**Cell Metabolism**

A Deletion in the Canine *POMC* Gene Is Associated with Weight and Appetite in Obesity-Prone Labrador Retriever Dogs

**Graphical Abstract**

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**Highlights**

- A *POMC* mutation is common in the obesity-prone Labrador retriever breed of dog.
- It disrupts β-MSH and β-endorphin production, both implicated in energy homeostasis.
- Mutation is absent from other breeds except related flat-coat retrievers.
- The mutation is associated with weight, adiposity, and food motivation in both breeds.

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**In Brief**

Companion dogs from the obesity-prone Labrador retriever breed were found to carry a mutation in *POMC* in this study by Raffan et al. The mutation is predicted to disrupt production of the neuroactive peptides β-MSH and β-endorphin and was associated with greater weight, adiposity, and food motivation in affected dogs.
A Deletion in the Canine POMC Gene Is Associated with Weight and Appetite in Obesity-Prone Labrador Retriever Dogs

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SUMMARY

Sequencing of candidate genes for obesity in Labrador retriever dogs identified a 14 bp deletion in pro-opiomelanocortin (POMC) with an allele frequency of 12%. The deletion disrupts the β-MSH and β-endorphin coding sequences and is associated with body weight (per allele effect of 0.33 SD), adiposity, and greater food motivation. Among other dog breeds, the deletion was only found in the closely related flat-coat retriever (FCR), where it is similarly associated with body weight and food motivation. The mutation is significantly more common in Labrador retrievers selected to become assistance dogs than pets. In conclusion, the deletion in POMC is a significant modifier of weight and appetite in Labrador retrievers and FCRs and may influence other behavioral traits.

INTRODUCTION

In developed countries, the prevalence of canine obesity ranges between 34% and 59% (Colliard et al., 2006; Courcier et al., 2010; Edney and Smith, 1986; Lund et al., 2006; McGreevy et al., 2005). Obesity in dogs is associated with reduced lifespan and several specific morbidities similar to those seen in human obesity (German, 2006; Lawler et al., 2008; Raffan, 2013; Zoran, 2010). Recent changes in the prevalence of obesity in dogs mirror increases in the prevalence of the human condition, and similar environmental factors such as reduced exercise and ready access to high-calorie food are implicated. However, despite the fact that dog owners control their pets’ diet and exercise, susceptibility to obesity varies between dog breeds, which suggests the influence of genetic factors.

Over the past 20 years, insights from human and mouse genetics have illuminated multiple pathways within the brain that play a key role in the control of food intake (Yeo and Heisler, 2012). In particular, we now know that the hypothalamic leptin melanocortin signaling pathway is crucial for the appropriate control of food intake, with genetic disruption of most components of the pathway resulting in severe obesity in both mouse and man (Yeo and Heisler, 2012). However, the majority of common obesity in humans is polygenic, with the most reproducible finding from genome-wide association studies, an association at the fat mass and obesity (FTO) locus, explaining only a small component of obesity risk (Tung et al., 2014).

Of all dog breeds for which data have been reported, Labrador retrievers have the greatest documented obesity prevalence (Edney and Smith, 1986; Lund et al., 2006; Mason, 1970; O’Neill et al., 2014) and have been shown to be more food motivated than other breeds (Raffan et al., 2015). The fact that most modern dog breeds originated relatively recently from a small number of founder animals makes the genetic
basis of canine traits particularly amenable to dissection (Sutter and Ostrander, 2004).

In order to begin exploiting the power of canine genetics to identify alleles predisposing to obesity, we studied a cohort of companion and assistance Labrador retriever dogs. Here, we report that a 14 bp deletion in the pro-opiomelanocortin (POMC) gene, which results in the disruption of \(\beta\)-MSH (melanocyte-stimulating hormone) and \(\beta\)-endorphin, is associated with increased body weight, adiposity, and food motivation in both Labrador retrievers and the closely related flat-coat retrievers (FCRs). We also find that the mutation is significantly more common in Labradors selected to become assistance dog breeding stock than those selected to be companions.

**RESULTS**

**Identification of a POMC Deletion in Obese Labrador Retrievers**

We recruited a cohort of 310 pet and assistance dog Labrador retrievers. Dogs were weighed, and their body condition score (a validated measure of adiposity that accounts for variation in body morphology within and across breeds; Laflamme, 1997; Mawby et al., 2004) was assessed by independent veterinary professionals.

Initially, the coding sequence of three candidate obesity genes, melanocortin-4 receptor (MC4R), agouti-related peptide (AGRP), and POMC, all part of the hypothalamic melanocortin pathway, was examined in 15 obese and 18 lean Labrador retrievers. No variants from the reference sequence were identified in AGRP. In MC4R, four novel variants were identified, but there was no significant difference in distribution of the variants between lean and obese groups (Table S1; available online).

In POMC, 11 novel variants were identified (Table S1), but only one was distributed differently between lean and obese groups: a 14 bp deletion at position 17:19431807-19431821 was found in 10/15 obese dogs (two homozygous and eight heterozygous) and 2/18 lean dogs (both heterozygous). The deletion spanned what is annotated in the canine reference sequence (CanFam3.1) as a 2 bp intron between exons 3 and 4. However, all Labrador retrievers and 35 dogs of 24 other breeds in which POMC was examined in 15 obese and 18 lean Labrador retrievers. No variants from the reference sequence were identified in AGRP. In MC4R, four novel variants were identified, but there was no significant difference in distribution of the variants between lean and obese groups (Table S1; available online).

In POMC, 11 novel variants were identified (Table S1), but only one was distributed differently between lean and obese groups: a 14 bp deletion at position 17:19431807-19431821 was found in 10/15 obese dogs (two homozygous and eight heterozygous) and 2/18 lean dogs (both heterozygous). The deletion spanned what is annotated in the canine reference sequence (CanFam3.1) as a 2 bp intron between exons 3 and 4. However, all Labrador retrievers and 35 dogs of 24 other breeds in which the region was re-sequenced (Table S2) were found to have the same single base pair insertion at 17:19431820 (T/TC), which has the effect of adding a base to the “intron” and encoding an extra amino acid (POMC p.P187 > PE). Sequence alignment shows this increases similarity to the human reference sequence (Figures 1 and S1). A TaqMan assay was developed for subsequent genotyping of the mutation.

**Association of POMC Deletion with Weight, Adiposity, and Food Motivation in Labrador Retrievers**

The association of the deletion with body weight and adiposity was tested in the wider cohort of 310 Labrador retrievers. The POMC deletion was positively associated with higher body weight (\(p < 0.0001\); mean effect size 1.90 kg per deletion allele, equivalent to 0.33 SDs) and body condition score (\(p < 0.0001\); mean effect size 0.48 scale point increase per deletion allele) (Figure 2). Further, food motivation, tested using the previously validated Dog Obesity Risk Assessment (DORA) questionnaire (Raffan et al., 2015), was positively associated with the presence of the mutation (\(p = 0.001\); mean effect size 9.9% per deletion allele) (Figure 2).

**The POMC Deletion Is Found in FCRs, Where It Is Also Associated with Weight and Food Motivation**

The mutation was absent from dogs of 38 other diverse breeds (Table S2) but present in FCRs. In a sample of 96 unrelated FCRs, the allelic frequency of the POMC deletion was 60%, with genotypes distributed approximately evenly (32% wild-type, 29% heterozygous, and 39% homozygous deletion), indicating significant divergence from Hardy-Weinberg equilibrium (\(p = 0.01\)). FCRs are closely related to Labrador retrievers (Vonholdt et al., 2010); both breeds originated in the 19th century from a now extinct breed, the St. John’s water dog. In both breeds, the mutation was associated with identical alleles at flanking microsatellite markers 600 kb apart, indicating identity by descent and a common ancestral origin of the mutation (Table S3).

We recruited 200 further FCRs for genotyping and phenotypic assessment. The POMC mutant allele was associated with higher body weight (\(p < 0.0001\); mean effect size 1.86 kg per deletion allele, equivalent to 0.33 SDs) and food motivation (\(p < 0.0001\); mean effect size 7.4% per deletion allele) (Figure 3).

**Canine \(\beta\)-MSH Is Produced and Activates Melanocortin Receptors**

POMC is translated as a pro-protein, and a series of bioactive peptides are produced by proteolytic cleavage. The deletion (POMC p.E188fs) is predicted to disrupt the coding sequence of POMC and cause loss of production of \(\beta\)-MSH and \(\beta\)-endorphin. \(\beta\)-MSH is a known product of the human POMC gene, but in the rodent genome, the N-terminal proteolytic processing site that precedes \(\beta\)-MSH is absent. Canine POMC has greater similarity to the human peptide sequence (79%) than does the mouse (69%). All proteolytic cleavage sites critical to processing human POMC, including those flanking \(\beta\)-MSH, are conserved in the dog, and the peptide sequence of the produced cleavage products is either identical or very similar (Figure 1C).

Figure 1. A 14 bp Deletion in Canine POMC at Position 17:19431807-19431820 Causes a Frameshift Mutation in the Coding Sequence, Predicted to Stop Production of the Neuroactive Peptide Derivatives \(\beta\)-MSH and \(\beta\)-Endorphin

(A) Chromatogram showing capillary sequencing results from wild-type, homozygous deletion, and heterozygous dogs. (B) Schematic diagram of POMC showing the pro-peptide and cleavage products. Arrows show di-basic cleavage sites. The mutant peptide is indicated by the position of the red line and results in loss of sequence homology from amino acid 187 of the wild-type dog POMC and a pro-peptide that is 52 amino acids longer. The red box indicates the downstream products that are not produced as a consequence of the mutation. (C) Alignment of human and canine wild-type POMC and the peptide sequence resulting from the frameshift mutation. Sequence similarity is high (79%) between human and wild-type dog sequences, particularly for cleavage sites (bold type) and neuroactive peptides (highlighted in color). Blue: \(\gamma\)-MSH (human 138–150), ACTH (human 138–176), and \(\alpha\)-MSH (human 138–150). Red, peptide products disrupted by mutation: \(\beta\)-MSH (human 217–234) and \(\beta\)-endorphin (human 237–267).
The MSH peptides exert their actions on body weight through two closely related G protein-coupled melanocortin receptors. To test whether canine \( \beta \)-MSH and \( \alpha \)-MSH have comparable receptor-activating effects on their cognate receptors, we cloned the canine \( MC3R \) and \( MC4R \) and expressed them in Cos-7 cells, before treating with \( \alpha \)-MSH or \( \beta \)-MSH (both canine and human) and testing the downstream response by measuring cAMP (cyclic AMP) concentrations. The activity profiles of canine \( \alpha \)- and \( \beta \)-MSH on the canine \( MC3R \) and \( MC4R \) were indistinguishable from those of the human ligands on the human receptors (Figure 4).

**DISCUSSION**

We have shown that a frameshift deletion mutation in \( POMC \) is strongly associated with weight, adiposity, and appetite in Labrador retriever and FCR dogs. In both breeds, each deletion allele confers an increase of 0.33 SDs in weight. This effect size (over three times the per-allele effect observed at the \( FTO \) locus in humans; Locke et al., 2015) is particularly notable given the extent to which owners, rather than the dogs themselves, control the amount of food and exercise dogs receive. While a previous study reported two non-coding SNPs in tumor necrosis factor (TNF) were associated with increased body condition score in Labradors, the cohort size was small, and it did not address the crucial phenotypes of weight or food motivation (Mankowska et al., 2016). It has been reported that owners of more highly food-motivated dogs make greater efforts to limit their dogs’ access to food (Raffan et al., 2015). However, there is evidence to suggest dogs are able to influence both the type and quantity of food offered to them by their owners (Day et al., 2009). It is possible that behavior changes related to the mutation are sufficient to lead to increased food intake (either by scavenging or soliciting owner-provided food). Furthermore, it is well recognized that in mice, failure of signaling at the MC4R enhances caloric efficiency (Ste Marie et al., 2000), a phenotype we cannot exclude here.

The association of the \( POMC \) deletion described with body weight, adiposity, and food motivation in both Labrador retrievers and FCRs is strong and of a similar magnitude in both breeds. It is possible that the high prevalence of the mutation in Labrador retrievers contributes to their well-known predisposition to obesity compared to other breeds of dog. We acknowledge that there is a higher prevalence of this deletion in FCRs, a breed not previously noted to be especially obesity prone, but note that obesity has not been studied systematically before in this relatively uncommon breed of dog.
The particularly high allelic frequency of the POMC deletion in assistance dogs is intriguing. Temperament and “trainability” are the main drivers for selection of assistance dogs, and “positive reinforcement” with food reward is a mainstay of puppy training. We therefore hypothesize that dogs carrying the POMC deletion may be more likely to be selected as assistance dogs. The fact that the allelic frequency at this locus is significantly out of Hardy-Weinberg equilibrium in assistance dog breeding stock could be seen as support for the notion that selection has occurred at this locus.

The mechanism by which reduced β-MSH and β-endorphin due to the mutation causes behavioral and weight phenotypes remains to be precisely elucidated. Previously, study of the role of β-MSH in regulation of appetite and energy homeostasis has been limited by the fact that rodents lack the proximal di-basic cleavage site necessary for the proteolytic cleavage event that produces β-MSH, and the scarcity of human patients lacking functional β-MSH (Challis et al., 2002; Lee et al., 2006). However, studies of humans with POMC mutations resulting in aberrant forms of β-MSH (due to disruption of the receptor binding site; Lee et al., 2006; or production of an aberrant β-MSH/β-endorphin fusion protein; Challis et al., 2002) have suggested that β-MSH is important in controlling appetite and obesity development in man, with hyperphagia notable in patients with both mutations. Our current observation that the relationship between weight, body condition score, and appetite and genotype is proportional to the number of mutant alleles present is consistent with the fact that these human β-MSH mutations were found in heterozygous form (Challis et al., 2002; Lee et al., 2006). This is likely due, as in humans, to straightforward haploinsufficiency, but alternative explanations (e.g., altered splicing leading to production of an aberrant peptide acting as an antagonist at the MC4R) exist. Ideally, the sequence and relative expression of POMC RNA transcripts would be examined, but the difficulty of obtaining suitable samples from a companion dog cohort precludes this at present.

The role of β-endorphin in regulating appetite, satiety, and energy balance is less well understood, but it has been proposed to underlie oro-sensory reward in high-need states or when the stimulus is especially valuable (Mendez et al., 2015). However, mice selectively lacking β-endorphin are hyperphagic and obese, suggesting that the loss of both neuropeptides could contribute, in combination, to the phenotype seen in dogs carrying this frameshift POMC mutation (Appleyard et al., 2003). In conclusion, further study of dogs naturally lacking these important bioactive peptides encoded by the POMC gene should provide novel information regarding melanocortin and opioid biology and opens up potential novel therapeutic approaches to at least some forms of canine obesity.

EXPERIMENTAL PROCEDURES

Ethical Approval

The research was approved by the Ethical Review Committee of the Department of Veterinary Medicine, University of Cambridge (CR73 and CR125), with sample collection at other centers also approved by local ethical review committees: Animal Health Trust Research Ethics Committee, MIT Animal Care Protocol Lindblad-Toh 0913-073-16, Veterinary Ethical Review Committee of the University of Edinburgh (VERC 11/12), University of Liverpool Research Ethics Committee RETH000353, Swedish Animal Ethical Committee C138/12, C62/10, and C2/12, and the Swedish Animal Welfare Agency (no. 31-1711/10). All dog owners gave full written consent to participate in the research.

Dogs to Test Genotype/Obesity Association

Labrador retriever samples were collected from dogs from a large assistance dog breeding colony (n = 81) or that were pet dogs from the UK (n = 310). Pet dogs were recruited either after their owners volunteered in response to an email from the UK Kennel Club sent to over 15,000 Labrador retriever owners, or via participating veterinary practices. Inclusion and exclusion criteria were set in advance of dog recruitment. Inclusion criteria were that dogs must be greater than 1 year of age and have submitted DNA and at least one of the following: weight, body condition score, or DORA questionnaire response, along with data regarding age, gender, and color. Exclusion criteria were current treatment with drugs that could affect appetite or weight (e.g., corticosteroids or anti-seizure medication) or being under veterinary care for diagnosis or treatment of ill health (12 dogs excluded).

Labrador retrievers included in the analysis had mean (SD) age of 6.1 years (2.6), weight of 32 kg (5.7), body condition score of 5.6 units (1.2), and food motivation score of 63% (25). Half were male and half female; 56% of both sexes were neutered. Fifty-six percent of dogs were black, 34% yellow, and 10% chocolate.

FCRs were recruited via a Kennel Club email request for volunteers sent to over 7,000 owners of FCRs. DORA questionnaire responses, body weight, and DNA samples were collected from all participant dogs, but body condition scores were not available. Inclusion criteria were availability of DNA, DORA questionnaire response, and weight, along with data regarding age, gender, and color. FCRs were excluded from the analysis if they were less than 1 year old or owners reported specific ill health. Health information was gathered by review of veterinary clinical records by a veterinary surgeon (ER).

Figure 3. Effect of POMC Deletion Genotype on Weight and Food Motivation in FCRs

Predicted mean (95% confidence interval) (A) weight (n = 196) and (B) food motivation score (n = 219) by genotype after linear regression adjustment for age, sex, neuter status, and color are shown. Mean effect size β, 95% confidence interval and p values are shown.

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Canine Figure 4. Activity of Canine when human and dog MC4R and MC3R were stimulated with bars represent SEM).

-MSH acts on the canine melanocortin receptors in a similar fashion to the analogous human receptor/ligand pairs. Equivalent results were obtained when human and dog MC4R and MC3R were stimulated with (Error bars represent SEM).

FCRs included in the analysis had mean (SD) age of 5.3 years (2.0), weight of 32 kg (5.6), and food motivation score of 67% (22). Fifty-two percent were male (55% neutered) and 48% female (68% neutered). Eighty-five percent of FCRs were black and 15% liver in color.

Assessment of Weight, Adiposity, and Food Motivation
All dogs were weighed on electronic scales. Body condition scores were assessed by qualified veterinary professionals who used a previously validated standard chart (Laflamme, 1997; Maxby et al., 2004). Food motivation was assessed by use of the previously validated DORA questionnaire, which is an owner-reported measure of dogs’ behavior related to food, as tested using a panel of questions (Raffan et al., 2015).

Dogs Used to Test Population Distributions
The population distribution of the POMC mutation was tested in each affected breed in cohorts of dogs collected without reference to obesity or weight; 383 British Labrador retrievers, 28 American Labrador retrievers, and 96 FCRs were screened. Other breed samples were from unrelated dogs from the United States or Sweden.

Genomic DNA Sequencing
DNA was extracted from saliva samples collected using Performagene (PG-100) kits (DNA Genotek). PCR primers were designed to amplify coding regions and flanking intronic regions of candidate genes. Initial sequencing was performed in 18 lean Labrador retrievers, selected because their owners reported the dogs were not very food motivated, and 15 obese Labrador retrievers. Sequences were aligned using Sequencher software (Gene Codes) against the canine reference sequence (CanFam3.1).

Genotyping the POMC Deletion
A TaqMan genotyping assay was developed to allow rapid genotyping of the mutation. A single pair of primers flanking the deletion site and paired probes that detected either the wild-type or mutant allele sequence were combined in a duplex reaction. After optimization of reaction efficiency and detection thresholds, Ct (cycle threshold) values within 0.5 cycles were expected for a duplex reaction. After optimization of reaction efficiency and detection thresholds, Ct (cycle threshold) values within 0.5 cycles were expected for a duplex reaction.

Accession Codes
Accession codes for nucleotide sequences used are as follows: dog AGRP, MC4R, and POMC, and human POMC, Ensembl: ENSCAFG000000020359, ENSCAFG0000000090, ENSCAFG00000004149, and ENSG00000151138, respectively. Accession code for dog MC3R is NCBI RefSeq: NC_006606.3. Peptide sequences for protein alignment for POMC (mouse), POMC (dog), and POMC (human) were obtained from UniProt under accession codes UniProt: P01193, E2RQ39, and P01189, respectively.

Statistical Analysis
Descriptive statistics were generated to assess variance and normality of distribution prior to analysis. Fisher’s exact test was used to test whether distribution was different between lean and obese groups for variants identified in candidate gene sequencing, and the chi-square test was used to test whether alleles were in Hardy-Weinberg equilibrium within populations. We investigated association of the deletion with body weight, adiposity, and food motivation score by linear regression models adjusted for age, sex, neuter status, and color (to account for their previously reported influence on body weight; Colliard et al., 2006; Pugh et al., 2015; Robertson, 2003; Salander et al., 2010). Color was treated as a categorical variable (black, chocolate/liver, or yellow). Analyses were performed using Stata (StataCorp, 2015).

Supplemental Information
Supplemental information includes one figure and four tables and can be found with this article online at http://dx.doi.org/10.1016/j.cmet.2016.04.012.
AUTHOR CONTRIBUTIONS

Conceptualization, E.R., S.O., and G.S.H.Y.; Methodology, E.R. and R.J.D.; Formal Analysis, E.R., R.J.D., S.P.S., and R.A.S.; Data Curation, E.R. and E.W.; Investigation, E.R., R.J.D., C.J.O., J.M.B., D.J.W., C.J.W., E.C., V.P.I., and E.W.; Writing – Original Draft, E.R., S.O., and G.S.H.Y.; Writing – Review & Editing, all authors; Visualization, E.R., R.J.D., and R.A.S.; Funding Acquisition, E.R. and S.O.; Resources, E.R., D.N.C., K.M.S., A.J.G., C.S.M., M.L.A., J.S., S.W., G.A., and K.L.-T.; Supervision, S.O. and G.S.H.Y.

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