Low serum hyaluronic acid levels associated with spontaneous HBsAg clearance

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Abstract
Purpose The pathophysiological underlying mechanism of spontaneous HBsAg clearance in hepatitis B virus (HBV) infected patients is largely unknown. However, serum hyaluronic acid (sHA) plays a role in liver fibrosis progression and reversely could serve as a potential biomarker for HBsAg clearance. This study investigates whether low sHA is associated with HBsAg loss in non-Asian HBV patients.

Methods Non-Asian women living in Amsterdam with known chronic HBV infection between 1990–2003 were invited for a single follow-up visit at the Municipal Health Service Amsterdam between September 2011 to May 2012. Serum hyaluronic acid and liver stiffness measurement together with clinical evaluation, biochemical and virologic blood tests were performed.

Results Of the 160 women, HBsAg loss occurred in 38 (23 %) patients between diagnosis and follow-up. sHA levels were lower in HBsAg negative patients compared to HBsAg positive patients (14.5 [9.4–27.2] ng/mL vs 25.0 [12.3–42.5] ng/mL, p <0.01). A similar distinction in sHA between low and high HBV DNA was noted. sHA had a significant discriminatory ability to differentiate between HBsAg positive and HBsAg negative patients, (AUC 0.65 [95 % CI 0.55–0.75], p<0.01). In multivariable analysis only sHA level was associated with HBsAg loss (OR 0.4 [0.2–0.9]). Finally, F3-F4 fibrosis (cut-off >8.1 kPa) was diagnosed in 3 % in HBsAg negative patients compared to 10 % in HBsAg positive patients (p=0.15).

Conclusion Serum HA levels are lower in patients who experience spontaneous HBsAg loss compared to HBsAg positive patients.

Introduction
Liver inflammation is the hallmark of hepatotropic viruses like hepatitis B virus (HBV). During this chronic hepatic inflammation, synthesis and turnover of the extracellular matrix (ECM) is modulated by several cytokines with serum hyaluronic acid (sHA) being one of its major ECM components [1, 2]. In healthy persons, sHA levels vary between 23 and 129 ng/mL [3, 4]. sHA levels have already been shown to be higher in patients with chronic hepatitis C or active autoimmune hepatitis than those of healthy individuals without signs of hepatitis [5–7]. In addition, in chronic HBeAg negative HBV patients, high serum sHA positively correlates with fibrosis progression and level of inflammation [8]. Based on these observations, sHA level might be a reflection of the intensity of the immune response in chronic liver diseases.

Annually, approximately 2 % of all chronic hepatitis B virus (HBV) infected patients experience HBV surface antigen (HBsAg) loss without antiviral therapy (i.e. spontaneous HBsAg clearance) [9]. Although the exact pathophysiological mechanism of spontaneous HBsAg loss in patients with
chronic HBV has not been fully understood, there is some
evidence that a T-cell mediated immune response may be es-
sential in this process [10]. Rehermann et al. [11] demonstra-
ted that chronic HBV patients who cleared HBsAg, spontane-
ously or after interferon-alpha treatment, had a strong HBV
multispecific cytotoxic T-lymphocyte response that was sim-
ilar to those clearing HBsAg after an acute infection. Several
histological studies have shown that after spontaneous HBsAg
loss, liver inflammation declined over time [12, 13]. However,
it is unknown whether sHA levels also decline after spontane-
ounous HBsAg loss and if sHA could serve as a potential bio-
marker for HBsAg clearance. The aim of this study was to
investigate whether a low sHA level is associated with HBsAg
loss in patients with chronic HBV.

Materials and methods

Patient selection

The study population has already been described previ-
ously [14]. Briefly, non-Asian women in the greater Amsterdam
area, who were registered as chronic HBV patients between
1990 and 2004, were invited for a single study visit between
September 2011 and May 2012 at the Municipal Health
Service Amsterdam. History taking and physical examina-
tion were performed, along with a liver stiffness measurement
(LSM) and blood tests to determine the hyaluronic acid level
and biochemical and virological tests. The following bio-
chemical tests were determined: bilirubin, alanine aminotrans-
ferase (ALT), aspartate aminotransferase (AST), Gamma-
glutamyl transpeptidase (GGT), alkaline phosphatase (ALP)
and albumin. For this study 14 patients were excluded from
the 174 included patients (three with HCV co-infection, five
with previous HBV treatment, one with acute HBV infection
and five due to indeterminate sHA which was a result of not
enough serum to determine the sHA), resulting in a study
population of 160 participants.

Spontaneous HBsAg loss was defined as having a positive
HBsAg antigen in the historic sample with subsequent HBsAg
negativity during the follow-up visit without previously being
subjected to antiviral therapy. The study protocol was approved
by the Ethical Committee of the Academic Medical Center
Amsterdam. Written approval was obtained from the Public
Health Service Amsterdam. Informed consent was obtained
from each participant (clinical trials number NCT01462981).

Laboratory tests

Hyaluronic acid levels were measured in serum at the follow-
up visit as part of the ELF-test by the ADVIA Centaur XP
(Siemens, Erlangen, Germany). This assay has a lower detec-
tion limit of 1.6 ng/ml, a linear range from 1.6 to 1000 ng/ml,
and higher concentrations are expressed as >1000 ng/ml.
Linearity, sensitivity and precision were evaluated according
to CLSI guidelines. HBV DNA was determined with the
COBAS Amplicent/COBAS Taqman assay, v.2.0 (Roche
Molecular Diagnostics, California, USA) with a lower detec-
tion limit of 20 IU/ml. Qualitative anti-HCV, anti-HIV and
qualitative HBsAg were also performed with the ADVIA
Centaur XP assay. Lastly, liver-related biochemical parame-
ters were determined according to local standard laboratory
procedures. HBV DNA levels were divided in more or less
than 2000 IU/mL that was derived from current international
guidelines [15, 16].

Liver stiffness measurement

An experienced researcher (S.H.) performed the LSM with a
Fibroscan® (model F402 Echosens, France) according to stan-
dard operating procedures supplied by the manufacturer and
as described by others [17]. The META VIR classification was
used to determine the fibrosis stage, categorizing no to mild
fibrosis (F0/F2) with a score less than or equal to 8.1 kPa and
severe fibrosis to cirrhosis (F3/F4) with a score above 8.1 kPa
based on a cut-off value from previous studies in chronic HBV
patients [18, 19].

Statistical analysis

Continuous variables were expressed as a median with inter-
quartile range (IQR) and categorical variables as frequencies
with percentage. Differences between HBsAg positive and
HBsAg negative groups were calculated with the Mann–
Whitney U test (continuous variables) or chi-square test (cat-
egorical variables). Factors associated with HBsAg loss were
analysed with univariable and multivariable logistic regres-
sion. Factors with a p-value <0.10 in univariable analysis were
included in the multivariable logistic regression. Correlation
between ALT levels and sHA levels were calculated with the
Spearman rho correlation. A receiver-operator characteristic
(ROC) curve was constructed to assess the value of sHA in
discriminating HBsAg positive patients from HBsAg negative
patients and to determine an optimal cut-off value for the sHA.
A ROC curve with an area under curve (AUC) less than 0.60
and a p-value >0.05 was considered unreliable for the ROC
curve. Outcomes were reported as odds ratio (OR) with 95 %
confidence intervals (CI), and a p-value <0.05 was considered
significant. The statistical analysis was performed with SPSS
v17 (version 17.0; SPSS Inc., Chicago, IL, USA).

Results

Patient characteristics are given in Table 1. At the time of the
follow-up study visit, HBsAg loss was documented in 38
(23 %) patients resulting in 122 HBsAg positive patients, all being HBsAg negative. All HBsAg negative patients had an undetectable HBV DNA level (i.e. <20 IU/ml). Of the 117 patients with a liver stiffness result, occurrence of F3-F4 fibrosis was lower in the HBsAg negative patients compared to HBsAg positive patients (one in 38 HBsAg negative patients (3 %) vs 12 in 122 HBsAg positive patients (10 %), \( p=0.15 \)).

### Hyaluronic acid level and HBV parameters

To explore whether sHA levels were different between HBsAg positive and HBsAg negative patients, sHA levels were compared in both groups. The median (IQR) sHA level of all included patients was 21.9 (11.7–41.2) ng/mL. HBsAg negative patients had a significantly lower sHA level compared to HBsAg positive patients (14.5 [9.4–27.2] ng/mL vs 25.0 [12.3–42.5] ng/mL, \( p <0.01 \)) (Fig. 1). In addition, when patients were categorized into low HBV DNA level (HBV DNA less than or equal to 2000 IU/mL) and high HBV DNA level (HBV DNA>2000 IU/mL), there was a trend towards lower sHA levels in the low HBV DNA patients compared to the patients with high HBV DNA (20.6 [11.2–40.4] ng/mL vs 26.3 [14.7–44.4] ng/mL, \( p=0.07 \)).

Overall, there was a positive correlation between sHA levels and ALT level in the whole study population \( (r=0.20, p=0.01) \) (data not shown). However, when patients were divided by HBsAg status, this correlation was lost (HBsAg positive group \( r=0.16, p=0.08 \) and HBsAg negative group, \( r=0.11, p=0.49 \)). The sHA had a significant diagnostic discriminatory power to detect HBsAg negative patients \( (\text{AUC } 0.65 [95 \% \text{ CI } 0.55–0.75], p<0.01) \). A cut-off value of 16.9 ng/mL was selected to have the optimum in both sensitivity and specificity. Subsequently, patients were divided in two groups, either low or high sHA. There were 68 (43 %) patients with a low sHA level compared to 92 (57 %) patients with a high sHA level. Of the 38 HBsAg negative patients, 25 (66 %) had a low sHA level (i.e. below 16.9 ng/mL) and 13 (34 %) a high sHA level.

### Factors associated with HBsAg loss

Next, we performed univariable and multivariable analyses to identify factors that were associated with HBsAg loss. The results are shown in Table 2. In univariable analysis, which included age, BMI, ethnic origin, smoking, alcohol consumption, ALT level, AST level, sHA level, HBV DNA and fibrosis stage as factors, alcohol consumption \( [\text{OR } 0.3 (0.1–0.9)] \) and a high sHA level \( [\text{OR } 0.3 (0.1–0.6)] \) were associated with increased chance to loose HBsAg. BMI, smoking, and ALT level had a close, but statistically not significant association with HBsAg loss \( [\text{BMI OR } 0.5 (0.2–1.1), \text{smoking OR } 0.3 (0.1–1.0) \text{ and ALT OR } 0.5 (0.2–1.0)] \). When all significant or
borderline significant factors from univariable analysis were included in a multivariable analysis, only those patients with a high sHA level had a lower chance to lose HBsAg (OR 0.4 [0.2–0.8]).

Discussion

Spontaneous HBsAg loss in chronic HBV-infected patients is a phenomenon that is still not well understood. This study clearly shows that chronically HBV infected patients who lost HBsAg had lower sHA levels compared to patients who remained positive.

Though not reported in the literature previously, there are several arguments to explain this finding. First, sHA is a ligand of CD44 that is expressed in numerous cells, including liver sinus endothelial cells, neutrophils and regulatory T-cells (Tregs) [20, 21]. Data from experimental studies in other diseases have shown that there is an interplay between sHA and the immune system during chronic inflammation. On the one hand, studies in lung fibroblasts have shown that cytokines such as TNF-α activate the production of sHA [22]. Subsequent sHA-CD44 binding then promotes T-cell adhesion and migration to the endothelium to engage in an inflammatory process. On the other hand, there is also evidence that sHA stimulates the anti-inflammatory pathway of the immune system [23]. In an in vitro study, sHA binding to CD44 was correlated with a high suppressive activity of Tregs [23].

Second, in chronic HBV-infected patients experiencing spontaneous HBsAg loss, early studies have shown that the inflammatory process in the liver declined after HBsAg clearance [12, 13]. Although the interplay between sHA, inflammation and HBsAg loss has to be further elucidated, we hypothesize that HBsAg loss dampens the immune system which in turn suppresses the synthesis of sHA leading to low sHA levels.

Several studies have investigated the value of sHA (or sHA as a component of the enhanced liver fibrosis [ELF] test) in patients with chronic HBV [8, 24–31]. However, these studies differ in several aspects from our study. First, until now studies in HBV patients have only focused on the role of sHA in the identification of liver fibrosis. Second, the study population of previous studies differed from our study, since previous studies either included only HBsAg positive patients or did not separate patients based on their HBsAg status (when HBsAg status of the included patients was not mentioned). Third, the cut-off value of the sHA concentration in our study is much lower than the cut-off values of other studies which varied between 52 and 300 ng/mL [25, 27]. Since we have shown that lower sHA values than previously reported are necessary
to differentiate between patients with and without spontaneous HBsAg loss, this association could have gone unnoticed by others.

Since this was a cross-sectional study, we could not explore whether the sHA levels could be of predictive value to identify future candidates for spontaneous HBsAg loss. A prospective longitudinal study with multiple time points in which sHA levels would be determined and in which the moment of HBsAg loss is documented is needed to clarify this question. This would also allow for exploration of additional variables, which could be fitted into an algorithm, to identify chronic HBV patients who will experience spontaneous HBsAg loss in an early stage to avoid unnecessary antiviral therapy. The advantage of sHA is that it is easily accessible and available, relatively inexpensive and a small amount of serum is required for the assay.

In conclusion, serum HA levels are significantly lower in chronic HBeAg negative HBV patients who experience spontaneous HBsAg loss in comparison to those still being HBsAg positive. Further validation studies are needed to determine

Table 2  Analysis of factors associated with spontaneous HBsAg loss

| Factor                      | Total (N) | HBsAg negative cases (%) | Univariable analysis OR (95% CI) | p-value | Multivariable analysis OR (95% CI) | p-value |
|-----------------------------|-----------|--------------------------|---------------------------------|---------|-----------------------------------|---------|
| Age                         |           |                          |                                 |         |                                   |         |
| ≤ 45 years                  | 85        | 22 (26)                  | 1 (reference)                   | 0.50    | 1 (reference)                     |         |
| > 45 years                  | 75        | 16 (21)                  | 0.8 (0.4–1.6)                  |         |                                   |         |
| BMI                         |           |                          |                                 |         |                                   |         |
| ≤ 25 kg/m²                  | 24        | 9 (38)                   | 1 (reference)                   | 0.09    | 1 (reference)                     | 0.10    |
| > 25 kg/m²                  | 136       | 29 (21)                  | 0.5 (0.2–1.1)                  |         |                                   |         |
| Ethnic origin               |           |                          |                                 |         |                                   |         |
| Turkey                      | 52        | 19 (37)                  | 1 (reference)                   | 0.18    | 1 (reference)                     |         |
| Ghana                       | 34        | 3 (9)                    | 1.3 (0.4–4.9)                  |         |                                   |         |
| Surinam                     | 30        | 5 (17)                   | 0.2 (0.1–1.2)                  |         |                                   |         |
| Morocco                     | 31        | 7 (23)                   | 0.5 (0.1–2.1)                  |         |                                   |         |
| Other origin                | 108       | 19 (18)                  | 0.7 (0.2–2.8)                  |         |                                   |         |
| Smoking<sup>a</sup>         |           |                          |                                 |         |                                   |         |
| No                          | 129       | 35 (27)                  | 1 (reference)                   | 0.05    | 1 (reference)                     | 0.06    |
| Yes                         | 31        | 3 (10)                   | 0.3 (0.1–1.0)                  |         | 0.3 (0.1–1.1)                     |         |
| Alcohol consumption<sup>b</sup> |       |                          |                                 |         |                                   |         |
| No                          | 116       | 33 (28)                  | 1 (reference)                   | 0.03    | 1 (reference)                     | 0.17    |
| Yes                         | 44        | 5 (11)                   | 0.3 (0.1–0.9)                  |         | 0.5 (0.2–1.4)                     |         |
| ALT                         |           |                          |                                 |         |                                   |         |
| ≤ 0.5 x ULN                 | 88        | 26 (30)                  | 1 (reference)                   | 0.06    | 1 (reference)                     | 0.26    |
| > 0.5 x ULN                 | 72        | 12 (17)                  | 0.5 (0.2–1.0)                  |         | 0.6 (0.3–1.4)                     |         |
| AST                         |           |                          |                                 |         |                                   |         |
| ≤ 0.5 x ULN                 | 150       | 38 (25)                  | 1 (reference)                   |         | 1 (reference)                     |         |
| > 0.5 x ULN                 | 10        | 0 (0)                    | n/a                             |         |                                   |         |
| HA level                    |           |                          |                                 |         |                                   |         |
| Low                         | 68        | 25 (37)                  | 1 (reference)                   | <0.01   | 1 (reference)                     | 0.01    |
| High                        | 92        | 13 (14)                  | 0.3 (0.1–0.6)                  |         | 0.4 (0.2–0.8)                     |         |
| HBV DNA level               |           |                          |                                 |         |                                   |         |
| Low/undetectable            | 118       | 38 (32)                  | 1 (reference)                   |         | 1 (reference)                     |         |
| High                        | 42        | 0 (0)                    | n/a                             |         |                                   |         |
| Fibrosis stage              |           |                          |                                 |         |                                   |         |
| F3-F4                       | 13        | 1 (8)                    | 1 (reference)                   | 0.17    | 1 (reference)                     |         |
| F0-F2                       | 105       | 23 (22)                  | 5.8 (0.7–49.1)                 |         |                                   |         |
| Indeterminate               | 42        | 14 (33)                  | 3.4 (0.4–27.6)                 |         |                                   |         |

BMI, body mass index; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ULN, upper limit of normal; OR, odds ratio; 95% CI, 95% confidence interval; n/a, not applicable

<sup>a</sup> Smoking defined as more than one cigarette per week

<sup>b</sup> Alcohol consumption defined as more than one glass per week
the predictive value of sHA with potential other variables in the natural history of chronic HBV.

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