RESEARCH ARTICLE

Nitrate Accumulation and Leaching in Surface and Ground Water Based on Simulated Rainfall Experiments

Hong Wang1,3, Jian-en Gao1,2,4*, Xing-hua Li4, Shao-long Zhang4, Hong-jie Wang4

1 Institute of Soil and Water Conservation, Chinese Academy of Sciences and Ministry of Water Resources, Yangling, Shaanxi Province, China, 2 Institute of Soil and Water Conservation, Northwest A&F University, Yangling, Shaanxi Province, China, 3 University of Chinese Academy of Sciences, Beijing, China, 4 College of Water Resources and Architectural Engineering, Northwest A&F University, Yangling, Shaanxi Province, China

* gaojianen@126.com

Abstract

To evaluate the process of nitrate accumulation and leaching in surface and ground water, we conducted simulated rainfall experiments. The experiments were performed in areas of 5.3 m² with bare slopes of 3° that were treated with two nitrogen fertilizer inputs, high (22.5 g/m² NH₄NO₃) and control (no fertilizer), and subjected to 2 hours of rainfall, with.

From the 1st to the 7th experiments, the same content of fertilizer mixed with soil was uniformly applied to the soil surface at 10 minutes before rainfall, and no fertilizer was applied for the 8th through 12th experiments. Initially, the time-series nitrate concentration in the surface flow quickly increased, and then it rapidly decreased and gradually stabilized at a low level during the fertilizer experiments. The nitrogen loss in the surface flow primarily occurred during the first 18.6 minutes of rainfall. For the continuous fertilizer experiments, the mean nitrate concentrations in the groundwater flow remained at less than 10 mg/L before the 5th experiment, and after the 7th experiment, these nitrate concentrations were greater than 10 mg/L throughout the process. The time-series process of the changing concentration in the groundwater flow exhibited the same parabolic trend as the results of the fertilization experiments. However, the time at which the nitrate concentration began to change lagged behind the start time of groundwater flow by approximately 0.94 hours on average.

The experiments were also performed with no fertilizer. In these experiments, the mean nitrate concentration of groundwater initially increased continuously, and then, the process exhibited the same parabolic trend as the results of the fertilization experiments. The nitrate concentration decreased in the subsequent experiments. Eight days after the 12 rainfall experiments, 50.53% of the total nitrate applied remained in the experimental soil. Nitrate residues mainly existed at the surface and in the bottom soil layers, which represents a potentially more dangerous pollution scenario for surface and ground water. The surface and subsurface flow would enter into and contaminate water bodies, thus threatening the water environment.
Introduction

Nitrate is a common contaminant of surface water and groundwater and it can cause health problems in infants and animals as well as eutrophication of water bodies [1–7]. The World Health Organization and the U.S. Environmental Protection Agency have established a maximum contaminant level for nitrate of 10 mg/L as NO₃⁻–N in drinking water [8–10]. Many studies have shown that agricultural activities are a significant source of surface and groundwater pollution due to long-term and excessive fertilizer use [7, 11–16].

Non-point source pollution caused by nitrogen from agro-ecosystems is a serious threat to water environments and has received increasing attention regionally and globally [12, 16–20]. Agricultural activities contributed to approximately 75% of non-point pollution, which accounted for approximately two-thirds of the total pollution, in the US [21]. Agriculture is a primary source of river and groundwater pollution in rural areas of the UK [22, 23]. The total nitrogen provided by agricultural non-point sources reached approximately 60% of the total water pollution in the Netherlands [24]. Approximately 94% of the nitrogen loading in 270 rivers was caused by non-point source pollution in Denmark [25]. Since the 1980s, nitrogen fertilizer consumption in China has substantially increased, and nitrate pollution of drinking water has become a serious problem [26]. Fan and Hao [27] summarized the primary factors for the accumulation and leaching of NO₃⁻–N in a soil profile and its potential contamination in surface and underground water in northern China.

A number of studies have shown that nitrate-nitrogen (NO₃⁻–N) loss through subsurface drainage is a major source of pollution for surface and groundwater bodies, thus threatening the water environment [28–31]. Nitrate is both soluble and mobile, it is prone to leaching through soil with infiltrating water, and it can persist in shallow groundwater for years [32]. Moreover, the hydrogeological settings, seasonal trends and anthropogenic activities are major factors that influence the mobility and accumulation of nitrates [33]. Under rainfall or irrigation conditions, high levels of soluble nitrates (NO₃⁻–N) leak through soil and into groundwater and then drain away with the groundwater flow. In the Weihe River Basin, groundwater is a streamflow recharge source in the upper reaches; in the middle reaches, one side of the river flow supplies the groundwater, and on the other side, the groundwater supplies the flow [34]. Therefore, nitrate leakage can cause nitrate pollution of groundwater; subsequently, the contaminated groundwater is likely to drain into rivers, resulting in further environmental damage to surface water [35].

Monitoring and modeling approaches have been used to study nitrate contamination in surface water and groundwater. Feng et al. [36] studied the effects of different levels of rainfall and fertilization on the soil nitrate distribution and the cumulative amount of nitrate in maize through simulated rainfall field experiments in Shunyi of Beijing, China. Chen et al. [37] studied the nitrate vertical transport rule in farmland soil through soil column and field experiments. Huang et al. [38] investigated the transforming behaviors and removal efficiencies of NO₃⁻–N in river bank filtration using two soil-body filtration experiments. The SWAP and ANIMO models were used to simulate the transport of water, nitrate and phosphorus nutrients, during intense rainfall events generated by a simulator, and during natural rainfall [39]. The HYDRUS-1D model was used to simulate the movement of Br. as a tracer of surface-applied N fertilizer, and nitrate remaining in the soil profile under conditions of heavy rainfall and high-intensity irrigation [40]. Based on the results and analysis of the soil water atmosphere plant model (SWAP) or DRAINMOD (DM) models, Wang et al. [35] developed a mechanistic model of nitrogen transport and transformation in farmland soil that was suitable for organic and inorganic fertilizer application. The soil and water assessment tool (SWAT) has also been used to simulate the land phase of the hydrological cycle, as well as to obtain...
streamflows, groundwater recharge, and nitrate (NO$_3^-$) load distributions in various components of runoff [41]. Wriedt and Spindler [42] simulated the steady state, transient flow and nitrate transport using MODFLOW and MT3DMS, driven by average and monthly lysimeter data of recharge and nitrate leaching. The hydrological SWAT model was integrated with the modular finite difference groundwater flow model (MODFLOW) and the modular 3-dimensional multi-species transport model (MT3DMS) to obtain groundwater flow and NO$_3^-$ transport [41]. The monitoring approach can more directly estimate the effects of nitrate contamination on surface and soil, but it is difficult to study the effect on groundwater pollution. Therefore, the use of modeling approaches to study groundwater pollution or the interaction between surface water and groundwater has become a trend. However, the accuracy of the modeling results greatly depends on the accuracy of the information and on the magnitude and distribution of aquifer permeability [43].

Based on an independently developed experimental system that integrates surface water, soil infiltration and groundwater experimental equipment, this study conducted simulated rainfall experiments to evaluate nitrate accumulation and the leaching process in surface water and groundwater.

**Materials and Methods**

**Experimental equipment and conditions**

The simulated rainfall experiments were performed in the Rainfall Simulation Hall of the State Key Laboratory of Soil Erosion and Dryland Farming on the Loess Plateau of China in 2013. The experimental equipment consisted of 10 systems (Fig 1). From the top to the bottom, the equipment configuration consisted of the rainfall system, surface flow system, infiltration flow system, groundwater flow system and slope adjustment system. From left to right, the configuration was the groundwater level control system, soil water monitoring system, groundwater level monitoring system, surface water collection system and groundwater collection system.

![Fig 1. Experimental equipment.](https://doi.org/10.1371/journal.pone.0136274.g001)
The soil box was 5.3 m long, 1 m wide and 1 m deep. Soil water was monitored using a neutron probe (Diviner 2000) [44], and the slope was 3° in this study.

The rainfall system had an automatic simulation device consisting of an under-sprinkler providing uniform rainfall conditions. The nozzles in the system were located approximately 16.5 meters above the underlying surface. They could be set to any preselected rainfall intensity from 15 to 180 mm/h. The average rainfall intensities of each experiment are shown in Table 1, and the mean rainfall intensity of the twelve experiments was 65.7 mm/h. The rainfall duration was 2 hours for each experiment, and the cumulative rainfall was 1576.4 mm.

Raindrop size distribution and kinetic energy are two important factors for rainfall infiltration and groundwater recharge [45–49]. The stain method [45, 50, 51] was used in this study to measure the sizes and distributions of the raindrops [52]. CorelDRAW software was used to measure the horizontal and longitudinal diameters of the stains with the crossing method, and the results from the experiment with a rainfall intensity 75 mm/h are presented in Fig 2. Then, the stain diameters were measured as the average value of the horizontal and longitudinal diameters. Based on the relationship (Eq 1) between the drop size and stain size [51], the

| Number | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 |
|--------|----|----|----|----|----|----|----|----|----|----|----|----|
| Rainfall Intensity | 75.4 | 84.6 | 80.3 | 60.8 | 55.6 | 56.5 | 56.0 | 63.8 | 65.0 | 66.0 | 63.1 | 61.1 |

doi:10.1371/journal.pone.0136274.t001

Fig 2. Measurement of the stain diameters based on the crossing method (75 mm/h).
doi:10.1371/journal.pone.0136274.g002
Raindrop diameters were calculated as follows:

\[ d = 0.36D^{0.73} \]  

where \( d \) is the raindrop diameter (mm), and \( D \) is the stain diameter (mm). A histogram of the raindrop diameter \( d \) vs the frequency and the mid-values of the raindrop diameters \( d_{50} \) obtained from the relationship between the accumulated volume and raindrop diameter were analyzed to determine the raindrop size distribution (Fig 3). Subsequently, the fall velocities of the raindrops were calculated using different formulas according to the raindrop sizes. When the raindrop diameter was less than 1.9 mm, the improved Sha Yuqing formula \([53, 54]\) was used to calculate the velocity (Eq 2):

\[ v = 0.496 \times 10^{\sqrt{28.32 + 6.524d(0.1 - (lgd0.1)^2) - 3.665}} \]  

where \( v \) is the fall velocity of the raindrop (m/s).

When the raindrop diameter was equal to or greater than 1.9 mm, the fall velocity of the raindrops was calculated using the improved Newton formula \([55]\) (Eq 3):

\[ v = (17.20 - 0.844d) \sqrt{0.1d} \]  

The total kinetic energy of the raindrops on the filter paper can be calculated using the following formula (Eq 4):

\[ e = \sum_{i=1}^{i} e_i = \sum_{i=1}^{i} \frac{1}{2} m_i v_i^2 = \frac{1}{12} \sum_{i=1}^{i} \pi d_i^3 \rho v_i^2 \]  

where \( e \) is the total kinetic energy of the filter paper (J), \( i \) is the number of the raindrop, \( e_i \) is the kinetic energy of the raindrop (J), \( m_i \) is the quality of the raindrop (J), \( v_i \) is the velocity of the raindrop (m/s), \( d_i \) is the raindrop diameter (mm), and \( \rho \) is the density of water (g/cm³).
Based on the total kinetic energy of the filter paper (e), the raindrop kinetic energy for every millimeter of rainfall per unit area can be calculated using the following formula (Eq 5):

$$E = \frac{\frac{e}{S}}{\frac{M}{\rho S}} = \frac{ep}{M} = \frac{e}{\sum m_i} \frac{\pi d_i^2}{\rho} = \frac{e}{\sum \pi d_i}$$

where $E$ is the raindrop kinetic energy of every millimeter of rainfall per unit area (J/m²/mm), and $S$ is the area of the filter paper (m²). The value of $E$ was 16.37 J/m²/mm under a rainfall intensity of 75 mm/h. The mid-value of the raindrop diameters ($d_{50}$) was 1.5 mm, and 91.55% of the diameters were less than 1 mm. These results indicated that the simulated rainfall system could ensure that the kinetic energy of the simulated rainfall was maintained close to that of natural rainfall.

**Experimental materials and monitoring methods**

The experiment materials included river sand and Lou soil. The river sand samples were collected from the middle and lower reaches of the Wei River bank in the Yangling District, and the Lou soil was also collected from Yangling District, Shaanxi Province, China [56]. The collected soil was air-dried and sieved through a series of corresponding opening sieves. The sediment bed for the experiment was composed of three layers, from bottom to top, of medium sand, fine sand and mixed soil. The layer thicknesses were 98.5, 1 and 0.5 cm, respectively. The bottom layer consisted of medium sand, and its bulk density was 1.4–1.5 g/cm³. The middle layer consisted of fine sand with a particle size of less than 0.25 mm, and the average soil bulk density was approximately 1.6 g/cm³. The top layer consisted of a mixture of Lou soil and fine sand, with a weight ratio of approximately 2:5 and a soil bulk density that was also approximately 1.6 g/cm³. The nitrogen fertilizer treatments in this study included two rates of fertilizer input: high (225 kg/ha NH₄NO₃) and control (no fertilizer input). The high rate was selected based on the internationally recognized safe limit of chemical fertilizer application (225 kg/ha). Ten minutes prior to rainfall onset in each fertilizer experiment, 112.5 g NH₄NO₃ was mixed with approximately 750 g surface soil and uniformly applied to the surface soil.

The primary parameters used to monitor water quantity were the amount of surface runoff, the time series surface flow, the groundwater flow, the groundwater level and the soil moisture, as described in detail in the literature [56]. The primary parameters used to monitor water quality were the nitrate concentrations in the surface flow and groundwater flow. Samples (50 ml) of the surface and ground water were collected at 10-min intervals during the experiments. A portable spectrophotometer (DR 2800, Hach, Loveland, Colorado) was used to measure the nitrate concentrations via the cadmium reduction method [57]. After the rainfall experiments, separate soil samples were collected using an earth drill at points of 0, 1, 2, 3, 4 and 5 m across the entire profile, and the measuring depths were 0–5, 5–20, 20–40, 40–60, 60–80 and 80–100 cm, respectively. The samples were analyzed by flow injection analysis (FIA STAR 5000) to determine the nitrate residues in the experimental soil.

**Ethics Statement**

No specific permissions were required for these sampling activities because the location (as shown in Fig 4) is not privately owned or protected, and because the field activities did not involve endangered or protected species.
Results and Discussion

Time-series trend of surface and groundwater flow

During the experiments, most of the rainfall flowed out of the system as surface water, and the remainder of the rainfall infiltrated into the soil. The infiltrate was drained away primarily in the form of groundwater, and the remainder of the infiltrate was intercepted by the sediment bed. The amounts of cumulative surface and groundwater for all twelve experiments were 869.75 mm and 450.44 mm, respectively. The results of the water balance of all twelve experiments showed that approximately 55.2% of the rainfall was lost through surface flow, approximately 28.6% recharged into groundwater, and the sediment bed retained approximately 16.2% of the water at the end of the last experiment.

Fig 5 shows the time-series process of surface flow for all twelve experiments. As shown in this figure, all of the processes exhibited similar trends: they quickly increased in the first 10 minutes and then gradually stabilized, particularly after 50 minutes of rainfall. However, the ranges of increase were different due to the differences in the rainfall intensities. There were also significant differences in the magnitude of groundwater flow among the 12 experiments; however, all of the time-series processes of groundwater flow exhibited similar trends: they initially increased sharply with the rainfall duration but then gradually decreased after the rainfall terminates (Fig 6, S1 Table).
Nitrate accumulation and leaching in surface and ground water

Nitrate loss with surface flow. Fig 7 shows the changes in nitrate concentration in surface water during the experiment (S2 Table). As shown in Fig 7, the nitrate concentration increased quickly and then it rapidly decreased and gradually stabilized at a low value during every fertilization experiment. The nitrate fertilizer lost in with the surface water and the concentration peaked at about 19 minutes of rainfall, except for the 2nd and 4th experiments. The highest nitrate concentration was 89.7 mg/L, and the average maximum value for all 7 fertilization experiments was 80.3 mg/L. NO₃⁻N was mainly present in the infiltrated water. Its loss depended mainly on the amount of runoff, the rainfall intensity and the amount of interaction time between the surface runoff and soil particles [58]. This was in agreement with the nitrate fertilizer loss with groundwater and different from its loss with surface water in our study. Possibly because the nitrate fertilizer loss in surface water mainly occurred during the earlier stage of rainfall and there were no statistical significances among rainfall intensities during our experiments. Under simulated rainfall conditions, the water-soluble nitrogen loss with surface water flow has been reported to account for approximately 50% ~ 60% of the total nitrogen loss in the case of heavy rain after nitrogen application [59]. Under our simulated rainfall conditions, about 50.53% of the nitrate-nitrogen of the total fertilizer application was rained in the experimental soil. Farmland nitrogen was transported into surface water by surface flow, which caused a substantial loss of soil nitrogen and was then drained away [35]. Contaminated water flowed into the field and entered into the river, which gradually transported nonpoint...
source pollution to the water body. Rainfall runoff is a mainly driving force of soil nitrogen loss. When no fertilizer was applied to the underlying surface, the nitrate was nearly undetectable in the surface runoff. As shown in Fig 7, the nitrate concentrations in the 8th experiment without fertilization were close to zero. The reduction of surface runoff and the available
nitrogen in topsoil is a key to decreasing the loss of farmland nitrogen fertilizer. The nitrate concentrations quickly decreased to low values or even to zero during the rainfall process. Therefore, the earlier stage of rainfall was a crucial period for preventing nonpoint source pollution. Nonpoint sources follow a wide range of routes to aquatic environments and depend on the hydrological balance of overland flow, through flow and base flow [60].

**Time-series trend of nitrate concentration in groundwater.** Under rainfall conditions, high levels of soluble nitrates (NO$_3^-$–N) leak through soil and into groundwater with infiltration flow and then drain off with groundwater flow [35]. Our rainfall experiments also showed that only a small part of nitrates lost with surface water and high levels of soluble nitrates leak with infiltration flow. As shown in Fig 8, the average nitrate concentrations of groundwater increased continuously from 1st to the 8th experiments (0~300 hours), and then they began to decrease from the 9th experiment (S3 Table). None of the values during the 1st experiment exceeded the limit of nitrate concentration potability (10 mg/L) [8–10]. The nitrate concentrations increased as the experiments progressed. The mean values and most of the measured values remained below 10 mg/L prior to the 5th experiment. In contrast, as the experiments progressed, the mean concentrations were greater than 10 mg/L, and this value increased with time. Prior to the 7th experiment, all of the concentrations were greater than 10 mg/L. Next, experiments without fertilization were performed starting from the 8th experiment. However, the concentrations in the 8th experiment increased continually, and this experiment presented the maximum concentration of all of the experiments, with an average value of 14.75 mg/L. This result indicated that a reduction in fertilizer application would not lead to a rapid decrease of nitrate concentrations in groundwater. Because nitrate accumulation is the premise of leaching, a substantial amount of nitrate must have accumulated in the soil in the prior experiments. Then, the infiltration flow provides a carrier for the accumulated NO$_3^-$–N in the soil profiles to move down, finally presenting the possibility of contaminating the groundwater [27, 61].

The nitrate concentrations then began to decrease with the progression of the experiments with no fertilization. The rate of decrease in the mean concentration remained relatively
constant at approximately 2 mg/L for every experiment. The average concentrations varied between 4.6 and 12.2 mg/L during the fertilization experiments, whereas they ranged from 2.9 to 8.6 mg/L for the experiments with no fertilization. Two conditions must be met for nitrate leaching. The first condition is nitrate accumulation in soil and the second condition is infiltration flow [35, 61]. Nitrate accumulation in soil increases as the nitrogen rate increases and is the premise of leaching. Rainfall and runoff are two primary driving forces of soil nitrogen loss.

Cumulative effects of nitrate in groundwater. Fig 9 shows the time-series nitrate concentration of groundwater under fertilization, rainfall and groundwater runoff conditions. The nitrate concentration showed a general increasing trend throughout the process. The average concentration ranged from 4.63 mg/L—12.13 mg/L, which represented a 2.62-fold increase. As shown in Fig 9, there was a positive correlation between rainfall intensity and groundwater flow. When the rainfall intensity was larger and the runoff was higher, the added nitrate concentration was greater. From the 1st experiment to the 2nd experiment, the concentration increased by 3.36 mg/L, and the rate of increase remained relatively constant at approximately 1.13 mg/L for the other experiments. The second experiment had the largest rainfall intensity, which offered the strongest driving force for soil nitrogen loss. These results demonstrated that deep percolation and nitrate leaching most likely occurred following a heavy precipitation event [62]. Furthermore, high precipitation increased both the amount of nitrate N in runoff and could increase the negative impact on water quality [63].

In contrast to the overall trend of nitrate concentration, the time series of groundwater flow increased until the rainfall stopped, followed by a gradual decrease during one experiment. The nitrate concentrations also exhibited the same parabolic trend. Initially, the nitrate concentration increased as the groundwater flow increased because the large infiltration flow provided support for the highly mobile nitrate [7, 64, 65]. Then, the nitrate concentration decreased because the infiltration flow for NO3− transportation had been decreasing for a while [66]. The delay time in which the groundwater runoff and nitrate concentrations decreased was approximately 0.94 hours. The change in the nitrate concentration lagged behind the flow for nitrate accumulation. The difference between the highest and the lowest concentrations recorded in one experiment greater than 5.2 mg/L.
A positive relationship between the accumulative groundwater runoff and the accumulative nitrate content was obtained as follows (Fig 10, i S4 Table):

\[ M = 8.68m^{1.26} \]  

where \( M \) and \( m \) denote the loss amount of nitrate in groundwater (g) and groundwater runoff (kg), respectively. The nitrate content was low for small runoff and increased relatively rapidly for high runoff. \( M \) and \( m \) were described by a positive power function, with a correlation coefficient of 0.9996. These findings further confirmed that groundwater recharge aided nitrate leaching. Many studies have also shown that the nitrate concentration in groundwater increased as the groundwater recharge increased in shallow aquifers [12, 15, 42, 67]. It could be concluded that groundwater recharge should be controlled in areas of high rainfall to minimize nitrate leaching, thus reducing the risk of groundwater contamination.

**Leaching effects of nitrate in groundwater.** Fig 11 shows the time-series nitrate concentrations of groundwater with no fertilization under rainfall and groundwater runoff conditions. The nitrate concentration exhibited a general decreasing trend throughout the experimental process. The average concentration range was 14.75 mg/L—2.97 mg/L, which represented a 4.97-fold decrease. The concentrations steadily decreased at a mean rate of 2 mg/L in every experiment. The time-series concentration of the 8th experiment in which no fertilizer was applied, had the same parabolic trend as the results of the fertilization experiments. These results indicated that large amounts of accumulated NO\(_3\)–N in the soil profiles continuously moved down with the flow, ultimately causing more serious groundwater contamination.
Then, the groundwater flow remained high, but the nitrate concentration changed to a decreasing trend in the subsequent experiments with no fertilization because the soil nitrate was virtually moved after several successive rainfalls and was limited in its ability to produce a high rate of nitrate leaching to groundwater. The concentration of groundwater nitrate stabilized at low values throughout the entire process. Therefore, without considering microorganisms and nitrification / denitrification processes, nitrate leaching requires two primary conditions: a significant concentration of nitrate in soil water and sufficient rainfall or irrigation [17, 66].

When soil moisture is not a limiting factor, the excessive application of nitrogen fertilizer might lead to significant nitrate leaching [61, 68–70].

Nitrate residues in experimental soil

Eight days after the rainfall experiments, the nitrate residues in the experimental soil were separately determined at points of 0, 1, 2, 3, 4, and 5 m across the entire profile, and the measuring
depths were 0–5, 5–20, 20–40, 40–60, 60–80 and 80–100 cm, respectively. Based on this determination, the residues of nitrate-nitrogen content in the experimental soil were calculated. The result was 69.64 g, accounting for 50.53% of the nitrate-nitrogen of the total fertilizer application. Fig 12 shows the measurement results of nitrate-nitrogen in each soil layer. As shown in this figure, the content of nitrate = nitrogen initially increased and then decreased from the soil surface downward. The derived percentage distribution of the NO$_3$-N residue in the soil for each layer can be obtained based on the results of the stratified statistics of the nitrate-nitrogen content, as shown in Table 2. The minimum residual of the soil nitrogen content was at a depth of 20–40 cm, accounting for only 4.65%, and the highest residual was at a depth of 80~100 cm, accounting for 35.12%.

Conclusions
Globally, nitrate is one of the most common groundwater contaminants and is primarily introduced into the environment from agricultural activities related to excessive use of nitrate-containing fertilizers and manure [71]. The effects of fertilizer application on the accumulation and leaching of nitrate with water flow were studied through simulated rainfall experiments under the following conditions: land use was a 3° bare slope and the soil layers consisted of medium sand, fine sand and mixed soil from bottom to top. For the water quantity, approximately 55.2% of the rainfall was lost through surface runoff, and approximately 28.6% was recharged into groundwater during one experiment. The surface flow quickly increased in the first 10 minutes and then gradually stabilized, particularly after 50 minutes of rainfall. The groundwater flow initially increased sharply but then gradually decreased after rainfall termination.

Regarding water quality, the nitrate concentration in the surface flow initially increased quickly, and then it rapidly decreased rapidly and stabilized at a low value. The nitrogen loss primarily occurred during the first 18.6 minutes of rainfall, and the rainfall runoff was the main driving force for soil nitrogen loss. The nitrate concentrations in the groundwater accumulated, and they were greater than 10 mg/L throughout the process until the 7th experiment. The nitrate concentration in the 8th experiment continually increased, although no fertilizer was applied from the 8th to 12th experiments. The nitrate concentration decreased in the subsequent experiments.

In terms of soil quality, 8 days after the 12 rainfall experiments, the nitrate residues in the experimental soil accounted for 50.53% of the nitrate-nitrogen of the total fertilizer application. The minimum residual of the soil nitrogen content was at a depth of 20–40 cm of soil layer.

It could be concluded that the earlier stage of rainfall is a crucial period for controlling the loss of farmland nitrogen fertilizer. The nitrate in groundwater accumulated quickly, and most of it remained in the soil, even after leaching by copious amounts of rain. Most of the nitrate

| Depth (cm) | Nitrate nitrogen content % |
|------------|---------------------------|
| 0–5        | 7.41                      |
| 5–20       | 5.16                      |
| 20–40      | 4.65                      |
| 40–60      | 17.70                     |
| 60–80      | 30.61                     |
| 80–100     | 35.12                     |

doi:10.1371/journal.pone.0136274.t002
residues existed at the surface and the bottom layers of the soil, presenting potentially more
dangerous pollution for surface and ground water.

**Supporting Information**

S1 Table. Time-series groundwater runoff.  
(XLSX)

S2 Table. Time-series nitrate in surface runoff.  
(XLSX)

S3 Table. Time-series nitrate in groundwater runoff.  
(XLSX)

S4 Table. Accumulative runoff vs-accumulative NO$_3$- in groundwater.  
(XLSX)

**Acknowledgments**

The authors would like to thank Mr. Meng-jie Zhang, Mr. Li-zhi Jia and Mr. Xiu-quan Xu for
their assistance during the experimental processes and Miss. Chun-hong Zhao, and Mr. Yuan-
xing Zhang for their advice during the writing of the paper. Moreover, the authors are very
grateful for the editors’ and reviewers’ hard work in reviewing the paper.

**Author Contributions**

Conceived and designed the experiments: JEG HW. Performed the experiments: HW XHL
SLZ. Analyzed the data: HW JEG. Contributed reagents/materials/analysis tools: JEG HW
HJW. Wrote the paper: HW JEG.

**References**

1. Fennessy MS, Cronk JK (1997) The effectiveness and restoration potential of riparian ecotones for the
management of nonpoint source pollution, particularly nitrate. Critical reviews in environmental science
and technology 27: 285–317.
2. Sharma SK, Sobti RC (2012) Nitrate removal from ground water: a review. Journal of Chemistry 9:
1667–1675.
3. Addiscott TM, Whitmore AP, Powlson DS (1991) Farming, fertilizers and the nitrate problem. CAB Inter-
national (CABI).
4. Lee YW, Dahab MF, Bogardi I (1992) Nitrate risk management under uncertainty. Journal of Water
Resources Planning and Management 118: 151–165.
5. Hall MD, Shaffer MJ, Waskom RM, Delgado JA (2001) Regional nitrate leaching variability: what
makes a difference in northeastern Colorado. Wiley Online Library 37: 139–150.
6. Wolfe AH, Patz JA (2002) Reactive nitrogen and human health: acute and long-term implications. 
AMBO: A Journal of the Human Environment 31: 120–125.
7. Almasri MN, Kaluarachchi JJ (2004) Assessment and management of long-term nitrate pollution of
ground water in agriculture-dominated watersheds. Journal of Hydrology 295: 225–245.
8. EPAR (2001) United States Environmental Protection Agency. Chicago 1–7.
9. Dourson M, Stern B, Griffin S, Bailey K (1991) Impact of risk-related concerns on US Environmental
Protection Agency programs. Nitrate Contamination 30: 477–487.
10. EPAU (1996) Drinking water regulations and health advisories. United States Environmental Protec-
tion Agency. Office of Water.
11. Zhang WL, Tian ZX, Zhang N, Li XQ (1995) Investigation of nitrate pollution in ground water due to nitro-
gen fertilization in agriculture in north China. Plant nutrition and fertilizer sciences 1: 80–87.
12. Spalding RF, Exner ME (1993) Occurrence of nitrate in groundwater—a review. Journal of Environmen-
tal Quality 22: 392–402.
13. Wylie BK, Shaffer MJ, Hall MD (1995) Regional assessment of nleap NO3-N leaching indices. JAWRA Journal of the American Water Resources Association 31: 399–408.
14. Ator SW, Ferrari MJ (1997) Nitrate and selected pesticides in ground water of the Mid-Atlantic Region. US Geological Survey.
15. Hanson CR (2002) Nitrate concentrations in Canterbury groundwater: a review of existing data. Environment Canterbury.
16. Hudak PF (2000) Regional trends in nitrate content of Texas groundwater. Journal of Hydrology 228: 37–47.
17. Xie HM, Zhu B (2003) Research progress on non-point source pollution of nitrogen in agro-ecosystem. Ecology and Environment 12: 349–352.
18. Dragon K (2013) Groundwater nitrate pollution in the recharge zone of a regional Quaternary flow system (Wielkopolska region, Poland). Environmental Earth Sciences 68: 2099–2109.
19. Rodvarg S, Simpkins W (2001) Agricultural contaminants in Quaternary aquifers: A review of occurrence and fate in North America Hydrogeology Journal 9: 44–59.
20. Chen JY, Tang CY, Sakura YS, Yu JJ, Fukushima Y (2005) Nitrate pollution from agriculture in different hydrogeological zones of the regional groundwater flow system in the North China Plain. Hydrogeology Journal 13: 481–492.
21. Line DE, McLaughlin RA, Osmond DL, Jennings GD, Harman WA, Tweedy KL, et al. (1998) Nonpoint sources. Water Environment Research 70: 895–912.
22. Neal C, House WA, Leeks GJL, Whitton BA, Williams RJ (2000) The water quality of UK rivers entering the North Sea. Science of the Total Environment 251: 5–8. PMID:10847149
23. Neal C, Williams RJ, Neal M, Bhardwaj LC, Wickham H, Harrow M, et al. (2000) The water quality of the River Thames at a rural site downstream of Oxford. Science of The Total Environment 251: 441–457. PMID:10847177
24. Boers P (1996) Nutrient emissions from agriculture in the Netherlands, causes and remedies. Water Science and Technology 33: 183–189.
25. Kronvang B, Græsbøll P, Larsen SE, Svendsen LM, Andersen HE (1996) Diffuse nutrient losses in Denmark. Water Science and Technology 33: 81–88.
26. Zhang WL, Tian ZX, Zhang N, Li XQ (1996) Nitrate pollution of groundwater in northern China. Agriculture, Ecosystems & Environment 59: 223–231.
27. Fan J, Hao MD, Malhi SS (2010) Accumulation of nitrate N in the soil profile and its implications for the environment under dryland agriculture in northern China: A review. Canadian Journal of Soil Science 90: 429–440.
28. Bengtson RL, Carter CE, Morris HF, Kowalczuk JG (1984) Reducing water pollution with subsurface drainage. Transactions of the American Society of Agricultural Engineers 27.
29. Randall GW, Iragavarapu TK (1995) Impact of long-term tillage systems for continuous corn on nitrate leaching to tile drainage. Journal of Environmental Quality 24: 360–366.
30. Randall GW, Huggins DR, Russelle MP, Fuchs DJ, Nelson WW, Anderson JL. (1997) Nitrate losses through subsurface tile drainage in conservation reserve program, alfalfa, and row crop systems. Journal of Environmental Quality 26: 1240–1247.
31. Bakhash A, Kanwar RS, Jaynes DB, Colvin TS, Ahuja LR (1999) Prediction of NO3-N losses with subsurface drainage water from manured and UAN-fertilized plots using GLEAMS. Transactions of the ASAE 43: 69–77.
32. Nolan BT, Hitt KJ, Ruddy BC (2002) Probability of nitrate contamination of recently recharged groundwaters in the conterminous United States. Environmental Science & Technology 36: 2138–2145.
33. Yakovlev V, Vystavna Y, Diadin D, Verdeles Y (2015) Nitrates in springs and rivers of East Ukraine: Distribution, contamination and fluxes. Applied Geochemistry 53: 71–78.
34. Wang WK, Wang YL, Duan L (2006) The groundwater environment evolution and the renewable main- way in Guan Zhong Basin [M]. Zhengzhou: The Yellow River Water Conservancy Press.
35. Wang SL, Wang XK (2004) The study of simulating experiment of NH4+-N and No3—N In the system of River bank filtration. Xi,an: Chang,an University.
39. Kaufmann V, Pinheiro A, dos Reis Castro NM (2014) Simulating transport of nitrogen and phosphorus in a Cambisol after natural and simulated intense rainfall. Journal of contaminant hydrology 160: 53–64. doi: 10.1016/j.jconhyd.2014.02.005 PMID: 24650647

40. Wang HY, Ju XT, Wei YP, Li BG, Zhao LL, Hu KL. (2010) Simulation of bromide and nitrate leaching under heavy rainfall and high-intensity irrigation rates in North China Plain. Agricultural Water Management 97: 1646–1654.

41. Narula KK, Gosain A (2013) Modeling hydrology, groundwater recharge and non-point nitrate loadings. Hydrological Processes 27: 284–298.

42. Van Dijk AIJM, Bruijnzeel LA, Rosewell CJ (2002) Rainfall intensity. Water Resources Research 38(9): 1261–1269.

43. Groves S, Rose S (2004) Calibration equations for Diviner 2000 capacitance measurements of volumetric soil water content of six soils. Soil Use and Management 20: 96–97.

44. Eigel J, Moore I (1983) A simplified technique for measuring raindrop size and distribution. Transactions of the ASAE 4: 1079–1084.

45. Van Dijk AIJM, Bruijnzeel LA, Rosewell CJ (2002) Rainfall intensity-kinetic energy relationships: a critical literature appraisal. Journal of Hydrology 261: 1–23.

46. Wischmeier WH, Smith DD (1958) Rainfall energy and its relationship to soil loss. Transactions, American Geophysical Union 39: 285–291.

47. Kinnell PIA (1981) Rainfall intensity-kinetic energy relationships for soil loss prediction. Soil Science Society of America Journal 45: 153–155.

48. Eigel JD, Moore I (1983) Effect of rainfall energy on infiltration into a bare soil.

49. Cerda A, Ibáñez S, Calvo A (1997) Design and operation of a small and portable rainfall simulator for rugged terrain. Soil Technology 11: 163–170.

50. Shu RJ, Gao JE, Wu PT, Tian D 2006. Test method of raindrop spectrum using plotting software of computer Science of Soil and Water Conservation 4: 65–69.

51. Wang H, Gao JE, Zhang MJ, Zhang SL, Jia LZ. (2015) Effects of rainfall intensity on groundwater recharge based on simulated rainfall experiments and a groundwater flow model. Catena 127: 80–91.

52. Sha YQ (1956) The basic rule of sediment movement. Sediment Research 1: 1–55.

53. Sha RD, Jiang YJ (1997) The corpus of ShaYuQing. The Compilation Committee of the ShaYuQing corpus of College of Water Resources and Architectural Engineering, Northwest A&F University.

54. Liu BZ, Wu FQ (1997) The soil erosion Xian: Shaanxi people's Publishing House.

55. Zhang XC, Shao MA (2000) Soil Nitrogen Loss by Erosion as Affected by Vegetation Cover and Comprehensive Managements in Zhifanggou Catchment of Hilly Loess Plateau. Acta Geographica Sinica 55: 617–626.

56. Huang MX, Zhang S, Tang YJ, Chen XB (2001) Nitrogen losses from farm runoff under simulated rainfall conditions. Soil and Environmental Sciences 10: 6–10.

57. Heathwaite AL, Johnes PJ, Peters NE (1996) Trends in nutrients. Hydrological Processes 10: 263–293.

58. Zhang QZ, Chen X, Shen SM (2002) Advances in studies on accumulation and leaching of nitrate in farming soil. Chinese Journal of Applied Ecology 13: 233–238.

59. Wang Z, Li JS, Li YF (2014) Simulation of nitrate leaching under varying drip system uniformities and precipitation patterns during the growing season of maize in the North China Plain. Agricultural Water Management 142: 19–28.

60. Elrashidi MA (2015) Effects of Precipitation on Nonpoint Sources of Nitrogen Contamination to Surface Waters in the US Great Plains. Communications in Soil Science and Plant Analysis 46: 16–32.

61. Meisinger JJ, Delgado JA (2002) Principles for managing nitrogen leaching. Journal of Soil and Water Conservation 57: 485–498.
66. Liang XQ, Xu L, Li H, He MM, Qian YC, Liu J, et al. (2011) Influence of N fertilization rates, rainfall, and temperature on nitrate leaching from a rainfed winter wheat field in Taihu watershed. Physics and Chemistry of the Earth, Parts A/B/C 36: 395–400.

67. Saffigna PG, Keeney DR (1977) Nitrate and chloride in ground water under irrigated agriculture in central Wisconsin. Groundwater 15: 170–177.

68. Hallberg GR (1987) Nitrates in Iowa groundwater. In: Rural Groundwater Contamination Boca Raton, Florida: Lewis Publishers.

69. Hu CX, Deng BE, Liu TC, Chen ML (1993) Retention and transportation of nit rates in vegetable garden soil in Wuhan city. Chinese Journal Soil Science 24: 118–120.

70. Yi X, Xue CZ (1993) On determination of nitrogen fertilizer pollution in Lotus soil using lysimetric method. Agriculture environmental protection 12: 250–253.

71. Misiti TM, Hajaya MG, Pavlostathis SG (2011) Nitrate reduction in a simulated free-water surface wetland system. Water research 45: 5587–5598. doi: 10.1016/j.watres.2011.08.019 PMID: 21885082