# Narrative Review Checklist

| Section/Topic     | Item No | Item                                                                 | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|-------------------|---------|----------------------------------------------------------------------|------------------------------------|-----------------------------|
| **TITLE**         |         |                                                                       |                                    |                             |
| Title             | 1       | Identify the report as a Narrative Review of …                       | 1/1                                | 1                           |
| **ABSTRACT**      |         |                                                                       |                                    |                             |
| Unstructured summary | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2/1 - 2/11, 2/14 - 2/21           | 2                           |
| **INTRODUCTION**  |         |                                                                       |                                    |                             |
| Rationale/background | 3       | Describe the rationale for the review in the context of what is already known. | 3/1 - 3/24                        | 3                           |
| Objectives        | 4       | Specify the key question(s) identified for the review topic.          | 3/1 - 3/24, 8/1-8/20               | 5                           |
| **METHODS**       |         |                                                                       |                                    |                             |
| Research selection | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | N/A                               | N/A                         |
| **DISCUSSION/SUMMARY** |         |                                                                      |                                    |                             |
| Narrative         | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 9/1 - 22/18                       | 6                           |
| Summary           | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 23/1 - 23/17                     | 7                           |

*Article information: http://dx.doi.org/10.21037/jrd-21-22
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.