Evaluation of the activated carbon coated with multiwalled carbon nanotubes in removal of ciprofloxacin from aqueous solutions

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Received: 18 April 2020 / Accepted: 6 May 2020 / Published online: 19 May 2020
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Abstract
Ciprofloxacin (CIP) is a commonly used antibiotic which is excreted in significant quantities and may likely be found in environments, especially wastewater. Thus, in the present study, we aimed to remove CIP from aqueous solutions using activated carbon supported with multivalent carbon nanotubes MWCNTs/AC. Herein, we prepared the MWCNTs/AC and the structural characterization of the adsorbent was performed using the BET, FTIR, and SEM methods. In order to obtain the optimal conditions of MWCNTs/AC activity, different experimental conditions including the pH, adsorbent dosage, contact time, initial CIP concentration, and temperature were examined. Afterward, to approach reality, the experiments were carried out under the optimal conditions using a sewage sample previously determined in terms of the BOD, COD, pH, EC, turbidity, and concentration of ciprofloxacin. Finally, the CIP levels were measured by HPLC. According to the results, the pH of 7, contact time of 30 min, adsorbent dosage of 20 mg/L, temperature of 40 °C, and initial CIP concentration of 20 mg/L were found to be the optimal conditions for MWCNTs/AC activity. In these conditions, the maximum removal efficiency of CIP from the synthetic and actual samples was 100% and 73%, respectively. Moreover, the adsorption behavior was in compliance with the pseudo-second-order, Freundlich isotherm kinetics. According to our findings, using MWCNTs/AC led to a considerable removal of CIP from the sewage samples. Thus, the use of this adsorbent is highly recommended in order to remove other antibiotics from water and wastewater.

Keywords Ciprofloxacin · Multiwalled carbon nanotube · Activated carbon · Adsorption · Sewage

Introduction
Antibiotics are partially metabolized in the body, and 30–90% of them remain active after excretion (Malakootian et al. 2019c). These compounds are found in different scales of nano- to micrograms per liter in various drinking water, groundwater, surface water, sewage, and wastewater sources (Javid et al. 2019). It has been shown that pharmaceutical compounds may be introduced to aquatic environments through the pharmaceutical industry and hospital disposal and also by humans and animals excretions (Javid et al. 2019). The presence of antibiotics in the environment, even at low concentrations, could impose serious threats to humans and also can result in high antibiotic resistance in long term (Malakootian et al. 2019a; Nasiri et al. 2019). In this regard, ciprofloxacin (CIP) is a broad-spectrum antibiotic of the fluoroquinolones group used in treatment of different infections (Bajpai et al. 2014). CIP was initially found to be useful against legionella and typhoid diseases and then is widely prescribed and used against different gram-negative and gram-positive bacteria (Bajpai et al. 2014).

Previously, various methods of chemical oxidation processes (Mahdizadeh and Malakootian 2019), membrane filtrations (Malakootian et al. 2019b), biological treatments (Malakootian et al. 2018a), and ozonation techniques (Malakootian et al. 2018b) have been investigated to remove different compounds from aqueous media, including antibiotics. Among the above-mentioned approaches, adsorption process is regarded as an efficient alternative, due to its...
wide adaptability, simplicity of design, convenience, and ease of operation, especially when the adsorbent is relatively cost-effective and easy to access. However, developing the adsorbents with easy preparation, high efficiency, and low cost is still a challenge and problem in the application of antibiotic adsorption. And among adsorbents, activated carbon (AC) is applied widely, due to having large surface area, high adsorption capacity, and versatile selectivity (Loqman et al. 2017). Although the use of AC to adsorb and remove antibiotics from aqueous environments has been investigated so far (Al-Othman et al. 2012; El-Shafey et al. 2012; Li et al. 2015), their separation after treatment remains the main defect of such powdered AC or nanosize adsorbents, which may result in the generation of secondary pollution.

Recently, multiwalled carbon nanotubes (MWCNTs) have been introduced as novel adsorbents which are shown to be useful in different types of waste treatments (Parlayici et al. 2015). High porosity, multilayered, cost affectivity, biocompatibility, and capacity of MWCNTs make them ideal adsorbents to remove various toxic compounds from aqueous solutions (Iijima 1991; Upadhyayula et al. 2009). Thus, modified AC and MWCNTs can improve their adsorptive properties as well as separation after treatment. On the other hand, the adsorption of drugs by biodegradable and natural polymers is considered as one of the new methods for antibiotic removal. Polysaccharides-based adsorbents are particularly used to treat Pharmaceutical Industry Wastewater because of their easy availability and high removal capacities for a broad range of antibiotics (Rasoulzadeh et al. 2019). Moreover, in order to improve the extraction properties of the polysaccharides-based adsorbents have been used extensively as adsorbents to produce the polysaccharide matrix and a synergistic effect of an inorganic filler (Moudinejad et al. 2019; Malakootian et al. 2018c).

Different types of modified AC adsorbents or multiwall carbon nanotubes have been used previously to adsorb toxic metals or pharmaceutics from wastewaters. In this regard, Liu et al. (2019) showed that hexadecyl trimethyl ammonium bromide modified AC was a powerful adsorbent to remove the sulfamethazine and sulfamethoxazole antibiotics from aqueous solutions. Shah et al. (2019) used nanoezerovalent manganese-catalyzed $\text{S}_2\text{O}_8^{-2}$ to degrade CIP. Their results showed that nanoezerovalent manganese was highly efficient and resulted in degradation of CIP; however, the addition of $\text{S}_2\text{O}_8^{-2}$ improved its removal efficiency. Xu et al. conducted a study to eliminate antibiotics from wastewater using CNT/LaVO4 nanostructures. According to their results, optimized CNT/LaVO4 nanostructures resulted in efficient photodegradation of antibiotics. Their findings showed that CNT/LaVO4 nanostructures led to tetracycline removal twice higher than the pure LaVO4 (Xu et al. 2019). Malakootian et al. (2015) investigated the efficiency of oxidized multiwall carbon nanotubes to remove $\text{Pb}^{2+}$ from aquatic solutions. Their results revealed that oxidized multiwall carbon nanotubes had a high capacity to remove $\text{Pb}^{2+}$ from aqueous solutions.

Thus, considering the advantages of carbon nanotubes as well as modified AC adsorbents (such as enhanced adsorption capacity and easy separation of AC after treatment), in the present study, we aimed to prepare AC-supported multiwalled carbon nanotubes (MWCNTs/AC) to remove CIP from an aquatic solution.

**Materials and methods**

**Chemicals and study principals**

All experiments of this study were carried out between January 2018 and July 2018 at the Environmental Health Engineering Laboratory of the Shahrekord University of Medical Sciences and the Environmental Health Engineering Research Center of the Kerman University of Medical Sciences. Multiwall carbon nanotubes used in this study were purchased from the Research Institute of Iran Petroleum Industry. CIP, with 99% purity, was provided from the Temad Company (Temad, Garbadareh, Tehran, Iran). Other chemicals and solutions including granular AC, sulfuric acid, chloride acid, potassium permanganate, sodium hydroxide, and ethanol were obtained from Merck (Darmstadt, Germany).

Sampling is done instantly, and according to the following formulas:

$$V = Q/\xi \times V$$  \hspace{1cm} (1)

where $V$ is sample volume taken at any turn (in), $Q$ is effluent rate at sampling time (in), $V$ is sample volume required (in), and $\xi$ is total wastewater rate in period of 24 h.

**Preparing functionalized MWCNTs**

As described in detail elsewhere (Parlayici et al. 2015), to prepare the adsorbent, initially, the MWCNTs, prior to their functionalization, were dispersed in a sufficient amount of 95% ethanol at 25 °C for 1 h in a sonication bath in order to increase the surface area. Then, using filtration membranes, the nanoparticles were separated from slurry, washed with certain amount of distilled water, and subsequently dried at 100 °C under vacuum conditions. Afterward, 100 mg of MWCNTs was dispersed in 200 ml of 0.5 M sulfuric acid and sonicated for a further 30 min. Moreover, 250 mg of $\text{KMnO}_4$ was dissolved in a 0.5 M sulfuric acid solution with a volume of 200 ml and added to the abovementioned MWCNTs/H$_2$SO$_4$ solution. Afterward, the obtained MWCNTs/KMnO$_4$ mixture was heated and refluxed at 150 °C for...
5 h. At the final stage, temperature was reduced to 25 °C and
10 ml of the concentrated HCL was added to the target solu-
tion. The mixture was finally filtered and washed again with
distilled water, and subsequently, the obtained functionalized
MWCNTs were dried at 100 °C under vacuum conditions.
The experimental design work used in this study is presented
in detail in Fig. 1.

Preparation of MWCNTs/AC

To prepare AC coated with multiwalled carbon nanotubes
(MWCNTs/AC), 100 mg of AC and 100 mg of the function-
alized multiwall carbon nanotubes were separately dispersed
in 100 ml of the ethanol solution for 10 min in a sonication
bath. Then, both the solutions were mixed and kept in an
oven under 80 °C for about 16 h until dry. Afterward, the
MWCNTs/AC was obtained and placed in a desiccator for
next experiments.

Assessment of the CIP adsorption using MWCNTs/AC

Herein, we aimed to find the optimum conditions, in which
the highest adsorption of CIP occurred by MWCNTs/AC.
Initially, we prepared a stock solution of CIP with a con-
centration of 1000 mg/L which was used to obtain different
synthetic solutions with the desired concentration of CIP. In
the later step, different parameters including pH (3, 5, 7, 9,
and 12), adsorbent dosage (5, 10, 15, 20, 25, and 30 mg/L),
contact time (10, 20, 30, 40, 50, and 60 min), initial CIP
concentration (20, 40, 60, 80, and 100 mg/L), and tempera-
ture (10, 20, 30, 40, and 50 °C) were examined to obtain the
optimal conditions of the adsorbent activity. In this regard,
different synthetic solutions with certain concentrations of
CIP were adjusted to a specific pH, mixed with a certain
amount of adsorbent, and shaken for a definite contact time.
It needs to be mentioned that pH was adjusted using both the
0.1 M HCl and 0.1 M NaOH solutions. Moreover, the con-
centration of CIP was determined using Waters 1200 Alli-
ance HPLC equipped with a reverse used with a wavelength
of 277 nm with column C18 (5 mm, 4.6 mm id. 250 mm,
KNAUER, AZURA, Germany) and a moving phase of 23%
acetonitrile and 77% water with injection flow rate of 1 ml/
min (Mifsud et al. 2014).

The removal efficiency and adsorption capacity of the
adsorbent for CIP were calculated using Eqs. 2 and 3,
respectively.

\[
R(\%) = \frac{C_i - C_e}{C_i} \times 100
\]

(2)

where \(C_i\) is the initial concentration of CIP and \(C_e\) stands for
the secondary concentration of CIP.

![Fig. 1 Experimental design involved in this study](image-url)
where $Q_e$ is the adsorption capacity of the adsorbent (mg adsorption per each gram of the adsorbent) and $C_0$ and $C_e$ are the initial and equilibrium concentration of CIP (mg/L), respectively. Moreover, $V$ is the volume of the synthetic CIP solution (L) and $M$ is the weight of adsorbent (gr).

### The structural analysis of MWCNTs/AC

To study the morphology of the adsorbent, scanning electron microscopy (SEM) analysis was used. The porosity and surface area of the adsorbent were measured using the BET method. Afterward, the surface chemical groups of the adsorbent were examined using the Fourier transform infrared spectroscopy (FTIR).

### Investigation of the MWCNTs/AC performance to remove CIP from a sewage sample under optimal conditions

As mentioned previously, different parameters were examined to obtain the optimal conditions, in which the highest removal of CIP was obtained using MWCNTs/AC. Herein, to approach realistic conditions, we conducted other experiments using a hospital sewage which was already determined in the cases of BOD, COD, TSS, and CIP. These experiments were carried out under the previously determined optimal conditions to investigate the MWCNTs/AC performance to remove CIP from an actual sample.

### Adsorbent recovery/desorption

In order to reduce the adsorption costs, the use of adsorption recovery/desorption has considerable importance in any system. In the present study, three different methods of adsorbent recovery were examined to be used in next experiments. The first method was washing the adsorbent. In this method, the adsorbent was washed three times with distilled water and then dried and reused. In the second method, the washing was performed with 1 M H$_2$SO$_4$, and then dried and used again. In the third method, 1 M NaOH was used as the washing buffer to regenerate the adsorbent.

### Results and discussion

#### The structural analysis of the MWCNTs/AC adsorbent

As mentioned, the structural characteristic of the MWCNTs/AC adsorbent was analyzed using three different methods of SEM, BET, and FTIR. The morphological properties of MWCNTs/AC were studied by SEM analysis. The result of SEM analysis is illustrated in Fig. 2. According to these findings, it is obvious that multiwalled carbon nanotubes are attached to the surface of AC sheets. Moreover, the agglomeration of MWCNTs is detectable on AC.

![Fig. 2](image-url)
The data of the surface area and porosity of the MWCNTs/AC adsorbent were provided by BET analysis. The subsequent results are summarized in Table 1.

Moreover, we performed FTIR analysis in order to characterize the chemical bonds and surface functional groups of the MWCNTs/AC adsorbent. The FTIR was performed in the spectrum of the 500–4000 cm⁻¹ wave number range, and the results are illustrated in Fig. 3.

According to Fig. 3a, the peak at the 500–4000 cm⁻¹ wave number range is attributed to the stretching vibration of the O–H bond. However, the peak at 1642 cm⁻¹ is attributed to the bending vibration of the same band. Moreover, the bands of 2307.52, 1744.49, and 676.4 cm⁻¹ are attributed to the C–H, C=C, and C=O stretchings, respectively, in carbon nanotubes. In Fig. 3B, 3432.91 and 1633.74 cm⁻¹ represent the stretching and bending vibration of the O–H band of H₂O, which were adsorbed by AC, respectively. Moreover, the peak at 12,923.85 cm⁻¹ is attributed to the C–H band of AC. The peak at 586.38 cm⁻¹ in Fig. 3C is attributed to the band between KMnO₄ and others, while the peaks at 1744.49 and 1166.4 cm⁻¹ represent C=C (the alkene group) and C–H vibration stretchings of carbon nanotubes, respectively.

According to the results obtained by the FTIR, the peak at 462.60 cm⁻¹ attributed to the Mn–O stretching confirmed the presence of the functional KMnO₄ group. Moreover, Fig. 3d shows that the frequency of the C–H, C–C, and CO–H groups tended to shift to lower wavelengths which were due to the presence of manganese and carbon functional groups (Basahel et al. 2009; Wepasnick et al. 2011; Luo et al. 2013). Altogether, these results confirmed the presence of functional groups in MWCNTs/AC.

According to the MWCNTs/AC spectrum in Fig. 4 (line b), the CNT after batch mode sorption shows the presence of new peaks at 800 and 1246.61 cm⁻¹, as well as a little shift to almost all the aforementioned peaks. Comparative evaluation of the two spectrum shows that some of these peaks were shifted or disappeared, and new peaks were detected. The shifts can be due to the decrease in force constant of O–H bond because of the hydrogen bonding between absorbed ciprofloxacin and CNT. The changes observed in the spectra showed the possible involvement of the functional groups on the surface of the MWCNTs/AC in sorption process.

In the next steps, the impacts of different parameters including concentration of the adsorbent, initial concentration of CIP, contact time, and the solution pH were
examined, which may contribute to the removal of CIP by MWCNTs/AC.

**The effect of the solution pH on removal efficiency**

To investigate the effect of the solution pH on the MWCNTs/AC performance, different pH values of 3, 5, 7, 9, and 12 were considered. To this end, different solution pH values were examined under the constant condition, i.e., the contact time of 30 min, adsorbent of 20 mg/L, initial CIP concentration of 20 mg/L, and temperature of 40 °C.

According to the results, the CIP removal efficiency by the MWCNTs/AC adsorbent was promoted by enhancing the pH value from 3 to 7, which reached the maximum level (100%) at pH 7. The removal efficiency also decreased slowly with increasing pH from 8 to 12. The results are presented in Fig. 5.

The capacity of the MWCNTs/AC adsorbent to remove CIP was also studied regarding different concentrations of this antibiotic. In this regard, we examined the removal efficiency of CIP considering different initial concentrations of 20, 40, 60, 80, and 100 mg/ml. These experiments were performed in different pH values of 3, 7, and 12; however, the other conditions remained constant (the contact time of 30 min, adsorbent of 20 mg, and temperature of 40 °C). As shown in Fig. 6, our findings suggested that by increasing
the initial concentration of CIP, the subsequent removal efficiency decreased at the pH values of 3, 7, and 12. However, according to Fig. 6, this decrease was more obvious in higher pH values.

The effect of contact time on the removal efficiency of CIP

In this stage, we aimed to find the potential effects of contact time on the CIP adsorption by MWCNTs/AC. Thus, we conducted different experiments in time points of 10, 20, 30, 40, 50, and 60 min. Moreover, according to the previous findings, the initial concentration of CIP was set up at 20 mg/L and the experiments were performed with 20 mg of the adsorbent at 40 °C and at different pH values of 3, 7, and 12 (Fig. 7).

As shown in Fig. 7, by increasing the contact time, the adsorption increased in different pH values; however, the patterns were not similar. In pH 7, the adsorption increased by increasing the contact time to 30 min, while it reached the equilibrium by increasing time from 30 to 60 min. However, in the case of pH 12, the adsorption continuously increased with an increase in contact time.

The effect of the MWCNTs/AC dosage on the removal efficiency of CIP

As a fact, the concentration of any adsorbent can potentially affect its removal efficiency. In the present study, we examined different concentrations of MWCNTs/AC (5, 20, 30, and 40 mg/L), to find the optimum dosage in which the highest adsorption of CIP occurred. The experiments were carried out at the initial concentration of 20 mg/L CIP, contact time of 30 min, and temperature of 40 °C under different pH conditions of 3, 7, and 12 (Fig. 8).

According to obtained results (Fig. 8), by increasing the adsorbent concentration from 5 to 20 mg/L the adsorption of CIP increased, but the removal efficiency somehow remained unchanged by increasing from 20 to 30 mg/L. Moreover, the adsorption pattern was relatively similar in different pH conditions.
The effect of temperature on the removal efficiency of CIP

In the present study, the effect of different temperatures (10, 20, 30, 40, and 50 °C) on the adsorption of CIP by the MWCNTs/AC adsorbent was investigated. The experiments were performed at the adsorbent concentration of 20 mg/L, contact time of 30 min, and the initial CIP concentration of 20 mg/L. According to Fig. 9, the removal efficiency of CIP increased with increasing the temperature. Similar pattern was observed in different pH conditions.

Determination of adsorption kinetics

To determine the kinetics of adsorption, the previous information obtained from the effect of adsorbent dosage at 40 °C and different time intervals under pH values of 3, 7, and 12 was used (Fig. 10).

In this regard, intraparticle diffusion (IPD), the pseudo-first-order (PFO), and pseudo-second-order (PSO) models were used to investigate the mechanism of adsorption, by which MWCNTs/AC eliminated CIP. The kinetic models are presented in the following linear formulas:

\[
\log q_e - q_t = \log q_e - \frac{k_1}{2.303} t
\]  

\[
\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{1}{q_e}
\]

where \(q_e\) and \(q_t\) are the amounts of pollutant adsorbed on an absorbent (mg/g) at equilibrium and time \(t\) (min), respectively. \(k_1\) is the rate constant of PFO (1/min). Values of \(k_1\) and \(q_e\) can be obtained by the slope and intercepts of the plot of \(\log (q_e - q_t)\) versus \(t\). In Eq. 6, \(k_2\) is the rate constant of PSO (g/mg min).

In addition, the intraparticle diffusion model (IPD) is conveniently used to describe the diffusion mechanism. The model can be epitomized as follows (Alimohammadi et al. 2017; Balarak et al. 2017):

\[
q_t = k_{id} \cdot t^{1.2} + C
\]
where \( k_{id} \) is the rate constant for intraparticle diffusion (mg/g). \( C \) is the intercept and represents the thickness of the boundary layer (mg/g), the effect of which depends on the intercept value.

As a matter of fact, in the pseudo-second-order, it was assumed that two reactions occurred. One of the reactions proceeded more rapidly, and the subsequent reaction proceeded at a lower rate and continued for a long period of time (Arasteh et al. 2010; Dehghani et al. 2014). The kinetic adsorption parameters of the first-order and pseudo-second-order models are given in Table 2.

According to the results, the mechanism of adsorption followed the pseudo-second-order model. As shown in Table 2, the equilibrium adsorption capacity \( q_e \) (Cal) values are close up to the experimental \( q_e \) (Exp) values, indicating the applicability of this kinetic model for the adsorption process behavior. Also, \( R^2 \) values show the high rate of the initial adsorption. Based on the intraparticle diffusion model, the high \( C \) parameter values showed that the effect of the boundary layer was also responsible for adsorption. The multilinearity of the plot of \( q \) versus \( t^{0.5} \) and/or deviation of the plots from the origin further confirms that the process of adsorption is complex and some other mechanisms along with intraparticle diffusion control the steps of the process (Jerold et al. 2017).

**Determination of adsorption isotherms**

In this study, the Langmuir, Freundlich, and Temkin isotherm models were used to interpret and describe the data obtained from the adsorption of CIP.

The Langmuir isotherm model shows that distribution of solute molecules onto the surface of adsorbent has a monolayer pattern. As a solute molecule attaches to the active site placed on the adsorbent, no further adsorption can occur at that site (Naushad et al. 2013). The linear form of Langmuir isotherm model is expressed via Eq. (7):

\[
\frac{C_e}{q_e} = \frac{1}{K_a q_m} + \frac{C_e}{q_m}
\]  

Separation factor \( (R_L) \), as a dimensionless parameter, is presented via Eq. (8).

\[
R_L = \frac{1}{1 + K_a C_0}
\]
where Langmuir constants \((C_e, q_e, q_m\) and \(K_a\)) refer to the equilibrium concentration of CIP in a solution (mg L\(^{-1}\)), the amount of adsorbed CIP (mg g\(^{-1}\)), the maximum adsorption capacity of monolayer (mg L\(^{-1}\)), and adsorption energy (L mg\(^{-1}\)), respectively, which were calculated using the plot of \(C_e\) versus \(C_e\) (Naghipour et al. 2016).

Freundlich isotherm model was used to determine the multilayer adsorption of adsorbate on the surface of adsorbent. It also assumes that adsorption occurs on heterogeneous surfaces and can be expressed using Eq. (9) (Pourkarim et al. 2017);

\[
\log q_e = \log K_f + \frac{1}{n} \log C_e
\]  

(9)

where Freundlich isotherm constants \((K_f \text{ and } n)\) are the extent of adsorption (mg g\(^{-1}\)) and adsorption intensity of system calculated from the plot of \(\log q_e\) versus \(\log C_e\).

The Temkin model is used to determine the adsorption heat (adsorption energy) and interactions between adsorbent and adsorbate. This isotherm assumes that the decrease in the adsorption energy of all the molecules in a layer along with the monolayer sorption on the active sites is due to the interactions between adsorbent and adsorbate. The linear form of the Temkin model is as follows (Bazrafshan et al. 2015; Massoudinejad et al. 2019):

\[
q_e = B_1 \ln(K_t) + B_1 \ln(C_e)
\]

where \(B_1 (RT/b_1)\) denotes the Temkin constant (J/mol). \(R\) is the universal gas constant and equal to 8.314 J/mol K. \(T\) is the absolute temperature (°K). \(k_t\) and \(b_1\) represent the equilibrium binding constant (L/g) and the heat of adsorption (kJ/mol), respectively.

The whole data related to the three models are summarized in Table 3, and the equilibrium curves at different pH conditions are shown in Fig. 11.

According to the results (Table 3), the maximum adsorption capacity for the Langmuir model in pH values of 3, 7, and 12 was obtained 181.502, 208.937, and 209.755, respectively. These findings showed great potential capacity of the adsorbent to remove CIP from wastewater. However, the results showed that the Freundlich isotherm model in different pH values of 3, 7, and 12 with \(R^2 = 0.9966, R^2 = 0.9966, \text{ and } R^2 = 0.9937\), respectively, performed better compared to the Langmuir isotherm. Moreover, due to that the 1/n slope ranged between 0 and 1, it can be assumed that the amount of the adsorption was desirable. In addition, the \(n > 1\) amount may assume that the adsorption process occurred in a physical, simple, and fast manner (Dehghani et al. 2014). In addition, based on the data obtained, the magnitude of \(b_1\) value showed the fast removal of CIP at the initial stage, and the smallness of \(k_t\) value showed the weak bonding of CIP molecules onto the composite.

### Determination of adsorption thermodynamics

In the present study, we also determined whether the adsorption process by MWCNTs/AC was spontaneous. The data of adsorption thermodynamics are presented in Table 4.

As shown by the results, the negative values were obtained for \(\Delta G^o\), indicating that the CIP adsorption by the MWCNTs/AC adsorbent was a spontaneous process. In addition, \(\Delta H^o\) values indicated that the CIP adsorption was an endothermic process. Furthermore, the negative values of \(\Delta S^o\) revealed that the adsorption process of CIP on the adsorbent was associated with decreased entropy. Due to that...
### Table 3 Parameters of Langmuir and Freundlich isotherm models for CIP adsorption at different pH of 3, 7, and 12

| pH  | $Q_m$ (mg/g) | $K_L$ (L/mg) | $R_L$ | $R^2$   |
|-----|--------------|--------------|-------|---------|
|     |              |              |       |         |
| Langmuir isotherm model | | | | |
| 3   | 181.502      | 9.301        | 0.002 | 0.9406  |
| 7   | 208.937      | 30.780       | 0.001 | 0.9773  |
| 12  | 209.755      | 2.535        | 0.007 | 0.9798  |
| pH  | $n$ | 1/$n$ | $K_F$ (mg/g) (L/mg)$1/n$ | $R^2$ |
| Freundlich isotherm model | | | | |
| 3   | 2.5269       | 0.3957       | 172.808 | 0.9966  |
| 7   | 2.3362       | 0.4280       | 372.206 | 0.9966  |
| 12  | 2.2559       | 0.4433       | 132.825 | 0.9937  |
| pH  | $b_1$ | $\kappa_1$ | $R^2$ |
| Temkin isotherm model | | | | |
| 3   | 0.0531       | 50.08        | 0.9209 |
| 7   | 0.0474       | 205.20       | 0.9621 |
| 12  | 0.0466       | 1715         | 0.9767 |

**Fig. 11** Adsorption isotherms, a Langmuir isotherm related to the adsorption of CIP by MWCNTs/AC. (Conditions: pH 3, 7, and 12); b Freundlich isotherm of CIP adsorption by MWCNTs/AC. (Conditions: pH 3, 7, and 12); and c Temkin isotherm of CIP adsorption by MWCNTs/AC. (Conditions: pH 3, 7, and 12)
Δ\( \Delta G^\circ \) ranged between 0 and 20, it can be speculated that the adsorption was a physical process (Li et al. 2018). The thermodynamic results of the CIP adsorption by MWCNTs/AC in pH of 3, 7, and 12 are described in Table 4 and Fig. 12.

### The MWCNTs/AC performance to remove CIP from sewage samples in optimal conditions

In this step, we aimed to determine the adsorption capacity of MWCNTs/AC using sewage samples obtained from the Hajar Hospital, Shahrekord, Iran. Sewage was sampled with the coordination and permission of the Hajar Hospital. In this regard, we examined the quality of the sewage samples in terms of COD, BOD, pH, EC, opacity, and CIP concentration, which is summarized in Table 5.

The experiments were carried out under the optimal conditions (the contact time of 30 min, adsorbent dosage of 20 mg/L, and temperature of 40 °C), as determined previously. The results showed that in this condition, 73% of CIP was removed by MWCNTs/AC.

### Adsorbent recovery

As previously mentioned, three different washing methods were used for adsorbent recovery. According to Fig. 13, washing with NaOH obtained the highest value of adsorbent recovery, in which 96.7% of the initial adsorbent was recovered. However, only 94.1 and 86.5% of the initial adsorbent after treatment were recovered using distilled water and H\( \text{H}_2\text{SO}_4 \), respectively.

### Effect of solution pH on removal efficiency

One of the parameters that can affect the adsorption process is the pH of a solution. The reason is that the pH of a solution may change the surface chemistry of the adsorbent, as well as the charges of adsorbate residues. Thus, it can

| Parameter | Amount | Dimension |
|-----------|--------|-----------|
| COD       | 415    | mg/L      |
| BOD       | 320    | mg/L      |
| pH        | 7.1    | –         |
| EC        | 853.91 | \( \mu \text{S/cm} \) |
| Opacity   | 93     | NTU       |
| Concentration of CIP | 1.12 | mg/L |

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**Table 4** The thermodynamic results of CIP adsorption by MWCNTs/AC at pH 3, 7, and 12

| \( T \) (K) | \( C_e \) (mg/L) | \( K_p \) | \( \Delta G^\circ \) (kJ/mol) | \( \Delta H^\circ \) (kJ/mol) | \( \Delta S^\circ \) (J/mol K) |
|------------|-----------------|----------|-----------------------------|-----------------------------|-----------------------------|
| pH 3       |                 |          |                             |                             |                             |
| 283        | 145.920         | 4.493    | −10.571                     | −51.306                     | −216.323                    |
| 293        | 147.450         | 4.947    | −12.117                     |                             |                             |
| 303        | 148.200         | 5.327    | −13.419                     |                             |                             |
| 313        | 148.740         | 5.678    | −14.799                     |                             |                             |
| 323        | 149.805         | 7.560    | −20.302                     |                             |                             |
| pH 7       |                 |          |                             |                             |                             |
| 283        | 147.900         | 5.171    | −12.167                     | −86.745                     | −346.863                    |
| 293        | 149.250         | 6.210    | −15.128                     |                             |                             |
| 303        | 149.550         | 6.722    | −16.934                     |                             |                             |
| 313        | 149.850         | 7.823    | −20.358                     |                             |                             |
| 323        | 150             | 10.127   | −27.195                     |                             |                             |
| pH 12      |                 |          |                             |                             |                             |
| 283        | 135.900         | 3.182    | 7.487                       | −54.239                     | −218.727                    |
| 293        | 143.400         | 3.995    | 9.732                       |                             |                             |
| 303        | 147.600         | 5.035    | −12.684                     |                             |                             |
| 313        | 148.35          | 5.415    | −14.91                      |                             |                             |
| 323        | 149.100         | 6.026    | −16.182                     |                             |                             |

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**Table 5** Physicochemical properties of sewage sample obtained from Hajar Hospital in Shahrekord

| Parameter       | Amount | Dimension |
|-----------------|--------|-----------|
| COD             | 415    | mg/L      |
| BOD             | 320    | mg/L      |
| pH              | 7.1    | –         |
| EC              | 853.91 | \( \mu \text{S/cm} \) |
| Opacity         | 93     | NTU       |
| Concentration of CIP | 1.12 | mg/L |

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**Fig. 12** Thermodynamics of CIP adsorption by MWCNTs/AC at pH 3, 7, and 12
influence the chemical interaction between the adsorbent and adsorbate (Li et al. 2009). The results showed that the CIP removal efficiency increased with increasing the pH value from 3 to 7 and reached its maximum level at pH 7. However, by increasing pH from 8 to 12, the CIP adsorption decreased. This may be due to that the oxygen-containing functional groups were deionized with higher rate in the alkaline pH region, which, in turn, led to the adsorption of H₂O molecules to the surface of the adsorbent. These H₂O molecules may also intervene with the adsorption of CIP molecules by MWCNTs/AC and can result in decreased removal efficiency in higher pH values (Al-Kaim et al. 2008; Bazrafshan et al. 2013; Xiao et al. 2014).

Similar to our result, Liu et al. (2019) showed that the maximum removal efficiency (85.24%) of sulfamethazine and sulfamethoxazole from aqueous solutions was obtained at pH 5–7 by AC-modified hexadecyl trimethyl ammonium. In another study, Ibrahim et al. investigated the CIP adsorption using AC obtained from palm leaflets. They found that the peak removal efficiency of CIP was achieved at pH 6 (El-Shafey et al. 2012).

These findings are consistent with our results and show that the highest electrostatic interactions between the adsorbent and adsorbate are in the neutral pH region (El-Shafey et al. 2012).

**Effect of the initial CIP concentration on removal efficiency**

It was observed that by increasing the initial concentration of CIP, the removal efficiency decreased, which is more likely to be due to the limited availability of the active sites for the adsorption of CIP (Ghobadi et al. 2013).

In this regard, Malakootian (2017) investigated the removal of 4-chlorophenol from aqueous environments using oxidized multiwalled carbon nanotubes and concluded that by increasing the initial concentration of 4-chlorophenol from 15 to 80 mg/L, the removal efficiency decreased from 91.8 to 79% (Malakootian 2017).

Al-Heetimi et al. (2014) also investigated the adsorption of CIP hydrochloride from aqueous solutions using Iraqi Porcelainite. They found that increasing the CIP concentration improved the removal efficiency; however, this is not true for high concentrations (Al-Heetimi et al. 2014). Their results are not consistent with the results of the present study, and those reported by Malakootian (2017) and Al-Heetimi et al. (2014), assuming that the increase in the CIP concentration and adsorption could be due to the driving force provided by the initial concentration of CIP to overcome the mass transfer resistance between the aqueous and solid phases (Al-Heetimi et al. 2014).

Abdelsalam et al. (2010) assessed the removal of 2, 3-dichlorophenol from aqueous solutions by multiwalled carbon nanotubes. They found that increasing the concentration of pollutant from 1 × 10⁻⁴ to 8 × 10⁻⁴ mg/L reduced the removal efficiency (Salam et al. 2010). To some extent, the results of their study are consistent with the results of the present study; accordingly, with increasing the concentration of adsorbate, the number of active sites on the adsorbent decreased (Ghobadi et al. 2013).

**The effect of contact time on removal efficiency**

We showed that the CIP adsorption by MWCNTs/AC increased continuously with an increase in contact time until reaching equilibrium. Moreover, a rapid removal of CIP was observed in the early stages of the adsorption process, which may likely be due to the highest adsorption capacity of the nanotubes at the beginning of the adsorption (Li et al. 2010), as well as due to the high number of free active sites, which were limited as the process progressed (Bazrafshan et al. 2013).

Consistent with our findings, Parlayici et al. (2015) also showed that the removal of chromium (VI) using AC-supported-functionalized carbon nanotubes first increased by increasing contact time up to 50 min and then decreased or remained almost constant above 60 min. In a study conducted by Yu et al., similar findings were also obtained. They observed that the CIP adsorption by multiwalled carbon nanotubes with different oxygen contents from aqueous solutions increased sharply in the first 10 min of the process, but reached equilibrium after 60 min (Yu et al. 2016). These results again confirmed the findings of our present study and especially supported the hypothesis that more active sites are available in the beginning of adsorption (Bazrafshan et al. 2013).
The effect of adsorbent dosage on removal efficiency

According to the findings, by increasing adsorbent dosage, the removal efficiency of CIP increased. It is conceivable that, by increasing the adsorbent concentration, the binding sites increased and as a result greater amount of CIP was adsorbed (Worch 2012). In accordance with our results, Mosavi et al. and Samadi et al. in two independent studies used multiwalled carbon nanotubes to remove humic acid and amoxicillin from aquatic solutions, respectively. They found that by increasing the adsorbent, the removal efficiency increased (Moussavi et al. 2014; Samadi et al. 2014).

However, other studies yielded opposite findings. Yu et al. (2016) showed that with increasing the AC concentration obtained from palm leaflets, the removal efficiency of CIP was reduced. It is probable that the adsorption capacity of the adsorbent was not fully utilized at a higher adsorbent dosage in comparison with lower adsorbent dosages.

The effect of temperature on the removal efficiency

The adsorption of CIP increased with an increase in temperature. As a fact, by increasing temperature, the molecular movement increases and this can possibly increase the collision frequency between the adsorbent and adsorbate. Thus, the adsorption process can be enhanced. Moreover, temperature increase contributes to the activation energy of reaction and decreases the chemical adsorption capacity while increasing the physical adsorption capacity (Naghizadeh et al. 2011).

Al-Heetimi et al. also investigated the effect of temperature on CIP removal using Iraqi Porcelinaite. In line with the result of the present study, they found that the adsorption of CIP increased by the temperature increase (Al-Heetimi et al. 2014). Similarly, El-Shafey et al. (2012) also revealed that as temperature elevated, the CIP adsorption by a carbonaceous adsorbent produced from date palm leaflets also increased. They assumed that the temperature increase contributed to the adsorbent swollen and resulted in more free active sites for CIP.

Isotherm of adsorption

According to the results of the experiments, the adsorption isotherm of the present study fitted the Freundlich model better than the Langmuir model (Table 3). Similarly, Al-Heetimi et al. showed that the sorption of CIP using Iraqi Porcelinaite followed the Freundlich model. In another study conducted by Dehghani et al., the performance of multiwall carbon nanotubes was explored for phenol removal from aqueous solutions. They showed that the equilibrium data followed a Freundlich isotherm model (Al-Heetimi et al. 2014, Dehghani et al. 2014). The consistency of these results with our findings can be due to the use of the same type of pollutant surveyed. However, other studies have used multiwalled carbon nanotubes and have found that the adsorption isotherm follows the Langmuir model (Bazrafshan et al. 2013; Parlayici et al. 2015; Li et al. 2018). It appears that these results from the different pollutants investigated in these studies compared with the abovementioned studies.

Kinetics of adsorption

Pseudo-first- and second-order kinetic models were used in the present study, and it was revealed that the adsorption data fitted well with pseudo-second-order model (Table 2). Therefore, it is obvious that the adsorption of CIP by MWCNTs/AC is a rate-limiting process. In other studies by El-Shafey et al. (2012), Yu et al. (2016), and Peng et al. (2015), multiwalled carbon nanotubes with different oxygen contents, chemically prepared carbon from date palm leaflets and ordered mesoporous carbon, and bamboo-based carbon were, respectively, used to remove CIP from aqueous solutions and similar results were obtained. The results showed that the kinetics of the adsorption process fitted the pseudo-second-order model (El-Shafey et al. 2012; Peng et al. 2015; Yu et al. 2016). To some extent, the results of the above-mentioned studies are consistent with the results of the present studies, which may be due to the similarity of the examined adsorbent and adsorbate.

Adsorption thermodynamics

Herein, we calculated the changes in enthalpy (ΔH°) and entropy (ΔS°) for the CIP adsorption. Considering the positive values obtained for ΔH°, it can be assumed that the adsorption was an endothermic process. Given that ΔG° values were between 0 and −20 kJ/mol, it can be concluded that the process had physical characteristics (Li et al. 2018). Moreover, the negative value of ΔG° indicated that the adsorption process occurred spontaneously. Further, the negative values of ΔS° indicated a decrease in randomness at the adsorbent–adsorbate interface during the adsorption of CIP onto MWCNTs/AC.

In this regard, El-Shafey et al. (2012) showed that the CIP adsorption by AC produced from palm leaflets was an endothermic, spontaneous process which had physical characteristics. The same findings were also obtained by Al-Heetimi et al. (2014) and Mao et al. (2016), who used an Iraqi Porcelinaite adsorbent and a modified magnetic carbon composite, respectively, for CIP removal from aquatic solutions.

Altogether, the maximum removal efficiency of CIP by MWCNTs/AC using a synthetic solution was obtained in pH of 7, contact time of 30 min, adsorbent dosage of 20 mg/L, temperature of 40 °C, and initial CIP concentration of...
20 mg/L. Then, the adsorption of CIP under optimal conditions for an actual sewage sample was obtained 73%; however, this value for the synthetic solution was 100%. The reduced removal efficiency in the actual sample can be due to interfering factors including cations, anions, and other contaminants which are present in the sewage sample.

**Adsorption mechanism**

Considering that the adsorbent pH_{ZPC} 8 has been obtained, at pH values above eight levels of adsorbent have a negative bar and at pH below 8 levels of adsorbent have a positive bar. The optimum pH of the process is 7, so at this pH the adsorbent level will be positively bar. Now, in order to maximize the interaction of electrostatic gravity between adsorbent (positive-load) and contaminant, the pollutant must be negatively bar. The optimum pH of the process is 7, and at this pH, CIP is in the form of bipolar (neutral), not anionic form. So here the effect of electrostatic gravity does not have much effect, and often the contaminant release solvent effect is affected (Rasoulzadeh et al. 2019) (Fig. 14).

**Comparison of the performance of the AC, MWCNTs, MWCNTs/AC adsorbents**

In the present study, the adsorption capacity of MWCNTs/AC to remove CIP was obtained 150 mg/g with the removal efficiency of 100%. Our results showed greater adsorption capacity of MWCNTs/AC as well as higher CIP removal efficiency compared with the findings of Li et al. (2015) (the maximum adsorption capacity of CIP onto electrospun carbon nanofibers was found to be 0.68 mmol/g), Mao et al. (2016) (the maximum adsorption capacity of CIP by the modified magnetic carbon composite was obtained 90.1 mg/g), and Parlayici et al. (the maximum adsorption capacity for Cr(VI) using AC/f-MWCNTs was found to be 113.29 mg/g). Moreover, our results are comparable with the findings of Ademiluyi et al. (2009), who showed the removal efficiency of 62.4% for organic contaminants by AC from waste Nigerian Bamboo.

**Recovery of the MWCNTs/AC adsorbent**

In the present study, the adsorbent was efficiently recovered by the NaOH solution. However, Ching et al. used electrochemical processes in order to recover carbon nanotubes and achieved the maximum regeneration efficiency of 69% (Yuan et al. 2011). Moreover, Bina et al. (2012) showed that the thermal regeneration could enhance the adsorbent performance.

**Conclusions**

In the present study, the adsorption of ciprofloxacin (CIP) in the batch system on MWCNTs/AC was investigated. This adsorbent was described following its characterization and identification by different analytical techniques like particle size distribution (PSD), Fourier transform infrared spectroscopy (FTIR), and scanning electron microscopy (SEM). The important parameters affecting the removal efficiency of CIP, such as initial concentration of CIP, adsorbent dosage, pH of the solution, temperature, and contact time, were investigated. The results of FTIR showed that MWCNTs/AC functional groups involve in the adsorption of CIP molecules. The results of BET suggested MWCNTs/AC composite to be a mesoporous material. Adsorbent dosage, contact time, and temperature potentially affect the adsorption capacity. The outstanding removal efficiency of 73% was obtained using MWCNTs/AC in an actual sample. Quantity uptake of CIP was evaluated using the Langmuir, Freundlich, and Temkin models. According to the results, Freundlich isotherm fitted well with the experimental data. Kinetic studies showed that the pseudo-second-order model fitted well with the experimental data. Therefore, it is suggested that MWCNTs/AC composite can effectively be used as a
potentially tool for environmental applications, especially in antibiotic removal.

Acknowledgements This research emanated from a Master’s thesis was conducted at the Environmental Health Engineering Research Center and was sponsored by the Vice-Chancellor for Research and Technology of the Kerman University of Medical Sciences. A note of appreciation is expressed here to the Vice-Chancellor and all the university staff who provided assistance to make this study possible.

Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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