Clocking the Lyme Spirochete

Stephen E. Malawista1*, Anne de Boisfleury Chevance2

1 Department of Internal Medicine, Yale University School of Medicine, New Haven, Connecticut, United States of America, 2 Centre d’Ecologie Cellulaire, Hôpital de la Salpêtrière, Paris, France

Abstract

In order to clear the body of infecting spirochetes, phagocytic cells must be able to get hold of them. In real-time phase-contrast videomicroscopy we were able to measure the speed of Borrelia burgdorferi (Bb), the Lyme spirochete, moving back and forth across a platelet to which it was tethered. Its mean crossing speed was 1,636 μm/min (N = 28), maximum, 2800 μm/min (N = 3). This is the fastest speed recorded for a spirochete, and upward of two orders of magnitude above the speed of a human neutrophil, the fastest cell in the body. This alacrity and its interpretation, in an organism with bidirectional motor capacity, may well contribute to difficulties in spirochete clearance by the host.

Introduction

Borrelia burgdorferi (Bb) locomote by the beating of two opposing sets of endolflagella which alternatively drive them in opposite directions along their axes. They swim using backward propagating flat waves, much like the waves found in eukaryotic cells such as sperm [1]. Their speed in liquid media has been estimated at 4.25 μm/sec, or 255 μm/min [1]. They are much faster (up to ~2000 μm/min) in gel-like viscous media such as methylcellulose (simulating tissue ground substance) [2] or on surfaces, where they are thought to have something to push against [3,4].

Results and Materials and Methods

Bb are known to engage activated platelets via alpha IIb beta 3 integrin receptors [5]. For phagocytic studies [6] we took platelet-rich plasma from (sodium) heparinized human blood, added a low passage clonal isolate of B. burgdorferi strain N40 cultivated as described [7], sealed the suspension with paraffin between a glass slide and cover slip, and examined the preparation on the warmed (33°C) stage of a Zeiss phase-contrast photomicroscope connected via a IEC800 Microscope Video Camera (elc, Annecy, France) to a Panasonic Time Lapse Video Recorder AG6720 (Matsushita Electric Industrial Co., Osaka). Platelets adhered to the slide; many spirochetes, to the platelets.

We noted that spirochetes tethered to platelets are easier to ingest, as they cannot leave the field as free spirochetes can. In still photographs of these negotiations we noted that with time, different regions along the length of the spirochete are in contact with the platelet. In time-lapse videomicroscopy (Video S1) Bb were moving back and forth across the surface of the platelet, sometimes changing direction during translocation, but stopping short on reaching either end and remaining there until the reverse propulsion kicked in (the control of these reversals is unknown). Then they moved back across the platelet in the opposite direction. These translocations could happen repeatedly.

Examples filmed in real time are seen in Figure 1. In this preparation the tethered spirochete made repeated complete crossings from one of its ends to the other. This made its speed amenable to analysis. We examined frame by frame the time it took for the Bb to cross the platelet in either direction, and, having crossed, how long it spent at either extremity. We made these measurements for 14 crossings (7 in each direction) over 34 sec, and, a little later, another 14 crossings over 42 sec. Combining the two sets, we calculated a mean crossing time of 0.55 sec (S.D. ±0.19 sec), compared to a mean time between crossings of 1.71 sec (S.D. ±1.23). The difference between these means is highly significant (n = 28; P<0.0001, paired t test, two tailed). Moreover, the spirochete measured 15 μm in length; therefore, its mean crossing speed was ~27 μm/sec, or 1,636 μm/min. Its fastest crossing, measured in three of the 28 crossings, was 0.32 seconds, giving a fastest crossing speed of 46.88 μm/sec, or ~2800 μm/min, which we believe to be the most rapid spirochete speeds so far measured.

Discussion

There is good previous evidence that antigens can move longitudinally with some facility along spirochetal membranes—from antibody-coated latex beads attached to the spirochete, Leptospira interrogans—but their estimated speeds were only up to 660 μm/min [8]. All these speeds must seem blindingly fast to neutrophils, which crawl (they do not swim) at ~20 μm/min [9,10] in liquid media. The disparity in speed is likely to be even more marked in the extravascular space, as spirochetes move easily in gel-like viscous media [2] but neutrophils average only ~4 μm/min [11]. The most likely explanation for what we are seeing is that the ligand-receptor complexes, as in Leptospira [8], are freely movable along the spirochete’s outer membrane sheath. Receptors on Bb appear well distributed about their surface but may become concentrated in patches when given antibody [12]. We suspect that these translocations can occur rapidly. If, instead of its receptors moving, Bb were rapidly exchanging receptors as it moved along the platelet...
surface, we might expect it to fly off the platelet when it reached its end. The fact that \( Bb \) stop short at each of their ends is compatible with its accumulating and dragging ligand-receptor complexes to the \( Bb \)'s end, where they constrain the spirochete from departing. In addition to their alacrity and bidirectional motor capabilities, if movable receptors on spirochetes prove to be a general phenomenon, then strong ligation, or locomotor disabling, would also seem to be required if it is to be internalized efficiently by phagocytes.

Supporting Information

**Video S1**  \( Bb \) moving back and forth along a platelet. Time-lapse (16x normal) phase-contrast videomicroscopy.

**References**

1. Goldstein SF, Charon NW, Kreiling JA (1994) Borrelia burgdorferi swims with a planar waveform similar to that of eukaryotic flagella. Proc Natl Acad Sci U S A 91: 3433–7.
2. Kimsey RB, Spielberg A (1990) Motility of Lyme disease spirochetes in fluids as viscous as the extracellular matrix. J Infect Dis 162: 1205–8.
3. Li C, Motaleb A, Sal M, Goldstein SF, Charon NW (2000) Spirochete periplasmic flagella and mobility. J Mol Microbiol Biotechnol 2: 345–54.
4. Charon NW, Goldstein SF (2002) Genetics of motility and chemotaxis of a fascinating group of bacteria: the spirochetes. Annu Rev Genet 36: 47–73.
5. Coburn J, Barthold SW, Leong JM (1994) Diverse Lyme disease spirochetes bind integrin alpha IIb beta 3 on human platelets. Infect Immun 62: 5539–67.
6. Montgomery RR, Nathanson MJ, Malavolta SE (2002) Human phagocytic cells in the early innate immune response to Borrelia burgdorferi. J Infect Dis 185: 1773–9.
7. Montgomery RR, Nathanson MJ, Malavolta SE (1993) The fate of Borrelia burgdorferi, the agent for Lyme disease, in mouse macrophages: Destruction, survival, recovery. J Immunol 150: 909–915.
8. Charon NW, Lawrence CW, O'Brien S (1981) Movement of antibody-coated latex beads attached to the spirochete Leptospira interrogans. Proc Natl Acad Sci U S A 78: 7166–70.
9. Cassimeris L, McNeill H, Zigmond SH (1990) Chemoattractant-stimulated polymorphonuclear leukocytes contain two populations of actin filaments that differ in their spatial distributions and relative stabilities. J Cell Biol 110: 1067–75.
10. Gruler H, de Boisfleury Chevance A (1987) Chemokinesis and necrotaxis of human granulocytes: the important cellular organelles. Z Naturforsch [C] 42: 1126–34.
11. Li Y, Loike JD, Ember JA, Cleary PP, Lu E, et al. (2002) The bacterial peptide N-formyl-met-leu-phe inhibits killing of Staphylococcus epidermidis by human neutrophils in fibrin gels. J Immunol 168: 416–24.
12. Barbour AG, Tessier SL, Todd WJ (1983) Lyme disease spirochetes and ixodid tick spirochetes share a common surface antigenic determinant defined by a monoclonal antibody. Infect Immun 41: 795–804.

**Figure 1. Sequential transllocations of Bb across a platelet (see text).** Total elapsed time, A-H: 9 sec. Measured crossing speeds were as fast as 2800 \( \mu \text{m/min} \), upward of two orders of magnitude above the speed of a human neutrophil, the fastest cell in the body. Images from real-time phase-contrast videomicroscopy. Approx. \( \times 1,000 \).

Found at: doi:10.1371/journal.pone.0001633.s001 (10.30 MB MOV)

**Acknowledgments**

We are ever grateful to the late Professor Marcel Bessis, who made this work possible.

**Author Contributions**

Conceived and designed the experiments: SM. Performed the experiments: Ad. Analyzed the data: SM Ad. Contributed reagents/materials/analysis tools: Ad. Wrote the paper: SM.