MOLECULAR ANALYSIS OF RING Y CHROMOSOME IN A 10-YEAR-OLD BOY WITH MIXED GONADAL DYSGENESIS AND GROWTH HORMONE DEFICIENCY

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ABSTRACT

Ring Y chromosome is a very rare chromosomal aberration. The published mixed gonadal dysgenesis (MGD) patients with a ring Y chromosome are short in stature, but are not growth hormone (GH) deficient. We present the molecular cytogenetic and molecular characterization of ring Y chromosome mosaicism in a 10-year-old boy with MGD whose short stature could be explained by the high percentage of cells monosomic for the X-chromosome, but also by the presence of severe GH deficiency. The ring Y chromosome in our patient is a de novo structural aberration. The father’s karyotype was normal.

Key words: Growth hormone (GH) deficiency; Mixed gonadal dysgenesis (MGD); Mosaicism; Ring Y chromosome.

INTRODUCTION

The frequency of ring chromosomes in clinically detectable conceptions is 1/25,000 [1]. Several mechanisms have been proposed for the formation of ring chromosomes [2-4]. The most likely mechanism for their formation involves terminal breakage in both chromosome arms and fusion of the remaining ends and loss of deleted distal material. Because of the instability of ring chromosomes during mitosis, a second monosomic cell line is often present in these patients [4]. Most patients present a mosaic 45,X/46,X,r(Y) karyotype, with phenotypes ranging from female individuals with streak gonads to male patients with bilateral dysgenetic testes, mixed gonadal dysgenesis (MGD) or infertility as the only presentation [2,3,5-13]. Variability of phenotype depends on the percentage of monosomic cells and on the genetic material deleted during the formation of ring Y chromosome. There are few published reports in which ring the Y chromosome is directly associated with a MGD, but only exceptionally has the ring chromosome been analyzed by molecular techniques. These published MGD patients with a ring Y chromosome had short stature, but none of them had growth hormone (GH) deficiency [2,12]. Here, we present the molecular cytogenetic and molecular characterization of a ring Y chromosome mosaicism in a 10-year-old boy with MGD, short stature and GH deficiency.

MATERIALS AND METHODS

Clinical Report. A 10-year-old boy of healthy and unrelated parents was referred for evaluation of perineal hypospadias and unilateral cryptorchidism, anomalies that were incompletely surgically corrected
in early childhood in a regional hospital. He was the second child in the family, born at term after a normal pregnancy and delivery: birth weight was 2850 g and length 49 cm. His motor and mental development was normal. He was obese from early childhood. On admission to our hospital, his height was 129.3 cm (3rd-10th centile), but inconsistent for the target height of 173.5 cm (25th-50th centile). His weight was 53.6 kg, body mass index (BMI) was 32.99 kg/m² (>97th centile) and he had significant acanthosis nigricans on the neck, in the axillae and the cubital area. Bilateral pseudogynecomastia was also noticed. His external genitalia appeared predominantly male, his penis was 4.5 cm, and showed scars from previous operations. The large scrotal sac contained a 4 ml testis on the left, and an irregular mass of 0.5 ml on the right.

Basal gonadotrophin levels were: luteinizing hormone (LH) 0.1 IU/L (0.03-0.43 IU/L), follicle-stimulating hormone (FSH) 1.7 IU/L (0.22-1.92 IU/L) and testosterone 0.1 nmol/L (0.06-0.8 nmol/L). Testosterone response to a short human chorionic gonadotrophine (HCG) test showed 1.2 and 2.6 nmol/L on days 3 and 4, respectively. Peak value of GH in the clonidine test was 1.2 mIU/L (>20 mIU/L), while values during overnight profile of GH were as follows: for peak value 1.1 mIU/L (>13.1 mIU/L) and for mean value 0.23 mIU/L (>3.2 mIU/L). The level of insulin-like growth factor-1 (IGF-1) was 164 ng/mL (88-452 ng/mL) and IGF binding protein-3 (IGFBP-3) was 4.9 µg/mL (2.1-7.7 µg/mL). Serum free thyroxine and thyroid-stimulating hormone were normal. An oral glucose tolerance test showed no glucose intolerance but the insulin levels peaked at 656.8 µIU/L (100 µIU/L). The homeostasis model assessment of insulin resistance (HOMA-IR) was 6.6 (3.16). Levels of high density lipoprotein cholesterol (HDL-c), low-density lipoprotein cholesterol (LDL-c) and triglycerides were normal. Bone age was estimated at 12 years. Magnetic resonance imaging (MRI) of the brain did not reveal any structural abnormality in the hypothalamic-pituitary region. Histopathology of surgical biopsy of the left gonad confirmed the presence of normal testicular tissue with early spermatogenesis. The irregular mass from the right side of the scrotal sac was histopathologically described as a streak gonad with the presence of a Fallopian tube and rudimentary uterus. Growth hormone therapy, 1.0 mg/m²/day, was started. During the first year of treatment his height increased by 11.0 cm and reached the 25th centile. He remained extremely obese.

**Cytogenetic and Molecular Cytogenetic Studies.** Cytogenetic analysis was performed on G-banded metaphase chromosomes obtained from cultures of PHA-stimulated blood lymphocytes from the proband and his parents according to standard procedures [14,15]. Fluorescence *in situ* hybridization (FISH) was performed on peripheral blood lymphocytes using a Y chromosome cen satellite probe (Q-Biogene, Carlsbad, CA, USA) to detect and enumerate the Y chromosome-specific DYZ3 locus, according to the manufacturer’s recommendations, using an Axioskop microscope and MC 80 camera (Carl Zeiss, Jena, Germany). Subcentromere-specific multicolor FISH (subcenM-FISH) was performed using RP11-115H13, RP11.71M14 and a centromeric probe for the Y chromosome, as reported previously [16]. Fluorescent *in situ* hybridization with a subtelomeric TELVysion Xp/Yp probe, spectrum green (Abbott Laboratories, Abbott Park, IL, USA) and CEPY (DYZ1) probe for Yq12 (Abbott Laboratories) were used for precise characterization of the ring Y chromosome. The FISH images were captured on a Zeiss Axiosplan microscope (Zeiss) with the IKAROS and ISIS digital FISH imaging system (MetaSystems, Altlesssheim, Germany). Telomeric FISH (Telo-FISH) was performed as described in [17], using the Cy-3 labeled telomeric PNA probe (CCCTAA) 3 and staining with DAPI-mounting medium (Vector Laboratories). Chromosomal analysis was performed using a Zeiss Axiomager A1 microscope equipped with a CCD camera and Axiocam image acquisition software (Imaging Associate) and software, Image J. Fifteen metaphases were analyzed for the presence of telomeric signals.

**Molecular Genetic Studies.** Genomic DNA was extracted from a peripheral blood sample by standard procedures [18]. The heterochromatic region of the Y chromosome was analyzed using polymerase chain reaction (PCR) with primers flanking part of a Y chromosome-specific region (the repetitive 3.4 kb sequence from the DYZ1 family) [19]. Diagnostic testing of Y chromosome-specific microdeletions was performed using multiplex PCR amplification directed against three distinct azoospermia (AZF) regions [AZFa (s84, s86), AZFb (s127, s134) and AZFc (s254, s255)] on the long arm of the Y chromosome, the SRY gene on the short arm of the Y chromosome, and the ZFX/ZFY gene as an internal control [20]. Positive and negative controls were provided by DNA samples from a man with normal spermatogenesis and from a healthy woman, respectively.
RESULTS

Karyotype analysis of G-banded lymphocyte chromosomes revealed a 45,X karyotype in 24/44 (54.5%) cells, a normal number of chromosomes with a small, dot-like ring chromosome in 17/44 (38.6%) cells, and 47 chromosomes with two ring chromosomes (Figure 1A and 1B) in 3/44 (6.8%) cells. We considered the small ring chromosome to have originated from the Y chromosome and described the patient’s karyotype as: mos 45,X[24]/46,X, r(Y)[17]/47,X, r(Y)x2[3]. Parental karyotypes were normal. The C-banding analysis of the heterochromatic Yqh region of the patient and his father showed the loss of this region in the patient and its presence in the father, suggesting a de novo origin of the ring chromosome. Fluorescent in situ hybridization using a Y chromosome centromeric α satellite probe demonstrated the absence of a fluorescent signal in 31/100 cells and the presence of one (19/100) and two (2/100) fluorescent signals in interphase nuclei and metaphase cells (Figure 1C and 1D). When a Y chromosome centromeric α satellite probe was used, one fluorescent signal was found on the ring Y chromosome, confirming its monocentric nature. The somatic karyotype was therefore described as: 45,X[31]/46,X.ishr(Y) (DYZ1+) [19]/ 47,X.ish r(Y) x2(DYZ1x2)[2].

SubcenM-FISH [25] characterized two ring (Y) variants in the patient’s karyotype: ish r(Y)(RP11-115H13+, cepY+,RP11.71M14+) and ishr(Y;Y)(RP11-115H13++, cepY++,RP11.71M14++) (Figure 2 A). These were present in different combinations in at least three cellular subpopulations: 46,X,r(Y);47,X,r(Y)x2; 47,X,r(Y)+r(Y;Y). The additional ring (Y;Y) variant, found in only one cell, was a ring chromosome in the process of forming a double ring.

Telo-FISH displayed an r(Y) chromosome with no telomeric signals (Figure 2C), thus confirming loss of telomeric regions on Yp and Yq. Fluorescent in situ hybridization with the subtelomeric probe Xp/Yp probe and probe for Yq12, demonstrated the presence of the Yp subtelomeres and deletion of Yq12 region on the r(Y). The double Y chromosome r(Y;Y) showed two signals for the Yp subtelomere region (Figure 2B).

Polymerase chain reaction with primers for the heterochromatic region of the Y chromosome revealed that the whole of this Yq12 region was missing. Multiplex PCR with selected primers for AZF (the AZFa, AZFb and AZFc) region, SRY and ZFY/ZFX genes showed their presence (Figure 3). These results confirmed the presence of two breakpoints on the Y chromosome that led to formation of the ring: one on the Yp arm (between the subtelomeric region and the telomere) and the other on the Yq arm at Yq12.
RING Y CHROMOSOME, MGD AND GH DEFICIENCY

DISCUSSION

We present a male patient with MGD and a mosaic karyotype with a high percentage of monosomic 45,X cell line and two ring (Y) variants presented in different combinations within at least three cellular subpopulations. Cytogenetic, molecular cytogenetic and molecular analyses demonstrated that the two breakpoints on the Y chromosome were localized on the Yp arm (between the subtelomeric region and the telomere) and the Yq arm at Yq12 (the AZF region was present), respectively, leading to fusion of the broken ends and loss of genetic material. As the father’s karyotype is normal, ring formation occurred de novo in this patient. The presence of two ring (Y) variants, monocentric ring Y and dicentric ring (Y;Y), could result from the specific behavior of the ring chromosome during mitosis depending on the number of sister chromatid exchanges (SCEs). These SCEs could result in the formation of dicentric Y chromosomes, which would then undergo unequal partition during successive mitotic divisions inducing the formation of rings of different sizes [4,21]. Non disjunction could produce a general increase in the number of rings in different cellular populations, as was the case in our patient.

The high percentage of the monosomic 45,X cell line in our patient, due to the instability of the ring chromosome during mitosis, could explain his short stature. The presence of subtelomere Yp signal on the r(Y) chromosome suggests that the genetic material loss implicated in ring Y formation did not include the SHOX/PHOG gene, which is localized in the PAR1 region [4,21,22]. Molecular analysis showed the presence of the SRY gene. The dicentric ring (Y;Y) found in one cell suggests the presence of a cell line with two copies of SRY. More cells carrying the SRY gene result in more testicular structures and increased virilization due to higher production of testosterone by Leydig cells [2]. Bettio et al. [23] indicated that pheno-

Table 1. Clinical features of patients with a ring Y chromosome and mixed gonadal dysgenesis.

| Parameters                        | Our Patient | Patient in [12] | Patient in [3] |
|-----------------------------------|-------------|-----------------|----------------|
| Sex-Age                           | M-10        | M-12            | F-infant       |
| External genitalia                | Hypospadia, unilateral cryptorchidism | Hypospadia, unilateral cryptorchidism | 3 × 1 cm phallic structure, perineal urethral opening, bifid scrotum, single urogenital opening |
| Karyotype from peripheral blood   | 45,X/46,X,r(Y)/47,X,r(Y)x2/47,X,r(Y)+r(Y;Y) | 45,X/46,X,r(Y)/47,X,r(Y)x2/48,X,r(Y)x3/49,X,r(Y)x4 | 45,X/46,X,r(Y) (di-, tetra-, octacentric) |
| Monosomic cells in peripheral blood | 55.0%       | 7.0%            | 81.0%          |
| Molecular analysis                | SRY + AZF(a, b, c) + telomeres - subtelomeric region: p+ q- | SRY + (not in all ring Y chromosomes) | SRY + |
| Father’s karyotype                | 46,XY       | 46,XYqh+        | No data        |
| Patient height                    | 5-10th centile | 10th centile   | No data        |
| Growth hormone deficiency         | Yes         | No data         | No data        |
| Obesity and acanthosis nigricans  | Yes (weight: >97th centile) | Yes (weight: 90th centile) | No data        |
Typic sex is determined by the presence of the 45,X vs. SRY-bearing cells and depends more on the number of copies of the SRY gene rather than on the percentage of 45,X cells, at least in the gonads. The degree of mosaicism varies between tissues, and a mosaic karyotype of 45,X cells, at least in the gonads. The degree of mosaicism is often associated with MGD [24].

Molecular analysis showed the presence of AZF (AZFa, AZFb, AZFc), SRY and ZFY/ZFX genes that correlated with the pathological findings at testis biopsy, which revealed testicular tissue with initial spermatogenesis. Also, there was a normal testosterone response to a short HCG test.

According to the literature, the association of mixed gonadal dysgenesis and ring Y chromosome is extremely rare [2,12]. Our patient is the third patient with such abnormalities to be described in the literature. All patients have been short for their target height, but the two previous cases were not reported to have GH deficiency (Table 1). In our patient, the diagnosis of severe GH deficiency was established according to results of clonidine test as well as results of overnight profile of GH. Thus, he is the first reported case of gonadal dysgenesis associated with a ring Y chromosome whose short stature could be explained not only by the presence of a high percentage of monosomic cells, but also by GH deficiency. The first-year response to GH treatment with a standard dose of GH was successful. Normal levels of IGF-1 and IGFBP-3 could be explained by obesity, insulin resistance and hyperinsulinemia [25].

As with one patient reported previously [12], our patient was obese with significant acanthosis nigricans and pseudogynecomastia. His obesity was secondary to excessive food intake, consistent with the family’s overall nutrition. Insulin resistance and acanthosis nigricans could be explained as a common finding in obese children, as well as his advanced bone age. The obesity and acanthosis persisted after 1 year of GH therapy suggesting that the obesity at presentation was not a consequence of hypopituitarism.

Although short stature in patients with MGD associated with ring Y chromosomes can almost always be explained as a consequence of the high percentage of monosomic cells, or loss of SHOX and other genes important for growth, test for GH secretion should be performed in each child with impaired growth. Further studies are necessary to define the importance of provocative tests and/or overnight profile of GH in short patients with MGD.

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