INTRODUCTION

Antioxidants play a very important role in preventing cell damage. The dietary antioxidants containing antioxidants are recommended for health improvement as naturally derived antioxidants could delay or provide protection to living organisms from damage. Reactive oxygen species (ROS), e.g., O$_2^-$ and OH$^-$, are by-products of normal metabolism and are found in all types of organisms from microbes to higher plants and animals. It has been established that ROS and free radical mediated reactions can cause oxidative damage to biomolecules (e.g., lipids, proteins, and DNA), eventually contributing to aging, cancer, atherosclerosis, coronary heart disease, diabetes, Alzheimer's disease, and other neurodegenerative disorders, etc. [1, 2]. Antioxidants are thought to be highly effective in the management of ROS-mediated tissue impairments.

Medicinal plants contain a wide variety of radical scavenging molecules such as phenolic compounds (e.g., phenolic acids, flavonoids, quinones, coumarins, lignans, lignin, stilbenes, and tannins), nitrogen compounds (e.g., alkaloids and amines), vitamins, terpenoids, and other endogenous metabolites [3-5]. In addition to plants, microorganisms have been regarded as an important source of novel metabolites with promising antibacterial, antifungal, and antiviral activity. Fungi are one of the major sources of natural bioactive compounds [6]. Endophytes are recognized as rich sources of bioactive metabolites of multifold importance in medicine, agriculture, and industries [7]. Many endophytic fungi have been reported to produce novel antibacterial, antifungal, antiviral, anti-inflammatory, antitumor, and other compounds belonging to the alkaloids, steroid, flavonoid, and terpenoids derivatives and other structure types [8].

Discovery of pestacin and isopestacin as antioxidant compounds from Pestalotiopsis microspora residing in Terminalia morbifera led to the exploration of antioxidant potential [9]. A new isobenzofuranone derivative 4,6-dihydroxy-5-methoxy-7-methylpythalide with antioxidant activity was obtained in Cephalosporium sp. from Sinarundinaria nitida [10]. Graphislastone A was isolated from Cephalosporium sp. as an endophyte of Trachelospermum jasminoides [11]. The natural antioxidant cajansinebene acid, 3-hydroxy-4-prenyl-5-methoxy-2-carboxylic acid has been reported from Fusarium as endophyte of pigeon pea, Cajanus cajan [12]. Xylaria species isolated from Ginkgo biloba and Chaetomium species isolated from Nerium oleander are some of the potential endophytes reported with strong antioxidant activity due to their ability to produce phenolic and flavonoid [13, 14].

There is great need to isolate, characterize, and develop new natural compounds present in medicinal plant which are used as a traditional (Ayurvedic) medicine to treat diseases. Endophytes are reported to produce natural products similar to that of the host plant. Calotropis procera is one such medicinally important plant which is not much explored for the endophytes and its bioactivities. The present investigation was performed to identify the endophytic fungi of C. procera for their antioxidant potential and characterization of the active biomolecules.

MATERIALS AND METHODS

Plant material
C. procera plant samples, viz., leaf, stem, and flower parts were collected for isolation of fungi from Udaipur, Rajasthan, India. Most samples
were collected during summer (temperature 35°C±2°C), the plant was authenticated by the Department of Biotechnology B.N.P.G. College, Udaipur, Rajasthan. Plant material was collected in a sterile container and carried to the laboratory. The material was used within few hours of collection. Fresh plant parts were used for isolation of plant associated fungi.

Isolation of plant associated fungi

Isolation of fungi was carried out using a modified method described by Schulz et al. [15]. The collected cut section of leaf, flower, and stem of C. procera was washed under running tap water for 15 minutes to remove the entire soil particle, and the plant samples were treated with detergent and then washed with sterile distilled water. Further surface sterilization of plant material was performed. The samples were transferred to a sterile conical flask and treated with 70% alcohol for 1 minute followed by 5% sodium hypochlorite treatment for 15 minute. The samples were finally rinsed with distilled water to eliminate the traces of any chemical left on the samples. After sterilization each plant sample was cut into small segments of 5 x 5 mm size and placed on freshly prepared potato dextrose agar (PDA) plates supplemented with streptomycin (500 mg/L). The plates were incubated at 27°C until fungal growth appeared. The fungal colonies appeared on the plates were transferred to fresh PDA plates, further purified and maintained on the PDA by regular sub culturing.

Morphological characterization

The fungal isolates were characterized based on colonial characterization and microscopic investigation, for colonial characterization, parameters like color of the colony, filamentous, and mat type growth was considered. The slides of both old and fresh fungal cultures were prepared using lactophenol cotton blue stain [16] and observed under microscope (Olympus CH20i) at ×40 and ×100 magnification. In a microscopic investigation of the slides the structure, shape and patterns of mycelia, reproductive and nonreproductive structures, fruiting bodies, conidia, conidiophores were observed.

Preparation of fungal crude extract

Extraction of fungal secondary metabolite was performed according to the method described by Lin et al. [17] and Choudhary et al. [18]. Mycelia from 5 days old actively growing fungal culture were inoculated in 100 ml potato dextrose broth in 250 ml Erlenmeyer flasks. After 15 days of incubation at 28°C±2°C in a rotary shaker (100 RPM) culture broths were filtered with cheese cloth. The separated mycelia were soaked in methanol for 30 minutes and then crushed in homogenizer. The suspension was filtered with Whatman filter paper no.1. Filtrates were evaporated at 60°C till the residue was obtained. The residue was used as crude extract.

Radical scavenging activity by 1,1-diphenyl-2-picryl-hydrazyl (DPPH) radical scavenging assay

Various concentrations of fungal extracts (20-100 μg/ml, 2.5 ml) were mixed with a methanolic solution of DPPH radicals (0.1 mm, 0.5 ml). The mixture was shaken vigorously and left to stand in the dark for 30 minutes. The reduction in the DPPH radical concentration was determined by measuring the absorbance at 517 nm. Methanol was taken as blank and DPPH solution without the extracts was taken as a control [19]. The percentage of inhibition of DPPH free radical activity was calculated using the equation:

\[
\text{Percent Inhibition} = \frac{Ac-As}{Ac} \times 100
\]

Where “Ac” is the absorbance of control, and “As” is the absorbance of solution containing sample extracts. All assays were carried out in triplicate and the results were expressed as a mean % value±standard deviation (SD).

Reducing power assay

The reducing potential of the extract was determined according to the method described by Oyaizu [20]. Different concentrations of methanolic extracts (0.2, 0.4, 0.6, 0.8, 1.0 mg/ml) were mixed with phosphate buffer (2.5 ml, 0.2 M, pH 6.6) and potassium ferricyanide solution (2.5 ml, 1% w/v). A layer of solution (2.5 ml) was mixed with distilled water (2.5 ml) and FeCl₃ solution (0.5 ml, 0.1% w/v) and the absorbance was measured at 700 nm in a spectrophotometer. Ascorbic acid (AA) was used as standard (positive control) for comparison of results. The high absorbance value of the reaction mixture indicates greater reductive potential. The assay was carried out in triplicate and the results were expressed as mean OD±SD.

Screening of flavonoids

The presence of flavonoids in methanolic extracts of endophytic fungi was carried out using the method described by Trenace and Evans [21]. The fungal extract was warmed and filtered, and 200 μl of 1% aqueous NaOH was added to the filtrate. The change in color was observed after addition of NaOH. HCl was again added to this reaction mixture and further observed for disappearance of color.

Thin layer chromatography of the extract was carried out according to the method described by Wagner and Bladt [22] with some modifications. A thin strip of thin-layer chromatography (TLC) silica plate (TLC Silica gel 60 F254, Merck) was impregnated with the fine drop of extract at marked places and allowed to air dry. The plate was developed in a chromatography chamber using a solvent system consisting of ethylacetate:glacial acetic acid:formic acid:distilled water in a ratio 12:1:3:1:1:2:8. After the successful development, the plate was examined under the ultraviolet chamber at 366 nm for the presence of any spots.

Determination of total flavonoid content

Total flavonoid content was measured with the aluminum chloride assay. 1 ml of sample was mixed with 4 ml of distilled water and 0.3 ml of sodium nitrite solution (5% w/v) and was allowed to stand for 5 minutes. 0.3 ml of aluminum chloride solution (10%) was added to the sample mix and after 1 minute, 0.2 ml of 1 M NaOH was added. The volume was made up to 10 ml with distilled water and mixed well. Tubes were observed for development of yellow color. The absorbance was measured at 510 nm in spectrophotometer [23,24]. Varying the concentration of quercetin (100-1000 µg/ml) was used for preparing the standard curve. The experiment was performed in triplicates and the standard curve was plotted using the OD values obtained for quercetin. The total flavonoid content was calculated from standard curve and the result was expressed as mg quercetin equivalent per gram dry weight of fungal extract, the values were expressed as mean±SD.

Determination of total phenolic contents

The concentrations of phenolics in fungal extracts were determined using spectrophotometric methods described by Singleton et al. [25]. Methanolic solution of the extract (1 mg/ml) was used for the analysis. The reaction mixture was prepared by mixing 0.5 ml of methanolic extract with 2.5 ml of 10% Folin-Ciocalteu’s reagent dissolved in water and 2.5 ml 7.5% NaHCO₃. Blank was colorimetrically prepared, containing 0.5 ml methanol, 2.5 ml 10% Folin-Ciocalteu’s reagent (prepared with water), and 2.5 ml of 7.5% of NaHCO₃. The samples were thereafter incubated in a thermostat at 45°C for 45 minutes. The absorbance was checked using spectrophotometer at 765 nm. The samples were prepared in triplicate for each analysis and the mean value of absorbance was obtained. The same procedure was followed for the standard curve of gallic acid. The phenolic content in the fungal extracts was derived from the standard curve and the results were expressed as mg of gallic acid eq. per gram dry weight of extract.

RESULTS AND DISCUSSION

Isolation and morphological characterization of endophytic fungi

From stem, flower, and leaf explants of C. procera total 8 fungal isolates were obtained. The isolates were found to be slow growers with a minimum time for the appearance of the mycelia ranging from 48 to 96 hrs. The fungal isolates were nomenclatures based on the name of the plant and the plant part from which it was obtained (Table 1).

255
Table 1: Fungal endophytes obtained from different plant parts and their characteristics

| S. No. | Explant         | No. of fungal isolates | Isolates          | Colonial characteristics                  |
|--------|-----------------|------------------------|-------------------|-------------------------------------------|
| 1      | Leaf Midrib     | 3                      | CPIF-1            | White filamentous, filiform               |
|        |                 |                        | CPIF-2            | Fast growing colonies, phialide, metulae, gray color |
|        |                 |                        | CPIF-3            | White filamentous, filiform               |
| 2      | Leaf            | 2                      | CPIL-1            | Fast growing colonies, yellow-brown, phialides, metulae |
|        |                 |                        | CPIL-2            | Dark brown, irregular, undulate           |
| 3      | Stem            | 1                      | CPIS-1            | White color, irregular and undulate       |
| 4      | Flower          | 2                      | CPIF-1            | White, circular, entire                   |
|        |                 |                        | CPIF-2            | White color, filamentous and filiform     |

The colonial characteristics of the isolates showed velvety, furrowed, and mottled type of growth with gray and yellow-brown colored colony on PDA medium. The microscopic observation of 7 days old mycelium stained with lactophenol cotton blue showed the presence of conidiophores, spores, metulae, and phialides structures in isolates. CPIF-2 and CPIL-1 were observed with spore forming mycelium (Fig. 1). From this pattern, the fungal isolates CPIF-2 and CPIL-1 were identified as 

Various medicinal plants were reported in the presence of endophytes in different plant parts where Calotropis is one of the less explored plants for their fungal endophytes. So far two species of Calotropis, C. procera, and Calotropis gigantea were studied for the endophytic fungal biodiversity and were reported with endophytes in leaf midrib, leaf lateral, stem, and flower parts [26,27]. In this study, fungal isolates were obtained from flower and leaf explants. Two of the fungal isolates that we obtained from the leaf were identified to be 

Penicillium species and Aspergillus species, respectively.

Radical scavenging activity by DPPH assay

Out of total 8 fungi, the extracts of Penicillium species (CPIF-2) and Aspergillus species (CPIF-1) showed positive results for antioxidant activity by DPPH radical scavenging assay. A decrease in the oxidation activity of DPPH radical was observed in both the fungal extracts due to their radical scavenging ability. A maximum inhibition of DPPH oxidation was found to be 81.00±0.71% in the methanolic extract of CPIF-2 at a concentration of 60 µg/ml and 80.97±0.78% in CPIF-1 at a concentration of 80 µg/ml which was considered to be significant as compared to the percent inhibition values obtained with AA as a standard antioxidant (Fig. 2).

In our study, the methanolic extract of two endophytic isolates CPIF-2, i.e., Penicillium species and CPIF-1, i.e., Aspergillus species has showed an increasing radical scavenging effect with increased concentration of crude extract. The antioxidant activity was encouraging (80.27% and 79.62%) even at 60-80 µg/ml in comparison to the activity reported in the extract of endophytic fungi Aspergillus species and Penicillium species isolated from Hugonia mystax which showed 88.1% and 36.5% at 100 µg/ml concentration [31]. A 72% inhibition of oxidation was reported in Aspergillus fumigatus isolated from Gracina species [32]. Similarly, 70% inhibition at 200 µg/ml concentration was found to be reported in crude extracts of Penicillium species from Centella asiatica, whereas, 53.12% inhibition was reported in extract of fungi isolated from Ocimum sanctum at 100 µg/ml [33-34]. In comparison to these values the potential of crude extracts of CPIF-2 and CPIF-1 for quenching the free radical (DPPH) can be considered to be potential resources for antioxidant actives.

Reducing power

The reductive ability of sample extracts was determined by measuring its ability to transform Fe³⁺ to Fe²⁺. The color change of the test solution from yellow to various shades of green and blue were observed depending on concentration and the reducing power of the compounds present in fungal extracts. Fungal extracts of CPIF-2 (Penicillium sp.) and CPIF-1 (Aspergillus sp.) were observed positive for reducing power, similar to that of DPPH assay. The reducing power of the extracts and standard AA increased with an increase in the concentration as appeared from the absorbance (OD) values. The fungal extracts showed less reducing power as compared to that of AA, which was analyzed as a positive control (Fig. 3).

The methanolic extracts of both the fungi, i.e., Aspergillus species (CPIF-1) and Penicillium species (CPIF-2) showed a potent reducing
power. Maximum reducing power was observed at a concentration of 0.1 mg/ml in both the extracts. Among the two endophytes, CPIL-1 exhibited high reducing power. Similar results for reducing power in the crude extracts of endophytes have been reported in studies by Kekuda et al. [35]. In the studies reported by Zheng et al., the aqueous extract of *Tolypocladium* species isolated from wild *Cordyceps sinensis* has shown a moderate reducing power activity [36].

**Qualitative analysis of flavonoids**

The results of the qualitative phytochemical analysis inferred that the methanolic extract of fungi contains flavonoids. A yellow was developed after addition of NaOH which disappeared on neutralization with dil. HCl. A change in color from yellow to colorless on addition of dil. HCl was an indication of the presence of flavonoids. In TLC analysis of the extracts, the chromatogram developed showed a single dark spot in the extract of CPIMR-2 and a fluorescent blue spot in the extract of CPIL-1 against a fluorescent green background (Fig. 4). The color of flavonoids may vary from dark to yellow, green, or blue fluorescent in UV light based on the chemical structure of flavonoid.

**Total flavonoids and phenolics**

The concentration of flavonoids and phenolics in the two fungal extracts of the *C. procera* that showed a positive test for RSA and reducing power (i.e., CPIMR-2 and CPIL-1) was determined using a spectrophotometric method. The total flavonoid content in the extracts was expressed in terms of quercetin equivalent using standard curve equation $Y=0.0007X$, $R^2=0.9586$. In CPIMR-2 and CPIL-1, the flavonoid content was found to be 130.50±6.111 mg/g and 94.91±4.483 mg/g dry weight of fungal extract, respectively (Table 2).

The total phenolic content was expressed in terms of gallic acid equivalent using standard calibration curve equation $Y=0.0177X$, $R^2=0.8987$. The phenolic content was found to be 9.16±0.71 mg/g and 12.13±3.96 mg/g dry weight of extract in CPIMR-2 and CPIL-1, respectively (Table 2). The presence of similar quantities of phenolic content was also reported in methanolic extract of *Aspergillus* species and *Penicillium* species isolated from *Tabebuia argentea* (19.20 and 16.23 mg/GAE/g) [37].

Antioxidant property of natural products is attributed to the secondary metabolites of the plant kingdom, particularly phenolics and flavonoids, many polyphenols, tannic acid has been shown to possess antioxidant activity [39]. Various fungal species have been also reported to produce these compounds and found to possess the antioxidant potential as well [39]. The production of these secondary metabolites (i.e., phenolics and flavonoids) has been reported in different endophytic fungi, including *Aspergillus nidalans* and *Aspergillus oryzae* isolated from *G. biloba* [40] and *Aspergillus niger* and *Fusarium oxysporum* isolated from *Crotalaria pallida* [37].

In various studies, the population and biodiversity of the fungal endophytes have been found to be varying as the environmental conditions under which the host is growing, the host plant composition, as well as seasonal variation, affects the endophytes population [41]. Some of the medicinal characteristics of the host plant may also be found to be similar to that of the endophytes. *C. procera* is one of such medicinal plant which has been studied and reported with various medicinal potential such as anthelmintic properties that relieves strangury, cure ulcers, cure piles, asthma, and wounds [42]. The compounds phenolic acids, flavonoids, and tannins are the most commonly found polyphenolic compounds in plant extracts [43]. The phenolics of *C. procera* were reported to possess the antioxidant property [44]. The isolates of *C. procera* CPIMR-2 and CPIL-1 were also found to possess the similar properties. This can be correlated as one of the plant microbe interaction mechanism where the host and the endophyte produce and possess similar characteristics. From the findings of our studies, the compounds flavonoids and phenolics are the key bioactives responsible for the antioxidant and reducing power. These fungal isolates should be considered as the resource for production of antioxidants and its medicinal importance.

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| Sample          | Total flavonoid content in mg/g of extracts (mean±SD) | Total phenol content in mg/g of extracts (mean±SD) |
|-----------------|-----------------------------------------------------|--------------------------------------------------|
| CPIMR-2 ( Penicillium sp.) | 130.50±6.111                                         | 9.16±0.71                                         |
| CPIL-1 (Aspergillus sp.)     | 94.91±4.483                                         | 12.13±3.96                                         |

*Values are mean±SD of three triplicates (n=3), SD: Standard deviation

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Fig. 3: Reducing ability of methanolic extracts of fungal isolates compared with ascorbic acid as standard at increasing concentrations. Values are mean±standard deviation of three replication (n=3)

Fig. 4: Chromatogram of (1) quercetin and methanolic extracts of fungi (2) CPIMR-2 and (3) CPIL-1 developed by thin-layer chromatography using solvent system ethyl acetate:formic acid:glacial acetic acid:water. Dark spots were observed in ultraviolet light against green background confirming the presence of flavonoids.

Table 2: Total flavonoid and phenolic content present in the extracts of the endophytic fungal isolates
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