Two modes of exocytosis in an artificial cell

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The details of exocytosis, the vital cell process of neuronal communication, are still under debate with two generally accepted scenarios. The first mode of release involves secretory vesicles distending into the cell membrane to release the complete vesicle contents. The second involves partial release of the vesicle content through an intermittent fusion pore, or an opened or partially distended fusion pore. Here we show that both full and partial release can be mimicked with a single large-scale cell model for exocytosis composed of material from blebbing cell plasma membrane. The apparent switching mechanism for determining the mode of release is demonstrated to be related to membrane tension that can be differentially induced during artificial exocytosis. These results suggest that the partial distension mode might correspond to an extended kiss-and-run mechanism of release from secretory cells, which has been proposed as a major pathway of exocytosis in neurons and neuroendocrine cells.

The primary route of neuronal communication involves the extracellular release of small neurotransmitter molecules that are packaged in secretory vesicles. Chemical release is accomplished via fusion of these vesicles with the cell membrane in a process known as exocytosis. A model of exocytosis in membrane blebs from live cells is presented here demonstrating release via two distinct exocytosis mechanisms resulting in either full or partial release.

It was initially assumed that the vesicle completely collapses into the cell membrane following fusion and thereby releases its entire content. However, there is evidence that vesicles often fuse in a kiss-and-run mechanism, where release occurs though a pore followed by its re-sealing1–6. Recent results from our group and others suggest that transient fusion with an extended release of part of the vesicle content is in fact the predominant form of release in model cell types7–10. Omiatek et al developed a method termed electrochemical cytometry to measure the neurotransmitter content of single vesicles11. When the method was applied to PC12 cells, the amount contained in the vesicles was found to be significantly larger than the amount released per single exocytosis event as measured with amperometry9. In fact, an average of 40% of the vesicle content appears to be released in a typical exocytosis event in these cells. The method has also been used to analyze the dopamine content of rat striatal vesicles with the finding that the average vesicle contains significantly more neurotransmitter than previously estimated based on amount expelled, indicating fractional release from these cells as well10. Further supporting the idea of partial release, the amount of transmitter released has been shown to be altered rapidly by external factors that are not likely to affect loading and recruitment of vesicles12–15. We have recently presented evidence for exocytosis to occur through an extended kiss-and-run mechanism where the initial nanometer sized fusion pore is believed to expand transiently to then reform into a nanotube following release8. It is likely that exocytosis in cells occurs through several different release modes; however, it would be of great interest to determine which mode is the dominant one and what factors dictate and regulate the mode of release that is employed.

We have previously established a minimalistic artificial cell model to study the membrane dynamics of the exocytotic process16,17. These model systems are large compared to the structures involved in exocytosis, however the effects of membrane properties of this artificial system should scale down to the smaller real system. One important property that might not translate well from the living system is the effect of spontaneous curvature as the model system contains much less curvature by virtue of the larger size. The method was developed using soybean lipid giant unilamellar vesicles (GUVs). In this model, a micropipette is electroporated through both walls of the vesicle. The pipette is then retracted back into the vesicle, bringing with it a lipid nanotube. When pressure is applied though the micropipette, a daughter liposome is formed from the nanotube. This assembly,
consisting of a daughter liposome, a nanotube, and a GUV simulates the secretory vesicle, the fusion pore, and the plasma membrane structure formed during exocytosis. The daughter liposome is micro-injected with a solution containing the electroactive neurotransmitter molecule dopamine. The vesicle is inflated until the full distention of the nanotube into the giant liposome occurs resulting in the complete release of the vesicle content, mimicking the final stages of exocytosis. Chemical release in these events can be studied using amperometry at a carbon fiber electrode placed against the giant liposome at the position of release. This results in a peak similar to recordings at cells undergoing exocytosis for attomoles of artificial transmitter released. Much knowledge of the exocytotic process can be gained through the exploration of artificial cell models; however, present models of vesicle fusion and exocytotic release mimic the full distension mode with complete release of the vesicle content.

In this paper we investigate release of neurotransmitter using an artificial cell constructed from PC12 cell plasma membrane vesicles, also referred to as blebs, to observe two distinct modes of release, full and partial distension of the fusion pore. By applying our method to PC12 cell blebs we are able to take our model one step closer to the conditions in the living cell giving us further insights into the vital process of neurotransmitter release. The partial distension mode demonstrates the ease with which the membrane forms these structures that mimic the recently presented, but still controversial, mode of extended kiss-and-run where the fusion pore is hypothesized to only transiently expand. Furthermore, these observations provide us with an advanced artificial system for studying both full and partial release of the vesicle content, possibly corresponding to the full and kiss-and-run exocytosis that is believed to occur in most secretory cells.

Results

Observation of two release modes during artificial exocytosis. We employ an artificial cell model previously developed using pure soy lipid preparations to study expansion of the fusion pore formed during exocytosis and the subsequent release of neurotransmitter. In this paper we use plasma membrane vesicles, also commonly referred to as blebs, from PC12 cells to construct our artificial cell and vesicle membrane. Blebs have been shown to possess a lipid composition representative of the plasma membrane, however, it is not clear whether the membrane keeps its asymmetric distribution of phospholipids with respect to the two bilayers. The method used here for bleb formation, a combination of formaldehyde and dithiothreitol (DTT), has previously been shown to minimize the formation of protein aggregates on the bleb surface. While the functionality of membrane proteins is not relevant to our experiments, as we are studying a minimalistic model of exocytosis that is independent of protein function, this fact is still important, since aggregation of surface components would most likely result in an altered membrane behavior.

A schematic of the experimental design and a picture of a plasma membrane vesicle under manipulation are shown in Figure 1. The small size of the plasma membrane vesicle inherently makes the daughter vesicles smaller than the vesicles that are formed when using GUVs. The plasma membrane vesicles have an average diameter of approximately 10 µm, whereas the daughter vesicles formed range from 1 to 4 µm in diameter. In comparison to chemical release from vesicles in the GUV model, release from the smaller plasma membrane vesicles result in faster release kinetics. The small-scale system and the fast kinetics make the visual observation of the membrane during release difficult. However, a large fraction of the events can be visually inspected. These observations lead to the finding that release in this model occurs through two distinct mechanisms. One mode, that we term full distension occurs when the nanotube connecting the daughter vesicle to the artificial cell membrane is completely extinguished, as the vesicle grows larger under pressure (Figure 2a). This results in the complete distension of the nanotube until it forms a frustum shaped connection between the pipette and the cell membrane. The frustum then reforms into a nanotube, leading to the expulsion of the entire vesicle content. The nanotube is again filled from the pipette tip end and fuses repeatedly in this manner. The second mode of release observed is one that to our knowledge has not been observed in previous model systems of exocytosis. In these events, the spherical part of the vesicle never reaches the cell membrane, but instead releases some of its content in a burst before it can accomplish full distension. We refer to this release mode as partial distension since the nanotube does not distend completely. Instead a wider tube is transiently formed, allowing partial release of the vesicle content. The result, as the pore again collapses into a nanotube, is a smaller vesicle still present at the tip of the micropipette and, importantly, only part of the content is released. This smaller vesicle is then refilled and the system fuses repeatedly this way (Figure 2b).

Complete and partial distension modes display distinct release kinetics. The release of dopamine from the artificial cell was monitored with carbon fiber amperometry. The release events were first analyzed based on our visual observations. This led to the assignment of two groups of events; one type that released through full distention of the nanotube and one that released through partial distension. The visual event assignments were then used to categorize the collected amperometric traces. In general it was rare to observe a full distension event in a trace containing partial events and likewise a partial distension event in a full release trace. Representative amperometric traces as well as the average amperometric peaks of the two release modes based on the visual characterization are shown in Figure 3. The amperometric peak, in addition to revealing the number of molecules released, provides
detailed information on the kinetics of the release event with millisecond time resolution. The peaks were analyzed for peak current, half width ($t_{1/2}$), identified as the width of the peak at half its maximum, rise time, which was defined as the time of rise from 25% to 75% of the peak height and fall time, equally defined as the time between 75% and 25% of the height of the peak. The average peaks for full versus partial opening display distinctly different kinetics and amounts of release with partial distension events releasing less neurotransmitter and having slower release kinetics when compared to the full distension events.

Amperometric peak characteristics distinguish between two exocytosis modes. Full peak width at half maximum, or half width, was plotted vs. the amount released to determine if the visual assignments of exocytosis modes correlated to two kinetically distinct modes of release. The half width of the release peak provides information about the duration of the event whereas the number of molecules released relates to the size of the vesicle. These data are plotted in Figure 4a showing two distinct populations; one with large half widths and small released amounts and one with small half widths and large amounts released. It appears that these two peak populations represent partial and full distension, respectively. In support of this hypothesis, we examined the initial assignments on an individual basis and found that they are generally accurate.

Figure 2 | Schematic and micrographs of the two release modes. (a). The full distension mode, where the vesicle opens up to a frustum, which then collapses into a nanotube resulting in the complete release of the vesicle content. Scale bars, 1 μm. (b). The partial distension mode where the nanotube opens up to a larger pore followed by its re-closing to a nanotube. The partial distension results in incomplete release of the vesicle content. Scale bars, 1 μm.

Figure 3 | Representative traces and average peaks from the two modes of release. The average amperometric peaks for release though full (red) and partial (blue) distension plotted together with SEM. The inset shows representative amperometric traces for the two modes of release. Data were collected from 11 plasma membrane vesicles where recordings from 2 of these vesicles were defined as full release and 9 of them as partial release.
However, these data were used to reassign some traces to the other mode. It is clearly difficult to define the event mode visually with 100% accuracy given the small sizes of the vesicles. The reassigned average peaks are displayed in Figure 4B showing an even greater distinction between the partial and full release modes.

Figure 5 shows data for three different spike parameters vs. the number of molecules detected at the electrode. The amount released is used here as an approximation of vesicle size as it is observed that for larger vesicles a larger amount is released, even in the case of partial distension events. First, rise time is compared to released amount; this parameter provides information about the opening stage of the pore. The data show no obvious trend; however, there is more variation in the partial release population. The next parameter compared is the peak height. The peak height represents the maximum flux and should indicate the maximum diameter of the fusion pore. This plot shows that the full release events increase the flux of dopamine as larger amounts are released. In contrast, the flux during partial release events is fairly constant. Finally, the fall time, which is taken as an indication of diffusion from the distended vesicle in the full fusion model and as pore closure in the partial release model has been examined. Here a strong relationship is observed between the amount released and the fall time in the partial case, whereas the relationship is less pronounced for vesicles undergoing full distention.

Investigating membrane tension as a switching mechanism between the two modes of release. In previous work using artificial cells constructed from GUV membrane only the full distension mode of release has been observed. One aspect that separates the cell model system used in this work in comparison to the GUV system is a larger influence of membrane tension in the cell plasma membrane during the artificial exocytosis. The bleb is comprised of the membrane from a single cell and therefore has a finite surface area. Consequently, manipulation of the bleb system causes changes in tension, which can influence the release mode.

In an attempt to investigate a possible regulating function of membrane tension in determining the release mode we studied release from two different sizes of daughter vesicles formed from the same bleb with the hypothesis that the differences in membrane tension between the two systems would result in different release modes. The smaller daughter vesicles comprised 1–2% of the entire bleb membrane area while the larger daughter vesicles constituted 4–13% of the membrane area. The average amperometric peak characteristics are shown in Figure 6 where the peaks recorded from the smaller daughter vesicle are faster with higher amplitudes than the peaks recorded from the larger vesicle.

Discussion
Current models of cellular exocytosis predominately investigate and assume the full distension type of release. The kinetics of this mode of release depends on a single opening event. Transient fusion with partial release of the vesicle content is known to frequently occur in secretory cells and neurons, and recent findings suggest that an extended form of kiss-and-run where the initial fusion pore expands only transiently, releasing a major part of the vesicle content, might be a major form of release in secretory cells8–10. In this mode of release, the kinetics are determined by two processes; fusion pore opening and closing. The observation of a second mode of release in our model is exciting as it shows the simplicity of this event taking place in the biological system and it can be used to study the parallel
suggested that lipid composition might play a role here. The peak height represents the maximum flux of neurotransmitter through the pore, and it follows that the partial release events are fairly uniform. The peak height of the partial release events is too large for full distention. Below this threshold in vesicle size, there is a limited amount of membrane to provide new material to the daughter vesicle. Thus, in this situation partial distention is observed.

Interestingly, the artificial plasma membrane vesicle exocytosis experiment can be used to determine the factors that dictate the mode of release. Since the partial distension mode is not normally observed in artificial models of exocytosis, we were interested in investigating what separates the cell model system used here from previously used ones. Based on the limited amount of membrane material in our model, we hypothesised that membrane tension is a regulating factor. One aspect that affects the tension in the plasma membrane is the size of the bleb. Since the daughter vesicles formed all range in size between 1 and 3 μm in diameter, a plasma membrane vesicle with a larger membrane surface area will result in a lower increase in tension during self-expansion. If the membrane tension would determine the differential amount indicating again that some independent factor might determine the rate of pore expansion.

It appears that membrane tension is the determinant of release mode but the system is of course, also subject to other important forces such as hydrostatic pressure and membrane bending. The release mode will reflect a balance between all of the relevant forces. As noted, membrane bending energy makes the nanotube a stable energy minimum. Clearly, this minimum is realized only when the membrane stretching component significantly.

The magnitude of the membrane stretching component significantly. Thus, in this situation partial distention is observed. The hydrostatic pressure difference between the inside of the daughter vesicle and the outside of the bleb, together with the tension gradient, will force the nanotube to open in both modes, with constant hydrostatic pressure and gradient (conditions here) the membrane tension would determine the differential mode.

The concept of membrane tension as a driver for partial distention is demonstrated with a model in Figure 7. The inflation of the daughter vesicle induces Marangoni flow of lipid toward the pipette (Figure 7a). This accommodates the expanded surface and minimizes the increase in membrane tension caused during inflation. If there is no corresponding increase in lipid material, daughter vesicle expansion will be accompanied by increased tension over the entire system (Figure 7b). Plasma membranes can be expanded by approximately 2–3% in surface area without rupturing. The daughter vesicles created here (1 to 3 μm diameter) contain approximately...
4% of the total system membrane surface, in good agreement with this. When this tension is exceeded, the daughter vesicle cannot grow further and, hence, the nanotube expands into a toroid (Figure 7c). Content from the daughter vesicle is then released in a short burst. This shrinks the daughter vesicle diameter relieving membrane tension (Figure 7d). As the membrane tension equalizes over the system, the tube shrinks again to a nanotube (Figure 7e) corresponding to a state of minimum energy24. Once the tube is re-established the artificial exocytosis process starts over again (Figure 7f).

To test this model, we performed a separate experiment where the same bleb was used to study release from a small daughter vesicle and a large one. The formation of the small vesicle used between 1 and 2% of the total bleb membrane while the large vesicle comprised between 4 and 13% of the entire bleb membrane, placing the two structures on opposite sides of the hypothesized 2–3% limit. The amperometric results show that the release events from the smaller vesicle display the characteristics of full distension events with large peak currents and fast release dynamics while release from the larger vesicle is slower with lower peak heights indicating partial release. Furthermore, the amount released from the large set of vesicles was 1.6 times larger than the amount released from the smaller vesicles. This supports the hypothesis of large vesicle formation resulting in partial release and small vesicles releasing their full content as the difference in volume between the vesicle groups should theoretically result in a 12 time difference in released amount if they occurred through the same mode. These results are consistent with our proposed model suggesting that membrane tension dictates the mode of release. The data suggest that when the tension differential is high between the releasing vesicle and the cell, the release event is governed by an open-and-closed mechanism. Membrane tension driving the opening of the fusion pore and release is not surprising25,26. However, the data and model shown here suggest a mechanism for the membrane pore closing again. The artificial cell experimental paradigm has the unique ability to interrogate and isolate the independent factors controlling the two release modes and furthermore suggests membrane tension as a key player in regulation of the fusion pore dynamics during exocytosis.

In conclusion, we present an artificial model for exocytosis constructed from plasma membrane material obtained from a living cell. With video microscopy and simultaneous amperometric detection of vesicular dopamine release from this cell, two different modes of artificial exocytosis are observed. One that approximates the classic full distension of the vesicle membrane, and one that is similar to kiss-and-run exocytosis, but extended in time and opening. In our artificial cell, the membrane must expand to accommodate the filling of the daughter vesicle. The increase in tension caused by this expansion may cause a premature pore opening, which is simulated as a partial release event. The mode of release that occurs in this model appears to be dictated by the membrane tension. The partial distension mode is further shown to regulate the amount released by altering the time that it takes to close the pore. This model is attractive as the membrane retains much of its initial composition, making it a more lifelike system as compared to the lipid extract commonly used in models such as this.

Methods

Cell culture and formation of plasma membrane blebs. PC12 cells were obtained from the American Type Tissue Culture Collection and maintained as previously described27. Briefly, cells were cultured on collagen type IV coated glass slides (BD BioCoat™) and sub cultured when confluence was reached approximately every 7 days. Cells were grown in RPMI-1640 medium supplemented with 10% donor horse serum and 5% fetal bovine serum. The medium was changed every 2-3 days. For experiments, cells were plated on glass bottom dishes (Wilco Wells) coated with collagen type IV (Sigma Aldrich). Formation of plasma membrane vesicles was induced by a 30 min incubation of the cells in a blebbing solution (25 mM formaldehyde, 2 mM dithiothreitol (DTT), 10 mM HEPES, 2 mM CaCl2 and 150 mM NaCl, pH 7.4)28. After incubation, the cells were washed three times in HEPES buffer (10 mM HEPES, 140 mM NaCl, 1 mM CaCl2, 5 mM KCl and 1 mM MgCl2, 10 mM D-glucose, pH 7.4) and finally 2 mL of HEPES buffer was added for experiments.

Artificial release in blebs. Experiments were performed as previously described29. Briefly, a micropipette (o.d. 1 mm, i.d. 0.78 mm, with filament; Harvard Apparatus, Holliston, MA) was pulled on a commercial filament puller (P-1000; Sutter Instrument Co., Novato, CA) using a Type C program yielding pipettes 0.8–0.5 μm and 40–80 MΩ ohm. The resistance was periodically measured using an axoscope 200 B and was found to consistently fall within this range. The pipette was electro-inserted into a plasma membrane vesicle and further electroporated through the second membrane of the vesicle so that the pipette tip was sticking out through the membrane on the opposite side of the insertion. The pipette was then retracted back through the second membrane, bringing with it a tube of lipid. This nanometric tube connects the inside of the pipette with the outside of the bleb. By applying a constant backpressure of 40–50 hPa through the pipette, using a Femtotetra microinjector (Eppendorf/Brinkmann Instruments, Hauppauge, NY), the tube was inflated to form a vesicle at the tip of the pipette. Prior to experiments, the pipette was backfilled with 50 mM dopamine dissolved in a buffer solution (5 mM Trizma base, 15 mM K2PO4, 30 mM KH2PO4, 10 mM K2HPO4, 0.5 mM EDTA and 1 mM MgSO4, at pH 7.4).

Carbon fiber amperometry. Release from plasma membrane vesicles was studied using amperometry at a carbon fiber microelectrode placed at the exit of the nanotube. The microelectrodes were constructed by aspirating a 5-μm carbon fiber into a glass capillary (o.d. 1.2 mm i.d. 0.69 mm, no filament; Sutter Instrument Co., Novato, CA). The capillary was pulled with a commercial micropipette puller (PE-21, Narishige, Japan) producing two fiber-containing pipettes. The protruding carbon fiber was cut with a scalpel close to the glass tip and dipped into freshly made epoxy (EpoTek 301, Billerica, MA) for 1 min, creating a seal between the carbon fiber and the tube. The epoxy was allowed to cure and the electrodes were then polished at a 45° angle on a commercial micropipette beveler (Narishige, Japan) and backfilled with 3 M KC130. Prior to experiments, electrodes were tested in 100 mM dopamine solution and only electrodes with stable I–E curves were used. For amperometric measurements, the electrode was held at 700 mV vs. a silver/silver chloride reference electrode (World Precision Instruments, Inc., Sarasota, FL) using a commercial instrument (Axopatch 200B; Axon Instruments, Foster City, CA). The signal was digitized at 5 kHz and filtered with an internal lowpass Bessel filter at 2 kHz. The signal was displayed in real time (Axoscope 8.1; Axon Instruments) and stored digitally.

Microscopy. Experiments were monitored using an Olympus IX-71 or IX-81 microscope (Olympus, Melville, NY) with a 40× oil objective (Olympus, UAPo/40 0× oil iris, NA 1.35). Differential interference contrast (DIC) was utilized for a pseudo-three dimensional appearance and contrast enhancement of the bleb. An Olympus SC20 digital color camera interfaced to a personal computer with the Cell-A software (Olympus, Hamburg, Germany) was used for visual recording of the experiments.

Data analysis and statistics. The amperometric data were analyzed in Igor Pro 6 (Version 6.2.2.0; WaveMetrics, Lake Oswego, OR) using an Igor Procedure File designed for analysis of quantal release by the group of David Sulzer31. Vesicle size measurements were performed with the NIH developed ImageJ software (Olympus, IX-81; Axon Instruments) and digitally stored.

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L.J.M. and N.N. performed all experiments. M.E.K., L.J.M. and J.D. analysed and interpreted the data; L.J.M., M.E.K. and J.D. prepared all the figures. L.J.M., N.N., M.E.K. and A.S.C. designed the experiments for the development of the artificial cell model using blebbing cell plasma membrane. L.J.M. and M.E.K. wrote the main part of the manuscript together with A.G.E. and A.S.C. All authors read and approved the manuscript.

Additional information
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