Estimation of cellular thiols metallothioneins (MTs) sensitivity to continuous pressure of environmental chemical ‘cocktail’ of xenobiotics needs investigation in correct model experiments. The aim of this study was to elucidate MTs contribution into bivalve mollusk response to co-exposure to xenobiotics and elevated temperature. We treated the mussels Unio tumidus Philipson, 1788 (Unionidae) with drugs diclofenac (Dc, 2 nM), nifedipine (Nf, 2 nM) or with organophosphonate herbicide glyphosate (Gl, formulation Roundup MAX, 79 nM) separately at 18°C and in combination at 18°C (DcNfGl) and 25°C (DcNfGl+T) during 14 days. MTs were isolated from digestive gland by size-exclusion chromatography. The concentration of MTs in the tissue was assessed according to metals (Zn, Cd) in the eluted peak of MTs (MT-Me) and thiols (MT-SH) content. Tissue redox status was assessed using lactate/pyruvate ratio. The assay of cells viability was based on the lysosomes ability of hemocytes to concentrate the Neutral Red (NR) dye. It was found, that MT-SH content in the digestive gland was increased under all exposures. Treatment with Dc increased the level of MT-Me, whereas treatment with Gl decreased it and increased lactate/pyruvate ratio. Nf decreased this ratio by elevating pyruvate level and increased lysosomal membrane stability in hemocytes. At co-exposure to xenobiotics and elevated temperature the number of hemocytes with nuclear abnormalities was increased indicating the exceeding of organisms’ adaptive limits. Multivariate statistical analyses showed negative correlations in pairs MT-SH/MT-Me and MT-SH/pyruvate and distinguished Gl and DcNfGl+T exposed groups from other groups.

**Key words:** metallothioneins, diclofenac, nifedipine, roundup, redox state, Bivalve mollusk.

In Eastern European Countries, the involving of populations in the utilization of pharmaceutical and personal care chemicals has enhanced in the last decades. It combines with progress in the agricultural industry and collapse of water purification systems [1], resulting in the subjecting of the environment to continuous pressure of chemical ‘cocktail’ of xenobiotics each of them can cause the biological effect in the low nanomolar concentration and interact the effects of other compounds [2]. The climate changes can add unpredictable consequences to the biological effect of waterborne chemical substances, in particular associated with the local extreme events that are likely to occur in summer in most rivers [3, 4]. Therefore, the model experiments with subjecting of the organism to single suspected adverse effect in the optimal conditions can give distorted evidence of its ability to withstand this effect [2-5].

The aim of this study was to reflect the impact of environmentally relevant combined exposure to xenobiotics and elevated temperature on the organism. Bivalve mollusk Unio tumidus was selected as approved sentinel organism. We focused the expertise on the responses of low weight thermostable proteins metallothioneins (MTs). Specific ability of MTs to bind transitional metals is well known. However, these stress-related proteins are...
known to be involved into the responses of the organism to plural exposures that are not associated with the toxicity of typical MTs ligands, namely zinc, cadmium, copper [4, 5]. The manifestation of MTs responsivity in these exposures can be the disturbance of metal-binding properties (low metalation or hypermetalation) [4]. For the exposures we selected an organophosphonate glyphosate as one of the most used herbicide worldwide [6], non-steroidal anti-inflammatory medicine diclofenac that is the priority substance in urban waters in Ukraine [7] and cheap antihypertensive nifedipine that is frequently utilized in the treatment of cardiovascular disease. In 2016 it was the 154th most prescribed medication utilized in the treatment of cardiovascular disease.

Cheap antihypertensive nifedipine that is frequently utilized in the treatment of cardiovascular disease could reflect the impact of environmental combined stressors and to elucidate the participation of MTs in the expected response of the organism.

**Materials and Methods**

All reagents were of the Reagent grade or higher. They were obtained from Sigma-Aldrich (USA) or Synbias (Ukraine). Detailed information on exposures and assay characteristics is given in the Supplement available via the Mendeley Data by the following link: http://dx.doi.org/10.17632/82pyxwm8h.1

Adult bivalve mollusks *Unio tumidus* Philip- son, 1788 (Unionidae) (~ 6 years old, ~ 8.5 cm length, and 60-70 g weight) were collected in a river site assumed to be reference [4]. Specimens were transported to the laboratory and preacclimated to the laboratory conditions for up to seven days after the capture in the aerated, softened tap water (17 ± 1°C, pH 7.3 ± 0.2, CaCO₃ level 86.8 ± 1.0 mg/l, dissolved oxygen level 8.67 ± 0.51 mg/l, ammonia (NH₃/NH₄⁺) and nitrite levels below 0.1 mg/l). Specimens were fed 500 mg of Tropical SuperVit Basic contained beta-1.3/1.6-glucan twice a week. Specimens were exposed to(diclofenac (Dc), nifedipine (Nf), organophosphonate pesticide glyphosate (Gl) separately at the temperature 18°C (positive controls) and jointly at the temperatures 18°C (DcNfGl) and 25°C (DcNfGl+T) during 14 days. The concentrations of substances were: Dc (Diclofenac-Darnitsa) 600 ng/l or 2 nM; Nf (Nifedipinum Retard-Darnits) 700 ng/l, or 2 nM); Gl (formulation Roundup MAX, Monsanto, USA), 33.8 µg/l, of Roundup MAX corresponding to 13.4 µg/l or ~79 nM of Gl. Water was changed and chemicals were replenished every two days. No mortality was observed during the experimental exposures.

Utilized concentrations of chemicals were correspondent to the levels indicated in the effluents of the municipal sewage treatment plants and/or freshwaters. For example, the concentration of Dc in Swiss lakes and rivers ranged from <1 to 12 ng/l, with the highest detected concentration 310 ng/l [1]. Nf or its metabolites were detected in the sewage effluents in the ten to hundreds of ng/l, despite Nf is easily degraded and light sensitive [9]. Environmentally realistic concentrations of Gl correspond to µg/l [10]. The choice of the temperature regime was based on the preliminary experiments, when exposure of mollusks to 25°C during 14 days did not cause mortality, unlike exposure to 30°C, and correspondence to the data on the surface water temperatures in Europe.

In the end of exposure, individual’s length, total, soft body, digestive gland and gill weights were recorded. The condition factor (CF) of the animals was calculated by the following equation: \[ CF = \frac{(weight \ of \ drained \ organ) \times \ total \ weight}{(weight \ of \ drained \ organ) \times total \ weight} \times 100 \]. The condition indexes (CI) of soft tissue (ST) and digestive gland (DG), were calculated as the ratio: (weight of drained organ (g)/total weight (g) × 100).

Lysosomal membrane stability and nuclear abnormalities were determined in hemocytes, all other indices – in digestive gland. Hemocytes were studied immediately, while digestive glands and thermostable eluate for MTs isolation were frozen (–40°C) until further analyses. Hemolymph was withdrawn from the adductor muscle sinus using a hypodermic syringe that contained 200 µl of phosphate-buffered saline (pH 7.4). Hemocytes were pelleted at 250 g, resuspended in phosphate-buffered saline /EDTA (pH 7.4), diluted to a density of 4×106 cells·ml⁻¹, then aliquoted to analysis.

Metallothioneins (MTs) were isolated as the thermostable proteins by size-exclusion chromatography on Sephadex G-50 as described elsewhere [5]. For each replicate, tissues from five individuals of a certain experimental group were pooled to the total of 350 mg. The MTs-contained peak was identified based upon its spectral features (peak of absorbance at 245 nm and the absence of peak at
280 nm) and low molecular weight. The concentration of Cu, Zn and Cd was measured in the eluate, contained MTs after the digestion of dried samples with HNO₃. Concentration of MTs in the tissue of digestion gland was assessed by two approaches: from metals contained in the eluted peak of MTs (MT-Me) and from the concentration of thiols (MT-SH) using 5,5-dithio-bis-(2-nitrobenzoic acid) reduction method after the ethanol/chloroform extraction from tissue homogenate [11]. MT-Me concentration was estimated from the metal (Zn, Cu, Cd) analysis, considering that one molecule of MT binds seven Zn²⁺ or Cd²⁺ ions or twelve Cu⁺ in two thiolate domains [12]. The levels of MT-SH were calculated assuming the relationship: 1 mol of MTs is equal to 21 mol of GSH [13] and using a molar extinction coefficient of 5-thio-2-nitrobenzoate of 13,600 M⁻¹·cm⁻¹. MTs concentration (MT-SH and MT-Me) was expressed as µg of MTs per g of wet tissue weight (FW), assuming that molecular weight of mollusk MT is ~8.6 kDa [13].

Tissue redox status was assessed using the lactate/pyruvate ratio. Lactate and pyruvate concentrations were analyzed with standard spectrophotometric methods using bacterial D-Lactate Dehydrogenase (EC 1.1.1.28) as a coupling enzyme [14] in the presence of NAD or NADH correspondingly. Differences in the absorbance at 340 nm were used to calculate lactate or pyruvate concentrations of the samples using the millimolar extinction coefficient for NADH of ε₃₄₀ = 6.22 mM⁻¹·cm⁻¹.

The assay of cells viability was based on the lysosomes ability to concentrate the Neutral Red (NR) dye adopted to freshwater mussels by using Ringer’s solution [15]. Haemolymph collected from the adductor muscle of specimens was incubated on Ringer’s solution [15]. Haemolymph collected from (NR) dye adopted to freshwater mussels by using lysosomes ability to concentrate the Neutral Red accumulated NR. The time at which 50% of hemocytes released their cytoplasm was recorded at 1,000 × magnification. The NR retention (NRR) time was estimated as the time at which 50% cells exhibited loss of dye from lysosomes was recorded at 1,000 × magnification until loss was observed in more than 50% cells. Observations for NR retention (NRR) were recorded at 5-min intervals. The NRR time was estimated as the time at which 50% of hemocytes released their accumulated NR.

For the determining of nuclear lesions, the suspension of hemocytes was fixed in methanol/acetic acid (3/1), stained with 5% Giemsa and mount in Canada balsam. The stained slides were analyzed under the light microscope at 1,000× magnification). Micronuclei, as well as hemocytes with lobed nuclei (L), dumbbell-shaped or segmented nuclei (S), and kidney-shaped nuclei (K) were registered. Frequency of nuclear lesions were assessed jointly for all lesions (MN+L+S+K) and expressed per 1,000 cells [16]. At least 2,000 cells were assessed in each sample.

Thermostable proteins analyses were carried out in triplicate for two independent replicates derived of pooled tissues from five mussels. For all other traits, sample size was eight. Results were expressed as mean ± SD. Shapiro-Wilk test was used for the assessment of normality. Data were analyzed with parametric Student’s t-test significant at P < 0.05. Principal component analysis (PCA) was performed to assess the relations between measured parameters utilizing rotation method Varimax with Kaiser Normalization, and Canonical discriminant analysis was utilized for the separation of the different groups. The IBM SPSS Statistics version 24 software for Windows were used for calculations.

Results and Discussion

The concentration of MT-SH increased in all exposures, particularly in Gl-group and co-exposures (by 26-48%) (Fig. 1, A). The level of MT-Me was changed as compared to control in other exposures (Fig. 1, B). As a result, the imbalance of MT-SH/MT-Me with the elevated part of low metalated MTs was shown in all Gl-related exposures, most prominently in the exposure to Gl (Fig. 1, C).

All exposures affected the concentrations of lactate and/or pyruvate (Fig. 2). Under the exposures to Dc and Gl, the level of lactate decreased. The Nf increased the level of pyruvate, whereas Gl-contained exposures decreased it by ~2-3 times. As a result, the lactate/pyruvate ratio was decreased under the exposure to Nf leading to the decrease of the redox status, and increased by the effect of Gl and co-exposures, providing the anaerobic shift and increase of the redox state in the tissue. The effect of Dc on the redox balance was less pronounced.

The determining of cell viability has shown the similarity for all Nf-containing exposures: increase of the time of the retention of the dye within the lysosomes. On the other hand, Dc and Gl did not affect the lysosomal membrane stability (Fig. 3, A). The number of hemocytes with nuclear abnormalities was increased in both co-exposures by 1.5-1.7 times and did not differ from control in all single exposures (Fig. 3, B).
Fig. 1. Effects of experimental exposures of U. tumidus to diclofenac (Dc), nifedipine (Nf), glyphosate (Gl) and their combinations at 18°C (DcNfGl) and 25°C (DcNfGl+T) during 14 days on tissue levels of metallothionein protein, MT-SH (A), metalated metallothionein MT-Me (B) and their differences compared to control (C). Data are presented as means ± SD, n = 8 for MT-SH, and n = 6 (of 2 joined samples from 5 individuals) for MT-Me. In A, B, different letters above the columns indicate significantly different values (P < 0.05); in C, * is corresponding to significant difference compare to control value (P < 0.05).

The exposures affected the morphological indices of mollusks (Table), particularly by increasing of CI of the digestive gland in the exposures to Gl and GcNfGl+T by 64.2 and 40.8% correspondingly. Only in the Dc-group all morphological indices corresponded to the control values.

According to PCA, MT-SH and MT-SH/MT-Me were located opposite MT-Me (r = -0.570 and -0.936, P < 0.01 correspondingly) and pyruvate relating Factor 1 (Fig. 4, A). MT-SH had also negative correlation with pyruvate, r = -0.526, P < 0.01 and positive correlation with lactate/pyruvate ratio (r = 0.488, P < 0.01) and CI (r = 0.448, P < 0.01) (Fig. 4, A). The indices of hemocytes, NRR time, and nuclear abnormalities, were not included in the Rotated Factor Matrix by PCA. Multivariate analysis classified correctly more than 91.7% of cross-validated groups with the actual prediction equation for Functions 1 and 2: Function 1 = 2.865 + 7.205 MT-SH/MT-Me + 0.094 NRR – 0.042 CI – 0.030 MT-Me – 0.026 Lactate/pyruvate. Function 2 = -38.543 + 11.551 MT-SH/MT-Me + 0.104 Lactate/pyruvate + 0.094 MTMe – 0.020 CI – 0.019 MT-Me. According to results of canonical discriminant analysis, over-all, the Gl group had the opposite position and high distance compare to all other groups relating Function 1; and DcNfGl+T group was most distinct from control relating Function 2 (Fig. 4, B).

Concentrations of MT-SH and MT-Me are seldom compared in the same study, despite this comparison can give valuable information concerning the participation of these multifunctional proteins in
the antioxidant defense, metal chelating and distribution within the cells [4, 17-19]. The increase of the MTs protein concentration (MT-SH) was indicated in laboratory and field exposures to different adverse effects [19-21]. Similarly to our results, the sensitivity of MTs to Gl was shown in the adult rats administered by Gl during 15 days [22]. In this study, Gl up-regulated metallothionein (MT I and MT II) genes expression in the liver, however the concentration of resulted MT protein was not studied. To the best of our knowledge, the loss of metal-binding activity of MTs in the exposure to Gl was detected for the first time in our study. It can be explained by the presence of other metal-chelators or/and the changes in the redox-state of SH-groups. Particularly, the indicated imbalance of MT-SH and MT-Me in the exposures to Gl and its combinations can be related to known chelating activity of this substance concerning metals [23]. Indeed, even if the MTs expression is activated, the decrease of the chelating ability of MTs can occur [24].

Similarly to our finding, loss of the metal-binding ability despite the up-regulation of MTs protein was shown in the exposures of mollusks to different other substances, including a high concentration of Nf (10 µM) and complex exposures in situ [19, 21]. Importantly, the thermal constituent of the complex exposures was shown to disrupt the function of MTs in the complex exposures. For example, exposure at the elevated temperature (25°C) strongly suppressed the MTs response of U. tumidus to ZnO nanoparticles [21]. However, in the present study, the Gl had the prevalent impact on the metal-binding properties of MTs, and the co-exposure masked it partly. Discriminant analysis confirms the particular effect of Gl, as well as the most distinct from control response to co-exposure (DcNfGl+T) among the rest groups (Fig. 4, B).

Fig. 2. Tissue levels of metabolites in the digestive gland of U. tumidus from the control (C) and groups exposed to diclofenac (Dc), nifedipine (Nf), glyphosate (Gl) and their combinations at 18°C (DcNfGl) and 25°C (DcNfGl+T) during 14 days: A – lactate, B – pyruvate, C – lactate/pyruvate ratio. Data are presented as means ± SD (n = 8). Different letters above the columns indicate significantly different values (P < 0.05).
Fig. 3. Toxicity parameters in hemocytes of U. tumidus from the control (C) and groups exposed to diclofenac (Dc), nifedipine (Nf), glyphosate (Gl) and their combinations at 18°C (DcNfGl) and 25°C (DcNfGl+T) during 14: A – lysosomal membrane stability; B – frequencies of the hemocytes with the micronuclei and other nucleus abnormalities. Data are presented as means ± SD (n = 8). Different letters above the columns indicate significantly different values (P < 0.05).

Morphological indices of the Unio tumidus exposed to Diclofenac (Dc), Nifedipine (Nf), Glyphosate (Gl) and their mix at temperatures 18°C (DGNfGl) and 25°C (DGNfGl+T) during 14 days (M ± SD, n = 8)

| Group     | Body length, cm | Total body weight, g | Shell weight, g | Digestive gland weight, g | CF, % | CI soft tissues, % | CI digestive gland, % |
|-----------|-----------------|----------------------|-----------------|---------------------------|-------|------------------|----------------------|
| C         | 8.46±0.48       | 61.3±5.1             | 22.6±2.1        | 0.74±0.14                 | 10.3±1.7 | 63.2±0.9 | 1.20±0.20          |
| Dc        | 8.30±0.26       | 59.8±7.5             | 22.5±3.4        | 0.70±0.25                 | 10.5±1.4 | 62.4±3.2 | 1.17±0.40          |
| Nf        | 8.41±0.81       | 74.10±18.14          | 24.1±5.8        | 0.70±0.10                 | 12.4±2.2 | 67.3±2.8 | 0.97±0.16          |
| Gl        | 8.30±0.33       | 64.1±8.5             | 22.3±3.2        | 1.26±0.77                 | 11.2±0.8 | 65.2±1.7 | 1.97±1.16          |
| DcNfGl    | 8.46±0.76       | 64.6±13.2            | 25.3±5.8        | 0.74±0.09                 | 10.9±2.8 | 60.7±5.2 | 1.20±0.31          |
| DcNfGl+T  | 8.43±0.30       | 58.3±6.6             | 21.1±2.6        | 1.01±0.46                 | 9.7±0.8  | 63.7±1.9 | 1.69±0.69          |

Note. In each column, data that are significantly different have different indexes, P < 0.05.

The MTs functionality can be depending on the redox state in the cell [24]. The ratio lactate/pyruvate indicates this state to some extent [25]. Overall, in this study, the difference in the utilization of pyruvate was the main reason for change in the lactate/pyruvate ratio, whereas the level of lactate was rather stable. Pyruvate is a keystone molecule critical for numerous aspects of eukaryotic and human metabolism [26]. In different extreme situations, this end-product of a metabolic breakdown in the cellular cytoplasm drives ATP production in the mitochondrion by oxidative phosphorylation. In bivalve mollusks the particular anaerobic utilization of pyruvate in the cytosol with the formations of opines is known [27]. In any case, in this study, the Gl and co-exposures caused the similar directions (up-regulation) in the responses of MT-SH and lactate/pyruvate ratio, confirmed by PCA and correlation analysis. In opposite, Nf caused increase of pyruvate level. This particular effect of Nf can be the result of the suppression of Ca²⁺-dependent mitochondrial energy metabolism due to the blockage of Ca²⁺ entry [15]. The dependence of MTs functionality on the anaerobic state was reported both for mollusks and for higher vertebrate [24, 28].

The lysosomal membrane stability test is frequently used for the evaluation of cell vitality [29]. Interestingly, we did not indicate the decrease of NRR time in any group (Fig. 3, A). In opposite, Nf and co-exposures caused its increasing. This unusual stabilizing effect of Nf on the lysosomal membranes was reported earlier and explained as the con-
The results of the determining of nuclear abnormalities have given the important evidence of the synergistic toxicity of co-exposures. The same effect of the elevated genotoxicity compare to single exposures was reported for the co-exposure of mussels to Nf (10 µM) and ZnO nanoparticles in our previous study [21].

Increase of CI of the digestive gland in the exposures to Gl and DcNfGl+T can reflect the metabolic injury. Similarly, the highest values for the CI of the digestive gland were reported for the mussels from the areas subjected to municipal effluents [31] or to chronic warming [32]. According to PCA (Fig. 4, A), the disturbance of MTs functionality and anaerobic shift in the digestive gland of mussels were associated with this sign of toxicity.

The presented research adds to the knowledge concerning the biochemical responses to each studied substance. Indeed, the studies of their effect in the non-targeted organisms are scant. They mostly related to acute exposures or high concentrations. For example, Dc affected the tissue integrity and immune activity in brown trout at the 5-50 µg/l [2] and was toxic for bivalve mollusk with an LC50 of 178 µg/l [33]. However, even low concentrations of Dc (20, 200, 2000 ng/l) decreased the lysosomal membrane stability and COX activity in the brown mussel Perna perna exposed for 48 and 96 h, as well as triggered DNA damage, oxidative stress and changes in antioxidant defenses [34]. Concerning Nf, acute ecotoxicity studies still predominate relatively to the chronic ones [35]. Importantly, the Nf affected membrane-relating functions in bivalve mollusk at the concentration of 10 µM separately and in the co-exposures [21]. The effects of environmentally realistic concentrations of pure Gl (10 and 100 µg∙l−1) to the mussels were studied for the first time recently [36]. It was indicated some alterations in the haemocyte parameters but low sensitivity of the oxidative stress indexes. The particular contribution of surfactant in the commercial formulations of Gl (Roundup) has been reported for juvenile oysters (Crassostrea gigas) [10].

Nevertheless, the application of the MTs analysis with the utilizing of the imbalance of total MTs and its metalated form and its relation to the redox parameters was undergoing for the first time for studied substances and their combinations. This allowed clear differentiate impact in the environmentally realistic model, depending on the MT-SH/MT-Me imbalance. In the co-exposures its impact was also present but leveled. Similarly, the modulation of the effect of single substance (ZnO nanoparticles) we observed in co-exposure with heating earlier [21]. In the present study, synergistic cumulative ef-
fect of xenobiotics and heating was best shown as the nuclear lesions. The inconsistent and unpredictable consequences and the greatest effect of the exposure to mixtures of pharmaceuticals including Dc in environmentally realistic concentration were shown to *Daphnia magna* over six generations [37]. Therefore, the genotoxicity of the co-exposures causes great concern by the exceeding of the adaptive limits of the organism in the model approximated to environmental conditions.

The study of metallothioneins functionality, both as stress-related thiols and metal-binding proteins, allowed to indicate their sensitivity to environmentally realistic concentrations of substances of environmental priority and track some of their particular impacts in the co-exposures. The relation between the metallothioneins activity and cellular redox state needs further elucidation.

**Conflict of interest.** Authors have completed the Unified Conflicts of Interest form at http://ukrbiochemjournal.org/wp-content/uploads/2018/12/coi_disclosure.pdf and declare no conflict of interest.

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