The chaperone Trigger Factor (TF) from *Escherichia coli* forms a dimer at cellular concentrations. While the monomer structure of TF is well known, the spatial arrangement of this dimeric chaperone storage form has remained unclear. Here, we determine its structure by a combination of high-resolution NMR spectroscopy and biophysical methods. TF forms a symmetric head-to-tail dimer, where the ribosome binding domain is in contact with the substrate binding domain, while the peptidyl-prolyl isomerase domain contributes only slightly to the dimer affinity. The dimer structure is highly dynamic, with the two ribosome binding domains populating a conformational ensemble in the center. These dynamics result from intermolecular *in trans* interactions of the TF client-binding site with the ribosome binding domain, which is conformationally frustrated in the absence of the ribosome. The avidity in the dimer structure explains how the dimeric state of TF can be monomerized also by weakly interacting clients.
The functionality of most proteins requires their correct folding subsequent to synthesis by the ribosome. Accumulation of structural intermediates or misfolded proteins into insoluble aggregates can lead to substantial impairment of cellular processes. Molecular chaperones have evolved in all kingdoms of life to play fundamental roles in protein biogenesis by preventing misfolding and aggregation of proteins, including transport of clients from their point of synthesis to their final cellular destination, where proper folding occurs\(^1\)–\(^4\). Trigger Factor (TF) is a chaperone found in Gram-negative and Gram-positive bacteria as well as in chloroplasts\(^5\). TF binds to the translating ribosome and is thus the first chaperone to interact with newly synthesized polypeptides. TF is highly abundant in \textit{Escherichia coli} cells but it is not essential for cell viability since its depletion is compensated by up-regulation of the functionally alternative chaperone DnaK\(^6\). However, the deletion of both chaperones is lethal at temperatures above 30 °C\(^6\). TF interacts with a multitude of substrates, among which outer membrane proteins are the most abundant ones, as revealed by ribosome profiling experiments\(^7\). TF consists of 432 amino acid residues and is organized in three domains adopting an overall elongated shape (Fig. 1a, b)\(^8\). The N-terminal domain (residues 1–113) is the ribosome-binding domain (RBD), that contains the TF signature motif GFRxGxxP (residues 43–50), via which TF binds to the ribosomal protein L2\(^3\). The peptidyl-prolyl isomerase domain (PPD) on the opposite side of TF can catalyze the isomerization of peptidyl-prolyl bonds and is structurally homologous to FK506-binding proteins\(^10\). The C-terminal domain of TF is the substrate-binding domain (SBD), stabilized by a linker between the RBD and PPD domains (residues 114–149)\(^11\). The SBD forms the central body of the protein and has two helical arms that create a cavity (Arm1: residues 302–360, Arm2: residues 361–412).

In the absence of ribosomes, TF is known to exist in a two-state equilibrium between a monomeric and a dimeric form. The dissociation constant ($K_D$) of the dimer under physiological conditions is in the range 1–18 μM, as determined by multiple techniques\(^14, 15\). Since the cellular concentration of TF is 50 μM\(^5\), in the absence of excess concentrations of clients and ribosomes, the dimer is the dominant apo form of TF under physiological conditions, representing a pool of "resting state" molecules.

**Fig. 1** Domain organization of full-length TF and secondary structure elements in solution. **a** On the ribbon representation of a published TF crystal structure (PDB 1W26\(^8\)), the three domains ribosome-binding domain (RBD), substrate-binding domain (SBD), and peptidyl-prolyl-cis/trans isomerase domain (PPD) are colored in red, blue, and yellow, respectively. **b** Domain constructs of \textit{E. coli} TF used in this work. Six constructs of TF domains are shown with amino acid numbering corresponding to full-length TF. The names define a color code used throughout this work. **c** Secondary $^{13}$C chemical shifts plotted against the amino acid residue number of TF, as determined from triple-resonance experiments in the domain constructs SBD–PPD (green), RBD (red), and SBD (blue). A 1–2–1 weighting function for residues $(i–1)\rightarrow i\rightarrow(i + 1)$ has been applied to the raw data to reduce noise and highlight regular secondary structure elements. Secondary structure elements were calculated for the crystal structure (PDB 1W26, gray) with DSSP\(^12\) and for the NMR data with CSI 3.0\(^13\) and are indicated on top. The red arrows and boxes highlight structural elements detected only in solution.
**Table 1** Dimer dissociation constants $K_D$ (µM) of TF domain constructs

| Domain construct | AUC 100 mM KCl | SEC–MALs 100 mM KCl | 250 mM KCl | 500 mM KCl |
|------------------|----------------|---------------------|------------|------------|
| TF               | 3.3 ± 0.6      | 1.7 ± 0.2           | 9 ± 2      | 30 ± 8     |
| RBD–SBD          | 54 ± 6         | 72 ± 16             | >500       | >500       |
| SBD–PPD          | n.d.           | >1000               | n.d.       | n.d.       |
| RBD              | n.d.           | ≥1500               | n.d.       | n.d.       |
| SBD              | n.d.           | >1000               | n.d.       | n.d.       |
| PPD              | n.d.           | >5000               | n.d.       | n.d.       |

n.d., not determined

However, despite numerous studies, the spatial arrangement of TF in its dimeric form has remained unclear. Several atomic resolution structures of TF from different organisms (E. coli, Thermotoga maritima, Vibrio cholerae, Deinococcus radiodurans, and Mycoplasma genitalium) are available for the full-length protein8, 16, 17, as well as for its individual domains10, 11, 18, 19, in complex with the ribosome8, 20, or in complex with substrates17, 21. While the fold of the individual domains is essentially maintained in these available crystal structures, their relative orientation varies substantially. Different dimeric arrangements are observed, some or most of which may have arisen from crystal contacts, and no consistently recurring dimeric arrangement is observed. For example, the TF E. coli crystal structure (PDB 1W26) shows a network of crystal contacts formed by the same residues that form the substrate-binding cradle but does not show an apparent dimer interface8. Or, the T. maritima structure was determined both in apo form (PDB 3GU0) and in complex with the ribosomal protein S7 (PDB 3GTY), resulting in different arrangements17. Furthermore, the structure of V. cholerae TF was determined on a construct with a C-terminal truncation that was later shown to diminish the dimerization and also the chaperone activity22, 23. Additionally, the dimerization interface was characterized by fluorescence resonance energy transfer and cross-linking experiments, and a nearly perpendicular orientation between the monomers was proposed14, 24. Notably, all observed TF dimer arrangements except in the T. maritima holo structure are asymmetric. An independent possibility for dimer formation could be extrapolated from the crystal structure of the isolated RBD (PDB 1OMS), which forms symmetric dimers18, 25, and modeling the full-length structure on this template would result in a symmetric arrangement. Finally, published small-angle X-ray scattering (SAXS) measurements show a compact globular particle with a length of about 37 Å26. Overall, different models and suggestions are thus available for the structure of the TF dimer.

This work aims to determine the structural arrangement of the E. coli TF dimer in aqueous solution at the atomic level. A combination of solution Nuclear Magnetic Resonance (NMR) experiments together with biophysical methods revealed that the arrangement of the TF dimer is caused by a dynamic interaction between two monomers. Specific NMR distance constraints established the structure of the TF dimer. Two conformers are presented and the experimental strategy is described, which will be generally useful to describe dynamic protein complexes.

**Results**

The domain folds are preserved in solution. To obtain a structural description of the TF dimer, we characterized full-length TF and individual domain constructs by high-resolution NMR spectroscopy. The individual domains, as well as the bi-domain construct SBD–PPD, gave rise to well-dispersed and high-quality spectra, enabling backbone resonance assignment in a sequence-specific manner using triple-resonance experiments together with information from published assignments (Supplementary Figs. 1 and 2)21, 25. Since the domain folds are preserved in all available TF crystal structures, we decided to probe the integrity of individual folds in aqueous solution by calculating the secondary chemical shifts of the RBD, SBD, and SBD–PPD constructs and comparing them to the available TF crystal structure (PDB 1W26; Fig. 1c). Compared to the crystal structure, most of the secondary structure elements are maintained in solution, with two notable differences. As previously shown by Hsu and Dobson22, the third β-strand of the RBD is not detected in solution. This strand is at the edge of the β-sheet element of the RBD and is possibly disordered in solution. On the other hand, two short β-strand pairs are formed by residues 115–117 with 298–301, and by residues 181–183 with 192–195, respectively. The former segments face each other in the linkers connecting the RBD to the SBD and the linker between the SBD body and one of the arms. The latter are located within the PPD. Overall, the data show that the structures of the individual domains are maintained in solution.

The topology of the TF dimer. As a next step, we quantified the pairwise homotypic and heterotypic interactions of individual TF domain constructs. Size exclusion chromatography coupled with multi-angle light scattering (SEC–MALs) experiments were used to determine the homo-oligomerization of the constructs (Table 1 and Supplementary Fig. 3). The accessible range of protein concentrations was limited by the individual solubilities of the domain constructs and by the dilution factor of the SEC–MALs experiments. However, since MALS data for dimerization can be fitted with constrained values for the titration end point masses, $K_D$ values or lower limits thereof can be reliably obtained also from solubility-limited data sets. The data reveal that two of the six tested constructs, full-length TF and RBD–SBD, undergo a monomer–dimer transition in the micro-molar concentration range in solution, while the other four domain constructs, RBD, SBD, PPD, and SBD–PPD, do not homo-oligomerize in the concentration range analyzed. For the two constructs that form a dimer, TF and RBD–SBD, the respective dissociation constants $K_D$ were additionally measured by sedimentation equilibrium analytical centrifugation (AUC) and the values agree with those obtained by SEC–MALs. Under our experimental conditions, full-length TF formed a dimer with $K_D = 2.5 ± 1.1$ µM, and the RBD–SBD construct with $K_D = 63 ± 13$ µM, as averaged from the independent methods (Table 1). We also determined the impact of the buffer ionic strength on the dimerization (Supplementary Fig. 3 and Table 1). For both full-length TF and the RBD–SBD construct, the dimer affinity decreased with increasing potassium chloride concentration, indicating that the interaction includes substantial electrostatic components. Importantly, all these experiments were performed on protein constructs lacking any His6-purification tag. Preliminary SEC–MALs data collected for His6-tagged full-length TF showed that the presence of such tags artificially increases the dimerization affinity. In contrast to the wild-type, the His6-tagged construct was still completely dimeric at an elution concentration of 10 µM, which means, with a conservative estimate, its $K_D$ must be below 100 nM, at least one order of magnitude lower than for untagged full-length TF (Supplementary Fig. 4).

The heterotypic domain interactions were probed by solution NMR chemical shift titrations, in which one isotope-labeled domain was titrated with the second unlabeled domain (Fig. 2, Supplementary Table 1, and Supplementary Fig. 5). Out of six possible pairwise combinations of the domain constructs RBD, SBD, PPD, and SBD–PPD, two gave rise to detectable interactions in the micro-molar concentration range. Overall, the biophysical characterization of the domains thus yielded an interaction matrix, representing the dimer topology of TF (Supplementary Table 1).
These interactions of the TF domains are consistent with a single possible arrangement wherein the dimer of TF is formed by intermolecular contacts between the RBD of one protomer and the SBD of the other protomer, and that the resulting core interaction is mildly stabilized by the presence of the PPD.

The RBD is dynamic in the TF dimer. The NMR spectra of full-length TF share the notable feature that the resonances of the RBD are mostly absent, i.e., the 2D $[^{15}N, ^{1}H]$-TROSY spectrum of full-length TF is essentially a superposition of the two isolated domains SBD and PPD (Supplementary Fig. 6). In the spectrum, a single set of resonances was observed, indicating that the two protomers in the dimer are structurally equivalent at least for the SBD and PPD. A closer inspection of the full-length TF NMR spectrum, together with the sequence-specific resonance assignments, revealed that only 16 out of 108 expected resonances of the RBD are observed. Ten of these could be unambiguously assigned
Spatial domain positioning in the dimeric arrangement. To establish a structural model of the dynamic TF dimer, we obtained experimental constraints from two sources: chemical shift perturbation (CSP) experiments and paramagnetic relaxation enhancements (PRES). To this end, the contact interfaces of the interacting domains RBD and SBD were mapped by NMR CSP titrations (Fig. 2). Significant CSPs on the RBD were observed upon titrating with either SBD or with the bi-domain construct SBD–PPD. Significantly shifting resonances are, for example, residues E101, L336, and S389 (Fig. 2). Thereby, multiple peaks of the RBD disappeared beyond detection, with the effect being more pronounced in the titration with SBD–PPD. This result agrees with the spectroscopic observations on full-length TF, where only few peaks for the RBD are observable. On the SBD, large chemical shift changes were observed upon titrating RBD to either SBD alone or SBD–PPD, with the strongest changes located in the tips of the arms of the SBD (residues 323/331/335/336 and 376/380/386). The resonances of some residues in the SBD also broadened beyond detection, revealing the changes in local protein dynamics upon interaction. No CSP effect was observed in any of the titrations with the PPD only (Supplementary Table 1). These titration experiments establish the location of the main interaction surfaces in the individual domains for molecular docking.

To obtain atomic distance information on such a dynamic interaction with line-broadened peaks, the method of choice is the use of PRES. For these measurements, a spin label with a paramagnetic unpaired electron is introduced at selected sites into full-length TF, causing enhanced relaxation of the nuclear spins in its vicinity up to \(-25 \, \text{Å}\), and thus providing long-distance information (Fig. 4). In general, one possibility to detect purely intermolecular PRE distance information is the use of mixed samples, such as a 1:1 mixture of isotope-labeled (e.g., \(^{15}\text{N}\)) and spin-labeled protein (SL). However, the spectral analysis with these type of preparations is not straightforward because three types of dimers are present in solution (\(^{15}\text{N}\)/\(^{15}\text{N}\), \(^{15}\text{N}/\text{SL}\), and \(\text{SL}/\text{SL}\)) with overall decreased experimental sensitivity and a reduced averaged effect\(^{29}\). Our initial tests showed that the complicated NMR spectrum, the large molecular weight of TF with 432 residues, as well as its limited solubility make this approach not feasible for TF. Therefore, we decided to work with a sample containing a single species of uniformly isotope- and spin-labeled TF.

The positioning of the spin label was chosen as to maximize the available structural information. PRES were measured in TF samples with the spin label in the following positions: S30C, V49C, S61C, and S72C in the RBD, A223C in the PPD, and E326C in the SBD. Importantly, placing multiple probes at the line-broadened RBD was essential to obtain distance information between this domain and the other residues in the molecule, as the reverse experiment with detection on the RBD would not be meaningful. The PRE data were quantitatively analyzed for the residues in full-length TF with unambiguous assignment and non-overlapping peaks (Fig. 4). For consecutive polypeptide segments, the observed PRE effects were then classified by comparing the measured interspin distances with the known domain structures. Those PRES that could be explained based on the monomeric structure were classified as intramolecular (highlighted in green on Fig. 4) and all remaining PRES as intermolecular effects (highlighted in orange on Fig. 4). Among the multiple long-range distance contacts observed, the most striking one was verified between the spin-labeled residues V49C or S61C in the RBD and the inner surface of the PPD (regions connected by exchange rate constants on the intermediate timescale.
around residues 165, 190, and 220). These regions are far apart in the TF monomer structure but close in the dimer, independently confirming the previous conclusion that the PPD of one protomer is in close spatial contact with the RBD of the other protomer.

**Structure of the TF dimer.** The experimental data from the CSP and PRE measurements were then used to calculate structural conformers of the TF dimer. Based on the domain folds of the crystal structure 1W26, which we had validated by secondary chemical shift analysis, we employed a two-step procedure consisting of a CSP-based docking followed by PRE-driven annealing (Fig. 5a). For the first calculation step, the docking algorithm HADDOCK2.2b was employed, using the CSP data between the RBD and the SBD as input, together with C2 symmetry restraints for the two protomers (Supplementary Table 2). The output of the HADDOCK calculation contained two structural clusters with similar target energy function and overall identical domain topology (Fig. 5b). In conformer 1, the RBD locates inside the cavity formed by the SBD arms. In this structure, the ribosome-binding site is completely occluded inside the SBD cavity. In conformer 2, the RBD of one protomer lies on top of the tips of the arms of the SBD of the other protomer, with the ribosome-binding motif in close contact with one of the arms.

In the second calculation step, the results from HADDOCK together with the PRE data were used as input for the structure calculation software XPLOR-NIH23 (Supplementary Table 3). Based on the experimental confirmation that the individual domains feature the secondary structure elements known from the crystal structure, a set of distance restraints were introduced to maintain the geometry of these elements, referred to as elastic fold network (EFN) constraints. The medium-range PRE restraints were used as intra- and intermolecular, and the long-range PRE restraints were used as intra- and intermolecular. Thereby, approximately 75% of the 521 PRE restraints were intermolecular, providing sufficient information for the calculation of the arrangement of the protomers. Both calculated structural conformers share the same overall topology and each fits the experimental data similarly (Fig. 5c and Supplementary Table 4). In both models, the SBD preserves the relative position of its architectural elements, thus maintaining the central cavity. Comparing with the crystal structure 1W26, the PPD rotates toward its own SBD by 47° and 24 Å in model 1, and by 17° and 25 Å in model 2, getting close to the RBD of the other monomer. In model 2, the RBD sitting on top of the SBD arms after the docking step has the loop that contains the ribosome-binding site (residues 42–49) located between the SBD arms after the XPLOR annealing. Notably, the conformers each fulfill a large majority, but not exactly all experimental constraints (Supplementary Table 4). We thus propose that these two structures describe two representative conformers in the conformational equilibrium of dimeric TF.

**Experimental validation of the models.** To validate the structures and their interaction mode, we created variants of TF with amino acid residue mutations at selected positions in the dimer domain interfaces. On the basis of a TF variant with reduced ribosome binding9, we introduced three sets of mutations, either isolated or in combination. The mutation sets mutB and mutC, previously described by Saio et al.21, are located in one arm and the neck region of TF, respectively, while a newly designed set of mutations, mutD, was chosen to be located at the other arm (Supplementary Fig. 7a). The mutant mutB has four hydrophobic amino acids substituted by alanines in Arm2 and mutC has a single hydrophobic amino acid substituted in the SBD cavity. These mutants were previously shown to have reduced chaperone activity in the form of lower anti-aggregation activity21. The mutant mutD has two charged residues mutated to alanines in Arm1. All mutants were expressed, purified, and their

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**Fig. 4** Domain contacts in the full-length TF dimer. Result of PRE experiments with a paramagnetic spin label attached to one of the positions S30, V49, S61, S72, A223, and E326 in full-length TF measured in sample buffer (20 mM K-phosphate pH 6.5, 100 mM KCl, 0.5 mM EDTA) at 25 °C and 700 MHz. The peak volume ratio between oxidized and reduced samples from 2D [15N,1H]-TROSY is plotted against the residue number. For visualization purposes, a value of 0.15 is shown for the peaks that were broadened beyond detection in the paramagnetic sample. Data are shown only for non-overlapping resonances. The black line outlines the PRE effect observed for each mutant. The orange-shaded regions correspond to intermolecular PRE and the green shaded to intramolecular effects, as expected from the monomeric crystal structure (PDB 1W26). The colored bars on top show the sequence domain organization as in Fig. 1.
monomer–dimer equilibrium analyzed by SEC–MALS (Supplementary Fig. 7 and Supplementary Table 5). All three mutant sets weakened the dimer affinity, with mutC and mutD having a moderate effect, while mutB completely abrogated the dimerization, resulting in monomeric protein even at the highest examined concentration. As expected from their distant location in the structure, the mutation sets mutC and mutD showed additive effects in the dimerization as their joint incorporation lead to a further weakened affinity (Supplementary Table 5). Finally, an inspection of the 2D [15N,1H]-TROSY NMR spectra of the mutant TF proteins showed that the monomerization directly lead to the appearance of the resonance peaks of the RBD (Supplementary Fig. 8), in full agreement with the finding that the line-broadening of the RBD is caused by the exchange dynamics of the RBD inside the SBD cavity. In the spectra of mutB and mutB + mutC, all resonances of the RBD, except G95 and A27, could be identified; the latter resonances are however already quite weak in isolated RBD. This appearance of RDB signals is highlighted for residue Ile19 (Supplementary Fig. 8). Overall, on the one hand, the structural location of the mutation sets validates the contact sites of the dimer and thus our structural conformers. On the other hand, the observation that the same mutations which are known to decrease the chaperoning activity of TF also lead to monomerization, confirms that the dimerization between two TF molecules arises from client-like in trans self-interactions.

Discussion
The experiments presented in this work have resolved the long-standing question about the spatial arrangement of the dimeric form of E. coli TF in solution. The dimer arrangement is dynamic, with the two RBD domains populating a conformational ensemble in the center of the complex. The arrangement results from intermolecular in trans interactions of the TF client-binding site with the RBD. In the absence of clients, TF is in three-state equilibrium between a ribosome-bound, a monomeric, and a
dimeric form (Fig. 6). The structure of the dimer is a dynamic conformational equilibrium. Importantly, the dimeric structure provides an explanation why the TF dimer, which has an apparent dimeric affinity of 2.5 μM, can be monomerized by clients with weaker affinities, such as different PhoA-derived model substrates with affinities in the range ~2–14 μM. Since the dimerization affinity results from two weaker interactions between the SBDs of each protomer and the RBDs of the respective other by avidity, monomerization can be readily achieved by a client with weaker global, but higher local affinity. Clients with weaker affinity than the local interaction will however not bind. The dimeric state thus also provides a selectivity filter for very weakly interacting clients, protecting the TF client sites from promiscuous binding.

Our methodological approach to describe the structure of the TF dimer is adapted to the dynamicity of the complex, where the RBD adopts a dynamic ensemble state, rather than a single conformation. Intermolecular nuclear Overhauser effects (NOEs) of dynamic ensembles can be difficult or impossible to interpret, and in such situations, PREs are thus the method of choice to obtain intermolecular spatial correlations. Importantly, despite the observability of the RBD by NMR, positioning paramagnetic probes in this domain allowed measuring intermolecular distances between this otherwise invisible domain and the others. Together, the CSP and PRE data then allowed the determination of two structural models of the TF dimer in solution using the software packages HADDOCK and XPLOR-NIH. Refinement of the docking models with restraints that maintain the fold of each domain led to two models that have overall similarity and that fulfill a large majority, but not exactly all experimental constraints. The two conformers are thus a first-order approximation to describe the conformational ensemble of TF dimer. With further experimental data that may potentially be available from additional experiments, it may become interesting to calculate a refined ensemble of the TF dimer with more representative conformers in the future.

When comparing the dimer structure to the available crystal structures, a similarity to the arrangement of the holo structure of T. maritima TF is directly observed. In that structure, two molecules of TF associate and bind two natively folded molecules of the substrate S7, one residing inside each SBD cavity. It was also observed that in both apo structures from T. maritima and E. coli, the RBD of a symmetry-related molecule is bound within the SBD cavity. The observed flexibility, together with the dynamic behavior at the interface, may provide a rationale for why it has so far not been possible to crystallize the dimeric form in the biologically relevant conformation. Furthermore, the high flexibility of the linker between SBD and PPD observed by the conformers is in full agreement with a recent cryo-EM study of TF bound to ribosomes and nascent chains, where the position of the PPD had to be adjusted by 24° rotation toward the SBD to fit on the density map, as well as with recent molecular dynamics studies showing that the domains maintain their secondary structure during simulations, but that the linkers between the domains are quite flexible.

A recent study on the mechanism of recognition between multiple chaperones and the client protein Im7 indicated that chaperones identify locally frustrated regions on client proteins. We analyzed the frustration of the TF crystal structure to rationalize why TF forms dimers, and why the RBD binds in the substrate binding cavity (Fig. 6b). Several distinct regions of the protein are shown to be highly frustrated, namely the RBD loop containing the signature motif, the tips of the SBD arms, and the substrate binding cavity (Fig. 6b). Several distinct regions of the protein are shown to be highly frustrated, namely the RBD loop containing the signature motif, the tips of the SBD arms, and the substrate binding cavity. The frustration of these regions suggests that the release of frustration energy is a driving force behind the TF dimer formation (Fig. 6b). This force contains both hydrophobic and electrostatic components, in agreement with our salt-concentration-dependent SEC–MALD experiments. TF recognizes the frustrated RBD in the absence of the ribosome as if it was a client protein. The in trans self-interaction of TF thus follows general laws of chaperone–client interactions.

**Methods**

**Protein preparation.** TF (full length, residues 1–432) was cloned from E. coli genomic DNA with NdeI and NotI restriction sites and ligated into a pET28b expression vector containing a thrombin-cleavable N-terminal His tag. All primer sequences used in this work are shown in Supplementary Table 6. B. RBD (residues 1–117) was constructed by introducing a stop codon at position 118 by site-directed
and mutB–mutD were introduced, either as single sets or in combination. The mutation sets mutB–mutD defined by site-directed mutagenesis. The expression and purification of TF(F44A, R45A, K46A), which is de-identified in the sample, and the protein was expressed as inclusion bodies. Lemo (Novagen) cells were used, and the protein was expressed as inclusion bodies.

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calculated relative to the random coil value48. Titrations followed by 2D $^{15}$N,$^{1}$H-TROSY were performed between the monometric constructs RBD, SBD, PPD, and SBD–PPD. The initial concentrations were 250 μM for SBD–PPD and 100 μM for the other constructs. The chemical shift changes of the amide resonances in the 2D $^{15}$N,$^{1}$H-TROSY spectra were calculated according to Eq. 2:

$$
\Delta \delta \text{HN} = \sqrt{(\Delta \delta (\text{HN}))^2 + (0.2 \times \Delta \delta (\text{N}))^2}
$$

(2)

PRE experiments were performed on $[^{15}$N,$^{1}$H]$^{2}$U–H–TROSY spectra at 300 μM. A 2D $^{15}$N,$^{1}$H–TROSY spectrum was first measured in the paramagnetic state, and after addition of ascorbate to the sample, the diamagnetic reference was measured (Supplementary Fig. 9). The volume of well-resolved peaks was measured with NEASY and used to calculate PRE rates (Supplementary Table 1) that were further converted into distances (Eq. 4)30.

$$
V_{\text{peak}} = \frac{\mu}{2} \langle S^2 \rangle \text{PRE} \langle 4r \rangle_{\text{PRE}}
$$

(3)

where $r$ is the distance between the electron and nuclear spins, $\tau_c$ is the correlation time for the electron–nuclear interaction (the approximation was made that $\tau_c$ is equal to the global correlation time of the protein determined by $[^{15}$N,$^{1}$H]–TROSY at 20°C). The EFN restraints were created with crystallography and NMR system (CNS) for each monomer in both HADDOCK models, following the selection rules of the EFN method53, 54. EFN restraints differ from DEN in each monomer in both HADDOCK models, following the selection rules of the EFN method53, 54. EFN restraints were created with crystallography and NMR system (CNS) for both monomers8. The EFN restraints maintain the domains folded by constraining distances between the domains (Eq. 4)50:

$$
\mu = \sqrt{(\Delta \delta (\text{HN}))^2 + (0.2 \times \Delta \delta (\text{N}))^2}
$$

(2)

PRE restraints were introduced as distances between the PRE correlates for the residues 112–121 and 234–243, respectively, and $\tau_c$ is the global lifetime of the dimer (t). See Supplementary Note 1 and Supplementary Figure 10 for a derivation of this equation. Reference experiments, in which non-spin-labeled TF (instead of spin-labeled TF) was added to $[^{15}$N,$^{1}$H]$^{2}$U–H–TROSY spectra with an experimental time of 60 s were acquired. The measurements were performed in 3 mm NMR tubes on an 800 MHz Bruker AVANCE III HD spectrometer equipped with 3 mm CP-TCP probe. The values for $\tau_c$ were obtained by fitting the relaxation time of a single spin (20°C, 150 s (25°C, 30°C), 160 s (15°C, 35°C), respectively, for the temperature-dependent measurements. For analysis of the data, the 1D proton signal intensity was integrated over the region 7.0–8.5 ppm using Topspin 3.5 (Bruker Biospin). The data were fitted by least-square minimization of the equation

$$
I(t) = \frac{I_0}{(1 + (t/T_1)^2)}
$$

where $I_0$ and $I$ are the NMR signal intensities at t = 0 and $t$, respectively, and $I$ is the global lifetime of the dimer (t). See Supplementary Note 1 and Supplementary Figure 10 for a derivation of this equation. Reference experiments, in which non-spin-labeled TF (instead of spin-labeled TF) was added to $[^{15}$N,$^{1}$H]$^{2}$U–H–TROSY spectra with an experimental time of 60 s were acquired. The measurements were performed in 3 mm NMR tubes on an 800 MHz Bruker AVANCE III HD spectrometer equipped with 3 mm CP-TCP probe. The values for $\tau_c$ were obtained by fitting the relaxation time of a single spin (20°C, 150 s (25°C, 30°C), 160 s (15°C, 35°C), respectively, for the temperature-dependent measurements. For analysis of the data, the 1D proton signal intensity was integrated over the region 7.0–8.5 ppm using Topspin 3.5 (Bruker Biospin). The data were fitted by least-square minimization of the equation

$$
I(t) = \left\{ \begin{array}{ll}
0 & \text{for } t < \frac{1}{2} \tau \\
\frac{I}{(1 + (t/T_1)^2)} & \text{for } t \geq \frac{1}{2} \tau
\end{array} \right.
$$

where $I_0$ is the global lifetime of the dimer (t). The theoretical values of $I$ and $I_0$ were used for the calculation of the relaxation times. The structure calculation protocol was derived from the structure calculation protocol was derived from the XPLOR-NIH gb1/anneal.py template script. The simulation was repeated 100 times and the 10 lowest energy structures were further refined in explicit solvent using gb1/relax.py script (Supplementary Table 3). The calculations were performed in torsion angle space except for initial and final minimization. The potential energy of the TF dimer was modeled by standard XPLOR-NIH bonded (bond, angle, dihedral and improper terms) and non-bonded (van der Waals) potentials. The symmetry of the dimer was imposed by using distance symmetry and NCS restraints. The local geometry of TF domains was maintained by the EFN distance restraints. Water refinement was done using OPLS parameters and the XPLOR-NIH Ramachandran potential (backbone dihedral angle database).

Data availability. The two TF dimer conformers have been deposited in the PDB as entries 5OWI and 5OWJ and the NMR resonance assignments to the BMRB with accession codes 27239 and 27242. All other relevant data are available from the corresponding author upon reasonable request.

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Author contributions
L.M. and T.S. performed biophysical experiments. L.M. and B.M.B. conducted all other experimental work. L.M. and A.M. performed structure calculations. All authors analyzed and discussed the data. L.M., B.M.B., and S.H. designed the study and wrote the paper.

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