Vaccines and Antivirals: Grand Challenges and Great Opportunities

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INTRODUCTION

In the last decades, emerging and reemerging infectious diseases marked the third epidemiological transition (Figure 1A), characterized by: (i) identification of new emerging diseases; (ii) increased incidence and prevalence of preexisting infectious diseases; (iii) appearance of antimicrobial-resistant strains (1). These trends occur within a context of globalization, international trade, migration, and ecological changes.

Highly pathogenic viruses have been related to some of the major pandemic and epidemics that affected the course of human history [(15); Figure 1B]. Since HIV outbreak in the 80s, we have witnessed the discovery of other highly pathogenic viruses as well as reemerging pathogens (Figure 1C), including SARS-CoV-2 responsible for the currently ongoing COVID-19 pandemic.

Vaccines have clearly been game-changers in the fight against viral diseases. Antivirals play an invaluable role mainly to control the HIV pandemics, the hepatitis C, and several herpesviruses where vaccination has so far failed. Successful control and eradication of pandemic viruses can only be achieved by prophylactic vaccination while antivirals can decrease the morbidity and mortality related to the viral infection. However, using effective antivirals to fight pandemics or any viral disease which appears as epidemics could be pivotal to control the spread of (re)emerging viruses.

The armaments (hygiene, vaccines, and antivirals) we dispose to fight against viral diseases are continuously developing to counteract not only (re)emerging viral pathogens but also endemic viral pathogens (e.g., HBV and herpesviruses) that had been infecting and co-evolved with human beings over very long time periods.

VIRAL VACCINES: CORNERSTONES OF GLOBAL HUMAN HEALTH

Though several approaches have been used to control viral disease (improved sanitation, quarantine, and vector control), successful disease prevention has occurred mostly thanks to vaccination (16). Traditional vaccination strategies, based on inactivated viral preparations or live-attenuated strains, have successfully controlled dreadful viral diseases (e.g., smallpox, polio, and measles). Smallpox eradication, thanks to massive vaccination worldwide, is one of the greatest achievements of humankind. Without vaccination, it is projected that smallpox would cause as many as 5 million deaths per year, measles 2.7 million deaths and polio 600,000 deaths or paralytic cases (17).

In addition to traditional inactivated or live attenuated vaccines, virus-vectored, subunit, viral-like particle, nucleic acid-based vaccines, and rational vaccine design provide innovative technologies to surmount existing challenges of vaccine development. These novel vaccine strategies significantly provided insights into vaccine immunology, and proved extremely useful in rapid vaccine development for emerging infectious diseases. Safer formulations based on purified
recombinant proteins led to effective vaccines against HBV, rotavirus, and HPV. Vaccines based on nucleic acids have gained popularity as RNA and DNA vaccines can be made fast because no culture or fermentation is required, instead synthetic processes are used. Due to the simplicity of in vitro mRNA transcription, RNA vaccines can be developed and changed extremely fast and, importantly, they are safe in theory and have shown acceptable tolerability. Though they are not cost-effective, are expensive, not very easy to produce in high quantity, and hard to deliver, the enormous global collaborative research efforts and immense investments made it possible that the RNA vaccines reached commercialization in an unprecedented time and are in the frontline combating the COVID-19 pandemic.

However, for many important known viral pathogens (HIV, herpesviruses others than VZV, HCV, and RSV), effective vaccines are not available. Fully protective vaccination against influenza virus continues to be a challenge. Newer vaccine technologies are also urgently needed to combat (re)emerging viruses.

CHALLENGES FOR VACCINE DEVELOPMENT AND POTENTIAL SOLUTIONS

Challenges

Several substantial issues must be considered for viral vaccine development, at the level of basic virology and efficacy (18). A main barrier in vaccine development is pathogen variability due to: (i) huge genetic diversity among viral types (e.g., >160 different rhinovirus serotypes); (ii) antigenic shift and drift (e.g., influenza virus requiring yearly vaccine formulations); (iii) viruses with high mutation rate (e.g., HIV and HCV); (iv) zoonotic viruses (e.g., SARS-CoV, MERS, SARS-CoV-2, influenza H5N1 and H7N9). Zoonotic viruses may show limited variability in their natural hosts, however, these viruses have the potential to infect humans (an immunological naïve population). If the pathogens establish themselves in the new host, in the process of adaptation to humans, new variants will appear, increasing the viral genetic variability. Although SARS-CoV-2 shows less genetic variability than HIV or HCV, variants with higher transmissibility are being detected, raising concerns on vaccine efficacy. A major hurdle in HIV vaccine development is linked to HIV extensive genetic variability (19). For dengue vaccines, imbalanced immunity against the four serotypes is a major drawback (20).

Molecular mimicry between pathogenic viruses and human proteins may lead to immune cross-reactivity playing a role in the etiologies of different inflammatory and autoimmune diseases as the reaction of the immune system toward the pathogenic antigens may also injure the similar human proteins. In some SARS-CoV-2 infected patients, molecular mimicry–induced adverse autoimmune-related manifestations (e.g., transverse myelitis) have been reported, highlighting the need for continuous surveillance of vaccine side-effects (21).

Antibody-dependent disease enhancement (ADE) occurs when antibodies generated during an immune response can recognize and bind to a pathogen, but they cannot prevent infection; instead, these antibodies allow the virus getting into cells or triggering harmful immunopathology. This complication has been an impediment in development of vaccines for dengue, RSV, and coronavirus disease in cats, and is a potential barrier to COVID-19 vaccines (22). Anti-SARS-CoV-2 antibodies could exacerbate COVID-19 through ADE, which is a general concern for vaccine development because the mechanisms that trigger antibody protection against any virus have theoretically the potential to intensify the infection or exacerbate immune responses.

Understanding host genetic variability is another important challenge in vaccinology as host gene polymorphisms influence vaccine-specific immune responses, a phenomenon demonstrated for HBV, measles, rubella, mumps, smallpox, cytomegalovirus, and influenza virus (18).

Ethnicity, race, age, and sex can impact vaccine-induced immune responses, leading to variability of immune responses. The lower immune response to vaccination in the elderly, young children, and patients with congenital or acquired immunodeficiency needs special consideration.

Immunodominance is a crucial principle in host response to viral infections since the immune system recognizes and respond only to a small set of immunodominant epitopes despite the generation of hundreds of distinct antigenic peptides. Pathogens exploits host immunodominance by modifying immunodominant epitopes allowing the virus the evasion of host immune responses (23, 24).

Due to the high complexity of the human immune system, we have an incomplete understanding of immunity development at the system-level. For some pathogens, e.g., CMV, we still do not fully comprehend how protective immunity is conferred and therefore, we are unable to reliably predict the outcome of a natural infection or of vaccination.

Neutralizing antibodies serve as a correlate of immunity for many viruses (e.g., rubella) but for some pathogens, antibody presence is clearly not a correlate of immunity/protection since infected individuals are not protected against disease despite development of antibodies. Lack of correlates of immunity/protection for some pathogens, e.g., HIV, CMV, is an important barrier in vaccine development.

Another big challenge is vaccination acceptance because of fear of some individuals that vaccines may cause diseases (e.g., autism or multiple sclerosis), despite lack of scientific evidence. A growing vaccine hesitancy movement in USA and Europe in the last years has led to decreased vaccination rates causing an increase in global measles cases (>400,000 in 2019), reversing the progress done over the last decades in measles eradication (25).
FIGURE 1 | The perpetual challenge of viral infections. (A) Epidemiological transitions. Communicable diseases became known when human beings organized in prehistoric hunter-gatherer societies. About 10,000 years ago, the Neolithic Revolution, also called the first agricultural revolution occurred, which was characterized by a transition from a nomadic hunting and gathering lifestyle to sedentariness (1). The introduction of agriculture and of domestication and herding of animals created (Continued)
Viral genomics is of great utility for determination of viral strains, efforts to overcome the challenges, and thus cross-protective immune responses, highly valuable regions, construction of vectors, generation of recombinant diversity, virulence factors identification, selection of conserved acid-based vaccines. Identification of genetically conserved proteins, attenuation of vaccine strains, and design of nucleic-acid based vaccines. Identification of genetically conserved regions allows targeting epitopes present across multiple strains and thus cross-protective immune responses, highly valuable to develop universal influenza vaccines, and pan coronavirus vaccines to be prepared for a next pandemic.

Systems biology and vaccinomics are used to understand the complex interactions of the different immune components in response to a natural infection or following vaccination. Transcriptomics, epigenomics, proteomics, and metabolomics have proven extremely valuable in understanding immune function, host-pathogen interactions, and pathogen genetics, providing insights into how vaccination can lead to antibody-dependent enhancement, a complication seen in development of vaccines for dengue, RSV, and coronavirus disease in cats, and thus a potential barrier to COVID-19 vaccines.

A viral genetic approach together with host genetics analysis are needed to reveal the factors determining host immunodominant responses against dominant epitopes and how viruses exploit this phenomenon to evade the host immune system.

Structural vaccinology made possible mapping viral epitopes onto the three-dimensional structure of viral proteins, determination of antibody-antigen complexes (important to understand critical antibody functionality, such as neutralization) and identification of critical conserved regions (that can be targeted for more efficient immune responses).

Human genome-wide association studies are being used to delineate inter-individual variability, non-responders.

**Efforts to Overcome the Challenges**

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populations and impact of sex, age, race, and ethnicity in vaccine-induced immunity (26). A fundamental focus of vaccine development for immunosuppressed persons is the activation of innate immune response without using life-attenuated vaccines. To increase the immunogenicity of subunit vaccines, the use of adjuvants is necessary. Since the first generation of adjuvants (aluminum salts and mineral oil-in-water emulsions), much efforts have been done toward delivery of novel safe adjuvants (27).

Although several conventional viral vaccines (attenuated or inactivated pathogens or protein subunits) have been produced, new vaccines are being developed, consisting of nucleic acid that encode the desired antigen(s). These novel vaccines are designed based on data obtained from systems biology, adjuvant discovery, new formulations and vaccine vectors, immunization routes, host factors studies, and results from animal models. CRISPR/Cas9 genome editing technology was used to excise virulence genes and create viral vaccines (18).

Monitoring of vaccine safety is a necessity and genetic approaches (immunogenomics, system biology, computational modeling and bioinformatics, termed “adversomics”) are being used to better understand genetic and non-genetic determinants of aberrant vaccines responses at molecular level (18). Significant efforts need to be conducted at the scientific level and public advocacy level to restore confidence in vaccines. The COVID-19 pandemic has increased fear and uncertainty because of rapid SARS-CoV-2 vaccine development.

**ANTIVIRALS: SUCCESSFUL STORIES AND FUTURE STEPS**

The foundations of antiviral therapy began in the early 1950s with the search of new molecules capable of hindering DNA synthesis for anticancer treatments. In the 1960s, scientists had doubts that specific drugs could be found to fight viruses. Acyclovir approval (in 1982) was a breakthrough, providing proof-of-concept that highly effective and non-toxic antivirals could be developed, pioneering a more rational approach to antiviral drug development (28).

At present, 106 drugs have been licensed for therapy of viral diseases. Despite the vast diversity of human viruses (over 200 currently known), antivirals are approved only for a handful of viruses (HIV, HCV, influenza virus, RSV, HBV, HPV, herpesviruses, and SARS-CoV-2 (29). Half of the approved antiviral drugs are used for HIV therapy. The development of effective HIV treatments was remarkable in speed and success, boosting antiviral research. After the approval of the first antiretroviral drug in 1987, a breakthrough in HIV therapy was the introduction in mid-1990’s of HAART able to reduce AIDS-related deaths by 60–80% (30). Although tremendous efforts have been done in antiretroviral therapy, culminating in the one-pill once-a-day regimens, there are still about one million people dying of AIDS per year.

The antiviral drugs available to treat viral infections have saved tens of millions of human lives over the last decades, and they will continue to be a cornerstone for treatment of current as well as (re)emerging viral infections. Although great achievements have been made, there are big challenges to undertake. Antiviral compounds displaying broad-spectrum activity against different virus subtypes or genotypes should be developed. Several anti-HCV drugs show activity against genotype 1 but not against other genotypes. However, acyclovir, foscarnet, ribavirin, tenofovir, and cidofovir are used for therapy of infections caused by different viruses, indicating that development of broad-spectrum antivirals is doable, which is of extreme importance as first-line measure for (re)emergent new viruses.

We also still need antiviral drugs that are more potent than the currently available antivirals to suppress completely viral replication, limiting drug-resistance, a major cause of HIV therapy failure. At present, we are unable to eradicate herpesviruses and HIV from their latent state, hence we need to tackle the viral genomes that persist in the host. Effective treatments to treat co-infections with different viruses (HBV/HIV, HCV/HIV) need to be developed. Importantly, we need cost-effective and non-toxic antivirals.

**STRATEGIES AND TRENDS IN ANTIVIRAL RESEARCH**

Although viruses are intracellular parasites that rely on the host cells for replication sharing many stages of their replicative cycle with cellular life cycles, most antivirals target specific steps of virus multiplication. It is challenging to identify compounds that specifically shut down viral replication without harming the host cells. In addition, some viruses may rapidly acquire resistance to a drug (31, 32).

High-throughput screening is based on evaluation of hundreds of thousands of natural and synthetic chemicals for antiviral activity and toxicity with the aim at identifying candidate compounds (33). Thanks to the advances in molecular virology enabling production of functional viral proteins for biochemical testing, antivirals for viruses that cannot be grown in cell culture can be discovered. Another alternative for the discovery of new antivirals is rational drug design where modifications are made to a chemical structure with the aim of increasing its antiviral potency and/or reducing its cytotoxicity.

Modeling programs are used to computationally screen chemicals for predicting interactions with viruses, reducing lab work. There are currently being reported *in silico* docking studies or other computer-based predictions of antiviral activity without support of biological assays (34). Although this is an interesting approach for accelerating and reducing drug discovery and development process costs, theoretical findings should be sustained by biological data to provide promising new insights and speed up the drug discovery workflow. Computational drug discovery methods (e.g., molecular docking, molecular similarity calculation, pharmacophore modeling and mapping, sequence-based virtual screening, and *de novo* design) can be applied at different stages in drug discovery and development, being particularly important for target identification in conjunction with biological validation.
Preclinical evaluation in an animal model before clinical trials is a critical step (33). Unfortunately, many initially promising drugs fail to show efficacy in vivo, or prove toxic to animals, and an important number of candidates fail in clinical trials. The use of in vitro systems that are not representative of the in vivo situation can explain, at least in part, this failure. Many antiviral tests use a cell type that is different from the one the virus infects in the host. Numerous assays utilize established cell lines, which are immortalized cells or even worse transformed cells with alterations in several cellular pathways. Drug metabolism and viral replication can be different in these cells than in normal primary cells. Cell culture adapted viral strains that have acquire genetic changes or loose part of their genome are often used. Most in vitro systems are based on cells grown in monolayers that do not always behave as in the natural host. Human-specific viruses, for which no animal model exist, pose a major problem for drug-preclinical testing and data obtained in animals cannot directly be extrapolated to the human situation. Therefore, we need to develop and validate novel in vitro tests that can mimic the in vivo situation, such as three-dimensional cultures, and to develop animal models for which data can be extrapolated more faithfully to the human situation.

The process required to develop a new antiviral drug is complex, highly expensive (an estimated 2.8 billons for a single drug) and long (on average 12 years). In emergency situations (COVID-19 pandemic), the search for an effective treatment can be accelerated through drug repurposing (35); a strategy that takes a drug already licensed for therapy of another disease and repurpose it to be used to treat an infection caused by a novel virus. Because safety and pharmacokinetic profile of the potential drug-candidates are already known, a limited number of in vitro studies to evaluate their antiviral activity and specificity is mandatory.

Most approved antiviral drugs are small molecules that inhibit the replication of the viral genomes. During the last years, efforts are being made to target different steps of the viral replicative cycle (29). Besides, new treatment perspectives including nanoparticles, monoclonal antibodies, and the CRISPR/Cas-9 system are being explored (36). Nanoparticles are used in different formats and composition as delivery system of antiviral molecules to improve their therapeutic efficacy and reduce their toxicity (37). Both polyclonal and monoclonal neutralizing antibodies can be potentially used as antivirals because of their capacity to target specific epitopes. Despite some limitations of neutralizing antiviral antibodies as therapeutic agents, they have potential for prevention and treatment of several viral infections (Ebola, HIV, chikungunya virus, MERS-CoV, SARS-CoV, and SARS-CoV-2) (38). The CRISPR/Cas-9 technology is being used in different antiviral strategies, including: (i) modification of viral entry receptors, (ii) knock-down of host viral factors, (iii) induction of host restrictions factors, (iv) excision and removal of...
viral genomes that are integrated in the host genome or persisting as episomes (39, 40).

To date, only a few approved antivirals target the host systems (28). Even though much efforts have been directed toward the development of host-cell-directed therapeutics with the advantage that they can potentially have a broad spectrum antiviral activity and a high genetic barrier to resistance, results have been disappointing, mostly due to toxicity issues. However, targeting host factors remains an active research area. Proteomics and genome-wide CRISPR screens can be used to reveal host factors critical for viral Infection (41, 42).

ANTIVIRALS AND VACCINES: CHALLENGING FUTURE

We have experienced the global progress in infectious diseases control in the last years thanks to improved sanitation, effective vaccination and use of effective antiviral therapy. However, infectious diseases remain a leading cause of mortality worldwide, new viral diseases are emerging and known diseases are reemerging. Though new and improved vaccines and antivirals are being made, several endemic and (re)emerging viral diseases remain a threat for humankind. It is almost certain that we will face an increased number of viral diseases. Pathogenic viruses can move fast and unexpectedly spill over into new populations. The major epidemics and pandemics seen in the last decades and the social and environmental changes promoted by humans contributing to the emergence of these viruses forecast the appearance of a next pandemic. At present, politicians and key decision-makers pay full attention to COVID-19 but we need to learn from this cruel experience to rethink our approaches to future national and international preparedness (Figure 2).

Of most importance, preparedness to manage the next pandemics needs to encompass the discovery of novel vaccine and therapeutic strategies that can be rapidly made available, which will require important research efforts and investments, without neglecting research on known viral pathogens. Thanks to years of research on vaccine development for related coronaviruses, faster ways to manufacture vaccines, and colossal investments allowing the run of multiple trials in parallel, and regulatory agencies moving more rapidly than usual, COVID-19 vaccines could be delivered so quickly. This success might be beneficial for the development of vaccines against other pathogens though researchers were fortunate with SARS-CoV-2 as this virus does not mutate so fast and does not have sophisticated strategies for hindering the human immune system, unlike HIV, herpesviruses, or influenza. Herpesviruses have higher and multiple immune evasion capabilities (e.g., actively block antibodies from binding) and HIV and influenza have faster mutation rates. In contrast to vaccination, antiviral drugs for SARS-CoV-2 failed to deliver on their expectations. To date, clinically approved antivirals are available for only a limited series of viruses and it is imperative that this precarious situation changes and hopefully, the COVID-19 pandemic will boost antiviral research. SARS-CoV-2/COVID-19 pandemic has underscored the pivotal need for antivirals that can be rapidly employed before a (re)emerging virus reaches the global emergency status and more efforts should be put into the development of antivirals.

AUTHOR CONTRIBUTIONS

The author confirms being the sole contributor of this work and has approved it for publication.

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**Conflict of Interest:** The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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