Force per cross-sectional area from molecules to muscles: a general property of biological motors
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We propose to formally extend the notion of specific tension, i.e., force per cross-sectional area—classically used for muscles, to quantify forces in molecular motors exerting various biological functions. In doing so, we review and compare the maximum tensions exerted by about 265 biological motors operated by about 150 species of different taxonomic groups. The motors considered range from single molecules and motile appendages of microorganisms to whole muscles of large animals. We show that specific tensions exerted by molecular and non-molecular motors follow similar statistical distributions, with in particular, similar medians and (logarithmic) means. Over the $10^{19}$ mass ($M$) range of the cell or body from which the motors are extracted, their specific tensions vary as $M^\alpha$ with $\alpha$ not significantly different from zero. The typical specific tension found in most motors is about 200 kPa, which generalizes to individual molecular motors and microorganisms a classical property of macroscopic muscles. We propose a basic order-of-magnitude interpretation of this result.

1. Background

Living organisms use biological motors for various functions, which range from internal transport of ions and molecules in cells to motion of microorganisms and animals, the latter being driven by muscles. The forces developed by muscles are generally expressed as force per cross-sectional area, called specific tension or stress. It has been known for a long time that the vertebrate striated muscles can exert maximum tensions at constant length (isometric tension) of about 200–300 kPa which are on first
approximation independent of the muscle and the body mass [1]. This rule was extended to arthropod muscles with values in the range 300–700 kPa [2], although in some mollusc muscles stresses up to 1400 kPa were reported [3]. Later, a review of the literature based on muscles of 72 species of different taxonomic groups, including mammals, birds, reptiles, amphibians, molluscs, insects and crustaceans [4] concluded that there was no significant relationship between body mass and isometric tension, although isometric tension was found to be significantly higher in molluscs, crustaceans and amphibians than in other groups.

In the last 20 years, investigations were extended at the subcellular and molecular levels to investigate myofibrils (e.g. [5]), and non-muscular motors (e.g. [6]). The latter included measurement of forces developed by rotary or linear motors operating the $F_0F_1$-ATPase ion pump (e.g. [7,8]), bacterial flagella (e.g. [9]), and the helical spasmoneme spring of the protozoan Vorticella (e.g. [12]). Investigations also included forces generated by single molecules producing tension used for locomotion or for other functions. The former include myosin II—a major component of myofibrils driving skeletal muscles (e.g. [13]), and axonemal dynein—bending flagella of eukaryotic cells (e.g. [14]). The latter include conventional kinesin (e.g. [15]), cytoplasmic dynein—transporting various cargos in cells (e.g. [16]), and RNA polymerase—moving along DNA while carrying transcription [17].

Despite their diversity, all these motors are based on protein machines generating forces. Macroscopic muscles are based on the myosin motor, whereas microorganisms and cells use other types of molecular motors. For comparing motors of so many different sizes, the convenient parameter is not the force $F$, which varies from several $10^{-12}$ N for the myosin globular motor of cross-sectional area $A \sim 40 \text{ nm}^2$ to approximately 500 N for a large muscle of cross section approximately 20 cm$^2$, but, as we intend to show, the specific tension $F/A$ (all symbols and abbreviations are defined in table 1). In muscles, the approximate conservation of $F/A$ between animals is an extension of a rule dating back to Galileo, that the strength of a structure is proportional to its cross section. Now, it turns out from the above numbers that the tension of the myosin molecular motor is of the same order of magnitude as the tension of macroscopic muscles (all references to tension here and elsewhere refer to specific tension unless otherwise noted). We will show that this property is not a coincidence but stems from the basic arrangement of cross-bridges in striated muscles. Furthermore, because biological molecular motors are based on protein machines that convert chemical energy into mechanical energy in similar ways (with the possible exception of pili and jump muscles), their tensions are expected to be of the same order of magnitude as that of myosin. Therefore, we propose to extend to molecular motors the concept of tension of macroscopic muscles and to compare their applied forces per unit cross-sectional area. That the forces per unit cross-sectional area may be similar for molecular motors and muscles agrees with results by Marden & Allen [18] and Marden [19], who show in a class of motors that maximum force output scales as the two-thirds power of motor’s mass, close to the motor’s cross-sectional area.

In order to make a meaningful comparison, we need to consider a representative set of muscle tensions, as well as the tension of the myosin motor and those of various other molecular motors. So, we analysed 329 published values of maximum forces or tension for approximately 265 diverse biological motors. These motors include single molecules, molecular assemblies, muscle cells and whole muscles with various functional demands. They come from free-living cells and multicellular organisms of diverse phyla spanning more than 18 orders of magnitude in mass from $10^{-16}$ to $10^3$ kg. Our primary interest was for motors involved in whole body motion, whereas the other motors were kept for comparison.

The three main questions we addressed on this basis are as follows. Can the notion of specific tension of muscles (force per cross-sectional area) be formally extended to propulsion of organelles and to individual molecular motors? How does this tension compare with that in muscles, and can the results be understood in terms of the basic structures of both molecular motors and muscle fibres? How does tension in motors devoted to cell or body motion compare with tension in other motors?

2. Material and methods

2.1. Motor forces

The main variable of interest in this paper is the force generated by molecules, molecular assemblies, muscle fibres and muscles. Our dataset includes 13 motor types aggregated in five motor classes depending on the nature of the generated force.
Table 1. List of abbreviations

| Abbreviation | Description |
|--------------|-------------|
| A            | cross-sectional area of motors |
| F            | force exerted by motors |
| V            | volume of molecular motors |
| Al           | algae |
| Am           | amphibian |
| Ar           | arachnids |
| Ba           | bacteria |
| Bi           | birds |
| Cr           | crustaceans |
| DA           | axonemal dynein |
| DC           | cytoplasmic dynein |
| Ec           | echinoderms |
| f            | specific tension of motors |
| FA           | $F_0/F_1$, ATPase |
| Fl           | muscular fibre |
| Fi           | fishes |
| FL           | flagellum |
| Fly          | fly locomotors |
| Fu           | fungi |
| In           | insects |
| IQR          | interquartile range |
| Ki           | kinesin |
| m            | mass of molecular motors |
| M            | mass of organisms |
| M1           | single molecule |
| M2           | molecular assembly |
| Ma           | mammals |
| MF           | myofibril |
| Mo           | molluscs |
| MU           | muscle in vitro |
| MV           | muscle in vivo |
| MY           | myosin |
| non-loc      | non-locomotory |
| PI           | pili |
| Pr           | protozoa |
| Re           | reptiles |
| RN           | RNA polymerase |
| SP           | spasmonemae |
| Swim         | swim locomotors |
| Terr         | terrestrial locomotors |

(i) Forces generated by single molecules (denoted M1): myosin II, kinesin I, axonemal and cytoplasmic dynein, and RNA polymerase (other classes of myosin and kinesin were not considered because of insufficient data);
(ii) forces produced by large molecular assemblies (denoted M2): $F_{0}F_{1}$-ATPase, bacterial flagella, pili, spasmomemes and myofibrils. These motors can be also classified as non-locomotory (ATPase) and locomotory (the others) or as rotary (ATPase, bacterial flagella) and linear (the others);

(iii) forces produced by single muscle fibres (i.e. muscle cells) or bundles of a few muscle fibres (both denoted FI), frequently demembranated (skinned), while maximally stimulated and clamped at constant length (isometric contraction), with electrical or chemical stimulations;

(iv) maximum force produced by dissected large bundles of fibres or isolated whole muscles stimulated isometrically with electrical stimulation of the nerve or the muscle (denoted MU); and

(v) forces measured in behaving animals engaged in a wide range of activities including running, jumping, swimming and biting (denoted MV).

Single molecules (M1) and molecular assemblies (M2) are collectively called here ‘molecular motors’. The other motors, muscle fibres (FI) and whole muscles (MU and MV) are called ‘non-molecular motors’.

2.2. Identification of study reports

Values of forces generated by molecular and non-molecular motors were taken from 173 articles published in peer-reviewed journals for a wide variety of cells and animals. We sought a sample that is representative of the widest range of sizes and design varieties for as many species as possible (approx. 150 species were found) representing several different taxonomic groups, including bacteria, protozoa, algae, fungi, echinoderms, insects, crustaceans, molluscs, fishes, amphibian, reptiles, birds and mammals.

For molecular motors, we searched for articles providing the main variables of interest (either force for linear motors or torque and lever arm for rotary motors) for the 10 types listed above. Other types were not considered. For example, of the 14 classes of kinesin, only the most studied kinesin I was included and in the myosin superfamily which consists of at least 18 classes of motor proteins involved in a large variety of physiological processes, only class II myosin (conventional) responsible for muscle contraction was included; the other classes involved in phagocytosis, cell motility and vesicle transport were excluded. For each type, potentially relevant papers were searched using the Google Scholar database using as keywords the motor type plus ‘force’, ‘torque’ or ‘pN’.

For non-molecular motors, we proceeded in two steps. First, relevant papers were identified from previous review papers [1,2,4,18]; all their cited references were included, except the rare cases for which the full text was not available or the paper could not be feasibly translated into English. Second, other potentially relevant papers were searched without restriction on language or date in the Google Scholar database using keywords (‘specific tension’, ‘muscle stress’, ‘fibre’, ‘fiber’, ‘N/m$^2$, ‘N m$^{-2}$’, ‘N/cm$^2$, ‘N cm$^{-2}$’, ‘pascal’, ‘kPa’, ‘physiological cross-sectional area’, ‘PCSA’, ‘CSA’, etc.). Bibliographic searches were discontinued in April 2015.

The papers in this preliminary list were screened based on their title and abstract to exclude those unrelated to biological motors, then collected. The useful information was extracted from each of them (see below) with independent checks by the two authors for most of them. Papers without original measurements were excluded. Data published more than once by the same author(s) or reproduced by other authors were identified and only the paper with the original measurement was kept in the reference list. Measurements not fulfilling our criteria (stall force of single molecular motor, maximum isometric tension of non-molecular motors) were not considered. No relevant papers were excluded.

2.3. Motor tensions

For all motors, the measured forces $F$ were normalized per cross-sectional area $A$ (tension $f = F/A$ expressed in Newton per square-metre or equivalently kilopascal).

For molecular motors the tensions were calculated from the published values (measured force for or rotary motors, torque and lever arm, tables 2 and 3) with the area $A$ calculated from the volume $V$ of the motor (with the order-of-magnitude approximation $A = V^{2/3}$, table 2), except for a few elongated shapes (pilus and spasmomene) for which we estimated $A$ from the diameter of the molecular assembly. For myosin, $A$ was estimated from the head of the molecule.

For non-molecular motors the tensions ($f = F/A$) were always given in the articles cited.
Table 2. Characteristic sizes of linear and rotary molecular motors. (Abb, abbreviation; $m$, motor mass (in kDa), $m_{pg} = \alpha m_{kDa}$, with $\alpha = 10^{15}/N_A$ pg kDa$^{-1}$, $N_A$, Avogadro’s number; $V$, motor volume (in nm$^3$), $V = \alpha m_{kDa}/\rho$, with $\rho = 10^{-9}$ pg nm$^{-3}$; $A$, motor cross-section (in nm$^2$), $A = V^{2/3}; L$, lever arm (in nm).)

| type      | motor                 | Abb | $m$ (kDa) | $V$ (nm$^3$) | $A$ (nm$^2$) | $L$ (nm) | reference                  |
|-----------|-----------------------|-----|-----------|--------------|--------------|----------|---------------------------|
| linear    | RNA polymerase        | RN  | 590       | 980          | 99           | —        | Mooney and Landick [20]   |
|           | dynein (motor part)   | DA/DC | 331      | 550          | 67           | —        | Reck-Peterson et al. [21], Carter et al. [22] |
|           | kinesin               | KI  | 120       | 199          | 34           | —        | Block [23]                |
|           | myosin                | MY  | 130       | 216          | 36           | —        | Rayment et al. [24], Rayment & Holden [25], Goldman [26], Billington et al. [27] |
| rotary    | bacterial $F_0$ ATP synthase | FA | 180       | 299          | 45           | 3.5      | Yoshida et al. [28], Hoffmann et al. [29] |
|           | bacterial $F_1$ ATP synthase | FA | 380       | 631          | 74           | 4.5      | Yoshida et al. [28], Hoffmann et al. [29] |
|           | bacterial flagellum   | FL  | $10^4$    | $1.67 \times 10^4$ | 650          | 20       | Berg [9], Reid et al. [30], Minamino et al. [31] |
Table 3. Molecular motors. (No, line number; Ab, abbreviated motor name; Ty, motor type: M1 = single molecule, M2 = molecular assembly, including myofibrils and myocytes; U, organism: U = unicellular, Z = multicellular; C, S = swimming; T = terrestrial, solid surface; F = flying; N = non-locomotory; group, taxonomic group, see list of abbreviations; motor: m. = muscle; M, cell or body mass (kg); l, mass indicated in the cited article: Y = Yes, N = No; A, molecular area (nm$^2$); F, force (pN) or torque (pN nm)/lever arm (nm) of rotary motors; f, specific tension (kPa); T, temperature (°C), R = room temperature; Comment, f. = force.)

| no. | Ab | Ty | U | C | species | group | motor | M (kg) | l | A (nm$^2$) | F (pN) | f (kPa) | T (°C) | comment | reference |
|-----|----|----|---|---|---------|-------|-------|--------|---|------------|--------|--------|--------|---------|-----------|
| 1   | RN | M1 | U | N | Escherichia coli |        |        | 1.3 × 10$^{-15}$ | N | 99 | 25 | 253 | — | stall force | Wang et al. [17] |
| 2   | DC | M1 | U | N | Saccharomyces cerevisiae (yeast) |        |          | 3 × 10$^{-13}$ | N | 67 | 7 | 104 | 25 | stall force | Gennerich et al. [16] |
| 3   | DC | M1 | Z | N | Drosophila melanogaster (fruit fly) |        |          | 0.9 × 10$^{-13}$ | N | 67 | 1.10 | 16 | — | estimate per single motor | Gross et al. [32] |
| 4   | DC | M1 | Z | N | Sus scrofa domesticus (pig) |    |          | 1.6 × 10$^{-13}$ | N | 67 | 7.5 | 112 | 25 | active dynein stall force | Toba et al. [33] |
| 5   | DC | M1 | Z | N | Bos taurus (bull) |    |          | 10$^{-13}$ | N | 67 | 1.10 | 16 | 24 | stall force | Mallik et al. [34] |
| 6   | DA | M1 | Z | S | Tetrahymena thermophila | Pr |        | 3 × 10$^{-11}$ | N | 67 | 4.7 | 70 | 26 | single molecule | Hirakawa et al. [35] |
| 7   | DA | M1 | Z | S | Chlamydomonas reinhardtii | Al |        | 5 × 10$^{-13}$ | N | 67 | 1.20 | 18 | — | trap force | Sakakibara et al. [36] |
| 8   | DA | M1 | U | S | Hemicentrotus pulcherrimus | Ec |        | 10$^{-13}$ | N | 67 | 6 | 90 | 25 | isolated arms | Shingyoji et al. [37] |
| 9   | DA | M1 | U | S | Bos taurus (bull) | Ma |        | 10$^{-13}$ | N | 67 | 5 | 75 | — | isometric stall force, indirect | Schmitz et al. [14] (M in Holcomb-Wygle et al. [38]) |
| 10  | KI | M1 | Z | N | Loligo pealei (squid) | Mo |        | 10$^{-12}$ | N | 34 | 5.50 | 162 | R | maximum force | Svoboda & Block [39] |
| 11  | KI | M1 | Z | N | Loligo pealei (squid) | Mo |        | 10$^{-12}$ | N | 34 | 6.50 | 191 | — | maximum stall force | Visscher et al. [40], Schnitzer et al. [15] |
| 12  | KI | M1 | Z | N | Bos taurus (cow) | Ma |        | 10$^{-11}$ | N | 34 | 6.70 | 197 | 26 | uniform stall force | Higushi et al. [41] |
| 13  | KI | M1 | Z | N | Bos taurus (cow) | Ma |        | 10$^{-11}$ | N | 34 | 4.50 | 132 | 30 | near-isometric | Hunt et al. [42] |
| 14  | KI | M1 | Z | N | Bos taurus (cow) | Ma |        | 10$^{-11}$ | N | 34 | 5.40 | 159 | 25 | force to stop single molecule | Meyhöfer & Howard [43] |
| 15  | KI | M1 | Z | N | Bos taurus (cow) | Ma |        | 10$^{-11}$ | N | 34 | 7 | 206 | 26 | stall force | Kojima et al. [44] |
| 16  | KI | M1 | Z | N | Homo sapiens (man) | Ma |        | 10$^{-11}$ | N | 34 | 7.60 | 224 | — | single-kinesin maximum force | Jamison et al. [45] |

(Continued.)
| no. | Ab | Ty | U  | C  | species                          | group | motor                                                                 | $M$ (kg) | $I$  | $A$ (nm²) | $F$ (pN) | $F$ (kPa) | $T$ (°C) | comment              | reference          |
|-----|----|----|----|----|---------------------------------|-------|-----------------------------------------------------------------------|----------|------|-----------|----------|----------|----------|----------------------|--------------------|
| 17  | MY | M1 | Z  | S  | Rana esculenta (frog)           | Am    | myosin (tibialis anterior muscle)                                     | $5 \times 10^{-8}$ | N   | 36         | 3.60     | 100      | 4        | isometric, indirect  | Linari et al. [46]  |
| 18  | MY | M1 | Z  | S  | Rana esculenta (frog)           | Am    | Actomyosin (tibialis anterior m.)                                     | $5 \times 10^{-8}$ | N   | 36         | 10       | 278      | 4        | indirect isometric (indep. n) | Piazzesi et al. [47]|
| 19  | MY | M1 | Z  | S  | Rana esculenta (frog)           | Am    | myosin (tibialis anterior muscles)                                    | $5 \times 10^{-8}$ | N   | 36         | 5.70     | 158      | 4        | indirect isometric (dep. on n) | Piazzesi et al. [48]|
| 20  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (heavy meromyosin, ske. m.)                                    | $5 \times 10^{-8}$ | N   | 36         | 3.50     | 97       | —        | —                    | Finer et al. [49]  |
| 21  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (skeletal muscle)                                              | $5 \times 10^{-8}$ | N   | 36         | 5.70     | 158      | 27       | peak isometric       | Ishijima et al. [50]|
| 22  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (heavy meromyosin, ske. m.)                                    | $5 \times 10^{-8}$ | N   | 36         | 3.30     | 92       | R        | direct (not isometric) | Miyata et al. [51] |
| 23  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (ps.oas, fast skeletal m.)                                     | $5 \times 10^{-8}$ | N   | 36         | 6.30     | 175      | 32       | indirect            | Tsutayen et al. [52]|
| 24  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (skeletal white muscle)                                        | $5 \times 10^{-8}$ | N   | 36         | 6.50     | 181      | R        | direct (sliding not isometric) | Nishizaka et al. [53]|
| 25  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (skeletal white muscle)                                        | $5 \times 10^{-8}$ | N   | 36         | 9.20     | 256      | R        | single molecule unbinding force | Nishizaka et al. [54]|
| 26  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | Actomyosin (skeletal muscle)                                           | $5 \times 10^{-8}$ | N   | 36         | 9        | 250      | —        | direct isometric     | Takagi et al. [55]  |
| 27  | MY | M1 | Z  | T  | Oryctolagus auniculus (rabbit)  | Ma    | myosin (ps.oas)                                                       | $5 \times 10^{-8}$ | N   | 36         | 6.30     | 175      | 32       | indirect            |                    |
| 28  | SP | M2 | U  | T  | Vorticella convallaria           | Pr    | spasmoneme                                                             | $6.8 \times 10^{-11}$ | N   | $1.2 \times 10^6$ | $4 \times 10^4$ | 33       | —        | maximum isometric tension | Moriyama et al. [56]|
| 29  | SP | M2 | U  | T  | Vorticella convallaria           | Pr    | spasmoneme                                                             | $6.8 \times 10^{-11}$ | N   | $2.0 \times 10^6$ | $7 \times 10^4$ | 35       | —        | not isometric tension | Upadhyaya et al. [12]|
| 30  | SP | M2 | U  | T  | Vorticella convallaria           | Pr    | spasmoneme                                                             | $6.8 \times 10^{-11}$ | N   | $2.0 \times 10^6$ | $2.5 \times 10^5$ | 125      | —        | isometric tension     | Ryu et al. [57]     |
| 31  | PI | M2 | U  | T  | Escherichia coli                 | Ba    | pil type P                                                             | $10^{-15}$ | N   | 46         | 27       | 587      | —        | optical tweezers, unfolding f. | Jass et al. [58]    |
| no. | Ab | Ty | U | C | species | group | motor | $M$ (kg) | $l$ (nm$^2$) | $A$ (pN) | $F$ (kPa) | $T$ (°C) | comment | reference |
|-----|----|----|---|---|---------|-------|-------|----------|-----------|---------|----------|----------|----------|----------|
| 32  | PI | M2 | U | T | *Escherichia coli* | Ba     | pili type P | $10^{-15}$ | N | 46      | 27       | 587      | —        | optical tweezers | Fahlman et al. [59] |
| 33  | PI | M2 | U | T | *Escherichia coli* | Ba     | pili type P | $10^{-15}$ | N | 46      | 28       | 609      | —        | isometric force | Andersson et al. [60] |
| 34  | PI | M2 | U | T | *Escherichia coli* | Ba     | pili type P | $10^{-15}$ | N | 46      | 35       | 761      | —        | atomic f. microscopy, plateau | Miller et al. [11] |
| 35  | PI | M2 | U | T | *Escherichia coli* | Ba     | pili type I | $10^{-15}$ | N | 48      | 60       | 1250     | —        | atomic force microscopy | Miller et al. [11] |
| 36  | PI | M2 | U | T | *Neisseria gonorrhoeae* | Ba     | pili type IV | $10^{-15}$ | Y | 36      | 70       | 1944     | —        | detachment force | Biag et al. [10] (M in Kaiser [61], Merz et al. [62]) |

**Rotary motors**

| no. | Ab | Ty | U | C | species | group | motor | $M$ (kg) | $l$ (nm$^2$) | $A$ (pN) | $F$ (kPa) | $T$ (°C) | comment | reference |
|-----|----|----|---|---|---------|-------|-------|----------|-----------|---------|----------|----------|----------|----------|
| 37  | FA | M2 | U | N | *Escherichia coli* | Ba     | F0 ATPase (ionic pump) | $1.3 \times 10^{-15}$ | N | 46      | 40/3.5   | 248      | —        | —        | Noji et al. [63], Sambongi et al. [7] |
| 38  | FA | M2 | U | N | *Bacillus* | Ba     | F1 ATPase | $3 \times 10^{-15}$ | N | 74      | 40/4.5   | 120      | 23       | —        | Yasuda et al. [8] |
| 39  | FL | M2 | U | S | *Escherichia coli* | Ba     | flagellum (basal + hook) | $1.6 \times 10^{-15}$ | Y | 650     | 4500/20  | 346      | —        | stall (or slow rotation) | Berry and Berg [64] (M in Berg [9,65]) |
| 40  | FL | M2 | U | S | *Vibrio alginolytica* | Ba     | flagellum | $1.3 \times 10^{-15}$ | N | 650     | 2100/20  | 162      | —        | stall torque | Sowa et al. [66] |
| 41  | FL | M2 | U | S | *Salmonella* | Ba     | flagellum | $4 \times 10^{-15}$ | N | 650     | 2100/20  | 162      | 23       | torque at zero speed | Nakamura et al. [67] |
| 42  | FL | M2 | U | S | *Streptococcus* | Ba     | flagellum | $2 \times 10^{-16}$ | N | 650     | 2500/20  | 192      | 22       | torque at zero speed | Lowe et al. [68] |

**Myofibrils**

| no. | Ab | Ty | U | C | species | group | motor | $M$ (kg) | $l$ (nm$^2$) | $A$ (pN) | $F$ (kPa) | $T$ (°C) | comment | reference |
|-----|----|----|---|---|---------|-------|-------|----------|-----------|---------|----------|----------|----------|----------|
| 43  | MF | M2 | Z | T | *Mus musculus* (mouse) | Ma     | psoas (fast skeletal m.) | $10^{-11}$ | N | —       | —        | 91       | 20       | single myofibril not stretched | Powers et al. [69] |
| 44  | MF | M2 | Z | T | *Oryctolagus cuniculus* (rabbit) | Ma     | psoas (fast skeletal m.) | $5 \times 10^{-8}$ | N | —       | —        | 265      | 5        | not skinned, single or few | Tesi et al. [5] |
| 45  | MF | M2 | Z | T | *Oryctolagus cuniculus* (rabbit) | Ma     | psoas (fast skeletal m.) | $5 \times 10^{-8}$ | N | —       | —        | 186      | 10       | bundle (1–3 myofibrils) | Telley et al. [70] |
| 46  | MF | M2 | Z | T | *Oryctolagus cuniculus* (rabbit) | Ma     | psoas (fast skeletal m.) | $5 \times 10^{-8}$ | N | —       | —        | 250      | 23       | single or 2–3 myofibrils | Shimamoto et al. [71] |
| 47  | MF | M2 | Z | S | *Rana sp.* (frog) | Am     | tibialis anterior & sartorius | $5 \times 10^{-8}$ | N | —       | —        | 376      | 15       | single myofibril | Colomo et al. [72] |
| 48  | MF | M2 | Z | N | *Rana sp.* (frog) | Am     | heart atrial myocyte | $1.8 \times 10^{-12}$ | N | —       | —        | 149      | 15       | single myocyte (1–5 myofibrils) | Colomo et al. [72] (M in Brandt et al. [73]) |
Table 3. (Continued.)

| no. | Ab | Ty | U | C | species                      | group   | motor                        | $M$ (kg)   | $l$  | $A$ (nm$^2$) | $F$ (pN) | $F$ (kPa) | $T$ (°C) | comment                                      | reference     |
|-----|----|----|---|---|-----------------------------|---------|------------------------------|------------|------|-------------|----------|-----------|---------|---------------------------------------------|---------------|
| 49  | MF | M2 | Z | N | *Rana esculenta* (frog)     | Am      | heart atrial                | $1.8 \times 10^{-12}$ | Y   | —           | —        | 120       | 20      | single myocyte (1–5 myofibrils)            | Brandt et al. [73] |
| 50  | MF | M2 | Z | N | *Rana esculenta* (frog)     | Am      | heart ventricle             | $3.5 \times 10^{-12}$ | Y   | —           | —        | 124       | 20      | single myocyte (1–5 myofibrils)            | Brandt et al. [73] |
| 51  | MF | M2 | Z | N | *Mus musculus* (mouse)      | Ma      | heart left ventricle        | $10^{-11}$   | N   | —           | —        | 119       | 10      | bundle (2–6 myofibrils)                    | Kruger et al. [74] |
| 52  | MF | M2 | Z | N | *Mus musculus* (mouse)      | Ma      | heart left ventricle        | $10^{-11}$   | N   | —           | —        | 138       | 10      | bundle (2–6 myofibrils)                    | Stehle et al. [75] |
| 53  | MF | M2 | Z | N | *Cavia porcellus* (guinea pig) | Ma      | heart left ventricle        | $10^{-11}$   | N   | —           | —        | 161       | 10      | bundle (2–6 myofibrils)                    | Stehle et al. [75] |
| 54  | MF | M2 | Z | N | *Cavia porcellus* (guinea pig) | Ma      | heart left ventricle        | $10^{-11}$   | N   | —           | —        | 149       | 10      | bundle (2–6 myofibrils)                    | Stehle et al. [76] |
| 55  | MF | M2 | Z | N | *Cavia porcellus* (guinea pig) | Ma      | heart left ventricular trabeculae | $10^{-11}$ | N   | —           | —        | 141       | 10      | bundle (1–3 myofibrils)                    | Telley et al. [70] |
| 56  | MF | M2 | Z | N | *Cavia porcellus* (guinea pig) | Ma      | heart left ventricle        | $10^{-11}$   | N   | —           | —        | 196       | 10      | bundle (2–6 myofibrils)                    | Stehle et al. [77] |
| 57  | MF | M2 | Z | N | *Oryctolagus cuniculus* (rabbit) | Ma      | heart right ventricle       | $10^{-11}$   | N   | —           | —        | 145       | 21      | single myofibril                           | Linke et al. [78] |
| 58  | MF | M2 | Z | N | *Homo sapiens* (human)      | Ma      | heart left ventricle        | $10^{-11}$   | N   | —           | —        | 151       | 10      | bundle (2–6 myofibrils)                    | Stehle et al. [75] |
All tensions were expressed in kilopascal. In papers giving several values or minimum and maximum, their mean was calculated. Values from different papers were never pooled. In tables 3 (molecular motors) and 4 (non-molecular motors) tensions given by different authors in different conditions for the same motor are listed separately (329 values). If the same motor of the same species, studied by different authors or the same authors in different conditions, are counted only once, the number of different motors is approximately 265 (the uncertainty arises from a few measurements in table 4 which were made on a mixture of distinct fibres or several muscles together).

2.4. Other motor classifications

The data were also analysed with respect to the structure of motors, their function and the taxonomic position of the organisms.

For comparing structures, the original 13 types, from molecules to muscles, were aggregated in five classes (M1, M2, FI, MU, MV) or two classes (molecular M1 + M2 and non-molecular) as defined above. In some figures and table 5, MF, for which the cross-section was indicated in the articles cited, was shown separately from the other M2 motors.

The functional groups were defined by the contribution of the motor to the overall movement of their parent organism, the four basic categories being swimming (Swim), flying (Fly), moving with respect to a solid surface (terrestrial Terr) and no direct contribution to locomotion (non-loc). Examples of non-loc motors are RNA polymerase, cytoplasmic dynein, kinesin, F0/F1-ATPase and various muscular motors (heart, diaphragm, wing closer, gill pump, claw closer, larynx, eye).

For taxonomic comparisons, groups 5 with number of f values less than 5 (protozoa, algae, fungi, echinoderms, arachnids) were excluded.

2.5. Body mass

Finally, the tensions were analysed with respect to the mass M of the ‘body’ that the motor contributes to move. For molecular motors this is the mass of the cell from which the motor was extracted. When not reported, cell masses were estimated from other sources or calculated from the cell size. In non-molecular motors, tensions were analysed with respect to the mass M of the corresponding animal. When not reported, body masses were also estimated from other sources. Note that as a consequence of these choices a different mass was used for a myosin molecule (molecular motor) and a muscle fibre (non-molecular motor) from the same organism. The organisms considered range in mass from the bacterium Escherichia coli ($1.3 \times 10^{-15}$ kg) to the muscular fibre ($5 \times 10^{-8}$ kg) for the cells, and from the mite Archeogozetes longisetosus ($10^{-7}$ kg) to the elephant (2500 kg) for the multicellular organisms.

For both f and M, means of a series of equivalent measurements by the same author(s) were preferred when available. When only minimum and maximum values were given, we took their mean.

2.6. Statistics

Statistical distributions were compared with the Kolmogorov–Smirnov test [194]. Multiple distributions were compared with the one-way analysis of variance (ANOVA) and corresponding multiple comparison of means using Tukey–Kramer adjustment. Slopes of least-square regressions of $\log_{10}(f)$ versus $\log_{10}(M)$ were compared with 0 using the F test. Details of statistical analyses are given as the electronic supplementary material, tables S1–S6 for ANOVA and multiple comparison of means and tables S7–S12 for regressions. All tests were performed with the MATLAB STATISTICAL TOOLBOX (The Mathworks, Natick, USA).

3. Results

The data have been analysed in terms of the maximum force per cross-sectional area f. We consider separately motors made of single molecules (denoted M1) and molecular assemblies (M2, MF) that we collectively call ‘molecular motors’, whereas the other motors, muscle fibres (FI) and whole muscles (MU for dissected muscles or MV for behaving animals) are called ‘non-molecular motors’. We have also analysed the data in terms of the mass M of the ‘body’ that the motor contributes to move and to whether the motor contributes to the overall movement of the parent organism.

The characteristic sizes of molecular motors are given in the table 2. All data (species, taxonomic group, motor type, motor function, motor description, cell or body mass M, comment on M, specific
Table 4. Non-molecular motors. (Same columns as in table 3. I, mass indicated in the cited article: Y = yes, N = no, R = indicated as a range (mean is given). Motor: f. fibre, m. muscle, DDF deep digital flexor, EDL extensor digitorum longue, Gast. gastrocnemius, SDF superficial digital flexor, VI vastus intermedius, VL vastus lateralis, VM vastus medialis. Comment: f. fibre, m. muscle.)

| no. | Ty | C | species | group | motor | $M$ (kg) | $I$ (kgf) | $f$ (kPa) | $T$ (°C) | comment | reference |
|-----|----|---|---------|-------|-------|----------|-----------|----------|----------|---------|-----------|
| 1   | Fi | F   | Drosophila melanogaster (fruit fly) | In     | indirect flight muscle | $1.9 \times 10^{-6}$ | N         | 3.6       | 15       | skinned f., active isometric | Wang et al. [79] |
| 2   | Fi | S   | Nephrops norvegicus (lobster) | Cr     | superficial flexor m. 1st abdominal segment (slow S1) | 0.50 | N | 105 | 22 | skinned single f. | Holmes et al. [80] |
| 3   | Fi | S   | Nephrops norvegicus (lobster) | Cr     | superficial flexor m. 1st abdominal segment (slow S2) | 0.50 | N | 31  | 22 | skinned single f. | Holmes et al. [80] |
| 4   | Fi | S   | Procambarus clarkii (crayfish) | Cr     | superficial abdominal extensor | 0.05 | N | 430 | 20 | not skinned single f. | Tameyasu [81] |
| 5   | Fi | F   | Bombus lucorum + B. terrestris (bumblebee drone + worker) | In     | dorsal longitudinal flight m. (asynchronous) | $5 \times 10^{-4}$ | N | 55  | 40 | skinned single f. | Gilmour & Ellington [82] |
| 6   | Fi | S   | Carangus melampygus (blue crevally, Pacific) | Fi     | red f. | 0.30 | Y | 43  | 25 | skinned single f. | Johnston & Brill [83] |
| 7   | Fi | S   | Carangus melampygus (blue crevally, Pacific) | Fi     | white f. | 0.30 | Y | 183 | 25 | skinned single f. | Johnston & Brill [83] |
| 8   | Fi | S   | Chaenocephalus aceratus (ice fish, Antarctic) | Fi     | myotomal m. fast f., $-2 + 2^\circ$ | 1.03 | Y | 231 | -1 | skinned single f. | Johnston & Altringham [84] |
| 9   | Fi | S   | Euthynus affinis (kawakawa, Pacific ocean) | Fi     | red f. | 3.20 | Y | 25  | 30 | skinned single f. | Johnston & Brill [83] |
| 10  | Fi | S   | Euthynus affinis (kawakawa, Pacific ocean) | Fi     | white f. | 3.20 | Y | 188 | 30 | skinned single f. | Johnston & Brill [83] |
| 11  | Fi | S   | Gadus morhua (North Sea cod, temperate) | Fi     | myotomal m. fast f., $2^\circ$ | 84 | Y | 187 | 8 | skinned single f. | Johnston & Altringham [84] |
| 12  | Fi | S   | Gadus morhua (cod) | Fi     | myotomal m. white f. (fast) | 84 | N | 83  | 8 | skinned single f. | Altringham & Johnston [85] |
| 13  | Fi | S   | Gadus morhua (cod) | Fi     | myotomal m. red f. (slow) | 84 | N | 186 | 8 | skinned 2–6 f. | Altringham & Johnston [85] |

(Continued.)
| no. | Ty | C | species                     | group          | motor                  | $M$ (kg) | $I$ | $f$ (kPa) | $T$ ($^\circ$C) | comment          | reference                          |
|-----|----|---|-----------------------------|----------------|------------------------|----------|-----|----------|----------------|--------------------|------------------------------------|
| 14  | FI | S | Katsuwonus pelamis          | Fi             | white f.               | 1.20     | Y   | 157      | 25             | skinned single f. | Johnston & Brill [83]              |
| 15  | FI | S | Katsuwonus pelamis          | Fi             | red f.                 | 1.20     | Y   | 24       | 25             | skinned single f. | Johnston & Brill [83]              |
| 16  | FI | S | Makaira nigricans (Pacific blue marlin, tropical) | Fi | myotomal m. fast f, 10–30° | 1.90     | Y   | 156      | 20             | skinned single f. | Johnston & Altringham [84]         |
| 17  | FI | S | Makaira nigricans (Pacific Blue marlin) | Fi | white f. | 85      | R   | 176      | 25             | skinned single f. | Johnston & Salamonski [86]         |
| 18  | FI | S | Makaira nigricans (Pacific Blue marlin) | Fi | red f. | 85      | R   | 57       | 25             | skinned 2–3 f. | Johnston & Salamonski [86]         |
| 19  | FI | S | Mugil cephalus (grey mullet, Pacific reefs) | Fi | red f. (slow) | 1.14     | Y   | 52       | 20             | skinned single f. | Johnston & Brill [83]              |
| 20  | FI | S | Mugil cephalus (grey mullet, Pacific reefs) | Fi | white f. | 1.14     | Y   | 210      | 20             | skinned single f. | Johnston & Brill [83]              |
| 21  | FI | S | Notothenia neglecta         | Fi             | white f. (fast)        | 0.60     | Y   | 225      | 0              | skinned single f. | Johnston & Brill [83]              |
| 22  | FI | S | Sarpaena notata            | Fi             | anterior abdominal m.  | 0.023    | Y   | 239      | 20             | not skinned $S$ | Wakeling & Johnston [87]           |
| 23  | FI | S | Scyliorhinus canicula       | Fi             | myotomal m. red f. (slow) | 35      | N   | 82       | 8              | skinned 2–6 f. | Altringham & Johnston [85]         |
| 24  | FI | S | Scyliorhinus canicula       | Fi             | myotomal m. white f. (fast) | 35      | N   | 183      | 8              | skinned single f. | Altringham & Johnston [85]         |
| 25  | FI | S | Xenopus laevis             | Am             | iliofibularis m. (slow f) | 0.10     | N   | 300      | 22             | not skinned single f. | Lännergren [88,89] (in Medler [4]) |
| 26  | FI | S | Pseudemys scripta elegans  | Re             | iliofibularis pale thick f. (fast glycolytic) | 0.30     | Y   | 183      | 15             | skinned single f. | Mutungi & Johnston [90]            |
| 27  | FI | S | Pseudemys scripta elegans  | Re             | iliofibularis medium thick f. (fast oxidative glycolytic) | 0.30     | Y   | 120      | 15             | skinned single f. | Mutungi & Johnston [90]            |
| 28  | FI | S | Pseudemys scripta elegans  | Re             | iliofibularis red thin f. (slow oxidative) | 0.30     | Y   | 71       | 15             | skinned single f. | Mutungi & Johnston [90]            |

(Continued.)
### Table 4. (Continued.).

| no | Ty | C | species | group | motor | $M$ (kg) | $I$ | $T$ (kPa) | $T$ (°C) | comment | reference |
|----|----|---|---------|-------|-------|----------|----|----------|----------|---------|-----------|
| 29 | Fl | F | *Calypte anna* (hummingbird) | Bi | pectoralis | $4.7 \times 10^{-3}$ | Y | 12 | 20 | single fibre | Reiser et al. [91] |
| 30 | Fl | F | *Calypte anna* (hummingbird) | Bi | ankle extensor | $4.7 \times 10^{-3}$ | Y | 94 | 20 | single fibre | Reiser et al. [91] |
| 31 | Fl | F | *Gallus domesticus* (chicken white leghorn) | Bi | pectoralis major white or pale f. | 1.50 | N | 165 | 15 | skinned single f. | Reiser et al. [92] |
| 32 | Fl | N | *Gallus domesticus* (chicken white leghorn) | Bi | pectoralis major red strip (≤1%, fast f, wing closer) | 1.50 | N | 174 | 15 | skinned single f. | Reiser et al. [92] |
| 33 | Fl | F | *Gallus domesticus* (chicken white leghorn) | Bi | pectoralis major red strip (slow tonic f.) | 1.50 | N | 126 | 15 | skinned single f. | Reiser et al. [92] |
| 34 | Fl | F | *Gallus domesticus* (chicken white leghorn) | Bi | anterior latissimus dorsi (slow tonic f.) | 1.50 | N | 75 | 15 | skinned single f. | Reiser et al. [92] |
| 35 | Fl | F | *Taeniopygia guttata* (zebra finches) | Bi | pectoralis | $4.7 \times 10^{-3}$ | Y | 22 | 20 | single fibre | Reiser et al. [91] |
| 36 | Fl | F | *Taeniopygia guttata* (zebra finches) | Bi | ankle extensor | $4.7 \times 10^{-3}$ | Y | 79 | 20 | single fibre | Reiser et al. [91] |
| 37 | Fl | T | *Acinonyx jubatus* (cheetah) | Ma | gluteus, semitendinosus, longissimus m. (type 1) | 41 | Y | 132 | 20 | skinned fibre | West et al. [93] |
| 38 | Fl | T | *Acinonyx jubatus* (cheetah) | Ma | gluteus, semitendinosus, longissimus m. (type 2) | 41 | Y | 195 | 20 | skinned fibre | West et al. [93] |
| 39 | Fl | T | *Bos taurus* (cow Holstein) | Ma | usually soleus (slow f.) | 160 | Y | 233 | 5.5 | skinned single f. | Seow & Ford [94] |
| 40 | Fl | T | *Bos taurus* (cow Angus-Hereford) | Ma | ~soleus (slow f.) | 500 | Y | 60 | 5.5 | skinned single f. | Seow & Ford [94] |
| 41 | Fl | T | *Bos taurus* (cow Holstein) | Ma | usually extensor digitorum longue (fast f.) | 160 | Y | 248 | 5.5 | skinned single f. | Seow & Ford [94] |
| 42 | Fl | T | *Bos taurus* (cow Angus-Hereford) | Ma | ~extensor digitorum longue (fast f.) | 500 | Y | 88 | 5.5 | skinned single f. | Seow & Ford [94] |
| 43 | Fl | T | *Caracal caracal* (caracal) | Ma | vastus lateralis (type 2x) | 15 | N | 211 | 12 | single fibre | Kohn & Noakes [95] |

(Continued.)
| no | Ty | C | species                  | group | motor                               | $M$ (kg) | $l$ | $f$ (kPa) | $T$ ($^\circ$C) | comment       | reference       |
|----|----|---|--------------------------|-------|-------------------------------------|--------|----|--------|----------|--------------|-----------------|
| 44 | Fl | T | Equus caballus (horse)   | Ma    | soleus (type 1, 23% of m.)         | 420    | Y  | 84     | 15       | skinned single f. | Rome et al. [96] |
| 45 | Fl | T | Equus caballus (horse)   | Ma    | soleus (type 2a, 43%)              | 420    | Y  | 97     | 15       | skinned single f. | Rome et al. [96] |
| 46 | Fl | T | Equus caballus (horse)   | Ma    | soleus (type 2b 34%)               | 420    | Y  | 120    | 15       | skinned single f. | Rome et al. [96] |
| 47 | Fl | T | Homo sapiens (human      | Ma    | vastus lateralis (type 1)          | 70     | N  | 66     | 12       | single fibre     | Kohn & Noakes [95] |
|    |    |   | cyclists)                |       |                                     |        |    |        |          |              |                 |
| 48 | Fl | T | Homo sapiens (human      | Ma    | vastus lateralis (type 2a)         | 70     | N  | 113    | 12       | single fibre     | Kohn & Noakes [95] |
|    |    |   | cyclists)                |       |                                     |        |    |        |          |              |                 |
| 49 | Fl | T | Homo sapiens (human      | Ma    | vastus lateralis (type 2ax)        | 70     | N  | 155    | 12       | single fibre     | Kohn & Noakes [95] |
|    |    |   | male & female)           |       |                                     |        |    |        |          |              |                 |
| 50 | Fl | T | Homo sapiens (human      | Ma    | vastus lateralis (slow type 1)     | 70     | N  | 44     | 12       | skinned single f. | Bottinelli et al. [97] |
|    |    |   | male 25–45 yr)           |       |                                     |        |    |        |          |              |                 |
| 51 | Fl | T | Homo sapiens (human      | Ma    | vastus lateralis (fast type 2)     | 70     | N  | 61     | 12       | skinned single f. | Bottinelli et al. [97] |
|    |    |   | male 25–45 yr)           |       |                                     |        |    |        |          |              |                 |
| 52 | Fl | T | Homo sapiens (human      | Ma    | quadriceps vastus lateralis and    | 65     | N  | 210    | 15       | skinned single f. | Larsson & Moss [98] |
|    |    |   | male & female)           |       | soleus (type 1)                    |        |    |        |          |              |                 |
| 53 | Fl | T | Homo sapiens (human      | Ma    | quadriceps vastus lateralis and    | 65     | N  | 200    | 15       | skinned single f. | Larsson & Moss [98] |
|    |    |   | male & female)           |       | soleus (type 2a fast)              |        |    |        |          |              |                 |
| 54 | Fl | T | Homo sapiens (human      | Ma    | quadriceps vastus lateralis and    | 65     | N  | 190    | 15       | freeze-dried single f. | Larsson & Moss [98] |
|    |    |   | male & female)           |       | soleus (type 2b fast)              |        |    |        |          |              |                 |
| 55 | Fl | T | Macaca mulatta (rhesus   | Ma    | soleus (slow type 1)               | 4      | Y  | 180    | 15       | skinned single f. | Fitts et al. [99] |
|    |    |   | monkey)                  |       |                                     |        |    |        |          |              |                 |
| 56 | Fl | T | Macaca mulatta (rhesus   | Ma    | medial gastrocnemius (slow type 1) | 4      |     | 180    | 15       | skinned single f. | Fitts et al. [99] |
|    |    |   | monkey)                  |       |                                     |        |    |        |          |              |                 |
| 57 | Fl | T | Macaca mulatta (rhesus   | Ma    | medial gastrocnemius (fast type 2) | 4      | Y  | 184    | 15       | skinned single f. | Fitts et al. [99] |
|    |    |   | monkey)                  |       |                                     |        |    |        |          |              |                 |
| 58 | Fl | T | Mus musculus (mouse CD1  | Ma    | tibialis ant., gastrocnemius, soleus| 0.04   | R  | 70     | 12       | skinned single f. | Pellegrino et al. [100] |
|    |    |   | male)                    |       | (fast f.)                           |        |    |        |          |              |                 |
| 59 | Fl | T | Mus musculus (mouse CD1  | Ma    | tibialis ant., gastrocnemius, soleus| 0.04   | R  | 62     | 12       | skinned single f. | Pellegrino et al. [100] |
|    |    |   | male)                    |       | (slow f.)                           |        |    |        |          |              |                 |

(Continued.)
| no | Ty | C | species                        | group | motor                                    | M (kg) | I  | f (kPa) | T (°C) | comment             | reference |
|----|----|---|-------------------------------|-------|------------------------------------------|--------|----|---------|--------|---------------------|-----------|
| 60 | Fl | T | *Mus musculus* (mouse CBA/J) | Ma    | extensor digitorum longue (fast)         | 0.02   | Y  | 153     | 5.5    | skinned single f.   | Seow & Ford [94] |
| 61 | Fl | T | *Mus musculus* (mouse CBA/J) | Ma    | soleus (slow)                            | 0.02   | Y  | 213     | 5.5    | skinned single f.   | Seow & Ford [94] |
| 62 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand male) | Ma | tibialis ant., gastr., soleus, EDL, VL, psoas (slow f.) | 3.15 | R  | 45      | 12     | skinned single f.   | Pellegrino et al. [100] |
| 63 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand male) | Ma | tibialis ant., gastr., soleus, EDL, VL, psoas (fast f.) | 3.15 | R  | 55      | 12     | skinned single f.   | Pellegrino et al. [100] |
| 64 | Fl | T | *Oryctolagus cuniculus* (rabbit) | Ma    | tibialis anterior (type 2a)              | 2.5    | N  | 140     | 20     | single f.           | Sweeney et al. [101] in Schiaffino & Reggiani [102] |
| 65 | Fl | T | *Oryctolagus cuniculus* (rabbit) | Ma    | tibialis anterior (type 2b)              | 2.5    | N  | 152     | 20     | single f.           | Sweeney et al. [101] in Schiaffino & Reggiani [102] |
| 66 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma    | psoas (type 2b)                          | 2.5    | R  | 125     | 12     | skinned single f.   | Sweeney et al. [103] |
| 67 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma    | tibialis anterior (type 2b)              | 2.5    | R  | 120     | 12     | skinned single f.   | Sweeney et al. [103] |
| 68 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma    | tibialis anterior (type 2a chronic stim) | 2.5    | R  | 100     | 12     | skinned single f.   | Sweeney et al. [103] |
| 69 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma    | vastus intermedius (type 2a)             | 2.5    | R  | 109     | 12     | skinned single f.   | Sweeney et al. [103] |
| 70 | Fl | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma    | soleus (type 1)                         | 2.5    | R  | 107     | 12     | skinned single f.   | Sweeney et al. [103] |

(Continued.)
| no | Ty | C | species | group | motor | M (kg) | I | f (kPa) | T (°C) | comment | reference |
|----|----|---|---------|-------|-------|--------|---|--------|--------|---------|-----------|
| 71 | FI | T | *Oryctolagus cuniculus* (rabbit New Zealand white male) | Ma | plantaris (slow) | 2.5 | N | 251 | 15 | skinned single f. | Greaser *et al.* [104] |
| 72 | FI | T | *Oryctolagus cuniculus* (rabbit New Zealand white male) | Ma | plantaris (intermediate) | 2.5 | N | 253 | 15 | skinned single f. | Greaser *et al.* [104] |
| 73 | FI | T | *Oryctolagus cuniculus* (rabbit New Zealand white male) | Ma | plantaris (fast) | 2.5 | N | 249 | 15 | skinned single f. | Greaser *et al.* [104] |
| 74 | FI | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma | extensor digitorum longue (fast) | 2 | Y | 123 | 5.5 | skinned single f. | Seow & Ford [94] |
| 75 | FI | T | *Oryctolagus cuniculus* (rabbit New Zealand white) | Ma | soleus (slow) | 2 | Y | 147 | 5.5 | skinned single f. | Seow & Ford [94] |
| 76 | FI | N | *Oryctolagus cuniculus* (rabbit) | Ma | diaphragm | $5 \times 10^{-8}$ | N | 99 | 20 | single fibre | Reiser *et al.* [91] |
| 77 | FI | T | *Oryctolagus cuniculus* (rabbit) | Ma | psoas muscle (type 2x) | $5 \times 10^{-8}$ | N | 195 | 20 | single fibre | Reiser *et al.* [91] |
| 78 | FI | T | *Ovis aries* (sheep) | Ma | extensor digitorum longue (fast) | 55 | Y | 159 | 5.5 | skinned single f. | Seow & Ford [94] |
| 79 | FI | T | *Ovis aries* (sheep) | Ma | soleus (slow) | 55 | Y | 198 | 5.5 | skinned single f. | Seow & Ford [94] |
| 80 | FI | T | *Panthera leo* (lion) | Ma | vastus lateralis (type 1) | 180 | N | 162 | 12 | single fibre | Kohn & Noakes [95] |
| 81 | FI | T | *Panthera leo* (lion) | Ma | vastus lateralis (type 2x) | 180 | N | 191 | 12 | single fibre | Kohn & Noakes [95] |
| 82 | FI | T | *Rattus norvegicus* (rat Wistar male) | Ma | tibialis anterior, plantaris, soleus (hindlimb, type 1) | 0.25 | N | 68 | 12 | skinned single f. | Bottinelli *et al.* [105] |
| 83 | FI | T | *Rattus norvegicus* (rat Wistar male) | Ma | tibialis anterior, plantaris, soleus (slow type 1) | 0.35 | R | 68 | 12 | skinned single f. | Pellegrino *et al.* [100] |
| 84 | FI | T | *Rattus norvegicus* (rat Wistar male) | Ma | tibialis anterior, plantaris, soleus (hindlimb, type 2a) | 0.25 | N | 111 | 12 | skinned single f. | Bottinelli *et al.* [105] |
| no | Ty | C  | species                          | group | motor                           | M (kg) | I  | f (kPa) | T (°C) | comment         | reference          |
|----|----|----|---------------------------------|-------|---------------------------------|--------|----|---------|--------|-----------------|--------------------|
| 85 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | tibialis-anterior, plantaris,  | 0.25   | N  | 95      | 12     | skinned single f.| Bottinelli *et al.* [105] |
|    |    |    | Wistar male)                    |       | soleus (hindlimb, type 2x)     |        |    |         |        |                 |                    |
| 86 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | tibialis-anterior, plantaris,  | 0.25   | N  | 82      | 12     | skinned single f.| Bottinelli *et al.* [105] |
|    |    |    | Wistar male)                    |       | soleus (hindlimb, type 2b)     |        |    |         |        |                 |                    |
| 87 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | tibialis-anterior, plantaris,  | 0.35   | R  | 96      | 12     | skinned single f.| Pellegrino *et al.* [100] |
|    |    |    | Wistar male)                    |       | soleus (fast type 2)           |        |    |         |        |                 |                    |
| 88 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | soleus red (slow f.)           | 0.165  | N  | 223     | 27     | skinned 2–6 f.  | Sexton & Gersten [106] |
|    |    |    | Holtzman female)                |       |                                 |        |    |         |        |                 |                    |
| 89 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | medial gastrocnemius (fast f.) | 0.165  | R  | 235     | 27     | skinned 3–6 f.  | Sexton [107]        |
|    |    |    | Holtzman)                        |       |                                 |        |    |         |        |                 |                    |
| 90 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | tibialis anterior               | 0.165  | R  | 140     | 27     | skinned 3–6 f.  | Sexton [107]        |
|    |    |    | Holtzman)                        |       |                                 |        |    |         |        |                 |                    |
| 91 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | extensor digitorum longe (fast)| 0.20   | Y  | 123     | 5.5    | skinned single f.| Seow & Ford [94]   |
|    |    |    | Sprague-Dawley)                 |       |                                 |        |    |         |        |                 |                    |
| 92 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | soleus (slow)                  | 0.20   | Y  | 100     | 5.5    | skinned single f.| Seow & Ford [94]   |
|    |    |    | Sprague-Dawley)                 |       |                                 |        |    |         |        |                 |                    |
| 93 | Fl | N  | *Rattus norvegicus* (rat        | Ma    | diaphragm (type 1)             | 0.20   | N  | 78      | —      | skinned single f.| Eddinger & Moss [108] in Schiaffino & Reggiani [102] |
|    |    |    | Sprague-Dawley)                 |       |                                 |        |    |         |        |                 |                    |
| 94 | Fl | N  | *Rattus norvegicus* (rat        | Ma    | diaphragm (type 2a)            | 0.20   | N  | 102     | —      | skinned single f.| Eddinger & Moss [108] in Schiaffino & Reggiani [102] |
|    |    |    | Sprague-Dawley)                 |       |                                 |        |    |         |        |                 |                    |
| 95 | Fl | N  | *Rattus norvegicus* (rat        | Ma    | diaphragm (type 2b)            | 0.20   | N  | 130     | —      | skinned single f.| Eddinger & Moss [108] in Schiaffino & Reggiani [102] |
|    |    |    | Sprague-Dawley)                 |       |                                 |        |    |         |        |                 |                    |
| 96 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | tibialis anterior (fast)       | 0.25   | Y  | 123     | 20     | single fibre    | Reiser *et al.* [91] |
|    |    |    | Sprague-Dawley male)            |       |                                 |        |    |         |        |                 |                    |
| 97 | Fl | T  | *Rattus norvegicus* (rat        | Ma    | soleus (slow)                  | 0.25   | Y  | 122     | 20     | single fibre    | Reiser *et al.* [91] |
|    |    |    | Sprague-Dawley male)            |       |                                 |        |    |         |        |                 |                    |
| 98 | MU | S  | *Ateleutus subulata* (squid)    | Mo    | mantle m., ventral             | 0.50   | N  | 262     | 11     | piece of mantle | Milligan *et al.* [109] |
| 99 | MU | S  | *Argopecten irradians* (bay    | Mo    | anterior side striated adductor| 0.03   | Y  | 242     | 10     | bundle          | Olson & Marsh [110]  |
|    |    |    | scallop)                        |       |                                 |        |    |         |        |                 |                    |

(Continued.)
Table 4. (Continued.)

| no  | Ty | C | species                    | group  | motor                                           | M (kg) | I | f (kPa) | T (°C) | comment                  | reference                      |
|-----|----|---|----------------------------|--------|-------------------------------------------------|--------|---|--------|--------|--------------------------|--------------------------------|
| 100 | MU | S | *Sepia officinalis* (cuttlefish) | Mo     | mantle m., ventral                               | 0.50   | N | 226    | 11     | piece of mantle           | Milligan et al. [109]           |
| 101 | MU | N | *Carcinus maenas* (crab male) | Cr     | flagellum abductor m. (continuous action)        | 0.035  | R | 56     | 15     | whole m. nerve stim       | Stokes & Josephson [111]        |
| 102 | MU | N | *Carcinus maenas* (crab male) | Cr     | scaphognathite levator (pump water across gills) | 0.019  | R | 120    | 15     | whole m. nerve stim       | Stokes & Josephson [111]        |
| 103 | MU | S | *Homarus americanus* (lobster) | Cr     | abdominal extensor (fast)                        | 0.75   | R | 82     | 12     | bundle 6 f. K + caffeine  | Jahromi & Atwood [112]          |
| 104 | MU | S | *Homarus americanus* (lobster) | Cr     | abdominal extensor (slow)                        | 0.75   | R | 442    | 12     | bundle 6 f. K + caffeine  | Jahromi & Atwood [112]          |
| 105 | MU | N | *Homarus americanus* (lobster) | Cr     | claw closer m. (crusher)                         | 0.05   | N | 200    | 12     | whole m. K + caffeine     | Elner & Campbell [113]          |
| 106 | MU | N | *Homarus americanus* (lobster) | Cr     | claw closer m. (closer)                          | 0.05   | N | 300    | 14     | whole m. K + caffeine     | Elner & Campbell [113]          |
| 107 | MU | F | *Bombus terrestris* (bumblebee male) | In     | dorsoventral flight m. (asynchronous)            | $2.5 \times 10^{-4}$ | R | 38     | 30     | whole m.                 | Josephson & Ellington [114]     |
| 108 | MU | F | *Cotinus mutabilis* (beetle) | In     | flight metathoracic basalar (asynchr. wing depressor) | $1.4 \times 10^{-3}$ | Y | 19     | 40     | whole m.                 | Josephson et al. [115]          |
| 109 | MU | F | *Libellula pulchella* (dragonfly male & female) | In     | flight m.                                        | $5.9 \times 10^{-4}$ | N | 120    | 28     | whole m.                 | Fitzhugh & Marden [116] (M in Marden [117]) |
| 110 | MU | F | *Manduca sexta* (hawkmoth summer-flying) | In     | large dorsal longitudinal flight m.              | $1.6 \times 10^{-3}$ | Y | 70     | 30     | whole m.                 | Marden [117]                    |
| 111 | MU | F | *Neoconocephalus robustus* (katydid male) | In     | flight & stridulation, mesothoracic              | $1.0 \times 10^{-4}$ | N | 48     | 35     | whole m.                 | Josephson [118]                 |
| 112 | MU | F | *Neoconocephalus robustus* (katydid male) | In     | flight, metathoracic                             | $1.0 \times 10^{-4}$ | N | 137    | 35     | whole m.                 | Josephson [118]                 |
| 113 | MU | F | *Neoconocephalus triops* (katydid male) | In     | flight & stridulation, mesothoracic              | $1.0 \times 10^{-4}$ | N | 58     | 35     | whole m.                 | Josephson [118]                 |
| 114 | MU | F | *Neoconocephalus triops* (katydid male) | In     | flight, metathoracic                             | $1.0 \times 10^{-4}$ | N | 126    | 35     | whole m.                 | Josephson [118]                 |

(Continued.)
| no  | Ty | C | species | group | motor | $M$ (kg) | $l$ | $f$ (kPa) | $T$ (°C) | comment | reference |
|-----|----|---|---------|-------|-------|----------|----|----------|--------|---------|-----------|
| 115 | MU | F | *Operophtera bruceata* (moth male winter-flying) | In    | large dorsal longitudinal flight m. | $1.17 \times 10^{-5}$ | Y  | 139       | 18     | whole m. | Marden [117] |
| 116 | MU | F | *Schistocerca americana* (locust) | In    | flight metathoracic 2nd tergocoal (synchronous) | $5.0 \times 10^{-4}$ | N  | 363       | 25     | whole m. | Malamud & Josephson [119] |
| 117 | MU | N | *Cyprinus carpio* (carp) | Fi    | hyohyoideus white & red f. | 0.15 | N  | 115       | 20     | bundle | Granzier et al. [120] |
| 118 | MU | S | *Cyprinus carpio* (carp) | Fi    | red f. | 0.15 | N  | 116       | 15     | bundle ~100 f. nerve stim | Rome & Sosnicki [121] |
| 119 | MU | S | *Myoxocephalus scorpius* (sculpin) | Fi    | white f., anterior + posterior | 0.20 | R  | 195       | 12     | bundle 6–100 f. | James et al. [122] |
| 120 | MU | S | *Myoxocephalus scorpius* (sculpin) | Fi    | myotomal m. (fast f.) | 0.27 | R  | 198       | 5      | bundle 6–20 f. | James et al. [122] |
| 121 | MU | S | *Myoxocephalus scorpius* (sculpin) | Fi    | fast | 0.28 | R  | 190       | 5      | fast start escape | James et al. [122] |
| 122 | MU | S | *Notothenia coriiceps* (Antarctic cod) | Fi    | myotomal m. (fast f.) | 0.154 | Y  | 185       | 0      | bundle 5–12 f. | Franklin & Johnston [123] |
| 123 | MU | S | *Scyliorhinus canicula* (dogfish) | Fi    | white myotomal m. | 0.45 | R  | 241       | 12     | bundle 1–10 f. | Curtin & Woledge [124] |
| 124 | MU | T | *Scyliorhinus canicula* (dogfish) | Fi    | white myotomal m. | 0.47 | N  | 295       | 11     | bundle 11–14 f. | Lou et al. [125] |
| 125 | MU | S | *Stenotomus chrysops* (scup) | Fi    | red myotomal m. | 0.14 | Y  | 197       | 20     | bundle | Coughlin et al. [126] |
| 126 | MU | S | *Stenotomus chrysops* (scup) | Fi    | pink myotomal m. | 0.14 | N  | 151       | 20     | bundle | Coughlin et al. [126] |
| 127 | MU | T | *Ambystoma tigrinum nebulosum* (salamander) | Am    | extensor iliobibialis pars anterior leg | $8.62 \times 10^{-3}$ | Y  | 339       | 20     | whole m. | Else & Bennet [127] |
| 128 | MU | T | *Bufo americanus* (toad) | Am    | white iliobibialis | 0.04 | Y  | 260       | 35     |       | Johnston & Gleeson [128] in Medler [4] |
| 129 | MU | T | *Bufo marinus* (cane toad) | Am    | white iliobibialis | 0.18 | Y  | 260       | 30     |       | Johnston & Gleeson [128] in Medler [4] |
| 130 | MU | T | *Bufo woodhousei* (toad) | Am    | white iliobibialis | 0.11 | Y  | 260       | 30     |       | Johnston & Gleeson [128] in Medler [4] |

(Continued.)
| no  | Ty  | C   | species                        | group | motor                                      | $M$ (kg)         | $I$   | $f$ (kPa) | $T$ (°C) | comment         | reference          |
|-----|-----|-----|--------------------------------|-------|--------------------------------------------|-----------------|-------|-----------|----------|----------------|--------------------|
| 131 | MU  | N   | *Hyla chrysocephalos* (tree frog male diploid) | Am    | tensor chordarum (laryngeal muscle, call production) | $1.0 \times 10^{-2}$ | N     | 55        | 25       | whole muscle   | McLister et al. [129] |
| 132 | MU  | T   | *Hyla chrysocephalos* (tree frog male diploid) | Am    | sartorius (leg)                            | $1.0 \times 10^{-2}$ | N     | 252       | 25       | whole muscle   | McLister et al. [129] |
| 133 | MU  | N   | *Hyla cinera* (tree frog male)            | Am    | tensor chordarum                           | $1.0 \times 10^{-2}$ | N     | 181       | 25       | whole muscle   | McLister et al. [129] |
| 134 | MU  | T   | *Hyla cinera* (tree frog male)            | Am    | sartorius                                  | $1.0 \times 10^{-2}$ | N     | 285       | 25       | whole muscle   | McLister et al. [129] |
| 135 | MU  | N   | *Hyla versicolor* (tree frog male tetraploid) | Am    | tensor chordarum                           | $1.0 \times 10^{-2}$ | N     | 94        | 25       | whole muscle   | McLister et al. [129] |
| 136 | MU  | T   | *Hyla versicolor* (tree frog male tetraploid) | Am    | sartorius                                  | $1.0 \times 10^{-2}$ | N     | 241       | 25       | whole muscle   | McLister et al. [129] |
| 137 | MU  | T   | *Osteopilus septentrionalis* (Cuban tree frog) | Am    | sartorius                                  | 0.013           | Y     | 244       | 20       | whole muscle   | Peplowski & Marsh [130] |
| 138 | MU  | T   | *Rana catesbeiana* (north American bullfrog male) | Am    | abductor indicus longus (forelimb)         | 0.376           | Y     | 285       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 139 | MU  | T   | *Rana catesbeiana* (frog male)             | Am    | flexor carpi radialis (forelimb)           | $3.76 \times 10^{-4}$ | Y     | 156       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 140 | MU  | T   | *Rana catesbeiana* (frog male)             | Am    | extensor carpi radialis (forelimb)         | $3.76 \times 10^{-4}$ | Y     | 237       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 141 | MU  | T   | *Rana catesbeiana* (frog male)             | Am    | extensor carpi ulnaris (forelimb)          | $3.76 \times 10^{-4}$ | Y     | 176       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 142 | MU  | T   | *Rana catesbeiana* (frog female)           | Am    | abductor indicus longus (forelimb)         | $4.29 \times 10^{-4}$ | Y     | 359       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 143 | MU  | T   | *Rana catesbeiana* (frog female)           | Am    | flexor carpi radialis (forelimb)           | $4.29 \times 10^{-4}$ | Y     | 118       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 144 | MU  | T   | *Rana catesbeiana* (frog female)           | Am    | extensor carpi radialis (forelimb)         | $4.29 \times 10^{-4}$ | Y     | 285       | 22       | whole m. nerve stim | Peters & Aulner [131] |
| 145 | MU  | T   | *Rana catesbeiana* (frog female)           | Am    | extensor carpi ulnaris (forelimb)          | $4.29 \times 10^{-4}$ | Y     | 197       | 22       | whole m. nerve stim | Peters & Aulner [131] |

(Continued.)
| no | Ty | C | species | group | motor | $M$ (kg) | $l$ | $f$ (kPa) | $T$ (°C) | comment | reference |
|----|----|---|---------|-------|-------|---------|-----|---------|---------|---------|-----------|
| 146 | MU | T | *Rana esculenta* (frog) | Am | sartorius | 0.03 | N | 217 | 0 | whole muscle | Stienen et al. [132] |
| 147 | MU | T | *Rana pipiens* (leopard frog) | Am | semimembranosus | 0.03 | N | 253 | 25 | bundle ~ 100 f. | Lutz & Rome [133] |
| 148 | MU | T | *Xenopus laevis* (African clawed frog) | Am | gastrocnemius (main locomotory muscle in frogs) | $9.8 \times 10^{-3}$ | Y | 200 | 25 | cold acclimated isolated m. | Seebacher et al. [134] |
| 149 | MU | T | *Dipsosaurus dorsalis* (lizard, desert iguana) | Re | iliofibularis (fast-twitch glycolytic region) | 0.02 | R | 214 | 40 | bundle | Marsh [135] |
| 150 | MU | T | *Sceloporus occidentalis* (lizard) | Re | iliofibularis (fast glycolytic f.) | 0.0137 | Y | 188 | 35 | bundle | Marsh & Bennet [136] |
| 151 | MU | F | *Coturnix chinensis* (blue-breasted quail) | Bi | pectoralis m. (flight) | 0.046 | Y | 131 | 40 | bundle | Askew & Marsh [137] |
| 152 | MU | T | *Cavia porcellus* (guinea pig) | Ma | soleus | 0.13 | R | 147 | 20 | whole muscle | Asmussen & Maréchal [138] |
| 153 | MU | T | *Dipodomyys spectabilis* (kangaroo rat) | Ma | gastrocnemius, plantaris, soleus (ankle extensor group) | 0.11 | Y | 200 | — | whole m. nerve stim | Perry et al. [139] |
| 154 | MU | T | *Dipodomyys spectabilis* (kangaroo rat) | Ma | gastrocnemius + plantaris (soleus = 2%) | 0.11 | Y | 200 | 30 | whole m. nerve stim | Biewener et al. [140] in Ettema [141] |
| 155 | MU | T | *Felis silvestris* (cat) | Ma | gastrocnemius (25% slow S f.) | 4 | N | 60 | — | single m. unit | Burke & Tsairis [142], figure 4 |
| 156 | MU | T | *Felis silvestris* (cat) | Ma | gastrocnemius (20% fast fatigue resistant F F f.) | 4 | N | 270 | — | single m. unit | Burke & Tsairis [142], figure 4 |
| 157 | MU | T | *Felis silvestris* (cat) | Ma | gastrocnemius (55% fast fatigable F F f.) | 4 | N | 172 | — | single m. unit | Burke & Tsairis [142], figure 4 |
| 158 | MU | F | *Murina leucogaster* (korean bat) | Ma | biceps brachii | $7.6 \times 10^{-3}$ | 155 | 25 | — | — | Choi et al. [143] in Medler [4] |
| 159 | MU | T | *Mus musculus* (mouse NMRI) | Ma | soleus | 0.035 | R | 148 | 20 | whole muscle | Asmussen & Maréchal [138] |
| 160 | MU | T | *Mus musculus* (mouse 129/Re male) | Ma | soleus | 0.02 | N | 154 | 37 | whole muscle | Rowe [144] |
| 161 | MU | T | *Mus musculus* (mouse 129/Re female) | Ma | soleus | 0.02 | N | 211 | 37 | whole muscle | Rowe [144] |

(Continued.)
| no  | Ty | C  | species                  | group       | motor                       | M (kg) | I  | f (kPa) | T (°C) | comment            | reference |
|-----|----|----|--------------------------|-------------|-----------------------------|--------|----|---------|--------|--------------------|-----------|
| 162 | MU | N  | *Mus musculus* (mouse albino female) | Ma          | diaphragm                   | 0.03   | R  | 176     | 35     | 1 mm strip         | Luff [145] |
| 163 | MU | N  | *Mus musculus* (mouse albino female) | Ma          | inferior rectus             | 0.03   | R  | 102     | 35     | whole muscle       | Luff [145] |
| 164 | MU | T  | *Mus musculus* (mouse albino female) | Ma          | extensor digitorum longus   | 0.03   | R  | 249     | 35     | whole muscle       | Luff [145] |
| 165 | MU | T  | *Mus musculus* (mouse albino female) | Ma          | soleus                      | 0.03   | R  | 211     | 35     | whole muscle       | Luff [145] |
| 166 | MU | T  | *Mus musculus* (mouse Swiss female) | Ma          | soleus (slow twitch m.)     | 0.02   | N  | 212     | 21     | bundle             | Barclay et al. [146] |
| 167 | MU | T  | *Mus musculus* (mouse Swiss female) | Ma          | extensor digitorum longue EDL (fast) | 0.02   | N  | 180     | 21     | bundle             | Barclay et al. [146] |
| 168 | MU | T  | *Mus musculus* (mouse female) | Ma          | extensor digitorum longus (2a + 2bf.) | 0.026  | Y  | 243     | 37     | whole muscle       | Askew & Marsh [147] |
| 169 | MU | T  | *Mus musculus* (mouse female) | Ma          | soleus (2a fast oxida glycolyt + 1 slow oxida) | 0.026  | Y  | 269     | 37     | whole muscle       | Askew & Marsh [147] |
| 170 | MU | T  | Notomys alexis (hopping mouse) | Ma          | gastrocnemius               | 0.03   | Y  | 238     | 30     | whole muscle       | Ettema [141] |
| 171 | MU | N  | Oryctolagus cuniculus (rabbit) | Ma          | extraocular inferior oblique | 2.80   | Y  | 39      | 35     | whole muscle       | Asmussen et al. [148] |
| 172 | MU | T  | Rattus norvegicus (rat male Fisher 344) | Ma          | medial gastrocnemius (slow S f.) | 0.46   | R  | 167     | 36     | motor unit nerve stim | Kanda & Hashizume [149] |
| 173 | MU | T  | Rattus norvegicus (rat male Fisher 344) | Ma          | medial gastrocnemius (fast fatigue resistant FR f.) | 0.46   | R  | 214     | 36     | motor unit nerve stim | Kanda & Hashizume [149] |
| 174 | MU | T  | Rattus norvegicus (rat male Fisher 344) | Ma          | medial gastrocnemius (fast fatigable FF f.) | 0.46   | R  | 251     | 36     | motor unit nerve stim | Kanda & Hashizume [149] |
| 175 | MU | T  | Rattus norvegicus (rat) | Ma          | medial gastrocnemius         | 0.31   | Y  | 209     | 30     | whole muscle       | Ettema [141] |

(Continued.)
| no   | Ty | group | species group | motor                              | M (kg) | I  | f (kPa) | T (°C) | comment       | reference  |
|------|----|-------|---------------|------------------------------------|--------|----|---------|--------|---------------|------------|
| 176  | MU | T     | *Rattus norvegicus* (rat Wistar female) | extensor digitorum longue (tetric, normal) | 0.28   | Y  | 281     | —      | whole m. nerve stim | Close [150] |
| 177  | MU | T     | *Rattus norvegicus* (rat Wistar female) | extensor digitorum longue (tetric, normal) | 0.25   | Y  | 294     | 35     | whole m. nerve stim | Bárány & Close [151] |
| 178  | MU | T     | *Rattus norvegicus* (rat male) | extensor digitorum longue (fast twitch) | 0.20   | N  | 360     | 35     | bundle | Ranatunga [152] |
| 179  | MU | T     | *Rattus norvegicus* (rat Wistar female) | soleus (tetric, normal) | 0.275  | Y  | 189     | —      | whole m. nerve stim | Close [150] |
| 180  | MU | T     | *Rattus norvegicus* (rat Wistar female) | soleus (tetric, normal, mean oper. I-II-III) | 0.25   | Y  | 206     | 35     | whole m. nerve stim | Bárány & Close [151] |
| 181  | MU | T     | *Rattus norvegicus* (rat) | soleus (slow) | 0.20   | N  | 223     | 35     | strip | Ranatunga [152] |
| 182  | MU | T     | *Rattus norvegicus* (white rat) | gastrocnemius, plantaris, soleus (ankle extensor group) | 0.24   | Y  | 206     | 37     | whole m. nerve stim | Perry et al. [139] |
| 183  | MU | N     | *Rattus norvegicus* (rat) | diaphragm | 0.20   | N  | 159     | 37     | strip 5–11 mm + nerve st | Goffart & Ritchie [153] |
| 184  | MU | N     | *Rattus norvegicus* (rat) | diaphragm | 0.30   | N  | 205     | 26     | strip | Johnson et al. [154] in Medler [4] |
| 185  | MU | T     | *Rattus norvegicus* (rat Wistar) | soleus | 0.25   | R  | 168     | 20     | whole muscle | Asmussen & Maréchal [138] |
| 186  | MU | T     | *Thylgale billardi* (wallaby red-bellied pademelon) | gastrocnemius medial head | 5.00   | R  | 200     | 32     | whole m. nerve stim | Morgan et al. [155] in Ettema [141] |

**muscles in vivo**

| no   | Ty | species group | motor | M (kg) | I  | f (kPa) | T (°C) | comment       | reference  |
|------|----|---------------|-------|--------|----|---------|--------|---------------|------------|
| 187  | MV | N             | *Gallinectes sapidus* (blue crab) | claw closer (crusher) | 0.165 | R  | 638     | 10     | crushing | Govind & Blundon [156] |
| 188  | MV | N             | *Gallinectes sapidus* (blue crab) | claw closer (cutter) | 0.165 | R  | 514     | 10     | cutting | Govind & Blundon [156] |

(Continued.)
| no  | Ty | C  | species                        | group                  | motor                        | $M$ (kg) | $I$ | $f$ (kPa) | $T$ (°C) | comment | reference                      |
|-----|----|----|--------------------------------|------------------------|------------------------------|---------|-----|----------|----------|---------|--------------------------------|
| 189 | MV | N  | Cancer antennarius (crab)      | Cr claw closer N       |                              | 0.112   | Y   | 866      | 11       | biting  | Taylor [157]                  |
| 190 | MV | N  | Cancer brenneri (crab)         | Cr claw closer N       |                              | 0.030   | Y   | 1031     | 11       | biting  | Taylor [157]                  |
| 191 | MV | N  | Cancer gracilis (crab)         | Cr claw closer N       |                              | 0.156   | Y   | 525      | 11       | biting  | Taylor [157]                  |
| 192 | MV | N  | Cancer magister (crab)         | Cr claw closer N       |                              | 0.310   | Y   | 756      | 11       | biting  | Taylor [157]                  |
| 193 | MV | N  | Cancer oregonensis (crab)      | Cr claw closer N       |                              | 0.014   | Y   | 1007     | 11       | biting  | Taylor [157]                  |
| 194 | MV | N  | Cancer productus (crab)        | Cr claw closer N       |                              | 0.136   | Y   | 792      | 11       | biting  | Taylor [157]                  |
| 195 | MV | N  | Menippe mercenaria (stone crab)| Cr claw closer (crusher chela) | 0.25                      | N       | 740 | 30       | squeezing| Blundon [158] (M in Medler [4])|
| 196 | MV | N  | Menippe mercenaria (stone crab)| Cr claw closer (cutter chela) | 0.25                      | N       | 785 | 30       | squeezing| Blundon [158] (M in Medler [4])|
| 197 | MV | N  | Archeogaeetes longisetosus (mite)| Ar claws               |                              | 1.0 $\times 10^{-7}$ | Y   | 1200     | —        | holding | Heethoff & Koerner [159]      |
| 198 | MV | T  | Athous haemorrhoidalis (click beetle) | In M4 jumping m.       |                              | 40 $\times 10^{-6}$ | Y   | 700     | >25      | jumping | Evans [160]                   |
| 199 | MV | T  | Canabus problematicus (click beetle) | In femoral rotator m. (hind leg) | 0.35 $\times 10^{-3}$ | Y   | 210   | 23      | pushing | Evans [161]                  |
| 200 | MV | N  | Cyclommatus metallifer (stag beetle male) | In mandible closer muscles |                              | 1.36 $\times 10^{-3}$ | Y   | 180     | 22      | biting  | Goyens et al. [162]           |
| 201 | MV | F  | Drosophila hydei (fruit fly female) | In flight m.           |                              | 1.90 $\times 10^{-6}$ | N   | 40      | —        | tethered flight | Dickinson & Lighton [163]     |
| 202 | MV | T  | Schistocerca gregaria (locust female) | In extensor tibiae (metathoracic leg) | 3 $\times 10^{-3}$ | R   | 700   | 30      | jumping | Bennet-Clark [164]           |
| 203 | MV | T  | Spillopsyllus curriculus (rabbit flea) | In metathoracic leg | 0.45 $\times 10^{-6}$ | Y   | 300   | —       | jumping | Bennet-Clark & Lucey [165]   |
| 204 | MV | S  | Xenopus (frog)                 | Am plantaris longus    | 0.10                         | 200     | —     | —       | swimming | Richards unpublished in Biewener [166] |
| 205 | MV | T  | Anas platyrhynchos (mallard duck) | Bi lateral gastrocnemius m. | 1.05                    | Y       | 126   | 40      | walking  | Biewener & Coming [167]       |

(Continued.)
| No  | L  | C  | species                      | group | motor                                      | $M$ (kg) | $l$ | $f$ (kPa) | $T$ (°C) | comment         | reference             |
|-----|----|----|------------------------------|-------|--------------------------------------------|---------|-----|-----------|----------|-----------------|-----------------------|
| 206 | MV | S  | *Anas platyrhynchos* (mallard duck) | Bi     | lateral gastrocnemius m.                  | 1.05    | Y   | 62        | 40       | swimming        | Biewener & Corning [167] |
| 207 | MV | F  | *Anas platyrhynchos* (mallard duck) | Bi     | pectoralis                                 | 1.0     | Y   | 236       | 40       | ascending flight | Williamson *et al.* [168] |
| 208 | MV | F  | *Columba livia* (pigeon)          | Bi     | pectoralis (flight m.)                    | 0.31    | R   | 76        | 40       | ascending flight | Dial & Biewener [169]   |
| 209 | MV | T  | *Numida meleagris* (guinea fowl)  | Bi     | digital flexor-IV (hind limb)             | 1.25    | Y   | 115       | —        | jumping         | Biewener [166]          |
| 210 | MV | T  | *Numida meleagris* (guinea fowl)  | Bi     | digital flexor-IV (hind limb)             | 1.25    | Y   | 130       | —        | running         | Daley & Biewener [170]   |
| 211 | MV | T  | *Numida meleagris* (guinea fowl)  | Bi     | lateral gastrocnemius (hind limb)         | 1.25    | Y   | 133       | —        | Jumping         | Biewener [166]          |
| 212 | MV | T  | *Numida meleagris* (guinea fowl)  | Bi     | lateral gastrocnemius (hind limb)         | 1.25    | Y   | 39        | —        | running         | Daley & Biewener [170]   |
| 213 | MV | F  | *Sturnus vulgaris* (starling)      | Bi     | pectoralis, oxidative f.                  | 0.072   | Y   | 122       | 40       | level flight    | Biewener *et al.* [171]  |
| 214 | MV | T  | *Canis familiaris* (dog)          | Ma     | gastrocnemius + plantaris (ankle extensors) | 36      |     | 310       | —        | jumping         | Alexander [172]         |
| 215 | MV | T  | *Canis familiaris* (dog)          | Ma     | biceps femoris + 4 others (hip extensors) | 36      |     | 270       | —        | jumping         | Alexander [172]         |
| 216 | MV | T  | *Canis familiaris* (dog)          | Ma     | rectus femoris + VM + VL (knee extensors) | 36      |     | 240       | —        | jumping         | Alexander [172]         |
| 217 | MV | T  | *Canis familiaris* (dog)          | Ma     | triceps surae (elbow extensor)            | 36      |     | 290       | —        | jumping         | Alexander [172]         |
| 218 | MV | T  | *Canis familiaris* (dog)          | Ma     | gastrocnemius, plantaris                  | 36      | Y   | 340       | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 219 | MV | T  | *Canis familiaris* (dog)          | Ma     | biceps femoris + 4 others                 | 36      | Y   | 150       | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 220 | MV | T  | *Canis familiaris* (dog)          | Ma     | sartorius, rectus femoris, tensor fasciae latae | 36      | Y   | 310       | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 221 | MV | T  | *Canis familiaris* (dog)          | Ma     | rhomboideus                                | 36      | Y   | 300       | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 222 | MV | T  | *Canis familiaris* (dog)          | Ma     | latissimus dorsi                           | 36      | Y   | 380       | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 223 | MV | T  | *Canis familiaris* (dog)          | Ma     | pectoralis profundus                       | 36      | Y   | 260       | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |

(Continued.)
| no  | Ty | C     | species   | group                                  | motor                        | $M$ (kg) | $I$ | $f$ (kPa) | $T$ ($^\circ$C) | comment            | reference               |
|-----|----|-------|-----------|----------------------------------------|------------------------------|----------|----|----------|-----------------|----------------------|------------------------|
| 224 | MV | T     | Canis familiaris (dog) | Ma serratus ventralis thoracis | 36                           | Y        | 300 | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 225 | MV | T     | Canis familiaris (dog) | Ma pectorales superficiales     | 36                           | Y        | 370 | 37       | galloping 15.5 m s$^{-1}$ | Jayes & Alexander [173] |
| 226 | MV | T     | Capra hircus (goat)   | Ma superficial digital flexor    | 34                           | Y        | 58  | ---      | cantering          | McGuigan et al. unpublished in Biewener [166] |
| 227 | MV | T     | Capra hircus (goat)   | Ma gastrocnemius                | 34                           | Y        | 72  | ---      | cantering          | McGuigan et al. unpublished in Biewener [166] |
| 228 | MV | T     | Dipodomys spectabilis (kangaroo rat) | Ma gastrocnemius, plantaris, soleus (ankle extensor group) | 0.11 | Y | 69 | --- | hopping 1.5 m s$^{-1}$ | Perry et al. [139] |
| 229 | MV | T     | Dipodomys spectabilis (kangaroo rat) | Ma ankle extensors | 0.11 | R | 38 | --- | hopping slow 0.7 m s$^{-1}$ | Biewener et al. [140] |
| 230 | MV | T     | Dipodomys spectabilis (kangaroo rat) | Ma ankle extensors | 0.11 | R | 105 | --- | hopping fast 1.9 m s$^{-1}$ | Biewener et al. [140] |
| 231 | MV | T     | Dipodomys spectabilis (kangaroo rat) | Ma triceps surae | 0.11 | Y | 297 | --- | jumping peak force | Biewener & Blickhan [174] in Biewener [166] |
| 232 | MV | T     | Equus caballus (horse) | Ma fore DDF & fore SDF, gastrocnemius | 27.5 | Y | 66 | --- | walking peak f | Biewener [175] |
| 233 | MV | T     | Equus caballus (horse) | Ma fore DDF & fore SDF, gastrocnemius | 27.5 | Y | 107 | --- | trotting peak f | Biewener [175] |
| 234 | MV | T     | Equus caballus (horse) | Ma DDF, SDF, gastrocnemius | 27.5 | Y | 157 | --- | galloping peak f | Biewener [175] |
| 235 | MV | T     | Equus caballus (horse) | Ma DDF, SDF, gastrocnemius | 27.5 | Y | 240 | --- | highest stress | Biewener [175] |
| 236 | MV | T     | Felis silvestris (cat) | Ma plantaris, SDF | 3.6 | < | 123 | --- | trotting | Biewener [166] based on Herzog et al. [176] |
| 237 | MV | T     | Felis silvestris (cat) | Ma gastrocnemius | 3.6 | < | 73 | --- | trotting | Biewener [166] based on Herzog et al. [176] |
| 238 | MV | T     | Homosapiens (human)  | Ma triceps surae | 76 | Y | 151 | 37 | running 4 m s$^{-1}$ | Thorpe et al. [177] |
| 239 | MV | T     | Homosapiens (human)  | Ma quadriceps | 76 | Y | 255 | 37 | running 4 m s$^{-1}$ | Thorpe et al. [177] |
| 240 | MV | T     | Homosapiens (human)  | Ma hip extensor | 76 | Y | 110 | 37 | running 4 m s$^{-1}$ | Thorpe et al. [177] |
| 241 | MV | T     | Homosapiens (human)  | Ma triceps surae | 76 | Y | 101 | 37 | high jump | Thorpe et al. [177] |
| 242 | MV | T     | Homosapiens (human)  | Ma quadriceps | 76 | Y | 277 | 37 | high jump | Thorpe et al. [177] |
| 243 | MV | T     | Homosapiens (human)  | Ma hip extensor | 76 | Y | 120 | 37 | high jump | Thorpe et al. [177] |
| 244 | MV | T     | Homosapiens (human male & female) | Ma quadriceps | 69.5 | Y | 76 | 37 | test chair before training | Rutherford & Jones [178] |
Table 4. (Continued.)

| no | Ty | C | species (human) | group | motor | $M$ (kg) | $I$ | $f$ (kPa) | $T$ ($°$C) | comment | reference |
|----|----|---|----------------|-------|-------|----------|----|----------|----------|---------|-----------|
| 245 | MV | T | Homo sapiens (human male \& female) | Ma | quadriceps | 69.5 | Y | 82 | 37 | test chair after training | Rutherford \& Jones [178] |
| 246 | MV | T | Homo sapiens (human elderly 67.1 ± 2 yr) | Ma | vastus lateralis (knee) | 73.5 | Y | 236 | 37 | control pre-training | Reeves et al. [179] |
| 247 | MV | T | Homo sapiens (human elderly 67.1 ± 2 yr) | Ma | vastus lateralis (knee) | 73.5 | Y | 215 | 37 | control post-training | Reeves et al. [179] |
| 248 | MV | T | Homo sapiens (human elderly 74.3 ± 3.5 yr) | Ma | vastus lateralis (knee) | 69.7 | Y | 270 | 37 | test pre-training | Reeves et al. [179] |
| 249 | MV | T | Homo sapiens (human elderly 74.3 ± 3.5 yr) | Ma | vastus lateralis (knee) | 69.7 | Y | 321 | 37 | test post-training | Reeves et al. [179] |
| 250 | MV | T | Homo sapiens (human men 28.2 ± 3.6 yr) | Ma | quadriceps | 78.8 | Y | 550 | 37 | isokinetic dynamometer | O’Brien et al. [180] |
| 251 | MV | T | Homo sapiens (human women 27.4 ± 4.2 yr) | Ma | quadriceps | 64 | Y | 573 | 37 | isokinetic dynamometer | O’Brien et al. [180] |
| 252 | MV | T | Homo sapiens (human boys 8.9 ± 0.7 yr) | Ma | quadriceps | 35.6 | Y | 540 | 37 | isokinetic dynamometer | O’Brien et al. [180] |
| 253 | MV | T | Homo sapiens (human girls 9.3 ± 0.8 yr) | Ma | quadriceps | 41.9 | Y | 598 | 37 | isokinetic dynamometer | O’Brien et al. [180] |
| 254 | MV | T | Homo sapiens (human men) | Ma | biceps femoris \& 4 others (knee) | 61.3 | Y | 53 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 255 | MV | T | Homo sapiens (human men) | Ma | quadriceps femoris (knee extensors) | 61.3 | Y | 79 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 256 | MV | T | Homo sapiens (human women) | Ma | knee flexors | 58.5 | Y | 39 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 257 | MV | T | Homo sapiens (human women) | Ma | knee extensors | 58.5 | Y | 63 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 258 | MV | T | Homo sapiens (human men) | Ma | biceps brachii \& brachialis (elbow flexors) | 61.3 | Y | 132 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |

(Continued.)
| no  | Ty | C | species | group | motor | $M$ (kg) | $I$ | $f$ (kPa) | $T$ (°C) | comment | reference |
|-----|----|---|---------|-------|-------|--------|-----|-------|--------|---------|-----------|
| 259 | MV | T | Homo sapiens (human men) | Ma | triceps brachii (elbow extensors) | 61.3 | Y | 111 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 260 | MV | T | Homo sapiens (human women) | Ma | elbow flexors | 58.5 | Y | 137 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 261 | MV | T | Homo sapiens (human women) | Ma | elbow extensors | 58.5 | Y | 110 | 37 | isokinetic dynamometer | Kanehisa et al. [181] |
| 262 | MV | T | Homo sapiens (human men 28 ± 4 yr) | Ma | soleus | 75 | Y | 150 | 37 | isokinetic dynamometer | Maganaris et al. [182] |
| 263 | MV | T | Homo sapiens (human men 28 ± 4 yr) | Ma | tibialis anterior | 75 | Y | 155 | 37 | isokinetic dynamometer | Maganaris et al. [182] |
| 264 | MV | T | Homo sapiens (human males 34 ± 4.7 yr) | Ma | quadriceps vastus lateralis | 74.1 | Y | 237 | 37 | isometric voluntary contract. | Narici et al. [183] |
| 265 | MV | T | Homo sapiens (human males 34 ± 4.7 yr) | Ma | quadriceps vastus intermedius | 74.1 | Y | 241 | 37 | isometric volunt. contraction | Narici et al. [183] |
| 266 | MV | T | Homo sapiens (human males 34 ± 4.7 yr) | Ma | quadriceps vastus medialis | 74.1 | Y | 279 | 37 | isometric volunt. contraction | Narici et al. [183] |
| 267 | MV | T | Homo sapiens (human males 34 ± 4.7 yr) | Ma | quadriceps rectus femoris | 74.1 | Y | 243 | 37 | isometric volunt. contraction | Narici et al. [183] |
| 268 | MV | T | Homo sapiens (human males 38 ± 8 yr) | Ma | gastrocnemius medialis | 67.8 | Y | 97 | 37 | whole muscle + MRI | Narici et al. [183] |
| 269 | MV | T | Homo sapiens (human males 21.3 ± 3.4 yr) | Ma | quadriceps femoris | 76.2 | Y | 297 | 37 | max. volunt. contrac. (2 meth) | Erskine et al. [184] |
| 270 | MV | T | Homo sapiens (human young 22 yr) | Ma | triceps surae (ankle plantar flexor) | 70 | N | 329 | 37 | electrically evoked contract. | Davies et al. [185] |
| 271 | MV | T | Homo sapiens (human) | Ma | ankle plantar flexor | 70 | N | 108 | 37 | voluntary isometric torque | Fukunaga et al. [186] |
| 272 | MV | T | Homo sapiens (human) | Ma | ankle plantar flexor | 70 | N | 382 | 37 | external force | Haxton [187] in Maganaris et al. [182] |
| 273 | MV | T | Homo sapiens (human) | Ma | ankle plantar flexor | 70 | N | 628 | 37 | external force | Herman [188] in Maganaris et al. [182] |
| 274 | MV | T | Homo sapiens (human) | Ma | ankle plantar flexor | 70 | N | 549 | 37 | external force | Reys [189] in Maganaris et al. [182] |
| 275 | MV | T | Homo sapiens (human) | Ma | ankle plantar flexor | 70 | N | 412 | 37 | external force | Weber [190] in Maganaris et al. [182] |
| no | Ty | C | species          | group | motor          | $M$ (kg) | $I$ | $f$ (kPa) | $T$ ($^\circ$C) | comment            | reference         |
|----|----|---|-----------------|-------|----------------|----------|----|-----------|----------------|--------------------|-------------------|
| 276| MV | T | *Loxodonta africana* (elephant) | Ma    | knee quadriceps | 2500     | Y  | 140       | 37             | running 4–4.5 m s$^{-1}$ | Alexander et al. [191] |
| 277| MV | T | *Loxodonta africana* (elephant) | Ma    | ankle extensors | 2500     | Y  | 140       | 37             | running 4–4.5 m s$^{-1}$ | Alexander et al. [191] |
| 278| MV | T | *Loxodonta africana* (elephant) | Ma    | elbow triceps   | 2500     | Y  | 140       | 37             | running 4–4.5 m s$^{-1}$ | Alexander et al. [191] |
| 279| MV | T | *Macropus eugenii* (tammar wallaby) | Ma    | plantaris       | 4.8      | Y  | 262       | —              | hopping 5.5 m s$^{-1}$ | Biewener & Baudinette [192] |
| 280| MV | T | *Macropus eugenii* (tammar wallaby) | Ma    | gastrocnemius   | 4.8      | Y  | 227       | —              | hopping 5 m s$^{-1}$ | Biewener & Baudinette [192] |
| 281| MV | T | *Macropus rufogriseus* (rock wallaby) | Ma    | triceps surae   | 6.6      | Y  | 279       | —              | jumping            | McGowan & Biewener unpublished in Biewener [166] |
| 282| MV | T | *Macropus rufogriseus* (rock wallaby) | Ma    | triceps surae   | 6.6      | Y  | 201       | —              | hopping            | McGowan & Biewener unpublished in Biewener [166] |
| 283| MV | T | *Macropus rufus* (red kangaroo juvenile) | Ma    | plantaris + gastrocnemius (ankle extensors) | 24 | R  | 300       | —              | hopping            | Alexander & Vernon [193] |
| 284| MV | T | *Macropus rufus* (red kangaroo juvenile) | Ma    | hip extensors   | 24 | R  | 190       | —              | hopping            | Alexander & Vernon [193] |
| 285| MV | T | *Macropus rufus* (red kangaroo juvenile) | Ma    | rectus femoris + VL + VI + VM (knee extensors) | 24 | R  | 240       | —              | hopping            | Alexander & Vernon [193] |
| 286| MV | T | *Protemnodon rufogrisea* (Bennett's wallaby) | Ma    | plantaris + gastrocnemius (ankle extensors) | 10.5 | Y  | 150       | —              | hopping            | Alexander & Vernon [193] |
| 287| MV | T | *Protemnodon rufogrisea* (Bennett's wallaby) | Ma    | hip extensors   | 10.5 | Y  | 140       | —              | hopping            | Alexander & Vernon [193] |
| 288| MV | T | *Protemnodon rufogrisea* (Bennett's wallaby) | Ma    | rectus femoris + VL + VI + VM (knee extensors) | 10.5 | Y  | 75        | —              | hopping            | Alexander & Vernon [193] |
| 289| MV | T | *Rattus norvegicus* (white rat) | Ma    | gastrocnemius, plantaris, soleus (ankle extensors) | 0.24 | Y  | 70        | —              | galloping 1.5 m s$^{-1}$ | Perry et al. [139] |
| 290| MV | T | *Syncerus caffer* (buffalo) | Ma    | ankle extensors | 500 | Y  | 150       | 37             | galloping 5 m s$^{-1}$ | Alexander et al. [191] |
| 291| MV | T | *Syncerus caffer* (buffalo) | Ma    | elbow triceps   | 500 | Y  | 300       | 37             | galloping 5 m s$^{-1}$ | Alexander et al. [191] |
tension \( f \), temperature, reference) are gathered in table 3 for molecular motors and table 4 for non-molecular motors. In table 3, \( f \) was calculated from the measured force or torque given in the references cited and the cross-sectional area and lever arm given in table 2. The statistics on \( f \) are summarized in table 5.

### 3.1. Specific tensions of molecular and non-molecular motors follow similar statistical distributions

The distribution of all \( f \) values is close to lognormal, with \( \log_{10}(f) \) following approximately a normal distribution of mean \( \mu = 5.07 \) (corresponding to 159 kPa), the largest measured tension (in a pilus) being 1900 kPa (figure 1a). Since the slope of the distribution changes rapidly for \( f = 350 \) kPa, we have also plotted the distribution of \( f \) data smaller than this value (90% of the total), which follow very closely a normal distribution of mean \( \pm \) s.d. = 161 ± 78 kPa (figure 1b). Figure 1c compares the tensions \( f \) of molecular and non-molecular motors, which follow distributions that are not significantly different, close to lognormal for all values and normal for \( f < 350 \) kPa (figure 1d).

Motors developing tensions higher than 350 kPa are found in both microorganisms and large animals. In the former, the only ones are pili. In the latter, 23 of 29 (80%) are whole muscles measured in vivo (MV) in crustaceans (claw closers) and insects (jump muscles). We shall return to this point later.

### 3.2. Differences exist depending on motor types, taxonomic groups and functional groups

Figure 2 shows that the tension for bacterial pili (PI, median 685 kPa, interquartile range (IQR) 663 kPa, \( n = 6 \)) is clearly an outlier with respect to all other motors (median 167 kPa, IQR 134 kPa, \( n = 343 \)). Therefore, in all the following comparisons, pili are excluded.

Comparisons of tension without pili per motor types, taxonomic groups and motor functions are shown as boxplots in figure 3 and the corresponding statistical tests (ANOVA and multiple comparison

| Table 5. Summary statistics\(^a\) of specific tension \( f \) (in kPa) Per main motor types and functions. |
|---------------------------------------------------------------|
| **motor types** | \( n \) | min | max | Q10 | Q90 | med. | IQR | mean | s.d. |
| all | 349 | 4 | 1944 | 62 | 354 | 174 | 136 | 212 | 196 |
| all molecular | 58 | 16 | 1944 | 72 | 524 | 160 | 129 | 239 | 303 |
| all non-molecular | 291 | 4 | 1200 | 62 | 339 | 180 | 137 | 206 | 167 |
| PI | 6 | 587 | 1944 | 587 | 1875 | 668 | 663 | 956 | 547 |
| non-PI | 343 | 4 | 1200 | 62 | 312 | 167 | 134 | 199 | 158 |
| molecular | 52 | 16 | 376 | 60 | 254 | 155 | 86 | 156 | 77 |
| non-molecular | 291 | 4 | 1200 | 62 | 339 | 180 | 137 | 206 | 167 |
| M1 | 27 | 16 | 278 | 28 | 252 | 158 | 102 | 146 | 75 |
| M2\(^b\) | 9 | 33 | 346 | 34 | 307 | 162 | 107 | 158 | 99 |
| MF | 16 | 91 | 376 | 119 | 264 | 149 | 60 | 173 | 71 |
| M2 + MF | 25 | 33 | 376 | 91 | 265 | 149 | 70 | 167 | 80 |
| FI | 97 | 4 | 430 | 53 | 230 | 123 | 105 | 136 | 73 |
| MU | 89 | 19 | 442 | 75 | 285 | 200 | 98 | 199 | 81 |
| MV | 105 | 30 | 1200 | 70 | 638 | 227 | 199 | 281 | 240 |

| **motor functions (except PI)** | | | | | | | | |
| non-locomotor | 55 | 16 | 1200 | 78 | 785 | 159 | 123 | 275 | 287 |
| locomotor | 288 | 4 | 700 | 61 | 300 | 174 | 136 | 184 | 113 |
| swimming | 53 | 18 | 442 | 50 | 282 | 183 | 131 | 169 | 98 |
| flying | 25 | 4 | 363 | 19 | 165 | 79 | 87 | 100 | 78 |
| terrestrial | 210 | 33 | 700 | 70 | 300 | 187 | 133 | 198 | 116 |

\(^a\)Number of \( f \) values, minimum, maximum, quantile 10%, quantile 90%, median, interquartile range 25–75%, mean and standard deviation of \( f \).

\(^b\)This line M2 does not include myofibrils MF.
Figure 1. Distributions of specific tensions $f$. (a) Empirical cumulated distribution function (CDF). All $f$ values are shown along the $x$-axis as stepwise increments, giving a complete and undisorted view of the original data. Empirical CDF is fitted to a lognormal distribution of mean $\mu$ and s.d. $\sigma$ (dotted black line); fit is rejected at level 5% ($p = 0.01$). (b) Empirical CDF of $f < 350$ kPa (solid black line) with fitted normal distribution of $\mu$ and $\sigma$ in kPa (dotted black line), not rejected at level 5% ($p = 0.33$). (c) Empirical CDFs of $f$ for molecular motors (blue line, fitted lognormal not rejected) and non-molecular motors (red line, fitted lognormal rejected); the two distributions are not significantly different ($p = 0.40$). (d) Empirical CDFs (solid line) and fitted normal CDFs (dotted line) for molecular (blue line) and non-molecular (red line) motors with $f < 350$ kPa; $\mu$ and $\sigma$ in kPa; the two distributions are not significantly different ($p = 0.20$). All comparisons based on Kolmogorov–Smirnov tests.

Figure 2. Boxplots of specific tensions per motor type ($n = 349$). The boxes extend from the lower quartile to the upper quartile values with the medians (red line) in between. The whiskers extend to the most extreme data values within 1.5 × IQR. Outliers (red crosses) are tensions beyond the end of the upper whiskers. Motor types: RN, RNA polymerase ($n = 1$); DC, cytoplasmic dynein (4); DA, axonemal dynein (4); KI, kinesin (7); MY, myosin (11); SP, spasmoneme (3); PI, pili (6); FA, $F_0/F_1$ ATPase (2); FL, flagellum (4); MF, myofibril (16); FI, muscular fibre (97); MU, muscle in vitro (89); MV, muscle in vivo (105). ANOVA and multiple comparison of means (electronic supplementary material, table S1, motor types with $n < 5$ removed: RN, DC, DA, SP, FA and FL): PI $\neq$ (KI, MY, MF, FI, MU, MV), FI $\neq$ MV and MU $\neq$ MV. Pili PI are significantly different from all other motor types.
Figure 3. Boxplots of specific tensions of all motors except pili (n = 343). Pili were excluded from molecular assemblies (M2), bacteria (Ba) and terrestrial motors (Terr). (a) Per motor type. Abbreviations and number of values per class as defined in figure 2, except M1, single molecule (n = 27) and M2, molecular assembly (n = 9). ANOVA and multiple comparison of means (electronic supplementary material, table S2): MV ≠ (M1, FI, MU). Among the 11 MV outliers, 9 are claw muscles and 2 are jump muscles. (b) Same as (a) with non-locomotors (non-loc, n = 55) as a separate class. ANOVA and multiple comparison of means (electronic supplementary material, table S3): non-loc ≠ (M1, FI) and FI ≠ MV. (c) Taxonomic groups: Ba, bacteria (n = 7); Pr, protozoa (4); Al, algae (1); Fu, fungi (1); Ec, echinoderms (1); Ar, arachnids (1); In, insects (19); Cr, crustaceans (19); Mo, molluscs (5); Fi, fish (29); Am, amphibian (31); Re, reptiles (5); Bi, birds (18); Ma, mammals (202). Groups with n < 5 (protozoa, algae, fungi, echinoderms, arachnids) were removed (remaining data: n = 335); ANOVA and multiple comparison of means (electronic supplementary material, table S4): crustaceans are significantly different from all other groups. (d) Same as (c) for locomotors (n = 275) with non-locomotors (n = 48) as a separate class. Groups with n < 5 were removed (same as in (c), plus bacteria and molluscs). Insects (n = 17), crustaceans (5), fishes (28), amphibians (25), reptiles (5), birds (17), mammals (178). ANOVA and multiple comparison of means (electronic supplementary material, table S5): non-loc ≠ (Fi, Bi, Ma). (e) Per motor function: non-locomotory (n = 55), swimming (53), flying (25), terrestrial (210). Abbreviations and number of values per class as given in figure 1d, except for Terr (n = 210). ANOVA and multiple comparison of means (electronic supplementary material, table S6): non-loc ≠ (Swim, Terr, Fly) and Fly ≠ Terr.
Figure 4. Log–log plot of specific tension versus cell or body mass. (a) Locomotors shown as points (n = 294) and non-locomotors as circles (n = 55). Regression line of all log₁₀ f versus log₁₀ M (solid red line, slope $-5 \times 10^{-4}$ not significantly different from zero, $p = 0.90$). Regression line of locomotors (slope $-6 \times 10^{-3}$ not significantly different from zero, $p = 0.24$) indistinguishable from red line, not shown (see the electronic supplementary material, table S7). Vertical dotted line: mass of cells on the left, of multicellular organisms on the right. Motor types: abbreviations and number of values per type as defined in figure 2. (b) Motor types: same abbreviations and numbers as in (a), except M1, single molecule (n = 27) and M2, molecular assembly (15 with pili). Symbols and colours of points as in (a). Points belonging to the same motor type located within the convex polygons shown. Regression lines of molecular motors (M1, M2 and MF, blue line on the left, slope $-0.03$ not significantly different from zero, $p = 0.17$) and non-molecular motors (FI, MU, MV, red line on the right, slope $7 \times 10^{-3}$ not significantly different from zero, $p = 0.47$). For these and other regressions on motor types, see the electronic supplementary material, tables S7–S9. Horizontal dotted blue line is mean log₁₀ f (kPa) = 2.2. Vertical dotted blue line as in (a). (c) Taxonomic groups: abbreviations and number of values per class as given in figure 3c, except for bacteria (n = 13 with pili). On the left side, polygons enclose motors from single cells (black) and from multicellular organisms (grey). For regressions on taxonomic groups, see the electronic supplementary material, tables S10 and S11. Horizontal and vertical dotted lines as in (b). (d) Motor functions: non-locomotory (n = 55), swimming (53), flying (25), terrestrial (216 with pili). Their respective regression lines are shown; their slopes s are significantly different from zero (non-loc, s = 0.02, p = 0.02; Fly, s = 0.1, p = 0.05; Terr, s = $-0.02, p < 10^{-3}$) except Swim (s = $8 \times 10^{-6}$, p = 0.93), see the electronic supplementary material, table S12. In all panels, the scale on the y-axis is 1.5 times larger than on the x-axis.
of means) are given in the electronic supplementary material, tables S1–S6. Figure 3a,b for motor types indicates that muscles in vivo significantly differ from single molecules M1, fibres and muscles in vitro, essentially because of the large tensions of non-locomotor muscles. Comparisons of taxonomic groups with number of $f$ values greater than or equal to 5 (pili excluded) show that crustaceans differ from all other groups (all motors, figure 3c). Finally, comparison of motor functions show that motors used for flight have specific tensions significantly different from those of motors used for moving the organisms on (or with respect to) a solid substrate and non-locomotors differ from all three kinds of locomotors (figure 3c).

3.3. There is no large-scale variation with cell or body mass

Log–log plots of the 329 pairs of $(M, f)$ values are shown in figure 4. Overall, values of cell and body mass $M$ range from $2 \times 10^{-16}$ kg (bacterium) to 2500 kg (elephant), whereas values of specific tension $f$ range from 3.6 to 1944 kPa. Hence, whereas $M$ varies by more than 19 orders of magnitude, $f$ only varies by a factor of 500. For easier reading, polygons enclosing all points of the same category are shown: types of motors (figure 4b) and taxonomic groups (figure 4c).

Overall, there is no large-scale variation with cell or body mass. Indeed, the power law regression calculated for the entire dataset is $f = 159 M^\alpha$ with $\alpha = -0.5 \times 10^{-3} \pm 7.7 \times 10^{-3}$ (95% confidence limits $-8.2 \times 10^{-3}, 7.2 \times 10^{-3}$), this slope is not significantly different from zero ($p = 0.90$, figure 4a). The slope is not either different from zero for data restricted to molecular motors (M1, M2 and MF, $f = 83 M^\alpha$ with $\alpha = -0.025 \pm 0.037$, $p = 0.17$, figure 4b on the left) and non-molecular motors (FI, MU, MV, $f = 159 M^\alpha$ with $\alpha = 0.0073 \pm 0.020$, $p = 0.47$, figure 4b on the right). Complete description and test of these global regressions are given in the electronic supplementary material, table S7.

We also looked for ‘local’ trends based on the different categories defined previously. For motor types, some slight positive and negative slopes of the regression lines $f$ versus $M$ were found (electronic supplementary material, tables S8 and S9). For taxonomic groups (electronic supplementary material, tables S10 and S11) and motor functions (electronic supplementary material, table S12), either the slope is not significantly different from zero (according to the $F$-test at level 1%), or the slope is smaller or equal to 0.02 in absolute value.

4. Discussion

We discuss in order the choice of specific tension for normalizing forces developed by widely different motors, the similarity of specific tension in molecular and non-molecular motors, the factors explaining the variability of tension, especially in muscles, and the relationship between tension invariance and force–mass scaling.

4.1. Specific tension as a size-independent measure of force

In order to compare forces developed by biological motors as different as molecules and muscles, whose spatial scale varies by nearly 7 orders of magnitude and whose applied force varies by nearly 14 orders of magnitude, it is useful to express them in relative values. Because most non-molecular motor forces $F$ (FI, MU, MV) are expressed as specific tension ($F/A$) in the literature, it is natural to try to express molecular motors similarly.

As $F/A$ is not available for molecular motors, in order to avoid bias, we defined the cross-section $A$ in the most basic way, i.e. from the volume $V$ as $A = V^{2/3}$, which holds for a cube and still holds in order of magnitude for shapes of moderate elongation. This is in line with results of Marden & Allen [18] who found $F$ proportional to motor mass $m^{2/3}$ for a class of molecular motors, and to the fact that these forces depend on chemical bonds (mainly hydrogen bonds), whose number acting in parallel is expected to depend on the cross section. For defining the cross-section, we were extremely careful to select the acting part of the motor (ignoring the ‘passive’ tails) so that the shape was of moderate elongation. For example to estimate the volume of the myosin motor, we only considered the heads and ignored the tail which does not contribute to the actin–myosin interaction. We will return to this topic in the last subsection ‘Scaling with motor’s mass’ and suggest below an order-of-magnitude interpretation.
4.2. Invariance of specific tension in molecular and non-molecular motors

The main characteristics found here for the values of tension $f$ in both molecular (M1, M2, MF) and non-molecular motors (FI, MU, MV) are (table 5): (i) their almost equal median tensions (approx. 170 kPa), (ii) their similar ranges of variation ($60 < f < 350$ kPa for 90% of motors), and (iii) the approximately five times higher tensions exerted by pili ($600 < f < 2000$ kPa). These three characteristics can be understood from basic physical considerations.

4.2.1. Molecular motors

Molecular motors are proteins that produce mechanical energy by changing their three-dimensional conformation. They move in steps whose length is of the order of magnitude of their size $a_0$, which is typically $a_0 \approx 6$ nm [195,196]. The steps are mainly powered by ATP with free energy $W_0 \approx 12kT \approx 0.5 \times 10^{-19}$ J/molecule at $T = 300$ K [197]. Therefore, the elementary force $F_0$ developed by motor proteins is of order of magnitude $F_0 \sim W_0/a_0 \sim 8$ pN and the corresponding force per unit cross-sectional area $f$ is $f \sim F_0/a_0^2 \approx W_0/a_0^3 \sim 200$ kPa. This is close to the average value found for molecular motors (M1, M2 and MF, table 5). This order-of-magnitude estimate is based on a perfect transduction of chemical into mechanical energy. Taking into account the actual efficiency would not change this order of magnitude since molecular motors are known to have a high efficiency—often exceeding 50% (e.g. [198,199]), in particular, 80–95% for kinesin [197] and up to 100% for F1-ATPase [8].

Molecular motors, like other proteins, owe their properties to a three-dimensional structure mainly held by H-bonds and other weak forces [200,201]. In order to act near (but not at) thermal equilibrium and not to break the motor protein, the elementary motor force should not exceed $kT$ divided by the distance over which H-bonds operate, i.e. the size of the water molecule, $a_{H_2O} \approx 0.3$ nm. This yields the minimum size, $a_0 > a_{H_2O} \times (W_0/kT) \approx 4$ nm, and maximum tension, $f \approx W_0/a_0^3 < 800$ kPa, of molecular motors. This order of magnitude estimate is similar to the maximum tension observed in molecular motors (table 5) with the notable exception of pili.

Pili, which are virtually universal in prokaryotes [202], have exceptional mechanical properties of stretching and adhesion, and some of them can withstand extreme forces, with an important role played by covalent bonds (e.g. [203]) so that the above order-of-magnitude estimate, based on weak forces, does not apply to them. In order to compare pili with other structures, we have only considered steady-state unwinding forces (e.g. [60]). Even then, pili can still reach extreme specific tensions, with a median four times higher than that of other motors.

4.2.2. Non-molecular motors

The most striking result of this paper is that the formally defined tension of molecular motors turns out to be similar to the value $f \approx 200$ kPa typical of muscle fibres. A hint to this uniformity stems from the basic arrangement of myosin motors in striated muscles (reviewed in e.g. [13,204]). Most of the space within muscle fibres is occupied by protein thick filaments along which groups of myosin globular motors (heads) are protruding with an axial spacing $e \approx 14.6$ nm. These motors are cyclically attaching to (and detaching from) adjacent thin filaments of actin to form the cross-bridges, and enable thin and thick filaments to slide past each other. Along each half thick filament (of total length $2l \approx 1.6$ µm, neglecting for this order-of-magnitude estimate a bare zone of smaller length free of motors) about 150 myosin molecules exert forces that add in parallel and only about one-third of the cross-bridges are attached during isometric contraction [47,205]. Therefore, the number of active individual myosin motors along each half thick filament is $N \approx 50$. (Note that since $1/e \approx 50$, this might imply that only one motor per group of three can attach simultaneously, a likely consequence of steric constraints brought about by the three-dimensional structure enabling transitory conformational changes.) With $N$ motors acting in parallel each exerting a force $F_{myosin}$, the total force per thick filament is $NF_{myosin}$. Each thick filament and its associated lattice of thin filaments occupies an equivalent cross-section $s \approx d^2$, where $d \approx 40$ nm is the lateral spacing of thick filaments, so the total tension in the structure is $f_{fibre} \approx NF_{myosin}/s$ which acts (in series) along the length of the fibre. Tables 3 and 4 show that the myosin motor, of equivalent cross-sectional area $A \approx 36$ nm$^2$, exerts a mean force $F_{myosin} \approx f_{myosin}A \approx 7$ pN. Substituting the values of $F_{myosin}, N$ and $s$ in the above formula yields the tension in the structure $f_{fibre} \approx 240$ kPa.

This rough estimate enables us to understand why the tension of muscles ($f_{fibre}$) is of the same order of magnitude as the tension of the myosin motor $f_{myosin}$ $\approx 190$ kPa. Indeed, the tensions of muscle fibres and of myosin motors are in the ratio $f_{fibre}/f_{myosin} \approx NA/s$, and the myosin motors are arranged so that the number $N$ of them acting simultaneously in parallel is approximately equal to the ratio $s/A$ of...
the equivalent cross-sectional area of each thick–thin filament structure to that of an individual myosin motor head, which is not surprising because of steric constraints.

4.3. Origins of variability of specific tension in various motors

Overall, tensions in most molecular and non-molecular motors are distributed around their means according to similar Gaussian functions with coefficients of variation s.d./mean ≃ 0.5. This variability may arise from methodological, experimental and biological factors.

4.3.1. Methodological and experimental factors

The cross-section $A$ of molecular motors was estimated from their mass $m$ using the formulae $A = V^{2/3}$ and $V = m/\rho$ with protein density $\rho \approx 10^{-3}$ pg nm$^{-3}$. This is admittedly rough, since the longer dimension of the motors considered can differ from the cross-diameter by nearly a factor of 2. The resulting error may not be negligible compared with the observed variability of specific tension in molecular motors, in which more than 80% of $f$ values are within one-third of the median and twice the median (see Q10, Q90 and median in table 5, second line).

Although we did not have to estimate the cross-section for muscles, their tensions show the same variability on $f$ as molecular motors (Q10 is one-third the median and Q90 twice the median, see table 5, third line). Their cross-sectional area has sometimes been corrected for the area occupied by mitochondria (dragonfly, [116]), sometimes not (beetle, [115]) and never for the sarcoplasmic reticulum (e.g. [206]). The pennation angle has not always been taken into account. Temperature during the experiments has been noted and is usually close to the working temperature of the muscle. Although data are not fully homogeneous, the similarity of the distributions of specific tensions measured in vivo and in vitro suggests that uncorrected factors do not introduce important bias. In principle, corrections for these factors should lead to less variable data. However, no corrections have been attempted for two reasons. First, the information needed is not always provided, so corrections cannot be done systematically. Second, these corrections would probably have no incidence on the qualitative conclusions, and might even be less convincing than unmodified data.

Isometric tension in single skeletal muscle fibres (FI) is approximately 35% smaller than in whole muscles (MU or MV) (figure 3a). This difference probably results from the experimental conditions, most measurements of single fibres being performed after chemical or mechanical skinning. It produces swelling of the fibres and reduces the specific tension. Median tension is about the same for whole muscles when measured in vitro (MU, 200 kPa) and in vivo (MV, 227 kPa) (figure 3a,b). This indicates that the tension for muscles in behaving animals is close to the maximum they can develop in in vitro conditions.

It must also be realized that detailed physiologically and ecologically relevant comparisons between similar motors in different taxonomic groups are hindered by their unequal levels of investigation; for example, muscles MU have been studied in 29 vertebrate species, but only 13 invertebrate species (table 4).

4.3.2. Biological factors

Further sources of variability are probably biological. At the molecular level, variability stems from differences within and across families of single motor proteins (M1). At the supramolecular level, notably in propulsion organelles and muscles, elemental molecular forces are expressed via an organization that introduces further variations and specific adaptations to the diversity of mechanical problems they had to solve. More factors being involved, the values of their tension is a priori less easy to predict, explaining the variability observed. Nonetheless, as shown in figure 3a, after removal of pili, the variability of specific tension between the different types of molecular motors studied is larger in motors M1 and M2 than in myofibrils. The structural and functional homogeneity of myofibrils contrasts with the heterogeneity of the other molecular motors.

Neglecting experimental errors and pili being set aside, tensions of non-molecular motors (FI, MU, MV) vary approximately in the same range as tensions of molecular motors (M1, M2 and MF) with the same statistical distribution (figure 1c,d). So, notwithstanding their myosin-based molecular homogeneity, the diversity in geometry and adaptation of muscular motors leads to variations in tension equivalent to those resulting from the diversity of molecules and their arrangements in molecular motors. It is remarkable that so many different mechanisms lead to the same final distributions of force per cross-sectional area at the microscopic and macroscopic levels.
4.4. Variability of tensions in whole muscles

The variability of tension in muscles has been the subject of thorough research. An important adaptive factor is sarcomere length. As predicted by the sliding filament model of muscle contraction, long filaments and long overlap between thick and thin filaments should occur in fibres with long sarcomeres. As in long overlap zones more actin–myosin cross-bridges should be formed, the maximum tension which a fibre can produce should be correlated with sarcomere length [207,208]. The resting sarcomere length exhibits little variation in insect and vertebrate muscles (2–4 µm), but much greater variations in crustacean muscles (7–17 µm). Overall, tension scales isometrically with the resting sarcomere length [157]. In particular, the claw closer muscles of cancer crabs exhibit both the longest sarcomere lengths and extreme mean crushing forces (525–1030 kPa; table 4 and figure 3c). This is a special adaptation of shell-crushing non-locomotory motors which is not found in locomotors (figure 3d).

Many other factors have been invoked to explain the variations in muscle tension, such as the density of the myosin filaments, the non-uniformity of sarcomere length along the fibres, the diameter of myofibrillar bundles, the actin : myosin filament ratios and the cross-bridge duty factors. For example, the slightly higher tension than in other groups found in amphibians and molluscs (except crustaceans; figure 3c) may be explained by their higher proportion of fast oxidative fibres and their higher relative myofibrillar volume [4,206]. However, these various factors apparently play a minor role in arthropod and vertebrate muscles as more than 80% of the variation in muscle tension in a series of muscles from these groups can be explained by the resting sarcomere length ([157] and references therein).

Two characteristics other than tension contribute to muscle performance: speed of contraction (and relaxation) and endurance. They influence tension because high tension requires that most of the cross-sectional area of a fibre be myofibrils, whereas high endurance requires a large mitochondrial volume and short twitch duration requires an extended sarcoplasmic reticulum. Therefore, trade-offs are inherent in the functional design of muscles so that a muscle cannot be simultaneously strong, enduring and rapid. This is the reason why rapid muscles are weak (either enduring, e.g. katydid singing muscles, or not, e.g. lobster sound-producing muscles with their hypertrophied SR) [208]. However, special adaptations in the oscillatory (asynchronous) flight muscles of insects result in high contraction frequencies without a large volume of SR, which leaves room for more mitochondria, but their strength is nevertheless limited by the endurance requirements of flight [208]. They are built optimally for maximum output of energy in their narrow contraction range, whereas most vertebrate sarcomeres are optimized for optimal mechanical conversion of chemical energy across a wider contraction range [209]. These different adaptations contribute to the variability observed. Overall, the similarity of muscle tensions is essentially owing to the similarity of fibre structure and thick filament length across muscles and species, in contrast with the variability of muscle speeds which are affected by the variability of thin filament lengths (e.g. [210]).

It is remarkable that tension is smaller in flight locomotors (median 79 kPa) than in terrestrial locomotors (median 187 kPa) and in swim locomotors (183 kPa), although only the difference for terrestrial locomotors is significant according to ANOVA at level 5% (figure 3e). Despite the high power needed for flight, the high frequencies required may impose a large concentration of mitochondria and, at least in birds, of sarcoplasmic reticulum at the expense of myofibrils. Solving this issue will need further investigation.

4.5. Absence of large-scale trend with cell’s or body’s mass

Given the constancy in both central value (mean or median) and dispersion (s.d. or interquartile range) of f in molecular and non-molecular motors, it is not surprising that the regressions in a log–log plot of f against M, the mass of the cell (for subcellular motors) or body (for cellular and supracellular motors) from which the motor is extracted, give no evidence of overall trend (figure 4a,b). Other variables for the mass might be used, but their implementation is difficult because they are often ill-defined or unknown. This is the reason why we chose for the horizontal axis a proxy of the mass that the motor moves—the mass of the next higher hierarchical level, i.e. the cell’s mass for subcellular motors (M1, M2, MF) and the animal’s mass for cellular and supracellular motors (FI, MU, MS). This definition is simple, unambiguous, known in almost all cases and discriminant with a range extending over 18 orders of magnitude. If we had chosen the motor’s mass m for the horizontal axis, the range would have been still wider since the minimum mass would be $10^{-22}$ kg (kinesin) and the maximum mass $> 1$ kg (muscle), so that as the overall range of f would remain the same, the slope of the regression line would become still closer to zero.
The absence of global trends does not preclude the existence of ‘local’ trends, i.e. regression lines with slope significantly different from zero, for specific classes of motors extending on a narrower mass range. Several examples of such significant trends were found (see the electronic supplementary material, tables S8–S12) but their slopes are small and difficult to interpret. These small-scale relationships are outside the scope of this paper which focuses on a large-scale study. The wide range of size, mass and area considered allows one to transcend the possible variations specific to certain categories.

4.6. Scaling with motor’s mass

A different approach based on force $F$ and motor mass $m$ strengthens this conclusion. Indeed, Marden & Allen [18] studied the scaling of forces with motor’s mass for two classes of animal- and human-made motors and found that one of them, ‘Group 1’ motors, producing translational motion, scale allometrically with motor mass $m$, as $F \approx 10^3 m^{2/3}$ (with $F$ in Newtons and $m$ in kilograms). We show below that this scaling, expressed in terms of specific tension $f$, is in good agreement with the typical specific tension found in the present paper (approx. 200 kPa). Consider first the order-of-magnitude approximation of cubes of section $A$. With the mass density $\rho \approx 10^3$ kg m$^{-3}$, the motor mass is $m \approx \rho A^{3/2}$, so that the scaling above $F \approx 10^3 (\rho A^{3/2})^{2/3}$ yields the tension $f = F/A \approx 10^3 \rho^{2/3} \approx 100$ kPa. This is a minimum value since replacing the cubic approximation by an elongated shape, with a ratio length/width $r$, with width $d \approx A^{1/2}$, would yield $m \approx r \rho A^{3/2}$, whence $f \approx 100 r^{2/3}$ kPa. Thus, the mass-force scaling for Group 1 motors found by Marden & Allen [18] implies the constancy of their specific tension with a constant value consistent with that found here.

The above argument might also explain why three ‘molecular motors’ corresponding in part to our ‘M2 motors’ (bacterial flagellum, mammalian flagellum and spasmoneme) are shifted to the right of the fitted line (see red circles in fig. 1 of [18]). Indeed, the mass $m$ considered is the mass of the whole organelle, whose length far exceeds the square root of the section (i.e. $r \gg 1$). This implies that $m$ is much larger than $\rho A^{3/2}$, so that a constant value of $f$ yields a smaller value of $F/m^{2/3}$.

However, for the other group of motors (Group 2) defined by Marden & Allen [18], the biological motor forces are generally deduced from the motion of the whole organism against gravity, which implies various joints and lever arms connecting the motor to the organism. It is, therefore, difficult to compare these data with those considered in this paper, which are directly measured at the level of the muscle (or of the fibre or the molecular motor).

5. Concluding remarks

The main result of this paper is that, despite their diversity, molecular and macroscopic biological motors do exert similar forces per unit cross-sectional area, which enables us to unify biological motors of different sizes and varied functions, from the motion of animals and microorganisms to cargo transport in cells or DNA transcription. The similarity of tensions of macroscopic muscles and fibres is not surprising as it stems from the similarity of fibres’ basic architecture. In turn, the similarity of the tensions of molecular motors is owing to the basic physical properties of protein machines, and we have given an order-of-magnitude estimate of this tension from basic physics. Finally, we have shown that the tension in muscle fibres is similar to that of the myosin motor in particular because of the arrangement of these motors in the fibres, owing to steric constraints.

The approximate constancy of the maximum force per unit area $f$ found in this paper from molecules to muscles implies general scaling laws for the motion of organisms [211] and raises the question of relating these laws to basic biological and physical constraints. Moreover, it calls for an explanation of why human-engineered motors, which are not based on ATP hydrolysis and hydrogen bond forces, show very similar specific tension to biological motors [18,19].

Data accessibility. All supporting data are made available in tables 2–5 and the electronic supplementary material, tables S1–S12.

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