PPARα is essential for retinal lipid metabolism and neuronal survival

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Abstract

Background: Peroxisome proliferator activated receptor-alpha (PPARα) is a ubiquitously expressed nuclear receptor. The role of endogenous PPARα in retinal neuronal homeostasis is unknown. Retinal photoreceptors are the highest energy-consuming cells in the body, requiring abundant energy substrates. PPARα is a known regulator of lipid metabolism, and we hypothesized that it may regulate lipid use for oxidative phosphorylation in energetically demanding retinal neurons.

Results: We found that endogenous PPARα is essential for the maintenance and survival of retinal neurons, with Pparα-/- mice developing retinal degeneration first detected at 8 weeks of age. Using extracellular flux analysis, we identified that PPARα mediates retinal utilization of lipids as an energy substrate, and that ablation of PPARα ultimately results in retinal bioenergetic deficiency and neurodegeneration. This may be due to PPARα regulation of lipid transporters, which facilitate the internalization of fatty acids into cell membranes and mitochondria for oxidation and ATP production.

Conclusion: We identify an endogenous role for PPARα in retinal neuronal survival and lipid metabolism, and furthermore underscore the importance of fatty acid oxidation in photoreceptor survival. We also suggest PPARα as a putative therapeutic target for age-related macular degeneration, which may be due in part to decreased mitochondrial efficiency and subsequent energetic deficits.

Keywords: Age-related macular degeneration, Retina, Neurodegeneration, Retinal energy metabolism, Mitochondria, Lipids, Fatty acid oxidation

Background

In order to transduce light signals, photoreceptors must maintain a steep membrane gradient that constantly fluctuates in response to light stimuli, which is energetically demanding [1]. Photoreceptor mitochondria therefore function at full capacity with a limited respiratory reserve, and require abundant energy substrates and oxygen [2]. Fuel shortages or impairment of mitochondrial function are therefore detrimental to photoreceptor survival, and quickly result in neurodegeneration. Accordingly, mitochondrial dysfunction has been linked to a litany of retinal diseases, including age-related macular degeneration, diabetic retinopathy, macular telangiectasia and, potentially, retinal degenerations [3]. Further, a growing body of evidence suggests that neurodegenerative diseases of the brain and peripheral nervous system may also have a metabolic root [4, 5]. It is therefore imperative to further the understanding of neuronal energy metabolism such that additional therapeutics targeting metabolic dysregulation can be developed.

Age-related macular degeneration (AMD) is characterized by degeneration of the neural retina and retinal pigment epithelium with subsequent compensatory but ultimately pathological neovascularization in advanced stages. This response may be due in part to mitochondrial dysfunction with aging and subsequent decreased ATP production in photoreceptors [3, 6]. Previous dogma suggested that retinal...
neurons rely exclusively on glucose as a fuel source [1], but a recent study identified that retinal neurons use both glucose and lipids for ATP production [7]. However, because lipid use in retinal neurons is newly identified, the mediators of retinal fatty acid oxidation (FAO) are currently unknown. Here we identify a central role for peroxisome proliferator activated receptor-alpha (PPARα) in retinal FAO, and furthermore demonstrate that FAO is crucial for the maintenance and survival of retinal neurons in physiological conditions.

Although PPARα activation has therapeutic effects in neurodegenerative conditions [8], its endogenous role in neuronal homeostasis and survival is incompletely understood. PPARα is a regulator of FAO, activating transcription of mitochondrial and cell membrane lipid transporters as well as FAO enzymes [9]. We find that Ppara-/- retinas have impaired use of lipids as an oxidizable substrate for ATP production, which may be due to changes in the transcriptional regulation of mitochondrial lipid transporters important for FAO and/or mitochondrial FAO enzymes. To compensate for decreased lipid use, Ppara-/- retinas use more glycolytic products for oxidative phosphorylation, but ultimately develop bioenergetic insufficiency and subsequent neurodegeneration.

Lipids and glucose are both important retinal energy substrates. Lipid oxidation in peroxisomes and mitochondria occurs through FAO, yielding acetyl-CoA for the citric acid cycle and reducing equivalents for the electron transport chain. Glucose is catabolized to pyruvate through glycolysis, which is then converted to lactate, or to acetyl-CoA for the citric acid cycle. Recent studies have suggested that lipids are used for oxidative phosphorylation by retinal neurons, while most glucose is converted to lactate through aerobic glycolysis [7]. However, the regulation of FAO and preferential, context-dependent use of each substrate remain incompletely understood. Our findings also suggest that lipids are used for oxidative phosphorylation in normal conditions and that pyruvate may be more readily used as an oxidizable substrate under the stress of impaired FAO, such as in Ppara-/- retinas. These findings further underscore the importance of lipids as oxidizable substrates for ATP production in retinal neurons, and contribute to the basic understanding of retinal energy metabolism.

Together, these findings identify a central role for PPARα in lipid metabolism and retinal neuronal survival, and further delineate retinal metabolic flux. They also suggest PPARα as a new therapeutic target for neurodegenerative diseases of metabolic origin, including AMD, a leading cause of blindness in the elderly [10], and potentially in retinal degenerations [11].

Results
Essential role of endogenous PPARα in neuronal survival
Serial electroretinogram (ERG) recordings demonstrated that retinal function declined in Ppara-/- mice relative to wild-type (WT) C57Bl6/J mice (Fig. 1a). The rod A-wave declined first and was the most significantly decreased, suggesting that rod photoreceptors were the most significantly affected cell type. The murine retina is rod-dominant [12] and PPARα is highly expressed in photoreceptors [7], so these findings were consistent with prior observations. Total retinal thickness declined progressively with age in Ppara-/- mice as demonstrated by optical coherence tomography (OCT) (Fig. 1b). Consistent with prior observations, ERG response declined in C57Bl6/J WT mice with age, while total retinal thickness remained unchanged (Fig. 1a, b), suggesting that the ERG decline in WT mice was unrelated to retinal degeneration, but rather might have been due to increased resistance of retinal neurons to electrical stimulus in WT mice, as suggested previously [13]. Total retinal apoptosis was unchanged at 4 weeks of age in Ppara-/- animals, but increased at 8, 18, and 40 weeks of age (Fig. 1c), which in combination with a progressive decline in retinal function and retinal thickness suggested persistent neurodegeneration in the absence of PPARα. We injected PPARα-expressing adenovirus intravitreally in 4-week-old Ppara-/- animals to selectively restore expression of PPARα in retinal neurons, and found that at 8 weeks of age, retinal apoptosis was significantly decreased in Ppara-/- animals injected with PPARα-expressing adenovirus relative to those injected with GFP-expressing adenovirus (Additional file 1: Figure S1F). This suggested that loss of PPARα in retinal neurons was operational in the observed neurodegenerative phenotype. Glial fibrillary acidic protein (GFAP) levels were increased in Ppara-/- retinas, suggesting retinal gliosis (Fig. 1d). Consistent with prior findings, we observed a 45 kDa isoform of GFAP after 15 weeks of age [14], which was also elevated in Ppara-/- retinas (Additional file 2: Figure S2D). In very low density lipoprotein receptor knockout (Vldlr-/-) mice, a neurodegenerative neovascular model with some characteristics of neovascular AMD, including photoreceptor energy insufficiency [7, 15], treatment with PPARα agonist fenofibric acid decreased total retinal apoptosis (Fig. 1e). Taken together, these findings suggest that endogenous PPARα is essential for retinal neuronal survival under normal conditions, and that PPARα activation protects against retinal degeneration in an AMD-like model with photoreceptor energy deficits.

Decreased vascular density in Ppara-/- retinas
Energetically demanding photoreceptors dictate vascular outgrowth to ensure that metabolic needs are met [7]. At 40 weeks of age, vascular density in the superficial and deep vascular plexuses was decreased in Ppara-/- retinas, as demonstrated by decreased total vascular length (Fig. 2c), decreased number of vascular junctions (Fig. 2d), and decreased number of vascular meshes in
the deep vascular plexus (Fig. 2e). We suggest that the decreased number and metabolic activity of retinal neurons may dictate the survival of retinal blood vessels in Pparα−/− retinas. Neurodegeneration is first detectable by 8 weeks of age in Pparα−/− retinas (Fig. 1c). Consistent with retinal neurons controlling vascular survival, vascular density was modestly decreased in 8-week-old Pparα−/− retinas, particularly in the central retina, which is the highest energy-consuming region of the retina (Additional file 3: Figure S3). Importantly, we have previously demonstrated that hypoxic signaling is not activated in Pparα−/− retinas under normal conditions [16], suggesting that the relatively subtle decreases of vascular density are not sufficient to induce neuronal ischemia. Other hallmarks of vascular dysfunction, such as vascular hyperpermeability, formation of acellular capillaries, and leukostasis, are also unchanged in Pparα−/− retinas under normal conditions [17]. We have also previously identified that PPARα is most highly expressed in photoreceptors [7]. Together, these findings suggest that the relatively subtle decreases in vascular density are unlikely to be operative in the robust neurodegenerative phenotype, but are rather likely secondary to decreased neuronal energetic demand due to decreased metabolic rates and loss of retinal neurons.

Role of PPARα in retinal lipid metabolism

These findings prompted us to explore the role of PPARα in retinal energy metabolism. Therefore, we first examined FAO in WT and Pparα−/− retinas. To ensure that any changes in substrate use were not secondary to neurodegeneration, we used 4-week-old animals, prior to the onset of neurodegeneration in Pparα−/− retinas (Fig. 1c). In WT retinas, fatty acid palmitate increased oxygen consumption rate (OCR) (Fig. 3a, b), which was reversed by the carnitine palmitoyltransferase 1A (Cpt1a)
inhibitor etomoxir (Additional file 4: Figure S4A, B), suggesting that lipid is used for oxidative phosphorylation by WT retinas. In contrast, palmitate did not increase OCR in Ppar\(\alpha\)^{-/-} retinas (Fig. 3c, d), which was not affected by etomoxir (Additional file 4: Figure S4C, D), suggesting that lipid is not used for oxidative phosphorylation in the absence of PPAR\(\alpha\). Further, oral administration of the PPAR\(\alpha\) agonist fenofibrate for 4 weeks prior to tissue harvest increased oxygen consumption in isolated rat retinal mitochondria provided with lipid palmitoylcarnitine as an oxidizable substrate, suggesting that PPAR\(\alpha\) activation increased FAO (Fig. 3e, f). PPAR\(\alpha\) regulates FAO by activating transcription of lipid transporter and FAO target genes [9]. We measured RNA levels of a panel of lipid transporters and FAO enzymes in 4-week-old WT and Ppar\(\alpha\)^{-/-} retinas, and found reductions in lipid transporter Cpt1A, which is considered the rate limiting enzyme for FAO, fatty acid binding protein 3 (Fabp3), and solute carrier 25a20 (Slc25a20) (Fig. 3g). RNA levels of most FAO enzymes were unaffected by PPAR\(\alpha\) ablation (Additional file 4: Figure S4E), with the exception of acetyl-CoA acyltransferase 2 (Acaa2) and medium-chain acetyl-CoA dehydrogenase (Acadm), which were decreased in Ppar\(\alpha\)^{-/-} retinas (Fig. 3g). Taken together, these findings suggest that PPAR\(\alpha\) is essential for retinal utilization of lipids for ATP production, which is regulated by transcription of lipid-metabolizing PPAR\(\alpha\) target genes, including lipid transporters and FAO enzymes.

Compensatory use of glycolytic products for oxidative phosphorylation in Ppar\(\alpha\)^{-/-} retinas

To further explore PPAR\(\alpha\)’s role in retinal energy metabolism, we examined whether PPAR\(\alpha\) loss affected the use of glycolytic products for oxidative metabolism. Prior findings demonstrated that in normal conditions, the majority of glucose is converted to lactate through aerobic glycolysis in the retina [7]. We hypothesized that Ppar\(\alpha\)^{-/-} retinas may compensate for impaired FAO by using more glycolytic products for oxidative phosphorylation, and thus measured oxygen consumption in response to pyruvate, the primary glycolytic product used to generate acetyl-CoA for aerobic respiration. In WT retinas, increasing pyruvate (5 mM vs. 0.5 mM) did not affect maximal OCR (Fig. 4a, b), supporting the notion that pyruvate is not readily used for oxidative phosphorylation in WT retinas [7]. In contrast, pyruvate significantly increased maximal OCR in Ppar\(\alpha\)^{-/-} retinas (Fig. 4b, c), suggesting that glycolytic products are more readily used for oxidative phosphorylation in the absence of PPAR\(\alpha\). Oral administration of the PPAR\(\alpha\) agonist fenofibrate in WT animals prior to tissue harvest did not affect OCR in isolated retinal mitochondria provided with pyruvate as an oxidizable substrate (Fig. 4e, Additional file 5: Figure S2E).

**Fig. 2** Decreased vascular density in Ppar\(\alpha\)^{-/-} retinas. a Representative images of isolectin-labeled microvessels in retinal wholemount and single fields of superficial and deep vascular plexuses of WT and Ppar\(\alpha\)^{-/-} retinas. b Decreased total vessel length in superficial and deep vascular plexuses of Ppar\(\alpha\)^{-/-} retinas. c Decreased number of meshes in deep vascular plexus of Ppar\(\alpha\)^{-/-} retinas (adult retinas do not have meshing in the superficial plexus) (WT, n = 7; Ppar\(\alpha\)^{-/-}, n = 8 retinas). *P ≤ 0.05; **P ≤ 0.01; ***P ≤ 0.001; ****P ≤ 0.0001, Student’s t-test.
Figure S5), suggesting that increased use of pyruvate in Ppara−/− retinas is a compensatory effect, and is not directly regulated by PPARα.

**Impaired mitochondrial function in Ppara−/− retinas**

We next characterized retinal mitochondrial activity in Ppara−/− mice after the onset of retinal degeneration. At 8 weeks of age, basal and maximal retinal OCR were significantly decreased in Ppara−/− retinas when long-chain fatty acid palmitate (Palm) was provided, suggesting that Palm is used as an oxidizable substrate in normal conditions (BSA, n = 12; Palm, n = 11). d) Retinal OCR was unaffected by Palm in Ppara−/− retinas, suggesting that retinal use of lipid as an oxidizable substrate is impaired in the absence of PPARα (BSA, n = 9; Palm, n = 12). e) Oral administration of PPARα agonist fenofibrate (Feno) for 1 month prior to tissue harvest increased oxygen consumption in isolated rat retinal mitochondria (mitos) provided with lipid palmitoylcarnitine (PC) as an oxidizable substrate (n = 4). g) RNA levels of lipid transporters and fatty acid oxidation (FAO) enzymes were decreased in Ppara−/− retinas (n = 5/genotype). *P ≤ 0.05; **P ≤ 0.01; ***P ≤ 0.001, unpaired two-tailed Student’s t test.
precursor cells (Additional file 6: Figure S6C, D). Oxidation of exogenous NADH, reflective of electron transport chain activity, was decreased in Ppara−/− retinas relative to WT (Fig. 5e). Addition of electron transport chain inhibitor rotenone to the assay inhibited NADH oxidation by more than 10-fold and normalized NADH oxidation in Ppara−/− retinas relative to WT (Additional file 6: Figure S6E). Further, in Vldlr−/− retinas, NADH oxidation was similarly decreased, and restored by systemic treatment with PPARα agonist fenofibric acid (Fig. 5f), suggesting that PPARα activation increased retinal energy efficiency in an AMD-like model. Transmission electron microscopy (TEM) revealed that photoreceptor mitochondrial morphology in Ppara−/− retinas was consistent with mitochondria in the orthodox (less active) state relative to WT mitochondria, which displayed an active, compressed morphology [18], as supported by our enzymatic analysis (Fig. 5g). However, we subsequently identified that electron transport chain and Krebs cycle proteins were unchanged in Ppara−/− retinas (Additional file 7: Figure S7D, E), suggesting that the abundance of retinal mitochondria was unlikely to be changed, and that the observed functional and morphologic changes were likely due to the established deficits in substrate use.

Proteomic analysis of Ppara−/− retinas
To take an unbiased approach towards identifying metabolic pathways responsible for PPARα regulation of retinal energy metabolism, we utilized a multiplexed quantitative proteomics mass spectrometry method to measure retinal levels of lipid transporters and enzymes essential for FAO, glycolysis, the citric acid cycle, the electron transport chain, and antioxidant enzymes [19] in Ppara−/− retinas at 40 weeks of age. Consistent with earlier RNA analysis, lipid transporters Cpt1a, Fapb3, and Slc25a20 were significantly decreased in Ppara−/− retinas (Fig. 6b). Glycolytic enzymes were up-regulated in Ppara−/− retinas (Fig. 6c, Additional file 7: Figure S7C), which may partially compensate for the inability to utilize lipid as a fuel source. Most FAO enzymes were unchanged in Ppara−/− retinas, with the exception of hydroxy-CoA dehydrogenase (Hadh), which was up-regulated by PPARα ablation, potentially also as a compensatory response to decreased overall lipid use (Additional file 7: Figure S7C), which may partially compensate for the inability to utilize lipid as a fuel source. Most FAO enzymes were unchanged in Ppara−/− retinas, with the exception of hydroxy-CoA dehydrogenase (Hadh), which was up-regulated by PPARα ablation, potentially also as a compensatory response to decreased overall lipid use (Additional file 7: Figure S7C), which may partially compensate for the inability to utilize lipid as a fuel source. 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potentially as a result of decreased mitochondrial efficiency. However, the most significantly upregulated antioxidant enzymes at 40 weeks of age were unchanged in 4-week-old Pparα−/− retinas (Additional file 8: Figure S8), suggesting that oxidative stress may not be responsible for neurodegeneration but is rather a byproduct of prolonged mitochondrial dysfunction occurring after the onset of neurodegeneration.

**Discussion**

The retina has high metabolic demands requiring abundant energy substrates, and the ability to utilize lipids as a fuel source may confer a survival advantage. Lipids yield more ATP than glucose when used as an oxidizable substrate [20]. Lipid use may also support continued ATP production during hypoglycemic fasting periods, when fatty acids released from adipose tissue can be used in lieu of glucose for energy production [21].

Interestingly, our recent study identified that in the retina, the majority of glucose is converted to lactate through aerobic glycolysis, and that lipids are the predominant substrate for oxidative phosphorylation [7]. This is supported by our current findings, which demonstrate that WT retinas readily use lipids for oxidative phosphorylation, and that pyruvate, the primary glycolytic product used as a substrate for oxidative phosphorylation, did not affect mitochondrial respiration. In contrast, use of lipids for oxidative phosphorylation was impaired in Pparα−/− retinas, while pyruvate was more readily used, potentially in a compensatory effect. The relative roles of glucose versus lipid metabolism in the retina and preferential, context-dependent use of each substrate is incompletely understood. In this study, we underscore the importance of lipids for oxidative metabolism, finding that impaired lipid use results in the compensatory use of pyruvate, and ultimately in retinal energy insufficiency and subsequent neurodegeneration. This suggests that under stress conditions, retinal neurons are able to use pyruvate for oxidative phosphorylation, but preferentially use lipids under normal conditions.

Vldlr−/− mice are deficient in both glucose and lipid uptake [7], while Pparα−/− mice are deficient in FAO but not glucose metabolism. Vldlr−/− and Pparα−/− mice had an equivalent decrease in NADH-linked respiration (Fig. 5e, f), suggesting similar rates of oxidative phosphorylation, which
support the notion that lipids are an important substrate for oxidative phosphorylation in the retina. However, \( \text{Vldlr}^{-/-} \) mice develop both neurodegeneration and pathological neovascularization [7, 15], while \( \text{Ppara}^{-/-} \) mice undergo neurodegeneration similar to \( \text{Vldlr}^{-/-} \) mice (Fig. 1c, e), but do not develop neovascular lesions [22]. These findings potentially suggest that there may be different roles for glucose and lipid metabolism in neuronal survival and neovascularization, or that neovascularization results from the extreme stress of both lipid and glucose deficiency in retinal neurons. The relative role of glucose versus lipid metabolism in the retina and in retinal disease states is an important topic of future investigation.

Paradoxically, although \( \text{Ppara}^{-/-} \) mice do not develop neovascularization or vascular hyperpermeability characteristic of neovascular eye disease, PPARα activation alleviates neovascularization in \( \text{Vldlr}^{-/-} \) mice and in ischemic proliferative retinopathy [7, 17, 22]. Further, \( \text{Ppara}^{-/-} \) mice have increased retinal microvascular dysfunction in diabetic conditions [22]. This suggests that although PPARα does not suppress neovascularization in normal conditions, it suppresses it in pathological conditions, perhaps by improving retinal energy efficiency. We have also previously demonstrated that PPARα suppresses pathological Wnt signaling in diabetic and ischemic retinopathies [22], but found that expression of Wnt target genes was unchanged in \( \text{Ppara}^{-/-} \) retinas (Additional file 9: Figure S9). This further suggests context-dependent roles for PPARα.

Metabolic dysfunction and resultant bioenergetic aberrations are now recognized as a factor in many aging-related neurodegenerative conditions. AMD is associated with mitochondrial dysfunction and energy deficiency [3, 6]. Impaired cholesterol metabolism may contribute to formation of senile plaques and neurofibrillary tangles in Alzheimer’s disease [4], and metabolic dysregulation has been linked to Parkinson’s disease [5]. Mitochondrial dysfunction in neurodegenerative disease may result in impaired ATP production, and may also increase mitochondrial generation of reactive oxygen species or initiate mitochondrial apoptosis [23]. We demonstrated here that PPARα activation improves mitochondrial efficiency and utilization of lipids as an energy source, which may therefore alleviate aging-related mitochondrial dysfunction. PPARα agonists are in common clinical use and are well-tolerated, and may therefore be an effective therapeutic approach for age-related neurodegeneration occurring secondary to metabolic dysregulation.

**Conclusions**

Here we revealed a new role for endogenous PPARα in retinal neuronal energy metabolism, and demonstrated that utilization of lipids as a fuel source is critical to the survival of retinal neurons. These findings have three major implications: (i) PPARα is essential for retinal neuronal survival and lipid metabolism in physiological conditions; (ii) PPARα activation increases retinal energy efficiency and utilization of lipids as an energy substrate (iii) PPARα may be a new therapeutic target for AMD and other neurodegenerative conditions of metabolic origin. This work advances basic understanding of retinal energy metabolism and has significant translational potential.

**Methods**

**Experimental animals**

Mice: C57Bl/6 J, \( \text{Ppara}^{-/-} \), and \( \text{Vldlr}^{-/-} \) mice were originally purchased from Jackson Laboratories (Bar Harbor, ME, USA). Both \( \text{Ppara}^{-/-} \) and \( \text{Vldlr}^{-/-} \) mice were global deletions. Experimental animals were bred in-house. For all experiments, animals were maintained on a 12-hour light-dark cycle on a standard laboratory rodent diet (Purina 5053). Four-week-old WT and \( \text{Ppara}^{-/-} \) mice were injected with either GFP- or PPARα-expressing adenovirus (1 μL of 2.52 × 10^9 vector particles/mL) 4 weeks prior to sacrifice. \( \text{Vldlr}^{-/-} \) mice and WT controls were injected intraperitoneally with 20 mg/kg fenofibrate acid (AK Scientific, Union City, CA, USA) daily for 2 weeks prior to sacrifice. For terminal studies, animals were euthanized with carbon dioxide asphyxiation, 200 mg/kg pentobarbital (Virbac, Ft. Worth, TX, USA) or 300/60 mg/kg ketamine/xylazine (Virbac) as specified for each assay.

Rats: Sprague–Dawley rats were purchased from Charles River Laboratories (Wilmington, MA, USA) at 8 weeks of age and maintained on a 12-hour light-dark cycle. Rats were fed with control or fenofibrate-containing chow (Purina 5053) for 1 month prior to the experimental endpoint. Fenofibrate was purchased from Sigma-Aldrich (St. Louis, MO, USA) and blended homogenously with chow for a final dose of 20 mg/kg fenofibrate per day (Test Diet, Ft. Worth, TX, USA). Rats were euthanized with 200 mg/kg pentobarbital.

**Electroretinograms (ERGs)**

ERG recordings were conducted in WT and \( \text{Ppara}^{-/-} \) mice at 7, 9, 11, 26, and 52 weeks of age as described previously [15]. Briefly, mice were dark-adapted at least 12 hours prior to the procedure, and were then anesthetized with an 85/12 mg/mL ketamine/xylazine mixture. Pupils were dilated with Atropine (Alcon Laboratories, Ft. Worth, TX, USA) just prior to the procedure. ERG responses were recorded with a platinum needle electrode placed on the corneal surface, a reference electrode placed at the nasal fornix, and a ground electrode on the foot. Fourteen responses to a light stimulus of 10 mSec with flash intervals of 20 sec were recorded. For quantitative analyses, the B-wave amplitude was measured between A- and B-wave peaks. N is expressed as number of animals per genotype, per time point.
Optical coherence tomography (OCT)

OCT was used to measure total retinal thickness in WT and Ppara−/− mice at 13, 28, and 60 weeks of age. Mice were anesthetized and pupils dilated as described above. OCT images were taken using an Envisu R2000 imaging system (Bioptron, Durham, NC, USA). Retinal scans were collected from both eyes of each mouse; 3–4 en face scans were collected from each retina, with each en face scan consisting of 100 B-scans and 1000 A-scans per B-scan. Total retinal thickness was measured using the manual digital caliper feature in the Envisu software, and was measured as the distance from the inner retinal nerve fiber layer to the outer retinal pigment epithelial layer. Measurements were made at 0°, 90°, 180°, and 270° on each retina at a radius of 500 μm. The 0° measurement on “OD” images and the 180° measurement on “OS” images were used for the temporal quadrant, and the opposite measurements were used for the nasal quadrant. N is expressed as number of animals per genotype, per time point.

Cell death ELISA

A DNA fragmentation ELISA (Cell Death Detection ELISA; Roche Applied Science, Indianapolis, IN, USA) was used to quantify total retinal apoptosis in WT and Ppara−/− mice at 4, 8, 18 and 40 weeks of age and in 11-week-old WT and Vldlr−/− mice ± fenofibric acid as described previously [16, 24]. Mice were euthanized with carbon dioxide asphyxiation and retinas quickly excised. Retinas were homogenized in lysis buffer, incubated 30 minutes at room temperature, and spun down to generate a cytosplastic fraction. The cytoplasmic fraction was then subjected to ELISA analysis as per the manufacturer’s protocol, and relative fragmentation was expressed as OD (405/490 nm) normalized by total protein content as measured by RC/DC assay (Biorad, Hercules, CA, USA) OD (750 nm). N is expressed as number of retinas per genotype, per time point.

Western blotting

Western blotting was used to measure retinal GFAP levels in WT and Ppara−/− mice at 8, 15, and 40 weeks of age as described previously [25]. Mice were euthanized with carbon dioxide asphyxiation and retinas were snap-frozen in liquid nitrogen. One retina per animal was homogenized in Holt’s lysis buffer, and 10 μg of protein were resolved by SDS-PAGE and transferred to a nitrocellulose membrane. Membranes were probed with GFAP antibody (Sigma; Cat # G3893; RRID AB_477010) and subsequently reprobed with HRP-conjugated β-actin (Santa Cruz Biotechnology, Santa Cruz, CA, USA; Cat # sc-47778 HRP; RRID AB_2714189). Band density was quantified using Alpha Imager software (San Jose, CA, USA). N is expressed as number of retinas per genotype, per time point.

Isolectin staining, flatmount, and vascular density quantification

To image retinal vasculature in WT and Ppara−/− mice, isoclectin staining was used as described previously [26]. Mice were euthanized with carbon dioxide asphyxiation and whole eyes were fixed in 4% paraformaldehyde for 1 hour and washed with PBS for 10 minutes, three times. Retinas were then dissected and penetrated with 70% ice-cold ethanol at room temperature for 30 minutes, and subsequently penetrated in 1% TBPS (Triton X-100) for 1 hour at room temperature. Retinas were then stained with fluorescent Griffonia simplicifolia isoclectin B4 (Invitrogen, Carlsbad, CA, USA) overnight. The stained retinas were washed in three times in PBS for 30 minutes, and subsequently flat-mounted in glycerol media for fluorescent imaging.

To quantify vascular density, single fields of the superficial and deep vascular plexuses in the central and peripheral retina (four fields per retina, one field per quadrant) were imaged at 200× magnification (dimensions: 1388 × 1040). Prior to analysis, the background of each image was selected and cropped manually in Image J using the freehand tool. The background color was set as black. The image was converted to 8 bit before using “Analyze HUVEC Flow” in the Angiogenesis Analyzer tool for ImageJ. Total vessel length per field, number of junctions per field, and number of meshes per field were used as parameters for the evaluation of retinal vascular network. N is expressed as the number of retinas quantified per genotype, per time point.

Fatty acid oxidative capacity

To measure fatty acid oxidative capacity of WT and Ppara−/− retinas, oxygen consumption rates after addition of fatty acid BSA-conjugated palmitate or BSA vehicle were measured using a Seahorse XF96 Flux Analyzer® as described previously [7], with minor modifications. Mice were euthanized with ketamine/xylazine, whole retinas were isolated and 1 mm punch biopsies were loaded into a 96-well spheroid plate. Retinal punchs were incubated in assay media consisting of DMEM 5030 supplemented with 20 mM glucose, 5 mM pyruvate, 2 mM glutamine, 10 mM HEPES, and 0.5 mM carnitine (Sigma), and 30 μL BSA-conjugated palmitate or BSA vehicle control (Seahorse/Agilent, Santa Clara, CA) were added to a final concentration of 168 μM just prior to commencing the assay. The Seahorse XF Mito Stress Test Kit® was used to assess mitochondrial respiration as described in the manufacturer’s protocol with minor modifications. Oligomycin was injected in Port A to a final concentration of 3 μM, trifluoromethoxyphenylhydrazone (FCCP) was injected in Ports B and C to a final concentration of 1.5 μM, and
rotenone/antimycin A (RAA) was injected in Port D to a final concentration of 4 μM rotenone/4 μM antimycin A. Basal respiration was calculated by subtracting non-mitochondrial respiration (rate after injection of RAA) from the basal rate. Maximal respiration was calculated by subtracting non-mitochondrial respiration from the rate after injection of FCCP. Fold change in basal and maximal respiratory rates was calculated by dividing basal and maximal rates of palmitate-treated punches by that of BSA-treated punches. To determine if increased OCR in palmitate-treated retinas was due to fatty acid oxidation, control punches were treated with 40 μM Cpt1a inhibitor etomoxir (Sigma) or vehicle control for 1 hour prior to commencing the assay. N is expressed as the number of retinal punches per treatment group.

**Pyruvate oxidative capacity**

To determine whether pyruvate was used as an oxidizable substrate in WT and Pparaα−/− retinas, the retinal OCR was measured after addition of pyruvate using a Seahorse XFe96 Flux Analyzer. Mice were euthanized with ketamine/xylazine, whole retinas were isolated and 1 mm punch biopsies were loaded into a 96-well spheroid plate. Retinal punches were incubated in assay media consisting of DMEM 5030 supplemented with 5 mM glucose, 0.5 mM pyruvate, 2 mM glutamine, and 10 mM HEPES. Assay media (vehicle) control or high-pyruvate-containing assay media were injected into port A to a final concentration of 5 mM pyruvate in pyruvate-injected punches, and 0.5 mM pyruvate in vehicle-injected punches. Oligomycin was injected into port B to a final concentration of 1 μM, FCCP was injected into port C to a final concentration of 2 μM, and RAA was injected in Port D to a final concentration of 2 μM rotenone/2 μM antimycin A. Maximal respiration was calculated by subtracting non-mitochondrial respiration from the rate after injection of FCCP. Fold change in maximal respiratory rate was calculated by dividing the maximal rate of pyruvate-injected punches by that of vehicle-injected punches for both genotypes. N is expressed as the number of retinal punches per treatment group.

**Isolation of retinal mitochondria**

Retinal mitochondria were isolated as described previously [27] with minor modifications from rats fed fenofibrate (20 mg/kg) or vehicle 1 month prior to sacrifice. Rats were euthanized with pentobarbital. Retinas were rapidly excised and homogenized in 5-mL ice-cold buffer A (210 mM mannitol, 70 mM sucrose, 1.0 mM EDTA, 5.0 mM MOPS, pH 7.4) with four retinas per preparation. Retinas were then subjected to five passes with a motor-driven Potter–Elvehjem tissue grinder and spun at 500 g for 5 min at 4 °C. The supernatant was subsequently collected and passed through a cheesecloth, then spun again at 500 g for 10 min. The resultant mitochondrial pellet was resuspended in 40 μL of buffer A and protein concentration determined by BCA assay (Pierce, Green Island, NY, USA) according to the manufacturer’s protocol.

**Mitochondrial respiration in isolated mitochondria**

Mitochondrial respiration was measured in retinal mitochondria from rats fed fenofibrate or vehicle as described previously [27]. Mitochondria were diluted to 0.25 mg/mL in buffer B (210 mM mannitol, 70 mM sucrose, 5.0 mM KH2PO4, and 10 mM MOPS, pH 7.4) containing either 0.1 mM pyruvate/1.0 mM malate or 30 μM palmitoylcarnitine/0.1 mM malate/0.5 mg/mL BSA. Respiration was measured at 20 °C using a fiber optic oxygen measurement system that employs the fluorescence lifetime technique (Instech, Plymouth Meeting, PA, USA). State 3 respiration was initiated by addition of 0.5 mM ADP (Sigma). N is expressed as the number of mitochondrial preparations per treatment group, with four retinas per preparation.

**Mitochondrial respiration in intact retinas**

To determine whether mitochondrial respiration was changed in WT and Pparaα−/− retinas after onset of neurodegeneration, retinal oxygen consumption rate (OCR) was measured in 8- and 12-week-old retinas using a Seahorse XFe96 Flux Analyzer. Mice were euthanized with ketamine/xylazine, whole retinas were isolated and 1 mm punch biopsies were loaded into a 96-well spheroid plate. Retinal punches were incubated in assay media consisting of DMEM 5030 supplemented with 12 mM glucose, 5 mM pyruvate, 2 mM glutamine and 10 mM HEPES. Oligomycin was injected into port A to a final concentration of 2 μM, FCCP was injected into port B and C to a final concentration of 1 μM, and Rotenone/Antimycin A (RAA) was injected in Port D to a final concentration of 2 μM rotenone/2 μM Antimycin A. Basal respiration was calculated by subtracting non-mitochondrial respiration from the basal rate prior to injection of Oligomycin. Maximal respiration was calculated by subtracting non-mitochondrial respiration from the rate after injection of FCCP. N is expressed as the number of retinal punches per treatment group.

**Adenovirus preparation**

PPARα-expressing adenovirus was generated previously [17]. Ad-GFP prepared previously was used as a control. Preparation, amplification, and titration of the recombinant adenoviruses was performed as described previously [28, 29].

**In vitro PPARα knockdown and extracellular flux analysis**

R28 rod precursor cells were a kind gift of Dr. Gail Seigel [30]. Cells were cultured in Dulbecco’s modified
Eagle’s medium (DMEM) containing 1 mM D-glucose, 10% heat-inactivated fetal bovine serum (FBS; Cellgro, Manassas, VA, USA) and 1% antibiotic-antimycotic solution (Cellgro).

**Transfection**

Smartpool siRNA (Dharmacon, Lafayette, CO, USA) targeting rat PPARα or scrambled control was delivered into R28 cells by Hiperfect (Qiagen) by reverse transfection following the manufacturer’s protocol. Briefly, 5000 or 120000 R28 cells/well were seeded in an Agilent Seahorse XF96 cell culture microplate or a 12-well plate, respectively. At the same time, cells received 50nM siRNA diluent mixed with Hiperfect. Forty-eight hours after transfection, knockdown efficiency was detected by real-time PCR and oxygen consumption rate was measured using a Seahorse XFe96 Flux Analyzer®.

**Seahorse extracellular flux analysis**

Forty-eight hours after transfection, oxygen consumption rates were measured using a Seahorse XFe96 Flux Analyzer® following the manufacturer’s protocol. Oligomycin was injected into port A to a final concentration of 2 μM, FCCP was injected into port B to a final concentration of 6 μM, and Rotenone/Antimycin A (RAA) was injected in Port C to a final concentration of 4 μM rotenone/4 μM Antimycin A. Maximal respiration was calculated by subtracting non-mitochondrial respiration from the rate after injection of FCCP. After measurement of oxygen consumption rates, cells were lysed in 30 μl 1X SDS loading buffer. The lysate was resolved by SDS-PAGE and transferred to a nitrocellulose membrane. Membranes were probed with HRP-conjugated anti-β-Actin (Santa Cruz Biotechnology). Band density was quantified using Image J. OCR data was normalized by the density of β-Actin. N is expressed as the number of wells per treatment group.

**NADH oxidation assay**

To quantify mitochondrial NADH-linked respiration, the consumption of exogenously added NADH was measured spectrophotometrically in WT vs. Ppara−/− retinas and in WT and Vldlr−/− retinas ± fenofibrate acid as described previously [31] with minor modifications. Animals were euthanized with pentobarbital, and retinas rapidly excised and snap-frozen in liquid nitrogen. Retinas were homogenized in 250 μL 25 mM MOPS/1 mM EDTA pH 7.4 and sonicated. Prior to the reaction, retinal homogenates were diluted 1:20 in assay buffer (25 mM MOPS/10 mM KCl, pH 7.4). Exogenous NADH (100 μM; Sigma) was added and its oxidation rate monitored spectrophotometrically at 340 nm. Protein concentration of retinal homogenates was measured using a BCA assay as described above. Data are expressed as ratio of nmol NADH consumed per minute per mg of total retinal protein in control versus experimental group. To verify that observed changes in NADH consumption were due to NADH-linked respiration, complex I inhibitor rotenone (3.5 μM; Sigma) was added to the reaction described above. All assays were performed at room temperature. N is expressed as the number of retinas per genotype, per time point.

**Reverse transcription and quantitative real-time PCR**

Lipid transporter and FAO enzyme RNA levels were measured in WT vs. Ppara−/− retinas using quantitative real-time PCR (qRT-PCR) as described previously [7], with minor modifications. Briefly, mice were euthanized with carbon dioxide asphyxiation and retinal RNA was isolated using a Qiazol (Qiagen, Valencia, CA, USA) extraction, purified using a PureLink® RNA Mini Kit (Qiagen) and treated with DNase I (Qiagen) to remove contaminating genomic DNA. DNase-treated RNA was then converted into cDNA using iScript® reverse transcriptase (BioRad, Hercules, CA, USA). PCR primers for target genes and housekeeping gene β-actin were designed using NCBI Primer Blast and OligoCalc software. Primer sequences are shown in Table 1. Quantitative analysis of gene expression was conducted using a BioRad CFX96® system with a SYBR Green Master Mix kit (BioTools, Jupiter, FL, USA) and target gene expression was calculated relative to β-actin using the ΔΔCT method. For in vivo studies, N is expressed as the number of retinas per genotype. For in vitro studies, N is expressed as the number of wells per group.

**Transmission electron microscopy (TEM)**

TEM was utilized to compare mitochondrial morphology in WT versus Ppara−/− retinas as described previously [32]. Mice were euthanized with carbon dioxide asphyxiation and perfused with 4% paraformaldehyde for 30 minutes. Eyes were removed and fixed overnight, and retinas subsequently excised. Tissue sections were generated using a microtome (Reichert-Jung Ultracut E Microtome, American Instrument, Haverhill, MA, USA) with a diamond knife. Sections (600–800 Å) were collected on copper 75/300 mesh grids for conventional TEM analysis and stained with 2% uranyl acetate and Reynolds’ lead citrate to examine the morphology of photoreceptor mitochondria. Sections were viewed with a transmission electron microscope (JEOL 100CX; JEOL USA Inc., Peabody, MA, USA) at an acceleration voltage of 50 keV. Digital images were collected and stored on a computer for subsequent viewing and analysis. Three retinas from three separate animals were used for each genotype, and over 100 retinal mitochondria were imaged for each animal.
Mass spectrometry
Mass spectrometry was utilized for targeted quantitative proteomic analysis of metabolic pathways in WT versus \( \text{Ppar}^{\alpha}\)−/− retinas as previously performed albeit with minor modifications [19].

Sample preparation
Mice were euthanized with carbon dioxide asphyxiation and PBS-perfused. Retinas were dissected and snap-frozen in liquid nitrogen. Both retinas from each animal were homogenized in 200 \( \mu \)L Holt’s lysis buffer and sonicated, then spun at 500 g for 5 min at 4 °C, and the supernatant was collected. Protein was quantified using a BioRad detergent compatible kit (Hercules, CA) according to the manufacturer’s protocol. The volume equivalent to 60 \( \mu \)g protein was taken for analysis, and 8 pmol of bovine serum albumin were added as a non-endogenous internal standard. Acetone (1 mL) was added and proteins were precipitated overnight at −20 °C. The resultant pellet was reconstituted in 60 \( \mu \)L of sample loading buffer and a 20 \( \mu \)L aliquot was resolved by short-run gel electrophoresis (1.5 cm into gel), gel-fixed, and stained. Each lane was cut as a single sample, washed, reduced with DTT, alkylated with iodoacetamide, and digested overnight with trypsin. The peptides from the digestion were extracted, evaporated to dryness, and reconstituted in 150 \( \mu \)L 1% acetic acid for analysis.

Table 1  Primer sequences

| Gene      | Forward 5′−3′ | Reverse 5′−3′ |
|-----------|---------------|---------------|
| \( \beta \)-Actin | CGGTCCGATGCCCTGAGCTCTTT | CGTCAACATCTCATGGAAATGGA |
| Cpt1a     | TGGGATCATCAGTGTTTGT | GTCTAGGGGTCCGATCTTCTTG |
| Fabp3     | GTGCGAGCTGATAGCGCGA | TGGCAAGTGGGAGTACGAG |
| Slc25a20  | CTAATGTGCAGGTGGTCGCTTC | GAAGGCTCTCGAAGCTTAAG |
| Acaa2     | GAAACCTTCCTTGGAGCTTACG | CACATGCTTCGCCAGTATAG |
| AcadI     | GCTTGCATCAACATGCAGAG | ATTCGGCAATAGGGGATAG |
| Acadm     | AGTCCGGTCTTCTCTATCA | TACACCCTAGCGCACCTCT |
| Acads     | ACTAGGGCGAAAACAGCAGC | ACTGAGGGCGAAGAACG |
| AcadⅠ     | GGAGGACAGCACCCCTGAGG | AGCGGAGCATCTGGGATTAG |
| Acot13    | TAGAGGAAGGAAGTTGACGGC | GSTGGCTGTCAAGCCTCAG |
| Acox1     | TACCTTCCTACTCAGGAAA | AGTTCCGAAACCAGCAG |
| Acsl1     | CCATCTCCTCCTGGTCC | ACCAGGGTCAGTACTCT |
| Hadha     | GCCCTTTGCGCAGAAGCTGAC | GATAACCATAGGGTCGAG |
| Hmgcs2    | GAAAGAGCGATCGAGAACCA | GTCCAGATATGGCGGCAA |
| Hsd17b4   | GTTCGCGGCCCTTGGAGAGC | TCCGAGAATACCTCAGT |
| Gsta3     | AGGAACAGCAGAACCCCTGAGG | GCTCGATACCTGTCGG |
| Msra      | GTAACACGGGACACCATGTCA | GACCCAGACCTTGCGCAG |
| Prdx5     | CCGATAGCGAGGGAGAGTG | CCTGGCTCAGAGGATCC |
| Prdx6     | TTTCCTGGAGATTCTCGTGGAG | TGGCGATACCTGCTGGA |
| Ppara     | GGTGCATTGCGCTGAACC | AGTCTGCGCTCAGATAG |

LC-tandem mass spectrometry analysis
An Eskigent nanoflow system (Sciex, Framingham, MA, USA) was used for liquid chromatography (LC) and ThermoScientific TSQ Vantage triple quadrupole was used for mass spectrometry (Thermo Scientific, San Jose, CA, USA). A 75 \( \mu \)M × 11 cm column packed with Phenomenex Jupiter C18 was used. Sample aliquots (6 \( \mu \)L) were injected for each analysis. Peptides were eluted with a linear gradient of acetonitrile in water with 0.1% formic acid. For data analysis, the open-source program Skyline (developed by Dr. Michael MacCoss, University of Washington) was used. Total protein responses were calculated as the geometric mean of the abundance of peptides measured for each protein, and normalized to bovine serum albumin (BSA) total protein response. The final abundance of each protein was calculated as pmol/100 \( \mu \)g total protein based on the ratio in relation to BSA and the amount of BSA added, and data were expressed as the amount of protein in experimental groups relative to control.
Additional files

Additional file 1: Figure S1. (A) Multiple intensity electroretinograms confirmed that retinal function was suppressed in 36-week-old Pparα mice relative to wild-type (WT) when multiple flicker durations were utilized (n = 5 mice/genotype). (B) Representative scotopic (rod) electroretinogram traces from a 36-week-old WT mouse at multiple flicker durations. (C) Representative scotopic (rod) electroretinogram traces from a 36-week-old Pparα mouse at multiple flicker durations. (D) Representative photopic electroretinogram trace from a 36-week-old WT mouse. (E) Representative photopic electroretinogram trace from a 36-week-old Pparα mouse. (F) Retinal cell death ELISA demonstrated that intravitreal injection of PPARα-expressing adenosine alleviated retinal apoptosis in 8-week-old Pparα mice (WT ad-GFP n = 5; Pparα- ad-GFP n = 6; Pparα- ad-PPARα n = 7). Data are expressed as mean ± SEM. *P ≤ 0.05; **P ≤ 0.0001; ***P ≤ 0.0001, unpaired Student’s t test. (TIF 21187 kb)

Additional file 2: Figure S2. (A-C) Full gels for immunoblots shown in Fig. 1d. Gels are loaded alternating wild-type (WT) and Pparα retinal lysates of specified ages. Rectangles denote representative bands included in the first panel. (D) At 15 and 40 weeks of age, a 45 kDa isoform of GFAP was present, and was increased in Pparα retinas relative to age-matched WT controls (15 weeks n = 5 retinas/genotype; 40 weeks n = 6 retinas/genotype). **P ≤ 0.001, unpaired two-tailed Student’s t test. Figure S2 pertains to Fig. 1f of the main text. (TIF 24547 kb)

Additional file 3: Figure S3. (A) Heatmap representation and gene symbols of proteins measured by proteomic analysis. Please refer to Additional file 10: Table S1 for full gene names. (B) Fatty acid oxidation enzymes are unchanged in Pparα retinas relative to wild-type with exception of Hadha, which is upregulated. (C) Glycolytic enzymes Hk1, Ldhb, Pfkmn, Pgm2, and Tpi are upregulated in Pparα retinas. (D) Krebs cycle enzymes are unchanged in Pparα retinas. (E) Electron transport chain enzymes are unchanged in Pparα retinas. (F) Antioxidant enzymes Gsta3, Gsn1, Mri, Prdx3, Prdx6, Sod1, and Tmdr1 are upregulated in Pparα retinas. WT n = 6, Pparα n = 4. *P ≤ 0.05; **P ≤ 0.01; ***P ≤ 0.001, two-tailed unpaired Student’s t test. Figure S7 pertains to Fig. 6 of the main text. (TIF 6448 kb)

Additional file 10: Table S1. Genes presented in Figures S4, S7 and S8. (DOCX 124 kb)

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Availability of data and materials
All datasets analyzed are available on the Harvard Dataverse repository: https://dataverse.harvard.edu/dataset.xhtml?persistentId=doi:10.7910/DVN/NOY57G.

Authors’ contributions
EAP, RC, LEHS, and JXM conceived and designed experiments. EAP, RC, YT, KZ, SSV, HGM, TWF, SM, MK, and KMH conducted experiments. MLG, KMH, EAP, RC, YT, LEHS, and JXM wrote the paper. All authors read and approved the final manuscript.

Ethics approval
All animal studies were performed in compliance with the NIH guidelines for the Care and Use of Animals, and approved by the Institutional Animal Care and Use Committees at the University of Oklahoma Health Sciences Center and Boston Children’s Hospital.

Competing interests
The authors declare that they have no competing interests.
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