Effect of Food on the Pharmacokinetics of the Investigational Aurora A Kinase Inhibitor Alisertib (MLN8237) in Patients with Advanced Solid Tumors

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Abstract

Objective This study was conducted to characterize the effects of food on single-dose pharmacokinetics (PK) of the investigational Aurora A kinase inhibitor alisertib (MLN8237) in patients with advanced solid tumors. Methods Following overnight fasting for 10 h, a single 50 mg enteric-coated tablet (ECT) of alisertib was administered under either fasted (alisertib with 240 mL of water) or fed (high-fat meal consumed 30 min before receiving alisertib with 240 mL of water) conditions using a two-cycle, two-way crossover design. Patients on both arms were not allowed food for 4 h post-dose. Water was allowed as desired, except for 1 h before and after alisertib administration.

Results Twenty-four patients were enrolled and 14 patients were PK-evaluable (ten patients were not PK-evaluable due to insufficient data). Following a single oral dose of alisertib, median \( t_{\text{max}} \) was 6 h and 3 h under fed and fasted conditions, respectively. The geometric mean ratio of AUC\(_{\text{inf}}\) (fed- vs. fasted-state dosing) was 0.94 [90 % confidence interval (CI) 0.68–1.32]. The geometric mean \( C_{\text{max}} \) under fed conditions was 84 % of that under fasted conditions (90 % CI 66–106). Alisertib was generally well-tolerated; most common drug-related grade 3/4 adverse events included neutropenia (50 %), leukopenia (38 %), and thrombocytopenia (21 %).

Conclusions Systemic exposures achieved following a single 50 mg dose of alisertib administered as an ECT formulation after a high-fat meal are similar to those observed in the fasted state. Alisertib 50 mg ECT can be administered without regard for food.

ClinicalTrials.gov Identifier NCT00962091.
1 Introduction

Aurora A kinase (AAK) belongs to a highly conserved family of serine/threonine protein kinases and has a critical role in the formation and function of the mitotic spindle [1]. The AAK gene is amplified and/or the protein is overexpressed in multiple types of cancer, including bladder, breast, colorectal, upper gastrointestinal (GI), head and neck, lung, ovarian, pancreatic, and prostate cancer [2–10]. Ectopic expression of AAK leads to centrosome amplification, aneuploidy, and chromosome instability [11–13], suggesting that AAK dysfunction may have the potential to drive cancer progression. Overexpression of AAK has been shown to transform normal cells, indicating oncogenic potential [3, 13].

Alisertib (MLN8237) is an investigational, oral, selective AAK inhibitor that is in development for the treatment of advanced malignancies. Phase I clinical trials of alisertib demonstrated that alisertib is generally well-tolerated, with common toxicities, including myelosuppression, fatigue, and stomatitis [14–16]. Preliminary antitumor activity has been observed in a range of solid tumors in phase I and II trials [17]. Based on these early clinical studies, the recommended phase II dose of alisertib for patients with solid tumors was determined to be 50 mg twice daily for 7 days on a 21-day cycle [14, 15].

As alisertib is administered orally, the potential impact of food intake on oral bioavailability is an important consideration. The solubility of alisertib molecules is low in acidic pH; hence, the drug was originally developed as a buffered powder-in-capsule (PIC) formulation for initial phase I clinical studies [15]. Subsequently, the enteric-coated tablet (ECT) formulation was developed and is being evaluated in multiple studies. Alisertib demonstrated linear pharmacokinetics (PK) over the dose range of 5–200 mg/day, and in clinical trials was administered on an empty stomach prior to this food-effect assessment. The effect of food intake on PK may vary with the composition of the food consumed and with potential interactions with intestinal transport mechanisms and enzymes [18, 19]. The maximum effect of food on GI physiology is likely to be observed with a high-fat, high-calorie meal [20]. Food may delay gastric emptying, change GI pH, and increase splanchnic blood flow [20, 21]. Food can also alter the bioavailability of a drug by physically or chemically interacting with that drug [20]. This study investigated the effect of a high-fat meal on the single-dose PK of alisertib administered as a 50 mg ECT formulation, and the safety and activity of alisertib 40 to 50 mg twice daily (days 1–7, 21-day cycles) in patients with advanced solid tumors.

2 Patients and Methods

2.1 Study Design

This study was one part of an open-label, multicenter, phase I trial to characterize the effects of food on the single-dose PK of alisertib 50 mg ECT in patients with advanced solid tumors. The study used a two-cycle, two-way crossover design. Patients were randomized, in an approximate 1:1 ratio, to receive a single 50 mg dose of alisertib following or without a standard high-fat breakfast on day 1 of cycle 1, with the respective alternate food intake condition (fasted to fed, or fed to fasted) on day 1 in cycle 2 (Fig. 1). In the fed state, patients received a standard high-fat meal approximately 30 min before dosing [54 g fat, 46 g protein, 72 g carbohydrate, 1036 calories (two fried or scrambled eggs; two strips of bacon; two slices of toasted bread with two pats of butter; 60–120 g hash brown; 24–280 mL whole milk; and one cup of coffee or tea)]. Patients were to consume at least 75 % of the meal within 30 min, including the milk). In the fasted state, patients were required to fast overnight (approximately 10 h) before receiving the single alisertib dose on day 1 of cycle 1 and day 1 of cycle 2. In both fed and fasted conditions, no (additional) food was permitted for 4 h post-dosing.
During the remainder of cycle 1, alisertib ECT was administered at a dose of 40 mg twice daily from day 3 to the morning dose on day 9, followed by a 14-day rest period (i.e. a total of 14 unit doses in a 23-day cycle). A dose of 40 mg twice daily (80% of the maximum recommended dose of 50 mg twice daily [14, 15]) was used in cycle 1 to reduce the risk of potential toxicities that might prevent patients from continuing to cycle 2. Cycle 2 had the same structure as cycle 1, but the dose of alisertib on days 3–9 could be escalated to 50 mg twice daily based on tolerance of the 40 mg twice daily regimen in cycle 1. After cycle 2, alisertib (40 or 50 mg, based on the tolerance in cycle 1) twice daily was administered on days 1–7 in 21-day cycles, with the last dose on the evening of day 7, followed by a 14-day rest period.

Patients were enrolled to the study at three centers in the US. The study was conducted in accordance with the principles founded in the Declaration of Helsinki and Good Clinical Practice guidelines. The Institutional Review Board at each participating center reviewed and approved the study protocol and all authors provided written informed consent.

### 2.2 Patients

Key inclusion criteria included age ≥18 years; histologically or cytologically confirmed advanced solid tumor for which no effective standard treatment was available; Eastern Cooperative Oncology Group (ECOG) performance status of 0 or 1; and measurable disease according to the Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1 [22]. Patients had to have recovered (to grade ≤1 or to baseline status) from the reversible effects of any previous antineoplastic therapy [graded according to the National Cancer Institute’s Common Terminology Criteria for Adverse Events (NCI–CTCAE) version 3.0]. Patients required adequate hematologic, hepatic, and renal function, defined, respectively, as absolute neutrophil count ≥1500/µL and platelet count ≥100,000/µL; total bilirubin <1.5× the upper limit of normal (ULN), alanine aminotransferase or aspartate aminotransferase ≤2.5× ULN (up to 5× ULN allowed if attributable to the presence of liver metastases), and albumin greater than the lower limit of normal; and creatinine clearance ≥40 mL/min (calculated as per the Cockcroft–Gault equation).

Key exclusion criteria were symptomatic brain metastases; major surgery within 14 days, or radiotherapy or antineoplastic therapy within 21 days (6 weeks for nitrosoureas or mitomycin-C); autologous stem cell transplant within 3 months or any previous allogeneic stem cell transplant; treatment with clinically significant enzyme inducers such as enzyme-inducing antiepileptic drugs or St John’s wort within 14 days; recurrent nausea or vomiting within 14 days; any medical condition that required use of pancreatic enzymes [daily, chronic, or regular use of protein pump inhibitor or histamine (H2) receptor antagonists]; any known GI abnormality or procedure that could interfere with or modify the oral absorption or tolerance of alisertib; an uncontrolled cardiovascular condition; any active infection requiring systemic therapy or other serious infection within 30 days; and lactose intolerance that may preclude the ability to consume the glass of whole milk, which was required to be part of the high-fat meal.
2.3 Assessments

Blood samples for PK assessment were taken in cycles 1 and 2, immediately before the day 1 single dose of alisertib, and at 30 min, 1, 2, 3, 4, 6, 8, 10, 24, and 48 h after dosing, with the 48 h post-dose sample taken before dosing on day 3. Alisertib plasma concentrations were measured using liquid chromatography/tandem mass spectrometry, as described by Dees et al. [15].

Tumor response was assessed based on RECIST version 1.1 [22] at baseline, at the end of cycles 2, 4, and 6, and thereafter every 3 cycles (9 weeks) until disease progression. Regular safety assessments included hematology, clinical chemistry, vital signs, and ECOG performance status. Adverse events (AEs) were monitored throughout the study and graded using NCI–CTCAE version 3.0.

2.4 Statistical Methods

The PK-evaluable population included patients who received the single 50 mg doses of alisertib in cycles 1 and 2 and completed all the necessary PK evaluations following each day 1 dose. Patients who vomited within 6 h of taking the day 1 dose of alisertib, and patients who have taken medication that could compromise the PK assessments, were excluded from the PK-evaluable population. A sample size of 14 patients completing the protocol-specified PK evaluations was needed (evaluable patients were to consume at least 75 % of the meal, including the milk), based on the expected precision in estimating the ratio of geometric mean area under the concentration curve (AUC) and maximum observed plasma concentration ($C_{\text{max}}$) of alisertib in the fed versus fasted states. PK parameters were calculated by non-compartmental analysis using WinNonlin Enterprise version 5.3. Statistical analysis of PK parameters was performed using SAS software version 9.2 (SAS Institute, Cary, NC, USA). Descriptive statistics for plasma concentrations and PK parameters, including $C_{\text{max}}$, time to $C_{\text{max}}$ ($t_{\text{max}}$), area under the curve from time zero to last determined concentration-time (AUC$_{\text{last}}$), and area under the curve from time zero to infinity (AUC$_{\text{inf}}$) were tabulated by fed or fasted condition. To estimate the effect of food on alisertib PK, the geometric mean ratios for fed versus fasted conditions of AUC$_{\text{last}}$, AUC$_{\text{inf}}$, and $C_{\text{max}}$, as well as associated two-sided 90 % confidence intervals (CIs), were calculated based on the within-patient variance using analysis of variance (ANOVA) on log-transformed AUC and $C_{\text{max}}$ data, with food effect, sequence, and period as fixed effects, and patient as random effect.

3 Results

In total, 24 patients were enrolled. Patient demographics and baseline characteristics are summarized in Table 1. The median age was 57.5 years (range 39–72), and most patients were heavily pretreated, with 75 % of patients having received three or more previous lines of systemic therapy.

Patients received a median of three cycles of alisertib (range 1–11). Twenty-three (96 %) patients completed at least two cycles of alisertib, and seven patients (29 %) received six or more cycles. At data cut-off (28 December 2011) treatment was ongoing in six patients (25 %), and 18 patients (75 %) had discontinued treatment because of disease progression ($n = 14$), symptomatic deterioration ($n = 3$), or withdrawal of consent ($n = 1$).

| Table 1 Patient demographics and baseline characteristics | N = 24 |
|----------------------------------------------------------|-------|
| Median age, years (range)                                | 57.5 (39–72) |
| Male/female sex [n (%)]                                  | 8/16 (33/67) |
| Race [n (%)]                                             |       |
| Caucasian                                                | 23 (96) |
| Black or African American                                | 1 (4)  |
| ECOG performance status [n (%)]                          |       |
| 0                                                        | 7 (29) |
| 1                                                        | 17 (71) |
| Mean weight, kg (SD)                                     | 69.5 (18.9) |
| Weight range, kg                                         | 43–101 |
| Mean BSA, m$^2$ (SD)                                     | 1.8 (0.3) |
| BSA range, m$^2$                                         | 1.4–2.2 |
| Cancer type [n (%)]                                      |       |
| Colorectal                                               | 6 (25) |
| Cervical                                                 | 4 (17) |
| Melanoma                                                 | 2 (8)  |
| NSCLC                                                    | 2 (8)  |
| Ovarian                                                  | 2 (8)  |
| Pancreatic                                               | 2 (8)  |
| Other$^{a}$                                              | 6 (25) |
| $\geq 3$ prior lines of therapy [n (%)]                   | 18 (75) |
| Most frequent prior systemic therapies [n (%)]            |       |
| Carboplatin                                              | 10 (42) |
| Paclitaxel                                               | 10 (42) |
| Bevacizumab                                              | 9 (38) |

BSA: body surface area, ECOG: Eastern Cooperative Oncology group, NSCLC: non-small cell lung cancer, SD: standard deviation

$^{a}$ Adrenal, breast, prostate, leiomyosarcoma, small cell lung cancer, and peritoneal carcinoma (n = 1 each)
Among the 24 enrolled patients (fed/fasted, \( n = 12 \); fasted/fed, \( n = 12 \)), 14 patients (fed/fasted, \( n = 8 \); fasted/fed, \( n = 6 \)) completed the protocol-specified dosing and PK assessments in both periods of the study necessary for the two-cycle crossover food-effect analysis (the terminal phase of alisertib plasma concentration–time profile was not sufficiently defined in three patients; \( \text{AUC}_{\text{inf}} \) parameters are presented for \( n = 11 \)).

Following oral dosing of alisertib under the fed state, a delay in absorption was observed, with a median \( t_{\text{max}} \) of approximately 6 h following dosing in the postprandial state, compared with 3 h following dosing in the fasted state (Fig. 2; Table 2). The geometric mean \( C_{\text{max}} \) under fed conditions was 84 % of that under fasted conditions (90 % CI 66–106 %) (Table 2). The geometric mean \( \text{AUC}_{\text{inf}} \) following single-dose alisertib under fed conditions was 94 % of that under fasted conditions (90 % CI 68–132 %) (Table 2). \( C_{\text{max}} \) and \( \text{AUC}_{\text{inf}} \) individual patient values under fed and fasted conditions are shown in Fig. 3. The mean terminal half-life (\( t_{1/2} \)) of alisertib was similar under fed and fasted conditions (Table 2).

All 24 patients received at least one dose of alisertib and were included in the safety analysis. Twenty-three patients (96 %) reported at least one drug-related AE, and drug-related grade 3 or higher AEs were reported in 16 patients (67 %) (Table 3). Most drug-related AEs were reported during the first two cycles of treatment. No patient discontinued treatment due to AEs. The most commonly reported drug-related non-hematologic AEs were alopecia (50 %), diarrhea (25 %), fatigue (21 %), and nausea (21 %). Non-hematologic toxicity was typically mild or moderate in severity (grade 1/2), and no grade 3/4 non-hematologic AEs were reported in more than one patient. Drug-related hematologic toxicity was common (Table 3). Grade 3/4 neutropenia was observed in 12 patients (50 %) and grade 3/4 leukopenia was observed in nine patients (38 %).

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**Fig. 2** Mean alisertib plasma concentration–time profiles following single-dose administration of alisertib ECT 50 mg in the fed (\( n = 14 \)) or fasted state (\( n = 14 \)) on a a linear scale and b a semi-logarithmic scale. ECT enteric-coated tablet

**Table 2** Summary of key alisertib pharmacokinetic parameters in the fed and fasted states

| Parameter                        | Alisertib 50 mg | Fed state (\( n = 14 \)) | Fasted state (\( n = 14 \)) | Geometric mean ratio, fed versus fasted (90 % CI) |
|----------------------------------|----------------|--------------------------|-----------------------------|-----------------------------------------------|
| Median \( t_{\text{max}} \), h (range) | 6.0 (1.9–9.0)  | 3.0 (2.0–6.0)            |                            | –                                             |
| Mean \( t_{1/2} \), h (SD)        | 14.9 (4.8)     | 16.7 (4.4)               |                             | –                                             |
| Geometric mean \( C_{\text{max}} \), nM (CV %) | 1299.9 (36)   | 1583.8 (53)             | 0.84 (0.66–1.06)            |                                               |
| Geometric mean \( \text{AUC}_{\text{tlast}} \), nM*h (CV %) | 21,673.93 (49) | 21,183.04 (60)         | 1.04 (0.80–1.34)            |                                               |
| Geometric mean \( \text{AUC}_{\text{inf}} \), nM*h (CV %) | 24,934.1 (55) | 26,190.8 (69)          | a 0.94 (0.68–1.32)          |                                               |

\( \text{AUC}_{\text{tlast}} / \text{AUC}_{\text{inf}} \) area under the concentration–time curve from time zero to last determined concentration-time point/infinty, \( C_{\text{max}} \) maximum plasma concentration, CI confidence interval, CV coefficient of variation, SD standard deviation, \( t_{1/2} \) terminal half-life, \( t_{\text{max}} \) time to \( C_{\text{max}} \)

\(^a n = 11\)
Three patients (13%) experienced AEs that were considered serious and related to alisertib, including grade 3/4 febrile neutropenia (n = 2) and grade 3 neutropenia (n = 1), each of which occurred during the first two cycles. One patient died during the study: a 39-year-old White female, initially diagnosed with colorectal cancer stage IIIC and who had an extensive treatment history and pulmonary metastases, died 27 days after the last dose of alisertib (administered on cycle 2, day 9). The death was considered to be due to pulmonary metastases from colorectal cancer and not related to the study drug.

All 24 patients were evaluable for response. Twelve patients (50%) had a best response of stable disease, of whom seven had stable disease lasting more than 3 months.

### Discussion

Food consumption can alter oral drug bioavailability by affecting drug solubility and GI physiology [20, 23]. Studies to assess the effects of food on the rate and extent of drug absorption of oral kinase inhibitors have demonstrated that these effects may vary considerably. For example, the systemic exposures of gefitinib [24] and imatinib [25] are unaffected by food, whereas erlotinib systemic exposure approximately doubled following administration under fed conditions when compared with fasted conditions (single-dose crossover study) [26]. Lapatinib systemic exposure increased substantially when administered with food. Lapatinib AUC values were approximately three- and fourfold higher when administered with a low- or high-fat meal, respectively [27]. In contrast, the effects of food on PK may also be modest, such as with dasatinib; a 100 mg dose of dasatinib following consumption of a high-fat meal (30 min) resulted in a 14% increase in the mean AUC of dasatinib, which was not considered to be clinically relevant [28].

Alisertib is a small molecule drug with reduced solubility in acidic solution, and the ECT formulation was developed to bypass the stomach to delay dissolution until delivery to the upper small bowel. No readily apparent or consistent effect of food was observed on the total systemic exposure of alisertib. The geometric mean ratio of $AUC_{\text{inf}}$ to $AUC_{\text{0-inf}}$ was 1.0.

### Table 3

| AE [n (%)] | All grades | Grade ≥3 |
|-----------|------------|----------|
| Non-hematologic | | |
| Alopecia 12 (50) | 0 | |
| Diarrhea 6 (25) | 1 (4) | |
| Fatigue 5 (21) | 1 (4) | |
| Nausea 5 (21) | 0 | |
| Anorexia 4 (17) | 0 | |
| Stomatitis 4 (17) | 0 | |
| AST increased 3 (13) | 0 | |
| Hematologic | | |
| Neutropenia 17 (71) | 12 (50) | |
| Leukopenia 13 (54) | 9 (38) | |
| Anemia 7 (29) | 3 (13) | |
| Thrombocytopenia 7 (29) | 5 (21) | |
| Febrile neutropenia 2 (8) | 2 (8) | |

Criteria for Adverse Events

AE adverse event, AST aspartate aminotransferase, NCI–CTCAE National Cancer Institute Common Toxicity

*Graded according to the NCI–CTCAE version 3.0*
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5 Conclusions

The results of this study support a recommendation that alisertib may be administered without regard to the timing of meals in future clinical studies with the ECT formulation. The efficacy and safety of alisertib continue to be evaluated in a variety of solid and hematologic malignancies.

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Compliance with Ethical Standards

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Conflicts of interest

Gerald S. Falchook has received research funding and travel reimbursements from Millennium Pharmaceuticals, Inc., a wholly owned subsidiary of Takeda Pharmaceutical Company Limited. Razelle Kurzrock has received research funding from Genentech, Merck Serono, Foundation Medicine, Pfizer, Guardant and Sequenom, as well as consultant fees from Sequenom, and has ownership interest in RScurRX, Inc. Lee S. Rosen has received research support from Millennium Pharmaceuticals, Inc., a wholly owned subsidiary of Takeda Pharmaceutical Company Limited. Xiaofei Zhou, Karthik Venkatakrishnan, JungAh Jung, and Catherine Milch are employees of Millennium Pharmaceuticals, Inc., a wholly owned subsidiary of Takeda Pharmaceutical Company Limited. Devalingam Mahalingam, Jonathan W. Goldman, and John Sarantopoulos have no conflicts of interest to disclose.

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