A new perspective on evaluation of medicinal plant biological activities: The correlation between phytomics and matrix metalloproteinases activities of some medicinal plants

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1. Introduction

Plant metabolomics and bioactivity correlation are relatively new approaches. Metabolomic formation is achieved after certain steps starting with DNA analysis (Verpoorte et al., 2008). The metab-
metabolites derive from primary metabolites and are not essential for the survival of plants (Dennis, 1987; Dennis et al., 1997; Stitt, 1998). Although there are numerous publications about the potential biological activity of plant secondary metabolites, the contribution of primary metabolites to such activity has not yet been investigated.

Identification of low amounts of active phytochemical components in medicinal plants is difficult, and pharmacological activity observed in such plants may appear synergistic or antagonistic (Williamson, 2001).

MMPs are involved in the etiology of many diseases and medical conditions, such as metastasis, rheumatoid arthritis, osteoarthritis, periodontal diseases, inflammatory diseases, atherosclerosis, diabetes, Parkinson’s disease pathology, and skin aging. During aging, increased MMP-1, MMP-8, and MMP-13 from the collagenase family break down collagen and elastin, leading to degenerative changes of the extracellular matrix, and accelerate wrinkle formation, and sagging and aging of the skin (Bailey, 2001; Gosline et al., 2002; Hein et al., 2006; Nema et al., 2013) MMP-1 and MMP-8 are also known to cause osteoarthritis (Fuchs Öncel, 2012). Sustaining physiological events in an organism requires a constant balance between MMP activity and specific endogenous TIMPs. Stopping the activity of MMP enzymes means fighting against skin aging and osteoarthritis by preventing collagen destruction. If sufficient TIMPs cannot be secreted in response to increased MMP activity, then MMP inhibitory supplements need to be provided. Nature is a unique important source for the development of new active products.

Today, some plants, including A. millefolium, A. filipendulina (Giorgi, 2005), M. piperita (Nair, 2001), and S. officinalis, (Daniela, 1993) are included in combination products used against skin aging. Furthermore, A. millefolium is prescribed in osteoarthritis (Akram, 2013), and M. piperita has very good analgesic and anti-inflammatory properties (Dara and Belamkar, 2014).

This study, for the first time in the literature, brings a new perspective to complex biological systems by investigating the whole metabolomic pool, rather than a single active compound in terms of activities. For this purpose, we correlated the metabolomic profiles of AAMS methanolic extracts with their MMP-1, MMP-8 and MMP-13 inhibitory activities. Correlation analyses were also performed to determine the highly positively and negatively correlated metabolites.

2. Methods

2.1. Plant material

Aerial parts of Achillea millefolium (TBÇ-A-002), Achillea filipendulina (TBÇ-A-001) (Asteraceae), Mentha piperita L. (TBÇ-M-002), and Salvia officinalis L. (TBÇ-S-001) (Lamiaceae) were purchased during the flowering period from the cultural areas of Selçuk University, Faculty of Agriculture, Department of Medicinal Plants. The plant specimens were deposited in the medicinal and aromatic plants herbarium of the same university.

2.2. Chemicals and reagents

All solvents used were of analytical grade. MMP inhibitor screening assay kits (MMP-13 ab139450, MMP-8 ab139452, MMP-1 ab139443) are purchased from ABCAM. N-Methyl-N-(trimethylsilyl) trifluoroacetamide (MSTFA) with 1% trimethylchlorosilane (TMCS) were purchased from Thermo Fisher. Ultrapure water (Millipore Direct-Q, Meck KGaA) was used for all reagents.

2.3. Sample preparations

2.3.1. Extraction of plant materials

All plant materials were weighed approximately 2 g, extracted with 25 mL methanol in a reflux cooler at 30 °C for 25 min, and filtered. Then, the residue was extracted with 25 mL methanol for 30 min and filtered again. The filtrates were combined, evaporated to dryness, and lyophilized.

2.3.2. Sample preparation for MMP inhibitory activity

2 mg lyophilized plant material was dissolved in 4 mL methanol (500 µg/mL). The dilutions (250 µg/mL, 100 µg/mL, 50 µg/mL, 25 µg/mL, and 10 µg/mL) were prepared from 500 µg/mL stock solution using methanol as a diluent.

2.3.3. Reference solution preparation for MMP inhibitory activity

2 mg reference compound was dissolved in 4 mL methanol (500 µg/mL). The dilutions (50 µg/mL, 25 µg/mL, 10 µg/mL, 5 µg/mL, and 2 µg/mL) were prepared from 500 µg/mL stock solution using methanol as a diluent.

2.3.4. Sample preparation for GC-MS

1 mg lyophilized plant material was dissolved in 10 mL methanol (100 µg/mL). 200 µL of this solution was evaporated to dryness in a vacuum dryer concentrator. The residuals were methoxylamminated using 20 µL of 20 mg/ml methoxamine in pyridine and derivatized using 80 µL MSTFA with 1% TMCS. After derivatization, the samples were transferred into GC-MS vials with 200 µL siliconized inserts.

2.3.5. MMP-1, MMP-8 and MMP-13 inhibitory screening assays

MMP inhibitor screening was performed according to the instructions of the kit manufacturer. The assay kit consisted of a microplate. MMP enzyme (30.6 µL of MMP-1, 9.2 µL of MMP-8, and 3.45 µL of MMP-13), MMP inhibitor (1.3 mM NNGH in DMSO), MMP substrate (25 mM in DMSO) and colorimetric assay buffer (obtained from ABCAM). The MMP substrate and MMP inhibitor were brought to room temperature from 80 °C. The MMP inhibitor was diluted at 1/200 in assay buffer and warmed up to the reaction temperature of 37 °C. The MMP substrate was diluted at 1/25 in assay buffer to the required total volume (10 µL per well). The MMP enzyme was diluted (1/40 for MMP-1, 1/100 for MMP-8, and 1/50 for MMP-13) in assay buffer to the required total volume (20 µL per well) and warmed up to the reaction temperature of 37 °C shortly before assay. The assay buffer was pipetted into each well. The microplate was allowed to equilibrate to the assay temperature. 20 µL of the diluted MMP enzyme was added to the control, MMP inhibitor and test inhibitor wells. 20 µL of the diluted MMP inhibitor was only added to the MMP inhibitor wells; then the desired volume of test inhibitor was added to appropriate wells. The plate was incubated for 30–60 min at the reaction temperature to allow inhibitor/enzyme interaction. The reaction was started by the addition of 10 µL of the diluted MMP substrate. The continuous absorbance of the wells was measured at A412nm using a microplate reader, and data analysis was performed.

2.4. Metabolomic analysis

This analysis was performed using GC-MS as previously described (Nemutlu et al., 2015). Briefly, metabolomic profiling was undertaken using GC-MS (Shimadzu GC-MS-QP2010 Ultra) with a DB-5MS stationary phase column (30 m × 0.25 mm i.d. and 0.25-µm film thickness). Once the analysis was completed, the complex chromatograms were deconvoluted using AMDIS, and the retention time was corrected.
and data matrices were created using SpectConnect software. The correlation analysis between each of metabolites in plant extract and MMPs activities was performed using Microsoft Excel. The pathway enrichment analysis in KEGG database was performed using MetaboAnalyst software.

3. Results

3.1. MMP-1, MMP-8 and MMP-13 inhibitory effects of A. millefolium, A. filipendulina, M. piperita and S. officinalis methanolic extracts

The AAMS extracts showed a significant MMP inhibitory effect at different concentrations. These inhibition percentages were close to the positive control. Among the AAMS extracts, M. piperita showed the highest inhibitory effect on MMPs compared to the other extracts. The inhibitory activity of the extracts on MMP-1, MMP-8 and MMP-13 are presented in Tables 1 to 3, respectively.

3.2. Metabolomic data analysis

In order to identify the metabolites responsible for the MMP inhibitory activities in the extracts, the metabolomic profiling of the plants were investigated using GC-MS. Representative GC-MS chromatograms were presented in the Fig. 1. After deconvolution and alignment of the chromatograms, 284 metabolites were detected, of which 149 were annotated using retention index.

Table 1
Inhibition percentages of the methanolic extracts of AAMS on the MMP-1 enzyme.

| Medicinal plants | 25 µg/mL | 50 µg/mL | 100 µg/mL | 250 µg/mL | 500 µg/mL |
|------------------|----------|----------|-----------|-----------|-----------|
| A. millefolium   | 67.24    | 70.32    | 73.20     | 77.62     | 81.27     |
| A. filipendulina | 57.73    | 63.98    | 66.95     | 71.47     | 78.29     |
| M. piperita      | 60.04    | 68.88    | 72.24     | 75.31     | 84.44     |
| S. officinalis   | 60.13    | 65.90    | 70.99     | 75.79     | 70.51     |

*The MMP-1 inhibitory activity of 1.3 µM NNGH (positive control) was 90.8%.

Table 2
Inhibition percentages of the methanolic extracts of AAMS on the MMP-8 enzyme.

| Medicinal plants | 25 µg/mL | 50 µg/mL | 100 µg/mL | 250 µg/mL | 500 µg/mL |
|------------------|----------|----------|-----------|-----------|-----------|
| A. millefolium   | 71.98    | 73.34    | 72.96     | 74.47     | 75.30     |
| A. filipendulina | 70.32    | 71.90    | 73.19     | 72.89     | 62.99     |
| M. piperita      | 70.62    | 73.04    | 76.21     | 78.25     | 80.36     |
| S. officinalis   | 70.85    | 73.19    | 77.79     | 80.51     | 80.06     |

*The MMP-8 inhibitory activity of 1.3 µM NNGH (positive control) was 93.88%.

Table 3
Inhibition percentages of the methanolic extracts of AAMS on the MMP-13 enzyme.

| Medicinal plants | 25 µg/mL | 50 µg/mL | 100 µg/mL | 250 µg/mL | 500 µg/mL |
|------------------|----------|----------|-----------|-----------|-----------|
| A. millefolium   | 80.99    | 76.39    | 77.90     | 83.37     | 89.20     |
| A. filipendulina | 77.83    | 76.10    | 77.32     | 82.00     | 84.31     |
| M. piperita      | 82.72    | 73.94    | 90.64     | 92.73     | 91.72     |
| S. officinalis   | 78.83    | 86.47    | 85.53     | 89.27     | 89.63     |

*The MMP-1 inhibitory activity of 1.3 µM NNGH (positive control) was 91.94%.

Fig. 1. Representative GC-MS chromatograms of the plants.
libraries. The identified metabolites were belonging to metabolic pathways of biosynthesis of other secondary metabolites and metabolism of amino acid, carbohydrate, energy, lipid, cofactors/vitamins and xenobiotics biodegradation (Fig. 2). The results of the multivariate analyses showed that Asteraceae family members, *A. millefolium* and *A. filipendulina*, exhibited similar metabolomic profiles, while Lamiaceae members *M. piperita* and *S. officinalis* differed both from each other and from *Achillea* species (Fig. 3).

The correlation analysis was applied to evaluate the correlation between metabolomic levels and MMP inhibitory activities. According to the results, 96 metabolites had a negative correlation ($r \leq -0.70$) and 55 metabolites had a very high positive correlation ($r \geq 0.70$) with MMP inhibitory activity (Fig. 4).

The pathway analysis was done using the library of metabolic pathways for *Arabidopsis thaliana* assembled from the KEGG database (Xia and Wishart, 2010). This library is the only one that sufficiently close to our samples (Chong et al., 2018). The pathway enrichment analyses were performed using positively and negatively correlated metabolites in order to identify the most relevant pathways involved in the study (Fig. 5). The significantly altered pathways ($p < 0.05$) were marked on the Fig. 5. The metabolomic pathways of valine, leucine and isoleucine biosynthesis; galactose metabolism; C5-branched dibasic acid metabolism; alanine, aspartate and glutamate metabolism; fatty acid biosynthesis; and glycine, serine and threonine metabolism were negative correlated with MMPs activities. While galactose metabolism; tyrosine metabolism; citrate cycle; glyoxylate and dicarboxylate metabolism; and alanine, aspartate and glutamate metabolism were positive correlated.

When the contents of the four plant extracts are examined, the compounds contained in all were found to have been formed by the shikimic acid biosynthetic pathway. Table 4 presents the
correlation between MMP inhibitory activity and the shikimic acid pathway.

4. Discussion

New approaches that offer insight into the mode of action of plants and natural products are developing day by day. Studies published in recent years show that the interest in metabolomics has increased. Instead of focusing on specific individual component(s) or groups of compound(s), metabolomics studies are now based on a holistic approach in which the whole population of chemical components is taken into consideration (Ulrich-Merzenich et al., 2007). However, in addition to the new opportunities offered by these novel approaches, they have new or unexpected effects that need to be explored (Verpoorte et al., 2005). Therefore, the present study aimed to determine the correlation between comprehensive chemical fingerprints and bioactivity. We compared the metabolomic profiles of A. millefolium, A. filipendulina, M. piperita and S. officinalis to identify the metabolites with stimulating or inhibiting activities for MMPs.

In some cases, it is necessary to focus on a single active ingredient, but it is very well known that the activity of an extract cannot be attributed to a single compound or a single class of compounds since stimulating or inhibiting effects may lead to synergism or antagonism between the compounds (Ulrich-Merzenich et al., 2007; Verpoorte et al., 2005). From this point of view, in the current study, MMP inhibitory effects of the extracts obtained from AAMS were investigated.

When the overall results were examined comparatively, it was determined that the investigated plant extracts had a significant MMP inhibitory effect at five concentrations. M. piperita at the 500 μg/mL concentration had the highest inhibitory effect on MMP-1 (84.44%), MMP-8 (80.46%) and MMP-13 (91.02%), similar to the positive control NNGH (90%). S. officinalis was one of the weakest inhibitors of MMP-1, while it had the second most inhibiting activity for MMP-8 (80.06%) and MMP-13 (89.63%) after M. piperita (Table 1–3).

A. millefolium and A. filipendulina had a similar inhibitory effect on all three MMPs. The MMP inhibitory activities of AAMS were around 70% at the 100 μg/mL concentration. Although they have different metabolomic profiles, they all strongly inhibited the activities of MMPs. In order to identify the metabolites responsible for the MMP inhibitory activities in the extracts, the metabolomic profiling of the plants was investigated using GC-MS.

After deconvolution and alignment of the chromatograms, 284 metabolites were detected, and 149 of these metabolites were annotated using retention index libraries. Firstly, the obtained data were subjected to a principal component analysis (PCA). The differences or similarities between the metabolomic profiles of the samples were visualized using a scatterplot (Fig. 3). As expected, the Asteraceae family members, A. millefolium and A. filipendulina, had similar metabolomic profiles, whereas the Lamiaceae family members, M. piperita and S. officinalis differed both from each other and from Achillea species. The scatterplot revealed that the differences and similarities in the metabolomic profiles can be used for classification and can also explain similar activities of different species.

A correlation analysis was applied to evaluate the correlation between metabolomic levels and MMP inhibitory activities to identify the metabolites responsible for these activities in the four investigated plants based on the synergist and antagonistic effect between the metabolites, instead of a single metabolite. We found that 96 metabolites had a negative correlation (r ≤ –0.70) and 55 had a highly positive correlation with MMP inhibitory activity (r ≥ 0.70) (Fig. 5).

The pathway analysis was done using the library of metabolic pathways for Arabidopsis thaliana assembled from the KEGG database. There is no currently available pathway database for Asteraceae and Lamiaceae families. Therefore the closest and available plant metabolic pathway (Arabidopsis thaliana) was selected in order to highlight metabolomic pathways correlated with activities. According to pathway analysis, amino acid (valine, leucine and isoleucine biosynthesis; and glycine, serine and threonine metabolism) and lipid (fatty acid biosynthesis) metabolism were negatively correlated with MMPs activities while energy metabolism (citrate cycle and glyoxylate and dicarboxylate metabolism) were positively correlated. There are also common pathways
galactose metabolism; and alanine, aspartate and glutamate metabolism) showed both positive and negative correlations with MMPs activities.

The results of correlation studies showed that MMP inhibitory activities were positively associated with phytochemicals, including 2-O-glycerol-D-galactopyranoside, benzyl thiocyanate, and hydroxylamine, which were common in the AAMS materials. On the other hand, valine, stearic acid, pipecolic acid, allose, behenic acid, quinic acid, fructose, tetracosanol, octadecanol, 1-benzylglucopyranoside, 1,3-bisethynylbenzene, octacosanol, 3,4-dihydroxybenzoic acid, 4-trans-caffeoylquinic acid, 5-trans-caffeoyl quinic acid, chlorogenic acid, proline, and pyroglutamic acid decreased the inhibitory effect on MMP-1, MMP-8, and MMP-13.

Interestingly, the members of the shikimic acid pathway (quinic acid, shikimic acid, phenylalanine, cinnamic acid, and the final products kaempferol and hydroquinone) identified in our metabolomic analysis had a negative correlation with MMP activities except for phenylalanine, which was positively correlated with MMP-1. Considering that kaempferol's interaction was $-0.92$, the MMP inhibitory effect of the extract seems to have been reduced. Although a high correlation was expected between phenolic compounds and the MMP inhibitory effect, our results did not confirm this for kaempferol and hydroquinone (Table 4).

The amino acids detected in the extracts were L-serine, L-threonine, L-norleucine, L-valine, $\beta$-alanine, L-tryptophan and L-alanine. The first four of these amino acids had a negative interaction with MMP-1, but were not significantly correlated with MMP-8 or MMP-13. While alanine, $\beta$-alanine and L-tryptophan had a positive correlation with MMP-13, tyrosine was positively correlated only with MMP-8.

Some sugars, such as melibiose, gulose and gentiobiose had a positive correlation with MMP-8, and raffinose and gentiobiose with MMP-13.

2-O-glycerol $\beta$-D-galactopyranoside, benzyl thiocyanate and hydroxylamine, were positively correlated with MMPs. $\beta$-alanine and L-tryptophan had a positive correlation with MMP-13, and tyrosine and some sugars with MMP-8. Phenolic compounds are known to have many biological effects. Although they were also expected to produce significant results in this study, it was interesting to obtain findings indicating the inefficacy of kaempferol and hydroquinone in particular.

### 5. Conclusion

This is the first study demonstrating that metabolomic profiling can be used for evaluation of activities in plants. The reason for the detection of the whole metabolite pool is that it takes into consideration the synergistic and antagonistic interaction between the metabolites, instead of investigating a single metabolite. This new perspective can be used to explain the activities of different plants with similar activities. The activity of a plant may not arise from a single metabolite, and the synergistic and antagonistic effects must be considered. As it is known, nature is changeable, and therefore when considering the effect of a molecule, its synergistic interaction with other molecules should also be considered, and metabolomic profiling and correlation analysis present as the best approach to achieve this.

### Conflict of interest

No conflict to disclose.
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