Assessment of air quality before and during the COVID-19 and its potential health impacts in an arid oasis city: Urumqi, China

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Abstract
As a key node city of the “Silk Road Economic Belt” Urumqi has been listed as one of the ten most polluted cities in the world, posing a serious threat to the urban environment and residents’ health. This study analyzed the air quality before and during the COVID-19 (Coronavirus disease 2019) pandemic and its potential health effects based on the data of PM₂.₅, PM₁₀, SO₂, NO₂, CO, and O₃₈h levels from 10 air quality monitoring stations in Urumqi from January 1, 2017, to December 31, 2021. As per the results, the concentrations of the air pollutants PM₂.₅, PM₁₀, SO₂, NO₂, CO, and O₃₈h in Urumqi from 2017 to 2021 showed a cyclical trend, and the implementation of COVID-19 prevention and control measures could effectively reduce the concentration of air pollutants. The mean value of ρ(PM₂.₅) decreased from 2017 to 2021, whereas ρ(O₃₈h) showed a waveform change trend (increased in 2017–2018, decreased in 2018–2020, and increased after 2020). Meanwhile, the maximum annual average values of ρ(PM₂.₅) and ρ(O₃₈h) for the six monitoring stations during 2017–2021 occurred at sites S2 (74.37 μg m⁻³) and S6 (91.80 μg m⁻³), respectively; rapid industrialization had a greater impact on PM₂.₅ and O₃₈h concentrations compared to commercial and residential areas. In addition, the air quality index data series can characterize the fluctuation trend of PM₂.₅. The high pollution levels (Class IV and V) of the air pollutants PM₂.₅ and O₃₈h in Urumqi have been decreasing annually, and good days can account for 80–95% of the total number of days in the year, indicating that the number of days with a potential threat to residents’ health is gradually decreasing. Therefore, more attention should be paid in controlling and managing air pollution in Urumqi.

Keywords Air pollution · PM₂.₅ · Human health · Oasis city · COVID-19 · Urumqi

1 Introduction
Air pollution is the main cause of environmental quality deterioration in many cities around the world (Sophia et al. 2020; Ambade et al. 2021a, b), which not only adversely affects human health but also poses a threat to sustainable socio-economic development and even contributes to global warming (Almetwally et al. 2020; Du et al. 2019).

According to the International Organization for Standardization (ISO), air pollution refers to the phenomenon in which the concentration of certain substances in the air reaches a threshold within a certain period, thereby causing damage to human health or the ecological environment (https://www.iso.org/home.html).

With rapid economic growth, the expansion of industrialization and urbanization, and the surge in population density, urban air pollution has become increasingly serious, exposing many residents to health risks (Chen and Chen 2021; Du et al. 2018; Jiang and Bai 2018; Xu et al. 2022). According to the latest statistics, air pollution has become the fourth leading risk factor for death in China after heart attack, dietary risk, and smoking (Jiang and Bai 2018). The level of air pollutants in Chinese cities is much higher than that recommended by the World Health
Organization (WHO) (He et al. 2017). Furthermore, seven of the top ten most polluted cities in the world are located in China (Chen and Chen 2021). Cities consume 20% of the global energy, and the production of this energy (non-renewable energy) increase fine particulate matter (PM$_{2.5}$) emissions (Luo et al. 2021).

It is well known that PM$_{2.5}$ mainly comes from human activities and has the characteristics of small particle size, high toxicity, and long atmospheric residence time. In addition, it easily enters the human body through breathing and enters the blood circulation, via which it can endanger the health of various organ systems (Cheng et al. 2020; Zeng et al. 2022), especially the cardiovascular and respiratory systems (Li et al. 2020; Huang et al. 2021; Jia et al. 2022). According to joint research by Yale University, Columbia University, and the World Economic Forum (Wu et al. 2020), China ranked fourth from the bottom in the 2018 Environmental Performance Index, an assessment of environmental quality involving PM$_{2.5}$; the concentration of PM$_{2.5}$ in China often far exceeds the WHO Interim Target-1 (IT-1) (Xu et al. 2017). The average life expectancy of residents in northern China is estimated to be 5.5 years lower than that in southern China, mainly due to the increased mortality from cardiopulmonary diseases due to PM$_{2.5}$ exposure (Xu et al. 2017). In addition, once the ozone (O$_3$) concentration is exceeded, it becomes a primary air pollutant, which is mainly formed by complex photochemical interactions triggered by sunlight and nitrogen oxides (NOx) (Khomsi et al. 2022). According to the 2015 Global Burden of Disease Study, O$_3$ ranked 33rd among the risk factors for premature death and is a major contributor to 254,000 deaths worldwide (Hakim et al. 2019).

Long-term exposure to high O$_3$ concentrations can also damage the human respiratory system, leading to a range of eye diseases (Wang et al. 2022).

Since the Chinese government implemented the Ten Measures for Prevention and Control of Air Pollution in 2013, the air pollution level has slightly decreased, but the situation remains critical (Gu et al. 2019). In recent years, relevant research has mostly focused on the correlation between air pollution and meteorological factors as well as human health in economically developed regions, such as mitigation approaches for residential air pollution emissions in the Beijing-Tianjin-Hebei region (Liu et al. 2019), the relationship between PM$_{2.5}$ and meteorological factors in China at seasonal and regional scales (Yang et al. 2017), and the latest meta-analysis to explore the inhomogeneous effects of season, spatial scale, and latitude on the relationship between meteorological factors and COVID-19 propagation (Li et al. 2022a). However, only a few studies have been conducted on cities in less economically developed areas, such as arid and semi-arid regions in northwestern China (Sheng et al. 2018). Urumqi is the second Eurasian Continental Bridge, bridgehead in north-west China and an important gateway for China’s opening to the west (Sheng et al. 2018), but its air pollution is particularly serious, ranking among the top ten most polluted cities in China (Meng et al. 2019). Since 1998, Urumqi has implemented the “Blue Sky Project” with the main purpose of combating air pollution. Since 2012, it has adjusted its energy structure and implemented the “coal-to-gas” project, which is the largest and fastest construction project in China. After the continuous monitoring of PM$_{2.5}$ since 2014, the research on spatio-temporal variation of air pollutant concentrations in Urumqi has been lacking (Abudumutailifu et al. 2018).

Previous studies on urban air quality by domestic and foreign researchers have focused on economically developed areas, and many studies have aimed to explore the seasonal variation in air pollutants without considering the potential human impact. Therefore, it is particularly important to explore relevant studies involving urban air pollution and its human health impacts in Urumqi, an arid oasis city. We used the daily average data of major air pollutant levels (PM$_{2.5}$, PM$_{10}$, SO$_2$, NO$_2$, CO, and O$_3$-8h) in Urumqi from 2017 to 2021 to quantitatively analyze the spatiotemporal distribution characteristics of each pollutant, briefly study the impact of COVID-19 prevention and control measures on air pollution during the epidemic, and clarify the impact of PM$_{2.5}$ and O$_3$-8h mass concentration change characteristics and their wavelet coherence (WTC) with the air quality index (AQI), as well as the changes in PM$_{2.5}$, O$_3$-8h pollution levels, and potential human health effects. The research findings provide a scientific reference for local air pollution control and management and are of important practical significance for improving air conditions in Urumqi and other arid oasis cities.

2 Materials and methods

2.1 Study area

Urumqi (86° 37' 33" E-88° 58' 24" E, 42° 45' 32" N-45° 08' 00" N) is located in the hinterland of the Eurasian continent in the arid region of northwest China and is the farthest city from the ocean (Yin et al. 2019). The region has a typical mid-temperate continental climate. The climate is relatively dry, with an average annual precipitation of approximately 250 mm and an average annual temperature of − 7.5 to 6.2 °C. Urumqi is a city that uses fossil fuels such as coal and natural gas as its main energy sources (Li et al. 2022b). At the same time, Urumqi is also a valley-shaped city with a fragile natural ecology, characterized by long winters, long heating periods, high frequency of gusty winds, and an inversion layer, which are
extremely unfavorable for the dilution and diffusion of atmospheric pollutants and make the city prone to more serious air pollution (Abudumutailifu et al. 2018; Li et al. 2015). As a megacity in China, Urumqi has a permanent population of 4,054,369, its total administrative area is approximately 13,800 km$^2$, and the urban built-up area reached 521.6 km$^2$ by 2020 (http://tjj.xinjiang.gov.cn).

### 2.2 Data sources

The data for the concentrations ($p$) of PM$_{2.5}$, PM$_{10}$, SO$_2$, NO$_2$, CO, and O$_{3,8h}$ for Urumqi City from January 1, 2017, to December 31, 2021, used in this study were obtained from the Air Quality Historical Data Query website (http://www.aqistudy.cn/historydata). Ten air quality monitoring sites providing continuous daily monitoring based on data from Urumqi were selected (Fig. 1 and Table 1), of which the Xinjiang Academy of Agricultural Sciences Farm (S2), Midong District Environmental Protection Bureau (S6), and HongGuang Shan Area (S9) were industrial reference sites to investigate the impact of industry on air quality; the other seven monitoring sites, Railway Bureau, Toll House, No. 31 Middle School, Monitoring Station, Dabancheng District Environmental Protection Bureau, Great Green Valley, and Xinjiang Normal University New Campus (S1, S3, S4, S5, S7, S8, and S10) were commercial and residential reference sites to explore the impact of commercial development and residential life on air quality.

### 3 Research methods

The AQI was calculated based on the Technical Provisions on Ambient Air Quality Index (for Trial Implementation) (HJ 633-2012) and Ambient Air Quality Standard$^*$ (GB 3095-2012) (Sheng et al. 2018), as detailed below:

$$IAQI_P = \frac{IAQI_{HI}}{BP_{HI}}(CP - BP_{LO}) + IAQI_{LO}$$

where $IAQI_P$ represents the air quality score of pollution item $P$, $CP$ is the concentration of pollutant item $P$, $BP_{HI}$ is the upper limit of the corresponding standard concentration, $BP_{LO}$ is the lower limit of the corresponding standard concentration, $IAQI_{HI}$ is the air quality subindex corresponding to $BP_{HI}$, and $IAQI_{LO}$ is the air quality subindex corresponding to $BP_{LO}$.

$$AQI = \max\{IAQI_1, IAQI_2, IAQI_3, \ldots, IAQI_n\}$$

![Fig. 1 Schematic map of air quality monitoring sites in the study area](image)
where IAQI and \( n \) represent the air quality subindex and pollutant item, respectively. As seen from the above formula, if the air quality sub-index of multiple pollutant items exceeds the standard, then the AQI is the one with the largest air quality sub-index of pollutant items.

According to the ambient air quality standard, the air quality monitoring sites in our research area are located in commercial, residential, and industrial zones (Table 2). They all belong to the Class II zone of the ambient air functional area classification. According to the associated requirements, the class II zone applies to secondary concentration limits (Sheng et al. 2018). The 24-h average national secondary standard concentration limits corresponding to each air pollutant PM\(_{2.5}\), PM\(_{10}\), SO\(_2\), NO\(_2\), and CO were 150 \( \mu \)g m\(^{-3}\), 75 \( \mu \)g m\(^{-3}\), 150 \( \mu \)g m\(^{-3}\), 80 \( \mu \)g m\(^{-3}\), and 4 mg m\(^{-3}\), respectively; the national secondary standard for the daily maximum 8-h average concentration limit of O\(_3\) was 160 \( \mu \)g m\(^{-3}\).

According to the AQI levels and the corresponding concentration limits of the PM\(_{2.5}\), O\(_3\)_8h subindex in the Technical Provisions on Ambient Air Quality Index (AQI) (for trial implementation) (HJ 633–2012), \( \rho(\text{PM}_{2.5}) \) and \( \rho(\text{O}_3\_8h) \) are classified into five levels (Table 2) (Chowdhuri et al. 2022). The higher the ambient air quality index, the higher its level, which indicates more serious pollution and is more detrimental to human health.

| Monitoring station | Monitoring station name | District | Distribution | Geographical location | Area type                           |
|-------------------|------------------------|----------|--------------|----------------------|------------------------------------|
| S1                | Railway Bureau         | New urban area | City center | 43.87°N, 87.55°E     | Commercial and residential areas   |
| S2                | Xinjiang Academy of Agricultural Sciences Farm | Anning Qu | City fringe | 43.94°N, 87.47°E     | Industrial area                    |
| S3                | Toll Collection        | Tianshan District | City center | 43.76°N, 87.60°E     | Commercial and residential areas   |
| S4                | No. 31 Middle School   | Shuiti District | City center | 43.83°N, 87.64°E     | Commercial and residential areas   |
| S5                | Monitoring Station     | Saybak District | City center | 43.83°N, 87.58°E     | Commercial and residential areas   |
| S6                | Midong District Environmnet Protection Bureau | Midong District | City fringe | 43.96°N, 87.64°E     | Industrial area                    |
| S7                | Daban City Environmental Protection Bureau | Dabancheng District | City fringe | 43.36°N, 88.31°E     | Commercial and residential areas   |
| S8                | Great Green Valley     | Saybak District | City center | 43.84°N, 87.69°E     | Commercial and residential areas   |
| S9                | Hong Guang Shan Area   | Midong District | City fringe | 43.88°N, 87.61°E     | Industrial area                    |
| S10               | Normal University New Campus | Shuiti District | City center | 43.80°N, 87.70°E     | Commercial and residential areas   |

Table 2  Ambient air quality level standards and pollutant concentration limits

| Air quality index (AQI) | \( \rho(\text{PM}_{2.5}) \) 24-h average/\( \mu \)g m\(^{-3}\) | \( \rho(\text{O}_3\_8h) \) 8-h average/\( \mu \)g m\(^{-3}\) | Air quality index level | Air quality index category | Human Health Response               |
|------------------------|-------------------------------------------------|-------------------------------------------------|------------------------|---------------------------------|-----------------------------------|
| 0–50                   | 0–35                                            | 0–100                                           | I                      | Excellent                        | Normal activities                  |
| 51–100                 | 36–75                                           | 101–160                                         | II                     | Good                             | Affects sensitive people           |
| 101–200                | 76–150                                          | 161–265                                         | III                    | Light pollution                  | Irritation symptoms appear         |
| 201–300                | 151–250                                         | 265–800                                         | IV                     | Moderately polluted              | The heart and respiratory stems affected |
| > 300                  | > 250                                          | –                                               | V                      | Heavy pollution                  | Reduced tolerance, intense symptoms |
3.1 Data processing

The original 24-h arithmetic mean of $\rho$(PM$_{2.5}$), $\rho$(PM$_{10}$), $\rho$(SO$_2$), $\rho$(NO$_2$), $\rho$(CO), and the 8-h arithmetic mean of $\rho$(O$_3$) from 10 monitoring stations in Urumqi were used in Origin 2021 to generate graphs. At the same time, the means were also used to plot the characteristic curve of the temporal and spatial variation of each pollutant and the proportion of pollutant levels. Differences in PM$_{2.5}$ and O$_3$-8h data between sites and temporal changes within sites were tested using one-way ANOVA (significance level of $P = 0.05$), and all statistical analyses were performed using SPSS statistics 26.0.

Furthermore, we used wavelet coherence analysis to assess AQI, PM$_{2.5}$, and O$_3$-8h data in Urumqi from 2017 to 2021. Wavelet analysis is a method based on Fourier analysis to display the localized characteristics of the analyzed object from both the time and frequency domains, and is used to study the correlation between two serial data on multiple time scales. Its coefficient can be calculated from the wavelet energy spectrum by using the following equation (Khomsi et al. 2022):

$$ R_{YZ}^{2}(s) = \frac{|\langle W_{YZ}(s) \rangle|^2}{|\langle W_{Y}(s) \rangle|^2 |\langle W_{Z}(s) \rangle|^2} $$

$$ |W_{i}^{YZ}(s)| = |W_{i}^{Y}(s)W_{i}^{Z}(s)| $$

where $Y$ and $Z$ are the data sequences, $R_{YZ}^{2}(s)$ is the wavelet coherence coefficient, $W_{i}^{YZ}(s)$ is the wavelet cross-spectrum of the data sequence $YZ$, $W_{i}^{Y}(s)$ and $W_{i}^{Z}(s)$ are the wavelet coefficients of the data sequences $Y$ and $Z$, respectively, and “$< >$” is the smooth function of the wavelet energy spectrum. The wavelet toolbox in MATLAB was used for computations.

4 Results and discussion

4.1 Spatiotemporal variation of air pollutant concentrations and the effect of COVID-19 prevention and control measures

As shown in Fig. 2, the concentrations of PM$_{2.5}$, PM$_{10}$, SO$_2$, NO$_2$, and CO in Urumqi showed a “U” shaped cyclical trend from 2017 to 2021, and the trends of PM$_{10}$ and SO$_2$ were relatively flat compared to those of PM$_{2.5}$, NO$_2$, and CO. Among them, the “U” shaped fluctuation of SO$_2$ decreases with time and tends to plateau after April 2019. The national secondary standard for SO$_2$ concentration is 150 µg m$^{-3}$, which is not exceeded at any monitoring sites in Urumqi, and the reason for this is probably because Urumqi is home to a large national petrochemical and coal chemical base. To reduce air pollution emissions from this energy industry base, the state has adopted other SO$_2$ control measures proposed by the Chinese State Council (CSC) Action Plan for Air Pollution Prevention and Control and the Notice on Accelerating the Proposed Small Thermal Power Units Shutdown in China (Wang et al. 2017), thus providing effective control of SO$_2$ emissions in this region, so that the SO$_2$ concentration is maintained at a low level. NO$_2$ fluctuated significantly during low concentration periods (summer and autumn) relative to PM$_{2.5}$ and CO, indicating that NO$_2$ is more significantly influenced by temperature and solar radiation. The concentrations of PM$_{2.5}$, PM$_{10}$, SO$_2$, NO$_2$, and CO showed a small peak from April to September each year, while a high concentration peak occurred from September to March of the following year, showing better air quality in summer and autumn, worse air quality in winter and spring, and pollutant concentration limits exceeding the national secondary standards in winter and spring. The reason for these phenomena may be that coal-fired heating and motor vehicles in winter emit many pollutants, such as sulfur dioxide, nitrogen oxides, particulate matter, and other pollutants. In addition, due to various climate factors such as less precipitation, dry climate, short sunshine time, low wind speed, and a thick temperature inversion layer can be detrimental to the diffusion of air pollutants and seriously affect air quality (Meng et al. 2019).

The daily maximum 8-h average concentration of O$_3$ showed the opposite trend to the above five pollutants, demonstrating an inverted “V” shape, and its high peak (June-July) and low peak (January) values were found to correspond inversely to the high peak (January) and low peak (June-July) values of NO$_2$. The reason for this phenomenon may be that NO$_2$, as the main precursor of secondary pollutants, is involved in photochemical reactions, while O$_3$ is mainly generated due to photochemical reactions of nitrogen oxides (NOx) and volatile organic compounds (VOCs) in the presence of ultraviolet light. The intensity of solar radiation has an important influence on atmospheric photochemical reactions, and the changes in atmospheric temperature can better reflect changes in the intensity of solar radiation, that is, high temperature and high radiation are favorable for O$_3$ generation (Liu and Wang 2020; Lu et al. 2021).

According to the announcement on the website of the Urumqi Municipal People’s Government regarding the prevention and control of the 2019 novel coronavirus (COVID-19) outbreak, the first wave of prevention and control measures ran from January 26, 2020, when the city launched the Level 1 response to major public health emergencies, to March 21, when the response level was lowered to Level 4, coinciding with the Lunar New Year festival. The second wave of prevention and control measures ran from July 20 at the high-risk level, until the risk...
level was lowered to low risk on August 29. The periods of 2017–2019 and 2021 were selected and simultaneously analyzed to compare the impact of government prevention and control measures on air pollutants during the COVID-19 outbreak period. The first and second waves of epidemic prevention and control occurred in the winter and summer, respectively. The concentration of pollutants in Wave 1 was significantly higher than that in Wave 2 (Fig. 2), which is consistent with the trend of pollutant concentrations in previous years. The pollutants PM$_{2.5}$, PM$_{10}$, SO$_2$, NO$_2$, and

Fig. 2 Variation trends in air pollutant concentrations in Urumqi from 2017 to 2021 (the blue vertical line is the period of COVID-19 epidemic prevention and control, periods 1 and period 2 are the first and the second blockade period)
CO decreased significantly from February 12 to March 21 during the first wave of the study period compared with the same period in 2017–2019 and 2021, and the increase in O3 was slightly reduced. Similar conclusions were reached by Ravina et al. (2021), who suggested that brief and strict lockdowns would help improve air quality (Das et al. 2021; Kumar et al. 2022). The concentrations of each pollutant also decreased during the second wave of the study period compared to the control period, with significant decreases in PM10 and NO2. Industrial production, combustion of fossil fuels such as oil and coal, and vehicle exhaust from motor vehicle travel are the main anthropogenic sources of particulate matter and NOx generation (Zhang et al. 2021; Ambade et al. 2021a, b). During COVID-19, home isolation and reduction of human activities can effectively reduce the concentration of air pollutants (Naqvi et al. 2022). The decreases in PM10 and NO2 concentrations suggest that the government’s strict traffic controls, restrictions on people’s movement, suspension of industrial and commercial production activities, delaying schooling, and other measures during the outbreak, played an important role in reducing the concentration of air pollutants.

4.2 Spatiotemporal variation in $\rho$(PM$_{2.5}$) and $\rho$(O$_3$-8h) at six monitoring sites

Owing to rapid socioeconomic development, expansion of urbanization, and increased consumption of coal resources, the particulate matter content in the air is increasing, and the pollution problem of O3 is becoming more prominent, resulting in a significant decrease in the quality of the atmospheric environment. Therefore, this study focuses on the spatiotemporal variation characteristics of PM$_{2.5}$, and O$_3$-8h from 2017 to 2021. As shown in Table 3, the average values of $\rho$(PM$_{2.5}$) at the six monitoring sites in Urumqi from 2017 to 2021 were 78.93, 63.64, 60.13, 56.54, and 50.18 $\mu g$ m$^{-3}$, respectively, showing a decrease each year. The maximum value (97.95 $\mu g$ m$^{-3}$) occurred at site S2 in 2017 and the lowest value (40.77 $\mu g$ m$^{-3}$) occurred at site S3 in 2021. In addition, the values measured at sites S1, S2, S3, S4, and S5 were significantly different ($P < 0.05$) between 2017 and 2018–2021, whereas differences between years at site S6 were not significant. The variability between monitoring sites indicated less significant differences between monitoring sites S2 and S6, but the difference with the other four sites was more significant. The highest value of $\rho$(O$_3$-8h), 96.39 $\mu g$ m$^{-3}$, occurred at site S6 in 2017, the lowest value (54.61 $\mu g$ m$^{-3}$) occurred at site S3 in 2017, and the average value from 2017 to 2021 showed a trend that increased, then decreased, and then increased. Among the values, the differences between years within sites S1 and S6 were insignificant, whereas the differences between different monitoring sites in the same year were significant, especially between 2017 and 2019. Regarding the distribution area, the measurements of $\rho$(PM$_{2.5}$) and $\rho$(O$_3$-8h) from 2017 to 2021 in Urumqi were higher at sites S2 and S6 than at the other four sites, which may be because the sites S2 and S6 are industrial areas and the other four sites are commercial and residential areas. As industrial production consumes a large amount of fossil fuels and other energy sources, the emission of various air pollutants increases (Fang and Yu 2021; Wen et al. 2022; Ambade et al. 2022), resulting in more severe air pollution at those two stations.

4.3 Wavelet-based analysis of the correlation between AQI and $\rho$(PM$_{2.5}$) and $\rho$(O$_3$-8h)

This aim of this part of our study was to explore the correlation between AQI, PM$_{2.5}$ and O$_3$-8h using the wavelet coherence method. The time scale is provided on the horizontal axis, whereas the frequency scale is represented on the vertical axis (Ghazani et al. 2022). The frequency range spans high frequency (0–16), medium frequency (16–128) and low frequency (128–512), and we used color coding (blue to red, low to high) to define the coherent wavelet spectral intensity (Cheng et al. 2021; Fareed et al. 2021). The cones of influence represent colored regions unaffected by wavelet spectral edge effects, and the range enclosed by the thick line represents 95% confidence relative to red noise (Habib et al. 2021; Hung 2022).

Furthermore, the arrows in the wavelet coherence diagram indicate the process of interconnection and causality between AQI, PM$_{2.5}$, and O$_3$-8h. Arrows pointing to the right (+) (in-phase) and left (−) (out-of-phase) indicate the positive and negative correlations, respectively. The up (↑) and down (↓) arrows indicate that there is a leading and lagging relationship between the two factors, respectively (Ghazani et al. 2022).

Figure 3a shows the WTC between AQI and PM$_{2.5}$ at site S1. The AQI and PM$_{2.5}$ sequences at the S1 site are in phase, and there is a strong (positive) relationship between the two variables. Furthermore, when we focus on the direction of the sign (to the right), we can infer that the two variables were positively correlated throughout the study period. Furthermore, we found strong correlations between the data series of the two variables throughout the study period, mainly in the range of 0–80 (mid-high frequency) and 128–512 (low frequency). Figure 3b shows the WTC between AQI and O$_3$-8h at S1. The linkage between AQI and O$_3$-8h is in the range of 0–16 (high frequency) and 128–512 (low frequency) from to 2018–2021. This association was stronger at low frequencies. The down and left
arrows indicate that AQI drives the increase in O\textsubscript{3\_8h} concentration with a negative sign.

Figure 4a shows the WTC between AQI and PM\textsubscript{2.5} at site S2. It can be concluded that there is a strong relationship (positive correlation) between AQI and PM\textsubscript{2.5} at site S2 throughout the study period. Furthermore, it showed high power at ratios of 0–50 and 100–512 throughout the period, suggesting that AQI significantly affected the concentration changes of PM\textsubscript{2.5}. Figure 4b shows the WTC between AQI and O\textsubscript{3\_8h} at S2. The linkage between these two variables was mainly reflected in the range of 0–25 (high frequency) in 2019–2021 and 256–512 (low frequency) in 2018–2020. Looking at the direction of the arrows, we found that AQI and O\textsubscript{3\_8h} were positively

Table 3 Changes in $p$(PM\textsubscript{2.5}) and $p$(O\textsubscript{3\_8h}) at different monitoring sites in Urumqi from 2017 to 2021

| Project | 2017       | 2018       | 2019       | 2020       | 2021       | Annual mean |
|---------|------------|------------|------------|------------|------------|-------------|
| PM\textsubscript{2.5}/ug m\textsuperscript{-3} |            |            |            |            |            |             |
| S1      | 81.54 ± 4.34Ab | 60.13 ± 3.21Bbc | 61.72 ± 3.61Bb | 59.11 ± 3.94Bb | 53.07 ± 3.22Bab | 63.11 ± 1.66 |
| S2      | 97.95 ± 5.36Aa | 76.73 ± 3.92Ba | 72.77 ± 3.75Bca | 63.45 ± 3.96Cab | 61.00 ± 3.37Ca | 74.37 ± 1.87 |
| S3      | 72.59 ± 3.50Ab | 57.84 ± 2.89Bc | 52.90 ± 2.71Bbc | 48.15 ± 3.35Cdc | 40.77 ± 1.80Dc | 54.45 ± 1.24 |
| S4      | 73.87 ± 4.17Ab | 59.85 ± 3.29Bbc | 49.56 ± 2.69Cc | 46.44 ± 2.98Cc | 43.37 ± 2.45Cc | 54.61 ± 1.44 |
| S5      | 75.97 ± 4.27Ab | 57.58 ± 3.21Bc | 52.15 ± 2.99Bbc | 48.93 ± 3.20Bcc | 45.23 ± 2.75Cbc | 55.97 ± 1.51 |
| S6      | 71.67 ± 4.37Ab | 69.72 ± 4.04Ab | 71.71 ± 4.11Aa | 73.21 ± 4.25Aa | 57.68 ± 3.58Ba | 68.70 ± 1.83 |
| Mean    | 79.65 ± 1.79 | 63.64 ± 1.41 | 60.13 ± 1.38 | 56.54 ± 1.45 | 50.18 ± 1.20 | –            |

| O\textsubscript{3\_8h}/µg m\textsuperscript{-3} |            |            |            |            |            |             |
| S1      | 71.60 ± 2.13Ab | 76.55 ± 2.45Acd | 71.99 ± 2.07Ac | 77.24 ± 2.03Ab | 76.24 ± 2.08Abc | 74.72 ± 0.97 |
| S2      | 68.11 ± 1.89Cbc | 88.6 ± 2.41Aab | 81.77 ± 2.01Bb | 68.45 ± 2.25Cc | 87.89 ± 2.06Aa | 78.85 ± 0.98 |
| S3      | 54.61 ± 2.02Cd | 72.27 ± 2.09Ad | 65.62 ± 1.96Bd | 68.19 ± 1.77Bcc | 73.78 ± 1.83Ac | 66.90 ± 0.88 |
| S4      | 73.19 ± 2.36Bb | 82.61 ± 2.28Abc | 74.71 ± 2.16Bc | 78.99 ± 1.98Abb | 81.34 ± 2.14Ab | 78.17 ± 0.98 |
| S5      | 63.70 ± 2.06Cc | 76.61 ± 2.41Acd | 70.09 ± 2.14Acd | 68.59 ± 2.02Bcc | 75.53 ± 2.23Abc | 71.07 ± 0.98 |
| S6      | 96.39 ± 2.13Aa | 90.26 ± 2.02Ba | 90.39 ± 1.99Ba | 92.22 ± 1.94AbA | 89.75 ± 1.98Ba | 91.80 ± 0.90 |
| Mean    | 71.26 ± 0.90 | 81.15 ± 0.94 | 75.76 ± 0.86 | 75.61 ± 0.84 | 80.75 ± 0.85 | –            |

Mean ± standard error, different capital letters indicate statistically significant differences between study years, and lowercase letters indicate statistically significant differences between monitoring sites ($P < 0.05$). No analysis was included because of missing data from monitoring sites S7, S8, S9, and S10.

Fig. 3 Wavelet coherence of AQI at site S1 with PM\textsubscript{2.5} (a) and O\textsubscript{3\_8h} (b)
correlated with $O_{3\_8h}$ at high wavelet power (right), but negatively correlated at low wavelet power, with $O_{3\_8h}$ lagging behind AQI (bottom left).

Figure 5a shows the WTC between AQI and PM$_{2.5}$ at site S3. The results showed that AQI at site S3 had a positive correlation with PM$_{2.5}$ in all periods, suggesting that the fluctuation of PM$_{2.5}$ could be well expressed by AQI. Figure 5b shows the WTC between the AQI and $O_{3\_8h}$ at S3. We can observe a linkage between AQI and $O_{3\_8h}$ in the range of 256–512 (low frequency) in 2018–2020. In addition, the downward and left arrows indicate that $O_{3\_8h}$ lagged the AQI data series, and there was a negative correlation between AQI and $O_{3\_8h}$.

Figure 6a shows the WTC between AQI and PM$_{2.5}$ at site S4. It can be seen from Fig. 6a that the AQI of site S4 is in the same phase as PM$_{2.5}$ (positive correlation), and the linkage between the two is in the mid-to-high frequency range of 0–64 in 2017–2021 and 128–512 low-frequency
range in 2018–2021. Figure 6b shows the WTC between the AQI and O₃₈h at S4. The linkage between AQI and O₃₈h showed a negative correlation in the high-frequency range of 0–32 in 2019, 2020, and 2021, and the low-frequency range of 128–200 and 256–512 in 2018–2020. In addition, the O₃₈h data series had a certain lag relative to the AQI.

Figure 7a shows the WTC between AQI and PM₂.₅ at site S5. We observed a strong (positive) relationship between the S5 site AQI and PM₂.₅. Additionally, when we focus on the direction of the sign, we can infer that the two variables are positively correlated across all periods. Furthermore, this strong correlation was observed throughout the study period with all ranges (high, mid, and low-frequency scales). Figure 7b shows the WTC between AQI and O₃₈h at S5. There is a strong (negative) relationship between AQI and O₃₈h in the high-frequency range of 0–32 in 2020 and 2021, the 64–128 (mid frequency) range.
in 2017–2018, and the low-frequency range of 256–512 in 2018–2020. This association was stronger at low frequencies.

Figure 8a shows the WTC between AQI and PM$_{2.5}$ at site S6. There was a strong (positive) relationship between AQI and PM$_{2.5}$ at site S6 in all periods; however, the linkage between the two was stronger in the low-frequency range (128–512). Meanwhile, the downward and right arrows indicate that AQI has a positive effect on PM$_{2.5}$. Figure 8b shows the WTC between AQI and O$_{3,8h}$ at S6. The strong linkage between AQI and O$_{3,8h}$ is mainly reflected in the 64–128 (mid frequency) and 256–512 (low frequency) ranges from 2018–2020. We carefully observe the arrow directions; the downward and left arrow directions indicate that the data series of O$_{3,8h}$ lags the AQI, and there is a negative correlation between the two.

As the above wavelet coherence analysis results show, the AQI of each station had continuous wavelet coherence with PM$_{2.5}$ and O$_{3,8h}$ at different periods and demonstrated the same or opposite phase, indicating that there was a significant correlation between AQI, PM$_{2.5}$, and O$_{3,8h}$. Moreover, the AQI data series describes fluctuations in PM$_{2.5}$. This result implies that in the future, the AQI data series can be used to explore the study of PM$_{2.5}$, in different periods and frequency domains for a long time and provide reliable data support for the management of air pollution and assessment of health risks in the region.

### 4.4 Air pollution levels of $\rho$(PM$_{2.5}$) and $\rho$(O$_{3,8h}$) and potential effects on human health

As shown in Table 2 and Fig. 9a, from 2017 to 2021, the proportion of days with PM$_{2.5}$ air quality at the S3, S4, and S5 monitoring points in Urumqi City graded I (excellent) and grade II (good) increased year by year, indicating that the air qualities in these three areas tend to be good, and the conditions are more habitable. Sites S1, S2, and S6 showed a trend of first increasing, then decreasing, and finally increasing again. Moreover, the total number of days graded as IV (moderate pollution) and V (severe pollution) at sites S1, S2, and S6 accounted for approximately 15% of the total days, which was twice the proportion of higher air pollution days at sites S3, S4, and S5. This may be attributed to the fact that site S1 is located in the center of Urumqi City, with a dense population, increased use of fossil fuels such as oil and coal for residential life, and frequent motor vehicle trips, resulting in poor air quality in the region (Zhang et al. 2021). In contrast, sites S2 and S6 are located in industrial areas, where industrial production requires a large amount of energy, leading to increased emissions of air pollutants and poor air quality (Ambade et al. 2020; Pei et al. 2021; Wen et al. 2022). High concentrations of PM$_{2.5}$ are likely to increase resident morbidity, hospitalization, and mortality due to respiratory diseases, cardiovascular diseases, and cancer (Zhang et al. 2000). Overall, the total number of days with excellent and good grades accounted for 80% of the year 2021 at the six monitoring sites. Compared to 2017, the number of days with excellent and good grades increased significantly, and
the number of days with moderate and heavy pollution decreased significantly by 2021. The proportion of heavily polluted days decreased to 0%-0.3% at sites S3, S4, and S5. From Table 2 and Fig. 9b, the percentage of days with O$_{3.8h}$ air quality at sites S1, S3, S5, and S6, classified as I and II, showed a trend of increasing and then decreasing, but the number of excellent and good days accounted for more than 90% of the total number of days in a year. The percentage of Class III days at sites S2, S4, and S6 was slightly larger than that at the other three sites, and the pollution was more severe, which can lead to irritated eyes and respiratory system of high-risk people living at these three sites and uncomfortable living conditions (Zhang et al. 2019).

Based on Fig. 9, we found that the pollution levels of PM$_{2.5}$ and O$_{3.8h}$ at sites S2 and S6 were significantly greater than those at several other sites, probably because this air quality monitoring site is located in the industrial development area of Urumqi City, where industrial emissions of volatile organic compounds (VOCs) and motor vehicle movements cause an increase in the concentrations of PM$_{2.5}$ and O$_{3.8h}$ in the air (Bian et al. 2019), causing air pollution and posing certain health risks to the residents living and moving around the site; therefore, it should be of concern to the relevant authorities.

5 Conclusion

The concentrations of PM$_{2.5}$, PM$_{10}$, SO$_2$, NO$_2$, and CO among the six air pollutants at 10 air monitoring stations in Urumqi during 2017–2021 showed a cyclical trend of low concentrations in summer and autumn, and high concentrations in winter and spring, while the concentration of O$_3$ showed the opposite trend. The “valley-shaped” urban characteristics of Urumqi and the residents’ long heating period in winter have certain contributions to the high concentration of air pollutants in winter and spring. In addition, the ANOVA results for PM$_{2.5}$ and O$_{3.8h}$ show that air pollution is more serious in industrial areas than in commercial and residential areas, and that the rapid industrialization of the city has exacerbated air pollution to some extent, threatening the health of urban residents in the area. Therefore, relevant departments should take effective measures to control air pollutant emissions from industrial areas to improve the overall air pollution situation in the city and protect the health of urban residents. Furthermore, the concentrations of each pollutant decreased during the brief blockade period during COVID-19, suggesting that the apparent positive results on air quality during the COVID-19 blockade period can serve as a basis for government and regulatory agencies to argue that stringent air quality policies can significantly improve the environment and human health.

This study may enrich the gap in the scientific research on air pollution in arid oasis city. However, systematic studies on the interactions between air pollutants and COVID-19 (whether blockades during COVID-19 reduce air pollution and whether increases in air pollutants have an impact on virus transmission and human health threats) are lacking and need to be refined in future research. Finally, in the next few years, urban planners in Urumqi should take actions such as reducing traffic congestion, guaranteeing one day less driving per week, and strict regulations on toxic industries to reduce emissions of major air pollutants to control air pollution in targeted urban areas.

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Data availability Data may be obtained from the authors upon reasonable request.

Declarations

Conflict of interest The authors declare no competing interests.

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