Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

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ABSTRACT

From last epoch till to date, AISI 4340 and AISI 4140 have been widely used in different engineering applications. These applications include bolt, screws, gears, drive shafts, crane shaft and piston rods for engines due to its upright mechanical properties, cost-effective and easily available in market. In present work, deep cryogenic treatment effect on the mechanical properties of AISI 4340 and AISI 4140 have been studied. Present work was carried out at laboratory scale and can be extended for mass production. Our work is simple, straight forward safe and economical. In our work, samples were heat treated in simple muffle furnace and followed by cryogenic treatment in liquid nitrogen. Before cryogenic treatment, all samples were normalized at 860°C to obtain homogenized microstructure. Samples were also compared conventionally heat treatment with quenched in oil quenchant. Experimental results showed that after cryogenic treatment with tempering treatment, one could easily increase the tensile strength, impact toughness and hardness. Advanced optical microscopy (IMM 901) and SEM (Scanning Electron Microscopy), FIT Quanta 200 methods have also been deployed to reveal and interpret the internal structure of samples. It was found from microstructure that cryogenic treated sample increases the impact strength, hardness and tensile strength as compared conventional heat treated quenching approaches.

Key Words: Cryogenic Treatment, Conventional Heat Treatment, Mechanical Properties, AISI 4340 Steel, AISI 4140 Steel.

1. INTRODUCTION

From 1930-1940s, to improve the performance of cutting tool steels, cryoprocessing was used as the method of conventional heat transfer [1]. Cryogenic treatment is now used to increase the mechanical properties like wear resistance, hardness, tensile strength, impact toughness, reduction in residual stresses of materials. The low temperature heat treatment methods are two types: in “cold treatment” the temperature used about -80°C, where as in other method “cryogenic treatment” the temperature used is about -196°C and quenching media used as liquid nitrogen. Baldissera [2] has reported that after deep cryogenic treatment on tool and die steel grades, the toughness values are improved for these steel grades. The
Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

precipitation of fine \( \eta \) (eta) carbides has been reported after deep cryogenic treatment in AISI M2 [3], T1 [4] and AISI H13 [5]. In a previous work on AISI 4340, a decrease in toughness after deep cryogenic treatment has been investigated due to an increase in the martensite phase fraction [6]. According to researchers, a decrease in the retained austenite volume fraction with increasing soaking time in deep cryogenic treatment has also been observed [7-8].

The researchers accepted that the decrease in volume fraction of retained austenite gives improved effect on mechanical properties after deep cryogenic treatment of steels [9]. The main reason for the lower mechanical properties of high-speed steel subjected to the cold treatment is the smaller quantity of secondary martensite when retained austenite is transformed in the process of standard tempering [10].

Zablotskii et. al. [11] studied the macrostructure of several steel and found that most of the retained austenite in steels was transformed to martensite during cooling to -80°C and a small portion during cooling to -196°C. It was believed that transient carbide called \( \eta \)-carbide precipitated from the decomposition of martensite during tempering after deep cryogenic treatment. These fine carbide particles enhance the strength and toughness of the martensite matrix and also improve wear resistance [12-3]. Another claim is based on the strengthening of the material brought about by precipitation of fine carbides because of the cryogenic treatment [14].

In this experimental work, the mechanical properties i.e. hardness, tensile strength and impact toughness of medium carbon alloy steel after deep cryogenic treatment are studied [15]. The steel grades AISI 4340 and AISI 4140 are used due to their structural applications. At low temperature processing an increase in carbide formation increases the hardness of medium carbon low alloy steel. Carbides are normally very hard and brittle due to their brittleness it should be dispersed in the soft matrix. The fine precipitation of \( \eta \)-carbides in martensitic matrix leads to an increase in hardness, impact toughness and tensile strength of medium carbon low alloy steel (i.e. AISI 4340 and AISI 4140) [16]. The cryogenic treatment in liquid nitrogen is also responsible for phase transformation from retained austenite to primary martensite which is not possible in conventional quenching (i.e. austenite and oil quenched) [17].

2. EXPERIMENTAL WORK

The AISI 4340 and AISI 4140 were normalized in the heat treatment furnace (PLF 120/10). The material with round bar of 25mm diameter was used for making samples for tensile testing and hardness test whereas the square material with (10x10mm) cross-section was used for making charpy impact specimens. The chemical composition of specimens was carried out by spark emission spectroscopy (SPECTRA PLUS 2110) as shown in Tables 1-2. The ASTM E8 was adopted for tensile testing (DTU-900H CB), ASTM E18-15 was used for hardness testing (500RA) whereas ASTM E23 used for impact testing (452 G-3). At first, the conventional quenching treatment is done in order to compare the results after cryogenic treatment.

All specimens were normalized at 860°C to obtain homogenized microstructure. All specimens were then conventionally quenched in oil quenchant. The hardening temperatures for AISI 4340 and AISI 4140 steel were used as 830 and 850°C respectively. Two specimens each of AISI 4340 and AISI 4140 steel were then tempered at 200 and 300°C while remaining specimens were cryogenically treated by soaking the specimens in liquid nitrogen for 24 hours. After cryogenic treatment, two specimens each of AISI 4340 and AISI 4140 steel were then tempered at 200 and 300°C. The cryogenic treatment was done after the conventional quenching treatment on AISI 4340 and AISI 4140, as shown in Figs. 1-2 respectively.
The sequence of heat treatment for AISI 4140 steel and AISI 4340 steel are shown in Tables 3-4 respectively.

After performing heat treatment sequence, the mechanical testing (i.e. Hardness testing, Tensile testing and impact testing) was done. The microstructure of normalized, conventional quenched, cryogenic treated and tempered specimens were then analyzed by using optical microscopy (IMM 901) and SEM, FIT Quanta 200. The samples for microstructural analysis were grind with grid sizes 80, 120, 180, 240, 320, 400, 600, 800 and 1000 respectively, then polished with colloidal alumina and etched with 2% Nital. The fractured surfaces obtained after tensile testing of both alloy steel grades were analyzed by using scanning electron microscopy.

3. RESULTS AND DISCUSSION

3.1 Hardness

The hardness testing was done with the help of Rockwell hardness testing machine using scale C (HRC). The hardness has done for various heat treated samples i.e. conventional oil quenched, tempered and cryogenic treated Specimens.

| Element | Amount (%) | Element | Amount (%) |
|---------|------------|---------|------------|
| C       | 0.421      | Ni      | 1.482      |
| Mn      | 0.674      | Mo      | 0.195      |
| Si      | 0.288      | P       | 0.020      |
| Cr      | 0.790      | S       | 0.023      |
| Al      | 0.029      | Fe      | Balance    |

**TABLE 1. SPECTROSCOPIC CHEMICAL ANALYSIS OF AISI 4340 STEEL**

| Element | Amount (%) | Element | Amount (%) |
|---------|------------|---------|------------|
| C       | 0.405      | Ni      | 0.091      |
| Mn      | 0.885      | Mo      | 0.185      |
| Si      | 0.289      | P       | 0.0173     |
| Cr      | 0.962      | S       | 0.0314     |
| Al      | 0.008      | Fe      | Balance    |

**TABLE 2. SPECTROSCOPIC CHEMICAL ANALYSIS OF AISI 4140 STEEL**
Fig. 3(a) and Table 5 shows hardness as a function of the heat treatment to conventionally heat treated and cryogenic treated specimens. The effect of cryogenic treatment can be seen without being affected by the subsequent tempering process. As it can be seen that by performing conventional heat treatment and the cryogenic treatment there is some increase in hardness. The hardness results for AISI 4140 and AISI 4340 steel are shown in Fig. 3(a) and Table 5. As these hardness values were obtained before tempering, the slight improvement in hardness value is due to the transformation of a large fraction of retained austenite to the BCT (Body Centered Tetragonal) structure of martensite. After tempering, there is small decrease in hardness as shown in Tables 6-7 and Fig. 3(b) respectively. The decrease in hardness after tempering is due to the formation of tempered martensite and carbides.

### TABLE 3. HEAT TREATMENT SEQUENCE FOR AISI 4140 STEEL

| Designation     | Heat Treatment & Cryogenic Treatment                                      |
|-----------------|---------------------------------------------------------------------------|
| Sequence-1      | Austenite at 850°C, oil Quench                                           |
| Sequence-2      | Austenite at 850°C, Quenching in oil, temperature at 200°C                |
| Sequence-3      | Austenite at 850°C, Quench in oil, temperature at 300°C                  |
| Sequence-4      | Austenite at 850°C, oil Quench, cryogenic temperature: -196°C            |
| Sequence-6      | Austenite at 850°C, Quenching in oil, cryogenic temperature: 196°C, temper at 200°C |
| Sequence-7      | Austenite at 850°C, Quenching in oil, cryogenic temperature: -196°C, temperature at 300°C |

### TABLE 4. HEAT TREATMENT SEQUENCE FOR AISI 4340 STEEL

| Designation     | Heat Treatment & Cryogenic Treatment                                      |
|-----------------|---------------------------------------------------------------------------|
| Sequence-1      | Austenite at 830°C, Quenching in oil                                     |
| Sequence-2      | Austenite at 830°C, Quenching in oil, temperature at 200°C               |
| Sequence-3      | Austenite at 830°C, Quenching in oil, temperature at 300°C               |
| Sequence-4      | Austenite at 830°C, Quenching in oil, cryogenic temperature: -196°C       |
| Sequence-6      | Austenite at 830°C, Quenching in oil, cryogenic temperature: -196°C, temper at 300°C |
| Sequence-7      | Austenite at 830°C, oil Quench, cryo temperature: -196°C, temperature at 300°C |

### TABLE 5. HARDNESS FOR CRYOGENIC AND NON-CRYOGENIC TREATED

| Steel Grade | Conventional Oil Quenched (HRC) | Cryogenic Treated (HRC) |
|-------------|---------------------------------|-------------------------|
| AISI4340    | 52                              | 57                      |
| AISI4140    | 51                              | 54                      |

### TABLE 6. EFFECT OF TEMPERING TEMPERATURES ON HARDNESS OF AISI 4340

| Specimen No. | Tempering Temperature (°C) | Conventional Oil Quenched (HRC) | Cryogenic Treated (HRC) |
|--------------|----------------------------|---------------------------------|-------------------------|
| 1            | 200                        | 52                              | 54                      |
| 2            | 300                        | 49.4                            | 51                      |

### TABLE 7. EFFECT OF TEMPERING TEMPERATURES ON HARDNESS OF AISI 4140

| Specimen No. | Tempering Temperature (°C) | Conventional Oil Quenched (HRC) | Cryogenic Treated (HRC) |
|--------------|----------------------------|---------------------------------|-------------------------|
| 1            | 200                        | 50                              | 53                      |
| 2            | 300                        | 49                              | 51                      |
3.2 Impact Testing

Fig. 4(a) shows the impact toughness of charpy impact test of AISI 4340 and AISI 4140 steel. Similar to the effect of cryogenic treatment on hardness, an attempt was made to isolate the effect of tempering from the cryogenic process. This increase in impact toughness after cryogenic treatment can be attributed to an increase in the amount of tempered martensite that transformed from the retained austenite. In fact, the harder and so finer ductile matrix, leads to the higher impact toughness values obtained. As was already that increase in the amount of tempered martensite is responsible for the higher hardness and impact toughness.

For AISI 4340, the impact toughness after cryogenic treatment and then tempering at 200 and 300°C become increases as 14.3 and 16.6 J respectively, which is greater than conventional quench and tempered sample for the same tempering temperatures as shown in Tables 8-9 and Fig. 4(b). The impact strength for AISI 4140 after cryogenic treatment and then tempering at 200 and 300°C become increases as 17.5 and 27 J respectively, which is greater than conventional quench and tempered sample for the same tempering temperatures as shown in Table 10.

3.3 Tensile Testing

Both conventional and cryogenic treated samples were tested for tensile testing according ASTM standard...
Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

ASTM-E8. Fig. 5(a-b) and Table 11 show the experimental results of tensile strength for oil quenched and cryogenic treated samples respectively. From Fig. 5(a-b) and Table 11, it is clear that there is an increase in tensile strength after cryogenic treatment of AISI 4340 and AISI 4140. The increase in amount of martensite after cryogenic treatment gives rise to the tensile strength of medium carbon steel alloys as shown in Table 11.

3.4 Optical Microscopy

The microstructures of AISI 4340 and AISI 4140 have been analyzed in Optical Microscope with 2% nital as a etchant at magnification 200x. From the Fig. 6(a), the microstructure shows the formation of martensite laths and white region of retained austenite in AISI 4340. An increase in fraction of martensite is due to decrease in fraction of retained austenite at cryogenic temperature shown in Fig. 6(b). The white region in Fig. 6(a-b) shows the presence of retained austenite with martensite needles like structure. The higher amount of white region i.e. retained austenite has been observed in conventional quenching whereas the cryogenic treated samples has small amount of retained austenite.

![Tensile Strength Values Before and After Cryogenic Treatment](image1)

**Fig. 5(a): Tensile Strength Values Before and After Cryogenic Treatment for AISI 4340 Steel**

![Tensile Strength Values Before and After Cryogenic Treatment](image2)

**Fig. 5(b): Tensile Strength Values Before and After Cryogenic Treatment for AISI 4140 Steel.**

**TABLE 8. IMPACT TOUGHNESS (J) FOR CRYOGENIC AND NON-CRYOGENIC TREATED**

| Steel Grade | Conventional Oil Quenched (J) | Cryogenic Treated (J) |
|-------------|-----------------------------|---------------------|
| AISI4340    | 23                          | 30                  |
| AISI4140    | 21                          | 30                  |

**TABLE 9. IMPACT TOUGHNESS VALUES AT DIFFERENT TEMPERING TEMPERATURES FOR AISI 4340 STEEL**

| Specimen No. | Tempering Temperature (°C) | Conventional Oil Quenched (J) | Cryogenic Treated(J) |
|--------------|---------------------------|-------------------------------|---------------------|
| 1            | 200                       | 12.4                          | 14.3                |
| 2            | 300                       | 14.2                          | 16.6                |

**TABLE 10. IMPACT TOUGHNESS VALUES AT DIFFERENT TEMPERING TEMPERATURES FOR AISI 4140 STEEL**

| Specimen No. | Tempering Temperature (°C) | Conventional Oil Quenched (J) | Cryogenic Treated(J) |
|--------------|---------------------------|-------------------------------|---------------------|
| 1            | 200                       | 14                            | 17.5                |
| 2            | 300                       | 16.2                          | 27                  |
Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

3.5 Scanning Electron Microscopy

The surface of AISI 4340 and AISI 4140 steel samples were analyzed for both conventional and cryogenic treatments using scanning electron microscopy. The Fig. 7(a-b) shows the SEM images for AISI 4340 steel after conventional and cryogenic treatment respectively, whereas the Fig. 7(d-e) shows the SEM images for AISI 4140 after conventional quenching and cryogenic treatment respectively. The SEM images show that the carbides distribution in cryogenic treated specimen improved drastically as compared to conventional quenching. After cryogenic treatment, the carbides become more evenly distributed. Fig. 7(c-e) shows the presence of martensitic laths with carbides precipitations due to formation of tempered martensite. The formation of tempered martensite increases the impact strength of both steel grades. Carbides formation and the transformation of retained austenite to more evenly distributed martensite increase the hardness and tensile strength of cryogenic treated samples.

3.6 Fractography

There are many types of fracture happen by a process involving crack initiation, crack propagation and breaking (fracture). The fracture surface of AISI 4340 steel was examined after tensile testing using SEM to determine the fracture mode as shown in Fig. 8. It has been observed from Fig. 8(a-b), the fracture surface of conventionally treated AISI 4340 steel, crack was initiated at the center of the specimen possibly due to embrittlement of martensitic structure start to propagate and finally fracture occur.

The fracture surfaces of the cryogenic treatment specimens have been compared with those conventionally treated. Fig. 8(c-d) shows the cryogenic treatment increases the nucleation of carbides, and facilitates the precipitation of large number density of carbides thereby increases the impact toughness.

| Steel Grade | Conventional Oil Quenched (MPa) | Cryogenic Treated (MPa) |
|-------------|---------------------------------|------------------------|
| AISI 4340   | 677.54                          | 766.20                 |
| AISI 4140   | 660.34                          | 792.77                 |

TABLE 1. TENSILE STRENGTH VARIATION BEFORE AND AFTER CRYOGENIC TREATMENT
Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

FIG. 3.4. OPTICAL MICROGRAPHS OF AISI 4340 STEEL, ETCHANT USED AS 2% NITAL; MAGNIFICATION 200X

FIG. 6. OPTICAL MICROGRAPHS OF AISI 4140 STEEL, ETCHED IN 2% NITAL; MAGNIFICATION 200X
values. During cryogenic heat treatment fine platelets of martensite are formed from the retained austenite and it promote the precipitation of fine carbides by a diffusion mechanism during tempering. The center of the fracture surface of the cryogenic treated specimen shows a failure initiated from the center of the cross-section by micro void coalescence and propagated radially outward.

The fracture surface of AISI 4140 steel was analyzed after tensile testing using SEM to determine the mode of fracture. Three regions can be distinguished in AISI 4340 steel at the conventionally treated stage. The crack initiation process for the specimens tested in the residue paste is linked with the development of corrosion pits on the sample surface. Fig. 8(e) shows an area near the fracture surface of a sample tested. Cracks can be seen emitting from the pits. Coalescence of these all cracks normal to the tensile axis has been observed. A magnified view of the center of the specimen as shown in Fig. 8(h) dimple rupture and tearing shows ductile failure mode in medium carbon low alloy steel.

4. CONCLUSIONS

This experimental work was conducted to analyze the effect of cryogenic treatment on mechanical properties of AISI 4140 and AISI 4340. The results of cryogenic treated samples were compared with oil quenched samples.
It is clear from experimental results that the cryogenic treatment should be followed by tempering treatment to enhance the impact toughness. Since tempering treatment allows the formation of precipitation of carbide

FIG. 8. SEM MICROGRAPHS OF AISI 4140 STEEL SHOWING FRACTURE SURFACES
Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

leads to increase impact toughness. The results show that after cryogenic treatment and tempering, retained austenite transformation to martensite and presence of carbides precipitations are responsible for mechanical strength (i.e. hardness, tensile strength and impact toughness) of AISI 4340 and AISI 4140. The tempering treatment on the samples at different temperatures showed that lower tempering temperature will increase the hardness and decrease the impact toughness and vice versa.

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Effect of Cryogenic Treatment on Mechanical Properties of AISI 4340 and AISI 4140 Steel

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