ICT extended social network for solving the peer and parental loneliness

Zhengke Fu1, Mengsi Yan 2
1Department of art and communication, Ningbo institute of technology, Zhejiang University, Zhejiang, 315000, China
2Department of Humanity, Ningbo Dahongying University, Zhejiang, 315000, China

Abstract

At present, most of the researches on how might ICT impact well-being are focused on specific psychological result. This paper discusses how peer and parental loneliness might be affected by ICT mediated social network with the perspective of networked individualism and social capital theory. In order to solve the problem efficiently, we present a cross sectional study with the questionnaire to gain the data. As a result, people will combine EMAIL, IM, SNS to maintain their social network. In addition, the larger the mediated social network, the lower PEER AND PARENTAL loneliness. Whats more, the more friends in the EMAIL, IM, SNS friends, the lower PEER AND PARENTAL loneliness. Finally, the more family members in the EMAIL, IM, SNS, the higher PEER AND PARENTAL loneliness, and the more ordinary relationship in SNS, the lower the parent loneliness. The the result of the study indicates the assumption of the current study is effective and feasible.

Keywords: Networked individualism, ICT, social capital, peer-parent loneliness

1 Introduction

How might ICT affect peoples life is a significant problem, which includes how ICT is used to extend peoples social network and how might it affect our psychological well being. Networked Individualism is a risen phenomenon in China. Urbanization has led to the passage of the community [1], and brought
changes to the communication pattern. In China, the community model is shifting from the traditional closed communities to the individual centered community (Chang Jin, Zhang Dong et al. 2016) transition. And the traditional communication networks, which was composed of the interpersonal, group, organization, mass communication (Fei 2008), is replaced by the self-entered communication system enabled by the ICT[2]. Scholars call this phenomenon networked individualism [3]. The consequences of the phenomenon, which occurring within the global scope raised concerns from multinational scholars. Most of these studies focus only one specific ICT. The impact of ICT on social capital has been the focus of communication and sociology topics. A large number of empirical studies have shown, ICT use has significant impact on happiness [4-7] and social support[8].

There remains one puzzle need to be solved. Most of these theory usually takes the social psychology as one-dimension construct. For example, Although large number of empirical studies have shown, ICT use has a significant influence on happiness [4-7], social support [8] or even loneliness. the existing studies used to take social and psychological as single dimension construct [9], also, researchers on media and loneliness often used single dimension measurement [8, 10] to measure the concept, but from the ecological perspective, loneliness is multidimensional[11], there is need for researchers take it as a multidimensional concept [12], however, few studies have pointed out that internet or game usage is associated with multiple dimensions of specific social and psychological [13, 14], so how might ICT affect different kinds of loneliness?

In this paper, based on the existing theory framework and sampling techniques[6], we propose the networked individualism and social capital theory to solve the questions, as how might ICT extended social network help to reduce the peer and parental loneliness. As a result, people will combine EMAIL, IM, SNS to maintain their social network. In addition, the larger the mediated social network, the lower PEER AND PARENTAL loneliness. What more, the more friends in the EMAIL, IM, SNS friends, the lower PEER AND PARENTAL loneliness. Finally, the more family members in the EMAIL, IM, SNS, the higher PEER AND PARENTAL loneliness, and the more ordinary relationship in SNS, the lower the parent loneliness.

The paper is organized as follows. In the next section, we propose the model that we research in this paper, and some definitions and assumptions are given. In Section 3, the explanation of how might ICT mediated social network could be used to reduce the peer and parental loneliness based on networked individualism theory is presented. In Section 4, the questionnaire based empirical study is carried out to illustrate the assumption of the study. Finally, we conclude our paper in section 5.

2 Discussed problems

The discussed model is given as follow:
Some basic concepts associated with the problem are presented as follows:

Mediated social networks:
This is $X_1$, which is the independent variable of interest. The mediated social network represents the quality and quantity of social relationship we carried out through ICT, like IM, SNS and email.

Peer loneliness:
This is $Y_1$, which is the dependent variable of interest. The Peer loneliness represents the peer related loneliness situation of people.

Parental loneliness:
This is $Y_2$, which is the second dependent variable of interest. The parental loneliness represents the parental related loneliness situation of people.

Background variables:
They are key demographic variables we added to control. The demographic variables includes sex, age and education.

Definition 1
For mediated social network, if the following conditions are satisfied:
i) people use ICT to connect with different type of social relationships;
   Then, we called such social network as the mediated social network.

Definition 2
For peer loneliness, if people answer the peer loneliness questionnaire, then we get his extent of peer related loneliness.

Definition 3
For parental loneliness, if people answer the parental loneliness questionnaire, then we get his extent of parental related loneliness.

Two assumptions are given as follows:
i) The mediated social network might significantly affect peer related loneliness
   ii) The mediated social network might significantly affect parental related loneliness

\[ Peer\text{ loneliness} = a + b_1x_1 + b_2(female) + b_3(education) + b_4(age) \]

\[ Parental\text{ loneliness} = a + b_1x_1 + b_2(female) + b_3(education) + b_4(age) \]
3. The influence of ICT mediated social network on peer and parental loneliness

3.1 Social capital and multi-dimensional loneliness

Social capital plays an important role on individual’s loneliness. Although there are many different definitions of social capital, but it contains one thing in common: They all concern the vital interests of social relations can bring, such as social support and companionship from the community. In this study, the definition of social capital is from the level of the individual, which is seen as social resources exist in individual social networks[15]. People are social animals, social networks or individual to provide various types of potential resources, which can bring benefits to the individual[16]. So the social capital has a very important role on people's mental and physical health. Maintaining social capital is a highly dynamic process, depending on the structure of social relationships and resources deriving[17, 18].

In this study, loneliness in this study was conceptualized as a negative experience, arising from lack of ideal social relations in his or her social network. It is easy to think, different social relationships provides different social resources, which might affect different kinds of loneliness. So, the present study further take Loneliness as multi-dimensional experience, although there have been studies have indicated that loneliness has never been a single dimension of existence, it is necessary for different types of loneliness analyzed[19]. Taken together, these studies have pointed out the lack of social relations of different types are likely to have an impact on different types of loneliness. If other social relationships and loneliness defined as negative experience differences between individual expectations and social relations over social relations caused, which means that, for everyone, certain types of social relationships may be satisfied, It has not been met, so the perception of loneliness is different.

3.2 ICT as the social support channel for the people in modern world

Social network resources is helpful to reduce loneliness, but it is the media that makes the process possible. By using different types of modern media, self-centered to build their own social network[3], through the interaction of different types of social relations, social networks and access to the resources they need[20], and on happiness, depression, social support [21] have an impact. By analyzing the relationship between social networks and ICT intermediary emotional, social loneliness will further clarify the mechanism of social capital impact of ICT production.

Media and social networks together have an impact on loneliness. Keep in touch with people through the use of different types of media and social networks in specific social relations and significantly affect social capital and happiness. IM, SNS, e-mail as the primary network communication tools, has a high penetration
rate in China (CNNIC, 38th Statistical Report on China Internet Network Information Center, 2016.7) can be speculated that the three social media networks as intermediaries may have a significant impact on individual loneliness.

4. Data gathering and analysis

In order to illustrate the feasibility and effectiveness of the theory, we construct two studies according to examples in literature[22-25]. We solve them by using the regression analysis to answer the questions as how might mediated social network impact peer and parental loneliness.

The sampling process are set as follows:
By snowball sampling and third-party research platform, we get a nationally representative sample. The process carried out as follows: First, we select five cities: Ningbo, Hangzhou, Yangzhou, Beijing, Wuhan, to publish the questionnaires through seed investigators. Secondly, the "micro-survey" third party platform publish survey questionnaire Facing mainland china. Finally, we get 1075 cases. In all participants, 1033 people participated in the survey, participation rate was 96.1%. After a pre-screening, only qualified data samples are included in the data analysis phase (N = 995), the recovery rate was 96.32%.

The measurement of variables are shown as follows:

The first part of the questionnaire asked participants to answer background information.
The second part of the questionnaire used to obtain data mediation of social networks. According Tesung’s research, mediation of social networks can be measured by two indicators: one is the size of social networks, the data is obtained by adding the total number of social networks in each media; the other is the intensity of social network relations, by getting the data of relationship type and the closeness of the relationship, we can calculate the strength of ties in the specific media. By modifying Tesung’s mediated social networks questionnaire, the data of EMAIL, IM, SNS mediated social networks could be obtained through participants recalling the social relations ICT carried last week.

Peers and parents loneliness. By correcting UCLA loneliness questionnaire by Likert scale measuring loneliness condition of the individual, four topics ranging from 1 (strongly disagree) to 5 (strongly agree) score, the higher the score the higher the feeling of loneliness, Specific scale entry in Table 1.:
I wonder if parents really love me
I feel parents will ignore my presence
I find it difficult to communicate with their parents
I think my friend, I feel less than others
in between himself and the others kind of alienation
I felt alone in school or company

As for the reliability of the peer and parental loneliness scale. Through the reliability analysis, internal consistency coefficient (Cronbachs' $\alpha$) of 0.896, more than 0.7, so the higher the internal consistency of each question item between related topics is greater than 0.3, project-related amended greater than 0.5, it questionnaire overall better reliability, the detail of the reliability test could be seen in table 2 and table 3.

Table 2 parent loneliness correlation matrix between scale items

| Item correlation | Confidence efficience |
|------------------|----------------------|
| PRTL1 | PRTL2 | PRTL3 | Corrected item correlation | Cronbachs' $\alpha$ |
| PRTL1 | 1.00 | .80 | .90 |
| PRTL2 | .72 | 1.00 | .77 |
| PRTL3 | .78 | .73 | 1.00 | .81 |

Table 3 peer loneliness correlation matrix between scale items

| Item correlation | Confidence efficience |
|------------------|----------------------|
| PEERL1 | PEERL2 | PEERL3 | Corrected item correlation | Cronbachs' $\alpha$ |
| PEERL1 | 1.00 | .69 | .84 |
| PEERL2 | .69 | 1.00 | .76 |
| PEERL3 | .57 | .66 | 1.00 | .67 |
The impact of mediated social network on peer and parental loneliness are shown as follows:

**Table 4 The impact of mediated social network on peer loneliness**

|                  | MODLE1    | MODLE2    | MODLE3    | MODLE4    | MODLE5    | MODLE6    | MODLE7    |
|------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| β                | SE        | β         | SE        | β         | SE        | β         | SE        |
| Edu              | -.14***   | .04       | -.15***   | .04       | -.14***   | .04       | -.14***   | .04       | -.14***   | .04       | -.14***   | .04       | -.14***   | .04       |
| Sex              | .10       | .06       | .08       | .06       | .07       | .06       | .07       | .06       | .06       | .08       | .06       | .08       | .06       |
| Age              | -.05      | .03       | -.04      | .03       | -.04      | .03       | -.05      | .03       | -.04      | .03       | -.03      | .03       | -.05      | .03       |
| Enl num          | -.03***   | .0009     | -.03***   | .0009     | -.03***   | .0009     | -.03***   | .0009     |
| In num           | -.07***   | .01       | -.07***   | .01       |
| SNS num          | -.04      | .01       | -.04      | .01       |
| Efml num         | .06***    | .03       | .06***    | .03       |
| Efmd num         | -.11***   | .02       |
| Enm num          | .01       | .02       | .01       | .02       |
| Ifml num         | .02       | .02       | .02       | .02       |
| Ifmd num         | -.12***   | .02       |
| Inm num          | -.01      | .02       |
| Stml num         | .06***    | .02       | .06***    | .02       |
| Stmd num         | -.11***   | .02       |
| Srm num          | -.01      | .02       |
| N                | 995       | 995       | 995       | 995       | 995       | 995       | 995       | 995       | 995       | 995       | 995       | 995       | 995       |
| Adjusted R       | .017      | .031      | .058      | .040      | .047      | .047      | .071      | .060      |

**Table 5 The impact of mediated social network on parental loneliness**

|                  | MODLE1    | MODLE2    | MODLE3    | MODLE4    | MODLE5    | MODLE6    | MODLE7    |
|------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| β                | SE        | β         | SE        | β         | SE        | β         | SE        |
| Edu              | .04       | .04       | .04       | .04       | .04       | .04       | .04       |
| Sex              | -.10***   | .06       | -.12***   | .06       | -.13***   | .06       | -.12***   | .06       | -.13***   | .06       | -.12***   | .06       |
| Age              | -.14***   | .03       | -.14***   | .03       | -.14***   | .03       | -.14***   | .03       | -.13***   | .03       | -.13***   | .03       | -.14***   | .03       |
| Enl num          | -.02**    | .01       |
| In num           | -.06***   | .01       |
| SNS num          | -.04**    | .01       |
| Efml num         | .10***    | .03       |
| Efmd num         | -.07***   | .02       |
| Enm num          | -.04**    | .02       |
| Ifml num         | .03       | .03       |
| Ifmd num         | -.10***   | .02       |
| Inm num          | -.02      | .02       |
As can be seen from table 4 and table 5, we use the social network in the email, instant messaging and social media as predictors. Model 2 to 4 show email, instant messaging network, social media network negatively impact PEER AND PARENTAL Loneliness significant, which shows that the larger social networks in email, instant messaging and social media networks, the lower PEER AND PARENTAL loneliness.

Model 5 to 7 measuring link between the different types of social relations in each media channels and loneliness. It shows that the more close friends in email, instant messaging networks, social media networks, the lower PEER AND PARENTAL Loneliness, while the Internet, the more family member in social media networks, The higher PEER AND PARENTAL loneliness.

5. Conclusions

In this study, the problem of how might ICT affect different kind of loneliness is been answerd by the framework combining the social capital, social network and networked individualism theory. The major advantage of this theory framework is that it shows the complex mechanism between ICT usage and multi-dimensional psychological phenomenon. Hence, it can be used as a foundation to explore how ICT impact our social life in the future studies.

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