Structural Features and Rheological Properties of a Sulfated Xylogalactan-Rich Fraction Isolated from Tunisian Red Seaweed *Jania adhaerens*

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Abstract: A novel sulfated xylogalactan-rich fraction (JSP for J. adhaerens Sulfated Polysaccharide) was extracted from the red Tunisian seaweed *Jania adhaerens*. JSP was purified using an alcoholic precipitation process and characterized by Attenuated Total Reflectance-Fourier-transform infrared spectroscopy (ATR-FTIR), high-pressure size exclusion chromatography (HPSEC) with a multi-angle laser light scattering (MALLS), gas chromatography coupled to mass spectrometry (GC-MS) and nuclear magnetic resonance spectroscopy (NMR, 1D and 2D). JSP was then evaluated regarding its physicochemical and rheological properties. Results showed that JSP was mainly composed of an agar-like xylogalactan sharing the general characteristics of corallins. The structure of JSP was mainly composed of agar disaccharidic repeating units \((\rightarrow 3)\)-\(\beta\)-\(d\)-Galp-(1,4)-\(\alpha\)-\(l\)-Galp-(1\(\rightarrow\))\(n\) and \((\rightarrow 3)\)-\(\beta\)-\(d\)-Galp-(1,4)-3,6-\(\alpha\)-\(l\)-AnGalp-(1\(\rightarrow\))\(n\), mainly substituted on \(O\)-6 of \(1,3\)-\(\beta\)-\(d\)-Galp residues by \(\beta\)-xylosyl side chains, and less with sulfate or methoxy groups. \(1,4\)-\(\alpha\)-\(l\)-Galp residues were also substituted by methoxy and/or sulfate groups in the \(O\)-2 and \(O\)-3 positions. Mass-average and number-average molecular masses \((Mw)\) and \((Mn)\), intrinsic viscosity \(([\eta])\) and hydrodynamic radius \(R_h\) for JSP were, respectively, \(8.0 \times 10^5\) g/mol, \(1.0 \times 10^5\) g/mol, 76 mL/g and 16.8 nm, showing a flexible random coil conformation in solution. The critical overlap concentration \(C^*\) of JSP was evaluated at 7.5 g/L using the Williamson model. In the semi-diluted regime, JSP solutions displayed a shear-thinning behavior with a great viscoelasticity character influenced by temperature and monovalent salts. The flow characteristics of JSP were described by the Ostwald model.

Keywords: Corallinales; sulfated xylogalactan; *Jania adhaerens*; polysaccharide; rheology

1. Introduction

Water-soluble sulfated galactans are the main constituents of the non-fibrillar cell walls and intercellular matrix of most red algae (Rhodophyta) [1–3]. They show a linear backbone consisting of alternating \((1,4)\)-linked \(\alpha\)-Gal (and/or \(3,6\)-\(\alpha\)-AnGal) and \((1,3)\)-linked \(\beta\)-Gal units. The latter residue

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always belongs to the d-series, while the former (α-Gal) can occur as d-(carrageenans) or l-(agarans) series [4–7]. The main backbone can be substituted by pyruvic acid ketals, sulfate, O-glycosyl and/or methyl groups and also by side chains, giving rise to great structural changes along the galactan chain. These structural changes affect the physicochemical and rheological behaviors of these polymers. So far, it has been reported that sulfated galactans exhibit numerous biological properties, including antioxidant, anticoagulant, antinociceptive, immunomodulatory, anticancer, gastroprotective, anti-inflammatory, antithrombotic and antiproliferative [1,6–14]. Marine seaweed (Phaeophyceae and Rhodophyceae) cell wall polysaccharides also hold great promise as a raw material for feed, food, and biofuel production. Through metabolic engineering, seaweeds (micro- and macroalgae) are attracting growing attention as an alternative source of biofuel by converting the seaweed biomass and, in particular, the cell wall, which is rich in carbohydrates, into liquid biofuels [15].

Galactans are currently used as thickening, gelling, and stabilizing agents in food, cosmetic, and pharmaceutical fields [1,10–16]. However, sulfated galactans produced by Corallinales are less studied, probably because of their strong calcareous cover, which decreases the production yield [17]. Up until now, only six species that produce sulfated galactan from the Corallinales order (Joculator maximus, Corallina pilulifera, Corallina officinalis, Bossiella cretacea, Bossiella orbigniana, Jania rubens and Lithothamnion heterocladium) have been reported [2–4,18–20]. Their common structural feature is an agaran main chain in which (1,3)-β-d-Galp residues are almost completely substituted in O-6 positions, mainly by β-d-Xylp side chains, but also by some sulfate groups. α-l-Galp residues are also partially substituted by sulfate and methoxy groups in the O-2 position [4,19,20]. Some sulfate groups have also been reported on the O-3 position of the α-l-Galp units. Note that 3,6-AnGalp residues were previously reported in Jania rubens [3].

Jania adhaerens (J.V. Lamour) belongs to the Corallinales order and Corallinaceae algal family. This genus is widely present in the Mediterranean and Atlantic coasts and mostly found mixed with the brown alga Cystoseira crinita. To our knowledge, there is no data in the literature concerning some structural features and rheological properties of the polysaccharides extracted from J. adhaerens. Besides, this macroalga is not used for ethnomedicine or as food by local populations. Today, Tunisia mainly imports phycocolloids and does not promote the macroalgae industry to produce agaroids at a large scale. Regarding these drawbacks and the strong ethnobotanic (endemic species) but also economic (climatic conditions, market potential in North Africa, etc.) potential of this algae, this work aimed to identify the value of Jania adhaerens as a new feedstock for producing agaroids. This paper deals with the extraction, purification and structural characterization of a sulfated xylogalactan-rich fraction (JSP) using Fourier-transform infrared spectroscopy (FTIR), high-pressure size exclusion chromatography (HPSEC) with a multi-angle laser light scattering (MALLS), gas chromatography coupled to mass spectrometry (GC-MS) and nuclear magnetic resonance spectroscopy (NMR). The physicochemical properties and rheological behavior of JSP were also evaluated to better comprehend its potential use as a hydrocolloid.

2. Material and Methods

2.1. Marine Seaweed Collection and Processing

The red seaweed Jania adhaerens J.V. Lamour (Rhodophyta, Corallinales) was collected at a 1 m depth from Tabarka in northern Tunisia (36°57’04.3” N–8°44’30.4” E) in August 2018. Thalli of the seaweeds were cleaned with sea water then distilled water (avoiding contamination with epiphytes) and dried at 55 °C for 11 days. The dried seaweeds were crushed by mechanical blender (Moulinex, France) into a fine powder and finally sieved with a 0.3 mm mesh size. Prior to polysaccharide extraction, a depigmentation of the powder was performed with acetone and 96% ethanol overnight under gentle stirring (400 rpm) at room temperature. The depigmented powder was then dried at 50 °C for 24 h. All chemicals were purchased from Sigma-Aldrich and were of analytical grade.
2.2. Extraction and Purification of JSP

Fifty grams of the depigmented powder were submitted to alkaline extraction with 0.3 M NaOH solution (50 g/L) for 5 h at 90 °C (pH 9–9.5) under reflux and stirring (500 rpm) [16]. After filtrations through glass filters of porosity 2 (40–100 µm) and then 3 (16–40 µm) and centrifugation (12,000 g, 30 min, 20 °C), the supernatant was collected and then precipitated by three volumes of -20 °C cold ethanol (96%, 12 h) under gentle stirring (250 rpm) at 4 °C. The polysaccharide pellet was collected and solubilized in ultra-pure water (300 mL). The ethanolic precipitation and washing steps were repeated following the same procedure (five times) for removing salts (with control of conductimetry) and the polysaccharide was collected (pellet) after centrifugation (8000 g, 4 °C, 15 min). The final pellet was resolubilized in ultra-pure water and then freeze-dried at -55 °C for 48 h (Heto Power Dry PL600). The polysaccharide fraction was, finally, finely crushed and named JSP (Jania adhaerens sulfated xylogalactan-rich fraction).

2.3. Colorimetric Assays

Total carbohydrates were evaluated by the phenol-sulfuric acid method [21], using D-Gal as standard (Dubois method). Neutral and acid sugars were, respectively, quantified by the sulfuric resorcinol [22] and m-hydroxydiphenyl (MHDP) methods [23] using D-Gal and D-GlcA as standards and the correction method of Montreuil et al. [24]. The sulfation degree was evaluated by BaCl₂/gelatin turbidity as described by Dodgson and Price [25]. The content of 3,6-anhydrogalactose was quantified by the procedure of Yaphe andArsenault[26]using D-Fru as standard. Pyruvic acetal content was estimated after sample hydrolysis by reaction with 2,4-dinitrophenylhydrazone [27]. Protein concentrations were determined by the Bradford [28] method using bovine serum albumin (BSA) as reference. Total phenolic compounds content was quantified according to the method of Folin–Ciocalteu [29] using gallic acid as reference. The conversion of conductivity into NaCl content was done assuming that 2 mS/cm were equivalent to 1 g/L of NaCl. All the measurements were repeated three times.

2.4. Solvolytic Desulfation of Polysaccharide

JSP aqueous solution (20 g/L) was treated with Dowex cations exchange resin (Dowex Marathon C Sodium, H⁺ form) during 3 h, neutralized with pyridine (99.8%, pH 6.5–7) and concentrated by rotary evaporator (Rotavapor RII, BUCHI, Rungis Complexe, France). The solution (15–20 mL) was mixed three times with acetone (99.8%, 50 mL), concentrated again and then freeze-dried [30]. The resulting pyridinium salts were desulfated with DMSO/MeOH anhydrous mixture (30 min, 500 rpm) and then boiled at reflux for 3.5h at 100 °C. The solution was neutralized (1 M NaOH, pH 9–9.5), dialyzed (SnakeSkin Dialysis Tubing, 3.5 kDa MWCO, 35 mm I.D, 35 feet) and freeze-dried. The obtained fraction was named JDP (desulfated fraction of JSP).

2.5. ATR-FTIR Analysis

FTIR spectra of JSP and JDP were obtained using a VERTEX 70 FTIR instrument with ATR A225 diamante (Bruker, Palaiseau, France). Fifty scans were measured at room temperature (referenced against air) ranging from 400 to 4000 cm⁻¹ (4 cm⁻¹ resolution) and the infrared data were analyzed with OPUS 7.2 software.

2.6. Structural Features

2.6.1. Determination of the Monosaccharides Composition

Fifteen milligrams of JSP were hydrolyzed with TriFluoroacetic Acid (TFA) (1.5 mL, 90 min, 120 °C) and the hydrolysate was evaporated at 60 °C under nitrogen stream. The residual traces of acid were removed by adding 1 mL methanol (three times). Monosaccharides derivatization was carried out at room temperature for 2 h according to the protocols adapted from Pierre et al.
(2012, 2014) using N,O-bis(trimethylsilyl)trifluoroacetamide (BSTFA)/chlorotrimethylsilane (TMCS) (99:1) [31,32]. After evaporation (nitrogen flow), the trimethylsilyl-O-glycosides residues were then solubilized in dichloromethane (10 g/L). The standards (l-Rha, d-Rib, l-Ara, d-Xyl, d-Man, d-Gal, d-Glc, d-GlcA, d-GalA, d-GalN, d-GalN) were subsequently prepared following the same method. The monosaccharides composition was determined by GC/MS coupled to electronic impact (EI) on an Agilent 6890 Series GC System coupled to a 5973 Network Mass Selective Detector (Agilent Technologies, Les Ulis, France). One microliter (sample/standard) was injected on an OPTIMA-1MS (30 m, 0.32 mm, 0.25 µm) column with a helium total flow rate of 2.3 mL/min. The split ratio was set at 50:1 and the helium pressure at 8.8 psi. The temperature was made up at 100 °C for 3 min, then raised to 200 °C (8 °C/min) maintaining for 1 min continuing, with a final increment to 215 °C at 5 °C/min (runtime 19 min 50 s). The ionization was performed by electronic impact (EI, 70 eV) with the trap temperature programmed at 150 °C and the target ion was programmed at 40–800 m/z. The injector temperature was fixed at 250 °C.

2.6.2. Molecular Weight Analysis by HPSEC-MALLS

High-pressure size exclusion chromatography (HPSEC) equipped with three detectors on line: a multi-angle laser light scattering (MALLS) filled with a He-Ne laser at 690 nm and a K5 cell (50 µL) (HELEOSII Wyatt Technology Corp., Goleta, CA, USA), a differential refractive index (DRI) (RID10 A Shimadzu, Kyoto, Japan) as well as a viscosimeter (Viscotar II, Wyatt Technology Corp., USA) were used to estimate macromolecular magnitudes (Mw, Mn, PolyDispersity Index (PDI) = Mw/Mn, Rg, and [η]) of polysaccharides using a dn/dc of 0.15 mL/g. Columns (OHPAK SB-G guard column, OHPAK SB806 and 804 HQ columns (Shodex)) were eluted with 0.1 M LiNO3 at 0.7 mL/min. The solvent was filtered through 0.1 µm filter unit (Millipore), degassed and filtered using a 0.45 µm filter upstream column. JSP (2 g/L) was solubilized in 0.1 M LiNO3 solution for 24 h at room temperature under gentle stirring, filtered (0.45 µm) and then injected through a 500 µL full loop. All the data were analyzed using Astra 6.1 software package.

2.6.3. NMR Spectroscopy

JSP (sulfated) and JDP (desulfated) (60 g/L), previously exchanged with deuterium (3 times) by repeated solubilization (3 times) in D2O (D, 99.9%) and freeze-dried, were finally dissolved in D2O (40 g/L) prior to NMR analysis. Spectra were performed at 60 °C on a Bruker Avance 600 spectrometer (Bruker BioSpin MRI GmbH, Ettlingen, Germany) of 600 MHz equipped with a Broad Band Fluorine Observation (BBFO) probe. NMR experiments were operated with a spectral width of 3000 Hz with the following acquisition parameters: (i) for 1H experiments, recovery = 5 s (for a complete return after a 90° pulse), acquisition mode = 2 s, pulse 90° = 8 µsec; number of scans = 64; and (ii) for 13C experiments, number of scans = 16,384, acquisition mode = 0.34 s, recovery = 2 s, pulse = 7 µsec, accumulation for 11 h. 2D NMR spectra were applied using double-quantum filtered COrrelated SpectroscopY (1H-1H COSY) and nuclear Overhauser effect spectroscopy (NOESY).

2.7. Rheological Investigations

2.7.1. Samples Preparation

Solutions of JSP at different concentrations (from 0.25 to 2.0%, w/v) were prepared by solubilizing the samples in ultra-pure water or in 0.5 M NaCl and KCl solutions after gentle stirring (400 rpm) until full dissolution for 4–5 h at room temperature. Later, the solutions were then stored at 4 °C for 48 h to obtain a full water-swelling polymer (biopolymer hydration) and for removal of bubbles.

2.7.2. Rheological Measurements

Rheological measurements were done using a rheometer AR-2000 (TA Instrument, Great Britain, Ltd., New Castle, DE, USA) fitted with a 40 mm cone-plate geometry (54 microns gap) and equipped
with a Peltier heating system for accurate control. After loading, samples were held for 15 min before measurements to permit structure recovery and temperature equilibration. The solutions were then covered with a thin layer of hexadecane to prevent solvent evaporation during measurements [29,33,34]. The TA Instrument Rheology Advantage software (V5.7.0) was used to collect and analyze the rheological data. Rheological measurements were carried out in duplicate and the values of effectively overlapping traces were reported. Steady-shear flow properties for JSP solutions (from 0.25% to 2.0% (w/w)) were investigated at 25 °C over the range of shear rate (γ) from 0.001 to 1000 s⁻¹. Solutions of 1.0% and 2.0% (w/w) were used to evaluate the effect of salts and temperature. Viscosity data were expressed using the Williamson model (Equation (1)) and the flow curves modeling were achieved using the Ostwald–de Waele (power-law) equation (Equation (2)):

$$\eta = \frac{\eta_0}{(1 + (\lambda \gamma)^{(1-n)})},$$

$$\tau = k \gamma^n,$$

where \(\eta\) is the apparent viscosity (Pa.s), \(\eta_0\) is the zero shear viscosity (Pa.s), \(\tau (\eta \times \gamma)\) is the shear stress (Pa), \(\lambda\) is the transition time (s), \(\gamma\) is the shear rate (s⁻¹) and \(n\) is the flow index (dimensionless).

Oscillatory frequency sweep measurements of elastic modulus \(G'\) (storage modulus), viscous modulus \(G''\) (loss modulus) and loss tangent (\(\tan \delta = G''/G'\)) (damping factor) were carried out at 25 °C in a constant strain of 20% (or in linear viscoelastic range) over the set of angular frequency (\(\omega\)) ranging from 0.01 to 10 Hz (0.063–62.83 rad/s).

3. Results and Discussion

3.1. Extraction Yield and Biochemical Composition

The extraction yield and the overall biochemical composition of JSP are detailed in Table 1.

| Extraction Yield (% w/w) | Total Sugar (% w/w) | Neutral Sugar (% w/w) | Uronic Acid (% w/w) | Sulfate (% w/w) | Pyruvate (% w/w) | 3,6-AnGal (% w/w) | Proteins (% w/w) | [NaCl] eq. (%) | Conductimetry (µS/cm) |
|--------------------------|---------------------|-----------------------|---------------------|----------------|----------------|-------------------|----------------|---------------|---------------------|
| 4.55                     | 70.34 ± 0.08        | 63.26 ± 0.45          | 5.63 ± 0.37         | 10.82 ± 0.33   | 0.44 ± 0.03    | 18.15 ± 0.42      | 0.81 ± 0.04    | 1.64          | 31.65               |

The extraction yield of JSP was around 4.55% (w/w) and close to those obtained by Zeid et al. [35], Navarro et al. [2], Maciel et al. [36] and Chiivitti et al. [37] for the extraction of galactans from the red seaweeds *Pterocladiad capillacea* (6.46%), *L. heterocladium* (6.20%), *Gracilaria birdiae* (6.50%) and *Sarconema filiforme* (6.0%). This extraction yield was higher than those obtained from *J. rubens* (<1.4%), *C. officinalis* (0.3%) and *B. orbigniana* (0.25%) [3,18], but remained much lower than those obtained by Lajili et al. [38], Fenoradosoa et al. [16] and Chattopadhyay et al. [39] for the red algae *Laurencia obtusa* (12.80%), *Halymenia durvillei* (~15–18%) and *Grateloupia indica* (13.0%). Overall, the extraction yield of sulfated galactans from Corallinaceae is probably lower due to their strong calcareous covers.

JSP was mainly composed of carbohydrates (70.34%), principally neutral (63.26%), with minor amounts of uronic acids (5.63%), polyphenols (0.74%), proteins (0.81%) and pyruvates (0.44%). These results were in accordance with the literature concerning sulfated galactans extracted from red seaweeds species, such as *C. officinalis, J. rubens* and *H. durvillei* [16,18,40]. The presence of sulfate groups (10.82%) was in agreement with values reported for galactans isolated from *J. rubens, C. officinalis* and *B. orbigniana* (7–15%) [18]. As seen in Table 1, the proportion of 3,6-anhydrogalactose (3,6-AnGal) was close to 18.15%, confirming the great content of 3,6-AnGal residues obtained after an alkaline extraction [16]. Regarding the literature, this strong heterogeneity in extraction yields and global chemical compositions

**Table 1.** Global composition of JSP.
of sulfated galactans is largely dependent on the algal species, environmental factors and extraction procedures [16,38].

3.2. Structural Characterization of JSP

3.2.1. ATR-FTIR Spectroscopy

The FTIR footprints of JSP and JDP fractions were performed and are shown in Figure 1. The absorption bands at 3331 and 2927 cm$^{-1}$ were attributed, respectively, to OH-stretching and CH-asymmetric vibrations of polysaccharides [41,42]. The absorption signal around 1609 cm$^{-1}$ was ascribed to (–COO–) carboxylate groups, whereas those at 1417 cm$^{-1}$ suggested the presence of (C=O) ester carbonyl groups of acid residues, confirming the weak electrolytic character of JSP (5.63%) [41]. FTIR spectra showed characteristic bands (1236, 1073, 1023, 934 and 875 cm$^{-1}$) of agar-like polysaccharide (agarans structure) [1,37,38].

![Figure 1. FTIR spectra of JSP (original sulfated fraction, in blue) and JDP (desulfated fraction, in red).](image)

The absorption band observed at 1236 cm$^{-1}$ could be attributed to asymmetric O=S=O stretching vibration of sulfate ester [30,38,41]. The peaks near to 1073 and 1148 cm$^{-1}$ were assigned to C-O-C and C-O glycosidic band vibrations, which suggested the presence of carbohydrates. The strong absorption peak near 1023 cm$^{-1}$ corresponded to the stretching vibration of carbohydrates (pyranose ring of galactose units). The weak signal at around 935 cm$^{-1}$ could be assigned to the vibration C–O–C bridge in 3,6-α-L-AnGalp residues [43–45].

The absorption region between 950 and 750 cm$^{-1}$ was expanded to better determine the sulfate group position in agaran-type polysaccharides [11]. The characteristic region (agar-specific bands) between 855 and 830 cm$^{-1}$ could be attributed, respectively, to 3-O-sulfate and/or 2-O-sulfate groups present in α-L-Galp units [11], while the peaks at around 875 and 812 cm$^{-1}$ were ascribed to (6-O-SO$_3^-$) stretching of sulfate groups on β-O-Galp units and to the 3,6-AnGalp (2-O-SO$_3^-$) residues, respectively [1,46]. Regarding the literature, alkaline treatment increased the intensity of the signal at 935 cm$^{-1}$ (950–930 cm$^{-1}$) by conversion of (1,4)-linked α-L-Galp (6-O-SO$_3^-$) to 3,6-AnGalp [11,16].

JDP, which was obtained from JSP after desulfation (see Section 2.4.), showed a drop in intensities for the characteristic signals (region 800–1240 cm$^{-1}$) corresponding to sulfate groups. This desulfation step, with a yield of 46.35% (w/w), was also confirmed by colorimetric assays (2.08%).
3.2.2. Monosaccharide Composition

Monosaccharide composition of JSP was determined by GC/MS analysis after acidic hydrolysis. As shown in Table 2, JSP was mainly composed of galactose (62.35%), glucose (20.0%) and xylose (15.41%), but also small amounts of glucuronic acid (2.24%).

Table 2. Monosaccharides composition of JSP.

| Monosaccharides Composition (Molar %) | Gal | Xyl | Glc | GlcA |
|-------------------------------------|-----|-----|-----|-----|
|                                     | 62.35 | 15.41 | 20.00 | 2.24 |

Analyses were run in triplicate and the relative standard deviations are less than 5%.

Regarding the literature, galactose and xylose were the principal constitutive residues of polysaccharides extracted from red algae of the Corallinaceae order. Consequently, JSP could be a xylogalactan-rich fraction as already reported by Navarro and Stortz [3,18] for sulfated polysaccharides extracted from other corallinans, such as *J. rubens* and *C. officinalis*. JSP presented a ratio of Galp/Xylp equal to 4.05 (Table 2). These results were in agreement with previous studies done on xylogalactans isolated from *C. officinalis* (2.9–4.4), *J. rubens* (2.6–3.5) and *B. orbigniana* (2.9–4.4) [3]. The Galp/Xylp ratio found in this paper was considerably higher than those described for xylogalactans derived from *L. heterocladium* (1.5–3) [2] but lower than those recorded for sulfated galactans isolated from *Gracilaria caudata* xylogalactan-rich fraction as already reported by Navarro and Stortz [3,18] for sulfated polysaccharides and 4-linked-3,6-sulfate or methoxy group of the α residues by β 3-linked β this species [47]; (vi) a complex xylogalactan produced from *L. heterocladium* composed of alternating 3-linked β-d-Galp and 4-linked α-l-Galp highly substituted principally on the O-6 of the β-d-Galp residues by β-d-xylosyl side stubs, and less with methoxy or sulfate groups, and also on the O-2 by sulfate or methoxy group of the α-l-Galp or 3,6-α-l-AnGalp residues [2]; and finally (vii) a sulfated xylogalactan obtained from *Gracilaria caudata* composed of alternating residues of 3-linked-β-d-Galp and 4-linked-3,6-α-l-AnGalp highly substituted by methoxy groups and pyruvic acid acetal.

3.2.3. NMR Investigations

Several assignments were deduced by comparing the NMR results of JSP and JDP with the 1H/13C NMR spectra of (i) a sulfated xylogalactan from *C. officinalis* showing an alternating (→4)-α-l-Galp-(1,3)-β-d-Galp-(1→ backbone devoid of 3,6-AnGalp, in which the C-6 of the β-n-Galp units is substituted almost completely, mainly by β-n-Xylp and also by sulfate groups, while the C-2 of α-l-Galp moieties was partially substituted by sulfate and methoxy groups and the C-3 of the same unit also carries some sulfate groups [20]; (ii) a sulfated galactan extracted from *J. maximus* having a repeating backbone of (→3)-β-d-Galp-(1,4)-α-l-Galp-(1→, highly branched on the O-2 and O-3 of α-(1,4)-l-Galp by short side chains and on the O-6 of β-(1,3)-d-Galp by terminal residues of β-d-Xylp [4]; (iii) a sulfated xylogalactan produced from *J. rubens* with a main backbone consisting of an agaran disaccharide repeating unit [(→4)-α-l-Galp-(1,3)-β-d-Galp-(1→] substituted mainly on the O-6 of the β-d-Galp unit by β-d-Xylp side stubs, and less with sulfate or methoxy groups, and also on O-2 and/or the O-3 of the α-l-Galp (or 3,6-α-l-AnGalp) residues with methoxy and/or sulfate groups [3]; (iv) a sulfated xylogalactan isolated from *C. pilulifera* composed of alternating 3-linked β-d-Galp and 4-linked α-l-Galp bearing single β-d-Xylp substituents in the O-6 position of β-d-Galp residues, whereas sulfate and methoxy groups occupy the O-2 and O-3 positions of α-l-Galp and O-6 of β-d-Galp units [19]; (v) a xylogalactan extracted from *B. cretacea* with a similar main chain consisting of (→4)-α-l-Galp-(1,3)-β-d-Galp-(1→ partially sulfated on the O-6 of β-(1,3)-d-Galp, a feature unique to this species [47]; (vi) a complex xylogalactan produced from *L. heterocladium* composed of alternating 3-linked β-d-Galp and 4-linked α-l-Galp highly substituted principally on the O-6 of the β-d-Galp residues by β-d-xylosyl side stubs, and less with methoxy or sulfate groups, and also on the O-2 by sulfate or methoxy group of the α-l-Galp or 3,6-α-l-AnGalp residues [2]; and finally (vii) a sulfated xylogalactan obtained from *Gracilaria caudata* composed of alternating residues of 3-linked-β-d-Galp and 4-linked-3,6-α-l-AnGalp highly substituted by methoxy groups and pyruvic acid acetal.
The $^1$H- and $^{13}$C-NMR assignments of JSP and JDP spectra are given in Figures 2 and 3. The spectra showed a high degree of multiplicity, suggesting a great diversity in the $\alpha$-L-Galp and $\beta$-D-Galp backbone, which seems similar to those already published for other corallinans [2-4,20,47]. Signals related to the anomeric regions are located in the range $\delta$ 4.2–5.6 ppm for $^1$H-NMR and $\delta$ 100–110 ppm for $^{13}$C-NMR [2,3,19]. The signals at $\delta$ 103.8/4.41 and correlation of $\delta$ 4.70/3.60 in the COSY were assigned to the →3)-β-D-Galp-(1,4)-α-L-Galp-(1→ substituted units (Figure 4), while the signals at $\delta$ 102.8/4.70 in $^{13}$C- and $^1$H-NMR, respectively, were attributed to the anomeric carbon and proton of →3)-β-D-Galp-(1,4)-3,6-α-L-AnGalp-(1→ residues, confirming the main backbone structure of JSP [3,48].

Figure 2. $^1$H-NMR spectra of (A) JSP and (B) JDP fractions. The analyses were recorded at 60 °C for samples in D$_2$O solution (40 g/L).
Figure 3. $^{13}$C-NMR spectra at 300 MHz of (A) JSP and (B) JDP fractions. The analyses were recorded at 40 g/L in D$_2$O solution at 60 °C.

The signals at $\delta$ 101.09/5.07 ppm and correlation of $\delta$ 5.07/3.34 (H-1/H-2) in the COSY spectrum (Figure 4) were assigned to the anomeric proton of $\alpha$-(1,4)-L-Galp residues substituted at the O-3, mainly by sulfate groups and rarely with methoxy groups [48]. This assignment (at $\delta$ 101.09/5.07 ppm) was already made to the 3-O-methyl-$\alpha$-L-Galp unit [3], but, in this case, a sulfate group appeared to be present at this position compared to the JDP spectrum. Two signals at $\delta$ 5.42 ppm (Figure 2A) and 99.10 ppm (Figure 3A) could be assigned to the $\alpha$-Glc residues in the floridean starch. These assignments were supported by other reports [2,3] and were in accordance with the monosaccharides composition (see Section 3.2.2.). The resonances at $\delta$ 97.7/5.34 and 98.7/5.18 ppm were mainly affected by 3,6-An-$\alpha$-L-Galp (2-O-SO$_3^-$) and 3,6-An-$\alpha$-L-Galp (2-O-methyl ether), while the signals at $\delta$ 98.9/5.49 ppm were assigned to the H-1 of 2-O-methyl-$\alpha$-L-Galp residues [3,19]. The $\alpha$-L-Galp and 3-Me-$\alpha$-L-Galp residues were identified at $\delta$ 5.24 ppm and $\delta$ 101.5 ppm and the signals at around $\delta$ 100.22/5.56 ppm were ascribed to the $\alpha$-(1,4)-linked L-Galp (2-O-SO$_3^-$) residues [19]. It was possible to assign the $^{13}$C- and $^1$H-NMR chemical shifts, corresponding to the $\beta$-d-xylosyl units, as $\delta$ 104.3/4.49
(C-1/H-1), 76.07/3.24 (C-2/H-2), 73.47/3.53 (C-3/H-3), 70.86/3.64 (C-4/H-4), 65.56/3.34 (C-5/H-5) and δ 3.89 (H-5') ppm [3,19]. The 1H-1H correlations of δ 5.07/3.38 could be attributed to the H-1/H-6 of β-(1,3)-6-Me-D-Galp units linked to α-(1,4)-L-Galp-(1→ in the NOESY spectrum (Figure 5) [19,48]. Overall, all other attributes were consistent with the 1H-1H COSY and NOESY spectra obtained for the JSP fraction (Figure 5). To conclude, these analyses showed that JSP presents a new and complex polysaccharide structure compared to other xylogalactans of corallinans reported in the literature. Further analyses are needed (enzymatic hydrolysis, etc.) to better apprehend the full structure of JSP.

Figure 4. 2D 1H-1H COSY NMR correlation spectra of the JSP fraction. The analyses were recorded at 40 g/L in D2O solution at 60 °C.

Figure 5. 2D 1H-1H NOESY NMR correlation spectra of JSP fraction. The analyses were recorded at 40 g/L in D2O solution at 60 °C.
3.3. Physicochemical Properties of JSP

3.3.1. Macromolecular Characteristics of JSP

As illustrated in Table 3, JSP had a mass-average molecular mass ($M_w$) of $8.0 \times 10^5$ g/mol and a number-average molecular mass ($M_n$) of $1 \times 10^5$ g/mol.

| $M_w$ a (g/mol) | $M_n$ b (g/mol) | PDI c | $R_h$ d (nm) | [$\eta$] e (mL/g) |
|---------------|----------------|------|-------------|----------------|
| $8.0 \times 10^5$ | $1 \times 10^5$ | 8.0  | 16.8        | 76             |

a $M_w$: Weight average molecular weight was measured by SEC-MALLS-DRI, b $M_n$: Number average molecular weight estimated by SEC-MALLS-DRI, c PDI: Polydispersity index $M_w/M_n$, d $R_h$: Hydrodynamic radius was calculated by SEC-MALLS-DRI, e [$\eta$] Intrinsic viscosity was measured by SEC Visco-DRI. Analyses were run in triplicate and the relative standard deviations are less than 5%.

The SEC chromatograms of JSP showed various peaks (DRI and LS), suggesting the presence of various molecular masses and a significant degree of dispersion (data not shown). The PDI value showed JSP heterogeneity and could be due to the presence of floridean starch ($\alpha$-Glc) contamination and other larger molecular weight xylogalactans [49,50]. This last statement is consistent with the literature concerning sulfated galactans from Botryocladia occidentalis [51] and Gracilaria cornea [52] red seaweeds. High $M_w$ have been described for other sulfated polysaccharides isolated from red seaweeds having values larger than $1 \times 10^5$ g/mol [1,53,54]. The $M_w$ value of JSP remained lower than those reported for sulfated xylogalactans extracted from calcareous red algae of the family Corallinaceae, such as C. officinalis, B. orbigniana and J. rubens [3,14]. The presence of short chains in the JSP structure could also decrease the $M_n$ value and consequently increase the polydispersity [55,56]. Note that further purification steps could be done in the future to eliminate the Glc-storage contamination and enhance the structural characterization of this xylogalactan.

Polymer intrinsic viscosity ([$\eta$]) mL/g indicates the capacity of polymers to enhance the viscosity of fluids, dependent on their physicochemical properties, such as structural conformation, type and degree of branching units, $M_w$, and solvent property [33,49]. The [$\eta$] of 76 mL/g and the hydrodynamic radius $R_h$ of 16.8 nm obtained for JSP suggest a flexible random coil conformation with a value of Mark–Houwink–Sakurada exponent $\alpha$ ranging between 0.5 and 0.8. [33,49,56]. Finally, the theoretical critical concentration $C^*$ of JSP, which can be obtained by $ks/[$$\eta$] (with $ks = 0.5$ to 1 for coil polysaccharides in water) could range from 6.5 to 13.1 g/L.

3.3.2. Rheological Behavior of JSP

The steady-shear flow curves for the JSP aqueous solutions at different concentrations from 0.25% to 2.0% ($\omega$) at 25 °C are presented in Figure 6. JSP solutions in water exhibited shear-thinning behavior since the apparent viscosity ($\eta$, Pa. s$^{-1}$) decreased with the increasing shear rate ($\dot{\gamma}$, s$^{-1}$). As illustrated in Figure 6, increasing JSP concentrations from 0.25% to 2.0% ($\omega$) led to an increase in the apparent viscosity of the aqueous solutions, suggesting that polymer chains adopted a more intertwined network. This flow property was in agreement with previous results obtained for other sulfated galactans extracted from G. birdiae and H. durvillei since the authors described a pseudoplastic behavior for two sulfated galactans, considering the same range of concentrations [12,16].

The Ostwald–de Waele model was used to fit the rheological data of the JSP solutions at different concentrations ranging from 0.25% to 2.0% ($\omega$) at 25 °C over the shear rate from 0.001 to 1000 s$^{-1}$ (Table 4). Note that the flow behavior index ($n$) takes the value $n < 1$ for fluid exhibiting pseudoplastic or shear-thinning behavior, $n = 1$ for Newtonian liquid and $n > 1$ for swelling plastic or shear-thickening fluid [57]. As seen in Table 4, the values of the flow behavior index for solutions of JSP in water were lower than 1, confirming the property of a shear-thinning (pseudoplastic) fluid.
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Figure 6. Flow behavior of JSP aqueous solutions at different concentrations ranging from 0.25% to 2.0% (w/v) at 25 °C.

Table 4. Consistency and flow behavior index of JSP solutions in water and monovalent salts.

| JSP (%, w/v) | NaCl (mol/L) | KCl (mol/L) | n      | k (Pa.s^n) | R²   |
|--------------|--------------|--------------|--------|-----------|------|
| 0.0          | 0.0          | 0.0          | 0.54 ± 0.014 | 0.030 ± 0.002 | 0.99 |
| 0.25         | 0.5          | 0.0          | 0.58 ± 0.020 | 0.028 ± 0.006 | 0.98 |
| 0.0          | 0.5          | 0.0          | 0.60 ± 0.018 | 0.022 ± 0.005 | 0.98 |
| 0.50         | 0.0          | 0.5          | 0.50 ± 0.007 | 0.060 ± 0.007 | 0.99 |
| 0.0          | 0.5          | 0.0          | 0.58 ± 0.024 | 0.055 ± 0.003 | 0.97 |
| 0.0          | 0.0          | 0.5          | 0.55 ± 0.030 | 0.058 ± 0.001 | 0.97 |
| 0.0          | 0.0          | 0.0          | 0.48 ± 0.004 | 0.174 ± 0.001 | 0.99 |
| 0.0          | 0.0          | 0.0          | 0.54 ± 0.020 | 0.168 ± 0.016 | 0.99 |
| 0.75         | 0.5          | 0.0          | 0.54 ± 0.024 | 0.167 ± 0.014 | 0.98 |
| 1.0          | 0.5          | 0.0          | 0.49 ± 0.008 | 0.24 ± 0.018  | 0.99 |
| 1.50         | 0.0          | 0.5          | 0.44 ± 0.011 | 0.26 ± 0.012  | 1.0  |
| 2.0          | 0.5          | 0.0          | 0.47 ± 0.026 | 0.55 ± 0.024  | 0.97 |
| 2.0          | 0.0          | 0.5          | 0.45 ± 0.030 | 0.57 ± 0.035  | 0.99 |
|              | 0.0          | 0.0          | 0.40 ± 0.018 | 1.30 ± 0.012  | 1.0  |
|              | 0.5          | 0.0          | 0.42 ± 0.025 | 1.25 ± 0.042  | 0.98 |
|              | 0.0          | 0.5          | 0.43 ± 0.021 | 1.22 ± 0.034  | 0.98 |

The effects of temperature and salts (NaCl and KCl) on the flow properties of JSP solutions (1.0–2.0%, w/v) are illustrated in Figure 7. The η was found to decrease with the increase in temperatures (Figure 7B) and when adding salts (Figure 7A).

The increase in heat was able to increase the energy dissipation of polysaccharide molecules, which resulted in a breakdown of the weak energy bonds (hydrogen and electrostatic bonds), a decrease in the intermolecular interactions and, consequently, the drop of the flow polymer activation energy (Eₐ) [34,57]. In monovalent salts NaCl or KCl solutions (0.5 mol/L), intermolecular electrostatic repulsions as well as the number and/or complexity of junction zones between JSP molecules decreased, showing that JSP adopted a more compact conformation because of its weak polyelectrolyte character (low uronic acids content) [16,33,34]. As shown in Table 4, the values of n increased in NaCl and KCl solutions (0.5 mol/L), by increasing the temperature (from 20 °C to 60 °C) or decreasing the polymer concentration (from 0.25% to 2.0% (w/v)). The consistency index k (Pa.s^n) increased with concentration
independently of the nature of the solution. The $k$ values decreased with adding salts and increasing temperatures [34,57].

![Figure 7](image_url)

**Figure 7.** Effect of (A) NaCl and KCl (0.5 M) solutions at 25 °C and (B) temperature on apparent viscosity of JSP solutions (1.0%–2.0% (w/v)).

The frequency dependence of $G'$ (storage modulus) and $G''$ (loss modulus) of JSP (1.0% and 2.0%, (w/v)) at 25 °C is described in Figure 8. Typical gel-like behavior was observed since $G'$ was higher than $G''$, ranging from 0.063 to 62.83 rad/s.

The gap increased between $G'$ and $G''$ for JSP concentrations (1.0% and 2.0%, (w/v)) and increasing frequencies (0.063–62.83 rad/s) showed a significant viscoelasticity of JSP [33,34,58]. The dynamic mechanical loss tangent, also named damping factor ($\tan \delta = G''/G'$), is a characteristic parameter for the assessment of viscoelastic behavior [51,52]. The values of $\tan \delta$ were less than 1 and confirmed the elastic behavior of JSP solutions in water. These values slightly dropped with increasing frequencies (from 0.063 to 62.83 rad/s) and the polymer energy was dissipated by an elastic flow [34,58].

The critical overlap concentration $C^*$ (g/L or %) was evaluated by plotting the specific viscosity ($\eta_{sp}$, (Pa.s)) vs. JSP concentrations from 0.25% to 2.0% (w/v) in water (Figure 9). Figure 9 shows that the specific viscosity increased with increasing polysaccharide concentrations (from 1% to 2.0%, w/v) and the change in slope between the two linear segments helped estimate $C^*$ [33,34,59,60].

The $C^*$ of JSP at 25 °C in water was calculated at around 7.5 g/L and the slopes of the linear segments below and above the $C^*$ were, respectively, 2.5 and 4.5. This practical value of $C^*$ was consistent with the theoretical one estimated in Section 3.2.1 (6.5 to 13.1) and the $k_s$ value was around 0.57.
Figure 8. Storage modulus ($G'$) and loss modulus ($G''$) vs. angular frequency (rad/s) for JSP aqueous solutions for different concentrations (1.0–2.0%, $w/v$) at 25 °C in water.

Figure 9. Critical overlap ($C^*$) concentration obtained from the log-log plot of the specific viscosity ($\eta_{sp}$) vs. the concentration of JSP in water at 25 °C.

4. Conclusions

The main goals of this paper were to determine the structural features and evaluate the rheological properties of a sulfated xylogalactan-enriched fraction extracted from the Tunisian red seaweed *J. adhaerens*. The structural analyses revealed that JSP ($M_w = 8.0 \times 10^5$ Da) was mainly composed of an agar-like xylogalactan with a repeating backbone of $(\rightarrow 3)$-$\beta$-$d$-Galp-$\alpha$-$1$-$L$-Galp-$\beta$-$6$ of the $\alpha$-$1$-$L$-Galp with methoxy and/or sulfate groups. The rheological investigations showed that JSP solutions exhibited a shear-thinning behavior and a great viscoelastic character with a critical overlap concentration ($C^*$) close to 7.5 g/L. JSP physicochemical properties are at least as good as other polysaccharides from red marine seaweeds currently used for their functional properties as hydrocolloids. *J. adhaerens* could be a new feedstock for agaroids in Tunisia even if it seems hard to penetrate the international market of phycocolloids given other main macroalgae producers. Finally, these findings would help the development of novel bioactive polysaccharides for niche markets.
Author Contributions: F.H. prepared and carried out all the experiments and also wrote the manuscript. C.D., C.G. and G.P. helped perform the extraction, FTIR and GC/MS experiments. J.D., D.L.C. and C.R. carried out the NMR and SEC/MALLS experiments respectively. G.P., P.M. and S.A. conceived and coordinated the work. G.P. revised all the manuscript. All authors have read and agreed to the published version of the manuscript.

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