Increase of genetic diversity and clonal replacement of epidemic methicillin-resistant Staphylococcus aureus strains in South-East Austria

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One sentence summary: Changes in the epidemiology of MRSA clones in Austria.

ABSTRACT

Spa-typing and microarray techniques were used to study epidemiological changes in methicillin-resistant Staphylococcus aureus (MRSA) in South-East Austria. The population structure of 327 MRSA isolated between 2002 and 2012 was investigated. MRSA was assigned to 58 different spa types and 14 different MLST CC (multilocus sequence type clonal complexes); in particular, between 2007 and 2012, an increasing diversity in MRSA clones could be observed. The most abundant clonal complex was CC5. On the respective SCCmec cassettes, the CC5 isolates differed clearly within this decade and SCCmecI, the South German MRSA, predominant in 2002, was replaced by SCCmecII, the Rhine-Hesse MRSA in 2012. Whereas in many European countries MLST CC22-MRSA (EMRSA 15, the Barnim epidemic MRSA) is predominant, this clone occurred in Austria nearly 10 years later than in neighbouring countries. CC45, the Berlin EMRSA, epidemic in Germany, was only sporadically found in South-East Austria. The Irish ST8-MRSA-II represented by spa-type t190 was frequently found in 2002 and 2007, but disappeared in 2012. Our results demonstrate clonal replacement of MRSA clones within the last years in Austria. Ongoing surveillance is warranted for detection of changes within the MRSA population.

Keywords: MRSA; Austria; mecC; PVL; microarray; epidemiology

INTRODUCTION

Over the last six decades, methicillin-resistant Staphylococcus aureus (MRSA) spread over the whole world and has become a global public health threat. Primarily MRSA was restricted to hospitals (hospital-acquired MRSA), where few, multiresistant strains dominated (Grundmann et al. 2010; Kinnevey et al. 2014; Stryjewski and Corey 2014). For the last three decades, MRSA could also be found outside this setting (community-acquired MRSA, CA-MRSA) (Kock et al. 2014). For the last three decades, MRSA could also be found outside this setting (community-acquired MRSA, CA-MRSA) (Kock et al. 2014). Most of these CA-MRSA strains carry the Panton-Valentine leukocidin (PVL), a virulence factor associated with soft tissue infection or skin infections (Chambers and Deleo 2009; Albrecht et al. 2011; Otto 2013; Kock et al. 2014). Another development was the occurrence of so-called livestock-associated MRSA (LA-MRSA) linked with mainly pig farming and is therefore found besides the animals, in people with contact to these. Spread from human to human is rarely seen in LA-MRSA, and LA-MRSA seems to have a reduced repertoire of virulence factors. In Austria, the first LA-MRSA was detected in 2004, with increasing numbers up to now (Huijsdens et al. 2006; Witte et al. 2007; Zarfel et al. 2013). While these changes within the MRSA population were observed,
MATERIAL AND METHODS

Bacterial isolates

The study was performed at the Institute of Hygiene, Microbiology and Environmental Medicine, Medical University Graz, Austria. Clinical samples were obtained from the University Hospital of Graz (approximately 1200 beds), from eight peripheral hospitals and from local practitioners in the district Styria, in the South-East Austria. MRSA isolates of every fifth year were included, resulting in 2629 Staphylococcus aureus single-patient isolates in the year 2002, 2823 in the year 2007 and 2772 in the year 2012. From those, MRSA isolates were found in 96 patients (3.65%) in 2002, 72 (2.55%) in 2007 and 159 (5.74%) in 2012. Over study period, only one MRSA isolate per patient was included. MRSA isolates were from hospitalised or from outpatients, distribution as was follows: hospitalised/outpatient was 45 (46.9%)/51 (53.3%) in 2002, 37 (51.4%)/35 (48.6%) in 2007 and 71 (44.6%)/88 (55.4%) in 2012. Distribution to gender was as follows: male/female was 62 (64.6%)/34 (35.4%) in 2002, 41 (56.9%)/31 (43.1%) in 2007 and 89 (56.0%)/70 (44.0%) in 2012. Bacterial identification and antibiotic susceptibility testing was performed by using the semi-automated VITEK II instrument (bioMérieux, Marcy l’Etoile, France). Since 2002 all MRSA primary isolates were routinely stored at −70 °C. For this study, MRSA were retested, and resistance to cefoxitin was confirmed by Etest (AB Biodisk, Solna, Sweden).

Spa typing

Spa typing, DNA purification and PCR were performed as described previously (Grisold et al. 2009). The spa types and appropriate BURP clusters were assigned by using Ridom StaphType software (http://www.ridom.de/staphtype).

DNA microarray

For genetic characterization, diagnostic DNA microarray (Identibac, UK; StaphyType, Alere Technologies GmbH, Germany) was used, analysing the MRSA isolates for the presence of over 300 different genes. Protocols have been previously described in detail and are also provided by the kit’s manufacturer (Monecke et al. 2007).

Statistical analyses

The statistical analyses were conducted using R® Version 3.2.1, a free software environment for statistical computing (www.r-project.org). Group-specific proportions were tested on their equality by a two-sided binomial test.

RESULTS

A total of 327 MRSA isolates from Austria detected between 2002 and 2012 were investigated, including 96 MRSA isolates from 2002, 72 from 2007 and 159 from 2012. A significant reduction in MRSA cases was observed between 2002 and 2007 (P = 0.023). In contrast, a significant increase in the prevalence of MRSA was observed between 2007 and 2010 (P < 0.01). MRSA isolates were spa typed and analysed with microarray chip. All together, the analysed MRSA isolates belonged to 58 different spa types and 14 different MLST clonal complexes (CCs). Concerning spa types and MLST CCs in 2002, 14 different spa types and six MLST CCs were detected. Eight of these spa types were found in 2002 only. In 2007, 20 spa types and eight MLST CCs were detected, seven of these spa types were found in 2007 only. In 2012, 40 spa types and 13 MLST CCs were detected. Notably 28 of these spa types and five MLST CCs could be detected in 2012 only. The proportion of the different MRSA clones and the temporal changes are shown in Fig. 1.

MLST CC5-MRSA

In all three investigated years (2002, 2007 and 2012), MLST CC5 was the dominant clonal complex with 160 of 327 investigated MRSA isolates (48.92%), representing 65/96 isolates (67.71%) in 2002, 28/72 (38.89%) in 2007 and 67/159 (42.14%) in 2012. On the respective SCCmec cassettes, the CC5 isolates differed clearly within the three years. In 2002, the CC5/SCCmecI (South German EMRSA) was predominant with 63 isolates, represented by the spa types t001, t041, t12555 and t12898 and in 2007 with 2010 < spa types t005. One CC22 isolate (t032) in 2012 was found as the dominant clone, with SCCmecII (Rhine-Hesse EMRSA) representing 58/159 (37.18%) isolates (t002, t003, t014, t626, t10303), representing a significant increase between 2007 and 2012 (P < 0.01). In 2012, also three CC5-MRSA with SCCmecIV were detected, two of them t002, which were also positive for the PVL toxin (the only PVL-positive CC5 isolates) and one t579 without PVL. In 2012, also two CC5-MRSA isolates harbouring SCCmecV were detected, both of which were assigned to spa-type t688.

MLST CC22-MRSA

The MLST CC22/SCCmecIV (EMRSA 15, the Barnim epidemic MRSA) was detected, with one exception, in 2012. In total, there were 36 isolates (22.64%) of CC22/SCCmecIV (t022, t032, t223, t1515, t1845, t11769) occurring in 2012 only, which means a significant increase (P < 0.01). In 2002, a single isolate could be assigned to CC22/SCCmecIV (t005). One CC22 isolate (t032) in 2012 harboured a SCCmecIV and additionally a SCCmecV cassette.
MLST CC8-MRSA

The MLST CC8 was the second most frequent clonal complex with 26/96 isolates (27.08%) in 2002 and 20/72 isolates (27.78%) in 2007. In 2012, 14/159 isolates (8.80%) were assigned to MLST CC8. SCCmec cassettes I-V could be found in isolates from this clonal complex.

The most frequent CC8 clone was CC8/SCCmecII with 10 isolates (Irish ST8-MRSA-II clone) in 2002 and 15 isolates in 2007, represented by spa-type t190 (no significant increase). In 2012, no isolate with t190 could be found. CC8/SCCmecII was represented by two t334 isolates. CC8/SCCmecIV (t008, t024, t036, t064, t622, t10437) was detected in a constant number throughout the investigated three years (ten isolates in 2002, four isolates in 2007 and nine isolates in 2012). Within the CC8/SCCmecIV isolates, the PVL toxin (US300 clone) was found in five isolates in 2012 (all t008), one isolate in 2007 (t622), but no PVL-positive CC8/SCCmecIV isolate was found in 2002. CC8 harbouring SCCmec was represented by only three isolates in 2002 (t008, t051) and one in 2007 (t2023); CC8 with SCCmecIII was found in three isolates (t030) in 2002 and three isolates (t037) in 2012. The t037 isolates harboured additionally to the SCCmecIII and a SCCmecV cassette.

MLST CC398-MRSA

There was no CC398-MRSA in 2002. In 2007 and 2012, CC398 (LA-MRSA) was represented by 8/72 (11.11%) and 13/159 (8.17%) isolates, respectively. A total of 20 isolates (t011, t034, t1250, t1451) harboured SCCmecV; one isolate (t034) revealed SCCmecIV, and all isolates were PVL negative. The proportion of CC398-MRSA remained stable between 2007 and 2012 ($P = 0.63$).

PVL-positive isolates

Within the study period, the number of the PVL-positive isolates increased, with 2/96 (2.08%) PVL-positive isolates in 2002 and 12/72 (16.67%) in 2007 (significant increase $P < 0.01$). No significant change in the percentage of PVL-positive isolates was found between 2007 and 2012 with 20/159 (12.58%) isolates ($P = 0.53$) in 2012. The dominant clones were the US300 clone CC8/SCCmecIV, the European CA-MRSA clone CC80/SCCmecIV and the Pacific clone CC30/SCCmecIV. The European CA-MRSA clone CC80/SCCmecIV (t044, t692, t1339, t4152) was detected in all three years with one isolate in 2002 and six isolates each in 2007 and 2012. The Pacific clone could be assigned to eight isolates (all t019), four isolates each in 2007 and 2012. There were two PVL-positive clonal complexes, MLST CC152 and CC88 which occurred only sporadically. The MLST CC152 was assigned to three isolates (one in 2002 and two in 2007), that was the only MLST type, which in this study did not occur in 2012.

Sporadic PVL-negative isolates

Six MLST CCs were represented by less than 10 isolates within the study period. CC45 was assigned to six isolates; five CC45 isolates with SCCmecIV; one (t004) found in 2002, two (t015) in 2007, two (t026, t371) in 2012 and one CC45 isolate (t331) with SCCmecV (2012). Two CC30/SCCmecIV (t190, t253) isolates without PVL were found in 2007.
All other sporadic PVL-negative MLST CCs were represented by one or two isolates and were all detected in 2012: two CC361/SCCmecV (t315), one CC59/SCCmecIV (t216), one CC6/SCCmecV (t701) and one isolate CC130/SCCmecXI (t4335). This isolate was the only one with SCCmecXI, so therefore it did not harbour the mecA gene but the mecC gene.

**DISCUSSION**

Infections caused by MRSA have globally reached epidemic proportions and are well established both in the healthcare setting and in the community (Diederan and Kuytmans 2006; Chambers and Deleo 2009; Stryjewski and Corey 2014). In some countries such as the United States, MRSA is among the most common causes of nosocomial infections (Uhlemann et al. 2014). The prevalence rate of MRSA in bloodstream infections (BSIs) in Europe is monitored by the European Antimicrobial Resistance Surveillance Network (EARS-Net). Annual rates of MRSA from BSIs reach from 0.7% for Norway to 64.5% for Romania. For Austria, MRSA in BSI was reported with 9.2% in 2013 (European Centre for Disease Prevention and Control 2010, 2014).

With the occurrence of MRSA strains in different settings, as well as in outpatients or livestock associated, an increasing number of circulating MRSA clones was observed, the clones obviously in competition with each other (Huijsdens et al. 2006; Chambers and Deleo 2009; Otto 2013).

At the beginning of this century, the South German type (CC5) was very common in different parts of Europe, Germany or Croatia; also for Austria, the South German MRSA was the dominant clone in 2002 (Budimir et al. 2010). But within the next five years, the South German type disappeared and was replaced mainly by the Rhine-Hesse type; this clone was already common in other parts of Europe such as Great Britain or Ireland (UK-EMRSA-3) (Hooker, Richardson and Cookson 1998; Aucken et al. 2002). For Austria, as found in this study, the South German type was still the predominant clone until 2007 but disappeared later, with only four MRSA isolates in 2012. It could be noticed that the South German type was replaced by the Rhine-Hesse type, which was the predominant clone in 2012 with 38.18% of all investigated MRSA isolates (Enright et al. 2002; Chambers and Deleo 2009; Albrecht et al. 2011).

A similar delay could be observed for EMRSA 15. In many European countries such as Germany, Ireland or Great Britain, EMRSA 15 is the predominant clone since the middle of the last decade (Amorim et al. 2007; Marchese et al. 2009; Grundmann et al. 2010; Albrecht et al. 2011). In Austria, the EMRSA 15 was found in one isolate only until 2012, but was the second most common clone in 2012, with 22.64%.

Beside CC5 and CC22, the CC8-MRSA, including the Irish ST8-MRSA-II and the USA300 clone, was continuously found throughout the study period. The Irish ST8-MRSA-II, represented by spa-type t190, was frequently found in 2002 (10.42%) and 2007 (20.83%); this spa type could not be found in any isolate in 2012. The high occurrence of spa190 in Austria was confirmed by a study from Ruppitsch et al. (2006) and Schmid et al. (2013), investigating MRSA from other parts of Austria, whereas there is no report of spa190 from neighbouring countries such as Germany (Ruppitsch et al. 2006; Cookson and HARMONY participants 2008; Albrecht et al. 2011; Schmid et al. 2013). In contrast CC45, the Berlin EMRSA clone which is epidemic in Germany was only found sporadically in Austria throughout the study period.

Although some other PVL-negative MRSA clones occurred sporadically throughout the study period, e.g. the USA600 (CC45) clone. The highest diversity of PVL-negative MRSA clones was found in 2012, including one CC130 isolate harbouring SCCmecXI with the new mecC variant, up to date only reported once for Austria. Isolates with SCCmecXI are described since only a few years, found both in humans and animals, such as cows (Smith and Cook 2005; Albrecht et al. 2011; Garcia-Álverez et al. 2011; Loncaric et al. 2013; Kerschner et al. 2014).

CA-MRSA showed high clonal diversity in this study with the majority of the strains belonging to a few predominant clones. The most epidemic clonal type among CA-MRSA in Europe is the European CA-MRSA clone (CC80/SCCmecIV), found in at least 11 European countries, as described by Rolo et al. For Austria, this clone was described first in 2001 and was the dominant CA-MRSA clone throughout the observed time period in this study (Kriziwanek et al. 2007; Rolo et al. 2012).

The USA300 clone (CC8) is epidemic in the USA, where it became a predominant strain. Additionally to the USA, the USA300 spread all over the world, with reports from Asia, Australia, South America and throughout Europe, but this clone did not become the predominant CA-MRSA in these countries. For Austria, the first report was published in 2003 and USA300 is found up to now constantly, but in annually low numbers (Kriziwanek et al. 2007; Chambers and Deleo 2009; Grisold et al. 2009). Since 2004, LA-MRSA/CC398 is also constantly found, mainly concentrated in two regions in Austria (Upper Austria and South-East Austria) with a high density of pig farming (Kriziwanek et al. 2009; Grisold et al. 2010). Eight CC1/SCCmecIV with spa-type t127 and PVL toxin negative were detected. This LA-MRSA clone is known for harbouring numerous virulence factors and was first described in Austria in 2008, in that report associated with horses. In other European countries, the MRSA t127 clone was also isolated from pigs and cattle (Cuny et al. 2008; Franco et al. 2011; Alba et al. 2015).

This study investigated for the first time the molecular epidemiology of MRSA isolates in Austria within a 10-year period, but there are some limitations of this study. Although all primary MRSA isolates of a huge region in the South-East Austria were investigated, data from other Austrian regions could not be included. It was also not aim of this study to focus in detail on the clinical background or investigate the outcome of hospital hygiene regimes. To summarise the diversity within the MRSA, population in South-East Austria increased within the observed period from 2002 to 2012. The results showed that the occurrence of some MRSA clones follows the European trends, but with a delay of five to ten years. CC22-MRSA (the Barnim clone), mostly represented in neighbouring countries such as Austria, did not appear before 2012, which means nearly 10 years later than in Germany. Local specifics like the occurrence of the spa-type t190 could be observed. Following the dynamics of MRSA, this study documents that new MRSA clones with new features could emerge at any time highlighting the importance of closely monitoring the epidemiology and genetic background of MRSA.

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**ETHICAL STATEMENT**

Isolates were obtained as part of routine diagnostic testing and were analysed anonymously. All data were collected in accordance with the European Parliament and Council decision for
the epidemiological surveillance and control of communicable diseases in the European community (The European Parliament and the Council of the European Union. 1998; European Commission. 1999). Ethical approval and informed consent were thus not required. Patients were not physically involved and privacy of patients was provided by coding the tested specimens.

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