miR-29b Mediates the Chronic Inflammatory Response in Radiotherapy-Induced Vascular Disease

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HIGHLIGHTS

- Radiotherapy is a powerful treatment strategy in patients with oncological diseases.
- Radiation-induced vasculopathy can dose dependently increase the risk of ischemic cardiovascular diseases (e.g., myocardial infarction, heart failure, stroke).
- The microRNA miR-29b is repressed in radiation-induced vasculopathy (human irradiated vs. nonirradiated tissue specimen, as well as in murine and cell culture models of irradiation).
- Pentraxin-3 and dipeptidyl-peptidase 4 are the main downstream effectors of miR-29b in radiation-induced vasculopathy.
- miR-29b mimics were able to limit pentraxin-3 and dipeptidyl-peptidase 4 levels in the irradiated vasculature (murine model) and to constrain the burden of vascular inflammation.
E xtraordinary efforts and great successes in cancer therapy have led to a growing cohort of cancer survivors (1). Despite being cancer-free, these patients have an increased risk of developing disease, ranging from cognitive impairment to heart failure, which can be attributed to previous cancer treatment (2). In this context, radiation-induced vascular disease or radiation vasculopathy (vRTx) is an under-recognized problem with high-impact long-term sequelae, such as stroke and myocardial infarction (3–5). In a manner proportional to radiation dosage and location, radiation therapy for breast cancer and Hodgkin lymphoma increases the risk for ischemic heart disease (6,7). In patients with head and neck cancer, carotid artery irradiation is a significant risk factor for carotid occlusive disease (5,8,9). In free flap tissue transfer (FFT) surgery, a procedure involving transplantation of a vascularized tissue by using microvascular anastomosis to repair large defects after tumor resection, irradiation is reported to be a risk factor for vascular complications (10–12).

The underlying pathophysiological mechanism of vRTx is a chronic inflammatory reaction initiated by the cellular response to ionizing radiation (13). In the vessel wall, this action induces various maladaptive events, including unbridled vascular cell proliferation, remodeling, and oxidative stress as well as tumor growth factor (TGF)-β-regulated nuclear factor kappa B activation. This type of chronic inflammatory reaction is known to cause intimal hyperplasia and accelerated atherosclerotic plaque development (14), leading to cardiovascular morbidity and mortality as well as reconstruction complications with FFT (15) in these patients.

Different cellular processes initiating the pathological vascular response are difficult to influence separately. MicroRNAs (miRNAs) have generated a great deal of attention because of their ability to critically regulate biological pathways (16). miRNAs can inhibit gene expression at different levels by acting as master regulators of protein output (17). miRNA modulation can influence and reverse disease processes and is used in preclinical as well as clinical studies (18,19). The vasculature, a sensitive and tightly regulated system, is especially under miRNA control, with it being implicated and applied in various vascular diseases (20,21). Moreover, miRNAs play a crucial role in the DNA damage response (22).

The current study investigated mechanisms through which down-regulation of miRNAs is involved in the adverse vascular response to irradiation and explored application of miRNA modulators as a therapeutic modality to reduce vRTx through dampening of the innate immune response and inhibition of an adverse healing response.

**METHODS**

**HUMAN TISSUE SPECIMENS.** Samples from Karolinska University Hospital’s Biobank of Irradiated Tissues at Karolinska (Stockholm, Sweden) were
**TABLE 1** Patient Characteristics

| Age (yrs)/Sex | RT Dose (Gy) | Time After Radiotherapy (weeks) | Donor Artery Origin | Current Smoking | CVD Use | NSAID Use |
|--------------|-------------|-------------------------------|---------------------|-----------------|---------|-----------|
| 77/F         | 50          | 200                           | Forearm             | No              | No      | No        |
| 64/M         | 68          | 44                            | Forearm             | Yes             | Yes     | Yes       |
| 53/F         | 64          | 176                           | Fibula              | Yes             | No      | Yes       |
| 45/F         | 64          | 119                           | Fibula              | No              | No      | Yes       |
| 61/F         | 68          | 126                           | Fibula              | No              | No      | No        |
| 79/M         | 64          | 620                           | Fibula              | No              | Yes     | No        |
| 66/M         | 46          | 350                           | Fibula              | No              | No      | No        |
| 52/M         | 68          | 100                           | Fibula              | No              | No      | No        |
| 60/F         | 68          | 217                           | Fibula              | No              | No      | No        |
| 60/M         | 46          | 50                            | Forearm             | No              | No      | No        |
| 65/F         | 68          | 79                            | Forearm             | No              | No      | No        |
| 70/M         | 66          | 128                           | Fibula              | No              | No      | No        |
| 66/M         | 68          | 126                           | Thigh               | No              | No      | No        |
| 39/F         | 68          | 83                            | Forearm             | No              | No      | No        |
| 62/M         | 64          | 406                           | Fibula              | No              | No      | No        |

CVD = cardiovascular disease; NSAID = nonsteroidal anti-inflammatory drug.

**In vivo experiments.** Patient characteristics are shown in Table 1. Age, sex, smoking, and use of nonsteroidal anti-inflammatory drugs are noted. The table includes patients who underwent pre-operative irradiation and the tissues harvested from them. The study was approved by the Ethical Committee of Stockholm and was performed in agreement with institutional guidelines and the principles of the Declaration of Helsinki. All enrolled patients gave written, informed consent.

**In vitro experiments.** Cell culturing. Primary, proliferating human carotid artery smooth muscle cells (HCtASMCs) and human carotid artery endothelial cells (HCTAECs) (Cell Applications, San Diego, California) were cultured up to passages 5 through 8 in subtype-specific growth medium (Cell Applications). Cells were seeded on 6-, 12-, or 24-well plates and treated or irradiated at a density of 70% to 80%. Endothelial cells were cultured and seeded in gelatin-coated (Attachment Factor Protein 1X, Thermo Fisher Scientific) flasks and plates.

**Luciferase reporter assay.** Luciferase reporter assay was performed as previously described (23). In brief, HEK293 cells (Public Health England Culture Collections, Salisbury, United Kingdom) were seeded on 96-well (PTX3, 1 × 10^4 cells/well) and 24-well (1 × 10^4 cells/well) plates. At 50% to 60% confluence, cells were transfected with luciferase reporter plasmid pLS, pLS-DPP4-3’UTR, or its mutant (100 ng/well, Active Motif), together with control or pre-miR-29b (10 nmol/l final concentration) by using DharmaFECT DUO Transfection Reagent (Thermo Fisher Scientific) according to the manufacturer’s protocol. After a 24-h transfection period, luciferase activity was quantified by using the LightSwitch Luciferase Assay Kit (Thermo Fisher Scientific) according to the manufacturer’s instructions.

**Irradiation.** Cells were placed inside a biological irradiator and were treated with 2 doses of 2 Gy (0.4 Gy/min; total irradiation time, 2 × 5 min) with 24 h between radiation dosages. Control cells were taken out of the incubator for a similar amount of time but did not receive irradiation.

**Kinetic live cell imaging for proliferation and apoptosis.** Cells in 6-well (for protein analysis) or 24-well (for RNA analysis) plates were used for these experiments. Directly after irradiation, medium was removed and replaced with fresh medium (Cell Applications). Cells were placed in a live-cell imaging incubator (IncuCyte, Essen Bioscience, Hertfordshire, United Kingdom) and images taken every 2 h for the course of 5 days. Proliferation was defined as an increase in cell confluence as the average of 9 pictures per well in a 24-well plate or 16 pictures per well in a 6-well plate. For apoptosis measurements, cell medium was supplied with caspase-3/7 reagent (Essen Bioscience) at a concentration of 5 μmol/l, as recommended by the manufacturer. Apoptosis was measured as the number of positive cells per photographed area. Experiments were run in triplicate.

**In vivo irradiation.** In vivo experiments were approved by the Swedish Board for Agriculture (ethical permit no. N89/13). For in vivo irradiation, we used 10-week-old C57BL6/N apolipoprotein E knockout (ApoE−/−) mice (Taconic Biosciences, Rensselaer, New York) weighing 20 to 30 g. Anesthesia consisted of intraperitoneal injection of 750 μg ketamine (Ketalar, Pfizer, Sollentuna, Sweden), 10 μl (1 mg/ml) of medetomidine (Domitor, Orion Pharma
Animal Heath, Sollentuna, Sweden), and 75 μl of phosphate-buffered saline. Depth of anesthesia was verified with a pedal reflex test. Animals (n = 9 to 11 per group) were fixated onto a heating pad and covered by a 7-mm-thick lead chamber with an open area (1.5 × 2.2 cm) also restricted by a collimator (2.5 × 2 cm) exposing the upper chest and neck region to radiation beams. Mice were placed in a biological irradiator (X-RAD 320, Precision X-Ray Inc., North Branford, Connecticut), and the uncovered area was irradiated at 0.7 Gy/min to a total dose of 14 Gy at 320 kV, 12.5 mA, 8 FOS, with an F2 filter consisting of aluminum, copper, and tin. Control mice received sham irradiation.

After irradiation, mice received atipamezole (Antisedan, Orion Pharma Animal Heath) 20 μl (5 mg/ml) for anesthesia reversal. Harvesting and organ handling are described in the Supplemental Methods section.

IN VIVO miR-29B MODULATION. For miR-29b overexpression, radiated mice (n = 6) received 2 dosages of 2 mg/kg miR-29b mimics (Ambion, Thermo Fisher Scientific) using the vector reagent Jet-PEI (Polyplus-transfection SA, Illkirch-Graffenstaden, France) for transfection. Control mice (n = 6) received 0.5 mg/kg (dosage according to the manufacturer’s instructions) Jet-PEI–carried mimics with random (scrambled) sequences (Thermo Fisher Scientific). Mimics and controls were injected intraperitoneally 1 day before and 1 day after irradiation. Tissues were harvested 14 days after irradiation.

PREPARATION OF CELLS AND TISSUE SAMPLES FOR QUANTITATIVE REVERSE TRANSCRIPTION-POLYMERASE CHAIN REACTION. RNA isolation was performed according to standardized procedures described in the Supplemental Methods section. miRNA and messenger ribonucleic acid (mRNA) expression was quantified according to quantitative polymerase chain reaction using TaqMan (Thermo Fisher Scientific) FAM- or VIC-labeled mRNA and miRNA assays (Supplemental Tables 1 to 3).

TISSUE HISTOLOGY. Human tissue was fixed for 48 h in 10% formalin at room temperature, paraffin embedded, and cut into 5-μm-thick slides. Hematoxylin and eosin, Oil Red O, Sirius Red, and immunohistochemical stainings were performed according to standardized protocols. All primary antibodies were purchased from Abcam, Cambridge, United Kingdom (Supplemental Table 4). Dipeptidyl-peptidase 4 (DPP4)– and pentraxin-3 (PTX3)–positive cells were measured by counting the cells in 4 high-power fields of 2 to 4 different (human or mouse) vessels per group (nonirradiated vs. irradiated in human; miR-29b modulated in mice upon radiation or sham irradiation). Counting was performed by a blinded investigator using ImageJ software (National Institutes of Health, Bethesda, Maryland). All histological analyses were obtained at room temperature by using a Hamamatsu NanoZoomer Slide Scanner with NDP.view2 software (Hamamatsu Photonics, Hamamatsu, Japan). More details are provided in the Supplemental Methods section.

IN SITU HYBRIDIZATION. For in situ hybridization, we used Exiqon miRCURY locked nucleic acid double digoxigenin (DIG)-labeled probes (50–30 probe sequence for miR-29b, AACACTGATTCAAATGGTG GCT; miR-146b, AGCCTATGGAATTCAGTTCTCA) with the accompanying kit and protocol (Qiagen, Hilden, Germany). In brief, tissue sections were deparaffinized. Nucleases were inactivated with proteinase K followed by a 2-h hybridization at hybridization temperature (53°C). Slides were washed in saline sodium citrate buffers. DIG-labeled probes were detected by using standard DIG detection methods.

STATISTICAL METHODS. SPSS version 22 (IBM Corporation, Armonk, New York) was used to analyze patient data. To compare 2 groups, Student’s t-test was used. Paired data were analyzed by using paired-sample t-tests. Differences between ≥2 groups versus a control group were analyzed with 1-way analysis of variance plus a Bonferroni correction for multiple comparisons. Statistical analysis for the murine experimental data was conducted by using GraphPad Prism software version 7.0 (GraphPad Software, La Jolla, California). Differences in RNA expression were calculated as fold change versus control by using the mean delta Ct (ΔCt, defined as Ct target RNA minus Ct endogenous control) within groups. To correct for multiple t-tests in the live cell imaging experiments, the Holm-Šidák method with an alpha of 0.05 was used.

RESULTS

miR-29B IS DECREASED AND miR-146B INCREASED IN RADIATED VERSUS NONRADIATED VASCULAR TISSUE. In 15 pairs of arterial tissue samples from 15 patients undergoing microvascular free tissue transfer reconstructions (FFT), we compared the expression of 11 well-known miRNAs in cardiovascular disease, cancer, or both (Supplemental Table 1, Figure 1A). For some tissue pairs, miRNA expression could not be measured because of insufficient total RNA quantity (Figure 1B). Patient age ranged from 39 to 79 years (median, 62 years). Total radiation dosage
was between 46 and 68 Gy (median, 66 Gy). Tissue was harvested during FFT, which occurred between 44 and 620 weeks after radiotherapy (median, 126 weeks). Other patient characteristics are listed in Table 1.

Among other miRNAs, miR-29b and miR-146b were significantly deregulated in radiated tissue, miR-29b being decreased and miR-146b increased (Figure 1B). Fluorescent in situ hybridization of miR-29b showed its expression in the tunica media of nonradiated vessels. Pentraxin-3 (PTX3) and dipeptidyl-peptidase 4 (DPP4) protein expression was increased throughout the vessel wall after radiation. ACTA2 = smooth muscle actin; DAPI = 4',6-diamidino-2-phenylindole. Bars, 100 μm. (D) Quantification of staining for miR-29b target protein markers. n = 3 in each group. HPF = high-power field. **p < 0.01 in 1-way analysis of variance. (E) miR-29b target PTX3 was up-regulated after irradiation. n = 10. **p < 0.01. (F) miR-29b target DPP4 was up-regulated after irradiation. n = 10.* p < 0.05, **p < 0.01, ***p < 0.001 in paired-sample t-tests. (G) miR-29b mimics significantly inhibited DPP4 and PTX3 luciferase activity compared with scrambled control (scr) oligonucleotides. Mean ± SEM. **p < 0.01, ***p < 0.001 in Student’s t-test of scrambled versus miR-29b mimic. EV = empty vector; mut = mutated seed sequence; Neg ctrl = negative control.
EXPRESSION OF miR-29B TARGETS PTX3 AND DPP4 IS INCREASED UPON IRRADIATION. In previously published RNA analyses with the same method used in different samples, with a more recent harvest after irradiation (13,24), we searched for experimentally validated (25) miR-29b and miR-146b gene targets regulated in a direction inverse to that of the miRNA. In radiated versus nonradiated tissue, PTX3 was the most profoundly upregulated miR-29b target (Figure 1E). DPP4 levels were also significantly higher in radiated tissue (Figure 1F). The predicted miR-29b gene target DPP4 (or CD26) is related to radiation injury and impaired wound healing (26). With luciferase reporter assay, PTX3 and DPP4 were validated as miR-29b targets in HEK293 cells (Figure 1G).

In formalin-fixed, paraffin-embedded arterial tissue from a subset of patients, we could localize PTX3 and DPP4 protein expression in the intimal and medial layer of radiated arteries, whereas expression in their nonradiated counterparts was markedly lower (Figures 1C [bottom two rows] and 1D).

IRRADIATION AFFECTS VASCULAR miR-29B AND PTX3 EXPRESSION IN A MURINE MODEL. Male Apoe\(^{-}\) mice were subjected to irradiation using a model based on the method described by Stewart et al. (27). In mice receiving a single irradiation dose of 14 Gy in a designated mediastinal and neck area, including the heart and large vessels (Figure 2A), irradiated arteries exhibited a significant down-regulation of miR-29b and no significant up-regulation of miR-146b at 14 days compared with those given sham irradiation (Figure 2B). There was significant concordant up-regulation of Pt3x after irradiation. Dpp4 gene expression showed a trend toward up-regulation but was not significantly affected (Figure 2C). Histological analysis of the carotid artery 10 weeks after irradiation revealed no striking fibrotic or atherosclerotic differences between the radiated and sham radiated mice (Supplemental Figure 1).

miR-29B AND miR-146B EXPRESSION LEVELS, AND THEIR TARGETS, REACT TO IRRADIATION IN VITRO. Using a biological irradiator, we exposed human carotid artery SMCs and endothelial cells (HCTASMCs and HCTAECs) to 2 consecutive irradiation (radiotherapy) doses of 2 Gy, with 24 h between radiotherapy fractions, which was determined by the common clinical radiotherapy regimen for head and neck tumors (28). Radiotherapy significantly inhibited HCTASMC proliferation, which was statistically significant from 4 days after the last exposure (Supplemental Figures 2A and 2B). HCTAEC proliferation was not significantly affected (Supplemental Figure 2C). We measured miRNA and target gene expression 24 h after radiotherapy. In radiated
HCtASMCs, but not in HCtAECs, miR-29b was down-regulated (Figure 3A). Radiated HCtAECs, but not HCtASMCs, exhibited up-regulation of miR-146b (Figure 3B). In HCtASMCs, expression of the miR-29b targets B4GALTS, DPP4, and COL1A1 was increased (Figure 3C). Although PTX3 gene expression was not increased, Western blotting showed elevated levels of PTX3 protein in these cells (Figure 3D).

miR-29b is known to regulate extracellular matrix function by targeting collagen genes (29). Gamma radiation is well known to cause a TGF-β-mediated fibrotic response induced by fibroblasts (30) and SMCs (31). In radiated cells, a nonsignificant upward trend was observed in soluble collagen secretion, as measured in supernatant sampled 24 h after radiotherapy (Supplemental Figure 2D).

**MODULATION OF miR-29B ALTERS EXPRESSION OF INFLAMMATION- AND FIBROSIS-RELATED TARGETS IN VITRO.** Transfection of HCtASMCs with miR-29b mimics before radiotherapy completely abrogated soluble collagen secretion (Figure 3E) and decreased post-radiotherapy PTX3 expression, whereas anti-miR-29b greatly stimulated PTX3 expression.
Interestingly, anti-miR-29b had no marked profibrotic effect in radiated cells, possibly because further suppression of already low miR-29b levels does not add to the fibrotic stimulus. In nonradiated cells, however, it induced a significant increase in soluble collagen production. Profibrotic DPP4 was not affected by miR-29b on the gene expression level, but Western blotting in HClASMC lysates showed that expression of DPP4 protein was negatively affected by transfection with miR-29b mimics (Figure 3G). Because DPP4 has a soluble form, detectable in blood plasma and associated with a profibrotic phenotype, we assessed DPP4 expression in the supernatant of ECs or SMCs but could not detect the protein, independent of irradiation (data not shown).

**MODULATION OF miR-29B AFFECTS TARGET PROTEIN EXPRESSION AND INFLAMMATION IN VIVO.** We subjected 12 Apoe/−/− male mice to the 1 × 14 Gy irradiation protocol, of which 6 received miR-29b mimics 1 day before and 1 day after irradiation. Target genes Ptx3 and Dpp4 were not significantly affected (Supplemental Figure 3A), but on the protein level, PTX3 and DPP4 expression showed marked differences in the medial layer of aortic ring tissue in scrambled- versus mimic-treated mice (Figure 4, left 2 panels). Staining for the macrophage surface glycoprotein galectin 3 (Mac-2) revealed marked macrophage influx in scrambled- compared with mimic-treated mice (Figure 4, right panel). Smooth muscle actin staining revealed no differences in SMC quantity between miR-29b mimic-treated and control mice (Supplemental Figure 3B). Collectively, miR-29b mimics dampened the direct inflammatory reaction to irradiation, without affecting SMC content.

**DISCUSSION**

Irradiation is an important risk factor for atherosclerosis and subsequent cardiovascular disease (32,33). As master regulators in many cellular processes initiated by vascular injury, miRNAs can be crucial actors in vRTx. miRNAs play a crucial role in the DNA damage
response (22), and miRNA inhibition or stimulation can blunt irradiation effects on cell survival and proliferation (34). We have identified 2 miRNAs known to play a crucial role in vascular cell biology and pathology in relation to atherosclerosis, miR-29b and miR-146b, to be down- respectively up-regulated in irradiated vascular tissue. The expression of 2 well-known vascular miRNAs, miR-143 and miR-145, was also altered, but they were not further investigated; we consider that down-regulation of the atheroprotective miR-143-145 cluster as confirmation that irradiation induces an atheroprone phenotype.

miR-146a and miR-146b arise from 2 evolutionarily conserved miRNA genes located on chromosomes 5 and 10, respectively. In their mature form, they differ only by 2 nucleotides in the 3' end. miR-146b, unlike miR-146a, is responsive to interleukin-10 and therefore might be involved in inflammation resolution (35). Enforced miR-146b expression in monocytes reduces production of a multitude of inflammatory cytokines (35,36), suggesting that this miRNA is part of a negative feedback loop limiting inflammation (37). We observed up-regulation of miR-146b in irradiated human arterial tissue. It is likely that this up-regulation is symptomatic of the chronic inflammatory response in vRTx and can be seen as an attempt to resolve inflammation. Inhibition of miR-146b would likely aggravate the inflammatory reaction and therefore be counterproductive; potentially beneficial effects of miR-146b mimics could be a direction for further investigation.

The miR-29 family of miRNAs consists of miR-29a and miR-29b-1, of which the encoding gene is located on chromosome 7, and miR-29b-2 and miR-29c, originating from chromosome 1. miR-29b-1 and miR-29b-2 have identical mature sequences, are therefore indistinguishable on polymerase chain reaction, and share the name miR-29b. In a vascular biological context, miR-29b is best known as regulator of the collagen- and extracellular matrix-associated mRNAs critically involved in cardiovascular fibrosis (38). miR-29b limits collagen gene expression and thus can weaken the vascular wall in abdominal aortic aneurysms (39), as well as the matrix of fibrous caps in atherosclerosis (40). Strategies of inhibiting miR-29b are thus an attractive option for increasing vessel wall and lesion stability. In vRTx, conversely, excess collagen production and turnover is pathognomonic for the maladaptive healing response. Inhibition of collagen production through miR-29b stimulation might therefore put an end to the downward spiral of inflammation and fibrosis in vRTx.

DPP4 (also known as CD26) is a transmembrane glycoprotein with an extracellular domain binding to adenosine deaminase and matrix proteins such as fibronectin and collagen (41). The function of DPP4 in vascular disease is under intensive investigation because its inhibitor, alogliptin (a novel glucose-lowering agent in the treatment of type 2 diabetes mellitus), displays antiatherogenic effects in low-density lipoprotein receptor knockout (42) and Apoe<sup>−/−</sup> mice (43). In addition, DPP4/CD26 indicates a type of fibroblasts with an increased profibrotic potential responsible for wound- and irradiation-induced skin fibrosis and scarring, as well as tumor growth, through activation of the serine protease fibroblast activation protein-α (26). DPP4 has previously been proposed as a target of miR-29b (44), an interaction we were able to confirm in the vRTx context.

PTX3 is a secreted pattern recognition molecule providing resistance against fungal, bacterial, and viral pathogens. Together with its family members C-reactive protein and serum amyloid P component, it initiates complement activation and phagocytosis. In contrast to C-reactive protein, PTX3 is evolutionarily well conserved (45) and expressed within the vasculature, making it a good target to study in humans as well as animal models within this context. Interestingly, PTX3 has inflammatory as well as regulatory capacities, as its release induces both proinflammatory and anti-inflammatory signaling (46,47). PTX3 is a validated target of miR-29b (48) and a key regulatory protein in pathophysiological processes in which innate immunity, inflammation, and extracellular matrix remodeling intersect (45).

In vRTx, we have previously described sustained high expression of PTX3 mRNA at earlier time points after radiotherapy (24). The current study is the first to describe gene expression patterns in irradiated human arteries at a median of >2 years after radiotherapy. Tissue damage caused by radiation injury is commonly divided into early and late adverse effects, according to the time elapsed from treatment to symptoms. Early adverse effects typically affect rapidly proliferating cells, such as epithelial cells of the skin and mucosa, whereas late adverse effects often are an effect of a progressive, systemic disease in which symptoms may not be evident until decades after radiotherapy (49,50).

**STUDY LIMITATIONS.** vRTx is the result of a pathologic stimulus (irradiation), creating a cascade of inflammatory reactions. Depending on timing after irradiation, various maladaptive vascular changes can
be observed, and timing of (preventive) therapy appears crucial. This study proposes miR-29b over-expression as a potential preventive therapy, but could not identify an optimal administration time-point, which in part relates to the experimental murine model not completely being able to reflect all moieties of human radiotherapy-induced disease. The lack of an ideal in vivo model that is able to mimic the various features of human disease remains problematic for most cardiovascular diseases. Furthermore, other miRNAs and targets that were not assessed by us, might likely also play important roles in vRTx and could be modulated to prevent the disease. Their effects remain to be elucidated in further studies.

CONCLUSIONS

In vivo and in vitro, we showed that PTX3 and DPP4 expression are hallmarks of radiation injury to vascular tissues and can be suppressed with miR-29b mimics. These findings not only suggest that stimulation of miR-29b can be a candidate therapy to prevent vRTx but also stress the importance of a cautious approach when considering miR-29b inhibition as therapy against various atherosclerotic disease manifestations. In patients with vRTx associated with perivascular fibrosis (51), miR-29b stimulation, rather than inhibition, might be the most effective treatment.

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PERSPECTIVES

COMPETENCY IN MEDICAL KNOWLEDGE: Radiotherapy is an established and powerful therapeutic strategy for the treatment of patients with cancer. The downside for this form of curative approach is a substantial increase in cardiovascular complications. Thus, supportive treatment schemes need to be developed to limit the risk and burden of radiotherapy-induced vasculopathies. The targeting of miRNAs via antisense oligonucleotides could serve as a sufficient and effective approach to limit the multiple features (inflammation, fibrosis, and proliferation) associated with radiotherapy-induced vasculopathies.

TRANSLATIONAL OUTLOOK: Safety and efficiency of miRNA mimics are currently under investigation, and interestingly a Phase II clinical trial utilizing miR-29 mimics (promiR-29, Remlarsen) is ongoing in cutaneous fibrotic disorders. Here, mimics are being applied topically to the skin, which limits undesired off-target effects in organ systems in which systemically administered miRNA modulators assimilate to a much higher degree (e.g., liver, kidney). For the treatment of vascular diseases, cell type-specific or local ways of delivery (using stents and balloons) could limit off-target effects, while triggering local uptake and efficiency of these potent therapies.
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APPENDIX For an expanded Methods section as well as supplemental tables and figures, please see the online version of this paper.