1 Introduction

Artificial muscles or electromechanical actuation based on two-dimensional (2D) materials have become attractive recently because of its excellent properties such as larger surface doping, mechanical flexibility and thermal/chemical stability. For example, Xie et al. reported the superior strain response of a 2D graphene actuator, which has a strain approaching to 0.85%, exceeding that of the best-known CNT-based actuators. On the other hand, Ge et al. showed that an actuator based on the graphene oxide film is able to lift more than eight times its own weight. Very recently, Lu et al. reported a 2D graphdiyne-based electromechanical actuator with a high strain of up to 6.03%, and its energy density (11.5 kJ m\(^{-3}\)) is comparable to that of mammalian skeletal muscle (~8 kJ m\(^{-3}\)). However, the 2D artificial muscles based on graphene, graphene oxide, and graphdiyne have still been limited in the large-scale applications such as biomedicine and rehabilitation devices because these actuator materials are expensive and difficult to synthesize. Therefore, finding new 2D actuator materials with low manufacturing cost and large strain amplitude for the artificial muscles should be necessary.

Transition-metal dichalcogenides (TMDs) such as MX\(_2\) (M = Mo, W; X = S, Se, Te) have similar layered structures as graphene. The chemically exfoliated MoS\(_2\) nanosheets are synthesized by organo-lithium chemistry. By characteristics such as large-area two-dimensional flakes, thermodynamically stable and high quality, the 2D MoS\(_2\) nanosheets have very attracted for artificial muscles on a large scale applications. Recently, Acerce et al. showed a significant performance on the electromechanical actuation of the 2D MoS\(_2\) nanosheets by using the intercalation reactions. They reported that the mechanical stress, strain, and work density of the MoS\(_2\) nanosheets reach about 17 MPa, 0.8%, and 81 kJ m\(^{-3}\), respectively. However, their study has limited to the MoS\(_2\) nanosheets with only 1T structure. By using the density functional theory (DFT) calculations, Hung et al. investigated the actuator performance of the MoS\(_2\) monolayer with the 1H, 1T and 1T' structures. They pointed out that the actuator performance of the MoS\(_2\) monolayers with the 1T and 1T' structures are better than that of the 1H structure. This because the interplay between the actuation strain and Young’s modulus of the MoS\(_2\) monolayer with difference structures. Both experiment and theory only focused of the MoS\(_2\) monolayer actuator, while the actuator properties of other TMDs are not fully explored yet, except for some limited experiments. In this sense, a systematic theoretical design of many TMDs materials could be the first step to suggest possible structures suitable as highest electromechanical actuators. Moreover, TMDs have been demonstrated that the 1H structure is more dominant than the 1T and 1T' structures in many experiments due to their low energy formation. Therefore, it is an important to find which TMD among MX\(_2\) compounds has a high actuator performance with the 1H structure.
In this paper, we use the first-principles calculations within DFT to calculate the electromechanical properties of the MX₂ monolayers with a variety of M (M = Mo, W) and X (X = S, Se, Te) atoms as a function of charge doping for both electron and hole doping. As the main highlight of this paper, we summarizes all the periodic trends strictly obeyed by our data including the Young’s modulus, work density per cycle and actuator stress for both 1H and 1T structures of the MX₂ monolayers. Our results show that WTe₂ and WS₂ monolayers with the 1H and 1T structures, respectively, have the best electromechanical performances in the MX₂ compounds at heavy electron doping.

2 Methodology

The density-functional theory are performed to calculate the electromechanical actuator of the MX₂ monolayers using the Quantum ESPRESSO package.¹⁷ The pseudopotentials from the Standard Solid-State Pseudopotentials library are used.¹⁸ The exchange-correlation energy is evaluated by the general gradient approximation using the Perdew–Burke–Ernzerhof function.¹⁹ The cutoff energy of plane wave is set at 60 Ry, and 16 × 16 × 1 k-point mesh of Monkhorst–Pack scheme is used for Brillouin zone integrations.²⁰

The atomic structures of the MX₂ monolayers with the 1H and 1T structures are shown in Fig. 1. The atomic positions and cell vectors of the MX₂ monolayers are fully relaxed to obtain optimized atomic configurations by using the Broyden–Fletcher–Goldfarb–Shanno minimization method until all the Hellmann Feynman forces and all components of the stress are less than 0.0005 Ry/a.u. and 0.05 GPa, respectively. The periodic boundary condition is applied in all models, a vacuum space of 30 Å in the direction perpendicular to the monolayer (z direction) is used in order to avoid virtual interactions between layers.

The geometry optimization is then performed for each charge doping from −0.1 to +0.1 electron per atom (e/atom) to consider the electromechanical actuation of the MX₂ monolayers. The electron (hole) doping is simulated by adding (removing) electrons to the unit cell with a uniform charge background.²⁵–²⁶ The elastic constants Cij of MX₂ monolayers are estimated by using the Thermo-pw code.²⁷ Since the values of Cij are related to the equivalent volume of the unit cell, the calculated Cij must be rescaled by h/d0, where h is the length of the cell along z axis and d0 is the effective layer thickness of the MX₂ monolayers (d0 = 6.145 Å).¹² The Young’s modulus, Y, and the Poisson’s ratio, ν, of the MX₂ monolayers can be obtained from the following equation as

\[ Y = \frac{C_{11}^2 - C_{12}^2}{C_{11}}; \quad \nu = \frac{C_{12}}{C_{11}} \]  

The power of electromechanical actuators is characterized by the stress generated, \( \sigma = Y \varepsilon \) where actuator strain \( \varepsilon \) is defined as \( \Delta a/a_0 \), where \( a_0 \) is the lattice constant at geometry optimization for neutral case, and \( \Delta a \) is increment (or decrement) of \( a_0 \) after the charge doping has been applied. The performance of electromechanical actuators is characterized by the work density per cycle, which is often expressed in terms of stored energy density \( W_s \).²³ The formula for the work density per cycle is given by

\[ W_s = \frac{1}{2} Y \varepsilon^2. \]

3 Results and discussion

In Table 1, we show the optimized lattice parameters of the MX₂ monolayers, in which the lattice parameters of the MoX₂ and WX₂ monolayers have quite similar values. The lattice constants of the MX₂ monolayers increase with increasing of atomic number of M, ZM (ZMo < ZW), and X, ZX (ZS < ZSe < ZTe), atoms. Our calculated results are in good agreement with previous theoretical results, indicating that the present calculations are reasonable and reliable. In addition the total energy of the MX₂ monolayers with the 1H structure (1H-MX₂) are smaller than that of the 1T structure (1T-MX₂). Therefore, the MX₂ monolayers with 1H structure are more stable than 1T structure. In many experiments, the 1H structure also was found to be

| MX₂    | a₀ (Å) | Eᵣ (Ry) | C_{11} | C_{12} | C_{12} | C_{66} | Y (GPa) | ν    |
|--------|-------|--------|-------|-------|-------|-------|--------|------|
| 1H-MoS₂ | 3.19  | −190.798 | 207   | 207   | 42    | 83    | 197    | 0.200 |
| 1H-MoSe₂ | 3.31  | −224.510 | 173   | 173   | 32    | 71    | 167    | 0.180 |
| 1H-MoTe₂ | 3.55  | −190.204 | 129   | 129   | 41    | 44    | 116    | 0.320 |
| 1T-MoS₂  | 3.18  | −190.739 | 169   | 169   | −4.0  | 86    | 167    | −0.020 |
| 1T-MoSe₂ | 3.28  | −214.462 | 166   | 166   | −3.2  | 85    | 166    | −0.019 |
| 1T-MoTe₂ | 3.53  | −190.169 | 140   | 140   | −0.39 | 70    | 140    | −0.003 |
| 1H-WS₂   | 3.19  | −597.594 | 230   | 230   | 43    | 94    | 222    | 0.185 |
| 1H-WSe₂  | 3.32  | −631.292 | 193   | 193   | 31    | 81    | 188    | 0.160 |
| 1H-WTe₂  | 3.56  | −596.969 | 140   | 140   | 27    | 57    | 135    | 0.190 |
| 1T-WS₂   | 3.20  | −597.530 | 171   | 171   | −2.2  | 87    | 171    | −0.013 |
| 1T-WSe₂  | 3.29  | −631.238 | 159   | 159   | −9.3  | 84    | 159    | −0.060 |
| 1T-WTe₂  | 3.54  | −596.931 | 136   | 136   | −12   | 73    | 135    | −0.086 |

Fig. 1 Top and side view of the MX₂ monolayers with the 1H (a) and 1T structures (b), respectively.
We also note that MoTe$_2$ and WTe$_2$ monolayers might not have ideal 1T phase. They form the distorted 1T structure, namely 1T$^{0}$ structure. Since the MX$_2$ monolayers with 1T$^{0}$ structure exhibit an anisotropic behavior, in present study, we only focus on the isotropic 1H- and 1T-MX$_2$ monolayers.

To calculate the actuator response of the MX$_2$ monolayers, we first check the mechanical moduli at the neutral condition case ($q = 0$). The values of the elastic constants $C_{ij}$, Young’s modulus $Y$ and Poisson’s ratio $\nu$ of the MX$_2$ monolayers are listed in Table 1. $Y$ of the MX$_2$ monolayers decreases with increasing $Z_X$. On the other hand, by increasing $Z_M$, $Y$ is increased and decreased for the 1H and 1T structures, respectively, expect that $Y$ of the 1T-MoS$_2$ monolayer is smaller than that of the 1T-WS$_2$ monolayer. Therefore, the WS$_2$ monolayer shows the stiffest materials in the MX$_2$ compounds with $Y = 222$ GPa and $Y = 171$ GPa for the 1H and 1T structures, respectively. In addition, the Poisson’s ratio is also an important mechanical properties. Our results show that $\nu$ of the 1H structures is positive, while $\nu$ of the 1T structures is negative. It is known that the negative Poisson’s ratio are also found in other 2D materials such as in black phosphorus ($\nu = -0.5$), single-layer graphene ribbons($\nu = -1.51$), and $\delta$-phosphorene ($\nu = -0.267$). The 2D materials with native Poisson’s ratio could have useful applications, for example, as vanes for aircraft gas turbine engines, sponges, and fasteners.

Although the atomic structures of the MX$_2$ monolayers has been optimized, they do not guarantee a dynamical stability under the charge doping. Therefore, we analyze the generic elastic stability conditions for the MX$_2$ structures at each charge doping level. In particular, in the 2D hexagonal structure, the necessary and sufficient conditions of stability are $C_{11} > |C_{12}| > 0$ and $C_{66} > 0$. In Fig. 2(a) and (b), we show the elastic constants ($C_{11}$, $C_{12}$ and $C_{66}$) of the MX$_2$ monolayers as a function of charge doping $q$ ranging from $-0.1$ to $0.1$ e/atom for the 1H and 1T structures, respectively. Our results reveal that $C_{11} > |C_{12}| > 0$ and $C_{66} > 0$ for both all the 1H and 1T structures. Therefore, the MX$_2$ monolayers show a stable structure under both electron and hole doping cases. After revealing the stable configurations, the electromechanical properties of the MX$_2$ monolayers are investigated.

In Fig. 3(a) and (b), we show the Young’s modulus $Y$ of the 1H- and 1T-MX$_2$ monolayers, respectively, as a function of the charge doping ($q = 0$). For the 1H-MX$_2$ monolayers, $Y$ decreases for both the electron ($q < 0$) and hole ($q > 0$) dopings, except that $Y$ of the WS$_2$ monolayer is approximately constant for the hole doping case, as shown in Fig. 3(a). For the 1T-MX$_2$ monolayers, $Y$ decreases and increases for the electron and hole dopings, respectively, except that $Y$ of the MoTe$_2$ decreases for both electron and hole dopings, as shown in Fig. 3(b). We note that since $C_{12} < C_{11}$ (see Fig. 2), the Young’s modulus in eqn (1) can rewritten as $Y \sim C_{11}$ for both 1H- and 1T-MX$_2$ monolayers. Therefore, the behaviours of $Y$ are similar to $C_{11}$ under the electron and hole doping cases. The results obtained show that the maximum $Y$ of the MX$_2$ monolayers are 222 GPa and 197 GPa for the 1H-WS$_2$ and 1T-MoS$_2$ monolayers, respectively, at $q = 0.1$ e/atom. $Y$ of the MX$_2$ monolayers is thus comparable to that of...
the stainless steel (192 GPa). It notes that the materials with high \( Y \) value can generate large force per unit area.

In Fig. 4(a) and (b), we show the actuator strain \( \varepsilon \) of the 1H- and 1T-MX\(_2\) monolayers as a function of charge doping \( q \) ranging from \(-0.1\) to \(0.1\) e/atom. In the neutral case \((q = 0)\), we obtain \( \varepsilon = 0 \). For the charge doping case, \( \varepsilon \) is approximately a linear function of \( q \) for electron doping \((q < 0)\), while it is non-linear function of \( q \) for hole doping \((q > 0)\). As shown in Fig. 4(a), the absolute values of \( \varepsilon \) of the 1H-MX\(_2\) monolayers mainly depend on X atoms, in which MTe\(_2\) > MSe\(_2\) > MS\(_2\) for both electron and hole doping cases. In contrast, the absolute values of \( \varepsilon \) of the 1T-MX\(_2\) monolayers mainly depend on M atoms (WX\(_2\) > MoX\(_2\)), as shown in Fig. 4(b). For the MoS\(_2\) monolayer, the strain of the 1T structure (2.25%) is higher than that of the 1H structure (1.78%) at \( q = -0.1\) e/atom. The MoS\(_2\) monolayer with the 1T structure is thus predicted high actuation performance, which is consistent with previous results. As shown in Fig. 4(a) and (b), unlike the MS\(_2\) and MSe\(_2\) monolayers, the strain of the MTe\(_2\) monolayers (MoTe\(_2\) and WTe\(_2\)) with the 1H structure are higher than that with the 1T structures. The highest \( \varepsilon \) is found in the MoTe\(_2\) (2.74%) and WTe\(_2\) (2.9%) monolayers with the 1H structure at \( q = -0.1\) e/atom, respectively, which is higher than that of carbon nanotubes and graphene \((\sim 1\%)\). Since the 1H structure is dominates in the TMDs structures, the MoTe\(_2\) and WTe\(_2\) monolayers may be the ideal choice for the artificial muscles. In order to understand these behaviors of the actuator strain, the bond lengths between M and X atoms are investigated at different charge doping level, as shown in Fig. 5. In the neutral case \((q = 0)\), the M (Mo, W)–Te bond lengths of 1H- and 1T-MX\(_2\) are higher than the M–Se and M–S bond lengths, respectively. For the electron doping, the M–X bond lengths increase linearly by increasing \( q \) \((q < 0)\), while they increase non-linearly for the hole doping \((q > 0)\). As shown in Fig. 5(a)–(c), the electron doping largely change the M–X bond lengths compared with the hole doping. We note that the electron doping will “pull down” many interlayer bands in the TMD’s band structure, while hole doping does not. Such a phenomenon might contribute to the higher strain actuators by the electron doping rather than the hole doping.

In Fig. 6(a) and (b), we show the actuator stress of the MX\(_2\) monolayers as a function of charge doping for the 1H and 1T structures, respectively. In the neutral case \((q = 0)\), we obtain \( \sigma = 0 \) because \( \varepsilon = 0 \). For the electron doping \((q < 0)\), the stress of the MX\(_2\) monolayers with both the 1H and 1T structures increases with increasing \( q \). The highest stresses are found in the WS\(_2\) monolayers for both the 1H \((\sigma = 3\) GPa\) and 1T structures \((\sigma = 3.6\) GPa\) due to their highest Young’s modulus as shown in Fig. 3. For the hole doping \((q > 0)\), the highest stress of the MX\(_2\) monolayers with the 1H structure is found in the WTe\(_2\) monolayers with \( \sigma = -1.65\) GPa at \( q = 0.1\) e/atom, while it is found in WS\(_2\) monolayers with 1T structures \((\sigma = -1.62\) GPa at \( q = 0.1\) e/atom).

Finally, we investigate the performance of the electromechanical actuators of the MX\(_2\) monolayers. In Fig. 7(a) and (b),

Fig. 3 Young’s modulus of the (a) 1H-MX\(_2\) and (b) 1T-MX\(_2\) monolayers plotted as a function of charge doping per atom.

Fig. 4 Strain as function of charge doping per atom of monolayer (a) 1H-MX\(_2\), (b) 1T-MX\(_2\).

Fig. 5 M–X bond lengths as a function of the charge doping per atom (a) MS\(_2\), (b) MSe\(_2\) and (c) MTe\(_2\).
we show the work density per cycle $W_s$ of the 1H- and 1T-MX$_2$ monolayers as a function of charge doping, respectively, in which the $W_s$ is determined by eqn (2). For the electron doping ($q < 0$), $W_s$ of the MX$_2$ monolayer with both 1H and 1T structures increases with increasing $|q|$. In the meantime, $W_s$ is increased and decreased with increasing $Z_X$ ($Z_S < Z_{Se} < Z_{Te}$) for the 1H and 1T structures, respectively. On the other hand, $W_s$ of the MoX$_2$ monolayers is smaller than that of the WX$_2$ monolayers for both 1H and 1T structures. Therefore, the highest $W_s$ is found in the WTe$_2$ (41.66 MJ m$^{-3}$) and WS$_2$ (43.30 MJ m$^{-3}$) monolayers with the 1H and 1T structures at $q = -0.1$ e/atom, respectively. These work density per cycle are more than 1000 times that of skeleton muscle ($\sim 0.04$ MJ m$^{-3}$) and 7 times that of Au–Pt alloys ($\sim 6$ MJ m$^{-3}$) due to their high Young’s modulus and high actuator strain. For the hole doping ($q > 0$), the maximum $W_s$ is found in the WTe$_2$ (16.4 MJ m$^{-3}$ at 0.1 e/atom) and WS$_2$ monolayers (7.03 MJ m$^{-3}$ at 0.06 e/atom) for the 1H and 1T structures, respectively. $W_s$ at the electron doping case is thus higher than that of the hole doping case, which suggests that the electron doping should be good to achieve high-performance actuator in the artificial muscle application. All the periodic trends strictly obeyed by our data are summarized for the electron doping at $q = -0.1$ e/atom are shown in Fig. 8.

4 Conclusion

In summary, we have investigated the actuator performance of the two-dimensional MX$_2$ monolayers with the 1H and 1T structures by first principles calculations. We find that the actuator performance of the MX$_2$ monolayers not only depend on the charge doping level but also the atomic numbers $Z_M$ and $Z_X$ of M and X atoms, respectively. The 1H-WTe$_2$ and 1T-WS$_2$ monolayers have the best electromechanical performances in the MX$_2$ compounds with the work density per cycle can be achieved up to 41.66 MJ m$^{-3}$ and 43.30 MJ m$^{-3}$ under charge doping, respectively. Moreover, the MX$_2$ monolayers show the reversible strain up to 3%. The results of this study are useful for the design and fabricating of artificial muscles with the MX$_2$ compounds.

Conflicts of interest

There are no conflicts to declare.

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