Recent Advances in Noble Metal Catalysts for Hydrogen Production from Ammonia Borane

Mengmeng Liu 1,2, Liu Zhou 1,2, Xianjin Luo 3, Chao Wan 1,2,3,4,* and Lixin Xu 1,2,3,*

1 Hexian Chemical Industrial Development Institute, Engineering Research Institute, School of Chemistry and Chemical Engineering, Anhui University of Technology, Ma’anshan 243002, China; lmm0530@outlook.com (M.L.); iLiu97@hotmail.com (L.Z.)
2 Ahut Chemical Science & Technology Co., Ltd., Ma’anshan 243002, China
3 Anhui Haide Chemical Technology Co., Ltd., Ma’anshan 243002, China; AHUT.XJLuo@outlook.com
4 College of Chemical and Biological Engineering, Zhejiang University, Hangzhou 310027, China
* Correspondence: wanchao@ahut.edu.cn (C.W.); lxu@ahut.edu.cn (L.X.); Tel.: +86-555-231-1807 (C.W.); +86-555-231-1521 (L.X.)

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Abstract: Interest in chemical hydrogen storage has increased, because the supply of fossil fuels are limited and the harmful effects of burning fossil fuels on the environment have become a focus of public concern. Hydrogen, as one of the energy carriers, is useful for the sustainable development. However, it is widely known that controlled storage and release of hydrogen are the biggest barriers in large-scale application of hydrogen energy. Ammonia borane (NH₃BH₃, AB) is deemed as one of the most promising hydrogen storage candidates on account of its high hydrogen to mass ratio and environmental benignity. Development of efficient catalysts to further improve the properties of chemical kinetics in the dehydrogenation of AB under appropriate conditions is of importance for the practical application of this system. In previous studies, a variety of noble metal catalysts and their supported metal catalysts (Pt, Pd, Au, Rh, etc.) have presented great properties in decomposing the chemical hydride to generate hydrogen, thus, promoting their application in dehydrogenation of AB is urgent. We analyzed the hydrolysis of AB from the mechanism of hydrogen release reaction to understand more deeply. Based on these characteristics, we aimed to summarize recent advances in the development of noble metal catalysts, which had excellent activity and stability for AB dehydrogenation, with prospect towards realization of efficient noble metal catalysts.

Keywords: ammonia borane; noble metal catalysts; chemical hydrogen; hydrogen production

1. Introduction

Energy is considered as a substantial material basis for survival and development of human society [1–3]. The rapid growth of world population and continuous improvement of living standard provokes excessive consumption of traditional fossil fuels, especially oil, coal and natural gas, as a matter of fact that in the future, these traditional resources will be inadequate to support the constantly progress of human civilization. Apart from the fact that fossil fuel resources are in short supply, many problems were exposed because of fossil fuel utilization [4,5], such as air pollution, water pollution and excessive carbon dioxide emissions leading to global warming. From this point of view, these problems have reached a serious point nowadays, thus, the exploitation of clean and renewable energy is receiving more attention.

Hydrogen, which is clean, effective and environmental benign nature [6–9], is regarded as an ideal alternative to fossil energy and the prospective secondary green energy in the 21st century. However, storage and transportation of large quantities of hydrogen are the difficult challenges [10–12],
which limit its advance and application. Hydrogen storage materials (mainly including chemical hydrides [13], adsorption hydrogen storage materials [14], metal hydrides [15], etc.) have been widely concerned and investigated [16–18]. In recent years, chemical hydride (NH$_3$BH$_3$, N$_2$H$_4$, etc.), due to high hydrogen storage density, volume, have been proved to be a practical hydrogen source. Among them, ammonia borane is one of the most employed chemical hydrides, with providing safe and efficient alternative [19–21]. Ammonia borane (NH$_3$BH$_3$, AB), has a high capacity of hydrogen (19.6 wt%) [22,23], low molecular mass (30.7 g/mol) [24,25] and high solubility, which is a stable solid at normal atmospheric temperature, making it attractive candidate for hydrogen storage application. Moreover, AB with low condition of hydrogen production and various forms of decomposition has attracted intensive attention to explore.

The hydrolysis rate of AB is closely related to the selected catalysts [26]. The highly dispersed monometallic particles can improve the sites to achieve the effect of rapid hydrogen release. So far, more and more metal catalysts have been produced to accelerate the hydrolysis of AB. In this review, the progress of noble metal catalysts for the hydrolysis of AB was reviewed. At the same time, we introduced three kinds of decomposition methods of AB, including pyrolysis, alcoholysis and hydrolysis. Hydrolysis reaction is more widely used in the practical application for hydrogen production from AB. The development of new advance in single noble metal catalysts and composite catalysts of noble metals and non-precious metals were discussed, and the influence of using carbon, graphene, carbon nanotubes, silica, ceria and titanium supported catalysts on the hydrolysis of AB were explored. Finally, the inspiration for the future development of catalysts was given in this field.

2. The Processes of Hydrogen Production on NH$_3$BH$_3$ (AB)

2.1. The Methods of Producing Hydrogen from NH$_3$BH$_3$(AB)

Through research and exploration, there are three main ways to release hydrogen from AB, pyrolysis, alcoholysis and hydrolysis, respectively [27–34].

The pyrolysis process of solid phase thermal decomposition of AB [35–37] is shown in the following table (Table 1). Each reaction releases about one-third of the content, producing polyaminoborane, polyiminoborane, boron amide and other substances. When the temperature reaches 110 °C, AB begins to release its first equivalent of hydrogen, about 6.5 wt%. Intramolecular polymerization takes place at around 125 °C. When the temperature reaches 150 °C, the reaction releases a second amount of hydrogen. Finally, BN compounds are formed when the reaction temperature exceeds 500 °C [38]. In all, only the first and second processes are considered throughout the reaction, producing about 13% by weight of hydrogen. It is easy to produce borane, ammonia, bororazine and other harmful substances at high temperature, which is not conducive to environmental protection and practice application [39,40]. Contemporary, pyrolysis reaction as high temperature, high energy consumption and slow dehydrogenation power, is not suitable for mass manufacture.

| Thermal Decomposition Step | Chemical Equation | Processes | Ref. |
|----------------------------|-------------------|-----------|-----|
| The first step (110 °C)    | NH$_3$BH$_3$ → NH$_2$BH$_2$ + H$_2$ | The first yield of hydrogen | [35] |
| The second step (125 °C)   | nNH$_2$BH$_2$ → (NH$_2$BH$_2$)$_n$ | Intramolecular polymerization | [36] |
| The third step (150 °C)    | (NH$_2$BH$_2$)$_n$ → (NHBBH)$_n$ + nH | The second yield of hydrogen | [37] |
| The remaining step (500 °C) | (NHBBH)$_n$ → nBN + nH$_2$ | generation of excess hydrogen | [38] |

Compared with pyrolysis, adding an appropriate catalyst, the alcoholysis of AB can release three equivalents of hydrogen at room temperature (Equation (1)) [41]. Chen et al. [42] prepared amorphous Co nanoparticles as catalyst for hydrogen liberation of AB alcoholysis, which displayed the intended hydrogen production performance. After ten tests of catalytic cycles, the turnover frequency (TOF) value of cobalt nanoparticles was still up to 515 molH$_2$ mol$_{metal}^{-1}$ h$^{-1}$. Yu et al. [43] synthesized CuNi
nanoparticles with a diameter of 16 nm by liquid phase method, which were successfully loaded onto graphene, and then obtained G-CuNi catalyst after being treated with tert-butylamine. It was surprising that the TOF value and activation energy of the catalyst reached up to 49.1 mol\(\text{H}_2\) mol\(^{-1}\)\(\text{CuNi}\) min\(^{-1}\) and 24.4 KJ/mol, respectively. Özhava et al. [44] reported that a stable Ni nanoparticles catalyst with polyvinylpyrrolidone (PVP) could be separated from the reaction solution by centrifugation, which had the advantages of simple preparation, high activity and high cost effectiveness. The TOF value of the catalyst utilized for the methanolysis of AB was 12.1 min\(^{-1}\). The high production cost of alcoholysis even though adding catalysts can increase the rate of hydrogen releasing has drawn attention to solve the practice difficulties in promoting production.

\[
\text{NH}_3\text{BH}_3 + 4\text{CH}_3\text{OH} \rightarrow \text{NH}_4\text{B(OCH}_3)_4 + 3\text{H}_2
\]  

(1)

AB hydrolysis is a process in which AB reacts with water in the presence of the suitable catalyst to release the hydrogen contained in the molecule [45]. The hydrolysis of AB to produce hydrogen can be carried out at room temperature, clean and pollution-free. Compared with the other two methods of hydrogen production, hydrolysis has obvious advantages, such as lower production cost, faster hydrogen liberation rate than alcoholysis and lower reaction temperature than pyrolysis [46]. This is an environmentally friendly and efficient hydrogen release method. AB reaction equation is as follows (Equation (2)). In the reaction process, the two hydrogen atoms in the hydrogen come from the AB molecule and the water molecule, and the hydrolysate is pollution-free. As a result, hydrogen production by hydrolysis of AB is considered to be an attractive approach to meet the low-cost and environmentally-friendly market needs.

\[
\text{NH}_3\text{BH}_3 + 2\text{H}_2\text{O} \rightarrow \text{NH}_4\text{BO}_2 + 3\text{H}_2
\]  

(2)

2.2. The Hydrolysis Mechanism of NH\(_3\)BH\(_3\)(AB)

The research on the hydrolysis mechanism of AB is mainly concluded by theoretical calculation and reasoning. Figure 1 showed the mechanism of hydrogen production by hydrolysis of AB. During the hydrolysis reaction, AB interacts with the catalyst surface to form a complex containing the H bond, and then in the attack of water, AB and \(\text{H}_2\text{O}\) each lose a hydrogen atom to form hydrogen [47]. Therefore, it can be found that the key step of catalytic water interpretation of hydrogen is that water molecules attack the M-H of the transition state. The properties of the metal catalyst M directly affect the formation of the transition state M-H and the speed of water interpretation of hydrogen. Thus, the catalysts are the key to whole hydrolysis reaction [48]. According to numerous literatures, the hydrolysis rate of AB is related to the amount of catalyst added, the amount of AB and the reaction temperature. Among them, temperature has the greatest influence on the hydrolysis rate, and the rate change can be obviously seen in the test of hydrogen release at different temperatures [49,50]. Generally speaking, the hydrolysis rate of AB has a zero-order relation or quasi-zero-order relation with the concentration of AB [51]. Highly dispersed metal particles can quite improve the hydrolysis rate, however the metal particles are easily agglomerated resulting in decreased catalytic activity. Mechanism studies show that AB interacts with metal particles and then dissociates the B-N bond in water to form BO\(^-\) and H\(_2\) [28].

The development of high performance, low cost and easy recovery catalysts are the key to realize the application of AB hydrolysate to obtain hydrogen. Xu [27] studied the performance of many metal catalyst systems on the generation of hydrogen by the hydrolysis of AB. The results presented that both noble metals and non-noble metals such as Pt, Ru, Pd, Rh, Cu, Co, Ni, etc. could be catalysts for the hydrolysis of AB [6]. Among them, noble metals were supposed to be potential candidate materials on account of their high chemical activity and stability, which were prominent in the hydrolysis reaction.
3. The Development of Catalysts for NH$_3$BH$_3$ (AB) Dehydrogenation

In general, catalytic activity is evaluated based on the TOF value. TOF value is considered as the molecule that reacts per unit of active area in per unit time in the light of International Union of Pure and Apple Chemistry (IUPAC) [54]. In fact, the life of the catalyst is determined by the chemical, thermal and mechanical stability of the catalyst. However, as time goes on, the continuous accumulation of impurities or the loss of active particles on the surface of the catalyst will eventually lead to a decrease in the activity of the catalyst [55]. Therefore, it is desirable to find catalysts with excellent performance, which will remain stable and minimize deactivation after multiple reactions.

3.1. Noble Metal Catalysts

Noble metal catalyst systems mainly refer to rare transition metal elements or multi-metal catalysts, as well as noble metal composite materials supported on other support materials. Pd [56], Pt [10,57–60], Ru [61–69] and Rh [70,71] are the main noble metal elements, which exhibit excellent performance in catalytic hydrolysis to produce hydrogen.

At the initial research, Xu’s research team [27] found that noble metal showed high activity and stability in the AB hydrolysis catalyze process, which was due to the fact that the empty d-electron-orbitals contained in these elements were easy to absorb negatively charged protons and form intermediates to increase the reaction rate [72,73]. Among the many monometallic catalysts, the noble metals include Pd, Pt, Ru, Rh, showing high catalytic activity. On the other hands, Ru and Rh metals are often an alternative to the choice of precious metals, much slightly cheaper than that of noble Pt and Pd metals, at the same time, their catalytic effect can be comparable to noble metals.

Researchers are trying to improve the utilization rate and catalytic activity of noble metals to solve the problems of resource shortage and high price. Recently, investigators focused on preparing better and stable supported noble metal catalysts by selecting suitable carrier and adding additives [74–76]. On the basis of single metal, the dispersion of metal particles is strong, and the rate of hydrogen discharge increases significantly, by loading metal particles onto the carrier [77,78]. Poly(N-vinyl-2-pyrrolidone) (PVP) protected palladium rhodium nanoparticles with a size of 2.5 nm have been reported to be used as efficient catalysts [79], which provided the process of catalytic activity in the AB hydrolysis process and analyzed the generation of hydrogen. In the presence of PVP, the admixture of potassium tetrachloropropionate and rhodium chloride trihydrate was reduced by ethanol to Pd-Rh@PVP nanoparticles in ethanol water mixtures at reflux temperature. Among them, PVP was used as stabilizer and reducing agent. By comparing the catalytic activity of various

![Figure 1. Mechanism of hydrogen production by ammonia borane (AB) hydrolysis.](image)
types (single metal Pd and Rh nanoparticles, their 1:1 physical mixture and 1:1 Pd-Rh bimetallic nanoparticles) in AB hydrolysis reaction, the formation of alloy type Pd-Ph@PVP nanoparticles has not been determined to be a physical mixture of single metal nanoparticles. Pd-Rh@PVP nanoparticles could be considered as a promising catalyst with the highest activity in realistic applications and could be used for proton exchange membrane fuel cell AB hydrolysis to produce hydrogen. Pd@PVP nanoparticles, Rh@PVP nanoparticle, 1:1 physical mixture Pd@PVP and Rh@PVP nanoparticles as well as Pd-Rh@PVP bimetallic nanoparticles respectively provided TOF values with growth trend: 182, 228, 430 and 1333. Figure 2 indicated that the hydrogen production presented linear relationship, starting immediately without induction period and continuing until complete hydrolysis of AB. It was worth noting that Pd-Rh@PVP nanoparticles with a concentration of 0.3 mM lead to the complete release of hydrogen in AB hydrolysis within 45 s, which was equivalent to an average TOF value of 1333 mol H₂ (mol cat)⁻¹ min⁻¹ at 25.0 °C. Compared with the physical mixture of Pd and Rh nanoparticles, Pd-Rh@PVP nanoparticles had higher catalytic performance, which was due to the effect of the synergy of Pd and Rh and the reduction of catalyst particle size. In addition, the Pd-Rh@PVP nanoparticle’s catalyst maintained 78% of initial catalytic activity in AB hydrolysis, even after the fifth reaction.

Because of its high hydrogen production activity in transition metal catalysts, platinum has attracted widespread attention [80,81], and been deeply studied by scholars. Kinetic studies and model calculations [57] show that Pt (111) facets are the main active surface. The particle size of about 1.8 nm is the optimal size of Pt. At the same time, the durability of the catalyst is closely related to the particle size of Pt [82–87]. The smaller the Pt particle size is, the lower its durability is, which may be related to the more obvious adsorption of B-containing species on the Pt surface and the easier the change of Pt particle size and shape. The results of this study paved the way for the rational design of highly active and durable platinum based catalysts for hydrogen production. Wang et al. [88] proposed a simple and gentle one-pot method to prepare porous PtPd bimetallic nanoparticles (NPs) with reverse structure under the adjustment of 1-hexadecyl-3-methylimidazolium chloride ([C₁₆mim] Cl) in an aqueous solution. The composition and morphological concentration of PtPd NPs could be easily adjusted by changing the initial molar ratio of precursor and IL. In addition, by simply changing the content of glycine, they also found that it was possible to change the structure of porous PtPd NPs from Pt-on-Pt to Pt-on-Pd. Figure 3 revealed the possible growth mechanism of porous PtPd NPs in the presence of [C₁₆mim] Cl. As shown in Figure 4, using various samples as catalysts, the hydrogen equivalent generated per mole of AB varies with the reaction time. It could be seen that AB maintained stability without hydrolysis in aqueous solution without any catalyst. Among all the catalysts used, porous Pt₂₅Pd₇₅ NPs displayed the highest catalytic activity for AB dehydrogenation and hydrogenation. The reaction took only twelve minutes to complete and the hydrogen yield was as high as 97.3%. Porous Pt₂₅Pd₇₅ NPs with a Pd-on-Pt structure could better combine with the B atom in AB to activate...
the electronic B-H bond, making it easier to break the attack with H$_2$O [89]. Due to its high specific surface area, porous layered structure (including mesopores and micropores) and possible electronic effects between Pt and Pd, porous Pt$_{25}$Pd$_{75}$ NPs (Pd-on-Pt structure) had outstanding catalytic activity and the higher the stability of AB hydrolysis to produce hydrogen.

Figure 3. Illustration of the possible growth and assembly of the porous PtPd nanoparticles (NPs) in the presence of [C$_{16}$mim] Cl; copyright (2020), the Royal Society of Chemistry.

Figure 4. The curves of H$_2$ equivalents produced per mole of ammonia borane as a function of reaction time at 25 °C with various samples as catalysts; copyright (2020), the Royal Society of Chemistry.

Compared with platinum and palladium, ruthenium and rhodium are slightly cheaper, however their catalytic performance can be similar to those of them, which is ruthenium and rhodium being often used to replace platinum and palladium. In recent years, scholars have made extensive exploration on ruthenium and rhodium. Martina K, et al. [90] presented new Ru compounds having PNP amido chelate ligands, which could undergo reversible hydrogenation/dehydrogenation reaction both at the N functionality and the ethylene backbone. The reactivity of the ruthenium complexes was utilized for the homogeneous catalytic dehydrogenation of AB with excellent activities. Moreover, the catalysis of gold nanoparticles has attracted increasing attention because supported gold catalysts have been found having surprisingly high activity in oxidation. L. Wen et al. [91] successfully synthesized ultratine Ru NPs deposited on MCM-41 via using a simple liquid impregnation reduction method. Furthermore, they determined the effect of different Ru content attached to MCM-41 on hydrolysis dehydrogenation of AB (0.52, 0.70, 0.90 and 1.12 wt%, respectively) (Figure 5). Among all results, 1.12 wt% Ru/MCM-41 presented the highest catalytic activity, with TOF value of 288 min$^{-1}$. In summary, Ru/MCM-41
appeared excellent catalytic activity toward hydrolysis of AB owing to the unique structure of MCM-41 with ordered hexagonal pores and the strong synergistic effect.

![Graph showing hydrogen generation from aqueous AB](image)

**Figure 5.** Hydrogen generation from aqueous AB in the presence of Ru/MCM-41 catalysts at room temperature. Ru/AB (molar ratio) = 0.0026, 0.0044, 0.0045 and 0.0055 at Ru loadings of 0.52, 0.70, 0.90 and 1.12 wt%; copyright (2015), Chinese Chemical Letters.

In the literature on catalytic hydrolysis of AB with support Ru catalysts, their catalytic activities are related to many factors, including particle diameter and location distribution, as well as preparation method and selection of load carrier [92,93]. Late transition metal nanoparticles (NPs) are more prone to aggregate in solution [94,95]. Although it can be alleviated by adding or supporting substances, the effective area of NPs will be reduced by retention matching, which will affect the catalytic chemical reaction [96]. Abo-Hamed E K. et al. [97] reported a monodisperse metastable ruthenium nanoparticle (Ru NPs), which could easily solve these problems. Their report represented the case in which Ru NPs remained stable without protective ligands or carriers while simultaneously exhibited high catalytic activity. Metastable Ru NPs have been proved to be a promising catalytic active material for production of hydrogen via hydrolysis of AB at room temperature. Shen et al. [76] have produced a one-step in situ route for synthesis Rh nanoparticles supported on graphene by using methylamine borane (MeAB) (Figure 6a,b). Compared with conventional carriers, prepared Rh/NPs supported on graphene exhibited better catalytic activity on hydrolysis of AB, with high TOF values of 325 min⁻¹ and low activation energy (Ea) values of 16.4 KJ mol⁻¹. As clearly shown from transmission electron microscope (TEM) image of Rh/graphene NPs, there were no significant changes in morphology of Rh/NPs on graphene, and no noticeable aggregation of Rh/NPs after the fifth run durability (Figure 6c,d).

### 3.2. Noble Metal and Non-Precious Metal Composite Catalysts

Noble metal catalysts exhibit high catalytic capability, but the high cost and low utilization of precious metals have greatly limited their application in commercial production [98]. Whereas non-precious metals are favored by researchers on account of the abundant resources on earth and low price, even if their catalytic property are not as good as noble metals. To address effectiveness of catalysts [99], it is better to add non-precious metals to the catalysts without significantly reducing the catalytic activity to manufacture noble metal and non-precious metal composite catalysts. Although the hydrolyzing rate of AB can be improved obviously by using non-noble metal materials or composites as catalysts, the catalytic performance of non-precious metal catalysts has yet to be advanced compared with noble metals. Now, how to improve the catalytic activity of cheap non-precious metals has become a popular topic. Pure noble metals and non-precious metals have not been able to meet the requirements of market, thus, the combination of noble metals and non-precious metals or mutual
fusion for solution provides ideas to solve this matter. Then binary or multivariate catalysts gradually emerged [100,101], which not only reduce the material cost, but also enhance catalyst activity.

Manna et al. [56] used cobalt-ferrite coated by polydopamine (PDA) as the carrier, which was the coating layer formed by the long-term mixing of dopamine hydrochloride and cobalt ferrite, and then loaded palladium particles onto the carrier to synthesize Pd/PDA-CoFe\(_2\)O\(_4\). The results displayed that Pd/PDA-CoFe\(_2\)O\(_4\) with Pd loading of 1.08 wt% was a highly active and reusable catalyst. Moreover, it was worth mentioning that Pd still maintained its initial catalytic activity after ten times of catalysis. Zhang J et al. [102] fabricated Pd-Cu nanocrystals by a facile and flexible protocol, with diverse morphological features to enhance catalytic and durability. As a result that elements Pd (2.20) and Cu (1.91) were significantly different in the electronegativity, it was easier to generate electrons from one element to another after forming the alloy, resulting in the electron coupling effect. Through the characterization technology, X-ray photoelectron spectroscopy (XPS) analysis results are confirmed in Figure 6. As could be seen from Figure 7, there was indeed an electric coupling or synergistic effect in Pd-Cu alloy, which was conducive to the adsorption of H to form metal-H species, thereby promoting the catalytic effect of AB hydrolysis. In theory, it was the accumulation of electron clouds around the nucleus of Pd that promoted the adsorption of H and facilitated the formation of metal-H species to accelerate the dehydrogenation of AB [103]. Furthermore, the catalytic activity of AB was investigated in detail using Pd-Cu alloy nanocrystals as catalysts. The hydrogen equivalent produced from AB hydrolysis by six different Pd-Cu alloy nanocrystals (Pd-Cu NAs-1, Pd-Cu NAs-2, Pd-Cu NAs-3, Pd-Cu NAs-4, Pd-Cu NAs-5, Pd-Cu NAs-6) prepared them and metal nanocrystals of two elements (Pd-NPs, Cu-NPs) were shown in Figure 8. For all the catalysts investigated, the catalytic capacity of Pd-NPs was the strongest, while that of Cu-NPs was the weakest. In bimetallic alloy nanocrystals,
Pd-Cu NAs-1 held the highest catalytic ability. For bimetal Pd-Cu alloy nanocrystal catalytic capacity follows the following order: Pd-Cu NAs-1 > Pd-Cu NAs-5 > Pd-Cu NAs-2 > Pd-Cu NAs-3 > Pd-Cu NAs-4 > Pd-Cu NAs-5. By this treating, experimental data confirmed, actually, the fact that catalytic performance of bimetallic catalysts was superior to that of their single metal elements, which has been recorded in other literature on other alloy catalysts [104,105].

![XPS spectra for the Pd-Cu NAs-1 sample.](image1)

**Figure 7.** XPS spectra for the Pd-Cu NAs-1 sample. (a) Survey scan; (b) Pd 3d; (c) Cu 2p; copyright (2019), Hydrogen Energy.

![H2 equivalents generated from AB hydrolysis catalyzed by different Pd-Cu alloy nanoparticles at 298 K.](image2)

**Figure 8.** H\textsubscript{2} equivalents generated from AB hydrolysis catalyzed by the different Pd-Cu alloy nanoparticles at 298 K. (a) Pd-NPs; (b) Pd-Cu NAs-1; (c) Pd-Cu NAs-5; (d) Pd-Cu NAs-2; (e) Pd-Cu NAs-3; (f) Pd-Cu NAs-4; (g) Pd-Cu NAs-6; (h) Cu-NPs; copyright (2019), Hydrogen Energy.

Compared to monometallic catalysts, much better selectivity and catalytic activity have been demonstrated for bimetallic catalysts [106–110]. The bimetallic catalysts formed by Pt and non-precious metal have been proved to be superior to other catalysts. Yang’s group [111] reported that Pt\textsubscript{x}Ni\textsubscript{1-x} (x = 0, 0.35, 0.44, 0.65, 0.75 and 0.93) nanoparticles were used as catalyst for hydrogen generation from hydrolysis of AB. They studied the catalytic activity of Pt\textsubscript{x}Ni\textsubscript{1-x} (x = 0, 0.35, 0.44, 0.65, 0.75 and 0.93) the hydrolysis and dehydrogenation of AB solution. The results exhibited that the particle size of Pt\textsubscript{x}Ni\textsubscript{1-x} nanoparticles were about 2–4 nm, and the contents of Pt atom in the catalyst were 35%, 44%, 65%, 75% and 93%, respectively. It was found that catalytic activity of AB hydrolysis was related to the composition of Pt\textsubscript{x}Ni\textsubscript{1-x} catalyst and Pt\textsubscript{0.65Ni0.35} nanoparticles have the highest catalytic activity. The activity of the synthesized Pt\textsubscript{x}Ni\textsubscript{1-x} catalyst was better than that of pure Pt or Ni catalyst. The TOF value and the Ea of the reaction were 4784.7 mL min\textsuperscript{-1} g\textsuperscript{-1} and 39.0 KJ/mol. Gao M et al. [112] prepared monodisperse PtCu alloy NPs and explored the action of their catalysts for hydrolysis AB under mild condition. Among different composition PtCu NPs, the Cu\textsubscript{50}Pt\textsubscript{50} NPs as optimum catalyst demonstrated the highest catalytic performance with an initial TOF of 102.5. These experimental results exhibited that the validity of partly replacing Pt by a first-row transition metal on designing superior...
property heterogeneous nanocatalysts for AB hydrolytic. Chen et al. [113] designed Pt-WO$_3$ double active site catalyst to boost the catalytic hydrolysis of AB. Figure 9 showed the hydrolysis mechanism of AB on Pt double activity. Pt-WO$_3$/CNT could significantly improve hydrogen production activity and durability, which was attributed to the double active center of Pt-WO$_3$ and the sacrifice site of WO$_3$.

Transition metal nanoparticles are widely applied in the hydrolysis AB [114,115]. However, in the catalytic process, metal particles can aggregate to form clumps, which will lead to the inactivation of catalyst, the existence of instability and low efficiency [116]. In order to avoid the influence of low repetition rate, the nanoparticle’s catalyst was prepared by using magnetic powder as the catalyst active metal carrier so as to become the magnetic separable catalyst in the liquid phase reaction, which can enhance the rate of catalysts utilization [117–119]. Hence, Akbayrak S et al. [120] reported three metal(0) nanoparticle catalysts formed by loading ruthenium(III), rhodium(III) and palladium(II) onto magnetic carriers of iron coated with carbon(C-Fe) at room temperature as transition metal nanoparticles for hydrolysis of AB, M$^0$/C-Fe NP(M=Ru, Rh and Pd). Using the XPS, energy dispersive X-ray detector (EDX), TEM techniques, the results of tests showed that Rh$^0$/C-Fe (0.45% wt. Rh), Ru$^0$/C-Fe (1.59% wt. Ru) and Pd$^0$/C-Fe (2.0% wt. Pd) nanoparticles gave TOF of 83, 93 and 29 min$^{-1}$, respectively. In the repeatability tests, M$^0$/C-Fe remained premier activity even after hydrolysis reactions, as shown in Figure 10. In this review, M$^0$/C-Fe nanoparticles revealed outstanding reusability and activity.

Zhou Q et al. [121] prepared nanoporous ruthenium (NP-Ru), which was consisted of an interconnected nanoscaled ligament by one-step mild etching of RuAl alloy. NP-Ru showed high catalytic activity at room temperature and had a long life to hydrolyze AB. In addition, it was found that even after five runs, NP-Ru still had excellent reusability and recyclability, and its original catalytic activity was 67%. Wei Z et al. [122] proposed a simple method for preparing CoRu nanoalloy catalysts (CoRu@N-C) by encapsulating the alloy material into carbon layer. With this strategy, CoRu nanoalloy catalysts could effectively prevent the alloy from accumulating in the corrosive medium and facilitate the catalytic reaction on the surface. Moreover, CoRu@N-C exhibited excellent sustainability and high catalytic performance for hydrolysis of AB.

It has been dedicated to the exploration of bimetallic catalysts for AB catalytic dehydrogenation [123–127]. A variety of bimetallic catalysts have better catalytic performance than single metal catalysts, however, the catalytic efficiency of AB as a hydrogen storage candidate is still far from meeting the needs of practical applications. Au-containing hybrid materials have received great attention from scholars due to their unique synergy. For example, the contact between Au NPs and metal oxides improved the high catalytic activity of inert gold [128–131]. Introducing Au clusters into vulnerable parts or subsurface of Pt and Pt-TM nanocatalysts greatly improved the electrochemical stability of the catalyst [132–135]. By introducing Au into the Pt-TM nanocatalysts, it was reasonable to speculate that it has superior catalytic performance for AB catalytic dehydrogenation. Zhai et al. [136] succeeded in obtaining a PtAuCo trimetallic nano-alloy with a single-phase structure through a sequential digestion and reduction strategy. Figure 11 illustrated the formation mechanism
of single-phase PtAuCo trimetallic alloy catalyst. In order to evaluate the performance of the catalyst for AB hydrolysis, they tested the activity of the prepared PtAuCo nanocatalyst with single metals (Pt, Au, Co) and bimetals (Pt85Au15, Pt86Co14, Au@Co) based on 298 K. As shown in Figure 12a,b, the activity of bimetallic nanocatalysts was better than that of single metal nanoparticles. Moreover, the reinforcement of the nanoalloy structure was superior to that of the core-shell structure. Pt85Au15 and Pt84Co16 have almost the same metal ratio, nevertheless, the TOF value of the former (~137 mol H2 min⁻¹ (mol metal)⁻¹) was much higher than the latter (~66 mol H2 min⁻¹ (mol metal)⁻¹), indicating that the activity enhancement efficiency of Au was very high. Figure 12c,d showed that when about 10% of Pt in Pt84Co16 was replaced by Au to form a Pt76Au12Co12 trimetallic nanoalloy, the hydrogen evolution reaction of AB was completed within 36s and the TOF value was increased to 450 mol H2 min⁻¹ (mol metal)⁻¹. In all synthetic samples, Pt76Au12Co12 showed the best catalytic performance for the catalytic hydrolysis of AB. In addition, they used XPS technology to systematically measure the trimetallic catalysts with different compositions and corresponding monometallic and bimetallic counterparts, in order to explore the underlying mechanism. The results exhibited that the main reason for the excellent catalytic performance of Pt76Au12Co12 catalyst was the modified electronic interaction and enhanced charge transfer ability.

Figure 10. Hydrogen evolution plots (mmol H2/mmol AB vs. time) for the first and fifth run of hydrolysis starting with (a)Rh⁰/C-Fe NPs; (b) Ru⁰/C-Fe NPs; (c) Pd⁰/C-Fe NPs at 25.0 °C; copyright (2020), Hydrogen Energy.
the TOF value of the former (~137 mol H₂ min⁻¹ (mol metal)⁻¹) was much higher than the latter (~66 mol H₂ min⁻¹ (mol metal)⁻¹), indicating that the activity enhancement efficiency of Au was very high.

Figure 12 c, d showed that when about 10% of Pt in Pt₈₄Co₁₆ was replaced by Au to form a Pt₇₆Au₁₂Co₁₂ trimetallic nanoalloy, the hydrogen evolution reaction of AB was completed within 36s and the TOF value was increased to 450 mol H₂ min⁻¹ (mol metal)⁻¹. In all synthetic samples, Pt₇₆Au₁₂Co₁₂ showed the best catalytic performance for the catalytic hydrolysis of AB. In addition, they used XPS technology to systematically measure the trimetallic catalysts with different compositions and corresponding monometallic and bimetallic counterparts, in order to explore the underlying mechanism. The results exhibited that the main reason for the excellent catalytic performance of Pt₇₆Au₁₂Co₁₂ catalyst was the modified electronic interaction and enhanced charge transfer ability.

Figure 11. Fabrication strategy of the PtAuCo trimetallic alloys; copyright (2020), American Chemical Society.

In summary, according to numerous literatures, the hydrolysis of noble metals for the dehydrogenation of AB revealed excellent activity. However, the defects of noble metals have restricted their widespread adoption. It is worth noting that the combination of noble metals and non-precious metals to form a supported catalyst can not only settle the resource shortage of precious metals, but also reduce the material cost [137–139]. Furthermore, the supported catalysts greatly improve the catalytic capacity of AB due to adjust the electronic structure and surface geometry to
adjust the catalytic performance [140–142]. Therefore, the supported catalysts of AB catalytic hydrolysis are the focus of research and development in the future.

3.3. Catalytic Activities of Supported Metal Catalysts in NH\textsubscript{3}BH\textsubscript{3}(AB) Hydrolysis

On the basis of the metal catalyst, by loading the metal particles on the support, the dispersion of the metal particles is improved, and the hydrogen release rate is significantly increased [143]. Due to its porous structure, the carrier materials increase the specific surface area between the metal nanoparticles and delay the formation of impurities on the nanoparticles, ultimately preventing the agglomeration of the nanoparticles [144]. The supports commonly used are graphene, carbon, carbon nanotubes (CNT), silicon, cerium, titanium [145–150].

3.3.1. Graphene Material Supported Metal Catalysts

Graphene is a single-atom honeycomb lattice-like carbon material with a surface area of 2600 m\textsuperscript{2} g\textsuperscript{−1} [151]. In addition, it is suitable for supporting materials based on the characteristics of high mechanical strength, excellent electrical conductivity [152], outstanding thermal stability and chemical stability [153]. Through burdening metal nanoparticles on graphene, it can prevent its polymerization and improve its catalytic activity. In this way, in addition to increasing the superficial area of the catalysts, the accelerated charge transfer at the graphene metal interface is also conducive to promote catalytic activity [154]. Nowadays, there were a lot of literatures about the application of graphene loaded metal catalysts in AB hydrolysis. Chemical derived graphene (CDG) was synthesized by reduction of graphene oxide with hydrazine hydrate and used as the carrier of palladium nanoparticles (Pd NPs) [145]. By advanced analytical technology, Pd NPs keeping particle size dispersion and stability loaded onto CDG was used as catalyst for AB dehydrogenation and hydrolysis. Using CDG-Pd as a catalyst, the AB dehydrogenation and hydrolysis hydrogen production processes were tested, and it was found that CDG-Pd had high activity in both dehydrogenation and hydrolysis reactions. Figure 13 showed the graph of the molar H\textsubscript{2}/mol AB ratio with time during the catalytic dehydrogenation and hydrolysis of 2.0 mmol AB solution in taking advantage of CDG-Pd catalyst (2.1% wt Pd) at 25 °C. Under existence of CDG-Pd catalyst, the dehydrogenation of AB produced one equivalent of hydrogen, while the hydrolysis of AB produced three equivalent of hydrogen. In the presence of CDG-Pd catalyst, the calculated values of AB for the initial TOF of dehydrogenation and hydrolysis were 170 h\textsuperscript{−1} and 933 h\textsuperscript{−1}, respectively (Figure 13). These values were comparable to the AB dehydrogenation and hydrolysis catalyst system. After the 5th and 10th runs, the hydrolysis of AB remained its initial activity of 85% and 95%, respectively, which made CDG-Pd have broad application prospects in noble metals to be used as a catalyst to develop an available portable hydrogen production system employing AB as a solid hydrogen storage and release material.

Ked et al. [155] reported a new type of high-efficiency catalyst for the hydrolysis of AB to produce hydrogen by embedding Pt-Co nanoparticles in nanoporous graphene sheets. In order to expound the formation mechanism of Pt-Co@PG catalyst, Figure 14 showed the steps of preparing Pt-Co NP aggregated on nanoporous graphene (PG) sheets, which included two important steps: preparing nanoporous graphene sheet by carbothermal metal oxide etching method, and then uniformly embedding Pt-Co nanoparticles into plane and holes defects. They studied the catalytic properties of Pt-Co bimetallic NPs supported in nanoporous graphene (Pt-Co@PG) and the catalytic dehydrogenation performance in AB aqueous solution. It was critical important to study the preparation of NP embedded in porous graphene and the synergistic effect between them. They used prepared nanoporous graphene loaded pure Pt NP, pure Co NP and Pt-Co NP to catalyze the hydrolysis of AB (1.5 mmol, 6 mL), respectively. Figure 15a displayed the amount of hydrogen produced during the process of hydrolytic dehydrogenation using the prepared Pt\textsubscript{x}Co\textsubscript{1−x}@PG NP. Obviously, pure PG had no catalytic activity for AB hydrolysis, and the hydrogen release rate of Pt-Co@PG NPs was much higher than that of pure Co@PG NPs, which indicated that Pt was a more effective element for AB hydrolysis. The catalytic
mechanism of Pt-Co bimetallic NPs could be attributed to the synergistic effect of Co and Pt, which was triggered by the charge interaction between Pt Co NPs and PG carrier and the reduced particle size (providing rich active sites) [156]. Therefore, in the catalysis of Pt Co bimetallic NPs heterogeneous reaction, the catalyst with the best ratio of Pt and Co showed the highest catalytic activity. Pt_{0.1}Co_{0.9}@PG achieved the best performance, which had obvious high catalytic activity to release hydrogen in three minutes hydrolysis AB, with TOF value as high as 461.17 mol_{H_2} min^{-1} mol_{Pt}^{-1}. As shown in Figure 15b, compared with the bare Pt_{0.1}Co_{0.9} catalyst and the reduced graphene oxide supported Pt_{0.1}Co_{0.9} catalyst, supporting function of nanoporous graphene had been clearly demonstrated. Recent studies showed that the enhanced catalytic activity of graphene supported metal nanoparticles was attributed to the interface interaction between metal nanoparticles and graphene materials [33]. The nanoporous graphene sheet provided more edges related to the presence of pores and more anchoring agents to stabilize Pt-Co nanoparticles with uniform dimensions. The simple synthesis, excellent catalytic performance revealed that the Pt-Co@PG nanohybrid material was a promising candidate material for the development of highly efficient and portable AB hydrogen production system.

![Figure 13](image_url). The mol H_2/mol H_3NBH_3 versus time plots for the dehydrogenation and hydrolysis of AB catalyzed by CDG Pd (2.1% wt Pd); copyright (2012), Elsevier.

![Figure 14](image_url). Mechanism of Pt-Co@PG catalyst preparation; copyright (2017), Elsevier.
3.3.2. Carbon Material Supported Metal Catalysts

Due to these performance that the modified surface chemistry [60] (such as defects and oxygen groups), texture characteristics (such as aperture), outstanding thermal conductivity and resistance to acid and alkaline environment [157], scholars are keen on exploiting carbon-based materials as catalyst carriers. Carbon is a good maintaining material because it has excellent interaction with metal, chemical inert structure and easy to produce various forms and porosity [158]. The metal catalysts distributed on the carbon support are mostly employed in the hydrolysis of AB. Lu et al. [146] prepared ultrafine homogeneous Ru nanoparticles on phosphorus-doped (PPC) carriers to synthesize Ru/PPC catalyst through in-situ reduction method. Figure 16 illustrated procedure for preparing of PPC and Ru_{3+}/PPC. The Ru/PPC material could be utilized as catalyst to promote the hydrolysis of AB to produce hydrogen. In order to investigate the effect of Ru loading on the property of Ru/PPC catalyst, the hydrolysis of AB was carried out with different Ru content (1.5, 2.5, 3.5, 4.5 wt%) at 25 °C by maintaining the total concentration of Ru at 0.7 mM. It could be seen from the experimental results that Ru/PPC with a load of 3.5 wt% displayed the highest catalytic capacity with TOF value of 413 mol H_2 (mol_{Ru} min^{-1}). Ru concentration also affected the performance of the catalyst. With the increased of Ru concentration (between 0.3 and 0.9 mM), the hydrogen production rate was increasing gradually. The high activity of AB hydrolysis on Ru/PPC was attributed to the super refinement and high dispersion of Ru NCS, which provided more surface active centers for the reaction. This review showed that the PPC had promising catalyst support for hydrogen generation from AB hydrolysis.
On the other side, the performance of surface charge distribution and energy storage/release can be regulated and ameliorated by doped miscellaneous elements [159]. The catalyst of porous carbon material containing B, N, P heteroatoms reveal excellent catalytic performance in AB hydrolysis reaction [160,161]. So far, the method of doping nitrogen or phosphorus in carbon materials is that additional N or P sources (NH₃, PH₃) are required during the material preparation process [162]. The existing preparation process is cumbersome and dangerous to a certain extent, and it is rare to obtain N, P co-doped nanoporous carbon directly from existing and frequently used materials. Therefore, it is a challenge to develop a practical, valid and single technique for preparing multi-element doped (such as N, P) nanoporous carbon. Herein, Fan et al. [163] explored a simple and effective method for preparing N, P-doped nanocarbon as metal nanoparticles (MNP), in which N or P doped carbon as MNP carrier enhanced the catalytic activity of AB decomposition. They chose adenosine triphosphate (ATP) as the ideal material for N-rich and P-rich raw materials due to the high content of N and P provided by an adenine structure and three phosphate groups. Consequently, they utilized ATP-derived N, P co-doped carbon materials to fix Rh NPs in porous carbon for the catalytic dehydrogenation of AB. As shown in Figure 17, ATP-C was prepared from ATP via a one-step heat treatment procedure. ATP-C-700, ATP-C-800, ATP-C-900 were synthesized to explore the effect of temperature on surface area and pore size. It was worth mentioning that the specific surface area and average pore diameter of ATP-C-800 were the largest, 154.2 m² g⁻¹ and 6.83 nm, respectively. According to the above results, 800 °C was taken for the optimal carbonization temperature. The TOF of Rh/ATP-C-800 catalyst hydrolyzing AB at 25 °C was 566 mol H₂ min⁻¹ (mol Rh)⁻¹, which was higher than that of RH based catalyst reported in most reports [164–166]. This proves the fact that the surface metal atoms and heteroatoms are connected to each other, and the carbon material doped with heteroatoms will change the catalytic performance of the catalyst, thereby increasing the dehydrogenation rate [167]. Thus, they speculated that the role of ATP-C enrichment of N and P atoms not only disperses Rh NPs and resides in the aggregation of metal NP, but also makes Rh NP have more accessible surface active sites.

![Figure 17. Illustration of the synthesis process of Rh/ATP-C; copyright (2020), Nanoscale Advances.](image)

Carbon dots (CDs) has various structures, low price, easy doping (including N, B, s, P, etc.) and non-toxic. CDs are called excellent catalyst supports due to their special electron transfer properties and high specific surface area [168]. Their surfaces have many catalytically favorable positions and can support a variety of surface functional groups (such as -NH₂, -OH and -COOH). CDs doped with heteroatoms are conducive to adsorb hydrogen intermediates through transforming the electronic structure of the catalytically active center [169]. It is essential to promote catalytic performance, that is, by accelerating the intermolecular electron transfer to enhance the influence of the interaction between multi-component nanostructures. Lu et al. [170] prepared RuP₂ nanoparticles doped with nitrogen CDs as a catalyst for AB hydrolysis reaction, called RuP₂/CDs. The RuP₂/CDs nanocomposites were successfully prepared by simple physical mixing of CDs, phytic acid and ruthenium ions. Figure 18 illustrated the preparation process of RuP₂/CDs nanocomposites. In view of characterization
and testing of catalytic performance, a simple synergistic mechanism could roughly explain the catalytic performance of this composite material. Firstly, AB molecules were adsorbed on RuP2 NPs, which activated the breaking of B-H and O-H bonds; secondly, adjacent C and N atoms could simultaneously activate water to promote the transfer of protons from RuP2 to the water inside the carbon nanosheets. The mechanism of hydrogen production by AB was that the dissociated H atoms in the B-H bond of AB molecules could combine with protonated water molecules to form hydrogen molecules. RuP2 NPs and nitrogen-doped CDs could act as bifunctional active sites, activating AB and water molecules, thus, significantly accelerating the release of hydrogen. In addition, the nanosheets morphology of CDs further increased the catalytic activity of hydrogen production by strengthening the utilization rate of active centers.

![Figure 18. Illustration of the synthesis of the RuP2/carbon dots (CDs) nanocomposites; copyright 2020, American Chemical Society.](image)

3.3.3. Carbon Nanotubes Material Supported Metal Catalysts

CNT is a new kind of honeycomb lattice graphene layer, whose outer diameter ranges from 1 to 100 nm [171]. According to the number of graphene layers, carbon nanotubes can be single-wall (SWCNT) and multi-wall (MWCNT) [172]. Carbon nanotubes are very attractive as catalyst carriers because they have a high surface area and provide a high proportion of nanoparticles. Moreover, the contact surface between the reactant and the active region is greatly increased [173]. Their mesoporous structure is suitable for increasing the mass transfer rate between the reactant and the active center, so it has a significant impact on the catalytic activity [174].

Recently, except for engineering the surface chemistry of CNT support, adding surface ligands could be another potential strategy to engineer metal electronic properties owing to its flexible capacity for demand of stability [60]. Along this line, Fu W et al. [175] proposed a new strategy to engineer the surface of catalysts and electronic properties of Pt/CNT using polyoxometalates (POMs) as the ligands in 2019. They designed three types of POMs including silicotungstic acid (STA), phosphotungstic acid (PTA) and molybdphosphoric acid (PMA), respectively, which were established and analyzed by a combination of kinetic and isotopic analyses with various characterization techniques. It could be obviously showed in Figure 19 that the rate of hydrogen generation was extremely sensitive to the kinds of POMs following the order of STA-Pt/CNT > PTA-Pt/CNT > Pt/CNT > PMA-Pt/CNT, with the STA-Pt/CNT having the highest rate of production hydrogen, which indicated the promotion effects of STA on the catalytic reaction. According to all characterization techniques, the analytic results indicated that the STA compared to the PTA and the PMA acted as a good receptor to increase the binding energy of Pt in order to improve hydrogen production efficiency and catalyst durability. From these experiment consequences, choosing POMs based on their electron-absorbing/donating properties was of vital importance to adjust the electronic nature of catalysts.
walled carbon nanotubes, referred to as Ru(0)@MWCNT. The results showed that Ru nanoparticles were present distinct chemical and physical performances [177,178]. Moreover, it is particularly noted that preparation and high catalytic performance of Ru(0)@MWCNT revealed that the Ru(0) nanoparticle

Catalysts

engineer the surface of catalysts and electronic properties of Pt/CNT using polyoxometalates (POMs) could be another potential strategy to engineer metal electronic properties owing to its flexible capacity for demand of stability [60]. Along this line, Fu W et al. [175] proposed a new strategy to engineer the surface chemistry of CNT support, adding surface ligands as the ligands in 2019. They designed three types of POMs including silicotungstic acid (STA), phosphotungstic acid (PTA) and molybdphosphoric acid (PMA), respectively, which were established and analyzed by a combination of kinetic and isotopic analyses with various phosphotungstic acid (PTA) and molybdphosphoric acid (PMA)-Pt/CNT catalysts. Reaction conditions: 30 °C, \( n_{\text{Pt}}: n_{\text{AB}}: n_{\text{W/Mo}} = 1:420:40 \), \( m_{\text{cat}} = 0.025 \, \text{g} \), \( c_{\text{AB}} = 0.01 \, \text{g/mL} \); (e) hydrogen generation volume as a function of time at 30 °C over the four catalysts using \( \text{H}_2\text{O} \) or \( \text{D}_2\text{O} \) as the reactant; copyright (2020), Journal of Energy Chemistry.

Figure 19. (a) Hydrogen generation volume as a function of time; (b) the initial hydrogen generation rate \( (r_{\text{initial}}) \) over Pt/CNT, silicotungstic acid (STA)-Pt/CNT, phosphotungstic acid (PTA)-Pt/CNT and molybdphosphoric acid (PMA)-Pt/CNT catalysts. Reaction conditions: 30 °C, \( n_{\text{Pt}}: n_{\text{AB}}: n_{\text{W/Mo}} = 1:420:40 \), \( m_{\text{cat}} = 0.025 \, \text{g} \), \( c_{\text{AB}} = 0.01 \, \text{g/mL} \); (c) ink as a function of 1/T; (d) the corresponding activation energy (Ea) and the logarithm of pre-exponential factor (ln A); (e) hydrogen generation volume as a function of time at 30 °C over the four catalysts using \( \text{H}_2\text{O} \) or \( \text{D}_2\text{O} \) as the reactant; copyright (2020), Journal of Energy Chemistry.

Akbayrak S et al. [173] reported the in situ formation of ruthenium (0) nanoparticles supported on MWCNT catalyst during AB hydrolysis at room temperature. Ru (III) ions were impregnated on MWCNT surface from aqueous solution of Ru(III) chloride, and then reduced by AB to form multi walled carbon nanotubes, referred to as Ru(0)@MWCNT. The results showed that Ru nanoparticles were well dispersed on the walls of carbon nanotubes in the range of 2.0–3.0 nm. They used Ru(III)@MWCNT sample with various Ru loading (0.73, 1.47, 1.91, 2.26, 2.83 wt%) to provide the same ruthenium concentration. The catalytic activity of Ru(0)@MWCNT with Ru loading of 1.91 wt% Ru was the highest at 25 °C. As the further increase of Ru loading, the catalytic activity of Ru(0)@MWCNT decreases, which was probably due to the agglomeration of nanoparticles, resulting in the decrease of specific surface area and accessibility of active sites. It was expected that the catalytic activity of Ru(0)@MWCNTs was still 41% of its initial catalytic activity even after the fourth operation. The easy preparation and high catalytic performance of Ru(0)@MWCNT revealed that the Ru(0) nanoparticle catalyst supported on MWCNTs was a promising catalyst for the development of efficient and portable hydrogen production system.

3.3.4. Silicon Dioxide Material Supported Metal Catalysts

In recent years, metal nanoparticles in porous silica shell have attracted people’s attention because of the possibility of obtaining nano scale monodisperse particles [176]. The obtained core-shell structure can fully prevent the aggregation of metal nanoparticles through the protection of porous silica shell, so as to improve the stability of metal nanoparticles and the long-term use performance of metal nanoparticles [143].

The core-shell metal NPs not only have the characteristic of heterogeneous metals, but also present distinct chemical and physical performances [177,178]. Moreover, it is particularly noted that
a one-pot reduction technology is indeed required to prepare the core-shell heterometallic catalyst. Hu J et al. [148] reported a one-pot synthesis of core-shell-type nanospheres Pt@SiO$_2$, which displayed excellent stability and performance after recycle test for hydrogen generation from AB at room temperature. The detailed measurement and characterization of the nanoparticles were carried out through SEM and TEM techniques. As shown in Figure 20a, The SEM image shown that the average diameter of the prepared Pt@SiO$_2$ was 25 nm, and the particle size was uniform. The monodisperse spherical morphology of Pt@SiO$_2$ could make further efforts to be affirmed by TEM images. It was found in Figure 20b that a single Pt NP as a core with a diameter of 4 nm was available embedded in the silica nanospheres. Pt@SiO$_2$ NPs and Pt/SiO$_2$ were investigated for their catalytic activity in AB hydrolysis at room temperature. The results were shown in Figure 21a that the hydrogen precipitation was completed in 7.72, 55.98 and 111, in existence of as-synthesized Pt@SiO$_2$, Pt/SiO$_2$ and Pt NPs, respectively. Moreover, the hydrogen production rate of AB was Pt@SiO$_2$ > Pt/SiO$_2$ > Pt > SiO$_2$. Among all the catalysts, Pt@SiO$_2$ emerged the highest catalytic activity for generation hydrogen in AB aqueous solution while the TOF value can reach 158.6 mol H$_2$ (mol Pt min)$^{-1}$. Compared with other core-shell catalysts, Pt-based nanocatalysts had higher catalytic activity in the same reaction. In the whole reaction process, after five times of operation, the catalytic activity of Pt@SiO$_2$ NPs catalyst did not decrease significantly owing to the metal core covered by the silicon shell as Figure 21b shown, which exhibited the excellent stability of the nucleocapsid structure catalyst. In NP-5/cyclohexane reverse micelle system, Ru@SiO$_2$ core-shell nanospheres were successfully prepared [69]. The results of TEM and EDX exhibited that with the increase of Ru loading, the amount of RuNP in SiO$_2$ spherical particles increased. At room temperature, the synthesized Ru@SiO$_2$ catalyst had excellent catalytic activity and good durability for the aqueous solution of the AB. The activation energy of Ru@SiO$_2$ was estimated to be about 38.2 KJ/mol, which was lower than that of many different Ru-based and other noble metal catalysts for the hydrolysis of AB, indicating that these core-shell nanospheres had excellent catalytic performance.

![Figure 20](image1.png)

**Figure 20.** (a) SEM, (b) TEM images of Pt@SiO$_2$; copyright (2015), Elsevier.

![Figure 21](image2.png)

**Figure 21.** (a) Plots of the volume of hydrogen generation from AB (100 mM, 10 mL) hydrolysis as a function of time catalyzed by Pt@SiO$_2$, Pt/SiO$_2$, Pt and SiO$_2$ at 25 °C, respectively; (b) recyclability of Pt@SiO$_2$; copyright (2015), Elsevier.
Platinum based catalysts have attracted considerable attention according to higher hydrogen generation activities among the transition metal catalysts [179]. Ye et al. [180] synthesized a supported catalyst SiO2@Pt@NGO, in which nanometer graphene oxidem (NGO) was coated with a layer of 1 nm and the average size of the supported Pt nanoparticles was 1.9 nm (Figure 22). Through the experimental comparative analysis, the activity and stability of AB hydrolyzed hydrogen production would be improved by the increased content of NGO. The enhanced catalytic performance of SiO2@Pt@NGO could be attributed to the synergistic effects among NGO, Pt nanoparticles and SiO2, especially the modified electronic structure of Pt nanoparticles by NGO coating.

![Image of SiO2@Pt@NGO](image-url)

**Figure 22.** Illustration of the formation process of SiO2@Pt@NGO; copyright (2017), Sustainable Energy and Fuels.

### 3.3.5. Cerium Dioxide Material Supported Metal Catalysts

Transition metal nanoparticles tend to aggregate to larger particles, which eventually lead to shorter lifetime. However, reducible oxide supports such as cerium (CeO2) combined with metal nanoparticles have high activity in many reactions [181–183]. Cerium oxide has cerium (III) defect, which is easy to form due to its favorable large positive reduction potential of Ce4+ → Ce3+ (1.76 v [184] in acid solution). Under the catalytic reaction conditions, the two oxidation states of cerium(IV) and cerium(III) can be mutually converted, that is, cerium oxide can be redox cycled in an aqueous solution [185]. The formation of cerium(III) causes excessive negative charges to accumulate on the surface of the oxide, which enhances the coordination between metal(0) nanoparticles and the oxide surface, thus enhancing the catalytic activity through more favorable substrate metal interaction [186]. Therefore, ceria has been used to improve the catalytic performance of transition metals through strong metal-support interactions, especially electron-rich post-transition metal nanoparticles [187–189]. Therefore, more and more attention has been paid to cerium as a support material to stabilize the anti-aggregation of metal nanoparticles. Tonbul’s group [149] reported the preparation, characterization and catalytic application of palladium(0) nanoparticles supported on cerium, Pd0/CeO2. Palladium(II) ion impregnated on the surface of nanospheres with an average particle size of 25 nm were reduced to Pd0/CeO2 by sodium borohydride, which was used as a catalyst for hydrogen generation from the hydrolysis of AB [190]. The high catalytic activity of Pd0/CeO2 was attributed to the reducibility of cerium, that is to say, two kinds of cerium(IV) and cerium(III) transformed each other under catalytic reaction. The formation of cerium(III) led to the accumulation of excessive negative charges on the oxidation surface, which enhanced the ligand interaction between the metal nanoparticles and the oxidation surface. Pd0/CeO2 samples with Palladium loading capacity of 1.18 wt% exhibited the highest activity in AB hydrolysis at room temperature.

Özkar et al. [70] prepared rhodium (0) nanocatalyst with cerium (CeO2), silicon (SiO2), alumina (Al2O3), titanium (TiO2), zirconia (ZrO2) and hafnium (HfO2) as carriers for the hydrolysis of AB under the same conditions, and then investigated the influence of various oxygenate carriers on the catalytic activity of rhodium boron nanoparticles in the hydrogen produced by AB hydrolysis. It was easy to see from the figure description in Figure 23 that in the tested catalyst, rhodium (0) nanoparticles supported on nanoceria revealed the highest catalytic activity in the hydrogen produced by the hydrolysis of AB at room temperature. The resulting Rh0/CeO2 with a metal loading of 0.1 wt% Rh had excellent catalytic
activity for the hydrogen production from hydrolysis of AB with TOF of 2010 min⁻¹. Rh⁰/CeO₂ was a reusable catalyst that retained 67% of its initial catalytic activity, even after the fifth use of hydrogen produced by the hydrolysis of AB at room temperature (TOF = 1350). Rh⁰/CeO₂ was a very attractive catalyst for hydrogen generation due to its simple preparation and high catalytic activity as a solid hydrogen storage material.

![Figure 23](image-url)  
**Figure 23.** Comparison of TOF (turnover frequency in mol H₂/(mol Rh × min)) values of rhodium nanoparticles supported on different oxides at (a) high and (b) low rhodium loadings of catalysts used in hydrogen generation from the hydrolysis of ammonia borane (10 mL, 100 mM) at 25.0 °C; copyright (2016), Elsevier.

Heterogeneous catalytic liquid phase selective hydrogenation is widely used in chemical synthesis in industry. However, active nanoparticles (such as Pd) have high conversion and selectivity, especially under mild conditions, while preventing aggregation/leaching [191]. Li et al. [192] prepared CeO₂ nanotubes/Pd@MIL-53 (Al) sandwich structure catalyst to solve these problems, in which MIL-53 (Al) porous shell can effectively stabilize Pd nanoparticles. The CeO₂ nanotubes/million Pd–53(Al) were synthesized under mild conditions without any surfactant or carrier surface modification, as shown in Figure 24. Compared with CeO₂ nanotubes/Pd and Pd/MIL-53 (Al), due to the promotion effect of CeO₂ and the enrichment/sieving effect of MIL-53(Al), CeO₂ nanotubes/Pd@MIL-53(Al) exhibited the highest catalytic performance in terms of conversion rate and selectivity.

![Figure 24](image-url)  
**Figure 24.** Illustration of the formation of CeO₂ nanotube/Pd@MIL–53(Al); copyright 2020, Wiley.

3.3.6. Titanium Dioxide Material Supported Metal Catalysts

The specific surface area of porous titanium dioxide is between 10–300 m²/g, which can be used as a carrier to avoid the diffusion problem in porous materials [193]. In recent years, people pay more
and more attention to the research of titanium dioxide as precious metal carrier material, because its chemical stability, interesting optical, antibacterial and catalytic properties, titanium dioxide has been widely used in the fields of filler, catalyst carriers and photocatalysts [194,195].

Akbayrak S et al. [150] reported that nanotitanium supported ruthenium (0) nanoparticles as catalysts for AB hydrolysis to produce hydrogen. Ru(0)/TiO\textsubscript{2} exhibited high catalytic activity in hydrogen generation from the hydrolysis of AB its TOF value showing as high as 241 min\textsuperscript{−1} at room temperature. This catalytic activity was due to the dispersion of small nanoparticles on the large outer surface of TiO\textsubscript{2} nanoparticles. Ru(0)/TiO\textsubscript{2} was reusable catalysts, because it provided complete hydrolysis of AB generating three mol H\textsubscript{2} per mole of AB in the third run, but the catalytic activity had no significant change. Furthermore, Ru(0)/TiO\textsubscript{2} was a long-life catalyst, which could provide 71,500 cycles of hydrogen production by hydrolysis of AB at 25.0 °C. M. Rakap et al. [196] prepared Pd-activated TiO\textsubscript{2}-supported Co-Ni-P ternary alloy catalyst (Co-Ni-P/Pd-TiO\textsubscript{2}) by chemical deposition method. Cobalt based catalysts were more active and expensive than nickel based catalysts in the hydrolysis of AB. In order to obtain a cheap catalyst with activity around the pure cobalt catalyst, they prepared alloy catalysts by changing the cobalt nickel ratio, and tested their catalytic activity in AB hydrolysis. Figure 25 showed that there are alloy type catalysts with different compositions in the time curve of hydrogen volume generated by hydrolysis of AB solution. As seen from Figure 26, Co-Ni-P/Pd-TiO\textsubscript{2} catalyst revealed good durability in recycling. Even in the fifth cycle, it exhibited the same catalytic activity as the first cycle. Co-Ni-P/Pd-TiO\textsubscript{2} catalyst had the advantages of high efficiency, low cost and reusability, which made them a promising candidate in the hydrolysis of AB to produce hydrogen.

![Figure 25](image_url)

*Figure 25.* Plot of the volume of H\textsubscript{2} (mL) versus time (min) for the hydrolysis of AB (31.8 mg, 50 mM) catalyzed by Co-Ni-P/Pd-TiO\textsubscript{2} catalysts (25 mg) with different compositions; copyright (2010), Hydrogen Energy.
Ammonia borane is a potential candidate material owing to its unique properties, which has the advantages of high theoretical hydrogen capacity, good solubility, stability, environmental safety, etc. The aqueous solution of AB is very stable at room temperature, but in the presence of a metal catalyst, AB can quickly liberate hydrogen from water. The catalysts for AB hydrolytic dehydrogenation are principally transition metal nanoparticles, including noble metal and non-precious metal catalysts. The noble metals are mainly Pd, Pt, Ru, Rh, while the non-precious are mainly Cu, Fe, Ni and Co.

Noble metals have always displayed outstanding catalytic performance in the catalytic hydrolysis of AB on the basis of existing literature reviews. However, in the practical application, due to the limited precious metal resources and high price, the cost of hydrogen production keeps increasing, which limits the mass production and application of noble metals. In terms of non-precious metals, as abundant resources and low price transition metal, have also been experimentally attested certain level of catalytic capacity for dehydrogenation of AB [197,198]. It has been proved by many related studies that the performance of the catalyst is largely determined by the phase composition, microstructure and surface morphology of the bimetallic or multimetallic catalyst [199–201]. The coordination of electron configuration and geometry among metal components and the effective coordination can make the bimetal or polymetal composites with stronger catalytic capacity [202–205]. In order to highlight the advantages of noble metals and non-precious metals, we reviewed the bimetallic or polymetallic composite catalysts formed by noble metals and non-precious metals. Therefore, the low-cost and effective catalysts composed of precious metals and non-noble metals are worthy of expectation and further intensive study [102]. In addition, we also explore the catalytic effect of noble metal catalysts supported on various support materials for AB hydrolysis. It was found that the supported catalysts can significantly increase the rate of hydrogen evolution under the support of the carriers. Therefore, it is particularly important to find and investigate suitable carriers.

On the other hand, the lattice irregularity is closely related to the catalytic activity and the metal surface properties such as chemisorption and electron transfer. To make ammonia borane hydrogen production widely used, the efficient catalyst can be explored from the aspects of adjusting the degree of chemisorption and electron transfer between catalyst and molecule of AB. It is believed that with the continuous efforts of researchers, metal-catalyzed hydrogen production from AB will be more and more in practical applications.

At present, the biggest challenge in the research of AB hydrogen storage is how to realize efficient regeneration and recycling. Although some evolution has been developed in allusion to recycling of AB from the by-products of pyrolysis, alcoholysis and hydrolytic dehydrogenation, respectively, in this
regard, the regeneration yield of AB still needs to be further improved and studied. Compared with the large number of studies on the decomposition of AB to produce hydrogen, there are few studies on the regeneration of AB. Therefore, the regeneration of AB will be the key research direction in the future. In addition, the current market price of AB is relatively expensive, so it is significant to develop a technology suitable for large-scale industrial production of AB in the future, so as to effectively reduce the cost of using AB as hydrogen storage material.

5. Conclusions

Currently, with the continuous progress of science and technology, the consumption of fossil energy causes a serious of environmental problems, thus the development of efficient and clean energy has attracted more and more attention to replace traditional fuels. Hydrogen, as an ideal energy carrier, plays the main representatives role in the field of future new energy. Ammonia Borane, being not only hydrogen storage but hydrogen production, is considered as a potential hydrogen storage material on account of its high theoretical hydrogen content, environmental friendliness, good cycling performance and excellent stability. We analyzed and compared the advantages and disadvantages of three AB decomposition methods, including pyrolysis, alcoholysis and hydrolysis. In these ways of producing hydrogen, compared with alcoholysis, producing many by-products, and pyrolysis under the high temperature condition, hydrolysis has obvious advantages. Nowadays, the research on the hydrolysis of AB primarily focuses on the synthesis of simple catalysts with high stability and good cycling ability, which provides the possibility for the practical application of AB. Furthermore, we explored the effects of using carbon, graphene, carbon nanotubes (CNT), silica, ceria and titanium supported catalysts on the hydrolytic dehydrogenation of AB. Simultaneously, the activity, reusability and turnover frequency (TOF) value of these catalysts for AB dehydrogenation reaction were introduced, and the future development prospects of precious metal catalysts were prospected.

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