Aquatic community structure and stream habitat in a karst agricultural landscape

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Abstract

Background: Watersheds dominated by agriculture often have significant, negative impacts on local stream habitats and fauna. Our study examined stream biota and habitats within an entire stream in a karst agricultural landscape to determine if several decades of watershed conservation and management had reversed the severe degradation caused by poor land use and catastrophic soil erosion during the 1920s and 1930s.

Results: Fish communities and stream habitats were degraded at over half of the 22 stream sites examined, and benthic macroinvertebrate communities were mostly poor throughout the entire stream. Poor fish communities were associated with missing or narrow riparian buffers, high percent fine sediments, high embeddedness of coarse substrates, and homogeneous run habitat. Invertebrate communities were dominated by filter-feeding taxa and those adapted to life on or within fine sediments. Stream sites with wide buffers and influenced by groundwater springs had higher fish community integrity and good to excellent instream habitat.

Conclusions: Our results suggest that wide riparian buffers and karstic springs may have allowed recovery of some stream reaches, but more extensive buffers and additional soil conservation practices in upland areas likely are necessary to protect most stream segments and their biota from on-going agricultural activities. New state stream buffer laws instituted after this study resulted in establishment of vegetated buffers at all study sites, which may lead to improved stream habitat and biotic communities in future years. Benthic invertebrate community improvement also may require translocation of sensitive taxa from nearby watersheds due to limited dispersal abilities of many species currently absent from the study stream. Increased frequency and intensity of storm events and flooding may hinder future recovery of stream habitats and biota.

Keywords: Agricultural stream, Fish, Macroinvertebrates, Stream habitats, Karst

Introduction

Streams draining agricultural landscapes can be impacted by eroded soils (Armour et al. 1991; Waters 1995), excessive nutrients (Tesoriero et al. 2009; Dubrovsky and Hamilton 2010), altered hydrology (Freeman et al. 2007; Blann et al. 2009), and numerous herbicides and pesticides (Battaglin and Fairchild 2002; Schäfer et al. 2007). These factors in turn can lead to degraded stream habitats (Davis et al. 2003), changes in productivity (McTammany et al. 2007), reductions or loss of sensitive aquatic taxa (Lenat 1984), and modified food webs (Moss 2008). Impacts can range from local (Nerbonne and Von Dracek 2001) to regional (Heitke et al. 2006), even leading to homogenization of habitats and communities across broad geographical areas (Li and Reynolds 1994).

The impacts of agriculture on streams can be influenced greatly by local soils and geology (Reynolds et al. 1986; Troelstrup and Perry 1989; Molenat et al. 2008). In regions with flat topography, precipitation falling on agricultural lands may be filtered and purified by soils or underlying bedrock prior to reaching either aquifers or local streams (Fragalà and Parkin 2010; Hénauld-Ethier et al. 2017). In other areas, however, steep topography,
thin hydrophobic soils, and/or karst geology may allow agricultural runoff to reach aquifers and streams quickly and unmodified (Troelstrup and Perry 1989; Boyer and Pasquaurell 1996, 1999; Lindsey et al. 2010; Danz et al. 2013; Roussiez et al., 2013).

Streams may be insulated from land use effects if vegetated buffers are in place within the riparian zone (Talmage et al. 2002; Vondracek et al. 2005; Yates et al. 2007). Wide, intact forest and grass buffers can protect stream habitats from land use disturbances by intercepting eroded soils in runoff before they reach the stream, and by reducing nutrient concentrations in both surface runoff and subsurface waters (Osborne and Kovacic 1993). Such reductions in potential stream contaminants can allow for development of diverse and high-quality stream communities even in agriculture-dominated drainages (Wang et al. 1997; Fitzpatrick et al. 2001; King et al. 2005). Efforts are accelerating in many areas of the United States to expand the use of vegetated riparian buffers along waterways to better manage soil erosion and nutrient runoff from sensitive agricultural lands (United States Department of Agriculture 2016). For example, the State of Minnesota recently passed a law (Minnesota Statutes 2014, Sect. 103B.101, subdivision 12, as amended in 2016 and 2020; https://www.revisor.mn.gov/statutes/cite/103E.48) that mandates the presence of a continuous, vegetative buffer (perennially rooted vegetation, 15-m average width, 9-m minimum width) between all public waters and cultivated lands. Within vegetated buffers, haying and livestock grazing are permitted activities. To help meet the requirements of that law, the United States Department of Agriculture and the State of Minnesota agreed in 2017 to spend $500 million over 5 years to protect and improve waters in 54 counties primarily by installing >12,000 hectares of vegetated buffer strips along streams, rivers, and lakes (Minnesota Board of Water and Soil Resources 2017).

The goal of our study was to examine the influence of instream and riparian habitat on aquatic community structure in a Minnesota, USA, stream flowing through an agricultural landscape underlain by karst geology. Specifically, we investigated whether watershed conservation and management practices, implemented beginning in 1941 after historic land misuse due to poor agricultural practices, have protected stream habitats from the impacts of row-crop production and intensive livestock grazing prior to establishment of riparian buffer laws and allowed for development of diverse aquatic communities after past degradation (Waters 1977; Thorn et al. 1997). We also were interested in determining the role of cold-water springs (resulting from the karst geology) in balancing the impacts of agriculture on stream habitats and communities.

Materials and methods
Study area

The Paleozoic Plateau (or Driftless Area) ecoregion of southeastern Minnesota, USA, has been an important agricultural area for >160 years. Fertile, loess soils overlie ancient (>100,000 ybp) glacial till (Williams and Vondracek 2010), but the region is most characterized by its rugged karst topography, created when meltwaters from the recent (15,000 ybp) Wisconsinan glaciation deeply dissected the plateau into ridges and steep valleys connecting to the Mississippi River (Fremling 2004). The area’s rich soils, within the transition zone between hardwood forests and tallgrass prairies, supported many decades of grain crops and livestock grazing during the late-1800s, elevating Minnesota as an agricultural producer of worldwide importance (Whitewater River Watershed Project 2015).

Poor land use (e.g., forest removal, plowing steep slopes, continuous cropping, burning and grazing hillsides) in southeastern Minnesota led to catastrophic soil erosion during the 1920s and 1930s (Whitewater River Watershed Project 2015). Impacts on area streams were severe, as soils washed from hillsides and repeatedly buried stream valleys under meters of sand and silt, extirpating native brook trout (Salvelinus fontinalis) from most streams (Thorn et al. 1997). As productivity plummeted, both ridgetop and valley farms were abandoned or sold to the government for a fraction of their former value.

The Whitewater River watershed was severely impacted by soil erosion and flooding, as mud and logging debris from the watershed clogged streams. This 830-km² drainage suffered through many multi-flood years, the worst in 1938 with 28 flood events (Waters 1977). Trout were eliminated from 60% of the watershed’s 240 km of trout streams, and the remaining 40% were deteriorated to “poor condition” (Waters 1995). Once-prosperous communities of Beaver and Whitewater Falls were abandoned and >15,000 hectares of land were purchased by the State of Minnesota (Whitewater River Watershed Project 2015). Federal workers were brought in during the mid-1940s to construct erosion control structures and perform forest management work. A complex dike system was constructed to retain runoff and create wildlife habitat while reducing erosion and improving soil health. These conservation measures and better land stewardship produced significant improvements within the drainage basin, but degraded water quality continues to plague the present-day Whitewater River system (Whitewater River Watershed Project 2015).

Since 1987, the Whitewater River Watershed Project has worked with farmers to implement soil conservation practices (e.g., contour farming, strip cropping, conservation tillage, grass waterways, grade stabilization...
structures and ponds) in upland areas to reduce erosion, increase infiltration, slow runoff, and improve soil quality (Whitewater River Watershed Project 2015). Self-sustaining coldwater fisheries for brown (Salmo trutta) and brook trout within the watershed, benefitting from increased coldwater spring flows from limestone karst, now attract both regional and international anglers (Thorn et al. 1997). Recreational angling is very important to the economy of southeastern Minnesota, contributing at least US$48 million to the regional economy each year (Gartner et al. 2002). However, streams within the watershed remain impacted by agricultural activities; most are impaired for aquatic recreation (due to high fecal coliform bacteria) and aquatic life (due to turbidity; U.S. Environmental Protection Agency Clean Water Act, Section 303(d) listing of impaired waters), with high (>10 mg/l) nitrate–nitrogen concentrations common throughout the system (Minnesota Pollution Control Agency 2013). Fish and macroinvertebrate communities in this system may be limited further by combinations of warm water temperatures, low dissolved oxygen, and degraded stream habitats (Schauls and Carter 2015). In addition, a major fish kill (nearly 10,000 fish) of undetermined cause(s) occurred during July 2015 on the South Fork Whitewater River (SFWR) shortly after a 5-cm rainfall event (Hunt 2015).

The SFWR drains the southern and eastern portions (241 km², 29%) of the Whitewater River basin in Olmsted and Winona counties in southeastern Minnesota, USA (Fig. 1), an area dominated by agriculture (49% cropland, 28% livestock pastureland; Minnesota Pollution Control Agency 2013). From its headwaters (387 m above sea level) in the highlands of the Paleozoic Plateau, the SFWR flows 56.5 km to the east and north, descending 168 m through a valley carved by glacial meltwaters to its confluence with the mainstem Whitewater River. In

![Fig. 1](image-url) Map of the Whitewater River watershed in southeastern Minnesota, USA. The Mississippi River is located to the upper right. Sampling sites along the South Fork Whitewater River are numbered from upstream to downstream and are indicated by symbols. The ellipse encloses sites located near natural springs.
addition to cropland and pastureland, the SFWR watershed includes 110 livestock feedlots that generate 635 metric tons of manure/day, which are applied on watershed croplands at a rate 15 metric tons/hectare/year (Minnesota Pollution Control Agency 2013). The U.S. Interstate 90 highway corridor lies within the southern portion of the watershed.

The entire SFWR is listed as impaired for aquatic recreation and aquatic life (Minnesota Pollution Control Agency 2013). However, 13 coldwater springs enter the SFWR along the lower 21 km (average spring elevation = 277 m above sea level, with a 25% slope; Williams and Vondracek 2010), transitioning the system from coolwater/warmwater to coldwater and creating a popular, self-sustaining fishery for brown trout. The Minnesota Department of Natural Resources maintains Crystal Springs Hatchery at the largest spring (7500 L/min at 9 °C), raising 20,000 kg/year of brook, rainbow (Oncorhynchus mykiss), and lake (Salvelinus namaycush) trout for stocking within the state.

We selected 22 stream sites along the SFWR for habitat and biotic assessments (Fig. 1). We attempted to space sites evenly along the stream, but inaccessibility in some locations (due to topography and private property access restrictions) created some gaps in coverage. Site locations included public and private property, croplands, livestock pastures, and forests. Ultimately, the downstream-most 10 sites were located within the spring-fed section of the SFWR, whereas the 12 upstream sites were located within the river section fed largely by wetland seepage and surface runoff (Fig. 1).

**Field work**

During the period June to August 2005 (prior to state buffer laws), stream sites were sampled for fish, aquatic macroinvertebrates, and stream habitat. Fish at each site were sampled with one or more backpack electrofishing units (Smith-Root LR-24, 12-B POW, and Type VII) as needed, based on stream size. All fish captured within a 150-m stream reach (downstream to upstream, single pass) were identified, counted, and released. Specimens of uncertain identity were retained for later identification. This sampling procedure was the standard protocol recommended when using a coldwater Index of Biotic Integrity (IBI; Mundahl and Simon 1998) to assess fish communities.

Benthic macroinvertebrates were collected in D-frame net (500 µm mesh) samples at each stream site. Each sample was the combination of organisms collected by disturbing the substrate upstream from the net (0.1-m² area) for 30 s in each of two sections (fast and slow) of a single riffle. Three such samples were collected at each site, each from a separate riffle. If riffles were absent, collections were made from available coarse (gravel, cobble, boulder) substrates. Invertebrate samples were preserved in ethanol and later sorted, identified (mostly to genus level except for a few dipteran [Chironomidae, Empididae] and non-insect [Hirudinea, Sphaeriidae, Oligochaeta] taxa), and counted in the laboratory. This sampling protocol followed the procedure recommended when using a regional Benthic Index of Biotic Integrity (B-IBI; Wittman and Mundahl 2003; Magner et al. 2008) to assess benthic aquatic invertebrate communities.

Physical habitat at each stream site was examined in two ways. First, a simple fish habitat rating index designed for assessing regional streams (Simonson et al. 1993) was used. Seven instream and riparian features (bank land use, bank stability, pool area, width:depth ratio, riffle-to-riffle distance:stream width ratio, silt substrate abundance, fish cover abundance) were measured, scored, and used to produce a fish habitat rating score (scale = 0 to 100; >80 = excellent, 60–80 = good, 30–60 = fair, <30 = poor) for each site. Additional, more detailed habitat assessments also were conducted at each of the sites. These were based on protocols developed or adapted for use regionally (Platts et al. 1983; Simonson et al. 1993; Minnesota DNR 2007). Sampling at each site was conducted using a modification of the transect method (Simonson et al. 1993). Habitats at each site were sampled across each of 12 transects spaced approximately two to three mean stream widths apart.

Along each transect, instream habitat features were assessed, and riparian conditions were recorded. Instream measures were taken at four, evenly spaced points along each transect. At each point, depth was measured using a wading rod, and velocity measured at 0.6-depth (Marsh-McBirney model 2000 flow meter). Dominant substrate composition was estimated visually according to a modification of the Wentworth Scale (clay, silt, sand, gravel, cobble, boulder; Minnesota DNR 2007). Embeddedness, the percent of large substrates such as cobbles covered by fine materials, was visually estimated on a five-category scale: <5%, 5–25%, 26–50%, 51–75%, and >75% (Platts et al. 1983).

Other instream measures were estimated visually within a reach one mean stream width in length, centered on the transect (Simonson et al. 1993). The percentage of the stream shaded by the canopy at noon, the percentage of riffle, pool, and run, and the percent of the reach providing cover for fish 200 mm or larger, were estimated to the nearest 5%. Cover for fish included overhanging bank vegetation, woody debris, instream vegetation, boulders, and water > 60 cm deep.

Riparian measures were made on only one stream bank per transect, alternating the side measured with each
Data analyses
Lacking historical data on stream biota prior to stream degradation over a century ago, we assessed fish and aquatic macroinvertebrates in SFWR by calculating community integrity indices for each group and comparing them to regional standards. Fish data were used to calculate a coldwater IBI score and rating for each site (Mundahl and Simon 1998), based on the presence of brown trout throughout most of the SFWR. Twelve fish community metrics (five species richness metrics: total, coldwater specialists, minnows, benthic, tolerant; five percentage metrics: salmonids as brook trout, intolerant individuals, coldwater individuals, white suckers, top carnivores; number of coldwater individuals, number of warmwater individuals) were quantified, scored, and summed to produce a coldwater IBI score for each site (scale = 0 to 120; 105–120 = excellent, 70–100 = good, 35–65 = fair, 10–30 = poor, 0–5 = very poor). These ratings allowed us to compare the fish communities observed at SFWR sites to regional benchmarks (Mundahl and Simon 1998). Using this coldwater IBI, ratings of poor and very poor indicate high to severe impairment, with degraded conditions and trout being very rare or absent. In contrast, fair to excellent ratings indicate reduced impairment and trout abundance ranging from common to abundant.

Benthic invertebrate data were used to calculate regional B-IBI scores and ratings for each stream site (Wittman and Mundahl 2003; Magner et al. 2008). The index was developed based on mostly genus- and family-level identifications (Wittman and Mundahl 2003). Ten invertebrate metrics (seven taxa richness metrics: total, Plecoptera, Trichoptera, Diptera, long-lived, intolerant, filterer; two percentage metrics: predators, long-lived individuals) were quantified, scored, and summed to produce a B-IBI score (scale = 0–100; 65–100 = excellent, 50–60 = good, 30–45 = fair, 10–25 = poor, 0–5 = very poor) for each individual sample. Scores for the triplicate invertebrate samples for each site were averaged to produce a single value and rating for that site. These ratings allowed us to compare the benthic invertebrate communities observed at SFWR sites to regional standards (Wittman and Mundahl 2003; Magner et al. 2008). With this B-IBI, ratings of fair to very poor indicate moderate to severe impairment, with degraded conditions producing reduced taxa richness (especially Ephemeroptera, Plecoptera, and Trichoptera) and increasing dominance by tolerant taxa. In contrast, good to excellent ratings indicate slight or no impairment and high taxa richness (including intolerant or sensitive taxa).

We used non-metric multidimensional scaling (NMDS; JMP Pro 12 software, SAS Institute Inc. 2015; open-source software package R with additional packages [dyplr, readxl, vegan, ggplot2], R Core Team 2020) on the fish and benthic invertebrate count data (individuals per taxon for all taxa observed for all sites) and the stream habitat variables to create ordination plots visualizing the level of community similarity and potential site clustering among the 22 SFWR stream sites. Separate fish-habitat and benthic invertebrate-habitat NMDS models were constructed to determine if the different taxa types produced similar site clustering. We used linear fit ($r^2$) to compare each of the 18 physical habitat variables and all of the fish and benthic invertebrate taxa individually to each NMDS model as a whole, to assess which variables were most influential in structuring potential site clusters. PERMANOVA (vegan package in R; $P$ values based on 999 permutations; Oksanen et al. 2020) was used to compare assemblages between stream site clusters.

In a different approach, we used a model selection procedure to evaluate the influence of stream and riparian habitat on biotic community integrity in the SFWR. Specifically, we explored a series of simple models separately comparing fish IBI and macroinvertebrate B-IBI scores to a suite of stream habitat variables (9 in-stream variables, 9 riparian variables). For simplicity, we focused only on those potential models that included five or fewer habitat variables. The explanatory power of these possible competing models was compared using Akaike’s Information Criterion for small sample sizes (AIC$_C$; Burnham and Anderson 2002; Brown and Guy 2007). We used JMP Pro 12 (SAS Institute Inc. 2015) to examine and evaluate potential site clusters. PERMANOVA (vegan package in R; $P$ values based on 999 permutations; Oksanen et al. 2020) was used to compare assemblages between stream site clusters.

Finally, we used a variety of simple statistical tests to address additional study questions. Simple linear regression was used to examine potential cause–effect relationships between various fixed and response variables. These included the potential effects of buffer width on instream habitat variables typically indicative of habitat quality (fish habitat rating, % fines, embeddedness, % run habitat), and also the potential effects of these
Results

Habitats

Both instream and riparian habitats varied among the SFWR sites examined (Additional file 1: Tables S1 and S2). Upstream sites flowed through cattle pastures and along crop fields, with fine bottom sediments, homogeneous run habitats, and grassy banks often lacking buffers. Downstream sites flowed through forests and pastures, had greater widths, wider buffers, improved habitat diversity (more pools and riffles), more fish cover, faster current velocities, and coarser bottom substrates. Fish habitat ratings at upstream sites 1 through 12 (non-spring sites) ranged from poor to good, whereas at downstream sites 13 through 22 (spring-fed sites) ratings ranged from fair to excellent (Additional file 1: Table S3).

Buffer width was statistically (α = 0.05) correlated with important instream habitat variables that measure habitat quality. Specifically, there was a significant, positive relationship between buffer width and the fish habitat rating index (simple linear regression: fish habitat rating index = 0.17 * buffer width + 40.7, F1,20 = 16.3, P < 0.001, r² = 0.45). In addition, we observed significant, negative relationships between buffer width and % fines (simple linear regression: % fines = − 0.18 * buffer width + 60.9, F1,20 = 7.61, P = 0.01, r² = 0.28), and between buffer width and embeddedness (simple linear regression: embeddedness = − 0.006 * buffer width + 4.82, F1,20 = 9.90, P = 0.006, r² = 0.31). However, there was no significant relationship between buffer width and % run habitat (simple linear regression: F1,20 = 1.00, P = 0.330, r² = 0.05).

Fish communities

Eighteen species of fishes were represented among the 9167 individuals collected from the SFWR (Table 1). White sucker and longnose dace were most frequently encountered, collected at 21 and 19 sites, respectively. Most species (10) were found at half or fewer of the stream sites. Slimy sculpin was the most abundant fish, representing > 31% of all fish collected, but it was found at fewer than one-third of the sites (downstream sites 14 through 19). Only six of the 18 species were represented by < 100 individuals. Species richness at the spring-fed downstream sites (mean ± SD: 5.0 ± 1.7 species/site) was half that observed at non-spring upstream sites (10.4 ± 2.5 species/site).

Fish IBI ratings generally were very poor at upstream sites, becoming fair to good at downstream sites (Additional file 1: Table S3). Model selection produced three simple, competing models (with Akaike weights [w] ≥ 10% of the w_j of the best model) that best explained the relationship between instream and riparian variables and fish IBI scores (Table 2). The best model contained four instream and riparian variables (% fish cover, buffer width, % bank forbs, % bank rocks) that together explained > 87% of the variation in fish IBI scores. Individually, fish IBI scores were statistically (α = 0.05) correlated to both buffer width (F1,20 = 11.39, P = 0.003, r² = 0.33) and fish habitat rating score (F1,20 = 19.66, P < 0.001, r² = 0.50).

Aquatic macroinvertebrates

We collected > 13,500 aquatic macroinvertebrates representing 39 taxa from SFWR sites (Table 3). Midges were found at every site but represented < 7% of all individuals collected. Caddisflies (Trichoptera), mayflies (Ephemeroptera), beetles (Coleoptera), and amphipods (Gammarus) were the other common taxa encountered at many sites in large numbers. Most common taxa were either filter-feeders or those adapted to living on or within fine sediments. Densities (1027 ± 753 organisms/m², grand mean ± SD) were highly variable among sites but increased statistically (α = 0.05) (simple linear regression: F1,20 = 12.9, P = 0.002) from upstream to downstream (river km as X variable, density as Y variable). The percentage of individuals that were EPT taxa also increased statistically (α = 0.05) (simple linear regression: F1,20 = 18.8, P < 0.001) from upstream to downstream sites. In contrast, total invertebrate taxa richness was low (grand mean = 14 ± 3 taxa/site) and did not change statistically (α = 0.05) throughout the river system (simple linear regression: F1,20 = 0.003, P = 0.96).

Benthic IBI ratings generally were poor or fair throughout the entire stream system, with no obvious pattern of change throughout the river system (Additional file 1: Table S3). Model selection produced five simple, competing models (with Akaike weights [w] ≥ 10% of the w_j of the best model) that best explained the relationship between instream and riparian variables and benthic IBI scores (Table 2). The best model contained four instream and riparian variables (% bank grass, % fish cover, % pool, % run) that together explained 60% of the variation in benthic IBI scores in the SFWR (Table 2). Neither benthic IBI scores nor EPT relative abundance (%) were statistically (α = 0.05) correlated (simple linear regression) with any of the expected measures of stream habitat
Table 1  Fish species collected from 22 sites on the South Fork Whitewater River, Minnesota, USA

| Taxa                        | Number | Percent | Number of sites |
|-----------------------------|--------|---------|-----------------|
| Petromyzontidae             |        |         |                 |
| American Brook Lamprey (Lethenteron appendix) | 1      | <0.1    | 1               |
| Salmonidae                  |        |         |                 |
| Rainbow Trout (Oncorhynchus mykiss) | 1      | <0.1    | 1               |
| Brown Trout (Salmo trutta)  | 486    | 5.3     | 14              |
| Cyprinidae                  |        |         |                 |
| Central Stoneroller (Campostoma anomalum) | 772    | 8.4     | 11              |
| Common Shiner (Luxilus camatus) | 116   | 1.3     | 8               |
| Sand Shiner (Notropis stramineus) | 76     | 0.8     | 10              |
| Emerald Shiner (Notropis atherinoides) | 2      | <0.1    | 1               |
| Common Carp (Cyprinus carpio) | 5      | <0.1    | 1               |
| Southern Redbelly Dace (Chrosomus erythrogaster) | 41   | 0.5     | 5               |
| Bluntnose Minnow (Pimephales notatus) | 119 | 1.3     | 9               |
| Western Blacknose Dace (Rhinichthys obtusus) | 497  | 5.4     | 14              |
| Longnose Dace (Rhinichthys cataractae) | 635   | 6.9     | 19              |
| Creek Chub (Semotilus atramaculatus) | 1092  | 11.9    | 13              |
| Catostomidae                |        |         |                 |
| White Sucker (Catostomus commersoni) | 1492  | 16.3    | 21              |
| Gasterosteidae              |        |         |                 |
| Brook Stickleback (Culaea inconstans) | 408 | 4.5     | 13              |
| Percidae                    |        |         |                 |
| Fantail Darter (Etheostoma flabellare) | 126  | 1.4     | 12              |
| Johnny Darter (Etheostoma nigrum) | 390   | 4.3     | 14              |
| Cottidae                    |        |         |                 |
| Slimy Sculpin (Cottus cognatus) | 2907  | 31.7    | 7               |
| Totals                      | 9167   | 100.0   | 22              |

Table 2  Candidate simple models to explain the influence of instream and riparian habitat variables on fish IBI and benthic IBI scores at 22 sites on the South Fork Whitewater River, Minnesota, USA based on Akaike’s Information Criterion (AICc)

| Models                                | K | AICc | ΔAICc | wi   | r²   |
|---------------------------------------|---|------|-------|------|------|
| Fish IBI                              |   |      |       |      |      |
| % fish cover (+), buffer width (+), % bank forbs (+), % bank rocks (+) | 6 | 179.152 | 0.000 | 0.438 | 0.876 |
| % fish cover (+), buffer width (+), % bank rocks (+) | 5 | 179.437 | 0.285 | 0.380 (1.15 X) |
| % fish cover (+), buffer width (+), % bank forbs (+), % bank rocks (+), % pool (+) | 7 | 181.757 | 2.605 | 0.119 (3.68 X) |
| Benthic IBI                           |   |      |       |      |      |
| % bank grass (−), % fish cover (−), % pool (−), % run (−) | 6 | 157.369 | 0.000 | 0.335 | 0.604 |
| % bank grass (−), % fish cover (−) | 4 | 158.457 | 1.088 | 0.194 (1.73 X) |
| % bank grass (−) | 3 | 158.620 | 1.251 | 0.179 (1.87 X) |
| % bank grass (−), % fish cover (−), % pool (−) | 5 | 159.137 | 1.768 | 0.138 (2.43 X) |
| % bank grass (−), % fish cover (−), % pool (−), % run (−), mean current velocity (+) | 7 | 159.247 | 1.878 | 0.131 (2.56 X) |

ΔAICc is the change in AICc between subsequent models, K is the number of parameters, and wi is Akaike weight. Only models with wi > 10% of the value of the best model are presented. Symbols in parentheses after variables indicate the direction of the correlation between response and explanatory variables. The comparative explanatory power of the best model (relative to each model) is shown in parentheses after wi values. The overall fit (r²) of the best model is shown.
quality (buffer width, fish habitat rating score, % fines, embeddedness, or % run habitat). Fish IBI scores were not correlated with either benthic IBI scores ($r^2 = 0.010$) or EPT relative abundance ($r^2 = 0.035$).

**NMDS ordination**
NMDS ordination of stream sites based on abundances of fish and invertebrate taxa and stream habitat variables produced two models that adequately (i.e., stress < 0.20) positioned stream sites in two-dimensional space (Figs. 2 and 3). Abundances of 10 species of fish and seven stream habitat variables were correlated statistically ($\alpha = 0.05$) with the overall fish-habitat NMDS model (Fig. 2, Table 4). Similarly, eight taxa of benthic macroinvertebrates and four stream habitat variables were correlated statistically ($\alpha = 0.05$) with the invertebrate-habitat NMDS model (Fig. 3, Table 4). Both fish-habitat and invertebrate-habitat NMDS models separated stream sites into two clusters: upstream sites (sites 1 through 12) and downstream sites (sites 13 through 22; Figs. 2 and 3). Although clusters of upstream and downstream sites exhibited greater visual overlap in the invertebrate-habitat model than in the fish-habitat model, PERMANOVA indicated that cluster centroids and dispersion of the clusters differed statistically ($\alpha = 0.05$) in both models (Table 5).

By referencing both NMDS models, upstream sites were characterized by high abundances of five species of cyprinids, johnny darter, and white sucker and low abundances of trout, sculpin, *Baetis* mayflies, *Hydropsyche* caddisflies, and several dipteran taxa (Figs. 2 and 3). In contrast, downstream sites were characterized by high abundances of trout, sculpin, *Baetis* mayflies, *Hydropsyche* caddisflies, and several dipteran taxa and low abundances of cyprinids, suckers, and darters. Both models indicated that downstream sites had greater widths, greater % riffle habitat, and wider buffers compared to upstream sites. In general, more stream habitat variables exhibited stronger correlation with the fish-habitat NMDS model than with the invertebrate-habitat NMDS model (Table 4).

**Proximity to springs**
Spring-fed stream sites (sites 13 through 22) differed statistically ($\alpha = 0.05$) from sites without springs (sites 1 through 12) in several ways. Fish IBI scores were higher at spring-fed sites than at non-spring locations; benthic

### Table 3 Aquatic macroinvertebrates collected from 22 sites on the South Fork Whitewater River, Minnesota, USA

| Taxa                  | Number | Percent | Number of sites |
|-----------------------|--------|---------|-----------------|
| Non-insects           |        |         |                 |
| Gammarus              | 1146   | 8.46    | 20              |
| Hirundinea            | 91     | 0.67    | 14              |
| Physella              | 171    | 1.26    | 15              |
| Sphaeriidae           | 23     | 0.17    | 4               |
| Faxoniidae            | 20     | 0.15    | 4               |
| Oligochaeta           | 12     | 0.09    | 5               |
| Dugesia               | 1      | 0.01    | 1               |
| Plecoptera            |        |         |                 |
| Pteronarcys           | 1      | 0.01    | 1               |
| Ephemeropera          |        |         |                 |
| Cænis                 | 34     | 0.25    | 8               |
| Baetis                | 3011   | 22.21   | 20              |
| Stenonema             | 54     | 0.40    | 11              |
| Isonychia             | 4      | 0.03    | 2               |
| Tricorythodes         | 198    | 1.46    | 11              |
| Hexagenia             | 2      | 0.01    | 1               |
| Heptagenia            | 4      | 0.03    | 1               |
| Ephemereilla          | 280    | 2.07    | 2               |
| Trichoptera           |        |         |                 |
| Brachycentrus         | 917    | 6.77    | 17              |
| Hydropsyche           | 3870   | 28.55   | 19              |
| Cheumatopsyche        | 713    | 5.26    | 14              |
| Coleoptera            |        |         |                 |
| Optioservus           | 989    | 7.30    | 20              |
| Stenelmis             | 319    | 2.35    | 20              |
| Macronychus           | 41     | 0.30    | 12              |
| Dubiraphia            | 4      | 0.03    | 1               |
| Megaloptera           |        |         |                 |
| Sialis                | 6      | 0.04    | 2               |
| Odonata               |        |         |                 |
| Bayenia               | 2      | 0.01    | 2               |
| Gomphus               | 1      | 0.01    | 1               |
| Unidentified damselfly| 1      | 0.01    | 1               |
| Hemiptera             |        |         |                 |
| Corixidae             | 3      | 0.02    | 1               |
| Diptera               |        |         |                 |
| Chironomidae          | 915    | 6.75    | 22              |
| Dicranota             | 156    | 1.15    | 16              |
| Antocha               | 26     | 0.19    | 7               |
| Chrysops              | 2      | 0.01    | 2               |
| Tipula                | 50     | 0.37    | 10              |
| Atherix               | 17     | 0.13    | 5               |
| Empididae             | 13     | 0.10    | 6               |
| Simulium              | 453    | 3.34    | 10              |
| Limnophora            | 2      | 0.01    | 2               |
| Limonia               | 1      | 0.01    | 1               |
| Pericoma              | 1      | 0.01    | 1               |

**Table 3 (continued)**

| Taxa                  | Number | Percent | Number of sites |
|-----------------------|--------|---------|-----------------|
| Total                 | 13,554 | 100.00  | 22              |
IBI scores did not differ among sites based on spring proximity, but EPT relative abundance was statistically (α = 0.05) higher at spring-fed sites (Table 6). Fish habitat rating scores and buffer widths were greater at spring-fed sites, whereas fine substrate relative abundance, substrate embeddedness, and relative abundance of run habitats all were greater at non-spring sites (Table 6).

Discussion

Our study of the habitats and biota of the SFWR, draining a largely agricultural basin, produced four important findings. First, large sections of the stream were impaired by sedimentation, with riparian buffer width directly related to instream habitat quality. Second, better fish community structure was associated with wider buffers and improved instream habitats. Third, benthic community structure generally was fair or poor throughout the
stream, and not influenced significantly by either riparian or instream habitats. Finally, stream habitats and fish communities were better at stream sites influenced by springs, although these sites also benefitted from wider buffers than non-spring sites.

Sedimentation and degraded water quality were evident in the SFWR during 2005, especially for sites surrounded by intensive agricultural activities. Only 12 of the 22 sites examined had riparian buffers that would meet current (2021) state standards for public waters (i.e., perennially rooted vegetation, 15-m average width, 9-m minimum width). This study was conducted prior to establishment of stream buffer laws in Minnesota, but an examination of study sites in 2019 indicated that all 22 sites are now in compliance with state buffer laws (average buffer width ≥ 15 m). In previous studies, inadequate buffers have allowed eroded soils and agricultural chemicals to enter stream systems, smothering coarse substrates and filling pools to create homogeneous run habitats (Armour et al. 1991; Osborne and Kovacic 1993; Nerbonne and Vondracek 2001) and altering stream productivity (McTammany

### Table 4
Linear $r^2$ values indicating the degree of fit between individual stream habitat and biotic variables and NMDS models for 22 South Fork Whitewater River, Minnesota, USA stream sites based on either fish or aquatic invertebrate communities

| Fish-Habitat NMDS | Invertebrate-Habitat NMDS |
|-------------------|---------------------------|
| Fish taxa         | Invertebrate taxa         |
| $r^2$             | $r^2$                     |
| Blacknose dace    | $0.302^*$                 | $Gamma_\_marus$ 0.575** |
| Creek chub        | $0.721^{**}$              | $Bae_\_tis$ 0.883** |
| White sucker      | $0.423^*$                 | $Brachycentrus$ 0.499* |
| Johnny darter     | $0.375^*$                 | $Hydropsyche$ 0.867** |
| Longnose dace     | $0.284^*$                 | $Optioservus$ 0.347* |
| Common shiner     | $0.461^*$                 | $Chironomidae$ 0.702** |
| Sand shiner       | $0.302^*$                 | $Simulium$ 0.446* |
| Central stoneroller | $0.512^*$              | $Limnophora$ 0.432* |
| Brown trout       | $0.586^{**}$              |                     |
| Slimy sculpin     | $0.941^{**}$              |                     |

| Habitat variables | $r^2$ | Habitat variables | $r^2$ |
|-------------------|-------|-------------------|-------|
| Stream width       | $0.494^*$ | Stream width       | $0.599^{**}$ |
| % Fines            | $0.606^{**}$ | % Riffle       | $0.322^*$ |
| Embeddedness       | $0.429^*$ | Buffer width       | $0.323^*$ |
| % Riffle           | $0.282^*$ | Bank rocks         | $0.279^*$ |
| Buffer width       | $0.706^{**}$ |                     |       |
| Bank forbs         | $0.345^*$ |                     |       |
| Bank rocks         | $0.759^{**}$ |                     |       |

*P < 0.05, **P < 0.001

### Table 5
PERMANOVA results comparing upstream/downstream site clusters using abundance data for fish and benthic invertebrate community structures separately in relation to stream habitat variables at 22 South Fork Whitewater River, Minnesota, USA stream sites

|                | df | Sum Sq | Pseudo F | $R^2$ | P    |
|----------------|----|--------|----------|-------|------|
| Fish           |    |        |          |       |      |
| Upstream/downstream location | 1  | 98.53  | 6.5582   | 0.24692 | <0.001 |
| Residuals      | 20 | 300.47 |          | 0.75306 |      |
| Total          | 21 | 399.00 |          | 1.00000 |      |
| Benthic invertebrates |    |        |          |       |      |
| Upstream/downstream location | 1  | 88.60  | 2.4259   | 0.10818 | <0.001 |
| Residuals      | 20 | 730.40 |          | 0.89182 |      |
| Total          | 21 | 819.00 |          | 1.00000 |      |

$P$ values based on 999 permutations
et al. 2007; Piscart et al. 2009). These conditions have been reported in streams draining agricultural lands elsewhere in Minnesota (Troelstrup and Perry 1989; Nerbonne and Vondracek 2001; ZumBerge et al. 2003), the United States (Walser and Bart 1999; Agouridis et al. 2005), and other countries (Soulsby et al. 2001; Matthaei et al. 2010; Burdon et al. 2013; Teufl et al. 2013). When vegetated buffers are inadequate or lacking, there usually are strong relationships between the proportion of agricultural lands within a drainage and instream physical and chemical variables (Lammert and Allan 1999; Walser and Bart 1999; Fitzpatrick et al. 2001; Davis et al. 2003; King et al. 2005).

Both the type of buffer present (e.g., grass versus trees) and the width of the buffer are important in protecting streams from adjacent cultivated and grazed lands. Grassy riparian areas can be more effective than wooded or brushy areas at filtering eroded soils and nutrients from overland flows, and at preventing bank erosion (Barfield et al. 1998; Lyons et al. 2000; Vigiak et al. 2007). Grassy buffers at SFWR sites usually were associated with well-vegetated banks with little bare soil, whereas wooded buffers often had high relative abundance (>30%) of streambank bare soil, similar to levels found in areas lacking buffers. A previous study in this same watershed also reported considerable bare soil within wooded buffers, especially beneath riparian stands of box elder (Acer negundo; Nerbonne and Vondracek 2001). Although less effective as filters, forested buffers can contribute branches or fallen trees that modify channel morphology and improve habitat complexity, often keeping coarse substrates from becoming embedded by flushing away fine sediments (Angermeier and Karr 1984; Talmage et al. 2002).

Buffer width can be critical in protecting streams from agricultural lands (Barfield et al. 1998; Nerbonne and Vondracek 2001; Vondracek et al. 2005), and buffer width was strongly correlated with better fish habitat ratings and higher fish IBI scores in the SFWR. Current Minnesota state law mandates an average buffer width of 15 m on all public waterways (excluding ditches). Although buffers <15 m wide can be capable of filtering >90% of sediments and chemicals from surface runoff (Barfield et al. 1998), much wider buffers may be necessary in many areas (Davis et al. 2003; Snyder et al. 2003; Vondracek et al. 2005). Buffer effectiveness frequently is determined by many site variables in addition to width (Johnson and Buffler 2008). For example, greater buffer slope, high degree of soil saturation, reduced surface roughness, poor soil permeability, and other variables can limit the ability of buffers to retain both sediments and nutrients (Barfield et al. 1998; Graff et al. 2005; Mander and Hayakawa 2005; Johnson and Buffler 2008). Consequently, a “one-size-fits-all” buffer width in Minnesota may not provide adequate protection for streams in many of the state’s agricultural areas (Johnson and Buffler 2008).

Fish communities in agricultural streams depend on intact riparian buffers that protect instream habitats from degradation (Talmage et al. 2002; Vondracek et al. 2005). In systems lacking adequate buffers, fish communities suffer due to reduced water quality, habitat siltation, reduced cover, and less stable hydrology and water temperatures (Fitzpatrick et al. 2001; Nerbonne and Vondracek 2001; Blann et al. 2002; Snyder et al. 2003). As in our study in the SFWR, fish IBI scores usually are correlated positively with buffer width and/or negatively with instream habitat variables (fine sediments, embeddedness, run habitats) that are indicative of poor buffers (Walser and Bart 1999; Fitzpatrick et al. 2001; Nerbonne and Vondracek 2001; Heitke et al. 2006). In the SFWR, the association of good fish communities with wide, intact riparian buffers emphasizes what buffers can accomplish even in watersheds dominated by agricultural activities.

Benthic macroinvertebrate communities in the SFWR were consistently poor throughout the system, and not correlated with riparian, instream, or fish community variables. Most invertebrate taxa were filter-feeders and/or adapted to life on or within fine sediments (see feeding strategies and habitats described throughout Merritt and Cummins 1996). It is widely recognized that agriculture can affect stream macroinvertebrates directly via toxic runoff of various pesticides, herbicides, and fungicides (Lenat 1984; Troelstrup and Perry 1989; Helfrich et al. 2009) and indirectly via enhanced algal (food) production from nutrients (Matthaei et al. 2010) and habitat

### Table 6

| Variable              | Near springs (Fish IBI) | Without springs (Fish IBI) | t     | P     |
|-----------------------|-------------------------|---------------------------|-------|-------|
| Fish IBI              | 49.5 (19.6)             | 5.8 (14.3)                | 5.86  | <0.001|
| Fish taxa richness    | 5.0 (1.7)               | 10.4 (2.5)                | 6.01  | <0.001|
| Benthic IBI           | 23.2 (6.3)              | 23.8 (11.7)               | 0.15  | 0.883 |
| Percent EPT           | 73.8 (10.8)             | 48.9 (31.8)               | 2.55  | 0.023 |
| Fish habitat score    | 70.1 (12.5)             | 39.0 (15.7)               | 5.17  | <0.001|
| Buffer width (m)      | 136.7 (78.9)            | 20.3 (39.8)               | 4.23  | <0.001|
| Percent fines         | 26.8 (20.5)             | 65.2 (21.3)               | 4.30  | <0.001|
| Embeddedness          | 3.9 (1.0)               | 4.8 (0.4)                 | 2.82  | 0.016 |
| Percent run           | 51.0 (17.8)             | 72.4 (27.7)               | 2.19  | 0.041 |

Values are means with standard deviations in parentheses.
degradation from sedimentation (Waters 1995; Burdon et al. 2013). Several studies have reported significant relationships between various macroinvertebrate indexes (e.g., benthic IBI) or metrics (e.g., EPT measures) and agricultural land use (Troelstrup and Perry 1989; Davis et al. 2003; ZumBerge et al. 2003; King et al. 2005; Burdon et al. 2013), but others have reported few or inconsistent relationships (Sovell et al. 2000; Fitzpatrick et al. 2001; Nerbonne and Vondracek 2001; this study). Similarly, fish indexes can be good or poor at detecting the effects of agriculture on stream ecosystems (e.g., Lammert and Nerbonne and Vondracek 2001; this study). Similarly, relationships (Sovell et al. 2000; Fitzpatrick et al. 2001; Williams and Hynes 1976; Angradi 1997), and isolated or interstitial refugia that escaped degradation (Wil-

ter and Simons 1999). However, macroinvertebrate community recovery was left to natural mechanisms of downstream drift and adult flight dispersal (Waters 2000; Trekels et al., 2011; Petersen et al. 2004; Mundahl and Hunt 2011). Lacking any upstream or interstitial refugia that escaped degradation (Williams and Hynes 1976; Angradi 1997), and isolated from other streams (Collier et al. 2002) by tall, wooded bluffs, recovery of macroinvertebrate communities in the lower SFWR has been hindered, despite improved instream habitats. Streams in watersheds immediately adjacent (Zumbro River to the northwest, Root River to the south) to the Whitewater River have more diverse benthic invertebrate communities with greater EPT taxa richness compared to those in the SFWR and the other two forks (Middle and North) of the Whitewater River (N. Mundahl, unpublished data), but they have been unable to colonize the SFWR. A similar lack of dispersal by benthic macroinvertebrate taxa also has limited the success of stream restoration efforts in Finland (Louhi et al. 2011). Short of reintroducing additional invertebrate taxa by translocation from other systems (Grégoire Taillefer and Wheeler 2013) into the lower reaches of the SFWR, where stream habitats are better than in upstream reaches, macroinvertebrate communities will remain unrepresentative of habitat quality within this downstream reach. Only the greater densities of benthic invertebrates observed at downstream sites in the SFWR are indicative of improved habitat conditions (Dolph et al. 2015).

The question remains whether state-mandated, vegetated buffers along all stream reaches, coupled with existing soil conservation practices within the agricultural watershed, will lead to improved instream habitats and better fish and benthic invertebrates throughout the entire SFWR. Both upland land use and localized habitat conditions affect stream fish and benthic invertebrate community structure and abundance (Lammert and Allan 1999; Heitke et al. 2006; Dolph et al. 2015). However, numerous studies indicate that small-scale restoration projects or localized instream and or riparian habitat restorations often fail to successfully improve biotic communities or stream habitat to desirable levels (e.g., Moerke et al. 2004; Alexander and Allan 2007; Louhi et al. 2011; Ernst et al. 2012; Kroll et al. 2019), as the area(s) of restored habitat may simply be too small compared to the size of nearby, degraded habitats (Palmer 2009). Conservation practices applied over greater spatial areas (i.e., watershed-wide), which collectively comprise significant proportions of total watershed area, often are necessary to produce observable improvements in both stream habitats and biotic communities (Wang et al. 2002; Marshall et al. 2008; Palmer 2009; Richardson et al. 2011). Consequently, complete recovery of aquatic habitats and communities in the SFWR likely will require both upland and riparian restoration efforts. Buffer law compliance within the watershed presently exceeds 99%, but upland soil conservation practices are far less commonly implemented (23% of agricultural lands within the watershed utilize soil conservation practices in 2021) within the SFWR drainage despite many years of encour-
agement and governmental monetary assistance (Daryl Buck, district manager, Winona County Soil and Water Conservation District, personal communication). More widespread implementation of conservation tillage and other soil conservation practices may be needed, especially in the upper portions of the SFWR watershed, to facilitate improvement in stream habitat and fish and benthic invertebrate communities.

The frequency and intensity of storm events within the SFWR watershed, and the southeastern Minnesota region in general, have increased in recent
decades (Minnesota Interagency Climate Adaptation Team 2017), and flash floods associated with these storm events can significantly alter stream habitats and impact fish and benthic invertebrate communities for months or years at a time (Mundahl and Hunt 2011; Mundahl 2017). Such continuing disturbance, especially one that differs from the historic disturbance regime within which stream communities evolved and adapted, can disrupt metacommunity dynamics (e.g., dispersal) within stream networks (Holyoak et al. 2020). Temporal variability in dispersal within metacommunities could lead to frequent shifts in both community structure and function (Datry et al. 2016), further compromising development of a self-sustaining stream community and offsetting any mitigation efforts being undertaken to improve stream habitats and communities (Holyoak et al. 2020).

Stream habitat and fish communities were better in the lower portion of the SFWR, where wider riparian buffers and groundwater springs were present. Buffers and springs both likely influenced habitat and fish communities within this reach via reduced sedimentation, increased discharges (>6X greater than at upstream sites) that helped to clean coarse substrates, and colder summer water temperatures (shading by riparian trees, groundwater discharges at 9 °C). Karst geology throughout the region contains many aquifers that connect with the land surface in a mix of conduit and diffuse springs (Troelstrup and Perry 1989). Most springs are associated with the St. Lawrence–Franconia–Ironton–Galesville aquifer group, which becomes exposed at elevations of 230 to 290 m above sea level within the lower stream valleys (Williams and Vondracek 2010). These aquifers, which receive recharge waters at a high rate (15–25 cm/year; Delin and Falteisek 2007) from upland agricultural lands, are the likely source of nitrates that impair lower sections of the SFWR (Dubrovsky and Hamilton 2010; Minnesota Pollution Control Agency 2013). These nutrient-rich spring waters support extensive macrophyte beds in non-shaded stream sections (N. Mundahl, personal observation), and spring discharge volumes have increased substantially since the 1930s due to increased precipitation and better infiltration resulting from improved conservation practices on agricultural lands (Thorn et al. 1997). Although karst geology in agricultural regions can impair streams by bypassing natural filtration systems for nutrients, bacteria, and other chemicals (Pasquarell and Boyer 1995; Boyer and Pasquarell 1996, 1999; Lindsey et al. 2010), high spring discharges and intact riparian buffers in the lower SFWR appear to have counteracted many of the negative effects of agriculture observed in the upper reaches and may have allowed for recovery of both stream habitat and fish communities.

Conclusions
Stream habitats and biota in many portions of the SFWR are impacted by on-going agricultural activities, even though watershed conservation and management activities have been conducted within the drainage basin since the 1940s. With 77% of the watershed dedicated to crop and livestock production, upland soil conservation practices and intact riparian buffers are needed along the SFWR to reduce sedimentation and absorb nutrients and agricultural chemicals. Inadequate buffers were correlated with poor instream habitats (high embeddedness and % fines), low habitat diversity (high % run habitat), and poor fish and macroinvertebrate communities. In areas, where wide buffers were present and groundwater springs discharged large volumes of cold water, good stream habitats supported good, coldwater fish communities, although macroinvertebrate communities remained poor. Additional and more widespread implementation of soil conservation practices throughout the watershed may be necessary to reduce or eliminate the impact of on-going agricultural activities on the stream environment. Buffers and springs may have allowed downstream reaches and fish communities to recover from past degradation, but it may require macroinvertebrate reintroductions or translocations to restore benthic communities due to lack of dispersal from other potential source populations and communities. In the future, stream sites in the upper reaches of the SFWR should be reassessed to determine if the presence of buffers put in place in response to state law, plus the implementation of additional upland soil conservation practices, have reduced the impacts of agricultural activities on stream habitats and biota.

Abbreviations
B-IBI: Benthic Index of Biotic Integrity; DNR: Department of Natural Resources; EPT: Ephemeroptera–Plecoptera–Trichoptera; IBI: Index of Biotic Integrity; NMDS: Non-metric Multidimensional Scaling; PERMANOVA: Permutational Multivariate Analysis of Variance; SD: Standard deviation; SFWR: South Fork Whitewater River; USA: United States of America.

Supplementary Information
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Additional file 1: Table S1. Mean (± standard deviation in parentheses) stream habitat variables at 22 sites on the South Fork Whitewater River, Minnesota, USA. CV = current velocity, and Embed = embeddedness.
Table S2. Mean (± standard deviation in parentheses) riparian habitat variables at 22 sites on the South Fork Whitewater River, Minnesota, USA.
Table S3. Scores and ratings for fish IBI, macroinvertebrate B-IBI, and fish habitat at 22 sites on the South Fork Whitewater River, Minnesota, USA.
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Authors’ contributions
NM contributed to project design, conducted field collections, analyzed and interpreted the data, and wrote the manuscript. EM conducted field collections, processed and identified macroinvertebrates, and assisted with data analysis and interpretation. Both authors read and approved the final manuscript.

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Availability of data and materials
The data sets used during the current study are available from the corresponding author on reasonable request.

Declarations
Ethics approval and consent to participate
Fish surveys were made under special permit (No. 12769) from the Minnesota Department of Natural Resources, Division of Fish and Wildlife, Section of Fisheries, and were conducted with the approval of the Winona State University Institutional Animal Care and Use Committee.

Consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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