Morphometric Analysis of Accessory Vessel Grooves (AVG) in the Skulls of the Ancient Spradon Population: An Anthropological Approach

SUMMARY: Accessory vessel grooves (AVG), or accessory vessel sulcus, is the name given to grooves seen in the frontal region of the skull. In studies conducted by anthropologists on antiquity skeletons, it is seen that some variations are confused with traumas due to the unknown skeletal morphology. This situation leads to an incorrect evaluation of the socio-economic or health structure of the population. In this study, an accessory vessel grooves research was carried out on the skeletons of the late Roman-early Byzantine population. Studies were conducted on 69 adult human skeletons of known age and sex, and 3 human skeletal skulls whose sex could not be determined. Accessory vessel grooves rate was calculated as 10.54% in the Spradon ancient population. While there is 10.52% AVG in female individuals in the population, lower AVG levels have been detected in males compared to females with 9.67%. There is no significant difference between male and female individuals in terms of AVG. Although the lengths of AVG differ in the right and left frontal, it can be said that there is no difference in direction. Although the relation of AVG variation with high blood pressure is included in the literature, the intense appearance of this structure in the Spradon Population, especially in young individuals, weakens this hypothesis. The literature on the existence of AVG will expand further with the studies to be carried out on ancient Anatolian populations in the following years.

KEY WORDS: Accessory vessel grooves (AVG); Morphology; Ancient Anatolian population; Skull.

INTRODUCTION

While conducting anthropological studies on the skeletons of ancient populations, it can be confused whether some structures in the skeletons are morphology or a pathology. In this case, it is necessary to know the skeletal morphology well and to master the variations and pathologies that may occur in the skeletons. Whether the thin grooves seen in the skull are pathology or an anatomical structure is one of the frequently confused issues. Because many ancient populations have grooves similar to some incision marks on the skeletons. Therefore, the detection of these structures, which anthropologists often confuse with trauma traces in their research on ancient populations, is important in understanding the health status of the population correctly.

The venae emisseria opens into the sinus durae matrix, located in the spaces between the two leaves of the outer membrane of the dura mater of the brain, by piercing the cranium. The holes they create while passing through the Venae emisseria Cranium are called emissary vein holes. Vv. Emissariae connects the diploic veins inside the skull bone to the sinus durae matrix together with the veins of the scalp (Standring, 2008).

These veins pass through the holes in the cranium wall and provide the connection between the sinuses inside the cranium and the veins outside (Gray, 1918). These veins have an important function in balancing intracranial pressure and during cerebral occlusion or v. They can act as safety valves in patients with head or neck lesions such as narrowing of the jugularis interna (Louis Jr. et al., 2009). Since there are no valves in the emisser veins, the blood flow is bidirectional. Under normal conditions, blood flow in these veins is slow. However, in cases where intracranial pressure increases, these veins become important blood evacuation routes. Emissary veins also play an important role in adjusting the heat balance in the skull, as they allow cooler
blood to pass from the head surface to the brain. (Irmak et al., 2004). The fact that the 2 grooves in the skull end with the emissary vein hole, it is formed as a result of the enlargement of the emissary veins with 2-way flow due to a trauma, infection or pathology that may cause an increase in intracranial pressure in these individuals, which may belong to Vena Emisseria parietalis. It is thought to be.

**MATERIAL AND METHOD**

The skulls with Accessory Vessel Grooves (AVG) subject to the study were extracted in Avcılar District of Istanbul Province. Spradon Ancient City was dated to the Late Roman-early Byzantine period (1st and 2nd century AD). 58 graves were found in the excavation area and skeletons of 90 individuals in total were found among these tombs. 38 Female and 31 Male individuals were determined after the determination of age and sex. The sex of 3 adults could not be determined (Table I) (Sarbak et al., 2017).

Accessory vessel grooves (AVG) research was conducted in a total of 72 adult individuals and the sizes of Accessory Vessel Grooves were carefully measured and recorded several times with digital calipers.

**RESULTS**

| Grave Number | Sex     | Age            | Right (mm) Medial / Lateral | Left (mm) Medial / Lateral |
|---------------|---------|----------------|----------------------------|---------------------------|
| M46-3         | Female  | Young Adult    | Not                        | Not                       |
| M 35          | Female  | Middle Adult   | 18,47 / 37,41              | 5,97 / 36,58              |
| M36-4         | Male    | Middle Adult   | 36,2 / Not                 | Not / Not                |
| M 44-3        | Female  | Young Adult    | 27,92 / Not                | Not / 16,11               |
| M 44-1        | Male    | Young Adult    | 14 / 26,78                 | 9,21 / 21,06             |
| M35-4         | Male    | Young Adult    | Not / 30,53                | Not / Not                |
| Indefinite    | Female  | Elderly Adult  | Not / Not                  | Not / Not                |

Spradon late Roman Early Byzantine Population investigated morphological structures called accessary vessel grooves or accessary vessel sulcus on the skulls of adult individuals. In this context, accessary vessel grooves structure was found in 7 individuals in the Spradon community without any coherence of direction. While 4 of these were found in Female individuals, 3 of them were found in Male individuals. 4 of individuals with AVG are seen in Young Adult individuals, 2 in Medium Adult and 1 in Advanced Adult individuals. Of these individuals, there are 2 Young Adult Individuals for Female and Male, 1 for Middle Adult Female and Male, and 1 for Advanced Adult Female (Table II).

M46-3 young adult Female individual had no AVG in the medial and lateral sides of the frontal, while 2 AVGs were detected in the medial of the left frontal, 54.82 mm and 26.55 mm in the lateral (Fig. 1).

![Fig. 1. M46-3 young adult female individual.](image-url)
sulcus with 37.41 mm, which is almost 2 times its length in the lateral. There are 2 sulcus in the left frontal of the individual. While there is a sulcus with a length of 5.97 mm in the medial of the left frontal, the other sulcus with a length of 36.58 mm is located laterally (Figs. 2 and 3).

M36-4 middle adult Male individual only has a 36.2 mm long sulcus in the right frontal medial (Fig. 4).

M 44-3 young adult female individual has 3 AVG structures. While there is a sulcus of 27.92 mm in the medial part of the right frontal, this structure is not present in the lateral. While there was 16.11 mm sulcus in the medial of the left frontal, its length of 78.09 mm in the lateral was measured as the longest AVG in the Spradon population. The individual also has metopic suture (Fig. 5).

M 44-1 young adult male individual has 4 AVGs. There is a sulcus of 14 mm in the medial part of the right frontal, 26, 78 mm in the lateral part, 9.21 mm in the medial of the left frontal and a 21.06 mm long AVG in the lateral part. A 30.53 mm long AVG structure was detected only lateral to the right frontal of a M 35-4 young adult Male. There is only 1 AVG in an uncertain advanced adult female. A sulcus with a length of 19.45 mm was detected in the medial part of the left frontal.

Fig. 2. M35 female individual.

Fig. 3. M35 female individual's side view

Fig. 4. M36-4 middle adult male individual.

Fig. 5. M 44-3 young adult female.
DISCUSSION

While conducting archaeological and anthropological studies, it is very important to interpret human remains correctly in order to enlighten past populations. Anthropological materials give a lot about the health structures of past populations and their socio-economic situation (Açıkgöz et al., 2020) Having good skeletal morphology knowledge of anthropologists contributes to revealing valuable information from human remains. While conducting anthropological studies, the relationship between the environment and human of the ancient populations constitutes an important subject of research. Evaluations can be made on the skeletons about the daily lives of the population and it is possible to compare them with socio-economic data. In ancient Anatolian populations, revealing whether they were exposed to accidents that occurred as a result of both external factors and daily life is important in terms of reconstruction of the lives of ancient people (Fig. 6). In cases where skeletal morphology is not mastered, it is possible to confuse an anatomical structure in the skeletons with pathology.

Whether some anatomical structures are pathology or morphological features can be confused by forensic scientists, anthropologists, archaeologists, anatomists, neurosurgeons. Forensic scientists and anthropologists who do not have sufficient knowledge about the formation of accessory vessel grooves can define this structure as a traumatic lesion. Although it is an anatomical structure, Accessory Vessel Grooves, which are confused by archaeologists and anthropologists and have the appearance of an incision scar, are the most important of these anatomical structures. This anatomical feature, which often gives the impression that it was created by a cutting tool on the frontal bone, may cause scientists to misjudge it because it is not a common epigenetic character. In cases where Emitter Veins become prominent, these structures are called Accessory Vessel Grooves. And it is considered a nonmetric feature, not just any pathology. Usually sup. orbital foramen, sup. Veins originating from the orbital notch or frontal foramen form a sulcus on the skull.

There is no exact information about the age of occurrence of accessory vessel grooves. However, Dixon (1904) mentions that a 4-year-old boy found prominent grooves for the supra-orbital nerves in the frontal region. He also states that these grooves are more common in individuals between the ages of 15-30 because the development of the frontal part of the skull is faster in these years. He says that these scars deepen in individuals aged 40-80 (Dixon).

Accessory vessel grooves have been identified in 7 individuals in the Spradon Ancient City community. The rate of AVG in the population is 10.14%. Accessory Vessel Grooves were observed in 4 out of 38 female individuals and 3 out of 31 male individuals cared for in the Ancient Spradon Population. While the rate of AVG is 10.52% in female individuals, it is 9.67% in male individuals. There is no significant difference between the sexes. In terms of age distribution, it was found to be 18.18% in young adults,
6.25% in middle adults and 12.5% in advanced adults. A higher rate of AVG was detected in the left frontal region compared to the right. Again, a significant difference was found in the measurements taken from the left side compared to the right. In some studies, it is emphasized that AVG can be associated with high blood pressure (Cabanac & Brinnel, 1985). However, the fact that some of the individuals with AVG seen in the Ancient Spradon population are at a very young age is a definite result of the fact that it is not a structure that develops due to high blood pressure. The presence of such a large number of AVGs in the Spradon population can be explained by genetic reasons, although it is not covered much in the literature. Because, in another study, the variational characteristics of the head during hyperthermia. Eur. J. Appl. Physiol. Occup. Physiol., 54(2):172-6,1985.

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RESUMEN: Surcos de los vasos accesorios (SVA), o canales de vasos accesorios, es el nombre que se les da a los surcos que se ven en la región frontal del cráneo. En los estudios realizados por antropólogos sobre esqueletos de la antigüedad, algunas variaciones se pueden confundir con traumas debido a la morfología esquelética desconocida. Esta situación conduce a una valoración incorrecta de la estructura socioeconómica o sanitaria de la población. En este estudio, se llevó a cabo una investigación de surcos de vasos sanguíneos accesorios en los esqueletos de la población romana tardía y bizantina temprana. Se realizaron estudios en 69 esqueletos humanos adultos de edad y sexo conocidos, y 3 cráneos esqueléticos humanos cuyo sexo no se pudo determinar. La tasa de surcos de vasos accesorios se calculó como 10,54% en la población antigua de Spradon. Si bien hay un 10,52% de SVA en las mujeres de la población, se han detectado niveles más bajos de SVA en los hombres en comparación con las mujeres en un 9,67%. No existe una diferencia significativa entre hombres y mujeres en términos de SVA. Aunque la relación de la variación de SVA con la hipertensión arterial está incluida en la literatura, la importante advertencia de esta estructura en la población de Spradon, particularmente en sujetos jóvenes, debilita esta hipótesis. La literatura sobre la existencia de SVA se ampliará aún más con los estudios que se llevarán a cabo en las antiguas poblaciones de Anatolia en el futuro.

PALABRAS CLAVE: Ranuras para vasos accesorios (AVG); Morfología; Población de Anatolia antigua; Cráneo.

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