Development and validation of a penumbra-based predictive model for thrombolysis outcome in acute ischemic stroke patients

Tian-Yu Tang a,b,1, Yun Jiao a,1, Ying Cui a, Chu-Hui Zeng a, Deng-Ling Zhao a, Yi Zhang a, Cheng-Yu Peng a, Xin-Dao Yin b, Pei-Yi Gao c, Yun-Jun Yang d, Sheng-Hong Ju a,b,c, Gao-Jun Teng a,d,⁎

a Jiangsu Key Laboratory of Molecular and Functional Imaging, Department of Radiology, Zhongda Hospital, Medical School of Southeast University, 87 Dingjiaqiao Road, Nanjing, Jiangsu 210009, China
b Department of Radiology, First Affiliated Hospital of Wenzhou Medical University, 2 Fuxuexiang, Wenzhou, Zhejiang 325000, China
c Department of Radiology, Nanjing First Hospital, Nanjing Medical University, 68 Changle Road, Nanjing, Jiangsu 210006, China
d Department of Radiology, Beijing Tiantan Hospital, Capital Medical University, 6 TianTanKu, Beijing, 100050, China

⁎ Corresponding authors at: Jiangsu Key Laboratory of Molecular and Functional Imaging, Department of Radiology, Zhongda Hospital, Medical School, Southeast University, 87 Dingjiaqiao Road, Nanjing 210009, China.
1 These authors have contributed equally to this work.

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The use of thrombolysis in acute ischemic stroke is restricted to a small proportion of patients because of the rigid 4·5-h window. With advanced imaging-based patient selection strategy, rescuing penumbra is critical to improving clinical outcomes. In this study, we included 155 acute ischemic stroke patients (84 patients in training dataset, age from 43 to 80, 59 males; 71 patients in validation dataset, age from 36 to 80, 45 males) who underwent MR scan within the first 9-h after onset, from 7 independent centers. Based on the mismatch concept, penumbra and core area were identified and quantitatively analyzed. Moreover, predictive models were developed and validated to provide an approach for identifying patients who may benefit from thrombolytic therapy. Predictive models were constructed, and corresponding areas under the curve (AUC) were calculated to explore their performances in predicting clinical outcomes. Additionally, the models were validated using an independent dataset both on Day-7 and Day-90. Significant correlations were detected between the mismatch ratio and clinical assessments in both the training and validation datasets. Treatment option, baseline systolic blood pressure, National Institutes of Health Stroke Scale score, mismatch ratio, and three regional radiological parameters were selected as biomarkers in the combined model to predict clinical outcomes of acute ischemic stroke patients. With the external validation, this predictive model reached AUCs of 0·863 as short-term validation and 0·778 as long-term validation. This model has the potential to provide quantitative biomarkers that aid patient selection for thrombolysis either within or beyond the current time window.

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1. Introduction

Stroke is the second most common cause of death and the leading cause of adult disability worldwide [1] and patients with acute ischemic stroke (AIS) may benefit from thrombolysis up to 4·5 h after onset [2], while a treatment beyond this time window is associated with an increased risk of mortality [3,4]. The time window of 4·5 h is derived from large-sample randomized clinical trials [5,6]. Using imaging guidance to confirm the eligibility of AIS patients for thrombolytic therapy, despite the 4·5-hour time window, has become clinically pertinent. It is of great value to popularize imaging-guided decision-making for the improved management of AIS progress, especially in primary healthcare centers.

Penumbra quantification is critical for improving clinical outcomes and is a promising strategy for extending the treatment time window [5,7]. As a dynamic process, the penumbra can persist for as long as 48 h after symptom onset [4]. Both CT and MR are valuable imaging modalities for assessing the penumbra [8]. Although CT is faster and more widely used, MR is potentially superior to CT because of its higher resolution, rapid identification of acute infarction, and sensitivity to intracranial hemorrhage [9,10]. Several clinical trials, including DEFUSE 2 and EPITHET, have used the MR mismatch criteria to guide patient selection for thrombolysis [11,12]. However, the clinical conditions and radiological signatures of patients who are most likely to benefit from thrombolysis have not been clarified [13]. In addition, most current MR studies rely on qualitative imaging which might lead to weak interpretation of results [14]. Furthermore, based on suggestions from previous studies that the location, volume ratio, and perfusion/diffusion features of the...
penumbra are all critical predictors of clinical outcome [15–17]. Therefore, an overall assessment of penumbral profiles might be helpful in determining whether thrombolytic treatment is effective either within or beyond the 4-5 h window.

The goal of this study was to develop and validate an MR-based model for clinical outcomes. We first introduced a short-term clinical assessment of AIS patients to generate clinical labels. Second, quantitative analyses of the global and regional parameters of the ischemic penumbra and core area were performed. The potential baseline clinical and radiological signatures of AIS patients were screened using machine learning methods based on a short-term clinical label. Finally, predictive models were validated in an independent dataset, with both short-term and long-term clinical labels. We hypothesized that these models would help to select patients eligible for thrombolysis and to develop personalized therapy during AIS management.

2. Materials and methods

2.1. Study design

In this study, we developed predictive models for AIS patients including two independent datasets which were collected from seven independent hospitals, as listed in Supplementary Table S1. Firstly, the training dataset was retrospectively collected in three hospitals from June 2012 to October 2016. After the training dataset were collected, we used a prospective dataset, which were collected from September 2008 to July 2010 [18], to validate our results. The study was approved by the Ethics Committees of all listed hospitals and informed consent was obtained. The study design is shown in Fig. 1.

The enrollment criteria were as follows: 1) diagnosis of early stroke; 2) age between 18 and 80 years; 3) absence of contraindications to MRI; 4) absence of brain tumor or pregnancy; 5) absence of intracranial hemorrhage on CT/MRI at baseline; 6) both diffusion-weighted imaging (DWI) and perfusion-weighted imaging (PWI) acquired within 9-hours after AIS onset; 7) intravenous recombinant tissue plasminogen activator (IV-rtPA) treatments or conventional medical treatments after MR scanning; and 8) completion of National Institutes of Health Stroke Scale (NIHSS) and modified Rankin Scale (mRS) assessments on Day-7 after onset for the training dataset; or completion of NIHSS on Day-7 and mRS assessments on both Day-7 and Day-90 after onset for the validation dataset.

The exclusion criteria were as follows: 1) poor image quality; 2) perfusion imaging failure; and 3) non-detection of lesion on DWI or PWI.

Certain clinical assessments were performed by experienced neuroradiologists to record the symptoms at onset. Specific information was obtained from each patient at baseline, namely, age, sex, time lag between onset and baseline MRI scan (T-M), baseline systolic blood pressure (SBP), and diastolic blood pressure (DBP). Additionally, other potential risk factors such as hypertension, diabetes, hyperlipidemia, atrial fibrillation, and previous stroke or transient ischemic attack (TIA) were collected. The radiological analyses had not yet been performed at the time of hospital admission and the decision-making regarding treatment was based on conventional clinical information.

2.2. Clinical assessments

NIHSS and mRS scores on Day-7 were recorded and combined for an early clinical outcome assessment. A combined score (MN) of mRS and NIHSS is defined below (Eq. (1.1)) and a favorable clinical outcome (FCO) was defined as MN ≤ 4. Unfavorable clinical outcome (UFCO) was defined as MN < 4. Furthermore, a long-term clinical label was evaluated on Day-90. Specifically, FCO was defined as mRS < 2 and UFCO was defined as mRS ≥ 2.

\[
MN = \Delta NIHSS + (3 - mRS) + 4 \quad (1.1)
\]

2.3. MR image processing and penumbral quantification

DWI and PWI sequences were acquired for all participants. The detailed acquisition parameters are listed in Supplementary Table S2. Pre-processing and statistical analyses of MRI data were carried out using tools from the FMRIB Software Library (www.fmrib.ox.ac.uk/fsl) [19,20]. In addition, MATLAB scripts developed in house were used in the preprocessing.

The DWI images were preprocessed as follows: 1) skull stripping on b0 imaging; 2) calculation of the ADC maps; and 3) estimation of a rigid transformation from the interval space to the MNI152 standard brain (FNIRT in FSL, 2 mm isotropic). The PWI images were preprocessed as follows: 1) detection of the baseline image; 2) alignment of each volume to the baseline image; 3) smoothing of the 4D images using a 6-mm FWHM Gaussian kernel; 4) estimation of a rigid transformation from the perfusion baseline images to the DWI image space; and 5) generation of a linear transformation between the individual space to the MNI152 template (FNIRT in FSL, 2 mm isotropic). The perfusion image calculation was based on a standard singular value decomposition model [21], including cerebral blood flow (CBF), cerebral blood volume (CBV), mean transit time (MTT) and Tmax.
were defined by DWI defected area volume, and the volumes of penumbra
region, ADC/CBF of the core region, ADC/CBF value of the penumbra region were quantitatively calculated, as well as 42 regional features of the penumbra and core area (see Supplementary Table S3). The value of the intact brain region was replaced with the mean value of the region.

2.4. Statistical analyses

2.4.1. Clinical measurements

SPSS Statistics software (Version 21.0, IBM) was used for the statistical analyses. Two-sample t-tests and Pearson’s correlation analyses were employed and the reported significance levels were all two-sided, with statistical significance set at 0·05. Data are presented as mean [standard deviation (SD)], median [interquartile range (IQR)], and number (percentage), as appropriate.

2.4.2. Feature selection

Based on the short-term clinical labels, the clinical and radiological features were evaluated with a feature selection procedure. In our study, the Least Absolute Shrinkage and Selection Operator method (LASSO) logistic regression model [25] was conducted in the training dataset to select the most predictive features for clinical outcome. To compare the predictive capabilities of the clinical features, MIS and regional features (see Supplementary Table S3), three different models were evaluated as listed below.

Clinical model: The input of this model contained 12 potential variables that were purely clinical, namely, sex, age, baseline SBP, baseline DBP, hypertension, atrial fibrillation, diabetes, hyperlipidemia, previous stroke or TIA, T-M, baseline NIHSS, and treatment option.

Mismatch model: The input of this model covered all 12 potential variables listed in Clinical model plus MIS.

Combined model: The input of this model contained 61 potential variables covering clinical information, global and regional information, including the 12 clinical variables listed in Clinical model, seven global ischemic penumbra and core variables (MIS, core region volume, penumbra region volume, ADC/CBF of the core region, ADC/CBF value of the penumbra region), and 42 regional features of the penumbra and core area (see Supplementary Table S3).
2.4.3. Development and validation of the predictive models

Based on the short-term clinical label, the clinical model, mismatch model, and combined model were independently validated. Moreover, the models were further tested with a long-term clinical label which was defined based on mRS scores assessed on Day-90.

The predictive models were developed and validated using WEKA software (http://www.cs.waikato.ac.nz/ml/weka/). Logistic model tree (LMT) models were developed based on the selected features in the training dataset [26]. The performances of the predictive models were evaluated with receiver operating characteristic (ROC) analysis, and pairwise ROC comparisons between our models were tested using DeLong method [27]. Model calibration was assessed with the Hosmer–Lemeshow goodness-of-fit test [28]. To estimate the clinical utility of our models, decision curve analysis was performed by calculating the net benefits for a range of threshold probabilities in the validation dataset.

To avoid algorithm bias, we applied four machine learning methods and used reclassification methods to evaluate the models, the detailed information was list in Supplementary S1. The packages used in R for the discrimination and calibration of the predictive models were also list in Supplementary S1.

3. Results

3.1. Clinical assessment

As shown in Figs. 1, 5 patients were excluded because of poor image quality. 6 patients were removed because of the failure to acquire a perfusion image, and another 2 patients were excluded because of the absence of lesions on the DWI/PWI maps. Finally, a total of 155 patients were included in the final data analyses, with 84 in the training dataset (age from 43 to 80, 59 males) and the remaining 71 in the validation dataset (age from 36 to 80, 45 males). The mRS scores of the AIS patients are shown in Fig. 2. For the short-term clinical label, there were 41 patients (48·8%) in the FCO group in the training dataset and 42 patients (59·2%) in the FCO group in the validation dataset. On Day-90, there were 41 patients (57·7%) in the FCO group.

The characteristics of the AIS patients at baseline are shown in Table 1. Significant differences were evident for SBP and IV-rtPA in the training dataset alone. The predictive models were developed based on the selected features in the training dataset [26]. The performances of the predictive models were evaluated with receiver operating characteristic (ROC) analysis, and pairwise ROC comparisons between our models were tested using DeLong method [27]. Model calibration was assessed with the Hosmer–Lemeshow goodness-of-fit test [28]. To estimate the clinical utility of our models, decision curve analysis was performed by calculating the net benefits for a range of threshold probabilities in the validation dataset.

To avoid algorithm bias, we applied four machine learning methods and used reclassification methods to evaluate the models, the detailed information was list in Supplementary S1. The packages used in R for the discrimination and calibration of the predictive models were also list in Supplementary S1.

3.2. Penumbral quantification

The quantification results of the penumbra and core area are shown in Fig. 3. As shown in Fig. 3b, the penumbra and core area were labeled green and red. The probability of core and penumbral area in all the AIS patients in the training and validation datasets is shown in Supplementary Fig. S3. The relationship between MIS and the clinical assessments was investigated on Day-7 are shown in Fig. 4a. On Day-7, there were significant correlations between MIS and clinical assessments such as NIHSS score, mRS score, MN, and improvement of NIHSS score between baseline and Day-7 in both datasets (see Table 2).

3.3. Feature selection and model development

In clinical model, five features survived in the feature selection, namely, sex, baseline SBP, T-M, baseline NIHSS, and the treatment option. In MIS model, four features survived, namely, baseline SBP, baseline NIHSS, treatment option, and MIS. In combined model, seven features survived, namely, baseline SBP, baseline NIHSS, treatment option, MIS, ratio of the core area in the temporal lobe (R.C.T), ADC value in the white matter area of the penumbra (ADCC.W) and CBF value in the occipital lobes of the penumbra (CBF.P.O).

As shown in Table 3, significant differences were detected in MIS, R.C.T, and CBF.P.O in both datasets, whereas, ADCC.W was significantly different in the training dataset alone. The predictive models were developed based on LMT and are outlined below. The scatter plots of MN and the output of the combined model of all of our patients are shown in Fig. 4b.

The model calculates the predicted probability of the models as follows:

$$ P_{\text{Clinical}} = 4 \cdot 44 - \text{Sex} \cdot 0.50 - \text{SBP} \cdot 0.02 - \text{T-M} \cdot 0.02 - \text{N0} \cdot 0.12 + \text{Treatment} \cdot 0.80 $$

(1.3)
In Eq. (1.3), Sex is defined as 1 with male patients, while 2 with female patients. In Eq. (1.3)–(1.5), Treatment is defined as 1 with IV-rtPA while Treatment is defined as 0 with conventional medical treatment. In Eq. (1.3)–(1.5), \( N_0 \) is the NIHSS score after onset.

### 3.4. Model validation

The ROC curves of the predictive models are shown in Fig. 5. Based on the short-term validation, the AUCs of the clinical model, MIS model, and combined model were 0.743 (95% CI: 0.629–0.856), 0.854 (95% CI: 0.767–0.941), and 0.863 (95% CI: 0.774–0.951), respectively. With pairwise ROC comparisons, there are significant differences between clinical model vs mismatch model (\( P = 0.002 \)) and
clinical model vs. combined model ($P = 0.003$). There is no significant difference between our two imaging based models: mismatch model and combined model ($P = 0.749$). In addition, we analyzed the predict performance of the combined model of short-term validation in patients with or without IV-rtPA treatments. The AUC in the patients with IV-rtPA is 0.869 (95% CI: 0.739–1.000), while in patients without IV-rtPA is 0.799 (95% CI: 0.636–0.963). The Hosmer–Lemeshow test of model calibration with a non-significant $p$ value showed favorable calibration of our models, for short-term models: $P_{\text{clinical model}} = 0.778$; $P_{\text{mismatch model}} = 0.202$; $P_{\text{combined model}} = 0.450$. The decision curves of our models in the validation datasets were shown in Fig. S4, indicating the clinical usefulness of our models.

Furthermore, based on the long-term validation, the AUCs of the clinical model, MIS model, and combined model were 0.697 (95% CI: 0.573–0.821), 0.773 (95% CI: 0.662–0.884) and 0.778 (95% CI: 0.668–0.888). In the long-term models, there is significant difference between clinical model vs mismatch model ($P = 0.030$). There is no significant difference between clinical model vs. combined model ($P = 0.058$) and mismatch model vs. combined model ($P = 0.870$). The Hosmer–Lemeshow test of model calibration within the non-significant $p$ value showed favorable calibration of our models, for long-term models: $P_{\text{clinical model}} = 0.959$; $P_{\text{mismatch model}} = 0.649$; $P_{\text{combined model}} = 0.437$.

4. Discussion

In this study, predictive models for individual clinical outcome after AIS onset was developed and validated with both short-term and long-term clinical labels. The combined model included both clinical characteristics and advanced MR penumbra profiles derived from machine learning methods. The predictive power of the model was validated using an independent dataset and reached AUCs of 0.863 in the short-term validation and 0.778 in the long-term validation, indicating a favorable discriminative ability.

4.1. Clinical labels

To identify the potential features at baseline and to develop predictive models for further clinical outcomes of AIS patients, reasonable clinical labels were needed. It has been shown that the early mRS can serve
and core area might capture more information regarding tissue impair-

Compared with global signatures, the regional features of the penumbra

tent of the global penumbral existence and local tissue characteristics.

aimed to develop a quantitative penumbral method to evaluate the ex-

cation methodology may have led to the negative results. Our study

the failure remain unknown, the inadequacy of the penumbral identi-

score has demonstrated a reasonable ability to distinguish the relative

4.2. Penumbral quantification

Several early studies reported that DWI/PWI mismatch was corre-

lated with clinical assessments [31,32]. Consistently, our study found

that MIS was significantly correlated with clinical outcomes, suggesting

that the penumbra, the main target of salvageable brain tissue, is associ-

ated with FCOs with adequate medical care [4]. With penumbral imag-

ing, two clinical trials based on diffusion-perfusion were performed to

select patients for thrombolysis beyond the current time window, but

failed to reach the endpoints [11,33]. Although the exact reasons for

the failure remain unknown, the inadequacy of the penumbral identifi-

cation methodology may have led to the negative results. Our study

aimed to develop a quantitative penumbral method to evaluate the ex-

tent of the global penumbral existence and local tissue characteristics.

Compared with global signatures, the regional features of the penumbra

and core area might capture more information regarding tissue impair-

ment after AIS [16,17] and may help predict clinical outcomes.

4.3. Predictive model performance

Three different models were developed in our study, the combined

model included both clinical and radiological signatures had the best

ability to predict the 3-month clinical outcomes of AIS patients. These

results might suggest that with machine learning methods, the regional

features of the penumbra and core area are integrated with the clinical

factors and treatment option to affect clinical outcome. A recent study

developed a multivariable model, including clinical information and

CT assessments, to predict clinical outcomes [34]. Consistent with our

results, SBP, baseline NIHSS, and IV-rtPA treatment were confirmed to

be independent predictors of clinical outcomes. In contrast, rather than

via visual assessment, the features in our model were derived from

machine learning techniques, which included more objective ra-

diological signatures. These favorable results demonstrate that with

machine learning techniques, essential clinical and radiological features

can be revealed and predictions of clinical outcomes for AIS patients can

be more accurately identified than with conventional methods. This in-

terpretation could be supported by the external validation in the inde-

pendent dataset in our study, which also demonstrated a favorable

prediction performance based on the combined model with both

short-term and long-term clinical labels.

4.4. Clinical Implications

Although penumbral imaging is already widely acknowledged in

clinical practice, penumbral imaging for selecting candidates for throm-

bolysis has not been validated [35]. Several clinical trials, including

EPITHET, DIAS II, and MR RESCUE, have failed to confirm the clinical va-

lidity of penumbral imaging [11,33,36], largely because of improper

penumbral definition. In the current study, our model enabled the pre-

diction of favorable clinical outcome for each individual up to 9 h after

stroke onset. By providing a promising strategy in detail to guide current

patient selection in AIS management, the application of our models will

be particularly meaningful to hospitals that are not competent enough
to be qualified for endovascular treatment.
4.5. Limitations

The main limitation of this study is that the treatment choice was not randomized and there might have been selection bias and information bias. With an independent validation, these biases might have been controlled. However, the observational nature of this study may still limit the interpretation of current results. Further validations in prespecified clinical trials are recommended. Second, the sample size was relatively small and imaging protocols for current data varied from one center to another, so the homogeneity of the sample may have been affected. The application of the models to a relatively larger cohort with a prospective design would generate more convincing evidence to guide current patient selection in AIS management.

5. Conclusions

In summary, the proposed imaging-based models contain both clinical and imaging signatures, showing sufficiently high discrimination for clinical outcomes of AIS patients. Despite patient heterogeneity, the model still acquired relatively high AUCs, indicating the robustness within or beyond the 4-5 h time window, especially in hospitals that cause mortality, and cause-specific mortality for 249 causes of death, 1980–2015: a systematic analysis for the Global Burden of Disease Study 2015. Lancet 2016; 388(10053):1459–544.

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Declaration of interests

The authors declare no competing interests

Author contributions

G.J.T. was study chair and principal investigator; T.Y.T. drafted the initial manuscript, which was reviewed by all the other authors. T.Y.T., Y.J., S.H.J., and G.J.T. designed and carried out the study. T.Y.T. and Y.J. analyzed the MR data. Y.C., C.H.Z., S.H.J., and G.J.T. provided extensive critical insights and revisions of all drafts of the manuscript. D.L.Z., Z.Y., C.P., Y.J.Y., K.D.Y., and P.Y.G. enrolled patients. Y.C. and D.L.Z. reviewed the image processing results. All authors contributed to the final version of the manuscript. T.Y.T. and Y.J. contributed equally to this study.

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