The Endoplasmic Reticulum Stress Response Mediates Shikonin-Induced Apoptosis of 5-Fluorouracil–Resistant Colorectal Cancer Cells

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Abstract
Resistance to chemotherapeutic drugs is a significant problem in the treatment of colorectal cancer, resulting in low response rates and decreased survival. Recent studies have shown that shikonin, a naphthoquinone derivative, promotes apoptosis in colon cancer cells and cisplatin-resistant ovarian cells, raising the possibility that this compound may be effective in drug-resistant colorectal cancer. The aim of this study was to characterize the molecular mechanisms underpinning shikonin-induced apoptosis, with a focus on endoplasmic reticulum (ER) stress, in a 5-fluorouracil–resistant colorectal cancer cell line, SNU-C5/5-FUR. Our results showed that shikonin significantly increased the proportion of sub-G1 cells and DNA fragmentation and that shikonin-induced apoptosis is mediated by mitochondrial Ca2+ accumulation. Shikonin treatment also increased the expression of ER-related proteins, such as glucose regulatory protein 78 (GRP78), phospho-protein kinase RNA-like ER kinase (PERK), phospho-eukaryotic initiation factor 2 (eIF2α), phospho-phosphoinositol-requiring protein-1 (IRE1), spliced X-box–binding protein-1 (XBP-1), cleaved caspase-12, and C/EBP-homologous protein (CHOP). In addition, siRNA-mediated knockdown of CHOP attenuated shikonin-induced apoptosis, as did the ER stress inhibitor TUDCA. These data suggest that ER stress is a key factor mediating the cytotoxic effect of shikonin in SNU-C5/5-FUR cells. Our findings provide evidence for a mechanism in which ER stress leads to apoptosis in shikonin-treated SNU-C5/5-FUR cells. Our study provides evidence to support further investigations on shikonin as a therapeutic option for 5-fluorouracil–resistant colorectal cancer.

Key Words: Naphthoquinone, 5-Fluorouracil–resistant colorectal cancer, Apoptosis, Endoplasmic reticulum stress
To resolve ER stress, a three-pronged signal transduction cascade is activated. The upstream components of the three branches are double-stranded RNA-activated protein kinase (PKR)-like ER kinase (PERK), activating transcription factor 6 (ATF6), and inositol-requiring enzyme 1 (IRE1) (Kim et al., 2016). Once these pathways are activated, phosphorylation of eukaryotic translation initiation factor-2α (eIF2α) results in the downregulation of protein synthesis, while ER functional capacity is improved by upregulating the transcription of genes encoding ER chaperones, protein folding enzymes, and components of the ER-associated degradation system.

Lithospermum erythrorhizon is a medicinal plant that is widely used in traditional oriental medicine (Han et al., 2015; Prasad et al., 2015). The bioactive component in L. erythrorhizon root extract is a naphthoquinone derivative called shikonin, which has been shown to trigger apoptosis in the SNU-407 colon cancer cells (Han et al., 2019). Shikonin also has a significant apoptotic effect on cisplatin-resistant human ovarian cells (Shinikova et al., 2018). While shikonin is known to exert apoptotic effects in cancer cells, including drug-resistant cancers, little is known about the molecular mechanisms underlying these effects. In light of findings, which suggest that ER stress may be involved in drug resistance in colorectal cancer cells, we hypothesized that the functional effects of shikonin in cancer may involve the ER stress response. In this study, we investigated whether shikonin induces apoptosis in colorectal cancer 5-FU–resistant SNU-C5 (SNU-C5/5-FUR) cells via activating the ER stress.

MATERIALS AND METHODS

Reagents
Shikonin and antibodies against GRP78, phospho-eIF2α, phospho-IRE1, and XBP-1 were purchased from Santa Cruz Biotechnology (Dallas, TX, USA). Thiazolyl blue tetrazoli um bromide (MTT), ethylene glycol-bis(2-aminoethylether)-N,N,N′,N′-tetraacetic acid (EGTA), Hoechst 33342, propidium iodide (PI), tauroursodeoxycholic acid (TUDCA), and actin iodide (PI), tauroursodeoxycholic acid (TUDCA), and actin

Cell culture
SNU-C5/5-FUR cells were obtained from the Resistant Cell Research Center of Chosun University (Gwangju, Korea). The cells were subcultured twice a week in presence of 140 μM 5-FU for over 6 months until they were stably drug resistant (Kang et al., 2014). The cells were cultured at 37°C with 5% CO₂ in RPMI-1640 medium (Thermo Fisher Scientific, Grand Island, NY, USA) containing HEPES and supplemented with 10% heat-inactivated fetal bovine serum (FBS) and antibiotic-antimycotic solution. The drug resistance of the SNU-C5/5-FUR cell line was maintained by treatment with 5-FU once a month.

Cell viability assessment
The cells were seeded into a 24-well plate at a density of 0.8×10⁵ cells/mL and incubated for 16 h. They were then treated with shikonin at a concentration of 1, 2, 3, 4, 5, 6, 8, 10, or 15 μM, or pretreated with an ER stress inhibitor (TUDCA) prior to treatment with shikonin for 30 min. The cells were subsequently incubated at 37°C for 48 h, and then 125 μL MTT stock solution (2 mg/mL) was added to each well. After 4 h, the formazan crystals were dissolved in 350 μL DMSO, and the absorbance at 540 nm was measured using a SpectraMax iX2 multi-detection microplate reader (Molecular Devices, Sunnyvale, CA, USA) (Piao et al., 2019).

Cell morphology analyses
Cells were seeded into a 60 mm culture dish at a density of 0.8×10⁵ cells/mL and incubated for 16 h. After treatment with 3.3 μM shikonin, cells were observed for 1, 2, and 3 days, and changes in cell morphology were documented using a phase contrast inverted microscope (DP71 digital microscope camera, Olympus, Tokyo, Japan). All images were acquired at 20× magnification.

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Detection of sub-G₁ hypodiploid cells
Flow cytometry analysis was performed after cells were stained with propidium iodide (PI) to assess the proportion of sub-G₁ cells with hypodiploid DNA content, which are considered to represent apoptotic cells. Briefly, cells were seeded in 6-well plates in triplicate for each of the control and shikonin-treated groups. Twenty hours later, cells were pretreated with 3.3 μM shikonin (treated). The cells were harvested after 48 h and fixed with 70% ethanol (1 mL) for 30 min at 4°C. Subsequently, cells were washed twice with cold PBS+2 mM EDTA, to prevent aggregation, and incubated in the dark for 30 min at 37°C in PBS/2 mM EDTA containing PI (final concentration, 100 μg/mL) and RNase A (final concentration, 100 μg/mL). The analysis was performed using a FACScalibur instrument, and the percentage of sub-G₁ hypodiploid cells was evaluated using CellQuest and ModFit Software (Becton Dickinson, San Jose, CA, USA).

DNA fragmentation analysis
Cellular DNA fragmentation was assessed by measuring DNA fragments released into the cell cytoplasm. To facilitate detection, DNA was labeled with the non-radioactive thymidine analog, BrdU. DNA fragments were detected immunologically using an ELISA kit from Roche Diagnostics (Mannheim, Germany), according to the manufacturer’s instructions.

Measurement of mitochondrial Ca²⁺
Mitochondrial Ca²⁺ levels were monitored using Rhod-2 AM (Mészáros et al., 2012). Cells were treated with shikonin for 48 h; harvested, washed, resuspended in PBS containing 1 μM Rhod-2 AM; and incubated for 15 min at 37°C. Subsequently, the cells were washed and suspended in PBS for further anal-
ysis by flow cytometry. To confirm the flow cytometry results, the cells were seeded in 4-well chambers, and image analysis was conducted by loading cells with Rhod-2 AM for 30 min at 37°C. After washing, the stained cells were mounted on microscope slides with mounting medium (DAKO, Carpinteria, CA, USA). Images were captured on a confocal microscope using the Laser Scanning Microscope 5 PASCAL software (Carl Zeiss, Jena, Germany).

**Nuclear fragmentation analysis by Hoechst 33342 staining**

The cells were seeded at 1.0×10⁶ cells/mL in medium with or without EGTA. After 16 h incubation, the cells were treated with shikonin and incubated at 37°C for another 48 h. Alternatively, the cells were seeded in a 24-well plate at 1.0×10⁵ cells/mL. After 16 h incubation, the cells were treated with TUDCA and incubated for 30 min, followed by treatment with shikonin and incubation at 37°C for 48 h. After staining with Hoechst 33342 cell-permeable nuclear counterstain dye for 10 min, nuclear fragmentation (indicating apoptosis) was determined as previously described (Piao et al., 2019).

**Western blot analysis**

The harvested cells were washed once with PBS, lysed with RIPA buffer containing protease inhibitors on ice for 20 min, and centrifuged at 14,000×g for 10 min. The supernatant was collected, and the Quanti-IT™ protein assay kit was used to determine protein concentrations (Thermo Fisher Scientific). After boiling an aliquot of the lysate (40 µg protein) for 5 min, the proteins were separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) based on their molecular weight. The separated proteins were transferred onto nitrocellulose membranes, which were subsequently incubated with primary antibodies against GRP78, phospho-PERK, phospho-eIF2α, phospho-IRE1, XBP-1, caspase-12, CHOP, and actin, followed by a horseradish peroxidase-conjugated secondary antibody (Pierce, Rockford, IL, USA). The membranes were incubated with enhanced chemiluminescence detection reagents (Amersham, Little Chalfont, Buckinghamshire, UK) and exposed to X-ray film in the dark to visualize protein bands.

**Reverse transcription–polymerase chain reaction (RT-PCR)**

RT-PCR was performed as previously described (Han et al., 2019). The sequences of primers used in this study are as follows: spliced XBP-1, forward primer (5’→3’): CATTGTTAAACCCAGG, reverse primer (5’→3’): GGGCGGTGGATATATGTTGG; hGAPDH, forward primer (5’→3’): TCAAGTGGGGCGATGCTGGC, reverse primer (5’→3’): TGCCCAGCCCACGGTCAAAAG.

**Immunocytochemistry**

Cells were seeded on a 4-well chamber glass slide at a density of 1.5×10⁵ cells/mL and incubated for 16 h. Then, the cells were directly treated with 3.3 µM shikonin, or pretreated with 1 µM of the ER stress inhibitor TUDCA for 30 min, followed by treatment with 3.3 µM shikonin. Protein expression was detected using GRP78 and CHOP antibodies, and ER-Tracker™ Blue-White DPX reagent was used for localization. Processing of the slides for immunocytochemistry was performed as previously described (Piao et al., 2015).

**Transient transfection of small interfering RNA (siRNA)**

The transfection of SNU-C5/5-FUR cells with control (siControl, Santa Cruz Biotechnology) and CHOP (siCHOP, Bi- oneer, Seoul, Korea) siRNAs was performed according to a previously described method (Zhang et al., 2013). The cells were subcultured and subjected to siRNA transfection. Knockdown efficiency was assessed by detecting protein expression using Western blotting. After 24 h transfection, the cells were treated with or without shikonin for 48 h. The role of shikonin in CHOP knockdown cells was examined as follows: PI staining and flow cytometry were used to identify sub-G₁ hypodiploid cells; DNA fragmentation was determined using a cellular DNA fragmentation ELISA kit (Roche Applied Science, Mannheim, Germany); apoptosis was confirmed using Hoechst 33342 staining reagent; cell viability was detected via MTT analysis.

**Statistical analysis**

All experiments were repeated three times, and the values presented are the mean ± standard error of the mean. Analysis of variance (ANOVA) and Tukey’s post-hoc test were performed to analyze the differences between the means. Statistical significance was set at p<0.05.

**RESULTS**

**Shikonin induces apoptosis in 5-FU-resistant colorectal cancer cells**

To determine the effect of shikonin on 5-FU-resistant colorectal cancer cells, we treated SNU-C5/5-FUR cells, into a wide range of shikonin concentrations and determined the effects on cell viability. Our results indicated that shikonin exhibits concentration-dependent cytotoxicity in SNU-C5/5-FUR cells, with significant cytotoxicity evident at concentrations greater than 3 µM. The calculated IC₅₀ value was 5.7 µM (Fig. 1A). Based on past experience, it is convenient to observe cell changes when the cell survival rate is approximately 60%-70%; therefore, a concentration of 3.3 µM, at which the cell survival rate was 65%, was selected as the optimum concentration for further investigations. After 24 h treatment with 3.3 µM shikonin, morphological changes were observed in the cells, including some dead cells, although the number of dead cells was not prominent. However, after two days of incubation, a significant number of dead cells was observed, and after three days of incubation, most of the cells appeared to be dead (Fig. 1B). To determine whether shikonin inhibits cell proliferation, a colony formation assay was performed. The results showed that compared with the control group, shikino- nitin significantly inhibited colony formation of SNU-C5/5-FUR cells (CFCs) (Fig. 1C). To confirm that the cytotoxic effect of shikonin was due to its ability to promote apoptosis, we used flow cytometry to measure the proportion of sub-G₁ DNA content (considered to represent apoptotic cells) after shikonin treatment. Shikonin significantly increased the rate of apoptosis relative to that in the control group (Fig. 1D). Moreover, shikonin-treated cells had a higher proportion of fragmented DNA content than the control group (Fig. 1E). These results suggested that shikonin effectively inhibits the proliferation of SNU-C5/5-FUR cells by inducing apoptosis.
Shikonin-induced apoptosis in SNU-C5/5-FUR cells is related to mitochondrial Ca\textsuperscript{2+} accumulation

In the mitochondrial matrix, although the accumulation of Ca\textsuperscript{2+} can stimulate oxidative phosphorylation, high concentrations of Ca\textsuperscript{2+} can also transmit and amplify apoptotic signals. We observed high levels of fluorescence in the shikonin-treated cells, compared to control cells, which was detected using flow cytometry after staining with Rhod-2 AM, a mitochondrial Ca\textsuperscript{2+}-specific dye (Fig. 2A). Images obtained by confocal microscopy also confirmed this result, with shikonin-treated cells exhibiting strong red fluorescence, indicating that the accumulation of mitochondrial Ca\textsuperscript{2+} was higher than that of the control cells (Fig. 2B). To confirm the effect of Ca\textsuperscript{2+} on shikonin-induced cell apoptosis, we treated SNU-C5/5-FUR cells with shikonin in culture medium with or without EGTA (a Ca\textsuperscript{2+} chelator) and performed a nuclear fragmentation analysis. The resultant colonies were stained using a Diff-Quik kit. *Significantly different from untreated control cells (p<0.05).

Shikonin increases the levels of ER stress-related proteins and spliced XBP-1 mRNA

Next, we examined the effect of shikonin on the expression of ER stress-related factors using Western blotting. Compared with the control group, the expression of GRP78, phospho-PERK, phospho-eIF2\textalpha, phospho-IRE1, spliced XBP-1, cleaved caspase-12, and CHOP in the shikonin-treated groups increased in a time-dependent manner (Fig. 3A). The activation of phospho-IRE1 leads to unconventional splicing of the mRNA encoding XBP-1. The spliced form of XBP-1 is translated into a transcription factor that promotes the expression of genes which regulate protein quality in the ER (Xu et al., 2005). Compared with the control cells, the rate of conversion of XBP-1 mRNA into its spliced isoform increased in the shikonin-treated cells (Fig. 3B). To confirm this result, we examined the expression of the most representative ER stress marker proteins, GRP78 and CHOP, using immunocytochemistry. Compared with the control group, shikonin significantly upregulated the expression of GRP78 and CHOP in the treated cells (Fig. 3C, 3D).

Downregulation of CHOP attenuates shikonin-induced apoptosis

It has been reported that overexpression of CHOP induces apoptosis through the Bcl-2 pathway, and CHOP has also been shown to regulate apoptosis during ER stress (Hu et al., 2019). Therefore, we investigated whether CHOP was required for shikonin-induced apoptosis in SNU-C5/5-FUR cells. We used an siRNA against CHOP (siCHOP) to knock down the expression of CHOP in SNU-C5/5-FUR cells, with a scrambled RNA (siControl) as a negative control, and knockdown was confirmed using Western blot analysis (Fig. 4A). Our flow cytometry analyses showed that shikonin increased the rate of apoptosis in siControl-transfected cells, but this increase was attenuated in cells transfected with siCHOP (Fig. 4A). This result was confirmed by DNA fragmentation analy-
sis (Fig. 4B). Moreover, Hoechst 33342 staining for apoptotic bodies also yielded results that were consistent with these findings (Fig. 4C). The results from MTT cell viability assays showed that shikonin inhibited the survival of siControl-transfected cells, but the shikonin-induced decrease in cell numbers was reduced in cells transfected with siCHOP (Fig. 4D). These data demonstrated that CHOP plays an essential role in apoptosis during ER stress induced by shikonin.

Shikonin promotes cell death in SNU-CS/5-FUR cells by activating ER stress

To further confirm that ER stress is involved in the apoptosis of SNU-CS/5-FUR cells induced by shikonin, we examined the effect of the ER stress inhibitor, TUDCA, in our experiments. As shown in Fig. 5A, TUDCA effectively restored the shikonin-induced decrease in cell viability. Moreover, pretreatment with TUDCA significantly inhibited the emergence of apoptotic bodies (visualized by Hoechst 33342 staining) in the shikonin-treated group (Fig. 5B). To confirm this result, we also ana-
lyzed the expression of the ER stress marker proteins, GRP78 and CHOP, via immunocytochemistry after TUDCA treatment. TUDCA significantly inhibited the expression of GRP78 and CHOP that were induced by shikonin (Fig. 5C, 5D).

DISCUSSION

Shikonin has a variety of biological activities, making it an attractive compound. We have previously reported that shikonin induces apoptosis in SNU-407 colon cancer cells by triggering mitochondrial dysfunction and activating the caspase cascade (Han et al., 2019). In that study, we used shikonin at the IC50 concentration of 3.3 μM in our experiments. However, in SNU-C5/5-FUR cells, the IC50 value is approximately 5.7 μM, which is nearly twice the IC50 value of 3.3 μM in the SNU-407 cells. Comparing these results, it is apparent that while the sensitivity of shikonin is slightly lower in 5-FU-resistant cells, it still has obvious apoptotic activity in these cells. In this study, we observed that shikonin significantly increased the proportion of SNU-C5/5-FUR cells with apoptotic sub-G0 content and triggered DNA fragmentation.

Generally, the ER stress response is a short-term, homoeostasis-linked event that is critical for cell survival, although long-term and severe ER stress can trigger apoptosis through ER stress-specific cell death signals, such as CHOP and caspase-12 (Coker-Gürkan et al., 2015). The ER is the main Ca2+ storage site in cells, and it is worth noting that excessive Ca2+ storage in the ER can result in leaks into the cytoplasm, allowing Ca2+ participation in ER stress-mediated apoptosis (Ryoo, 2015). Here, we used the calcium chelator, EGTA, to verify that treatment with shikonin significantly increased the concentration of Ca2+ in the mitochondrial matrix.

We also studied specific markers of ER stress. Under stress-free conditions, the luminal domain of the ER stress sensor binds to the ER chaperone, binding immunoglobulin protein (BiP), keeping it inactive. When unfolded or misfolded proteins accumulate, BiP preferentially binds to these abnormal proteins and releases the inhibition of PERK, ATF6, and IRE1 (Mei et al., 2013). The cytoplasmic domain of IRE1 possesses...
Fig. 5. ER stress inhibitor, TUDCA, attenuates shikonin-induced cell death. Cells were incubated in the presence of 1 μM TUDCA for 30 min and then treated with 3.3 μM shikonin. After 48 h incubation, (A) cell viability was evaluated by MTT analysis, and (B) the presence of apoptotic bodies was determined by Hoechst 33342 nuclear staining. *Significantly different from control cells (p<0.05); # significantly different from shikonin-treated cells (p<0.05). The expression of (C) GRP78 and (D) CHOP proteins was evaluated using immunocytochemistry. The ER-tracker Blue-White DPX probe was used to determine the number and morphology of ER organelles.

Fig. 6. Diagram of shikonin-induced ER stress signaling resulting in apoptosis. Shikonin induces the expression of ER stress-related proteins, such as GRP78 and CHOP, and releases Ca²⁺, thereby causing 5-FU-resistant SNU-C5 colorectal cancer cells to undergo apoptosis. The calcium chelator, EGTA, and the ER stress inhibitor, TUDCA, protected cells against ER stressed-apoptotic cell death.
serine/threonine kinase activity, as the only known substrate of this kinase is IRE1. ER stress-induced homodimerization and trans-autophosphorylation activate IRE1 endonuclease activity, allowing it to excise a 26-nucleotide intron from the XBP-1 mRNA to generate the spliced isoform, XBP-1s (Li et al., 2010). Activated PERK phosphorylates eIF2α, thereby reducing protein synthesis and reducing ER protein overload (Yan et al., 2017). Here, we observed that shikonin induced the phosphorylation of eIF2α, and IRE1, as well as XBP-1 splicing, caspase-12 cleavage, and GRP78 and CHOP overexpression, in a time-dependent manner.

Although CHOP is expressed at very low levels under physiological conditions, it is strongly induced at the transcriptional level under conditions of ER stress (Gotoh et al., 2011). The overexpression of CHOP promotes growth arrest, and eventually, cell death. Therefore, CHOP plays a very important role in ER stress-induced apoptosis. We observed that siRNA-mediated knockdown of CHOP attenuated shikonin-induced apoptosis and cell death. In addition, treatment with the ER stress inhibitor, TUDCA, significantly restored cell viability, and greatly suppressed the emergence of apoptotic bodies due to shikonin exposure. This further supports a role for ER stress in ER stress-induced apoptosis. We observed that siRNA-mediated knockdown of CHOP attenuated shikonin-induced apoptosis and cell death. Therefore, CHOP plays a very important role in ER stress-induced apoptosis.

Shikonin is a valuable candidate resource that is worthy of further research as a possible colorectal cancer treatment. It greatly suppresses the emergence of apoptotic bodies due to shikonin exposure. This further supports a role for ER stress in ER stress-induced apoptosis. We observed that siRNA-mediated knockdown of CHOP attenuated shikonin-induced apoptosis and cell death. Therefore, CHOP plays a very important role in ER stress-induced apoptosis.

CONFLICT OF INTEREST

The authors declare that there are no conflicts of interest.

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