Epigenetic-based therapies for Friedreich ataxia

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INTRODUCTION

Friedreich ataxia (FRDA) is a lethal autosomal recessive neurodegenerative mitochondrial disorder caused primarily by a homozygous GAA repeat expansion mutation within the first intron of the FXN gene (Campuzano et al., 1996). Unaffected individuals have up to 43 GAA repeats, while affected individuals have 44–1700 GAA repeats, most commonly between 600 and 900 GAA repeats (Sharma et al., 2004; Pandolfò, 2008). The effect of the GAA repeat expansion is to decrease expression of the essential and ubiquitously expressed mitochondrial protein frataxin (Campuzano et al., 1997). However, asymptomatic carriers produce about 50% frataxin levels compared to unaffected individuals (Pianese et al., 2004). Therefore, drugs that induce frataxin expression, at least to the levels of healthy carriers, would be beneficial. The FXN gene spans 95 kb of genomic DNA and contains seven exons, 1–5a, 5b, and 6 (Campuzano et al., 1996). The first five exons are transcribed to produce a 210 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin, but rarely exon 5b can be transcribed by alternative splicing to produce a 171 amino acid major isoform of frataxin. In addition, a recent study has identified two novel tissue-specific transcript variants, encoding two isoforms of frataxin that lack the mitochondrial targeting sequence and are therefore different from the canonical transcript (Xia et al., 2012).

Reduced levels of frataxin in FRDA patients are associated with defects of iron-sulfur cluster (ISC) biosynthesis (Bradley et al., 2000), mitochondrial iron accumulation in heart and dentate nucleus (Foury and Cazzalini, 1997; Waldvogel et al., 1999; Koepen et al., 2007), and increased susceptibility to oxidative stress (Wong et al., 1999). The main pathological effects are loss of large sensory neurons in the dorsal root ganglia (DRG) and degenerative atrophy of the posterior columns of the spinal cord, contributing to symptoms of progressive ataxia, muscle weakness, and sensory deficit. There is also pathological involvement of non-neuronal tissues, with hypertrophic cardiomyopathy a common feature, and diabetes mellitus identified in approximately 10% of FRDA patients (Schulz et al., 2009). Affected individuals generally die in early adulthood from the associated heart disease and at present there is no effective therapy for FRDA. Therefore, there is a high unmet clinical need to develop a therapy for this devastating disorder.

Although the exact mechanism by which the GAA repeat expansion leads to decreased frataxin expression is not known, two hypotheses have been proposed (Figure 1). Firstly, evidence from in vitro and cell transfection studies suggests that the GAA repeat expansion may adopt abnormal non-B DNA structures (triplexes or “sticky DNA”) or DNA–RNA hybrid structures (R-loops), which impede the process of RNA polymerase II and thus reduce FXN gene transcription (Grabczyk et al., 2007; Wells, 2008). Secondly, there is evidence that GAA repeat expansions can produce heterochromatin-mediated gene silencing effects (Saveliev et al., 2003). Consistent with the latter hypothesis, several FRDA disease-related epigenetic changes have been identified in the immediate vicinity of the expanded GAA repeats of the FXN gene and these changes will be discussed further within this review.

EPIGENETIC CHANGES ASSOCIATED WITH FRDA

Epigenetic mechanisms, including DNA methylation and hydroxymethylation, post-translational histone modifications, chromatin remodeling, and non-coding RNA effects, produce effects on gene expression without involving changes in the primary DNA sequence. The potential role of epigenetic mechanisms

Keywords: Friedreich ataxia, FRDA, frataxin, FXN, GAA repeat, DNA demethylation, HDAC inhibitor, HMTase inhibitor
in FRDA disease was first suggested by the finding that long GAA repeats could suppress the expression of a nearby heterochromatin-sensitive cell surface reporter gene in transgenic mice by position effect variegation (PEV) (Saveliev et al., 2003). Further studies of FRDA cells, tissues, and mouse models have subsequently led to the identification of epigenetic changes, including DNA methylation and hydroxymethylation, histone deacetylation, and histone methylation, which may be involved in FXN gene silencing in FRDA (Table 1).

**DNA METHYLATION AND HYDROXYMETHYLATION**

DNA methylation is carried out by DNA methyltransferase (DNMT) enzymes, which catalyze the conversion of cytosine to 5′-methylcytosine (5mC), predominantly within CpG dinucleotides (Robertson, 2001). In mammals, the DNMT family includes three functional proteins: DNMT1 preferentially methylates hemi-methylated DNA and is thus responsible for methylation during DNA replication (Pradhan et al., 1999), while DNMT3a and DNMT3b have an equal preference for hemi-methylated and non-methylated DNA and so have been classified as de novo methyltransferases (Okano et al., 1999). Studies investigating the DNA methylation profiles of transcriptionally silenced genes have revealed a strong correlation between promoter DNA methylation and transcriptional silencing. However, it has also been reported that intragenic DNA methylation can contribute to transcriptional gene silencing (Lorincz et al., 2004). More recent studies have revealed the existence of an alternative modification, 5′-hydroxymethylcytosine (5hmC), which is formed by oxidation of 5mC by ten-eleven translocation (TET) enzymes (Kriaucionis and Heintz, 2009; Tahiliani et al., 2009). 5hmC may either be an intermediate in the removal of 5mC by an active demethylation process (Guo et al., 2011) or it may be an epigenetic modification in its own right, regulating chromatin or transcriptional factors (Szulwach et al., 2011). Therefore, it is possible that 5hmC may prove to be involved in epigenetic-based disease mechanisms, such as those proposed for FRDA.

Initial investigations of DNA methylation within the FXN gene by Usdin and colleagues revealed hypermethylation of specific CpG sites upstream of the GAA repeat sequence in FRDA patient-derived lymphoblastoid cells compared to cells derived from unaffected individuals (Greene et al., 2007). In particular, three out of 15 CpG residues that span a 700 bp region upstream of the GAA repeat were found to be unmethylated, or sparsely methylated DNA and so have been classified as de novo methyltransferases (Okano et al., 1999). Studies investigating the DNA methylation profiles of transcriptionally silenced genes have revealed a strong correlation between promoter DNA methylation and transcriptional silencing. However, it has also been reported that intragenic DNA methylation can contribute to transcriptional gene silencing (Lorincz et al., 2004). More recent studies have revealed the existence of an alternative modification, 5′-hydroxymethylcytosine (5hmC), which is formed by oxidation of 5mC by ten-eleven translocation (TET) enzymes (Kriaucionis and Heintz, 2009; Tahiliani et al., 2009). 5hmC may either be an intermediate in the removal of 5mC by an active demethylation process (Guo et al., 2011) or it may be an epigenetic modification in its own right, regulating chromatin or transcriptional factors (Szulwach et al., 2011). Therefore, it is possible that 5hmC may prove to be involved in epigenetic-based disease mechanisms, such as those proposed for FRDA.
### Table 1 | Epigenetic changes in tissues, cells, and animal models of FRDA.

| Chromatin change | Location | FRDA tissue, cell, or animal model | References |
|------------------|----------|-----------------------------------|------------|
| 5mC ↑            | GAA upstream | FRDA patient tissues, primary lymphocytes, lymphoblasts, FXN YAC transgenic mice | Greene et al., 2007; Al-Mahdawi et al., 2008, 2013; Evans-Galea et al., 2012 |
| 5hmC ↑          | GAA upstream | FRDA patient tissues | Al-Mahdawi et al., 2013 |
| H3K4me2/3 ↓     | FXN promoter and exon 1 | Lymphoblasts | Punga and Buhler, 2010; Kim et al., 2011; Kumari et al., 2011 |
|                 | GAA upstream | Lymphoblasts | Kim et al., 2011; Kumari et al., 2011 |
|                 | GAA downstream | Lymphoblasts | Kim et al., 2011; Kumari et al., 2011 |
| H3K9me2/3 ↑     | FXN 5′ UTR/promoter | Primary fibroblasts, lymphoblasts | De Biase et al., 2009; Kim et al., 2011 |
|                 | GAA upstream | Lymphoblasts, FXN YAC transgenic mice, KIKI mice | Herman et al., 2006; Al-Mahdawi et al., 2008; Rai et al., 2008; Punga and Buhler, 2010; Kim et al., 2011; Kumari et al., 2011; Chan et al., 2013 |
|                 | GAA downstream | FRDA patient tissues, FXN YAC transgenic mice, lymphoblasts | Herman et al., 2006; Al-Mahdawi et al., 2008; Punga and Buhler, 2010; Kim et al., 2011; Kumari et al., 2011; Chan et al., 2013 |
| H3K27me3 ↑      | FXN 5′ UTR/promoter | Primary fibroblasts, lymphoblasts | De Biase et al., 2009; Kim et al., 2011 |
|                 | GAA upstream | Lymphoblasts | Kim et al., 2011; Chan et al., 2013 |
|                 | GAA downstream | Lymphoblasts | Kim et al., 2011; Chan et al., 2013 |
| H3K36me3 ↓      | GAA upstream | Lymphoblasts | Punga and Buhler, 2010; Kim et al., 2011; Kumari et al., 2011 |
|                 | GAA downstream | Lymphoblasts | Punga and Buhler, 2010; Kumari et al., 2011; Kim et al., 2011 |
| H3K79me2 ↓      | GAA upstream | Lymphoblasts | Kim et al., 2011 |
|                 | GAA downstream | Lymphoblasts | Kim et al., 2011 |
| H4K20me3 ↑      | GAA upstream | Lymphoblasts | Kim et al., 2011 |
|                 | GAA downstream | Lymphoblasts | Kim et al., 2011 |
| H3K9ac ↓        | FXN promoter | FRDA patient brain tissue, lymphoblasts | Al-Mahdawi et al., 2008; Kumari et al., 2011 |
|                 | GAA upstream | FRDA patient tissues, lymphoblasts, FXN YAC transgenic mice, KIKI mice | Herman et al., 2006; Al-Mahdawi et al., 2008; Kumari et al., 2011 |
|                 | GAA downstream | FRDA patient tissues, lymphoblasts, FXN YAC transgenic mice | Herman et al., 2006; Al-Mahdawi et al., 2008; Kumari et al., 2011 |
| H3K14ac ↓       | FXN promoter | FRDA patient tissues | Al-Mahdawi et al., 2008 |
|                 | GAA upstream | Lymphoblasts, KIKI mice | Rai et al., 2008; Kumari et al., 2011 |
|                 | GAA downstream | Lymphoblasts, FXN YAC transgenic mice | Kumari et al., 2011 |
| H4K5ac ↓        | FXN promoter | Lymphoblasts | Kumari et al., 2011 |
|                 | GAA upstream | Lymphoblasts, KIKI mice | Herman et al., 2006; Rai et al., 2008; Kumari et al., 2011 |
|                 | GAA downstream | FRDA patient tissues, FXN YAC transgenic mice, lymphocytes | Al-Mahdawi et al., 2008; Rai et al., 2008; Kumari et al., 2011 |

(Continued)
FXN upstream GAA repeat region correlates with the length of the GAA repeats and inversely correlates with the age of disease onset (Castaldo et al., 2008). Furthermore, analysis of blood and buccal cells from a large cohort of FRDA patients showed that the level of DNA methylation in FRDA patients is significantly elevated in the same upstream GAA repeat region and inversely correlated with FXN expression levels (Evans-Galea et al., 2012). More recently, our laboratory has shown that, for at least one CpG site within the upstream GAA repeat region, the increased level of DNA methylation predominantly comprises 5hmC rather than 5mC (Al-Mahdawi et al., 2013). Thus, FRDA can now be grouped with other TNR expansion diseases in which an association with DNA methylation predominantly comprises 5hmC rather than 5mC (Al-Mahdawi et al., 2013). Therefore, FRDA can now be grouped with other TNR expansion diseases in which an association with DNA methylation predominantly comprises 5hmC rather than 5mC (Al-Mahdawi et al., 2013).

| Chromatin changea | Location | FRDA tissue, cell, or animal model | References |
|-------------------|----------|----------------------------------|------------|
| H4K8ac ↓          | GAA upstream | Lymphoblasts, FRDA patient tissues, KIKI mice | Herman et al., 2006; Al-Mahdawi et al., 2008; Rai et al., 2008; Kumari et al., 2011 |
|                   | GAA downstream | Lymphoblasts, FRDA patient tissues | Herman et al., 2006; Kumari et al., 2011 |
| H4K12ac ↓         | FXN promoter | Lymphoblasts | Herman et al., 2006 |
|                   | GAA upstream | Lymphoblasts, FRDA patient tissues, FXN YAC transgenic mice | Herman et al., 2006; Al-Mahdawi et al., 2008 |
|                   | GAA downstream | Lymphoblasts, FRDA patient tissues, FXN YAC transgenic mice | Herman et al., 2006; Al-Mahdawi et al., 2008 |
| H4K16ac ↓         | FXN promoter | Lymphoblasts | Rai et al., 2008; Kumari et al., 2011 |
|                   | GAA upstream | Lymphoblasts, FRDA patient tissues, FXN YAC transgenic mice, KIKI mice | Herman et al., 2006; Al-Mahdawi et al., 2008; Rai et al., 2008; Kumari et al., 2011 |
|                   | GAA downstream | Lymphoblasts, FRDA patient tissues, FXN YAC transgenic mice, KIKI mice | Herman et al., 2006; Al-Mahdawi et al., 2008; Rai et al., 2008; Kumari et al., 2011 |

a↓, reduced; ↑, increased; H, histone; K, lysine; me2, dimethylation; me3, trimethylation; ac, acetylation.

**POST-TRANSLATIONAL HISTONE MODIFICATIONS**

The nucleosome consists of an octamer of four pairs of histone proteins, H2A, H2B, H3, and H4, surrounded by 147 bp of DNA (Kouzarides, 2007). Histone proteins contain a globular C-terminal domain and an unstructured N-terminal tail, which can contain many different modified residues. Histone acetylation at lysine residues is regulated by two distinct families of enzymes with opposing actions, histone acetyltransferases (HATs) and histone deacetylases (HDACs). Similarly, histone lysine methylation is controlled by histone methyltransferases (HMTases) and histone demethylases (HDMs), which have been linked to a number of cellular processes including transcriptional activation and repression (Kouzarides, 2007). HATs are diverse set of enzymes that are grouped into two different families based on their catalytic domains: Gcn5 N-acetyltransferases (GNATs, e.g., Gcn5 and PCAF) and MYST HATs (e.g., Morf and Ybf2) (Kimura et al., 2005). Each HAT is usually capable of modifying several different histone residues. Eighteen different HDACs have been identified in mammals and these have been divided into four classes. Class I consists of HDACs 1, 2, 3, and 8, which are similar to yeast RPD3 deacetylase. Class II consists of HDACs 4, 5, 7, and 9, which have homology to the yeast HDAC Had-1 gene. Class III HDACs, also known as sirtuins, which have homology to the Yeast Sir2 gene, include sirtuin 1–7. Lastly, class IV HDACs consists of only HDAC 11. HMTases are divided into lysine-specific and arginine-specific groups. They have great specificity and usually modify only one particular histone residue (Kouzarides, 2007). The HDMs are classified into two distinct enzyme families: the nuclear amine oxidase homologs (e.g., LSD1) and the JmjC-domain proteins (e.g., JHDM1) (Kouzarides, 2007).

In mammals, heterochromatin formation and gene silencing is associated with hypoacetylation of certain histone residues, particularly H3K9, together with increased methylation of histone residues, including H3K9me2, H3K9me3, H3K27me3, and H4K20me3 (Kourmouli et al., 2004; Martin and Zhang, 2005; Jenuwein, 2006). Such histone modifications have now been identified within the FXN gene in FRDA cells, tissues, and mouse models, predominantly at the region immediately upstream of the expanded GAA repeats, indicating that the FXN gene is subject to heterochromatin silencing (Sandi et al., 2013) (Table 1, Figure 1).

Histone modifications at the FXN locus were first identified by Gottfeld and colleagues, who reported lower levels of several acetylated H3 and H4 lysine residues, together with increased H3K9me2 and H3K9me3 in the upstream GAA regions of FRDA lymphoblastoid cells (Herman et al., 2006). Usdin and colleagues then reported increased H3K9me2 levels within FXN intron 1 in FRDA lymphoblastoid cells (Greene et al., 2007) and our laboratory reported changes of histone modifications at the FXN promoter, upstream, and downstream GAA repeat regions in FRDA patient and YAC transgenic mouse brain tissues (Al-Mahdawi et al., 2008). Subsequently, Bidichandani and colleagues reported that FRDA patient fibroblasts have significantly higher levels of H3K9me3 and H3K27me3 at the FXN 5′ UTR region,
coupled with elevated levels of heterochromatin protein 1 (HP1), compared to normal fibroblasts (De Biase et al., 2009). More recently, Chan and colleagues have identified increased H3K9me3 and H3K27me3 at the upstream and downstream GAA repeat regions in FRDA lymphoblasts (Chan et al., 2013).

In contrast, histone modifications such as H3K4me3, H3K36me3, and H3K79me3 are associated with a more open chromatin state and active gene expression. H3K4me3 is particularly associated with initiation of gene transcription, while H3K36me3 and H3K79me3 are associated with elongation of gene transcription. Recent studies have shown decreased levels of H3K36me3 and H3K79me3 at the upstream and downstream GAA repeat regions of the 
FXN gene in FRDA cells, indicating that there is a defect in transcription elongation (Punga and Buhler, 2010; Kim et al., 2011; Kumari et al., 2011). Decreased levels of H3K4me3 have also been identified at the upstream GAA repeat region, but not at the promoter region, which suggests a more pronounced defect of the post-initiation and elongation stages of 
FXN gene expression rather than an early transcription initiation defect (Punga and Buhler, 2010; Kim et al., 2011; Kumari et al., 2011) (Figure 1). In summary, there is good evidence that reduction of frataxin protein expression in FRDA is primarily caused by GAA repeat expansion-induced transcriptional silencing, which is associated with specific post-translational histone modifications.

**ANTISENSE TRANSCRIPTION AND CTCF BINDING**

Antisense RNA transcripts, which play a role in regulation of gene expression, have previously been associated with TNR expansion diseases such as Huntington disease (HD) (Chung et al., 2011), FRAXA (Ladd et al., 2007; Khalil et al., 2008), DM1 (Cho et al., 2005), SCA7 (Sopher et al., 2011), and SCA8 (Moseley et al., 2006). Furthermore, the CCCTC-binding factor (CTCF) protein, which can prevent the spreading of DNA methylation (Filippova et al., 2005; Engel et al., 2006), has binding sites in the repeat expansion flanking regions of several TNR disorders, such as FRAXA (Ladd et al., 2007), DM1 (Filippova et al., 2001), and SCA7 (Libby et al., 2008), and loss of CTCF binding at the DM1 CTG expansion is associated with the spread of heterochromatin and DNA methylation (Cho et al., 2005). Bichiandani and colleagues have reported significantly increased levels of a frataxin antisense transcript 1 (FAST1) in FRDA fibroblast cells, associated with depletion of CTCF binding at the 5′ UTR region of the 
FXN gene (Figure 2), suggesting involvement of these factors in the heterochromatin and 
FXN gene silencing processes of FRDA disease (De Biase et al., 2009). More recently, our laboratory has also reported increased expression of FAST1 in FRDA mouse fibroblasts (Sandi et al., 2014) and reduced CTCF binding at the 5′ UTR region of the 
FXN gene in FRDA cerebellum tissue (Al-Mahdawi et al., 2013). Systematic genome-wide mapping by ChIP analysis has shown that CTCF binds to tens of thousands of genomic sites, often distal to transcription start sites (TSS) of genes, but also at promoter and enhancer sequences (Barski et al., 2007; Holwerda and De Laat, 2013). Thus, CTCF can direct the interaction of tissue-specific enhancers with different neighboring promoters resulting in the regulation of gene expression at a particular locus (Shen et al., 2012). The association of CTCF binding at the 5′ UTR region of the 
FXN gene with high levels of 
FXN expression and low levels of FAST1 expression indicates that such CTCF control mechanisms might be in operation at the 5′ UTR locus. In a large proportion of cases, control of CTCF binding has been shown to be sensitive to DNA methylation (Wang et al., 2012). However, it is not likely to be the case for FRDA, because FRDA-specific changes in DNA methylation have not been detected at the CTCF-binding site within the 5′ UTR region of the 
FXN gene (Al-Mahdawi et al., 2008; De Biase et al., 2009). Therefore, further consideration of antisense transcription, CTCF binding, and other associated factors are needed, since they are likely to be highly relevant to the development of an epigenetic-based therapy for FRDA.

**EPIGENETIC-BASED THERAPIES FOR FRDA**

**DNA DEMETHYLATION THERAPIES**

Since FRDA is associated with increased levels of DNA methylation, one can propose the use of DNA demethylating agents to potentially activate a silenced 
FXN gene. DNA
demethylating agents are generally divided into nucleoside analog DNMT inhibitors and non-nucleoside analog DNMT inhibitors. Nucleoside analog DNMT inhibitors, including 5-azacytidine (5-aza-CR or Vidaza), 5-aza-2’-deoxycytidine (5-aza-CdR or Decitabine), and Zebularine, are analogs of cytosine. 5-aza-CdR is an FDA-approved drug that is used to treat leukemia patients (Jain et al., 2009). Furthermore, treatment of lymphoblastoid cells from FRAXA patients with 5-aza-CdR, either alone (Chiurazzi et al., 1998) or in combination with HDAC inhibitors (Chiurazzi et al., 1999), efficiently reverses the FMR1 promoter hypermethylation and restores mRNA and protein levels to normal. Such studies have led to the consideration of DNA demethylating agents as a potential therapy for neurodegenerative disorders. Thus, far, there have been no reports of describing the use of DNA demethylating agents as a therapeutic approach for FRDA, mainly due to the lack of evidence for a causal link between DNA methylation and FXN gene silencing. However, DNA demethylating agents, such as 5-aza-CdR, Zebularine, or the oligonucleotide antisense inhibitor of DNMT1, MG98 (Plummer et al., 2009), may be considered as FRDA therapeutic options in the future.

**HDAC INHIBITORS**

HDAC inhibitors can affect transcription by increasing acetylation of histones, transcription factors, and other proteins that regulate transcription (Butler and Bates, 2006). In view of the recent identification of histone acetylation changes at the FXN gene in FRDA, it has been proposed that the reversal of such histone modifications could represent a useful therapeutic approach for FRDA (Figure 3) (Festenstein, 2006; Herman et al., 2006). An initial study to screen for frataxin-increasing compounds by Sarsero and colleagues first demonstrated a small effect of the general HDAC inhibitor sodium butyrate on FXN gene activity using an EGFP reporter cell line (Sarsero et al., 2003). Subsequently, Gottesfeld and colleagues treated FRDA lymphoblastoid cells using a selection of commercially available HDAC inhibitors. They revealed that only the benzamide compound BML-210 produced a significant increase of FXN mRNA expression (Herman et al., 2006), although other HDAC inhibitors showed a more pronounced increase of histone acetylation without any increase in FXN expression, indicating a degree of compound specificity for FXN gene silencing (Table 2). An analog of BML-210, designated 4b, was then synthesized and was shown to directly modulate the histones associated with the FXN gene to increase FXN mRNA expression in FRDA primary lymphocytes (Herman et al., 2006). Compound 4b has subsequently been used to demonstrate amelioration of the HD phenotype in R6/2 mice without any discernible toxicity (Thomas et al., 2008). Further development of HDAC inhibitors by the Gottesfeld lab and the Repligen Corporation (Waltham, Massachusetts) identified three 2-aminobenzamide compounds, designated 106, 136, and 109, which can each significantly increase FXN mRNA and frataxin protein levels in FRDA cells with only a small effect on unaffected control cells (reviewed in Soragni et al., 2012). The exact mechanism of action of the 2-aminobenzamide HDAC inhibitors in FRDA is not known. However, compound 106 has been shown to act as selective slow-on, slow-off, tight-binding inhibitor of class I HDACs, with a preference for inhibition of HDAC3 (Chou et al., 2008; Xu et al., 2009). Compounds 106, 136, and 109 have undergone investigations to determine safety, efficacy and pharmacokinetic profile in short-term treatments of FRDA patient derived cells and KIKI knock-in mice (Chou et al., 2008; Rai et al., 2008, 2010; Soragni et al., 2008; Xu et al., 2009), and a long-term treatment in YG8R YAC transgenic mice (Sandi et al., 2011) (Table 2). Compound 109, which emerged as the most promising compound for FRDA treatment, has now been assessed in a phase I clinical trial as RG2833 (Soragni et al., 2012) and further related compounds are now under development.

Recently, the class III HDAC inhibitor nicotinamide (Ghosh and Feany, 2004) has been shown to increase frataxin expression and decrease H3K9me3 and H3K27me3 at the FXN gene in FRDA cells and mouse models and this compound is now in early stage clinical trials (Chan et al., 2013) (Table 2). Furthermore, other HDAC inhibitors such as sirtinol (Ota et al., 2006), splitomicin (Biacsi et al., 2008), LBH589 (Garbes et al., 2009), and oxamflatin (Kim et al., 1999) have shown positive effects in other

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**Figure 3** | Potential epigenetic-based therapies for FRDA. Large GAA∥TTC repeats in FRDA patients are associated with heterochromatin mediated FXN gene silencing. The use of specific HDAC inhibitors, HDM activators, HAT activators, HMTase inhibitors, or agRNA activation may reverse the heterochromatin to a more open chromatin structure, and may thus lead to active FXN gene transcription. This image was adapted from Festenstein (2006); Chan et al. (2013).
Table 2 | HDAC inhibitor preclinical studies of FRDA cells and mice.

| HDAC inhibitor | FRDA test system | FXN mRNA change | Frataxin protein change | Change in FXN histone marks | References |
|----------------|------------------|-----------------|-------------------------|----------------------------|------------|
| Sodium butyrate | FXN-EGFP reporter cell line | 1.16 fold ↑ (FXN-EGFP) | | | Sarsero et al., 2003 |
| Trichostatin A | Lymphoblasts | No change, 1.2 fold ↑ | | | Herman et al., 2006 |
| SAHA | Lymphoblasts | No change, 1.6 fold ↑ | | | Herman et al., 2006 |
| Oxamflatin | Lymphoblasts | 1.5 fold ↑ | | | Herman et al., 2006 |
| BML-210 | Lymphoblasts | 2.2 fold ↑ | | | Herman et al., 2006 |
| 4b | Primary lymphocytes | 2.3 fold ↑ | 3–3.5 fold ↑ | 3 fold ↑ (H3K14ac, H4K5ac, and H4K12ac) | Herman et al., 2006 |
| | Lymphoblasts | 2.5 fold ↑ | | | |
| 106 | Primary lymphocytes | 1.7–3.6 fold ↑ | | | Rai et al., 2008, 2010; Soragni et al., 2008; Sandi et al., 2011 |
| | Lymphoblasts | 2.6 fold ↑ | | | |
| | KIKI mice | 1.2–1.6 fold ↑ | 1.4 fold ↑ | 1.2–1.5 fold ↑ (H4K5ac, H4K8ac, H4K16ac, and H3K14ac) | |
| | FXN transgenic mice | No change | 1.6 fold ↑ | 1.8–2 fold ↑ (H4K5ac) | |
| 136 | Primary lymphocytes | 1.2–2 fold ↑ | | | Rai et al., 2010; Sandi et al., 2011 |
| | KIKI mice | 1.2 fold ↑ | | 1.2–1.5 fold ↑ (H3K14ac and H4K5ac) | |
| | FXN transgenic mice | No change | 2 fold ↑ | No change | |
| 109 | Primary lymphocytes | 2–8 fold ↑ | 2–3.6 fold ↑ | | Rai et al., 2010; Sandi et al., 2011 |
| | KIKI mice | 1.2–1.3 ↑ | | 1.2–1.5 fold ↑ (H3K14ac and H4K5ac) | |
| | FXN transgenic mice | No change | 2.6 fold ↑ | 1.2–8 fold ↑ (H3K9ac, H4K5, and H4K12ac) | |
| Nicotinamide | Lymphoblasts | 1.06–1.8 fold ↑ | 2 fold ↑ H3ac 1.8 fold ↑ H4ac | | Chan et al., 2013 |
| | Primary lymphocytes | 4.5 fold ↑ | 2.9 fold ↓ H3K9me3 and 1.56 fold ↓ H3K27me3 | | |
| | FXN YAC transgenic mice | 1.3–1.8 fold ↑ | 2.1 fold ↓ H3K9me3 and 1.6 fold ↓ H3K27me3 | | |
| C5 | Lymphoblasts | 2–3 fold ↑ (H3K9ac and H4K8ac) | | | Lufino et al., 2013 |
| | Primary lymphocytes | 1.5–2 fold ↑ | | | Lufino et al., 2013 |

Diseases including cancer and/or neurodegenerative disorders and these compounds may also be considered for future FRDA therapy. A number of research groups are also currently screening for novel frataxin-increasing compounds and one group has identified a novel HDAC inhibitor, designated C5, which upregulates FXN expression in FRDA patient primary lymphocytes and increases H3K9ac and H4K8ac in FRDA lymphoblasts (Lufino et al., 2013) (Table 2). Interestingly, it has also recently
been reported that resveratrol, a sirtuin activator, can produce a marked increase in frataxin expression in a FXN-EGFP reporter cell line and in a FRDA mouse model (Li et al., 2013). Therefore, further studies are required to dissect the interplay of HDACs and compounds that modulate HDAC activity in the direct or indirect control of FXN gene expression. Epigenetic-based therapies for FRDA are also likely to have other off-target effects, which do not directly affect FXN gene regulation, but which may nevertheless have other positive or negative effects on FRDA disease. For example, recent studies have demonstrated that frataxin deficiency in a conditional knockout mouse model triggers SIRT3 inhibition, resulting in marked hyperacetylation of numerous cardiac mitochondrial proteins (Wagner et al., 2012) that may lead to an increased sensitivity to oxidative stress. This finding suggests that the compounds that specifically activate SIRT3 could be a beneficial FRDA therapy.

HMTase INHIBITORS
HMTase inhibitors, which may induce a more open chromatin structure at the FXN gene, are now also being considered for FRDA therapy (Figure 3). For example GSK126 has been identified as a potent and highly specific inhibitor of EZH2, a major component of the Polycomb repressor complex 2 (PRC2) (McCabe et al., 2012). EZH2 trimethylates lysine 27 on the tail of histone H3 (H3K27) and has been linked to the repression of several genes, thus, inhibition of this repressive histone mark at active genes could have a beneficial therapeutic outcome. High throughput biochemical screening has revealed genome-wide loss of H3K27 methylation and activation of previously silenced genes with minimal off-target effects following treatment with GSK126 (McCabe et al., 2012). In addition, small cell lung cancer (SCLC) cells treated with GSK126 showed substantial inhibition of cellular growth and this inhibition was concomitant with the reduced levels of H3K27me3 (Sato et al., 2013). These findings have highlighted the fact that inhibition of EZH2 activity by small molecule inhibitors, like GSK126, has a therapeutic benefit. In FRDA, increased levels of H3K27me3 have been reported in lymphoblastoid cells and fibroblast cells (De Biase et al., 2009; Kim et al., 2011; Chan et al., 2013) (Table 1). Therefore, this compound, which can inhibit such repressive marks, could have a beneficial FRDA therapeutic effect by reactivating FXN gene transcription.

Other studies have shown that H3K9me2 can be erased from the promoters of reactivated tumor suppressor genes following treatment with DNMTs and/or HDAC inhibitors (McGarvey et al., 2006). Therefore, compounds which can reduce H3K9me2 levels are an attractive option where gene silencing involves increased H3K9me2 levels, as seen with FRDA (Sandi et al., 2013) (Table 1). This has led to the development of various compounds that can inhibit the G9a activity directly or indirectly. The initial screening of 125,000 compounds from a chemical library has identified BIX-01294 as a potent and specific inhibitor of G9a (Kubicek et al., 2007). BIX-01294 binds to the SET domain of GLP in the same groove at which the target lysine (H3K9) binds. This prevents the binding of the peptide substrate and, consequently, the deposition of methylation marks at H3K9 (Chang et al., 2009). Recent studies in FRDA lymphoblastoid cells using the HMTase inhibitor, BIX-01294, identified a significant reduction in H3K9me2/me3, but without increasing the FXN mRNA levels, suggesting a possible redundant role for H3K9me2/me3 in FXN gene silencing (Punga and Buhler, 2010). In contrast, Chan and colleagues have recently identified nicotinamide-induced reactivation of the FXN gene in association with decreased H3K9me3 and H3K27me3 (Chan et al., 2013). Recently, a new inhibitor for G9a and GLP, UNC0638, has been identified (Vedadi et al., 2011). Treatment of a variety of cell lines with UNC0638 resulted in lower global H3K9me2 levels and activated several previously silenced genes in vitro (Vedadi et al., 2011). In addition, treatment of U2OS and HeLa cells with UNC0638 has shown that it specifically inhibits H3K9me2, with minimal effect on H3K27me3 and H4Kme3 levels (Machleidt et al., 2011). ERG-associated protein with SET domain (ESET), a novel histone H3K9 methyltransferase, has been shown to mediate histone methylation (Rea et al., 2000). It is also proposed that ESET may have a role in epigenetic silencing of neuronal genes through its HMTase activity (Li et al., 2006). Importantly, the ESET levels were significantly elevated in HD patients and in R6/2 transgenic mice (Ryu et al., 2006). Subsequent treatment with mithramycin (or in combination with cystamine), resulted in substantial reduction of H3K9me3 and significantly improved the behavioral and neuropathological phenotype in R6/2 and 8Q mice of HD (Ryu et al., 2006; Stack et al., 2007). Mithramycin is a clinically approved guanosine-cytosine rich DNA antitumor antibiotic that interferes with the DNA binding of the Sp family transcription factors, but its effects in FRDA have not yet been studied. Ongoing preclinical studies of cell and mouse models using such HMTase inhibitors will determine if any of these compounds can be considered suitable to progress to FRDA clinical studies, as is the case now for HDAC inhibitors.

ANTIGENE RNA-BASED THERAPIES
Antigene RNAs (agRNAs) are small duplex RNAs of 19 bp in length that target gene promoters. Depending on the target sequence and cell type, agRNAs can either silence (Janowski et al., 2006) or activate the gene transcription (Janowski et al., 2007). Since agRNAs target in a sequence specific manner, it may be possible to modulate agRNAs to activate gene expression in disease-associated genes where gene activation is essential, as with FRDA. Importantly, agRNAs can target both sense or antisense strands, and coding or non-coding RNA transcripts (Watts et al., 2010). Therefore, the use of agRNA to activate the FXN gene by targeting the FXN promoter or the FAST1 transcript may prove useful, since both mechanisms may be involved in reversing FXN gene silencing and thus ameliorating FRDA disease. However, as with any macromolecule-based therapy, the major problem of how to achieve effective delivery to cells will first have to be overcome.

Potential risks of epigenetic therapies
Epigenetic therapies to date have primarily focused on the use of DNA hypomethylating agents and HDAC inhibitors. The major risk associated with any epigenetic therapy is the potential lack of specificity. To the best of our knowledge it is not yet possible to silence or reactivate specific genes through use of DNMT inhibitors or HDAC inhibitors. Due to the general effects of these compounds, they tend to disrupt global DNA methylation and
histone acetylation status. Genome-wide loss of DNA methylation has been shown to produce a high incidence of lymphomas in mouse models (Gaudet et al., 2003), which raises the concern of potential tumor formation in patients given DNA hypomethylating treatments. HDAC inhibitors also have off-target effects that may be difficult to detect, especially if they appear years after the initial therapy. This is important, because most FRDA patients are diagnosed before adulthood. Therefore, prolonged HDAC inhibitor treatment in childhood may induce tumor formation, for example, that is only apparent later in adulthood. However, studies to date show that HDAC inhibitors are actually reasonably well tolerated in the short term. They appear to have less toxicity when used for cancer treatment than classical cytotoxic chemotherapeutic agents, but they are still prone to induce primary clinical toxicities such as cardiac side effects, nausea, vomiting, fatigue, and reduced blood cell counts (Subramanian et al., 2010). The clinical use of HMTag inhibitors has not advanced as far as the use of HDAC inhibitors, but HMTag inhibitors are also expected to induce extensive gene expression changes, and hence potential off-target effects. Having said this, use of the HMTag inhibitor GSK126 for the treatment of lymphoma has been shown to exert minimal off-target effects despite genome-wide changes in H3K27 methylation, which is somewhat encouraging (McCabe et al., 2012).

CONCLUSIONS

Due to the identification of several associated epigenetic marks, FRDA can now be considered as an epigenetic disease and drug treatments are being developed to target these epigenetic changes in attempts to ameliorate the disease phenotype. However, epigenetic-based therapies are generally non-specific, with off-target effects, and the development of drugs to more specifically target the FXN locus may require further consideration. Epigenetic-based therapies for FRDA will also benefit from further understanding of how FXN gene expression is controlled. For example, it has been recently reported that two transcription factors, SRF and TEFAP2, directly bind to the promoter region of the human FXN gene and alter frataxin mRNA and protein levels (Li et al., 2010). Small non-coding RNAs, such as microRNAs, have also been implicated in several neurodegenerative disorders including AD (Coggwill et al., 2008), HD (Lee et al., 2011), and FRDA (Mahishi et al., 2012). An elevated level of miR-886-3p in FRDA is associated with the downregulation of the FXN gene and the use of anti-miR-886-3p or the HDAC inhibitor 4b alone has been shown to partially reverse FXN gene repression by reducing miR-886-3p levels (Mahishi et al., 2012; Bandiera et al., 2013). Therefore, it would be interesting to investigate the combined effect of anti-microRNA and HDAC inhibitor compounds in the activation of FXN gene transcription. In general, it may also be useful to simultaneously administer two or more epigenetic-based drugs to examine synergistic treatment effects. In addition, to identify novel epigenetic-based FRDA therapeutic compounds, various drug-screening systems, cell and animal models have been developed and are currently being utilized by several labs (see review Martelli et al., 2012). Overall, considering the rapid progress that has been made to take HDAC inhibitor therapy from basic research to FRDA clinical trials, the next few years will hopefully see the emergence of at least one effective epigenetic-based therapy for FRDA.

AUTHOR CONTRIBUTIONS

All authors contributed to draft the manuscript and all authors read and approved the final manuscript.

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