Overlap distributions for quantum quenches in the anisotropic Heisenberg chain

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Abstract. The dynamics after a quantum quench is determined by the weights of the initial state in the eigenspectrum of the final Hamiltonian, i.e. by the distribution of overlaps in the energy spectrum. We present an analysis of such overlap distributions for quenches of the anisotropy parameter in the one-dimensional anisotropic spin-1/2 Heisenberg model (XXZ chain). We provide an overview of the form of the overlap distribution for quenches from various initial anisotropies to various final ones, using numerical exact diagonalization. We show that if the system is prepared in the antiferromagnetic Néel state (infinite anisotropy) and released into a non-interacting setup (zero anisotropy, XX point) only a small fraction of the final eigenstates gives contributions to the post-quench dynamics, and that these eigenstates have identical overlap magnitudes. We derive expressions for the overlaps, and present the selection rules that determine the final eigenstates having nonzero overlap. We use these results to derive concise expressions for time-dependent quantities (Loschmidt echo, longitudinal and transverse correlators) after the quench. We use perturbative analyses to understand the overlap distribution for quenches from infinite to small nonzero anisotropies, and for quenches from large to zero anisotropy.

Keywords: spin chains, ladders and planes (theory), exact results
I. Introduction and motivation

The past decade has witnessed a tremendous resurgence of interest in the physics of quantum many-body systems out of equilibrium [1–3]. This growth has been partly motivated by remarkable developments in experiments, especially in experiments on cold atoms, which made the explicit observation of time evolution of many-body quantum systems possible [4–14]. In addition to the experimental motivation, fundamental conceptual issues, such as thermalization in isolated systems and the nature of adiabaticity, have also played a strong role in driving the development of this field. A central paradigm in the study of non-equilibrium physics is the quantum quench. A quantum quench involves a protocol starting from the ground state (or a thermal
state or another eigenstate) of an ‘initial’ Hamiltonian \( H_i \), and then rapidly changing the Hamiltonian so that nontrivial time evolution occurs under a different (‘final’) Hamiltonian \( H_f \). Many aspects of the dynamics induced by quantum quenches have been considered in recent years; the literature is rapidly growing and already too vast to review here.

A quantum quench can lead to nontrivial dynamics as the initial state generally has overlap with many eigenstates of the final Hamiltonian. If \( \langle n \rangle \) and \( E_n \) are the eigenstates and eigenvalues of the final Hamiltonian, i.e. \( H_f \langle n \rangle = E_n \langle n \rangle \), an initial state \( |\Psi_0\rangle \) will lead to the following time dependence of the system wavefunction:

\[
|\Psi(t)\rangle = e^{-iH_f t}|\Psi_0\rangle = e^{-iH_f t} \sum_n c_n |n\rangle = \sum_n e^{-iE_n t} c_n |n\rangle \quad \text{with} \quad c_n = \langle n | \Psi_0 \rangle . \tag{1}
\]

If a large number of final eigenstates have non-negligible overlap \( |c_n| \), this sum can lead to highly nontrivial time dependence. Clearly, both the overlaps \( |c_n| \) as a function of energy \( E_n \) are important in determining the subsequent dynamics. The object of study of the present paper is the distribution of overlaps, i.e. the overlap magnitudes \( |c_n| \) as a function of energy \( E_n \). We will refer to this as the ‘overlap distribution’. Note that, if the squares \( |c_n|^2 \) were considered, this could be regarded as a discrete probability distribution, as \( \sum_n |c_n|^2 = 1 \) and the squares \( |c_n|^2 \) represent probabilities. Since \( |c_n| \) and \( |c_n|^2 \) provide equivalent information, we will focus on \( |c_n| \). Also note that the distribution of phases of \( c_n \) may provide useful information but are not individually well-defined, since the phases of individual eigenstates \( |n\rangle \) can be chosen arbitrarily.

This work presents an investigation of the features of the overlap distribution for various quenches in a particular system. In this introductory section, we provide motivation for the study of the overlap distribution, by reviewing its connections to topics that have attracted widespread attention in recent years.

The overlap distribution is closely related to the statistics of the work performed in a quench, which is characterized by the so-called work distribution \([15–18]\):

\[
p(w) = 2\pi \sum_n |c_n|^2 \delta(w - (E_n - E_i)) , \tag{2}
\]

where \( E_i \) is the initial energy. The work distribution is thus simply a continuous version of the distribution of squared overlaps, with the zero of the energy shifted by \( E_i \). The work statistics in non-equilibrium processes in various quantum many-body systems is a topic of much recent interest \([18–37]\). Another quantity of wide current interest, closely related to the overlap distribution and work distribution, is the return probability,

\[
\mathcal{L}(t) = |\langle \Psi_0 | e^{-iH_f t} |\Psi_0 \rangle|^2 = |\langle \Psi_0 | e^{iH_i t} e^{-iH_f t} |\Psi_0 \rangle|^2 . \tag{3}
\]

This is a special case of the Loschmidt echo where the reverse time evolution occurs under the Hamiltonian \( H_i \), for which the initial state \( |\Psi_0\rangle \) is an eigenstate. Following common practice, we will refer to this quantity simply as the Loschmidt echo. The behavior of the Loschmidt echo after a quantum quench has been studied in a large body of recent literature, see, e.g. \([18, 22, 25, 34, 38–76]\). In particular, the Loschmidt echo is central to the study of so-called dynamical phase transitions \([67–76]\). By expanding \( |\Psi_0\rangle \) in terms of the eigenstates \( |n\rangle \) of the final Hamiltonian \( H_f \), we find
的知识重叠分布，即 $|c_n|^2$ 的和对应的 $E_n$，从而直接导致洛施密特回声。例如，分布的能宽决定了 $L(t)$ 初始二次衰减的系数，例如通过方程 \((3)\) 中在 $t$ 中对 $e^{-iHt}$ 展开到第二阶 \([46, 48]\)。

在一次扰动后，一个一般可测的算符 $O$ 有以下时间演化:

$$
\langle O(t) \rangle = \langle \Psi(t)|O\Psi(t) \rangle = \langle \Psi_0|e^{iHt}Oe^{-iHt}|\Psi_0 \rangle
= \sum_{m, n} c^*_m c_n e^{-i(E_n - E_m)t} \langle ml|O|nl \rangle \quad \lim_{t \to \infty} \sum_{n} |c_n|^2 \langle ml|O|nl \rangle.
$$

(5)

长期行为的这种期望值，$\lim_{t \to \infty} \langle O(t) \rangle$，对于孤立量子系统热化是否在某种意义上是具有根本意义的。如前所述，这一长期限制仅由重叠幅度和对角矩阵元素决定。这通常被称为 ‘对角集’ 价值的长期限制 \([77]\)。其热化假设（ETH），是期望对非整数系统成立的，断言对角矩阵元素 $\langle n|O|n \rangle$ 是能量的平滑函数，对于足够大的系统 \([77–81]\)。热化问题可以将问题缩小到重叠分布的能量宽度问题。最近的工作（如 ‘扰动作用’ 方法 \([82–88]\) 以及基于联系簇展 \([89, 90]\)）已经将长期采取表达式的长期期望值直接在热力学极限中计算，避免在有限大小系统中计算重叠的明确计算。方程 \((5)\) 中的对角集形式对于有限大小系统中的重叠分布的数学计算将扮演一个重要的角色在长期状态值的表达式中，特别是在比较极限过程（大小和时间的极限）中。我们还注意到重叠的 $c_n$ 不仅在长期时限制，也在任意时间表达式（\(\langle O(t) \rangle\)）中起作用，尽管在这一领域这些重叠的 $c_n$ 是重要的。

从讨论中可以清楚地看出，重叠分布的长期行为在许多方面的扰动动力学中占有中心地位。数值数据上的重叠分布出现在许多不同的非平衡研究中，例如在 \([41–47]\) 中，其中的重叠分布被称为 ‘局部密度状态’，在 \([77, 91–96]\) 中的扰动回声，以及在 \([20]\) 中对于中间时间行为的关联。在 \([97]\) 中对于一个螺旋初始态。然而已经存在，相对较少系统的实验的系综重叠分布。目前的工作是解决这一空白领域的重要一步。

我们提供一个详细的研究重叠分布的一个已知模型系统，即一维各向异性自旋-1/2 赫兹模型（XXZ 链）在零磁化。我们考虑扰动参数 $\Delta$，见方程 \((6)\)，和提供一个概述重叠分布从各种初始 $\Delta_i$ 值到各种最终 $\Delta_f$ 值的扰动，使用全数单位化计算。对于特殊情况 $\Delta_i = \infty$ 和 $\Delta_f = 0$，即由 Néel 态的
to the so-called XX point, we present a full analytical study of the overlap distribution. The XX point is mappable to a chain of free fermions, which allows this detailed analysis. We find that all nonzero overlaps are exactly equal and derive expressions for them, using the Slater determinant structure of the XX eigenfunctions, as well as using the Bethe ansatz. We derive the selection rules determining the eigenstates that have nonzero overlaps for this quench, both in the language of fermionic momenta and using the language of Bethe roots. We show how these results on the overlap distribution can be used to derive explicit expressions for the Loschmidt echo $L(t)$ and for equal-time correlators after the quench. For quenches ending at small but nonzero anisotropy, $\Delta_f \ll 1$, a splitting structure appears in the overlap distribution; we analyze the main features of this structure using perturbation theory. Similarly, for quenches to the XX point starting from large but finite initial value $\Delta_i \gg 1$, a perturbative expansion in $1/\Delta_i$ explains the structure of the overlap distribution.

After introducing the model and some notation in section II, we provide our numerical overview of overlap distributions in quenches from various $\Delta_i$ to various $\Delta_f$ in section III. Section IV is devoted to a detailed analysis of the $\Delta_i = \infty \to \Delta_f = 0$ case. We also use the results for the overlap distribution to derive analytical expressions for time-dependent quantities, in particular, for the Loschmidt echo and for longitudinal and transverse two-point correlators. Section V outlines a perturbative treatment of the $\Delta_i = \infty \to \Delta_f \ll 1$ case (perturbation in $\Delta_i$), while section VI describes a perturbative treatment of the $\Delta_i \gg 1 \to \Delta_f = 0$ case (perturbation in $1/\Delta_i$).

2. The model

This work focuses on the one-dimensional anisotropic spin-1/2 Heisenberg model (XXZ chain) with nearest-neighbor interactions. The Hamiltonian is given by

$$H = \sum_{j=1}^{L} (S_j^x S_{j+1}^x + S_j^y S_{j+1}^y + \Delta S_j^z S_{j+1}^z) = \frac{1}{2} \sum_{j=1}^{L} (S_j^+ S_{j+1}^- + S_j^- S_{j+1}^+)$$

$$+ \Delta \sum_{j=1}^{L} S_j^z S_{j+1}^z = H_{xx} + \Delta H_z,$$

where $S_j^\alpha = \sigma_j^\alpha/2$, $\alpha = x, y, z$, with $\sigma_j^\alpha$ being the usual Pauli matrices, and $S_j^\pm = S_j^x \pm iS_j^y$. We will refer to the $\Delta = 0$ part of the Hamiltonian as the XX Hamiltonian: $H_{xx} = \frac{1}{2} \sum_{j=1}^{L} (S_j^+ S_{j+1}^- + S_j^- S_{j+1}^+)$. Throughout this manuscript we choose the number $L$ of lattice sites to be even. We also distinguish between two different types of boundary conditions. For an open chain we set $S_{L+1}^\alpha = 0$, for a periodic chain $S_{L+1}^\alpha = S_1^\alpha$, $\alpha = x, y, z$.

The XXZ chain is a natural generalization of the isotropic Heisenberg chain [98]. It is one of the most widely studied models in quantum magnetism in particular, and condensed matter physics in general. It is absolutely central to the study of integrability, having a relatively simple integrable structure, yet possessing rich physics and displaying a phase transition. In the current era of non-equilibrium physics, it has been
widely used as a model system to explore and exemplify non-equilibrium phenomena, including studies of the Loschmidt echo (e.g. [22, 46, 64–68]), studies of quenches of the anisotropy parameter \( \Delta \) (e.g. [99, 100]), and of quenches starting from a Néel state (e.g. [46, 68, 84–86, 99, 101]). Dynamics starting from various non-uniform states (such as domain wall initial states), leading to propagation or transmission along the XXZ chain, is also a rapidly growing topic of investigation (see, e.g. [22, 102–117]). The XXZ chain is also being increasingly used to study real-time thermal transport and real-time dynamics at zero and finite temperatures [113–119]. It is a primary testbed for developments and applications of Bethe ansatz techniques for addressing non-equilibrium issues (e.g. [22, 82–86, 102, 106, 120–125]). We therefore find the XXZ chain to be an appropriate model for a systematic study of the work distribution in quantum quenches.

In this work, we restrict to positive anisotropies \( \Delta > 0 \). The isotropic critical point \( \Delta = 1 \) separates two regimes with different behaviors; in terms of low-energy physics, the \( \Delta < 1 \) regime is gapless, while the \( \Delta > 1 \) regime is gapped. The Hamiltonian (6) commutes with the \( z \)-component \( S^z = \sum_{j=1}^{L} S^z_j \) of the total spin operator. For even \( L \) the zero magnetization sector contains the ground state for all \( \Delta > 1 \). Our initial states are ground states of the XXZ chain and, hence, lie in the zero magnetization sector. Thus, we can restrict to the subspace spanned by energy eigenstates \( |n\rangle \) with \( S^z|n\rangle = 0 \). At \( \Delta = 0 \) the chain can be mapped onto a gas of free fermions via the Jordan–Wigner mapping, and subsequently solved using free-fermion techniques. For generic values of the anisotropy parameter \( \Delta \) the XXZ model is integrable and can be solved by means of Bethe Ansatz techniques [126–130]. In the fermionic language the anisotropy \( \Delta \) acts as the strength of nearest-neighbor interactions.

A particular focus of this work will be on quenches starting from the purely antiferromagnetic regime (\( \Delta_i \to \infty \)). In the limit \( \Delta_i \to \infty \) the initial Hamiltonian effectively becomes the Ising Hamiltonian, \( H_i \sim H_{\text{Ising}} = \sum_{j=1}^{L} S^z_j S^z_{j+1} \). The ground state of \( H_{\text{Ising}} \) is exactly degenerate, with both symmetric and antisymmetric combinations of the Néel states having the same energy. For \( \Delta_i \) large but finite this degeneracy is lifted. We denote the two Néel states as

\[
|N_1\rangle = |\uparrow\downarrow\rangle^{\otimes L/2} \quad \text{and} \quad |N_2\rangle = |\downarrow\uparrow\rangle^{\otimes L/2}.
\] (7)

For \( \Delta_i = \infty \), any linear combination of \( |N_1\rangle \) and \( |N_2\rangle \) is a valid ground state and, in principle, any such linear combination could be chosen as the initial state with which to calculate overlaps. Physically, we find it most reasonable to choose the symmetric combination for \( L/2 \) even and the antisymmetric combination for \( L/2 \) odd, which is adiabatically connected to the (unique) ground state for \( \Delta_i \) large but finite,

\[
|\Psi_\sigma\rangle = \frac{1}{\sqrt{2}}(|N_1\rangle + \sigma|N_2\rangle) \quad \text{with} \quad \sigma = (-1)^{L/2}.
\] (8)

For the periodic chain we set \( \sigma = e^{i\hat{p}_0} \) with \( p_0 = 0, \pi \). Since \( \hat{T}|\Psi_\sigma\rangle = e^{i\hat{p}_0}|\Psi_\sigma\rangle \), where \( \hat{T} \) is the translation operator by one lattice site, \( p_0 \) is nothing but the momentum of the initial state. For the open chain, \( \sigma \) is related to the symmetry of \( |\Psi_\sigma\rangle \) under reflection, \( \mathcal{R}|\Psi_\sigma\rangle = \sigma|\Psi_\sigma\rangle \), where the reflection operator \( \mathcal{R} \) maps lattice site \( j \) to \( L + 1 - j \) for all \( j = 1, \ldots, L \).
Recently, some progress has been made in calculating overlaps using the Bethe ansatz [123–125, 131]. There are now exact formulas for the overlap between a Néel state and any eigenstate in terms of the Bethe roots describing the eigenstate [123–125, 132, 133]. By taking the thermodynamic limit of the results of [123], it was possible to investigate the long-time limit in quenches to the antiferromagnetic gapped phase $\Delta_f > 1$ [84–86] and also to the isotropic point $\Delta_f = 1$ [86], using the quench action approach [82]. However, extracting all the overlaps for large but finite chains by means of the exact formulas of [123, 125] is technically quite challenging. For this reason, in this work we will use these formulas only in the limit $/\text{uni} \Delta \rightarrow 0$, where the structure of Bethe roots is comparatively simple.

3. Features of the overlap distribution: numerical overview

In this section we present an overview of the features of overlap distributions for quenches from various $\Delta_i$ to various $\Delta_f$, obtained using numerical exact diagonalization. We present overlaps with only those eigenstates of the post-quench Hamiltonian $\hat{H}_f$ that lie in the zero magnetization sector. Since the initial states are always in this sector, eigenstates of $\hat{H}_f$ in other magnetization sectors have zero overlap due to symmetry.

In cases where eigenstates of $\hat{H}_f$ are (nearly or exactly) degenerate, numerical diagonalization might give overlaps with arbitrary linear combinations of the (nearly) degenerate eigenstates. In all cases where we discuss visible features of the overlap distribution, we have taken care to resolve such degeneracies. There are more degeneracies for periodic chains, so we show mainly open-chain data. We have checked in each case that the qualitative features are very similar for open and periodic chains.

3.A. Quench from $\Delta_i = \infty$ to $\Delta_f = 0$

As explained in section II, for quenches starting from $\Delta_i = \infty$ we choose as the initial state $|\Psi_0\rangle$ the combination $|\Psi_\sigma\rangle$ of Néel states as defined in equation (8). Overlap distributions for $\Delta_i = \infty$ to $\Delta_f = 0$ quenches are shown in figure 1, for both open and periodic chains. The remarkable feature of these distributions is that the overlaps are either zero or have exactly equal nonzero value. There is no reason to expect that the ground state at $\Delta = \infty$ should have any particular preference between low-energy and high-energy eigenstates of the $\Delta = 0$ Hamiltonian. Nevertheless, such a physical argument does not suffice to predict that the nonzero overlaps should all be exactly equal. This is a particular feature of the Néel-to-XX quench in the XXZ chain.

Among the $\binom{L}{L/2}$ final eigenstates in the zero magnetization sector, only $2^{L/2-1}$ have nonzero $c_n$’s. The number of nonzero overlaps fixes the nonzero values to be $|c_n| = 2^{-L/4+1/2}$, by virtue of normalization and the fact that they are all equal. The counting can sometimes be tricky due to degeneracies. For example, there appears to be only five instead of eight nonzero overlaps in the $L = 8$ periodic case in figure 1(c). This is because the symbol at the center represents four exactly degenerate eigenstates,
which cannot be distinguished. There are also few eigenstates with the same eigenenergy but zero overlap. Of course, any linear combination of the degenerate eigenstates is also a valid eigenstate. So, there is some ambiguity in the overlaps plotted. By choosing the eigenstates to be the appropriate ‘Slater determinants’ in fermionic language (see section IV), the overlaps turn out to be either zero or $|c_n|^2 = \frac{1}{2^{L/4}} \approx 0.354$ for $L = 8$ and $2^{-3} = 0.125$ for $L = 14$. In the periodic cases some of the nonzero overlaps are not visually distinguishable because of degeneracies, e.g. in panel (c) there are four degenerate nonzero overlaps at $E_n = 0$.

The overlap distribution for quenches from $\Delta_i = \infty$ to $\Delta_f = 0$ will be analyzed in detail in section IV, in particular we will derive the selection rules, which determine whether or not an eigenstate has nonzero overlap. We will also exploit this analysis to obtain closed expressions for time-dependent quantities.

**3.B. Quenches from $\Delta_i = \infty$ to various nonzero $\Delta_f$**

We now consider quenches starting from the $|\Psi_0\rangle$ state ($\Delta_i = \infty$) to various nonzero values of $\Delta_f$. In figures 2(a), (c) and (d), we show overlap distributions for quenches to $\Delta_f$ values in the gapless region, $\Delta_f < 1$. When $\Delta_f$ is very small, the distribution is only slightly distorted from the $\Delta_f = 0$ case, as expected from perturbative arguments. However, the pattern of distortion is rather remarkable. The $2^{L/2-1}$ nonzero overlaps now split into two well-defined branches; one branch is shifted upwards and one branch is shifted downwards, see figure 2(a). The upward- (resp. downward-) shifted branch is biased toward lower (resp. higher) energies. In particular, among the eigenstates
satisfying the selection rule, the lowest few all have positive shift, the highest few always have negative shift, and the eigenstates with intermediate energies can have either positive or negative shift. In addition, many of the overlaps that were zero for the $\Delta_f = 0$ case, now have nonzero (albeit tiny) $|c_n|$ values.

Figure 2. (a,c,d) Overlap distributions for $\Delta_i = \infty$ (initial state $|\Psi_0\rangle = |\Psi_\sigma\rangle$) in an open chain with $L = 14$ sites. The splitting that can be observed for $\Delta_f \ll 1$ disappears as $\Delta_f$ grows. (b) Magnitude of the average normalized shifts for the two branches as function of $\Delta_f$ (double logarithmic scale) and as function of system size $L$ (linear scale). The normalized shift for small $\Delta_f$ is observed to be linear in $\Delta_f$ and $L$.

Figure 3. Overlap distributions for $\Delta_i = \infty$ (initial state $|\Psi_0\rangle = |\Psi_\sigma\rangle$) and $\Delta_f > 1$ in an open chain with $L = 14$ sites. The overlap distributions decay with increasing energy. The insets show the same data in a logarithmic scale.
We will refer to the difference $|c_n| - 2^{-L/4+1/2}$ of the absolute value of the Néel overlap with an eigenstate of the $\Delta \ll 1$ Hamiltonian and the Néel overlap at $\Delta = 0$, i.e. $2^{-L/4+1/2}$, as the ‘shift’ of the overlap. The splitting structure is well-defined as long as the shift is much smaller than $2^{-L/4+1/2}$; otherwise the lower branch is difficult to distinguish from the states with near-zero overlap. It is useful to normalize the shift with respect to the $\Delta = 0$ value, i.e. for each eigenstate connected to one having nonzero overlap at $\Delta = 0$, we define

$$\text{normalized shift} = \frac{\text{shift}}{2^{-L/4+1/2}} = \frac{|c_n| - 2^{-L/4+1/2}}{2^{-L/4+1/2}}. \tag{9}$$

In figure 2(b), the magnitudes of the normalized shifts are averaged over the eigenstates in each branch. We see this to be linear with $\Delta_f$ at fixed $L$, and linear with $L$ at fixed $\Delta_f$, i.e. proportional to $L\Delta_f$. This indicates that the shift can be calculated perturbatively in $\Delta_f$ for any finite chain. However as the chain size gets larger the perturbative region of $\Delta_f$ shrinks. In section V we will analyze the splitting and shift using first-order perturbation theory. The branches have internal structures, e.g. the overlap values roughly increase with energy within each branch.

For a fixed $L$, as $\Delta_f$ increases further, the splitting structures get diffuse, and the separation between the $2^{L/2}$ larger values and the rest smaller values also gets obscured, see figure 2(c). Eventually, there is no visible remnant of the characteristic structure at $\Delta_f = 0$, as seen for $\Delta_f = 0.5$ in figure 2(d). For $\Delta_f = 0.5$ the overlap distribution has no striking pattern, and no obvious remnant of the flat distribution at $\Delta_f = 0$. A slight bias toward smaller energies is visible. This may be expected because, for any finite $\Delta_f > 0$, the $\Delta = \infty$ ground state $|\Psi_\sigma\rangle$ should have more weight in the lower part of the spectrum than in the upper part.

This trend gets more prominent at larger $\Delta_f$. In figure 3 we show some examples for $\Delta_f > 1$. The bias toward lower-energy states gets progressively stronger. This indicates that for quenches from $\Delta_i = \infty$ to $\Delta_f > 1$, the dynamical evolution will be determined mostly by low-energy states. For $\Delta_f \gtrsim 3$ the ground state dominates the overlap distribution very strongly.

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3.C. Quenches from $\Delta_i \gg 1$ to $\Delta_f = 0$

We now consider quenches to $\Delta = 0_f$, starting from $\Delta \gg 1_i$ large but finite. The initial state $|\Psi_0\rangle$ is no longer exactly the combination $|\Psi_0\rangle$ of Néel states. From perturbative intuition, we expect that as $\Delta_i$ decreases toward smaller values the overlap distribution will deviate gradually from the characteristic shape of figure 1. This is seen to be true in figure 4, where we have plotted overlap distributions for an open chain with $L = 12$, for three different $\Delta_i \gg 1$. The $2L/2 - 1$ nonzero values exhibit a roughly linear dependence on $E_n$ as $\Delta_i$ is decreased from $\infty$. One expects the ground state at any finite $\Delta_i$ to be closer to the low-energy eigenstates of the $\Delta_f = 0$ than to the higher-energy eigenstates. Hence, it is not surprising that the slope of the line is negative. The set of overlaps fall on a very nearly linear curve for large $\Delta_i$. For moderate $\Delta_i$, see figure 4(c), the overlaps follow a more curved line and show more scatter. In addition the near-zero overlap values start to be noticeable.

The shift of the ground state overlap from $2^{-L/4+1/2}$ can be seen numerically to scale as $\propto 1/\Delta_i$ for a given $L$ and large $\Delta_i$, see figure 4(d). The overlap of the highest-energy eigenstate obeying the selection rules scales in the same way. Also, the normalized shift for the ground state scales linearly with chain length $L$ for a given $\Delta_i$.

In section VI, treating the XX part of the Hamiltonian as a perturbation to the Ising Hamiltonian, we will show that the shift of the overlaps is exactly a linear function of energy at first order in $1/\Delta_i$. In fact, the normalized shift for the eigenstates satisfying the selection rule will be shown to be $-E_n/\Delta_i$ at first order (exact for periodic chains, approximate up to order $1/L$ for open chains), consistent with the numerical data.

3.D. Quenches from $\Delta_i = 0$ to various $\Delta_f$

We now consider quenches starting from $\Delta_i = 0$. Thus, the initial state is the ground state of a free fermionic Hamiltonian. Examples for three $\Delta_f$ values are shown in figure 5 for an $L = 14$ open chain. For any finite value of $\Delta_f$, we expect a bias toward low-energy states. This is seen in all three cases. The bias is naturally stronger for smaller $\Delta_f$. We see that up to $\Delta_f = 2$ the ground state overlap dominates the overlap.
distribution. Other than the ground state, most of the weight for $\Delta_f \approx 1$ goes to a few final eigenstates at relatively low energies. We also see from the logarithmic plots in the insets of figures 5(a) and (b) that there is a characteristic decaying shape. The upper envelope of this scatter-plot decays roughly exponentially, although a sharp qualitative statement about the decay rate is difficult to make, due to finite-size effects.

The $\Delta_f \gg 1$ case has some bunching structure reflecting the fact that the energy spectrum near the Ising limit is grouped into ‘bands’. Each band is characterized by the number of domain walls in the configurations that dominate the eigenstates of that band. Accordingly, the overlap distribution is broken into groups. Interestingly, within each band the overlap distribution is dominated by the lower-energy part of that band. Moreover, each band of the distribution has roughly similar shape as the characteristic shape of the full distribution for the $\Delta_f \approx 1$ case (see figures 5(a) and (b)). The inset to figure 5(c) exemplifies this by zooming into one of the bands.

4. Analytical results for the quench from $\Delta_i = \infty$ to $\Delta_f = 0$

In this section, we will present a series of analytical results on the quench from $\Delta_i = \infty$ to $\Delta_f = 0$, i.e. the quench from the combination $|\Psi_\sigma\rangle$ of Néel states to the XX chain. This is the case addressed numerically in section III.A and figure 1. In section IV.A, we set notation by providing a brief reminder of how the XX Hamiltonian is diagonalized by mapping to Jordan–Wigner fermions.

In section IV.B, we use the fermionic language to derive selection rules for an XX eigenstate to have nonzero overlap with $|\Psi_\sigma\rangle$. The rules are expressed in terms of the momenta (periodic chain) or pseudo-momenta (open chain) of the fermions. Physically, one rule arises from the structure of the Néel states $|N_{1,2}\rangle$, and a second rule arises from the well-defined symmetry of the combination $|\Psi_\sigma\rangle$. We also express the overlap magnitudes as a sum of determinants (one for each $|N_{1,2}\rangle$). This is evaluated as a function of the chain length $L$, both by exploiting determinant properties, and from normalization, using the fact that all the nonzero overlaps are equal for this quench.

In section IV.C, we use the overlap formulas of [123, 125] (valid for all $\Delta_i$) and take the limit $\Delta_f \to 0$. In this way we formulate selection rules in the language of Bethe roots. We show how these rules are equivalent to the rules in terms of fermionic (pseudo-)momenta.

Finally, we provide two applications of our detailed understanding of the overlap distribution in this particular case. In section IV.D, we derive closed expressions for the Loschmidt echo after the quench. In section IV.E, we present closed expressions for the full time dependence of equal-time two-point correlators. We consider both longitudinal ($\langle S^z_j S^z_{j+n} \rangle$) and transverse ($\langle S^x_j S^x_{j+n} \rangle$) correlators. The expressions for the transverse correlators appear here for the first time, to the best of our knowledge.

4.A. XX eigenstates in free-fermion language

To diagonalize $H_{xx}$, i.e. the $\Delta = 0$ part of the Hamiltonian (6), one uses the Jordan–Wigner (JW) transformation
$$S_j^+ = S_j^z + i S_j^y = c_j^\dagger \exp \left( i \pi \sum_{i=1}^{j-1} c_i^\dagger c_i \right), \quad S_j^z = c_j^\dagger c_j - \frac{1}{2}. \quad (10)$$

Here $c_j^\dagger$ and $c_j$ are usual fermionic operators, satisfying anticommutation relations
\[
\{ c_i, c_j^\dagger \} = \delta_{ij}, \quad \{ c_i^\dagger, c_j \} = \{ c_i, c_j \} = 0.
\]

For periodic boundary conditions, the JW transformation turns $H_{xx}$ to the free fermionic Hamiltonian
\[
H_{PBC}^{PBC} = \frac{1}{2} \sum_{j=1}^L (c_{j+1}^\dagger c_j + c_j^\dagger c_{j+1}),
\]
with the boundary condition $c_{L+1} = e^{i \pi \sum_{j=1}^L c_j^\dagger} c_1 = (-1)^\hat{N} c_1$, where $N = \langle \hat{N} \rangle$ is the number of fermions in the state. Using a Fourier transformed set of operators,
\[
\tilde{c}_k^\dagger = \frac{1}{\sqrt{L}} \sum_{j=1}^L e^{i k j} c_j^\dagger,
\]
$H_{PBC}^{PBC}$ can be written in diagonal form
\[
H_{PBC}^{PBC} = \sum_k \varepsilon_k \tilde{c}_k^\dagger \tilde{c}_k, \quad \varepsilon_k = \cos(k).
\]

The boundary conditions enforce quantization of the momenta $k$:
\[
k \in K_a = \left\{ \frac{2 \pi (m-a)}{L} \right\}_{m=1}^L,
\]
where $a = 1/2$ for $N$ even, and $a = 0$ for $N$ odd.

For the open chain, the JW transformation leads to $H_{OBC}^{OBC} = \frac{1}{2} \sum_{j=1}^{L-1} (c_{j+1}^\dagger c_j + c_j^\dagger c_{j+1})$. This Hamiltonian is diagonalized be introducing the canonical operators
\[
\tilde{c}_q^\dagger = \sqrt{\frac{2}{L+1}} \sum_{j=1}^L \sin(qj) c_j^\dagger.
\]
leading to
\[
H_{OBC}^{OBC} = \sum_q \varepsilon_q \tilde{c}_q^\dagger \tilde{c}_q, \quad \varepsilon_q = \cos(q),
\]
provided that the numbers $q$ are quantized as
\[
q \in Q = \left\{ \frac{\pi m}{L+1} \right\}_{m=1}^L.
\]
Since there is no translational invariance in the open chain, we call $q$ ‘pseudo-momenta’.

4.B. Determinant formulas and selection rules

In terms of the Jordan–Wigner fermions introduced above, our initial state (8) can be written as
\[
| \Psi_0 \rangle = \frac{1}{\sqrt{2}} \left( \prod_{j=1}^{L/2} c_{2j-1}^\dagger + \sigma \prod_{j=1}^{L/2} c_{2j}^\dagger \right) | 0 \rangle,
\]
doi:10.1088/1742-5468/2016/01/013104
where \(|0\rangle\) is the vacuum state (all spins down). The eigenstates of the XX Hamiltonian in the zero-magnetization (\(N = L/2\) fermion) sector can be written for the periodic (resp. open) chain as

\[
|\{k_\alpha\}_{\alpha=1}^{L/2}\rangle = \sigma_{i_1}^{t} \cdots \sigma_{i_{L/2}}^{t} |0\rangle \quad \text{(resp. } |\{q_\alpha\}_{\alpha=1}^{L/2}\rangle = \sigma_{i_1}^{t} \cdots \sigma_{i_{L/2}}^{t} |0\rangle \rangle \tag{18}
\]

with \(k_\alpha \in K_\alpha\) (resp. \(q_\alpha \in Q\)) for all \(\alpha = 1, \ldots, L/2\), and \(k_\alpha \not= k_\beta\) (resp. \(q_\alpha \not= q_\beta\)) for \(\alpha \not= \beta\).

The overlap between an eigenstate of the form (18) and the initial state \(|\Psi_0\rangle\) from equation (17) can now be computed using Wick’s theorem. For example, with periodic boundary conditions, we obtain

\[
\langle \Psi_0 | \{k_\alpha\}_{\alpha=1}^{L/2}\rangle = \frac{1}{\sqrt{2}} \left( \langle 0 | c_1 c_3 \cdots c_{L-1} \sigma_{i_1}^{t} \cdots \sigma_{i_{L/2}}^{t} |0\rangle + \sigma \langle 0 | c_2 c_4 \cdots c_L \sigma_{i_1}^{t} \cdots \sigma_{i_{L/2}}^{t} |0\rangle \right) \tag{19}
\]

\[
= \frac{1}{\sqrt{2}} \det_{1 \leq j, \alpha \leq L/2} \left( \langle 0 | c_{2j-1} \sigma_{i_1}^{t} |0\rangle \right) + \sigma \det_{1 \leq j, \alpha \leq L/2} \langle 0 | c_{2j} \sigma_{i_1}^{t} |0\rangle \right). \tag{20}
\]

Equation (20) follows from equation (19) by separate application of Wick’s theorem on the two correlators. Using definition (11) this can be simplified to

\[
\langle \Psi_0 | \{k_\alpha\}_{\alpha=1}^{L/2}\rangle = \frac{1}{\sqrt{2}} \left( \frac{1}{L} \right)^{L/4} \left[ \det_{1 \leq j, \alpha \leq L/2} \left( e^{ik_\alpha (2j-1)} \right) + \sigma \det_{1 \leq j, \alpha \leq L/2} \left( e^{ik_\alpha 2j} \right) \right]. \tag{21}
\]

For the open chain we similarly obtain

\[
\langle \Psi_0 | \{q_\alpha\}_{\alpha=1}^{L/2}\rangle = \frac{1}{\sqrt{2}} \left( \frac{2}{L+1} \right)^{L/4} \left[ \det_{1 \leq j, \alpha \leq L/2} \left( \sin(q_\alpha (2j-1)) \right) + \sigma \det_{1 \leq j, \alpha \leq L/2} \left( \sin(2q_\alpha j) \right) \right]. \tag{22}
\]

The overlaps (21) and (22) can be zero if both determinants vanish, or if their sum exactly cancels. As discussed below, it turns out that both cases can occur.

We first analyze the formula for the periodic chain. We set \(\sigma = e^{i\pi} \) and simplify the square bracket in equation (21),

\[
\det_{1 \leq j, \alpha \leq L/2} \left( e^{ik_\alpha (2j-1)} \right) + \sigma \det_{1 \leq j, \alpha \leq L/2} \left( e^{ik_\alpha 2j} \right) = \det_{1 \leq j, \alpha \leq L/2} \left( e^{ik_\alpha j} \right) \left( e^{-\frac{1}{2} \sum_{\alpha=1}^{L/2} k_\alpha} + e^{i\pi} \right). \tag{23}
\]

Now, if there is a pair of the form \(\{k, k + \pi\} \subset \{k_\alpha\}_{\alpha=1}^{L/2}\), the determinant in equation (23) is zero as two columns of the matrix are equal, \(e^{2i(k+\pi)j} = e^{2ikj}\) for all \(j\). The set \(K_a\) of all possible momenta, defined in equation (13), decomposes into \(L/2\) many of such pairs:

\[
K_a = \bigcup_{m=1}^{L/2} \left\{ \frac{2\pi (m - a)}{L}, \frac{2\pi (m - a)}{L} + \pi \right\}, \tag{24}
\]

with \(a = 1/2\) for \(L/2\) even and \(a = 0\) for \(L/2\) odd. In order to get a non-vanishing determinant, each pair in this decomposition has to be occupied by exactly one momentum. This shows that there are only \(2^{L/2}\) states for which the determinant can be nonzero. If we flip one of the momenta by \(\pm \pi\), i.e. choosing the other member of the pair (‘pair flip’), the determinant does not change, again due to \(e^{2i(k+\pi)}j = e^{2ikj}\). Therefore, the
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determinant has always the same non-vanishing value for all of these $2^{L/2}$ states. Note that the overlaps (21) might differ by a factor $-1$ due to the different order of momenta in pair-flipped states.

The other momentum-dependent factor in equation (23) is $e^{-i\sum_{\alpha=1}^{L/2} k_\alpha} + e^{ip_0}$, which is zero if the total momentum $\sum_{\alpha=1}^{L/2} k_\alpha$ of the eigenstate $|{k_\alpha}_{\alpha=1}^{L/2}\rangle$ and the momentum $p_0$ of the initial state $|\Psi_0\rangle$ differ by $\pi$ (modulo $2\pi$). This means that only an even number of pair flips are allowed. Hence, the number of states that have nonzero overlap gets reduced by a factor of 2.

Thus, there are in total $2^{L/2-1}$ eigenstates $|{k_\alpha}_{\alpha=1}^{L/2}\rangle$, all with the same overlap (up to a possible global minus sign as discussed above). Since the initial state $|\Psi_0\rangle$ is normalized, this common value is

$$\langle \Psi_0 | {k_\alpha}_{\alpha=1}^{L/2} \rangle = 2^{-L/4+1/2}.$$

The derivation above did not require any explicit determinant calculation. We also checked that the result can be recovered by directly computing the determinant in equation (23). The Vandermonde determinant formula

$$\det_{1 \leq j \leq n} (x_j^{l-1}) = \prod_{l=1}^{L/2} (x_j - x_l)$$

allows to express it as a double product that can be further simplified. Crucial in the evaluation is the formula

$$\prod_{l=1}^{L/2} (z - e^{2\pi r/n}) = z^{s-1} - e^{2\pi r/n}$$

and

$$\lim_{z \to 1} z^{s-1} - e^{2\pi r/n} = n.$$

The analysis of the overlap formula (22) for the open chain is similar. If there is a pair of the form \{q, \pi - q\} \subset {q_\alpha}_{\alpha=1}^{L/2}, both determinants are zero as two columns are proportional to each other: $\sin(2(\pi - q)j) = -\sin(2qj)$ or $\sin((\pi - q)(2j - 1)) = \sin(q(2j - 1))$, respectively. The set $Q$ of all possible pseudo-momenta, see equation (16), decomposes into $L/2$ many of such pairs:

$$Q = \left\{ \frac{\pi m}{L + 1}, \frac{\pi m}{L + 1} \right\}.$$  

Again, in order to get non-vanishing determinants, each pair in this decomposition has to be occupied by exactly one pseudo-momentum. If we flip one of them by $\pm \pi$, i.e. doing a pair flip, the second determinant does not change, while the first one picks up a minus sign. This shows that there are again $2^{L/2}$ states for which the determinants are nonzero and that they all have the same absolute value. The two determinants are equal for the state where all pseudo-momenta are smaller than $\pi/2$ and also for all states that can be obtained from this state by an even number of pair flips. In contrast, for states obtained by an odd number of pair flips they differ by a factor $-1$. If $n$ denotes the number of pair flips, i.e. the number of pseudo-momenta larger than $\pi/2$, the overlap is proportional to $(-1)^n + \sigma$, which is zero for $\sigma = 1$ and $n$ odd or $\sigma = -1$ and $n$ even, and it is $\pm 2$ otherwise. This supplemental restriction also follows from the reflection symmetry of the initial state. Since the reflection operator $R$ commutes with the Hamiltonian, the energy eigenstates are also eigenstates of $R$, i.e.

$$R | {q_\alpha}_{\alpha=1}^{L/2} \rangle = r | {q_\alpha}_{\alpha=1}^{L/2} \rangle.$$  

Hence,
\[ \sigma \langle \Psi_\sigma | q_\alpha^{L/2} \rangle = \langle \Psi_\sigma | R \Psi_\sigma | q_\alpha^{L/2} \rangle = r \langle \Psi_\sigma | q_\alpha^{L/2} \rangle \] (27)

and the overlap with \( |\Psi_\sigma\rangle \) can only be nonzero if \( r = \sigma \). (In the fermionic language the action of \( R \) on a many particle state can be deduced from the formula \( \mathcal{R} \mathcal{C}_j \mathcal{R}^{-1} = (-1)^{\bar{N}} \mathcal{C}_{L+1-j} \), where \( \bar{N} \) is the total fermion number. Applying this to the Néel state we recover the same rule.) Therefore, as in the periodic case, the number of states that have nonzero overlap gets reduced by a factor of 2 due to the reflection symmetry. Again, there are \( 2^{L/2-1} \) eigenstates with overlap

\[ \langle \Psi_\sigma | q_\alpha^{L/2} \rangle = 2^{-L/4+1/2} . \] (28)

Note that this result is in agreement with the ground-state overlap of [136], obtained by an explicit determinant calculation. All other eigenstates (those with a pair \( \{q, \pi - q\} \) or those with the wrong number of momenta larger than \( \pi/2 \)) have zero overlap with \( |\Psi_\sigma\rangle \).

Let us summarize our findings. We have a simple algorithm that allows us to determine which post-quench eigenstates (18) have nonzero overlap with the initial state \( |\Psi_\sigma\rangle \) and, therefore, contribute to the time evolution and to the non-equilibrium dynamics after the quench. For that to happen two conditions need to be fulfilled:

(i) The first condition (‘forbidden pairs’) selects the states for which the determinants are individually nonzero, i.e. states with momenta or pseudo-momenta satisfying

\[ |k_\alpha - k_\beta| \neq \pi \quad \text{for all } \alpha, \beta \in \{1, \ldots, L/2\} \quad \text{(periodic chain)}, \] (29)

\[ q_\alpha + q_\beta = \pi \quad \text{for all } \alpha, \beta \in \{1, \ldots, L/2\} \quad \text{(open chain)}. \] (30)

(ii) The second condition (‘number of pair flips’) selects the states for which the two terms in equations (21) and (22) do not cancel. This corresponds to selecting eigenstates with the same symmetry (translation or reflection) as the initial state. In the periodic case this restriction can be written as \( \sum_{\alpha=1}^{L/2} k_\alpha = p_0 \), which relates the total momentum of the eigenstate to the momentum \( p_0 \) of the initial state. For the open chain the restriction is imposed by the reflection symmetry of the initial state, \( \mathcal{R} |\Psi_\sigma\rangle = \sigma |\Psi_\sigma\rangle \), via \( \sigma = (-1)^n \), where \( n \) is the number of pseudo-momenta larger than \( \pi/2 \).

Note that, if we use \( |N_1\rangle \) or \( |N_2\rangle \) as initial state, only the first rule (i) above applies and there are \( 2^{L/2} \) nonzero overlaps. The second rule (ii) arises because \( |\Psi_\sigma\rangle \) respects the translation/reflection symmetry of the Hamiltonian.

4.C. Overlaps derived from a Bethe Ansatz approach

In this section, we treat the overlap distribution for the \( \Delta_\xi = \infty \) to \( \Delta_\xi = 0 \) quench using the Bethe Ansatz formalism. Recent work has provided expressions for the overlap between Néel states and Bethe eigenstates at arbitrary \( \Delta_\xi \) [123–125, 132, 133]. We specialize the formulas of [125] to the XX limit (\( \Delta_\xi = \cos(\gamma) \to 0 \), i.e. \( \gamma \to \pi/2 \)). We will show that the condition of having nonzero overlap with an XX Bethe state can
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Figure 6. Example of a Bethe root configuration (full circles) for a chain of length $L = 16$. The four ‘rectangles’ are indicated by the dashed lines. The ‘rectangle condition’ is fulfilled, leading to a nonzero overlap with the Néel state. Each collection of four possible roots with equal $|\text{Re}\lambda|$ contains exactly two roots sitting on two adjacent corners of the rectangle.

be visualized by adjacent corners of certain rectangles in the pattern of possible XX Bethe roots. We further relate this condition to the selection rule (29) of single particle momenta. The description here is mostly self-contained, but the interested reader may wish to consult [123, 125] for background and details on related matters.

For simplicity we focus on the case $L/2$ even. We start our analysis by presenting the solutions of XX Bethe equations with twist and constant inhomogeneity (see, e.g. [127]). The twist deformation is related to twisted boundary conditions of the spin chain, $S_{L+1}^\alpha = e^{i\phi}S_1^\alpha$, $\alpha = x, y, z$. It is necessary to introduce a nonzero twist to resolve issues with singular terms in the norm formula for Bethe states in the limit $\gamma \to \pi/2$. We then use ‘twist-deformed’ solutions to calculate overlaps by means of the aforementioned formulas.

The Bethe equations for anisotropy $\Delta = \cos(\gamma)$ with twist $\phi$ and constant inhomogeneity $\varepsilon$ read

$$
\left[ \frac{\sinh(\lambda_j - \varepsilon + \frac{i\gamma}{2})}{\sinh(\lambda_j - \varepsilon - \frac{i\gamma}{2})} \right]^{L_j} = -e^{i\phi} \prod_{j' = 1}^{M} \frac{\sinh(\lambda_j - \lambda_{j'} + i\gamma)}{\sinh(\lambda_j - \lambda_{j'} - i\gamma)}, \quad j = 1, \ldots, M. \quad (31)
$$

We consider $\phi, \varepsilon \in \mathbb{R}$ small. For $\gamma = \pi/2$ and $M = L/2$ even, the right hand side simplifies to $-e^{i\phi}$, which eventually leads to

$$
\tanh(\lambda_j - \varepsilon) = \tan\left(\frac{\pi}{L}(n_j - \frac{1}{2}) - \frac{\phi}{2L}\right), \quad j = 1, \ldots, L/2, \quad (32)
$$

where $n_j$ are integers. For small $\phi$ and $\varepsilon$, we have $-L/4 + 1 \leq n_j \leq L/4$ for $j = 1, \ldots, M_p$, and $-L/2 + 1 \leq n_j \leq -L/4$ or $L/4 + 1 \leq n_j \leq L/2$ for $j = M_p + 1, \ldots, L/2$. Here, $M_p$ and $L/2 - M_p$ are the numbers of Bethe roots with imaginary part zero and $\pi/2$, respectively. We consider the set $\{\lambda_1, \lambda_2, \lambda_3, \lambda_4\}$ of four possible Bethe roots, corresponding to the numbers $n, L/2 + 1 - n, -L/2 + n,$ and $-n + 1$ with $1 \leq n \leq L/4$. For small $\phi$ we can expand them in the small parameter $\delta = \frac{\phi}{2L \cos(\pi/2n - 1)}$. Setting $\lambda = \arctan\left(\tan\left(\frac{\pi}{L}(n - \frac{1}{2})\right)\right)$ we obtain

$$
\begin{align*}
\lambda_3 &= -\lambda + \frac{i\pi}{2} + \delta + \varepsilon, \\
\lambda_2 &= \lambda + \frac{i\pi}{2} + \delta + \varepsilon, \\
\lambda_4 &= -\lambda - \delta + \varepsilon, \\
\lambda_1 &= \lambda - \delta + \varepsilon.
\end{align*} \quad (33)
$$

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These four approximate solutions can be considered as a deformation of the rectangle with corners \((\lambda, \lambda + i\pi/2, -\lambda + i\pi/2, -\lambda)\).

In the formulas for the overlaps of [125]—valid also for the so-called (unnormalized) off-shell Bethe states—we first send \(\epsilon \to 0\) and afterwards \(\phi \to 0\). It can be shown that overlaps of the Néel state with normalized Bethe states identified by a set of Bethe roots \(\{\lambda_j\}_{j=1}^{L/2}\) containing an opposite pair of the form \((\lambda_1, \lambda_3)\) and/or \((\lambda_2, \lambda_4)\) are of order \(\epsilon\). Thus, if there are three or four Bethe roots in one rectangle, there is at least one opposite pair and the overlap is zero in the limit \(\epsilon \to 0\). Therefore, to have non-vanishing overlap, there can be at most two XX Bethe roots sitting at two adjacent corners (‘rectangle condition’). In figure 6 we show an example for which the rectangle condition is fulfilled.

The overlap formula for Bethe states [123] consists of two parts, a prefactor and a ratio of two determinants. It can be shown that the latter is exactly one in the XX limit, if the rectangle condition is fulfilled, zero otherwise. The remaining part is the prefactor that simplifies in the XX limit to

\[
\left| \frac{\langle N_1, \lambda(\lambda)_{j=1}^{L/2} \rangle}{\sqrt{\langle \{\lambda_j\}_{j=1}^{L/2} | \{\lambda_j\}_{j=1}^{L/2} \rangle}} \right|_{\gamma = \pi/2, \phi \to 0} = \prod_{j=1}^{L/4} \frac{\tanh(\mu_j + \frac{i\pi}{4})\tanh(\mu_j - \frac{i\pi}{4})}{2\sinh(2\mu_j)}
\]

\[
= 2^{-L/4} \prod_{j=1}^{L/4} \cot \left( \frac{2\pi}{L} \left( n_j - \frac{1}{2} \right) \right).
\]

Here, the Bethe roots \(\mu_j, j = 1, \ldots, L/4\), belong to a solution of the untwisted homogeneous Bethe Ansatz equations, each of them representing one of the \(L/4\) rectangles. Due to the \(\pi\)-periodicity of the tangent function we have \(\prod_{j=1}^{L/4} \cot^{2} \left( \frac{2\pi}{L} \left( n_j - \frac{1}{2} \right) \right) = 1\), and finally obtain

\[
\left| \frac{\langle N_1, \lambda(\lambda)_{j=1}^{M} \rangle}{\sqrt{\langle \{\lambda_j\}_{j=1}^{M} | \{\lambda_j\}_{j=1}^{M} \rangle}} \right|_{\gamma = \pi/2, \phi \to 0} = \begin{cases} 
0 & \text{for } M \neq L/2, \\
0 & \text{if there are more (or less) than two roots in one rectangle,} \\
0 & \text{if there is a rectangle with roots sitting at opposite corners,} \\
2^{-L/4} & \text{otherwise.}
\end{cases}
\]

Here, ‘otherwise’ means that all \(L/4\) rectangles are occupied exactly by two roots sitting at adjacent corners, see figure 6 for an example.

The rectangle condition allows for four possibilities for each rectangle and hence, in total, for \(4^{L/4} = 2^{L/2}\) many states, each contributing to the sum of absolute squares of overlaps with a constant \(2^{-L/2}\). This can be translated into the language of momenta of XX Bethe states. The momentum assigned to a Bethe root, which can be interpreted as a single particle momentum, is given by
\[ p_j = p(\lambda_j) \quad \text{with} \quad p(\lambda) = -i \ln \left[ \frac{\sinh(\lambda + i\pi/4)}{\sinh(\lambda - i\pi/4)} \right]. \]  

The rule that eigenstates with Bethe roots in opposite corners are forbidden translates into the rule that the corresponding momenta cannot differ by \( \pm \pi \), which is exactly the selection rule (29).

4.D. Application: the Loschmidt echo

In this section we use our findings for the overlap distribution in the quench \( \Delta_i = \infty \rightarrow \Delta_f = 0 \) to compute the Loschmidt echo (LE) defined in equation \( (3) \). We start from the definition of the Loschmidt echo and exploit the selection rules of section IV.B to obtain an explicit product formula. For the sake of simplicity we only discuss open chains, but the periodic case is very similar. We start by considering the case with only one of the Néel states \( |N_1\rangle \) or \( |N_2\rangle \), before deriving the result for the initial state \( |\Psi_0\rangle = (|N_1\rangle + \sigma |N_2\rangle)/\sqrt{2} \). Recall that the LE is defined as

\[ L(t) = |\langle N_{1,2}| e^{-iHt} |N_{1,2}\rangle|^2, \]

where the Hamiltonian \( H \) of the time evolution operator is given in this section by the open chain Hamiltonian of the free system. Expanding \( |N_{1,2}\rangle \) in a basis of energy eigenstates \( |n\rangle \), we obtain

\[ \langle N_{1,2}| e^{-iHt} |N_{1,2}\rangle = \sum_n e^{-iE_nt} |c_n|^2, \]

where \( E_n \) is the many-body energy and \( c_n = \langle N_{1,2}| n \rangle \). As in section IV.B, we use the sets of single particle momenta \( \{ q_\alpha \}_{\alpha=1}^{L/2} \) to label the eigenstates \( |n\rangle \).

From sections IV.B and IV.C we know that the overlap distribution is flat and that if we take \( |N_1\rangle \) or \( |N_2\rangle \) as initial state, only selection rule (i) of section IV.B must be fulfilled, namely \( q_\alpha + q_\beta \neq \pi \) for all indices \( \alpha \) and \( \beta \). In terms of the single particle energies \( \epsilon_q = \cos(q) \), the previous condition for the momenta can be interpreted in the following way:

\[ \epsilon_q = -\epsilon_{q'}, \quad \text{for all} \quad q, q' \in \{ q_\alpha \}_{\alpha=1}^{L/2}. \]

Since the total energy of the state is \( E(\{ q_\alpha \}_{\alpha=1}^{L/2}) = \sum_{\alpha=1}^{L/2} \epsilon_{q_\alpha} \), equation (38) can be rewritten as

\[ \langle N_{1,2}| e^{-iHt} |N_{1,2}\rangle = 2^{-L/2} \sum' \prod_{\alpha=1}^{L/2} e^{-i\epsilon_{q_\alpha} t}, \]

where \( \sum' \) is a sum over all possible states \( \{ q_\alpha \}_{\alpha=1}^{L/2} \), i.e. a sum over all subsets \( \{ q_\alpha \}_{\alpha=1}^{L/2} \subset Q \), restricted to the states/subsets for which equation (39) holds. Since half of the possible single particle energies are positive, while the others are their negative counterparts, we can rewrite equation (40) as

\[ \text{LE}(t) = \left( \frac{1}{\sqrt{2}} \right)^L \text{e}^{-L/2 \sum' \prod_{\alpha=1}^{L/2} e^{-i\epsilon_{q_\alpha} t}}, \]

where \( \sum' \) is a sum over all possible states \( \{ q_\alpha \}_{\alpha=1}^{L/2} \), i.e. a sum over all subsets \( \{ q_\alpha \}_{\alpha=1}^{L/2} \subset Q \), restricted to the states/subsets for which equation (39) holds. Since half of the possible single particle energies are positive, while the others are their negative counterparts, we can rewrite equation (40) as

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where \( \sum' \) is a sum over all possible states \( \{ q_\alpha \}_{\alpha=1}^{L/2} \), i.e. a sum over all subsets \( \{ q_\alpha \}_{\alpha=1}^{L/2} \subset Q \), restricted to the states/subsets for which equation (39) holds. Since half of the possible single particle energies are positive, while the others are their negative counterparts, we can rewrite equation (40) as

\[ \text{LE}(t) = \left( \frac{1}{\sqrt{2}} \right)^L \text{e}^{-L/2 \sum' \prod_{\alpha=1}^{L/2} e^{-i\epsilon_{q_\alpha} t}}, \]
In this way condition (39) is automatically satisfied, since it is impossible, when expanding the product, to have in a single term the same energies with opposite signs. Therefore, for the open chain the LE corresponding to one of the Néel states $|N_{1,2}\rangle$ is given by the simple formula

$$\langle N_{1,2}|e^{-iHt}|N_{1,2}\rangle = \prod_{\epsilon_{q}>0} \left( \frac{e^{-i\epsilon_{q}t} + e^{i\epsilon_{q}t}}{2} \right) = \prod_{\epsilon_{q}>0} \cos(\epsilon_{q}t).$$

(41)

We note that similar formulas have been derived for periodic chains in [40, 67]. Our result for the open chain can be also obtained by expressing the LE as a determinant and then computing it explicitly. This is however unnecessary. As we have seen it can be obtained from simple counting arguments based on the selection rules of section IV.B.

We now consider $|\Psi_{\sigma}\rangle$ as initial state. The LE is still given by a formula similar to equation (40),

$$\langle \Psi_{\sigma}|e^{-iHt}|\Psi_{\sigma}\rangle = 2^{-L/2} \sum' \prod_{\alpha=1}^{L/2} e^{-i\epsilon_{\alpha}t},$$

(43)

where the prime at the sum now means that both selection rules (i) and (ii) of section IV.B must be fulfilled. In addition to equation (39), the set of pseudo-momenta have to satisfy $(-1)^{n} = \sigma = (-1)^{L/2}$, where $n$ is the number of pseudo-momenta with negative energy. Equation (43) can then be recast as
\[ \langle \Psi_0 | e^{-iHt} | \Psi_0 \rangle = \prod_{\epsilon_{j}>0} \left( \frac{e^{-i\epsilon_j t} + e^{i\epsilon_j t}}{2} \right) + \sigma \prod_{\epsilon_{j}>0} \left( \frac{e^{-i\epsilon_j t} - e^{i\epsilon_j t}}{2} \right) \]
\[ = \prod_{\epsilon_{j}>0} \cos(\epsilon_j t) + i^{L/2} \prod_{\epsilon_{j}>0} \sin(\epsilon_j t). \]  

(44)

A simple way to prove this is to expand the two products in equation (44), and check that all states that do not satisfy the selection rules (i) and (ii) cancel. Therefore, the LE corresponding to \(|\Psi_0\rangle\) is given by
\[ \mathcal{L}(t) = |\langle \Psi_0 | e^{-iHt} | \Psi_0 \rangle|^2 = \left[ \prod_{m=1}^{L/2} \cos \left( t \cos \left( \frac{\pi m}{L+1} \right) \right) + i^{L/2} \prod_{m=1}^{L/2} \sin \left( t \cos \left( \frac{\pi m}{L+1} \right) \right) \right]^2. \]

(45)

Both results (42) and (45) are plotted in figure 7 for several system sizes \(L\).

4.E. Application: time-dependent two-point correlation functions

We now provide a second application of the results on overlap distributions in section IV.B for the quench \(\Delta t = \infty \rightarrow \Delta t = 0\). We will compute the full time-dependence of finite distance two-point correlation functions after such a quench. For simplicity we will restrict to the periodic chain and list results which are derived in the large-\(L\) limit. We provide only a skeleton outline of the derivation, pointing out how the selection rules are used.

The time evolution occurs under the \(\Delta = 0\) Hamiltonian \(H_{xx}\). The equal-time two-point correlators are defined as
\[ G_{\Psi_0}^{zz}(j, j + n; t) = \langle \Psi_0 | e^{itH_{xx}} S_j^z S_{j+n}^z e^{-itH_{xx}} | \Psi_0 \rangle, \]
\[ G_{\Psi_0}^{+-}(j, j + n; t) = \langle \Psi_0 | e^{itH_{xx}} S_j^+ S_{j+n}^- e^{-itH_{xx}} | \Psi_0 \rangle. \]

(46)

(47)

We refer to them as the longitudinal and transverse two-point correlators, respectively. We consider as initial state \(|\Psi_0\rangle\) the four different cases \(|\Psi_{N1}\rangle = (|N_1\rangle + |N_2\rangle)/\sqrt{2}\), \(|\Psi_{N2}\rangle = (|N_1\rangle - |N_2\rangle)/\sqrt{2}\) and the two Néel states \(|N_1\rangle\) and \(|N_2\rangle\) themselves. Since the state \(|\Psi_0\rangle\) is an eigenstate of the translation operator \(\hat{T}\), the two-point correlators only depend on the distance between the two points, \(G_{\Psi_0}^{zz,+}(j, j + n; t) = G_{\Psi_0}^{zz,-}(n; t) = \frac{1}{L} \sum_{j=1}^{L} G_{\Psi_0}^{zz,+}(j, j + n; t)\). Applying the Jordan Wigner mapping (10) we obtain
\[ G_{\Psi_0}^{zz}(n; t) = \frac{1}{L} \sum_{j=1}^{L} \langle \sigma_j^z \sigma_{j+n}^z \rangle = \frac{1}{L} \sum_{j=1}^{L} \left( c_j^+ c_j - \frac{1}{2} \right) \left( c_{j+n}^+ c_{j+n} - \frac{1}{2} \right) = \frac{1}{4} - \frac{1}{4} \left[ \sum_{j=1}^{L} \langle c_j^+ c_{j+n}^+ c_{j+n} \rangle - \frac{1}{4} \right], \]
\[ G_{\Psi_0}^{+-}(n; t) = \frac{1}{L} \sum_{j=1}^{L} \left[ \sum_{m=1}^{n-1} \langle c_j^+ c_{j+m}^+ \rangle - 2 \right] \left( c_{j+n}^+ c_{j+n} \right), \]

(48)

(49)

where from now on the time dependence is implicit, i.e. the expectation values are taken between the time evolved states, \(\langle \cdot \rangle = \langle \Psi(t) | \cdot | \Psi(t) \rangle\) with \(|\Psi(t)\rangle = e^{-iHt} |\Psi_0\rangle\). In the first line we used that the initial state \(|\Psi_0\rangle\) lies in the zero magnetization sector and
therefore $\frac{1}{L}\sum_{j=1}^{L}\langle c_{j}^{\dagger}c_{j}\rangle = 1/2$ for all times $t$. In the second line we wrote the ‘Jordan–Wigner string’ operators as $e^{i\sigma r_{j}c_{j}} = 1 - 2c_{j}^{\dagger}c_{j}$, which can be written as

$$1 - 2c_{j}^{\dagger}c_{j} = 1 - \frac{2}{L}\sum_{p}c_{p}^{\dagger}c_{p} - \frac{2}{L}\sum_{p\neq q}e^{-i(p-q)\sigma}c_{p}^{\dagger}c_{q},$$

(50)

It turns out that the first two terms cancel up to order $1/L$, so that the last term dominates in the large $L$ limit. Thus, the transverse correlator will involve correlators of products like $\prod_{m=1}^{n}c_{p_{m}}^{\dagger}\prod_{m=1}^{n}c_{q_{m}}$, where $\{p_{m}\}$ and $\{q_{m}\}$ are sets of $n$ distinct single-particle momenta. As an example, the correlator $G_{\Psi_{n}}^{+}(n; t)$ is a momentum sum over products of phase factors, which can be rewritten as

$$\langle \Psi_{n}\prod_{m=1}^{n}c_{p_{m}}^{\dagger}\prod_{m=1}^{n}c_{\mathbb{R}^{(m+1)}}\rangle = \sum_{\{k\},\{k'\}}\langle \Psi_{n}\{k\}\{k'\}\rangle \langle \{k\}\prod_{m=1}^{n}c_{p_{m}}^{\dagger}\prod_{m=1}^{n}c_{q_{m}}\rangle = (-1)^{n(n-1)/2}\left(\frac{1 + (-1)^{n}}{2}\right)(-1)^{nA!},$$

(51)

The second line has been obtained using the selection rules of section IV.B. Since $n$ momenta of the eigenstates $|\{k_{n}\}_{n=1}^{L/2}\rangle$ that obey condition (29) are fixed, there are $L/2 - n$ states with overlap square $2^{-L/2+1}$. This gives the factor $2^{-n}$. The factor $(1 + (-1)^{n})/2$ comes from the additional selection rule (‘number of pair flips’) for the total momentum of the eigenstates $|\{k\}\rangle$ and $|\{k'\}\rangle$. Hence, the transverse two-point correlator at points $j$ and $j + n$ is only nonzero for $n$ even. Here, $A$ is the mapping matrix from the set $\{p_{m}\}$ to the set $\{q_{m}\}$, given by an element of the symmetric group $S^{n}$. The factor $(-1)^{nA!}$ implies that the result is a determinant. Carrying all factors and simplifying, we eventually obtain ($t \geq 0$)

$$G_{\Psi_{n}}^{+}(n; t) = \frac{1}{2}\det_{n}(\tilde{J}_{m-m'-1}(2t))$$

for $n$ even,

(52)

$$G_{\Psi_{n}}^{+}(n; t) = 0$$

for $n$ odd.

(53)

Here, we have defined the quantity

$$\tilde{J}_{m}(2t) = \frac{(-1)^{n}}{L}\sum_{j=1}^{L}e^{i2t\cos(p_{j})-imp_{j}},$$

(54)

Similarly, one obtains for the Néel states themselves

$$G_{N}^{+}(j, j + n; t) = \frac{(-1)^{n(j+a-1)}}{2i}\det_{n}(\tilde{J}_{m-m'-1}(2t)).$$

(55)

In the derivation of the formulas for $G_{\Psi_{n}}^{+}$ some $1/L$ terms were dropped. However, we have found that formulas (52) and (53) for $G_{\Psi_{n}}^{+}(n; t)$ are exact for $n = 2, 4$ and for any finite even $L$. 

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The longitudinal correlators are simpler to derive, since they have no Jordan–Wigner strings. The result is

\[ G_{\Psi_0}^{zz}(n; t) = \frac{1}{4}(\delta_{n,0} - J^2_n(2t) + (-1)^n J^2_0(2t)) \]  

for all four initial states \(|\Psi_0\rangle = |\Psi_{\pm}\rangle, |N_{0,2}\rangle\).

In the thermodynamic limit, the summation in equation (54) becomes the integral that defines the \(m\)-th order Bessel function,

\[ J_m(2t) \xrightarrow{L \to \infty} J_m(2t). \]  

Thus, the above formulas for \(G_{\Psi_0}^{+}\) and \(G_{\Psi_0}^{zz}\) are also valid in the thermodynamic limit, with the substitution \(J_m \to J_m\). Previously, [99] presented (connected versions of) longitudinal correlators in the thermodynamic limit. To the best of our knowledge, the determinant formulas for the more involved transverse correlators have not appeared previously.

5. Quenches from \(\Delta_i = \infty\) to \(\Delta_f \ll 1\): perturbative treatment of the splitting

Quenches from the initial state \(|\Psi_i\rangle (\Delta_i = \infty)\) to small but nonzero values of \(\Delta_f\) display a ‘splitting’ of the overlap distribution, as discussed in section III.B and shown in figures 2(a) and (b). In this section, we will use first order perturbation theory in \(\Delta_f\) to characterize this splitting.

5.A. First order perturbation expansion

For the final Hamiltonian \(H = H_{xx} + \Delta_f H_z\), we consider \(\Delta_f H_z\) as a perturbative potential \(V\). Unfortunately, the unperturbed Hamiltonian \(H_{xx}\) is highly degenerate. In particular, among the states which obey the selection rules, there are many which are degenerate. Hence, a full calculation requires the use of degenerate perturbation theory for many of the eigenstates. However, our purpose here is to provide a basic understanding of the splitting and the general form of the overlap distribution for small nonzero \(\Delta_f\). Hence, it will suffice to concentrate on those states which have non-degenerate energy eigenvalues, and use the much simpler non-degenerate perturbation theory. We will show that this treatment recovers the main features observed numerically.

For the sake of simplicity we consider a periodic chain with \(L/2\) even, which means that in the zero magnetization sector there is an even number \(N = L/2\) of fermions in the system. All the calculations can be trivially extended to the odd particle case. In terms of the Jordan–Wigner fermions of equation (10), the perturbative potential \(V = \Delta_f H_z\) can be written as

\[ V = \Delta_f \sum_{j=1}^{L} \left( n_j - \frac{1}{2} \right) \left( n_{j+1} - \frac{1}{2} \right) = \Delta_f \sum_{j=1}^{L} \left( n_j n_{j+1} - \frac{1}{2} (n_j + n_{j+1}) + \frac{1}{4} \right). \]  

\[ \text{doi:10.1088/1742-5468/2016/01/013104} \]
where \( n_j = c_j^\dagger c_j \). We can drop the constant term and the terms proportional to the particle number \( \hat{N} = \sum_{j=1}^L n_j \) since they represent just shifts of the energy and are irrelevant for a perturbative expansion. Using again momentum operators defined in equation (11) the only relevant contribution can be written as

\[
\sum_{j=1}^L n_j n_{j+1} = \frac{1}{L^2} \sum_{j=1}^L \sum_{p,q,r,s} e^{-i(p-q+r-s)} c_{p,j}^\dagger c_{q,j}^\dagger c_{r,j} c_{s,j}^\dagger .
\]  

(59)

Carrying out the sum over the spatial indices we find the condition \( q + s = p + r \), which is nothing but the momentum conservation. After these considerations we can rewrite the perturbative potential for the periodic chain as

\[
V = \Delta \frac{1}{L} \sum_{p,q,r} e^{i(p-q)} c_{p,j}^\dagger c_{q,j}^\dagger c_{r,j} c_{p-j+r} .
\]

(60)

Let us now formally write the expression for the corrected overlap. Given \(|\Phi\rangle\) the ‘corrected eigenstate’ with \( \lim_{\Delta \to 0} |\Phi\rangle = l(k_\alpha \alpha = 1) \), the latter being an eigenstate of the XX chain that obeys the selection rules (‘pair condition’ (29) and zero total momentum), we obtain

\[
\langle \Psi_{\sigma}|\Phi\rangle = \sqrt{2} \left( \frac{1}{L} \right)^{L/4} \left( \det_{1 \leq j, \alpha \leq L/2} (e^{2ik_j}) + \sum_{\{k\}} \langle \{k\}|V|\{k'\}\rangle \right) \frac{\det_{1 \leq j, \alpha \leq L/2} (e^{2ik'_j})}{E_k - E_{k'}} ,
\]

(61)

where the states \( |\{k\}\rangle = |k_\alpha L/2 \rangle \) and \( |\{k'\}\rangle = |k'_\alpha L/2 \rangle \) are eigenstates of the free fermionic Hamiltonian. Here, we only choose states \( |\{k\}\rangle \) for which the energy value \( E = \sum_{\alpha=1}^{L/2} \cos(k_\alpha) \) is non-degenerate, such that the energy difference in the denominator is never zero. Normalizing with \( \langle \Psi_{\sigma}|\{k\}\rangle \) we obtain

\[
\left| \frac{\langle \Psi_{\sigma}|\Phi\rangle}{\langle \Psi_{\sigma}|\{k\}\rangle} \right| = 1 - \sum_{\{k'\}} \frac{\langle \{k\}|V|\{k'\}\rangle}{E_k - E_{k'}} ,
\]

(62)

where we used that the determinant under the sum is either zero or always given by the same absolute value \( |\det_{1 \leq j, \alpha \leq L/2} (e^{2ik_j})| \). The prime at the sum means that it is restricted to the ‘nonzero overlap states’. The perturbative potential (60) connects states \( |\{k\}\rangle \) and \( |\{k'\}\rangle \) in which just two momenta are exchanged. Due to the selection rule (29) we have that

\[
l_{k_\alpha - k'_\alpha} = \pi, \quad l_{k_\beta - k'_\beta} = \pi .
\]

(63)

Therefore, the energy difference in the denominator can be written as

\[
E_k - E_{k'} = \cos(k_\alpha) + \cos(k_\beta) - \cos(k'_\alpha) - \cos(k'_\beta) = 2(\cos(k_\alpha) + \cos(k_\beta)) .
\]

(64)

Furthermore, for the numerator, we obtain after a short calculation

\[
|\langle \{k\}|V|\{k'\}\rangle| = \frac{4\Delta}{L} \sin^2 \left( \frac{k_\alpha - k_\beta}{2} \right) .
\]

(65)

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The sign of $\langle \{k\}|\psi\rangle$ is fixed by the order of momenta of the states $|\{k\}\rangle$ and $|\{k'\}\rangle$. It exactly cancels the sign coming from the determinant that we pulled out of the sum in equation (61). The relative minus sign in front of the sum in equation (62) is due to the factor $e^{i(p-q)}$ in equation (60) and comes from the fact that the momenta $k_\alpha, k_\beta$ and $k'_\alpha, k'_\beta$ differ by $\pm \pi$. In summary, we find

$$\sum_{\alpha} \Psi_\Phi -\Psi = -\Delta + \sigma_\alpha \sigma_\beta \alpha \beta = \langle \Psi_{\sigma_\alpha} | \phi \rangle_{\sigma_\beta} / 2 \sin (k_\alpha - k_\beta) / L .$$ (66)

Following the definition (9) in section III.B, we call the quantity in equation (66) the ‘normalized shift’ and the numerator of the left-hand side just the ‘shift’. In figure 8 we plot the perturbative results (66) for the nonzero overlaps for $\Delta_f = 0.01$ and $L = 48$. (We plot the predictions for actual overlaps instead of the normalized shifts.) The perturbative treatment only covers non-degenerate states. Hence, a quantitative comparison with the numerical data of figure 2(a) is not appropriate. However, non-degenerate perturbation theory clearly reproduces the main features of the data. Figure 8 shows the overall shape to be very similar to that seen in the inset to figure 2(a), with two branches each having an overall upward slope. The perturbative approach explains the shift being proportional to $\Delta_f$ (by providing a non-vanishing contribution at first order in $\Delta_f$, see above). In addition, we will show in the subsection below that the result (66) implies that the smallest and largest normalized shifts grow linearly with $L$, so that the normalized average branch shifts grow linearly with $L$, as found numerically, see figure 2(b).

The perturbative prediction in figure 8 also shows some substructures, e.g. each branch is further split (recursively) into sub-branches. It is unclear whether such substructures might survive when the degenerate states are taken into account, or when higher-order corrections are included. In addition, substructures in the XXZ spectrum are often heavily determined by boundary conditions [110, 112, 121]. So, they can be expected to be different for periodic and open boundary conditions. A detailed study of such substructures is beyond the scope of the current work.
5.B. $L$-dependence of smallest and largest shifts

In order to see how the normalized shift scales with $L$ we compute the sum in equation (66) for large system sizes $L$. First of all, we observe that the shift is minimal in absolute value and opposite for the ground state and the highest energy state. For the latter the momenta are uniformly distributed between zero and $\pi/2$ as well as between $-\pi/2$ and $\pi/2$. So, $k_\alpha = \frac{2\pi}{L}(\alpha - 1/2)$ with $-L/4 + 1 \leq \alpha \leq L/4$ and the sum over momenta turns in the thermodynamic limit into an integral from $-\pi/2$ to $\pi/2$ with prefactor $L/(2\pi)$. Therefore, the double sum of the right-hand side of equation (66) can be written as

$$\sum_{\alpha, \beta=1}^{L/2} \frac{\sin^2\left(\frac{k_\alpha - k_\beta}{2}\right)}{\cos(k_\alpha) + \cos(k_\beta)} \rightarrow \frac{1}{2} \left(\frac{L}{2\pi}\right)^2 \int_{-\pi/2}^{\pi/2} \int_{-\pi/2}^{\pi/2} \frac{\sin^2\left(\frac{k-q}{2}\right)}{\cos(k) + \cos(q)} dk dq = \frac{L^2}{2} \left(\frac{1}{4} - \frac{1}{2\pi}\right).$$

(67)

Together with the small prefactor $2\Delta_f/L$ in the perturbative potential (60) this eventually leads to a normalized shift of $-L\Delta_f(1/4 - 1/(2\pi)) \approx -0.090\,85\,L\Delta_f$ for the highest energy state and, similarly, $L\Delta_f(1/4 - 1/(2\pi)) \approx 0.090\,85\,L\Delta_f$ for the ground state. This means that as we increase the system size $L$ we have to consider smaller and smaller values of $\Delta_f$, i.e. $\Delta_f \ll 1/L$. Otherwise, we are not in the perturbative regime anymore.

To summarize, if we increase the value of the final anisotropy from $\Delta_f = 0$ to $\Delta_f \ll 1/L$, a gap opens in the nontrivial part of the overlap distribution, which we call ‘splitting’ and which scales as $2^{-L/4+1/2}$ with prefactor $\Delta_f(1/2 - 1/\pi)$, i.e. twice the scaling factor of the shift of the ground state.

Furthermore, the largest value of the shift can be easily computed, too. Our numerical investigation shows that the state that belongs to the largest split is basically given by the set of momenta of the highest energy state where the two innermost momenta $\pi/2$ are replaced by the two momenta $\pi/2$. This leads to an additional contribution with respect to the dominating part of the highest energy state, i.e. $L\Delta_f(1/(2\pi) - 1/4)$, of

$$\frac{2\Delta_f}{L} \cdot \sum_{k_j} \frac{\sin^2\left(\frac{\pi - \frac{k_j}{2L}}{2L}\right)}{\cos\left(\pi - \frac{k_j}{L}\right) + \cos(k_j)} = -\frac{2\Delta_f}{L} \cdot 4 \sum_{m=2}^{L/4} \frac{\sin^2\left(\frac{\pi - \frac{m}{2L} - \pi/2L(2m-1)}{2L}\right)}{\cos\left(\frac{\pi}{2L}(2m-1)\right)} \approx \frac{8\Delta_f}{L} \sum_{m=2}^{L/4} \frac{1}{1 - \frac{\pi^2}{2L^2} - \left(1 - \frac{\pi^2}{2L^2}\right)} \approx \frac{4L\Delta_f}{\pi^2}.$$

(68)

The first factor 2 in front of the sum comes from the fact that both innermost momenta are replaced, the second factor 2 from the fact that the remaining momenta $k_j$ are symmetrically distributed around zero (modulo periodicity of $2\pi$). Hence, the largest shift also scales like $2^{-L/4+1/2}$, now with the prefactor $\Delta_f(4/\pi^2 + 1/(2\pi) - 1/4) \approx 0.314\,44\,\Delta_f$. 

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In figure 8, the large-$L$ predictions for maximum and minimum values of the shifted overlaps, equations (67) and (68), are indicated with horizontal dotted/crossed lines.

6. Quenches from $\Delta_i \gg 1$ to $\Delta_f = 0$: analytical results

In this section we use a perturbative approach to explain one of the features of the overlap distribution that can be observed in the quench protocol from $\Delta_i$ large but finite to the free fermion point $\Delta_f = 0$. As it can be seen in figure 4, the nontrivial part of the overlap distribution is rather smooth as a function of $E_n$, and decreases roughly linearly with $E_n$. The slope increases with decreasing $\Delta_i$. This behavior is in sharp contrast to the splitting structures of the $\Delta_f = \infty \rightarrow \Delta_f \ll 1$ case. In the following we will use perturbation theory in $1/\Delta_i$ to show that the normalized shift is proportional to $E_n$ at first order (for periodic chains), which explains the smooth behavior of the $|c_n|$’s as a function of $E_n$. We will also compute the quadratic correction by making use of second order perturbation theory.

For simplicity we consider a periodic chain. In the case of an open chain the main steps of the following calculation can be similarly performed, but there are complications because of the edges. The initial state $|\Psi_0\rangle$, which is the ground state at large but finite $\Delta_i$, is adiabatically connected to the state $|\Psi_0\rangle$, which we have used as the initial state for $\Delta_i = \infty$:

$$\lim_{\Delta_i \to \infty} |\Psi_0\rangle = |\Psi_0\rangle \quad \text{with} \quad \sigma = (-1)^{L/2}. \quad (69)$$

In order to make the perturbative calculation mathematically stringent, we divide the initial Hamiltonian (and henceforth all corresponding energies) by $\Delta_i$. We consider the second term in

$$H_i/\Delta_i = \sum_{j=1}^{L} S_j^z S_{j+1}^z + \frac{1}{\Delta_i} \sum_{j=1}^{L} \frac{1}{2} (S_j^+ S_{j+1}^- + S_j^- S_{j+1}^+) = H_2 + \Delta_i^{-1} H_{xx} \quad (70)$$
as a small perturbation.

In order to analyze the overlaps $\langle \{k_\alpha\}_{\alpha=1}^{L/2} |\Psi_0\rangle$, where $|\{k_\alpha\}_{\alpha=1}^{L/2}\rangle$ are the eigenstates of the final Hamiltonian with $\Delta_f = 0$, perturbatively, we expand the ground state $|\Psi_0\rangle$ of $H_i$ in the small parameter $1/\Delta_i$,

$$|\Psi_0\rangle = |\Psi_0^{(0)}\rangle + \Delta_i^{-1} |\Psi_0^{(1)}\rangle + \Delta_i^{-2} |\Psi_0^{(2)}\rangle + \ldots \quad (71)$$

The zeroth-order (unperturbed) wavefunction is $|\Psi_0^{(0)}\rangle = |\Psi_0\rangle$.

The energy eigenvalue $E_\sigma$ of $|\Psi_\sigma\rangle$ is two-fold degenerate at zeroth order and the corresponding other state is simply $|\Psi_{-\sigma}\rangle$. Since the two states $|\Psi_{-\sigma}\rangle$ and $|\Psi_0\rangle$ (with $\sigma$ fixed) are both eigenstates of the translation operator with opposite eigenvalues $-\sigma$ and $\sigma$, we deduce $\langle \Psi_{-\sigma} |\Psi_0\rangle = 0$. This means that $|\Psi_{-\sigma}\rangle$ does not appear in any expansion of $|\Psi_0\rangle$. We can therefore apply non-degenerate perturbation theory. Using $|\Psi_0^{(0)}\rangle = |\Psi_\sigma\rangle$ the higher order corrections read

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\[ |\Psi_0^{(1)}\rangle = \sum_{|n^{(0)}\rangle = |\Psi_{\sigma}\rangle} |n^{(0)}\rangle \frac{\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle}{E_{\sigma} - E_{n}^{(0)}}, \quad (72) \]

\[ |\Psi_0^{(2)}\rangle = \sum_{|n^{(0)}, |n^{(0)}\rangle = |\Psi_{\sigma}\rangle} |n^{(0)}\rangle \frac{\langle n^{(0)}| H_{xx}|n^{(0)}\rangle}{E_{\sigma} - E_{m}^{(0)}} \frac{\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle}{E_{\sigma} - E_{n}^{(0)}} - \sum_{|n^{(0)}\rangle = |\Psi_{\sigma}\rangle} |n^{(0)}\rangle \frac{\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle}{(E_{\sigma} - E_{n}^{(0)})^2} \frac{1}{2} |\Psi_{\sigma}\rangle \sum_{|n^{(0)}\rangle = |\Psi_{\sigma}\rangle} |\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle|^2 \frac{1}{(E_{\sigma} - E_{n}^{(0)})^2}, \quad (73) \]

where \( E_{n}^{(0)} \) is the eigenvalue of \( H_z \) with eigenstate \( |n^{(0)}\rangle \).

We first compute the matrix elements in the numerator of equation (72):

\[
\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle = \frac{1}{\sqrt{2}} \langle n^{(0)}| \sum_{j=1}^{L} \frac{1}{2} (S_j^+ S_{j+1}^- + S_j^- S_{j+1}^+)(|N_j\rangle + \sigma|N_j\rangle) \]

\[
= \frac{1}{2\sqrt{2}} (\delta_{|n^{(0)}\rangle = |S_1\rangle} + \sigma \delta_{|n^{(0)}\rangle = |S_2\rangle}, \quad (74) \]

where \( S_{1,2} \) are the spaces spanned by the states \( |s^{(1,2)}_j\rangle = (S_j^+ S_{j+1}^- + S_j^- S_{j+1}^+)|N_{1,2}\rangle \), \( j = 1, \ldots, L \), i.e. the space spanned by the spin configurations obtained via a single neighboring spin pair flip from a Néel state. The energies \( E_n^{(0)} \) are all the same, independent of the choice of \( |n^{(0)}\rangle \in S_{1,2} \) and given by \( E_n^{(0)} = -L/4 + 1 \). Therefore, \( E_{\sigma} - E_n^{(0)} = -1 \) for all \( |n^{(0)}\rangle \in S_{1,2} \) and, henceforth,

\[ |\Psi_0^{(1)}\rangle = -\frac{1}{\sqrt{2}} \left( \frac{1}{2} \sum_{|n^{(0)}\rangle \in S_1} |n^{(0)}\rangle + \sigma \frac{1}{2} \sum_{|n^{(0)}\rangle \in S_2} |n^{(0)}\rangle \right) = -H_{xx}|\Psi_{\sigma}\rangle. \quad (75) \]

Thus, the first-order term is obtained by application of \( H_{xx} \) on the initial state (a similar trick was used in [134]).

Using that the states \( \{|k\rangle\} = \{|k_{\alpha}\rangle_{\alpha=1}^{L/2}\} \) are eigenstates of the Hamiltonian \( H_{xx} \) with energy \( E_k \) we obtain up to first order

\[ \langle \{k\}| \Psi_0 \rangle = 1 - \frac{E_k}{\Delta_i}. \quad (76) \]

The second order term is a bit more involved. The first term in equation (73) can be computed as

\[ \sum_{|m^{(0)}\rangle = |\Psi_{\sigma}\rangle} \langle m^{(0)}| H_{xx}|n^{(0)}\rangle \frac{\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle}{E_{\sigma} - E_{m}^{(0)}} \frac{\langle n^{(0)}| H_{xx}|\Psi_{\sigma}\rangle}{E_{\sigma} - E_{n}^{(0)}} - \sum_{|m^{(0)}\rangle = |\Psi_{\sigma}\rangle} \sum_{|n^{(0)}\rangle = |\Psi_{\sigma}\rangle} |m^{(0)}\rangle \frac{\langle m^{(0)}| H_{xx}|n^{(0)}\rangle}{E_{\sigma} - E_{m}^{(0)}} \frac{\delta_{|m^{(0)}\rangle = |S_1\rangle} + \sigma \delta_{|m^{(0)}\rangle = |S_2\rangle}}{2\sqrt{2}}. \quad (77) \]

For each fixed state \( |n^{(0)}\rangle \in S_1 \cup S_2 \) there are of order \( L^2 \) many terms for which the flipped spins do not connect to each other and for which the energy difference is simply \( E_{\sigma} - E_{m}^{(0)} = -2 \). In contrast, there are only of order \( L \) many terms for which the energy
difference is not given by this value. We drop these terms because they are subleading in $L$. Since the second and the third term in equation (73) are also negligible with respect to the leading contribution, we obtain

$$|\psi_0^{(2)}\rangle = -\frac{1}{2}(H_{xx})^2|\psi_0\rangle.$$ (78)

The normalized overlap therefore reads, up to second order in $1/\Delta_i$ and by neglecting the $1/L$ contributions,

$$\frac{|\langle \{k\}|\psi_0\rangle|}{|\langle \{k\}|\psi_0\rangle|} = 1 - \frac{E_k}{\Delta_i} + \frac{1}{2} \left(\frac{E_k}{\Delta_i}\right)^2 - \ldots.$$ (79)

This provides a second order correction for the nontrivial part of the overlap distribution in the quench protocol from $\Delta_i \gg 1$ to $\Delta_i = 0$.

Note that the energy $E_k$ is extensive and bounded by $|E_k| \leq L/\pi$. So, if the condition $L/\pi \ll \Delta_i$ is fulfilled, we expect the perturbation series to converge. The data for open chains from numerical exact diagonalization, see figure 4, is described reasonably well by the large-$L$ perturbative results derived in this section for periodic chains.

7. Conclusions

Motivated by the observation that the overlap distribution is important for many aspects of quench dynamics, in this work we have considered a prominent paradigm model, the XXZ chain, and undertaken a systematic study of the properties of the overlap distribution for quenches of the anisotropy parameter $\Delta$. Using numerical exact diagonalization, we have provided a broad overview of the features of the overlap distribution, for quenches from various values $\Delta_i$ to various values of $\Delta_f$.

In particular, we have thoroughly analyzed the quench from $\Delta_i = \infty$ to $\Delta_f = 0$, i.e. when the initial state is of the form (8) (combination of Néel states) and the post-quench Hamiltonian is described by a free-fermion theory through Jordan–Wigner transformation. The overlap distribution in this case has the remarkable feature of being ‘flat’: all nonzero overlaps have the same value. (A flat distribution was also found for the q-boson model quenched to $q = 1$ [134].) Using the free-fermion structure of the post-quench eigenstates, it was possible to analyze the overlap distribution analytically, to express the overlaps using determinant formulas, and to explicitly calculate their values (see section IV). The states that have nonzero overlap can be chosen using certain ‘selection rules’. One rule arises from the spatial structure of the Néel states, while a second rule arises from the symmetry of the initial state (8), in terms of translation (periodic boundary conditions) or reflection (open boundary conditions). The ‘selection rules’ for the periodic chain have been compared with results that we derived from recently obtained Bethe Ansatz formulas [123–125]. We found that these rules can be equivalently expressed in terms of adjacent corners of rectangles in the pattern of possible XX Bethe roots. We also provided two example applications of our detailed understanding of the overlap distribution for the $\Delta_i = \infty \rightarrow \Delta_f = 0$ quench. Using the selection rules, we were able to provide concise expressions for the Loschmidt echo (return probability) as well as equal-time two-point correlators after the quench.
In particular, time-dependent transverse correlators, $\langle S_j^+ S_{j+n}^- \rangle$, are somewhat nontrivial due to Jordan–Wigner strings. We provide determinant formulas for such correlators, derived by making use of the selection rules.

For quenches from $\Delta_i = \infty$ to small $\Delta_f > 0$, the overlap distribution shows a splitting structure which we analyzed perturbatively (perturbation in $\Delta_f$, see section V). For quenches from large $\Delta_i \gg 1$ to $\Delta_f = 0$, the overlap distribution acquires a simple dependence on energy which we analyzed using perturbation theory in $1/\Delta_i$, see section VI.

The present work is related in various ways to recent advances in non-equilibrium physics. Many recent publications have provided overlap distributions for specific quenches. This motivates systematic studies like the present one. Using the Bethe Ansatz, formulas are now available [123–125] for the overlap between Néel states and Bethe eigensates at any $\Delta$. Since the use of these results requires knowledge of the Bethe roots describing all eigenstates, it is technically challenging to explore overlap distributions using this approach. Our numerical overview and detailed explicit analysis of specific cases thus provides specific contexts for these general technical results. Our applications to Loschmidt echoes and correlators can be compared with existing calculations of the Loschmidt echo [40, 67] and of longitudinal correlators [99]. In contrast to these approaches, we have used the structure of the overlap distribution to derive time-dependent quantities. This has allowed us to obtain some new expressions. Finally, certain overlaps with low energy eigenstates in the gapless phase $|\Delta_i| < 1$ can be studied using field-theoretical methods. In particular, subleading terms in such overlaps [136–138] allow to access universal data about the underlying conformal field theory. Our focus here, in contrast, has been on the full spectrum, not just low-energy physics.

This work opens up many new questions. First of all, the present study is by no means exhaustive. There are features of the overlap distribution in the XXZ chain which remain to be analyzed in detail. For example, the physical nature of the eigenstates which have large overlap for $\Delta_i = 0$ to $\Delta_f$ of order one quenches (or vice versa), are unclear and might deserve further study. Second, in addition to the applications we have provided for the cleanest case ($\Delta_i = \infty \rightarrow \Delta_f = 0$), it might be possible to exploit the observations on overlap distributions in other quench protocols (other $\Delta_i$ and $\Delta_f$) to extract properties of the time dependence of Loschmidt echoes and correlation functions. Finally, it would certainly be interesting to analyze overlap distributions in a series of other models. One could ask, for example, whether integrability plays a general role in determining the features of the overlap distribution.

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