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Links between Phenology of Large Phytoplankton and Fisheries in the Northern and Central Red Sea

John A. Gittings 1, Dionysios E. Raitsos 2, Robert J. W. Brewin 3 and Ibrahim Hoteit 1,*

1 Program of Earth Science and Engineering, King Abdullah University of Science and Technology (KAUST), Thuwal 23955-6900, Saudi Arabia; john.gittings@kaust.edu.sa
2 Department of Biology, National and Kapodistrian University of Athens, 157 72 Athens, Greece; draitsos@biol.uoa.gr
3 College of Life and Environmental Sciences, University of Exeter, Penryn Campus, Penryn TR10 9FE, UK; R.Brewin@exeter.ac.uk
* Correspondence: ibrahim.hoteit@kaust.edu.sa

Abstract: Phytoplankton phenology and size structure are key ecological indicators that influence the survival and recruitment of higher trophic levels, marine food web structure, and biogeochemical cycling. For example, the presence of larger phytoplankton cells supports food chains that ultimately contribute to fisheries resources. Monitoring these indicators can thus provide important information to help understand the response of marine ecosystems to environmental change. In this study, we apply the phytoplankton size model of Gittings et al. (2019b) to 20-years of satellite-derived ocean colour observations in the northern and central Red Sea, and investigate interannual variability in phenology metrics for large phytoplankton (>2 \( \mu \) m in cell diameter). Large phytoplankton consistently bloom in the winter. However, the timing of bloom initiation and termination (in autumn and spring, respectively) varies between years. In the autumn/winter of 2002/2003, we detected a phytoplankton bloom, which initiated ~8 weeks earlier and lasted ~11 weeks longer than average. The event was linked with an eddy dipole in the central Red Sea, which increased nutrient availability and enhanced the growth of large phytoplankton. The earlier timing of food availability directly impacted the recruitment success of higher trophic levels, as represented by the maximum catch of two commercially important fisheries (\( Sardinella \) spp. and \( Teuthida \)) in the following year. The results of our analysis are essential for understanding trophic linkages between phytoplankton and fisheries and for marine management strategies in the Red Sea.

Keywords: phytoplankton; size structure; phenology; ocean colour; remote sensing; red sea; fisheries

1. Introduction

The Red Sea is the world’s northernmost tropical sea (Figure 1), and hosts one of the longest coral reef ecosystems on Earth, which supports high levels of marine biodiversity [1] and provides essential ecosystem services, including coastal protection, tourism, and fisheries [1–4]. Regional sea surface temperatures in the Red Sea have increased over the last two decades [5–7], and have been linked with coral reef bleaching events [8,9], an increased frequency of marine heatwaves [10], and changes in phytoplankton dynamics (e.g., abundance, composition, and phenology, see [11–14]). As a consequence, there is a growing requirement to monitor this unique large marine ecosystem and understand its’ response to future climate variability.

In accordance with the Kingdom of Saudi Arabia’s Vision 2030 Economic Diversification Program, several coastal regions of the Red Sea are sites for large-scale urban expansion. Megacities, such as “NEOM” (www.neom.com/en-us/) and the “Red Sea Project” (www.theredsea.sa/en/) are currently under development along the eastern coastlines of the northern and north-central Red Sea respectively [15]. The construction of such megacities may be associated with pervasive environmental impacts, for example:
enhanced nutrient deposition, pollution, alterations to natural hydrology and increased pressure on fish stocks [16,17]. The success of these projects is intrinsically linked to effective ecological monitoring strategies, which will help to preserve essential ecosystem services that support coastal populations.

Figure 1. Map displaying the bathymetry of the Red Sea and geographical location of the northern and central Red Sea ecoregion (limits of this region are highlighted in red). The map was produced using the software package MATLAB (version R2016b).

Ecological indicators are quantifiable metrics that are used to monitor the status of ecosystems and their response to environmental perturbations [18,19]. Many indicators in marine ecosystems are based upon the biomass of phytoplankton—photosynthetic microalgae that comprise the base of marine food webs and account for 90% of oceanic productivity [20]. Phytoplankton also provide energy for higher trophic levels and serve as a direct food source for coral reef-dwelling organisms [21,22].

The spatial distribution of phytoplankton biomass can be inferred synoptically, and frequently, from satellite-derived observations of chlorophyll-a (Chl-a, an index of phytoplankton biomass) [23]. To date, numerous studies have demonstrated the applicability of satellite-based approaches for investigating phytoplankton dynamics in the Red Sea [11,24–31]. Specifically, the northern half of the Red Sea has been the subject of recent research efforts, as phytoplankton dynamics in this region have been shown to follow a typical tropical biological regime, with a winter (October–April) phytoplankton growth period caused by increasing nutrient availability from convective mixing [12,27,29,32,33]. Previous studies have demonstrated that the winter bloom in the northern Red Sea has a high contribution of larger phytoplankton groups (e.g., diatoms), which tend to dominate under more nutrient-rich conditions [34–38]. The presence of larger phytoplankton cells supports food chains that ultimately contribute to fisheries resources [39]. Small phytoplankton, on the other hand, are often linked to recycled production that supports microbial activities [40,41]. Thus, in conjunction with phytoplankton biomass, knowledge of additional ecological
indicators such as size structure and phenology (the timing of phytoplankton growth periods) is essential for understanding how energy is transferred through the marine food web [12,42]. This is particularly important in the Red Sea, where commercial and traditional fisheries constitute an essential source of sustenance for coastal communities [43].

Recently, Gittings et al. [44] tuned a satellite-based phytoplankton size class model [25,45] for application in the Red Sea. The model infers the Chl-a concentration in two different phytoplankton size classes, small (pico, <2 µm in diameter) and large (combined nano/micro—>2 µm in diameter) phytoplankton. Here, we utilise this satellite model, in combination with an approach for determining phenology metrics [12,33,46], to investigate changes in the seasonal timings of blooms of large phytoplankton (combined nano/micro phytoplankton) in the northern and central Red Sea. Interannual variations in phenology metrics are then compared with historical fishery landings reported in the region, to explore links between phytoplankton blooms and trophic energy transfer.

2. Materials and Methods

2.1. Study Region

The study region comprises the “northern and central Red Sea”, which occupies an area northwards of ~20°N (Figure 1), separating the northern and southern halves of the Red Sea [47]. Geographical limits of this region were based on the Marine Ecoregions of the World (MEOW) bioregionalisation system led by the World Wildlife Fund and The Nature Conservancy (https://www.worldwildlife.org/publications/marine-ecoregions-of-the-world-a-bioregionalization-of-coastal-and-shelf-areas; www.marineregions.org). This classification system partitions the shelf and coastal regions of the global oceans into “ecoregions”, which are based on a distinct set of oceanographic or topographic characteristics that contribute to areas of homogeneous species composition [48]. We selected this ecoregion as it enabled the acquisition of adequate fisheries landings data needed to provide a more complete view of fisheries dynamics over the northern portion of the Red Sea (see Section 2.5).

2.2. Satellite Ocean Colour Data

Version 4.0 of the European Space Agency’s Ocean Colour Climate Change Initiative (ESA OC-CCI) was used in this study. The OC-CCI product consists of merged and bias-corrected Chl-a data from the Sea-Viewing Wide-Field-of-View Sensor (SeaWiFS), Moderate Resolution Imaging Spectroradiometer (MODIS), Medium Resolution Imaging Spectrometer (MERIS), and Visible Infrared Imaging Radiometer Suite (VIIRS) satellite sensors. Level 3, 8-day, mapped Chl-a data were acquired at a spatial resolution of 4 km from http://www.esa-oceancolour-cci.org. We note that for generating high-resolution maps of the satellite-derived fractional contribution of nano/micro-phytoplankton cells (see Figures 4 and 5), we used a Chl-a dataset, produced specifically for the Red Sea at a 1km spatial resolution using the regional algorithm described by Brewin et al. [25], Brewin et al. [24,25], Racault et al. [28] and Gittings et al. [33,44] have shown that both standard ocean-colour algorithms and the OC-CCI algorithm perform relatively well in the Red Sea, supporting the use of satellite-derived Chl-a datasets. In addition, previous studies in the Red Sea have also demonstrated that the OC-CCI product is characterised by significantly higher data availability in comparison to single-sensor-based missions [28]. For further information, the reader is referred to previous literature regarding the OC-CCI product [49–51] and its previous applications in the Red Sea and adjacent Arabian Sea [12,25,26,28,33,44,51]. We also refer the reader to the OC-CCI Product User Guide at http://www.esa-oceancolour-cci.org/?q=webfm_send/318 for a more extensive overview of processing, sensor merging and uncertainty quantification. Observations of Chl-a concentration that were used as inputs for the size model, and the subsequent phenological analysis, were acquired for the northern and central Red Sea ecoregion (as described Section 2.1).
2.3. Two-Component Phytoplankton Size Class Model

For deriving estimates of phytoplankton size structure, we used the two-component model tuned to the Red Sea by Gittings et al. [44]. This conceptual model assumes that small phytoplankton cells (picophytoplankton) do not grow beyond a specific Chl-a concentration, and the addition of more Chl-a into a system, beyond this concentration, can be attributed to that from larger phytoplankton cells [40,52]. The model is based on the exponential equation originally put forth by Sathyendranath et al. [53], and used by Brewin et al. [45] to relate the concentration of Chl-a in pico-phytoplankton (C_p, cells <2 µm in diameter) to the total Chl-a (C) according to

$$C_p = C_p^m [1 - \exp \left( - \frac{D_p}{C_p^m} C \right)] \tag{1}$$

where $C_p^m$ is the maximum Chl-a concentration of pico-phytoplankton, and $D_p$ represents the fraction of pico-phytoplankton ($C_p/C$) as $C$ tends to zero.

Using a High Performance Liquid Chromatography (HPLC) pigment dataset, Gittings et al., (2019b) estimated the model parameters $C_p^m$ and $D_p$ for the Red Sea by fitting Equation (1) to in situ estimates of $C_p$ and $C$. A non-linear, least squares fitting procedure (Trust-Region-Reflective algorithm, MATLAB Optimisation Toolbox, function “LSQCURVEFIT”), in conjunction with bootstrapping [54], was used to compute the parameters and their associated uncertainties. Using this approach, Gittings et al. [44] computed $C_p^m$ as 0.19 mg m$^{-3}$ and $D_p$ as 0.92.

Satellite estimates of $C_p$ were computed using Equation (1) using the Gittings et al. [44] model parameters, and forced with satellite-derived estimates of total Chl-a concentration (C). Chl-a concentrations attributed to the combined nano/micro-phytoplankton assemblage ($C_{n,m}$) were then subsequently derived as follows

$$C_{n,m} = C - C_p \tag{2}$$

After deriving $C_{n,m}$ (from hereafter referred to as large cells), the fractional contribution of this assemblage to total Chl-a ($F_{n,m}$) was computed as

$$F_{n,m} = \frac{C_{n,m}}{C} \tag{3}$$

The model was run on each grid point, on each of the 8-day CCI mapped Chl-a data products between 1997 and 2018.

2.4. Computation of Phytoplankton Phenology Metrics

Following completion of the time series of Chl-a concentration attributed to large cells (from hereafter referred to as $C_{n,m}$), we utilised the cumulative sums of anomalies method, based on a threshold criterion, to estimate the timing of the following phenology metrics: (1) bloom initiation, (2) bloom duration, and (3) bloom termination [12,33,46]. The threshold criterion method is centred on the concept that the occurrence of a phytoplankton bloom corresponds to a significant increase in Chl-a above “normal” concentrations [55]. First, for the estimation of phytoplankton phenology indices, 8-day data corresponding to $C_{n,m}$ were isolated for the period spanning 29 August 1997–21 August 2018. $C_{n,m}$ was then spatially-averaged over the northern and central Red Sea ecoregion described in Section 2.1. A moving window filter was then applied to the $C_{n,m}$ time series (MATLAB subroutine hampel) to remove any outliers. The cumulative sum of anomalies method requires a gap-free Chl-a time-series as an input, otherwise phenology metrics cannot be calculated. Hence, to further improve the coverage of Chl-a satellite data, we applied a linear interpolation method that fills gaps in the time series. The interpolation method used is based on the MATLAB subroutine inpaint_nans, which interpolates missing data using a linear least squares approach [56]. Next, following visual inspection of each annual $C_{n,m}$ seasonal
cycle, we defined the threshold criterion as the long term median of the $C_{n,m}$ time series, plus 15%. This threshold was selected as it was found to be the most representative of the winter bloom initiation and termination phenology indices for each year over the 21-year period. We note that various thresholds (5%, 10%, and 15%) have been utilised in different Red Sea phenology studies \cite{12,28,33}, depending on the type of analysis (e.g., interannual or climatological). Using this threshold, $C_{n,m}$ anomalies were computed by subtracting the threshold criterion from the time series. The cumulative sums of anomalies were then calculated. Increasing (decreasing) trends in the cumulative sums of anomalies represent periods when Chl-a concentrations are above (below) the threshold criterion. The gradient of the cumulative sums of anomalies was then used to identify the timing of the transition between increasing and decreasing trends. The initiation of the phytoplankton bloom corresponded to the 8-day period when Chl-a concentrations first rose above the threshold criterion (i.e., when the gradient of the time series first changed sign). The termination of the phytoplankton bloom was computed as the time when the gradient first changed sign following the occurrence of the maximum Chl-a concentration in the time series (the growth peak). The total duration of the phytoplankton growth period was calculated as the number of 8-day periods between the timings of initiation and termination.

2.5. Sea Level Anomaly and Geostrophic Velocities

Satellite altimetry can be used to study the circulation dynamics and the propagation of cyclonic and anticyclonic oceanic eddies. We used sea level anomaly (SLA) derived from satellite altimetry, and associated geostrophic velocity data produced by Ssalto/Duacs and distributed by AVISO with support from the Centre National D’Etudes Spatiales (CNES). The geostrophic velocities are computed from gridded sea surface heights with respect to a twenty-year mean (1993–2012), based on multi-mission satellite altimeter observations. Daily data were acquired on a regular 1/4° grid between mid-September and mid-October 2002, and were then averaged into a monthly composite. The full methodological approach, and its application in the nearby Red Sea, can be found in Zhan et al. \cite{57}.

2.6. Fisheries Landings Data

We utilised fisheries catch data from the Sea Around Us initiative (University of British Columbia), which is available online at www.searoundus.org. Annual data corresponding to the total reported landings of \textit{Sardinella spp.} (Clupeiformes) and \textit{Squid spp.} (Teuthida) in the northern and central Red Sea ecoregion (Figure 1) were acquired between 1998 and 2016. We focused on landings data collected for \textit{Sardinella spp} and \textit{Squid spp.} (Teuthida, genus not reported in dataset) to provide examples of pelagic organisms from vertebrate and invertebrate groups, which have a crucial intermediate role in marine food webs (linking plankton and higher predatory fish). Clupeiformes, such as \textit{Sardinella spp}, are planktivorous and respond strongly to environmental perturbations, particularly changes in food (phytoplankton) availability \cite{58,59}. They are also amongst some of the most significant contributors to fishery catches \cite{60,61}. Similarly, the level of food availability (as indexed by Chl-a concentration) is an essential factor influencing the stock recruitment of juvenile squid, which feed directly on various different types of plankton during their paralarval phases \cite{62,63}. The catch dataset is based on combine official reported data from the Food and Agriculture Organisation of the United Nations (FAO) FishStat database, and reconstructed estimates of unreported catch data. For further information on the reconstruction of fisheries catch data, we refer the reader to and Pauly and Zeller \cite{64}. We note that unnormalized fishery landings do not necessarily represent stock abundance, and fluctuations in these datasets could be also influenced by other factors. However, trends in fisheries stocks are commonly detected by analysing catch or landings per unit of effort, and studies have shown that catch data are consistent with phytoplankton biomass trends \cite{59,65,66}.
3. Results

3.1. Interannual Variability of Phenology Anomalies Attributed to Large Phytoplankton

First, we examined the interannual variability of phenology metrics (initiation, duration, and termination) associated with the large phytoplankton assemblage (>2 \( \mu \)m in diameter) for a 21-year period spanning 1998–2018 (Figure 2). The values are presented as annual anomalies, and represent the number of 8-day periods (from hereafter referred to as “weeks” for convenience) above/below the mean timing of growth initiation, duration, and termination. For each phenology metric, distinct positive and negative phases of the annual phenology anomalies can be observed. Between 1998 and 2002, the winter growth period of the nano/micro phytoplankton assemblage initiates later, is shorter in duration and terminates earlier. In particular, 1998 and 1999 are characterised by winter blooms that start between 4 and 5 weeks later. The bloom during 1999 terminates up to ~5 weeks earlier, resulting in a duration (phytoplankton growth period) that is ~9 weeks shorter than average (Figure 2). A substantially earlier initiation can also be observed in 2000 and 2001.

![Figure 2. Interannual phenology anomalies (weeks) of the nano/micro-phytoplankton assemblage (timings of the winter bloom initiation, duration, and termination) between 1998 and 2018. The grey shaded bar highlights the event that occurred during the winter blooming period of 2003.](image)

Between 2002 and 2008, the phytoplankton growth periods start earlier, are longer in duration and have a delayed termination. One of the most notable events can be observed in 2003, where the phytoplankton growth period initiates ~8 weeks earlier and terminates ~3 weeks later, resulting in a duration which is ~11 weeks longer than average, and is the longest winter bloom duration observed over the entire 21-year study period (grey shaded bar in Figure 2). Notably longer blooms (~5–6 weeks) are also apparent in 2007 and 2008 and appear to be predominantly driven by a delay in bloom termination...
3.2. Abundance and Phenology of Large Phytoplankton Associated with the 2003 Winter Bloom

The northern and central Red Sea ecoregion experienced the longest bloom of large phytoplankton during the autumn/winter of 2002/2003 (Figure 2). To further investigate the phenological characteristics of this bloom, as well as the seasonality of Chl-a concentration attributed to large cells \((C_{n,m})\), we present time series of \(C_{n,m}\) during the entire autumn/winter period blooming period (September–May) of 2002/2003, alongside the corresponding timings of bloom initiation and termination (highlighted in blue, Figure 3). For comparison, we also highlight the seasonal cycles of \(C_{n,m}\) and phenology metrics for the remaining years of the study period (shown in grey, Figure 3).

![Figure 3. Time series of Chl-a concentration attributed to the combined nano/micro-phytoplankton assemblage \((C_{n,m})\), alongside the timings of bloom initiation and termination (blue vertical dashed lines), for the blooming event detected during the autumn/winter of 2002/2003. The \(C_{n,m}\) time series for the remaining years are shown in grey, alongside the climatological phenology metrics computed for the whole period (grey vertical dashed lines).](image)

Overall, the time series of \(C_{n,m}\) reveals a consistent winter seasonal cycle. \(C_{n,m}\) increases gradually in late-October/early-November, before reaching maximum concentrations of \(~0.25\ \text{mg m}^{-3}\) between January and March (grey lines, Figure 3). \(C_{n,m}\) returns to pre-bloom conditions (0.05–0.1 mg m\(^{-3}\)) by early/mid-April. In contrast, the time series of \(C_{n,m}\) during the autumn/winter of 2002/2003 (shown in blue) is characterised by a prominent peak in mid-October (\(~0.36\ \text{mg m}^{-3}\)), which is not observed for any of the other years. \(C_{n,m}\) remains above \(~0.2\ \text{mg m}^{-3}\) until early-November, when it decreases and stabilises at concentrations that are comparable with the bloom peaks of the other years (\(~0.15\ \text{mg m}^{-3}\)). By May, \(C_{n,m}\) returns to concentrations that were observed prior to the start of the winter bloom (\(<0.1\ \text{mg m}^{-3}\)). Comparing the climatological phenology metrics (grey dashed lines) with those computed independently for the autumn/winter of 2002/2003 (blue dashed lines), further emphasises the markedly earlier bloom initiation of large phytoplankton in mid-September of 2002 (\(~8\ \text{weeks}\)) as well as the delayed termination (\(~3\ \text{weeks}\)) at the beginning of May 2003 (Figure 3).
3.3. Spatial Distribution of the Large Phytoplankton during the Initiation of the 2002/2003 Winter Bloom

To elucidate the factors contributing to the high abundance of large phytoplankton in October 2002 (Figure 3), we created maps showing the spatial distribution of the satellite-derived fractional contribution of the nano/micro-phytoplankton assemblage \( F_{n,m} \) between late-September and late-October (Figure 4). We chose this period in order to fully capture the onset and progression of the event observed in Figures 2 and 3. Following 22 September 2002, a small localised region characterised by a higher fraction of nano/micro-phytoplankton \( (F_{n,m} = 0.3-0.6) \) is apparent in the central Red Sea (black box, Figure 4a). This region is situated closer to the eastern (Arabian) coastline, although waters characterised by a higher fraction of larger cells can be detected extending towards the western (African) coastline. In the week following 30 September, the region develops into mesoscale cyclonic eddy and a higher fraction of larger cells can be observed in its' periphery \( (F_{n,m} > 0.6, \text{ Figure 4b).} \) Simultaneously, a mesoscale anticyclonic eddy develops further south, which can be identified as a localised region where there is a reduced fraction of nano/micro-phytoplankton \( (F_{n,m} < 0.2, \text{ Figure 4b,c).} \) In the weeks following the 8 and 16 October 2002, this eddy dipole intensifies and \( F_{n,m} \) increases considerably in the regions occupied by the upper cyclonic eddy \( (F_{n,m} < 0.8) \) and the convergence zone where the peripheries of the two eddies meet (Figure 4c,d).

A filament of water masses characterised by a larger fraction of nano/micro-phytoplankton \( (F_{n,m} = 0.3 - 0.4) \) appears to be advected from the region of mesoscale eddy activity in the central Red Sea, traveling northwards along the eastern coastline (Figure 4d). From 24 October 2002, a clear enhancement in the fractional contribution of nano/micro-phytoplankton can be observed over the northern and central Red Sea \( (F_{n,m} = 0.4 - 0.8) \), and the pathway of water mass transport follows the eastern coastline of the northern Red Sea. After reaching the northern end of the Red Sea, the water masses rotate westwards along the northernmost boundary and traveling southwards along the northwest coastline (Figure 4e). Higher values of \( F_{n,m} \) can be observed across the majority of the northern and central Red Sea (Figure 4e).

The overall development and progression of this event can also be detected in the monthly anomaly of the fractional contribution of the nano/micro-phytoplankton assemblage for October 2002 (Figure 5). The fraction of nano/micro-phytoplankton is more than 25% higher than average in the central Red Sea (in comparison with all Octobers during 1998–2018), corresponding to the region of strong eddy activity (Figure 4). The advection of water masses characterised by higher fractions of larger cells \( (F_{n,m} = 0.05 - 0.15, \)
Figure 4d,e) can also be seen extending northwards from the Central Red Sea along the eastern coastline of the northern Red Sea, towards the northernmost part of the basin.

Figure 5. Monthly anomaly of the fractional contribution of nano/micro-phytoplankton ($F_{n,m}$) to total Chl-a concentration in October 2002. Positive (negative) values shown in red (blue) represent higher (lower) fractions of nano/micro-phytoplankton in comparison to the climatological average computed for the period 1998–2018.

To further corroborate the observed relationships between regional circulation dynamics and the increase in the abundance of large cells during September/October 2002 (Figures 4 and 5), we generated a monthly composite of sea level anomaly (SLA), representing the period between 15 September and 15 October 2002 (Figure 6). We also present the anomalies of the geostrophic velocities, overlaid on top of the SLA, as represented by the black vector fields. This period was selected in order to highlight circulation patterns during the initiation and peak of the 2002/2003 winter bloom (as seen in Figure 3). The mesoscale eddy dipole in the central Red Sea can clearly be observed in the monthly map, as shown by the counter-clockwise (clockwise) rotating vector fields in the northern (southern) parts of the dipole region (~18N). The position of the strong cyclonic eddy also coincides with the region of increased values of $F_{n,m}$ observed in the central Red Sea (as seen in Figures 4 and 5). A prominent northward flow can be observed along the eastern coastline of the northern and central Red Sea, which is analogous with the apparent northward advection of water masses characterised by larger cells observed in Figures 4 and 5.
A prominent northward flow can be observed along the eastern coastline of the northern and central Red Sea, which is analogous with the apparent northward advection of water masses characterised by larger cells observed in Figures 4 and 5.

Figure 6. Average sea level anomaly (m) between 15 September and 15 October 2002. Values shown in red (blue) represent a higher (lower) sea level anomaly (SLA), respectively. Regions highlighted in blue represent cyclonic structures, whilst anti-cyclonic features are shown in red. The black arrows indicate the geostrophic velocities anomaly and highlight the mesoscale eddy dipole in the central Red Sea.

3.4. Exploring Potential Links between the 2003 Winter Phytoplankton Bloom and Fisheries

We highlighted the interannual variability of phenological metrics associated with the large phytoplankton assemblage (phytoplankton cells, >2 µm) in the northern and central Red Sea. We subsequently identified a winter bloom that initiated in late September 2002 and subsisted until May 2003—the longest winter bloom duration recorded over the last 20 years (Figures 2 and 3). To put these findings in the context of fisheries, we present time series corresponding to the total landings (tonnes) of two pelagic fisheries groups—Sardinella spp. and Squid spp. (Teuthida, genus not provided) reported in the Northern and Central Red Sea ecoregion for the period spanning 1998–2014 and 1998–2016, respectively (black lines, Figure 7).

In order to investigate the relationship between phenology and fisheries, we also present the interannual anomalies of phytoplankton bloom initiation and bloom duration (highlighted in green) versus the two pelagic fisheries groups (in black, Figure 7). We note that we subtracted one year from the time series of fisheries landings in Figure 7, so the plotted time series actually corresponds to one year after the phytoplankton bloom (year $t + 1$). This was done because a 1-year lag was identified between phytoplankton phenology metrics and fisheries landings (see Discussion).
Overall, the annual anomalies of the initiation and duration of phytoplankton growth show clear negative and positive relationships with the landings of *Sardinella* spp., respectively (please note the reversed y-axes in Figure 7a,c). Although the correlations between *Sardinella* spp. and bloom initiation \( r = -0.34, p > 0.05, n = 16 \) and duration \( r = 0.23, p > 0.05, n = 16 \) (Figure 7a,b) are not significant at 95% level, higher (lower) landings of *Sardinella* spp. are observed in years when the bloom initiation occurs earlier (later). The maximum catch in *Sardinella* spp. in year \( t + 1 \) (2004) (≈1750 tonnes more than the mean annual catch) coincides clearly with the earliest bloom initiation (≈8 weeks earlier), and the longest bloom duration (≈11 weeks longer), associated with the autumn/winter of 2002/2003 (year \( t \)). Significant relationships can be observed between the catch of *Squid* spp. and the annual anomalies of bloom initiation \( r = -0.59, p < 0.05, n = 18 \) and duration (and \( r = 0.48, p < 0.05, n = 18 \)). The maximum catch of squid in 2004 also coincides with the earliest bloom initiation and longest bloom duration in 2002/2003, and remains higher for the consecutive two years (Figure 7c,d). After this, total landings decrease and fluctuate between 100–250 tonnes for the remainder of the study period.

4. Discussion

Using the phytoplankton size model of Gittings et al. [44], we derived remotely-sensed Chl-a concentrations for large phytoplankton (cells > 2 µm) in the northern and central Red Sea. We then investigated the interannual variability of their phenology metrics (initiation, duration and termination) over a 21-year study period (1998–2018) and explored the ecological implications of our results by linking the observed trends with fisheries dynamics. The annual phenology metrics exhibit fluctuating periods of negative and positive phases (Figure 2). Between 2002 and 2008, winter phytoplankton growth periods of large phytoplankton were generally characterised by an earlier initiation...
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(negative anomaly), delayed termination (positive anomaly), and longer duration (positive anomaly) (Figure 2). These results are generally consistent with the study by Raitos et al. [11], who revealed that phytoplankton abundance and phenology in the Red Sea vary in conjunction with fluctuating phases of the Multivariate El Niño Southern Oscillation Index (MEI). During positive MEI phases, such as the period between 2002 and 2008 (see Raitos et al. [11] their Figure 1), southwesterly winds associated with the winter Arabian monsoon intensify over the Southern Red Sea, driving increased horizontal advection of nutrient-rich surface waters from the Indian Ocean (Gulf of Aden). Consequently, winter phytoplankton abundance has been shown to increase by up to 75% in the Red Sea during positive MEI phases and winter growth periods are prolonged by an average of ~2 weeks, primarily due to the earlier initiation of phytoplankton growth [11]. Analogously, the delayed initiation and shorter duration we observed between 1998 and 2002 and 2013–2018, is likely associated with negative MEI (La Niña) phases. During negative MEI, the winter monsoon winds are weakened, driving reduced volume transport of nutrient-rich waters from the Gulf of Aden. This delays the initiation of the winter phytoplankton growth period and reduces its magnitude. We note that the northernmost region of the Red Sea does not emulate this pattern, as phytoplankton dynamics in this region are primarily governed by the strength of winter convective mixing, as typically observed in other tropical marine systems [12,27–29,32,33]. Despite the larger study region used in our study, our results are also consistent with Gittings et al. [12], who detected similar patterns of interannual variability in the phenology anomalies of Chl-a in a smaller part of the northern Red Sea (>25.5°N). Accordingly, the interannual variability of large phytoplankton in the northern and central Red Sea is likely controlled by a combination of the two mechanisms that bring nutrients to the sunlit zone; vertical mixing from convection in the far northern Red Sea, and the horizontal advection of fertile water masses originating from the Gulf of Aden.

One of the most interesting results of our analysis relates to the winter bloom of 2002/2003. The bloom initiation occurred in mid-September 2002—the earliest detected over the 21-year study period (Figures 2 and 3). $C_{n,m}$ during this year subsequently peaked in mid-October (~0.36 mg m$^{-3}$), which also constituted the highest winter concentrations of nano/micro-phytoplankton observed over the entire study period (Figure 3). $C_{n,m}$ remained elevated until the beginning of May 2003, resulting in a phytoplankton bloom that was almost three months longer than the climatological average (Figures 2 and 3). As previously discussed, the MEI transitioned from a negative (La Niña) to positive (El Niño) phase in 2002 (Raitsos et al. [11] their Figure 1). We speculate that the commencement of the winter Arabian monsoon in October 2002, combined with the establishment of an El Niño phase, increased the horizontal advection of nutrient-rich water masses from the Gulf of Aden into the Red Sea, which contributed to: (1) a stronger winter phytoplankton bloom (Figure 3); and (2) a bloom characterised by an earlier initiation and longer duration (Figure 2). However, spatial analysis of this event revealed that the fractional contribution of large phytoplankton increased earlier (towards the end of September), predominantly in the central Red Sea (black box, Figure 4a), and continued to increase throughout October (Figure 4b–e). The horizontal circulation of the Red Sea is known to be influenced by the frequent occurrence of mesoscale eddies, particularly in the central part of the basin [30,57,67–72]. Between mid-September and the end of October 2002, we detected a pair of mesoscale eddies in the central Red Sea—a cyclonic eddy in the northern part and an anticyclonic eddy in the southern part of the province (e.g., Figures 4c, 5 and 6). This eddy dipole could be associated with wind jets that blow through the Tokar Gap into the Red Sea, and has been previously reported to occur in the central Red Sea (~19°N) during the summer monsoon (June-September) [73–75]. Cyclonic eddies are known to be of biological importance, as they are associated with the upwelling of colder, nutrient-rich waters to the surface layer. One potential source of nutrients could relate to the summer subsurface intrusion of fresher, nutrient-rich Gulf of Aden Intermediate Water (GAIW)). Model simulations and analyses using in situ datasets have demonstrated that GAIW...
propagates northwards following its intrusion during summer [26,70,76–78]. As GAIW moves northwards, mixing between GAIW and the surface waters has the potential to redistribute nutrients to the surface layer, stimulating phytoplankton growth. Hence, the large increase in the concentration/fraction of large phytoplankton in the Central Red Sea could be attributed to increased nutrient availability via upwelling associated with a cyclonic eddy. In accordance with our results, Kurten et al. [79] detected higher Chl-a concentrations attributed to micro-phytoplankton (e.g., diatom spp., such as Thalassiosira subtilis and Pseudo-nitzschia cuspidate) in the central regions of the Red Sea during spring, as a result of cyclonic eddy activity. Similarly, Zarokanellos et al. [80] reported that a cyclonic eddy detected in the central Red Sea during spring was associated with the upward flux of nutrients into the euphotic zone, which contributed to higher Chl-a concentrations.

Aside from vertical mixing processes, mesoscale eddy activity and large-scale circulation features have been shown to facilitate the horizontal exchange of water masses from coastal to offshore waters, as well as to more distant coastal regions. For example, Raisos et al. [30] demonstrated that mesoscale circulation features, such as anticyclonic eddies, may advect nutrient-rich water masses for distances exceeding 250 km, in less than two weeks, between distant coral reef complexes that line the eastern and western coastline of the Red Sea. These dynamic circulation patterns may further increase nutrient availability and enhance phytoplankton growth in offshore waters (e.g., Figure 4b). In agreement with previous studies, we found evidence of water mass transport from the central region of eddy activity towards the northern Red Sea, along the eastern coastline (Figure 4d,e, Figures 5 and 6). We speculate that this filament, characterised by a higher fraction of large phytoplankton (and most likely higher concentrations of nutrients), can be attributed to the interaction between the cyclonic eddy in the central Red Sea (Figures 4 and 5) and the eastern boundary current in the northern Red Sea [76,81,82].

Our results indicate a direct linkage between the timing of winter blooms of larger phytoplankton cells, and the landings of commercially important fisheries in the northern and central Red Sea. Although the diet of the larvae of Sardinella spp. may be diverse, studies in other oceanic regions have shown that they regularly feed directly upon larger phytoplankton cells (e.g., diatoms), depending on the regional environmental conditions [66,83]. As we cannot confirm the specific species of Sardinella associated with the landings data in our study, it is difficult to know the exact spawning season of the Sardinella spp. analysed in our study. However, the main spawning season of the Indian oil sardine (Sardinella longiceps) has been reported to occur between June and September in the nearby Arabian Sea, coinciding with the summer monsoon [84–86]. A similar spawning season (April–September) was reported for Sardinella fimbriata in the Arabian Gulf [87]. Thus, we hypothesise that the positive relationship between the annual timings of bloom initiation/duration, and the catch of Sardinella spp. in the following year, can be explained by a typical match-mismatch scenario [88,89]: in years when the winter bloom initiates earlier (e.g., ~8 weeks in 2002/2003), there is a higher abundance of food (plankton) in the latter stages of the spawning season and Sardinella larva subsequently have enough food to grow and survive during their most vulnerable life stage, leading to enhanced recruitment and a higher catch in the following year. Supporting this, maximum landings of Sardinella spp. were reported in 2004—one year after the 2003 winter bloom (Figure 7). Conversely, when the initiation of bloom is delayed, food availability for Sardinella larva is low and a higher proportion of larvae do not survive. This impacts recruitment success, and consequently, the total catch in the following year. These results agree with Kassi et al. [66], who found that a large portion of the interannual variability observed for the catch of Sardinella aurita in waters of the Ivorian Coast (West Africa) could be attributed to the timing of phytoplankton bloom initiation in the previous year. Additionally, Tzanatos et al. [65] also observed a 1-year lag between the Landings per Unit of Effort (LPUE) of several commercially important fish and squid species and sea surface temperature in the Mediterranean, and proposed that the impacts of warmer conditions, may reduce phytoplankton biomass, and potentially affect fisheries landings in the successive years.
We detected comparable relationships between bloom phenology and the total landings of *Squid* spp., which are known to be a commercially and economically important fishery in the Red Sea (Figure 7) [90]. Although little is known about the seasonal spawning dynamics of squid in the Red Sea, previous reports indicate that spawning may occur between August–October in the Indian Ocean [91]. Therefore, years characterised by higher landings of *Squid* spp. may also be attributed to increased food availability and higher recruitment success during the spawning season of the previous year.

5. Conclusions

To the best of our knowledge, the analysis presented in this paper comprises the first attempt to assess the linkages between the interannual variability of satellite-derived ecological indicators and fisheries dynamics in the Red Sea. Using a two-component phytoplankton size class model, re-parameterised for the Red Sea, we derived the Chl-a concentration attributed to large phytoplankton (cells larger than 2 µm) and examined the interannual variability of phenology metrics associated with this partitioned size class.

The phenology of larger phytoplankton size classes in the study region exhibits an interannual variability, which can likely be explained by a combination of two physical mechanisms that are known to influence the concentration of nutrients in the northern and central Red Sea: (1) horizontal advection of nutrient-rich water masses from the Gulf of Aden and redistribution of eddies; and (2) winter convective mixing in the northernmost regions of the Red Sea. We revealed the occurrence of an anomalously long winter phytoplankton bloom in the autumn/winter of 2002/2003, which was characterised by a markedly earlier bloom initiation (~8 weeks earlier than average) and a substantially prolonged duration (~11 weeks longer). Spatial analysis of this event revealed that mesoscale circulation features, predominantly the occurrence of a strong eddy dipole in the central Red Sea, increased nutrient availability that enhanced the growth of large phytoplankton across the broader northern and central Red Sea. We stress that the timing of food availability may directly impact the recruitment success of higher trophic levels, as represented by the maximum catch of two commercially important fisheries (*Sardinella* spp. and *Teuthida*) in the year following the blooming event of 2002/2003.

In regions where in situ datasets are scarce, satellite-derived ecological indicators are likely to become essential for understanding the large-scale trophic dynamics of marine ecosystems. The observed linkages between satellite-derived phytoplankton phenology metrics and fisheries may serve as an early “warning system” [92] where an anomalous alteration to bloom timing is an indication that the landings of commercially important species may be impacted in the following year. This is important for policy makers who are responsible for the development and implementation of ecosystem management strategies.

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