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Dynamics of nano-magnetic oscillators

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1.1 Introduction

The use of spin polarized currents for manipulation of nano-magnetic structures, known as spintronics, has grown since its first inception by Slonczewski and Berger (Berger, 1996; Slonczewski, 1996) into a thriving field of research (Waintal et al., 2000; Tserkovnyak et al., 2002; Slonczewski and Sun, 2007; Ralph and Stiles, 2008; Tserkovnyak et al., 2008; Chudnovskiy et al., 2008; Bertotti, 2008; Ralph and Stiles, 2009). It has shown tremendous practical potential in its ability to quickly read and write non-volatile information into high density memory structures by reversing the orientation of magnetic bits as well as its ability to drive magnetic oscillators, which have a variety of uses (Burrowes et al., 2010; Mizukami et al., 2001; Tatara and Kohno, 2004; Li and Zhang, 2004; Parkin et al., 2008; Tatara et al., 2008; Beach et al., 2008; Hals et al., 2009; Tserkovnyak et al., 2005; Silva and Rippard, 2008; Cheng et al., 2010).

Slonczewski and Berger predicted that a current of spin polarized electrons passing through a ferromagnetic layer generates a torque on the magnet and thus can be used to change the orientation of the magnetization. This effect is known as a spin transfer torque. The spin-torque (ST) phenomenon consists of the transfer of angular momentum by the exchange interaction of electrons with the macroscopic magnetization. Due to the conservation of the total angular momentum in the interaction between spin polarized current and the magnetization of the ferromagnet, the net change in the angular momentum for the current flowing through the magnetic layer must be equal to the net angular momentum absorbed by the ferromagnetic layer. In turn, the angular momentum is proportional to the magnetization, the coefficient being given by the gyromagnetic ratio, hence the absorption of the angular momentum results in the change of the magnetization direction, that is in a torque on the ferromagnet. The existence of ST was confirmed experimentally (Myers et al., 1999; Tsoi et al., 1998). This phenomenon provides the physical mechanism for the operation of spintronics devices.

Magnetic nano-pilar structures typically consist of two magnetic layers, hereafter referred to as the "free" and the "fixed" layer, and one non-magnetic layer (e.g. a tunneling-transparent insulator or a metal) that are sandwiched in a pillar between two ohmic contacts, Fig. 1.1. The fixed and free layers differ significantly in their coercivity fields, with the fixed layer being pinned along its orientation much more strongly than the free layer. This can be done by increasing the thickness of the fixed


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layer, pinning it by proximity with an anti-ferromagnet, or picking a harder magnetic material. The free layer alternatively is much easier to manipulate. When an electric current is passed through the fixed layer in Fig. 1.1 in the $\hat{x}$-direction, it becomes polarized along the direction of the fixed layer. When it encounters the free layer the polarized spin-current induces ST and thus may change the magnetization direction of the layer, allowing for a number of dynamic regimes.

Fig. 1.1 Schematic diagram of magnetic tunnel junction (MTJ). Electrons run clockwise through the device first passing through the bottom “fixed” layer, where they become partially polarized in the $-\hat{z}$-direction. They then pass through the ”free” layer imparting some angular momentum. The MTJ has it’s easy axis along the $\hat{z}$-axis with the easy plane normal to the $\hat{x}$-axis.

One such regime involves using ST to switch the orientation of the free layer in a magnetic tunnel junction (MTJ). This use of ST was confirmed shortly after it’s theoretical prediction (Katine et al., 2000; Grollier et al., 2001) with much of the early research focusing on understanding the effects of internal anisotropies (Sun, 2000; Mangin et al., 2006), temperature (Ozyilmaz et al., 2003; Urazhdin et al., 2003, Hosomi et al., 2005), and spin-current strength (Myers et al., 2002; Seki et al., 2006) on the switching dynamics. With the development of high tunneling magnetoresistance MTJ’s (Yuasa and Djayaprawira, 2007) and with switching times in the sub-nanosecond regime (Tyulpakar et al., 2004; Kent et al., 2004) ST random access memory has become a very attractive candidate for non-volatile memory. While development of ST memory has moved forward (Matsumaga et al., 2009) recent research has also focused on more exotic switching strategies. Some of these strategies include using high frequency ac spin-currents to excite resonant spin modes to assist the switching (Cui et al., 2008) as well as using spin-current polarized perpendicular to the interface (Nikonov et al., 2010) to increase energy efficiency and reduce switching times (Bedau et al., 2010).

Another major area of research for MTJs focusses on the use of MTJ’s as small oscillators, known as spin-torque oscillators. Oscillations in MTJ’s were first observed in some of the earliest studies of ST (Kiselev et al., 2003; Rippard et al., 2004). Since ST oscillators can operate in GHz frequencies they’ve been an attractive candidate...
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for use in timing mechanisms for computers and in radio-frequency devices for use in radar and telecommunication devices [Deac et al., 2008]. In the last few years it has also been shown that ST oscillators can exhibit resonant excitations with ac spin currents which oscillate near their natural frequency [Georges et al., 2009; Ruotolo et al., 2009; Cheng et al., 2010; Finocchio et al., 2010; Rippard et al., 2010; Finocchio et al., 2011]. Because of these practical applications, much of the research done in the last decade has centered on the reduction and control of the oscillation linewidth [Mizukami et al., 2001; Krivorotov et al., 2005; Nazarov et al., 2006; Pribiag et al., 2009].

While it’s been shown that external fields [Thadani et al., 2008; Braganca et al., 2010] and oscillation amplitude [Rippard et al., 2006; Kim et al., 2008; Boone et al., 2008] can be used to tune the linewidth, the linewidth itself is the result of noise in the MTJ and much research has looked at understanding sources of noise and decay in ST oscillators [Sankey et al., 2005; Mistral et al., 2006; Tiberkevich et al., 2007]. Thus understanding of stochastic processes such as thermal and shot noise has become increasingly important for operation of ST devices, as manufacturing technology has improved and these devices have been pushed to smaller and smaller sizes.

First description of thermal noise in ferromagnets has been developed in the pioneering work by W. F. Brown [Brown, 1963], where the noise have been described as a stochastic magnetic field acting on the magnetization. The Fokker-Planck equation for the probability distribution of magnetization direction has been formulated, and served as a basis for consideration of the noise in various dynamical regimes. Further development of theoretical treatment of the noise has been provided by Foros et al. [2005; Duine et al., 2007; Foros et al., 2008]. A crucial simplification of the theoretical description of the magnetization noise has been reached in the work of Apalkov and Visscher [2005] by noticing that the dynamics of ST device exhibits a time scale separation between the fast magnetization precession and slow change in the energy of the precessional orbit. This allowed to average the equations of motion over the fast variables and formulate the one dimensional Fokker-Planck equation for the energy distribution.

In this chapter we explore how stochastic processes effect switching elements as well as ST oscillators. To do so we first discuss the deterministic dynamics of MTJs followed by the corresponding stochastic dynamics. Our particular emphasis is on the effects of out-of-equilibrium noise, such as spin-torque shot-noise, inherent to any device operating under an applied current. Following Ref. [Apalkov and Visscher, 2005], we derive a stochastic Langevin equation for the slowly varying energy of precessional orbit, thereby introducing the energy noise and the energy diffusion coefficient. We then formulate a Fokker-Planck equation for the energy density distribution. We use these constructions to analyze switching time distribution as well as the shape of the optimal spin-current pulse, which minimizes Joule losses of a switch. We also derive generic expression for the linewidth of ST oscillator and discuss its dependence on temperature, spin-current amplitude and other parameters.

1.2 Deterministic dynamics

In this section we briefly discuss magnetization dynamics of a mono-domain ferromagnet with the emphasis on the time scale separation, which allows to introduce magnetic energy as a slow (hydrodynamic) variable. On the most basic level the magnetization
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\( \mathbf{M} \) precesses around the instantaneous effective magnetic field \( \mathbf{H}_{\text{eff}} \) according to the Landau-Lifshitz (LL) equation

\[
\mathbf{M}_{\text{LL}} = -\gamma \left[ \mathbf{M} \times \mathbf{H}_{\text{eff}} \right],
\]

where \( \gamma \) is the gyromagnetic ratio. The effective magnetic field is given by the gradient of the magnetic energy \( E(\mathbf{M}) \) with respect to the magnetization, i.e. \( \mathbf{H}_{\text{eff}} = -\nabla_{\mathbf{M}} E(\mathbf{M}) \). The energy of magnetic layers, conventionally used in magnetic junction devices, typically includes a combination of an easy plane and the in-plane easy axis anisotropy as well as the effect of an externally applied magnetic field

\[
E(\mathbf{M}) = \mu_0 \left[ -\frac{H_z}{2M_s} (\mathbf{M} \cdot \hat{z})^2 + \frac{H_x}{2M_s} (\mathbf{M} \cdot \hat{x})^2 - \mathbf{H}_{\text{ext}} \cdot \mathbf{M} \right].
\]

Here \( H_z \) represents the strength of the easy axis anisotropy, chosen in the \( z \)-direction, while \( H_x \) represents the strength of the easy \((y-z)\)-plane anisotropy field, Fig. 1.1. The anisotropy fields create an energy landscape with two valleys separated by an energy barrier. The minima of these valleys determine the orientation of the two stable states. External fields \( \mathbf{H}_{\text{ext}} \) are often used to force the magnetization to align in a specific direction or to allow one of the energy minima to be lower than the other.

The Landau-Lifshitz equation (1.1) evidently conserves both the absolute value of the total magnetization \( |\mathbf{M}| = M_s \) (subscript \( s \) stays for the saturation magnetization) and the magnetic energy \( E(\mathbf{M}) \). As a result, the magnetization is confined to move along a closed orbit of a constant energy \( E(\mathbf{M}) = E \), belonging to a sphere of radius \( M_s \). These are the so-called Stoner-Wohlfarth (SW) orbits, plotted in Fig. 1.2.

![Fig. 1.2](image)

Fig. 1.2 Several closed SW orbits of constant energy in the northern and southern hemispheres for \( H_z = H_x = M_s \).

It was realized long ago that the actual magnetization dynamics must include the energy dissipation, originating from the coupling of the global magnetization \( \mathbf{M} \) with
the host of microscopic degrees of freedom. The simplest phenomenological way to incorporate these effects in the magnetization dynamics was suggested by Gilbert. The corresponding Gilbert damping (GD) term in the equation of motion leads to the decay of the precession and aligns the magnetization along the effective magnetic field

\[ \dot{M}_{\text{GD}} = \frac{\alpha}{M_s} [M \times \dot{M}], \quad (1.3) \]

The strength of the Gilbert dissipation is proportional to the phenomenological dimensionless damping constant \( \alpha \). In modern nano-magnetic devices its value may be as small as \( \alpha = 0.01 \) \cite{meyers1999,katine2000,ozyilmaz2003}, allowing for dozens precession cycles prior to equilibration.

Dramatic progress of the last decade is associated with the realization by Slonczewski \cite{slonczewski1996} and Berger \cite{berger1996} that the magnetization may be influenced by the spin polarized current of electrons through the ST effect. Entering the free layer, spin polarized electrons found themselves either aligned (with the amplitude \( \propto \cos \theta/2 \), where \( \theta \) is an angle between polarizations of the fixed and free layers), or antialigned (with the amplitude \( \propto \sin \theta/2 \)) with the free layer magnetization direction. In the latter case the strong exchange interactions cause the rapid spin-flip, transferring the angular momentum \( \hbar \) from the itinerant electron to the macroscopic polarization of the free layer. The corresponding non-conservative term in the macroscopic equation of motion takes the form

\[ \dot{M}_{\text{ST}} = \gamma M_s [M \times \hat{I}_s \times M], \quad (1.4) \]

which tends to align the magnetization along the spin polarization of the electric current. The spin-current vector \( \hat{I}_s \) is directed along spin polarization of the fixed layer, Fig. 1.1. Its absolute value is proportional to the difference of the electric currents of spin-up and spin-down electrons, \( I_s = (I_\uparrow - I_\downarrow) \hbar/2e \).

The three above mentioned terms provide a conventional deterministic description of the magnetization dynamics

\[ \dot{M} = \dot{M}_{\text{LL}} + \dot{M}_{\text{GD}} + \dot{M}_{\text{ST}}. \quad (1.5) \]

Fig. 1.3 shows magnetization vector as well as the azimuthal angle \( \theta \) and magnetic energy as functions of time in the regime corresponding to the current-induced magnetization switching experiment. In this case the spin current is sufficiently strong to overcome the damping and make magnetization to cross the energy barrier, eventually coming to rest along negative \( \hat{z} \)-axis. As Fig. 1.3 shows the magnetization precesses around the \( \hat{z} \)-axis many times before crossing over the energy barrier. It may be noticed that, while the angle oscillates widely on the time scale of the precession period, the energy is a smooth function, which changes only at a much longer time scale. The reason for this behavior is that the energy-conserving LL term in eqn (1.5) is typically much larger than energy-non-conserving dissipative GD as well as driving ST terms.

This observation suggests to parameterize the instantaneous magnetization direction by the slow energy variable \( E \) and a fast \( 2\pi \)-periodic variable \( \varphi \), which runs uniformly along a closed SW orbit of a constant energy. Up to precession period \( P_E \) the
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![Graphical representation of dynamic oscillators]

Fig. 1.3 (Left) Switching trajectory for $H^z = H_x = M_s$ and $I_s = -0.05M_s$. (Right) Azimuthal angle $\theta$ vs. time (full line) and energy vs. time (dashed line) for magnetization reversal of the system with $\alpha = 0.01$, $H^z = 0.028M_s$, $H_x = M_s$, and $I_s = -0.01M_s$. Time is measured in units of $t_0 = (\gamma M_s)^{-1}$ with energy in units of $\pi E_0 = \mu_0 H^z M_s / 2$.

latter is simply the time needed to reach a given point along SW orbit $d\phi = 2\pi dt / P_E$, where according to Eq. (1.1)

$$dt = \frac{dM \cdot [H_{\text{eff}} \times M]}{\gamma \|[H_{\text{eff}} \times M]\|^2}; \quad P_E = \oint \frac{dM \cdot [H_{\text{eff}} \times M]}{\gamma \|[H_{\text{eff}} \times M]\|^2}. \quad (1.6)$$

Here the integral runs along the orbit of energy $E$. We thus notice that the parametrization $M = M(E, \phi)$ is specified implicitly by the following relations:

$$\partial_\phi M = \frac{\gamma}{\Omega_E} [H_{\text{eff}} \times M]; \quad \partial_E M = -\frac{[M \times [H_{\text{eff}} \times M]]}{\|[H_{\text{eff}} \times M]\|^2}, \quad (1.7)$$

where $\Omega_E = 2\pi / P_E$ is the precession frequency. The first one is a consequence of LL equation (1.1) and our choice of $\phi$, while the second can be checked by e.g. going to the instantanous reference frame, where $H_{\text{eff}}$ is directed along the $z$-axis. Notice that $\partial_\phi M \cdot \partial_E M = 0$ and thus the new coordinates are locally orthogonal. Such parameterization can’t be global, of course, but rather should be introduced separately for each of the four basins apparent in Fig. 1.2. Notice also that

$$\frac{dA_E}{dE} = \oint \frac{M \cdot [\partial_E M \times dM]}{M_s} = \oint \frac{[M \times \partial_E M] \cdot dM}{M_s} = \gamma M_s P_E, \quad (1.8)$$

where $A_E$ is the oriented area of the sphere, enclosed by the orbit with energy $E$. Here we employed eqs (1.7) and (1.6). Equation (1.8) provides geometrical interpretation of the period as a change of the orbit’s area.

One can write now the equation of motion (1.5) as equations for $E(t)$ and $\phi(t)$. To this end we notice that

$$\dot{E} = \nabla_M E \cdot \dot{M} = -H_{\text{eff}} \cdot \dot{M}; \quad \dot{\phi} = \frac{\Omega_E}{\gamma} \frac{[H_{\text{eff}} \times M] \cdot \dot{M}}{\|[H_{\text{eff}} \times M]\|^2}. \quad (1.9)$$
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and substitute $\dot{\mathbf{M}}$ from eqn (1.5). The fast LL part obviously drops from the equation for the energy, while the remaining slow terms acquire the form

$$
\dot{E} = -F(E, \varphi) + \hat{I}_s \cdot \mathbf{V}(E, \varphi).
$$

(1.10)

The two generalized forces on the right hand side originate from the Gilbert damping and spin-torque

$$
F(E, \varphi) = \frac{\alpha}{M_s} \left[ \mathbf{M} \times \mathbf{H}_{\text{eff}} \right] \cdot \mathbf{M}; \quad \mathbf{V}(E, \varphi) = \frac{1}{M_s^2} \left[ \mathbf{M} \times \mathbf{M} \right].
$$

(1.11)

correspondingly. Hereafter $\dot{\mathbf{M}}$ is understood as a conservative LL part, eqn (1.1), only.

On the other hand, Gilbert damping drops from the equation for the angular variable $\varphi$ and its dynamics is mostly governed by the uniform precession

$$
\dot{\varphi} = \Omega_E + \Omega_E \frac{\hat{I}_s \cdot [\mathbf{M} \times \mathbf{H}_{\text{eff}}]}{||\mathbf{H}_{\text{eff}} \times \mathbf{M}||^2}.
$$

(1.12)

The second term here originates from the fact that the spin-torque may have a component along the SW orbit. This leads to a certain renormalization of the precession frequency $\Omega_E$. Since the integral along the closed orbit of the second term on the right hand side of eqn (1.12) vanishes, such renormalization is of the order $O(\hat{I}_s^2)$. In the spirit of time scale separation we shall neglect this kind of corrections. Similarly we disregard all terms which are of the order $O(\alpha^2)$, assuming a small Gilbert damping constant.

The above remarks show that the fast variable $\varphi$ approximately exhibits the uniform precession according to

$$
\dot{\varphi} = \Omega_E = \frac{2\pi \gamma M_s}{dE/dA}, \text{ cf. eqn (1.8), allowing to identify}
$$

$$
\mathcal{A}/2\pi \gamma M_s \text{ with the action canonically conjugated to the angle $\varphi$}. \text{ It suggests to average equation (1.10) for the slow energy variable over the precession period, arriving at}
$$

$$
\dot{E} = -F_E + \hat{I}_s \cdot \mathbf{V}_E
$$

(1.13)

where the averages of the generalized forces are given by

$$
F_E = \frac{1}{M_s P_E} \int \alpha \left[ \mathbf{dM} \times \mathbf{H}_{\text{eff}} \right] \cdot \mathbf{M}; \quad \mathbf{V}_E = \frac{1}{M_s^2 P_E} \int \left| [\mathbf{dM} \times \mathbf{M}] \right|
$$

(1.14)
correspondingly. The integrals here run along SW orbit with energy $E$. Notice that to evaluate these forces one does not need any information about dynamics, but rather only the form of static SW orbits. While this strategy was shown useful in the analysis of non-linear oscillators long ago (Dyorkman and Krivoglaz, 1979) it was probably first applied in the present context by Apalkov and Visscher (Apalkov and Visscher, 2005) and further developed by Bertotti (Bertotti, 2008).

Figure 1.4 shows the total generalized force as a function of energy for various values of the spin-current $I_s$. For sufficiently small spin-current the force is strictly negative (dashed line, $\dot{E} < 0$) forcing the magnetization to relax to the equilibrium energy minimum. At a larger current there is an energy value $\bar{E}$, where $\dot{E} = 0$, corresponding to a stable precession around SW orbit with the energy $\bar{E}$ (Kiselev et al., 2003).
Finally at a spin current larger than a certain critical value the generalized force is positive in the entire energy interval (dot-dashed line, $\dot{E} > 0$). As a result the magnetization is forced to switch to the new stable position. In the following sections we examine effects of noise on both switching and stable precession.

**Fig. 1.4** Shows the generalized force, $\dot{E} = -FE + \dot{h}_s \cdot V_E$ vs. energy for various strengths of $I_s$ for system with $H_{k} = 0.028M_s$ and $H_{k} = M_s$. From top to bottom $I_s = 0.008M_s$ (dot-dashed), $I_s = 0.006M_s$ (solid), $I_s = 0.004M_s$ (dashed).

### 1.3 Equilibrium stochastic dynamics of magnetization

The deterministic description of the previous section is incomplete, especially for small enough magnetic domains. The reason is the stochastic part of the magnetic torque. The fact that noise must accompany Gilbert damping to satisfy the equilibrium fluctuation-dissipation theorem (FDT) was first realized by W. F. Brown (1963). The way he introduced the noise was by adding a stochastic component to the effective magnetic field in eqn (1.1), $H_{\text{eff}} \rightarrow H_{\text{eff}} + h(t)$, where $h(t)$ is an isotropic Gaussian noise. Its amplitude may be uniquely determined from FDT and is given by

$$\langle h^i(t)h^j(t') \rangle = 2\delta_{ij}\delta(t - t')\alpha k_B T / M_s \gamma = 2\delta_{ij}\delta(t - t')D, \quad (1.15)$$

where $T$ is the temperature and $D$ is diffusion constant. In presence of the noise, the magnetization dynamics should be described by a probability distribution of the magnetization vector $P(M, t)$, obeying a proper Fokker-Planck (FP) equation.

We shall first outline how it works in an equilibrium setting, generalizing it to the presence of the non-equilibrium spin-current in the next section. Stochastic magnetic field adds a Langevin force term $M_{\text{stoch}} = \gamma [h(t) \times M]$ to the equation of motion (1.10) for the magnetization. It leads to Langevin force terms in equations of motion (1.10),
Employing eqs (1.18) along with orthogonality \( \partial_k \) by \( k \) relator of stochastic magnetic field eqn (1.15). The “false” forces where the average generalized force \( F \) where the diffusion coefficient \( D \) where the angular direction and then evolves slowly along the energy direction. This implies that at long times \( t \gg P_E \) one has \( P_0 \gg P_m \), where \( m \neq 0 \). As a result one can write a closed FP equation for \( P_0(E, t) \) in the following form

\[
\dot{P}_0 = \partial_E \left[ (F_E + D_E \partial_E \ln \Omega_E)P_0 + D_{\partial_E}P_0 \right] + \partial_\varphi \left[ -\Omega_E P + D_{\partial_\varphi}P \right],
\]

where the average generalized force \( F_E \) is given by eqn (1.14) and the averaged over the period energy diffusion coefficient is

\[
D_E = \frac{1}{2\pi} \int_0^{2\pi} D \Omega_E^2 |\partial_\varphi M|^2 d\varphi = \frac{1}{P_E} \int D M \cdot dM = \frac{\gamma}{P_E} \int D [dM \times H_{eff}] \cdot M.
\]

One may now include \( P_{\pm 1}, P_{\pm 2}, \text{etc.} \) as progressively small corrections and take into account how the incomplete angular equilibration affects evolution in the energy direction. We shall not take this root here.
Notice that in equilibrium FDT dictates \( D = \alpha k_B T / M \gamma \) and thus \( D_E = k_B T F_E \), cf. eqn (1.14). As a result of this remarkable relation the equilibrium stationary solution of the 1D FP equation (1.23) takes the universal form

\[
P_0(E) = 1/Z \exp \left[ -E - k_B T \ln \Omega_E^{-1} \right] = P_E \exp \left[ -E/k_B T \right]. \tag{1.25}
\]

where \( Z \) is a normalization factor. The very last term here is, of course, the Boltzmann exponent. It is crucial that the entropy \( S(E) = k_B T \ln \Omega_E^{-1} \) has emerged, which may be traced back to the density of states along SW orbit given by \( P_E \propto d^A/dE \), cf. eqn (1.8). Notice that it is the “false” force \( k_E \), eqn (1.20), which is responsible for this fact.

### 1.4 Shot-noise and non-equilibrium stochastic dynamics

The advent of spin-polarized currents put the operation of spintronics devices in far from equilibrium conditions. This not only influences the deterministic motion through the ST term (1.4), but also changes the stochastic force. Unlike the equilibrium noise, where the noise is uniquely determined by FDT, the out-of-equilibrium noise is non-universal and depends on details of a specific setup. Here we consider nonequilibrium noise in a spin valve device consisting of two magnetic layers separated by a tunneling barrier, the so-called magnetic tunnel junction (MTJ). The MTJ is modeled by the two itinerant ferromagnets, whose majority (\( \sigma = + \)) and minority (\( \sigma = - \)) bands are described by the operators \( c_{k\sigma}^\dagger, c_{k\sigma} \) for the fixed ferromagnet and \( d_{l\sigma}^\dagger, d_{l\sigma} \) for the free layer. The corresponding Hamiltonian consists of three parts describing isolated fixed and free layers along with the tunneling of electrons between them

\[
H = H_{\text{fixed}} + H_{\text{free}} + H_{\text{tun}}. \tag{1.26}
\]

The fixed layer is described by a Fermi-liquid Hamiltonian

\[
H_{\text{fixed}} = \sum_{k,\sigma} \epsilon_{k\sigma} c_{k\sigma}^\dagger c_{k\sigma}. \tag{1.27}
\]

The local exchange interaction of itinerant electrons with magnetic moment in the free layer can be written as \( J_0 \int d\mathbf{r} \mathbf{S}(\mathbf{r}) \cdot \mathbf{s}(\mathbf{r}) \), where \( \mathbf{S}(\mathbf{r}) = \mathbf{M}(\mathbf{r})/\gamma \) is the spin density of the magnetic layer and \( \mathbf{s}(\mathbf{r}) \) denotes the spin density of itinerant electrons. We assume that the spin current flowing through the free layer does not disturb its monodomain magnetic structure. In that case, the layer can be considered as a single large spin with the magnetic moment \( \mathbf{M}_s \). The Hamiltonian of the free layer that accounts for the interactions of the itinerant electrons in the free layer with its total spin \( \mathbf{S} = \mathbf{M}_s/\gamma \) is given by

\[
H_{\text{free}} = \sum_{l\sigma} \epsilon_l d_{l\sigma}^\dagger d_{l\sigma} - J \mathbf{S} \cdot \mathbf{s} - \gamma \mathbf{S} \cdot \mathbf{H}_{\text{eff}}, \tag{1.28}
\]

where \( \mathbf{s} = \frac{1}{2} \sum_{l\sigma\sigma'} d_{l\sigma}^\dagger \sigma_{\sigma'} d_{l\sigma'} \) is the spin of itinerant electrons and \( J \) is Heisenberg exchange interaction constant. Finally, the tunneling term in the Hamiltonian is given by
Here the spin indices of the operators $c_{k\sigma}^\dagger$ and $d_{l\sigma'}$ denote the spin projections along the magnetization directions in the fixed and in free layers respectively. Because of a finite angle between the two magnetizations the tunneling matrix elements become spin-dependent. They are given by $W_{kl}^{\sigma\sigma'} = \langle \sigma | \sigma' \rangle W$, where the spin-transformation matrix is $\langle \sigma | \sigma' \rangle = e^{-i\sigma\phi/2} \cos \theta/2$ and $\langle \sigma | \sigma' \rangle = e^{i\sigma\phi/2} \sin \theta/2$. The angles $(\theta, \phi)$ are the polar and azimuthal angles that denote the direction of the magnetization in the free layer in the reference frame with $z$ axis pointing in the direction of magnetization of the fixed layer.

The main source of the non-equilibrium noise is the discrete nature of the angular momentum transfer. Indeed, each electron tunneling at a random time may undergo a spin-flip with a probability depending on the mutual orientation of the quantization axis. Since each event transfers exactly the unit of angular momentum $\hbar$, the direction of an ensuing magnetization rotation is random due to the uncertainty principle (i.e. non-commutativity of the three components of the angular momentum operator). Therefore the electron transport is accompanied by the stochastic force acting on the magnetization. Its nature is similar to the charge shot noise. While the latter is due to the discreteness of charge, the former is due to the quantization of the angular momentum. We call it thus the spin shot noise (Poros et al., 2005; Chudnovskiy et al., 2008; Swiebodzinski et al., 2010).

To introduce this noise into the semiclassical equation of motion we write the model specified by eqn (1.26) as a path integral on the Keldysh contour (Chudnovskiy et al., 2008; Swiebodzinski et al., 2010; Kamenev, 2011) and integrate out all fermionic degrees of freedom, while keeping the dynamics of the macroscopic spin $S$. The integration is facilitated by the tunneling approximation, i.e. keeping only the lowest nonvanishing terms in the coupling $W$. As a result the spin torque and spin shot noise terms as well as an additive renormalization of the Gilbert damping are generated. Furthermore, the spin shot noise can be cast into the form of random fluctuations of the spin current vector entering the spin torque term (1.4). The noise correlator can be expressed in terms of MTJ conductance for parallel $G_P$ and antiparallel $G_{AP}$ magnetization orientation of the two layers, $(G_P \geq G_{AP})$

$$\langle \delta I_{S}^i(t) \delta I_{S}^j(t') \rangle = 2M_s^2D(\theta) \delta_{ij} \delta(t-t'),$$

where

$$D(\theta) = \frac{\alpha_0}{M_s^2} k_B T + \frac{\hbar}{2M_s^2} I_{sf}(\theta) \coth \left( \frac{eV}{2k_B T} \right) = D(M),$$

where $\alpha_0$ is a bare Gilbert damping of an isolated layer and $V$ is a voltage bias between the two ferromagnets. The first term in eqn (1.31) describes the equilibrium noise due to intrinsic relaxation processes in the active layer, it is therefore proportional to the intrinsic Gilbert damping constant $\alpha_0$. The second term describes the additional noise due to the coupling of the active layer to the fixed layer which in this case plays the role of the external reservoir of spins. The external contribution to the noise is proportional to the spin-flip current $I_{sf}(\theta)$. The latter counts the total number of spin
flips irrespective of the direction of the ensuing magnetization change (as opposed to the spin current $I_s$). In the magnetic tunnel junction setup we found for the spin-flip conductance

$$\frac{dI_{sf}(\theta)}{dV} = \frac{\hbar}{4e} \left[ G_P \sin^2 \left( \frac{\theta}{2} \right) + G_{AP} \cos^2 \left( \frac{\theta}{2} \right) \right]; \quad (1.32)$$

where we adopted notations of (Slonczewski and Sun, 2007) for the partial conductances $G_{\sigma\sigma'}$ between the spin-polarized bands of the two ferromagnets. The external spin noise is accompanied by the renormalization of the Gilbert damping constant, which now depends on the instantaneous magnetization of the free layer through the angle $\theta$ it forms with the magnetization of the fixed layer

$$\alpha(\theta) = \alpha_0 + \frac{\hbar \gamma}{eM_s} \left( \frac{dI_{sf}(\theta)}{dV} \right) = \alpha(M), \quad (1.33)$$

where the spin-flip differential conductance is given by eqn (1.32). For low voltages, $eV < k_B T$, the tunneling contribution to the noise is proportional to the temperature and the total noise satisfies FDT with the renormalized Gilbert damping constant $\alpha(M)$, (Foros et al., 2005; Chudnovskiy et al., 2008). For voltages exceeding the temperature $eV > k_B T$, the external noise is essentially nonequilibrium, proportional to the applied voltage and independent of temperature.

The conductances $G_{\sigma\sigma'}$, $G_P$, and $G_{AP}$ allow the complete characterization of the electric and magnetic properties of MTJ. So, the electric conductance of the MTJ in an arbitrary orientation is given by

$$\frac{dI_s}{dV} = \frac{\hbar}{4e} (G_{++} - G_{--} + G_{+-} - G_{-+}). \quad (1.34)$$

Taking noise into account, one arrives at the stochastic equation of motion for magnetization

$$\dot{M} = -\gamma \left[ M \times H_{\text{eff}} \right] + \alpha(\theta) \left( M \times \dot{M} \right) + \frac{\gamma}{M_s^2} \left[ M \times \left[ \left( \hat{I}_s + \delta I_s(t) \right) \times M \right] \right]. \quad (1.35)$$

The equivalence of the two forms of description of the magnetization noise, either as a stochastic spin current or as a stochastic magnetic field, is expressed by the relation of the corresponding cumulants

$$\langle h^i(t)h^j(t') \rangle = \frac{1}{M_s^2} \langle \delta I_s^i(t)\delta I_s^j(t') \rangle = 2D(M) \delta_{ij} \delta(t - t') . \quad (1.36)$$

Notice that the noise correlator itself (1.31) as well as the renormalized Gilbert damping (1.33) depend on the instantaneous angle between the free and fixed layers magnetization direction. Being derived from the path-integral representation, the correlator
should be regularized in the retarded (Ito) way. Moreover, in presence of the spin-torque the Langevin equation (1.16) for the energy variable acquires the additional deterministic term \( \hat{I}_s \cdot V(E, \phi) \), see eqs (1.13) and (1.14). This term describes pumping of the energy into the magnetic system by the spin torque process. Together with the Gilbert damping, the spin torque term determines the dynamics of the spin switching process as well as the average energy of the SW orbit for the steady state magnetization precession.

One can now generalize derivation of FP equation (1.23), presented in section 1.3, for the presence of the spin-torque and non-equilibrium noise. The result is given by the continuity relation in the energy direction \( \dot{P}_0 + \partial_E J_0 = 0 \), where the probability current in the energy direction is given by

\[
J_0(E, t) = -[F_E - \hat{I}_s \cdot V_E + D_E \partial_E \ln \Omega_E] P_0 - D_E \partial_E P_0.
\]

(1.37)

Here the components of the deterministic force and the energy diffusion coefficient are given by eqs (1.14) and (1.24), correspondingly, where one has to substitute \( \alpha \rightarrow \alpha(M) \) and \( D \rightarrow D(M) \) in accordance with eqs (1.33) and (1.31).

The stationary solution of FP equation (1.37) plays a special role in several regimes, such as activated magnetization switching (Apalkov and Visscher, 2005) or steady state magnetization precession (Kiselev et al., 2003), considered below in more details. This solution is obtained by putting \( J_0 = 0 \) in eqn (1.37) and reads as

\[
P_0(E) \propto P_E \exp \left[ - \int^E F_E - \hat{I}_s \cdot V_E \frac{dE}{D_E} \right].
\]

(1.38)

Notice that in equilibrium, i.e. \( \hat{I}_s = 0 \) and \( D(M) = \alpha(M)k_B T/M \gamma \), one has \( D_E = k_B T F_E \), even for the magnetization-dependent damping constant and the noise correlator! As a result the Boltzmann form (1.25) with the entropic factor given by \( P_E \) still holds. However, away from equilibrium the stationary energy distribution (1.38) may be rather different from the Boltzmann shape. The 1D Fokker-Planck equation (1.37) is especially useful to analyze non-stationary regimes of spin-valves, such as e.g. kinetics of the switching process.

### 1.5 Dynamics and optimization of the magnetization switching

According to the deterministic equation of motion (1.13) one may introduce the energy-dependent critical spin-current

\[
I_c(E) = \frac{F_E}{\hat{z} \cdot V_E},
\]

(1.39)

which nullifies the right hand side of eqn (1.13). The critical spin-current is then defined as \( I_c = \max \{ I_c(E) \mid 0 < E < E_0 \} \), so if the applied spin-current \( I_s > I_c \) it forces the magnetization direction to switch to a new stable energy minimum. The corresponding deterministic switching time is given by

\[
t_{sw}(E_{ini}) = \int_{E_{ini}}^{E_0} \frac{dE}{\hat{z} \cdot V_E (I_s - I_c(E))}.
\]

(1.40)
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Fig. 1.5 Numerical simulations of the switching process are shown for \( H_0^x = 0.028 M_s, \ H_0^z = M_s, \) and \( T = 300 K. \) (Left) Switching probability, as a function of time for spin-current values 1.6 \( I_c \) (dot-dashed), 1.1 \( I_c \) (solid), and 0.8 \( I_c \) (dashed). (Right) Average switching time as a function of spin-current relative to the critical current, \( I_c. \) Time is measured in units of \((\gamma M_s)^{-1}\)

where \( E_{ini} \) is an initial energy. This expression diverges as \((I_s - I_c)^{-1}\) and such a tendency was indeed observed in experiment \cite{Bedau et al., 2010}. This divergence is augmented by the stochasticity, since even for the currents somewhat less than critical the switching does occur, albeit taking exponentially long waiting time. The proper description of the switching time must therefore rely on the probability distribution to undergo the irreversible switch during time \( t_{sw}. \) Such probability distributions calculated by Monte Carlo simulations of eqn (1.35) are presented in Fig. 1.5a for several values of the spin-current \( I_s. \) Having such distributions, one may evaluate e.g. the average switching time, plotted in Fig. 1.5b as a function of the applied spin-current. One observes that the switching time indeed grows exponentially at \( I_s < I_c. \) Analytically this latter regime was analyzed using eqn (1.37) by Apalkov and Vischer \cite{Apalkov and Visscher, 2005}. Although Ref. \cite{Apalkov and Visscher, 2005} used the equilibrium noise, we found \cite{Swiebodzinski et al., 2010} that inclusion of the shot-noise merely changes the effective temperature and therefore is hardly distinguishable from effects of heating.

One may notice that eqn (1.40) for the deterministic switching time also tends to diverge if \( E_{ini} \to 0. \) This is due to the fact that if the initial direction of the magnetization is very close to the magnetic energy minimum, it formally takes a logarithmically long time to depart from the minimum. Clearly such a spurious divergency disappears once the distribution function of the initial (i.e. prior to the application of the spin-current) magnetic energy is taken into account. It is reasonable to assume that such a distribution is thermal and is given by eqn (1.25) \( P_0(E_{ini}) \propto P_{E_{ini}} \exp \left[ -E_{ini}/k_B T \right]. \) Although the (non-equilibrium) noise acts on the magnetization during the entire switching trajectory, we found that the simulation data for \( I_s > I_c, \) Fig. 1.5 can be rather well fit by taking into account this initial distribution only; i.e. assuming the deterministic motion with the random initial condition \( \rho(t_{sw}) = \int dE_{ini} P_0(E_{ini}) \delta(t_{sw} - t_{sw}(E_{ini})). \) We therefore conclude that measuring the switching time distribution, Fig. 1.5 is not a sensitive way to resolve the effects of the non-equilibrium spin shot noise.
The treatment of the stochastic dynamics based on the time scales separation, presented in the previous section, is nevertheless very useful to analyze an optimal protocol for the time-dependent spin-current pulse $I_s(t)$. The issue at hand is as follows: as shown above, to make the switching time shorter one needs a larger spin-current. This leads to an excessive Joule losses $\propto \int dt I_s^2(t)$. On the other hand, decreasing the spin-current leads to a longer switching times, which in turn may again increase heating due to the long time needed to complete the switch. One may expect that there is an optimal strategy, which minimizes the heating losses. To find such a strategy we treat the system as a heat engine and require that the ratio of the instantaneous energy gain $\dot{E}(t)$ to the energy loss $\propto I_s^2(t)$ is maximized at each instance of time. Substituting the energy equation of motion (1.13) and taking variation with respect to the spin-current, we find the following condition

$$0 = \delta \frac{\delta}{\delta I_s} \left( \frac{F_E}{I_s^2} + \hat{z} \cdot \mathbf{V}_E \right) = 2 \frac{F_E}{I_s^3} \frac{\hat{z} \cdot \mathbf{V}_E}{I_s^2} .$$ (1.41)

Solving for the spin current $I_s$, yields

$$I_{s}^{\text{opt}} = 2 \frac{F_E}{\hat{z} \cdot \mathbf{V}_E} = 2 I_c(E) ,$$ (1.42)

cf. eqn (1.39). Therefore the optimal current is exactly twice the one needed to nullify the energy flow in eqn (1.13). Substituting this back into eqn (1.13), one finds that upon the optimal current the latter takes the form

$$\dot{E} = F_E .$$ (1.43)

This is exactly the same as in eqn (1.10) without the external spin current $I_s$, but with the time being reversed. Therefore the optimal current protocol is such that it exactly time-reverses the purely relaxational trajectory of an isolated system. Such a relaxation trajectory must be thought of as starting at the energy maximum $E_0$ (i.e. the switching point) and winding down towards the energy minimum at $E = 0$. This is a rather general statement which is based only on the assumption that the energy loss is quadratic in the spin-current (the latter is very nearly true practically in all systems investigated so far).

To put this observation on a more practical level we notice that the energy-dependent critical current (1.39) appears to be roughly energy independent. Equation (1.42) implies then that the optimal current is very nearly a constant given by twice the critical switching current $I_c$. This is shown in Fig. 1.6 via Monte Carlo simulations of the Joule heating as a function of the spin current for various confidence levels. At low confidence levels $I_{s}^{\text{opt}} \lesssim 2I_c$ due to large fluctuations, however at confidence levels nearing 100% we see the predicted $I_{s}^{\text{opt}} \approx 2I_c$.

While we have established that the optimal current pulse is approximately rectangular with the amplitude $I_{s}^{\text{opt}} \approx 2I_c$, we have not discussed yet its duration. As discussed above the distribution of the switching times is well described by the equilibrium thermal distribution of initial energy $\propto e^{-E_{\text{ini}}/k_B T}$ and the deterministic duration (1.40). Thus the times needed to reach the switching point, which are
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Fig. 1.6 Simulated Joule heating during the switching process in arbitrary units vs. spin current for various confidence levels \( p \). From top to bottom \( p = 0.99, p = 0.5, p = 0.2 \). Here \( \alpha = 0.01, H^e_0 = 0.028 M_s, H^c_0 = M_s \) and \( E_0 = 140k_B T \).

\[ \propto \alpha^{-1} \ln \left( \frac{E_0}{E_{ini}} \right) \]

where \( E_{ini} = k_B T(1 - p) \) should undergo the switch. This dictates that the duration of the optimal current pulse scales as

\[ t_{opt} \approx t_0 \frac{\alpha}{\ln \left( \frac{E_0}{k_B T(1 - p)} \right)} \]

(1.44)

where \( t_0 = \left( \frac{\gamma M_s}{k_B} \right)^{-1} \). This result is shown in Fig. 1.7 for higher switching probabilities and is in a good agreement with the simulated data.

Fig. 1.7 Simulated optimal switching time as a function of the confidence level (crosses), eqn (1.44) (full line). Here \( \alpha = 0.01, H^e_0 = 0.028 M_s, H^c_0 = M_s, E_0 = 140k_B T \) and \( I_s = I_{s, opt} \).

One can imagine sufficiently complex switching protocols, utilizing the precessional
Spectral width of the steady state precession

1.6 Spectral width of the steady state precession

Another important application of spin-torque devices is provided by spin-torque oscillators. These devices are similar to spin valves, discussed above, but rather rely on the steady state precession to generate microwave signal (Deac et al., 2008; Mizukami et al., 2001; Krivorotov et al., 2005; Nazarov et al., 2006; Pribiag et al., 2009; Georges et al., 2009; Ruotolo et al., 2009; Cheng et al., 2010; Finocchio et al., 2010; Rippard et al., 2010; Georges et al., 2009; Tiberkevich et al., 2007; Ruotolo et al., 2009; Cheng et al., 2010; Finocchio et al., 2010; Rippard et al., 2010; Georges et al., 2009; Tiberkevich et al., 2007; Georges et al., 2009).

The steady state magnetization precession (SSMP) occurs along SW orbit when the energy pumped by the spin-torque is compensated by the dissipation. If this is the case, the time derivative of the total energy along a certain orbit, eqn (1.13), vanishes, \( \dot{E} = 0 \) at \( E = \bar{E} \), full line in Fig. 1.4. Generically, SSMP is realized within a certain range of the spin-currents below the critical one \( I_s \lesssim I_c \). The corresponding energy \( E = \bar{E}(I_s) \) of the stable SW orbit typically runs from zero to the switching energy \( E_0 \), with the increase of the spin-current. The energy distribution corresponding to the steady state magnetization precession can be obtained from eqn (1.38). As follows from eqn (1.13) the generalized force \( \dot{E} = -F_E + \dot{I}_s \cdot V_E = 0 \), thus the energy distribution can be obtained by expanding the force as \( \dot{E} \approx \frac{d\dot{E}(\bar{E})}{dE} (E - \bar{E}) \). Then, employing eqn (1.38) and neglecting the energy dependence of the diffusion coefficient, one obtains

\[
P^\text{SSMP}_0(E) \propto \exp \left[ \frac{d\dot{E}(\bar{E})/dE}{2D_{\bar{E}}} (E - \bar{E})^2 \right].
\]  

(1.45)

Therefore, the SSMP energy distribution is approximately Gaussian, centered at the energy \( \bar{E} \) with the width determined by the diffusion coefficient and the derivative of the generalized force \( \dot{E} \) over the energy.

To investigate the spectral width of the precession spectrum, one needs to restore the stochastic equation (1.17) for the angular variable \( \varphi(t) \) running along SW orbits. Employing the fact that the correlator (1.31) of the stochastic magnetic fields is isotropic, it may be written as

\[
\dot{\varphi} = \Omega_E + |g_{\varphi}(E, \varphi)| \xi_\varphi(t); \quad |g_{\varphi}(E, \varphi)| = \frac{2\pi}{P_E} \frac{M_s}{|M \times H_{\text{eff}}|},
\]  

(1.46)

where \( \xi_\varphi(t) \) is a scalar Langevin force with the correlator \( \langle \xi_\varphi(t)\xi_\varphi(t') \rangle = 2D(M)\delta(t - t') \). It is thus the function \( |g_{\varphi}(E, \varphi)| \), which determines the frequency spectrum. Some
of it universal features can be inferred without relying on a specific model. In particular, it can be concluded that the function \(|g_\varphi(E, \varphi)|\) diverges as \(E\) tends to zero. Indeed, at small energies \(E\), the characteristic size of SW orbit goes to zero (at zero energy the orbit shrinks to a point), while the influence of noise on the change of angle \(\varphi\) grows. The character of the singularity can be obtained by considering the simplest model of steady state precession in a system with an easy axis anisotropy and both external magnetic field and spin current being parallel to the easy axis. In this case the energy is a function of cos \(\theta\) and SW orbits are circles, while \(\varphi\) is the azimuthal angle and \(|g_\varphi(E, \varphi)| \propto 1/\sin \theta\) (Chudnovskiy et al., 2008). Taking into account that the energy minimum corresponds to \(\theta = 0\), and expanding at small angles \(E(\cos \theta) \propto \theta^2\), one concludes that \(|g_\varphi(E)| \propto 1/\sqrt{E}\). Therefore, at small energies of SW orbits, the noise strength decreases with the growth of the energy. This feature is responsible for the decreasing linewidth of the microwave spectral power with the increase of the spin-current (and thus increase of \(E\)), as discussed in Refs. (Tiberkevich et al., 2007; Kim et al., 2008) assuming the equilibrium thermal noise (Brown, 1963).

To evaluate the spectral power, one notices that the precessing magnetization induces the oscillating magnetic field \(\mathcal{H}\) in a waveguide, which is a periodic function of the angle \(\varphi\), i.e. \(\mathcal{H}(\varphi) = \mathcal{H}(\varphi + 2\pi)\). The spectral power is given by \(S(\omega) = \int dt \langle \mathcal{H}(\varphi(t))\mathcal{H}(\varphi(0))\rangle e^{-i\omega t}\) and according to eqn (1.46) it consists of series of peaks at multiple integers of \(\Omega_E\). Focusing on the linewidth of the \(n\)-th harmonics \(\omega = n\Omega_E\), one needs to calculate

\[
S(\omega) \propto \int dt \left\langle e^{in[\varphi(t) - \varphi(0)]} \right\rangle_{\varphi_0} e^{-i\omega t}, \quad \varphi(t) = \Omega_E t + \int_0^t |g_\varphi(E, \varphi)| \xi_\varphi(t') dt',
\]

(1.47)

where we have employed the formal solution of eqn (1.46). The averaging over the noise \(\xi_\varphi\) is thus reduced to the Gaussian integral, which gives

\[
S(\omega) \propto \int dt \exp \left\{i(n\Omega_E - \omega) t - \frac{n^2}{2} \int_0^t D(M(t')) |g_\varphi(E, \varphi(t'))|^2 dt' \right\}.
\]

(1.48)

This expression should be now averaged over the stationary energy distribution (1.45). Below we shall assume that the latter is rather narrow and forces the energy to be close to the stationary value \(\bar{E}\). In this case the spectrum is Lorentzian centered around \(\omega = n\Omega_E\) with the width given by \(n^2 \Delta_E\), where \(\Delta_E\) is the zeroth Fourier harmonics of the last term in the exponent in eqn (1.48)

\[
\Delta_E = \frac{1}{2\pi} \int_0^{2\pi} D(M) |g_\varphi(E, \varphi)|^2 d\varphi = \frac{2\pi}{\Omega_E^2} \int_0^{2\pi} \frac{M_0^2 D(M)}{||M \times H_{\text{eff}}||^2} d\varphi.
\]

(1.49)

Finally, using the equation of motion (1.1), one may rewrite the spectral width as an integral along the static SW orbit with the energy \(\bar{E}\)

\[
\Delta_E = \frac{4\pi^2 M_0^2}{\gamma \Omega_E^2} \int D(M) \left[ \frac{dM \times H_{\text{eff}}}{||M \times H_{\text{eff}}||^2} \cdot M \right] \frac{1}{||M \times H_{\text{eff}}||^2},
\]

(1.50)

compare this result with that for the energy diffusion coefficient (1.24). Proportionality of the spectral width to the noise correlator \(D(M)\), eqn (1.31), implies that
1.7 Conclusion and acknowledgments

Miniaturization of spintronics devices puts the stochastic effects in the magnetization dynamics on the cutting edge of investigations. While the fundamentals of stochastic description of magnetization in terms of the FP equation have been developed decades ago, the highly nonequilibrium regimes used in modern devices require a specific description of non-equilibrium noise. In this work, a step towards such a description has been reviewed. As we showed, despite a large variety of dynamical regimes, they all...
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have in common the time scale separation between the fast and almost energy conserving magnetization precession and the slow energy change. This point allows to develop a theoretical description of magnetization dynamics in terms of slowly varying energy of the precessional orbit. The resulting FP equation is one dimensional, which greatly simplifies its treatment in comparison to the initial FP equation for the magnetization vector. In this work we applied such an approach to the analysis of current induced magnetization switching and steady state magnetization precession, obtaining results on the optimization of the current switching protocol and on the linewidth of radiation emitted by steady state magnetization precession. Further development of the energetic description is required by the dynamical regimes, where resonances between the precessional orbits with different energies are induced by applying an ac-modulated spin current as reported recently in e.g. [Cheng et al., 2010], as well as for the description of spin switching by spin current pulses of complex form [Cui et al., 2008].

We are grateful to Ilya Krivorotov for fruitful discussions. ALC acknowledges support from DFG through the Collaborative Research Center 668. AK and TD were supported by NSF Grant DMR-0804266 and U.S.-Israel Binational Science Foundation Grant 2008075.
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