ARTICLE

Measurement Analysis of Specific Absorption Rate in Human Body Exposed to a Base Station Antenna by Using Finite Difference Time Domain Techniques

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ARTICLE INFO

Article history
Received: 22 October 2021
Accepted: 18 November 2021
Published Online: 23 November 2021

Keywords:
Specific Absorption Rate (SAR)
Electromagnetic wave
Mobile basic station
Public health safety
RF waves

ABSTRACT

The system analysis of specific absorption rate (SAR) in human body exposed to a base station antenna by using finite difference time domain techniques was presented in this research works. The objectives of this work are to evaluate the knowledge and awareness about SAR among human body and mobile base station. The paper investigates the electromagnetic wave absorption inside a human body. The human body has been identified using dataset based on 2D object considering different electrical parameters. The SAR convinced inside the human body model exposed to a radiating base station antenna (BSA) has been considered for multiple numbers of carrier frequencies and input power of 20 W/carrier at GSM 900 band. The distance (R) of human body from BSA is varied in the range of 0.1 m to 5.0 m. For the number of carrier frequency equal to one and R = 0.1 m, the concentrated value of whole-body average SAR obtained by FDTD technique is found to be 0.68 W/kg which decreases either with increase of R or decrease of number of carrier frequencies. Safety distance for general public is found to be 1.5 m for number of carrier frequencies equal to one. The performance accuracy of this analysis meets the high level condition by comparing with the relevant system development in recent time.

1. Introduction

5G wireless communications system is a vital role to enhance the high speed telecommunication in modern era. The demand for huge amount of users would like to meet the specifications of 5G technology. Network Planning is the interconnection of an assortment of shards of paraphernalia to apportion resources amongst abundant users. Radio Network Planning (RNP) plays a noteworthy protagonist in the development of cellular design modeling. The Optimization practice for Network planning based on high performance antenna system could be valued of contemporary research accomplishments in academic societies. The antenna systems are very important in high performance telecommunication system and the radiation effects are affected to human body and head near the base stations due to the radio network planning and optimiza-
Enterprises have need of own up a restrictively extraordinary the same time, a number of interchanges should be picked of point-of appearance-based imprisonment structures. At reveal structures can fundamentally expand the accuracy cant portion of the radiated power through human body. The body tissues absorb a significantly smaller and base stations are established in close macro, micro, pico and femtocells, which have confined indemnification expanses so long as contributions in apportioned expanses with virtuous sized information rates and prominence. A significant investigation on D2D communications in cellular networks. D2D communications had many advantages in contrast to conventional mobile networks can be found in [3]. The localization in 5G Green Network (5G-GN) for futuristic cellular communication is also based on the optimal arrangement of antenna system. The radiation patterns are based on the cell organization and administration in 5G green system. The productive strategies to alleviate/abuse multipath spread, the identification of view accessibility, or time synchronization plans for independent radio handsets shall be created for high performance antenna system and their radiation effects on human body. The 5G Green Network (5G-GN) is an essential enabling improvement to widespread the inevitable information transmission from antenna system in base station. With some degree of enlargement in the number of clients and their entitlements for quality succor, energy consumption is having faith in upon to very augmentation [4]. The wireless cellular system [5] could provide the modern mobile telecommunication and the covering area is divided into a number of cells in a cellular system. A group of cells is being distributed over the frequency band allocated to a cellular system for an operator. An allocated base station which keeps track of the mobile phones within its range covers each cell. Each cell connects them to the telephone network and handles carry-over to the next base station when a client is leaving the coverage area [6]. The bounds of cells may diverge in size as stated by the desired capacity and geographical area to be covered [7]. In the recent digital mobile phone systems, cell sizes became much smaller and base stations are established in close of houses, schools etc., in densely populated areas. The transmitting mobile telephone BSA always radiate electromagnetic (EM) waves and those waves directly pass through human body. The body tissues absorb a significant portion of the radiated power [8]. Enormous radio wire reveal structures can fundamentally expand the accuracy of point-of appearance-based imprisonment structures. At the same time, a number of interchanges should be picked up both at the paraphernalia space and at the sign concocting area. Precise off the bat, entirely unconventional enterprises have need of own up a restrictively extraordinary quantity of RF-to-Base-Band chains. Impenetrable radio wire constellations contemporary united coupling, unpredictable gains, and stage antiphon effects that necessitate an enhanced strategy and modification processes. The nature of human body is non-homogeneous and anisotropic. Inside the human body, absorption of EM waves at radio frequency (RF) creates standing waves, which causes localized hot spots [9]. The energy absorptions owing to localized hot spots might result in boils, drying up the fluids around eyes, brain, joints, heart, abdomen, etc. Higher level of non-ionizing radiation might destruction DNA of the living tissues [10-12]. Huge number of investigations on the harmful effects of mobile telephone BSAs are accessible in much literature but very little of that are obtainable on the effects on health [13]. The ability of the mm-Wave antenna array is in receipt of progressively momentous, predominantly for enclosed circumstances. Without a doubt, the exploitation of disinterested one anchor will document the mismanagement of a comparable structure exploited for correspondences, equally for positioning commitments. The current international safety guidelines or standards had been recognized for avoiding or limiting the potentially harmful acquaintances of human head and other body parts from the adversative biological effects due to RF exposure [14,15]. Electromagnetic Radiation is the energy propagation as electromagnetic waves or subatomicic elements over and done with a vacuum, space or some material. The electromagnetic radiation is the propagation of energy from end to end an amalgamation of equivocating electric and magnetic fields; the radiation fashioned as electromagnetic fields is called electromagnetic radiation.

In this work, the measurements of SAR in Human Body Exposed to a Base Station Antenna are conducted according to the electromagnetic theory and the measured data are observed the secured location of human near the base station for telecommunication networks. The acceptable limits for permittivity of human body is 11.69, 7.98, 6.40, and 5.60 for 40, 60, 80, and 100 GHz for skin and the conductivity of human body is 31.78, 36.38, 38.38, and 39.42 for 40, 60, 80, and 100 GHz for skin. Over those values, the human would be harmful condition. The value of Max. SAR (10g ave.), W/kg is less than by comparing with the recent research works and the amount is 0.68 W/kg. It was the robust value for safety condition in real world situation. In this work, the human body was defined as the rectangular box for only simulation measurement purposes.

The paper is organized as follows. Section II presents the System Model on SAR analysis. Section III mentions the implementation procedures with appropriate flowchart. Section IV discusses on the simulation results with perfor-
mance comparison table based on recent research works in the literature. Section V concludes the presentation of research works.

2. Background Knowledge on FDTD Techniques

The finite difference time domain (FDTD) technique is an effective and efficient scheme for analyzing the radiation effects on human body and electromagnetic simulation for time domain condition in advanced antenna system \cite{16}. The computerized FDTD techniques for electromagnetics simulation to analyze the high power devices fabrication which was oriented to interface energy are discussed in \cite{17}. FDTD method is a renowned preparation for the exploration of electromagnetics simulation for research purposes \cite{18}. That preparation can elucidate a discretised Schrödinger equation in an iterative advancement. Nonetheless, the procedure offers only a second-order exact numerical clarification and essentials that the spatial grid size and time step should persuade a very limited condition in order to forfend the numerical clarification from departing. The details depiction on FDTD technique is discoursed in the following sections. The approximating the time derivatives is prearranged.

An instinctive first conjecture at approximating the time derivatives in Maxwell’s Equation is

\[
\nabla \times \mathbf{E}(t) = -\frac{\partial \mathbf{H}(t)}{\partial t} = \frac{\mathbf{H}(t+\Delta t) - \mathbf{H}(t)}{\Delta t} \tag{1}
\]

\[
\nabla \times \mathbf{H}(t) = \frac{\partial \mathbf{E}(t)}{\partial t} = \frac{\mathbf{E}(t+\Delta t) - \mathbf{E}(t)}{\Delta t} \tag{2}
\]

We modify the finite difference equations so that each term exists at the equivalent point in time.

\[
\nabla \times \mathbf{E}(t) = -\frac{\partial \mathbf{H}(t)}{\partial t} = \frac{\mathbf{H}(t+\Delta t/2) - \mathbf{H}(t-\Delta t/2)}{\Delta t} \tag{3}
\]

\[
\nabla \times \mathbf{H}(t) = \frac{\partial \mathbf{E}(t)}{\partial t} = \frac{\mathbf{E}(t+\Delta t/2) - \mathbf{E}(t)/2}{\Delta t} \tag{4}
\]

These equations will acquire disorganised if we embrace interpolations.

We wobble E and H in time so that E occurs at integer time steps (0, \(\Delta t, 2\Delta t, \ldots\)) and H occurs at half time steps (\(\Delta t/2, t+\Delta t/2, 2t+\Delta t/2, \ldots\))

\[
\mathbf{H}(t+\Delta t/2) = \mathbf{H}(t-\Delta t/2) \tag{5}
\]

\[
\mathbf{E}(t+\Delta t) = \mathbf{E}(t) + \Delta t \left( \nabla \times \mathbf{H}(t+\Delta t/2) \right) \tag{6}
\]

We will knob the spatial derivatives in \(\nabla \times\) next lecture in a very comparable routine. Figure 1 shows the essential process for FDTD procedure.

Assume Only Diagonal Tensors

\[
\frac{\partial \mathbf{E}_x}{\partial x} = \frac{\partial \mathbf{H}_y}{\partial z} - \frac{\partial \mathbf{H}_z}{\partial y} + \frac{\partial \mathbf{E}_y}{\partial z} - \frac{\partial \mathbf{H}_x}{\partial y} + \frac{\partial \mathbf{E}_z}{\partial y} - \frac{\partial \mathbf{H}_x}{\partial z} \tag{7}
\]

Final Analytical Equations are as follows:

\[
\frac{\partial \mathbf{E}_x}{\partial z} - \frac{\partial \mathbf{H}_y}{\partial y} + \frac{\partial \mathbf{E}_y}{\partial x} - \frac{\partial \mathbf{H}_z}{\partial z} + \frac{\partial \mathbf{E}_z}{\partial x} - \frac{\partial \mathbf{H}_x}{\partial x} = \frac{1}{c_0} \left[ \frac{\partial \mathbf{E}_x}{\partial t} + \frac{\partial \mathbf{E}_y}{\partial y} + \frac{\partial \mathbf{E}_z}{\partial z} \right] \tag{8}
\]
The prevailing equations for verdict the finite difference condition are revealed in the succeeding section. In the beginning, the finite difference equations for \( H_x \), \( H_y \), and \( H_z \) for magnetic field expressions. Figure 2 to 7 show the specifics conception for magnetic field intentions from Maxwell’s equations.

\[
\begin{align*}
\frac{\partial \widetilde{H}_x}{\partial y} \cdot \frac{\partial \widetilde{H}_y}{\partial z} &= + \frac{\varepsilon_{xx}}{C_0} \frac{\partial E_x}{\partial t} \\
\frac{\partial \widetilde{H}_x}{\partial z} \cdot \frac{\partial \widetilde{H}_z}{\partial x} &= + \frac{\varepsilon_{yy}}{C_0} \frac{\partial E_y}{\partial t} \\
\frac{\partial \widetilde{H}_y}{\partial x} \cdot \frac{\partial \widetilde{H}_x}{\partial y} &= + \frac{\varepsilon_{zz}}{C_0} \frac{\partial E_z}{\partial t}
\end{align*}
\]  

Figure 2. Equation of Finite Difference for \( H_x \)\textsuperscript{[18]}

\[
\frac{E_{y,i,j,k+1} - E_{y,i,j,k}}{\Delta y} + \frac{E_{y,i,j,k} - E_{y,i+1,j,k}}{\Delta y} = \mu_{zz} \frac{\partial \widetilde{H}_z}{\partial t}
\]

Figure 3. Equation of Finite Difference for \( H_y \)\textsuperscript{[18]}

\[
\frac{\partial E_x}{\partial z} \cdot \frac{\partial E_x}{\partial x} = \frac{\mu_{yy}}{C_0} \frac{\partial \widetilde{H}_y}{\partial t}
\]

Figure 4. Equation of Finite Difference for \( H_z \)\textsuperscript{[18]}

\[
\frac{\mu_{xx}}{C_0} \frac{\partial \widetilde{H}_x}{\partial t}
\]

Figure 5. Equation of Finite Difference for \( E_x \)\textsuperscript{[18]}

\[
\frac{\partial \widetilde{H}_z}{\partial y} \cdot \frac{\partial \widetilde{H}_y}{\partial z} = + \frac{\varepsilon_{xx}}{C_0} \frac{\partial E_x}{\partial t}
\]
The interminably intensifying diffusion of cellular phones has conveyed about an enlarged apprehension for the imaginable significance of electromagnetic radiation on human health. The dispersal of mobile phones has fetched about a greater than before disquiet for the promising values of electromagnetic radiation on the health of human being, in particular for children. In point of fact, when a cellular phone is tied down, the transmitting antenna is positioned very close to the head of user where a considerable part of the radiated power from the base station antenna is engrossed. It is problematic to experimentally measure SAR or EM field scatterings inside human body. Consequently, innumerable numerical techniques tragedy substantial roles to compute EM field constituents and SAR inside human body. FDTD scheme is one of the extensively utilized performances to act out the EM field scatterings in three dimensional configurations. The electrical properties of innumerable biological tissues, permittivity and conductivity are very significant by SAR scheming. The permittivity and conductivity hinge on frequency of the targeted system. Several parameters by SAR scheming with EMF from mobile phone are effective frequency and base station antenna power, mutual positions of the device and head intention to the device and size of human head. The FDTD technique has been utilized for voluminous applications together with conniving SAR and convinced currents in the human body and so on. In order to contemplate the effects of electromagnetic waves created from mobile phone, a planar body model has been chosen such as human body. It anticipated that a plane electromagnetic wave is incident horizontally onto the human body slabs of medium in x- direction, which electric field is in y-direction. The model consists of human body having dielectric properties for human body differ according to the frequency cogitate. There are voluminous media that have a loss term identified by conductivity. These loss term consequences in the attenuation of the propagating energy. Yet again we will jolt with the time dependent Maxwell equation, but we will transcribe them in a supplementary broad-spectrum form, which will countenance us to simulate proliferation in media that have conductivity are in Equation (1). The FDTD technique has been used for conniving SAR values for models of adults’ human body, at 900 and 1800 MHz systems.

The full human body model has been constructed from rectangle shape in MATLAB which is based on reference points of a 30-year-old physically normal male weighing 80 kg and measuring 1.0m in height. To simplify the nu-

(EMI), Electromagnetic compatibility (EMC).

3. System Model

The interminably intensifying diffusion of cellular phones has conveyed about an enlarged apprehension for the imaginable significance of electromagnetic radiation on human health. The dispersal of mobile phones has fetched about a greater than before disquiet for the promising values of electromagnetic radiation on the health of human being, in particular for children. In point of fact, when a cellular phone is tied down, the transmitting antenna is positioned very close to the head of user where a considerable part of the radiated power from the base station antenna is engrossed. It is problematic to experimentally measure SAR or EM field scatterings inside human body. Consequently, innumerable numerical techniques tragedy substantial roles to compute EM field constituents and SAR inside human body. FDTD scheme is one of the extensively utilized performances to act out the EM field scatterings in three dimensional configurations. The electrical properties of innumerable biological tissues, permittivity and conductivity are very significant by SAR scheming. The permittivity and conductivity hinge on frequency of the targeted system. Several parameters by SAR scheming with EMF from mobile phone are effective frequency and base station antenna power, mutual positions of the device and head intention to the device and size of human head. The FDTD technique has been utilized for voluminous applications together with conniving SAR and convinced currents in the human body and so on. In order to contemplate the effects of electromagnetic waves created from mobile phone, a planar body model has been chosen such as human body. It anticipated that a plane electromagnetic wave is incident horizontally onto the human body slabs of medium in x- direction, which electric field is in y-direction. The model consists of human body having dielectric properties for human body differ according to the frequency cogitate. There are voluminous media that have a loss term identified by conductivity. These loss term consequences in the attenuation of the propagating energy. Yet again we will jolt with the time dependent Maxwell equation, but we will transcribe them in a supplementary broad-spectrum form, which will countenance us to simulate proliferation in media that have conductivity are in Equation (1). The FDTD technique has been used for conniving SAR values for models of adults’ human body, at 900 and 1800 MHz systems.

The full human body model has been constructed from rectangle shape in MATLAB which is based on reference points of a 30-year-old physically normal male weighing 80 kg and measuring 1.0m in height. To simplify the nu-
merical calculations, resolution of the human body is reduced to dimensions of 5.0 m width and 1.0 m height. The BSA used in the simulation is representative of BSAs for vertical polarization in the frequency range from 870MHz to 960 MHz. Geometry of the antenna model is reasonably close to that of the K730370 antenna and available in the literature \cite{19,20}. Transmitted power from BSA is equal to 20 W/carrier.

**Specific Absorption Rate Calculation Model**

And specific absorption rate in units of (W/kg) is the utmost imperative dosimetric constraint for the estimation of the acquaintance hazard at radio and microwaves frequencies. From the congregated elucidations, the local SAR at (i,j,k) th cell inside the entire body is achieved from the succeeding equation:

\[
SAR_{\text{local}} = \frac{\sigma_{\text{head}}}{2 \rho_{\text{body tissue}}} \left| E_{\text{base station}} \right|^2 \left( \frac{W}{kg} \right)
\]

(23)

Where, \(E_{\text{base station}}\) is the electric field (V/m) at the base station, \(\sigma_{\text{head}}\) = conductivity of the head (S/m), and \(\rho_{\text{body tissue}}\) = mass density of the body tissue (kg/m\(^3\)). In this research work, the relationship between electric field, power of absorption and specific absorption rate have been appraised in life tissue of the human whole body.

**Implementation**

The system flowchart for analysis on Electromagnetic Radiation and SAR in Human Body Exposed to a Base Station Antenna by Using FDTD Techniques is shown in Figure 8. In this flowchart, the initialization of values for FDTD simulation on SAR calculation has to be done first. The boundary condition for FDTD was specified. The source of radiation from base station antenna has to be created by using MATLAB. The radiation spectra on human body based on SAR was analyzed. Finally, the results of Electromagnetic Radiation and Specific Absorption Rate in Human Body Exposed to a Base Station Antenna by Using FDTD Techniques were displayed.

The FDTD time step for simulated measurement on SAR values could be chosen in arbitrarily. In this work, the significant results could be observed with the time step in the screenshot results of FDTD measurement in this paper. The color region is only mentioned for the radiation effect on human body with low level intensity (blue color) and high level intensity (yellow color) in the screenshot results in the following section.

**4. Results and Discussions**

At first, the electromagnetic radiation with respect to FDTD time steps from 0 to 400 was implemented. According to the position of human body, the SAR on human body could be calculated by using FDTD techniques. The human body is located at 5m away from the base station antenna. And then the source of radiation will be generated the electromagnetic wave to human body. The SAR calculation was done during the FDTD calculation. Figure 9 shows the Electromagnetic Radiation w.r.t FDTD Time Step at 17. At that time step, it was the initial wave from source of radiation from the base station antenna. Figure 10 illustrates the Electromagnetic Radiation w.r.t FDTD Time Step at 106. The intensity of radiation field from the antenna was changed in that time step. Figure 11 mentions the Electromagnetic Radiation w.r.t FDTD Time Step at
182. In this time step, the radiation intensity was totally changed before reaching the human body. Figure 12 demonstrates the Electromagnetic Radiation w.r.t FDTD Time Step at 274. In this figure, the radiation wave pass through the human body and the effect would be found on the human body. Figure 13 presents the Electromagnetic Radiation w.r.t FDTD Time Step at 340. Figure 14 displays the Electromagnetic Radiation w.r.t FDTD Time Step at 400. In this figure, the intensity of radiation wave was changed for the boundary of FDTD windows. The highest intensity was on human body. Figure 15 points out the Radiation Spectra on Human Body with FDTD Simulation for SAR at 0.68 W/Kg. The SAR value was found at 0.68 W/Kg and it was the exact position of human body away from the base station antenna. The safety location is at 1.5 m from the base station antenna. This is a huge time enlargement over FDTD computations for human body models that necessitate all-embracing calculating power. In addition, our methodology is as good as in high level accuracy.
Figure 14. Electromagnetic Radiation w.r.t FDTD Time Step at 400

Figure 15. Radiation Spectra on Human Body with FDTD Simulation for SAR at 0.68 W/Kg

### Statistic Tables for Measurement Results

Frequency and intensity of the incident EM field agrees the acquaintance bounds. The bounds are established bearing in mind the average whole body SAR not exceeding 0.4 W/kg for workers and 0.08 W/kg for general public, accompanied by experimentally strongminded inception of 4 W/kg. The development of SAR analysis on human body is summarized in Table 1 by comparing with the recent researches. There are two parameters for comparison. The first one is distance from base station and this work could provide the suitable location from base station. The distance from base station to human body is 1.5 meters. The value of Max. SAR (10g ave.), W/kg is less than in

![Table 1. Statistic Tables for Measurement Results on SAR Analysis for Human Body](https://doi.org/10.30564/ssid.v3i2.3861)

| Research | Contribution | Distance from Base Station | Max. SAR (10g ave.), W/kg |
|----------|--------------|---------------------------|--------------------------|
| This Work | Human Body   | 1.5 m                     | 0.68                     |
| [21]     | Human Head   | Not Mentioned             | 0.7684                   |
| [22]     | Human Head   | Not Mentioned             | 2.12071                  |

The SAR scattering and temperature increase have been appraised in a human body model exposed to the RF wave radiated from base station antennas. The achieved outcomes endorse the prominence of carrying out a thermal analysis in cooperation with the dosimetric one. According to the simulated measurement for SAR on human body, the secured distance is 1.5 m around the BSA because the omnidirectional antenna is used in the base station. The effect could be different in different parts of the body since the distance in terms of height converts to the angle or EMW exposed to the human body because of the electromagnetic wave theory. The result could be identical for different center frequencies of the GSM 900 band because that measurement is intended to complete the secure condition for the 5G and beyond telecommunication network in future.

### 5. Conclusions

The paper had been emphasized on the radiation effects on human body based on FDTD scheme at base station antenna system in 5G telecommunication environments. The FDTD analysis on absorbing boundary condition for solving a time-dependent Schrödinger equations are studied. The simulation results have been conducted by using MATLAB programming language for analysis. The SAR induced within a realistic full human body model based on human body exposed to a BSA at GSM 900 band for R in the range of 0.1 m to 5.0 m has been calculated using FDTD technique for multiple number of carrier frequencies. Transmitted power from BSA is equal to 20 W/cARRIER. In order to investigate the behavior of the EM field in the vicinity of the BSA distance up to 5.0 m, the distributions of the E and H field intensities in free space have been computed using MATLAB. Value of safety distance for general public from the BSA is found to be 1.5 m due to number of carrier frequencies equal to one, but this value decreases with lowering the number of carrier frequencies. On the whole, these work accompaniments the outcomes attained through FDTD schemes on convincing model of the human body, by taking to mean the outcomes from antenna theory perception. It is precisely significant
to observation that the recommendations and the standards customarily espoused in different countries only contemplate the health effects of short time of exposure.

Acknowledgement

The author would like to thank many colleagues from the Department of Electronic Engineering under the Faculty of Electrical and Computer Engineering of Yangon Technological University. This work is collaborative research with the Department of Electronics & Communication Engineering, Acharya Institute of Technology, Bengaluru, India. And also this work is a collaborative research between Yangon Technological University and University of Oulu in Finland based on the enhancement of Telecommunication Engineering Education in YTU. This work is fully supported by the government research funds of 2020-2021 academic year which is the grant no of GB/D (4)2020/4.

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