Astrological Biochemistry of Vitamins

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ABSTRACT

Vitamins are organic compounds and an integral part of the balanced diet. Biochemically they function as coenzymes. The vitamins belong to the zodiacal sign Virgo in astrological parlance. They complement medicine by the application of astrological knowledge for the eradication of ailments.

Key words: Vitamins, Astrology, Deficiency, Coenzyme, Balance diet, Aliments.

INTRODUCTION

Vitamins are organic compounds and integral part of the balance diet. They are required in small amounts and perform specific cellular function, therefore essential for the normal metabolism. Biochemically they function as coenzymes. The certain vitamins have chemo preventive roles in the cardiovascular disorders (Niacin), cancer (Vitamin C), and infections (Vitamin A).

The assimilative solubility in intestine classified vitamins into lipid and water soluble.

- Lipid soluble vitamins: Vitamins A, D, E and K.
- Water soluble vitamins: They are sub classified into non-B-complex (Vitamin c) and vitamin B-complex, which is further classified in three categories:
  - Energy releasing (Vitamin B1 Thiamine, Vitamin B2 Riboflavin, Vitamin B3 Niacin, Biotin)
  - Hematopoietic (Folic acid, Vitamin B12)
  - Miscellaneous (Vitamin B6)

Astrologically vitamins belongs to Zodiac sign Virgo. It is related to Spica constellation, depicted holding a spike (composed of many grains and vitamins containing foods).

Their benefic effects bring prosperous health and freedom from disease. Vitamins become important in following conditions.

- Great physical exertion
- Active sports
- In old age
- The irregular energy supply
- When dieting for weight loss
- During lactation and pregnancy
- In season with lack of fresh vegetables

The cosmopolitan sources of vitamins are fruits, vegetables, nuts, eggs, dairy products, mushrooms, oils and seeds.

Theoretical Methodology

Mercury planet rules Gemini and Virgo signs. They command the affairs of 3rd and 6th houses respectively. Gemini conveys biological information and knowledge for cellular communication in cell sociology. Virgo governs absorption, assimilation and biosynthesis of vitamins in microbial flora of intestines. The intestinal hygiene is essential for the absorption of vitamins especially in Earth signs (Taurus, Virgo, Capricorn). The antibiotics and other drugs block the absorption of vitamins.

The degrees of Virgo and Gemini determine, diet, nutrition and digestibility. They can help to identify area of Zodiacal weakness (detrimental and opposite signs of planets and signs). The natal position of Sun in the signs show possible chronic deficiency of vitamins. Sagittarius and Pisces are the most disadvantaged in this respect. A comprehensive review of medically oriented knowledge is briefed in tables one and two.
Table 1: Astro-medical Profiles of Zodiacal Signs

| Zodiacal signs and their rulers | Human body organs ruled | Aliments | Tissue salts |
|---------------------------------|-------------------------|----------|-------------|
| Aries Mars                       | Head, brain, eyes, face, muscles and pineal gland | Headache, migraine, sinus problems, high BP, skin eruptions, burns, faintness, fever, inflammation, neuralgia, insect bites and stings | Potassium phosphate helps nerves and brain imbalances. |
| Taurus Venus                    | Neck, throat, thyroid gland, larynx, chin, lower jaw, ears, tongue, vocal chords | Stiff neck, tension, excess weight obesity, apoplexy, sore throat, diphtheria, tonsillitis and hypothyroidism | Sodium sulphate regulates metabolism and water supply. |
| Gemini Mercury                  | Hands, fingers, arms, shoulders, nerves system, upper ribs, lungs, bronchial tracts, thymus gland | Mental faculty, nerves strain, lung cancer, asthma, pleurisy, insomnia, restlessness of mind, chest and lungs complaints, amnesia, pneumonia and pulmonary disease | Potassium chloride formation and distribution of fibrin fibrous growth clogging of nose and throat. |
| Cancer Moon                     | Breast, stomach, lower ribs, womb and pancreas | Stomach, digestive component, dyspepsia, dropsy, upset stomach, breast disorders, glaucoma, cataracts, jaundice and obesity, gastric disorder and lymphatic system | Calcium fluoride good for muscles and ligament tonicity, so prevent muscle prolapse, healthy teeth enamel. |
| Leo Sun                         | Upper back, spine, spleen, heart, aorta and circulation | Cardiovascular heart problems, hardening of arteries, back problems, faintness, fever, blood disorder, aneurysm, high and low BP, angina pectoris spinal, chord problems | Magnesium phosphate healthy nerve tissue and neurotransmission. |
| Virgo Mercury                   | Nerves systems, intestines, spleen, stomach, nerves, blood, nails, abdomen, lower dorsal nerves | Anxiety, nerves tension, intestinal cancer, appendicitis, cholera, peritonitis, tapeworm, abdominal disorders, bowel disorder, colic pain and dysentery | Potassium sulphate circulation of lipids, helps digestion, kidney function, excretion of toxins |
| Libra Venus                     | Lower back (lumbar region), lumber nerves, blood vessels, skin, pancreas, adrenal glands, buttocks and kidneys | Kidneys, abscess, bladder disorder, thigh’s disease, eczema, gout, sexual problems, diabetes, gout and tumors | Sodium phosphate balance the acid alkaline function, helps acid function affecting nerves system |
| Scorpio Pluto and Mars          | Genitals, bladder, cervix, anus, genital urinary tract and prostate gland | Prostate cancer, reproductive and excretory system, venereal diseases, all sexual transmitted problems, and hemorrhoids, piles, renal stones, ruptures, menstrual problems | Calcium sulphate building and sustaining epithelial tissue |
| Sagittarius Jupiter             | Liver, hips, thigh, arterial system, pelvis, and femur(thighbone) | Liver and many components of it. As Jupiter’s main keyword is that of expansion, swelling, tumor growth, over weight, over indulgence in food, alcohol and drugs, Rheumatoid | Silica building and maintaining skin, hair, nails, and nerve covers remove skin decomposed matter. |
| Capricorn Saturn                | Bones, joints, knees, skin and teeth | Skin bones disorders degenerative blockages poor growth, teeth problems, epilepsy, leprosy, constipation, arthritis and depression | Calcium phosphate bone builder prevent bone disorders |
| Aquarius Uranus                 | Circulatory system, ankles, Achilles heel, calves, shins and breath | Stress anxiety, muscular spasms, electric shock, circulatory problems, arthritis, varicose veins. | Sodium chloride regulate water regulator of temperature |
| Pisces Neptune                  | Feet | Glandular problems, addiction to alcohol, drugs, wasting diseases, lethargy gradual, erosion of functions, immune system problem, fluid retention, hormonal imbalances | Ferrous sulphate oxygen transport helps blood circulation purity of internal organs. |

Table 2: Relationship between Planets and Organs of Human body and Astro-assignment4,7-9 of Vitamins

| Planets | Human body parts | Astro-assignment of Vitamins |
|---------|-----------------|-----------------------------|
| Sun     | Cardiovascular spine | Vitamin A |
| Moon    | Digestive system | Vitamin B |
| Mars    | Muscles , Adrenal glands, Head and Sense of smell and taste | Vitamin K |
| Mercury | Brain , Central nervous system, Thyroid, Hands, and five sense | Vitamin C Thiamine |
| Jupiter | Liver, Thigh, Feet, Pterygoid gland | Vitamin P Flavonoids |
| Venus   | Throat, kidneys, Thymus gland, Sense of touch &Ovaries | Vitamin E |
| Saturn  | Skin, Hair, Teeth, Bones, Spleen, Immune system | Vitamin D |
| Uranus  | Parathyroid gland, Aura neural activity | Vitamin A and U Methionine |
| Neptune | Pineal gland, Psychuc healing | Vitamin C |
| Pluto   | Pancreas metabolism Elimination | Vitamin B and E |
Discussion and Results

Medically human organs are governed by planets and Zodiacal signs, therefore occultly control the physiological chemistry of cells and tissues.

They modulate Zodiacal homeostasis through cosmic energy by keeping all the activities (physical, emotional, intellectual and spiritual) in balanced equilibriums. Whenever they are imbalanced or disturbed by unfavorable planetary aspects and opposite signs (180 degrees) from each other and Detrimental signs for planets:

|   |   |   |
|---|---|---|
| Aries | Libra | Sun (Libra) |
| Taurus | Scorpio | Mercury (Pisces) |
| Gemini | Sagittarius | Venus (Virgo) |
| Cancer | Capricorn | Saturn (Aries) |
| Leo | Aquarius | |
| Virgo | Pisces | Moon (Scorpio) |

The normal physiology becomes pathology. The chemo preventive roles of Vitamins and minerals are diluted.

The elemental compositions suggested that vitamins are cosmic hybridization of Sun and Moon. The relationships with minerals and biological precursors have astrological connectivity

Sun – Vitamin A and D, Magnesium and Iodine
Moon – Riboflavin and potassium
Mercury – Thiamine
Jupiter – Vitamin B6 and Choline, Biotin, Manganese, Sulphur, Pangenamic acid, Chromium and Zinc
Neptune – Pantothenic acid
Pluto – Orotic acid

The astrological impetus on human pathology was studied with scientific outlook as follows:

Vitamin A – Deficiency is manifested when Sun is determinalt in Libra and Aquarius being enemy of Venus Saturn and Rahu. The skin is the largest organ of human body undergoes loss of complexity, aging and pigmentation. The ophthalmic weakness may be manifested in Libra and Aquarius.

Vitamin B Complex – is essential for nervous system and metabolism. Scorpio and Capricorn need them most. Hydrophilicity of this vitamin is attributed to water sign. Cancer with variability of moods analogous to changes in moon shapes. Moon becomes detrimental in Scorpio, so there is loss of vitamin B complex through urinogenital system, leading to deficiency.

Vitamin B complex – plays role as coenzymes and they serve as hydrogen carriers in redox reaction that produce the energy for all the cellular processes Niacin, Riboflavin and Pantothenic acid are bio energetically vitals. Scorpio and Capricorn need them most. The former has excretory loss and later need for sluggish metabolism which cause depression. The overall loss of vitality is due to declined bioenergy.

Vitamin C - Water soluble fruits, mountain ash, prevent respiratory system disorder and chemo preventive in Cancer. Mercury is detrimental Pisces but weak in Sagittarius as both signs have common ruler Jupiter.

Vitamin D – It helps in the absorption of calcium and requires sunlight for synthesis. Saturn and Sun are foes of each other, therefore geographical areas deficient in sunlight led to bones disorders and loss of osteocytes in geriatrics.

Vitamin K – Detrimental mars in cancer, negativity support adrenal physiology and reduce toxicity of muscles.

Vitamin E – Debilitated Venus in Virgo may aggravate kidney ovaries and throat disorders due to free radicals attack on bio membranes of these organs.

The triplicity of Zodiacal Signs related with Vitamins demands.

Air signs (Gemini, Libra, Aquarius) – Vitamin A and P
Earth signs (Taurus, Virgo, Capricorn) – Vitamin B, K and P
Fire signs (Aries, Leo, Sagittarius) – Vitamin D
Water signs (Cancer, Scorpio, Pisces) – Vitamin B, C, D, and K

The biochemical and physiological synergy is supported by Vitamin C (hydrophilic), and Vitamin E (lipophilic). Both are potent antioxidants. Their noteworthy functions are Immunomodulation free radical scavenger, longevity and growth promoters, cleaner of GIT junk and dead cells, revitale of body strength, shrinkage of tumor cells, asphoridac for libido/ sex drive. Amazingly they are happy companions of Heart and Kidney.

CONCLUSION

Vitamins are indispensable for the cellular bioenergetics, metabolic efficiency and chemo preventive for clinical disorders.

An individual (his/her) can ascertain needs of Vitamins according to Zodiacal signs for keeping healthy human – physiology therefore Vitamins are medical industry. It is logical to infer that Vitamins have biochemical trust of physiological friendliness.

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