Observations of field and cluster RR Lyrae with Spitzer
Towards high precision distances with Population II stellar tracers

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Abstract. We present our project to calibrate the RR Lyrae period-luminosity-metallicity relation using a sample of Galactic calibrators in the halo and globular clusters.

1 Introduction

The availability of reliable, high-precision, RR Lyrae distances could be a game-changer not just for tracing old stellar populations in the Milky Way and other Local Group galaxies, but also for renewed efforts to establish an independent cosmological distance scale entirely based on Population II indicators ([1]). This will be crucial to resolve the current ≥ 3σ tension existing between different measurements of the Hubble constant and other cosmological parameters. Measurements obtained with methods based on Population I stellar indicators, anchored on Cepheids, are at odd with determinations based on the Cosmic Background Radiation and Baryonic Acoustic Oscillations ([13]). If confirmed, this tension could be an indication of unknown physics, missing in the current formulation of ΛCDM cosmological models.

Historically, the adoption of RR Lyrae as precision standard candles has been limited by the lack of a proper period-luminosity (PL) relation. Their visible magnitude only shows a shallow dependence from their pulsation period, and the magnitude vs. metallicity relation commonly used to derive their photometric parallaxes is characterized by a large intrinsic scatter (> 5%). The situation however changes at near- and mid-infrared wavelengths (NIR and MIR thereafter), for three main reasons: (i) in the NIR the slope in the RR Lyrae PL relation steadily increases (see Figure 1); (ii) the intrinsic scatter due to evolutionary effects and temperature dependence is greatly reduced in the infrared, because of the narrowing of the instability strip width, and because in the MIR the brightness variations are mainly driven by the radius changes; (iii) in the NIR the effect of reddening is one order of magnitude less than in the visible, with an extra factor of 3 reduction in the MIR ([2]). These predictions were recently confirmed, observationally, both in NIR ([4]) and MIR ([9, 10]) bands.

With the upcoming availability of large aperture infrared space telescopes (JWST in the NIR and MIR, and WFIRST that will operate at wavelengths up to 2 μm), it is time to provide a robust calibration of RR Lyrae PL relations, and characterize their dependence from metallicity. This paper

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presents a summary of our calibration efforts based on the MIR observation of Galactic RR Lyrae with the Spitzer Space Telescope InfraRed Array Camera (IRAC, [5]), part of the Carnegie RR Lyrae Program (CRRP), as well as ground-based observations at visible and NIR wavelengths.

2 Calibrating the period-luminosity-metallicity (PLZ) relations

The absolute brightness of RR Lyrae can be approximated by a linearized expression of their pulsation period $P$ and iron content $[\text{Fe}/\text{H}]$ (as proxy for their detailed abundances):

$$M_\lambda = a_\lambda + b_\lambda \cdot \log P + c_\lambda \cdot [\text{Fe}/\text{H}],$$

where the dependence on metallicity has been factorized in the $c_\lambda$ term. Detailed time-dependent hydrodynamic models (such as [11], see also M. Marconi’s contribution to this volume) show that the metallicity slope $c_\lambda$ is only weakly dependent on wavelength, since the metallicity dependence of these stars’ bolometric corrections effectively cancels-out the corresponding changes in effective temperature, resulting in a minimal change in color as $[\text{Fe}/\text{H}]$ is increased. Furthermore, in the MIR the stellar photosphere is well described by the Rayleigh-Jeans approximation, and lacks significant spectral features. For this reasons the PLZ metallicity slope approaches a constant value $c$. In this formulation, the period slope $b_\lambda$ is assumed independent of metallicity, a result supported by models; in the MIR this term converges to the value expected for brightness variations driven by changes in radius ($b_\lambda \approx -2.3$ for fundamental mode pulsators, see Fig. 1).

To be truly useful, RR Lyrae PLZs need however to be calibrated observationally. This can be achieved by observing a number of stars in the field and globular clusters (GCs) with known true distance modulus $\mu_i$, having a broad range of periods $P_i$ and metallicity $[\text{Fe}/\text{H}]_i$. The average magnitudes $m_\lambda,i$ of each of these calibrators need to be measured at multiple wavelengths, in order to characterize their individual extinction $A_{V,i}$ (after assuming an appropriate reddening law $[A_\lambda/A_V]$), so that:

$$m_{\lambda,i} - \mu_i = a_\lambda + b_\lambda \cdot \log P_i + c_\lambda \cdot [\text{Fe}/\text{H}]_i + A_{V,i} \cdot [A_\lambda/A_V].$$

Equation 2 can then be fit to derive the PLZ coefficients $a_\lambda, b_\lambda$ and $c_\lambda$ (and the nuisance parameter $A_{V,i}$ for each star) for each band in which the calibrators have been observed. To minimize the uncertainty in the best fit PLZ coefficients, the sample of RR Lyrae calibrators in our program has been selected so that they will have Gaia parallax determined better than $\sim 1\%$. For all stars we are also acquiring a homogeneous set of metallicities (with precision better than $\sim 0.1$ dex), using optical and NIR high resolution spectroscopic observations.
3 Calibrating the period slope with Galactic GCs

From equation 2 it is clear that even small uncertainties in the observed quantities (especially [Fe/H], rarely known to better than $\sim 0.2$ dex), and variations in the reddening law, will introduce a large scatter, and possibly a period-dependent bias, in the observed PLZ. This makes it difficult to simultaneously fit all PLZ coefficients, and the extinction $A_V$, using a heterogeneous sample of calibrator RR Lyrae located at different distances, and having different metallicities. The period slope $b_\lambda$, however, can be determined independently from all other parameters by observing a sample of single-metallicity GCs. The advantage of using GCs is of course that the distance of the cluster from Earth is much larger than the relative spatial distribution of the individual stars within the GC, and variable extinction in front of the cluster only contributes to a small unbiased scatter around the overall RR Lyrae PL: for RR Lyrae in a GC the period slope $b_\lambda$ can be accurately fit as the slope of the PL relation constructed with the reddened apparent magnitudes.

Figure 2 (adapted from [12]) presents an example based on our observations of M4 (NGC 6121). The right panel shows the PLZ for first overtone and fundamental mode RR Lyrae, derived for IRAC 3.6 and 4.5 $\mu$m bands. The period slope we measured in the NIR ([3]) and MIR ([12]) are shown in Figure 1, and are in good agreement with their theoretical values. Repeating this measurement for the other single-metallicity clusters observed as part of the CRRP program will allow us to refine the fitted values of $b_\lambda$, and check that this term is indeed independent from [Fe/H]. Once the $b_\lambda$ are determined, we will use our sample of field calibrator RR Lyrae to fit the remaining parameters $a_\lambda$ and $c_\lambda$.

The left panel of Figure 2 assesses how well, if the PLZ is fully calibrated, it can be used to accurately derive the distance and average reddening of GCs. For this purpose we have used the photometric data of all RR Lyrae in M4, at $RIJHK$ and IRAC MIR bands, fitting at each wavelength the cluster reddened distance modulus by assuming the validity of the theoretical PLZ from [11]. We have then derived the average distance modulus and extinction, adopting the peculiar reddening law for M4 derived by [8]. The result is consistent with independent measurements of the cluster’s distance and average $A_V$, and shows that this method is capable of providing accurate distances for individual Galactic GCs with a total uncertainty of just a few percent.
4 High precision individual RR Lyrae distances

The theoretical PLZ relations derived by [11] can be used to estimate the effect of metallicity on individual RR Lyrae distances. This is shown in Figure 3, where the distance modulus and extinction of each calibrator in our sample was fit using the theoretical PLZ relations (one example in the left panel, with the best fit confidence level derived using the Feldman and Cousin method ([6]), appropriate when a fitting parameter is bound by a physical boundary, e.g. $A_V \geq 0$). The central panels show the distribution of the calibrators’ magnitudes (derived using their best fit distance and extinction) in the $I$ and IRAC 3.6 $\mu$m bands, binned based on their [Fe/H]. In both wavelengths the dispersion is of the order of $\pm 0.13$ magnitudes. Once the metallicity term $c_2 \cdot [\text{Fe/H}]$ is subtracted from the stars’ absolute magnitude, the spread is significantly reduced (right). This is especially true in the MIR bands, where temperature and evolutionary effects are vanishing, leading to drastically smaller intrinsic scatter in the resulting PLZ (once metallicity effects are removed, we found $\sigma \approx 0.02$ mag in the IRAC bands).

To test the validity of the theoretical PLZ derived by [11] and [12] we have compared our best fit distance moduli with the Gaia first data release (DR1, [7]) distances. Figure 4 shows that our results are within $1\sigma$ of the Gaia measurements, and that the residuals are not biased in either period, metallicity or the value of extinction derived with our best fitting procedure.

A detailed analysis of these results is provided in [12]. Here we want to highlight how precisely calibrating the metallicity term in the RR Lyrae PLZ relation is essential to have reliable distances for individual stars, as necessary for using them as accurate tracers of old stellar populations. The typical $\sim 0.2$ dex uncertainty in most spectrophotometric determinations of metallicity, just by itself, would result in a distance uncertainty of almost $\sim 4\%$, stressing the need of accurately measuring the individ-
Figure 4. Comparison between the best fit distance moduli of Galactic field RR Lyrae, obtained using the theoretical PLZ relations described in [11], and Gaia DR1 distances. The two sets of values match to within better than 1σ, and do not show any bias due to period, metallicity or best fit extinction. Adapted from [12].

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