Chromospheric activity and evolutionary age of the Sun and four solar twins

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ABSTRACT

Aims. The activity levels of the solar-twin candidates HD 101364 and HD 197027 are measured and compared with the Sun, the known solar twin 18 Sco, and the solar-like star 51 Peg. Furthermore, the absolute ages of these five objects are estimated from their positions in the HR diagram and the evolutionary (relative) age compared with their activity levels.

Methods. To represent the activity level of these stars, the Mount Wilson S-indices were used. To obtain consistent ages and evolutionary advance on the main sequence, we used evolutionary tracks calculated with the Cambridge Stellar Evolution Code.

Results. From our spectroscopic observations of HD 101364 and HD 197027 and based on the established calibration procedures, the respective Mount Wilson S-indices are determined. We find that the chromospheric activity of both stars is comparable with the present activity level of the Sun and that of 18 Sco, at least for the period in consideration. Furthermore, the absolute age of HD 101364, HD 197027, 51 Peg, and 18 Sco are found to be 7.2, 7.1, 6.1, and 5.1 Gyr, respectively.

Conclusions. With the exception of 51 Peg, which has a significantly higher metallicity and a mass higher by about 10\% than the Sun, the present Sun and its twins compare relatively well in their activity levels, even though the other twins are somewhat older. Even though 31 Peg has a similar age of 6.1 Gyr, this star is significantly less active. Only when we compare it on a relative age scale (which is about 20\% shorter for 51 Peg than for the Sun in absolute terms) and use the higher-than-present long-term S\textsubscript{MWO} average of 0.18 for the Sun, does the S-index show a good correlation with evolutionary (relative) age. This shows that in the search for a suitably similar solar twin, the relative main-sequence age matters for obtaining a comparable activity level.

Key words. Stars: activity; Stars: chromospheres; Stars: late-type

1. Introduction

Solar twins are very important since they allow astrophysicists to look into the past and future of the Sun. For a star to be considered as a solar twin, its respective stellar parameters must be very similar to those of the Sun. It is not sufficient that the candidate star be located in the same place of the empirical HR diagram, the candidate star must also have a metallicity similar to that of the Sun and possess a similar evolutionary age. For young stars, sensitive age indicators are rotation, magnetic activity (e.g. Mamajek & Hillenbrand 2008), and lithium abundance, all of which considerably diminish during the main-sequence (MS) lifetime of a star. By contrast, evolutionary effects become more visible in the HR diagram only in the second half of this phase, just when the former indicators become less and less sensitive and more ambiguous.

One of the best solar twins appears to be 18 Sco, a star quite similar to our Sun (Porto de Mello & da Silva 1997). 18 Sco was used as comparison star in a study of HD 101364 by Melendez et al. (2012), who described HD 101364 as a “remarkable solar twin” with an age estimate of (3.5±0.7) Gyr from the lithium abundance, not too far from the age of 18 Sco, which Melendez et al. (2012) estimated as 2.7 Gyr. Monroe et al. (2013) presented the star HD 197027 as a solar twin with an age of 8.2 Gyr, while, by comparison, our Sun only has an age of ≈4.5 Gyr, which is a factor of about 2 lower than the above age estimate of HD 197027; the same authors estimated an age of 2.9 Gyr for 18 Sco. The same star was studied by Ramírez et al. (2014), who presented log R\textsubscript{HK} values and ages for 18 Sco and HD 197027. While their log R\textsubscript{HK} values are similar, the ages are not, since they estimated the age of 18 Sco to be 3 Gyr and that of HD 197027 to be 6.7 Gyr.

To study the later activity evolution of our Sun, a more evolved MS star is clearly desirable. We therefore selected 51 Peg, a star with a somewhat higher mass and metallicity than the Sun. This higher mass and metallicity mean that 51 Peg evolved somewhat faster than the Sun. In this way, 51 Peg serves as a good reference for the future solar activity evolution as a late MS star even though its absolute age is comparable.

To study the activity–age relation, a reliable mean S\textsubscript{MWO}-index is needed to represent the mean level of chromospheric activity of the star. Therefore, measurements over a long period are required because chromospheric activity is a phenomenon exhibiting variability on both short and longer timescales. The Sun, the solar twin 18 Sco, and the evolved solar-like star 51 Peg are all included in our stellar activity long-term monitoring program to study chromospheric activity with our TIGRE telescope. We therefore have obtained quite a large number of S\textsubscript{MWO} values for these three objects.

To compare the chromospheric activity of the Sun, the solar twin 18 Sco, the evolved solar-like star 51 Peg, HD 101364, and HD 197027, we can directly use the S-index because all these stars and the Sun have very comparable B – V colour indices. In this case, the Mount Wilson S-index is suited best because it

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is the more empirical and less $B-V$-dependent activity indicator compared to the log $R'_{HK}$ value. In addition, we estimate the ages of all four object by matching their HR diagram positions with suitable evolutionary tracks to cross check these results with the determined activity levels. Interestingly, recent studies (Reiners & Mohanty 2012; Schröder et al. 2013) of solar-like MS stars with some range of mass showed that the relative age with respect to some reference age, compares best with the activity level and not with the absolute age itself; we return to this point below.

### 3. Mount Wilson S-index calibration

The so-called Mount Wilson S-index (hereafter $S_{\text{MWO}}$) is very important and widely used activity indicator for cool stars. For a large number of stars and the Sun, S-index measurements have been available since the 1960s, in some cases covering up to five decades of monitoring undertaken primarily at Mt. Wilson, but also at the Lick and Lowell observatories.

The S-index is based on the chromospheric emission in the Ca II H&K line cores, which has originally been defined as the ratio of the counts in a triangular band-pass with a FWHM of 1.09 Å centred on the Ca II H&K lines, denoted by $N_H$ and $N_K$ in the following, over the counts of two 20 Å wide band-passes centred on 3901.07 Å and 4001.07 Å, denoted by $N_H$ and $N_V$, respectively. A multiplicative factor $\alpha$ (Vaughan et al. 1978; Duncan et al. 1991) is introduced to adjust different instruments to the same S-index scale, so that the definition of the $S_{\text{MWO}}$ is:

$$S_{\text{MWO}} = \alpha \left( \frac{N_H + N_K}{N_R + N_V} \right)$$  

One of the key projects pursued by the TIGRE telescope is monitoring the stellar activity of a sizable stellar sample in Ca II H&K and other chromospheric lines. To measure the activity, we first determined our own TIGRE S-index, which we call $S_{\text{TIGRE}}$ in the following, from the Ca II H&K lines. These $S_{\text{TIGRE}}$ values were calculated from the blaze-normalised and echelle-order-merged spectra, after first performing a barycentric velocity and a radial velocity correction of the Ca II H&K region. The barycentric velocity shift was estimated as part of the data reduction process and stored in the header of each spectrum. To obtain the radial velocity shift of the Ca II H&K region, each spectrum was compared, guided by a cross correlation, with a synthetic spectrum calculated with the atmospheric model code PHOENIX (Hauschildt et al. 1999). For a realistic application of these synthetic spectra, the rotational line-broadening of each object by $v \sin(i)$ and the resolution of the spectrograph (R=20,000) were taken into account. After the radial velocity correction, the counts in all four band passes were integrated and the ratio between the counts of the line centres and those from the quasi-continua were calculated. The error of the $S_{\text{TIGRE}}$ index was determined by error propagation of the standard deviation of the four integrals. These integral variations were estimated by means of a Monte Carlo simulation, where the S/N of a single pixel was considered. As an example of a typical TIGRE spectrum in the Ca II H&K region, we show in Fig. 1 a spectrum of the Sun (i.e., of moonlight); the band-passes defining the S-index are included for illustration.

A main difference between the $S_{\text{TIGRE}}$ index and the classical S-index is that the TIGRE S-measurements are performed with a rectangular (not triangular as for Mt. Wilson) band-pass of 1 Å at the line centre. To compare our numerically integrated results with the original Mt. Wilson measurements, we must transform the $S_{\text{TIGRE}}$ values to the Mt. Wilson system by considering a set

### Table 1. Object and observational information.

| Name       | Epoch      | No. | B-V   | vmag | S/N |
|------------|------------|-----|-------|------|-----|
| Sun (Moon) | 08/13 - 05/15 | 184 | 0.65  | –    | 71  |
| 18 Sco     | 01/14 - 05/15 | 58  | 0.67  | 5.49 | 48  |
| 51 Peg     | 08/13 - 11/14 | 25  | 0.67  | 5.45 | 69  |
| HD 101364  | 02/15      | 6   | 0.65  | 8.67 | 41  |
| HD 197027  | 08/14 - 10/14 | 6   | 0.65  | 9.18 | 35  |

Notes. The table includes a list of epochs, number of available spectra, the $B-V$, the visual magnitude, and the mean signal-to-noise ratios (S/N) (in the Ca II H&K region (3880-4020 Å)). The $B-V$ values and visual magnitudes are taken from [ESA (1997)], except for the Sun. The solar $B-V$-value is taken from Cox (2000).
of calibration stars (essentially to determine the $\alpha$ parameter in Eq. 1).

For this purpose, we regularly observed a sample of 50 stars with very well known $S_{\text{MWO}}$ values. These stars (see Table 2) were selected from the lists of Baliunas et al. (1995) and Hall et al. (2007b), as they are known to be relatively constant in their level of activity, that is, do not show any clear or significant periodic behaviour in their chromospheric emission. A borderline case with a period, however, is the very active star HD 201091 (see the Mount Wilson time series from Baliunas et al. (1995, Fig. 1g for HD 201091)). As the reference Mount Wilson S-value for any required epoch, we here used a simple sine function with a period of 7.3 yr, an amplitude in $S_{\text{MWO}}$ of 0.05, and a baseline value of 0.658.

The TIGRE spectra for the objects listed in Table 2 were obtained between August 2013 and May 2015. To determine reliable mean $S_{\text{TIGRE}}$ values for this period, each star was observed at least ten times. In Fig. 2 we compare our results to the literature $S_{\text{MWO}}$ values by plotting $S_{\text{MWO}}$ values vs. our $S_{\text{TIGRE}}$ values.

A clear linear correlation is obvious, with a regression curve of

$$S_{\text{MWO}} = (0.0360 \pm 0.0029) + (20.02 \pm 0.42)S_{\text{TIGRE}}$$

(2)

The solid line in Fig. 2 represents this regression curve, with a standard deviation of the residuals of 0.02. Furthermore, the percentage variation between the calculated and the corresponding reference $S_{\text{MWO}}$ is only 3.3%.

From Fig. 2 it is obvious that the scatter is smaller for the lower $S_{\text{MWO}}$ values ($S_{\text{TIGRE}} \leq 0.015$ or $S_{\text{MWO}} \leq 0.36$) than for the more active cases. We estimate a scatter between the calculated and the original reference values of $S_{\text{MWO}}$ of only 2.3% for $S_{\text{TIGRE}} < 0.015$, but 6.8% (a scatter three times larger) for the values above. Fortunately, the here discussed solar twin stars are all in the lower range ($S_{\text{MWO}} \leq 0.2$) and so are not affected. The reason for this less certain transformation of $S_{\text{TIGRE}}$ to $S_{\text{MWO}}$ values in the active range must obviously be attributed to the fact that more active stars, even the non-periodic ones, are significantly less stable over long timescales than the stars of a very modest activity level, which emit chromospheric fluxes much closer to the basal level. However, with longer time series we will eventually also increase the accuracy of the transformation for these more active stars.

Additionally, the $S_{\text{TIGRE}}$ indices of the calibration stars were checked for the colour dependence in the relation between the indices $S_{\text{TIGRE}}$ and $S_{\text{MWO}}$. Therefore, only low-activity stars with

References. (0) Extrapolated from time series, corresponding period from [Baliunas et al. (1995), (1) [Baliunas et al. (1995), and (2) Hall (private communication)]

Table 2. Set of calibration stars observed regularly to guarantee the correct transformation of the TIGRE S-index into the Mount Wilson S-index.

| HD 6920 | HD 32923 | HD 89744 | HD 131156A |
|--------|---------|---------|------------|
| HD 10307 | HD 35296 | HD 95735 | HD 137107 |
| HD 10700 | HD 37394 | HD 97334 | HD 142373 |
| HD 13421 | HD 39587 | HD 100563 | HD 158614 |
| HD 16673 | HD 41330 | HD 101501 | HD 159332 |
| HD 17925 | HD 42807 | HD 106516 | HD 182572 |
| HD 19373 | HD 43587 | HD 114378 | HD 190360 |
| HD 22049 | HD 45067 | HD 115043 | HD 201091 |
| HD 22072 | HD 61421 | HD 115383 | HD 207978 |
| HD 23249 | HD 72905 | HD 115617 | HD 216385 |
| HD 25998 | HD 75332 | HD 124570 | HD 217014 |
| HD 26923 | HD 75528 | HD 124850 | |
| HD 30495 | HD 82443 | HD 129333 | |

Fig. 1. TIGRE spectrum of the Sun (moonlight) with the band-passes used in the $S_{\text{TIGRE}}$ measurement.

Fig. 2. $S_{\text{MWO}}$ index vs. $S_{\text{TIGRE}}$ index. Upper panel: $S_{\text{MWO}}$ index vs. $S_{\text{TIGRE}}$ index, the solid line shows the best linear fit, which converts the $S_{\text{TIGRE}}$ index into the calibrated $S_{\text{MWO}}$ index. Lower panel: the residuals.
Fig. 3. $S_{\text{MWO}}$-index vs. $S_{\text{TIGRE}}$-index. Zoom into the relation, and the S values are labelled for the different $B-V$ ranges. The solid line shows the linear relation.

$S_{\text{TIGRE}} < 0.015$ were used. These stars were divided into different $B-V$ ranges and are plotted in Fig. 3 where the stars are labelled according to the different $B-V$ ranges; we find no significant colour dependence of the relation between the $S_{\text{TIGRE}}$ and $S_{\text{MWO}}$ indices.

Finally, the regression line between the $S_{\text{TIGRE}}$ and $S_{\text{MWO}}$ indices does not pass exactly through the origin, contrary to what might have been expected. The reason for this may be the slightly different determination of the S values. Keep in mind that the lowest real S-values come from stars where the S-values are at the basal flux level. For giants, the basal flux level is $S_{\text{MWO}} = 0.086$, which is higher by than a factor 2 than the constant value of 0.036. For the MS stars these differences between basal flux and the constant are even larger (Mittag et al. 2013). This constant offset in the calibrated transformation relation is not physically relevant and is much lower than the basal flux level.

4. Chromospheric activity

To compare the activity levels of HD 101364 and HD 197027 with the known solar-like stars 18 Sco and 51 Peg and with the Sun itself, we used their calibrated Mount Wilson S-index values. The $S_{\text{TIGRE}}$ values for the Sun, 18 Sco, 51 Peg, and HD 101364 were determined automatically by a tool in the standard TIGRE data reduction pipeline, according to the description given in Sect. 3 but for HD 197027 an additional outlier correction was necessary before the $S_{\text{TIGRE}}$ could be measured with the tool described in Sect. 4. The reason for this additional correction is the relatively low S/N of the spectra in comparison to the other sample objects. Because HD 197027 is the faintest star in our sample, it suffers most when observing time is lost due to unstable weather conditions. This change was also taken into account for averaging the $S_{\text{TIGRE}}$ indices for HD 197027. Here, the single $S_{\text{TIGRE}}$-index values were weighted for averaging them with the corresponding S/N in the Ca II H&K region.

The mean $S_{\text{TIGRE}}$ values for the five objects were transformed into the Mount Wilson S-scale using Eq. 2 and the results are listed in Table 3.

The $S_{\text{MWO}}$-values obtained for HD 101364 and HD 197027 are of the same order as the current activity levels of the Sun and 18 Sco. For HD 197027 this result was completely unexpected because the activity level for a supposedly old solar-like star is expected to be the near the basal flux level (Schröder et al. 2013) for the more evolved solar-like star 51 Peg. However, on a longer term scale, the $S_{\text{MWO}}$ values we sampled over a period of about 20 months are only snapshots and may therefore not entirely represent the true stellar mean activity. For the Sun and 18 Sco we know that the activity in the Ca II H&K lines show long-term periodic variations on timescales of 11 and 7.1 yr, respectively (Baliunas et al. 1995). This might in principle also be true for HD 101364 and HD 197027, for which we currently have only a few measurements. Consequently, some uncertainty remains as to how representative the obtained $S_{\text{MWO}}$ values of the long-term activity level of HD 101364 and HD 197027 really are; they could, by bad luck, instead be indicative of a maximum or a minimum state. More observations of these stars are therefore required.

5. Rotation periods

According to the rotation-age-activity paradigm, the rotation period of a star is also a good indicator of its chromospheric activity level (Noyes et al. 1984). Unfortunately, the rotation periods of HD 101364 and HD 197027 are still unknown, and our time series are still insufficient for a good determination. By contrast, the solar rotation period is of course very well determined, and for 18 Sco a period of 22.7 days has been established by Petit et al. (2008) with a quoted error of 0.5 days. To determine this period, Petit et al. (2008) used ten observations that covered about one and a half rotations. By comparison, Saar & Osten (1997) estimated the rotation period of 18 Sco to be 23.7 days, using the Noyes relation (Noyes et al. 1984) between rotation period and Rossby number, respectively, and log $R_H$ (Saar, private communication). For 51 Peg, a rather long period of 37.0 days was found by Baliunas et al. (1996) from Ca II H&K measurements, but the accuracy and significance of this period has not been discussed by Baliunas et al. (1996). Furthermore, a period of 29.7 days was calculated for 51 Peg by Noyes et al. (1984), while Soderblom (1985) obtained a period of about 22 days. These calculated periods are shorter by 20% and 40%, respectively, than the period measured by Baliunas et al. (1996).

Using the Lomb-Scargle (LS) method (Horne & Baliunas 1986), we analysed our $S_{\text{MWO}}$ time series to check to which extent we recovered the known rotation period for the Sun. We
The upper panel of Fig. 4 shows the S_MWO time series of 18 Sco. The solid line represents a third-order polynomial fit, which was used for de-trending. The middle panel displays the periodogram of the time series, and the bottom panel shows the phase-folded and de-trended time series.

In our solar daily S-index series from 2014, we found a period of \( \approx 26.7 \) days with a 3\( \sigma \) significance, which is well consistent with the solar synodic rotation period of 27.28 days (Cox 2000).

In Fig. 4 we present the TIGRE S_MWO time series for 18 Sco. The raw data and a trend line are plotted in the top panel, the LS periodogram is shown in the middle panel, and in the bottom panel we show the time series folded with the most significant period; de-trending was accomplished by using a third-order polynomial. The periodogram reveals three peaks (21.9, 23.1, and 24.5 days) with a significance above 1\( \sigma \) around the value of 22.7 days derived by Petit et al. (2008). The highest peak in our periodogram (see Fig. 4) results in a period of 24.5 days with a significance of 95.3\%, that is, almost at the 2\( \sigma \) level.

In Fig. 5 we present our TIGRE 51 Peg S_MWO data and period analysis in the same way as in Fig. 4. Here we find a small linear trend in the time series, and the LS periodogram then shows two peaks above the 1\( \sigma \) level, pointing at periods of 37.4 days (formal significance 94.5\%) and 41.5 days (formal significance 94.5\%), both of which are comparable with the value published by Baliunas et al. (1996).

While the formal significance levels of the periods determined for 18 Sco and 51 Peg are below the 2\( \sigma \) level, the determined periods compare well with the literature values. Therefore, we conclude that our Lomb-Scargle results are likely consistent with the true rotational periods of the observed stars, and in particular, that 51 Peg rotates significantly more slowly than the Sun, while 18 Sco is a somewhat faster rotator.

6. Evolutionary ages, or how good is a solar twin?

Whether a star serves as a good solar twin does not only depend on the physical parameters luminosity \( L \), effective temperature \( T_{\text{eff}} \), and metallicity ([Fe/H]), the star should also have a mass and age very similar to that of the Sun. On or near the MS, younger stars with slightly higher mass have the same effective temperature and are only slightly more luminous than their older siblings. Hence, a careful age analysis must be an important aspect in any discussion of solar twins.

Estimating stellar ages is notoriously difficult. The derived ages depend on the method used and to exacerbate the problem, the uncertainties tend to significantly increase with age. We consider 18 Sco. Published age estimates for this star range from 0.29 Gyr (Tsantaki et al. 2013) to 5.84 Gyr (Takeda et al. 2008), that is, from younger than the Hyades to older than the Sun. The
Table 4. Summary of the used stellar parameters and our results of the age estimations.

| Name     | $M_\odot$ | [Fe/H] | $\log L/L_\odot$ | $T_{\text{eff}}$ [K] | $\sigma_{T_{\text{eff}}}$ [K] | $M_\odot$ | Z       | Age [Gyr] | Ref Age [Gyr] |
|----------|-----------|--------|-------------------|----------------------|-----------------------------|-----------|---------|-----------|--------------|
| Sun      | 4.82$^1$  | 0.0    | 0                 | 5777$^1$             | 1.00                        | 0.0185    | 4.6     | 7.5       |              |
| 18 Sco   | 4.77±0.01 | 0.03$^4$| 0.018±0.004       | 5789±10              | 46                          | 1.00      | 0.0185  | 5.1±1.1   | 7.5          |
| 51 Peg   | 4.48±0.01 | 0.24$^4$| 0.135±0.005       | 5768±8               | 41                          | 1.11      | 0.0296  | 6.1±0.6   |              |
| HD 101364| 4.65±0.09 | 0.02$^2$| 0.07±0.04         | 5805±11              | 23                          | 0.99      | 0.0185  | 7.1±1.5   | 8.2          |
| HD 197027| 4.72±0.16 | -0.011$^3$| 0.04±0.07        | 5777±31              | 63                          | 0.98      | 0.0185  | 7.2±3.1   | 8.5          |

Notes. Here, we list the calculated absolute visual magnitude, metallicity, calculated luminosity, mean effective temperature, the standard deviation ($\sigma$) of the effective temperature, mass, metallicity Z, the absolute ages and the reference ages. The reference age is the age at the defined turn-around point of the evolutionary tracks.

References. (1) Cox (2000), (2) Melendez et al. (2012), (3) Monroe et al. (2013), and (4) Valenti & Fischer (2005).

youngest age is in clear contrast to all other published values, which give 18 Sco a more mature evolutionary status, closer to that of the Sun; our own result (see below) of 5.1 Gyr confirms this.

To obtain a consistent interpretation of the HRD positions of all our sample stars and derive their absolute ages in a consistent manner, we employed our own evolutionary tracks that were computed with the Cambridge Stellar Evolution Code (Eggleton (1971)). These evolutionary tracks, with appropriate choices of mass and metallicity, were then compared with the observed luminosities $L$ and effective temperatures $T_{\text{eff}}$ of the stars, derived here from photometric data and trigonometric parallaxes.

Our Sun presents a way of testing this approach. An age determination based on isotopes of the oldest solar system meteorites leads to an empirical solar age of around 4.6 Gyr (Bouvier & Wadhwa 2010). On the other hand, the accuracy of evolutionary models still depends on their empirical calibration, despite the significant improvements in the opacity tables and the description of the equation of state, in particular for cooler plasmas. The main problem remaining, however, is the approximate description of convection, which still uses the mixing length approach, where the scaling factor (the mixing length) has to be calibrated against real stars and their physical properties. The uncertainty in such stellar data used for calibration leaves us with typical inconsistencies of the absolute age-scale of the order of 0.1 Gyr for models of solar-type stars. Hence, we individually calibrated the evolutionary model used here for the Sun, which now suggests a age of around 4.6 Gyr.

The parallax errors are most important because they affect the luminosity and consequently the age. The uncertainty in $T_{\text{eff}}$, by contrast, translates mostly into a necessary variation of the stellar mass. We derived this in steps of 0.005$M_\odot$ for 51 Peg and 0.01$M_\odot$ for the other stars to cover the respective error margin around $T_{\text{eff}}$. However, the uncertainty in metallicity also causes a shift in $T_{\text{eff}}$ of the respective evolutionary tracks and so adds to the effective uncertainty of the derived best-matching mass and age. Hence, the total error of the age was estimated by error propagation, using a whole range of such appropriate evolutionary tracks.

In Table 4 we list the absolute visual magnitudes $M_\odot$, metallicities, a mean $T_{\text{eff}}$, and the estimated ages of our sample stars. For 18 Sco, 51 Peg, HD 101364, and HD 197027, the former were calculated from the revised HIPPARCOS parallaxes

$^1$ http://www.ast.cam.ac.uk/~stars/

Fig. 6. Luminosity vs. effective temperature of the stars. The solid line shows the evolutionary track for 1$M_\odot$, the dash-dotted line for 0.99$M_\odot$, and the dash-triple-dotted line for 0.98$M_\odot$ with $Z=0.0185$. The dashed line denotes the evolutionary track for 1.11$M_\odot$ and $Z=0.0196$. The asterisk at the evolutionary track marks a time step of 1 Gyr, and the first step is labelled with the age.

van Leeuwen (2008), while photometric data (V and B-V values) were taken from the HIPPARCOS catalogue (ESA 1997).

The $T_{\text{eff}}$ values used for 18 Sco, 51 Peg, HD 101364, and HD 197027 are (unweighted) averages from all entries listed in the Pastel catalogue (Version 2013-04-01; Soubiran et al. 2010), and the respective standard deviation was used to estimate the uncertainty of $T_{\text{eff}}$. For HD 197027 we also included the value $T_{\text{eff}} = 5723$ K derived by Monroe et al. (2013).

The luminosities $L/L_\odot$ were then derived directly from the resulting absolute visual magnitudes $M_\odot$ by assuming that the bolometric correction BC is essentially the same for all sample stars. This simplification is justified because all $T_{\text{eff}}$ values are very comparable within their uncertainties, and any real differences would cause the BCs to differ by only a few hundredths of a magnitude. In comparison to the propagated parallax error, this error is negligible.

To represent the different metallicities by appropriate evolutionary tracks, we found that the evolutionary track with $Z=0.0185$ (as for the Sun, equivalent to [Fe/H] = 0.0) represents our host star and its twins. For the stellar mass we found that the evolutionary tracks with 0.99$M_\odot$ for HD 101364 and with 0.98$M_\odot$ for HD 197027 represent the stars better than the track with 1$M_\odot$ like 18 Sco. For 51 Peg, by contrast, we used an evolu-
tionary track computed for $Z = 0.0296$ and the respective opacity table (equivalent to [Fe/H] $\approx +0.20$) to model the effect of the much higher metallicity of this star. In Fig. 6 all sample stars are plotted in the HR diagram together with the evolutionary tracks as detailed above. With an estimated age of $(7.1 \pm 1.5)$ Gyr and $(7.2 \pm 3.1)$ Gyr, HD 101364 and HD 197027 seem to be significantly older than the Sun, while 18 Sco appears to be a much closer match to the Sun with an estimated age of $(5.1 \pm 1.1)$ Gyr. However, if the age uncertainties of HD 197027 and 18 Sco are taken into account, they are then still comparable to the Sun. In particular, the age uncertainty for HD 197027 is quite large. To obtain a more precise age for this star, a more accurate parallax is needed in the first place, followed by a better $T_{\text{eff}}$ value.

In the special case of 51 Peg, we found that its higher luminosity and higher metallicity can be matched very well by a track of about 1.11 solar masses with $Z = 0.0296$. For the age of 51 Peg we then obtained $(6.1 \pm 0.6)$ Gyr. The higher metallicity of 51 Peg makes it slightly redder than the Sun, overcompensating for the effect of its higher mass. Another consequence of this higher mass is that the evolutionary MS timescale of 51 Peg is shorter by 20% than the Sun and the twins we discussed here.

With this lower MS life-expectancy, this star is the most advanced on the MS when compared to the Sun and its twins, even though its age as such does not immediately suggest this. Hence, the very low activity level of 51 Peg, when compared to the Sun and its twins, suggests a relation between activity level and evolutionary (or relative) age (absolute age/reference age) and not the absolute age, when different stellar life expectations are compared. But how can such different evolutionary models be compared when for such low masses a well-defined turn-off point as a physical and visible (in the HRD) reference point to the MS life-expectancy is lacking? In these stars that are close to one solar mass, hydrogen shell-burning sets in very gradually, and this process leaves no suitable mark on the HRD. Therefore, as a well-defined (albeit not physically meaningful) reference point, we prefer to use the turn-around point of the evolutionary tracks in the HRD (see label in Fig. 6), which all stars of about one solar mass describe in the HRD during their later MS evolution. We use the age of the turn-around point as a reference age, although this location does not indicate any significant structural change in the star. However, it provides a well-defined location on the HRD, where the evolutionary tracks reverse their temperature trend with (growing) luminosity and become faster. For the tracks with $Z = 0.0185$ and a stellar mass of $1M_\odot$, $0.99M_\odot$ and $0.98M_\odot$, the ages at these points are $\approx 7.5$ Gyr, $\approx 8.2$ Gyr, and $\approx 8.5$ Gyr, while for $1.11M_\odot$ and $Z = 0.0296$, this age is $\approx 6.1$ Gyr. In these terms, 51 Peg is much more evolved than the Sun, since it has reached 100% of its turn-around age compared to the Sun and its twins, which are at only 60% to 85% of this age. This relative age agrees much better with the respective activity levels.

This is depicted in Fig. 7. For this comparison we used our estimated relative age and a mean of the available literature S$_\text{MWO}$ values for the Sun, 18 Sco, and 51 Peg, which are more representative for their activity in the long term than our current snapshot S$_\text{MWO}$ values. For HD 197027, however, by lack of other choice we used our own S$_\text{MWO}$ value, while for HD 101364, we averaged the mean literature S$_\text{MWO}$ value obtained from Melendez et al. (2012) with our measurements.

### 7. Discussion and conclusion

Chromospheric activity is a phenomenon showing variability on long timescales (years and to centuries) caused by activity cycles and short timescales (days to years) produced by the evolution and rotational modulation of individual active regions. Hence, snapshot observations such as we used in this study may under- or overestimate the long-term level of chromospheric activity even though we averaged over many different nights. For more certainty, long-term monitoring is therefore necessary. As an example, we note that the long-term S-average from 1966-1992 (Baliunas et al. 1995) for the Sun is close to 0.18, covering three solar activity maxima and minima. Around the current relatively weak maximum, we record by contrast an average solar S$_\text{MWO}$ value of only about 0.17. We can rule out that this significant difference is caused by our calibration procedure because we used the same stars for our transformation to Mt. Wilson S$_\text{MWO}$ values as were used by O.C. Wilson and his group.

In particular, for modestly active stars with S$<0.2$, the standard deviation of the residuals of our calibrated S$_\text{MWO}$ values compared with those from Baliunas et al. is as small as 0.004, and the mean variation amounts to only 2.3%. Furthermore, during the period when we measured the solar S$_\text{MWO}$ value of 0.17, sunspot counts were also on a lower level than in the solar cycles of 1966-1992. We therefore conclude that this difference is real and represents a real change of the solar activity on a longer (decades to century) timescale.

This casts some doubt as to how well the present snapshot S$_\text{MWO}$ value of 0.17 represents the long-term solar activity. However, when modern sunspot records are compared with historic observations, all uncertainties included, (SIDC 2015, communication of July 11) the second half of the past century (when Baliunas et al. 1995 obtained their S$_\text{MWO}$ value of 0.18) appears to have been above-average and so may portray a slightly too young Sun.

Interestingly, the snapshot observations of HD 101364 and HD 197027 we presented here show that their activity levels are more or less comparable with that of the current Sun and that of 18 Sco, but all of them clearly differ from 51 Peg, which exhibits a significantly and consistently lower activity. Exclusively from the point of view of stellar activity levels, we may therefore conclude that HD 101364 and HD 197027 are younger in the context of stellar evolution than the more evolved solar-like star 51 Peg.

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1. http://sidc.oma.be/press/01/welcome.html
which has already come quite close to the basal flux level of its S-index. Compared to the Sun and 18 Sco, however, it might be assumed that HD 101364 and HD 197027 have a comparable age or are slightly older.

Using stellar ages obtained from the comparison of matching evolutionary tracks with the observed stellar HRD positions, we find that 51 Peg is, in absolute terms, not the oldest object in this small sample. However, when the faster MS evolution of 51 Peg is considered, we can show the same trend in the evolutionary advance as the one shown by the observed activity levels, see Fig. 7 because its mass is higher than those of the other four stars. These results confirm earlier work, that is, a better correspondence between activity level and relative MS age instead of absolute age, as shown by Reiners & Mohanty (2012) and Schröder et al. (2013).

Another important characteristic of a star is its rotation period. The rotation period is correlated with the chromospheric activity and with stellar age. This can also be seen in our very small sample of only three periods, which is sufficient to show this correlation clearly. Nevertheless, we may say that the Sun and 18 Sco are comparable in age, in chromospheric activity, and in their rotation periods. Furthermore, the rotation of the Sun and 18 Sco is clearly faster than that of the evolved star 51 Peg. This finding agrees with the relation between evolutionary (relative) age and activity level shown in Fig. 7.

It is obvious from Fig. 7 that the same relation holds for the other two solar twins that we discussed here, HD 101364 and HD 197027. Even though this must still be confirmed by extending this study to a larger sample of solar-like stars, we may already conclude that first, the chromospheric activity level is a good age indicator, even for advanced evolutionary states, and that second, the two new solar-twin candidates (HD 101364 and HD 197027) and 18 Sco discussed here are suitable matches to our Sun with respect to mass, metallicity, activity, and evolutionary age, even if they are perhaps slightly older, and third, in the search for a perfect twin, stellar age should be given more consideration because otherwise the activity level would not match that of the Sun.

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