Repetitive transcranial magnetic stimulation promotes neural functional recovery via upregulation of synaptic plasticity-related proteins in rats with traumatic brain injury

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Research

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Abstract

Background

Repetitive transcranial magnetic stimulation (rTMS) has become a popular approach for the treatment of traumatic brain injury (TBI). This study aimed to assess the efficacy and underlying mechanism of rTMS in TBI model rats.

Methods

Forty-five rats were randomized into SHAM, TBI, and rTMS (TBI and rTMS therapy) groups. Moderate TBI was established using Feeney’s weight-dropping method. High-frequency rTMS (20 Hz) was administered to the damaged area in the rTMS group for two weeks. Neural function was assessed by modified neurological severity score (MNSS) at 3, 9, and 16 days after TBI. Synaptic ultrastructure was observed by transmission electron microscopy and levels of synaptic plasticity-related proteins (BDNF, TrkB, NMDAR1, P-CREB, and SYN) were assessed by immunohistochemistry, Western blotting, and real-time PCR.

Results

The rTMS group showed a lower MNSS than the TBI group at 16 days (P < 0.05). Compared to the TBI group, the postsynaptic density (PSD) was increased, the width of the synaptic cleft was decreased, and the synaptic active zone was lengthened in the rTMS group (all P < 0.05). Compared with the sham group, protein levels and mRNA expression of BDNF, TrkB, NMDAR1, and P-CREB were increased in the TBI group (P < 0.05) and further upregulated after rTMS treatment (P < 0.05). In addition, rTMS partially reversed downregulation of SYN (P < 0.05).

Conclusions

Taken together, these findings support that rTMS improves neural functional recovery in TBI rats. The possible mechanism is that rTMS modulates synaptic structural plasticity by reducing loss of SYN and alters synaptic functional plasticity by increasing cortical levels of BDNF, TrkB, NMDAR1, and P-CREB.

Background

Traumatic brain injury (TBI) refers to neuropathologic damage and dysfunction caused by an external force transmitted to the head or body [1]. An estimated 69 million individuals worldwide suffer from TBI each year, making TBI one of the leading causes of death and chronic disability among young people [2]. TBI presents in various forms ranging from mild alterations of consciousness to a continued comatose state and death. TBI patients typically show motor dysfunction, cognitive impairment, and behavioral...
abnormalities after regaining consciousness. In patients with mild injury, neurological dysfunction usually returns to normal within one year; however, in 10–15% of mild injuries, 50% of moderate injuries and a greater proportion of severe injuries these defects persist long-term [3]. Thus, TBI poses a heavy burden on the patient's family and society.

For these reasons, it is particularly important to promote early recovery in TBI patients. At present, rehabilitation therapy is the best therapy for neurological deficits after TBI, such as motor rehabilitative training, hyperbaric oxygen therapy, and electro-acupuncture. However, as most TBI survivors still exist neurological impairment after rehabilitation, there is an urgent need for new rehabilitation methods. One new method that has attracted increasing attention is repetitive transcranial magnetic stimulation (rTMS).

rTMS is an efficient and painless brain stimulation technology that generates a super-threshold current in the brain by electromagnetic induction [4]. This method was originally used to explore cortical function in healthy participants [5], but has been subsequently used to treat various neurological and psychiatric disorders including depression [6], bipolar disorder [7], schizophrenia [8], Parkinson's disease [9], and stroke [10]. Recent research has shown that rTMS has the potential to treat TBI [11–13].

TBI has been shown to lead to neuronal cell necrosis, extensive axonal lesions, and physiological and biochemical disorders, resulting in anatomical and functional changes in synaptic transmission [14, 15]. Modulation of synaptic transmission following TBI likely includes axonal sprouting, synaptogenesis, synaptic remodeling, and synaptic strengthening, which are important ways to promote synaptic plasticity. Some researchers have suggested that rTMS may promote functional recovery of damaged nerve tissue in TBI by enhancing synaptic plasticity [16–18]. rTMS may cause long-lasting changes in cortical excitability. A stimulation frequency \( \leq 1\) Hz suppresses cortical excitability and produces long-term depression (LTD), while a stimulation frequency \( \geq 5\) Hz facilitates cortical excitability and generates long-term potentiation (LTP) [19, 20]. LTP and LTD are the main mechanisms for regulating synaptic plasticity at the functional level [21, 22], which can be assessed by electrophysiological experiments. Synaptic plasticity also involves remodeling of synaptic structure [23, 24], which can be measured by transmission electron microscopy (TEM). However, as there are few studies of rTMS for the treatment of TBI, the underlying mechanism of its benefits remains unclear.

One possible mechanism through which high-frequency rTMS may promote neural functional recovery after TBI is an increase in the expression of synaptic plasticity-related proteins. Specifically, the N-methyl-D-aspartic acid receptor 1 (NMDAR1) and cAMP response element binding protein (CREB) have been shown to play a key role in synaptic plasticity. Moreover, brain-derived neurotrophic factor (BDNF) is known as an important upstream regulator of LTP. The BDNF-TrkB pathway plays an important role in neural development, maturation, neurogenesis, and survival. Synaptophysin (SYN) is stored in presynaptic vesicles after neuronal synthesis and reflects the number, density, and distribution of synapses. These five proteins involved in synaptic plasticity may have a close relationship with nerve repair following TBI.
Informed by these prior findings, the present study aimed to further determine the therapeutic effect of rTMS in TBI model rats and to investigate if it promotes neural functional recovery by modulating synaptic plasticity-related proteins.

**Materials And Methods**

**Animals**

Forty-five male Sprague–Dawley (SD) rats (250–300 g, 8–10 weeks old) were used in this study, because TBI is more common in men than women [25]. The rats were housed in a room at 15–25 °C and given adequate water and food and experienced 12 h of light and 12 h of darkness. The model of moderate TBI was established by Feeney’s weight-dropping method [26]. After anesthesia, shaving, and disinfection, the scalp was incised at the middle of the sagittal plane to separate the periosteum. We took the posterior 1.5 mm and dextral 2.5 mm of the bregma at the right hemisphere as the center, opened a round window with a diameter of 5 mm, and kept the dura mater intact. An impact force of 600 g/cm was caused by a 20 g weight falling from a height of 30 cm, which struck the dura and caused moderate TBI. Next, we closed the bone window with bone wax and sutured the scalp. All of these steps were completed by experienced researchers within two days. After recovery from anesthesia, the animals were put back into their cages and provided with water and food. The scalps of rats in the SHAM group were sutured immediately after skull incision to ensure integrity of the brain parenchyma.

**Behavioral Evaluation**

Behavior was assessed using the modified neurological severity score (MNSS) at 3, 9, and 16 days after TBI. MNSS is composed of motor, sensory, balance, and reflex tests. Scores are as follows: mild neurological injury, 1–6; moderate neurological injury, 7–12; and severe neurological dysfunction, 13–18. The higher the score, the more serious the injury. Each rat was scored separately by two experimenters. Rats with scores of 7–12 (moderate injury) at three days after TBI were selected for subsequent experiments.

**Experimental Grouping**

Rats were randomly divided into three groups: SHAM group (n = 15), TBI group (n = 15), and rTMS group (TBI and rTMS therapy, n = 15). Rats in the rTMS group received 800 stimuli at 30% of the relaxed motor threshold (RMT) per day, resulting in 40 trains at 20 Hz for 1 s, with 15 s intervals between trains [27]. Starting from 4 days after TBI, rTMS was performed for 10 days during a 2-week period. The coil was placed above the injured site, close to the scalp. In the SHAM and TBI groups, the rats were immobilized under the coil but not given stimulation.

**Transmission Electron Microscopy**

Sixteen days after TBI, rats (n = 6/group) from the three groups were anesthetized and perfused with normal saline until a colorless fluid flowed from the mouth and nose. The brain tissue specimens of each
rat were separated from a similar position around the damaged area and stored in 4% glutaraldehyde. Next, the tissue specimens were trimmed to approximately 1 mm$^3$, fixed using 1% osmic acid, dehydrated in acetone, and embedded in epoxy resin Epon-812. Sections with a thickness of 80 nm were prepared using an ultrathin section mechanism. The sections were double-stained with 2% uranium acetate and lead citrate. Images were observed and recorded using a Hitachi 7700 transmission electron microscope (Electron microscope Experimental Center of Southern Medical University, Guangzhou, China).

**Immunohistochemistry**

Sixteen days after TBI, rats (n = 6/group) were anesthetized and their brains were fixed in 4% paraformaldehyde for more than 24 h. Specimens were dehydrated in turn with alcohol and then embedded in paraffin wax. Five sections (3 µm thick) taken from the injury site in each rat were used for immunohistochemistry staining. The sections were incubated overnight at 4°C with rabbit BDNF (1:2000, Abcam), TrkB (1:250, Abcam), NMDAR1 (1:200, Abcam), P-CREB (1:100, Abcam), and SYN (1:2000, Abcam). Next, the sections were rinsed in TBST three times, each time lasting 5 min. The sections were incubated with secondary antibody at 37°C for 45 min and 50 µL diaminobenzidine (DAB) was added. After redyeing with hematoxylin, the sections were dehydrated and sealed. The level of antibodies in each group was observed under an optical microscope (Olympus # CX31) at 400x magnification.

**Western Blotting**

Sixteen days after TBI, the rats (n = 6/group) were sacrificed. Tissues in the ipsilateral hemisphere (excluding the damaged area) were selected for Western blotting. The protein was homogenized in RIPA lysis buffer and the protein concentration was measured by the bicinchoninic acid method. Samples were separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to polyvinylidene fluoride membranes (PVDF). The blots were blocked with 5% skimmed milk for 1 h at room temperature, followed by incubation with the following rabbit primary antibodies: anti-BDNF (1:1000, Abcam), TrkB (1:1000, Abcam), NMDAR1 (1:10000, Abcam), P-CREB (1:10000, Abcam), and SYN (1:80000, Abcam) at 4°C overnight. After washing with TBST, the membranes were incubated with secondary antibody for 1 h at room temperature. Next, they were put into the photo-chemiluminescence gel imaging system to determine the corresponding protein band strength. The bands were quantitated using ImageJ analysis software (NIH). GAPDH was used as an internal reference to calculate the relative expression of each antibody.

**Real-Time Polymerase Chain Reaction (RT-PCR)**

Sixteen days after TBI, the rats (n = 6/group) were sacrificed. After removing the damaged area, total RNA was extracted from the affected cerebral hemispheres using TRIzol reagent. An equal amount of RNA was converted into cDNA using RevertAid reverse transcriptase (Thermo Fisher). Using the GAPDH gene as the internal reference, the mRNA expression of the BDNF, TrkB, NMDAR1, P-CREB, and SYN genes was detected by PCR. For each gene, two specific PCR primers were used: BDNF (forward: AGAATGACAAGGCATAGGAAGGT and reverse: CCAAGAGGTAAAGTGTAGAAGGGA), Ntrk2 (forward: GGATTTGGGTGACGCCAGCTT and reverse: TTGATGTGCACCAGGTTG), Grin1 (forward:
CGTGGGCAACACCAACATC and reverse: AGTCACTCGTCGGCATACTT), CREB (forward: GACAACCAGCAGAGTGGAGAT
G and reverse: TTACAGTGAGGAGCAGATGACG), Syp1 (forward: TGGGGTTCAGGGATGATC
TAA and reverse: GAGTACGCCCTCCTGCTTTTA), and GAPDH (forward: CGCTAACATCAA
ATGGGGTG and reverse: TTGCTGACAATCTTGAGGGAG). RT-PCR reactions were performed in a 20 µL
total volume with 5 µL cDNA diluted 10 times, 0.4 µL each forward and reverse primers, 10 µL AceQ
Universal SYBR qPCR Master Mix (2x mix), and 4.2 µL ddH2O. The amplification protocol consisted of
one cycle at 95°C for 5 min followed by 40 cycles at 95°C for 10 s and 60°C for 10 s. GAPDH was used as
an internal control. The formula 2-ΔΔCT was used to indicate the relative expression level of each gene.

Statistical Analysis

Data were analyzed using SPSS 25.0 software. All results were reported as mean ± standard deviation
(SD). Under the condition of determining the homogeneity of variance, the independent sample t-test or
one-way analysis of variance (ANOVA) was selected. For the latter, pairwise comparisons were performed
using the least significant difference (LSD) test. The level of statistical significance was set at P < 0.05.

Results

Model Assessment

On the third day after TBI, all rats underwent MRI examination (T2M1; Fig. 1). The average area of brain
parenchyma damage did not differ significantly between the TBI and rTMS groups. Moreover, there were
no differences in body weight (Fig. 2A) or MNSS values (Fig. 2B) between the two groups. These data
support that the TBI model is stable.

Effects of rTMS on Neural Function

To evaluate whether rTMS can improve neurological dysfunction induced by TBI, MNSS was compared at
3, 9, and 16 days after TBI. Compared with the SHAM group, the TBI group showed obvious functional
defects that improved after rTMS treatment. Furthermore, the MNSS of the TMS group was significantly
lower than that of the TBI group at 16 days (Fig. 3, P < 0.05).

Effects of rTMS on Synaptic Structural Plasticity

The thickness of postsynaptic density (PSD), the width of the synaptic cleft, and the length of the
synaptic active zone (AZ) were calculated in the three groups. Compared to the TBI group, the PSD
thickness was increased, the width of the synaptic cleft was decreased, and the synaptic AZ was
lengthened in the rTMS group (Fig. 4, all P < 0.05).
The protein level of SYN was detected at 16 days after TBI by immunochemistry and western blot assay. Compared with the SHAM group, weak immunopositive staining was observed in the TBI group. After rTMS treatment, strong immunohistochemical staining for SYN was observed in the cytoplasm of cells around the injury site. Compared with the SHAM group, the protein level of SYN was significantly reduced in the TBI group, indicating loss of synapses. rTMS treatment resulted in a significantly higher level of SYN than in the TBI group. The mRNA expression of SYN in the TBI group was significantly lower than that in the SHAM group, and was partially upregulated after rTMS treatment (Fig. 5).

| Table 1                                                                 |
|------------------------------------------------------------------------|
| **Comparison of synaptic parameters in the three groups.**             |
|                                                                        |
| **SHAM**                  | **TBI**       | **rTMS**          |
|---------------------------|---------------|-------------------|
| Number of synapses        | 50            | 50                | 50               |
| Thickness of PSD (nm)     | 52.39 ± 6.58* | 44.62 ± 5.70      | 50.07 ± 6.25*    |
| Width of the synaptic cleft (nm) | 15.15 ± 3.02* | 18.65 ± 3.85      | 16.20 ± 3.23*    |
| Length of the active zone (nm) | 340.23 ± 30.31* | 285.27 ± 22.27   | 334.19 ± 28.53*  |
| Values are mean ± SD; * P < 0.05 versus the TBI group.               |

**Effects of rTMS on Synaptic Functional Plasticity**

The protein levels of BDNF, TrkB, NMDAR1, and P-CREB in the ipsilateral cerebral cortex were assessed at 16 days after TBI by immunochemistry. Compared with the SHAM group, BDNF, TrkB, NMDAR1, and P-CREB in the cytoplasm of cells around the injury site in the TBI group showed strong immunohistochemical staining. The number of positive cells increased after rTMS treatment (Fig. 6).

Cortical tissues in the ipsilateral hemisphere excluding the damaged area were used for Western blotting and RT-PCR at 16 days after TBI. The protein levels and mRNA expression of BDNF, TrkB, NMDAR1, and P-CREB are shown in Figs. 7 and 8, respectively. The results showed that the protein levels and mRNA expression of BDNF, TrkB, NMDAR1, and P-CREB in the TBI group were higher than those in the SHAM group. Notably, levels were further upregulated after rTMS treatment.

**Discussion**

In the present study, our results revealed that the expression of synaptic plasticity related proteins (BDNF, TrkB, NMDAR1, P-CREB, and SYN) in the cerebral cortex was significantly increased by high-frequency rTMS. In combination with these neuroprotective effects, we demonstrated that high-frequency rTMS improved functional recovery in TBI rats, as supported by a reduction in MNSS value, suggesting that this method is a promising strategy for TBI rehabilitation.
After TBI, synaptic morphological structure is seriously damaged. The reshaping of synaptic morphology is considered an important aspect of synaptic plasticity. In the present study, we found that increased PSD thickness, decreased width of the synaptic cleft, and lengthened synaptic active zone after rTMS treatment in TBI rats. Furthermore, we found that rTMS reduced the loss of SYN. SYN exists widely in nerve endings in the central and peripheral nervous system and is specifically distributed in presynaptic vesicle membranes. It is considered a marker protein of presynaptic terminals and has been extensively used to quantify the number, density, and distribution of synapses [28, 29]. Therefore, our findings suggest that high-frequency rTMS may modify synaptic structure by increasing SYN levels in TBI rats. If rTMS does enhance the plasticity of synaptic function in TBI rats the mechanism is still unclear, which was the focus of subsequent analyses in this study.

NMDA receptors are thought to play a bidirectional role in the occurrence and development of TBI. In the acute phase, excitotoxicity caused by glutamate accumulation is mainly mediated by NMDA receptors, which leads to secondary neuronal injury and various behavioral dysfunctions. However, in the subacute and chronic phases, NMDA receptors activation can resist synaptic transmission disturbances caused by the continuous increase in inhibitory neurotransmitters. NMDA receptors are an important mediator of brain plasticity and can transform specific neuronal activity patterns into changes in synaptic structure and function [30], which is considered the basis of changes in behavioral function. NMDAR1 is present in all endogenous NMDARs and is widely expressed throughout development [31, 32]. Activation of NMDAR1 in the hippocampus CA1 area is known to play an important role in LTP induction related to learning and memory ability [33–35]. In the present study, we found that the NMDAR1 protein level in the cerebral cortex increased after rTMS treatment in TBI rats. Furthermore, the neurological function of TBI rats significantly improved after rTMS treatment. Therefore, we speculate that rTMS enhances NMDAR1 protein expression in the subacute phase of TBI and then promotes NMDARs-dependent LTP, which changes synaptic transmission effectiveness, thereby promoting neural functional recovery in rats.

High-frequency rTMS activates NMDA receptors and leads to massive Ca2+ influx. Ca2+ and calmodulin form a Ca2+/ calmodulin complex that eventually triggers cAMP response element binding protein (CREB) phosphorylation [36, 37]. CREB is a general transcription factor that is involved in various cellular activities. Classically, LTP maintenance is split into early and late phases: the early stage requires kinase activation, whereas the late, stable phase requires protein synthesis. CREB is thought to be needed to initiate the transcription of proteins required for long-lasting plasticity [38]. For example, LTP does not last > 90 min in the hippocampus of animals lacking most of the major isoforms of CREB [39]. CREB can also drive axonal growth from neurons on inhibitory substrates [40, 41] and participates in the regulation of neurogenesis in the subventricular zone [42]. Moreover, high levels of phosphorylated CREB (P-CREB) have been observed in newly generated, immature neurons of the subgranular (SGZ) and subependymal ventricular zone/olfactory bulb (SVZ/OB) system [42]. P-CREB can also block the transcription of inflammatory mediators by regulating P-NF-κB and reduces the activation of proinflammatory microglia [43, 44]. Overall, our findings indicate that high-frequency rTMS enhanced expression of the CREB gene and the level of p-CREB protein, inducing the occurrence of late LTP (L-LTP) and ultimately playing a neuroprotective role in TBI rats.
In addition, p-CREB activates BDNF transcription by binding to a key C2 + response element (CRE) in the *BDNF* gene [45, 46]. BDNF belongs to the neurotrophin family, which maintains high expression levels in various brain regions including rodent and human cerebral cortex and hippocampus. Not only does BDNF regulate neuronal development, growth, and survival, it also plays a role in synaptic transmission and LTP [47, 48]. Furthermore, a large body of evidence suggests that BDNF is essential for L-LTP [49, 50]. BDNF may activate synaptic consolidation through transcription and rapid dendritic trafficking of mRNA encoded by the immediate early gene, *Arc* [51, 52], thus making LTP exist in a more stable state. Significant L-LTP damage has been observed in hippocampal slices of mice treated with BDNF function-blocking monoclonal antibody [53] or *BDNF* gene knockout [54]. Since P-CREB regulates *BDNF* gene transcription, consistent with previous results, we observed that rTMS treatment increased BDNF protein levels following brain injury. BDNF also results in autophosphorylation of intracellular tyrosine residues mainly by binding to tropomyosin receptor kinase B (TrkB), which initiates various intracellular signaling pathways including the phosphatidylinositol 3 kinase (PI3K) and mitogen-activated protein kinase/extracellular signal-regulated kinase (MAPK/ERK). These pathways can enhance the phosphorylation of CREB at Ser133 [55, 56] and activate NMDAR1 [57, 58], resulting in positive feedback to facilitate LTP. They can also promote dendritic growth and branching by regulating protein synthesis and cytoskeleton development [59]. Moreover, the PI3K pathway activates protein kinase B (Akt), which ultimately promotes cell survival by inhibiting the Bcl-2 associated death promotor (Bad) and, consequently, enabling the expression of anti-apoptotic proteins such as Bcl2 [60, 61]. Thus, maintenance of LTP and improvement in neural function in TBI rats are closely related to the increase in BDNF protein level and activation of the BDNF-TrkB pathway by rTMS.

This study has several limitations. The first limitation is that we did not apply rTMS to normal rats. Whether the rTMS effect observed in TBI rats can be replicated in normal rats remains to be investigated. Second, although we used the smallest round coils available, the size of the coil was still larger than the rat brain. Thus, we could not ensure that stimulation was applied to a specific brain region. Third, as rats were only observed for two weeks after TBI, the subsequent therapeutic effects of rTMS are unclear. Fourth, in the experiment, we only used MNSS to evaluate the neural function of rats, and MNSS values are greatly influenced by subjective factors. Finally, as our sample size was small, the experimental results should be confirmed in large-scale studies.

**Conclusions**

In conclusion, our findings suggest that rTMS may promote the recovery of neurological function in TBI rats through the following mechanisms: (1) rTMS can modulate synaptic structural plasticity: rTMS enhances the SYN protein level in the presynaptic region and promotes synaptic reconstruction. (2) rTMS affects synaptic functional plasticity: rTMS increases the opening frequency of the NMDA receptors channel in the postsynaptic membrane and promotes the occurrence of NMDA receptor-dependent LTP. When the NMDA receptor is activated, the influx of massive amounts of Ca2 + triggers the phosphorylation of CREB, which ultimately regulates BDNF transcription. The BDNF-TrkB pathway
reversely activates CREB and NMDAR1, resulting in positive feedback and making LTP more stable and durable.

**Abbreviations**

TBI: traumatic brain injury; rTMS: Repetitive transcranial magnetic stimulation; LTD: long-term depression; LTP: long-term potentiation; TEM: transmission electron microscopy; NMDAR1: N-methyl-D-aspartic acid receptor 1; CREB: cAMP response element binding protein; BDNF: brain-derived neurotrophic factor; SYN: Synaptophysin; SD: Sprague–Dawley; MNSS: modified neurological severity score; RMT: relaxed motor threshold; DAB: diaminobenzidine; SDS-PAGE: sodium dodecyl sulfate-polyacrylamide gel electrophoresis; PVDF: polyvinylidene fluoride; ANOVA: one-way analysis of variance; LSD: least significant difference; PSD: postsynaptic density; AZ: active zone; P-CREB: phosphorylated CREB; SGZ: subgranular zone; SVZ/OB: subependymal ventricular zone/olfactory bulb; TrkB: tropomyosin receptor kinase B; P13K: phosphatidylinositol 3 kinase; MAPK/ERK: mitogen-activated protein kinase/extracellular signal-regulated kinase.

**Declarations**

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**Authors’ contributions**

Dr. Renhong He and Dr. Jianzhong Fan both contributed to the concept and design of the study. Dr. Fangfang Qian, Dr. Xiaohui Du and Dr. Huaxiang Lu completed the animal experiments and data acquisition. Dr. Fangfang Qian and Dr. Youhua He completed data analysis and drafting and revising of the manuscript. All authors read and approved the final version of this manuscript.

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**Availability of data and materials**

Raw data in this study is available from the corresponding author on reasonable request.

**Ethics approval**

The experimental work was performed in accordance with the guidelines for the Care and Use of Laboratory Animals from the National Institute of Health (Publication No. 8023, revised 1978) and approved by the Institutional Animal Ethical Committee of Southern Medical University.
consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare no conflict of interest.

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**Figures**

![MRI examination](image_url)

**Figure 1**

MRI examination.
Figure 2

(A) body weight (B) MNSS values
In the SHAM group, the MNSS value was 0 at any time. The MNSS values of the TBI group were 9.67 ±1.59, 7.20 ±1.61, and 5.20±1.70 at 3, 9, and 16 days after TBI, respectively. The MNSS values of the rTMS group were 9.80 ±1.78, 6.33 ±1.92, and 3.40±1.24 at 3, 9, and 16 days after TBI, respectively. The MNSS value in the rTMS group was significantly lower than that in the TBI group at 16 days after TBI (P<0.05). However, there was no significant difference in MNSS values at 3 or 9 days after TBI between the rTMS and TBI groups (P>0.05).
Figure 4

Ultra-structure of the cerebral cortex as shown by transmission electron microscopy (20,000x magnification). Data are shown in Table 1.
Figure 5

(A) After 20 Hz rTMS, there were more positive cells of SYN around the injury site compared with the TBI group. (B) Western blot images of the SYN protein level in the ipsilateral cortex at 16 days after TBI. Densitometry analysis of SYN bands corresponding to GAPDH. (C) Quantification of SYN mRNA expression in the ipsilateral hemisphere excluding the damaged area. Values are mean ± SD; *P<0.05 versus the TBI group.

Figure 6

After 20 Hz rTMS, there were more positive cells of BDNF, TrkB, NMDAR1, and P-CREB around the injury site compared with the TBI group.

Figure 7

(A) Western blotting images representing protein expression levels of BDNF, TrkB, NMDAR1, and P-CREB in the ipsilateral cerebral cortex of rats at 16 days after TBI. (B) Densitometry analysis of BDNF, TrkB, NMDAR1, and P-CREB bands corresponding to GAPDH. Values are mean ± SD; *P<0.05 versus the TBI group and #P<0.05 versus the sham group.
Figure 8

Quantification of BDNF, TrkB, NMDAR1, and P-CREB mRNA expression in the ipsilateral hemisphere excluding the damaged area. Values are mean ± SD; *P<0.05 versus the TBI group and #P<0.05 versus the sham group.