Stable carbon and nitrogen incorporation in blood and fin tissue of the catfish *Pterygoplichthys disjunctivus* (Siluriformes, Loricariidae)

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**Abstract** A feeding trial was performed in the laboratory with the catfish species *Pterygoplichthys disjunctivus* to determine stable carbon (\(^{13}\)C) and nitrogen (\(^{15}\)N) turnover rates and discrimination factors in non-lethally sampled tissues (red blood cells, plasma solutes, and fin). A second feeding trial was conducted to determine what *P. disjunctivus* could assimilate from low-quality wood-detritus—refractory polysaccharides (e.g., cellulose), or soluble wood-degradation products inherent in wood-detritus. This was performed by feeding the fish an artificial wood-detritus diet with fibrous (\(\delta^{13}\)C = −26.36‰; \(\delta^{15}\)N = 2.13‰) and soluble portions (\(\delta^{13}\)C = −11.82‰; \(\delta^{15}\)N = 3.39‰) that had different isotopic signatures and monitoring the dynamics of isotopic incorporation in the different tissues over time. Plasma solutes turned over more quickly than red blood cells for \(^{13}\)C and \(^{15}\)N. However, in contrast to previous studies of juvenile fishes, C and N incorporation was primarily driven by catabolic tissue turnover as opposed to growth rate. Tissue-diet discrimination factors for \(^{15}\)N varied from 4.08 to 5.17‰, whereas they were <2‰ for \(^{13}\)C (and less than 0.3‰ for plasma and red blood cells). The results of trial two suggested that *P. disjunctivus* could not assimilate refractory polysaccharides. Moreover, the \(\delta^{13}\)C and \(\delta^{15}\)N signatures of wild-caught *P. disjunctivus* from Florida confirmed their detrital trophic standing in Floridian aquatic ecosystems.

**Keywords** Diet shift · Stable isotopes · Isotopic discrimination · Food deprivation · Detritus

**Introduction**

Unlike gut content analyses, which provide a snapshot of an animal’s diet, stable isotopic analyses integrate an animal’s diet over time. Thus, the use of carbon (\(^{13}\)C) and nitrogen (\(^{15}\)N) stable isotopes have become commonplace in dietary reconstruction for fishes. Few investigations, however, have determined turnover rates and tissue-diet discrimination factors (\(\Delta X = \delta X_{\text{tissue}} - \delta X_{\text{diet}}\)) of fish tissues in the laboratory before gathering animals and tissues from nature (Hesslein et al. 1993; MacAvoy et al. 2001; Jardine et
These investigations suggest that empirically determined turnover rates and tissue-diet discrimination factors are essential for interpreting field isotopic signatures in a range of species. For instance, turnover rates vary among tissues [e.g., $^{15}$N turnover is nearly 9X faster in liver than in muscle of sand goby ($Pomatoschistus$ $minutus$; Guelinckx et al. 2007)], and tissue-diet discrimination factors often differ from averages used to reflect trophic level shifts (i.e., 1‰ for $\delta^{13}$C, 3.4‰ for $\delta^{15}$N for muscle tissue; Fry and Sherr 1984; Focken 2004; Fry 2007). Therefore, without knowledge of expected discrimination factors and turnover rates, it is difficult to discern the dietary history of a fish with stable isotopes and to know the time frame at which one is operating.

Despite the potential lethality involved in its sampling—especially for smaller fishes—muscle is the tissue most commonly used to trace the dietary histories of fishes with stable isotopes (Pinnegar and Polunin 1999; Kelly et al. 2006). However, recent investigations have shown that “non-lethally” sampled tissues, such as fin (Suzuki et al. 2005) or mucus (Church et al. 2009), can also be used for stable isotopic analyses of fish populations. Blood, which can also be sampled non-lethally from many fish species, has heretofore been used sparingly in fish stable isotopic investigations (e.g., McIntyre and Flecker 2006). This is despite the point that blood contains two “tissues” (red blood cells and plasma/serum) that turnover at different rates (Seminoff et al. 2007; Reich et al. 2008), providing important comparative data for understanding dietary variation over time (Perga and Gerdeaux 2005).

Isotopic incorporation into a fish’s tissues is affected by many factors, including growth rate and catabolic tissue turnover. Because most studies of isotopic incorporation rates in fish tissues have been performed with quickly growing juvenile fishes, most estimates of isotopic turnover suggest a strong contribution of growth to this process (e.g., Hesslein et al. 1993; Jardine et al. 2004). To our knowledge, there have been no long-term studies with adult fishes in which isotopic incorporation in at least two tissues

| Table 1 Overall isotopic signatures of the pelleted algae and artificial wood-detritus diets fed to $Pterygoplichthys$ $disjunctivus$. Proportions of ingredients composing the artificial wood-detritus and the isotopic signatures ($\delta^{13}$C and $\delta^{15}$N) of each are also shown. |
|-----------------|-------------|-------------|-------------|
| Diet component | g/100g | $\delta^{13}$C | $\delta^{15}$N |
| Algae diet      |         |             |             |
| Total isotopic signature | – | $-22.97\pm0.02‰$ | $2.43\pm0.25‰$ |
| Lipid extracted signature | – | $-22.02\pm0.19‰$ | $2.26\pm0.16‰$ |
| Wood diet       |         |             |             |
| Bulk wooda      | 80.0 | $-26.36\pm0.25‰$ | $2.13\pm0.20‰$ |
| Cellulose and hemicelluloseb | (40.8) | $-25.39\pm0.12‰$ | N/A |
| Corn gluten mealc | 9.0  | $-12.98\pm0.11‰$ | $3.26\pm0.25‰$ |
| Xanthan gumd    | 6.0   | $-9.64\pm0.05‰$ | $1.46\pm0.01‰$ |
| L-Lysineec      | 2.1   | $-10.65\pm0.06‰$ | $4.34\pm0.31‰$ |
| Vitamin premixc | 1.0   | $-14.63\pm0.00‰$ | $0.01\pm0.00‰$ |
| Trace mineral mixe | 0.5 | N/A | N/A |
| Water stable vitamin Cc | 0.4 | $-18.90\pm0.01‰$ | N/A |
| Total isotopic signature | – | $-23.42\pm0.18‰$ | $2.30\pm0.20‰$ |

Values are mean (± SEM)

a bulk-wood from decomposed water oak ($Quercus$ $nigra$)
b cellulose and hemicellulose (collectively called holo-cellulose) isolated from wood following Gaudinski et al. (2005); proportion determined on an organic matter basis, and mass presented represents 51.1% (German 2009b) of 80 g of bulk wood; not an additional ingredient
c gifts from Hartz-Mountain Corp. and intended specifically for use in fish food
d indigestible non-starch polysaccharide added as a binding agent to keep pellets bound in water
was examined and the contributions of growth vs. catabolic tissue turnover determined. This is a necessary step in our understanding of isotopic dynamics in fish tissues, especially since many stable isotopic investigations of wild-caught fishes utilize adult animals that grow slowly or seasonally (Perga and Gerdeaux 2005).

In this study we examined tissue isotopic turnover in *Pterygoplichthys disjunctivus* (Weber 1991), a detritivorous (German 2009b) suckermouth armored catfish (family Loricaridae), congeners of which are now found throughout central and southern Florida (Nico 2005; Nico et al. 2009), among other locations throughout the globe (Page and Robbins 2006; Mendoza et al. 2007), where they have caused considerable disturbance and have become the dominant fish taxa in some habitats (Nico 2005; Mendoza et al. 2007; Nico et al. 2009). Two stable isotopic turnover experiments were conducted. In trial one, turnover rates and discrimination factors of $^{13}$C and $^{15}$N were established for red blood cells (RBCs), plasma solutes, and fin tissue of *P. disjunctivus* consuming a commercial algal diet. In trial two we determined what this species was capable of assimilating from low-quality detritus: refractory polysaccharides (e.g., cellulose) or soluble degradation products inherent in detritus. We did this by feeding the fish an artificial wood-detritus diet with fibrous ($\delta^{13}$C=$-26.36\%o$; $\delta^{15}$N=2.13\%) and soluble components ($\delta^{13}$C=$-11.82\%o$; $\delta^{15}$N=3.39\%) of different isotopic signatures and observing the dynamics of isotopic incorporation over time. We tested three hypotheses in this investigation: 1) plasma solutes, RBCs, and fin tissue have different rates of isotopic incorporation, making them dietary indicators on different time scales; 2) isotopic incorporation into plasma solutes and RBCs is driven primarily by catabolic tissue turnover in slowly growing adult fishes; and 3) *P. disjunctivus* poorly assimilates cellulose, suggesting that it does not directly contribute to the turnover of recalcitrant organic matter in Floridian aquatic ecosystems.

**Materials and methods**

**Fish collection and maintenance in the laboratory**

Twenty-two adult *Pterygoplichthys disjunctivus* were captured by hand while snorkeling from the Wekiva Springs complex in north central Florida (28°41′48.9″ N, 81°23′27.84″ W) in May 2005. Of the 22 fish, 19 were female. The fish were similar in length [mean± standard deviation (SD); 128.77±2.12 mm standard length (SL)] and mass (51.29±2.19 g). Upon capture, fish were placed in 128-L coolers of aerated river water and transported alive back to the University of Florida. Upon arrival, fish were randomly assigned, in pairs, to 75.6-L aquaria equipped with mechanical filtration, containing dechlorinated tap water, and under a 12L:12D light cycle (German 2009b). We housed the fish in pairs because preliminary observations suggested that the fish were less stressed and commenced feeding immediately when in the presence of conspecifics. The thermostat in the aquarium laboratory was set at 25°C and the temperature and chemical conditions (pH, ammonia concentrations) of each tank were monitored daily to make sure they did not vary during the course of the experiment. The tanks were scrubbed, debris and feces siphoned out, and 95% of the water changed every 5 to 7 days to limit algal and microbial growth in the tanks as possible confounding food sources.

Tissues used for stable isotope analysis

Approximately 150 μL of blood was drawn with a 23-gauge needle from the haemal arch just posterior to the anal fin of the fish, transferred to unheparinized capillary vials, and immediately centrifuged at 13 000×g for 5 min to separate the RBCs, white blood cells, and plasma (Reich et al. 2008). Following the separation, the RBCs and plasma were placed in separate, sterile centrifuge vials, and the white blood cells were discarded. Fin clips (approximately 0.5 g wet weight) were taken with sterile scissors by cutting membranous tissue and soft rays (no thicker, hardened rays, and no bone) from the left or right pelvic fin, or the dorsal or ventral caudal fin, depending on the individual fish. The specific fin taken was used to identify individual fish in their respective aquaria, and thus, the same fin was clipped at each sampling interval from each individual fish. The fin tissue completely regenerated within the 30 days between sampling intervals (a common observation in fishes; Wills et al. 2008). The initial “steady state” fin tissue taken from an individual fish was used for isotope turnover analysis (representing days 1–29) in conjunction with regenerated fin in trial one, but only regenerated fin was used for trial two (see below).
Stable isotope trial 1: initial turnover

Upon arrival in the laboratory, tissues were taken from four individual fish to provide an initial stable isotopic reading. Thereafter, fish were fed a commercial algal diet (Wardley® Premium Algae Discs, Hartz-Mountain Corporation, Secaucus, NJ) for 203 days (Table 1). Fish were offered and consumed seven discs per night, equating to approximately 6% of their body mass, on a wet mass basis, per day. For the first 100 days of the feeding trial, tissues were sampled from three to four fish (from different tanks) approximately every 5 days, whereas six to seven individuals were sampled every 10–11 days for the final 103 days of the experiment. The sampling regime was designed so that individual fish were sampled every 30 days, giving them ample time to recover from the blood draws and fin tissue biopsies. Loricariid catfishes are resilient animals, which lack scales, and endure handling stress with little side effects. For example, *P. disjunctivus* in this and previous investigations (German 2009b; German et al. 2010) always consumed food following handling. This is probably why this fish species (and its close relatives) are popular in the aquarium trade and are successful invaders in novel habitats. Thus, we expected little effect of handling stress on the outcome of this study.

Stable isotope trial 2: wood-detritus assimilation and negative control

After being fed the algae diet for 203 days, the fish were fed the algae discs but were not handled for 40 days. Thereafter, fish were divided into two groups: one group (*n*=6) continued to be fed the algae diet (positive controls), and one group (*n*=16) was switched to an artificial wood-detritus diet (experimental group). An additional six fish were captured from the wild in February 2006 to act as negative controls and were not fed for the duration of the experiment (see below).

The goal of this experiment was to examine whether *P. disjunctivus* could assimilate carbon from recalcitrant polymers (cellulose, hemicellulose, lignin), or if they simply digested and assimilated soluble degradation products found in detritus (e.g., α-glucans, α-glucosides, β-glucosides). Thus, we designed a diet that featured degraded wood (and its inherent fiber types) of one isotopic signature, and soluble components of another isotopic signature (Table 1). The wood was that of decomposed riparian water oak (*Quercus nigra*), collected from the Sampson River, FL (29°51′36.74″ N, 82°13′36.45″ W), and the soluble components were composed of corn gluten meal, corn meal, vitamins, and minerals (Table 1). A pelleted wood diet was prepared and offered to the fish as described by German et al. (2010). The fish consumed 10 pellets of the artificial wood-detritus diet per night, equating to approximately 8% of their body mass, on a wet mass basis, per day. The fish were fed the wood diet for 155 days, and tissues were taken every 5 days for the first 50 days of the experiment, and every 10 days for the remaining 105 days. Fish continuing to receive the algae diet (positive controls) were fed as described above for trial one.

Because previous observations suggested that *P. disjunctivus* did not gain weight on a wood-only diet in the laboratory (German 2009b), we included a group of fish that acted as negative controls. Six individuals (BM±SD; 307.52±134.40) were deprived of food for the duration of the wood-feeding experiment (155 days). These fish were also weighed and tissues taken from individual fish every 30 days. One individual died during the course of the food-deprivation, so we had a final sample size of five for the negative controls.

At the end of trial two the fish were euthanized in buffered water containing MS-222 (1 g l⁻¹), measured [standard length (SL)], and weighed [body mass (BM)]. Epaxial white muscle samples were taken from each fish for endpoint stable isotopic measurements. The livers of all of the fish were weighed, the hepato-somatic index [HSI=liver mass (g)/body mass (g)] determined, and a subsample of the liver tissue was dried at 60°C and analyzed for %C and %N in a Carlo-Erba elemental analyzer. The HSI and %C:%N ratio were used to assess the nutritional status of the fish on the different diets (or deprived of food). The HSI is a body condition index (lower HSI=lower body condition, worse nutritional status; Lloret and Planes 2003) and the %C:%N ratio indicated whether the fish were mobilizing nitrogen from their livers (higher %C: %N ratio=less nitrogen; Karasov and Martínez del Río 2007), which could indicate that the fish were in negative nitrogen balance.
Stable isotopic profiles of wild-caught fish and resources

In an attempt to characterize a small portion of the foodweb in Wekiva Springs, FL (see above under “Fish collection and maintenance in the laboratory”), periphyton, coarse benthic organic matter (including large woody debris), predominant invertebrate taxa and fish were collected from the field for stable isotopic measurements (Table 2). Wood, algae, and invertebrates were rinsed with deionized water and frozen in liquid nitrogen in the field. Blood and fin clip samples were taken from fish as described above under “Tissues used for stable isotope analysis”. We also collected muscle samples from three fish species that were too small from which to draw a blood sample (because of the needle gauge we used) or take fin clips without killing the fish (Table 2). All tissues and resources were frozen in liquid nitrogen in the field and transported (frozen) to the University of Florida, dried at 60°C, and stored in sealed containers at room temperature until analyzed.

Woody debris and detritus in general contain an array of carbon compounds, including cellulose, hemicellulose, and lignin (Berg and McClaugherty 2008). The products released during microbial degradation of cellulose and hemicellulose are sugars, and thus, are largely metabolizable by detritivorous fishes, including *P. disjunctivus* (German et al. 2010). Lignin, on the other hand, is composed of diverse monomers, including guaiacyl, syringyl, and 4-hydroxyphenyl units (Berg and McClaugherty 2008), which may not be metabolizable by fishes, or vertebrates in general (Karasov and Martinez del Rio 2007). Therefore, from an isotopic standpoint, detritivorous fishes are not likely assimilating carbon from lignin in wood or detritus. Conveniently, cellulose and hemicellulose tend to be 2‰ enriched in δ¹³C in comparison to bulk wood, whereas lignin tends to be ~4‰ depleted relative to bulk wood (Gaudinski et al. 2005; Bowling et al. 2008). Thus, differential assimilation of C from cellulose and/or lignin is possible to detect with stable isotopes. To examine whether *P. disjunctivus* could assimilate cellulosic and hemicellulosic carbon from wood, holo-cellulose (Leavitt and Danzer 1993; Gaudinski et al. 2005), which comprises the cellulosic and hemicellulosic compounds of wood, was extracted following a slightly

| Taxa collected from Wekiva Springs, Florida and their stable isotopic signatures |
|-----------------------------|-----------------|-----------------|-----------------|-----------------|
| Taxa                        | Diet            | N    | δ¹³C (%) | δ¹⁵N (%) |
|-----------------------------|-----------------|------|----------|----------|
| Plant/detrital material     |                 |      |          |          |
| Duckweed                    | –               | 4    | −30.45±0.22 | 18.91±0.21 |
| Lily pads                   | –               | 4    | −26.51±0.10 | 13.24±0.13 |
| Periphyton                  | –               | 4    | −29.26±0.25 | 7.81±0.31  |
| Coarse Benthic Organic Matter | –             | 4    | −29.23±0.43 | 3.43±0.29  |
| Woody debris                | –               | 4    | −25.24±0.11 | 2.01±0.20  |
| Cellulose (extracted from wood) | –             | 4    | −24.09±0.23 | N/A       |
| Mollusca                    |                 |      |          |          |
| Snaila Grazier?             |                 | 3    | −28.83±0.15 | 20.70±0.05 |
| Crustacea                   |                 |      |          |          |
| Crayfisha Shredder          |                 | 3    | −29.46±0.21 | 19.58±0.35 |
| Fishesa                     |                 |      |          |          |
| *Lepisosteus platyrhincus* (Florida Gar) | Fishb     | 2    | −29.22±0.17 | 15.00±0.31 |
| *Micropterus salmoides* (Bass) | Fishc     | 2    | −27.27±0.82 | 20.31±0.40 |
| *Lepomis punctatus* (Spotted sunfish) | Invertebratesd | 3    | −26.72±0.48 | 18.56±1.75 |
| *L. macrochirus* (Bluegill sunfish) | Invertebratesc | 3    | −25.96±0.92 | 16.46±1.77 |
| *Gambusia holbrooki* (Mosquito fish) | Invertebrates/fisha | 3    | −25.07±0.29 | 24.24±0.38 |
| *Lucania goodei* (Bluefin killifish) | Invertebratesc | 3    | −30.36±1.51 | 22.13±1.02 |
| *Heterandria formosa* (Least killifish) | Invertebratesf | 3    | −29.02±0.48 | 21.51±0.33 |
| *Pterygoplichthys disjunctivus* | Algae/Detritusa | 9    | −28.62±0.65 | 11.51±0.42 |

Values are mean (±SEM)

a Isotopes measured in lipid extracted muscle tissue of mollusks, crustaceans, and small fishes (*G. holbrooki*, *Lucania goodei, H. Formosa*), and lipid extracted fin clips from larger fishes

b Williams and Trexler (2006)

c Masagounder et al. (2009)

d Etnier and Starnes (1993)

e Taylor et al. (2001)

f Belk and Lydeard (1994)

g German (2009b)
modified Jayme-Wise method (Leavitt and Danzer 1993), essentially as described by Gaudinski et al. (2005). Wood was dried at 60°C, ground to pass through a 1-mm screen, and 200–500 mg samples of the ground wood were placed in polyester solvent bags (Ankom Technology, Macedon, New York). The samples were then extracted in 2:1 Toluene:Ethanol in a Dionex Accelerated Solvent Extractor, followed by a second extraction in 100% ethanol. The samples were then boiled for 4 h in deionized water to remove soluble components, and allowed to dry in a drying chamber at room temperature. The bags (containing the samples) were then soaked in 1-L of an aqueous bleach solution containing 10 g of sodium chlorite and 6 mL of glacial acetic acid at 70°C for 5 days. The bleach/acetic acid solution was changed every 12 h. Following the bleaching, the samples were thoroughly rinsed in running deionized water for 3 h, and dried at 60°C. The remaining white fibrous material was holo-cellulose as determined by Gaudinski et al. (2005).

Sample preparation for mass spectrometry

Blood (plasma solutes and RBCs), fin clip samples, and, wood, holo-cellulose, periphyton, and invertebrate samples from the environment, were dried to a constant weight for 24–48 h at 60°C (Reich et al. 2008). Lipids were extracted from all animal and plant samples (except the RBCs and plasma solutes, which were too small) with petroleum ether in a Dionex Accelerated Solvent Extractor (Reich et al. 2008). Animal, plant, or detrital material was loaded into pre-cleaned tin capsules, combusted in a COSTECH ECS 4010 elemental analyzer interfaced via a Finnigan-MAT ConFlow III device (Finnigan MAT, Bremen, Germany) to a Finnigan-MAT DeltaPlus XL (Bremen, Germany) isotope ratio mass spectrometer in the light stable isotope laboratory at the University of Florida, Gainesville, FL, USA. Stable isotope abundances are expressed in delta (δ), defined as parts per thousand (%) relative to the standard as follows:

\[
\delta = \left[ \frac{(R_{\text{sample}}/R_{\text{standard}}) - 1}{(R_{\text{standard}})} \right] \times 1000
\]

(1)

where \(R_{\text{sample}}\) and \(R_{\text{standard}}\) are the corresponding ratios of heavy to light isotopes (\(^{13}\)C/\(^{12}\)C and \(^{15}\)N/\(^{14}\)N) in the sample and standard, respectively. \(R_{\text{standard}}\) for \(^{13}\)C was Vienna Pee Dee Belemnite (VPDB) limestone formation international standard. \(R_{\text{standard}}\) for \(^{15}\)N was atmospheric N\(_2\). IAEA CH-6 (\(^{13}\)C=−10.4) and IAEA N1 Ammonium Sulfate (\(^{15}\)N=+0.4), calibrated monthly to VPDB and atmospheric N\(_2\), respectively, were inserted in all runs at regular intervals to calibrate the system and assess drift over time. The analytical accuracy of our measurements, measured as the SD of replicates of standards, was 0.14 for \(^{13}\)C and 0.11 for \(^{15}\)N (N=120).

Statistical analyses

We estimated growth rates [proportional body mass (g) change day\(^{-1}\)] using an exponential model \((y=y_{0}e^{kt})\) (Reich et al. 2008). The fractional rate of isotopic incorporation, \(\lambda\), was estimated (in days\(^{-1}\)) with a non-linear fitting procedure using the equation:

\[
\delta X(t) = \delta X(\infty) + [\delta X(0) - \delta X(\infty)]e^{-\lambda t},
\]

(2)

where \(\delta X(t)\) is the isotopic composition at time \(t\), \(\delta X(\infty)\) is the asymptotic, equilibrium isotopic composition, \(\delta X(0)\) is the initial isotopic composition, and \(\lambda\) is the fractional rate of isotope incorporation in a tissue (Martinez del Rio and Wolf 2005; Reich et al. 2008). \(\delta X(\infty)\) and \(\delta X(0)\) were estimated using the same non-linear procedure. Isotopic discrimination factors (\(\Delta X_{\text{tissue-diet}}\)) were calculated as \(\delta X_{\text{tissue}} - \delta X_{\text{diet}}\). Turnover times (average residence times) of C and N molecules in trial one were calculated as 1/\(\lambda\) (Reich et al. 2008). \(\lambda\) can be defined as the sum of tissue net growth (\(k_{gt}\)) and tissue catabolic turnover (\(k_{dt}\)); thus, \(\lambda=k_{gt}+k_{dt}\). If an animal, and hence, its tissues, is growing exponentially, then one can measure growth and determine the contribution of growth and tissue catabolic turnover to \(\lambda\) (Hesslein et al. 1993; MacAvoy et al. 2001; Jardine et al. 2004; Sakano et al. 2005; Suzuki et al. 2005; Guelinckx et al. 2007; Vollaire et al. 2007; Zuanon et al. 2007; Reich et al. 2008). Following Reich et al. (2008), we assumed that the fractional growth rate of a tissue was equal to the fractional rate of growth of the whole animal (\(k_{g}\)). We then compared \(\lambda\) to \(k_{g}\) using \(t\)-tests; a large difference between \(\lambda\) and \(k_{g}\) indicates a large contribution of tissue catabolic turnover to isotopic incorporation as opposed to new tissue accretion. Because we used adult animals in our experiments, we anticipated large differences between \(\lambda\) and \(k_{g}\), and thus, significant contributions of catabolic turnover, unlike growing juvenile animals (Trueman et al. 2005; Gamboa-Delgado et al. 2008; Reich et al. 2008).
Because single compartment models can oversimplify the isotopic incorporation process in tissues, we also used two compartment models to analyze our isotopic incorporation data (Carleton et al. 2008). We used the Akaike’s Information Criterion (AIC) to analyze the support of the different models and evaluate which models more appropriately fit our data (Carleton et al. 2008). For plasma solutes and RBCs, the AIC values were lower for the one compartment models (34.73 to 46.41) than for the two compartment models (41.51 to 53.25), indicating that one compartment models were appropriate in our data analysis (Carleton et al. 2008).

In trial two, we used the following concentration-dependent linear mixing model incorporating digestibility estimates to predict the final isotopic signatures of the fish if they were assimilating the entire wood-detritus diet:

\[
p_{x_i} = \frac{e_i p_j x_j}{\sum_{j=1}^n e_j p_j x_j}
\]

where \(p_{x_i}\) is the expected isotopic signature assimilated of element X, \(e_i\) is the digestibility coefficient for an element in a dietary ingredient (e.g., wood), \(p_j\) is the proportion of the diet composed of that ingredient, \(x_i\) is the concentration (%) of the element in question (e.g., C) in the ingredient, and the denominator is the summed totals of all of the ingredients in the diet (Martínez del Río and Wolf 2005). The \(e_i\) for element X in each ingredient was assumed to be equal to the digestibility coefficient of the ingredient as a whole. Digestibility estimates for wood and cellulose were garnered (for \(P.\ disjunctivus\) specifically) from German (2009b) and digestibilities for corn gluten meal (Guimarães et al. 2008) and corn meal (Krogdahl et al. 2005) were taken from the literature for detritivorous Nile tilapia (Oreochromis niloticus). Xanthan gum was considered an indigestible non-starch polysaccharide (Leenhouwers et al. 2005), and the vitamins and minerals were considered 100% absorbable. With these ingredients and digestibilities, the artificial wood-detritus diet had the following predicted digestible isotopic signature: \(\delta^{13}C = -21.03\%\) and \(\delta^{15}N = 3.25\%\). Thus, the expectation would be that the fish would reach this isotopic signature by the end of the feeding trial. Deviations from this value could indicate differential assimilation of different dietary components.

Because we were not exhaustive in resource collection, we did not employ a mixing model to estimate the diet of the wild-caught fish. Instead, we relied upon discrimination factors from Trial one, those predicted by equations designed for fish (Caut et al. 2009), and gut content analyses (German 2009b) to make inferences about the isotopic signatures of wild-caught \(P.\ disjunctivus\).

Hepato-somatic indices and liver \%C:\%N ratios were compared among the experimental (wood-detritus diet), control (algae diet), and food-deprived groups with Analysis of Covariance (ANCOVA; using body mass as a covariate), followed by a Tukey’s test with a family error rate of \(P=0.05\). Prior to all \(t\)-tests and ANCOVA, a Levene’s test for equal variance was performed to ensure the appropriateness of parametric analyses. All statistics were run with SPSS statistical software (version 12).

**Results**

**Trial one: initial turnover**

The exponential growth rate for algae-fed fish was \((0.0017 \pm 0.0006 \text{ day}^{-1})\), and the fish gained 40.86 \(\pm\) 0.17% of their body mass during the experiment. The exponential model \((y = ae^{bt})\) described the growth rates of the fish reasonably well \((r^2\) ranged from 0.82–0.99). Equation 2 described the changes in \(\delta^{13}C\) and \(\delta^{15}N\) through time adequately well for all of the tissues \((r^2\) ranged from 0.54 to 0.88; Fig. 1). Plasma solutes and RBCs showed isotopic incorporation rates that were significantly greater than those expected by growth alone \((0.0017 \text{ day}^{-1})\), indicating a significant contribution of tissue catabolic turnover to isotopic incorporation in these tissues (Table 3). Tissue catabolic turnover contributed between 79 and 94% of carbon isotopic incorporation, and approximately 98% of nitrogen incorporation in RBCs and plasma solutes. \(\Delta^{13}C_{\text{tissue-diet}}\) and \(\Delta^{15}N_{\text{tissue-diet}}\) varied by tissue, with \(\Delta^{13}C_{\text{tissue-diet}}\) ranging from 0.06 to 0.24\%, and \(\Delta^{15}N_{\text{tissue-diet}}\) ranging from 4.39 to 5.17\% (Table 3). Fin tissue had similar \(\Delta^{15}N_{\text{tissue-diet}}\) \((4.08\%)\) as plasma solutes and RBCs, but the \(\Delta^{13}C_{\text{tissue-diet}}\) for fin tissue \((1.75\%)\) was greater than the other tissues (see Supplemental Fig. S1 in the online version of this article). The residence times of C varied between 33 days in plasma solutes and 128 days in RBCs (Table 3). Nitrogen turnover times varied from 11 days...
Fin tissue from the first 29 days of the experiment showed rapid turnover of $^{13}$C and $^{15}$N (Supplemental Fig. S1).

**Trial two: assimilation of wood-detritus and negative control**

All of the fish lost body mass on the artificial wood-detritus diet, with the mean loss being 7.87±2.74% of their body mass over 155 days, whereas the control fish on the algae diet gained 31.23±8.10% of their body mass over the same time period. The food-deprived fish lost 3.67±1.49% of their body mass over 155 days. The fish on the artificial wood-detritus diet lost significantly more weight than those that were food-deprived ($t=10.61, P<0.001$, d.f.=9), likely because the former were more active on a daily basis than the latter (DPG, pers. obs.), and because the food-deprived fish were significantly larger than the wood-fed fish (German et al. 2010). Equation 2 adequately described the changes in $^{13}$C over time for plasma solutes, but less so for RBCs (Table 4; Fig. 2). A linear procedure was necessary to describe the incorporation of $^{13}$C for the fin clip samples. Equation 2 appropriately described the incorporation of $^{15}$N over time in plasma solutes and fin clips, but not for RBCs, which required a linear procedure (Table 4; Fig. 2). The $^{13}$C values of all tissues became enriched over the course of the experiment, moving toward the predicted signature (Table 4). The $^{13}$C values of control fish (i.e., those consuming the algal diet) were unchanging over the course of the experiment (Fig. 2). The isotopic incorporation for plasma solute $^{13}$C in trial one was similar to that observed in trial two for the fish consuming the artificial wood-detritus (0.030 and 0.023 day$^{-1}$, respectively; Tables 3 and 4, respectively).

**Fig. 1** Changes in $^{13}$C and $^{15}$N (‰) in *Pterygoplichthys disjunctivus* 0–203 days after a diet switch. Values are mean [± standard error of the mean (SEM)]. Curves were fit by a nonlinear routine with the equation $\delta X(t)=\delta X(\infty)+[\delta X(0)−\delta X(\infty)]e^{-\lambda t}$ (see “Statistical analyses”).

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![Graph a) Plasma $^{13}$C](image1.png)

![Graph b) Plasma $^{15}$N](image2.png)

![Graph c) Red blood cells $^{13}$C](image3.png)

![Graph d) Red blood cells $^{15}$N](image4.png)
Different patterns of plasma $^{13}$C incorporation were observed between the fishes consuming the artificial wood-detritus and those that were deprived of food (Fig. 3). Whereas the $^{13}$C incorporation in plasma solutes was described by Eq. 2 for the fish consuming the artificial wood-detritus (Table 4), a polynomial distribution described the pattern of C incorporation in the food-deprived fish (Fig. 3). These differences are likely the result of the assimilation of the soluble components from the artificial wood-detritus diet.

The patterns of plasma $^{15}$N incorporation were similar between the fish consuming the artificial wood-detritus and those that were deprived of food (Fig. 3)—both were described by Eq. 2 (Table 4), and the equation for the food-deprived fish was $11.26 - 2.28e^{-0.005(time)}$ ($r^2=0.98$). The fractional rate of nitrogen incorporation ($0.005 \text{ day}^{-1}$) was identical in the two groups. The loss of weight and the pattern of plasma N incorporation in the fish consuming the artificial wood-detritus indicate that these fish were in

### Table 3

The incorporation of carbon and nitrogen from an algal diet (trial one) into tissues of *Pterygoplichthys disjunctivus* using the equation: $\delta X(t)=\delta X(\infty)+[\delta X(0) - \delta X(\infty)]e^{-\lambda t}$

| Tissue               | Equation                      | $\Delta X_{tissue-diet}$ | $\lambda$ vs. $k_{gt}$ | Average residence time (days) |
|----------------------|-------------------------------|---------------------------|-------------------------|-------------------------------|
| $\delta^{13}$C       |                               |                           |                         |                               |
| Plasma solutes       | $-22.65 - 7.09e^{-0.030(time)}$ | 0.06±0.08                 | 72.85*                  | 32.95±6.53                   |
| Red blood cells      | $-21.62 - 7.13e^{-0.0008(time)}$ | 0.24±0.56                 | 16.64*                  | 127.78±10.21                 |
| $\delta^{15}$N       |                               |                           |                         |                               |
| Plasma solutes       | $7.31 + 3.20e^{-0.091(time)}$  | 4.39±0.05$^a$             | 34.01$^*$               | 11.05±0.33                   |
| Red blood cells      | $8.30 + 1.21e^{-0.073(time)}$  | 5.17±0.13$^a$             | 12.86$^*$               | 13.98±1.17                   |

$\Delta X_{tissue-diet}$ is the mean (± SE) tissue-diet discrimination factor for each tissue.

*a* indicates significant difference from 0 with 1-sample $t$-test ($P<0.001$)

*indicates significant differences ($P<0.001$) as determined with $t$-tests between the fractional rate of isotopic incorporation ($\lambda$) and the growth rate ($k_{gt}=0.0017 \text{ day}^{-1}$) for plasma solutes and RBCs

Average residence (± SEM) time was estimated as $1/\lambda$

### Table 4

The incorporation of carbon and nitrogen from an artificial wood-detritus diet (trial two) into tissues of *Pterygoplichthys disjunctivus*

| Tissue               | Equation$^a$                      | $r^2$ | $\delta X_{tissue (final)} - \delta X_{diet (final)predicted}$$^b$ |
|----------------------|-----------------------------------|------|---------------------------------------------------------------|
| $\delta^{13}$C       |                                   |      |                                                             |
| Plasma solutes       | $-21.16 - 1.83e^{-0.023(time)}$   | 0.71 | $-0.07$                                                      |
| Red blood cells      | $-20.17 - 2.52e^{-0.002(time)}$   | 0.48 | $-0.91$                                                      |
| Fin clips            | $0.014(time) - 20.72$             | 0.87 | $-0.93$                                                      |
| $\delta^{15}$N       |                                   |      |                                                             |
| Plasma solutes       | $10.12 - 3.03e^{-0.005(time)}$    | 0.83 | 0.79                                                         |
| Red blood cells      | $0.011(time) + 7.21$              | 0.82 | $-0.64$                                                      |
| Fin clips            | $8.57 - 2.15e^{-0.021(time)}$     | 0.94 | 1.29                                                         |

$^a$ The non-linear procedure using equation $\delta X(t)=\delta X(\infty)+[\delta X(0) - \delta X(\infty)]e^{-\lambda t}$ described the isotopic incorporations of $\delta^{13}$C and $\delta^{15}$N in plasma solutes reasonably well. Linear procedures were necessary to describe $\delta^{13}$C incorporation in fin tissue and $\delta^{15}$N incorporation in RBCs

$^b$ This value represents the difference between the final observed isotopic signature of the tissues at the end of the experiment minus that predicted by a linear, concentration-dependent mixing model (Martínez del Río and Wolf 2005) for the artificial wood-detritus ingredients, plus the expected $\Delta X_{tissue-diet}$ observed in trial one for each tissue; $\delta^{13}$C (final)$\text{predicted}=-21.03‰$; $\delta^{15}$N (final)$\text{predicted}=3.25‰$
negative nitrogen balance. This is further corroborated by the hepato-somatic indices of the fish, which were significantly lower in the food-deprived fish and in those consuming the artificial wood-detritus than in those consuming algae (See Supplemental Fig. S2 in the online version of this article). Protein reserves were probably mobilized in the food-deprived fish, as the %C:%N ratio in their liver was significantly

Fig. 2 Changes in $\delta^{13}C$ and $\delta^{15}N$ (‰) in Pterygoplichthys disjunctivus across 155 days while consuming an artificial wood-detritus diet or an algal diet (positive control). Values are mean (±SEM). The solid lines represent the $\delta^{13}C$ and $\delta^{15}N$ signatures of the algal diet, whereas the dashed line represents the $\delta^{13}C$ and $\delta^{15}N$ signatures of the bulk wood in the artificial wood-detritus diet. In the carbon plots, the dash-dot line represents the $\delta^{13}C$ of holo-cellulose isolated from the wood. In the nitrogen plots, the dotted line represents the $\delta^{15}N$ signature of the corn products representing the soluble component of the artificial wood-detritus diet. Lipids were extracted from the tissues and all ingredients for the fin clip analyses, but not for the plasma and red blood cell analyses. The $\delta^{13}C$ of the corn products (−11.82‰) is off the scale of the carbon plots. Equations for all relationships presented in Table 4.
The %C:%N ratios in the livers of the fish consuming the artificial wood-detritus were statistically indistinguishable from either group. The food deprived fish showed that plasma $\delta^{15}N$ signatures become enriched over time (Fig. 3), but at a slow pace ($0.005 \text{ d}^{-1}$), resulting in a significant change (in comparison to starting values) only after 155 days of food deprivation (Dunnett’s test, $p=0.032$). Plasma $\delta^{13}C$ values did not differ significantly from starting values at any point (ANOVA $F_{4,24}=1.25$; $P=0.32$), and neither did the $\delta^{15}N$ (ANOVA $F_{4,24}=0.01$; $P=1.00$) or $\delta^{13}C$ values (ANOVA $F_{4,24}=0.16$; $P=0.95$) of RBCs.

The control fish consuming the algae diet for nearly 400 days had the following final isotopic signatures in their muscle tissue: $\delta^{13}C=-22.03\pm 0.21\%_o$, $\delta^{15}N=7.39\pm 0.16\%_o$, $\Delta^{13}C_{\text{tissue-diet}}=-0.01\%_o$, and

$$\Delta^{15}N_{\text{tissue-diet}}=5.13\%_o.$$ Because of the duration, we believe these isotopic values reflect steady state with the isotopic signature of the algal diet.

Wild-caught fish and resources

*Pterygoplichthys disjunctivus* is not likely utilizing cellulosic carbon as a food source in Floridian riverine habitats (Fig. 4). This fish had $\delta^{13}C$ signatures that were more depleted than periphyton or coarse benthic organic matter, although, by assuming a $\Delta^{15}N_{\text{tissue-diet}}$ of $4\text{–}5\%_o$, as observed in trial one, these fish may be getting some nitrogen from periphyton sources, consistent with gut content analyses for this species (German 2009b). Because we were not exhaustive in our resource collection it is difficult to discern the exact carbon sources for *P. disjunctivus*, but we can be confident it is not from...
Disjunctivus in addition to other animals. Only lipid-extracted fish, see Table 3) were used to analyze the isotopic signatures fin tissue (large fish) and muscle tissue (invertebrates and small in the carbon-nitrogen dual-isotope plot, of the animals in plot b. CBOM=coarse benthic organic matter

Fig. 4 Carbon and nitrogen (‰) dual-isotope plots of animals and resources collected from Wekiva Springs, FL, USA in January 2008—\( a \) shows the different tissues of only Pterygoplichthys disjunctivus and potential resources, \( b \) shows \( P. \) disjunctivus in addition to other animals. Only lipid-extracted fin tissue (large fish) and muscle tissue (invertebrates and small fish, see Table 3) were used to analyze the isotopic signatures of the animals in plot \( b \). CBOM=coarse benthic organic matter

Discussion

To our knowledge, this study is one of the first to report on the rates of isotopic incorporation and tissue-diet discrimination factors for plasma solutes and RBCs in a fish species, and it is the only investigation to report on isotopic incorporation in fish enduring long-term (155 days) food-deprivation under controlled conditions. Fishes and ectotherms in general are less well-studied than mammals and birds in these regards (Seminoff et al. 2007; Reich et al. 2008). Our hypotheses were supported by the results of this study. First, as long as an animal is consuming an adequate diet (i.e., is not losing weight), plasma solutes, RBCs, and fin tissue make appropriate non-lethally sampled tissues to track dietary history with stable isotopes, and incorporate a dietary signal on different time scales. Second, isotopic incorporation appears to be primarily driven by catabolic tissue turnover in slowly growing adult fishes. And third, \( P. \) disjunctivus cannot assimilate carbon from the fibrous portions of detritus, and, consistent with its digestive physiology (German and Bittong 2009; German et al. 2010), probably does not use recalcitrant polymers (e.g., cellulose) as a resource in the wild.

Plasma solutes incorporated \( ^{13} \)C and \( ^{15} \)N more quickly than RBCs in \( P. \) disjunctivus. The half-lives for \( C \) in these tissues (calculated as \( \ln(2)/\lambda \)) ranged from 22 to 87 days, respectively, and from 8 to 10 days, respectively, for \( N \). Differences in turnover rates among tissues are not uncommon in fishes and other animals. For example, MacAvoy et al. (2001) observed half-life values of approximately 170 days for \( C \) and \( N \) in channel catfish (\( Ictalurus punctatus \)) muscle and whole blood, whereas half-lives ranged from 24 to 65 days for \( N \) in muscle of sockeye salmon (\( Oncorhynchus nerka \); Sakano et al. 2005). McIntyre and Flecker (2006) estimated half-lives of 17 and 12 days for \( N \) in whole blood and fin, respectively, in the loricariid catfish \( Ancistrus triradiatus \). Japanese temperate bass (\( Lateolabrax japonicas \)) fin tissue showed half-life values of 26 and 23 days for \( C \) and \( N \), respectively (Suzuki et al. 2005). Finally, sand goby (\( Pomatoschistus minutus \)) muscle and liver exhibited half-lives of 25 and 9 days, respectively, for \( ^{13} \)C, and 28 and 3 days, respectively, for \( ^{15} \)N; (Guelinckx et al. 2007). Thus, the turnover rates observed in \( P. \) disjunctivus are within the range of other fish tissues, which indicates that the different fractions of blood are alternative, non-lethally sampled tissues for fish stable isotopic studies, especially for threatened species from which muscle cannot be taken. Moreover, our fin isotopic incorporation data concur with previous work (Kelly et al., 2006; Hanisch et al. 2010) suggesting that fins are also appropriate tissues to sample non-lethally from fish (Supplemental Fig. S1).

Most studies of isotopic incorporation in fishes have been performed with juvenile animals that grow
at a rapid pace (Hesslein et al. 1993; Suzuki et al. 2005; Trueman et al. 2005; Vollaire et al. 2007; Zuanon et al. 2007; Gamboa-Delgado et al. 2008). Thus, in these studies, rates of isotopic incorporation were similar to growth rate and, therefore, mostly reflective of new tissue accretion. In the current study, rates of isotopic incorporation in trial one were significantly greater than the growth rates of the adult fish, potentially indicating a significant contribution of catabolic turnover to isotopic incorporation in adult *P. disjunctivus*. Future studies of isotopic incorporation in animal tissues could use juvenile and adult animals to discern the contributions of growth vs. catabolic tissue turnover at different stages of an animal’s life. Such data would be valuable to the stable isotope literature.

*Pterygoplichthys disjunctivus* lost weight on the artificial wood-detritus diet and was in negative nitrogen balance. The plasma $\delta^{13}C$ signatures of these fish suggested, however, that they were assimilating carbon from the food; the fish on the artificial wood-detritus diet had rates of plasma carbon isotopic incorporation similar to the fish from trial one with the algal diet, and different from fish deprived of food. The results from trial two suggest that *P. disjunctivus* cannot assimilate refractory polysaccharides from wood. German (2009b) showed that neither *P. disjunctivus* nor *Panaque nigrolineatus* (a true wood-eating catfish) could assimilate significant amounts of organic matter (12.76% and 11.37%, respectively) or lignocellulose (32.08% and 23.69%, respectively) from a strictly wood diet in the laboratory, and both species lost weight when consuming solely wood. This inability to digest cellulose in their GI tracts comes from rapid gut transit (<4 h; German 2009b) and low cellulase activities (German and Bittong 2009). However, the fish are efficient at digesting soluble components of detritus (e.g., $\alpha$-glucans, laminarin, $\beta$-glucosides, $\beta$-mannosides; German and Bittong 2009; German et al. 2010). This is further supported by the C incorporation in *P. disjunctivus* on the artificial wood-detritus, and the similarity between the predicted $\delta^{13}C$ signature of the artificial wood-detritus diet and the $\delta^{13}C$ of the fish’s tissues.

The predicted isotopic signature for the artificial wood detritus diet was arrived at by assuming (based on published data) low cellulose digestibility and high corn digestibility in the mixing model. Cellulose composed more than 40% of the artificial wood-detritus diet, whereas the corn composed ~11% (Table 1). Hence, the similarity between the fish’s final plasma solute $\delta^{13}C$ signature (~21.38‰) and that predicted by the mixing model (~21.03‰) provide more evidence that *P. disjunctivus* cannot efficiently assimilate cellulose, but does efficiently digest soluble components from a detrital diet. If *P. disjunctivus* assimilated significant amounts of C from cellulose, the isotopic signature of their plasma solutes would have been closer to the isotopic signature of cellulose (~25.39‰) in the laboratory and in nature, which was not observed.

The fish consuming the artificial wood-detritus were in negative nitrogen balance, similar to the food-deprived fish, even though the diet of the former contained corn gluten meal, which is 70% protein and known to be a highly-digestible protein source for detrivorous fishes (e.g., Nile tilapia; Guimaraes et al. 2008). We also supplemented the artificial wood-detritus with L-lysine to account for a deficiency of this amino acid in corn gluten meal (Guimaraes et al. 2008). The artificial wood-detritus may have been lower in quality than we intended, and/or we may not have allowed the fish to consume enough of the diet to meet their nitrogen needs. This is despite the point that we offered the fish 8% of their body mass of the artificial wood-detritus diet on a daily basis, an amount we considered ad libitum (German et al. 2010). Perhaps this amount is not reflective of the amount of food the fish are capable of eating, and need to consume, to meet their energetic and nitrogen requirements. Moreover, corn gluten meal, although appropriate for tilapia, which possess an acidic stomach, may not be digested as efficiently by *P. disjunctivus*, which lacks a gastric stomach (da Cruz et al. 2009; German 2009b).

The $\Delta^{13}C_{\text{tissue-diet}}$ values observed in trial one of this study varied by tissue, but were relatively consistent with discrimination factors reported for different tissues in the literature (Reich et al. 2008). The $\Delta^{15}N_{\text{tissue-diet}}$ values observed in *P. disjunctivus* tissues (4.08‰ in fin tissue to 5.17‰ in RBCs; Table 3; Fig. S1) were higher than the widely used average of 3.4‰ for this isotope for muscle tissue (Fry and Sherr 1984; Focken 2004; Fry 2007), but were not inconsistent with $\Delta^{15}N_{\text{tissue-diet}}$ (> 4‰) in herbivorous mammals (Robbins et al. 2005) or fishes (Mill et al. 2007). The major contributing factors to
Depleted δ13C (Evans-White et al. 2001) and diatoms are possible to evaluate the trophic standing of wild-caught P. disjunctivus from trial one. Herbivorous animals generally consume protein that is of low-quality, and/or has low δ15N (Robbins et al. 2005), and hence, herbivorous animals have larger Δ15N tissue-diet than carnivores. The algal diet was approximately 32% protein (5.82‰ N), but this protein was entirely from plant and algal sources (which may make it low in biological value), and the δ15N of the food was 2.43‰. According to the regression equations produced for fish tissues by Caut et al. (2009), a fish consuming a diet with this isotopic signature should have Δ15N tissue-diet values of 5.20‰ for muscle and 4.26‰ for other tissues. These predicted values are similar to the observed Δ15N tissue-diet values of 5.13‰ for muscle and 4.39‰ for plasma solutes in P. disjunctivus from trial one.

Based on the isotopic turnover rates and tissue-diet discrimination factors observed in trial one, it is possible to evaluate the trophic standing of wild-caught P. disjunctivus. This fish species is feeding at a lower trophic level than other fishes in Florida spring habitats, at least on the collection date. Gut content analyses of P. disjunctivus suggest they consume 40% detritus, 23% diatoms, 22% green algae, 10% sediment, and 5% animal material (German 2009b). Green algae (Evans-White et al. 2001) and diatoms (Nichols and Garling 2000) can individually be more depleted in δ13C (< −30‰) than the signature observed for periphyton (−29.26‰) in this study, which may explain the depleted δ13C (−30.3‰) observed in wild-caught P. disjunctivus. Furthermore, we do not know the isotopic signature of fine benthic organic matter (amorphous detritus) in the Wekiva Springs complex and Wekiva River, and hence, we did not use a mixing model to predict the isotopic signature of wild-caught P. disjunctivus tissues. However, based on Δ15N tissue-diet values observed in the laboratory, P. disjunctivus has δ15N values consistent with periphyton as a source of protein. Periphyton can be rich in soluble polysaccharides (Leppard 1995; Wotton 2004; Klock et al. 2007), lipids (Napolitano et al. 1996), and protein (Bowen et al. 1995), and thus, may be a relatively nutritious food source for grazing fishes (German 2009a). The similarity in isotopic signature among all of the tissues sampled from wild-caught P. disjunctivus suggests that this fish species has a relatively consistent diet over time in Wekiva springs, or at least in the time period leading up to tissue collection.

The effects of food deprivation on the isotopic signatures of fish tissues are poorly understood. It has been hypothesized that food-deprived animals catabolize their own tissues for energy and maintenance, and hence, become more enriched in 15N over time (McCue and Pollock 2008; Martínez del Rio et al. 2009). In support of this, carp fed a ration sufficient only for body mass maintenance for 56 days showed a 0.5‰ increase in whole body δ15N in comparison to starting values (Gaye-Siessegger et al. 2004). Additionally, salmon at the end of migration (~133 days without feeding) had liver δ15N values that were 1.5‰ enriched in comparison to the beginning of migration (Doucet et al. 1999). Similarly, we found that plasma solute δ15N values became enriched 1.3‰ in food-deprived P. disjunctivus. The mechanisms behind the δ15N increase in food-deprived animals require further study (Martínez del Rio et al. 2009).

In conclusion, this study is one of the first to show that fractions of blood—plasma solutes and RBCs—can be used as non-lethally sampled tissues for stable isotopic analyses in fish, and is one of a few to estimate isotopic turnover rates of fin tissue (Suzuki et al. 2005; McIntyre and Flecker 2006). The results show the importance of estimating turnover times and discrimination factors in the laboratory before gathering data in the field. If we assumed the commonly used discrimination factors of 1‰ for δ13C and 3.4‰ for δ15N for muscle, we might draw very different conclusions from the field isotopic data. By using positive and negative control groups in the laboratory feeding trial we were able to show that P. disjunctivus consuming the artificial wood-detritus simply were not starving, but were in negative nitrogen balance. Furthermore, our results offer additional evidence that P. disjunctivus does not efficiently digest cellulose in their digestive tracts.

Because several species belonging to the genus Pterygoplichthys represent the dominant ichthyofauna in many novel habitats (Mendoza et al. 2007; Nico et al. 2009), it is of interest to understand the specific trophic level at which they are feeding. Our gut content analyses (German 2009b), and now stable
isotopic data, provide ample evidence that P. disjunctivus is detrivorous in Florida, but is not contributing to the direct turnover of recalcitrant organic matter. This information could be valuable in making management decisions regarding habitats in which P. disjunctivus and/or other species in the genus Pterygoplichthys have invaded in Florida and beyond. Moreover, the turnover rates and discrimination factors gathered for P. disjunctivus’ tissues in this study can potentially be used to better understand their diets in other Floridian habitats.

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