High Risk HPV E6/E7 Oncoprotein Expression in Women with High Grade Squamous Intraepithelial Lesion

Expressão de oncoproteínas E6/e7 do HPV de alto risco em Mulheres com Lesão Intraepitelial Escamosa de alto grau

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Abstract

Purpose To correlate the expression of high-risk HPV E6 mRNA with pap smear, colposcopy, and biopsy results in women with high grade squamous intraepithelial lesion (HSIL).

Methods A cross-sectional study was performed on women referred for primary care services after cytological diagnosis of HSIL. We evaluated the expression of E6/E7 mRNA of HPV types 16, 18, 31, 33, and 45 and correlated the results with those of Pap smear, colposcopy, and biopsy. For amplification/detection of mRNA E6 / E7 we used NucliSENSEeasyQ kit to detect HPV mRNA by polymerase chain reaction with primers/probes for HPV types 16, 18, 31, 33, and 45.

Results Out of 128 valid tests, the results of 30 (23.4%) tests were negative and 98 (70%) tests were positive. Only one type of HPV was detected in 87.7% of the E6/E7 mRNA positive cases. HPV16 was detected in 61.2% of the cases, followed by HPV33 (26.5%), HPV31 (17.3%), HPV18 (10%), and HPV45 (4.08%). Pap smear tests revealed that the E6/E7 test was positive in 107 (83.8%) women with atypical squamous cells – high grade (ASC-H), HSIL, or higher. The E6/E7 test was positive in 69 (57.5%) specimens presenting negative cytology results. When analyzing the association with colposcopy results, the frequency of positive E6/E7 results increased with the severity of the injury, ranging from 57.1% in women without colposcopy-detected injury to 86.5% in those

Keywords
► colposcopy
► HPV
► mRNA
► Pap smear
► women
Introduction

Frequent occurrence of cervical cancer has been reported despite the use of cytological cervical screening (Papanicolaou test). Persistent infection by high-risk human papilloma virus (HPV) is an important factor associated with this neoplasia, which displays well-defined precursor lesions that may become invasive after variable periods. Thus, if the precursor lesions are detected at the initial or pre-invasive stages, the progression of cervical cancer can be interrupted.

Oncotic cytology, introduced in 1943, is the most widespread secondary prevention program ever introduced for the screening of cervical cancer. However, the sensitivity is limited and varies between 30 and 87% in different laboratories. Recent studies defended its use in conjunction with molecular tests to detect HPV DNA, with a substantial increase in sensitivity and improved reproducibility.

Nevertheless, the detection of DNA only indicates the presence of HPV and few infections are associated with lesions that progress toward malignancy. For this to occur there should be an overexpression of the E6 and E7 genes from the genome of an integrated HPV. Thus, the E6 and E7 transcripts could be useful as markers of disease progression.

The detection of the HPV E6/E7 messenger RNA (mRNA) allows the monitoring of the oncogenic activity of the virus, by detecting the active transcription of viral DNA.

The levels of E6/E7 mRNA increase according to the severity of the lesion. Thus, E6/E7 mRNA detection can have a high prognostic value and can improve the specificity and positive predictive value when compared with the HPV-DNA test. According to a previous study, E6/E7 HPV-mRNA is detected in more than 90% of the cervical intraepithelial lesion CIN grades 2 and 3, or cervical cancer. Thus, the objective of this study was to evaluate the expression of E6/E7 mRNA of HPV types 16, 18, 31, 33, and 45 among women with atypical cytological diagnosis, and correlate E6/E7 with higher levels of colposcopy findings. Of the 111 women who underwent biopsy and E6/E7 testing, the E6/E7 test was positive in 84.7% of the women who presented with lesions of cervical intraepithelial neoplasia (CIN) grade 2 or higher. Finally, 41.2% of women with a negative biopsy presented a positive E6/E7 test.

Conclusions E6/E7 mRNA expression was higher in women with HSIL and CIN grade 2 or higher.

Resumo

Objetivo Correlacionar a expressão mRNAE6/E7 do HPV de alto risco com os exames de Papanicolaou, colposcopia e biópsia em mulheres com lesão intraepitelial escamosa de alto grau (HSIL).

Métodos Estudo transversal com mulheres encaminhadas aos serviços de atenção primária com diagnóstico citológico de HSIL. Foi avaliada a expressão do mRNAE6/E7 dos tipos de HPV 16,18,31,33 e 45, correlacionando-se a expressão com os exames de Papanicolaou, colposcopia e biópsia. Para a amplificação/deteccão de mRNA de E6/E7 foi usado o kit NucliSENS EasyQ® HPV que detecta mRNA do HPV por meio da reação em cadeia da polimerase com primers/probes HPV dos tipos 16, 18, 31, 33 e 45.

Resultados Foram obtidos 128 testes válidos. Destes: 30 (23,4%) foram negativos e 98 (70%) dos testes foram positivos. Foi encontrado apenas um tipo de HPV em 87,7% dos positivos. O HPV16 foi o mais encontrado em 61,2%, seguido pelos HPV33 (26,5%); HPV31 (17,34%); HPV 18 (10,0%) e HPV (45 4,0%). Quanto ao exame de Papanicolaou, o teste E6/E7 foi positivo em 107 (83,8%) das mulheres com ASC-H, HSIL ou superior, enquanto em citologia negativa foi encontrado um resultado positivo em 69 (57,5%) colposcopia. A frequência de teste E6/E7 positivo aumentou com a gravidade da lesão, detectada na colposcopia variando de 57,1% em mulheres sem lesão identificada em colposcopia até 66,5% naqueles com achado de colposcopia de grau maior. Das 111 mulheres que se submeteram a biópsia e o teste E6/E7, o teste foi positivo em 84,7% das que apresentaram lesão igual ou superior a NIC 2 (neoplasia intraepitelial cervical) e 41,2% daqueles com biópsia negativa.

Conclusões A expressão de E6, E7 RNAm ocorreu com maior frequência em lesões de alto grau citológica e em casos com biópsias de NIC2 ou maior.

Palavras-chave ► RNAm ► HPV ► Papanicolaou ► colposcopia ► mulheres
mRNA expression with the results of colposcopy-guided biopsy.

**Methods**

A prospective cross-sectional study was conducted between July 2010 and November 2013. Women who attended the Department of Pathology of the Lower Genital Tract and Colposcopy of the Gynecology Department in the Hospital das Clínicas of the Federal University of Pernambuco (UFPE) - Brazil were included. All women referred to primary care services were cytologically diagnosed with HSIL. After being informed about the objectives of the study, women who agreed to participate in the study signed an informed consent form and answered a standard questionnaire. The study was approved by the Ethics Committee in Research with Humans (CEPSH) of the CCS (Health Sciences Center), UFPE.

The exclusion criteria were pregnancy, positive serology for human immunodeficiency virus (HIV), and use of immunosuppressants.

After the introduction of the speculum, a new ecto and endocervical harvest was performed for smear cytology (CO) by the conventional method, using an Ayre spatula and cytobrush. The cytological report was based on the nomenclature of the Bethesda System.\(^\text{10}\)

The brush used to collect samples for oncotic cytology, was used to harvest new cervical material with the bristle side placed in a 2 mL Eppendorf™ tube containing 1.5 mL of buffered methanol, and the cervical samples were subsequently stored at -20°C until the HPV RNA extraction. The amplification and detection of the E6/E7 mRNA was performed with the NucliSENSEasyQ® HPV kit (BIOMÉRIEUX, Marcy l’Etoile, France), using the polymerase chain reaction (PCR) with primers/probes for HPV types 16, 18, 31, 33, and 45. In addition to the negative and positive controls, all reactions were processed with the mRNA of the U1A gene as an internal control, to ensure the integrity of the RNA and the reagents. The preparation of the reagent mix and addition of the samples followed the protocol recommended by the manufacturer. The protocol was concluded by placing the plate in the NucliSENSEasyQ® equipment for the mRNA detection and amplification.

After collecting the materials for oncotic cytology and the E6/E7 test, colposcopy examination was performed and findings were described according to the nomenclature of the International Federation of Colposcopy and Cervical Pathology.\(^\text{11}\) In cases of suspected lesion, the biopsy was

### Table 1 E6/E7 test results according to the epidemiological characteristics of women referred to a primary care service with Pap test compatible with high-grade squamous intraepithelial lesion (HSIL)

| Variables                        | Test Result | p-value |
|----------------------------------|-------------|---------|
|                                  | Positive Mean ± SD | Negative Mean ± SD |
| **Age**                          | 35.3 ± 11.0 | 41.9 ± 11.8 | 0.00*** |
| **Age, first sexual intercourse**| 16.0 ± 2.9  | 17.3 ± 4.3  | 0.06*  |
| **Number of pregnancies**        | 3.4 ± 2.8   | 4.5 ± 3.4   | 0.09*  |
| **Number of partners**           | 3.9 ± 2.8   | 3.3 ± 2.7   | 0.29   |
| **Age at first delivery**        | 17.5 ± 4.8  | 20.0 ± 4.5  | 0.01*** |
| **Smoking**                      |             |          |
| Never                            | 69 (70.4)   | 21 (70.0)  | 0.73** |
| Yes                              | 23 (23.5)   | 6 (20.0)   |        |
| Ex-smokers                       | 6 (6.1)     | 3 (10.0)   |        |
| **Alcohol**                      |             |          |
| Abstinent                        | 52 (53.1)   | 21 (70.0)  | 0.1**  |
| Not totally abstinent            | 46 (46.9)   | 9 (30.0)   |        |
| Number of preventive measures    | 1.5 ± 1.2   | 1.2 ± 1.3  | 0.19*  |
| Use of condom                    |             |          |
| Never Used                       | 24 (24.5)   | 12 (40.0)  | 0.16** |
| Sometimes                        | 31 (31.6)   | 9 (30.0)   |        |
| Always                           | 10 (10.2)   | 0         |        |
| Already used, but not currently  | 33 (33.7)   | 9 (30.0)   |        |

Abbreviation: SD, standard deviation.

*, t-test, **, chi-square test, ***, Mann-Whitney Test.
performed with Gaylor-Medina forceps. The fragments were placed in a vial with 10% buffered formalin and sent for histopathological examination.

In the pathology laboratory, the fragments were processed and embedded in paraffin and subsequently sliced to obtain 5-µm-sections, which were stained with hematoxylin-eosin and analyzed by optical microscopy. The reports were in accordance with the international nomenclature of pathology for cervical intraepithelial neoplasia and cervical cancer.\textsuperscript{12}

The responses to the questionnaire and the results of the examinations and procedures were entered in the EPI-INFO program. The chi-square test and the chi-square test for trend were used to compare categorical variables and the t-test for comparison of means. The Mann-Whitney test was used for the variables that did not present a normal distribution. The differences were considered statistically significant when \( p < 0.05 \). All analyzes were performed using the Stata (version 10.1) statistical software.

**Results**

Samples were obtained from the 140 women presenting with HSIL to detect E6/E7 mRNA of HPV types 16, 18, 31, 33, and 45. Out of all cases, 8.6% (12/140) presented invalid data, 21.4% (30/140) were negative, and 70% (98/140) positive.

Among the 128 valid tests, 23.4% (30/128) were negative for E6/E7 mRNA. Among the 98 positive cases, only one type of HPV was detected in 87.7% of the samples (86/98).

The comparison of socio-demographic characteristics between the patients with negative and positive results showed no significant difference (\textit{Table 1}).

HPV16 was the most common type detected, 61.2% (60/98), followed by HPV33, 26.5% (26/98), HPV31, 17.3% (17/98), HPV18, 5.1% (5/98), and HPV45, 4.1% (4/98).

Among the 12.2% (12/98) cases presenting multiple infections, the most frequently detected type was also HPV16 (83.3%), followed by HPV33 (75%), HPV45 (25%), HPV31 (16.7%), and HPV18 (8.3%).

The HPV18 type was detected in one biopsy displaying adenocarcinoma, in the only cytology that displayed adenocarcinoma \textit{in-situ} (AIS), and in one of the two cytology with adenocarcinoma; in the other cytology, HPV16 was identified.

When the cytology was repeated, the following results were observed: unsatisfactory, two (1.4%); negative, 23 (16.4%); atypical squamous cells of undetermined significance (ASC-US), eight (5.7%); low-grade squamous intraepithelial lesion (LSIL), 23 (16.4%); atypical squamous cells in which HSIL cannot be excluded (ASC-H), 6 (4.3%); HSIL, 70 (50.0%); HSIL without exclusion of microinvasion, one (0.7%); squamous cancer, four (2.9%); atypical squamous cells, one (0.7%); adenocarcinoma, two (1.4%).

The E6/E7 test was positive in 83.8% of women with ASC-H, HSIL, or greater, while, in women presenting a negative cytology, E6/E7 test was positive in 57.9% of the cases (\textit{Table 2}).

Of the 140 colposcopy examinations, 11.4% of the cases presented no lesion and 6.3% presented unspecific or miscellaneous changes. Abnormal low-grade colposcopy findings were identified in 42.9% of the cases and higher grade colposcopy findings in 39.3%. The squamocolumnar junction was not visualized in 37.9% of the cases.

Among the 128 women who were subjected to colposcopy and for which the E6/E7 test was valid, 82% presented abnormal colposcopy findings and 18% showed no lesion or nonspecific lesion. The frequency of E6/E7 positivity ranged from 57.1% in women without colposcopy-detected lesions and up to 86.5% in those with higher-grade colposcopy-detected lesions.

Histopathological examination of 124 biopsy samples showed the following results: negative, 13.6%; CIN1, 15.7%; CIN2, 19.3%; CIN3, 35.7%; microinvasion, 0.7%; squamous cancer, 0.7%; adenocarcinoma, 0.7%; CIN ungraded, 1.4%; and inadequate sample, 0.7%.

Among the 111 women who underwent a biopsy and presented a valid E6/E7 test, the E6/E7 test was positive in 84.72% of the women presenting with neoplasia equal or more serious than CIN2 and in 41.18% of women presenting with negative biopsy. The sensitivity of the test for CIN2 or higher was 84.7%, while the specificity was 30.8%. The positive predictive value was 69.3%. The negative

| Table 2 | Relationship between colposcopy-detected findings and positivity of HPV E6/E7 mRNA test in women referred to a primary care service with a Pap test compatible with high-grade squamous intraepithelial lesion (HSIL) |
|--------------------------|--------------------------|--------------------------|--------------------------|
| **Cytology**             | **Test Result**          | **Negative**             | **Total**                |
|                          | Positive                |                         |                         |
| N                      | %                       | N                       | %                       |
| Negative                | 11                      | 57.8                    | 8                       | 42.1                    | 19                       | 15.4                    |
| ASC-US / LSIL           | 22                      | 73.3                    | 8                       | 26.6                    | 30                       | 24.3                    |
| ASCH / ≥ HSIL           | 62                      | 83.7                    | 12                      | 16.2                    | 74                       | 60.1                    |
| Total                   | 95                      | 77.2                    | 28                      | 22.7                    | 123                      | 100.0                   |

Abbreviation: ASCH, atypical squamous cells of undetermined significance in which high-grade squamous intraepithelial lesion cannot be excluded; ASC-US, atypical squamous cells of undetermined significance possibly non-neoplastic; HSIL, high-grade squamous intraepithelial lesion; LSIL, low-grade squamous intraepithelial lesion.

\( P \text{ value} = 0.02127; \chi^2 \text{ trend value} = 5.30481. \)

Note: Two results of unsatisfactory cytology and three of glandular lesions were not included. Additionally, invalid E6/E7 tests were not included.
predictive value was 52.2%, and the accuracy was 65.7% (~Table 3).

**Discussion**

The E6/E7 mRNA test of HPV types 16, 18, 31, 33, and 45 was positive in 76% of women who presented with a cytopathological diagnosis of HSIL and in 83% of the women whose diagnosis was confirmed by new cytology tests performed for the study. There was an increase in the percentage of positivity proportional to the grading of the cytopathological and histopathological changes. HPV16 was detected with higher frequency, followed by HPV 33, 31, 18, and 45. Such findings are similar to those of Dixon et al, who observed positive results in 80% of HSIL samples. The cytopathological, colposcopic, and histological correlations confirmed the observations of other authors.8,9,14

Among the cases with negative cytology, ASC-H cases had 57.9% with an E6/E7 positive test, while the ≥HSIL cases had 83.8%. Cases in which the cytology was negative and the E6/E7 test was positive suggest the possibility of false negative cytology or viral integration without morphological lesions.15,16 According to Li and Kristensen,7 when the cytology examination reveals negative result and the E6/E7 test is positive, one could consider a latent infection. Negative E6/E7 tests observed in women with high-grade colpocytologic findings could be due to the presence of other types of HPV, not screened in this study.7 However, previous studies suggest this caution in these cases due to the higher risk of other important findings in the follow-up.17

The HPV E6/E7 mRNA test was positive in 85% of the biopsies with CIN2 or higher, in agreement with the variation described by others, who detected HPV E6/E7 mRNA between 63% and 92% of CIN2, 3, or cervical cancer.7,18,19 Such findings demonstrated an interesting sensitivity for the identification of high-grade and invasive lesions and are in agreement with the literature.20

In this study, HPV16 was identified as the most frequent type (61%), in agreement with other studies, taking into account the regional variability of other types.21-28 The HPV18 type, related with glandular lesions,7,27-29 was associated with confirmed adenoacarcinoma.

The performance of the test was studied in relation to CIN2 or higher grade, considering the histopathologic diagnosis as the gold standard.30,31 The sensitivity of the E6/E7 test, 84% for CIN2/3, was greater than that observed by Jeantet et al32 who determined a 73.6% sensitivity for CIN2 and 82.2% for CIN3. These numbers were lower than that obtained by Pierry et al, who observed a 89% sensitivity for CIN2 and 100% for CIN3. These numbers led some researchers to suggest the use of the E6/E7 test as a screening test in cases with abnormal cytology or HPV-DNA tests.34

Given the results, one can conclude that the expression of E6/E7 mRNA was observed the most among patients with HSIL and CIN2 or higher grades in the biopsy, which suggests an important correlation that could be inferred as a prognostic factor. Nevertheless, despite the tendency to use E6/E7 mRNA screening test due to its prognostic value, new and more well-designed studies are needed to confirm the effectiveness of this test.

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