Fabrication of α-Fe$_2$O$_3$ Nanostructures: Synthesis, Characterization, and Their Promising Application in the Treatment of Carcinoma A549 Lung Cancer Cells

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ABSTRACT: In the present work, iron nanoparticles were synthesized in the α-Fe$_2$O$_3$ phase with the reduction of potassium hexachloroferrate(III) by using l-ascorbic acid as a reducing agent in the presence of an amphiphilic non-ionic polyethylene glycol surfactant in an aqueous solution. The synthesized α-Fe$_2$O$_3$ NPs were characterized by powder X-ray diffraction, field emission scanning electron microscopy, transmission electron microscopy, atomic force microscopy, dynamic light scattering, energy dispersive X-ray spectroscopy, Fourier transform infrared spectroscopy, and ultraviolet−visible spectrophotometry. The powder X-ray diffraction analysis result confirmed the formation of α-Fe$_2$O$_3$ NPs, and the average crystallite size was found to be 45 nm. The other morphological studies suggested that α-Fe$_2$O$_3$ NPs were predominantly spherical in shape with a diameter ranges from 40 to 60 nm. The dynamic light scattering analysis revealed the zeta potential of α-Fe$_2$O$_3$ NPs as $-28 \pm 18$ mV at maximum stability. The ultraviolet−visible spectrophotometry analysis shows an absorption peak at 394 nm, which is attributed to their surface plasmon vibration. The cytotoxicity test of synthesized α-Fe$_2$O$_3$ NPs was investigated against human carcinoma A549 lung cancer cells, and the biological adaptability exhibited by α-Fe$_2$O$_3$ NPs has opened a pathway to biomedical applications in the drug delivery system. Our investigation confirmed that l-ascorbic acid-coated α-Fe$_2$O$_3$ NPs with calculated IC$_{50} \leq 30$ μg/mL are the best suited as an anticancer agent, showing the promising application in the treatment of carcinoma A549 lung cancer cells.

1. INTRODUCTION

In the recent past, lung cancer has been the second-most commonly diagnosed cancer in human beings worldwide. In 2019 in the United States, one-fourth of all deaths were due to lung cancer. Recent statistics show that about 228,150 new cases and 142,670 deaths could occur due to lung and bronchus cancer in the USA.\(^1\) To improve the efficacy of lung cancer therapy and minimize its hazardous impacts on healthy tissues and organs, new treatment methods are urgently needed.\(^2\) Recently, interdisciplinary research in nanotechnology has been an emerging area to diagnose a large number of diseases incurable to humans and disastrous to the environment.\(^3\) Nanoparticles (NPs), therefore, in interdisciplinary nanosized fabricated nanostructures have shown potential applications in the fields of medicine, biosensors, and carcinoma treatment due to their microporous and mesoporous discipline.\(^4\) Mesoporous materials have been synthesized using two key approaches: one is the soft-templating method and the other is the hard-templating method with desired morphology.\(^5\) It is mostly synthesized by using the soft-templating method because of the easy approach with a low molecular weight polymer like polyethylene glycol (PEG) as a surfactant.\(^6,7\) Many researchers have employed iron oxide nanoparticles thoroughly because of their unique properties such as low Curie temperature, high magnetic susceptibility, high surface area-to-volume ratio, high surface energy, tunable pore size, and uniform distribution, which provide a high demand for in vivo and in vitro application in the field of biomedical science to targeted drug delivery,\(^8\) magnetic resonance imaging (MRI),\(^9\) cancer hyperthermia,\(^10\) catalysis,\(^11\) biosensing,\(^12\) environmental remediations,\(^13\) and other industrial applications.\(^14\) The use of iron nanoparticles in the...
biomedical field has led to significant advantages in terms of diagnosis,15−20 biomedical detection,21,22 therapy,17 and drug delivery.16,23 The surface morphology and particle size of iron/iron oxide NPs could easily be controlled by a suitable synthetic method, which provides a specific application.15 There are a few reports in the literature on the synthesis of iron oxide NPs, with limited applications because of large agglomeration and difficulty with dispersion in an aqueous medium, which prohibits in vitro application.16,21 On the other hand, polymer-coated iron oxide NPs have gained much attention due to the balancing of magnetic and Van der Waals forces.22 Generally, several synthesis methods such as physical, chemical, and biological methods have been employed for the preparation of iron oxide NPs. These have been investigated to produce more stable, soluble, biocompatible, and size-controlled NPs with desired shapes such as spherical,24 nanoflowers, nanotubes, and nanowires. Several chemical routes such as sol−gel25−27 co-precipitations,28 hydrothermal,29 sonochemical,30 microwave-assisted,31 physical routes as spray pyrolysis,32 chemical reduction,23,33−35 thermal decompositions,36 and green synthesis37 as a biological route were used for the synthesis of metal NPs. Many researchers have successfully synthesized iron-based NPs for their application in in vitro and in vivo analysis37−40 and obtained good results, i.e., Thenmozhi et al. have biosynthesized and characterized iron NPs via Syzygium aromaticum extract and determined their cytotoxicity against breast cancer cell lines.37 Fahmi and Chang have used a facile strategy to enable NPs for simultaneous phase transfer, folate receptor targeting, and cisplatin delivery.41 Ebrahimi et al. have established a novel drug delivery system involving doxorubicin-encapsulated magnetic NPs for chemotherapeutic use to treat lung cancer cell lines.42 An et al. have observed the peroxidase-like activity of Fe3O4@carbon NPs and found it to enhance l-ascorbic acid (LAA)-induced oxidative stress with selective damage to PC-3 prostate cancer cells.43 Calero et al. have assessed the interaction of magnetic NPs with breast cancer cells.44 Therefore, in the present study, we have planned to synthesize iron nanoparticles (α-Fe2O3 NPs) by using PEG as a stabilizer and l-ascorbic acid (LAA) as a reducing agent. LAA has high water solubility and excellent antioxidant property. It is an essential micronutrient due to which it has been used in cancer treatment in recent years as it exists as ascorbate at physiological pH.44,45 However, amphiphilic non-ionic polyethylene glycol (PEG) is used for the preparation of α-Fe2O3 NPs because it behaves as a good stabilizing or capping agent. Moreover, PEG makes a hydrophilic protective layer around the α-Fe2O3 NPs surface, which enhances the half-life in the blood circulation for some time via spatial repulsion rejection. Also, PEG behaves as a bridge that is associated with the targeted ligand through its hydroxy terminal, which can easily bind with the receptors on the cell surface to enhance the targeted drug delivery capacity of α-Fe2O3 NPs.46 The addition of PEG as a stabilizer can improve the efficiency of drug delivery, retard the removal of α-Fe2O3 NPs by the mononuclear phagocytic system (MPS), and also modify some of the physicochemical properties of α-Fe2O3 NPs like stability, drug loading and releasing properties, and mechanical properties of the membrane. However, several reports have already been discussed about the synthesis, characterization, and cytotoxicity test for iron NPs with an α-Fe2O3 phase against human carcinoma A549 lung cancer cells.47,48 Despite

Figure 1. Systematic illustration of the synthesis of α-Fe2O3 NPs.
the fact that the issue of ejection of NP material from the human body is still not satisfactorily resolved, the performed study confirmed that the proposed α-Fe₂O₃ NPs could be a promising candidate for a potential therapeutic compound for the advanced treatment of carcinomas. Hence, this report first describes the synthesis and characterization of α-Fe₂O₃ NPs and then the α-Fe₂O₃ NPs are subjected to evaluation of the cytotoxicity toward human lung cancer cells (A549 cell lines).

2. EXPERIMENTAL SECTION

2.1. Chemicals. Anhydrous iron(III) chloride (98%, Merck), potassium chloride (98%, Merck), and analytical grade polyethylene glycol, ethanol, and l-ascorbic acid (99%) were purchased from Sigma-Aldrich. All the chemicals were utilized without further purification. Double-distilled water (DDW) was used wherever necessary. The glassware was properly washed, sanitized, and autoclaved before use. Additionally, chemicals required for the evaluation of the cytotoxicity of synthesized α-Fe₂O₃ NPs are dimethyl sulfoxide (DMSO), Dulbecco's modified Eagle medium (DMEM), 5% CO₂ and bovine serum albumin (BSA), phosphate-buffered saline (PBS), trypan blue (TB), trypsin-ethylenediaminetetra-acetic acid (TRY-EDTA) solution (0.25%), antibiotic saline (PBS), trypan blue (TB), trypsin-ethylenediaminetetra-acetic acid (TRY-EDTA) solution (0.25%), antibiotic—antimycotic (Ab/Am) solution, and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) dye.

2.2. Synthesis of α-Fe₂O₃ NPs. The synthesis of α-Fe₂O₃ NPs was initiated by mixing the aqueous solution of FeCl₃ and KCl in 1:3 ratios in the presence of polyethylene glycol (PEG) and then the desalted coordination complex (step 1, Figure 1). To get the final product, 20 mL of 10 mM K₃[FeCl₆] was mixed with 1 mg/mL PEG and 40 mL of 0.1 M LAA taken in a round-bottom flask (step 2, Figure 1). The well-explained procedure of the synthesis is represented in Scheme 1, and a systematic illustration of the synthesis of α-Fe₂O₃ NPs is shown in the Figure 1. The mixture was then stirred at 10,000 rpm for 3 h at room temperature. The appearance of a light reddish-brown solution in the flask confirmed the formation of α-Fe₂O₃ NPs. The formed reddish-brown solution was stirred for 2 h at 37 °C and further centrifuged at 10,000 rpm for 25 min, which has a strong plasmon band at 394 nm. After centrifugation, suspended α-Fe₂O₃ NPs were obtained and washed several times with DDW and ethanol to remove the excessive amount of PEG and other contaminants. The α-Fe₂O₃ NPs thus obtained were dried in an oven and collected for further characterization.

2.3. Characterization Techniques. The prepared α-Fe₂O₃ NPs were characterized by the powder X-ray diffraction (XRD) method using an X-ray diffractometer XPERT-3 operated at a voltage of 40 kV and a current of 40 mA. The patterns were recorded as a function of 2θ angle in the range of 20–80° with a step size of 0.01 at a scanning rate of 0.02 steps/s with the help of a monochromatized X-ray beam with a copper filter (Cu-Kα, λ = 1.54178 Å). The surface morphology and elemental analysis of α-Fe₂O₃ NPs were investigated by using field emission scanning electron microscopy (FE-SEM) using a JEOL-2100 transmission electron microscope. Moreover, a Nano Magnetic (hpSPMv1.5) atomic force microscope was also used to observe the surface morphology of α-Fe₂O₃ NPs. The hydrodynamic size and zeta potential of α-Fe₂O₃ NPs were evaluated with the help of a Zetasizer ZS90 Nano Series Malvern Instrument for dynamic light scattering (DLS). The α-Fe₂O₃ NPs were sonicated for 15 min for complete dispersion. A UV–visible double-beam spectrophotometer (Lab UV NexGen) equipped with an A-100 constant temperature sipper system was used for recording the UV–visible spectra of the colloidal α-Fe₂O₃ NPs in the region of 350–500 nm and also for the determination of the λₘₐₓ value. The wavenumber (1/λₘₐₓ) detection of the surfactant and l-ascorbic acid was estimated through a Fourier transform infrared (FTIR) spectrophotometer (Shimadzu: IR Affinity-1S).

3. RESULTS AND DISCUSSION

3.1. Powder XRD Study of α-Fe₂O₃ NPs. The powder XRD pattern is a useful tool for determining the structural
Figure 3. (a–d) FE-SEM images and (e) EDX profile of $\alpha$-Fe$_2$O$_3$ NPs.
The degree of crystallinity of the synthesized α-Fe₂O₃ NPs was determined via powder XRD analysis. Figure 2a shows powder XRD patterns of α-Fe₂O₃ NPs having a number of characteristic peaks (2θ) at diffraction angles of 28.43°, 32.03°, 40.62°, 45.31°, 50.23°, 58.56°, 66.61°, and 74.14° corresponding to indices (210), (104), (113), (411), (1024), (112), (541), and (101), respectively. The crystal structure of α-Fe₂O₃ NPs was well matched with JCPDS card numbers 33-0664 and 34-1266. The average crystallite size (D) of synthesized α-Fe₂O₃ NPs was calculated using Debye—Scherrer’s relation and was found to be 45 nm (mesoporous range). The Williamson–Hall (W-H) plot given in Figure 2b was also used to calculate the grain size as well as the strain of the α-Fe₂O₃ NPs.  

\[ \beta \cos \theta = \frac{k}{D} + e \sin \theta \]  

(1)  

\[ \delta = \frac{1}{D^2} \]  

(2)  

The W-H plot depicted the plot of \( \beta \cos \theta / \lambda \) against \( e \sin \theta / \lambda \) from which strain \( (\varepsilon) \) was calculated from the slope of the straight line (eq 1). The crystallite size was estimated from the intercept on \( \beta \cos \theta / \lambda \) corresponding to zero strain. The strain \( (\varepsilon) \) and crystallite size \( (D) \) of synthesized α-Fe₂O₃ NPs were calculated and found to be 0.02452 and 45.37 nm, respectively, where a positive sign indicated tensile strain. The strain in α-Fe₂O₃ NPs is due to the defects arising from cation and anion vacancies. It also explains the little agglomeration by weak Van der Waals forces. The line dislocation density \( (\delta) \) of α-Fe₂O₃ NPs was 4.858 \( \times 10^{14} \) m⁻² calculated by using eq 2.  

### 3.2. Analysis of the Morphology of α-Fe₂O₃ NPs

The morphological analysis of α-Fe₂O₃ NPs is shown in Figure 3a–d as FE-SEM micrographs. The FE-SEM micrographs of α-Fe₂O₃ NPs at different magnifications including 10.0 kx, 50.0 kx, 100.0 kx, and 150.0 kx are shown in Figure 3a–d. These FE-SEM micrographs show that α-Fe₂O₃ NPs are of spherical shape with the size range between 40 and 60 nm. Moreover, a little agglomeration was observed in FE-SEM micrographs. This might be due to the strong attractive interaction between the oxy (—O—) groups of PEG. It also reveals that the surface of α-Fe₂O₃ NPs is closely packed. The FE-SEM micrographs of α-Fe₂O₃ NPs show good resemblance with the result reported by Kung et al. for the synthesis of α-Fe₂O₃ NPs obtained by using tea leaf extract. The observed irregularity in FE-SEM images indicates that the prepared α-Fe₂O₃ NPs contain a large volume of heat. The composition of synthesized α-Fe₂O₃ NPs was investigated by using energy dispersive X-ray (EDX) spectroscopy analysis as shown in Figure 3e. The EDX profile confirmed the presence of iron (Fe) and also detected the presence of Cl, K, O, and C elements at approx. 2.5, 3.4, 0.5, and 0.3 keV in it, respectively. The presence of other elements was confirmed, which supported the idea that PEG stabilizes α-Fe₂O₃ NPs. However, the presence of K and Cl might be due to improper washing of α-Fe₂O₃ NPs. Using FE-SEM micrographs, the calculated particle size of α-Fe₂O₃ NPs shows good agreement with the particle size calculated from transmission electron microscopy (TEM) and powder X-ray diffraction analysis (vide infra).  

A transmission electron microscopy (TEM) image of the synthesized α-Fe₂O₃ NPs at a resolution of 200 nm is shown in Figure 4. It is clearly seen from the TEM image that the morphology of the sample shows approximately spherical particles having a diameter ranging from 50 to 60 nm. Along with this, the two-dimensional (2-D) and three-dimensional (3-D) surface morphological analyses of synthesized α-Fe₂O₃ NPs by atomic force microscopy (AFM) in dynamic mode are also shown in Figure 5a,b. Figure 5a explains that the particles of α-Fe₂O₃ NPs are spherical having a diameter range of 60–80 nm and are well connected. Figure 5b represents the height profile of α-Fe₂O₃ NPs, which was found to be 765.40 nm. The root mean square (RMS) roughness of α-Fe₂O₃ NPs was found to be 28.64 nm.  

### 3.3. Particle Size and Zeta Potential Estimation of Prepared α-Fe₂O₃ NPs

The hydrodynamic size and zeta potential (ZP) of α-Fe₂O₃ NPs were assessed by the DLS analysis. The hydrodynamic diameter involves the inorganic core, i.e., metal and the functional group adsorbed onto the surface of NPs. Thus, the size estimated by DLS is larger due to the stabilization of α-Fe₂O₃ NPs by the functional groups of PEG. A plot for the size distribution of α-Fe₂O₃ NPs is shown in Figure 6a. It explains that the particles’ size was distributed in the range of 70–100 nm, while most population falls at around 85 nm. Figure 6b shows that the zeta potential curve of α-Fe₂O₃ NPs was estimated between −100 and +100 mV. The zeta potential (ZP) investigation of the synthesized α-Fe₂O₃ NPs is an essential factor for deciding the surface charge on the NPs in the colloidal phase and their stability. The measured ZP value was −28 ± 18 mV, which demonstrates that the surface of α-Fe₂O₃ NPs is negatively charged and thus maintains their stability. Hence, it can be assumed that a high ZP value leads to an increase in the physical stability of α-Fe₂O₃ NPs and further provides a versatile approach toward biomedical or pharmaceutical utility.  

### 3.4. UV–Visible (UV–Vis) Spectroscopy Analysis of Prepared α-Fe₂O₃ NPs

The synthesized α-Fe₂O₃ NPs were also characterized using the UV–visible spectral analysis.
recorded in the wavelength range of 350–500 nm, as shown in Figure 7. The formation of α-Fe2O3 NPs using the K3[FeCl6] coordination complex was confirmed as the absorption peak was found at 394 nm. The present result correlates with the already reported results by many researchers.52 The single and sharp peak at 394 nm in the UV–Vis absorption spectra also confirmed that the α-Fe2O3 NPs are of spherical morphology.48,53

3.5. FTIR Analysis of α-Fe2O3 NPs. The FTIR analysis was performed to gain information about the functional groups adsorbed on the surface of α-Fe2O3 NPs. The FTIR spectra of the synthesized α-Fe2O3 NPs were recorded, pellets were made using spectroscopic grade KBr in the wavenumber range of 4000 to 500 cm$^{-1}$ in the diffuse reflectance mode, and the interaction of synthesized α-Fe2O3 NPs with functional groups of LAA and PEG was investigated. Figure 8 clearly exhibits several absorption bands at 3420, 2930, 1625, 1465, 1270, 973, 665, and 570 cm$^{-1}$. The broad absorption band at 3420 cm$^{-1}$ corresponds to the $-\text{OH}$ stretching frequency, which confirms the presence of hydrogen bonding between LAA and PEG-coated α-Fe2O3 NPs, while the band at 2930 cm$^{-1}$ represents the sp$^3$ −CH stretching frequency of LAA.54 Bands located at 1625 and 1465 cm$^{-1}$ are due to the carbon−carbon double bond and the enolic hydroxy group of LAA, respectively. A band at 1270 cm$^{-1}$ is due to the C−O stretching vibration of LAA.55 A weak band at 973 cm$^{-1}$ is due to the out-of-plane bending vibration of C−H of the adsorbed PEG on the surface of α-Fe2O3 NPs. The absorption bands in the fingerprint region at 665 and 573 cm$^{-1}$ are due to the Fe−O interaction of α-Fe2O3 NPs.48,56

3.6. In Vitro Cell Line Assay for the Cytotoxicity of α-Fe2O3 NPs. The viability of cells with α-Fe2O3 NPs was investigated against human lung cancer cells (A549 cell line, ATCC, Rockville, Manassas, VA, USA) as a model system. The cells were seeded at a seed density of 7500 cells/well in 96-well plates. The cells were seeded in a CO2 atmosphere incubated at 37 °C and a humidified atmosphere of 5% (v/v) CO2 for a day until 80% confluency was reached. Dulbecco’s modified Eagle medium (DMEM) supplemented with 2 mM L-glutamine and 10% (v/v) fetal bovine serum (FBS) was used as a culture medium.23 Phosphate-buffered saline (PBS; 0.01 M) was used to rinse the cultured cells, and then the cells were treated with a solution of TRY-EDTA followed by DMEM for resuspension. Later on, the A549 cells were treated with α-Fe2O3 NPs at a concentration range of 15–60 μg/mL. The A549 cells were again incubated at 37 °C in 5% CO2 for the next day, and a control group corresponding to untreated cells with ethanol and acetic acid was formulated. After the treatment, cells were determined using an MTT assay in which the complex medium was removed from the wells and the cells were washed with phosphate-buffered saline (PBS). MTT was removed and solubilizing solution (200 μL of DMSO) was added to the wells of 96-well plates. The plates were incubated for half an hour to 3 h at 37 °C until an intracellular purple formazan crystal was visible under a microscope. MTT was removed and solubilizing solution (200 μL of DMSO) was added to cells. The absorbance of the solution was monitored by a UV–visible spectrophotometer with a microplate at a fixed wavelength using a microplate reader (BIO-RAD Model 680). For statistical investigation, GraphPad Prism was used. The cytotoxicity of α-Fe2O3 NPs was investigated against A549
lung cancer cell lines in the range of 15–60 μg/mL using a reference blank in terms of percentage cell viability. The percentage (%) cell viability was calculated by using the following formula:\textsuperscript{40}

\[
\text{% cell viability} = \frac{[(\text{control absorbance}) - (\text{test absorbance})]}{\text{(control absorbance)}} \times 100
\]

The percentage (%) cell viability was estimated as a measure of the cytotoxicity of α-Fe2O3 NPs at different concentrations, i.e., 15 to 60 μg/mL. The percentage (%) viability of A549 cells treated with α-Fe2O3 NPs was decreased at a significant level when compared to control blank. The standard graph of A549 lung cancer cell lines loaded with α-Fe2O3 NPs is plotted in Figure 9a. Moreover, the main difference between a conventional drug whose nature is similar to α-Fe2O3 NPs and the prepared α-Fe2O3 NPs is that it reduces the adverse effects or severity. However, depending upon doses, both of them show different percentages (%) of cell viability. The efficacy of both can be compared by calculating the 50% inhibitory concentration, i.e., IC\textsubscript{50} value, the concentration required for

50% inhibition \textit{in vitro} of α-Fe2O3 NPs. The calculated IC\textsubscript{50} value of ≤30.0 μg/mL indicated the best therapeutic efficacy in the biological system, i.e., against human lung cancer cells (A549 cell lines). Figure 9b clearly shows that the % cell viability decreases with an increase in concentration (μg/mL), indicating that the synthesized α-Fe2O3 NPs were active against A549 cell lines. Therefore, we can say that α-Fe2O3 NPs may be beneficial from a drug design perspective with respect to the standard drug Adriamycin. Microscopic observation of cells treated with α-Fe2O3 NPs with increased concentration was carried out as an appropriate control, as shown in Figure 9c. The treatment of A549 lung cancer cell lines with α-Fe2O3 NPs inhibited the proliferation of cell lines in a time-dependent and dose-dependent manner. It was observed that the morphology was lost effectively with the treatment of α-Fe2O3 NPs at higher concentrations and debris was collected at a concentration range of 15 to 60 μg/mL with the most complete destruction of cells.\textsuperscript{39,40}

4. CONCLUSIONS

The present work deals with the synthesis of α-Fe2O3 NPs using LAA and PEG as reducing and stabilizing agents, respectively. The formation of α-Fe2O3 NPs was preliminarily confirmed by obtaining a reddish-brown colloidal solution. A sharp plasmonic band at 394 nm was observed in the absorption spectra, which further confirms the formation of α-Fe2O3 NPs. From the morphological analysis, it has been clear that α-Fe2O3 NPs are of spherical shape with the average size ranging from 40 to 60 nm. The presence of iron in α-Fe2O3 NPs was confirmed by EDX analysis. However, remaining peaks in the EDX profile show that α-Fe2O3 NPs are stabilized by several functional groups. Further, this aspect is also confirmed by FTIR and DLS analyses. Several bands in the FTIR spectra prove that α-Fe2O3 NPs are stabilized by LAA and PEG. The hydrodynamic size of α-Fe2O3 NPs was found to be 85 nm with a zeta potential of −28 ± 18 mV. It shows that α-Fe2O3 NPs are physically stable with negative surface charge density, and consequently, they provide a versatile approach toward biomedical or pharmaceutical utility. These α-Fe2O3 NPs were subjected to cytotoxicity against human lung cancer cells (A549 cell line). The calculated IC\textsubscript{50} value of ≤30.0 μg/mL indicated the best therapeutic efficacy in the biological system. Conclusively, the prepared α-Fe2O3 NPs were successfully utilized in the treatment of human lung cancer cells (A549 cell line) after several proper clinical trials.

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Notes
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