Research Article

Effect of Oxygen-Reducing Atmospheres on the Safety of Packaged Shelled Brazil Nuts during Storage

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This work reports the application of oxygen-(O2-) reducing atmosphere methods on stored shelled Brazil nut (Bertholletia excelsa H.B.K.) packs aiming to evaluate the degree of aflatoxin degradation, nuts lipid oxidative stability, fungi control, and hygienic conditions improvement. The methods applied were (a) ozone: O3, (b) carbon dioxide: CO2, and (c) O2 absorber pads with and without vacuum. From all modified atmospheres evaluated, the best performance was obtained with O3, either with or without vacuum. It was the only nut treatment that was able to degrade aflatoxins. None of the spiked (AFLs: 15 µg·kg\(^{-1}\)) nuts samples O3-treated had aflatoxins detected up to the LC-MS/MS method LOQ (0.36 µg·kg\(^{-1}\) for total AFLs), thus producing safer nuts. Also it kept the fatty acid oxidation indicator—malondialdehyde stable and improved the sensory attributes for consumer acceptance. In addition, the destruction of fungi and yeast was observed since the O3 application (from 1.8 × 10^4 cfu/g to NG = no growth). All other treatments stabilized and/or inhibited microorganisms’ growth only. By adding CO2 gas also played an important role in the nut quality. Regarding cost, gaseous O3 showed to be of low cost for application in the nut packs.

1. Introduction

In nature, Brazil nuts (Bertholletia excelsa H.B.K.) that grow in the Amazon forest may get contaminated by fungi and aflatoxins [1–3], as other tree nuts. The aflatoxigenic Aspergillus species that have been isolated from Brazil nuts are A. flavus, A. parasiticus, and A. nomius [4–7]. Their growth is directly related to the climate conditions of that region and to the conditions during their storage, transport, and commercialization, if there is no control of moisture content (m.c.) and temperature. That can also occur if nuts are packaged in a microclimate rich in oxygen (O2) and m.c. enough to allow microorganisms to grow [1, 8].

Studies have reported the use of modified atmospheres (MA) in food storage, extensive to packaging, to reduce O2 concentration by adding gases such as nitrogen, carbon dioxide (CO2), and ozone (O3) which lead to microorganisms (fungi, yeast, and bacteria) inhibition, maintenance of lipid stability, and reduction of grains/nuts/vegetable respiration [9–14]. Vacuum also is an alternative for O2 reduction and in recent years the addition of O2 absorber pads (which contains a mixture of iron salts) have been the newest alternative in packaged food [15–17]. Studies have reported O3 and CO2 effect on controlling microorganism growth in several agricultural commodities [13, 18–21]. CO2 is a promising and efficient inactivating microorganisms’ gas for application on nonthermal sterilization process [22, 23]. Maeba et al. (1988) reported the destruction and detoxification of AFB1 and AFG1 in agricultural products treated with 1.1 ppm of O3 during 5 minutes [24]. Aflatoxin degradation in different food products, either fresh or processed at different O3 concentrations, has been reported by some authors [13, 25–28]. An advantage of gaseous O3, apart from being a powerful disinfectant, oxidant, and aflatoxins degrader, is that it decomposes quite fast into O2 and does not have toxic effect [29–31].
The degradation of mycotoxins by O₃ is found to follow a pseudo-first-order rate, as long as a continuous supply of O₃ is maintained [8]. For aflatoxins, the higher degradation rate for AFB₁ and AFG₁ was attributed to the presence of an 8,9 double bond forming a vinyl ether at the terminal furan ring (Figure 1), which is not present in AFB₂ and AFG₂. These latter forms require longer exposure due to a possible second mechanism, when the lactone ring is opened during O₃ exposure [29].

High m.c., relative humidity, temperature, and environment rich in O₂ are the main factors for tree nuts to get aflatoxin contaminated and so infected by fungi. During storage and commercialization dry shelled Brazil nut packs need to maintain their safety and quality. Considering that MA in storage (macroenvironment) and packaging (microenvironment) can prolong food shelf life by reducing O₂ concentration, this work reports the application of O₂-reducing atmosphere methods (vacuum, CO₂, O₃, and O₂ absorber) on fungi reduction, aflatoxin degradation, and lipid stability during storage of snack packs of shelled Brazil nuts.

2. Material and Methods

2.1. Sample. Shelled dry (processed) Brazil nuts (25 kg). They were provided by the Renmero Factory from Cametacity, Para State, Northern Brazil. The nuts type and condition were as follows: (a) medium size (40–50 mm length [32]); (b) initial m.c. and total fungi load of 6.5% and 1.83 × 10⁴ cfu·g⁻¹, respectively; (c) no aflatoxin contaminated (method LOQ: 0.36 µg·kg⁻¹); (d) absence of coliforms, Salmonella and Staphylococcus. That batch was utilized for the aflatoxin spiking experiment. A special nut batch (10 kg) naturally aflatoxin contaminated (10.61 µg·kg⁻¹) was used for further aflatoxin O₃ degradation comparison. Its m.c. and total fungi load were 7.2% and 3.7 × 10⁴ cfu·g⁻¹, respectively. Nuts 260 g portions were prepared for the experiments.

2.2. Application of O₂-Reducing Atmospheres. Shelled Brazil nuts were divided into two groups. (a) Group I: control: nuts packed (a.1) loose: only air inside and (a.2) under vacuum. (b) Group II: aflatoxin spiked (15 µg·kg⁻¹): nuts were divided into subgroups and packed (b.1) loose: only air inside; (b.2) vacuum; (b.3) O₃ treated (packed with and without vacuum); (b.4) CO₂ gas added into packs; (b.5) O₂ absorber pads (packed with and without vacuum). The series O₃ (concentration: 10.0 mg/L, 90 min—[21]) was applied on the nuts separately and then aseptically packaged. The O₃ concentration checking was performed by the iodine metric test [33]. (c) Group II: naturally aflatoxin contaminated (10.6 µg·kg⁻¹): nuts O₃ treated were packed with and without vacuum. The O₃, CO₂ gas, and O₂ absorber pad application was carried out utilizing an O₃ generator (MZ01, MegaZon, Pondicherry, India), a CO₂ cilinder (White Martins, Jundiaí, SP, Brazil), and O₂ pad (Ageless, New York, USA), followed by sealing and/or vacuum + sealing by means of a vacuum machine with heat sealer (Sunnyvale, CA, USA). The snack packs (O₂ and UV barrier polypropylene film, 20 × 25 cm length × width) filled with 260 g nut portions each and treated, were stored in an BOD incubator (Dist, Florianopolis, SC, Brazil.) at 27 °C during two months.

Sample Collection for Analysis. Individual packs of shelled Brazil nuts were collected at Day one (after each treatment) and every 30 days (triplicate n = 3). See flowchart of the whole experiment in Figure 2.

2.3. Shelled Brazil Nut Analysis. (a) Microbiological methods: for total fungi count the method was of Pitt and Hocking (1997) [33]; the presence of Aspergillus species was checked utilizing the Aspergillus flavus and parasiticus agar (Fluka, St. Gallen, Switzerland) by Pitt et al. (1983) [34]; the identification of fungi in genus and species was carried out according to the keys of Samsom et al. (2004) [35] and Salmonella spp., Staphylococcus spp., and coliforms (45°C) were checked by APHA (1997) [36]. (b) Aflatoxin determination: was carried out by LC tandem mass spectrometry [37]. Briefly, aflatoxins (Sigma, Zwijndrecht, The Netherlands) were extracted from ground Brazil nuts with acetonitrile:water (HPLC grade, Carlo Erba, Milan, Italy and MilliQ, Millipore, Bedford, MA, USA, resp.) at 80:20 v/v, mixed, filtered, and injected into an Waters Alliance 2695 separation module with a 20 µL injection loop (Waters, Milford, USA) and a C₁₈ column 150 × 3.2 mm, 5 µm (Alltech, Breda, The Netherlands) at 30°C. Separation was performed utilizing methanol (Carlo Erba): water (both with 25 mM of ammonium acetate, J. T. Baker, Phillipsburg, NJ, USA) as mobile phase at 1 mL·min⁻¹ of flow rate. The LC system was coupled to a Quatro Ultima triple quadrupole mass spectrometer (Micromass, Manchester, UK) and toxins were detected and quantified by using atmospheric pressure chemical ionization in the positive mode.}

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**Figure 1:** Chemical structures of the two more toxic aflatoxins, (a) AFB₁ and (b) AFG₁, with the sites of ozone oxidative attack (8,9 double bond of final furan rings in both structures).
mode [M+H]^+. For details on equipment settings, please refer to the method. (c) Moisture content was determined by gravimetry [38]. (d) Fatty acid oxidation was determined by the TBA method of Genot (1996). Extraction with 5% TCA (J. T. Baker) containing freshly prepared BHT in ethanol (J. T. Baker and Carlo Erba, resp.). After filtration, extract was mixed with TBA (J. T. Baker,) and immersed in a 70°C water bath (Dubnoff Q226D, Quimis, Diadema, Brazil) for 30 min, cooled in ice and the absorbance of the reacted solutions read at 532 nm (spectrophotometer 1E005, Hitashi, Tokyo, Japan) against a blank containing TCA and TBA reagents. The results expressed as mg of malondialdehyde (MDA) equivalents per kilograms nut sample (LOQ: 0.37 mg·kg⁻¹) [39]. (e) Sensory evaluation was based on the descriptive quantitative analysis [40]. Eighteen trained panelists during four sessions (n = 4) described impressions perceived by the hedonic scale of 5 points (1: dislike very much, 2: dislike, 3: neither like nor dislike, 4: like and 5: like very much). Sensory attributes evaluated: nut appearance (AP), color (CO), firmness (FI), resistance to slicing (SR), rancid (RA), and strange (OD) odors.

2.4. Statistical Analysis. The results were expressed as the mean values and standard errors. Statistical analysis was performed by analysis of variance (ANOVA) and included the Tukey’s test to evaluate significant differences among the means (P < 0.05). Figure 2 shows the flowchart on the whole study.

3. Results and Discussion

All the MA-treated shelled Brazil nut packs presented better quality and safety than the MA-untreated nuts (Group I: air) throughout the whole storage period. It was observed different degrees of fungi reduction and in some groups, afla-toxin degradation too. Table 1 shows the safety (fungi load; aflatoxins) and quality (m.c.; fatty acid oxidation; sensory evaluation) data obtained from the different MA-treated nut Groups (I, II, and III).

3.1. MA Effects on Shelled Brazil Nuts Microbiological Content and M.C. As expected, inhibition of microorganisms growth was registered throughout the experiment despite the MA applied.

(a) Total Fungi Load and Aflatoxigenic Strains. A substantial fungi reduction was observed, both with O₂ absorber and
Table 1: Effect of O₂ reducing atmospheres on aflatoxins, lipids, microorganisms and consumers acceptance of packaged shelled Brazil nuts during storage.

| Atmosphere | Storage | Day | Total fungi count (cfu·g⁻¹) | Aspergillus toxigenic strains (%) | m.c.a (diff.%) | Aflatoxinsb (µg·kg⁻¹) | Lipid stability (mg·kg⁻¹)c | Brazil nuts sensory attributes (scores)d |
|------------|---------|-----|-----------------------------|---------------------------------|---------------|-----------------|-----------------|----------------------------------|
| Air        | Initial | 1   | 1.83 × 10⁴                  | (+) A. flavus; A. parasiticus    | 6.5           | <0.36           | 7.24 ± 0.9      | 4 4 4 4 4 4 4                |
|            | Final   | 60  | 6.30 × 10⁶                  | (+) A. flavus; A. parasiticus    | 7.1 (+0.6%)   | 15.85           | 9.24 ± 0.7      | 3 3 3 3 3 3 2                |
| Vacuum     | Initial | 1   | 1.83 × 10⁴                  | (+) A. flavus; A. parasiticus    | 4.2           | <0.36           | 7.33 ± 0.4      | 4 4 4 4 4 4 4                |
|            | Final   | 60  | 0.10 × 10⁵                  | (+) A. flavus; A. parasiticus    | 4.2 (no diff.)| 14.95           | 7.24 ± 0.5      | 4 5 5 4 4 4 4                |
| Air        | 30      | 1   | 1.83 × 10⁴                  | (+) A. flavus; A. parasiticus    | 6.5           | 15.00           | 7.33 ± 0.1      | 4 4 4 4 4 4 4                |
|            | 30      | 30  | 2.96 × 10⁵                  | (+) A. flavus; A. parasiticus    | 7.1           | 15.81           | 8.25 ± 0.2      | 4 3 4 3 3 3 3                |
|            | 30      | 60  | 0.56 × 10⁵                  | (+) A. flavus; A. parasiticus    | 4.2           | 14.88           | 7.24 ± 0.8      | 4 4 4 4 4 4 4                |
| Vacuum     | 30      | 60  | 0.10 × 10⁵                  | (+) A. flavus; A. parasiticus    | 4.2           | 14.95           | 7.24 ± 0.5      | 4 5 5 4 4 4 4                |
| Ozone      | 1       | 1   | NG                          | NG                              | 5.0           | <0.36           | 7.25 ± 1.2      | 4 4 4 4 4 4 4                |
|            | 30      | 30  | NG                          | NG                              | 4.9           | <0.36           | 7.24 ± 0.6      | 4 4 4 4 4 4 4                |
|            | 60      | 60  | NG                          | NG                              | 4.7           | <0.36           | 7.84 ± 0.6      | 4 5 5 4 4 4 4                |
| Ozone + vacuum | 1     | 1   | NG                          | NG                              | 3.1           | <0.36           | 6.25 ± 0.2      | 4 4 4 4 4 4 4                |
|            | 30      | 30  | NG                          | NG                              | 3.3           | <0.36           | 7.04 ± 0.7      | 4 4 4 4 4 4 4                |
|            | 60      | 60  | NG                          | NG                              | 3.0           | <0.36           | 7.25 ± 0.5      | 4 4 5 4 4 4 4                |
Table 1: Continued.

| Atmosphere                  | Storage | Total fungi count$^a$ (cfu·g$^{-1}$) | Aspergillus toxigenic strains | m.c.$^a$ | Alltoxins$^b$ (µg·kg$^{-1}$) | Lipid stability (mg·kg$^{-1}$)$^c$ | Brazil nuts sensory attributes (scores)$^d$ |
|-----------------------------|---------|--------------------------------------|-------------------------------|---------|-----------------------------|-----------------------------------|---------------------------------------------|
|                             | Day     |                                      |                               | (%)     | (diff.$^e$)                 |                                   | AP | CO | FI | RA | SR | OD |
| Carbon dioxide              | 1       | 1.83 × 10$^4$ (+) A. flavus; A. parasiticus | 6.5                           | 15.00   | 7.25 ± 0.2                  | 4 4 4 4 4 4 4                       |
|                             | 30      | NG                                    | 7.0                           | 14.90   | 7.24 ± 1.1                  | 4 4 4 4 4 4 4                       |
|                             | 60      | NG                                    | 7.0 (+0.5%)                   | 14.92   | 7.90 ± 0.6                  | 3 4 4 4 4 4 3                       |
| Oxygen absorber pad         | 1       | 1.83 × 10$^4$ (+) A. flavus; A. parasiticus | 6.5                           | 15.00   | 7.25 ± 2.2                  | 4 4 4 4 4 4 4                       |
|                             | 30      | 2.6 × 10 NG                           | 6.5                           | 14.90   | 7.90 ± 1.7                  | 4 4 4 4 4 4 4                       |
|                             | 60      | NG                                    | 6.5 (no diff.)                | 15.00   | 8.20 ± 0.6                  | 3 4 4 4 4 4 3                       |
| Oxygen absorber pad + vacuum| 1       | 1.8 × 10$^4$ (+) A. flavus; A. parasiticus | 4.0                           | 15.00   | 7.00 ± 2.2                  | 4 4 4 4 4 4 4                       |
|                             | 30      | NG                                    | 3.9                           | 15.01   | 7.24 ± 1.5                  | 4 4 4 4 4 4 4                       |
|                             | 60      | NG                                    | 4.3 (-2.2%)                   | 14.99   | 7.24 ± 1.5                  | 3 5 4 4 4 4 3                       |
| Ozone                       | 1       | NG                                    | 5.6                           | <0.36   | 7.56 ± 0.9                  | 4 4 4 4 4 4 4                       |
|                             | 30      | NG                                    | 5.4                           | <0.36   | 7.92 ± 0.2                  | 4 4 4 4 4 4 4                       |
|                             | 60      | NG                                    | 5.2 (-1.6%)                   | <0.36   | 7.99 ± 0.5                  | 4 4 4 4 4 4 4                       |
| Ozone + vacuum              | 1       | NG                                    | 4.0                           | <0.36   | 7.95 ± 0.4                  | 4 4 4 4 4 4 4                       |
|                             | 30      | NG                                    | 3.9                           | <0.36   | 7.94 ± 1.2                  | 4 4 4 4 4 4 4                       |
|                             | 60      | NG                                    | 3.7 (-3.2%)                   | <0.36   | 8.54 ± 0.6                  | 4 3 4 4 4 4 4                       |

$^a$m.c.: moisture content; $^b$ aflatoxin total: AFB$_1$+AFB$_2$+AFG$_1$+AFG$_2$ (method LOQ: 0.350 µg/kg); $^c$ in malondialdehyde; $^d$ values as mean scores of 18 individual panellists [AP: nut appearance; CO: color; FI: firmness; RA: rancid odor; SR: slicing resistant; OD: strange odor (5: like very much, 4: like, 3: neither like nor dislike, 2: dislike and 1: dislike very much)]; $^e$ diff: m.c. difference (+) increased or (−) reduction; $^f$ no aflatoxin spiked (nuts total AFL < method LOQ = 0.36 µg·kg$^{-1}$); $^g$ toxigenic Aspergillus strains isolated in AFPA media; $^h$ 15 µg·kg$^{-1}$ AFLs spiked and 6.5% m.c.; $^i$ NG: no growth; $^j$ Brazil nuts naturally aflatoxin contaminated = 10.61 µg·kg$^{-1}$ and 7.2% m.c. $^k$ The genera and species more often isolated from the Control Brazil nuts were Acremonium sp; A. ochraceus; A. nomius; Cladosporium sp.; P. corylophilum, and Rhizopus sp. followed by A. niger; A. parasiticus; A. versicolor, and P. crustosum.
O3 packaged under vacuum, as well as with nuts O3 loose pack ones. CO2 also played an important role in the microorganism reduction in the current experiment reducing from 1.8×10^4 cfu·g⁻¹ to NG (no grow). Applying vacuum improved quality and safety regarding fungi further. Although, it was observed a reduction on their growth in the MA-treated Groups; in the untreated nuts (Group I) was possible to isolate and identify them. Their main genera and species were Acremonium sp; A. ochraceus; Cladosporium sp.; P. coryliphilum Rhizopus sp. followed by A niger; A. parasiticus; A. versicolor; P. crustosum. With regards to m.c., nuts presented different degree of reduction after being MA-treated as follows: O3 + vac > vac > O2 abs + vac > O3 > CO2. That was especially true for vacuum treated packs, which led to a synergistic effect (low m.c. + lack of O2) on controlling fungi growth. Regarding the O3 treated nuts, the reduction of m.c. was due to the fact that during O3 application occurred an exposure of nuts to 90 minutes with O3 stream that can take moist from nut surface apart from its known reaction with atmospheric water, decreasing the microenvironment relative humidity [21]. In fact, the lowest total fungi count, that is, no growth was detected in the packs that nuts were submitted to O3 with or without vacuum application (m.c. reduction: −1.8 and −3.5%, resp.), suggesting that apart from the fungi destruction by the O3, the reduction of m.c. powered fungi reduction. These data were corroborated by some authors that reported m.c. reduction in different foods including in-shell Brazil nuts O3 treated [1–3, 21].

(b) Hygienic Bacterial Indicators. Similar to what was observed for fungi and yeast, all gases and O2 absorbers as well as vacuum did not allow Salmonella, Staphylococcus, or coliform to grow on the nuts showing the safe power of the treatments for microbial population control. It is important to emphasize that the potent disinfectant characteristics of O3 has been recognized by the Food and Agriculture Organization [41] and Food and Drug Administration [42].

3.2. MA Effects on Shelled Brazil Nuts Aflatoxin Degradation. It was possible to observe in the aflatoxin spiked nut samples O3 treated (Groups II: O3 and O3+vac) that the gas was able to degrade them as none, during the storage period, were detected (LC-MS/MS method LOQ: 0.36 µg·kg⁻¹). That was different for the other O2 reducing atmospheres (CO2 and O2 absorber pads with/without vacuum). They were able only to stabilize/reduce the microorganisms growth keeping nuts safe but with aflatoxins. In that sense the packs with O3 and vacuum applied bring an alternative for aflatoxin degradation and also m.c. reduction, a factor that is directly related to fungi proliferation and development of possible aflatoxicogenic strains. Nuts O3 treated utilized in the study showed to be able for consumption, as no aflatoxin was detected in none of them. Brazil nuts naturally contaminated by O3: to make sure O3 would degrade aflatoxins not only in spiked nuts (i.e., toxins just applied and dried onto nut surfaces), we carried out also an experiment utilizing the special batch of nuts naturally aflatoxin-contaminated (packs with nuts O3 and O3 + vacuum treated). Similarly to the nuts spiked, no aflatoxin was detected after O3 application neither fungi. That was probably due to the fact that Brazil nut has the advantage of its contamination/fungi proliferation to occur mostly on the nut surface/external layer as its structure is completely sealed (Figure 3). In addition, the testae (a pellicle that surrounds the edible part) of the Brazil nut, which is rich in Selenium (antioxidant), can act as a protector [2]. Thus reducing the possibility of easy access by the fungi spores to the nut core, as it occurs in peanuts (low testae) or shelter fungi spores in-between shell and edible part of pistachios (in-shell), making gaseous O3 application and action more effective. Currently, there is no available technology to completely eliminate the mycotoxin contamination of food and feed chain. Most of the current strategies for mycotoxin reduction are based on prevention, either pre- or postharvest and detoxification, which are not always effective. From the available tools to ensure food safety, O3 application may be one of the most promising methods that come to meet the grain producers and food industries needs [43–45].

3.3. O2-Reducing Atmosphere Effect on Nuts Quality. As far as quality is concerned, the parameters evaluated were the fatty acid oxidation, m.c., and sensorial evaluation which give information on lipid rancidity development, crunchiness texture alterations, and aroma/colour/odor/texture modifications. (a) Fatty acid peroxidation: regarding MDA formation during the nuts storage period and MA applied, no significant changes occurred despite the MA applied except for the O2 absorber at the end of the storage period. In contrary, the samples packed loose in air (either Control and spiked) had an increase of MDA from 7.24 to 9.98 mg·kg⁻¹. With regards to CO2 and O3, with and without vacuum, effect on shelled Brazil nuts lipids, it was observed that the values of MDA lowered and kept constant throughout the whole period of storage (Table 1). The same occurred when Gamli and Hayoˇglu (2007) studied vacuum packaged pistachio [46]. The authors observed no significant difference on the MDA values during the storage period and reported that those results could be attributed to the higher amount of the fatty acid oleic acid (monounsaturated) and less linoleic acid (poliunsaturated) content in that nut. These results can be attributed to the reduction/control in the oxidation rate speed, both, by air withdraw (vacuum) and O3 treatment (waste from O2 removal). Similar results occurred in peppers and pistachio after the application of O3 and vacuum packaging, that is, the effect on lipid oxidation was not apparent, thus could not alter the sensory characteristics [13] which was corroborated with the current data of the Brazil nut experiment. It is different when Rudolph et al. (1992) evaluated the oxidative stability of pecan oil and observed that changes in colour (O2 effect on carotenoids) followed by a rapid increase of rancidity products (O2 effect on fatty acids) [47]. However in the case of oil, lipids (fatty acids) present much more intense exposure to air O2 than when it is protected in the liposomes inside the nut cells (or just the nut damaged surface exposes their lipid content from broken cells/lysosomes. As for Brazil nuts
where their oil (lipids) is protected inside the undamaged nut cells or slightly damaged during the industrial nut cracking procedure. (b) Sensory Evaluation: the scores for the sensory attributes tested (nut appearance, strange odor, rancid odor, slicing resistance, and firmness) are shown in Table 1. The O₂ absorber pads applied led to some slight variation with regards to the visual appearance (color) of nuts probably due to its reducing effectiveness in the nuts located away from the pad site, sitting for long time (60 days) during storage. The sensory analysis of the Brazil nuts treated with O₃ and vacuum-packed did not present significant changes among the panelists (P < 0.05). All scores for the O₃-treatment nuts during storage period were between 4 (like) and 5 (like very much). It was verified also that O₃ leaves no residual odor. In fact O₃ with vacuum and vacuum only received the best scores showing that vacuum is still the best choice when preserving sensory characteristics is concerned. Similar thing occurred when İnan et al. (2006) worked with red pepper ozonation [27]. They did not register significant sensory changes after the O₃ application as the peppers were still quite palatable. When Akbas and Ozdemir (2006) studied the quality of pistachio, no significant changes also were observed between sweetness, rancidity, overall appearance, and taste, compared to control samples (no O₃) indicating the efficacy of that gas application [13]. Other authors also have reported the efficiency of the O₃ and its low interference in the sensory attributes of quality in several products such as vegetables, fish, birds carcasses, and their byproducts [44, 48, 49]. In a work carried by Dull and Kays (1988) with pecans, the author reported a slight better sensory quality on the vacuum-treated packaging nuts after 6 months of storage at 24°C. Other potential uses of O₃ in the food industry include reduction of undesirable volatile metabolites, such as off-flavours or contaminants by their removal during O₃ stream application [50]. Considering that MDA is volatile, all experiments that had vacuum applied and/or gaseous O₃ stream exposure, had lower MDA just after application (day one), thus giving the idea of fast oxidation reduction which was expected. The nuts final storage MDA measure should be taken as the indicator of the degree of oxidation together with the sensory evaluation. (c) Moisture content: as expected, nuts presented m.c. reduction after the MA treatments. That was especially true for vacuum-treated packs which kept nuts cracker throughout the whole storage period. That effect was enhanced by the O₃ application which allowed to reduce possible off-odours.

4. General Discussion

All O₂-reducing atmospheres treated Brazil nut packs presented better nut quality after the period of study. However, the best performance, regarding safety was obtained either with or without vacuum. It was the only nut treatment that was able to degrade aflatoxins. It also led to fungi/yeast destruction, was able to eliminated off-flavours, reduced m.c., and maintained fatty acid oxidative process stable thus leading to safer, cracker, and of better quality nuts. Next comes vacuum that kept sensory attributes of consumer acceptance, kept controlled lipid oxidation, and microorganisms. All other treatments stabilized and/or inhibited micro-organisms’ growth only, which also is important regarding safety, microorganisms-wise, and quality nuts.

Considering that Brazil nuts can be suitable to aflatoxin contamination, are good fungi substrate, and are rich in oil, as other tree nuts, the best method that could control those parameters and improve consumer acceptance for best and stable dry nut product packs is O₃ with vacuum. Aflatoxin that may still remain in the Brazil nuts at the packaging can be destroyed at that stage. O₃ will be useful for those hard packages (tubs) sold in small portion, that are commonly commercialized in Brazil too—providing a safer product for the national consumers. Regarding the costs and environment impact, O₃ equipments are of low cost and environment friendly, it is fast converted into O₂.

Our modern days have been emphasizing the importance of additives reduction in food. The use of O₃ features as
an important technology for food storage and industry as it leaves no residue. Its use has been approved in countries around the world and supported by several international food and health agencies inclusive for use in organically labelled agricultural products, inclusive in medicine. Currently, there is no available technology to completely eliminate the mycotoxins contamination of food and feed chain. Most of the current strategies for mycotoxin reduction are based on prevention, either pre- or postharvest. From the available tools to ensure food safety, O₃ application is one of the most promising methods that come to meet the needs.

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