Inhibition of N$_2$ Fixation by N Fertilization of Common Bean (*Phaseolus vulgaris* L.) Plants Grown on Fields of Farmers in the Eastern Cape of South Africa, Measured Using $^{15}$N Natural Abundance and Tissue Ureide Analysis

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Inhibition of N$_2$ fixation in N-fertilized common bean (*Phaseolus vulgaris* L.) plants growing on the fields of farmers in the Eastern Cape of South Africa was measured using $^{15}$N natural abundance and tissue ureide analysis. The N-fertilized bean plants revealed greater soil N uptake, higher concentrations of nitrate in organs, low tissue ureide levels, and much lower percent relative ureide-N abundance when compared with unfertilized plants. In contrast, the unfertilized plants showed greater nodule fresh weight, higher N derived from fixation (e.g., 84.6, 90.4, and 97.1% at Lujecweni fields 2, 3, and 4, respectively), increased amount of N-fixed (e.g., 163.3, 161.3, and 140.3 kg ha$^{-1}$ at Lujecweni fields 2, 3, and 4, respectively), greater ureide concentration in stems and petioles, higher % relative ureide-N abundance, and low soil N uptake. We also found that the percent N derived from fixation (%Ndfa) was very high for some bean plants receiving a double dose of N fertilizer [e.g., Lujecweni field 1 (51.8%) and Tikiti field 1 (53.3%), and quite high for others receiving a single dose of N fertilizer [e.g., Tikiti field 2 (50.1%), Mfabantu fields 1 and 2 (45.5 and 79.9%, respectively), and St. Luthberts field 1 (58.9%)]. Though not assessed in this study, it is likely that the rhizobia that effectively nodulated the N-fertilized bean plants and fixed considerable amounts of symbiotic N had constitutive and/or inducible nitrate reductase genes for reducing nitrate in nodules and bacteroids, hence their ability to form root nodules and derived high %Ndfa in bean with added N. While single- and double-dose N fertilizer applications increased plant growth and grain yield compared to unfertilized bean plants, the single-dose N fertilizer application produced much greater grain yield than the double dose. This indicates that farmers should stop using a double dose of N fertilizers on bean production, as it decreases yields and can potentially pollute the environment. This study has however shown that government supply of free N fertilizers to resource-poor farmers in South Africa increased bean yields for food/nutritional security.

Keywords: symbiosis, soil N uptake, N-fixed, %Ndfa, ureide, percent relative ureide abundance
INTRODUCTION

Legume N₂ fixation is important for sustainable cropping systems in both tropical and subtropical environments, where the soils are naturally deficient in N (Graham and Vance, 2003). The legume-rhizobia symbiosis can provide symbiotic N for meeting the N demand of legumes and, in so doing, spare endogenous soil N for use by cereal crops, in addition to increasing soil N supply through decomposition of legume residues and improving soil structure and organic matter content (Maingi et al., 2000).

Several studies have assessed N nutrition in common bean (Farid and Navabi, 2015; Farid et al., 2016; Jiang et al., 2020), and symbiotic N₂ fixation has generally been found to be lower in common bean when compared to other legumes (Farid et al., 2016). However, applying Rhizobium strain HB-429 to common bean crop increased plant growth, percent N derived from fixation (%Ndfa), the amount of N-fixed, and grain yield by 19, 17, 54, and 48%, respectively, over the uninoculated control in Ethiopia (Samago et al., 2018). These findings show that supplying rhizobial inoculants can replace chemical N fertilizer use and increase bean yields in Ethiopia. An additional benefit following grain harvest in legumes is the release of fixed-N by the legume residues into the soil, which is generally regarded as slow and can match plant uptake from the soil with symbiotic N supply by residues (Chikanai et al., 2018), thus reducing leaching, runoff, and environmental pollution, which are common with added N fertilizer.

In an attempt to increase grain yield and improve household food security, the South African government embarked on a program of providing free inputs, such as improved seeds and the fertilizers NPK, urea, and limestone ammonium nitrate (LAN), for use by resource-poor farmers instead of rhizobial inoculants. Although N fertilizers can be used to overcome the inherently low nutrient levels in African soils and increase crop yields, they are expensive and inaccessible to resource-poor farmers, hence the free N supply to poor farmers by the South African government. Although government supply of fertilizers has increased the production of maize and common bean, in particular, the two major staple foods in South Africa, no study has evaluated the effect of frequent N fertilizer use on plant growth and N₂ fixation of common bean on the fields of farmers. However, the suppressive effects of N fertilizers on legume N₂ fixation is known. For example, high concentrations of NH₃ can inhibit nod-genie expression, nodule formation, and nitrogenase activity in legumes (Vieira et al., 1998; Li et al., 2009), thus reducing their symbiotic N yield. Nitrate is also known to reduce the oxygen diffusion barrier and inhibit nodule functioning via the formation of nitrosylleghemoglobin, which reduces oxygen supply to respiring bacteroids for ATP formation (Dakora and Atkins, 1989).

Several techniques are available for estimating legume N₂ fixation in the field, which include the ¹⁵N natural abundance technique and the urease assay. Although the ¹⁵N natural abundance technique is robust in quantifying N₂ fixation in legumes (Unkovich et al., 1994; Mohale et al., 2013), it assumes plant uptake of only two sources of N (soil N and atmospheric N₂), which therefore limits its application in situations where external N is added to the soil (Unkovich et al., 2008). Even if there are non-fixing, non-legume plant species growing on the field and sourcing N from the soil and added fertilizer, the ¹⁵N natural abundance technique can still be used to estimate N₂ fixation in the legume species, such as the N-fertilized common bean plants on the fields of farmers. Additionally, tropical legumes belonging to the tribe Phaseoleae (e.g., common bean) export their fixed-N from nodules to shoots in the form of ureides (allantoin and allantoic acid) via the xylem stream (Herridge and People, 1990; Dakora et al., 1992). The concentration of ureides relative to other nitrogenous solutes (nitrate and amino acids) in the xylem sap, stems, or petioles of the tribe Phaseoleae is a reliable measure of N₂ fixation (Herridge and People, 1990; Unkovich et al., 2008) that is not limited by external N inputs.

The application of N fertilizer to symbiotic legumes can decrease nodulation, N₂ fixation, and even grain yield. We hypothesize that the program of providing free N fertilizers (NPK, urea, and LAN) by the South African government to resource-poor farmers could increase grain yield but decrease nodulation and N₂ fixation in beans. This study aimed to assess the effect of N fertilization on plant growth, N₂ fixation, and grain yield of common bean planted without rhizobial inoculation on the fields of farmers in the Eastern Cape Province of South Africa, using the ¹⁵N natural abundance technique and ureide assay.

MATERIALS AND METHODS

Soil Sampling and Analysis

In each field, bulk soil was sampled (0–20 cm depth) from empty spaces in between plants using an augur. The soil samples from each farm were pooled, taken to the laboratory, air-dried, and sieved (2 mm). Subsamples were taken and analyzed for pH (KCl), %C (Walkley and Black, 1934), P (Bray and Kurtz, 1945), CEC, Ca, K, Mg, Fe, Mn, and B (ammonium acetate method), and total N using the Kjeldahl digestion.

Plant Sampling and Processing

In this study, plants were sampled from the fields of 14 farmers located in six villages [namely, Lujecweni (31.6103°S; 28.8619°E), Ngcolosi (31.4000°S; 28.7000°E), Tikitiki (31.4000°S; 28.7000°E), Mfabantu (31.5706°S; 29.0014°E), Nomhala (31.1523°S; 28.3714°E), and St. Luthberts] in the Eastern Cape Province of South Africa. The number of farmer fields sampled varied from village to village depending on the willingness of farmers to allow plants to be collected from their fields. A paired legume-reference plant sampling procedure was used, as described by Unkovich et al. (1994). Ten plants were randomly selected from each farm at the pod-filling stage, dug up, and separated into nodulated roots and shoots plus pods. The shoots of non-legume plant species growing among the common bean plants in the field of each farmer (and which received the same blanket N fertilizer treatment applied to the field before planting the beans) were also harvested as reference plants for the estimation of soil N uptake by legumes. All bean plant materials (i.e., shoots plus pods) and shoots only of reference plants were oven-dried separately at 60°C for 48 h, weighed,
In this study, the B-value used (Cataldo et al., 1975), as outlined by Unkovich et al. (2008). The percent relative ureide abundance (%), measured as described by Herridge et al. (1982a,b), was calculated as described by Herridge (1982a,b):

Relative ureide abundance(%) = \frac{400 \text{ ureide} - N}{4 \text{ ureide} - \text{nitrates} - N} \times 100

**Ureide and Nitrate Assay**

Ureides and nitrate in finely ground powder of stems and petioles were extracted using hot water, as described by Unkovich et al. (2008). The ureide concentration in plant extracts was analyzed using the Rimini-Schryver reaction as described by Young and Conway (1942), whereas nitrate was analyzed using the salicylic acid method (Cataldo et al., 1975), as outlined by Unkovich et al. (2008). The concentrations of nitrate and ureides in stems and petioles were expressed on per gram oven-dried organ basis, and total nitrate-N and ureide-N were estimated for each sample (Unkovich et al., 2008). The percent relative ureide abundance in stems and petioles was calculated as described by Herridge (1982a,b):

**Measurement of N$_2$ Fixation**

15N/14N Isotopic Analysis

Finely ground plant material was weighed into Al tin capsules (1–2 mg/legume sample and 2–3 mg/reference plant) and analyzed for %Ndfa and 15N/14N ratio using a Carlo Erba NA1500 elemental analyzer (Fisons Instruments SpA, Strada, Rivolta, Italy) coupled to a Finnigan MAT252 mass spectrometer via Conflo II open-split device. The 15N natural abundance was expressed as δ (delta) notation and is per mille deviation of the 15N natural abundance of the sample from atmospheric (atm) N$_2$ (0.36637 atom %15N). The isotopic composition (δ15N) was measured as described by Unkovich et al. (2008):

δ15N = \frac{\left(\frac{15N}{14N}\right)_{\text{sample}} - \left(\frac{15N}{14N}\right)_{\text{atm}}}{\left(\frac{15N}{14N}\right)_{\text{atm}}} \times 1000

where 15N/14N$_{\text{sample}}$ is the abundance ratio of 15N and 14N in the common bean sample, and 15N/14N$_{\text{atm}}$ is the abundance ratio of 15N and 14N in the atmosphere.

**Shoot N Content**

The N content of common bean shoots was determined as the product of %Ndfa and shoot dry weight (Pausch et al., 1996; Peoples et al., 2009; Angus and Peoples, 2012).

**Percent N Derived From Fixation**

The percent N derived from the symbiotic fixation of atmospheric N$_2$ was estimated using the equation (Shearer and Kohl, 1986; Unkovich et al., 2008):

\[
\text{%Ndfa} = \frac{\delta^{15}N_{\text{ref}} - \delta^{15}N_{\text{leg}}}{\delta^{15}N_{\text{ref}} - B_{\text{value}}} \times 100
\]

where the δ15N$_{\text{ref}}$ is the 15N natural abundance of reference plants, δ15N$_{\text{leg}}$ is the 15N natural abundance of legume, and the B-value is the 15N natural abundance of the test legume (common bean) wholly dependent on N$_2$ fixation for its N nutrition. The B-value replaces the value of atmospheric N$_2$ as it incorporates the isotopic fractionation associated with N$_2$ fixation (Unkovich et al., 2008). In this study, the B-value used (−2.16‰) was obtained from Unkovich et al. (2008).

**Amount of N-fixed**

The amount of N-fixed was calculated as described by Maskey et al. (2001):

\[
N - \text{fixed} = \text{amount of shoot } N \times \%\text{Ndfa of shoots}
\]

N-fixed per hectare was estimated as the product of N-fixed in shoots per plant and plant density per hectare. The plant density in each field was measured by counting the number of common bean plants in a 3-m$^2$ quadrant, which was then used to estimate plant population per hectare.

**Statistical Analysis**

Statistical analyses were carried out using the STATISTICA package (StatSoft Inc., Tulsa, OK, USA). Data were subjected to a normal distribution test, followed by a one-way ANOVA. Where there were significant differences, treatment means were separated using the Duncan multiple range test at p ≤ 0.05.

**RESULTS**

**Soil Chemical Properties**

All the sites used in this study were characterized by acidic soils with pH ranging from pH 4.1 at Tikiti field 1 and 2, and Lujeceweni field 4 to pH 5.3 at Mfabantu field 2. Generally, the soils appeared to have low levels of N and intermediate to high levels of %C, Ca, Mg, P, Mn, B, and Fe. Nevertheless, plant-available P was lowest in the soil from Nomhala field 2, followed by Tikiti field 1, Ngcolosi field 1, and St. Luthberts field 1 (Table 1).

δ15N of Reference Plants

At least five non-legume plant species were collected from the field of each farmer for 15N/14N isotopic analysis. Across the fields of farmers, the δ15N of all reference plants ranged from +0.02 to +9.37‰, whereas the combined δ15N of the reference plant species sampled from the different fields ranged from +3.03 to +6.87‰ (Table 2).
### TABLE 1 | Chemical properties of bulk soil (0–20 cm depth) sampled from the fields of farmers.

| Location  | Farm | Fertilizer used | pH (KCl) | N (Cmol(+)kg⁻¹) | CEC | P Avail (mg kg⁻¹) | K | Ca | B | Fe | Mn |
|-----------|------|----------------|----------|-----------------|-----|-----------------|---|---|---|----|----|
| Lujecweni | 1    | NPK, Urea      | 4.3      | 0.026 0.65 5.6  | 25  | 142 282 0.16    | 135 | 213 |   |    |    |
|           | 2    | None           | 4.2      | 0.030 0.57 5.9  | 25  | 171 282 0.17    | 171 | 211 |   |    |    |
|           | 3    | None           | 4.5      | 0.030 0.61 3.4  | 12  | 150 284 0.16    | 131 | 162 |   |    |    |
|           | 4    | None           | 4.1      | 0.033 0.55 6.3  | 17  | 106 248 0.17    | 168 | 242 |   |    |    |
|           | 5    | NPK, Urea      | 4.2      | 0.035 0.61 7.8  | 14  | 136 258 0.17    | 119 | 242 |   |    |    |
| Ngcolosi  | 1    | NPK, LAN       | 4.5      | 0.030 0.66 5.7  | 9   | 84 320 0.13     | 141 | 217 |   |    |    |
|           | 2    | NPK            | 4.1      | 0.035 1.04 5.9  | 7   | 64 290 0.18     | 145 | 161 |   |    |    |
|           | 3    | NPK, LAN       | 4.5      | 0.082 1.46 13.3 | 27  | 98 584 0.16     | 146 | 226 |   |    |    |
|           | 4    | NPK            | 5.2      | 0.052 0.98 13.3 | 34  | 94 762 0.16     | 128 | 210 |   |    |    |
| Mfabantu  | 1    | NPK            | 5.5      | 0.042 0.83 12.1 | 34  | 94 762 0.16     | 128 | 210 |   |    |    |
|           | 2    | NPK            | 5.3      | 0.042 0.83 12.1 | 34  | 94 762 0.16     | 128 | 210 |   |    |    |
| Nomhala   | 1    | NPK            | 4.5      | 0.031 0.78 5.0  | 12  | 71 352 0.13     | 151 | 187 |   |    |    |
|           | 2    | NPK            | 4.4      | 0.025 0.68 6.6  | 5   | 86 368 0.14     | 155 | 188 |   |    |    |
|           | 3    | NPK            | 4.3      | 0.024 0.57 5.8  | 12  | 84 252 0.12     | 131 | 212 |   |    |    |
| St. Luthberts | 1 | NPK         | 4.2      | 0.075 1.56 9.5  | 10  | 68 488 0.24     | 132 | 111 |   |    |    |

Each value is the average of a duplicate soil analysis.

### TABLE 2 | Shoot $^{15}$N values of reference plants sampled from the fields of farmers in the Eastern Cape and Limpopo Provinces for estimating percent N derived from fixation (%Ndfa) and soil N uptake by common bean.

| Location  | Field no. | No. of reference plants per field | $\delta^{15}$N values (‰) | Mean ± SE |
|-----------|-----------|----------------------------------|---------------------------|-----------|
| Lujecweni | 1         | 5                                | +8.24                     | +3.04 ± 0.37 |
|           | 2         | 5                                | +1.37                     | +3.11 ± 0.09 |
|           | 3         | 6                                | +2.11                     | +3.62 ± 0.46 |
|           | 4         | 5                                | +1.30                     | +3.05 ± 0.68 |
|           | 5         | 5                                | +3.49                     | +4.75 ± 0.40 |
| Ngcolosi  | 1         | 5                                | +4.51                     | +4.92 ± 0.26 |
|           | 2         | 5                                | +1.91                     | +4.19 ± 0.91 |
|           | 3         | 5                                | +1.07                     | +4.33 ± 0.57 |
|           | 4         | 5                                | +2.02                     | +3.03 ± 0.64 |
|           | 5         | 5                                | +0.83                     | +4.08 ± 0.25 |
| Mfabantu  | 1         | 5                                | +5.12                     | +6.85 ± 0.56 |
|           | 2         | 5                                | +5.54                     | +6.87 ± 0.44 |
|           | 3         | 5                                | +3.91                     | +6.41 ± 0.64 |
| Nomhala   | 1         | 5                                | +2.90                     | +3.77 ± 0.23 |
|           | 2         | 5                                | +2.90                     | +3.77 ± 0.23 |
|           | 3         | 5                                | +2.90                     | +3.77 ± 0.23 |
| St. Luthberts | 1       | 5                                | +2.90                     | +3.77 ± 0.23 |

### Plant Growth

Plant growth (measured as shoot dry matter) of common bean variety PAN128 was significantly ($p ≤ 0.05$) greater at Nomhala fields 1 (156.92 g plant⁻¹) and 2 (134.44 g plant⁻¹), followed by those grown at Mfabantu fields 2 (107.86 g plant⁻¹) and 1 (106.96 g plant⁻¹) (Figure 1C). On the other hand, the common bean plants from Nomhala field 2 ranked least in nodule number and nodule fresh weight, despite recording high plant growth (Figures 1A–C). However, the plants sampled from Mfabantu field 2 ranked highest in nodule number, nodule fresh weight, and plant growth. Plant growth was lowest at Tikitiki field 1 (25.72 g plant⁻¹), Lujecweni fields 1 (51.32 g plant⁻¹) and 3 (53.30 g plant⁻¹), Ngcolosi field 1 (54.76 g plant⁻¹), and Lujecweni field 4 (57.54 g plant⁻¹). The least nodulation and plant growth were recorded in the common beans that were sampled from Lujecweni field 1 and Ngcolosi field 1 (Figures 1A–C).

In general, the common bean plants grown without fertilizer application (e.g., Lujecweni fields 2, 3, and 4) recorded much higher nodulation but lower shoot DM when compared to their...
counterparts supplied with N fertilizers by farmers in the Eastern Cape (Figures 1A–C).

**Grain Yield**

There were marked ($p \leq 0.05$) differences in the grain yield of the common bean plants from the fields of various farmers (Figure 1D). PAN128, the test bean variety, recorded the highest grain yield at Mfabantu field 1 (1,065 kg ha$^{-1}$) and Tikiti ki field 2 (1,060 kg ha$^{-1}$), followed by Lujeccweni field 1 (875 kg ha$^{-1}$), Mfabantu field 2 (797 kg ha$^{-1}$), and Tikiti ki 1 (787 kg ha$^{-1}$). The fields that showed the highest yields (Mfabantu field 1 and Tikiti ki field 2) each received a single dose of mineral N fertilizer, whereas intermediate yields were recorded at Lujeccweni field 5 (630 kg ha$^{-1}$), Nomhala field 1 (715 kg ha$^{-1}$), St. Luthberts field 1 (710 kg ha$^{-1}$), and Ngcolosi field 1 (750 kg ha$^{-1}$). Most of the fields producing intermediate yields received a double dose of mineral N. In contrast, the lowest grain yield was recorded at Lujeccweni fields 4 (400 kg ha$^{-1}$), 2 (503 kg ha$^{-1}$), and 3 (570 kg ha$^{-1}$), which were all unfertilized (Figure 1D).

**Nodulation**

Nodulation (measured as nodule number and nodule fresh weight per plant) varied significantly ($p \leq 0.05$) among common bean plants collected from the fields of 14 farmers in the Eastern Cape Province (Figures 1A,B). The common bean plants grown at Nomhala field 2 (1.6 nodules per plant) had the least number of nodules, followed by the plants grown at Tikiti ki field 2 (6.4 nodules per plant), Ngcolosi field 1 (6.7 nodules per plant), and then Lujeccweni field 1 (7.6 nodules per plant). The plants from Mfabantu field 2 recorded the highest nodulation (53.2 nodules per plant), followed by Lujeccweni field 5 (35.4 nodules per plant), Lujeccweni field 3 (21.8 nodules per plant), Lujeccweni field 2 (15.2 nodules per plant), Lujeccweni field 4 (12.3 nodules per plant), Mfabantu field 1 (11.9 nodules per plant), and then St. Luthberts field 1 (11.2 nodules per plant). The fresh weight of nodules was markedly greater at Lujeccweni field 2 (338.41 mg plant$^{-1}$), Mfabantu field 2 (233.56 mg plant$^{-1}$), Lujeccweni field 4 (189.43 mg plant$^{-1}$), Lujeccweni field 3 (153.86 mg plant$^{-1}$), Lujeccweni field 5 (147.23 mg plant$^{-1}$), Tikiti ki field 1 (104.88 mg plant$^{-1}$), and St. Luthberts field 1 (103.06 mg plant$^{-1}$). In contrast, the common bean plants from Nomhala field 2, Lujeccweni field 1, Ngcolosi field 1, and Tikiti ki field 2 recorded much lower nodules fresh weights of 6.5, 28.1, 29.11, and 34.83 mg plant$^{-1}$, respectively (Figures 1A,B). There was a strong correlation between nodule number and nodule fresh weight ($r = 0.82^{***}$) of the common bean plants sampled from the unfertilized fields. In contrast, there was no significant correlation between nodule number and nodule fresh weight of plants sampled from the N-fertilized fields.

**Ureides, Nitrate, and Percent Relative Ureide-N Abundance in Plant Organs**

Warm water extracts of ground common bean stems and petioles were analyzed for ureides and nitrate. The sum of the two nitrogenous solutes from both organs was used to estimate nitrate-N, ureide-N, and percent relative ureide-N abundance (Table 3). The common bean plants grown without N fertilization at Lujeccweni fields 2, 3, and 4 in the Eastern Cape exhibited greater nodulation but low shoot biomass and also recorded the lowest nitrate concentration in their stems and petioles (Table 3). All nitrate-N of plants from Lujeccweni field 4 was 0.11 mg g$^{-1}$, whereas those of Lujeccweni fields 2 and 3 were 0.15 and 0.16 mg g$^{-1}$, respectively. The common bean plants that exhibited intermediate levels of nitrate in their stems and petioles, and intermediate total nitrate in the two organs were sampled from Nomhala fields 1 (3.83 mg g$^{-1}$) and 2 (4.53 mg g$^{-1}$) and also from Lujeccweni field 1 (4.80 mg g$^{-1}$). As noted before, plants sampled from Nomhala fields 1 and 2 showed better growth, despite low nodulation in field 2. It is interesting to note that, although plants from Lujeccweni field 5 showed intermediate shoot growth (80.50 g plant$^{-1}$), those from Ngcolosi field1 had much lower shoot DM (54.76 g plant$^{-1}$), and they both recorded much higher nitrate in stems and petioles (Table 3).

Ureide analysis of tissue extracts revealed significant ($p \leq 0.05$) differences in the concentration of ureide-N per organ (stem and petiole) of the bean plants (Table 3). Common bean grown at St. Luthberts showed significantly higher concentration of ureides in stems (1.49 mg g$^{-1}$), petioles (1.46 mg g$^{-1}$), and total ureide-N in the two organs (2.95 mg g$^{-1}$) (Table 3). The next higher ureide concentrations were recorded in the tissues of plants grown at Mfabantu field 2 (2.10 mg g$^{-1}$) and Lujeccweni field 2 (1.99 mg g$^{-1}$). Intermediate concentrations of total ureide-N were recorded for the stems and petioles of common bean plants sampled from Mfabantu field 1 (1.87 mg g$^{-1}$), Tikiti ki field 2 (1.60 mg g$^{-1}$), and Lujeccweni field 3 (1.57 mg g$^{-1}$). In contrast, plants from Nomhala fields 1, 2, and 3 showed the lowest concentrations of ureide-N in organs (0.55 mg g$^{-1}$ in field 3, 0.82 mg g$^{-1}$ in field 1, and 0.95 mg g$^{-1}$ in field 2; see Table 3).

The percent relative ureide-N abundance varied markedly ($p \leq 0.05$) between and among plants sampled from the fields of different farmers (Table 3). Common bean plants grown without N fertilizer application at Lujeccweni fields 2, 3, and 4 recorded much higher relative ureide-N abundance, in the order of 92.3, 91.6, and 90.2%, respectively. Mfabantu fields 1 (49.15%) and 2 (60.53%), St. Luthberts field 1 (51.57%), and Tikiti ki field 2 (50.15%), which received a single dose of N fertilizer at the planting stage, produced plants with intermediate relative ureide-N abundance (Table 3). In contrast, the plants grown at Ngcolosi fields 1 (8.17%), Nomhala field 3 (9.20%), and Lujeccweni field 5 (10.97%), which were supplied with N fertilizer both at planting and flowering, revealed the lowest relative ureide-N abundance (Table 3).

**Shoot N, δ$^{15}$N, %Ndfa, and Amount of N-fixed**

All the bean fields surveyed in the Eastern Cape received mineral N at the planting stage and/or the pod-filling stage, except for Lujeccweni fields 2, 3, and 4. That notwithstanding, the $^{15}$N natural abundance technique was applied to estimate N$_2$ fixation in the N-fertilized bean plants using reference plants sampled from among the bean plants in each field. This was based on the understanding that, like the bean plants, the reference plants also took up the added mineral N.
Shoot N concentration in bean plants ranged from 1.61 to 2.77%, and N content from 0.61 to 3.59 g plant$^{-1}$ (Table 4). Shoot $\delta^{15}$N values were much lower in the unfertilized bean plants at Lujecweni fields 2, 3, and 4, and much higher in plants from Nomhala fields 1, 2, and 3 (Table 4). As a result, the %Ndfa was higher at Lujecweni fields 2, 3, and 4 (85, 90, and 97%, respectively) and much lower at Nomhala fields 1 and 2 (12 and 4%, respectively). Symbiotic N contribution by common bean
TABLE 3 | Symbiotic performance of common bean variety PAN128 sampled from the fields of 14 farmers.

| Location | Field | N supply (dosage) | Nitrate-N | Ureide-N | Relative ureide-N |
|----------|-------|-------------------|-----------|----------|------------------|
|          |       |                   | Stems mg g⁻¹ | Petioles mg g⁻¹ | Total nitrate-N (stems + petioles) mg g⁻¹ | Stems mg g⁻¹ | Petioles mg g⁻¹ | Total ureide-N (stems + petioles) mg g⁻¹ | % |
| Lujecweni | 1     | Double            | 2.72 ± 0.37cd | 2.09 ± 0.46cd | 4.80 ± 0.81cd | 0.78 ± 0.14bc | 0.50 ± 0.14bc | 1.28 ± 0.20cd | 23.17 ± 6.01d |
|          | 2     | None              | 0.13 ± 0.04g  | 0.02 ± 0.01g  | 0.15 ± 0.05g  | 1.50 ± 0.20a  | 0.49 ± 0.08bc | 0.99 ± 0.22b  | 92.30 ± 2.86a  |
|          | 3     | None              | 0.11 ± 0.03g  | 0.05 ± 0.01g  | 0.16 ± 0.04g  | 0.95 ± 0.19b  | 0.61 ± 0.04bc | 1.57 ± 0.18bcd | 91.58 ± 1.52a  |
|          | 4     | None              | 0.09 ± 0.01g  | 0.02 ± 0.01g  | 0.11 ± 0.00g  | 0.61 ± 0.05bc | 0.43 ± 0.04bc | 1.05 ± 0.08cd  | 90.19 ± 0.43a  |
|          | 5     | Double            | 5.56 ± 0.03b  | 4.87 ± 0.29b  | 10.43 ± 0.28b | 0.75 ± 0.14bc | 0.56 ± 0.09bc | 1.31 ± 0.23c  | 10.97 ± 1.62e |
| Ngcolosi | 1     | Double            | 7.48 ± 0.4a   | 6.77 ± 0.41a  | 14.25 ± 0.80a | 0.70 ± 0.06bc | 0.55 ± 0.07bc | 1.24 ± 0.11cd  | 8.17 ± 0.92c   |
| Tikiti   | 1     | Double            | 1.14 ± 0.11cde| 0.11 ± 0.06g  | 1.52 ± 0.10f  | 0.84 ± 0.21b  | 0.30 ± 0.24a  | 1.14 ± 0.19cd  | 42.86 ± 3.08bc |
|          | 2     | Single            | 1.51 ± 0.04de | 0.08 ± 0.03cde| 1.59 ± 0.04de | 1.08 ± 0.43a  | 0.52 ± 0.28a  | 1.60 ± 0.41bcd | 50.15 ± 8.50bc |
| Mtabantu | 1     | Single            | 1.53 ± 0.25ef | 0.53 ± 0.20fg | 2.06 ± 0.38f  | 1.35 ± 0.15a  | 0.52 ± 0.05bc | 1.87 ± 0.16bc  | 49.15 ± 4.05bc |
|          | 2     | Single            | 1.16 ± 0.40f  | 0.30 ± 0.13g  | 1.46 ± 0.37g  | 1.62 ± 0.26a  | 0.47 ± 0.06bc | 2.10 ± 0.30b   | 60.53 ± 7.35b  |
| Nomhala  | 1     | Double            | 2.19 ± 0.41cde| 1.64 ± 0.34cde| 3.83 ± 0.73de | 0.55 ± 0.12cd | 0.27 ± 0.03c  | 0.82 ± 0.14fg  | 19.44 ± 5.19de |
|          | 2     | Single            | 2.83 ± 0.52cd | 1.69 ± 0.50cde| 4.53 ± 0.89cd | 0.54 ± 0.06cd | 0.41 ± 0.07bc | 0.95 ± 0.07fg  | 18.60 ± 3.01de |
|          | 3     | Single            | 3.02 ± 0.25c  | 2.49 ± 0.19c  | 5.50 ± 0.39c  | 0.34 ± 0.08d  | 0.22 ± 0.03c  | 0.55 ± 0.11g   | 9.20 ± 1.77e   |
| St. Luthberts | 1 | Single | 1.57 ± 0.21ef | 1.17 ± 0.31ef | 2.73 ± 0.17ef | 1.49 ± 0.13a  | 1.46 ± 0.31a  | 2.95 ± 0.30a   | 51.57 ± 2.56bc |
| F-Statistics |       |       | 44.99***    | 46.95***      | 63.02***       | 5.89***       | 10.17***      | 14.17***       | 53.79***        |

Values (mean ± SE) with dissimilar letters in the same column are significantly different at *p ≤ 0.001.

plants ranged from 0.14 to 2.27 g plant⁻¹ or 16 to 163 kg ha⁻¹ (Table 4). Soil N uptake also varied from 0.05 to 3.14 g plant⁻¹ or 6 to 337 kg ha⁻¹ (Table 4).

DISCUSSION

The South African government policy of providing free N fertilizers to resource-poor farmers has had a positive impact on food security, especially among rural households. Both maize and common bean yields rose with the supply of free fertilizer inputs to emerging small-scale farmers (Figure 1D). In this study, the low endogenous soil N concentrations (0.030–0.033%) found in the unfertilized fields of the Eastern Cape do justify the program of supplying free fertilizer by the government to resource-poor farmers. However, %Ndfa of 84.6, 90.4, and 97.1%, and symbiotic N contribution of 163.3, 161.3, and 140.3 kg ha⁻¹ by unfertilized common bean plants at Lujecweni fields 2, 3, and 4, respectively, when compared to their N-fertilized counterparts, suggest that the use of chemical N fertilizers in common bean production in South Africa is not sustainable due to (i) the high symbiotic performance of unfertilized bean plants relative to their fertilized counterparts, (ii) the high cost of N fertilizers, and (iii) the negative impact of N fertilizers on the environment with frequent use. Exploiting symbiotic N for increased dry bean production in South Africa is therefore a better and sustainable alternative to the use of chemical N fertilizers for increased food and nutritional security.

Additionally, in this study, N-fertilization had a directly negative effect on the symbiotic process of common bean plants. For example, with the unfertilized bean plants, there was a significantly positive correlation between nodule number and nodule fresh weight (r = 0.82***). In contrast, there was a significantly negative correlation between relative ureide-N abundance and shoot DM (r = 0.61**), and tissue NO₃⁻ concentration (r = 0.84***).
### TABLE 4 | Growth and symbiotic performance of common bean variety PAN128 plants sampled from the fields of farmers.

| Location | Field | N supply | Plant density | Shoot DM | N conc’n | N content | δ\(^{15}\)N | Ndfa | N-fixed | N-fixed | Soil N uptake | Soil N uptake |
|----------|-------|----------|---------------|----------|----------|-----------|--------|-------|---------|---------|---------------|---------------|
|          |       | (Dosage) | ha\(^{-1}\) | g plant\(^{-1}\) | %        | g plant\(^{-1}\) | %      | g plant\(^{-1}\) | kg ha\(^{-1}\) | g plant\(^{-1}\) | kg ha\(^{-1}\) |
| Lujecweni| 1     | Double   | 130 000      | 51.3 ± 3.5de  | 2.21 ± 0.17cde | 1.19 ± 0.22de | 1.25 ± 0.47cd | 51.8 ± 6.1bc | 0.6 ± 0.1bcdef | 52.3 ± 11.7cde | 0.58 ± 0.16cde | 48.9 ± 4.9bcd |
|         | 2     | None     | 105 000      | 61.8 ± 16.2cd | 2.38 ± 0.36bcde | 1.43 ± 0.33de | −1.35 ± 0.43f | 84.6 ± 8.2a  | 1.2 ± 0.3bc | 163.3 ± 10.3a | 0.22 ± 0.09cde | 29.7 ± 6.9bcd  |
|         | 3     | None     | 102 000      | 53.3 ± 9.9de  | 2.77 ± 0.25a  | 1.45 ± 0.16de | −1.66 ± 0.48f | 90.4 ± 9.2a  | 1.3 ± 0.2b  | 161.3 ± 13.2a | 0.13 ± 0.04de | 16.1 ± 3.9cd   |
|         | 4     | None     | 95 000       | 57.5 ± 7.9de  | 2.00 ± 0.10def | 1.17 ± 0.19de | −2.01 ± 0.37f | 97.1 ± 7.0a  | 1.1 ± 0.2bc | 140.3 ± 16.2ab | 0.06 ± 0.01e | 6.4 ± 3.2d    |
|         | 5     | Double   | 84 200       | 80.5 ± 5.8bcd | 2.11 ± 0.15cde | 1.71 ± 0.19cde | 2.02 ± 0.30c | 39.2 ± 4.3bcd | 0.7 ± 0.1bcdef | 29.0 ± 3.5bcd | 1.05 ± 0.16bc | 46.4 ± 6.8bcd |
| Ngcolosi | 1   | Double   | 85 000      | 54.8 ± 10.5de  | 1.91 ± 0.07ef | 0.99 ± 0.09de | 1.43 ± 0.38bcd | 31.1 ± 4.4de | 0.3 ± 0.1ef | 39.9 ± 3.8bcd | 0.68 ± 0.10cde | 88.5 ± 12.4b   |
|         | 2   | Single   | 74 200      | 66.4 ± 15.1de  | 2.58 ± 0.22abc | 1.66 ± 0.39cde | 1.08 ± 0.53cde | 50.1 ± 8.2bcde | 0.9 ± 0.0bcdef | 68.1 ± 5.2bcd | 0.74 ± 0.12cde | 54.9 ± 8.8bcd |
| Mfabantu | 1   | Single   | 103 000     | 25.7 ± 11.3e  | 2.48 ± 0.17abc | 0.61 ± 0.26e  | 0.81 ± 0.35cd | 53.3 ± 5.4bc  | 0.7 ± 0.1bcdef | 29.2 ± 9.2de  | 0.33 ± 0.07cde | 33.7 ± 5.8bcd |
|         | 2   | Single   | 74 200      | 105.1 ± 18.7c | 2.62 ± 0.09ab  | 2.74 ± 0.88abc | 0.67 ± 0.57d | 45.5 ± 5.9bcd | 1.0 ± 0.4bcdef | 22.7 ± 2.5e  | 1.75 ± 0.08b  | 40.2 ± 3.3bcd |
| Nomhala  | 1   | Double   | 137 000     | 107.9 ± 29.2c  | 2.62 ± 0.18ab  | 2.72 ± 0.60abc | −0.90 ± 0.43ef | 79.9 ± 6.9a  | 2.3 ± 0.7a  | 84.1 ± 6.2bcde | 0.44 ± 0.14cde | 16.4 ± 2.4cd   |
|         | 2   | Single   | 102 000     | 156.9 ± 13.8a | 2.3 ± 0.1abcde | 3.59 ± 0.33a  | 5.77 ± 0.69a  | 11.9 ± 2.7ef | 0.5 ± 0.3cdef | 46.1 ± 6.1cde | 3.14 ± 0.39a  | 320.3 ± 12.3a |
| St. Luthberts | 1   | Single   | 120 000     | 134.4 ± 23.8b | 2.29 ± 0.08cde | 2.95 ± 0.50ab  | 4.47 ± 1.75f  | 6.4 ± 1.0f   | 16.4 ± 2.4e | 2.81 ± 0.48a  | 337.1 ± 10.3a | 54.0 ± 17.1    |
|         | 2   | Single   | 54 200      | 87.2 ± 15.8d  | 1.61 ± 0.12f  | 1.41 ± 0.29de  | 3.50 ± 0.52b  | 34.0 ± 6.1cd | 0.41 ± 0.0def | 22.3 ± 2.6e  | 1.00 ± 0.32bcd | 54.0 ± 17.1    |
| F-Statistics |     |     |             |             |             |             |             |             |             |             |               |               |

F-Statistics:
- 4.44***
- 3.71***
- 4.88***
- 32.39***
- 15.24***
- 4.06***
- 6.15***
- 9.19***
- 22.04***

*Values (mean ± SE) with dissimilar letters in the same column are significantly different at ***p < 0.001.*
abundance \( (r = 0.96^{***}) \). Furthermore, the % relative ureide-N was positively correlated with nodule number \( (r = 0.56^*) \) and nodule fresh weight \( (r = 0.82^{**}) \), a finding consistent with an uninhibited functional symbiosis. The significantly positive relationship between % relative ureide-N abundance and nodule fresh weight \( (r = 0.50^{**}) \) and between % relative ureide-N abundance and %Ndfa \( (r = 0.75^{**}) \) in N-fertilized common bean plants suggests that the N-fertilized common bean plants were still able to fix N\(_2\) for their growth as they could achieve up to 60% relative ureide-N abundance with a single N-dose application. Tsai et al. (1993) and Tahir et al. (2009) reported that the use of some starter N at planting was beneficial in achieving a synergistic effect on N\(_2\) fixation in common bean by stimulating nodule formation, nitrogenase activity, and plant growth, especially in infertile soils. However, in this study, the % relative ureide-N abundance was negatively correlated with shoot DM \( (r = -0.31^*) \), an indication of inadequate symbiotic N supply to shoots. Several studies have shown that plant growth and grain yield of legumes in Africa are directly correlated with symbiotic functioning, and that grain legumes with high levels of N\(_2\) fixation generally elicit greater biomass accumulation, leading to higher grain yield, and vice versa (Belane and Dakora, 2009, 2010; Peoples et al., 2009; Mohale et al., 2013).

The low relative ureide-N (9.2%) observed at Nomhala field 3 that received a double N-dose application (Table 3) shows that, in this study, farmer application of N fertilizers suppressed N\(_2\) fixation in common bean (Vargas et al., 2000; Salvagiotti et al., 2008; Li et al., 2009; Reinprecht et al., 2020); as a result, those bean plants had to complement symbiotic N supply with greater soil N uptake in order to meet their N demand (Van Vessel and Hartley, 2000; Adu-gyamf\text{"i} et al., 2007). This argument is reinforced by the high nitrate concentration found in stems and petioles of the common bean plants receiving a single and a double dose of N-fertilizer. In fact, Unkovich et al. (2008) have shown that the N solutes in the xylem stream and aqueous stem extracts of members of the tribe Phaseoleae can change from one dominated by ureides in N\(_2\)-dependent plants to a system dominated by nitrate and amino acids in plants utilizing soil N. This could therefore also explain the strong inverse relationship found between relative ureide-N abundance and tissue NO\textsubscript{3}\(^{-}\) concentrations of the bean plants in this study. Given that the ureide technique provides an instantaneous measure of legume N\(_2\) fixation at the time of sampling (Alves et al., 2000; Unkovich et al., 2008), the higher ureide-N concentration in stems than petioles could suggest that the stem extract contained xylem ureides that were in transit from root nodules to the leaves, the major sink for fixed-N assimilation.

In this study, although N fertilization markedly suppressed nodulation and nodule symbiotic functioning in bean plants (Tables 3, 4), its application as a single dose generally increased grain yield over either double-dose application or zero-N fertilization (Figure 1D). The fact that double-dose application increased shoot growth at the expense of grain yield is consistent with a recent report by Boddye et al. (2017), who observed higher vegetative growth and lower grain yields in cowpea receiving N fertilizer. The findings of this study therefore suggest that, if N must be applied to bean plants, a single dose supply could help to increase yields while reducing government expenditure to resource-poor farmers. However, the fact that symbiotic dependence of bean plants was markedly decreased by a single dose of N fertilizer applied suggests the need to explore the possibility of achieving greater symbiotic N nutrition and increased grain yield at lower starter N doses in low N soils.

A comparison of the data obtained for symbiotic performance from measuring N\(_2\) fixation using the \(^{15}\text{N}\) natural abundance technique and ureide assay revealed similar trends for plants sampled from the fields of the same farmer, an indication of their precision in measuring N\(_2\) fixation in bean plants on the fields of farmers. For example, %Ndfa by unfertilized bean plants at Lujecweni fields 2, 3, and 4 were 84.6, 90.4, and 97.1%, respectively, using the \(^{15}\text{N}\) natural abundance method, values comparable to the 92.3, 91.6, and 90.2% relative ureide abundance estimated using the ureide technique. Similarly, symbiotic N contribution by unfertilized common bean plants at Lujecweni fields 2, 3, and 4 using the \(^{15}\text{N}\) method was 163.3, 161.3, and 140.3 kg ha\(^{-1}\) respectively, with values similar in magnitude to the total ureides in stems and petioles of 2.0, 1.6, and 1.1 mg g\(^{-1}\) (Tables 3, 4). These trends indicate that the two techniques were similar in their precision and robustness in estimating N\(_2\) fixation in the bean plants on the fields of farmers.

In this study, %Ndfa and ureide levels in stems/petioles were also comparatively similar in trend when the two techniques were used on N-fertilized bean plants from Lujecweni field 1, Mfabantu fields 1 and 2, St. Luthberts field 1, and, to some extent, Tikitiki fields 1 and 2 (Tables 3, 4), and therefore this further confirmed the robustness of the two methods used. However, we also found that the values of %Ndfa at Lujecweni field 1 (51.8%) and Tikitiki field 1 (53.3%) were very high for plants receiving a double dose of N fertilizer and quite high for Tikitiki field 2 (50.1%), Mfabantu fields 1 and 2 (45.5 and 79.9%), and St. Luthberts field 1 (58.9%), which received a single dose of N fertilizer. Some legume symbioses are tolerant of nitrate (Dakora 1998). The only possible explanation for this observation would be that the rhizobia, and therefore bacteroids in root nodules of these N-fertilized bean plants, had a constitutive and/or inducible nitrate reductase activity. Rhizobia with high expression of constitutive nitrate reductase or inducible nitrate reductase genes can form root nodules in the presence of nitrate, but nitrate reductase-minus strains cannot (Serrano and Chamber, 1990). Similarly, bacteroids with a high expression of constitutive nitrate reductase and inducible nitrate reductase genes can fix N\(_2\) in the presence of nitrate, but nitrate reductase-minus strains cannot (Serrano and Chamber, 1990). Therefore, the observed differences in N\(_2\) fixation of bean plants supplied with high doses of mineral N on the fields of farmers could be attributed to the presence of native soil rhizobia with the ability to reduce mineral N and convert N\(_2\) into NH\(_3\) in root nodules, following differentiation into bacteroids.
CONCLUSION

In conclusion, this study has shown that government supply of free N fertilizers to resource-poor farmers in South Africa increased bean yields for food/nutritional security. Although single- and double-dose N fertilizer application increased plant growth and grain yield compared to unfertilized bean plants, single-dose N fertilizer application produced a much greater grain yield than double dose. This suggests that farmers should stop using a double dose of N fertilizers on bean production, as it decreases yields and can potentially pollute the environment. However, relative to the N-fertilized bean plants, their unfertilized counterparts produced greater nodule fresh weight, higher N derived from fixation, increased amount of symbiotic N, higher percent relative ureide-N abundance, and greater ureide concentration in stems and petioles. Furthermore, contrary to the hypothesis of reduced N₂ fixation with N supply, %Ndₕ was very high for some bean plants receiving a double dose of N fertilizer [e.g., Lujeceweni field 1 (51.8%) and Tikitiaki field 1 (53.3%)] and high for those receiving a single dose of N fertilizer [e.g., Tikitiaki field 2 (50.1%), Mfahanu fields 1 and 2 (45.5 and 79.9%), and St. Luthbert’s field 1 (58.9%)]. Although this was not assessed in our study, it is likely that the rhizobia that effectively nodulated the N-fertilized bean plants and fixed considerable amounts of symbiotic N had constitutive and/or inducible nitrate reductase genes for reducing nitrate in nodules and bacteroids, hence their ability to form root nodules and derived high percent N from fixation in bean with added N.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

SH and SM collected the samples. SH analyzed data and drafted the manuscript. FD conceived the idea, edited and approved the final version of the paper. All authors contributed to the article and approved the submitted version.

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