The Nuclear Source of the Galactic Wind in NGC 253

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Abstract

We present Brγ emission line kinematics of the nuclear region of NGC 253, recently known to host a strong galactic wind that limits the global star formation of the galaxy. We obtained high-resolution long-slit spectroscopic data with PHOENIX at Gemini South, positioning the slit on the nucleus infrared core (IRC), close to the nuclear disk major axis. The spatial resolution was 0′′35 (~6 pc) and the slit length was 14′′ (~240 pc). The spectral resolution was ~74,000, unprecedentedly high for galactic nuclei observations at ~2.1 μm. The line profiles appear highly complex, with blue asymmetry up to 3′′5 away of the IRC, and red asymmetries further away to northeast. Several Gaussian components are necessary to fit the profile, nevertheless a narrow and a wide one predominate. The IRC presents kinematic widths above 700 km s−1 (FWZI), and broad component FWHM ~ 400 km s−1, the highest detected in a nearby galaxy. At the IRC, the blueshifted broad component displays a 90 km s−1 bump in radial velocity distribution, a feature we previously detected in molecular gas kinematics. The narrow component velocity dispersion (~32 km s−1) is within the expected for normal galaxies and luminous infrared galaxies (LIRGs). Intermediate components (FWHM ~ 150 km s−1, redshifted to the northeast, blueshifted to the southwest) appear at some positions, as well as weaker blue (~215 km s−1) and red line wings (~300 km s−1). The IRC depicts a large broad-versus-narrow line flux ratio (F(B)/F(N) ~ 1.35), and the broad component seems only comparable with those observed at very high star-forming rate galaxies. The results indicate that the IRC would be the main source of the galactic winds originated in the central region of NGC 253.

Key words: galaxies: individual (NGC 253) – galaxies: kinematics and dynamics – galaxies: nuclei – infrared: galaxies

1. Introduction

NGC 253 is the nearest spiral galaxy with a nuclear starburst. As a distinctive signature, it presents, like other starburst galaxies (e.g., M82), extended outflows viewed in a variety of spectral emissions. In particular, Sharp & Bland-Hawthorn (2010), from three-dimensional spectroscopic observations, mapped the outflow of NGC 253 using several optical emission lines. The outflow of NGC 253 has also been observed with detail in Hα by Westmoquette et al. (2011), where due to a spectral resolution of 80–90 km s−1, they have been able to identify multiple components in the line profiles. They obtained direct imaging and kinematic data for the southern cone between 280 and 660 pc from the nucleus and reported velocities of 100–300 km s−1. From their kinematic studies, the authors found evidence that successive waves of outflowing gas have been ejected by different episodes of star formation. The outflow in Hα is similar in morphology to the hot gas emitted in X-ray in scales as small as 20 pc (Strickland et al. 2000). AKARI has revealed a halo in far-infrared emission that reaches 9 kpc. Besides, this halo traces the X-ray emission region (Bauer et al. 2008), suggesting the presence of dust which comes from the inner regions. Kaneda et al. (2009) estimate for the dust an outflow velocity with a range of 300–2000 km s−1, so the dust would escape from the gravitational potential of the galaxy. Also from an X-ray study of abundance ratios, Mitsuishi et al. (2013) conclude that in the superwind, disk, and halo regions, the origin of the hot interstellar gas is the same, being that the abundance patterns are contaminated by SN of type II, what would imply that this gas would be provided by the nuclear starburst activity. That nuclear star formation might produce cosmic rays with energies up to 1018 eV in the superwind region (Romero et al. 2018). Bolatto et al. (2013) determined from ALMA images that the molecular outflow rate would imply that the wind originated by the starburst activity would limit the star-forming activity, and so, the final stellar content.

Evidence presented in Günthardt et al. (2015, hereafter Paper I), shows that the K-band continuum peak (or infrared core, IRC), associated with the radio source TH7 (Turner & Ho 1985), would be the genuine nucleus of NGC 253. The nucleus is off-center 60 pc southwest of the symmetry center of the galactic bulge isophotes as seen in the near-infrared (NIR) spectral range. From the H2 2.12 μm rotation curve, a kinematic residual is interpreted as evidence of outflow in the proposed nucleus while from mid-infrared images a shell-like structure around the nucleus would be revealing the outflow in the nuclear region. Davidge (2016) also discusses the possibility of IRC as a candidate for the nucleus of NGC 253, pointing out that a nucleus should present a substantial stellar age spread. In fact, the author finds from a spectroscopic NIR study of IRC, deep CN and C2 bands, which are spectroscopic signatures of an underlying intermediate-age stellar population. Detailed NIR spectroscopic observations have shown that low-mass super-massive black holes appear off-centered in some nearby spiral galaxies (e.g., M83, Díaz et al. 2006; NGC 6300, Gaspar et al. 2019) and theoretical scenarios predict that they would have an important effect on
the structural evolution of the host spiral galaxy (Emsellem et al. 2015).

The nucleus of NGC 253 presents high extinction in the visual band ($A_V \sim 11$ mag; Fernández-Ontiveros et al. 2009), consequently for a better understanding of the kinematic it is necessary to perform studies in the infrared spectral region. Until now, no detailed NIR observations of the outflow of NGC 253 were available for the nuclear region, so the high spectral resolution achieved by PHOENIX in addition with the proximity of NGC 253 ($D \sim 3.9$ Mpc, $1'' = 17$ pc; Karachentsev et al. 2003) enables us to look into the very inner nuclear structure (IRC) and neighboring zones, and carry out a detailed study of the different kinematic structures.

2. Observations

The observations were performed with the high spectral resolution ($R \sim 74,000$) echelle spectrometer PHOENIX (Hinkle et al. 2003) at the 8.1 m Gemini South Telescope, in queue mode in 2009 November and 2010 February (programs GS-2009B-Q-39 and GS-2010B-Q-64). We obtained long-slit spectra of the nuclear region of NGC 253 in the redshifted Br$\gamma$ emission line ($21662$ Å). The spectra analyzed in this paper were taken with the slit ($0''25 \times 3$ pixel wide) oriented along the line joining the IRC and the knots seen in the $K_s$ band near the radio source TH2 (Turner & Ho 1985). The $14''$ slit covered $\sim 240$ pc on PA $61^\circ$ (Figure 1(a)). This PA is coincident with the central circumnuclear disk major axis and it is close to the galaxy global major axis (PA = $51^\circ$). The spatial scale of the detector is $0''085$ pixel$^{-1}$ and the wavelength dispersion scale is $0.098$ Å pixel$^{-1}$. During the observations, the weather conditions were very good with a subarcsec seeing ranging from $0''3$ to $0''4$ at the $K_s$ band.

The data reduction has been performed following standard reduction techniques with the Image Reduction and Analysis Facility (IRAF). The extractions of individual spectra have been made with 3 pixel width, each one separated by 2 pixels. Two sky-subtracted individual spectra were combined matching the IRC continuum emission peak, one from each Gemini program. The total on-source exposure time was $1800$ s. The instrumental line profile measured from the arc comparison spectrum was FWHM $\sim 4$ km s$^{-1}$. For the Gaussian component fitting of the Br$\gamma$ line profile we used the task NGAUSSFIT routines from IRAF.

The central $500$ pc of the galaxy are shown in Figure 1(a) with a median seeing of $0''5$. This $Ks$-band image was obtained with Flamingos-2 (Eikenberry et al. 2008; Gómez et al. 2012) at the Gemini South Telescope during a commissioning run in 2013 June 24 with a total exposure time of $18$ s (for more details see Paper I).

3. Results and Discussions

In Figure 1(b), we display a 2D spectrum obtained with PHOENIX in the nuclear region of NGC 253, with a spatial coverage of about $185$ pc. As can be seen, the kinematics of that region is highly complex. The IRC emission stands out as the main continuum source. Also, the Br$\gamma$ emission is more extended toward the northeast from the IRC (up to $130$ pc). The emission line profile and spatial distribution are in accordance with what we observed in the mid-infrared/NIR images and lower resolution spectra obtained with Flamingos-2 (Figure 20 of Paper I). The spectrum covers $\sim 70$ Å, being that the Br$\gamma$ emission line is as wide as $54$ Å ($\sim 740$ km s$^{-1}$) of full width at zero intensity (FWZI) at the IRC position (Figure 2 (top)). Toward the northeast of the IRC position, the FWZI is about...
35 Å (≈480 km s\(^{-1}\)) while toward the southwest it is even lower, 20 Å (≈274 km s\(^{-1}\)). Attending to the complex nature of the line profiles, as a first approach, we determined the radial velocity distribution corresponding to the peak of the line (Figure 2, bottom panel). The rotation feature is clear, reflecting the presence of a circumnuclear disk that dominates the dynamics of the nuclear region. This velocity distribution strongly agrees with that observed in H\(_2\) (Paper I).

We compared the radial velocity gradients along the major axis obtained in the NIR regime with those from optical studies. From Paper I, Figure 16, we derived the gradient obtained from the H\(_2\) velocity distribution which resulted to be of \(\sim 13\) km s\(^{-1}\) arcsec\(^{-1}\) and the radial velocity gradient for the Br\(_γ\) velocity distribution of the present work (Figure 2) is of \(\sim 13.5\) km s\(^{-1}\) arcsec\(^{-1}\). For the optical spectral range we used the H\(_α\) radial velocity distribution (Figure 2) from Camperi et al. (2011), and the velocity gradient is of \(\sim 8.5\) km s\(^{-1}\) arcsec\(^{-1}\). From the work of Arnaboldi et al. (1995), also in H\(_α\), the derived gradient is of \(\sim 10\) km s\(^{-1}\) arcsec\(^{-1}\). The solid body appearance of the inner optical rotation curve must be due to the strong content of dust because the luminosity of the nuclear region does not support a constant density model. This velocity behavior is expected when the extinction is high. A simple calculation shows that for an optically thick edge-on disk of radius R, the shape of the observed radial velocity curve would be \(V(r) \sim (V_0/R)r\), i.e., the rotation curve would appear to grow linearly in the highly obscured radial ranges (Díaz et al. 2000). The observed differences between optical and NIR gradients are consistent with the wavelength dependence of the extinction effect (Valotto & Giovanelli 2004).

In Figure 3, we display a superposition of individual spectra extracted every 2 pixels (≈0''17). The spectra corresponding to the northeast from the IRC are shown in Figure 3(a), while those corresponding to the southwest are presented in Figure 3(b). We adopted the IRC as origin for relative positions, with positive values toward the southwest from the IRC and negative ones toward the northeast. On the IRC position and its surroundings, the Br\(_γ\) line profile is blueshifted, however some positions toward the northeast display a red asymmetry. Specifically, from \(-3''7\) toward the southwest, the central Br\(_γ\) line profile presents a blue asymmetry, being more pronounced at \(-0''9\), toward the northeast of the line profile is red asymmetric. The great resolving power of PHOENIX reveals structured Br\(_\gamma\) line profiles. Many of them display a structure resembling steps on the blue wing of the emission line, which are more pronounced in the region between \(-0''9\) and \(+0''2\). These stepped structures are also observed in the red wing, although they have less visibility because of the steeper profile in the red side of the emission line. This behavior is more clearly seen around the IRC. As it has been mentioned before, according to Westmoquette et al. (2011), there is evidence of successive waves of outflow gas, triggered by different episodes of star formation, that could account for those observed features. Hence, multiple expanding shells integrated along the line of sight could explain the stepped profiles near the IRC. On the other hand, regarding to the southwestern spectra, it is remarkable that the red side of the emission line is almost identical for all positions independently of the line peak shifting and the intensity of the emission. This behavior could be an effect of the high extinction in this particular zone. Closer views of these profiles are displayed in Figure 3(c). These characteristics of the Br\(_γ\) line profiles are not observed in Paper I or in H\(_α\) line profiles (Westmoquette et al. 2011), probably due to the lower spectral resolution of these observations.

Considering the complexity of the line profiles, we modeled them using a certain number of Gaussian components with free parameters. To illustrate, in Figure 4 we show Gaussian fittings corresponding to different positions along the slit. Toward the northeast from the IRC, we identified several Gaussian components, dominated by a narrow main component (hereafter peak) and a broad one (hereafter broad). In some spectra, it was possible to fit two less intense nearby narrow components, to the left and to the right of the main one (hereafter left and right), and two more or less broad components, far from the narrow main component (hereafter far left and far right). The far right component is, on average, \(+300\) km s\(^{-1}\) away from the emission peak, while the far left component is \(215\) km s\(^{-1}\) blueshifted. Figures 4(a)–(c) illustrate the Br\(_γ\) line profile fittings at different positions toward the northeast. In particular, the line profile at the IRC position was fitted with five components as shown in Figure 4(d). Between \(-4''9\) and \(-3''7\), where the line profile begins to show a red asymmetry, a moderate broad component is required (intermediate). For the most northeastern positions, the peak component is not required, being the central line profile well represented by the left and the right components. Toward the southwest of the IRC, three components (peak, broad, and left) were used to describe the line profile up to \(+1''2\), beyond that, only two components were needed, the peak component and a second one somewhat narrower than the broad component (intermediate). Examples of the last cases are plotted in Figures 4(e) and (f).
Taking advantage of the high spectral resolution, we could trace several kinematic components along the nuclear disk major axis. In Figure 5, we display the data cube projections of the line profile fitting, which involve radial velocities, FWHM, and position. It may be seen that in these projections the different Gaussian components are grouped in distinctive subsystems (specially Figure 5, top right), giving confidence to the fitting process. There is no reference of line profiles observed with high resolution for a starburst nucleus, making the comparison with other line profile analysis results difficult.

In Figure 5(a) (bottom), we plotted the heliocentric radial velocity distribution corresponding to the different detached components. It is clear from the figure that the profiles are more complex in the region associated with the IRC and at regions located northeast from it. The radial velocity plot shows rotational characters in almost all components. Assuming that the peak component is representative of the underlying disk kinematics at the IRC position, the rotational pattern is consistent with a Keplerian mass of \((5 \pm 2) \times 10^7 M_\odot\) inside 4″ (80 pc). Besides, the right, left, and far right components rotate almost as fast as the peak component, while the far left component has a very irregular behavior and the rotational pattern is not clear. In respect to the wider components, the broad one presents a kinematic perturbation at the IRC position, making it difficult to assert a rotational pattern presence. It is always blueshifted with respect to the peak component, as illustrated in Figure 5(a) (bottom). This character could be interpreted as an indication of a nuclear outflow originated in a star formation process (e.g., Westmoquette et al. 2007c; Arribas et al. 2014). At both sides of the positions, which exhibit a broad component, the intermediate one is noticed, being redshifted and blueshifted at the northeast and southwest positions, respectively. It shows signs of rotation slightly slower than that of the peak component. As illustrated in Figure 5(b), these two wider components, in addition with the peak one, are the most luminous, where they are present. The broad component displays noncircular motion at the IRC position, showing an important increment of the velocity followed by an abrupt decrease. This radial velocity bump has an amplitude of \(~90\) km s\(^{-1}\) and it was already observed in the rotation curve of the molecular hydrogen obtained in Paper I. This radial velocity perturbation blurs the possible rotational pattern of the broad component. On the one hand, if a compact massive object was located at the IRC position, it could be able.
to distort the circular rotational pattern around it (e.g., Mast et al. 2006). Then, the observed velocity deviation from the circular motion would be accordant with an enclosed mass of $4 \times 10^6 M_\odot$ (in a Keplerian approximation). On the other hand, the ejection or injection of material from or toward the IRC could be the cause of that velocity perturbation. Then, if the

Figure 4. Brγ emission line profiles corresponding to different positions along the slit. The spectra extractions are $0''25$ wide and the flux is in arbitrary counts. In each plot, at the top left corner the observed position in arcsec is indicated, and between parenthesis the deprojected position in parsec. The origin corresponds to the IRC position. Negative values (three examples are shown) are associated to positions northeast from the IRC, while the two spectra southwest from the IRC are displayed at the bottom of the figure. In magenta we show the sum of the different Gaussian components. The main narrow component is in green, while the less intense neighboring components are in blue and red. The broad component is displayed in cyan, the intermediate component in dark green, while the components far from the main narrow component are plotted in purple and brown.
dominant motion were radial within the disk instead of rotational, and considering the north side of the disk as the nearest (Camperi 2018, see also Figure 7 of Paper I), the bump counter-rotation would be consistent with an outflow process.

Considering the presence of a blueshifted broad component around the IRC position, the mass ejection seems to be the most likely scenario to account for the bump perturbation.

The FWHM distribution is presented in Figure 5(a) (top left). The mean FWHM for each component is as follows: (73 ± 27) km s⁻¹ for the peak component, (325 ± 24) km s⁻¹ for the broad component, (151 ± 31) km s⁻¹ for the intermediate component, (89 ± 27) km s⁻¹ for the left component, (67 ± 24) km s⁻¹ for the right component, (146 ± 45) km s⁻¹ for the far left component, and (116 ± 30) km s⁻¹ for the far right component. At the IRC vicinity, the peak component presents FWHM values relatively low (~60 km s⁻¹). At this position and its surroundings, the spectral signal-to-noise ratio (S/N) is higher, therefore we extracted spectra in every
spatial pixel. The FWHM for the broad component is larger than 400 km s\(^{-1}\), an unexpectedly high value for an inactive nucleus without excessive star formation.

The optical study (Westmoquette et al. 2007a) of the circumnuclear region of another nearby starburst galaxy, M82, involves an H\(\alpha\) line profile fitting with two components showing a mean FWHM of \((60 \pm 40)\) km s\(^{-1}\) and \((210 \pm 60)\) km s\(^{-1}\) for the peak and broad components, respectively. While the FWHM of the peak component in M82 is consistent with that of our study, the FWHM of the NGC 253 nuclear broad component is considerably higher than that of M82 and the highest so far detected in a nearby galaxy. Attending to galaxies with higher star formation activity, Arribas et al. (2014) studied a subsample of 11 low luminosity noninteracting luminous infrared galaxies (LIRGs) without an active galactic nucleus (AGN). For these so-called Class0 nonactive objects, the authors studied global properties from the integrated spectra covering \(~9\) kpc, obtaining a global velocity dispersion of \((45 \pm 4)\) km s\(^{-1}\) for the main peak component in the optical emission lines. This value is higher than that of \((24 \pm 5)\) km s\(^{-1}\) expected for normal spirals (Epinat et al. 2010). In the case of NGC 253, we obtained a value of \((32 \pm 11)\) km s\(^{-1}\) measured over all the positions along the slit, consistent with the moderate active star formation process in the scenario of Arribas et al. (2014). Their analysis involves only two components, therefore the NGC 253 velocity dispersion of the peak component could be closer to that of LIRGS. In respect to the broad component, the subsample Class0 nonactive in Arribas et al. (2014) shows a FWHM average of \((289 \pm 23)\) km s\(^{-1}\), certainly comparable to that of NGC 253.

Considering mass ejection as the main broadening mechanism for the broad component, we would be interested in quantifying that phenomenon. The relative flux of the broad component in respect to the narrow one can be constrained. Around the IRC position, the broad component is more intense than the peak component with a relative flux \(F(B)/F(N) \approx 1.35\) (Figure 5(b)). However, outside IRC surroundings, the peak component dominates, \(F(B)/F(N) \sim 0.72\), without differences between the northeastern and southwestern sides. The last value of the relative fluxes is consistent with that observed in H\(\alpha\) by Wood et al. (2015) in the circumnuclear region of NGC 7552, a LIRG galaxy of low intensity, and also with that for LIRGs without interacting signs \((F(B)/F(N) = 0.64 \pm 0.17;\) Arribas et al. 2014\). In respect to the high values at the IRC surroundings, although Wood et al. (2015) observed ratios above 1 in NGC 7552, they are not in the nuclear region but rather in regions of highest total H\(\alpha\) luminosity. While some galaxies in the Class0 nonactive subsample of Arribas et al. (2014) show high ratios, they only observe mean relative fluxes above 1 in samples of U/LIRGs with an AGN.

A general trend is that the velocity difference between the peak and broad components is smaller than the FWHM, so the turbulent motions would be more prominent than the bulk flows. Taking into account the spherical shell model for the outflow motion, the velocity difference between the narrow and broad components, with respect to the broad component FWHM, is the half than expected (Wood et al. 2015) with \((V_{\text{broad}} - V_{\text{narrow}})/\text{FWHM}_{\text{broad}} \approx 0.22\). In consequence, there should be another widening mechanism such as turbulent mixing layers or shocks producing the broad component width.

Nevertheless, we determined the maximum velocity of the outflow as used by Arribas et al. (2014) with a mean value of \((237 \pm 26)\) km s\(^{-1}\). Then, the NGC 253 nuclear outflow maximum velocity is relatively high considering that is as much as a twice of the maximum outflow velocity detected in NGC 7552 (Wood et al. 2015) and also higher than the mean value for the Class0 nonactive subsample in Arribas et al. (2014); \(V_{\text{max}} = (166 \pm 19)\) km s\(^{-1}\).

Although NGC 253 is not an infrared powerful galaxy \((L_{\text{IR}} = 4.1 \times 10^{10}L_{\odot};\) Melo et al. 2002\), a relative high star formation rate (SFR) \((\text{SFR} = 1.73 \pm 0.12\ M_{\odot}\ yr^{-1};\) Bendo et al. 2015\) is taking place within the central \(20'' \times 10''\) \((340 \times 170\) pc). The kinematic properties obtained at the IRC position and its surroundings are overall consistent with those observed in nonactive LIRGs, while the high \(F(B)/F(N)\) is expected mainly in active LIRGs.

### 4. Conclusions

We studied long-slit spectra around the NIR brightest source of the nuclear region of NGC 253 known as the IRC. The NIR spectroscopy allows us to penetrate deeper into the nuclear region of the nearest starburst galaxy. Additionally, the high spectral resolution enabled the study of the Br\(\gamma\) emission line kinematics at the IRC and its surroundings with unprecedented detail. The complexity of the Br\(\gamma\) line profiles seems unusual for a non-AGN, and we used several Gaussian components to fit the line profile observed at high spectral resolution. However, each component is well identified in the position–FWHM–radial-velocity space displayed in Figure 5, supporting a physical identity of them.

In spite of the Br\(\gamma\) line profile complexity, the radial velocity distribution traced by the maximum intensity of the emission line shows the same behavior as the molecular gas, with a prevalence of rotational motion. The rotation curves are well described with a linear approximation, displaying a gradient of about \(13 \pm 1\) km s\(^{-1}\) arcsec\(^{-1}\). The solid body appearance of the inner rotation curve must be due to the strong content of dust in a highly inclined optically thick disk, a scenario that is supported by the comparison of the radial velocity gradients in the NIR regime with those observed at optical spectral ranges. The observed differences between optical and NIR gradients are consistent with the wavelength dependence of the dust extinction effect.

The northeast region from the IRC presents several knots of star formation with high emission in Br\(\gamma\). In contrast, the southwest region is devoid of knots. Furthermore, the Br\(\gamma\) kinematic complexity of the northeast region is well marked while the southwest side presents a relatively simpler line profile. Specifically, the northeast line profiles present a composite shape, depicting two kinematic structures: a main bright complex portion and a pair of weak emissions well separated from the peak of the line (far left and far right components), one of them toward blue wavelength \((-215\) km s\(^{-1}\), far left) and another toward red ones \((+300\) km s\(^{-1}\), far right). These far components have similar profiles and present an almost constant intensity without variation with the position along the slit. On the other hand, the main portion of the line profile was described with up to four components: the narrow peak component, two moderately wide components on both sides of the peak (left and right components), and a broad or an intermediate one. The right and far right components follow the global disk rotation traced.
by the peak component, while the left one shows a noisy behavior probably due to the fitting of that component being highly dependent of the broad one. On the other hand, the southwestern emission line profiles were fitted by only three components (peak, broad, and left) at positions closer to the IRC and with only two components (peak and intermediate) further away. Although the far components are only seen from northeast of the IRC, we cannot exclude the possibility that, taking into account that the Brγ emission toward the southwest from the IRC are less intense, these far components perhaps are not detected due to a very low S/N. One possible explanation for the presence of these far components is that we are seeing an older ejection of matter. Stronger dust extinction in the southwestern side of the IRC could account for the overall morphological and kinematic differences.

In addition of the broad and intermediate components being blueshifted in respect to the peak component suggesting the presence of mass ejection, a distinctive signature in the broad component radial velocity distribution is the presence of a bump perturbation observed at the IRC position (90 km s⁻¹ of amplitude). This feature was already observed in the H2 rotation curve in Paper I. That molecular emission line exhibits a very symmetric profile well described with a Gaussian function (FWHM ∼ 130 km s⁻¹) without evidence of a broad component, whereas the Flamingos-2 Brγ line profile shows a blueshifted broad component between −5°74 and +4°17. At lower spectral resolution, no other kinematical components are distinguished. Although the deviation from circular motion at the IRC position is insinuated in the Flamingos-2 Brγ rotation curve, it is more prominent in the molecular gas one. In the H2 rotation curve, the amplitude of the velocity bump is about 30 km s⁻¹, considerably lower than that observed in the PHOENIX Brγ broad component. This noncircular motion could be present in the peak component velocity distribution, but it would not be greater than 20 km s⁻¹. Then, the broad component is more sensitive than the other Brγ components to the physical phenomenon that causes the perturbation. Supposing that the velocity bump in the central region of the radial velocity curve is originated by mass ejection from the IRC, a possible scenario is that the broad component arises in the ionized gas closer to the massive IRC. Another peculiar characteristic of the broad component is that the FWHM, ∼ 400 km s⁻¹, is considerably larger than that found by Westmoquette et al. (2013) for the supercluster NGC 3603 (FWHM ∼ 70–100 km s⁻¹). Assuming that this component is generated by an outflow process, the FWHM and maximum velocity are comparable with that of the global values in very intense star-forming galaxies (Arribas et al. 2014). In addition, the flux ratio between the broad and peak components at the IRC position are comparable with the mean ratio for galaxies with high SFR plus an AGN (Arribas et al. 2014).

Several hypotheses have been proposed to explain the existence of a broad component, such as them being related to the action of stellar winds and supernovae. From optical and lower spatial resolution integral field unit (IFU) spectroscopic studies, Westmoquette et al. (2007a, 2007b, 2009a, 2009b) infer that in the starburst galaxies NGC 1569 and M82, the broad component represents emission from highly turbulent mixing layers on the surface of denser gas clouds, set up by the impact of high-energy photons and fast-flowing winds from the massive star clusters. Since material is easily evaporated and ablated from these turbulent layers, the broad component should trace locations of mass-loading sites within the wind. This scenario could be applied to understand the IRC surroundings and account for the high FWHM observed in NGC 253. If that global phenomenon could be duplicated on a small scale, the turbulent mixing layers on the surfaces of the gas clouds around IRC could explain the large FWHM observed. In Paper I, from NIR diagnostic diagrams using H2 emission line ratios, it was determined that the IRC and its surroundings exhibit the action of strong shock waves. This is consistent with the idea that shocks could play an important role in the broadening of the Brγ emission line.

The stepped structure detected in the line profiles and the presence of several kinematic components arising at the IRC position are similar in radial velocity difference and velocity dispersion to the outflowing waves detected in the broad velocity field of the ionized gas by Westmoquette et al. (2011). This points to a physical connection between the global outflowing gas and the outflowing waves detected at the IRC position. The IRC presents the highest Brγ emission and kinematic width (FWZI above 700 km s⁻¹), exhibits a radial velocity bump at the broad component and twice the relative flux between the broad and peak components than in its surroundings, therefore it appears as the main present source of galactic winds in the nuclear region of NGC 253. Then, the IRC could be the source of the main gas ejections that generate the far, left, and right components observed in the Brγ line profile along the slit. In Paper I, high spatial resolution mid-infrared images display an arc (toward the southeast) and plume-like (toward the southwest) structures around the IRC, which could be associated with the strong winds exposed with the PHOENIX results. However, the long slit is not covering those mid-infrared structures. Consequently, a bidimensional kinematic map at high spectral resolution is mandatory for completing the outflow scenario in the inner parts of the nuclear region.

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