In Vitro Plant Regeneration of *Andrographis Paniculata* Nees Using Mature Zygotic Embryonic Explants

Vikram Paritala, Arifullah Mohammed* and Fatimah Kayat

Department of Agro Based Industry, Universiti Malaysia Kelantan Jeli Campus, Malaysia

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*Corresponding author: Arifullah Mohammed, Department of Agro Based Industry, Universiti Malaysia Kelantan Jeli Campus, 17600, Jeli, Kelantan, Malaysia, Email: aurifullah@umk.edu.my

**Abstract**

A rapid method for the large-scale propagation of *Andrographis paniculata* through *in vitro* culture of embryonic explants has been developed. Adventitious shoot regeneration from embryonic explants was possible in case of cotyledons and root decapitated embryonic axis among all the tested embryonic explants. High frequency of adventitious shoot formation was observed within 30 days from embryonic explants and shoot induction followed either direct regeneration on MS medium supplemented with BAP or indirect adventitious shoot regeneration in TDZ. BAP was more effective than other cytokinins used for direct adventitious shoot induction from both the embryonic explants of *A. paniculata* with BAP 1.5mg/L producing 73% shooting and 12.3 shoots per explants while study in cotyledons showed best response in BAP 3.0 mg/L with 52% shooting and 9.3 shoots per explants. While TDZ 1.0mg was effective in indirect shoot regeneration among the different concentrations tested with 26% shoot regeneration from embryonic axis with 3.3 shoots and 76% from cotyledons with 6 shoots per explants. Shoots elongated in MS media with GA 0.5mg/L are effectively rooted in half strength MS media with IBA 0.5mg/L and a high percentage of (82.5%) plants were successfully hardened in soil, sand and vermiculite (1:1:1).

**Keywords:** Cotyledons; Decapitated embryonic axes; Direct shoot organogenesis; BAP; TDZS

**Introduction**

The use of herbal medicine has increased significantly in the last decade resulting in a huge impact on the medicinal plants and especially those collected from the wild [1]. Medicinal plants with elite characteristics and large quantity of planting material is an important prerequisite in medicinal plant culture for producing large quantities of phytochemicals. Tissue culture is the most often used technique for producing large quantity of elite planting material for past 30 years. Organogenesis is the most common way of *in vitro* regeneration and is the rate determining step for successful propagation in plants. Adventitious shoot organogenesis is a reliable technique for clonal propagation as it produces large number of plantlets in a short time and less resources. The propagation rates via organogenesis can be much higher than auxiliary shoot proliferation [2]. The occurrence of uncontrolled and random spontaneous variation during adventitious organogenesis is a major problem [3]. Direct adventitious shooting without an intervening callus phase minimises these variations [4] and the plants produced were genetically stable [5] whereas regeneration via an intermediate callus phase increases the possibility of somaclonal variations [6].

*Andrographis paniculata* is a potential medicinal plant with medicinal activities ranging from common cold to fatal cancer. It is vividly used in traditional systems of almost all East Asian, South and Southeast Asian countries. The main active ingredients are believed to be lactone terpenoids especially andrographolide, dehydroandrographolide, neoandrographolide and deoxandrographolide [7]. Andrographolide is proved to be effective in treatment of various diseases conditions like inflammation, cold, HIV, cancer and in developmental stage of being incorporated as anti cancer drug [8]. The conventional methods of propagation in *A. paniculata* are difficult and slow with problems in seed germination [9].

Although there is existing protocols of micropropagation in *A. paniculata* using leaf and node explants a new, simple and efficient method was developed for multiple shoot regeneration.
using embryo explants. The choice of an effective explant is a basic requirement for plant regeneration protocol [5,10]. Embryo culture is an important milestone for mass micro propagation in many plants along with relactariants because of their juvenile nature [11] and can be manipulated by growth regulators resulting in adventitious bud formation [12]. Embryonic explants have been used for micropropagation and genetic transformation [13]. Direct shoot regeneration has been reported in many plants from zygotic embryo explant in Boscia Senegalensis [14], Cajanus cajan [15], from decapitated embryonic axes in Cicer arietinum [16], Clitoria ternatea [17] and cotyledons in Benincasa hispida [18] and Ricinus communis [19].

Materials and Methods

Sterilization of explants

Partially matured pods were rinsed twice with sterile distilled water then immersed in 75% ethanol for 1min, rinsed with sterile distilled water once and immersed for 10min in a solution of 5% sodium hypochlorite and 1ml Tween 20 and rinsed thrice in sterile distilled water. Embryos were dissected out and cotyledons and embryonic axes with decapitated root apices were used as explants.

Types of embryonic explants used

![Types of embryonic explants](image)

In this study, the embryos were cut forming four types of explants along with embryo as fifth explant were used to know shoot forming capability (Figure 1). The first one cotyledons, second one embryonic axis, the third one embryonic axes prepared by cutting a small part of rooting end from the bottom and the fourth one by cutting shoot meristem from the top and a small part of rooting end from the bottom and the fifth one by cutting embryo explant in (v)embryonic axes with decapitated root and root tip.

In vitro direct adventitious shoot regeneration protocol from embryonic explants was developed for rapid multiplication of A. paniculata. Shoot induction was studied in embryo, cotyledons, embryonic axes, embryonic axes with decapitated root and embryonic axes with decapitated shoot and root. Of all the five types of explants chosen, cotyledons and embryonic axes with decapitated root end was able to produce shoots with shooting responses of 24% and 62% (Table 1) while full embryos and embryonic axes were germinated forming plantlets, embryonic axis with decapitated shoot and root was completely unable to show growth response (Figure 2).

Results

| Type of Explant          | Percentage Growth Response | Percentage Shooting Response |
|--------------------------|----------------------------|------------------------------|
| Embryo                   | 91.1±2.2a                  | NR                           |
| Embryo axes              | 88.9±5.9a                  | 4.4±2.2c                     |
| Cotyledon                | 84.4±2.2a                  | 24.4±2.2b                    |
| Root decapitated embryonic axes | 68.9±5.9b                | 62.2±5.9a                    |
| Shoot and root decapitated embryonic axes | 2.2±2.2c                | NR                           |

Observations after 45 days, mean±standard error followed by the same alphabet in the same column are not statistically different (P<0.05), NR-no response.

In vitro direct adventitious shoot regeneration protocol from embryonic explants was developed for rapid multiplication of A. paniculata. Shoot induction was studied in embryo, cotyledons, embryonic axes, embryonic axes with decapitated root and embryonic axes with decapitated shoot and root. Of all the five types of explants chosen, cotyledons and embryonic axes with decapitated root end was able to produce shoots with shooting responses of 24% and 62% (Table 1) while full embryos and embryonic axes were germinated forming plantlets, embryonic axis with decapitated shoot and root was completely unable to show growth response (Figure 2).
Plantlets were efficiently regenerated by both direct and indirect adventitious shooting from seed-derived cotyledon and decapitated embryonic axes explants in MS media containing BAP, BAP+IBA, TDZ 1.0mg/L, 2 IP 3mg/L while BAP+NAA, KIN, KIN+IBA, KIN+NAA, 2 IP 1, 1.5, 2mg/L, 2 IP +IBA, 2IP +NAA, TDZ0.1, 0.25, 0.5, 0.75 were unable to produce shoots (Table 2 & 3). Decapitated embryonic axes produced more shooting percentage and shoot number compared to cotyledons by direct regeneration where as cotyledons produced more shooting percentage (Table 2) and shoot number compared to decapitated embryo axes in indirect regeneration (Table 3).

**Table 2:** Effect of different PGRs on shooting response from root decapitated embryonic axes of *A. paniculata*

| PGRs Used (Mg/L) | Percentage Growth Response | Percentage Shooting Response | Average | No. of Shoots/Explants |
|------------------|----------------------------|-----------------------------|---------|------------------------|
| BAP 1.0          | 35.5±2.2 ij                | 53.3±6.7 b                  | 3.7±0.9 cd |                        |
| BAP 1.5          | 68.9±9.7 bcde              | 73.3±3.3 a                  | 12.3±1.4 a |                        |
| BAP 2.0          | 46.7±6.7 ghi               | 42.9±8.2 bc                 | 6.7±1.2 b  |                        |
| BAP 3.0          | 44.3±4.4 hi                | 19.0±4.8 de                 | 6.0±1.0 bc |                        |
| BAP 1.0+IBA 0.5  | 57.8±8.0 efgh              | 22.2±6.4 de                 | 2.7±0.3 cd |                        |
| BAP 1.5+IBA 0.75 | 64.4±8.0 de/g              | 33.3±3.3 cd                 | 5.0±0.6 bc |                        |
| 2IP 1.0+NAA 0.5  | 46.7±10.2 ghi              | 19.0±4.8 de                 | 3.3±0.9 cd |                        |
| BAP 1.0+NAA 0.5  | 91.1±4.4 a                 | NR                          | NR       |                        |
| BAP 1.5+NAA 0.75 | 82.2±5.9 abcd              | NR                          | NR       |                        |
| BAP 2.0+NAA 1.0  | 57.8±5.9 efgh              | NR                          | NR       |                        |
| KIN 1.0          | 35.6±8.0 ij                | NR                          | NR       |                        |
| KIN 1.5          | 48.9±4.4 fghi              | NR                          | NR       |                        |
| KIN 2.0          | 35.6±5.9 ij                | NR                          | NR       |                        |
| KIN 3.0          | 31.1±5.9 ij                | NR                          | NR       |                        |
| KIN 1.0+IBA 0.5  | 22.2±5.9 j                 | NR                          | NR       |                        |
| KIN 1.5+IBA 0.75 | 42.2±5.9 hi                | NR                          | NR       |                        |
| KIN 2.0+IBA 1.0  | 77.8±5.9 abcd              | NR                          | NR       |                        |
| KIN 1.0+NAA 0.5  | 66.7±3.8 cdef              | NR                          | NR       |                        |
| KIN 1.5+NAA 0.75 | 71.1±5.9 abcd              | NR                          | NR       |                        |
| KIN 2.0+NAA 1.0  | 84.4±5.9 abcd              | NR                          | NR       |                        |
| 2-IP 1.0         | 71.1±5.9 abcd              | NR                          | NR       |                        |
Table 3: Effect of different PGRs on shoot formation and on multiple shoot induction from cotyledons of A. paniculata.

| PGRs Used (Mg/L) | Percentage Growth Response | Percentage Shooting Response | Average No. Of Shoots/Explant |
|------------------|----------------------------|-----------------------------|-------------------------------|
| BAP 1.0          | 86.7±3.8 abcdef            | 12.8±2.6d e                 | 3.00±0.00 d                   |
| BAP 1.5          | 91.1±2.2 abcd              | 21.4±4.1cd                  | 5.00±1.00 bc                  |
| BAP 2.0          | 93.3±3.8 abc               | 26.2±4.8c                   | 6.7±0.88 b                    |
| BAP 3.0          | 95.6±2.2 ab                | 52.4±2.4b                   | 9.3±0.33 a                    |
| BAP 1.0+IBA 0.5  | 95.6±2.2 ab                | 11.9±2.4d e                 | 2.3±0.33 d                    |
| BAP 1.5+IBA 0.75 | 91.1±2.2 abcd              | 23.8±2.4c                   | 4.0±0.57 cd                   |
| BAP 2.0+IBA 1.0  | 77.8±5.9 de fgh            | 5.6±2.8e                    | 2.3±0.33 d                    |
| BAP 1.0+NAA 0.5  | 91.1±2.2 abcd              | NR                          | NR                            |
| BAP 1.5+NAA 0.75 | 84.4±2.2 abcdef            | NR                          | NR                            |
| BAP 2.0+NAA 1.0  | 75.5±2.2 efgh              | NR                          | NR                            |
| KIN 1.0          | 31.1±2.2k                  | NR                          | NR                            |
| KIN 1.5          | 40.0±3.8 ijk               | NR                          | NR                            |
| KIN 2.0          | 44.4±2.2 i j               | NR                          | NR                            |
| KIN 3.0          | 33.3±3.9 j k               | NR                          | NR                            |
| KIN 1.0+IBA 0.5  | 71.1±5.9 fgh               | NR                          | NR                            |
| KIN 1.5+IBA 0.75 | 64.4±2.2 abcdef            | NR                          | NR                            |
| KIN 2.0+IBA 1.0  | 48.9±2.2 cde fg            | NR                          | NR                            |
| KIN 1.0+NAA 0.5  | 71.1±4.4 fgh               | NR                          | NR                            |
| KIN 1.5+NAA 0.75 | 64.4±2.2 h                 | NR                          | NR                            |
| KIN 2.0+NAA 1.0  | 48.9±2.2 i                 | NR                          | NR                            |
| 2-IP 1.0         | 91.1±2.2 abcd              | NR                          | NR                            |
| 2-IP 1.5         | 91.1±5.9 abcd              | NR                          | NR                            |
| 2-IP 2.0         | 88.9±8.0 abcd              | NR                          | NR                            |
| 2-IP 3.0         | 84.4±5.9 abcd              | NR                          | NR                            |
| 2-IP 1.0+IBA 0.5 | 68.9±5.9 hl                | NR                          | NR                            |
| 2-IP 1.5+IBA 0.75| 82.2±5.8 bcdef             | NR                          | NR                            |
| 2-IP 2.0+IBA 1.0 | 86.7±3.8 abcde             | NR                          | NR                            |
| 2-IP 1.0+NAA 0.5 | 82.2±2.2 bcdef             | NR                          | NR                            |
| 2-IP 1.5+NAA 0.75| 95.6±2.2 ab                | NR                          | NR                            |
Shoot regeneration and number of shoots depended on the type of cytokinin and its concentrations used. Among the different PGRs tested direct regeneration of shoot buds were maximum from embryonic axis segments cultured on Murashige and Skoog (MS) medium supplemented with BAP 1.5mg/L with 73.3% shooting and 12.33 shoots per explant while study in cotyledons showed best response in BAP 3.0mg/L with 52.2% shooting and 9.33 shoots per explant. The initiation of direct organogenesis was noticed by 15 days, with protuberances appearance at the cut edge of the explants which develop into shoot lets around 15 days. Shoot initials arose from the bulging in the apical region of the embryonal axes within 15 days of dark incubation (Figure 3) while shoots were formed directly from cut ends of the cotyledon (Figure 4) indicating the formation of shoot buds from pre-existing meristematic regions. The explants and their shoots became green under the influence of light and a few of these shoots were elongated and others stunted. The addition of auxins to BAP resulted in decreased or complete inhibition of shooting (Table 2 & 3). IBA when added to BAP resulted in reduction of shooting response and number of shoots formed in both explants but the shoots formed faster, complete and longer than compared to BAP alone. While addition of NAA induced callus and completely inhibited the organogenesis process. The shoot cluster were cut into small clusters of 3-5 shoots per bunch and subcultured in BAP 1.5mg/L, significantly increased the rate of shoot multiplication by the end of the subculture resulting in 30-40 shoots/explant.

While indirect adventitious shoot organogenesis was observed in the case of TDZ treatments with maximum shoot regeneration of 26% from embryonic axis with 3.33 shoots and 76% from cotyledons with 6.0 shoots/explant at 1mg/L of TDZ (Table 2, Table 3). On the media supplemented with different TDZ concentrations, both explants were initially developed in to full grown cotyledons and embryonic axes and later produced green friable calli. After three weeks shoot buds were differentiated on the surface of these calli in media containing TDZ 1.0mg/L only (Figure 5). TDZ in the medium had induced higher frequency of organogenesis; however, the frequency of shoot formation was not as high as that of BAP. Therefore, these results suggest the use of BAP for efficient shoot multiplication from the cotyledonal and embryonic explants for A. paniculata conservation.

These microshoots when cultured in media supplemented with BAP 0.5mg/L, NAA 0.05mg/l and GA3 0.5 mg/l elongated into 2-3cm long plantlets in 30-40 days. Elongated microshoots were efficiently...
rooted in half MS media containing IBA 0.5mg/L (Figure 6) with 81% rooting percentage and the rooted plants were acclimatized successfully in green house with 82.5% survival.

Discussion

The type of explant is an important factor for morphogenesis in tissue culture. In the study for explants with multiple shooting capability, out of the 5 explants tested only cotyledons and embryonic axes with decapitated root end was able to produce shoots while embryos, embryonic axes and decapitated embryo axes with both shoot and root tip didn’t produce any result. Embryos and embryonic axes developed into plantlets where as decapitated embryonic axes with both shoot and root tip. Embryonic axes generally have apical and auxiliary meristems at the junction of the cotyledon that are competent for regeneration [20]. In many previous studies using different embryonic explants, embryonic axis with decapitated root tip proved to be efficient in induction of organogenesis compared to non decapitated embryonic axes explants and shoot end decapitated embryonic axes explants [21]. This may be due to the decapitation of embryonic axis which restricts is general path of developing into plantlet and results in accumulation of PGRs and multiple shoot induction from the meristematic ends of the embryonic axes. The removing of root tip presumably prevents radicle growth which also might stimulate multiple shoot production [22]. Explant with shoot meristem was superior to explants without shoot meristem because meristem cells have the high capacity for producing callus and regenerating shoot [14]. While cotyledons have meristematic tissue at the junction of embryonic axis and cotyledon which is developed into shoots indicating an existence of a polar phenomenon effecting morphogenesis [23].

After 4 days of incubation in dark, bulging of the proximal end of the cotyledon and decapitated embryonal axis were observed. Shoot initials arose from the bulging in the cotyledons and from the apical region of the embryonal axes within 15 days of dark incubation. This observation indicates the necessity of exposure of the explants to dark period for the initial induction of shoot formation as was earlier reported for *Zizyphus jujube* [24] and *Ricinus communis* [19]. The chief characteristic of tissues grown in dark is preservation of light-sensitive endogenous or exogenous plant growth regulators [25].

Kulkarni et al. [26] stated that the threshold concentrations of growth regulators required for organogenesis and optimal response differed for different explant types. Multiple shoots were successfully induced from decapitated embryonic axes using TDZ, BAP, Kinetin and ZEA in cotyledons and from BAP, 2IP, Kinetin and TDZ in embryonic axes. In the present study BAP and BAP with IBA and TDZ were effective in inducing shoots in both explants used compared to other hormones used. Among the cytokinins, the effectiveness of BAP was best, the frequency of organogenesis was higher than 50% in both explants and TDZ was better with shooting percentage of 76% for cotyledons and 26% for embryonic axis. However, the effectiveness of 2IP was quite week, their induction frequency was less than 20% and kinetin with no organogenesis. Similar results were observed in cassava with BAP and TDZ performing better than Kinetin and 2, IP [28]. While the number of shoots per explants in BAP is more compared to TDZ, 2 IP and KIN, similar kind of results were found in clonal propagation of *Clitoria ternatea* using decapitated embryonic axes explants the number of shoots/explant is significantly higher on BAP containing media than KIN and TDZ [17].

BAP induced adventitious shoot regeneration was previously reported from embryonic explants in crops such as *Vigna ungualata L.* [29], *Cajanus cajan* [30] and *Ochradenus arabicus* [31] and also effective than KIN in nodal regeneration form *Andrographis paniculata* [32]. The superiority of BAP predicted might be due to its easy permeability and increased affinity for active cell uptake [33,34]. BAP when added alone in the medium was the most effective plant growth regulator indicating the cytokinin specificity of decapitated embryonic axes of *C. ternatea* for multiple shoot regeneration [17]. BAP at 1.5mg/L was sufficient to induce maximum shooting in case of embryonic axis compared to 3mg/L in cotyledons. High concentrations of BAP induced direct shoot regeneration from the cotyledonary surface [35] whereas low concentrations favoured development of shoots from pre-existing meristem in embryonic axes [36]. This may be due to apical meristematic cells in the cotyledonary node which are sites for hormone synthesis and exhibit different needs of plant growth regulators for regeneration in comparison to other tissues [37]. In embryonic axes the increase of BAP more than 1.5mg/L led to decreased shooting response and shoot number similar to results observed in lentil [38]. BAP 1-2mg/L produced best response in embryo explants and decapitated embryo explants in previous studies.

Though it is well known that the concentration of auxin to cytokinin has a relative effect in the shoot organogenesis [39] in the present study the presence of auxin in the regeneration media decreased the efficiency of shoot induction by BAP which was observed when used alone. The above results were similar to a study in pigeon pea where 2.5mg/L BAP induced higher regeneration of shoot buds but addition of NAA and IBA reduced the regeneration capacity of shoots [40]. In the present study though the shooting response was low in media with BAP and IBA compared to media devoid of IBA but the shoots formed early and they were complete and elongated compared to those formed in BAP. In studies on fenugreek [41,42] reported the positive effects of IBA in the culture media on the shoot length. The addition of IBA to the medium containing BAP was effective in maintaining healthy shoot growth [43].

TDZ was earlier reported in many reports to enhance multiple shoot formation [44,45]. In the present study TDZ induced green nodular callus which in turn produced shoots which is similar in another study in *Ricinus communis* where green callus formed from cotyledonary nodes followed by shoot formation [19]. There have been several reports of significant TDZ effects on callus formation and shoot organogenesis in other species [24]. The
formation of callus in TDZ treatments could be due to its auxin-like and cytokinin-like activity and can be substituted for auxins or the combination of auxins and cytokinins in shoot induction studies [46]. Though TDZ induced 76% shoot regeneration in cotyledon explants the no of shoots developed is relatively less compared to BAP 3.0mg/L. According to Thiem [47] callus growth on explants usually interferes with the propagation process which may have affected the no of shoots in the present study. TDZ has been found to be most effective for multiple shoot induction from embryonic axis and cotyledons when used at a concentration of 1mg/L similar to studies in Cicer arrietinum and Pongamia pinnata [48].

When comparing the effect of cotyledon and decapitated embryonic axes explants on percentage of response and number of multiple shoots, the response of embryonic axes was better than cotyledon. Regeneration frequency is generally influenced by the type of explant and embryonic axes reacted better than the cotyledons [49] and whole embryonated cotyledon, sectional embryonated cotyledon, whole de-embryonated cotyledon, sectional de-embryonated cotyledon [50]. This is because of presence of apical and auxiliary meristematic tissue in the embryo axes that are primary sites of shoot regeneration compared to cotyledon which has a lesser amount meristematic tissue that is acquired from the embryonic axes during separation from embryonic axes.

For establishing an efficient micropropagation protocol, successful rooting of microshoots is a prerequisite to facilitate their establishment in soil. Throughout root induction studies, half strength MS basal medium was used due to the fact that low salt concentrations promote rooting [51]. The rooting media also needed strength MS basal medium was used due to the fact that low salt concentrations promote rooting [51]. The rooting media also needed for the establishment of healthy roots. IBA has been widely used to be void of cytokinin as cytokinin delays root establishment [52]. The rooting media also needed to be void of cytokinin as cytokinin delays root establishment [52]. Concentration and type of auxin in the medium was found to be the critical factor in producing healthy shoots. IBA has been widely used as a root inducing hormone in difficult-to-root plants both under in vitro and in vivo conditions [53-55] and IBA 0.5mg/L is proved to be effective in previous studies in A. paniculata [56-59].

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