Complications of Colostomy and their Correction in Children

Abstract

**Aim of the study:** To study the causes of complications in children colostomy.

**Materials and methods:** There were 84 patients-with a colostomy in the clinic of TashPMI and the Department of Surgery of Republic Specialized Scientific Center of Pediatrics for the period from 2003 to 2013.

**Main results:** Complications of colostomy were detected in 44 patients. The most frequent complications were paracolostomic inflammatory complications-14 (32%). 7 (16%) patients developed to stenosis of colostomy. Evagination occurred in 8 (18%) patients. Eventration was seen in 10 (23%) patients.

**Conclusion:** Thus analysis of the causes of complications colostomy showed that the greatest number of them developed properly due to insufficient mobilization and fixation of ostomy’s loop. Developed in our clinic method corrugating stoma led to a significant decrease in the number of complications.

**Keywords:** Colostomy; Parastomal complications; Children

Introduction

As for today, despite the large number of modifications of colostomy performing, complications of them have a high percentage [1,2]. The incidence of complications in children’s colostomy depends on many factors, primarily on its type and varies widely from 25.2 to 54.3% [3]. The most frequent complications of colostomy are peristomal dermatitis, festering of parastomal fiber, parastomal hernia, loss of bowel and stricture scar of colostomy [4,5]. Treatment of complications presents certain difficulties [6-8].

Objective

To study the causes of complications in children colostomy.

Materials and Methods

There were 84 patients-with a colostomy in the clinic of TashPMI and the Department of Surgery of Republic Specialized Scientific Center of Pediatrics for the period from 2003 to 2013 (Table 1). 9 patients underwent colostomy performance in the clinic of TashPMI and the Department of Surgery of Republic Specialized Scientific Center of Pediatrics. Colostomy was imposed by the technique developed in our clinic. The method consists of shirring intestine, which leads to the release of the contents colostomy portion wise. Rest of 35 patients with colostomy complications came from the regions. Colostomy was applied in order to decompress the bowel (intestinal paresis, peritonitis), anorectal malformations, and Hirschsprung’s disease.

Results

Complications of colostomy were detected in 44 patients.

Table 2 shows complications schematically. The most frequent complications were paracolostomic inflammatory complications-14 (32%). Parastomal infiltrate developed in mucocutaneous transition colostomy due to infection of postoperative wound edges intestinal contents. In 5 (11%) patients colostomy was complicated with necrosis due to massive devascularization and redundant loops derived. 7 (16%) patients developed to stenosis of colostomy, due to the superposition of a large number of stitches on the ostomy’s site, as well as the insufficient size of the hole in the abdominal wall (Figure 1).

Evagination occurred in 8 (18%) patients, which has resulted due to living of a large abdominal free part of the colon in 5 patients, and unfixed of bowel to side channels and aponeurosis at single-barrel stoma have 3 children (Figure 2). Eventration was seen in 10 (23%) patients developed after suturing the parietal peritoneum to the skin in 6 patients and performing of a single-row fixation skin and intestinal suture in 4 patients.

Conclusion

Thus analysis of the causes of complications colostomy showed that the greatest number of them developed properly due to insufficient mobilization and fixation of ostomy’s loop. The major complications of colostomy were paracolostomic inflammatory complications, which were eliminated using local therapy; necrosis, stenosis of the stoma; eventration, due to the superposition of single-row fixation sutures and suturing the parietal peritoneum to the skin; evagination related to insufficient fixation guts to parietal peritoneum and abdominal leaving a large free prestomal part of the colon. Developed in our clinic method corrugating stoma led to a significant decrease in the number of complications (Figure 3).
### Table 1: Types and indications for colostomy.

| Types Indications          | Right Sided | Left Sided | One Barreled Colostomy to Distal Part of Colon with Corrugating |
|----------------------------|-------------|------------|---------------------------------------------------------------|
|                            | Girdaladze  | Colon’s One Wall Ostomy | Coecostomy | Colon’s One Wall Ostomy |                                |
| Anorectal Malformation     | 1           | 2          | -             | 5         | 7                               |
| Hirschprung’s Disease      | 6           | 2          | 2             | 6         | 19                              |
| Multiply Anorectal Fistulas| -           | -          | -             | -         | 1                               |
| Postraumatic Rupture of Vagina and Rectum | -           | -          | -             | -         | 1                               |
| Colon Stenosis after Nec   | -           | 2          | -             | -         | 1                               |
| Congenital Bowel Impassibility | -       | -          | -             | 1         | -                               |

### Table 2: Complications of colostomy.

| Colo-Stomy Type                      | Paracolostomic Inflammatory Complications | Colostomy Stenosis | Paracolo Stomy Evagination | Colostomy Evagination | Syndrome of Unfuctioned Bowel | Bowel Calculus in the Distal Part of Colon |
|--------------------------------------|------------------------------------------|-------------------|----------------------------|-----------------------|-----------------------------|------------------------------------------|
| Right Sided                          |                                          |                   |                            |                       |                             |                                          |
| Girdaladze Method                    | 3                                        | 1                 | 1                          | 1                     | 1                           | -                                        |
| Colon’s One Wall Ostomy              | -                                        | -                 | -                          | 3                     | -                           | 7                                        |
| Coecostomy                           | -                                        | -                 | -                          | -                     | 1                           | 2                                        |
| Left sided                           |                                          |                   |                            |                       |                             |                                          |
| Colon’s One Wall Ostomy              | 2                                        | -                 | -                          | 1                     | -                           | -                                        |

**Figure 1:** The 2 years old child with colostomy stenosis.

**Figure 2:** The 10 month-aged child with evagination.

**Citation:** Nasirov MM (2015) Complications of Colostomy and their Correction in Children. MOJ Surg 2(4): 00025. DOI: 10.15406/moj.2015.02.00025
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Figure 3: One barreled colostomy by Hartman’s type with corrugating of bowel.