BRCA1/2 NGS Somatic Testing in Clinical Practice: A Short Report

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Abstract: High-grade serous ovarian carcinoma (HGSOC) is the most common subtype of all ovarian carcinomas. HGSOC harboring BRCA1/2 germline or somatic mutations are sensitive to the poly(adenosine diphosphate-ribose) polymerase inhibitors (PARPi). Therefore, detecting these mutations is crucial to identifying patients for PARPi-targeted treatment. In the clinical setting, next generation sequencing (NGS) has proven to be a reliable diagnostic approach BRCA1/2 molecular evaluation. Here, we review the results of our BRCA1/2 NGS analysis obtained in a year and a half of diagnostic routine practice. BRCA1/2 molecular NGS records of HGSOC patients were retrieved from our institutional archive covering the period from January 2020 to September 2021. NGS analysis was performed on the Ion S5™ System (Thermo Fisher Scientific, Waltham, MA, USA) with the Oncomine™ BRCA Research Assay panel (Thermo Fisher Scientific). Variants were classified as pathogenic or likely pathogenic according to the guidelines of the American College of Medical Genetics and Genomics by using the inspection of Evidence-based Network for the Interpretation of Germline Mutant Alleles (ENIGMA) and ClinVar (NCBI) databases. Sixty-five HGSOC patient samples were successfully analyzed. Overall, 11 (16.9%) out of 65 cases harbored a pathogenic alteration in BRCA1/2, in particular, six BRCA1 and five BRCA2 pathogenic variations. This study confirms the efficiency and high sensitivity of NGS analysis in detecting BRCA1/2 germline or somatic variations in patients with HGSOC.

Keywords: HGSOC; molecular pathology; BRCA1/2; PARPi; NGS

1. Introduction

Ovarian cancer (OC) is the eighth most common cancer type among women worldwide and the leading cause of death for gynecological malignancies [1,2]. Morphologically, OCs are generally classified into Type I and Type II tumors. Whereas the former are generally low-grade and genetically stable tumors, the latter, which predominantly harbor Tumor Protein P53 (TP53) and Cyclin E1 (CCNE1) gene alterations, are more aggressive and genetically unstable [3]. Among Type II ovarian tumors, high-grade serous ovarian carcinoma (HGSOC) is the most common subtype, accounting for about three quarters of OCs [4,5]. In 96% of cases, HGSOCs carry TP53 somatic mutations. However, in 22% of...
cases, they are associated with BRCA1 DNA Repair Associated (BRCA1) or BRCA2 DNA Repair Associated (BRCA2) germline or somatic gene mutations [6].

Unfortunately, OC remains asymptomatic for several years and goes undetected until it is advanced. Indeed, in about 70% of cases, the prognosis for HGSOC patients is rather bleak owing to late diagnosis [7]. Recently, considerable strides have been made in providing HGSOC patients with more effective personalized treatments, alongside traditional chemotherapy and antiangiogenic drugs.

Among the novel therapies, poly (adenosine diphosphate-ribose) polymerase inhibitors (PARPi) represent an important arrow in the oncologist’s quiver [8]. Indeed, PARPi have been shown to dramatically improve the clinical outcomes of HGSOC patients harboring BRCA1/2 germline or somatic mutations [9–12]. Accordingly, current international guidelines widely recommend BRCA1/2 testing in all patients with non-mucinous OC, including those with HGSOC [13–15]. Next generation sequencing (NGS) is emerging as a useful and popular tool for BRCA1/2 testing in clinical practice thanks to its high sensitivity, ease of use, cost-effectiveness, and short turnaround time. Not surprisingly, our Molecular Predictive Pathology Laboratory at the Department of Public Health of the University of Naples Federico II routinely employs NGS to assess clinically relevant biomarkers in different solid tumors [16,17]. The clinical significance of this striking technology is reflected in the fact that since 2020, the Divisions of Oncology and Gynecology at our Institution have fully embraced the use of NGS in their routine clinical practice to screen patients for BRCA1/2 germline or somatic mutations.

Here, we review our BRCA1/2 NGS molecular results obtained during the last a year and a half of diagnostic routine practice.

2. Material and Methods

Records from previous BRCA1/2 molecular tests carried out on HGSOC patients from January 2020 to September 2021 were retrieved from our internal archive. In particular, DNA extraction was performed with the QiAmp Mini Kit (Qiagen, Hilden, Germany) according to the manufacturer’s instructions. NGS analysis was performed on the Ion S5™ System (Thermo Fisher Scientific, Waltham, MA, USA) in combination with the Oncomine™ BRCA Research Assay panel (Thermo Fisher Scientific). This panel covers all the coding sequences in BRCA1/2 genes, including all coding splice and acceptor sites, with an average of 64 bp extension into adjoining introns on Ion Torrent S5 (Thermo Fisher Scientific). In particular, library preparation and purification were manually performed according to the manufacturer’s instructions. A total of 8 amplified libraries were pooled together and diluted at 100 pM. Finally, template preparation and chip loading were performed automatically on the Ion Chef™ System (Thermo Fisher Scientific). Data inspection was carried out automatically by using the Ion Reporter Torrent Suite version 5.18.0.1 with a dedicated analysis workflow optimized for somatic annotation of BRCA1/2 alterations. In detail, a minimum coverage of 500X, a quality score ≥20, and an allele mutation frequency of ≥5% were required to identify BRCA1/2 mutations successfully. In addition, BAM files were visually inspected with the Golden Helix Genome Browser v.2.0.7 (Bozeman, MT, USA). Variant annotation was performed according to the Human Genome Variation Society nomenclature. Variants were classified as pathogenic or likely pathogenic (collectively termed pathogenic) according to the American College of Medical Genetics and Genomics (ACMG) recommendations by using the inspection of Evidence-based Network for the Interpretation of Germline Mutant Alleles (ENIGMA) and ClinVar (NCBI) databases.

3. Results

Overall, our in-house developed NGS workflow successfully analyzed a total of \( n = 65 \) HGSOC histological samples. Patients’ median age was 61.1 years (ranging from 25 to 91). All the histological samples were processed. In particular, the median value of neoplastic cell percentage was 59.7% (ranging from 10 to 90%). Nucleic acid isolation and
quantification yielded a median value of 39.7 ng/µL (ranging from 0.6 to 60.0 ng/µL). As for the technical parameters, NGS analysis generated a median number of reads per sample of 1,382,380.2 (ranging from 505.0 to 13,533,583.0), a median number of read length of 106.5 bp (ranging from 101 to 122 bp), a median number of mapped reads of 1,370,850.3 (ranging from 505.0 to 13,391,178.00), a mean percentage of reads on target of 97.3% (ranging from 91.5 to 100.0%). Concerning the molecular results, whereas the vast majority of samples (54/65, 83.1%) showed no clinically relevant alterations, 11 (16.9%) out of 65 cases harbored a pathogenic alteration in BRCA1/2. In detail, six (54.5%) out of 11 mutated cases displayed a BRCA1 pathogenic variation, whereas the remaining five (45.5%) harbored a BRCA2 pathogenic alteration. Among the detected alterations, six (54.5%) were single nucleotide variants (SNVs) and five (45.5%) were small deletions or insertions. Moreover, one of the detected alterations was found in a non-coding region. Results are summarized in Table 1.

Table 1. Results obtained in our series of 65 high-grade serous ovarian carcinomas.

| Patient | Age | Neoplastic Cells (%) | DNA Concentration (ng/µL) | Reads | Mapped Reads | Percent Read on Target (%) | Average Reads per Amplicon | Uniformity of Amplicon Coverage (%) | Mean Read Length (bp) | Molecular Result | Gene |
|---------|-----|----------------------|--------------------------|-------|--------------|---------------------------|----------------------------|-----------------------------------|---------------------|----------------|------|
| 1       | 74  | 70.00                | 19.90                    | 1,103,756.00 | 1,100,608.00 | 98.15                     | 3997.00                     | 99.63                             | 105.00              | WT             |      |
| 2       | 55  | 70.00                | 60.00                    | 447,320.00  | 445,834.00   | 99.87                     | 1615.00                     | 98.90                             | 104.00              | WT             |      |
| 3       | 51  | 70.00                | 60.00                    | 990,443.00  | 987,075.00   | 99.87                     | 2578.00                     | 99.27                             | 108.00              | WT             |      |
| 4       | 60  | 70.00                | 6.79                     | 999,781.00  | 996,759.00   | 99.08                     | 3617.00                     | 98.53                             | 104.00              | WT             |      |
| 5       | 42  | 70.00                | 60.00                    | 1,225,736.00 | 1,221,759.00 | 99.04                     | 4433.00                     | 99.63                             | 105.00              | p.R1495M       | BRCA1 |
| 6       | 66  | 70.00                | 24.10                    | 940,118.00  | 937,071.00   | 98.71                     | 3388.00                     | 97.70                             | 101.00              | p.Q534X        | BRCA1 |
| 7       | 69  | 70.00                | 25.40                    | 1,134,001.00 | 1,129,619.00 | 98.79                     | 4088.00                     | 98.27                             | 104.00              | WT             |      |
| 8       | 91  | 80.00                | 60.00                    | 1,107,249.00 | 1,105,435.00 | 99.09                     | 4012.00                     | 98.90                             | 105.00              | WT             |      |
| 9       | 51  | 80.00                | 60.00                    | 978,740.00  | 977,513.00   | 98.93                     | 3542.00                     | 96.55                             | 104.00              | p.K880fsTer18  | BRCA1 |
| 10      | 42  | 70.00                | 60.00                    | 1,015,943.00 | 1,014,574.00 | 99.33                     | 3691.00                     | 99.27                             | 107.00              | WT             |      |
| 11      | 53  | 70.00                | 38.90                    | 529,337.00  | 528,001.00   | 98.76                     | 1910.00                     | 99.63                             | 106.00              | WT             |      |
| 12      | 71  | 70.00                | 25.30                    | 1,111,471.00 | 1,109,964.00 | 99.28                     | 4036.00                     | 99.27                             | 107.00              | WT             |      |
| 13      | 63  | 50.00                | 61.90                    | 1,091,731.00 | 1,090,470.00 | 99.32                     | 3967.00                     | 98.53                             | 106.00              | WT             |      |
| 14      | 61  | 70.00                | 60.00                    | 1,120,367.00 | 1,118,600.00 | 99.15                     | 4063.00                     | 98.90                             | 112.00              | WT             |      |
| 15      | 61  | 70.00                | 60.00                    | 1,140,727.00 | 1,139,018.00 | 99.06                     | 4133.00                     | 98.99                             | 110.00              | WT             |      |
| 16      | 25  | 70.00                | 60.00                    | 1,052,429.00 | 1,051,081.00 | 99.06                     | 3814.00                     | 98.90                             | 109.00              | WT             |      |
| 17      | 57  | 70.00                | 60.00                    | 233,219.00  | 232,620.00   | 99.90                     | 841.10                      | 98.08                             | 106.00              | WT             |      |
| 18      | 69  | 70.00                | 60.00                    | 748,780.00  | 746,568.00   | 98.08                     | 2682.00                     | 100.00                            | 106.00              | WT             |      |
| 19      | 63  | 70.00                | 60.00                    | 482,605.00  | 481,960.00   | 97.97                     | 1727.00                     | 96.30                             | 103.00              | WT             |      |
| 20      | 67  | 70.00                | 25.30                    | 932,611.00  | 931,119.00   | 97.67                     | 3331.00                     | 99.27                             | 102.00              | WT             |      |
| 21      | 58  | 70.00                | 60.00                    | 1,119,066.00 | 1,116,901.00 | 98.26                     | 4020.00                     | 100.00                            | 105.00              | WT             |      |
### Table 1. Cont.

| Patient | Age | Neoplastic Cells (%) | DNA Concentration (ng/µL) | Reads | Mapped Reads | Percent Read on Target (%) | Average Reads per Amplicon | Uniformity of Amplicon Coverage (%) | Mean Read Length (bp) | Molecular Result | Gene |
|---------|-----|----------------------|---------------------------|-------|--------------|---------------------------|----------------------------|-----------------------------------|-----------------------|-----------------|------|
| 37      | 66  | 70.00                | 1,020,993.00              | 1019,060.00 | 98.89         | 3691.00                   | 100.00                      | 102.00                            | p.L1072Ter           | BRCA2           |      |
| 38      | 56  | 60.00                | 992,136.00                | 990,635.00 | 98.89         | 3574.00                   | 100.00                      | 102.00                            | WT                   |     |      |
| 39      | 57  | 70.00                | 1,582,836.00              | 1,584,808.00 | 98.12         | 5707.00                   | 99.27                        | 103.00                            | 106.00                | BRCA2           |      |
| 40      | 70  | 20.00                | 689,251.00                | 687,985.00 | 94.00         | 3914.00                   | 94.61                        | 105.00                            | WT                   |     |      |
| 41      | 56  | 60.00                | 675,510.00                | 674,213.00 | 95.64         | 7045.00                   | 99.63                        | 106.00                            | 105.00                | 107.00 |      |
| 42      | 40  | 50.00                | 668,595.00                | 667,463.00 | 94.00         | 3757.00                   | 94.61                        | 105.00                            | 104.00                | WT               |      |
| 43      | 70  | 20.00                | 705.00                    | 705.00     | 97.03         | 2.90                      | 91.57                        | 105.00                            | RIP                  |     |      |
| 44      | 64  | 50.00                | 683,922.00                | 682,904.00 | 93.36         | 3815.00                   | 95.21                        | 109.00                            | 104.00                | 102.00 |      |
| 45      | 52  | 10.00                | 619,053.00                | 617,877.00 | 94.31         | 3489.00                   | 94.01                        | 103.00                            | WT                   |     |      |
| 46      | 81  | 60.00                | 472,447.00                | 470,375.00 | 94.42         | 2654.00                   | 93.41                        | 109.00                            | 104.00                | 111.00 |      |
| 47      | 67  | 60.00                | 204,918.00                | 204,318.00 | 93.72         | 1147.00                   | 94.01                        | 111.00                            | WT                   |     |      |
| 48      | 33  | 60.00                | 574,974.00                | 572,585.00 | 93.02         | 3185.00                   | 95.21                        | 109.00                            | WT                   |     |      |
| 49      | 72  | 70.00                | 13,533,583.00             | 13,391,178.00 | 94.89        | 76,092.00                 | 95.81                        | 105.00                            | WT                   |     |      |
| 50      | 74  | 40.00                | 13,327,661.00             | 13,176,126.00 | 94.45        | 74,523.00                 | 96.41                        | 106.00                            | WT                   |     |      |
| 51      | 48  | 60.00                | 12,876,898.00             | 12,766,795.00 | 94.17        | 71,989.00                 | 96.41                        | 103.00                            | WT                   |     |      |
| 52      | 53  | 40.00                | 12,676,898.00             | 12,766,795.00 | 94.17        | 71,989.00                 | 96.41                        | 103.00                            | WT                   |     |      |
| 53      | 54  | 60.00                | 382,324.00                | 381,454.00 | 96.15         | 2196.00                   | 95.81                        | 106.00                            | WT                   |     |      |
| 54      | 62  | 70.00                | 442,179.00                | 440,844.00 | 94.76         | 2502.00                   | 95.81                        | 108.00                            | WT                   |     |      |
| 55      | 61  | 10.00                | 407,607.00                | 406,640.00 | 95.03         | 2314.00                   | 95.03                        | 106.00                            | WT                   |     |      |
| 56      | 63  | 70.00                | 276,753.00                | 275,901.00 | 95.35         | 1587.00                   | 95.21                        | 111.00                            | WT                   |     |      |
| 57      | 64  | 40.00                | 280,573.00                | 279,771.00 | 96.01         | 1609.00                   | 95.21                        | 104.00                            | WT                   |     |      |
| 58      | 62  | 70.00                | 275,446.00                | 274,321.00 | 95.03         | 1561.00                   | 94.01                        | 111.00                            | WT                   |     |      |
| 59      | 61  | 10.00                | 248,198.00                | 247,411.00 | 95.53         | 1415.00                   | 95.21                        | 112.00                            | WT                   |     |      |

#### 4. Discussion

The assessment of BRCA1/2 molecular status has become part of the standard of care in the management of patients with HGSOC. Much progress has been made in the field of precision medicine against this type of cancer, which is responsible for over 60% of ovarian cancer-related deaths. A case in point is the development and clinical implementation of PARPi, which has been shown to improve the survival as well as quality of life patients affected by HGSOC. Thus, fast and reliable genetic screening for BRCA1/2 germline or somatic mutations has become of paramount importance to identify patients who would most likely benefit from these therapeutic agents.

This study highlights the high sensitivity, even in cases with a low neoplastic cells content, of NGS technology in detecting BRCA1/2 pathogenic mutations in patients with HGSOC. In particular, our in-house developed NGS platform and workflow successfully evaluated the BRCA1/2 status in a total of 65 HGSOCs. In line with previous published studies [6], our molecular analysis confirmed the presence of BRCA1/2 pathogenic alterations in a substantial percentage (16.9%) of HGSOC patients. This strongly suggests the need to integrate BRCA1/2 testing into routine clinical practice (Figure 1). In this setting, NGS, a robust and highly sensitive technology, provides clinicians with the opportunity to comprehensively evaluate BRCA1/2 molecular status in both HGSOC and other types of cancer [18]. For over a decade now, NGS systems have revolutionized diagnostic practice by improving the success rates of molecular tests even when the diagnostic material is scant. Such paradigm-shifting technology has therefore laid the basis not only for an improved biomarker testing landscape but also for the development of multiple biomarker-based
therapeutic strategies. With regard to BRCA genetic testing, our Predictive Molecular Pathology Laboratory at Federico II University Hospital regularly partakes in a national project to sensitize oncologists, primary pathologists, and molecular laboratories to the importance of BRCA1/2 molecular analysis for HGSOC patients. To this end, the project has developed a dedicated website (http://www.brcafastnet.it, last access 16 November 2021) able to oversee all clinical data exchange and shipment of biological material to all institutions involved in the project. Currently, a plethora of NGS panels are commercially available for BRCA1/2 molecular testing. Despite the high heterogeneity in terms of technical approaches (e.g., chemistry, library preparations, and sequencing analysis) and data analysis (e.g., metrics and bioinformatics pipelines), several studies have long demonstrated a high degree of concordance among the variant cells [18].

In conclusion, we have presented a referral laboratory experience on BRCA1/2 molecular analysis in unselected HGSOC patients from our diagnostic routine activity to highlight the crucial role of NGS analysis in the correct management of these patients. Further studies involving a larger gene panel are needed to investigate other promising gene alterations involved in homologous recombinant deficiency (HRD), which may expand the subset of HGSOC patients suitable for PARPi treatment.

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Institutional Review Board Statement: Written informed consent was obtained from all patients and documented in accordance with the general authorization to process personal data for scientific research purposes from “The Italian Data Protection Authority” (http://www.garanteprivacy.it/web/guest/home/docweb/-/docwebdisplay/export/2485392, accessed on 22 November 2021). All information regarding human material was managed using anonymous numerical codes, and all samples were handled in compliance with the Helsinki Declaration (https://www.wma.net/fr/news-post/en/matiere-de-transfert-des-taches-la-securite-des-patients-et-la-qualite-des-soins-devraient-etre-primordiales/, accessed on 22 November 2021). According to the aforementioned national guidelines, the double-blinded study did not require an Ethical Committee approval since it did not affect the clinical management of the involved patients’ samples.

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

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