Polymorphisms in *JMJD1C* are associated with pubertal onset in boys and reproductive function in men

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*JMJD1C*, a member of the Jumonji-domain containing histone demethylases protein family, has been associated with levels of sex-hormone binding globulin (SHBG) and testosterone in men, and knock-out rodent models show age-dependent infertility. The objective of this study was to investigate whether single nucleotide polymorphisms (SNPs) nearby *JMJD1C* are associated with pubertal onset in boys and with male reproduction. 671 peri-pubertal boys, 1,027 young men, 315 fertile men, and 252 infertile men were genotyped for two *JMJD1C* SNPs (rs7910927 and rs10822184). rs7910927 and rs10822184 showed high linkage. Boys with the rs7910927 TT genotype entered puberty 3.6 months earlier than their peers (*p* = 2.5 × 10^−2). In young men, the number of T alleles was associated with decreased levels of SHBG, follicle-stimulating hormone (FSH), testosterone, and testosterone x luteinizing hormone, as well as increased levels of Inhibin B, Inhibin B/FSH ratio, and testis size. No significant associations with semen parameters were observed and the genotype distribution was comparable among fertile and infertile men. In conclusion, genetic variation in the vicinity of *JMJD1C* had a surprisingly large impact on the age at pubertal onset in boys as well as levels of reproductive hormones and testis size in men, emphasizing the relationship between *JMJD1C* and reproductive functions.
Here, we report an in-depth analysis of the association between two JMJDC1 SNPs (rs7910927 and rs10822184) and male reproductive parameters in several well-characterized Danish cohorts of peri-pubertal boys, young men from the general population, and fertile and infertile men. We show that the two JMJDC1 SNPs are not only significantly associated with circulating levels of SHBG and testosterone in accordance with previous studies, but also with age at pubertal onset in boys as well as testicular volume and levels of FSH and Inhibin B in young men.

**Results**

**Genotype frequencies.** The two JMJDC1 SNPs rs7910927 and rs10822184 (Supplementary Fig. S1A) were found to be in linkage among the cohort of 671 boys from the COPENHAGEN Puberty Study ($D^2 = 0.97$ and $R^2 = 0.91$) as well as among the young men ($D^2 = 0.99$ and $R^2 = 0.90$, Table 1 and Supplementary Table S1). Consequently, data from one of the SNPs is very likely to yield similar associations as the other. We did not calculate the linkage in the smaller cohorts of fertile and infertile men, since they were only genotyped for the rs7910927 SNP. The allele frequencies of the two SNPs in the cohort of young men were 0.501 for G and 0.499 for T (rs7910927 SNP). The allele frequencies of the two SNPs in the adult populations were 0.521 for C and 0.479 for T (rs10822184). The distribution of the genotypes in the adult populations was in accordance with the Hardy-Weinberg equilibrium.

**Association with pubertal onset.** We investigated the possible effect of the JMJDC1 SNPs on pubertal timing assessed by testicular growth in boys from the COPENHAGEN Puberty Study. We found a significant association (p = 0.025) between age at pubertal onset and rs7910927 in a recessive model (Fig. 1) but no significant association with rs10822184. Boys with the rs7910927 TT genotype entered puberty at an age of 11.5 years, which was 3.6 months earlier than boys with the TG or GG genotypes.

**Association with reproductive parameters in young men.** Both JMJDC1 SNPs were found to be significantly associated with levels of SHBG (p = 1.02 × 10^{-8} (rs7910927); p = 2.0 × 10^{-7} (rs10822184), Fig. 2d, Table 2, and Supplementary Fig. S2) and total T (p = 1.19 × 10^{-7} (rs7910927) and p = 5.4 × 10^{-4} (rs10822184), Fig. 2e, Table 2, and Supplementary Fig. S2) in young men from the general Danish population. The levels of SHBG and T decreased with increasing numbers of the minor alleles (T) of both variants. In addition, both SNPs were found to be significantly associated with levels of FSH (p = 9.89 × 10^{-3} (rs7910927) and p = 1.5 × 10^{-4} (rs10822184), Fig. 2a, Table 2, and Supplementary Fig. S2) with decreasing levels of FSH as a function of increasing number of minor alleles (T). Both SNPs were also significantly associated with levels of Inhibin B (p = 5.2 × 10^{-2} (rs7910927) (not significant after log-transformation) and p = 2.0 × 10^{-2} (rs10822184), Fig. 2b, Table 2, and Supplementary Figure S2), with increasing inhibin B levels as a function of increasing number of minor alleles. No significant associations were observed with Luteinizing hormone (LH) or Estradiol levels (Table 2).

| Genotype | Young men | Fertile | Infertile |
|----------|-----------|---------|-----------|
| rs7910927 GG | 263 (25.7) | 88 (27.9) | 68 (27.0) |
| rs7910927 TG | 496 (48.7) | 167 (53.0) | 119 (47.2) |
| rs7910927 TT | 262 (25.6) | 60 (19.0) | 65 (25.8) |
| rs10822184 CC | 287 (28.1) | — | — |
| rs10822184 CT | 491 (48.0) | — | — |
| rs10822184 TT | 244 (23.9) | — | — |

Table 1. Cohort information. For genotypes, the numbers depict the number of men with each genotype and the percentage in parentheses. For the other measures, the values are median values with lower and upper limits in parentheses.
In summary, men with the TT genotype (for both SNPs) had significantly lower T, SHBG and FSH levels but higher Inhibin B levels (only significant for rs10822184) (Table 2).

The ratio of Inhibin B and FSH as well as the ratio of T and LH reflects the efficiency of the feedback loop between the gonads and the pituitary gland. We found significant associations between the two SNPs and the Inhibin B/FSH ratio \( (p = 1.54 \times 10^{-2} \text{ (rs7910927)} \) and \( p = 1.9 \times 10^{-2} \text{ (rs10822184)} \), Fig. 2c, Table 2, and Supplementary Fig. S2), reflecting an association with Sertoli cell function. Men with the TT genotype (of both SNPs) had a higher Inhibin B/FSH ratio indicating a better Sertoli cell function or ability to respond to FSH stimuli. No significant differences were found for the T/LH ratio (reflecting Leydig cell function) or the T/Estradiol ratio (a proxy for aromatase activity) (Table 2). However, both JMJD1C SNPs were significantly associated with \( T \times LH \) \( (p = 4.3 \times 10^{-3} \text{ (rs7910927)} \) and \( p = 7.5 \times 10^{-4} \text{ (rs10822184)} \), Fig. 2f, Table 2, and Supplementary Fig. S2), where men with the TT genotype had lower \( T \times LH \) compared to men with the other genotypes (for both JMJD1C SNPs).

We did not find any significant associations of semen parameters with the JMJD1C SNPs, although there was a tendency that men with the TT genotype had higher sperm concentration and higher total sperm count compared to men with other genotypes (for both JMJD1C SNPs, Fig. 2h, Table 2, and Supplementary Fig. S2). However, we detected a significant association between the JMJD1C SNPs and testicular volume (p-values for testis volume measured by ultrasound: \( 2.55 \times 10^{-2} \text{ (rs7910927)} \) and \( 2.4 \times 10^{-2} \text{ (rs10822184)} \) (Fig. 2g, Table 2, and Supplementary Fig. S2) where the testis size increased with increasing numbers of minor alleles (T). Men with the TT genotype of both JMJD1C SNPs had significantly larger testes (approximately 1 ml) (Table 2).

Genotype frequencies among fertile and infertile men and associations with reproductive parameters. We investigated the frequency of one of the JMJD1C SNPs (rs7910927) in two other adult cohorts representing infertile \( (n = 252) \) and fertile men \( (n = 315) \). The distribution of genotypes is listed in Table 1. A chi-squared test revealed no significant differences in genotype frequencies when comparing each of the groups to the young men representing the general population. Moreover, no significant differences were found when fertile men were compared to infertile men. Among the fertile men, but not the infertile men, we found a significant association between the rs7910927 SNP and estradiol levels (see Supplementary Table S2 and S3). Similar, but non-significant, effects on reproductive hormone levels as observed with the young men, was observed among the fertile men (Table 2 and Supplementary Table S2). However, the tendencies differed among the infertile men where men with the TG genotype (rs7910927) had highest FSH, lowest Inhibin B/FSH ratio and lowest T (Supplementary Table S3).

Expression of JMJD1C and AR in tissues with different genotypes. In order to investigate the possible effect of the JMJD1C SNPs on JMJD1C and AR protein expression we performed immunohistochemical staining of testicular biopsies from men with different JMJD1C rs7910927 genotypes (6 TT, 6 TG and 5 GG). We observed that JMJD1C was primarily expressed in the nucleus of Sertoli and Leydig cells as well as germ cells until the round spermatid stage (see Supplementary Fig. S3). There was a slight tendency towards stronger staining of JMJD1C in biopsies originating from men with the TT genotype (see Supplementary Fig. S3). However, due to the nature of immunohistochemistry (IHC), as a semi-quantitative method, along with differences in fixation times of the biopsies, these results were not directly quantitatively comparable. No apparent differences in AR expression were observed between genotypes in the IHC experiments (evaluated by microscopy) and in all cases the AR protein was confined to the nuclei of Sertoli, Leydig and peritubular cells (see Supplementary Fig. S3).
Discussion

In this study, we demonstrated that genetic variants related to JMJD1C were significantly associated with onset of puberty in boys, with a range of reproductive hormones (T, SHBG, FSH and Inhibin B) as well as testis size in adult men.

It is surprising that out of the large family of histone demethylases, JMJD1C appears to be modulating several reproductive functions both in adolescence and adult life. Besides the associations identified in our study, other studies have demonstrated associations of JMJD1C SNPs with reduced testicular function\(^2\), reproductive hormones\(^1\), puberty\(^3\) as well as intracranial germ cell tumours\(^4\). No other histone demethylase shows the same...
number of associations with reproductive functions. Albeit a significant association with untransformed inhibin B levels was observed, the significance was lost after log-transformation for rs7910927. This could be due to differences in the distribution of inhibin B levels in men with different genotypes. The special link to reproductive function is, however, evident and may be due to the distinct feature of JMJD1C, which, besides its histone demethylase activity, most likely can interact directly with both the AR and the TR. Consequently, the impact of genetic variants in JMJD1C may have different effects in foetal and adult life or in different cell types depending on the exact location of the variants inside the JMJD1C gene (reviewed in Johansson et al.). We speculate, that in cases where JMJD1C is engaged in histone demethylation, as described in rodent knockout studies, it can be affected by genetic variants found in the Jmjd1c-domain responsible for this function, but is not affected by variants in the AR or TR binding-domains. However, in cell types or developmental windows where the AR or TR is expressed, JMJD1C may also be engaged in co-activation of these receptors. In such cases, genetic variants in AR and TR binding-domains may influence the receptor activation and not the histone demethylase activity. Despite that the variants investigated in our study, are found outside the coding region of JMJD1C, they might affect JMJD1C SNPs and reproductive parameters in young men. Associations between rs7910927 and rs10822184 and male reproductive parameters in young men assuming additive genetic models. N: number of men. Values are geometric mean values. P-values below 0.05 are considered significant and are marked in bold.

| rs7910927 | rs10822184 |
|-----------|-----------|
| N | Mean | Mean | Mean | P-value | N | Mean | Mean | Mean | P-value |
| FSH (U/L) | 998 | 2.88 | 2.63 | 2.49 | 9.89e-03 | 996 | 2.88 | 2.63 | 2.46 | 5.29e-03 |
| Inhibin B (pg/mL) | 995 | 156.81 | 161.33 | 169.50 | 5.20e-02 | 993 | 155.54 | 162.23 | 169.95 | 2.77e-02 |
| InhibinB/FSH ratio | 995 | 59.29 | 66.14 | 72.84 | 1.54e-02 | 993 | 58.89 | 66.46 | 73.94 | 6.61e-03 |
| LH (U/L) | 998 | 3.68 | 3.60 | 3.45 | 1.98e-01 | 996 | 3.71 | 3.59 | 3.43 | 1.02e-01 |
| Testosterone (nmol/L) | 993 | 22.19 | 24.16 | 20.08 | 1.19e-03 | 991 | 22.18 | 21.52 | 19.88 | 2.29e-04 |
| Testosterone/LH ratio | 993 | 6.07 | 6.08 | 5.90 | 5.99e-01 | 991 | 6.02 | 6.11 | 5.88 | 4.99e-01 |
| Testosterone x LH | 993 | 81.04 | 75.90 | 68.14 | 4.29e-03 | 991 | 81.57 | 75.99 | 66.93 | 7.55e-04 |
| cFT (pmol/L) | 991 | 470.71 | 472.79 | 461.50 | 6.42e-01 | 989 | 472.43 | 475.03 | 456.10 | 2.88e-01 |
| cFT/LH ratio | 991 | 136.28 | 144.82 | 144.26 | 3.45e-01 | 989 | 137.05 | 145.37 | 143.05 | 3.93e-01 |
| Estradiol (pmol/L) | 997 | 87.07 | 86.15 | 83.93 | 4.59e-01 | 995 | 87.64 | 85.51 | 84.21 | 3.96e-01 |
| Testosterone/Estradiol ratio | 993 | 273.36 | 281.35 | 263.2 | 3.20e-01 | 991 | 271.17 | 284.79 | 260.33 | 1.26e-01 |
| cFT/Estradiol ratio | 991 | 5.81 | 6.19 | 6.01 | 3.35e-01 | 989 | 5.79 | 6.27 | 5.94 | 1.46e-01 |
| SHBG (nmol/L) | 996 | 34.75 | 32.22 | 28.99 | 1.02e-08 | 994 | 34.54 | 32.1 | 29.01 | 2.58e-08 |
| Semen volume (mL) | 964 | 3.43 | 3.28 | 3.36 | 3.15e-01 | 964 | 3.45 | 3.25 | 3.38 | 1.01e-01 |
| Sperm concentration (millions) | 967 | 41.31 | 42.36 | 46.89 | 2.86e-01 | 967 | 41.31 | 42.73 | 46.73 | 3.84e-01 |
| Total sperm count (millions) | 963 | 139.88 | 134.93 | 156.68 | 1.22e-01 | 963 | 141.01 | 135.01 | 156.50 | 1.46e-01 |
| Morphologically normal sperm (%) | 953 | 6.85 | 7.19 | 7.42 | 4.29e-01 | 953 | 6.92 | 7.23 | 7.45 | 4.65e-01 |
| Motile sperm (AB) (%) | 934 | 56.22 | 54.49 | 53.87 | 2.66e-01 | 933 | 56.47 | 54.31 | 53.95 | 1.53e-01 |
| Testis size (orchidometer) (mL) | 999 | 19.94 | 20.41 | 21.03 | 3.25e-02 | 997 | 20.05 | 20.34 | 21.05 | 4.71e-02 |
| Testis size (ultrasound) (mL) | 995 | 13.15 | 13.58 | 14.05 | 2.55e-02 | 994 | 13.20 | 13.54 | 14.09 | 2.44e-02 |

Table 2. JMJD1C SNPs and reproductive parameters in young men. Associations between rs7910927 and rs10822184 and male reproductive parameters in young men assuming additive genetic models.

In line with this hypothesis, we observed that boys with the TT genotype entered puberty 3.6 months earlier. A previous study found that self-reported onset of puberty was connected to subsequent semen quality and reproductive hormones in healthy young men. The study showed that men entering puberty earlier and later than their peers had poorer semen quality and smaller testes. Furthermore, their hormone profiles also differed compared to the men that entered puberty at the average time. We do not have longitudinal data on reproductive
parameters from the boys from the COPENHAGEN puberty study and the $JMJD1C$ genotype did not change pubertal onset enough for the boys to be categorized as entering early or late. We nevertheless believe that there might be a connection between the earlier pubertal onset in the boys with the TT genotype and the potential better testicular function observed among young men with the TT genotype.

**Conclusion**

Genetic variations near the histone demethylase $JMJD1C$ locus significantly affect pubertal onset in boys as well as circulating levels of several reproductive hormones and testis size in adult men. How $JMJD1C$ functionally mediates these effects remains to be elucidated.

**Methods**

**Study populations.** We included 671 boys and adolescents from the COPENHAGEN puberty study, 1,027 young Danish men representative of the general population, 315 fertile men, and 252 infertile men.

**The COPENHAGEN puberty study.** Participants were recruited as part of two population-based cohort studies of healthy Danish children and adolescents. Detailed information about the study has been published previously14. The COPENHAGEN Puberty Study14,15 (ClinicalTrials.gov ID: NCT01411527) is a cross-sectional study that has been conducted at ten schools in the Copenhagen area between 2006–2014. A total of 3,101 boys were invited to join the study, of which 767 boys were examined (overall participation rate, 25%). The boys with DNA available ($n = 671$) were included in the present study. Physical examinations of the boys included pubertal staging of genital development according to Tanner’s classification and testicular volume16. Testicular volume of $4 \text{mL}$ and above (at least one testis) was considered to be a marker of pubertal onset.

**Young men from the general population.** Young Danish men 18–25 years of age were invited to participate in a study of testicular function. The men answered a comprehensive questionnaire, underwent a physical examination, delivered a semen sample, and had a blood sample drawn. More information about the cohort and a description of exclusion criteria are seen in Supplementary Materials and Methods and Supplementary Fig. S1B. The young men represent the general population and were recruited without any prior knowledge about their fertility status and thereby they represent both fertile and infertile men.

**Fertile men.** The group of fertile men comprised two groups examined at the Department of Growth and Reproduction; one examined in 1996–1998, which has been described previously17 and the other investigated in 2012–2014 following the same protocol. For both study periods, the men were invited to participate in the study when their female partners were examined routinely during the second trimester of their pregnancy. The men were invited to the study if they were born and raised in Denmark, resided in the local referral area, were 20–45 years of age, and the current pregnancy was achieved by natural conception (i.e. not the result of fertility treatment). They underwent an examination program similar to that described for the men from the general population including a similar questionnaire. Exclusion criteria are described in Supplementary Materials and Methods and Supplementary Fig. S1B.

**Infertile men.** The group of infertile patients consisted of 405 infertile men who had been examined for male infertility in the out-patient clinic at the Department of Growth and Reproduction, Copenhagen University Hospital, Denmark, in 2013 and 2014. During their work-up, the men delivered one or two semen samples for analysis and they had a blood sample drawn at the first visit. For more information and a description of exclusion criteria see Supplementary Materials and Methods and Supplementary Fig. S1.

**Semen samples.** All adult men provided a semen sample by masturbation in a room close to the semen laboratory. The semen analysis is thoroughly described in Jørgensen et al.18. Analyses performed included volume and assessment of sperm concentration, total sperm count, motile sperm cells, and morphologically normal sperm cells. Furthermore, the abstinence time was noted.

**Reproductive hormone profiles.** Blood samples were drawn between 0800 h and 1400 h. Hormone measurements of the infertile men were performed immediately following blood sampling. Blood samples from the peri-pubertal boys, the young men and fertile men were centrifuged and serum frozen at $−20^\circ \text{C}$ until analysed in batches.

Serum levels of FSH, LH, SHBG, T, estradiol, and Inhibin B were determined by immuno-based techniques as described in19. Free T (cFT) was calculated on the basis of the measured serum concentrations of total T and SHBG using the method of Vermeulen et al.20 and a fixed albumin concentration of 43.8 g/L.

Reproductive hormones (the same as mentioned above) in blood samples from boys from the COPENHAGEN puberty study were analysed with similar methods as described by Busch et al.21.

**Genotyping.** EDTA-preserved peripheral blood was used for isolation of genomic DNA using SEV AS1010 DNA purification kits on a Maxwell 16-MDx instrument (Promega, Madison, WI, USA). The DNA concentration was quantified on a NanoDrop ND-1000 spectrophotometer (Saveen Werner, Limhamn, Sweden). The DNA samples were analysed using the KASP™ SNP genotyping assays specific for the two $JMJD1C$ SNPs rs7910927 and rs10822184. A thorough description of the method can be found in Supplementary Materials and Methods.

**Immunohistochemistry.** Seventeen testis tissue samples from the archives of Department of Growth and Reproduction were used for immunohistochemistry (IHC) with antibodies against $JMJD1C$ and the androgen
receptor. These samples were biopsies taken from the contralateral testicle from patients orchiectomised because of germ cell neoplasia in situ (GCNIS) or invasive testis cancer. Only biopsies, without GCNIS or any other pathology were selected for the study; and all specimens had normal histology and tubules with complete spermatogenesis. The biopsies were obtained from the surgery departments at different times of the day, so the tissue fixation time varied, which could influence the quality of the tissue. Moreover, DNA originating from blood samples of the same patients was available and genotyping for the JMJD1C SNP rs7910927 revealed 6 TT, 6 TG and 5 GG specimens. IHC was performed as previously described. Antigen retrieval was conducted with a pressure cooker (Biocare medical decloaking chamber, Concord, CA, USA) in TEG buffer (10 mM Tris, pH 8.5). The JMJD1C monoclonal mouse anti-human antibody (WHO221037M3, Sigma Aldrich, Saint Louis, MO, USA) was used in dilution 1:2,500 (0.2 μg/ml) and the monoclonal mouse anti-human androgen receptor antibody (MS-443-p, ThermoFisher Scientific, MI, USA) was diluted 1:100 (2 μg/ml). Peroxidase reaction development was performed with diaminobenzidine which resulted in a brown colour.

Data processing and statistical analyses. Hardy-Weinberg equilibrium as well as associations between single SNPs and reproductive parameters were analysed by use of the R package ‘SNPassoc’. All analyses were built on additive (codominant) genetic models unless otherwise stated. Linkage disequilibrium was calculated by use of the R package ‘Genetics’.

Statistical analyses of puberty timing (COPENHAGEN puberty study) was performed by use of the statistical software SAS (Probit analysis: proc lifereg) version 9.4 (SAS Institute, Inc.). Detailed information about the probit lifereg procedure has been given previously. In the analysis, age at pubertal onset was adjusted for BMI z-score WHO age-specific body mass index scores. If longitudinal data was available, a mean of all individual BMI z-scores was calculated.

The T/LH and Inhibin B/FSH ratios as well as T x LH were calculated. Most of the data was transformed to achieve normal distribution: Inhibin B/FSH ratio, T, T/LH, cFT, SHBG, semen volume, sperm concentration, and total sperm count by cubic root transformation; FSH, LH, and T x LH by log transformation, and Inhibin B and estradiol by square root transformation.

The following confounders were included in the analyses; FSH, LH, Inhibin B, and SHBG were adjusted for BMI and time of blood sampling; T and estradiol were adjusted for BMI, time of blood sampling and smoking. Semen parameters (volume, concentration, total sperm count and morphology) for the young men were adjusted for abstinence time (divided into three variables – below 24 h, 24–96 h and above 96 h), fever, cryptorchidism, presence of varicoceles, previous infections in the epididymis, smoking, hash smoking (except in the fertile cohort), and maternal smoking during pregnancy. Sperm motility was, in addition to the above-mentioned confounders, also adjusted for the time from sample delivery to semen analysis. For the infertile men, semen parameters were adjusted for the same parameters as for the young men except from maternal smoking during pregnancy due to lack of information about this.

Ethical Approval. The study was approved by the Ethical Committee of the Capital Region of Denmark (H-KF-289428, H-KF-282214, H-4-2010-138, 2012-41-1390, H-16019637). The study was conducted in accordance with the Helsinki II Declaration. All men received written information and informed consent was obtained from all participants. All boys from the COPENHAGEN Puberty Study and their parents received written information and informed consent was obtained.

Data availability. The datasets analysed during the current study are not publicly available due to Danish ethical rules on human pseudo anonymous data protecting the privacy of cohort participants. To meet requirements of reproducibility we provide two files (Supplementary Files 1 and 2) with genotypes and their link to single endpoints. The order of the genotypes (individuals) has been scrambled between each endpoint.

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Author Contributions

N.M. and J.E.N. performed the experiments. N.M., K.A., and A.S.B., analysed the data and performed the statistical analyses. N.M. and K.A. wrote the paper. N.M., K.A., L.N., E.R.M, A.J., A.K.B, and N.J. conceived the study. All authors participated in the final writing of the manuscript. All authors endorsed the results and agreed to publish the manuscript.

Additional Information

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