### Supplementary file 1

**PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol**

| Section and topic       | Item No | Checklist item                                                                 | Page and section where item is reported               |
|-------------------------|---------|--------------------------------------------------------------------------------|-----------------------------------------------------|
| ADMINISTRATIVE INFORMATION |         |                                                                                |                                                     |
| Title:                  |         |                                                                                |                                                     |
| Identification          | 1a      | Identify the report as a protocol of a systematic review                       | Page 1, “Study title”                                |
| Update                  | 1b      | If the protocol is for an update of a previous systematic review, identify as such | Not applicable                                      |
| Registration            | 2       | If registered, provide the name of the registry (such as PROSPERO) and registration number | Page 2, “Registration details”                       |
| Authors:                |         |                                                                                |                                                     |
| Contact                 | 3a      | Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author | Page 1, “Authors”                                   |
| Contributions           | 3b      | Describe contributions of protocol authors and identify the guarantor of the review | Page 1, “Corresponding Author”                       |

| Amendments              | 4       | If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments | Page 1, “Amendments”                                |

| Support:                |         |                                                                                |                                                     |
| Sources                 | 5a      | Indicate sources of financial or other support for the review                  | Page 7, “Funding statement”                         |
| Sponsor                 | 5b      | Provide name for the review funder and/or sponsor                              | Not applicable                                      |
| Role of sponsor or funder | 5c | Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol | Not applicable                                      |

**INTRODUCTION**

| Rationale               | 6       | Describe the rationale for the review in the context of what is already known | Page 3, “introduction”, paragraph 1 and 2            |
### Objectives

Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)

Page 3, “introduction”, paragraph 3

### METHODS

#### Eligibility criteria

Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review

Page 4, “Study eligibility criteria”

#### Information sources

Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage

Page 4, “Search strategy”

#### Search strategy

Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated

Page 4, “Search strategy” Supplementary file II

#### Study records:

- **Data management**
  - **11a** Describe the mechanism(s) that will be used to manage records and data throughout the review
  - **11b** State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)
  - **11c** Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators

Page 5, “Data management”

- **Data collection process**
  - **11d** List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications

Page 5, “Data collection process”

Page 5, “Data items and outcome”

Page 6, “Data synthesis”

#### Outcomes and prioritization

List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale

Page 5, “Data items and outcome”

Page 5, “Risk of bias and quality assessment”

#### Risk of bias in individual studies

Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis

Page 6, “Statistical analysis”

Page 6,”Data synthesis”

#### Data synthesis

- **15a** Describe criteria under which study data will be quantitatively synthesised
  - **15b** If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as I², Kendall’s t)
  - **15c** Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)
  - **15d** If quantitative synthesis is not appropriate, describe the type of summary planned

Page 6, “Statistical analysis”

Page 6,”Data synthesis”

Page 6, “Data synthesis”

Page 6, “Data synthesis”

**Meta-bias(es)**

Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)

Page 6, “Meta-bias(es)”
Confidence in cumulative evidence

17 Describe how the strength of the body of evidence will be assessed (such as GRADE)

Page 6, “Confidence in cumulative evidence

* It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.

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