Additional file 1: Pre-treatment scores of patients, community norms, Cronbach’s Alpha and criterion C for each outcome measure

|                          | N   | M   | SD  | M   | SD  | Cronbach’s α | Criterion C | % Normative patients |
|--------------------------|-----|-----|-----|-----|-----|--------------|--------------|----------------------|
| **EDI-2**                |     |     |     |     |     |              |              |                      |
| Drive for Thinness       | 434 | 29.6| 8.65| 17.3| 6.8 | .89          | 22.71        | 21.8                 |
| Bulimia                 | 434 | 16.7| 9.26| 10.6| 3.4 | .92          | 12.25        | 41.7                 |
| Body Dissatisfaction    | 429 | 38.2| 9.40| 30.2| 10.3| .85          | 34.39        | 37.0                 |
| Ineffectiveness         | 429 | 37.3| 10.7| 23.5| 5.7 | .91          | 28.28        | 21.3                 |
| Perfectionsim           | 434 | 23.1| 6.27| 16.5| 5.7 | .77          | 19.68        | 25.1                 |
| Interpersonal Mistrust  | 432 | 24.0| 6.89| 18.4| 4.4 | .84          | 20.59        | 29.6                 |
|                          |     |     |     |     |     |              |              |                      |
| Interoceptive Awareness | 434 | 36.2| 9.63| 22  | 5.7 | .84          | 27.30        | 16.9                 |
| Maturity Fears          | 431 | 27.8| 8.04| 20.8| 4.7 | .83          | 23.37        | 26.9                 |
| Asceticism              | 429 | 26.2| 7.51| 16.5| 4   | .78          | 19.88        | 17.3                 |
| Impulse regulation      | 427 | 28.7| 8.10| 23.6| 6.3 | .77          | 25.85        | 36.4                 |
| Social Insecurity       | 433 | 28.5| 6.86| 22  | 4.7 | .78          | 24.65        | 26.4                 |
| EDI-2 Global score      | 433 | 315.96| 63.86| 223.2| 38.1| .96          | 257.86       | 20.6                 |
| **BSI GSI**             | 431 | 1.37| 0.72| 0.35| 0.23| .96          | 0.60         | 15.7                 |
| **BDI-2**               | 381 | 28.37| 12.22| 7.4 | 7.3 | .92          | 15.24        | 13.9                 |

Notes: EDI-2=Eating disorder inventory-2, BSI=Brief symptom inventory, GSI=Global severity index, BDI-2=Beck depression inventory-2, norms for the healthy samples were taken from the applicable norms [24, 26, 28]