New Methodological Approach towards a Complete Characterization of Structural Fiber Reinforced Concrete by Means of Mechanical Testing Procedures

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Received: 18 June 2020; Accepted: 8 July 2020; Published: 13 July 2020

Featured Application: Structural concrete standards adopt the experimental data coming from bending tests for considering the structural contribution of fiber reinforcement. This approach sometimes leads to different values than those obtained experimentally, even on the unsafe side. This work proposes a novel testing procedure, which complements the bending test with direct tensile and pure shear strength tests, by using the specimens previously tested in the bending tests. The proposed methodology is applied to various types of concrete and fibers in order to show the versatility of the proposal and the difficulties of some tests.

Abstract: This work proposes a novel methodology for the complete characterization of fiber reinforced concrete (FRC). The method includes bending tests of prismatic notched specimens, based on the Standards for FRC, tensile and pure shear tests. The values adopted by the standards for designing FRC are the obtained from bending tests, typically $f_{R3}$, even for shear and pure tension loading. This paper shows that the remaining strength of FRC, supplied by the fibers, depends on the type of loading. In the case of shear and tensile loading the prescriptions of the standards may be unsafe. In this work, the remaining halves of specimens subjected to bending test are prepared and used for shear and tension tests. This means significant savings in specimen preparation and a greater amount of information for structural use of FRC. The results provide relevant information for the design of structural elements of FRC compared with the only use of data supplied by bending tests. In the case of tensile tests, $f_{LOP}$ values are 42% of the strength of the equivalent bending results, being 31% the average reduction in remaining resistance in comparison with the bending test. Pure shear tests showed, for 0.5 mm shear displacement, that the shear resistance is greater than 160% of that expressed according to bending tests. In addition, a video-extensometry system was used to analyze the crack generation and cracking patterns. The video-extensometry applied to shear tests allowed the assessment of the sliding values and crack opening values at the crack discontinuity. These values may be quite relevant for the study of the FRC behavior when subjected to shear according to the shear-friction model theories.

Keywords: fiber reinforced concrete; direct tensile test; push-off test; polyolefin fiber; digital image correlation
1. Introduction

Fiber-reinforced concrete (FRC), with fibers randomly distributed in the mass, improves plain concrete tensile strength, increases its ductility and reduces cracking at early ages [1,2]. This aspect improves durability and reduces the maintenance costs.

There are various types of fibers designed for the reinforcement of concrete: steel, glass, polymeric and natural ones, among others. Among of them, steel and polyolefin fibers provide structural characteristics to concrete [3–7]. Some concrete Standards [8–12] include the use of steel and polymer macro fibers for structural purposes if certain requirements are met. This may enable the reduction of the rebar reinforcement ratio in reinforced concrete, both for bending and shear [13–15], while reducing cracking [16,17], and in particular the width of macro cracks. Some examples of structural fibers can be seen in [4–7].

The use of structural fibers allows partial replacement of the bending reinforcement and the total or partial replacement of the shear reinforcement [18–20]. This results in a significant reduction in labor and construction time.

Traditionally, steel fibers have been the most used ones for structural fiber reinforced concrete, but recently polymeric macro fibers have been developed seeking an alternative to steel fibers. Such fibers provide as main advantages: corrosion resistance [21], weight reduction and reduced deterioration of the construction machinery [22].

Structural concrete standards consider the structural contribution of fiber reinforcement from bending tests carried out with prismatic notched specimens [23,24]. Model Code 2010 [8] and the Spanish Structural Concrete Standard (EHE-08) [12] consider as fiber-reinforced concrete with structural character one that meets two residual strength values in the bending tests: its stress for a crack mouth opening displacement (CMOD) of 0.5 mm ($f_{R1}$) should be greater than 40% of the stress in the limit of proportionality ($f_{LOP}$) and, in addition, a 2.5 mm CMOD stress ($f_{R3}$) must be greater than 20% of the $f_{LOP}$. Structural design of fiber-reinforced concrete, provided by structural concrete standards, is based on both bending residual stresses $f_{R1}$ and $f_{R3}$.

For the evaluation of the strength of fiber-reinforced concrete under different loading conditions, such as tensile and shear, the value of $f_{R3}$ is adopted according to the mentioned structural concrete Standards [8,12]. However, it seems more appropriate to perform shear or tensile tests when the main stresses that FRC ought to bear is one of such. A recent study showed that the shear strength of fiber-reinforced concrete stipulated by the standards may differ from that obtained from a pure shear test [25]. In addition, the reinforcing mechanisms of the fibers when subjected to shear strength differ according to their characteristics, especially if steel fibers and polymeric ones are compared [26].

This study proposes a methodology based on the use of the prismatic notched specimens for bending tests, which supply $f_{R1}$ and $f_{R3}$ to perform, from its two halves, tensile and pure shear tests. In such a way the complete characterization of fiber-reinforced concrete is obtained under bending, tensile and shearing loading, without the need to produce new specimens.

For this reason, prismatic specimens of dimensions $600 \times 150 \times 150$ mm$^3$ and $430 \times 100 \times 100$ mm$^3$ were performed and tested under bending conditions [23,24]. The results of these tests confirmed structural capacity of the fiber-reinforced concretes. The remaining halves of the specimens were machined for direct tensile and pure shear testing.

In addition, a video-extensometry system was used, which allowed to obtain the cracking patterns of the specimens during the tests. It is worth noting that this technique does not produce any interference with the test and allows to observe the generation, nucleation and growth of the cracks when they are imperceptible to the naked eye.

2. Materials

The mix proportioning of the types of concrete used in the experimental campaign is shown in Table 1 and the basic properties and denominations are described in Figure 1. Four concrete types were prepared with polyolefin fibers and were either self-compacting (SCCP6 with 6 kg/m$^3$ fiber content) or
compacted by vibration (VCCP6 and VCLP6 both with 6 kg/m³ fiber content and VCCP10 with 10 kg/m³ of fibers). Type VCLP6 is a low compressive strength concrete. Additionally, a self-compacting type with 70 kg/m³ of steel fibers was prepared. The properties of the components and the manufacturing procedures are the ones described in previous studies [22,27,28]. To achieve the desired self-compacting properties an admixture named Sika Viscocrete 5720, which is a polycarboxylate based superplasticizer with a solid content of 36% and 1090 kg/m³ density, was employed. The characteristics of polyolefin (Sika) and steel fibers (Bekaert) are listed in Table 2. The name of the fibers corresponds to its material (P, for polyolefin, and S, for steel), followed by its nominal length, so P48 are polyolefin fibers of 48 mm length. The use of polyolefin macro fibers in this study is because they were proven to be an alternative to steel fibers, while having advantages such as the absence of corrosion.

Table 1. Component data (kg/m³) for the mixes used in the experimental campaign.

| Materials       | SCCP6 | VCCP6 | VCLP6 | VCCP10 | SCCS70 |
|-----------------|-------|-------|-------|--------|--------|
| Cement 52.5     | 375   | 375   | –     | 375    | 425    |
| Cement 32.5     | 188   | 188   | 312   | 188    | 199    |
| w/c             | 0.50  | 0.50  | 0.69  | 0.50   | 0.47   |
| Sand            | 918   | 916   | 875   | 916    | 947    |
| Grit            | 245   | 300   | 198   | 300    | –      |
| Gravel          | 367   | 450   | 519   | 450    | 486    |
| Limestone       | 200   | 100   | –     | 100    | 210    |
| Superplasticizer| 4.7   | 2.8   | –     | 3.1    | 5.6    |
| Fiber P48 (%)   | –     | –     | 0.66  | –      | –      |
| Fiber P60 (%)   | 0.66  | 0.66  | –     | 1.10   | –      |
| Fiber S35 (%)   | –     | –     | –     | –      | 0.44   |
| Fiber S50 (%)   | –     | –     | –     | –      | 0.44   |
| Compacting      | Self-compacting | Vibrated conventional | Vibrated conventional | Vibrated conventional | Self-compacting |

Figure 1. Used concrete types.

Table 2. Properties of fibers.

|        | P48  | P60  | S35  | S50  |
|--------|------|------|------|------|
| Density (g/cm³) | 0.91 | 0.91 | 7.85 | 7.85 |
| Length (mm)     | 48   | 60   | 35   | 50   |
| Eq. Ø (mm)      | 0.903| 0.903| 0.550| 0.600|
| Aspect ratio (L/D) | 53   | 66   | 64   | 83   |
| Tensile strength (MPa) | >400 | >500 | 1100 | 1100 |
| Modulus of elasticity (GPa) | >6   | >9   | 210  | 210  |
| Fibers per kg   | 32,895| 27,000| 14,500| 8500 |
| Surface structure | Rough | Rough | Smooth | Smooth |

Two batches of each mixture were performed. A 100 liter capacity vertical axis mixer (Inhersa, Zaragoza, Spain) was used in the concrete fabrication. The mixing sequence was as follows: first,
the three types of aggregate were mixed for one minute, followed by the addition of 1/3 of the fiber content, which was mixed for 30 more seconds. Then, cement and filler were added and mixed for another 30 s. After that, 30 more mixing seconds were needed before the incorporation of the other 1/3 of fiber content. Next, after 75% of water had been poured and mixed for another minute, the rest of the water, the fibers and the superplasticizer were added, continuing the mixing action for 150 s. Then the mixer was stopped for 150 s. The mixing was then resumed for two minutes. All specimens were cured in a climatic chamber (20 °C and 95% humidity) until the age of testing.

3. Specimen Preparation and Testing Procedures

3.1. Three-Point Bending Tests on Notched Specimens

Two specimen sizes were used for bending tests: large prisms of 600 × 150 × 150 mm³ and small ones of 430 × 100 × 100 mm³. Figure 2 depicts the setup of the bending tests according to Standards EN-14651 and RILEM TC-162-TDF [23,24] and the results were reported in [22,27,28]. According to the experimental results and the criteria of codes MC-2010 and EHE-08 all concrete types showed structural capacity. It worth noting that the standards [8,12] consider the structural capacity of fiber-reinforced concrete in relation to the effect on bending tests [23,24], the residual strength \( f_{R1} \) is greater than 40% \( f_{LOP} \) and also \( f_{R3} \) greater than 20% \( f_{LOP} \). These terms were surpassed by the concretes studied.

Figure 2. Three-point bending test.

The bending tests proceeded until two halves were obtained which were later used for tensile and shear tests as shown in Figure 3.

Figure 3. Obtaining specimens for tensile and direct shear tests.
3.2. Tensile Strength Tests

Concrete types SCCP6, VCCP6 and VCLP6 were used for tensile strength tests. The halves obtained in the bending tests were adapted to the tensile tests by carefully eliminating concrete portions close to the bending fracture surface and the opposite side. This way, prismatic specimens of $250 \times 150 \times 150$ mm$^3$ and $150 \times 100 \times 100$ mm$^3$ dimensions were obtained from the large and small samples respectively. The sample sides in contact with the testing machine were grinded to create flat and parallel surfaces. With the help of a water-refrigerated diamond disc, a perimetral notch was cut at mid length as shown in Figure 4a being 8 mm and 2 mm deep in large and small specimens, respectively. Consequently, the ligament section was $60 \times 60$ mm$^2$ for all specimens allowing a direct comparison of the experimental results.

![Figure 3. Obtaining specimens for tensile and direct shear tests.](image)

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![Figure 4. (a) Notched tensile test specimen and cap. (b) External carbon fiber fabric reinforcement glued to the direct shear test specimen face.](image)

Then, steel caps, as shown in Figure 4a, were glued to each end of specimens. This was achieved by means of a high-strength two-component epoxy resin with a curing time of 24 h at room temperature. Then the specimens were painted in black with several white spots. The inside of the notch in the rear face of the specimens was painted with a monochrome pattern of random distributed points [29,30]. These two types of painting generated a speckle pattern that allowed the further study of the tests by video-extensometry.

Specimens were attached to the lower part of the testing machine by means of a Dywidag rod. The connection to the top frame of the machine included a ball joint to assure the correct alignment of the tensile forces. The setup can be seen in Figure 5a.

The tests were performed in a servo-controlled machine (Instron 8803, Instron, Norwood, MA, USA) with 500 kN loading capacity. Two extensometers were placed in the notch tips to measure the opening values. The test was recorded with two high definition cameras of 5 MPx. One of them recorded the front side of the specimen in order to detect potential rotations or undesired displacements between cap and specimen. The other one was used to visualize the rear face notch and obtain the nucleation and growth of the cracks. The image record rate was set to one frame per second to enable the synchronization with the testing machine.

Testing was run under displacement control at the speed rates listed in Table 3. These speeds were set so that in every case the first crack of the ligament section would occur in the first test step. The applied load, actuator displacement and change in the distance between the notch tips were recorded. Also, all relevant images of the test development were obtained.
3.3. Direct Shear Tests

Push-off tests were performed on concrete types VCLP6, VCCP10 and SCCS70. As above commented for the tensile tests, the shear or push-off specimens came from the remaining halves of the bending tests. Specimen ends were trimmed to eliminate the crack affected zones resulting prisms of $270 \times 150 \times 150$ mm$^3$ (large size) and $100 \times 100 \times 100$ mm$^3$ (small size). The required flatness and parallelism conditions of the end faces were achieved by careful grinding ensuring the correct performance of the test. Then two notches in opposite faces of the specimens were carved with 9 mm and 4 mm thickness and 75 mm and 50 mm depths for the large and small size specimens, respectively. The height of the ligament section was then 90 mm and 20 mm for each specimen size. This way, as can be observed in Figure 5, the resisting ligament section through which the shear force is transmitted was located vertically between the notch ends. This careful shaping was also performed with a diamond disc cutting machine.

Push-off specimens had to be reinforced to avoid undesired bending effects at the time of testing, that is, damages on the upper and lower cantilever portions of the specimen. That was carried out by using unidirectional carbon fiber fabric SikaWrap 300 glued with SikaDur 300 epoxy resin as in Figure 4b. This reinforcement showed an excellent performance during the tests preventing undesired failures of the specimen. For the correct implementation of this reinforcement, some of the specimen edges were chamfered with a diamond disc machine in order to avoid stress concentrations in the carbon fabric. After the reinforcement was glued, the front and rear faces of the specimens were painted with a monochromatic pattern with random spots [29,30] for video-extensometry purposes.

The precise positioning of specimens in the machine was critical for achieving a valid test. For that purpose, a steel bar of $10 \times 10$ mm$^2$ section was placed on the lower machine plate. On top of it,
the specimen was placed with an equal steel bar. Once the bars and specimen were placed the bars and the inside ends of the notches were aligned vertically with the help of a laser levelling device as in Figure 5b.

Two extensometer devices were placed on the notch external tips to assess the opening or closing of the gap during the testing time. The same Instron 8803 testing machine was used. High definition cameras were utilized to monitor the deformations of the rear and front edges of the ligament section, whole process synchronized with the testing machine at one frame per second. The test speed was set at 0.001 mm per second. The recorded data were the applied load, actuator displacement, change in notch tips distance and the video recording.

4. Results and Discussion

After detailing how to carry out the methodology of bending, tensile and shear tests through the use of a single specimen, the results are presented. In addition, the comparison between experimental results and design values proposed by the Standards CM-2010 and EHE-08 [8,12] is included. The displacement assessment obtained by using video techniques is also compared with those obtained by using extensometry, which would allow the validation of video-recording technique in order to be used for testing materials such as fiber-reinforced concrete [31].

4.1. Tensile Tests

Figure 6a shows the load-displacement curves of three specimens of each type of concrete under tensile testing. In all cases the cross-section was 60 $\times$ 60 mm$^2$. For the three concretes analyzed the load-displacement curve shows quite similar behavior: the first linear load branch until reaching the maximum load value ($F_{LOP}$), at which point the initial cracking of the specimens occurred. The second branch is a descending stretch with high negative slope to the minimum load point ($F_{MIN}$). From this point the remaining load increases as the displacement increases, up to the maximum remaining load value ($F_{REM}$). Figure 6b shows the detail of the load branch, associated with the uncracked matrix of the concrete up to a slip lower than 0.02 mm and the beginning of the load loss branch corresponding to the cracked concrete.

The first branch is associated with the strength of concrete matrix, while the residual loads are governed by the resistant capacity of the fibers. Load variation in $F_{MIN}$ ranged from 0.55 to 1.57 kN, while this difference significantly increased for $F_{REM}$, with values of 3.02 kN for SCCP6, 5.19 kN for VCCP6 and 1.10 kN for VCLP6. As it can be seen, the length of the fibers and the compaction procedure employed considerably affected the remaining load strength of the fiber reinforced concrete.

Figure 6c shows the influence of the coefficient of orientation of fibers in the minimum load value ($F_{MIN}$) and the maximum remaining load value ($F_{REM}$). The coefficient of orientation of the fibers is supplied by Equation (1) [32]. To this end, the number of fibers in the fracture section was counted and related to the theoretical number of fibers that should exist in that cross section. It can be concluded that the orientation of the fibers plays a primary role in the post-cracking behavior of the fiber reinforced concrete.

$$\theta = \frac{n}{n_{th}} = \frac{nA_f}{V_f A_c}$$

The random orientation of short linear elements and the geometrical probability problem is a longstanding question, which was possibly first posed in the celebrated Buffon’s needle problem that has also been shown to have a direct link with modern stereology and methodology and, therefore, with its applicability to modern concrete technology.

The theoretical number of fibers that cross any section would, in the end, be that obtained by means of expression (Equation (1)). This number of fibers, which would enclose the theoretical number of fibers to be counted in any section, is termed in this research $n_{th}$. 
Figure 6. (a) Stress-displacement curves of tensile tests. (b) Stress-displacement detail. (c) Orientation factor-stress curves of tensile test.

Once the theoretical number of fibers in an idealistic positioning has been defined, the next step is to denominate the orientation factor \( \theta \) as the relation of the number of fibers counted in a certain surface over its theoretical number. That is to say, it is possible to obtain the orientation factor once it has been counted by using the expression (1), with \( A_f \) being the cross section of the sample, \( A_s \) the section of one fiber and \( n \) the number of fibers actually counted in situ.

In addition, the experimental assessment of displacement, obtained using extensometers, are compared with the one registered by video extensometry. Figure 7a shows the linear variable differential transformer (LVDT) placed in the specimen surface in order to assess the relative displacements between the lips of the notch. White dots were painted on the area above and under the notch of the front face of the specimens, as shown in Figure 7a. Video-extensometry was able to measure the relative distances between the centers of gravity of the aforementioned white dots during the test. Figure 7b shows the evolution of the relative distance of the white dots during testing. In this image, the top points correspond to the position of the points drawn above the notch, while the vertical lines represent the displacement of the points marked right under the notch along the test. This technique was able to check the absence of unexpected rotations during testing. Additionally, other white dots were painted at the upper and lower ends of the specimen and on the metal caps. The absence of relative displacements between the points of the specimen and the caps allowed to ensure the correct adhesion between them and confirmed that the displacement was concentrated on the ligament of the specimen.
The high-definition camera, placed recording the back of the specimens, monitored the pattern of cracks that appeared in the ligament section. The video-extensometry technique allowed to record the strains during testing [33], to observe the nucleation and growth of the cracks when they imperceptible to the naked eye. Figure 8 shows the development of cracks in the ligament during testing. Two cracks appeared in the external part of the ligament and then both grew symmetrically towards the central area, until the complete fracture of the concrete ligament was achieved.

![Figure 7](image_url)  
Figure 7. (a) Linear variable differential transformer (LVDT) placed in the specimen surface for assessing the crack mouth opening displacement (CMOD). (b) Evolution of the relative position of the white dots placed on both sides of the notch (upper and bottom part) obtained by the video-extensometry.

4.2. Validation of Video-Extensometry Technique for Use in Testing

Video-extensometry techniques are very useful for materials that show cracking during the evolution of testing. They allow to obtain maps of strains, to observe the generation of cracks and to assess their opening during the test, without physical contact with the specimen.

Figure 9 shows the load-displacement curves obtained by the LVDTs extensometers and by video-extensometry in the tensile tests. The values obtained by the video-extensometry match with
the values obtained by traditional LVDTs. Figure 9a shows the load-displacement curves for SCCP6 concrete, Figure 9b for VCCP6 and Figure 9c for VCLP6.

![Figure 9a](image1)
![Figure 9b](image2)
![Figure 9c](image3)

**Figure 9.** Load-displacement curves obtained by the LVDTs extensometers and by video-extensometry in the tensile tests: (a) SCCP6, (b) VCCP6 and (c) VCLP6 concretes.

### 4.3. Comparison of Bending and Tensile Test

The structural concrete Standards [8,12] adopt residual strength values supplied by bending tests, \( f_{R1} \) and \( f_{R3} \), as structural designing values of fiber reinforced concrete. Equation (2) shows the relation between the force applied by the test machine and the residual strength of the material in the bending test [23].

\[
f_R = \frac{3Fl}{bh_{sp}^2}
\]  

(2)

where \( f_R \) is the stress, \( F \) the applied force, \( l \) the span between supports, \( b \) the width of the specimen and \( h_{sp} \) the height of the ligament in the notched section.

In tensile tests the applied force of the testing machine is transformed to stress by dividing the load by the resistant transversal cross section.

Figure 10 shows the \( f_R \) stress-CMOD curves for bending and tensile tests. Figure 10a shows the result for SCCP6, Figure 10b VCCP6, and Figure 10c for VCLP6 concrete. For SCCP6 and VCCP6 concretes it can be seen that the results obtained by traditional strain gauges and by video-extensometry are very similar for displacements of 0.02 mm. On the other hand, in the case of VCLP6, with a weaker resistant matrix, the values of both measurement types are only comparable for displacements larger than 0.2 mm.
Figure 9. Load-displacement curves obtained by the LVDTs extensometers and by video-extensometry in the tensile tests: (a) SCCP6, (b) VCCP6 and (c) VCLP6 concretes.

A similar behavior is observed for both, bending and tensile tests, for each type of concrete. A first linear branch appears from the test onset up to the limit of proportionality, $f_{LOP}$, when the matrix of concrete cracks. The $f_{LOP}$ is associated with the strength of the concrete matrix. In the case of bending tests, the low-strength concrete, VCLP6, $f_{LOP}$ value was 2.80 MPa, compared with 5.98 MPa and 5.37 MPa, corresponding to SCCP6 and VCCP6, respectively. In the case of tensile tests $f_{LOP}$ ranged from 1.63 MPa to 2.27 MPa, values representing 42% of the strength of the equivalent bending results.

After $f_{LOP}$, stress decreases until the minimum resistance point, $f_{MIN}$. Then, the remaining stress increases until $f_{REM}$ due to the contribution of the fibers. This remaining part of the stress-CMOD curve increases in all concretes, being the increment more subtle in VCLP6. The maximum residual strength for bending tests were: 3.60, 3.24 and 3.89 MPa for SCCP6, VCCP6 and VCLP6, respectively. These values were reduced to 0.87, 1.45 and 0.39 MPa for each type of concrete, respectively, being 31% the average reduction in remaining resistance in comparison with the bending test.

In addition, Figure 10 includes a continuous black line marked as $0.33f_{R3}$. This line corresponds to the simplified stress-deformation diagram proposed by EHE-08 [12] for designing structural fiber reinforced concrete. In the case of SCCP6 and VCLP6 concrete, the value $0.33f_{R3}$ is higher than the entire residual stress branch, so the standard would overestimate the strength of the fiber reinforced under tensile testing. On the contrary, in the case of VCCP6, from 1 mm of CMOD, the experimental residual stress is higher than the one prescribed by the EHE-08. The main contribution of tensile tests in relation to bending tests is that they directly show the behavior of fiber reinforced concrete and directly provide values that can be used in the structural design.

Figure 10. $f_R$ stress-CMOD curves for bending and tensile tests: (a) SCCP6, (b) VCCP6 and (c) VCLP6 concretes.
4.4. Push-Off Shear Tests

There is no universal test for obtaining shear strength in concrete. Structural concrete standards [8,12] consider the contribution to shear of fiber-reinforced concrete based on residual strength $f_{R3}$, obtained in standard bending tests [23,24]. That is why it is necessary to assess directly shear strength. There are three experimental methods for this [34], although none of them lack bending side effects. Among these three methods, the simplest and most straightforward method is push-off as it is not affected by possible side effects caused by the disposition of the test. For this reason, the push-off method has been chosen to analyze shear behavior of fiber-reinforced concrete, starting from the residual halves of bend tested specimens.

Push-off shear tests were carried out with four specimens for VCLP6, three for VCCP10 and two for SCCS70 respectively. All the specimens were monitored on their front and rear face to obtain the cracking patterns in the shear ligament and to assess strain (in bulk sound material) and opening and sliding of the shear cracks.

The first analysis of push-off shear tests results was performed to compare the shear behavior of various concrete types. The nominal resistant area of the ligament was 150 mm wide by 90 mm height. After testing, the real area of the ligament was assessed. Figure 11 shows the shear stress (average of experimental results of tested specimens) vs. shear sliding in the fracture ligament. The shape of the curves is quite different from the one obtained in the tensile and bending tests.

![Figure 11](image_url)

**Figure 11.** Shear stress (average of experimental results of tested specimens) vs. crack sliding displacement (CSD) in the ligament for the push-off tests.

As in the previous tests, a first straight line of stress increases up to the limit of proportionality, $f_{LOP}$, when the matrix of concrete cracks. The $f_{LOP}$ is associated with the strength concrete matrix. After that, two different behaviors can be observed. For VCCP10 and SCCS70 the curve shows a steep drop in the residual shear stress, while for the VCLP6 there is no such abrupt drop. In all cases analyzed, the descending branch did not show a subsequent increase in residual shear stresses, except in the case of SCCS70, with a high amount of steel fibers, in which a slight recovery occurs.

The concrete with the highest ratio of reinforcement shows the highest loss of residual stresses. It is worth noting that for a sliding of 2 mm, the residual stress supported by the concrete with 70 kg/m$^3$ steel fiber is very similar to the one with of 10 kg/m$^3$ of polyolefin fibers.

Another analysis to be carried out is the comparison of the CM-2010 and the EHE-08 [8,12] Standards prescriptions with and the experimental results. As noted above, the shear resistance values calculated according to the Standards are based on the bending residual stress value for 2.5 mm CMOD ($f_{R3}$). Both Standards consider the contribution of fiber reinforcement to the resistance of concrete in an additive way to the shear reinforcement. However, both Standards do not consider this contribution in the same way, as it can be seen in Equations (3) [8] and (4) [12]. According to CM-2010, the contribution of fibers ($f_{Fik}$) takes the value of $f_{R3}/3$, affected by the compression resistance of concrete ($f_{ck}$). EHE-08
includes the contribution of the fibers in a term independent of concrete ($\tau_{fd}$). This value is considered equal to $0.166 f_{R3}$. For a more detailed analysis of the formulation, see \cite{8,12,35}.

$$V_{Rd,F} = \left\{ \frac{0.18}{\gamma_c} k \left[ 100 \rho_1 \left( 1 + 7.5 \frac{f_{Fmk}}{f_{ck}} \right) f_{ctk} \right]^{1/2} + 0.15 \sigma_{cp} \right\} b_{wd}$$

(3)

$$V_{rd} = V_{cu} + V_{fu} = \left\{ \frac{0.18}{\gamma_c} \epsilon(100\rho_1 f_{cv})^{1/3} + 0.15 \sigma_{cd}' \right\} b_0 d + 0.7 \epsilon \tau_{fd} b_0 d$$

(4)

Table 4 shows the comparison of experimental results and analytical values obtained by Equations (3) and (4). The values supplied by CM-2010 were adopted as reference values (100%). Two values of the experimental shear sliding were adopted for comparison: 0.5 mm and 2.5 mm. In the case of 0.5 mm of shear sliding, the Standards underestimate the contribution of the fibers to shear, highlighting the contribution of steel fibers, with values five times higher than those of the Standards. For 2.5 mm of shear sliding, polyolefin fiber reinforcements show higher values of shear strength than steel ones. This different behavior between steel and polyolefin fibers is due to their significant difference in the modulus of elasticity. In addition, the hook end of the steel generates a better behavior for minor sliding.

Table 4. Shear strength of fiber reinforced concrete: according to the Standards \cite{8,12} and experimental results, for 0.5 and 2.5 mm shear sliding (c.v. in parentheses).

| Concrete Type | MC-2010 | EHE-08 | CSD 2.5 mm | CSD 0.5 mm |
|---------------|---------|--------|------------|------------|
| VCLP6         | 100.00% | 92.98% | 74.94%     | 200.33%    |
| (0.19)        | (0.19)  | (0.14) | (0.09)     |            |
| VCCP10        | 100.00% | 99.92% | 97.47%     | 161.11%    |
| (0.11)        | (0.11)  | (0.07) | (0.01)     |            |
| SCCS70        | 100.00% | 132.37%| 60.56%     | 491.27%    |
| (0.13)        | (0.13)  | (0.09) | (0.04)     |            |

In addition to the results analyzed previously, a detailed study was carried out regarding the cracking process in the push-off tests with the support of the video-extensometry technique. The time when cracking occurred was different for the three types of concrete. Figure 12a shows the point of the first crack in the curve shear stress—crack sliding displacement (CSD). In the case of polyolefin fiber reinforced concrete, it coincided with the highest shear stress. In steel fiber reinforced concrete, the first crack appeared before this point. Figure 12b shows a specimen of SCCS70 at the time of cracking. In this figure the shear cracks are marked, placed in the ligament. Additionally, two bending fissures appear out of the resistant ligament. These bending fissures were previously analyzed by using a finite element model \cite{35} and the specimens had to be reinforced externally for avoiding unexpected bending cracking in the cantilevers. Similar to tensile tests, the video-extensometry system allowed to observe the nucleation and growth of the cracks when they were imperceptible to the naked eye.

As the tests progressed, the cracks in the ligament developed towards the tips of the notch, while the bending fissures were reduced, even becoming imperceptible. In some cases, the multi-cracking coalesced in a single fracture that connected the tips of the notch, while in other cases there was a multi-cracking pattern with cracks inclined to about 45° at the end of testing.

Figure 13a shows a VCLP6 specimen at the end of the test, in which the cracking occurred with fissure directions of about 45°, due to the reinforcement of only 6 kg/m³ of polyolefin fibers. Figure 13b shows a VCCP10 specimen at the end of the test and it can be observed how the pattern and cracking are different, showing a single virtually vertical fissure that joined the tips of the notch. Lastly, Figure 13c shows the cracking pattern of a specimen reinforced with steel fibers.
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The cracking analysis of the push-off specimens was not focused only on the cracking patterns. In addition, the kinematics of the cracks was also studied with video-extensometry technique. Thus, five virtual strain gauges, shown in Figure 14a, were placed in each specimen. A complex analysis of the recorded data was carried out (note that from each virtual strain gauge about 100 reference points per image are obtained, and that each test lasts more than 4000 s, so the system allows the obtaining of $5 \times 100 \times 4000 = 2$ million data per test). After analyzing the video-extensometry data, sliding-opening crack curves, such as the one shown in Figure 14b, could be developed. Such figures are useful for the validation of shear-friction models extended to fiber reinforced concrete [25,36,37].
5. Conclusions

Structural concrete standards adopt the experimental data coming from bending tests for considering the structural contribution of fiber reinforcement. Based on residual stress values such as \( f_{R3} \), the fiber contribution to tensile and shear strength is assessed. As it has been shown, this approach sometimes leads to different values than those obtained experimentally, even on the unsafe side. This research proposed a novel testing procedure, which complements the bending test with direct tensile and pure shear strength tests, by using the specimens previously used in the bending tests.

With the use of a single initial specimen, this fiber reinforced concrete (FRC) testing methodology allows carrying out the mechanical characterization of the material by tensile bending strength tests, tensile strength tests and pure shear strength tests. This means significant savings in specimen preparation and a greater amount of information for the structural use of FRC. For that purpose, the residual halves obtained at the end of the flexural test were used for tensile and direct shear (push-off) tests and so assess the strength properties of FRC. The test was also monitored by a video-extensometry system in order to analyze the cracking displacements and patterns.

Specimen preparation for direct tensile and shear tests was quite a laborious and care-taking process and was more time consuming as compared to the standard testing procedures for FRC. The test setup required detailed planning and precise positioning to prevent undesired stresses in the specimens. However, the results provide relevant information for the design of structural elements of FRC compared with the only use of bending tests.

The video-extensometry system requires a previous preparation of the specimens, the correct positioning of the cameras, adequate lighting and precise focusing. The results obtained with this technique are similar to the ones provided by physical extensometers but involves complex data processing. On the contrary, it should be underlined that the images can be saved for future analyses. In addition, they can help to understand the cracking processes of FRC.

The tensile tests showed a more consistent behavior than the bending test results established by the codes. In any case, the methodology proposed supplies relevant information about the tensile behavior of FRC that could be compared with the constitutive models of the Standards, thus providing reliability in the structural use of FRC.

Regarding the shear tests, it should be observed that for small slipping values the behavior of steel fiber reinforcement is better than that of polyolefin fibers due to the higher modulus of elasticity and the effect of the hooked end of the steel fibers. In all cases, the Standards underestimated the shear strength for small sliding values in the range of 0.5 mm. For higher sliding values the experimental and standard values were similar with a better behavior of polyolefin fibers as compared with steel fibers.

Figure 14. (a) Virtual strain gauges placed on the ligament of a push-off specimen. (b) Sliding-opening crack curves obtained by video-extensometry.
The video-extensometry of the shear tests allowed the assessment of the sliding and crack opening values at the crack discontinuity. Such values may be quite relevant for the study of the FRC behavior when subjected to shear according to the shear-friction model theories.

Moreover, the methodology proposed in this study provide the designer with values of shear strengths coming from push-off tests. It is important to remark that if these tests are not performed, the shear structural design would be developed through the use of residual strengths extracted from bending tests, as shear reinforcement mechanisms are different from bending reinforcement mechanisms.

The proposed methodology is applied to various types of concrete and fibers in order to show the versatility of the proposal and the difficulties of some tests. In some combinations of concrete and fibers, the three types of tests have not been arranged, however these results have been included in this paper because they show the limitations of the standards when assessing tensile and pure shear strength of fiber reinforced concrete based only on the $f_{R3}$ bending value.

**Author Contributions:** Conceptualization, J.C.G. and M.G.A; methodology, Á.P., M.G.A. and J.C.G; validation, Á.P., M.G.A., J.C.G. and A.E.; formal analysis, Á.P., M.G.A., J.C.G. and A.E.; investigation, Á.P., M.G.A., J.C.G. and A.E.; resources, Á.P., M.G.A., J.C.G. and A.E.; data curation, Á.P., M.G.A., J.C.G. and A.E.; writing—original draft preparation, Á.P. and M.G.A.; writing—review and editing, Á.P., M.G.A., J.C.G. and A.E.; supervision, J.C.G.; project funding acquisition, Á.P., M.G.A., J.C.G. and A.E., under Fund Project PID2019-108978RB-C31 and BIA2016-78742-C2-2-R. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by the Ministry of Economy, Industry and Competitiveness of Spain., grant number PID2019-108978RB-C31 and BIA2016-78742-C2-2-R.

**Acknowledgments:** The authors gratefully acknowledge the financial support provided by the Ministry of Economy, Industry and Competitiveness of Spain by means of the Research Fund Project PID2019-108978RB-C31. They also offer their gratitude to SIKA SAU for supplying the polyolefin fibers.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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