Cell death in the developing vertebrate limb: A locally regulated mechanism contributing to musculoskeletal tissue morphogenesis and differentiation

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Abstract
Our aim is to critically review current knowledge of the function and regulation of cell death in the developing limb. We provide a detailed, but short, overview of the areas of cell death observed in the developing limb, establishing their function in morphogenesis and structural development of limb tissues. We will examine the functions of this process in the formation and growth of the limb primordia, formation of cartilaginous skeleton, formation of synovial joints, and establishment of muscle bellies, tendons, and entheses. We will analyze the plasticity of the cell death program by focusing on the developmental potential of progenitors prior to death. Considering the prolonged plasticity of progenitors to escape from the death process, we will discuss a new biological perspective that explains cell death: this process, rather than secondary to a specific genetic program, is a consequence of the tissue building strategy employed by the embryo based on the formation of scaffolds that disintegrate once their associated neighboring structures differentiate.

KEYWORDS
apoptosis, autophagy, cell death genes, lysosomes, programmed cell death, syndactyly

1 | INTRODUCTION

The brilliant and clear-sighted review by Glücksmann in 1951 proposing a new interpretation of previous descriptive studies reporting the occurrence of dying cells in the tissues of vertebrate embryos is a milestone in research in this field. Prior to Glücksmann’s review, the presence of dead cells in embryonic tissues, identifiable mainly by the classical Feulgen nuclear staining procedure, was often considered a technical artifact, or unavoidable cell loss events occurring in tissues subjected to intense growing pressure. Glücksmann grouped the dying events into three distinct categories: “morphogenetic cell death” involved in sculpting the final shape of the embryonic growing organs; “histogenetic cell death,” accounting for the elimination of useless and abnormal cells resulting from tissue differentiation; and “phylogenetic cell death” responsible for the elimination of ancestral structures of transient utility in the embryo of most evolved species.
Numerous research teams from different countries then helped expand the catalog of developmental death process, including those in vertebrate embryos, and in vegetal and invertebrate species.

Thanks to the contribution, among others, of John Saunders and John Fallon in the United States, Jean Milaire in Belgium, and Donald Ede and J Richard Hinchliffe in the UK, the developing vertebrate limb became a paradigm for studying embryonic cell death. Initial descriptions were focused mainly on the mesodermal component of the early limb primordia. These studies established a solid correlation between skeletal morphology and the patterns of cell death. Furthermore, the proposal of a distinctive and specific type of cell death in tissue remodeling, termed “apoptosis,” along with the identification of an evolutionarily conserved genetic cascade activated in the embryonic death process, consolidated the view of embryonic cell death as a distinctive and regulated developmental process. Indeed, the degenerating limb processes were considered “active” and “genetically programmed” events, primarily responsible for the morphogenesis of the limb skeleton with major implications in teratogenesis and in the evolutionary diversification of the tetrapod limbs. However, subsequent studies accumulated evidence for the role of cell death in not only skeletogenesis, but also most, if not all, changes occurring in the tissue components of the developing limb. In addition, apoptosis has been discarded as a “unique” cell death mechanism in embryonic tissues, and the genetic regulators of cell death appeared to be related with the degenerative cascades activated in dying cells rather than being master regulators of developmental processes. The aim of this report is to critically review current knowledge of cell death in the developing limb to propose a new perspective for the biological significance of cell death in embryonic systems.

2 | THE CONVENTIONAL “FOUR AREAS” OF MESODERMAL CELL DEATH IN THE GROWING LIMB BUD OF AMNIOTES

The vertebrate limb primordia appear as two pairs of buds growing in the flank of the embryonic body composed of a core of mesodermal tissue covered by an ectodermal jacket (Figure 1). The employment of vital staining as a technique to map cell death in embryonic tissues allowed the detection of four characteristic areas of massive cell death in the growing limb (Figure 1A-F). In avian embryos, these areas were termed the anterior necrotic zone (ANZ), posterior necrotic zone (PNZ), interdigital necrotic zones (INZs), and opaque patch (OP). In mouse and rat embryos (Figure 1E-F), the mesodermal areas of cell death are similar to those of birds, but they received a different nomenclature. As shown in Figure 1A, these areas delimit the zones of mesodermal aggregation that prefigure the skeletal pieces of the appendage. The ANZ and the PNZ eliminate the cells of the anterior and posterior margins of the bud that do not integrate into the central region where mesodermal cells form prechondrogenic condensations that prefigure the limb skeleton. The OP occupies the most central mesodermal core of the limb located between the two prechondrogenic condensations of the zeugopod (tibia/fibula; ulna/radius). INZs are by far the most prominent regions of massive cell death in the limb. These regions are located in the mesoderm intercalated between the developing digit rays, and their intensity and distribution appear closely related to the different morphology of the digits. While INZs are very prominent in mammals, birds, and reptilians, their occurrence in amphibians, both during normal development and during limb regeneration, is a more controversial question.

Comparative analysis of the patterns of these areas of mesodermal cell death in species with different limb skeletal patterns together with changes observed in mutant species with abnormal skeletal morphology have been taken as support for a sculpting function of cell death in limb morphogenesis. Multiple studies supported this hypothesis. For example, the talpid chick mutant characterized by polydactyly showed full inhibition of PNZ and ANZ, and in turn, the wingless chick mutant that lacks wings showed a dramatic increase in ANZ. Similarly, the mouse Hammertoe mutant lacked interdigital cell death and developed soft tissue syndactyly, and the Hemimelia-extra toe mouse mutant showed preaxial polydactyly associated with defective cell death in the anterior mesoderm. Furthermore, INZs have variable intensities in species with distinct degrees of interdigital webbing being very intense in species with free digits such as humans, mice, or chicks, and much less intense in species with webbed digits, such as ducks or bats. Considering this sculpting function of cell death, the differences in the pattern of cell death in a number of reptilian and mammalian species with specialized digit morphology, such as the Chamaeleo, the camel, or the three-toed rodent jerboa are particularly illustrative.

Regardless of the morphogenetic function of limb mesodermal cell death, it has been suggested that macrophages activated in the death process, generate pathways within the limb mesoderm permissive for the outgrowth of the axons that colonize the limb primordium.
However, both the molecular basis and the cellular origin of the cells involved in this hypothetical function remain to be clarified.

3 | CELL DEATH ELIMINATES EMBRYONIC FLANK MESODERMAL CELLS IN THE REGIONS THAT DO NOT FORM LIMB BUDS

As mentioned above, the limb primordia appear as two pairs of buds covered by the ectoderm that contain cells of somatopleural origin that grow in precise regions of the lateral surface of the embryonic body. An intense cell death process eliminates mesodermal cells in the inter-limb region of the flank.23,24 Notably, these cells adjacent to the limb primordia, when subjected to exogenous limb-forming signals, escape from their dying fate, forming an otherwise normal extra limb.25

4 | CELL DEATH IN THE DEVELOPING JOINTS

To form the limb skeleton, the mesodermal progenitors of the limb primordia aggregate in the core of the bud forming prechondrogenic condensations that prefigure the cartilaginous skeletal primordium of the limb. Joints appear as discrete regions of flattened cells that separate adjacent cartilaginous elements (Figure 2A). Initially, the joint interzones are distinguishable by the flattened morphology and closely packaging of the cells, which contrast with the rounded shape of the differentiating chondrocytes. In addition, the presence of gene expression domains of various markers, such as Gdf5 or Wnt14, makes the joint regions easily identifiable by in situ hybridization.26,27 The initial formation of the joint interzone is later followed by differentiation of the synovial joint tissues, including the elaboration of the joint cavity.28 Surprisingly, cell death is a
5 | CELL DEATH DELINEATES THE MUSCLE BELLIES AND THE MYOTENDINOUS JUNCTIONS

The formation of a precise muscle pattern in the limb is a critical developmental event responsible for conferring specific biomechanical functions in each species of major evolutionary significance. The limb musculature develops from myogenic precursors that migrate from the somites into the limb bud. These myogenic cells invade the early limb primordium and form prominent premuscle masses along the dorsal and ventral surface of the differentiating skeletal primordia. The premuscle masses next become segregated by the intercalation of tendinous laminas at the level of formation of the main joints of the limb into the three muscle regions: the stylopodial (arm/thigh), the zeugopodial (forearm/leg), and autopodial (hand/foot).
This initial process is next followed by a progressive splitting of the muscle bellies. The segregation of the muscle bellies is associated with their connection to their specific tendon blastema that, in turn, establish their attachment to the corresponding skeletal target.36

Although the elimination of the tail musculature during metamorphosis of amphibian anura has long been recognized as a characteristic model of developmental cell death, muscle remodeling in developing vertebrate limbs has received little attention. In human fetuses, cell death has been functionally associated with myofiber differentiation and innervation of hand and tight muscles.37,38 In avian embryos, muscle cell death has been analyzed in detail during the formation of muscle bellies of the foot.39 Notably, cell death is a central event that sculpts the muscle bellies (Figure 2C,D) and adjust the number of fibers that bind the tendon at the myotendinous junction complexes (Figure 2E,F). Similar to the establishment of neuronal connections, myogenic cells appear to receive survival signals from their target tendons that adjust the size and fibrillatory composition of each particular muscle belly.

6 | CELL DEATH IN THE EMBRYONIC LIMB ECTODERM DIRECTS LIMB OUTGROWTH

The early limb bud is a simple structure constituted by a core of mesodermal cells, first composed of skeletogenic precursors only, but the bud is very soon colonized by myogenic cells of somitic origin (see above). The ectoderm covers the surface of the bud and is continuous with the ectodermal surface of the embryonic body. From a functional point of view, the ectoderm, far from being a passive structure, is a major regulator of limb outgrowth. In the distal margin of the bud, the ectoderm appears thickened, forming the so-called apical ectodermal ridge (AER), which provides signals that direct the proliferation of the subjacent mesoderm.40 AER integrity is essential to maintain outgrowth of the limb primordium and its flattening and degeneration once the digit primordia are formed mark the end of limb morphogenetic outgrowth. The function of the AER is mediated via the production and delivery of growth factors, including FGFs, BMPs, or Wnts, but FGFs (FGF4, and FGF8) are essential.41 Hence, surgical AER removal in the embryonic limb arrests limb outgrowth and induces cell death in the subjacent mesoderm resulting in truncation of the limb at a proximo-distal level that is stage-dependent.42 Importantly, local application of a source of the above-mentioned FGFs can functionally replace the AER when this structure is surgically removed.40 Consistent with its growth-promoting function, the AER is a transient structure that disappears when the most distal skeletal elements of the limb (distal phalanges) are determined.43 As could be expected, the disappearance of the AER at the end of limb morphogenesis is mediated by cell death.44

In avian embryos, a widespread distribution of dead cells through the functionally-active AER has been reported that does not result in its disappearance (Figure 1A-B).45 The intensity of cell death shows differences between the wing and the leg buds that correlate with differences in the perimeter length of their AER. This observation suggests that cell death contributes to adapting the size and function of the AER which explains differences in limb bud morphology.

In mammalian embryos, ectodermal cell death appears focalized in the anterior and posterior margins of the bud, receiving the names of “foyer preaxial” and “foyer postaxial” respectively.7,46 However, its function is also associated with an asymmetric pattern of growth of the limb bud. In fact, inhibition of the cell death of the “foyer preaxial” is observed in mouse mutants showing hyperphalangy of the first digit or preaxial polydactyly.46

7 | CONTROL AND BIOLOGICAL SIGNIFICANCE OF CELL DEATH

The above-described observations show that cell death accompanies all the developmental events occurring during limb formation. In some fashion, cell death should be considered equivalent to other cellular processes associated with embryonic development, such as cell proliferation, cell migration, tissue differentiation, and extracellular matrix deposition. However, the precise temporal and spatial distribution of most death processes and their different patterns in species with distinctive limb morphologies have often been suggested to indicate a specific regulation at the genetic level, leading to the term “programmed cell death”.

Initial studies analyzing the determination of the areas of cell death in the developing limb provided major support for the “programmed cell death” hypothesis.47 These studies showed that the prospective PNZ cells of the embryonic chick isolated from donor embryos and explanted to organ culture conditions underwent cell death on schedule when the donor embryo reached the stage when cell death occurs physiologically. These researchers proposed the existence of an intrinsic “death clock” in the prospective dying cells with important functions in limb morphogenesis. However, subsequent studies also performed in the avian limb showed that cell death is not rigidly determined in the PNZ.48,49
The lack of a precocious death commitment of the cells located within the future dying domains has been best demonstrated for the INZs (Figure 3A-D). Interdigital mesodermal cells are highly chondrogenic up to a few hours before the initiation of physiological degeneration.\textsuperscript{50,51} This chondrogenic potential was fully confirmed by experiments in vivo, consisting of local application of microbeads uploaded with members of the TGF beta superfamily signaling via Smad 2/3 (Tgfbs and Activins).\textsuperscript{52,53} A few hours after this treatment, the interdigital mesoderm formed a small ectopic cartilage.\textsuperscript{52} Three aspects of these experiments are notable: (a) the ectopic cartilage induced in the interdigit after the treatment maintained progressive outgrowth and formed a full digit with interphalangeal joints and associated tendons (Figure 3D); (b) the formation of the ectopic digits was not preceded by the regulation of important transcription factors in limb morphogenesis, such as Msx and Hoxd genes\textsuperscript{51,54}; and (c) the interdigits of the embryonic duck leg (fated to form a permanent interdigital web), despite having much larger dimensions than those of the chick, formed very small ectopic digits in in vivo experiments.\textsuperscript{55} These findings suggest that, in terms of programming, the interdigital cells of the chick are undifferentiated skeletal progenitors that die because of the local absence of differentiation and/or survival signals in a critical period of development. In the case of the duck, it is most likely that at the time of the treatments, many interdigital cells have initiated differentiation to form permanent membranous connective tissue, losing the ability to respond to chondrogenic stimuli. In fact, interdigital cell death in the duck is potentiated 24 hours after transient interdigital administration of FGFs.\textsuperscript{56} These growth factors are secreted by the AER and maintain subjacent mesoderm undifferentiated and proliferating, thus ensuring the outgrowth of the limb bud.\textsuperscript{40}

The differentiation potential and plasticity of prospective dying cells in other areas of cell death of the embryonic limb have received little attention. However, it has been shown that the formation of distinct muscle bellies in the autopod is also a plastic process closely related to the formation of their corresponding skeletal and tendinous elements.\textsuperscript{57} Notably, the segmentation of autopodial premuscle masses involves an intense death process.\textsuperscript{39}

In summary, the embryonic strategy used to build the different structural components of the limb can be divided into two periods: first, the formation of an excess mass of progenitors, which then, based on the differentiation signals, is segregated into a central component destined for to form the adult organ in question, and a peripheral population of progenitors that acts as a scaffold and is eliminated when it is no longer necessary to support the developing organ. Considering that interdigits do not contribute skeletal progenitors to digit rays, the reported truncation of the digits after surgical elimination of the interdigital tissue\textsuperscript{58} may illustrate this proposed structural scaffold function.

8 | GENETIC ALTERATIONS AND SYNDACTYLY

The failure of interdigital cell death results in the permanence of interdigital tissue forming a membranous web (“membranous syndactyly”; Figure 3C) or the formation of extra skeletal tissue that joins adjacent digits in a variable range (“bony syndactyly”; Figure 3D). In humans, syndactyly is one of the most prevalent malformations,\textsuperscript{59}
and many genetic alterations, both in humans and in laboratory animals, show variable levels of syndactyly. These observations, together with the diversity of the webbing in different tetrapods, have often led researchers to suspect the existence of a specific genetic regulation for INZ. However, the functional variety of genes whose mutations are associated with syndactyly and the heterogeneity of the phenotypes present in individuals with the same mutation make it difficult to identify a specific upstream genetic regulatory pathway for the degenerative process.

Genetic targets associated with syndactyly reflect the regulatory axis that globally controls limb development, but, with the exception of BMP signaling (see below), their function in interdigit remodeling lacks death specificity. Different levels of syndactyly accompanied dysregulation of each of the different steps that regulate limb outgrowth and tissue differentiation, including, (a) alterations in transcription factors modulating growth and skeletal tissue differentiation; (b) alterations in cell adhesion and extracellular matrix components; (c) dysregulation of the signaling pathways active in the interdigits; and (d) alteration of the cell degradation machinery.

1. Numerous transcription factors are expressed in the interdigital regions, but none of them exhibit an exclusive expression in areas of cell death. Yet syndactyly is often associated with mutations of transcription factors. Among these mutations are single KO of HoxD13, Bhlha9, Fingerin or compound KO of Msx1 and Msx2 genes. Syndactyly is even observed after dysregulation of genes not expressed in the interdigits such as N-Myc. However, those mutations do not reflect a direct influence over a hypothetical death program. In most cases the syndactyly is syndromic, and the phenotype of the mutant embryos is caused by dysregulation of growth, cell differentiation, changes in the extracellular matrix, or transcriptional dysregulation of receptors and members of the cascade signaling implicated in most processes of limb morphogenesis (see as an illustrative example).

2. Knockdown of genes associated with cell adhesion, and/or with extracellular matrix processing often shows syndactyly. Among the genes are included integrins alpha 3 and 6, laminin alpha5, fibrillin 2, fibulin 1, nidogen 1 and 2, ADAMTS 5,9,20 metalloproteases and Fras1-related extracellular matrix gene 1. Again, the basis for these syndaclylies does not appear to be due to a direct effect on a hypothetical death program. Alterations are associated with dysregulation of tissue interactions and/or with the distribution of local signaling molecules.

3. Growth and differentiation of limb tissue components is finely regulated by a network of locally produced extracellular signaling molecules. These ligands bind specific receptors and trigger intracellular cascades that direct proliferation, production of extracellular matrix, cell differentiation, and even cell death. Syndactylies associated with major signaling pathways are often explained not by the absence or abnormal presence of a specific factor but by the balance between distinct factors.

BMPs (BMP 2, 4, 5, and 7) promote intense growth and differentiation of the limb prechondrogenic aggregates, but, at the same time, constitute the only factors with a demonstrated direct effect promoting cell death in undifferentiated limb skeletal progenitors. These functionally contradictory effects can be explained by two complementary mechanisms. On one side, the pro-apoptotic influence of local BMPs may be attenuated by a coincident expression of BMP antagonists. Consistent with this interpretation, the BMP antagonist Gremlin 1 is a recognized marker of the interdigits in species with webbed digits. On the other side, the pro-condrogenic influence of BMPs over the skeletal progenitors is dependent on the expression of SOX9. SOX9 is a master gene of chondrogenesis that modifies the configuration of chromatin promoting the expression of downstream chondrogenic genes. In the absence of SOX9 skeletal progenitors undergo cell death when exposed to BMPs suggesting the implication of chromatin organization in the activation of the death program. In fact, the function of SOX9 is critically modulated by cofactors via chromatin modifications.

The proapoptotic function of BMPs is reinforced by locally produced retinoic acid metabolites that also downregulate FGF gene expression. In turn, FGF signaling, represented mainly by FGF4 and FGF8, is a potent survival pathway, that protects progenitors from death but also maintains progenitors in an undifferentiated state that makes them sensitive to BMP-mediated death signals. The function of FGFs, as growth and anti-apoptotic signals, is also shared by distinct members of the Wnt family. Insulin-like growth factors and Notch signaling, acting at the ectodermal levels have also been implicated in the network that governs limb growth and morphogenesis. Finally, Hedgehog signaling critically influences the distribution of other signaling pathways.

Consistent with the involvement of all these signaling pathways in the course of digit specification and morphogenesis a variable pattern of syndactyly often accompanies single or compound mutations in members of the mentioned signaling cascades including...
4. Dysregulation of the cell destructive machinery: It could be though that most syndactylies are due to disruption of the cell degradation machinery. However, this is not the case. Syndactylies caused by this mechanism are not spontaneously observed in humans and their experimental induction requires silencing of various components of the degradative machinery.

Apoptosis dependent on caspases activated through the so-called intrinsic or mitochondrial pathway is a prominent feature in the INZ, but the involvement of the extrinsic pathway, cannot be discarded. However, genetic and pharmacological inhibition of caspases did not cause syndactyly. In addition, single gene silencing of members of the Bcl2 gene family implicated in caspase activation via mitochondrial permeabilization, such as Bak or Bax, does not cause syndactyly. In contrast, compound gene silencing of various pro-apoptotic members of the Bcl2 gene family shows a variable penetrance of syndactyly or delayed interdigit regression. In these cases, the syndactylous phenotype may be reinforced by blocking lysosomal activation and permeability. Members of the pro-apoptotic gene family, such as BAK, permeabilize not only the mitochondrial membrane but also the lysosomal membranes. Therefore, their silencing may also reflect the pro-death function of lysosomes. In fact, syndactyly by compound gene silencing of Bak and Bax, is more accentuated when combined with silencing of the autophagic regulator Atg5. This finding indicates that, double knockdown of Bak and Bax does not fully inhibit cell death of all prospective dying interdigital progenitors.

As mentioned above, lysosomes are also major players during interdigit remodeling and autophagy is detectable in INZ cells. Lysosomes appears to reflect an important degenerative pathway of adult and embryonic cells that has been termed cell senescence. Cell senescence, is a prominent feature during interdigit remodeling. This process is characterized by proliferation arrest, lysosomal hypertrophy, and activation of a secretory phenotype, that reinforces and spread degeneration. Lysosomal activation is best detectable by histochemical detection of β-galactosidase at pH 6, but includes up-regulation of most lysosomal enzymes including the activation of autophagy. However, no syndactylous phenotypes have been associated with dysregulation of lysosomal activity, either via cell senescence, autolysis, or autophagy, except for a minor delay in interdigit regression after Atg5 gene silencing.

Together, these findings indicate that syndactyly reflects a dysregulation of redundant cell self-destruction machinery rather than uncovering the genetic control of interdigit remodeling.

9 | CONCLUDING REMARKS

In embryonic vertebrates, cell death is a relevant cell behavior that coordinates with other cell processes to form a limb with a precise shape and structural organization. There are two main developmental processes characterized by well-defined areas of cell death: changes in the symmetry of the growing limb bud and tissue differentiation of the different tissue components of the musculoskeletal system. Furthermore, changes in the pattern of cell death among distinct vertebrate species contribute to the formation of specialized limbs adapted to serve very distinct functions, such as flying in birds or swimming in aquatic mammals. Considering this evidence, it cannot be questioned whether cell death is developmentally programmed. However, programming can be established at different levels. The experimental data surveyed here do not support the occurrence of specific upstream master transcription regulators that predetermine cells to die. In contrast, most observations indicate that specification of the dying areas is instructed by local signals within the limb bud. The coincident expression domains of BMP genes and the areas of cell death, together with the death inducing effect of BMPs provides a genetic basis explaining the position of the areas of cell death within the limb primordium. However, at mechanistic level cell death appears dependent on the characters of the target cells. This interpretation is consistent with a role of epigenetic factors accounting for the dual outcome of skeletal progenitors to differentiate or to die in response to common signals, proposed recently.

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AUTHOR CONTRIBUTIONS

Juan Montero: Conceptualization; investigation; methodology; project administration; resources; supervision;
validation; visualization; writing-original draft; writing-review and editing. **Carlos Lorda-Diez**: Conceptualization; investigation; methodology; resources; supervision; validation; visualization; writing-original draft; writing-review and editing. **Cristina Sanchez-Fernandez**: Conceptualization; formal analysis; investigation; methodology; resources; supervision; validation; visualization; writing-original draft. **Juan Hurle**: Conceptualization; formal analysis; funding acquisition; investigation; methodology; project administration; resources; supervision; validation; visualization; writing-original draft; writing-review and editing.

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