SIMPLE: SIngle-network with Mimicking and Point Learning for Bottom-up Human Pose Estimation

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Abstract

The practical application requests both accuracy and efficiency on multi-person pose estimation algorithms. But the high accuracy and fast inference speed are dominated by top-down methods and bottom-up methods respectively. To make a better trade-off between accuracy and efficiency, we propose a novel multi-person pose estimation framework, SIMPLE: SIngle-network with Mimicking and Point Learning for Bottom-up Human Pose Estimation (SIMPLE). Specifically, in the training process, we enable SIMPLE to mimic the pose knowledge from the high-performance top-down pipeline, which significantly promotes SIMPLE’s accuracy while maintaining its high efficiency during inference. Besides, SIMPLE formulates human detection and pose estimation as a unified point learning framework to complement each other in single-network. This is quite different from previous works where the two tasks may interfere with each other. To the best of our knowledge, both mimicking strategy between different method types and unified point learning are firstly proposed in pose estimation. In experiments, our approach achieves the new state-of-the-art performance among bottom-up methods on the COCO, MPII and PoseTrack datasets. Compared with the top-down approaches, SIMPLE has comparable accuracy and faster inference speed.

1 Introduction

Human pose estimation in images (Wei et al. 2016; Newell, Yang, and Deng 2016) is of importance for visual understanding tasks (Hattori et al. 2018; Li et al. 2018; Wang, Zhao, and Ji 2018). Research community has witnessed a significant advance from single person to multi-person pose estimation, which can be generally categorized into top-down (Xiao, Wu, and Wei 2018; Sun et al. 2019) and bottom-up (Pishchulin et al. 2016; Cao et al. 2019) approaches. Top-down methods achieve multi-person pose estimation by the two-stages process, including obtaining person bounding boxes by a person detector and predicting keypoint locations separately within these boxes. This time-consuming pipeline makes it much slower than bottom-up methods. Bottom-up methods firstly detect body joints without information of the number and locations of people. Then detected joints are grouped to form individual poses for person instances. However, the pose estimation of multi-people with different scales is difficult, so there is a noticeable performance gap between bottom-up and top-down methods.

In this paper, we propose SIMPLE framework to address the problem mentioned above, i.e., there is not a satisfactory trade-off between accuracy and speed among the previous pose estimation methods. For narrowing the performance gap between bottom-up and top-down methods, SIMPLE forces the estimated pose heatmaps (student) to mimic the output heatmaps of the high-performance top-down approach (teacher) in the training process. Specifically, an extra human detection branch extracts the heatmap patches of each person in the student model, which is semantically aligned with the heatmaps of the teacher model. Then a convolutional adapter is utilized to align the high-level feature and the mimicking loss is optimized to perform knowledge transfer. For unifying human detection and pose estimation to complement each other, SIMPLE treats these two tasks as point learning problems. In particular, it consists of a shared backbone and two parallel point learning-based head branches. Moreover, benefit from human detection results, SIMPLE has a CNN-based grouping module that can intuitively and gracefully solve the grouping problem.

Benefit from the network mimicking strategy, SIMPLE is supervised by both ground-truth and high-level knowledge

| Method       | AP on COCO | mAP on MPII |
|--------------|------------|-------------|
| OpenPose     | 61.8       | 75.6        |
| AE           | 65.5       | 79.6        |
| PersonLab    | 68.7       | -           |
| MultiPoseNet | 69.6       | -           |
| PPN          | -          | 77.0        |
| HigherHRNet  | 70.5       | -           |
| Ours         | 71.1       | 85.1        |

Table 1: The multi-person pose estimation performance for existing bottom-up methods and SIMPLE. Our approach obtains leading performance among bottom-up methods, with AP of 71.1 and mAP of 85.1 on COCO test-dev and MPII Human Pose testing sets respectively.
from the teacher model. Therefore its pose estimation performance is significantly promoted. Meanwhile, the fast inference speed is maintained. Point learning-based human detector and pose estimation not only promote each other but also help SIMPLE obtain an intuitive and gracious grouping algorithm. In experiments, SIMPLE achieves the new state-of-the-art performance among bottom-up methods on the COCO, MPII and PoseTrack dataset. Compared with the top-down approaches, SIMPLE has comparable accuracy and faster speed. As shown in Table 1, our approach outperforms previous bottom-up methods.

In conclusion, the main contributions of this paper can be described as follows:

1. SIMPLE proposes a novel network mimicking strategy to narrow the performance gap between bottom-up and top-down methods, which is the first work to adopt network mimicking between different pose estimation pipelines.

2. SIMPLE pioneers the unified point learning framework for both human detection and pose estimation, which makes the two tasks promote each other. Moreover, the detection results help SIMPLE achieve the network mimicking and solve the grouping problem intuitively and graciously.

3. SIMPLE achieves the new state-of-the-art performance among bottom-up methods on the COCO, MPII and PoseTrack dataset, which also has comparable accuracy with the top-down approaches but faster inference speed.

### 2 Related Works

**Multi-person Pose Estimation in Image** Most top-down approaches (Papandreou et al. 2017; Chen et al. 2018; Xiao, Wu, and Wei 2018; Li et al. 2019; Sun et al. 2019; Wang et al. 2019; Huang et al. 2020; Artacho et al. 2020; Cai et al. 2020) achieve pose estimation by two-stages: firstly, detect and crop-resize persons from the original image, then perform single person pose estimation on fixed scale person patches. As the repetitive single person pose estimations of fixed size are performed for all the people in the image, most state-of-the-art performances on multi-person human pose estimation benchmarks are achieved by top-down methods. But this time-consuming pipeline makes it much slower than bottom-up methods. In contrast, bottom-up methods (Pishchulin et al. 2016; Insafutdinov et al. 2016; Cao et al. 2019; Newell, Huang, and Deng 2017; Kocabas, Karagoz, and Akbas 2018; Cheng et al. 2020) start by detecting identity-free joints for all persons in an input image through predicting heatmaps of different classes keypoints, and then group them into person instances. As the pose estimation only needs to be performed once, bottom-up methods can obtain faster inference speed regardless of the person numbers in an image. However, there is an obvious performance gap between bottom-up and top-down methods.

**Point Learning for Visual Recognition** Pose estimation is a typical application of point learning, which is performed only based on keypoint prediction. Object detection is another field where point learning is widely applied. Existing object detection methods can be categorized into two main types of pipelines: anchor-based and anchor-free approaches. Point learning-based object detection is a branch of anchor-free methods. CornerNet (Law and Deng 2018), CenterNet (Zhou, Wang, and Krähenbühl 2019; Duan et al. 2019) and CentripetalNet (Dong et al. 2020) are representative point learning detectors. Besides, point learning is recently developed in single (Zhang et al. 2020) and multiple (Zhou, Koltun, and Krähenbühl 2020) object tracking.

**Network Mimicking** The principle of network mimicking is knowledge distillation. Concentrating on information transfer between different neural networks, knowledge distillation has been successfully exploited in many computer
vision tasks such as classification (Hinton, Vinyals, and Dean 2015) [Romero et al. 2014], Zhang et al. 2018), object detection (Li, Jin, and Yan 2017) [Wei et al. 2018], Zhu et al. 2019] and semantic segmentation (He et al. 2019), Liu et al. 2019). While the previous knowledge distillation for pose estimation (Zhang, Zhu, and Ye 2019) [Radosavovic et al. 2018] are implemented between the different configurations of the same pipeline, we propose a new knowledge distillation strategy to utilize the built-in advantage of the top-down method to improve the performance of bottom-up methods fundamentally.

3 SIMPLE Framework

As shown in Fig. 1, SIMPLE consists of a single network with point learning for bottom-up human pose estimation (described in Sec. 4) and an assistant mimicking network for improving the pose estimation performance (described in Sec. 5). As shown in the upper half of Fig. 1, the pose estimator with point learning plays the student model in the network mimicking. The input image is firstly fed into the feature extractor (backbone network) which is followed by two parallel branches including a human detection branch and pose estimation branch. The unified point learning pipelines complement each other due to their similar learning target. Additionally, the result of human detection can help SIMPLE assign the detected pose keypoints to achieve pose grouping.

In the network mimicking strategy of SIMPLE, our proposed point learning network is the student model. A high-performance top-down pose estimation method is adopted as the teacher model which is drawn in the lower half of Fig. 1. Network mimicking starts at the intermediate training process of the student model. The bounding boxes outputted by the human detection branch of the student model are utilized to crop and resize the sub-images of a single person. Then these single person images are fed into the top-down pipeline to perform single person pose estimation. Finally, network mimicking is performed between SIMPLE (student) and the top-down method (teacher) to improve the quality of pose heatmaps of SIMPLE, which is illustrated in Fig. 2.

To keep the consistency of features between the teacher and student model, we use HRNet (Sun et al. 2019) as the backbones of both models. Inspired by (Sun et al. 2019), the teacher model only uses the feature maps of the highest-resolution branch in the 4th stage to predict the keypoints. For the proposed student model which needs to predict the keypoints for all persons with different scales, we use all the outputs of four branches in the 4th stage. Specifically, upsampling is performed to transform the resolution of other branches to the highest-resolution to obtain the feature maps $F_{\text{shared}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4} \times 15C$. $C$ is the width of feature maps outputted by the 1st stage of HRNet.

4 Point Learning for Human Detection and Pose Estimation

Different from the pre-processing stage in top-down methods, the human detector of SIMPLE is performed parallel with pose estimation. As shown in Fig. 1, SIMPLE formulates the human detection and pose estimation as a unified point learning problem whose learning target is a set of points $P_{\text{SIMPLE}}$:

$$P_{\text{SIMPLE}} = P_{\text{det}} \cup P_{\text{pose}}$$ (1)

where $P_{\text{det}}$ and $P_{\text{pose}}$ are the two sets of human detector and pose estimator respectively.

4.1 Point Learning for Human Detection

As a subset of $P_{\text{SIMPLE}}$, $P_{\text{det}}$ is a union of three point sets:

$$P_{\text{det}} = \{P_{\text{top-left}}, P_{\text{bottom-right}}, P_{\text{center}}\}$$ (2)

where $P_{\text{top-left}}, P_{\text{bottom-right}}$ and $P_{\text{center}}$ are the sets of top-left, bottom-up and center point of human bounding boxes respectively. Taking $P_{\text{top-left}}$ for example:

$$P_{\text{top-left}} = \{P_{\text{top-left}} \mid 1 \leq n \leq N, n \in \mathbb{Z}\}$$ (3)

where $N$ is the number of persons in the image.

As the Fig. 1 shows, SIMPLE generates detection heatmaps $H_{\text{center}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4}$, $H_{\text{top-left}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4}$ and $H_{\text{bottom-right}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4}$ by setting center pooling $\text{Pooling}_{\text{cen}}$ and cascade corner pooling $\text{Pooling}_{\text{cor}}$ on the feature maps $F_{\text{shared}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4} \times 15C$. The center pooling is used to find the maximum value in its both horizontal and vertical directions and add them together. Then $H_{\text{center}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4}$ is generated by a 3x3 convolution layer $W_{\text{cen}}$ following center pooling. Meanwhile $H_{\text{top-left}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4}$ and $H_{\text{bottom-right}} \in \mathbb{R}^\frac{W}{4} \times \frac{H}{4}$ can also be generated by the same pipeline with cascade corner pooling instead of center pooling. The center pooling, cascade corner pooling and the training loss $L_{\text{det}}$ of detection branch are all defined in the CenterNet. We suggest to refer to (Duan et al. 2019) for details. The three sets of points can be obtained on its corresponding heatmap as:

$$P_{\text{center}} = \{P_{\text{center}} \mid H_{\text{center}}(P_{\text{center}}) \geq \phi_{\text{det}}\}$$ (4)

where $\phi_{\text{det}}$ is the threshold value for human detection prediction. Here we take $P_{\text{center}}$ as an example. The points in $P_{\text{top-left}}, P_{\text{bottom-right}}, P_{\text{center}}$ are drawn on the image with different colors in Fig. 1 for intuitive understanding.

Grouping top-$N$ center, top-left and bottom-right points to human bounding boxes follows two steps: (1) obtaining $N^2$ proposal boxes by combining top-$N$ top-left and bottom-right points; (2) For each proposal box, if there is a center point in its central region, it will be preserved. Otherwise, it will be removed. The confidence score of the bounding box is defined as the average scores of the three points.

4.2 Point Learning for Pose Estimation

Similar with human detector, the learning targets of pose estimator is also a union of of $K$ point sets:

$$P_{\text{pose}} = \{P_k \mid 1 \leq k \leq K, k \in \mathbb{Z}\}$$ (5)

where $K$ is the category number of human keypoints, $Z$ represents the set of integer and $P_k$ is the set of the $k$-th category human keypoints:

$$P_k = \{P_{kn} \mid 1 \leq n \leq N, n \in \mathbb{Z}\}$$ (6)
Figure 2: The pipeline of network mimicking strategy. This figure is a part of Fig. 1 in which the content about network mimicking is reserved and drawn in more detail. The left blue area is our proposed student model. Its detection branch provides bounding boxes to crop and resize the single person images which are fed into the top-down teacher model in the right blue area. On the other hand, these bounding boxes are utilized to extract student pose heatmaps of the detected person by ROIAlign (RA). So mimicking performs between extracted student pose heatmaps and the teacher model’s pose knowledge transferred by two convolutional adapters.

where $N$ is the number of the $k$-th category human keypoints in the image.

Consistent with other bottom-up approaches, the pose estimation branch of SIMPLE is designed to output the keypoint heatmaps $H_{pose} \in \mathbb{R}^{W \times H \times k}$ from the features maps $F_{shared} \in \mathbb{R}^{W \times H \times 4 \times 15C}$ by fully-convolutional layers $W_{pose}$. Then we can obtain all $K$ subsets of $\mathcal{P}_{pose}$ by:

$$\mathcal{P}_{k} = \{P^n_k | H_{pose}(P^n_k) \geq \phi_{pose}\}$$

(7)

where $\phi_{pose}$ is the threshold value for human keypoints prediction. The points in every $\mathcal{P}_{k}$ are drawn on the image with different colors in Fig. 1 for intuitive understanding.

In training process, the Mean-Squared Error (MSE) function is adopted as training loss $L_{pose}$ of pose estimation:

$$L_{pose} = \frac{1}{K} \sum_{k=1}^{K} ||\hat{H}_{pose,k} - H_{pose,k}||^2_2$$

(8)

where $\hat{H}_{pose,k}$ and $H_{pose,k}$ means the ground-truth and predicted heatmap of $k$-th joint respectively.

Benefit from bounding boxes provided by human detection branch, SIMPLE can achieve keypoint grouping by utilizing a convolutional module. Specifically, this module takes a sub-region of global pose heatmap extracted by someone’s bounding box as input. On the sub-heatmap, there may be some unexpected keypoint activations not belonged to this person. The convolutional module needs to suppress these activations and reserve (not refine) the activations belonged to this person. So the training supervision is not ground truth keypoints but their corresponding predicted keypoints for this person. Different from the Pose Residual Network (PRN) in MultiPoseNet (Kocabas, Karagoz, and Akbas 2018) which uses a residual multilayer perception (MLP) to perform the same task, SIMPLE makes better use of spatial structures of human pose.

4.3 Unified Point Learning

As pose estimation and human detection are both formulated as a point learning strategy, SIMPLE achieves the two tasks by parallel branches. As shown in Fig. 1, all the heatmaps of pose estimation and human detection are generated from the feature maps extracted by the shared backbone:

$$\begin{align*}
H_{pose,k} &= W_{pose}(F_{shared}) \\
H_{center} &= W_{center}(Pooling_{cen}(F_{shared})) \\
H_{top-left} &= W_{top-left}(Pooling_{cor}(F_{shared})) \\
H_{bottom-right} &= W_{bottom-right}(Pooling_{cor}(F_{shared}))
\end{align*}$$

(9)

Based on the above unified point learning strategy, the whole SIMPLE can be trained end-to-end in the supervision by ground-truth of human keypoints and bounding boxes:

$$w_{SIMPLE} = \arg \min_{w_S} (L_{pose} + \alpha L_{det})$$

(10)

where $W_{SIMPLE}$ represents the model weight of SIMPLE.

The reason why this human detection pipeline is adopted in SIMPLE is that the bounding boxes of humans are predicted only relying on point prediction. It means human detection and pose estimation’s optimization objectives are consistent. On the other hand, the activation of joints on pose estimation heatmaps can make the shared feature maps useful for center pooling and cascade corner pooling. So the pose estimator can help human detector improve accuracy. It is noting that in MultiPoseNet, the anchor-based detector and point learning-based pose estimation may interfere with each other. The experiment in Sec. 6.2 also proves that unified point learning in SIMPLE is more superior.

5 Network Mimicking

5.1 Motivation

For the multi-person pose estimation, state-of-the-art performance is always achieved by top-down methods. The bottom-up methods are generally lagging behind the top-down methods in terms of accuracy on public datasets. The better performance of top-down methods comes from the repeated computation for each fixed scale person’s pose estimation in the second stage, which can help the network learn the feature of human keypoint accurately without scale variation. Pose estimation network of bottom-up methods needs
to predict the locations of joints of all people with various scales in once inference, which brings difficulty to extract high-quality features for keypoint location. To tackle this dilemma, network mimicking is adopted in SIMPLE, which forces the bottom-up heatmaps to mimic the knowledge of the high-performance top-down approach.

### 5.2 Pose Knowledge

The key to performing network mimicking is designing the pose knowledge from the teacher model. Firstly, considering that ground-truth heatmaps have accurate keypoint annotations in top-down framework, we force the single-person areas of the student’s heatmaps to mimic the ground-truth of the teacher. This produces marginal effect as shown in Sec 6.2. Inspired by the well-explored knowledge strategy research, the soft output as well as ground-truth of the teacher model are adopted.

For mimicking the soft output of the teacher model, two choices are explored: feature maps and heatmaps. We argue that heatmaps are better because 1) Feature maps of the teacher model only serve for pose estimation, while the student model serves both detection and pose estimation. 2) Heatmaps include more explicit pose information which can help the student model learn them more straightly. The experiment results in Table 3 validate this choice.

### 5.3 Transfer Module

As shown in Fig. 2, the transfer module to perform network mimicking includes three components: a ROIAAlign (He et al. 2017) and two convolutional adapters. The resolution of the teacher model are adopted.

The obtained heatmaps are better because 1) Feature maps of the teacher model only serve for pose estimation, while the student model serves both detection and pose estimation. 2) Heatmaps include more explicit pose information which can help the student model learn them more straightly. The experiment results in Table 3 validate this choice.

As shown in Fig. 2, the transfer module to perform network mimicking includes three components: a ROIAAlign (He et al. 2017) and two convolutional adapters. The resolution of the teacher model is fixed because its input is the resized sub-image of a single person, while the resolution of the corresponding area on student is various. Therefore a ROIAAlign operation is adopted to extract the area of each person on the pose heatmaps of student model. Utilizing the results of the human detection branch of SIMPLE, the student heatmaps to be distilled is generated, which have the same fixed size as the knowledge of teacher.

\[
H^s_n \in \mathbb{R}^{W' \times H' \times K} = \text{ROIAAlign}_{\text{bbox}_n}(H^t) \tag{11}
\]

where \(H^t\) is the pose heatmaps of SIMPLE, \(\text{bbox}_n\) is the bounding box of \(n\)-th person.

Then the mimicked teacher’s heatmaps is calculated by:

\[
H^{t^{gt}}_n \in \mathbb{R}^{W' \times H' \times K} = \phi_{\text{adapter}_1}(H^t_n) \tag{12}
\]

\[
H^{t^{tp}}_n \in \mathbb{R}^{W' \times H' \times K} = \phi_{\text{adapter}_2}(H^t_n) \tag{13}
\]

where \(H^{t^{gt}}_n\) and \(H^{t^{tp}}_n\) are the ground-truth heatmaps and predicted heatmaps of teacher model on the sub-image of \(n\)-th person. And the sub-image is cropped and resized by utilizing the results of the human detection branch of SIMPLE. The two convolutional adapters \(\phi_{\text{adapter}_1}\) and \(\phi_{\text{adapter}_2}\) are added on heatmaps to transfer the latent knowledge better. The obtained \(H^{t^{gt}}_n\) and \(H^{t^{tp}}_n\) comprise the pose knowledge from teacher model.

### 5.4 Mimicking Pipeline

An overview of the whole mimicking procedure is depicted in Fig. 2. At first, we need to prepare a trained high-performance top-down pose estimator as the teacher model. Then the student model SIMPLE is trained until the detection results can be utilized for network mimicking. At last, the network mimicking procedure starts: the bounding boxes predicted by the SIMPLE are utilized to crop and resize the training image to get a single person’s images. And these single person’s images are fed into the teacher model to obtain the pose knowledge, which includes predicted and ground-truth heatmaps. The way to assign ground-truth (GT) keypoints to a single person’s images is similar to that assigning GT keypoints to human proposals in Mask R-CNN. So student model is forced to mimic these heatmaps, and only the parameters weight of the student model is updated during mimicking. This procedure is also summarised in the Algorithm 1.

**Algorithm 1 Mimicking pipeline of SIMPLE**

**Require:** Already trained teacher model \(T\), student model \(S\) initialized by ImageNet pretraining

**Ensure:** Trained student model \(S\)

**STAGE 1:** Training student model SIMPLE \(S\):

\[W_S = \arg \min_{W_S} (L_{\text{pose}} + \alpha L_{\text{det}})\]

**STAGE 2:** Start network mimicking:

\[W_S = \arg \min_{W_S} (L_{\text{pose}} + \alpha L_{\text{det}} + \beta L_m)\]

As the pose knowledge from the teacher model has two parts, two Mean-Squared Error (MSE) functions are adopted as the mimicking loss:

\[L_m = \frac{1}{N} \sum_{n=1}^{N} \sum_{k=1}^{K} \|H^t_{nk} - H^{t^{gt}}_{nk}\|^2 \tag{14}\]

\[L_m2 = \frac{1}{N} \sum_{n=1}^{N} \sum_{k=1}^{K} \|H^t_{nk} - H^{t^{tp}}_{nk}\|^2 \tag{15}\]

where \(H^t_{nk}\), \(H^{t^{gt}}_{nk}\) and \(H^{t^{tp}}_{nk}\) specify the extracted student heatmaps and transferred teacher heatmaps for the \(k\)-th joint of the \(n\)-th people, calculated by Equation 11, Equation 12 and Equation 13 respectively. The final mimicking loss \(L_m\) is the sum of \(L_{m1}\) and \(L_{m2}\).

### 5.5 Discussions

Here are some explanations for why the mimicking strategy can help SIMPLE improve its performance: (1) The predicted heatmaps of a high-performance teacher network encode the abstract knowledge learned from the entire training dataset in advance. (2) The predicted heatmaps have more useful information (like more complete joint labels) about difficult training cases, and can mitigate inconsistencies (even some errors) in manual annotation (Zhang, Zhu, and Ye 2019). (3) The pose knowledge from scale-invariance top-down method can help the bottom-up method mitigate scale variation problem.
6 Experiments

6.1 Implemented Details
The proposed SIMPLE is implemented in PyTorch (Paszke et al. 2019). Different specifications of HRNet are chosen as the backbone, including HRNet-W18 and HRNet-W32. They are all pre-trained on ImageNet (Russakovsky et al. 2015). The training process is performed on 8 GeForce 1080Ti (11GB) GPUs. The SIMPLE-W18 and SIMPLE-W32 are trained with a learning rate of 0.00025 and 0.0002 in the first 120 epochs while the batch size is set as 48 and 32, respectively. Then the learning rate drops 10 $\times$ for the 121-th to 200-th epochs. The network mimicking begins from 151-th epoch with the constant learning rate, while $\alpha$ and $\beta$ are set as 1. In inference, the size of the test image is set as 512 $\times$ 512. For the human detection branch, the $N$ is set as 32 when grouping top-N center, top-left and bottom-right points to human bounding boxes. Then we also select top-32 bounding boxes to finish pose keypoints grouping. For the multi-scale testing, the test image resolutions are scaled with 0.6, 1.0, 1.2, 1.5 and 1.8.

6.2 Ablation Study

Ablation for Point Learning Detection
In Table 2 we evaluate the effectiveness of point learning detection in pose estimation framework by comparing: (a) SIMPLE without human detection, (b) SIMPLE with regression-based human-detection and (c) SIMPLE with point learning-based human detection. HRNet-W32 is utilized as the backbones of all three implementations. Additionally, due to the lack of human detect results, keypoint grouping of SIMPLE cannot be performed in (a). So the grouping method of AE (Newell, Huang, and Deng 2017) is adopted in (a). Network mimicking is not adopted in this ablation. In (b), the human detection is achieved as in MultiPoseNet. As reported in Table 2, adopting regression-based human detection increases AP of 1.1 than that without human detection. Benefit from point learning human detection, our SIMPLE-W32 obtains AP of 67.1 (+2.6 AP than regression-based human detection) on COCO2017 val. This experiment proves the effectiveness of the unified point learning strategy. This can also be seen in Fig. 3(I) that shows the visualizations of (b) and (c).

|        | Detection | Point learning detection | AP  |
|--------|-----------|--------------------------|-----|
| (a)    |           |                          | 63.4|
| (b)    | ✓         | ✓                        | 64.5|
| (c)    | ✓         | ✓                        | 67.1|

Table 2: Ablation study of point learning strategy. Trained on COCO2017 train and tested on COCO2017 val.

Ablation for Network Mimicking
We evaluate the effectiveness of SIMPLE’s mimicking strategy in Table 3. The student model is SIMPLE-W32. (a) is without mimicking. As described in Sec. 5.2, we firstly let SIMPLE’s pose heatmaps mimic the ground-truth heatmaps of the top-down teacher model. But the AP improvement of 0.8 is marginal as shown in Table 3(b). Then the soft output of the teacher model is adopted, including feature maps (c) and predicted heatmaps (d). From Table 3 one can find that mimicking feature maps harms SIMPLE’s accuracy while mimicking heatmaps can help (a) increase AP by 3.1. The final mimicking strategy (e) is a combination of (b) and (d), and the AP improvement of 3.7 proves the superiority of SIMPLE’s strategy. Some visualization results are shown in Fig. 3(II), which intuitively shows the improvement brought by mimicking. Additionally, heatmaps analysis is also illustrated in Fig. 3(III). The visualization process of pose heatmaps is: firstly, we turn the pose heatmaps of 17 channels into a one-

|        | Network mimicking strategy | AP  |
|--------|----------------------------|-----|
| (a)    | Without network mimicking | 67.1|
| (b)    | Only with ground-truth heatmaps | 67.9|
| (c)    | Mimicking on soft feature maps | 66.8|
| (d)    | Mimicking on soft heatmaps | 70.2|
| (e)    | SIMPLE’s implementation | 70.8|

Table 3: Ablation study of network mimicking strategy. Trained on COCO2017 train and tested on COCO2017 val.
channel heatmap, where the pixel value at each location is the maximum among these of 17 channels. Then the one-channel pose heatmap is multiplied by 255. As shown in Fig. 3(III), the predicted pose heatmaps with network mimicking are clearer and have higher activation value for the difficult joints than these without network mimicking.

### 6.3 Comparison with State-of-the-art

We compare SIMPLE with the state-of-the-art methods on the three datasets: COCO2017 (Lin et al. 2014), MPII (Andriluka et al. 2014) and PoseTrack (Andriluka et al. 2018). The compared bottom-up pose estimation methods include OpenPose (Cao et al. 2019), AE, PersonLab (Papandreou et al. 2018), MultiPoseNet, PifPaf (Kreiss, Bertoni, and Gall 2019), SPM (Nie et al. 2019), HigherHRNet (Cheng et al. 2020) and PPN (Nie et al. 2018). The compared top-down pose estimation methods include Mask R-CNN (He et al. 2017), CPN (Chen et al. 2018), RMPE (Fang et al. 2017), SimpleBaseline (Xiao, Wu, and Wei 2018) and HRNet-W32 (Sun et al. 2019). The comparison pose tracking methods include JointFlow (Doering, Iqbal, and Gall 2018), PoseTrack (Andriluka et al. 2018), PoseFlow (Xiu et al. 2018), SimpleBaseline (Xiao, Wu, and Wei 2018) and Det&Track (Girdhar et al. 2018).

COCO2017 Table 4 reports the results of pose estimation on COCO2017 test-dev dataset. Our SIMPLE-W32 obtains AP of 71.1, which outperforms all the bottom-up methods. Using a larger backbone HRNet-W48 and larger input size of 640, HigherHRNet still lags behind SIMPLE-W32. Even without test data augmentations, SIMPLE-W32 can also achieve the almost 70 AP score, which is significantly higher than HigherHRNet with the same configuration. Benefit from our unified point learning and network mimicking strategy, SIMPLE still outperforms most bottom-up methods with data augmentations. Compared with top-down methods, SIMPLE achieves comparable AP, meanwhile much faster than them (the input size of SIMPLE is 512×512). Comparing with SimpleBaseline, SIMPLE-W32 increases in speed by dozens of times while is only 2.6 AP behind it.

### MPII

Table 5 reports the results on MPII. Only bottom-up methods participate in the comparison because there are no bounding box annotations for top-down methods. On MPII Human Pose testing set, the mAP of the two SIMPLEs are 82.5 and 85.1. These performances beat all the previous bottom-up methods that reported the result on MPII dataset in their paper.

| Method       | Type | mAP | AP | AP | AP | AP | AP | AP | Speed s/img |
|--------------|------|-----|----|----|----|----|----|----|-------------|
| OpenPose (r) | BU   | 61.8| 84.9| 67.5| 57.1| 68.2| 0.005 |   |             |
| AE (mr)      | BU   | 65.5| 86.8| 72.3| 60.6| 72.6| 0.17  |   |             |
| PersonLab (m)| BU   | 68.7| 89.0| 75.4| 64.1| 75.5| -    |   |             |
| MultiPoseNet (mcer) | BU | 69.6| 86.3| 76.6| 65.0| 76.3| 0.043 |   |             |
| PifPaf       | BU   | 66.7| -   | 62.4| 72.9| 0.4  |   |   |             |
| SPM          | BU   | 66.9| 88.5| 72.9| 62.6| 73.1| 0.058 |   |             |
| HigherHRNet-32 | BU | 70.5| 89.3| 77.2| 66.6| 75.8| -    |   |             |
| HigherHRNet-48 (m) | BU | 66.1| 85.9| 73.6| 63.6| 74.6| 0.040 |   |             |
| SIMPLE-W18   | BU   | 68.1| 87.8| 75.5| 64.9| 75.7| 0.040 |   |             |
| SIMPLE-W18 (m) | BU | 69.6| 89.3| 77.9| 68.1| 77.8| 0.072 |   |             |
| SIMPLE-W32   | BU   | 71.1| 90.2| 79.4| 69.1| 79.1| 0.072 |   |             |

Table 5: Multi-person pose estimation on MPII Human Pose testing dataset.

| Method       | Type | mAP | AP | AP | AP | AP | AP | AP | Speed s/img |
|--------------|------|-----|----|----|----|----|----|----|-------------|
| JointFlow    | BU   | 63.3| 53.1| 82.6| 69.7| 5   |   |   |             |
| PoseTrack    | BU   | 59.4| 48.4| -   | -   | -   |   |   |             |
| SIMPLE-W18   | BU   | 66.7| 55.1| 77.3| 70.3| 0.040 |   |   |             |
| SIMPLE-W32   | BU   | 69.5| 55.7| 79.1| 74.6| 0.072 |   |   |             |
| PoseFlow     | TD   | 63.0| 51.0| 71.2| 78.9| 0.15 |   |   |             |
| Sim.Bas.-50  | BU   | 70.0| 56.4| 81.0| 75.7| 5   |   |   |             |
| Sim.Bas.-152 | BU  | 73.9| 57.6| 79.4| 79.9| 5   |   |   |             |
| Det&Track    | BU   | 59.6| 51.8| -   | -   | 1.25 |   |   |             |

Table 6: Multi-person pose estimation and tracking performance on PoseTrack test dataset.

**PoseTrack** PoseTrack is a large-scale benchmark for human pose estimation and tracking in videos. mAP and MOTA are two main metrics for pose estimation and tracking performance. Table 6 reports the results on the test dataset. The pose estimation on each video frame is achieved by SIMPLE, and pose tracking strategy across frames follows SimpleBaseline, which can be referred to (Xiao, Wu, and Wei 2018). As reported in Table 6, our SIMPLE-W32 achieves the competitive result, a 69.5 mAP and a 55.7 MOTA. The results are only weaker than two SOTA top-down methods and achieves leading performance among the bottom-up methods. It’s worth noting that the inference speed of SIMPLE-W32 is only 0.072 s/image, which is significant for the practicality of pose tracking.
7 Conclusion
In this paper, we propose SIMPLE, a novel multi-person pose estimation framework. SIMPLE formulates the human detection and pose estimation as a unified point learning problem, and can mimic knowledge between two different pipelines. In experiments, SIMPLE achieves better accuracy-speed trade-off comparing with SOTAs.

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