised among its objectives the recovery of 275 contaminated soil, giving priority to the 61 sites already identified as most at risk, representing the order of 38 million m³ of soil and more than 9 million m³ groundwater. The number of sites that finally managed to regain was 212, which according to data collected in the NPRCS, more than 98% of potentially contaminated sites in Spain remain at waiting to be recovered. The waste law 98 (BOE No. 96, 1998) states that “the declaration of a soil as contaminated compelled to carry out the actions necessary to proceed with the cleanup and recovery, in the form and time in determining the respective. In addition to this, the Royal Decree 9/2005 of 14 January, Article 7 states that:

i. The scope and implementation of recovery actions will be such as to ensure that the remaining contamination, if any, will result in acceptable risk levels according to land use.

ii. The recovery of contaminated soil will be done using the best techniques available, depending on the characteristics of each case. Recovery actions must ensure that materialize permanent solutions, giving priority, as far as possible, in situ treatment techniques that avoid the generation, transfer and disposal.

iii. Whenever possible, the recovery will be oriented to eliminate sources of pollution and to reduce the concentration of contaminants in the soil. In the event that for reasons justified technical, economic or environmental nature that recovery is not possible, it may be assumed recovery solutions designed to reduce exposure, provided they include containment measures or containment of soils affected.

Nowadays, there are many contaminated soil recovery technologies with heavy metals; some are of common application and others still in the experimental stage. All are designed to isolate or remove pollutants altering its chemical structure by physicochemical thermal or biological processes (Table 4).

The European Commission refers to the principle of “Best Available Technology” (BAT). Assuming, that the choice of the technology to treat contaminated soil, always depend on the specific characteristics of the site to be decontaminated; the BAT principle includes a summary of the steps, key decisions and actions to be carried out to identify the most appropriate recovery technique for a given contaminated site (Table 5).

Other useful tools for choosing the most appropriate soil recovery technique have been given by the EPA (United States Environmental Protection Agency), who published the 4th edition of “Routes to technologies for investigation and decontamination of contaminated soils” in order to provide information and help identify and select innovative technologies for the characterization and remediation of soil. Another source of information of interest is “Technology Tree”, which has an extensive glossary of terms and information about technology facilitates recovery and, also, access to databases and other sources with additional information.

Phytoremediation of contaminated soils

The final choice of restoration technique, in any case, largely depends on the soil characteristics and the nature and degree of contamination, the innovative availability and cost of the technique, the estimated development time and finally the function or use you want to give the area restored. The preference of the use of “in situ” treatment is generally derived from involving lower costs, less destruction and environmental alteration, although usually is more slower and more difficult to implement, given the difficulty of putting in direct contact decontaminating agents with the entire surface of the contaminated soil. Considering the destructive effects of soil and/or the high costs of physico-chemical and thermal treatments; biological treatments employing microorganisms and plants, are a set of promising techniques for the recovery of contaminated soils. In Tables 6 and 7 are shown a comparative of the most used techniques for bioremediation, techniques “in situ” (Table 6), “ex situ” Table 7 and Table 8 shows the advantages and Disadvantages of bioremediation.

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**Table 4** Main treatment of soil contaminated with heavy metals

| Type of treatment | Treatment                          | Application |
|-------------------|------------------------------------|-------------|
| Confinement       | Physico-chemical stabilization     | Ex situ     |
|                   | Solidifying injection              | In situ     |
|                   | Vitrification                      | Ex situ-In situ |
|                   | Vertical barriers                  | In situ     |
|                   | Horizontal barriers                | In situ     |
| Containment       | Barriers dry soil                  | In situ     |
|                   | Sealed deep                        | In situ     |
|                   | Hydraulic barriers                 | In situ     |
|                   | Extraction                          | In situ     |
|                   | Washing                             | Ex situ     |
|                   | Flushing                            | In situ     |
|                   | Electro kinetic                    | In situ     |
|                   | Adding amendments                   | In situ     |
|                   | Active permeable barriers          | In situ     |
| Physical chemistry| Incineration                        | Ex situ     |
| Decontamination   | Thermal                            |             |
|                   | Thermal desorption                 | Ex situ     |
|                   | Biotransformation metal             | In situ     |
|                   | Landfarming                        | Ex situ     |
|                   | Biocells                           | Ex situ     |
|                   | Composting                         | Ex situ     |
| Biological        | Phytoremediation:                  |             |
|                   | i. Phytoextraction                 | In situ     |
|                   | ii. Phytostabilization             |             |

**Table 5** Concepts to consider for choosing the best recovery technology available in each case (principle BAT).22

| Main stages of | Key decisions of each stage | Actions/Factors to consider |
| evaluation of |                           |                          |
| options       |                           | I. Set restoration objectives to be achieved. |
| Identification | a. What specific techniques | II. Review existing data to decide if there is enough information available to produce a list of potential decontamination techniques. |
| potential     | restoration of the position  | III. Produce a short list of potential decontamination techniques using the following factors: |
| options       | and what goals should be    | a. It is effective in relation to the substance and its properties? |
| (Stage 1)     | considered when selecting a  | b. It is effective in relation to pollution for the type of location / environment? |
|               | technique?                  | c. It is effective and durable pollution related to the use of a specific preferred strategy (that is, trying the source, breaking transport routes and/or controlling elreceptor)? |
|               | b. Is there enough data?    |                           |
|               | c. What restoration options  |                           |

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Phytoremediation of soils contaminated with heavy metals

In addition to microorganisms, plants also play a major role in cleaning up the environment. Phytoremediation is a process by which plants are used for cleaning contamination by heavy metals in soil and water. In addition to microorganisms, plants also play a major role in cleaning up the environment. Phytoremediation is a process by which plants are used for cleaning contamination by heavy metals in soil and water.

### Phytoremediation process optimization research routes

Over the past decade, there have been scientific papers studying the evolution and process optimization of phytoremediation of heavy metal contaminated soils, mainly focusing on the following aspects:

I. Identify, select and optimize candidate plants for genetic selection and other performances.

II. Optimize agronomic and silvicultural use of fertilizers, irrigation, pest control and other practices Hyperaccumulator plants.

III. Rhizosphere manipulation by selecting roots, treatment with amendments, and inoculation with bacteria and fungi selected.

IV. Expand knowledge of the metabolic and genetic engineering used to create transgenic plants economically viable.

### Table 6 Comparative table of in situ bioremediation techniques

| Technique          | Characteristics                                                                 |
|--------------------|---------------------------------------------------------------------------------|
| Bioaccumulation    | It is addition of nutrients to the microorganisms, being used for a contaminant degradation with controlling temperature, humidity, pH and the electron acceptors; Some of the Most Important nutrients are, nitrogen, phosphorus and carbon, all these are necessary for metabolism and growth rate of biodegradable organisms, and it accelerates biodegradation rates when environmental conditions are favorable. In most of these studies was able to increase the biodegradation activity, only with the addition of nutrients in the form of inorganic fertilizers compounds. |
| Phytoextraction     | In addition to microorganisms, plants also play a major role in cleaning up the environment. Phytoextraction is the process by which plants are used for treating water containing Pb, U, Sr, Cs, Co and Zn; other plants with this potential are poplar and water hyacinth. |
| Phytostabilization | Process in which the plants are used for immobilizing metals in the soil, minimizing their mobility in the liquid phase. Plants are able to immobilize soil contaminants by adsorption, accumulation in roots or precipitation in the area of the roots; and thereby preventing migration of the contaminants, minimizing erosion, leaching and dispersion in the soil. |
| Rizodegradation    | This process involves the uptake and transpiration of contaminants by plants. It applies primarily to groundwater, but can be applied to sludges, sediments and soils. It is used to remove chlorinated solvents eg, selenium, mercury and arsenic. When pollutants are adsorbed and captured the metabolic processes of the plant they begin their functions and begin to convert into other compounds or volatilize into the atmosphere. |
| Bioventilación     | It is a relatively new technology that stimulates the natural degradation of any compound biodegradable under aerobic conditions. Air is supplied to the contaminated site through extraction wells forced movement (extraction or injection) with low flow rates to provide the oxygen needed to sustain the activity of the degrading microorganisms. It is used to treat biodegradable volatile organic compounds (VOCs); or nonvolatile. Promotes the degradation of contaminants adsorbed can reach degrade volatile organic compounds (VOCs). It has been used to decontaminate soils with non-chlorinated solvents, pesticides and some wood preservatives and other chemicals. |
| Bio-injection (Air sparging) | It is a method used for the removal of VOCs, both the solid phase and the liquid phase. The characteristics of the contaminant to use this method must be high volatility, low solubility and low adsorption coefficient. Thus the contaminant will tend to move to the gas phase of the soil during the application of the method. The physiochemical mechanisms is a contaminant desorption process achieved by forced air circulation within the soil matrix. Air is pressed into the ground through a well practiced to a point below the contaminated zone, volatile pollutants are carried by the injected air and collected by extracting vapors. |

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Its implementation is specific to each site contaminated. Optimization requires substantial information about the contaminated site and the characteristics of the discharge. It is very difficult to apply in the sea. Generally, minor physical changes originate on the environment when it used correctly does not produce significant adverse effects. It may be useful to remove some of the oil toxic compounds. Offers a simple and complete solution that mechanical technologies. Less expensive than other technologies. They usually have lower costs than incineration, used to remove toxic substances from soil. Considering the diversity of plants and their responses to different levels of metals, prospecting of biodiversity in these ecosystems could allow the identification of new wild plants that could be used in phytoremediation techniques. In this sense, serpentiníticos soils function as an important source of hyperaccumulator plants and spread throughout the world, occupying about 1% of the land surface.

| Technique        | Characteristics                                                                                                                                                                                                 |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Biopiles         | It is defined as a controlled biological process where organic contaminants are biodegraded and mineralize. Biopiles are a bioremediation technology in which soil contaminated with hydrocarbons, for example, is extracted and arranged in an area of excavada treatment for decontamination with microorganisms. They are used when the pollutant is too volatile to be treated with Landfarming, or when the gaseous emissions may be too high, or when required to accelerate the process of bioremediation. Soil treatment with biopiles applies primarily to the removal of VOCs, unhalogenated, semivolatile pesticides; although the process efficiency may decrease and only be applicable to some compounds. Costos: 125-165€/m² de suelo. |
| Bioreactors      | It is a technique that uses a mixture of contaminated soil, sludge, water and additives to promote biodegradation increasing contact between microorganisms and pollutants within a reactor (bioreactor). It applies to explosives, plagueicide, VOC solvents. The bioreactors can be sequential aerobic and anaerobic.                                                                 |
| Composting       | Mixture of soils contaminated with organic amendments and porous materials as sawdust, straw, manure, plant debris; to promote biodegradation and increased temperature. They apply to explosives, trying to maintain oxidizing conditions (aeration) moisture (irrigation) and temperature (54-65°C). Uses methods of aeration, mechanical mixing (the most used), static (or injection pump) and mechanical agitation in containers. |
| Landfarming      | In this method must be distributed the contaminated soil in linear layers, it should flip periodically to promote aeration; this also improves the conditions to stimulate biodegradation (moisture, nutrients, etc.). It applies to petroleum hydrocarbons (no VOCs), fuels and some pesticides. Degrade, transform and immobilizes contaminants.                                                                 |

## Table 7 Comparative Table of Ex Situ Bioremediation Techniques

| Technique | Characteristics |
|-----------|-----------------|
| Biopiles  | It is defined as a controlled biological process where organic contaminants are biodegraded and mineralize. Biopiles are a bioremediation technology in which soil contaminated with hydrocarbons, for example, is extracted and arranged in an area of excavada treatment for decontamination with microorganisms. They are used when the pollutant is too volatile to be treated with Landfarming, or when the gaseous emissions may be too high, or when required to accelerate the process of bioremediation. Soil treatment with biopiles applies primarily to the removal of VOCs, unhalogenated, semivolatile pesticides; although the process efficiency may decrease and only be applicable to some compounds. Costos: 125-165€/m² de suelo. |
| Bioreactors| It is a technique that uses a mixture of contaminated soil, sludge, water and additives to promote biodegradation increasing contact between microorganisms and pollutants within a reactor (bioreactor). It applies to explosives, plagueicide, VOC solvents. The bioreactors can be sequential aerobic and anaerobic.                                                                 |
| Composting | Mixture of soils contaminated with organic amendments and porous materials as sawdust, straw, manure, plant debris; to promote biodegradation and increased temperature. They apply to explosives, trying to maintain oxidizing conditions (aeration) moisture (irrigation) and temperature (54-65°C). Uses methods of aeration, mechanical mixing (the most used), static (or injection pump) and mechanical agitation in containers. |
| Landfarming | In this method must be distributed the contaminated soil in linear layers, it should flip periodically to promote aeration; this also improves the conditions to stimulate biodegradation (moisture, nutrients, etc.). It applies to petroleum hydrocarbons (no VOCs), fuels and some pesticides. Degrade, transform and immobilizes contaminants.                                                                 |

## Table 8 Advantages and Disadvantages of Bioremediation

| Advantages                                      | Disadvantages                                                                                     |
|------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Generally, minor physical changes originates on the environment | For many types of discharges its effectiveness has not been determined |
| When it used correctly does not produce significant adverse effects | It is very difficult to apply in the sea |
| It may be useful to remove some of the oil toxic compounds | The time required for performance is very long |
| Offers a simple and complete solution that mechanical technologies | Its implementation is specific to each site contaminated |
| Less expensive than other technologies | Optimization requires substantial information about the contaminated site and the characteristics of the discharge |
| They usually have lower costs than incineration, used to remove toxic substances from soil | Difficulty in predicting the performance of this treatment |

Geobotánica search and biogeochemical prospecting for new species

The identification of new plant species accumulating metals increases the number of plants that can be used in phytoextraction, this fact potentiates the possibility of selecting new plants able to tolerate different metals and soil conditions (pH, salinity, soil structure, water content, etc.), and having the physiological conditions to suit different areas and with different resistance to disease and insect attack.

Hyperaccumulator plants that are known so far belong to specific plant communities adapted to environments with high levels of metals in the soil. Reeves & Baker they indicate the existence of four main types of metalliferous soils that harbor hyperaccumulators; as serpentiníticos soils that are derived from ultramafic rocks rich in Fe and Mg; seleníferos these soils derived from some types of rocks rich in Se; calaminos soil enriched with Zn, Cd and Pb; and finally the soils rich in Co and Cu which are derived from shales and dolomites.

Considering the diversity of plants and their responses to different levels of metals, prospecting of biodiversity in these ecosystems could allow the identification of new wild plants that could be used in phytoremediation techniques. In this sense, serpentiníticos soils function as an important source of hyperaccumulator plants and spread throughout the world, occupying about 1% of the land surface. Serpentinicola plant communities present a large group of hyperaccumulators, and are therefore of particular interest to the search for new species adapted to high levels of metals in soil and with a great capacity for accumulation of metals in their tissues. In the Iberian Peninsula, for example, there are three serpentiníticas areas (in A Coruña, Tras-os-Montes and Malaga) characterized by having abnormally high contents of trace elements such as Ni, Cr, Cu and Co. This metal content in many cases exceeds the values considered critical by the CEC (Commission of the European Communities) and produce phytotoxicity in “normal” plants not adapted to this type of environment.
Figure 5 Schematic representation of the different mechanisms of phytoremediation. The contaminant can be stabilized or degraded in the rhizosphere, kidnapped or grading within the plant or volatilized.115

Many areas that have presence of metal deposits; they have been covered by metal-tolerant plants, such as in mining areas or mining deposits; they can also be a source of plants that may have a potential use in phytoremediation techniques. In these environments, the plant diversity and the presence of metal tolerant genes is often low; but stress from pollution, encourages and facilitates the selection of tolerant populations versus non-tolerant within the same species.123,124,125 Numerous authors analyzed the patterns of accumulation of metals in plants capable of growing in mining areas with high contents of metals, indicating possible use in phytoremediation processes.90,126–133 The amount of Hyperaccumulator species is scarce; but there is a significant number of “hypertolerant” species to high levels of metals, this increases the prospects of success for use in the process of phytoremediation of contaminated soils.

Finally, existing ornamental plants in urban areas also constitute a potential source of useful species in phytoremediation processes. It has been found, for example, Nerium oleander leaves that are present in urban areas of Portugal, they have accumulated more than 78mg kg⁻¹ Pb dry weight.126 Another plant in which it is found that can accumulate high amounts of Pb is Canna x generalis, in these conditions this plant is able to produce a lot of biomass, and this condition makes it interesting for phytoextraction.134 They have also identified geraniums (Pelargonium sp.) as efficient plants in hyperaccumulation; in greenhouse tests, they were able to absorb Pb, Cd and Ni to concentrations of 9, 2.7 and 1.9%, respectively, in a relatively short time.135

Conclusion

Phytoremediation is a viable, efficient and useful for cleaning contaminated soil technology. Its effectiveness has been demonstrated with all kinds of xenobiotic contaminants ranging from inorganic to organic molecules. Phytoremediation includes complex interactions, where they are involved the plant, soil and contaminants. The interactions are multiple and are are not clear It is possible to identify the positive effects of the use of plants in the remediation of contaminated soils, but not the mechanisms of phytoremediation, or performance stages where pollutants are absorbed and transformed to its final destination. They can develop three lines of future research involving the interactions of the participants in the mechanisms, stages and phases of phytoremediation. This knowledge allowed proposing solutions to the problems of pollution and the eventual recovery of soils.136–140

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Conflict of interests

The author declares that there is no conflict of interest.

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