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Driving massive molecular gas flows in central cluster galaxies with AGN feedback

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ABSTRACT
We present an analysis of new and archival ALMA observations of molecular gas in 12 central cluster galaxies. We examine emerging trends in molecular filament morphology and gas velocities to understand their origins. Molecular gas masses in these systems span $10^9$ to $10^{11}$ $M_\odot$, far more than most gas-rich galaxies. ALMA images reveal a distribution of morphologies from filamentary to disc-dominated structures. Circumnuclear discs on kiloparsec scales appear rare. In most systems, half to nearly all of the molecular gas lies in filamentary structures with masses of a few $\times 10^8$ to $10^9$ $M_\odot$ that extend radially several to several tens of kpc. In nearly all cases the molecular gas velocities lie far below stellar velocity dispersions, indicating youth, transience, or both. Filament bulk velocities lie far below the galaxy’s escape and free-fall speeds indicating they are bound and being decelerated. Most extended molecular filaments surround or lie beneath radio bubbles inflated by the central active galactic nuclei (AGNs). Smooth velocity gradients found along the filaments are consistent with gas flowing along streamlines surrounding these bubbles. Evidence suggests most of the molecular clouds formed from low entropy X-ray gas that became thermally unstable and cooled when lifted by the buoyant bubbles. Uplifted gas will stall and fall back to the galaxy in a circulating flow. The distribution in morphologies from filamentary to disc-dominated sources therefore implies slowly evolving molecular structures driven by the episodic activity of the AGNs.

Key words: galaxies: active – galaxies: clusters: intracluster medium – galaxies: evolution – galaxies: jets.

1 INTRODUCTION
Active galactic nuclei (AGNs) release the energy of accreting material as intense bursts of radiation or jets of relativistic particles. These energetic outbursts are observed to drive fast ($> 500$ km s$^{-1}$) outflows of ionized, neutral, and molecular gas on pc to kpc scales in the surrounding interstellar medium (e.g. Morganti, Tadhunter & Oosterloo 2005; Nesvadba et al. 2006, 2011; Feruglio et al. 2010; Alatalo et al. 2011; Rupke & Veilleux 2011; Sturm et al. 2011; Morganti et al. 2013). The gas flows may be driven by wide-angle winds launched from a luminous accretion disc, via radiation pressure on dust or hot thermal winds, or instead accelerated by radio jets, through direct collisions or bubble buoyancy (for reviews see Veilleux, Cecil & Bland-Hawthorn 2005; Fabian 2012; King & Pounds 2015). By driving cold gas from the host galaxy, AGNs restrict the fuel available for star formation and engender the slowdown in massive galaxy growth since the peak of star formation activity at $z = 2$–3 (Binney & Tabor 1995; Silk & Rees 1998; Di Matteo, Springel & Hernquist 2005; Bower et al. 2006; Croton et al. 2006;}

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2006; Hopkins et al. 2006). This mechanism is also self-limiting, as the outflows also deprive the supermassive black hole (SMBH) of fuel, and therefore is known as AGN feedback.

Massive galaxies lie at the centres of nearby rich galaxy clusters and represent a challenge for AGN feedback. Without a heat source, the extensive hot gas atmospheres surrounding these galaxies would cool rapidly and flood the galaxy with cold gas and star formation (for reviews see Fabian 1994; Peterson & Fabian 2006). Encouragingly, the central AGNs in these galaxies are preferentially radio-loud and essentially ubiquitous at the heart of cluster atmospheres with short radiative cooling times (e.g. Burns 1990; Dunn & Fabian 2006; Best et al. 2007). Chandray X-ray observations reveal large surface brightness depressions, typically tens of kpc in size, where radio bubbles inflated by the jets have carved out cavities in the hot atmosphere (e.g. Boehringer et al. 1993; Churazov et al. 2000; Fabian et al. 2000; McNamara & Nulsen 2000). The jet power can be estimated from the sum of the internal energy of the radio bubbles and the work done displacing the hot X-ray gas. For radio bubbles dominated by relativistic particles, this is given by $4PV_{\text{tage}}$, where $P$ is the ambient hot gas pressure, $V$ is the bubble volume, and $t_{\text{tage}}$ is the rise time of the bubble (e.g. Churazov et al. 2000, 2002; McNamara & Nulsen 2007). These bubbles rise buoyantly through the intracluster medium and are still visible as X-ray cavities even after the radio emission has speculatively aged and faded at higher radio frequencies. Studies of large cluster samples have shown that this energy input by the radio bubbles closely balances the radiative cooling losses from the surrounding hot atmosphere (e.g. Birzan et al. 2004; Dunn & Fabian 2006; Rafferty et al. 2006; Nulsen et al. 2009). This observed balance, together with the prevalence of short central radiative cooling times below a Gyr requires a feedback loop that couples the AGN heating and gas cooling processes together (for a review see McNamara & Nulsen 2012).

A perfectly balanced feedback loop would fail. Some gas must cool into molecular clouds and accrete onto the galaxy and eventually onto the nuclear black hole to maintain it. AGN activity, luminous cold gas nebulae and star formation are preferentially detected in central cluster galaxies when the radiative cooling time of the hot atmosphere falls below the threshold value of $\sim 10^9$ yr (Cavagnolo et al. 2008; Rafferty, McNamara & Nulsen 2008). The cold molecular phase likely dominates the cool gas mass in these systems. Single dish sub-mm observations of CO emission detected molecular gas masses in excess of $10^{10} M_\odot$ (Edge 2001; Salomé & Combes 2003). Like nebular emission, CO emission is detected preferentially in systems whose atmospheric cooling times fall below $\sim 10^9$ yr (Pulido et al. 2018). Furthermore, molecular gas mass is correlated with the X-ray gas mass measured on similar spatial scales within the galaxy (Pulido et al. 2018). These two relationships indicate that the bulk of the molecular gas cooled from the hot atmospheres. However, the cooling time threshold only indicates a high likelihood of molecular gas being present. It is not sensitive to the level or mass of molecular gas. Additional parameters are at play, which are likely uplift behind the rising bubbles leading to thermally unstable cooling (McNamara et al. 2016), and the mass of atmospheric gas available to cool (Pulido et al. 2018 and Section 4 below).

However, the spatial structure of this cold gas could only be resolved in a few of the nearest systems (Edge et al. 2002; Salomé & Combes 2004; Salomé et al. 2006). IRAM and SMA observations of the massive reservoir of cold gas at the centre of the nearby Perseus cluster revealed a filamentary structure (Salomé et al. 2006, 2011; Lim, Ao & Dinh-V-Trung 2008). The cold gas is spatially coincident with extended filaments of soft X-ray, ionized, and warm molecular gas that are drawn up beneath radio bubbles (Fabian et al. 2003b; Hatch et al. 2006; Salomé et al. 2006; Lim et al. 2012).

With the arrival of the ALMA observatory, the relationship between the radio bubble activity and the cold gas reservoir can now be resolved in detail in large samples of central cluster galaxies. During the Early Science phase, studies have necessarily focused on individual, bright targets (e.g. David et al. 2014; McNamara et al. 2014; Russell et al. 2014, 2016; Tremblay et al. 2016; Vantyghem et al. 2016). It was therefore initially difficult to draw many broader conclusions given the variety and complexity of the detected structure or to investigate potential correlations with jet power, X-ray gas mass, and cooling rates. Here, we present a uniform analysis of new and archival ALMA observations for a dozen central cluster galaxies. With this larger sample, we identify the most prevalent morphological and kinematical trends, investigate the origin of clear correlations with radio bubble activity, the mechanism and the fate of the observed cold gas flows.

We assume $H_0 = 70$ km s$^{-1}$ Mpc$^{-1}$, $\Omega_m = 0.3$, and $\Omega_\Lambda = 0.7$. All errors are 1$\sigma$ unless otherwise noted.

2 DATA REDUCTION

We analysed new and archival ALMA observations of CO line emission in central cluster galaxies to investigate emerging trends in the molecular gas structure and kinematics. Targets were principally selected from single object studies in the literature (see Table 1) with the addition of new ALMA observations of the central galaxy in Abell 2052 and archival observations of NGC 708 at the centre of A262. This produced a total sample of 12 central cluster galaxies. The sample spans a wide range in molecular gas mass ($10^7$–$10^{11} M_\odot$), X-ray cavity power ($10^{42}$–$10^{46}$ erg s$^{-1}$), star formation rate (a few to $\sim 500 M_\odot$ yr$^{-1}$), and redshift (up to 0.596). However, predominantly bright, gas-rich systems were preferentially, and necessarily, selected as early ALMA targets. They are therefore over-represented in our sample. This sample is neither complete nor unbiased and we are careful to consider this throughout our analysis.

For each target, we selected CO line observations from the ALMA archive as detailed in Table 1. The central galaxies were observed with the ALMA 12 m array at frequencies corresponding to the CO(1–0), CO(2–1), or CO(3–2) rotational transition lines with additional spectral windows used to image the sub-mm continuum emission. Each data set consists of a single pointing centred on the galaxy nucleus and covers the ionized gas peak and the brightest gas that are drawn up beneath radio bubbles (Fabian et al. 2003b; Hatch et al. 2006; Salomé et al. 2006; Lim et al. 2012).

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Each ALMA data set was calibrated using the required version of CASA (McMullin et al. 2007), which ranged from version 3.3.0 for the Early Science data to version 4.7.0 for the latest data sets. Data sets taken in the early ALMA cycles were manually calibrated with tailored data reduction scripts generated by ALMA staff while later data sets were reduced by the automated ALMA science pipeline. Several data sets did require additional flagging and other modifications, for example to the phase centre (e.g. A1835) and total flux calibration (e.g. Phoenix) and to limit the impact of poor phase solutions (e.g. 2A0335+096; Vantyghem et al. 2016).
We note that ALMA’s good UV coverage ensured that images weighting with a robust parameter of 0 was used to produce was favoured for targets with extended filaments to provide the

References: [1] Russell et al. (2014), [2] McNamara et al. (2014), [3] David et al. (2014), [4] Russell et al. (2016), [5] Tremblay et al. (2016), [6] Vantyghem et al. (2016), [7] Russell et al. (2017b), [8] Vantyghem et al. (2017), [9] Russell et al. (2017a), [10] Vantyghem et al. (2018), [11] Tremblay et al. (2018).

Table 1. Target and observation details.

| Target          | Redshift | Scale (kpc arcsec$^{-1}$) | CO line | $v_{\text{obs}}$ (GHz) | On source (min) | Obs. date | No. of antennas | References |
|-----------------|----------|---------------------------|---------|------------------------|-----------------|-----------|-----------------|------------|
| A2052           | 0.0345   | 0.7                       | J = 2–1 | 222.856               | 82.0            | 2016-08-11, 2016-08-23 | 37, 35    |
| PKS0745−191     | 0.1028   | 1.9                       | J = 1–0 | 104.526               | 25.3            | 2014-04-26, 2014-04-27 | 34, 36    |
| A1795           | 0.0633   | 1.2                       | J = 2–1 | 216.822               | 72.0            | 2016-06-11, 2016-06-14 | 38, 39    |
| A2597           | 0.0821   | 1.5                       | J = 2–1 | 213.047               | 189.9           | 2013-11-17, 2013-11-18 | 29, 28    |
| Phoenix         | 0.596    | 6.8                       | J = 2-2 | 228.440               | 23.3            | 2012-01-13             | 45, 10    |
| NGC 5044        | 0.0093   | 0.2                       | J = 2–1 | 111.416               | 35.9            | 2014-07-22, 2015-03-08 | 33, 30    |
| 2A0335+096      | 0.0346   | 0.7                       | J = 1–0 | 111.416               | 35.9            | 2014-07-22, 2015-03-08 | 33, 30    |
| RXJ0821.0+0752  | 0.111    | 2.0                       | J = 1–0 | 103.754               | 87.0            | 2016-10-30, 2016-11-04 | 41, 43    |
| RXCJ1504.1−0248 | 0.2169   | 3.5                       | J = 1–0 | 94.725                | 154.0           | 2016-10-27, 2016-10-27 | 40, 41    |
| A1664           | 0.128    | 2.3                       | J = 1–0 | 102.191               | 50.4            | 2012-03-27, 2012-04-07 | 15, 17    |
| A1835           | 0.252    | 3.9                       | J = 1–0 | 92.070                | 59.5            | 2012-03-27, 2012-04-07 | 15, 17    |
| A262            | 0.0162   | 0.33                      | J = 2–1 | 226.863               | 11.1            | 2016-06-27             | 42        |

Note. References: [1] Russell et al. (2014), [2] McNamara et al. (2014), [3] David et al. (2014), [4] Russell et al. (2016), [5] Tremblay et al. (2016), [6] Vantyghem et al. (2016), [7] Russell et al. (2017b), [8] Vantyghem et al. (2017), [9] Russell et al. (2017a), [10] Vantyghem et al. (2018), [11] Tremblay et al. (2018).

Table 2. ALMA cube specifications for each target.

| Target          | CO line | $v_{\text{obs}}$ (GHz) | Beam (arcsec x arcsec, kpc x kpc) | PA (deg) | Binning (km s$^{-1}$) | rms (mJy beam$^{-1}$) |
|-----------------|---------|------------------------|------------------------------------|----------|-----------------------|-----------------------|
| A2052           | J = 2–1 | 222.856                | 2.2 x 1.2, 1.5 x 0.8                | 89.9     | 15                    | 0.8                   |
| PKS0745−191     | J = 1–0 | 104.526                | 1.6 x 1.2, 3.0 x 2.3                | 79.6     | 10                    | 0.6                   |
| A1795           | J = 3–2 | 313.562                | 0.3 x 0.2, 0.6 x 0.4                | 78.3     | 10                    | 1                     |
| A2597           | J = 2–1 | 213.047                | 1.0 x 0.8, 1.5 x 1.2                | 89.8     | 10                    | 0.4                   |
| RXJ0821.0+0752  | J = 3–2 | 284.161                | 0.3 x 0.2, 1.1 x 0.7                | 57.0     | 10                    | 0.6                   |
| Phoenix         | J = 3–2 | 216.664                | 0.6 x 0.6, 4.1 x 1.4                | 73.9     | 12                    | 0.3                   |
| A1664           | J = 1–0 | 102.191                | 1.6 x 1.3, 3.7 x 3.0                | 89.9     | 40                    | 0.5                   |
| A1835           | J = 3–2 | 306.557                | 0.6 x 0.4, 1.4 x 0.9                | 83.7     | 30                    | 1.5                   |
| A262            | J = 2–1 | 226.863                | 1.0 x 0.6, 0.3 x 0.2                | 10.9     | 5                     | 1.4                   |

Continuum-subtracted data cubes were generated using the CASA tasks UVCONTSUB and CLEAN. Different weightings were tested for each data set to determine the optimum for imaging. Briggs weighting with a robust parameter of 2 (close to natural weighting) was favoured for targets with extended filaments to provide the highest signal to noise in these structures. Otherwise, Briggs weighting with a robust parameter of 0 was used to produce a good compromise between spatial resolution and sensitivity. We note that ALMA’s good UV coverage ensured that images generated with a range of weightings did not show any major differences. The rms in each final datacube was compared with and found to be close to the corresponding theoretical rms, which is dependent on the array configuration, integration time, frequency, and atmospheric conditions. The synthesized beam size, velocity binning, and rms in each final datacube are detailed in Table 2.

Continuum images were produced from line-free channels in each baseband and using uniform weighting. Self-calibration was also employed to produce modest increases in continuum sensitivity for targets with continuum peaks greater than a few mJy. The continuum emission was due to nuclear point sources coincident with the AGNs in all targets, except RXJ0821.0+0752 where the sub-mm continuum is spatially extended and offset from the AGNs (Vantyghem et al. 2019).
Figure 1. The molecular gas morphology spans a range from filament-dominated sources, for which the archetype is the Perseus cluster, to disc-dominated sources like Hydra A. This is demonstrated by the selected subset of our sample. Optical images from HST of the central galaxy’s stellar light are shown in grey-scale. The integrated CO flux is shown in colour where detected at $>3\sigma$ and the same colour bar (lower left) applies to each image. VLA radio contours are shown by the solid black lines. X-ray surface brightness depressions corresponding to cavities are shown by the dashed black contours or schematically by the dashed black circles.

3 RESULTS

Maps of the integrated intensity, velocity centre, and full width at half-maximum (FWHM) were produced for all 12 targets in our sample covering each CO line observed with ALMA. Integrated intensity maps were generated by integrating over the CO line profile in each spatial pixel (zeroth moment map). A subset of the integrated intensity maps are shown in Fig. 1 overlaid on optical images of the central galaxy’s stellar light, with radio contours, X-ray contours, or regions showing the position of the X-ray cavities or radio bubbles. All CO images for each source are shown separately in the appendix together with optical and X-ray images.

Maps of the gas velocities and line widths were generated by extracting spectra from each cube in synthesized beam-sized regions centred on each spatial pixel across the field of view. Each extracted spectrum was fitted with a model consisting of one, two, and then three Gaussian components using MPFIT. At least $3\sigma$ significance was required for the detection of an emission line in each region analysed. The significance was assessed by evaluating the number of false detections in Monte Carlo simulations based on a null hypothesis model with no emission line and the observed rms. Fig. 2 shows the velocity structure of the dominant component for a subset of the sample and maps of the best-fitting line centre, FWHM and integrated intensity are shown for the full sample in the appendix (Figs A1–A14). We also extracted spectra from regions covering the full extent of the emission and individual structures, such as filaments. These spectra were similarly fitted with multiple Gaussian components as required and the best-fitting parameters are detailed in the appendix.

3.1 Molecular gas morphology

The molecular gas morphology ranges from filament-dominated sources, for which the archetype is the Perseus cluster (e.g. Salomé et al. 2006, 2011), to disc-dominated sources, such as Hydra A (e.g. Hamer et al. 2014; Rose et al. 2019). The ALMA targets form a continuous distribution within these extremes (Fig. 1). In A1795 and PKS 0745, $>70$ per cent of the molecular gas reservoir lies in extended filaments. In Phoenix and A1664, the molecular gas is split more evenly between a possible circumnuclear molecular gas disc and extended filaments. For A2597 and A1835, the filaments and circumnuclear structures are more difficult to cleanly disentangle and we estimate that at least a third of the molecular gas lies in the filaments. By comparison, in A262 and Hydra A, the
The molecular gas exhibits smooth velocity gradients along the filaments drawn up around or beneath radio bubbles or across circumnuclear gas discs. Optical images from HST of the central galaxy’s stellar light are shown in grey-scale. The line-of-sight velocity for the dominant component of the CO emission is shown in colour, where it is detected at $>3\sigma$. VLA radio contours are shown by the solid black lines. X-ray cavities are shown by the dashed black contours or schematically by the dashed black circles.

The filaments are typically a few kpc in length on the sky but can extend up to 10–20 kpc (e.g. Phoenix and Perseus). The measured filament extent will be dependent on the depth of each observation and the maximum resolvable scale of the array configuration (typically 5–10 arcsec for these observations). Whilst comparisons between single dish and ALMA flux measurements suggest that the bulk of the molecular gas is captured by these ALMA observations (e.g. A2052, Fig. A1; A1795, Fig. A5). For example, CO emission coincident with H$\alpha$-emitting filaments has been detected out to 50 kpc radius in single dish observations of the Perseus cluster (Salomé et al. 2011). Star-forming filaments in the Phoenix cluster extend even further to 100 kpc radius (McDonald et al. 2015). Therefore, whilst deeper observations with more compact ALMA configurations will likely reveal fainter, more extended structure, the majority of the molecular gas mass lies in filaments that are a few to 15 kpc long.

A clumpy, thin shell of molecular gas that surrounds an X-ray cavity will appear brightest around the rim where the line of sight through this gas is greatest. This would explain why the molecular gas is preferentially detected as filaments along the outer edges of the X-ray cavities in several observations. However, this does not explain why molecular gas is preferentially detected along only the outer edge of each radio lobe in A1795 and the W side of the N X-ray cavity in the Phoenix cluster (Figs A5 and A9). This uneven distribution could be due to the clumpy nature of the filaments or the collapse of some molecular filaments into stars (e.g. A1795; Russell et al. 2017a). A particularly bright molecular gas clump in the N filament of A1795 is also spatially coincident with a notch in the radio lobe. The additional molecular velocity components in this region (Fig. A6), together with increases in the ionized gas velocity, line width, and ionization state (Crawford, Sanders & Fabian 2005), suggest possible collisions with the expanding radio lobe. The collision may enhance emission from the molecular gas.

In addition to the prevalence of extended molecular filaments, the molecular emission peak in the majority of the ALMA targets is offset from the AGNs by projected distances of $\sim0.5$–3 kpc. The exceptions are the disc-dominated systems, such as A1664 and A262, where the nucleus appears spatially coincident with the molecular peak within the uncertainties. RXJ0821 features the largest projected offset of $\sim3$ kpc between the central galaxy’s nucleus and the molecular gas peak. Vantyghem et al. (2018)
suggest the wholesale displacement of the $\sim 10^{10} M_\odot$ molecular reservoir in this system is due to sloshing motions in the intracluster medium triggered by the close passage of a nearby galaxy. In the rest of the sample, the offsets between the AGN and the molecular peaks are more typically 1–2 kpc and in several systems, where the filamentary structure is resolved, this is due to bright gas clumps in the filaments entrained around X-ray cavities (e.g. PKS 0745, A1795, Figs A3 and A5).

In summary, the cold gas morphology in our sample of central galaxies ranges between filament-dominated systems, including Perseus and A1795, and rarer disc-dominated systems, such as Hydra A and A262. In filament-dominated systems, over 70 per cent of the molecular gas lies in several massive filaments that extend radially out to 10 kpc. For the majority of the central galaxies targeted, the molecular gas is split more evenly between the filamentary structure and a circumnuclear peak. Molecular filaments are entrained around or extended towards radio bubbles or X-ray cavities in at least 50 per cent of the systems observed. Deeper observations with improved spatial resolution will likely increase this fraction. Disc-dominated systems also appear rare in our sample. Although we are limited by small number statistics, the ALMA targets were not selected on their dynamics so the low fraction of discs is likely to be representative.

### 3.2 Velocity structure

Fig. 2 shows a subset of the velocity maps to demonstrate the smooth velocity gradients along the extended filaments drawn up around radio bubbles and the ordered rotation in the circumnuclear discs. In the Perseus cluster, several extended ionized gas filaments have smooth velocity gradients along their lengths, which match molecular gas velocities in overlapping regions from single dish observations (Hatch et al. 2006; Revaz, Combes & Salomé 2008; Salomé et al. 2011). These gradients match simulations of streamlines behind buoyantly rising radio bubbles. We note that the smaller strands that make up these filaments may have more complex dynamics within this larger scale smooth gradient (e.g. Hatch et al. 2006; Gendron-Marsolais et al. 2018).

Similarly, ALMA observations of the molecular filaments around or beneath radio bubbles in A1795, Phoenix, PKS 0745, 2A 0335, RXCJ 1504, and RXJ 0821 have smooth velocity gradients along their lengths or over few kpc-long sections. A1795 and Phoenix represent the most spectacular examples where filaments are exclusively drawn up around radio bubbles. The gas velocities are remarkably ordered over 5–15 kpc in length and several hundred km s$^{-1}$. In A2052, the velocity of the molecular gas blobs is consistent with the spatially coincident ionized filaments, which also have smooth gradients around the radio bubble rings (Balmaverde et al. 2018).

The disc-dominated systems also feature an ordered velocity structure consistent with rotation about the galaxy centre. The archetype Hydra A hosts an edge-on disc, $\sim 5$ kpc across. IFU observations of the ionized and warm molecular hydrogen show rotation in a plane perpendicular to the radio jet axis (Hamers et al. 2014). ALMA observations of A262 show a similarly ordered circumnuclear disc from $-200$ to $+200$ km s$^{-1}$ centred on the AGN and oriented perpendicular to the radio jet axis (Fig. A14). The disc’s velocity structure matches that observed in the ionized gas (Hatch et al. 2007) and is consistent with the IRAM 30 m CO line profile (Prandoni et al. 2007). A1664 hosts two distinct velocity structures: a high-velocity gas flow at $-600$ km s$^{-1}$ and a possible nascent disc spanning $-200$ to $+200$ km s$^{-1}$ centred on the nucleus (Russell et al. 2014). Similarly, in addition to the extended filaments, the Phoenix cluster has a second velocity component in the circumnuclear peak which exhibits a smooth velocity shift from $-200$ to $+200$ km s$^{-1}$ across the nucleus over $\sim 7$ kpc (Russell et al. 2017b). This could correspond to a rotating gas disc that is oriented perpendicular to the radio bubble axis. Other systems, such as A1835 and A2597, host more complex circumnuclear structure that is suggestive of rotation but is currently poorly resolved (McNamara et al. 2014; Tremblay et al. 2018).

In summary, both the circumnuclear discs and filaments entrained around radio bubbles exhibit ordered velocity structure. The filaments have smooth, shallow velocity gradients spanning a few hundred km s$^{-1}$ and a few to tens of kpc. Simulations have shown that these velocity gradients are consistent with gas flows tracing streamlines around the buoyantly rising radio bubbles. Circumnuclear gas discs are rarer in our sample. The clear examples in A262 and Hydra A show ordered rotation over $\sim 3$–5 kpc and $\sim 500$ km s$^{-1}$ in a plane perpendicular to the radio jet or lobe axis.

#### 3.2.1 Low molecular gas velocities

As has previously been noted for individual ALMA targets (McNamara et al. 2014; Russell et al. 2016), the molecular gas velocities in these systems are surprisingly low and generally fall significantly below the stellar velocity dispersion. The molecular gas velocities are also much lower than the escape velocity for the central galaxies in this sample, typically $\sim 1000$ km s$^{-1}$. Therefore, the molecular gas remains firmly bound to the galaxy even in the highest velocity structures, such as the high-velocity filament in A1664 at $-600$ km s$^{-1}$ (Fig. A12).

Fig. 3 (left) compares the equivalent stellar velocity dispersion of the central galaxy ($\sigma_*$, Hogan et al. 2017; Pulido et al. 2018) with the CO velocity dispersion ($\sigma$) for a single Gaussian component fit to each target. The CO line widths are particularly narrow compared to the stellar dispersions for the majority of our sample with $\sigma_* > \sigma$. The exceptions are A262, which is dominated by a rotating gas disc, $\sim 3$ kpc across, and A1664 and 2A0335, which feature multiple velocity components spread over a wide range in velocity and are therefore particularly poorly described by a single Gaussian model. In A1835, RXCJ1504, PKS0745, RXJ0821, and A2052, the CO line width falls significantly below half of the equivalent stellar velocity dispersion. Comparisons with single dish detections suggest that these ALMA observations detect the majority of the CO line emission and with similar line widths, which indicates that significant broader velocity components have not been missed. Therefore, for at least 75 per cent of the targets analysed, the cold molecular gas is not dynamically relaxed in the central galaxy’s gravitational potential.

Fig. 3 (right) demonstrates that the extended filaments are even more extreme. The CO velocity dispersion measured for the vast majority of the filaments falls significantly below half of the equivalent stellar velocity dispersion. The filaments are not rotationally supported. Unless supported by another mechanism, they should free-fall in the cluster’s deep gravitational potential. Using models for the cluster potential, previous studies have shown that free-falling gas blobs in these systems will be accelerated to velocities of at least a few hundred km s$^{-1}$ over distances of only a few kpc (e.g. Lim et al. 2008; Russell et al. 2016, 2017b; Vantyghem et al. 2016). The observed velocity gradients along the filaments are therefore much too shallow compared to the predictions for free-
fall. Unless all filaments in the sample are oriented within \( \sim 20 \) deg of the plane of the sky, the velocity gradients of the most extended filaments are generally inconsistent with free-fall.

We note that observations at higher spatial resolutions, particularly of the more distant sources Phoenix and A1835, may reveal strands within each filament with more complex velocity structure. Whilst single-dish observations of Perseus at spatial resolutions of several kpc showed no overall pattern in the gas kinematics, SMA interferometric observations at a spatial resolution of \( \sim 1 \) kpc revealed three radial filaments, of which the outer two have a velocity structure consistent with free-fall (Lim et al. 2008; Ho, Lim & Dinh-V-Trung 2009b). The majority of the targets in our sample are observed with spatial resolutions of a kpc or better in at least one CO emission line (e.g. Table 2). However, observations of Phoenix and A1835 currently have spatial resolutions of a few to 5 kpc. Therefore, similar to Perseus, more detailed observations may reveal more complex velocity structure.

### 3.2.2 Inflow and outflow

Smooth, radial velocity gradients along the filaments, combined with the clear morphological alignments with X-ray cavities and radio bubbles, suggest that the filaments are gas flows either inflowing or outflowing in the bubbles’ wakes. Unless the gas clouds in the filaments are also detected in absorption, it is impossible to determine whether they are located on the near or far-side of the central galaxy with respect to the nucleus. An absorption signature against the continuum emission from the AGNs would place the gas cloud on the near-side of the galaxy, in front of the AGNs. A blueshifted line would then indicate an outflow and a redshifted line would indicate an inflow. Absorption lines have been detected against the sub-mm nuclear continuum emission in NGC 5044, A2597, and Hydra A (David et al. 2014; Tremblay et al. 2016; Rose et al. 2019). The absorbing clouds have similarly low velocities as the emitting clouds and cover the same narrow dynamical range. The apparent motion relative to the AGN may indicate that these clouds are inflowing (David et al. 2014; Tremblay et al. 2016) or on stable, low ellipticity orbits (Rose et al. 2019). In the absence of absorption lines for the vast majority of the observed structures, general conclusions can be drawn from a sample of these filaments.

Filament-dominated systems are difficult to understand in a pure outflow scenario where molecular clouds are directly lifted from the galaxy centre by the radio bubbles. The radio bubbles would have to efficiently couple to the molecular gas to draw such a large fraction of the gas, in some cases exceeding 70 per cent (Section 3.1), into extended filaments. This must be maintained over large distances out to 30 kpc to explain the observed filament lengths. The coupling must also be gentle. The gas velocities in the filaments do not typically exceed a few hundred km s\(^{-1}\). This is consistent with the lack of strong shocks around the radio bubbles in the hot X-ray atmosphere. The bubbles expand approximately in pressure equilibrium with the surrounding intracluster medium and the gas rims around them are relatively cool rather than shock-heated (e.g. Fabian et al. 2000; McNamara et al. 2000). The morphology and kinematics of these gas flows are therefore starkly different from the fast (\( > 500 \) km s\(^{-1}\)) molecular outflows in nearby Seyferts, which are directly accelerated by interactions between the relativistic jet and the circumnuclear gas disc (e.g. Morganti et al. 2013; García-Burillo et al. 2014; Tamhane et al. in preparation).

The remarkably large lifted fractions of molecular gas in the filament-dominated systems could be explained if the cold filaments originate in rapid cooling from a hot gas flow (McNamara et al. 2014). X-ray observations show that the radio bubbles displace and lift a substantial mass of the low entropy X-ray gas surrounding the central galaxy. These hot gas flows can also be clearly traced as metal-rich plumes of gas along the radio bubble axis in nearby systems (Simionescu et al. 2008; Kirkpatrick et al. 2009) and...
are a feature of hydrodynamic simulations of AGN feedback in clusters (e.g. Pope et al. 2010; Gaspari et al. 2011). Cool gas nebulae and star formation are preferentially detected in central cluster galaxies when the entropy index in the hot atmosphere falls below \( \sim 30 \text{ keV cm}^2 \) (Cavagnolo et al. 2008; Rafferty et al. 2008). This sharp threshold implies that the cold gas originates from the development of thermal instabilities in the hot atmosphere (Nulsen 1986; Pizzolato & Soker 2005; Gaspari, Ruszkowski & Oh 2013; Voit et al. 2015), which are stimulated when low entropy gas is lifted in the wakes of radio bubbles (Salomé et al. 2006, 2011; McNamara et al. 2016). The cool gas would then trace streamlines around and behind the radio bubble, similar to the observed radial filamentary morphology, and be spatially coincident with filaments of soft X-ray emission and intermediate temperature gas, as observed (Fabian et al. 2003a; Hatch et al. 2006; Lim et al. 2012; McDonald, Wei & Veilleux 2012b). Hitomi X-ray microcalorimetre observations of the Perseus cluster also showed that the intracluster medium in the wake of the NW radio bubble has a similar velocity gradient and low dispersion to the spatially coincident cool gas filaments (Hitomi Collaboration 2016). We consider the formation, energetics and fate of these molecular flows in detail in Section 4.

The molecular gas may retain the velocity structure of the hot gas flow or decouple from the hot flow and fall back towards the galaxy centre. Molecular gas that is still coupled or recently decoupled from a rising radio bubble may not have yet reached a high infall speed. In A1795, the gas velocity along the N filament transitions smoothly from the average velocity of the surrounding galaxies at the furthest extent to the central galaxy’s systemic velocity at the nucleus. Similarly in Phoenix, the remarkably similar gas velocity at the furthest extent of the filaments (regions that are 30 kpc apart) suggest that the cold gas is coupled or recently decoupled from the hot atmosphere, which is moving relative to the central galaxy. Unless all molecular gas blobs are decoupling simultaneously along the filament, which seems unlikely in our range of targets, we would expect to detect higher infall velocities at small radii. These higher velocity gas blobs are more likely to be superimposed on other structures at the galaxy centre and therefore potentially more difficult to disentangle. However, if the molecular gas was free-falling, we would still expect to detect the corresponding higher velocities or broader FWHM at small radii. We would also expect to detect many more circumnuclear discs, which would grow rapidly if fed by free-falling cold gas blobs. Only a very limited fraction of the massive molecular filaments can be consumed by the observed low levels of star formation and black hole activity. Instead, the filaments must be slowed and supported by an additional mechanism.

For typical ICM densities and average molecular filament densities of \( 1 \text{ to } 10 \text{ cm}^{-3} \), ram pressure from the intracluster medium does not significantly affect the infalling velocity of the filaments unless the gas blobs are mists of smaller clouds (see Section 4.2, e.g. Nulsen 1986; Li, Ruszkowski & Tremblay 2018). These structures would have a lower mean density and would be slowed by drag in the hot atmosphere. Observations at higher spatial resolution could resolve the filaments in the nearest targets to determine if they are thread-like or fluffier clouds (e.g. Fabian et al. 2008).

Based on the survival of the extended, dense gas filaments in the nearby Perseus cluster for at least a dynamical time-scale (of order \( 10^7 \text{ yr} \), Fabian et al. (2008) and Ho et al. (2009b) invoke the stabilizing mechanisms of magnetic stresses and turbulence to insulate and support the cold clouds in the hot, high-pressure cluster atmosphere and prevent their collapse. For filament densities of \( 10 \text{ cm}^{-3} \) and temperatures 30 K, the thermal pressure in the molecular gas is \( \sim 10^{-4} \) times the thermal pressure of the surrounding hot atmosphere. The molecular gas might be supported by another phase or partially by turbulence too, but another mechanism dominates the pressure and prevents collapse. Conditions are ripe for magnetic support, especially if the molecular clouds consist of many thin threads or mists of smaller clouds.

Our additional requirement that a supportive mechanism also slows infall of the filaments along their lengths requires a more complex magnetic field topology, such as helical fields. The demands on magnetic support are substantial for these massive molecular filaments and can require a magnetic pressure roughly an order of magnitude greater than the thermal pressure (e.g. Russell et al. 2016, 2017a). It is not clear how such a magnetic field topology would be generated, although we note that simulations of buoyant radio bubbles also invoke helical field topologies to preserve them against hydrodynamical instabilities (e.g. Ruszkowski et al. 2007; Bambic, Morsony & Reynolds 2018).

In summary, smooth, radial velocity gradients along the filaments and clear morphological alignments with X-ray cavities and radio bubbles suggest that the molecular filaments trace gas flows entrained by the buoyantly rising bubbles. The cold filaments likely originate from the development of thermal instabilities in low entropy X-ray gas, which is triggered when the gas is lifted in the wakes of the radio bubbles. The molecular gas clouds may decouple from the hot flow and fall back towards the galaxy centre. The smooth velocity gradients along their lengths are significantly shallower than expected for gravitational free-fall. The gas clouds must be slowed, potentially by magnetic stresses.

### 3.2.3 Multiple velocity components

The velocity maps generated for this sample (Section 3.2) also reveal additional velocity components in particular regions for the majority of the targets analysed. These additional components are due to the superposition of different molecular structures along the line of sight. In the Phoenix cluster (Fig. A10), for example, the putative disc of gas with velocities from \( -200 \text{ to } +200 \text{ km s}^{-1} \) at the galaxy centre is spatially coincident with the inner sections of the extended filaments at \( +600 \text{ and } -200 \text{ km s}^{-1} \). These different structures that overlap in projection can therefore be separated in velocity space. Similarly in A1664, the nascent disc is kinematically distinct from the high-velocity filament at \( -600 \text{ km s}^{-1} \) (Fig. A12).

The additional velocity components may also reveal direct interactions with the radio lobes and correspond to a superposition of infalling or outflowing filaments tracing streamlines in the wakes of buoyant bubbles (Section 3.2.2). In A1795, A1835, and A2597, we detect additional blue- and redshifted velocity components either side of the nucleus that are aligned with the radio lobes and bubbles (McNamara et al. 2014; Russell et al. 2017a; Tremblay et al. 2018). For A1795, these additional components are clearly located along the outer edges of sharp bends in the radio lobes and are coincident with increases in the ionized gas velocity, line widths, and higher ionization (Crawford et al. 2005). Whilst this indicates that some molecular gas is lifted directly by the radio jets and lobes, these additional velocity components comprise only a small fraction of the molecular flow. So it seems unlikely that a large fraction of the molecular gas is lifted in this way. Instead, gas lifted in the hot phase likely cools to form the bulk of the molecular clouds in situ (see Section 3.2.2).

Although the additional velocity component at the centre of A262 may similarly indicate a bipolar gas flow, this structure is aligned in projection with the rotating gas disc and is oriented perpendicular to the larger scale radio lobe axis and extended filament (Fig. A14).
The radio lobes may bend through large angles on small scales, similarly to A1795, or the additional velocity component may be related to non-circular motions within the disc. Similarly, for the remaining targets, including NGC 5044, RXJ0821, and RX JC1504, the velocity structure is much more complex and the superimposed molecular structures overlap in both physical and velocity space.

### 3.3 Line ratios

Four central galaxies in our sample were observed in detail at both CO(1–0) and CO(3–2) and were used to measure the corresponding line ratio. For an optically thick medium, as expected here, the line brightness ratio should be \( \lesssim 1 \). Significantly higher CO line ratios in the extended filaments compared to the circumnuclear gas peaks could indicate that the gas in the filaments are more highly excited, optically thin and therefore more luminous than the material in the disc (e.g. IC 5063; Dasyra et al. 2016). The fraction of the molecular gas in the filaments would therefore be significantly overestimated. We note that the CO(3–2) observations for the Cycle 0 targets, A1664 and A1835, resolve out the extended structure traced at CO(1–0) and the global line ratio is therefore not representative.

For the four remaining targets, PKS 0745, 2A 0335, RXJ 0821, and RXJC 1504, the CO(3–2) cube was convolved with an appropriate 2D Gaussian so that the resulting synthesized beam matched that of the CO(1–0) observation. The integrated intensities (in K km s\(^{-1}\)) for key molecular structures were then determined by extracting spectra from the same spatial regions in the CO(1–0) and CO(3–2) data sets and fitting a single Gaussian model. The measured line ratios are detailed in Table 3.

The CO(3–2)/CO(1–0) line ratio is consistent with 0.8 for the vast majority of the regions and targets analysed. This is expected for a predominantly optically thick medium and in agreement with measurements of the global line ratios in earlier single dish observations (Edge 2001; Salomé & Combes 2003). There is also no clear spatial variation in the line ratio for the extended filaments compared to the central molecular gas peaks.

### 3.4 Molecular gas mass

The molecular gas mass can be estimated from the integrated CO intensity by assuming a CO-to-H\(_2\) (\(X_{\text{CO}}\)) conversion factor and typical brightness line ratios for BCGs of CO(2–1)/CO(1–0) = 0.8 and CO(3–2)/CO(1–0) = 0.8 (e.g. Salomé & Combes 2003; see Section 3.3). From the integrated CO(1–0) intensity \(S_{\text{CO}}\Delta v\), the molecular gas mass is given by

\[
M_{\text{mol}} = 1.05 \times 10^4 \left( \frac{X_{\text{CO}}}{X_{\text{CO, MW}}} \right) \left( \frac{1}{1 + z} \right) \left( \frac{S_{\text{CO}}\Delta v}{180 \text{ Jy km s}^{-1}} \right) \times \left( \frac{D_h}{10^2 \text{ Mpc}} \right)^2 M_\odot, \tag{1}
\]

where \(z\) is the redshift of the central galaxy, \(D_h\) is the corresponding luminosity distance, and \(X_{\text{CO, MW}} = 2 \times 10^{20} \text{ cm}^{-2} \text{( K km s}^{-1})^{-1}\) (e.g. Solomon et al. 1987; Solomon & Vanden Bout 2005). It is not clear, however, that the \(X_{\text{CO}}\) factor measured in the Milky Way and nearby spiral galaxies is applicable to central cluster galaxies (reviewed by Lim et al. 2017), for which equivalent measurements are not available. Measurements of the \(X_{\text{CO}}\) factor in nearby galaxies exhibit significant scatter and variations with environmental factors (for a review see Bolatto, Wolfire & Leroy 2013).

Previous studies of central cluster galaxies justified the use of \(X_{\text{CO, MW}}\) by noting the approximately solar metallicity in the surrounding ICM, line ratios indicating optically thick gas and line widths for individual molecular clouds that are comparable to those in the Milky Way. The estimated factor of a few uncertainty introduced by this approach has now been verified by Vantyghem et al. (2017), who detected both \(^{12}\)CO(3–2) and \(^{13}\)CO(3–2) in RXJ 0821. The \(^{13}\)CO emission is generally optically thin and therefore traces the full volume of its emitting region, which allows an estimate of the total H\(_2\) column density, molecular gas mass and \(X_{\text{CO}}\) factor. Vantyghem et al. (2017) showed that adopting a Galactic conversion factor could overestimate the molecular gas mass by a factor of 2 in RXJ 0821. This is easily within the object-to-object scatter from extragalactic sources. Numerical simulations of molecular clouds with solar metallicity by Szücs, Glover & Klessen (2016) have shown that the \(^{13}\)CO method of recovering the molecular gas mass systematically underpredicts the true mass by a factor of 2–3. This systematic would bring the estimated conversion factor in RXJ 0821 back in line with the Galactic value. We therefore used the Galactic CO-to-H\(_2\) conversion factor to calculate the molecular gas mass for the majority of the central galaxies in our sample with an associated factor of a few uncertainty.

The Phoenix cluster is an extreme example of a ULIRG with a star formation rate of 500–800 M\(_\odot\) yr\(^{-1}\) (McDonald et al. 2012a). In the intensely star-forming environment of ULIRGs, the molecular gas exists at higher densities and temperatures and forms an extended warm phase, which results in far more luminous CO emission for the same gas mass and a lower \(X_{\text{CO}}\) by roughly a factor of 5 (e.g. Downes, Solomon & Radford 1993; Solomon et al. 1997; Downes & Solomon 1998). For the Phoenix cluster, we therefore assume \(X_{\text{CO}} = 0.4 \times 10^{20} \text{ cm}^{-2} \text{( K km s}^{-1})^{-1}\) as appropriate for a ULIRG. As discussed in Section 3.3, the observed lack of spatial variation in the CO line ratio in the subset of galaxies analysed suggests that the physical properties of the molecular gas are similar across the nebula. It therefore appears unlikely that the \(X_{\text{CO}}\) factor varies dramatically in the filaments compared to the central peak.

### 3.5 Continuum

For all central galaxies in our sample (except RXJ0821, see Vantyghem et al. 2019), the continuum emission is unresolved and consistent with a nuclear point source. The measured sub-mm continuum fluxes are given in Table 4. The sub-mm continuum is typically coincident with an unresolved radio source (e.g. Hogan et al. 2015a) and, for systems with deep Chandra observations, also detected as a faint hard X-ray point source (e.g. Russell et al. 2013).
The sub-mm continuum flux is also typically consistent, within the observed variability, with synchrotron emission from the flat spectrum radio core (Hogan et al. 2015b). The nuclear point source therefore likely corresponds to a radiatively inefficient AGN. The strongest X-ray constraints are produced from Chandra observations for decades (e.g. Heckman 1981; Hu, Cowie & Wang 1985; Johnstone, Fabian & Nulsen 1987; Heckman et al. 1989 and for reviews see Fabian 2012; McNamara & Nulsen 2012). ICM cooling is now included as the primary source of cool gas clouds in models and simulations of AGN feedback in clusters (Pizzolato & Soker 2005; Gaspari et al. 2013; Li & Bryan 2014; Voit et al. 2017). The substantial cold gas masses ($\times 10^{10} M_{\odot}$) and star formation rates (several to hundreds of solar masses) in the most massive central cluster galaxies cannot be sustained by stellar mass loss or gas stripped from donor galaxies. Not even gas-rich spirals can supply gas at this level and these sources are rare in the cores of clusters, where galaxies are predominantly devoid of cold gas and star formation (e.g. Best et al. 2007). Although these mechanisms will make some contribution (e.g. Sparks, Macchetto & Golombek 1989; Voit & Donahue 2011), the strong trends between the X-ray cooling time and the molecular gas mass and star formation rate are very difficult to account for without requiring significant cooling from the hot atmosphere.

Fig. 4 compares the total molecular gas mass (see appendix) with the best limits on the cooling rate from the X-ray hot atmosphere. The strongest X-ray constraints are produced from clear detections of Fe XVII emission and other key species in XMM RGS observations, which originate in gas cooling below 1 keV (e.g. Kaasstra et al. 2001; Peterson et al. 2001; Tamura et al. 2001; Peterson & Fabian 2006). XMM RGS measurements were not available for A1664 and RXJ 0821, we therefore used Chandra limits on the cooling rate within $\sim 30$ arcsec radius (Bayer-Kim et al. 2002; Calzadilla et al. 2019). Based on the limits on the X-ray cooling rates, the molecular reservoirs typically form on time-scales of $10^5$ yr or more. This time-scale may be overestimated if the in situ cooling rate is increased by non-radiative cooling, where hot ionizing plasma penetrates the cold gas filaments (Fabian et al. 2002; Soker, Blanton & Sarazin 2004; Fabian et al. 2011b). However, a significant fraction of the molecular gas is likely consumed in star formation and deeper X-ray observations will place stronger

### Table 4. Continuum emission for each target.

| Target   | $v_{\text{obs}}$ (GHz) | RA         | Dec.         | Peak (mJy) |
|----------|------------------------|------------|--------------|------------|
| A2052    | 229.48                 | 15:16:44.489 | +07:01:17.83 | 32.47 ± 0.05 |
| PKS0745  | 103.53                 | 07:47:31.321 | -19:17:39.97 | 8.71 ± 0.02  |
| A1795    | 225.36                 | 13:48:52.495 | +26:35:34.32 | 3.2 ± 0.2    |
| A2597    | 221.33                 | 23:25:19.733 | -12:07:27.18 | 14.63 ± 0.02 |
| NGC 5044 | 235.20                 | 13:15:23.961 | -16:23:07.49 | 51.7 ± 0.3   |
| 2A0354   | 110.35                 | 03:38:40.548 | +09:58:12.07 | 6.81 ± 0.04  |
| RXJ0821  | 98.80                  | 08:21:02.198 | +07:51:48.81 | 0.11 ± 0.03  |
| RXCJ1504 | 101.69                 | 15:04:07.518 | -02:48:16.63 | 8.38 ± 0.02  |
| Phoenix  | 225.09                 | 23:44:43.902 | -42:43:12.53 | 2.5 ± 0.1    |
| A1664    | 96.27                  | 13:03:42.567 | -24:14:42.23 | 2.47 ± 0.07  |
| A1835    | 97.89                  | 14:01:02.083 | -02:52:42.62 | 1.26 ± 0.05  |
| RXJ1504  | 235.74                 | 01:52:46.456 | +36:09:06.42 | 3.22 ± 0.07  |

FWhm $< 100$ km s$^{-1}$. The filaments are therefore gas flows tracing streamlines around and behind the radio bubbles, which may retain the velocity structure of the rising bubble or decouple and slowly fall back towards the galaxy centre.

The molecular gas velocities in these central galaxies are low and fall significantly below the galaxy’s stellar velocity dispersion. The gas flows are moving too slowly to escape the central galaxy and even the highest velocity structures at $\pm 600$ km s$^{-1}$ in the Phoenix cluster and A1664 will remain bound. With the exceptions of the large circumnuclear gas discs, the molecular gas structures have low velocities and dispersions and are therefore not settled in the gravitational potential. The gas flows are also not in free-fall and must be decelerated, potentially by some combination of ram pressure or magnetic fields. The distribution in morphology from disc- to filament-dominated sources suggests a slowly varying, dynamic environment dictated by the episodic activity of the jet-inflated bubbles (e.g. in the Perseus cluster; Salomé et al. 2006, 2011; Lim et al. 2008).

#### 4.1 Origin of the molecular gas in central cluster galaxies

When the radiative cooling time of the surrounding hot atmosphere falls below a Gyr, the central galaxy lights up with star formation and ionized and molecular line emission from a burgeoning reservoir of cool gas (Cavagnolo et al. 2008; Rafferty et al. 2008; Pulido et al. 2018). These clear correlations have been consistently supported by observations for decades (e.g. Heckman 1981; Hu, Cowie & Wang 1985; Johnstone, Fabian & Nulsen 1987; Heckman et al. 1989 and for reviews see Fabian 2012; McNamara & Nulsen 2012). ICM cooling is now included as the primary source of cool gas clouds in models and simulations of AGN feedback in clusters (Pizzolato & Soker 2005; Gaspari et al. 2013; Li & Bryan 2014; Voit et al. 2017).

The substantial cold gas masses ($\times 10^{10} M_{\odot}$) and star formation rates (several to hundreds of solar masses) in the most massive central cluster galaxies cannot be sustained by stellar mass loss or gas stripped from donor galaxies. Not even gas-rich spirals can supply gas at this level and these sources are rare in the cores of clusters, where galaxies are predominantly devoid of cold gas and star formation (e.g. Best et al. 2007). Although these mechanisms will make some contribution (e.g. Sparks, Macchetto & Golombek 1989; Voit & Donahue 2011), the strong trends between the X-ray cooling time and the molecular gas mass and star formation rate are very difficult to account for without requiring significant cooling from the hot atmosphere.

Fig. 4 compares the total molecular gas mass (see appendix) with the best limits on the cooling rate from the X-ray hot atmosphere. The strongest X-ray constraints are produced from clear detections of Fe XVII emission and other key species in XMM RGS observations, which originate in gas cooling below 1 keV (e.g. Kaasstra et al. 2001; Peterson et al. 2001; Tamura et al. 2001; Peterson & Fabian 2006). XMM RGS measurements were not available for A1664 and RXJ 0821, we therefore used Chandra limits on the cooling rate within $\sim 30$ arcsec radius (Bayer-Kim et al. 2002; Calzadilla et al. 2019). Based on the limits on the X-ray cooling rates, the molecular reservoirs typically form on time-scales of $10^5$ yr or more. This time-scale may be overestimated if the in situ cooling rate is increased by non-radiative cooling, where hot ionizing plasma penetrates the cold gas filaments (Fabian et al. 2002; Soker, Blanton & Sarazin 2004; Fabian et al. 2011b). However, a significant fraction of the molecular gas is likely consumed in star formation and deeper X-ray observations will place stronger...
limits on the cooling rate, which will lengthen the formation time-scale. For molecular filaments that form as gas cools in the wakes of buoyantly rising radio bubbles, the time-scales are much more limited. The buoyant rise time for the bubbles in our sample is typically 10–30 Myr. The limits on X-ray cooling rates of 30–300 M\(_{\odot}\) yr\(^{-1}\) are currently high enough to supply the inferred molecular gas masses of the filaments, typically a few \(\times 10^{8} – 10^{9}\) on these time-scales. However, this would require a large fraction of the hot X-ray atmosphere within the central galaxy to cool on these 10–30 Myr time-scales. Fig. 5 compares the mass of X-ray gas within the extent of the detected molecular emission (\(\sim 5–15\) kpc) with the total molecular gas mass (see Pulido et al. 2018 for the comparison using single dish observations). The molecular gas mass is within a factor of a few of the X-ray gas mass within the same region for the majority of our sample. Cooling to supply these molecular reservoirs would then deplete the X-ray atmosphere within this region and require significant inflow. Such an inflow would oppose the observed metal-rich hot gas flows along the jet axis (Section 3.2.2). It is more likely that a lower level of X-ray cooling occurs over a larger region and this feeds more extended, fainter molecular filaments that are not yet detected in early shallow ALMA observations. This is supported by the greater extent of the ionized gas filaments, which are closely associated with the molecular filaments, and the fainter but far more extended molecular structures detected in IRAM and CARMA observations of the nearby, bright clusters Perseus and A1795 (Salomé et al. 2006, 2011; McDonald et al. 2012b).

The formation and structure of cold gas clouds in the intracluster medium has been considered and modelled in detail by Ferland et al. (1994, 2009). Many unknowns remain and a model that reproduces the low-ionization spectra of the cool gas nebulae in central cluster galaxies has been a long-standing challenge (reviewed by e.g. Johnstone et al. 2007). The formation of molecular hydrogen is the slowest step and must be catalysed by dust grain surfaces to occur on the bubble rise time-scales (e.g. Ferland et al. 2009). Although dust grains will be sputtered rapidly (< 1 Myr) in cluster atmospheres (Draine & Salpeter 1979; Dwek & Arendt 1992), and we would expect cooling X-ray gas to be dust-free, many of the molecular filaments are observed to be spatially coincident with dust lanes (e.g. Mittal et al. 2011, 2012; Russell et al. 2016, 2017b; Vantyghem et al. 2016, 2018). Little new star formation occurs in the majority of the filaments. However, dust could be distributed locally in the ejecta of the central galaxy’s older stellar population (Voit & Donahue 2011), form in situ within cooling gas clouds (Fabian, Johnstone & Daines 1994) or have been lifted from the galaxy centre and shielded in dense gas clumps.

### 4.2 Gas flows lifted in the wakes of radio bubbles

Based on the observed close entrainment of the molecular gas flows around radio bubbles (Sections 3.1 and 3.2), McNamara et al. (2016) proposed the stimulated feedback model where molecular clouds cool from low entropy X-ray gas lifted in the wakes of buoyant radio bubbles. Low entropy overdense gas blobs are expected to sink rapidly in a hot atmosphere to a radius where the ambient density is similar, and reflect their equilibrium, before they can condense (Nulsen 1986). Therefore, for the blobs to become thermally unstable, their radiative cooling time (\(t_{\text{cool}}\)) must be shorter than the time it takes them to sink to their equilibrium position (\(t_{\text{fall}}\)). Low entropy X-ray gas may therefore cool to low temperatures when lifted by radio bubbles to an altitude where \(t_{\text{fall}} > t_{\text{cool}}\). Since \(t_{\text{fall}} \gtrsim t_{\text{ff}}\) the free-fall time, the maximum radius that a radio bubble would need to lift cooler, denser gas to is where \(t_{\text{cool}} \approx t_{\text{ff}}\). This is typically a few tens of kpc for our sample. Although we cannot measure the velocities of the X-ray gas, the observed molecular gas velocities are considerably lower than the expectations for free fall.
in these central cluster galaxies (Section 3.2.2). Therefore, the infall time is likely significantly longer than the free fall time and thermal instability will be triggered when low entropy gas is lifted smaller distances.

Stimulated feedback naturally explains the morphology and velocity structure of the molecular filaments, the close coupling with the radio bubbles and the large fraction of the molecular gas lying in extended filaments. Radio bubbles lift material in their wakes through buoyancy and, by Archimedes’ principle, cannot lift more gas than they displace. The displaced mass can be determined from the size of the cavities in the X-ray hot atmosphere, assuming spherical or prolate ellipsoids, and the density of the ambient hot gas from spectral fitting (e.g. Cavagnolo et al. 2009). Fig. 6 compares the molecular mass of each filament plotted against the X-ray gas mass displaced by the corresponding radio bubble. The dashed line denotes equal filament and displaced gas masses. Note that the uncertainty of at least a factor of a few on the bubble volumes propagates into similar uncertainties in the displaced gas mass.

Although the AGNs must accrete at some level from the X-ray atmosphere (Bondi accretion, e.g. Allen et al. 2006; Russell et al. 2013), the hot gas supply is not sufficient to power the most energetic radio jet outbursts (e.g. Rafferty et al. 2006; McNamara, Rohanizadeg & Nulsen 2011). Molecular gas provides an alternative and plentiful supply of fuel and ALMA can now begin to resolve the circumnuclear structures from more extended filaments in these systems.

Although the ALMA observations of this sample were optimized for extended structure on kpc scales, this still represents a significant improvement in spatial resolution over previous studies utilizing single dish observations (e.g. Pulido et al. 2018). Fig. 7 compares the molecular gas mass within a single synthesized beam centred on the AGN (see appendix) with the jet power from the innermost radio bubbles. Using the BCES (Y/X) estimator from Akritas & Bershady (1996), we determine the best-fitting power-law model

\[
\log (P_{\text{ej}}) = (0.80 \pm 0.16) \log (M_{H_2,\text{nuc}}) + (37.8 \pm 1.4),
\]

where \(P_{\text{ej}}\) is the X-ray cavity power and \(M_{H_2,\text{nuc}}\) is the circumnuclear molecular gas mass. We also calculate the Spearman rank correlation coefficient of 0.75 with p-value 0.007, which suggests a tentative correlation. However, this does not account for the large uncertainties in the X-ray cavity power. If we employ a bootstrapping method to resample the data and perturb the resampled values according to the uncertainties, we do not find a significant correlation between the circumnuclear molecular gas mass and the AGN jet power as measured by the X-ray cavities. Although this may be partly due to the limited number of systems observed so far with ALMA (particularly lower mass systems) and large uncertainties on the X-ray cavity power, higher spatial resolution ALMA measurements will be required to probe the circumnuclear structure.

Smaller scale structure may also be probed by absorption lines detected against the nuclear continuum emission. CO absorption lines have been detected in three sources considered here, NGC 5044, luminous ionized gas filaments, which are spatially correlated with the molecular gas, are also associated with outer cavities in other nearby systems (e.g. Salomé et al. 2011). Similarly, in A1795, a large outer bubble is detected in X-rays and low-frequency radio observations (Crawford et al. 2005; Kokotanekov et al. 2018). This outer bubble has displaced more than an order of magnitude more hot gas than the two inner bubbles in this system.

Given the uncertainties, we conclude that the displaced and cold gas masses are of roughly comparable magnitude. Larger radio bubbles are also typically associated with more massive cold gas filaments. This is consistent with the stimulated feedback model. Although the discrepancies can generally be attributed to the expected scatter, there are known exceptions. For example, MS 0735 hosts a particularly powerful radio bubble outburst in excess of \(10^{46} \text{erg s}^{-1}\) that has displaced \(>10^{12} \text{M}_\odot\) of hot gas but the molecular gas supply is less than \(3 \times 10^9 \text{M}_\odot\) (Salomé & Combes 2008; McNamara et al. 2009; Vantyghem et al. 2014). The link between the radio bubble activity and molecular filament formation may therefore be more complex.

4.3 AGN fuelling

The observed balance between the AGN heating and radiative cooling rates in galaxy cluster atmospheres must be mediated through fuelling of the central SMBH. The accretion rate must be sensitive to overcooking or overheating on larger scales so that the AGN activity compensates on appropriately short time-scales. Although the AGNs must accrete at some level from the X-ray atmosphere (Bondi accretion, e.g. Allen et al. 2006; Russell et al. 2013), the hot gas supply is not sufficient to power the most energetic radio jet outbursts (e.g. Rafferty et al. 2006; McNamara, Rohanizadeg & Nulsen 2011). Molecular gas provides an alternative and plentiful supply of fuel and ALMA can now begin to resolve the circumnuclear structures from more extended filaments in these systems.

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where \(P_{\text{ej}}\) is the X-ray cavity power and \(M_{H_2,\text{nuc}}\) is the circumnuclear molecular gas mass. We also calculate the Spearman rank correlation coefficient of 0.75 with p-value 0.007, which suggests a tentative correlation. However, this does not account for the large uncertainties in the X-ray cavity power. If we employ a bootstrapping method to resample the data and perturb the resampled values according to the uncertainties, we do not find a significant correlation between the circumnuclear molecular gas mass and the AGN jet power as measured by the X-ray cavities. Although this may be partly due to the limited number of systems observed so far with ALMA (particularly lower mass systems) and large uncertainties on the X-ray cavity power, higher spatial resolution ALMA measurements will be required to probe the circumnuclear structure.
cloud velocities lie far below the central galaxy’s escape speed in all instances, molecular clouds are clearly moving out (A1835) while in others they are supported by a combination of ram pressure and/or rising radio bubbles (X-ray cavities). The BCES (Y[X]) fit to the data points is shown by the dashed line.

A2597, and Hydra A. These narrow features are consistent with obscuring giant molecular clouds along the sightline, which are likely located within a kpc of the nucleus (David et al. 2014; Tremblay et al. 2016; Rose et al. 2019).

5 CONCLUSIONS

Central cluster galaxies with short atmospheric cooling times are rich in molecular gas, with masses from $10^9 M_\odot$ to nearly $10^{11} M_\odot$. Unlike gas-rich spiral galaxies, molecular gas in these massive galaxies is rarely found in ordered motion, such as a disc or ring. Little gas is therefore centrifugally supported. Instead, the molecular gas is filamentary and/or in a turbulent-like motion in the host galaxy. Their morphologies and velocity fields give strong clues to the origins of molecular clouds and their relationship to radio-mechanical feedback in galaxies.

Molecular gas filaments are found preferentially around or beneath rising X-ray bubbles formed by radio jets. Their ensemble velocity dispersions lie far below the host galaxy’s stellar velocity dispersions. Likewise, molecular filament bulk velocities lie far below free-fall speeds. Their velocity widths are only tens of kilometres per second. Therefore, the molecular clouds likely formed recently and have had little time to respond to gravity, and/or they are supported by a combination of ram pressure and magnetic fields.

Whether molecular clouds are falling in or flowing out is unclear in any given system as their locations along the line of sight with respect to the central galaxy are uncertain or unknown. In some instances the clouds are clearly moving out (A1835) while in others the gas may be falling inwards (Phoenix). In all instances, molecular cloud velocities lie far below the central galaxy’s escape speed $\sim 1000$ km s$^{-1}$. Thus, molecular outflows will eventually stall, return, and circulate within the galaxy. The association of molecular clouds and filaments with X-ray cavities and radio lobes indicates that the molecular flows are being driven by the expanding and rising radio bubbles.

Two lines of evidence indicate that the molecular clouds originated in cooling from hot atmospheres. First, molecular clouds are found preferentially in central galaxies where the cooling time of the hot atmosphere lies below $\sim 10^4$ yr. In addition, in the systems studied here and elsewhere (e.g. Pulido et al. 2018), the molecular gas mass correlates with the hot, atmospheric mass within the volume where molecular clouds are found. The mass of molecular clouds found in most systems is also comparable, generally within factors of a few, to the atmospheric mass displaced and/or lifted outwards by the rising radio bubbles. This is consistent with the conjecture that molecular clouds form in the cooling updrafts of rising radio bubbles (Salomé et al. 2011; McNamara et al. 2014, 2016). Molecular clouds may form prodigiously when cooling parcels of gas are lifted to an altitude where the ratio of their infall time to cooling time falls below unity, i.e. $t_{\text{cool}}/t_{\text{infall}} \lesssim 1$.

We identify a tentative trend between the unresolved molecular gas mass surrounding the central AGN and jet power. However, the correlation is marginally significant owing to large measurement uncertainties and small sample size. Higher spatial resolution ALMA observations are required to probe the circumnuclear structure and determine more effectively if the AGN activity is fuelled by the plentiful supply of molecular gas.

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APPENDIX A: INDIVIDUAL ALMA TARGETS

A subset of the figures are reproduced here. Figures of A1835, NGC 5044, RXJ0821, 2A0335, and RXCJ1504, together with the table of best-fitting parameters, are available in supplementary material online.

Figure A1. Abell 2052. Left: SDSS R-band image showing the galaxies at the cluster centre. Centre: Chandra X-ray image showing the hot cluster atmosphere, central AGN and a series of cavities along the N–S axis. Right: CO(2–1) integrated intensity map for the velocities $-150$ to $+100$ km s$^{-1}$ with contours at $-3\sigma$, $3\sigma$, $5\sigma$, $7\sigma$, ..., where $\sigma = 0.04$ Jy beam$^{-1}$ km s$^{-1}$. The position of the sub-mm continuum point source is marked with a black cross and the field of view of the CO(2–1) image is shown by the red and blue boxes.

Figure A2. Maps of the best-fitting integrated intensity (left), velocity centre (centre) and FWHM (right) in A2052 for a Gaussian component detected at $>3\sigma$. Integrated intensity contours from Fig. A1 (right) are overlaid. The velocity structure of the molecular gas is well matched to that of the ionized gas on the scales resolved by ALMA (Balmaverde et al. 2018). The ionized gas filaments extend around the N radio bubble and the smooth velocity gradients along their lengths can be reproduced with a model for an expanding bubble.
Figure A3. PKS0745−191. Left: HST F814W image showing the galaxies at the cluster centre. Centre: Chandra X-ray image showing the hot cluster atmosphere, the bright central AGN, and two cavities to the NW and SE of the nucleus. Right: CO(3–2) integrated intensity map for velocities $-240$ to $+180$ km s$^{-1}$ with contours at $-3\sigma$, $3\sigma$, $5\sigma$, $7\sigma$, . . . , where $\sigma = 0.1$ Jy beam$^{-1}$ km s$^{-1}$. The position of the sub-mm continuum point source is marked with a black cross and the field of view of the CO(3–2) image is shown by the red and blue boxes. The CO(1–0) image shows similar structure but at lower spatial resolution (Russell et al. 2016).

Figure A4. Maps of the best-fitting integrated intensity (left), velocity centre (centre), and FWHM (right) in PKS0745−191 for a Gaussian component detected at $>3\sigma$. Integrated intensity contours from Fig. A3 are overlaid. An additional fainter velocity component (not shown) is detected at 0 and $-50$ km s$^{-1}$ in synthesized beam-sized regions at the emission peaks of the N and SE filaments, respectively (Russell et al. 2016).

Figure A5. Abell 1795. Left: CFHT G-band archival image of the central galaxy. Centre: Chandra X-ray image showing the hot cluster atmosphere and the 46 kpc-long soft X-ray filament that extends S of the galaxy centre. Right: CO(3–2) integrated intensity map for velocities $-340$ to $+130$ km s$^{-1}$ with contours at $-3\sigma$, $3\sigma$, $5\sigma$, $7\sigma$, . . . , where $\sigma = 0.064$ Jy beam$^{-1}$ km s$^{-1}$. The position of the sub-mm continuum point source is marked with a black cross and the field of view of the CO(3–2) image is shown by the red and blue boxes. The CO(2–1) contours are also shown overlaid on the optical and X-ray images.
Figure A6. Maps of the best-fitting integrated intensity (left), velocity centre (centre), and FWHM (right) in A1795 for Gaussian components detected at $>3\sigma$. VLA 4.9 GHz contours are superimposed (van Breugel, Heckman & Miley 1984).

Figure A7. Abell 2597. Left: HST F702W archival image of the central galaxy. Centre: Chandra X-ray image showing the hot cluster atmosphere. Right: CO(2–1) integrated intensity map for velocities $-250$ to $+400$ km s$^{-1}$ with contours at $-3\sigma$, $3\sigma$, $5\sigma$, $7\sigma$, . . . , where $\sigma = 0.07$ Jy beam$^{-1}$ km s$^{-1}$.
Figure A8. Maps of the best-fitting integrated intensity (left), velocity centre (centre), and FWHM (right) in A2597 for Gaussian components detected at $>3\sigma$. VLA 4.9 GHz contours are superimposed (Sarazin et al. 1995; Clarke et al. 2005).

Figure A9. Phoenix cluster. Left: HST $F475W$ archival image of the central galaxy. Centre: Chandra X-ray image showing the hot cluster atmosphere. Right: CO(3–2) integrated intensity map for velocities $-430$ to $+600$ km s$^{-1}$ with contours at $2\sigma$, $4\sigma$, $6\sigma$, $8\sigma$, $10\sigma$, $15\sigma$, $20\sigma$, ..., where $\sigma = 0.067$ Jy beam$^{-1}$ km s$^{-1}$ (from Russell et al. 2017b).
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Figure A10. Phoenix cluster. Maps of the best-fitting integrated intensity (left), velocity centre (centre), and FWHM (right) for Gaussian components detected at $>3\sigma$. Integrated intensity contours from Fig. A9 (right) are overlaid.

Figure A11. A1664. Left: HST F606W archival image of the central galaxy. Centre left: Chandra X-ray image showing the hot cluster atmosphere. Centre right: CO(1–0) integrated intensity map for velocities $-680$ to $+280$ km s$^{-1}$ with contours at $-2\sigma$, $2\sigma$, $4\sigma$, $6\sigma$, ..., where $\sigma = 0.14$ Jy beam$^{-1}$ km s$^{-1}$. The CO(1–0) field of view is shown as the red and blue boxes in the HST and Chandra images. Right: CO(3–2) integrated intensity map for velocities $-660$ to $+270$ km s$^{-1}$ with contours at $-2\sigma$, $2\sigma$, $4\sigma$, $6\sigma$, ..., where $\sigma = 0.43$ Jy beam$^{-1}$ km s$^{-1}$. The field of view of the CO(3–2) image is shown in as a white dashed box in the CO(1–0) image.
Figure A12. A1664 CO(1–0). Maps of the best-fitting integrated intensity (left), velocity centre (centre), and FWHM (right) for Gaussian components detected at $>3\sigma$. Integrated intensity contours from Fig. A11 (right) are overlaid.

Figure A13. A262. Left: HST F435W archival image of the central galaxy. Centre: Chandra X-ray image showing the hot cluster atmosphere. Right: CO(2–1) integrated intensity map for velocities $-225$ to $+265$ km s$^{-1}$ with contours at $-3\sigma, 3\sigma, 5\sigma, 7\sigma, \ldots$, where $\sigma = 0.1$ Jy beam$^{-1}$ km s$^{-1}$. The CO(2–1) field of view is shown by the red and blue boxes in the HST and Chandra images.
**Figure A14.** A262. Maps of the best-fitting integrated intensity (left), velocity centre (centre), and FWHM (right) for Gaussian components detected at $>3\sigma$. VLA 1.4 GHz contours are superimposed (Clarke et al. 2009).

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