I. INTRODUCTION

Type Ia supernovae (SNe Ia) are thought to be thermonuclear incinerations of carbon-oxygen white dwarf stars after accretion from a companion has increased their mass to near the Chandrasekar limit (for a review, see e.g. [1]). It is unclear, however, what type of binary systems produce SNe Ia and how the structure of the progenitor affects the outcome of the explosion. Observational studies show that the peak brightness of SNe Ia, and hence the mass of $^{56}$Ni synthesized in the explosion, are correlated with the properties of the host galaxy [2]. One proposed explanation for this is that the ratio of $^{56}$Ni to stable nickel and iron isotopes depends on the electron abundance $Y_e$ in the white dwarf at the time of the explosion. A reduction in $Y_e$ shifts the isotopic distribution of iron-peak ejecta to more neutron-rich isotopes [3] and decreases the mass of $^{56}$Ni ejected, which in turn reduces the peak brightness of the supernova. In the pre-explosion white dwarf, $Y_e$ is set by the abundance of trace nuclides such as $^{22}$Ne [4].

In recent works [5, 6] it was pointed out that reactions during the pre-explosion “simmering” phase (during the $\sim 10^3$ yr prior to the explosion) also reduce $Y_e$. During this period, protons formed from $^{12}$C($^{12}$C, p)$^{23}$Na predominantly capture onto $^{12}$C to form $\beta$-unstable $^{13}$N. The $^{13}$N($e^-, \bar{\nu}_e$)$^{13}$C reaction thus plays a role. Since the stellar density is $\rho = (1-3) \times 10^9$ g/cm$^3$, the electron Fermi energy is sufficiently high ($\approx$ 5 MeV) to allow electron capture on the $^{13}$N ground state (spin-parity $J^\pi = 1/2^-$) via an allowed Gamow-Teller (GT) transition into the $J^\pi = 3/2^-$ state of $^{13}$C at 3.68 MeV [5], in addition to the capture to the $^{13}$C ground state ($J^\pi = 1/2^-$). Note that captures into states at higher excitation energies are not important for the range of densities found in white dwarf stars, so the heating from this reaction is set by captures into this excited state and the ground state. As discussed briefly in Ref. [5], where a shell model calculation was used to estimate the contribution of the excited state, the increased capture rate does not strongly effect the reduction of $Y_e$, which is instead governed by the production of $^{13}$N, not by the faster (under these con-
The weak transition strength from the \(^{13}\text{N}\) ground state to the \(^{13}\text{C}\) ground state is well determined using the experimental log \(ft\) value of 3.6648 ± 0.0005 for \(\beta^+\)-decay [9]. Because the excitation energy of the 3.68 MeV state is higher than the Q-value for \(\beta^+\)-decay (2.22 MeV), no such data are available for the transition to this state. Therefore, in Ref. [5], the GT transition strength from the \(^{13}\text{N}\) ground state to the excited state at 3.68 MeV in \(^{13}\text{C}\) was calculated \((B(GT)=1.5)\) using the shell-model code OXBASH [10] employing the CKII interaction [11] in the \(p\)-shell model space, taking into account a phenomenological quenching factor of 0.67 [12] for the Gamow-Teller strength \(^1\).

Experimental information about the Gamow-Teller strength can be extracted, however, by studying the analog transition from the \(^{13}\text{C}\) ground state to the \(J^z=3/2^-\) state at 3.51 MeV in \(^{13}\text{N}\), using a \((p,n)\)-type charge-exchange reaction and assuming isospin symmetry (the validity of this assumption is discussed below). In the simplified level-scheme of relevant \(A=13\) nuclei depicted in Fig. 1, these analog transitions are labeled 5 and 6.

The charge-exchange reaction studies rely on the proportionality between \(B(GT)\) and the charge-exchange cross section at zero momentum transfer \((q=0)\) (see details below). Several experiments on \(^{13}\text{C}\) have been performed using the \((p,n)\) reaction at beam energies between 120 MeV and 200 MeV. In the earlier experiments [13–15], a \(B(GT)\) of 0.82 ± 0.05 \(^2\) was extracted. The unusually large discrepancy between the experimental value and the theoretical one \((B(GT)=1.5,\) taking into account quenching\) was the topic of considerable debate [14–16]. More recently, a measurement of the \(^{13}\text{C}(p,n)\) reaction at 197 MeV gave \(B(GT)=1.06±0.05\) [17]. This value is closer but still significantly lower than the shell-model predictions. Because of the significance of this transition for the calculations performed for SNe Ia, further investigation is warranted.

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\(^1\) This value is calculated by squaring the quenching factor of the free-nucleon operator given by \(q_s = 1 - 0.19\left(\frac{1}{13}\right)^{0.35}\) [12].

\(^2\) This is the value from Ref. [15]. The \(B(GT)\) values in Refs. [13, 14] are within the uncertainties consistent with this value.

FIG. 1: Isospin analogous transitions in the \(A=13\) and \(T_z=\pm1/2,\pm3/2\) isobar system are schematically shown. The Coulomb displacement energies are set to zero so that the isospin symmetry of the system becomes clearer. For each state, spin-parity \(J^z\) and isospin \(T\) are indicated. Excitation energies are given, where relevant for the present work, relative to the ground state of the nuclei. Transitions labeled by 1-4 are analogs and transitions with labels 5 and 6 are analogs. For transitions labeled with \(\beta^\pm\), the log \(ft\)'s are known from \(\beta\)-decay experiments.

As an alternative to the \(^{13}\text{C}(p,n)\) reaction, we studied the \(^{13}\text{C}(^3\text{He},t)\) reaction at 420 MeV and combined the results with an earlier \(^{13}\text{C}(^3\text{He},t)\) experiment performed at 450 MeV [18]. The data at 420 MeV were taken as part of a program to study the extraction of GT strength using the \(^3\text{He},t\) probe [19] over a wide mass range. Since the targets used contained natural carbon (1.07% \(^{13}\text{C}\)) only transitions to low-lying states in \(^{13}\text{N}\) could be studied. The transition to the \(T=3/2, J^z=3/2^-\) state at 15.1 MeV in \(^{13}\text{N}\) is important for strength calibration purposes. However, in targets made of natural carbon this state is inseparable from the strong \(^{12}\text{C}(^3\text{He},t)^{12}\text{N}(g.s.))\) reaction since the Q-values are nearly identical. Therefore, the data from the older experiment, in which a highly-enriched \(^{13}\text{C}\) target was used, was needed as well. Comparing the two sets also provides a good way to evaluate systematic errors in the extraction of cross sections.

This paper is structured as follows. After briefly describing the method of extracting GT strengths from charge-exchange data and the particular methods used for the \(A=13\) analog transitions, the findings from the \(^{13}\text{C}(^3\text{He},t)\) experiments are presented and compared with the shell-model calculations. It is shown that the results
from the $^{13}$C$(^3\text{He},t)$ experiments and the shell-model calculations are consistent. We then briefly discuss the comparison with the $(p,n)$ results. Finally, we estimate the uncertainties in the electron-capture rates on $^{13}$N in the stellar environment and discuss the ramifications for the simmering stage of SNe Ia.

II. EXTRACTION OF WEAK TRANSITION STRENGTH FROM THE $^{13}$C$(^3\text{He},t)$ REACTION.

For both the $(p,n)$ and $(^3\text{He},t)$ reactions, the extraction of $B(\text{GT})$ values from the data is based on their proportionality to the cross section at zero momentum transfer ($q = 0$) at sufficiently high beam energies ($\gtrsim 100$ MeV/nucleon). In eikonal approximation, this proportionality is written as [15]:

$$\frac{d\sigma}{d\Omega}(q = 0) = K N_{\sigma\tau} |J_{\sigma\tau}|^2 B(\text{GT}) = \sigma_{\sigma\tau} B(\text{GT}). \quad (1)$$

Here, $K = \frac{E_i E_f}{(2\pi)^2}$ where $E_i(f)$ is the reduced energy in the incoming (outgoing) channel, $N_{\sigma\tau}$ is the distortion factor defined by the ratio of the distorted-wave to the plane-wave cross sections; $|J_{\sigma\tau}|$ is the volume-integral of the central $\sigma\tau$ interaction. The factor $K N_{\sigma\tau}|J_{\sigma\tau}|^2$ is referred to as the unit cross section, $\sigma_{\sigma\tau}$. For excitations from a particular target nucleus, the unit cross section is usually determined experimentally, using transitions for which the $B(\text{GT})$ is empirically known from $\beta$-decay.

The proportionality of Eq. 1 is not perfect. In particular, contributions from incoherent and coherent $\Delta L=2$, $\Delta S=1$ to GT transitions lead to deviations. The incoherent contribution, associated with a total angular momentum transfer to the relative motion between the target and projectile $\Delta J_R = 2$, can be extracted from the data, since its angular distribution peaks at finite angle and has a minimum at 0°. Usually, the $\Delta J_R = 2$ contribution to the $0^\circ$ cross section is no more than a few percent of the total cross section. The coherent contribution, largely due to the non-central tensor-interaction and the largest source that breaks the proportionality of Eq. 1 [20–22], cannot easily be determined from the data since it does not strongly affect the angular distribution at forward scattering angles. Its effect on the cross section must be estimated by theory. Such estimates have shown to provide reasonable estimates for the breaking of proportionality for $(^3\text{He},t)$ reactions on $^{20}$Mg [20] and $^{58}$Ni [21].

For Fermi transitions, a relationship similar to Eq. 1 exists between $\frac{d\sigma}{d\Omega}(q = 0)$ and the Fermi strength $B(F)$ with unit cross section $\sigma_F$, but with a distortion factor $N_F$ and volume integral of the central $\tau\tau$ interaction $|J_\tau|$. Since no spin transfer is involved, breaking of the proportionality due to $\Delta L=2$ contributions is not an issue.

Here, we are particularly interested in the excitation of the $3/2^-$ state at 3.51 MeV (transition 6 in Fig. 1). The unit cross section used to convert the cross section at $q = 0$ to strength can be calibrated in two ways. The first method relies on the use of the transition to the $^{13}$N ground state, for which the strength is known from $\beta^+$ decay data [9]. This transition contains both a Fermi component (non-spin-flip, $\Delta S=0$) and GT component ($\Delta S=1$). Under the assumption that the Fermi strength $B(F)$ exhausts the full Fermi sum rule ($S_- (F) - S_+ (F) = (N - Z) = 1$) \(^3\), the strength of the GT component $B(\text{GT}) = 0.207 \pm 0.002$ can be found using:

$$B(F) + \left(\frac{g_A}{g_V}\right)^2 B(\text{GT}) = \frac{K}{g_V^2 f_I}, \quad (2)$$

with $\left(\frac{g_A}{g_V}\right) = 1.264 \pm 0.002$ [24] and $K/g_V^2 = 6147 \pm 7$ [25]. However, to extract the unit cross section for the GT component only, the unit cross section for the Fermi component must be known with good accuracy, which makes this transition harder to use as a calibration tool.

Fortunately, a second method to independently calibrate the GT unit cross section is available, namely using the transition to the $^{13}$N($3/2^-, T = 3/2$) state at 15.1 MeV (labeled 3 in Fig. 1). This transition has three analogs, labeled 1, 2, and 3 in Fig. 1. For transition 1 ($^{13}$B($\beta^-^{13}$C) and transition 4 ($^{13}$O($\beta^-^{13}$N) the lifetimes, and thus $B(\text{GT})$ values, are known from $\beta$-decay experiments. After correcting for the difference in spin and isospin factors, the $B(\text{GT})$ for transition 3 is estimated to be $0.213 \pm 0.001$ using the $B(\text{GT})$ from transition 1 and $0.237 \pm 0.001$ using the $B(\text{GT})$ from transition 4.

The mirror asymmetry in the GT $\beta$-decay matrix elements can be attributed to isospin breaking due to the Coulomb interaction. In Ref. [26], the ratio $R = M^{(13)}O(3/2^-, g.s.) - M^{(13)}(1/2^-, g.s.) + M^{(13)}(3/2^-, g.s.) - M^{(13)}(1/2^-, g.s.)$ was estimated to be 0.925 for the radial overlap (Method I of Table 1 from Ref. [26]). Combined with value for isospin mixing in the p-shell for this transition of 0.992, $R$ becomes 0.918, which is close to the measured asymmetry of $0.213 \pm 0.001 = 0.899 \pm 0.006$. In Ref. [15], the $B(\text{GT})$ for the transition 3 of Fig. 1 was set to $0.23 \pm 0.01$, where the error was chosen to represent the minor ambiguity due to isospin symmetry breaking and, for the sake of consistency, we used the same number in the current analysis.

We used the methods of Ref. [26] to estimate the isospin symmetry breaking between transitions 5 and 6 in Fig. 1. The calculations are based on the Skyrme Hartree-Fock radial wave functions obtained with the Skx interaction [27]. The p-shell isospin breaking was obtained in proton-neutron formalism with the charge-dependent interaction of Ormand and Brown [28]. The result for $R = M^{(13)}N(3/2^-, g.s.) - M^{(13)}C(3/2^-, 3.68 \text{MeV}) = 1.043$ for the radial overlap and 1.014 for the p-shell

\(^3\)This assumption is valid on the level of 0.15(9)% [23]

\(^4\)B(\text{GT}) is calculated from the matrix element $M(\text{GT})$ via $B(\text{GT}) = \frac{1}{2(2\tau_f + 1)} \frac{(T_{\tau_f} \Delta \tau \Delta T_{\tau_f} T_{\tau_f} f_I)^2}{2\tau_f + 1} M^2(\text{GT})$
isospin mixing for this transition for a total ratio $R = 1.06$. Since this estimated asymmetry is comparable in magnitude to the uncertainties in extracting the $B(\text{GT})$ value for transition 6 via the charge-exchange reactions, isospin symmetry is assumed in the remainder of this paper.

A minor disadvantage of using transition 3 to calibrate the GT unit cross section is that the Q-value (17.248 MeV), and thus the minimum momentum transfer (at 0°) for this transition are relatively large (0.18 fm$^{-1}$). Since the cross section at $q = 0$ must be used in Eq. 1 an extrapolation is required which is estimated theoretically (see below). However, the error in this extrapolation is small compared to the error in determining the GT unit cross section from the ground-state transition where the Fermi component has to be subtracted.

After the determination of the GT unit cross section using transition 3, the $B(\text{GT})$ for transition 6 can be extracted. Moreover, since the $B(\text{GT})$ for the ground-state transition is known, the cross section for the GT component can be estimated and subtracted from the total cross section for the ground-state excitation. The remaining Fermi cross section is then used to determine the Fermi unit cross section.

III. EXPERIMENTAL RESULTS.

The $^{13}\text{C}$(^3\text{He},t)$ data were obtained at RCNP using the spectrometer Grand Raiden [29]. A 3-pnA, 420 MeV $^3\text{He}$ beam bombarded a 4.1 mg/cm$^2$ $^{nat}\text{C}$ target and a 1.0 mg/cm$^2$ $^{nat}\text{C}_6\text{H}_6\text{O}_4$ (Mylar) target. Tritons were measured in the focal plane of the spectrometer and momenta and angles reconstructed through a ray-tracing procedure. The spectrometer was tuned to run in the “off-focus” mode [30] of operation, so that the angles in both dispersive and non-dispersive direction could be extracted with good accuracy. Center-of-mass scattering angles between 0° and 3.0° were covered with a resolution of 0.2° (FWHM). The energy resolution was $\sim 110$ keV with the thin Mylar target and $\sim 150$ keV with the $^{nat}\text{C}$ target due to larger differential energy loss of the $^3\text{He}$ and triton in the thicker target. $^3\text{He}$ beam particles were collected for the purpose of cross section calculation in a Faraday cup placed in the inner bend of the first dipole magnet of Grand Raiden. Since the cross sections for the two different targets were consistent within statistical errors and the total number of events collected a factor of ten larger with the $^{nat}\text{C}$ target, the results reported here are those taken with the $^{nat}\text{C}$ target. In the same beam-time period as these data were taken, data for other targets were obtained to establish an empirical relationship for unit cross sections as a function of mass number. The results of that study were presented in Ref. [19].

In Fig. 2a the excitation-energy spectrum of $^{13}\text{N}$ taken with the $^{nat}\text{C}$ is shown for center-of-mass scattering angles between 0° and 3°. Besides the ground state and

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{fig2.png}
\caption{a) Excitation energy spectrum of $^{13}\text{N}$ taken with the ($^3\text{He},t$) reaction at 420 MeV on a $^{nat}\text{C}$ target. The ground state and excited state at 3.51 MeV are indicated. b) Differential cross sections for the $^{13}\text{C}$(^3\text{He},t)$^{13}\text{N}$(3.51 MeV) reaction from the present data (error bars are statistical only) and from Ref. [18]. The latter have been scaled by a factor 0.88. Also included is the result from the DWBA calculation, for which the scale was adjusted to fit the data. c) Idem, but for the $^{13}\text{C}$(^3\text{He},t)$^{13}\text{N}$(g.s.) transition. The contribution from GT and Fermi components to this transition is described in the text. d) Idem, but for the $^{13}\text{C}$(^3\text{He},t)$^{13}\text{N}$(15.1 MeV) transition. Only data from Ref. [18] is available.}
\end{figure}
the state at 3.51 MeV, the 1/2^+ state at 2.36 MeV can also be seen. Fig. 2b shows the differential cross sections for the transition to the 3.51 MeV state. The data from Ref. [18] are also shown after scaling by a factor of 0.88. The effect of the slight difference in beam energy (420 MeV for the present data and 450 MeV for Ref. [18]) on the absolute cross section was estimated in DWBA (detailed below) and was found responsible for about half of the required adjustment. The need for further scaling is most likely due to systematic errors in the beam integrations and target thicknesses. 5 Note that another state (J^π = 5/2^+) exists at an excitation energy of 3.55 MeV, which cannot be separated from the state at 3.51 MeV. The transition to the 3.55 MeV state is of dipole nature. If it had a significant cross section it would have drastically changed the angular distribution shown in Fig. 2b, since dipole transitions have a minimum and maximum at scattering angles of 0^o and ~ 1.2^o, respectively. We, therefore, concluded that the contribution from this transition can be ignored.

Fig. 2c shows the measured differential cross sections to the 13^N ground state from both the present data and from Ref. [18]. The latter has been scaled by the same factor 0.88 described above. A slight discrepancy can be seen between the data sets, which is likely caused by a reduction of the relative contribution from the Fermi component to the excitation of this state at the higher beam energy. The strength of the central τ interaction drops significantly as a function of beam energy [31, 32] and is apparently noticeable even when the beam energy changes only by 7%, as is the case for the comparison between the data sets at 420 MeV and 450 MeV.

Finally, in Fig. 2d, the differential cross section for the transition to the 13^N state at 15.1 MeV is shown after scaling by the factor 0.88. Only cross sections from Ref. [18] are available in this case because of the contamination of 12^C in the targets used for the later experiment (see above). It should be noted that the 13^C target used in Ref. [18] was enriched to at least 99% and that the contamination from the 12^N ground state into the 13^N excited state at 15.1 MeV is no more than 4% based on the cross section measured for the transition to the 12^N ground state in the data obtained with the nat C target.

To determine the cross section at q = 0, first the cross section at 0^o was obtained from the measured differential cross sections shown in Figs. 2b-d. For the excitation of the states at 3.51 MeV and 15.1 MeV, this was done by fitting the differential cross sections calculated in distorted-wave Born approximation (DWBA) to the data using a single scaling factor. The DWBA cross section at 0^o multiplied by the fitted scaling factor was then used as the estimate for the experimental cross section at 0^o and its uncertainty determined from the error in the fit.

The DWBA calculations were performed using the code FOLD [33], in this code, the Love-Franey nucleon-nucleon interaction [31, 32] is double-folded over the projectile-ejectile and target-residue transition densities. Because the 3He and triton are composite particles, a short-range approximation as described in Ref. [31] was used for the exchange terms in the potential. For 3He and 3H, densities used in the folding were obtained from Variational Monte-Carlo results [34]. One-body transition densities (OBTDs) for the transitions from 12C to 13^N were calculated with the code OXBASH [10] employing the CKII interaction [11] in the p shell-model space. Radial wave functions were calculated using a Woods-Saxon potential. Binding energies of the particles were determined in OXBASH [10] using the Skyrme SK20 interaction [27]. It should be noted that the B(GT) values for the ground, 3.51-MeV and 15.1-MeV states, calculated with the CKII interaction, were 0.190, 1.50 and 0.228, respectively, after correcting for the quenching factor of 0.67. These are slightly different, but a little closer to the experimental values from β-decay for the ground state and 15.1 MeV excitations, from those calculated with the WBT interaction [35] in Ref. [17] (B(GT) values of 0.1746, 1.3444 and 0.2849, respectively).

Optical potential parameters extracted from 3He elastic scattering on 13C [18] were used in the DWBA calculation. Following Ref. [36], the depths of the triton potentials were calculated by multiplying the depths of the 3He potentials by 0.85, while leaving radii and diffusenesses constant.

For GT transitions, in principle a fit in which the ΔL = 0 and incoherent ΔL = 2 pieces are independently scaled is required. However, inclusion of an incoherent ΔL = 2 component changed the contribution from the ΔL = 0 component to the forward-angle cross section by less than 1%. Since this change is smaller than uncertainties due to statistical error margins, the incoherent ΔL = 2 contributions are not shown in Figs. 2b-d. Such small contributions from the incoherent ΔL = 2 components are consistent with the DWBA calculations.

For the transition to the ground state the procedure is complicated by the contribution from both Fermi and GT components whose angular distributions at forward angles are very similar. The contribution from the GT component must, therefore, first be fixed using the unit cross section determined from the transition to the excited state at 15.1 MeV.

In Table I the results from the extraction procedure are summarized. The B(GT) values derived from the logft values obtained from β-decay are given in row a), where available. For comparison, the B(GT) values calculated in the shell-model are shown in row b). These strengths have been multiplied with the GT quenching factor of 0.67 [12]. A good consistency with the values extracted from β-decay data is found for the transitions to the ground state and the excited state at 15.1 MeV.

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5 Although the accuracies of beam integration and target thickness are not necessarily better in the newer data than in Ref. [18], we chose to scale the older cross sections to the newer ones to maintain consistency with Ref. [19], rather than taking the average of the two data sets.
In row c) the extracted differential cross sections at 0° obtained from the data as described above are displayed. The cross sections at \( q = 0 \) are shown in row d). These were obtained from the cross sections at 0° by multiplying them with the ratio \( \left[ \frac{d\sigma}{d\Omega}(q = 0) / d\sigma(0°) \right] \). The differential cross sections in the numerator and the denominator are both calculated in DWBA. These ratios are 1.01, 1.03 and 1.25 for the transitions to the ground state (the ratio is the same for the Fermi and GT components), the excited state at 3.51 MeV and the excited state at 15.1 MeV, respectively. The GT unit cross section (shown in row e) is calculated by dividing the cross section at \( q = 0 \) in row d) for the excited state at 15.1 MeV by the corresponding B(GT) shown in row a). This GT unit cross section is then used to calculate the B(GT) for the excited state at 3.51 MeV, given in row f). This B(GT) is close to the corresponding shell-model value provided in row b). The error bar in the experimental B(GT) value is due to statistical uncertainties in the data, uncertainties in the fitting procedure to the DWBA calculations and also includes the uncertainty in the unit cross section derived from the 15.1 MeV state as quoted in row e).

Finally, the Fermi unit cross section was derived from the transition to the ground state. To do so, the estimated GT contribution in row g) to this excitation must be subtracted first and this is done by multiplying the GT unit cross (in row e) with the B(GT) extracted from \( \beta \)-decay (given in row a) for the ground-state transition. The remaining cross section, placed in row h) was then attributed to the Fermi transition. Since B(F)=1, this cross section is also the Fermi unit cross section, as shown in row i).

As mentioned above, the proportionality between B(GT) and differential cross section at \( q = 0 \) can be broken if the interference between the \( \Delta L = 0 \) amplitude and \( \Delta L = 2 \) amplitude due to the non-central tensor-\( \tau \) interaction is strong. This has been noted before in studies of GT strengths of relevance for astrophysical purposes (see e.g. Refs. [21, 37]). Here, we follow the procedure previously used in Refs. [20, 21] to quantify the effects of such interference. Namely, by comparing the differential cross sections calculated in DWBA with the full Love-Franey interaction with those in which the tensor-\( \tau \) component of the Love-Franey interaction is removed. The relative changes between these two values were comparable to statistical error bars for the transitions to the excited states at 3.51 and 15.1 MeV, but large for the GT component of the transition to the ground state; including the tensor-\( \tau \) interaction increases the cross section by 15%. A corrected estimate for the GT contribution to the cross section of the transition to the ground state, which takes this increase into account, is given between brackets in row i).

The extracted GT unit cross section of \( 20 \pm 1 \text{ mb/sr} \) agrees well with the empirical relationship \( \left( \delta_{\tau \tau} = 109A^{-0.65} \right) \) for A=13 of unit cross section as a function of mass number [19]. The empirical relationship for the Fermi unit cross section \( \left( \delta_{\tau \tau} = 72A^{-1.06} \right) \) gives 4.75 mb/sr for A=13. This value is consistent with the extracted Fermi cross section if the correction to the GT component for the transition to the ground state due to the interference with the tensor-\( \tau \) interaction is applied \( (5.1 \pm 0.5 \text{ mb/sr}) \). Together with the previous studies in Refs. [20, 21], this provides further indication that the procedure for estimating the proportionality breaking described above is reasonable.

The unit cross sections can also be calculated from theory, by dividing the GT and Fermi cross sections calculated in DWBA by the shell-model B(GT) and B(F)=1, respectively. Values of \( \delta_{\tau \tau} \) (theory) = 34.7 mb/sr and \( \delta_{\tau \tau} \) (theory) = 6.31 mb/sr are found, which are both significantly higher than the experimental values. Such an overestimate of the DWBA cross section is seen over a wide target-mass range [19]. Although the reasons for this discrepancy are not well understood, a likely cause is the approximate treatment of the exchange contributions which has been shown to lead to an overestimation of the cross sections in the DWBA calculations [38, 39]. Other systematic discrepancies could be due to ambiguities in the optical potential parameters employed in the DWBA calculation and possible density-dependences of the effective nucleon-nucleon interaction.

**IV. COMPARISON WITH \(^{13}\text{C}(p,n)\) DATA**

In \(^{13}\text{C}(p,n)\) experiments detailed in Refs. [13–15], the GT unit cross section was determined using measurements of the ground-state cross section, combined with a measurement of the spin-flip probability \( S_{NN} \). When the extracted unit cross section was used to determine the B(GT) for the transition to the excited state at 3.51 MeV, the afore-mentioned large discrepancy with the shell-model calculations was found. It was furthermore noted that the GT unit cross section derived from the transition to the 15.1 MeV state was consistent with that determined using the ground-state transition and that the Fermi unit cross section was exceptionally large.

In contrast to this, in Ref. [16], it was suggested that the proportionality between the cross section and GT strength was broken for the GT transition to the \(^{13}\text{N}(g.s.)\). An effective \((p,n)\) operator was introduced in the shell-model calculations based on the description of GT strength in the sd-shell [40]. This modified operator, designed to take into account medium effects, contained a term \( \delta_p (8\pi)^{1/2} |Y(2) \otimes \mathbf{s}|^{\Delta l=1} r_{\pm} \). This term mediates contributions from \( \Delta L = 2 \) amplitudes that interfere with the \( \Delta L = 0 \) GT amplitudes. It was speculated [16] that the apparent enhancement of \( \delta_p \) in transitions going from \( j = l - \frac{3}{2} \) to \( j = l - \frac{1}{2} \) (such as
TABLE I: Summary of the analysis for the ground state and excited states at 3.51 MeV and 15.1 MeV in $^{13}$N excited via the $^{13}$C($^3$He,$t$) reaction. Note that the error margins in the experimental differential cross sections are due to statistical uncertainties in the fitting of measured angular distributions only. Detailed descriptions of each of the rows, labeled a)-i) in the table, are given in the text.

| state in $^{13}$N | 1/2$^-$ g.s. | 3/2$^-$ 3.51 MeV | 3/2$^-$ 15.1 MeV |
|------------------|--------------|-----------------|-----------------|
| a) $B(GT)_{\beta-decay}$ | $0.207 \pm 0.002$ | - | $0.23 \pm 0.01$ |
| b) $B(GT)_{CKII} \times 0.67^a$ | 0.19 | 1.50 | 0.23 |
| c) $\left[ \frac{d\sigma}{d\Omega} (0^\circ) \right]_{exp}$ (mb/sr) | $10.0 \pm 0.5$ | $26.5 \pm 0.3$ | $3.6 \pm 0.1$ |
| d) $\left[ \frac{d\sigma}{d\Omega} (q = 0) \right]_{exp}$ (mb/sr) | $10.1 \pm 0.5$ | $27.3 \pm 0.3$ | $4.5 \pm 0.1$ |
| e) $\sigma_{\tau}$ (mb/sr) | - | - | $20 \pm 1$ |
| f) $B(GT)$ | - | $1.37 \pm 0.07$ | - |
| g) $\left[ \frac{d\sigma}{d\Omega} (q = 0) \right]_{\Delta S = 1}$ (mb/sr) | $4.2 \pm 0.2^b (5.0 \pm 0.2^c)$ | - | - |
| h) $\left[ \frac{d\sigma}{d\Omega} (q = 0) \right]_{\Delta S = 0}$ (mb/sr) | $5.9 \pm 0.3^b (5.1 \pm 0.5^c)$ | - | - |
| i) $\sigma_\tau$ (mb/sr)$^d$ | $5.9 \pm 0.3^b (5.1 \pm 0.5^c)$ | - | - |

$^a$The factor 0.67 represents the phenomenological quenching factor for GT strength.
$^b$Without taking into account corrections due to the tensor-\(\tau\) interaction (for details, see text).
$^c$After taking into account corrections due to the tensor-\(\tau\) interaction (for details, see text).
$^d$Calculated using $B(F) = (N - Z)$ = 1

the $^{13}$C(g.s.)→$^{13}$N(g.s.) might be due to \(\Delta\)-isobar admixtures in the reaction mechanism.

In Refs. [17, 41], it was shown that the cross section measured to the 15.1 MeV state in the earlier experiments [13–15] was too high, possibly due to contamination from the $^{12}$C(p,n)$^{12}$N(g.s.) transition. Furthermore, it was shown in Ref. [41] that the cross sections measured for $^{13}$C(p,n)$^{13}$N(15.1 MeV) reaction and its analog $^{13}$C(n,p)$^{13}$B(g.s.) were consistent, providing further indication that the use of the former to calibrate the GT unit cross section is appropriate.

Following Ref. [16], further arguments were provided in Ref. [17] that the proportionality between GT strength and cross section for the ground-state transition was broken, and that it should not be used to calibrate the GT unit cross section to extract B(GT) values for the excitation of other states in $^{13}$N. The authors of Ref. [17] quote a B(GT) for the transition to the excited state at 3.51 MeV of 1.06 ± 0.05, based on the empirical unit cross sections obtained with even-even mass targets in the (p,n) reaction [15]. However, they also determined a GT unit cross section using the excitation to the 15.1 MeV state. Its value was 22% lower than that obtained using the empirical relationships. The reduced value for the GT unit cross section would increase the B(GT) for the transition to the excited state at 3.51 MeV to 1.29 ± 0.06, which is within error bars consistent to the value extracted via the ($^3$He,$t$) reaction and close to the shell-model value.

We should note that in both the (p,n) work discussed in Refs. [16, 17] and the ($^3$He,$t$) analysis described here a large breaking of the proportionality between B(GT) and cross section for the ground state transition is reported. However, whereas in Refs. [16, 17] these are modeled through the modified operator in the shell-model calculations mentioned above, we find that the breaking in the ($^3$He,$t$) reaction at 420 MeV is a direct result of the tensor-\(\tau\) component in the effective nucleon-nucleon interaction. Since the consequences of either description are similar (causing interference between $\Delta L = 0$ and $\Delta L = 2$ amplitudes) they could well represent the same underlying mechanism.

We conclude that there is a significant spread in the B(GT) values reported for the transition to the 3.51 MeV state in $^{13}$N, but that the most recent results from $^{13}$C(p,n) and the new results from $^{13}$C($^3$He,$t$) favor an empirical value much closer to the shell-model calculations than the earlier (p,n) results. Nevertheless, for the purpose of studying the effects on the pre-explosion evolutionary track of SNe Ia below, we used all available experimental values, as well as the shell-model results.

V. ELECTRON-CAPTURE RATES IN THE SNe Ia ENVIRONMENT.

As mentioned above, the electron capture on $^{13}$N, populating states in $^{13}$C can be investigated using the analog transitions from $^{13}$C to $^{13}$N. We performed such a study. The log\(f_t\) for the ground state transition is known from $\beta$-decay and thus fixed. Therefore, the only parameter that was varied in the study was the B(GT) for the transition from the ground state of $^{13}$N to the 3/2$^-\)$ state at 3.68 MeV in $^{13}$C. As mentioned above, isospin symmetry was assumed, so that the B(GT) values deduced from ex-
experiment using the transition from the $^{13}$C ground state to the $3/2^-$ state at 3.51 MeV in $^{13}$N could be applied directly. Electron captures onto $^{13}$C are blocked by the high threshold for this reaction (13.4 MeV).

The electron-capture rate calculations are based on the method described in Refs. [42–45], which were implemented into a new code [46]. The calculations were performed in a grid spanning log$_{10}(\rho Y_e)$ values from 8.7 to 9.6 in steps of 0.1 and dimensionless temperatures ($T_9 = T/10^9$K) from 0.01 to 100. Electron chemical potentials ($\mu_e$) were computed from a tabulation [47]. In Fig. 3a, the results of these calculations are shown for the case in which the B(GT) for the transition to the excited state has been set to 1.5, which is the shell-model value, corrected for quenching as used in Ref. [5]. Near the temperature of relevance in the simmering stage of SNe Ia (approximately $T_9 = 0.4$), the electron-capture rate is nearly independent of the temperature since $kT$ is much smaller than the chemical potential $\mu_e$ and thus only depends on the value of $\rho Y_e$.

The relevant log$_{10}(\rho Y_e)$ in the simmering stage ranges from about 8.8 to 9.5 and for the two extremes in this range, the electron-capture rates on $^{13}$N are plotted as a function of the B(GT) for the transition to the excited state at 3.68 MeV in Figs. 3b and c. The temperature $T_9$ was fixed to 0.4 in both cases. If the B(GT)=0 for the transition to the 3.68 MeV state, capture to the $^{13}$C ground state is the only possible channel. From Figs. 3b and c one can thus read off the branching ratio for capture to the excited state as a function of its B(GT). At log$_{10}(\rho Y_e)$ = 8.8, the electron-capture rate is then 6.49 s$^{-1}$. If the B(GT) for the transition to the first excited state is taken from the older ($p,n$) data, the rate increases to 7.49±0.06 s$^{-1}$. Using the newer ($p,n$) data, it increases to 7.78±0.06 s$^{-1}$. The rates calculated based on the ($^4$He,$t$) data and the shell-model calculation are close: 8.15±0.09 s$^{-1}$ and 8.31 s$^{-1}$. Including the transition to the excited state increases the electron-capture rate, compared to that to the ground-state transition only, by 15%, 20%, 26%, and 28% if the B(GT) values are taken from the older ($p,n$) data, the latest ($p,n$) data, the ($^4$He,$t$) data, and the shell-model calculation, respectively.

At log$_{10}(\rho Y_e)$ = 9.5, the electron-capture rate has increased to 47.5 s$^{-1}$ if the B(GT) of the transition to the excited state is set to zero. The contributions from the transition to the excited state increase that rate by an additional 30%, 39%, 51%, and 56% if the B(GT) values are taken from the older ($p,n$) data, the newer ($p,n$) data, the ($^4$He,$t$) data, and the shell-model calculation, respectively.

In a white dwarf star on the threshold of igniting and becoming a type Ia supernova, the timescale for a sound wave to traverse the star is $t_{hyd} \approx (G(\rho))^{-1/2} \sim 1$ s, where $G$ is the gravitational constant and $\rho$ is the average mass density of the white dwarf. The electron capture rate is sufficiently fast, $\lambda_{ec} < t_{hyd}^{-1}$, that during the pre-explosion “simmering phase,” in which the heating from the fusion of $^{12}$C+$^{12}$C occurs on a timescale $> t_{hyd}$, we should not expect the increased electron-capture rate to affect the reaction flows that occur during this simmering [5, 6]. As mentioned in the introduction, captures into the excited state do affect, however, the heat deposited into the star from this reaction. Since the $^{13}$N is produced from $^{12}$C($p,\gamma$)$^{13}$N with the protons coming
FIG. 4: a) Calculated neutrino energy-loss rates due to the electron-capture on $^{13}\text{N}$ in the stellar environment as a function of temperature and $\rho Y_e$ (ranging from log$_{10}(\rho Y_e)$=8.7 to 9.6 in steps of 0.1). The B(GT) for the transition to the 3.68 MeV excited state in $^{13}\text{C}$ was fixed to the shell-model value of 1.5. b) neutrino energy-loss rate at log$_{10}(\rho Y_e)$=8.8 and $T_g$=0.4 as a function of the assumed B(GT) for the transition to the 3.68 MeV excited state in $^{13}\text{C}$. The B(GT) values extracted from the $(p,n)$ data (“1” refers to Refs. [13-15] and “2” to Ref. [17]). $(^3\text{He}, t)$ data and the shell-model calculation are indicated and associated with energy-loss rates. The dashed lines correspond to error margins in the B(GT) values deduced experimentally. c) idem, but at log$_{10}(\rho Y_e)$=9.5.

The heat evolved from this reaction per second per $^{13}\text{N}$ nucleus is

$$\dot{S} = \lambda_{ec} (\mu_e + Q - \bar{E}_\nu),$$

where the $Q$-value for the $\beta^+$-decay is 2.22 MeV, and $\bar{E}_\nu$ is the mean energy of the neutrino. We compute $\bar{E}_\nu = \nu_{loss}/\lambda_{ec}$ from the integration over the electron phase space, with $\lambda_{ec}$ shown in Fig. 3 and $\nu_{loss}$ shown in Fig. 4. We find that, at log$_{10}(\rho Y_e) = 8.8$, each reaction $^{13}\text{N}(e^-, \nu_e)^{13}\text{C}$ deposits into the white dwarf 0.53, 0.63, 0.77, and 0.81 MeV for B(GT) taken from the older $(p,n)$ data, the newer $(p,n)$ data, the $(^3\text{He}, t)$ data, and the shell-model calculation, respectively. At a higher density, log$_{10}(\rho Y_e) = 9.5$, the heat deposition is 1.70, 1.89, 2.08, and 2.12 MeV for these four cases. If the B(GT) were set to zero, the heat deposition from this reaction would be 0.07 and 0.99 MeV for log$_{10}(\rho Y_e) = 8.8$ and 9.5, respectively.

We estimate the contribution of this reaction to the heating of the pre-explosive white dwarf by integrating a reaction network at log$_{10}(\rho Y_e) = 8.8$ and 9.5, with the temperature at a fiducial value of 0.4 GK. The integration time was chosen to be the heating timescale $C_p T/\dot{S}$, where $C_p$ is the specific heat and $\dot{S}$ is the heating rate. The dominant heat sources are the reactions $^{12}\text{C} + ^{12}\text{C}$, $^{12}\text{C}(n, \gamma)^{13}\text{C}$, $^{12}\text{C}(p, \gamma)^{13}\text{N}$ and $^{13}\text{C}(\alpha, n)^{16}\text{O}$, which release about 2.7 MeV for each carbon consumed [5, 6]. At log$_{10}(\rho Y_e) = 8.8$, the reaction $^{13}\text{N}(e^-, \nu_e)^{13}\text{C}$ contributes 0.4%, 2.6%, 3.1%, 3.8%, and 4.0% for B(GT) = 0, from the older $(p,n)$ data, the newer $(p,n)$ data, from the $(^3\text{He}, t)$ data, and from the shell-model calculation, respectively. At log$_{10}(\rho Y_e) = 9.5$, the higher electron Fermi energy ensures that this reaction contributes somewhat more to the heating, although the contribution is offset by a decrease in the production of $^{13}\text{N}$. We find the contribution to the heating to be 4.3%, 7.0%, 7.8%, 8.5%, and 8.7% for B(GT) = 0, from the older $(p,n)$ data, from the newer $(p,n)$ data, from the $(^3\text{He}, t)$ data, and from the shell-model calculation, respectively. Although the differences between the results from the $(^3\text{He}, t)$ and the $(p,n)$ data significantly affect the electron-capture rate and the net heat deposition in the star due to this transition, we find that the overall effect on the pre-explosion evolution of the white dwarf is small. The capture rate is sufficiently fast in all cases that the rate of neutronization of the white dwarf is controlled by the production of $^{13}\text{N}$, and at relevant densities the heating from this transition is a small component of the total.

VI. CONCLUSIONS

In summary, we extracted the GT strength for the transition from $^{13}\text{C}$ to the $^{13}\text{N} 3/2^-$ excited state at 3.51 MeV using the $(^3\text{He}, t)$ reaction at 420 MeV and existing data for the same reaction at 450 MeV. We find that the B(GT) is nearly consistent with shell-model calculations from the branch $^{12}\text{C}(^{12}\text{C}, p)^{23}\text{Na}$, the number of electron captures onto $^{13}\text{N}$ is proportional to the number of $^{12}\text{C}$ consumed in raising the white dwarf temperature to ignition. A greater heat release from $^{13}\text{N}(e^-, \nu_e)^{13}\text{C}$ decreases the amount of carbon that must be consumed during this phase.
using the CKI interaction and is higher than earlier experimental values extracted using the $^{13}\text{C}(p,n)$ reaction. However, the discrepancies between $(^3\text{He},t)$ and $(p,n)$ results are lifted if, in the analysis of latest $(p,n)$ experiments, the GT unit cross section is calibrated using the transition to the $3/2^-$ state at 15.1 MeV, as was done for the $(^3\text{He},t)$ reaction.

The Gamow-Teller component in the $^{13}\text{C}(^3\text{He},t)^{13}\text{N}(g.s.)$ reaction was estimated to be strongly increased because of interference between $\Delta L = 0$ and $\Delta L = 2$ amplitudes. As a result, the estimated Fermi component for this transition decreases. After this correction, both Fermi and GT unit cross sections extracted from the data are consistent with the mass-dependent trends of Fermi and GT unit cross sections, respectively, measured in even-even nuclei.

Under the assumption of isospin symmetry, the $B(\text{GT})$ for this transition is the same for the transition from the $^{13}\text{N}(g.s.)$ to the $3/2^-$ state at 3.68 MeV in $^{13}\text{C}$. Combined with the known weak transition strength from the $\beta$-decay of $^{13}\text{N}$ to the ground state of $^{13}\text{C}$, we investigated the impact of the differences between the extracted $B(\text{GT})$ values from the $(p,n)$ data, the $(^3\text{He},t)$ data and the shell-model calculation on the evolution of Type Ia supernovae during the pre-explosion simmering stage. We find that, although electron-capture and neutrino energy-loss rates for this particular channel are significantly lower when the $(p,n)$ values are adopted instead of the $(^3\text{He},t)$ or shell-model values, the overall effect on the evolution is small, since the heating due to this reaction is small compared to that from other reactions. Nevertheless, the details of this reaction are now quantified for use in further studies of SNe Ia.

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