Label-free detection techniques for protein microarrays: Prospects, merits and challenges

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Protein microarrays, on which thousands of discrete proteins are printed, provide a valuable platform for functional analysis of the proteome. They have been widely used for biomarker discovery and to study protein–protein interactions. The accomplishments of DNA microarray technology, which had enabled massive parallel studies of gene expression, sparked great interest for the development of protein microarrays to achieve similar success at the protein level. Protein microarray detection techniques are often classified as being label-based and label-free. Most of the microarray applications have employed labelled detection such as fluorescent, chemiluminescent and radioactive labelling. These labelling strategies have synthetic challenges, multiple label issues and may exhibit interference with the binding site. Therefore, development of sensitive, reliable, high-throughput, label-free detection techniques are now attracting significant attention. Label-free detection techniques monitor biomolecular interactions and simplify the bioassays by eliminating the need for secondary reagents. Moreover, they provide quantitative information for the binding kinetics. In this article, we will review several label-free techniques, which offer promising applications for the protein microarrays, and discuss their prospects, merits and challenges.

Keywords:
Carbon nanotubes / Interferometry / Label-free techniques / Protein arrays / Protein microarrays / SPR

1 Introduction

One of the formidable challenges in the burgeoning field of proteomics is to study large number of proteins, and identify their interactions and function. In order to study the complexity of proteome, various proteomic techniques, including protein microarrays, have emerged during the past few years. A protein microarray provides a multiplex platform for high throughput (HT) studies. Two different strategies have been used for protein microarrays [1]: (i) abundance based, where specific capture molecules such as antibodies and aptamers are spotted on the array or RP protein blots, where complex mixtures such as cell lysates are spotted and abundance of biomolecules are measured by antibodies; and (ii) function based, where purified proteins or proteins generated from cell-free expression system are spotted on the array (Fig. 1). Protein microarrays have been successfully applied for protein–protein interactions [2], cytokine detection [3], protein–DNA interactions [4], kinase target identification [5], detection of various antigens and antibodies [6] as well as for biomarker discovery [7]. There are two major strategies for the detection of protein microarrays, label-based and label-free. The label-based technique requires labelling of query molecules with labels such as fluorescent dyes, radioisotopes, epitope tags, etc. [8].
However, label-free techniques measure an inherent property of the query itself (e.g. mass and dielectric property) thereby avoiding modifying interactors [9]. In this article, we will review label-free detection techniques, which have been applied for protein microarray applications, and discuss their merits and challenges in the context of protein microarrays.

2 Two major detection strategies for protein microarray: Label-based and label-free

The successes of sensing technologies are mostly determined by their sensitivity, resolution and detection limit. Dynamic range, real-time monitoring, multiplexing and HT capability, widespread applicability and data handling are other key determining factors [10, 11]. In protein microarray experiments, signals can be detected by label-based or label-free strategies. Both the approaches have their merits and demerits. The label-based detection methods require labelling of query molecules with fluorescent dyes, radioisotopes or epitope tags. Label-based detection is widely used in protein microarrays due to the common availability of reagents and simple instrument requirements. However, these labelling strategies often alter surface characteristics and natural activities of the query molecule. Moreover, the labelling procedure is laborious, lengthy and limits the number and types of query molecules that can be studied [12]. In contrast to the label-based techniques, the label-free detection methods depend on the measurement of an inherent property of the query itself, such as mass and dielectric property. Label-free techniques avoid interference due to the tagging molecules, and determine reaction kinetics of biomolecular interactions in real-time [6, 13].

However, the label-free detection techniques also have multiple pitfalls and issues regarding sensitivity and specificity (Table 1). Further, expensive fabrication techniques, morphological anomalies of sample spots and insufficient knowledge of biosensors often restrict their use. Many label-free techniques such as SPR, carbon nanotubes (CNTs) and nanowires, nanohole arrays, interferometry, etc., have been successfully integrated with protein microarrays and are emerging rapidly as a potential complement to labelling methods [12]. The label-based detection techniques are also progressing rapidly. Quantum dots have been successfully introduced in biochemical and clinical research due to its ability to conjugate with different biomolecules such as peptides, proteins, nucleic acids and antibodies [14, 15]. Nam et al. reported detection of protein analytes by using nanoparticle-based bio-bar codes [16].

Chen et al. applied functionalized macromolecular single-walled nanotubes (SWNTs) as multicolour Raman labels to detect human autoantibodies against proteinase 3 [17]. Multi-label secondary antibody–SWNT bioconjugates were also applied for electrochemical immunodetection of a cancer biomarker, prostate-specific antigen (PSA), in serum and tissue lysates [18]. During the past few years, immense advancements have been made in the field of antibody microarray technology [19–23] and by using this robust and reproducible platform, low-abundance proteins have also been selectively targeted in directly labelled complex proteomes [24, 25]. Biotin-based one colour-labelling approach [26, 27] and planar waveguide array system [28] are
Table 1. Label-free detection techniques for protein microarrays

| Techniques | Principle | Applications | Merits | Demerits | Sensitivity and resolution | Throughput | Used for protein microarrays |
|------------|-----------|--------------|--------|----------|---------------------------|------------|-----------------------------|
| 1. SPR and related techniques | Measures changes in the refractive index of the medium directly in contact with sensor surface | Studying association or dissociation kinetics [32] | 1. Real-time measurements | Restricted to gold/silver surfaces | 10 ng/mL for casein by localized SPR [33] | + + b) | [32, 33] |
| (i) SPR | | Drug discovery [29] | 2. Multiplex analysis | | High [B] | 400 | | |
| | | Rapid diagnosis of cancer patients [30] | 3. Sensitive to conformational change | | Very high [A] | | | |
| | | Antigen–antibody interactions in protein microarrays [33] | 4. Quantitative and qualitative | | | | |
| (ii) SPRi | Captures an image reflected by polarized light at a fixed angle, and simultaneously detects many biomolecular interactions | Used for DNA–protein interaction [120–121] | 1–4 as above + | Restricted to gold/silver surfaces | (nM–zM range) 64.8 zM (Best achievable sensitivity, [122]) | + + c) | [34–37, 40–44] |
| | | Protein–glycan interactions [35] | 5. Suitable for HT | | Very high [A] | 792 features on microarray [44] | |
| | | Disease marker detection and protein expression profiling [44] | | 2. Requires sophisticated instrumentation | | | |
| | | Antigen–antibody interactions on microarrays [42] | | | | | |
| (iii) Nanohole array | Periodic nanoholes couple incident photons into SPs. SPs of both the side couple through periodic nanoholes to enhance light transmission | Binding kinetics measurement [45] | 1, 2, 4, 5 as above + | Insensitive to conformational changes | 333 nm/RIU [49] f) | + + + b) | [13, 45, 48] |
| | | Protein–protein interaction [13] | 6. Simple optical alignment | | 9.4 × 10⁻⁸ RIU [13] g) | 20164 sensors can be fabricated [13] |
| | | | 7. Unlike SPR, bulky prism is not required | | 80 nM [50] | | |
| | | | 8. Use high numerical aperture is possible | | High [B] | | |
| | | | 9. Miniaturization is possible | | | | |

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| Techniques | Principle | Applications | Merits | Demerits | Sensitivity and resolution | Throughput$^{b)}$ | Used for protein microarrays |
|------------|-----------|--------------|--------|----------|---------------------------|----------------|-----------------------------|
| 2. Ellipsometry | Measures change in polarization state of the incident light which depends on the dielectric properties and refractive index of thin film | Real-time and end point measurement of biomolecular interactions [55] Hormone detection and cancer marker test [51] Clinical diagnosis and narcotics detection [52] Affinity determination [6] Intrinsic pathway of coagulation [57] | 1, 2, 4 as above $^+$ 10. Not restricted to gold/silver 11. Cheaper than SPR-based biosensors 12. Simple instrumentation 13. Large field of view for simultaneous monitoring of the entire microarray | 1. Less sensitive than SPRi 2. Insensitive to conformational changes | 1 ng/mL [51, 56] 10 pg/mm$^2$ [54] High [B] | +$^b)$ [6, 51, 53, 55] | [6, 51, 53, 55] |
| 3. OI-RD | Based on polarization modulated nulling ellipsometry | Real-time and end point analysis of antigen–antibody interaction [60, 61] DNA–DNA hybridization and protein–small ligand binding reactions [60, 62] | All the merits of ellipsometry $^+$5 $^+$ 14. Higher sensitivity than imaging ellipsometry | Insensitive to conformational changes | 10 pm thickness change. Sensitivity comparable to SPRi [61] Very high [A] | +$^c)$ 2760 spots [61] | [60–62] |
| 4. Interference-based techniques | | | | | | | |
| (i) SRIB | Detection of optical phase difference due to biomolecular mass accumulation. | Dynamic measurements of protein–protein interactions [63] | 5 $^+$ 15. Cost effective 16. Fast determination of binding kinetics | 1. Suitable for only smooth layered substrates 2. Non-specific binding | 19 ng/mL [63] | +$^b)$ 200 spots [63] | [63] |
| (ii) Dual-channel BioCD | Simultaneous interferometry and fluorescence detection | Detection of mass and fluorescence signals from protein [64] | 5 $^+$ 17. Extremely fast 18. Specific and non-specific bindings can be differentiated | Expensive and complex | 30–70 pg/mL [64] | +$^c)$ 6800 spots [64] | [64] |
| Techniques | Principle | Applications | Merits | Demerits | Sensitivity and resolution | Throughput$^\text{b)}$ | Used for protein microarrays |
|------------|-----------|--------------|--------|----------|-----------------------------|-------------------|-----------------------------|
| (iii) AIR  | Measures small-localized changes in optical thickness of a thin film | Detection of human proteins in cellular lysate and serum [71] Biomolecular binding [70] Protein spot homogeneity evaluation [71] | 6 + 15 + 17 | Sensitivity | 250 pg/mL [71] High [B] | +$^\text{b)}$ 4 spots [70] | [70] |
| 5. SKN    | Measures alteration in work function and surface potential due to molecular interactions | Antigen–antibody interactions [75] DNA structure analysis [75] Isoelectric point determination [74] | 17 + 19. Non-contact | Unsuitable for very complex samples | <50 nm [74] High [B] | +$^\text{b)}$ 36 spots [74, 75] | [74, 75] |
| 6. AFM    | High-resolution scanning probe microscope detects vertical and horizontal deflection of cantilever | Pathogen detection [123] Protein interaction [81] | 20. Detection under physiologically relevant conditions | Imaging in aqueous solutions is very difficult | Picolitre volume [81] High (B) | +$^\text{b)}$ 12 protein spots [79, 80, 123] | [79, 80, 123] |
| 7. Nanowires and nonotubes | Detects changes in the electrical conductance of CNT/CNWs after target binding | Cellular detections [83] Direct assay of human serum [84] Cancer markers detection [82] Study of small molecule interactions [85] | 1 + 2 + 10 + 21 | Lack of simple flexible well-established surface modifications methods | (nM–fM range) 1 fM (Best achievable sensitivity) [87] | +$^\text{b)}$ 30 microelectrodes [82, 84, 86, 87] | [82, 84, 86, 87] |
| Techniques          | Principle                                                                 | Applications                                                                 | Merits                        | Demerits                                                                 | Sensitivity and resolution | Throughput^a) | Used for protein microarrays |
|--------------------|---------------------------------------------------------------------------|------------------------------------------------------------------------------|-------------------------------|--------------------------------------------------------------------------|----------------------------|---------------|-----------------------------|
| 8. Enthalpy array  | Arrays of nanocalorimeters, measures heat generation of the reaction     | Enzyme kinetics (Km, Kcat) and inhibitor constants (Ki) can be determined [90] | 10+                           | 1. False positives when two reacting solutions have different pH or ionic strength | µM–nM range, [92]          | 384 samples   | [90, 91]                    |
|                    |                                                                           | Biomolecular interactions enzymatic turnover and mitochondrial respiration determination [92] | 22. Immobilization of biomolecules not required | 2. Complex instrumentation                                                                                              |                           |               |                             |
|                    |                                                                           |                                                                              | 23. Very rapid, small sample volumes required | 3. Real-time analysis not possible                                                                                       |                           |               |                             |
|                    |                                                                           |                                                                              | 24. Can be used for complex samples (i.e. serum) | 4. Not sensitive to conformational change                                                                              |                           |               |                             |
| 9. Microcantilevers| The binding of query molecules to the immobilized target molecules causes bending of microcantilever and change the resonant frequency | Investigating thermodynamics of biomolecular interactions [95] | False positives with complex sample (i.e. serum) | 0.2 ng/mL                                                                       | 80–120 reaction wells [98] |               |                             |
|                    |                                                                           |                                                                              |                              | High [B]                                                                                                                   |                           |               |                             |
| 10. Electrochemical impedance spectroscopy-aptamer array | Captures biomolecules with high affinity and selectivity using aptamers | Detection of thrombin in human plasma samples [105] | 1+6+                          | Aptamers denature at extreme conditions (approximately equal to 1.5 ng/mL CDK2) [104] | 50 pM                      | 96 spots      | [103, 104]                  |
|                    |                                                                           |                                                                              |                              | Protein kinases detection [104]                                                                                          |                           |               |                             |

Sensitivity scale: [A], Very high: atto-femtogram/mL (10^-18–10^-15 g/mL). [B], High: pg-ng/mL (10^-12–10^-9 g/mL). [C], Moderate: µg/mL (10^-6 g/mL).

^a) Throughput (maximum number of sample spots analysed simultaneously). +++High (capable to monitor thousands of biomolecular interactions simultaneously). +Moderate (capable to monitor about 100 biomolecular interactions simultaneously). +Low (capable to monitor less than 100 biomolecular interactions simultaneously). HT applications demonstrated/proof-of-concept.

^b) Proof-of-concept for HT but actual demonstration of HT application is not yet done.

c) HT applications already demonstrated using this technique.

d) Amount of protein used in the microchannel during incubation 17.5 µg.

e) Corresponds to 200 µL of 290 nM GST (~3.49 × 10^12 molecule).
promising label-based techniques for multiplexed, quantitative biomolecular interaction analysis in a microarray format.

3 Label-free techniques for protein microarrays

3.1 SPR and related techniques

3.1.1 SPR

SPR is a surface sensitive, spectroscopic method which measures change in the thickness or refractive index of biomaterials at the interface between metal surfaces, usually a thin gold film (50–100 nm) coated on a glass slide, and an ambient medium. In SPR the test proteins are immobilized on a gold-surface, unlabelled query protein is added, and change in angle of reflection of light caused by binding of the probe to the immobilized protein is measured to characterize biomolecular interactions in real-time (Fig. 2A). The angle at which the minimum intensity of the reflected light is obtained is known as the “SPR angle”, which is directly related to the amount of biomolecules bound to the gold surface.

SPR has been widely used for many biomedical, food and environmental applications [29]. The critical angle refractometer, optically reconfigured to SPR technology, is suitable for measuring the binding kinetics of serum antibodies to human tumour antigen for the rapid diagnosis of cancer patients [30]. Boer et al. [31] generated a unique SPR-based microarray using natural glycans for rapid screening of serum antibody profiles, which demonstrated that SPR-based label-free detection techniques could be an excellent choice for the detection of infection status of an individual. Wassaf et al. [32] utilized SPR microarrays in combination with HT antibody purification technologies for rapid and accurate affinity ranking of antibodies. Hiep et al. [33] developed a localized SPR immunosensor for detection of casein allergen in raw milk samples and achieved a detection limit of 10 ng/mL. SPR-based biosensors are in great demand as they provide label-free, real-time detection of the biomolecular interactions. SPR is best suited for drug discovery, rapid diagnosis and security applications.

3.1.2 SPR imaging

SPR imaging (SPRI) allows simultaneous analysis of multiple biomolecular interactions in HT manner. In SPRI, the entire biochip surface is illuminated at the same time with a broad beam, monochromatic, polarized light and the reflected light is captured from each spot by CCD camera simultaneously. The CCD camera continuously monitors the changes occurring on the surface and provides the real-time kinetic data (Fig. 2B).

Lee et al. [34] applied SPRI for direct, multiplexed detection of unlabelled low molecular weight protein biomarkers, \( \beta \)-m and cysC, with a nanomolar detection limit. SPRI technique was also successfully applied to analyse interactions of GST-fusion proteins with their antibodies [35], real-time monitoring of auto-antibodies in sera of autoimmune patients at picomolar concentrations [36], and direct discrimination of different proteins and investigation on their structural changes with the progress of denaturation [37].

In order to make SPRI compatible for HT protein arraying, Myszka’s group improved protein printing by using a continuous-flow microfluidic device, the continuous-flow microspotter with 48 spot printhead, thereby allowing the researchers to simultaneously monitor multiple biomolecular interactions [38, 39].

SPRI combines the advantages of SPR (kinetic and affinity analysis) with HT capabilities. It is convenient, sensitive and offers HT label-free measurement of biomolecular interactions. Many studies have demonstrated that SPRI can be used for relative as well as absolute protein expression profiling and drug discovery applications [40]. In recent years, the SPRI platform has been successfully applied to detect adsorption and desorption of multiple proteins [41], real-time study of antigen–antibody reactions in arrayed format [42], and detection of cancer biomarkers [43]. Lausted et al. [44] used SPRI for label-free analysis of an antibody microarray (792 features) having serum proteins from liver cancer patients and healthy subjects. The authors successfully identified 39 significantly modulated proteins. Preliminary promising results suggest that the use of protein chips for SPRI at proteome level may not be unachievable. SPRI is a potential alternative to label-based detection techniques and offers nearly comparable sensitivity (picomolar level) to single-colour and dual-colour labelling approaches. But at the same time, it must also be emphasized that despite all its promises, SPRI is still a long way off from large scale use in protein microarrays.

3.1.3 Nanohole array

Unusual optical transmission characteristics at resonant wavelengths are shown by ordered arrays of nanoscale holes in metal films. Surface plasmons (SPs) excited on both sides of metal surface resonantly couple through the sub-wavelength holes, which enhances the light transmission for a specific wavelength and makes nanohole arrays a potential surface-based biosensor (Fig. 2C). Simple optical alignment, easy miniaturization, very small foot-print, high accuracy, robustness, increased fluorescent signal, multiplexing and collinear optical detection are the major advantages of this biosensing technique [13, 45, 46].

Ji et al. [13] have introduced an integrated nanohole array with extraordinary optical transmission intensity and achieved about ten times higher sensitivity than that of prism-based SPR. Yang et al. [47] have applied dip-pen nanolithography (DPN)-based nanohole arrays along with microwriting process to monitor multiple protein binding events simultaneously.
Plasmonic Bragg mirrors, introduced by Lindquist et al. [48], was used to achieve enhanced sensitivity and for isolation of sensing areas. They were able to measure the real-time streptavidin–biotin-binding kinetics with a microarray of 600 sub-micron biosensing pixels at a packing density of more than 10⁷ per cm². Leebeeck et al. [49] have constructed an SPR-based sensor containing a microfluidic device with an integrated array of nanoholes and studied a biochemical affinity process involving biotin–streptavidin system. Recently, Eftekhari et al. [50] have introduced a flow-through nanohole array-based sensing technique by combining nanofluidics and nanoplasmonics. Using this nanohole array, they successfully performed the selective immobilization of an ovarian cancer-specific antibody in real-time manner with high accuracy. These studies suggest that nanohole arrays are promising for studying binding kinetics of protein–protein interaction in microarray format.

### 3.2 Ellipsometry-based techniques

#### 3.2.1 Ellipsometry

Ellipsometry is based on the polarization state of the reflected light, which is altered due to changes in dielectric
property or refractive index of the sample surface. The imaging ellipsometry technique, which combines ellipsometer with the microscopy and CCD camera, makes it possible to measure total protein content on the solid surface without affecting the protein function and need of labelling (Fig. 3A). This technique has been successfully applied to study biomolecular interactions, hormonal activity, cell factor-receptor binding, narcotics, diagnosis of hepatitis B, quantification of competitive adsorption of protein and kinetic measurement of multi-protein interactions [51, 52].

Merging of imaging ellipsometry with microfluidic system provides various advantages such as low sample consumption, high automation, shorter reaction time and multiplexed assay with high sensitivity (pg of biomaterial/mm² of the sensor surface) [53, 54]. This technique was successfully applied for the real-time measurement of binding kinetics of SARS virus and monoclonal antibody interactions [55], and for detection of five markers of Hepatitis B virus infection [56]. Chamritski et al. [6] demonstrated the detection of mole fraction and affinity constants for antigen–antibody interactions using imaging ellipsometry. Westphal and Bornmann [54] developed a hybrid technology known as SP-enhanced ellipsometry by combining ellipsometry and SPR. Using this integrated technique, authors finely resolved <10 pm thick biomolecular layer. Elwing [57] demonstrated the application of ellipsometry for systemic investigation of complex, surface-associated phenomena such as complement activation and intrinsic pathway of coagulation. Asinovski et al. [58] have demonstrated the technical aspects for the qualitative, quasi-quantitative and fully quantitative imaging ellipsometry. Recently, Siegel et al. [59] have introduced laser-based ellipsometry for detection of arteriosclerotic nanoplaque formation. They tested lipoprotein from human blood for its atherogenic properties and determined the concentration of biomarkers related to oxidative stress, plaque stability and progression and inflammation. Although ellipsometry-based techniques display some attractive features, such as shorter reaction time and simple instrumentation, they are not technically suitable for targeting very low abundant protein analytes.

### 3.2.2 Oblique incidence reflectivity difference

Oblique incidence reflectivity difference (OI-RD) is a form of ellipsometry in which, the harmonics of modulated photocurrents are measured under suitable nulling conditions (Fig. 3B). Changes in thickness and/or dielectric response due to a reaction with a microarray spot, such as protein binding, yields a detectable OI-RD signal [60–62]. Application of this phenomenon makes OI-RD a good choice for label-free detection of proteins on microarrays.

OI-RD microscope has been successfully applied for real-time and end-point monitoring of antigen–antibody interactions, nucleic acid hybridizations and protein–small ligand-binding reactions [60]. Fei et al. [61] employed a unique scanning optical microscope based on a polarization-modulated nulling ellipsometry for HT label-free detection of biomolecular interactions, in which they achieved an endpoint image of a 2760-spot microarray in less than 15 min. Landry et al. [62] detected hundreds of real-time biochemical reactions using this versatile optical platform. They performed the analysis of binding reactions between immobilized drug-antigen target and probe antibody. Very high sensitivity (down to 10 pm thickness changes), rapid detection, large field view and real-time measurements are the major advantages of this imaging ellipsometry-based approach. Moreover, unlike SPR it is not dependent on the gold-coated surfaces and is applicable to conventional microscope glass slides.

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**Figure 3.** (A) Basic principle behind ellipsometry: A monochromatic laser light is linearly polarized by polarizer. This light is passed through a compensator, which produces elliptically polarized light. When this light is reflected from a sample surface, it again become linearly polarized and detected by the analyser filter. The intensity of the reflected light is monitored with the photodetector. (B) Top view of a hybrid scanning OI-RD microscope. X-scan is performed by moving the sample holding stage and y-scan is performed by a combination of a rotating mirror and θ-theta lens. The sample is coated on the glass slide, which is directly in contact with fluidic system. PD: photodiode detector, A: analyser, OBJ: objective lens, PS: phase shifter, PEM: photo elastic modulator (modified from [61]).
3.3 Interference-based techniques

The basic principle behind interferometry is the transformation of phase differences of wave fronts into observable intensity fluctuations known as interference fringes (Fig. 4A). There are several promising interferometric techniques at various stages of development for label-free detection (Table 1). These techniques include spectral reflectance imaging biosensor (SRIB) [63], dual-channel biosensor [64], SPR interferometry [42, 65], on chip interferometric backscatter detection [66], porous silicon-based optical interferometric biosensor [67], high-speed interferometric detection on the biological compact disc (BioCD) [68] and spinning disc interferometry [69]. Interferometric measurements can provide high sensitivity and resolution of optical path length differences, with the best systems currently achieving $10^{-10}$ rad resolution [63]. Interference-based detection techniques are powerful tools for biochemical and functional analysis of proteins.

3.3.1 SRIB

SRIB is a recent promising label-free approach, which is based on interference [63]. Changes in the optical index as a result of capture of biological material on the microarray surface are finely detected in SRIB using optical wave interference (Fig. 4B). This technique directly monitors primary molecular binding interactions. It is sensitive (19 ng/mL detection limit), relatively cheap and can be easily implemented [63].

3.3.2 BioCD

BioCD is a tool, which utilizes local interferometry to detect protein mass and realize label-free protein detection (Fig. 4C). Wang et al. [64] introduced a dual channel biosensor for protein microarrays with detection limit of pg/mL level. It performs simultaneous interferometric and fluorescent detection of proteins on the solid surface. The dual channel protein BioCD scanning system simultaneously detects mass and fluorescence signals from proteins, and is compatible for spotted microarrays.

3.3.3 Arrayed imaging reflectometry

Arrayed imaging reflectometry (AIR) depends on the destructive interference of polarized light reflected off a silicon substrate (Fig. 4D). Mace et al. [70] applied AIR and finely detected extracellular domain of intimin protein even at picomolar concentration. The same group applied AIR to detect human proteins in cellular lysate and serum [71]. Another study by this group [72] has demonstrated that introduction of non-nucleophilic substances as additives in protein microarrays can effectively improve spot morphology. Simple inexpensive substrate reader, short assay time and high sensitivity are the major advantages of AIR but non-ideal conditions such as finite spectral bandwidth, angular divergence of the light source, non-homogeneity and roughness of the over layers on the substrate often restrict the achievable sensitivity [73]. Overcoming these
shortcomings can make AIR a promising label-free diagnostic tool for clinical proteomics.

In spite of these successful demonstrations, application of interference-based techniques for identification of low-abundance proteins, hormones, growth factors, cytokines, chemokines remains relatively unexplored. However, label-based antibody microarray technology has made significant progress in this area [21].

### 3.4 Scanning Kelvin nanoprobe

The Kelvin probe force microscope (KPFM) detects regional variations in surface potential across a substrate of interest, mostly gold [74]. KPFM has several advantages as a biomolecular label-free detection technique. It is a non-contact technique, which does not require specialized vacuum or fluid cell. It can operate at high speed while maintaining the signal fidelity, unlike other scanning probe techniques that require substrate contact. Another important aspect of KPFM technology is the potential to analyse high-density arrays [74].

The scanning Kelvin nanoprobe (SKN) constructed by Thompson et al. [75] distinguished a single internal mismatch in the DNA. By using this approach they visualized and examined protein concentration and formation of antigen–antibody pairs with high sensitivity, and good inter-spot reproducibility (Fig. 5A). Sinensky and Belcher [74] tested the interaction between biotin and avidin and demonstrated the correlation between measured surface potential and isoelectric point of the biomolecules. By combining KPFM with another scanning probe method, DPN, they achieved high resolution (<10 nm), sensitivity (<50 nM) and speed (>1100 nm/s). A recent study by Saoud et al. [76] has established a new approach for the immobilization of biomolecule probes by using a linker diluent system on indium tin oxide. This method has potential to reduce the non-specific binding of biomolecules.

### 3.5 Atomic force microscope

Atomic force microscope (AFM) is the most commonly used member of the family of scanning probe microscopes (SPMs). AFM images reveal significant information about surface features and it can measure the deflection of cantilever with picometre resolution (Fig. 5B). Experimental evidences suggest effective implications of AFM-based techniques such as nanoshaving, nanografting, DPN, etc., in patterning of stable proteins. Detection of protein–protein interactions on the protein array can be performed by monitoring the height increase by AFM imaging [77].

Tinazli et al. [78] have introduced a novel vibrational AFM mode in native protein nanolithography to detach immobilized proteins. Fabrication of protein nanoarrays, conducted under native conditions, resulted in high resolution and high specificity of patterning being achieved. Soultani-Vigneron et al. [79] have demonstrated a unique three-step method involving AFM along with Fourier transform infrared spectroscopy and fluorescence scanning microscopy to achieve immobilization of oligo-peptide probes for protein microarrays. AFM-based DPN technique for analysis of protein interactions was introduced by Lee et al. [80]. In this method, AFM was used to monitor and evaluate height of protein nanoarrays. In a different study, the authors utilized a Prolinker-coated AFM tip modified by vitronectin to measure the interaction between integrin αβ3 and immobilized vitronectin on the cantilever tip [81]. Reports combining AFM and nanolithography have demonstrated the potential of this technology for fabrication of protein nanoarrays; however, imaging biomolecules in aqueous solutions and image artifacts are major challenges which need to be overcome for the success of this technology.

### 3.6 Nanotubes and nanowires

CNTs are hollow cylindrical graphite sheets that exhibit high level of chemical stability and mechanical strength. Like CNTs, carbon nanowires are also exceptionally interesting from an application research point of view. Unique and well-defined electrical and mechanical properties of SWNTs make them one of the most promising candidates for development of nanoscale biosensors. Binding of target protein to the functionalized nanowires leads to detectable changes in the electrical conductance of the device. Label-free detection of protein molecules is achieved by applying this phenomenon (Fig. 6). Okuno et al. [82] have introduced label-free immunosensor based on SWNT array-modified microelectrodes for detection of a cancer marker, total PSA. Recently, Ishikawa et al. [83] have used metal-cluster-decorated CNT biosensor for detection of *Aureococcus anophagefferens* and BT3 cells with sensitivity down to 105 and 104 cells/mL, respectively. Drouvalakis et al. [84] constructed peptide-coated CNT-based immunosensor for the direct label-free assay of human serum.

Silicon nanowire field effect transistors (SiNW-FET) and nanoscopic gold tubes have also been successfully applied for label-free detection of small molecule-protein interactions. Wang et al. [85] have used SiNW-FET for detection of small molecule inhibitors of ATP binding to Abl kinase. They characterized concentration-dependent inhibition of ATP binding by Gleevec (STI-571) by monitoring the conductance of SiNW-FET device. Lee et al. [86] fabricated silicon nanowire using an inexpensive micromachining-“top-down” method to measure C-reactive protein binding, and detected signal changes down to femtomolar concentration. Zheng et al. [87] developed a label-free, multiplexed
electrical detection technique using silicon-nanowire field effect devices, with which they successfully detected cancer markers such as PSA, carcinoembryonic antigen and mucin-1 at pg/mL concentration. Cai and Ocko [88] used a novel approach by integrating nanosphere lithography and surface silane chemistry to fabricate hexagonal arrays of nanoscale protein-island. This technique did not affect the functionality of proteins and provided an economical solution for large-scale, high-resolution protein patterning.

Nanotube and nanowire-based emerging techniques are very promising owing to their high sensitivity (nM to fM range), accuracy, label-free detection ability, real-time sensing and instrumental simplicity. However, there are few drawbacks of these techniques; for example, production of mixtures of metallic and semiconducting nanotubes by existing synthetic methods often reduces their activity and make them unsuitable for systematic studies. Lack of simple, flexible, well-established surface modification
methods of the nanowires/tubes are other major limitations [89].

3.7 Enthalpy array

Enthalpy arrays, which are arrays of nanocalorimeters, allow researchers to measure thermodynamics and kinetics of molecular interactions using small sample volumes and short measurement time [90] (Fig. 7A). The measurements do not require immobilization or labelling of reactants, and are unaffected by spectroscopically opaque solutions that may occur with high concentrations of substrate or product [91]. Torres et al. have reported the use of 96-detector format enthalpy array to detect molecular interactions, including protein–ligand-binding, enzymatic turnover and mitochondrial respiration [92]. The practical limitation of this technique is that significant heating effects can produce thermal signals that are indistinguishable from ligand-binding effects, consequently leading to a high incidence of “false hits” [93].

3.8 Microcantilever

Microcantilevers are silicon-based, gold-coated, thin (1 μm) surfaces, which are horizontally hanged from a solid support. Bending of the cantilevers due to biomolecular adsorptions is detected either optically by measuring the change in reflection angle or electrically with the help of metal oxide semiconductor field effect transistor (metal oxide semiconductor field effect transistor, Fig 7B) [94]. Microcantilever sensors have been successfully applied to investigate the thermodynamics of protein–protein and other biomolecular interactions [95], detection of PSA in both free and complex forms at physiological concentrations [96], antigen–antibody-binding assays [97–98], conformational change of bacteriorhodopsin [99], DNA binding of transcription factors [100] and analysis of complex biological samples [101]. The applications of simple inexpensive fabrication techniques, and short assay times, make this technique promising for protein microarrays.

3.9 Electrochemical impedance spectroscopy – aptamer array

Merging of electrochemical impedance spectroscopy (EIS) with protein array offers label-free detection of multiple antigen–antibody and other protein–protein interactions. Improvement in immobilization of capture biomolecules onto the materials can effectively enhance the sensitivity of EIS, leading to the introduction of aptamers in EIS-based biosensing studies. Aptamers are short pieces of single-stranded oligonucleotide that can bind to wide range of molecular targets including peptides, proteins, metabolites and organic molecules with immense affinity and selectivity. Aptamers are highly promising capture molecules in microarray formats due to their structural stability and simple synthesis process. Effective binding of the desired target is dependent on correct folding of the aptamers, and is controlled by orientation of the immobilized aptamer [102]. A novel aptamer-based technique called “analyte-dependent oligonucleotide modulation assay” was introduced by Yamamoto-Fujita and Kumar [103] for analysis of protein small–ligand interactions. Evans et al. [104] detected cyclin-dependent protein kinases (with sensitivity limit of around 50 pM) in whole-cell lysates using arrays of ten electrodes functionalized with individual peptide aptamers. Recently, Xu et al. [105] have constructed aptamer-functionalized gold nanoparticles as probes for detection of thrombin in human plasma samples with a 2.5 nM detection limit.

4 Potential label-free techniques for protein microarrays

In addition to the label-free techniques described in Section 3, which have already been directly used for protein microarrays, there are many potential label-free techniques at various stages of development which can be applied for protein microarrays in future. These technologies include SPR–MS [106], backscattering interferometry [66, 107], brewster angle straddle interferometry [108], UV fluorometry [109, 110], SELDI-TOF-MS [111–113], tagged-internal standard assay [114] and spectral-domain optical coherence phase microscopy [115]. Integration of these techniques in protein microarrays may exhibit significant impact in future but more research is required in these fields.
The rapidly emerging field of proteomics has now established itself as an inevitable platform to enrich our understanding of biological systems. Protein microarray is a HT analytical technique for protein profiling, which enables us to investigate thousands of proteins simultaneously. Many limitations of label-based detection methods for protein microarrays have been successfully surmounted with the introduction of label-free approaches, in which detection of target molecules is achieved by evaluating an inherent property of the query itself. Among the emerging label-free detection techniques for protein microarrays, SPRi, CNTs, semi-conducting nanowires, interferometric and ellipsometric techniques have attracted considerable interest due to their excellent sensitivity, high level of multiplexing and HT capability. These techniques have demonstrated a wide dynamic range and promise to meet the sensing needs of protein microarrays. Concurrent with the exploration of new effects, AFM and AIR, may also have significant impact for protein microarrays. Real-time sensing, apparatus simplicity and elimination of disturbances from conjugated labels make these HT label-free detection methods a prime choice for biological analysis. Successful detection of kinetic information as well as in situ identification of various biological species with outstanding performance testifies to the excellent potential of these novel label-free techniques.

Development of label-free detection tools is undoubtedly a great benediction for the large-scale study of protein–protein interactions. These highly sensitive, reliable label-free detection techniques also have revolutionizing impacts in the areas of pharmaceutical analysis, screening of potential drugs, cellular detection, biomolecular characterization, disease diagnostics and environmental monitoring. However, sensitivity and specificity often become major concerns for such label-free techniques during handling of very complex samples. Marriage of microarrays and label-free techniques is gaining popularity; however, the scientific community is still waiting for successful transformation of these label-free principles to large microarray surfaces. Emerging label-free detection techniques have demonstrated their applicability to protein microarrays by testing antigen–antibody interactions, what remains to be seen is how these detection techniques would be able to test clinically relevant, weak protein–protein interactions in HT. With the ongoing active research efforts, it is expected that the field of label-free protein microarrays will become more robust, sensitive, reliable, rapid, cost-effective and user-friendly in near future.

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