Contamination of obstetrics and gynecology hospital air by bacterial and fungal aerosols associated with nosocomial infections

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Abstract
Bacterial and fungal bioaerosols are a global concern due to nosocomial infections, especially in developing countries. Our study aimed to detect fungal and bacterial bioaerosols in different wards of an obstetrics and gynecology hospital air samples. 240 bioaerosol samples were collected by performing impaction method from different wards of a hospital in the central part of Iran, during two seasons. Fungi genera and bacteria species are recognized by cultivation. Concentrations of bacteria and fungi were ranged from 44 to 75 CFU/m3 and 8 to 22 CFU/m3, respectively. Labor Delivery and Recovery (LDR) and Emergency room had first and second most contaminated air among all the hospital wards. No significant difference between microbial load of wards which used natural ventilation and heating, ventilating, and air conditioning (HVAC) system was observed. The microbial load was not affected significantly by temperature, working shift, and Inpatient Bed Occupancy Rate (IBOR). Fungal load related significantly with relative humidity. Staphylococcus aureus (detected in 48.3% of samples) and Penicillium (27%) were the most predominant isolated bacteria and fungi, respectively. The results revealed that the level of bacteria and fungi responsible for nosocomial infections in the air of this hospital is very low. Although levels of microbial contamination are relatively low, it is important to investigate the effect of bioaerosols on nosocomial infections, especially in neonates.

Keywords Nosocomial infection · Indoor air pollution · Bioaerosol · Hospital · Bacteria · Fungi

Introduction
Nosocomial or healthcare-associated infections are introduced as viral, bacterial, and fungal infections which may harm people during their inhabitation in healthcare settings [1]. The World Health Organization (WHO) reported that around 15% of hospitalized individuals get infected by microbial agents in hospital wards [2]. Although person-to-person transmission is the major route for most infections, evidence show infections caused by some microorganisms like staphylococcus and acinetobacter may transmit through the air [3, 4]. In the recent COVID-19 pandemic, medical waste management, health care settings disinfection and air contamination monitoring of hospitals have received more attention [5–8]. Hospitals’ indoor air should be healthy for patients to breathe and the level of indoor contaminant or outdoor originated pollutants in the air should be reduced [9]. Based on the present population in hospitals, ventilation system, building and environmental conditions, different types, and concentrations of microorganisms may be existing in the indoor air of
hospitals [10]. Bioaerosols in healthcare settings are originat-
ed from outdoor air, respiratory droplets of people, air condi-
tioning stuff, and cleaning activities [11]. Long-term hospital-
ization and inadequate air exchange rate in hospitals increase
the exposure time, and may cause nosocomial infection relat-
ed to bioaerosols [1, 12]. The most proportion of nosocomial
infections causes by bacteria [1]. Also, fungi genera as ubiqui-
tuous microorganisms could be found in different types of
indoor environments [1, 13, 14]. Fungal spores because of
their small sizes are able to easily transmit between different
wards and thorough inhalation may cause allergic response,
asthma, and infections [15, 16].

Most studies were performed in general or multi-
specialized hospitals with a wide range of patients and differ-
ent services and activities [9, 14, 17, 18]; Hence, the determi-
nation of influencing variables is difficult. Individuals hospi-
tialized in obstetrics and gynecology hospital are mainly preg-
nant women and neonates who are known as sensitive groups,
and their exposure to high levels of bioaerosols may pose a
serious risk of infection in these groups [1]. Some airborne
fungi and bacteria which have no impact on healthy people
may cause serious problems to vulnerable groups in hospitals
[19]. Nosocomial infection causes 4% to 56% of neonates’
death around the world, and this rate increases to 75% in the
middle east countries [2]. Also, in some studies, it has been
reported that bioaerosol contaminations of women and mater-
ity wards were the highest level among different hospital
wards [18, 20]. Monitoring of bioaerosols level in hospital
air is essential to prevent the spread of nosocomial infections.
As mentioned, most deaths from nosocomial infections are
related to neonates, therefore it seems monitoring of bacteria
and fungi concentration in the maternity and neonatal wards
air may probably be effective in preventing infection, disease,
and death of neonates. The study aimed to determine the air
microbial quality, including bacterial and fungal bioaerosols
in different wards of an obstetrics and gynecology hospital in
Iran, and its association with ventilation, shifts and environ-
mental factors.

Materials and methods

Description of the sampling sites and strategies

This study was carried out from September 2018 to January
2019 in a maternity hospital, which was located in the center
part of Iran. The hospital has eight separate wards including
neonates, Neonatal Intensive Care Unit (NICU), maternity,
operating theater, surgery, postpartum care, Labor Delivery
and Recovery room (LDR), and emergency room. Sampling
was performed from three points in all eight wards of the
hospital 1 day a month (for 5 months) in two shifts in the
morning and afternoon. A total of 240 separate samples (8
wards × 5 months × 2 shifts × 3 sampling point) were taken
for fungi and bacteria. The characteristics of sampling sites are
presented in Table 1. During the sampling period, patients and
staff were present. Sample collection was performed at a
height of about 1.2 m for 2.5 min using an Andersen one-
stage viable impactor (SKC, USA) at an airflow rate of
28.3 L/min. Impactors were fitted with 100 mm diameter
Petri dishes containing Sabouraud Dextrose agar (SDA) sup-
plemented with chloramphenicol and blood agar (BA) for
fungal and bacterial sampling, respectively. All samples were
transferred to the laboratory in a cold box (4°C) and processed
after arrival in the laboratory.

Detection of bacteria and fungi

The fungal plates were kept at room temperature (25 °C) and
read after 72–120 h and bacterial plates were incubated at
37 °C for 24–48 h. The total fungal and bacterial concentra-
tion was enumerated to colony-forming units per cubic meter
(CFU/m³).

Grown fungal colonies on SDA were recognized based on
colony’s morphology and microscopically identification un-
der magnifications of 10,40,100. Bacterial colonies grown on
BA were isolated based on their morphology and by appli-
cation of different culture media and biochemical tests, bacteria
species were recognized.

Results

The mean concentration of bacterial and fungal bioaerosols in
selected 8 wards of the studied hospital is presented in Table 2.
the concentration of bacteria and fungi in hospital wards
ranged from 44 to 75 CFU/m³ and 8 to 22 CFU/m³, respec-
tively. Table 3 shows the comparison of bioaerosols presence
in morning and afternoon shifts. No significant difference be-
tween the two shifts was observed. The presence frequency of
bacteria species and fungal genera isolated from each ward is
presented in Tables 4 and 5, respectively. Among detected
bacteria, Staphylococcus aureus was found more frequently
than other bacteria and penicillium was the most frequent in
comparison with other fungi genera. The Inpatient Bed
Occupancy Rate (IBOR) was calculated during the sampling
period and was divided into three categories (less than 71%,
between 72% to 75% and greater than 76%). The highest
frequency of bacteria and fungi was observed in the IBOR
less than 71%, but statistical analysis did not show a signifi-
cant relationship between the IBOR and the frequency of mi-
croorganisms. The average temperature recorded during sam-
ping was between 24 and 27 °C and the relative humidity was
30% to 37%. There was no significant relationship between
the concentration and abundance of bacteria and fungi with
temperature, but the relationship between fungi and relative humidity was significant.

**Discussion**

Indoor air of healthcare settings contains a mixture of bioaerosols such as fungi, bacteria, viruses, and allergens which are originated from different sources include outdoor air, staff and patients (talking, coughing, sneezing), ventilation systems, toilet flushing, and cleaning activities [11, 17]. Among hospital staff, visitors, and patients who are exposed to bioaerosols during their inhabitancy in hospitals, Immunocompromised individuals are at higher risk of probable infections [12, 21]. Therefore, indoor air quality of hospitals is a great concern. In our study, the concentration of airborne bacteria and fungi in hospital wards ranged from 44 to 75 CFU/m$^3$ and 8 to 22 CFU/m$^3$, respectively (Table 2). The average concentrations of detected bacteria and fungi were 57.44 CFU/m$^3$ and 16.13 CFU/m$^3$, respectively, which is in accordance with data found by some authors [9, 22], but lower than that reported by others [17]. Mirhoseini et al. (2015) showed that the mean concentration of airborne bacteria in hospitals of Isfahan city in Iran was 464 CFU/m$^3$ which is much higher than our results [17]. In the study of Montazeri et al. (2020) concentration of fungal and bacterial aerosols in a burn hospital ranged from 32 to 110 CFU/m$^3$ and 53 to 94 CFU/m$^3$, respectively [23]. Generally, due to the presence of more sources and more favorable environmental conditions for bacteria, the concentration of bacteria in hospitals air is higher than fungi concentration [16]. We found lower concentrations of fungi than bacteria in all samples. Consistent with our results Mousavi et al. (2019) and Bolookat et al. reported the higher level of bacteria in hospitals bioaerosols samples [9, 24].

Table 3 shows the comparison of bioaerosols presence in morning and afternoon shifts. No significant difference between the two shifts was observed. It is indicated that in the studied hospital a constant environmental condition is provided. Other studies reported more bioaerosol presence in afternoon shift, they suggested changes in temperature and relative humidity and presence of visitors as the effective factors on higher microbial load in the afternoon shifts [25, 26].

There was a significant difference between concentrations of airborne fungi and bacteria in different wards, the mean concentration of bioaerosols was highest in LDR and the

| Table 1 Characteristics of the hospital wards |
|-------------------|-------------------------------|-----------------|
| Hospital wards    | Area (m$^2$) | No. of Beds | Ventilation system | Sampling locations |
|-------------------|-------------|-------------|-------------------|-------------------|
| Operating Theater | 306         | 4           | HVAC* with HEPA** filter | Near toilet, nurse station, between patient bed |
| Postpartum Care   | 384         | 30          | Natural ventilation | Near toilet, nurse station, patient room |
| Surgery           | 574         | 31          | Natural ventilation | Near toilet, nurse station, between patient bed |
| NICU              | 100         | 12          | HVAC              | Near toilet, nurse station, between patient bed |
| Neonatal          | 70          | 11          | HVAC              | Near toilet, nurse station, room |
| Emergency         | 147         | 9           | Natural ventilation | Near toilet, nurse station, between patient bed |
| Maternity         | 364         | 11          | Natural ventilation | Near toilet, nurse station, between patient bed |
| LDR               | 277         | 7           | HVAC              | Near toilet, nurse station, room |

*Heating, Ventilation, and air conditioning system
**high efficiency particulate air

| Table 2 Bacterial and fungal concentration of hospital wards air |
|---------------------|---------------------|---------------------|
|                     | Fungal concentration | Bacterial concentration | Total |
|                     | Mean±SD | P value  | Mean±SD | P value | Mean±SD | P value |
| Operating Theater   | 14.28±11.86 | 0.002   | 48.57±23.90 | <0.001 | 62.85±26.42 | <0.001 |
| Postpartum Care     | 17.62±12.83 |         | 56.19±30.22 | 73.81±34.80 |
| Surgery             | 18.75±11.35 |         | 57.13±23.43 | 75.70±28.36 |
| NICU                | 8.58±11.64  |         | 44.29±28.65 | 52.87±36.21 |
| Neonates            | 14.75±11.55 |         | 56.19±30.69 | 70.94±34.89 |
| Emergency           | 14.28±11.86 |         | 75.70±30.74 | 89.99±33.16 |
| Maternity           | 18.09±14.97 |         | 50.94±26.71 | 69.03±29.08 |
| LDR                 | 22.85±14.33 |         | 70.47±27.03 | 93.33±31.33 |
| Total               | 16.13±13.03 | –        | 57.44±29.17 | –        | 73.57±33.88 | –        |
lowest in the Neonatal ward (Table 2). Both of these sites used the HAVC system and the concentration differences is probably due to the higher density of people in LDR. However, based on statistical analysis there was no significant differences between natural ventilation and HAVC. Stockwell et al. (2019) reported that the bioaerosols concentration in areas which used mechanical ventilation was significantly less than wards with natural ventilation [12]. The mean concentration of bioaerosols in operating theater was in agreement with some of the other studies [9, 22] and lower from Mirhoseini et al. (2015) [17] and Montazeri et al. (2020) [23] in Iran, which might be related to the recent installation of new filters in the ventilation system and occupant density. The results of previous studies are provided in Table 6.

In the study of Stocks et al. (2010) a relationship between population density and bioaerosols concentration was reported [33]. We used Inpatient Bed Occupancy Rate (IBOR) as the factor of the population of hospitalized patients. Statistical analysis showed no significant relationship between IBOR and bioaerosols concentration. However, it does not mean that the bioaerosols concentration was not affected by the number of patients, because we did not include the number of outpatients in our analysis.

According to our searches, no other study has been performed on a specialized hospital of obstetrics and gynecology, but there are studies that have reported the highest concentration of bioaerosols in the women wards of hospitals [18, 20]. The survival of bioaerosols is influenced by environmental factors include temperature and relative humidity [12, 16]. In our study, airborne bacterial and fungal concentrations in hospital environments were not significantly related to temperature, but fungal concentration was correlated to relative humidity. Similarly, Obbard and Fang (2003) reported no significant relationship between airborne bacteria and temperature in hospital wards in Singapore, but the relationship between humidity and bacterial level was significant [34]. Contrary to our results, Park et al. (2013) Reported that the presence and concentration of bacteria and fungi are correlated to temperature [35]. Some studies found no significant relationship between bioaerosols and environmental parameters in hospital air [9, 28].

Among bacteria, Staphylococcus, Enterococcus and Pseudomonas aeruginosa have been reported to play the most important role in causing nosocomial infections [1]. According to our searches, no other study has been performed on a specialized hospital of obstetrics and gynecology, but there are studies that have reported the highest concentration of bioaerosols in the women wards of hospitals [18, 20]. The survival of bioaerosols is influenced by environmental factors include temperature and relative humidity [12, 16]. In our study, airborne bacterial and fungal concentrations in hospital environments were not significantly related to temperature, but fungal concentration was correlated to relative humidity. Similarly, Obbard and Fang (2003) reported no significant relationship between airborne bacteria and temperature in hospital wards in Singapore, but the relationship between humidity and bacterial level was significant [34]. Contrary to our results, Park et al. (2013) Reported that the presence and concentration of bacteria and fungi are correlated to temperature [35]. Some studies found no significant relationship between bioaerosols and environmental parameters in hospital air [9, 28].

As is presented in Table 4, staphylococcus aureus (gram-positive) and Neisseria (gram-negative) had the most and the

### Table 3 Number of isolated bacteria and fungi according to the shift

| Sampling time       | Fungi   | Bacteria | Total |
|---------------------|---------|----------|-------|
|                     | P.value | Frequency of positive samples (%) | P.value | Number of positive samples (%) | P.value | Number of positive samples (%) |
| Morning shift       | 0.14    | 86(71.7) | 0.386 | 114(95) | 0.185 | 116(96.7) |
| Afternoon shift     |         | 89(74.2) |        | 118(98.3) |        | 119(99.2) |
| Total               |         | 175(72.9) |        | 232(96.7) |        | 235(97.9) |

### Table 4 Frequency (%) of diagnosed bacteria in different hospital wards

| Bacterial Species | Operating Theater | Postpartum Care | Surgery | NICU | Neonates | Emergency | Maternity | LDR | Total | P.value |
|-------------------|-------------------|-----------------|---------|------|----------|-----------|-----------|-----|-------|---------|
| Staphylococcus aureus | 12(40) | 18(60) | 12(40) | 13(43.3) | 18(60) | 18(60) | 12(40) | 13(43.3) | 116(48.3) | 0.332 |
| Staphylococcus epidermidis | 11(36.7) | 16(53.3) | 8(26.7) | 5(16.7) | 8(26.7) | 9(30) | 9(30) | 14(47.6) | 80(33.3) | 0.067 |
| Micrococcus luteus | 12(40) | 8(26.7) | 11(36.7) | 7(23.3) | 9(30) | 10(33.3) | 10(33.3) | 12(40) | 79(32.9) | 0.84 |
| Micrococcus Roseus | 7(23.3) | 8(26.7) | 10(33.3) | 6(20) | 9(30) | 8(26.7) | 6(20) | 9(30) | 63(26.3) | 0.92 |
| Pseudomonas Aeruginosa | 6(20) | 7(23.3) | 8(26.7) | 11(36.7) | 14(46.7) | 11(36.7) | 7(23.3) | 15(50) | 79(32.9) | 0.094 |
| Pediocock | 8(26.7) | 4(13.3) | 8(26.7) | 2(6.7) | 8(26.7) | 7(23.3) | 7(23.3) | 8(26.7) | 9(30) | 59(24.6) | 0.9 |
| Bacillus | 14(46.7) | 11(36.7) | 9(30) | 8(26.7) | 10(33.3) | 9(30) | 8(26.7) | 13(43.3) | 82(34.2) | 0.63 |
| Niseria | 1(3.3) | 2(6.7) | 1(3.3) | 1(3.3) | 4(13.3) | 4(13.3) | 1(3.3) | 15(6.3) | 0.4 |
| Enterococcus faecalis | 2(6.7) | 4(13.3) | 8(26.7) | 3(10) | 6(20) | 7(23.3) | 7(23.3) | 8(26.7) | 47(19.6) | 0.19 |
| Streptococcus pyogenes | 7(23.3) | 4(13.3) | 5(16.7) | 2(6.7) | 3(10) | 4(13.3) | 4(13.3) | 7(23.3) | 37(15.4) | 0.58 |
| Other Bacteria | 0(0) | 1(3.3) | 4(13.3) | 3(10) | 1(3.3) | 3(10) | 3(10) | 1(3.3) | 17(7.1) | 0.28 |
least frequency among detected bacteria in hospital wards, respectively. Gram-positive bacteria are more resistant to adverse environmental conditions than gram negatives [12, 21]. Other studies similar to ours reported a higher frequency of gram-positive bacteria and *Staphylococcus* species [12, 36, 37]. *Staphylococcus aureus* mainly causes blood-borne infections [1]. *Staphylococcus* spp. are very resistant to dry condition [12] and frequently found in the indoor air of hospitals in Iran which is located in a semiarid area [3, 9, 23]. Some studies suggested *staphylococcus* sp. as the indoor air pollution bacterial indicators [38]. As is seen in Table 5, *Pseudomonas aeruginosa* (gram-negative) had relatively high frequency in LDR and neonatal ward air samples. Studies reported *Pseudomonas* spp. as the main Gram-negative bacteria isolated from hospital wards [11, 21, 23]. *Pseudomonas* spp. require moisture for survival and growth, so their presence may be attributed to the existence of wash-room in the vicinity of the sampling area or cleaning and moping activities during sampling [40]. Since *pseudomonas* species are resistant to many disinfectants, it is difficult to eradicate them from hospitals [21, 40, 41]. *Pseudomonas aeruginosa* has been observed in infections of all parts of the body, especially infections of the kidneys and urinary tract [1].

Enterococcus is involved in causing surgical-site infections [1]. Although in our study Enterococcus was not more common than other isolated bacteria, its highest frequency was observed in the surgery ward (26%) which can be alarming.

The predominant fungal genera isolated in indoor air of hospital wards were *Penicillium* and *Aspergillus* species. Inconsistence of our results Montazeri et al. (2020) reported that *Penicillium* was the most frequently isolated fungi from hospital wards [23]. *Cladosporium, Penicillium, Aspergillus, Alternaria, Fusarium*, and *Candida* are the most common isolated fungi from hospital air in other studies [11, 36].

### Table 5 Frequency (%) of diagnosed fungi in different hospital wards

| Fungal Genera          | Operating Theater | Postpartum Care | Surgery | NICU | Neonates | Emergency | Maternity | LDR | Total | P.value |
|------------------------|-------------------|-----------------|---------|------|----------|-----------|-----------|------|-------|---------|
| *Aspergillus Fumigatus*| 2(6.7)            | 5(16.7)         | 4(13.3) | 2(6.7)| 4(13.3)  | 5(16.7)   | 4(13.3)   | 1(3.3)| 27(11.3)| 0.62    |
| *Aspergillus Niger*    | 3(10)             | 3(10)           | 4(13.3)| 3(10)| 2(6.7)   | 0(0)      | 3(10)     | 3(10)| 21(8.8)| 0.76    |
| *Penicillium*          | 7(23.3)           | 6(20)           | 8(26.7)| 2(6.7)| 7(23.3)  | 5(16.7)   | 7(23.3)   | 8(26.7)| 50(20.8)| 0.59    |
| *Cladosporium*         | 6(20)             | 3(10)           | 2(6.7)| 3(10)| 3(10)   | 2(6.7)    | 5(16.7)   | 6(20)| 30(12.5)| 0.54    |
| *Scopulariopsis*       | 1(3.3)            | 4(13.3)         | 2(6.7)| 0(0)| 3(10)   | 4(13.3)   | 1(3.3)    | 4(13.3)| 19(7.9)| 0.32    |
| *Alternaria*           | 0(0)              | 4(13.3)         | 3(10)| 2(6.7)| 1(3.3)  | 3(10)     | 2(6.7)    | 4(13.3)| 19(7.0)| 0.5     |
| *Mocur*                | 1(3.3)            | 2(6.7)          | 2(6.7)| 2(6.7)| 0(0)   | 1(3.3)    | 1(3.3)    | 1(3.3)| 1(3.3)| 0.75    |
| *Trichoderma*          | 1(3.3)            | 4(13.3)         | 1(3.3)| 2(6.7)| 1(3.3)  | 1(3.3)    | 2(6.7)    | 13(5.4)| 0.64   |
| *Yeast*                | 1(3.3)            | 0(0)            | 1(3.3)| 1(3.3)| 3(10)  | 1(3.3)    | 2(6.7)    | 3(10)| 12(5) | 0.58    |
| *Psilomycosis*         | 2(6.7)            | 1(3.3)          | 3(10)| 0(0)| 1(3.3)  | 1(3.3)    | 1(3.3)    | 12(5)| 12(5) | 0.58    |
| Unknown                | 4(13.3)           | 5(16.7)         | 6(20)| 1(3.3)| 4(13.3) | 3(10)     | 5(16.7)   | 5(16.7)| 33(138)| 0.69    |

### Table 6 Bioaerosols concentration (bacteria and fungi) in the previous studies

| Author (year)          | Bacterial aerosols concentration | Dominant bacteria    | Fungal aerosols concentration | Dominant Fungi | Country |
|------------------------|---------------------------------|----------------------|-------------------------------|----------------|---------|
| Ekjaise et al. (2011)  | 33.5                            | Staphylococcus       | 31.5                          | Aspergillus    | Nigeria |
| Nourmoradi et al. (2011)| 254                             | Staphylococcus       | 214                           | Penicillium    | Iran    |
| Cabo Verde et al. (2015)| 374                             | Staphylococcus       | 16.5                          | Aspergillus    | Portugal|
| Maji et al. (2013)     | 1641                            | Bacillus             | 2830                          | Aspergillus    | India   |
| Hoseinzadeh et al. (2013)| 16.05                          | Staphylococcus       | 18.8                          | Aspergillus    | Iran    |
| Mirzaei et al. (2014)  | 56.4                            | Staphylococcus       | –                             | –              | Iran    |
| Mirhoseini et al. (2015)| 464                             | –                    | –                             | –              | Iran    |
| Sepatvand et al. (2016) | –                               | –                    | 85.7                          | Cladosporium   | Iran    |
| Demirel et al. (2017)  | –                               | –                    | 47.5                          | Penicillium    | Turkey  |
| Montazeri et al. (2020)| 73.5                            | Staphylococcus       | 71                            | Penicillium    | Iran    |
Many studies indicated aspergillus and *penicillium* as the major fungal causative agent of nosocomial infections [11, 12, 23]. These species are resistant to dryness and water scarcity and can survive in different parts of hospitals [11].

According to the WHO guideline 100 CFU/m³ for bacteria and 50 CFU/m³ for fungi are acceptable in the hospital air [42]. In our study, bacterial concentration in wards ranged from 44 to 75 CFU/m³ and fungal concentration ranged from 8 to 22 CFU/m³, which indicates the level of indoor pollution under WHO suggestion.

The most obvious finding of this survey is that the bioaerosols level of the studied hospital is lower than most of the other studies conducted in Iran [14, 17, 23]. Conclusions that can be drawn from bioaerosol detection studies in healthcare settings are highly dependent on study site characteristics and the sampling and detection methodologies used in these studies [11]. In our study, there was only one collection device, so the time of air sampling from all of the selected wards was limited (2.5 min for each sample). Because of the heterogeneous spread of bioaerosols and their different sizes, during the aerosol collection in passive sampling some microorganisms impact on petri dish, while others are still suspended in the air. Therefore, the longer the sampling time, the more detectable microorganisms [12, 43]. On the other hand, as said before bioaerosols concentration in hospital environments may be affected by climate conditions and seasonal changes, activities, population density, and ventilation efficiency [11].

The hospital building is relatively new and disinfection and cleaning activities are managed appropriately. One of the indoor air bioaerosol sources is outdoor air [36]. In this study, the level of bioaerosols in outdoor air was not determined. However, windows during sampling were closed and natural ventilation was not performed at that time. Azimi et al. (2013) reported that opening windows and doors are the most significant route of high concentration of fungi in the hospital air [14]. Low concentration of bacteria and fungi in this study may be related to Viable But Non Culturable (VBNC) state of fungi and bacteria which in this state bacteria and fungi are not culturable but still alive and can cause infection [17]. Molecular techniques like PCR assay could be used to overcome this problem. Furthermore, we used the impaction technique for sampling. Previous studies have reported lower efficiency of impaction and filtration techniques compared to the liquid impingement sampling [44].

An important issue regarding the treatment and control of nosocomial infections is the determination of antibiotic resistance of microorganisms. It is reported that 50 to 60% of nosocomial infections are caused by antibiotic-resistant pathogens.

In this study, although the diversity and concentration of microorganisms were determined, the possibility of transmission of these infections through hospital air was not assessed. Therefore, the possibility or non-possibility of causing risks in these concentrations cannot be assessed. To investigate the possibility of causing infection by microorganisms detected in hospital air, it is recommended that in future studies, quantitative microbial risk assessment be performed using dose-response models.

**Conclusion**

In this study, we found different types and frequencies of bioaerosols in different parts of an obstetrics and gynecology hospital, and the highest level was found in LDR. However, bacteria and fungi potentially causing nosocomial infections (such as *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Aspergillus*) were frequently found in this study. Although there was no difference in the concentration of bioaerosols in natural and mechanical ventilation, it seems that ventilation efficiency should be improved to reduce the level of bioaerosols. Given that nosocomial infections often affect neonates; it is necessary to assess the risk of nosocomial infections through exposure to hospital air for neonates.

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**Declarations**

**Conflict of interest** The authors declare there is no conflict of interest.

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