Daily Water Requirement of Container Grown
*Davallia bullata* and *Nephrolepis exaltata* and
Implication in Irrigation Practices

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**Abstract:** Container crop production has become increasingly popular, but daily water requirements of those crops from transplanting to marketable or harvestable stages are largely unavailable. To address this concern, daily water consumption of two container-grown fern species, *Davallia bullata* and *Nephrolepis exaltata* from initial transplanting to marketable size were studied using a canopy closure model. Daily actual evapotranspiration (ET$_A$) of *D. bullata* ranged from 4.6 mL to 76.5 mL with an average of 29.0 mL per plant per day. The mean cumulative ET$_A$ was 13.2 L during 431 days of production spanning from 8 November 2006 to 4 February 2008. Two crops of *N. exaltata* were produced. Daily ET$_A$ per *N. exaltata* plant produced in crop 1 varied from 19.0 to 241.2 mL with an average of 69.5 mL, and daily ET$_A$ of crop 2 differed from 5.7 to 136.8 mL with a mean of 74.0 mL. Both crops had a cumulative ET$_A$ of 9.4 L. Such differences in daily ET$_A$ and cumulative ET$_A$ between the two fern species raised further concern of irrigation practices in commercial foliage plant production as multiple species are commonly produced in one greenhouse and share the same irrigation schedule. Comparing daily ET$_A$ and cumulative ET$_A$ values of the ferns with the other studied foliage plants indicated that daily ET$_A$ and cumulative ET$_A$ are species specific. Therefore, to improve irrigation efficiency, daily ET$_A$ and cumulative ET$_A$ values of major container-grown plants should be established. Implementing the research-based daily ET$_A$ and cumulative ET$_A$ in container plant production should reduce irrigation water leaching and runoff and conserving freshwater resources.

**Keywords:** actual evapotranspiration (ET$_A$); Boston fern; daily water requirements; *Davallia*; *Nephrolepis*; ornamental foliage plants; plant factor; water need index (WNI)

1. Introduction

Container-grown plants or container plants refers to those produced from seedlings or liners (tissue-cultured plugs or rooted cuttings) in substrate-filled pots or containers to harvestable stages or marketable sizes [1]. A wide range of plants are produced in containers, largely horticultural crops, such as floriculture, fruit, nursery, and vegetable plants. Substrates or growing media used in container plant production are formulated predominately using lightweight peat, vermiculate, perlite, sand, soil, or composted materials in variable proportions. A distinct characteristic of container substrates is low nutrient- and water-holding capacities [2]; thus, water and chemical fertilizers must be applied frequently to ensure that marketable plants are produced on schedule.

Irrigation of container plants, however, has been under increasing scrutiny, which is due to the following reasons: First, freshwater is an irreplaceable natural resource [3], but container...
plant production is one of the heaviest consumers. Irrigation of container-grown vegetables and nursery crops uses up to 1500 mm [4] and 2900 mm freshwater [5], respectively. Production of 212,055 hectare of container horticultural crops in open field used 776 billion liters of water annually in the United States (U.S.) [6]. Second, such a heavy consumption of freshwater is not completely based on plant requirements, but rather relies on growers’ intuition or experience [7]. To avoid drought stress, growers often over irrigate plants [8]. Over irrigation has been documented to cause 25% to 90% of applied water to be either leached or runoff [9,10]. The production of poinsettia in a highly water-efficient greenhouse used 121 L of water over a 16-week production period [11]. Third, leachate and/or runoff water contains nutrients, largely nitrogen (N) and phosphorus (P) [12,13]. Both N and P movement in waterways may result in the contamination of ground and/or surface water, known as non-point source water pollution [7,14]. A survey of 11 nurseries in southern California suggested that the concentrations of NO$_3$-N in runoff were greater than 10 mg/L in a majority of nurseries [15]. NO$_3$-N in irrigation runoff in a southern Florida foliage nursery varied from 41 to 386 mg/L depending on the methods used for irrigation [16].

Florida is second to California in the production of nursery and greenhouse crops and ranks first in producing ornamental foliage plants [17]. The national wholesale value of foliage plants was $653.08 million in 2018, of which Florida accounted for 63.4% [18]. Plants from over 100 genera are produced as foliage plants [2,19]. However, there has been little information on daily water requirement of those cultivated foliage plants until three recent publications where daily water use of Chamaedorea elegans and Asplenium nidus [20], Guzmania and Vriesea [21], and Calathea and Stromanthe [22] were quantified, which provide important information on revising irrigation practices for foliage plant production.

The quantification of the above six foliage plant species was primarily based on Beeson’s canopy closure model [23] used for estimating actual evapotranspiration (ET$_A$) of container-grown woody ornamental plants. ET$_A$ was determined by an autonomous weighing lysimeter system [9]. Reference evapotranspiration (ET$_O$) was calculated using the Campbell Scientific version of the Penmen–Monteith equation [24]. Projected canopy area (PCA) was recorded during the course of plant growth. Based on the relationships of ET$_A$, ET$_O$, and PCA of a given species, a plant factor (PF) [25] was calculated. PF is also known as Water Need Index (WNI) [20–22] or crop coefficient (Kc) [26]. Kc is dimensionless. It is the ratio between the ET$_A$ of the plant studied to the reference evapotranspiration (ET$_O$) and is a function of the fraction of crop ground cover and crop height [26]. Kc values have been recommended for a wide range of agronomic crops [26], but its values for horticultural crops are limited [25]. PF here is a function of the degree of canopy closure among groups of plants that relate individual plant ET$_A$ to plant size, canopy ventilation, and incoming solar radiation [27]. The model was successfully used to estimating daily ET$_A$ of Ligustrum japonicum [23], Viburnum odoratissimum [28,29], Rhaphiolepis indica [30], and the six foliage plant species mentioned above. Irrigating container plants based on daily ET$_A$ can significantly reduce runoff volume and nutrient load in a nursery setting without affecting plant growth [31,32].

Ferns, a group of primitive plants in the division Pteridophyta, are important ornamental foliage plants [2]. Among them, the Boston fern (Nephrolepis exaltata) is the most popular species as it was the first and almost only plant grown from 1913 to the early 1930s in Florida [33] and now more than 50 cultivars are in production [19]. To gain information on water use of foliage plants, 22 foliage plants, including the Boston fern, along with eight bedding plants were evaluated through overhead irrigation or an ebb-and-flow system (a subirrigation with no irrigation water leaching and runoff) using ground water and captured rainwater and irrigation runoff from a landscape production [12]. A total of 1080 container plants were produced over two and half years. On average, each plant used 10.2 L of water when produced through the subirrigation system, suggesting regardless of species, a foliage plant produced in a 15 cm container generally requires about 10 L of irrigation water from transplanting to attaining a marketable size. However, when produced through overhead irrigation, 35.5 L water was used per plant. Moreover, overhead irrigation resulted in half of applied N leached [14]. Subirrigation
could be an ideal irrigation method for minimizing water and nutrient loss, but it has been limited due to the cost and potential disease problems. Overhead irrigation still occurs in foliage plant production, but most foliage plant facilities have switched to drip irrigation.

Here we aimed to determine ET$_A$ of the Boston fern along with a rabbit-foot fern (*Davallia bullata*) from liners to marketable plants in a shaded greenhouse and also to develop models to predict daily ET$_A$ values using the canopy closure model [23]. The quantification of daily ET$_A$ and cumulative ET$_A$ of the two fern species could help growers improve irrigation efficiency in container-fern production through drip irrigation.

2. Materials and Methods

2.1. Experimental Setup, Plant Materials, and Their Growth

We conducted this study in a greenhouse with supplemental shading at the University of Florida’s Mid-Florida Research and Education Center in Apopka. A Florida Automated Weather Network (FAWN; https://fawn.ifas.ufl.edu/) station located about 46 m east of the greenhouse, logged incoming shortwave radiation Rn, air temperatures (Ta, 0.6, 1.8, and 9.1 m heights), soil temperature, wet bulb temperature, relative humidity (RH), and rainfall at 1.8 m, and wind speed (WS) at 10 m every 15 min and also daily evapotranspiration outside the greenhouse. The datalogger calculated hourly and daily local reference evapotranspiration (ET$_O$) from Rn, Ta, RH, and WS inputs as per the ASCE (American Society of Civil Engineers) Penman–Monteith (PM) equation [34].

Tissue cultured plantlets (from 72-cell plug trays) of the Boston fern and *Davallia bullata* were planted into 15 cm cross section containers with a soilless substrate of 60% Canadian peat, 20% perlite, and 20% vermiculite by volume. The Boston fern study was replicated twice. The first was transplanted on 27 December 2005 and harvested 7 May 2006, and the second planted 22 May 2006 and harvested on 25 September 2006. Each plant was top dressed with 5 g of a controlled released fertilizer (CRF), Osmocote Pro 19–5–9, 8–9 month, Scotts Co., Marysville, Ohio, USA, per container three weeks after potting. Because of its characteristically slow growth habit, the rabbit foot fern was only grown once, transplanted on 8 November 2006 and harvested on 4 February 2008. These plants were fertilized twice with the same CRF three and 30 weeks after transplanting. All study plants were positioned on raised benches in the shaded greenhouse where the maximum photosynthetic active radiation (PAR) was 200 µmol/m$^2$/s. The experimental layout was a completely randomized block design with four replicates (blocks). Each block had 15 plants per species which were spaced 30 cm apart in three rows, with five plants along the bench long side. Center plants were placed in a mini suspension weighing lysimeter [9], and four plants around the lysimeter plant were considered as the interior border plants for subsequent repeated measurements of canopy height and widths. Inside the shaded greenhouse, there was an automated Weatherhawk weather station (Campbell Scientific, Inc., Logan, UT, USA), which was positioned the center at 50 cm above the lysimeter tripods.

The miniature weighing lysimeter system comprised of a CR10X data logger wired to an SDM-AM16-32 multiplexer and SDM-CD16AC relay control module (Campbell Scientific Inc., Logan, UT, USA) attached to control/data collection board. The datalogger was wired to a load cell (SSM-50-AJ, Interface Inc., Scottsdale, AZ, USA) attached to the top underside of a miniature tripod 60 cm tall and 2.5 cm above the wire table. Study plants were suspended from the load cell with a small-linked chain. The load cells were pre-calibrated with a seven-point curve using standardized weights. The data logger program recorded weight change in each lysimeter every half hour. At midnight, the program calculated the previous day’s actual water use ET$_A$ for each lysimeter as we observed no transpiration from either species from midnight to 0500 h.

Plants were irrigated with a drip system between 0800 h and 0900 h, which allowed a 10% leachate fraction. Water was delivered through pressure compensated inline drip tubing (Netafilm USA, Fresno, CA, USA) located at 30.5 cm intervals along the tubing. Four emitters were cut along the length of the tubing, which was rolled to form two loops joined by a T-barb. The loop just fit snugly inside the rim of
each container. Using equal lengths of 6 mm tubing, the loops were connected to 19 mm polyethylene tubing. The Christensen’s Coefficients of Uniformity were tested with 15 loops of randomly selected plants from each bench. The coefficients ranged from 0.93 to 0.96 with a mean of 0.94. Typical irrigation rates on each bench were 187 mL/min.

2.2. Data Collection

Pairing with the outside weather station, the inside Weatherhawk station recorded greenhouse Rn, Ta, and RH and calculated ET\textsubscript{O} using the same ASCE PM equation [34]. This interior weather station allowed us to evaluate the value of using the PM equation estimate water demand inside a controlled environment with the understanding these atmospheric inputs are not consistent with boundary layer equilibrium assumptions fundamental to the PM equation.

Beginning a week after transplanting, every three weeks for all studies we measured canopy average height, widest width, width perpendicular to the widest width of the lysimeter study plants, as well as the adjacent four border plants per replication. Multiplication of the two widths provided the two-dimensional PCA. When PCA was multiplied by the average height, i.e., widest width \times width perpendicular to the widest width \times height, canopy volume or growth index (GI) was estimated [35], which assumed a rectangular form for the three-dimensional canopy. For each study plant we collected total number of leaves that were then run through a LI-3100 Area Meter (LI-Cor, Lincoln, NE, USA) to derive total leaf area per plant. Plants were harvested by separating shoots and roots. Roots were washed to remove substrate and blotted with a paper towel. After recording shoot and root fresh weights, they were dried at 80 °C for 48 h, and dry weights measured. Plant water use efficiency was determined by total dry weight (g) divided by the volume of actual water used, i.e., the (ET\textsubscript{A}) of the plant [36].

2.3. Modelling of Plant Water Use

Study plant water use was calculated from measured ET\textsubscript{A}, ET\textsubscript{O}, and PCA. Briefly, canopy area and percent canopy closure (%CC) were determined based on container size and spacing, i.e., for each measurement, the %CC was calculated by adding half the PCA of each of the four border plants to the PCA of the lysimeter plant and dividing the sum by allocated bench space for each plant (929 cm\textsuperscript{2} in this study). Because plants were not respaced, canopies overlapped from plant growth over time. As such, overlapping sometimes resulted %CC greater than 100%. Using %CC, we calculated a PF that relates plant water use (corrected for %CC) to ET\textsubscript{O}, in this case greenhouse ET\textsubscript{O} (ET\textsubscript{O}\textsubscript{greenhouse}). A PF should be independent from container size and should have no need to apply Fourier curve transformations to account for changes in growth variation due to the season or ET\textsubscript{A}. For each lysimeter study plant, ET\textsubscript{A} (cm\textsuperscript{3}) was recorded for seven days and converted to a depth by dividing with its average PCA (cm\textsuperscript{2}). ET\textsubscript{A} (cm) was normalized by dividing with its corresponding ET\textsubscript{O} (cm) each day, and then averaged over the seven days to calculate a PF using the equation of \(\text{PF} = (ET\textsubscript{A} \div \text{PCA}) \div ET\textsubscript{O}\textsubscript{greenhouse}\) for each lysimeter plant at each of the measurement dates. Calculated PF values derived from four lysimeter replicates for each date were plotted against their corresponding %CC values. The plot was fitted to a three-parameter exponential decay curve using SigmaPlot (Version10; SPSS Inc., Chicago, IL, USA). An equation for the non-linear line was derived using a three-level inverse polynomial equation (Version10; SPSS Inc., Chicago, IL, USA).

3. Results

3.1. Reference Evapotranspiration

Outdoor ET\textsubscript{O} values from the FAWN weather station from December 2005 to February 2008 were up to 5.4 mm/day in April due to the more sunlight and May, then declined the rest of the period with the onset of clouds summer rains, and then shorter days, with a mean of 2.5 mm/day. The ET\textsubscript{O} in the shaded greenhouse was approximately 12% of that calculated from the outdoor FAWN during the
same period due to different environmental conditions. Evaporative coolers regulated RH, wind and air temperature within a narrower range than outdoors; yet applying the Penman–Monteith equation in a controlled greenhouse environment can be a useful proxy of plant water because useful solar radiation. In humid conditions like a greenhouse incoming solar radiation is the dominant driver of evapotranspiration even though in this study it was about 30% of full sun outdoors.

3.2. Plant Growth

Canopy widths and height of *D. bullata* during 431 days of growth increased polynomially (data not shown). Growth index also increased in a polynomial manner (Figure 1A). *D. bullata* produced 233 leaves with a total leaf area of 4562 cm$^2$ at the time of harvest. Shoot and root fresh weights were 162.7 and 13.0 g; and shoot and root dry weights were 33.1 and 4.5 g, respectively (Table 1).

![Figure 1](image_url)  
*Figure 1.* Growth indices (cm$^3$) of *Davallia bullata* (A) and *Nephrolepis exaltata* (B, crop 2) grown in 15 cm plastic containers from liners to marketable sizes. The equations are the best fit line (thin line).

**Table 1.** Plant growth parameters measured at harvest by species. They were harvested once their common commercial canopy sizes were attained$^4$.

| Plant            | Mean Leaf No. | Leaf Area(cm$^2$) | Shoot Fresh Weight (g) | Root Fresh Weight (g) | Shoot Dry Weight (g) | Root Dry Weight (g) | Water Use Efficiency (g/L)$^7$ |
|------------------|---------------|-------------------|------------------------|-----------------------|----------------------|---------------------|-----------------------------|
| *Davallia*       | 253.2 ± 2.45  | 4561.93 ± 45.62   | 162.7 ± 0.85           | 13.0 ± 0.15           | 33.1 ± 0.13          | 4.5 ± 0.03           | 2.9                         |
| *Nephrolepis-1* | 110.7 ± 3.24  | 7739.2 ± 85.26    | 119.6 ± 2.95           | 31.0 ± 2.36           | 18.8 ± 0.94          | 3.4 ± 0.25           | 2.4                         |
| *Nephrolepis-2* | 127.4 ± 2.87  | 10,344.3 ± 101.65 | 173.7 ± 4.25           | 47.2 ± 3.85           | 25.8 ± 1.75          | 4.8 ± 0.54           | 3.3                         |

$^4$ Values represent the means ± standard errors of four replications. $^7$ Water use efficiency = the ratio of total dry weight (g) divided by total amount of water used (L).

Canopy heights and widths of two crops of *N. exaltata* increased linearly over the respective production time (data not shown), but growth index increased in a polynomial fashion (Figure 1B, data for crop 1 were similar and not shown). At harvest, the mean numbers of leaves of crops 1 and 2 were 110.7 and 127.4, respectively. The corresponding total leaf areas were 7739.2 and 10,344.3 cm$^2$, shoot fresh weights were 119.6 and 173.7 g, and root fresh weights were 31.0 and 47.2 g. Shoot dry weights of crop 1 was 18.8 g and crop 2 was 25.8 g, and root dry weight were 3.4 and 4.8 g, respectively (Table 1).

3.3. Plant $\text{ET}_A$

Daily $\text{ET}_A$ of *D. bullata* ranged from 4.6 mL to 76.5 mL (Figure 2A) with an overall mean of 29.0 mL per day per plant. Initially, daily average $\text{ET}_A$ was about 20 mL, decreased to only 4.6 mL after a week of transplanting, and then remained in a range from 5.0 mL to 25 mL for about 100 days from November 2006 to early February 2007. As the weather became warmer, daily $\text{ET}_A$ increased to the highest (76.5 mL) in May 2007, sustained in an average of 40 mL till October, then declined from October to December 2007. There was a large fluctuation in daily $\text{ET}_A$ from January to early February
2008 until harvest. Mean cumulative ET$_A$ was 13.2 L over 431 days of production period spanning from 8 November 2006 to 4 February 2008.

![Figure 2](image-url)

**Figure 2.** Mean daily ET$_A$ of *Davallia bullata* (A) and *Nephrolepis exaltata* (B), this species was produced twice, (i.e., two crops) grown in 15 cm plastic containers during production from liners to marketable sizes. Each point is the mean of four plant replicates.

Daily ET$_A$ for crop 1 of the Boston fern produced from late December 2005 to early May 2006 varied from 8.9 to 241.2 mL with an average of 69.5 mL (Figure 2B). The mean cumulative ET$_A$ value was 9.4 L per plant over the duration of the entire production period. Average daily ET$_A$ was initially about 20 mL, fluctuated in February from lowest of 8.9 mL to 52.0 mL, and then increased thereafter as high as 241.2 mL in May 2006.

Crop 2 of *N. exaltata* was produced right after the harvest of crop 1 from 22 May 2006 to 25 September 2006. Daily ET$_A$ was initially about 40 mL, increased to 136.8 in July. A characteristic of the crop 2, was that the daily ET$_A$ values fluctuated highly from 5.7 mL to 58.0 mL in June and from 45.7 to 136.8 mL from July to August. The mean daily ET$_A$ of crop 2 was 74.0 mL. Interestingly, the mean cumulative ET$_A$ value was also 9.4 L per plant during the four-month growth period.

### 3.4. Data Analysis and Modeling

The %CC model was used for modelling PF [23]. The best fit models for *D. bullata* and *N. exaltata*, are presented in Table 2. The $r^2$ values were 0.80 for *D. bullata* and 0.86 for two crops of *N. exaltata*. While the %CC increased from 20% to 80%, the PF of *D. bullata* rapidly decreased and then slowly declined to below 1 (Figure 3A). For the crop of *N. exaltata*, the PF quickly decreased to 0.75 when the %CC reached 100%, and then slowly decreased around 0.5 (Figure 3B).

![Figure 3](image-url)

**Figure 3.** Inverse polynomial relationship between % Canopy Closure (%CC) and plant factor (PF) or the water need index (WNI) for *Davallia bullata* (A) and *Nephrolepis exaltata* (B). Data points are four plant replicates, and equation for the best fit line presents in Table 2.
Table 2. Best fit models for predicting daily ET$_A$ values for *D. bullata* and *N. exaltata* plants produced from liners to marketable sizes.

| Species            | Model Equation                     | $r^2$ |
|--------------------|------------------------------------|-------|
| *Davalia bullata*  | $PF = 0.699 - 0.470/%CC - 0.698/%CC^2 - 0.088/%CC^3$ | 0.801 |
| *Nephrolepis exaltata* | $PF = 0.365 + 0.135/%CC + 0.562/%CC^2 - 0.101/%CC^3$ | 0.860 |

4. Discussion

This study for the first time documented the daily ET$_A$ and cumulative ET$_A$ of two popular fern species. The Boston fern is a fast-growing plant with a large canopy, while the rabbit foot fern represents an epiphytic type of fern, which have thick and wax leaves with slow-growth style. Commercially, both are produced in a greenhouse with supplementary shading from tissue-cultured liners to marketable sizes. Daily ET$_A$ values of *N. exaltata* crop 1 varied from 8.9 to 241.2 mL during a 133-day production period and crop 2 differed from 5.7 mL to 136.8 mL during 123 days of production. Thus, one year can produce at least two crops of *N. exaltata*. The mean daily ET$_A$ values of crop 1 and 2 were 69.5 mL and 74.0 mL, respectively. Interestingly, the mean cumulative ET$_A$ for both crops was 9.4 L. Additionally, the two crops exhibited a similar water requirement pattern, i.e., initially low in water requirement and then gradually increased with plant growth regardless of seasonal variation (Figure 2B). This pattern is different from *D. bullata*, *Guzmania* and *Vriesea* [21], *Asplenium nidus* [20], and *Calathea* [22]. Due to the difference in production time, Boston fern crop 1 took an extra 10 days to reach marketable size with a water use efficiency of 2.4 g/L, lower than crop 2 (3.3 g/L). On the other hand, the daily water requirements of *D. bullata* ranged from 4.6 mL to 76.5 mL (Figure 2A) with a mean daily ET$_A$ of 29.0 mL, substantially lower than those of the Boston fern. The mean cumulative ET$_A$ of *D. bullata* was 13.17 L, which was higher than the Boston fern, attributable to prolonged production time (431 days). The water requirement of *D. bullata* largely followed the %CC and seasonal variation. Plants were transplanted on 8 November 2006, daily ET$_A$ values were low, and plant growth was slow (Figures 1A and 2A). Starting from early March, daily ET$_A$ started increasing, reaching the highest level in summer, and decreased from October 2007 (Figure 2A). The pattern of *D. bullata* in water requirement is similar to both *Guzmania* and *Vriesea* [21].

The differences in daily ET$_A$ and accumulated ET$_A$ between these two fern species raises a serious concern about irrigation management in commercial foliage plant production. It is common that several species are produced in a greenhouse where irrigation schedules are set the same [2]. Even in some specialized nurseries, i.e., producing one type of crop only, for example fern growers producing different fern species in the same greenhouse, irrigation time and volume are usually set based on the species with the greatest water demand. As a result, a slow growing species, such as the rabbit foot fern would be heavily overirrigated, and a large volume of irrigation water could be leached out of the containers. To further analyze this concern, we summarize mean daily ET$_A$ and cumulative ET$_A$ and some related information from our previous publications in Table 3 and hope to identify some commonalities among the studied foliage plant species. Plants requiring a prolonged production time, such as *Guzmania* (665 days) have a higher cumulative ET$_A$, but *Vriesea* requires much shorter production time (224 days) than *Guzmania*, *Vriesea* has a rather high cumulative ET$_A$. Neither dry weight accumulation nor total leaf area is particularly associated with the cumulative ET$_A$. The mean daily ET$_A$ values among the eight species range from 21.6 mL to 74.0 mL, cumulative ET$_A$ varies from 4.8 L to 16.7 L, and water use efficiency differs from 0.7 g/L to 3.3 g/L. No commonalities have been identified among the studied foliage plants. Thus, it is apparent that a plant’s requirement for water relies on the genetic makeup and physiological expression of a given species, and different species have different overall daily ET$_A$ and cumulative ET$_A$ values. This conclusion could also be true to other container plants. Yearly ET$_A$ of *Quercus virginiana*, *Chilopsis linearis*, and *Prosopis alba* grown in 3.8 L containers irrigated with a leaching fraction of 0.25 were 442.2, 781.3, and 540.4 L, respectively [37]. Cumulative ET$_A$ for producing *R. indica* was 38% less than that of *V. odoratissimum* when both were
grown in 11.4 L containers [29]. Average daily ETₐ of five bamboo species varied from 4 mm to 7 mm [38]. Thus, irrigating multiple plant species in a greenhouse or a production facility with the same volume and frequency could result in leaching and/or runoff of irrigation water and potentially non-point source pollution.

### Table 3. Summary of leaf area, dry weight, day of plant growth, mean daily ETₐ, cumulative ETₐ, and water use efficiency of eight foliage plant species produced from liners to marketable sizes in the same location.

| Species                  | Leaf Area (cm²) | Dry Weigh (g) | Day of Plant Growth | Mean Daily ETₐ (mL) | Cum. ETₐ (L) | Water Use Efficiency (g/L) |
|--------------------------|----------------|---------------|---------------------|---------------------|--------------|---------------------------|
| Asplenium nidus          | ND             | ND            | 294                 | 27.1                | 8.0          | ND                        |
| Chamaedorea elegans      | ND             | ND            | 280                 | 23.0                | 6.4          | ND                        |
| Calathea 'Silhouette'    | 852.0          | 4.2           | 224                 | 21.6                | 4.8          | 0.9                       |
| Stromathea sanguinea     | 2729.2         | 17.4          | 226                 | 29.5                | 6.8          | 2.6                       |
| Guzmania 'Irene'         | 4067.4         | 31.5          | 665                 | 25.1                | 16.7         | 1.9                       |
| Vriesea 'Carly'          | 1583.5         | 10.5          | 224                 | 69.3                | 15.5         | 0.7                       |
| Davallia bullata         | 4561.9         | 37.6          | 431                 | 29.0                | 13.2         | 2.9                       |
| Nephrolepis exaltata     | 7739.2         | 22.2          | 133                 | 69.5                | 9.4          | 2.4                       |
| Nephrolepis exaltata     | 10,344.3       | 30.6          | 123                 | 74.0                | 9.4          | 3.3                       |

The present study; ND = not determined, and Cum ETₐ = cumulative ETₐ.

In fact, conserving freshwater through improving irrigation efficiency has become increasingly urgent to container plant growers. Regulations or laws have been issued in several states including Florida in restriction of water consumption [39,40]. Relying on personal experience in scheduling irrigation will no longer be enough to meet current state regulations. Various irrigation methods have been adopted for improving irrigation, including time clock based, climate monitoring, soil or substrate monitoring, and phyto-sensing [8]. However, a consensus is that the best irrigation practice is to water plants based on their requirements [8,21,22,40]. Thus, daily ETₐ of each important species of container plants should be established. The canopy closure model probably represents an easy and convenient way of quantifying daily ETₐ of plants of interest. This method has been used to quantify daily ETₐ and cumulative ETₐ of Acer rubrum from liner to 8 m tall trees over 4.75 years [41], Ilex x ‘Nellie R. Stevens’ from liners to 4 m tall trees for 5.75 years [42], and Quercus virginiana to 7.2 m tall trees in five years [43] as well as this and previous studied container-grown greenhouse plants [20–22]. Thus, ETₐ values for the other container plants should also be able to quantify using this or other reliable methods. The availability of daily ETₐ and cumulative ETₐ would allow growers to group plants with similar ETₐ in the same greenhouse and irrigate them with the same volume and frequency, which should reduce leaching and runoff, minimize N and P loss, improve container plant quality, and also conserve fresh water resources.

### 5. Conclusions

This study established daily ETₐ, cumulative ETₐ, and PF or WNI for D. bullata and N. exaltata. Results suggest the two species markedly differ in mean daily ETₐ and cumulative ETₐ as well as production time. D. bullata is a slow-growing plant requiring prolonged production time and a low amount of daily water. However, N. exaltata is a fast-growing plant requiring short production time but a high volume of water. The differences lead to analyzing daily ETₐ and cumulative ETₐ of other studied foliage plant species, but no commonalities were identified in water requirements. Our results suggest daily ETₐ and cumulative ETₐ is species specific. Traditional irrigation practices based on container size or the same group of plants, not plants’ requirements, could be leading causes of overirrigation. As the best practice is to irrigate plants based on their need, daily ETₐ, cumulative ETₐ of major container plants should be established based on %CC and changes in water use with solar radiation over a production cycle, and irrigation methods based on daily ETₐ should be developed. Application of the developed irrigation practices based on daily ETₐ will transform conventional container plant production, while conserving freshwater and protecting the environment.
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