Does UK licensed NSAID administration reduce signs of postoperative pain in calves castrated without local anaesthesia?

A Knowledge Summary by

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KNOWLEDGE SUMMARY

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PICO question
In calves undergoing castration without local or general anaesthesia, do non-steroidal anti-inflammatory drugs (NSAIDs) licensed for use in cattle in the UK administered either before, during or after the procedure reduce signs of postoperative pain?

Clinical bottom line

Category of research question
Treatment

The number and type of study designs reviewed
Twenty studies were critically appraised. All were controlled trials, of which 17 were randomised. Only NSAIDs licensed for use in cattle in the UK were included in the search strategy and in appraised papers

Strength of evidence
Moderate

Outcomes reported
Five studies reported an improvement in both physiological and behavioural indicators of postcastration pain following NSAID administration and a further eight reported improvements in either physiological or behavioural parameters. Seven studies found no improvements in pain indicators

Conclusion
There is moderate evidence to suggest that NSAID administration before, during or after castration is able to reduce the signs of postoperative pain in calves castrated without anaesthesia. The degree to which pain is reduced is variable and depends upon factors including but not limited to castration method, specific NSAID given, dosage, administration and calf age

How to apply this evidence in practice
The application of evidence into practice should take into account multiple factors, not limited to: individual clinical expertise, patient’s circumstances and owners’ values, country, location or clinic where you work, the individual case in front of you, the availability of therapies and resources.

Knowledge Summaries are a resource to help reinforce or inform decision making. They do not override the responsibility or judgement of the practitioner to do what is best for the animal in their care.
Clinical scenario
Calf castration is a common management practice, as it reduces undesirable behaviour (e.g. bullying, mounting and fighting) and castrated calves are easier and less dangerous to handle than bulls (FAWC, 2019). There is also an economic incentive to castration as it prevents unwanted matings producing unplanned/low-value calves and there is a consumer preference for beef from steers compared to bulls (Cooper, 2016). Although castration is undoubtedly painful (Stafford & Mellor, 2005; and Cooper, 2016), calves under 8 weeks old can legally be castrated without anaesthesia or pain relief; calves older than this must be castrated by a veterinary surgeon with appropriate anaesthesia, however the Farm Animal Welfare Council (FAWC) (2019) report that it is not uncommon for calves older than 8 weeks to be castrated by stock-keepers without adequate anaesthesia. Both the FAWC and the British Veterinary Association (BVA) recommend the use of local anaesthesia and longer-acting analgesia for all castrations and recommend non-steroidal anti-inflammatory drugs (NSAIIDs) specifically to manage more chronic pain. NSAID use for disbudding or dehorning is increasing but is still uncommon in castration and despite recognition from veterinary surgeons that castration is painful, adult cattle are more likely than calves to receive analgesia for similarly painful procedures (BVA, 2017; and FAWC, 2019).

While local anaesthesia combined with analgesia is ideal for managing castration pain, local anaesthetics may be less popular with farmers as a time delay must be observed between administration and castration for them to take effect. NSAIIDs can be administered either before, during or after castration and there are several licenced for cattle in the UK (meloxicam, ketoprofen, flunixin and carprofen) (Veterinary Medicines Directorate, 2020) so may be more practicable for on-farm use. This Knowledge Summary aims to assess the efficacy of NSAIIDs in reducing signs of postoperative pain; use of effective analgesia would improve calf welfare even in the absence of local anaesthesia and could perhaps lead to further improvements e.g. local anaesthesia before castration.

The evidence
Twenty studies were critically appraised; all were controlled trials and of these 17 were randomised. Only NSAIIDs licensed for use in cattle in the UK were included in the search strategy and in appraised papers. Direct comparison between the studies was made difficult by variations in calf age*, castration method, NSAID type, dosage, administration and timing of administration. Many studies also used relatively small sample sizes and did not report power analyses when determining sample size or CI when reporting data, possibly reducing the reliability of their results. Additionally, some studies also investigated variables which were not relevant to the PICO question such as pain associated with branding and the effect of local anaesthetic on pain indicators (Laurence et al., 2018; Marti et al., 2018; Meléndez et al., 2018a; Meléndez et al., 2018c; Van Der Saag et al., 2018; and Webster et al., 2013); these studies were included but the treatments not relevant to the PICO question were excluded from the appraisal. Studies assessed pain response to NSAIIDs by measuring physiological parameters (e.g. cortisol concentrations, APP concentrations, ADG, scrotal or rectal temperature) and behavioural parameters (e.g. standing, lying and stepping behaviour, motion index, gait, eating and drinking and specific, discrete behaviours such as tail flicking and lesion-licking).

A significant reduction in pain associated with castration was defined as improvements in both physiological and behavioural pain indicators, and no reduction in pain was defined as no significant improvements in either physiological or behavioural indicators. Some studies were ranked as intermediate where there was an improvement in either physiological or behavioural indicators. Five studies (Laurence et al., 2018; Meléndez et al., 2018a; Meléndez et al., 2018b; Olson et al., 2016; and Ting et al., 2003) showed an improvement in both physiological and behavioural indicators, eight studies (Kleinhenz et al., 2018; Meléndez et al., 2018c; Petherick et al., 2014a; Petherick et al., 2014b; Roberts et al., 2015; Roberts et al., 2018; Van Der Saag et al., 2018; and Webster et al., 2013) showed an improvement in one of the physiological or behavioural indicators and seven studies (Daniel et al., 2020; Gellatly et al., 2021; Marti et al., 2018; Moya et al., 2014; Paull et al., 2015; Repenning et al., 2013; and Sutherland et al., 2018) showed no improvement.
*Regulations that apply to the age at which mandatory use of local anaesthetic is required vary between countries. As pain response varies with age, results from some of the trials reported may be less applicable in a particular country’s cattle industry where the calves used in the trial were older than the age at which the use of local anaesthetic is legally required.

**Abbreviations:**
ADG – average daily (weight) gain  
APP – acute phase proteins  
CBC – complete blood count  
CI – confidence interval  
N:L – neutrophil : lymphocyte ratio  
SAA – serum amyloid A  
WBC – white blood cell

**Summary of the evidence**

| Daniel et al. (2020) |
|---------------------|
| **Population:** | Approximately 3 month old nursing Angus bull calves (USA) |
| **Sample size:** | 23 calves |
| **Intervention details:** | **Treatment groups**  
1. No castration control (BULL) n = 6 – chosen based on phenotype  
2. Band castration without meloxicam (BAN) n = 8 – randomly assigned  
3. Band castration with meloxicam (BAN + M) n = 9 – randomly assigned  
**Doses and administration**  
• Meloxicam (2 mg/kg) administered orally inside gelatin capsule on days 0 and 14  
• BULL and BAN given an empty porcine gelatin capsule on days 0 and 14 |
| **Study design:** | Randomised controlled trial |
| **Outcome studied:** | **Physiological indicators of pain/inflammation**  
Objective determination of plasma fibrinogen and serum haptoglobin concentrations and weight (to determine ADG) before and after castration  
**Behavioural indicators of pain**  
Objective assessment of standing, lying and stepping behaviour and motion index using accelerometer after castration |
| **Main findings:** | **Physiological indicators of pain/inflammation**  
• Fibrinogen and haptoglobin concentrations were unaffected by meloxicam administration  
• No difference in ADG between BAN and BAN + M groups  
**Behavioural indicators of pain/inflammation**  
• BAN + M group took fewer steps than BAN group on days 7 and 15 and had significantly more lying bouts per day on days 13 and 14 than BAN group  
• Overall meloxicam administration did not result in major improvements in behavioural pain indicators |
Limitations:

- Small sample size may reduce reliability of data (no power analysis reported)
- No CI reported
- Non-blinded study (but behaviour was assessed using accelerometers so lack of blinding may have had less effect)
- Blood samples were taken on days 0 (before treatment), 14 and 28 which may have been too infrequent to observe short-term changes in fibrinogen and haptoglobin concentrations, especially during the acute inflammatory period within the first 14 days following castration
- Unknown when on day 0 meloxicam was administered, i.e. before, concurrently to or after castration
- Unclear significance of BAN + M group taking fewer steps than BAN group – BULL group took the most steps per day overall which would suggest that more steps is indicative of less pain but this could also have been due to cows in the pasture being in oestrus which was not measured in the study
- Relatively few physiological and behavioural indicators of pain assessed

Gellatly et al. (2021)

| Population                  | 2 month old Angus and Angus crossbred bull calves (Canada) |
|-----------------------------|----------------------------------------------------------|
| Sample size                 | 131 calves                                               |

**Intervention details:**

**Treatment groups**

1. Sham castration with meloxicam (CT-M) n = 24
2. Sham castration with lactated ringers solution CT-NM) n = 23
3. Band castration with meloxicam (BA-M) n = 23
4. Band castration with lactated ringers solution (BA-NM) n = 23
5. Knife castration with meloxicam (KN-M) n = 18
6. Knife castration with lactated ringers solution (KN-NM) n = 20

Subsets of cow-calf pairs representing each treatment group were randomly selected to be used for behavioural analyses – 20 calves were assessed for behavioural changes, 15 calves were used to assess cow-calf proximity and 36 calves were used to measure home range.

**Doses and administration**

- Meloxicam (0.5 mg/kg) – subcutaneous injection (timing of administration not mentioned)
- Lactated Ringers solution (dose not given) – subcutaneous injection (timing of administration not mentioned)

**Study design:**

- Randomised controlled trial

**Outcome studied:**

- Physiological indicators of pain/inflammation
  - Objective assessment of pain sensitivity before and after castration – maximum pressure exerted before animal responded
- Objective assessment of maximum scrotal temperature and weight (to determine ADG) before and after castration
- Subjective assessment of wound swelling and wound healing before and after castration

**Behavioural indicators of pain**
- Subjective assessment of behaviours inc. suckling, lying, walking, lesion-licking, foot stamping and tail licking before and after castration (interobserver reliability = 0.93 and intra-observer reliability = 0.90)
- Objective assessment of cow-calf proximity (after castration) and home range (daily before and after castration)

**Main findings:**

(relevant to PICO question):

**Physiological indicators of pain and inflammation**
No effect of meloxicam on ADG, pain sensitivity, maximum scrotal temperature, wound swelling or wound healing (95% CI reported for wound swelling and healing)

**Behavioural indicators of pain**
- Meloxicam treated calves spent more time suckling than non-treated calves (p < 0.05)
- No effect of meloxicam on other behavioural parameters or cow-calf proximity

**Limitations:**
- Small sample sizes used to assess behavioural changes (n = 20), cow-calf proximity (n = 15) and home range (n = 36) – no power analyses reported
- Behavioural data was not collected for one group of 12 calves for the first 2 hours following castration due to environmental conditions so acute pain signs may not have been identified
- 13 calves were removed from the study, reducing sample sizes for behavioural assessments (only two calves for each knife-castrated group were assessed compared to four calves for each other treatment group)
- Small magnitude of difference in suckling time between meloxicam treated and untreated calves may lack biological significance
- Cow-calf proximity may not be an adequate indicator of pain
- Non-blinded trial
- Timing of meloxicam or placebo dose was not given
- Relatively limited physiological assessment (e.g. no assessment of cortisol or APP)
- No CI reported for outcomes other than wound swelling and healing, which is not directly related to pain

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**Kleinhenz et al. (2018)**

| Population: | 9 month old Holstein calves (USA) |
| Sample size: | 23 calves (16 bulls and 7 steers) |
| Intervention details: | Treatment groups |
| | 1. Surgical castration with placebo (CAST + PLBO) n = 8 |
| | 2. Surgical castration with flunixin (CAST + FLU) n = 8 |
| | 3. Sham castration with placebo (steers) (SHAM + PLBO) n = 7 |
Study personnel were blinded to treatment groups for castrated calves

**Doses and administration**
- Flunixin meglumine (3.33 mg/kg) – applied topically to the back from the shoulders to the tailhead
- Placebo (propylene glycol, isopropyl alcohol and red dye to mimic colour, viscosity and odour of flunixin) – applied in equal volume to the flunixin and in the same area
- Flunixin and placebo were administered concurrently with castration

**Study design:** Randomised controlled trial

**Outcome studied:** Physiological indicators of pain/inflammation
- Objective analysis of plasma cortisol and substance P concentrations and ocular temperature using infrared thermography before and after castration

**Main findings:**
- **Physiological indicators of pain/inflammation**
  - CAST + FLU had lower mean cortisol concentrations 2, 3 and 4 hours postcastration than CAST + PLBO, suggesting flunixin controls the initial cortisol spike associated with castration and longer-term cortisol levels
  - CAST + FLU (73 ng×h/ml (95% CI 45 – 102)) had smaller cortisol area under the curve than CAST + PLBO up to 8 hours postcastration (157 ng×h/ml (95% CI 128 – 186))
  - No effect of flunixin on substance P concentrations
  - CAST + FLU had higher maximum, mean and minimum ocular temperatures than CAST + PLBO and SHAM + PLBO following castration and treatment (authors hypothesised reduced ocular temperature with flunixin)

- **Behavioural indicators of pain**
  - CAST + PLBO and CAST + FLU placed more force on front limbs than SHAM + PLBO, suggesting gait modification in response to castration pain; CAST + FLU had a numerically smaller mean force difference between fore- and hindlimbs than CAST + PLBO
  - SHAM + PLBO had a lower total impulse (i.e. traveled more quickly) than CAST + PLBO and CAST + FLU but no significant difference between CAST + PLBO and CAST + FLU
  - No significant difference in stride lengths between treatment groups

**Limitations:**
- Small sample size may reduce reliability of data (no power analysis for sample size reported)
- First ocular temperature reading was taken 2 hours postcastration preventing measurement of acute changes before this; ocular temperature measurement as pain assessment is not well understood and optimal sampling intervals are not well described
Laurence et al. (2018)

| Population: | 6–8 month old Brahman bulls (Australia) |
|-------------|----------------------------------------|
| Sample size: | 48 calves |

### Intervention details:

| Treatment groups (n=8 per group) |
|-----------------------------------|
| 1. No castration (NC)             |
| 2. Surgical castration (C)        |
| 3. C with postoperative meloxicam (CM\textsubscript{postop}) |
| 4. C with lignocaine (CL)         |
| 5. C with lignocaine and postoperative meloxicam (CLM\textsubscript{postop}) |
| 6. C with preoperative meloxicam (CM\textsubscript{preop}) |

CL and CLM\textsubscript{postop} groups were excluded from the evidence appraisal as they are not relevant to the PICO question.

### Doses and administration

- Meloxicam (0.5 mg/kg) subcutaneously in the lateral neck
- Administered 30 minutes before castration (CM\textsubscript{preop}) or immediately after castration (CM\textsubscript{postop})

### Study design:

Randomised controlled trial

### Outcome studied:

#### Physiological indicators of pain/inflammation

Objective assessment of liveweight change and serum cortisol concentrations on days $-6$, $-1$, $1$, $2$, $6$, $10$, $13$; serum cortisol was also measured immediately before castration.

#### Behavioural indicators of pain

- Subjective assessment of crush score (observing the animal for 60 seconds in the crush without head restraint), recorded on days $-6$, $-1$, $1$, $2$, $6$, $10$, $13$
- Subjective assessment of baulk score by a single observer when entering the weighing area for the first time (recorded on days $-6$, $-1$, $1$, $2$, $6$, $10$, $13$)
  - Non-baulker – enters voluntarily when the gate opens, or a light tap on the rump is required for the animal to enter
  - Baulker – a hard slap on the rump or tail twisting is required for the animal to enter
• Objective assessment of step count, number and duration of recumbent periods and total resting time using pedometers (recorded daily)
  1. Calm, no movement
  2. Slightly restless
  3. Squirming and occasionally shaking the squeeze chute
  4. Very vigorous and continuous movement and shaking of the squeeze chute
  5. Rearing, twisting body, struggling violently

Main findings: (relevant to PICO question):

Physiological indicators of pain/inflammation
• CM<sub>postop</sub> group had significantly higher average weights than C group and were not significantly different from NC calves
• CM<sub>postop</sub> and CM<sub>preop</sub> calves had significantly lower plasma cortisol concentrations than C calves
• C calves had highest cortisol concentrations of all treatment groups

Behavioural indicators of pain
• CM<sub>preop</sub> calves were significantly more active and CM<sub>postop</sub> calves rested less than all other groups on day 1
• All castrated animals had significantly shorter rest durations than NC calves
• No difference in baulk and crush scores between treatment groups

Limitations:
• Small sample sizes per treatment group may have made associations more difficult to detect (no power analyses reported)
• No CI reported
• Behavioural indicators of pain may have been difficult to identify as the cattle used were extensively managed and unused to human contact so more likely to mask pain signs
• Relatively limited physiological parameters assessed
• Non-blinded trial
• No placebo given for animals not given one or more of the medical treatments

Marti et al. (2018)

Population: 2 month old Angus crossbred bull calves (Canada)

Sample size: 72 calves

Intervention details: Treatment groups (exact numbers per group not stated)
  1. Sham control with lactated Ringer’s solution (CN-NM)
  2. Sham control with meloxicam (CN-M)
  3. Surgical castration with lactated Ringer’s solution (KN-NM)
  4. Surgical castration with meloxicam (KN-M)
  5. Surgical castration and branding with lactated Ringer’s solution (KB-NM)
  6. Surgical castration and branding with meloxicam (KB-M)
KB groups were excluded from the evidence appraisal as branding is not relevant to the PICO question
Doses and administration

- Meloxicam (0.5 mg/kg) administered subcutaneously immediately before castration
- Lactated Ringer’s solution administered subcutaneously immediately before castration at an equivalent volume to meloxicam

Study design: Randomised controlled trial

Outcome studied:

Physiological indicators of pain/inflammation

- Objective assessment of forehead hair cortisol concentration, serum haptoglobin and SAA concentrations, maximum scrotal temperature and circumference before and after castration
- Objective assessment of weight before and after castration to determine ADG

Behavioural indicators of pain

- Objective measurement of total standing and lying time, duration (mean time spend standing/lying per bout) and bouts (individual standing/lying bouts) using accelerometers and stride length before and after castration
- Subjective assessment of sucking, tail flicking, foot stamping, head turning and lesion licking using video footage from 7 days after castration

Main findings:

(relevant to PICO question):

Physiological indicators of pain/inflammation

- No effect of meloxicam treatment on ADG, hair cortisol concentrations, haptoglobin or SAA concentration
- KN-M calves tended (p = 0.07) to have reduced scrotal circumference compared to KN-NM calves

Behavioural indicators of pain

- No treatment differences for all groups seen for stride length, standing and lying duration or standing and lying bouts
- CN calves spent less total time lying than KN-NM and KN-M calves but the time difference between groups was less than 1 hour per day
- No effect of meloxicam treatment was observed for pain-related behaviours

Limitations:

- Forehead hair contains less cortisol than e.g. tail hair; long sampling time (42 days) may have made cortisol detection more difficult as longer hair growth postcastration means that a smaller proportion of the hair shaft contains castration-related cortisol
- Sub-optimal sampling times for haptoglobin and SAA (samples collected on days −1, 0 and weekly thereafter) so acute changes immediately following castration would not have been seen
- Non-blinded trial
- 95% CI only stated for wound healing score and not for any parameters related to pain assessment
- Power analyses for sample sizes not stated
Meléndez et al. (2018a)

| Population: | Angus crossbred bull calves aged 67–87 days old (Canada) |
|-------------|----------------------------------------------------------|
| Sample size: | 71 calves                                                 |

**Intervention details:**

| Treatment groups |
|------------------|
| 1. Sham control with lactated Ringer’s solution (CT-NM) n=11 |
| 2. Sham control with meloxicam (CT-M) n=12 |
| 3. Surgical castration with lactated Ringer’s solution (KN-NM) n=12 |
| 4. Surgical castration with meloxicam (KN-M) n=12 |
| 5. Surgical castration and branding with lactated Ringer’s solution (BK-NM) n=12 |
| 6. Surgical castration and branding with meloxicam (BK-M) n=12 |

BK groups were not included in evidence appraisal as branding is not relevant to the PICO question

**Doses and administration:**

- Meloxicam (0.5 mg/kg) – subcutaneously immediately before castration
- Lactated Ringer’s solution – administered subcutaneously at equivalent volume to the meloxicam immediately before castration

**Study design:** Randomised controlled trial

**Outcome studied:**

**Physiological indicators of pain/inflammation**

- Objective measurement of salivary cortisol concentration, blood parameters (substance P, SAA, haptoglobin and CBC), scrotal and rectal temperature and weight (to determine ADG) before and after castration
- Objective assessment of scrotal circumference after castration

**Behavioural indicators of pain**

- Subjective measurement of frequency of tail flicks, foot stamping, head turning and lesion-licking and duration of eating, lying, standing and walking after castration by blinded observers using video footage (inter- and intra-observer reliability = 0.95 and 0.91 respectively)
- Objective measurement of stride length by blinded observers and of standing and lying behaviour using accelerometers before and after castration

**Main findings:**

- Physiological indicators of pain/inflammation
  - No effect of meloxicam administration on salivary cortisol, plasma substance P or SAA concentrations
  - KN-M calves had lower serum haptoglobin concentrations than KN-NM calves on days 1–2 but had higher haptoglobin concentrations than KN-NM calves on day 7 (possibly due to meloxicam wearing off)
  - KN-M calves had lower WBC count on days 1 and 2 and lower N:L on day 2 than KN-NM (but all values remained within reference intervals)
• KN-M calves had a lower scrotal temperature on days 1, 2, 3 and 7 and a lower rectal temperature on day 1 than KN-NM calves
• KN-NM calves had greater ADG than KN-M calves which could be due to increased motivation to suckle due to pain

**Behavioural indicators of pain**
• Six calves per group were assessed for behavioural changes
• KN-M calves walked less, had greater lying durations, showed fewer tail flicks 2–4 hours postcastration than KN-NM calves
• KN-M calves showed fewer head turns than CT and KN-M calves on days 1–3
• No medication or procedure effects were observed for eating or lesion-licking 2–4 hours postcastration
• No medication effects for walking, standing, lying, eating and lesion-licking on days 1, 2, 3 and 7

**Limitations:**
• Salivary cortisol may be less sensitive than plasma cortisol to adrenal activity
• High inter-assay coefficient of variation (24.2%) and variation between individuals in substance P measurements could have masked treatment effects
• Substance P sampling times (immediately before castration and at 60, 90, 120, 180 minutes and 1, 2, 3 and 7 days after castration) may not have been adequate to detect differences between treatments
• Differences in ADG (0.2 kg/day) and in scrotal and rectal temperatures between KN-NM and KN-M may lack biological significance as they are small
• Power analysis indicated that 6–12 calves minimum per treatment were required to detect differences in salivary cortisol and tail flicking between treatments; six calves per group were assessed for behaviour and 12 (i.e. the whole group) were assessed for salivary cortisol so the sample size may have been too small to accurately detect differences
• No power calculations for other behavioural parameters so sample size may have been too small to detect differences
• CI for pain assessment not reported
• Behavioural parameters may not be sensitive enough to pain and individual variation may have masked treatment effects; sampling times may have been insufficient to observe differences between groups (animals observed for a 2 hours period on day 0 and every 10 minutes for a 4 hour period on days 1, 2, 3 and 7)

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**Meléndez et al. (2018b)**

**Population:** 7–8 day old Angus crossbred bull calves (Canada)

**Sample size:** 72 calves

**Intervention details:** Treatment groups (n=12 for each group)
1. Sham castration with no meloxicam (CT-NM)
2. Sham castration with meloxicam (CT-M)
3. Band castration with no meloxicam (BA-NM)
4. Band castration with meloxicam (BA-M)
5. Knife castration with no meloxicam (KN-NM)
6. Knife castration with meloxicam (KN-M)

**Doses and administration**
- Meloxicam (0.5 mg/kg) administered subcutaneously
- Single subcutaneous injection of lactated Ringer’s solution in all NM calves

**Study design:** Randomised controlled trial

**Outcome studied:** Physiological indicators of pain/inflammation
Objective assessment of salivary cortisol concentration, blood parameters (substance P, haptoglobin, SAA, CBC), scrotal and rectal temperatures and ADG before and after castration

**Behavioural indications of pain**
- Subjective assessment by blinded observers using video footage of standing, walking, lying, sucking behaviour and frequency of tail flicking, head turning, lesion-licking and foot stamping before and after castration (intra- and interobserver reliability = 0.90 and 0.91 respectively)
- Objective assessment of stride length and standing and lying behaviour before and after castration

**Main findings:** (relevant to PICO question):
- Physiological indicators of pain/inflammation
  - M calves had lower substance P concentrations than NM calves 7 days postcastration; also tended (p=0.06) to be lower 3 days postcastration
  - M calves had lower WBC count than NM calves
  - KN-NM calves had higher SAA concentrations than all other groups apart from BA-M where there was no difference

**Behavioural indicators of pain**
- Six calves per treatment group were assessed for behavioural changes
- NM calves showed more tail flicks than M calves 2-4 hours postcastration but M calves showed more tail flicks than NM calves on day 7 postcastration (thought to be due to effects of meloxicam wearing off)
- Tendency for M to have fewer standing bouts, greater lying duration and longer lying bouts than NM calves
- M calves spent less time in lateral recumbency than NM calves on day 3

**Limitations:**
- Not all findings were associated with p < 0.05 and were tendencies rather than statistically significant associations
- Numerical differences in standing and lying bouts are small and may lack biological significance
- Only six calves per treatment were assessed for behavioural changes
- No power calculations for sample sizes required so sample sizes may have been too small to accurately detect differences between treatment groups
- No CI reported for pain assessment
### Meléndez et al. (2018c)

| **Population:** | 7–8 month old Angus crossbred beef calves (Canada) |
|-----------------|--------------------------------------------------|
| **Sample size:** | 48 calves |

**Intervention details:**

| Treatment groups |
|-------------------|
| 1. Surgical castration without meloxicam or lidocaine (NR) n=12 |
| 2. Surgical castration with lidocaine only (NL) n=12 |
| 3. Surgical castration with meloxicam only (MR) n=12 |
| 4. Surgical castration with meloxicam and lidocaine (ML) n=12 |

NL and ML groups were not included in the evidence appraisal as local anaesthesia is not relevant to the PICO question.

**Doses and administration**

- Meloxicam (0.5 mg/kg) – administered subcutaneously in the neck immediately after the lidocaine/sham block 30 minutes before castration
- Sham block (MR, NR) consisted of lactated Ringers solution injected into each spermatic cord and subcutaneously around the neck of the scrotum
- Calves not given meloxicam were given a single subcutaneous injection of lactated Ringer’s solution

**Study design:** Randomised controlled trial

**Outcome studied:**

**Physiological markers of pain/inflammation**

- Objective assessment of saliva and hair cortisol, blood parameters (SAA, haptoglobin and WBC count), scrotal area temperature and rectal temperature before and after castration
- Objective assessment of scrotal circumference after castration
- Objective assessment of weight before and after castration to determine ADG

**Behavioural indicators of pain**

- Subjective assessment by blinded assessors using video footage of pain-associated behaviour postcastration (tail flicks, foot stamping, head turning, lesion-licking and duration of standing, lying, walking and eating) after castration
- Objective assessment of feeding behaviour (measurement period not stated)
- Objective assessment of stride length and standing and lying behaviour before and after castration

Plasma meloxicam concentrations and behavioural and escape responses during castration were also measured; these results were not appraised as they are not relevant to the PICO question.

**Main findings:**

(relevant to PICO question):

**Physiological indicators of pain/inflammation**

- Salivary cortisol concentrations were lower in MR calves than NR calves 2, 4 and 48 hours postcastration but no differences between groups in hair cortisol concentrations
- Haptoglobin concentrations were lower in MR calves than NR calves 24 and 48 hours postcastration
- WBC count was lower in MR calves than NR calves 24 hours postcastration
- Scrotal temperature was lower in MR calves than NR calves 24 hours postcastration

**Behavioural indicators of pain**
- Six calves per group were assessed for behavioural indicators of pain
- No significant difference reported in observed behavioural pain markers between NR and MR calves

**Limitations:**
- Power analysis indicated that 6–12 calves per treatment were needed to detect significant differences between groups for salivary cortisol and tail flick data – only six calves per group were assessed for behavioural indicators of pain so this may have reduced the ability to detect differences
- Administration of intratesticular sham block could have artificially increased scrotal inflammation
- Behavioural scoring did not take place until at least 5 hours after castration so acute behavioural changes may have occurred and been missed
- No CI stated

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### Moya et al. (2014)

**Population:** Angus bull calves aged approximately 7 months old (Canada)

**Sample size:** 150 calves

**Intervention details:**

**Experiment 1 (n=77)**

**Treatment groups (exact numbers of animals in each group not given)**
1. No castration and physiological solution (CT-PS)
2. No castration and ketoprofen (CT-KP)
3. Surgical castration and physiological solution (SU-PS)
4. Surgical castration and ketoprofen (SU-KP)
5. Band castration and physiological solution (BA-PS)
6. Band castration and ketoprofen (BA-KP)

**Doses and administration**
- Ketoprofen (3 mg/kg) – single intramuscular injection in the neck 30 minutes prior to castration
- Physiological solution – equivalent amount to ketoprofen administered intramuscularly into the neck 30 minutes before castration

**Experiment 2 (n=73)**

**Treatment groups identical to Experiment 1**

**Doses and administration**
- Ketoprofen (3mg/kg) – intramuscular injections in the neck 30 minutes before castration and 1, 2, 3, 4, 5 and 6 days postcastration
- Physiological solution (saline) – equivalent amount to ketoprofen administered intramuscularly into the neck 30 minutes before castration
| Study design: | Controlled trial |
| --- | --- |
| Outcome studied: | **Physiological indicators of pain/inflammation**  
- Objective assessment of scrotal temperature (using thermographic imaging) and salivary cortisol concentrations before and after castration  
- Objective assessment of blood parameters (WBC count and N:L) after castration  
- Objective assessment of weight before and for several weeks after castration to obtain ADG  
**Behavioural indicators of pain**  
Objective assessment of feed intake and feeding behaviour (timeframe measurements were taken in not stated) |
| Main findings: (relevant to PICO question): | • Blood and saliva samples were taken from a subset of animals (n = 23 and n = 24 respectively); these groups contained calves from each treatment group  
• Salivary cortisol tended (p = 0.08) to be lower in KP calves than PS calves at 5 hours postcastration in experiment 1  
• No other significant effect of ketoprofen on physiological or behavioural indications of pain in either experiment |
| Limitations: | • Limited behavioural assessment  
• Blood and saliva samples were only taken from a subset of animals so there may have been inadequate statistical power and associations may have been missed (no power calculations are reported)  
• No CI reported  
• Some results were trends and not statistically significant  
• Ketoprofen chiral inversion varies between individuals depending partially on age and physiological status – variation in inversion contributes to variation in pharmacological properties and ability to inhibit prostaglandin production so ketoprofen may not be an effective analgesic in certain populations |

**Olson et al. (2016)**

| Population: | Holstein bull calves aged 4–5 months old (Canada) |
| Sample size: | 60 calves |
| Intervention details: | **Treatment groups (n=15 for all groups)**  
1. Band castration with saline (BS)  
2. Band castration with meloxicam (BM)  
3. Surgical castration with saline (SS)  
4. Surgical castration with meloxicam (SM) (one animal was removed from this group due to surgical complications requiring further care)  
Power calculations were carried out to determine the number of calves needed to obtain meaningful results |
| **Doses and administration** |  |
| --- | --- |
| • Meloxicam (1 mg/kg) – administered orally approx. 2 hours before castration  
• Saline (1 ml per 15 kg) – administered orally approx. 2 hours before castration  
Persons who prepared syringes, treated the animals and carried out randomisation were not blinded  
Persons who cared for the calves, collected blood, downloaded data, behaviour scored the calves, evaluated inflammation and analysed plasma were blinded |  |

**Study design:** Randomised controlled trial

**Outcome studied:** Physiological markers of pain/inflammation

- Objective assessment of heart rate 2–4, 6–8 and 8–10 hours after castration
- Objective assessment of blood parameters (cortisol and substance P concentrations) before and after castration and diameter of mid-scrotum tissue in surgically castrated calves
- Subjective assessment of scrotal swelling (scoring system) in band castrated calves

**Physiological markers of pain/inflammation**

- All M calves had significantly lower heart rates than S calves at all time points
- BM calves had significantly lower plasma cortisol concentrations than BS calves on days 0 and 1; SM calves had significantly lower plasma cortisol concentrations on day 0 than SS calves
- Plasma substance P concentrations were significantly elevated in S calves compared to M calves on days 0 and 1
- Significantly less scrotal inflammation in M calves than S calves

**Behavioural markers of pain**

- Motion index was significantly elevated in M calves compared to S calves
- M calves took more steps than S calves
- BM calves spent less time lying than BS calves; SM calves spent more time lying than SS calves
- M calves showed significantly fewer painful behaviours on visual analogue scale than S on days 0, 1 and 2
### Limitations:
- CI not stated for individual results
- Only 10 hours of heart rate data was analysed as no data could be obtained for many animals past 10 hours
- No comparison to uncastrated treated and non-treated controls

### Paull et al. (2015)

**Population:** Angus bull calves aged 7–9 weeks (Australia)

**Sample size:** 40 calves

**Intervention details:** Treatment groups (n = 10 per group)
1. Sham control (C)
2. Band castration with flunixin (BF)
3. Band castration with flunixin and diclofenac (BFD)
4. Band castration with saline (BS)

BFD group was not included in evidence appraisal as diclofenac is not licenced in cattle in the UK

**Doses and administration**
- Flunixin – 200 mg for BF group, administered subcutaneously around the neck of the scrotum immediately after band application
- Saline – 6 mL administered subcutaneously around the neck of the scrotum immediately after band application

**Study design:** Randomised controlled trial

**Outcome studied:** Physiological indicators of pain/inflammation
- Objective assessment of blood parameters (WBC count, N:L, plasma cortisol and haptoglobin concentrations) and rectal temperature before and after castration
- Objective measurement of weight before and after castration to obtain ADG

Behavioral indicators of pain
Subjective assessment by blinded observers using video footage of active pain avoidance behaviours (attempts to stand and lie, restlessness, kicking/foot stamping, wound licking, stretching) and postural behaviours (lying, standing and walking behaviours) for 12 hours after castration

**Main findings:** (relevant to PICO question):

**Physiological indicators of pain/inflammation**
- BF calves had higher ADG at the end of week 3 than BS calves
- No significant effects of flunixin on plasma cortisol or haptoglobin concentrations, rectal temperature, WBC count or N:L

**Behavioral indicators of pain**
- BF calves showed significantly more active pain avoidance behaviours than C and BS calves
- BF and BS calves both showed more postural pain behaviours than C calves but there was no significant difference between BF and BS calves
### Limitations:
- One SC calf and one BS calf were omitted from behavioural analysis due to >50% postural data being missing due to rainfall making footage difficult to view, reducing the sample size.
- Rainfall may have made behavioural analysis more difficult even in calves which had more complete data recorded.
- Experiment was carried out in five cohorts due to logistical limitations; there were statistically significant differences in normal standing, ventral lying and normal walking behaviour between cohorts (thought to be due to differences in weather conditions) which may have masked more subtle treatment-associated behavioural changes.
- Flunixin can be irritating to tissues so is normally administered intravenously – iatrogenic scrotal irritation may have caused increased pain avoidance behaviours in the BF calves.
- Only subjective measurement of pain-related behaviour.
- Power calculations not reported so sample size may have been too small to accurately detect all differences.
- No CI reported.

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**Petherick et al. (2014a) and Petherick et al. (2014b)** (two papers relating to the same experiment: one for behavioural findings and one for physiological findings)

| Population: | Purebred Brahman bulls aged 7–10 months old (Australia) (A second experiment was carried out using 22–25 month old Brahman bulls but this was not included in the evidence appraisal as it was not directly relevant to the PICO question) |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sample size: | 32 calves                                                                                                                                                                                      |
| Intervention details: | Treatment groups (n=8 per group)  
1. Band castration with saline (BS)  
2. Band castration with ketoprofen (BK)  
3. Surgical castration with saline (SS)  
4. Surgical castration with ketoprofen (SK)  
Groups were assigned based on liveweight, scrotal circumference and flight speed  
**Doses and administration**  
- Ketoprofen (3 mg/kg) – injected intramuscularly into the anterior neck immediately before castration  
- The dose stated is 3 mg/100 kg but the author has confirmed that this is a typographical error and the correct dose administered was 3 mg/kg  
- Saline (0.9% sodium chloride) – injected in the same location as ketoprofen and at an equivalent volume |
| Study design: | Controlled trial |
| Outcome studied: | Physiological indicators of pain  
- Objective assessment of blood parameters (packed cell volume (PCV), total protein, creatine kinase, plasma cortisol and haptoglobin concentrations) immediately before and for |
up to 7 hours after castration and weight for several weeks after castration
- Subjective assessment of scrotal healing (scoring system) after castration

**Behavioural indications of pain**
Subjective assessment by a blinded observer of behaviour postcastration, including standing and lying behaviour, ruminating behaviour, walking behaviour, feeding and drinking, tail flicking and tucking, leg lifting and kicking

| Main findings: (relevant to PICO question): | Physiological indicators of pain |
|------------------------------------------|---------------------------------|
| **Physiological indicators of pain**     | **Physiological indicators of pain**     |
| - No significant differences between calves given ketoprofen and control calves in cortisol or haptoglobin concentration | **Physiological indicators of pain** |
| - BK and SK calves had higher creatine kinase concentrations than the control groups at 7 hours postcastration and exceeded reference intervals | **Physiological indicators of pain** |
| - SK calves had lowest total protein levels and PCV, suggesting ketoprofen increased blood loss | **Physiological indicators of pain** |
| - No effect of ketoprofen on overall liveweight change or wound score | **Physiological indicators of pain** |
| **Behavioural indicators of pain**       | **Behavioural indicators of pain**       |
| - SK calves spent more time feeding than SS calves | **Behavioural indicators of pain**       |
| - Ketoprofen-treated calves tended to show fewer tail movements than saline-treated calves | **Behavioural indicators of pain**       |

**Limitations:**
- No comparison to uncastrated control calves administered ketoprofen and saline
- Ketoprofen takes some time to provide analgesia so more behavioural effects may have been seen if there was a longer time between administration and castration (however the authors did this intentionally to mimic what is likely to occur in industry)
- There were occasions when the blinded observer was effectively unblinded due to the presence of blood on the hindlegs of some surgically castrated bulls
- Only subjective measurement of pain-related behaviour
- Small sample size may reduce reliability of data (no power calculations reported)
- No CI reported

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**Repenning et al. (2013)**

| Population: | Experiment 1: Angus and Charolais crossbred bull calves (approx. 8 months old) (USA)  
Experiment 2: Hereford, Angus and Hereford x Angus bulls (age not given) (USA) |
|-------------|----------------------------------------------------------------------------------------------------------------------------------|
| Sample size:| Experiment 1: 127 calves  
Experiment 2: 30 calves |
| **Intervention details:** | Interventions were the same in Experiments 1 and 2  
**Treatment groups**  
1. Band castration with placebo (BAND) |
2. Band castration with meloxicam (BAND-MEL)
3. Sham castration with placebo (SHAM)
Numbers of animals in specific groups were not given

**Dose and administration**
- Meloxicam – orally administered (encapsulated in porcine gelatin bolus) at 1.0, 0.5 and 0.5 mg/kg on days −1, 0 (concurrent with castration) and 1 respectively
- Placebo – empty porcine gelatin capsule

**Study design:** Randomised controlled trial

| Outcome studied: | Experiment 1 | **Physiological indicators of pain/inflammation**
|                 | Daily weighing (objective measurement) before and after castration to determine ADG |
|                 | **Behavioural indicators of pain** | Subjective assessment of response to restraint (chute score) before, during and after castration; standing, walking, lying, eating and drinking behaviours before and after castration using video footage by blinded observers |
|                 | Objective assessment of exit velocity after taking chute score (before and after castration) |

| Outcome studied: | Experiment 2 | **Physiological indicators of pain/inflammation** | Plasma substance P concentrations did not differ across treatments |
|                 | BAND-MEL calves had higher rectal temperatures than BAND calves |
|                 | **Behavioural indicators of pain** | No difference in chute score or ADG between BAND-MEL calves and BAND calves |

**Main findings:**
- No difference in ADG or chute score between BAND-MEL and BAND groups calves; SHAM calves had higher ADG than both groups of banded calves
- Meloxicam treatment had no effect on pen feed bunk behaviour within 120 minutes of castration
- Smaller proportion of BAND-MEL calves standing immediately postcastration than BAND calves but greater proportion of BAND-MEL calves standing on days 1–3 than BAND calves

**Main findings:**
- Plasma substance P concentrations did not differ across treatments
- BAND-MEL calves had higher rectal temperatures than BAND calves

**Behavioural indicators of pain**
- No difference in chute score or ADG between BAND-MEL calves and BAND calves
| Limitations:                                                                 | Roberts et al. (2015)                                                                                                                                                                                                 |
|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| • Very small sample size for Experiment 2 may have limited detection of associations (no power calculations reported) | • Ver small sample size for Experiment 2 may have limited detection of associations (no power calculations reported)                                                                                              |
| • No CI reported                                                           | • No CI reported                                                                                                                                                                                                       |
| • No age given for calves in Experiment 2                                  | • No age given for calves in Experiment 2                                                                                                                                                                              |
| • Collection intervals may have been too wide to detect acute changes in substance P associated with treatment (samples taken on days 0 immediately before castration, 1 and 7) | • Collection intervals may have been too wide to detect acute changes in substance P associated with treatment (samples taken on days 0 immediately before castration, 1 and 7) |

| Population:                  | Crossbred yearling beef bulls (USA)                                                                                                      |
|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Sample size:                 | 30 calves                                                                                                                   |

| Intervention details:        | Treatment groups                                                                                                                     |
|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Intervention details:        | 1. Sham castration (CON) n=10                                                                                                     |
|                              | 2. Surgical castration without meloxicam (CAS) n=10                                                                            |
|                              | 3. Surgical castration with meloxicam (MEL) n=10                                                                               |

| Doses and administration:   | Meloxicam (1 mg/kg) administered orally as a bolus directly into the rumen via oesophageal intubation concurrently with castration |

| Study design:               | Randomised controlled trial                                                                                                     |

| Outcome studied:            | Physiological indicators of pain/inflammation                                                                                   |
|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Outcome studied:            | Objective assessment of blood parameters (CBC, serum haptoglobin and cortisol concentrations and proinflammatory cytokines (TNF-a, IFN-g)) and rectal temperature before and after castration |

| Main findings: (relevant to PICO question): | • CAS calves had higher cortisol concentrations than MEL and CON groups (CON was lowest) until 4 hours postcastration |
|                                               | • CAS calves also had secondary cortisol peak at 2.5 hours which MEL group did not; MEL group showed drop in cortisol levels at 2 hours |
|                                               | • No difference in cortisol levels between CAS and MEL calves at 4 hours postcastration                                        |
|                                               | • CAS calves had highest haptoglobin levels                                                                                     |
|                                               | • MEL calves had lower haptoglobin levels than CON group – also had least change in haptoglobin compared to baseline values   |
|                                               | • MEL calves had higher rectal temperature than other groups                                                                  |
|                                               | • CAS calves had higher WBC counts than MEL and CON groups                                                                    |

| Limitations:                 | Sample size may have been too small to detect all associations (no power analysis reported)                                      |
|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Limitations:                 | No CI reported                                                                                                                                 |
|                              | Relatively high inter-assay coefficient of variation for cytokine assessment (<18.1%) which may have masked some treatment effects |
|                              | Only physiological markers are assessed which are relatively non-specific and are often due to inflammation rather than pain – no assessment of behavioural indicators of pain |
|                              | Control groups were not given a placebo                                                                                           |
### Roberts et al. (2018)

| **Population:** | Angus x Hereford male calves aged approximately 8–10 months (USA) |
|-----------------|---------------------------------------------------------------|
| **Sample size:** | 194 calves (152 bull calves and 42 steers) |
| **Intervention details:** | Treatment groups (exact numbers of calves per group not given)  
1. Castrated within 48 hours of birth, i.e. steers at the time of the experiment (CON)  
2. Surgically castrated on day 0 without meloxicam (SUR)  
3. Surgically castrated on day 0 with meloxicam (SUR + MEL)  
4. Band castrated on day 0 without meloxicam (BAN)  
5. Band castrated on day 0 with meloxicam (BAN + MEL) |
| **Dosage and administration** | Meloxicam (1 mg/kg) administered orally as tablets within a gelatin capsule concurrent with castration |
| **Study design:** | Randomised controlled trial |
| **Outcome studied:** | Physiological indicators of pain/inflammation  
- Objective assessment of serum haptoglobin concentration (from a subset of 150 calves representative of all treatments) at the time of castration and after castration  
- Weight (measured before and after castration) to assess growth performance  
Behavioral indicators of pain  
Objective assessment of standing and lying behaviour, number of steps taken and motion index using accelerometers before and after castration (using the same 150 calves used for serum haptoglobin assessment) |
| **Main findings:** | Physiological indicators of pain/inflammation  
- Tendency (p = 0.07) for MEL calves to have higher final bodyweight than SUR or BAN calves; also overall increased ADG in MEL calves compared to SUR or BAN calves  
- Meloxicam had no effect on serum haptoglobin concentration on day 1  
- On day 4 the SUR calves had significantly higher serum haptoglobin than any other group, suggesting that meloxicam may reduce surgical pain  
- Meloxicam administration did not reduce haptoglobin concentrations in band castrated calves  
Behavioral indicators of pain  
- Meloxicam treatment decreased motion index and decreased the number of steps taken compared to unmedicated castrated calves  
- Generally surgically castrated calves stood more than band castrated calves  
- SUR + MEL calves had more lying bouts than SUR calves (standing thought to be associated with pain following surgical castration)  
- BAN + MEL calves had fewer lying bouts than BAN calves (lying thought to be associated with pain following band castration) |
Limitations:  • Only subsets of animals (150) were used to collect blood and behavioural data (the same animals were used for both), reducing sample size  • Quite limited behavioural and physiological indicators investigated  • ADG and growth performance data between groups cannot be accurately directly compared as different calf cohorts were given slightly different growth implants; growth implants are also not used in the UK which may make growth data less relevant to UK industry  • BAN and SUR calves were not given a placebo  • CI not reported

Sutherland et al. (2018)

| Population: | Angus calves aged 3 months old (New Zealand) |
| Sample size: | 60 calves |
| Intervention details: | Treatment groups (n=20 per group)  1. Ring castration without meloxicam (RING)  2. Ring castration with meloxicam (RING + BUCC)  3. Handled to mimic castration only (CON) Random allocation of RING and RING + BUCC groups and heifers used for CON group  |
| Study design: | Randomised controlled trial |
| Outcome studied: | Behavioural indicators of pain  Subjective assessment using video footage by a blinded observer of behaviours after castration including standing, walking and lying behaviours, head flicking, kicking, stomping, tail wagging and ruminating (intra-observer reliability = 82–100%) |
| Main findings: (relevant to PICO question): | Behavioural indicators of pain  • RING + BUCC calves tended (p = 0.085) to ruminate more and had more bouts of standing stretched than RING calves  • RING and RING + BUCC calves spent more time standing and showed more lying bouts, abnormal walking bouts, kicks and tail flicks than CON calves, i.e. meloxicam administration did not reduce pain behaviours  • No other significant differences between RING and RING + BUCC calves  |
| Limitations: | • Meloxicam dose was not calculated by weight for individual calves – according to the datasheet (myHealthbox) the correct dose is 0.5 mg/kg and as mean calf weight was 111.7 kg the calves were underdosed  • No placebo used for calves not given meloxicam  • One calf was excluded from data collection in the RING group as it had already been castrated |
Only behavioural indicators of pain were measured and data was only collected until 3 hours postcastration so more chronic pain behaviours could not be observed
Only subjective measurement of pain-related behaviour
Female calves were used as the control group so some differences between CON and other groups may be affected by sex differences
The calves were separated from their dams for the first time for the study so stress caused by separation may have caused behavioural changes which may have overridden pain-related changes
Wide range of intra-observer reliability for behavioural assessment may have masked some treatment effects
No CI or power analyses reported

### Ting et al. (2003)

| Population: | Holstein x Friesian bulls aged 11 months old (Ireland) |
|-------------|--------------------------------------------------------|
| Sample size: | 50 calves                                              |
| Intervention details: | **Treatment groups (n=10 per group)** |
| | 1. Untreated control (C) |
| | 2. Surgical castration at 0 minutes (S) |
| | 3. Surgical castration after ketoprofen administration at –20 minutes (SK1) |
| | 4. Surgical castration after ketoprofen administration at –20 and 0 minutes (SK2) |
| | 5. Surgical castration after ketoprofen administration at –20 and 0 minutes with further ketoprofen given at 24 hours (SK3) |
| Doses and administration | Ketoprofen was administered intravenously (IV) through an indwelling jugular catheter at the following doses: |
| | • SK1: 3 mg/kg |
| | • SK2: 1.5 mg/kg at both time points |
| | • SK3: 1.5 mg/kg at –20 and 0 minutes and 3 mg/kg at 24 hours |
| | Animals in the S group were given an equivalent volume of 0.9% saline solution |
| Study design: | Randomised controlled trial |
| Outcome studied: | **Physiological indicators of pain/inflammation** |
| | • Objective assessment of blood parameters (cortisol, haptoglobin, total antioxidant status, IFN-γ, fibrinogen and routine haematology) rectal temperature and dry matter intake (DMI) before and after castration |
| | • Calves were weighed before and after castration to determine ADG |
| | **Behavioural indicators of pain** |
| | Subjective assessment by a single observer of standing, lying, feeding and ruminating behaviour after castration |
Main findings: (relevant to PICO question):

Physiological indicators of pain/inflammation
- Ketoprofen administration failed to prevent cortisol increase 0.25–1.5 hours following castration
- SK calves had lower mean plasma cortisol concentrations than S group 2–6 hours postsurgery; no difference between SK groups
- SK1 and SK2 calves had reduced mean plasma haptoglobin concentrations compared to S animals on day 3
- K calves had higher plasma fibrinogen on day 7 than C or S groups
- ADG was lower in S, SK2 and SK3 calves compared to C calves with SK1 values intermediate between C and other groups

Behavioural indicators of pain
- SK1, SK2 and SK3 calves demonstrated reduced combined abnormal standing activities compared to S calves, which had increased combined abnormal standing activities than C calves
- No difference in feeding activities
- Ketoprofen administration increased incidence of total rumination compared to S group to similar levels as seen in C group

Limitations:
- Small sample size per treatment may have made associations more difficult to detect (no power analyses reported)
- No CI reported
- Relatively high inter-assay coefficient of variation for high concentration cortisol assays (19.0%) which may have masked some treatment effects
- The behavioural observer was not blinded
- Behavioural indicators of pain/inflammation are only assessed subjectively

Van Der Saag et al. (2018)

Population: Unweaned Angus bull calves aged 2–4 months old (Australia)

Sample size: 50 calves

Intervention details: Treatment groups (n = 10 per group)
1. Sham castration (SHAM)
2. Surgical castration (C)
3. Surgical castration with preoperative administration of buccal meloxicam (CBM)
4. Surgical castration with postoperative application of topical anaesthetic (CTA)
5. Surgical castration with preoperative meloxicam and postoperative local anaesthetic (CBMTA)

CTA and CBMTA groups were not included in the evidence appraisal as they are not directly related to the PICO question.
### Study design:
Randomised controlled trial

### Outcome studied:
**Physiological indicators of pain/inflammation**
- Objective assessment of weight before and after castration to determine ADG
- Objective assessment of scrotal diameter and maximum scrotal temperature after castration
- Subjective assessment of wound morphology score following castration

**Behavioural indicators of pain**
Subjective assessment of walking, standing, lying, postural, eating and drinking behaviours by blinded observers using video footage for 5 hours following castration

### Main findings:
(relevant to PICO question):
**Physiological indicators of pain/inflammation**
- No effect of treatment on scrotal diameter, wound morphology score or ADG
- Lower maximum scrotal temperatures in CBM calves than C calves on day 2

**Behavioural indicators of pain**
- C calves tended to spend more time walking with a stiff gait than CBM calves
- C calves showed more foot stamps than CBM calves

### Limitations:
- Relatively small sample size per treatment group. May have made associations more difficult to detect (no power analyses reported)
- No CI reported
- No assessment of APPs or blood parameters e.g. cortisol
- Behaviour was only assessed for 5 hours following castration so only the effects of meloxicam on acute pain can be measured; no information about chronic pain due to inflammation, which NSAIDs are more suited to treating
- Several behaviours used in the ethogram could not be included in statistical analysis due to low frequency which may have reduced the sensitivity of pain detection
- Only subjective measurement of pain-related behaviour
- No placebo was used for calves not given meloxicam
- Calves were weaned so separation from their mothers during castration and sampling may have attenuated pain responses by distracting them from pain, reducing behavioural pain signs (overall limited expression of behavioural pain indicators during observation period)

### Webster et al. (2013)

| Population:          | Weaned Holstein-Friesian bull calves aged 2–3 months old (USA) |
|----------------------|---------------------------------------------------------------|
| Sample size:         | 30 calves                                                     |
**Intervention details:**  
**Treatment groups (exact numbers per group not given)**  
1. Surgical castration control (CC)  
2. Surgical castration with local anaesthetic (LA)  
3. Surgical castration with flunixin meglumine (FM)  
4. Surgical castration with local anaesthetic and flunixin meglumine (LA + FM)  
5. Sham control (SC)

LA and LA + FM groups were not included in the evidence appraisal as they are not directly relevant to the PICO question

**Doses and administration**
- Flunixin meglumine (1.1 mg/kg) administered IV via jugular catheter 20 minutes before castration
- CC and SC calves received 2 mL IV 0.9% sodium chloride solution instead of flunixin meglumine
- Scrotal skin and testes of FM, CC and SC calves were handled to simulate lidocaine administration without needle insertion

**Study design:** Randomised controlled trial

**Outcome studied:**
- **Physiological indicators of pain/inflammation**  
  Objective assessment of plasma cortisol concentration before and after castration
- **Behavioural indicators of pain**
  - Objective assessment of feed intake and weight (used to determine ADG) before and after castration
  - Subjective assessment of video footage of feeding, lying, standing and postural behaviours, foot stamping, leg lifting, head turning and scrotal licking for up to 8 hours postcastration

**Main findings:**
- **Physiological indicators of pain/inflammation**
  - FM calves showed a rapid sharp increase in plasma cortisol concentration which peaked at 15 minutes and returned to baseline by 45 minutes postcastration; lower than CC calves at 45 minutes
  - No difference in integrated cortisol response between FM and SC calves; integrated cortisol response was higher for calves castrated without drugs

- **Behavioural indicators of pain**
  - No effect of flunixin on feed intake or bodyweight gain
  - Graphically FM appears to reduce crouching, leg lifting to groom and statue standing frequency compared to CC calves but this is not reported as statistically significant
  - Most behaviours for drug treated calves were not significantly different for CC or SC controls and no recorded significant differences between FM calves and CC or SC calves for specific behaviours

**Limitations:**
- Small sample size may have made it difficult to detect associations (no power analyses reported)
- Relatively high inter-assay coefficient of variation for high concentration cortisol assay (17.1%)
- CI not reported
• High variability between individual calves for lying and standing behaviour
• Behaviour was mainly assessed subjectively rather than e.g. using an accelerometer/pedometer to record standing, walking and lying data as in other studies (although behaviours were well defined)
• Only plasma cortisol concentration was used as a physiological assessment of pain; cortisol is not pain-specific and can be affected by several other factors inc. handling stress
• Plasma cortisol concentration and behaviour were only assessed up to 8 hours postcastration so more chronic changes would not have been observed

Appraisal, application and reflection
All 20 studies appraised were controlled trials, of which 17 were randomised, indicating a relatively high level of evidence. No relevant meta-analyses were found and narrative reviews were excluded due to being widely focused and not showing reproducible search strategies. All studies appraised compared NSAID administration to a control calf castrated without NSAIDs; several studies also included non-castrated or sham-castrated calves to provide a baseline against which pain indicators could be compared. Some studies further improved this protocol by including both medicated and unmedicated sham groups, allowing more accurate differentiation between behavioural and physiological indicators of handling stress versus pain and reducing over-interpretation. Of the studies appraised, 15 included the use of a placebo (saline or lactated Ringer’s solution) in approximately equal volume to the NSAID in unmedicated calves to quantify and control for discomfort associated with drug administration. Eleven studies involved blinding, either of personnel recording behavioural observations or measuring physiological pain indicators or both. This was particularly important in behavioural observation to reduce bias as far as possible. However, due to the experimental nature it was sometimes difficult to blind observers, as e.g. surgically castrated calves can be visually differentiated from band-castrated calves in the period immediately following castration; Petherick et al. (2014a; and 2014b) also reported that some surgically castrated calves had blood on their hindlimbs, making them easy to identify. Several studies also analysed behavioural parameters using video footage rather than via direct contact with the calves, reducing the likelihood of observer effects on behaviour.

The studies appraised showed mixed results for the efficacy of NSAIDs alone at reducing signs of postcastration pain, although overall 13 out of the 20 studies showed some improvement in pain indicators following NSAID administration. It is important to note that pain is inherently subjective and is therefore difficult to assess objectively; physiological indicators of pain can be measured but some lack specificity to pain alone and can be affected by other factors, e.g. cortisol may increase due to handling stress (Grandin, 1997). Similarly, APPs e.g. SAA and haptoglobin, are indirectly associated with pain through their inflammatory role; as NSAIDs reduce pain associated with inflammation, APP concentrations can be used as a measure of NSAID efficacy but they are not pain-specific. Substance P is involved in nociception, and has been shown to decrease with meloxicam administration following dehorning (Coetzee et al., 2012; and Allen et al., 2013). Substance P concentrations were measured in five studies, of which only two (Meléndez et al., 2018b; and Olson et al., 2016) found a significant decrease following NSAID administration. However, the three studies which found no effect on plasma substance P (Kleinhenz et al., 2018; Meléndez et al., 2018a; and Repenning et al., 2013) used sampling intervals which may have been too wide to detect any changes.

Behaviours such as lesion-licking, foot-stamping, tail flicking and changes in standing and lying behaviour may be more pain-specific (Millman, 2013) than physiological markers, but are more difficult to objectively assess. Several studies used a visual analogue scale to make subjective assessment of pain-related behaviours more repeatable, however in several cases the visual analogue scale was only used to assess intra-castration pain which was beyond the scope of this Knowledge Summary. Objective measurement of behavioural parameters
can be obtained using devices e.g. pedometers, accelerometers and pressure mats, which was done by 11 studies. However, these devices generally only collect walking, standing and lying data and not discrete and more pain-specific behaviours such as those described above. Other behavioural changes measured objectively include exit velocity as calves leave the chute and feed intake, however again these are not very pain-specific.

Pain-associated behaviours vary between reports; some authors suggest cattle in pain take fewer steps and show more lying behaviour (Currah et al., 2009; and Laurence et al., 2018), whereas Ting et al. (2003) found that the incidence of combined lying postures in castrated calves was significantly lower than uncastrated calves. This is further confounded by different castration methods causing different behavioural changes: surgical castration may increase standing time and band castration may increase lying time (Roberts et al., 2018). Behavioural indicators of pain may also be difficult to detect as cattle are prey animals and therefore mask pain signs (Laurence et al., 2018), especially in older calves unused to human contact. Due to the limitations in both physiological and behavioural pain assessment methods, it is therefore preferable to use both together to obtain the most accurate results; of the studies appraised, all included both physiological and behavioural parameters in their analysis except Roberts et al., (2015) who only investigated physiological parameters and Sutherland et al., (2018) who only investigated behavioural parameters. Roberts et al. (2015) reported reduced plasma cortisol and haptoglobin concentrations following meloxicam administration so it would have been interesting to see if this coincided with behavioural changes as well. Conversely, Sutherland et al. (2018) reported no improvement in pain behaviours following meloxicam administration. However, meloxicam was under-dosed; the datasheet states a dose of 0.5 mg/kg and each calf was administered 5 ml (at 10 mg/ml), but as mean calf weight was 111.7 kg the mean dose should have been 5.6 ml. Behaviour was also only observed for 3 hours postcastration, so improvements may have been seen with a higher dose and a longer observation period, especially as band castration as used in this study may cause more chronic than acute pain (Petherick et al., 2014a; and 2014b).

Castration method may also affect the type of pain experienced and therefore the analgesic ability of NSAIDs. Within the same method the exact way castration is carried out may differ, e.g. differences in blunt dissection in surgical castration between individual veterinary surgeons and individual calves depending on anatomic variations and personal technique. Different individual calves may also have different pain tolerances (Stafford & Mellor, 2005); these differences in both pain tolerance and infliction make it difficult to accurately compare the studies appraised. Of the five studies which showed improvement in both physiological and behavioural pain indicators, three investigated surgical castration (Laurence et al., 2018; Meléndez et al., 2018a; and Ting et al., 2003) and two investigated surgical and band castration together (Meléndez et al., 2018b; and Olson et al., 2016). Conversely, of the seven studies which showed no significant improvement in pain, four only investigated band castration (Daniel et al., 2020; Paull et al., 2015; Repenning et al., 2013; and Sutherland et al., 2018). It is worth noting that of all the studies appraised, only these four studies investigated band castration alone. This could suggest that band castration is less amenable to pain relief through NSAIDs than surgical methods, although further work would be required to investigate this. Meléndez et al. (2018b) reported that knife castration was associated with the most behavioural pain indicators, in contrast with Petherick et al. (2014a; and 2014b) who reported more longer-term pain behaviours and less NSAID efficacy in band castration; this may be related to the age of calf used as band castration is thought to be less painful in younger calves than older calves due to smaller testicular size. Olson et al. (2016) and Roberts et al. (2018) found that meloxicam treated band castrated calves spent less time lying than their control counterparts, while meloxicam treated surgically castrated calves spent more time lying than their control counterparts, supporting the idea that different castration methods induce different types of pain and suggesting that meloxicam has some effective analgesic ability for both castration methods.

Pain perception in calves may be influenced by age. Bretschneider (2005) reported that castration closely following birth reduces weight loss associated with castration compared to calves castrated later in life; however weight changes are not specific to pain, as reduced weight gain can be influenced by both inappetence caused by pain and reduced testosterone secretion reducing muscle mass, and pain can also
motivate calves to suckle more (Meléndez et al., 2018b), increasing weight gain. Bretschneider (2005) also reported that the cortisol response of calves castrated at 6 months or younger tended to be lower than that of older calves and hypothesised that this was related to increased trauma and discomfort due to increased testicular size. However, Stafford & Mellor (2005) reported relatively similar peaks in plasma cortisol concentration for calves aged 6, 21, 42 days, 2–4 months and 5.5 months by castration method used. Despite these possible differences in pain response depending on age, studies investigating calves of all ages up to 1 year were included in the evidence appraisal, as differences in pain response are likely not so significant that they make these studies completely inapplicable to UK practice. Only one study (Meléndez et al., 2018b) investigated a cohort where all calves were below the UK legal age limit for castration without anaesthesia and found meloxicam administration reduced both physiological and behavioural pain signs. Three other studies used calf cohorts where some individuals may have been within the legal age limit (Gellatly et al., 2021; Marti et al., 2018; and Paull et al., 2015) (2 months, 2 months and 7–9 weeks old respectively) and found no improvement in pain indicators following NSAID administration, suggesting that calf age is not the most important factor in NSAID efficacy.

The time at which NSAIDs are administered relative to castration is also likely to affect analgesic efficacy. 12 studies involved NSAID administration before castration and of these, four showed reduced physiological and behavioural indicators of pain and a further four resulted in improvements in either physiological or behavioural indicators. NSAID administration concurrently with castration (Kleinhenz et al., 2018; Repenning et al., 2013; Roberts et al., 2015; Roberts et al., 2018; and Ting et al., 2003) reduced both physiological and behavioural signs in one study (Ting et al., 2003) and one of physiological or behavioural indicators in a further three. Postoperative NSAID administration (Daniel et al., 2020; Laurence et al., 2018; Paull et al., 2015; Repenning et al., 2013; and Ting et al., 2003) appears to be the least effective, with only two studies reporting improvement in pain signs (Laurence et al., 2018; and Ting et al., 2003); however, it is important to note that these studies both incorporated NSAID administration at several different time points. This could be related to NSAID mechanism of action, as analgesia is provided through COX inhibition reducing prostaglandin synthesis (Day et al., 1987); administration before a painful stimulus may reduce total prostaglandins further than administration after the stimulus when prostaglandin synthesis has already occurred. Ting et al. (2003) reported that calves given either 3 mg/kg ketoprofen 20 minutes before castration or 1.5 mg/kg 20 minutes before followed by 1.5 mg/kg concurrent to castration had reduced mean plasma haptoglobin concentration relative to castrated control calves on day 3, but this was the main significant difference between ketoprofen treated calves, suggesting that time of administration is not the main factor in analgesic effect. Similarly, Laurence et al. (2018) reported that calves administered 0.5 mg/kg meloxicam 30 minutes before castration were more active after castration than unmedicated controls, and that postoperative meloxicam administration at the same dose resulted in calves resting less than controls. These behavioural changes are similar and both meloxicam treated calves had significantly lower plasma cortisol concentrations postcastration than control calves, suggesting both pre- and postoperative meloxicam have some analgesic effect. Repenning et al. (2013) also investigated the effect of several meloxicam doses (1.0, 0.5 and 0.5 mg/kg on days –1, 0 (concurrent with castration) and 1 respectively) and found no significant improvement in pain. This may be because band castration was used, which is thought to cause more chronic pain than the surgical castration used by Laurence et al. (2018) and Ting et al. (2003).

Several different NSAIDs were used in the studies appraised. Only NSAIDs licenced for use in cattle in the UK at the time of writing (meloxicam, ketoprofen, carprofen and flunixin) (Veterinary Medicines Directorate, 2020) were included; of these, 13 studies investigated meloxicam (of which eight reported some benefit), four investigated ketoprofen (of which one, Ting et al. (2003), reported improvements in physiological and behavioural parameters and two, Petherick et al. (2014a; and 2014b), reported behavioural improvements) and three investigated flunixin (of which two, Kleinhenz et al. (2018) and Webster et al. (2013) reported reduced cortisol concentrations). Paull et al. (2015) reported that calves treated with 200 mg flunixin showed significantly more pain avoidance behaviours than both calves castrated without flunixin and uncastrated calves. This was the only study which found increased pain following NSAID administration and is thought to be due to tissue irritation due to subcutaneous injection of flunixin into the scrotum. No studies investigating
Meloxicam has the best analgesic efficacy for postcastration pain. Ketoprofen has been reported to undergo variable chiral inversion in cattle depending on age and physiological status and these changes are thought to alter its ability to inhibit prostaglandin production (Moya et al., 2014); these changes are not currently well understood, making the efficacy of ketoprofen quite variable. Flunixin does not appear to reliably significantly reduce postcastration pain; Kleinhenz et al. (2018) and Webster et al. (2013) both reported reduced cortisol responses following flunixin administration, but no studies found any improvement in behavioural indicators of pain. However, these results must be taken with caution due to the small number of studies appraised.

The final confounding factor affecting NSAID efficacy is dose and administration. The most common dose for meloxicam was 0.5 mg/kg (seven out of 13 papers investigating meloxicam), and of these five papers found some improvement in pain signs following meloxicam administration. Interestingly, Daniel et al. (2020) used a dose of 2.0 mg/kg meloxicam but found no significant improvement in pain, however this study investigated band castration, which according to the appraised evidence was less amenable to pain relief via NSAIDs. Additionally, limited physiological indicators were assessed and behavioural changes were not clearly interpreted; meloxicam treated calves took fewer steps than unmedicated calves on days 7 and 15 which is reported to possibly suggest pain amelioration as the behavioural change occurred the day after meloxicam administration. However other authors (Olson et al., 2016; and Laurence et al., 2018) report that cattle in pain take fewer steps and the uncastrated controls in the Daniel et al. (2020) study took more steps, suggesting that the absence of pain increases step count. Ketoprofen was generally administered at a total dose of 3 mg/kg and flunixin was administered at variable doses of 3.33 mg/kg (Kleinhenz et al., 2018), 200 mg (Paull et al., 2015) and 1.1 mg/kg (Webster et al., 2013). It is also worth noting that in on-farm situations calf weight may be estimated, resulting in incorrect dose calculations and therefore ineffective analgesia, as in Sutherland et al. (2018).

It is also possible that NSAIDs generally do not provide adequate analgesia for invasive, painful procedures such as castration as NSAID analgesia displays a ceiling effect (Ong et al., 2007). Combinations of lidocaine and meloxicam or ketoprofen have been reported to be very efficacious in reducing signs of postoperative pain, including the initial acute spike in cortisol associated with castration (Meléndez et al., 2018c; and Webster et al., 2013). However, injection of local anaesthetic into the testes can be painful in itself (Stafford & Mellor, 2005) so more research into this area may be required.

Although not all of the studies appraised are in agreement about the efficacy of NSAIDs in reducing signs of pain postcastration, 13 out of the 20 studies found some benefit to NSAID use and only seven found no benefit, suggesting that on balance NSAID administration is likely to reduce postcastration pain by some degree. Of the NSAIDs investigated, meloxicam appears to be the most effective, although further work in this area is required. Further work is also required to investigate the effect of NSAIDs along with local anaesthetic administered 10–15 minutes prior to castration, as this appears to be the most effective way to mitigate both acute and more chronic pain associated with castration.

**Methodology Section**

| Search Strategy |
|-----------------|
| **Databases searched and dates covered:** | CAB Abstracts on OVID Platform (1973 – 2021)  
PubMed NCBI (1973 – 2021)  
Web of Science Core Collection (1900 – 2021) |
| **Search terms:** | CAB Abstracts:  
n (calf OR calves OR bull*)  
n (castrat* OR gonadect* OR neuter* OR burdizzo OR orchi*)  
n (NSAID* OR “non-steroidal” OR “non steroidal” OR “anti-inflammatory” OR “anti inflammatory” OR meloxicam OR flunixin OR |
ketoprofen OR carprofen) (pain* OR discomfort OR comfort* OR behavio*)

PubMed:
(((calf OR calves OR bull*) AND (castrat* or gonadect* OR neuter* OR burdizzo OR orchi*)) AND (NSAID* OR "non-steroidal" OR "non steroidal" OR "anti-inflammatory" OR "anti inflammatory" OR meloxicam OR flunixin OR ketoprofen OR carprofen)) AND (pain* OR discomfort OR comfort* OR behavio*)

Web of Science:
ALL FIELDS: (calf OR calves OR bull*) AND ALL FIELDS: (castrat* OR gonadect* OR neuter* OR burdizzo OR orchi*) AND ALL FIELDS: (NSAID OR "non-steroidal" OR "non steroidal" OR "anti-inflammatory" OR "anti inflammatory" OR meloxicam OR flunixin OR ketoprofen OR carprofen) AND ALL FIELDS: (pain* OR discomfort OR comfort* OR behavio*)

Dates searches performed: 08 Apr 2021

**Exclusion / Inclusion Criteria**

Only NSAIDs licenced for use in cattle in the UK were included in the search strategy and in appraised papers

**Exclusion:** Non-English language study, not associated with the effect of NSAIDs on postcastration pain in calves, all treatment groups given anaesthetic, intervention not compared to control measure, conference proceedings, no full-text article

**Inclusion:** Controlled trials, investigating effect of NSAIDs on postcastration pain in calves, compared to control measure

**Search Outcome**

| Database            | Number of results | Excluded – Non-English language publication | Excluded – Not directly related to PICO question | Excluded – Intervention not compared to control measure | Excluded – Conference proceedings | Total relevant papers |
|---------------------|-------------------|--------------------------------------------|-----------------------------------------------|--------------------------------------------------|---------------------------------|-----------------------|
| CAB Abstracts       | 72                | 1                                         | 44                                            | 3                                                | 4                               | 20                    |
| PubMed              | 42                | 1                                         | 24                                            | 2                                                | 0                               | 15                    |
| Web of Science      | 133               | 0                                         | 105                                           | 2                                                | 7                               | 19                    |
| Total relevant papers when duplicates removed |                   |                                            |                                                |                                                  |                                 | 20                    |
CONFLICT OF INTEREST

The author declares no conflicts of interest.

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