Tying the knot
The cystine signature and molecular-recognition processes of the vascular endothelial growth factor family of angiogenic cytokines
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Introduction
Disulfide bonds between pairs of cysteine residues in some proteins form a unique functional signature and are considered to be major determinants of protein stability and folding. The cystine-knot motif, formally identified as a structural motif about 20 years ago [1], is one such arrangement of disulfide bonds that is present in peptides and proteins from a wide variety of species. This knotted arrangement of disulfide bridges is usually associated with β-sheet structures in proteins in which they occur. Although the motif was initially thought to be characteristic of some growth factors, it soon became apparent that the cystine-knot is also quite common in a variety of smaller peptides, especially the small cysteine-rich toxins. However, when...
the spatial properties of the knot in these smaller peptides were taken into account, the motif could not be superimposed directly with those of the growth factors. This led to the classification of the cystine-knot-containing proteins into three groups ([2]; Fig. 1): growth factor cystine-knots (GFCKs), inhibitor cystine-knots (ICKs) and cyclic cystine-knots (CCKs). The disulfide connectivity in all these cystine-knot molecules is identical. Usually six cysteine residues, labelled in order from the N-terminus to the C-terminus, are involved in forming the knot. The knot is an embedded ring formed by two disulfide bridges and their connecting backbone segments, which is penetrated by a third disulfide bridge. The three disulfide bridges are formed between Cys I and Cys IV, Cys II and Cys V and Cys III and Cys VI (any intervening cysteine not involved in the formation of a disulfide bond is conventionally ignored from being labelled). The main distinguishing feature between these three families is that the penetrating disulfide bridge for the GFCKs is Cys (I–IV) while that for the other two families is Cys (III–VI). The unique feature that distinguishes the CCKs from the ICKs is the cyclic nature of their protein backbone. One of the interesting features of cyclic peptides is that knowledge of the peptide sequence does not reveal the ancestral head and tail; knowledge of the gene sequence is required for this. Post-translational linkage of the N-terminal and C-terminal residues via a peptide bond results in cyclisation of this molecule.

**Growth factor cystine-knots**

The cystine-knot superfamily of growth factors is a diverse group of proteins that are involved in a range of biological functions such as cell growth, organogenesis, embryonic development, cell-to-cell communication and differentiation, as well as tissue repair and remodelling. In addition to being involved in many of the normal physiological functions of the cell, these growth factors are also known to influence the pathophysiological outcome of several malignant disorders. GFCKs can be further divided into four groups; each subfamily is

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**Fig. 1.** Schematic representation of the three groups of cystine-knot proteins [107]: GFCKs, ICKs and CCKs. The cysteine residues are labelled I to VI and the disulfide bonds are shown as dotted lines.

**Fig. 2.** Ribbon representation of the four GFCK prototypes [108]. The cystine-knot motif is shown in all four structures as a ball-and-stick model. The PDB codes for coordinates used are indicated in parentheses.
exemplified by prototypes such as transforming growth factor-β (TGF-β), nerve growth factor (NGF), platelet-derived growth factor (PDGF) and glycoprotein hormones (GPHs) such as gonadotropins (Fig. 2). In addition to these well-known members, novel proteins are being continuously added to the growing repertoire that is the cystine-knot superfamily [3]. These new members are collectively called the C-terminal cystine-knot (CTCK) proteins. The proteins of this subfamily are functionally diverse modular proteins that share a conserved domain of about 90 amino-acid residues in their C-terminal cysteine-rich region. Members of the CTCK family include von Willebrand Factor, mucins, Cyr61 [cysteine-rich protein 61 (CCN)] proteins [4], Slit protein and the Norrie Disease Protein. Phylogenetic analysis [3] of the cystine-knot-containing proteins identified two main branches: the TGF-β (1TGF) family forms one definite group and the PDGF (1PDG), NGF (1BET) and GPH (1HCN) families form the other main branch of the phylogenetic tree.

Included in the PDGF family of cytokines is a subgroup of growth factors that are encoded by several genes which regulate the processes of angiogenesis and lymphangiogenesis. This family of polypeptides is known as the vascular endothelial growth factor (VEGF) family of cystine-knots. This review focuses on the structural homology shared by these growth factors by virtue of the cystine-knot motif and how the knot-like topology has played an important role in receptor recognition and signalling transduction events that lead to blood and lymphatic vessel development.

VEGF family: ligands

The VEGF family comprises six subgroups of proteins: VEGF-A, -B, -C, -D and -E and placenta growth factor (PIGF). These bioactive proteins exemplify the development of distinct biological functionalities during the process of blood vessel formation. These polypeptides display a common structural architecture despite little sequence homology (Fig. 3). The crystal structures of these growth factors demonstrate that all have a similar topology based on the cyclic-knot of cysteines involved in both intrachain and interchain disulfide bonds. This cysteine connectivity stabilizes the Cα framework of these growth factors for elaboration of the solvent-exposed loop regions that form the receptor-binding surface on these polypeptides. The members of this fam-

![Fig. 3. Sequence alignment of all human VEGF family proteins. The alignment was created using the program ALINE [109]. The amino acid residues have been coloured based on similarity. Identical residues are shaded black and residues of similar character are coloured in shades of grey. The cysteine residues that are involved in the formation of the knot are shaded yellow. They are numbered in order from N-terminus to the C-terminus. The three disulfide bridges are formed between Cys I and Cys VI, Cys III and Cys VII, and Cys V and Cys VIII.](image-url)
ily are biologically active as dimers: mainly as homodimers and sometimes as heterodimers. These growth factors mediate their different biological roles by binding to three high-affinity tyrosine kinase receptors (Fig. 4): vascular endothelial growth factor receptor (VEGFR)-1, VEGFR-2 and VEGFR-3 [5–7]. VEGFR-1 and VEGFR-2 have differential kinase activation potentials, although both are important for normal development. VEGFR-1 and VEGFR-2 are primarily involved in blood vessel growth, whereas VEGFR-3 is mainly involved in haematopoiesis and lymphangiogenesis. Apart from these three tyrosine kinases, different splice forms of VEGF-A, VEGF-B and PIGF bind the semaphorin receptors neuropilins (NRPs) 1 and 2 [8]. VEGF-E (the viral VEGF) has also been shown to bind NRP-1, even though it lacks a heparin-binding domain. Some of these isoforms also bind heparan sulfate proteoglycans (HSPGs). VEGFs and VEGFRs are also known to form complexes with integrins and extracellular matrix components.

**Vascular endothelial growth factor-A**

VEGF-A is the most potent and pivotal regulator of angiogenesis and vasculogenesis. A highly specific mitogen for vascular endothelial cells (ECs), VEGF-A promotes extravasation of proteins from tumour-associated blood vessels. Disruption of genes encoding VEGF-A results in severe defects and abnormalities in the development of the cardiovascular system. Hypoxia is one of the major up-regulators of VEGF-A expression and is thought to drive angiogenesis during organogenesis [9]. On the other hand, limited/reduced VEGF-A supply to the tissues leads to inhibition of organ development [10,11]. Alternative splicing of VEGF-A mRNA produces five isoforms: VEGF-A₁₂₁, VEGF-A₁₄₅, VEGF-A₁₆₅, VEGF-A₁₈₉ and VEGF-A₂₀₆ (Fig. 5). These isoforms differ in their heparin and heparan sulfate-binding abilities.

VEGF is expressed in spatial and temporal association with physiological as well as tumour angiogenesis.
Expression of VEGF-A induces the formation of vesiculo-vacuolar organelles that channel the blood-borne proteins into the tumours. This forms an extracellular fibrin gel that stimulates ECs and tumour cells to proliferate and migrate and also supports the invasion of stromal cells into the growing tumours [12]. The similar mechanism of VEGF-A induction during physiological as well as tumour angiogenesis explains why VEGF-A plays a central role in so many types of diverse tumours.

VEGF-A expression can be stimulated by several other factors, even in the presence of oxygen. Activated oncogenes that are part of the ras/mitogen-activated protein kinase (MAPK) signal transduction pathway potentiate expression of VEGF-A mRNA [13]. Hypoxia-independent production of VEGF-A can also be brought about by hypoglycaemia [14] and by inactivation of tumour-suppressor genes such as von Hippel Landau and p53 genes at both transcriptional and post-transcriptional levels [15,16].

**Fig. 5.** Genomic (human, denoted with the prefix 'h') organization and alternative splice forms of VEGF-A, VEGF-B and PIGF [107]. The exons coding for the PDGF homology domain (orange), heparin-binding domain (dark blue) and NRP-binding domain (light blue) are indicated in the figure. The exons are shown as oval, shaded structures, whereas the introns are represented by lines. The sizes and lengths of the exons and introns have not been drawn to scale.
Inhibition of VEGF-A signalling inhibits the development of many tumours. The production of antagonistic VEGF-A mutants, VEGF receptor inhibitors, antisense mRNA-expressing constructs, inhibitory soluble receptors and humanized monoclonal antibodies against human VEGF-A are some of the strategies that are being undertaken to treat VEGF-induced tumour angiogenesis. VEGF-A is also being used to develop therapeutics for the treatment of diseases related to dysfunctional angiogenesis [17,18].

Apart from its role as an endothelial-specific factor, VEGF-A has also been classified as an angioneurin because it is known to affect both vascular cell and neural cell functions. Recent studies have shown that VEGF-A has an important role to play in vessel and neuronal wiring in the central nervous system (CNS). VEGF-A, through its interaction with VEGFR-2, induces vascularization of the neural tube via the formation of a perineural vascular plexus [19]. It has been shown that a spatial gradient formed by the different isoforms of VEGF-A is essential for proper vessel patterning in the brain [20]. VEGF-A also regulates neuronal cell migration by interacting with NRP-1 [21]. Besides its effects on synaptic plasticity in the CNS and neuroprotective effects on different neuronal cell types in both the CNS and the peripheral nervous system, it has also been shown that there is strong evidence for an unsuspected link between VEGF-A and motor neurons from the studies of amyotrophic lateral sclerosis (ALS) [22,23]. Apart from ALS, VEGF-A has been linked to several other neurodegenerative diseases such as Alzheimer’s disease [24] and Parkinson’s disease [25], and to neuropathies such as those associated with diabetes, ischemia and nerve injury.

**Vascular endothelial growth factor-B**

VEGF-B, like VEGF-A, occurs in alternately spliced forms (Fig. 5): VEGF-B167 and VEGF-B186 [26,27]. VEGF-B is both structurally and functionally related to VEGF-A and PlGF. The smaller isoform is highly basic and is associated with the cell surface via HSPGs. VEGF-B controls the bioavailability of VEGF-A by forming heterodimers with it. Both isoforms of VEGF-B are devoid of N-glycosylation sites, although VEGF-B167 has an O-glycosylation site instead [26].

VEGF-B has wide tissue distribution, albeit overlapping with VEGF-A, and experiments reveal that VEGF-B can act as an EC growth factor [26]. VEGF-B displays quite prominent expression in the developing heart and in several muscle types during embryonic development [28]. Gene-knockout studies performed in mice by ablating VEGF-B expression revealed that response to myocardial recovery from ischemia and vascular occlusion is jeopardized [29]. Studies show that VEGF-B167 (along with VEGF-A165 and PlGF-1) can induce mast cell chemotaxis and has a role to play in inflammatory and neoplastic angiogenesis [30]. VEGF-B has also been implicated in several pathological conditions, such as metastases of cancer cells, through activation of plasminogen activator, pulmonary hypertension and growth of tumours [31]. Interestingly, some recent studies implicate a role for VEGF-B in lipid metabolism, a function not yet assigned for an angiogenic growth factor [32].

**Vascular endothelial growth factor-C**

The VEGF homology domain in VEGF-C is flanked by unique N- and C-terminal extensions (Fig. 6). The carboxy-terminal domain contains a repetitive pattern of cysteine residues, Cys–X10–Cys–X–Cys–X–Cys. The pro-peptide VEGF-C undergoes stepwise proteolytic cleavage to form a 21-kDa protein [27,33]. Interestingly, VEGF-C has been described to occur as a mixture of covalently and noncovalently bound dimers [34,35]. VEGF-C is expressed during embryonic development in regions where lymph vessels sprout from blood vessels. In adults, however, VEGF-C is mainly restricted to the lymphatic endothelium and has been implicated in the development of lymphatic vessels [36,37]. C-terminally cleaved VEGF-C is a high-affinity ligand for VEGFR-3 and upon removal of both pro-peptides it acquires binding affinity for VEGFR-2. It has a higher binding affinity for VEGFR-3 than for...
VEGFR-2. Unlike some of the other VEGF family members, VEGF-C does not bind heparin. It selectively stimulates lymphangiogenesis in the chorioallantoic membrane, whereas VEGF-A promotes haematic proliferation [33].

Vascular endothelial growth factor-D

VEGF-D is yet another member of the VEGF family of proteins. It shares around 48% amino-acid sequence identity with VEGF-C [38]. Like VEGF-C, the N-terminal and C-terminal pro-peptides (Fig. 6) of VEGF-D also undergo stepwise proteolytic cleavage to acquire binding affinity for VEGFR-2 and VEGFR-3 [39]. VEGF-D is a tumour angiogenesis factor and promotes EC proliferation. Experiments with a mouse tumour model reveal that VEGF-D stimulates lymphangiogenesis within tumours. It promotes tumour metastasis via development of the lymph vessels by activating VEGFR-3 and not VEGFR-2 [40]. VEGF-D is also known to play a modifier role by modulating the abundance of lymphatic vessels in some tissues during embryonic development [41,42]. In adults, VEGF-D is localized in smooth muscle cells in a variety of tissues, suggesting that it might play a role in facilitating rapid repair of vessels in the event of tissue damage [43]. VEGF-D has also been implicated in mechanisms of resistance to clinical anti-angiogenic agents. It has been suggested that because VEGF-D is an alternative ligand to VEGF-A for VEGFR-2, VEGF-D could be potentially responsible for patients not responding, or developing resistance, to Avastin [44].

Vascular endothelial growth factor-E

Pox viruses of the Orf family encode reading frames for proteins called VEGF-E that show only 25-35% amino-acid identity with VEGF-A (Fig. 3) but bind with comparable affinity to VEGFR-2 [45]. VEGF-E isoforms display a considerable degree of sequence variation [46]. They all lack a heparin-binding domain, but some variants retain binding to NRP-1 [47]. The viral VEGFs are potent mitogens that stimulate proliferation of human ECs in vivo and vascularization of sheep skin in vitro with potencies equivalent to that of VEGF-A [48]. It was also shown that transgenic mice over-expressing the NZ7 variant of VEGF-E showed increased vascularization in subcutaneous tissue without producing the oedematous lesions typically present on the skin of VEGF-A transgenic mice. Studies by Kiba et al. [49] showed that exchanging the region encompassing loops L1 and L3 of the VEGF-E variant NZ7 with the corresponding loops from VEGFR-1-binding ligands, such as PlGF or VEGF-A, strongly reduced the activity of this viral VEGF, implying specific interactions between L1 and L3, and VEGFR-2.

Vascular endothelial growth factor-F

VEGF-Fs are the snake-venom-derived VEGFs, vammin and VR-1. These VEGF homologues possess < 50% amino-acid sequence identity (Fig. 3) with VEGF-A165 [50]. The two VEGF-F proteins display potent biological activities both in vitro and in vivo when compared with VEGF-A165. VEGF-Fs are 25-kDa homodimeric heparin-binding proteins with a markedly short C-terminal region (of 16–17 residues). This region does not bear any significant homology to the C-terminal region of other VEGF homologues. It was shown that VEGF-F binds heparin-like molecules via its C-terminal region and inhibits the biological activity of VEGF-A165 [51].

Placenta growth factor

The human term placenta codes for a VEGF homologue known as the PlGF [52]. An alternative splicing mechanism produces four isoforms of PlGF, numbered 1–4 (Fig. 5). PlGF mRNA is abundantly expressed in placental tissue and is also present in very small amounts in heart, lung, thyroid, goitre and skeletal muscle. No expression of PlGF has been detected in kidney and pancreas [53].

Hybridization studies have revealed that PlGF is well conserved in the mammalian, bovine, chicken, amphibian and insect genomes. This suggests that the PlGF gene has specific and indispensable functions. The importance of this protein is emphasized by the fact that a dysfunctional/ absent gene in a mouse embryo leads to an impaired blood vessel network and subsequently to the death of the embryo. The development and cell-specific regulation of the process of alternative mRNA splicing may have important consequences for physiological and pathological processes. Studies reveal a preferential expression of PlGF-2 in the placental tissue and cell lines, suggesting that this long form of PlGF may be involved in the growth and maintenance of pregnancy [54].

PlGF is also induced in human keratinocytes during wound healing [55], its expression regulated by key cytokines released during an injury or a wound. It has also been shown that melanoma progression in humans is accompanied by deregulated, constitutive PlGF expression. PlGF, however, serves no apparent autocrine role in melanoma proliferation. It has been established that
recombinant, purified PlGF-2 is able to stimulate bovine aortic ECs and HUVECs [56], but not the ECs from hepatic sinusoids [57]. PlGF isoforms have very little mitogenic or permeability-enhancing activity. However, they significantly potentiate the action of low concentrations of VEGF-A in vitro and more strikingly in vivo [58]. Gene knockout studies by Carmeliet et al. [59] revealed that synergistic cooperation between PlGF and VEGF-A in pathological conditions is specific (Fig. 7). Upregulation of PlGF by ECs leads to displacement of VEGF-A from its receptor, thus increasing the bioavailability of VEGF-A [60].

**VEGF family: three-dimensional structures and functional implications**

The aim of angiogenesis research is to characterize the ECs that originate from tumour tissues, to continue to identify biochemical targets and elucidate the three-dimensional (3D) structures of all the macromolecules involved in the process of angiogenesis. It is important to elucidate and quantify the structure–function relationship of these macromolecules in parameteric terms in order to correlate the dynamics of all biological processes and unravel the complex pathways that are integrated into the process of blood vessel formation. The 3D structures define the interface of ligands and their receptors or other macromolecular targets. Structural studies on the VEGF family of proteins and their receptors have been the focus of much research. The following section discusses the insights gained into the function of these angiogenic factors by the study of their structures: native as well as in complex with their cognate receptors or antibodies generated specifically to abolish ligand–receptor interactions.

**Native structures: unbound forms**

To date, crystal structures of the unbound forms of the receptor-binding domains of VEGF-A [61], PlGF-1 [62] and VEGF-B [63] and VEGF-D [64], VEGF-E [65] and VEGF-F [50] have been reported. All six structures are remarkably similar to each other in their topology, with distinct structural differences in the N-terminal region (Fig. 8). A high degree of sequence conservation of the structurally important residues between these growth factors results in the same overall 3D structure being adopted. VEGF-D has an extended N-terminal α-helix, which in the other three structures is short with the preceding residues folding away from the receptor-binding interface. The 3D structures of these proteins is fashioned by a nonglobular sheet-like structure made up of highly twisted antiparallel β-strands with two distorted β-hairpin loops on one side of the cystine-knot and a single loop on the other. VEGF proteins occur as biological homodimers in which the monomers associate via hydrophobic interactions with the dimer axis perpendicular to the plane of the β-sheet. Each monomer consists of two α-helices and seven β-strands. There are very few contacts between the two monomers at the central, highly irregular and solvent-accessible β-sheet region. This highly twisted (the largest twist is observed in strand β4) and antiparallel β-sheet region of the growth factors superposes well, even to the extent of maintaining some of the important hydrogen-bonding donor and acceptor residues.

The dimeric structure is stabilized by the cystine-knot motif and a hydrophobic core region (one per monomer). The cystine-knot is formed by the first two bonds and the backbone of the intervening polypeptide through which the third disulfide bridge passes. The cystine-knot motif in the VEGF family of growth factors also consists of two interchain disulfide bonds that hold the two monomers together. A conserved gap size between the cysteines in the knot ensures that their positions in the β-strands are maintained amongst all VEGF proteins. All the cysteines involved in forming the knot (including those involved in forming the interchain disulfide bond) have their main-chain torsion angles (φ, ψ) within the range specified for a typical β-strand. Conservation of a glycine residue at the position that precedes the cysteine residue involved in the formation of an interchain disulfide bond emphasizes the importance of the motif in maintaining structural integrity of the proteins belonging to this superfamily. This glycine has been seen to maintain positive dihedral main-chain conformation in all the structures solved for the different VEGF proteins.

The cystine core provides excellent proteolytic resistance and thermal stability to these growth factors. Thermodynamic stability and thermal-stability analyses of different disulfide mutants of VEGF-A, performed by Muller et al. [66], showed that the cystine-knot is responsible for entropic stabilization of the molecule and that none of the disulfide bridges increases the thermodynamic stability of VEGF-A. Crystal structures of the disulfide mutants revealed that the structural differences in these mutants were restricted to differences in loop structures or differences in the coplanar arrangement of the monomers in the dimer. Although a similar thermodynamic characterization has not been carried out for any of the other members of the VEGF family, it is very likely that the other members emulate similar thermodynamic properties.
Fig. 7. Modification of the EC response to VEGF-A (green) by PIGF (magenta) during pathological conditions [107]. When the concentration of PIGF is low, both VEGFR-1 (purple) and VEGFR-2 (orange) bind VEGF-A and normal angiogenesis occurs (A). However, during pathological conditions (B and C), there is an increase in the concentration of PIGF, which displaces VEGF-A from VEGFR-1 and thereby increases the bioavailability of VEGF-A for VEGFR-2 [59].
A considerable amount of structural information is available for VEGF-A complexes. Three-dimensional structures are available for VEGF-A in complex with VEGFR-1 [67], Fab-12 [68], Fab-Y0317 [69], Fab-G6 and Fab-B20-4 [70]. The same is not true for the VEGFR-1-specific ligands VEGF-B and PlGF. Structural data on VEGF-B (apart from the native form) include the structure of this ligand in complex with a neutralizing antibody fragment, Fab2H10 [71] and in complex with VEGFR-1 [72]. Only the complex of PlGF with VEGFR-1 [73] has been reported to date. Recently, the structure of VEGF-C was elucidated in complex with VEGFR-2 [74] (Fig. 9).

The topology of the receptor–ligand complex is essentially the same amongst the VEGF family of ligands. Two receptor molecules ligate with the growth factor, one at each of the two symmetrical ends of the dimer formed by virtue of two intersubunit disulfide bridges. This mode of antiparallel dimerization brings into spatial proximity residues (from both monomers) that are involved in binding receptors. Another striking feature of dimerization is the clustering of positive amino acids (for some of the isoforms of the different VEGF proteins). This region is believed to play an important role in binding HSPGs and therefore enhances their receptor-binding affinity. Pairwise superposition of these dimeric growth factors in their receptor-bound state versus their native form results in very low Cα displacement values, indicating that the growth factors do not undergo any major conformational change and require no induced-fit mechanism to enable binding to their respective partners. However, superposition of the Cα traces of these growth factors reveals conformational differences at the N-terminal region, some loop regions and the C-terminal region. Interestingly, these loop regions form part of the receptor-binding interface. These variable regions are responsible for the functional differences observed between the VEGF proteins. The compact and stable framework provided by the cystine-knot confers upon these growth factors the ability to recognize common binding partners, whereas the variability of the loop regions allows for the presentation of active residues for specific binding interactions, which lead to a diverse range of biological functions mediated by the VEGF proteins. The description that follows focuses mainly on the different VEGFR-1 complexes elucidated so far, with some discussion on the similarities and differences with the VEGFR-2 complex [74].

The interface between VEGFR-1 and its ligands is flat, largely hydrophobic and hence energetically favoured by shape complementarity between the two interacting surfaces. The two interfaces at each end of the growth factor dimer are usually identical, with the exception of loss/gain of a couple of residues from both the receptor and the ligand. The structures of the three VEGFR-1 complexes reveal that several negatively charged residues seem to mediate receptor binding to some degree, although the contributions to binding by these acidic residues (Asp63, Glu64 and Glu67 from VEGF-A) seem to be essential for the interaction of VEGF-A and PlGF with VEGFR-1 [75,76] but not so much for VEGF-B [77]. The major VEGFR-1-binding determinants on VEGF-B are yet to be established. Analysis of the amino-acid sequence of VEGF-A, VEGF-B and PlGF shows that despite low sequence homology within the residues interacting with the receptor, the binding stretch is almost identical in all three complexes. Although only 33% of the total residues contributed by the ligands to the binding interface are conserved, the amino acids compensate for the differences in the sequence between these three members of the VEGF family by occupying structurally equivalent positions and mediating very similar interactions.
interactions with the receptor. On the other hand, the contribution of VEGFR-1 to the binding interface remains unaltered because the residues presented to the interface by the receptor are identical in all three complexes. Most of these residues are involved in interacting with their respective ligands via hydrophobic or hydrogen-bonding interactions. However, important differences were observed when the surface areas of these residues, accessible after ligand binding, were analysed [72]. We hypothesize that these differences in surface accessibility might play a seminal role in deciding the importance of these residues in the affinity of these ligands towards VEGFR-1.

The structure of VEGF-C in complex with VEGFR-2 [74] revealed that the overall topology of the VEGFR-2 complex was essentially the same as the previously elucidated VEGFR-1 complexes. VEGF-C has the same topological fold and binds its receptor in a manner similar to the other members of the VEGF family, and the domain 2 of VEGFR-2 is structurally similar to the domain 2 of VEGFR-1 with which it shares about 32% amino acid sequence identity. This architectural similarity is, however, not carried through to the residues that interact with the growth factors in their respective receptor complexes. The degree of dissimilarity was shown to increase when the electrostatic potential of the binding interface in all the complexes was taken into consideration [72]. The VEGFR-1 interface, which is mainly basic, and the VEGFR-2 interface, which is mainly negatively charged, supports the specificity and receptor recognition profile of the different members of the VEGF family.

Apart from these receptor complexes, several structures of antibody complexes have also been elucidated. Most of these are structures of VEGF-A in complex with different antibodies (Fig. 10). The structure of
VEGF-B in complex with a humanized antigen-binding fragment prepared from a murine monoclonal antibody has also been elucidated [71]. The most notable difference between the two types of complexes lies in the character of residues that mediate the interactions. The structures show that receptor-bound complexes favour nonpolar interactions, whereas uncharged polar residues, such as tyrosine, threonine and serine, dominate the antibody-bound complexes [71,72]. Despite the differences in the sequence, comparative analysis of the antibody complexes with the receptor complexes revealed that the interacting segments from the respective dimeric growth factors bear a striking resemblance. The antibodies studied so far seem to span the same expanse on the ligand surface and bring about the neutralizing effect by steric hindrance, not by inducing any conformational change to prevent the receptor from binding to the growth factors.

**Growth factors, signalling and angiogenesis**

Angiogenesis, the process of formation of new blood vessels from pre-existing blood vessels, is a vital physio-
logical event in growth and development; it has been implicated in several diseased states and plays a fundamental role in the progression of tumours from their dormant state to their malignant form. Angiogenic molecules, such as those that comprise the VEGF family of cystine-knot growth factors, stimulate ECs to migrate, proliferate and eventually differentiate into new blood vessels through a complex process involving extensive interplay between oncogenes and suppressor genes, stimulatory and inhibitory molecules, proteases and endogenous inhibitors and environmental factors such as the oxygen level (hypoxia) or copper ion. Angiogenesis is such a complex phenomenon that a clear-cut distinction between angiogenic factors as being either inducers or inhibitors would be an oversimplification. Some act as both direct and indirect inducers of the process, while some function contextually, sometimes as inducers and sometimes as inhibitors. It has been experimentally established that the loss of control of termination and stabilization of the blood vessels is caused by the up-regulation of the positive regulators as well as by the exhaustion of the endogenous inhibitors of the process of blood vessel formation.

The ECs are central to the process of blood vessel formation as they integrate a variety of signals arising from growth factors, cell–matrix and cell–cell contacts. It is now an accepted assumption that the critical event in the regulation of the process of angiogenesis is the signal transduction cascade involving members of the VEGF family, especially VEGF-A. Several canonical signalling pathways, such as the MAPK pathway and the phosphatidylinositol 3-kinase (PI3K) pathway are activated by these growth factors as a result of binding to their high-affinity tyrosine kinase receptors and accessory co-receptors, and engagement of molecules such as the integrins and other receptor systems. In contrast to the well-defined role of VEGFR-2 in angiogenic signalling, the function of VEGFR-1 is not as well understood and hence most of the biological responses discussed below pertain to VEGFR-2-mediated signalling (Fig. 11).

A fundamental cellular mechanism by which VEGF maintains blood vessel stability and integrity is by activating anti-apoptotic signalling. VEGF inhibits cellular apoptosis by activating Akt/protein kinase B via a PI3K-dependent pathway [78,79]. VEGF also induces the expression of anti-apoptotic proteins such as Bcl-2 and A1 [80]. These, in turn, inhibit activation of the upstream caspases. Other signalling pathways that promote EC survival include crosstalk between integrins and the VEGF receptors [81], the protein kinase C (PKC) pathway [82] and the association of focal adhesion kinase (FAK) with paxillin. An increase in the degree of phosphorylation of FAK is a point of convergence for diverse EC survival stimuli.

EC proliferation is mainly brought about by the activation of the extracellular signal-regulated kinase (ERK) 1/2 pathway [83,84]. Studies using PKC inhibitors indicate that PKC isoforms (particularly α and ζ) play a crucial role in VEGF mitogenic signalling. PKC-dependent ERK activation is also known to mediate cell proliferation induced by VEGF [85]. VEGF has been shown to induce ras-independent and PKC-mediated induction of the Raf-MAPK/ERK kinase (MEK)-ERK pathway (involving nitric oxide (NO)-mediated Raf-1 activation) to stimulate cell proliferation [86,87].

Cell migration is another key step in the process of angiogenesis. VEGF induces the expression of proteases that promote the degradation of the basement membrane and therefore initiate cell migration. Several experiments point to a critical role for FAK-associated signalling in cell migration [88]. VEGF-induced chemotaxis is also brought about via the p38/MAPK pathway. Activation of the p38 kinase by VEGF leads to reorganization of the actin cytoskeleton, thereby stimulating cell migration [89]. Studies have shown that NO production, stimulated by VEGF, leads to podokinesis of ECs and hence angiogenesis [90,91]. A direct role for NO in VEGF-mediated cell migration came to light when it was shown that Ser1177 of endothelial nitric oxide synthase was phosphorylated via the Akt-dependent pathway [92]. PLC (phospholipase C)γ activation has also been implicated in mediating cellular responses linked to cell migration stimulated by VEGF [93].

The signalling mechanisms that underlie vascular permeability are not very clearly understood. VEGF induces the formation of fenestrae [94]. These are specialized regions of the plasma membrane that are highly permeable to small solutes. This is a crucial process by which VEGF regulates vascular permeability. VEGFR-2 is the principal signalling pathway for VEGF-mediated increase in vascular permeability during the process of blood vessel formation. Interestingly, unlike the pro-angiogenic VEGFs, the anti-angiogenic VEGFs, such as VEGF165b, stimulate vascular permeability by activating VEGFR-1 and not VEGFR-2 [95]. Experiments reveal that VEGF-induced vascular permeability initiates a series of events, including mobilization of intracellular Ca2+ [96], Src kinase activation [97] and stimulation of the PI3K [98] and p42/p43 MAPK pathways [99]. Ultrastructural studies show that VEGF activation of ECs in vitro leads to a very rapid loss of junctional integrity, disassociation of the adherens junctions and actin-
dependent contraction of areas of ECs to form transcellular gaps. These changes, which occur as a result of VEGFR signalling, are thought to be regulated by members of the Ras superfamily of small GTPases (Rho, Rac, Cdc42). Rac in particular seems to be linked to the formation of VEGF-induced fenestrae [100]. Stimulation of cellular responses by VEGFR-1 seems to be potentially dependent on the cell type. Only a few functions have been attributed to activation of VEGFR-1, all of which occur in non-ECs, including stimulation of the migration of peripheral blood monocytes by binding to PlGF [101], NO release in trophoblasts [102], up-regulation of matrix metalloproteinases in vascular smooth-muscle cells [103]. Functional expression of VEGFR-1 in adventitial fibroblasts is an important mediator in the pathogenesis of vascular remodelling after arterial injury [104]. It was also shown that VEGFR-1 down-modulates VEGFR-2-mediated EC proliferation via the PI3K-dependent pathways [105]. VEGFR-1-mediated ligand-induced (PlGF-1 or VEGF-A) signal transduction in primary monocytes was also shown to involve two MAPK pathways: p38 and ERK1/2. The activation of these two pathways is strongly dependent on the activation of PI3K [106]. These studies identified the underlying molecular basis for VEGFR-1-mediated signalling in primary monocytes and helped to put VEGFR-1 on the angiogenic signalling map as a functional receptor in its own merit.

Conclusions and perspectives

The VEGF–VEGFR signalling pathway is considered central to the process of angiogenesis, both in normal growth and development as well as in pathological settings. However, it is clear that the formation of stable and functional blood vessels requires the concerted action of multiple signalling cascades. In this light, new pathways are emerging, both upstream as well as downstream of the VEGF/VEGFR pathway, which are being recognized as essential for normal angiogenesis. Despite the large amount of basic and clinical
work that has already been carried out in this area, we are only just beginning to unravel the different functional roles played by the members of VEGF family by virtue of their interactions with the VEGF receptors. There still exist large gaps in our comprehension of the exact mechanism of molecular control of vessel growth and stability by the VEGF/VEGFR system. We need a better understanding of the temporal and spatial orchestration of the different angiogenic signalling pathways to gain a deeper insight into the mechanisms that govern activation of these cystine-knot proteins, specificity of receptor–ligand interactions, co-receptor choice and how these various inputs are integrated at the cellular level to provide the biological response needed. Answers to all these questions will feed towards the design of better drugs/inhibitors targeting VEGFs and the VEGFRs for use in anti-angiogenic therapy. There is still so much to learn about these molecules that angiogenesis research will only intensify further in the years to come.

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