High-risk features in radiation-associated breast angiosarcomas

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Background: Radiation-associated breast angiosarcoma (RT-AS) is an uncommon malignancy with an incidence of less than 1 % of all soft tissue sarcomas. The overall prognosis is quite dismal with high rates of recurrences and poor overall survival. There is an obvious paucity of data regarding clinical outcomes of patients with breast RT-AS.

Methods: We identified all patients with RT-AS treated at the Memorial Sloan-Kettering Cancer Center between 1982–2011 and collected their correlative clinical information.

Results: We identified 79 women with RT-AS with a median age of 68 (range 36–87). The median interval between radiation and development of RT-AS was 7 years (range 3–19). The median time to local and distant recurrence was 1.29 years (95 % CI 0.72–NA) and 2.48 years (95 % CI 1.29–NA), respectively. The median disease-specific survival was 2.97 years (95 % CI 2.21–NA). Independent predictors of worse disease-specific survival included age > 68 years (HR 3.11, 95 % CI 1.20–8.08, P = 0.020) and deep tumors (HR 3.23, 95 % CI 1.02–10.21, P = 0.046.)

Conclusion: RT-AS has high local/distant recurrence rates, limited duration on standard chemotherapy and poor disease-specific survival.

Angiosarcomas (ASs) are rare, aggressive malignancies of endothelial cell differentiation that constitute 1 to 2 % of all soft tissue sarcomas (Young et al, 2010). The incidence of AS has equal gender distribution but occurs more commonly in older patients (Mark et al, 1996; Fury et al, 2005; Rouhani et al, 2008). Tumors can occur at any soft tissue site or viscera; while cutaneous lesions are frequently found in the areas exposed to radiation or in the head and neck region, typically the scalp (Young et al, 2010). Surgical resections are rarely curative, local recurrence and distant metastases are common. The overall 5-year survival is 35 % (Mark et al, 1996; Fury et al, 2005; Fayette et al, 2007). Typical cytotoxic agents such as anthracyclines and taxanes are reserved for unresectable disease, with response rates of about 15 %. Targeting angiogenesis in AS has been evaluated with bevazutimab and sorafenib with response rates of around 14 % (Maki et al, 2009; Agulnik et al, 2013).

Secondary breast AS occurs in older women with a prior history of breast cancer management including axillary dissection and/or radiation therapy (Hobbs et al, 1984). Historically, Stewart Treves syndrome was attributed to the development of AS in the setting of lymphedema (Hobbs et al, 1984). Subsequently, secondary AS occurred more frequently in the irradiated field after breast conserving therapy (Billings et al, 2004). There are criteria used to qualify a malignancy as radiation-induced: (1) prior history of radiation in the tissue where the malignancy arises; (2) long latency period between the radiation and the diagnosis; (3) the new diagnosis is pathologically different from the primary malignancy (Cahan et al, 1948). The first case of radiation-associated angiosarcoma (RT-AS) of the breast was reported in 1981 (Maddox and Evans, 1981). RT-AS is uncommon with an incidence of less than 1 % of all soft tissue sarcomas. In women with a prior history of breast cancer, the adjusted odds ratio for the
development of breast or chest angiosarcoma was estimated to be 11.6 (95% CI = 4.3–26.1) (Cozen et al, 1999). Nonetheless, the incidence may be increasing as more patients undergo breast-conserving therapy and radiation.

RT-ASs of the breast are typically cutaneous lesions that often appear along the surgical scar as discolored skin changes (Cozen et al, 1999). The clinical presentation can vary, there can be an erythematous plaque, patch or nodule with overlying edema and at times, have an ecchymotic appearance (Lucas, 2009). There can often be diffuse involvement of the breast (Lucas, 2009). It occurs with a median latency of approximately 4–8 years (Seinen et al, 2012). The overall prognosis is quite dismal with high rates of recurrences approaching 70–73% and poor median overall survival, ranging from 1.5–3 years with a 5-year OS of 15% (Strobbe et al, 1998; Marchal et al, 1999; Adhikari et al, 2002; Rao et al, 2003; Monroe et al, 2003; Billings et al, 2004; Hodgson et al, 2007). There is an obvious paucity of data regarding clinical outcomes of patients with breast RT-AS. A recent series by the MD Anderson group included 95 patients, however only 59 of those patients had disease limited to the breast only, while the remaining had chest wall, axillary or arm disease (Torres et al, 2013).

In order to gain a better understanding of the natural history and clinical outcomes of RT-AS, we performed a retrospective analysis of all patients seen at our institution over the last 30 years. We sought to define high risk features in a population of patients with RT-AS. We reviewed the clinical characteristics, prognostic factors and treatment outcomes associated with disease-specific survival, local and distant recurrences and evaluated median treatment time on systemic chemotherapy.

RESULTS

Patient characteristics. The cohort included 79 women with breast RT-AS with a median age of 68 (range 36–87) at the time of diagnosis (Table 1). The median follow-up amongst those alive at last follow-up was 4.5 years. The median interval between the administration of radiation therapy and development of RT-AS was 7 years (range 3–19.) Doses of radiation therapy were not available. At presentation, the majority of patients, 74 out of 79 (94%) had primary disease, while 2 out of 79 (3%) had a local recurrence and 3 out of 79 (4%) had metastatic disease. Most patients, 65 out of 79 (82%), underwent a mastectomy as initial surgery and 13 out of 79 (16%) underwent a wide local excision. Initial surgery was performed at MSKCC on 50 out of 79 (63%) patients. Tumor size was ≤5 cm in 46 out of 79 (58%) patients, 6–10 cm in 18 out of 79 (23%) patients, >10 cm 12 out of 79 (15%) patients and unknown in 3 out of 79 (4%). Microscopic margins were negative in 52 out of 79 patients (ie 66% of cases). Grade was not evaluated because all radiation-associated angiosarcomas are defined pathologically by the presence of solid growth with variable angioformative features and overt cytologic atypia.

Disease-specific survival. Data analysis was performed on 65 out of 74 patients because 9 patients lacked data in regards to their surgical history or dates of follow-up. The median disease-specific survival (DSS) patients that presented with primary disease was 3 years (95% CI: 2.21, NA) (Figure 1). The 1-, 2- and 5-year DSS was 84% (95% CI 0.74–0.94), 66% (95% CI 0.54–0.81) and 47% (95% CI 0.33–0.65) respectively. At a median follow-up of 4.5 years, 28 out of 65 (43%) patients had died of the disease.

| Table 1. Patient characteristics of all RT-AS patients (n = 79) |
|---|---|
| **Age** | 68 (36–87) |
| **RT interval** | 7 (3–19) |
| **Presentation status** |  |
| Primary | 74 (94%) |
| Local recurrence | 2 (3%) |
| Metastatic | 3 (4%) |
| **Type of initial surgery** |  |
| Wide local excision | 13 (16%) |
| Mastectomy | 65 (82%) |
| **Size** | 4.2 (0.5–30) |
| **Size (categorical)** | |
| ≤5 | 46 (58%) |
| 6–10 | 18 (23%) |
| >10 | 12 (15%) |
| Unknown | 3 (4%) |

*Median and range presented for continuous variables; frequency and percent presented for categorical variables. RT interval refers to the time period between receiving radiation therapy and the diagnosis of RT-AS.*

Statistical analysis. Patient characteristics are presented by frequencies and percentages for categorical variables, and median and range for continuous variables. The Kaplan-Meier and log-rank test were used to calculate survival probabilities and compare survival between groups. The primary endpoint of the analysis was disease-specific survival, calculated as time from surgery to death due to disease or last follow-up. Patients who died of other causes are censored. Local recurrence-free survival was calculated as time from surgery to date of first local recurrence or date of last follow-up for patients that presented with primary disease. Variables significant in the univariate setting were included in a multivariate Cox Proportional Hazards Model. P-values < 0.05 were considered significant. All statistical analysis was done using R version 3.0.0, including the survival package.
Pathological data was unavailable in some patients thereby accounting for the variability in the denominator in each prognostic factor. On univariate analysis, prognostic markers of age, depth and size were significant variables (Table 2a). The median DSS of younger patients (<68 years) was significantly higher compared with older patients (7.66 vs 2.05 years, \( P = 0.0003 \)). Patients with superficial tumors had improved DSS compared with those having deep tumors (5.32 vs 0.77 years, \( P = 0.0015 \)). The median DSS of those with tumors \( \leq 5 \) cm was 6.59 vs 3.45 years, and 1.28 years in those with tumors 5–10 and >10 cm, respectively, \( P = 0.0009 \). Age of \( \geq 68 \) years and deep tumors were independently associated with worse DSS with hazard ratios of 3.11 (95% CI 1.20–8.08, \( P = 0.02 \)) and 3.23 (95% CI 1.02–10.21, \( P = 0.05 \)), respectively (Table 2b).

### Recurrence-free survival

There were 56 out of 74 patients that presented with primary disease, underwent surgery, had negative gross margins and had available data necessary for analysis (Table 3). The 1-, 2- and 5-year local recurrence-free survival (LRFS) were 55% (95% CI 0.42–0.72), 45% (95% CI 0.32–0.64) and 41% (95% CI 0.27–0.61), respectively. There were 25 out of 56 (45%) patients with a LRFS at a median time of 1.29 years, (95% CI 0.72–NA) (Figure 2). Second and third local recurrences occurred in 8 out of 25 (32%) and 2 out of 8 (25%) patients with a median interval between recurrences of 1.29 and 0.28 years, respectively (Table 4). On univariate analysis, patients with deep tumors had worse LRFS compared with those having superficial tumors (0.52 vs 2.34 years, \( P = 0.035 \)).

There were 70 patients included in the analysis for distant recurrence; four patients were excluded due to missing data (Table 5). The 1-, 2- and 5-year distant recurrence-free survival (DRFS) are 66% (95% CI 0.55–0.80), 54% (95% CI 0.42–0.69) and 48% (95% CI 0.35–0.64), respectively. There were 29 out of 70 (41%) patients who had a distant recurrence, with the median DRFS of 2.48 years (95% CI 1.29–NA) (Figure 3). Metastatic sites at the time of distant recurrence included: ipsilateral lymph nodes (\( n = 10 \)), contralateral breast/lymph nodes (\( n = 8 \)), lung/pleural/mediastinum (\( n = 9 \)), bone (\( n = 5 \)), liver (\( n = 3 \)) and other (\( n = 3 \)). On univariate analysis, patients with gross negative margins had improved DRFS compared to those with gross positive margins (2.48 vs 0.49 years, \( P = 0.0004 \)). Of the 28 patients that died of disease, 12 of these patients had distant recurrences, 9 patients had both distant and local recurrences, and seven patients had local recurrences (Figure 4).

### Treatment outcomes

There were 23 out of 79 patients that received chemotherapy for unresectable or metastatic disease. Patients often received several lines of therapy. Median treatment time (MTT) was defined as the total duration on first-line chemotherapy, determined by the start and end date of each regimen. For all patients, it ranged from 1.32 months to 25 months. Chemotherapy regimens for all RT-AS patients are summarized (Table 6).

| Variable | \( N \) | \( N \) event | HR | 95% CI | P-value |
|----------|------|----------|---|-------|--------|
| Age (\( \geq 68 \) vs \( < 68 \)) | 58   | 24       | 3.11 | (1.20, 8.08) | 0.020 |
| Depth (Deep vs Superficial) | 58   | 24       | 3.23 | (1.02, 10.21) | 0.046 |
| Size | 58   | 24       | 1.26 | (0.48, 3.31) | 0.635 |
| >5 cm, \( \leq 10 \) cm vs \( < 5 \) cm | 1.98 | (0.51, 7.75) | 0.327 |

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the MTT of anthracyclines (2.96 months) vs taxanes (3.01 months), \( P = 0.446 \). There was no statistically significant difference in the MTT amongst first-line anthracyclines and taxanes.

**DISCUSSION**

To our knowledge, this is the largest retrospective series evaluating clinical characteristics, prognostic factors and treatment outcomes with surgery and chemotherapy in patients with RT-AS of the breast. We have identified 79 patients treated at a single institution over a 30-year period. A recent series by MD Anderson included
95 patients with RT-AS; 59 patients had disease localized to the breast only, while 36 patients had disease of the chest wall, arm and axilla (Torres et al., 2013). The one-and five-year DSS rates in that study were 93.5 % and 62.6 %, respectively. Interestingly, more than 50 % of their patients received neoadjuvant or adjuvant chemotherapy and they demonstrated a decreased risk of local recurrence with chemotherapy. Larger size was identified as an independent predictor of worse DSS (Torres et al., 2013). Outcome of chemotherapy in the metastatic setting was not evaluated.

We have demonstrated a median disease-specific survival of 2.97 years. This is relatively consistent with previously published reports which describe a median survival ranging from 1–3 years (Monroe et al., 2003). Our 1-, 2- and 5-year DSS was 84 %, 66 % and 47 %, respectively; this is worse compared with other published series (Monroe et al., 2003; Billings et al., 2004; Abraham et al., 2007; Torres et al., 2013). Although not previously demonstrated in this disease, we’ve shown that age and depth are independent predictors of DSS. Generally, RT-AS is thought of as a cutaneous disease. Pathologic analysis did reveal that some tumors can invade muscularis layers, these were characterized as deep tumors and they appeared to behave more aggressively.

Recurrence patterns were notable for development of first local recurrence in 25 out of 56 (45 %) of patients, with a median local RFS of 1.29 years and one-year local RFS rate of 55 %. There was a smaller published series which demonstrated a one-year local recurrence rate of 84 %, however, the majority of their patients did not undergo a mastectomy (Monroe et al., 2003). In the MD Anderson series, the local recurrence rate was noted to be 48 % with a median of 1.8 years which appears more similar to our findings. Interestingly, that series did include patients with both R0 and R1 resections (Torres et al., 2013). We did not identify margin status as a predictor of local recurrence; and instead only depth was noted to be significant on univariate analysis. Regardless of the type of resection, there remains a high rate of local recurrence. This points to the multifocal, infiltrative nature of this disease and may suggest that surgery alone may not be curative. Further, we did identify that 25 % of patients with local recurrences ultimately die of their disease. Therefore, aggressive management of a local recurrence is necessary. Consideration of systemic chemotherapy prior to further surgical resection may be warranted.

Distant recurrences occurred as well. The median distant RFS was 2.48 years and 29 out of 70 (40 %) patients developed distant recurrences. Patients with an R2 resection did have worse DRFS as compared with those having a R0 resection (0.49 vs 2.48 years, P = 0.0004). Perhaps patients with R2 margins had larger, more infiltrative tumors that were more aggressive or a higher likelihood of micro-metastases which led to distant recurrences. There was a subset of patients that developed late distant recurrences more than 5 years after diagnosis. Therefore, patients do require long-term follow-up beyond 5 years. This poses some challenges in regards to the appropriate interval of imaging studies and necessitates a thorough discussion of the risks and benefits of these studies.

In our series, there were few patients that received neoadjuvant/ adjuvant chemotherapy. Those who did receive chemotherapy appeared to have worse local and distant recurrence rates, although not statistically significant. Perhaps those that received chemotherapy had more aggressive tumors which impacted on the poorer outcomes observed. The rationale of selection of these particular patients for adjuvant therapies is not clear. Therefore, the potential impact of adjuvant chemotherapy is not possible to interpret, given the small numbers. The MD Anderson series noted a decrease in local recurrence in patients that received adjuvant chemotherapy and surgery, hazard ratio 0.35; (95 % CI 0.15–0.8, P = 0.012), (Torres et al., 2013). They reported on 31 patients that received chemotherapy. All had large and/or high grade lesions, or margins <1 cm. Adjuvant chemotherapy did not impact DSS. Ultimately, prospective data would be necessary to truly evaluate this important question. Further, there remains the need for more effective systemic therapies.

Our series is the first analysis to evaluate chemotherapy outcomes specifically in breast RT-AS patients. Compared with all AS patients, the MTT seems to be slightly worse with standard cytotoxic chemotherapy agents. This is consistent with the generally worse outcome that these patients have. In this series, the MTT ranged from 1.32 to 25.1 months. Sorafenib had the longest MTT of 25.1 months. The most commonly used chemotherapy regimen was liposomal doxorubicin which had a MTT of 4.67 months. Monotherapy with doxorubicin had a MTT of 2.07 months. In all types of AS, anthracycline based regimens had slightly improved outcomes, with MTT ranging from 3.7 to 5.4 months (Fury et al., 2005). Paclitaxel had a mean MTT of 3.45 months which is slightly lower than the 4 months median time to progression for all AS patients as demonstrated in the ANGIO-TAX study (Penel et al., 2008). The lack of prospective data in this disease precludes determination of the most effective standard chemotherapeutic agents. In the era of oral tyrosine kinase inhibitors, evaluation of these agents is warranted as well; as we noted some interesting observations with agents such as sorafenib, brivanib and sirolimus.

Sorafenib demonstrated the longest MTT of 25.1 months. There were three patients that received sorafenib, remaining on drug for 46.9, 25.1 and 4.38 months. In a phase II study of sorafenib in
patients with soft tissue sarcoma, patients with angiosarcoma had a progression-free survival of 3.8 months (Maki et al, 2009). Sorafenib inhibits RAF, VEGF 1-3, PDGFRβ, FLT-3, c-KIT and RET (Wilhelm et al, 2004; Carlomagno et al, 2006). Further, pre-clinical data has demonstrated that sorafenib also targets cyclin D1, MYC and BCL-2 (Delgado et al, 2008). In a small series of RT-AS breast patients, we have demonstrated that sorafenib may have improved responses and longer duration times in patients that harbor MYC and FLT4 co-amplifications (D’Angelo et al, 2012).

Two patients received brivanib on a clinical trial; the MTT was 3.34 months. Brivanib is an oral dual inhibitor of VEGF and fibroblast growth factor (FGF) that was evaluated in a phase II-randomized discontinuation trial in advanced soft tissue sarcomas (Schwartz et al, 2011). In that study, patients that had FGF2 expression by immunohistochemistry appeared to potentially benefit; there was also a suggestion of increased activity in angiosarcoma. A recent phase II trial of bevacizumab, a VEGF inhibitor in angiosarcomas has demonstrated a median time to progression of 14 weeks (Aguunik et al, 2013). Perhaps the disease stability rates with angiogenic inhibitors may reflect the commonality in the mechanisms of these agents and its impact on the pathophysiology of angiosarcoma.

Single agent sirolimus was found to have MTT 14.93 months in one patient. Sirolimus inhibits the mammalian target of rapamycin (mTOR) pathway by directly binding the mTOR complex 1. The overexpression of phosphorylated ribosomal protein S6 kinase and phosphorylated eukaryotic translation initiation factor 4E binding protein 1 (p-4eBP1) in has been described in 42% of AS patients, suggesting the activation of PI3KCA/ Akt/mTOR pathway (Italiano et al, 2012). The slightly improved outcomes with biological agents such as brivanib, sorafenib and temsirolimus in RT-AS may be suggestive of the underlying molecular biology of this disease, and application of these inhibitors warrants further exploration.

This is a small, single institution retrospective series with several limitations. Given the rarity of this disease, the study is primarily descriptive. We did not have the dose or modalities of radiation available, as it was most commonly received at an outside institution. Therefore, we were unable to correlate radiation to clinical characteristics and treatment outcomes. In addition, there have been many changes with radiation technology and evaluating the date of radiation treatment with an outcome may impact results as well. Further, the presence/absence of lymphedema was not well-documented. The efficacy of first-line chemotherapy must also be interpreted with caution. Although best efforts were made to calculate the MTT accurately, the timing of when imaging studies were performed can certainly have an impact on these data. Further, if someone discontinued chemotherapy due to increased toxicity and not disease progression, that too can impact interpretation of results. The role of adjuvant chemotherapy is not interpretable and its potential impact on these results is unclear. The selection of patients for adjuvant chemotherapy was not clearly defined. The efficacy of targeted molecules in this subset of AS was noted to be encouraging and may point to the pathophysiology of angiosarcoma.

The authors declare no conflict of interest.

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