### Narrative Review Checklist

| Section/Topic | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------|---------|----------------------------------------------------------------------|------------------------------------|-----------------------------|
| TITLE         | 1       | Identify the report as a Narrative Review of …                        | 1/3, 4                             | First page                  |
| ABSTRACT      | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2/36, 54                          | Abstract                    |
| INTRODUCTION  | 3       | Describe the rationale for the review in the context of what is already known. | 3-5/59, 130                       | Introduction                |
|               | 4       | Specify the key question(s) identified for the review topic.          | 5/130, 132                        | Introduction                |
| METHODS       | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 6/135, 138                        | Methods                     |
| DISCUSSION/SUMMARY | 6 | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 6-16/139, 403                     | Narrative                   |
|               | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 16-19/404, 472                    | Summary                     |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.*

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