Hand and Handprint Measurements in the Estimation of Stature in a Sri Lankan Population

Mediciones de Manos y Huellas de Manos en la Estimación de la Estatura en una Población de Sri Lanka

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SUMMARY: The present study was undertaken to generate sex-specific simple and multiple regression models for the estimation of stature using hand and handprint measurements in a Sri Lankan population. The sample comprises 51 males and 66 females in the age range of 20 to 26 years. The stature and eight measurements from each hand and its corresponding print of each subject were collected using standard anthropometric instruments and techniques. All hand and handprint measurements showed significantly positive correlation (p value < 0.05) with the stature in both sexes. Stature prediction accuracy for simple linear regression equations ranged from ±4.41-5.92 cm and ±4.0- 5.22 cm for the left and right hand measurements in males and females, respectively. The corresponding figures for the left and right handprint measurements were ±4.57-5.95 cm and ±4.36-5.52 cm, respectively. The highest stature prediction accuracy was shown by the multiple regression models derived from hand measurements. The stature estimating formulae reported in this study using hand measurements have important application in the identification of unknown human remains, particularly when they are partial, mutilated or dismembered. Similarly, it is envisaged that formulae derived from the handprint measurements will be useful in crime scene investigations.

KEY WORDS: Forensic anthropology; Hand measurements; Handprints; Stature.

INTRODUCTION

Anthropometry, which signifies the technique of expressing the shape of the human body in numbers has been widely used in forensic identification. The most important step during the identification of unknown, decomposed corpses and human skeletal remains is the creation of a biological profile through the estimation of sex, age, ethnicity and stature. The estimation of stature is an important aspect that provides useful information towards narrowing the pool of potentially matching identities.

It is widely agreed that stature shows positive correlations with the dimensions of various skeletal components (Trotter & Gleser, 1952; Byers et al. 1989; Meadows & Jantz, 1992; Ryan & Bidmos, 2007). The earliest formal tables for the estimation of stature were introduced by Rollet (1888) using all six long bones of the upper and lower limbs. Using Rollet’s data on long bone lengths, Pearson (1898) developed regression equations for the prediction of stature. His revelations emphasized the fact that the application of regression formulae from one population to another must be made with great caution. Since then, numerous studies have been carried out in this direction, providing single and multiple regression equations using measurements of various skeletal and body fragments for the estimation of stature in different population groups (Pearson; Trotter & Gleser; Byers et al.; Meadows & Jantz; Celbis & Agritmis, 2006; Ryan & Bidmos; Nanayakkara et al., 2018). As skeletal development is strongly influenced by genetic and environmental factors (Plavcan, 2012), an equation derived from a certain population will not be applicable to another; this explains the necessity for establishing population and sex-specific stature estimation formulae. Moreover, the highest predictive accuracy of such formulae can be achieved only when they are applied to the same population from which they were derived. This justifies the collection of data from more population groups to make a comprehensive database.

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The reliable and accurate methods available for stature estimation require the preservation of long bones. It is widely accepted that regression formulae derived using the dimensions of intact long bones of the upper and lower limbs, especially the femur, provide more accurate estimates of stature (Bidmos, 2008). With the rising incidence of mass disasters there is an increased likelihood of dismembered peripheral parts of the body such as the hand and foot being presented to forensic experts for analysis. In these circumstances the stature estimating formulae established using a complete skeleton or the intact long bones are inapt for the analysis.

Numerous studies have described anthropometric approaches to estimating stature from different body fragments (Krishan & Sharma, 2007; Ishak et al., 2012; Zulkifly et al., 2018). Further, these studies have demonstrated that anthropometry of the hand shows considerable potential and accuracy in the estimation of stature; the accuracies closely reaching the standards established for long bones (Ishak et al.; Zulkifly et al.). Partial or complete handprints discovered in crime scenes have also been shown to provide valuable clues in the identification of a criminal (Ishak et al.). The forensic utility of anthropometric approaches of the hand and handprints for estimating stature has been widely studied (Krishan & Sharma; Ishak et al.; Ozaslan et al., 2012; Laulathaphol et al., 2013; Zulkifly et al.).

Despite the need for such studies, derivation of stature estimation formulae using hand and handprint dimensions has scarcely been discussed for the Sri Lankan population. Therefore, the present study was undertaken to ascertain the correlation between the stature and hand and handprint measurements, and to generate population specific regression models to estimate stature of unidentified males and females in a Sri Lankan population. Further, only the participants belonging to the major ethnic group in Sri Lanka, Sinhalese, were included in the present analysis as the number available for other ethnic groups was inadequate for statistical analysis. A total of 117 young and healthy undergraduate students, comprising of 51 males and 66 females, within the age range of 20 to 28 years were included in the present study. The study protocol, including the consent procedure was reviewed and approved by the Ethics Review Committee of Faculty of Dental Sciences, University of Peradeniya, Sri Lanka (Research Project No. ERC/ FDS/ UOP/1/2018/37).

**Measurement of stature.** The living height or stature of each subject was measured using a stadiometer (TTM stadiometer; Tsutsumi Co. Ltd., Tokyo, Japan) adopting the protocol described in a previous study (Ishak et al.).

**Anthropometric measurements of hand.** Using a digital vernier caliper (Mitutoyo, Japan) and a measuring tape when necessary, eight anthropometric measurements were taken on both right and left hands of each individual adopting the landmark definitions described in previous studies (Krishan & Sharma; Ishak et al., 2012; Ozaslan et al.; Laulathaphol et al.; Zulkifly et al.). A description of all measurements used in this study are presented in Table I and illustrated in Figure 1.

**Handprint measurements.** Right and left handprints of all participants were obtained using an inkpad, with a non-reactive, and non-indelible ink. The hands of the participant were gently pressed against the ink pad and then placed with a little pressure on A4 sized white paper to make an outline of handprints. The paper was allowed to dry after which a total of eight measurements were obtained as described in previous studies (Ishak et al.; Zulkifly et al.) (Table I; Fig. 1).

**Statistical analyses.** Tests for reproducibility of measurements were conducted prior to data acquisition of the study using Lin’s concordance correlation coefficient of reproducibility (CCC) (Lin, 1989). For this purpose stature and hand measurements were repeated in a 10 % of the sample with a minimum of 24-h interval between re-measurement. The measurement technique was considered as reliable as the CCC values for all measurements were found to be within the accepted range (0.900 and 1). A specific measurement was recorded by a single investigator (one specific investigator each for measuring stature, hands and handprints); this eliminated the inter-observer error. Statistical analyses were performed using the Statistical Package for the Social Sciences (SPSS), version 21.
RESULTS

Descriptive statistics of stature, hand and handprint measurements. Kolmogorov-Smirnov test and q-q plots carried out showed normality of data. Descriptive statistics including the mean, standard deviation, minimum and maximum values for each of the hand and handprint for measurements of both left and right sides of both sexes are illustrated in Table II. All the measurements were found to be significantly larger in males than in females (p < 0.001).
In the present study, the mean measured stature of males was $170.33 \pm 6.11 \text{ cm}$ (range $158.4$–$189.0$) whereas in females a mean stature of $157.38 \pm 5.82 \text{ cm}$ (range $145.0$–$171.4$) was observed.

### Table II. Descriptive statistics and correlation of hand and handprint measurements (in cm) to stature in males and females.

| Measurement | Side | Min | Max | Mean | SD | Std | $r$ | $p$-value | $R$ | Min | Max | Mean | SD | Std | $r$ | $p$-value |
|-------------|------|-----|-----|------|----|-----|-----|-----------|-----|-----|-----|------|----|-----|-----|-----------|
| Handprint   |      |     |     |      |    |     |     |           |     |     |     |      |    |     |     |           |
| HB          | Left | 5.45 | 7.30 | 6.28 | 0.49 | 0.42 | 0.46 | 0.017 | 0.001 | 6.27 | 7.92 | 7.60 | 0.48 | 0.48 | 0.001 | 0.001 |
| HL          | Left | 16.98 | 22.21 | 19.50 | 0.98 | 0.90 | 0.98 | 0.001 | 0.001 | 19.18 | 21.93 | 20.56 | 0.98 | 0.98 | 0.001 | 0.001 |
| PL          | Left | 7.01 | 10.07 | 8.54 | 0.53 | 0.46 | 0.53 | 0.001 | 0.001 | 8.14 | 10.70 | 9.37 | 0.50 | 0.50 | 0.001 | 0.001 |
| PD          | Left | 5.15 | 6.75 | 5.92 | 0.39 | 0.31 | 0.39 | 0.027 | 0.001 | 5.19 | 6.78 | 6.00 | 0.37 | 0.37 | 0.032 | 0.001 |
| Hand        |      |     |     |      |    |     |     |           |     |     |     |      |    |     |     |           |
| HB          | Left | 5.73 | 7.60 | 6.60 | 0.52 | 0.44 | 0.52 | 0.019 | 0.001 | 6.50 | 7.72 | 7.11 | 0.48 | 0.48 | 0.019 | 0.001 |
| HL          | Left | 18.20 | 23.75 | 19.98 | 0.98 | 0.90 | 0.98 | 0.001 | 0.001 | 19.38 | 22.23 | 20.85 | 0.98 | 0.98 | 0.001 | 0.001 |
| PL          | Left | 7.53 | 11.59 | 9.56 | 0.57 | 0.48 | 0.57 | 0.001 | 0.001 | 9.04 | 11.59 | 10.32 | 0.50 | 0.50 | 0.001 | 0.001 |
| PD          | Left | 5.21 | 6.81 | 5.96 | 0.45 | 0.38 | 0.45 | 0.037 | 0.001 | 5.73 | 6.94 | 6.34 | 0.48 | 0.48 | 0.037 | 0.001 |

### Bilateral variation in the hand and handprint dimensions.

The results of the two-sample t-test carried out to analyze the bilateral variation in the hand and handprint dimensions showed significant differences ($p < 0.05$) in the measurements of HL, PL, 1D, 2D and 5D between the left and right hands among the males. Significant differences ($p < 0.05$) were also observed among the females in the measurements of HB, 1D, 4D and 5D between the left and right hands. While the PPL differed significantly ($p < 0.05$) between the left and right palmprints of the males, the females demonstrated significant differences ($p < 0.05$) in the HP1D and HP4D of left and right handprints.

### Correlation between stature and hand and handprint measurements.

The correlation coefficients ($r$) between stature and all hand and handprint measurements are also shown in Table II. All hand and handprint measurements of both left and right side showed significantly positive correlation to
Table III. Linear regression equations for the estimation of stature (in cm) from measurements of hands on the left and right side in males and females.

| Male Equation | SEE | \(R^2\) | F-value | p-value | Female Equation | SEE | \(R^2\) | F-value | p-value |
|---------------|-----|---------|---------|---------|-----------------|-----|---------|---------|---------|
| Left          |     |         |         |         | Right           |     |         |         |         |
| Stature = 132.1 + 4.664 HB | ±5.73 | 0.147 | 8.47 | 0.005 | Stature = 88.2 + 9.541 HB | ±4.74 | 0.347 | 34.04 | 0.001 |
| Stature = 75.09 + 5.183 HL | ±4.41 | 0.494 | 47.86 | 0.001 | Stature = 78.9 + 4.636 HL | ±4.17 | 0.495 | 62.64 | 0.001 |
| Stature = 96.7 + 6.935 PL | ±4.85 | 0.388 | 31.09 | 0.001 | Stature = 112.5 + 4.67 PL | ±5.22 | 0.207 | 16.73 | 0.001 |
| Stature = 123.3 + 7.294 1D | ±5.49 | 0.215 | 13.42 | 0.001 | Stature = 111.5 + 7.78 1D | ±4.74 | 0.346 | 33.95 | 0.001 |
| Stature = 120.6 + 6.931 2D | ±5.53 | 0.206 | 12.72 | 0.001 | Stature = 100.1 + 8.66 2D | ±4.11 | 0.509 | 66.40 | 0.001 |
| Stature = 123.3 + 5.918 3D | ±5.53 | 0.206 | 12.69 | 0.001 | Stature = 97.3 + 8.23 3D | ±4.24 | 0.478 | 58.72 | 0.001 |
| Stature = 120.1 + 6.782 4D | ±5.52 | 0.206 | 12.74 | 0.001 | Stature = 104.3 + 7.84 4D | ±4.46 | 0.422 | 46.76 | 0.001 |
| Stature = 140.6 + 5.019 5D | ±5.88 | 0.101 | 5.42 | 0.024 | Stature = 111.9 + 8.40 5D | ±4.63 | 0.377 | 38.79 | 0.001 |
| Right         |     |         |         |         |                 |     |         |         |         |
| Stature = 129.9 + 4.923 HB | ±5.82 | 0.118 | 6.56 | 0.014 | Stature = 95.1 + 8.64 HB | ±4.80 | 0.330 | 31.52 | 0.001 |
| Stature = 75.57 + 5.207 HL | ±4.56 | 0.460 | 41.77 | 0.001 | Stature = 79.5 + 4.597 HL | ±4.08 | 0.516 | 68.19 | 0.001 |
| Stature = 101.2 + 6.56 PL | ±5.14 | 0.314 | 22.41 | 0.001 | Stature = 95.0 + 6.49 PL | ±4.91 | 0.297 | 27.24 | 0.001 |
| Stature = 105.6 + 9.90 1D | ±5.14 | 0.312 | 22.27 | 0.001 | Stature = 102.4 + 9.14 1D | ±4.45 | 0.424 | 47.26 | 0.001 |
| Stature = 120.8 + 6.97 2D | ±5.52 | 0.208 | 12.87 | 0.001 | Stature = 101.4 + 8.44 2D | ±4.04 | 0.526 | 70.93 | 0.001 |
| Stature = 121.2 + 6.22 3D | ±5.51 | 0.212 | 13.20 | 0.001 | Stature = 96.6 + 6.32 3D | ±4.11 | 0.510 | 66.60 | 0.001 |
| Stature = 124.6 + 6.18 4D | ±5.55 | 0.204 | 12.56 | 0.001 | Stature = 103.2 + 7.94 4D | ±4.44 | 0.426 | 47.50 | 0.001 |
| Stature = 140.5 + 4.97 5D | ±5.92 | 0.090 | 4.85 | 0.032 | Stature = 114.0 + 7.91 5D | ±4.82 | 0.326 | 30.94 | 0.001 |

Multiple regression. Sex-specific bilateral multiple regression equations were estimated for females and males separately. The equations resulted in lower SEE values and higher \(R^2\) values when compared to the explanatory power of regression models that contained different numbers of predictors. Multiple regression models that contained the hand and handprint measurements separately for sex and side are presented in Tables III and IV. The standard error of estimate (SEE) of the estimated stature from the actual stature indicates the precision of the regression analysis. In the present study, the SEE of simple linear regression equations ranged from 3.57 cm to 4.36 cm in males and from 3.82 cm to 5.22 cm in females. With regards to handprint measurements, the least SEE observed in males is \(±3.57\) cm whereas in females it is \(±3.82\) cm (Table VII), for hand measurements in males it is \(±4.62\) cm and in females \(±4.32\) cm (Table VII).
Table IV. Linear regression equations for the estimation of stature (in cm) from measurements of handprints on the left and right side.

| Column | Equation | SEE | R² | F-value | p-value | Adjusted R² | Adjusted F-value | p-value |
|--------|----------|-----|----|--------|---------|-------------|-----------------|--------|
| Male-Left | Stature = 1216 + 4.21 HL + 3.12 PL + 2.26 1D - 6.90 4D | 5.71 | 0.46 | 9.44 | 0.64 | 4.73 | 0.55 | <0.001 |
| Male-Right | Stature = 1315 + 5.33 HPD | 9.44 | 0.46 | 9.44 | 0.64 | 4.73 | 0.55 | <0.001 |
| Female-Left | Stature = 1283 + 5.99 HP2D | 5.61 | 0.42 | 9.44 | 0.64 | 4.73 | 0.55 | <0.001 |
| Female-Right | Stature = 1365 + 5.88 HP5D | 5.81 | 0.42 | 9.44 | 0.64 | 4.73 | 0.55 | <0.001 |

Table V. Multiple regression equations for the estimation of stature (in cm) from measurements of handprints on the left and right side.

| Column | Equation | SEE | R² | F-value | p-value | Adjusted R² | Adjusted F-value | p-value |
|--------|----------|-----|----|--------|---------|-------------|-----------------|--------|
| Male-Left | Stature = 49.2 + 2.25 HL + 4.33 PL + 2.63 1D + 6.54 4D | 3.35 | 0.40 | 4.86 | 0.60 | 4.86 | 0.60 | <0.001 |
| Male-Right | Stature = 62.5 + 4.080 HL + 3.12 PL + 2.26 1D + 6.90 4D | 3.35 | 0.40 | 4.86 | 0.60 | 4.86 | 0.60 | <0.001 |
| Female-Left | Stature = 74.9 + 2.861 HL + 4.54 1D + 5.14 4D | 3.35 | 0.40 | 4.86 | 0.60 | 4.86 | 0.60 | <0.001 |
| Female-Right | Stature = 76.1 + 2.64 HL + 3.54 PL + 2.13 1D | 3.35 | 0.40 | 4.86 | 0.60 | 4.86 | 0.60 | <0.001 |

Table VI. Multiple regression equations for the estimation of stature (in cm) from measurements of handprints on the left and right side.

| Column | Equation | SEE | R² | F-value | p-value | Adjusted R² | Adjusted F-value | p-value |
|--------|----------|-----|----|--------|---------|-------------|-----------------|--------|
| Male-Left | Stature = 80.4 + 5.32 HL + 0.64 HP1D | 3.35 | 0.40 | 4.86 | 0.60 | 4.86 | 0.60 | <0.001 |
| Male-Right | Stature = 93.41 + 2.849 HL + 2.68 HP2D | 3.35 | 0.40 | 4.86 | 0.60 | 4.86 | 0.60 | <0.001 |

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DISCUSSION

The estimation of stature of unknown human remains becomes a challenging task when the remains are partial, mutilated or dismembered as in mass disasters. In such situations important parameters such as long bones which are commonly used for stature estimation may not be available. A practical alternative is to develop new formulae of stature estimation using body appendages that are likely to survive and be recovered.

In concurrence with other similar studies (Krishan & Sharma; Ishak et al.; Ozaslan et al.; Laulathaphol et al.; Zulkifly et al.) the males in the present study exhibited significantly higher stature as well as hand and handprint measurements when compared with those of the females. These differences between the sexes are attributable to the influence of genetic and environmental factors on the growth and development of the skeletal system (Frayer & Wolpoff, 1985). Hormonal influence, which causes early maturity and cessation of bone growth in the females gives the males an additional two or more years of bony growth than in the females (Krishan & Sharma). The aforementioned findings highlight the importance of elaborating sex-specific standards to accurately estimate stature. Hence, the purpose of this study was to formulate new sex-specific stature estimating models using hand and handprint measurements applicable to the Sinhalese, the major ethnic group in Sri Lanka.

Furthermore, previous population studies have reported the existence of bilateral asymmetry in hand dimensions (Krishan & Sharma; Ishak et al.; Ozaslan et al.; Laulathaphol et al.; Zulkifly et al.). Consistent with the findings reported in previous studies, the results of the present study indicated that several hand and handprint measurements showed statistically significant bilateral asymmetry in both males and females. The observed bilateral asymmetry in hand and handprint measurements may partially be attributed to the handedness of the subject as postulated by previous researchers (Rastogi et al., 2008). Conversely, a study by Nandi et al. (2018) in an adult Nigerian population found no significant bilateral asymmetry in hand and handprint measurements of both males and females.

The present results showed that the stature of an individual was significantly and positively correlated with all hand and handprint measurements. Among the hand measurements, the HL (r = 0.703, 0.678) exhibited the strongest correlation with stature in males whereas in females the 2D length (r = 0.714, 0.725) followed by the HL (r = 0.703, 0.718) showed the strongest correlations for both left and right sides. Previous studies in North Indian (Krishan & Sharma), South Indian (Rastogi et al.), Western Australian (Ishak et al.) and Thai (Laulathaphol et al.) populations have revealed the hand length as the measurement showing the strongest correlation with stature. In accordance with the findings reported in previous studies (Ishak et al.), with reference to the handprint measurements, in both males and females, the strongest correlation was shown by the HPL (males – r = 0.649–0.676, females – r = 0.661–0.669) in both left and right handprints.

The presence of a positive linearity between the stature and hand and handprint measurements facilitated the formulation of regression equations which can be successfully utilized for stature estimation in the Sri Lankan population. In assessing the accuracy and reliability of the simple linear regression equations, the standard error of estimate (SEE) which predicts the deviation of estimated stature from the actual stature was employed. A low value of SEE indicates a greater reliability in the estimated stature.

In the present study, the SEE of the simple linear regression equations ranged from ±4.41 to ±5.92 cm and ±4.04 to ±5.22 cm for the left and right hand measurements in males and females, respectively. The range of SEE recorded in the present study is lower than those reported previously for other population groups; Uhrová et al. (2015) for Slovak adults(±5.01 to± 6.11); Ozalan et al. (2012) for Turks (±5.46 to±6.77); Ishak et al. for Western Australians (±4.74 to ±6.40); Rastogi et al. for North Indians (±4.11 to ±5.97). The higher SEE values calculated for the regression models by these authors may possibly be related to the wide diversity in these measurements in their study populations. On the other hand, studies concerning the Thai populations (Laulathaphol et al.) (±3.29 cm to ± 4.878 cm) and West Bengal (Pal et al., 2016) (±3.49 to±4.28 cm) demonstrated lower SEE values for the regression models derived from hand measurements.

In evaluating the simple linear regression models formulated for hand measurements, the values of SEE were lowest for the HL of left and right hands (±4.41 to ±4.56) in males whereas in females the lowest SEE values were exhibited by the 2D lengths (±4.11 to ±4.04). The SEE values of the HL of left and right hands of females (±4.17 to ±4.08) were marginally higher than those of 2D length values. Previous research has demonstrated the HL as the most accurate hand measurements in predicting the stature. The range of SEE has been reported as ±4.74 to ±5.17 cm, ±5.46 to ±6.03 cm, ±4.36 to ±7.50 cm, ±3.78 to ±5.22 cm in Western Australian (Ishak et al.), Turkish (Ozalan et al.)...
Greatest accuracy in estimating stature (SEE = equation utilizing HL, PL, 1D, 4D and 5D presented in the research (Ishak et al.) data for more detailed studies in the future. Nonetheless, these preliminary results provide the baseline different ethnic groups in Sri Lanka are desired.

Sample size. Further studies involving large samples of fatalities. Hand and handprint measurements provide accurate accurately estimate stature. Moreover, the results indicate that hand and handprint measurements have a significant positive impact with each other.

Interestingly, the findings of this study further revealed that the SEE values exhibited by females for the measurements of hand (±4.04 to ±5.22 cm) and handprints (±4.36 to ±5.52 cm) were lower than those of males (hand: ±4.41 to ±5.92 cm; handprint: ±4.57 to ±5.95 cm), implying that stature can be estimated with greater precision in females than in males utilizing these regression models.

Substantiating the views of previous researchers (Krishan & Sharma; Ishak et al.; Zulkifly et al.) the multiple regression equations derived for both males and females resulted in superior prediction accuracy than the equations obtained from single variables, presenting lower SEE values and higher R-squared values. In view of hand measurements, the least SEE in males is ±3.95 cm whereas in females it is ±3.82 cm. In males, the multiple regression equation utilizing HL, PL, 1D, 4D and 5D presented the greatest accuracy in estimating stature (SEE = ±3.95, R2 = 0.6275). On the other hand, in females, the multiple regression equation using HB, HL and 2D length (SEE = ±3.82, R2 = 0.5890) was more accurate than the simple regression equation using the 2D or the HL. Conversely, with regard to the multiple regression models formulated for handprint measurement, none demonstrated superior accuracy than the simple linear regression equations derived from HPL in both males and females.

The results of the present study clearly demonstrate that the predictive accuracy of stature estimation varies with each different population. This again emphasizes the significance of generating population-specific standards to accurately estimate stature. Moreover, the results indicate that hand and handprint measurements provide accurate and reliable means of stature estimation and will therefore be useful in assisting forensic anthropologists in profiling remains in crime scenes and victim identification in mass fatalities.

The present study is limited by its relatively small sample size. Further studies involving large samples of different ethnic groups in Sri Lanka are desired. Nonetheless, these preliminary results provide the baseline data for more detailed studies in the future.

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