Successful hematopoietic stem cell transplantation in a patient with congenital dyserythropoietic anemia type II

Unal S, Russo R, Gumruk F, Kuskonmaz B, Cetin M, Sayli T, Tavil B, Langella C, Iolascon A, Cetinkaya DU. Successful hematopoietic stem cell transplantation in a patient with congenital dyserythropoietic anemia type II.

Abstract: CDA are a group of inherited, rare diseases that are characterized by dyserythropoiesis and ineffective erythropoiesis associated with transfusion dependency in approximately 10% of cases. For these latter patients, the only curative treatment is HSCT. There are very limited data on HSCT experience in this rare disease. Herein, we report a five-yr six-month-old girl with compound heterozygous mutations in SEC23B gene, who was diagnosed to have CDA type II and underwent successful HSCT from her matched sibling donor.

CDA are a group of rare heterogenous disorders characterized by dyserythropoiesis, ineffective erythropoiesis, iron overload, and specific light and electron microscopy findings of nucleated erythroid precursors (1–3). Patients usually present with anemia, jaundice, splenomegaly, low reticuloocyte count despite erythroid hyperactivity (3). There are broadly three main types of CDA (CDA I, II, and III), due to mutations in CDAN1, SEC23B, and KIF23, respectively (3–7). However, there are additional CDA variants that do not fit to any three classical types, such as CDA patients with KLF1 and GATA1 mutations. To date, 157 cases from 137 different CDA II families with SEC23B mutations were molecularly analyzed (3, 8). Type II patients are characterized by erythroid hyperactivity in bone marrow with no megaloblastic changes, in addition to high numbers of binucleated normoblasts with occasional multinucleated erythroid precursors (9). There are patients with CDA who have mild-to-moderate anemia who require no regular transfusions. On the other hand, treatment alternatives include erythrocyte transfusions for patients with severe anemia, iron chelation to decrease complications related to transfusional iron overload, interferon alpha for some of type I and splenectomy for some of the type II patients (10, 11). However, the only curative treatment for patients with CDA is HSCT (12, 13). There is scarce data in the reported literature on the use of HSCT as a therapeutic and curative option in patients with CDA (2, 12, 14–17). Herein, we report a five-yr six-month-old girl with CDA II who had compound heterozygous mutations in SEC23B gene and was successfully transplanted from a matched sibling donor.

Abbreviations: ATG, antithymocyte globulin; CDA, congenital dyserythropoietic anemias; CMV, cytomegalovirus; CyA, cyclosporin A; gDNA, genomic DNA; GVHD, graft-versus-host disease; HSCT, hematopoietic stem cell transplantation; LDH, lactate dehydrogenase; MCV, mean corpuscular volume; RDW, red cell distribution width; VOD, veno-occlusive disease.
Case report

A five-yr six-month-old girl was referred to our center for HSCT after being followed up under a chronic transfusion program, since 40 days of age. She had a history of initially monthly erythrocyte transfusions which progressed to every 2–3 wk over the last two yr. She was on folic acid supplementation and on iron chelation with desferoxamine for one yr.

The family history revealed no consanguinity and she had one healthy brother. The physical examination revealed hepatosplenomegaly, subcostally 3 cm and 8 cm palpable, respectively. She had no skeletal abnormalities. The hemogram at presentation to our center revealed: Hb 8.9 g/dL, RBC 3.10 × 10¹²/L, WBC 10.3 × 10⁹/L, platelet 519 × 10⁹/L. Reticulocyte count was 2.4% (absolute RBC 3.10 × 10¹²/L, Hct 26.1%, MCV 84 fL, RDW 14.1, WBC 10.3 × 10⁹/L, platelet 519 × 10⁹/L. Reticulocyte count was 2.4% (absolute count 74 400) and peripheral blood smear revealed anisocytosis and poikilocytosis. The liver and kidney functions were within normal limits. Serum total and indirect bilirubin levels were 0.99 and 0.71 mg/dL, respectively. Serum LDH was 545 IU/L, and serum ferritin was measured as 2030 ng/mL. She was immune to HBV and negative for HCV and HIV. The cardiac iron load was evaluated with T2* MRI and revealed T2* above 20 ms, indicating no iron load. Left ventricular ejection fraction was 73%. Liver biopsy revealed dilatation in the portal areas, fine fibrous septation in addition to severe iron load in hepatocytes and Kupffer cells. The Ham test was found negative that may partially be attributed to recent transfusion history. The bone marrow examination under light microscopy revealed erythroid hyperactivity and of these normoblasts one-third were double-nucleated cells, with very few multinucleated cells as well. Megaloblastic normoblasts were present, but no nuclear bridging was noted. In the electron microscopy of the bone marrow nuclear protrusions, multinuclearity, karyorrhexis, excessive membrane structures forming invaginations or cisternae, and encompassing the circumference of the cell were seen in varying degrees in the majority of the normoblasts. A clinical diagnosis of CDA type II was established after exclusion of other causes associated with dyserythropoiesis and ineffective erythropoiesis, including thalassemia syndromes, vitamin B12 and folate deficiencies, myelodysplastic syndrome, and sideroblastic anemia. HSCT was performed from the HLA 6/6-matched brother after conditioning with busulfan (12.8 mg/kg/total dose, iv, 0.8 mg/kg/dose, qid, for four days, from day −10 to −7), cyclophosphamide (200 mg/kg/total dose, 50 mg/kg/day, for four days, from day −5 to −2, with mesna infusions), and ATG (10 mg/kg/day, for three days, from −4 to −2). GVHD prophylaxis consisted of CyA (iv 3 mg/kg/day, initiated on day −1, and changed to oral form when adequate nutrition was sustained) plus methotrexate (iv, 10 mg/m², on days +1, +3, +6 days). Prophylaxis for VOD was made by ursodeoxycholic acid (20 mg/kg/day, bid, till +28th day) and enoxaparin (1 × 0.8 mg/kg/day, subcutaneously, till +28th day). Bone marrow was used as stem cell source without G-CSF mobilization. Erythrocyte depletion by hetastarch sedimentation was carried out due to major ABO incompatibility. The nucleated cell dose infused was 9.4 × 10⁹/kg, and the CD34+ cell dose was 4.7 × 10⁹/kg. Neutrophil and platelet engraftments were observed on the 21st and 30th days of transplantation, respectively. The patient developed grade III mucositis and neutropenic fever that were managed successfully. The pre-emptive screening for CMV was made on a twice weekly schedule after neutrophil engraftment using CMV DNA measurement by quantitative PCR. Antifungal prophylaxis was made by triflucan (5 mg/kg/day, once daily, iv, between +1st to +30th days), and antiviral prophylaxis was provided by acyclovir (500 mg/m²/day, bid, between +1st to +30th days). She had no CMV activation, VOD, acute or chronic GVHD during the follow-up and was discharged on the 33rd day of HSCT. The patient had consistently full donor chimerism and was initiated on iron chelation with deferasirox at post-transplant +2 yr. She is currently 12 yr old and has been transfusion independent throughout the post-HSCT duration of six and a half yr. Sequencing analyses on pre- and post-HSCT gDNA samples were performed as previously described (5). The molecular analyses from stored pre-HSCT gDNA revealed double heterozygous missense mutations in SEC23B gene (c.1489C>T, p.R497C in the exon 13 and c.1588C>T, p.R530W in the exon 14), already described as causative (1). Sequencing analyses from after HSCT gDNA revealed the almost complete absence of both mutated alleles, indicating that the donor was not heterozygous (Fig. 1). The family did not consent for the molecular study of the healthy brother.

Discussion

The application of HSCT in a patient with CDA has some challenges including the possible allo-sensitization related to the previous transfusions, transfusional iron overload that may increase the toxicities related to conditioning regimen, and being an autosomal recessively inherited disease finding a healthy matched sibling donor. In CDA
II patients, splenectomy may be a therapeutic but not curative option in some of the patients (11). Our patient had a long history of erythrocyte transfusions, and splenectomy was not performed due to the possibility of unresponsiveness to splenectomy and to prevent lifelong risks of sepsis and pulmonary hypertension.

Our patient received iron chelation with desferrioxamine for only one yr prior to HSCT. According to pre-HSCT risk assessment by Lucarelli Classification system that has originally been used for thalassemic patients, the risk of HSCT in thalassemic patients was determined by the presence of hepatomegaly, portal fibrosis, and irregular chelation history (18). According to this classification system, our patient was assigned as Class III. In thalassemic patients with Class III disease, Protocol 26 has been suggested which includes transfusion with target Hb of 14–15 g/dL, iv desferrioxamine, hydroxyurea, azathioprine, G-CSF, erythropoietin, fludarabine, and busulfan (19). This regimen improved the overall survival and thalassemia-free survival to 93% and 85%, respectively, in Class III thalassemic patients (19).

On the other hand, there is limited data on the conditioning regimen preferences of patients with CDA. Of the previously reported patients with CDA who underwent HSCT, one patient with serum ferritin level of 3500 ng/mL has been transplanted after conditioning with busulfan, thiopeta, and fludarabine and was reported to be alive for 36 months after HSCT. This patient was reported to be placed on phlebotomy program after HSCT (14). Another patient of 13 months old, who had hydrops fetalis and transfused regularly beginning from the intrauterine period has been transplanted by the end of the first year after conditioning with busulfan and cyclophosphamide (15). Ayas et al. reported three patients with CDA type I who have undergone HSCT and all alive for a follow-up period of five, two, and two and a half yr, respectively, after conditioning with busulfan, cyclophosphamide, and ATG (2). Another five-yr-old patient with CDA has been reported to need second transplantation after initial conditioning with busulfan and cyclophosphamide, and the second HSCT was conditioned with busulfan, cyclophosphamide, melphalan, and ATG. The patient has been reported as alive and transfusion independent after second transplantation (16). Besides these six patients reported by four centers who were transplanted from HLA-matched sibling donors (2, 14–16), there are two recent reports of successful HSCT in patients with CDA type II from HLA-matched unrelated donors (12, 17). The first patient who underwent unrelated HSCT was conditioned intensively with azathioprine, fludarabine, busulfan, thiopeta, and cyclophosphamide (12). In a very recent report, an 11-month-old patient with CDA II, who presented with severe fetal hydrops and required intrauterine transfusions, was transplanted from a matched unrelated donor after conditioning with busulfan, cyclophosphamide, and melphalan (17). This patient received ATG and CyA for GVHD prophylaxis (17). According to our experience and review of the literature (2, 14–16), in HSCT from a matched sibling donor, conditioning with busulfan, cyclophosphamide and ATG is a safe and effective conditioning regimen.
option even in patients with CDA risk classified as Class III, according to Lucarelli Classification (18). This conditioning was well tolerated in our patient.

ATG has been used in the conditioning regimen in order to reduce the risk of graft rejection, particularly in patients who were transfused heavily prior to HSCT. Additionally, ATG has been reported to decrease the risk of GVHD and increase the overall survival among patients with thalassemia major who underwent HSCT (20). Additionally, the dose of ATG has been compared in a previous study among patients who underwent HSCT, and there were no differences in terms of acute and chronic GVHD between patients who received ATG 30 vs. 60 mg/kg/total doses, and transplant-related mortality was found lower in 30 mg/kg ATG receivers, and the difference was attributed to increased infections among higher dose receivers (21).

In conclusion, our knowledge about the HSCT experience in patients with CDA is limited and the conditioning regimens vary widely. In our patient, busulfan, cyclophosphamide, and ATG regimen was well tolerated, although being a high-risk patient with hepatomegaly, poor chelation history, and fibrosis findings in liver biopsy. Considering the difficulties in diagnosis of CDA, as it is a diagnosis of exclusion, the increased use of molecular testing for diagnostic purposes will increase the number of patients diagnosed which will in turn increase the HSCT rates with this indication.

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Conflict of interest

There is no conflict of interest.

Authors’ contributions

All authors contributed equally.

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