Photoperiodic conditions as a factor modulating leptin influence on pro-inflammatory cytokines and their receptors gene expression in ewe’s aorta

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ABSTRACT. Atherosclerosis, a chronic inflammation state of the aorta, is characterised by increased levels of pro-inflammatory cytokines (tumour necrosis factor alpha (TNFα), interleukin (IL)-1β, IL-6). Sheep is used in both cardiovascular and immunological studies; besides, ‘long-day’ ewe can be a model of leptin resistance state. The aim of the study was to examine whether photoperiodic conditions (long-day (LD) and short-day (SD) seasons) are a key factor modulating exogenous leptin influence on pro-inflammatory cytokines and their receptors gene expression in aorta of ewe’s with or without prior induction of acute inflammation. The experiment was conducted on 48 ewes during SD and LD seasons which were randomly divided into 4 groups: control; with LPS injection (400 ng/kg of body weight (BW)); with leptin injection (20 μg/kg BW); and with LPS and 30-min later leptin injection. Three hours after LPS/control treatment animals were euthanized to collect the thoracic aorta samples. In both seasons leptin injection intensified LPS-induced increase in IL1B gene expression but only in SD season leptin injection increased IL1R1 and IL1R2 gene expressions. The leptin injection increased IL6 gene expression but only in SD season. In the LD season leptin enhanced the LPS effect on IL6 gene expression. Neither TNFA nor its receptors gene expression was influenced by leptin regardless of season. In the thoracic aorta tissue an exogenous leptin exerts effect on pro-inflammatory cytokines and their receptors gene expression; however in ewe this influence depends on photoperiodic conditions. Moreover, leptin can moderate progression of the inflammation reaction in this tissue.

Introduction

Cardiovascular diseases (CVD) such as hypertension, ischemic heart or heart failure, are currently the leading cause of death worldwide. According to World Health Organization (WHO) statistics, in 2008 the number of deaths due to CVD was 17.3 mln, which accounted for nearly 30% of all deaths (WHO, 2011). The underlying cause of CVD is atherosclerosis which is a chronic inflammation state of the aorta and arteries of medium size (epicardial, coronary, carotid, renal, pelvic, mesenteric). Atherosclerosis can be however treated as ‘inflammation disease’ in two aspects.
Firstly, it is a located inflammation state manifested by formation of the fatty streaks transforming into atherosclerotic plaque in the vessels. Secondly, atherosclerosis is accompanied by sub-acute systemic inflammation indicated by increased level of: pro-inflammatory cytokines (tumour necrosis factor alpha (TNFα), interleukin (IL)-1β, IL-6), adhesive molecules (vascular and intercellular cell adhesion molecules (VCAM, ICAM, respectively)) and acute phase proteins (C-reactive protein, amyloid A, fibrinogen) (Beręsewicz, 2011). It is stated that mechanism of inflammation participating in pathogenesis of atherosclerosis is similar to the pathway of inflammation caused by infection (innate immunity). The main difference constitutes an inductor of the process, which is pathogen or its toxin (such as lipopolysaccharide (LPS)) in the innate immunity (Kumar et al., 2011) and oxidized low density lipoproteins (ox-LDL) (Howell et al., 2011) in atherosclerosis. Both LPS and LDL derivatives activate the path dependent on Toll-like receptor 4 (TLR4).

Ligand binding to this receptor activates MyD88-dependent or -independent pathways of kinases such as Inhibitor of Nuclear Factor κB Kinase (α,β,γ) (IKK) or c-Jun N-terminal Kinase (JNK) causing synthesis of pro-inflammatory cytokines (Frantz et al., 2007). The similarities in activating TLR4 by ox-LDL and LPS caused that LPS is used as a model factor for atherosclerosis induction in animals (Yin et al., 2013).

One of the possible large animal model in atherosclerosis research is sheep. So far, it has been used as a model in research on several heart diseases such as ligation-induced myocardial infarction in foetal sheep, embolization-induced myocardial infarction or sudden cardiac death (Camacho et al., 2016). Milani-Nejad et al. (2014) presented several advantages of using sheep as a pre-clinical model for studying cardiovascular diseases. Among them are: close similarities in the cellular level (myosin), heart rate (sheep vs human: 60–120 bpm vs in average 72 bpm), systolic (sheep vs human: 91–116 vs in average 120 mm Hg) and diastolic (sheep vs human: 102 vs in average 80 mm Hg) pressure, contractile and relaxation kinetics and force-frequently relationship. This model provides a valuable alternative to canine or swine models, as it is relatively easy-to-use, slow growing (in comparison to swine), cheap (in comparison to minipigs) and leads to less ethical concerns (in comparison to dogs) (Duchenne et al., 2018). It is worth mentioning that sheep is also considered to be an accepted animal model in immunological studies because it shows similar sensitivity to endotoxins as primates in contrast to rodents (Azevedo, 2012). Moreover, the fact that sheep, in contrast to mouse and rat, is a diurnal animal also influences the immune response because immune system activity exhibits important oscillation over the course of a day (Scheiermann et al., 2013). Besides, during the long-day season (spring/summer) in ewe the phenomenon of natural leptin resistance is observed, which is connected with seasonal adaptation to changes in energy supply and demand. So a ‘long-day sheep’ can be treated as a model to study hyperleptinemic state (Chilliard et al., 2005).

Zięba et al. (2008) made even a further suggestion proposing ‘long-day ewe’ as a model for obesity research because obese people as ‘long-day ewes’ are characterized by enhanced food intake and reduced energy expenditure accompanied by high leptin level. The existence of leptin resistance or the changes in leptin sensitivity in the cardiovascular tissues of ewe in different photoperiodic conditions have not been examined yet.

It has to be stressed that leptin, the adipokine structurally similar to cytokines, also plays a key role in vessel functioning. On the one hand, it is essential to maintain the proper functioning of the blood vessels acting as vasodilator (Sikka et al., 2010). On the other hand, leptin also appears to play an important role in the promotion of atherosclerotic lesions, because, as it was stated by Schroeter et al. (2007), leptin receptors are present in the atherosclerotic plaque. The leptin content in the aortic layer depends on environmental factors such as nutrition (Krawczyńska et al., 2013; 2014). Moreover ob/ob mice (with leptin gene knockout) are resistant to atherosclerosis (Yen et al., 1977). One of the leptin mechanism of action is its possible influence on synthesis of pro-inflammatory cytokines in macrophages and monocytes (IL-6, IL-12, IL-18 and TNFα) (Beltowski, 2006).

Taking into consideration the above mentioned facts, it was hypothesised that photoperiodic conditions (long-day (LD) and short-day (SD) seasons) are a key factor modulating exogenous leptin influence on pro-inflammatory cytokines and their receptors gene expression in aorta of ewe’s with or without prior acute inflammation induction.

Material and methods

Animals and experimental design

The animal welfare and caring procedures were approved by the 3rd Local Ethical Commission of Warsaw University of Life Sciences – SGGW
(Warsaw, Poland, authorisation no. 56/2013). During the whole experimental period ewes were in good condition and were kept under constant veterinary care.

The experiment was conducted on 48 adult (~2-year-old) female blackface sheep in natural light conditions (latitude 52°N, 21°E) of SD period (December, day:night 8:16 h) and LD period (June, day:night 16:8 h). The animals were maintained indoors in individual pens and the stress of social isolation was limited by visual contact with other members of the flock. The animals were fed a consistent diet of commercial concentrates with hay and water available ad libitum according to the recommendations of National Research Institute of Animal Production (Krakow, Poland) (Strzetelski et al., 2014).

In the SD period experiment the stage of the oestrous cycle of ewes was synchronized by the Chrono-gest® CR method (Merck Animal Health, Boxmeer, The Netherlands). The experimental procedure began 24 h following pregnant mare’s serum gonadotropin (PMSG) injection, so the ewes were in the follicular phase of the oestrous cycle. During the LD period the animals were in seasonal anoestrous so synchronization was not required.

In both seasons the animals were randomly divided into 4 groups, n = 6 in each: 1. control (C), 2. with LPS injection to induce immune stress (LPS), 3. with leptin injection (LEP) and 4. with LPS and leptin injection (LPS+LEP). The LPS from *Escherichia coli* 055:B5 (Sigma-Aldrich, St. Louis, MO, USA) was dissolved in saline (0.9 % w/v NaCl) (Baxter, Deerfield, IL, USA) and injected into jugular vein at a dose of 400 ng/kg of body mass (Herman and Tomaszewska-Zaremba, 2010). The recombinant sheep leptin (Protein Laboratories Rehovot (PLR) Ltd., Rehovot, Israel) at a dose of 20 μg/kg of body mass (based on doses used for growing beef heifers according to Maciel et al. (2004)) also dissolved in saline was injected 30 min after LPS treatment. The control animals received an equivalent volume of saline at the moment of LPS and/or leptin injection.

During the experimental day animals were euthanized 3 h after LPS/saline treatment (2.5 h after exogenous leptin/saline injection) and the aorta fragments located about 2 cm from the heart were collected. All tissues were frozen in the liquid nitrogen and stored at −80 °C.

**Relative mRNA expression**

Total RNA from the aorta samples was isolated using the NucleoSpin® RNA kit (Macherey-Nagel GmbH & Co, Düren, Germany) according to the manufacturer’s instruction with additional proteinase K treatment (Macherey-Nagel GmbH & Co, Düren, Germany). The quantity and quality of isolated total RNA were quantified spectrophotometrically at 260 and 280 nm with the use of NanoDrop 1000 instrument (ThermoFisher Scientific Inc., Waltham, MA, USA). The RNA integrity was checked by 1% agarose gel electrophoresis. The cDNA synthesis was performed using the Maxima™ First Strand cDNA Synthesis Kit for RT-qPCR (ThermoFisher Scientific Inc., Waltham, MA, USA) according to the manufacturer’s instruction. 1200 ng of total RNA was used as starting material for reversed transcription in reaction volume of 20 ml.

Real-time PCR assay was carried out with use of 5x HOT FIREPol EvaGreen qPCR Mix Plus (no ROX) (Solis BioDyne, Tartu, Estonia) and HPLC-grade oligonucleotide primers purchased from Genomed (Warsaw, Poland). Specific primers for determining the expression of examined and reference genes are presented in Table 1. Each PCR reaction contained: 3 μl qPCR Mix, 10 μl RNase-free water, 0.225 μl of each primer (working concentration 0.5 mM) and 1.5 μl cDNA template (previously 3× diluted). The reactions were run on the Rotor-Gene Q thermocycler (Qiagen, Dusseldorf, Germany) using the following protocol: 95 °C for 15 min and 35 cycles of 94 °C for 5 s for denaturation, 59 °C for 20 s for annealing and 72 °C for 5 s for extension. After the cycles, a final melting curve analysis with continuous fluorescence measurements was performed to confirm the specificity of the amplification.

The relative gene expression was calculated using the comparative quantification option of the Rotor Gene Q Series Software 2.0.3 (Qiagen, Dusseldorf, Germany). To compensate for variation in cDNA concentrations and PCR efficiency between samples, an endogenous control gene was amplified in each sample and used for normalization. Initially, three reference genes (*HDAC1*, *ACTB* and *GAPDH*) were tested; however after analysis with the use of NormFinder software ver. 20 (Molecular Diagnostic Laboratory, Aarhus University Hospital, Aarhus, Denmark) the *HDAC1* gene was stated as the endogenous control with the best expression stability in the experimental design. The results are presented in arbitrary units, as the ratio of the target gene expression to the expression of the reference gene with control group was calculated as 1.

**Statistical analysis**

Statistical analysis was performed using Statistica ver. 13.1 (Dell Inc., Round Rock, TX, USA).
The results obtained for each photoperiod were analysed separately. Results of two-way (LPS and leptin injection) analysis of variance (ANOVA) followed by Tukey’s post-hoc test were considered statistically significant at $P \leq 0.05$. The ANOVA test was performed after its two assumptions: normality (Shapiro-Wilk’s test) and homogeneity of variances (Levene’s test) were checked. The post-hoc test was performed only if one of the main factors exerted significant effect according to ANOVA test. All data are showed as means ± standard deviation (SD).

### Results

#### Toll-like receptor 4 (Figure 1)

Regardless the day length conditions, endotoxin injection increased TLR4 gene expression (ANOVA, $P \leq 0.001$ for SD and LD seasons). In the SD season the effect of leptin was also stated (ANOVA, $P \leq 0.04$); but the group with leptin injection differ neither from control nor from LPS-treated groups. In the LD season no effect of leptin on TLR4 gene expression was observed.

#### Interleukin-1β and its receptors (Figure 2)

The obtained results showed that, regardless the season, the LPS injection increased gene expression of IL1B and its both receptors (IL1R1 and IL1R2) (ANOVA, $P < 0.0001$ for all three genes in both seasons). The exogenous leptin injection also influenced IL1B gene expression regardless examined season (ANOVA $P \leq 0.005$ for both seasons); however there was no difference between C and leptin-treated group (Tukey’s test, C vs LEP, $P \geq 0.05$) but in both seasons leptin injection intensified LPS-induced increase in IL1B gene expression (Tukey’s test, LPS vs LPS+LEP, $P \leq 0.0003$ and $P \leq 0.003$ for SD and LD season, respectively). Leptin injection increased IL1R1 and IL1R2 gene expression but only in SD season (Tukey’s test, C vs LEP, $P \leq 0.03$ and $P \leq 0.04$ for IL1R1 and IL1R2, respectively), however no cumulative effect of LPS and leptin was stated on these genes expression.

#### Interleukin-6 and its receptors (Figure 3)

The endotoxin injection exerted effect on IL6, its receptor (IL6R) and its signal transducer (IL6ST)
Leptin influence on pro-inflammatory cytokins in aorta gene expression in both seasons regardless leptin injection (ANOVA, $P \leq 0.0001$ for all three genes in both seasons). The $IL6$ and $IL6ST$ gene expression was enhanced and $IL6R$ was decreased after LPS injection. The single exogenous leptin injection increased $IL6$ gene expression but only in SD season (Tukey’s test, C vs LEP, $P \leq 0.05$); however no cumulative effect of LPS and leptin action was stated in this season. On the other hand in the LD season leptin enhanced the LPS effect on $IL6$ gene expression (Tukey’s test, LPS vs LPS+LEP, $P \leq 0.001$). Neither $IL6R$ and $IL6ST$ gene expressions were influenced by leptin administration regardless of the studied season.

**Tumour necrosis factor (TNF)$\alpha$ and its receptors (Figure 4)**

In SD season 3 h after singular LPS injection no effect on $TNFA$ and $TNFAR1$ gene expression was
stated; however, the LPS increased TNFAR2 mRNA level (ANOVA, \( P \leq 0.0001 \)). In the LD season the stimulating effect of endotoxin on all three examined genes was observed (ANOVA, \( P \leq 0.0001 \) for all three genes). Neither TNFA nor its receptors gene expression was influenced by leptin, regardless photoperiodic conditions.

**Discussion**

Inflammation plays a crucial role in the atherosclerosis formation. Knowing that leptin is strictly connected with inflammation progress in the vessels and that sheep is characterised by natural leptin resistance during LD (Szczesna and Zieba, 2015),
it seems reasonable to carry out an experiment focused on photoperiodic conditions influence on exogenous leptin action on gene expression of pro-inflammatory cytokines and their receptors with or without prior acute stress induction.

The usage of LPS to trigger inflammation and so being a model in atherosclerosis is strictly connected with TLR4 activation. In intact arteries TLR4 can be only detected in the intimal dendric cells. However, in human arteries with atherosclerotic changes, an increased expressions of TLR4 on endothelial cells, macrophages, smooth muscle cells, fibroblasts and, to a lesser extent, on T lymphocytes are observed. Howell et al. (2011) stated that TLR4 is necessary for ox-LDL-induced macrophage differentiation to foam cells. Sù et al. (2011) observed ox-LDL colocalization with TLR4 and stated that in human coronary arterial endothelial cells (CAECs) ox-LDL induces bone morphogenetic protein-2 (BMP-2) expression through TLR2 and TLR4, which plays an important role in atherosclerotic vascular calcification. Moreover, increased levels of TLR4 are expressed by macrophages in human lipid-rich atherosclerotic plaques (Katsargyris et al., 2010). On the other hand, lack of TLR4 suppresses atherosclerosis and alters plaque phenotype in mice deficient in apolipoprotein E (Michelsen et al., 2004). So, TLR4 seems to be crucial in atherosclerosis progression. In the present study LPS injection increased TLR4 expression, which is generally known. However the interaction between leptin and TLR4 is not fully examined and the studies focused on connection between TLR4 and leptin are mostly on adipose tissue examination (Batra et al., 2007). In the present study the leptin effect on TLR4 gene expression was only stated in SD season, which confirms the photoperiod-dependent influence of leptin in ewe.

The TLR4 induction accelerate the synthesis of pro-atherogenic cytokines such as IL-1β, IL-6, TNFα, which were examined also in the present study. It was found that leptin administration potentiates stimulatory effect of LPS on IL1B gene expression in aorta, but the individual effect of leptin on IL1B gene expression was not stated. IL-1β is considered as one of the most potent pro-inflammatory cytokines promoting vascular inflammation, as it promotes the expression of other cytokines (e.g., IL-6), adhesion molecules, and the migration and mitogenesis of vascular smooth muscle (Toussoulis et al., 2016). So, the inhibition of IL-1β activity has become a potential therapeutic target in the prevention and treatment of atherosclerosis. For example in Canakinumab Anti-Inflammatory Thrombosis Outcome Study (CANTOS), a human monoclonal antibody, canakinumab, which acts selectively on IL-1β but not on IL-1α, was examined (Libby, 2017). Although there are no works presenting leptin effect on cytokines synthesis in sheep tissue, there are several studies conducted on rats, however not in the context of aorta. Luheši et al. (1999) stated that leptin increased IL-1β in the hypothalamus of rats, furthermore leptin actions on appetite and body temperature were abolished by IL-1 receptor antagonist (IL-1ra) or in mice lacking IL-1 receptor. Sachot et al. (2004) showed that leptin is a circulating mediator of LPS-induced anorexia and fever probably through a hypothalamic IL-1β-dependent mechanism (but not IL6-dependent one) as fever and anorexia were attenuated in the presence of leptin antisera. Moreover Hosoi et al. (2002) confirmed their thesis that leptin regulates IL-1β expression in the brain via the STAT3-independent mechanisms conducting research on db/db rodents, which do not possess active long form of leptin receptor. In the organism IL-1β effects are strictly connected with its receptor type I and II presence (IL-1R1 and IL-1R2, respectively). However in the present study we observed the effect of leptin on IL1R1 and IL1R2 expression only in SD season. It should be stressed that although IL-1β can be bound by two receptors, only IL1-R1 is able to transduce signal to the inside of the cell. IL-1R2 acts as a decoy receptor and so reduces the amount of IL-1 β for the appropriate receptor – IL-1R1. The simultaneous effect of leptin on both receptors can show the active response of tissue to exogenous leptin injection, probably in the aim to keep the homeostasis of IL-1β activity. In LD season no effect of leptin on IL-1β receptors is stated, which can confirmed the decreased sensitivity of aorta on leptin action in this photoperiod. However, regardless examined season, leptin enhanced stimulatory effect of LPS on IL1B, which can stress the pro-inflammatory activity of leptin in aorta of ewes with induced acute inflammation. Moreover, in both seasons the increase in IL1B expression in groups with LPS and leptin treatment is rather similar (4-fold increase in LPS+LEP groups vs control group), which can suggest that photoperiod is not an essential factor for leptin effects on IL-1β stimulation but it is crucial for IL-1β receptors gene expression.

One of the main IL-1β effects is to elaborate another cytokine, IL-6. IL-6 has pleiotropic influence on organism functioning. As it was observed by Harden et al. (2006), IL-6 with leptin participation is responsible for the induction of a sickness behaviour symptoms after LPS injection (increased
temperature, lack of appetite). Also in the cardiovascular system disease IL-6 is an upstream inflammatory cytokine that plays a key role in propagating the downstream inflammatory response responsible for atherosclerosis. It also augments thrombosis and inhibits fibrinolysis participating in atherothrombosis (Hartman and Frishman, 2014). So, the pharmacological studies are conducted on the IL-6 inhibitor, tocilizumab, showing improvement in endothelial function and reduction in aortic stiffness and its usage in atherosclerosis treatment (Protegerou et al., 2011). In the present study the increase in IL6 gene expression after LPS injection was 110-fold whereas for IL1B only 2-fold. Interestingly, there was no seasonal difference in LPS effects on IL6, its receptor and signal transducer gene expression in sheep aorta which is in contrast to thoracic perivascular adipose tissue (PVAT) in which sensitivity to LPS was higher in SD season (data in press). However in the aorta exogenous leptin influence on IL6 expression in SD but not in the LD season was stated. This may also confirm increased sensitivity of the examined tissue to leptin in this season. In LD season effect of leptin was only stated as stimulator to LPS action, which suggests the need for prior inflammation trigger presence to see the effects of leptin on IL6.

Besides IL-1β and IL-6, the important role in atherosclerosis progression is played by TNFα. In the vessels TNFα reduces NO bioavailability, induces oxidative stress and reactive oxygen substrates (ROS) formation or increases pro-inflammatory cytokines synthesis, playing a significant role in the vascular function impairment (DeVallance et al., 2018). Also, the circulating levels of both TNFα receptors (TNFAR1 and TNFAR2) are increased in both obesity and in non-obesity adults with pro-atherogenic lipid profiles (Mohamed-Ali et al., 1999). However in the present study the intravenous injection of leptin did not exert effect on TNFA expression regardless the examined season and the presence of acute inflammation; also TNFα receptors genes expression was not affected by leptin. Such results may suggest that in ewe aorta leptin does not act via TNFα, regardless photoperiodic conditions. The obtained results show the tissue-dependent effect of leptin on this cytokines as several studies confirm leptin effect on TNFα. Basing on microarray profiling of human white adipose tissue (WAT), Taleb et al. (2006) concluded that leptin can act on this tissue, especially on the expression of genes related to inflammation and immunity including TNFα. Lee et al. (2014) stated that leptin increases TNFα in Raw 264.7 cells acting by the pathway: phospholipase C (PLCγ)/ Src/ phospholipase D1 (PLD1)/ phosphatidic acid (PA)/ p70S6K/ c-jun N-terminal protein kinase (JNK). They stated that leptin enhanced the activity of PLD1 through activation of PLCγ and Src, while PLD1 siRNA decreased the leptin-induced expression and production of TNFα. Leptin-induced PLD activation was also inhibited by a PLCγ inhibitor (POA) and Src kinase inhibitor (PP2) indicating PLCγ and Src kinase are upstream activators of PLD1. Earlier Shen et al. (2005) showed that leptin can enhance TNFα via JNK and p38 MAPK pathways in LPS-stimulated Kupffer cells. Also in the thoracic PVAT of ewes used also in the present experiment leptin stimulated the expression of TNFα, regardless the photoperiodic conditions, and TNFAR1 and TNFAR2 but only in SD season (data in press).

Conclusions

In thoracic aorta tissue a single injection of exogenous leptin exerts effect on gene expression of pro-inflammatory cytokines and their receptors; however in ewe this influence is dependent from photoperiodic conditions and is different for each cytokine. Moreover leptin can moderate progression of the inflammation reaction in this tissue intensifying endotoxin-induced expression of pro-inflammatory cytokines (IL-1β and IL-6). In conclusion, it was shown that sheep is an interesting large animal model that can be used in both immunological and cardiovascular studies, and can therefore be useful in human medicine research.

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