Research Article

Increased Homotopic Connectivity in the Prefrontal Cortex Modulated by Olanzapine Predicts Therapeutic Efficacy in Patients with Schizophrenia

Xiaoxiao Shan,1 Rongyuan Liao,2 Yangpan Ou,1 Yudan Ding,1 Feng Liu,3 Jindong Chen,1 Jingping Zhao,1 Yiqun He2, and Wenbin Guo1,4

1National Clinical Research Center for Mental Disorders and Department of Psychiatry, The Second Xiangya Hospital of Central South University, Changsha, 410011 Hunan, China
2The Second Affiliated Hospital of Xinxiang Medical University, Xinxiang, Henan, China
3Department of Radiology, Tianjin Medical University General Hospital, Tianjin 300000, China
4Department of Psychiatry, The Third People’s Hospital of Foshan, Foshan, 528000 Guangdong, China

Correspondence should be addressed to Yiqun He; yiqunhe@163.com and Wenbin Guo; guowenbin76@csu.edu.cn

Received 19 March 2021; Revised 8 August 2021; Accepted 18 August 2021; Published 2 September 2021

Academic Editor: Francisco Javier Ropero Peláez

Copyright © 2021 Xiaoxiao Shan et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Background. Previous studies have revealed the abnormalities in homotopic connectivity in schizophrenia. However, the relationship of these deficits to antipsychotic treatment in schizophrenia remains unclear. This study explored the effects of antipsychotic therapy on brain homotopic connectivity and whether the homotopic connectivity of these regions might predict individual treatment response in schizophrenic patients.

Methods. A total of 21 schizophrenic patients and 20 healthy controls were scanned by the resting-state functional magnetic resonance imaging. The patients received olanzapine treatment and were scanned at two time points. Voxel-mirrored homotopic connectivity (VMHC) and pattern classification techniques were applied to analyze the imaging data.

Results. Schizophrenic patients presented significantly decreased VMHC in the temporal and inferior frontal gyri, medial prefrontal cortex (MPFC), and motor and low-level sensory processing regions (including the fusiform gyrus and cerebellum lobule VI) relative to healthy controls. The VMHC in the superior/middle MPFC was significantly increased in the patients after eight weeks of treatment. Support vector regression (SVR) analyses revealed that VMHC in the superior/middle MPFC at baseline can predict the symptomatic improvement of the positive and negative syndrome scale after eight weeks of treatment.

Conclusions. This study demonstrated that olanzapine treatment may normalize decreased homotopic connectivity in the superior/middle MPFC in schizophrenic patients. The VMHC in the superior/middle MPFC may predict individual response for antipsychotic therapy. The findings of this study conduce to the comprehension of the therapy effects of antipsychotic medications on homotopic connectivity in schizophrenia.

1. Introduction

Schizophrenia, as we know, is a chronic and serious mental illness, and previous studies have shown its interhemispheric deficits [1, 2]. Electroencephalography measurements revealed that schizophrenic patients exhibited abnormalities in the ancipita interhemispheric alpha band consistency among cognitive/activation assignments [3]. The reduction in ancipita redundancy increased in schizophrenic patients [4] suggests decreased interhemispheric cooperation [5].

The human brain displays a homotopic mutual effect that is adjusted through the commissural system, which includes interthalamic adhesions, cerebellar, anterior, and posterior commissures, and corpus callosum [6]. The interhemispheric deficits may be ascribed to structural defects in the commissural system. Previous in vivo imaging and postmortem studies revealed that schizophrenic patients had reduced callosal thickness [7]. The reduced sectional anisotropy of the corpus callosum region in schizophrenic patients suggests interhemispheric hypoconnectivity [8],
which may be associated with the prediction of the severity degree of psychosis symptoms [9].

Interhemispheric functional connectivity changes have been revealed in all phases of schizophrenia. For example, reduced homotopic connectivity in the postcentral region and the superior temporal region has been found in early-onset schizophrenic patients, and the interhemispheric synchronization deficits are negatively related to the negative symptom of the positive and negative syndrome scale (PANSS) [1]. Liu et al. revealed decreased homotopic connectivity in the fusiform and precentral gyri, precuneus, and superior temporal gyrus (STG)/insula in adolescent-onset schizophrenia [10]. In addition, our previous studies showed reductions in interhemispheric functional homotopy in the precentral and middle occipital gyri and STG in schizophrenic patients [11] and in the angular and lingual gyri in the impervious siblings of schizophrenic patients [12]. Nevertheless, it remains unknown whether reduced homotopic connectivity of brain regions is linked to clinical symptoms and predicts treatment response.

Many studies have attempted to illustrate the effects of antipsychotic therapy on brain functions [13, 14]. However, their results remain inconsistent due to the diversity of antipsychotic treatments and the heterogeneity of schizophrenia [15]. Several studies have revealed the normalization and denormalization of blood oxygen level related to functional magnetic resonance imaging (fMRI) signals related to drug therapy. Normalization has been found in temporal and frontoparietal networks, sensorimotor circuits, and default-mode network (DMN) after antipsychotic therapy [13, 16–19]. By contrast, denormalization has been revealed in cortical-subcortical areas, including the ventral lateral prefrontal regions, putamen, and caudate [13, 17–20]. Their results indicate that antipsychotic medicines influence cerebral function with inconsistent outcomes due the discreteness of brain regions. Several factors may cause inconsistent findings. First, studies have employed diverse designs and concentrated on diverse respects of cerebral functions and produced diverse outcomes. Hence, resting-state fMRI, which is a standard design for fMRI studies, is effortless to implement and stops confounding factors regarding performance in clinical studies. Second, the inclusion of patients with chronic conditions and medication in many previous studies may have confounded the results because the course of illness and exposure to different antipsychotics may have neurotoxic influences on the brain. Furthermore, the involvement of different antipsychotic agents in the patient sample in some studies may cause differential effects on brain function. Notably, as far as we know, only one study was used to evaluate alterations in functional homotopy associated with antipsychotic therapy in schizophrenia [14]. Thus, the therapy effects of antipsychotic medicine on homotopic connectivity in schizophrenia remain unclear.

Voxel-mirrored homotopic connectivity (VMHC) [21] is a way used to analyze homotopic connectivity between a given voxel in one hemisphere and its mirrored voxel in the opposite hemisphere. VMHC analysis has been extensively used to explore the changes in homotopic connectivity in individuals with diversified psychiatric disorders, including schizophrenia [2, 11, 22], depression [23, 24], somatization disorder [25], and autism [26], as well as the unaffected siblings [12]. However, whether antipsychotic treatment can affect homotopic connectivity remains unknown.

Previous studies have reported that some brain regions may be related to clinical symptoms and can be applied to predict therapy reaction in schizophrenia. For example, the increased basal ganglia volume, reduced connectivity of the anterior cingulate region, and increased volume and abnormal brain activity of the putamen are related to the clinical outcome and the prediction of therapy reaction in schizophrenia [27–32]. In addition, Shafritz et al. revealed that frontal hyperactivity might offer a biomarker to predict therapy reaction through a simple fMRI task in first-episode psychosis [33]. The increased baseline amplitude of low-frequency fluctuation (ALFF) activity of the inferior parietal lobule/left postcentral gyrus might be associated with the prediction of early treatment response in schizophrenia [34]. A review has shown that reduced volume in the prefrontal cortical and medial temporal regions and the networks combining subcortical structures are associated with poor symptoms and function results [35]. In addition, Veena et al. found that the positive connectivity between the cerebellum and the dorsolateral prefrontal region was related to a good therapy reaction to cognitive behavioral treatment for psychosis in schizophrenia [36]. However, how well the previously presented predictive model could be replicated and validated in schizophrenic patients outside of a single study sample remains unknown.

Previous studies have revealed that psychosis might be predicted on the basis of neuroanatomical biomarkers at the individual level by utilizing multivariate pattern recognition approaches, such as support vector regression (SVR) and support vector machine [37–40]. These pattern techniques have been used to discriminate prodromal subjects [37] and schizophrenic patients [38] from healthy controls and to predict responses to electroconvulsive treatment in major depressive disorder (MDD) and schizophrenia [39, 40].

In the present study, 21 schizophrenic patients were enrolled to explore alterations in VMHC associated with the effect of olanzapine treatment and its role in predicting subject treatment response. The fMRI scans and clinical status of schizophrenic patients were acquired at two time points (baseline and eight weeks of treatment). Olanzapine treatment was hypothesized to normalize VMHC abnormalities in schizophrenic patients. Correlations between VMHC alterations and reductions in symptomatic severity were also explored because they might be underlying biomarkers for predicting individual therapeutic response by the SVR analyses.

2. Materials and Methods

2.1. Participants. A total of 21 right-handed schizophrenic patients aged 18–50 years were enrolled from the Second Affiliated Hospital of Xinxiang Medical University, China, which included both drug-naive patients with first-episode schizophrenia and drug-free relapse patients. For the relapse patients, they had interrupted antipsychotic medication for
more than three months. The effects of previous antipsychotics on brain function might be limited. Schizophrenia was diagnosed in accordance with the Structural Clinical Interview for Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. The total score of the PANSS exceeded 75, and the disease duration since the onset of the illness did not exceed five years. Symptomatic severity was evaluated with PANSS at baseline and after eight weeks of treatment. Cognitive function was evaluated through the Measurement and Treatment Research to Improve Cognition in Schizophrenia Consensus Cognitive Battery, including the Brief Assessment of Cognition in Schizophrenia Symbol Coding Test (BACS-SC); Brief Visuospatial Memory Test- Revised (BVMT-R); Trail Making Test, part A (TMT-A); Hopkins Verbal Learning Test-Revised (HVLT-R); Neuropsychological Assessment Battery-Mazes (NAB-M); Continuous Performance Test-Identical Pairs (CPT-IP); Wechsler Memory Scale Spatial Span (WMS-SS); Mayer-Salovey-Caruso Emotional Intelligence Test (MSCCSEIT); and Category Fluency-Animal Naming Fluency (CF-ANF). These tests assessed attention/vigilance, processing speed, reasoning, working memory, problem solving, and verbal learning. All patients were prescribed olanzapine. Olanzapine dosage was gradually increased on the basis of the patient's condition within the first two weeks and kept unchanged until the last fMRI scan. No other antipsychotics were allowed.

Twenty healthy controls unrelated to the patients were enrolled from the local community. The age and sex ratio of healthy controls and patients were matched. The Structured Clinical Interview for DSM-IV (nonpatient version) was employed to screen healthy controls. The healthy controls were ruled out if they suffered from any medical disorders and neurological disease, psychosis symptoms, or substance abuse. Potential controls were also ruled out if they had a first-degree relative who had a history of psychiatric illness.

The exclusion criteria for all subjects were as follows: (1) any severe physical illness, such as cardiovascular, liver, and kidney illnesses; (2) any neuropsychiatric disorder; (3) seizures; (4) any traumatic brain injury; (5) drug or alcohol addiction; (6) serious impulsive behavior; (7) a history of olanzapine treatment that was ineffective or tolerable; (8) contraindications for the MRI scan; and (9) pregnancy.

The study was approved by the Local Ethics Committee of the Second Affiliated Hospital of Xinxiang Medical University. Our study was executed in accordance with the Helsinki Declaration. The subjects gave their written informed consent after a complete explanation. This study has been registered in ClinicalTrials.gov (NCT03451734).

2.2. Image Acquisition and Processing. A 3.0 T Siemens scanner (Germany) was applied to scan the patients at baseline and after eight weeks of treatment. Healthy controls were scanned once at baseline. Data were preprocessed through the Data Processing Assistant for Resting-State fMRI software. The detailed information of data acquisition and preprocessing is provided in Supplementary Materials (available here).

2.3. VMHC Analyses. VMHC was processed using the REST software. The detailed information of VMHC analyses is offered in Supplementary Materials.

2.4. Statistical Analyses. The demographic and clinical characteristics were compared by two-sample tests or the chi-square test when necessary. All patients at baseline were compared with healthy controls based on the Generalized Linear Model (GLM) to obtain brain regions with abnormal VMHC with age, framewise displacement, and years of education as covariates, and brain regions with abnormal VMHC were generated as a mask. Then, paired sample t-tests based on GLM were applied to compare the differences in VMHC from baseline to eight weeks for the patient group within the brain mask. The Gaussian random field theory was applied to correct for multiple comparisons at $p < 0.05$ by the REST software (voxel significance: $p < 0.001$, cluster significance: $p < 0.05$). Once the apparent differences in VMHC from baseline to eight weeks for the patient group were found, we defined the resultant brain regions as regions of interest (ROIs) and extracted their VMHC values to compare the changes in VMHC between baseline and after eight weeks. The “alterations” of VMHC were that we had subtracted VMHC at baseline from VMHC after eight weeks for the patient group.

To assess the therapeutic effect, the reduction ratio (RR) of the PANSS total scores was calculated as follows:

$$RR = \frac{\text{PANSS}_{\text{total,1}} - \text{PANSS}_{\text{total,2}}}{\text{PANSS}_{\text{total,1}}}$$

where PANSS$_{\text{total,1}}$ and PANSS$_{\text{total,2}}$ refer to the total PANSS scores at baseline and after eight weeks of therapy, respectively.

It is similar for the alterations of PANSS positive, negative, and general symptom scores and cognition parameter scores.

2.5. Correlation Analyses. Pearson’s correlation was used to analyze these correlations between abnormal VMHC at baseline and the PANSS/cognition parameter scores of patients and between VMHC alterations and changes in the PANSS/cognition parameter scores of patients after eight weeks of treatment with a threshold of $p < 0.05$.

2.6. Classification Analysis by SVR. SVR was applied to explore the competence of the extracted VMHC values in brain regions for predicting the treatment response through applying the LIBSVM software package (http://www.csie.ntu.edu.tw/~cjlin/libsvm/) in MATLAB. SVR was executed for the extracted VMHC (including baseline levels and alterations of VMHC) and each symptomatic domain (PANSS total scores, positive and negative symptoms, and general symptom subscale scores).

The algorithms and training sets used by SVR are described as follows.

Exploring a multiple regression function $f(x)$ according to $x$ through a sample spectrum is the aim of predicting an expected output characteristic. The SVR equation has been
clearly described in some literatures [41, 42], which is summarized as follows [43]:

\[
f(x) = a_0 + \sum_{j=1}^{N} (a_j - a_* j) \{\phi(x_i).\phi(x_j)\} + b,
\]

where \(0 \leq a_j\) and \(a_* \leq C\). \(C\) is a complementary parameter specifying the regularization constant or penalty error, which defines the trade-off between model simplicity and training error. Parameter \(a\) is the Lagrange multiplier meeting. Parameters \(a\) and \(C\) are detailedly described in the literatures [42, 44]. The capacity to conduct both linear and nonlinear data through the kernel is a valuable characteristic of the SVR. The effectiveness of the optimal model is verified in the process of prediction. In order to optimize the parameters of the SVR model, the cross-validation method is used to search the optimal parameters [41]. The training set is

| Table 1: Characteristics of the subjects. |
|-----------------------------------------|
|                                        |
| Sex (male/female)                      | 15/5       | 14/6       | 0.125     | 0.723a |
| Age (years)                            | 22.75 ± 4.38 | 25.70 ± 4.90 | -2.008    | 0.052b |
| Years of education (years)             | 10.65 ± 2.50 | 12.75 ± 2.95 | -2.428    | 0.020b |
| Dose of olanzapine (mg/day)            | 20.50 ± 1.54 |            |           |        |
| At baseline                            |           |            |           |        |
| PANSS                                  | 103.00 ± 10.79 |        |           |        |
| Positive                               | 22.80 ± 5.82  |        |           |        |
| Negative                               | 27.40 ± 5.42  |        |           |        |
| General                                | 52.80 ± 5.11  |        |           |        |
| TMT-A                                  | 55.09 ± 22.11 |        |           |        |
| BACS-SC                                | 37.85 ± 10.79 |        |           |        |
| HVLT-R                                 | 17.15 ± 3.79  |        |           |        |
| WMS-SS                                 | 11.95 ± 2.65  |        |           |        |
| NAB-M                                  | 9.35 ± 5.66   |        |           |        |
| BVMT-R                                 | 18.35 ± 6.62  |        |           |        |
| CF-ANF                                 | 13.65 ± 3.22  |        |           |        |
| MSCIT                                  | 79.04 ± 9.19  |        |           |        |
| CPT-IP                                 | 1.03 ± 0.56   |        |           |        |
| After 8 weeks of treatment             |           |            |           |        |
| PANSS                                  | 56.05 ± 12.08 |        |           |        |
| Positive                               | 12.30 ± 3.85  |        |           |        |
| Negative                               | 14.55 ± 5.12  |        |           |        |
| General                                | 29.20 ± 5.51  |        |           |        |
| TMT-A                                  | 33.44 ± 11.54 |        |           |        |
| BACS-SC                                | 44.25 ± 11.02 |        |           |        |
| HVLT-R                                 | 22.1 ± 4.09   |        |           |        |
| WMS-SS                                 | 15.1 ± 2.94   |        |           |        |
| NAB-M                                  | 15.95 ± 5.71  |        |           |        |
| BVMT-R                                 | 27.05 ± 5.81  |        |           |        |
| CF-ANF                                 | 17.95 ± 2.26  |        |           |        |
| MSCIT                                  | 90.75 ± 13.28 |        |           |        |
| CPT-IP                                 | 1.80 ± 0.54   |        |           |        |

*The \(p\) values were obtained by the chi-square test. *The \(p\) values were obtained by two-sample \(t\)-tests. PANSS = positive and negative syndrome scale; TMT-A = Trail Making Test, part A; BACS-SC = Brief Assessment of Cognition in Schizophrenia Symbol Coding Test; HVLT-R = Hopkins Verbal Learning Test-Revised; NAB-M = Neuropsychological Assessment Battery-Mazes; WMS-SS = Wechsler Memory Scale Spatial Span; CF-ANF = Category Fluency-Animal Naming Fluency; BVMT-R = Brief Visuospatial Memory Test-Revised; MSCIT = Mayer-Salovey-Caruso Emotional Intelligence Test; CPT-IP = Continuous Performance Test-Identical Pairs.
divided into four equally sized subsets, one of which is tested using predictor training in the remaining three subsets in order to find better values of $\varepsilon$ and $C$. A grid search is performed on a predefined parameter space. Finally, the model with the highest prediction accuracy is adopted (that is, minimum cross-validation error).

### 3. Results

#### 3.1. Demographic and Clinical Characteristics of the Subjects

One patient was excluded because of excessive head movement. The final sample included 20 schizophrenic patients and 20 healthy controls. No significant difference was found between the age and sex ratios of the two groups, but the years of education significantly differed ($p < 0.05$). The mean dosage of olanzapine was $20.50 \pm 1.54$ mg/day (Table 1).

#### 3.2. Improvement of Symptoms after Treatment

The PANSS negative, positive, and general symptom subscale scores and total scores of the patient group after eight weeks of olanzapine therapy significantly improved compared with the baseline scores ($27.40 \pm 5.42$ vs. $14.55 \pm 5.12$, $22.80 \pm 5.82$ vs. $12.30 \pm 3.85$, $52.80 \pm 5.11$ vs. $29.20 \pm 5.51$, and $103.00 \pm 10.79$ vs. $56.05 \pm 12.08$ ($p \leq 0.001$, Table 2). After eight weeks of olanzapine therapy, the cognitive function tests, including TMT-A, BACS-SC, HVLT-R, WMS-SS, NAB-M, BVMT-R, CF-ANF, MSCIT, and CPT-IP, also became significantly improved compared with those at baseline ($55.09 \pm 22.11$ vs. $33.44 \pm 11.54$, $37.85 \pm 10.79$ vs. $44.25 \pm 11.02$, $17.15 \pm 3.79$ vs. $22.10 \pm 4.09$, $11.95 \pm 2.65$ vs. $15.10 \pm 2.94$, $9.35 \pm 5.66$ vs. $15.95 \pm 5.71$, $18.35 \pm 6.62$ vs. $27.05 \pm 5.81$, $13.65 \pm 3.22$ vs. $17.95 \pm 2.26$, $79.04 \pm 9.19$ vs. $90.75 \pm 13.28$, and $1.03 \pm 0.56$ vs. $1.80 \pm 0.54$) ($p \leq 0.001$, Table 2).

#### 3.3. VMHC Results

The patients had significantly decreased VMHC in the orbital inferior frontal gyrus (IFG)/STG, fusiform gyrus/cerebellum VI, STG, middle temporal gyrus (MTG)/angular gyrus, opercular IFG, superior and middle MPFC, precentral gyrus, superior/middle MPFC, precentral gyrus/postcentral gyrus, precuneus, and medial orbital frontal gyrus (FG) and increased VMHC values in the median cingulum gyrus of patients relative to the controls at baseline (Table 2 and Figure 1 present the detailed information). VMHC in the superior/middle MPFC increased after eight weeks of treatment relative to the baseline. The details are offered in Table 2 and Figure 2.

#### 3.4. Correlation Analyses

No correlation was revealed between the abnormal VMHC and PANSS/cognition parameter scores of patients at baseline. No correlation was found between the VMHC alterations and reductions in the PANSS/cognition parameter scores of patients after eight weeks of treatment.

#### 3.5. Classification Analysis through SVR

SVR analysis was performed to explore whether the extracted VMHC values in certain brain regions could predict responses to olanzapine treatment in the patients. The SVR results revealed significantly positive correlations between the baseline VMHC in the superior/middle MPFC and the RRs of PANSS total scores ($r = 0.607$, $p = 0.005$) and positive ($r = 0.906$, $p \leq 0.001$) and negative ($r = 0.774$, $p \leq 0.001$) symptom subscale scores (Figure 3 presents the details). No significant relationship was found between the alterations in VMHC values in the superior/middle MPFC and the RRs of PANSS total and subscale scores.

### Table 2: Alterations of VMHC across patients (at baseline, after 8 weeks of treatment) and controls.

| Cluster location                  | $x$  | $y$  | $Z$  | Cluster (voxel) | $T$ value |
|-----------------------------------|------|------|------|-----------------|-----------|
| Patients at baseline vs. controls |      |      |      |                 |           |
| Orbital IFG/STG                   | ±51  | 21   | -12  | 184             | -3.6668   |
| Fusiform gyrus/cerebellum VI      | ±39  | -42  | -30  | 392             | -3.9664   |
| STG                              | ±54  | -21  | 0    | 118             | -3.7539   |
| MTG/angular gyrus                 | ±45  | -51  | 18   | 200             | -3.3522   |
| Opercular IFG                     | ±63  | 12   | 9    | 84              | -3.4363   |
| Superior MPFC                    | ±27  | 66   | 15   | 70              | -3.4842   |
| Middle MPFC                      | ±30  | 39   | 39   | 64              | -3.6280   |
| Precentral gyrus                  | ±33  | -15  | 36   | 66              | -3.8381   |
| Superior/middle MPFC             | ±21  | 15   | 54   | 92              | -3.2115   |
| Precentral gyrus/postcentral gyrus| ±36  | -27  | 66   | 60              | -2.8298   |
| Precuneus                        | ±0   | -75  | 48   | 200             | -3.0148   |
| Median cingulum gyrus            | ±0   | -18  | 36   | 118             | 3.1627    |
| Medial orbital FG                | ±0   | 39   | -12  | 66              | -2.5950   |
| Patients after 8 weeks vs. at baseline | ±24  | 12   | 51   | 62              | 5.6466    |

VMHC = voxel-mirrored homotopic connectivity; IFG = inferior frontal gyrus; STG = superior temporal gyrus; MPFC = medial prefrontal cortex; FG = frontal gyrus.

Neural Plasticity
4. Discussion

The present results revealed that schizophrenic patients had reduced VMHC in the orbital IFG/STG, fusiform gyrus/cerebellum VI, STG, MTG/angular gyrus, opercular IFG, superior and middle MPFC, superior/middle MPFC, precentral gyrus/postcentral gyrus, precuneus, medial orbital FG, precentral gyrus, and median cingulum gyrus. The color bar represents the $T$ values of the group analysis of VMHC. VMHC = voxel-mirrored homotopic connectivity; IFG = inferior frontal gyrus; STG = superior temporal gyrus; MPFC = medial prefrontal cortex; MTG = middle temporal gyrus; FG = frontal gyrus. Our main findings showed that olanzapine may normalize decreased VMHC in schizophrenic patients, which is consistent with our hypothesis. Schizophrenic patients displayed reduced VMHC in large brain regions at baseline, including TG, IFG, MPFC, and motor and low-level sensory processing regions, which comprised the fusiform gyrus and cerebellum lobule VI. Reduced VMHC in the frontal lobe was normalized by olanzapine treatment. Our previous studies found that patients with recurrent schizophrenia had reduced VMHC in the DMN, including the inferior parietal lobule, precuneus, lingual and fusiform gyri, and cerebellum lobule VI [14]. Hoptman et al. revealed that schizophrenic patients or schizoaffective disorder had reduced VMHC in the thalamus cerebellum and occipital lobe [2]. Meanwhile, significantly low VMHC in the STG/insula, fusiform and precentral gyri, and precuneus have been reported in unmedicated adolescent-onset schizophrenic patients [10]. The baseline results of the present study are consistent with those of the abovementioned...
smaller VMHC provides evidence for the dysconnectivity in homotopic brain regions in schizophrenia. This phenomenon may be related to some of the attention issues observed in schizophrenia.

Olanzapine treatment normalized VMHC in the MPFC after eight weeks of treatment. The frontal cortex has an important role in the formation of concepts, synthesis of information, mental flexibility, self-awareness, and self-monitoring.
monitoring [48] and is one of the key regions that participated in the pathophysiology of schizophrenia [49]. Frontal hypoconnectivity and hypoactivity have been found in untreated schizophrenic patients [25, 50]. The interaction of abnormal functions between the prefrontal cortex and the broadly distributed brain regions, including regions in the DMN, parietal cortex, and temporal regions, has been found in schizophrenic patients at rest and in performing some cognitive tasks, including continuous performance and memory working tasks [51].

The variability of the patterns of abnormal MPFC connectivity in patients is involved with the severity of cognitive function damage and primary symptoms, including hallucinations [52]. Cortical thicknesses across several frontal regions in both hemispheres are reduced in first-episode schizophrenic patients [53]. A review revealed that the changes in the resting-state functional connectivity in frontal regions seem to be in the direction of normalization after antipsychotic therapy when control data are accessible. The alterations observed with antipsychotic treatment are at all times augmented in brain region activation or functional connectivity when control data are unavailable, suggesting that the regulation of the frontal region function is a critical mechanism [54]. Hence, the effects of normalization on VMHC in the frontal cortex may be associated with the benefit of olanzapine therapy.

The SVR results have revealed that the high VMHC values in the MPFC at baseline may predict the positive or negative symptom improvement of PANSS after eight weeks of olanzapine treatment. The precuneus, frontal orbital cortex, and dorsal MPFC are associated with predicting the clinical outcome in posttraumatic stress disorder via fMRI [55]. The hemodynamic activation of the frontotemporal region may predict therapeutic reaction to selective serotonin reuptake inhibitors in MDD [56]. Jiang et al. showed that gray matter of the precuneus and left postcentral gyrus was related to the predictions for electroconvulsive therapy response [57]. The present results revealed that increased VMHC in the superior/middle MPFC can predict clinical therapy response, highlighting the importance of the frontal region activity in antipsychotic treatment, and may account for clinical symptomatic improvement from functional brain imaging.

Previous studies have revealed associations between abnormal brain neural activity and symptom severity in schizophrenia [1, 11]. And we hypothesized that abnormal VMHC values or alterations were correlated with clinical variables in the patients. However, no correlations were found between abnormal VMHC and PANSS/cognition parameter scores of patients at baseline. There were also no correlations between the VMHC alterations and reductions in the PANSS/cognition parameter scores of patients after eight weeks of treatment. One possibility for no correlations was that abnormal VMHC might be a trait alteration for the patients with schizophrenia independent of the clinical symptom severity and illness duration. Another possibility might be a relatively small sample size in the present study.

Several limitations should be considered. First, the sample size was small, which could greatly inflate the false-positive discoveries in the observational data. However, our study had a responsible criterion for inclusion, and some previous longitudinal studies also showed similar sample size [58–61]. With an observational design and in an exploratory or discovery framework, a much bigger sample would be necessary to avoid false discovery. Second, white/grey matter volume abnormalities were not evaluated. Therefore, whether these volume abnormalities caused changes in VMHC remains unclear. Third, because the control group was scanned only at baseline in the present study, a repeated-measure comparison with changes in the control group was absent. Hence, we could not fully attribute these changes to the intervention. However, previous studies have revealed that VMHC is a relatively stable resting-state fMRI metric [62]. Intrindividual fluctuations between baseline (t1) and final scans (t2) on the fMRI measures might be limited in healthy controls. Fourth, previous antipsychotics for the relapsing patients were not recorded. Fifth, a symmetrical standard template was used, and functional images were smoothed to improve the functional coordination between mirrored regions. Given that the human brain is not symmetrical, the effects of brain asymmetry cannot be eliminated although reduced VMHC cannot be interpreted for morphometric asymmetry.

In conclusion, our findings show that olanzapine may enhance VMHC in the superior/middle MPFC, which may predict therapeutic response in clinical symptoms to antipsychotic therapy in schizophrenic patients. Hence, our preliminary findings conduce to the comprehension of the therapy effects of antipsychotic medications on homotopic connectivity in schizophrenia. Of note, as the researches of Chen et al. [63] and Turner et al. [64] suggested, small sample sizes would reduce the reliability and replicability of the results. Hence, a future expanded version of the article should be necessary to give more consistency to the initial results.

**Data Availability**

All data included in this study are available upon request by contact with the corresponding author.

**Conflicts of Interest**

We declare that there is no any potential conflict of interest for this study.

**Authors’ Contributions**

All authors contributed to and approved the final manuscript. Wenbin Guo and Yiqun He designed the study. Xiaoxiao Shan, Rongyuan Liao, Yangpan Ou, Yudan Ding, and Feng Liu collected the original imaging data. Wenbin Guo, Jindong Chen, and Jingping Zhao managed and analyzed the imaging data, and Xiaoxiao Shan wrote the first draft of the manuscript.
Acknowledgments

We thank all the participants. This study was supported by grants from the National Natural Science Foundation of China (Grant Nos. 81771447 and 81630033) and the Natural Science Foundation of Tianjin (Grant No. 18JCQNJC10900).

Supplementary Materials

The detailed information of data acquisition and preprocessing is provided in the supplemental file. (Supplementary Materials)

References

[1] H. J. Li, Y. Xu, K. R. Zhang, M. J. Hoptman, and X. N. Zuo, "Homotopic connectivity in drug-naive, first-episode, early-onset schizophrenia," *Journal of Child Psychology & Psychiatry & Allied Disciplines*, vol. 56, no. 4, pp. 432–443, 2015.

[2] M. J. Hoptman, X. N. Zuo, D. D’Angelo et al., "Decreased interhemispheric coordination in schizophrenia: a resting state fMRI study," *Schizophrenia Research*, vol. 141, no. 1, pp. 1–7, 2012.

[3] S. L. Morrison-Stewart, D. Velikonja, W. C. Corning, and P. Williamson, "Aberrant interhemispheric alpha coherence on electroencephalography in schizophrenic patients during activation tasks," *Psychological Medicine*, vol. 26, no. 3, pp. 605–612, 1996.

[4] T. Endrass, B. Mohr, and B. Rockstroh, "Reduced interhemispheric transmission in schizophrenia patients: evidence from event-related potentials," *Neuroscience Letters*, vol. 320, p. 60, 2002.

[5] K. J. Barnett, I. J. Kirk, and M. C. Corballis, "Bilateral disadvantage: lack of interhemispheric cooperation in schizophrenia," *Consciousness & Cognition*, vol. 16, no. 2, pp. 436–444, 2007.

[6] M. J. Hoptman and R. J. Davidson, "How and why do the two cerebral hemispheres interact?" *Psychological Bulletin*, vol. 116, no. 2, pp. 195–219, 1994.

[7] D. Arnone, A. M. McIntosh, G. M. Y. Tan, and K. P. Ebmeier, "Meta-analysis of magnetic resonance imaging studies of the corpus callosum in schizophrenia," *Schizophrenia Research*, vol. 101, no. 1-3, pp. 124–132, 2008.

[8] M. Kubicki, M. Styner, S. Bouix et al., "Reduced interhemispheric connectivity in schizophrenia-tractography based segmentation of the corpus callosum," *Schizophrenia Research*, vol. 106, no. 2-3, pp. 125–131, 2008.

[9] T. J. Whitford, M. Kubicki, J. S. Schneiderman et al., "Corpus callosum abnormalities and their association with psychotic symptoms in patients with schizophrenia," *Biological Psychiatry*, vol. 68, no. 1, pp. 70–77, 2010.

[10] Y. Liu, W. Guo, Y. Zhang et al., "Decreased resting-state interhemispheric functional connectivity correlated with neurocognitive deficits in drug-naive first-episode adolescent-onset schizophrenia," *The International Journal of Neuropsychopharmacology*, vol. 21, no. 1, pp. 33–41, 2018.

[11] W. Guo, C. Xiao, G. Liu et al., "Decreased resting-state interhemispheric coordination in first-episode, drug-naive paranoid schizophrenia," *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, vol. 48, pp. 14–19, 2014.

[12] W. Guo, J. Jiang, C. Xiao et al., "Decreased resting-state interhemispheric functional connectivity in unaffected siblings of schizophrenia patients," *Schizophrenia Research*, vol. 152, no. 1, pp. 170–175, 2014.

[13] W. Guo, F. Liu, J. Chen et al., "Olanzapine modulation of long- and short-range functional connectivity in the resting brain in a sample of patients with schizophrenia," *European Neuropsychopharmacology*, vol. 27, no. 1, pp. 48–58, 2017.

[14] W. Guo, F. Liu, J. Chen et al., "Treatment effects of olanzapine on homotopic connectivity in drug-free schizophrenia at rest," *World Journal of Biological Psychiatry*, vol. 19, no. 1, pp. S106–S114, 2018.

[15] P. D. Rossi, C. Chiapponi, and G. Spalletta, "Brain functional effects of psychopharmacological treatments in schizophrenia: a network-based functional perspective beyond neurotransmitter systems," *Current Neuropharmacology*, vol. 13, no. 4, pp. 435–444, 2015.

[16] N. M. van Veelen, M. Vink, N. F. Ramsey, M. van Buuren, J. M. Hoogendam, and R. S. Kahn, "Prefrontal lobe dysfunction predicts treatment response in medication-naive first-episode schizophrenia," *Schizophrenia Research*, vol. 129, no. 2-3, pp. 156–162, 2011.

[17] F. Sambataro, G. Blasi, L. Fazio et al., "Treatment with olanzapine is associated with modulation of the default mode network in patients with schizophrenia," *Neuropsychopharmacology*, vol. 35, no. 4, pp. 904–912, 2010.

[18] S. Lui, T. Li, W. Deng et al., "Short-term effects of antipsychotic treatment on cerebral function in drug-naive first-episode schizophrenia revealed by "resting state" functional magnetic resonance imaging," *Archives of General Psychiatry*, vol. 67, no. 8, pp. 783–792, 2010.

[19] S. K. Keedy, C. Rosen, T. Khine, R. Rajarethinam, P. G. Janicak, and J. A. Sweeney, "An fMRI study of visual attention and sensorimotor function before and after antipsychotic treatment in first-episode schizophrenia," *Psychiatry Research Neuroimaging*, vol. 172, no. 1, pp. 16–23, 2009.

[20] G. Blasi, T. Popolizio, P. Taurisano et al., "Changes in prefrontal and amygdala activity during olanzapine treatment in schizophrenia," *Psychiatry Research*, vol. 173, no. 1, pp. 31–38, 2009.

[21] X. N. Zuo, C. Kelly, A. di Martino et al., "Growing together and growing apart: regional and sex differences in the lifespan developmental trajectories of functional homotopy," *Journal of Neuroscience*, vol. 30, no. 45, pp. 15034–15043, 2010.

[22] W. Guo, F. Liu, J. Chen et al., "Family-based case-control study of homotopic connectivity in first-episode, drug-naive schizophrenia at rest," *Scientific Reports*, vol. 7, article 43312, 2017.

[23] W. Guo, F. Liu, Z. Xue et al., "Decreased interhemispheric coordination in treatment-resistant depression: a resting-state fMRI study," *PLoS One*, vol. 8, no. 8, article e71368, 2013.

[24] W. Guo, F. Liu, Y. Dai et al., "Decreased interhemispheric resting-state functional connectivity in first-episode, drug-naive major depressive disorder," *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, vol. 41, pp. 24–29, 2013.

[25] Q. Su, D. Yao, M. Jiang et al., "Decreased interhemispheric functional connectivity in insula and angular gyrus/supramarginal gyrus: significant findings in first-episode, drug-naive somatization disorder," *Psychiatry Research Neuroimaging*, vol. 248, pp. 48–54, 2016.

[26] J. S. Anderson, T. J. Druzel, A. Froehlich et al., "Decreased interhemispheric functional connectivity in autism," *Cerebral Cortex*, vol. 21, no. 5, pp. 1134–1146, 2011.
[27] M. Li, Z. Chen, W. Deng et al., “Volume increases in putamen associated with positive symptom reduction in previously drug-naïve schizophrenia after 6 weeks antipsychotic treatment,” Psychological Medicine, vol. 42, no. 7, pp. 1475–1483, 2012.

[28] N. L. Hutcheson, D. G. Clark, M. S. Bolding, D. M. White, and A. C. Lahti, “Basal ganglia volume in unmedicated patients with schizophrenia is associated with treatment response to antipsychotic medication,” Psychiatry Research Neuroimaging, vol. 221, no. 1, pp. 6–12, 2014.

[29] A. C. Lahti, M. A. Weiler, H. H. Holcomb, C. A. Tammenga, and K. L. Cropsey, “Modulation of limbic circuitry predicts treatment response to antipsychotic medication: a functional imaging study in schizophrenia,” Neuropsychopharmacology, vol. 34, no. 13, pp. 2675–2690, 2009.

[30] H. Li, W. Guo, F. Liu et al., “Enhanced baseline activity in the left ventromedial putamen predicts individual treatment response in drug-naïve, first-episode schizophrenia: results from two independent study samples,” eBioMedicine, vol. 46, pp. 248–255, 2019.

[31] H. Li, Y. Ou, F. Liu et al., “Reduced connectivity in anterior cingulate cortex as an early predictor for treatment response in drug-naïve, first-episode schizophrenia: a global-brain functional connectivity analysis,” Schizophrenia Research, vol. 215, pp. 337–343, 2020.

[32] R. Wu, Y. Ou, F. Liu et al., “Reduced brain activity in the right putamen as an early predictor for treatment response in drug-naïve, first-episode schizophrenia,” Frontiers in Psychiatry, vol. 10, p. 741, 2019.

[33] K. M. Shafritz, T. Ikuta, A. Greene et al., “Frontal lobe functioning during a simple response conflict task in first-episode psychosis and its relationship to treatment response,” Brain Imaging and Behavior, vol. 13, no. 2, pp. 541–553, 2019.

[34] L.-B. Cui, M. Cai, X. R. Wang et al., “Prediction of early response to overall treatment for schizophrenia: a functional magnetic resonance imaging study,” Brain and Behavior, vol. 9, no. 2, article e1211, Article ID e01211, 2019.

[35] P. Dazzan, C. Arango, W. Fleischacker et al., “Magnetic resonance imaging and the prediction of outcome in first-episode schizophrenia: a review of current evidence and directions for future research,” Schizophrenia Bulletin, vol. 41, no. 3, pp. 574–583, 2015.

[36] V. Kumari, E. R. Peters, D. Fannon et al., “Dorsolateral prefrontal cortical activity predicts responsiveness to cognitive-behavioral therapy in schizophrenia,” Biological Psychiatry, vol. 66, no. 6, pp. 594–602, 2009.

[37] X. X. Shan, Y. P. Ou, P. Pan et al., “Increased frontal gray matter volume in individuals with prodromal psychosis,” CNS Neuroscience & Therapeutics, vol. 25, no. 9, pp. 987–994, 2019.

[38] S. Wang, Y. Zhan, Y. Zhang et al., “Abnormal long- and short-range functional connectivity in adolescent-onset schizophrenia patients: a resting-state fMRI study,” Progress in Neuro-Psychopharmacology & Biological Psychiatry, vol. 81, pp. 445–451, 2018.

[39] P. Li, R. X. Jing, R. J. Zhao et al., “Electroconvulsive therapy-induced brain functional connectivity predicts therapeutic efficacy in patients with schizophrenia: a multivariate pattern recognition study,” NPJ Schizophrenia, vol. 3, no. 1, p. 21, 2017.

[40] R. Redlich, N. Opel, D. Grotegerd et al., “Prediction of individual response to electroconvulsive therapy via machine learning on structural magnetic resonance imaging data,” JAMA Psychiatry, vol. 73, no. 6, pp. 557–564, 2016.

[41] A. M. Andrew, An Introduction to Support Vector Machines and Other Kernel-Based Learning Methods, Cambridge University Press, Cambridge, 2000.

[42] J. A. K. Suykens, T. V. Gestel, J. D. Brabanter, B. De Moor, and J. P. L. Vandewalle, “Least squares support vector machines,” International Journal of Circuit Theory and Applications, vol. 27, pp. 605–615, 2002.

[43] F. F. Abdallah, H. W. Darwish, I. A. Darwish, and I. A. Naguib, “Orthogonal projection to latent structures and first derivative for manipulation of PLSR and SVR chemometric models’ prediction: a case study,” PLoS One, vol. 14, no. 9, article e222197, Article ID e0222197, 2019.

[44] S. Zomer, “Support vector machines: a recent method for classification in chemometrics,” Critical Reviews in Analytical Chemistry, vol. 36, pp. 177–188, 2006.

[45] A. Belger and M. T. Banich, “Interhemispheric interaction affected by computational complexity,” Neuropsychologia, vol. 30, no. 10, pp. 923–929, 1992.

[46] J. Levy and C. Trevarthen, “Metacognition of hemispheric function in human split-brain patients,” Journal of Experimental Psychology. Human Perception and Performance, vol. 2, no. 3, pp. 299–312, 1976.

[47] S. J. Dimond, “Tactual and auditory vigilance in split-brain man,” Journal of Neurology, Neurosurgery, and Psychiatry, vol. 42, no. 1, pp. 70–74, 1979.

[48] K. D. Morgan, P. Dazzan, C. Morgan et al., “Insight, grey matter and cognitive function in first-onset psychosis,” The British Journal of Psychiatry, vol. 197, no. 2, pp. 141–148, 2010.

[49] M. P. van den Heuvel and A. Fornito, “Brain networks in schizophrenia,” Neuropsychology Review, vol. 24, no. 1, pp. 32–48, 2014.

[50] N. C. Andreasen, K. Rezai, R. Alliger et al., “Hypofrontality in neuroleptic-naïve patients and in patients with chronic schizophrenia. Assessment with xenon 133 single-photon emission computed tomography and the Tower of London,” Archives of General Psychiatry, vol. 49, no. 12, pp. 943–958, 1992.

[51] S. R. Cox, K. J. Fergusson, N. A. Royle et al., “A systematic review of brain frontal lobe parcellation techniques in magnetic resonance imaging,” Brain Structure & Function, vol. 219, no. 1, pp. 1–22, 2014.

[52] Y. Zhou, L. Fan, C. Qiu, and T. Jiang, “Prefrontal cortex and the dysconnectivity hypothesis of schizophrenia,” Neuroscience Bulletin, vol. 31, no. 2, pp. 207–219, 2015.

[53] L. Asmal, S. du Plessis, M. Vink, B. Chiliza, S. Killan, and R. Emsley, “Symptom attribution and frontal cortical thickness in first-episode schizophrenia,” Early Intervention in Psychiatry, vol. 12, no. 4, pp. 652–659, 2018.

[54] A. S. Kani, A. K. Shinn, K. E. Lewandowski, and D. Öngür, “Converging effects of diverse treatment modalities on frontal cortex in schizophrenia: a review of longitudinal functional magnetic resonance imaging studies,” Journal of Psychiatric Research, vol. 84, pp. 256–276, 2017.

[55] M. Yuan, C. Qiu, Y. Meng et al., “Pre-treatment resting-state functional MR imaging predicts the long-term clinical outcome after short-term paroxetine treatment in post-traumatic stress disorder,” Frontiers in Psychiatry, vol. 9, 2018.

[56] K. Masuda, M. Nakanishi, K. Okamoto et al., “Different functioning of prefrontal cortex predicts treatment response after a selective serotonin reuptake inhibitor treatment in patients with schizophrenia,” Archives of General Psychiatry, vol. 63, no. 7, pp. 714–721, 2006.
with major depression,” *Journal of Affective Disorders*, vol. 214, pp. 44–52, 2017.

[57] R. Jiang, C. C. Abbott, T. Jiang et al., “SMRI biomarkers predict electroconvulsive treatment outcomes: accuracy with independent data sets,” *Neuropsychopharmacology*, vol. 43, no. 5, pp. 1078–1087, 2018.

[58] J. A. Hadley, R. Nenert, N. V. Kraguljac et al., “Ventral tegmental area/midbrain functional connectivity and response to antipsychotic medication in schizophrenia,” *Neuropsychopharmacology*, vol. 39, no. 4, pp. 1020–1030, 2014.

[59] N. V. Kraguljac, D. M. White, N. Hadley et al., “Aberrant hippocampal connectivity in unmedicated patients with schizophrenia and effects of antipsychotic medication: a longitudinal resting state functional MRI study,” *Schizophrenia Bulletin*, vol. 42, no. 4, pp. 1046–1055, 2016.

[60] F. Li, S. Lui, L. Yao et al., “Longitudinal changes in resting-state cerebral activity in patients with first-episode schizophrenia: a 1-year follow-up functional MR imaging study,” *Radiology*, vol. 279, no. 3, pp. 867–875, 2016.

[61] S. Wulff, M. O. Nielsen, E. Rostrup et al., “The relation between dopamine D2 receptor blockade and the brain reward system: a longitudinal study of first-episode schizophrenia patients,” *Psychological Medicine*, vol. 50, no. 2, pp. 220–228, 2020.

[62] X. N. Zuo and X. X. Xing, “Test-retest reliabilities of resting-state fMRI measurements in human brain functional connectomics: a systems neuroscience perspective,” *Neuroscience and Biobehavioral Reviews*, vol. 45, pp. 100–118, 2014.

[63] X. Chen, B. Lu, and C. G. Yan, “Reproducibility of R-fMRI metrics on the impact of different strategies for multiple comparison correction and sample sizes,” *Human Brain Mapping*, vol. 39, no. 1, pp. 300–318, 2018.

[64] B. O. Turner, E. J. Paul, M. B. Miller, and A. K. Barbey, “Small sample sizes reduce the replicability of task-based fMRI studies,” *Communications Biology*, vol. 1, no. 1, p. 62, 2018.