“Giant cell arteritis manifesting as retinal arterial occlusion and paracentral acute middle maculopathy in a patient on pembrolizumab for metastatic uveal melanoma”

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ABSTRACT

Purpose: To report the association of pembrolizumab, an immune checkpoint inhibitor (ICI), with giant cell arteritis (GCA) presenting as paracentral acute middle maculopathy (PAMM) secondary to retinal arterial occlusion.

Observations: 86-year old male with history of treated choroidal melanoma now with metastatic uveal melanoma to the liver on pembrolizumab, an ICI, who presented with acute vision loss in the uninvolved left eye. Spectral domain optical coherence tomography showed band-like increased hyperreflectivity in the middle retinal layers at the level of the inner nuclear layer consistent with PAMM. Intravenous fluorescein angiogram demonstrated significant delay in filling of the superotemporal and inferotemporal arteries with nonperfusion of the temporal retina consistent with multiple branch retinal arterial occlusions. Work-up for GCA was performed and temporal artery biopsy showed healed arteritis.

Conclusions and Importance: Pembrolizumab can cause ocular and life-threatening systemic adverse effects and as use of ICIs has increased, it is important to be aware of these associations. There should be a low threshold for GCA work up in patients on ICI therapy who present with acute vision loss and evidence of retinal occlusive disease with or without classic GCA systemic symptoms.

1. Introduction

Immune checkpoint inhibitor (ICI) therapy is a class of Food and Drug Administration (FDA) approved therapies used in the treatment of metastatic cutaneous melanoma. Pembrolizumab (Merck & Co, Boston, MA) is an ICI that targets programmed cell death protein-1 (PD-1) resulting in T cell upregulation directed against the systemic malignancy. Pembrolizumab has been used off-label to treat metastatic uveal melanoma (UM) with early promise. Secondary to this amplification of the immune system, however, various ocular and systemic side effects have been reported. In this study, we present a case of a patient with metastatic UM to the liver treated with pembrolizumab who developed giant cell arteritis (GCA) presenting as paracentral acute middle maculopathy (PAMM) from retinal arterial occlusion.

2. Case report

An 86-year old Caucasian male with history of previously treated stage T3aN0M0 class 2 (Decision Dx-UM, Castle Biosciences, Inc., Dallas, TX) UM in the right eye was diagnosed with metastatic UM to the liver. He was not a candidate for local liver resection and was treated with 6 cycles of off-label intravenous pembrolizumab (207.6 mg in 50 mL of 0.9% normal saline) with infusions every three weeks. After 3 cycles of pembrolizumab therapy (84 days following initiation of treatment), the patient developed anterior uveitis that was successfully controlled with topical prednisolone acetate 1% ophthalmic solution. After completion of cycle 6 of treatment (111 days following initiation of treatment), he presented with a 3 day history of acute central and nasal visual field loss in his previously uninvolved and asymptomatic left eye. His visual acuity was count fingers and 20/60 (previously 20/30) in the right and left eye, respectively. Intraocular pressure was 16 and 11 mmHg in the right and left eye, respectively.

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On examination, the right eye had evidence of treated UM with extensive radiation retinopathy but no neovascularization. In the left eye, there was no anterior chamber or vitreous inflammation. On dilated fundus examination, there was no sign of optic disc swelling or pallor. There were scattered cotton wool spots and a localized area of perifoveal retinal whitening (Fig. 1) with arterial attenuation and dropout of the vasculature in the temporal peripheral retina. Spectral domain optical coherence tomography (SD-OCT) of the left eye (Fig. 2A) demonstrated band-like increased hyperreflectivity in the middle retinal layers at the level of the inner nuclear layer temporal to the fovea consistent with PAMM. Intravenous fluorescein angiogram (IVFA) showed significant delay in filling of the superotemporal and inferotemporal arteries with nonperfusion of the temporal raphe and temporal peripheral retina with filling finally occurring at around 5 minutes (Fig. 3A and B). There was no evidence of choroidal ischemia and retinal vasculitis or leakage on IVFA.

Given the presentation of sudden onset of vision loss with PAMM and retinal arterial occlusions, the patient was sent to the emergency department for expedited imaging for source of retinal occlusive disease and laboratory work up for inflammatory conditions, infectious conditions, and GCA. Blood pressure in the emergency department was 152/76. Carotid ultrasound did not show significant stenosis and echocardiogram was normal. Given prior episode of anterior uveitis, laboratory work up to evaluate for infectious and inflammatory causes was performed: rapid plasma reagin, fluorescent treponemal antibody absorption test, quantiferon tuberculosis gold test, lysozyme, and angiotensin converting enzyme were all negative. Although the patient denied systemic symptoms such as jaw claudication, scalp tenderness, and headache associated with GCA, the incidence of occult GCA with visual loss without systemic symptoms is 21.2%. Therefore, GCA work up was performed. Laboratory results revealed erythrocyte sedimentation rate (ESR) of 41 mm/hour (reference range 0–20) and C-reactive protein (CRP) of 3.0 mg/dl (reference < 0.5). Although ESR was not elevated by the Miller Criteria, because of elevation of CRP greater than 2.45 mg/dl which is a stronger predictor for GCA than ESR, the presence of retinal arterial occlusions, and vision loss in a patient over the age of 50 with normal cardiac and carotid ultrasound and no known cardiac risk factors, a high suspicion for GCA remained. Temporal artery biopsy was performed, and the pathology showed patchy loss of the internal elastic lamina and concentric intimal thickening without mural inflammation corresponding to healed arteritis (Fig. 4A–D). A diagnosis of presumed GCA was given.

Pembrolizumab was discontinued, given progression of his metastatic UM while on therapy and new onset GCA, and the GCA was treated with high dose oral prednisone (80 mg daily with gradual taper to 10 mg over 3 months) with improvement of visual acuity to 20/30 from 20/60 in the left eye. After 1 month of oral prednisone therapy, follow-up SD-OCT showed inner retinal atrophy temporal to the fovea in the same location as prior PAMM, notable in comparison to the intact normal retina nasal to the fovea (Fig. 2B). The patient ultimately elected to pursue hospice given progression of metastatic disease while on systemic treatment.

3. Discussion

Pembrolizumab is a FDA approved treatment for metastatic cutaneous melanoma and has been shown to improve progression-free and overall survival in these patients. In contrast, metastatic UM has no approved treatment. However due to pembrolizumab’s efficacy in the management of metastatic cutaneous melanoma, it has been applied to metastatic UM but with limited efficacy. Kottschade et al. demonstrated...

Fig. 1. Color fundus photograph (Zeiss, Jena, Germany) of the left eye demonstrating cotton wool spots (white asterisks) in the superotemporal macula. There is some mild retinal whitening superior to the fovea (yellow arrows). (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)
American Journal of Ophthalmology Case Reports 20 (2020) 100891

R. Narala et al.

4. Conclusion

It is important to recognize the potentially life-threatening systemic implications of pembrolizumab and other ICIs which are being used more frequently to treat metastatic melanoma and other malignancies. There should be a low threshold for systemic work up for GCA, a life-threatening rheumatic disorder, that can occur secondary to ICI therapy. Any patient with sudden vision loss on pembrolizumab should have a thorough dilated fundus examination. If there is concern for retinal, choroidal, or optic nerve ischemia, IVFA should be performed to evaluate for occlusive disease. If imaging demonstrates occlusive disease, it is important to perform a laboratory work up for GCA with possible temporal artery biopsy if there is a high level of suspicion. The mechanism of pembrolizumab induced GCA may be secondary to inhibition of PD-1 in vessels walls and via the same mechanism caused retinal arterial occlusions in our patient.

Ours is the first report of pembrolizumab-associated, presumed GCA manifesting as PAMM secondary to retinal arterial occlusion. In our patient under active treatment for unresectable metastatic UM, we had to balance systemic GCA treatment in an elderly patient with systemic corticosteroid immunosuppression with continuation of ICI therapy. Our patient had a prior history of anterior uveitis while on pembrolizumab which may have placed him at greater risk for additional inflammatory side effects.

Patient consent

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Authorship

All authors attest that they meet the current ICMJE criteria for Authorship.

Financial disclosure

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Declaration of competing interest

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