Adaptive Tree Proposals for Bayesian Phylogenetic Inference

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Abstract.—Bayesian inference of phylogeny with Markov chain Monte Carlo plays a key role in the study of evolution. Yet, this method still suffers from a practical challenge: long analyses and failure to explore the region of high posterior probability was shown to be a common occurrence that increased in frequency with the number of taxa studied (Beiko et al. 2006). Data sets with large numbers of taxa frequently resulted in rugged posterior distributions where clusters of tree topologies are separated by low-probability valleys. A decade ago, the use of the Metropolis-coupled MCMC algorithm (MC) was proposed as a solution to this major issue. Using the MC3 algorithm reduces the failure rate by easing the exploration of the tree space. In this article, I introduce the concept of adaptive tree proposals for unrooted topologies, that is, tree proposals adapting to the posterior distribution as it is estimated. I use this concept to elaborate two adaptive variants of existing proposals and an adaptive proposal based on a novel design philosophy in which the structure of the proposal is informed by the posterior distribution of trees. I investigate the performance of these proposals by first presenting a metric that captures the performance of each proposal within a mixture of proposals. Using this metric, I compare the performance of the adaptive proposals to the performance of standard and parsimony-guided proposals on empirical data sets. Using adaptive proposals led to consistent performance gains and resulted in up to 38-fold increases in mixing efficiency and 6-fold increases in convergence rate without increasing the computational cost of these analyses. (Bayesian phylogenetic inference; Markov chain Monte Carlo; posterior probability distribution; tree proposals.)

Studies relying on Bayesian inference of phylogenies are routinely conducted with software packages designed specifically for this purpose (Yang and Rannala 1997, 2012). These packages implement the Markov chain Monte Carlo algorithm (MCMC) to estimate the posterior distribution of parameters of a model capturing the evolutionary history (phylogeny) of taxa and their mode of evolution. Despite the pervasiveness of these analyses, estimating such posterior distributions remains a computational challenge whose complexity largely stems from difficulties exploring and sampling the space of tree topologies.

The challenge of exploring tree space has been recognized since the earliest days of Bayesian phylogenetic inference (Huelsenbeck et al. 2001). Long analyses and failure to explore the region of high posterior probability was shown to be a common occurrence that increased in frequency with the number of taxa studied (Beiko et al. 2006). Data sets with large numbers of taxa frequently resulted in rugged posterior distributions where clusters of tree topologies with high posterior probabilities were separated by low-probability valleys. A decade ago, the use of the Metropolis-coupled MCMC algorithm (MC) was proposed as a solution to this major issue. Although this solution is now considered as a standard practice, the settings required for this method to perform correctly remain a practical concern (Whidden and Matsen 2015; Brown and Thomson 2018). Using the MC3 algorithm reduces the failure rate by easing the sampling of rugged posterior distributions of trees but does not significantly improve the sampling efficiency of the key actors for the exploration of the tree space: the tree proposals.

Only a limited number of studies have considered the challenge of defining efficient tree proposals. A thorough analysis of standard tree proposals was conducted by Lakner et al. (2008) who provided insight on their performance. Following this study, the concept of guided tree proposals was presented by Höhna and Drummond (2012). This important contribution suggested using scores (e.g., conditional clade probabilities or posterior probabilities) to bias the proposal toward the most promising trees among the set of trees proposed by a traditional tree proposal. However, the practicality of the resulting guided proposals remains limited due to the additional computational burden. These proposals were nonetheless implemented in MrBayes under the form of parsimony-guided proposals (Ronquist et al. 2012; Zhang et al. 2020).

Building efficient proposals for continuous parameters has been the subject of numerous studies in computational statistics (e.g., Gelman et al. 1996). These studies have led to the development of adaptive proposals. These proposals are self-tuned during an MCMC run to propose moves tailored specifically for the posterior distribution (Haario et al. 2001; Roberts and Rosenthal 2009). The field of computational phylogenetics has employed these approaches to improve the sampling efficiency of continuous parameters by designing novel adaptive proposals (Thawornwattana et al. 2017), developing multivariate proposals that exploit the correlation between parameters (Bade et al. 2017; Meyer et al. 2017), or by estimating distributions approximating the posterior distributions of specific parameters (e.g., branch lengths) to independently generate new parameter values (Aberer et al. 2015; Claywell et al. 2018). Most software for Bayesian inference of phylogeny takes advantage of these methods for continuous parameters (e.g., Ronquist et al. 2012; Aberer et al. 2014; Höhna et al. 2016; Baele et al. 2017). However, as no theory is readily available from the field of computational statistics regarding the sampling of tree
topologies, none of this software implement adaptive proposals for tree topologies.

Software for Bayesian inference of phylogenies continues to mostly rely on tree proposals that naively explore the posterior distribution, as other alternatives are computationally expensive or impractical. The performance of these proposals hinders our ability to infer large phylogenies and to consider more complex and realistic evolutionary models. In this study, I present the theoretical foundations for the development of adaptive proposals for unrooted tree topologies and use them to develop three prototype adaptive proposals in the CoefR software (Meyer et al. 2019). The first two proposals are adaptive variants of commonly used proposals and the third proposal is a fully adaptive proposal based on a novel design philosophy. I investigate the computational complexity of these proposals and define a practical performance metric to assess the efficiency of each proposal within a mixture of proposals. Using this metric, I then study the practical performance of these proposals on simulated and empirical data sets, and compare it to the performance of traditional and parsimony-guided tree proposals.

MATERIALS AND METHODS

Phylogenetic Tree Proposals

I consider the problem of developing efficient proposal kernels for unrooted tree topologies to conduct Bayesian inference of phylogeny. This type of analysis requires the estimation of the posterior probability distribution:

\[ p(\theta, v, \tau | X) = \frac{p(X | \theta, v, \tau)p(\theta)p(v)p(\tau)}{\sum_{\theta', v', \tau'} p(X | \theta', v', \tau')p(\theta')p(v')p(\tau')} \]  

(1)

with \( \theta \) being the parameters of the evolutionary model, \( \tau \) the unrooted tree topology, \( v \) the branch lengths and \( X \) the alignment. Generally, the posterior distribution is estimated using the Metropolis–Hastings algorithm in which new parameters values are generated by a proposal kernel and accepted with probability

\[ \alpha((\theta, v, \tau), (\theta', v', \tau')) = \frac{p(X | \theta', v', \tau')p(\theta')p(v')p(\tau')}{p(X | \theta, v, \tau)p(\theta)p(v)p(\tau)} \times \frac{p(\theta, v, \tau | \theta', v', \tau')}{p(\theta', v', \tau' | \theta, v, \tau)} \]  

(2)

with \( p(\theta', v', \tau' | \theta, v, \tau) \) defining the probability with which the kernel proposes parameters \( (\theta', v', \tau') \) given \( (\theta, v, \tau) \). In this study, I focus on proposal kernels modifying uniquely the tree topology and leaving the branch lengths invariant for the sake of simplicity (i.e., \( \theta = \theta' \) and \( v = v' \)), and on deriving their Hastings ratios having the form \( p(\tau | \tau')/p(\tau') \). Existing strategies to reassign branch lengths or hybrid proposals combining branch lengths and tree alterations are compatible with the tree proposals presented in this study (e.g., see Aberer et al. 2015 for mapping strategies or hybrid proposals).

Common proposals employed for the inference of unrooted tree topologies include the stochastic Nearest Neighbor Interchange (stNNI), extending Subtree Pruning and Regrafting (eSPR; Swofford et al. 1996), and extending Tree Bisection and Reconnection (eTBR; Huelsenbeck et al. 2008). These proposals naively explore tree space by arbitrarily altering the current tree \( \tau \) using subtree swapping or pruning operations. For instance, the stNNI proposal interchanges two subtrees separated by an internal branch, while the eSPR proposal prunes a subtree, moves it along a contiguous set of branches (a path), and finally regrafts it on the last branch of the path. Choices of branches, subtrees or paths are made randomly during these proposals and therefore frequently result in tree alterations with very low acceptance probability (e.g., removing a branch strongly supported by the data).

To improve the quality of the generated moves, adaptive proposals for continuous parameters use summary statistics of the posterior distribution, learned during an MCMC run, to tune the proposal mechanism (Roberts and Rosenthal 2009). Using these summary statistics, parameters of a proposal kernel (e.g., the scale of the random-walk) are adapted to target an optimal acceptance rate. While the specifics of such adaptive proposals are not directly applicable to tree topology proposals, the concept of using summary statistics of the posterior distribution can still be exploited. In this study, I use the estimated marginal posterior probabilities of splits, or split frequencies, to construct adaptive tree proposals. This strategy is based on two components: the estimation of the split frequencies and the design of adaptive proposals exploiting these estimates.

Split Frequencies

Each branch of a phylogenetic tree represents a unique bipartition of the set of taxa in the alignment. These bipartitions, better known as splits, are a useful tool to summarize the posterior distribution of trees. Using samples collected during an MCMC run, the marginal posterior probability of a split can be estimated by observing the frequency with which a given split occurs within the sampled tree topologies. Marginal split frequencies provide therefore inexpensive estimates of the support for each specific bipartition.

Adaptive tree proposals as defined in this study require the split frequencies to be learned and made available during MCMC runs. As in the post-MCMC estimation of the marginal split frequencies, this procedure is conducted by counting the occurrence of splits within the sampled tree topologies and normalizing them by the number of observed samples. This procedure guarantees that estimates of the split frequencies converge to the true posterior
distribution when the MCMC algorithm is ergodic and run for an infinite amount of time. However, in practice, phylogenetic inferences are not run long enough to ensure the robustness and accuracy of the estimated split frequencies. To tackle this problem, I develop a heuristic algorithm to learn the split frequencies while overcoming several potential issues (Supplementary material available on Dryad at https://dx.doi.org/10.6078/D16D9P on learning split frequencies).

The first issue results from the bias induced by the starting parameters of the MCMC algorithm. The earliest phase of an MCMC run generally samples trees unrepresentative of the high probability region of the posterior distribution until equilibrium is reached. Therefore, in a postprocess context, split frequencies are evaluated using samples remaining after the removal of the samples collected during the burnin phase. However, the duration of the burnin phase is unknown during an MCMC run and cannot be removed, so that estimated split frequencies might be biased by these early samples.

The second issue results from the volatility and oscillatory behavior of the estimated split frequency during the earliest phase, even after the equilibrium is reached. This oscillatory behavior depends on whether a split is present or absent in the sampled tree topology. Adaptive proposals constructed with these fluctuating estimates could induce unwanted dependencies between the proposal probabilities and the presence or absence of a split (e.g., nonreversibility of the proposals), and impact the correctness of the MCMC algorithm.

For these reasons, the heuristic learning algorithm is based on common practices used for adaptive proposals for continuous parameters (e.g., Haario et al. 1999; Andrieu and Thoms 2008). The algorithm averages the split frequencies over a fixed number of samples to reduce the volatility of the estimates, uses a relaxation mechanism that progressively reduces the impact of the earliest samples observed, and detects the convergence of the learning process when the amount of variation in split frequencies stabilizes. This convergence is further ensured by updating the estimated split frequencies using monotonic decreasing weights (i.e., strictly decreasing updates). Once convergence is reached, the learning process is terminated to ensure that the proposals preserve the ergodicity of the MCMC algorithm.

Adaptive proposals strongly rely on the estimated split frequencies. While this heuristic algorithm improves the robustness and accuracy of these estimates, it does not ensure a foolproof estimation procedure. Therefore, to further improve the robustness of adaptive proposals, these proposals include a stochastic component to ensure that all trees remain accessible regardless of the accuracy or correctness of the split frequency estimates (Supplementary material available on Dryad, stochastic component).

Adaptive Tree Proposals

Adaptive tree proposals rely on split frequencies to define regions of the tree that are weakly or strongly supported (i.e., having low or high split frequencies). These regions are used to define moves maintaining highly supported regions of the topology while proposing modifications to regions having weak support. For instance, applying this concept to the stNNI proposal could reduce the frequency of subtree swaps acting on splits with strong support while increasing the frequency of swaps acting on splits with weak support.

While this concept can be applied to build adaptive versions of naive proposals (e.g., stNNI or eSPR), two limitations to this approach must be accounted for. First, naive proposals generate relatively simple and specific tree alterations. For instance, the NNI operator is computationally cheap. Their computational cost during an MCMC iteration is largely dominated by the cost of the resulting likelihood evaluation. To be efficient, adaptive versions of naive proposals must present a favorable trade-off between their inherent increase in computational cost and their enhanced sampling ability. However, these enhancements in sampling ability are limited by the simplicity and specificity of moves generated by naive proposals. Minimizing the increase in computational cost with respect to the cost of a likelihood evaluation is therefore key to designing competitive adaptive versions of naive tree proposals.

The second key limitation results from a more conceptual consideration: the type of moves generated by a tree proposal. In absence of native operations on the tree space, operators such as the nearest neighbor interchange (i.e., NNI), the tree bisection and reconnection (i.e., TBR), or the subtree regrafting and pruning (i.e., SPR) operators are used to manipulate tree topologies. Using these operators to define tree proposals such as the stNNI, eTBR, and eSPR proposals results in distinctive means of navigating the tree space (i.e., distinct types of moves). Since each analysis benefits differently from different types of moves, including tree proposals based on various operators in a mixture of proposals is fundamental to adequately explore the tree space (Lakner et al. 2008). Building adaptive variants of naive tree proposals limits the resulting proposals to generate distinct types of moves (e.g., NNI or TBR) and hinders their potential to adapt more broadly to different tree spaces.

To better understand why this approach might not be optimal for adaptive tree proposals, it is convenient to consider a graph-based representation of the tree space (Supplementary material available on Dryad, graph-based representation). In this representation, each vertex identifies a unique tree, and directed links (i.e., edges) represent the navigable network defined by a given operator. For instance, the NNI operator defines a network where only vertices representing trees reachable by swapping two subtrees separated by a single branch are linked. A naive tree proposal represents then the weighted version of these graphs where the network is...
defined by the operator and the link weights represent the probability of moving from a tree to another tree. Networks and link weights differ across naive proposals but remain fixed for each proposal during an MCMC analysis.

An adaptive version of a naive tree proposal will share the same network as its naive counterpart but will adapt the link weights (i.e., move probability) at runtime to favor moves leading to trees having high posterior probability using approximate split frequencies as a proxy score. While this adaptive-weights approach already represents an improvement over naive proposals, it fails to fully exploit the information contained in the split frequencies. This information can also be used to identify where links are more favorable out of extended networks that for instance consolidate networks of several types of moves.

Therefore, I propose here a different design philosophy where adaptive tree proposals use the split frequencies not only to adapt the link weights at runtime but also to pick which type of move is the most favorable out of an extended network. Similarly to eSPR and eTBR proposals, enumerating all outgoing links (i.e., moves) for a given vertex (i.e., tree) on such a network is impractical and expensive. Therefore, other move-building mechanisms analogous to the extension procedure of eSPR and eTBR proposals must be considered. In practice, this new concept of adaptive-network proposals uses split frequencies to identify weakly and strongly supported regions of a tree (e.g., clades or paths) that serve as building blocks for the proposed moves. This design philosophy allows adaptive tree proposals to generate tree alterations specifically tailored to fit the posterior distribution of tree topologies by tuning the link weights across an extended network including the networks of NNI, SPR, TBR operators, and more.

In this study, I consider both design philosophies for adaptive proposals. First, I define two adaptive-weights variants of existing naive proposals (stNNI and eSPR), that is proposals having a network constrained by a specific type of moves (i.e., NNI and SPR, respectively). Then, I present a novel adaptive-network proposal that uses the split frequencies to adaptively define the most favorable type of moves among those defined by an extended network.

Mathematical Notation.—I use the following mathematical notation to describe adaptive proposals (summarized in Table 1): an unrooted tree topology \( \tau \) is defined by a set of vertices, \( V \), and a set of edges, or branches, \( E \). The subset of edges, \( I_E \subseteq E \), identifies the set of internal edges. Each edge \( e_i \) identifies a split \( s_i = S(e_i) \) whose frequency is estimated by the function \( \pi(s_i) \). A split \( s_i \) identifies a unique bipartition of the set of taxa and can therefore be identified differently in several tree topologies. For instance, two edges in different trees (e.g., \( e_i \) in \( \tau \) and \( e_j \) in \( \tau' \)) can identify the same split \( s_i \).

| Variables | Interpretation |
|-----------|----------------|
| \( \tau \) | Unrooted tree topology with edges \( e_i \in E \) and vertices \( \gamma_i \in V \) |
| \( s_i = S(e_i) \) | A unique split identified by \( j \) in the set of all possible splits |
| \( \pi(s_i) = \pi(S(e_i)) = \pi(e_i) \) | Operator returning the split identified by edge \( e_i \) |
| \( \pi(s_j) = 1 - \pi(s_i) \) | Complement of the split frequency |
| \( e_i = \{\gamma_i, \gamma_j\} \) | Unirected edges |
| \( e_{ij} = \{\gamma_i, \gamma_j\} \neq e_i \neq e_j \) | Directed edges |
| \( \{e_{ij}, e_{ij}\} \) | Internal edges contiguous to \( e_i \) (neighboring edges) |
| \( I_E \) | Set of internal edges |
| \( \rho = \{e_{i1}, e_{i2}, \ldots, e_{ix}\} \) | Contiguous path in the tree |
| \( mcf(\rho) \) | Min. split frequency in clade identified by edge \( e_i \) |

| FIGURE 1. Steps of the A-stNNI proposal. In step 1, edge \( e_i \) is selected according to Equation (3). Then, in step 2, the two subtrees to swap are selected according to Equation (4). |

I use a flexible definition of splits in the sense that a split can be used to identify a bipartition and also to build new partitions. In the context of a move, a directed edge \( e_i \) specifies the direction of operations involving this edge. For instance, the split \( S(e_i) \cup S(e_j) \) identifies the taxa in the clade subtended by edge \( e_i \). Using this definition, a new split can then be constructed when a clade is moved by considering the union of two splits: for instance, \( S(e_i) \cup S(e_j) \) would identify a bipartition segregating the taxa in the clade subtended by edges \( e_i \) and \( e_j \) from the other taxa.

Edges contiguous to edge \( e_i \) are identified by the operator \( v(e_i) \) that returns the next edges according to the direction of \( e_i \). As most of the adaptive proposals considered act on internal edges, the \( v() \) operator only returns edges contained in \( I_E \). Regions of the tree topology are identified by contiguous paths \( \rho \) composed of a set of contiguous undirected or directed edges (e.g., \( \rho = \{e_{i1}, e_{i2}, \ldots, e_{ix}\} \)). Lastly, the operator \( mcf(\rho) \) returns the smallest split frequency of the internal edges existing in the clade subtended by edge \( e_i \).

Adaptive stNNI

The adaptive stNNI (A-stNNI) proposal uses the split frequencies to guide the selection of the central edge \( e_i \) (Fig. 1). The split identified by this edge \( s_i = S(e_i) \) will...
be altered by the interchange of two subtrees located on each extremity of $e_i$. The interchange to apply among the two possible outcomes is also guided by the split frequencies.

The selection of the central edge $e_i$ is biased toward edges identifying weakly supported splits. The central edge $e_i$ is selected with probability

$$p(e_i | t) = \frac{e + \pi(u_i)}{\sum_{e \in E} e + \pi(u_i)}$$

The new split $s_e$ replacing $s_z$ is determined by one of the two possible outcomes of subtree interchange. The edge $e_z$ subtending the first subtree to swap is arbitrarily chosen among the four edges contiguous to edge $e_i$ (i.e., having the strongest support, the edge $e_i$ is selected among the two subtrees on the opposite side of $e_i$ that are identified by edges $e_a$ and $e_b$, respectively (Fig. 1). The new split $s_e$ segregates the taxa identified by the edge $e_i$ and either edge $e_a$ or $e_b$ from the others, resulting in split $S(e_a) \cup S(e_b)$ or $S(e_b) \cup S(e_a)$, respectively. To favor the interchange leading to the tree with the strongest support, the edge $e_i$ identifying the second subtree is selected with probability proportional to $\pi(s_z)$:

$$p(e_i | e_a, e_b, t) = \frac{e + \pi(S(e_a) \cup S(e_b))}{\sum_{e \in \{e_a, e_b\}} e + \pi(S(e) \cup S(\emptyset))} \quad \text{with} \quad e_i \in \{e_a, e_b\}.$$  

An A-stNNI move is identified by the triplet of edges $(e_i, e_a, e_b)$ and is proposed according to probability

$$p(t | \emptyset) = p(e_i | t) \times p(e_a | e_i, t) \times p(e_b | e_a, t) \times p(e_b | e_a, e_i, t),$$

and leads to the new tree topology $t$. The reverse move happens with probability

$$p(t' | t) = p(e_i' | t') \times p(e_a' | e_i', t') \times p(e_b' | e_a', e_b', t'),$$

where $e_i'$ identifies the edge of the new split $s_e$ (i.e., central edge) in $t'$, and edges $e_a'$ and $e_b'$ identify the same splits in $t$ and $t'$. The Hastings ratio required to evaluate the acceptance probability of an A-stNNI move (Eq. (2)) is the ratio of Equations (6) and (5).

**Adaptive 2-edges SPR**

The adaptive 2-edges SPR (A-2SPR) is an adaptive version of the eSPR move. Similarly to the eSPR proposal, this adaptive proposal prunes a subtree, moves it along a path made of consecutive edges, and regrafts it (Fig. 2). The length of the path is however limited to exactly two edges, resulting in the alternation of two splits. In contrast to the usual eSPR strategy, the A-2SPR first selects the path along which the subtree will be moved and then considers all the possible pruning and regrafting moves along this path. The A-2SPR can be seen as a natural extension of the A-stNNI to two edges since the path is selected to target regions of the tree with weak support, while the move is selected to favor the resulting tree having the strongest support.

In the first step, I select a pair of contiguous edges $(e_i, e_j)$ with probability inversely proportional to the product of their estimated marginal split frequencies, as defined by,

$$p(e_i, e_j) = \frac{e + \pi(S(e_i) \cup S(e_j))}{\sum_{(e_i, e_j) \in Eq(\emptyset)} e + \pi(S(e) \cup S(\emptyset))},$$

where $I(e_i, e_j)$ identifies the set containing all pairs of contiguous internal edges in $t$. The pair $(e_i, e_j)$ has the four edges $e_a, e_b, e_i, e_j$ and $e_i$ at its extremities and the edge $e_i$ in its center, which is the edge sharing a vertex with both edges $e_i$ and $e_j$.

The second step enumerates all the possible moves across edges $(e_i, e_j)$ for subtrees subtended by edges $e_a, e_b, e_i, e_j$ and $e_k$. Each of those edges can be regrafted two ways after moving along edges $(e_i, e_j)$. For instance, assuming that $e_a$ and $e_i$ are adjacent, the subtree identified by edge $e_a$ could be pruned and then regrafted on edges $e_i$ or $e_b$. Assuming that edge $e_i$ is selected as the regrafting point, the split $s_y = S(e_i)$ and $s_z = S(e_b)$ would be removed and would be replaced by splits $s_y$ and $s_z$. The split $s_y$ would separate taxa in subtrees identified by edges $e_a$ and $e_i$ from the others (i.e., $s_y = S(e_a) \cup S(e_i) = S(e_a) \cup S(e_b) \cup S(e_i)$), while the split $s_z$ would separate taxa in the clade identified by edges $e_b$ and $e_j$ from the others (i.e., $s_z = S(e_b) \cup S(e_j)$).
For mathematical convenience, edges \( e_u, e_l, e_r, \) and \( e_f \) can be re-labeled using their relative position using notation \( e_u, e_l, e_r, e_f \) (Fig. 2). Indexes \( p_1 \in \{1, l \} \) define whether the edges are at the right \((p_1 = r)\) or left \((p_1 = l)\) extremity of edges \((e_u, e_l)\) and whether the edges are the right or left one relative to each other \((p_2)\). Using this notation, the subtree to prune is identified by its subtending edge \( e_{x,y} \) at extremity \( x \) of edges \((e_u, e_l)\) and the regrafting point is identified by edge \( e_{x,z} \) at the opposite extremity \( x \). To propose favorable moves, the probability of selecting a pair of pruning and regrafting edges is proportional to the estimated marginal frequencies of the new resulting splits (i.e., \( s_p \) and \( s_l \)) and is defined as

\[
p(x, y, z) = \frac{\text{\( s_p \) or \( s_l \)}}{\sum_{i,j,k \in \{1, l \}^2} \text{\( s_p \)}(i, j, k) \times \pi s_z(i, j, k)},
\]

with \( s_p(x, y, z) = S(e_{x,y}) \cup S(e_{x,z}) \cup S(e_{y,z}) = s_p \)

and \( s_l(x, y, z) = S(e_{x,y}) \cup S(e_{x,z}) = s_l \).

The move identified by the quadruplet of edges \((e_u, e_l, e_r, e_f)\) is proposed according to probability

\[
p(\tau' | \tau) = p(e_r, e_l | \tau) \times p(e_u, e_f | \tau, e_l, e_r, \tau),
\]

and leads to the new tree topology \( \tau' \). The reverse move happens with probability

\[
p(\tau | \tau') = p(e_r', e_l' | \tau') \times p(e_u', e_f' | \tau', e_l', e_r'),
\]

where edges \( e_r' \) and \( e_l' \) identify the new splits. Edge \( e_{x,y} \) identifies the edge originally pruned and \( e_{x,z} \) its neighbor in \( \tau \) that subsume the same subtrees in \( \tau \) and \( \tau' \). The ratio of Equations (10) and (9) defines the Hastings ratio for the A-2SPR proposal that is used to evaluate the acceptance probability of a move (Eq. (2)).

This strategy can be generalized to build adaptive N-edges SPR moves. However, two pitfalls are inherent to this approach. First, building proposals affecting a fixed number of edges, which includes the A-2SPR proposal, is inconvenient and can result in nonergodic proposals when used on their own. Second, the proposal’s efficiency would suffer from significant increases in computational cost. The computational complexity of the enumeration of all N-edges paths grows as \( O(2^N) \), while the one of estimating the move probabilities grows as \( O(N) \) (Supplementary material available on Dryad, computational complexity).

### Adaptive Path Building and Jolting Proposal

While the A-stNNI and A-2SPR proposals generate moves constrained by the NNI and SPR move types (i.e., fixed network), the adaptive path building and jolting proposal (A-PBJ) embraces a different design philosophy that uses the estimated split frequencies to define the move type adaptively (i.e., adaptive-network proposal). This approach is achieved by using the split frequencies to identify two types of structures within a tree topology: weakly and strongly supported regions. A proposal designed under this philosophy will strive to generate moves maintaining the regions with strong support while altering other regions with weak support. Moves resulting from this strategy are specifically tailored to fit the posterior distribution of trees at hand.

The A-PBJ proposal implements this novel design philosophy by using contiguous paths within a tree to identify weakly and strongly supported regions: the unstable and stable paths, respectively (Fig. 3). The procedure used to build such paths and an A-PBJ move are first summarized here and then detailed in the next sections, and lastly illustrated with an example in the Supplementary material available on Dryad (Path building: an illustrative example).

This proposal begins by selecting a stable path acting as the backbone of the move. Unstable paths are then constructed at both extremities of the backbone when possible: that is, when the stable path leads to internal edges (Fig. 3, step 1). An unstable path defines an
The subclade including the backbone is moved along the unstable path and then regrafted (Fig. 3, step 3). The strategies used to construct such paths and their resulting probabilities are defined in the following sections. The construction of a stable path \( \rho_s \) with probability \( p(\rho_s | \tau) \) is illustrated in Figure 4. The unstable paths \( \rho_u^{(a)} \) and \( \rho_u^{(b)} \) are built at each extremity of the stable path \( \rho_s \) identified by edges \( \bar{e}_i \) and \( \bar{e}_o \). Those unstable paths are constructed with probabilities \( p(\rho_u^{(a)} | \rho_s, \tau) \) and \( p(\rho_u^{(b)} | \rho_s, \tau) \), respectively, as illustrated in Figure 5.

The probability of an A-PBJ move is defined using the joint probability of building its component paths and is given as

\[
p(\rho_s | \tau) = p(\rho_u^{(a)} | \rho_s, \tau) \times p(\rho_u^{(b)} | \rho_s, \tau).
\]  

(11)

The reverse move happens with probability

\[
p(\rho_s | \tau) = p(\rho_u^{(b)} | \rho_s, \tau) \times p(\rho_u^{(a)} | \rho_s, \tau).
\]  

(12)

where \( \rho_u^{(a)} \) identifies the path including edges identifying the same splits as \( \rho_s \). Paths \( \rho_u^{(a)} \) and \( \rho_u^{(b)} \) are inverse eSPR-type move by construction. First, the edge at the extremity of the stable path and adjacent to the unstable path is pruned (Fig. 3, step 2). The subclade including the backbone is moved along the unstable path and then regrafted (Fig. 3, step 2).
versions of path $\rho_u^{(1)}$ and $\rho_v^{(2)}$, respectively, and identify the reverse eSPR-type moves.

The ratio of Equations (12) and (11) defines the Hastings ratio for the A-PBJ proposal required to evaluate the acceptance proposal of a move (Eq. (2)). The different terms involved in Equations (11) and (12) are detailed in the next sections.

**Stable Path.**—The construction of a stable path $\rho_s$ involves first selecting an edge with probability

$$p(\epsilon_i | \tau) = \frac{\epsilon + \pi(\epsilon_i)}{\sum_{\epsilon_i \in \mathcal{E}_s} \epsilon + \pi(\epsilon_i)}.$$  

(13)

This equation favors the selection of edges identifying high-frequency splits. The path $\rho_s$ is then built by step-wise extension of its extremities. Starting from edge $\epsilon_s$, the path is extended in both directions, namely the $\bar{\epsilon}_s$ and $\bar{\epsilon}_s$ directions, respectively (Fig. 4, step 2).

After including edge $\epsilon_i$ in a partial path (e.g., $\rho^{(i)}$), the extension mechanism iterates over two steps: first, the termination condition of the extension, and second (if not terminated), the extension of the path with a new edge.

Assuming an initial direction $\bar{\epsilon}_i$ and the initial partial path $\rho^{(1)} = \{\epsilon_1 = \bar{\epsilon}_1\}$, the first iteration ($i = 1$) begins by testing the termination condition that occurs with probability

$$p(\text{stop} | \bar{\epsilon}_i, \tau) = \frac{1}{\epsilon + 1} \left( \frac{\epsilon + \min_{\epsilon_i \in \mathcal{E}_s} \pi(\epsilon_i)}{\epsilon + \pi(\epsilon_i)} \right).$$  

(14)

This probability favors the termination of the extension mechanism whenever a split identified by a neighboring internal edge $\epsilon_i \in \mathcal{E}_s$ could benefit from being altered. However, when edge $\bar{\epsilon}_i$ does not lead to at least one internal neighboring edge (i.e., $\mathcal{E}_s(\bar{\epsilon}_i) = \emptyset$), then the extension terminates deterministically.

If the termination condition is not met (which happens with probability $1 - p(\text{stop} | \bar{\epsilon}_i, \tau)$) and the next candidate edges are not terminal, the path continues its extension by selecting the next edge to add. Internal edges identifying a split with high frequency and leading to a clade containing low-frequency structures represent good candidates for extension and are selected with probability

$$p(\bar{\epsilon}_{i+1} | \bar{\epsilon}_i, \tau) = \frac{\epsilon + \pi(\bar{\epsilon}_{i+1}) \times (1 - \text{mcf}(\bar{\epsilon}_{i+1}))}{\sum_{\bar{\epsilon}_i \in \mathcal{E}_s} \epsilon + \pi(\bar{\epsilon}_j) \times (1 - \text{mcf}(\bar{\epsilon}_j))}.$$  

(15)

where $\text{mcf}(\bar{\epsilon}_i)$ identifies the minimum split frequency in the clade identified by $\bar{\epsilon}_i$. The selected edge $\bar{\epsilon}_{i+1}$ is then added to the path (e.g., $\rho^{(i+1)} = \{\epsilon_1 = \bar{\epsilon}_1, \epsilon_{i+1} = \bar{\epsilon}_{i+1}\}$) and a new iteration begins ($i = i + 1$).

This process continues until the termination event occurs or until the path reaches an endpoint (i.e., $\mathcal{V}(\bar{\epsilon}_i) = \emptyset$). The probability of having extended the partial stable path $\rho^{(i)} = \{\bar{\epsilon}_1, \ldots, \bar{\epsilon}_i\}$ in direction $\bar{\epsilon}_i$ is then given as

$$p(\rho^{(i)} | \tau, \bar{\epsilon}_i) = \prod_{i=1}^{m-1} \left[ (1 - p(\text{stop} | \bar{\epsilon}_i, \tau)) \times p(\bar{\epsilon}_{i+1} | \tau, \bar{\epsilon}_i) \right] \times p(\text{stop} | \tau, \bar{\epsilon}_i).$$  

(16)

The extension mechanism is repeated in the opposite direction (i.e., $\bar{\epsilon}_i$) resulting in partial stable path $\rho^{(0)} = \{\bar{\epsilon}_1, \ldots, \bar{\epsilon}_i\}$. Both partial paths $\rho^{(0)}$ and $\rho^{(0)}$ are then concatenated to form the stable path

$$\rho_s = \{\epsilon_1 = \bar{\epsilon}_1, \ldots, \bar{\epsilon}_i = \bar{\epsilon}_i, \ldots, \bar{\epsilon}_s\}. $$  

(17)

The construction of this path is conditional on the selection of edge $\epsilon_i$ as starting point and is built with probability

$$p(\rho_s | \epsilon_i, \tau) = p(\epsilon_i | \tau) \times p(\rho^{(0)} | \epsilon_i, \tau) \times p(\rho^{(0)} | \epsilon_i, \tau).$$  

(18)

Given that this exact path may be built starting from any edge $\epsilon_i \in \mathcal{E}_s$, the probability of building path $\rho_s$ must be marginalized over all potential starting edges and is defined as

$$p(\rho_s | \tau) = \sum_{\epsilon_i \in \mathcal{E}_s} p(\rho_s | \epsilon_i, \tau).$$  

(19)

**Unstable Paths.**—The mechanism used to build unstable paths consists of extension phases starting from each of the extremities of the stable path $\rho_s$, each identified by edges $\bar{\epsilon}_i$ and $\bar{\epsilon}_i$, respectively. An unstable path fully defines an eSPR-type move (Fig. 5). For instance, the unstable path $\rho^{(0)} = \{\bar{\epsilon}_1, \ldots, \bar{\epsilon}_i, \ldots, \bar{\epsilon}_s\}$ starting after edge $\bar{\epsilon}_i$ includes the edge to prune (\bar{\epsilon}_i) that subdents the moving clade $C$ (i.e., the clade containing the stable path), the edge that identifies the direction of the move ($\bar{\epsilon}_i$), the edges traversed by clade $C$ and the regrafting point of clade $C$ ($\bar{\epsilon}_s$). As in the extension of the stable path, an unstable path $\rho^{(0)}$ is built by iterating over two steps: the extension termination and edge selection steps.

The extension phase is terminated with a probability proportional to the risk of extending the unstable path with an edge identifying a split with a high-frequency in the next step. The termination event occurs with probability

$$p(\text{stop} | \bar{\epsilon}_i, \tau) = \frac{1}{\epsilon + 1} \left( \frac{\epsilon + \sum_{\epsilon_i \in \mathcal{E}_s} p(\epsilon_i | \bar{\epsilon}_i, \tau) \times \pi(\epsilon_i)}{\epsilon + \pi(\epsilon_i)} \right).$$  

(20)

where $p(\epsilon_i | \tau, \bar{\epsilon}_i)$ is the probability of extending path $\rho^{(0)}$ with edge $\epsilon_i$ (Eqs. (21–23)). When edge $\epsilon_i$ does not lead to at least one internal neighboring edge (i.e., $\mathcal{E}_s(\bar{\epsilon}_i) = \emptyset$), then the extension terminates deterministically.
If the termination does not occur, the next edge is selected according to probabilities defined by the edge’s role in the eSPR move (i.e., direction, traversed or regrafting edge). The first edge selected identifies the direction along which clade \( C \) will move and is selected with probability

\[
p(\vec{c}_{i+1} | \vec{c}_i, \tau) = \frac{\epsilon + \pi^s(\vec{c}_{i+1})}{\sum_{\hat{c}_i \in S(\vec{c}_i)}} \quad i = 1, \quad (21)
\]

that favors the removal of edges identifying low-frequency splits.

Each edge traversed by clade \( C \) is then selected with probability

\[
p(\vec{c}_{i+1} | \vec{c}_i, \tau) = \frac{\epsilon + \pi^c(\vec{c}_{i+1}) \times \pi(c \cup S(\vec{c}_{i+1}))}{\sum_{\hat{c}_i \in S(\vec{c}_i)}} \quad 1 < i < m - 1, \quad (22)
\]

where \( c \) identifies the split containing the taxa of clade \( C \). This probability accounts for the removal of the current split \( S(\vec{c}_i) \) and the addition of the new split \((c \cup S(\vec{c}_{i+1}))\).

The last edge, selected after the termination of the extension phase, identifies the regrafting edge for clade \( C \) and is selected with probability

\[
p(\vec{c}_{i+1} | \vec{c}_i, \tau) = \frac{\epsilon + \pi^s(\vec{c}_{i+1})}{\sum_{\hat{c}_i \in S(\vec{c}_i)}} \quad i = m - 1, \quad (23)
\]

that is, in proportion to the frequency of the last split added.

Building an unstable path \( \mu^{(o)} \) is the outcome of the selection of the direction, the extension of the traversed path and the choice of the regrafting edge. The probability of building an unstable path is therefore defined as

\[
p(\mu^{(o)} | \tau, \vec{c}_i) = p(\vec{c}_2 | \tau, \vec{c}_i) \times \prod_{i=2}^{m-2} \left( \left( 1 - p(\text{stop} | \tau, \vec{c}_i) \right) \times p(\vec{c}_{i+1} | \tau, \vec{c}_i) \right) \\
\times p(\text{stop} | \tau, \vec{c}_{i-1}) \times p(\vec{c}_1 | \tau, \vec{c}_{i-1}). \quad (24)
\]

The probability of an A-PBJ move (Eqs (11) and (12)) is defined as the joint probability of building a stable path (Eq (19)) and the two unstable paths starting at its extremities (Eq (24)).

### Parsimony-Guided stNNI and eSPR

I implemented parsimony-guided stNNI and eSPR proposals based on the concepts presented in Höhna and Drummond (2012) to compare adaptive proposals with other strategies for guiding tree proposals (Supplementary material available on Dryad, Parsimony score transformation). Two different strategies were considered: exhaustive guided stNNI (G-stNNI) and guided N-edges eSPR (G-NSPR) proposals. The mechanism of these proposals consists of defining a set of potential moves and drawing one of them proportionally to the parsimony score of the resulting trees. Each proposal differs in the strategy used to build the set of moves. The G-stNNI proposal enumerates all possible stNNI moves for the current tree \( \tau \). The G-NSPR proposal randomly choose a subtree to prune, then enumerates all eSPR moves altering at most N-edges. Using \( N = 1 \) has a similar effect to a guided stNNI that would randomly choose the central edge and then use the parsimony score to guide the subtree interchange.

### Theoretical Computational Complexity of Proposals

The performance of an MCMC proposal is defined by its sampling efficiency and its computational cost relative to the likelihood evaluation. Understanding how the computational cost of tree proposals grows with respect to different data set sizes or model complexity is therefore important to identify potential limitations. Since, it is not practically possible to test several tree proposals on a broad range of data sets and models, I defined the theoretical computational complexity of the different proposals used in this study and compared them to the cost of a partial likelihood (Supplementary material available on Dryad, computational complexity). These complexities and the conditions under which a proposal is strictly less expensive than a partial likelihood evaluation are summarized in Table 2. This theoretical analysis indicates that parsimony-guided tree proposals have performance improvements limited by their dependencies to the number of sites \( n \). Conversely, adaptive tree proposals should have negligible computational cost as long as the number of taxa \( n \) is smaller than \( n_t \).

The parsimony-guided proposal G-stNNI could exceed the computational complexity of a partial likelihood evaluation under the condition that the number of taxa \( n \) exceed the product of the number of symbols \( c \) (e.g., \( c = 4 \) for nucleotides) and the number of rate categories \( k \) under a discrete-Gamma rate model (Yang 1994). Such scenarios would happen even when using moderately complex models as the GTR+\( \Gamma \) substitution model with \( k = 4 \) rates categories. The G-NSPR proposal seems more competitive as its efficiency condition is reached when \( 2^k \ll ck \). Even if this condition is not reached, a G-NSPR can be executed at a fraction \( 2^k/(ck) \) of a partial likelihood evaluation, which represents a reasonable computational overhead for small values of \( s \).

While the overhead cost of adaptive proposals is nonnegligible compared to naive proposals, their computational overhead remains negligible with respect to partial likelihood evaluations as long as \( 2n \ll cn_{\text{ith}}k^2 \).
Assessing the Performance of Tree Proposals

Diagnosing the behavior of an MCMC algorithm is generally achieved by monitoring its sampling performance (e.g., effective sample size) on different parameters. This task is particularly difficult when monitoring the performance of MCMC algorithms to estimate the posterior distribution of trees due to the discrete nature of this parameter. Nonetheless, two different characteristics are usually monitored. The first characteristic is the time to convergence of the MCMC algorithm, that is the number of iterations required until the Markov chain reaches its equilibrium. The second characteristic is the mixing efficiency, that is, the propensity of the MCMC algorithm to mimic the process of directly drawing samples from the true posterior distribution.

Few robust and practical procedures exist to measure these two characteristics for samples of phylogenetic trees and none are able to separately monitor the behavior of tree proposals within a mixture. In the next sections, I first enumerate the existing procedures and define how I use them. Then, I present a novel metric able to isolate and assess the performance of tree proposals contained in a mixture of proposals.

Existing performance metrics.—The standard metric to assess the convergence of MCMC runs estimating the posterior distribution of trees is the average standard deviation of split frequencies (ASDSF). This metric captures the variance of the posterior distribution of split frequencies among several independent MCMC runs. In previous studies, the efficiency of tree proposals was assessed using a convergence threshold based on the ASDSF (Lakner et al. 2008; Höhna and Drummond 2012). After a thorough investigation of this procedure, Whidden and Matsen (2015) suggested that the number of replicates plays a key role in the accuracy of this metric and proposed an alternative metric. This metric, the mean round trip cover time (MRT), represents the mean number of iterations required to visit each high probability tree, starting from and returning to the highest probability tree. Alas, the MRT could not be applied on diffuse tree distributions and required MCMC runs consisting of an enormous number of samples. Lastly, Lanfear et al. (2016) proposed several metrics to approximate effective sample sizes (ESS) for tree topologies by mapping tree topologies into a continuous parameter and then by applying standard approaches to estimate the ESS. In practice, this is achieved by measuring pairwise distances between tree topologies. While these approximate ESS methods are very promising to diagnose MCMC runs, they are not appropriate for a benchmark of tree proposals. Indeed, using pairwise distances between tree topologies to convert tree topologies into a continuous parameter obscures the ability of the proposals to visit each split or tree. This key characteristic of tree proposals is better assessed by the ASDSF and MRT metrics.

I used multiple long and independent runs with MrBayes to obtain accurate estimates of the posterior distribution of split frequencies (ESS) for tree topologies defined over an alphabet of k characters (e.g., k = 4 for nucleotide sequences). The Gamma model for rate heterogeneity has a number c of rate categories (Yang 1994), while a partial likelihood requires the number of categories to be a function of the number of alignment sites for each character (e.g., ASDSF) capture the behavior of MCMC runs without providing information on the performance of the different tree proposals composing a mixture of proposals. Except for the acceptance rate of each tree proposal, no metrics are readily available to measure the relative contribution of each proposal. The acceptance rate is informative of the proposal behavior, but fails to capture the number of trees that the proposal can access.

Table 2. Computational complexity of the proposals, likelihood operations and condition under which a proposal is strictly less expensive than a likelihood evaluation (i.e., Cost condition).

| Operation    | Complexity | Cost condition |
|--------------|------------|----------------|
| Full lik.    | O(mnck^2) | ≤n ≤cmnk^2    |
| Partial lik. | O(mnck^2) | ≤n ≤cmnk^2    |
| Partial pars.| O(mnck)   | ≤n ≤cmnk^2    |
| stNNI        | O(1)      | s ≤cmnk^2     |
| eSPR         | O(s)      | s ≤cmnk^2     |
| cTBR         | O(2s)     | s ≤cmnk^2     |
| G-stNNI      | O(mnck)   | n ≈ck         |
| G-NSPR       | O(n^2ck)  | 2 ≤ck         |
| A-stNNI      | O(n)      | n ≤cmnk^2     |
| A-2SPR       | O(s+2s^2) | s ≈2n ≤cmnk^2|
| A-PBJ        | O(n+s+n^2) | 2n ≤cmnk^2   |

Note: Alignments have m sites for n sequences defined over an alphabet of k characters (e.g., k = 4 for nucleotide sequences). The Gamma model for rate heterogeneity has a number c of rate categories (Yang 1994), while a partial likelihood requires the number of categories (e.g., ASDSF) capture the behavior of MCMC runs without providing information on the performance of the different tree proposals composing a mixture of proposals. Except for the acceptance rate of each tree proposal, no metrics are readily available to measure the relative contribution of each proposal. The acceptance rate is informative of the proposal behavior, but fails to capture the number of trees that the proposal can access.

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Drummond (2012). After a thorough investigation of this procedure, Whidden and Matsen (2015) suggested that the number of replicates plays a key role in the accuracy of this metric and proposed an alternative metric. This metric, the mean round trip cover time (MRT), represents the mean number of iterations required to visit each high probability tree, starting from and returning to the highest probability tree. Alas, the MRT could not be applied on diffuse tree distributions and required MCMC runs consisting of an enormous number of samples. Lastly, Lanfear et al. (2016) proposed several metrics to approximate effective sample sizes (ESS) for tree topologies by mapping tree topologies into a continuous parameter and then by applying standard approaches to estimate the ESS. In practice, this is achieved by measuring pairwise distances between tree topologies. While these approximate ESS methods are very promising to diagnose MCMC runs, they are not appropriate for a benchmark of tree proposals. Indeed, using pairwise distances between tree topologies to convert tree topologies into a continuous parameter obscures the ability of the proposals to visit each split or tree. This key characteristic of tree proposals is better assessed by the ASDSF and MRT metrics.

I used multiple long and independent runs with MrBayes to obtain accurate estimates of the posterior distribution of split frequencies (ESS). These reference split frequencies were used to assess the convergence of each one of the runs under two scenarios: the overall convergence of the MCMC run (before burnin removal) and convergence after removal of the burnin phase. The first metric informs on the number of iterations required to reach convergence, while the second indicates the efficiency of the proposals at estimating the split frequencies. I defined these convergence criteria as satisfied when the Euclidean distance between the reference p(s|X) and the estimated p̂(s|X) marginal distribution of split frequencies for all splits s with p̂(s|X) > 0.1 was lower than a fixed threshold. I defined these thresholds to represent an average error of 2% and 1% per split for the before and after-burnin removal convergence metrics, respectively.

Assessing the Contribution of Moves in a Mixture of Proposals.—The aforementioned convergence metrics (e.g., ASDSF) capture the behavior of MCMC runs without providing information on the performance of the different tree proposals composing a mixture of proposals. Except for the acceptance rate of each tree proposal, no metrics are readily available to measure the relative contribution of each proposal. The acceptance rate is informative of the proposal behavior, but fails to capture the number of trees that the proposal can access.
or alter: a proposal could have a high acceptance rate but only visit a small fraction of the 95% credible set. For the same reason, running MCMC analyses using a single tree proposal to measure its convergence performance (e.g., MRT) could prove impossible for some proposals due to their inability to reach some parts of the tree space. Failure to reach convergence is unrepresentative of the full visit-cycle given the split posterior probability \( p(s_i \mid X) \) is given as

\[
p(k_i \mid q = p(s_i \mid X)) = \frac{q(1-q)^{k_i} - (1-q)^{k_i}}{1-2q},
\]

and is undefined for \( p(s_i \mid X) = 0.5 \).

Assuming that accurate estimates of the split frequencies are available (e.g., reference runs), the characteristics of the ideal tree proposal can then be summarized on a split-wise basis by considering the expected period \( E(k_i) \) of splits \( s_i \). These expected periods can be estimated numerically using Equation (25). Figure 6a,b shows examples of splits posterior probabilities \( p(s_i \mid X) \) and expected cycle-visit frequencies (i.e., \( 1/E(k_i) \)) for the reference ideal proposal. In practice, that is during an MCMC run, the expected cycle-visit (C-V) frequencies for each proposal can be estimated under the condition that the full proposal history is tracked by logging the iteration at which they are applied and the resulting effect on the splits existing in the sampled tree. Figure 6c–e shows examples of these estimates (i.e., \( 1/E(k_i) \)) for three proposals used in a single MCMC run (i.e., stNNI, eSPR and A-stNNI proposals).

In this study, I use the expected C-V frequencies to define two metrics characterizing the performance of a tree proposal. The first metric consists in summing the C-V frequencies for all splits having an estimated posterior probability \( p(s_i \mid X) > 0.1 \).
This metric, the C-V efficiency, captures how many new splits are visited on average per proposed move. This value integrates implicitly the acceptance rate of the proposal and the number of splits altered by the moves, but does not indicate if the splits coverage of the proposal is adequate. Indeed, a proposal could be characterized by a good C-V efficiency while being unable to visit several splits. Figure 6f provides an example of the C-V efficiency of the ideal proposal as well as the ones used during the MCMC run. In this example, the C-V efficiency indicates that the A-stSTNI proposal outperformed the naive proposals while performing significantly worse than the ideal proposal. For proposals modifying a unique split per move, the C-V efficiency is directly linked to the acceptance rate of the proposals (e.g., 0.12 and 0.61 for the stNNI and A-stSTNI, respectively).

The second metric, the C-V distance, is complementary to the first one and represents the splits coverage of the proposals by comparing the expected C-V frequencies per split of the idealized proposal to the ones estimated for the proposal of interest. In other words, this metric, the C-V distance, represents the departure from the relative expected C-V frequencies of the ideal proposal and is therefore defined as the Euclidean distance between the normalized C-V frequencies of the ideal proposal and the one of interest,

$$d = \sqrt{\sum_{k \in S} \left[ \left( \sum_{s \in S} \left( \hat{E}(k|X) - E(k|X) \right)^{-1} \right)^{2} \right],}$$

where $S$ identifies all cycle-periods $k_i$ of splits $s_i$ having a posterior frequency $p(s_i|X) > 0.1$. The C-V frequencies are rescaled to remove the effect of the C-V efficiency, or amplitude, of the C-V frequencies. An example of C-V distances is shown in Figure 6g. In this example, the eSPR proposal has a larger C-V distance than the two others because it struggles to visit splits 34 and 38 (Fig. 6c–e). In conclusion, the C-V efficiency and distance shown in Figure 6g highlight that the A-stSTNI proposal is at least comparable to the one of the ideal proposal.

RESULTS

Set-up of the Analyses

I analyzed each data set with MrBayes (Ronquist et al. 2012) to obtain accurate estimates of the tree and split posterior distributions. Simulated and empirical data sets were analyzed under the GTR model and GTR-$\Gamma$ model with four categories, respectively (Supplementary material available on Dryad; Höhna and Drummond 2012; Whidden and Matsen 2015).

Mixtures of Proposals

Five different proposal mixtures were considered for these experiments (Table S1 of the Supplementary material available on Dryad). The reference mixture is designed to simultaneously infer phylogenies and molecular coevolution. This software also includes more traditional models such as the GTR+$\Gamma$ model. I therefore used the GTR+$\Gamma$ model to assess proposal performance and conducted analyses of 10 million iterations with 10 independent chains for each proposal mixture and data set with the same models and prior settings used to build the reference split frequencies. I then conducted additional runs with three Metropolis-coupled chains for the empirical data sets (using the same settings, iterations, and number of replicates as their MCMC equivalent).

Mixtures of Proposals

Five different proposal mixtures were considered for these experiments (Table S1 of the Supplementary material available on Dryad). The reference mixture is the naive mixture composed of the stNNI, eSPR and eTBR proposals applied each at equal frequency (as in MrBayes), with a probability $p = 0.6$ of extending a path for eSPR and eTBR. This probability was chosen based on empirical observations and according to Lakner et al. (2008). All subsequent mixtures applied stNNI and eSPR proposals at low frequency as a baseline.

The adaptive and guided mixtures were composed of all adaptive (i.e., A-stSTNI, A-2SPR, and A-PBJ) and guided (i.e., G-stSTNI, G-1SPR, G-2SPR) proposals, respectively, each applied at equal frequencies. The mixed mixture applied all the adaptive and guided proposals with equal frequencies, with the exception of the G-stSTNI that was removed due to its expensive computational cost. Finally, the best mixture was a version of the mixed mixture where...
the proposal weights were tuned for performance based on empirical observations.

**Representation of the Performance Metrics**

Each of the experiments presented in the following sections describes the performance of several proposals or proposal mixtures across many data sets. To homogenize the performance metrics measured across data sets, relative metrics are reported using a representative proposal or mixture involved in the experiment as reference. For instance, when individual proposals or mixtures of proposals are compared, the stNNI proposal or *naive* mixture are respectively chosen as reference. Reporting the C-V efficiency for the A-stNNI proposal is then achieved by presenting the ratio of the C-V efficiency measured for the A-stNNI proposal and the C-V efficiency of the reference proposal (e.g., stNNI). This metric representation highlights the magnitude of the performance improvements regardless of the data set.

Similarly, different proposals or mixtures may have significantly different computational costs. Therefore, the relative C-V efficiency and convergence metrics reported in the experiments are weighted by the relative computational time unless specified otherwise. In other words, the performance gains reported for a metric (e.g., increase in C-V efficiency) include differences in computational costs (e.g., slower proposal) to identify the effective performance gains. However, this transformation is not applied to the relative C-V coverage metric given that the time-component is already accounted for in the relative C-V efficiency. The relative C-V coverage remains then a straight comparison of the *split*-coverage of two proposals or mixtures.

Lastly, while these transformed metrics allow us to quickly compare the effective performance increases or decreases in a given experiment, they also obfuscate the raw measurements. Therefore, raw metrics (i.e., absolute

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**Figure 7.** Relative performance improvements of proposals on four simulated data sets using the stNNI proposal as reference. a) and b) The relative C-V efficiency for each proposal without and with penalization for their computational costs, respectively. c) and d) The relative increase in C-V coverage and acceptance rate, respectively. e) The relative computational time for the whole MCMC iteration (proposal and likelihood computational time). Absolute values are available in Figures S11–S15 of the Supplementary material available on Dryad.
value) are reported in the Supplementary material available on Dryad (Figs. S11 to S17 of the Supplementary material available on Dryad).

Performance of Proposal Mixtures on Simulated Data Sets

Proposal Performance.—On the four simulated data sets, the adaptive proposals achieved the best mixing efficiency according to the C-V efficiency with consistent 2- to 8-fold performance improvements over the stNNI proposal (Fig. 7a). These increases in mixing efficiency for the A-stNNI proposal were not affected by its inherent increase in computational cost (Fig. 7b). Despite slight decreases in C-V efficiency gains after being rescaled from the relative computational time, the more complex adaptive proposals (i.e., A-2SPR and A-PBJ) consistently demonstrated significant performance gains in comparison to all the naive and parsimony-guided proposals. These increases in C-V efficiency were mirrored by increased acceptance rates (Fig. 7d). As shown by the relative C-V coverage (Fig. 7c), most proposals modifying several edges (e.g., eTBR, A-2SPR, or G-2SPR) were less prone to visit all splits according to the theoretical expectation than the one-edge proposals (e.g., stNNI, A-stNNI, or G-stNNI). In general, the relative C-V efficiency and coverage highlight that the proposals were either strictly better than the stNNI (i.e., A-stNNI), more efficient regarding specific splits (i.e., A-2SPR and A-PBJ) or worse (i.e., the remaining proposals, except on data set 3). Lastly, the measured computational cost for each proposal reflected the theoretical complexity, and particularly affected the G-stNNI proposal with a nearly 10-fold increase in computational cost (Fig. 7d).

The performance of the naive proposals worsened proportionally to the number of splits modified by a move, as shown by the decreases in all metrics (Fig. 7). Regardless of the proposal’s performance, using moves that alter multiple splits remains a mandatory feature for the estimation of tree distributions to ensure the proper exploration of the tree space. For instance, eSPR-type moves were able to visit tree topologies containing splits hardly reachable by stNNI-type proposals on data set SIM3; this advantageous feature was captured by the C-V coverage (Fig. 7c for data set SIM3). The parsimony-guided proposals, as implemented in this study, performed poorly in term of mixing efficiency. The G-stNNI proposal was the only parsimony-guided proposal to improve the C-V efficiency by up to 2.5-fold factor, but at the cost of a 10-fold increase in computational cost. In practice, the G-stNNI remained therefore less efficient than the naive and adaptive stNNI (Fig. 7b).

The A-stNNI proposal appeared to be the best overall proposal by achieving consistent increases in C-V efficiency and C-V coverage without leading to significant increases in computational cost. The adaptive N-edges proposals, the A-2SPR and A-PBJ presented different but complementary behaviors. The A-2SPR was very efficient at visiting a subset of the splits, while the A-PBJ acted as a slightly less efficient N-edges version of the A-stNNI. These two adaptive proposals outperformed all their N-edges counterparts and therefore represent the best alternatives to the eSPR and eTBR proposals.

Mixture Performance and Metric Behaviors.—The mixed and best proposal mixtures converged toward the reference split frequencies as fast, if not faster, than the naive mixture (Fig. 8a). These mixtures, containing all types of proposals, were more consistent with respect to MCMC convergence than the mixtures composed of a single proposal type (e.g., adaptive). After removing the burnin, mixtures containing adaptive proposals accurately estimated the split frequencies 3–12 times faster than the naive and guided mixtures (Fig. 8b). According to the C-V efficiency and the MRT metrics, the adaptive and best mixtures were up to 12 times more efficient at sampling the posterior distribution of trees (Fig. 8c,e). Their performance was closely followed by the mixed but remained unequalled by the guided mixture. The C-V coverage metric indicated that the guided mixture behaved similarly to the reference and that the best mixture was the only one to consistently perform as well or better than the naive mixture (Fig. 8d). In summary, the adaptive, mixed and best mixtures more frequently visited splits than the other mixtures but only the best mixture was able to consistently improve the split coverage (i.e., C-V coverage).

Most of the mixtures of proposals took slightly more computational time to reach 10 million iterations than the reference mixture. The best mixture was the only one to have a similar computational cost (Fig. 8f). The decreases in runtime observed on data set SIM2 and SIM3 were due to a significant increase in the acceptance rate of the adaptive proposals. The rejection of a proposal by the MCMC process induces computational procedures that restore the previous MCMC state. These procedures involve costly operations (i.e., memory backups or re-evaluations of likelihoods) that are avoided whenever a move is accepted. Lastly, the only mixture that significantly underperformed in terms of runtime was the guided mixture due to the computational expense of the G-stNNI proposal.

In addition to assessing the performance of the different proposal mixtures on simulated data sets, this experiment indicated that the C-V and MRT metric were significantly more stable than the convergence metrics. Convergence metrics are more likely to be impacted by the starting tree topology and stochastic behavior of the MCMC algorithm. More importantly, this experiment highlighted that the C-V efficiency and the MRT metrics were consistently measuring improvements within the same order of magnitude for all data sets and proposals.
Proposal Mixture Performance on Empirical Data Sets
The best proposal mixture consistently outperformed the naive mixture, regardless of whether MC3 was used (Fig. 9cd). On challenging data sets, the use of the best mixture without MC3 increased the amount of successful MCMC runs but did not guarantee convergence within the imposed 10 million iterations (Fig. 9a). The best mixture with MC3 was the only setting under which convergence was consistently achieved. Overall, the best mixture without MC3 led to runs converging as fast as the naive mixture with MC3 and surpassed its performance when MC3 was not used (Fig. 9b). These improvements came at no significant additional computational cost: the variation in computational costs reached at most 11% of the reference cost, depending on the data sets and mixtures (Figs. S17f and S18 of the Supplementary material available on Dryad).

Analyses on data sets with diffuse posterior tree distributions (i.e., DS5, DS9, and DS11) had only limited improvements in C-V efficiency that ranged from 2- to 2.7-fold. Removing duplicated sequences from alignments DS9 and DS11 significantly increased their relative performance (from 2.2- to 3.2- and 2- to 5.9-fold increases, respectively; Fig. S10 of the Supplementary material available on Dryad). For data sets with strong phylogenetic signal (e.g., DS3), the relative performance reached up to an 18-fold efficiency increase. These observations could not be confirmed with the MRT metric due to the difficulty of applying it to diffuse tree topology distributions (Whidden and Matsen 2015). However, the observed trends of improvements and their magnitude concurred with the improvements in convergence speed after burnin removal (Fig. 9c).

Using the MC3 algorithm had a positive effect on the convergence of Markov chains regardless of the proposal mixture: all the runs converged with the best mixture and only a few failed with the naive mixture. These convergence failures happened on the three data sets (i.e., DS1, DS2, DS4) with the highest C-V distances (Fig. S17 of the Supplementary material available on Dryad), indicating that many of their splits were difficult to visit. Nonetheless, when MC3 was used, convergence was reached on average 4.2 and 2 times faster before and after burnin removal, respectively. These improvements...
Figure 9. Relative performance gains on empirical data sets using the naive mixture with MC³ as reference. a) The percentage of runs having succeeded to converge within 10 million iterations. b) and c) The acceleration in convergence time before and after removal of the burnin phase, respectively. Convergence thresholds were fixed to a 2% and 1% average error per split. Panels d) and e) report increases in C-V efficiency and coverage. b), c) and d) are weighted by the relative runtime shown in Figure S18 of the Supplementary material available on Dryad. Absolute values are available in Figure S17 of the Supplementary material available on Dryad.

Regarding the convergence were not mirrored by the C-V efficiency metric, indicating that the sampling efficiency of the cold chain remained mostly unaffected by MC³. The convergence improvements and small but systematic improvements in C-V coverage resulting from the use of MC³ were, however, consistent with the effect of accepting bolder moves that could enable the exploration of different peaks of the posterior distribution (Fig. 9e).

In several instances, the best mixture slightly increased the C-V coverage. The few instances in which the C-V coverage decreased despite increased C-V efficiency and faster convergences falls into two categories. First, this phenomenon occurred on data sets having splits that were difficult to access (i.e., DS1, DS2, DS4). Second, it occurred in instances (i.e., DS2 and DS8) where the A-2SPR proposal was only able to reach a subset of splits due to the rigid nature of its moves (i.e., 2-edges), but with high efficiency (i.e., with approximately 30% acceptance rate). In both cases, the best mixture and more precisely the adaptive tree proposals were only able to improve the visit frequency of a subset of splits. The resulting discrepancy in visit frequencies across all splits led therefore to an increase in C-V distance. These observations suggest that the dominant effect of the adaptive proposals was to increase the overall frequency at which appropriate moves were proposed, rather than to specifically allow to visit splits unreachable by naive proposals (e.g., multiple peaks).

In summary, using the best mixture consistently improved the sampling of the posterior distribution. In practice, it improved the odds of reaching convergence on challenging data sets with and without MC³ (e.g., DS1 or DS4, Fig. 9a) and had a significant impact on the computational time required to obtain accurate estimates of split frequencies (Tables S3, S4 and Fig. S19 of the Supplementary material available on Dryad). The computational time required to obtain accurate split frequencies (i.e., convergence at 1% error per split after burnin removal, Fig. 9c) reduced from 3 h on
Where MC3 was not required to reach convergence, even for less challenging analyses computational time were measured under the same and MC3 runs when compared to a standard proposal efficiency and up to 6 times faster convergence of MCMC resulted in 2- to 18-fold improvements in mixing proposal mixture to analyze 11 empirical data sets on simulated data sets. Using an empirically tuned proposals consistently outperformed their counterparts designed for these experiments, I showed that adaptive was assessed on simulated and empirical data sets regardless of the tree size, alignment length and the parsimony-guided proposals and likelihood evaluations the theoretic computational complexity of adaptive computation was much more computationally expensive than standard proposals, the theoretic computational complexity of adaptive proposals was significantly lower than the complexity of parsimony-guided proposals and likelihood evaluations regardless of the tree size, alignment length and the substitution models used. The performance of these adaptive tree proposals was assessed on simulated and empirical data sets using the CoevRJ software. Using performance metrics designed for these experiments, I showed that adaptive proposals consistently outperformed their counterparts on simulated data sets. Using an empirically tuned proposal mixture to analyze 11 empirical data sets resulted in 2- to 18-fold improvements in mixing efficiency and up to 6 times faster convergence of MCMC and MC3 runs when compared to a standard proposal mixture composed of stNNI, eSPR, and eTBR proposals. In practice, these performance improvements were correlated with the amount of phylogenetic signal in the alignments, and resulted in significant reductions of the computational time required to accurately estimate the split frequencies (e.g., from 3 h with naive proposals to 25 min with adaptive proposals).

Adaptive proposals proved to be superior to naive and parsimony-guided proposals according to all metrics of performance. The first key advantage of adaptive proposals is their ability to locate regions of a tree topology subject to uncertainties that could benefit from being modified. Nonadaptive proposals always start by arbitrarily choosing a region of the tree topology to modify. After this first arbitrary choice, naive proposals continue to apply randomized topological modification, while guided proposals use a score (e.g., parsimony or posterior probability; Höhna and Drummond 2012) to select the most promising resulting tree from a finite set of trees. Even if the guiding mechanism leads to good alterations, these proposals remain limited by the arbitrary initial choice. I investigated an alternative approach for parsimony-guided proposals that involved an exhaustive exploration of all possible stNNI moves for a given tree. This proposal’s mixing efficiency was better than naive proposals but worse than adaptive proposals. Furthermore, its computational complexity exceeded the cost of a likelihood evaluation by an order of magnitude, and made the proposal generally impractical.

The second key advantage of adaptive proposals is their ability to exploit the shape of the posterior distribution of trees by cheaply approximating the split frequencies during an MCMC run. Contrary to guided proposals using proxy scores to approximate the posterior distribution (e.g., parsimony), the performance of adaptive proposals does not depend on the accuracy or the computational efficiency of the proxy score. However, this second key advantage is also a potential pitfall because the adaptive proposals strongly rely on adequate estimates of the split frequencies. Very inaccurate estimates could lead adaptive proposals to have worse performance than their naive counterparts. This outcome was not observed on the 11 empirical data sets analyzed in this study, despite the ruggedness of their posterior distribution of trees (Whidden and Matsen 2015).

The concept of adaptive proposals is not limited to the three adaptive proposals developed in this study, but opens new avenues toward the development of other tree proposals. For instance, the design approach used for the A-PBJ proposal that involves proposals adaptively defining the move type (e.g., subtree swap or pruning-and-regrafting) using the marginal split frequencies, could lead to other novel proposals by considering other path-building or structure-building strategies. Another avenue for improvements would be to estimate the joint distribution of split frequencies and exploit this information to consider bolder and more complex topological alterations. While the use of adaptive proposals could clearly benefit other types of phylogenetic inferences, these additional developments would be particularly beneficial to models having stronger constraints, such as clock-constrained trees or the inference of gene-trees within species trees (Rannala and Yang 2017).

In conclusion, the three adaptive tree topology proposals defined in this study represent a practical improvement to the existing tree proposals, regardless of the substitution model considered. The concepts developed offer a fresh perspective on the design of tree proposals that should be advantageous to more challenging types of phylogenetic inferences and could therefore bring a new outlook to a challenging limitation.
existing since the early days of Bayesian inference of phylogenies.

**DATA AND SOFTWARE AVAILABILITY**

The CoevRJ software and the empirical data used in this manuscript can be found in the CoevRJ repository: https://bitbucket.org/XavMeyer/coevrj.

**SUPPLEMENTARY MATERIAL**

Data available from the Dryad Digital Repository: https://dx.doi.org/10.6078/D16D9P.

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