Study of the physico-chemical quality of *Curcuma longa* (powder and rhizome) marketed in the town of Sétif

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ABSTRACT

Over the past two to three decades, renewed interest has been shown in the *Curcuma longa* plant because of the multiple properties attributed to its spice, properties that are traditionally recognized or empirically observed over hundreds of years of use. *Curcuma longa* is a herbaceous plant belonging to the Zingiberaceae family, cultivated in India and Southeast Asia and considered a coloring spice. Turmeric, especially its rhizome (the underground part), has been used not only as a food spice, but also as a medicinal plant since time immemorial in China and India. The recognition of its medicinal properties is therefore recent in the West. The history of Curcuma is also being written in the future, as much scientific research is being carried out, particularly on the effects of one of its main components, curcuma, in the prevention and treatment of certain cancers. It is in this context that the aim of this work is to evaluate certain parameters of the physicochemical quality of this plant, such as the level of impurity, ash content, moisture content, soluble and insoluble ashes in water, coloring power and chromatography on thin layers on the basis of the standards dictated by the French official journal (JORF). This study was carried out on the two rhizome and powder forms of *Curcuma longa* marketed. For this, five spice shops (2 samples / shop) were selected at random in the town of Sétif. Analyses of the samples taken were carried out with the collaboration of two laboratories: one INSFP (National Institute for Specialized Professional Training Hadadi Cherif el Hidhab Sétif) and the other ERIA (Rad Setif). The results obtained vary from one type to another and from one store to another. The analysis of the variance of impurity levels, moisture content, acid insoluble ash and TLC is significant whereas it is not for other parameters such as: total ash, water insoluble ash and colouring power.

Keywords: *Curcuma longa*, Rhizome and powder, city of Sétif, Physicochemical parameters, TLC.

INTRODUCTION

The use of plants in herbal medicine is very old and is currently experiencing renewed public interest, according to the World Health Organization (WHO) (2003), about 65-80% of the world's population uses traditional medicine to meet their primary health care needs, due to poverty and lack of access to modern medicine. 1 Due to their chemical composition, medicinal plants are of considerable economic interest as part of the food, pharmaceutical and cosmetic industries 2. Spices are classified as aromatic plants and are part of medicinal plants. Indeed, they are endowed not only with perfumed and culinary qualities, but also with varied medicinal virtues thanks to the various active ingredients they contain 4. Turmeric (*Curcuma longa*) is a herbaceous plant belonging to the family Zingiberaceae, it is a spice widely used in Asian cuisine generally and Indian essentially. This spice is characterized by its yellow color which comes from a mixture of phenolic pigments, the curcuminoids which are natural antioxidants 9. 133 species have been identified throughout the world, among them *Curcuma amada*, *Curcuma angustifolia*, *Curcuma aromatica*, the most important of which is *Curcuma longa L.*, the most widely used species today, not only as a food spice, but also as a medicinal plant since time immemorial in China and India. The recognition of its medicinal properties is therefore recent in the West. The history of turmeric is also being written in the future, as much scientific research is being carried out, particularly on the effects of one of its main components, curcuma, in the prevention and treatment of certain cancers. One of the main problems of the food industry is to ensure good food preservation. In particular, oxidation phenomena are feared. Indeed, at the lipid level, oxidative degradation leads to a loss of vitamins, a decrease
in nutritional value, a deterioration of taste and sometimes even the appearance of toxic substances\textsuperscript{11,12}

The microbiological quality of a food is one of the essential bases for its ability to satisfy consumer safety. A food, exposed to deterioration by bacteria and moulds can reduce its sensory, nutritional and health characteristics\textsuperscript{6,14}. Despite improvements in food preservation techniques, the nature of food preservatives remains one of the most important public health issues\textsuperscript{3,5,8}. Our study aims to show the importance of spices in preserving their sanitary quality (healthiness and safety) through the physicochemical properties of the two culinary parts rhizome and powder widely used \textit{Curcuma longa} sold in the markets of the wilaya Sétif (Algeria).

**MATERIALS AND METHODS**

Our work consists in evaluating the physico-chemical quality parameters of the spice of the genus \textit{Curcuma longa} in its two powder and rhizome forms (Fig.01 and 02) marketed at the level in the town of Sétif.

For this study, we selected 5 spice stores randomly located in the town of Sétif, (Fig.03). The different analyses of the studied physicochemical parameters were carried out in two different laboratories such as: the INSEP laboratory (national specialized institute of vocational training Hadi cherif El Hiddab Sétif) and the ERIAD laboratory (Riad Sétif). The data collected were statistically processed using the "Costat" software for an analysis of variance and a comparison of means between the different samples. The results obtained are also referred to the standards of the French official journal\textsuperscript{1}.

**Analyses of the various physico-chemical parameters**

**Impurity rate (NF - V03-402 1982).**

The quantification of impurities consists of separation by sieving. A test sample of approximately 30 grams is sieved through a sieve with a diameter of 355 µm (Fig.04). The retentate is considered as impurities.

The level of impurities, in percent by mass, is calculated by the following formula:

\[ T_{imp} \% = \frac{P_{imp} \times 100}{P_{PE}} \]

Where: * $T_{imp}$ (%): Impurity content, expressed as a percentage by mass.

* $P_{imp}$: Weight of impurities in grams.

* $P_{PE}$: Weight of test portion in grams.

Figure 1: \textit{Curcuma longa} (powder).  
Figure 2: \textit{Curcuma longa} (rhizome).

Figure 3: Location of the study sites in the town of Sétif.
Determination of water content (NF V 03402; 1982)

It is the sudden loss of mass of the product after heating at 115°C for 2-3 hours, it is expressed in % mass (Fig.05 and 06).

The water content, expressed in % mass, is given by the following formula:

\[
\text{Water content (%)} = \frac{(p_0 - p_1) \times 100}{p_0}
\]

Where:
- \(p_0\) (= \(m_1 - m_0\)): mass, in grams, of the test sample before drying.
- \(p_1\) (= \(m_2 - m_0\)): mass, in grams, of the test sample after drying.

Determination of total ash on dry matter

Total ash expression is a term referring to the inorganic portion of a food sample remaining after the sample (Fig.07 and 08) has been burned at 800°C for two hours. Carried out according to the method 13.

The total ash content, expressed as a percentage, is given by the following equation:

\[
\text{WTA (\%)} = \frac{[(m_3 - m_1) / (m_2 - m_1)] \times 100}{m_1}
\]

Where:
- WTA: total ash content, expressed as percentage by mass.
- \(m_1\): mass, in grams, of the empty capsule.
- \(m_2\): mass, in grams, of the capsule and the test sample.
- \(m_3\): mass, in grams, of the capsule and the residue obtained.
Determination of acid-insoluble ash in dry matter

Acid insoluble ash is defined as the proportion of total ash remaining after treatment with hydrochloric acid and heating of the sample (Fig.09) until constant weighing according to the protocol (NF V 03-405; 1982).

The insoluble ash content, expressed as a percentage, is given by the following relationship:

\[ WA(\%) = \left( \frac{m_3 - m_1}{m_2 - m_1} \right) \times 100 \]

WA: total ash content, expressed as percentage by mass.
*m1: mass, in grams, of the empty capsule.
*m2: mass, in grams, of the capsule and the test sample.
*m3: mass, in grams, of the capsule and the residue obtained.

Figure 9: Filtration of acid-insoluble ashes

Determination of water-soluble ashes

Treatment of the total ash obtained according to (NF V 03-405; 1982), with boiling water for 5 minutes with 25 ml of water (Fig.10 and 11).

The insoluble ash content, expressed as a percentage, is given by the following relationship:

\[ WA(\%) = \left( \frac{m_3 - m_1}{m_2 - m_1} \right) \times 100 \]

• WA: teneur en cendres totales, exprimée en pourcentage en masse.
• m1: masse, en grammes, de la capsule vide.
• m2: masse, en grammes, de la capsule et de la prise d’essai.
• m3: masse, en grammes, de la capsule et du résidu obtenu.

Figure 10: Filtration of water-soluble ash (Curcuma powder)

Figure 11: Filtration of water-soluble ash (Curcuma rhizome after grinding)

Determination of the tinting strength of Curcuma (NF V 32-156,1982)

The extraction of the pigments from Turmeric is carried out using hot ethanol. The dilution of the extract is measured by absorbance spectrophotometry at the wavelength of the absorption maximum at 425 nm (Figs. 12 and 13).

\[ \frac{A \times D \times 100}{E \times m} = \frac{A \times 50 \times 100}{1607 \times m} \]

A: measured absorbance
D: dilution of extract
E: the specific absorbance of a 1% solution of Curcuma, measured at 425 nm in cuvettes with an optical path length of 1 cm, i.e. 1607.
m: mass, in grams, of the test sample.
Separation of different coloured pigments by thin-layer chromatography

The pigments extracted from Turmeric were separated by TLC.

**Preparation of the tank**

The vessel atmosphere must be saturated with eluent vapor. The eluent has been poured over a height of 1/2 cm.

- Eluent: Petroleum Ether/Ethyl Acetate (7:3)

**Preparation of the chromatographic plate**

- Take a silica-gel plate.
- Using a pencil, draw a line 1.5 cm from the bottom edge of the plate.
- Lightly mark with a pencil on this line, the locations where the extracts to be analysed will be deposited. The locations should be about 1 cm apart and 1 cm from the edges of the plate. (Fig 14)

**Depositing the sample**

- Using a propette, take a small drop of Turmeric extract and place it in the marked place.
- Make several deposits in the same place, leaving to dry between each deposit (Fig. 15).

**Élution**

- When the deposits are dry, insert the plate vertically into the cell (the deposit line must not dip into the eluent) and close.
- During elution, the eluent migrates onto the plate by impregnating the silica.
- Remove the plate from the cell at the end of elution.
- Use a pencil to mark the solvent front with a pencil, using the eye and UV light to mark the spots.

**Revelation (chromatogram development)**

Observe the chromatogram and circle with a pencil the different coloured spots that appear (Fig. 16).
Calculation of Frontal Ratio (Rf)

For each spot we calculated the retention factor, which is equal to the distance travelled by the constituent divided by the distance travelled by the solvent.

\[ R_f = \frac{d}{D} \]

d: Distance travelled by the constituent
D: Distance travelled by the eluent’s edge

This factor is characteristic of a substance taking into account the solvent used.

RESULTS

Impurity rate

The impurity content of turmeric shows variations of the order of 4.9% for the powder and 3.9% for the rhizome. Indeed, the highest levels for the type (Curcuma powder) were observed in store 5 with an average of about 12.3% (Fig. 17), while store 4 has a lower impurity level of 7.4%. For the rhizome, the levels of impurities in stores 2, 3 and 5 are almost equal, with averages of 8.6% and 8.5% respectively, while the lowest average is found in store 1.

Figure 17: The % content of impurities in Curcuma longa (powder and rhizome) sold in different shops.

Analysis of the variance of impurities in the two types of samples (powder and rhizomes) shows a highly significant difference (Table 1). The classification of dockage is done according to two homogeneous groups; the first group (A) which corresponds to the rhizome type with an average of 0.5% where the samples contain more dockage and group (B) corresponds to the powder dockage with a low average of 0.27% where the samples have less dockage compared to the rhizome type.

Table 1, also shows the analysis of variance between different samples in the same type both in the powder and in the rhizome. For the powder factor, the analysis of variance is highly significant between samples (stores), where it shows two homogeneous groups; group (A) includes stores 1 and 5 with high averages in the order of 13.8% and 13.6% respectively, it has a higher dockage than the other stores. Group (B) is represented by store 4 with an average of 7.83% where the latter has a low dockage level.

Table 1: Analysis of variance of impurities for both types (Rhizome and powder) and between samples of each type.

| Type    | Mean   | P < 0,05 | Samples | P < 0,05 |
|---------|--------|----------|---------|----------|
| Powder  | 0.272 b| 0.0012***| 13,8 a  | 0.013 **  |
|         |        |          | 11,8 ab |          |
|         |        |          | 12,03 ab|          |
|         |        |          | 7,83 b  |          |
|         |        |          | 13,6 a  |          |
| Rhizome | 0.544 a|          | 6,63 a  | 0.602 NS  |
|         |        |          | 10,66 a |          |
|         |        |          | 11,6 a  |          |
|         |        |          | 11,06 a |          |
|         |        |          | 10,86 a |          |

a, b, c: significant difference at the 5% threshold. (NS= not significant)
Humidity level
According to Fig. 18, the moisture content of *Curcuma longa* is variable between the two types of the species (powder and rhizome) and between stores. Turmeric in rhizome form has higher values than turmeric powder, where the highest moisture content of around 13.4% is recorded at store 3, while stores 1, 2, 4, 5 have very similar values, with the lowest 12.5% recorded by store 1. On the other hand, Turmeric powder has lower rates between 10.5% and 11.7%, with the highest value recorded in store 5 and the lowest in stores 3 and 4.

![Figure 18: Moisture content in % of Curcuma powder and rhizome sold in different shops.](image)

The results of the analysis of variance of the water content, or moisture content, of Turmeric are highly significant both for the type of Turmeric and for different stores within the same type.

The average of turmeric in Rhizome is higher; it is about 12.92%, against a lower rate of 11.36% for turmeric powder (Table 2).

Analysis of variance for both factors shows the existence of different homogeneous groups. For the rhizome factor, there are three different homogeneous groups, such as group A with a high average of 13.43% represented by store 3, group B represented by stores 2 and 4 with respective averages of 13.00 and 13.06%. On the other hand, group C is represented by stores 1 and 5 with lower averages of 12.70% and 12.53%. For the powder factor, there are also three different homogeneous groups, such as group A with a high average of 12.5% represented by store 2, group B represented by stores 1 and 5 with averages of 11.63% and 11.76% respectively. On the other hand, group C is represented by stores 3 and 4 with lower averages of 10.53% and 10.56%.

| Type     | Mean   | P<0.05  | Samples | P<0.05   |
|----------|--------|---------|---------|----------|
| Powder   | 11.36 a| 0.0054 ***| 11.63 b | 0.0000 ***|
|          | 12.50 a|         |         |          |
|          | 10.53 c|         |         |          |
|          | 10.56 c|         |         |          |
|          | 11.76 b|         |         |          |
| Rhizome  | 12.92 b|         |         |          |
|          | 12.53 c|         | 0.0002 ***|         |
|          | 13.00 b|         |         |          |
|          | 13.43 a|         |         |          |
|          | 13.06 b|         |         |          |
|          | 12.70 c|         |         |          |

a, b, c: significant difference at the 5% threshold.

Total ash content
From Fig 19, we notice for the rhizome factor, the highest contents are recorded at the level of stores 4, 5, 2 and 1 with averages of around 5.6% 5.16% and 5.3% and 5% respectively. While store 3 has the lowest ash content with an average of 4.3%.

At the same level of Figure 19, it can be seen that the collected powder shows variations of the order of 3.7% and with lower contents in relation to the rhizome factor except for store 4, which records a higher total ash content with a value of 5.8%. Whereas, store 2 recorded the lowest value with 2.1% ash content.
The results in Table 3, show that the total ash content of Turmeric a non-significant difference between the two factors powder and rhizome with respective averages of 5.06% for the rhizome and 4.04% for the powder. It is also non-significant between stores.

### Table 3: Results of analysis of variance of total ash content

| Type    | Mean | P<0.05  | Samples | P<0.05 |
|---------|------|---------|---------|--------|
| Powder  | 4.40 | a       | 4.66    | a      |
|         |      |         | 3.66    | a      |
|         |      |         | 5.00    | 0.5476 NS |
|         |      |         | 5.83    | a      |
|         |      |         | 4.50    | a      |
| Rhizome | 5.06 | a       | 5.00    | a      |
|         |      |         | 5.33    | a      |
|         |      |         | 4.33    | 0.8291 NS |
|         |      |         | 5.66    | a      |
|         |      |         | 5.16    | a      |

a, b, c: significant difference at the 5% threshold (NS= not significant)

### Acid-insoluble ash content

The highest values of insoluble ash were recorded at the rhizome level with high averages for all stores 1, 2, 3, 4, 5 with rates (between 0.42% - 0.52%) compared to the marketed powder which recorded lower values with averages of 0.38 - 0.37% for stores 2, 3, 4 and 0.04% for stores 1 and 5 (Fig20).
The analysis of variance of acid insoluble ash content shows a significant difference between the two factors powder and rhizome with respective averages of about 45.8% and 24.00% while it is non-significant between the different samples (Table 4).

| Type     | Mean  | P<0.05  | Samples | P<0.05  |
|----------|-------|---------|---------|---------|
| Powder   | 24.00 | 0.0311 *| 4.00 a  | 0.2442  |
|          |       |         | 3.00 a  | NS      |
|          |       |         | 3.66 a  |         |
|          |       |         | 4.33 a  |         |
| Rhizome  | 45.80 | 0.52 a  | 3.00 a  | 0.9989  |
|          |       |         | 3.66 a  | NS      |
|          |       |         | 4.06 a  |         |
|          |       |         | 4.06 a  |         |

a, b, c: significant difference at the 5% threshold (NS= not significant)

**Water-soluble ash content**

The powder registers maximum soluble ash contents (Fig. 21) between 8.3% - 2.6% compared to the rhizome factor values which show low levels of around 5% - 2.3%.

The results of the water soluble ash contents recorded show a non-significant difference between the two factors rhizome and powder with averages of 5.08% for powder and 3.70% for rhizome. It is also non-significant between the different samples (stores) of the two types of Turmeric (Table 5).

**Figure 21: The % content of water-soluble ash in Curcuma in different stores**

Table 5: Results of the analysis of variance of the water-soluble ash content between turmeric types and between different samples.

| Type     | Mean  | P<0.05  | Samples | P<0.05  |
|----------|-------|---------|---------|---------|
| Powder   | 5.08 a| 0.3070  | 3.00 a  | 0.5452  |
|          |       |         | 5.60 a  | NS      |
|          |       |         | 5.30 a  |         |
|          |       |         | 2.00 a  |         |
|          |       |         | 1.16 a  |         |
| Rhizome  | 3.70 a| 3.66 a  | 3.00 a  | 0.7555  |
|          |       |         | 4.00 a  | NS      |
|          |       |         | 2.83 a  |         |
|          |       |         | 2.16 a  |         |

a, b, c: significant difference at the 5% threshold (NS= not significant)
**Coloring power of Curcuma**

According to Fig 22, the optical density recorded by the powder type is the highest where the highest values are recorded at magazine 2 with an optical density of about 3.19%, while magazine 5 shows a lower optical density with 0.9%.

![Optical density graph](image)

**Figure 22: Optical density (%) between types of Curcuma and between different stores.**

The results of the density of the curcumonoid extract (Table 6) show that the analysis of variance is non-significant between factors (rhizome and powder) with means 1.602% for the powder and 1.32% for the rhizome. It is also non-significant between samples.

**Table 6: Results of the analysis of variance of the optical density**

| Type     | Mean   | P<0.05 | Samples | P<0.05   |
|----------|--------|--------|---------|----------|
| Powder   | 1.602  | a      | 1.77 a  | 0.5298 NS|
|          |        |        | 2.77 a  |          |
|          |        |        | 1.51 a  |          |
|          |        |        | 1.06 a  |          |
|          |        |        | 0.90 a  |          |
|          | 0.4825 NS|       |         |          |
| Rhizome  | 1.324  | a      | 1.96 a  | 0.3538 NS|
|          |        |        | 1.15 a  |          |
|          |        |        | 0.97 a  |          |
|          |        |        | 1.49 a  |          |
|          |        |        | 1.05 a  |          |

a, b, c: significant difference at the 5% threshold (NS= not significant)

**Thin layer chromatography of dyestuffs**

The TLC results of the extracts of the different samples, revealed the presence of three spots or spots corresponding to the different components of the extract of Curcuma powder and rhizome. (Fig 23).

![TLC results](image)

**Figure 23: TLC results for Curcuma extracts**
Indeed, these different tasks correspond to the different frontal Rf reports, namely:

- \( Rf_1 \) = corresponds to BDMC = bisdemethoxycurcumin
- \( Rf_2 \) = corresponds to DMC = demethoxycurcumin
- \( Rf_3 \) = corresponds to C = curcumin

### Table 7: Frontal ratio of the different spots found on the TLC plate of *Curcuma longa* extracts

| Type       | Mean | \( P < 0.05 \) | Samples | Norms (Supamattaya and al., 2005) | \( P < 0.05 \) |
|------------|------|----------------|---------|-----------------------------------|----------------|
| Powder     | 0.52 b | 0.32 a         | 0.33 a  | 0.38 a  | 0.44 a  | 0.39 a  | 0.70    | 0.775 NS |
| Rhizome    | 0.66 a | 0.000***       | 0.65 a  | 0.67 a  | 0.66 a  | 0.68 a  | 0.68 a  | 0.114 NS |

\( a, b, c: \) significant difference at the 5% threshold \( (NS= \) not significant)
curcuminoids about 5-8% \(^1\). The TLC of curcuma dyes studied revealed three tasks corresponding to the different components of Curcuma. Our results show that the analysis between the two types of Turmeric is highly significant and that the Rf3 is 0.52 for the powder lower than that of the rhizome which is 0.66. This is because the rhizome contains more curcumin and substituents than the powder which contains less curcumin.

**CONCLUSION**

At the end of this work, the objective was to determine certain physicochemical quality parameters of the *Curcuma longa* species in its two forms (rhizome and powder). The parameters studied are those quoted by the French official journal. We can say that our results are more or less satisfactory:

For the levels of impurities, total ash, ash insoluble in acid and water, coloring power and chromatography (TLC) are in accordance with the standards indicated by AFNOR, 1982. But the problem arises at the level of the parameter moisture content which does not enter the standards which explains that there is a problem of conservation of the samples.

Between the two types (rhizome and powder) studied we can say that the rhizome is the part of the plant that should be used much more as a daily culinary spice, given its content which does not enter the standards which explains that there is a problem of conservation of the samples.

At the end of this study, we can conclude that the quality control of spices is a very neglected area in Algeria compared to other foodstuffs. This requires a very strict monitoring and control especially in the city of Sétif, since these products are very much used in the culinary field with the great risk it can generate on human health in the long term and as very promising preservatives for the food industry.

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