Electromagnetic simulation and microwave circuit approach of heat transport in superconducting qubits

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Keywords: quantum thermodynamics, superconducting qubits, photonic heat transport, quantum information, electromagnetic simulation, Sonnet, superconducting circuits

Abstract
The study of quantum heat transport in superconducting circuits is significant for further understanding the connection between quantum mechanics and thermodynamics, and for possible applications for quantum information. The first experimental realisations of devices demonstrating photonic heat transport mediated by a qubit have already been designed and measured. Motivated by the analysis of such experimental results, and for future experimental designs, we numerically evaluate the photonic heat transport of qubit-resonator devices in the linear circuit regime through electromagnetic simulations using Sonnet software, and compare with microwave circuit theory. We show that the method is a powerful tool to calculate heat transport and predict unwanted parasitic resonances and background.

1. Introduction

Circuit quantum thermodynamics (cQTD) studies thermodynamics of a quantum system interacting with dissipative environments, theorised and/or realised in the platform of superconducting and normal-metal circuits [1, 2]. Understanding the processes underpinning thermal transport in such mesoscopic structures has significant potential to further our understanding of quantum thermodynamics [3-7] and for applications in quantum information devices, for example in the circuit’s heat management [8, 9] and thermal memory [10]. Superconducting circuits present a practical, controllable platform in which to realise such quantum thermal devices [2, 11, 12]. Josephson-junction elements form quantum bits (qubit) or multi-level systems that can be strongly and controllably tuned to interact with microwave photons stored in a superconducting resonator [13, 14]. The inclusion of resistive normal-metal elements in the resonator, whose electronic temperature can be controlled and monitored, provides sources of thermal photons and, acts as a sensor of transferred power.

Practical heat transport devices have been realized, advancing our understanding of quantum thermodynamics. Experiments have measured photonic heat flow between two resistors through a superconducting quantum interference device (SQUID) in various configurations, indicating quantum limited photonic thermal conductance [15-20]. This quantum-limited heat conduction is also observed across two resistors separated by 1 meter transmission line long distance [21]. Further efforts saw studies of the heat flux mediated by a qubit embedded between two microwave cavities. By utilising symmetric and asymmetric resonators, this led to the realisation of the ‘quantum heat valve’ (QHV) [22] and ‘quantum heat rectifier’ (QHR) [23] respectively. More recently, by coupling a third microwave cavity to a flux qubit, heat transport in a three-terminal device has been realised [24].

As the experiments of cQTD progress to be more sophisticated, it becomes increasingly important for experimentalists to have the practical tools they need to accurately design the next generation of quantum heat devices. Until now, models of quantum heat transport have focused on so-called ‘lumped-element’ approximations [24, 25], treating structures as ideal rather than considering a specific full geometry.

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Furthermore, in the limit of strong coupling to the dissipative elements, the effects of coherence are suppressed and circuits can be modelled using linearised circuit elements, with remarkable success [25].

In this work, we present a guide towards simulating heat transport in cQTD platforms employing the finite-element method (FEM) within the software package Sonnet [26]. Sonnet is a software package which can solve electromagnetic propagation in planar structures using a finite element method, and is widely utilised to design superconducting circuits. For example, it has been used to efficiently determine the quality factor and resonance frequency of a superconducting micro-resonator [27], simulating radiation loss in a superconducting circuit sensor [28], and for designing an on-chip superconducting filter [29, 30]. Inspired by the use of FEM methods in designing quantum processing units in the field of quantum information processing, we describe the first applications of such techniques to the design of quantum thermal hardware. More specifically, we simulate a QHV device using a FEM method, and precisely predict the expected heat currents. We go on to compare our results to the distributed microwave circuit theory. In the future, much more complicated systems are expected to exist to realise such quantum heat engines.

2. Heat transport through a linear circuit

Here we consider a generalised two-port thermal device to compute the heat transport across the device. The internal structure of the device can in-principle contain any combination of qubits, resonators, on-chip filters, capacitors, inductors, etc., which we call the ‘black-box’, situated between an input and output microwave-port that are terminated by resistors $R_1$ and $R_2$. Both of them generate a source voltage spectrum, $S_{V_n}(f)$, for $n = 1, 2$. At finite temperature due to thermal agitations [31, 32], the metal resistor produces a voltage spectral density from the fluctuations given by [12]

$$S_{V_n}(f) = \frac{2R_n hf}{1 - e^{-hf/kT_n}},$$

where $R_n$ and $T_n$ are the resistance and the temperature of the resistor $n$ respectively. The voltage noise $S_{V_n}(f)$ across the resistor $R_2$ is related to the input noise $S_{V_2}(f)$ by the formula

$$S_{V_2}(f) = |H(f)|^2 S_{V_1}(f),$$

where we define the voltage transfer function, $H(f)$, as the ratio of the load voltage $V_L$ at port 2 and source voltage $V_S$ at port 1. Furthermore, the voltage transfer function can be recast in-terms of the more familiar scattering parameter ($S_{21}$), using equation (A9), (detailed derivation is discussed in appendix A)

$$S_{P_2}(f) = \frac{1}{4R_2} |S_{21}(f)|^2 S_{V_1}(f),$$

where $S_{P_2}(f) = S_{V_2}(f)/R_2$ is the power-spectral density. The transmission $S_{21} = \sqrt{R_1} V_2^+ / \sqrt{R_2} V_1^+$ is normalised voltage wave ratio, where $V_2^+$ and $V_1^+$ are the incident wave from port 1 and the total wave toward port 2, respectively. The thermal voltage spectrum is an even function, the incident power on resistor 2 from resistor 1 is then given by

$$P_2 = \int_{-\infty}^{\infty} df S_{P_2}(f) = \frac{1}{2R_1} \int_{0}^{\infty} df |S_{21}(f)|^4 S_{V_1}(f),$$

$$= \int_{0}^{\infty} df hf |S_{21}(f)|^2 (n_2(f) + 1/2),$$

where $n_2(f) = 1/(e^{hf/kT_2} - 1)$ is the Bose-function describing the thermal photon population. Using a symmetric argument for the incident power from resistor 2 back on resistor 1, along with reciprocity $S_{12} = S_{21}$, we can now write the total heat flow as

$$B_{\text{net}} = P_2 - P_1 = \int_{0}^{\infty} df hf |S_{21}(f)|^2 (n_1(f) - n_2(f)),$$

which is a Landauer type equation [33, 34], where $\tau(f) = |S_{21}(f)|^2$ is the photon transmission coefficient. We now see that solving the heat flow through an arbitrary black-box can be reduced to simply solving its scattering parameters.

In a superconducting circuit, in the case of a QHV of [22], the black-box consists of two symmetric transmission lines (TLs) capacitively coupled to a transmon qubit. Here, the terminating resistors at both ends of TLs define the boundary condition for the voltage node. Thus, the resistor-terminated TLs act as a $\lambda/4$ resonator with its open-circuit end hosting the voltage antinode to couple to the qubit. The source of microwave radiation for the QHV circuit is this normal-metal resistor shorting each $\lambda/4$ resonator to the ground-plane. The transmon qubit consists of a metal island shunted by a Josephson junction, with island total capacitance $C_0$, and charging energy $E_C = e^2/2C_0$. Here, the non-linear SQUID is replaced by an inductor $L_1$ with impedance $
\[ Z_{f}(\delta, \omega) = j\omega L_{f}(\delta) = j\omega \frac{\Phi_0}{2\pi I_{c2}|\cos(\delta)|\sqrt{1 + d^2\tan^2(\delta)}}, \]  

where \( \delta, \Phi_0 \) and \( I_{c2} \) are the effective phase across the SQUID, magnetic-flux quantum and total critical current of the SQUID junctions respectively. The parameter \( d \) is the critical current asymmetry \[ d = \frac{I_{c1} - I_{c2}}{I_{c1} + I_{c2}}, \]  

where \( I_{c1} \) and \( I_{c2} \) are the critical currents of the two SQUID junctions. The inductor stores the Josephson energy \( E_J(\delta) = (\Phi_0/2\pi)^2(1/L_J(\delta)) \). In this linearized picture, the transmon qubit is represented as an ideal harmonic oscillator with frequency 

\[ f_Q(\delta) = \frac{\sqrt{8E_J(\delta)E_c}}{\hbar}, \]  

thus ignoring the in-built weak anharmonicity of the qubit.

When the island is shunted by two parallel Josephson junctions, the phase \( \delta \) is magnetic-flux dependent \( \delta = \pi \Phi/\Phi_0 \). Figure 1 (b) shows a schematic representation of the QHV circuit, with the corresponding frequencies and rates shown. To simulate in the linear regime, we transform this to a black-box terminated by port-impedances, as shown in figure 1 (a).

### 3. Determining the scattering parameter \( S_{21}(f) \)

The scattering parameters of a linear circuit can be calculated by various methods. In the lumped element approximation, at low temperatures, when the thermal photon wavelength is much longer than the typical dimension of the circuit, the transmission coefficient \( \tau \) between the two resistors can be derived by standard circuit approach [36, 37]: \( \tau(f) = R_1 R_2 / |Z(f)|^2 \), where \( Z(f) \) is the total series impedance of the circuit. In a typical resonator-qubit system, depending on the type and resonance frequency of the resonator, for example for \( \lambda/4 \) resonator with \( f \sim 8 \, \text{GHz} \), the photon wavelength \( \lambda \sim 15 \, \text{mm} \) is already comparable with the typical size of the resonator-qubit-resonator structure. This can be modelled, as in [24, 25], taking into account the distributed elements of the resonators, while still treating capacitors as a lumped element.

Here we propose a method to solve the transmission coefficient with FEM by using Sonnet to take into account full circuit reactive elements and their possible parasitics. In Sonnet, for the FEM simulations, the resistive elements correspond to the port-normalising impedances which terminate the black-box. In the software, the port impedance can have an arbitrary combination of resistive and reactive elements, that can be varied to solve the transmission of the circuit (see in appendix B for more discussion about ports in Sonnet). Here we vary only resistive elements and set the reactances to be zero. By doing this we can get the transmission of the full circuit with various terminating resistances.
As a benchmark, we also solve the transmission of the circuit using the individual distributed circuit elements, by constructing the ABCD matrix of the black-box and converting to its scattering parameters. The ABCD matrix of the entire circuit is then found by computing the product of the corresponding ABCD matrices of each of the constituting circuit elements

\[
\begin{pmatrix}
A & B \\
C & D
\end{pmatrix} = \begin{pmatrix}
A_1 & B_1 \\
C_1 & D_1
\end{pmatrix} \begin{pmatrix}
A_2 & B_2 \\
C_2 & D_2
\end{pmatrix} \begin{pmatrix}
A_3 & B_3 \\
C_3 & D_3
\end{pmatrix} \ldots \begin{pmatrix}
A_n & B_n \\
C_n & D_n
\end{pmatrix}.
\]

This matrix can then be transformed back to the scattering parameters using the relationship (in-detail derivation discussed in A)

\[
S_{21}(f) = \frac{2\sqrt{R_1/R_2}}{A + B/R_2 + CR_1 + (R_1/R_2)D}.
\]

Photon transmission probability, \(|S_{21}(f)|^2\), calculated from equation (10) corresponds to that of [36, 37] when the black-box can be represented by a total series impedance, and corresponds to that of [24, 25] when the black-box can be represented by a total admittance of the parallel elements (see the discussions in A). For example, when the ports are directly connected, without any series or parallel impedances, with port termination \(R_1\) and \(R_2\), the matrix elements are \(A = 1, B = 0, C = 0, D = 1\). Thus the photon transmission probability \(\tau(f) = |S_{21}(f)|^2 = 4R_1R_2/(R_1 + R_2)^2\).

4. Heat transport through a superconducting quarter-wave resonator

To demonstrate this approach, we first consider the simple-case of heat transport through a superconducting \(\lambda/4\) resonator. The circuit consists of a resistor, \(R\), at port-1 terminating a 6 GHz \(\lambda/4\) resonator. The open end of the resonator capacitively couples to a short TL terminated by a matched 50 \(\Omega\) resistor at port-2. In this way, we find the scattering parameters, \(S_{21}(f)\), as a function of the terminating resistor at port-1, and eventually the total power transfer to port-2. Due to the simplicity of the circuit, ABCD methods and Sonnet can be compared directly as methods for determining the heat flow. Figure 2(a) and (b) shows the schematic and Sonnet configuration of the corresponding circuit. The presented superconducting structure is approximated to be a zero-thickness metal with perfect conductance. The dielectric stack-up consists of a vacuum layer (dielectric constant \(\epsilon = 1\)) above the metal layer, and a 670 \(\mu m\) silicon (\(\epsilon = 11.5\)) layer below the metal with zero dielectric loss. The Sonnet simulation of the scattering parameters is then performed for a range of terminating \(R\) at the port 1, showing excellent agreement. The inset shows the net power to the port-2 when increasing resistance \(R\) at port-1, coloured dots are calculated by Sonnet simulation method and red-dashed line from ABCD model.
The scattering parameters can be correspondingly calculated using the product of the ABCD matrices for the individual elements. The product is given by the three elements of the circuit

\[
\begin{pmatrix}
A & B \\
C & D
\end{pmatrix} = \begin{pmatrix}
\cos \beta_1 & jZ_0 \sin \beta_1 \\
\frac{1}{jZ_0} \sin \beta_1 & \cos \beta_1
\end{pmatrix} \begin{pmatrix}
1 & \frac{1}{jC_0 \omega} \\
\frac{1}{jC_0 \omega} & 0
\end{pmatrix} \begin{pmatrix}
\cos \beta_2 & jZ_0 \sin \beta_2 \\
\frac{1}{jZ_0} \sin \beta_2 & \cos \beta_2
\end{pmatrix}
\]

where \(Z_0\) is the characteristic impedance of the transmission line, \(l_1\) and \(l_2\) are the lengths of the two transmission line sections, \(l_1 > l_2\), and \(\omega\) is the input frequency. In previous experimental results \cite{39}, internal loss (1/Q) to the substrate has been observed to be very small compared to the loss to the resistor (1/QR), i.e. photons mostly decay to the resistor. We therefore set the attenuation constant to zero, and \(\beta = \omega l_1 \sqrt{C_1 L_2}\). The resultant product is converted to \(S_{21}\) using equation (10), and shown as the dashed–lines in figure 2(c) demonstrating excellent agreement between the FEM and ABCD methods for all values of resistances. The total integrated power transfer, calculated using equation (5), as a function of resistance \(R\) at port-1 is shown in the figure 2(c) inset (see table D1 for the parameter values).

In the case of this simple circuit the role of parasitic couplings and modes are minimised, and the scattering parameters are well approximated by the ABCD matrices of the individual components. As circuits become increasingly complex, parasitic capacitances and inductances can no-longer be neglected and the ABCD approach is expected to diverge from the true circuit response. A major advantage however, is that the Sonnet simulation is performed without recourse to any knowledge about the circuit components, only inputting the design file and desired resistance. Conversely, the ABCD method requires the additional steps of simulating the coupling capacitance, and characteristic impedance using an external program.

5. Quantum heat valve: a qubit coupled to two superconducting resonators

Having demonstrated the validity of the linear FEM simulations to simulate heat flow, we move to the more complex case of the QHV, inspired by the experimental work \cite{22}. The QHV consists of a superconducting transmon qubit, coupled to two superconducting \(\lambda/4\) resonators of equal frequency. The transmon qubit frequency is tunable using a global flux bias to modulate the Josephson inductance of a superconducting-quantum-interference-device (SQUID). We approximate the transmon qubit, considering only the linear response, by replacing the SQUID loop with an ideal lumped inductor within the Sonnet interface. Figure 3(a) and (b) show the circuit schematic and Sonnet setup for such simulations, with the inset showing the tunable inductor representing the transmon SQUID. Ports are placed at each of the short-ends of the \(\lambda/4\) resonators, and the port impedance set to the desired resistor value. The metallic layer is assumed to be lossless and have zero intrinsic inductance, and the ground planes are connected to the box-wall such that the impedance to ground is zero at the boundary. Additionally, a small \(C_{||} = 10\ fF\) capacitor is added between the transmon island and the ground–plane, to account for the 0.2 \(\mu m^2\) area junction capacitance.

The Josephson inductance is calculated by equation (6) and the phase is calculated at different fluxes, \(\delta = \pi \Phi/\Phi_0\). The S-parameters are simulated using Sonnet. The results of a typical simulation as a function of flux are shown in the colour axis of figure 3(c), with \(R_1 = R_2 = 0.1\ \Omega\) for visual clarity. The interaction of the qubit with the two resonators is shown clearly by the two avoiding crossings occurring each period. By fitting the eigenenergies using the SCQubits package \cite{40}, shown by the white dashed lines (equation (22)), we can further extract the qubit–resonator coupling 100 MHz, and charging energy \(E_c/h = 147\ MHz\) in excellent agreement with the experimental value 150 MHz.

The total power transferred is then naturally obtained by integrating the simulated \(S_{21}\) over all frequencies by equation (5). Figure 3(d) displays the Sonnet simulated \(S_{21}\) for two values of the flux. Note, that we set the port resistance to \(R_1 = R_2 = 12\ \Omega\), corresponding to a quality factor \(Q_1 = Q_2 = 3.1\), matching the fitted experimental values. The yellow solid line indicates \(S_{21}\) when the valve is in the open position, and the blue line when the valve is in the closed position. The inset shows a zoom of the data when the valve is in the closed position. The Lorentzian shape is therefore created by the spectral filtering of the resonators around 5.6 GHz. The power as a function of flux for temperature bias at \(T_1 = 350\ mK\) is shown as the solid lines in figure 3(e). The temperature of the drain–side is fixed at \(T_2 = 120\ mK\).

For comparison, we again compute the scattering parameters using a linearised ABCD product of each corresponding element. The product is given by
where $Z_C$ and $Z_J$ are the lumped impedances representing the qubit shunting capacitance ($C_s$), and Josephson inductance respectively (parallel LC circuit). To compare, the coupling capacitances and qubit charging energy are simulated using COMSOL. The Josephson energy, $E_J = 37$ GHz ($I_{C,J} = 72$ nA) and critical current asymmetry $d = 0.08$ are taken to be the same in both models (Sonnet and ABCD). Total power transfer is again calculated by integrating the simulated $S_{21}$ over the full frequency range using equation (12) for the Sonnet simulation method (solid blue line), and for comparison using the ABCD (black dashed line) for resistor 1 temperature, $T_1 = 350$ mK, and resistor 2 temperature, $T_2 = 120$ mK. The solid orange line is the experimental data taken from [22] at the same nominal temperatures. For comparison, the unmodulated background has been removed from the experimental data.

Comparing to the experimental data from [22], shown by the solid orange line, we find excellent qualitative agreement, suggesting that the linearised model simulates the dynamics well. The measurements
observed an overall lower peak power modulation of $\Delta P_{\text{net}} = 0.21 \text{ fW}$, versus the simulated $\Delta P_{\text{net}} = 0.29 \text{ fW}$ for the same nominal experimental parameters. The observed discrepancy comes partly from the non-linearity caused by the weak anharmonicity of the transmon qubit, and as such the populations of the quantized energy levels play a non-negligible role in filtering the power-transfer in such experiments. Alternatively, elements of the fabrication, or measurement environment, e.g. sample holder, measurement wiring and wirebonding, can play a role in determining the overall magnitude of the heat flow, something we will further explore. Overall, the close agreement obtained between the experiment and the simulations is remarkable considering the simplified model, and lack of free parameters when constructing the simulation.

Sonnet simulations allow quantitative estimations of the background heat flow due to photons in superconducting circuits. By looking at the off-resonant heat flow ($\Phi/\Phi_0 = 0.5$) we can observe that net power flow is almost zero when compared with the resonant heat flow. In fact, we calculate the modulation ratio $(P(\Phi)_{\text{max}} - P(\Phi)_{\text{min}})/P(\Phi)_{\text{max}}$ from the Sonnet simulations to be $0.95 \pm 0.02$, in stark contrast to that seen in recent experimental results [22] that is around 0.2. From this we would conclude that the majority of the observed background heat flow in experiments is due to phonons, which are not considered by Sonnet. However, the picture can become more complex when we consider the possible variation or grounding potential of the measurement environment. Here so far we simulate the circuit in the ideal situation where the ground plane of the circuit is connected to the box-wall.

To further explore how the measurement environment can affect the unmodulated background in such circuits we consider a similar QHV device in a variety of measurement configurations. We realise this by altering the connections from the circuit ground-plane to the so-called ‘box-wall’, which sets the simulation ground potential. This allows us to simulate the real effect of various measurement configurations. Figure 4(a) shows such a simulation configuration with the ground-plane short to the box-wall using four lossless connections, emulating for example four superconducting wire bonds directly to the sample-holder ground. Note that the qubit coupler design is simplified with respect to figure 3 to allow for faster simulation.
The Sonnet simulations here point to a clear effect of an imperfect measurement environment on the photonic heat-flow. Figure 4(b) shows the integrated heat-flow between the two-resistors as a function of flux, for four different measurement environments. The red, green and orange curves show the effect of an increasing number of zero-resistance wire-bonds to the chip. The blue curve represents a grounding connection through a high-impedence DC-line. Three effects are made clear: firstly, an increased impedance to ground contributes to a higher off-resonant heat flow, evidenced by the increase in the background heat flow. Secondly, the absolute magnitude of the modulation is also affected, with $\Delta P_{\text{net}}$ reducing 20% as the number of bonds is reduced from six to one. Lastly, the apparent shape of the modulation is also influenced, with the peak caused by the qubit interaction reducing due to competition with the background modes. As the grounding gets worse the peak of the highest power shifts toward flux point $\Phi/\Phi_0 = n + 0.5$ ($n = 0, 1, 2$), as marked by yellow dashed line. Eventually, in the extreme case of the blue curve, the total heat-flow is highest when the qubit is off-resonance and the power at flux $\Phi/\Phi_0 = n$ gets to be smaller than power at $\Phi/\Phi_0 = n + 0.5$, which displays a $\pi$-phase shift characteristic of the heat transport in the QHV (indicated by the black arrow).

The source of this behaviour is clear when we look at the off-resonance ($\Phi/\Phi_0 = 0.5$) $|S_{21}|$ transmission for the different cases, as shown in figure 4(c). With fewer connections, the ground-plane allows for the propagation of significant background modes, seen increasing in amplitude from the green, orange and blue curves. Note that the exact background modes and their amplitude depend significantly on the physical position of the bonds on the chip. The interaction between the tunable QHV modes and the parasitic modes results in the phase shift of heat-valve behaviour. Moreover, the increased background results in a reduced modulation ratio, as seen in figure 4(d).

Simply changing the measurement environment can lead to an order-of-magnitude reduction in the modulation ratio, although the absolute modulation is left unaffected. This cements the importance of maintaining a precise environment in the measurements in order to study the quantum thermal device performance. Such effects may shed further light on some recent experimental results which report modulation which could not be easily explained within a circuit framework [23, 24].

6. Double pole quantum heat valve: two qubits between two superconducting resonators

With the methods well established, we can now use our toolbox to design the next generation of quantum heat devices. One example of this could be a double-pole quantum heat valve. The QHV can be further expanded upon by replacing the single qubit with two strongly-coupled transmon qubits. The device therefore consists of two quarter-wavelength resonators of equal frequency 5.6 GHz, each coupled to an transmon qubit, which are upon by replacing the single qubit with two strongly-coupled transmon qubits. The device therefore consists of devices. One example of this could be a double-pole quantum heat valve. The QHV can be further expanded.
Similar to the previous comparisons, we estimate the capacitances with COMSOL and convert the ABCD matrix to the S-parameter $S_{21}$, which is then integrated according to equation (5) (see table D3 for the parameter values). The models again show excellent agreement over the full flux range. Such a device could be practically realised using current fabrication and measurement techniques. Furthermore, it could serve as a test-bed for investigating the effects of qubit coherence on heat-flow [41].

\[
\begin{pmatrix}
A & B \\
C & D
\end{pmatrix} =
\begin{pmatrix}
\cos \beta l & jZ_0 \sin \beta l \\
\frac{1}{Z_0} \sin \beta l & \cos \beta l
\end{pmatrix}
\begin{pmatrix}
1 & 1 \\
\frac{1}{jC_\omega} & 0
\end{pmatrix}
\begin{pmatrix}
1 & 0 \\
\frac{1}{Z_c + Z_t} & 1
\end{pmatrix}
\begin{pmatrix}
\frac{1}{Z_0} & 0 \\
0 & 1
\end{pmatrix}
\begin{pmatrix}
\cos \beta l & jZ_0 \sin \beta l \\
\frac{1}{Z_0} \sin \beta l & \cos \beta l
\end{pmatrix},
\]

(13)

7. Conclusions

We have demonstrated the first applications of FEM simulations to improve the design of photonic heat devices and calculate heat transport in superconducting circuits. We first established the technique and theory, showing that such simulations can calculate the scattering parameters of an arbitrary geometry, and predict the expected heat transport properties. We use our tools to predict the heat current across a simple quarter-wavelength resonator terminated by a normal-metal resistor, finding excellent agreement with established circuit models.
We then predicted the heat currents at various temperatures in a QHV device, consisting of a transmon qubit coupled to two quarter-wavelength resonators, finding quantitative agreement within 30% of experimental data.

We show that Sonnet can naturally predict and include any unwanted parasitic modes in the calculations. The ability to consider the specific geometry is highly useful to design further more complex quantum heat transport devices. This is clearly evidenced by the strong dependence of the photonic heat background on the simulated measurement environment, which has been investigated. We show that the electrical environment can influence not just the magnitude of the power transfer, but can even reverse the properties of the tunable heat valve. We go on to utilise our tool to design a more complex two-pole heat valve using two transmon qubits. Such a structure has not been previously realised, and presents a step towards realising logical operations using photonic heat currents.

Moreover, the technology shown here can easily be extended to an arbitrary number of heat-baths by including more ports, allowing predictions to be made about structures with four or more ports. Our framework is currently limited by the linearity of the Sonnet FEM method. In the future, by combining non-linear solvers with FEM simulations one could, in principle, model superconducting qubits with greater accuracy than is done here. Using such solvers, one could perhaps create heat rectifiers, isolators and circulators using FEM as the core design tool. The toolbox we establish here lays the foundations for rapid prototyping of new photonic heat devices, and allows the field of cQTD to move towards increased complexity and reproducibility.

Acknowledgments

We acknowledge Dr. Yu-Cheng Chang, Dr. Dmitry Golubev and Dr. George Thomas for technical support and insightful discussions. We thank Dr. Alberto Ronzani for providing us with the raw data for [22]. This work is financially supported through the Foundational Questions Institute Fund (FQXi) via Grant No. FQXi-IAF19-06, Academy of Finland grants 312 057 and from the European Unions Horizon 2020 research and innovation programme under the European Research Council (ERC) (Grant No. 742 559). We acknowledge the provision of facilities by OtaNano—Low-Temperature Laboratory of Aalto University to perform this research.

Data availability statement

The data that support the findings of this study are available upon reasonable request from the authors.

Contributions

A.G. and C.D.S. conceived the study idea. The simulation platform and theoretical ideas were developed and performed by I.K.M. and C.D.S. Data analysis was performed by A.G., C.D.S. and I.K.M. Figures were made by A.G. and C.D.S. All authors contributed equally to the writing of the manuscript. J.P.P. supervised the authors at all stages of the project.

Appendix A. ABCD Matrix to $H(f)$ and $S_{21}(f)$

The transfer function $H(f)$ can be represented in terms of the ABCD parameters by applying Kirchoff’s voltage law and the definition of the ABCD matrix to the circuit shown in figure A1. First, by Kirchoff’s voltage law:

$$
V_L = V_2 = I_2 R_2,
$$

$$
V_S = I_1 R_1 + V_1,
$$

(A1)

where $V_i$ and $I_i$, $i \in \{1, 2\}$, are the voltage and the current at node $i$.

Second, by the definition of the ABCD matrix:

$$
V_L = AV_1 + BL_1,
$$

$$
L_1 = CV_1 + DL_1.
$$

(A2)

Hence,

$$
H(f) = \frac{V_L}{V_S} = \frac{I_2 R_2}{R_1 I_1 + V_1} = \frac{R_2}{AR_2 + B + CR_2 + DR_2}.
$$

(A3)
To derive a representation for the S-parameter $S_{21}(f)$, we first calculate the input impedance

$$Z_{in} = \frac{V_i}{I} = \frac{A + B/R_2}{C + D/R_2},$$

(A4)

from which we get the reflection coefficient

$$S_{11} = \frac{Z_{in} - R_1}{Z_{in} + R_1} = \frac{A + B/R_2 - CR_1 - D(R_1/R_2)}{A + B/R_2 + CR_1 + D(R_1/R_2)},$$

(A5)

The voltage $V_i$ can now be written in the form:

$$V_i = V_i^- + V_i^+ = V_i^+(1 + S_{11}),$$

(A6)

where $V_i^+$ and $V_i^-$ are the incident and the reflected component respectively. Now, we can write the S-parameter

$$S_{21} = \sqrt{R_1/R_2} \left| \frac{V_i^-}{V_i^+} \right| = \sqrt{\frac{R_1}{R_2}} \frac{V_i^-}{V_i^+} (1 + S_{11}),$$

(A7)

where the factor $\sqrt{R_1/R_2}$ comes from using the power normalisation convention $|S_{11}|^2 + |S_{21}|^2 = 1$. Substituting the formulas for $V_1$, $V_2$ and $S_{11}$ yields

$$S_{21}(f) = \frac{2\sqrt{R_1/R_2}}{A + B/R_2 + CR_1 + (R_1/R_2)D^*},$$

(A8)

which results in the same formula as in [43]. Furthermore, the comparison between equation (A3) and equation (A8) shows that

$$H(f) = \frac{1}{2} \sqrt{\frac{R_1}{R_2}} S_{21}(f).$$

(A9)

An important special case of equation (A8) occurs when the circuit inside the ‘black-box’ consists only of series components. Then the ABCD matrix is given by

$$\begin{pmatrix} A & B \\ C & D \end{pmatrix} = \begin{pmatrix} 1 & Z_B \\ 0 & 1 \end{pmatrix},$$

(A10)

where $Z_B$ is the total series impedance of the black-box. Substituting this form into equation (A8) gives

$$|S_{21}(f)|^2 = \frac{4R_1R_2}{|R_1 + R_2 + Z_B|^2},$$

(A11)

which agrees with the formula derived in [37] through a different method.

Similarly, we can consider a black-box in which all the components are connected in parallel. In this case

$$\begin{pmatrix} A & B \\ C & D \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ 1/Z_B & 1 \end{pmatrix},$$

(A12)

where $1/Z_B$ is total admittance of the parallel elements of the black-box. Again, the substitution into equation (A8) yields a useful simplification

$$|S_{21}(f)|^2 = \frac{4(1/R_1)(1/R_2)}{|1/R_1 + 1/R_2 + 1/Z_B|^2},$$

(A13)

which has been derived and used in [25] to study the heat transport across a Josephson junction.

Importantly, equation (A11) and equation (A13) can also be applied in the case of complex terminating impedances, if the reactive/susceptive components are included into the black-box. Writing the complex forms explicitly gives
\[ |S_{21}(f)|^2 = \frac{4 \text{Re}[Z_1] \text{Re}[Z_2]}{|Z_1 + Z_2 + Z_0|^2} \]  
(A14)

and

\[ |S_{21}(f)|^2 = \frac{4 \text{Re}[1/Z_1] \text{Re}[1/Z_2]}{|1/Z_1 + 1/Z_2 + 1/Z_0|^2}, \]  
(A15)

where \( Z_1 \) and \( Z_2 \) are the complex terminating impedances.

**Appendix B. Ports in Sonnet**

The port structure in Sonnet consists of a voltage source in series with a normalising impedance component as shown in figure B1(a). By default, the port impedance has only a resistive component \( R = 50 \, \Omega \). The setting can be overwritten by the user, and in our simulations we change and vary the resistive component \( R \) while keeping the other component values at zero (figure B1(b)). Additionally to the resistor \( R \), here we can also set a value of shunting capacitor \( C \), series reactance \( X \) and series inductor \( L \). This option is important in the situation when the dimension of the resistor is significant and it cannot be assumed as a lumped element anymore, and the resistor’s geometry starts to affect the wave propagation across it.

**Appendix C. Energy spectrum for spectroscopy fitting**

**C.1. Hamiltonian of QHV circuit**

The transmon qubit Hamiltonian

\[
H_Q = 4E_C(\hat{n} - n_g)^2 - E_G(\Phi) \cos \phi,
\]

where \( \hat{n} \) and \( \hat{\phi} \) are the charge number and phase operator respectively. The parameter \( n_g \) is the gate offset-charge.

The total Hamiltonian of a transmon coupled to two resonators with equal frequencies \( \omega_1 = \omega_2 \),

\[
H = H_Q + \sum_{i=1,2} (H_{R,i} + H_{I,i}) + \tilde{g}_{12} (a_1^\dagger a_2 + a_2^\dagger a_1),
\]

(C2)

where the Hamiltonian of each resonator, for \( i \in \{1, 2\} \), is

\[
H_{R,i} = \hbar \omega_i a_i^\dagger a_i,
\]

(C3)

and for the resonator-qubit interaction

\[
H_{I,i} = g_i (\hat{n} a_i + a_i^\dagger),
\]

(C4)

with \( a_i^\dagger, a_i \) denoting the creation and annihilation operators. The parameters \( \tilde{g}_{12} \) and \( g_i \) denote the resonator cross-coupling and the coupling between qubit and resonator \( i \), respectively.
C.2. Hamiltonian of double pole QHV circuit

The two transmon Hamiltonians are, for \( i \in \{ \alpha, \beta \}, \)

\[
H_{Q,i} = 4E_{C,i}(n_i - n_{g,i})^2 - E_{i,i}(\Phi) \cos \phi_i, \tag{C5}
\]

where both transmons are identical. Total Hamiltonian of two transmons coupled to two identical resonators

\[
H = \sum_{i=\alpha,\beta} H_{Q,i} + \sum_{i=1,2} (H_{R,i} + H_{I,i}) + \tilde{g}_{\alpha\beta} a_i^\dagger a_i + H_{Q,\alpha\beta}, \tag{C6}
\]

where the Hamiltonian of each resonator, for \( i \in \{1, 2\}, \) is

\[
H_{R,i} = \hbar \omega_i a_i^\dagger a_i \tag{C7}
\]

and for resonator-qubit interaction

\[
H_{I,i} = g_i n_i (a_i^\dagger + a_i) \tag{C8}
\]

Qubit-qubit interaction

\[
H_{Q,\alpha\beta} = \tilde{g}_{\alpha\beta} (\hat{n}_\alpha^\dagger \hat{n}_\beta + \hat{n}_\beta^\dagger \hat{n}_\alpha) \tag{C9}
\]

Here the transmon-1 to resonator-2, transmon-2 to resonator-1, and resonator-1 to resonator-2 interactions are taken to be negligible.

Appendix D. Sonnet simulation and ABCD model parameters

| Parameter | Value |
|-----------|-------|
| Inductance per unit length, \( L_i \) | 405 nH m\(^{-1}\) |
| Capacitance per unit length, \( C_i \) | 171 pF m\(^{-1}\) |
| \( l_1 \) | 4723 \( \mu \)m |
| \( l_2 \) | 580 \( \mu \)m |
| \( C_r \) | 23 F |

| Parameter | Value |
|-----------|-------|
| Inductance per unit length, \( L_i \) | 405 nH m\(^{-1}\) |
| Capacitance per unit length, \( C_i \) | 171 pF m\(^{-1}\) |
| \( l \) | 5119 \( \mu \)m |
| \( C_r \) | 10 F |
| \( C_s \) | 96 F |
| \( I_{\Sigma} \) | 72 nA |

| Parameter | Value |
|-----------|-------|
| Inductance per unit length, \( L_i \) | 405 nH m\(^{-1}\) |
| Capacitance per unit length, \( C_i \) | 171 pF m\(^{-1}\) |
| \( l \) | 5119 \( \mu \)m |
| \( C_r \) | 10 F |
| \( C_r \) | 20 F |
| \( C_s \) | 61 F |
| \( I_{\Sigma} \) | 72 nA |
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