The influence of the intestinal microflora to the efficacy of Rosuvastatin

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Abstract

Background: Intestinal microflora has been shown to play essential roles in the clinical therapies of metabolic diseases. The present study is aiming to investigate the potential roles and mechanisms of how intestinal microflora mediates lipid-reduction efficacy of Rosuvastatin.

Methods: To investigate the correlation between the intestinal microflora and efficacy of Rosuvastatin, we analyzed the diversity of intestinal microflora using PCR-DGGE analysis and 16S rDNA sequencing approaches. Furthermore, we compared the blood lipid levels of rat models with dysbiosis of intestinal microflora and control rats upon the Rosuvastatin administration.

Results: The diversity of the intestinal flora was obviously decreased upon the antibiotic treatment, this effect could be maintained for 2 weeks after establishment of the models. Importantly, the results from 16S rDNA sequencing demonstrated that the abundance of Lactobacillus and Bifidobacterium was remarkably diminished upon the antibiotic treatment in antibiotic+Rosuvastatin-treated group compared to that of Rosuvastatin-treated group and control group. Correspondently, the lipid-reduction efficacy of Rosuvastatin was significantly compromised. However, the diversity of the intestinal flora was recovered 4 weeks after the antibiotic treatment. Subsequently, the lipid-reduction efficacy of Rosuvastatin was also recovered to level of the control rats treated with Rosuvastatin alone.

Conclusion: Intestinal flora could play an essential role in mediating the lipid-reduction efficacy of Rosuvastatin.

Keywords: Intestinal flora, Rosuvastatin, Low density lipoprotein cholesterol, Probiotics

Background

Coronary heart disease is the main threat to human health [1]. Cardiovascular events caused by coronary heart disease have become a worldwide concern. Statins, also known as HMG-CoA reductase inhibitors, are a class of lipid-reducing medications that are effective for both primary and secondary prevention for cardiovascular disease [2, 3]. Hydroxymethyl glutaric acid reductase (HMGCR) is the rate-limiting enzyme in the cholesterol synthesis pathway and plays an important role in the synthesis of cholesterol [4]. By inhibiting HMGCR, Statins reduce the synthesis of cholesterol in hepatocytes, up-regulate the low-density lipoprotein (LDL) receptor on hepatocytes’ membrane, accelerate LDL catabolism, thus decrease the blood levels of total cholesterol (TC) and low-density lipoprotein cholesterol (LDLc) [5]. Albeit effective application of Statins can significantly reduce the occurrence of cardiovascular events [2], many clinical investigations revealed that the efficacy of Statins on blood lipid levels are remarkably variable between individual patients.

It has been reported that many factors, such as genetic polymorphisms, exercise, smoking, diet, as well as nutraceuticals normally included within diet can significantly affected the blood lipid level and the efficacy of Statins on dyslipidemia [6]. However, the underlying mechanisms why different patients respond to the application of Statins differently are still unclear. Recently, accumulating studies revealed that intestinal microflora plays essential roles in metabolic diseases [7]. Impairment of intestinal microflora can exacerbate the body lipid metabolism disorders, as the flora-secreted bile acids,
cholesterol, and mevalonate can inhibit the expression of HMGCR. Mechanistically, bacterial-derived bile acids correlate with the statin-induced LDLc reduction as well as the downregulation of HMGCR [8]. Furthermore, lactobacilli-produced hydroxymethyl glutaric acid, lactic acid, and uric acid can directly suppress the HMGCR expression [9]. Therefore, we hypothesized that abnormal intestinal flora might be another important factor affecting the efficacy of Statins on different patients.

In this study, we established the rat model of dysbiosis of intestinal microflora by administration of antibiotics. By investigating the correlation between the diversity of the intestinal microflora and the blood lipid level upon Rosuvastatin treatment, we demonstrated the potential roles of the intestinal flora in regulating the efficacy of Statins, which can provide new insights in understanding of Statins’ efficacy on cardiovascular diseases.

Methods

Animals

In total thirty healthy male SPF SD rats (No. 211003700), weight (200 ± 20) g, were purchased from Center of Laboratory Animals, Dalian Medical University (animal certificate number: SYXX (Liao) 2013–0006). All the animal experiments were approved by the Animal ethics committee of Xi’an Jiaotong University.

Establishment of dysbiosis of intestinal microflora model in rats

Ten male SPF SD rats were randomly selected for via gavage (i.g.) administration with Ceftriaxone sodium (2 g/kg body weight in 2 ml saline solution, twice/day; Roche China, 10,983,036) for 8 days according to a previously reported rat model for dysbiosis of intestinal microflora [10] and different animal dose conversion rate [11]. This group was classified as the Antibiotic+Statin group. The rest rats were randomly grouped into Statin group (n = 10) and Water group (n = 10), were i.g. administrated with 2 ml saline solution (twice/day) for 8 days.

Administration of Rosuvastatin

The rats of Antibiotic+Statin group were i.g. administrated with Rosuvastatin (10 mg/kg body weight/day; AstraZeneca China, J20120006) dissolved in water for 4 weeks after 8 days administration of Ceftriaxone sodium. The rats from Statin group were i.g. administrated with Rosuvastatin (10 mg/kg body weight/day; AstraZeneca China, J20120006) for 4 weeks. The rats of control Water group were i.g. given same volume of water for 4 weeks.

PCR-DGGE analysis

To evaluate the diversity of the intestinal microflora, the stool specimens were collected at 0, 2, and 4 weeks after Rosuvastatin administration and then were analyzed by PCR-Denaturing Gradient Gel Electrophoresis (DGGE) approaches. Briefly, the DNA templates were extracted from stool specimens using Stool DNA kit (Omega Bio-Tek, USA; D4015) according to the manufacturer’s protocol. The V3 region of 16S rRNAs was amplified using following primers: 5’-CCTACGGGAGGCAGCAG CAG-3’; 5’- ATTACCGCGGCTGCTGG-3’. For DGGE analysis, the PCR products were run on 8% polyacrylamide gel and stained with GelRed for 30 min according to the manufacturer’s instruction (Bio-Rad Dcode System, USA). Then the gel was imaged using ChemiDocTM XRS + system (Bio-Rad, USA) and analyzed using Quantity One software (Bio-Rad, USA).

16S rDNA-sequencing analysis

To assess the effects of Rosuvastatin on the intestinal microflora, the stool specimens were collected 2 weeks after administration of Rosuvastatin or water. The diversity of intestinal microflora was analyzed by sequencing the V3-V4 region of 16S rRNAs. The DNA samples were isolated as previously described. The DNA library was generated by two-step PCR approaches. First, the purified DNA templates were amplified using the following primers of 16S rDNA V3-V4 regions: 5’- ACTC CTACGGGAGGCAGCAG CAG-3’ and 5’- GGACTACHV GGGTWTCTAAAT-3’. secondly, the PCR products from first PCR step were purified using AxyPrep DNA Gel Extraction Kit (Axygen Scientific, USA; AP-GX-50) according to the manufacturer’s description, and then were performed for secondary PCR amplification to add the Illumina sequencing adaptors. The DNA libraries were purified further using AxyPrep DNA Gel Extraction Kit, and sequenced by TinyGene Bio-Tech(ShangHai)Co., Ltd. using Illumina MiSeq system (Illumina, USA). The Shannon analysis of the Alpha diversity of the intestinal microflora and the principle component analysis (PCA) were performed using mothur software (Version 1.33.2; https://www.mothur.org).

Measurement of the blood lipid-related parameters

The blood samples were collected from the canthus of the eyes at the 0, 2 and 4 weeks after the administration of Rosuvastatin. The rats were starved for 12 h before the blood collection. The serum then was isolated, and the level of Triglyceride (TG), TC, high-density lipoprotein cholesterol (HDLc), and LDLc were determined via ADVIA 2400 Chemistry System (Siemens, Germany).
Statistics
Statistical analysis was performed with SPSS 18.0. The data were presented as mean ± sem if not specifically described. The comparisons among more than 2 groups were performed using one-way ANOVA with Tukey’s multiple comparisons test. The comparisons between two groups were performed using unpaired two-tailed Student’s t-test. The statistically significant threshold was accepted as p < 0.05.

Results

The PCR-DGGE analysis of the animal model for dysbiosis of intestinal microflora
To investigate whether the intestinal microflora play roles in the efficacy of Rosuvastatin, we first established the rat model for dysbiosis of intestinal microflora by administrated healthy rats with antibiotic Ceftriaxone. To validate the dysbiosis of intestinal microflora model, we performed the PCR-DGGE analysis on the DNA samples extract from fresh stool specimens of rats treated with antibiotic and control rats without such treatment. Images and the quantification results suggested that Ceftriaxone treatment significantly decreased the diversity of intestinal microflora in Antibiotic+Statin group compared to water treated control group (Fig. 1a, b), indicating that antibiotic treatment remarkably impaired the diversity of the intestinal microflora in rats, mimicking the dysbiosis of intestinal microflora.

Dysbiosis of intestinal microflora affects the efficacy of Rosuvastatin
To investigate whether the disruption of the intestinal microflora can influence the efficacy of Rosuvastatin on rats, we measured the blood level of TG, TC, HDLc, and LDLc at the 0, 2, and 4 weeks after administration of Rosuvastatin. Before the administration of Rosuvastatin (0 weeks), there was no difference in TG, TC, HDLc among different groups, while the treatment of antibiotic slightly increased the LDLc level compared to the LDLc level in rats from Statin Group and Water Group (Fig. 2a).

Two weeks after Rosuvastatin treatment, the blood levels of TG, TC, and LDLc from Statin Group were significantly reduced compared to control Water Group, implying the lipid-reduction effects of Rosuvastatin (Fig. 2b). However, the blood level of LDLc from Antibiotic+Statin Group are remarkable higher than the level from Statin Group and Water Group, and the blood level of TC are not down-regulated compared to control Water Group (Fig. 2b), suggesting that dysbiosis of intestinal microflora strongly affects the efficacy of Rosuvastatin on lipid-reduction. Compared to that from Water Group, blood level of LDLc from Statin Group was significantly decreased, suggesting that LDLc was reduced in conventional Statin Group. In addition, the blood level of TG showed no difference between Antibiotic+Statin Group and Statin Group (Fig. 2b), indicating that alternation of intestinal microflora did not influent the effect of Rosuvastatin on TG-reduction.

Interestingly, 4 weeks after Rosuvastatin administration, the blood levels of TG, TC and LDLc from both Antibiotic+Statin Group and Statin Group were significantly lower than the levels from control Water Group (Fig. 2c). There was no statistical difference observed between Antibiotic+Statin Group and Statin Group (Fig. 2c). These results suggested that the influence of alternation of intestinal microflora on the efficacy of Rosuvastatin recovered alone the treatment. However, whether the recovery of the efficacy of Rosuvastatin effect on lipid-reduction are due to the rehabilitation of intestinal microflora was still unclear.

![Fig. 1 Ceftriaxone treatment disrupts diversity of the rat intestinal microflora.](image-url)
Efficacy of Rosuvastatin on lipid-reduction correlated with the diversity of intestinal microflora

To investigate whether the efficacy of Rosuvastatin is correlated with the intestinal microflora, the diversity of intestinal microflora was analyzed at 2 weeks and 4 weeks after Rosuvastatin treatment using PCR-DGGE approaches. Results from 2 weeks after Rosuvastatin treatment revealed that the diversity of intestinal microflora from Antibiotic+Statin Group are highly reduced compared to that from Statin Group and Water Group (Fig. 3a, b). However, the diversity of intestinal microflora from Antibiotic+Statin Group are fully restored to the normal level as Statin Group and Water Group 4 weeks after treatment (Fig. 3c, d). Taken together with the blood lipid levels from 2 and 4 weeks after Rosuvastatin treatment, those observation demonstrated that the intestinal microflora play essential roles in the efficacy of Rosuvastatin on lipid-reduction.

Lactobacillus and Bifidobacterium might play roles in efficacy of Rosuvastatin treatment

To further investigate the potential floras which might play important roles in the lipid-reduction efficacy of Rosuvastatin, we analyzed the major composition of intestinal microflora from different groups 2 weeks after Statin treatment. Via 16S rDNA sequencing, we analyzed the major floras, including robinsoniella, lactobacillus, enterococcus, phascolarctobacterium, anaeroplasma, bacteroides, parabacteroides, bacillus, sutterella, lachnoclostridium, alitipes, parasutterella, flavonifractor, allobaculum, peptoclostridium, allogluteococcus, anaerotrichia, and bifidobacterium, et al. (Table 1). The Shannon analysis of Alpha diversity of the major composition of intestinal microflora between different groups showed that the Shannon index of rats from Antibiotic+Statin Group were dramatically decreased compared to Statin Group and Water Group (Fig. 3a, b). However, the diversity of intestinal microflora from Antibiotic+Statin Group are fully restored to the normal level as Statin Group and Water Group 4 weeks after treatment (Fig. 3c, d). Taken together with the blood lipid levels from 2 and 4 weeks after Rosuvastatin treatment, those observation demonstrated that the intestinal microflora play essential roles in the efficacy of Rosuvastatin on lipid-reduction.

Discussion

The intestinal microflora is a vast and complex ecosystem that includes more than 1000 species [12]. Most physiological functions of human body are the result of symbiosis formed during coevolution of human body and normal microflora. The intestinal microflora plays important physiological roles in many biological processes, including nutrient absorption, organ growth and development, metabolism, and so on [13, 14]. However, the balance of intestinal flora can be disrupted easily by various external factors, such as diet, probiotics and antibiotics. Imbalance of intestinal microflora could cause severe functional disorders and diseases. Recent studies also indicated that the intestinal microflora was involved in the efficacy of medicines on different metabolic diseases [15].

It is well known that Statins are widely used in the prevention and treatment of atherosclerotic diseases mainly by inhibiting HMGCR and lowering LDLc [16, 17]. Their
lipid-lowering efficacy is reported to be affected by many factors such as genetic variations and lifestyle habits [18, 19]. Kaddurah-Daouk et al. found a clear correlation between gut-derived metabolites and Simvastatin response [8]. Studies by Yoo et al. found that antibiotic intake might reduce the intestinal flora’s biotransformation of oral lovastatin, and subsequent effects on microbial metabolism might lead to systemic changes in the drug and their function [20]. So far, there is no reports described the correlation between intestinal flora and the lipid-reduction efficacy of Rosuvastatin. In this study, we investigated the roles of intestinal microflora in the blood lipid-reduction efficacy of Rosuvastatin.

Ceftriaxone sodium is a broad-spectrum third-generation cephalosporin antibiotic that has strong antibacterial activity against most Gram-positive and -negative bacteria. It is also recognized as one of those important antibiotics which induce the imbalance of intestinal microflora [21]. In this study, we confirmed that high dose ceftriaxone treatment dramatically reduced the diversity of intestinal flora disorder. In addition, the level of LDLc from antibiotic-treated group was significantly higher than the other groups without antibiotic treatment, suggesting the broad-spectrum antibiotic-induced decrease of intestinal microflora may increase the blood level of LDLc. Indeed, previous studies implied that ceftriaxone administration could induce the reduction of the intestinal Enterobacteriaceae, Lactobacillus, and Bifidobacterium [22, 23], which were negatively associated with the levels of TC, non-HDLc, and anti-oxidant LDL (oxLDL Ab) in the blood [24].

Two weeks after Rosuvastatin, PCR-DGGE analysis showed that compared to Statin Group and the control Water Group, the diversity of intestinal flora diversity of rats in Antibiotic+Statin group was still significantly reduced. Correspondingly, the blood level of LDLc and TC from Antibiotic+Statin Group are remarkable higher than the level from Statin Group, suggesting that dysbiosis of intestinal microflora strongly affects the efficacy of Rosuvastatin on lipid-reduction. The blood levels of TG,
TC and LDLc from Statin Group were significantly reduced compared to control Water Group, implying the lipid-reduction effects of Rosuvastatin. Interestingly, 4 weeks after Statin administration, PCR-DGGE analysis showed no significant difference in the diversity of intestinal flora among all three groups, suggesting that the alternation of intestinal microflora caused by antibiotic treatment was reestablished. Accordingly, the level of LDLc and TC in Group Antibiotic+Statin showed no statistical difference compared with the level from Statin Group, but dramatically reduced compared to that from the control Water Group, indicating that the efficacy of Rosuvastatin on LDLc and TC was recovered along with the restoration of intestinal microflora. Further investigation of 16S rDNA revealed that average abundance of probiotic bacteria in Group Antibiotic+Statin are dramatically reduced compared to Statin and Water Group. Previous studies showed that Lactobacilli have the effect of lowering cholesterol [25–27]. Therefore, the serious reduction of intestinal lactobacilli in the antibiotic statin group, will affect the synthesis and metabolism of low cholesterol, leading to the abnormal increase of low density lipoprotein cholesterol in this group before treatment and 2 weeks after Statin treatment. The blood level of TG among three groups are not altered before Statin treatment, while it is reduced both in Antibiotic+Statin Group and Statin Group 2 and 4 weeks after treatment, indicating that intestinal flora does not affect Rosuvastatin’s effects on reducing TG. The blood level of HDLc showed no difference among three groups before and after Statin administration, indicating that Rosuvastatin showed no effect on HDLc.

Rosuvastatin is an inhibitor of HMGCR, which targeting liver cholesterol de novo synthesis [28]. But only about 10% of Rosuvastatin calcium is metabolized by liver CYP450, and most of Rosuvastatins are excreted in its original form [29]. Therefore, it is possible that the Rosuvastatin could exert impacts on the gut flora. Our study clearly showed that with the antibiotic treatment, Rosuvastatin lost its anti-cholesterol effects and regained it after antibiotic withdrawal. Thus, to our knowledge, we might prove for the first time that gut microbiome is important for therapeutic effects of Rosuvastatin.

It is not novel that gut microbiome could interfere the host cholesterol metabolism. 16S rDNA sequen-
cing results in our study showed that Rosuvastatin treatment for 2 weeks, significantly reduced Lactoba-
cillus and Bifidobacterium population in Antibiotic+Statin group. Various studies have shown that the change of intestinal probiotics Bifidobacterium and Lactobacillus can lead to the alternation of TNFα and IL-6 levels, which result in the reduction of cholesterol [30]. In addition, the expression of one cellular

| Table 1 The analysis of the diversity of rat intestinal microflora (mean ± sem) |
|-------------------------|-------------------------|-------------------------|
|                         | Antibiotic+Statin       | Statin                   | Water                    |
| Robinsoniella           | 5.41E-01 ± 6.40E-02***  | 2.24E-03 ± 1.13E-03**    | 1.44E-03 ± 4.17E-04      |
| Lactobacillus           | 8.26E-03 ± 5.96E-03***  | 2.20E-01 ± 1.25E-02     | 1.45E-01 ± 2.28E-02      |
| Enterococcus            | 2.40E-01 ± 3.50E-02***  | 4.12E-03 ± 2.59E-03**    | 2.16E-03 ± 7.35E-04      |
| Bacteroides             | 2.71E-03 ± 2.21E-04**   | 8.18E-02 ± 2.04E-02**    | 7.05E-02 ± 1.45E-02      |
| Phascolactobacterium    | 1.86E-04 ± 8.38E-05**   | 5.86E-02 ± 2.93E-02**    | 4.47E-02 ± 6.63E-03      |
| Anaeroplasma            | 7.97E-02 ± 2.58E-02**   | 3.92E-05 ± 2.60E-05**    | 4.91E-05 ± 9.81E-06      |
| Parabacteroides         | 3.53E-04 ± 4.50E-05**   | 2.54E-02 ± 4.63E-03**    | 2.93E-02 ± 2.21E-03      |
| Bacillus                | 3.01E-02 ± 5.06E-03**   | 7.36E-04 ± 2.64E-04**    | 5.50E-04 ± 1.04E-04      |
| Parasutterella          | 9.39E-05 ± 1.96E-05**   | 1.57E-02 ± 1.84E-03**    | 1.22E-02 ± 1.65E-03      |
| Lachnoclostridium       | 5.89E-05 ± 4.50E-05**   | 1.69E-02 ± 5.69E-03**    | 1.00E-02 ± 3.68E-03      |
| Sutterella              | 1.96E-05 ± 9.81E-06**   | 1.56E-02 ± 8.14E-03**    | 8.58E-03 ± 7.17E-04      |
| Alistipes               | 3.34E-04 ± 8.38E-05**   | 1.26E-02 ± 9.48E-03**    | 9.21E-03 ± 3.73E-03      |
| Blautia                 | 9.81E-06 ± 9.81E-06**   | 4.36E-03 ± 2.55E-03**    | 3.98E-03 ± 6.99E-04      |
| Peptoclostridium        | 1.96E-05 ± 1.96E-05**   | 3.96E-03 ± 1.03E-03**    | 4.19E-03 ± 1.96E-04      |
| Flavonifractor          | 9.81E-06 ± 9.81E-06**   | 4.17E-03 ± 6.46E-04**    | 2.81E-03 ± 6.32E-04      |
| Anaerotruncus           | 7.85E-05 ± 3.54E-05**   | 3.55E-03 ± 3.12E-03**    | 3.31E-03 ± 8.36E-04      |
| Allobaculum             | 4.91E-05 ± 2.60E-05**   | 4.29E-03 ± 1.85E-03**    | 2.57E-03 ± 9.12E-04      |
| Bifidobacterium         | 0.00E + 0.00E ± 0.00E   | 1.28E-04 ± 2.60E-05**    | 8.83E-05 ± 1.70E-05      |

Δ Antibiotic+Statin v.s. Statin
*Antibiotic+Statin v.s. Water
#Statin v.s. Water
*, Δ, # p < 0.05 **, ΔΔ p < 0.01 ***, ΔΔΔ p < 0.001
transporter for Rosuvastatin, organic anion transporting polypeptide 1B1 (OATP1B1), is regulated by a variety of factors including TNFα and IL6 [31]. Thus, the potential mechanism that mediate microbiome impact on Rosuvastatin effects might due to the transportation defects caused by diminished population of intestinal Lactobacillus and Bifidobacterium.

**Conclusions**

Taken together, our study showed that the disorder of intestinal flora can significantly reduce the efficacy of Rosuvastatin on lowering blood level of TC and LDLc in SD rats. After the recovery of intestinal flora, the Rosuvastatin effect on lipid-reduction returned to normal level. Thus, the effect of Rosuvastatin on lowering TC and LDLc can be affected by the intestinal flora. The potential mechanism is considered to associate with the increase of inflammatory factors induced by disorder of intestinal flora, and the higher expression of transporters, and the reduction of beneficial bacteria.

**Abbreviations**

DGGE: Denaturing Gradient Gel Electrophoresis; HDLc: High-density lipoprotein cholesterol; HMGCR: Hydroxymethyl glutaric acid reductase; LDL: Low-density lipoprotein; LDLc: Low-density lipoprotein cholesterol; OATP1B1: Organic anion transporting polypeptide 1B1; PCA: Principle component analysis; TC: Total cholesterol; TG: Triglyceride

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Authors' contributions

LW and JM designed the experiments and wrote the manuscript. LW performed the experiments and analyzed the data. YW, HW, XZ, XW, ZX, ZZ, KW performed the experiments and analyzed the data. All authors read and approved the final manuscript.

Ethics approval

All the animal experiments were approved by the Animal ethics office of Xi’an Jiaotong University, and consented for publication.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interest.

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