Inertia-driven and elastoinertial viscoelastic turbulent channel flow simulated with a hybrid pseudo-spectral/finite-difference numerical scheme

Lu Zhu, Li Xi*

*Department of Chemical Engineering, McMaster University, Hamilton, Ontario L8S 4L7, Canada

Abstract

Numerical simulation of viscoelastic flows is challenging because of the hyperbolic nature of viscoelastic constitutive equations. Despite their superior accuracy and efficiency, pseudo-spectral methods require the introduction of artificial diffusion (AD) for numerical stability in hyperbolic problems, which alters the physical nature of the system. This study presents a hybrid numerical procedure that integrates an upwind total variation diminishing (TVD) finite-difference scheme, which is known for its stability in hyperbolic problems, with the polymer stress convection term into an overall pseudo-spectral numerical framework. Numerically stable solutions are obtained for Weissenberg number well beyond $O(100)$ without the need for either global or local AD. Side-by-side comparison with an existing pseudo-spectral code reveals the impact of AD, which is shown to drastically between flow regimes. Elastoinertial turbulence (EIT) becomes unphysically suppressed when AD, at any level necessary for stabilizing the pseudo-spectral method, is used. This is attributed to the importance of sharp stress shocks in its self-sustaining cycles. Nevertheless, in regimes dominated by the classical inertial mechanism for turbulence generation, there is still an acceptable range of AD that can be safely used to predict the statistics, dynamics, and structures of drag-reduced turbulence. Detailed numerical resolution analysis of the new hybrid method, especially for capturing the EIT states, is also presented.

Keywords: turbulent drag reduction, viscoelastic fluids, direct numerical simulation, finite-difference method, pseudo-spectral method, artificial diffusion, elastic instabilities

1. Introduction

Research on the friction drag reduction (DR) in turbulent flows is of immense interest to the fluid mechanics community for its theoretical and practical implications. A well-known technique to induce DR is through the addition of polymer additives, which, under certain conditions, can result in up to 80% of friction drag reduction in pipeline systems [1, 2]. Such extraordinary DR performance has attracted great attention over the decades [3].

Significant progress has been made in uncovering the nature of polymer-induced DR using both experimental and numerical tools [1, 4, 3]. It has been widely accepted that polymer stress can reduce drag by lowering turbulent intensity [4, 5, 6, 7, 8]. In this scenario, same as Newtonian flow, turbulence is still driven by flow instabilities associated with strong inertial effects. This classical type of turbulence will be referred to as inertia-driven turbulence (IDT) hereinafter. Polymer stress can subdue turbulent fluctuations by suppressing coherent flow structures, which is the main DR mechanism in the IDT regime [9, 10, 8, 11, 12]. It became later known that when polymer elasticity, measured by the Weissenberg number $Wi$, is sufficiently strong, it can turn into a driving force for flow instability [13, 14, 15]. Evidence for this so-called elastoinertial turbulence (EIT) emerged more recently in experiments [16, 17, 18, 19]. At high levels of DR when polymer stress is strong enough to interrupt the self-sustaining cycles of IDT, EIT steps in to keep turbulence sustained [20].

Direct numerical simulation (DNS) has been pivotal to our fundamental understanding of polymer DR for over two decades. DNS of viscoelastic turbulence requires coupling the Navier-Stokes (N-S) equation with a constitutive equation describing the polymer stress field under flow. Since the seminal work by Sureshkumar et al. [4], the FENE-P (finitely-extensible nonlinear elastic dumbbell model with the Peterlin closure approximation) model [21] has been the most widely used constitutive equation in the literature, which is also more suited for dilute polymer solutions, although Oldroyd-B and Giesekus models have also been used [22, 13, 23].

(Pseudo-)spectral methods (SMs) are widely used in DNS of flow turbulence in canonical flow geometries for their high efficiency and accuracy (exponential convergence), in which numerical differentials are evaluated using Fourier and Chebyshev transforms while nonlinear operators are still calculated in the physical domain [24, 25, 26, 27]. However, in the case of viscoelastic turbulence, the hyperbolic nature (due to the lack of a diffusion term) of polymer constitutive equations make numerical stability practically unattainable at high $Wi$. Adding an artificial diffusion (AD) term is a common practice for numerical stability of SMs in such problems. Sureshkumar and Beris...
[28] initiated the practice of using AD in the DNS of viscoelastic flow. It was argued that if the AD magnitude decreases in proportion to $\delta_t^2/\delta_t$ (where $\delta_t$ is the mesh size and $\delta_t$ is the time step, respectively), the numerical solution converges to that of the unaltered equation system at the $\delta_t \sim \delta_t \rightarrow 0$ limit [4, 22]. This practice of altering the physical equation for numerical expediency has been subject to scrutiny over the years. The extra AD term is known to smear the polymer stress profile and reduce the stress gradient at shocks – sharp discontinuity-like stress changes [29, 30]. It was believed that this effect can cause the underprediction of the level of DR and overprediction of the Wi for the onset of DR Wi_{onset}, which was indeed seen when AD was imposed on finite-difference (FD) DNS solvers [23, 30]. Nevertheless, DNS using SMs with AD has reproduced key experimental observations and has thus been widely used by researchers with the general belief that the flow physics is not significantly altered as long as AD is kept small in magnitude [6, 31, 32, 5, 33, 34].

Questions about AD usage became reignited in recent years as the focus in the area shifts towards EIT, which is believed to be associated with maximum drag reduction (MDR) – the asymptotic upper limit of DR by polymers [16, 17, 20]. Flow instabilities relying on elasticity as a driving force often involve stress shocks and are thus more susceptible to numerical artifacts of AD [35, 36, 37]. Such effects are well studied for low-Re elastic instabilities but are often considered less significant in high-Re flow. However, a recent DNS study using a FD solver found that adding AD can suppress EIT (which is a high-Re and high-Wi phenomenon) solutions unless the AD magnitude is at least 1-2 orders of magnitude smaller than the level required to stabilize SMs [38]. Even for smaller AD, EIT solution continues to depend on this artificial numerical parameter.

Finite-difference methods (FDMs) provide an alternative for spatial discretization. With proper selection of the discretization scheme for the convection term in the constitutive equation, the use of AD can be minimized and, sometimes, avoided altogether. The earliest attempt to simulate viscoelastic turbulence with a FDM was reported by Min et al. [29, 13] who adopted a third-order compact upwind difference (CUD3) scheme to treat the convection term. AD is still required but only at grid points where the polymer conformation tensor loses its positive definiteness (one of its fundamental physical attributes), which account for a very small fraction of the domain. Usage of local AD (LAD) is not possible in SMs, where numerical discretization is intrinsically global and only global AD (GAD) can be applied. Lee and Zaki [39] used a third-order weighted essentially non-oscillatory (WENO) scheme [40, 41] for the convection term, which again required LAD to stabilize local numerical oscillations. WENO schemes provide high orders of accuracy at the expense of computational efficiency. A faster second-order upwind total variation diminishing (TVD) scheme was used by Yu and Kawaguchi [23]. (TVD schemes are a classical and widely adopted group of discretization schemes for hyperbolic problems [42, 43, 44].) Its excellent numerical stability allowed them to completely eliminate AD for Wi up to 45 reported in the study (corresponding to 53% of DR). Vaithianathan et al. [30] adapted the Kurganov and Tadmor [45] scheme to viscoelastic DNS and achieved numerical stability without AD in homogeneous shear flow. Their method was shown to analytically preserve the positive definiteness of the polymer conformation tensor with reasonably small time steps. On the other hand, for FENE-P, the polymer conformation tensor must also satisfy the finite extensibility (upper boundedness) constraint – i.e., total polymer extension cannot exceed its contour length, which can be analytically guaranteed using an implicit time-stepping formulation for the trace of the polymer conformation tensor [46, 47].

Improved numerical stability in those FDM approaches comes at the expense of either numerical accuracy or efficiency. High-order FDM schemes have been proposed, which can reduce the accuracy gap with SMs at least in solving the N-S equation [48, 15]. However, most researchers opt to use second-order central difference schemes for the rest of the equation system other than the polymer convection term, to avoid further increasing the computational burden in an already demanding numerical problem. Since the convection term is the primary source of numerical instability, it is natural to expect that FD discretization does not need to be applied for the whole equation system to reap its numerical advantage. A similar idea was used in Vaithianathan et al. [30] in a 3D periodic domain, which suggested that numerical stability is apparently insensitive to the discretization scheme of other terms.

In this study, we present a pseudo-spectral/finite-difference hybrid method (HM) for DNS of viscoelastic channel flow, which is spatially periodic in two dimensions but bounded in the wall-normal direction. The convection term is discretized with a second-order conservative TVD FD scheme and embedded in an overall SM algorithm framework for all other terms. The algorithm is found to be numerically stable for Wi well beyond $O(100)$ without the need of AD, either local or global, while maximizing the benefits of the SM in its higher accuracy and efficiency. The overall computational cost of the HM algorithm is even lower than that of a pure SM approach, as avoiding the AD term simplifies the time-stepping algorithm of the constitutive equation. Practically speaking, success of this approach means an existing SM code can be adapted, with relative ease, to this new HM and break away from its reliance on AD. Likewise, an existing Newtonian DNS code using a SM, which is most common in canonical flows, can be expanded for viscoelastic DNS following this paradigm.

Direct comparison between the HM and SM+GAD algorithms (both codes now available in our group) also reveals the effects of AD on the solution. Previous studies on this issue all added a diffusion term to a pure FD algorithm framework, which, strictly speaking, measured the effects of AD on FDMs [29, 23, 47, 30, 38]. Specific knowledge of the AD effects on the SM itself is important for understanding the extent to which results from a SM+GAD code is useful. With the recent knowledge of AD suppressing EIT, it is natural to ask whether the artifacts of AD are limited to the EIT regime and whether SM+GAD, which has been the most widely used simulation approach for more than two decades, can be trusted at least in the IDT regime.
In the following, we will first describe the HM numerical procedure, compare it with the SM approach, and provide all simulation parameters in section 2. In section 3.1, correctness of our implementation is validated by comparing with an established SM code based on transient trajectories from a streak transient growth (STG) simulation. Performance of these two algorithms and the effects of AD in the statistical steady state of turbulence, in both IDT and EIT regimes, are compared and discussed in section 3.2. Finally in section 3.3, we will discuss the mesh resolution sensitivity of the new HM scheme (in both IDT and EIT regimes). The paper is concluded in section 4.

Appendix A provides details on satisfying the divergence-free constraint and no-slip boundary condition in the flow field. In Appendix B, the rationale of choosing the TVD scheme for the convection term is discussed and the performance (speed and shock-capturing capability) of various schemes is compared in a simple benchmark problem.

2. Methodology

2.1. Computational domain and governing equations

Our HM is implemented for viscoelastic plane Poiseuille flow. The geometry of the computational domain is illustrated in fig. 1. The incompressible fluid is driven by a constant mean pressure gradient in the x-direction (streamwise). Two parallel walls are located in the y-direction (wall-normal) with a separation of 2l. Periodic boundary conditions are applied to x- and z-directions (spanwise) with the periods of \( L_x \) and \( L_z \), respectively. The no-slip boundary condition is applied to the walls. The half-channel height \( l \) and Newtonian laminar centerline velocity \( U \) are used to nondimensionalize all flow length and velocity quantities, respectively. Pressure \( p \) and time \( t \) are scaled by \( \rho U^2 \) (\( \rho \) is the total density of the solution) and \( l/U \), respectively.

The viscoelastic DNS algorithm solves an equation system that couples the momentum balance (eq. (1)) and continuity equations (eq. (2)) with the FENE-P constitutive equations (eqs. (3) and (4)), as respectively given by

\[
\frac{\partial v}{\partial t} + v \cdot \nabla v = -\nabla p + \frac{\beta}{Re} \nabla^2 v + \frac{2(1 - \beta)}{Re Wi} (\nabla \cdot \tau_p),
\]

\[
\nabla \cdot v = 0
\]

and

\[
\frac{\partial \alpha}{\partial t} + v \cdot \nabla \alpha - \alpha \cdot \nabla v - (\alpha \cdot \nabla v)^T
= \frac{2}{Wi} \left(-\frac{\alpha}{1 - \frac{\alpha \tau}{\beta}} + \frac{b \delta}{b + \beta}\right),
\]

\[
\tau_p = \frac{b}{\beta} \left[1 - \frac{\alpha \tau}{\beta} - \left(1 - \frac{2}{b + \beta}\right) \delta\right].
\]

Here, \( \delta \) denotes the Kronecker delta tensor. The Reynolds number is defined as \( Re = \rho U l/\eta \) (where \( \eta \) is the total zero-shear rate viscosity of the fluid). By definition, \( Re \) is directly related to the friction Reynolds number \( Re_f = \rho U l/\eta \) (\( U \) is the friction velocity, where \( \tau_w \) is the mean wall shear stress) through \( Re = Re_f^2/2 \). The Weissenberg number, defined as \( Wi \equiv 2 \lambda U l/\eta \), is the product of the polymer relaxation time \( \lambda \) and the characteristic shear rate (using the wall shear rate of Newtonian flow) \( 2 U l/\eta \). \( \beta \equiv \eta_s/\eta \) is the ratio of the solvent viscosity \( \eta_s \) to the total solution viscosity \( \eta \) at the zero-shear limit (for dilute solutions, \( 1 - \beta \) is proportional to polymer concentration). The effect of polymers on the flow is accounted for by the last term on the right-hand side (RHS) of the momentum balance equation (eq. (1)). Here, \( \tau_p \) is the polymer stress tensor and is modeled by the FENE-P constitutive equations [21] which describe a polymer chain as a finitely extensible nonlinear elastic (FENE) dumbbell. \( \alpha \) is always \( \leq 1 \). Equation (3) solves for the polymer conformation tensor \( \alpha \equiv \langle QQ \rangle \) (where \( Q \) is the non-dimensional end-to-end vector of dumbbells), which is used to calculate the polymer stress tensor \( \tau_p \) through eq. (4). The model enforces the finite extensibility of polymers by ensuring that \( tr(\alpha) \leq b \) is always satisfied: note that as \( tr(\alpha) \to b \), \( \tau_p \) diverges (eq. (4)) and the relaxation term in FENE-P (RHS of eq. (3)) also approaches infinity. The physical basis of using FENE-P for modeling the flow of dilute polymer solutions was discussed in Xi [3].

2.2. Numerical procedure of the hybrid method (HM)

The new HM algorithm is implemented by adapting an existing pseudo-spectral DNS code that has been extensively used and validated in a large number of previous studies over the course of 10 years. The earliest version of the SM code was developed by coupling a custom FENE-P solver with the open-source Newtonian DNS code \texttt{Channelflow} by Gibson [49] (also see Gibson et al. [50]), which was first used in Xi and Graham [5] (see algorithmic details in Xi [51]). That pseudospectral FENE-P solver was later parallelized and coupled with a newer parallel version of \texttt{Channelflow} 2.0 by Gibson et al. [52], which was first used in Zhu et al. [53]. The current HM algorithm is implemented within the framework of the existing SM code with minimal change to the program architecture. Only the convection term in eq. (3) needs to be discretized using a TVD scheme whereas all other terms retain their pseudospectral treatment. As a result of removing the AD term (which was otherwise added in eq. (3) for the SM), its time-integration algorithm is also simplified. We expect that existing SM codes from other groups can be similarly adapted.
2.2.1. Time integration of the Navier-Stokes equation

The numerical procedure for solving the N-S equation (eqs. (1) and (2)) largely preserves the original algorithm in Channelflow except for the extra polymer stress term. Without loss of generality, velocity and pressure are first decomposed into base-flow and perturbation components

\[ \mathbf{v} = \mathbf{v}_0 + \mathbf{v}^\dagger \]
\[ p = P_0 + p^\dagger \]

where “\( ^\dagger \)” indicates the perturbation component and \( e_x \) is the unit vector in the \( x \)-direction. The non-dimensional Newtonian laminar profile \( \mathbf{v}(y) = 1 - y^2 \) (the walls are at \( y = \pm 1 \)) and imposed mean pressure gradient \( P = -2/Re \) (per the constant pressure gradient constraint) are chosen as the base-flow velocity and pressure gradient, respectively. After decomposition, eq. (1) is rewritten as,

\[ \frac{\partial \mathbf{v}^\dagger}{\partial t} = -\nabla p^\dagger + \nabla \mathbf{v}^\dagger + C + S \]  \hspace{1cm} (7)

where

\[ N = \mathbf{v} \cdot \nabla \mathbf{v}, \]  \hspace{1cm} (8)
\[ L \mathbf{v}^\dagger = \frac{\beta}{Re} \nabla^2 \mathbf{v}^\dagger, \]  \hspace{1cm} (9)
\[ C = \frac{\beta}{Re} \frac{d^2 \mathbf{v}}{dy^2} - \Pi, \]  \hspace{1cm} (10)
\[ S = \frac{2(1 - \beta)}{Re Wi} \mathbf{v} \cdot \mathbf{\tau}_p \]  \hspace{1cm} (11)

are the inertial (nonlinear), viscous (linear), base-flow (constant), and polymer terms, respectively (\( L \) is the linear operator). In practice, it is known that time integration using eq. (8) for the inertial term is numerically unstable [54]. In our algorithm, the convection form of eq. (8) alternates with the divergence form of

\[ N = \nabla \cdot (\mathbf{v} \mathbf{v}) \]  \hspace{1cm} (12)

between consecutive time steps.

Applying fast Fourier transform (FFT), in \( x \)- and \( z \)-directions, to all terms, we obtain

\[ \frac{\partial \mathbf{v}_i^\dagger}{\partial t} = -\mathbf{\nabla} \mathbf{p}_i^\dagger + \mathbf{L} \mathbf{v}_i^\dagger + \mathbf{C}_i + \mathbf{S}_i \]  \hspace{1cm} (13)

where “\( \mathbf{\nabla} \)” indicates variables in the Fourier space. Differential operators in this space are defined as

\[ \mathbf{\nabla} \equiv 2\pi i \frac{k_x}{L_x} \mathbf{e}_x + \frac{\partial}{\partial y} \mathbf{e}_y + 2\pi i \frac{k_z}{L_z} \mathbf{e}_z \]  \hspace{1cm} (14)
\[ \mathbf{\nabla}^2 \equiv \frac{\partial^2}{\partial y^2} - 4\pi^2 \left( \frac{k_x^2}{L_x^2} + \frac{k_z^2}{L_z^2} \right) \]  \hspace{1cm} (15)
\[ \mathbf{L} \equiv \frac{\beta}{Re} \mathbf{\nabla}^2 \]  \hspace{1cm} (16)

where \( k_x \) and \( k_z \) are wavenumbers and \( i \) is the imaginary unit.

| Table 1: Numerical coefficients for the third-order Adams-Bashforth/backward-differentiation temporal discretization [55]. |
| --- |
| \( \zeta \) | \( a_0 \) | \( a_1 \) | \( a_2 \) | \( b_0 \) | \( b_1 \) | \( b_2 \) |
| 11/6 | -3 | 3/2 | -1/3 | 3 | -3 | 1 |

A semi-implicit third-order Adams-Bashforth/backward-differentiation (AB/BD3) scheme is used for time integration, where the linear terms \( \mathbf{L} \mathbf{v} \) and \( \nabla \mathbf{p} \) are treated implicitly to allow less restrictive numerical stability conditions [55]. After temporal discretization, eq. (13) is rearranged into

\[ \frac{\xi}{\delta t} \mathbf{v}_i^{n+1} - \mathbf{L} \mathbf{v}_i^{n+1} + \nabla \mathbf{p}_i^{n+1} = - \sum_{j=0}^{\infty} \left( a_j \mathbf{v}_i^{n-j} + b_j \left( \mathbf{N}_i^{n-j} - \mathbf{S}_i^{n-j} \right) \right) + \mathbf{C}_i \]  \hspace{1cm} (17)

where \( \xi \), \( a_j \), and \( b_j \) are numerical coefficients given in table 1, \( n \) and \( n + 1 \) are the indices for the current and next time steps, and \( \delta t \) is time step size. For the third order scheme, solutions at the current step (\( n \)) and two earlier steps (\( n - 2 \), \( n - 1 \)) must be stored. \( \mathbf{R}_n \) is a shorthand symbol for the RHS which can be calculated from information available by step \( n \).

After expanding the linear operator in eq. (17), we can write the whole equation set (including boundary conditions) to be solved for each \( (k_x, k_z) \) wavenumber pair as

\[ \frac{\beta}{Re} \frac{d^2 \mathbf{v}_i^{n+1}}{dy^2} - \left( 4\pi^2 \frac{\beta}{Re} \left( \frac{k_x^2}{L_x^2} + \frac{k_z^2}{L_z^2} \right) \right) \mathbf{v}_i^{n+1} = \frac{\xi}{\delta t} \mathbf{v}_i^{n+1} = \mathbf{R}_n \]  \hspace{1cm} (18)

\[ \mathbf{v}_i^{n+1} |_{y=\pm 1} = 0 \]  \hspace{1cm} (19)

where eqs. (19) and (20) come from applying eq. (5) to eq. (2) and the no-slip boundary condition, respectively. Note that the partial differential operator \( \partial \) is replaced by \( d \) because, after discretization in \( x \), \( z \), and \( t \), \( y \) is the only remaining continuous independent variable. Given \( k_x \) and \( k_z \), the equations solve for \( \mathbf{v}_i^{n+1}(y) \) and \( \mathbf{p}_i^{n+1}(y) \), which is nontrivial since there are no explicit differential equation and boundary condition(s) for \( \mathbf{p}_i^{n+1} \). The influence-matrix method by Kleiser and Schumann [56] is used here, which satisfies the continuity constraint (eq. (19)) and no-slip boundary conditions (eq. (20)) with analytical accuracy in time. Spatial discretization in \( y \) uses Chebyshev expansion on a Gauss-Lobatto grid [26]. Detailed procedures for solving eqs. (18) to (20) are provided in Appendix A.

2.2.2. Time integration of the FENE-P equation

Similarly, eq. (3) is re-written into

\[ \frac{\partial \mathbf{a}_i}{\partial t} = -\mathbf{N}_i + \mathbf{C}_i - \frac{2}{Wi} \left( \frac{\alpha}{1 - \alpha \mathbf{a}_i / b} \right) \mathbf{a}_i \]  \hspace{1cm} (21)
With \( N_a \), the convection term \( \mathbf{v} \cdot \nabla \mathbf{a} \) is calculated with the TVD scheme described shortly below in section 2.2.3. Calculation of the polymer stretching terms \( \mathbf{a} \cdot \nabla \mathbf{v} + (\mathbf{a} \cdot \nabla \mathbf{v})^T \) requires the velocity gradient tensor \( \nabla \mathbf{v} \), which is obtained by applying the gradient operator eq. (14) to velocity \( \tilde{\mathbf{v}} \) in the Fourier-Chebyshev-Fourier space, followed by inverse Fourier and Chebyshev transforms.

Temporal discretization with the AB/BD3 scheme leads to

\[
\frac{\zeta}{\delta_t} a^{n+1} = -2 \sum_{j=0}^{2} \left( \frac{a_j^{n+1}}{\delta_t} + b_j N_a^{n} \right) + C_a - \frac{2}{W_i} \left( \frac{a^{n+1}}{1 - \frac{\text{tr}(a^{n+1})}{b}} \right) \tag{24}
\]

where

\[
R_a^n = -2 \sum_{j=0}^{2} \left( \frac{a_j^{n+1}}{\delta_t} + b_j N_a^{n+1} \right) + C_a \tag{25}
\]

is again a shorthand variable representing quantities known by step \( n \). The relaxation (last) term is treated implicitly to enforce the finite extensibility (upper-boundedness of \( \text{tr}(a^{n+1}) \)) constraint, which has also been used in earlier studies \([46, 47]\). Although finite extensibility is mathematically upheld by eq. (3), an explicit time-stepping algorithm may cause its numerical violation, which will lead to catastrophic breakdown of the simulation.

The procedure solves for \( \text{tr}(a^{n+1}) \) first before individual components of \( a^{n+1} \). Adding up the diagonal components of eq. (24) gives

\[
\frac{\zeta}{\delta_t} \text{tr}(a^{n+1}) = \text{tr}(R_a^n) - \frac{2}{W_i} \left( \frac{\text{tr}(a^{n+1})}{1 - \frac{\text{tr}(a^{n+1})}{b}} \right). \tag{26}
\]

After a change of variable

\[
\omega \equiv 1 - \frac{\text{tr}(a^{n+1})}{b} \tag{27}
\]

eq. (26) can be rearranged into a quadratic equation

\[
A \omega^2 + B \omega + C = 0 \tag{28}
\]

with

\[
A \equiv \frac{\zeta}{\delta_t} \tag{29}
\]

\[
B \equiv \text{tr}(R_a^n) + \frac{2}{W_i} \frac{\zeta}{\delta_t} \tag{30}
\]

\[
C \equiv -\frac{2}{W_i} \tag{31}
\]

Because \( A > 0 \) and \( C < 0 \) (thus \( \sqrt{B^2 - 4AC} > |B| \)), its roots

\[
\omega = -\frac{B \pm \sqrt{B^2 - 4AC}}{2A} \tag{32}
\]

must have opposite signs. Taking the positive root \( \omega_+ > 0 \) ensures that \( \text{tr}(a^{n+1}) < b \). With \( \text{tr}(a^{n+1}) \) known, eq. (26) becomes a linear equation in \( a^{n+1} \) whose components can be readily solved for.

Earlier FD approaches often require LAD to maintain numerical stability \([29, 47, 39]\). Typically, a \( \kappa \delta^2 \nabla^2 \mathbf{a} \) (\( \kappa \) is a numerical parameter; \( \delta \) is the local spatial grid spacing) term is added to the RHS of eq. (3) only at grid points where \( \mathbf{a} \) loses its positive definiteness, which account for a small fraction of all grid points in the domain. Those FDM+LAD approaches, where the unphysical smearing of stress shocks is rather small, represent a significant improvement over the SM+GAD approach. According to our practical experience from all simulation conditions tested so far, our TVD-based HM can maintain numerical stability without resorting to any AD – either local or global. Nevertheless, LAD, if required, can be easily integrated into our algorithm by adding the \( \kappa \delta^2 \nabla^2 \mathbf{a} \) term to the RHS of eq. (3) and absorbing it into \( N_a \) (by adding \( -\kappa \delta^2 \nabla^2 \mathbf{a} \) to the RHS of eq. (22)). In \( x \) and \( z \) directions where the Fourier grids are uniform, a standard second-order central difference scheme can be used: e.g.,

\[
\kappa \delta_y^2 \frac{\partial^2 \mathbf{a}}{\partial x^2} |_{y_q} = \kappa (a_{q+1} - 2a_q + a_{q-1}) \tag{33}
\]

where \( q \) is the grid index. In the \( y \) direction, the Chebyshev-Gauss-Lobatto (CGL) grids are non-uniform and the corresponding FD expression becomes

\[
\kappa \delta_{y,q-1} \delta_{y,q} \frac{\partial^2 \mathbf{a}}{\partial y^2} |_{y_q} = \kappa \delta_{y,q-1} \delta_{y,q} \left( \frac{2a_{q+1}}{\delta_{y,q}(\delta_{y,q-1} + \delta_{y,q})} - \frac{2a_q}{\delta_{y,q-1} + \delta_{y,q}} \right) \tag{34}
\]

where

\[
\delta_{y,q} \equiv y_{q+1} - y_q \tag{35}
\]

\[
\delta_{y,q-1} \equiv y_q - y_{q-1} \tag{36}
\]

are the immediately neighboring grid spacings. In all results presented in this study using the new HM, LAD is not used (\( \kappa = 0 \)).

2.2.3. Spatial discretization of the convection term

Calculation of the \( \mathbf{v} \cdot \nabla \mathbf{a} \) term in eq. (22) is critical to the numerical stability during the time integration of eq. (3). There are a plethora of FD schemes designed for hyperbolic problems. After balancing the considerations of numerical accuracy and efficiency, we choose a conservative second-order upwind TVD scheme \([57]\). Detailed comparison between various schemes based on a simple benchmark problem is discussed in Appendix B.
The convection term is rewritten in terms of flux derivatives as

\[ \nabla \cdot \mathbf{v} \alpha_{ij} = \nabla \cdot \left( v_{w} \alpha_{ij} \right) = \sum_{i=x,y,z} \frac{\partial}{\partial w} \left( v_{w} \alpha_{ij} \right) \]  

(37)

with the first equality coming from the divergence free condition eq. (2). In our HM, the same numerical grid is shared between spectral and FD discretization. The TVD method must be adapted to the gridding scheme in each dimension. We will start with the calculation of contributions from x and y partial derivatives, before discussing how the procedure is adapted to the inhomogeneous y direction.

**Discretization in homogeneous directions (x and z).** Let

\[ F \equiv v_{w} \alpha_{ij} \]

(38)

be the convective flux of \( \alpha_{ij} \) in the w direction. Its partial derivative with respect to \( w \) at the \( q \)-th grid point

\[ \frac{\partial}{\partial w} \left( v_{w} \alpha_{ij} \right) \bigg|_{q} = \frac{\partial F}{\partial w}_{q} = \frac{F_{q+1/2} - F_{q-1/2}}{\Delta_{w,q}} \]

(39)

is approximated by the FD expression between flux values at the edges (indexed by \( q - 1/2 \) and \( q + 1/2 \)) of a surrounding virtual cell. The cell is so defined that the corresponding grid point sits at its center (fig. 2(a)). The x- and z-directions use uniform grids with periodic boundary conditions (as required by FFT). The cell size \( \Delta_{w,q} \) is thus constant and equals the grid spacing \( \delta_{w} \) used in w

\[ \Delta_{w,q} = \Delta_{w} = \delta_{w}. \]

(40)

Before proceeding with the calculation procedure for edge fluxes \( F_{q+1/2} \), we first introduce the Lax-Friedrichs flux splitting (LFFS) approach [40], which splits the numerical flux \( F_{q} \) into a so-named positive and negative flux pair \( F_{q}^{\pm} \):

\[ F_{q} = F_{q}^{+} + F_{q}^{-} \]

(41)

with

\[ F_{q}^{\pm} = \frac{1}{2} \left( F_{q} \pm v_{w} \max \alpha_{ij,q} \right) \]

(42)

where \( v_{w} \max \) is the maximum w-component velocity magnitude \( |v_{w}| \) along the one-dimensional w grid line: e.g., for \( w = x \), it is the maximum of \( |v_{w}| \) among all x grid points (i.e., for all q) at the given y and z coordinates. By this definition, \( v_{w} \max \geq v_{q} \); thus, \( F_{q}^{+} \geq 0 \) and \( F_{q}^{-} \leq 0 \) are fluxes pointing toward positive and negative w directions, respectively.

The cell edge fluxes, needed in eq. (39), are similarly decomposed

\[ F_{q+1/2} = F_{q+1}^{+} + F_{q-1}^{-} \]

(43)

and their positive/negative flux components \( F_{q+1/2}^{\pm} \) are calculated from \( F_{q}^{\pm} \) through numerical differentiation. We use a TVD scheme that approximates the positive/negative flux pair at the \( q + 1/2 \) edge (the procedure for \( q - 1/2 \) edge fluxes are similar) by

\[ \begin{cases} F_{q+1/2}^{+} = F_{q+1}^{+} + \frac{1}{2} \phi \left( r_{q+1/2}^{+} \right) \left( F_{q+1}^{+} - F_{q-1}^{-} \right) \\ F_{q+1/2}^{-} = F_{q+1}^{-} + \frac{1}{2} \phi \left( r_{q+1/2}^{-} \right) \left( F_{q+1}^{-} - F_{q-1}^{+} \right) \end{cases} \]

(44)

where a left-bias local stencil \([q - 1, q, q + 1]\) is used for \( F_{q+1/2}^{+} \) and a right-bias local stencil \([q, q + 1, q + 2]\) is used for \( F_{q+1/2}^{-} \) [43, 57]. The flux limiter function \( \phi \) can take several forms – examples can be found in Sweby [43], Waterson and Deconinck [58], and Zhang et al. [57]. We adopt the MINMOD limiter [59, 57], which is widely used in TVD schemes and known to provide numerical stability in the DNS of viscoelastic turbulence [23]:

\[ \phi(r) \equiv \max \left[ 0, \min(1, r) \right] \]

(45)

where \( r \) is the successive gradient ratio and calculated at the \( q + 1/2 \) cell edge with

\[ \begin{cases} r_{q+1/2}^{+} = \frac{F_{q+1}^{+} - F_{q}^{+}}{F_{q+1}^{+} - F_{q-1}^{-}} \\ r_{q+1/2}^{-} = \frac{F_{q}^{-} - F_{q-1}^{-}}{F_{q+1}^{+} - F_{q-1}^{-}} \end{cases} \]

(46)

The definition of the flux limiter function ensures that \( \phi(r) \) is in the range of \([0, 1]\). When spurious oscillations occur, typically around shocks, \( F^{*} \) fluctuate between consecutive grid points. As a result, the \( r \) ratio will be negative and \( \phi(r) = 0 \). The edge flux expressions in eq. (44) then reduce from second-order to first-order accuracy, which will suppress numerical oscillations. Equations (43) to (46) enable the calculation of the net edge flux at \( q + 1/2 \), \( F_{q+1/2} \), from grid fluxes at \([q - 1, q, q + 1, q + 2] \). \( F_{q-1/2} \) is likewise calculated from the grid fluxes at \([q - 2, q - 1, q, q + 1] \). The original flux derivative eq. (39) is then calculated from these edge flux values.
Discretization in the inhomogeneous y direction. The y-direction requires special treatment not only as a result of the no-slip walls, but also for its non-uniform grid which is required by the Chebyshev transform used in the spectral part of the HM. The CGL grid points are given by

\[ y_q = \cos \left( \frac{q \pi}{N_y - 1} \right) \quad (q = 0, 1, \ldots, N_y - 1) \]  

(47)

where \( N_y \) is the total number of grid points in \( y \). The first \( (q = 0) \) point sits on the top wall \((y = 1)\) and the last \((q = N_y - 1)\) point sits on the bottom wall \((y = -1)\). The grid is symmetric w.r.t. the central plane \((y = 0)\) and the grid points are denser near the walls than the center.

The expressions for positive/negative edge flux pairs (eqs. (44) and (46)) must be generalized for non-uniform grid systems as

\[
\begin{align*}
F_{q+1/2}^+ &= F_q^+ + \frac{\Delta_y}{2} \phi(r_{q+1/2}^+ - F_q^+), \\
F_{q+1/2}^- &= F_q^- + \frac{\Delta_y}{2} \phi(r_{q+1/2}^- - F_q^-), \\
F_{q+1/2}^r &= \frac{(F_{q+1}^+ - F_q^+) / \delta_{y,q}}{(F_q^+ - F_{q-1}^+) / \delta_{y,q-1}}, \\
F_{q+1/2}^l &= \frac{(F_{q+1}^- - F_q^-) / \delta_{y,q}}{(F_q^- - F_{q+1}^-) / \delta_{y,q+1}},
\end{align*}
\]

(48)

where \( \Delta_y \) denotes the size of the virtual cell containing grid point \( q \) and \( \delta_{y,q} \) is the grid spacing between points \( q \) and \( q + 1 \) (see fig. 2(b) and eq. (35)).

To ensure that grid points are located at the center of the corresponding virtual cell, cell sizes are related to grid spacings through

\[
\frac{1}{2} \left( \Delta_y,0 + \Delta_y,1 \right) = \delta_y,0 \\
\frac{1}{2} \left( \Delta_y,1 + \Delta_y,2 \right) = \delta_y,1 \\
\vdots \\
\frac{1}{2} \left( \Delta_y,q + \Delta_y,q+1 \right) = \delta_y,q \\
\vdots \\
\frac{1}{2} \left( \Delta_y,N_y-2 + \Delta_y,N_y-1 \right) = \delta_y,N_y-2.
\]

(50)

Since the first \((q = 0)\) and last \((q = N_y - 1)\) grid points sit on the walls, half of their corresponding cells extend outside the domain, as sketched in fig. 2(b). With \( N_y - 1 \) grid spacings \( \delta_{y,q} \) known and \( N_y \) cell sizes \( \Delta_y,q \) to solve for, eq. (50) is underdetermined with one extra degree of freedom. We choose to set \( \Delta_y,0 = 0 \), with which eq. (50) can be solved to obtain \( \Delta_y,q \) for \( q = 1, 2, \ldots, N_y - 1 \). Note that, by symmetry, the solution will give \( \Delta_y,N_y-1 = 0 \) at the opposite wall. Having zero-sized wall cells greatly simplifies the boundary treatment, as wall grid points and their corresponding cell edges merge. Take the \( q = 0 \) point for instance: since \( y_{-1/2} = y_0 = y_{1/2} \) mark the same point, we have \( F_{-1/2} = F_0 = F_{1/2} = 0 \), where the boundary flux value of zero is due to the no-slip boundary condition. At the wall, \( y = 0 \) and thus \( v \cdot \nabla \alpha_j = \nabla \cdot (v \alpha_j) = 0 \) and \( \partial(v \alpha_j) / \partial x = \partial(v \alpha_j) / \partial z = 0 \), which leads to the boundary flux derivative value \( \partial F / \partial y|_0 = \partial v \alpha_j / \partial y|_0 = 0 \). For the next grid point \( q = 1 \), calculating its flux derivative \( \partial F / \partial y|_1 \) requires its edge fluxes \( F_{1/2} \) and \( F_{3/2} \). \( F_{3/2} \) is still obtained with the standard numerical differentiation approach (eqs. (48) and (49)), while its left edge flux \( F_{1/2} \) is already known – numerical differentiation, which would otherwise rely on local stencils extending to \( q = -2 \), is no longer needed. As such, the choice of \( \Delta_y,0 = 0 \) allows the algorithm to be independent of any information beyond the wall boundary, which circumvents the complexity of adding ghost points. As an added benefit, it can be shown that \( \Delta_y,0 = 0 \) leads to smoothly increasing cell size from the wall to the channel center whereas any non-zero choice would cause undesirable zigzag patterns (as shown in fig. 3).

Another difference in the y-direction discretization comes from its velocity inhomogeneity, which affects the choice of \( |v_{w,\text{max}}| \) in LFFS (eq. (42)). Unlike the x- and z-directions, where different grid points are statistically equivalent and choosing a global maximum \( |v_{w}| \) among all \( x \) or \( z \) grid points is sensible, in the y-direction, velocity magnitudes depend strongly on wall distance and a global LFFS approach is no longer appropriate. For example, \( |v_{w}| \) is typically highest near the channel center and decays to zero at the walls. Choosing the global maximum along the y-axis will cause the second term in eq. (42) to be much higher than the first term in near-wall regions, which causes numerical inaccuracy [60]. A local LFFS procedure is instead applied in the y-direction [61, 62], which sets \( |v_{w,\text{max}}| \) (for \( w = x, y, \) or \( z \)) at the maximal \( |v_{w}| \) value within the numerical stencils used for each cell edge. That is, all grid-point fluxes used in calculating \( F_{q+1/2}^+ \) (eqs. (48) and (49)) use the maximum \( |v_{w}| \) among grid points \([q-1, q, q+1, q+2] \), while those used in calculating \( F_{q+1/2}^- \) use the maximum among \([q-2, q-1, q, q+1] \).
2.3. Numerical algorithm of the pseudo-spectral method (SM)

Our old pure SM algorithm was documented in detail in Xi [51] and extensively used and validated in a large number of previous studies [5, 63, 64, 65, 66, 67, 68, 53, 12, 69]. It is only recapitulated here for comparison with the new HM algorithm. The procedure for integrating the N-S equation is identical to that of the HM, which was detailed in section 2.2.1. For FENE-P, a GAD term, necessary for numerical stability in SM,

\[ \frac{1}{\text{Pe}} \nabla^2 \alpha = \frac{1}{\text{ScRe}} \nabla^2 \alpha \]

is added to the RHS of eq. (3), where

\[ \text{Pe} \equiv \frac{UL}{D} \]

and

\[ \text{Sc} \equiv \frac{\eta}{\rho D} \]

are the Peclet and Schmidt numbers, respectively. Here, \( D \) is the numerical diffusivity and \( 1/\text{Pe} \) can be viewed as its nondimensional counterpart. An abbreviated version of eq. (3) with the added GAD term is written as

\[ \frac{\partial \alpha}{\partial t} = -N'_{\alpha} + C_{\alpha} + L_{\alpha} \alpha \]

where

\[ N'_{\alpha} = v \cdot \nabla \alpha - (\alpha \cdot \nabla v + (\alpha \cdot \nabla v)^T) + \frac{2}{\text{Wi}} \left( \frac{\alpha}{1 - \frac{N_{\alpha}}{\text{Pe}}^2} \right) \]

\[ L_{\alpha} = \frac{1}{\text{ScRe}} \nabla^2 \]

and \( C_{\alpha} \) is the same as eq. (23). Applying AB/BD3 discretization in time and projecting the variables to the Fourier space gives

\[ \frac{\zeta}{\delta t} \tilde{\alpha}^{n+1} - \tilde{L}_{\alpha} \tilde{\alpha}^{n+1} = -\sum_{j \in \{0\}} \left( \frac{\delta j}{\delta t} \tilde{\alpha}^{n+j} + b \tilde{N}_{\alpha}^{n+j} \right) + \tilde{C}_{\alpha} \]

Different from the HM algorithm (section 2.2.2), here, the polymer relaxation term is treated explicitly and thus absorbed into \( N'_{\alpha} \) (last term in eq. (55)), while the added GAD term is treated implicitly. Expanding the Laplacian operator in

\[ \tilde{L}_{\alpha} = \frac{1}{\text{ScRe}} \nabla^2 \]

with eq. (15), (eq. (57)) becomes

\[ \frac{1}{\text{ScRe}} \frac{d^2}{dt^2} \tilde{\alpha}^{n+1} - \left( \frac{4\pi^2}{\text{ScRe} \left( \frac{k_{x}^2}{L_x^2} + \frac{k_{z}^2}{L_z^2} \right)} \right) \tilde{\alpha}^{n+1} = -\tilde{R}_{\alpha}^{n+1} \]

which is an inhomogeneous Helmholtz equation, solved by the Chebyshev-tau method [26], for each \( \tilde{\alpha}^{n+1} \) component and each \((k_x, k_z)\) wavenumber pair. The GAD term changes the equation from a hyperbolic form to a parabolic form, which now requires
boundary conditions at the walls. Fortunately, the equation is numerically stable without GAD at the no-slip walls. Boundary values of \( \bar{\alpha}^{n+1} \) can be obtained by marching eq. (57) without the GAD term \( \bar{L}_a \bar{\alpha}^{n+1} \) at the walls \((y = \pm 1)\). The results are then used as boundary conditions to solve eq. (59) for the rest of the flow domain.

Time integration of both N-S and FENE-P equations is performed in the spectral space. At the beginning of each time step, inverse Fourier and Chebyshev transforms are applied to obtain \( v, \nabla v, \alpha, \) and \( \nabla \alpha \) in the physical space, which are needed for the calculation of \( \mathbf{N}, \mathbf{S}, \) and \( \mathbf{N}_o \) (eqs. (8), (11), (12) and (55)). In particular, the convection term \( v \cdot \nabla \alpha \) is calculated directly at each grid point. The calculated nonlinear terms are projected back to the spectral space for time integration.

### 2.4. Parallelization

The code is written in C++ and parallelized with MPI (message passing interface). Spectral (Fourier or Chebyshev) transforms are by nature 1D global operations that require data of all grid-points along the direction of transform to be kept on the same processor. Therefore, a rotating 2D “pencil” domain decomposition strategy is used. For example, transforming a 3D field to the spectral space starts with an \( xy \)-decomposition (fig. 5(a)): the domain is partitioned into \( n_p = n_{p,0} \times n_{p,1} \) (\( n_p \) is the number of processors) equisized pieces in the \( xy \)-plane. Each subdomain covers the entire \( z \)-axis and thus 1D \( z \)-direction FFT can be applied for each \((x, y)\) grid point. This is followed by \( yz \)-decomposition (fig. 5(b)) for the \( x \)-direction FFT and finally \( xz \)-decomposition (fig. 5(c)) for the Chebyshev transform in \( y \). Inverse transforms are done in the reverse order (\( xz \)-, \( yz \)-, and then \( xy \)-decomposition).

FD discretization, used for \( v \cdot \nabla \alpha \) in HM, is instead local. It only requires information within a stencil around each grid point. This makes 3D decomposition a viable option, since only data at a limited number of grid points beyond the subdomain boundary need to be copied from other processors. We, however, still use the same rotating 2D decomposition approach (as that of the spectral part of the algorithm) mostly out of convenience. Compared with the 3D decomposition approach, rotation between different directions of 2D decomposition adds a small overhead of redistributing data between processors after each direction. On the other hand, this approach stores all data points along the direction of discretization on the same processor – there is no overlap between information required by different processors. It thus avoids the duplication in both data storage and calculation.

Time integration in the spectral space (for N-S in HM and for both N-S and FENE-P in SM), which comes down to solving \( \gamma \)-dependent Helmholtz equations, is performed using \( xz \)-decomposition. Time integration in the physical space (for FENE-P in HM), as well as pointwise arithmetic operations (calculation of all nonlinear terms at each grid point in the physical space), can use any mode of decomposition and \( xy \)-decomposition is used in our code.

Performance of the parallelized code is benchmarked on the Graham (graham.sharcnet.ca) system of SHARCNET (Shared Hierarchical Academic Research Computing Network – a local consortium of high-performance computing and part of the Compute Canada network). Each node used in the benchmark runs has 32 Intel® E5-2683 v4 (Broadwell) 2.10GHz CPU cores and 125 GB total memory. In fig. 6(a), we compare the computational cost of the HM and SM algorithms. HM is computationally less demanding than SM – for serial simulation on a single processor, the average time for one time step is 40s and 60s for HM and SM, respectively. (Note that fig. 6 reports upper-bound estimates for HM, as not only the LAD term is switched on in benchmark runs but AD is calculated for each grid point regardless of the sign of \( \det(\alpha) \).) As shown in Appendix B, the cost of TVD discretization of the convection term is comparable to that of SM. Meanwhile, comparing section 2.2.2 and section 2.3, the time integration procedure of HM is simplified by avoiding the implicit treatment of the diffusion term (even when LAD is included). There is thus a net reduction in computational cost compared with SM.

The speedup enabled by parallelization is quantified by the speedup ratio

\[
\text{speedup ratio} = \frac{\text{run time of serial simulation}}{\text{run time of parallel simulation}}
\]

and

\[
\text{parallel efficiency} = \frac{\text{speedup ratio}}{N_{\text{core}}}
\]

The number of cores \( N_{\text{core}} \) equals the ideal speedup ratio when there is no loss of efficiency in parallelization) as shown in fig. 6(b). After an initial decline, the parallel efficiency stabilizes at a roughly constant level (\( \approx 70\% \) for SM and \( \approx 65\% \) for HM).
for HM) for $N_{\text{core}} \approx 16$ to 128. The efficiency deteriorates at $N_{\text{core}} \geq 256$ and at the highest $N_{\text{core}} = 768$, it drops to around 40% for both codes. This may be attributed to the relatively small size of the benchmark system ($N_x \times N_y \times N_z = 144 \times 391 \times 142$). For example, the $xz$ 2D decomposition of the benchmark system between $N_{\text{core}} = 768$ cores assigns only less than 27 $(x, y)$ (or $(k_x, k_y)$) pairs to each core. The overhead of inter-core communication thus becomes significant in comparison with the cost of computation itself. We expect that the efficiency can stay at the 60 to 70% level for a wider $N_{\text{core}}$ range if larger simulation systems are tested (which is not possible for the limitation of computational resources). Finally, we note that the parallel efficiency of HM is slightly lower than that of SM. This is attributed to the extra communication cost during the FD calculation of the $\nabla \cdot \nabla \alpha$ term, which uses the rotating 2D pencil decompositions and requires inter-core data transfer between decomposition steps. Also considering its lower computational cost, the communication to computation ratio is higher in HM, which explains its lower parallel efficiency.

2.5. Parameters and numerical settings

All results reported in this study are obtained at $Re = 3600$ ($Re_c = 84.85$), $\beta = 0.97$, and $b = 5000$, with different $Wi$. Numerical parameters for 3D and 2D DNS runs are summarized in table 2 and table 3, respectively. Hereinafter, "+" indicates quantities scaled by the friction velocity $u_\tau$ and viscous length scale $l/u_\tau$ (or "wall unit") – turbulent inner scales [70]. $N_x$ is the number of grid points in the $x$ direction; $\delta^+_{y,\text{max}}$ and $\delta^+_{y,\text{min}}$ are uniform mesh sizes used in $x$ and $z$, whereas the CGL grid in $y$ is nonuniform with the smallest meshes ($\delta^+_{y,\text{min}}$) at the walls and largest ones ($\delta^+_{y,\text{max}}$) at the channel center. Time step is adjusted in accordance with spatial resolution based on the Courant-Friedrichs-Lewy (CFL) stability condition.

Three types of simulation are performed.

- Streak transient growth (STG) simulation that follows the transient development of turbulence from an imposed disturbance (section 3.1).
- Statistically converged flow in the IDT regime in 3D domains, including a minimal flow unit (MFU) and an extended flow cell.
- Statistically converged flow in the EIT regime in an $xy$-2D flow domain.

MFU is used when the focus is on the temporal evolution and intermittency of flow structures, which are conveniently reflected in time series of spatial average quantities when the domain is sufficiently small [71, 50, 5]. It is also preferred for numerical resolution tests because of its lower computational cost. Extended-domain simulation is usually used for more accurate flow statistics. It is also used in our study because it supports IDT for a wider $Wi$ range [5, 66]. Since IDT is only sustained in 3D domains but EIT also exists in 2D domains [38, 72, 20], 2D DNS is used to obtain pure EIT states without the interference from IDT.

The purpose of STG is to validate the correctness of the new HM code by comparing with the established SM code. Negligibly low GAD, with $Sc = 10^5$ ($1/Pe = 2.78 \times 10^{-9}$), is thus used in STG with SM (compared with $Sc = \infty$ of HM). We are not using strictly zero GAD in SM because that would require nontrivial changes of the SM code. In statistically converged turbulence, effects of AD are studied in both IDT and EIT regimes by comparing the statistical results from SM and HM. For SM, a GAD term is used, while for HM, neither GAD nor LAD is used and thus $Sc = \infty$. The standard $Sc = 0.5$ used in most SM runs of this study is consistent with our earlier work, which corresponds to $1/Pe = 1/(ScRe) = 5.56 \times 10^{-4}$, which is lower than $1/Pe = 6 \times 10^{-5}$ often seen in the literature [4, 31, 73, 74].

dependence on numerical resolution is studied in both IDT and EIT regimes for the new HM (section 3.3). The standard resolutions used in our extended-domain DNS for IDT and 2D DNS for EIT reflect the results of our resolution analysis. For standard MFU, resolution much higher than the recommended level for IDT (also compare with $\delta^+ = 8.57$, $\delta^+ = 5.0 \sim 5.5$, and $N_{\text{core}} = 73$ used in Xi and Graham [5] for the same $Re_c$) is used to evaluate the effects of AD on small scales.

3. Results and Discussion

3.1. Comparison of HM and SM codes in STG simulation

To validate the correctness of the new HM code, direct comparison with the established SM code is made through simulation from the same initial condition (IC). The streak transient growth (STG) simulation is frequently used to study the transient development of turbulence from a well-defined initial disturbance. The velocity IC is a superposition of a base flow and a perturbation velocity field. The base flow is given by

$$U(y, z) = U_m(y) + U_s(z)g(y'), V_b = W_b = 0$$

where

$$U_s(z) = A_s \cos \left( \frac{2\pi \beta_s}{L_z} (z - z_0) \right)$$

$$g(y') = \frac{y' \exp \left( -\beta_\gamma y'^2 \right)}{\max \left( y' \exp \left( -\beta_\gamma y'^2 \right) \right)}$$

($y' \equiv y+1$ is distance to the bottom wall). $U_b$, $V_b$, and $W_b$ are the $x$-, $y$-, and $z$-components of the base-flow velocity, respectively. $U_m(y)$ is the mean velocity profile of Newtonian turbulent channel flow at the same $Re$. $U_s(z)g(y')$ defines streamwise velocity streaks with their amplitude, spacing, and phase of the wave adjusted by $A_s$, $\beta_s$, and $z_0$, respectively. Due to the periodicity in $z$, $z_0 = 0.5L_z$ is used without loss of generality. Function $g(y')$ provides $y'$-dependence and $\beta_\gamma$ is adjusted to set the peak of $g(y')$ (normalized to 1) at $y' = 20$. The perturbation velocity

$$v_{p,x} = v_{p,y} = 0, v_{p,z} = A_p \sin \left( \frac{2\pi \alpha_p x}{L_x} \right)$$

further introduces streamwise variation to the disturbance, which is necessary to trigger turbulence at least in Newtonian flow. Parameters $A_p$ and $\alpha_p$ adjust the amplitude and wavelength, respectively. All STG parameters used in this study are provided in table 4. More details on our STG simulation
Table 2: Summary of geometry and numerical parameters used in 3D DNS runs for the IDT regime: \( Wi = 23 \) in the MFU and \( Wi \leq 96 \) in the large box.

| Resolution Test | \( L_x^+ \times L_y^+ \times L_z^+ \) | \( N_x \times N_y \times N_z \) | \( \delta_x^+ \times (\delta_{y, \min}^+ \sim \delta_{y, \max}^+) \times \delta_z^+ \) | \( \delta_t \) | \( Sc \) |
|-----------------|-----------------------------------|-------------------------------|---------------------------------|-------------|-------|
| STG             | 360 \times 169.71 \times 250      | 80 \times 145 \times 95      | 4.5 \times (0.02 \sim 1.85) \times 2.66  | 0.01        | 10^3  |
| MFU             | 360 \times 169.71 \times 250      | 128 \times 131 \times 126   | 2.81 \times (0.025 \sim 2.05) \times 1.98  | 0.005       | 0.5   |
| Extended        | 4000 \times 169.71 \times 800     | 440 \times 97 \times 147    | 9.09 \times (0.046 \sim 2.81) \times 5.44  | 0.02        | 0.5a  |

*Also tested: 0.02, 0.08, and 0.2.

Table 3: Summary of geometry and numerical parameters used in 2D DNS runs for the EIT regime: \( Wi = 64 \) and 800.

| Resolution Test | \( L_x^+ \times L_y^+ \) | \( N_x \times N_y \) | \( \delta_x^+ \times (\delta_{y, \min}^+ \sim \delta_{y, \max}^+) \times \delta_z^+ \) | \( \delta_t \) | \( Sc \) |
|-----------------|-------------------------|------------------------|---------------------------------|-------------|-------|
| Standard        | 720 \times 169.71       | 1280 \times 369        | 0.563 \times (0.0031 \sim 0.72)  | 0.001       | 0.5   |
| Resolution Test | 720 \times 169.71       | 288 \times 97          | 2.50 \times (0.045 \sim 2.78)    | 0.005       | N/A   |
|                 |                         | 288 \times 369         | 2.50 \times (0.0031 \sim 0.72)    | 0.005       |       |
|                 |                         | 512 \times 185         | 1.41 \times (0.012 \sim 1.45)    | 0.0025      |       |
|                 |                         | 512 \times 369         | 1.41 \times (0.0031 \sim 0.72)    | 0.0025      |       |
|                 |                         | 512 \times 731         | 1.41 \times (0.00079 \sim 0.37)   | 0.0025      |       |
|                 |                         | 1280 \times 369        | 0.563 \times (0.0031 \sim 0.72)    | 0.001       |       |
|                 |                         | 2560 \times 369        | 0.281 \times (0.0031 \sim 0.72)    | 0.0005      |       |

Table 4: Parameters of the initial condition for STG simulations.

| \( \beta_x \) | \( A_x \) | \( \beta_y \) | \( A_y \) | \( \alpha_p \) |
|---------------|-----------|---------------|-----------|---------------|
| 9.0           | 0.0707    | 2             | 0.0707    | 1             |

Figure 7: Time series of the r.m.s. of \( Q \) and \( tr(\alpha) \) in STG simulations (\( Wi = 1 \)). Red squares mark data points corresponding to the snapshots shown in fig. 8.

are found in Zhu and Xi [75]. For viscoelastic STG simulation, the IC sets all components of \( \alpha \) to 1. This arbitrary choice is inconsequential as far as our purpose of comparing two codes is concerned. (A more reasonable IC would be setting \( \alpha = (a/b)/(a + b) \delta_x \), which is the equilibrium solution to FENE-P eq. (3).)

For direct comparison with HM simulation (which uses no AD), an extremely high \( Sc = 10^5 \) is used in SM. With this neg-
ligibly low GAD, comparison can only be made at very low Wi (Wi = 1 is used here) where numerically stable solution is still possible. In fig. 7, time series of the instantaneous root-mean-square (r.m.s.) value of $Q$, as in the $Q$-criterion for vortex identification [76], and that of the trace of the polymer conformation tensor $tr(\alpha)$ in STG simulations using HM and SM are compared. According to the $Q$-criterion, regions with
\begin{equation}
Q \equiv \frac{1}{2} \left( ||\Omega||^2 - ||S||^2 \right) > 0
\end{equation}
are considered to be dominated by vortex flow, where $\Omega = \frac{1}{2} (\nabla v - \nabla v^T)$ and $\Gamma = \frac{1}{2} (\nabla v + \nabla v^T)$ are the vorticity and rate-of-strain tensors, respectively, and $|| \cdot ||$ denotes the Frobenius tensor norm. Isosurfaces $Q = Q_{rms}$ and $tr(\alpha) = tr(\alpha)_{rms}$ of selected moments are shown in figs. 8 and 9.

Starting from the IC, vortex strength, as measured by $Q_{rms}$, initially grows and reaches its first peak at $t = 60$ (fig. 7). During this period, quasi-streamwise vortices sweep in the spanwise direction ($t = 30$ in fig. 8). Their heads bend sideways to form spanwise arms, which lift up as the vortices appear hook-shaped ($t = 60$). After the peak, $Q_{rms}$ decreases until reaching a minimum near $t = 100$ when vortices dilate and interconnect as they weaken. $Q_{rms}$ bounces again and reaches its second peak at $t = 160$, during which quasi-streamwise legs of the vortices strengthen but their spanwise arms continue to decay. Comparing the two numerical algorithms, excellent agreement is found in both time series and detailed flow images for the entire duration of this complex sequence of dynamical events.

For $tr(\alpha)_{rms}$, there is much less variation in the time series after the initial rapid rise that describes the stretching of polymers by the flow from their initial conformations (fig. 7). Both HM and SM again render indistinguishable temporal profiles. Instantaneous images also appear highly similar between the two methods at $t = 30$ and 60 (fig. 9). Some subtle differences become discernible at later times. At $t = 100$, the HM case shows elongated structures of high $tr(\alpha)$ between vortices protruding out in the shape of index fingers, which become stretched to thin curved threads at $t = 160$. The same structures are captured by SM as well but they appear more inflated and less stretched in shape. In addition, numerical oscillation starts to occur, as reflected by the jagged edges of those structures. At low Wi, these differences do not affect the flow field in any appreciable way, resulting in nearly identical $Q$ fields between HM and SM (fig. 8). The overall agreement between polymer conformation fields captured by the two methods proves that the new HM algorithm was correctly implemented. Discrepancies in detailed features reflect their different numerical performance, especially in terms of numerical stability in regions with strong polymer stress variations, which will be further evaluated below in statistically-converged flow.

3.2. DNS of IDT and EIT: effects of artificial diffusion

We now turn to DNS solutions where the dynamics has converged (in the statistical sense) with time. Our focus here is on the comparison between HM and SM algorithms, through which we are especially interested in the effects of GAD in SM on the results. Considering the recent discovery and understanding of EIT as a fundamentally different stage of turbulence [16, 17, 3], numerical solutions in IDT and EIT regimes will be differentiated in this discussion.

IDT is better known to researchers, which shares similar flow structures and an analogous self-sustaining mechanism with Newtonian turbulence [3]. In near wall regions, IDT is dominated by quasi-streamwise vortices and streamwise wavy velocity streaks. Spatially repetitive patterns of these coherent structures allow the key dynamics to be captured in small basic units known as MFUs [71, 5], although longer-range correlations between such units in realistic flows can only be captured in more extended flow domains [32]. Regardless of the domain size, IDT can only sustain in 3D flow [77]. Sufficient polymer stress weakens vortex structures of IDT, which leads to the onset of DR [78]. More recently, it was shown that at higher Wi, polymer stress can suppress the vortex lift up process and interrupt its dependent vortex regeneration pathway [53, 11], causing distinct differences between low- and high-extent DR (LDR and HDR) regimes [79].
EIT is a developing concept with new understanding continues to unfold. Its underlying self-sustaining mechanism, in which polymer stress feeds into (instead of merely suppressing) flow instability, differs fundamentally from that of IDT. EIT is typically observed at higher Wi and can be triggered and sustained independent of IDT [16, 17, 3]. It is characterized by typically observed at higher Wi and can be triggered and sustained independent of IDT [16, 17, 3]. It is characterized by spanwise vortices and titled sheets of highly-stretched polymers, which is thus easily distinguishable from IDT. At higher Wi (fig. 10(b)), the overall tr(α) magnitude is higher and vortices also spread closer to the channel center.

In 3D flow, EIT gradually replaces IDT at high Wi [20]. Those states share similar structural features with the 2D solutions but some level of three-dimensionality persists [38, 3, 80]. They were commonly perceived as a hodgepodge of a pure-2D EIT and intermittent eruptions of IDT structures [38], although latest evidence suggested that more complex dynamics is at play [20]. The focus of this study is on the numerical performance of the new HM algorithm. We will thus limit our discussion to 2D EIT solutions, which contain the key structural elements such as stress shocks – sharp edges of polymer sheets – that make EIT numerically challenging. Likewise, although we are able to obtain numerically stable solutions without AD for Wi up to 800, the highest level attempted, detailed numerical tests are performed for the Wi = 64 case only, since the Wi-dependence of 2D EIT solutions is not well-understood and a focus of our ongoing efforts.

Whether polymer stress suppresses or enhances turbulence and instability is most straightforwardly seen from the balance of turbulent kinetic energy (TKE) k:

$$\frac{\partial (k)_{V}}{\partial t} = (P_{k})_{V} + \langle \epsilon_{k}\rangle_{V} - \langle \epsilon_{p}\rangle_{V} \quad (69)$$

where

$$k \equiv \frac{1}{2} \langle v'\cdot v' \rangle \quad (70)$$

(apostrophe “‘” indicates fluctuating components), ⟨⟩ represents average over x and z, and ⟨⟩_V represents volume average. The three terms on the RHS are the volume averages of

$$p_{k} \equiv -\langle v'_{x}v'_{y} \rangle \frac{\partial (v_{x})}{\partial y} \quad (71)$$

$$\epsilon_{k} \equiv \frac{2\beta}{Re} \langle \Gamma' : \Gamma' \rangle \quad (72)$$

$$\epsilon_{p} \equiv \frac{2(1 - \beta)}{ReWi} \langle \tau_{p}' : \Gamma' \rangle \quad (73)$$

which represent contributions from turbulence production (through the inertial mechanism), viscous dissipation, and the conversion rate between TKE and polymer elastic energy, respectively [12, 3, 20]. Time series of −⟨ε_k⟩_V are plotted in fig. 11. For IDT, −⟨ε_k⟩_V stays negative, as polymer stress suppresses turbulence and converts TKE to polymer elastic energy. For EIT, −⟨ε_k⟩_V is positive, indicating that polymer stress is fueling instability.

As to the effects of AD, for IDT, −⟨ε_p⟩_V from SM+GAD has the same magnitude, at least statistically, as the HM (no AD) case. Within the limited time window shown, two strong (negative) overshoots are seen in the SM+GAD case, whereas temporal fluctuations in the HM case appears milder. These over-shoots typically follow the so-called bursting events in the flow field, which are intermittent in nature [12]. Therefore, comparison based on this short time window is not conclusive. Such discrepancy in −⟨ε_p⟩_V fluctuations, if real, is likely associated with polymer stress fluctuations, which are slightly affected by AD (discussed below).

At EIT, effects of GAD are more consequential. At Sc = 0.5, GAD quickly suppresses EIT and causes the laminarization of the flow. Using a separate FD code and for comparable parameter settings, Sid et al. [38] reported that GAD with Sc < 9 cannot sustain 2D EIT. Although the threshold Sc likely depends on the specific numerical scheme and spatial resolution, it is almost certain that at Sc < O(1), which is required for numerical stability in SM, self-sustaining EIT cannot be captured. This shows the importance of shock-capturing capability of the numerical scheme, particularly the numerical treatment of the ν∇α term, for DNS in the EIT regime. As such, for the rest of the paper, AD effects will only be discussed for the IDT regime and EIT solutions can only be obtained from HM. Shock-capturing capabilities of SM+GAD, TVD, and other common FD schemes are further compared in Appendix B.

Mean velocity profiles of these solutions are plotted in fig. 12(a). At IDT, mean velocity profiles from SM+GAD and HM are in excellent agreement and both are slightly elevated compared with the Newtonian von Kármán law, which reflects
measured at $y^* = 25$. (Side notes: (1) $^*$ marks quantities in instantaneous turbulent inner scales – i.e., same as the $^+$ units but using the instantaneous wall shear stress $\tau_w^*$ for the scaling [63, 64, 3]; (2) eq. (74) is obtained by taking the derivative of $U^*_w = A^* \ln y^* + B^*$ w.r.t. $\ln y^*$.) The other uses the peak magnitude of the instantaneous Reynolds shear stress (RSS) profile $|(v_\alpha^* v_\alpha^*)_{\max}$). The projection shows that IDT and EIT occupy distinctly different regions in the state space. IDT sits in the upper-left region in the view whereas EIT is found near the lower-right (high velocity and low RSS) corner. Note that the logarithmic scale is used for the $|(v_\alpha^* v_\alpha^*)_{\max}$ axis – the RSS magnitude of EIT is nearly two orders of magnitude lower than that of IDT. Since RSS is essential for turbulence production through the inertia-driven mechanism, vanishingly low RSS reflects the different self-sustaining mechanism of EIT [3]. Comparing IDT trajectories from the two numerical schemes, there is no discernible difference in their distribution patterns in the state space. Both trajectories densely sample the same “core” region but sporadic excursions to its right are found in both cases. The excursions are known as “hibernating turbulence” (so-named to contrast the regular active turbulence that is stronger in intensity) events, which exist in Newtonian turbulence but become unmasked at sufficiently high Wi [63, 64]. The current results show that this phenomenon, previously studied mostly using SM+GAD, is insensitive to the use of AD. Detailed comparison of time series and flow images of active and hibernating turbulence between SM+GAD and HM schemes was provided in Zhu [80].

Figure 14 shows the one-dimensional (along the $x$ direction) spectra of streamwise velocity and the $xx$-component of the polymer conformation tensor. The spectrum of the $w$-component of velocity is defined as

$$\tilde{E}_{ww}(k_x) = \frac{1}{2|\Delta T|} T \int_{-\Delta T}^{0} 2 \int_{-\Delta T}^{0} V_{w}^{x} V_{w}^{y} dy dt \quad (75)$$

while that of $\alpha_{xx}$ is

$$\tilde{E}_{\alpha\alpha}(k_x) = \frac{1}{2|\Delta T|} T \int_{-\Delta T}^{0} 2 \int_{-\Delta T}^{0} \tilde{\alpha}_{\alpha\alpha}^{x} \tilde{\alpha}_{\alpha\alpha}^{y} dy dt \quad (76)$$

(“$\tilde{$$” denotes complex conjugate; $\Delta T$ is the time window for averaging). The velocity spectra of IDT from the two numerical schemes overlap one another for a broad range of $k_x$ and differ only near the end of the spectrum at $k_x \geq 30$ (fig. 14(a)): i.e., GAD (used in SM) suppresses structures only at the smallest scales. For $L_x^+ = 360$ used in the MFU, the corresponding length scale is $\lesssim 12$ wall units. To put it in perspective, typical DNS in the pre-EIT era used the numerical mesh size of $L_x^+ \approx 500$.
\( \delta^*_s \sim 10 \). Therefore, GAD at the tested level (\( \text{Sc} = 0.5 \) or \( 1/\text{Pe} = 5.56 \times 10^{-3} \)) does not affect the most important structures as far as IDT is concerned. This conclusion is consistent with the observations above that both the mean velocity and temporal intermittency in the velocity field of IDT are not influenced by GAD in any appreciable way. For the polymer conformation tensor (fig. 14(b)), the SM is influenced by GAD in any appreciable way. For the polymer conformation tensor (fig. 14(b)), the SM profile is slightly lower that of HM – AD seems to slightly suppress the spatial fluctuation in polymer stress. However, for all flow statistics and dynamical patterns investigated in this study, none appears to be affected by this small discrepancy in polymer stress fluctuation. Discrepancy between the two profiles widens at \( \kappa_1 \gtrsim 20 \sim 30 \), coinciding with that in the velocity spectra.

Suppression of small-scale fluctuations by AD is consistent with its smearing effects on sharp gradients, which is also the reason why EIT cannot be captured with GAD of this level. Compared with IDT, the velocity spectrum of 2D EIT (fig. 14(a); obtained from HM) contains much lower energy in large scales (low \( \kappa_1 \)) but higher energy at the small scale (large \( \kappa_1 \)) end. The corresponding profile for \( \alpha_{ic} \) (fig. 14(b)) is significantly higher than that of IDT (of a lower Wi) across all length scales. Large fluctuations in polymer stress over very small length scales are the reason why EIT poses different requirements on the numerical method.

So far, the conclusion that IDT flow structures, dynamics, and mean statistics are not strongly affected by GAD is based on the DNS of a single moderate Wi = 23 in a MFU. We now move to an extended flow domain of \( L^z_1 \times L^z_2 = 4000 \times 800 \) where IDT solutions can be found at much higher Wi [53]. In fig. 15, we plot the percentage of drag reduction

\[
\text{DR}\% \equiv \frac{C_f - C_{f,\text{Newt}}}{C_{f,\text{Newt}}} \quad (77)
\]

as a function of Wi. Here, \( C_f \) is the friction factor defined as

\[
C_f \equiv \frac{2\tau_w}{\rho U^2_{\text{avg}}} \quad (78)
\]

\( U_{\text{avg}} \) denotes the \((x, y, z, t)-\)averaged streamwise velocity and \( C_{f,\text{Newt}} \) is its value in Newtonian turbulence at the same Re.

Contrary to the common claim in the literature, that GAD results in the under-prediction of DR\% and delayed onset of DR [23, 30], we find that with \( \text{Sc} = 0.5 \), results from SM are in reasonable agreement with the HM prediction for the whole Wi range tested, including accurately predicting \( \text{Wi}_{\text{onset}} \).

After testing several Sc at \( \text{Wi} = 80 \), we find that DR\% remains the same as the \( \text{Sc} = \infty \) (no AD) limit down to \( \text{Sc} = 0.2 \) (1/Pe = 1.39 \times 10^{-3}), after which DR\% decays quickly with decreasing Sc. At \( \text{Sc} = 0.08 \) (1/Pe = 3.47 \times 10^{-3}), DR\% is underestimated by \( \approx 10 \) percentage points (or \( \approx 20 \%) \) relative error), while at \( \text{Sc} = 0.02 \) (1/Pe = 1.38 \times 10^{-2}), the obtained DR\% is unrealistically low. As such, our result does not contradict the earlier observation of Yu and Kawaguchi [23], which showed that adding GAD with 1/Pe = 3 \times 10^{-1} underestimates the mean velocity by \( \approx 10 \% \) at a lower Wi = 30 (also different Re, \( \beta \), and \( b \) than ours). Evidently, the level of GAD that they tested is already beyond the acceptable range for prediction accuracy. Vaithianathan et al. [30] reported a relative error of \( \approx 10 \% \) in DR\% at \( \text{Sc} = 1/3 \), which, however, was in a non-bounded homogeneous shear flow. Smaller AD effects at similar Sc observed in our case may be attributed to the dominance of wall-generated coherent structures of larger scales in channel flow.

In fig. 16, we examine the effects of GAD on the spectra of all three velocity components (eq. (75)) at \( \text{Wi} = 80 \). Compared with the \( \text{Sc} = \infty \) (HM with no AD) limit, \( \text{Sc} = 0.5 \) has little effect on all three spectra. Note that the mesh size \( \delta^*_s = 9.09 \) used in this extended domain (table 2; which is typical compared with previous literature) is on a par with the length scale where the suppression of small-scale velocity fluctuation by AD is expected (as observed in our MFU simulation using a finer grid; see fig. 14). Such effect is thus not observed here. With \( \text{Sc} = 0.02 \), however, instead of suppress-
ing fluctuation, AD enhances velocity spectra in both transverse directions ($E_{xx}$ and $E_{yy}$) across all scales. For streamwise velocity, enhanced fluctuation occurs at most length scales except the very largest ones. The spectrum is higher than the $Sc = \infty$ case for $k_x \gtrsim 4$ -- for $L_x^* = 4000$, this covers all length scales below 1000 wall units. The seeming opposite effects between small- and large-magnitude GAD can be rationalized considering our recent finding in Zhu et al. [12] that in an IDT-dominated flow, small-scale EIT-like structures can still occur in near-wall regions. Small-magnitude GAD ($Sc = 0.5$) suppresses such structures, just like their impact on 2D EIT (fig. 11), but leaves the dominant IDT structures largely intact, whereas large-magnitude GAD under-predicts polymer stress and DR effects overall, resulting in higher velocity fluctuations and lower mean flow (thus lower $\overline{E_{yy}}$ at $k_x < 4$).

As our overall takeaway, the initial assumption by Suresh Kumar and Beris [28], that with reasonably low GAD DNS results are not strongly affected, remains valid at least in the IDT regime and when EIT-related structures and dynamics are not of interest. However, the range of acceptable Sc must be carefully validated with a Sc-sensitivity analysis. The acceptable range likely also varies with flow parameters. For high Wi, $1/Pe = O(10^{-2})$, which was sometimes seen in earlier SM studies, may lead to misbehaving results.

3.3. Effects of spatial resolution on HM simulation

This section focuses on the determination of the numerical mesh resolution for the new HM scheme. Similar to the case of AD, effects of numerical resolution on IDT and EIT are also expected to differ because of their different natures and structural characteristics. They will thus be discussed separately.

For IDT, we have tested four resolution levels in the same MFU reported above and resolution effects on different quantities are summarized in fig. 17. The velocity spectra from all 4 tested cases well overlap one another, except that with increasing resolution, fluctuations at increasingly small scales are captured (fig. 17(a)). Excellent agreement between these resolutions is also found in mean velocity, RSS, and the extent of polymer stretching measured again by $\sqrt{\alpha_w(\alpha)}/b$ (fig. 17(b)–(d)). Therefore, even the lowest resolution $N_x \times N_y \times N_z = 40 \times 73 \times 46$ tested here can be deemed adequate for typical DNS application in the IDT regime. This resolution level, corresponding to $\delta_x^* = 9.0$ and $\delta_v^* = 5.43$ (table 2), is commensurate with our earlier DNS studies using SM [5, 12]. Thus, adopting the new HM does not bring in any additional computational burden associated with its resolution requirement.

Achieving numerical convergence at EIT, if at all possible, is expected to require much higher resolution. This is a natural consequence of its sharp stress gradients and small-scale variations. FENE-P is known to generate sheets of high polymer stress, known in experiments as birefringent strands, with sharp edges along the diverging direction of extensional flow [35]. It was recently proposed, by Shekar et al. [72], that the same mechanism is responsible for the tilted polymer sheets observed in EIT. It would take infinitely refined numerical meshes to fully resolve a perfectly sharp stress shock front. However, through carefully validated resolution settings, reasonably accurate solution can be obtained.

Velocity spectra of EIT using different resolutions are compared in fig. 18(a)–(c). Starting with a fixed $N_x = 512$ (for $L_x^* = 720$ used here, it gives $\delta_x^* = 1.41$ -- less than 1/6 of the mesh size recommended above for IDT), fig. 18(a) compares the streamwise velocity spectra $\overline{E_{yy}}$ of three different levels of $y$-resolution: $N_y = 185, 369$ and 731. The profiles overlap for $k_x \lesssim 30$. At $k_x \approx 30$ (length scale $\approx 24$ wall units), the $N_y = 185$ profile separates from the other two. Separation between $N_y = 369$ and 731 profiles occurs at $k_x \approx 60$ ($\approx 12$ wall units). Finite resolution in $y$ seems to cause the over-prediction of fluctuations at a certain small-scale range, which is manifested as a mild bump in the velocity spectrum (compared with
higher-resolution profiles) near the numerical truncation. The critical streamwise length scale for the start of the bump apparently decreases in proportion to the decreasing \( y \) mesh size. In fig. 18(b), \( N_y = 369 \) is fixed. With increasing \( N_x \), \( \overline{E}_{xx} \) noticeably increases – i.e., a coarse grid in \( x \) underestimates velocity fluctuations for a substantial \( k_x \) range. The trend clearly slows down at \( N_y = 1280 \) – the profile of 1280 × 369 is very close to that of 2560 × 369.

Based on this analysis, we propose the 1280 × 369 grid for our standard EIT simulation. Numerical convergence is achieved with increasing \( N_x \), whereas for \( N_y \), mesh-independence is found at most length scales except the smallest ones. For comparison, Sid et al. [38] simulated EIT in the same 2D domain using a third-order WENO scheme for the convection term (and second-order FD for N-S) and found that a 1024 × 288 grid captures most TKE and polymer stress fluctuations. They also reported the spurious accumulation of energy at the small-scale end near the numerical truncation as a finite-mesh effect, which based on our analysis above (fig. 18(a)) depends primarily on wall-normal resolution. Their mesh-size dependence analysis was done at \( Re_x = 40 \) and \( Wi = 310 \) (same \( \beta \) and \( b \) as ours). For their lower \( Re \) and higher \( Wi \), elasticity is expected to play a relatively more important role in EIT and the problem is expected to be more difficult to resolve numerically. Using a 1280 × 369 grid in our case is thus on the more conservative side.

Considering the oblique arrangement of polymer sheets at EIT (fig. 10), we also explore the resolution dependence while keeping the mesh aspect ratios approximately fixed. In fig. 18(c), \( N_x/N_y \) is kept close to the ratio of 3 : 1 (following our final chosen grid). Strikingly, improved convergence (compared with increasing resolution in either direction independently) is found even at resolution as low as 288 × 97. We also tested a 3 : 2 ratio (not shown here), which does not converge as easily as the 3 : 1 ratio. Fluctuation in the polymer conformation field is easier to resolve. As shown in fig. 18(d), for the same 288 × 97, 512 × 185, and 1280 × 369 cases (whose velocity spectra agree well except near the numerical truncation according to fig. 18(c)), discrepancy in the \( E_{xx} \) profiles is noticeable at most scales. Nevertheless, 1280 × 369 agrees well with 2560 × 369 – the highest resolution we have.

Resolution sensitivity of the \( \alpha \) field is better reflected in the wall-normal profiles of \( tr(\alpha)/b \) (fig. 19(a)). Interestingly, the profile appears to be only dependent on \( N_y \) and insensitive to changing \( x \)-resolution. Numerical convergence is reached at \( N_y = 369 \) – two cases at this \( N_x \) (with different \( N_y \)) shown in the figure are very close to the only \( N_y = 731 \) case. At lower \( N_y \), a peak appears in the near-wall region. The \( N_y = 97 \) profile in fig. 19(a) closely resembles the \( tr(\alpha)/b \) profile reported in [38] using \( N_y = 288 \) (for \( Wi = 40, Re_x = 85 \), and the same box size as ours). Since our HM uses non-uniform CGL grids in \( y \), when compared at the same \( N_y \), our \( \delta_y \) values near the walls are much finer than that of a uniform grid. The exact grid point distribution used in [38] was not specified. However, for their pure FD scheme, it is unlikely that any kind of Chebyshev grids was used. We thus believe that the near-wall peak is an effect of inadequate \( y \)-resolution and conclude that refined resolution in the near-wall region is particularly important for capturing the polymer conformation (stress) field at EIT.

Finally, in fig. 19(b), we plot the wall-normal profiles of polymer elastic energy conversion rate \( -\langle \epsilon_p^\prime \rangle \) of 2D EIT at \( Wi = 64 \) (all using HM with no AD).

![Figure 19: Effects of spatial resolution \( N_x \times N_y \times N_z \) on the profiles of (a) \( tr(\alpha) \) (normalized by \( b \)) and (b) polymer elastic energy conversion rate \( -\langle \epsilon_p^\prime \rangle \) of 2D EIT at \( Wi = 64 \) (all using HM with no AD).](image-url)
the IDT and EIT flow regimes. For EIT, any level of GAD necessary for stabilizing the SM algorithm will be too large to capture the sharp stress shocks required for its sustenance. As such, a proper FD scheme for the polymer convection term is required. For IDT, there is indeed a range of acceptable AD levels with which flow statistics and dynamics are reliably preserved. Within this range, turbulent fluctuations are accurately captured across most of the spectrum, except the smallest scales which are mostly below the mesh size used in typical IDT simulation. Fluctuations at the affected scales are reduced by AD. They likely reflect the incidental EIT-like structures occurring alongside the dominant IDT structures, which are not captured by SM with GAD. As the level of AD exceeds the acceptable range, prediction can quickly deteriorate. In that case, AD results in larger (not reduced) velocity fluctuations across most length scales and leads to the underestimation of DR% compared with the HM (no AD) case.

Effects of numerical resolution on the HM algorithm also differs between IDT and EIT regimes. The required resolution for IDT is comparable to that of SM. EIT, on the other hand, is very challenging to resolve completely. With increasing streamwise resolution, numerical convergence is achieved at $\delta^* \sim 0.5$, whereas in the wall-normal direction, finite mesh size results in the spurious accumulation of energy at the small-scale end for all resolution levels tested. The mean tr(a) profile is sensitive to wall-normal resolution and requires highly-refined meshes in near-wall regions, which is made easier by the non-uniform CGL grid used in HM. Interestingly, there appear to be a certain range of optimal mesh aspect ratios (adjusted by the $N_x/N_y$ mesh number ratio) that allow a much lower resolution to closely approximate the results from a highly-refined grid.

### Acknowledgments

The authors gratefully acknowledge the financial support from the Natural Sciences and Engineering Research Council of Canada (NSERC) through its Discovery Grants Program (No. RGPIN-2014-04903) as well as the computing resource allocated by Compute/Calcul Canada. This work is made possible by the facilities of the Shared Hierarchical Academic Research Computing Network (SHARCNET: www.sharcnet.ca). We are grateful to John F. Gibson (U. New Hampshire), Tobias M. Schneider (EPFL), and others for making the Newtonian Channel flow codes available [49, 52]. Assistance from Tobias M. Schneider, Hecke Schrubsadorf (Max Planck Inst.), and Tobias Kreilos (EPFL) for implementing MPI in our SM code is also acknowledged.

### Appendix A. Influence-matrix method

As shown in section 2.2.1, the Navier-Stokes equation for velocity and pressure fields, after discretization in time (AB/BD3) and $x$ and $z$ spatial dimensions (FFT), becomes a problem of solving eqs. (18) to (20) for each $(k_x, k_z)$ wavenumber pair.

Those equations are rewritten here in a more general form (after dropping superscripts $\dagger$, $n$, and $n + 1$)

\[
\begin{align*}
\frac{d^2\bar{v}}{dy^2} - \lambda \bar{v} - \nabla \bar{p} &= -\bar{R} \quad (A.1) \\
\nabla \cdot \bar{v} &= 0 \quad (A.2) \\
\bar{v}_{|y=\pm 1} &= 0 \quad (A.3)
\end{align*}
\]

where

\[
\begin{align*}
\nu &\equiv \frac{\beta}{\text{Re}}, \\
\lambda &\equiv \nu \chi^2 + \frac{\zeta}{\delta_t}, \\
\chi^2 &\equiv 4\pi^2 \left( \frac{k_x^2}{L_x^2} + \frac{k_z^2}{L_z^2} \right). \quad (A.6)
\end{align*}
\]

We follow the Kleiser and Schumann [56] influence-matrix method to find numerical solutions of $\bar{v}(y)$ and $\bar{p}(y)$ to eq. (A.1) that consistently satisfies the constraint of eq. (A.2) and the boundary conditions of eq. (A.3). The method is discussed in detail in section 7.3.1 of Canuto et al. [26] and implemented in Newtonian Channel flow codes [49, 52].

The problem narrows down to solving the following so-called

\[
A\text{-problem:} \begin{cases}
\frac{d^2 \bar{p}}{dy^2} - \chi^2 \bar{p} = \nabla \cdot \bar{R} \\
\frac{d\bar{v}_y}{dy}_{|y=\pm 1} = 0 \\
\frac{d^2 \bar{v}_y}{dy^2} - \frac{d\bar{p}}{dy} = -\bar{R}_y \\
\bar{v}_y|_{y=\pm 1} = 0
\end{cases} \quad (A.7)
\]

It is clear that the last two equations are just the $y$-components of eqs. (A.1) and (A.3), while the first two are obtained by taking the divergence of eqs. (A.1) and (A.3) and applying eq. (A.2), noting that the Laplacian (according to eq. (15)) is simply

\[
\nabla^2 = \frac{d^2}{dy^2} - \chi^2. \quad (A.8)
\]

Once the $A$-problem is solved, $\bar{p}(y)$ will be a known function and the $x$- and $z$-components of eq. (A.1), with boundary conditions eq. (A.3), are simply inhomogeneous Helmholtz equations to be solved with the Chebyshev-tau method [26] (the $y$-component will have already been solved as part of the $A$-problem).

The $A$-problem is still not readily solvable because it has two differential equations for $\bar{p}$ and $\bar{v}_y$, respectively, but both boundary conditions are for $\bar{v}_y$. If the Neumann boundary conditions for $\bar{v}_y$ can be replaced by a pair of Dirichlet boundary conditions
for $\hat{p}$, the resulting hypothetical
\begin{align}
B\text{-problem:} \\
\begin{cases}
\frac{d^2\hat{p}}{dy^2} - \chi^2\hat{p} = \nabla \cdot \bar{R} \\
\hat{p}_{y=\pm 1} = \bar{P}_{\pm} \\
\nu \frac{d^2\hat{v}_y}{dy^2} - \lambda \hat{v}_y - \frac{d\hat{p}}{dy} = -\bar{R}_y \\
\hat{v}_y|_{y=\pm 1} = 0
\end{cases} \tag{A.9}
\end{align}

would be much easier to solve. Of course, the boundary values $\bar{P}_{+}$ and $\bar{P}_{-}$ are not known a priori, but we know that the general solution to the $B$-problem can be formulated as a linear combination between one particular solution $(\hat{p}_0, \hat{v}_y, 0)$ from the
\begin{align}
B_0\text{-problem:} \\
\begin{cases}
\frac{d^2\hat{p}_0}{dy^2} - \chi^2\hat{p}_0 = \nabla \cdot \bar{R} \\
\hat{p}_0|_{y=\pm 1} = 0 \\
\nu \frac{d^2\hat{v}_{y,0}}{dy^2} - \lambda \hat{v}_{y,0} = -\bar{R}_y \\
\hat{v}_{y,0}|_{y=\pm 1} = 0
\end{cases} \tag{A.10}
\end{align}

and the basis of solutions $[(\hat{p}_+, \hat{v}_y+, \hat{p}_-, \hat{v}_y-)]$ from the
\begin{align}
B_+.\text{-problem:} \\
\begin{cases}
\frac{d^2\hat{p}_+}{dy^2} - \chi^2\hat{p}_+ = 0 \\
\hat{p}_+|_{y=\pm 1} = 0 \\
\nu \frac{d^2\hat{v}_{y,+}}{dy^2} - \lambda \hat{v}_{y,+} = -\bar{R}_y \\
\hat{v}_{y,+}|_{y=\pm 1} = 0
\end{cases} \tag{A.11}
\end{align}

and
\begin{align}
B_-\text{-problem:} \\
\begin{cases}
\frac{d^2\hat{p}_-}{dy^2} - \chi^2\hat{p}_- = 0 \\
\hat{p}_-|_{y=\pm 1} = 0 \\
\nu \frac{d^2\hat{v}_{y,-}}{dy^2} - \lambda \hat{v}_{y,-} = -\bar{R}_y \\
\hat{v}_{y,-}|_{y=\pm 1} = 0
\end{cases} \tag{A.12}
\end{align}

which can be written as
\begin{align}
\begin{pmatrix}
\hat{p} \\
\hat{v}_y
\end{pmatrix} = \begin{pmatrix}
\hat{p}_0 \\
\hat{v}_{y,0}
\end{pmatrix} + \delta_+ \begin{pmatrix}
\hat{p}_+ \\
\hat{v}_{y,+}
\end{pmatrix} + \delta_- \begin{pmatrix}
\hat{p}_- \\
\hat{v}_{y,-}
\end{pmatrix}. \tag{A.13}
\end{align}

Each of eqs. (A.10) to (A.12) consists of two Helmholtz equations solvable again by the Chebyshev-tau method. In practice, the tau correction is applied in solving Helmholtz equations to counter discretization errors and improve numerical stability [26]. Note that the $B_+$- and $B_-$-problems are invariant over time (assuming the same constant $\delta_+$ is used) and only need to be solved once at the beginning for each $(k_x, k_y)$ with the results $[(\hat{p}_+, \hat{v}_y+), (\hat{p}_-, \hat{v}_y-)]$ stored for the entire simulation duration.

Figure B.20: The initial concentration profile $c(x, 0)$ and convective velocity profile $v(x)$ of the benchmark problem.

Coefficients $\delta_+$ and $\delta_-$ are determined by subjecting the general solution eq. (A.13) to the Neumann boundary conditions of the $A$-problem (which were replaced in the $B$-problem): i.e.
\begin{align}
\begin{pmatrix}
\frac{d\hat{p}_+}{dy}\bigg|_{y=1} \\
\frac{d\hat{v}_{y,+}}{dy}\bigg|_{y=1}
\end{pmatrix} + \begin{pmatrix}
\frac{d\hat{p}_-}{dy}\bigg|_{y=1} \\
\frac{d\hat{v}_{y,-}}{dy}\bigg|_{y=1}
\end{pmatrix} \begin{pmatrix}
\delta_+ \\
\delta_-
\end{pmatrix} = \begin{pmatrix}
0 \\
0
\end{pmatrix}. \tag{A.14}
\end{align}

The $2 \times 2$ matrix in the second term is called the influence matrix.

Appendix B. Comparison of numerical differentiation schemes in a benchmark convection problem

To compare the performance of several commonly-used numerical schemes for hyperbolic problems, we use a simple pure convection problem
\begin{align}
\frac{\partial c}{\partial t} + \frac{\partial (vc)}{\partial x} = 0 \tag{B.1}
\end{align}

in a one-dimensional periodic domain of length $L$ as a benchmark. Equation (B.1) describes the time evolution of a concentration profile $c(x, t)$ with $x$ in our case, temporally-invariant convective velocity $v(x)$. We may have $x$ nondimensionalized by $L$, $v$ nondimensionalized by the maximum velocity magnitude $U$, and $c$ nondimensionalized by the maximum initial concentration. The natural time unit is then $L/U$.

The initial condition of nondimensional $c$,
\begin{align}
c(x, 0) = \begin{cases}
1 & 0 < x \leq 0.3 \\
0 & \text{elsewhere}
\end{cases}, \tag{B.2}
\end{align}

is a square wave. The marching speed of the concentration profile is determined by the nondimensional convective velocity,
\begin{align}
v(x) = \begin{cases}
0.2 + 20(x - 0.5)(0.9 - x) & 0.5 < x \leq 0.9 \\
0.2 & \text{elsewhere}
\end{cases}. \tag{B.3}
\end{align}

Although technically-speaking, for 1D flow of an incompressible fluid, the velocity must be invariant over $x$ (because of the continuity constraint $\partial v/\partial x = 0$), we purposefully impose a
spatially-varying velocity \( v(x) \) to test the shock-capturing capability of different schemes in a non-uniform flow field. Figure B.20 shows the initial concentration profile \( c(x, 0) \) and the velocity profile \( v(x) \) of the benchmark problem.

Time advancement of eq. (B.1) uses a third-order semi-implicit Adams-Bashforth/backward-differentiation scheme (AB/BD2) [81], which is consistent with that used in our DNS. After temporal discretization, eq. (B.1) is written as

\[
\frac{\xi}{\delta t} = -\sum_{j=0}^{2} \left( a_j \xi_{j-1} + b \frac{\partial (\text{We}^{\phi_j})}{\partial x} \right)
\]  

(B.4)

where numerical coefficients \( \xi, a_j \) and \( b_j \) are provided in table 1. Six different numerical differentiation schemes commonly used for the convection term in viscoelastic constitutive equations are tested here for the \( \partial (v c)/\partial x \) term: (I) a second-order MINMOD TV scheme (TVD2) [43, 57], (II) pseudo-spectral schemes (SM) without and (III) with GAD [4, 51], (IV) a fifth-order WENO scheme (WENO5) [40, 41], (V) a third-order compact upwind scheme (CUD3) [29, 47], and (VI) a second-order upwind scheme (UD2) [57]. A brief description of each scheme is summarized below.

The TVD2 scheme implemented in the benchmark problem is the same as that described in section 2.2.3. Let \( F \equiv v c \) be the numerical flux. The convection term at the grid point \( q \) can be discretized by following eqs. (39) and (41) to (46).

Same as TVD2, WENO5 and UD2 schemes also adopt LLFS (eq. (41)) to guarantee the upwindness in numerical differentiation. They differ in the specific FD expressions used to approximate the fluxes at cell edges. UD2 uses the same formula as eq. (44) except that the flux limiter function \( \phi = 1 \), which, for the \( q + 1/2 \) edge, becomes

\[
\begin{align*}
F^{+}_{q+1/2} &= F^{+}_{q} + \frac{1}{2} (F^{+}_{q+1} - F^{+}_{q-1}) \quad \text{and} \\
F^{-}_{q+1/2} &= F^{-}_{q+1} + \frac{1}{2} (F^{-}_{q+2} - F^{-}_{q})
\end{align*}
\]  

(B.5)

In WENO5, the edge flux (again taking \( q + 1/2 \) for illustration) is expressed as a weighted sum in the form of

\[
F^{+}_{q+1/2} = \omega_1 F^{+,1}_{q+1/2} + \omega_2 F^{+,2}_{q+1/2} + \omega_3 F^{+,3}_{q+1/2}
\]  

(B.6)

where

\[
\begin{align*}
F^{+,1}_{q+1/2} &= \frac{1}{3} F^{+}_{q+2} - \frac{7}{6} F^{+}_{q+1} + \frac{11}{6} F^{+}_{q} \\
F^{+,2}_{q+1/2} &= -\frac{1}{6} F^{+}_{q+1} + \frac{5}{6} F^{+}_{q} - \frac{1}{3} F^{+}_{q+1} \\
F^{+,3}_{q+1/2} &= \frac{1}{3} F^{+}_{q} + \frac{5}{6} F^{+}_{q+1} - \frac{1}{6} F^{+}_{q+2}
\end{align*}
\]  

(B.7)

are three different third-order FD expressions for the edge flux. Weight coefficients \( \omega_1, \omega_2, \) and \( \omega_3 \) are determined by a so-called smoothness analysis which measures the relative smoothness of the solution from each flux expression in the local stencil and assign higher weights to expressions giving smoother solutions [40, 41]. The resulting combination eq. (B.6) is fifth-order accurate. Note that for the positive flux \( F^{+}_{q+1/2} \), the combined local stencil \( [q - 2, q - 1, q, q + 1, q + 2] \) is left-biased in relation to \( q + 1/2 \), which reflects the upwindness of the scheme. For the negative flux \( F^{-}_{q+1/2} \), a right-biased stencil \( [q - 1, q, q + 1, q + 2, q + 3] \) is used and the corresponding expressions are mirror images of eqs. (B.6) and (B.7) w.r.t. to \( q + 1/2 \).

The CUD3 and SM schemes do not use the conservative form of eq. (B.1), which is rewritten as

\[
\frac{\partial c}{\partial t} + \frac{\partial c v}{\partial x} + c \frac{\partial c}{\partial x} = 0.
\]  

(B.8)

Since the convective velocity (eq. (B.3)) is independent of time, \( \partial v/\partial x \) in the last term is analytically evaluated. In CUD3, \( \partial c/\partial x \) in the second term is obtained by solving

\[
(2 - 3s_q) \frac{\partial c_{q+1}}{\partial x} + 8 \frac{\partial c_q}{\partial x} + (2 + 3s_q) \frac{\partial c_{q-1}}{\partial x} = \frac{6}{\delta x} \left( \left( 1 - s_q \right) c_{q+1} + 2s_q c_q + \left( 1 + s_q \right) c_{q-1} \right).
\]  

(B.9)

for all \( q \), where

\[
s_q \equiv \text{sign}(v_q)
\]  

(B.10)

is the sign of the velocity at point \( q \).

As to SM with GAD, the nondimensional governing equation becomes

\[
\frac{\partial c}{\partial t} = -N_c + \frac{1}{Pe} \frac{\partial^2 c}{\partial x^2}
\]  

(B.11)

where

\[
N_c \equiv \nu \frac{\partial c}{\partial x} + cv'(x)
\]  

(B.12)

groups the nonlinear terms and

\[
Pe \equiv \frac{UL}{D}
\]  

(B.13)

is the Peclet number (\( D \) is the numerical diffusivity) and \( 1/Pe \) can be viewed as the nondimensional numerical diffusivity. Note that the notation

\[
v'(x) \equiv \frac{\partial v}{\partial x}
\]  

(B.14)

is used to indicate that this derivative is analytically evaluated. Time integration and numerical differentiation in \( x \) are performed in the Fourier space

\[
\frac{\xi}{\delta t} \tilde{c}_k + \frac{4\pi^2 k_x^2}{Pe} \tilde{c}^{p+1}_{n+1} = -\sum_{j=0}^{3} \left( a_j \xi_{j} \tilde{c}_k + b_j \tilde{c}^{n+1}_{j} \right)
\]  

(B.15)

while \( \tilde{N}_c \) is calculated by first evaluating the spatial derivative in the Fourier space

\[
\frac{\partial}{\partial x} \tilde{c}_k = 2\pi i k_x \tilde{c}_k,
\]  

(B.16)
respectively – i.e., magnification of the spatial discretization schemes. Insets show enlarged views of all four corners of the square wave (with grid spacings of \(0.01\) and \(0.05\) in the \(x\) and \(c\) axes, respectively – i.e., magnification of the \(x\) axis is \(2.5\) times that of the \(c\) axis).

Applying GAD can effectively suppress numerical oscillations at the expense of shock-capturing accuracy, as the concentration profile becomes smeared over time. The smearing process accelerates with increasing \(1/Pe\), but at the lowest \(1/Pe = 5 \times 10^{-7}\) presented in fig. B.21, sharp shock fronts are preserved up to \(t = 9\) shown in the figure. In 3D turbulence, stress shocks must be transient in nature. Therefore, effects of GAD would be minimal if large stress gradients are not substantially smeared over their lifetime. The standard \(Sc = 0.5\), which corresponds to \(1/Pe = 1/(ReSc) = 5.56 \times 10^{-4}\), used in our IDT DNS does not strongly affect the results (see, e.g., fig. 15). Meanwhile, at a similar \(1/Pe = 5 \times 10^{-4}\) (fig. B.21(c)), the square wave in the benchmark problem is significantly smeared within the flow-through time. This suggests that stress gradients at IDT are likely not as steep and sharp stress changes, if important in IDT dynamics, appear only for short time periods.

All FD schemes result in slightly reduced slopes at the shock front compared with SM with no-GAD (fig. B.22). The effect is strongest in UD2, which also comes with strong oscillations near the shocks. CUD3 provides good approximation to the shock fronts themselves but it also shows unphysical over- and under-shoots nearby, which may explain why LAD was necessary in DNS using this scheme [29, 47]. Interestingly, the result from TVD2 is comparable to that of WENO5 despite the latter’s higher order of accuracy. Computational cost is also an important consideration, since DNS of viscoelastic fluids is already a computationally expensive problem. As shown in table B.5, the efficiency of TVD2 and UD2 is comparable to that of SM, while WENO5 and CUD3 take about 8 times as much CPU time to complete the same number of time steps. As such, after balancing efficiency and accuracy considerations, TVD2 is adopted in

![Figure B.21: Temporal evolution of the concentration profile \(c(x, t)\) using the SM: (a) \(1/Pe = 0\) (no GAD); (b) \(1/Pe = 5 \times 10^{-7}\); (c) \(1/Pe = 5 \times 10^{-4}\); (d) \(1/Pe = 5 \times 10^{-3}\).](image)

![Figure B.22: Comparison of the concentration profile at \(t = 7\) using different spatial discretization schemes. Insets show enlarged views of all four corners of the square wave (with grid spacings of \(0.01\) and \(0.05\) in the \(x\) and \(c\) axes, respectively – i.e., magnification of the \(x\) axis is \(2.5\) times that of the \(c\) axis).](image)

| Scheme | TVD2 | SM/UD | WENO5 | CUD3 |
|--------|------|-------|-------|------|
| CPU time (s) | 2.18 | 1.92 | 2.04 | 16.80 | 15.64 |

Table B.5: CPU time required by each scheme to run a \(10^4\) time-step benchmark simulation on a single core of an Intel\textsuperscript{®} 1.80 GHz i3-3217U CPU.
References

[1] P. S. Virk, Drag reduction fundamentals, AIChE J. 21 (1975) 625–656.
[2] J. Myrskylä, P. Stern, Significance of shear induced structure in surfactants for drag reduction, Colloid Polym. Sci. 276 (1998) 816–823.
[3] L. Xi, Turbulent drag reduction by polymer additives: Fundamentals and recent advances, Phys. Fluids 31 (2019) 121302. doi:10.1063/1.5129619.
[4] R. Sureshkumar, A. N. Beris, R. A. Handler, Direct numerical simulation of the turbulent channel flow of a polymer solution, Phys. Fluids 9 (1997) 743–755.
[5] L. Xi, M. D. Graham, Turbulent drag reduction and multistage transitions in viscoelastic minimal flow units, J. Fluid Mech. 647 (2010) 421–452. doi:10.1017/S0022112010000666.
[6] K. D. Housiadas, A. N. Beris, Polymer-induced drag reduction: effects of variations in elasticity and inertia in turbulent viscoelastic channel flow, Phys. Fluids 15 (2003) 2369–2384.
[7] F. C. Li, Y. Kawaguchi, T. Segawa, K. Hishida, Reynolds-number dependence of turbulence structures in a drag-reducing surfactant solution channel flow investigated by particle image velocimetry, Phys. Fluids 17 (2005) 075194.
[8] K. Kim, C. F. Li, R. Sureshkumar, S. Balachandar, R. J. Adrian, Effects of polymer stresses on eddy structures in drag-reduced turbulent channel flow, J. Fluid Mech. 584 (2007) 281–299. doi:10.1017/S0022112007006611.
[9] E. De Angelis, C. M. Casciola, R. Piva, DNS of wall turbulence: dis- tinct polymers and self-sustaining mechanisms, Comput. Fluids 31 (2002) 495–507.
[10] S. Sibilla, A. Baron, Polymer stress statistics in the near-wall turbulent flow of a drag-reducing solution, Phys. Fluids 14 (2002) 1123–1136.
[11] L. Zhu, L. Xi, Vortex dynamics in low- and high-extent polymer drag reduction regimes revealed by vortex tracking and conformation analysis, Phys. Fluids 31 (2019) 095103. doi:10.1063/1.5131251.
[12] L. Zhu, X. Bae, E. Krushelnicky, L. Xi, Transient dynamics of turbulence growth and bursting: effects of drag-reducing polymers, J. Non-Newton. Fluid Mech. 266 (2019) 127–142. doi:10.1016/j.jnnfm.2019.03.002.
[13] T. Min, Y. J. Yoo, H. Choi, D. D. Joseph, Drag reduction by polymer additives in a turbulent channel flow, J. Fluid Mech. 486 (2003) 213–238.
[14] T. Min, H. Choi, J. Y. Yoo, Maximum drag reduction in a turbulent channel flow by polymer additives, J. Fluid Mech. 492 (2003) 91–100.
[15] V. Dallas, J. C. Vassilicos, G. F. Hewitt, Strong polymer-turbulence interactions in viscoelastic turbulent channel flow, Phys. Rev. E 82 (2010) 066303. doi:10.1103/PhysRevE.82.066303.
[16] O. Samanta, Y. Dubief, M. Holzner, C. Schäfer, A. N. Moreozov, C. Wagner, B. Hof, Elasto-inertial turbulence, Proc. Natl. Acad. Sci. U. S. A. 110 (2013) 10557–10562. doi:10.1073/pnas.1219666110.
[17] G. H. Choueiri, J. M. Lopez, B. Hof, Exceeding the asymptotic limit of polymer drag reduction, Phys. Rev. Lett. 120 (2018) 124501. doi:10.1103/PhysRevLett.120.124501.
[18] B. Chandra, V. Shankar, D. Das, Onset of transition in the flow of polymer solutions through microtubes, J. Fluid Mech. 844 (2018) 1052–1083. doi:10.1017/jfm.2018.234.
[19] B. Chandra, V. Shankar, D. Das, Early transition, relaminarization and drag reduction in the flow of polymer solutions through microtubes, J. Fluid Mech. 885 (2020) A47. doi:10.1017/jfm.2019.1040.
[20] L. Zhu, L. Xi, Non-asymptotic elasto-inertial turbulence for asymptotic drag reduction (2020). URL: https://arxiv.org/abs/2001.01638, arXiv:2001.01638.
[21] B. R. Bird, C. F. Curtis, R. C. Armstrong, O. Hassager, Dynamics of polymeric liquids, volume 2, 2nd ed., John Wiley & Sons, New York, 1987.
[22] C. D. Dimitropoulos, R. Sureshkumar, A. N. Beris, Direct numerical simulation of viscoelastic turbulent channel flow exhibiting drag reduction: effect of the variation of rheological parameters, J. Non-Newton. Fluid Mech. 79 (1998) 433–468.
[23] B. Yu, Y. Kawaguchi, Direct numerical simulation of viscoelastic drag-reducing flow: a faithful finite difference method, J. Non-Newton. Fluid Mech. 116 (2004) 431–466. doi:10.1016/j.jnnfm.2003.11.006.
[24] D. Gottlieb, S. A. Orszag, Numerical analysis of spectral methods: theory and applications, volume 26, Siam, 1977.

22
Technical Report, U. New Hampshire, 2014. Channelflow.org.

[50] J. F. Gibson, J. Halcrow, P. Civanović, Visualizing the geometry of state-space in plane Couette flow, J. Fluid Mech. 611 (2008) 107–130.

[51] L. Xi, Nonlinear dynamics and instabilities of viscoelastic fluid flows, Ph.D. thesis, University of Wisconsin-Madison, 2009. URL: http://grahamgroup.che.wisc.edu/public/LiXi_dissertation.pdf

[52] J. F. Gibson, F. Reetz, S. Azimi, A. Ferraro, T. Kreilos, H. Schneiders, M. Farano, A. F. Yelis, S. S. Schütz, M. Culpo, T. M. Schneider, Channel-flow 2.0 (2019). Manuscript in preparation, see channelflow.ch.

[53] L. Zhu, H. Schneiders, T. M. Schneider, L. Xi, Distinct transition in flow statistics and vortex dynamics between low- and high-extent turbulent drag reduction in polymer fluids, J. Non-Newton. Fluid Mech. 262 (2018) 115–130. doi:10.1016/j.jnnfm.2018.03.017.

[54] T. A. Zang, On the rotation and skew-symmetrical forms for incompressible-flow simulations, Appl. Numer. Math. 7 (1991) 27–40.

[55] P. R. Peyret, Spectral methods for incompressible viscous flow, Springer, New York, 2002.

[56] L. Kleiser, U. Schumann, Treatment of incompressibility and boundary conditions in 3-D numerical spectral simulations of plan channel flows, in: E. H. Hirschel (Ed.), Proc. 3rd GAMM conf. numerical methods in fluid mechanics, Vieweg, Braunschweig, Germany, 1980, pp. 165–173.

[57] D. Zhang, C. Jiang, D. Liang, L. Cheng, A review on tvd schemes and a refined flux-limit for steady-state calculations, J. Comput. Phys. 302 (2015) 114–154.

[58] N. P. Waterston, H. Deconinck, Design principles for bounded higher-order convection schemes—a unified approach. J. Comput. Phys. 224 (2007) 182–207.

[59] P. L. Roe, Approximate riemann solvers, parameter vectors, and difference schemes, J. Comput. Phys. 43 (1981) 357–372.

[60] A. T. Delis, C. P. Skeels, S. C. Ryrie, Evaluation of some approximate riemann solvers for transient open channel flows, J. Hydraul. Res. 38 (2000) 217–231.

[61] A. Chaudhuri, A. Hadjadj, A. Chinnayya, S. Palerm, Numerical study of inertial and elasticity-driven turbulence in viscoelastic fluids with high levels of drag reduction, Ph.D. thesis, McMaster University, 2019. URL: http://hdl.handle.net/11375/24887.

[62] R. Peyret, Spectral methods for incompressible viscous flow, 2002.

[63] J. F. Gibson, F. Reetz, S. Azimi, A. Ferraro, T. Kreilos, H. Schneiders, M. Farano, A. F. Yelis, S. S. Schütz, M. Culpo, T. M. Schneider, Channel-flow 2.0 (2019). Manuscript in preparation, see channelflow.ch.

[64] J. F. Gibson, F. Reetz, S. Azimi, A. Ferraro, T. Kreilos, H. Schneiders, M. Farano, A. F. Yelis, S. S. Schütz, M. Culpo, T. M. Schneider, Channel-flow 2.0 (2019). Manuscript in preparation, see channelflow.ch.

[65] L. Zhu, H. Schneiders, T. M. Schneider, L. Xi, Distinct transition in flow statistics and vortex dynamics between low- and high-extent turbulent drag reduction in polymer fluids, J. Non-Newton. Fluid Mech. 262 (2018) 115–130. doi:10.1016/j.jnnfm.2018.03.017.

[66] T. A. Zang, On the rotation and skew-symmetrical forms for incompressible-flow simulations, Appl. Numer. Math. 7 (1991) 27–40.

[67] P. R. Peyret, Spectral methods for incompressible viscous flow, Springer, New York, 2002.

[68] L. Kleiser, U. Schumann, Treatment of incompressibility and boundary conditions in 3-D numerical spectral simulations of plan channel flows, in: E. H. Hirschel (Ed.), Proc. 3rd GAMM conf. numerical methods in fluid mechanics, Vieweg, Braunschweig, Germany, 1980, pp. 165–173.

[69] D. Zhang, C. Jiang, D. Liang, L. Cheng, A review on tvd schemes and a refined flux-limit for steady-state calculations, J. Comput. Phys. 302 (2015) 114–154.

[70] N. P. Waterston, H. Deconinck, Design principles for bounded higher-order convection schemes—a unified approach. J. Comput. Phys. 224 (2007) 182–207.

[71] P. L. Roe, Approximate riemann solvers, parameter vectors, and difference schemes, J. Comput. Phys. 43 (1981) 357–372.

[72] A. T. Delis, C. P. Skeels, S. C. Ryrie, Evaluation of some approximate riemann solvers for transient open channel flows, J. Hydraul. Res. 38 (2000) 217–231.

[73] A. Chaudhuri, A. Hadjadj, A. Chinnayya, S. Palerm, Numerical study of inertial and elasticity-driven turbulence in viscoelastic fluids with high levels of drag reduction, Ph.D. thesis, McMaster University, 2019. URL: http://hdl.handle.net/11375/24887.

[74] R. Peyret, Spectral methods for incompressible viscous flow, 2002.

[75] J. F. Gibson, F. Reetz, S. Azimi, A. Ferraro, T. Kreilos, H. Schneiders, M. Farano, A. F. Yelis, S. S. Schütz, M. Culpo, T. M. Schneider, Channel-flow 2.0 (2019). Manuscript in preparation, see channelflow.ch.

[76] J. F. Gibson, F. Reetz, S. Azimi, A. Ferraro, T. Kreilos, H. Schneiders, M. Farano, A. F. Yelis, S. S. Schütz, M. Culpo, T. M. Schneider, Channel-flow 2.0 (2019). Manuscript in preparation, see channelflow.ch.

[77] F. Waleffe, On a self-sustaining process in shear flows, Phys. Fluids 9 (1997) 883–900.

[78] W. Li, L. Xi, M. D. Graham, Nonlinear travelling waves as a framework for understanding turbulent drag reduction, J. Fluid Mech. 565 (2006) 353–362.

[79] M. D. Warholic, H. Massah, T. J. Hanratty, Influence of drag-reducing polymers on turbulence: effects of Reynolds number, concentration and mixing, Exp. Fluids 27 (1999) 461–472.

[80] L. Zhu, Inertia- and elasticity-driven turbulence in viscoelastic fluids with high levels of drag reduction, Ph.D. thesis, McMaster University, 2019. URL: http://hdl.handle.net/11375/24887.

[81] R. Peyret, Spectral methods for incompressible viscous flow, 2002.