Association between Preoperative Toe Perfusion Index and Maternal Core Temperature Decrease during Cesarean Delivery Under Spinal Anesthesia: A Prospective Cohort Study

Shohei Kaneko (s-kaneko@nagasaki-u.ac.jp)
National Hospital Organization Nagasaki Medical Center

Kentaro Hara
National Hospital Organization Nagasaki Medical Center

Shuntaro Sato
Nagasaki University Hospital

Takaya Nakashima
Nagasaki University School of Medicine

Yurika Kawazoe
Nagasaki University Hospital

Miyako Taguchi
National Hospital Organization Nagasaki Medical Center

Shigeiko Urabe
National Hospital Organization Nagasaki Medical Center

Akiha Nakao
National Hospital Organization Nagasaki Medical Center

Kozue Hamada
National Hospital Organization Nagasaki Medical Center

Michiko Yamaguchi
National Hospital Organization Nagasaki Medical Center

Tetsuya Hara
Nagasaki University Graduate School of Biomedical Sciences

Research Article

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Abstract

**Background:** The main mechanism of temperature decrease during spinal anesthesia for cesarean delivery is core-to-peripheral redistribution of body heat, attributable to vasodilation. Perfusion index (PI) obtained with a pulse oximeter helps to assess peripheral perfusion dynamics by detecting changes in peripheral vascular tone. This study aimed to examine whether preoperative toe PI could predict spinal anesthesia-induced core temperature decrease during cesarean delivery.

**Methods:** Parturients undergoing scheduled cesarean delivery under combined spinal-epidural anesthesia from September 2019 to March 2020 were enrolled in this single-center prospective cohort study. All parturients received 0.5% hyperbaric bupivacaine (10 mg) with fentanyl (15 µg) intrathecally. A pulse oximeter probe was placed on the left second toe for continuous PI measurement. The 3M™ Bair Hugger™ Temperature Monitoring System placed over the right temporal region was used to record core temperature over time. We evaluated the association between the maximum core temperature decrease, which is the primary outcome, and the preoperative toe PI at operating room (OR) admission using a segmented regression model (SRM) and a generalized additive model (GAM). The maximum core temperature decrease was defined as the difference between core temperature at OR admission and minimum intraoperative core temperature.

**Results:** Forty-eight patients were evaluated. In the SRM, the slope for the association between the maximum core temperature decrease and the preoperative toe PI changed from 0.031 to 0.124 after PI = 2.4%. Likewise, with the GAM, there was a small core temperature decrease when preoperative toe PI was greater than 2.0% to 3.0%.

**Conclusions:** A lower preoperative toe PI was associated with maternal core temperature decrease during cesarean delivery under spinal anesthesia. Preoperative toe PI is a simple, non-invasive, and effective tool for the early prediction of perioperative core temperature decrease during cesarean delivery.

**Trial registration:** UMIN Clinical Trials Registry (registry number: UMIN000037965).

URL: https://upload.umin.ac.jp/cgi-open-bin/ctr_e/ctr_view.cgi?recptno=R000042953

Background

Neuraxial (spinal, epidural, or combined spinal-epidural technique) anesthesia is currently the anesthetic technique of choice for cesarean delivery. Spinal and epidural anesthesia cause body heat redistribution by vasodilation below the level of neuraxial sensory blockade [1]. Additionally, neuraxial techniques decrease the vasoconstriction and shivering thresholds even above the level of the sensory block [2], and directly block the efferent nerves that control vasoconstriction and shivering in the lower body. Perioperative hypothermia (< 36.0°C) has been estimated to occur in more than 60% of parturients undergoing cesarean delivery [3] and should be avoided because it generally contributes to serious
complications such as coagulopathy, wound infections, myocardial ischemia, shivering, and patient discomfort [4–6].

Active warming of parturients during cesarean delivery reduces perioperative maternal hypothermia and shivering [7]. However, the benefits of single active warming on maternal temperature are limited, with most studies reporting no more than 0.2–0.5°C temperature difference between active warming and control groups [3]. Recently, several clinical studies have been conducted to preoperatively identify parturients at high risk of perioperative body temperature decrease and hypothermia during cesarean delivery; however, the results remain unclear [8].

Perfusion index (PI) obtained with a pulse oximeter is calculated as the ratio of pulsatile blood flow to non-pulsatile blood in the peripheral tissues [9]. It can be measured continuously and non-invasively and helps in the assessment of peripheral perfusion dynamics by detecting changes in peripheral vascular tone during surgery [10–13]. The PI value varies dramatically from 0.02 to 20% and correlates with the change in blood flow at the monitored site. Low PI usually reflects peripheral vasoconstriction with or without severe hypovolemia, and high PI usually reflects peripheral vasodilation. Therefore, perioperative changes in PI are useful to evaluate body temperature redistribution, vasodilation, and anesthetic effects. Changes in peripheral PI reflect changes in core-to-peripheral temperature gradients [12, 14]. Core-to-peripheral temperature gradients before the induction of anesthesia affect the extent of redistributive temperature decrease associated with vasodilation after anesthetic administration [15–17]. A prospective observational pilot study showed that low baseline PI was the factor most associated with the development of intraoperative hypothermia under general anesthesia [18]. To our knowledge, no previous reports have investigated the association between baseline PI and body temperature decrease during cesarean delivery under spinal anesthesia. We hypothesized that lower preoperative toe PI is associated with maternal core temperature decrease during cesarean delivery. Our study aimed to determine whether preoperative toe PI is associated with the extent of redistributive temperature decrease during cesarean delivery under spinal anesthesia.

**Methods**

This single-center prospective cohort study was conducted at the National Hospital Organization Nagasaki Medical Center, Nagasaki, Japan. This study was approved by our institutional research ethics committee (approval number: 2019059) on 2nd September 2019 and follows the Declaration of Helsinki. The study was registered with UMIN Clinical Trials Registry (Trial registry number: UMIN000037965, registration date: 8th September 2019) before the onset of participant enrollment. Written informed consent was obtained from each participant before study participation. This manuscript adheres to the STROBE guidelines (Supplemental Digital Content 1).

**Participant Selection**
The inclusion criteria included healthy (American Society of Anesthesiologist physical status I) women, between 18 and 40 years of age, with term gestation (≥ 37 weeks), and scheduled cesarean delivery with combined spinal-epidural anesthesia. Exclusion criteria were as follows: unscheduled cesarean delivery, morbid obesity (body mass index [BMI] ≥ 40 kg/m²), preoperative hyperthermia (> 38°C) or preoperative hypothermia (< 36°C), cardiovascular or cerebrovascular disease, hypothyroidism or hyperthyroidism, history of anxiety disorder, difficulty in maintaining the supine position, and contraindication to spinal anesthesia. The study recruitment period was from 17th September 2019 to 9th March 2020.

**Study Protocol**

No parturients received any premedication. Each parturient was kept off solid food for at least 6 hours, and off clear water for 2 hours before spinal anesthesia. A 20-gauge peripheral intravenous (IV) cannula was inserted at the obstetric ward. Room temperature Ringer's lactate solution was administered at a flow rate of 80 mL/h, about 2 hours before entering the operating room (OR). All parturients were directly transported from the ward to the OR without preoperative active warming (e.g., wearing socks, using body warming blanket), and the OR temperature was maintained at 27°C.

Each parturient was rapidly infused intravenously with 500 mL of 6% hydroxyethyl starches 130/0.4 (Voluven®; Fresenius Kabi, Tokyo, Japan) for prehydration before spinal anesthesia. Thereafter, Ringer’s lactate solution was infused about 10 mL/kg/h until the end of the surgery. Their infusion fluids in the OR were kept warm preoperatively at 38°C in the heat insulating cabinet. Standard monitoring was performed with an electrocardiogram, automated non-invasive arterial pressure measurement on the right arm, and finger pulse oximetry on the left index finger. Besides, the pulse oximeter probe (Masimo Rainbow SET Pulse CO-Oximeter Radical 7; Masimo Corp., Irvine, CA, USA) was placed on the left second toe for continuous monitoring of toe PI. For core temperature measurement, we attached the 3M™ Bair Hugger™ Temperature Monitoring System (3M Company, St. Paul, MN, USA) over the right temporal region. This Food and Drug Administration-approved Temperature Monitoring System can measure core temperature by heating the skin sensor attached to the forehead and reaching thermal equilibrium between sensor temperature and core temperature [19]. The mean error in measurement accuracy of this device was found to be -0.23°C (95% limits of agreement of ± 0.82°C) compared with pulmonary artery temperature [19].

All parturients received combined spinal-epidural anesthesia in the right lateral decubitus position. After inserting an epidural catheter at the T12-L1 or L1-2 vertebral interspace, spinal anesthesia was performed at the L2-3 or L3-4 vertebral interspace. A 25-gauge Quincke spinal needle was inserted into the subarachnoid space, and 10 mg (2.0 mL) of 0.5% hyperbaric bupivacaine (Marcain®; Aspen Japan, Tokyo, Japan) with 15 µg (0.3 mL) fentanyl (Fentanyl®; Janssen Pharmaceutical K.K., Tokyo, Japan) were administered intrathecally. Following the securing of the epidural catheter, each parturient was returned to the supine position with a 15° left lateral tilt to facilitate left displacement of the uterus. The tilted position was returned to the horizontal supine position after the maternal hemodynamics stabilized. The sensory blockade level was checked after spinal injection using cold ice. If T4 sensory block level was not achieved, 2% lidocaine (Xylocaine® Injection Polyamp 2%; Aspen Japan, Tokyo, Japan) was
administered through the epidural catheter in 5 mL increments until it was achieved. To prevent post-
spinal hypotension in the parturient, phenylephrine at 0.3 µg/kg/min was started immediately after the
induction of spinal anesthesia. Once the systolic blood pressure (SBP) was less than 80 mmHg or there
were symptoms consistent with hypotension (e.g., dyspnea, nausea, or vomiting) even without SBP < 80
mmHg, a bolus of 50 to 100 µg phenylephrine or 4 mg ephedrine was administered depending on the
patient's heart rate (HR). When the patient's HR was less than 60 beats/min without the occurrence of
post-spinal hypotension, a bolus of 0.5 mg atropine was given. When the patient's SBP was stable, the
continuous administration of phenylephrine was gradually reduced, and was terminated at the discretion
of the anesthesiologist.

Since the start of the surgery, the patient's upper body was warmed using a 3M™ Bair Hugger™ multi-
position upper body warming blanket (Model 622; 3M Company, St. Paul, MN, USA) attached to a 3M™
Bair Hugger™ warming unit (Model 675; 3M Company, St. Paul, MN, USA) set to 38°C. The OR temperature
was changed from 27°C to 24°C after placing the newborn baby in the infant incubator.

**Measurements**

Parturients’ characteristics and baseline parameters were obtained from electronic medical and
anesthetic records. Toe PI and core temperature were recorded at one-minute intervals from entering the
OR until the end of the surgery. Preoperative toe PI was defined as the average PI value measured for
three minutes in the horizontal supine position, immediately before right lateral decubitus repositioning.
All parturients were instructed to remain motionless and rested during the preoperative toe PI
measurement. To evaluate redistributive temperature decrease after spinal anesthesia, we investigated
the maximum core temperature decrease in the perioperative period. The primary outcome was the
maximum core temperature decrease. In this study, the perioperative period was defined as the time from
entering the OR until the end of the surgery, and the maximum core temperature decrease was defined as
the difference between the core temperature at OR admission and the minimum intraoperative core
temperature. Moreover, we evaluated shivering severity and thermal comfort when leaving the OR.

Shivering severity was assessed using the Bedside Shivering Assessment Scale: 0 = no shivering, 1 =
shivering localized to the core and neck, 2 = shivering including the upper extremities, 3 = total body
shivering [20]. Thermal comfort was measured using the American Society of Heating, Refrigerating and
Air-Conditioning Engineers (ASHRAE) scale, which is a seven-point Likert scale: Hot (+3), Warm (+2),
Slightly warm (+1), Neutral “just right” (0), Slightly cool (-1), Cool (-2), and Cold (-3) [21].

Surgery time was defined as the time between the start of the surgery and the end of the wound closure.
The total volume of intraoperative IV fluids, the total dose of cardiovascular drug administration, and
estimated blood loss were also recorded.

**Statistical Analysis**

General characteristics of the parturients and the surgical data are presented as median [interquartile
range], or the number of patients (%). Parturients’ body temperature, cold-related outcomes, and
parturients’ toe PI data are presented as mean ± standard deviation (SD), median [interquartile range], or
the number of patients (%). The Shapiro–Wilk test was used to determine normality. The sample size was determined solely according to the number of parturients hospitalized during the study period since these parturients did not receive any intervention.

To analyze whether there is a relationship between preoperative toe PI and decreased maximal core temperature, firstly, correlation analysis was performed. Secondly, a segmented regression model (SRM) and a generalized additive model (GAM) were used. We suspected that the relationship between preoperative toe PI and decreased maximal core temperature was nonlinear from the scatter plot; thus, we conducted analyses using SRM and GAM.

SRM (also called change-point regression) is a practical analysis if we expect to have several slopes between dependent and independent variables different from a simple linear regression. These slopes quantify the change in the relationship between the two variables. Points where the slope changes are called “change-points.” The change-point can be interpreted as a critical, safe, or threshold value beyond or below which desired effects occur and is important in decision making [22]. In this study, we considered that two slopes exist between the dependent and independent variables from the scatter plot. We pre-determined four expected preoperative toe PI change-points based on quartile ranges (first, second, and third quartiles) and mean, created four SRMs, and evaluated the Akaike's Information Criterion (AIC) of each model to determine the best fit model. GAM provides a modeling approach that combines powerful statistical methods with interpretability, smooth functions, and flexibility. Although generalized linear models, such as simple regression analysis, can only express linear relationships, GAM can also express non-linear relationships while maintaining interpretability and flexibility using multiple smoothing functions (smoothers). To find the smoother that best fits the data, the choice of smoothing parameters—i.e., the parameters that control the smoothness of the predictive functions—is key as in SRM [23]. We created several models to find the optimal parameters in GAM. The results of each model were evaluated using root mean squared error (RMSE) to determine the model that best fit the data. SRM and GAM included covariates associated with maternal hypothermia, which are BMI and core temperature at OR admission [24].

Statistical significance was defined as P value < 0.05. All statistical analyses were performed with R version 3.6.3 (R Foundation for Statistical Computing, Vienna, Austria).

Results

A total of 52 patients were assessed for eligibility. Of those, three patients were excluded, resulting in the enrollment of 49 patients. One patient was excluded due to inadequate accuracy of PI measurement; 48 patients were finally evaluated. The flow diagram for excluded patients is shown in Fig. 1.

Parturient and surgical characteristics are summarized in Table 1. No parturients began labor before surgery. Ephedrine was not administered to any parturient. The median [interquartile range] atropine requirement was 0 [0 to 0.5] mg. Data related to body temperature and toe PI in the parturients are listed in Table 2.
Table 1
General characteristics of the parturients and the surgery

| Parturient characteristics                                      |       |
|------------------------------------------------------------------|-------|
| **Age (years)**                                                  | 35 [31 to 37] |
| **Height (cm)**                                                  | 159 [156 to 163] |
| **Weight (kg)**                                                  | 65 [59 to 69] |
| **BMI (kg/m²)**                                                  | 25.6 [22.8 to 27.5] |
| **Gestational age (weeks)**                                     | 38 [38 to 38] |
| **Gravidity**                                                    | 3 [2 to 3] |
| **Parity**                                                       | 1 [0 to 2] |
| **Previous cesarean delivery**                                  | 28 (58%) |
| **Pregnancy-induced hypertension**                               | 2 (4%) |
| **Gestational diabetes**                                         | 2 (4%) |
| **Twin pregnancy**                                               | 7 (15%) |
| **Surgical characteristics**                                    |       |
| **Surgery time (min)**                                           | 76 [65 to 88] |
| **Total volume of intraoperative IV fluids (mL)**                | 1423 [1252 to 1681] |
| **Estimated blood loss (mL)**                                   | 913 [696 to 1287] |
| **Total dose of phenylephrine (µg)**                             | 620 [345 to 870] |
| **Dose of phenylephrine per body weight (µg/kg)**                | 8.9 [5.7 to 12.7] |
| **Preoperative sensory block level (%)**                         |       |
| **T2**                                                           | 11 (23%) |
| **T4**                                                           | 37 (77%) |
| **Number of epidural doses of 2% lidocaine (5mL) to achieve sensory block level** | 0 [0 to 0] |
| **Sensory block level at end of surgery (%)**                    |       |
| **T4**                                                           | 25 (52%) |
| **T6**                                                           | 18 (38%) |

Data are presented as median [interquartile range], or the number of patients (%).

BMI: body mass index; IV: intravenous.
### Parturient characteristics

|   |   |
|---|---|
| T8 | 3 (6%) |
| T10 | 2 (4%) |

Data are presented as median [interquartile range], or the number of patients (%).

BMI: body mass index; IV: intravenous.
Table 2
Parturient’s body temperature, cold-related outcomes, and parturient’s toe PI

| Parturient body temperature (°C) |   |
|---------------------------------|---|
| At OR admission                 | 37.2 ± 0.4 |
| Delivery of anesthesia          | 37.2 ± 0.4 |
| Delivery of anesthesia + 5 min  | 37.1 ± 0.4 |
| Delivery of anesthesia + 10 min | 37.1 ± 0.4 |
| Delivery of anesthesia + 20 min | 37.0 ± 0.4 |
| Delivery of anesthesia + 30 min | 37.0 ± 0.4 |
| Delivery of anesthesia + 40 min | 37.0 ± 0.3 |
| Delivery of anesthesia + 50 min | 36.9 ± 0.3 |
| Delivery of anesthesia + 60 min | 36.9 ± 0.3 |
| Minimum intraoperative core temperature | 36.8 ± 0.4 |
| Maximum core temperature decrease† (°C) | -0.4 ± 0.2 |
| Occurrence of intraoperative hypothermia (< 36.0°C) | 3 (6%) |
| Occurrence of shivering at leaving the OR | 2 (4%) |
| Bedside Shivering Assessment Scale at leaving the OR | 0 [0 to 0] |
| ASHRAE scale at leaving the OR | 0 [-1 to 0] |
| Parturient toe PI (%) |   |
| OR admission (preoperative toe PI) | 1.8 ± 1.1 |
| Delivery of anesthesia          | 1.8 ± 1.3 |
| Delivery of anesthesia + 5 min  | 5.6 ± 2.3 |
| Delivery of anesthesia + 10 min | 7.3 ± 2.3 |
| Delivery of anesthesia + 20 min | 8.6 ± 2.7 |

Data are presented as mean ± SD, median [interquartile range], or the number of patients (%).

†Maximum core temperature decrease: the difference between core temperature at OR admission and minimum intraoperative core temperature.

ASHRAE scale: American Society of Heating, Refrigerating and Air-Conditioning Engineers scale; OR: operating room; PI: perfusion index; SD: standard deviation.
| Parturient body temperature (°C)                      |   |
|----------------------------------------------------|---|
| Delivery of anesthesia + 30 min                   | 8.6 ± 3.3 |
| Delivery of anesthesia + 40 min                   | 8.4 ± 3.0 |
| Delivery of anesthesia + 50 min                   | 8.1 ± 2.7 |
| Delivery of anesthesia + 60 min                   | 7.9 ± 2.8 |

Data are presented as mean ± SD, median [interquartile range], or the number of patients (%).

†Maximum core temperature decrease: the difference between core temperature at OR admission and minimum intraoperative core temperature.

ASHRAE scale: American Society of Heating, Refrigerating and Air-Conditioning Engineers scale; OR: operating room; PI: perfusion index; SD: standard deviation.

Figure 2 shows a parallel plot, which represents the profile of an individual and the mean ± SD of the core temperature at each observation point. The core temperature tended to decrease gradually after spinal anesthesia. The maximum core temperature decrease ranged from −0.1°C to -1.1°C, with a mean ± SD of -0.4 ± 0.2°C.

Figure 3 shows a parallel plot and the mean ± SD of the toe PI at each observation point. Preoperative toe PI ranged from 0.5–5.4%, with a mean ± SD of 1.8 ± 1.1%. The toe PI gradually increased after spinal anesthesia and did not change significantly after 20 minutes of anesthesia.

Figure 4 shows the scatter plots of the maximum core temperature decrease and the preoperative toe PI, and the predicted curve fitted by SRM and GAM. In the SRM, the slope for the association between the maximum core temperature decrease and the preoperative toe PI, regression coefficients, changed from 0.031 to 0.124 after PI = 2.4%. In the GAM, there was a small decrease in core temperature when preoperative toe PI was greater than 2.0–3.0%.

Discussion

In this prospective cohort study, we demonstrated that a lower preoperative toe PI was associated with spinal anesthesia-induced core temperature decrease during cesarean delivery. To the best of our knowledge, this study is the first to preoperatively identify parturients at high risk of intraoperative core temperature decrease during cesarean delivery. The early prediction of maternal core temperature decrease using toe PI may contribute to the development of a targeted maternal warming strategy for the prevention of redistributive temperature decrease.

Even under normal conditions, body heat is not evenly distributed throughout the human body [25]. The human body can be divided into two parts: a core thermal compartment consisting of the head and trunk and a peripheral thermal compartment consisting of the arms and legs. The peripheral temperature is usually 2–4°C lower than the core temperature. This core-to-peripheral temperature gradient is
maintained by thermoregulatory vasoconstriction; in particular, the vascular response is remarkable at the acral regions (e.g., fingers, toes, or nose), which have well-developed arteriovenous shunts and counter-current heat exchange mechanisms. Peripheral PI reflects perfusion changes associated with the thermoregulatory vascular responses, and the PI correlates with the core-to-peripheral temperature gradients [12, 14]. Neuraxial anesthesia directly causes vasodilation and inhibits normal thermoregulatory vasoconstriction, resulting in core-to-peripheral redistribution of body heat and core temperature decrease. Hence, preoperative toe PI could reflect the severity of redistributive temperature decrease during cesarean delivery, as it represents the core-to-peripheral temperature gradients before the induction of spinal anesthesia.

Techniques to preoperatively identify parturients at high risk of intraoperative core temperature decrease are important to prevent maternal hypothermia [8, 26]. Herein, a lower preoperative toe PI was associated with maternal core temperature decrease during cesarean delivery under spinal anesthesia. Therefore, continuous perioperative warming is necessary, and preoperative active warming may be useful, for parturients with low preoperative toe PI. A prospective randomized controlled trial reported that preoperative active warming and administration of warmed perioperative IV fluids have prevented redistributive temperature decrease [27]. Preoperative active warming aims to prevent redistributive temperature decrease by increasing the peripheral temperature before the induction of anesthesia to reduce the core-to-peripheral temperature gradient. Further clinical studies are needed to determine the effect of preoperative active warming on the prevention of hypothermia during cesarean delivery under spinal anesthesia in parturients with low preoperative toe PI.

A previous secondary analysis in a randomized controlled trial showed that preoperative anterior thigh temperature does not correlate with the maximum perioperative temporal temperature decrease during cesarean delivery under spinal anesthesia [8]. This may have been influenced by the choice of anterior thigh temperature as peripheral temperature, considering it is generally higher than toe temperature. Further, the core temperature decrease during the first hour after spinal anesthesia induction is mainly attributed to the redistribution of body heat from the core thermal compartment to the distal leg (lower leg and foot), where the redistribution is greater than in the proximal leg [1]. Therefore, anterior thigh temperature might not be reliable for measuring peripheral temperature related to core-to-peripheral temperature gradients.

In the present study, the maximum intraoperative core temperature decrease was $-0.4 \pm 0.2^\circ C$, which was within normal physiological variation in temperature (about $-0.5^\circ C$) [28]. This decrease was small compared to the results of a previous observational study [7, 29], and this probably influenced the low incidence of maternal intraoperative hypothermia ($<36.0^\circ C$) and shivering. The main reasons for this small decrease were maintenance of a relatively higher operating room temperature in our study [29, 30], continuous administration of phenylephrine after spinal anesthesia, and the omission of neuraxial hydrophilic opioids. Continuous phenylephrine administration suppresses the redistributive temperature decrease after spinal anesthesia without contracting the arteriovenous shunts [31]. Furthermore, a randomized double-blind controlled study showed that intrathecal morphine administration may
exacerbate hypothermia [32]. However, in this study, preoperative toe PI was significantly associated with the extent of maternal core temperature decrease, despite the small decrease in the core temperature. It is necessary to confirm whether similar results as obtained by our study can be reproduced in parturients with a larger decrease in the core temperature.

This study has several limitations. Firstly, the incidence of maternal hypothermia in the study population was lower than in those of similar prospective studies, which may have limited our ability to detect major differences within the population. Secondly, we did not measure the toe temperature, owing to insufficient equipment. Therefore, we could not measure the changes in the peripheral temperature and the changes in the core-to-peripheral temperature gradients; thus, the association between these changes and toe PI changes remains unclear. Thirdly, this study had a small sample size and was conducted at a single institution. A large prospective cohort study is required to confirm whether the results of SRM and GAM in our study are useful for screening all parturients at high risk of intraoperative maternal temperature decrease.

Conclusions

We demonstrated that preoperative toe PI was associated with the extent of maternal core temperature decrease during cesarean delivery under spinal anesthesia. Preoperative toe PI is a simple, non-invasive, and effective tool for the early prediction of perioperative core temperature decrease during cesarean delivery.

Abbreviations

ASHRAE: American Society of Heating, Refrigerating and Air-Conditioning Engineers; AIC: Akaike's Information Criterion; BMI: body mass index; GAM: generalized additive model; HR: heart rate; IV: intravenous; OR: operating room; PI: perfusion index; RMSE: root mean squared error; SBP: systolic blood pressure; SD: standard deviation; SRM: segmented regression model

Declarations

Ethics approval and consent to participate:

This study protocol was approved by the Clinical Research Ethical Committee of National Hospital Organization Nagasaki Medical Center (approval number: 2019059) on 2nd September 2019 and follows the Declaration of Helsinki. The study was registered with UMIN Clinical Trials Registry (Trial registry number: UMIN000037965, registration date: 8th September 2019) before the onset of participant enrollment. Written informed consent was obtained from each participant before study participation.

Consent for publication:
Not applicable.

Availability of data and materials:
The datasets used and analysed during the current study are available from the corresponding author on reasonable request.

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The authors declare that they have no competing interests.

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Authors’ contributions:
SK: conceptualization, methodology, investigation, data curation, original draft preparation, project administration; K.Hara: conceptualization, methodology, investigation, review & editing; SS: formal analysis, visualization, review & editing; TN: formal analysis, visualization, review & editing; YK: formal analysis, visualization, review & editing; MT: conceptualization, investigation, review & editing; SU: conceptualization, investigation, review & editing; AN: conceptualization, investigation, review & editing. K.Hamada: conceptualization, investigation, review & editing; MY: conceptualization, investigation, review & editing; TH: review & editing, supervision. All authors read and approved the final manuscript.

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**Figures**

Assessed for eligibility  
(n = 52)

Excluded (n = 3)  
▷ Morbid obesity [BMI ≥ 40 kg/m²] (n = 2)  
▷ Hyperthyroidism (n = 1)

Total recruited  
(n = 49)

Excluded due to inadequate accuracy of PI measurement (n = 1)

Finally analyzed  
(n = 48)

**Figure 1**

Flow diagram of patient enrollment and analysis in this study. BMI: body mass index; PI: perfusion index.

**Figure 2**

Parallel plot and mean ± SD of the core temperature. SD: standard deviation.
Figure 3

Parallel plot and mean ± SD of the toe PI PI: perfusion index; SD: standard deviation.

Figure 4

Scatter plots of the maximum core temperature decrease and the preoperative toe PI, and the predicted curve fitted by SRM and GAM Maximum core temperature decrease: the difference between core
temperature at OR admission and minimum intraoperative core temperature. SRM: segmented regression model; GAM: generalized additive model; OR: operating room; PI: perfusion index.

**Supplementary Files**

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