### Table S1 Questionnaire survey of gastroscopy for physical examination subjects

1. Baseline information
   - Name: ; Age (years); Gender: male/female ;
   - Height (cm): ; Weight (kg): ; Body mass index (BMI, kg/m²):
   - Home address:
   - Contact number:

2. The purpose of gastroscopy
   - ☐ Physical examination, no gastrointestinal discomfort.
   - ☐ Gastrointestinal discomfort or slight physical discomfort
     - Symptoms of gastrointestinal discomfort (one or more)
       - ☐ abdominal pain, ☐ abdominal distention, ☐ acid reflux, ☐ belching, ☐ early satiety, ☐ postprandial discomfort, ☐ heartburn, ☐ diarrhea, ☐ hematemesis, ☐ anorexia, ☐ dysphagia, ☐ poststernal discomfort, ☐ nausea, ☐ vomiting, ☐ others

3. Personal history
   1) NSAIDs history: Yes/No
      - Note: NSAIDs history (Nonsteroidal Antiinflammatory Drugs) means the long-term use due to cardiovascular, rheumatoid diseases or other painful diseases with duration > 6 months.
   2) Misuse antibiotic history: Yes/No
      - Note: misuse of antibiotic history means taking antibiotic without the guidance of doctors ≥ 3 times/yr
   3) Family history of gastric cancer: Yes/No
      - Note: family history of gastric cancer means the history of first-degree relatives of gastric cancer
   4) Smoking history: Yes/No
      - Note: smoking history means average daily cigarette consumption over 3 packs of cigarettes/wk with duration > 6 months.
5) Alcohol history: Yes/No
   Note: Alcohol history means average daily alcohol consumption > 100ml over twice per week with duration > 1yr.

6) High salt diet: Yes/No
   Note: High salt diet means average daily salt consumption is over 6 g daily.

7) Spicy and high fat diet: Yes/No
   Note: Spicy and high fat diet means year-long daily consumption of spicy and high fat diet ≥3 times/wk

8) Poor eating habit:
   Note: Poor eating habit means irregular dietary habits. e.g., no breakfast consumption, picky eaters, vegetarian or meat only.