Classification of speech under stress by physical modeling

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Abstract: In this study, we propose a method of classifying speech under stress using parameters extracted from a physical model to characterize the behavior of the vocal folds. Although many conventional methods have been proposed, feature parameters are directly extracted from waveforms or spectrums of input speech. Parameters derived from the physical model can characterize stressed speech more precisely because they represent physical characteristics of the vocal folds. Therefore, we propose a method that fits a two-mass model to real speech in order to estimate the physical parameters that represent muscle tension in the vocal folds, vocal fold viscosity loss, and subglottal pressure coming from the lungs. Furthermore, combinations of these physical parameters are proposed as features effective for the classification of speech as either neutral or stressed. Experimental results show that our proposed features achieved better classification performance than conventional methods.

Keywords: Speech under stress, Stress classification, Physical parameters, Two-mass model

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1. INTRODUCTION

The effects of stress on speech signals have been the topic of numerous studies. Many factors, such as emotional state, fatigue, physical environment, and workload, can cause people to experience stress. It has become increasingly important to study speech under stress in order to improve the performance of speech recognition systems, to recognize when people are in a stressed state, and to understand the context in which a speaker is communicating.

Researchers have attempted to probe reliable indicators of stress by analyzing acoustic variables. Some external factors (workload, background noise, etc.) and internal factors (emotional state, fatigue, etc.) may induce stress [1]. The first investigations of emotional speech were conducted in the mid-1980s, using the statistical properties of acoustic features in order to detect emotions from speech [2,3]. It has been found that fundamental frequency (F₀) has different characteristics for each emotion [4], and that respiration patterns and muscle tension also change [5]. The influence of the Lombard effect on speech recognition has been examined by Bond and Moore [6] and Hansen [7], who analyzed selected acoustic features, such as amplitude and distribution of spectral energy, and found that spectral energy shifted to higher frequencies for consonants in the presence of loud background noise. High workload stress has been proven to have a significant impact on the performance of speech recognition systems, with speech under workload sounding faster, softer, or louder than neutral speech [8,9]. In 2011, Matsuo and Kamano et al. examined the frequency domain and showed how differences in the spectrum of the high-frequency band under stressful workload conditions could be used to catch people committing remittance fraud, and their proposed measure achieved better performance than traditional methods [10]. Furthermore, the Teager energy operator (TEO) [11] has been investigated for the purpose of stress classification. As a result, methods based on the Teager energy operator have been proposed to explore variations in the energy of airflow characteristics within the glottis [12].

We propose a new classification method, based on the working mechanisms of the vocal folds, for speech under stress using parameters estimated from a physical model. It is believed that the presence of stress can result in variations in the physical characteristics of physiological systems. The parameters of a physical model can represent the influence of speaking style more directly. Therefore a
The paper is organized as follows. In Sect. 2, physical parameters based on a two-mass model are described as features for classification. This is followed in Sect. 3 by the presentation of a fitting algorithm for real speech data to help estimate the physical parameters. In Sect. 4, experiments are performed to evaluate the obtained parameters and show their corresponding classification performance for neutral and stressed speech. Finally, we draw our conclusions in Sect. 5.

2. PHYSICAL PARAMETERS

A method for classifying speech under stress is proposed, in which a two-mass model is fitted to real speech. Some of the physical parameters that characterize the vocal folds are estimated. The two-mass vocal fold model was proposed by Ishizaka and Flanagan to simulate the process of speech production [13]. The physical parameters proposed as features for classification in the two-mass model are stiffness, damping ratio, and subglottal pressure.

2.1. Stiffness

The stiffness parameters, which represent muscle tension in the vocal folds, are the main factors related to fundamental frequency. The amplitudes of the glottal area and glottal volume velocity decrease gradually with increasing stiffness [14] because variation in the stiffness of the vocal folds influences the time span of the glottal opening and closing phases. During this time span, subglottal airflow is accelerated in the glottis, thus impacting the velocity of glottal airflow as well as the glottal source. Therefore, it is our assumption that stiffness parameters, which reflect the tension of the muscles, can be a potential factor in stress detection. In the production of speech, however, the natural frequency of the vocal folds is determined by both their mass and stiffness. So in order to simplify the estimation algorithm, the stiffness parameters are only estimated with mass fixed as a constant.

Figure 1 shows a sketch of the model. Each vocal fold is represented by a mass-spring-damper system [13], joined with a coupling stiffness, and is represented as

\[
m_1 \frac{d^2 x_1}{dt^2} + r_1 \frac{dx_1}{dt} + s_1(x_1) + k_c(x_1 - x_2) = F_1
\]

\[
m_2 \frac{d^2 x_2}{dt^2} + r_2 \frac{dx_2}{dt} + s_2(x_2) + k_c(x_2 - x_1) = F_2,
\]

where \(m_i\) are the masses, \(x_i\) are their horizontal displacements measured from the rest (neutral) position, \(x_0 > 0\), and \(k_c\) is the coupling stiffness. \(r_i\) denotes the equivalent viscous resistances, and \(s_i\) refers to the force related to tissue elasticity. \(F_i\) is the force of airflow, which is determined by subglottal pressure.

Tissue elasticity (or “spring”) \(s_i\) represents the tension of the vocal folds and depends on the contraction of different muscles. The equivalent tensions are given by

\[
s_i(x_i) = k_i (x_i + \eta x_i^3), \quad i = 1, 2
\]

where \(k_i\) are stiffness coefficients and \(\eta\) is a coefficient of the nonlinear relations.

Generally, the stiffness of the vocal folds depends mainly on two muscles: the cricothyroid muscle and the thyroarytenoid muscle. CT and TA represent the weighted activities of the two muscles. In the two-mass model, coupling stiffness \(k_c\) is relative to the tension in the thyroarytenoid muscle (TA), so a high \(k_1\) value and low \(k_c\) value represent the contraction of CT and relaxation of TA [14].
2.2. Viscosity

The viscosity of vocal fold tissue has been shown to be essential in vocal fold oscillation. During phonation, the viscosity of vocal fold tissue changes owing to hydration effects [15]. The damping ratio of viscosity has been estimated by Kaneko, et al. [16] and Isshiki [17]. Results show that damping ratio has a close correlation with fundamental frequency, which is a stress indicator [18]. Therefore, in this work, we assume that the damping ratio is a parameter that varies in a narrow range during phonation under different conditions. Since the viscosity of the vocal folds depends mainly on the bulk of the vocal cords (m1 of our model), the damping ratio for m1 is considered to be an influential parameter.

The viscous resistance of the vocal folds represents the stickiness of the soft, moist surfaces during contraction of the vocal fold. This can be represented as

\[ r_i = 2\zeta_i \sqrt{m_i k_i}, \quad r_2 = 2\zeta_2 \sqrt{m_2 k_2}, \]

where \( \zeta_i \) is a damping ratio, and \( k_i \) denotes the linear stiffness of the spring \( s_i \).

2.3. Subglottal Pressure

Subglottal pressure is the pressure of the airflow in the trachea below the glottis. This is the main factor used by speakers to control phonation when producing speech. Subglottal pressure affects the amplitude of speech signals and fundamental frequency. Higher subglottal pressure causes higher airflow velocity, thus, it has an impact on glottal flow. It can therefore be considered as one of the feature parameters for classifying stressed speech.

Aerodynamics in the glottis is modeled with a set of equations proposed by Ishizaka and Flanagan [13]. If the subglottal pressure is represented as \( P_s \), air pressure drops to \( P_{11} \) when air enters the glottis (at the edge of \( m_1 \)) according to Bernoulli’s equation. The abrupt contraction in cross-sectional area at the inlet to the glottis causes a phenomenon called vena contracta, which makes the air pressure undergo a greater drop. This drop is determined by the flow measurements of van den Berg:

\[ P_s - P_{11} = (1.00 + 0.37) \frac{\rho U_g^2}{2 A_{gl}}, \]

where \( \rho \) is air density, \( U_g \) is the volume velocity of glottal airflow, and \( A_{gl} \) is the cross-sectional lower glottal area, which is represented by \( A_{gl} = 2l_g(x_0 + x_1), \) where \( l_g \) is the length of the vocal fold. \( x_0 \) is the displacement when the vocal folds are in the rest position.

Along masses \( m_1 \) and \( m_2 \), pressure drops as a result of air viscosity:

\[ P_{i1} - P_{i2} = \frac{12\mu d_i l_g^2 U_g}{A_{gi}^2}, \quad i = 1, 2 \]

where \( \mu \) is the air viscosity coefficient, and \( d_i \) is the width of \( m_i \).

At the boundary between the two masses, the pressure drop can be calculated by

\[ P_{21} - P_{12} = \frac{\rho U_g^2}{2} \left( \frac{1}{A_{g1}^2} - \frac{1}{A_{g2}^2} \right). \]  

where \( P_{21} \) is the air pressure at the lower edge of \( m_2 \), and \( A_{g2} \) is the cross-sectional lower glottal area.

At the glottal outlet, abrupt expansion causes the pressure to recover because of the relatively large area of the vocal tract. This pressure is given by

\[ P_1 - P_{22} = \frac{1}{2} \rho \frac{U_g^2}{A_{g2}} [2N(1 - N)], \]

where \( P_1 \) is the pressure at the inlet of the vocal tract. Here, the parameter \( N \) is defined as \( N = A_{g2}/A_1 \), where \( A_1 \) is the input area to the vocal tract. \( N \) denotes the difference in area between the outlet of the vocal folds and inlet of the vocal tract, and is significant in the acoustic interaction between the glottal source and the vocal tract.

Finally, force \( F_i \) acting on the masses is calculated by

\[ F_i = \frac{(P_{i1} + P_{i2})}{2}. \]

When the glottis is closed, forces are calculated by

\[ F_1 = \begin{cases} d_1 l_g P_s, & x_1 \leq -x_0 \quad \text{or} \quad x_2 \leq -x_0 \\ 0, & \text{if} \quad x_1 \leq -x_0 \end{cases} \]

\[ F_2 = \begin{cases} d_2 l_g P_s, & \text{if} \quad x_1 > -x_0, \quad x_2 \leq -x_0 \\ 0, & \text{if} \quad x_1 \leq -x_0 \end{cases} \]  

The two-mass model can be represented as a vocal fold model connected to a four-tube model. The four-tube model is constructed using a transmission line analogy involving four cylindrical, hard-walled sections terminating in the radiation load of a circular piston in an infinite baffle. The element values are determined from cross-sectional areas \( A \) and cylinder lengths \( L \).

In this study, we consider the fitting of two-mass model to vowels because only the voiced sound can cause vibration of the vocal folds, so all of the segments for vowel /a/ are chosen as training data and testing data, and the evaluation is performed for each speaker. Since all the training and testing data are for /a/, the variation in the shape of the vocal tract is relatively minor across speakers. Our aim in this work is stress classification, therefore, an assumption is made that the effect of the vocal tract is smaller than that of the vocal folds and thus the parameters in the tube model are fixed as constants for vowel /a/.

Moreover, the objective is stress classification and our main consideration in this work is the characteristics of the vocal folds under the stressed condition. The parameters of the vocal folds are more essential and effective for stress classification because the vocal folds are mainly affected when stress occurs [12]. Therefore, in this work,
we first concentrate on the parameters of the vocal folds, and the vocal tract parameters will be considered in the future.

Therefore, stiffnesses $k_1$, $k_2$, $k_c$, damping ratio $\zeta_1$, and subglottal pressure $P_s$ are selected as control parameters, which represent the parameters to be estimated, to generate the features for stress classification. After defining a target cost function, we can estimate the physical parameters by fitting the two-mass model to real speech.

### 3. ESTIMATION METHOD

#### 3.1. Algorithm for Fitting

Figure 2 shows the structure of the fitting algorithm. Fitting the two-mass model to real data involves two steps. First, a pre-emphasis filter is used to flatten the speech spectrum before spectral analysis. The aim is to compensate the high-frequency part of the speech signal that was suppressed during the human sound production mechanism. The pre-emphasis filter used here is $H(z) = 1 - \alpha z^{-1}$, where $\alpha = 0.97$. Since we mainly focus on the modulation effect at the glottal source of speech, input speech is then analyzed using linear predictive coding (LPC), which removes the influence of formants and lip radiation, and emphasizes the glottal source, to obtain the residual signal. Then, some target values can be determined to measure the spectrum of the residual signal.

In the second step, each set of control parameters is considered separately. After that, simulation can be performed using the two-mass model to generate speech using the given control parameters. In order to make a comparison with the spectrum of the residual signal from the real speech, LPC analysis is also performed for the simulated speech to obtain the residual signal, and the same target values are calculated. By inverse filtering of LPC, the parameters of the vocal folds can be estimated correctly. Next, the target values are compared with the ones obtained in the first step in order to observe the difference between them. The difference between the simulated target values and the measured target values from real speech can be represented by a cost function. The control parameters are then varied and the speech is simulated until the cost function reaches a minimum.

The Nelder-Mead algorithm [19] is a simplex method of finding the minimum of a function involving several variables. It is a direct search method and it does not require the calculation of a derivative. We use the Nelder-Mead method based on the comparison of the values of the cost function at the $n + 1$ vertices for $n$-dimensional decision variables to solve our optimization problem. Here, we select $k_1$, $k_2$, $k_c$, $\zeta_1$, and $P_s$ as variables. The calculation of each time will generate a new vertex for the simplex. If this new point is better than at least one of the existing vertices, it replaces the worst vertex. The simplex vertices are changed through reflection, expansion, shrinkage and contraction operations in order to find an improved solution for the control parameters. Optimal values of the physical parameters are estimated by the Nelder-Mead simplex method, which is implemented to search for the optimal physical parameters to minimize the cost function.

#### 3.2. Cost Function

In this paper, we utilize four different cost functions in order to compare their performance in classification.

##### 3.2.1. Fundamental frequency and spectral flatness measure ($F_0$-SFM)

When stress occurs, the fundamental frequency and spectrum of the glottal source are affected. The harmonic structure of the spectrum loses clarity in the high-frequency band, and the spectrum becomes smooth and irregular. The spectrums of residual signals are shown in Fig. 3. The part of high frequency in the spectrum is marked by red circles. This irregularity can be quantified with a “spectral flatness measure” (SFM). The spectral flatness is calculated by dividing the geometric mean by the arithmetic mean of the power spectrum:

\[
\text{SFM} = \frac{\text{GM}}{\text{AM}}
\]

where GM is the geometric mean, and AM is the arithmetic mean of the power spectrum.
The cost function is defined as

\[ C_1 = \frac{1}{M} \sum_{n=0}^{M-1} S(n) \]

where \( S(n) \) is the magnitude of bin number \( n \). The distributions of SFM for neutral and stressed speech for a male speaker are shown in Fig. 4.

The cost function can be defined as a weighted sum of the squared difference between target values from the simulated speech and from the real speech, and can be represented as:

\[
C_1 = \alpha_1 (F_0^* - F_0)^2 + \alpha_2 (SFM^* - SFM)^2, \\
\alpha_1 = 1/F_0, \quad \alpha_2 = 1/\text{SFM},
\]

where the asterisk denotes the target value from real speech. The target values here denote the values of \( F_0 \) and SFM. The weights are given the values \( \alpha_1, \alpha_2 \) to normalize the different target values to the same range, and the overbar denotes mean values over the target region. The frequency band of the spectrum was limited to 3,000–4,000 Hz for calculating the spectral flatness measure.

### 3.2.2. \( F_0 \) and statistical information (\( F_0 \)-Stat)

The high frequency bands of the spectrum become disordered when stress occurs. Because of the lack of clear harmonic structure, it is difficult to represent the spectrum using only fundamental frequency. Therefore, the mean and variance of the spectrum are used to describe the irregularity in the high frequency band. Figure 5 shows the distribution of mean and variance for a male speaker, sample 180. As can be seen when stress occurs, values for mean and variance fall (mean = 21.5, and variance = 41.8 in Fig. 3(b)). The cost function is defined as

\[
C_2 = \beta_1 (F_0^* - F_0)^2 + \beta_2 |\text{mean}(S^*(n)) - \text{mean}(S(n))|^2 + \beta_3 |\text{var}(S^*(n)) - \text{var}(S(n))|^2,
\]

where \( \beta_1 = 1/F_0, \quad \beta_2 = 1/\text{mean}(S(n)) \) and \( \beta_3 = 1/\text{var}(S(n)) \) are used to normalize target values to the same range. The overbar denotes mean values over the target region. The frequency band of the spectrum was limited to 3,000–4,000 Hz.

### 3.2.3. Spectrum and histogram (Spect-Histo)

A histogram can be used to calculate statistical characteristics, including mean, variance, entropy, and third-order moments. It more accurately represents the spectrum of the glottal source. A frequency histogram refers to the probability mass function of the magnitude of the spectrum. More formally, the frequency histogram is defined by

\[
H(k) = M \cdot B(X = k),
\]

where \( X \) represents the magnitude of the spectrum, \( M \) is the number of frequency bins in the spectrum, and \( B \) denotes the probability of \( X = k \). Thus a concatenated cost function can be defined as the spectral distance in the low-frequency band and the histogram distance in the high-frequency band, which can be represented as

\[
C_3 = W_1 \sum_{n=1}^{M} (S^*(n) - S(n))^2 + W_2 \sum_{j=1}^{L} (H^*(k_j) - H(k_j))^2, \\
W_1 = 1/\left( \sum_{n=1}^{M} (S(n))^2 \right), \quad W_2 = 1/\left( \sum_{j=1}^{L} (H(k_j))^2 \right).
\]
where $S(n)$ and $S^*(n)$ represent the spectrums of simulated speech and real speech, respectively. Note that $M$ and $L$ are the number of bins for the spectrum and the histogram. A partition of the speech frequency band for $F_0$-Stat was performed to determine the high-frequency band between 3,000–4,000 Hz; however, this partition is coarse. Automatic separation of the low- and high-frequency bands might help us derive a more effective cost function for fitting. This separation is performed by detecting the periodic feature of the harmonic, described as follows

**Step 1:** Spectrum is split into (overlapping) frames. Frame length is fixed as the frequency band including three harmonic structures.

**Step 2:** Autocorrelation is calculated for each frame.

**Step 3:** Zero-crossing for the autocorrelation is computed to classify whether it has a clear harmonic structure in this frame.

**Step 4:** Separation point is determined by an abrupt increase in zero-crossing.

### 3.2.4. Modified spectrum (Spectrum)

The spectrum of the residual signals has a flat upper envelope, and information on harmonic structure mainly exists in spectral peaks rather than in spectral valleys. Therefore, the spectrum is cut with a threshold to remove the lower valley section, and only the upper section representing harmonic structure is used to calculate spectral distance, as shown in Fig. 6, which is a power spectrum of speech from a male speaker, with the threshold chosen as $-20$ dB. Spectral distance can then be calculated to evaluate the similarity between the spectrums of real and simulated speech.

Let $P(n)$ and $P^*(n)$ represent the cut-off spectrum of simulated speech and real speech, respectively. The normalized cost function can be defined as

$$C_4 = \frac{\sum_{n=1}^{M} |P^*(n) - P(n)|^2}{\sum_{i=1}^{M} |P(n)|^2},$$

where $M$ is the number of bins for the power spectrum.

Figure 7 shows the simulated results with these four cost functions. In this experiment, the neutral and stressed speech in Fig. 3 from a male speaker are used to estimate the corresponding physical parameters by fitting the two-mass model. The simulated spectrums of residual signals obtained using the estimated parameters are shown. The estimated values are shown in Table 1.

### 4. EVALUATION

#### 4.1. Database and Experimental Setup

In the experiments, we used a database collected by the Fujitsu Corporation containing speech samples from eleven subjects (four male and seven female) [10]. To simulate mental pressure resulting in psychological stress, we introduced three different tasks, which were performed by the speakers while conversing on the telephone with an operator, in order to simulate a situation involving pressure during a telephone call.

The three tasks involved (A) concentration, (B) time pressure, and (C) risk taking. For each speaker, there were four dialogues with different tasks. In two dialogues, the speaker was asked to finish the tasks within a limited amount of time, and in the other dialogues there was relaxed chat without any task.

All of the data is acquired from telephone calls, so the sampling frequency was 8 kHz. The segments with the vowel /a/ were cut from the speech and selected as training samples and testing samples. The experiments were performed for each speaker. The number of samples was different for each speaker, and the total number of samples ranged about 100–250 for each person. We randomly chose six speakers (three male, three female) from eleven subjects to show the classification performance. Linear classifiers based on the minimum Euclidean distance to reach the classification performance were used.
for females, the typical values were as follows: $k$ is the standard value of subglottal pressure for phonation speech has larger ranges for physical parameters (e.g., types of speech. Moreover, they can make our work ensure that our search method is able to simulate different configuration of the tube model. For males, the length of proposed method, the typical values are adopted for the number of parameters to be estimated, and simplify the configuration of the vowel $S$ was assumed to be cylindrical sections of equal length. In order to reduce the number of parameters to be estimated, and simplify the proposed method, the typical values are adopted for the configuration of the tube model. For males, the length of the vocal tract was assumed to be $L_M = 0.18$ m, with each element set to $l_i = 0.045$ m, and the cross-sectional areas were $A_1 = 8 \times 10^{-5}$ m$^2$, $A_2 = 4 \times 10^{-5}$ m$^2$, $A_3 = 3 \times 10^{-4}$ m$^2$, and $A_4 = 8 \times 10^{-4}$ m$^2$. For the configuration for females, the typical values were as follows: $m_{1F} = 4.56 \times 10^{-5}$ kg, $m_{2F} = 9.1 \times 10^{-4}$ kg, $l_{fF} = 0.01$ m, $d_{1F} = 1.79 \times 10^{-3}$ m, $d_{2F} = 3.6 \times 10^{-4}$ m, $\zeta_{2F} = 0.6$, and $x_0 = 2 \times 10^{-4}$ m. The vocal tract model was represented by a standard tube configuration for the vowel $[a]$ [20], and the number of elements was limited to four cylindrical sections of equal length. In order to reduce the number of parameters to be estimated, and simplify the proposed method, the typical values are adopted for the configuration of the tube model. For males, the length of the vocal tract was assumed to be $L_F = 0.14$ m, with each element $l_i = 0.035$ m, and the cross-sectional areas were $A_1 = 4.85 \times 10^{-5}$ m$^2$, $A_2 = 2.4 \times 10^{-5}$ m$^2$, $A_3 = 1.8 \times 10^{-4}$ m$^2$, and $A_4 = 4.85 \times 10^{-4}$ m$^2$.

The relationships between the ranges for the control parameters were used for all speakers: $P_S = 200–1,900$ Pa, $k_1: 10,000–140,000$ dyn/cm, $k_2: 2,000–14,000$ dyn/cm, $k_3: 4,000–45,000$ dyn/cm, $\zeta_1: 0.05–0.6$. The ranges here selected for the control parameters are sufficiently large to ensure that our search method is able to simulate different types of speech. Moreover, they can make our work applicable to emotional speech recognition. Emotional speech has larger ranges for physical parameters (e.g., the standard value of subglottal pressure for phonation is 2–8 cmH$_2$O, but 10–12 cmH$_2$O for loud speech), so the greater search range is advisable for the search method.

### 4.2. Comparison of Feature Parameters

By fitting the model to real data, the physical parameters of speech can be estimated. The obtained parameters were used as features for classifying speech into neutral or stressed speech. The purpose of our first evaluation was to verify which parameters are related to stress, and whether these parameters are dependent on speakers. The proposed parameter sets were then compared to show their classification performance using C4 as the cost function.

In the first evaluation, the stiffness parameters were first focused on and the effect of each stiffness on stress recognition was then examined. The parameters $k_1$, $k_2$, and $k_c$ were estimated with $P_S = 500$ Pa, and $\zeta_1 = 0.1$, and other physical parameters were fixed at the typical values described in Sect. 4.1. In Fig. 8, receiver operating characteristics (ROC curves) are shown to compare the classification performances of $k_1$, $k_2$, and $k_c$ separately for a male speaker. In this result, $k_1$ and $k_2$ perform better than $k_2$ in classifying stressed speech from neutral speech. The classification performances of $[k_1]$, $[k_1, k_2]$ and $[k_1, k_2, k_c]$ for different speakers are shown in Fig. 9. It is illustrated that the average classification accuracy decreases.

| Neutral speech | Stressed speech |
|----------------|-----------------|
| $P_S$ [Pa] | $k_1$ [dyn/cm] | $k_2$ [dyn/cm] | $k_c$ [dyn/cm] | $\zeta_1$ | $P_S$ [Pa] | $k_1$ [dyn/cm] | $k_2$ [dyn/cm] | $k_c$ [dyn/cm] | $\zeta_1$ |
| C1 | 438 | 75,460 | 7,840 | 22,640 | 0.16 | 299 | 90,780 | 8,040 | 8,260 | 0.32 |
| C2 | 455 | 74,030 | 8,250 | 21,980 | 0.14 | 276 | 87,440 | 8,277 | 7,260 | 0.32 |
| C3 | 416 | 74,270 | 7,730 | 20,810 | 0.17 | 306 | 84,290 | 7,800 | 7,740 | 0.31 |
| C4 | 446 | 77,360 | 8,000 | 22,600 | 0.14 | 279 | 89,170 | 8,480 | 7,650 | 0.34 |

**Table 1** Estimated values of physical parameters for four cost functions.
es when taking $k_2$ into account, and the performance for stress classification is improved when $k_c$ is considered. It is proved that $k_2$ is not effective in the classification of neutral and stressed speech, Therefore, it is sufficient to select $k_1$ and $k_c$ as feature parameters in further evaluation.

Next, we focused on subglottal pressure, stiffness, and damping ratio individually, and fixed the other parameters at typical values. Then the effect of each parameter on stress recognition was examined. The results are shown in Fig. 10 (in Figs. 10–16, “damp” is the abbreviation for “damping ratio”). For these physical parameters, the results show that stiffness ($k_1, k_c$) achieves the best classification performance, which means it is strongly linked to stress. The other two parameters vary in performance depending on the sex of the speaker. For males, the results show that the damping ratio can classify stressed speech well, so it plays a more important role when male speakers are under stress, whereas for females, the stress classification rate of $P_S$ is higher, which indicates that subglottal pressure is a better indicator of stress. Furthermore, classification performance among speakers differs significantly, which proves that these physical parameters are dependent on the speakers.

$F_0$ is dependent on stiffness and subglottal pressure, while the viscosity of vocal folds is determined by stiffness and damping ratio. Therefore, the following parameter sets are proposed: $[[P_S, k_1, k_c]]$, $[[k_1, k_c, \zeta_1]]$, and $[[P_S, k_1, k_c, \zeta_1]]$. Figure 11(a) shows the distribution results for $[[P_S, k_1, k_c]]$, in which we estimated $P_S$, $k_1$, and $k_c$ with a fixed damping ratio, while Fig. 11(b) shows the distribution for $[[k_1, k_c, \zeta_1]]$, with subglottal pressure fixed at a typical value. It is illustrated that the proposed parameters are effective for the stress classification and the estimated values of parameters are limited in some range, and these ranges agree with the actual situation for human beings.

As this distribution in Fig. 11 shows, stiffness, subglottal pressure, and damping ratio are all good indicators of stressed speech. Under stressed conditions, the value of $P_S$ becomes smaller, $k_1$ becomes relatively large, $k_c$ smaller, and the damping ratio increases compared with the same parameters under neutral conditions. This indicates that high stress causes variation in the muscle tension of the vocal folds. There is also lower subglottal pressure from the lungs and the vocal folds become more viscous than under neutral conditions.

We checked the performances of the above parameters and compare them. In the proposed sets, the stress
classification rate of \( \{P_S, k_1, k_c\} \) was higher than that of \( \{k_1, k_c, \zeta_1\} \) for female data. This suggests that females are more likely to exhibit stress vocally through variation in \( F_0 \) than male speakers, which agrees with the results above. Furthermore, results show that \( \{P_S, k_1, k_c, \zeta_1\} \) had the best stress recognition performance among the physical parameter sets. This illustrates that stiffness, damping ratio of the vocal folds, and subglottal pressure are the factors that are affected when a speaker is under stress.

4.3. Comparison of Different Cost Functions

In the second evaluation, we also compare \( \{P_S, k_1, k_c\} \), \( \{k_1, k_c, \zeta_1\} \), \( \{P_S, k_1, k_c, \zeta_1\} \) with different cost functions. For cost functions \( C_2 \) and \( C_3 \), the low- and high-frequency bands were separated on the basis of periodic characteristics of the harmonic in the spectrum. A linear classifier was used to examine their performance, and we took the average classification rate for all of the speakers to compare different cost functions. The results for different cost functions are shown in Figs. 12–15, and the average classification performance is shown in Fig. 16. Results show that cost function \( C_4 \) yields the best improvement in classification performance.

Since the proposed features are based on physical characteristics, it would be helpful to compare their performances with those of traditional features. The traditional methods include the parameter sets \( [F_0, SFM] \), and \( [TEO – FM – VAR] \). \( [TEO – FM – VAR] \) is the feature based on the Teager energy operator (TEO) to detect stress. It represents the frame-based variation of the frequency modulation (FM) component of the filtered signal [12]. The
results of this comparison are shown in Figs. 12–15. The proposed physical parameters perform better than the traditional features used for stress detection. This shows that parameters estimated from a physical model are more effective in representing speech under stress.

5. CONCLUSION

In this paper, we proposed more effective features for the classification of neutral and stressed speech. A physical model that characterizes the behavior of the vocal folds was used to simulate speech production. Physical parameters (stiffness, damping ratio, and subglottal pressure) were estimated using a method that fits the two-mass model to real speech, and different cost functions were used as targets to make a comparison. The obtained parameters were used as physical features for the classification of neutral and stressed speech. The conclusion drawn is that subglottal pressure from the lungs, muscle tension, and viscosity of the vocal folds, all of which affect the glottal source, are key indicators of stressed speech. Future work should be focused on the estimation of the parameters of both vocal folds and vocal tract for the classification of speech under stress.

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