Surveillance of Stool Samples for the Presence of Enterobacter sakazakii among Korean People

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Purpose: Enterobacter sakazakii (E. sakazakii) infections are an important cause of life-threatening meningitis, septicaemia, and necrotizing enterocolitis in infants. Dried infant formula milk is an important vehicle for E. sakazakii infection. E. sakazakii was isolated in Korea from dried infant formula milk. Although E. sakazakii infection of infants may occur in Korea, its prevalence has not yet been documented. Therefore, we determined the prevalence of E. sakazakii and documented symptoms.

Materials and Methods: Between March and October 2006, 1,146 stool samples were collected from patients at Uijeongbu St. Mary’s Hospital. Each fecal swab was dissolved in 10 mL of buffered peptone solution, and enriched culture was streaked onto Druggan-Forsythe-Iversen (DFI) agar. Presumptive E. sakazakii colonies that exhibited a blue-green color during culture on DFI medium were selected. The identity of colonies that developed yellow pigment during culture on TSA was determined using the Vitek system and PCR.

Results: We isolated 4 E. sakazakii strains whose 16S rRNA sequence alignments had a similarity of 99% with those of 3 E. sakazakii ATCC strains.

Conclusion: This is the first report on isolation of E. sakazakii from stool samples and to document the symptoms of Korean patients.

Key Words: Enterobacter sakazakii, stool, Korean patients

INTRODUCTION

Enterobacter sakazakii (E. sakazakii) is a bacterium that belongs to the family of Enterobacteriaceae. It was initially referred to as yellow-pigmented Enterobacter cloacae. In 1980, Farmer et al. reclassified it as E. sakazakii, based on DNA-DNA hybridization, biochemical characteristics, antibiotic susceptibility patterns, and presence of yellow-pigmented colonies.

E. sakazakii infection is an important cause of life-threatening meningitis (complicated by ventriculitis, brain abscess, cerebral infarction, and cyst formation), septicaemia, and necrotizing enterocolitis in infants. Mortality rates of 33-80% were reported for infected patients. There are few reports of E. sakazakii infection of adults, which is not usually life threatening.

E. sakazakii has been isolated from stool and urine. Isolation from stools was demonstrated in infants aged ≤18 weeks. This organism has also been detected in a wide range of foods, including cheese, meat, vegetables, grains, herbs, and spices. Most reports are concerned with the presence of the organism in dried infant formula milk. Dried infant formula milk is an important vehicle of E. sakazakii infection. In Korea, E. sakazakii was isolated from 3 of 45 dried infant formula milk samples. Although E. sakazakii infection of infants may occur in Korea, its prevalence has not yet been determined. Therefore, we determined the prevalence of E. sakazakii in stool samples of hospital patients in Korea and documented the symptoms of those whose stool samples were positive for E. sakazakii.
MATERIALS AND METHODS

Samples and bacterial strains

To isolate *E. sakazakii*, 1,146 stool samples were collected from March to October 2006 at Uijeongbu St. Mary's Hospital.

Each fecal swab from each sample was dissolved in 10 mL of buffered peptone solution (Oxoid, Basingstroke, England) and incubated at 37°C for 24 hours. One mL of preenriched buffered peptone solution was added to 10 mL of enterbacter enrichment broth (Oxoid) and incubated at 37°C for 24 hours. The enriched culture was streaked onto Druggan-Gorsythe-iversen (DFI) medium (Oxoid) and incubated at 37°C for 24 hours. Up to five presumptive *E. sakazakii* colonies that exhibited a blue-green color during culture on DFI medium were selected for culture on TSA at 25°C for 72 hours. The identities of colonies that developed yellow pigment during culture on TSA were determined using a Vitek GNI card (bio Meriux, Marcy’l Etoile, France) and PCR. *E. sakazakii* ATCC 29004, *E. sakazakii* ATCC 29544, and *E. sakazakii* ATCC 51329 were used as positive controls.

16S rRNA gene amplification and direct sequencing

Bacteria were grown on TSA at 37°C for 24 hours. One loop of biomass was scraped off the agar, suspended in 500 μL of sterile distilled water, and boiled for 10 minutes. After centrifugation at 1200 × g for 10 minutes at 4°C, the supernatants were used as templates for PCR. To detect the sequence of the 16S rRNA gene, *E. sakazakii* strains were amplified using PCR assays with Esakf (5’ GCT YTG CTG ACG AGT GGC GG 3’) and Esakr (5’ ATC TCT GCA GGA TTC TCT GG 3’), details of which have previously been reported. 7

The following conditions were used for the thermal cycler (PTC-100; MJ Research, Watertown, MA, USA): initial denaturation for 2 minutes at 94 °C, 29 cycles of denaturation at 94°C for 30 seconds, annealing at 60°C for 60 seconds, extension at 72°C for 90 seconds, and a final cycle at 72°C for 5 minutes. The products were then sequenced using a modified Sanger method, a Big-dye kit (Applied Biosystems), and an ABI 3,730 capillary DNA analyzer (Applied Biosystems, Foster City, CA, USA).

Antibiotic susceptibility testing

The antibiotic susceptibility of *E. sakazakii* was determined using the Vitek system and GNS cards. The following antibiotics were tested: amikacin (AN), ampicillin (AM), ampicillin/sulbactam (SAM), aztreonam (AZ), cefazolin (CZ), cefepime (FEP), cefoxitin (CFX), ciprofloxacin (CIP), gentamicin (GM), imipenem (IPM), piperacillin/tazobactam (TAZ), and trimethoprim-sulfamethoxazole (SXT).

RESULTS

Four *E. sakazakii* strains were isolated from 1,146 stool samples of Korean patients. Details of stool samples and isolated strains are shown in Table 1. *E. sakazakii* was isolated from 2 of 392 infants less than one year of age. Among adults, 2 *E. sakazakii* strains were isolated from 61 - 70-year-old age group. The 4 clinical isolates and 3 ATCC strains were tested for antibiotic resistance. Strains isolated from babies less than one year of age were resistant to ampicillin and cefazolin, whereas isolates from adults were susceptible to all antibiotics tested. The clinical characteristics of the 4 cases were as follows.

| Age (yrs) | Samples tested (n) | Isolates (n) |
|-----------|--------------------|--------------|
| <1        | 392                | 2            |
| 1 - 10    | 527                | 0            |
| 11 - 20   | 44                 | 0            |
| 21 - 30   | 18                 | 0            |
| 31 - 40   | 21                 | 0            |
| 41 - 50   | 37                 | 0            |
| 51 - 60   | 23                 | 0            |
| 61 - 70   | 31                 | 2            |
| Over 70   | 53                 | 0            |
| Total     | 1,146              | 4            |

Table 1. Number of Stool Enterobacter sakazakii Isolates by Age Group

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Case 1

A 3-month-old baby who exhibited symptoms of poor nutrition and abdominal distention was hospitalized, and a clinical diagnosis of gastroenteritis and meningitis was made. The white blood cell (WBC) count of cerebrospinal fluid (CSF) was 16 per mm$^3$ and consisted of lymphocytes (82%), monocytes (12%), and neutrophils (6%). CSF agglutination tests for Streptococcus agalactiae, S. pneumoniae, Neisseria meningitidis, and H. influenza type B were negative. Blood and CSF cultures were negative. Intravenous therapy with amoxicillin/clavulanate and tobramycin was initiated and the patient’s condition gradually improved after 10 days of hospitalization. Rotavirus antigen and E. sakazakii were isolated from stool specimens on day 7 of hospitalization.

Case 2

A 20 days-old baby presented with fever. He was hospitalized with a clinical diagnosis of sepsis and meningitis. The patient’s physical condition on admission was normal except for the presence of jaundice. Intravenous therapy with amoxicillin/sulbactam and tobramycin was initiated, and the patient’s condition gradually improved after 5 days of hospitalization. A diagnostic lumbar puncture revealed that CSF had a total protein concentration of 81 mg/dL, a glucose concentration of 62 mg/dL, and a WBC of 2 per mm$^3$. CSF agglutination tests for Streptococcus agalactiae, S. pneumoniae, Neisseria meningitidis, and H. influenza type B were negative. Blood and CSF cultures were negative. E. sakazakii was isolated from stool specimens on day 30 of hospitalization. Rotavirus antigen and E. sakazakii were isolated from stool specimens on day 7 of hospitalization.

Case 3

A 64 years-old male patient presented with right hemiplegia and thymic cyst rupture. E. sakazakii was isolated from stool specimens on day 30 of hospitalization. No sign or symptom indicative of E. sakazakii infection was observed during hospitalization.

Case 4

A 72 years-old male patient was diagnosed with intracranial hemorrhage. E. sakazakii was isolated from stool specimens on day 30 of hospitalization. No sign or symptom indicative of E. sakazakii infection was observed during hospitalization.

The biochemical and antibiotic resistance characteristics of the isolates are presented in Table 2. Three of the 4 isolates produced yellow pigmentation during culture on TSA. Moreover, all 4 isolates exhibited a blue-green color during culture on DFI agar, which confirmed the constitutive expression of α-glucosidase (data not shown). Three of the Vitek GNI biochemical profiles of isolates identified as E. sakazakii had identification values of 96 - 99% and that of one strain was 82% (S2, Table 2). There were several point mutations in the sequences of the strains (Table 3).

Table 2. Characteristics, Antimicrobial Susceptibilities, and Identification by Vitek GNI of E. sakazakii Strains

| Isolates | Age (yrs) | Sex | Vitek GNI (%) | Antibiotic resistance |
|----------|-----------|-----|---------------|-----------------------|
| Case 1 (S1) | <1 | M | 96 | Am$^r$, CZ$^r$ |
| Case 2 (S2) | <1 | M | 82 | Am$^r$, CZ$^r$ |
| Case 3 (S3) | 64 | M | 99 | Am$^s$, CZ$^s$, CFX$^s$ |
| Case 4 (S4) | 70 | M | 99 | Am$^s$, CZ$^s$, CFX$^s$ |
| ATCC 29004 | | | 99 | Am$^s$, CFX$^s$ |
| ATCC 27544 | | | 96 | Am$^s$ |
| ATCC 51329 | | | 97 | CZ$^s$, CFX$^s$ |

M, male; Am$^r$, ampicillin resistant; Am$^s$, ampicillin susceptible; CZ$^r$, cefazolin resistant; CZ$^s$, cefazolin sensitive; CFX$^r$, cefoxitin resistant; CFX$^s$, cefoxitin sensitive.
DISCUSSION

We isolated four *E. sakazakii* strains from 1,146 stool samples. Clinical outbreaks of *E. sakazakii* infection in neonatal care units in various parts of the world have been reported.\(^\text{16,17}\) However, isolation of *E. sakazakii* from humans in Korea has never been documented before.

All four isolates developed blue-green colonies on DFI agar, confirming the constitutive expression of α-glucosidase. However, α-glucosidase activity is not restricted to *E. sakazakii*.\(^\text{18}\)

*E. sakazakii* is naturally resistant to all macrolides, lincomycin, clindamycin, streptogramins, rifampicin, fusidic acid, and fosfomycin.\(^\text{18}\) It is, however, susceptible to some antibiotics, including tetracyclines, aminoglycosides, numerous α-lactams, chloramphenicol, antifolates, and quinolones.\(^\text{19}\)

Our results showed that strains of *E. sakazakii* isolated from adults were sensitive to ampicillin and cefazolin. However, the strains of *E. sakazakii* isolated from infants were resistant to ampicillin and cefazolin. These observations are different from those of Mustjens et al., who showed that the resistance to ampicillin is likely due to exclusion of *E. sakazakii*.\(^\text{20}\)

We speculate that specific virulence factor could explain the differences in susceptibility between the strains isolated from infants and those from adults. But, further study is needed to confirm the differences in antibiotic susceptibilities.

Several studies on the molecular characterization of *E. sakazakii* have been conducted to identify phylogenetic relationships and suitable PCR primers.\(^\text{19,21-23}\) The 16S rRNA gene has widely been used for sequence analysis because it is highly conserved and ubiquitous. Amplification of the 16S rRNA gene from the *E. sakazakii* isolates using the Esakf and Esakr primer pair produced PCR products with 929 bp long (Fig. 1). These primers are very specific for *E. sakazakii*.\(^\text{19}\)

Molecular methods based on 16S rRNA gene sequencing are well established and are routinely used for characterization and identification of bacteria.\(^\text{24,25}\) The 16S rRNA gene contains variable and hypervariable regions. The variable regions have been used to discriminate between species and genera.\(^\text{19}\) Lehner et al.\(^\text{19}\) detected 2 phylogenetically distinct lineages in the 16S rRNA gene, and Hassan et al.\(^\text{26}\) observed sequence differences between *E. sakazakii* and other Enterobacteriaceae within hypervariable regions. We compared the 16S rRNA sequences of the 4 isolates with those of the three ATCC strains. The sequence alignments of the 16S rRNA PCR products of the 4 isolates and the 3 *E. sakazakii* ATCC strains had

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**Table 3.** Sequence Analysis of the 16S rRNA Genes of *E. sakazakii* Strains Isolated from Stool Samples and Those of ATCC 29544, ATCC 51329, and ATCC 29004 Strains of *E. sakazakii*

| Strain               | *E. sakazakii* 16S rRNA gene sequence polymorphisms                                                                 |
|----------------------|---------------------------------------------------------------|
| S1                   | TTCGGAC TGGTGGTTAATAACCGCAGCA CTGTTAAGTCA TIGAAACTGGCAG      |
| S2                   | TTCGGAC TGGTGGTTAATAACCGCAGCA TGGTATGTCAG TIGAAACTGGCAG      |
| S3                   | TTCGGAC TGGTGGTTAATAACCGCAGCA CTGTTAAGTCA TIGAAACTGGCAG      |
| S4                   | TACGGAC TGGTGGTTAATAACCGCAGCA CTGTTAAGTCA TIGAAACTGGCAG      |
| *E. sakazakii* ATCC 29544 | TACGGAC TGGTGGTTAATAACCGCAGCA TGGTATGTCAG TIGAAACTGGCAG      |
| *E. sakazakii* ATCC 51329 | GCAAGAC GTGTTAAGTAAATAACCGCAGCA CTGTTAAGTCA TIGAAACTGGCAG      |
| *E. sakazakii* ATCC 29004 | TTCGGAC TGGTGGTTAATAACCGCAGCA CTGTTAAGTCA TIGAAACTGGCAG      |

**Fig. 1.** Agarose gel analysis of 16S rRNA PCR products of *E. sakazakii* strains.

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99% similarity. However, we detected several point mutations in the sequences (Table 3). The present result together with previous study\(^9\) indicate that the \textit{E. sakazakii} 16S rRNA gene has at least 4 “hot spots” and may contain several point mutations. A few cases of \textit{E. sakazakii} infection in adult have been reported, and younger than 4 years old infants and children are high risk groups compared with adults.\(^10\)

In this study, infection signs of \textit{E. sakazakii} were encountered in only 2 patients, however, not seen in adults. This result shows that \textit{E. sakazakii} infection is more risky in infants than in adults. Powdered infant formula is both the vehicle and the direct/indirect source of 50-80\% cases of diseases caused by \textit{E. sakazakii}.\(^14\) Therefore, we suggest that dried infant formula milk in the present study could be considered as the possible sources of \textit{E. sakazakii} isolated from infants, although we were unable to prove our hypothesis. Finally, our study shows that \textit{E. sakazakii} infection does occur in Korea.

In conclusion, this study is the first to report the isolation of \textit{E. sakazakii} from stool samples of Korean patients and indicates that continuous surveillance is needed to monitor \textit{E. sakazakii} infection.

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