Bone metastasis unique plasma exosomal microRNA signature in non-small cell lung cancer

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Plasma-derived exosomal microRNAs, NSCLC, bone metastasis, Wnt/β-catenin pathway, WGCNA
Abstract

Background

20–40% of lung cancer patients develop bone metastasis (BM) with significantly decreased overall survival. Currently, BM is mainly diagnosed by CT scan or MRI when symptom develops. Novel biomarkers with higher prediction value of BM are needed.

Methods

Prospective analysis was undertaken on non-small cell lung cancer (NSCLC) patients with (BM+) and without BM (BM-). Plasma exosomal RNA was isolated and sequenced from peripheral blood of patients. Differential expression analysis and weighted gene co-expression networks analysis (WGCNA) of mi-RNA sequencing data were performed between two groups.

Results

Hierarchical clustering based on the total miRNA profile can clearly separate cancer patients and healthy individuals (H), but not patients BM + or BM-. WGCNA identified three consensus clusters (A, B, C) of highly correlated miRNAs, among which cluster B (144 miRNAs) showed significantly differential expression in lung cancer patients, especially in BM + group. Three differentially expressed miRNAs between BM + and BM- patients within cluster B were identified as miR-574-5p, a suppressor of Wnt/β-catenin pathway, was down-regulated, while miR-328-3p and miR-423-3p, two activators of the same pathway, were up-regulated in BM + patients. Pathway analysis of cluster B miRNAs revealed enrichment in metabolic pathways that may involve in preconditioning of the metastatic niche. Cluster A miRNAs (n = 49) also showed trend of upregulation in BM + patients. Interestingly, pathway analysis indicated that 43 of them are associated with chromosome14, which has been suggested to promote EMT and bone metastasis.

Conclusion

These data indicated that a cluster of mi-RNAs showed significantly differential expression in BM + group, including miR-574-5p, miR-328-3p and miR-423-3p.

Introduction

Lung cancer is the leading cause of cancer death worldwide and non-small cell lung cancer (NSCLC) which account for 80% of lung cancers[1] is one of the most common tumors metastasizing to bone. Bone is a common site of blood metastasis and the incidence of bone metastasis (BM) in NSCLC
during disease course is about 30-40%[2]. In NSCLC, the 3-year overall survival ratio significantly decreases from 71.6-46.8% when tumor cells spread to bone[3].

Bone metastasis is a multi-steps process which exhibited a unique set of skeletal complications, including bone pain, pathologic fractures, hypercalcemia and spinal cord compression[4]. During the process, invasive tumor cells may intrude into the blood vessel as single circulating tumor cells (CTCs) which is facilitated by epithelial-mesenchymal transition (EMT) and the primary tumor microenvironment. In blood circulation, CTCs aggregate with platelets to survive and adhere to the bone marrow endothelium, and then extravasate into bone marrow parenchyma. Once the tumor cells in the bone marrow are reactivated from the dormancy state due to certain favorable situation, the micrometastasis form and eventually lead to overt metastasis[5]. The advanced stages of bone metastasis can be classified into two different types: osteoblastic metastasis and osteolytic metastasis. In NSCLC patients, majority of cases is osteolytic bone metastasis [6, 7]. Osteolysis or bone breakdown is formed as a result of the disruption in the normal balance of bone resorption and formation and the exact mechanism is not fully understood[8].

Currently, Bone metastasis in lung cancer is mainly detected by skeletal scintigraphy, CT, Positron emission tomography–computed tomography (PET-CT), MRI. Skeletal scintigraphy (also named bone scan) which enables visualization of local bone turnover with labeled phosphonates showed best detection in marked reactive hypermetabolism of bone and relatively insensitive for tumors cause osteolysis which is most common in NSCLC[7]. CT is highly sensitive for both osteolytic and osteoplastic bone lesions, but less sensitive for tumors restricted to the marrow space[9]. Whole-body MRI is now the most sensitive and specific methods for the detection of bone-marrow metastases and extrosseous tumor extension. PET-CT is whole-body imaging modality based on metabolic or biochemical activity. Thus PET-CT can’t differentiate bone metastases from non-specific bone lesions. [10] The reported pooled sensitivity and specificity for the detection of bone metastasis by MRI were 90.6% and 95.4% on per-patient basis[9]. However, MRI equipment is expensive to purchase, maintain and operate. In most cases, patients were diagnosed using a combination of bone scan, CT and MRI. Therefore, novel methods with higher sensitivity and specificity are needed for quick and
easy detection of bone metastasis.

MicroRNAs (miRNAs) which are small 18 to 24 nucleotides non-coding RNAs target the 3’ untranslated region of messenger RNAs (mRNAs) and regulate gene expression, resulting in mRNA cleavage or suppression of protein translation[11]. miRNAs often located in the fragile regions of the chromosome which have a high frequency of deletions, rearrangements and amplification and have been implicated in malignancy[12]. At present, miRNAs are being studied as diagnostic and prognostic biomarkers for many cancers including NSCLC[13, 14], breast cancer[15], prostate cancer[16], hepatocellular cancer[17]. Many observations also strongly implicated the possibility of developing miRNAs as non-invasive circulating biomarker for the early detection of solid cancers[18, 19]. MiRNAs are ideal for clinical detection for many reasons: miRNAs are very stable in body fluid. The structure of exosomes released by cells into the blood further protects miRNAs from degradation. Second, next generation sequencing has provided a highly robust and accuracy system for detection of miRNAs in body fluid on a genome-wide scale[20]. In this study, we focus on the miRNAs in plasma-derive exosomes to investigate the potential of using miRNAs as biomarkers for early detection of bone metastasis in NSCLC patients.

Methods

Patients and clinical sample collection

A total of thirty EGFR/ALK positive NSCLC patients were enrolled in this study including sixteen phase IV patients with bone metastasis and fourteen phase IV patients without bone metastasis. Among them, twenty-five patients were diagnosed with adenocarcinoma (ADC). The median age at diagnosis is 55, ranging from 35 to 78. Peripheral blood was collected from each patient on a regular basis from routine clinical care, and plasma sample was prepared within two hours of blood drawn and then stored at -80 °C.

Plasma exosome isolation

1 mL of plasma sample was centrifuged at 10,000 g for 30 min at 4°C to remove any cell debris. The collected supernatant was then subjected for ultra-high speed centrifugation at 150,000 g for 70 min at 4°C. Pellet containing exosome was resuspended in 200 µL PBS for downstream applications.
Exosomal RNA isolation and small RNA sequencing

Total RNA including miRNA was extracted from plasma-derived exosome using miRNeasy Serum/Plasma Kit (QIAGEN) following manufacturer’s instructions. The quantification and size distribution of the extraction were analyzed by Qubit 4.0 and Agilent Bioanalyzer 2100 (Agilent), respectively. Quantified miRNA was subjected for sequencing library preparation using NEBNext® Small RNA Library Prep Set for Illumina® (NEB Biolabs) following manufacturer’s instructions. Briefly, isolated miRNA was subjected for 3’ and 5’ adaptor ligation, followed by 17 cycles of PCR amplification. PCR products from library preparation were subjected for gel electrophoresis on 6% Novex® TBE PAGE gel (Thermo Fisher Scientific) and DNA fragments between 140–150 bp were recovered from the gel. Purified miRNA cDNA library was quantified by Qubit 4.0 and the size distribution was analyzed on Agilent Bioanalyzer 2100. miRNA cDNA libraries from different plasma samples were pooled and sequenced on Illumina HiSeq4000 platform.

miRNA-seq data analysis

miRNA identification and reads counting in each miRNA were performed using miRDeep2 [21]. After trimming the 3’ adaptor sequence, all sequences ranging in length from 18–26 nt were recorded in a non-redundant file along with reads count. To identify known miRNAs, the miRNA tags were aligned against miRNA precursor sequences reported in the miRNA database ‘miRBase’ (release 21) using the ‘quantifier.pl’ script within miRDeep2. Differential expression (DE) analysis of miRNA sequence data was performed with the Bioconductor package edgeR[22]. miRNAs with read counts per million mapped reads (CPM) ≥ 2 in at least 20% of all samples were identified as expressed miRNAs. DE between different groups was evaluated by fitting a negative binomial generalized linear model and then adjusting the P-value for multiple testing using the Benjamini-Hochberg correction with a false discovery rate of 0.1 and a minimum log₂(CPM) of 4.

Weight Co-Expression Networks

Weight co-expression network of miRNAs was performed in accordance to the protocol of WGCNA package in the R language[23]. MiRNAs were aggregated into modules by hierarchical clustering and refined by the dynamic tree cut algorithm. Thereafter, module eigenvalues were calculated. The
eigenvalue is the first principal component of the miRNA expression profile within a module, representing average module expression profile. The statistical significance of module eigenvalues among the groups was accessed by Kruskal–Wallis test.

**Result**

NSCLC patients exhibited a unique miRNA profile compared to healthy population

In this retrospective study, 37 plasma samples were subjected for exosome purification and miRNA-seq. Among them, 23 samples were from 16 phase IV patients with bone metastasis (BM+) and 14 samples from 14 phase IV patients without bone metastasis (BM-). Raw reads of miRNA-seq from plasma samples were normalized to counts per million (CPM) and 1287 miRNAs were retained as expressed miRNAs in plasma exosomes (Supplementary Table 1). Using exact test, 91 miRNAs were identified as differentially expressed miRNAs (DE miRNAs) between H and C including 71 up-regulated miRNAs and 20 down-regulated miRNAs in patient group (Supplementary Table 2). Based on the DE exosomal miRNA profile, samples of healthy individuals (H) could be separated from samples of NSCLC patients (C) using supervised hierarchy clustering (Supplementary Figure S1). All these data proved that NSCLC patients exhibited a unique miRNA profile compared to healthy population.

Detection of co-expression clusters in exosomal miRNAs

To characterize the correlation pattern and predict the function of miRNAs, we applied weighed gene co-expression network analysis (WGCNA) to the 1287 miRNAs detected in the plasma exosomes. WGCNA is widely used in genomic data analysis which can detect clusters of highly correlated genes based on pairwise correlations [23]. As shown in Supplementary Figure S2, we identified three clusters of co-expressed miRNAs which were represented by different color codes (Brown: cluster A; Turquoise: cluster B; Blue: cluster C). Cluster B had 144 miRNAs which is the largest cluster among three. 49 miRNAs were assorted into Cluster A while 95 miRNAs were in Cluster C (Supplementary Table 3).

Furthermore, BM + group showed significant up-regulation in cluster B eigengene value compared to healthy population and BM- group which suggested miRNAs in cluster B might related to the initial of bone metastasis (Fig. 1B). The 144 miRNAs from cluster B basically differentiated BM + group from
BM- group using unsupervised clustering which also shed light on the function of the miRNA cluster in bone metastasis (Fig. 2A). We performed pathway analysis of the 144 miRNAs in cluster B using miRNA enrichment analysis and annotation (MiEAA)[24] and top 20 miRNA pathways were shown in Table 1. Interestingly, cluster B was enriched in metabolism processes such as pyruvate metabolism \((p = 0.010575)\), glycolysis and gluconeogenesis \((p = 0.014983)\), purine metabolism \((p = 0.014983)\), propanote metabolism \((p = 0.014983)\) and pyrimidine metabolism \((p = 0.027086)\) (Supplementary Table 4).

In cluster A, BM + group exhibited a trend of increase in eigengene value compared to healthy population and BM- group (Fig. 1A). miRNA enrichment analysis was done with 49 miRNAs in cluster A, however, not many related pathway was found. Nevertheless, we discovered that 43 out of 49 cluster A miRNAs were expressed by chromosome 14 (Supplementary Table 5).

In cluster C, the eigengene values were comparable within healthy population group, BM + and BM- group (Fig. 1C) which indicated that this cluster was not related to bone metastasis. The cluster A miRNAs failed to differ BM + from BM- with unsupervised clustering in Fig. 2B also suggested that cluster C miRNAs were not involve in the bone metastasis. Related pathways of cluster C were shown in Supplementary Table 6. miRNAs in cluster C seemed to related to all kinds of signaling pathways including cell cycle \((p = 0.000322)\), proteasome and lysosome \((p = 0.000322)\), p53 signaling pathway \((p = 0.00037)\), insulin signaling pathway \((p = 0.000322)\) and Ras pathway\((p = 0.00037)\).

Identified differentially expressed miRNAs between BM + and BM- group as potential biomarker for bone metastasis

Using exact test, we were able to identify differentially expressed miRNAs between BM + and BM- group. With cut off at logCPM > 4, \(p < 0.05\), \(FDR \leq 0.1\), majority of miRNAs were excluded except hsa-miR-574-5p, hsa-miR-328-3p and hsa-miR-423-3p (Table 2). The CPM of three miRNAs in each group was shown in Fig. 3. Hsa-miR-574-5p was significantly down-regulated in BM+ (Fig. 3A). Studies on the function of hsa-miR-574-5p pointed out that hsa-miR-574-5p was a suppressor in Wnt/β-catenin signaling pathway and highly related to development and metastasis of different cancer including thyroid cancer[25], colorectal cancer[26, 27] and breast cancer[28]. Hsa-miR-328-3p and hsa-miR-
423-3p were significantly up-regulated in BM + compared to BM- group (Fig. 3B, C). Both miRNAs were reported as activators in Wnt/β-catenin signaling pathway and promoted cancer cell invasion and metastasis in advanced non-small cell lung cancer[29] and colorectal cancer[30]. More importantly, the three DE miRNAs we identified, hsa-miR-574-5p, hsa-miR-328-3p and hsa-miR-423-3p, all belonged to the cluster B which is related with bone metastasis (Supplementary Table 3, Turquoise). These DE miRNAs might regulate cancer metastasis through Wnt/β-catenin signaling pathway and might be potential biomarker for bone metastasis in NSCLC.

Discussion
In this retrospective study, we analyzed the plasma-derived exosomal miRNAs from stage IV NSCLC patients with or without bone metastasis. A total of 1287 miRNAs were identified and assorted into three major clusters A, B, C by WGCNA. Cluster A had a trend of increase in BM + group compared to BM- and majority of cluster A miRNAs was transcripted by chromosome14. Cluster B showed significant difference between BM + and BM- and the three DE miRNAs (hsa-miR-574-5p, hsa-miR-328-3p and hsa-miR-423-3p) identified between BM + and BM- belonged to cluster B as well. Pathway analysis revealed that cluster B miRNAs were mostly related to metabolism processes. Hsa-miR-574-5p, hsa-miR-328-3p and hsa-miR-423-3p were reported actively involved in the Wnt/β-catenin signaling pathway and might be candidates as biomarkers for bone metastasis in NSCLC patients. Cluster C showed no difference among healthy population, BM + and BM-, thus was not relate to bone metastasis in lung cancer.

The metabolic processes we found associated with cluster B miRNAs were highly associated with tumor metastasis. In general, metabolism changes often accompany tumor progression and were known to be associated with establishment of metastatic niches which are preconditioned for the arrival of metastatic disseminated cancer cells[31]. On the other hand, cancer cells undergo metabolic alteration and acquire metastatic traits to adapt to multiple environments. Upregulation of glycolysis[32], pyruvate kinase[33], pyrimidine phosphorylase[34] was observed in many cancers and played important role in tumor metastasis and aggressiveness. Recently, purine signaling pathway has been reported to contribute to the bone marrow metastasis in neuroblastoma[35]. All these
evidence supported our finding that cluster B was metastatically relevant. Wnt/β-catenin signaling pathway plays an important role in the epithelial-to-mesenchymal transition (EMT) and contribute to cancer progression and metastasis in different types of malignancies. MiRNAs are the major regulators of Wnt/β-catenin signaling pathway which make them ideal for therapeutic targets against metastatic tumor[36]. Here, we reported three differential expressed miRNAs which might be signatures for bone metastasis in NSCLC. Intriguingly, hsa-miRNA-574-5p, a suppressor of Wnt/β-catenin signaling pathway, has been reported to promote metastasis of NSCLC[37]. As for the two activators of Wnt/β-catenin signaling pathway, hsa-miR-328 was implicated in the high glucose-induced EMT[38] and hsa-miR-423-3p was considered as potential biomarker for lung cancer diagnosis[39]. These three miRNAs might act together through Wnt/β-catenin pathway to promote EMT and could be unique makers for bone metastasis in lung cancer. The detection of these miRNA biomarkers in plasma exosomes has the potential to become a specific, sensitive and non-invasive method for monitoring bone metastasis in clinical setting for it only require blood sample which is easy to obtain. In future, we can validate these markers by monitoring miRNA levels in NSCLC patients before and after they develop bone metastasis. More study on the function of these miRNAs need to be carried out to further address their role as biomarkers or therapeutic targets for advanced NSCLC patients.

Overall, the 43 miRNAs from cluster A which were transcripted by chromosome 14 showed increasing expression in BM + group. One possibility of this increase in BM + might due to amplification of chromosome 14 in stage IV patients with bone metastasis. However, ctDNA or tumor samples from patients were not available for copy number variation detection to confirm this hypothesis. So far, chromosome 14 amplification was not reported in NSCLC or other cancers. But there was study on chromosome 14 allelic loss which is common in nasopharyngeal carcinoma and essential tumor suppressor gene loss in tumorigenesis[40].

To sum up, by comparing the plasma-derived exosomal miRNA features of NSCLC patients with or without bone metastasis, we identified a cluster of bone-metastasis related miRNAs and three DE miRNAs which might be applied to prediction of bone metastasis in NSCLC patients in future.
Declarations

Acknowledgments
The authors thank the donors who provided their blood samples.

Authors’ Contributions
Conceptualization, Can Pi and Xiaorong Yang; methodology, Ruoying Yu and Can Pi; software, Yang W Shao; validation, Xiaorong Yang and Ruoying Yu; formal analysis, Ruoying Yu and Xiaojun Fan; investigation, Can Pi, Xiaorong Yang and Xiaoxiao Peng; resources, Zhihong Chen; data curation, Xiaojun Fan and Xue Wu; writing—original draft preparation, Ruoying Yu, Xiaorong Yang and Can Pi; writing—review and editing, Yi-Long Wu, Qing Zhou, Xuchao Zhang and Ruoying Yu; visualization, Xiaojun Fan and Xue Wu; supervision, Yi-Long Wu, Qing Zhou and Xuchao Zhang; project administration, Qing Zhou and Zhihong Chen; funding acquisition, Qing Zhou All authors have read and agreed to the published version of the manuscript.

Funding
This research was funded by National Key R&D Program of China (grant No. 2016YFC1303800 to QZ), National Natural Science Foundation of China (No. 81871891 to QZ), and High-level Hospital Construction Project (grant No. DFJH201810 to QZ).

Availability of data and materials
All data analyzed during this study are included either in this article or in the additional files.

Ethics approval and consent to participate
This study and its informed consent have been examined and certified by the Ethics Committee of the Guangdong Provincial People’s Hospital and written informed consent was obtained from all patients.

Consent for publication
All authors agree to submit the article for publication.

Competing Interest
Yang W Shao, Xue Wu, Ruoying Yu and XiaoJun Fan are the shareholders or employees of Geneseeq Technology Inc. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.
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Tables
### Table 1
Pathway analysis of miRNAs from cluster B.

| Top 20 miRNA Pathways related to cluster B miRNAs | p-value  | expected | observed |
|-----------------------------------------------|----------|----------|----------|
| hsa00620 Pyruvate metabolism                 | 0.010575 | 13.9162  | 28       |
| WP534 Glycolysis and Gluconeogenesis          | 0.014983 | 18.7784  | 32       |
| hsa00010 Glycolysis Gluconeogenesis           | 0.014983 | 19.6168  | 34       |
| hsa00230 Purine metabolism                   | 0.014983 | 20.2874  | 34       |
| hsa00640 Propanoate metabolism               | 0.014983 | 10.5629  | 22       |
| hsa01100 Metabolic pathways                  | 0.014983 | 42.0838  | 57       |
| hsa03640 Spliceosome                          | 0.014983 | 25.3174  | 40       |
| hsa04930 Type II diabetes mellitus            | 0.014983 | 17.6048  | 31       |
| P00049 Parkinson disease                     | 0.015597 | 24.479   | 38       |
| WP357 Fatty Acid Biosynthesis                 | 0.015597 | 11.9042  | 23       |
| WP411 mRNA processing                         | 0.015597 | 26.1557  | 40       |
| hsa04640 Hematopoietic cell lineage           | 0.015597 | 11.2335  | 22       |
| hsa04672 Intestinal immune network for IgA production | 0.015597 | 5.7006   | 14       |
| WP383 Striated Muscle Contraction             | 0.017108 | 12.2395  | 23       |
| hsa04960 Aldosterone regulated sodium reabsorption | 0.017108 | 14.5868  | 26       |
| hsa05012 Parkinsons disease                  | 0.018074 | 19.6168  | 32       |
| hsa00061 Fatty acid biosynthesis              | 0.021564 | 5.36527  | 13       |
| hsa03018 RNA degradation                      | 0.021564 | 14.9222  | 26       |
| hsa05010 Alzheimers disease                  | 0.022708 | 26.1557  | 39       |
| P02772 Pyruvate metabolism                   | 0.024846 | 7.54491  | 16       |

### Table 2
DE miRNAs identified between BM + and BM-.

| DE miRNAs between BM + and BM- | logFC  | logCPM  | PValue | FDR  |
|--------------------------------|--------|---------|--------|------|
| hsa-miR-574-5p                 | 5.464011 | 6.253159 | 1.91E-06 | 0.00246 |
| hsa-miR-328-3p                 | -1.01861 | 10.59402 | 0.000128 | 0.065799 |
| hsa-miR-423-3p                 | -0.65545 | 13.27472 | 0.000153 | 0.065799 |
| hsa-miR-4459                   | 3.562175 | 1.031715 | 0.000989 | 0.285606 |
| hsa-miR-4763-3p                | 4.337457 | 1.317247 | 0.00111 | 0.285606 |
| hsa-miR-877-5p                 | -0.91572 | 7.217131 | 0.001579 | 0.323115 |
| hsa-miR-744-5p                 | -0.77977 | 12.15367 | 0.001757 | 0.323115 |
| hsa-miR-4436a                  | 3.557953 | 1.084548 | 0.002867 | 0.392617 |

### Figures
Figure 1

Boxplots of eigengene values across three identified modules. The eigengene values in healthy population, BM+ and BM- group in three identified modules were shown in A, B, C. The significance among the groups was calculated using Kruskal-Wallis test. **P < 0.01; ****P < 0.001.
Figure 2

Unsupervised hierarchical clustering based on clustered miRNAs. (A) unsupervised hierarchical clustering based on 144 miRNAs from cluster B. (B) unsupervised hierarchical clustering based on 49 miRNAs from cluster A.
hsa-miR-574-5p, hsa-miR-328-3p and hsa-miR-423-3p were significantly up-regulated in BM+ groups. Box plot showing the individual CPM of hsa-miR-574-5p (A), hsa-miR-328-3p (B), hsa-miR-423-3p (C) in each sample group. P value was calculated using t-test. H: Healthy population; BM+: samples from patients with bone-metastasis; BM-: samples from patients without bone-metastasis. * p<0.05; *** p<0.0001

Supplementary Files
This is a list of supplementary files associated with this preprint. Click to download.
QingZhouSupplementarytable.xlsx
QingZhouSupplementaryInformation.docx