Grasses and legumes in mixture: an energy intercropping system intended for anaerobic digestion

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Abstract

Batch testing of biomethanization was conducted on organic matrices from a mixture of grasses (triticale and barley) and legumes (field bean - Vicia faba L. var. minor). These tests were performed in mesophytic conditions (35°C) on previously chopped and ensiled biomass. The three crops have been cultivated in Southern Italy (Puglia region), both as single-crops and intercropping between triticale or barley and field bean, in different mixture combinations, during the season 2009-2010. Emphasis was placed on the determination of the chemical composition of feedstock from the three single species and their different intercropping ratios, mowed at two subsequent stages (milk and dough development of grasses), also assessing their consequent biogas and methane potential yields after silage. Seven overall treatments have been compared: the three species in monoculture (triticale, barley and field bean, respectively); two mixtures between triticale and field bean (with triticale at 70 and 50%, respectively); two mixtures between barley and field bean (again with barley at 70 and 50%, respectively). Immediately after cutting and for the next 90 days, biomass samples were closed into plastic mini-silos, each having a 5-L capacity, in order to simulate the silage process. Thereafter, the batch testing was performed and biogas and methane production have been determined, with respect to the main chemical characteristics of the chopped and ensiled biomass samples, able to affect biogas and methane yield. Considering the single-crop treatments the highest biogas per hectare production has been found with respect to triticale (8737.1 nm3 ha–1) and barley (8837.6 nm3 ha–1), at the first and second harvesting stage, respectively. Concerning grass-legume intercropping, the highest biogas yield (8635.0 nm3 ha–1) was observed with reference to the 70:30 mixing ratio, specifically on barley mowed at the milk development stage. The methane content in the biogas ranged from 61.1% (on a 50:50 mixing ratio of barley at the milk stage) to 53.7% (on a barley monoculture at the dough stage).

Introduction

Anaerobic digestion (AD) is the process of organic matter decomposition by a microbial consortium in an oxygen-free environment resulting in biogas. Biogas obtained from agricultural feedstock is generally composed of 48-65% methane, 36-41% carbon dioxide, up to 17% nitrogen, 32-169 ppm hydrogen sulphide and traces of other gases (Kala, 2011; Ward et al., 2008). Biogas from biomass might ensure new opportunities for the agricultural sector and provide additional farm income. Moreover, AD can also be considered a favourable form of waste management including agricultural, municipal, food industry wastes as well as fresh plant residues. Another remarkable advantage of AD is that the digestion effluent (digestate) can be used as a valuable fertiliser for agricultural crops.

Biogas can be produced from a wide range of energy crops; differently from feedstock derived from residues and waste, in this case biogas production has a higher demand for arable land. Therefore, the aim to achieve is the highest possible methane yield per unit of agricultural area (m3 ha–1). This overall methane yield consists of two multiplicative factors (Prochnow et al., 2009): the biomass organic dry matter yield (kg ODM ha–1) and the feedstock specific methane yield (m3 kg ODM –1). To ensure a sustainable biomass production from energy crops, they need to be grown in ecologically balanced and diversified crop rotation systems. With respect to energy crops, intercropping can represent a key factor in improving the efficiency of cultivation systems (Vandermeer, 1989; Pristeri et al., 2006). In particular, intercropping of grasses with legumes has a large application for the production of fodder and forage, the two species being complementary in the use of nitrogen (Jensen, 1996). Generally, grass-legume intercropping shows a more efficient use of nutrients and other ecological resources than their corresponding sole-crops (Hauggaard-Nielsen et al., 2006). Legumes provide various benefits to agricultural soils, such as increase soil nitrogen content, improve soil structure, lessen the incidence of pests and diseases, boost soil stability and prevent its erosion (Senaratne and Hardarson, 1988; Chalk, 1998).

Key factors for a high biogas potential yield are, therefore, the prop-
ger choice of crop species and varieties and their nutrient composition (Amon et al., 2006, 2007; Herrmann et al., 2007). The development stage at the time of herbage mowing can significantly affect the biomass water content, the amount of dry biomass harvestable and its biochemical composition. Crude proteins, crude fats, crude fibres, cellulose, hemicelluloses, starch and sugars markedly influence the production of methane (Amon et al., 2002, 2004; Balsari et al., 1983). The most suitable feedstock should be very rich in easily degradable carbohydrates, such as sugars, but poor in hemicelluloses and lignin, which have low biodegradability (El Bassam, 1998). Protein microbial degradation produces nitrogen in the form of ammonia; its concentrations below 200 mg/L are beneficial, since nitrogen is an essential microbial nutrient (Liu and Sung, 2002), however, high total ammonia level (from 1.7 to 14 g/L) can lead up to 50% reduction in methane production (Chen et al., 2008; Sung and Liu, 2003).

The focus of the present research was to determine optimal mixtures of herbage crops as feedstock for AD through biomass ensiling, in order to increase the specific methane yield and methane yield per agricultural surface unit. More specifically, the objectives of the research were: i) to assess methane production of different crop and inter-cropping systems (two winter grasses and a legume); ii) to evaluate the effects of two different mowing stages on biomass production and its biochemical composition, also detecting the corresponding methane yield with respect to different feedstock mixtures; iii) to statistically characterize the quality of feedstock (according to its biochemical composition) with respect to the experimental treatments (crop system and mowing stage).

Materials and methods

Site characteristics and treatments

The field trial was carried out during the growth season 2009-2010 in an agricultural area of Southern Italy (Ascoli Satriano: 41°14’ N, 15°30’E, altitude 283 m asl). The climate of this area is typical of a Mediterranean region with a long-term average of annual rainfall equal to 550 mm, mainly concentrated between October and April. The growth season of the crops was: i) triticale (Triticum aestivum L. x Triticosecale W. c. Catrria) and field bean (Vicia faba L. var. minor cv. Chiaro di Torrelama) were cultivated as single-crops and as grass-legume mixtures in two seeding ratios (i.e., 70:30 and 50:50 by weight); ii) to evaluate the effects of two different mowing stages on biomass production and its biochemical composition, also detecting the corresponding methane yield with respect to different feedstock mixtures; iii) to statistically characterize the quality of feedstock (according to its biochemical composition) with respect to the experimental treatments (crop system and mowing stage).

Measurements and analytical methods

Prior to anaerobic digestion experiments, each feedstock sample was analysed according to the following standard methods. Moisture content was determined by drying at 105°C until constant weight was reached. The ash content (Xa) was determined using an infrared combustion at 550°C for 6 h (AOAC, 1990). pH was measured with the electrode PH & Ion-Meter GLP22+ after homogenizing 5 g of sample with 100 mL distilled water for a period of 30 min.

Further analysis an adequate amount of feedstock was dried at a temperature of 60°C and grinded in a cutting mill. The C:N ratio was determined using an elemental analyser (vario EL, Analysen systeme GmbH, Hanau, Germany) operating according to the principle of catalytic combustion under the supply of oxygen at high temperatures. Elemental analysis was conducted according to the Dumas method (DIN, 2006-07). Total nitrogen (TN) was determined using the Kjeldahl method (AOAC, 2000), quantifying the amount of nitrogen using a selective ammonium electrode. Crude protein content (XP) was then calculated by multiplying TN by the coefficient 6.25. Ether extract (XL) was measured after an extraction procedure on the sample with a Soxhlet device (AOAC, 1990). Starch content (XT) was quantified.

Table 1. Experimental treatments resulting from the factorial combination of seven cropping systems and two mowing stages.

| MS* | CS* |
|-----|-----|
| H1  | L100 (H1) T100 (H1) L010 (H1) T50-L0 (H1) T70-L0 (H1) B70-L0 (H1)  |
| H2  | L010 (H2) L100 (H2) T010 (H2) T50-L0 (H2) T70-L0 (H2) B70-L0 (H2)  |

*First mowing stage (H1) and second mowing stage (H2); 100% triticale (T100); 100% barley (B100); 100% field bean (L100); 70% triticale and 30% field bean (T70-L0); 50% triticale and 50% field bean (T50-L0); 10% barley and 10% field bean (B70-L0); 10% barley and 50% field bean (B50-L0); CS, cropping systems; MS, mowing stages.
according to the method of saccharification using hydrochloric acid (Balestrieri and Marini, 1996). Sugar (XZ) was extracted from 10 g of raw material in 100 mL of distilled water (Dolciotti et al., 1998). After filtration the amount of water soluble carbohydrates was quantified according to Fehling method (De Clerk, 1963). Neutral-detergent fibre, acid-detergent fibre, hemicellulose (HC), cellulose (CL) and acid-detergent lignin (ADL) were analysed according to the detergent system procedure (Goering and van Soest, 1970). Crude fibre (XF) was analyzed according to the Weende methods (AOAC, 1990).

Anaerobic digestion batch testing

Biogas and methane production was detected through an anaerobic digestion batch testing procedure, according to DIN 38414 (1985). The layout of the equipment used to perform such tests is shown in Figure 1. The system was composed by 8 two-L bioreactors, a gasometer for measuring the produced biogas and a biogas analyzer (GA2000Plus, Geotechnical instruments, Warwickshire, UK). A programmable logic controller allowed the automatic regulation of the procedure. Each bioreactor was equipped with probes to check and record the main parameters of the anaerobic digestion process (pH, temperature, redox potential, etc.). The tests were carried out in water at a controlled temperature in mesophilic conditions (35±1°C). The starter (inoculum) was collected from a biogas plant, co-digesting corn-silage and cattle-slurry at the same temperature conditions. The ratio between chopped feedstock and starter was 1:2 (on dry basis). The yield of methane from each treatment was evaluated in three replications. The main chemical characteristics of the starter are reported in Table 2. A batch test was also performed on the starter alone, i.e. without any feedstock, in order to determine the baseline. Indeed, the methane yielded from this latter test was routinely subtracted from the methane production of each other treatment. The batch fermentation tests were carried out until methane production was negligible (the daily biogas yield was equivalent to only 1% of the total biogas produced until that time). On this respect, a running time of 45 days was considered appropriate. The produced biogas was continuously collected in a gas-meter and daily measured.

Statistical data analysis

The measured data from each of the response variable were statistically processed through analysis of variance (ANOVA), according to the applied experimental design and considering the two experimental factors, CS and MS, in factorial combination. When significant effects were detected (P<0.05), means multiple comparison was performed according to the Tukey’s test (honestly significant difference).

Furthermore, the variables related to the chemical composition of silage were jointly considered in a multivariate approach and statistically processed applying a canonical analysis with the two experimental factors (CS and MT) as discriminating sources (Sadocchi, 1981; Stagnari et al., 2007). The first two canonical variables, accounting for the larger part of the data variability, were considered for further data interpretation. All data were analysed by software JMP (SAS Institute Inc., Cary, NC, USA) package version 8.2.

Results

Weather conditions

The rain amount recorded during the trial (November 2009 to June 2010) was 449.5 mm and the average maximum and minimum temperature were 17.4°C and 7.3°C (Figure 2).

Harvesting was performed at milk and dough development stages of grasses, during the first (I-05) and third (III-05) decade of May, when the maximum and minimum temperatures were 21.9°C-11.2°C and 26.4°C-12.7°C.

![Figure 1. Layout of the equipment used in the batch testing procedure.](image1)

![Figure 2. Time course of the minimum and maximum air temperatures and rainfall, from sowing to harvesting, considering subsequent 10-day periods during the growing season.](image2)

| NS | N (% DM) | C (% DM) | C/N (-) | pH (-) | DM (% FM) | VS (% DM) |
|----|----------|----------|---------|--------|-----------|-----------|
| 7  | 6.1 (0.4)| 29.2 (2.3)| 47 (0.5)| 7.6 (0.6)| 2.9 (0.4) | 51.7 (0.9) |

NS, number of samplings; N, nitrogen; C, carbon; DM, dry matter; C/N, ratio; FM, fresh matter; VS, volatile solids. In brackets standard deviations are reported.
Fresh and dry matter yield

The ANOVA results on fresh (FM) and dry matter (DM) of biomass, are reported on Table 3. CS and MS had a significant effect either alone and in interaction.

Biomass FM decreased from the first (H1) to the second (H2) harvesting stages but displaying a different trend with respect to treatments. The highest FM value at H1 was in L100 (48.1 mg ha\(^{-1}\)), also confirmed at H2 (40.3 mg ha\(^{-1}\)). Considering the two grass species in monoculture, barley (B100) showed a higher productivity than triticale (T100) at H1, while the reverse condition was observed at H2. This behaviour was also recorded with respect to the intercropping treatments, but with a decreasing effect as the rate of grasses in the mixture decreased (from 70% to 50%). The lowest FM value was recorded at H2 with respect to B100 (29.5 mg ha\(^{-1}\)), a value not statistically different from the other grass-legume mixtures harvested at H1.

Biomass DM generally decreased in proportion to the amount of legume in the mixture: it was higher with respect to grasses in monoculture (T100 and B100) and progressively lower across the 70:30 and 50:50 mixing ratios, to reach the lowest recorded value in L100, both at H1 and H2 (8.8 and 9.3 mg ha\(^{-1}\), respectively). H1 was generally more productive than H2. The highest DM value at H2 was observed in T100 (13.6 mg ha\(^{-1}\)), not significantly different from B100 (13.3 mg ha\(^{-1}\)). Still considering H2, the B70-L30 treatment showed a significantly higher DM value (12.7 mg ha\(^{-1}\)) with respect to the other 70:30 mixing treatment, thus accounting for the significance of the interaction CS x MS.

Similarly to DM, DM content (g kg\(^{-1}\)) decreased with an increasing percentage of legume in the mixture; this trend was especially noticeable at H2 compared to H1 and, considering H2, more relevant for barley (B) than for triticale (T). The highest recorded value was for B100-H2 (451 g kg\(^{-1}\)), while the lowest one was for L100-H1 (182 g kg\(^{-1}\)).

Chemical composition of the ensiled biomass

Table 4 shows the average chemical composition of the ensiled biomass (expressed on dry basis), DM with respect to the two experimental factors, CS and MS, as well as their interaction.

XA content showed the highest values in legume as a single-crop (L100), irrespective of the two mowing stages (106.9 and 109.6 g kg\(^{-1}\) at H1 and H2 respectively). Lower values were considered for the other treatments, specifically T70-L30 at H2 (62.6 g kg\(^{-1}\)).

The pH values significantly increased from the first (H1) to the second (H2) harvesting. L100 at H1 showed the highest value (7.1) while L100 at H2 the lowest (5.2). At H1, pH values were relatively stable across treatments; differently, at H2, they progressively increased with an increasing legume ratio in the mixture; this behavior was sharper for barley than triticale.

CL concentration was, on average, higher at H1 than at H2 (85.2 vs 77.9 g kg\(^{-1}\)). Its value was higher for legume as a single-crop (129.6 g kg\(^{-1}\)) and gradually decreased with the reduction of the legume in the mixture, reaching its lowest value for T100 and B100 (68.7 and 62.4 g kg\(^{-1}\) respectively).

XF showed the highest values for single-legume (L100), irrespective of the two mowing stages (424.7 and 417.5 g kg\(^{-1}\) at H1 and H2 respectively). Considering the other treatments, the fibre content usually decreased from the first to the second harvest (H1 vs H2) and from triticale to barley (T vs B). Differently from the general behavior, at H1, treatment B70-L30 showed a fibre content higher than the corresponding T70-L30.

CL content was significantly affected by the mowing stage: higher values indeed were detected at H1 compared with H2 (594.6 and 496.1 g kg\(^{-1}\) on average, respectively). Again, single-legume (L100) showed a higher CL content than all the other treatments (613.2 g kg\(^{-1}\)).

Concerning to HC content, the only significant effect was due to the MS factor; the average HC values of the two harvest stages were 139.8 and 190.2 g kg\(^{-1}\) at H1 and H2, respectively.

ADL content decreased, on average, from H1 to H2. Considering the grasses in monoculture, at H2, B100 was significantly higher (27.7 g kg\(^{-1}\)) than the expected values. At H1, pure legume (L100) showed the highest ADL value, statistically different with respect to all the other treatments, while triticale in mixture showed quite higher values than in monoculture, higher than the other intercropping treatments.

With respect to carbon-nitrogen ratio (C/N), a general trend of decreasing C/N values with a decreasing grass contribution to the mixture was remarked, along with a slight tendency to higher C/N values at H1 compared to H2. An unexpectedly high C/N value (45.9) was

| Treatments | FM [mg ha\(^{-1}\)] | DM [mg ha\(^{-1}\)] | DM content [g kg\(^{-1}\) FM] |
|------------|-------------------|-------------------|-----------------------------|
| CS         |                   |                   |                             |
| T100       | 37.0\(^{c}\)       | 13.0\(^{b}\)       | 353\(^{ab}\)                |
| B100       | 36.4\(^{bc}\)      | 12.9\(^{a}\)       | 370\(^{d}\)                |
| L100       | 44.2\(^{a}\)       | 9.0\(^{a}\)        | 206\(^{e}\)                |
| T70-L100   | 34.0\(^{c}\)       | 10.9\(^{b}\)       | 322\(^{c}\)                |
| T70-L200   | 35.5\(^{bc}\)      | 10.6\(^{a}\)       | 302\(^{d}\)                |
| B70-L100   | 35.4\(^{c}\)       | 12.1\(^{b}\)       | 347\(^{b}\)                |
| B70-L200   | 35.2\(^{bc}\)      | 10.3\(^{a}\)       | 295\(^{d}\)                |
| MS         |                   |                   |                             |
| H1         | 40.3\(^{a}\)       | 10.92\(^{b}\)      | 274\(^{b}\)                |
| H2         | 33.4\(^{a}\)       | 11.63\(^{b}\)      | 353\(^{d}\)                |
| CS x H     |                   |                   |                             |
| T100 (H1)  | 38.8\(^{cd}\)      | 12.4\(^{d}\)       | 319\(^{de}\)               |
| B100 (H1)  | 43.4\(^{b}\)       | 12.8\(^{c}\)       | 290\(^{d}\)                |
| L100 (H1)  | 48.1\(^{a}\)       | 8.8\(^{b}\)        | 181\(^{b}\)                |
| T70-L100 (H1) | 35.3\(^{bc}\) | 10.5\(^{b}\)       | 299\(^{b}\)                |
| T70-L200 (H1) | 38.5\(^{d}\) | 10.3\(^{b}\)       | 269\(^{d}\)                |
| B70-L100 (H1) | 38.9\(^{cd}\) | 11.6\(^{d}\)       | 300\(^{d}\)                |
| B70-L200 (H1) | 39.1\(^{cd}\) | 10.2\(^{b}\)       | 261\(^{d}\)                |
| T100 (H2)  | 35.2\(^{de}\)      | 13.6\(^{b}\)       | 387\(^{b}\)                |
| B100 (H2)  | 29.5\(^{f}\)       | 13.0\(^{b}\)       | 451\(^{d}\)                |
| L100 (H2)  | 40.3\(^{c}\)       | 9.3\(^{a}\)        | 231\(^{c}\)                |
| T70-L100 (H2) | 32.7\(^{c}\) | 11.2\(^{d}\)       | 344\(^{c}\)                |
| T70-L200 (H2) | 32.5\(^{f}\) | 10.9\(^{e}\)       | 336\(^{f}\)                |
| B70-L100 (H2) | 32.1\(^{d}\) | 12.7\(^{de}\)      | 395\(^{b}\)                |
| B70-L200 (H2) | 31.3\(^{f}\) | 10.3\(^{b}\)       | 329\(^{d}\)                |

Significance

CS *** *** ***
MS *** *** ***
CS x H ** *** ***

\(^{a}\)In each column, means followed by equal letters are not significantly different for P≤0.05 (Tukey’s test). \(^{*}\)P≤0.05; **P≤0.01; ***P≤0.001. FM, fresh matter; DM, dry matter; CS, cropping systems; MS, mowing stages.
Table 4. Effects of cropping systems and mowing stages, in factorial combination, on the chemical composition of biomass.

| Treatments° | XA [g kg⁻¹ DM] | pH [-] | XP [g kg⁻¹ DM] | XF [g kg⁻¹ DM] | CL [g kg⁻¹ DM] | HC [g kg⁻¹ DM] | ADL [g kg⁻¹ DM] | C/N [-] | XL [g kg⁻¹ DM] | XT [g kg⁻¹ DM] | XZ [g kg⁻¹ DM] |
|-------------|----------------|-------|----------------|----------------|----------------|----------------|----------------|--------|---------------|---------------|---------------|
| CS          | ***            | ***   | ***            | ***            | ns             | ***            | ***            | ***    | ***           | ***           | ***           |
| T100        | 81.2b          | 5.8c  | 68.7c          | 338.5c         | 522.4c         | 122.6          | 22.4c          | 42.0a  | 11.3b         | 311.4a        | 31.4a         |
| B100        | 79.1b          | 5.8c  | 62.4a          | 304.1b         | 517.2c         | 194.1          | 27.5b          | 43.7c  | 15.6b         | 292.0c        | 20.0b         |
| L100        | 108.2a         | 6.1b  | 129.6b         | 421.3b         | 613.2d         | 168.8          | 30.5a          | 21.8c  | 11.3b         | 111.7b        | 13.8b         |
| T70-L30     | 72.3b          | 5.8c  | 72.8cd         | 340.1c         | 542.4c         | 127.6          | 25.5b          | 39.9c  | 10.5a         | 310.4c        | 35.4a         |
| T50-L50     | 75.6b          | 6.1b  | 82.4c          | 378.2b         | 556.9c         | 170.3          | 26.0c          | 35.1c  | 11.1b         | 258.6c        | 22.4c         |
| B70-L30     | 81.1b          | 5.9a  | 64.6b          | 331.9c         | 525.9b         | 196.8          | 24.8bc         | 40.9b  | 14.6a         | 294.5b        | 17.0b         |
| B50-L50     | 77.9b          | 6.2b  | 90.2b          | 337.8b         | 540.9b         | 174.7          | 25.9bc         | 31.9b  | 14.1b         | 230.8b        | 21.6b         |
| MS          | ***            | ***   | ***            | ***            | ns             | ***            | ***            | ***    | ***           | ***           | ***           |
| H1          | 86.1b          | 5.5b  | 85.2a          | 383.5c         | 594.6b         | 139.8b         | 28.8a          | 34.8b  | 11.3b         | 232.4b        | 25.9b         |
| H2          | 79.1b          | 6.5b  | 77.9b          | 317.9b         | 496.3b         | 190.2a         | 23.3b          | 38.2b  | 15.3b         | 284.5b        | 20.1b         |
| CS x MS     | *              | ***   | ns             | ***            | ns             | ***            | ***            | ns     | ***           | ***           | ns            |
| T100 (H1)   | 88.5c          | 5.6b  | 73.3           | 384.4c         | 563.9          | 63.1           | 25.5c          | 39.8b  | 10.4d         | 288.2d        | 36.6          |
| B100 (H1)   | 77.1b          | 5.6b  | 68.2           | 314.4b         | 597.5          | 174.0          | 27.4bc         | 42.8bc  | 15.4d         | 227.3bc        | 22.3          |
| L100 (H1)   | 106.6b         | 5.2c  | 135.0          | 424.7b         | 622.6          | 179.2          | 33.5a          | 20.7b  | 6.6           | 97.4b          | 15.6          |
| T70-L30 (H1)| 82.1b          | 5.3d  | 72.1           | 368.5b         | 594.5          | 181.0          | 30.4b          | 39.9bc  | 9.7c          | 282.3b         | 38.1          |
| T50-L50 (H1)| 81.3cd         | 5.5d  | 85.3           | 395.5bc         | 600.8         | 125.4          | 30.2b          | 33.7bc  | 10.2d         | 239.1bc        | 23.4          |
| B70-L30 (H1)| 87.9c          | 5.4d  | 71.5           | 381.8c         | 585.9          | 178.7          | 27.6bc         | 35.9bc  | 14.5d         | 276.1c         | 19.8          |
| B50-L50 (H1)| 79.5cd         | 5.4d  | 91.0           | 386.7bc         | 593.4         | 177.0          | 27.3bc         | 31.5b  | 13.9d         | 216.9b         | 25.8          |
| T100 (H2)   | 74.0b          | 6.0d  | 64.2           | 292.3b         | 480.9          | 182.2          | 19.4d          | 45.9   | 12.2d         | 334.7b         | 25.7          |
| B100 (H2)   | 81.1b          | 6.0d  | 56.6           | 266.8b         | 456.8          | 2142          | 27.7bc         | 44.5a  | 15.9a         | 357.0b         | 17.7          |
| L100 (H2)   | 106.6b         | 7.1c  | 124.2          | 417.5bc         | 603.9          | 158.4          | 27.5bc         | 33.0c  | 14.4d         | 126.0d         | 12.0          |
| T70-L30 (H2)| 62.0d          | 6.2d  | 73.6           | 311.8d         | 490.3          | 1742          | 20.6bc         | 39.6d  | 11.4d         | 338.5d         | 32.8          |
| T50-L50 (H2)| 69.9b          | 6.5b  | 79.6           | 368.0d         | 573.1          | 215.1          | 21.7bc         | 36.9c  | 12.9b         | 278.0d         | 21.4          |
| B70-L30 (H2)| 80.6d          | 6.5c  | 57.7           | 280.4b         | 460.8          | 2149          | 22.9bc         | 45.9bc  | 14.6bc        | 312.9bc        | 14.1          |
| B50-L50 (H2)| 76.4d          | 7.0c  | 80.1           | 288.9b         | 485.9          | 1725          | 24.4bc         | 32.4bc  | 14.2d         | 244.8d         | 17.0          |

° In each column, means followed by equal letters are not significantly different at P < 0.05 (Tukey’s test); *P ≤ 0.05; **P ≤ 0.01; ***P ≤ 0.001. *Legend according to the note reported in Table 1. XA, ash; DM, dry matter; XP, crude protein; XF, crude fibre; CL, cellulose; HC, hemicellulose; ADL, lignin; C/N, ratio; XL, crude fat; XT, starch; XZ, sugar; CS, cropping systems; ns, not significant; MS, mowing stages.
observed in B_{100} - L_{100} at H_2, the highest observed values, although not significantly different from T_{100} and B_{100} at the same H_1 harvesting time (45.8 and 44.5, respectively). The lowest value (20.7) was observed in L_{100}, at H_1, although it was not statistically different from the corresponding value at H_2 (23.0).

The highest values in fat content (XL) was observed considering the biomass from barley, both as a monoculture or as a mixture, and with respect to the first (H_1) as well as to the second (H_2) harvesting stage (these values ranged between 15.9-13.9 g kg^{-1}). A similar value (14.4 g kg^{-1}) was also observed considering legume as a single-crop (L_{100}) at H_2, while at H_1 XL reached the lowest value (8.6 g kg^{-1}). Considering the triticale treatments, the second harvesting stage showed slightly higher XL values (11.9 g kg^{-1} on average) than the first one (10.1 g kg^{-1} on average).

XT content showed its lowest values from legume as a single-crop (L_{100}): 97.4 and 126.0 g kg^{-1} at H_1 and H_2, respectively. The treatments harvested at H_2 are systematically higher than those harvested at H_1; this effect is more relevant considering single-crop grasses than mixtures. The starch content of barley as a single-crop (B_{100}) increased of 36.3%, ranging from 227.3 to 357.0 g kg^{-1}. Considering triticale (T_{100}) and legume (L_{100}) as single-crops XT increased of 22.7% and 13.9%, respectively. With respect to the grass-legume intercropping treatments, the XT content decreased with the increasing rate of legume in the mixture. On average, the XZ content was higher at H_1 (25.9 g kg^{-1}) than H_2 (20.1 g kg^{-1}). The treatments T_{100} and T_{70} - L_{30} showed the highest values (31.1 and 35.4 g kg^{-1}, respectively) while for L_{100} the lowest value was recorded (13.8 g kg^{-1}).

Canonical analysis on the chemical composition of the ensiled biomass

Considering the high degree of correlation between several variables characterizing the chemical composition of biomass (thus pointing out a significant redundancy of the dataset), a statistical multivariate approach was applied to a selection of these variables (8 out of 11), eliminating those variables that showed a correlation coefficient higher than 0.9 with the selected variables.

The first two extracted canonicals accounted for the 94% of the total variance: 65% for the first and 30% for the second one. On Table 5 is showed that the first canonical variable is strongly correlated with XP, XF, XA and CL biomass content; while a high inverse correlation with XT is also displayed. The second canonical variable, instead, is correlated with XZ content and, in a more limited extent, inversely correlated to HC.

The same considerations, pertaining to the biomass chemical composition and related to Table 5, can be easily derived from the observation of the biplot graphs (Figures 3 and 4), considering the length and orientation of the vectors. The two biplot represent the effects exerted by the discriminating experimental factors (CS and MS, respectively) on the qualitative characteristics of the ensiled biomass. In the first biplot (Figure 3), the most relevant observation is the clear discrimination between legume (in the upper part of the graph) and grasses (in the lower one). Considering the first canonical axes, the high XP content of legume as single-crop led to a very high positive score; grass-legume mixtures are mainly located in the central part of the graph, showing values close to zero; while grasses in monoculture showed a negative score that is mostly related both to a limited protein content but also to a relative higher level of starch and a lower level of ashes. The second canonical axes is quite efficient in the discrimination between the two grass species, barley and triticale respectively; triticale, both as single-crop (T_{100}) and intercropping (T_{30} and T_{50}), is characterized by a relatively higher XZ and XF content, while barley (B_{100}, B_{70} and B_{50}), by a higher amount of lipid fraction (XL) and HC.

The second biplot (Figure 4), allows the discrimination of the two mowing stages (at milk and dough development stage, respectively). From the first (H_1) to the second (H_2) harvesting, it can be observed a marked increase in XL content and a correspondingly decrease in XF. To a lesser extent, it can be observed a decrease in XZ content and an increase in HC.

Significantly high inverse correlations were detected between the first canonical variable (as a qualitative index of the ensiled biomass) and some of the quantitative production variables. More specifically, the highest correlations (R=0.84** and -0.71**) were found with respect to the per hectare dry biomass production and the per hectare biogas yield (Table 6). Lower degree of correlations (not statistically significant) were detected with respect to the second canonical variable. Figure 5 clearly shows the higher productive potential of triticale and barley as single-crops, at the second harvesting stage, mainly due to their higher content in XT and XL and a correspondingly lower amount of XP and XA. An opposite behaviour was found in legumes in monoculture, not only at the first harvesting stage (H_1) but also in the second one (H_2).

Biogas and methane yields

Statistical analysis (ANOVA) has pointed out significant differences in biogas and methane yields, both with respect to single experimental factors (CS and MS) as well as their interaction (Table 7).

Table 5. Standardised coefficients of the first two canonical variables considering the chemical properties of the ensiled biomass. The corresponding percentages of variation accounted for is also reported.

| Chemical composition of ensiled biomass | CAN 1 | CAN 2 |
|----------------------------------------|-------|-------|
| XA                                     | 0.75  |       |
| XP                                     | 0.93  | -0.17 |
| XF                                     | 0.86  | 0.31  |
| CL                                     | 0.74  | 0.33  |
| HC                                     | -0.18 | -0.59 |
| XL                                     | -0.39 | -0.45 |
| XT                                     | -0.95 | 0.21  |
| XZ                                     | -0.25 | 0.91  |
| Percentage explained variation         | 64.9  | 29.3  |
| Percentage cumulative variation        | 64.9  | 94.2  |

Table 6. Correlations between the first two canonical variables related to biomass chemical quality and the quantitative variables related to biomass or biogas production.

| Quantitative variables | CAN 1 | CAN 2 |
|------------------------|-------|-------|
| Biogas yield (nm^3 ha^-1) | -0.71 | 0.23  |
| FM (mg ha^-1)           | 0.78  | 0.11  |
| DM (mg ha^-1)           | -0.84 | -0.02 |
| CAN 1                   | 1.00  | -0.00 |
| CAN 2                   | -0.10 | 1.00  |

CAN, canonical variables; FM, fresh matter; DM, dry matter.
The specific biogas yields (i.e. the amount of biogas obtained per unit weight of volatile solids and expressed in nm3 mg VS–1) generally decreased from H1 to H2, with the exception of B100 and L100 treatments (Figure 6). Significant differences were observed in T100 (from 772.6 to 621.2 nm3 mg VS–1), B70-L30 (from 819.1 to 570.5 nm3 mg VS–1) and B50-L50 (from 711.6 to 565.3 nm3 mg VS–1). B70-L30 allowed to record the highest biogas yield (819.1 nm3 mg VS–1), while L100 the lowest one (444.5 nm3 mg VS–1), both at the H1 stage.

Specific methane yield (nm3 mg VS–1) offered, approximately, the same considerations (Figure 7). The yield obtained by triticale-legume intercropping (T70-L30 e T50-L50), at the first harvesting stage, resulted not statistically different from the yield obtained by triticale as a single-crop (T100). A different behaviour was observed considering the yield of methane from barley-legume mixture in the first harvesting stage (B70-L30 e B50-L50), with statistically higher values (472.4 and 435 nm3 mg VS–1) than the ones related to barley in monoculture (384.8 nm3 mg VS–1), both at the H1 stage.

In Figure 8 the per hectare biogas production (nm3 ha–1) is also reported. Biogas production is the result of per hectare dry matter production and biogas yield per tons of dry matter. The influence of CS and MS on biogas production was similar but lower than the one already shown considering the biogas yield. Legume and grasses in monoculture (L100 or T100) showed biogas yields ranging between 3482.4 to 5078.9 nm3 ha–1 and 8737.1 to 7853.0 nm3 ha–1, respectively at the first and second harvesting stage, but this temporal differences were not statistically significant. Triticale at the H1 stage, and barley at H2, both as monoculture, reported higher biogas production (8737.1 and 8837.6 nm3 ha–1, respectively), while considering grass-legume intercropping, higher methane productions were detected for B70-L30 at H1 (8837.6 nm3 ha–1). The methane content in the biogas ranged from 61.1% for B100-L0 (H1) to 53.7% for B00 (H2) (results not shown). In Figure 9 the per hectare methane yields is reported. The yield of triticale in monoculture at the first harvest stage (5221.1 nm3 ha–1) was not statistically different with respect to the second one (4493.2 nm3 ha–1), while triticale-legume intercropping at H1 stage yielded a statistically lower values (4093.5 and 3891.0 nm3 ha–1 for T50-L30 and T50-L50, respectively) with respect to triticale as a single-crop.

Discussion

The DM yields of triticale as herbage crop obtained from this study is roughly in accordance with other researches carried out in different Italian regions, like Sardegna (Delogu et al., 2002) and the Po valley (Bocchi et al., 1996). Triticale as monocultures showed, in our condi-

| Table 7. Effects of cropping systems and mowing stages, in factorial combination, on biogas and methane yields (ANOVA results). |
|---------------------------------------------------------------|
| **Sources of variation** | **DF** | **Yield [nm3 mg VS–1]** | **Probability** | **Production [nm3 ha–1]** | **DF** | **Probability** |
|-------------------------|--------|-------------------------|-----------------|--------------------------|--------|-----------------|
| **Biogas**              |        |                         |                 |                          |        |                 |
| CS                      | 6      | 75,008,964              | 44.2            | <0.0001                  | 6      | 143,875.7       | 13.8  | <0.0001 |
| MS                      | 1      | 538,722                 | 1.9             | 0.1890                   | 1      | 39,707.5        | 22.9  | 0.0003 |
| CS x MS                 | 6      | 14,309,745              | 8.4             | 0.0005                   | 6      | 171,498.3       | 16.5  | <0.0001 |
| **Methane**             |        |                         |                 |                          |        |                 |
| CS                      | 6      | 24,884,094              | 55.1            | <0.0001                  | 6      | 61,662.3        | 21.9  | <0.0001 |
| MS                      | 1      | 576,726                 | 7.6             | 0.0151                   | 1      | 21,883.0        | 46.3  | <0.0001 |
| CS x MS                 | 6      | 4,714,968               | 10.4            | 0.0002                   | 6      | 54,654.1        | 19.5  | <0.0001 |

DF, Degrees of freedom; SQ, sum of squares; F, F ratio; CS, cropping systems; MS, mowing stages.
tions, a slightly higher yield than in the reference studies.

FM yields recorded for legume (field bean) as herbage crop were higher compared with other researches (Ghanbari-Bonjar and Lee, 2003). Quite certainly, these differences may be due to the different genetic constitution of the cultivars used and to different pedo-environmental conditions of the cultivation areas. On the other side, the dry matter production obtained with legume in monoculture and intercropping are comparable with the data reported by the same authors (Ghanbari-Bonjar and Lee, 2003). Similarly to our results, they also have shown that DM and FM yields of intercropped legume (wheat-beans) were greater than DM and FM legume as monoculture.

On average, DM has increased of 12.3% from the first to the second harvesting. As reported by Delogu et al. (2002), this behavior was expected and may be interpreted as the crop growth completion toward the end of its cycle, which proceeds with the storing of newly-formed photosynthates into the grain.

Figure 5. Linear regression of dry matter yield (considered as a quantitative trait of the ensiled biomass) with respect to the first canonical variable (a multivariate qualitative index of the ensiled biomass).

Figure 6. Effects of cropping systems and mowing stages, in factorial combination, on the specific biogas production (nm³ mgVS⁻¹). Legend according to the note reported in Table 1.

Figure 7. Effects of cropping systems and mowing stages, in factorial combination, on the specific methane production (nm³ mgVS⁻¹). Legend according to the note reported in Table 1.
The qualitative parameters related to the chemical composition of the ensiled biomass were identified and characterized considering their ability to influence biogas and methane production. Ash content decreased with the progress of the development stages of the crops and this may be due to the dilution effect of the mineral fraction into the DM of the crops (Ghanbari-Bonjar and Lee, 2003). This decrease corresponded to an increase in volatile solids content (with respect to DM) that could have a positive influence on biogas production.

Heiermann (2009) observed that pH was increasing with the progress of the crop development stages. This author have shown that in barley and triticale the pH values increased from 6.6 to 7.2 and from 6.6 to 7.1, respectively, at the two subsequent development stages.

With specific reference to protein content, our data showed the same trend of the studies by Khorasani et al. (1997) that examined the influence of harvesting dates on the chemical composition of alfalfa, oat, barley and triticale silage. Their results have clearly indicated that as the crop was maturing its protein content was decreasing.

Other studies (Delogu et al., 2002), regarding triticale as herbage crop cultivated in a Mediterranean area (Po valley and Sardegna region, Italy), showed that in later development stages (from early spike-heading to milk-dough stages) grain filling had a significant diluting effect on crude proteins, cellulose and hemicellulose, while the process of crop physiological maturity induced an increase in the lignin content. Our results, considering the lignin content, are not in accordance with the data reported in this latter work, thus showing a decrease in lignin content in triticale from the first (milk stage) to the second (dough stage) harvesting. This divergence may be probably due to different environmental conditions or an inconsistent matching to the two phenological stages. However, other studies (Helm and Salmon, 2002) reported that in every crop (such as triticale and oat) the lignin content increased with plan maturity only until 3 weeks after the boot-stage and then declined.

The fibre content, especially lignin, has a key influence in the anaerobic digestion processes (Amon et al., 2002, 2007). In general, a decrease of lignin concentration can represent an important factor to enhance methane yields.

XL and XZ content recorded in our research on herbage monoculture are in accordance with those reported, for the same species, in other studies (Heiermann et al., 2009).

The nitrogen content is very relevant in determining the activity of microorganisms involved in anaerobic digestion, consequently the most suitable concentration should be carefully determined. Many authors (Bardiya and Gaur, 1997; Schattauer and Weiland, 2004) reported that the optimum C:N ratio for anaerobic digestion should be between 20 and 30. When the biomass C:N ratio is much higher, carbon cannot optimally be converted into methane. Not considering the legume in monoculture (that showed a lower ratio), the C:N values in our research were always outside this optimum range. This was particularly evident in the second harvesting stage (40.7 on average) as compared with the first one (37.1 on average). In these cases, is generally suggested (Amon et al., 2007) to co-digest the biomass with other feedstock having a strict optimal C:N ratio that could help to avoid the problem. The ensiled biomass harvested at H1 (milk development stage) have shown biogas and methane yield higher than the one obtained at H2 (dough development stage). Our results are in accordance with Heiermann et al. (2009). These authors have conducted batch anaerobic digestion tests under mesopholic temperature conditions (35°C) with different crops (barley, triticale, rye, alfalfa and maize). The results for triticale and barley showed an increase of specific biogas and methane yields, from anthesis to milk stage and a following decrease from milk to dough stage. The positive effect of harvesting time on the production of methane may be due (Chandler et al., 1980; Amon et al., 2005) to an increase in crude protein, starch and sugar content. Similarly, a reduction of lignin content could have a positive effect on specific biogas production because it negatively affects the anaerobic digestion process.

Our data have shown high specific biogas and methane yields for triticale as a single-crop, triticale-legume and barley-legume intercropping in the early harvesting (milk stage); while, legume monoculture has shown higher yield in the second harvesting stage.

The average specific biogas yields observed in this research for triticale (772.6 nm3 mgVS–1) and barley (687.7 nm3 mgVS–1) at H1 stage were similar to the one reported by Heiermann et al. (2009) for the same crops (700 and 730 nm3 mgVS–1 for triticale and barley, respectively). The specific biogas yield, instead, was not in accordance with the data reported by Osłaj et al. (2010) for corn hybrids. This experiment was made in 2007 and investigated the amount of biogas and methane from different maize hybrids in several grain maturity stages. The reported biogas productions (526-602 nm3 mgVS–1) for corn (FAO 400, FAO 500) were generally lower than the ones recorded in our trial. Probably the ensilage process, conducted before batch testing, may have contributed to increase the specific methane production in our experiments. High methane yield was also obtained with barley-legume intercropping (BZ-L0) at H1 stage (819.1 nm3 mgVS–1) and it does not differ statistically, at a 5% probability level, from triticale in monoculture at the same harvest stage (772.6 nm3 mgVS–1).

Biogas and methane per hectare production (nm3 ha–1) were both affected by the cropping system as well as by the harvesting date in specific optimal combinations. The optimal harvesting of grasses was obtained when the specific methane yield (from one side) and the per hectare volatile solids production (from the other) reached a maximum value. There is not a general or straightforward solution: T18 and B3- L0 treatments gave a higher methane production (5221.1 nm3 ha–1 and 5008.9 nm3 ha–1 respectively) at H2; while considering B9 a higher methane production (equal to 4746.9 nm3 ha–1) was obtained at H1.

The per hectare methane production recorded in this study has resulted significantly lower values than the one reported for maize (7000-8000 nm3 ha–1) by other authors (Amon et al., 2007; Osłaj et al., 2010). These differences are probably due to higher per hectare dry matter yields reported for maize as compared to grasses.

**Conclusions**

The herbage crops enables a considerable biomass yield and moreover allows to under sown summer biomass crops (like maize, sorghum, sunflower), thus significantly rising the total amount of biomass collectable in the course of the year and to be destined to anaerobic digestion. This intensification of the cropping systems can still be considered sustainable especially when the winter herbage cultivation consists of a mixture of species (intercropping) where grasses and legumes are both represented.

The effect of grasses is to increase the herbage productivity while legume is exerting a fundamental nutritional function, specifically with respect to nitrogen availability into soil and for plants, both directly in the mixture and in the subsequent cultivation cycles. In this context, our work validated the suitability of a winter intercropping system (grass-legume) in southern Italy, in order to supply highly productive and qualitative feedstock for anaerobic digestion and obtain considerable biogas/biomethean yield.

Particularly interesting, from the side of both agricultural manage-
ment and biogas technological procedure, was the application of intercropping, considering a well-balanced grass-legume mixture, with the legume component not exceeding approximately the 30% of the mixture. Biogas and methane per hectare production (nm³ ha⁻¹) were both affected by the cropping system as well as by the harvesting date in specific optimal combinations. Our research showed high specific biogas and methane yields for triticale as a single-crop, triticale-legume and barley-legume intercropping in the first harvesting date (milk stage); instead, for barley monocrop treatments better harvesting date appears to be the second (waxy stage).

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