Liver Transplantation

“Raising HOPE”: Improved Outcomes for HIV/HCV-coinfected Liver Transplant Recipients in the Direct-acting Antiviral Era

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Background. The 2013 HIV Organ Policy Equity Act has increased liver transplantation (LT) in HIV+ patients; however, transplant centers may remain reluctant to perform LT in HIV/hepatitis C virus (HCV)-coinfected patients due to inferior outcomes. We aimed to assess how direct-acting antivirals (DAAs) have impacted HIV+/HCV+-coinfected LT recipient outcomes. Methods. United States national data including 70,125 adult LT recipients between 2008 and 2019 were analyzed. Kaplan-Meier survival analysis and Cox proportional hazards model were used to analyze outcomes. Results. LT for HIV+ individuals increased in the DAA era from 28 in 2014 to 64 in 2019 (23 had HIV+/HCV+ coinfection). In the pre-DAA era, HIV+/HCV+-coinfected LT recipients had an increased risk of graft failure compared with HIV+/HCV+-uninfected LT recipients (hazard ratio [HR], 1.85; <0.001). In contrast, there was no difference in graft failure between HIV+/HCV+-coinfected versus HIV+/HCV+-uninfected LT recipients in the DAA era (HR, 1.24; P<0.308). Among coinfected LT recipients in the DAA era, 1- and 3-y cumulative graft survivals were 88.6% and 81.7% compared with 76.3% and 58.0% in the pre-DAA era, respectively (P=0.006). In Cox analysis, HCV coinfection was not associated with graft failure (HR, 1.00; 95% confidence interval, 0.53-1.89) among HIV+ LT recipients in the DAA era (n=271). Black and Hispanic populations accounted for almost half of HIV+/HCV+ LTs in the DAA era. Conclusions. HIV+/HCV+-coinfected LT recipient outcomes have improved significantly in the DAA era. Our results should offer reassurance to transplant centers and encourage timely transplantation referral of HIV patients with decompensated cirrhosis, including patients coinfected with HCV.

INTRODUCTION

In the era of highly effective active antiretroviral therapy (HAART), there have been marked reductions in morbidity and mortality associated with HIV.1 In turn, a growing number of HIV+ patients are presenting with end-stage liver disease (ESLD) (~10% prevalence),2 predominantly from hepatitis C virus (HCV) due to shared routes of transmission.3 There are an estimated 2.3 million cases of HIV/HCV coinfection worldwide.4 Liver transplantation (LT) in select HIV+ patients with ESLD is effective with comparable outcomes to HIV− controls.5,6

The enactment of the HIV Organ Policy Equity Act (HOPE Act) in 2013 permitted the transplantation of organs from HIV+ donors into HIV+ recipients, thus expanding the donor pool for HIV+ patients. Although LT in HIV+ patients receiving HAART has been successful, the HOPE Act appears to be underused to date, with only 31 HOPE Act donor livers through 2018.7 This may be due to studies showing poor

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outcomes in HIV+/HCV-coinfected LT recipients compared with matched HCV- monoinfected patients with 5-y survival at 51%–54% (versus 71%–81%) in the pre-direct-acting antiviral (DAA) era.8-14 Graft loss due to recurrent HCV cirrhosis and the highly morbid fibrosing cholestatic hepatitis occurred at higher rates among HIV/HCV-coinfected patients.8-14 Moreover, HIV+ patients with hepatocellular carcinoma (HCC) had lower survival from time of waitlist listing and higher post-LT tumor recurrence compared with non-HIV-infected controls.15

In the DAA era, HCV+ patient outcomes have been transformed with high rates of sustained virologic response (SVR) (>90%), including HIV/HCV-coinfected patients.16,17 The success of DAA therapy has also translated into improved graft survival among HCV LT recipients.18,19 Treatment of pretransplant HCV patients with DAA therapy is often deferred to ensure that the patient’s MELD score remains competitive in the MELD-based organ allocation system and help mitigate any posttransplant insurance coverage issues that may arise with the second request of HCV treatment should a patient receive an HCV-viremic donor liver.20 The recommended treatment regimen is either glecaprevir-pibrentasvir or sofosbuvir glecaprevir-pibrentasvir velpatasvir with particular attention to potential drug–drug interactions such as high-dose proton pump inhibitors and amiodarone with sofosbuvir-inclusive regimens and certain statins (eg, atorvastatin) with other DAAs.21 A recent study from Europe and the United States showed that HCV infection will no longer confer an increased risk for graft failure and death.22 We hypothesized that as we move forward into the DAA era, HCV infection will no longer confer an increased risk for graft failure in HCV- LT recipients. Thus, our study aim was to assess if the DAA era has improved HCV/HCV-coinfected LT recipient outcomes. Furthermore, we planned to ascertain the latest trends in HCV- LT and assess the ongoing impact of the HOPE Act.

MATERIALS AND METHODS

Study Population and Data Acquisition

HIV-infected and HIV-uninfected adult (≥18 y) LT recipients between January 1, 2008, and December 31, 2019 (followed through September 4, 2020) were identified from the United Network for Organ Sharing/Organ Procurement and Transplantation Network (OPTN) database. These data are prospectively collected from transplant programs and organ procurement organizations.23 Patients who underwent retransplantation or multiorgan transplantation apart from simultaneous liver-kidney (SLK) were excluded. HIV serostatus was recorded as positive, negative, not done, unknown, or missing. Patients with not done, unknown, or missing status were considered as missing and excluded from analysis. HCV infection was defined as anti-HCV+ serology or positive nucleic acid testing (NAT), as NAT testing was not performed on all transplant recipients. Donor livers were considered HIV+ if any of HIV antibody, HIV NAT, and HIV antigen/antibody combination test were positive, as OPTN allocates all donors with any positive HIV test result through the HOPE Act.24

The study cohort was divided into 4 groups that were subdivided into the pre-DAA era (January 1, 2008, to December 31, 2012) and the DAA era (January 1, 2014, to December 31, 2019): (1) HIV+/HCV+ (coinfected); (2) HIV+/HCV- (HIV monoinfected); (3) HIV+/HCV- (HCV monoinfected); (4) HIV-/HCV- (uninfected) LT recipients. Simeprevir and sofosbuvir received regulatory approval in November 2013, among other less efficacious DAA agents available throughout 2013. Therefore, 2013 was excluded from the analysis as it was considered a transitional year.

Statistical Analysis

Continuous variables were summarized with medians and interquartile ranges and categorical variables with frequencies and percentages. Continuous variables were compared using the 2-sample Wilcoxon rank test (all samples failed the Shapiro–Wilk normality test), while categorical variables were compared using the 2-sided chi-squared test. The primary comparison was the incidence of graft failure between HIV+/HCV+-coinfected, HIV-monoinfected, HCV-coinfected, and HIV-/HCV- uninfected LT recipients in respective DAA eras. A secondary comparison was graft failure between coinfected LT recipients in the DAA and pre-DAA eras. As per OPTN, graft failure was defined as the occurrence of either recipient death or retransplantation. We also examined patient survival as a secondary endpoint. Graft and patient survival rates were computed by the Kaplan–Meier method, with log-rank testing used to ascertain differences between groups.

Because of possible confounders between eras (eg, improved medical care, LT recipient selection changes), we initially used multivariable Cox proportional hazards regression models to analyze the study groups in respective eras (pre-DAA and DAA). These results are provided as hazard ratios (HRs) with 95% confidence intervals (CIs). Several model iterations were performed incorporating the study groups as an indicator variable (HIV+/HCV+ LT group as the reference). Variables associated with graft failure in the medical literature were selected a priori as additional covariates, including the following donor variables: age, diabetes, cold ischemic time, and donation after circulatory death; and the following recipient variables: age, diabetes, gender, body mass index, Model for End-Stage Liver Disease (MELD) score, and life support requirement.18,19,24,25 The final model considered the strength of association of each covariate with graft failure and biological plausibility. The number of failure events was also considered to mitigate the risk of a type II error (“false negative”) that mandated us to limit the number of covariates, and model violations and assumptions were assessed including multicollinearity and proportional hazards.

We confirmed our results by assessing the association of HCV infection with graft failure in multivariable Cox proportional hazards regression analysis among all HIV LT recipients in the DAA era. The same covariates incorporated into the initial Cox model were used in subsequent analyses. A P value of <0.05 was considered statistically significant. Statistical analyses were completed using Stata (Stata Statistical Software: Release 16; StataCorp LLC, College Station, TX). Our study qualified for institutional review board exemption, given the presence of de-identified data (IRB IRB20-0804).

RESULTS

Frequency and Demographics

Among 78 173 adult LTs during the study period, 4592 were excluded because of previous LT or multiorgan transplantation.
Of the remaining 73,581, there were 3,967 SLK transplants and 2,985 living-donor liver transplants (LDLTs). HIV serostatus was not available for 3,456 (4.7%) patients. The proportion with missing HIV serostatus was significantly less frequent over time, from 12.2% in 2008 to 1.9% in 2019 (P < 0.001). Among 70,125 LTs with known HIV serostatus, 416 (0.6%) were HIV+ LT recipients. A total of 5,333 LTs were performed in 2013 and were thus omitted from analysis. The practice of LT for patients with HIV has increased since the HOPE Act, from 28 patients in 2014 to 64 patients in 2019 (of whom 23 had HIV+/HCV+ coinfection) (Figure 1). The Northeast (United Network for Organ Sharing regions 2 and 9) had the highest HIV+/HCV+ LT practice, which increased over time (Figure 1). For example, HIV+/HCV+ coinfection LTs made up 1.2% of all LTs in New York in 2019. Among the 138 LT centers that were active in the DAA era, less than half (65/138, 47%) performed HIV+ LTs, whereas 6 LT centers accounted for 39% (105/271) of all HIV+ LTs.

Table 1 outlines the demographic and clinical characteristics among the 4 DAA era groups and the HIV+/HCV+-coinfected pre-DAA group. Missing data comprised <1% of this final dataset. Table 2 provides a comparative analysis of the HIV+/HCV+-coinfected pre-DAA group with other pre-DAA groups. In the DAA era, there were 124 HIV+/HCV+-coinfected LT recipients, 147 HIV-monoinfected LT recipients, 11,231 HCV-monoinfected LT recipients, and 29,052 HIV-/HCV−-uninfected LT recipients, while there were 68 HIV+/HCV+-coinfected LT recipients in the pre-DAA era. HIV+/HCV+-coinfected LT recipients in the DAA era were older, had longer waitlist times, and received more HIV+ donors compared with HIV+/HCV+-coinfected LT recipients in the pre-DAA era. There have been shifts in racial group representation among LT recipients with HIV+/HCV+ coinfection from 2014 to 2019: a decrease was seen among White (61.8% to 46.8%) and Asian (4.6% to 3.2%) race, whereas an increase was observed among Black (23.5% to 25.8%) and Hispanic (14.7% to 20.2%) populations (P = 0.047). American Indians and other Pacific Islanders made up 4.0% of the HIV+/HCV+ coinfection LT DAA group, having 0% representation in the pre-DAA era. In the DAA era, HIV-monoinfected LT recipients had reduced waitlist time and higher MELD scores, as compared with HIV-monoinfected LT recipients in the pre-DAA era (Table 1).

**HOPE Act Organs**

There were 46 HIV+ organs transplanted under the HOPE Act, and these 46 recipients had a 1- and 3-y cumulative graft survival rate of 85.7% and 82.1%, respectively. Given the low numbers, a more in-depth analysis was not possible. In 2018, 18 HIV+ donor livers were transplanted, which was the highest annual number of HIV+ organs since the HOPE Act was introduced; however, this number decreased to 14 in 2019.

**Posttransplant Outcomes**

**Graft Survival**

In the pre-DAA era, the HIV+/HCV+-coinfected group had a significantly increased risk of graft failure compared with the HIV−/HCV− uninfected group (HR, 1.85; 95% CI, 1.31-2.59) (Table 3), adjusting for donor age, recipient age, and donation after circulatory death graft use. In contrast, there was no difference in graft failure between the HIV+/HCV+-coinfected group and the HIV−/HCV−-uninfected group in the DAA era (HR, 1.24; 95% CI, 0.81-1.89).
Among HIV+/HCV-coinfected LT recipients, 1- and 3-y cumulative graft survival rates were 88.6% and 81.7% in the DAA era compared with 76.3% and 58.0% in the pre-DAA era, respectively (P = 0.006) (Figure 2). Within the HIV+/HCV-coinfected DAA-era group, there were 9 patients with a positive HCV NAT at transplant, 27 were HCV NAT negative, and 88 did not have HCV NAT status recorded. The 9 patients with positive HCV NAT had a graft survival of 100% over a median follow-up of 656 (275–1073) d. For the HCV-monoinfected, HCV-monoinfected, and HIV-/HCV-uninfected DAA-era groups, 1-y cumulative graft survival rates were 88.3%, 91.1%, and 90.3%, while 3-y cumulative graft survival rates were 80.1%, 83.4%, and 84.3%, respectively. These rates were not significantly different from the HIV+/HCV-coinfected DAA-era group (Figure 2) (all pairwise comparison P > 0.05). In the DAA era, there was no difference in acute rejection episodes (within 1 y of transplant) between the HIV+/HCV-coinfected and the HIV-monoinfected groups (9.7% versus 8.3%, respectively; P = 0.710).

Among the entire cohort of HIV LT recipients in the DAA era (n = 271), the 1- and 3-y cumulative graft survival rates were 88.4% and 81.4%, respectively, which were not significantly different from corresponding graft survival rates among HIV+/HCV-coinfected LT recipients (adjusted HR, 1.23, 95% CI, 0.92-1.66; P = 0.250).

| Donor | HIV+/HCV−-uninfected (n = 124) | HIV+/HCV− (n = 147) | HIV−/HCV+ (n = 11 231) | HIV−/HCV− (n = 29 052) | HIV+/HCV+ (n = 68) |
|-------|-------------------------------|---------------------|------------------------|------------------------|------------------|
| Age (y) | 39.0 (28.0–51.5) | 38.0 (25.0–53.0) | 40.0 (28.0–53.0) | 41.0 (28.0–54.0) | 40.5 (24.5–51.5) |
| Male gender | 76 (61.3) | 93 (63.3) | 6815 (60.7) | 17273 (59.5) | 40 (58.8) |
| BMI (kg/m²) | 25.8 (23.5–30.0) | 27.1 (23.3–32.9) | 27.0 (23.6–31.2) | 27.0 (23.5–31.3) | 25.7 (22.2–30.9) |
| Caucasian race | 73 (58.9) | 88 (59.9) | 7518 (66.9) | 18758 (64.6) | 38 (55.9) |
| Diabetes | 6 (4.8) | 13 (8.8) | 1333 (11.5)* | 3350 (11.5)* | 8 (11.8) |
| HIV+ b (HOPE Act) | 24 (19.4) | 19 (12.9) | 2 (0.1)** | 0 (0.0)** | 0 (0.0)** |
| DCD | 8 (6.5) | 12 (8.2) | 815 (7.3) | 2038 (7.0) | 4 (5.9) |
| Cold ischemic time (h) | 6.1 (4.8–7.9) | 5.5 (4.5–7.0) | 5.8 (4.5–7.2) | 5.6 (4.3–7.0)** | 6.0 (5.1–7.3) |
| DRi c | 1.76 (1.55–2.06) | 1.71 (1.51–2.09) | 1.71 (1.51–2.04) | 1.74 (1.53–2.10) | 1.71 (1.57–1.91) |

| Recipient | HIV+/HCV− (n = 124) | HIV+/HCV− (n = 147) | HIV−/HCV+ (n = 11 231) | HIV−/HCV− (n = 29 052) | HIV+/HCV+ (n = 68) |
|-----------|---------------------|---------------------|------------------------|------------------------|------------------|
| Age (y) | 57.0 (52.5–62.0) | 55.0 (49.0–60.0)* | 60.0 (66.0–64.0)** | 57.0 (48.0–64.0)** | 54.0 (49.5–64.0)** |
| Male gender | 92 (74.2) | 120 (81.6) | 8422 (75.0) | 17856 (61.5)** | 52 (75.6) |
| Caucasian race | 58 (46.8) | 82 (58.5) | 7570 (64.8)** | 21118 (72.7)** | 42 (61.8)** |
| BMI (kg/m²) | 26.7 (23.6–31.9) | 26.1 (23.2–30.3) | 28.0 (24.7–31.9) | 28.2 (24.5–32.6)** | 26.6 (24.3–30.0) |
| Posttransplant LOS (d) | 10.0 (7.0–14.0) | 10.0 (7.0–19.0) | 9.6 (6.0–15.0) | 10.0 (7.0–17.0) | 9.0 (7.0–13.0) |
| Waiting list time (d) | 230.5 (48.0–522.0) | 91.0 (17.0–243.0)** | 196.0 (45.0–215.0) | 78.0 (13.0–264.0)** | 99.0 (37.8–256.5)** |
| Diabetes | 27 (21.8) | 42 (28.6) | 3001 (26.7) | 8794 (11.5)* | 12 (17.7) |
| MELD score | 17.0 (10.0–24.0) | 22.0 (14.0–31.0)** | 16.0 (10.0–25.0) | 24.0 (16.0–33.0)** | 18.0 (12.0–24.0) |
| Life support requirement | 3 (2.4) | 15 (10.2)* | 592 (5.3) | 2923 (10.1)** | 1 (1.5) |
| ICU | 6 (4.9) | 18 (12.2)* | 934 (8.3) | 4759 (16.4)** | 4 (5.9) |
| Dialysis requirement | 12 (9.7) | 18 (12.2) | 1296 (11.5) | 5150 (17.7)** | 2 (2.3) |
| Asplenia (mild or worse) | 77 (62.1) | 105 (71.4) | 7232 (64.4) | 22229 (76.5)** | 51 (75.0) |
| Hepatic encephalopathy (grade 1 or worse) | 56 (45.2) | 92 (62.6)** | 6067 (54.0)* | 19155 (63.9)** | 40 (58.8) |
| PVT | 13 (10.5) | 28 (19.0)* | 1627 (14.5) | 4014 (13.8) | 6 (8.8) |
| HCC | 52 (41.9) | 32 (21.7)** | 6387 (56.9)** | 5803 (20.0)** | 29 (42.6) |
The presence of HCC (versus no HCC) was not associated with graft failure among HIV+/HCV-coinfected LT recipients in the DAA era (adjusted HR, 0.71; 95% CI, 0.28–1.75; P = 0.46). The cause of graft failure among HIV+/HCV-coinfected LT recipients with HCC did not differ significantly, although there was a higher number of recurrent hepatitis C observed in the pre-DAA group (P = 0.390) (6 graft failures in the DAA era: 1 cardiovascular-related, 1 infection-related, 3 cancer-related, and 1 trauma-related; 7 graft failures in the pre-DAA era: 1 cardiovascular-related, 3 recurrent hepatitis, 1 infection-related, and 2 cancer-related).

The 16 HIV+/HCV-coinfected DAA-era patients who underwent SLK had a 3-y graft survival of 86.7% after a median follow-up of 716 d (interquartile range, 356–1105). In multivariable Cox analysis, SLK was not associated with graft failure among the HIV+/HCV-coinfected DAA group (HR, 0.82; 95% CI, 0.19–3.64; P = 0.800). The 5 LDLTs among the HIV+/HCV-coinfected LT recipients in the DAA era had a 3-y graft survival of 75.0% after a median follow-up of 349 d (interquartile range, 189–1003).

### TABLE 2.
Baseline characteristics and comparative analysis of liver transplant recipients with HIV+/HCV+ coinfection in the United States in the pre-DAA era (2008–2012)

| Pre-DAA (2008–2012) (N = 24 238) | HIV+/HCV+** (n = 68) | HIV+/HCV− (n = 49) | HIV−/HCV+ (n = 10 451) | HIV−/HCV− (n = 13 670) |
|---------------------------------|-----------------------|---------------------|------------------------|------------------------|
| Donor                           |                       |                     |                        |                        |
| Age (y)                         | 40.5 (24.5–51.5)       | 45.0 (31.0–53.0)    | 42.0 (27.0–52.0)       | 43.0 (27.0–56.0)       |
| BMI (kg/m²)                     | 25.7 (22.2–30.9)       | 25.9 (24.2–30.0)    | 26.4 (23.2–30.5)       | 26.3 (23.1–30.3)       |
| Male gender                     | 40 (58.8)              | 23 (46.9)           | 624 (59.8)             | 7987 (58.4)            |
| Caucasian race                  | 38 (55.9)              | 26 (53.1)           | 6871 (65.7)            | 9084 (66.5)            |
| Diabetes                        | 8 (11.8)               | 4 (8.2)             | 1116 (10.7)            | 1558 (11.4)            |
| DCD                             | 4 (5.9)                | 0 (0)               | 570 (5.5)              | 624 (4.6)              |
| Cold ischemic time (h)          | 6.0 (5.1–7.3)          | 7.2 (5.0–8.6)*      | 6.0 (4.7, 8.0)         | 6.1 (4.7–8.0)          |
| DRI                             | 1.71 (1.57–1.91)       | 1.80 (1.59–2.01)    | 1.71 (1.53–1.98)       | 1.75 (1.55–2.10)       |
| Recipient                        |                       |                     |                        |                        |
| Age (y)                         | 54.0 (49.5–57.0)       | 51.0 (46.0–57.0)    | 56.0 (52.0–60.0)***    | 56.0 (48.0–62.0)*      |
| Male gender                     | 52 (76.5)              | 41 (83.7)           | 7790 (74.5)            | 8333 (61.0)**          |
| Caucasian race                  | 42 (61.8)              | 33 (67.3)           | 7166 (68.6)            | 10 004 (73.2)          |
| BMI (kg/m²)                     | 26.6 (23.4–30.0)       | 24.1 (23.2–26.5)    | 27.9 (24.7–31.7)**     | 27.6 (24.1–32.3)*      |
| Posttransplant LOS (d)          | 9.0 (7.0–13.0)         | 11.0 (7.0–16.5)     | 9.0 (7.0–16.0)         | 10.0 (7.0–17.0)        |
| Waiting list time (d)           | 99.0 (37.5–256.5)      | 70.0 (7.0–274.0)    | 110.0 (29.0, 298.0)    | 69.0 (13.0–235.0)      |
| Diabetes                        | 12 (17.7)              | 11 (22.4)           | 2361 (22.6)            | 3733 (27.3)            |
| MELD score                      | 18.0 (12.0–24.0)       | 24.0 (13.0–34.0)*   | 18.0 (12.0–26.0)       | 22.0 (15.0–30.0)**     |
| Life support requirement        | 1 (1.5)                | 5 (10.2)*           | 488 (4.7)              | 1159 (8.9)*            |
| ICU                             | 4 (5.9)                | 7 (14.3)            | 811 (7.8)              | 1895 (13.9)            |
| Dialysis requirement            | 2 (2.9)                | 6 (12.2)*           | 981 (9.4)              | 1772 (13.0)*           |
| Ascites (mild or worse)         | 51 (75.0)              | 30 (61.2)           | 7804 (74.7)            | 10 473 (76.6)          |
| Hepatic encephalopathy (grade 1 or worse) | 40 (58.8) | 27 (55.1) | 6306 (60.3) | 8778 (64.2) |
| PVT                             | 6 (8.8)                | 8 (16.3)            | 979 (9.4)              | 4014 (13.6)            |
| HCC                             | 29 (42.6)              | 18 (36.7)           | 4811 (46.0)            | 2697 (19.7)**          |

** Calculated by the DRI formula provided by Feng et al.24 Values are n (%) or median (interquartile range).

Significance codes: ***P<0.001; **0.001 < P<0.01; *0.01 < P<0.05 (all other P > 0.05).

BMI, body mass index; DAA, direct-acting antiviral; DCD, donation after circulatory death; DRI, donor risk index; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; ICU, intensive care unit; LOS, length of stay; MELD, Model For End-Stage Liver Disease; NAT, nucleic acid test; PVT, portal vein thrombosis.

### TABLE 3.
Multivariate Cox proportional hazards regression of associations with graft failure in liver transplant recipients in the pre-DAA (2008–2012) and DAA (2014–2019) eras

| Pre-DAA era (ref. HIV-/HCV−) | HR (95% CI) | P    | DAA era (ref. HIV-/HCV−) | HR (95% CI) | P    |
|-------------------------------|-------------|------|--------------------------|-------------|------|
| HIV+/HCV−                     | 1.85 (1.31–2.59) | <0.001 | HIV+/HCV−                | 1.24 (0.81–1.89) | 0.308 |
| HIV+/HCV−                     | 1.21 (0.77–1.91) | 0.840 | HIV+/HCV−                | 1.23 (0.81–1.88) | 0.324 |
| HIV+/HCV−                     | 1.24 (1.19–1.29) | <0.001 | HIV+/HCV−                | 1.01 (0.96–1.07) | 0.709 |

*Adjusted for donor and recipient age and DCD graft use.

CI, confidence interval; DAA, direct-acting antiviral; DCD, donation after circulatory death; HCV, hepatitis C virus.

HCC, LDLT, and SLK Outcomes in HIV/HCV-coinfected LT DAA Era Recipients

The presence of HCC (versus no HCC) was not associated with graft failure among HIV+/HCV-coinfected LT recipients in the DAA era (adjusted HR, 0.71; 95% CI, 0.28–1.75; P = 0.46). The cause of graft failure among HIV+/HCV-coinfected LT recipients with HCC did not differ significantly, although there was a higher number of recurrent hepatitis C observed in the pre-DAA group (P = 0.390) (6 graft failures in the DAA era: 1 cardiovascular-related, 1 infection-related, 3 cancer-related, and 1 trauma-related; 7 graft failures in the pre-DAA era: 1 cardiovascular-related, 3 recurrent hepatitis, 1 infection-related, and 2 cancer-related).

The 16 HIV+/HCV-coinfected DAA-era patients who underwent SLK had a 3-y graft survival of 86.7% after a median follow-up of 716 d (interquartile range, 356–1105). In multivariable Cox analysis, SLK was not associated with graft failure among the HIV+/HCV-coinfected DAA group (HR, 0.82; 95% CI, 0.19–3.64; P = 0.800). The 5 LDLTs among the HIV+/HCV-coinfected LT recipients in the DAA era had a 3-y graft survival of 75.0% after a median follow-up of 349 d (interquartile range, 189–1003).
Sensitivity Analysis

In a Cox proportional hazards model limited to HIV+ LT recipients in the DAA era (n = 271), HCV infection was not associated with graft failure (HR, 0.96; 95% CI, 0.49-1.89; P = 0.920). In addition to covariates used in the previously described models, the presence of an HIV+ organ was also included and found not to be associated with graft failure (HR, 1.62; 95% CI, 0.68-3.85; P = 0.270). Among all the LT recipients in the DAA era (n = 40,554), HIV infection was not significantly associated with graft failure (HR, 1.23; 95% CI, 0.92-1.66; P = 0.160).

DISCUSSION

Since the enactment of the HOPE Act, the practice of LTs for HIV+ patients in the United States has increased over time from 28 patients in 2014 to 64 patients in 2019 (over a third had HIV+/HCV+ coinfection). There have been 46 HIV+ liver grafts transplanted during this time frame, although a decrease in frequency was observed in 2019 compared with 2018, which requires monitoring in the coming years. The vast majority of HIV+ LT recipients received non-HIV organs suggesting ongoing underutilization of the HOPE Act.

Racial representation in HIV/HCV LT practice has evolved, with more Black and Hispanic recipients in the DAA era, possibly signaling movements in addressing racial inequity considering HIV infection incidence has decreased in these racial groups. The HIV incidence decreased from 80 per 100,000 individuals in 2014 to 72 per 100,000 in 2018, and from 23 per 100,000 in 2014 to 22 per 100,000 in 2018, in Black and Hispanic populations, respectively.26 The geographic distribution of HIV+/HCV+ LT practice has remained relatively stable in the United States, apart from a slight increase in prevalence in the Northeast and a decline in the Midwest. Of concern is the limited number of transplant centers participating in HIV+LT practice, with 6 centers accounting for 40% of the practice, despite the HIV burden affecting all 50 states.26 This may reflect a lack of confidence in HIV+ LT practice in transplant centers or additional factors such as access to care. The HIV+ LTs described in our study are unlikely to be fully representative of the HIV+ population with ESLD who may benefit from LT, suggesting that this patient population remains underserved.

A recent multicenter study from Europe and the United States showed that HCV infection conferred an increased risk of graft failure in HIV+ LT recipients transplanted between 2008 and 2015.22 Our data suggest that as the DAA era has continued, the presence of HCV infection among HIV+ LT candidates does not confer increased risk of graft failure. Moreover, there was no difference in graft failure between HIV+/HCV+coinfected LT recipients compared with HIV−/HCV−uninfected LT recipients in the DAA era. Although there is a risk of residual confounding, this improvement compared with the pre-DAA era is likely due to improved outcomes in HCV treatment. With the success of DAA therapies, graft and patient survival rates among HIV+/HCV+coinfected LT recipients are comparable...
with HIV-monoinfected, HCV-monoinfected, and HIV-/HCV-coinfected groups. These results were consistent across special populations including those with HCC, SLK, and LDLT. Although long-term studies are needed, these encouraging results support the practice of LT in HIV-/HCV-coinfected patients. Our results also reinforced the excellent outcomes HIV-LT recipients have, regardless of HCV status.

In the pre-DAA era, a multicenter study demonstrated that the cumulative incidence of acute rejection was higher in coinfected patients compared with monoinfected patients (39% versus 24%, respectively, \( P=0.01 \)).\(^\text{15} \) It has been hypothesized that this higher rate of acute rejection may be due to various reasons including a higher misdiagnosis of acute rejection (compared with recurrent HCV), an overly cautious approach to immunosuppression due to concerns for exacerbating HIV- or HCV-related diseases, antiretroviral drugs and calcineurin inhibitor interactions, or immune dysregulation associated with HIV infection.\(^\text{16} \) In recent years, DAAAs have been highly efficacious in achieving SVR in both de novo and recurrent HCV infection in post-LT recipients, including HIV-/HCV-coinfected patients with fewer drug interactions and excellent tolerability.\(^\text{17,19} \) Our results confirm that there is likely no difference in acute rejection rates when compared between HIV-/HCV-coinfected LT recipients and HIV-monoinfected individuals.

In addition to perceived transplant outcome differences between HIV-/HCV-coinfected and HCV-monoinfected patients, HIV+ patients also face unique barriers to transplantation. Although most transplant surgeons appear willing to transplant hepatitis B and C candidates, only one-third considered HIV+ patients to be appropriate candidates in the US survey.\(^\text{22} \) Most surgeons underestimated the transmission risk from exposure to HBV- and HCV-infected blood, whereas they overestimated the transmission risk associated with HIV. Stigma surrounding HIV and lack of awareness surrounding the HOPE Act may explain the discrepancy in willingness to transplant HIV+ patients. Ongoing efforts to address these barriers and overcome HIV-related stigma will be essential to improving HIV+ patients’ access to organs. The results from our study should offer further reassurance to transplant centers and to encourage timely referral of ESLD patients with coinfection for consideration of transplantation.

The strengths of this study include the large sample size of 70 125 LT recipients, including 271 HIV+ recipients in the DAA era. We analyzed the groups using multiple analytic models strengthening study validity. Unfortunately, OPTN does not collect HIV status at candidate listing precluding analysis of waitlist outcomes and lacks posttransplant HCV therapy data. However, it has already been established in the literature that sustained vireologic response at 12 wk (SVR12) can be obtained safely in HCV-/HCV-coinfected LT recipients, so the absence of these data is likely less important. We acknowledge that a small proportion of HIV+ donor livers acquired under the HOPE Act may have been false+.\(^\text{28} \) Finally, the proportion of missing data was extremely small in this large data set, mitigating the potential for bias.

In conclusion, HIV-/HCV-coinfected LT recipient outcomes have improved significantly in the DAA era. Our results should offer reassurance to transplant centers and to encourage timely referral of HIV patients with uncompensated cirrhosis for transplantation evaluation, including patients coinfected with HCV.

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