Appendix 2: Outpatient Stoma-Output Volume Measurement Method

During the initial enrolment meeting, one of the patient’s stoma bags was used by the study investigator to establish a calibrated ‘volume sticker’. The ‘volume sticker’ used was a blank patient hospital label sticker, i.e. a plain white rectangular sticker approximately 8cm x 3cm in size. A single sticker was applied to the side of the patient’s stoma bag lengthwise with the bottom of the sticker flush with the bottom of the stoma bag. The investigator filled the stoma bag with 50ml increments of water using a catheter-tip syringe. The volume sticker was labelled with a marker pen at 50ml, 100ml, 150ml, 200ml, and 250ml. These markings were replicated on additional volume stickers. Patients used these markings to help estimate the volumes of stoma-output discarded at home.