Biomechanical and human behavior assessment using virtual reality to challenge balance and posture for the elderly and patients with Parkinson’s disease

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1. Introduction

Falls are a major problem in Public Health and are the consequence of multifactorial determinants in the elderly and in patients with Parkinson disease that require a functional and global approach to elaborate preventive strategies (Léon and Beck 2014). Most falls occur during movement, with an increasing risk of falling when attentive phenomenon are diverted from the objective of action (Inserm 2015). The standardized methods in the clinical setting often focus on evaluation of a specific walking exercise without disturbance in the environment and without challenging balance control. We describe the design of a system using a virtual environment and a human metrology to assess how attention demanding and unexpected events influence a person’s ability to control balance, gait and movement.

The virtual environment can be displayed on a CAVE (Figure 1) and a head-mounted display (HMD) with integrated eye tracker in order to analyse the visual exploration patterns and identify attention parameters. The virtual reality experience is improved with a first-person perspective and a virtual avatar synchronized with the real gesture movements of the person (Slater et al. 2010). The hardware in the platform integrates a server that computes virtual environment, collect data from many wearable sensors (physiological sensors, kinetics sensors and kinematics sensors) and process data in order to score fall factors.

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The structure and the parameters of the predictive model will be defined by a meta-analysis (top-down approach) based on knowledge of the literature and experts of the analysis of the fall. From this study, we design a neuro-psycho-motor immersion and the disturbances in order to collect information from the motor control closed-loop (Figure 2). The next step consists in developing an automated workflow in order to process raw data and calculate score parameters of the model. Machine Learning approaches will be used to perform the multivariate analysis (Özdemir and Barshan 2014).

2. Methods

The platform is designed to 1) produce user experiences that illustrate everyday life in a stable virtual world and 2) provide an assessment-standardized tool for clinicians in order to objectify human behaviors and their consequences. The predictors of further falls are obtained by measures on neuro-psycho-motor responses in order to identify data processing of the closed-loop: perception-cognition-decision-action (Fuchs 2006, 2009).

The preliminary pilot study will concern 25 subjects (age 65–85) in the elderly with at least two falls in the past twelve months and 25 with no fall, 25 subjects with Parkinson’s disease evaluated with the modified UPDRS III (Goetz et al. 2007) in order to validate the assessment-standardized tool. Clinicians will be able to replay user experiences of our patients in order to personalize a physical activity program and in according to the identification of the ‘Perception-Cognition-Decision-Action’ model.
4. Conclusions

Clinicians would like an automated and low cost version of the virtual reality platform. The results of our study will be implemented in this device in order to understand the predictive parameters of fall risks in their own offices. The advantages of this VR solution provides stable settings and optimal control of the environment.

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