Sustainability performance of organic farming at vegetable fields in Tabanan, Bali, Indonesia

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ARTICLE INFO

| Keywords:                                    | ABSTRACT |
|----------------------------------------------|----------|
| Organic farming system                       | Sustainable agriculture aims to maintain high productivity while maintaining soil quality. The purpose of this study is to determine the sustainability performance of organic vegetable farming systems with soil quality indicators as a soil quality assessment tool. Soil physical, chemical, and biological properties in Chinese cabbage in Baturiti Subdistrict, Tabanan Regency, Bali, Indonesia, were evaluated as indicators for predicting organic cabbage production and yield. Soil samples were obtained from organic farming systems that have been going on for 1, 3, and 5 years after certification, compared with conventional farming systems. The results showed that the soil quality of the organic farming system after 5 years (OF5) was significantly higher than the conventional farming system. Physically, soil moisture at the field capacity in OF5 was significantly higher than that in the other systems. Chemically, the organic C and cation exchange capacity in organic systems were significantly higher than in conventional systems. The same results were shown by soil respiration, which means that there was high soil microbial activity. Based on the cumulative soil quality rating, it is concluded that the OF5 system met the sustainability criteria, with no high input required. |
| Soil quality                                 |          |
| Sustainability of agriculture system         |          |

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1. Introduction

Organic farming is a system that increases soil fertility using natural inputs without the use of chemical fertilizers and pesticides (Chabert & Sarthou, 2020; Seufert et al., 2012). However, organic farming (OF) remains to be considered by some critics as an inefficient approach for food security and a farming system that will become less relevant in the future. OF emerged as a response to agricultural industrialization and environmental and social problems. Nevertheless, it is debatable whether OF provides an overall advantage over conventional farming (CF). Some people claim that OF systems are more profitable and environmentally friendly (Reganold & Wachter, 2016), whereas others question the role of OF in future sustainable food systems (Röös et al., 2018). Although yields usually remain lower than those in conventional agriculture, OF currently performs well in several sustainability domains, such as animal welfare, agricultural profitability, and low pesticide use (Chabert & Sarthou, 2020; Röös et al., 2018).

The sustainability of agricultural systems can be determined via the concept of minimum data sets with soil quality assessment. The soil quality is measured using the indicators of soil quality or the attributes influenced by land use and soil management practices. The indicators comprise physical, chemical, and biological characteristics (Dominguez-Haydar et al., 2019). Thus, the criteria of soil quality are determined using the critical threshold of each soil property based on the turning point of the decrement of productivity and environmental impacts (Ghaemi et al., 2014; Nabiollahi et al., 2018).

Patil et al. (2014) determined the sustainability performance of OF in Karnataka, India from 2009 and 2015 using the TechnoGIN method and found that sustainability performance depends on region conditions and cultivated crops. Das et al. (2017) found that OF resulted in sustainable productivity and improved soil quality by assessing the long-term impacts of OF on soil and commodities quality for 7
years in the eastern Himalayas, India. Then, Boone et al. (2019) compared the performance of conventional and OF systems and confirmed that OF has shown benefits in terms of more environmentally friendly practices and sustainability performance over time that has continued to increase for soil quality. OF practices foster biotic and abiotic interactions in the soil, which may facilitate moving toward a sustainable food future (Sihi et al., 2017) and can be a viable measure that contributes to greenhouse gas alleviation in the agricultural sector (Skinner et al., 2019).

The OF practices in Indonesia, particularly in Bali, have significantly increased but to date, there is no information regarding the sustainability performance assessment of OF in Bali. The total area of organic land has reached 261,383 ha, increasing by an average of 5.5% per year (Sardiana et al., 2014). Thus, this study is aimed to determine the sustainability of OF systems, especially in vegetable fields in Tabanan, Bali. The sustainability of this OF system depends on the soil quality rating (SQR) value, which is determined by the cumulative score and rate from the minimum dataset of soil properties. This means that the level of sustainability is reflected in the soil properties that meet the sustainability criteria.

2. Material and Methods

The experimental research was conducted in the Baturiti Subdistrict, Tabanan Regency, Bali, Indonesia, at an altitude of 975 m above sea level (Figure 1). The location of the present study has an Andosols with a tropical climate, an average temperature of 21°C–31°C, and an average rainfall of 3,165.11 mm (Sardiana et al., 2014). The sample locations were selected on land that has received 1 year of OF certification (located at 8°33′54″S; 115°17′22″E), 3 years (at 8°33′57″S; 115°17′27″E) and 5 years (located at 8°33′55″S; 115°17′23″E) and for comparison, selected on land that was still applied with conventional agriculture (located at 8°33′54″S; 115°17′22″E). Four experimental units were used to assess the effect of land management methods on the soil’s physical, chemical, and biological properties. Then, to determine the level of production in each plot, an experiment was conducted on planting Chinese cabbage (Brassica chinensis).

2.1 Management Practices

Several activities were conducted at the experimental location, including soil tillage, which is carried out by plowing at a depth of 20 cm. Organically cultivated land was given manure with a dose of 10–20 tons ha⁻¹. The nutritional composition of cow manure is C (17.36%), N (1.16%), P (0.53%), and K (0.14%). Meanwhile, in the conventional systems, fertilization with superphosphate (SP-36, 200 kg ha⁻¹) and potassium chloride (KCl, 100 kg ha⁻¹), and urea (CH₄N₂O, 400 kg ha⁻¹) were applied.

2.2. Soil Sampling and Analyses

Soil samples were taken in September 2018 with a depth ranged 0–20 cm repeated four times in each experimental plot. Field capacity was determined via a gravimetric technique, and soil texture (ST) was determined using the sieve analysis, soil acidity measured using a pH meter; C and N on soil were determined using the Walkley–Black and Macro–Kjeldahl methods, respectively. Cation exchange capacity (CEC) and base saturation (BS) were determined via the NH₄OAc extraction method (Sparks et al., 2020). Conversely, the measurements of total soil respiration (SP) were performed via Isar Meyer’s CO₂ evolution method (Bakhshandeh et al., 2019; Franzluebbers & Veum, 2020; Gu & McGill, 2017).

At the planting sites, plants were cut manually from an area of 1 m × 1.6 m, used to compare the physical, chemical, and biological properties of the soil to the biomass yield. The dry base moisture content of the biomass was measured by comparing biomass fresh weight with oven-dry weight (dried at 60°C for 4 days). The Chinese cabbage (Brassica chinensis) was used as an indicator plant in the present study.

![Figure 1](image-url)
The critical limits of physical, chemical, and biological soil properties used in the study refer to the soil quality criteria for tropical ecosystems. The critical level is determined based on the limited production of food crops, which ranges from none (one) to an extreme (five) (Table 1). Table 1 also describes 10 soil property indicators in the form of physical, chemical, and biological properties tested in this research, which is the minimum data set that can describe SQR as a determinant of land sustainability for agricultural use. The sustainability index is obtained by adding up the critical levels for each physical, chemical, and biological soil properties shown in Table 2, with cumulative rating (CR), which ranges from being sustainable (CR < 20) to being unsustainable (CR > 40)

Table 1. Critical levels and relative weighting factors (RWF) for soil physical, chemical, and biological properties (Ghaemi et al., 2014).

| No. | Soil quality indicator     | None | Light | Moderate | Severe | Extreme |
|-----|---------------------------|------|-------|----------|--------|---------|
| 1   | Field capacity (%)        | >30  | 20–30 | 8–20     | 2–8    | <2      |
| 2   | Bulk density (g/cm³)      | <1.3 | 1.3–1.4| 1.4–1.5 | 1.5–1.6| >1.6    |
| 3   | Soil pores (%)            | >20  | 18–20 | 15–18    | 10–15  | <10     |
| 4   | Soil texture              | L    | SiL, Si, SiCL | CL, SL | SiC, LS | S, C   |
| 5   | Soil organic carbon (%)   | 5–10 | 3–5   | 1–3      | 0.5–1  | <0.5    |
| 6   | Nitrogen total (%)        | >0.75| 0.51–0.75 | 0.21–0.50 | 0.10–0.20 | <0.10 |
| 7   | CEC (mmol kg⁻¹)           | >40  | 25–40 | 17–24    | 5–16   | <5      |
| 8   | pH                        | 6.0–7.0| 5.8–6.0 or | 5.4–5.8 or | 5.0–5.4 or | <5.0 or >8.2 |
| 9   | Base saturation (%)       | >70  | 51–70 | 36–50    | 20–35  | <20     |
| 10  | SR bsCO₂–C/ac/hr          | >64  | 33–64 | 17–32    | 3.5–16 | <3.5    |

Remarks: CEC = cation exchange capacity; SR = soil respiration; L = loam; SiL= silt loam; Si= silt; SiCL= silty clay loam; CL= clay; SL= sandy loam; SiC= silty clay; LS= loamy sand; S= sand; C= clay

Table 2. Sustainability of a land use and management system in relation to the cumulative ratings (CRs) (Ghaemi et al., 2014).

| Sustainability          | RWF | CR  |
|-------------------------|-----|-----|
| Highly sustainable      | 1   | <20 |
| Sustainable             | 2   | 20–25|
| Sustainable with high input | 3  | 25–30|
| Sustainable with another land use | 4  | 30–40|
| Unsustainable           | 5   | >40 |

Remarks: RWF = relative weighting factors; R = cumulative ratings

2.3. Critical Limits and Sustainability Index

The critical limits of physical, chemical, and biological soil properties used in the study refer to the soil quality criteria for tropical ecosystems. The critical level is determined based on the limited production of food crops, which ranges from none (one) to an extreme (five) (Table 1). Table 1 also describes 10 soil property indicators in the form of physical, chemical, and biological properties tested in this research, which is the minimum data set that can describe SQR as a determinant of land sustainability for agricultural use. The sustainability index is obtained by adding up the critical levels for each physical, chemical, and biological soil properties shown in Table 2, with cumulative rating (CR), which ranges from being sustainable (CR < 20) to being unsustainable (CR > 40)

Table 3. Physical properties of soil in organic and conventional agriculture for 5 years of application.

| Treatment | BD (g cm⁻³) | SP (%) | FC (%) | Texture |
|-----------|-------------|--------|--------|---------|
|           | Sand (%)    | Silt (%)| Clay (%)| Class   |
| OF5       | 0.88a       | 26.88a  | 32.88a  | 52.86a  |
| OF3       | 0.90a       | 25.20a  | 29.03a  | 60.45a  |
| OF1       | 0.91a       | 23.61a  | 27.00a  | 61.73a  |
| CF        | 1.04a       | 23.33a  | 24.43b  | 65.15a  |

Remarks: ¹ The value followed by the same superscript in the same column was not significantly different in the LSD test at α= 5% (P > 0.05); ² SL = sandy loam

2.4. Statistical Analysis

Correlation analysis, using SPSS Ver. 17 for Windows software, was applied to identify the relationship between the 10 soil properties and the soil quality, as well as to determine the sustainability of the farming systems based on the soil property rating index. The 10 soil properties used for correlation analysis including bulk density (BD), soil texture (ST), soil field capacity (FC), soil porosity (SP), pH, soil organic carbon (SOC), total N, CEC, BS, and SR. To obtain the relationship between the biomass yield and the 10 selected soil properties, multiple linear regression analysis, with a significance level of P ≤ 0.05, was performed with biomass and soil properties as the dependent and independent variables, respectively (Abrougui et al., 2019; Ge & Wu, 2020; Kadam et al., 2019; Lee et al., 2019).
Table 4. Chemical and biological properties of soil in conventional and organic farming for 5 years of application

| Farming system | Organic C (%) | Total N (%) | CEC (mmol kg⁻¹) | BS (%) | pH | SR mg CO₂ kg⁻¹ day⁻¹ |
|----------------|---------------|-------------|-----------------|--------|----|---------------------|
| OF5            | 3.20          | 0.32        | 10.90           | 11.36  | 6.95 | 76.90               |
| OF3            | 2.73          | 0.27        | 10.33           | 10.82  | 6.75 | 68.30               |
| OF1            | 2.54          | 0.25        | 9.71            | 9.98   | 6.65 | 66.00               |
| CF             | 2.26          | 0.33        | 8.98            | 9.87   | 6.62 | 54.80               |

Remarks: The value followed by the same superscript in the same column was not significantly different in the LSD test at α = 5% (P > 0.05)

Table 5. Correlation of the implementation of organic farming systems with soil characteristics and crop yields

| Variable | Correlation coefficient (r) |
|----------|-----------------------------|
| SOC      | 0.85 *                      |
| N        | 0.86 *                      |
| P        | 0.40                        |
| K        | 0.59                        |
| CEC      | 0.88 *                      |
| BS       | 0.13                        |
| pH       | 0.57                        |
| SR       | 0.55                        |
| FC       | 0.78 *                      |
| BD       | −0.39                       |
| SP       | 0.32                        |
| Yields   | 0.92 **                     |

Remarks: * significant at α = 0.05; ** highly significant at α = 0.01; FS = farming system; FC = water content at 30 kPa; BS = base saturation; BD = bulk density; SR = soil respiration; CEC = cation exchange capacity; N = nitrogen; P = phosphate; K = potassium; SP = soil porosity

3. Results

3.1. Soil Physical Properties

Table 3 presents the effects of land managed organically on soil physical properties. It is shown that the soil texture is sandy loam in both the conventional and organic systems. In Table 3, it is shown that the FC of OF5 was 32.88%, which was significantly higher than that in cropping systems. However, it was relatively insignificant (P < 0.05) compared with OF1, which was 29.03%, and OF3, which was 27.00%. The application of organic agriculture showed a significant correlation with the increase in FC, i.e., 0.78 (α = 0.05) (Table 5). Moreover, Table 3 shows that the BD tends to decrease with the length of time during which OF systems are implemented, whereas SP tends to increase.

3.2. Soils Chemical and Biological Properties

Table 4 presents the effects of land managed organically on soil chemical and biological properties. Soil chemical properties such as CEC and BS showed in Table 4, its significant increase, CEC-OF5 (10.90 mmol kg⁻¹) with CEC-CF (8.98 mmol kg⁻¹), CEC-OF5 (11.36 mmol kg⁻¹) with CF-OF5 (9.87 mmol kg⁻¹) (P < 0.05), whereas the pH was not differ. At the beginning of the application of organic agriculture, the total N content of soil decreased, i.e., OF1 of 0.27% and OF3 of 0.25%, but then increased again after 5 years of implementation of the system, i.e., CF5 of 0.32% and almost the same total N content than that in the conventional system, i.e., CF (0.33%). Table 5 shows that the application of organic agriculture significantly increases the total N soil, r = 0.86 (α = 0.05). Meanwhile, the SR in OF5 of 76.90% is significantly higher than that in CF, which indicated the highest soil biological activity (P < 0.05).

3.3. Crop Yield

Figure 2 presents the effects of the OF application on the yield of Chinese cabbage. Crop production was determined from the top dry weight of the plant that was dried at 60°C for 4 days. As indicated by the dry weight of the leaves, crop production in all experimental plots in the all-OF treatments was lower than that in the CF treatments. However, the yield of cabbage in OF5 treatment of 26.78 tons ha⁻¹ was relatively the same as that in CF treatment of 27.33 tons ha⁻¹, whereas the OF1 treatment was 48.47% lower and the OF3 treatment was 28.64% lower than CF treatments (significantly different in the LSD test at 5% level, P > 0.05). It shows that crop yields in OF practices that have lasted 5 years after certification are close to those in CF practices.

3.4. Critical Levels of Measured Soil Properties

Table 6 presents the index for the sustainability of agricultural land use based on the agricultural system application. Table 3 shows the critical levels for BD, SP, ST, and SR values. Soil properties were weighed and summed for each location, as well as a CR was obtained for each plot of land. Conventional land (CF) has the highest CR (25 ± 1.2), whereas the lowest CR was obtained for OF5 (CR = 20 ± 1.5).

Figure 2. Yield of Chinese cabbage (Brassica chinensis) in organic and conventional farming systems (Remarks: OF1 = organic farming system that has been going on for 1 year after certification; OF3 = for 3 years; OF5 = for 5 years; CF = conventional farming; significantly different in the LSD test at 5% level (P < 0.05)).
Table 6. Cumulative value (CR) and sustainable use of agricultural land

| Agricultural system | Cumulative rating (CR) | Criteria          |
|---------------------|------------------------|-------------------|
| OF5                | 20 ± 1.5               | Sustainable       |
| OF3                | 24 ± 1.9               | Sustainable with high input |
| OF1                | 24 ± 2.3               | Sustainable with high input |
| CF                 | 25 ± 1.2               | Sustainable with high input |

Remark: The CR values are as per the calculation of Ghaemi et al. (2014).

Then, the CR of OF1 and OF3 are 24 ± 2.3 and 24 ± 1.9, respectively. The variation in the cumulative value was described to be OF5 < OF3 < OF1 < CF. Thus, the sustainability index showed that OF5 is sustainable, whereas OF3, OF1, and CF are sustainable with high input.

3.5. Correlation Among Application With Soil Properties

Table 5 shows the correlation of OF system application with soil properties and crop yield. The application of OF was highly significantly correlated (P < 0.01) with the crop yield (r = 0.92) and significantly correlated (P < 0.05) with SOC (r = 0.85), CEC (r = 0.88), total N (r = 0.86), and FC (r = 0, 78), and soil organic C showed a positive correlation with SP (r = 0.32) and SR (r = 0.55). Meanwhile, an increase in SOC was reported to decrease BD. This study shows that SOC was inversely proportional to BD (r = −0.39), which showed a decrease in BD with an increasing organic matter content.

4. Discussion

The CR classification in Table 2 according to (Ghaemi et al., 2014) resulted in the sustainability criteria presented in Table 6, shows that in the 5 years of OF system (OF5) was included in the sustainable classification, CR = 20 ± 1.5, whereas the CF system was included in sustainable classification with high input (CR = 25 ± 1.2). The results showed that the application of OF had a significant effect on improving soil quality and the sustainability of the agricultural system. The characterized by several selected soil quality indicators such as the moisture content of the field potential (Table 3), SOC and CEC (Table 4) significantly increased in OF5. The improvement of soil quality parameters in OF is related to the increase in soil organic matter. Soil organic C is highly reactive, controls various essential functions, and affects soil quality and productivity (Nurhidayati et al., 2018).

Organic matter increases the water holding capacity and the availability of water necessary for plant growth. When applied to the soil, it causes weathering and overhauling, which eventually produces humus (Güldner & Krausmann, 2017). Also, it is hydrophic given that it increases the water absorption in the soil and causes high water retention. Humus can absorb water 4–6 times its weight, which plays a role in water availability (Singh et al., 2020). Obour et al. (2018) reported that the percentage of organic matter is directly related to soil water absorption capacity. Meanwhile, the addition of organic matter to sandy soils increases medium-sized pores and reduces macropores, thereby increasing the soil’s ability to retain water. Conversely, the added organic matter application increases the total pore soil and reduces soil BD (Liu et al., 2017).

Table 3 shows the effects of the land managed organically on soil physical properties. The role of SOC in improving the soil’s physical properties is to create aggregation or form pores; therefore, it reduces the soil BD (Olorunfemi et al., 2020; Zhang et al., 2017). Compared with CF, OF has shown a decrease in BD soil by 19.93% for 5 years, i.e., OF5 (0.88 g cm⁻¹) versus CF5 (1.04 g cm⁻¹) (Table 3). Meanwhile, SP tends to increase by 13.85% during OF5 (26.88%) (Table 3), however, it was not statistically significant, 0.40 (α = 0.05) (Table 5).

The application of OF has a beneficial effect on improving the chemical properties of the soil since the CEC and total N increased significantly in OF5. Table 5 shows the significance of the correlation of the implementation of OF system with total N (0.86, α = 0.05) and CEC (0.88, α = 0.05). The increase in chemical properties of the soil is closely related to OF as a source of soil organic C. The soil CEC increased significantly by 22.35% in OF5 10.90 me 100 g⁻¹ compared with CF 8.98 me 100 g⁻¹ (Table 4). Also, the CEC shows the soil’s ability to hold and exchange it, including plant nutrients. Furthermore, the addition of organic matter increases the negative charge in the soil thereby increasing the soil CEC. The CEC for soil organic matter varies between 200 and 300 me 100 g⁻¹, whereas the CEC value for clay only ranges from 10 (clay oxide) to 100 me 100 g⁻¹ (type 2.1 clay); hence, the soil organic matter CEC value is 2–20 times its clay. However, the organic matter is small and has a large influenced on soil CEC. Thus, the higher the soil organic matter, the higher the soil CEC (Sparks et al., 2020).

Soil N produced different effect, which in OF has consistently lower values than in CF (Table 4). In OF1, the N content (0.25%) decreased significantly by 34.78% compared with that in CF (0.33%). Moreover, it was tended to increase in OF3 and OF5, but was not significantly different. This result is in line with Herencia et al. (2020), in which nitrogen deficiency was a frequent problem in the early period of OF application.

SR as a biological property signifies accretion in OF, and OF5 (76.90 mg-CO₂ kg⁻¹ day⁻¹) significantly increased SR by 38.45% in comparison with CF (54.80 mg-CO₂ kg⁻¹ day⁻¹) (Table 4). However, based on the correlation value in Table 5, the increase in the value of SR remains insignificant (r = 0.55). The increase in SR characterizes increased microbial activity (Mackay et al., 2021; Nabioaliai, 2018).

Figure 2 shows the results of vegetable production in the research conducted. Figure 2 shows that the vegetable yields in OF1 and OF3 were significantly lower than in CF at 17.08 and 20.42 tons ha⁻¹, respectively. However, in OFS, vegetable crop production has increased back to 26.70 tons ha⁻¹ and almost equaled the production in CF at 27.33 tons ha⁻¹. The correlation of the implementation of OF with the crop yields was highly significant (r = 0.92; p = 0.01) (Table 5). The increase in organic agricultural yields is related to increasing soil organic C content, since it supports the organic matter decomposition process, thereby releasing nutrients required for plant growth.
The relationship between yield and soil quality was analyzed through correlation and regression tests, and there was a significant relationship from \( P < 0.05 \) to \( P < 0.01 \) between the chisel yield and soil quality such as SOC, total N, CEC, and FC. The results showed that out of the 10 variables tested, only four have a close relationship with those of Chinese cabbage, which include total N, C, CEC, and FC, via a multiple regression estimation model as follows: \( Y = 4.21 + 8.20N + 6.50C + 0.666C + 0.35FC \left( R^2 = 0.98^{**} \right) \). The regression equation showed an increase in yield of Chinese cabbage in organic and conventional agriculture of approximately 98% and is influenced by SOC, total N, CEC, and soil water content. The nitrogen variable shows the highest contribution, followed by SOC, moisture content, and CEC.

The high contribution of N in increasing the vegetable yield of Chinese cabbage is an essential element for the vegetative growth of plants, whereas unstable carbon is a nutrient for plant and microbial growth because of its original chemical composition and its fast decomposition rate (Nurhidayati et al., 2018). Moreover, unstable carbon is highly essential in maintaining the status of organic matter in the soil, which acts as a source and sinks for nutrient availability (Hairiah et al., 2000; Olorunfemi et al., 2020). The CEC is important for soil fertility, and it shows the ability of the soil to hold cations and exchange these cations, including plant nutrient cations, which makes them more available to plants. Thus, soil water content shows the ability of the soil to hold water, increasing its availability for plant growth.

Soil quality status as measured using the SQR shows a higher OF tends to provide a lower SQR value compared with CF. SQR is the accumulation of limiting factors for soil properties, and the lower the SQR value, the less the limiting factor for soil properties, which means that it has better quality. OF5 gives the lowest SQR value, which is 20 or in the good category. Meanwhile, C and OF1 and OF3 provide SQR values ranging from 24 to 25 or including the moderate category. Good quality means that the agricultural practice is compatible with sustainable agriculture, and moderate-quality means that a high input is needed; therefore, the agricultural practice is sustainable (Nabioi lahi et al., 2018).

The difference in SQR was caused by the parameters of organic C, CEC, nutrient availability, SP, and FC, which were significantly different between organic and conventional agriculture. Meanwhile, other soil parameters such as BD, texture, BS, and soil pH had no significant effect on the SQR value. These results are assumed to be related to the application of OF, which has not optimally improved soil properties because of the long duration taken to change the soil properties. The soil type in this research area, Andosol soil, has a good pH, content weight, and family planning properties. Thus, it is not a limiting factor for plant growth.

5. Conclusion

The application of the OF5 system satisfies the sustainability criteria, with no high input required. Soil moisture at the field capacity, organic C and CEC, and SR in this system are significantly higher than those in the other systems. The advantage is that this organic system does not require high input and the soil quality is improving. The periodic assessment of the OF performance is important to be determined in the future.

Declaration of Competing Interest

The authors declare no competing financial or personal interests that may appear and influence the work reported in this paper.

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