Gemella morbillorum endocarditis in a patient with a bicuspid aortic valve

Mustafa Dogan,1 Aynur Eren Topkaya,2 Seref Alpsoy,3 Ozcan Gur,4 Ilknur Erdem1

1Department of Infectious Diseases, Namik Kemal University Faculty of Medicine, Tekirdag, Turkey
2Department of Medical Microbiology, Namik Kemal University Faculty of Medicine Tekirdag, Turkey
3Department of Cardiology, Namik Kemal University Faculty of Medicine Tekirdag, Turkey
4Department of Cardiovascular Surgery, Namik Kemal University Faculty of Medicine Tekirdag, Turkey

ABSTRACT

Gemella morbillorum is one of the rare causative microorganisms of endocarditis. We herein report a case of infective endocarditis in a patient with bicuspid aortic valve caused by G. morbillorum. Infective endocarditis diagnosis was established based on the Modified Duke’s criteria. The patient was successfully treated with medical-surgical management.

Keywords: Bicuspid aortic valve; endocarditis; Gemella morbillorum.

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Gemella morbillorum endocarditis is rare condition, with few cases reported in the English literature. Despite the improvements in the treatment methods, the morbidity and mortality rates are still high. Delays of weeks or months in antimicrobial treatment increase the risk of the occurrence embolic or immunological events [1, 2]. In this paper, it was reported a case of native bicuspid aortic and mitral valve endocarditis caused by G. morbillorum.

CASE REPORT

A 37-year-old male patient with the complains of fever, fatigue, sweating, and loss of more than 10% of his body weight for 1 month. Right upper quadrant pain and high fever was began 1 week ago. The patient had no history of smoking, alcohol consumption, or illicit drug use. No history of heart valve disease was ascertained. He was a workman in a chemical factory. On his physical examination, body temperature was 38.6°C, pulse rate was 112 beats/min, respiratory rate was 38 breaths/min, and blood pressure was 90/70 mmHg. Cardiac examination revealed a 3/6 pansystolic murmur. The liver was palpable 2 cm below the right costal margin and his Traube’s space was closed. In addition to the available findings, splinter hemorrhage was seen on the fourth finger of the left hand. Laboratory findings were as follows: White blood count, 4300/mm3 (68% PNL); hemoglobin, 7.9 g/d; platelets, 81,000/mm3; C-reactive protein, 102 mg/L (RR 0–5 mg/L); erythrocyte sedimentation rate, 122/h; and albumin, 2.8 g/dL (RR 3.5–5.5 g/dL). Liver and kidney function tests were normal. Three sets of blood culture and bone marrow aspirate were obtained from the patient who was hospitalized to investigate the cause of fever. Intravenous ceftriaxone (1×2 g/day) was started empirically after blood cultures are taken. Transthoracic echocardiography revealed vegetation on bicuspid aortic valve which was a 22×18 mm in di-
ameter near the left coronary cuspis. There was another vegetation as mobile mass with the diameter of 20×15 mm on the anterior leaflet of the mitral valve and was causing mitral insufficiency (Fig. 1). Ejection fraction was 50%. Similar findings were also demonstrated in transesophageal echocardiography (TEE). In abdominal ultrasonography, the liver size was 165 cm and spleen size was 162 cm.

Gram-positive cocci were yielded from three sets of blood culture bottles and bone marrow aspirate (BacT/ALERT, bioMérieux, Marcy l’Etoile, France) after 24 h. *G. morbillorum* was identified by matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS, Bruker Daltonics Inc.). Antimicrobial susceptibility was performed using Kirby–Bauer disk diffusion method and an automated system according to standard guidelines. The isolate was susceptible to ampicillin, ceftriaxone, and vancomycin but was resistant to gentamicin. Infective endocarditis was diagnosed based on the modified Duke criteria of one major criterion (evidence of endocardial involvement) and four minor criteria (positive blood cultures, fever, bicuspid aortic valve, and evidence of septic emboli).

On the 15th day of the treatment, control TEE showed no regression of vegetation size. The patient was consulted by the cardiovascular surgery clinic. Mitral and aortic valve replacement was performed. The patient was discharged after 28 days of antibiotic treatment.

**DISCUSSION**

*G. morbillorum* (formerly *Streptococcus morbillorum*), which was first described in 1917 by Tunicliffe, was classified as a separate bacterial strain with its biomolecular and physiological properties in 1988 [2]. *G. morbillorum* possess Gram-positive cell wall structure, but it also has a feature of Gram-variable probably due to their relatively thin cell walls [3, 4]. It is part of the normal flora of the oral cavity, gastrointestinal, and genitourinary tract of the human body [4, 5].

*G. morbillorum* may cause dental abscess, pleural empyema, liver abscess, peritonitis, pericarditis, mediastinitis, sepsis, spondylodiscitis, soft tissue infection, meningitis, brain abscesses, and infective endocarditis as an opportunistic agent. It is not a common infectious agent and usually requires the presence of various predisposing factors to become as infectious pathogen. These predisposing factors include poor dental hygiene, dental procedures, gastrointestinal procedures, colon malignancies, and underlying cardiac pathologies such as rheumatic heart disease, surgically repaired intracardiac lesions, and congenitally bicuspid aortic valve [4–7].

It is reported in a limited number of cases as endocarditis, although endocarditis is the most common clinical manifestation of *G. morbillorum*. Both native and prosthetic valves can be affected. Aortic valve was more frequently affected than mitral valve [7–9]. Bicuspid aortic valve is the most common congenital heart anomaly with an estimated incidence of up to 0.9–2% in the general population [9, 10]. In our patient, it is mentioned that bicuspid aorta is an important predisposing factor. There were present both aortic valve vegetation and mitral valve vegetation.

In the medical treatment of infective endocarditis due to *G. morbillorum*, different options were applied taking into account the sensitivity of the agent. Antibiotics were administered between 4 and 6 weeks in alone penicillin G, ceftriaxone, vancomycin, or combination with gentamicin and rifampin [4, 5]. In the treatment of our case was started once a day with intravenous, 2 g ceftriaxone. According to the antibiogram results, ceftriaxone was continued without any change in treatment.

*G. morbillorum* can cause rapid destruction in the heart valves and may lead to a significant clinical deterioration. In some cases, the medical treatment may not be
shown the desired response due to the increase in regurgitation and failure of the mitral valve and aortic valve, the size of the vegetation (>1 cm dm), and the presence of septic emboli or the bacterium’s own virulence characteristics [2, 6, 7, 11]. In our case, on the 15th day of antibiotic therapy, ruptured mitral chordae tendineae, marked reduction in ejection fraction and vegetation >1.5 cm in both valves were detected in TEE. Mitral valve and aortic valve replacement was performed. Antibiotic therapy was continued for 4 weeks and was seen to have improved in his clinical findings.

Conclusion
Infective endocarditis is a serious and life-threatening disease. Rare pathogens such as *G. morbillorum* may be the cause of infective endocarditis and usually affects the immunosuppressive population; this organism can even lead to the occurrence of quite large vegetation.

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