Establishment and Comparison of an Experimental Kidney Yang Deficiency Syndrome Rat Model Caused by Hydrocortisone, Adenine, and Dexamethasone Combined with Adriamycin in Rats

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Research

Keywords: Kidney yang deficiency, Hypothalamic–pituitary–adrenal axis, Renal toxicity

DOI: https://doi.org/10.21203/rs.3.rs-117500/v1

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Abstract

Objective: The paper is aimed to establish a method for renal injury in rats with kidney yang deficiency syndrome (KYDS) of the stable by comparing different model establishment methods and optimize the final modeling method.

Method: In order to mimic water metabolism disorder of KYDS- a diagnostic pattern in traditional Chinese medicine (TCM), we made a comparison of hydrocortisone-induced, adenine-induced, dexamethasone combined with adriamycine-induced KYDS rat model according to testing general behavior, detecting Hypothalamus-pituitary-adrenal (HPA) axis function and renal function also making use of drug action. Additionally, the effect of adenine at a dose of 100 mg/kg, 150 mg/kg, and 200 mg/kg, respectively, on establishment of KYDS model was investigated in rats. Finally, Shenqi Wan (SQW, 3 g/kg) was used to estimate the deterioration of adenine that is associated with KYDS.

Result: Three KYDS model rats all exhibited weight loss, anal temperature drop, reduced food intake and dysfunction of the Hypothalamus-pituitary-adrenal (HPA) axis, which could be alleviated by SQW. However, different from other two methods, adenine-induced rats were prominently manifested as water and fluid metabolism disorders (sharply increased water intake and urine volume). Renal injury in adenine-induced rats was more obvious than it in hydrocortisone-induced rats and dexamethasone combined with adriamycin-induced rats. And renal toxicity caused by adenine was reversible by SQW treatment. Water metabolism disorder in adenine-induced rats was more closer to clinical symptoms of patients with KYDS. Subsequently, we found different dose of adenine gavage (100, 150, 200 mg/kg) for 14 days result in general behavior change, dysfunction of HPA axis and renal function damage. But only medium-dose of adenine induced toxicity could be reversed by SQW treatment for 21 days.

Conclusion: The result of the comparison between the three modeling methods showed that adenine-induced was more effective to establish the KYDS model, and only a medium-dose of adenine for inducing renal poison could be recovered by SQW treatment. Therefore, a medium-dose of adenine was optimal for the establishment of the KYDS rat model.

Trial registration: This is an animal experiment, trial registration is not necessary.

1. Background

Kidney yang deficiency syndrome (KYDS) is a diagnostic pattern in traditional Chinese medicine (TCM) that is related to multiple chronic diseases such as chronic renal failure, nephrotic syndrome, neuroimmune endocrine system dysfunction (1). KYDS is characterized by diarrhea, aversion cold, slow response, decreased appetite, and polyuria, etc (2). KYDS is associated closely with renal function damage and its important dialectical symptom is water metabolism disorder(3). And building a suitable animal model has become an important means for the scientific interpretation of the connotation of “the kidney governs water” in TCM. Modern medical research demonstrated that functional disorder of the HPA axis is the pathogenesis mechanism of KYDS, and many previous animal models of KYDS were
constructed based on HPA axis disorders (4). However, these KYDS model animal cannot well mimic water-liquid metabolism disorder, this inhibits comprehensive exploration and research of KYDS.

Several animal models of KYDS have been applied in actual research, the most common one is animals given by high doses of adrenocorticotropic hormone such as hydrocortisone and dexamethasone (5–7). It was demonstrated that adenine deposits in the renal tubules, resulting in renal damage and developing into KYDS symptoms in rats (8–11). Recently, some experts put forward the idea of modeling basic diseases combined with multiple factors: firstly, inducing symptoms of KYDS in rats while maintaining the integrity of organs taking advantage of hydrocortisone, dexamethasone, and hydroxyurea. Secondly, rats are tail vein injected with adriamycin to bring about renal function loss (4, 12). Every method of establishing the KYDS animal model has its principle and leads to different physiological and pathological manifestations. However, how to filter out the optimal animal model of KYDS that better mimic water and fluid metabolism disorder in KYDS is urgent to be explored.

Evaluation of successful KYDS model establishment through tonifying kidney yang medicine is a necessary means (13). As a well-known prescription of treating KYDS, SQW is first recorded in Jin Kui Yao Lue written by Zhang Zhongjing, made up of Radix Rehmanniae Preparata, Poria, Rhizoma Alismatis, Rhizoma Dioscoreae Oppositae, Cortex Moutan Radicis, Fructus Macrocarpii, Achyranthes bidentata, and Plantagoasiatica (14) (15). Our previous research demonstrated that SQW could alleviate renal injury under KYDS through aquaporin 1 (AQP1) (16). The progression of renal fibrosis could be slowed down by SQW through inhibiting Epithelial-mesenchymal transition (EMT) (13).

This study was aimed at making a comparison among three methods (Hydrocortisone, adenine, dexamethasone combined with adriamycin) to induce KYDS rat model. Renal function, neuroendocrine and water metabolism were evaluated to optimize the animal model of KYDS and make the model closer to the clinical manifestations of the water and fluid metabolism disorder of KYDS. Next, we optimize adenine dosage for establishing KYDS model.

2. Materials And Methods

2.1 Rats

A total of 256 Sprague Dawley rats aged 2-month-old and weighing 200–220 g were purchased from Shanghai Slake Laboratory Animal Co., LTD. (SCXK (Shanghai) 2012-0002). The rats were housed in a standard animal room, with food and water provided ad libitum in the Animal Experiment Research Center of Zhejiang University of Traditional Chinese Medicine (SYXXK (Zhejiang) 2013 – 0184). The feeding conditions were as follows: constant temperature, temperature 22 ± 1°C, humidity 50%–60%, light and dark alternately every 12 h, and the number of wind changes 15–20 times/h. All experiments of the animals were guided and approved by the Animal Care and Use Committee of Zhejiang Chinese medical university (Approval Number: ZSLL-2014-59).

2.2 SQW preparation
SQW (Henan Wanxi Pharmaceutical Co., Ltd, China, 111002) was dissolved in distilled water, prepared into a solution with a concentration of 0.3 g/mL containing original medicinal materials according to our previous data (13). The clinical equivalent dose of SQW was calculated according to the conversion method of the dosage of experimental animals and humans (calculated by the ratio of the body surface area of 200 g rats with standard weight and 70 kg humans). According to the clinical dosage of this formula, the dosage of each administration group is equivalent to 3 times the clinical dosage.

2.3 KYDS rat modeling protocol

Sprague Dawley rats were randomly divided into seven groups (a control group, a hydrocortisone induced model group, an adenine induced model group, dexamethasone combined with adriamycin induced model group, a hydrocortisone + SQW group, an adenine + SQW group, dexamethasone combined with adriamycin + SQW group; n = 10 per group). To establish the KYDS rat model, hydrocortisone induced model group and hydrocortisone + SQW group were intramuscular injected with 25 mg/kg hydrocortisone (Shanxi Jinxin Shuanghe Pharmaceutical Co., Ltd, China, 201009055) for 20 days, adenine induced model group and adenine + SQW group were administrated with 200 mg/kg adenine (Shanghai Bo'ao Biotechnology Co., Ltd, China, 1201110) by oral gavage for 20 days, and dexamethasone (Chenxin Pharmaceutical Co., Ltd, China, 120119612) combined with adriamycin (Actacis Italy S.p.A, Italy, 0QL0064) induced model group and dexamethasone combined with adriamycin + SQW group were intramuscular injected with 1.8 mg/kg dexamethasone for 10 days and tail vein injected with 4 mg/kg adriamycin at the 11th day. The frequency of administration was once a day. Then from the 12th day of this experiment, 3 g/kg SQW was administrated by oral gavage into hydrocortisone + SQW group, adenine + SQW group, dexamethasone combined with adriamycin + SQW group for 14 days, while other groups treated with equal distilled water.

2.4 Adenine poisoning protocol

Sprague Dawley rats were randomly divided into 7 groups (a control group, a low-dose adenine group, a medium-dose adenine group and a high-dose adenine group, a low-dose adenine + SQW group, a medium-dose adenine + SQW group and a high-dose adenine + SQW group, n = 30 per group) according to body weight. The rats other than control group were administrated with adenine of respective 100, 150 and 200 mg/kg by oral gavage once a day. 0.5% CMC-Na was orally administrated into the control group equally. On the 7th day and 14th day, the establishment of the KYDS rat model was evaluated judging from the general behavior test, HPA axis, and renal function analysis. The kidney tissue was collected for H&E and Masson staining.

Once the KYDS rat model was successfully built, the low-dose adenine + SQW group (100 mg/kg), medium-dose adenine + SQW group (150 mg/kg), and high-dose adenine + SQW group (200 mg/kg) was treated with 3 g/kg SQW while concurrently poisoned with a respective dose of adenine by oral gavage for continuous 21 days. The recovery effectS of SQW in each model rats were evaluated to determine the optimal dose of adenine.

2.5 H&E and Masson staining of rat renal tissue
3 Sprague Dawley rats in each group were sacrificed every due time. The renal tissues were fixed with 10% formaldehyde, embedded in paraffin, and cut into 3–5 µm sections, and subjected to H&E and Masson staining respectively. The pathological condition of the kidney tissue was observed under a 200X optical microscope. The results of H&E staining were used to observe the basic morphology of rat kidney tissue and the results of Masson staining were used to evaluate the renal tubulointerstitial lesions according to the semi-quantitative scoring system. Each Masson stained section is randomly selected 10 fields of view under a 200-fold light microscope. The blue is the fibrosis positive staining area. The ratio of the fibrosis area to the total area of the statistical field (excluding the glomeruli and large blood vessels) is used as the renal tubules Fibrosis index, to observe the degree of tubular interstitial fibrosis. The evaluation criteria are mild damage (fibrosis index < 25%), moderate damage (fibrosis index 25%-50%), severe damage (fibrosis index > 50%), using color image analysis system (Image-Pro Plus, IPP) count the positive area.

2.6 Measurement of hypothalamus corticotrophin-releasing factor (CRH), serum adrenocorticotrophic hormone (ACTH), cortisol (CORT), blood urea nitrogen (BUN) and serum creatinine (Scr)

3% sodium pentobarbital solution was injected intraperitoneally to anesthetize the rats. Blood was collected from the ventricle and placed in a centrifuge tube. The blood was centrifuged at 3000 rpm for 10 min (4 °C). The serum was separated, packed in a centrifuge tube, and stored at -20 °C for later use. Take the hypothalamus stored in liquid nitrogen, weigh it, place it in a 5 mL centrifuge tube, and add 9 times the volume of PBS homogenization buffer (8.0 g NaCl, 0.2 g KCl, 1.44 g Na2HPO4, 0.24 g KH2PO4, add distilled water to 1000 mL, Adjust the pH to 7.4), homogenize at high speed, and centrifuge for 20 min (3000 rpm). Take the supernatant and place it in a centrifuge tube and store it in a refrigerator at -20 °C for later use. The level of hypothalamus CRH, serum ACTH, CORT was measured by Elisa kit (Shanghai Xinfan Biotechnology, Shanghai, China). The level of serum BUN, Scr was evaluated by the automatic biochemical detector (7020, Hitachi Co., Ltd., Japan).

2.7 Measurement of urinary 17-hydroxy corticosteroid (17-OHCS) and 24-hour urine protein excretion (U-TP)

24 h urine of rats was centrifuged at 2000 rpm for 5 min (4 °C), collected and stored at -20 °C. Elisa kit (Shanghai Xinfan Biotechnology, Shanghai, China) was used to measure the level of urine 17-OHCS. The automatic biochemical detector was performed to measure the level of U-TP.

2.8 Analysis of AQP1 and AQP2 in renal tissue by Elisa kit

The renal medulla was taken and weighted from renal tissue preserved in liquid nitrogen, the same preparation of the homogenate as mentioned before were followed. The level of AQP1 and AQP2 was analyzed by the ELISA kit (Shanghai Xinfan Biotechnology, Shanghai, China).

2.9 Statistical analysis
The SPSS17.0 statistical software is used to process the experimental data. The experimental data are expressed as Mean ± standard deviation (x ± sd). Each group of data is tested for normality. The comparison of multiple samples means conforming to the normal distribution is analyzed by one-way ANOVA. If the variances are uniform, the LSD test is used, if the variance is not uniform, the Games-Howell (A) test is used, p < 0.05 means the difference is statistically significant; p < 0.01 means the difference is extremely significant.

3. Result

3.1 Effect of different methods for establishing KYDS rat model on body weight, anal temperature, food intake, water intake, and urine volume

We examined the effect of hydrocortisone intravenous injection, adenine oral gavage, and dexamethasone combined with adriamycin injection on general behavior in rats and verify the optimal method of the KYDS model according to the evaluation of their response to SQW treatment. We found three modeling methods produced an obvious drop in body weight of rats compared with the control group (P < 0.01), which could not be elevated significantly by SQW (Fig. 1A). As shown in Fig. 1B that anal temperature in the HYD group, ADE group, and DEX + ADR group was hugely lower than in the CON group (P < 0.01). SQW treatment inhibited declining anal temperature respectively contrasted by HYD group (P < 0.05), ADE group (P < 0.01), and DEX + ADR group (P < 0.01). Compared with the CON group, reduced food intake was observed in HYD (P < 0.01), ADE (P < 0.01), DEX + ADR (P < 0.01) group and attenuated by SQW (Fig. 1C). Urine volume of the HYD group was slightly increased compared with the CON group (P < 0.05), but only adenine gavage induced a sharp rise in water intake (P < 0.01) and urine volume (P < 0.01), both of which could be alleviated by SQW (P < 0.01, P < 0.01) (Fig. 1D-E). These findings indicated that all three modeling methods exhibited body weight loss, anal temperature decline, food intake dropout which could be alleviated by SQW treatment, but only adenine gavage-induced rats had obvious water-liquid metabolism disorder, as evident by sharply increased water intake and urine volume.

3.2 Effect of different methods for establishing KYDS rat model on HPA axis function and renal function

It was observed in Fig. 2, all modeling methods led to the dysfunction of the HPA axis, as evident by obviously reduced hypothalamic CRH (P < 0.01), serum ACTH (P < 0.01), CORT (P < 0.01), and urine 17-OHCS (P < 0.01) (Fig. 2A-D). SQW treatment elevated indicators of the HPA axis in KYDS rats (HYD, ADE, DEX + ADR; P < 0.01 for all). These results indicated that there was no obvious difference in HPA function inhibited by three modeling methods.

Dexamethasone combined with adriamycin significantly increased U-TP which was reduced by SQW treatment with no significant difference. However, BUN, Scr, and U-TP were all markedly increased in the ADE group versus the control group, and SQW significantly decreased BUN in the ADE group and reduced Scr and U-TP but no significant difference (Fig. 2E-G). This result suggested reversible renal function damage of rats would be caused by adenine gavage. AQP1 and AQP2 is water channel protein reflecting water metabolism. Compared with the control group, AQP1 and AQP2 levels in kidney tissue were
obviously reduced both in HYD and ADE model rats. It was analyzed by Elisa assay that the AQP2 level in the HYD + SQW group was markedly elevated contrasted by the HYD group, but there was no obvious difference of AQP2 level between the HYD group and HYD + SQW group. However, SQW supplementation successfully attenuated AQP1 and AQP2 levels in the kidney suppressed by adenine. As is shown in Fig. 2H-I, 3 g/kg SQW had a promotional effect on AQP1 and AQP2 level in the kidney inhibited by adenine but not hydrocortisone.

### 3.3 Effect of different methods for establishing KYDS rat model on renal pathological change

We observed clear glomerulus structure and normal tubules and interstitial substances in the CON group by light microscope in Fig. 3. In the HYD group, the size of the glomerulus increased slightly, the width of the mesangial area increased. In the ADE group, we found that the internal structure of the glomerulus collapsed, and the kidney glomerular fibrosis, renal tubule dilatation, interstitial inflammatory changes, adenine crystals. In the DEX + ADR group, glomerular size and width of the mesangial area were increased significantly as same as a renal pathological change in the HYD group. However, a more obvious pathological change was that eosinophilic red stains were exuded into a typical protein cast in the renal tubules. After SQW treatment, the renal pathology of each model group was alleviated. Therefore, the result confirmed that adenine induced rats exhibited obvious water metabolism dysfunction and renal injury.

### 3.4 Effect of different dose of adenine on body weight, temperature, grip, food and water intake, urine volume in rats

As is shown in Fig. 4, compared with the normal control group, the body weight of 100 mg/kg adenine-induced rats was decreased but no significant difference while 150 mg/kg and 200 mg/kg adenine-induced rats had significant weight loss (P < 0.01) (Fig. 4A). Meanwhile, model rats of 100 mg/kg, 150 mg/kg, and 200 mg/kg adenine had significantly lower temperatures than normal control rats (p < 0.01) (Fig. 4B). Compared with the normal control group, 100 mg/kg adenine group was obviously decreased in grip (P < 0.05) while the grip of 150 mg/kg adenine group and 200 mg/kg adenine group were decreased more sharply (P < 0.01) (Fig. 4C). No remarkable food intake change was observed in 100 mg/kg and 150 mg/kg adenine-induced rats contrasted by the control group. Compared with the normal control group, the food intake of 200 mg/kg adenine group was significantly reduced (P < 0.01) (Fig. 4D). Water intake and urine volume of rats showed a sharp rise due to the different doses of adenine administration compared with the normal control group (P < 0.01) (Fig. 4E-F). These findings indicated that 100 mg/kg, 150 mg/kg and 200 mg/kg adenine could damage the general physiological signs of rats.

### 3.5 Effect of different dose of adenine on the hypothalamus-pituitary-adrenal (HPA) axis in rats
HPA axis function is an important indicator for judge the successful construction of the KYDS model. As is shown in Fig. 5, 100 mg/kg, 150 mg/kg and 200 mg/kg adenine administration for constant 7 days cannot cause damage of HPA axis function. However, three doses of adenine gavage for 14 days significantly decreased serum ACTH compared with the control group (P < 0.05, P < 0.05, P < 0.01 respectively) (Fig. 5A). And model rats induced by 150 mg/kg and 200 mg/kg adenine for constant 14 days had markedly decreased in serum CORT (P < 0.01) and urine 17-OHCS (P < 0.01) contrasted by the control group (Fig. 5B-C). These findings indicated that adenine administration for 7 days was not suitable for KYDS model establishment, thereby we mainly focus on the effect of adenine administration for 14 days. We observed the effect of adenine administration for 14 days on the HPA axis function of rats was dose-dependent.

3.6 Effect of different dose of adenine on renal function in rats

It was observed in Fig. 5 that after 7 day adenine administration, BUN (P < 0.01) and Scr (P < 0.01) were significantly increased in all model group (ADE 100 mg/kg, ADE 150 mg/kg, ADE 200 mg/kg) versus control group (CON) and 100 mg/kg and 200 mg/kg adenine induced rats (ADE 100 mg/kg, ADE 200 mg/kg) had significantly increased in U-TP (P < 0.05, P < 0.01 respectively) compared with control group (CON). However, compared with the control group (CON), BUN (P < 0.01), Scr (P < 0.01), and U-TP (P < 0.01) were elevated in rats treated with continuous 14 day adenine gavage (ADE 100 mg/kg, ADE 150 mg/kg, ADE 200 mg/kg) (Fig. 5D-F). These findings suggested that there was a dose-dependent effect of adenine administration for 14 days on renal function in rats.

3.7 Renal pathology of rats induced by the different dose of adenine

According to the H&E staining result of kidney tissue, we observed normal glomerulus morphology, clear tubular interstitial structure, normal cortical, and medullary structure in the CON group. Adenine gavage led to the increased size of the glomerulus and the increasing width of the mesangial area (Fig. 6A). As is shown in Fig. 6B, Masson staining analysis indicated that both 7 day and 14 day-different doses of adenine gavage produced renal interstitial fibrosis. Compared with the CON group, the percent of Masson positive area in each model group was evidently elevated (P < 0.01). These findings indicated that three doses of adenine led to renal interstitial fibrosis in rats with a dose-dependent effect.

3.8 Effect of SQW on body weight, temperature, grip, food and water intake, urine volume in KYDS rats induced by the different dose of adenine

As is shown in Fig. 7–8, SQW was used to test out optimal adenine dose, judging from which dose of adenine-induced renal toxicity was reversible. Compared with the CON group, body weight (P < 0.01), anal temperature (P < 0.01), grip (P < 0.01) were decreased and water intake (P < 0.05), urine volume (P < 0.01) were significantly increased but food intake was unstable in ADE 100 mg/kg group. Compared with ADE
100 mg/kg group, SQW possessed a recovery effect on anal temperature (P < 0.01) and grip (P < 0.01) in ADE 100 mg/kg + SQW group but had no protective effect on other makers. ADE 150 mg/kg group exhibited weight loss (P < 0.01), low anal temperature (P < 0.01), declined grip (P < 0.01), decreased food intake (P < 0.01) and high water intake (P < 0.01) and urine volume (P < 0.01), SQW played an ameliorating role in 150 mg/kg adenine caused general behavior imbalance (P < 0.01 for all). 200 mg/kg adenine could successfully maintain damage of general behavior in rats (P < 0.01), but the only anal temperature was significantly elevated in ADE 200 mg/kg + SQW group versus ADE 200 mg/kg group. These findings indicated three doses of adenine all resulted in damage of general behavior but only 150 mg/kg adenine-induced general behavior imbalance could be alleviated by SQW.

**Figure 8** Recovery effect of SQW on food intake, water intake and 24 h urine volume in KYDS rats induced by the different doses of adenine. (A) effect of 100 mg/kg SQW on food intake in different doses of adenine induced KYDS rats. (B) effect of 150 mg/kg SQW on food intake in different doses of adenine induced KYDS rats. (C) effect of 200 mg/kg SQW on food intake in different doses of adenine induced KYDS rats. (D) effect of 100 mg/kg SQW on water intake in different doses of adenine induced KYDS rats. (E) effect of 150 mg/kg SQW on water intake in different doses of adenine induced KYDS rats. (F) effect of 200 mg/kg SQW on water intake in different doses of adenine induced KYDS rats. (G) effect of 100 mg/kg SQW on urine volume in different doses of adenine induced KYDS rats. (H) effect of 150 mg/kg SQW on urine volume in different doses of adenine induced KYDS rats. (I) effect of 200 mg/kg SQW on urine volume in different doses of adenine induced KYDS rats. n = 10. Small horizontal bars indicate the mean ± s.d. ▲ P < 0.05, ▲▲ P < 0.01 compared with the CON group; *P < 0.05, **P < 0.01 compared with the ADE group.

3.9 Effect of SQW on HPA axis function in KYDS rats induced by the different dose of adenine

As is shown in Fig. 9, serum ACTH, CORT, and urine 17-OHCS were obviously diminished in all model rats (ADE 100 mg/kg, ADE 150 mg/kg, ADE 200 mg/kg) versus the control group (CON). There was no significant recovery effect of SQW on HPA function damage induced by 100 mg/kg and 200 mg/kg adenine. Only compared with ADE 150 mg/kg group, 3 g/kg SQW treatment could markedly increase serum CORT (P < 0.05) and urine 17-OHCS (P < 0.05) in rats, suggesting 150 mg/kg adenine caused dysfunction of HPA axis could be alleviated by 3 g/kg SQW (Fig. 9A-C).

3.10 Effect of SQW on renal function in KYDS rats induced by the different dose of adenine

As is shown in Fig. 9, BUN, Scr and U-TP were significantly elevated in all model rats (ADE 100 mg/kg, ADE 150 mg/kg, ADE 200 mg/kg) versus the control group (CON). SQW administration significantly diminished BUN (P < 0.01) in ADE 200 mg/kg group and Scr (P < 0.01) in ADE 100 mg/kg. However, 150 mg/kg adenine-induced renal function damage would be alleviated by SQW, as evident by markedly declined BUN, Scr, and U-TP level (P < 0.01 for all) (Fig. 9D-F).

3.11 Effect of SQW on renal pathology in KYDS rats induced by the different dose of adenine
H&E staining in Fig. 10A suggested that adenine gavage increased the size of the glomerulus and width of the mesangial area. And SQW treatment could ameliorate renal toxicity resulted from adenine. We analyzed Masson staining picture that the percent of Masson positive area in renal tissue in all model groups was elevated sharply compared with the CON group (P < 0.01 for all) (Fig. 10B). However, SQW had a recovery effect on 100 mg/kg (P < 0.01) and 150 mg/kg (P < 0.01) adenine-induced renal toxicity but was ineffective in 200 mg/kg adenine induced group.

4. Discussion

KYDS is a comprehensive manifestation of renal dysfunction caused by damage of “kidney yang” (17). KYDS is located in the kidney, hence, renal function analysis is an important indicator for measuring successful establishment of KYDS model from the perspective of pathology and the pathogenesis of Chinese medicine. The present study carried on establishing and comparison of three KYDS rat models and found that there were similarities and differences between them. In this study, it was agreed that the symptoms and manifestations of three methods induced rats were also well in line with the diagnosis of the syndrome of kidney-yang deficiency, that is, the weakness and cold appearance of the animals were similar to those of patients with "yang deficiency" (18). Modern research has indicated that damage to HPA function was major pathological mechanisms underlying KYDS (19). As expected, three methods induced rats had sharply declined hypothalamus CRH, serum ACTH, and CORT, and urine 17-OHCS levels compared with control rats, suggesting all three methods successfully built KYDS model rats.

However, they were different in renal function and water balance. We observed that different from the other two methods, adenine induced rats exhibited high water intake and urine volume, damaged renal tubules and glomeruli structure found in H&E staining of kidney tissue. These findings were similar to symptoms of water metabolism disorder in patients of KYDS. Otherwise, BUN, Scr and UTP were key makers reflecting renal function. Adenine led to renal function loss in rats, as evidenced by increased BUN, Scr, and UTP. However, hydrocortisone-induced, dexamethasone combined with Adriamycin-induced rats unable to appear obvious water metabolism disorder. Currently, aquaporin (AQP) is closely related to water metabolism in the body. It is an important substance that has been discovered in the past decade to regulate the absorption, distribution, secretion, and excretion of various parts of the mammalian body(20). AQP is distributed in multiple organs and tissues throughout the body, and is specifically involved in cytological functions such as the transportation, absorption, secretion of body fluids, cell migration, fat metabolism, epidermal renewal, nerve signal transduction, volume regulation, etc. Each AQP has its specific tissue distribution, and different AQPs have different roles in the process of water absorption and secretion in the kidney and other organs (21). In the original urine produced in the anterior part of the renal tubule, 80% of the water is reabsorbed through AQP1 (22), and at the end of the renal tubule, 10% of the water is reabsorbed through AQP2 (23). In this study, AQP1 and AQP2 levels in rat kidney tissue were estimated to analyze water metabolism capacity. Our findings indicated hydrocortisone and adenine elevated AQP1 and AQP2 levels in kidney tissue. In general, adenine administration not only maintained HPA axis dysfunction in rats but also produced water metabolism disorder of KYDS.
These findings were consistent with characteristics of three KYDS model. Hydrocortisone is an exogenous glucocorticoid. When high dose of exogenous glucocorticoid is taken in, the adrenocorticotropicin secreted by the pituitary is inhibited, resulting in a decrease in the secretion of adrenal corticosteroids and atrophy of the adrenal glands, resulting in dysfunction of HPA axis. However, some people believe that this type of model is far from human “Yang deficiency”. Patients with “Yang deficiency” have low cortical function, but this type of “Yang deficiency” model have significantly higher plasma cortisol. And hydrocortisone administration cannot cause obvious damage to kidney in rats, which was contrary to the facts. In addition, as a new modeling method of different drug combinations, dexamethasone combined with adriamycin induced KYDS model is lack of data support. Although dexamethasone combined with adriamycin induced rats showed mild kidney damage, but didn’t undermine water balance such as normal water intake, urine volume, AQP1 and AQP2 level in the kidney. Compared with the above two modeling methods, adenine induced rats exhibited water metabolism disorder and reversible renal injury, and general signs of “Yang deficiency”. The limitation is that adenine induced renal injury commonly belonged to CKD (One of the important syndromes of kidney yang deficiency) in terms of etiology. In summary, adenine induced rat model may be used as a good KYDS model to study the notion of “kidney governs water” in TCM.

Large dose of adenine is easy to cause excessive nephrotoxicity, which could be observed in this study. Therefore, to optimize the method for building adenine induced KYDS model, we made a comparison of different doses of adenine (100 mg/kg, 150 mg/kg, 200 mg/kg) induced renal toxicity, detecting that different doses of adenine administration all successfully established the KYDS model. But according to the reversible judgment of adenine-induced renal toxicity through SQW treatment, only constant 150 mg/kg adenine administration could maintain an excellent effect of renal toxicity which could be reversible by SQW treatment. Therefore, 150 mg/kg was the optimal dose to establish KYDS model.

**Conclusion**

In conclusion, the rats were administrated with adenine exhibited a significant disorder of HPA axis compared with rats injected with hydrocortisone and dexamethasone combined with adriamycin, respectively, suggesting that adenine-induced was more effective to establish the KYDS model. This approach will be useful for studying the pathology of KYDS model and for developing new therapies.

**Abbreviations**

ANOVA one-way analysis of variance

H&E hematoxylin–eosin

TCM traditional Chinese medicine

HPA Hypothalamus-pituitary-adrenal
KYDS kidney yang deficiency syndrome
SQW Shenqi Wan
EMT Epithelial-mesenchymal transition
CRH corticotrophin-releasing factor
ACTH adrenocorticotrophic hormone
CORT cortisol
BUN blood urea nitrogen
Scr serum creatinine
U-TP 24-hour urine protein excretion
17-OHCS 17-hydroxy corticosteroid
AQP1 Aquaporin 1
AQP2 Aquaporin 2
CMC-Na Carboxymethylcellulose Sodium
CKD Chronic kidney disease

Declarations

Ethics approval and consent to participate
The animal experiments were approved by the Animal Care and Use Committee of Zhejiang Chinese medical university (Approval Number: ZSLL-2014-59).

Consent for publication
This manuscript is approved by all authors for publication.

Availability of data and materials
All data of this study can be found within the manuscript and available from the corresponding author upon request.

Competing interests
The authors declare that they have no competing interests.
Authors' contributions

JT and YZ conceptualized the study design; YZ analyzed the data and interpreted the results; YZ wrote the initial drafts of the manuscript; CL, LJ and YW revised the manuscript. All authors read and approved the final manuscript.

Funding

This study was supported by the National Natural Science Foundation of China (grant no.8167151544)

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