Abstract. The aim of the present study was to examine and discuss the association between multidrug resistance 1 gene (MDR1) of gastrointestinal tumors, the expression of P-glycoprotein and resistance to chemotherapeutic drugs. In this study, 126 cases of patients with gastrointestinal tumors admitted to hospital from February 2013 to February 2015 were selected. The expression levels of MDR1 gene were observed in the control population and patients before and after treatment by fluorescent quantitative PCR. The protein expression level of P-glycoprotein was determined using western blotting and enzyme-linked immunosorbent assay. In addition, drug resistance was assessed by ATP-TCA chemosensitivity experiments. The results showed that before treatment, the expression of mRNA in MDR1 of tissues of gastrointestinal tract of the 126 cases was 108-fold larger than that of the gastrointestinal tract of the controls (p<0.05), P-glycoprotein was 87-fold larger than the expression level of the controls (p<0.05). The sensitivity of 126 tumor tissues to different chemotherapeutic drugs was determined, and the results showed that most of the tumor tissues were sensitive to chemotherapeutic drugs, and the sensitivity rate reached 96.4%. Following chemotherapy, the expression of mRNA in MDR1 of tumor tissues and the expression of P-glycoprotein decreased (p<0.05). In conclusion, the MDR1 gene and P-glycoprotein have a positive correlation with the occurrence of gastrointestinal tumors, and a negative correlation between the MDR1 gene and P-glycoprotein with resistance of chemotherapeutic drugs. Therefore, the MDR1 gene and P-glycoprotein can be used as references in the identification and diagnosis of gastrointestinal tumors.

Introduction

The continuous development of economy and technology have led to improvements in both living standard and quality of life, yet this has been coupled with an increase in several diseases. Fang et al suggested that currently, malignant tumor has become the fourth ranked disease, followed by cardiovascular diseases, hypertension and diabetes (1). Additionally, Ren et al suggested that malignant tumor is a major disease that affects healthy living, and its incidence is 24.6% of the total incidence in China (2). Wang et al showed that in comparison to tumors on other sites, gastrointestinal tumors (gastric, colon and esophageal cancer) are more accelerated in growth, which leads to difficulty in treating advanced stages, and high recurrence (3). The current treatments of gastrointestinal malignant tumors include surgery, radiation therapy and chemotherapy, the latter of which treatment constitutes the primary treatment.

Oshikata et al identified that different tumor cells have different resistance which influence chemotherapeutic effects to some extent (4). Consequently, it is crucial for studies to be conducted on tumor cell resistance. A study by Correia and Bissell showed that the multidrug resistance (MDR) of tumors causes many different metabolism transduction mechanisms, cytotoxicity (toxic effects of different drugs gather in cells) and other factors, as the resistance of tumor cells is very complex (5). Xuemin and Shusheng demonstrated that as the MDR gene-coded product, P-glycoprotein is mainly located on the surface of the membrane and can participate in intercellular communication and communication among cells as an ATP-dependent transmembrane transporter to some extent (6). Findings have shown that P-glycoprotein can be regarded as cells that indicate a type of channel protein of...
one-way drug output, which can transport intracellular medicine out to decrease intracellular concentrations of relevant drug in the cell (7,8). In this study, according to the expression levels of \( \text{MDR1} \) gene and P-glycoprotein of gastrointestinal tumors in different tumor environments, we studied the association between \( \text{MDR1} \) gene, P-glycoprotein and resistance of gastrointestinal tumors in order to provide theoretical and experimental references for reasonable chemotherapeutic drugs in the clinic.

### Patients and methods

**General information.** In total, 126 cases of patients with gastrointestinal tumors (colon cancer, esophageal cancer and gastric cancer) admitted to the Liaocheng People's Hospital (Shandong, China) from February 2013 to February 2015 were selected for the present study. Prior to the experiment, the subjects did not receive any chemotherapy, radiation therapy or immunotherapy, to treat the gastrointestinal tumors. Following surgery, CT scan and other detection methods, there were 38 samples with colon cancer, 46 samples with esophageal cancer and 42 samples with gastric cancer in 126 tissue samples. The average age of patients was 48.6±27.3 years, the disease duration was 4.3±1.2 years and there were 87 males and 39 females. There were 47 well-differentiated cases, 38 moderate differentiation cases and 41 poor differentiation cases. This study was approved by the Ethics Committee of Shandong University. Signed written informed consents were obtained from all participants before the study.

**Methods**

**Clinical specimens.** We randomly divided the selected samples into three equal parts and preserved them in liquid nitrogen at -196°C. One part was preserved for mRNA extraction, one for detection of the expression of P-glycoprotein and one for ATP-TCA (tumor chemosensitivity assay).

**Extraction of RNA in tissue samples and RT-PCR.** We extracted RNA from the controls and patients with gastrointestinal tumors in samples (before and after treatment) as described below. Small tissue sample (0.1 g) was thawed on ice, followed by the addition of 0.45 ml of RNA Plus. The tissue was ground in a pre-cooling mortar in a 1.5-ml tube, followed by the addition of 0.45 ml RNA Plus. The contents were then centrifuged at 1,500 x g for 5 min, followed by the addition of 200 µl of chloroform and the tube was agitated for 15 sec. The solution was centrifuged again at 10,000 x g for 10 min at 4°C. The supernatant was removed, 750 µl of 75% ethanol was added and the samples were placed on the ice for 10 min. The contents were centrifuged again at 10,000 x g for 10 min at 4°C. The supernatant was removed, and residual ethanol was also removed as much as possible. Finally, a moderate volume of water was added to recover the RNA pellet.

Fluorescence quantitative PCR was used to detect the expression of \( \text{MDR1} \) gene. Oligon 7.0 software was used to design primers (upstream, 5'-CCCATCTTGGCATTACG AGG-3' and downstream, 5'-G3TCAAACTYCTGCTCC TGA-3'). Reaction set up for fluorescence quantitative PCR consisted of 5 µl of SYBR-Green and 0.5 µl of forward primer, 0.5 µl of reverse primer, 1 µl of RT product and 3 µl of ddH2O. The reaction was conducted at 95°C for 5 min, at 95°C for 10 sec, at 60°C for 30 sec, 40 cycles, at 65°C for 10 sec and at 95°C for 10 sec.

**P-glycoprotein expression.** The expression of P-glycoprotein was measured using enzyme-linked immunosorbent assay (ELISA) (Roche Diagnostics, Basel, Switzerland). Absorbance was measured at 450 nm after the reaction, and the protein expression was calculated according to the standard protein curve. In addition, we verified the results of ELISA by western blotting, as described elsewhere (9). All kits were purchased from Thermo Fisher Scientific (Waltham, MA, USA). Rabbit monoclonal P-glycoprotein antibody (dilution, 1:500; cat. no. ab70904) and secondary goat anti-rabbit (HRP) IgG antibody (dilution, 1:2,000; cat. no. ab6721) were purchased from Abcam (Cambridge, MA, USA). The procedure was conducted as per instructions of the kit.

**Selection of chemotherapeutic drugs.** We selected chemotherapeutic drugs with obvious effects on colonic, esophageal and gastric cancer, by including 10 types of drugs, including methotrexate, cisplatin, fluorouracil, Adriamycin, paclitaxel, oxaliplatin, calcium folinate, etoposide, xeloda and irinotecan. We used proper concentrations of these chemotherapeutic drugs to conduct related experiments and set proper experimental concentrations. According to pharmacokinetic guidance, we calculated the concentration of plasma value as \((\mu g/ml) = 50 \times \text{daily dosage in clinic (mg/kg)} \times 10^3/5,000\).

**Detection of tumor resistance.** We used currently accepted ATP-TCA to perform experiments of chemosensitivity on related tissues. First, we dissected tumor tissues into small...
sections of 0.5-1 mm³ on ice. Subsequently, pancreatin was used for digestion at 37°C, with the concentration adjusted to 2x10⁴/ml. Subsequently, single cell suspension was cultivated in a 96-well plate with 2x10⁴ cells in each well. The corresponding anticarcinogen was added into each well as described in the experimental design (Table I).

The plates were placed in a 5% CO₂ incubator for 3-4 days at 37°C, and 0.1 ml of ATP extract of tumor cells was added to the incubator. The plates were placed at room temperature for 20-30 min, and were mixed gently. Mixture (0.05 ml) was taken into the detecting board, and detected after the addition of 0.05 ml of LU-LU. The inhibition ratio was calculated as: \(1 - \frac{x - Mi}{M0 - Mi}\), where \(x\), \(M0\) and \(Mi\) were inhibitory rates of fluorescence intensity, and IC₅₀ and IC₉₀ were calculated on the basis of the above data. The effects of different drugs on the inhibitory rates of tumors were evaluated according to the Kurbacher standard.

Statistical analysis. SPSS 20.0 statistical software (Chicago, IL., USA) to analyze obtained data. The data were presented as mean ± standard deviation to indicate related measurement results, and \(\chi^2\) was used for the measurement data. P<0.05 was considered statistically significant.

Results

mRNA expression of MDR1 in different gastrointestinal tumors. As shown in Fig. 1, in comparison to the mRNA expression of MDR1 in tissues of the normal digestive tract, the mRNA expression of MDR1 in samples of patients with gastrointestinal tumor were significantly higher (p<0.05). The mRNA of MRD1 was differentially expressed in the different gastrointestinal tumors.

Expression of P-glycoprotein in different gastrointestinal tumors.

We detected the expression of P-glycoprotein in different gastrointestinal tumors according to ELISA (Table II). In comparison to the control group, the expression of P-glycoprotein in different gastrointestinal tumors was significantly enhanced (p<0.05) (Table II). We found a similar observation from the western blotting results (Fig. 2). The expression of P-glycoprotein in different gastrointestinal tumors was significantly higher than that in tissues of controls (p<0.05).

Experiments of chemosensitivity by ATP-TCA. We found that different gastrointestinal tumors have different sensitivities to different chemotherapeutic drugs, with gastric cancer having the lowest sensitivity (Table III).
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Table III. Detection of sensitivity for different gastrointestinal tumors to different chemotherapeutic drugs.

| Items           | Insensitive to all chemotherapeutic drugs | Sensitive to 1-4 types of chemotherapeutic drugs | Sensitive to 5-9 types of chemotherapeutic drugs | Sensitive to all chemotherapeutic drugs |
|-----------------|-----------------------------------------|-------------------------------------------------|-------------------------------------------------|----------------------------------------|
| Colonic cancer  | 38                                      | 6                                               | 11                                              | 21                                     | 0                                      |
| Esophageal cancer | 46                                      | 0                                               | 21                                              | 20                                     | 5                                      |
| Gastric cancer  | 42                                      | 16                                              | 26                                              | 0                                      | 0                                      |
| Total           | 126                                     | 22                                              | 58                                              | 41                                     | 5                                      |

Discussion

Previous findings suggested that currently, malignant tumors have become a major burden to society (10,11). In recent years, its morbidity in China is on the increase. According to statistical information from the Chinese Health Ministry in 2014, the lethality rate ranks second among urban and rural residents in China, which is almost 25.45% of the total number of deaths. The current treatments for gastrointestinal tumors are mainly exairesis, radiation therapy and chemotherapy (12-14). Of these treatments, exairesis cannot remove tumors that have formed or transferred (15). Therefore, it is mainly used in the early stage, and it is ineffective in treating malignant tumors, or tumors in the late stages and cancer (16). Compared with exairesis and radiation therapy, chemotherapy has been widely applied in the treatment of malignant tumors, especially gastrointestinal tumors. Statistical information suggests that its total effective rate can reach up to 30% (17).

During the progress of chemotherapy, the drugs with chemical toxicity enter tumor cells to kill them. Therefore, tumor cell resistance is very important for chemotherapy. Solbach et al suggested that the occurrence of tumor cell resistance to chemotherapeutic drugs can be divided into two categories (18). One is primary drug resistance, meaning it is formed naturally and is not associated with medication in the late stage, and the other is acquired drug resistance, meaning that it is formed by related selectivity of chemotherapeutic drugs or induction. Previous findings showed that P-glycoprotein containing MDR1 gene encode can be regarded as one-way transport protein in cells (19,20). Additionally, P-glycoprotein can remove chemotherapeutic drugs in tumor cells in order that tumor cells are not killed by chemotherapeutic drugs (21). In this study, we found that the mRNA levels of MDR1 in different gastrointestinal tumor cells had substantially increased, and their contents were significantly different from those in controls (p<0.05). The levels of P-glycoprotein in the controls were also significantly different from those in patients with gastrointestinal tumors (p<0.05). These results suggest that MDR1 and P-glycoprotein are related to gastrointestinal tumors. According to the analysis of the experimental results of resistance of patients with different gastrointestinal tumors by ATP-TCA, we identified that most gastrointestinal tumors were sensitive to chemotherapeutic drugs, albeit their sensitivity was different. According to detection of the expression of MDR1 and P-glycoprotein in the samples of the same patient before and after chemotherapy, the expression of MDR1 and

chemotherapy. According to the results of the mRNA expression of MDR1 in the tissue samples from patients with gastrointestinal tumors before and after chemotherapy (Fig. 3), we found that the mRNA expression of MDR1 in samples from patients with gastrointestinal tumors after treatment were significantly lower than that before treatment (p<0.05), suggesting that chemotherapeutic drugs can decrease the mRNA expression of the MDR1 gene.

Expression of P-glycoprotein of patients with gastrointestinal tumors using the same type of drugs before and after chemotherapy. According to the results of the expression of P-glycoprotein in samples from patients with different gastrointestinal tumors before and after chemotherapy (Table III and Fig. 4), the expression of P-glycoprotein in samples from patients with gastrointestinal tumors after chemotherapy were significantly lower than that before treatment (p<0.05), suggesting that chemotherapeutic drugs can decrease the expression of P-glycoprotein of patients to some extent.
M. P-glycoprotein after chemotherapy was decreased compared to that before chemotherapy, suggesting chemotherapeutic drugs can influence the expression of MDR1 and P-glycoprotein to some extent to decrease related tumor cell resistance.

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