Characterization of rifampin-resistant *Staphylococcus aureus* nasal carriage in patients receiving rifampin-containing regimens for tuberculosis

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Objectives: This study investigated molecular characteristics of rifampin (RIF)-resistant (RIF-R) *Staphylococcus aureus* isolates recovered from patients receiving RIF-containing regimens for tuberculosis (TB).

Patients and methods: Patients with TB who received RIF-containing regimens from November 2009 to May 2011 at a medical center were enrolled. Nasal swabs for *S. aureus* culture were obtained at the time of enrollment, and then every two months until two months after RIF treatment had been completed. Genetic relatedness of the isolates was determined using pulsed-field gel electrophoresis, multilocus sequence typing, and gene typing of spa and SCCmec. The presence of RIF resistance-associated mutations in rpoB, fusidic acid resistance genes *fusB* and *fusC* in the *S. aureus* isolates were analyzed.

Results: Among the 200 patients enrolled in this study, 152 completed follow-ups during treatment, and 114 completed two months of follow-up after discontinuing use of RIF. At enrollment, ten patients (5%) had nasal colonization with *S. aureus*, namely eight with methicillin-susceptible *S. aureus* (MSSA), and two with methicillin-resistant *S. aureus* (MRSA, ST59-SCCmecIV-RIF-susceptible). All these patients were decolonized after RIF usage. Two patients with MSSA colonization at enrollment showed recolonization with genetically unrelated MSSA strains two months after completion of RIF treatment. There were five ST45-SCCmecV,7 RIF-R strains from two patients isolated during RIF exposure. Sequencing of rpoB in the RIF-R *S. aureus* isolates revealed different mutation sites between the MSSA and MRSA isolates.

Conclusion: RIF-R *S. aureus* strains are more likely to result in persistent nasal carriage in TB patients receiving RIF treatment. Monitoring of emergence and possible dissemination of the MRSA ST45 strains among TB patients treated with RIF in Taiwan is warranted.

Keywords: *Staphylococcus aureus*, methicillin-resistant *S. aureus*, rifampin resistance, tuberculosis, nasal carriage, Taiwan

Introduction

Rifampin (RIF), a semisynthetic antibiotic that inhibits DNA-dependent RNA polymerase, is commonly used as the first-line drug for the treatment of tuberculosis (TB). The drug is also effective when used in combination with vancomycin for the treatment of infections due to methicillin-resistant *Staphylococcus aureus* (MRSA).1 Rif has potent bactericidal activity, good tissue penetration, modest activity against non-growing cells, and has been shown to broaden the coverage of vancomycin-intermediate *S. aureus* (VISA) when used in combination with linezolid or daptomycin.1–3
have shown that RIF may improve outcomes of patients with S. aureus bacteremia when used as an adjunct to β-lactams or glycopeptides.\textsuperscript{1,4} However, long-term use of RIF, as well as its use as a monotherapy, has been shown to be associated with the development of RIF-resistant (RIF-R) S. aureus.\textsuperscript{1,4} In 2006, Sekiguchi et al reported the emergence of RIF-R MRSA strains in a TB ward in Japan, and all of the RIF-R isolates had mutations in rpoB.\textsuperscript{7} In addition, isolates from patients receiving RIF as treatment for TB who had developed subsequent MRSA bacteremia, were shown to have higher rates of resistance to RIF, especially in patients with concurrent usage.\textsuperscript{6}

Patients with persistent S. aureus colonization are more likely to develop subsequent S. aureus infections compared to intermittent carriers or patients without colonization.\textsuperscript{7,8} Moreover, patients with more MRSA colonization sites are at increased risk of developing MRSA infections.\textsuperscript{7} Decolonization of MRSA nasal carriage has been proposed as a preventative measure for patients prior to surgery, and for those admitted to intensive care units.\textsuperscript{7} However, the development of drug resistance during eradication treatment has been shown to occur in 1%-9% of patients receiving mupirocin ointment and oral antibiotics, including RIF and fusidic acid.\textsuperscript{7,8}

A short course of oral RIF treatment for decolonization of S. aureus carriage has been shown to be effective in patients at risk of infection, although the rates of eradication vary from 25% to 100%, depending on the type and duration of RIF-containing regimen.\textsuperscript{9} Studies have shown that S. aureus develops resistance to RIF during or after treatment in up to 40% of cases.\textsuperscript{8,9} However, it remains unclear whether resistance to RIF among S. aureus isolated from patients with TB who are on long-term RIF therapy originates from an extrinsic source, or occurs de novo in the colonized strains.

In the present study, we prospectively screened for nasal S. aureus carriage among patients who received RIF-containing regimens for the treatment of TB. We determined antimicrobial susceptibilities, RIF-R hot-spot mutations, fusidic acid resistance mechanisms, and genetic relatedness of serial isolates using pulsed-field gel electrophoresis (PFGE), multilocus sequence typing (MLST), and spa typing. The evolution of colonized S. aureus strains in TB patients during RIF usage was also determined.

**Patients and methods**

**Study design and population**

This prospective observational cohort study was conducted at the Far Eastern Memorial Hospital (FEMH), a 1200-bed tertiary-care center in northern Taiwan. The research ethics committee of the hospital approved the study design, and informed consent was obtained from all participants (FEMH institutional review board [IRB] number: 098069-3). Written informed consent was obtained from the patients enrolled. All patients were adults (≥20 years) who received RIF-containing regimens for the treatment of TB during the period November 1, 2009, to May 31, 2011. RIF treatment included 600 mg or 10 mg/kg per day, with a mean exposure time of 207 days. Nasal swabs were taken from the anterior nares for culture of S. aureus prior to the initiation of RIF treatment, every two months during follow-up, and then two months after completion of treatment. Patients who had more than one positive surveillance culture for S. aureus with indistinguishable pulsotypes were considered persistent carriers.

**Isolation and identification of S. aureus**

Samples were obtained by rotating sterile swabs (BBL CultureSwab Plus; BD, Franklin Lakes, NJ, USA) over the bilateral nasal vestibule. The swabs were then inoculated onto blood agar plates and incubated for 48 hours for colony identification. Demographic data from the enrolled patients were collected.

**Antimicrobial susceptibility testing**

Identification and antimicrobial susceptibility testing of methicillin-susceptible S. aureus (MSSA) and MRSA isolates were performed using the Phoenix PMIC/ID panels and the Phoenix automated microbiology system (BD). In addition, susceptibility to RIF was also determined using the Etest (bioMerieux, Marcy l’Etoile, France), according to the manufacturer’s instructions. S. aureus American Type Culture Collection (ATCC) 29213 was used as the control strain for each test. Minimum inhibitory concentration (MIC) results were interpreted according to the criteria recommended by the Clinical and Laboratory Standards Institute for all agents tested, except fusidic acid, for which a clinical breakpoint (MIC of ≤ 1 mg/L) for susceptible isolates suggested by the European Committee on Antimicrobial Susceptibility Testing was adopted.\textsuperscript{10,11} Isolates were defined as resistant to one individual antimicrobial agent including those intermediate and fully resistant to that agent.

**Molecular typing**

Typing of spa was carried out using the public spa-type database (tools.egenomics.com) for all S. aureus isolates as reported previously.\textsuperscript{12} MLST was performed for all MRSA isolates and for persistent isolates of MSSA by analyzing seven housekeeping genes as previously reported.\textsuperscript{13} The
allelic profile (allele number) was obtained from the MLST website (www.mlst.net). The SCCmec elements (I–V) and mecA were determined for all MRSA isolates, as previously described. Genetic correlation of all isolates was determined by PFGE using Smal as the restriction enzyme. Strains were considered part of the same cluster if their bands had indistinguishable restriction patterns. Isolates with >80% similarity were considered to be closely related.

**Determination of genes conferring resistance to RIF and fusidic acid**

RIF resistance-associated mutations were determined by sequencing a 460 bp fragment comprising clusters I and II of the RIF resistance-determining region of the *S. aureus* rpoB as previously described [16]. The presence of fusidic acid resistance genes (*fusB* and *fusC*) was detected in isolates with low-level fusidic acid resistance (MICs $\leq$32 mg/L) by using polymerase chain reaction (PCR) as described previously. The size of PCR amplicons was 492 bp for *fusB* and 411 bp for *fusC*.

**Statistical analysis**

The demographic distribution and clinical characteristics of patients with nasal colonization at the time of entry into the study were compared using univariate analysis by Fisher exact test and Mann-Whitney U test for categorical and non-categorical data, respectively. Mean and SD were calculated for continuous variables, and percentages were calculated for categorical variables. Odds ratios (ORs) and the corresponding 95% CIs were calculated. A $P$-value $<0.05$ was considered statistically significant. All statistical analyses were performed using the statistical package SPSS for Windows (Version 15.0; SPSS Inc., Chicago, IL, USA).

**Results**

**Colonization rate of *S. aureus* during RIF-containing anti-TB treatment**

During the period November 2009 to May 2011, a total of 483 patients received RIF-containing regimens for TB. Of them, 200 provided consent to participate in the study, and had nasal swabs taken for culture of *S. aureus* (Figure 1). A total of 114 (57%) patients completed two months of follow-up after the discontinuation of treatment for TB. The demographic data are listed in Table 1. At enrollment, ten patients (5.0%) had *S. aureus* nasal carriage, including eight patients (4.0%) with MSSA and two patients (1.0%) with MRSA (Figure 1). Three of the ten patients (30.0%) with *S. aureus* nasal colonization had prior antibiotic usage within one month of enrollment, while 89 out of 190 (48.6%) patients without *S. aureus* colonization had previous exposure to antibiotics ($P=0.347$; Table 1). A total of 30 *S. aureus* isolates were obtained from surveillance cultures, including 23 MSSA and seven MRSA. Diabetes mellitus was the most common underlying disease (21%, n=42). Of the 200 participants in the study, 92 (46.0%) had been exposed to antibiotics other than RIF, isoniazid, ethambutol, or pyrazinamide within one month prior to the first sample collection. Twenty-five patients (12.5%) had been admitted to the hospital within three months prior to enrollment, of which one was colonized with *S. aureus*.

All ten patients with *S. aureus* nasal carriage at enrollment were decolonized after RIF usage and remained sterile during RIF exposure. Two of them had re-colonization with unrelated MSSA strains two months after discontinuing RIF.

**Figure 1** Study algorithm for nasal swab cultures of patients who received rifampin (RIF)-containing regimens against tuberculosis (TB) and their colonization status. Abbreviation: FEMH, Far Eastern Memorial Hospital.
Three patients free from *S. aureus* colonization at enrollment were colonized during RIF exposure, including one patient with MSSA (two isolates) and two with MRSA (five isolates). Follow-up cultures two months after discontinuation of RIF revealed MSSA colonization in 13 of the 114 patients who completed screening at the end of the study (11.4%).

**Antimicrobial susceptibilities**

The MICs of ten antimicrobial agents tested against the 23 MSSA and seven MRSA isolates are shown in Tables 2 and 3. All 30 of the *S. aureus* isolates were susceptible to vancomycin and linezolid. The resistance rates of MSSA to tetracycline were 52.2%, RIF 17.4%, erythromycin and gentamicin 8.7%, trimethoprim/sulfamethoxazole 4.3%, and to clindamycin and ciprofloxacin both were 0%. Of the seven MRSA isolates, all were susceptible to trimethoprim/sulfamethoxazole, five were resistant to tetracycline and ciprofloxacin, four were resistant to fusidic acid, two were resistant to erythromycin and gentamicin, and one resistant to clindamycin (Table 3). All ten of the isolates from the ten patients with nasal carriage at enrollment were susceptible to RIF according to the Etest (median MIC, 0.004 mg/L; range, 0.004–0.008 mg/L), and the Phoenix system (MICs of ≤0.5 mg/L). Two patients were considered persistent carriers, by definition, and the isolates from these patients were all resistant to RIF (>32 mg/L) including four MRSA isolates from one patient, and three MSSA isolates from the other

**Table 1** Demographic data and clinical features of 200 enrolled patients stratified by status of nasal colonization of *Staphylococcus aureus* at enrollment

| Characteristics | No. (%) of patients at enrollment | P-value |
|-----------------|----------------------------------|---------|
|                 | All (n=200)                      | Without evidence of colonization (n=190) | With evidence of colonization (n=10) |
| Age (mean ± SD) | 53.0±18.5                       | 53.4±18.2 | 45.9±23.1 | 0.259 |
| Antibiotic usage within previous montha | 92 (46.0%) | 89 (46.8%) | 3 (30%) | 0.347 |
| Concurrent antibiotic usage at entryb | 78 (39.0%) | 76 (40%) | 2 (20%) | 0.321 |
| Sex (male/female) | 121/79                 | 114/76     | 7/3       | 0.743 |
| Diabetes mellitus | 42 (21%)             | 41 (21.6%) | 1 (10%) | 0.691 |
| Liver cirrhosis | 1 (0.5%)             | 1 (0.5%)   | 0 (0%)    | 1 |
| CRI and ESRD | 6 (3.0%)                 | 6 (3.2%)   | 0 (0%)    | 1 |

**Notes:** aTwenty-one patients received first-generation cephalosporins, eight received third-generation cephalosporins, one received carbapenem, one received oxacillin, seven received amoxicillin, 67 received β-lactam/β-lactamase inhibitors, 17 received fluoroquinolones, and 13 received macrolides within one month prior to entry. bAt entry, eight patients received first-generation cephalosporins, six received third-generation cephalosporins, two received amoxicillin, 46 received β-lactam/β-lactamase inhibitors, 13 received fluoroquinolones, and seven received macrolides.

**Abbreviations:** CRI, chronic renal insufficiency; ESRD, end-stage renal disease.

**Table 2** Susceptibilities of the 23 methicillin-susceptible *Staphylococcus aureus* isolates to ten antimicrobial agents as determined by the Phoenix automation system and the Etest (for rifampin only)

| Agents | MIC (mg/L) | 50% | 90% | No. (%) of susceptible isolates |
|--------|------------|-----|-----|---------------------------------|
|        | Range      |     |     |                                 |
| Clindamycin | ≤0.5 | ≤0.5 | ≤0.5 | 23 (100) |
| Tetracycline | ≤0.5–>8 | 8 | >8 | 10 (43.5) |
| Gentamicin | ≤2–>8 | 2 | ≤2 | 21 (91.3) |
| Erythromycin | ≤0.25–>4 | ≤0.25 | >4 | 21 (91.3) |
| Trimethoprim/sulfamethoxazole | ≤0.5/9.5–>2/38 | ≤0.5/9.5 | ≤0.5/9.5 | 22 (95.7) |
| Ciprofloxacin | ≤0.5 | ≤0.5 | ≤0.5 | 23 (100) |
| Vancomycin | ≤1 | ≤1 | ≤1 | 23 (100) |
| Fusidic acid | ≤1–4 | ≤1 | ≤1 | 21 (91.3) |
| Linezolid | ≤1–2 | 2 | 2 | 23 (100) |
| Rifampin | ≤0.5–>2 | ≤0.5 | >2 | 19 (82.6) |
| Rifampin (by the Etest) | 0.004–>32 | 0.006 | >32 | 19 (82.6) |

**Notes:** MIC interpretive breakpoints are not available in the current version of CLSI. Clinical breakpoint (susceptible, MIC ≤1 mg/L) recommended by the EUCAST was applied.11

**Abbreviations:** MIC, minimum inhibitory concentration; CLSI, Clinical and Laboratory Standards Institute; EUCAST, European Committee on Antimicrobial Susceptibility Testing.
Two patients were colonized by Staphylococcus aureus clustering of MRSA isolates belonging to Patient 7 with spa type, and one was colonized by t1492 and then by an undetermined type, and one was colonized by t091 (Patient 13, three isolates), t012, t015, t094, t491, t1492, t2284, t4494, t5554, t6508, and three undetermined. Of the three MSSA carriers with paired isolates, one was colonized by t091 (Patient 13, three isolates), one was colonized by t1492 and then by an undetermined type, and one was colonized by t189 and then by t1508. The spa types of the seven MRSA isolates were t2365, t437, t026, t6508, and the four isolates from the persistent carrier were resistant to fusidic acid, including four MRSA strains from Patient 7 with the Spa type, and one was colonized by t1492 and then by an undetermined type. One MSSA isolate (t5554) contained fusC, and the other (t1508) contained none. The mutation sites in the MSSA t091-ST7 isolates differed from those in the MRSA isolates. The mutation sites included a silent mutation at amino acid position 475 and an S5554L substitution. Of the six isolates with low-level fusidic acid resistance, four were strain t026-ST45-SCCmecV, and all contained fusC. One MSSA isolate (t5554) contained both fusB and fusC, and the other (t1508) contained none of these genes.

**Discussion**

This surveillance study revealed that RIF used during TB treatment could eradicate *S. aureus* nasal carriage. However,
patients could be colonized with RIF resistant *S. aureus* isolates during treatment. Our findings indicate that the resistant strains acquired resistance extrinsically, rather than developing de novo resistance by the initial colonized strain during treatment.

In a review article on the efficacy of RIF, Falagas et al reported that oral RIF treatment for eradication of nasal *S. aureus* carriage is effective against the development of infection due to MRSA in 25% to 100% of patients, depending on the type and duration of the RIF-containing regime. The review also provided evidence that RIF combined with trimethoprim/sulfamethoxazole and minocycline is associated with a high rate of isolation of *S. aureus* resistance, whereas RIF combined with other agents is associated with lower rates of resistance. However, the genetic relatedness of the resistant strains was not confirmed using molecular methods in the reviewed studies. In our study, we found that during long-term RIF usage, patients could be transiently colonized with RIF-susceptible strains. When persistent nasal carriage occurred in those patients, isolates were more likely to be resistant to RIF. Two persistent carriers were colonized with strains that were resistant to RIF. Their cultures at enrollment were negative for *S. aureus*, indicating that the resistant strains emerged after the initiation of RIF treatment.

Although Sekiguchi et al reported on the emergence of RIF-R MRSA in Taiwan in two hospitals in Japan, the authors did not conduct molecular analyses of the outbreak strains, so it is not clear whether they evolved from previous susceptible strains. Tan et al reported that MRSA blood isolates recovered from patients on current RIF-containing anti-TB regimen are more likely to be resistant to RIF (87.5% vs. 36%) and result in a higher mortality rate than isolates from patients who were previously on a RIF-containing anti-TB regimen (79.2% vs. 40%). We also found that isolates obtained from patients two months after discontinuing RIF were more likely to remain susceptible to the agent. RIF resistance can rapidly emerge during therapy, with the resistant mutants being present in the inocula at a frequency of $10^{-6}$ to $10^{-8}$. Although we did not quantitate bacterial loads of each culture, a previous study revealed low bacterial loads of nasal carriers (1.8 to 2.9 log$_{10}$ colony-forming units per nares culture). This may explain, at least in part, why none of the RIF-R isolates emerged from the original strains in our study.

Administration of suboptimal antibiotics, especially fluoroquinolones, can result in RIF resistance in *S. aureus* by increasing deletions or insertions in *rpoB*. In our study, nearly half of the patients (46%) had antibiotics exposure one month prior to the initiation of RIF treatment. However, we did not find a high rate of RIF resistance in isolates collected at enrollment, or during the follow-up surveillance period. Mutations in *rpoB* are not only associated with resistance to RIF, but also to other antibiotics including vancomycin and daptomycin. Watanabe et al reported that 71% (27 out of 38) of their VISA isolates had mutations in *rpoB*, and that 95.6% of the RIF-R MRSA mutants showed decreased vancomycin susceptibilities. Chen et al reported that mutations in *rpoB* (RpoB $A_{477}$V, RpoB $S_{529}$L) and *fusA* resulted in resistance to both agents, and were associated with the convergence of heterogeneous VISA to VISA in their isolates. In the report by Baek et al, the first isolate following daptomycin exposure had a single-nucleotide polymorphism in *rpoB* (RpoB $A_{477}$D), which had decreased susceptibility to daptomycin, RIF, and vancomycin. The MRSA isolates in our study also carried the same *rpoB* mutation site, but we did not observe an increase in daptomycin and vancomycin MICs for these isolates. However, it is not clear whether our isolates would have had increased MICs after exposure to these agents. It is interesting that the MICs of linezolid gradually increased in RIF-R isolates obtained from persistent carriers. Further study is needed to understand whether cross-resistance to other antibiotics developed during prolonged RIF exposure, or whether resistance rapidly evolved during exposure to antibiotics.

The MRSA strain t026-ST45-SCCmecV$_T$ obtained from one of the two persistent carriers carried *fusC*, which confers low-level resistance to fusidic acid. Fusidic acid is commonly used in combination with RIF as a treatment for MRSA infections. The MRSA ST45 strain originated from Europe, and was rarely isolated in Taiwan before 2011. It is now the leading strain of MRSA isolated from staff and residents at nursing homes. In a recent study, >40% (21 out of 52) of MRSA ST45 isolates were shown to be resistant to fusidic acid. However, the authors of that study did not provide the rates of susceptibility of MRSA ST 45 to RIF. It is important to monitor whether this strain disseminated further in Taiwan, in order to better understand its multiple drug-resistant characteristics.

**Limitations**

There are several limitations in this study. First, the sample size was small, and the rate of nasal *S. aureus* carriage was low, especially compared to the rates reported in other studies from Taiwan. Second, we used culture-based methods to identify the isolates to the species level, the results of which can be influenced by collection techniques and culture conditions. Third, some patients were lost to follow-up after discontinuing RIF treatment. We, therefore, were not able to accurately determine the reinfection and RIF resistance rates after RIF
exposure. Fourth, antibiotics usage at enrollment may be one of the reasons for the low nasal carriage rate, although the culture rates did not differ significantly. Fifth, detailed medical information, including patients’ immunosuppression and exposure to invasive devices, especially central venous catheters, was not available for assessing risk factors for S. aureus colonization. Finally, we did not fully sequence rpoB. The full-length sequence of the gene should be determined to understand whether mutations in rpoB accumulated during prolonged RIF exposure.

**Conclusion**

*S. aureus* nasal carriage of TB patients could be eradicated after initiation of RIF-containing regimens. RIF-R *S. aureus* strains, which are acquired during RIF treatment for TB patients, are more likely to result in persistent nasal carriage. Re-colonization with RIF-susceptible *S. aureus* strains after discontinuation of the agent is also common. Monitoring of emergence and possible dissemination of the MRSA ST45 strains among TB patients on RIF treatment in Taiwan is warranted.

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**Disclosure**

The authors report no conflicts of interest in this work.

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