Lyophilized yeast powder for adjuvant free thermostable vaccine delivery

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Abstract
Thermolabile nature of commercially available vaccines necessitates their storage, transportation, and dissemination under refrigerated condition. Maintenance of continuous cold chain at every step increases the final cost of vaccines. Any breach in the cold chain even for a short duration results in the need to discard the vaccines. As a result, there is a pressing need for the development of thermostable vaccines. In this proof-of-concept study, we showed that E. coli curli-green fluorescent fusion protein remains stable in freeze-dried yeast powder for more than 18 and 12 months when stored at 30 °C and 37 °C respectively. Stability of the heterologous protein remains unaffected during the process of heat-inactivation and lyophilization. The mass of lyophilized yeast powder remains almost unchanged during the entire period of storage and expressed protein remains intact even after two cycles of freeze and thaws. The protease-deficient strain appears ideal for the development of whole recombinant yeast-based vaccines. The cellular abundance of expressed antigen in dry powder after a year was comparable to freshly lyophilized cells. Scanning electron microscopy showed the intact nature of cells in powdered form even after a year of storage at 30 °C. Observation made in this study showed that freeze-dry yeast powder can play a vital role in the development of thermostable vaccines.

Key Points
• Yeast-based vaccines can overcome problem of cold chain associated with conventional vaccines
• Lyophilized yeast powder can be a simple way for long-term storage of immunogen(s)
• Protease deficient strain is important for whole recombinant yeast-based vaccines

Keywords Yeast-based vaccine, P. pastoris, Long-term-stability, Lyophilized, Yeast powder, Thermostable

Introduction
In the last century, vaccines have proved to be one of the most important medical interventions in the fight against infectious diseases. Eradication of smallpox in 1980 (Fenner 1982) and soon polio (Norrby et al. 2017) are important success stories associated with the benefits of vaccines in public health. Widespread application of vaccines also leads to a sharp decline in newer cases of tuberculosis, hepatitis, measles, tetanus and other infectious diseases (Versteeg et al. 2019). The importance of vaccines can also be underscored by the fact that there is a race for vaccine development against severe acute respiratory syndrome coronavirus-2 responsible for present coronavirus disease of 2019 pandemic (Callaway 2020). As per World Health Organization estimates every year around 2–3 million lives are saved by vaccine application (Cruz-Reséndiz et al. 2020). Still millions of individuals (out of which majority are children below 5 years of age) die from vaccine-preventable diseases. Despite the significant efforts at every step millions of people are left unvaccinated thus putting them at the risk of getting the infection at some point in life. According to the Global Vaccine Action Plan 2011–2020 review report, approximately 19.4 million infants did not receive lifesaving vaccines in 2018 (https://www.who.int/immunization/globalvaccine_action_plan/en/).

Among the various issues associated with presently licensed vaccines (Kumar and Kumar 2019), inherent...
thermolabile nature of these vaccines makes their storage, transportation and dissemination a daunting task. In the field of vaccines, this is commonly known as the “Cold Chain” problem and at every step maintenance of refrigerated condition (2–8 °C in general) is a must. In many instances, maintenance of continuous cold chain raises the cost of the vaccines by about 80% (Bandau et al. 2003; Das 2004). Exposure of vaccine to sub-optimal temperature even for short duration leads to vaccine degradation and dramatic loss in efficacy which forces almost 50% of the vaccines to be discarded before their application (Brandau et al. 2003; Hill et al. 2016). This scenario becomes even more relevant in resource-poor settings in countries of Asia and Africa which lack access to vaccines (Chen and Kristensen 2009; Das 2004). Therefore, improving the thermal stability of available vaccines at ambient temperature is highly desirable.

To address the problem of poor thermal stability and short shelf life of vaccines at ambient temperature, different approaches have been taken in the past. Example in the case of human enterovirus type 71, biomineralization of virus particle approaches have been taken in the past. Example in the case of shelf life of vaccines at ambient temperature, different approaches have been taken in the past. Example in the case of human enterovirus type 71, biomineralization of virus particle improves thermal stability significantly (Wang et al. 2013). Modification in a liquid formulation was also found encouraging. For example, the addition of stabilizers like deuterium oxide, proteins, MgCl₂ and non-reducing sugars in vaccine formulation improves their thermal stability (Milistien et al. 1997; Alcock et al. 2010). Similarly, the addition of anionic nanogold particles and polyethylene glycol improve the thermal stability of some of the vaccines significantly (Pelliccia et al. 2016). Recently, the coating of bacterial cells or viral particles in a thin film of sugar gave promising results (Leung et al. 2019; Bajrovic et al. 2020). All the above-highlighted approaches used the addition of one or more chemicals in vaccine preparation which necessitates additional safety tests and other regulatory procedures. Moreover, the application of all the aforementioned approaches kept the vaccine stable only for a short duration depending upon vaccine and storage temperature. Use of these approaches makes the entire process lengthier and more cumbersome. Therefore, a procedure which is simple, cost-effective, safe, while improving the thermal stability and shelf life of a vaccine at ambient temperature will be desirable.

Lyophilization has been shown to improve the stability of whole cells (example bacterial cell) and viral particles that are regularly used in conventional vaccines preparation (Wang et al. 2012; Maa et al. 2004; Garmise et al. 2007). This forced us to investigate whether whole recombinant yeast lyophilized powder can keep the heterologous protein (acting as an immunogen) intact when stored at ambient temperature. In this proof-of-concept study, we showed that protein antigen remains stable in lyophilized yeast powder for 1.5 years and 1 year when stored at 30 °C and 37 °C respectively. The observations from this study will help in developing a thermostable vaccine with long shelf life even under non-refrigerator condition (2-8 °C) using a yeast-based platform.

Materials and methods

Yeast strains

Haploidal auxotrophic PPY12h (arg4 his4) (Gould et al. 1992) and protease-deficient SMD1163 (pep4prb1 his4) (Gleeson et al. 1998) strains of Komagataella phaffii or K. phaffii (formerly known as Pichia pastoris or P. pastoris) were used in the entire study (Kurtzman 2009; Kumar et al. 2020).

Media

YPAD media (1% yeast extract, 2% peptone, 0.05% adenine, and 2% dextrose), SD+CSM-His plate (0.17% YNB without amino acid and ammonium sulfate, 0.5% ammonium sulfate, 0.08% CSM-His, 2% agar, 2% dextrose) (Kumar 2019).

Culture condition and protein expression

All yeast culture was carried out at 30 °C, 230 rpm. Since expression of recombinant fusion protein was under constitutive glyceraldehydes-3 phosphate dehydrogenase promoter, conditions for protein expression were same as that of culture growth.

Cloning of E. coli curli protein

Synthetic construct coding for E. coli curli (CSGA) was synthesized by a commercial vendor (Genewiz, New Jersey, USA) into a pUC57-Amp vector. Fragment coding for curli open reading frame was excised from the vector and subcloned into K. phaffii integrating vector pIB2 (Sears et al. 1998) into which cycle -3 GFP (green fluorescent protein) was cloned previously (Cramer et al. 1996). The sequence of ORF was the same as that of the original construct for which sequence was deposited in Genbank with the following accession number MH264502 (Kumar 2018). The combined mass of the fusion protein was 42.9 kDa. It is important to note that codon optimization was not performed for the construct used in this study.

Yeast transformation

K. phaffii transformation was performed as described previously (Kumar 2019) and briefly mentioned here. The final plasmid (pRK10) was linearized by digestion with EcoNI which cleaves within the HIS4 marker gene. Linearized plasmid was transformed into PPY12h and SMD1163 strain using the electroporation method (GenePulser Xcell from Biorad). Transformants were selected on His’ plates and positive transformants were confirmed both by the fluorescent microscopy and western blot.
Protein extraction from regular cycling cells

Presence of *E. coli* CSGA-GFP protein in *K. phaffii* was confirmed by detecting CSGA-GFP fusion protein using polyclonal rabbit anti-GFP antibodies (from Life Technologies USA; cat # A-11122). Amount of protein was normalized based on either the number of cells or by dry mass of cells. Cells were treated with 12.5% TCA (Trichloro acetic acid) and samples were incubated at -80 °C for one h or overnight. On completion of incubation, samples were thawed at room temperature and the samples were centrifuged at 12000g for 8 min. The supernatant was discarded and the pellet was washed twice with 80% chilled acetone. Finally, protein pellet was air-dried and was resuspended in 150 μL 1% SDS and 0.2 N NaOH. Then 150 μL 2x dye (100 mM Tris HCl pH6.8, 200 mM DTT, 4% SDS, 0.2% bromophenol blue, 20% glycerol) was added to the sample and samples were heated for 5 min at 95 °C using dry heating block. Samples were cooled down to room temperature, vortexed, spanned and an equal amount or volume of samples was loaded in each well of 10% sodium dodecyl sulphate–polyacrylamide gel electrophoresis (SDS-PAGE) along with pre-stained protein marker (Biorad, cat # 161-0376). Samples were run at constant 100V till the dye front reaches the bottom of the gel (Kumar 2019).

Western blot

On completion of SDS-PAGE run, proteins were transferred onto nitrocellulose membrane by wet transfer (at constant 100 V for 1 h at 4 °C) as described elsewhere (Towbin et al. 1979; Kumar et al. 2014). The blotting membrane was incubated in blocking buffer (5% nonfat skimmed milk powder in TBST) (TBST, 137 mM NaCl, 2.7 mM KCl, 19 mM Tris base, 0.1% Tween 20) for 1 h and then incubated with anti-GFP antibodies overnight at 4 °C under gentle shaking condition. Primary antibodies were removed, and the membrane was washed thrice with TBST. The membrane was again incubated with IRDye®800CW goat anti-rabbit secondary antibodies (from LI-COR, USA; cat # 926-32211) for one h at room temperature. The membrane was again washed thrice with TBST and blot was scanned on Odyssey Infrared Imager using LI-COR Odyssey software 2.1 (from LI-COR, Nebraska, USA) as per manufacturer instructions.

Heat inactivation of recombinant *K. phaffii*

A single colony of recombinant *K. phaffii* expressing *E. coli* CSGA-GFP under GAP promoter was inoculated into 5 mL of YPAD tube. The tube was incubated at 30 °C, 230 rpm for overnight growth (source of inoculum). The overnight grew culture was used for the inoculation of 500 mL YPAD in 2.8 L flasks. The flasks were incubated at 30 °C, 230 rpm for 48 h. Cells were pelleted by centrifugation at 3000g for 5 min. Cells were washed twice with sterile water. Finally, the cell pellet was resuspended in 25 mL sterile water and tube was incubated in a water bath maintained at 56 °C for 90 min for heat-inactivation of yeast cells (Haller et al. 2007). After 90 min, tubes were taken out of a water bath, cooled to room temperature. A small volume (10 μL) of cell suspension was taken out and plated on YPAD plate to check for the presence of viable cells. The remaining cell suspension was centrifuged at 3000g for 5 min, the supernatant was discarded and pellet in tubes was put for lyophilization as described below.

Lyophilization (freeze-drying) of whole recombinant *K. phaffii*

Recombinant *K. phaffii* was lyophilized as described elsewhere (Patterson et al. 2015) and briefly mentioned here. Cells were harvested in 50 mL falcon tube by centrifugation at 3000g for 5 min and supernatant was discarded. Lyophilization was performed on the cell pellet using the AdVantage 2.0 Bench Top Freeze Dryer/Lyophilizer (from SP Scientific). Samples in tubes were regularly checked for the formation of lyophilized powder. On completion of lyophilization tubes were taken off and the combined mass of tube and lyophilized yeast powder was noted.

Storage of freeze-dried yeast powder

On completion of the process of freeze-drying, tubes were removed from the lyophilizer and caps were tightly closed. Tubes were kept in cardboard boxes and stored in a separate incubator (in the dark away from direct sunlight) operating at 30 °C and 37 °C. Then the weight of tubes was noted at a regular interval.

Protein extraction from lyophilized powder

A known amount of lyophilized yeast powder was taken in a sterile Eppendorf tube. The powder was resuspended in 200 μL of 12.5% TCA and stored at -80 °C for 1 h or overnight. The subsequent procedure is the same as described above for protein extraction.

Freeze and thawing of lyophilized yeast powder

As above, a known amount of lyophilized yeast powder was taken into fresh sterile Eppendorf tubes. Tubes were stored at -20 °C and -80 °C for 2 h followed by incubating the tubes at 30 °C for 2 h. This process was repeated depending on the number of freeze-thaw cycles. A known amount of yeast powder was also taken and incubated at 30 °C as a control. Protein extraction was performed as described above.
Field emission scanning electron microscopy (FE-SEM)

The shape and surface morphology of lyophilized yeast cells stored at 30 °C for a year was analyzed by field emission scanning electron microscopy (ZEISS Gemini Sigma 500 VP, Carl Zeiss Microscopy LLC, NY, USA). Samples were prepared by mounting a small amount of lyophilized yeast powder on a double-sided carbon tape on a metal SEM stub. Compressed air was used to remove loose lyophilized yeast cells. Yeast samples were sputter-coated with a 3-nm thin layer of Gold-Palladium for ensuring the conductivity for electrons beam. A beam strength of 5.0 kV and a working distance in the range of 8–9 mm was used to visualize yeast samples.

Fluorescence microscopy

Expression of *E. coli* CSGA-GFP fusion protein in both SMD116 and PPY12h strain of *K. phaffii* was confirmed by fluorescence microscopy. For each strain, 100 uL cycling cells were taken into sterile Eppendorf tube. Cells were pellet down by centrifugation at 3000 g for 3 min. The supernatant was discarded, and the cell pellet was resuspended in 1 mL sterile Milli Q water. 5 uL of cell suspension was transferred onto a glass slide. Cells were fixed by adding an equivalent volume of 1% agarose. Images were captured using plan apochromat 100× 1.40-NA oil immersion objective on a motorized fluorescence microscope (Axioskop 2 MOT plus; Carl Zeiss) coupled to a monochrome digital camera (AxioCam MRm; Carl Zeiss). Image analysis was performed using Axio vision software (Kumar 2019).

Quantitative western blot

Quantitative western blot was performed as follows. 1, 2, 3, 4, 5, 6, 7, 8, and 10 ng of purified GFP was loaded into each well of 12% SDS-PAGE gel along with required protein samples. The rest of the procedure for western blot is the same as mentioned above. Blot was scanned at different exposure to get the best dynamic linear range for analysis of different brands. Band intensity calculation was performed by Image J analysis tools. A linear curve was prepared using a band intensity signal from purified GFP. This linear curve was used for calculating signal intensity form protein samples and expressed protein per mg of dry yeast powder was calculated. Before performing an actual experiment protein samples were diluted such that signal intensity from protein samples fall within a linear curve prepared using purified GFP.

Correlation between cell density and cell dry weight

Cells were grown as mentioned above and cell density was checked. Then 1, 2, 3, 4, 5, 6 OD<sub>600nm</sub> of cells were transferred into sterile Eppendorf tubes and heat-inactivated as above. Cells were pelleted down and supernatant was discarded. Tubes with cell pellets were put for lyophilization as above. On completion of lyophilization tubes were taken off and mass of tubes along with yeast powder was measured. Mass of tubes after lyophilization was subtracted from mass of empty tubes to get the mass of yeast powder and plot was prepared between cell density and dry mass of cell.

Results

Expression of *E. coli* CSGA-GFP in *K. phaffii*

Curli is a bacterial surface protein (fimbri) involved in cell adhesion and biofilm formation (Barnhart and Chapman 2006; Nguyen et al. 2014). Curli is capable of raising immune response, thereby acting as a good immunogen (Barnhart and Chapman 2006) and a suitable candidate for the proof-of-concept study. Cartoon presentation of the final plasmid used for the expression of *E. coli* CSGA-GFP fusion protein is shown in Fig. 1A. For checking the expression of the CSGA-GFP fusion protein, randomly eight colonies were selected and patched on a fresh selection plate (SD+CSM-His plate). Next day, the expression of the fusion protein was first confirmed by fluorescent microscopy (Fig. 1B for PPY12h background). Later in a separate experiment the same plasmid was transformed into SMD1163 strain. Integration of plasmid and expression of CSGA-GFP was confirmed by fluorescent microscopy (Fig. 1C). Expressed recombinant fusion protein localized in cytoplasm and vacuoles.

Expression of the fusion protein CSGA-GFP was again confirmed by western blot. 2 OD<sub>600nm</sub> of cells were used for protein extraction for western blot. Blot image in Fig. 1D shows that all the selected colonies were positive. Ponceau S-stain image of the same blot is shown as a loading control (Fig. 1E) which confirm the proper loading of protein in each well. Specific anticipated bands are highlighted by an arrow pointing towards them. We do not get any band in empty vector strain used as a negative control. The absence of any signal from negative control shows the specificity of GFP antibodies used in the experiment. The expression of the heterologous protein was endogenous. Note, from 500 mL of culture, we were able to get around 10,000 OD<sub>600nm</sub> of cells which corresponds to (approx.) 1.05 g of dry cell powder (dry weight after lyophilization).
Heat inactivation and lyophilization do not affect the stability of expressed antigen

Yeast species especially *S. cerevisiae* and *K. phaffii* are non-pathogenic and are in the list of Generally Recognized As Safe, and routinely used for the production of diverse biomolecules for human consumption (Ramchuran et al. 2005; Basanta et al. 2010). Even then direct administration of live recombinant yeast cells into human subjects is not advisable from point of safety and moral ethics. Furthermore, the level of immune response mounted on the application of whole recombinant yeast is independent of live or dead nature of yeast (Lu et al. 2004; Franzusoff et al. 2005) suggesting that inactivated recombinant yeast can be used without compromising on level of immune response. Heat-inactivation of yeast is rapid, simple, and more convenient compared to chemical based-inactivation of bacterial or viral particles for vaccine preparation. The combined effect of heat-inactivation and lyophilization on the stability of heterologous protein was missing and through this study we tried to fill that gap.

Heat inactivation was confirmed by plating small volume of cell suspension on YPAD plates (Fig. 2B) along with untreated control cycling cells (Fig. 1A). Our present western blot data showed that the stability of heterologous proteins remains essentially unaffected during heat-inactivation (Fig. 2C) and heat-inactivation followed by lyophilization (Fig. 2E). Proper loading and transfer of protein are shown by Ponceau S-stained blot image. Well, 1 (pre-stained protein marker), well 2 (empty vector as a negative), well 3-8 (transformants)

The protease-deficient yeast strain improves the stability of the expressed fusion protein

In the previous section, we showed that process of heat-inactivation and heat-inactivation followed by lyophilization does not affect the stability of CSGA-GFP in yeast cells. But we do see a very prominent band around 25 kDa region of the blot. Whether the observed bands were due to degradation of the fusion protein on heat-inactivation followed by lyophilization or whether they were a result of cellular proteases activities was not clear. To sort out this, we transform the same construct into protease deficient strain (SMD1163) which lacks Prb1 (cytosolic) and Pep4 (vacuolar) protease. Our present western blot data pointed towards the fact that observed lower bands are the result of vacuolar protease action (Fig. 2D).
Like previous blots, we again observed lower bands in PPY12h strain used as a control (Fig. 2G, well1) but failed to detect the same bands in SMD1163 (Fig. 2G, well 2,3). The presence or absence of lower bands in PPY12h and SMD1163 respectively is not due to the difference in the amount of protein loaded into each well was confirmed by Ponceau S-stained blot image (Fig. 2H). Therefore, it can be said that lower observed bands are not due to heat-inactivation or lyophilization but are the result of cellular protease activity. This observation is supported by the fact that during stress, autophagic pathways get activated which forces the degradation of cellular components in vacuoles or lysosomes (Klionsky et al. 2007; Takeshige et al. 1992; Kumar et al. 2020). Therefore, presence of lower bands in PPY12h and their absence in SMD1163 may be due to autophagic degradation of fusion proteins in vacuoles and release of free GFP (26.7 kD) which is quite stable in vacuoles (whose free release in the vacuole is used in autophagic assays) was detected by antibodies (Klionsky et al. 2007; Takeshige et al. 1992).

**Mass of freeze-dried yeast powder remains unchanged during storage**

After confirming that heat-inactivation as well as freeze-drying does not affect the stability of expressed protein, we increase the volume of culture to 1 L. Cells were harvested, heat-inactivated, and freeze-dried. After lyophilization, tubes were taken off from lyophilizer, screwed the cap and weighed. Initial mass was taken and stored at 30 °C for 1 year. The weight of the tube was then checked regularly and sometimes the tubes were opened for a short time. Table 1 is showing the data for the mass of powder stored at 30 °C. Similarly, we checked the weight of freeze-dried yeast powder stored at 37 °C for 6 months (Table 2). Present data showed that mass of freeze-dried powder remains essentially unchanged under both conditions of storage. The slight variation observed in weight may be due to moisture that might entered into tubes when tubes were open for some time. Note in Table 1 data is shown for two conditions. In one condition cells were lyophilized after-heat inactivation (Table 1 second and third column) and in other cells were lyophilized without heat-inactivation (Table 1 fourth and fifth column). Based on the data shown in tables, it can be said that the mass of stored lyophilized cells does not change significantly.

| Month | Heat-inactivated | Without heat-inactivated |
|-------|------------------|-------------------------|
|       | Tube 1 | Tube 2 | Tube 1 | Tube 2 |
| 0     | 16.88 | 16.97 | 17.06 | 17.26 |
| 2     | 16.97 | 16.96 | 17.14 | 17.29 |
| 4     | 16.95 | 16.91 | 17.14 | 17.27 |
| 6     | 16.98 | 16.93 | 17.13 | 17.26 |
| 8     | 16.95 | 16.91 | 17.15 | 17.21 |
| 10    | 16.96 | 16.93 | 17.16 | 17.21 |
| 12    | 16.97 | 16.95 | 17.15 | 17.22 |

Net mass is in grams. Reported mass is the combined mass of tube and powder.
Cells in lyophilized powder retain their intactness

Next, we asked whether cells in lyophilized powder remain intact or not. This was done by checking the morphology and surface appearance of cells using SEM microscopy. A small amount of lyophilized powder (Fig. 3A cells were lyophilized without heat-inactivation and, Fig. 3B cells were lyophilized after heat-inactivation) was taken and SEM microscopy was performed. SEM images showed that the cells remain intact in lyophilized powdered form when stored at 30 °C for more than a year (Fig. 3C and D). Although cells were intact under both the condition, we observed a difference in the texture of the powder. Freeze dry powder of cells without heat-inactivation appears less compact and less dense (Fig. 3A) whereas heat-inactivated powder appears more compact and denser (Fig. 3B). Thus, it can be said that cells in lyophilized powdered form remain intact for a year even when stored under ambient or room temperature.

Expressed antigen remains stable in lyophilized yeast powder stored at 30 °C temperature

Although SEM data in the previous section confirmed intact nature of lyophilized yeast cells after 1 year of storage at 30 °C, whether expressed protein also remained intact was unknown. To check the stability of the expressed protein, we took equal amounts of lyophilized powder from both the conditions and the proteins were extracted. Equal amount of whole cell lysate was loaded on 10% SDS-PAGE and the fusion protein was detected using anti-GFP antibodies. Present western blot data showed that expressed protein remains stable in powdered yeast stored at 30 °C for a 1.5 years (Fig. 4). The expressed protein remains stable under both the conditions in which cells were lyophilized without heat-

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Table 2 Mass of heat-inactivated lyophilized yeast powder stored at 37 °C for 6 months

| Month | Tube 1 | Tube 2 |
|-------|--------|--------|
| 0     | 1.02   | 0.98   |
| 1     | 1.02   | 1.01   |
| 2     | 1.05   | 1.01   |
| 3     | 1.05   | 1.00   |
| 4     | 1.04   | 1.00   |
| 5     | 1.05   | 1.00   |
| 6     | 1.05   | 1.00   |

Net mass is in grams (reported are the values after deducting mass of empty tube)

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Fig. 3 Cells in lyophilized powder remain intact for more than a year. Image of lyophilized yeast powder stored at 30 °C for more than a year (A) cells was lyophilized without heat-inactivation and (B) cells were heat-inactivated before lyophilization. SEM images showing external morphology of lyophilized cells after 1 year (C) lyophilized cells without heat-inactivation and (D) lyophilized cells after heat-inactivation
inactivation (Fig. 4A) and in which cells were lyophilized after heat-inactivation (Fig. 4B). Before incubation in blocking buffer blots were stained with Ponceau S for showing the loading control (right side of each blot).

Encouraged from the stability of the protein in lyophilized powder stored at 30 °C for 1.5 years, we further checked whether expressed protein also remains stable in lyophilized yeast cells stored at 37 °C for 12 months. In each case, proper loading is shown, by Ponceau S-stained blot image (right side of each blot image). Note, the protein amount was normalized, based on yeast powder used for protein extraction. Bands of interest are pointed by arrows towards them, while free GFP is pointed by an Asterisk mark. Note in figure Y stand for yes and N for no for condition mentioned in the figure estimation of antigen in dry yeast powder was performed by quantitative western blot. Present quantitative western blot showed that at the end of 18 months 2.125 μg of expressed antigen was present per mg of lyophilized yeast powder stored at 30 °C while 1.9 μg of expressed antigen was present per mg of lyophilized yeast powder stored at 37 °C for 12 months (data not shown). It was further calculated that 1 mg lyophilized yeast powder corresponds to ≈ 2 OD₆₀₀nm of cells (data not shown). Note for our calculation we use intensity of only CSGA-GFP band without taking into consideration of free GFP (in vacuoles) bands at 25 kDa region of blot. The amount of expressed antigen can be increased by selecting transformants with multiple integration which is quite common in K. phaffii (Vogl et al. 2018; Betancur et al. 2017). Strains used in present study had single copy integration of E. coli CSGA-GFP.

Freeze and thaw do not affect protein stability in powdered yeast

Most of the commonly used vaccines are stored at 2–8 °C, while some of them are also stored at −15 to −50 °C (e.g., measles, mumps, and rubella or MMR; is stored at +8 to −50 °C, https://www.merckvaccines.com/mmr/storage-handling/). However, for most vaccines exposure to sub-optimal temperature (i.e., more than 2–8 °C or below freezing temperature) even for a short duration is known to reduce vaccine potency dramatically (Brandau et al. 2003; Hill et al. 2016). An ideal vaccine should remain stable and retain potency even when stored under the non-refrigerated condition as well as under accidental freeze condition. For investigating the effect of freeze and thaw on the stability of the heterologous protein in lyophilized yeast cells, known amount of yeast powder was taken into separate tubes. Present western blot data showed that expressed protein in lyophilized yeast powder remain stable following one as well as two cycles of freeze and thaw at both −20 °C (Fig. 5A) and −80 °C (Fig. 5B). Ponceau S-stained image of the membrane (as a loading control) is shown next to the blot. A known amount of yeast powder stored at 30 °C separately was taken as a control. Based on the present data, it can be concluded that expressed protein remains stable under the non-refrigerated condition for a year as well as under freeze and thaw condition.

The abundance of expressed protein after a year was similar to fresh cells

In the previous section, we showed that the expressed CSGA-GFP fusion protein was stable in lyophilized yeast powder when stored at 30 °C for 1.5 years and also survived two cycles of freeze and thaw. But whether the expressed protein deteriorated over time and if yes, then to what extent was missing. To answer this question, we compared the level of expressed protein in yeast powder stored for a year to the freshly lyophilized yeast cells. Before comparing the level of

![Fig. 4 Expressed protein remains stable in powdered yeast.](https://example.com/figure4.png)
fusion proteins, we checked the overall protein content in the two samples (Fig. 6A). Although an equal amount of whole-cell lysate was loaded for each sample we still saw a slightly low level of proteins in a sample from a year-old powder (well 6,7) compared to freshly lyophilized cells (well 4,5). Apart from this we also observed relatively more background in a year-old sample. Whether the observed difference in the level of proteins and background is due to the difference in protein extraction efficiencies or protein degradation is unclear. But we do find a problem in re-suspending the powder entirely even on vigorous vortex. We also loaded an equal amount of cell lysate from normal cycling cells as control (well 2,3).

After looking at the overall proteome of lyophilized cells stored for a year and freshly lyophilized cells, we proceed to compare the level of the expressed fusion protein in two samples. Present data (Fig. 6B) shows that level of the CSGA-GFP fusion protein is almost similar in freshly lyophilized cells (well 4,5). Apart from this we also observed relatively more background in a year-old sample. Whether the observed difference in the level of proteins and background is due to the difference in protein extraction efficiencies or protein degradation is unclear. But we do find a problem in re-suspending the powder entirely even on vigorous vortex. We also loaded an equal amount of cell lysate from normal cycling cells as control (well 2,3).

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Discussion

Storage, transportation, and distribution of vaccines are a two-way problem. On one hand, exposure of vaccine to temperatures more than the recommended temperatures (generally 2–8 °C) leads to vaccine degradation, denaturation and finally loss of vaccine potency or efficacy (Brandau et al. 2003; Hill et al. 2016). On the other hand, exposure of vaccines to below freezing conditions also affects vaccine potency (Lloyd et al. 2015; Kumru et al. 2014). Therefore, maintenance of optimum conditions from point of manufacturing till the final application is a must. Availability of thermostable vaccines will be an important step in global immunization step (Lee et al. 2017). The thermostable nature of future vaccines will not only make vaccine transport, storage and distribution more convenient and economical but will also help in saving a huge
number of life-saving vaccines. Although resource poor countries of Africa and Asia will be the one who gets maximum benefit from availability of thermostable vaccines, but uncertain weather conditions (example recent heavy snowfall in Texas, USA) and associated power outage for a week suggests that thermostable vaccines are important for highly developed countries also. Data shown in present study showed that yeast-based platform can provide solution to vaccine degradation at high temperature as well as due to unwanted deep freezing.

Currently, the development of thermostable vaccines are yet unmet with little success in which thermal stability was observed (only for a few months at best and that too in few cases) (Leung et al. 2019; Chu et al. 2016; Mistilis et al. 2017; Hassett et al. 2013; Hassett et al. 2015; Chen et al. 2010; Ohtake et al. 2010; Ohtake et al. 2011; Lovalenti et al. 2016). Thin-film coating was able to keep the adenovirus stable at ambient temperature for 3 years (Bajrovic et al. 2020). But whether these approaches can also protect vaccines from unwanted freezing remains unknown. It will be interesting to see whether this approach can be applied to other vaccines. Whether the developed formulation applies to a wide range of vaccines also remain a matter of future research. Unlike conventional vaccine preparation which requires growth of bacterial culture or viral particles followed by formalin-based inactivation which itself is quite lengthy, growth and heat-inactivation of yeast are rapid and more economical. Clearly yeast-based vaccines can be a simple solution to all these issues and our present study is an important step in that direction of developing thermostable vaccine with increased shelf life which can remain stable even under undesirable freezing conditions.

The natural adjuvant nature of yeast cell walls (due to β-1, 3-d-glucans and yeast glycoproteins) makes it possible to use lyophilized recombinant cells without the addition of an external adjuvant (Stubbs et al. 2001; Soto et al. 2010; Tesz et al. 2011; Tipper and Szomolanyi-Tsuda 2016). Unlike subunit vaccine, the yeast-based vaccines do not require protein purification. Yeast cells are efficiently taken up by antigen-presenting cells (Xiang et al. 2006). Handling of recombinant yeast is much easy and safer compared to infectious biological entities. Most importantly, the application of inactivated S. cerevisiae cells is found safe and well-tolerated in human subjects (Gaggar et al. 2014). Pre-clinical studies in mouse showed that injection of inactivated K. phaffii is well tolerated thus paving the way for more pre-clinical or clinical studies (Bolhassani et al. 2014).

Through this study, we showed the stability of heterologous protein for a 1.5 years (at 30 °C) and 1 year (at 37 °C) and we expect that expressed protein may remain stable even for much longer duration. Previous observation that antigen-presenting cells can process freeze-dried yeast cells and can mount an immune response further boost present study (Patterson et al. 2015) suggesting that whole recombinant lyophilized yeast powder can be a promising way for development of thermostable vaccines. Although application of lyophilization for freeze drying of yeast may be important but can be costly and may require more optimization for best results. But owing to continuous maintenance of cold chain

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Fig. 6 The abundance of heterologous protein in a year old powdered and freshly lyophilized cells are similar. (A) The efficiency of protein extraction from different samples. Cycling cells without lyophilized (well 2,3), an equivalent number of cells after lyophilized powder (well 4,5), an equivalent amount of lyophilized powder stored at 30 °C for 1 year (well 6,7), well 1 for protein marker. (B) The abundance of expressed protein is similar in freshly lyophilized cells and year-old lyophilized powder after 1 year at 30 °C (well 2,3), freshly prepared powder (well 4) and protein marker (well 1). The same blot was Ponceau S-stained before blocking in skimmed milk powder in TBST shown as a loading control (C)
and problem of unwanted freezing, finding right adjuvant and need for safety assessment for each chemical added in vaccine formulation is outward by the advantages of using lyophilized yeast for thermostable vaccines.

Overall, we have shown that a dry yeast powder is a simple yet effective way for long-term storage of vaccines (immunogen) under non-refrigerated condition. Data shown in this report showed that yeast-based approach for thermostable vaccine development prevents vaccine deterioration both at high temperature (above 2–8 °C) as well as below freezing condition (below 0 °C) which is common in countries of Europe, North America, and parts of Asia. We believe that this cost-effective freeze-dried yeast powder approach may be one solution to the cold chain problem and can boost universal immunization programmes including on-going vaccination against Covid-19.

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Code availability Not applicable

Author contribution RK conceived, designed, performed the experiments, analyzed the data, and wrote the manuscript. BNK perform SEM microscopy.

Data availability All data generated or analyzed during this study are included in this published article.

Declarations

Ethics approval The authors declare that the present study does not involve any human subjects or animal handling by any author mentioned in this study.

Consent to participate Not applicable

Consent for publication Not applicable

Conflict of interest The authors declare no competing interests.

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