Electrochemiluminescence of dual excited states modulated with arginine modification of black phosphorus quantum dots

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Abstract

The electrochemiluminescence (ECL) is generally emitted via radiative transition of singlet or triplet excited state (S1 or T1). Herein, an ECL mechanism with the transitions of both S1 and T1 of black phosphorus quantum dots (BPQDs) was found for the first time, and an arginine modification strategy was proposed to passivate the surface oxidation defects of BPQDs, which could modulate the excited states for enhancing the ECL of BPQDs. The Arg modification led to greater spatial overlap of HOMO with LUMO and spectral shift of radiative transitions, and improved the stability of anion radical of BPQDs. The enhanced cathodic ECL was used to construct a sensitive method for conveniently evaluating the inhibiting efficiency of cyclo(RGDyK) to cell surface integrin by using RRGDS peptide modified BPQDs as signal tag. The dual excited states mediated ECL emitters provided a new paradigm for adjustable ECL generation and extended the application of ECL analysis.

Full Text

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Electrochemiluminescence (ECL) is a light-emitting process, in which the excited state species (R*) are generated via exergonic electron transfer and exchange between the electrogenerated intermediates, following the radiative transitions to the ground state (S0)\(^1\). Generally, the produced R* can be either the lowest excited singlet state (S1) species (\(^1\)R*) or the triplet state (T1) species (\(^3\)R*), depending on the difference of their relative energy\(^2,3\). According to the rules of spin statistics, the internal quantum efficiency of the luminophores emitting ECL is limited to 25% due to their \(^1\)R*-to-\(^3\)R* ratio of 1:3 and the non-radiative transition from T1 to S0\(^4\), which limits the full utilization of the energy during the ECL process. In this work we found for the first time a possibility to emit the ECL via both S1-to-S0 and T1-to-S0 transitions by using black phosphorus quantum dots (BPQDs) as the emitter.

BPQDs were firstly prepared in 2014 with bulk black phosphorus (BP)\(^5,6\), which is a metal-free semiconductor and displays tunable bandgap varying from 0.3 eV for bulk BP to 2.0 eV for monolayer BP\(^7\), and have been extensively applied in photothermal therapy, electrocatalysis and flexible devices\(^5,6,8-10\). However, their optical and electrical performances are greatly limited by the oxidation defects of
nanostructure surface due to the extremely easy degradability under ambient conditions\textsuperscript{11-13}. Great efforts have been made to stabilize BPQDs by either preventing the occurrence of oxidation process via encapsulation with polyethylene glycol, fluorine and poly(lactic-co-glycolic acid)\textsuperscript{7,9,14}, or passivating the existing oxidation defects with ethanol\textsuperscript{15}. Meanwhile, arginine (R or Arg) contained peptides and poly-L-lysine have also been used to modify BP nanosheets via electrostatic and/or hydrophobic interaction for the preparation of delivery carrier and the immobilization of protein, respectively\textsuperscript{16,17}. Inspired by these interaction mechanisms, this work designed a strategy to passivate the oxidation defects of BPQDs with Arg for enhancing the ECL performance.

Here, the ECL emission of BPQDs can be attributed to the radiative transitions of both $^1R^*$ and $^3R^*$ to $S_0$ species. Although the radiative $T_1$-to-$S_0$ transition has been observed in the ECL emission of some organic small molecules with phosphorescence (PL) properties, such as benzophenone, platinum-based organometallics and tris(1-phenyl isoqsuinoline-C2, N)iridium (III)\textsuperscript{18-20}, the ECL mechanism mediated by dual excited states has not been reported yet. More interestingly, the cathodic and anodic ECL emission upon Arg modification of BPQDs could increase dramatically by 25 and 2 folds, respectively, which resulted from the change of the highest occupied molecular orbital (HOMO) from the surface oxidation defects to the central zone of R-BPQDs. This change caused greater spatial overlap of the HOMO with the lowest unoccupied molecular orbital (LUMO), as proved by time-dependent density functional theory (TD-DFT) calculations, and the adjustable transition routes from $S_1$ and $T_1$ to $S_0$. Thus Arg modification could be used to efficiently modulate the excited states for enhancing the ECL emission. Due to the improved stability of anion radical of BPQDs, the cathodic ECL showed greater improvement of performance than anodic ECL. More importantly, the Arg functionalization can improve the solubility and modifiability of BPQDs for extending the bioanalytical applications. As an example, an ECL system was proposed for conveniently evaluating the integrin inhibitor by using RRGDS-BPQDs as signal tag to recognize cell surface integrin. This work demonstrated a novel ECL mechanism and an exciting avenue to modulate the excited states for enhancing the ECL emission of luminophores.

**Results**

**Synthesis and characterization of BPQDs and R-BPQDs.** BPQDs were prepared with a solvothermal method\textsuperscript{5,6}, and then functionalized with Arg to obtain R-BPQDs (Fig. 1a). From the transmission electron microscopic (TEM) images, their average lateral sizes were measured to be about 4 nm (Figs. 1b,c). The lattice fringes of 0.23 nm could be ascribed to the (041) plane of the BP crystal (Inset in Fig. 1b)\textsuperscript{21}. The measured heights of 1.1, 1.8 and 2.4 nm (Supplementary Fig. 1) corresponded to BPQDs with about 2-4 layers, respectively\textsuperscript{5,6}. The Fourier transform infrared (FTIR) spectra showed the shifts of P–O and N–H bending peaks from 1070 cm\textsuperscript{-1} of BPQDs and 1721 cm\textsuperscript{-1} of Arg to 1089 and 1705 cm\textsuperscript{-1} of R-BPQDs, respectively (Fig. 1d)\textsuperscript{22,23}, indicating the electrostatic and hydrogen bond interactions between the electron-withdrawing guanidine group in Arg and P$_x$O$_y$ moiety\textsuperscript{24,25}. The Arg modification also led to a slight red-shift of three prominent Raman peaks of BPQDs (Fig. 1e), identified as one out-of-plane phonon
mode ($A^1_g$) at 360.1 cm$^{-1}$ and two in-plane modes ($B^2_g$ and $A^2_g$) at 435.5 and 462.7 cm$^{-1}$, which manifested a decrease of the Raman scattering energy due to the interaction between guanidine group and $P_xO_y$ moiety[26]. The R-BPQDs retained the characteristic P2p$_{3/2}$ and P2p$_{1/2}$ X-ray photoelectron spectroscopic (XPS) peaks of BP at 128.6 and 129.3 eV (Fig. 1f and Supplementary Figs. 2a,b), while BPQDs did not show these peaks, demonstrating that the introduction of Arg endowed BPQDs with better stability. The shifts of P–O and P=O XPS peaks from 132.6 and 133.6 eV of BP to 134.8 and 135.9 eV of R-BPQDs could be attributed to the decrease of the outer valence electron density of P atom in the presence of guanidine group (Fig. 1f and Supplementary Fig. 2b), which did not obviously change the N1s XPS peak due to the delocalized positive charge distribution over the guanidine group (Supplementary Figs. 2c,d), but increased the binding energy of O atom for P–O and P=O bonds due to the decreased outer valence electron density (Supplementary Figs. 2e-h). In a word, the presence of Arg on the $P_xO_y$ moiety of BPQDs exerted a passivation effect against the oxidation defects of BPQDs (Fig. 1g).

**Photophysical and electrochemical properties of BPQDs and R-BPQDs.** The cathodic process of BPQDs/GCE showed an ambiguous reduction peak of BPQDs at around $-1.22$ V, which shifted to $-1.15$ V and became more distinct after introducing the electron-withdrawing guanidine group by Arg modification (Fig. 2a). In the presence of $K_2S_2O_8$, R-BPQDs/GCE showed a cathodic ECL emission at $-1.20$ V, which was 25 folds stronger than that of BPQDs/GCE (Fig. 2b). The ECL emission followed a general $K_2S_2O_8$ mediated co-reactant ECL mechanism containing the reduction of $K_2S_2O_8$ and BPQDs or R-BPQDs to produce the excited state BPQDs* or R-BPQDs* (Inset in Fig. 2b). The reduction peak of $K_2S_2O_8$ at bare GCE occurred at $-0.95$ V, and almost disappeared at BPQDs/GCE due to the greatly increased electron transfer impedance ($Re$) (Supplementary Fig. 3). The much lower $Re$ than BPQDs/GCE led to obvious reduction peak of $K_2S_2O_8$ at R-BPQDs/GCE, which overlapped with the reduction peak of R-BPQDs (Fig. 2a). The consistence of onset potentials for electrochemical reduction and cathodic ECL emission of R-BPQDs indicated that the electrogeneration of R-BPQDs$^{*-}$ was necessary for the formation of excited state R-BPQDs$^{*+}$[27]. Interestingly, the ECL depended on both Arg concentration and pH for preparation of R-BPQDs (Supplementary Fig. 4), implying that the amount of Arg assembled on BPQDs affected the ECL performance, though Arg did not participate in the ECL process (Supplementary Fig. 5).

The FL and PL emission of BPQDs centering at 505 and 580 nm (Fig. 2c) originated from the oxidation defects associated $S_1$ and $T_1$, respectively[8,15], which was demonstrated by the photoluminescence decay spectrum (PDS) (Supplementary Fig. 6). The PDS of both BPQDs and R-BPQDs showed biexponential functions with lifetime components of 3.08 and 12.27 μs and 1.82 and 13.14 μs, respectively (Supplementary Table 1), indicating the presence of two decay channels assigned to the two excited states for FL and PL emissions, respectively[28]. R-BPQDs displayed 45-nm and 20-nm blue shift and the increased FL and PL emission intensity, respectively. The hypochromic shift and intensity enhancement were related to the change of the two excited states due to the passivation of oxidation defects by Arg. Excitingly, the cathodic ECL spectra of both BPQDs and R-BPQDs displayed two emission
peaks at 500 and 580 nm for BPQDs, and 460 and 570 nm for R-BPQDs (Fig. 2d). Compared with the FL and PL spectra of BPQDs and R-BPQDs (Fig. 2c), the ECL emission peaks at 500 and 460 nm could be attributed to the transition from S\textsubscript{1}, while the peaks at 580 and 570 nm originated from T\textsubscript{1}-to-S\textsubscript{0} transition. Thus it could be concluded that ECL emissions of BPQDs and R-BPQDs contained two radiative transitions from both S\textsubscript{1} and T\textsubscript{1}, as shown in Fig. 2e. After Arg modification, the hypochromic shifts of both S\textsubscript{1}-to-S\textsubscript{0} and T\textsubscript{1}-to-S\textsubscript{0} transitions were observed in the ECL spectra, which was consistent with larger experimental band gap of R-BPQDs than BPQDs (Supplementary Fig. 7). However, their lifetimes did not obviously change at temperatures from 170 to 310 K (Supplementary Fig. 8 and Table 2), so the possibility of thermally activated delayed fluorescence process could be excluded\textsuperscript{4,29}, further indicating the existence of two radiative transitions from both S\textsubscript{1} and T\textsubscript{1} for ECL emission.

According to the electrostatic and hydrogen bond interactions between Arg and oxidation defects of BPQDs, TD-DFT computation was implemented to rationalize above conclusion. The existence of oxidation defects resulted in the localized HOMO of BPQDs at the defect sites (Fig. 2f), which hindered the charge transfer as a trap state, and thus weakened the FL, PL and ECL intensity. The Arg modification passivated the surface oxidation defects, accordingly leading to the delocalization of HOMO of R-BPQDs to the central zone (Fig. 2f), and thus the change of the electron transition channel, which significantly improved the emission oscillator strength and the charge transfer capability (Supplementary Fig. 3). Besides, R-BPQDs exhibited the strongest ECL emission and the most positive reduction potential among the BPQDs modified with 20 kinds of amino acids (Supplementary Table 3), demonstrating the significance of electron-withdrawing guanidine group, which stabilized the adjacent R-BPQDs•− anion radical after electrochemically injecting electron into LUMO of R-BPQDs\textsuperscript{30,31}, and thus facilitated the cathodic ECL emission.

The BPQDs/GCE showed two anodic peaks at +0.85 and +1.45 V (Fig. 3a), which were attributed to the electrochemical oxidation of surface groups such as phosphite and hypophosphoric groups\textsuperscript{25,32}. These peaks negatively shifted to +0.42 and +0.86 V after Arg modification (Fig. 3a) due to the much lower Re (Supplementary Fig. 3), which decreased the oxidation overpotentials. Although the oxidation of Arg could be observed at bare GCE at +1.62 V (Supplementary Fig. 9), it did not occur at R-BPQDs/GCE in the applied potential range due to the relative higher Re. Considering the low oxidation potential of R-BPQDs, N\textsubscript{2}H\textsubscript{4}•H\textsubscript{2}O that can be electrochemically oxidized to produce N\textsubscript{2}H\textsubscript{3}• and N\textsubscript{2}H\textsubscript{2} around +0.1 V was used as co-reactant to study the anodic ECL of BPQDs and R-BPQDs\textsuperscript{33,34}. At bare GCE, the oxidation of N\textsubscript{2}H\textsubscript{4}•H\textsubscript{2}O occurred near +0.10 V, which showed a peak at +0.55 V and a severe tailed anodic curve due to the further oxidation of N\textsubscript{2}H\textsubscript{3}• and N\textsubscript{2}H\textsubscript{2} at higher potentials (Fig. 3b). Obviously, the anodic curve of N\textsubscript{2}H\textsubscript{4}•H\textsubscript{2}O positively shifted due to the increased Re, and covered the oxidation peaks of BPQDs at both BPQDs/GCE and R-BPQDs/GCE. Furthermore, the hole-injected BPQDs (BPQDs•+) could oxidize the reducing N\textsubscript{2}H\textsubscript{3}•, N\textsubscript{2}H\textsubscript{2} and N\textsubscript{2}H\textsubscript{4} to form the excited state species BPQDs• for ECL emission (Fig. 3c). The anodic ECL peak potential and intensity of R-BPQDs were 0.15 V lower and 2 times higher than those of BPQDs, which could be attributed to the better charge transfer capability, the greater spatial overlap
between HOMO and LUMO, and the better stability under ambient conditions (Supplementary Fig. 10) after Arg modification. Similar to the cathodic ECL process, the anodic ECL spectra of BPQDs and R-BPQDs also displayed two emission peaks associating S$_1$ and T$_1$ transitions, along with the hypochromic shifts (Supplementary Fig. 11). Thus the co-reactant ECL mechanisms of R-BPQDs at the cathode and the anode could be illustrated in Fig. 3d.

ECL transient technology was further used to examine the stability of radical intermediates in two ECL processes of R-BPQDs. The ion annihilation ECL intensity at +1.60 V was stronger than that at −1.40 V in the absence of coreactant (Fig. 3e), indicating that the anion radical R-BPQDs$^{−}$ was more stable than cation radical R-BPQDs$^{+}$<sup>35</sup>. Thus Arg stabilized the anion radical of BPQDs under ambient conditions, and thus led to the greater enhancement of cathodic ECL intensity than the anodic process.

**Evaluation of integrin inhibitor with RRGDS-BPQDs.** To implement the application of R-BPQDs/K$_2$S$_2$O$_8$ ECL system, this work designed an ECL method to evaluate the inhibiting efficiency of integrin inhibitor, cyclo(RGDyK)<sup>36</sup>, by using Arg containing peptide RRGDS to modify BPQDs (RRGDS-BPQDs). The RRGDS-BPQDs functionalized carboxylated multi-wall carbon nanotubes (MWNTs) were coated on GCE to act as both the recognition unit and signal tag<sup>37</sup>. Compared to Arg-free peptide GGGDS, the presence of RRGDS could greatly enhance the ECL intensity (Fig. 4a), verifying the vital importance of Arg for improving the ECL emission of BPQDs. Upon the specific recognition of αV/β3 integrin on A549 cell membrane with RRGDS on GCE, the Re increased greatly (Supplementary Fig. 12), and thus the ECL intensity decreased obviously (Supplementary Fig. 13). In contrary, MCF-7 cells with low abundance of surface αV/β3 integrin showed little decrease. Under optimal conditions (Supplementary Figs. 14,15), the IC50 of cyclo(RGDyK) for 1´10<sup>6</sup> A549 cells mL<sup>−1</sup> was obtained to be 12.0 nM from the ECL response plot of cyclo(RGDyK) treated A549 cells (Fig. 4b), which was comparable to 20 nM for immobilized αV/β3 integrin<sup>36</sup> and 29.3 nM for B16-F10 cells<sup>38</sup>. Compared to general MTT method, this method was sensitive, simple and convenient. Moreover, this method could be extended for the evaluation of other inhibitors or the detection of cell surface groups by changing the Arg-containing peptide, showing the excellent practicability of the designed ECL modulating strategy.

**Discussion**

The BPQDs showed the lattice fringes ascribed to the (041) plane of the BP crystal with 2-4 layers<sup>5,6</sup>, and could be conveniently modified with Arg via the electrostatic and hydrogen bond interactions (Fig. 1d). The interactions led to decreased Raman scattering energy<sup>26</sup> and outer valence electron density of P atom (Fig. 1f). The presence of Arg on BPQDs could passivate the oxidation defects of BPQDs (Fig. 1g), and thus endowed BPQDs with better stability, solubility and modifiability for extending the bioanalysis application.

The ECL emission of BPQDs showed a novel mechanism containing two radiative transitions from both S1 and T1 to S<sub>0</sub> (Fig. 2e), which were demonstrated by the ECL spectra with two emission peaks (Fig. 2d)
as observed from the FL and PL emission of BPQDs (Fig. 2c). Thus a dual excited states mediated ECL emitter was found for the first time. The modification of Arg led to the hypochromic shifts of both $S_1$-to-$S_0$ and $T_1$-to-$S_0$ transitions due to its passivation against the surface oxidation defects (Fig. 2d) to produce the delocalization of HOMO of R-BPQDs to the central zone, which changed the electron transition channel and was demonstrated by TD-DFT computation (Fig. 2f). By comparing the ECL change upon amino acid modification (Supplementary Table 3), it was concluded that the ECL enhancement of R-BPQDs was attributed to the presence of electron-withdrawing guanidine group, which could stabilize the adjacent R-BPQDs•− anion radical after electrochemically injecting electron into LUMO of R-BPQDs.

The Arg modification could be used to modulate the dual excited states mediated ECL emission due to the change of charge transfer capability and the spatial overlap between HOMO and LUMO, which led to enhanced ECL emission of BPQDs. Moreover, the enhancement of cathodic ECL emission was much greater than anodic ECL emission. This appearance was ascribed to the more stable anion radical R-BPQDs•− than cation radical R-BPQDs•+ (Fig. 3e)\textsuperscript{35}.

To demonstrate the application of R-BPQDs in ECL bioanalysis, the Arg attached on BPQDs was used to conjugate RGDS, a peptide specific to integrin\textsuperscript{36}. By coating RRGDS-BPQDs on MWNTs modified GCE, the integrin-rich cells could be bound to the electrode surface via the recognition of RGDS to integrin\textsuperscript{39}, which led to a sensitive ECL method for the evaluation of integrin inhibitor. The obtained inhibiting efficiency to integrin on A549 cells demonstrated the practicability of the ECL of BPQDs and the modulating strategy.

In summary, both $S_1$-to-$S_0$ and $T_1$-to-$S_0$ radiative transitions have been found in both cathodic and anodic ECL emission of BPQDs. Arg modification efficiently passivates the oxidation defects of BPQDs and changes the HOMO from surface defects to the central zone, thus leading to hypochromic shifts and intensity enhancement of ECL emission. The introduction of Arg changes the electron transition channel, and endows BPQDs with better stability, stronger charge transfer capability and greater spatial overlap between HOMO and LUMO. The presence of electron-withdrawing guanidine group greatly stabilizes the anion radical intermediates, and thus leads to greater enhancement of the cathodic ECL intensity. The proposed modulating strategy can be conveniently applied in biosensing by using different Arg-containing recognition units to modify BPQDs, which has been demonstrated by using RRGDS-BPQDs to evaluate the inhibiting efficiency of cyclo(RGDyK) to cell surface integrin. The discovery of dual excited-states mediated ECL mechanism and the modulation strategy via Arg modification open a new avenue to decipher more ECL systems for broadening the ECL applications of nanoemitters.

**Methods**

**Materials and reagents.** N-hydroxysuccinimide (NHS), \textit{l}-arginine (Arg), \textit{l}-histidine (His), 1-(3-(dimethylamino)propyl)-3-ethylcarbodiimide hydrochloride (EDC) and hydrazine hydrate solution ($N_2H_4\cdotH_2O$, 64-65%) were purchased from Sigma-Aldrich (Merck, USA). 1-Methyl-2-pyrrolidinone (NMP)
was purchased from J&K Chemical Technology Co., Ltd. (Beijing, China). L-Lysine monohydrochloride (Lys), L-isoleucine (Ile), L-valine (Val), L-asparagine monohydrate (Asp), L-phenylalanine (Phe), L-leucine (Leu), L-threonine (Thr), L-glutamine (Gln), L-alanine (Ala), L-serine (Ser), L-glutamic acid (Glu), potassium hexacyanoferrate(II) (K₃[Fe(CN)₆]), potassium hexacyanoferrate(II) trihydrate (K₄[Fe(CN)₆·3H₂O]) and potassium peroxydisulfate (K₂S₂O₈) were purchased from Hushi Co., Ltd. (Shanghai, China). L-Aspartic acid (Asp), L-glycine (Gly), L-proline (Pro), L-cysteine (Cys), L-methionine (Met), L-tryptophan (Try) and L-tyrosine (Tyr) were obtained from Ryon Biological Technology Co., Ltd. (Shanghai, China). Bulk back phosphorus (BP) and carboxylated multi-walled carbon nanotubes (MWNTs) (20-30 nm diameter, 0.5-2 µm length) were obtained from Jiangsu XFNANO Materials Tech Co., Ltd. (Nanjing, China). 2-(N-morpholino)ethanesulfonic acid (MES) buffer (0.1 M, pH 6.0) was purchased from Coolaber Technology Co., Ltd. (Beijing, China). Peptides, including RRGDS and GGGDS, were obtained from Sangon Biotech Co., Ltd. (Shanghai, China). The inhibitor of αV/β3 integrin, cyclo(RGDyK), was purchased from toptscience Co., Ltd. (Shanghai, China). Fetal bovine serum (FBS) was obtained from Thermo Fisher Scientific Inc. (USA). A549 cells, MCF-7 cells, trypsin and cell culture media (RPMI-1640) were supplied by KeyGen Biotech Co., Ltd. (Nanjing, China). All chemicals were of analytical grade. Phosphate buffer solution (PBS, 0.1 M, pH 7.4) was prepared by mixing stock solutions of NaH₂PO₄ and Na₂HPO₄. ECL measurements were conducted in 0.1 M pH 7.4 PBS containing 0.1 M KNO₃ or 0.1 M KCl as the electrolyte. All aqueous solutions were prepared using ultrapure water (≥ 18 MΩ·cm, Milli-Q, Millipore).

Preparation and functionalization of BPQDs. The BPQDs were prepared by top-down solvothermal treatment according to the literature with some modification. Briefly, 15 mg of bulk BP crystals was firstly grounded into powder by a mortar and pestle in the glovebox, which was then dispersed in 15 mL of anhydrous NMP to heat for 12 h at 140 °C under Ar atmosphere. The resulting dark brown dispersion was centrifuged at 8000 rpm for 20 min to remove the oversized particles. The supernatant was collected and further centrifuged at 18000 rpm for 40 min. The resultant BPQDs were redispersed in 15 mL of anhydrous NMP and kept in refrigerator at 4 °C for further use. To prepare amino acid- or peptide-functionalized BPQDs, 1.0 mL of BPQDs dispersion was centrifuged at 21000 rpm for 40 min. The resultant BPQDs were redispersed in 1.0 mL of amino acid or peptide solution and sonicated in an ice-bath for 30 min. Afterward, the mixture was shaken overnight at room temperature away from light. The resultant solution was centrifuged at 21000 rpm for 40 min and washed three times with water. Finally, the functionalized BPQDs, such as RRGDS-BPQDs and GGGDS-BPQDs et al., were redispersed in deoxygenated water and kept at 4 °C in the dark.

Cell culture and inhibitor treatment. A549 and MCF-7 cells were cultured in RPMI-1640 media supplemented with 10% FBS and 100 µg mL⁻¹ penicillin-streptomycin at 37 °C in a humidified atmosphere containing 5% CO₂ to maintain a density between 5 × 10⁵ and 2 × 10⁶ cells mL⁻¹. At the logarithmic growth phase, the cells were trypsinized and washed twice with sterile 0.01 M pH 7.4 PBS by centrifugation at 1000g for 10 min, which were then resuspended in 0.01 M pH 7.4 PBS containing 1.0 mM Ca²⁺ and 1.0 mM Mg²⁺ to obtain a homogeneous cell suspension. The inhibitor treatment of the
cells was performed by incubating 200 μL of 1 × 10^6 A549 cells mL^{-1} for 20 min with different concentrations of αV/β3 integrin inhibitor, cyclo(RGDyK), on a rotary shaker in the dark at 37 °C. After washing with PBS for three times, the treated cells were redispersed in 200 μL of 0.01 M pH 7.4 PBS for ECL evaluation of inhibiting efficiency.

**QDs modified GCEs.** GCEs were firstly polished with 0.3 and 0.05 μm alumina slurry sequentially and sonicated in ethanol and distilled water for 3 min. The cleaned electrodes were dried with a steam of high-purity nitrogen gas. 10 μL of BPQDs, amino acid-functionalized BPQDs or peptide-functionalized BPQDs dispersion was then individually cast onto the GCEs and dried under ambient condition to get the QDs modified GCEs.

**Fabrication of ECL sensor for IC50 determination.** 10 μL dispersion of 5 mg mL^{-1} carboxylated MWNTs was dropped on the pretreated GCE and dried in a desiccator to get MWNTs/GCE. 20 μL of 0.1 M MES buffer containing 10 mM EDC and 5 mM NHS was then dropped onto MWNTs/GCE to incubate for 1 h at room temperature. After the activated MWNTs/GCE was thoroughly rinsed with 0.01 M pH 7.4 PBS, 20 μL of RRGDS-BPQDs was immediately dropped on its surface to incubate for 2 h at room temperature. The resulting RRGDS-BPQDs/MWNTs/GCE was rinsed with 0.01 M pH 7.4 PBS, and then was dropped with 20 μL of 1×10^6 inhibitor-pretreated A549 cells mL^{-1} to incubate at 37 °C for 20 min. After carefully rinsing with 0.01 M pH 7.4 PBS, the obtained A549/RRGDS-BPQDs/MWNTs/GCE was used for subsequent assay. As control, MCF-7/RRGDS-BPQDs/MWNTs/GCE was prepared with a similar procedure.

**ECL spectra.** After 10 μL of BPQDs or R-BPQDs was dropped on GCE and dried, the cathodic and anodic ECL spectra of the modified electrodes were recorded in 0.1 M pH 7.4 PBS containing 0.1 M K₂S₂O₈ or 25 mM NH₄·H₂O, respectively, with an optical filter from 380 to 700 nm in front of the PMT.

**Calculation method.** All calculations were carried out using the Amsterdam Density Functional program package (ADF)⁴⁰. The time-dependent density functional theory (TD-DFT) and DFT calculations were performed by applying the Perdew-Burke-Ernzerhof (PBE)⁴¹ exchange–correlation functional with the triple-zeta plus polarization (TZP) basis set⁴². The ground state configuration, S₀, of the oxidized BPQDs and R-BPQDs, was first optimized by DFT calculation. To simulate the emission, the configurations of the lowest singlet state, S₁, and the lowest triplet state, T₁, were relaxed using TD-DFT starting from the ground state configuration. We computed the vertical electronic transitions from the excited state relaxed configurations S₁ and T₁ to the ground-state, yielding the fluorescence and phosphorescence, respectively. The Van der Waals interaction was taken into account by the semi-empirical D3 method proposed by Grimme et al⁴³. All optimizations were done without any symmetry constraint.

**Data availability**

The data that support the findings of this study are available within the article and supplementary information files, or from the corresponding author upon request.
Code availability

The authors did not use any previously unreported custom computer code or algorithm.

Declarations

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Author contributions

S.Q. Yu, Y. Du and H.X. Ju proposed the idea and designed the experiments. S.Q. Yu, Y. Du, X.H. Niu and H.X. Ju wrote the manuscript. S.Q. Yu carried out the synthesis and electrochemical experiments. X.H. Niu carried out the structure simulation and theoretical calculations. G.M. Li performed the photoluminescence experiments. D. Zhu and Q. Yu helped in electrochemistry measurements. G.Z. Zou and H.X. Ju supervised and coordinated all investigators for this project. All authors discussed the results and commented on the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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Figures

Figure 1

Synthesis and characterization of BPQDs and R-BPQDs. a Structures of BPQDs and R-BPQDs. TEM images of b BPQDs and c R-BPQDs. Inset in b: HRTEM image of BPQDs with scale bar of 5 nm. d FTIR spectra of Arg, R-BPQDs and BPQDs. e Raman spectra of bulk BP, BPQDs and R-BPQDs. f Experimental (black) and fitting (red) P2p XPS spectra of R-BPQDs. g Schematic profile of interaction between BPQDs and Arg.

Figure 2

Cathodic ECL and photophysical properties of BPQDs and R-BPQDs. a CVs of GCEs in 0.1 M PBS. b ECL curves of GCEs in 0.1 M pH 7.4 PBS containing 0.1 M K₂S₂O₈. PMT = 600 V. Inset: CVs for b. c FL (solid lines, λₑₓ = 390 nm) and PL (dashed lines, λₑₓ = 500 nm) spectra of BPQDs and R-BPQDs. d Normalized cathodic ECL spectra of BPQDs/GCE and R-BPQDs/GCE. e Schematic illustration of ECL transitions of BPQDs and R-BPQDs. f Isosurfaces of HOMO and LUMO wavefunctions for BPQDs and R-BPQDs.
Figure 3

Anodic ECL, transient ECL and ECL mechanisms. a, b CV and c anodic ECL curves of GCE, BPQDs/GCE and R-BPQDs/GCE in 0.1 M pH 7.4 PBS in a absence and b, c presence of 25 mM N₂H₄•H₂O. PMT = 600 V. d Cathodic and anodic ECL mechanisms of R-BPQDs/GCE in the presence of K₂S₂O₈ and N₂H₄•H₂O, respectively. e ECL transient of R-BPQDs/GCE in 0.1 M PBS by stepping potential from −1.4 V to +1.6 V at 1 Hz.

Figure 4

Evaluation of integrin inhibitor. a ECL curves of GCE, GGGDS-BPQDs/GCE and RRGDS-BPQDs/GCE in 0.1 M PBS containing 0.1 M K₂S₂O₈. PMT = 800 V. b ECL responses of RRGDS-BPQDs/MWNTs/GCE to 1 ´ 10⁶ A549 cells mL⁻¹ pretreated with 0.01, 0.1, 1, 2, 10, 20, 100 and 1000 nM cyclo(RGDyK).

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