Abstract. In recent years, an increasing number of long non-coding RNAs (lncRNAs) have been discovered using microarrays and nucleic acid sequencing technology. LncRNAs exert crucial biological functions by regulating signaling pathways. In particular, the lncRNA growth arrest-specific transcript 5 (GAS5) has been documented to serve a crucial role in numerous signaling pathways. This article discusses the latest developments in the association between GAS5 and miRNA (miRNA), p53, mTOR, glucocorticoid response element (GRE) and AKT in order to investigate the roles served by GAS5. MiRNAs can activate related signaling pathways and GAS5 can combine with miRNA to regulate related signaling pathways. GAS5 may regulate p53 expression via derivation of snoRNA, but the underlying mechanism requires further investigation. GAS5 overexpression reduces the expression level of mTOR, which is induced by inhibiting miR-106a-5p expression. GAS5 is a sponge of GR, and serves a role in controlling and maintaining glucocorticoid sensitivity and drug resistance via competitive combination with GR. GAS5 can interact with miRNAs, such as miR-21 and miR-532-5p, to regulate the expression of AKT signaling pathway, affecting cell survival and apoptosis. Collectively, the data indicate that GAS5 serves a key role in the miRNA, p53, mTOR, GRE, and AKT signaling pathways. GAS5 regulates complex intracellular signaling pathways primarily through three modes of action, all of which are interrelated: Signal, decoy and guide. In the present article, latest developments in the association between GAS5 and a number of cellular signaling pathways are discussed to examine the tumor suppressive role of GAS5.

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1. Introduction

Although previous studies have discovered numerous RNA species, protein coding RNAs account for only the minority of the transcriptome (1,2). The majority of RNA transcripts are actually comprised of non-coding RNAs (1,2). Noncoding RNA can be divided into two categories according to nucleotide (nt) length: i) Long non-coding RNA (lncRNA; >200 nt); and ii) short noncoding RNA (<200 nt) (3). The majority of previous studies initially considered IncRNAs to be a type of transcriptional noise (4). However, further research over the past decade revealed that IncRNAs serve an important role in a wide range of biological functions, including cell growth and developmental processes (5). There are several methods used for classifying IncRNAs, one of which categorizes IncRNAs based on their position relative to protein-coding genes: i) Intergenic IncRNA; ii) intron IncRNA; iii) overlapping IncRNA; and iv) antisense IncRNA (6). Currently, although the regulation of gene expression of short non-coding RNAs, such as miRNAs, has been relatively well studied, reports on the effects of lncRNAs on gene expression remain insufficient (7). However, numerous previous studies have indicated that lncRNAs serve a variety of roles in regulating cell signaling, such as the JAK/STAT, PI3K/Akt and Wnt signaling pathway (8-10).

A well-known IncRNA, growth arrest-specific transcript (GAS) 5, has recently become the focus of research attention. The GAS1-5 paralogs constitute the GAS multigene family (11). GAS1-5 proteins share a common N-terminal domain but exhibit different C-terminal extensions (12). GAS5a and GAS5b are produced by the alternative splicing of 12 exons at the 1q25 locus in the GAS5 gene (13). Previous studies have reported that GAS5 serves an anti-cancer effect in various types of cancer, including gastric cancer (14), lung cancer (15),
2. Three modes of action by which GAS5 regulates signaling pathways

There are three modes of action by which GAS5 participates in signaling pathways. Firstly, GAS5 can serve as a signaling protein, where it is specifically transcribed following different triggers and then participates in signal transmission in a number of pathways as a signaling node (22). For instance, experiments have indicated that after DNA damage in human colorectal tissue cells, GAS5 increases the expression of snoRNA, and GAS5 snoRNA activates the p53 signaling pathway and responds to DNA damage. GAS5 serves as a signaling protein in the aforementioned process and directly participates in the regulation of p53 signaling pathway (23). Secondly, GAS5 can act as a decoy, where it can behave as a molecular sponge that binds directly to target RNA or proteins, thereby blocking their downstream functions (24). For example, GAS5 binds to miR-21 to prevent its inhibitory action on PTEN and PDCD4, thereby upregulating the expression of PTEN and PDCD4 (25). Thirdly, GAS5 can serve a guide role as a transport protein, where upon binding, it guides the protein to a specific DNA sequence where it can regulate the transcription of downstream molecules (26). GAS5 has been previously reported to promote the binding of E2F transcription factor 1 (E2F1) to the promoter of the cyclin-dependent kinase inhibitor 1B (P27kip1) gene through guidance to activate P27kip1 (27) (Fig. 1).

3. Regulation of gene expression by GAS5

LncRNAs can directly interact with promoters to modulate transcription (28). GAS5 binds to elements, leading to the activation or inhibition of gene expression (28). GAS5 can indirectly activate P27kip1 transcription by facilitating the binding of E2F1 to the P27kip1 promoter, by directly binding to E2F1 itself (Fig. 2A) (29). In addition, GAS5 has been documented to inhibit the translation of c-Myc mRNA by interacting with the eukaryotic translation initiation factor 4E, without affecting the transcription or protein stability of c-Myc mRNA (18). In gastric cancer, Y-box binding protein 1 (YBX1) has been confirmed to interact with GAS5. Downregulation of GAS5 expression reduces the expression level of YBX1 and further reduces the expression of p21 induced by YBX1 (30). GAS5 has been demonstrated to enhance lung cancer cell apoptosis induced by gefitinib, a selective epidermal growth factor receptor tyrosine kinase inhibitor, by inhibiting epidermal growth factor and downregulating the expression of insulin-like growth factor receptor 1 (31). Furthermore, GAS5 overexpression in cells following myocardial ischemia-reperfusion injury activates the p38 MAPK signaling pathway and increases the expression of LAS1 to promote apoptosis (32). Chemokine (C-C motif) ligand 1 overexpression in bladder cancer cells can also be induced by reducing the expression of GAS5 (33).

GAS5 is involved in PTEN regulation through a number of mechanisms. PTEN is an important tumor suppressor that serves an important role in cell growth, apoptosis and migration (34). GAS5 may indirectly facilitate the translation of PTEN by repressing miR-21a-5p (35). Additionally, in papillary thyroid carcinoma, GAS5 can serve as a molecular sponge for miR-222-3p, which activates the PTEN/AKT pathway (36). Similarly, GAS5 has been found to sponge miR-222 to indirectly suppress PTEN expression in breast cancer (37).

4. GAS5 and the p53 network

p53 is an extensively studied tumor suppressor gene that regulates cell cycle progression and prevents carcinogenesis (38). p53 is therefore termed the ‘guardian of the genome’ (39). The predominant role of p53 is to maintain genome stability and avoid mutation. A number of lncRNAs have been found to regulate the p53 network (40,41). Previous studies have indicated that reduced GAS5 expression is associated with cell cycle arrest via increased p53 expression, breast cancer gene type 1 and growth damage and DNA damage inducible α expression (40-42). In colorectal cancer cell lines, p53 expression has been previously found to associate closely with GAS5-derived snoRNA levels (23). Therefore, GAS5 may regulate p53 expression via a feedback loop, the mechanism of which requires further investigation. The feedback pathway is activated after DNA damage as GAS5 derives snoRNA, which directly promotes the expression of p53 and inhibits the G1 phase in the middle stage of cell division, which inhibits DNA damage in cells undergoing mitosis (Fig. 2B).

5. GAS5 and mTOR

mTOR is involved in numerous signaling pathways, including cell proliferation, differentiation, autophagy and apoptosis (43). A regulatory relationship between mTOR and GAS5 has been previously found (44,45). Several studies have demonstrated that GAS5 is expressed at reduced levels in gastric cancer cells (46,47). GAS5 overexpression has been revealed to inhibit the proliferation of gastric cancer cells by reducing mTOR expression, suggesting that GAS5 exerts its biological function through the mTOR pathway (48). One study reported that the expression level of GAS5 in gastric cancer is negatively associated with that of miR-106a-5p. Overexpression of miR-106a-5p reverses the biological effects induced by GAS5 overexpression, which occurs via Akt/mTOR (49). This shows that GAS5 overexpression serves a role in inhibiting proliferation in gastric cancer cells by inhibiting the function of miR-106a-5p, thereby reducing mTOR expression (49). In patients with esophageal cancer, GAS5 expression has been demonstrated to be reduced. In esophageal cancer cell lines, GAS5 overexpression has been found to inhibit proliferation, migration, reduce PI3K expression and AKT and mTOR phosphorylation. The use of PI3K agonists reversed these aforementioned effects without affecting the expression of GAS5 (50,51). This suggests that GAS5 mediates its effects through the PI3K/mTOR pathway in esophageal cancer cells (50,51). Additionally, a previous study on glioma cells revealed that GAS5 inhibits excessive...
expression levels, patients with liver cancer with high GaS5 compared with patients with liver cancer with low GaS5 are correlated with higher miR-21 expression levels (60). Clinical features of HCC (60) lower GaS5 expression levels of GaS5 and miR-21 are associated with the high malignancy and poor prognosis. Furthermore, the expression of GaS5 may lead to increased corticotropin-releasing hormone receptor 1 expression and long-term activation of the hypothalamic-pituitary-adrenal axis, possibly due to the inhibition of miR449a by GaS5 (62).

Table I. GaS5 involved signal pathways and corresponding regulatory genes.

| Role of GaS5 | Gene involved | References |
|-------------|---------------|------------|
| Regulation of gene expression | p27kip1, E2F1 | Luo et al (27) |
| | c-Myc | Hu et al (18) |
| | p21 | Liu et al (30) |
| | EGFR | Dong et al (31) |
| | p38, LAS1 | Liu et al (32) |
| | CCL1 | Cao et al (33) |
| p53 network | BRCA1, GADD45A | Mazar et al (40) |
| | snoRNA | Krell et al (23) |
| mTOR | miRNA-106a-5p | Dong et al (49) |
| | PI3K | Wang et al (50) |
| miRNA | miR-21, PDCD4, miR-103 | Zhang et al (25) |
| | Cbr1, miR449a | Nemoto et al (62) |
| | miR-21a-5p | Gao et al (35) |
| | miR-222-3p | Zhang et al (36) |
| | miR-222 | Gu et al (37) |
| | miR-532-5p | Han et al (76) |
| GRE | cIAP2 and SGK1 | Lucafo et al (65) |
| AKT | MMP-9 and TP53 | Zheng et al (75) |
| | ROCK1 | Wu et al (78) |

GaS5, growth arrest-specific 5.

autophagy induced by cisplatin exposure by activating the mTOR signaling pathway (52). It was found that treatment with rapamycin (mTOR antagonist) can eliminate GaS5-mediated inhibition of autophagy caused by cisplatin and reduce GaS5 sensitivity to cisplatin (52).

6. GaS5 and miRNA

miRNAs are a class of short-sequence RNAs that are abundant in eukaryotes (53). Although miRNAs have been found to regulate the expression of numerous protein-coding genes, whether miRNAs target IncRNAs remains unclear (54). Previous studies have shown that GaS5 is closely related to multiple miRNAs (55-57). For example, previous studies have demonstrated a feedback pathway between GaS5 and miR-21, where GaS5 induces a reduction in miR-21 expression to activate the translation of crucial genes, including PTEN and PDCD4 (58,59). Additionally, GaS5 has been found to bind with miR-103 to upregulate PTEN expression (25) (Fig. 3A).

In hepatocellular carcinoma (HCC) tissues, GaS5, PDCD4 and PTEN levels were reduced whilst miR-21 levels were increased compared with those in adjacent normal tissue (60). Hepatocellular carcinoma (HCC) is a common tumor with high malignancy and poor prognosis. Furthermore, the expression levels of GaS5 and miR-21 are associated with the clinical features of HCC (60). Lower GaS5 expression levels are correlated with higher miR-21 expression levels (60). Compared with patients with liver cancer with low GaS5 expression levels, patients with liver cancer with high GaS5 expression levels survive longer (60). GaS5 acts as a negative regulator in liver cancer through miR-21 and its targets, which are involved in the migration and invasion of cancer cells (61). This indicates that GaS5 may be a target for the treatment of HCC (61). Additionally, increased expression of GaS5 may lead to increased corticotropin-releasing hormone receptor 1 expression and long-term activation of the hypothalamic-pituitary-adrenal axis, possibly due to the inhibition of miR449a by GaS5 (62).

7. GaS5 and glucocorticoid response element (GRE)

Glucocorticoid receptors (GRs) are important members of the nuclear-receptor family and common transcription regulators depending on hormone levels (63). Following hormone binding, GRs regulate the expression of target genes, including apoptosis genes cIAP2 and SGK1, by interacting with the glucocorticoid response element (GRE) (64). Via the aforementioned signaling pathways, GR can regulate the process of cell apoptosis. GaS5 and GR interact as GaS5 is considered to be a sponge for GR, suggesting that GaS5 is a possible factor for the control and maintenance of glucocorticoid sensitivity and drug resistance (65). Previous studies have demonstrated that GaS5 competes with GRE to bind the DNA-binding domain (DBD) sites on GRs (66,67). This process blocks GR binding to the GRE, consequently repressing the transcriptional activation of target genes (Fig. 3B) (68).

8. GaS5 and AKT

Activation of the AKT pathway occurs through a variety of signaling pathways, including those of MAPK, PI3K/AKT and mTOR. The AKT pathway is closely associated with the proliferative and invasive abilities of tumor cells. GaS5 serves an important role in the regulation of the AKT pathway (69,70). Previous studies have reported that GaS5 interacts with the PDCD4 protein (71-73). In cardiomyocytes, GaS5 competitively binds to miR-21, thereby positively regulating PDCD4 expression. The enhanced expression of PDCD4 in turn inhibits the PI3K/AKT signaling pathway (74). This indicates that GaS5 regulates the expression of PDCD4 by targeting miR-21 and indirectly inhibiting the PI3K/AKT signaling pathway (74). Inhibiting the expression of GaS5 activates the PI3K/AKT signaling pathway and increases the expression of its downstream proteins matrix metalloproteinase 9 and tumor protein p53 in human trophoblast cell lines HTR-8/SVneo and JEG-3 (75). GaS5 competitively binds to miR-532-5p such that silencing GaS5 expression upregulates the expression of miR-532-5p to activate the PI3K/AKT signaling pathway in myocardial ischemia-reperfusion injury (76). This indicates that GaS5 regulates the PI3K/AKT signaling pathway by binding with miR-532-5p (76). Furthermore, in ischemia brain injury, GaS5 enhances the expression level of PTEN by regulating the expression of miR-21, thereby inhibiting the PI3K/AKT signaling pathway (77). In cardiomyocytes, GaS5 knockdown has been found to suppress the expression of Rho associated coiled-coil containing protein kinase 1 (ROCK1), activating the PI3K/AKT signaling pathway, which in turn suppress the expression of glycogen synthase kinase 3β (GSK-3β). miR-335 can bind to GaS5 and inhibit its expression. When miR-335 is inhibited,
the expression of GAS5 is increased and the aforementioned effects are abolished (78). This suggests that GAS5 exerts its biological function through the miR-335/ROCK1/AKT/GSK-3β axis (78). Furthermore, under hypoxic conditions, cell survival rate is reduced whereas apoptosis ability is enhanced. GAS5 expression in myocardial cells is increased and the PI3K/AKT signaling pathway is suppressed. Inhibiting the expression of GAS5 improves the viability of cells and inhibits cell apoptosis. Additionally, the expression of miR-222-3p, a target gene of GAS5, was found to be downregulated under hypoxic conditions (79). Overexpression of miR-222-3p reversed the effects of GAS5 on cell survival and apoptosis under hypoxic conditions by activating the PI3K/AKT signaling pathway (79).

9. Conclusions

In short, GAS5 exerts its functions via three modes of action, namely signal, decoy and guide. In lung cancer, GAS5 can...
enhance the effect of gefitinib by inhibiting epidermal growth factor and downregulating the expression of insulin-like growth factor receptor 1 (22). GAS5 is underexpressed in esophageal cancer cells, and overexpression of GAS5 inhibits the proliferation and migration of tumor cells, and inhibits the expression of PI3K and mTOR signaling pathways (35). In hepatocellular carcinoma, GAS5 is involved in downregulating the invasion and migration of liver cancer cells by interacting with miR-21, and the level of GAS5 is positively correlated with the survival rate of patients with liver cancer (39). In myocardial ischemia-reperfusion injury, GAS5 can combine with miR-532-5p to inhibit the PI3K/AKT signaling pathway, and silencing GAS5 expression can upregulate miR-532-5p to activate the PI3K/AKT signaling pathway to reduce myocardial damage (47). GAS5 can act as a sponge for GR to block the GR/GRE/ciaP2 and SGK1 signaling pathways, and achieve the effect of controlling and maintaining glucocorticoid sensitivity and drug resistance (43).

GAS5 serves a key role in various signaling pathways and has a role in regulating gene expression. For example, GAS5 can act as a guide to regulate the translation of P27Kip1, PTEN and c-Myc whilst regulating the expression of p53 by acting as a signaling molecule to form a feedback loop (18). GAS5 expression is closely associated with the degree of mTOR expression. Overexpression of GAS5 reduces the expression of mTOR and miRNA-106a-5p in a PI3K-dependent manner (34). Furthermore, GAS5 interacts with miRNA primarily through sponging. In this process, GAS5 compete to bind to a key gene or protein in a pathway to alter their expression levels (37). Additionally, GAS5 can serve as a molecular sponge in the GRE pathway, where it competes with GRE for the DBD structure on GRs (43). GAS5 is also involved in the regulation of AKT, since GAS5 inhibition activates the AKT signaling pathway (45). Furthermore, PDCD4, miR-532-5p and ROCKI all serve important roles in the regulation process of this pathway. Increasing the expression of GAS5 commonly inhibits the development of tumors and enhances the therapeutic effect of drugs on tumor cells.

In conclusion, these data indicate GAS5 serves key roles in miRNA, p53, mTOR, GRE and AKT signaling pathways. However, the mechanism of action of GAS5 remains unclear and further experiments are required to elucidate its functions. In gastric cancer, lung cancer, hepatocellular carcinoma and renal cancer, the role of GAS5 is similar to that of tumor suppressor genes. However, whether it is expressed at low levels only in these specific diseases or expressed at low levels in all diseases requires further research. Fortunately, there are continuous novel developments in this field.

Acknowledgements

Thanks to Mr. Wei Hu (Department of Andrology, The First Affiliated Hospital of University of South China) for assisting with the preparation of the current review.

Funding

The present study was supported by the National Natural Science Foundation of China (grant no. 81402100), the Foundation for ‘Young Medical Talents’ of Jiangsu Province (grant no. QNRC2016840), the ‘Six Talent Peaks Project’ in Jiangsu Province (grant no. WSW-007) and the Natural Science Foundation of Hunan Province (grant no. 2019JJ40269).

Availability of data and materials

Data sharing is not applicable to this article, as no datasets were generated or analyzed during the current study.
Authors' contributions

YZ completed the majority of the current review, including the preparation of the manuscript. BC provided specific academic guidance and assisted in improving the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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