Sonolysis of per- and poly fluoroalkyl substances (PFAS): A meta-analysis

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ABSTRACT

Human ingestion of per- and polyfluoroalkyl substances (PFAS) from contaminated food and water is linked to the development of several cancers, birth defects and other illnesses. The complete mineralisation of aqueous PFAS by ultrasound (sonolysis) into harmless inorganics has been demonstrated in many studies. However, the range and interconnected nature of reaction parameters (frequency, power, temperature etc.), and variety of reaction metrics used, limits understanding of degradation mechanisms and parametric trends. This work summarises the state-of-the-art for PFAS sonolysis, considering reaction mechanisms, kinetics, intermediates, products, rate limiting steps, reactant and product measurement techniques, and effects of co-contaminants. The meta-analysis showed that mid-high frequency (100 – 1,000 kHz) sonolysis mechanisms are similar, regardless of reaction conditions, while the low frequency (20 – 100 kHz) mechanisms are specific to oxidative species added, less well understood, and generally slower than mid-high frequency mechanisms. Arguments suggest that PFAS degradation occurs via adsorption (not absorption) at the bubble interface, followed by headgroup cleavage. Further mechanistic steps toward mineralisation remain to be proven. For the first time, complete stoichiometric reaction equations are derived for perfluorooctanoic acid (PFOA) and perfluorooctane sulfonic acid (PFOS) sonolysis, which add H\textsubscript{2} as a reaction product and consider CO as an intermediate. Fluorinated intermediate products are derived for common, and more novel PFAS, and a naming system proposed for novel perfluoroether carboxylates. The meta-analysis also revealed the transition between pseudo first and zero order PFOA/S kinetics commonly occurs at 15 – 40 μM. Optimum values of: ultrasonic frequency (300 – 500 kHz), concentration (15 – 40 μM), temperature (=20 °C), and pH range (3.2 – 4) for rapid PFOX degradation are derived by evaluation of prior works, while optimum values for the dilution factor applied to PFAS containing firefighting foams and applied power require further work. Rate limiting steps are debated and F\textsuperscript{–} is shown to be rate enhancing, while SO\textsubscript{4}^{2–} and CO\textsubscript{2} by products are theorised to be rate limiting. Sonolysis was compared to other PFAS destructive technologies and shown to be the only treatment which fully mineralises PFAS, degrades different PFAS in order of decreasing hydrophobicity, is parametrically well studied, and has low-moderate energy requirements (several kWh g\textsuperscript{−1} PFAS). It is concluded that sonolysis of PFAS in environmental samples would be well incorporated within a treatment train for improved efficiency.

1. Introduction – PFAS concerns, definitions, and research to date

Per- and polyfluoroalkyl substances (PFAS) have been manufactured since the 1940s but, since the 1990s, have come under increasing scrutiny [1,2] due to their detrimental impacts on human, animal and environmental health [3,4]. PFAS enter aqueous matrices from; use and disposal of various consumer products and aqueous firefighting foams (AFFFs) [5], industrial pollution [6], landfills [7,8] in situ transformation from larger precursor molecules [9,10]. Most water bodies contain at least a few pg L\textsuperscript{−1} of the two formerly most used PFAS; perfluorooctanoic acid (PFOA) and perfluorooctane sulfonic acid (PFOS) [11]. PFAS are even detected in air at several pg m\textsuperscript{−3} [12]. Despite low environmental concentrations, PFAS concentrate in living tissue due to bio-accumulation [13], contributing to hormonal imbalances, organ dysfunction and development of several cancers [14–15], among other diseases. As such, PFOS, PFOA and related compounds are deemed persistent organic pollutants under the Stockholm convention (added in...
2009 and 2019, respectively) and only permitted in applications without alternatives [16,17].

PFAS molecules contain the perfluoroalkyl moiety (CnF2n+1), which is commonly C4-C8 in length and arranged linearly. Shorter, longer and branched perfluoro chains also exist and some carbons within the chain may not be fluorinated. Non-fluorinated regions in the PFAS chain differentiate a partially (poly-) fluorinated PFAS from a totally (per-) fluorinated one [18] (Fig. 1).

The high degree of fluorination makes PFAS thermally stable and unreactive due to the strength (≈440 - 530 kJ mol⁻¹) and shortness (≈1.3 – 1.4 Å) of C–F bonds and electrostatic and steric shielding of C–C bonds by fluorine atoms [20,21]. PFAs have a plethora of non-fluorinated headgroups (Fig. 1), which are often hydrophilic, while the perfluoro-chain is hydro- and oleo-phobic, making many PFAS useful surfactants [20]. Variations in length, branching, fluorination and headgroup have enabled at least 9,252 different PFAS structures to be developed [19,22]. Structural variations also give specificity for certain applications, which include; waterproofing, foaming agents, non-stick coatings, paper additives and metal plating aids, amongst many others [31].

The high solubility, number of different structures, and lack of emissions data makes quantification of global PFAS pollution extremely challenging [11,23]. Historical PFAS production and sale was as semi-quantified mixtures of branched and unbranched, variable length, mixed isomer components [24,25], leaving users unable to quantify their emissions [18]. Globally, historic PFAS pollution is broadly estimated at 10,000 to 53,000 tonnes, with the majority presumed to be aqueous [11]. The actual amount is likely much higher, since current production is estimated at 42,000 tonnes/year [26] and stockpiled AFFFs are estimated at 30,000 tonnes, with 19,000 tonnes in Japan alone [27]. Since PFAS are inert by design, many are unaffected by environmental degradation processes and conventional water treatments, as reviewed previously [24,28]. Although, select polyfluorinated compounds undergo partial degradation to form other perfluorinated PFAS [29], causing some waste water treatment plants (WWTPs) to be net PFAS emitters [24,30]. Therefore, PFAS pollution remains largely undetected, dilute, and ubiquitous worldwide. Further reading on PFAS definitions [18], environmental distributions [11], and health effects [31] is available in several works [32].

Sonolysis is a physio-chemical treatment which splits molecules by applying ultrasonic waves (frequency ≥ 20 kHz). Sonolysis degrades many unreactive organic compounds including; chloro-hydrocarbons [33], esters [34], phenolic compounds [35] and PFAS [36–52]. Ultra- sound can degrade PFAS in pure aqueous solutions [37–44], real and simulated ground waters [46,47], diluted AFFFs [49,50], and soil slurries [51]. Research to date has focused on the parametric understanding of factors such as; chain length [41], ultrasonic frequency [36], PFAS concentration [45] and co-contaminants [46,48–50]. Work has even utilised a large scale (91 L) reactor for treatment of a pure PFOS solution [53] and several PFAS within diluted AFFFs [50]. Sonolysis mineralises PFAS into inorganic CO₂, CO and F⁻ [39], without the addition or production of harsh chemicals. Gaseous or aqueous fluorinated by-products represent <1 % of the initial PFAS mass [36] since these are also degraded with continued sonication [36,37,39,41].

No universally agreed theory exists for the PFAS-ultrasound reaction mechanism; thus, one cannot confidently identify all rate controlling parameters. Despite ≈30 experimental works to date, the interconnected nature of sonochemical parameters (frequency, power, temperature etc.) and the different conditions used in each work, obstruct understanding of any one parameter. To utilise PFAS sonolysis at an environmentally beneficial scale, researchers must understand the numerous works on the topic to date. A literature review on PFAS sonolysis has been completed previously which considered the effects of various reaction parameters [54]. The focus of this meta-analysis, however, is to derive novel information on reaction mechanisms, parametric effects, reaction monitoring methods and optimal reactor/reaction design, by comparison between works. Concepts are discussed from works in the field of sonochemistry, separate to that of PFAS, to improve understanding. Finally, comparison to other PFAS treatment technologies is presented to give context to the effectiveness and competitiveness of sonoysis. The authors assume the reader is familiar with the basic theory of sonochemistry, however, further reading on sonochemical mechanisms [55,56] and parametric effects [57] is available elsewhere. A list of acronyms is given in Table S1 of the Supplementary information. To demonstrate the progression of the subject knowledge, Table S2 provides a chronological summary of the topics discussed in each work to date, and Table S3 shows all data usage in the meta-analysis.

2. Methodology – Measurements of PFAS sonolysis reaction products

PFAS sonolysis results in four main inorganic species; F⁻, SO₄²⁻, CO₂, and CO [36,38-40,42-45,53,56-59]. Small quantities of shortened PFAS have also been observed [36-39,41-60] or implied by F⁻, SO₄²⁻, and total organic carbon (TOC) balances [42,44,48,64,65], but products with longer chains than the initial PFAS have not been reported. For the stoichiometric equations leading to these products see Section 3.2. Some have also measured pH [50,58,60], OH radicals [42] and nitrite/nitrate levels [38] as a means for identifying the PFAS degradation route. The rates of PFAS sonolysis under each set of conditions are required to quantitatively compare parametric effects across numerous works. However, different metrics for reaction rate or reaction completeness are often used. In this section, we describe these metrics and the technologies used to measure them to aid understanding in proceeding sections.

2.1. Fluoride release

Fluoride ion concentration, as a measure of PFAS degradation, is determined by ion chromatography [36,60-62] or fluoride-selective electrodes [42,44,50,51], and the two devices show strong agreement (±1 %) [36]. Although most PFAS are fully mineralised during sonolysis at mid-high frequencies (100 – 1,000 kHz) [36,37,41,62], fluoride concentration alone does not necessarily correlate with PFAS degradation rates, since partial defluorination may occur, resulting in shorter PFAS chains (including polyfluorinated species) formed from the starting molecules [36,42,44,66]. Notably high concentrations of short chain/partially fluorinated products are formed under low frequency sonication [60,62,63]. Percentage fluoride release is, therefore, used to demonstrate reaction completeness (percentage mineralisation) (Eq. (1)).

\[
\% F^- \text{ release} = \frac{\left[F^-\right]}{[TOF_0]} \times 100 \%
\]

Where:

\[
\left[F^-\right] = \text{Fluoride ion concentration (mol L}^{-1}\text{)}
\]

\[
[TOF_0] = \text{Total organic fluorine at time } t = 0 \text{ (mol L}^{-1}\text{)}
\]

Fig. 1. Example of a C8 perfluorocarbon chain and four possible functional groups of PFAS, top to bottom: Perfluoronicarboxylic acid (PFNA), Perfluorooctane sulfonic acid (PFOS), Perfluorooctyl phosphonic acid (PFOPA) and, 8:2 Fluoro-telomer alcohol (8:2 FTA) [19].
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TOF$_0$ is measured by combustion ion chromatography [49] or calculated from initial PFAS concentrations. Fluoride release varies with time and applied conditions, but always tends toward 100 %, since short chain by-products typically contain <1 % of initial fluorine atoms and are degraded with continued sonication [36,37,41,62]. Short chain PFAS formation can thus be indicated using a fluoride balance (Eq. (2)) [39].

\[
\% \text{fluorine balance} = \frac{[F^-]_{\text{in unreacted PFAS}} + [F \text{ in unreacted PFAS}]}{\text{TOF}_0} \times 100 \%
\]  
(2)

Where:

\[
[F \text{ in unreacted PFAS}] = \sum_n \text{[Unreacted PFAS]_n} \times \text{fluorine molarity per n initial PFAS mol}
\]

\% fluorine in short chain products = 100 % – % fluorine balance

(3)

Fluorine balances simplify identification of short chain products, which requires analytical standards of all possible by-products and mass spectrometry (MS). This is especially difficult in complex starting matrices like AFFFs. During one study on PFOA and PFOS (PFOX) sonolysis, shortened species were not identified, but incomplete fluoride balances were reported during treatment [39]. The fluorinated gases formed did not account for the lack of fluorine, suggesting formation of fluoride containing gases likely represent by-products. Note that fluoride containing gases contribute to the observed defluorination efficiency (23.7 %) which indicates incomplete mineralization of any measured PFAS concentrations and a high methanol fraction in the early stages of separation. This may be due to analytical method errors or lack of products tested for and contradicts many previous findings [37,49,50,60–62]. PFAS analysis via HPLC-MS is fraught with difficulties, such as contamination from Teflon coated components [2] and sample container caps [45]. For accurate testing, these should be replaced with stainless steel or polyetheretherketone alternatives [71]. The choice of chromatography solvents also affects measured PFAS concentrations and a high methanol fraction in the early stages of separation is recommended to allow appropriate detection time [72]. This may explain why PFAS chain shortening was observed in some works [37,51,60,61] but not some others [38,47,58], since short chains are more stable in water and may be flushed too quickly through the column/detector [41].

2.3. Carbon balance

CO and CO$_2$ are thought to be formed during PFAS sonolysis from the oxidation of the defluorinated carbon chain, and removal of –COO– groups in per- and polyfluorocarboxylic acid (PFCA) sonolysis [39]. CO and CO$_2$ formation has been measured using electron ionisation mass spectrometry [39]. Like fluoride release, CO or CO$_2$ formation cannot demonstrate percentage PFAS degradation in isolation, since CO$_2$ can dissolve in solution to form carbonic and formic acids, or degas from solution [67]. Carbon accounting is typically done by measuring total organic carbon (TOC) in PFAS molecules [40,44,49,53] (Eq. (7)). Percentage TOC removal may differ from percentage PFAS, fluoride, or sulfur change, hence a carbon balance may be used (Eq. (8)).

\[
\% \text{TOC removal} = \left(1 - \frac{\text{TOC in unreacted PFAS}}{\text{TOC in initial PFAS}}\right) \times 100 \%
\]  
(7)

\[
\% \text{Carbon balance} = \frac{[\text{CO}] + [\text{CO}_2] + \text{[TOC in unreacted PFAS] + carbonic acid}}{\text{[TOC in initial PFAS]}} \times 100 \%
\]  
(8)

2.4. Chromatographic short chain measurement

The measurement of inorganics can suggest the extent of mineralisation but, as mentioned, care should be taken since the % removal of PFAS and % generation of inorganic products are not equal when partial defluorination, chain shortening, or sulphate head group recombination occurs. Such reactions will be discussed in more detail in Section 3.1. Therefore, it is best to directly measure the concentration of the starting PFAS as well as several possible by-product PFAS. Reactant and product PFAS concentrations are directly measured using (ultra [38,68]) high performance liquid chromatography mass spectrometry (U)(HPLC-MS) [37,39,41,45–51,59–65,69,70] or gas chromatography (GC) [66]. During chromatographic analysis, some authors utilised a total ion chromatogram (TIC), which identified and quantified several short chain PFAS products [37,49,50,60–62]. Others, however, analysed only specific compounds [39,40,45,46,58], even when fluorine or sulfur balances indicated chain shortening [43,44,48,59,64]. Anticipating which by-products to measure is difficult for more novel PFAS (e.g. perfluoroether carboxylates, PFECs) which have different reaction mechanisms (Section 3.2) and products [61] (Table S2) to typical PFAS compounds. Therefore, TICs help to identify unknown by-products. Observation of no truncation by-products must be complimented with other metrics, since this may be due to analytical method errors or lack of products tested for and contradicts many previous findings [37,49,50,60–62]. PFAS analysis via HPLC-MS/MS is fraught with difficulties, such as contamination from Teflon coated components [2] and sample container caps [45]. For accurate testing, these should be replaced with stainless steel or polyetheretherketone alternatives [71]. The choice of chromatography solvents also affects measured PFAS concentrations and a high methanol fraction in the early stages of separation is recommended to allow appropriate detection time [72]. This may explain why PFAS chain shortening was observed in some works [37,51,60,61] but not some others [38,47,58], since short chains are more stable in water and may be flushed too quickly through the column/detector [41].

2.5. Choice of measurements and products to monitor

Direct PFAS measurement does not demonstrate the treatment effectiveness unless short chain formation is also quantified. Hence, several metrics are needed to determine the extent of PFAS removal. 100
% F– release might serve as the best individual indicator of “treatment completeness”, since this is consistent with complete mineralisation (no short chain organic remnants) [73], provided that the analysis is accurate. PFAS sonolysis products are consistently smaller than the initial species [36,37,49,50,60–62] and eventually fully mineralised [36,37,63]. PFASs can convert into comparable chain length perfluorocarboxylic acids (PFCAs) [36,37,63] but the reverse is not possible without sulphur present. Thus, with or without observation, one can predict all plausible fluorinated by-products from a given starting PFCFA by noting down the structure, removing a CF2 group, and repeating until no CF2 groups remain. One can take a similar approach for PFASs but considering the truncated chains with both SO2H and COOH head-groups. Based on these observations, Table 1 derives observed and plausible breakdown products for the PFAS mentioned and demonstrates a methodology with which to predict the breakdown products of other (for example longer chain) PFAS. This may aid understanding and quantifying of PFAS sonolysis by-products and thus understanding of their reaction mechanisms. The table provides PFAS anion m/z values for use during mass spectrometry; hence the complete molecules have an added H+ ion and mass = (m/z – z) + 1. For those considering more novel PFAS structures, Table S4, in the Supplementary information derives observed and plausible breakdown products for some PFECS, which degrade via a different truncation mechanism and are not thought to convert to (nor be formed from) non-ether containing PFAS (Section 3.1). No standard acronym convention was found for PFECS, so names were derived as shown in Table S5. These tables can be used in the selection of analytical standards/techniques, especially in considering that the number of possible breakdown products increases linearly with chain length.

3. PFAS sonolysis meta-analysis

The use of ultrasonic waves to degrade aqueous contaminants (sonolysis) was previously considered an “auxiliary” treatment [74] likely due to its higher power requirements compared to traditional water treatment techniques (e.g., anaerobic digestion, granular activated carbon, membrane filtration, ion exchange etc.). However, for particularly recalcitrant contaminants, such as PFAS, traditional water treatment approaches are ineffective [75–79]. Hence, sonolysis research since the late 1990s and early 2000s, has focused on more novel contaminants such as; carbon tetrachloride [80], trichloroethane [81], bisphenol A [82], alachlor [83], methyl tert-butyl ether [84], chlorohydrocarbons [33], esters [34], phenolic compounds [35] and PFAS [36–52]. Sonolysis offers comparable treatment capabilities to some physical removal methods but without the need to regenerate the removal media. Further, the PFAS are degraded by the technology, which mitigates another treatment step [75–79]. Sonolysis works by generating cavitating bubbles in solution by irradiation of ultrasonic waves [55]. Upon collapse of cavitating bubbles, temperatures of several hundred degrees and pressures of several hundred bar are generated within an area localised to the microscopic bubble [55–57]. These conditions can result in plasma and radical species generation, which can both degrade dissolved contaminants, the extent to which either act depends on the ultrasonic conditions applied and the species to be treated. For further reading on sonochemical mechanisms [55,56] and parametric effects [57], please see previous works. Within the research to date on PFAS sonolysis, there is no unified theory on the mechanism of PFAS degradation, although there is evidence for some mechanistic steps. Further, several parametric effects have been studied but with some differing conclusions. Due to the wide variety of reaction conditions used, comparisons between works is difficult.

Accordingly, this work presents an analysis of the 33 PFAS sonolysis papers to date, to generate novel information on the mechanisms, products, and parametric effects of PFAS sonolysis. Theoretical PFAS

| Starting ion | n/z value | Breakdown products | PFOS | PFHxS | PFOA | PFHpS | PFBA | PFPeA | PFTES | PFPeS | PFHxA | PFBS | PFPrS | PFPrA | PFPA | PFMA | PFEA | PFNA |
|-------------|-----------|-------------------|------|-------|------|-------|------|-------|-------|-------|-------|------|-------|-------|------|-------|------|------|
| PFOS        | 499       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFHxS       | 449       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFOA        | 413       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFHpS       | 399       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFBA        | 213       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFPeA       | 163       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFPrA       | 113       | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |
| PFPeS       | 63        | –                 |      |       |      |       |      |       |       |       |       |      |       |       |      |       |      |      |

Reference: [36,37,63]
degradation mechanisms are derived by comparing arguments and data from PFAS sonolysis publications, in combination with sonolysis concepts and data from PFAS degradation via other techniques (e.g. pyrolysis, plasma degradation, etc.). Where possible, optimum parameter values (pH, temperature, frequency, etc.) for enhanced PFAS destruction rates are derived through comparison of sonolysis rates under different conditions. By considering the different conditions used between works, information on the relative effect of each parameter is analysed. In this section, a distinction is made between mid-high (100 – 1,000 kHz) and low-frequency (<100 kHz) sonolysis, since at mid-high frequencies, PFAS degrade quickly (0.002 – 0.04 min\(^{-1}\)) without the addition of oxidative agents, compared to low frequencies (0.0002 – 0.03 min\(^{-1}\)). A second distinction is made between long and short chain PFAS which will be taken as those with \(\geq 6\) and \(\leq 5\) carbons in the perfluoro chain, respectively, as defined previously [18].

3.1. PFAS degradation mechanisms at mid-high ultrasonic frequencies (100 – 1,000 kHz)

Sonolysis of PFAS was first reported at a frequency of 200 kHz and power density of 3,333 W L\(^{-1}\) [37]. Sonication of water causes growth and formation of cavitation bubbles [55,57]. When the bubbles reach a certain size, they move to antinode regions and collapse violently; causing disassociation/ionisation of water, gases and other species inside the bubble and high localised temperatures [57]. Aqueous PFAS behave as surfactants [8], hence PFAS sonolysis likely occurs predominantly at the bubble air-water interface, since prior to bubble collapse, the hydrophilic head should orientate in the bulk liquid, with the hydrophobic perfluoro-tail in the bubble gas phase [37] (Fig. 2). PFAS molecules are small (≈1 nm length [86], 75 – 477 cm\(^3\) molar volume [87]) when compared to ultrasonic bubbles (~3.2 – 3.5 \(\mu\)m ambient radius, \(\approx 10^{14}\) cm\(^3\) molar volume for a 355 kHz cavity under 2.5 – 4.6 bar pressure [88,89]). Since the relative penetration of the molecule into the bubble core is small, we propose that, prior to cavity collapse, PFAS effectively adsorb at the bubble surface, rather than absorb/evaporate into the bubble core. Thus, adsorption to the bubble interface is considered the initiating step for PFAS sonolysis and PFAS diffusion to the bubble is likely rate limiting [37,38,42,44,45,65]. Some authors question whether PFAS-bubble adsorption might not be diffusion dependant, since rectified bubble growth occurs over much faster time scales than the molecule can passively diffuse toward it and the bubble interface would move towards the PFAS, rather than vice versa [41,45]. The implications of this for the rate-limiting mechanism of bubble surface adsorption are discussed further in Section 3.3.

Increasing PFAS concentration enhances reaction rates until, at sufficiently high concentration, rates became constant [38,42,44,45,48]. The reverse occurs when degrading high initial PFAS concentrations, as the reaction transitions from zero to pseudo-first order as concentrations decline [36]. The change in reaction order supports PFAS adsorption being rate limiting and reaction initiating, since it is consistent with PFAS saturation of the available bubble interfacial area [38,42,44,45,48]. Further evidence of interfacial adsorption was noted when the degradation rate of PFOA, an anionic surfactant, was reduced by addition of another anionic surfactant at 40 kHz and 500 W L\(^{-1}\), suggesting competitive adsorption at the bubble interface [65] (further discussed in Section 3.5.7). Similarly, sonolysis reaction rates for three different PFAS (perfluorooctane, perfluorooctanoic acid, and perfluoropropionic acid) were proportional to their relative hydrophobicity.

Fig. 2. Position and relative collapse temperatures and pressures experienced by hydrophilic, semi-hydrophilic and hydrophobic surfactants, as well as relative anchoring and spacing of short and long chains at ultrasonic cavities. Not to scale.
values, attributed to orientation of hydrophilic, semi-hydrophilic and hydrophobic molecules in the bulk liquid, bubble interface and bubble-gas core, respectively [66]. These regions experience relative collapse temperatures and pressures which increase with proximity to the bubble core (Fig. 2) [67]. Table 2 shows the log($k_{OW}$) values of various PFAS and some of their carboxylic acid equivalents (from previous works [90,91]) to indicate their relative hydrophobicities. In agreement with aforementioned PFAS sonolysis studies, hydrophobicity increases with increasing chain length [66] and with replacement of fluorine atoms, with hydrocarbons [37]. Note however, that $k_{OW}$ values are not easily measured for surfactant PFAS, due to their preference for interfacial regions, and researchers must utilise non-traditional methods [90]. Semi-hydrophobic (i.e. surfactant) PFAS like PFOA and PFOS accumulate at the bubble interface [66] and are subject to (multi-bubble) temperatures and pressures of \( \approx 1,000 \text{ K} \) [92] and 100 bar, respectively, upon bubble collapse [57]. Note that previous work on surfactant sonolysis suggests that all parts of a surfactant experience approximately the same collapse temperature [93], which is consistent with the relative sizes of the bubbles and surfactants described here.

Following interfacial adsorption, PFAS degradation is suggested to begin via pyrolytic cleavage between the headgroup and perfluoro tail [37,38,42,44,45,48,65,66] (Fig. 3). This was concluded since SO$_2^-$ and shortened PFSAs and PFCAs formed during PFOS sonolysis, indicating removal and subsequent oxidation of the perfluoro-group, while partially maintaining the perfluoro chain [37]. Several works also observed SO$_2^-$ concentrations stoichiometrically consistent with measured PFOS removal, but slower F$^-$ removal rates, suggesting delayed tail degradation [39,44,48]. Note that not all authors have observed chain shortening during PFOS sonolysis [39,68,94], and two showed greater stoichiometric F$^-$ release than SO$_2^-$, suggesting that partial tail-defluorination may occur before headgroup cleavage [42,44]. However, this may also be due to recombination of cleaved SO$_2^-$ and CF$_3$(CF$_2$)$_n$ groups, to form shortened PFSAs in solution [37] which were not measured.

Headgroup cleavage is a more likely initial degradation step than defluorination, since the C-F bond energies (\( \approx 440-530 \text{ kJ mol}^{-1} \)) exceed that of the C-C bond (\( \approx 348 \text{ kJ mol}^{-1} \)) or C-S bonds (\( \approx 301-355 \text{ kJ mol}^{-1} \)) between the perfluoroalkyl chain and the headgroup. Further, these C-S and C-C bonds would not be subject to the same fluorine-shielding effects as the C-C bonds in the perfluoro-chain [20,21]. This is consistent with computational work on the thermolysis of PFOS [97] and other fluorochemicals [98] which showed headgroup cleavage as the initial step. Maximum vibrational temperatures reached inside a bubble under mid-range frequencies are around 4,000 – 7,000 K [55,99,100], suggesting C-F bond cleavage may be possible. However, these temperatures are achieved for only a few nano- or pico-seconds for single-bubble sonication [101]. Such temperatures likely do not exist in multi-bubble sonication, where collapse temperatures are \( \approx 1,000 \text{ K} \) [57].

An argument against pyrolysis-driven head-group cleavage considers that, at concentrations below their critical micelle concentration (CMC), PFAS would orientate non-uniformly at the bubble-interface, thus not necessarily be cleaved at the head-group [38]. However, this contradicts numerous other observations [37,38,42,44,45,48,65,66] and the comparison of ultrasonically induced PFAS-bubble diffusion with hydrophobically induced micelles may not be valid. Micelles form in the bulk liquid, thus, the adsorbed PFAS-bubble interfacial system might be better compared to a PFAS semi-micelle, which forms on surfaces. Further, the hemi-micelle of PFOA, for example, can occur at concentrations of 1 mg L$^{-1}$ [102], which represents <0.001 % of the CMC [103]. Such concentrations are common during PFAS sonolysis [36]. The high frequency oscillations of the cavities can also contribute to PFAS adsorption [41] and literature on the sonolysis of other surfactants demonstrated accumulation at the bubble below the CMC [104]. Hence, uniform PFAS adsorption at cavity surfaces is not entirely hydrophobically dependant and therefore not CMC dependant.

Accepting the evidence for interfacial PFAS adsorption, uncertainty remains over the mode of headgroup cleavage. In ultrasonic systems, dissolved gases with high specific heat ratios (polytropic indices, \( \gamma = C_p/C_v \)
C$_n$), such as Argon ($\gamma = 1.66$), generate cavities with high collapse temperatures [105], and are also correlated with better PFAS degradation rates [37,61,62]. For reference, the polytropic index of Air at 20 °C is 1.40 [47,62]. This suggests that headgroup removal is thermally dominated, as opposed to via radical oxidation, as is common for other compounds [37,61,62,106]. Further, radical degradation was rejected for PFOA and PFOS, since the Fenton reaction, which utilises hydroxyl radicals (OH), did not degrade these PFAS [37]. When tert-butyl alcohol was used to scavenge radicals, the degradation rate of PFOS was reduced by only 12 % and the effect on PFOA was inconclusive [37]. Conversely, correlations between OH formation and PFAS destruction were observed at applied frequencies from 25 - 1,000 kHz, suggesting a chemically driven process [42]. However, the reactor volume, shape, power densities, position of transducers and open/closed nature of the reactor was varied between frequencies [42]. Hence, these trends may not be entirely reflective of frequency/radical production alone, but several parameters. PFOS degradation rates under 44 - 1,000 kHz ultrasound have also been correlated with a sonochemical route, measured via sonoluminescence and potassium iodide dosimetry, rather than an entirely thermal one, measured via sonoluminescence [36]. Hence, an initial degradation route via solvated electrons at or near the surface of the collapsing bubble was discussed [36]. Several works have theorised [107-110] and observed [111,112] solvated electron release during sonolysis and solvated electrons are also theorised in the degradation of PFOS in other advanced oxidative techniques, including; electrochemical oxidation [113], photochemical oxidation [114] and plasma treatment [115]. To the authors’ knowledge, PFOS degradation has not been observed under any technology without an associated solvated electron reaction theory. Semi-empirical work on PFAS degradation via aqueous electron showed that different PFAS structures show different degradation routes, with all PFAS tested except PFCAs, showing partial defluorination [116]. Solvated electrons are short-lived (∼100 ps in plasma systems) but can penetrate to liquid depths of 1.5 - 3.5 nm [117]. Thus, aqueous electron released from the plasma of an ultrasonically generated cavity are capable of attacking anywhere on an adsorbed PFAS molecule (length ≈1 nm [86]), the majority of which (the perfluoro-tail) will be within the cavity, and the tail-headgroup bond will be close to the interface. Since the remaining C–C bonds are well shielded by fluorine atoms and the C-F bond energy is strong, chemical attacks are not typically successful at degrading PFAS, particularly PFOS. However, solvated electrons may be small enough to attack more positive regions on the carbon-fluorine bonds, since a strong dipole exists due to the high electron withdrawing nature of fluorine atoms, which attract electrons toward themselves, away from the carbons [20]. Solvated electrons are also thought to cleave C-Cl bonds during chloroacetate sonolysis [118], so may similarly cleave C-F bonds in PFAS sonolysis.

After headgroup removal, two mechanisms are proposed for the perfluoroalkyl chain degradation: 1) repeated oxidation and truncation and 2) pyrolysis within the bubble, in one collapse event. Repeated truncation is evidenced by the formation of FFOA and shorter PFCAs during PFAS degradation [36,37]. PFCCA formation was attributed to oxidation of the removed CF$_3$(CF$_2$)$_n$- tails in the liquid bulk to form a shortened PFCCA [CF$_2$(CF$_2$)$_{n-1}$COOH] [37]. The shortened PFCCA would then be adsorbed to a new bubble interface and the cycle would repeat, truncating one CF$_3$ group per cycle, until the initial PFAS is mineralised into F$^-$, CO$^-$ and CO$_2$. Similar mechanisms were identified for the hydroxylation equivalent of PFOA and PFOS (perfluoro- and monosulfonic acid, respectively), however, this occurred 6.90 - 13.75 times faster due to the greater hydrophobicity of hydrocarbons [37]. The repeated truncation theory is supported by several direct measurements or indications of short chain formation (through partial defluorination and/or TOC removal) at both low (28 & 40 kHz [60,62,63]) and mid-high (200 - 1,000 kHz) [36,42,44,66] frequencies. However short chains may also form through fragmentation of the initial perfluoro chain and reaction with water to form hydrated intermediates [39], which may then react via opposing condensation reactions, in which water is produced, when H and OH groups are removed from two combining molecules. Such reactions are assumed to occur at the bubble surface, as observed for other complex organic molecules, such as lignin [119]. Similarly, shortened PFSA formation during PFOS sonolysis was attributed to SO$_3^-$ headgroup removal and recombination with a truncated, possibly unbalanced, fissional C$_n$F$_{2n-1}$ group [37]. An argument against degradation solely via repeated truncation might be that longer PFAS show greater initial fluoride release rates [44]. Given the repeated truncation theory, regardless of initial PFAS chain length, similar removal of CF$_2$ units would be anticipated per bubble collapse event. However, longer chains are more hydrophobic, making them more attracted to the bubble interface and penetrating further into the hot bubble core [41], and thus experience faster uptake, pyrolysis and, hence, defluorination.

The alternative theory, pyrolysis inside the bubbles, evolved from observation of near stoichiometric release of F$^-$ ions consistent with complete PFOX mineralisation, without short chain formation [39]. Hence, headgroup cleavage was instead proposed to precede rapid degradation of the perfluoroalkyl chain via the formation of sonochemical intermediates, such as hydrated C$_n$F$_{2n-1}$-H groups, within one acyclic cycle [39]. Within the same cycle, the intermediates would be degraded via numerous plasma/pyrolysis reactions inside the bubble, to form C1 - C2 length fluorinated radicals [39]. The fluorinated radicals would then be hydrolysed by water vapour in the bubble to form CO, CO$_2$ and HF (which dissolves into H$^+$ and F$^-$ in the bulk liquid [37,45]) over approximately 100,000 acoustic cycles (∼1 s) [39]. Rapid and complete mineralisation of the perfluoro chain may be plausible due to the high temperatures reached during aqueous bubble collapse (up to 5,000 K) [55,99,100]. However, as mentioned previously, questions remain over the lifetime of these temperatures and their applicability in multi-bubble systems [101]. Where shorter chain by-products were not detected, the bubble core pyrolysis theory was not supported with stoichiometric fluoride or SO$_2$ release, nor TOC mineralisation, relative to the removed PFAS [38,39]. Hence, it is possible that some shortened fluorochemicals formed which were not tested for, did not exceed the LOD or entered the untested gas phase above the reactor liquid (Section 2). Moreover, the reaction could proceed via a repeated truncation process which is simply too fast to observe short chain formation. This may follow since the half-lives of PFOA and PFOS were 22 and 43 min, respectively, where chain shortening was observed [37] and 17 and 26 min, respectively, where it was not observed [39]. Further, samples were taken from the reactor sooner in works where short chains were observed than where they were not (5 vs 15 min) [37,39]. Conversely, short chain products ejected from the collapsing bubble, which did not fully mineralise under the intra-bubble pyrolysis mechanism, or which reform from radicals in the liquid bulk may lead to the appearance of products indistinguishable from those of a repeated truncation mechanism [37]. The competing mechanisms for PFAS sonolysis at mid-range frequencies are summarised diagrammatically in Fig. 3. This figure does not consider mechanisms suggested in low frequency works since there is less evidence for these mechanisms, they have been shown to be more varied (depending on oxidative species added), and the reaction rates are generally slower (0.0002 - 0.03 min$^{-1}$) [47,60,61,85] than at high frequencies (0.002 – 0.04 min$^{-1}$) [47,60,61,85]. Low frequency mechanisms are discussed further in Section 3.5.6.

The two theories (repeated truncation vs rapid intra-bubble pyrolysis) were derived using results taken under different experimental conditions (10 – 100 mg L$^{-1}$ PFOX, degraded at 200 kHz and 3,333 W L$^{-1}$ ultrasonic power [37] vs 5 mg L$^{-1}$ PFOX, degraded at 618 kHz and 250 W L$^{-1}$ power [39]). The higher concentration and use of a frequency considered to give slower PFOS degradation rates (200 kHz) [36,37] (Section 3.5.1) would likely lead to the formation and observation of short chain intermediate products. However, chain truncation was also
observed at lower concentrations (10 mg L$^{-1}$) and more optimal frequencies (400 kHz and 500 kHz) [36], to a lower extent. The analytical evidence and arguments shown here indicate that PFAS undergo chain shortening over time, as opposed to solely instantaneous mineralisation, regardless of the reaction mechanism. Therefore, given strong evidence for both the repeated truncation and bubble core pyrolysis theories, as well as the observation of small quantities of short chains in some works but not others, we propose that both degradation routes may occur during PFAS sonolysis and that the extent of by-product formation therefore depends on the reaction conditions used (e.g. frequency, power, sampling/treatment time, concentration etc.).

3.2. Derivation of complete PFOX sonolysis reaction equations

Based on the mechanistic works discussed in Section 3.1, the first reported complete reaction equation for PFAS sonolysis can be derived. Previous attempts have not achieved a fully balanced equation. For example, a partial equation for PFOS degradation has been given previously [42] (Eq. (9)).

$$C_nF_{3n+2}SO_4^{-} \rightarrow \frac{\mu}{2} 17F^- + SO_4^{2-} + \sum C_i (n=1-8)$$  (9)

Where; $\rightarrow$ denotes reaction under ultrasound

The stoichiometric balance of fluorine during PFOS mineralisation is easily derived, since, with no initial F$^-$ or other fluorinated compounds in the solution, $[F^-]_{final}$ must equal $[PFAS]_{initial} \times 2n + 1$ where n is the initial perfluoro chain length. Eq. (9) assumes that all fluorine atoms are cleaved to generate fluoride. However, several shorter chain PFAS can also be generated during sonolysis, as discussed in Section 3.1, which have not been accounted for in Eq. (9). Further, the generation of organics (hydrocarbon or otherwise) from PFAS sonolysis has never been measured or observed, only assumed based on TOC measurements in the work where Eq. (9) was derived [42]. The organic products are assumed since only 55.8 % of TOC was removed after 330 min of sonication, while 100 % of fluoride release was achieved in under 300 minutes [42]. However, in said work, the starting TOC concentration for 100 μM PFOS was measured at 1,000 μM [42]. Since PFOS has 8 carbon atoms, the starting TOC for 100 μM PFOS should be 800 μM. Similar issues are found when considering the fluoride concentration, which takes a final value of $\approx 2.0$ mM [42]. Since PFOS has 17 fluorine atoms, for the degradation of 100 μM PFOS, the total fluoride released should be 1.7 mM. Both of these inflated values suggest either some contamination or error in the samples or methods has occurred, which likely lead to over estimation of the final TOC value and defluorination %, thus the assumption of some organic by-products. Further, it is unlikely that non-fluorinated by products would be formed in any great quantity, since truncated PFAS by products are at low concentrations compared to the starting PFAS [36,37,39,44,48] and hydrocarbon equivalents of two PFAS (PFOA and PFOS) were previously shown to degrade 6.9 – 13.75 times faster due to the greater hydrophobicity of hydrocarbons [37]. Thus, any non-fluorinated organics would likely be degraded extremely quickly, difficult to detect compared to fluorinated by-products and thus cannot be considered significant by-products. Further, the stoichiometry of Eq. (9) is incomplete, since it does not state the complete formulae of the organics formed, nor suggest where the oxygen comes from in the oxidation of SO$^2_4$ to SO$^4_2$.

Four inorganics species (H+, CO, CO$_2$ and F-) are the dominant reaction products of PFAS sonolysis observed experimentally, with SO$^4_2$ also generated in PFAS sonolysis [36,37,39,59,64] and some short chain PFAS are also formed prior to complete mineralisation [36,37,39,44,48]. Since short chain PFAS products form with a complex distribution, are undesirable end products, and have been shown to degrade with continued sonication, they can be treated as intermediates [36]. PFOA and PFOS sonolysis, under conditions of 100 μM PFAS in argon sparged water sonicated for 120 min at 354 kHz and 250 W L$^{-1}$, produced CO and CO$_2$ in ratios of 2/1 and 5/1, respectively [39]. The authors of the aforementioned work did not propose a stoichiometric equation based on these observations, only some possible intermediate reactions [39]. Hence, assuming near-zero loss of gaseous products, sufficient sonication time for complete mineralisation and the measured CO/CO$_2$ ratios [39], the overall reaction equations for PFOA and PFOS are shown by Eq. (10) and Eq. (11), respectively. H$_2$ is listed here as a newly suggested by-product, which has not yet been observed during PFAS degradation but is known to occur during sonolysis in water [55], particularly in the presence of an Argon atmosphere [67]. Hence, H$_2$ formation balances the hydrogen atoms formed from the splitting of water, required to oxidise PFAS to CO/CO$_2$. All components in Eq. (10) and Eq. (11) are aqueous.

$$3C_4F_{15}O_2H + 26H_2O \rightarrow 8CO_2 + 16CO + 45F^- + 45H^+ + 10H_2$$  (10)

$$3C_4F_7SO_2H + 31H_2O \rightarrow 4CO_2 + 20CO + 51F^- + 57H^+ + 3SO_4^{2-} + 4H_2$$  (11)

In previous work, the oxygen source for CO/CO$_2$ formation during PFAS degradation was not derived [39], but is likely from water sonolysis [67], as observed in the sonolytic oxidation of hydrocarbons [120]. The percentage conversions of TOC to CO/CO$_2$ were 96.7 % for PFOA and 88.6 % for PFOS [39]. Increasing the relative percentage of water vapour in collapsing bubbles, and hence the relative radical concentrations formed, was suggested to enhance CO$_2$ formation during PFOA sonolysis [39]. Since PFOS is a larger surfactant molecule than PFOA [18], greater microstreaming around the bubble is expected [121] and enhanced water evaporation rates and CO$_2$ formation rates might be anticipated for PFOS, compared to PFOA, due to enhanced fluid refreshing around the bubble. This does not match experimental observation [39]. Hence, we propose that differing PFOX degradation rates explain the higher CO/CO$_2$ formation ratio for PFOA. PFOS is more difficult to degrade than PFOA, due to the strength of the C-S bond [37,38,40,41,43,46,63,68]. Further, bubble collapse temperatures can be reduced by bubble instability in the presence of large surfactant molecules, which may partially explain why PFOS degradation rates are lower than PFOA. As stated in the work which observed their formation, CO and CO$_2$ must be generated from oxidation of CF$_2$ radicals [39], CO$_2$ is therefore generated in smaller quantities than CO because it requires a higher level of oxidation. Therefore, compounds which degrade less effectively will generate CO more slowly, giving less time to oxidise to CO$_2$. Hence, the CO/CO$_2$ formation ratio is likely specific to the species being degraded, the ultrasonic reaction conditions used, and the time of sampling. This is confirmed by the data in the aforementioned work, which shows that the CO and CO$_2$ concentrations have not yet reached an equilibrium state at the time of sampling (120 mins) [39]. Therefore, given sufficient sonication time, the CO would likely oxidise to CO$_2$. Thus, CO can be treated as an intermediate and the complete reaction equations for PFOA and PFOS under ultrasound are given by Eq. (12) and Eq. (13), respectively. The conditions for these equations are similar to those for Eq. (10) and Eq. (11), but with a treatment time exceeding 120 mins.

$$3C_4F_{15}O_2H + 42H_2O \rightarrow 24CO_2 + 45F^- + 45H^+ + 21H_2$$  (12)

$$3C_4F_7SO_2H + 51H_2O \rightarrow 24CO_2 + 51F^- + 57H^+ + 3SO_4^{2-} + 24H_2$$  (13)

3.3. Rate limiting steps

Since PFAS sonolysis reaction mechanisms are subject to debate, rate determining steps are also disputed and suggested to depend on the specific reaction conditions and PFAS structures [41]. Since F$^-$ and SO$^4_2$- release rates are near constant at increasingly high PFOX
concentrations, at mid-high frequencies, sorption to the bubble interface is the rate-initiating and rate-limiting step in PFAS sonolysis [38,39], as shown for the sonolysis of pesticides [122]. However, based on the work of Fyrillas and Szeri [123], it was argued that passive diffusion of long PFAS molecules to the bubble interface cannot be rate limiting, since the bubble interface oscillates into the molecules’ path faster than the molecules diffuse towards it [45]. The degradation rate of small chains may still be limited by passive diffusion, due to their much smaller hydrophobicity (partitioning coefficients, \(K_{\text{PFAS}}\)) and reduced tendency to adsorb to the interface, hence the enhancement of short chain PFAS reaction rates at higher frequencies (Section 3.1) due to their increased bubble oscillation rates [41,45]. The authors of this meta-analysis also propose that, at low PFAS and/or bubble concentrations, passive diffusion toward the bubble may still dominate, since the bubbles may not always be within oscillating distance of the PFAS molecule.

Following adsorption to the bubble surface, a second rate limiting step must be head-group cleavage [38,45] which should be limited by the rate of bubble collapse events [41]. This, in turn, is dependent on the applied ultrasonic frequency [41,55] and power [124]. Following head-group cleavage, the reaction rate of the initial PFAS cannot be further limited, since it has been degraded. However, the rates of product generation can be further limited by the rate of rectified diffusion of the aqueous sonochemical intermediates into the bubble core [39] or the rate of short chain adsorption, which is dependent on the short chain volatility, applied ultrasonic frequency [41,55] and power [124]. At higher frequencies there is an increase in diffusion of both gases and volatile species to the bubble surface [125]. The rate of fluorinated gaseous by-product absorption from the bubble vapour and the vapour head space above the bulk liquid, back into the bulk liquid may also limit by-product release. However, due to relatively fast collapse of the bubble (which is undergoing a reduction in surface area), and non-equilibrium condensation at the surface, one can assume that rectified diffusion back to the liquid is negligible [126,127]. Further, since fluorinated gases in the reactor head space represent \(<0.1\%\) of the initial fluorine in solution (as measured by gas chromatography) [39], their re-absorption is not rate controlling.

The possibility that the reaction products themselves might be rate limiting or enhancing has yet to be discussed in other works. Any short chains formed are unlikely to become competitive species for the bubble interface due to their lower volatility than the initially longer starting species [41,43,44,66], until the starting PFAS concentration drops below the bubble surface saturation point. Defluorination rates might be reduced, since any shorter chains formed are less well adsorbed by the bubbles [41] and degraded slower. However, this effect is limited since short chain intermediates/by-products represent a small proportion of the initial fluorine [36]. The effects of inorganic species on the rate of PFAS degradation have been studied previously and are shown to follow the Hofmeister series, i.e. inorganics which cause salting-out effects hasten PFAS transit to the bubble interface, which increases degradation rates [46]. The inorganics gather water molecules in their hydration sphere which would otherwise solubilise PFAS, hence reducing PFAS solubility and increasing their attraction to the bubble interface [128]. While the effect of fluoride on PFAS sonolysis was not studied previously [46], fluoride is known to have strong salting out effects in several studies reviewed previously [129]. Hence, fluoride formation may be rate enhancing for PFAS sonolysis. Conversely, sulfate is known to reduce PFAS reaction rates, by salting-in (increasing the solubility of) PFAS [46], hence PFSA degradation may be moderately self-limiting. CO\(_2\) is also a known by-product of PFAS sonolysis [39], which has been shown previously to limit the rate of iodine and H\(_2\)O\(_2\) production during the sonolysis of potassium iodide (KI) at 300 kHz, under an argon atmosphere [67], similar to the conditions under which CO\(_2\) formation was observed [39]. Since both of these are commonly used metrics for the approximation of sonochemical activity levels, CO\(_2\) is likely slightly rate limiting for PFAS sonolysis as it will likely quench sonochemical effects. Given knowledge of the four rate-limiting steps, parameters that enhance reaction rates or help develop kinetic models to predict degradation rates can be reasoned, as discussed in the following section.

### 3.4. Kinetic modelling

To date, only single-bubble or very limited multi-bubble sonolytic systems have been accurately modelled [130], limiting prediction of real-world sonolysis reaction rates. However, using bulk properties, empirical data, and knowledge of rate limiting steps, such modelling can be simplified. Langmuir-Hinshelwood (LH) kinetics were applied to systems limited by surface area, such as sonolysis of volatile pesticides [122] and PFAS (Eq. (14) [45]).

\[
R_{\text{PFAS}} = R_{\text{PFAS},\theta} \frac{k_{\text{sono}}[\text{PFAS}]}{1 + k_{\text{sono}}[\text{PFAS}]} \tag{14}
\]

Where:

- \(R_{\text{PFAS}}\) = Reaction rate (mol L\(^{-1}\) s\(^{-1}\))

- \(R_{\text{PFAS},\theta}\) = Reaction rate when the bubble surface is saturated/mol L\(^{-1}\) s\(^{-1}\)

- \(\theta_{\text{sono}}\) = Fraction of PFAS molecules sorbed to the bubble interface (-)

- \(k_{\text{sono}}\) = PFAS sonochemical interface partitioning coefficient (L mol\(^{-1}\))

This model is also easily extended for multi-component PFAS systems [45] by summing the \(k_{\text{sono}}[\text{PFAS}]\) terms for \(X\) number of individual PFAS (termed PFAS\(_1\), PFAS\(_2\) ... PFAS\(_X\)).

\[
R_{1} = R_{\text{PFAS},\theta} \frac{k_{\text{sono}}[\text{PFAS}\_1]}{1 + k_{\text{sono}}[\text{PFAS}\_1] + k_{\text{sono}}[\text{PFAS}\_2] + \cdots + k_{\text{sono}}[\text{PFAS}\_X]} \tag{15}
\]

\[
R_{2} = R_{\text{PFAS},\theta} \frac{k_{\text{sono}}[\text{PFAS}\_2]}{1 + k_{\text{sono}}[\text{PFAS}\_1] + k_{\text{sono}}[\text{PFAS}\_2] + \cdots + k_{\text{sono}}[\text{PFAS}\_X]} \tag{16}
\]

\[
\begin{align*}
R_{X} & = R_{\text{PFAS},\theta} \frac{k_{\text{sono}}[\text{PFAS}\_X]}{1 + k_{\text{sono}}[\text{PFAS}\_1] + k_{\text{sono}}[\text{PFAS}\_2] + \cdots + k_{\text{sono}}[\text{PFAS}\_X]} \\
R_{\text{PFAS}} & = R_{\text{PFAS},\theta} \sum_{i=1}^{X} k_{\text{sono}}[\text{PFAS}\_i] + R_{\text{PFAS},\theta} k_{\text{sal}}[\text{PFAS}]
\end{align*}
\]

\(\text{Equation (14)}\) and \(\text{Equation (15)}\) apply only under high PFAS concentrations (≥ 15 - 40 µM), where bubble surfaces become saturated, and the reaction order is zero. At undersaturated concentrations (\(k_{\text{sono}}[\text{PFAS}] << 1\)), the reaction becomes first order, and the equation becomes simplified (Eq. (16)). [45]

\[
R_{\text{PFAS}} = R_{\text{PFAS},\theta} \sum_{i=1}^{X} k_{\text{sono}}[\text{PFAS}\_i] + R_{\text{PFAS},\theta} k_{\text{sal}}[\text{PFAS}]
\]

LH kinetics showed that PFAS interfacial adsorption due to bubble growth is approximately two orders of magnitude faster than passive equilibrium partitioning, for PFOX [45]. Alternatively, Michaelis-Menten (MM) kinetics modelling of PFOX degradation (Eq. (17)) showed that the concentration of sonochemically active bubbles depends on the species being degraded [38]. The bubbles were considered as catalysts with constant concentration and reactions were assumed to be reversible. Calculated active site concentrations for PFOA and PFOS were 89.25 mM and 8.8 mM, respectively, and this was explained by the greater required collapse temperature for PFOS degradation [37,38,41,44,45].
Equation (17) describes MM kinetics for first order PFAS sonolysis, however the original authors of the work [38] did not discuss how this might change under sufficiently high concentrations to become zero order, i.e. when $K_{\text{MM}}=c/\text{PFAS}$. This is described here by Eq. (18).

$$R_{\text{PFAS}} = \frac{R_{\text{PFAS,Max}}[\text{PFAS}]}{K_{\text{MM}} + [\text{PFAS}]} \quad \text{(17)}$$

Where:

- $R_{\text{PFAS,Max}} = k_{\text{sono}}[B_A]$ 
- $k_{\text{sono}} =$ Rate constant for conversion of PFAS bound to active bubbles into intermediates (min$^{-1}$)
- $[B_A] =$ Concentration of sonochemically active bubbles (mol L$^{-1}$)
- $K_{\text{MM}} =$ Overall rate constant for the creation and destruction of active bubbles

$$R_{\text{PFAS}} = R_{\text{PFAS,Max}} \quad \text{(18)}$$

LH and MM kinetics are useful for surface limited reactions; however, they are usually applied to solid catalyst reactions, which have constant active surface area. During sonolysis, the bubble size, concentration, distribution, and surface area are dynamic. Further, the available surface area and coalescence of bubbles will be dependent on surfactant type and concentration [131], i.e. PFAS concentration, which is also dynamic. Bubble motion and shape stability are also dependent on the applied ultrasonic frequency, power and reactor geometry [57,132]. This leads to some incompatibility in the LH and MM models. LH models can over estimate interfacial adsorption for less-volatile species (i.e. PFAS), since the model assumes bubble-PFAS equilibrium is achieved, although bubble lifetimes are insufficient for equilibrium [133,134]. Further, the model was accurate for PFOS but not PFOA in competitive PFOX systems and exagerated $R_{\text{PFOS,Max}}$ by ten fold [45]. Short chain PFASs and PFCA s are degraded more slowly due to lower $K_{\text{MM}}$ values [43], which is not accounted for in Eqs. (14) to (17). Hence, matching of LH or MM kinetics to measured ultrasonic PFAS data limits understanding of the reactions. Further, LH and MM kinetics only accurately describe (sonochemical) reactions which are either zeroth or first order [45] or first order [45,135,136]. While only two papers (to date) have attempted to fit kinetic models to PFAS sonolysis, 22 others have simply or first order [45,135,136] . Further, the model was accurate for PFOS but not PFOA in [133,134] .

$\text{Table 3}$ shows a range of works which have investigated PFAS sonolysis and the frequencies at which they were conducted. Note this table does not contain all results from all relevant works, instead it focuses on works which have investigated multiple frequencies. The table also shows several other commonly reported reaction conditions, which should demonstrate the aforementioned complexity in comparing works from different authors, where multiple parameters and reported reaction metrics differ. It should also indicate the interconnected nature of these parameters, where differing conditions achieve similar rates. Note that the data are placed in order of the PFAS molecule(s) studied in the first column, then increasing frequency in the second.

For PFOA and PFOS, $\text{Table 3}$ shows that rates are typically higher under mid-high frequencies [39,45] than low frequencies [36,58], except in cases where radical additives are used to enhance PFOA degradation [58]. It also shows the lack of works on low-frequency PFOS sonolysis [36], which suggests it may be somewhat ineffective. In prior work, degradation rates of PFOA, PFOS, PFHxA and PFHxS at given frequencies ($f_{\text{sono}}$) followed the order: $f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz}$ [41,43], at constant applied power. The optimum frequency (358 kHz) was attributed to generating the greatest number of active bubbles by balancing bubble formation and collapse [41,43], as was suggested for the optimal degradation of 1-4 dioxane at 358 kHz [125]. Other work agreed, showing that PFOA degradation followed the order $f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz} > f_{\text{sono}} \text{kHz}$ [36]. Comparing these works [36,41] suggests frequency effects depend on the target species, since there is a steeper initial decline in reaction rate after 358 kHz for PFOA than PFOS [41] (Fig. 4).

As shown in $\text{Table 3}$, PFHxA and PFHxS had similar pseudo-first order rate constants to PFOA and PFOS (when sonicated together) and the same optimal frequency [41]. However, PFBA and PFBS (PFBB) were optimally degraded at 610 kHz, which was attributed to the reduced hydrophobicity of shorter chains. Thus, shorter PFAS chains require more rapid oscillations, as well as the greater number and higher surface area of smaller bubbles generated at higher frequencies, which move the bubble toward the PFAS and enhance PFBB uptake [41,43]. This is consistent with several other sono-degradation works, in which hydrophobic compounds (comparable to long chain PFAS) such as biphenol A [82], alachlor [83] and methyl tert-buty1 ether [84], were degraded well at 300 – 358 kHz, while hydrophilic compounds (comparable to short chain PFAS), such as carbon tetrachloride [80] and trichloroethane [81] were best degraded at higher frequencies (618 – 800 kHz). Another explanation is that higher frequencies enhance generation of radicals, such as hydroxyl (OH•) [49,80]. However, for PFOA and PFOS, radicals had little effect on degradation rates [37]. The slower reaction rates at 202 kHz and 1,000 kHz may partially explain the higher short chain formation [37,42] at these frequencies compared to 358 – 575 kHz [36,38,39], i.e., slower reaction rates might allow short chains to be formed and less readily degraded.

Two other works studying pure PFOS solution [42] and PFAS in diluted AFFFs [49] disagree with the trends in Fig. 4 since, at 1,000 kHz, greater fluoride release and TOC removal were observed compared to 500 kHz (PFAS concentrations not directly measured). The difference was attributed to increased bubble and radical formation at higher frequencies [49], however differing reactor volumes and geometries were applied between frequencies (Table 4). The power intensity for each transducer was identical (8 W cm$^{-2}$) [42,49] but, due to the higher...
Table 3
Conditions and reaction rates in studies on PFAS sonolysis under differing frequencies.

| PFAS | Ultrasonic Parameters | PFAS Rate constant | F rate constant |
|------|-----------------------|--------------------|----------------|
|      | r (kHz) | C0 (mg L⁻¹) | PD (W L⁻¹) | Dissolved gas | 0th order (nM min⁻¹) | 0th order (µM min⁻¹) | 0th order (µM min⁻¹) |
|      |         |        |        |            |       |       |       |
|       |          |          |          |              |       |       |       |
| PFOA | 20       | 20.0    | 6,000   | Air         | –     | –     | 0.38  |
|       | 20       | 20 + 2702.2 | 6,000   | Air         | –     | –     | 0.67  |
|       | 40       | 49.7 + Sol-gel | 166.7 + 5.3 UV | O2   | –     | 2.20  | –     |
|       | 40       | 50.0    | 150     | Air         | –     | 1.20  | –     |
|       | 40       | 70.4    | –       | N2          | –     | 9.20  | –     |
|       | 40       | 70.4 + 0.03 I04 | 500     | N2          | –     | 22.2  | –     |
|       | 40       | 50.0 + 2520 | 150     | N2          | –     | 24.0  | –     |
|       | NaNHOCO3 | 200     | 10.0    | 3,333      | Air   | 15.5  | –     |
|       | 200     | 10.0    | 3,333   | Ar         | –     | 32.0  | –     |
|       | 354     | 7.11    | 250     | Ar         | 39.0  | 18.4  | –     |
|       | 354     | 1.03    | 250     | Ar         | –     | 41.0  | –     |
|       | 354     | 0.10    | 250     | Ar         | –     | 0.10  | –     |
|       | 618     | 4.97    | 250     | Ar         | 1,022.0 | –   |
|       | 618     | 5.00    | 250     | –         | –     | 36.0  | –     |
|       | 500     | 5.00    | 250     | –         | –     | 36.0  | –     |
|       | 500     | 5.00    | 250     | Ar         | –     | 7.00  | –     |
|       | 1000    | 5.00    | 100     | Air        | 133.0 | 1.30  | 2.10  |
|       | 1000    | 5.00    | 100     | Ar         | –     | 0.90  | 0.00  |
|       | 1000    | 5.00    | 100     | Ar         | –     | 0.10  | –     |
|       | 618     | 5.38    | 250     | Ar         | –     | 16.0  | –     |
|       | 1000    | 10.0    | 100     | Air        | 106.0 | 6.80  | –     |
|       | 354     | 0.10 & 0.10 | 250    | Ar         | –     | 0.047 & 0.024 | – |
|       | 354     | (4.11 & 5.00) | 333    | Ar         | –     | 0.057 & 0.040 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.043 & 0.029 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.037 & 0.021 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.019 & 0.012 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.039 & 0.030 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.025 & 0.016 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.036 & 0.022 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.034 & 0.027 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.022 & 0.012 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.012 & 0.018 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.017 & 0.023 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.008 & 0.009 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.007 & 0.013 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.017 & 0.017 | – |
|       | 610     | (4.11 & 5.00) | 333    | Ar         | –     | 0.021 & 0.021 | – |

- Indicates data not reported or calculable.

Volume, the power density (W L⁻¹) would be lower in the 25/500 kHz reactor, thus affecting degradation potential [43,68]. The differences in liquid height, reactor geometry and transducer mounting will have also affected sonochemical efficiency by changing the position, clustering and collapse intensity of cavitation bubbles [139,140] as well as attenuation of the ultrasound due to differences in cavitation bubble location [140]. Hence, a fair comparison can only be made between frequency effects of 25 kHz and 500 kHz in the PFOS study, where (as shown in Table 4) fluoride release was ≈14.9 faster at 500 kHz than at 25 kHz [42]. This trend is in general agreement with previous findings on low frequency PFOS sonication [36,41] (Table 5). Similarly, another work examined the sonication of a mixture of PFOA and PFOS whilst varying both power density (between 30.0 and 68.2 W L⁻¹) and frequency (575 – 1,140 kHz) [68]. As shown in Table 4, the power densities used were not
consistent across the frequencies studied, hence it is difficult to draw any parametric trend from the data. These works [42,49,68] demonstrate the interconnected nature of frequency and other parameters such as power density and PFAS structure, as suggested previously [41,43]. Further, comparison between such works is difficult due to differences in initial concentrations used which were roughly double [43] or triple in two works to date [43,50]. As shown in Table 5, pseudo-first order rate constants for PFOA and PFOS at 202 kHz were enhanced by 23 % (PFOA) and 12 % (PFOS) by the addition of the 20 kHz horn [43].

The fastest rate observed in all three experiments) for two works on PFOA and PFOS (Campbell et al. 2009 [41]) and PFOS (Wood et al. 2020 [36]) sonolysis. No results were given for using 20 kHz in isolation. However, combined frequencies of 610 kHz showed a near-linear response to increasing power density (83 – 330 W L⁻¹) at frequencies of 202, 358 and 610 kHz [43] (Table 6). However, PFOA and PFOS reaction rates had a near-linear response to increasing ultrasonic power from 250 – 1,250 W L⁻¹ at 575 kHz [94], the precise shape of which was dependent on the choice of dissolved gas (air vs argon, less vs more linear). However, in said work, the starting PFAS concentration also varied up to 20 % at each power.
density, perhaps suggesting why the response was different to work using similar power densities at 610 kHz where reported starting concentrations were constant (Table 6) [43].

Nonlinear/inverse responses of PFAS degradation rates to increasing power were also observed during low frequency sonication. At 40 kHz with sulfate ion addition, PFOA degradation peaked at 500 W L⁻¹, out of a maximum 1,667 W L⁻¹ [64]. At 20 kHz ammonium-PFOA degradation with persulfate oxidation peaked at 6,000 W L⁻¹ across the power

| PFAS | Ultrasonic Parameters | PFAS Rate constant | 0th order rate constant | Ref |
|------|-----------------------|---------------------|------------------------|-----|
| PFOA & PFOS | v (kHz) | C₀ (mg L⁻¹) | PD (W L⁻¹) | Dissolved gas | Pseudo-1st order (10⁻⁵ min⁻¹) | F (µM min⁻¹) | SO₄²⁻ (µM min⁻¹) |
| 202 | (4.11 & 5.00) x 10⁻⁵ | 250 | Ar | 0.020 & 0.010 | – | – | [43] |
| 20 + 202 | (4.11 & 5.00) x 10⁻⁵ | 250 | Ar | 0.027 & 0.013 | – | – | [43] |
| 358 | (4.11 & 5.00) x 10⁻⁵ | 333 | Ar | 0.057 & 0.040 | – | – | [43] |
| 610 | (4.11 & 5.00) x 10⁻⁵ | 250 | Ar | 0.034 & 0.020 | – | – | [43] |
| 610 | (4.11 & 5.00) x 10⁻⁵ | 333 | Ar | 0.043 & 0.029 | – | – | [43] |
| 20 + 610 | (4.11 & 5.00) x 10⁻⁵ | 250 | Ar | 0.037 & 0.021 | – | – | [43] |
| PFOS | 9x 1000 | 1300 | 109 | Ar | – | 0.30 | 0.19 | [53] |
| | 3x 500 + 9x 1000 | 1300 | 132 | Ar | – | 0.32 | 0.32 | [53] |

| AFFL brand | Ultrasonic Parameters | PFAS Rate constant | 0th order rate constant | Ref |
|------------|-----------------------|---------------------|------------------------|-----|
| Ansul | v (kHz) | AFFL dilution ratio | PD (L L⁻¹) | Dissolved gas | Pseudo-1st order (10⁻⁵ min⁻¹) | F (µM min⁻¹) | SO₄²⁻ (µM min⁻¹) |
| 9x 1000 | 25 | 109 | Ar | – | 0.044 | 0.223 | [50] |
| 3x 500 + 9x 1000 | 25 | 132 | Ar | – | 0.075 | 0.163 | [50] |
| 3 M | 25 | 109 | Ar | – | 0.183 | 0.257 | [50] |
| | 25 | 132 | Ar | – | 0.288 | 0.148 | [50] |

- Indicates data not reported or calculable.

Table 5
Conditions and degradation rates in works investigating multi-frequency PFAS sonolysis.

Table 6
Conditions and degradation rates in works investigating power effects on PFAS sonolysis. Data is ordered by increasing power density (PD, column 5).

| PFAS | Ultrasonic Parameters | PFAS pseudo-1st order rate constant | Ref |
|------|-----------------------|-------------------------------------|-----|
| PFOA | C₀ (mg L⁻¹) | Dissolved gas | Volume (L) | PD (W L⁻¹) | v (kHz) | 20 | 40 | 202 | 358 | 575⁺ | 610 |
| 0.035 | Air | 0.5 | 30.0 | – | – | – | – | – | 0.0025 | – | [94] |
| 0.040 | Air | 0.3 | 52.0 | – | – | – | – | – | 0.0030 | – | [94] |
| 7.5 x 10⁻⁵ | – | 0.5 | 180 | 0.013 | – | – | – | – | – | – | [94] |
| 49.7 | – | 1.3 | 500 | 0.0313 | – | – | – | – | – | – | [63] |
| PFOA | 0.051 | Air | 0.5 | 30.0 | – | – | – | – | 0.0020 | – | [94] |
| 0.055 | Air | 0.3 | 52.0 | – | – | – | – | – | 0.0025 | – | [94] |
| 0.060 | Air | 0.2 | 72.0 | – | – | – | – | – | 0.0050 | – | [94] |
| 0.100 | Air | 0.6 | 83.0 | – | – | – | 0.0070 | – | – | – | [43] |
| 0.059 | Air | 0.2 | 147 | – | – | – | 0.037 | – | – | – | [94] |
| 0.100 | Air | 0.6 | 166 | – | – | – | 0.0170 | – | – | 0.0180 | [43] |
| 0.100 | Air | 0.6 | 250 | – | – | – | 0.0280 | – | – | 0.0220 | [43] |
| 0.057 | Air | 0.2 | 262 | – | – | – | 0.0068 | – | – | – | [94] |
| 0.100 | Air | 0.6 | 330 | – | – | – | 0.0400 | – | – | 0.0290 | [43] |
| 5.5 x 10⁻⁵ | – | 0.1 | 375 | 0.068 | – | – | – | – | – | – | [63] |
| PFHxS | 0.100 | Ar | 0.6 | 83.0 | – | – | 0.0070 | – | – | 0.0110 | [43] |
| 0.100 | Ar | 0.6 | 166 | – | – | 0.0160 | – | – | 0.0210 | [43] |
| 0.100 | Ar | 0.6 | 250 | – | – | 0.0190 | – | – | 0.0360 | [43] |
| 0.100 | Ar | 0.6 | 330 | – | – | 0.0250 | – | – | 0.0340 | [43] |
| PFBA | 0.092 | Ar | 0.6 | 83.0 | – | – | 0.0050 | – | – | 0.0074 | [43] |
| 0.092 | Ar | 0.6 | 166 | – | – | 0.0120 | – | – | 0.0140 | [43] |
| 0.092 | Ar | 0.6 | 250 | – | – | 0.0120 | – | – | 0.0220 | [43] |
| 0.100 | Ar | 0.6 | 330 | – | – | 0.0160 | – | – | 0.0270 | [43] |
| 0.100 | Ar | 0.6 | 330 | – | – | 0.0065 | – | – | 0.0210 | [43] |
| PFBS | 0.090 | Ar | 0.6 | 83.0 | – | – | 0.0048 | – | – | 0.0040 | [43] |
| 0.090 | Ar | 0.6 | 166 | – | – | 0.0090 | – | – | 0.0060 | [43] |
| 0.090 | Ar | 0.6 | 250 | – | – | 0.0130 | – | – | 0.0170 | [43] |
| 0.090 | Ar | 0.6 | 330 | – | – | 0.0130 | – | – | 0.0210 | [43] |

* data estimated from graph.
- Indicates data not reported or calculable.
density range 2,000 – 10,000 W L\(^{-1}\) [59]. Similarly, at 20 kHz, trace PFOS contamination was degraded without oxidant addition at 1,500 – 4,100 W L\(^{-1}\), with peak degradation at 3,750 W L\(^{-1}\) [63]. However, for the three aforementioned works, not all rate constant data was given at the different power settings. However, Table 6 compares these with those of the higher frequency works and shows that low frequencies require higher concentrations of PFAS or power densities to achieve similar pseudo-first order rate constants to the mid-high frequency studies.

The lack of agreement between works on the optimum power density for the degradation of various PFAS demonstrates that parameters such as frequency, reactor size/geometry, PFAS type/concentration, and oxidant type/concentration are interlinked with the effects of power [57]). Increasing ultrasonic power can enhance sonochemical degradation through greater number, size, and collapse temperature and pressure of active bubbles [57,143], increased concentrations of radicals [137,144], bulk mixing, and stabilisation of bubble populations at the wave antinodes [145]. However, beyond a certain threshold, increased power reduces reaction rates [146–147], as large inactive bubbles; 1) agglomerate at the transducer surface or antinode regions, which attenuates the sound wave [59,140,148] (known as “decoupling”), 2) become inactive due to reduced collapse temperatures [149], and/or 3) are pushed out of the antinode region [149]. High power also limits the maximum bubble size for active cavitation [57] and causes large bubbles to degas from solution [57,143]. An initially linear relationship between sonochemical effects and power which eventually plateaus and then decreases at high powers has been observed for both solonulmesence and sonochemical luminescence systems, in non-PFAS related work [143,149]. Sonochemical luminescence has been correlated with the sonoletic degradion of PFOS [36] and so may follow a similar trend. The near universal observation of plateau, linear and then decreasing responses of sonochemical reaction rates to increasing power suggest that those works which did not observe them for PFAS degradation were likely not completed at low/high enough power densities to observe the plateau/decline regions [120,143,149,150].

At high powers and low frequencies, bubbles are larger in size [138] (partly due to secondary Bjerknes forces) [57] and more populous in the antinode regions [145]. Thus, a contributing factor to non-linear power effects may be bubble ejection from the sonochemically active antinode regions due to secondary Bjerknes forces and subsequent degassing [149]. Secondary Bjerknes forces also contribute to repulsion between different sized bubbles and coalescence between similarly sized bubbles due to their respective oscillation rates which may lead to degassing and growth to inactive sizes [57], with repulsive forces more likely in low frequencies due to more varied distribution in bubble size [138]. Of the works reviewed in this section, mid-high frequency (100 – 1,000 kHz) [43] peak PFAS reaction rates are achieved at much lower powers (200–300 W L\(^{-1}\) compared to low frequencies (20–100 kHz) (500 – 3,750 W L\(^{-1}\)) [59,63,64]. Table 6 shows observations of decoupling limits, which were lower for higher frequencies [150,151], hence non-linear power effects at higher frequencies may be due to decoupling. Since non-linear responses of reaction rate to power exist [43,59,63,64,68], the efficiency of treatments augmented by increased power should be considered, in addition to the reaction rate.

### 3.3.5. Concentration

PFAS sonolysis has been reported at concentrations ranging from 20 pM [63] to 5.3 mM [53], with most investigations at ≈40 µM [37,38,41–43,46,49,58–62,64,65]. At lower concentrations, PFOF degradation proceeds via pseudo-first order kinetics [37,39,41]. At higher concentrations, however, PFAS saturation of the bubble surface limits the number of molecules degraded per cavitation event, making the reaction rate independent of concentration (zero order) [45]. This has been observed for various PFAS, sample matrices, and ultrasonic frequencies [38,42,44,48,63]. Some authors distinguish between three kinetic regimes: first order, pseudo-first order and zero order. The kinetic transition concentration may depend on several factors. The surface area available during bubble growth determines the number of PFAS molecules participating in the reaction [37]. Bubble surface area is dependent on the size and number of available active bubbles, which is controlled by factors including: ultrasonic frequency, power, surface tension (caused by surfactant concentration, i.e. [PFAS], and co-contaminants) and the type and concentration of dissolved gas used [57]. Degradation rates are also limited by the number of adsorbed molecules and hence the starting PFAS concentration and the PFAS partitioning coefficient [45]. Power density may also impact the PFAS reaction rate sufficiently to alter the reaction order at frequencies from 575 kHz to 1,140 kHz [68]. Table 6 shows key ultrasonic conditions in works where a PFOF sonolysis kinetic transition concentration was observed or derived from data available. For other PFAS, kinetic transition concentrations have not yet been reported, however, sonolysis of diluted AFFFs suggests that transition concentrations are lower for shorter chains (≈ 2 µM for PFBS) [48].

Transition concentrations for both PFOA and PFOS in Table 7 are consistently within the range of 15 µM – 40 µM, at mid-high frequencies [45], with one notable exception (2.3 – 2.9 µM [36]). Where PFOs and PFOA were degraded under identical conditions, PFOS consistently showed a 25 – 50 % higher transition concentration than PFOA (ignoring differences in the molecule’s respective cations) [38,45,63]. This may be due to PFOS having greater surface activity [39] at the bubble interface, as well as greater surface tension reduction, allowing greater PFOS concentrations at the bubble interface. The greater hydrophobicity overcomes PFAS-PFAS repulsion (which would otherwise push molecules back into the liquid phase) and allows an increased number (nucleation) [152] and size (reduced resistance to growth) [153] of bubbles. The PFOX transition concentration was several orders of magnitude lower at 20 kHz [63], despite the much higher power used, indicating frequency dependence. This may be due to lower levels of

| PFAS   | Ultrasonic Parameters | Kinetic transition concentration (µM) | Ref |
|--------|-----------------------|--------------------------------------|-----|
|        | Frequency (kHz)       | Power Density (W L\(^{-1}\))         | Dissolved gas choice (·) |
| Na-PFOS| 354                   | 250                                  | Argon | 39.0 | [45] |
| NH₂-PFOA| 354                  | 250                                  | Argon | 30.5 | [45] |
| PFOS in FC-600 AFFF | 505                 | 188                                  | Argon | 14.6 – 29.2* | [48] |
| PFOA & K-PFOS | 575                | 77⁺                                  | Air    | 23.6 | [38] |
| PFOA & K-PFOS | 20                  | 1,500 – 3,750                       | Air    | 0.0004 | [63] |
| K-PFOS | 400 – 1,000            | 200                                  | Air    | 2.30 – 2.90 | [36] |

*Calorimetrically measured.

+Assume since not stated.
chemical activity at lower frequencies [154], leading to reduced reaction ranges or an alternative physical degradation route. Comparing pure PFAS in water [45] with those in AFFFs [48] indicates that co-contaminants may slightly reduce the kinetic transition concentration by competitive bubble interface adsorption, and/or competitively reacting with radicals generated by ultrasound [50]. The slightly higher frequency and lower power used in the AFFF study may have also contributed to the lower transition concentration, by reducing the bubble size and hence available interfacial area, as discussed in Section 3.5.1 and 3.5.2. Differences in dissolved gas mainly control heating inside the bubble after sorption [37], as discussed in Section 3.5.4, but also affect gas concentration due to differing solubilities, and hence affects bubble size distributions and, therefore, interfacial areas [155]. However, the effect of this seems limited, as shown in Table 7, where similar kinetic transition concentrations are seen in air and argon saturated systems [38,45,63]. The rate order and kinetic transition concentration may also be different for reactants and products. For example, when K-PFOA and PFOS were sonicated simultaneously, PFAS degradation was pseudo first order while fluoride release was zero order [38]. This may be due to the number of fluoride molecules per PFAS, hence fluoride was still produced after PFAS destruction due to partial defluorination of the initial species.

There is some evidence of high concentrations having a negative impact on PFOX degradation rates at 1 MHz [42] and at 20 kHz [63]. At similar micro-molar concentrations, other organics are suggested to enter the bubble and quench the collapse temperature below the required pyrolysis temperature [131]. However, this should not be possible for surfactants such as PFAS, which prefer the interfacial region and barely penetrate into the bubble core (Section 3.1). The explanation proposed was that PFAS reduce gaseous rectified diffusion into bubbles, based on nitrite measurements [38], which may limit bubble growth. PFAS are anionic surfactants, so comparison to other anionic surfactants, such as sodium dodecyl sulfate (SDS), may predict their behaviour. Rectified diffusion is reduced by SDS, however, the effect is inferior to the effects of reduced bubble coalescence, which generates more sonochromically active bubbles [156]. This suggests that reduced rectified diffusion may not be solely responsible for the negative effects of high PFAS concentrations [42,63].

AFFF sonolysis works utilise duffed AFFFs, likely due to viscosity [157] or foaming [158] effects which limit active bubble formation and ultrasonic testing. While one work demonstrated a linear correlation between dilution factor and F⁻ release rate [49], others showed nonlinear effects, with maximum reaction rates observed at 5,000x dilution [48], 100x and even 10x (with inversely proportional dilution effects) [50] (Table 8).

Each study in Table 8 uses a different metric for reaction completeness; hence the optimum dilution factor must be considered with respect to a given reaction rate. The relative dilution effect on fluoride/sulphate release and TOC removal appear dependent on foam brand, likely due to their differing compositions [50]. The existence of an optimal dilution factor which is not at either extreme of the above tested ranges suggests competing physical effects of decreasing viscosity with increasing dilution (which facilitates cavity formation and growth) [157] and decreasing PFAS concentration (which reduces reaction rates) [37,39,41]. One work showed optimum dilution of 200x for both 3M Lightwater and Ansol TOC removal and defluorination [49], whereas another showed optimum Lightwater TOC removal and defluorination at 500x and 10x dilution, respectively, and optimum Ansol TOC removal and defluorination at 500 - 900x and 100x dilution, respectively [50]. The lack of consistency in findings between AFFF works is considerable compared to the near-consistent switch concentrations of pure PFAS solutions, regardless of frequency, power density or dissolved gas choice (Table 7) [36,38,45,48]. AFFFs have more complex formulations and thus will demonstrate several competing effects as different PFAS, as other components break down and interact with the ultrasonic bubbles. Further, several different ultrasonic conditions were tested in each work including mid, high, and dual mid-high frequencies. Therefore, significant differences between works are less surprising.

### 3.5.4. Dissolved gas

Degradation rates of PFOA under argon were consistently greater than under air, which was attributed to argon’s higher polytropic index (γ) [37,47,61,62], which affects cavity collapse temperatures [57,157]. Argon also reduced PFOA formation during PFOS sonolysis [37], likely due to the higher collapse temperatures allowing more complete and faster PFOS degradation. However, two mid-high frequency works reported alternative findings. In one work [68], gases were sparged or not sparged and rates of PFOA degradation followed the order \( r_{\text{He, sparging}} > r_{\text{O}_2, \text{sparging}} > r_{\text{N}_2, \text{sparging}} > r_{\text{air, no sparging}} \) (values not extractable). No tests were done for air sparging, which suggests that mechanical sparging may influence the effects of the chosen gas species (and reduce reaction rates). However, the original authors attributed these observations to the formation of unmeasured organic and inorganic species [38,159], which are dependent on the dissolved gas choice and compete for the bubble interface [68]. Another work investigated the effects of increasing power density on PFOX degradation under air and argon [94]. However, the PFAS concentrations were not held constant as the gas and power conditions were varied, hence, no rate comparison table is presented.

Sonochemical effects of differing dissolved gases on PFAS reaction rates at low frequencies may also relate to chemical effects (in addition to thermal effects) [38]. PFOA’s reaction rate reduced under oxygen and increased under argon (compared to air) at 40 kHz with permanganate oxidation (Table 9) [47]. Rate enhancement by argon was attributed to increased collapse temperature and radical production rate [47]. Similarly, when using N₂, O₂ or air during PFOA degradation at 40 kHz with iodide oxidation, rate constants followed the order \( r_{\text{N}_2} > r_{\text{Air}} > r_{\text{O}_2} \) for both PFOA decomposition (Table 9) and fluoride release. Similar

### Table 8

Comparison of sonolysis conditions and optimum dilution factors applied to AFFFs.

| AFFF brand | Dilution range tested | Frequency (kHz) | Optimum dilution factor | Ref |
|------------|----------------------|-----------------|------------------------|-----|
|            |                      |                 | PFAS removal            | TOC removal | F⁻ release | SO₄²⁻ release |
| FC-600     | 250 – 50,000 ×       | 505             | 5,000 ×                | –           | –          | –             |        |
| 3M         | 200 – 929.4 ×        | 1,000           | –                       | 200 ×       | 200 ×      | –             |        |
| Ansol      | 200 – 929.4 ×        | 1,000           | 200 ×                   | 200 ×       | 200 ×      | –             |        |
| 3M         | 10 – 500 ×           | 500 + 1,000     | 500 ×                   | 10 ×        | 25 ×       | –             |        |
| Ansol      | 25 – 900 ×           | 500 + 1,000     | 500 – 900 ×             | 25 – 100 ×  | 100 ×      | –             |        |

- Indicates data not reported.

*Optimum value changes over time.
Conditions used and degradation rates in low frequency works investigating dissolved gas effects on PFOA sonolysis.

| PFAS  | Ultrasonic Parameters | PFAS pseudo-1\(^a\) order rate constant | Ref |
|-------|-----------------------|------------------------------------------|-----|
|       | \( C_0 \) (mg L\(^{-1}\)) | \( v \) (kHz) | Volume (L) | PD (W L\(^{-1}\)) | \( O_2 \) (1.397) | Air (1.400) | \( N_2 \) (1.403) | Ar (1.670) |
| PFOA  | 54.7 \((895 \text{ MnO}_4^-)\) | 40 | 0.5 | 180 | 0.0095 | 0.013 | – | 0.014 | [47] |
|       | 70.4 \((895 \text{ IO}_4^-)\) | 40 | 0.3 | 500 | 0.0037 | 0.0053 | – | 0.0092 | – | [62] |

- Indicates data not reported.
3.5.5.4. Surfactant chemistry. In addition to the relative strengths of C–C and C–S bonds, different surface tension effects of PFCAs and PFSAs may partially explain their different degradation rates [45]. Small increases in PFAS concentration can greatly reduce surface tension, while increasing the sonochemical degradation rate [45]. For PFOS, surfactant effects are observed at lower concentrations than PFOA, so the reduced rate of degradation of PFOS is not due to slow partitioning to the bubble interface [45]. However, it is difficult to de-couple the surface tension effects of a PFAS from its bonds strength effects on reaction rates. Further discussion on surfactant effects is included in Section 3.5.3.

3.5.5.5. Overall structural effects. By comparing the effects of PFAS structural factors on their sonolysis, we determine here the relative dominance of each. In addition to PFCAs degrading faster than the PFSAs, PFHA degraded approximately twice as fast as PFBA at frequencies from 200 kHz to 1,060 kHz and 250 W L⁻¹ power density [41], suggesting that the effect of chain length on hydrophobicity is less significant for degradation rates than the effect of bond strength. However, in one work, PFBS was degraded ≈69% faster than PFBA at 610 kHz [43] and from 87 to 333 W L⁻¹. Hence, the relative effect of the higher partitioning coefficient (Kₐ), attributed to the SO₂⁻ headgroup, might outweigh that of its enhanced thermal stability in short chain lengths (<4), and vice-versa for longer chains (≥5) [43]. Another factor is the surfactant surface density of PFCAs and PFSAs at the bubble surface, which differs due to chain length and the relative sizes (steric effects) of the COOH and SO₂H headgroups (partial molar volumes 24.9 and 35.2 cm³ mol⁻¹, respectively [160]). Despite having a larger head group, PFOS is a stronger surfactant than PFOA and has a greater surface concentration at the interfacial region, suggesting that hydrophobicity outweighs headgroup size effects on interfacial packing (Fig. 2) [41]. However, PFOA is degraded faster than PFOS [38,39,41,44], suggesting that interfacial density effects (and as the effects of PFOS as a stronger surfactant) on reaction rate are outweighed by bond strength attributes.

3.5.6. Effect of radical additives and low frequency mechanisms

PFAS degradation is typically slow at lower frequencies (20 – 100 kHz) [36,65], attributed to the reduced bubble oscillation rate, number of bubbles, and, associated capture of PFAS [41], compared to higher frequencies. However, low frequency degradation rates can be enhanced using chemical or physical agents to generate oxidising radicals [64,59–62] (Table 11). Hence, degradation routes at low frequencies are likely dominated by radical-mediated mechanisms, rather than thermal degradation routes, and are specific to the oxidising techniques used. Most low frequency PFAS sonication research to date has focused on PFOA (Table 11), likely because PFOS resists radical attack.

3.5.6.1. Radical enhanced sonolysis of PFOA. The radicals formed in the works shown in Table 11 are hypothesised by the authors of these works, since no work has reported direct measurement of radical concentrations. For example, when UV light and TiO₂ were used to degrade PFOA...

Table 10
Conditions used and degradation rates in works investigating PFAS structural effects on PFAS sonolysis.

| Substance | Ultrasonic Parameters | Structural parameters | Rate constant | Ref |
|-----------|-----------------------|-----------------------|---------------|-----|
|           | C₀ (mg L⁻¹) | v (kHz) | V (L) | PD (W L⁻¹) | Acid head group | Perfluoro chain length | Carbon chain length | Pseudo-1st order PFAS (10⁻³ min⁻¹) | Zero order F (µM min⁻¹) |
| PFEES     | 59.7      | 500     | 12.2  | 8 (W cm⁻²) | Sulphonic | 4 | 4 | – | 3.9 | [44] |
| PFBS      | 46.5      | 500     | 12.2  | 8 (W cm⁻²) | Sulphonic | 4 | 4 | – | 1.8 | [44] |
| PFHxS     | 56.1      | 500     | 12.2  | 8 (W cm⁻²) | Sulphonic | 6 | 6 | – | 2.6 | [44] |
| 6:2 FTS   | 56.0      | 500     | 12.2  | 8 (W cm⁻²) | Sulphonic | 6 | 8 | – | 1.5 | [44] |
| PFOS      | 50.0      | 500     | 12.2  | 8 (W cm⁻²) | Sulphonic | 8 | 8 | – | 3.5 | [44] |
| PFBS      | 10.0      | 200     | 0.06  | 3,333 | Sulphonic | 8 | 8 | 16 | – | [37] |
| OS⁻       | 10.0      | 200     | 0.06  | 3,333 | Sulphonic | 0 | 8 | 220 | – | [37] |
| PFPeA     | 55.4      | 500     | 12.2  | 8 (W cm⁻²) | Carboxylic | 2 | 3 | 1.6 | [44] |
| FFHxA     | 49.7      | 500     | 12.2  | 8 (W cm⁻²) | Carboxylic | 5 | 4 | 2.5 | [44] |
| PFOA      | 48.2      | 500     | 12.2  | 8 (W cm⁻²) | Carboxylic | 7 | 8 | – | 3.5 | [44] |
| PFOA      | 46.8      | 500     | 12.2  | 8 (W cm⁻²) | Carboxylic | 7 | 8 | 32 | – | [37] |
| OA⁺       | 10.0      | 200     | 0.06  | 3,333 | Carboxylic | 7 | 8 | 32 | – | [37] |
| PFPO & PFSO | (4.11 & 5.00) | 358 | 0.60 | 333 | Sulphonic & carboxylic | 7&8 | 8 & 8 | 0.057 & 0.040 | – | [43] |
| FFHx & PFBS | 0.117 & 0.092 | 358 | 0.60 | 250 | Sulphonic & carboxylic | 5 & 6 | 6 & 6 | 0.039 & 0.030 | – | [41] |
| PFBA & PFBS | 0.101 & 0.090 | 619 | 0.60 | 333 | Sulphonic & carboxylic | 3 & 4 | 4 & 4 | 0.021 & 0.021 | – | [41] |

OS⁻ – 1-Octanoic sulphonic acid.
OA⁺ – n-Octanoic acid.
- Indicates data not reported or calculable.
at 40 kHz, the reaction mechanism was hypothesised to depend on pH, degrading via superoxide radicals (O$_2^-$) at pH 4 and OH radicals at pH 10 [60]. Ultrasound was presumed to enhance TiO$_2$ dispersion, by reducing its particle size (increasing total surface area) and enhancing mass transfer rate between the liquid bulk and the catalyst [60]. Per-manganate in PFOA sonolysis was presumed to aid reaction by formation of MnO$_2$ particles during sonication [47]. Ultrasound alone generated a PFOA rate constant of ≈1.5 × 10$^{-3}$ min$^{-1}$ and increases in per-manganate concentration enhanced this logarithmically [47]. Enhanced PFOA degradation with sulfate ions from Na$_2$SO$_4$ at 40 kHz was attributed to the increased oxidising capability of sulfate radicals compared to sonolytically-produced OH radicals [64]. It was proposed that PFOA was degraded via both a sonochemical mechanism at the bubble surfaces and a chemical mechanism in the bulk liquid, since degradation rates followed the order $r_{\text{sulfate}} < r_{\text{ultrasound}} < r_{\text{sulfate-ultrasound}}$ [64]. However, the rate of removal with just sulfate was close to zero. In similar work, PFOA defluorination was enhanced to a maximum persulfate concentration, after which the defluorination rate was reduced [59]. This was attributed to increased sulphate radical anion (SO$_4^-$) scavenging other radicals that could degrade PFOA. It was suggested this reaction also proceeds via both thermal and radical mechanisms, since both methanol (volatile) and benzoic acid (non-volatile) limited the reaction, via presumed quenching of temperature and scavenging of ‘OH and SO$_4^2-$ radicals, respectively [59,161].

Sodium bicarbonate combined with sonolysis at 40 kHz and 150 W L$^{-1}$, under argon, achieved much faster PFOA defluorination than previous low-frequency (20, 40 and 43 kHz) works, (97.2 % of 120 μM PFOA in four hours, with a pseudo-first order rate constant of 0.024 min$^{-1}$) [58]. Conversely, bicarbonate ions were detrimental to PFAS destruction at 612 kHz, with up to 15 % reduction in reaction rate, depending on the concentration added [46]. At the lower frequency, PFOA defluorination was attributed to the production of carbonate radicals (CO$_3^-$) via the reaction of sonolytically produced hydroxyl radicals with bicarbonate (HCO$_3^-$) [58]. However, OH radical concentration was not explicitly measured and the increased reaction rate may also be due to a decrease in pH due to nitric acid formation [55], which enhanced PFOA’s hydrophobicity (Section 3.5.7 and 3.5.9). Similar to persulfate [59], carbonate radical addition during sonication showed an optimum concentration (30 mM), beyond which reaction rates decreased [58]. However, no tests were done to show the rate of degradation by solely CO$_3^-$•. The authors also concluded that PFOA is degraded in both the liquid (bulk solution) and vapour phase (bubble core) [58]. Finally, periodate and bromide have been used to degrade PFOA at 40 kHz and 500 W L$^{-1}$ power. Formation of iodate radicals (IO$_3^-$) almost completely mineralised 170 μM PFOA in 2 h, with a pseudo-first order rate constant of 0.022 min$^{-1}$. Bromine ions were suggested to react with OH radicals to form dibromine radicals Br$_2^-$ which to react with PFOA at the bubble interface, to enhance degradation, however the effect of bromide without periodate was not measured [62].

3.5.6.2. Short chain formation. In sulfate and persulfate-enhanced sonolysis, shorter chain PFASs are produced, as observed at dual ultrasonic frequencies (20 and 43 kHz) and evidenced by a low percentage fluoride balance [51]. Thus, we hypothesise that PFAS may initially undergo headgroup removal at the bubble surface, followed by radical attack (‘OH and SO$_4^2-$) in or close to the bubble wall. This mechanism was also proposed for permanganate radical degradation of PFOA, since only ultrashort chain (C2-C3) PFCA by-products were detected [47], although the fluoride balance indicated that undetected longer intermediates were formed. Around 20 % of the initial PFAS was converted into shortened by products under degradation using permanganate [47] while around 7.7 % of initial PFOA was converted to shortened by-products when using UV light [60]. Both these values are much higher than those seen at higher frequencies [36,37,41,62], which suggests a slower truncation mechanism/rate, possibly due to the reduced bubble oscillation rate and hence slower uptake of the low volatility soft chain by-products.

3.5.6.3. Degradation of novel PFECs. Persulfate addition also enhanced the sonolysis of five perfluoroalkyl ether carboxylates (PFECs) but not two perfluoroalkyl ether sulfonates (PFESs) [61]. Shortened PFEC formation was observed and ascribed to repetitive truncation, as for PFCAs [37] but with removal of -C$_2$F$_2$O- groups instead of -CF$_2$- groups [61]. The effect of persulfate on PFECs was assumed as the generation of SO$_4^2-$ which encourages decarboxylation [61], similarly proposed for sonolysis of perfluoro(2-ethoxyethane) sulfonic acid (See Section 3.5.6.1) (PFESs) at 500 kHz [44]. The degradation mechanism suggested by the original authors differs significantly from those of PFYXs (Section 3.1) (Fig. 5).

3.5.6.4. Summary of radical effects. Comparison of low frequency works suggests that radical additives may enhance the decarboxylation of PFOA, with different enhancement levels for the different radicals utilised. The size distribution of cavitating bubbles depend on the applied frequency, with lower frequencies generally having a greater variation in bubble size, greater average size, and being fewer in number [138]. This may explain why both thermal and radical degradation mechanisms are seen at these frequencies. More work is needed to prove the mechanistic effects of the radicals proposed by the authors, to compare relative effects of each additive at identical concentrations, and to estimate relative costs for treatments with and without oxidant addition.

### Table 11

Summary of parameters used in works utilising radical mediated PFAS degradation.

| PFAS   | Oxidant       | Radicals formed* | ν (kHz) | Power density (W L$^{-1}$) | Degradation rate (min$^{-1}$) | Ref |
|--------|---------------|------------------|--------|----------------------------|-----------------------------|-----|
| PFOA   | KMnO$_4$      | OH               | 40     | 180                        | 0.015                       | [47]|
| PFOA   | Na$_2$SO$_4$  | OH & SO$_4^-$    | 20 & 43| 550 & 250                  | 0.370                       | [51]|
| PFCAs  | K$_2$CO$_3$   | SO$_4^-$         | 28     | 33.3                       | 0.320                       | [61]|
| PFOA   | TiO$_2$ + 254 nm UV light | OH & KO$_2^-$ | 40     | 167                        | 0.350                       | [60]|
| PFOA   | KIO$_4$       | IO$_3^-$         | 40     | 500                        | 0.00022 – 0.0022            | [62]|
| PFOA   | NaHCO$_3$     | CO$_2^-$         | 40     | 150                        | 0.0022                      | [58]|
| NH$_4$-PFOA | K$_2$SO$_3$ | SO$_4^-$         | 20     | 3,000                      | Not given                   | [59]|
| PFOA   | Na$_2$SO$_4$  | SO$_4^-$         | 40     | 500                        | Not given                   | [64]|

*Not measured.
3.5.7. Effect of co-contaminants

PFAS pollution is found in soils, lakes and oceans and often stems from AFFFs, landfill leachate and other complex mixtures of organic and inorganic species [11,48]. Studies on PFAS sonolysis in ground water considered co-organic [40] and inorganic [46] effects, in which both PFAS and co-contaminant concentrations were artificially adjusted (spiked) prior to sonication. Four works have investigated AFFF sonolysis [49,50], one investigated simulated ground water by addition of cations [47] and another investigated IDW [52]. Recent work also considered low frequency sonolysis of PFAS in sewage sludge but without successful degradation [85]. These works are analysed here.

3.5.7.1. Co-organics in landfill leachate.

Compared to degradation of PFOS/PFOA in Milli-Q water (MQ), landfill groundwater degradation rates at 354 kHz were 61 % and 56 % lower for 0.20 µM PFOS and 0.24 µM PFOA, respectively, due to the presence of other organics (TOC 20 µg L⁻¹) [40]. Significant effects on sonochemical efficiency were only noted above 10 mM organics concentration, more than 40,000x the concentration of the individual PFAS [40]. At this concentration, the decline in reaction rate was dramatic, however, the reaction was consistently first order [40], indicating an unchanged reaction mechanism. Rate altering effects were specific to the organics tested. Natural dissolved organic matter (DOM), mainly humic and fulvic acid, had no measurable impact on reaction rates, despite representing 75 % of the TOC. Meanwhile, volatile organic compounds (VOCs), comprised of methanol, acetone, ethyl acetate, isopropyl alcohol and methyl-t-butyl-ether, reduced reaction rates by between 50 and 100 %. Thus, it was theorised that volatile compounds competitively adsorbed at the bubble interface to block reaction sites, and/or quenched the bubble collapse temperature via evaporation into the bubble [40], as observed previously [162,163]. Quenching effects were thought to be proportional to a species’ concentration, heat capacity, hydrophobicity, and heat of dissociation (total bond breakage energy). Hence, large organics had greater quenching effect per mol, due to their greater number of bonds and hence greater heat of dissociation [40]. The negative impact of organic species on PFAS reaction rates was negated with sonozone (O³) [40], and hence greater heat of dissociation [40]. The negative impact of organics impacted PFOS degradation more than PFOA [40], likely due to PFOA’s lower required dissociation temperature, which mitigated quenching effects. Similarly, 10 mM tert-butyl alcohol (TBA), added to 10 mg L⁻¹ PFOA, reduced the rate constant from 0.016 to 0.012 min⁻¹, although this was attributed to radical scavenging rather than interfacial competition [37] (Section 3.1).

3.5.7.2. Inorganics in landfill leachate.

Landfill waste water containing inorganics reduced reaction rates of 0.20 µM PFOS and 0.24 µM PFOA under 612 kHz ultrasound by 20.5 % and 29.7 %, respectively, compared to MQ water [46]. The cations present (Ca⁺, Na⁺, NH₄⁺ and Mg²⁺) were assessed at 10 mM concentration and had little effect (≈1.5 %) on degradation rates, compared to anions (added as sodium salts) at the same concentration due to their smaller size and hence lower water molecule gathering abilities [46]. Perchlorate increased the first order rate constant by up to 11 % and 47 % for PFOS and PFOA, respectively; nitrate and chloride had slightly positive effects on rates (1 – 4 % for PFOA, up to 18 % for PFOS); and bicarbonate and sulfate both reduced rates by around 10 – 25 %, accounting for the majority of negative effects seen in the landfill sample [46]. Therefore, sulfate formation from PFSA degradation might be self-limiting. In prior work, sodium chloride, potassium iodide, and carbon tetrachloride similarly enhanced the ultrasonic degradation rates of chlorobenzene [164], phenol [165], p-ethylphenol, and 2,4-dinitrophenol [166] by up to 200 %, suggesting that the large halide ions are beneficial in sonolysis due to attraction of several water molecules and enhanced salting out effects, consistent with the Hofmeister series effects on protein solubility [46]. pH 4 – 11 had little impact on PFOX degradation in landfill wastewater, but below pH 4 rates were enhanced by ≈100 % for PFOS and ≈30 % for PFOA. This is likely due to the high concentration of bicarbonate in the groundwater, which was neutralised during acidification or speciation of the PFAS from dissolved to molecular salt, increasing its attraction to the bubble interface [46] (see Section 3.5.9 for further pH effects discussion). Rate reduction effects were apparent at 1 mM inorganic concentrations and concentrations up to 10 mM made little difference, except in the case of NaHCO₃ and NaClO₄ [46]. Sodium bicarbonate similarly reduced the rate of ultrasonic 2,4-dinitrophenol degradation by 66 % in a previous study [166]. The various anion effects were also attributed to (de)stabilisation (salting out/in) of PFOX molecules. However, it is not clear why PFOS rates were more affected than PFOA. The enhancement of degradation rate for PFOS solutions with pH below 4 brought the rate close to that of PFOA at pH 8, while degradation of PFOA (at lower pH) was less affected, suggesting it’s closeness to a maximum intrinsic reaction rate.

Conversely, at low frequencies, cations reduced reaction rates more significantly. In one study, 1 mM cation addition reduced reaction rates in the order rMgO (≈1.30 × 10⁻² min⁻¹) > rCu(OH) (≈1.28 × 10⁻² min⁻¹) > rFe(OH) (≈1.10 × 10⁻² min⁻¹) > rPFOA and permanganate, sonicated at 40 kHz. This was attributed to complexation of 5.9 %, 5.7 % and 66.4 % of the starting 132 µM PFOA with Cu(II), Fe(II), and Fe(III) ions, respectively [47]. In a 20 kHz system utilising persulphate oxidation, GO²⁻ reduced PFOA degradation by ≈91 %, although the CoCl₂ concentration added was not given [59]. The difference in response between cationic effects at low and high frequencies is likely due radical degradation mechanisms dominating in the low frequency system, as opposed to bubble dynamics and PFAS surface adsorption dominated mechanisms at mid-high frequencies, which are impacted by changes in ionic strength. One could combine the observations of these three works [46,47,59] in attempt to predict the behaviour of ClO₄⁻, NO₃⁻, Cl⁻, Na⁺, Ca²⁺, Mg²⁺, NH₄⁺, HCO₃⁻ and SO₄²⁻ relative to Cu²⁺, Fe²⁺ and Fe³⁺ as well as Co²⁺ . However, there are vast differences in applied ultrasound parameters, i.e. frequency (612 kHz vs 40 kHz), power density (250 W L⁻¹ vs 180 W L⁻¹), temperature (10 °C vs 30 °C), and initial pH (7.9 vs 4.0), so this is likely inaccurate.

Fig. 5. Truncation mechanism for PFECs with removal of C₃F₆O group. Plausible and observed reaction given to demonstrate possible repeated truncation from Tridecafluoro-5,6,9-trioxadecanoic acid (TDFTODA) to NFDOHPA.
3.5.7.3. Surfactants. The addition of three different surfactant types modified the rate of PFOA degradation and defluorination rates under sonolysis at 40 kHz [65]. For PFOA and surfactant concentrations of 0.12 mM, relative rates followed the order; Cetrimonium bromide (CTAB, Cationic) ≫ TritonX-100 (Non-ionic) ≫ No surfactant (SDS, Anionic) [65]. The reduced degradation rate by SDS was thought to be due to competition with PFOA (also an anionic surfactant) at the bubble interface.

The addition of other surfactants can, however, reduce resistance to bubble interfacial mass transfer (rectified diffusion) and, hence, hasten bubble growth rates [153]. Further, surfactants can homogenize sonoluminescent bubble distributions by reducing bubble coalescence, bubble size [167], and hence, the attenuation of the standing wave [168], which may enhance PFAS-bubble mass transfer rates. Cationic CTAB was thought to enhance rates by positively charging the bubble surface to enhance the attraction of PFOA anions and reduction of the critical micelle concentration (CMC) of PFOA. At high concentrations, CTAB’s effect on bubble surface charges was also thought to minimise bubble losses due to coalescence. However, fluoride release was low (6–13 %) and was theorised to be caused by the solutions’ high ionic strengths and competitive degradation of the co-surfactants [65].

3.5.7.4. AFFFs. AFFFs typically contain water, several PFAS (of varying length and functional group), and other organics, such as butyl carbitol and glycol [48–50]. Despite their high concentrations, co-organics had little effect on PFAS degradation rates in AFFFs, presumed to be due to PFAS’ competitive surfactant nature at bubble surfaces [48], which is consistent with work on landfill leachate [40]. This is likely due to the high dilution factors used in the particular study (500–50,000x), which possibly also negated the viscosity enhancing effects of co-organics, which would reduce bubble collapse temperature. These dilution factors also reduced PFOs concentration from ≈ 7.3 mM in the initial foams [40], to 0.146–1.6 µM. When diluted below the kinetic transition concentration (Section 4.3.4), it is difficult to decouple the matrix effects from concentration effects, as seen elsewhere at 12,500x dilution [52]. In similar work in a large dual frequency reactor, co-organics such as glycol butyl ether and tolyl-triazole were suggested to be broken down by radical reactions close to bubble interfaces, while PFAS degraded at the interface, and more volatile species degraded in the bubble core [50]. During treatment, F− release was 50 % less than anticipated from the measured PFAS loss, indicating formation of short chain PFAS not accounted for in post-sonolysis analysis or degassing of volatile fluorochemicals [48]. Conversely, SOF− yield was greater than anticipated [48], indicating interference from other sulfur containing species, not seen during tests in MQ water [39] or groundwater [40]. These conclusions were agreed in another AFFF sonolysis work [49]. Finally, competitive degradation between co-PFAS has been observed in AFFFs. For example, during sonication of a 5,000 x dilution FC-600 foam, PFOS rapidly reached pseudo-first order degradation kinetics, despite a significantly higher initial concentration than co-PFAS; PFOA, PFBS, PFHA and PFBS, which all remained in the zero-order regime throughout [48]. Hence, PFAS structural effects seen in pure solutions (Section 3.5.5) remain relevant in more complex systems.

3.5.8. Solution temperature

Solution temperature is a critical parameter in chemical kinetics but has been studied little in PFAS sonolysis, compared to other parameters. At 40 kHz, increasing solution temperature from 25 to 45 °C adversely effected the defluorination of PFOA, with or without oxidant addition [64], attributed to reduced surface tension, and subsequent reduced PFAS partitioning to the bubble interface [64]. Similar findings were noted in other low frequency works [47] (Fig. 6 and Table 12).

In similar work, an optimum of 30 °C was reported for PFOS sonolysis at 20 kHz, attributed to the formation of greater gas or vapour within the bubble cavity [63]. The higher temperatures tested were suggested to enhance PFAS diffusion to the bubbles (possibly through reduced viscosity [57]) but also to reduce collapse intensity [63]. Conversely, at 575 kHz, increasing solution temperature from 14.5 °C to 30 °C enhanced PFOX defluorination [68]. These observations are consistent with the sonochemical mechanisms seen at low frequencies and works outside of PFAS sonolysis. For example, the rate of KI oxidation decreased with increasing temperature (from 40 to 75 °C) at 20 kHz (ultrasonic horn), with negative effects more pronounced at higher calorimetric powers (investigated range 210 – 720 W L−1), which shifted the optimum temperatures below 10°C [147]. KI oxidation followed similar trends at 900 kHz [147], suggesting high frequency (plate) sonication mechanisms are enhanced by increased bulk temperature, up to a maximum. This is in agreement with theoretical approximations of a simplified version of the Rayleigh-Plesset equation, which predicts increased bubble collapse temperatures from increased liquid bulk temperatures [146] (Eq. (19)). Further, these results show the connectivity of frequency, temperature, and power. In theory, increasing temperature will 1) increase vapourisation of the bulk liquid into the bubble core, reducing collapse temperatures [146] and 2) decrease gas solubility, reducing nucleation rates, but also 3) reduce the cavitation power threshold by reducing surface tension/viscosity. However, most PFAS are not considered volatile [18] so their vapourisation is not likely affected by bulk temperature. To further understand temperature effects, more work is needed in combination with high frequency, power and, various PFAS structures [146].

\[ T_{\text{Max}} = \frac{T_0 P_a (\gamma - 1)}{P_v} \]  

(19)

Where:

- \( T_{\text{Max}} \) = Maximum collapse temperature
- \( T_0 \) = Initial bulk liquid temperature
- \( P_a \) = Acoustic pressure
- \( \gamma \) = Polytropic index
- \( P_v \) = Solution vapour pressure

3.5.9. pH

Since many PFAS are acids, several sonochemical works have observed acidic initial pH values [36,38,43,44,47,49–51,53,59,60,63–65], which become more acidic during sonolysis [36,38,44,49], likely due to the formation of radicals and several acid species such as HF, carbonic acid from dissolved CO₂ and nitrous and nitric acids, formed from air saturated systems [38]. Conversely, some low frequency (40 kHz) studies observed minor increases in pH during PFAS sonication [60,64], although no explanation was given. As discussed in Section 3.5.7, cations do not have a significant effect on PFAS degradation rates in landfill leachate, except for hydrogen ions [46]. pH ≤ 4 can enhance reaction rates [46,47,50,51,53,62–65], although some studies showed optimum values at pH 6 [59], 8.65 [58] and 10 [60] (see Fig. 7 and Table 13). For several of these works, the “optimum” was found at the lowest pH value tested, thus the true optimum may be lower.

For low frequency works with oxidising agents, pH effects on radical formation and destruction [64] are specific to the radical-mediated mechanism. For example, sonolysis in a carbonate solution required an alkaline pH of 8.65 to be effective [58]; little effect of pH was seen with sulfate ions [64]; TiO₂ and UV light degraded PFOA best at pH 10, followed by pH 4 then pH 7 [60], periodate coupled with sonolysis at pH 3.9 defluorinated PFOA approximately 10 % faster than at pH 10.1 [62] and permanganate coupled with sonolysis was most effective at pH 4, in the range 2 - 7 [47]. Further, a switch from reactions mediated predominantly via sulfate radicals to hydroxyl radicals, impacted by pH, was reasoned to be behind an optimum of pH 6 for persulfate oxidation [59]. At 612 kHz, altering the pH from pH 8 to 11 had a slightly negative impact on PFOA reaction rate (-6%) and very slightly positive (+1%) effect on that of PFOS. However, reducing pH from 8 to pH 3.9 increased the reaction rate of both PFOA and PFOS by 4.4 % and 33.9 % respectively [46]. Similarly, in a large scale dual frequency reactor (500 kHz
and 1 MHz), an initial pH of 4 produced a higher release of fluoride than pH 3 and 6.5, with very little fluoride released from PFOS at pH 8.5 [53]. Similar results (optimal pH 4) were reported for treatment of AFFFs in the same reactor, where F⁻ release rates were enhanced with decreasing pH but SO₄²⁻ formation was negatively affected as pH was reduced from 4 to 3 [50]. Note that below pH 3.2, H⁺ and F⁻ ions speciate to HF, which may explain the reduced F⁻ formation. Preference for lower pH values, independent of oxidative mechanisms, was attributed to PFAS’ low pKa values, meaning that they exist as ionised compounds until low pH causes them to reform with H⁺ ions and adsorb into the bubble interface due to increased hydrophobicity [47,63,131]. This may result in alternate degradation mechanisms (such as pyrolysis/plasma reactions) than if the solute was in ionic form and degraded in the bulk solution (oxidative/radical-mediated reactions) [131,156,163,169].

The pKa for PFOA has historically been reported as 3.8 [170], although others argue that it is actually closer to -0.5 [171], and for low pH values, independent of oxidative mechanisms, was attributed to PFAS’ low pKa values, meaning that they exist as ionised compounds until low pH causes them to reform with H⁺ ions and adsorb into the bubble interface due to increased hydrophobicity [47,63,131]. This may result in alternate degradation mechanisms (such as pyrolysis/plasma reactions) than if the solute was in ionic form and degraded in the bulk solution (oxidative/radical-mediated reactions) [131,156,163,169].

The pKa for PFOA has historically been reported as 3.8 [170], although others argue that it is actually closer to -0.5 [171], and for

| PFAS | ν (kHz) | C₀,PFAS (µM) | PD (W L⁻¹) | Degradation rate (min⁻¹) | pH₀ | Oxidant | C₀, Oxidant (mM) | Ref |
|------|--------|--------------|------------|--------------------------|-----|---------|------------------|----|
| PFOA | 40     | 120          | 500        | Not given                | 4.3 | Na₂SO₄ | 0 & 46           | Lin et al. [64] |
| PFOA | 40     | 132          | 180        | 1.5×10⁻²                 | 4.0 | KMnO₄  | 6.0              | Hu et al. [47] |
| PFOA & KPFOS | 20 | 2×10⁻⁴     | 3,750       | 7.5×10⁻²                 | 2.0 | None   | N/A              | Panda et al. [63] |
| PFOA & PFOS | 575 | 0.102 & 0.113 | 77         | 6.8×10⁻²                 | Not given | None | N/A              | Shende et al. [68] |

Dissolved gas assumed to be air for all.

Mechanical stirring also applied (RPM not detailed in works).

Fig. 6. Range and optimum temperatures tested in PFAS sonolytic works (note that the data for Shende et al. indicates the range of final temperatures achieved during the reaction, not the temperature during treatment).

Fig. 7. Optimum solution pH and pH ranges tested for all known PFAS sonolytic works.
PFOS is thought to be -3.3 [172]. This may also explain why pH changes had little impact, except at lower values, in landfill leachate sonolysis [46]. Due to these low pKa values, partitioning effects are not expected to be significant. Low pH is thought to positively charge the bubble wall [57,173], reducing coalescence and increasing the attraction of hydrophobic PFAS to the bubble surface [53,62,64] (40 kHz). While only a small number of PFAS have been investigated for pH effects on sonoletic reaction rate, one can expect similar optimal pH ranges for other PFAS chain lengths as it has been shown that the pKa values of carboxylic acids are relatively constant with varied chain length [169]. From a safety perspective, it should be considered whether the increases in rates observed compensate for the risk of forming of hydrofluoric acid at pH ≤ 3.2.

4. Comparison of PFAS remediation technologies

To date, at least 20 different processes have been researched for PFAS remediation, and their removal mechanisms are almost as numerous. Several experimental and commercial technologies exist to remove (but not destroy) PFAS from contaminated water and soil, as reviewed elsewhere [75–79]. These include; sorbents, such as granular activated carbon [78,174–176], membrane treatments like reverse osmosis and nanofiltration [24,75,78,177,178], chemical removal processes such as ion exchange [24,76,78,178–181] and physical removal methods, thermal desorption for soils [75,182] and ozofractionation for water [3,28,76,183,184]. Since these treatments cannot breakdown PFAS, they must be used in conjunction with some form of destructive technology [75]. Similarly, several destructive technologies are most effective at concentrations exceeding environmental levels or those considered toxic [75].

4.1. Biological degradation

While common for other aqueous contaminants, biological treatment of PFAS has yet to see significant results [75]. Despite providing a theoretically high density energy source to microbes [186], PFAS and other highly fluorinated compounds do not readily occur naturally, hence living species lack evolutionary need or opportunity to metabolise the compounds [187]. Further, the high C–F bond strength and shielding of C–C bonds present a significant barrier for microbial attack [75]. Complete bio-mineralisation of PFAS is not yet possible [75], however, biotransformation of some poly-fluorinated molecules into shorter perfluoroalkyl acids (PFAs) via attack of the alpha carbon or shorter perfluoroalkyl acids (PFAAs) via attack of the alpha carbon or non-fluorinated regions has been observed [29,188], similar to the radical attack susceptibility of PFEES [Section 3.5.5]. Such bio-transformations take several weeks, with only partial degradation achieved [10] (e.g. 28 % fluoride release from PFOA over 157 days, with significant PFPeA formation [189]). The resultant PFAS's are generally shorter and less bio-accumulative [190] but more stable in water and less easily removed or destroyed by other technologies [41,178,191].

### Table 13

| Reaction Parameters | | | | | Reference |
|---------------------|------------------|------------------|------------------|------------------|
| PFAS | C<sub>0 PFAS</sub> (µM) | v (kHz) | PD (W L<sup>−1</sup>) | Temperature (°C) | Dissolved gas | Oxidant/Reagents | C<sub>0 Oxidant</sub> (mM) | |
| PFOA | 120 | 40 | 166.7 + 5.3 | UV | 25 | O₂ | Rh or Sol-gel | 8.26 | Panchangam et al.* [60] |
| PFOA + PFOS | 0.200 + 0.240 | 612 | 250 | 10 | Argon | None | N/A | Cheng et al. [46] |
| PFAS | 46.4 | 20 | 6000 | 25 | Air | K₂SO₄ | 10 | Has et al. [59] |
| PFOA | 120.75 | 40 | 150 | 25 | Air* | Na₂CO₃ | – | Phan et al. [58] |
| PFOA | 120 | 40 | 500 | 25 | Air* | Na₂SO₄ | 46 | Lin et al. (2015)* [64] |
| PFOA | 120 | 40 | 500 | 25 | Air* | CTAB | 0.12 | Lin et al. (2016)* [65] |
| PFOA | 170.1 | 40 | 500 | 25 | Air* | KIO₄ | 4.5 | Lee et al. [62] |
| PFOA | 2600 | 1 MHz + 500 | 131.9 | 25 | Air* | None | N/A | Gole et al. (2017) [53] |
| PFOA | 132 | 40 | 180 | 30 | Air* | KMnO₄ | 10 | Hu et al. [47] |
| PFAS | Various in | 1.6 | 1 MHz + 500 | 131.9 | – | Air* | None | N/A | Gole et al. (2018) [50] |
| AFF | | | kHz | | | | | |
| PFOA + PFOS | 2×10<sup>−4</sup> | 20 | 3750 | 20 | Air* | None | N/A | Panda et al. [63] |
| PFOA | 10 | 20 | 550 | – | Air* | Na₂SO₄ | 7.04 | Lei et al. [51] |
| PFOA + PFOS | 0.102 + 0.113 | 575 | 77 | 21.3 | Air | None | N/A | Shende et al. (2021)* [68] |
| PFOA + PFOS | 0.102 + 0.113 | 575 | 77 | 21.3 | Argon sparging | None | N/A | Shende et al. (2021)* [68] |

*Not discussed in text.

*Assumed as not discussed in text.

*Mechanical stirring also applied (RPM not detailed in works).
effectiveness for short chains and low F⁻ release, suggesting several fluorinated by-products [195].

Electrochemical oxidation (EO) processes achieve enhanced hydroxyl radical (OH) generation, using high voltage electrodes with chemical additives [113,196]. EO using Na₂SO₄ as an electrolyte degraded ≈7 µm h⁻¹ PFOX and resisted co-organic interference more than chemical oxidation and AOPs [113]. Recently, the use of boron doped diamond electrodes has augmented this process and has seen electrochemical treatment become an efficient treatment for PFAS [196–199]. However, the problem of high organic fluoride by-products remains, with 50 % of fluorine not released [196]. EO may completely mineralise PFAS, but only after a sequential defluorination step which may favour short chain formation [57], which is yet to be proven. The OH radicals generated only exist for fractions of a second, which restricts reactions to an area close to the electrode surface and thus may be ineffective for large volumes. Photochemical oxidation, uses UV light to augment oxidation of PFAS [114,200–202]. Reaction times vary from several days to several hours, requiring 2x - 30x more energy per PFAS molecule degraded than ultrasound [36] (Table 14) and the process generates significant short chain PFAs [114,200–202].

An alternative physiochemical treatment is that of aqueous plasma degradation. Similar to EO, plasma treatment generates aqueous O⁻ and -OH radicals and transient electrons, using high voltages [203]. Plasma treatments shows fast reaction rates (36 µM h⁻¹ PFOA) and high energy efficiency (Table 14) compared to sonolysis, even in the presence of co-contaminants [115]. Further, reactions are not limited by electrode surface area, as for EO. However, the high levels of short chain PFAS, small acid molecules and related compounds make plasma less efficient for complete mineralisation. In example works, 97.5 %+ of the fluorine remained as organics in the aqueous phase, with the rest forming in gaseous by-products [115,203]. Increasing the plasma pulse energy is predicted to reduce formation of short chains [203], which might make ultrasound a more competitive treatment. PFAS plasma degradation has been investigated in several works and has been trialled with volumes up to 4 L [204–207], suggesting potential for scale up.

### 4.3. Physical/Thermal degradation

Historically, PFAS removed by separation technologies were incinerated, since it theoretically guarantees complete destruction [97]. However, this is not always achieved practically and there is a lack of flue-gas analysis and energy efficiency considerations in related works [208]. In one example, 100 kg h⁻¹ of wood pellets was used to treat 300 g h⁻¹ of PTFE, here combined gaseous and solid phase fluoride emissions represented 56 – 78 % of fluorine in the initial PTFE, while the remaining 22 – 44% of fluorine was not identified [209]. Elsewhere, PFAS incineration at 1,000 °C led to a 21.6 – 45.1% conversion of fluorine to toxic HF [210]. Unreacted PFAS can also be emitted to the atmosphere given insufficient incinerator temperatures or residence times [208,211], although, similar work completed by PFAS manufacturers, 3M, showed only C1-C2 fluorinated by-products in the effluent [212]. The fluorinated by-products of incineration typically require even higher temperatures to be degraded than the starting species [57]. Use of cement kilns for CFC, HFC and PFAS incineration has shown advancements in recent years [213]. However, incineration is undesirable for the majority of PFAS pollution, which is aqueous, dilute and disperse. Since incineration is typically carried out at fixed locations [57], this necessitates pre-concentration at the affected site and transportation to the incinerator. A novel and highly experimental physical treatment for solid PFAS is that of ball milling, whereby solid material is churned inside a rotating drum containing several hardened solid spheres, which break down the material via attrition [214]. One group has shown up to 100 % degradation of pure PFOX powders using ball milling, with reportedly zero toxic by-products [215–217]. However, characterisation of energy consumption and testing of AFFF/environmental samples is yet to be reported.

### 4.4. Comparison with sonolysis

As reviewed, sonolysis combines both physical and chemical degradation methods and is well studied for several different parametric effects. Reaction rates can also be much more rapid than other technologies (up to 61.3 µM h⁻¹) and, when compared on the basis of G-value (Eq 20a) [36] (Table 14), sonolysis was shown to be the second most energy efficient technology, behind plasma treatment.

If considered instead in terms of grams of fluoride released per kWh, the gap between plasma’s efficiency and that of ultrasound is significantly reduced [36,115,203,205]. Further, the values presented may not account for all devices used in the experimental methodology (for example heaters, chillers, pumps etc.), just the main instrument of the experiment (ultrasonic amplifier [36], plasma generator [115,203,205], electrochemical cell [114,200–202] etc.). Sonolysis is also not chain length selective, like some technologies (such as electrochemical oxidation [114,200–202], incineration [212], plasma [115,203], etc.), since removal occurs sequentially from long to short chains and from PFCAs to PFAS [41,43]. To this end, we conclude that sonolysis is currently the most pragmatic technology for large scale PFAS treatment, although plasma treatment is a fierce competitor. [222]

#### Table 14

| Technology          | Treatment time (h) | Initial Concentration (mg L⁻¹) | Efficiency (g kW⁻¹ h⁻¹) | Short chain formation | Ref  |
|---------------------|--------------------|-------------------------------|-------------------------|-----------------------|------|
| Electrochemical     | 4                  | 0.0152                        | 0.00033                 | Up to 50 %            | [196] |
| Photochemical       | 2/4                | 20.0                          | 0.00133                 | Observed, significant quantity indicated (71 % F⁻ release) | [208] |
| Photochemical, ferric ion | 60          | 10.0                          | 0.00290                 | ~14 % of initial mass  | [219] |
| Electrochemical     | 2                  | 8.00                          | 0.00566                 | Not discussed         | [198] |
| Sonication, 618 kHz | 3                  | 5.00                          | 0.00801                 | Almost none implied (~100 % F⁻ release) | [39]  |
| Photochemical, peroxalate | 2               | 10.0                          | 0.00900                 | Observed, significant quantity indicated (76 % F⁻ release) | [220] |
| Photochemical, propanol | 24            | 20.0                          | 0.01520                 | Not discussed         | [218] |
| Sonication, 400 kHz | 4                  | 9.42                          | 0.01550                 | 1 % of initial mass    | [36]  |
| Plasma              | 4                  | 50.0                          | 0.02600                 | Not discussed, none implied | [221] |
| Sonication, 400 kHz | 2                  | 9.42                          | 0.02610                 | 13 % of initial mass   | [36]  |
| Sonication, 358 kHz | 3                  | 59.5                          | 0.04170                 | Not discussed        | [45]  |
| Plasma              | 0.5                | 0.0001                        | 0.06900                 | Observed, 5.65 % of initial mass after 40 min | [115] |
| Plasma              | 1                  | 100                           | 0.62100                 | Observed, significant quantity indicated (~30 % F⁻ release) | [205] |
5.1. Degradation routes

Due to the complexity and speed of sonochemical reactions, PFAS sonolysis mechanisms are convoluted. However, at mid-high frequencies, the initial steps are generally agreed. These are 1) orientation of PFAS at bubble interfaces, with the hydrophobic perfluoro tail entering the gaseous bulk and the hydrophilic headgroup preferring the liquid bulk, followed by 2) headgroup cleavage, upon bubble collapse. Evidence of these initiating steps include bubble saturation kinetics observed over increasing concentrations as well as \( \text{SO}_4^{2-} \) and short chain PFCA/PFSA production. The driving force for headgroup cleavage is disrupted and may be; high internal/interfacial bubble temperatures, solvated electron release, radical formation, or a combination of the three. The cleaved perfluorinated tail may then degrade within one collapse event, with shortened by-products formed from PFAS fragment recombination in the liquid bulk, or repeated cleavage of the \( \text{CF}_2\text{COOH} \) group and subsequent oxidation of the exposed perfluoro tail over several bubble lifetimes. Given strong evidence for both and the different by-products formed under differing conditions, we hypothesise that both routes co-exist and the extent of either depends on applied conditions.

Low frequency reaction mechanisms are more varied and less well understood, due to the numerous oxidants investigated to enhance degradation. However, it is generally agreed that interfacial bubble adsorption and radical addition/generation are significant parameters at low frequencies. The slower reaction rates at low frequencies, despite higher individual bubble collapse temperatures, suggests the sonolysis mechanism is indeed chemically, not thermally, dominated. However, cavity oscillations and collapse events, which attract and degrade PFAS, are reduced at low frequency, making mechanistic comparison between frequencies difficult. Slower bubble oscillations leading to reduced uptake of short chain PFAS may also explain the higher by-product concentration at low frequencies. Further, short chains may be more radical resistant due to a shorter and stuffer C-F backbone.

5.2. Rate limiting steps and kinetics

Due to the reaction steps proposed in Section 5.1, PFAS destruction is limited by; 1) The rate of PFAS adsorption by the bubble, 2) available bubble surface area, and 3) the rate of headgroup cleavage. The degree of mineralisation and product release is also limited by diffusion of the sonochemical intermediate or short chain products (both aqueous and gaseous) into the bubble. Modelling of the reaction kinetics is thus far based on the diffusion rate of PFAS from the bulk liquid to the bubble interface, and on bubble surface availability. However, such modelling does not consider factors such as, frequency, power, or PFAS structure and hence does not yet predict sonochemical degradation rates. Further, long chain PFAS reaction rates were not found to be diffusion limited, unlike those of short chains. At low PFAS/bubble concentrations, PFAS may not always be within oscillating distance of the bubbles, hence the passive diffusion toward the bubble may dominate, even for long chains. Until the mechanisms of PFAS sonolysis are agreed upon, accurate kinetic models are unlikely to be developed.

5.3. Reaction products, product measurement, and stoichiometric equations

Reported PFAS sonolysis products are predominantly four inorganic species: \( \text{CO}, \text{CO}_2, \text{F}^- \) and \( \text{SO}_4^{2-} \). Shortened chain PFAS form, both in the bulk aqueous and bulk gaseous phases, which at high and low frequencies typically represent <1 % and up to 20 %, respectively, of the initial PFAS. Analysis of reaction products gives insight into the mechanistics and extent of PFAS treatment in contaminated matrices, however, no metric in isolation can indicate reaction completeness, due to multiple possible fluorinated by-products. Chromatographic techniques for measuring PFAS concentrations, should avoid sample contamination from the device and account for all/significant breakdown products. Complete stoichiometric equations for PFOA and PFOS sonolysis are presented in Section 3.2, which assumed CO was an intermediate, oxidised to CO\(_2\) and that the PFAS counterion is \( \text{H}^+ \) (more commonly a metal cation). The effect of other counterions on the reaction equation was not assessed.

5.4. Parametric effects

We demonstrated here the need to understand matrix effects in simpler systems, prior to more complex ones. A meta-analysis between studies led to the conclusion that the kinetic transition concentration between zero and first/pseudo first order is near constant at 15 – 40 \( \mu \text{M} \). Optimal PFOX degradation conditions were found to be 300 – 500 kHz frequency, 20 – 30 °C temperature, and pH 3.2 – 4.0. Optimal values for AFFF dilution factor, radical additives, additive concentration, and power/power density could not be derived due to a lack of comparable research. Concentration is likely the most critical factor in PFAS treatment efficiency since it determines the rate order. Following this, frequency controls the bubble count, size distribution, reaction surface area, oscillation rate, collapse temperature and radical products. Frequency effects are also specific to the PFAS structure, hence PFAS structural effects are of comparable importance. Reaction rates change linearly with power until sufficiently high/low-power levels, where a plateau and rapid decrease occur due to decoupling (high power) or insufficient power to form cavitation (low power). However, power studies are lacking for novel PFAS, AFFFs, and ground waters as well as under dual frequency sonication. This is significant, since modern PFAS usage shows preference for replacement of C8+ compounds with shorter, novel, less environmentally persistent and less bioaccumulative alternatives [75], not the typical PFOA and PFOS researched in many papers discussed here.
Table 15
Summary of parametric findings in this work.

| Estimated significance for sonolysis rate | Parameter | Key findings | Value for optimum PFOX sonolysis |
|------------------------------------------|-----------|--------------|----------------------------------|
| 1                                        | PFOS concentration/AFFF dilution factor | Kinetic transition concentration for PFOX is consistently 15 – 40 μM | >15 μM |
| 2                                        | Applied ultrasonic frequency | Lower frequencies less effective for PFAS treatment without oxidizing additives | 300 – 500 kHz |
| 3                                        | Power density/intensity | Shows linear effect on reaction rates, within certain limits. At low/high values, reaction rates plateau/reduce | Not found |
| 4                                        | PFAS structure | Affects partitioning to the bubble interface and hence degradation rates | N/A |
| 5                                        | Oxidizing additives | Affects the type and concentration of radicals formed and hence sonolysis rate (not yet tested under high-frequency use) | Na₂S₂O₈ |
| 6                                        | pH | Low pH speciates PFAS to molecular (not ionic) state which encourages bubble interfacial partitioning | ≈4 |
| 7                                        | Dissolved gas | Gases with a high polytropic index enhanced collapse temperature and hence sonolysis rates | Argon |
| 8                                        | Co-contaminants: Inorganics Organics | Follow Hofmeister effects of salting in (negative) and salting out (positive) PFAS to bubble interface | ClO₄⁻ > Cl⁻ ≈ NO₃⁻ None |
| 9                                        | Solution temperature | Mildly affects PFAS interfacial partitioning rate and collapse temperature | 20 – 30 °C |

Fig. 8. Levels of control and interconnected nature of sonolysis reaction parameters.
pH, dissolved gas choice, co-contaminants, and temperature have a less significant effect on the reaction rate, typically varying well within an order of magnitude. Formation of PFAS-metal ion complexes has implications for the treatment of contaminated groundwaters since this may obscure both accurate measurement and complete removal of PFAS. Low frequency sonication (20 – 100 kHz) is largely controlled by the concentration and type of oxidative additives used, however, no work has yet utilised rate enhancement by addition of anions at mid-high frequencies (100 – 1,000 kHz). The findings on the aforementioned parametric effects are summarised in Table 15.

Overall, observation of rate/mechanistic effects for any one parameter is difficult, due to the high number of interdependent ultrasound parameters and the levels of control one may have over any in each experiment (the complexity of which is summarised graphically in Fig. 8). Note that the complexity represented in this figure is not assumed to be definitive and may also apply to other sonochemical reactions, not just PFAS sonolysis. With continued research, it is hoped that the relative importance of each connection in the figure can be clarified and eventually replaced with numerical descriptors.

5.5. PFAS destructive technologies and use of a treatment train

As concluded in Section 4.4, high frequency sonolysis poses the greatest potential for remediation of all PFAS destructive technologies, which, unlike other technologies summarised in Table 14, does not generate significant short chains, toxic by-products, or have bias for longer chains. This comes at the cost of increased power usage yet, accounting for complete mineralisation and improvements in understanding parametric effects, sonolysis has high potential. PFAS sonolysis is also comparatively well studied, with more than 30 research works to date on the subject, considering not only the reactor conditions but also the medium to be treated and solutions to problems of viscosity (AFFFs) and high pH (landfill leachate). Development of a treatment train incorporating sonolysis with a concentrating step and post-sonolysis treatment remains the ultimate ambition of this research field. Such technologies will be of increasing importance, as governments around the world move to impose stricter limits on PFAS emissions [223]. For the eventual industrial scale treatment, future work must consider the cost/benefit analysis of any parametric effects as well as the design and operation of reactors for efficient sound transmission (avoiding attenuation) through large liquid volumes.

6. Conclusions

30+ works on PFAS sonolysis and a multitude of works which either expand on sonochemical reaction theory or the nature of PFAS chemistry, pollution and their treatment are compared here. At mid-high ultrasonic frequencies (100 – 1,000 kHz), PFAS can be degraded quickly (mg h⁻¹) without the addition of oxidative agents, while low frequencies (20 – 100 kHz) typically struggle. The reaction initiating and limiting mechanisms are shown to be PFAS interfacial adsorption at the bubble interface, followed by cleavage between the headgroup and perfluoroalkyl tail. Arguments against this are discredited using experimental observations and consideration of surfactant chemistry. Further, explanations are offered for the differences in observed reaction products of PFOA and PFOS, which leads to the novel derivation of complete stoichiometric equations for both compounds. These equations were proposed based on observations of previous by-products and a select few assumptions regarding reaction completeness, which considers CO as an intermediate. Further, plausible and observed breakdown products are derived for 18 common PFCAs and PFASs, as well as and 9 more novel perfluoro-ether carboxylates (PFEcs). The meta-analysis revealed a near-universal concentration at which PFOX sonolysis rate switches between zero and first/pseudo first order (15 – 40 μM) due to the saturation at the site of reaction (the bubble interfacial surface). An optimum ultrasonic frequency range (300 – 500 kHz), pH (≈4), PFAS concentration (≥15 – 40 μM) and temperature (20 – 30 °C) for fast PFOX degradation were derived from experimental data. However, for other PFAS structures these values differ (short chains degraded faster at 600 – kHz). While not yet tested on higher frequencies, the optimum oxidising agent for low frequency PFAS sonolysis appeared to be sodium persulfate (Na₂S₂O₈). Optimal values for AFFT dilution factor, radical concentration and power density remain to be derived but could be in the region of 10 - 900x, 1.0 g L⁻¹ and 350 W L⁻¹, respectively, based on work reviewed. Areas still lacking in understanding include the latter half of the PFAS sonolytic degradation mechanism at high frequency, reaction rate modelling, the relative effects of some co-contaminant species and parametric effects on novel PFAS compounds, such as perfluorinated-sulphonamides and other carboxylates. Sonolysis research is advanced when compared with other destructive PFAS treatment technologies, with research not only into effective reaction conditions but also the treatment of several matrices (pure solutions, landfill leachates, firefighting foams and investigation derived waste). Further, sonolysis offers complete mineralisation, while other treatments generate significant fluorinated by-products. There is, however, a trade off in the cost of electricity consumed for complete mineralisation. Sonolysis also offers potential as a large-scale remediation process, however with pending areas of research to ensure large scale efficiency.

Declaration of Competing Interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Madeleine Bussemaker reports financial support was provided by Arcadis.

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Appendix A. Supplementary data

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