Monocarboxylate transporter expression at the onset of skeletal muscle regeneration

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Abstract
The onset of skeletal muscle regeneration is characterized by proliferating myoblasts. Proliferating myoblasts have an increased energy demand and lactate exchange across the sarcolemma can be used to address this increased demand. Monocarboxylate transporters (MCTs) are involved in lactate transport across the sarcolemma and are known to be affected by various physiological stimuli. However, MCT expression at the onset of skeletal muscle regeneration has not been determined. The purpose of this study was to determine if skeletal muscle regeneration altered MCT expression in regenerating tibialis anterior (TA) muscle. Male C57/BL6 mice were randomly assigned to either a control (uninjured) or bupivacaine (injured) group. Three days post injection, the TA was extracted for determination of protein and gene expression. A 21% decrease in muscle mass to tibia length (2.4 ± 0.1 mg/mm vs. 1.9 ± 0.2 mg/mm, P < 0.02) was observed. IGF-1 and MyoD gene expression increased 5.0-fold (P < 0.05) and 3.5-fold (P < 0.05), respectively, 3 days post bupivacaine injection. MCT-1 protein was decreased 32% (P < 0.03); however, MCT-1 gene expression was not altered. There was no difference in MCT4 protein or gene expression. Lactate dehydrogenase (LDH)-A protein expression increased 71% (P < 0.0004). Protein levels of LDH-B and mitochondrial enzyme cytochrome C oxidase subunit decreased 3 days post bupivacaine injection. CD147 and PKC-θ protein increased 64% (P < 0.03) and 79% (P < 0.02), respectively. MCT1 but not MCT4 expression is altered at the onset of skeletal muscle regeneration possibly in an attempt to regulate lactate uptake and use by skeletal muscle cells.

Introduction
The ability of skeletal muscle to recover from injury is an important characteristic in all living organisms with impaired skeletal muscle regeneration being associated with numerous pathophysiological conditions such as obesity, diabetes, as well as aging (Hu et al. 2010; Carosio et al. 2011; Tamilarasan et al. 2012). Damage to skeletal muscle is associated with myofiber disruption which induces a local inflammatory response and increased circulating creatine kinase levels (McClung et al. 2007; Washington et al. 2011). In healthy tissues, skeletal muscle recovers rapidly following a damaging stimulus. The skeletal muscle regenerative response requires the coordinated regulation of inflammation, energy metabolism, and myofiber growth (Huard et al. 2002; Ambrosio et al. 2009). Skeletal muscle is postmitotic and therefore skeletal muscle regeneration is dependent on a reserve group of
myogenic stem cells called satellite cells (Murphy et al. 2011; Relaix and Zammit 2012). Upon injury, satellite cells are activated and give rise to myoblasts that fuse with the injured myofiber providing additional nuclei increasing their potential for protein synthesis which is necessary for regeneration (Hawke and Garry 2001). Activation, proliferation, and differentiation of myoblasts are modulated by anabolic growth factors such as IGF-1 and the basic helix-loop-helix myogenic regulatory factor (MRFs) family of DNA binding proteins (Rudnicki and Jaenisch 1995; Philippou et al. 2007). The increased expression of IGF-1 and the MRFs, MyoD, and myogenin, coincide with the onset of skeletal muscle growth (Carson et al. 2002; White et al. 2009b).

Lactate is a high-energy molecule that is readily oxidized by skeletal muscle (Brooks 2009). Transport of lactate across the sarcolemma is accomplished by a family of monocarboxylate transporters (MCTs). The MCTs facilitate the 1:1 exchange of lactate and protons across the sarcolemma. These transporters are important in the regulation of intracellular pH, lactate exchange, and cellular metabolism. Regulation of pH is important for optimal cell functioning. During periods of high energy demand, such as cell proliferation, skeletal muscle produces large amounts of lactate that could reduce the internal pH of myoblasts and this would be detrimental to cell viability and function. Therefore, mechanisms aimed at regulating intracellular pH are important. Currently 14 MCTs have been identified; however, MCT1 and MCT4 are believed to be the key MCTs within skeletal muscle (Halestrap and Wilson 2012). MCT1 has a low $K_m$ (3.5–8.3 mmol/L) for lactate and thus a high affinity for lactate (Halestrap and Price 1999; Halestrap and Wilson 2012). The physiological role of MCT1 appears to be in the uptake of lactate from the circulation (Halestrap and Wilson 2012). Additionally, MCT1 is also found on the inner mitochondrial membrane and functions in the transport of lactate into the mitochondrial matrix (Butz et al. 2004). Conversely, MCT4 appears to favor lactate export (Halestrap and Wilson 2012). CD147 is a glycoprotein that assists MCT1 and MCT4 in folding, stability, membrane expression, and functionality (Kirk et al. 2000). It has been demonstrated that both MCT and CD147 expression can be affected by various physiological stimuli such as skeletal muscle hypertrophy and running (Kitaoka et al. 2011; Thomas et al. 2012). For instance, short-term sprint training is associated with an increase in MCT1 with no change in MCT4 (Bickham et al. 2006). Exercise generally produced greater increases in MCT1 than MCT4 (Thomas et al. 2012). It has also been demonstrated that PGC-1α increases lactate uptake with concomitant increases in MCT1 but not MCT4 (Benton et al. 2008). CD147 has been well documented to be upregulated during wound healing (Gabison et al. 2005, 2009; Tang et al. 2009).

The early stages of skeletal muscle regeneration are a robust period with the activity of many cells types increased. Proliferating myoblast reach a maximum number between 2 and 3 days following bupivacaine injection (Saito and Nonaka 1994). The onset of skeletal muscle regeneration requires the coordinated regulation of metabolism. Recapitulation of the myogenic program requires energy production for the many events required for successful skeletal muscle regeneration. Genes related to energy metabolism are some of the first that are robustly increased at the onset of skeletal muscle growth (Carson et al. 2002; Washington et al. 2004). The onset of skeletal muscle regeneration is marked by rapid proliferation of myoblast cells (Zhao and Hoffman 2004; Ten Broek et al. 2010). During proliferation the energy requirement of cells increases. For example highly proliferating tumor cells switch from oxidative phosphorylation to glycolysis for energy production (Bensinger and Christofk 2012; Brown et al. 2013). This is referred to as the “Warburg effect”. This is not unique to tumor cells. Upon stimulation, muscle derived cells increased lactate dehydrogenase (LDH) activity while citrate synthase activity decreased (Barani et al. 2003). Furthermore, it has been demonstrated that LDH-A, a glycolytic enzyme, increases during skeletal muscle regeneration in the soleus (Crassous et al. 2009). Taken together this implies that skeletal muscle has the capacity to switch to a glycolytic energy profile to meet the increased energy demands of skeletal muscle regeneration. The onset of skeletal muscle regeneration is a period with robust activity although well defined there is still a considerable void in knowledge about this very active period during skeletal muscle regeneration.

The regulation of energy production and utilization is an important component of skeletal muscle regeneration. The objective of this study was to determine if MCT expression was altered during the onset of skeletal muscle regeneration. We hypothesized that at the onset of skeletal muscle regeneration MCT1 expression would be depressed with little change in MCT4 expression. In addition, we hypothesized that CD147 would be upregulated at the onset of skeletal muscle regeneration.

## Methods

### Animals and housing

Twelve-week old C57BL/6 mice were purchased from Jackson Laboratories. Animals were housed in the University of Arkansas Central Laboratory Animal Facility. Animals were kept on a 12:12-h light-dark cycle, and given...
access to normal rodent chow and water for the duration of the study. The mice were randomly assigned to one of two groups: (1) uninjured (control; \( n = 4-6 \)) or (2) injured (\( n = 6 \)). All procedures were approved by the University of Arkansas Institutional Animal Care and Use Committee (IACUC).

**Bupivacaine injection**

Bupivacaine is a well-established model for damaging skeletal muscle and studying the subsequent skeletal muscle regenerative response (Hall-Craggs 1980; Duguez et al. 2002; Plant et al. 2006; White et al. 2009a). Mice were anesthetized with a subcutaneous injection of a cocktail containing ketamine hydrochloride (45 mg/kg body weight), xylazine (3 mg/kg body weight), and acepromazine (1 mg/kg body weight). Muscle damage was induced by injecting 0.03 mL of 0.75% bupivacaine (Marcaine) in the left and right tibialis anterior (TA). A 25-gauge, 5/8 (0.5 × 16 mm) needle was inserted along the longitudinal axis of the muscle, and the bupivacaine was injected slowly as the needle was withdrawn. Bupivacaine was delivered in an isotonic solution of NaCl. The control group was injected with 0.03 mL of phosphate-buffered saline (PBS).

**Muscle and tibia extraction**

Three days post injection, the TA and tibias were extracted. Mice were anesthetized with a subcutaneous injection of a cocktail containing ketamine hydrochloride (90 mg/kg body weight), xylazine (3 mg/kg body weight), and acepromazine (1 mg/kg body weight). The left TA was snap frozen in liquid nitrogen and stored at −80°C for protein and gene expression analysis, and the right TA was cut at the midbelly, mounted in optimum cutting temperature compound (OCT), and then the right TA was cut at the midbelly, mounted in optimum cutting temperature compound (OCT), and then the right TA was cut at the midbelly, mounted in OCT, and tissue was homogenized in Mueller Buffer and protein concentration was measured using the Qubit 2.0 (Life Technologies, Grand Island, NY). Muscle homogenate was treated and concentration and purity was determined, and the ribosomal RNA 18s (VIC dye) were purchased from Applied Biosystems. cDNA was amplified in a 25 μL reaction containing appropriate primer pairs and ABI SYBR Green or TaqMan Universal Mastermix (Applied Biosystems). Samples were incubated at 95°C for 4 min, followed by 40 cycles of denaturation, annealing, and extension at 95°C, 55°C, and 72°C, respectively. SYBR Green or TaqMan fluorescence was measured at the end of the extension step each cycle. Fluorescence labeled probes for MyoD (FAM dye), MCT1 (FAM dye), MCT4 (FAM dye), and the ribosomal RNA 18s (VIC dye) were purchased from Applied Biosystems and quantified with TaqMan Universal mastermix. IGF-1 primer sequence was synthesized by Integrated DNA Technologies (IDT) (Caralville, IA) and quantified with SYBR Green mastermix. The primer sequences for IGF-1 were as follows: forward, 5′-TGATGCTTCAGTTGCGT-3′; reverse, 5′-GTCTTG GCCATGTCAGGTG-3′. Cycle threshold (Ct) was determined, and the ΔCt value calculated as the difference between the Ct value and the 18s Ct value. Final quan-
Relative quantification was then calculated as $2^{-\Delta\Delta C_t}$. Melt curve analysis was performed at the end of the PCR run to verify that no primer dimers were formed.

**Lactate measurements**

Serum and TA muscle lactate concentration was quantified using the L-Lactate Assay kit (Eton Biosciences Inc., Research Triangle Park, NC) per manufacturer’s instructions. Duplicate measurements were made for all treatments.

**Percent noncontractile tissue**

Percent noncontractile tissue (%NCT) was determined as previously described (White et al. 2009b; Washington et al. 2011). Briefly, approximately eight digital images of H&E-stained sections of TA muscle were analyzed. An 18 × 14 grid overlaid the digital images. Each dot was counted if it was not on a muscle fiber by a blinded investigator. Dots at least 75% in the extracellular matrix (ECM) were counted. Dots that were not clearly distinguishable were omitted from the count.

**Fluorescent microscopy**

Serial, transverse cryosections (10 μm thick) of the midbelly region of frozen TA muscles were cut at −20°C using a cryostat (Leica Biosystems, Buffalo Grove, IL). Sections were mounted on histidine coated slides and stored in −80°C. Slides were removed from −80°C and allowed to come to room temperature; any condensation was dried from slides. Sections were rehydrated with PBS, then blocked in blocking solution (PBS + 2% BSA) for 45 min. MCT-1 goat polyclonal antibody (4 μg/mL) (Santa Cruz Biotechnologies) was applied for 1 h at room temperature protected from light by a light shield. Prolong Gold with 4’,6-diamidino-2-phenylindole, dihydrochloride (DAPI; Life Technologies) was applied to each slide. Images were taken using Axioskop 2 Plus (Zeiss, Thornwood, NY) at a 40× objective and 10× eye-piece for each muscle section.

**Data analysis**

Results are reported as mean ± SE. Data were analyzed using Student’s t-test. Statistical significance was determined if $P \leq 0.05$.

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### Results

#### Muscle mass characteristics, noncontractile tissue, serum, and tissue lactate concentration

At 3 days post bupivacaine injection, TA muscle weight decreased 17% ($P < 0.05$; Table 1) and when TA muscle weight was normalized to tibia length there was a 21% decrease ($P < 0.05$; Table 1). There was no effect of bupivacaine injection on tibia length. The percentage of noncontractile tissue increased 74% ($P < 0.03$; Fig. 1A) 3 days post bupivacaine injection. Lactate concentration in the plasma was not affected by bupivacaine injection; however, there was a trend for a decrease in TA lactate concentration ($P = 0.1$) (Table 1).

#### MRF and anabolic growth factor gene expression

Skeletal muscle regeneration is characterized by a robust inflammatory response. This is marked by infiltrating cells within skeletal muscle. We observed an increase in extracellular nuclei 3 days post bupivacaine injection (Fig. 1B). MyoD and IGF-1 mRNA were quantified as markers of skeletal muscle regeneration. IGF-1 mRNA increased approximately fivefold ($P < 0.0009$) 3 days post bupivacaine injection (Fig. 2A). MyoD mRNA increased approximately fourfold ($P < 0.008$) 3 days post bupivacaine injection (Fig. 2B).

#### MCT 1 and 4 expression, MCT 1 localization, and CD147 expression

MCT1 is a transmembrane protein as seen by localization at the plasma membrane (Fig. 3). MCT1 appears to be decreased at the plasma membrane 3 days post bupivacaine injection (Fig. 3). Corresponding to the decreased MCT1 at the plasma membrane, MCT1 protein expres-

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### Table 1. Tibialis anterior muscle weight, tibia length, tibialis anterior muscle weight normalized by tibia length, TA lactate concentration, and plasma lactate concentration 3 days after bupivacaine-induced injury.

|                | Uninjured | Injured |
|----------------|-----------|---------|
| Tibialis anterior (mg) | 38.3 ± 1.4 | 31.9 ± 3.0* |
| Tibia length (mm)       | 15.8 ± 0.6 | 16.8 ± 0.1 |
| Muscle mass/tibia length (mg/mm) | 2.4 ± 0.1 | 1.9 ± 0.2* |
| TA lactate conc. (μmol/mg protein) | 2.0 ± 0.4 | 1.4 ± 0.3 |
| Plasma lactate conc. (mM/L)    | 5.0 ± 0.6 | 4.2 ± 0.9 |

Values are means ± SE.  
*Significantly different from uninjured animals, $P < 0.05$. 
sion decreased 32% ($P < 0.03$; Fig. 4A). In contrast, there was no difference in MCT1 mRNA 3 days post bupivacaine injection (Fig. 4B). There were no differences observed in MCT4 protein or gene expression (Fig. 4C and D). There was a 64% increase ($P < 0.03$) in CD147 protein expression 3 days post bupivacaine injection but there was no change in CD147 gene expression (Fig. 5A and B).

**LDH-A, LDH-B, COX-IV, and PKC-θ protein expression**

LDH is a tetrameric enzyme that catalyzes the NADH-dependent interconversion of pyruvate to lactate. LDH-A is responsible for the conversion of pyruvate to lactate and LDH-B is responsible for the conversion of lactate to pyruvate. LDH-A increased 71% ($P < 0.003$) 3 days post bupivacaine injection (Fig. 6A). LDH-B decreased 53% ($P < 0.05$) 3 days post bupivacaine injection (Fig. 6B). Cytochrome C oxidase subunit IV (COX-IV) decreased 57% ($P < 0.05$) 3 days post bupivacaine injection (Fig. 6C). PKC-θ protein expression increased 79% ($P < 0.02$) 3 days post bupivacaine injection (Fig. 7).

**Discussion**

The primary objective of this study was to examine MCT expression at the onset of skeletal muscle regeneration. The
results from this study extend our understanding of MCT expression within skeletal muscle at onset skeletal muscle regeneration. To our knowledge this is the first to report the novel finding that the expression levels of certain members of the MCT family are altered at the onset of skeletal muscle regeneration. Specifically, our data demonstrated a downregulation of MCT1 protein expression whereas there was no change in MCT4 protein expression after treatment with bupivacaine. In addition, our data also demonstrate the novel finding that CD147 is upregulated at the onset of skeletal muscle regeneration.

MCT1 protein levels decreased at the onset of skeletal muscle regeneration. MCT1 is associated with uptake or efflux of monocarboxylates (i.e., lactate) through the sarcolemma that depends on the metabolic need of the cells. During skeletal muscle regeneration, for example, the energy demand by the proliferating myoblasts is high (Barani et al. 2003; Crassous et al. 2009). When myoblasts were stimulated with serum for 7 days there was a marked upregulation of LDH activity and a concomitant downregulation of citrate synthase activity (Barani et al. 2003). Thus, proliferating myoblasts seem to have an increased dependence on glycolytic metabolism. Additionally, bupivacaine injection decreases citrate synthase activity 80% 3 days post injection and is associated with a fourfold decrease in mitochondrial protein yield (Duguez et al. 2002). Our data are consistent with skeletal muscle switching to a more anaerobic energy profile during a time when myoblasts a robustly proliferating. We demonstrated an increase in LDH-A protein levels 3 days following bupivacaine injection. We examined enzymes related to oxidative metabolism. We measured LDH-B which is the enzyme responsible for the conversion of lactate to pyruvate and COX-IV, which is a mitochondrial DNA encoded protein and corresponds well to mitochondrial biogenesis (Laye et al. 2009; Geng et al. 2010). We showed a decrease in LDH-B and COX-IV protein levels. This coincides with maximal satellite cell/myoblast proliferation (Goetsch et al. 2003).

Increased flux through glycolysis necessitates a need for pH control. Many processes within skeletal muscle are influenced by pH and therefore it is important for pH to
be tightly regulated for the cell to function optimally. During fatiguing contractions the internal pH within skeletal muscle can decrease to ~6.5 due to lactate accumulation (Juel 1996). The ability to regulate lactate/H⁺ entry and exit from skeletal muscle is extremely important for proper muscle functioning. Our data provide evidence for another mechanism that skeletal muscle may use to prevent major decrements in intracellular pH. The decrease in MCT1 observed in this study could point to the cell regulating the entry of lactate and thus H⁺ from the circulation. We show that lactate concentration in the plasma was not different between the uninjured and injured group. There was a trend for a decrease in lactate concentration in the TA muscle. This might suggest that the lactate is being utilized by the cell for energy.

CD147, also known an ECM proteinase inducer (EMMPRIN), is best known for its role in inducing matrix metalloproteinases (MMPs) expression (Iacono et al. 2007). CD147 immunoprecipitates with MCT1 and MCT4 (Kirk et al. 2000). It has been suggested that CD147 is needed for correct localization of MCTs to the plasma membrane (Kirk et al. 2000). With CD147 increasing and MCT1 decreasing during skeletal muscle regeneration, another role besides aiding in MCT docking for CD147 seems likely. Muscle fibers are surrounded by the ECM and ECM regulation is critical for an optimal growth response in skeletal muscle (Goetsch et al. 2003; White et al. 2009b). The ECM acts as a barrier for diffusion and also provides mechanical strength and elasticity. MMPs are involved in the degradation of the ECM which allows myoblasts cells to proliferate and migrate within skeletal muscle tissue (Torrente et al. 2000; Nishimura et al. 2008). Cytokines and growth factors are sequestered within the ECM and their release is critical during skeletal

Figure 4. MCT expression 3 days after recovery from bupivacaine-induced injury. (A) The effect of 3 days of recovery from bupivacaine-induced injury on MCT1 protein expression. (B) The effect of 3 days of recovery from bupivacaine-induced injury on MCT1 gene expression. (C) The effect of 3 days of recovery from bupivacaine-induced injury on MCT4 protein expression. (D) The effect of 3 days of recovery from bupivacaine-induced injury on MCT4 gene expression. Inset figure is representative Western blot and Ponceau S stain taken from the same gel and image. Values are means ± SE. *Difference between uninjured and injured, P ≤ 0.05.
muscle regeneration (Martin 1997; Reddi 1998). MMPs are involved in the liberation of these factors. Our data provide additional evidence to support the role of ECM remodeling during skeletal muscle regeneration. We are the first to show an upregulation of CD147 at the onset of skeletal muscle regeneration. This coincides with increased MMP2 and MMP9 levels that have been demonstrated in numerous studies (Goetsch et al. 2003; Zimowska et al. 2008).

The injection of bupivacaine into skeletal muscle is associated with extensive myofiber necrosis and loss of muscle mass (Beitzel et al. 2004; White et al. 2009a). The subsequent regenerative response requires the myogenesis particularly during the initial phase of skeletal muscle

Figure 5. CD147 expression 3 days after recovery from bupivacaine-induced injury. (A) The effect of 3 days of recovery from bupivacaine-induced injury on CD147 protein expression. (B) The effect of 3 days of recovery from bupivacaine-induced injury on CD147 gene expression. Inset figure is representative Western blot and Ponceau S stain taken from the same gel and image. Values are means ± SE. *Difference between uninjured and injured, P ≤ 0.05.

Figure 6. LDH and COX-IV expression 3 days after recovery from bupivacaine-induced injury. (A) The effect of 3 days of recovery from bupivacaine-induced injury on LDH-A protein expression. (B) The effect of 3 days of recovery from bupivacaine-induced injury on LDH-B gene expression. (C) The effect of 3 days of recovery from bupivacaine-induced injury on COX-IV expression. Inset figure is representative Western blot and Ponceau S stain taken from the same gel and image. Values are means ± SE. *Difference between uninjured and injured, P ≤ 0.05.
regeneration. The initial regenerative response involves the induction of inflammatory genes that is characterized by infiltration of neutrophils within the first 24 h followed by macrophages (McClung et al. 2007; Segawa et al. 2008; Smith et al. 2008). These cells are involved in the removal of necrotic tissue. Skeletal muscle regeneration is dependent on satellite cells (Relaix and Zammit 2012) and their activation and proliferation peak 2–3 days post bupivacaine injection (Marsh et al. 1997; McLoon et al. 1998; Hawke and Garry 2001). IGF-1 is a potent mitogen that has been demonstrated to induce myogenesis (Adams and Haddad 1996). IGF-1 mRNA is induced at the onset of skeletal muscle growth (Adams and Haddad 1996; White et al. 2009b). We have previously demonstrated that when skeletal muscle regeneration is hindered it is also associated with depressed IGF-1 gene expression and associated signaling (Washington et al. 2011). Importantly for this study, the induction of IGF-1 confirms the efficacy of the injury/regeneration model used.

MCT1 is ubiquitously expressed in skeletal muscle. MCT1 has been reported to be responsible for lactic acid uptake by L6 skeletal muscle cells (Kobayashi et al. 2004). The intracellular regulation of MCT1 is important for understanding the physiological homeostasis within skeletal muscle. It has been demonstrated that MCT1 protein expression is associated with the activation and proliferation peak 2–3 days post bupivacaine injection (Marsh et al. 1997; McLoon et al. 1998; Hawke and Garry 2001). IGF-1 is a potent mitogen that has been demonstrated to induce myogenesis (Adams and Haddad 1996). IGF-1 mRNA is induced at the onset of skeletal muscle growth (Adams and Haddad 1996; White et al. 2009b). We have previously demonstrated that when skeletal muscle regeneration is hindered it is also associated with depressed IGF-1 gene expression and associated signaling (Washington et al. 2011). Importantly for this study, the induction of IGF-1 confirms the efficacy of the injury/regeneration model used.

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Figure 7. The effect of 3 days of recovery from bupivacaine-induced injury on PKC-θ protein expression. Inset figure is representative Western blot and Ponceau S stain taken from the same gel and image. Values are means ± SE. *Difference between uninjured and injured, P ≤ 0.05.

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In summary, the onset of skeletal muscle regeneration is associated with altered expression of MCT1. In addition, CD147 was upregulated at the onset of skeletal muscle regeneration. Proliferating skeletal muscle cells are relying increasingly on anaerobic metabolism to meet their energy demands. These data provide a way that skeletal muscle can increase energy production to match the increased energy demands during the onset of skeletal muscle regeneration via anaerobic metabolism while decreasing uptake of exogenous lactate possibly to regulate pH.

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Conflict of Interest

None declared.

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