Mammillothalamic Disconnection Alters Hippocampocortical Oscillatory Activity and Microstructure: Implications for Diencephalic Amnesia

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Diencephalic amnesia can be as debilitating as the more commonly known temporal lobe amnesia, yet the precise contribution of diencephalic structures to memory processes remains elusive. Across four cohorts of male rats, we used discrete lesions of the mammillothalamic tract to model aspects of diencephalic amnesia and assessed the impact of these lesions on multiple measures of activity and plasticity within the hippocampus and retrosplenial cortex. Lesions of the mammillothalamic tract had widespread indirect effects on hippocampocortical oscillatory activity within both theta and gamma bands. Both within-region oscillatory activity and cross-regional synchrony were altered. The network changes were state-dependent, displaying different profiles during locomotion and paradoxical sleep. Consistent with the associations between oscillatory activity and plasticity, complementary analyses using several convergent approaches revealed microstructural changes, which appeared to reflect a suppression of learning-induced plasticity in lesioned animals. Together, these combined findings suggest a mechanism by which damage to the medial diencephalon can impact upon learning and memory processes, highlighting an important role for the mammillary bodies in the coordination of hippocampocortical activity.

Key words: mammillary bodies; MRI; paradoxical sleep; phase-amplitude coupling; rat; theta

Introduction

The medial diencephalon was arguably the first brain region to be linked to amnesia due to the observed pathology within this area in cases of Korsakoff syndrome (Gudden, 1896; Gamper, 1928). The importance of medial diencephalic structures for memory, in particular the mammillary bodies (MBs) and anterior thalamic nuclei, has been further consolidated over the years from patient studies, nonhuman primate, and rodent work (Jankowski et al.,...
2013; Dillingham et al., 2015; Vann and Nelson, 2015). However, despite the longstanding association between the medial diencephalon and amnesia, there is still no clear consensus as to why this region is so critical. Given the large number of conditions in which medial diencephalic structures are known to be affected (Kopelman, 1995; e.g., Briess et al., 1998; Van der Werf et al., 2000; Kumar et al., 2008, 2009; Denby et al., 2009; Vann et al., 2009; Ozyurt et al., 2014; Dzieciol et al., 2017; Savastano et al., 2018; Perry et al., 2019), this lack of knowledge presents a serious shortcoming. According to mnemonic models based on the Papez circuit, the MBs and anterior thalamic nuclei relay information from the hippocampal formation to the cingulate cortex (Papez, 1937; Delay and Brion, 1969). These models place the medial mammillary nuclei and anterior thalamic nuclei downstream from the hippocampus and, as such, attribute little intrinsic importance to these structures; instead, they are merely considered passive relays of hippocampal information (Wolff and Vann, 2019).

An alternative model is that these medial diencephalic regions are functionally upstream from the hippocampal formation, thus providing crucial inputs necessary for memory formation (Vann, 2010). While there is preliminary evidence consistent with this revised model (Vann and Albasser, 2009; Vann, 2013), it is unclear what information is provided by this ascending pathway and how it contributes to hippocampal functioning. One proposal is that the medial mammillary nuclei, by way of their inputs from the Gudzen tegmental nuclei, contribute to memory formation by setting hippocampal theta frequency (Vann, 2009). This contrasts with earlier suggestions that the MBs simply act as a relay of hippocampal theta (Kocsis and Vertes, 1994; Tsanov et al., 2011; Dillingham et al., 2015). Alterations in hippocampal theta would be expected to co-occur with changes in cortical and hippocampal theta-gamma coupling (Cannon and Knight, 2010). Given the longstanding association between hippocampal oscillations and learning and memory-related plasticity (Huerta and Lisman, 1993; Orr et al., 2001; e.g., Bikbaev and Manahan-Vaughan, 2008; Tsanov and Manahan-Vaughan, 2009; Nokia et al., 2012), an implication is that MB disconnection would, in addition to altering oscillatory mechanisms, disrupt microstructural plasticity.

To test these predictions, we used a multifaceted approach to assess the impact of MB disconnection on distal areas of the Papez circuit: the hippocampus and retrosplenial cortex (RSC). Mammillothalamic tract (MTT) lesions were used to model diencephalic amnesia, as damage to this tract is the most consistent feature in thalamic infarct patients with accompanying memory impairments (Clarke et al., 1994; Van der Werf et al., 2003; Youneoka et al., 2004; Carlesimo et al., 2007, 2011). Furthermore, this fiber tract only innervates the anterior thalamic nuclei, thus removing the possibility that any of the distal effects under investigation are simply driven by direct deafferentation of the hippocampus and RSC. We assessed oscillatory activity both within and across the hippocampus and RSC during theta-rich states, including locomotion and paradoxical sleep (PS) (Leung et al., 1982). Hippocampal and retrosplenial dendritic spine density and clustering and the number and complexity of doublecortin (DCX)-positive neurons were quantified to provide a measure of microstructural plasticity. To assess the timescale of microstructural changes, we performed a complementary multimeasure point MRI study looking at the effects of MTT lesions on gray matter diffusivity. Together, these convergent approaches enable us to test current models of medial diencephalic function to determine whether they support hippocampal processes that may underpin their contribution to mnemonic processing.

Materials and Methods

Animal subjects
A total of 101 male rats from four cohorts were used across three experiments: 75 Lister-Hooded (Cohorts 1 and 3, Envigo; Cohort 2a, Harlan) and 26 Dark Agouti (Cohort 2b, Harlan). Group comparisons were always made within cohorts (i.e., no cross-strain or cross-supplier comparisons were made). Decisions relating to strain and/or supplier were made based on availability with a focus on reducing animal usage where possible. Previous work from our laboratory has not identified any systematic strain or supplier differences in behavior or in distal effects following lesions to the structures under investigation.

Experiment 1: oscillatory activity (Cohort 1). Twenty-five naive male Lister-Hooded rats (Envigo) were used weighing 300–350 g at the time of surgery. Of these animals, 8 were completely excluded from this study due to misplaced electrodes (n = 3), incomplete MTT lesions (n = 1), or technical issues resulting from attempts to cohouse after surgery (n = 4). Of the remaining 17 rats, 8 received complete bilateral MTT lesions, electrode implantation in CA1 and RSC, as well as chronic placement of EMG electrodes. Five surgical controls received the same electrode configuration without MTT lesions, an additional 4 received electrode implantation in CA1 (n = 2) or RSC (n = 2) but were also implanted in the caudal putamen for participation in a separate study.

Experiment 2: hippocampal spine and DCX analyses (Cohorts 2a and b). Naive male Lister-Hooded rats were used for the Golgi spine analyses (Cohort 2a; Harlan) weighing 230–300 g at the time of surgery. Fourteen rats received bilateral MTT lesions and 12 underwent control surgery. Five animals had sparing of the MTT and were removed from all subsequent analyses. For the DCX analyses (Cohort 2b), Dark Agouti rats (Harlan) were used weighing 190–225 g at the time of surgery. Sixteen animals received bilateral MTT lesions and 8 underwent control surgery. Four of the 16 rats had bilateral sparing and were removed from subsequent analyses. One lesion case was excluded from the DCX cell number estimates analysis due to large air bubbles obscuring part of the dentate gyrus on a number of sections.

Experiment 3: MR diffusivity (Cohort 3). Twenty-six naive male Lister-Hooded rats (Envigo) were used; they were ~10 weeks old at the start of the experiment (time of first scan) and weighed 230–280 g at the time of surgery. Sixteen animals received bilateral MTT lesions, and 10 underwent control surgery. Three animals had sparing of the MTT and were removed from all subsequent analyses; 2 control animals died during the study and MR data from 1 control animal could not be recovered. The study spanned 6 months such that at the time of the final scan the animals were ~8 months old.

Animal husbandry and experimental procedures for Experiment 1 were performed in accordance with the European Community directive, 86/609/EC, and the Cruelty to Animals Act, 1876, and were approved by the Comparative Medicine/Bioresources Ethics Committee, Trinity College Dublin, and followed LAST Ireland and international guidelines of good practice. Experiments 2 and 3 were performed in accordance with the UK Animals (Scientific Procedures) Act, 1986 and associated guidelines, the EU directive 2010/63/EU, as well as the Cardiff University Biological Standards Committee.

Surgical procedures
All surgeries were performed under an isoflurane-oxygen mixture (induction 5%, maintenance 2%–2.5% isoflurane) during the light phase of a 12 h, day/night cycle. Once anesthetized, animals were positioned in a stereotaxic frame (David Kopf Instruments).

MTT lesions. With bregma and lambda level, the scalp was incised to expose the skull. Bilateral craniotomies were then made at positions targeting the MTT (AP: bregma −2.3 mm; ML: bregma ±0.9 mm). A thermocouple radiofrequency electrode (0.7 mm tip length, 0.25 mm diameter; Diros Technology) was lowered into position (~6.9 mm from top of cortex), and radiofrequency lesions were made (70°C/33 s using an Owl Universal RF System URF-3AP lesion maker; Diros Technology).
For control surgeries, the probe was lowered to 1.0 mm above the target to avoid damaging the tract; no lesion was made.

Electrode implantation. If the surgery involved electrode implantation, the skull was cleaned before 5–6 screws were secured and cemented to the skull. Cranioiomes were made before careful removal of the dura and subsequent implantation of electrodes in positions corresponding to the following coordinates (mm from bregma unless stated): (CA1: AP: −3.6, ML: ±3.4, DV: −1.9 from top of cortex with a 18.5° angle toward the midline; RSC: AP: −3.6, ML: ±1.1, DV: −1.2 from top of cortex with a 24° angle toward the midline). Rats were then implanted with combinations of 6 or 7 tetrode bundles (25 μm platinum-iridium wires; California FineWire) mounted onto a drivable 32-channel microdrive (Axona). An additional 1–2× custom-made twisted bipolar electrodes (70 μm stainless steel) were incorporated into the remaining microdrive channels via 34 AWG, PTFE-insulated wire (Omnetics). The same wire was adapted for EMG recordings from beneath the nuchal muscle. Implanted microdrivers and bipolar electrodes were secured in place using dental cement (Simplex Rapid; Dental Medical Ireland).

The scalp was then sutured, and antibiotic powder was topically applied (Acramide: Dales Pharmaceuticals). Animals were rehydrated with a subcutaneous 5–10 ml injection of 4% glucose saline and given postoperative analgesia (0.06 ml, 5 mg/ml meloxicam, Boehringer Ingelheim).

Following surgery, implanted rats were housed singly while all other rats were housed in small groups of 2–4 rats per cage under diurnal light conditions (14 h light/10 h dark) with free access to water and environmental enrichment. During behavioral testing, animals were food-deprived to within 85% of their free feeding weight.

Behavioral experiments

T-maze (Cohorts 2a and b). Before testing, all animals in Experiment 2 were given 2 d of habituation to the T-maze. Animals were then given either 10 (Cohort 2a) or 6 (Cohort 2b) sessions of training. One session was conducted each day, with eight trials in each session. Each test trial consisted of a forced “sample” phase followed by a “choice” phase. During the forced sample phase, one of the goal arms of the T-maze was blocked. After the rat turned into the preselected goal arm, it received a reward. Animals were then returned to the start arm for 10 s. During the choice phase, animals were given free choice to enter either arm, only receiving a reward if the direction opposite to the forced choice in the sample run was chosen (i.e., nonmatching to sample choice). Left/right allocations for the sample runs were pseudo-randomized over daily trials, sessions, and rats, with no more than three consecutive sample runs to the same side in each session. The start arm was kept constant for the whole procedure.

Radial-arm maze (Cohort 3): Animals first received four habituation sessions, which involved unrestricted exploration of all arms of the maze, each containing a scattering of sucrose pellets (45 mg; Noyes Purified Rodent Diet). Rats were trained on a working memory version of the radial-arm task that involved the retrieval of sucrose pellets from each of the arms of the maze. At the start of the trial, all arms were baited, and the animal could then make another arm choice. This procedure continued until all arms had been visited or 10 min has elapsed. Rats received two trials/session every other day, totaling 32 trials over 16 sessions.

Perfusion/histology

The at end of behavioral experiments, animals were given an overdose of sodium pentobarbital (60 mg/kg, Euthatal, Rhone Merieux) and transcardially perfused with 0.1 m PBS followed by 4% PFA in 0.1 m PBS. Brains from all cohorts other than for Cohort 2a were removed and postfixed in 4% PFA for 4 h before being transferred to 25% sucrose in distilled water overnight. On the following day, 40 μm sections were cut in the coronal plane using a freezing-stage microtome. One 1-in-4 series was collected directly onto gelatin-coated slides and Nissl-stained (crelly violet, Sigma-Aldrich) for verification of lesion location. The remaining sections were reacted for DCX (rabbit polyclonal, Abcam; 1:1000 dilution; Cohort 2b only) and calbindin (D28k; mouse monoclonal; 1:10,000; Swant).

Golgi staining (Cohort 2a). Golgi staining of the whole brain was performed according to the manufacturer's instructions (FD Rapid GolgiStain Kit; FD NeuroTechnologies). Mounted 150 μm coronal sections cut on a cryostat were counterstained with cresyl violet, dehydrated in an ascending series of alcohols, cleared in xylene, and coverslipped using DPX mounting medium (Thermo Fisher Scientific). Slides were recoded by a researcher not involved in data collection to allow blinded analyses.

Immunohistochemistry. Sections were washed 4 × 10 min in 0.1 m PBS containing 0.2% Triton X-100 (PBST) between each incubation period. Endogenous peroxidase activity was quenched in a 0.3% hydrogen peroxide solution (0.3% H2O2, 10% methanol, and distilled water) for 5 min. Sections were then incubated in 0.1 m PBS containing 3% normal serum for 1 h followed by a 48 h primary antibody incubation at 4°C with 1% normal serum. Following 3 × 10 min PBST washes, sections were reacted for 2 h in a 1:250 secondary solution containing 1% normal serum. After a further 3 × 10 min PBST washes, sections were reacted for 1 h in an avidin/biotin-peroxidase complex solution with 1% normal serum (ABC Elite, Vector Laboratories). Sections were then washed twice in 0.05 m Tris buffer, and the label was visualized with DAB Substrate Kit (Vector Laboratories) according to the supplier’s protocol. Sections were then mounted on gelatin-coated slides, dehydrated in an ascending series of alcohols, cleared in xylene, and coverslipped with DPX mounting medium. Slides were recoded by a researcher not involved in data collection to allow blinded analyses.

Experiment 1: electrophysiology

Recordings were performed during the light phase of a 12 h, day/night cycle. Following a recovery period of no less than 8–10 d, rats (Cohort 1) were trained to retrieve sugar pellets from wells in four end compartments of a bowtie maze to promote locomotion over a broad range of speeds. Once rewards were retrieved from one end of the maze, a manually operated middle door was opened allowing the animal to investigate and retrieve rewards from the opposite end. Local field potential (LFP) recordings were obtained using the DacqUSB acquisition system Axona Ltd., St. Albans, UK at a sampling frequency of 4.8 kHz and downsampled to 960 Hz and standardized within each recording session (subtraction of the mean and division by the SD of the dataset) for all further analyses. Animal positional information was obtained using a light bar mounted with infra-red LEDs, one larger than the other, and sampled at 250 Hz using a ceiling mounted infrared video camera. Positional information was interpolated to match the sampling frequency of the downsampled LFP. Both before and after recordings in the bowtie maze, rats were socialized with littermates for an average of 1–2 h to provide natural sleep deprivation, following which recordings were made while rats were in a familiar square home arena where they could sleep.

All analyses were performed using custom scripts in MATLAB (version 2018b; The MathWorks).

Power spectral density (PSD)/coherence. Welch’s method (pwelch function) was used for calculation of frequency domain spectral power, and the coherence between signals was estimated using magnitude-squared coherence (mscohere function). Power spectra were normalized by dividing each datapoint by the sum of the power in the spectrum.

Running speed analysis. Running speed was calculated based on the change in position over time calculated from the animal’s positional information (sampled at 200 Hz). Running speed was first resided through cubic interpolation to match the sampling frequency of the LFP (960 Hz). The average running speed within 600 ms windows of LFP was calculated for individual recording sessions. Windows were then sorted and assigned speed values based on nearest-integer rounding. Window bins of common speed were concatenated, and speed bins of <2 s combined-duration were discarded. Five, 1.8 s windows of each speed bin were randomly extracted for subsequent analyses.

Theta cycle asymmetry. Determination of the phase of a signal using bandpass filtering and the Hilbert transformation, for instance, temporally homogenizes the oscillatory activity, masking cycle asymmetry (Buzsáki et al., 1985; Belluscio et al., 2012). To preserve and measure oscillatory asymmetry, theta cycle windows were identified first through
identification of zero crossing time points in LFP signal that had been bandpass filtered between 4 and 12 Hz. Zero crossing time points were then used to extract start and endpoints for positive (0–180°) and negative oscillation phases (180–360°), which were in turn used to extract windows of the same LFP to which a broader bandpass filter had been applied (0.5–80 Hz). Within positive and negative amplitude envelopes, the time points of maximum and minimum amplitudes, respectively, were extracted and rescaled to give peak and trough times from which ascending (trend-to-peak) and descending (peak-to-trend) durations were calculated. The absolute difference in ascending and descending durations provided an asymmetry index.

**PS detection.** PS is characterized by high theta power, low delta power, as well as muscle atonia. Episodes of PS were identified by initially identifying and excluding awake periods in which rats were moving (running speed >0). A moving window (12 s with 50% overlap) based multistaper method (Mitra and Bokil, 2008) was used on bandpass-filtered (1–60 Hz) LFP for time-domain calculation of spectral power. A threshold based on the theta (4–12 Hz)–delta (1–4 Hz) power ratio (TD ratio) was then calculated and epochs of slow wave sleep and PS were characterized by a low TD ratio (high delta, low theta power), and high TD ratio, respectively. Episodes of putative PS (high TD ratio; minimum 15 s in duration) were validated using a threshold set for the root mean square of the synchronously recorded EMG signal.

**Phase-amplitude coupling.** Phase-amplitude coupling was calculated using the approach of Tort et al. (2010). Briefly, theta phase (2° bins ranging from 0 to 20°) was calculated through the Hilbert transformation, creating a homogenized theta cycle from which gamma/high-frequency oscillations (HFOs) ranging from 30 to 200 Hz (in 5 Hz bins), were compared. An adaptation of the Kullback-Leibler distance was used to generate a modulation index (MI), derived from a phase-amplitude plot.

**Experiment 2: Golgi and DCX analysis**

**Golgi Sholl analysis (Coebet 2a).** Image stacks were obtained with an LSM 980 confocal microscope (Carl Zeiss) using a 20× apochromat objective. A Helium-Neon laser (633 nm) was used to image the slices at high resolution (1024 × 1024 pixels). Images were acquired at preset intervals (0.5 μm) on the Z plane, so generating image stacks (~120–140 images per stack) that allowed the analysis of dendritic arbors in three dimensions. Image (1.48a Fiji version, National Institutes of Health) (Schindelin et al., 2012) and its free segmentation plugin Simple Neurite Tracer (Longair et al., 2011) were used for semi-automated tracing and Sholl analysis of dendritic arbors. The analysis involved overlaying the cell with a series of concentric spheres spaced 1 μm apart, centered on the cell body, and counting the number of dendritic arbors intersecting each circle relative to the distance from the soma to a maximum distance of 300 μm for RSC neurons and 350 μm for CA1 and DG neurons.

Eligible arbors were required to be intact, clearly visible, clear of artifacts, and well isolated from neighboring neurons. In RSC, Sholl analyses were performed on the dendritic arbors of small fusiform and canonical pyramidal neurons whose somata were positioned in superficial layers II–III of the rostral portion of RSC, whereas in CA1, basal arbors of CA1 pyramidal neurons were used. In the DG Sholl, analyses were performed on neurons whose somata were located in the granule cell layer and whose dendritic arbors were projecting toward the molecular layer.

Dendritic arbors were traced from a total of 476 cells: 262 from surgical control brains and 214 from MTT-lesioned brains with at least five arbors for each of apical RSC, basal RSC, basal CA1, and DG per animal. For RSC arbors, identifying cells with both apical and basal segments that were eligible for tracing was rare (7 from the MTT lesion group and 1 from the control group) due to staining artifacts or overlapping of soma or dendrites from neighboring neurons. Specifically, 73 basal RSC arbors and 77 apical RSC arbors for the Sham group and 46 basal RSC arbors and 54 apical RSC arbors for the MTT lesion group were traced. For hippocampal arbors, 59 CA1 and 53 DG arbors for the Sham group and 65 CA1 and 49 DG arbors for the MTT lesion group were traced. The mean number of intersections per animal was then calculated for each ROI.

**Dendritic spine counts (Coebet 2a).** Image stacks were acquired with a DM6000 microscope with a digital camera (Leica Microsystems, DFC350 FX) and Leica Microsystems Application Suite imaging software. A 100 × (NA 1.4) oil-immersion objective using transmitted light was used to collect 30–90 images per stack with a 0.2 μm step size. Dendritic segment of between 20 and 25 μm were traced and cropped with the Simple Neurite Tracer plugin (Longair et al., 2011) according to the eligibility criteria adapted from Harland et al. (2014): one segment per neuron was counted; segments did not belong to the primary branch; segments were unobscured by other dendrites or staining artifacts; segments started and ended equidistant between two spines and started at least 10 μm from any terminal or branching points. Stacks of images were then processed using a custom ImageJ (Fiji version 1.51 h, https://imagej.net/) macro. Briefly, stacks were filtered and sharpened and collapsed into a single 2D projection plane for manual counting of spines (Fig. 1A). Cartesian coordinates of identified spines were transformed to map onto a linear representation of the dendritic branch and spine density (number of spines/10 μm dendrite length) and mean nearest neighbor (distance to the nearest spine in one-dimensional space) were calculated. In total, 78 RSC basal and 347 CA1 basal segments were included (4579 RSC spines; 9242 CA1 spines). The mean spine density and nearest neighbor per animal were then calculated for each ROI.

**DCX Sholl analysis (Coebet 2b).** Only mature (late phase) cells (Mandya et al., 2008) were analyzed (Fig. 1B); the inclusion criteria were as described above. Plane images were captured under bright-field microscopy with a Leica Microsystems DMRB microscope equipped with a 20× (NA 0.50) objective, a CCD camera (Olympus, DP73), and Cell Sense Dimensions software 1.16 (Olympus). Images were converted to 8-bit
grayscale and inverted before Sholl analyses (to a maximum distance of 300 μm from the soma). Dendritic arbors were traced from a total of 158 cells: 88 cells for MTT-lesioned cases and 70 cells from surgical controls with 5–16 cells analyzed per case. The mean number of intersections per animal was then calculated.

**DCX cell number estimates (Cohort 2b).** The unilateral total number of DCX cells was estimated using the optical fractionator method (Gundersen, 1986; West et al., 1991), performed using a Leica Microsystems DM6000 microscope equipped with a motorized stage (BioPrecision, Ludl Electronic Products), z-axis focus control (Ludl Electronic Products, #99A420), and a CCD camera (CX 9000) connected to a computer running Stereoinvestigator 8.0 software (both MicroBrightField). Sampling of sections followed a systematic, uniform random sampling scheme. A section sampling fraction of 1/4 was used, resulting in 15–23 sections sampled per brain (cut section thickness 40 μm; mounted section thickness 13 μm). The contour of the granule cell layer, including the subgranular zone covering the entire dentate gyrus extending 1.80 – 6.60 mm posterior to bregma (Paxinos and Watson, 1998), was traced live using a 10× objective (0.4 NA), and the cells were counted using a 63× oil-immersion objective (NA 1.4). A dissector height of 8 μm with a 2 μm guard zone was used to sample in the z axis. The counting frame area was 2500 μm² (50 × 50 μm), and the x-y step length was set to 100 μm (area 10,000 μm²). These parameters resulted in a mean of 347 total DCX neurons (range, 266–447) being counted in an average of 639 counting frames (range, 471–817). The number of DCX neurons was estimated from the following:

\[ N = \frac{1}{ssf} \cdot \frac{1}{asf} \cdot \frac{1}{hsf} \cdot \Sigma Q^2 \]

where ssf is the section sampling fraction; asf, the area sampling fraction, is the ratio of the counting frame area to the area of the x-y step length; hsf, the height sampling fraction, is the ratio of the disector probe height to the Q² weighted tissue thickness; and \( \Sigma Q^2 \) is the total count of cells sampled (Dorph-Petersen et al., 2001).

The sampling method used was sufficiently precise as the calculated coefficient of error (CE) was 0.05 for control and 0.06 for lesion brains (Gundersen et al., 1999). As a measure of the variability of the estimates, the observed interindividual coefficient of variation (CV = SD/mean) was determined as 0.18 for control and 0.14 for lesion brains. The sampling strategy was considered optimal as the biological variation contributed >50% to the observed relative variance, thus providing a reliable indication of the true numbers of DCX cells, that is, \( CE^2 / CV \leq 0.5 \) for both the control and lesion group.

**Experiment 3: MR diffusivity.** Scan 3 underwent four MR scanning sessions: 6 weeks before surgery (Scan 1); 9 weeks after surgery (Scan 2); the second session of radial-arm testing (13 weeks from surgery; Scan 3); and following the final session of radial-arm testing (17 weeks from surgery; Scan 4). Before scanning and behavioral testing, rats were placed in a quiet, dark room for 60 and 30 min, respectively.

Rats were scanned with a 9.4 Tesla MRI machine (Bruker) with a 72 mm, 500 W four-channel transmit coil. The protocol comprised a multigradient structural T2 RARE scan (8 repetitions; 24 slices at 500 μm z spacing and an x-y resolution of 137 μm; duration: 10 min 40 s), followed by a diffusion tensor imaging (DTI) scan with a diffusion-weighted spin-echo EPI pulse sequence. The DTI acquisition parameters were TR/TE = 4000/23.38 ms, 4 EPI segments, 32 gradient directions with a single b value of 1000 s/mm² and five images with a b value of 0 s/mm² (B0) (Jones et al., 1999). Each scan included 24, 500 μm coronal brain slices with an x-y resolution of 273 μm. The EPI acquisition lasted 40 min.

During scan acquisition, rats were lightly anesthetized with 1%–1.5% isoflurane in medical air and placed on a heatmat. The heart rate, breathing rate, and temperature of the animals were monitored throughout each scanning session. The entire scanning protocol lasted just over an hour, and DTI images were acquired within 80–100 min of the endpoint of behavioral testing.

**Extraction of DTI metrics and normalization procedures.** Diffusion-weighted data were processed through a combination of custom MATLAB (The MathWorks) scripts and the ExploreDTI toolbox (Lee mans et al., 2009). Briefly, this comprised a motion/distortion correction by coregistration of diffusion-weighted volumes to the initial B0 image (with appropriate b-matrix rotation) (Leemans and Jones, 2009), correction for Gibbs ringing artifacts (Osher and Shen, 2006; Sarra, 2006), and robust tensor fitting (Chang et al., 2005). Subsequently, metrics of fractional anisotropy (FA) and mean diffusivity (MD) (Pierpaoli and Basser, 1996) were extracted.

Image normalization was achieved using the Advanced Normalization Tools software package (Avants et al., 2011). A cohort-specific template was first created through iterative coregistration of FA maps. Coregistration of individual FA volumes to the template was then achieved through symmetric diffeomorphic registration (Avants et al., 2008) with reuse of the resultant warp fields to provide equivalent normalization of MD data. In all cases, a cubic b-spline interpolation scheme was used.

**Creation of mean hemispheric maps.** Inspection of the generated FA and MD maps revealed asymmetric noise related to the acquisition procedure. To remedy this, mean hemispheric maps were produced (e.g., Kikinis et al., 2019). This approach was deemed appropriate due to the following: (1) the bilateral lesioning of the MTT (Vann and Albasser, 2009); and (2) the assumption that lesion-induced and training-induced changes would not show laterality (e.g., Sagi et al., 2012). The maps were further processed in ImageJ (Fiji version 1.51h, https://imagej.net/). First, the images were resized to a higher resolution (factor of 3) by using bicubic interpolation. Next, coronal slices were flipped horizontally, and pairs of mirror images were iteratively registered to their mean to increase the hemispheric symmetry (rigid registration, followed by affine registration and elastic transformations (Sorzano et al., 2005) (https://imagej.net/BUwarpJ)). The coregistered mirror images were mean-averaged, and a mean FA template was created. The template was then manually masked to restrict the analyses to brain tissue only. All FA and MD maps were finally smoothed using a 0.3 mm 3D Gaussian kernel.

**Experimental design and statistical analyses.**

**Experiment 1.** Statistical analyses were performed in R Statistics (version 3.5.2: provided in the public domain by the R Foundation for Statistical Computing, Vienna, Austria; R Development Core Team, 2009, available at http://www.r-project.org/). General linear models (“lm4” package (Bates et al., 2015) were fitted for lesion/control group comparisons. For comparisons involving speed/treatment interactions, a random term (1|subject ID) was included to account for repeated measures. Given the difficulties associated with determining degrees of freedom in these instances, p values were obtained through likelihood ratio tests comparing nested models (i.e., inclusion of the individual components of the interaction but not the interaction itself). All graphs were generated using the “ggplot2” package (Wickham, 2016), while figures were compiled in Inkscape (Inkscape version 0.92.4, The Inkscape Project, freely available at www.inkscape.org).

**Experiment 2.** For Sholl analyses, the number of intersections per incrementing radius (binned into 5 μm steps) was counted. For spine counts, spine density was expressed as spines per 10 μm. DCX cell counts are reported as unilateral estimates. For all measures, the mean was derived for each individual animal and this was used for analyses. Parametric tests (ANOVA and t test) were used to compare groups. Greenhouse–Geisser adjustments were used to correct for sphericity for repeated-measures analyses, and Welch’s t test for unequal variances was used where appropriate. One-sample t tests comparing overall mean percentages against 50% were used to evaluate whether the lesion and control groups were performing above chance on the T-maze task. SPSS software (version 20, IBM) was used to perform statistical analyses.

**Experiment 3.** Voxelwise analyses were performed in MATLAB using an ANOVA script based on CoAxLab (2019). A 2 × 4 factorial ANOVA was implemented for FA and MD maps with a between-factor of surgery (control/lesion) and the within-factor of scan (Scan 1 to Scan 4). Since false discovery rate correction eliminated virtually all voxels, except for those in the lesion area, data presented in Figure 8 are uncorrected results and restrict regional analyses to clusters below the α level of 0.005. Such
identified voxels in the MTT, hippocampal, retrosplenial, and MB regions were subsequently used to elucidate the timeline of diffusivity changes across the four scans. A $2 \times 4$ ANOVA was performed for each region (SPSS 25.0, IBM) using raw FA values. In post hoc analyses, both the differences from baseline (Scan 1) and between the groups (control/lesion) at each scan time were compared, and Bonferroni-adjusted. For all experiments, unless otherwise stated, the threshold for significance was set at $p < 0.05$.

Results

MTT lesions

Four separate cohorts of MTT lesion rats were used (for further detail, see Materials and Methods). Following MTT lesions (Fig. 2A), calbindin immunoreactivity in the anteroventral thalamic nucleus is reduced relative to controls (Fig. 2B,D) which, in addition to Nissl staining (Fig. 2A,C), provides further verification of lesion accuracy. While these approaches were not possible in Golgi-stained sections (Cohort 2a), lesion sites in this cohort were verified based on reduced staining density while damage to the MTT was verified by the absence of Golgi deposits in the white matter (Fig. 2E,F). Only lesions with discrete yet complete bilateral lesions were included in the study. Following lesion verification, the final numbers were as follows: Cohort 1 (Experiment 1: oscillatory activity), 8 lesion, 10 controls; Cohort 2a (Experiment 2a: Golgi), 9 lesion, 12 controls; Cohort 2b (Experiment 2b: DCX), 12 lesion, 8 controls; and Cohort 3 (Experiment 3: MR diffusivity), 13 lesion, 7 controls.

Experiment 1: oscillatory activity

To determine whether mammillothalamic disconnection influenced hippocampal and neocortical oscillatory activity, we recorded LFPs in the RSC (Fig. 2G) and the CA1 subfield of the hippocampal formation (HPC; Fig. 2H), simultaneously, in 11 rats. Six of these animals had received discrete bilateral lesions of the MTT (Fig. 2A, arrows). An additional 7 animals, 2 of which had MTT lesions, were implanted in the RSC alone. The remaining 5 surgical controls were recorded singularly from either brain region (HPC, $n = 2$; RSC, $n = 3$; Fig. 3).

MTT lesions attenuate hippocampal theta frequency during locomotion

To promote locomotion across an evenly distributed, and wide range of running speeds, animals were trained to retrieve sugar pellets in a bowtie maze (Nelson and Vann, 2017), which resulted in animals consistently reaching speeds of 40–55 cm/s. No significant difference was found between lesion and control groups in the density distributions of speed measurements ($0–55$ cm/s; $p = 0.47$). Theta (6–12 Hz) power and frequency are both positively correlated with running speed in HPC ($t_{13} = 0.57 \pm 0.15$ Hz, $t_{13} = -3.79$, $p = 0.003$; Fig. 4B) and the RSC ($-0.59 \pm 0.16$ Hz, $t_{13} = -3.63$, $p = 0.003$; Fig. 4E). As expected, in control animals, the peak theta-band frequency (6–12 Hz) showed highly significant positive linear correlations with running speed in both the HPC (estimate: $0.03 \pm 0.00$ Hz/(cm/s), $t_{37} = 10.95$, $p < 0.001$; Fig. 4A) and RSC (estimate: $0.03 \pm 0.00$ Hz/(cm/s), $t_{37} = 11.42$, $p < 0.001$; Fig. 4D). MTT lesions attenuated the peak frequency of theta, but they did not disrupt the relationship between running speed and theta frequency; that is, there was no difference between treatment groups in the speed-frequency interaction (lesion group estimate, HPC: $-0.00 \pm 0.00$ Hz/(cm/s), $\chi^2 = 0.33$, $t_{13} = 0.58$, $p = 0.583$ (Fig. 4A); RSC: $-0.00 \pm 0.00$ Hz/(cm/s), $t_{15} = -1.71$, $\chi^2 = 2.92$, $p = 0.087$; Fig. 4D), reflecting, at least in part, intact glutamatergic/GABAergic septo-hippocampal connections (Fuhrmann et al., 2015; Carpenter et al., 2017).

While running speed and theta frequency exhibited a linear relationship, that of theta band power (6–12 Hz) and running speed was best represented by a quadratic function (Fig. 4C,F), likely reflecting the plateau in interneuron and pyramidal cell firing rate at higher running speeds (i.e., $>20$ cm/s) (Maurer et al., 2005; Ahmed and Mehta, 2012). Theta band power was significantly correlated with running speed in the control animals in

![Figure 2](image-url)
both HPC ($2.30 \times 10^{-4} \pm 1.47 \times 10^{-5}$ a.u./cm/s), $t_{(16)} = 15.64, \chi^2 = 187.81, p < 0.001$; Fig. 4C) and RSC ($2.08 \times 10^{-4} \pm 1.48 \times 10^{-5}$ a.u./cm/s), $t_{(16)} = 14.04, \chi^2 = 157.24, p < 0.001$; Fig. 4F), and no overall difference between theta-band power was found in either region between treatment groups. In both HPC and RSC, the speed/power relationship of lesioned animals was significantly altered in magnitude (treatment-speed interaction: HPC (lesion estimate): $-0.182 \pm 0.073$ a.u./cm/s), $t_{(16)} = -2.848, \chi^2 = 11.189, p = 0.004$; RSC (lesion estimate): $-0.235 \pm 0.062$ a.u./cm/s), $t_{(16)} = -3.788, \chi^2 = 16.870, p < 0.001$; Fig. 4F). Theta-band coherence, between HPC and RSC, increases with running speed and, consistent with the relationship between theta power and running speed, plateaus at higher speeds (>30 cm/s). Absolute coherence between RSC and HPC in MTT lesion animals was significantly increased compared across all speed bins (lesion estimate: $0.15 \pm 0.05$ a.u./cm/s), $t_{(10)} = 2.99, p = 0.017$). In addition, the quadratic relationship between coherence and speed was attenuated in rats with MTT lesions (speed-treatment interaction: $-5.46 \times 10^{-5} \pm 1.85 \times 10^{-5}$ a.u./cm/s), $t_{(10)} = -2.96, \chi^2 = 9.24, p = 0.010$; Fig. 4G).

During locomotion, gamma (30–90 Hz) power and frequency (Ahmed and Mehta, 2012) as well as coupling between theta phase and gamma amplitude (Sheremet et al., 2019) are positively correlated with running speed. Hippocampal gamma is thought to reflect the local interaction between inhibition and excitation generated from the interaction between pyramidal neurons and interneurons. Considering the effects observed in the theta frequency band, we next examined gamma (30–90 Hz) and HFOs (>90 Hz). Looking at coupling between the phase of theta and the amplitude of gamma oscillations, we first established, consistent with previous results (e.g., Belluscio et al., 2012; Koike et al., 2017), that gamma oscillations are dominant on the descending slope of the theta cycle, whereas RSC gamma is dominant closer to the theta peak (Fig. 4H). Using the time points of the troughs of gamma oscillations (>2 SDs of the baseline power) to generate the average of broadband filtered (0–500 Hz) LFP, we measured the time lag between the theta peak and the gamma trough (Fig. 4H) and found no difference between treatment groups. While temporal coupling appeared to be maintained in both regions, both the MI, derived from the phase amplitude coupling, as well as the gamma/HFO (30–200 Hz) of modulation, were significantly increased in the RSC of lesioned animals, making it unlikely that the HFO (90–200 Hz), or the phase-amplitude coupling within this range was ripple-dependent. It is noteworthy that such HFOs (i.e., >90 Hz) may not reflect true oscillatory activity but instead may, in part, be influenced by multiunit activity around the electrode tip (Ray and Maunsell, 2011; Merker, 2013; Scheffer-Teixeira et al., 2013; Scheffer-Teixeira and Tort, 2017). Therefore, in as much as these effects may be classified as inhibitory/excitatory-related oscillatory imbalance, they may equally reflect local high-frequency hyperactivity.

**MTT lesions reduce running speed-related theta asymmetry**

To better understand the nature of the observed attenuation in theta frequency in MTT-lesion animals, we next looked at the dynamics of the theta cycle. Hippocampal theta cycles have an inverse saw-toothed shape, typically with a shorter duration during ascending phase (trench-to-peak) and a longer descending phase (peak-to-trench), resulting in an asymmetric waveform (Buzsáki et al., 1985) (Fig. 5A,B). In controls, the asymmetry index (absolute difference in the duration of ascending and descending phases) within HPC theta oscillations was found to be positively correlated with running speed (control estimate): $0.46 \pm 0.25$ ms/cm/s), $t_{(7)} = 18.53, \chi^2 = 241.24, p < 0.001$; Fig. 5C, top), resulting principally from a decrease in ascending phase duration at higher speeds (control estimate: $-0.25 \pm 0.13$ ms/cm/s), $t_{(7)} = -19.73, p < 0.001$; Fig. 5E). Consistent with our finding that MTT-lesion animals showed an intact speed/peak theta frequency relationship (Fig. 4), HPC theta ascending phases in lesioned animals were also significantly correlated with speed; however, ascending phase durations across all speed bins were...
significantly longer than controls (lesion estimate: 6.72 ± 2.53 ms, $t_{(13)} = 2.66, p = 0.021$; Fig. 5C,E).

In control animals, the strength of linear correlation between asymmetry index and running speed was considerably weaker in RSC than in HPC, but it was statistically significant (control estimate: 0.12 ± 0.027 ms/(cm/s), $t_{(7)} = 4.35, \chi^2 = 18.46, p < 0.001$). We found, however, that in lesioned animals, the RSC asymmetry index showed a considerably stronger increase with
Figure 5. The hippocampal (HPC) theta cycle is an asymmetric, sawtooth waveform with a short ascending phase and a longer duration descending phase (B). Cycle asymmetry becomes exaggerated with increased rates of locomotion (A–C). The absolute asymmetry (asymmetry index [AI]) in the HPC theta cycle is highly correlated with running speed (D), reflecting an attenuation in ascending phase duration (E, F) and an increase in descending phase duration (E). Consistent with their observed peak frequency attenuation, MTT animals exhibited longer duration ascending phases than controls (E, left). Control RSC ascending phases decrease in duration with increasing speed (F) with consistent duration descending phases. In the RSC of MTT animals, cycle asymmetry is significantly more positively correlated with speed than in controls, resulting primarily from an increase in descending phase duration (C, bottom; F). C–F, Red represents control. Black represents lesion. *p < 0.05; ***p < 0.001; ns, not significant; †Results of speed/treatment interactions.
speed compared with control animals (treatment-speed interaction: 0.37 ± 0.034 ms/cm/s, \( t_{(15)} = 10.64, \chi^2 = 105.41, p < 0.001; \text{Fig. 5D} \)). This mainly arose from a greater increase in descending phase duration with speed (treatment \times speed interaction: 0.23 ± 0.02 ms/cm/s, \( t_{(15)} = 10.13, \chi^2 = 96.18, p < 0.001; \text{Fig. 5F} \) and a greater attenuation in ascending phase duration in the lesion animals (treatment-speed interaction: –0.16 ± 0.02 ms/cm/s, \( t_{(15)} = –8.70, \chi^2 = 72.15, p < 0.001 \)). Phase entrainment of RSC interneurons is thought to be independent of hippocampal input (Talk et al., 2004). Recent modeling of the dynamics of spike-phase coupling in the context of theta cycle asymmetry (Cole and Voytek, 2018) presents an interesting case that the duration of phase within a cycle is related to the firing frequency of phase-locked neurons such that longer duration descending phases in RSC may provide for a longer window in which firing activity may reach peak frequency, thus resulting in increased frequency activity. In the context of our findings, such a mechanism may serve to link the lesion-related changes in descending phase duration in RSC (Fig. 5F, right) with the observed increase in 180–240 Hz HFO (Fig. 4F, right).

**MTT lesions attenuate theta frequency during PS**

To establish whether the lesion-related group effects on theta during locomotion were consistent across other high-theta (6–12 Hz) states, LFP recordings were made in the HPC and the RSC during paradoxical (REM) sleep (PS). During periods of PS, MTT lesion rats did not differ from controls in HPC theta power, however, a significant attenuation in theta frequency was apparent in lesioned animals (lesion estimate: –0.32 ± 0.11 Hz, \( t_{(12)} = –2.96, p = 0.013 \); Fig. 6A–C). In the RSC, lesioned animals had significantly higher theta power but no discernible difference in peak theta frequency (Fig. 6D–F). Theta cycles during PS were more symmetrical than during awake locomotion (Fig. 6G), and no difference between lesion and control groups was found in either the asymmetry index or ascending/descending phase durations in either HPC (Fig. 6H) or RSC (Fig. 6I).

During PS, RSC theta phase is strongly coupled to the amplitude of fast gamma (50–90 Hz)/HFO (90–200 Hz) amplitude (Koike et al., 2017) (Fig. 4F), with weaker phase amplitude coupling in HPC. The MI is a quantification of the strength (nonuniformity) of coupling between theta phase and the amplitude of gamma/HFO (Tort et al., 2010). Consistent with these findings, control animals showed strong theta-gamma/HFO phase-amplitude coupling during PS in RSC (Fig. 5K). Lesion animals were found to have a significant increase in MI during PS, centered around 170 Hz, in both HPC (control estimate: 0.01 ± 0.00, \( t_{(12)} = 2.45, p = 0.044 \); Fig. 6J) and RSC (control estimate: 0.01 ± 0.00, \( t_{(12)} = 2.23, p = 0.048 \); Fig. 6K,M). Consistent with the understanding that theta-slow gamma phase coupling is not differentially modulated within the sleep–wake cycle (Scheffler-Teixeira and Tort, 2017), no significant difference was found between treatment groups in either the MI or peak slow gamma amplitude frequency of the MI within the slow gamma frequency band (30–50 Hz).

In the RSC, the amplitude of gamma oscillations/HFO (30–150 Hz) is strongly coupled with the descending phase of the theta cycle during PS (Belluscio et al., 2012; Koike et al., 2017). To determine whether the phase (within the theta cycle) in which fast gamma was dominant was affected by disconnection of the MBs, we calculated the time lag between the trough of fast gamma/HFO oscillations (90–150 Hz; of power >2 SDs of the baseline), and the peak of the synchronous theta cycle. No significant group difference was observed in the mean lag time (Fig. 6L), suggesting that theta-entrainment of cortical unit activity was unaffected by MTT lesions; this is in line with evidence that RSC entrainment to theta is independent of HPC input (Talk et al., 2004). To test whether the increase in phase-amplitude coupling was related to nonuniformity associated with higher fast gamma/HFO power in MTT animals, we looked at the power spectral density within the frequency band in which phase-amplitude coupling peaked (90–240 Hz). Within this fast-gamma/HFO band, overall power was significantly higher in the HPC of lesioned animals compared with controls (0.004 ± 0.002, \( t_{(12)} = 2.375, p = 0.037 \); Fig. 6N,O). In the RSC of lesioned animals, the overall power within the 90–240 Hz band was not significantly increased, but the peak frequency of oscillations was significantly greater (lesion estimate: 10.08 ± 3.641 Hz, \( t_{(12)} = 3.641, p = 0.018 \); Fig. 6P,Q).

**Experiment 2: hippocampal spine and DCX analysis**

**MTT lesions reduce the number and clustering of CA1 spines and the number and complexity of DCX-positive neurons in dentate gyrus**

Since oscillatory activity and learning-induced plasticity are tightly coupled (e.g., Orr et al., 2001; Tsanov and Manahan-Vaughan, 2009), we hypothesized that changes in LFP might reflect altered structural plasticity in the hippocampus. MTT lesions have previously been shown to reduce markers of activity (e.g., c-Fos, Zif268, and cytochrome oxidase in RSC and c-Fos expression in HPC) (Vann and Albasser, 2009; Vann, 2013; Frizzi et al., 2016), which could reflect underlying microstructural changes. To address this possibility, we examined dendritic spine density and clustering in Golgi-stained tissue in one group of rats (Cohort 2a) and the expression of DCX, a marker of adult neurogenesis (Couillard-Despres et al., 2005), in a second group (Cohort 2b). Both groups underwent testing on a T-maze task (Dudchenko, 2001) and, consistent with previous studies (Vann, 2013; Nelson and Vann, 2014), the MTT lesion animals in both groups made more errors relative to controls (both \( p < 0.01 \); block main effect Cohort 2a, \( F_{(4,76)} = 1.77, p = 0.14 \); Cohort 2b, \( F < 1 \); interaction Cohort 2a, \( F_{(4,76)} = 1.94, p = 0.11 \); Cohort 2b, \( F < 1 \)). When comparing overall performance across the blocks in each cohort, both MTT lesion and control animals’ performance was above chance (Cohort 2a: lesion, \( p < 0.05 \); control, \( p < 0.01 \); Cohort 2b, both \( p < 0.01 \); Fig. 7C).

MTT lesions reduced the density of spines on basal CA1 segments (\( t_{(19)} = 2.23, p = 0.038 \); Fig. 7A). Furthermore, the distribution of CA1 spine clustering was significantly attenuated in lesioned compared with control animals (\( t_{(19)} = 2.37, p = 0.028 \); Fig. 7B). In contrast to the changes in CA1, there were no lesion-related changes in either the density (\( t_{(19)} = 0.38, p = 0.71 \)) or clustered distribution (Mann–Whitney \( U = 42.00, p = 0.39 \)) of spines in the apical segments of RSC pyramidal neurons. Both spine density and clustering are associated with learning and memory in intact animals (Mosser et al., 1994, 1997; Harland et al., 2014); spine clustering is thought to underlie stronger and more efficient information processing in dendrites (Rodgerson et al., 2014; Kastellakis et al., 2015). The reduction in CA1 spine density and clustering in the lesion animals may therefore be an additional contributor to impoverished encoding in this lesion model.

Spatial training has been linked to structural changes within existing hippocampal cells but also to increased numbers and dendritic arbor complexity of adult-born neurons in the dentate gyrus (Kempermann et al., 2004; Vukovic et al., 2013). MTT lesions reduced the unbiased stereological estimation of the
During PS, hippocampal theta frequency, but not power, was significantly attenuated (A–C), whereas cortical theta power, but not frequency, was significantly greater (D–F).

G. A typical LFP trace from HPC during PS. Shaded gray represents ascending phase. Shaded red represents descending phase.

H, I. Lesion of the MTT did not influence the absolute asymmetry of theta cycles in either the HPC (H; left histogram) or the RSC (I; left histogram) as reflected by consistent, overlapping distributions of ascending and descending phase durations in both HPC and RSC (right histograms in H and I, respectively). During PS, strong theta-gamma phase-amplitude coupling is present in the fast gamma frequency range (90–150 Hz; J). The degree to which theta and fast gamma are coupled (MI) was significantly increased in both HPC (J) and RSC in lesioned animals (K, M), whereas the time lag between the peak of the theta cycles, and the troughs of fast-gamma oscillations (>2 SDs of the baseline power) remained consistent between treatment groups (L, L). The average theta waveform triggered by the trough of fast-gamma (90–150 Hz) oscillations (time = 0 s). Shaded red area represents the time lag between the trough of the gamma oscillations and the peak of the preceding theta peak, with corresponding box plots representing the very similar means, and variance of time lags compared between lesion (black) and control (red) animals. Lesion-dependent increases in phase-amplitude coupling in both HPC (N, O) and RSC (P, Q) were therefore the product of increased high-frequency power at frequencies that corresponded to the coupling observed in J and K. Color key in N applies to all graphs in the figure: Red represents control. Black represents lesion. *p < 0.05; **p < 0.01.
number of dentate gyrus DCX cells by ~31% ($t_{(17)} = 4.76, p < 0.001$; Fig. 7E). In addition to there being fewer DCX cells in the lesion group, those cells that were present exhibited less morphological complexity, as reflected by a reduced number of intersections (Sholl analyses; $F_{(1,18)} = 9.05, p = 0.008$; radius main effect, $p < 0.001$; interaction, $p = 0.07$; Fig. 7D). In contrast, MTT lesions did not influence the number of intersections for either dentate gyrus or CA1 basal Golgi-stained hippocampal arbor (both $F < 1$; radius main effect both $p < 0.01$; interaction both $F < 1$) or Golgi-stained RSC basal or apical arbor (basal, $F < 1$; apical, $F_{(1,19)} = 1.67, p = 0.21$; radius main effect both $p < 0.01$; interaction both $F < 1$). Therefore, differences in morphological complexity appear limited to newly formed hippocampal cells. The reduction in DCX cells may be a contributing factor to the

Figure 7. MTT lesions were associated with a decrease in both number (A) and clustering (B) of spines in the basal dendrites of Golgi-stained CA1 pyramidal neurons in Cohort 2a. Performance on a T-maze task was impaired in MTT lesion animals relative to controls in Cohort 2a and Cohort 2b (C). DCX is a marker of adult neurogenesis; in Cohort 2b, MTT lesions resulted in a decrease in the complexity of DCX+ neurons (D) as well as a decrease in the stereologically estimated overall number of DCX+ neurons in the dentate gyrus (DG, E). Cohort 2a (lesion, $n = 9$; controls, $n = 12$; Cohort 2b (lesion, $n = 12$; control, $n = 8$). Central schematic diagram represents the morphology and anatomical location of neurons that were sampled. *$p < 0.05$; **$p < 0.001$. 

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memory impairments associated with MTT lesion as targeted experimental suppression of hippocampal neurogenesis impairs performance on spatial memory tasks (Dupret et al., 2008; Farioli-Vecchioli et al., 2008; Lemaire et al., 2012).

**Experiment 3: MR diffusivity**

*Diffusion-weighted imaging and microstructural plastic changes*

The reductions in DCX-positive cells and CA1 spine density were observed following training on a spatial memory task. We therefore hypothesized that MTT lesions led to the attenuation of experience-driven structural plasticity and tested this prediction by using a longitudinal MRI study. Spatial learning has been found to evoke changes in gray matter diffusivity in the hippocampal formation of both humans and rodents. Moreover, in one study, altered diffusivity co-occurred with enhanced staining for various plasticity markers, such as synaptic boutons, glial reactivity, and BDNF levels (Sagi et al., 2012; Tavor et al., 2013). Diffusion-weighted MRI therefore offers a noninvasive means of investigating correlates of experience-driven plastic changes in intact and lesion animals.

*Brainwide lesion-induced diffusivity changes*

Rats (Cohort 3) were scanned at four separate time points: before surgery (Scan 1); nine weeks following MTT-lesion surgery or control surgery (Scan 2); at the beginning of radial-arm maze (RAM) training (Scan 3); and at completion of RAM training when the controls were proficient at the task (Scan 4; Fig. 8A, B). The MTT lesion animals were significantly impaired on the RAM task ($F_{(1,18)} = 14.08, p = 0.001$; Fig. 8B). We used a voxelwise mixed ANOVA to uncover brainwide interactions between group (lesion vs control) and scan time (four levels) for two complementary diffusivity metrics, FA and MD (Feldman et al., 2010). Since differential changes in MD appeared to derive mainly from the ventricular system (presumably a direct effect of ventricular enlargement following the lesion), this measure was not analyzed further. On the other hand, voxels where
differences in FA values reached significance ($p < 0.05$) were found across many large white matter structures, such as the corpus callosum, cingulum, fornix, and the MTT (Fig. 8C). Clusters of significant voxels were also present in gray matter, including the hippocampus, MBs, posterior granular RSC, and parts of the midbrain. High-frequency theta in particular has been linked to spatial memory in both rodents and humans (Olvera-Cortés et al., 2002; Goyal et al., 2018). Furthermore, reducing the frequency of theta in otherwise normal animals impairs performance on spatial memory tasks (Pan and McNaughton, 1997). The implication, therefore, is that this reduction in hippocampal theta frequency would contribute to the memory impairment observed in MTT lesion animals.

In our revised model of the MB contribution to the Papez circuit, the medial mamillary nuclei integrate theta input from the ventral tegmental nuclei of Gudzen. Thus, to more fully characterize any dysfunction associated with disconnection of this theta stream, we assessed hippocampal-cortical activity across two theta-rich states: awake locomotion and PS. During locomotion, several characteristics of theta (e.g., frequency, power, cycle waveform characteristics) are correlated with running speed; and for the most part, these associations were spared by MB disconnection: that is, theta frequency was attenuated overall, but its relationship with running speed was preserved.

Not only was there a frequency attenuation in the lesion animals during locomotion, but the HPC theta cycle in these animals exhibited a more symmetrical waveform, characterized by longer-duration ascending (trough-to-peak) phases. As in HPC, RSC theta asymmetry is positively correlated with running speed (albeit to a lesser degree than in HPC). An unexpected finding of the study was that the RSC descending phase duration of lesioned animals increased dramatically with running speed relative to controls (Fig. 5F). This change was accompanied by a large increase in HFO (180–240 Hz) power and significantly higher phase-amplitude coupling at a frequency corresponding to the spectral peak of the HFO (Fig. 8, F, G). Inhibitory interneurons fire preferentially in the descending phase of the theta cycle (Buzsáki, 2002). Extrapolating from the findings in the HPC of Cole and Voytek (2018), this pattern of effects may be explained by relating the putative RSC hyperactivity to the observed changes in the dynamics of the theta cycle such that, with longer descending phases, phase-locked interneurons have an increased “preferred-phase window” within which to reach their intrinsic firing frequency, resulting in a greater maximally attained firing frequency across each cycle.

In control animals, hippocampal theta cycles during PS are more symmetrical than during locomotion (Fig. 9A–C). As a result, longer ascending phase durations of awake locomoting lesioned animals were found to be closer to control PS cycles than those of control locomoting animals (Fig. 9A), suggesting that, in lesioned animals, theta cycles are less able to vary between states. Silencing septal theta during PS dramatically attenuates hippocampal theta power and disrupts contextual memory (Boycet al., 2016); although MB disconnection did not disrupt hippocampal theta to the same degree, it did lead to an attenuation in theta frequency during PS, potentially highlighting a previously unexplored involvement of these structures in consolidation. While HPC theta frequency was reduced in the lesion animals both during locomotion and PS, the RSC showed some state-dependent changes in theta. In contrast to the reduced theta frequency during locomotion, the frequency of PS theta in the RSC was not reduced; and instead, a significant increase in theta power was observed (Fig. 6D, F). The increased HFO in the RSC observed during locomotion in MTT lesion animals was also found
during PS (Fig. 9G); but given that the peak frequency of HFO during PS was considerably lower than during locomotion, it is possible that these changes may reflect activity changes in separate subpopulations of the RSC that are specifically active during either PS (68% of RSC units reported by Koike et al., 2017) or during locomotion. Unlike in awake animals, however, no effect was seen in waveform dynamics of the theta cycle, leaving open an explanation for the HFO changes in PS in both HPC (Fig. 6N,O) and RSC (Fig. 9). One mechanism by which MB projections could influence the frequency of hippocampocortical theta frequency is through the cholinergic system. Following chemo-genetic inhibition of cholinergic neurons in the medial septum, Carpenter et al. (2017) reported an attenuation in theta frequency in the hippocampal formation that mirrored the magnitude and direction of changes reported here following MTT lesions. Both hippocampal and cortical cholinergic activity is reduced following MB lesions (Béracochéa et al., 1995); although the mammillothalamic projection itself is not cholinergic, it may act to modulate cholinergic activity through interactions either with its direct connections with the anteroventral thalamic nucleus/nucleus basalis of Meynert, or through indirect influence on distal brain regions. One such pathway, described by Savage et al. (2011) in explanation of reduced cholinergic activity in HPC following lesions of the anterior thalamus, is via the modulation
of descending RSC projections to the medial septum (Gonzalo-Ruiz and Morte, 2000).

Possible lesion-induced hyperactivity in RSC (Fig. 8) may reflect a more synchronized (i.e., deactivated) cortical state in which there is a reduction in the variance of population-wide activity (Harris and Thiele, 2011). Both the observed increase in theta power during PS, the corresponding increase in HFO, as well as conserved theta phase coupling, support a case for increased local synchronicity. Animals with MTT lesions also exhibited excessive interregional coherence across both awake and PS states, which again likely reflects a reduction in functional diversity in the system following the loss of ascending MB projections. Indeed, such excessive synchrony is thought to reduce information coding capacity (Cagnan et al., 2015), whereas increased regional connectivity has been observed in neurological conditions linked to impaired cognitive ability (Hawellek et al., 2011; Gardini et al., 2015).

Several distal microstructural differences were also observed in MTT-lesioned rats, with fewer spines present on the basal dendrites of CA1 pyramidal neurons, and a corresponding reduction in spine clustering (Fig. 7); the latter a mechanism that, in normal animals, likely serves to strengthen neural responses (Kastellakis et al., 2015). Rats with MTT lesions had significantly fewer DCX-positive neurons in the dentate gyrus, and those that were present showed a reduced morphological complexity, suggesting that mammillothalamic disconnection may be associated with a reduction in adult hippocampal neurogenesis. Given that all of these measures increase in normal animals following spatial training (Moser et al., 1997; Tronel et al., 2010; Lemaire et al., 2012; Vukovic et al., 2013), this combination of observed microstructural differences in lesion animals may well reflect a reduction in the capacity for learning-induced plasticity. Such an explanation is further supported by our diffusion-MR study where the distal impact of lesioning the MTT became evident only once animals underwent spatial training, suggesting the loss of learning-induced plasticity in lesion cases. Together, these convergent findings reinforce the pervasive effects of MTT lesions on numerous aspects of neural plasticity.

There is increasing evidence of mammillothalamic pathology in neurological conditions that present with memory impairments (Kumar et al., 2008, 2009; e.g., Denby et al., 2009; Dziecisz et al., 2017; Perry et al., 2019), reinforcing the need to better understand the contributions of these medial diencephalic structures. Together, our results provide insight into mechanisms via which the MBs can contribute to memory processes: ascending mammillary projections indirectly optimize hippocampocortical plasticity via their contribution to oscillatory architecture. Furthermore, given the changes observed during PS, it is possible that this region is not only involved in encoding, as previously assumed (Vann and Nelson, 2015), but may also have additional roles in memory consolidation. If distal oscillatory disturbances underlie the memory impairments following medial diencephalic damage, it raises the possibility that artificially restoring the electrophysiological patterns to normal could serve as a therapeutic intervention. Deep brain stimulation of the hypothalamus, fornix, and medial temporal lobe has been reported to improve memory function and increase plasticity and neurogenesis (Lee et al., 2013); the current findings provide a possible mechanism via which these memory improvements may occur.

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