Beneficial reciprocal effects of bone marrow stromal cells and Schwann cells from adult rats in a dynamic co-culture system in vitro without intercellular contact

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Abstract. In order to examine how implanted bone marrow stromal cells (BMSCs) encourage peripheral nerve regeneration, the present study investigated the interaction of BMSCs and Schwann cells (SCs) using an indirect in vitro co-culture model. SCs and BMSCs were obtained from adult Sprague-Dawley rats. The passaged BMSCs were CD29- and CD44-positive but CD45-negative and were co-cultured with the primary SCs using a Millicell system, which allows BMSCs and SCs to grow in the same culture medium but without direct contact. Expression of the typical SC markers S-100 and glial fibrillary acidic protein (GFAP) of the treated BMSCs as well as the proliferation capacity of the co-cultured SCs was evaluated by immunocytochemical staining on the 3rd and 5th day of co-culture. Immunocytochemical staining showed that >75% of the BMSCs in the indirect co-culture model were GFAP- and S-100-positive on the 3rd and 5th day after co-culture, as opposed to <5% of the BMSCs in the control group. On the 3rd day after co-culture, only a few co-cultured BMSCs showed the typical SC-like morphology, while most BMSCs still kept their native appearance. By contrast, on the 5th day after co-culture, almost all of the co-cultured BMSCs appeared with the typical SC-like morphology. Furthermore, 70.71% of the SCs in the indirect co-culture model were S-100-positive on the 5th day of co-culture, as opposed to >30.43% of the SCs in the control group. These results indicated that BMSCs may interact synergistically with SCs with regard to promoting peripheral nerve regeneration.

Introduction

Schwann cells (SCs) have a critical role in peripheral nerve regeneration (1,2). Experimentally, SCs transplantation has been shown to enhance axon outgrowth in vitro (3) as well as in vivo (4,5). However, achieving autologous SCs requires sacrifice of a donor nerve, leading to functional deficits at the donor site. The limitations of autologous SC grafting have motivated efforts to seek for alternatives. The ideal seed cell should be easily accessible, proliferate rapidly in vitro, possess multipotential differentiation properties and successfully integrate into host tissue, with non- or hypo-immunogenicity (6,7). Bone marrow stromal cells (BMSCs) can meet the above requirements and are considered as an alternative seed cell. They are a population of non-hematopoietic multipotent somatic stem cells harbored in the bone marrow, which are defined by their ability to adhere to plastic surfaces and by a panel of positive and negative cell surface markers (8,9). Under specific conditions, these cells can differentiate into multiple mesodermal cell lineages, including chondrocytes, osteocytes and adipocytes (8-10) and into neuronal phenotypes, including astrocytes, oligodendrocytes, microglia and neurons (9,11-14). Previous studies have reported that BMSCs derived from multiple mammalian species can be transdifferentiated into cells with SC phenotype in the presence of inducing agents or growth factor cocktails (15-20). More importantly, the implanted BMSCs have been proved to promote axonal regeneration and functional recovery in peripheral nerve repair (20-23). To contribute to the understanding of how BMSCs are involved in peripheral nerve regeneration, the present study hypothesized that BMSCs may exert their efficacy not only via transdifferentiation into SCs-like cells, but through indirect influence of the cellular behavior of SCs. To test this hypothesis, the present study focused on examining the cellular interactions of BMSCs and SCs in vitro by indirect co-culture in vitro.

Materials and methods

Animals. Adult Sprague-Dawley rats (200-250 g) were obtained from the Laboratory Animal Centre of Guangdong Medical University (Dongguan, China). All rats were maintained under standard housing conditions (25±2 °C, humidity of 50±5% and a 12 h light-dark cycle) with ad libitum access to food and water. All animals were anaesthetized with 10% chloral hydrate [0.1 g/ml intraperitoneally (i.p.)]. All surgical procedures conformed to the Chinese National Health and Medical Research Council (NHMRC) animal ethics guidelines and
were approved by the Guangdong Medical University Animal Experiment Ethics Committee. All animals were given 60 mg benzylpenicillin (BioBasic, Shanghai, China) subcutaneously (s.c.) and allowed to recover from the anaesthesia prior to returning to their cages.

SCs cultures. Schwann cells (SCs) were enriched from pre-degenerated sciatic nerves of adult Sprague-Dawley rats as described in a previous study by our group (24). The protocol is based on SC proliferation after Wallerian degeneration, combined use of collagenase/dispose and mitogen in culture medium. In brief, the sciatic nerves were ligated to allow the nerves to pre-degenerate. The pre-degenerated nerves ~20 mm in length were cut into 1-mm pieces. The minced nerves were enzymatically dissociated using an enzyme mixture of 0.05% collagenase/dispose (Roche, Basel, Switzerland) in Dulbecco’s modified Eagle’s medium (DMEM)/F12 (Gibco-BRL, Invitrogen Life Technologies, Carlsbad, CA, USA) for 5.5 h at 37°C. Following dissociation, the cell suspension was centrifuged at 200 x g for 10 min. The dissociated SCs were re-suspended and cultured in DMEM/F12 supplemented with 10% fetal bovine serum (FBS; Kibbutz BeitHaemek, Israel), 1% penicillin/streptomycin (BioBasic), 2 μM forskolin (0.8 μg/l; Sigma-Aldrich, St Louis, MO, USA) and 20 μg/l bovine pituitary extract (Sigma-Aldrich). After the cultures reached confluence, they were used for graft procedures.

BMSC culture. BMSCs were obtained from adult rat femurs. Isolation of BMSCs was accomplished using a modification of a previously published method (24). The fresh complete bone marrow was flushed with 5 ml DMEM/F12 containing 10% FBS, 2 μM l-glutamine (Gibco-BRL), 10 μg/ml epidermal growth factor (EGF; Peprotech, Rocky Hill, NJ, USA) and 1% penicillin/streptomycin. The homogenous cell suspensions were plated in 25-cm² flasks, and the cells were incubated at 37°C in 5% CO₂ for 48 h. The non-adherent cells were then removed by washing with phosphate-buffered saline (PBS) and the media were replaced three times per week. When the cells reached 80% confluence, they were passaged, split and re-plated. Passage (P)-10 cells were prepared for graft procedures.

Flow-cytometric analysis of cultured BMSCs. The BMSCs at P13 were analyzed by fluorescence-activated cell sorting (FACS) as described previously (24). Briefly, BMSCs at P12 were detached in 0.25% trypsin and 0.02% EDTA. The 50-ml suspensions at a concentration of 10⁶/ml were used as the test set and incubated with anti-CD29-fluorescein isothiocyanate (FITC) (1:100 dilution; LabVision, Thermo Fisher Scientific, Waltham, MA, USA), CD44-FITC (1:100; Santa Cruz Biotechnology, Inc, Dallas, TX, USA) or CD45-PE-Cy5 (1:50; LabVision), under the exclusion of light at room temperature for 20 min. Flow-cytometric analyses were performed on a FACS flow cytometer (BD FACSCalibur; Becton Dickinson, Franklin Lakes, NJ, USA) equipped with an argon-ion laser tuned at 488 nm. Data acquisition and analysis were performed using Lysis II software (Becton Dickinson).

Co-culture of adult BMSCs and SCs. The Millicell-HA system, which consisted of a lower six-well plate and an upper culture plate insert with an HA membrane (Millipore, Billerica, MA, USA), was used for co-culture of the BMSCs and SCs in the present study as previously described (24,25). This HA membrane prevented intercellular contact between the SCs and BMSCs (25), allowing the upper and the lower cells to exist in a dynamically synchronous environment, as the pore size (0.45 mm) of the membrane was small relative to the cell body size of either BMSCs or SCs. In the present study, two co-culture models were established: One model was used to assess the proliferation of SCs, with the SCs seeded into the lower six-well plate at a density of 2x10⁶ cells/9.6 cm² and BMSCs were grown on the upper HA membrane at a density of 1x10⁵ cells/9.6 cm²; the other model was used to assess the differentiation of BMSCs by seeding BMSCs into the lower six-well plate at a density of 1x10⁶ cells/9.6 cm², with SCs grown on the upper HA membrane at a density of 2x10⁵ cells/9.6 cm². The co-culture medium was DMEM/F12 containing 10% FBS, 2 mM l-glutamine, 10 μg/ml EGF and 1% penicillin/streptomycin. For each co-culture model, control cultures of BMSCs or SCs were prepared using identical systems which did not contain any cells on the upper membrane. The duration of the co-culture and control cultures was 2, 3 and 5 days.

Fixation and staining of the Millicell membrane. The Millicell-HA insert was removed from the six-well plate at the 2nd and 5th days of co-culture and gently washed with PBS to remove the growth media. The HA membrane with attached cells was removed using a cork borer and fixed for 15 min with 3% glutaraldehyde in PBS. After gentle rinsing with deionized water twice, the membrane was incubated for 15 min using hematoxylin solution (Beijing CellChip Biotechnology Co., Ltd., Beijing, China) at room temperature. The HA membrane was then rinsed with deionized water to remove the stain and then de-stained by adding 0.5% hydrochloric acid in 70% ethanol for 2-3 min. After gentle rinsing with deionized water twice, the HA membrane was incubated until a uniform blue color was observed on the membrane by adding diluted ammonium hydroxide. The membrane was then mounted on a slide in neutral gum. The morphology of the cultured cells was observed under a microscope (DFC350FX/DMIRB; Leica Microsystems, Wetzlar, Germany).

Immunofluorescence and nuclear staining. An immunofluorescence assay was performed as reported in a previous study by our group (24). The cultured cells in the six-well plates, which had been rinsed and fixed, were incubated overnight at 4°C with the primary antibodies [S-100 (cat. no. HPA015768; Sigma-Aldrich) and GFAP (cat. no. G3893; Sigma-Aldrich)]. The samples were then incubated with fluorescein-conjugated secondary antibodies (cat. nos. SAB3700827 and SAB3701170; Sigma-Aldrich) for 2 h at room temperature. The primary antibodies were omitted in the negative control. The incubated cells were then re-stained with Hoechst 33258 nuclear marker (5 mg/l; Sigma-Aldrich). The labelled cells were observed under a fluorescence microscope (DFC350FX/DMIRB; Leica Microsystems). To verify the proliferation of cultured SCs, SCs showing S-100-positive, GFAP-positive or Hoechst 33258 labelling were counted in three wells, which was repeated four times. Each of the four repeats was from a different culture, with each culture in turn being derived from a different animal.
Statistical analysis. All statistical analyses were performed using SPSS 15.0 (SPSS Inc., Chicago, IL, USA). The data are presented as the mean ± standard deviation. Comparisons were made between the groups using Mann-Whitney U-test. P<0.05 was considered to indicate a statistically significant difference.

Results

Characteristics of adult primary SCs and BMSCs in vitro prior to co-culture. In the present study, the primary adult SCs were confluent at 4-5 days of culture. Most of the S-100-positive SCs had typical spindle-shaped bodies with two slender processes. Only a few cells showed triangular soma with three projections (Fig. 1A). The proportion of S-100-positive SCs was 69±3.8% at the time of confluence (Fig. 1B and C). At 6-7 days, the adult primary BMSCs were confluent with cells being heterogeneous in morphology (Fig. 1D). They were easily expanded to up to 15 passages, maintaining the undifferentiated state as fibroblastic morphology. Flow-cytometric analysis showed that the P13 BMSCs were positive for the well-defined BMSC markers CD29 and CD44, but negative for the haematopoietic surface antigen CD45 (Fig. 1E).

SC proliferation is promoted in the BMSC co-culture system. As shown by double labelling with S-100 (Fig. 2A) and Hoechst 33258 (Fig. 2B) on the fifth day of co-culture, SCs co-cultured with BMSCs exhibited a clear spindle-shaped or triangular soma with two or three slender processes (Fig. 2A and C). Either S-100-labelled cells (Fig. 2A and D) or Hoechst 33258-labelled nuclei (Fig. 2B and E) were obviously more numerous in the BMSC's co-culture system than in the acellular control cultures (Fig. 2C and F). The quantitative study showed that the number of S-100-positive SCs as a percentage of the number of
Hoechst-labelled nuclei in the BMSC co-culture was significantly higher than that in the acellular control culture, after 5 days (70.71±1.24 vs. 30.43±2.23%; P<0.05) (Fig. 2G).

**BMSC differentiation is induced in the SC co-culture system.** Most of the BMSCs in the co-culture system were GFAP- and S-100-positive on the third and fifth day of co-culture, while the BMSCs in the control culture system hardly showed any GFAP- and S-100-positive populations. On the third day after co-culture, the BMSCs in the co-culture system became dense and grew in a longitudinal, parallel fashion (Fig. 3A and B). Only a few co-cultured BMSCs showed spindle-shaped or triangular soma with two or three slender processes (Fig. 3), the typical morphology of glial differentiation, and most of the co-cultured BMSCs still kept their native appearance. By contrast, on the 5th day after co-culture, almost all of the co-cultured BMSCs appeared with typical SC-like morphology, featuring spindle-shaped or triangular soma with two or three slender processes on the 5th day of co-culture (Fig. 4), the characteristic morphology of glial differentiation. The densities of co-cultured BMSCs were significantly higher in SC co-cultures than in acellular control cultures, whether on the 3rd or 5th day of co-culture, as shown by S-100 (Fig. 3A and E, and Fig. 4A and E), GFAP (Fig. 3B and F, and Fig. 4B and F) and Hoechst 33258 (Fig. 3C and G and Fig. 4C and G) triple labelling. Quantification of the number of S-100-positive cells as a percentage of the number of Hoechst-labeled nuclei on the 3rd day of co-culture showed that 76.3±5.47% of BMSCs in SC co-cultures were S-100-positive (Fig. 3D), which was significantly higher than the 3.51±2.44% of BMSCs in the acellular control cultures (P<0.05) (Fig. 3H and I). Quantification of GFAP-positive cells as a percentage of the number of Hoechst-labeled nuclei showed that 88.7±3.35% of BMSCs in SC co-cultures were GFAP-positive, which was significantly higher than the 4.43±0.99% of BMSCs in the acellular control cultures (P<0.05) (Fig. 3J). Quantitative analysis of the number of S-100-positive cells as a percentage of the number of Hoechst-labeled nuclei on the 5th day after co-culture (Fig. 4) showed that 85.6±1.69% of BMSCs in SC co-cultures were S-100-positive (Fig. 4D), which was significantly higher than the 3.01±4.87% of BMSCs in the acellular control cultures (P<0.05) (Fig. 4H). The difference in the percentage of S-100-positive cells was statistically significant at the P<0.05 level (Fig. 4I). Quantification of GFAP-positive cells as a percentage of the number of Hoechst-labeled nuclei showed that 93.1±2.27% of BMSCs in SC co-cultures were GFAP-positive, which was higher than the 4.12±0.23% of BMSCs in the acellular control cultures. This difference in GFAP frequency was statistically significant at the P<0.05 level (Fig. 4J).

**SC or BMSC growth on the Millicell-HA membrane.** The well-grown BMSCs in the upper HA membranes formed an adherent monolayer with a mesenchymal morphology on the 2nd day of co-culture, as shown by hematoxylin and eosin (HE) staining (Fig. 5A), while the BMSCs in the upper HA membranes

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**Figure 2.** Induction of SC proliferation by diffusible factors of BMSCs. The proliferation of SCs co-cultured with (A-C) BMSCs and (D-F) control was assessed by (A and D) S-100 (red) immunofluorescence and (B and E) Hoechst 33258 nuclear staining (blue) (scale bar, 100 µm). (G) The number of S-100-positive cells as a percentage of the number of Hoechst-positive nuclei was averaged from three wells and repeated four times. Each of the four repeats was from a different culture, with each culture in turn being derived from a different animal. Quantitative analysis showed that the number of SCs co-cultured with BMSCs (70.71±1.24%, n=6) was significantly higher than that of the control SCs (30.43±2.23%, n=6) (P<0.05). BMSC, bone marrow stromal cell; SC, Schwann cell.
exhibited a typical SC-like morphology with spindle-shaped or triangular soma and two or three slender processes on the 5th day of co-culture (Fig. 5B). Similarly, the primary SCs grown in the upper HA membranes developed the typical spindle-shaped soma with two or three slender processes. On the 5th day of co-culture, the SCs grown in the upper HA membranes grew in clusters and their densities were markedly higher than those of the fibroblasts, as shown by HE staining (Fig. 5C).

Discussion

SC transplantation is a promising therapy for peripheral nerve regeneration; however, the clinical application of SCs is limited due to their low availability (7). Introduction of BMSCs into nerve graft scaffolds represents a novel approach of constructing tissue-engineered nerve grafts owing to their potential advantages in cell-based therapies. However, to date, despite numerous explanations provided by previous studies, experimental evidence is still lacking to support a convincing conclusion regarding the underlying mechanisms of the efficiency of BMSC-based therapy (20). To determine how the implanted BMSCs stimulate peripheral nerve regeneration, the present study established an SC-BMSC co-culturing in vitro model to observe the interaction of BMSCs and SCs using the Millcell-HA system, which consisted of a lower six-well plate and an upper inserted culture plate with an HA membrane. BMSCs and SCs were seeded into the lower six-well plate or the upper HA membrane of the culture plates. The HA membrane prevented intercellular contact between the SCs and BMSCs (25), allowing the upper and the lower cells to exist in a dynamically synchronous environment, as the pore size (0.45 mm) of the membrane was small relative to the cell body size of either BMSCs or SCs. The results showed that on the 3rd day of co-culture, the BMSCs co-cultured with SCs differentiated towards glial and SC lineages, and 75% of BMSCs in the co-culture model were GFAP- and S-100-positive, while the BMSCs in the control culture model hardly showed any GFAP- and S-100-positive populations. However, most of the S-100- and GFAP-positive BMSCs did not acquire the morphology of the adult SCs, which became dense and grew in a longitudinal, parallel fashion. Only a few co-cultured BMSCs showed a typical SC-like morphology, and the majority of them retained their native appearance. In other words, on the 3rd day of co-culture, the BMSCs co-cultured with SCs not only differentiated towards glial and SC lineages, but also displayed typical SC-like morphology on the 5th day of co-culture. Therefore, BMSCs not only attained the phenotype of SC and glial
cells, but also their morphology on the 5th day of co-culture. Quantitative evaluation on the 3rd or 5th day of co-culture showed that the percentage of S-100 and GFAP-positive BMSCs in SC co-culture was significantly higher than that of BMSCs in the acellular control cultures. It is thought that the differentiation of implanted BMSCs into SCs is the most important event in the beneficial effect of BMSCs since peripheral nerve system regeneration occurs mainly through a series of events produced by activated SCs (24).

Previous studies by our group also proved that peripheral nerve defects in the rhesus monkeys could be repaired with chemically extracted allogenic nerves implanted with cultured autologous undifferentiated BMSCs (24,26,27). Numerous studies have also shown that differentiated and undifferentiated adult BMSCs exert a beneficial effect on injured peripheral nerves (19,21-24,28,29). It is possible that with time, they attained either an SC-like functional or morphological phenotype after transplantation. Previous studies have demonstrated that adult SCs can release neurotrophic factors, extracellular matrix and cell adhesion...
fibroblasts, which was consistent with the observations on the SCs in the lower six-well plate (24). The present study also found that the densities of BMSCs were significantly higher in SC co-cultures than those in the acellular control cultures on the 3rd as well on the 5th day of co-culture. The above results illustrated that SCs had beneficial effects on BMSCs in a dynamic and contact-free co-culture model. The transdifferentiation mechanism in BMSCs-based therapy is thought to be due to real transdifferentiation rather than spontaneous fusion of BMSCs with host cells (32,33). In addition, the present study investigated in vitro effects of adult rat BMSCs on adult rat SC proliferation, which has not been reported in any previous studies, to the best of our knowledge. As demonstrated by labeling with S-100 antibodies and Hoechst 33342, SCs co-cultured with BMSCs exhibited an increase in their proliferation as compared to that of SCs cultured alone. An explanation of this outcome is that BMSCs were able to produce neurotrophic factors, cytokines, extracellular matrix components and supporting substances, which may have activated host SCs (24,31,34-37). This may explain why the BMSCs promoted the proliferation of adult SCs in vitro without intercellular contact in the present study. Another interesting finding was that the proportion of S-100-positive cells in primary cultures of SCs was ~70%, while it was only 30% in the acellular control group in the co-culture model. It is possible that this discrepancy in results (70 vs. 30%) is due to differential time-points of measurement, as the primary culture group was assessed on day 5 and the acellular control group in the co-culture model was assessed on day 10 of culture. Previous studies have shown that fibroblast populations dominate SC culture with the elongation of culture time (24,37). While the proportion of S-100-positive SCs in the BMSCs co-culture model is 70% at 10 days of culture, which equal to the proportion of S-100-positive cells in primary cultures of SCs at 5 days of culture. Collectively, the results of the present study suggested the beneficial effects of BMSCs on the survival and proliferation of SCs in vitro. To verify whether an interaction between BMSCs and SCs is present, the growth of BMSCs or SCs on the HA membrane was investigated. BMSCs on the upper HA membrane grew well and formed an adherent monolayer with a mesenchymal morphology on the 2nd day of co-culture, while on the 5th day of co-culture, the BMSCs on the upper HA membrane exhibited a typical SC-like morphology, which was consistent with the change of BMSCs in the lower six-well plate in the co-culture model on the 5th day of co-culture. The primary SCs grown on the upper HA membrane displayed the typical spindle-shaped soma with two or three slender processes. On the 5th day of co-culture, the SCs grown on the upper HA membrane grew in clusters and their density was markedly higher than that of the fibroblasts, which was consistent with the observations on the SCs in the lower six-well plate in the co-culture system on the 5th day of co-culture.

In conclusion, the present in vitro study using co-culture methods demonstrated that adult BMSCs enhanced the proliferation of adult SCs, and that adult SCs promoted the Schwann-like cell differentiation of adult BMSCs. These results demonstrated the beneficial reciprocal effects of adult BMSCs and adult SCs in a dynamic and cell-cell contact-free co-culture system.

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