The double-polarization observable $E$ and helicity-dependent cross sections $\sigma_{1/2}, \sigma_{3/2}$ have been measured for the photoproduction of $\pi^0$ pairs off quasifree protons and neutrons at the Mainz MAMI accelerator with the Crystal Ball/TAPS setup. A circularly polarized photon beam was produced by bremsstrahlung from longitudinally polarized electrons and impinged on a longitudinally polarized deuterated butanol target. The reaction products were detected with an almost $4\pi$ covering calorimeter. The results reveal for the first time the helicity- and isospin-dependent structure of the $\gamma N \rightarrow N\pi^0\pi^0$ reaction. They are compared to predictions from reaction models in view of nucleon resonance contributions and also to a refit of one model that predicted results for the proton and for the neutron target. The comparison of the prediction and the refit demonstrates the large impact of the new data.
The properties of the fundamental interactions between particles are reflected in the excitation spectrum of composite objects formed by them. Atomic spectroscopy has revealed the properties of the electromagnetic interaction in great detail. Nuclear spectroscopy was used to study the strong interaction in nuclei on a length scale where nucleons and mesons are the relevant degrees of freedom. In the same way, the excitation spectrum of nucleons (protons and neutrons) is a major testing ground for the properties of the strong interaction in the regime where quark and gluon degrees of freedom dominate.

Photoproduction of mesons is a powerful and versatile tool for the investigation of the nucleon excitation spectrum, which reflects the properties of the strong interaction in the nonperturbative regime. Reactions like $\gamma N \rightarrow N\pi, N\eta, N\omega, N\rho, N\eta'$ etc. have been studied in detail; however, single-meson production reactions are biased against states that do not decay directly to the nucleon ground state. In the constituent quark model, higher-lying nucleon resonances may deexcite preferentially in two-step processes involving an intermediate excited state [1]. The restriction to single-meson production could thus exclude entire multiplets of quark-model states from observation. The equivalent in nuclear physics would be to investigate only decays of excited states to the nuclear ground state by which we would have missed phenomena like vibrationally or rotationally excited collective nuclear states and many more.

Cascade decays via intermediate states require the investigation of multiple-meson final states. The simplest cases are pseudoscalar (PS) meson pairs like $\pi\pi$ or $\pi\eta$. The reaction formalism and the sets of observables are discussed in Refs. [2,3] and a field theoretic description of the process is given in Ref. [4]. For single-meson production, a “complete” experiment, which allows the unique determination of the magnitudes and phases of all relevant amplitudes, requires the measurement of eight carefully chosen observables including single- and double-polarization observables as a function of two kinematic parameters [typically center-of-momentum (CM) energy and CM-polar angle] [5]. Photoproduction of PS meson pairs requires the measurement of eight observables as a function of five kinematic parameters to determine just the magnitudes of the amplitudes, and 15 observables have to be measured to also fix their phases [2].

Such a complete experiment for meson pairs is unrealistic; however, limited datasets can give valuable insights. Three-body final states offer powerful analysis strategies that are not available for single-meson production. Invariant-mass distributions of the particle pairs carry information about the decay chains (e.g., the invariant mass of the intermediate state). Polarization observables for circularly polarized beams, which depend only on the angle between reaction (photon recoil nucleon) and production (meson-meson) plane, are easy to measure and robust against instrumental artifacts [6,7].

Final states with neutral PS meson pairs are interesting because nonresonant background terms are suppressed. Recently, $\eta^0\pi^0$ and $\pi^0\eta$ pairs have been studied in detail, however, with somewhat different results. Nonresonant background is indeed small for $\pi\eta$ pairs which seem to be dominated below $W \approx 2$ GeV by the decay of just a few isospin $I = 3/2$ states. (see Refs. [8–13]). Sequential resonance decays leave different imprints in the cross sections for $\pi^0\pi^0$ and $\eta^0\eta$ pairs and are thus complementary. The reaction chain $\Delta^+ \rightarrow \Delta^0 \rightarrow N\pi^0\pi^0$ is suppressed with respect to $N^+ \rightarrow \Delta^0 \rightarrow N\pi^0\eta^0$ by isospin by a factor of 5, but $\pi^0\eta$ sequences starting with a $\Delta$ resonance are not isospin suppressed.

Photoproduction of neutral-pion pairs is still less understood than the $\eta^0\eta^0$ final state although it has been intensively studied experimentally. Measurements of unpolarized cross sections and polarization observables for proton and quasifree neutron targets from threshold throughout the second and third nucleon resonance region [1,6,14–31] have been reported. However, there are unresolved issues even in the low-energy regime. Early data up to the second resonance region ($E_\gamma \approx 800$ MeV) [14,15] for $\gamma p \rightarrow p\eta^0\pi^0$ were interpreted differently in models. Murphy and Laget [32] found a dominant contribution from the $N(1440)1/2^+ \rightarrow N\pi + N\pi^0\pi^0$ decay of the Roper resonance by emission of the $\sigma$ meson. This decay was negligible in the model of Gomez-Tejedor and Oset [33], which instead favored the $N(1520)3/2^- \rightarrow \Delta\pi^0 \rightarrow N\pi^0\pi^0$ decay. More precise invariant-mass distributions of the $\pi^0\pi^0$ and $\eta^0N$ pairs [17] and the helicity dependence of the cross section [22] demonstrated the importance of the sequential $N(1520)3/2^-$ decay. However, the GRAAL Collaboration argued in Refs. [19,23] again for a large $N(1440)1/2^+ \rightarrow \eta N$ contribution.

More precise cross-section data from the CBELSA/TAPS experiment [24,25], covering a larger energy range, were analyzed with the Bonn-Gatchina (BnGa) coupled channel model. A dominant contribution from the broad $\Delta(1700)3/2^-$ state was suggested from threshold up to the third resonance bump. The contribution from the $N(1520)3/2^-$ was significant, while the one from the Roper resonance was small but required new parameters for this state. Further results from CBELSA/TAPS [30,31] have been used to extract properties of several higher-lying states. However, this analysis also suggested a modified picture for the low-energy regime with a stronger contribution of the $N(1680)5/2^+$ state. Results from the Crystal Ball/TAPS experiment [27,28] have been analyzed with the Mainz MAID isobar model [34] and also with a partial-wave expansion of the amplitudes. The latter found evidence for an unexpectedly large contribution of the $3/2^+$ partial wave in the threshold range.

The only data available so far for the $n\pi^0\pi^0$ final state are cross sections from the GRAAL [23] and Crystal Ball/
TAPS [29] experiment and the polarization observable $I^0_1$ [6] also from Crystal Ball/TAPS.

In this Letter we report results from a precise measurement of the double-polarization observable $E$ and helicity-dependent cross sections $\sigma_{1/2}$ and $\sigma_{3/2}$ for $p^0\pi^0$ pairs off protons and neutrons at the Mainz MAMI accelerator [35]. In the formalism for pseudoscalar meson pairs given in Ref. [2] this observable would be $P_T^\oplus$. The definition is identical to the one for the observable $E$ in single meson production which we use as abbreviation. For a circularly polarized photon beam and a longitudinally polarized target, two different relative spin orientations, parallel or antiparallel, corresponding to the cross sections $\sigma_{3/2}(\uparrow\uparrow)$ and $\sigma_{1/2}(\uparrow\downarrow)$ are possible, which are termed helicity 3/2 and helicity 1/2. These two configurations correspond for the excitation of nucleon resonances to the electromagnetic couplings $A_{3/2}$ and $A_{1/2}$ listed in Review of Particle Physics (PDG) [36]. They are related to the asymmetry $E$ by

$$E = \frac{\sigma_{1/2} - \sigma_{3/2}}{\sigma_{1/2} + \sigma_{3/2}} = \frac{\sigma_{1/2} - \sigma_{3/2}}{2\sigma_0},$$

(1)

where $\sigma_0$ is the unpolarized cross section.

The experimental setup and the analysis procedures were described in Refs. [12,37–39] which used the same dataset for other reaction channels ($N\pi$, $Na^0$, and $N\eta\pi^0$) (most details were given in Ref. [38] for $\eta$ production, the most similar analysis was for $\eta\pi^0$ pairs in Ref. [12]). A detailed description of the present analysis will be given in a longer paper. Longitudinally polarized electron beams ($e^-$ energy 1558 MeV) with polarization degrees between 83% and 85% produced circularly polarized bremsstrahlung photons. The energy-dependent polarization $P_T^\oplus$ of the photon beam followed from the polarization transfer formula given in Ref. [40] (see also Refs. [12,37–39]). The photons were energy tagged with the Glasgow magnetic spectrometer [41]. The solid deuterated butanol target contained longitudinally polarized deuterons (polarization degrees 55%–62%). The polarization of the bound nucleons was corrected for nuclear effects as in Refs. [12,37–39]. The detector was composed of the electromagnetic calorimeters Crystal Ball [42] and TAPS [43] covering almost the full solid angle [12,37–39]. The target was placed in the center of the Crystal Ball.

The identification of the $p\pi^0\pi^0$ and $n\pi^0\pi^0$ final states was done as in Refs. [12,29] using the information from the charged particle detectors, invariant mass analysis (for the identification of $\pi^0$ pairs), coplanarity, and missing mass analysis (to reject background from higher multiplicity final states). Effects from nuclear Fermi motion were removed with a kinematic reconstruction of the final state of the reaction as discussed in Ref. [44].

The asymmetry $E$ [Eq. (1)] can be directly derived from the measured count rates $N_{1/2}, N_{3/2}$ for the two spin configurations:

$$E = \frac{1}{P_T^\oplus \cdot (N_{1/2} - N_B) + (N_{3/2} - N_B)} \cdot \frac{N_{1/2} - N_{3/2}}{N_B},$$

(2)

Many systematic effects cancel in this ratio. The two major sources for systematic uncertainty are the beam (±2.7%) and target (±10%) [38] polarization degrees. The rest of the systematic effects come from the nonpolarized background rate $N_B$ from the unpolarized nucleons bound in the carbon and oxygen nuclei of the butanol molecules. This background drops out only in the numerator but contributes to the denominator. It was eliminated in two different ways. The count rate $N_B$ was directly measured with a special carbon-foil target that had the same geometry and density of the heavy nuclei as the butanol target. Asymmetries determined this way are labeled analysis (1). For this analysis, count rates from the butanol and carbon target have to be relatively normalized according to incident photon flux, target surface density, and detection efficiency. Since the target geometry was identical for both measurements and the target surface densities were adjusted almost identically (within ranges of a few percent) they do not significantly contribute to systematic uncertainty and also the detection efficiency drops out. Only the effective photon flux for the two measurements matters, which had an uncertainty of ≈3%. Alternatively, one can replace the denominator of Eq. (2) by the unpolarized cross section $2\sigma_0$ measured with a liquid deuterium target [analysis (2)]. For this analysis, the different target densities of the liquid deuterium target and the solid butanol target have to be renormalized (typical uncertainties 4%). Also, small effects (order of 1%) from detection efficiency might contribute because the length of the two targets was different. Finally, an effect could also arise from the tensor polarization of the butanol target which could lead to a difference between the total unpolarized cross section $\sigma_0$ and the sum $1/2(\sigma_{3/2} + \sigma_{1/2})$. For consistency and minimization of systematic uncertainties both analyses used absolutely normalized cross sections determined from the measured yields, photon fluxes, the target density, and the experimental detection efficiency constructed with Monte Carlo simulations using the GEANT4 package [45]. The best estimate of systematic uncertainty not related to polarization degrees comes from the comparison of these two analyses. The agreement between them is quite good; the largest deviations are observed for the proton target below $W = 1.6$ GeV. Whether they arise from instrumental effects or target-tensor polarization cannot be decided. The same was previously observed for the $N\pi^0$ [29], $N\eta$ [37,38], and $N\pi\eta$ [12] final states.

So far, effects from final state interactions (FSI) on polarization observables have not been theoretically investigated. However, the results for other reaction channels for the $E$ observable (single $\pi^0$ production [39], $\eta$ production [38]) did not show significant effects and also the measurement of a different polarization observable, the
The helicity-dependent cross sections $\sigma_{1/2}$ and $\sigma_{3/2}$ were then derived from

$$\sigma_{1/2} = \sigma_0 \cdot (1 + E), \quad \sigma_{3/2} = \sigma_0 \cdot (1 - E). \quad (3)$$

The unpolarized cross sections $\sigma_0$ were taken from Ref. [29]. For the $p\pi^0\pi^0$ final state, the measurement with a liquid hydrogen target was used. For the $n\pi^0\pi^0$ final state, the results measured with a liquid deuterium target were used after correction for FSI under the assumption that they are similar for reactions with bound protons and neutrons [29]. Under this assumption, the experimental data are compared to model results for free nucleons.

The most important results are summarized in Figs. 1–4. In Fig. 1(a), the results for $E$ from analyses (1) and (2) are compared. Systematic deviations are small, which demonstrates that the treatment of the unpolarized background is well under control. For Figs. 1(b)–1(d) the two analyses have been averaged. Statistical uncertainties are highly correlated between the two analyses because these are dominated by the numerator of the asymmetry, which is identical for both analyses. Therefore, the mean of the statistical uncertainties of the two analyses was used for the final results. At invariant masses below 1.5 GeV the results for $E$ and $\sigma_{1/2}$, $\sigma_{3/2}$ for the quasifree proton are compared to free-proton results from Ref. [22]. They agree within statistical fluctuations, so that no indications of residual FSI effects were found.

Differential spectra are shown in Figs. 2–4 for angular distributions and the invariant meson-nucleon and meson-meson distributions. Only a few examples are shown; the full dataset will be published in an upcoming paper. The angle $\theta_{p,\pi^0}$ is the polar angle of the combined two-pion system in the overall CM frame (i.e., within experimental resolution back to back with the recoil nucleon). The invariant-mass distributions of the pion-nucleon system are mostly sensitive to contributing intermediate resonances and the pion-pion invariant masses carry the signal from contributions such as $N^* \rightarrow N \sigma$ involving the $f_0(500)$ meson [36].

The experimental data are compared to the results from the BnGa model [24] and the MAID model [34]. The first is for double-pion production still restricted to the proton...
target. However, it also fits other reaction channels for the proton and also some (e.g., single π⁰ production) for the neutron [39,46,47]. The MAID model tries to describe all isospin channels for double-pion production in the framework of an isobar model with additional nonresonant backgrounds (e.g., Born terms) [34]. This model was refit to all available data for γN → ππN including the new helicity decomposition for γN → π⁰π⁰N.

The comparison of this refit and the previous model results (see Figs. 1–4) demonstrates the large impact of the new data on the analysis. A full account of the impact of the new data on nucleon resonance parameters will be given in another paper. Here, we discuss as example only the helicity-3/2 contributions of the lowest partial waves. The new fit results in the partial waves 3/2⁻, 3/2⁺, 5/2⁻, and 5/2⁺ are shown in Fig. 5. Previous fits to the proton data [24,34] suggested that substantial strength of the second nucleon resonance bump around W=1500 MeV comes from a sequential decay of the N(1520)3/2⁻ resonance via the Δ(1232) state (3/2⁻ wave). This is confirmed and an even more dominant contribution of this partial wave is found for the neutron target. The 3/2⁺ wave has contributions from the N(1720)3/2⁺ state. However, it is also important in the threshold region where no resonance with this quantum numbers exists. The importance of this wave at low energies was already noted in Ref. [28], but it is quantitatively improved by the present data. The two-humped structure in Fig. 5 is mainly the result of interference of the N(1720)3/2⁺ resonance with a wide nonresonant background. There is, however, no clear understanding of the nature of the strong background contribution. As discussed in Ref. [28], at least part of it is related to the π⁺π⁻ → π⁰π⁰ rescattering effect.

The most interesting part is the third resonance region around W = 1700 MeV. So far, there is no agreement between different models about its origin. The double-hump structure of the cross section for the proton is explained in Refs. [24,25] by an interference between the two 3/2⁻ waves with isospin I = 1/2, 3/2, where the I = 3/2 part dominates. On the contrary, in Ref. [34] the peak around W = 1700 MeV is for the proton mainly assigned to the N(1680)5/2⁺ state and significant contributions from the 3/2⁻, I = 3/2 state were excluded. The dominance of N(1680)5/2⁺ was also found in a more recent analysis of the γp → π⁰π⁺p data in Ref. [31], and the present results (see left-hand side of Fig. 5) for the proton

FIG. 3. Left: Invariant-mass distributions of the π⁺π⁻ pairs for different bins of W (1400–1500, 1600–1700, 1800–1900 MeV). Upper row, σ₁/₂; bottom row, σ₃/₂. Right: Same for nπ⁰. Notation as in Fig. 1.

FIG. 4. Invariant-mass distributions of the π⁺π⁺ pairs for different bins of W (1400–1500, 1600–1700, 1800–1900 MeV). Left-hand side for pπ⁺π⁺, right-hand side for nπ⁺π⁺. Upper rows, σ₁/₂; bottom row, σ₃/₂. Notation as in Fig. 1.

FIG. 5. Contribution of several partial waves to the helicity-3/2 component of the total π⁺π⁻ cross sections for protons (left) and neutrons (right), from the isobar model fit (see text). The contribution of the J⁺ = 3/2⁻, 3/2⁺, 5/2⁻, and 5/2⁺ is shown by the dash-dotted (blue), dashed (red), double-dash-dotted (green), and the dotted (magenta) lines, respectively. The black solid line is the total helicity-3/2 cross section.
are also in agreement with it. However, although the excitation functions of the unpolarized cross section for 
the proton and neutron target look quite similar, the present data reveal that the origin of the second maximum is much 
different. For the neutron, the fit to angular and invariant-
mass distributions in the second peak reveals a dominant 
contribution of the 5/2− wave which can be attributed to 
the N(1675)5/2− state (see the right-hand side of Fig. 5) 
and rejects almost completely contributions from the 
N(1680)5/2++.

We wish to acknowledge the outstanding support of 
the accelerator group and operators of MAMI. This 
work was supported by Schweizerischer Nationalfonds 
(200020-156983, 132799, 121781, 117601), Deutsche 
Forschungsgemeinschaft (SFB 443, SFB 1044, SFB/ 
TR16), the INFN-Italy, the European Community-
Research Infrastructure Activity under FP7 programme 
(Hadron Physics, Grant Agreement No. 227431), the UK 
Science and Technology Facilities Council (ST/J000175/1, 
ST/G008604/l, ST/G008582/1,ST/J00006X/1, and ST/ 
L00478X/1), the Natural Sciences and Engineering 
Research Council (NSERC, FRN: SAPPJ-2015-00023), 
Canada. This material is based upon work also supported 
by the U.S. Department of Energy, Office of Science, 
Office of Nuclear Physics Research Division, under 
Awards No. DE-FG02-99-ER41110, No. DE-FG02-
88ER40415, No. DE-FG02-01-ER41194, and NOo.DE-
SC0014323 and by the National Science Foundation, under 
Grants No. PHY-1039130 and No. IIA-1358175.

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