Long-term impact after fulminant Guillain-Barré syndrome, case report and literature review

Alain Rougé1,2
Jérémie Lemarié1,2
Sébastien Gibot1,2
Pierre Edouard Bollaert1,2

1Medical Intensive Care Unit, Hôpital Central, University Hospital of Nancy, Nancy, France; 2INSERM UMRS-1116, Faculty of Medicine, University of Lorraine, Nancy, France

Abstract: A 47-year-old man was admitted to the intensive care unit a few hours after presenting to emergency department with acute diplopia and dysphonia. Swallowing disorders and respiratory muscular weakness quickly required invasive ventilation. On day 3, the patient was in a “brain-death”-like state with deep coma and absent brainstem reflexes. Electroencephalogram ruled out brain death diagnosis as a paradoxical sleep trace was recorded. Cerebrospinal fluid analysis, electrophysiologic studies, and a recent history of diarrhea led to the diagnosis of Campylobacter jejuni-related fulminant Guillain-Barré syndrome (GBS) mimicking brain death. The outcome was favorable after long Intensive Care Unit and inpatient rehabilitation stays, despite persistent disability at 9 years follow-up. This case and the associated literature review of 34 previously reported fulminant GBS patients emphasize the importance of electrophysiological investigations during clinical brain-death states with no definite cause. Fulminant GBS has a worse outcome than “standard” GBS with higher rates of severe disability (about 50%). Long-term physiotherapy and specific rehabilitation programs appear essential to improve recovery.

Keywords: fulminant Guillain-Barré syndrome, brain death, electroencephalogram, C. jejuni, long-term follow

Introduction
Guillain-Barré syndrome (GBS) is a rare and serious autoimmune disorder of peripheral nerves. A number of subtypes of GBS are recognized: acute inflammatory demyelinating polyradiculoneuropathy (the most common form marked by an areflexive muscular weakness evolving subacutely), Miller Fisher syndrome, acute motor axonal neuropathy, and acute motor-sensory axonal neuropathy.1,2 Fulminant cases of GBS have been reported in which a rapid clinical deterioration can mimic brain death. This clinical presentation is very rare, and disease diagnosis can be challenging.

Case presentation
Mr. X, a 47-year-old Caucasian male patient with no medical history visited the emergency unit on July 17, 2007 because of diplopia and dysphonia that had appeared during the night. On admission, the Glasgow coma scale score was 15/15, hemodynamics were preserved, and body temperature was 37.4°C. Medical history showed that the patient had diarrhea that lasted for one week, without improvement even after 5 days of symptomatic treatment. There was no report of recent vaccinations or travel. Clinical examination showed diplopia and dysphonia with nasal speech. He did not present any muscular weakness or sensory loss, and osteotendinous reflexes were present and symmetrical. Cranial nerve examination did not show swallowing disorder, oculomotor

Correspondance: Jérémie Lemarié
Service de réanimation médicale, Hôpital Central, CHRU de Nancy, 29 Avenue du Maréchal de Lattre de Tassigny, 54000 Nancy, France
Email j.lemarie@chru-nancy.fr
disorder, or facial paralysis. The patient had no difficulty in walking, no pain or amyotrophy, no sphincter disorder, and no cauda equina syndrome. The plantar reflex was in flexion.

Laboratory tests were also normal. A brain CT with and without contrast was unremarkable. Lumbar puncture showed a clear cerebrospinal fluid with normal leukocyte count (less than 5/mm³ cells), proteins 44 mg/dL (normal range 20–40 mg/dL), glucose 61 mg/dL (n=45–80), and chloride 123 mEq/L (n=116–127). Cerebrospinal fluid culture remained negative after 2 days.

Yet, 3 hours after admission, became marked impairing speech, and paresthesia and numbness of the tongue was observed. Mr. X also reported paresthesia in his hands, without motor deficit. A Doppler ultrasound of carotid and vertebral arteries was unremarkable. While awaiting the results of bacteriological and viral testing, an empirical antibiotic treatment with amoxicillin, acyclovir, and sulfamethoxazole–trimethoprim was started in the eventuality of meningitis or meningoencephalitis.

A Guillain-Barré syndrome was suspected, and so the patient was transferred to the medical intensive care unit. On admission to the intensive care unit, the patient was conscious and had a Glasgow coma scale score of 15/15. There was persistent dysphonia and impaired swallowing and vision; otherwise, the neurological examination was unchanged. Invasive ventilation was initiated soon after.

Antibiotic therapy was switched to amoxicillin–clavulanic acid for one week in view of suspected aspiration pneumonia. Intravenous immunoglobulin (IVIG) therapy was started on admission at 0.4 g/kg a day for 5 days. Sedation (midazolam and remifentanil) was stopped on day 1; on day 3, the patient showed no sign of awakening. The Glasgow coma scale score was 3. The pupils were in nonreactive bilateral mydriasis.

**Investigations and treatment**

A second lumbar puncture was performed on day 2; cerebrospinal fluid was clear with less than 5 cells/mm³ and showed slightly elevated protein level at 89 mg/dL and normal glucose at 74 mg/dL and chloride at 123 mEq/L. There were no microorganisms identified. A brain magnetic resonance imaging showed no evidence of ischemic lesion or tumor. On electromyogram, a segmental and focal demyelination with a complete conduction block was seen, but this did not explain the impairment of consciousness. Electroneurogram trace was compatible with paradoxical sleep. The suspected diagnosis was fulminant GBS. Auditory evoked potentials were not contributory, giving evidence of a hearing loss to below 60 decibels. The diagnostic serology for *Campylobacter jejuni* (*C. jejuni*) was positive, with an antibody IgM isotype titer of 1:320 determined by ELISA (positivity threshold value at 1:20). Further investigations ruled out the presence of the following: botulinum toxins, *Campylobacter fetus*, listeriosis, HBV, HCV, HIV, EBV, HSV, CMV, syphilis, *Borrelia*.

A percutaneous tracheostomy was rapidly performed. Because of the lack of neurological improvement over several weeks, a second course of IVIG was given. At the end of the course, there was a slight clinical improvement as the patient could move the toes on both feet in response to simple commands. A third course of IVIG was given. Progress was marked by slight movements of the head and few movements of both eyelids. Mr. X benefited from four plasma exchanges and a fourth course of IVIG. With regard to muscular power, a strengthening of the upper and lower girdles was noted, with a result of 1/5 on motor testing. However, there was a persistent tetraplegia. With regard to sensitivity, a subjective improvement in the sensibility of the forearms and the back were noted. As Mr. X developed a severe reactional depressive syndrome, he was given an antidepressant treatment along with psychological treatment during his hospitalization. It should be noted that the patient had pain in the right hip for several weeks, a scan showed periarthritis of neurogenic origin. Breathing status improved slowly, enabling spontaneous breathing for a few hours per day at 3 months, with mechanical ventilation at night. The progress was marked by three episodes of ventilator-associated pneumonia.

**Outcome and follow-up**

The patient was transferred to a rehabilitation center 4 months after his initial admission to the hospital. Rehabilitation was slow despite daily physiotherapy combined with activities involving an occupational therapist and psychomotility therapist. After an essentially passive mobilization phase designed to maintain the trophicity and mobility of the joints, the patient was able to spend prolonged periods in a chair at 8 months and began to get about in a wheelchair at 9 months. Otherwise, full weaning from ventilation and final cannula removal took place at 10 months. Readaptation to orthostatism was progressive, and then rehabilitation in a swimming pool at 12 months facilitated active mobilization. At the same time, motor work and sensory and proprioceptive stimulation were essential. The patient was discharged home one year later with continuation of rehabilitation sessions for 2 years. After requiring the use of an electric wheelchair and then a manual one, he was able to stand up again after two years, in March 2009, and was able to walk by June 2009.

Currently, muscular weakness persists, grade 3–4/5, with regard to flexion and extension. On a functional level,
Mr. X walks with 2 crutches with a forearm support and is still dependent in his day-to-day life, requiring assistance with washing and dressing, but he goes alone to the swimming baths, rides an electric tricycle outside, and drives an adapted automatic car with a special license. He no longer has dysphonia or slight difficulty swallowing. No significant improvement in muscular strength has been noted for the last 3 years.

Discussion
Guillain-Barré syndrome in its fulminant form is very rare. The strength of our case is in the long-term follow-up, both in terms of quality of life and recovery long after the initial hospitalization, as 9 years have now passed since the acute phase. The patient is still severely disabled in spite of physiotherapy. His private, social, and professional life has been shattered. We believe this is the only paper detailing such a long-term follow-up of a fulminant GBS case.

Thirty-four cases have been previously described in the literature (Table 1). Diagnosis can be very difficult when the patient is seen during the coma period with no previous case history. On day 3, our patient’s Glasgow coma scale score was 3/15 and there was a nonreactive bilateral mydriasis. The presence of bilateral mydriasis has rarely been described in GBS. This finding can be explained by a demyelination of the synaptic and parasympathetic preganglionic fibers that supply the pupil. However, pupillary involvement is common in Miller Fischer syndrome, a variant of GBS, and mydriasis has also been reported in more than a third of Miller Fischer syndrome patients. Polyneuropathy is sometimes absent from the initial clinical picture. The outcome of lumbar puncture

| Study                         | Age/Sex | Patterns of deficit              | History     | Pathogen          | Time to nadir (days) |
|-------------------------------|---------|---------------------------------|-------------|------------------|---------------------|
| Carroll and Mastaglia,24 1979  | 45/M    | Generalized tetraparesis       | Rhinopharyngitis | 5                |                     |
| Kotsoris et al,25 1984        | 44/M    | Generalized ascending tetraparesis | NR         | 2                |                     |
| Al-din et al,26 1985          | 45/M    | NR                              |             | 3                |                     |
| Drury et al,3 1987            | 63/M    | Generalized tetraparesis       | Rhinopharyngitis | 2                |                     |
| Kanda et al,3 1989            | 47/M    | Generalized ascending tetraparesis | Rhinopharyngitis | 6                |                     |
| Coad and Byrne,37 1990        | 43/M    | Diplopia followed by generalized tetraparesis | Rhinopharyngitis | 4                |                     |
| Hassan and Mumford,38 1991    | 45/M    | Muscle weakness, diplopia      | Diarrhea    | 3                |                     |
| Fuller et al,39 1992          | 63/M    | Generalized tetraparesis       | NR          | 2                |                     |
| Marti-Masso et al,40 1993     | 58/F    | Dysphonia followed by generalized tetraparesis | NR         | 2                |                     |
| Tan and Chee,41 1995          | 50/F    | Muscle weakness followed by generalized tetraparesis | Diarrhea    | 2                |                     |
| Bakshi et al,42 1997          | 6/M     | Generalized tetraparesis       | Diarrhea    | 2                |                     |
| Berciano et al,43 1997        | 67/M    | Dyspnea followed by generalized tetraparesis | Diarrhea    | 2                | C. jejuni            |
| Bohlega et al,44 1997         | 45/M    | Generalized ascending tetraparesis | NR         | 3                |                     |
| Hughes and McGuire,45 1997    | 27/M    | Difficulty swallowing followed by generalized tetraparesis | Rhinopharyngitis | 5                |                     |
| Thomas,46 2000                | 36/M    | Generalized ascending tetraparesis | Rhinopharyngitis | 2                |                     |
| Vargas et al,47 2000          | 45/F    | Generalized tetraparesis       | Rhinopharyngitis | 1                |                     |
| Ragazzeno et al,48 2000       | 40/M    | Generalized ascending tetraparesis | Rhinopharyngitis | 2                |                     |
| Stojkovic et al,49 2001       |         | Generalized tetraparesis       | Cranial trauma | 2                |                     |
| Saito,50 2002                 | 21/M    | Dystarthria                    | Diarrhea    | 2                | C. jejuni            |
| Friedman et al,51 2003        | 57/F    | Distal paresthesias in lower limbs | NR         | 6                |                     |
| Friedman et al,52 2003        | 27/M    | Diplopia, difficulty swallowing then tetraparesis | Cranial trauma | 3                | C. jejuni            |
| Moussouatas et al,53 2004     | 47/F    | Distal paresthesias in lower limbs | Cranial trauma | 5                |                     |
| Kang and Kim,54 2007          | 32/M    | Distal paresthesias in lower limbs, facial diplegia | Diarrhea    | 4                | Hepatitis A          |
| Tagani et al,55 2008          | 65/M    | NR                              | NR          | H. influenzae    | 4                    |
| Rivas et al,56 2008           | 55/M    | Generalized tetraparesis       | Cranial trauma | 7                |                     |
| Joshi et al,57 2008           | 34/M    | Generalized tetraparesis       | NR          | 2                |                     |
| Joshi et al,58 2008           | 59/M    | Generalized ascending tetraparesis | NR         | 10               |                     |
| Rigamonti et al,59 2009       | 61/F    | Muscle weakness followed by tetraparesis | Diarrhea    | 1                |                     |
| Tan et al,60 2010             | 44/M    | Distal paresthesias in lower limbs | Cranial trauma | 2                |                     |
| Bernard et al,61 2010         | 73/F    | NR                              | NR          | 1                |                     |
| Sevketoglu et al,62 2010      | 5/I     | Dysphonia, difficulty swallowing | NR          | 2                |                     |
| Medi et al,63 2011            | 5/I     | Dystarthria, facial diplegia    | NR          | 1                |                     |
| Medi et al,64 2011            | 3 months/M | Facial diplegia              | Tetanus–diphtheria vaccination | 1                |                     |
| Medici et al,65 2011          | 8/M     | Diplopia, dysarthria, tetraparesis | Diarrhea    | 1                |                     |

Abbreviation: NR, not reported.
and the investigations are therefore all-important in this case.6,7 In some patients, a pathological analysis with nerve biopsy has been performed.3,8–10 One common characteristic of the various reported cases is the rapid onset of “pseudo-coma,” occurring on average 3 days from first symptoms. Electrophysiological studies have shown 18 cases with demyelination and 11 cases with axonal involvement (Table 2).

Moreover, three cases of fulminant GBS with antecedent C. jejuni infection have been reported.10–12 C. jejuni is the pathogenic agent most commonly found in cases of GBS preceded by diarrhea. Since the first cases described in 1982, the severity of GBS following infection with C. jejuni has been evidenced and includes frequent axonal involvement, slower recovery, and more severe disability.13,14

Reported treatments were not homogeneous, and it is therefore impossible to establish a consensus. They are described in Table 3 but are not mentioned in every study. However, it is important to emphasize that repeated courses of IVIG may be effective in severe, unresponsive GBS.15 Our patient received four courses of IVIG and four plasma exchanges.

Publications including long-term data after fulminant GBS are very sparse in the literature, and so it is difficult to reach a conclusion on this point. However, recovery of neurological function in fulminant GBS seems to be poor, and the disease

Table 2 Paraclinical characteristics

| Study                        | Lumbar puncture | Protein concentration (mg/dL) | NCS                     | EEG                          | Biopsy                        |
|------------------------------|-----------------|------------------------------|-------------------------|------------------------------|-------------------------------|
| Carroll and Mastaglia,24 1979 | Dissociation    | 42                           | Inexcitability          | Alpha                        |                               |
| Kotsoris et al,21 1984       | Dissociation    | 462                          | Inexcitability          | Alpha reactive               | Demyelination                 |
| Drury et al,6 1987           | Dissociation    | 58                           | Inexcitability          | Alpha reactive               |                               |
| Kanda et al,9 1989           | Dissociation    | 58                           | Inexcitability          | Alpha reactive               |                               |
| Coad and Byrne,17 1990       | Dissociation    | 200                          | Inexcitability          | Alpha reactive               |                               |
| Hassan and Mumford,26 1991   | Normal          | 25                           | Inexcitability          | Alpha reactive               |                               |
| Fuller et al,1 1992          | Dissociation    | 75                           | Inexcitability          | Alpha waves and diffuse beta activity |                               |
| Marti-Masso et al,22 1993    | Dissociation    | 75                           | Inexcitability          | Alpha nonreactive            | Primary demyelination, axonal degeneration |
| Tan and Chee,7 1995          | Normal          | 20                           | Inexcitability          | Alpha reactive               | Primary demyelination, axonal degeneration |
| Bakshi et al,6 1997          | Dissociation    | 167                          | Inexcitability          | Reactive theta activity, sleep | Primary demyelination, axonal degeneration |
| Berciano et al,10 1997       | Pleocytosis      | 98                           | Inexcitability          | Alpha reactive               | Primary demyelination, axonal degeneration |
| Bohlegra et al,17 1997       | Dissociation    | 605                          | Inexcitability          | Alpha reactive               | Primary demyelination, axonal degeneration |
| Hughes and McGuire,25 1997   | Dissociation    | 58                           | Demyelination with axonal loss | Sleep                       | Primary demyelination, axonal degeneration |
| Vargas et al,4 2000          | Dissociation    | 90                           | Inexcitability          | Alpha                        | Primary demyelination, axonal degeneration |
| Ragazzoni et al,11 2000      | Dissociation    | 70                           | Inexcitability          | Reactive                     |                               |
| Stoijkovic et al,21 2001     | Dissociation    | 197                          | Demyelination           | Axonopathy                   |                               |
| Saito,12 2002                | Dissociation    | 65                           | Axonopathy              |                             |                               |
| Friedman et al,13 2003       | Dissociation    | 58                           | Inexcitability          | Theta                        | Axonal degeneration           |
| Friedman et al,13 2003       | Dissociation    | 58                           | Inexcitability          | Alpha reactive               |                               |
| Moussouttas et al,20 2004    | Dissociation    | 115                          | Inexcitability          | Axonopathy                   |                               |
| Kang and Kim,21 2007         | Dissociation    | 115                          | Inexcitability          | Alpha                        |                               |
| Rivas et al,22 2008          | Dissociation    | 58                           | Inexcitability          | Alpha                        | Axonal degeneration           |
| Joshi et al,24 2008          | Dissociation    | 65                           | Inexcitability          | Non-specific slowing reactive |                               |
| Joshi et al,24 2008          | Dissociation    | 85                           | Inexcitability          | Non-specific slowing reactive | Macrophages                   |
| Rigamonti et al,27 2009      | Dissociation    | 182                          | Inexcitability          | Non-specific slowing reactive |                               |
| Tan et al,28 2010            | Dissociation    | 58                           | Axonopathy              |                             |                               |
| Bernard et al,29 2010        | Dissociation    | 117                          | Axonopathy              |                             |                               |
| Sevketoglu et al,30 2010     | Dissociation    | 70                           | Axonopathy              |                             |                               |
| Medici et al,41 2011         | Dissociation    | 117                          | Axonopathy              |                             |                               |
| Medici et al,41 2011         | Dissociation    | 260                          | Axonopathy              |                             |                               |
| Medici et al,41 2011         | Dissociation    | 180                          | Axonopathy              |                             |                               |

Abbreviations: NCS, nerve conduction study; EEG, electroencephalogram.
has a high mortality rate. Outcomes for patients affected with fulminant GBS are described in Table 3. Absence of excitability on EMG and dependency on mechanical ventilation for more than one month are factors indicative of poor prognosis.\textsuperscript{16} Fulminant GBS has a more serious prognosis than “standard” GBS.\textsuperscript{17} Indeed, our literature review found 5/34 deaths (14.7\%) and 52\% severely disabled patients, as opposed to the lower reported rates of death and disability in “standard” GBS (4\% and 14\% respectively).\textsuperscript{18} It is worth noting that the majority of deaths in the cohort took place

### Table 3: Treatments and outcomes

| Study                      | Treatment                      | Dysautonomia | “Brain death” (days) | Mortality | Other | Outcome                             |
|----------------------------|--------------------------------|--------------|----------------------|-----------|-------|-------------------------------------|
| Carroll and Mastaglia,\textsuperscript{24} 1979 | | | | | | Walks with assistance (crutches) Handicapped, partial motor recovery |
| Kotsoris et al,\textsuperscript{25} 1984 | | | | | Amnesia | |
| Al-din et al,\textsuperscript{26} 1985 | | | | | | Severe weakness (after 3 months) |
| Drury et al,\textsuperscript{4} 1987 | PE | CA | 46 | CA day 5 | | Complete gradual recovery 6 months of mechanical ventilation, wheelchair |
| Kanda et al,\textsuperscript{9} 1989 | PE | CA | 7 (death) | CA day 5 | | |
| Coad and Byrne,\textsuperscript{12} 1990 | | | | | | |
| Hassan and Mumford,\textsuperscript{18} 1991 | | | | | | |
| Fuller et al,\textsuperscript{13} 1992 | PE/corticosteroids | Arrythmia, CA | 7 | CA day 28 | Amnesia | Can walk unaided after 1 year |
| Marti-Masso et al,\textsuperscript{23} 1993 | PE/6 | Arrythmia | 13 | | | |
| Tan and Chee,\textsuperscript{16} 1995 | Gamma globulin | | 12 | Day 98 | Amnesia | Significant sequelae after 2 months |
| Bakshi et al,\textsuperscript{1} 1997 | Gamma globulin | | “Few weeks” | | Amnesia | Significant sequelae, walks with assistance after 1 year |
| Berciano et al,\textsuperscript{10} 1997 | PE/corticosteroids | CA | 31 | CA day 18 | | Severe handicap, proximal recovery after 30 months |
| Bohleger et al,\textsuperscript{17} 1997 | PE/gamma globulin | | | | | |
| Hughes and McGuire,\textsuperscript{18} 1997 | Gamma globulin | | | | | |
| Vargas et al,\textsuperscript{4} 2000 | PE | | | | | |
| Ragazzoni et al,\textsuperscript{31} 2000 | PE | | | | | |
| Stojkovic et al,\textsuperscript{9} 2001 | Gamma globulin | | | | | |
| Saito,\textsuperscript{32} 2002 | PE/Gamma globulin(2) | Tachycardia | | | | |
| Friedman et al,\textsuperscript{18} 2003 | | | | | | |
| Friedman et al,\textsuperscript{18} 2003 | Gamma globulin | | | | Amnesia | Partial proximal recovery, 3/5 in lower limbs |
| Moussouttas et al,\textsuperscript{12} 2004 | PE/gamma globulin | | | | | |
| Kang and Kim,\textsuperscript{19} 2007 | Gamma globulin/ corticosteroids | Bradycardia | | | | |
| Tagami et al,\textsuperscript{26} 2008 | PE/gamma globulin | | | | | |
| Rivas et al,\textsuperscript{30} 2008 | | | | | | |
| Joshi et al,\textsuperscript{36} 2008 | | | | | | |
| Joshi et al,\textsuperscript{36} 2008 | | | | | | |
| Rigamonti et al,\textsuperscript{27} 2009 | Gamma globulin | | | | | |
| Tan et al,\textsuperscript{3} 2010 | Gamma globulin(2) | Tachycardia | | | | |
| Bernard et al,\textsuperscript{30} 2010 | Gamma globulin | | | | | |
| Sevkentoglu et al,\textsuperscript{40} 2010 | PE/gamma globulin(2) | | | | | |
| Medici et al,\textsuperscript{1} 2011 | PE/gamma globulin/ corticosteroids | | | | | |
| Medici et al,\textsuperscript{1} 2011 | Gamma globulin | | | | | |
| Medici et al,\textsuperscript{1} 2011 | Gamma globulin | | | | | |

**Abbreviations:** PE, plasma exchange; CA, cardiac arrest.
before 2000, (4/5) with dysautonomic complications being more frequent during this period. After the acute phase, GBS patients have both physical and cognitive disabilities that are amenable to improvement with rehabilitation programs focusing on specific complications (ie, therapeutic exercises avoiding overexertion for weakness, soaking techniques for sensory loss, transcutaneous electrical nerve stimulation for residual pain, biofeedback techniques for neurologic bladder and bowel). Moreover, rehabilitation of highly dependent GBS patients results in significant reduction in ongoing care costs and is cost-efficient despite significant residual disability.

When electrophysiological investigations are available, fulminant GBS is more likely to be accompanied by axonal damage (50% in our cohort), a feature associated with slower and less satisfactory functional recovery. Clinical cases for which a sural biopsy was carried out showed that axonal damage was preceded by a phase of severe distal demyelination with conduction blocks. Electroencephalogram (EEG) tracings typically identify alpha rhythm activity unresponsive to painful and auditory stimulation during fulminant GBS, but other tracings have also been reported (sleep, responsive or the so-called “alpha-delta” stage of sleep). Continuous EEG monitoring could be of particular interest in this setting to assess variability in EEG pattern over hours or days as opposed to minutes. Unfortunately, this procedure was not yet available in our institution.

The patient has recovered his cognitive functions but has no memory of the acute phase, as is commonly described in previously published cases. GBS can also be complicated by a reactive depressive syndrome. Our patient developed a depressive state, thus requiring specialist management with long-term antidepressant treatment.

**Conclusion**

Fulminant GBS with brain-death presentation is rare but deserves medical knowledge and awareness. Its diagnosis leads to a well-established treatment that reduces long-term disability. This case reminds us of the importance of electrophysiological investigations during clinical brain-death states with no definite cause. Finally, long-term physiotherapy and specific rehabilitation programs appear essential to improve recovery.

**Consent**

Written informed consent was obtained from the patient for publication of this case report.

**Author contributions**

AR collected data and wrote the manuscript, JL helped to collect data, obtained patient’s consent, and reviewed the manuscript, SG participated in design and coordination of the manuscript, PEB conceived and coordinated the study. All authors contributed toward data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.

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**Disclosure**

The authors report no conflicts of interest in this work.

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