Glacial geomorphology of the High Gredos Massif: Gredos and Pinar valleys (Iberian Central System, Spain)

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ABSTRACT
We present a detailed geomorphological map of the landform assemblages originated by the two major paleoglaciers of the Sierra de Gredos mountain range in the Spanish Iberian Central System. Based on previous works, our map focused on the features formed by Gredos and Pinar paleoglaciers during the last glaciation and subsequent glacial events. Based on a remote sensing analysis and exhaustive field surveys, we identified with great accuracy the local distribution of glacial, periglacial, mass movement, structural, fluvial, and lacustrine features. We recognized three main glacial geomorphological formations representing: (i) the maximum glacial extension reached (peripheral deposits); (ii) the culmination of glacial conditions (principal moraines) and (iii) the local glacial withdrawal (internal deposits). Our map offers a renewed spatial framework on which to conduct higher-resolution glacial chronologies, especially of Late Glacial and Holocene glacial activity, providing key information for performing future palaeoclimatic reconstructions of the northern hemisphere mid-latitudes.

1. Introduction
Mountain glacier activity is primarily controlled by temperature and precipitations (e.g. Oerlemans, 2005; Roe et al., 2017; Sutherland, 1984) and, therefore, the geomorphic records of former glacial pulses, such as moraine ridges and other ice-marginal landforms, reflect the occurrence of past climate conditions (Mackintosh et al., 2017). In this context, mapping in tandem with Terrestrial Cosmogenic Nuclide (TCN) exposure dating (Gosse & Phillips, 2001; Ivy-Ochs & Kober, 2008), have contributed to expand our knowledge of the sequence and synchronicity of past climate changes at a regional, hemispheric and global scale (Balco, 2011). The usefulness of geomorphological cartography in glacier chronology works using TCN and ice masses reconstruction has recently been highlighted, since for both it is essential to know the geomorphological context (Carrasco, Pedraza, Domínguez-Villar, Villa, et al., 2013; Ivy-Ochs & Kober, 2008; Pearce et al., 2017; Winkler, 2018).

The Sierra de Gredos is the most prominent mountain range in the Iberian Central System and their summits were occupied by extensive glaciers during the last glaciation (i.e. MIS 2; Palacios et al., 2011, 2012; Pedraza et al., 2013). Since this Mediterranean mountain runs in a W-E direction along the central sector of the Iberian Peninsula (Figure 1), is located under the influence of the northern westerly winds, which are considered a major component of the mid-latitude atmospheric circulation (Hurrell & Deser, 2009; Marshall et al., 2001). Deciphering the glacial activity in the Sierra de Gredos will provide insights into the atmosphere-ocean climate interactions occurred in the northern hemisphere mid-latitudes since the Late Pleistocene (Hughes & Woodward, 2008; López-Moreno et al., 2011).

The Main Map presented in this work is the result of research and experiences obtained in the context of several studies (Carrasco et al., 2015; Carrasco, Pedraza, Domínguez-Villar, Villa, et al., 2013; Carrasco, Pedraza, Domínguez-Villar, Willenbring, et al., 2013; Pedraza et al., 2013; Pedraza et al., 2019) aimed at establishing the morphostratigraphy, chronology, and reconstruction of the ice masses and evolution of the glaciers of the Upper Pleistocene of the Sierras.
de Gredos and Guadarrama (Iberian Central System). On the other hand, both the methodology and the representation techniques used to prepare this cartography follow the most current trends for the elaboration of detailed geomorphological cartographies in glacial areas (see e.g. Campos et al., 2018; Leger et al., 2020; Lindholm & Heyman, 2016; Zasadni & Klapyta, 2014).

2. Study area

2.1. Geographical and geological setting

The Sierra de Gredos is an intraplate mountain range located in the central sector of the Iberian Peninsula (~40° N; ~5° W), originating from the Alpine orogeny (mainly in the Neogene) by the reactivation of Late Variscan fractures resulting in a ‘pop-up’ structure and a stair-stepped topography (De Vicente et al., 2011; Pedraza, 1994). The High Gredos Massif is a tilted block mountain with uniform gentle northern slopes (2.3% general slope) and irregular steep southern slopes (18.5% general slope). The main ridge runs 6.8 km in NNE-SSW, NNW-SSE, NW-SE, and E-W directions forming the divide between the Douro and Tagus rivers basins. Some of the ancient pre-glacial erosion summit surfaces reach heights of around 2400 m a.s.l., culminating at 2592 m a.s.l. (Almanzor peak; 40° 14′ 45.52″ N; 5° 17′ 51.04″ W) (Figure 1).

The rivers Garganta de Gredos (Gredos Gorge; hereinafter Gredos river) and Garganta del Pinar (Pinar Gorge; hereinafter Pinar river) flowing from the summits of the High Gredos Massif (above 2400 m a.s.l.) to Tormes river (1217 m a.s.l.) and, during the Last Glacial Cycle, their valleys were occupied by two of the main glaciers of the Iberian Central System. The primary origin of these valleys is associated with two morphotectonic corridors (Gredos-Chilla and Pinar-Tejea gorges) due to fractures NNE-SSE and, to a lesser extent, N-S and NNW-SSE. Their evolutionary history throughout the Quaternary period is completed by pre-glacial fluvial denudation, glacial, and periglacial remodeling and post-glacial and current river action (Martínez de Pisón & Muñoz-Jiménez, 1972; Muñoz et al., 1995; Pedraza, 1994; Pedraza & Fernández, 1981). Hydrologically, both rivers are classified as ‘torrent-type high mountain rivers with a nivo-pluvial regime’ (CHD, 2012). The Pinar river is a tributary of the Gredos river and this, in turn, of the Tormes that is the main river in the northern slope of the High Gredos Massif and tributary of Douro, one of the main rivers of the Iberian Peninsula. The total surface area of the Gredos river drainage basin is 57.9 km², the maximum channel length is 16.12 km and the maximum and minimum elevations of the basin are 2591 (Almanzor peak: 40° 14′ 45.52″ N; 5° 17′ 51.04″ W) and 1217 m a.s.l (the mouth of the Gredos river into the Tormes river: 40° 20′ 48.93″ N; 5° 17′ 47.80″ W), respectively.

In the headwater sector, corresponding to the former glacial cirques, the rivers flow on basement rocks (rocky bed rivers type) and with numerous rapids, while in the middle and lower sectors the rivers flow on gravel and other surficial deposits of the former glacial and pro-glacial valleys (gravel bed rivers type). Finally, it highlights the fact that the postglacial...
channels are narrow and slightly cut into the bedrock floor or into their previous deposits, so that they have hardly modified the morphology of the former glacier bed.

The predominant lithology of the area is composed by Variscan granitoids (i.e. monzogranites, granodiorites), pre-Variscan metamorphic rocks (gneisses, schists, slates, quartzites), and large surficial Quaternary deposits (i.e. alluvial, glacial, periglacial) (GEODE, 2004).

The area has a Mediterranean mountain type climate, strongly influenced by continentality (Köppen-Geiger Climate Classification Dsb and Dsc; AEMET & IPMA, 2011; Durán et al., 2013). The surface climate of the Mediterranean region is primarily linked to the North Atlantic Oscillation (NAO) and also, to a lesser extent, to the Mediterranean Oscillation, the Western Mediterranean Oscillation and the East Atlantic Oscillation (Hurrell, 1995; Sánchez-López et al., 2016; Vicente-Serrano et al., 2009). Annual latitudinal migration of the Azores anticyclone allows the arrival of Atlantic depressions leading to cold and wet conditions during the winter season, while warm and dry summers occur in the region (Sánchez-López et al., 2015). In the area corresponding to the Gredos-Pinar river basin, the following climatic data range can be established from the summits (heights above 1400 m a.s.l.) to the piedmonts (heights around 1200 m) (AEMET & IPMA, 2011; Ninyerola et al., 2005): (i) the range of air temperature for the annual average varies from 2.5 to 12.5°C; for the maximum annual average varies from 10 to 17.5°C and for the minimum annual average from −2.5 to 2.5°C; (ii) the mean number of days yr⁻¹ with temperatures below 0°C ranges from 100–120 to 80–100; and (iii) the range of average total annual precipitation reaches 1800–700 mm. Above 2000 m a.s.l., the snow cover persists between 180 and 300 days yr⁻¹ on discreet sectors sheltered by the local topography (Muñoz et al., 1995).

2.2. Previous work

Although almost all the works on the glacial morphology of High Gredos Massif contain some kind of graph, scheme or map, the most complete cartographies of this area are those corresponding to the Quaternary deposits elaborated in the context of the Spanish Geological Map (Pedraza & Fernández, 1981), those of glacial morphology of the Gredos and Pinar gorges associated with chronological studies (Palacios et al., 2011, 2012) and that of the Gredos Cirque associated with a study on snow avalanches (Soteres, Pedraza, et al., 2020). Although all the data contained in these maps have been fundamental to carry out this work, it is the avalanche map that most coincides with the objectives presented in this work due to its methodology and technique of preparing the different maps.

Early references to the glacial landscape of the Sierra de Gredos go back to the late nineteenth century (Baysselance, 1884; de Prado, 1862; Penck, 1894). However, first systematic studies focusing on the glacial landforms of the region were carried out in the early twentieth century. Schmieder (1915), Huget del Villar (1915), Obermaier and Carandell (1916) and Vidal Box (1932, 1936) described, and occasionally mapped, the major morphological features of these areas. Furthermore, according to geomorphic-based paleoglacier reconstructions, Obermaier and Carandell (1915) also suggested a snowline altitude for the Quaternary period, conducting one of the first paleoclimatic inferences for the Iberian Central System.

Decades later, geomorphological mapping of the High Gredos Massif was significantly improved by Martínez de Píson and Muñoz-Jiménez (1972). Afterwards, Pedraza and Fernández (1981) performed the detailed mapping of the glacial deposits in these areas. The first detailed geomorphological mapping of the High Gredos Massif was presented by Muñoz et al. (1995), Palacios and Marcos (1996) and Palacios et al. (2011, 2012). Outside the High Gredos Massif, Carrasco, Pedraza, Domínguez-Villar, Villa, et al. (2013) reconstructed the extent of the plateau ice-cap that occupied the nearby Sierra de Bejar and Pedraza et al. (2013) established a conceptual model of the evolutionary stages of the glaciers in the Sierra de Gredos during the last glaciation. More recently, using the most up-to-date procedures Campos et al. (2018) mapped in detail the glacial morphology of the main gorges across the nearby Sierra del Barco or La Nava.

First comprehensive chronologies of glacial fluctuations in the Sierra de Gredos using 36Cl-TCN exposure dating were carried out by Palacios et al. (2011, 2012). The results indicated that the Gredos paleoglacier reached its outermost glacial limit at ~26 ka, coeval with the global LGM, the onset of local deglaciation at ~21 ka and at ~16 ka the glacier front withdrew near to its headwall (Palacios et al., 2011). The age of past fluctuations of Pinar paleoglacier was ~24 ka for the outermost glacial limit, also contemporaneous with the global LGM, at ~17 ka beginning of the local deglaciation and at ~10 ka place the complete disappearance of the glacier (Palacios et al., 2012). These data agree with those obtained using 10 Be-TCN exposure dating in the Cuerpo de Hombre paleoglacier (Sierra de Béjar, western sector of Sierra de Gredos, 40 km west of High Gredos Massif). In this paleoglacier, a complete sequence was obtained from the LGM to the Holocene with well-marked Late Glacial stages and correlated with different mountains at the peninsular and continental level (Carrasco et al., 2015). This record, validated with 14C dating and pollen studies (López-Sáez et al., 2020; Turu et al., 2018), constitutes the first direct evidence
of complex glacial activity during the Late Glacial in the Iberian Central System. Recently, a set of cosmogenic ages obtained in previously glaciated valleys of the Sierra de Gredos have been summarized in Oliva et al. (2019), who also recalculated all the available chronological data of the Iberian Peninsula considering the most accurate and up-to-date TCN production rates.

3. Methodology

In order to perform rigorous mapping of the spatial distribution of the glacial landforms created by both the Gredos and Pinar paleoglaciers, we conducted a combination of pre-field photointerpretation map (made using panchromatic stereo-photos) and field checking (Chandler et al., 2018; Evans, 2012; Seijmonsbergen, 2013; Smith et al., 2006; Verstappen, 2011). Using as a basis the classical structure of the legend for geomorphological maps (landform/deposit-process-age represented by symbols and colors patterns; Demek, 1972) and the most standardized symbols (FGDC, 2006), we first produced a preliminary map by using ArcGIS 10.4 software and 3D imagery of the IBERPIX visor (IGN-IBERPIX). In order to identify minor glacial features, we also examined aerial imagery (spatial resolution 0.5 m) and the LIDAR (Laser Imaging Detection and Ranging) digital terrain model (DTM, spatial resolution 0.2 m) both provided by the PNOA (Spanish National Program for Aerial Orthophoto). All geographic data was compiled from the Spanish National Center for Geographic Information (IGN-CNIG, www.ign.es). LIDAR derived DTMs were processed following the methodology proposed by Fernández-Lozano et al. (2015) based on the algorithms implemented by Kokalj et al. (2011), which have yielded promising results in the analysis of surface processes and minor landforms in archaeological works (Fernández-Lozano et al., 2020). However, we adapted this twofold approach for mapping glacial landforms. The workflow consisted in the generation of a slope and Simple Local Relief Model (SLRM) maps. While slope maps represent the maximum rate of change between DTM neighbors cells by determining the difference of solar illumination provided by ridges and talwegs, the SLRM map enhances the visibility of low relief features by removing large-scale landforms from the original DTM (Hesse, 2010). Both types of maps proved to be a useful guideline for mapping glacial geomorphological features such as moraines and cirques, especially the headwall, by providing variations in shading and hue between different small and large relief elements (Figure 2). Finally, we conducted exhaustive field surveys to check out our preliminary map by using a handheld GPS.

4. Results

We grouped together local geomorphological features according to their morphogenetic nature in glacial, periglacial, mass movement, fluvial and lacustrine landform assemblages. Individual landforms are summarized in Table 1, adapting the scheme presented in Darvill et al. (2014), Bendle et al. (2017) and Soteres, Peltier, et al. (2020).

4.1. Glacial landforms

The landscape of the High Gredos Massif is dominated by both erosional (i.e. cirques, U-shaped valleys, roches moutonées) and depositional (i.e. moraine ridges) glacial features, which are clearly preserved between ~2400 and 1400 m a.s.l.

The former accumulation zones of these glaciers were located close to the main summits. They present the characteristic appearance of glacial cirques, that is to say, semi-circular hollows bounded by steep slopes (Evans & Cox, 1974), but, in general, their morphology is more complex than that of the cirques described in easternmost areas of the Iberian Central System (Pedraza et al., 2019). The two larger ones, Gredos (total surface 1356 ha; bottom elevation from 1650 to 2000 m a.s.l.; average length of headwalls 350 m) and Pinar (total surface 680 ha; floor elevation from 1700 to 1960 m a.s.l.; average length of headwalls 300 m), are complex cirques formed by four and three compartments, respectively. The third, La Hoya del Cervunal, is a smaller (total surface 33 ha; bottom elevation from 1900 to 2000 m a.s.l.; average length of headwalls 100 m) and simple cirque. Major cirques often show glacial thresholds as well as well-defined arêtes and horns (Figure 3).

The Gredos gorge runs in a N-S and NW-SE directions and reaches ~8.5 km in length, ~1.0 km width and ~350 m in depth. The Pinar gorge runs in a N-S and NNE-SSW directions and has ~10 km in length, it is ~1.2 km in its widest stretch and ~400 m in depth. They both present a typical U-shaped profile, although some portions have been subdued by post glacial slope deposits (Figure 4). Close to their headwalls, the floor of both gorges is predominantly rocky, exhibiting a well-preserved ice-sculpted topography. Several polished bedrock outcrops show the typical asymmetric profile of the roches moutonées with the steepest slope facing north. Frequent glacial striations and both isolated or aligned erratic boulders occur over the ice-sculpted bedrock features (Figure 5(a), 5(b)).

Ice-marginal features, especially moraines, are well represented on the slopes in both Gredos and Pinar valleys between ~1800 and ~1400 m a.s.l. (Figures 4 and 5 (c)). These landforms are positive-relief linear features composed of fine to coarse sediments,
including several metric-scale boulders, which delimitate the extent of former glaciers. Major moraines in the study area can reach \( \sim 4 \) km in length and \( \sim 250 \) m in height from the valley bottom. Associated with the distal slope of the main moraine we identified aligned boulder trains partially buried by glaciofluvial deposits. Further into the main moraine, we identified a sequence of at least 11 and 14 minor moraine ridges in the Gredos and Pinar gorges, respectively. In the interfluve between the main valleys, the smaller Hoya Nevada paleoglacier originated a sequence of at least 9 minor moraine ridges distributed between \( \sim 1900 \) and \( \sim 1800 \) m a.s.l.

Upstream, ice-marginal features are scarce and only occur as diffused groups of aligned boulders and minor moraine ridges with a transverse orientation related to the inferred ice flow direction. These glacial limits appear at the bottom of the Gredos and Cinco Lagunas cirques at elevations of \( \sim 2000 \) m a.s.l.

According to their morpho-stratigraphic and evolutionary significance (Pedraza et al., 2013) and their chronology (Palacios et al., 2011, 2012; recalculated in Oliva et al., 2019), all these moraine systems and their corresponding ridges have been grouped together into three main formations (Figures 4 and 5 (c)): (1) peripheral deposits (PD; \( \sim 26–24 \) ka), (2) principal moraines (PM; \( \sim 24–20 \) ka) and (3) internal deposits (ID; \( \sim 20–12 \) ka). The PD formation consist of scattered erratic boulders and minor moraines and correspond to the outermost ice-marginal features. It represents the most extensive glacial stage, including the Glacial Maximum and subsequent limited retreat. The PM formation is the most outstanding lateral moraines rimming the valley and they were developed during a stage of remarkable readvance and subsequent stabilization of local paleoglaciars, representing a valuable morpho-stratigraphic marker for the LGM. Finally, the ID formation is composed by scattered erratic boulders and minor recessional moraines (latero-frontal or arcuate) located near the headwalls. This formation marks different events of glacier retreat during the deglaciation phase and includes short stages of glacier stabilization, probably correlated with the three Dryas stadials.

Figure 2. (a) Slope map of the study area. (b) SLRM map with radial curvature of 20°. (c) Aerial image of the Gredos valley view from the N, showing the view-eyed position indicated in (a) and (b).
Table 1. Summary of the glacial and associated landforms of Gredos and El Pinar valleys (1).

| Morphogenetic System | Process or paleo-process / Landform(1) | Morphology and interpretation | Chronology or stage |
|----------------------|----------------------------------------|-----------------------------|---------------------|
| 1. Glacial Aggradation | Peripheral Deposits | Scattered erratic boulders and minor moraines with a maximum height of 6 m above the level of the Cervunal meadows. They correspond to the Glacial Maximum advance and subsequent limited retreat stages. | ~26–24 ka (2) |
| | Principal Moraine | The most outstanding lateral or border moraines that limit the valley with a maximum height of 30 m above the level of the Cervunal meadows and 250 m above the level of the valley bottom. They correspond to a stage of remarkable re-advance and stabilization of glaciers. | ~24–20 ka (2) |
| | Internal Deposits | System scattered erratic boulders and recessional minor arcuate or latero-frontal moraines 1.5–10 m high, respectively, a maximum height above the level of the valley bottom. They represent the stages of glacier retreat associated with the deglaciation phase. | ~20–12 ka (2) |
| | General Supra-glacial till deposits | Massive concentration of boulders in the valley bed showing moraine arcuate crests. Their structures, such as, fractured 'megclasts', pervasive jigsaw textures and sedimentary contrast between their proximal and distal reaches, are indicators of a primary origin by rock avalanches onto glaciers. | |
| | Basal complex formation | Plains with hydromorphic soils and grassland development, which represent the result of a complex sedimentary filling in which sequences of tills, fluvioglacial and lacustrine deposits may appear. | |
| | Moraine ridge | Summit of elongated hill or boulder alienation | From the Glacial Period to the Present Time |
| | Erosive Polish and striated bedrocks | Abrasive structures on the granite rock surface of a former glacier bed. These structures have a remarkable development on the thresholds of the Laguna Grande cirque. | During the glacial stages |
| | Glacial cirque | The two larger one, Gredos (13356 ha) and El Pinar (680 ha), are complex cirques formed by four and three compartments, respectively. The third, La Hoya del Cervunal, is a smaller (33 ha) and simple cirque. | |
| | Former ice transfluence zone | A relatively low topography on the summit surface or ridge line (saddle topography) connecting two former ice accumulation basins or glacial cirques. | During the stages of expansion of ice (~26–20 ka) |
| 2. Periglacial Aggradation | Protalus (or pronival) rampart | These are boulder ridges produced at the lower margins of perennial or semi-permanent snow beds located on the upper threshold beneath of headwalls of the cirque (from ~2350 to 2400 m asl). | The probable maximum of activity during the Little Ice Age (3) |
| | Protalus ridge | | |
| 3. Mass Movement Aggradation (deposits) | Talus Slope | These are widespread in the upper sector of the gorges, commonly associated with the base of major rock cliffs or cirque headwalls. In many cases, talus slopes are formed by coalescence debris fans | In general, they are paraglacial slope phenomena whose maximum activity takes place during deglaciation (~20–12 ka) and first postglacial (Lower Holocene) stages, with a remarkable attenuation at present. |
| | Debris avalanche | Located on the lateral moraines. Usually these formations are small, however we recognized a major avalanche in the left lateral moraine of the Gredos gorge, close to the Cervunal area (Navazarza site). | |
| | Debris Flow | Debris flows can occur at both rocky and loose sediment slopes, coinciding with the cirques and the moraines and talus, respectively. The largest debris flows typically occur associated with structural corridors located at the headwalls, reaching ~400 m in length. The major concentration of these landforms appears in the proximal slope of the El Pinar Moraine. | |
| | Solifluction-gelifluction | These phenomena are frequent in areas of weathered rocks (grus) and concentrations of fine-grained materials (subglacial till and hydromorphic soils) and they consist of lobes, sheets and tongues of small dimensions (2–5 m). | Pleistocene-pre-Last Glacial Cycle at present |

(Continued)
### Table 1. Continued.

| Morphogenetic System | Process or paleo-process / Landform | Morphology and interpretation | Chronology or stage |
|----------------------|-------------------------------------|------------------------------|---------------------|
| Erosive             | Crown and main scarp Figure 4 (a)  | Semi-circular scarp on the headwalls of a mass-wasting deposits reaching the floor of the valley. The most significant of these morphologies corresponds to the Navarazza avalanche. |                      |
| 4. Structural and mixed Erosive | Fracture zones and corridors Figure 6(a), 6(d) | Pre-glacial morphologies derived from tectonic reactivation and modified by fluvial, periglacial and glacial processes. The ones represented here correspond mainly to glacial and periglacial activity. | Upper Pleistocene and Holocene. |
|                      | Fault-line scarp and threshold Figure 6(a), 6(d) |                                                                                     |                      |
| 5. Glacio-Fluvial Aggradation | Proglacial alluvial plain Figure 4(b) | Paraglacial phenomena resulting from melting and ablation of the glaciers. Located at the bottom of the valley, these formations can be correlated with those of internal glacial deposits (ID). | During the deglaciation (∼20–12 ka) \(^{(4)}\) |
|                      | Proglacial alluvial fan Figures 4(a), 4(b) |                                                                                     |                      |
| 6. Fluvial Aggradation | Alluvial terrace Figure 4(b) | These landforms are discontinuous and appear on both sides of the channel and only in the two main rivers, Gredos and El Pinar. In general, they are embedded in the bottom of the former glacial valley on the basal complex formation (BC) and the former fluvioglacial floodplain. | Post-glacial (Holocene) |
|                      | Alluvial fan Figures 4(a), 4(b) | These landforms are associated with debris flow channels as evolutionary stages subsequent to them or to former proglacial alluvial fans as new sequences of progradation. They mainly appear on both sides of the valley in the foot slopes of moraines. |                      |
| Mixed Aggradation    | Fluvial plain (river channel and floodplain) Figure 4 | The two only rivers that have a large alluvial plain are Gredos and El Pinar. These landforms are the generalized current channels and their floodplain with discontinuous development and made of gravel bar braid. The alluvial plain is embedded in the bottom of the former glacial valley on bedrock polished surfaces or previous surficial deposits. |                      |
|                      | Terrace and channel Wall Figure 4(b) | Recent and ancient riverbank scarps. |                      |
| 7. Lacustrine Aggradation | Lakes and ponds Figures 3, 4(a), 7 | Most were caused by glacial overdeepening in the former accumulation basin (cirque lake) and only one (La Laguna del Cervunal) is a moraine-dammed type. They vary between true perennial lakes (in general, greater than 0.5 ha in surface area and 3 m in depth) and small seasonal lakes or ponds. | From the early stages of retreat (moraine dammed lakes, after ∼26 ka) or the Final glacial stages (cirque lakes, ∼12 ka) to the present. |
|                      | Peaty system Figures 4(a), 5(d), 7(b) | These landforms are created by the sediment overfilling in former lacustrine basins or similar depressions. They are a flat surface colonized by herbaceous vegetation forming small grasslands (locally known as cervunales and navas). | From pre-Last Glacial Cycle (Pleistocene) to Present Time |

\(^{(1)}\)The colors and symbols used here are those used in the general geomorphological map.

\(^{(2)}\)Absolute chronology provided by \(^{36}\)CL-TCN (Palacios et al., 2011, 2012; recalculated in Oliva et al., 2019).

\(^{(3)}\)Provided by lichenometric analysis (Sancho et al., 2001).

\(^{(4)}\)Absolute chronology provided by Optically Stimulated Luminescence for some deposit (Muñoz-Salinas et al., 2013).
Finally, the term ‘basal complex’ (BC) is introduced here to account for the sedimentary sequences forming flat morphologies located along the valley floor, which has generally been classified as ‘ground moraine’. These formations result in a sequence of sedimentary filling processes in some small basins or subglacial concavities (80–500 m long and 1–4 m deep). The most complete sedimentary sequence comprises (from bottom to top): subglacial till (lodgment and melt-out) and supraglacial till (generally, ablation till), fluvio-glacial sediments, peaty sediment and hydromorphic soils (BC, Figures 4 (b), 4(c) and 5(d)).

4.2. Nival and periglacial landforms

The periglacial dynamic in the Sierra de Gredos had remarkable activity and efficacy during the cold stages of the Upper Pleistocene and Holocene (Acaso et al.,...
After the LIA, the periglacial activity had noticeably declined being driven by seasonal and diurnal frost formation of incipient solifluction landforms above 1850 m and micro-patterned ground above 1600–2000 m (Oliva et al., 2016). Of all these types of periglacial landforms, in the Gredos and Pinar gorges area only the formations of debris accumulations have been identified with cartographic entity. For the reasons set out in the corresponding section, part of these formations has been included as mass movements, leaving here those genetically associated with snow processes.

The main geomorphic features related to nival processes in the study area are protalus or prronival ramparts (PR; Figure 6(a)). These landforms are defined by a ridge or ramp formed by coarse debris at the downslope margin of a perennial or semi-perennial snow patch (Shakesby, 1997). Their formation is commonly attributed to debris originated by freeze–thaw processes in nearby bedrock cliffs, which fall and roll over the snow patch to accumulate in its limit (Ballantyne & Benn, 1994; Matthews et al., 2017).

In the Gredos gorge, these periglacial landforms were first identified by Muñoz et al. (1995), who recognized the most impressive protalus rampart in the main cirque walls, specifically in the Cuchillar de las Navajas area. Subsequently, Sancho et al. (2001) carried out a lichenometric analysis at the site and concluded that this feature was most likely formed during the Little Ice Age. Additionally, the authors also identified protalus ramparts in the northeast face of the Almanzor peak, the Canal de la Portilla, El Gargantón gorge and El Cervunal cirque. In Pinar gorge, Palacios et al. (2012) recognized two protalus ramparts nearby La Galana and Güetre peaks.

4.3. Mass movement landforms

Erosive and depositional landforms associated with slope failure processes are common in the study area. We prefer to classify them as mass movement landforms because there are several processes involved on the denudation of the rock walls which provide sediments for the formation of these features (i.e. freeze–thaw, hydrostatic pressure, structural and lithological arrangements and, probable, debuttressing).

Debris flow features (DF; Figures 4(a) and 6(b)) are widespread in both gorges (Muñoz et al., 1995; Muñoz-Salinas et al., 2013; Palacios et al., 2012; Palacios & Marcos, 1996). These landforms consist of a small failure escarpment in their upper sector, associated with a narrow and deeply incised channel and, occasionally, a fan deposit in their lower section. Debris flows can occur on both rocky and loose sediment slopes, coinciding with cirques and moraines or talus slopes, respectively. Largest debris flows typically occur associated with structural corridors, reaching ~400 m in length. The major concentration of these landforms appears in the proximal slope of the Pinar principal moraine.

Talus slopes (TS; Figure 6 (c)) are formed by the accumulation of angular heterometric debris resting at a ~35° angle located at the base of major rock cliffs. In many cases, talus slopes are composed by...
coalescence debris fans, which are formed by punctual rockfalls channeled along the structural corridors (Figures 5(a), 6(a) and 6(c)). These landforms are ubiquitous in the upper sector of both valleys.

Additionally, in the Pinar gorge, we identified a massive supra-glacial till deposit similar to that described in the paleoglacier of the Cuerpo de Hombre formed by a former rock avalanche event (paraglacial debuttressing processes; Carrasco, Pedraza, Domínguez-Villar, Willenbring, et al., 2013). This feature is characterized by a thick accumulation of angular heterometric debris distributed on arcuate diffuse ridges.

Other mass movement formations are debris-avalanches (DA; Figure 4 (a)) punctually located on the lateral moraines in both valleys. Usually these formations are small in size, however we identified a major avalanche in the left lateral moraine of the Gredos gorge, close to the Cervenal area. These landforms exhibit semi-circular scarps on the headwalls of mass-wasting deposits reaching the floor of the valley. The typical fan-like planform of the deposit has been hidden by modern fluvial activity. The morphology of the deposits consists of a system of stepped lobes indicates that the avalanche has been reactivated several times in the past.

Finally, in areas of weathered rocks (grus) and concentrations of fine-grain materials (i.e. subglacial till and hydromorphic soils), solifluxion-gelifluxion phenomena are frequent and lobes, sheets, and tongues of small dimensions (2–5 m) are formed.

4.4. Structural landforms
In the upper sector of both gorges, we recognized a wide variety of structural landforms, such as fracture zones or corridors and fault-line escarpments or thresholds (Figures 2, 6(a) and 6(d)). These features are determined by the local lithology and tectonic layout of the regional and local faults. Fracture zones and structural corridors are linear negative-relief features that connect the summit area with the cirque floor with no preferential orientation. The most impressive structural corridors can reach ∼500 m in length, ∼80 m in width and ∼10 m in depth. The majority are covered by unconsolidated debris of different grain size on their floors and occasionally they can contain glacial till and periglacial protalus or pronival ramparts. Some of these landforms have been identified as frequent snow avalanche paths in the area (Soteres, Pedraza, et al., 2020).

4.5. Glaciofluvial and fluvial landforms
Glaciofluvial landforms are residual outwash plains (proglacial alluvial plains and proglacial alluvial fans, PAf) dissected by postglacial river channels. These

Figure 6. (a) Protalus rampart (PR) partially fossilized by a subsequent debris cone (DC), located on one shoulder of the Gredos cirque slopes and associated with fracture corridors, view from the NW. (b) Recent debris flow on the slopes of lateral moraines of Pinar paleoglacier. (c) Talus slopes (TS) located at the foot of the Gredos cirque walls. (d) Polished surfaces, thresholds, fault lineaments, corridors and escarpments on granite bedrock of the El Garganton, view from the NE (Gredos cirque, see Figure 3).
postglacial fluvial processes show total continuity with the previous glaciofluvial processes and are represented by the current river channel and adjacent alluvial plain and, locally, alluvial fans (Af).

The main streams flow from headwall lakes following the valley floor until they cut through the relict frontal moraines in both gorges. Upstream, the main river is predominantly linear, channeled in the ice-sculpted topography. Downstream, the river channel planform describes diffuse meanders over minor alluvial terraces (T), forming fluvial bars locally (Figures 4(b) and 4(c)). All these fluvial and glaciofluvial morphologies are embedded in the bottom of the former glacial valley on bedrock polished surfaces (PS) or previous surficial deposits.

4.6. Lacustrine landforms

Lacustrine features are mainly composed of lakes and peaty system. The lakes are small to very small (ponds), perennial or seasonal covering 8 ha in Laguna Grande (Gredos Cirque) to 0.3 ha in Laguna Mediana (Pinar Cirque), and their depth range from 0.5 m in Las Lagunillas to 9.5 m in Laguna Cimera (both in the Pinar Cirque) (Figures 3 and 7(a) and 7(b)).

The interfluve between the valleys hosts the only proglacial morainic-dammed pond in the area, the Laguna del Cervunal (Figure 7a). Most of the bedrock-dammed lakes and ponds (12 in total) are in the cirques that form the headwalls of both gorges, where over-deepened rocky basins were excavated by glacial processes (cirque lakes type).

Peaty system is created by the sediment overfilling of former lacustrine basins or similar depressions. The resulting landform is defined by a flat surface colonized by herbaceous vegetation. Mostly without well-developed soils and with small grasslands of *Nardus stricta* and psicroxerophytic meadows (locally termed *cervunales* and *navas*). Major peaty systems are often associated with the proximal slopes of moraine limits where they most likely formed proglacial lakes in the past.

The most extensive peaty system or *navas* in the area are the Prados del Cervunal meadows, dammed for the moraines of Pinar and Gredos paleoglaciers (Figure 4a). This peaty system is like Navamuño, other lateral complexes located 40 km west in Cuerpo de Hombre Valley (Carrasco et al., 2018; Turu et al., 2018).

5. Conclusions

Detailed geomorphological mapping of two of the major gorges of the High Gredos Massif, called the Gredos and Pinar valleys, was performed using aerial orthophotographs and LiDAR-derived DTMs. The study area is dominated by a wide variety of glacial landforms, especially ice-marginal features, such as moraine ridges, ice-sculped topography and aligned boulder trains. Other landforms associated with periglacial processes, such as protalus ramparts, are represented in the headwalls of both gorges. In combination, glacial and periglacial landforms offer insight into the structure of local glacial activity since the last glaciation.

Major glacial limits clearly delimitate former glacier geometry during the local LGM and possibly during the Late Glacial and Holocene periods as well. According to our interpretation, both Gredos and Pinar paleoglaciers may have experienced a rapid retreat during the last deglaciation following a similar sequence of glacial events to other paleoglaciers in the region.

Our main map provides a new spatial frame where chronological analyses of the glacial landforms can be performed, contributing to the assessment of potential mechanisms operating behind past climate changes at a regional and hemispheric scale.

Software

The spatial information analysis was carried out on ArcGIS 10.4 software (academic licenses from Universidad Complutense de Madrid, UCM). Hillshade extraction from the digital elevation model was
performed with Surfer 15. Final maps were produced with Adobe Illustrator CC 2019.

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