Dynamics and thermodynamics in spinor quantum gases

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Abstract

We discuss magnetism in spinor quantum gases theoretically and experimentally with emphasis on temporal dynamics of the spin order parameter in the presence of an external magnetic field. In a simple coupled Gross-Pitaevskii picture we observe a dramatic suppression of spin dynamics due to quadratic Zeeman "dephasing". In view of an inhomogeneous density profile of the trapped condensate we present evidence of spatial variations of spin dynamics. In addition we study spinor quantum gases as a model system for thermodynamics of Bose-Einstein condensation. As a particular example we present measurements on condensate magnetisation due to the interaction with a thermal bath.

1 Introduction

The field of cold quantum gases has seen a rapid growth since the first realisation of Bose-Einstein condensation in dilute atomic gases in 1995 [1-3] accompanied with the development of a broad range of tools for the detailed control of these systems. Single component Bose-Einstein condensates have evolved into a fundamental model system showing many intriguing phenomena. For an overview see e.g. [4-5]. In contrast to these systems with a scalar order parameter spinor Bose-Einstein condensates offer spin as a new degree of freedom and are consequently represented by a vector order parameter. In addition to being mixtures of different bosonic species the different components in these multicomponent quantum systems are coupled and can exchange particles. This makes spinor Bose-Einstein condensates unique systems, which on the one hand possess intrinsic magnetic properties and on the other hand give access to well controlled Bose-Einstein thermodynamics with adjustable heat and particle bath.

Magnetism in degenerate quantum gases offers new regimes for studies of collective spin phenomena [12-13, 14-15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28] and opens new perspectives in view of the closely related entangled spin systems in atomic quantum gases, which show intriguing prospects for quantum optics and quantum computation [29-30, 31-32, 33].

So far studies concentrated on the magnetic properties of spin 1 ultracold quantum gases in optically trapped 23Na [22, 23, 24, 25] and recently in 87Rb [24, 27, 28, 35], where also the intrinsically more complex F=2 spin state became accessible [27, 35].

Systems closely related to these spinor condensates are effective spin-1/2 systems realized by radiofrequency coupling of two hyperfine states in 87Rb [19, 20, 21], in which spinwaves [25] and decoherence effects were observed [36]. In this paper we will concentrate on F=1 and F=2 spinor condensates of 87Rb in two limits. First we investigate the coherent spinor evolution of a trapped ensemble at zero temperature in the presence of a homogeneous magnetic field, where we find suppression of spin dynamics due to the quadratic Zeeman effect as well as a spatial dependece of the dynamics. The other limit is thermally dominated spin dynamics at temperatures close to Tc, where a significant fraction of the atoms occupies the normal component. Spinor gases in this regime can act as a versatile model system for thermodynamics with tunable heat and particle bath as recently demonstrated with a constant temperature Bose-Einstein phase transition [37]. In this paper we will present new data on thermally induced condensate magnetisation as another intriguing example of spinor thermodynamics.

2 Spinor condensates at T=0

The theory presented in this section is based on a mean field approach, in extension of the very successful treatment of single component Bose-Einstein condensates. The basic two-particle interactions are represented by a density and spin-composition dependent average energy shift. This approach has first been developed for F=1 systems [12-13] and was later extended to F=2 systems [15].

For typical experimental parameters the mean field shifts connected to collisions in different spin channels dominate magnetic dipole dipole interactions by at least one order of magnitude. In the following analysis magnetic dipole dipole interactions will thus be neglected. The intrinsic dynamics of a spinor condensate is determined by a pairwise interaction potential [12-16]:

\[ \hat{V}(\mathbf{r}_1 - \mathbf{r}_2) = \delta(\mathbf{r}_1 - \mathbf{r}_2) \sum_{f=0}^{2F} \frac{4\pi\hbar^2 a_f}{m} \hat{P}_f. \]  

Here \( a_f \) denotes the s-wave scattering length for a collision channel of two particles whose single spins \( F \) are combined to give the total spin \( f \). \( \hat{P}_f \) is the corresponding projection operator onto total spin \( f \) and \( m \) is the mass of a single atom. Due to Bose symmetry only even total spin channels (e.g. \( a_0, a_2, a_4 \) for \( F = 2 \)) are involved with the maximum total spin given by the angle of spins being fixed by the magnetic field.
\( f = 2F \). Making use of the relation \( \left( \vec{F}_1 \cdot \vec{F}_2 \right)^n = \sum_{f=0}^{2F} \lambda_f^n P_f \) with \( \lambda_f = \frac{1}{2} [f(f+1) - 2F(F+1)] \) the projection operators can be replaced by spin expectation values \[1\].

In the following we will concentrate on the case \( F = 1 \) for the theoretical considerations in order to point out some important aspects of spin dynamics, which are straightforward to extend to the \( F = 2 \) case.

In second quantised form the Hamiltonian for a \( F = 1 \) system at zero magnetic field is given by \[12\]:

\[
H = \int d^3r \left( \frac{\hbar^2}{2m} \nabla \psi_a^\dagger \nabla \psi_a + V_{\text{ext}} \psi_a^\dagger \psi_a + \frac{g_0}{2} \psi_a^\dagger \psi_a \psi_a^\dagger \psi_a + \frac{g_2}{2} \psi_a^\dagger \psi_a F_{ab} \cdot \bar{F}_{a'b'} \psi_{a'} \psi_{b'} \right).
\]

In this expression \( \psi_a(r) \) is the field annihilation operator for an atom in state \( m_F = a \) at point \( r \) and \( V_{\text{ext}} \) is the trapping potential. The spin-independent mean-field interaction is parameterised by \( g_0 = \frac{2\pi\hbar^2}{m} \times 2a_s a_l \). The spin-dependent mean-field responsible for the system’s magnetic properties is characterised by the parameter \( g_2 = \frac{4\pi\hbar^2}{m} \times 2a_s a_l \) and the coupling between different states is determined by the spin-matrices:

\[
F_z = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}, \quad F_y = \frac{i}{\sqrt{2}} \begin{pmatrix} 0 & -1 & 0 \\ 1 & 0 & -1 \\ 0 & 1 & 0 \end{pmatrix}, \quad F_x = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}.
\]

From the spin matrices it follows, that for \( F = 1 \) spinor condensates the only coupling process is between states with \( m_F = 0 \) and \( m_F = \pm 1 \) and that the total spin projection is preserved by the interaction. It is important to emphasise this again to demonstrate that the total spin in a finite atomic quantum gas system is conserved, in contrast to a homogeneous infinite system and in contrast to many condensed matter systems. Therefore the actual ground state of the system depends on the initial magnetisation.

For macroscopically occupied Bose-systems at \( T = 0 \) it is common to replace the field annihilation operators by their expectation value, i.e. \( \varphi_a(r,t) \equiv \langle \psi_a(r,t) \rangle \), which for spinor condensates is conveniently expressed as \[12\]

\[
\varphi_a(r,t) = \sqrt{n(r,t)} e^{i\phi_a(r,t)} \zeta_a(r,t).
\]

Here \( n(r,t) \) is the condensate density, \( \phi(r,t) \) a phase and \( \zeta(r,t) = (\zeta_{+1}, \zeta_0, \zeta_{-1})^T \) is a normalized spinor with \( \zeta_0 \cdot \zeta = 1 \).

Using \[13\], neglecting the density dependence on the spin state and adding the effect of a weak magnetic field one gets the following system of differential equations for the evolution of an \( F = 1 \) spinor condensate:

\[
i \hbar \frac{\partial}{\partial t} \sqrt{n(r,t)} e^{i\phi(r,t)} = \left( -\frac{\hbar^2 \nabla^2}{2m} + V_{\text{ext}}(r) + g_0 n(r) \right) \sqrt{n(r,t)} e^{i\phi(r,t)}.
\]

\[6\]

\[
i \hbar \frac{\partial}{\partial t} \zeta(r,t) = -\frac{\hbar^2 \nabla^2}{2m} \zeta(r,t) + g_2 n(r,t) F_{ab} \cdot \bar{F}_{a'b'} \zeta(r,t) + g_2 n(r,t) F_{ab} \cdot \bar{F}_{a'b'} \zeta(r,t) - pF_z \zeta(r,t) + q(F_z^2 - 4) \zeta(r,t).
\]

From these equations it follows, that spin dynamics (represented by the terms containing \( \zeta \)) is proportional to \( g_2 n(r,t) \), i.e. the local density. This has important consequences for the usual experimental situation of trapped samples, having an inhomogeneous density distribution. Two regimes can be identified: 1. the spin dynamics rates are higher than one or more trapping frequencies and 2. spin dynamics is slow compared to trap dynamics. In the first case there will be a significant coupling between spin dynamics and motional dynamics, while the second case is comparable to the homogeneous density case. As was shown for the first time in \[21\] \( ^{87}\text{Rb} \) has the fascinating properties that it offers fast spin dynamics in the \( F = 2 \) state (on the order of a few ms) and slow spin dynamics in the \( F = 1 \) state (on the order of a few s). Therefore also different spatial regimes can be thought of with \( ^{87}\text{Rb} \) spinor condensates.

Fig. \[1\] shows the initial evolution of an \( F = 2 \) \( ^{87}\text{Rb} \) spinor...
condensate prepared in the $m_F = 0$ spin state with a central density $n \approx 4 \cdot 10^{14} \text{ cm}^{-3}$. In this case spin dynamics takes place with timescales on the order of a few ms, faster than the axial trap dynamics characterized by a frequency of $\approx 21 \text{ Hz}$. The other trapping frequencies of $\approx 155 \text{ Hz}$ and $\approx 890 \text{ Hz}$ imply motional dynamics faster than the spin evolution and are thus neglected in the following. The image in Fig. 1 was taken after switching off the trapping potential and 31 ms of flight during which a magnetic field gradient was applied for 5 ms to achieve a Stern-Gerlach separation of the spinor components. The axial trap direction was horizontal, along which only weak mean field induced expansion takes place during time of flight. The vertically summed horizontal cross sections shown in Fig. 1 thus approximately represent the axial distribution of the trapped sample. The images and graphs clearly demonstrate the density dependence of spin dynamics, as the $m_F = \pm 1$ spin states show a smaller width than the “mother” $m_F = 0$ component. This is due to the parabolic density profile of the “mother” component, which implies a fast spin state conversion in the center of the trap.

Very recently a spatial dependence in $^{87}\text{Rb (F=2)}$ condensate spin dynamics was also observed in [23]. Further investigations of the coupled spin and spatial dynamics were limited in our case by the finite optical resolution and will be subject to future investigations.

Interestingly external magnetic fields are a further additional parameter to control spin dynamics. Whereas most theoretical work so far concentrated on the physics at $B=0$, experiments [24, 25, 26, 27, 28] clearly demonstrated the importance of external field influences. Magnetic fields can completely hinder spin dynamics or on the other hand strongly stimulate dynamics. In the following we will mainly concentrate on a discussion of spin dynamics suppression due to the quadratic Zeeman effect. Very recently the suppression of spin dynamics in F=2 spinor condensates was experimentally observed in [25]. The following discussion can explain these observations in their main part.

The magnetic field enters equations (7) via the linear Zeeman shift as well as the quadratic Zeeman shift with the coupling constants $p = g_F \mu_B B$ and $q = -\omega_{12}^2 B^2$ with $\omega_{12}$ representing the hyperfine splitting. As we will see later the relatively large linear Zeeman energy $(q/B \approx k_B \cdot 34 \text{ kHz}/G)$ does not influence the spin dynamics, which in fact is due to total spin conservation. This is not true for the quadratic Zeeman effect! For typical experimental conditions with set fields of several $100 \text{ mG}$ the quadratic Zeeman energy $(|q|/B^2 \approx k_B \cdot 3.5 \text{ nK}/G^2)$ can reach values comparable to the intrinsic spin coupling (on the order of $k_B$ times one nK for typical condensate densities of a few $10^{14} \text{ cm}^{-3}$).

In order to extract the basic influence of the quadratic Zeeman effect on spin dynamics, we assume a homogeneous case with constant $n(\vec{r}, t) = n$ and no spatial spin variation $\zeta(\vec{r}, t) = \zeta(t)$. With these assumptions equation (7) reads

$$i\hbar \frac{\partial}{\partial t} \zeta_0 = g_2 n (\zeta_{+1}^* \zeta_{+1} + \zeta_{-1}^* \zeta_{-1} + 2 \zeta_0^* \zeta_{+1} \zeta_{-1}) - 4q \zeta_0,$$

$$i\hbar \frac{\partial}{\partial t} \zeta_{-1} = g_2 n (\zeta_{-1}^* \zeta_{+1} \zeta_{-1} - \zeta_{+1}^* \zeta_{+1} \zeta_{-1} + \zeta_0^* \zeta_{+1} - \zeta_{-1} + 3q \zeta_{-1}).$$

Using a simple change of variables

$$\lambda_{\pm 1} = \zeta_{\pm 1} \exp(\mp i \mp 3q)t/h,$$

$$\lambda_0 = \zeta_0 \exp(-i 4q t/h),$$

the linear Zeeman dependence is removed from the equations and the quadratic Zeeman effect enters in a more symmetric way:

$$i\hbar \frac{\partial}{\partial t} \lambda_{+1} = g_2 n (\lambda_{+1}^* \lambda_{+1} + \lambda_0^* \lambda_{+1} \lambda_0 - \lambda_{-1}^* \lambda_{+1} \lambda_{-1} + \lambda_{-1}^* \lambda_0^* \lambda_0 \lambda_{+1} - \lambda_{+1}^* \lambda_{+1}^* \lambda_{-1} \lambda_{-1} + 2 \lambda_0^* \lambda_{+1} \lambda_{-1} e^{-2i q t/h}),$$

$$i\hbar \frac{\partial}{\partial t} \lambda_0 = 2 g_2 n (\lambda_{+1}^* \lambda_{+1} \lambda_0 + \lambda_{-1}^* \lambda_{-1} \lambda_0 + 2 \lambda_0^* \lambda_{+1} \lambda_{-1} e^{-2i q t/h}),$$

$$i\hbar \frac{\partial}{\partial t} \lambda_{-1} = 2 g_2 n (\lambda_{-1}^* \lambda_{-1} \lambda_{-1} + \lambda_{+1}^* \lambda_{+1} \lambda_{-1} + \lambda_0^* \lambda_{+1} \lambda_{-1} + \lambda_{+1}^* \lambda_{+1}^* \lambda_{-1} \lambda_{-1} + 2 \lambda_0^* \lambda_{+1} \lambda_{-1} e^{-2i q t/h}).$$

In these equations derived here spin exchange is described by the terms with exponentials, while the other terms represent the mean field phase evolution. Fig. 2 shows the relative spinor occupations and the relative phase $\phi_{+1} = 2 \phi_0 + \phi_{-1}$ as a result of a numerical simulation of equations (10) for different magnetic offset fields. The spin component phases are given by $\phi_i = \arg(\lambda_i)$ with the phase $\phi_{+1} - 2 \phi_0 + \phi_{-1}$ as is the relevant phase for the evolution of the $m_F = 0$ component. The initial conditions were chosen symmetric with density $n = 4 \cdot 10^{14} \text{ cm}^{-3}$, $|\lambda_0| = 0.9$, $|\lambda_{\pm 1}| = 0.05$ and $\phi_i(t = 0) = 0$.

The numerical simulation clearly shows that the quadratic Zeeman effect strongly suppresses spin dynamics if it is larger than the spin dependent mean field shifts. For $^{87}\text{Rb in F=1}$ and at densities of a few times $10^{14} \text{ cm}^{-3}$ this suppression becomes relevant at magnetic fields of a few $100 \text{ mG}$.

The suppression of spin dynamics at high magnetic fields can also be directly deduced analysing the expression for $\lambda_0$, which according to equation (10) at high magnetic fields will approximately evolve due to the rapidly changing exponential giving:

$$\lambda_0(t_{\text{final}}) \approx \lambda_0(t_0) - \left[ \frac{g_2 n}{2q} \lambda_0^*(t_0) \lambda_{-1}(t_0) \lambda_{+1}(t_0) e^{-2i q t/h} \right]_{t_0}^{t_{\text{final}}},$$

If $q \gg g_2 n$ there will be nearly no change in the occupation of spin states as predicted by the numerical simulation.

In summary (in the absence of a field gradient) the linear Zeeman effect can be neglected for investigations on spin dynamics in spinor Bose condensates due to the always symmetric exchange of Zeeman energy (Fig. 3b), which is fundamentally caused by spin conservation. In contrast we found that
Figure 2: Numerical simulation of equations (10) for different magnetic field strengths. The graphs on the left show the evolution of the population of spin state $m_F = 0$ (red) and $m_F = \pm 1$ (black). The graphs on the right show the evolution of the relative phase corresponding to the interaction $2|0\rangle \leftrightarrow |1\rangle + |-1\rangle$. A strong reduction of the amplitude of the oscillation in the spin populations for higher magnetic fields is clearly visible.

Figure 3: Schematic view of F=1 ($|1\rangle + |-1\rangle \leftrightarrow 2|0\rangle$) spin dynamics with additional magnetic field. The different $m_F$ states are labeled by 0 and $\pm 1$. (a) The total linear Zeeman energy is conserved in spin dynamics as the energy gain in one component is lost in the other. (b) The quadratic Zeeman shifts (shown with the linear Zeeman contribution subtracted and rescaled as typically $\Delta E_Q \ll \Delta E_L$) however lead to an energy imbalance in spin dynamics.

Spin dynamics can be significantly altered by the quadratic Zeeman effect, where an additive energy exchange (Fig. 3b) leads to a "dephasing" of the spin components ultimately stopping spin dynamics at high magnetic fields. One could say that high external magnetic fields "pin" the spin to its value. Intrinsic spin dynamics can be observed up to magnetic fields for which $q(B) \approx g_2 n$ typically corresponds to fields of a few 100 mG. We want to emphasize that the blocking of spin dynamics is solely due to the quadratic Zeeman effect and does not follow energetical considerations. Indeed with this blocking effect we can explain the experimentally observed high magnetic field suppression of spin dynamics even when it is leading to an energetically lower state [35]. Furthermore we found evidence of spatially varying spin dynamics in trapped spinor condensates with inhomogeneous density. This effect will lead to complex coupled dynamics of spatial and spin degrees of freedom to be investigated in future experiments.

3 Thermodynamics with spinor condensates

Finite temperature effects in Bose-Einstein condensates represent an active area of research, which is still relatively unexplored due to its theoretical complexity and experimental challenges. In theory sophisticated methods have been developed to reduce the complexity of simulations such that modelling complex phenomena seems feasible [38, 39, 40, 41, 42]. Major tests for these models consisted in the interpretation of early experiments on damping of single component condensate excitations in the presence of a normal component and on condensate formation.

Spinor condensates offer a novel approach to well controlled Bose-Einstein thermodynamics. As a first aspect they are multicomponent systems such that a thermal bath for one component can easily be created by tailoring the other component(s). This aspect is widely used in sympathetic cooling experiments with multi-species mixtures. Spinor multicomponent systems add the essential aspect of particle exchange between the components, which is required to complete thermodynamics. The particle exchange takes place due to intrinsic interparticle interactions but can also be experimentally controlled via additional external electromagnetic fields. These aspects and the relevant interactions with respect to thermodynamics in spinor quantum gases are shown schematically in Fig. 4.

An important point in the study of spinor systems is connected to the coherence between different spin components. Coherent spin mixtures, i.e. mixtures in which each single atom (in the normal component as well as in the condensate fraction) is in the same quantum superposition of spin states, are effectively single component quantum gases, which have to be contrasted to incoherent spin mixtures, where different spin states represent different species gases. For example if a F=1 spinor gas in the first case would be described by $N$ particles in a spin superposition state $\phi = \alpha|1\rangle + \beta|0\rangle + \gamma|-1\rangle$ then the incoherent state would be given by a mixture of three
gases, one with $N_1 = |\alpha|^2$ particles in the $|1\rangle$ state, one with $N_0 = |\beta|^2$ particles in the $|0\rangle$ state and one with $N_{-1} = |\gamma|^2$ particles in the $|-1\rangle$ state.

Indeed incoherent spin mixtures are in some cases of high experimental importance, e.g. for the conversion of two spin state fermion mixtures to a molecular Bose gas with a Feshbach resonance. This was nicely demonstrated and explained in [43] for the preparation of a spin state mixture in $^6$Li. As an alternative example the distinction between coherent and incoherent spin superpositions is crucial to the understanding of the recently demonstrated decoherence driven cooling [36] in a quasi spin $1/2$ system.

The evolution of F=1 and F=2 spinor condensates discussed in this paper can be tuned in between the regimes of coherent and incoherent evolution by adapting the parameters temperature, density and possibly external radiofrequency coupling. An intriguing example for mostly coherent evolution is the observation of spinor oscillations [27, 28, 35]. The incoherent limit was recently reached in a thermalization dominated regime in $F=1$ spinor condensates with insignificant occupation in the normal component.

In the following we will further concentrate on the thermalization dominated regime in F=1 $^{87}$Rb and investigate the evolution of an initially prepared $|1\rangle + |0\rangle$ mixture (see Fig. 5).

Due to total spin conservation the only spin dynamics is the coupling $2|0\rangle \leftrightarrow |1\rangle + | -1\rangle$, which in this case initially leads to the depletion of the $|0\rangle$ state in favor of the (initially already populated) $|1\rangle$ and the (initially empty) $| -1\rangle$ states. As spin dynamics is mostly occurring in the condensate fraction, low energy atoms are added to the $|1\rangle$ and $| -1\rangle$ states, which in the case of the $|1\rangle$ state just add to the condensate fraction (the particle number in the normal component of this state is saturated for the given temperature). The case of the newly populated $| -1\rangle$ state is however significantly different, as this state does not yet possess a normal component. The low energy atoms in this state quickly (on a shorter timescale - on the order of 50 ms than spin dynamics - on the order of seconds) thermalise with the normal component atoms of the other spin states. This leads to a slow buildup of the $| -1\rangle$ normal component and at the same time an increase in condensate fraction in the $|1\rangle$ component, while the $|0\rangle$ state condensate fraction decreases.

An interesting point is that this process leads to a slight decrease in temperature, as it uses energy from the existing normal components to thermalise the low energy atoms entering the $| -1\rangle$ state from the $|0\rangle$ condensate fraction. This temperature decrease at the expense of total condensate fraction is similar to decoherence driven cooling observed in quasi spin $1/2$ systems [30].

We want to emphasise that under typical experimental conditions the thermal energy corresponds to roughly $k_B \times 300$ nK and is thus more than an order of magnitude larger than the spin dependent mean-field shifts of roughly $k_B \times 10$ nK responsible for spin dynamics. This directly implies that in thermal equilibrium the normal components of different spin states will have equal population (if there are sufficiently many atoms available in each spin component). For the case discussed in this paper the $| -1\rangle$ normal component will grow until either the $|0\rangle$ condensate fraction is completely depleted or it reaches its saturated occupation for the given tempera-
Figure 6: Schematic view of condensate magnetisation in thermally dominated spin dynamics. The top row shows the initially prepared state. Spin dynamics is transferring population from the $|0\rangle$ condensate fraction to the $\pm 1$ condensate fractions (second row). Due to fast thermalisation and the absence of a $|−1\rangle$ normal component, the new $|−1\rangle$ atoms start to populate the normal component, while the new $|+1\rangle$ just add to the corresponding condensate fraction (third row). In the end there will be thermal equilibrium with equally populated normal components (zero total spin) and a stronger than initial condensate fraction magnetisation.

Figure 7: Experimental data versus a simulation for thermally dominated spinor dynamics for an initial preparation of the sample in $m_F = 1$ and $m_F = 0$. The graph shows the average magnetisation of atoms in the condensate fraction, atoms in the normal fraction and in total. The data is well reproduced by a numerical simulation based on a simple rate equation model, presented in detail in [37]. The slight decrease in the average spin for the total ensemble is due to the fact that the trap losses are dominated by three body collisions, predominantly occurring in the magnetised condensate fraction.

In conclusion in this paper we have presented investigations on spatial variations, influence of magnetic fields and high temperature as fundamental and new aspects in spinor dynamics. We found that fast spin dynamics in inhomogeneous (trapped) ensembles leads to spatial effects which promises new complex coupled spatial and spin dynamics. We have shown, that the dominant magnetic field influence stems from the quadratic Zeeman effect, limiting the offset fields up to which spinor dynamics can be observed for typical experimental conditions to a few 100 mG. Furthermore we investigated the regime of finite temperature spinor dynamics considering the example of condensate magnetisation in favour of an equalised spin distribution in the normal component. This work demonstrates the versatility and complexity of spinor Bose-Einstein condensates and paves the way for a broad range of future investigations.

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