Haemonchosis in a sheep flock in North Finland

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Background
In May 2008 two sheep from a farm in Ylikiiminki (65°N 26°E) were autopsied at Finnish Food Safety Authority Evira in Oulu and diagnosed with a Haemonchus contortus infection. Haemonchus contortus has a few years ago been reported on the island of Hailuoto just outside Oulu, where it led to a lethal infection. Although this to sheep highly pathogenic nematode has been detected in Finland already in 1933 by Agnes Sjöberg [1], it has apparently never been reported so far up north in Finland. In Sweden H. contortus has almost reached the Arctic Circle [2]. It does not survive the Nordic winter on pasture, but with almost 100 % arrested development in the early fourth larval stage it is capable of surviving the Nordic winter within its host [3].

The farm the infected sheep originated from is a small sheep farm with also a few goats and other domestic animals such as horses, turkeys and rabbits. They had bought their first sheep in November 2006, part of the ewes being pregnant at time of purchase and lambed in January. The sheep are of Finnish race, Texel-Oxford, Kainuu grey and cross-breeds. In the winter the sheep are housed in an approximately 150 m² barn with thick straw bedding and access to a corral sized about 500 m². Grazing grounds from May until snowfall (in October) consists of approximately 4 ha of pasture and 1 ha of mixed forest. In the winter the sheep are housed in an approximately 150 m² barn with thick straw bedding and access to a corral sized about 500 m². Grazing grounds from May until snowfall (in October) consists of approximately 4 ha of pasture and 1 ha of mixed forest. According to the owner the totally about 35 sheep and 4 goats mainly used the pasture grass as their nutrition, but were also given hay in round bales, when the feeding area became very contaminated with faeces. The drinking water was accessible in the nearby river Kiiminkijoki. The animals were treated with fenbendazole in the autumn of 2007.

In the spring of 2008 many of the sheep (age 1+) became weak and developed an oedema under the jaw. Two of these animals (one died and one shot) were autopsied and the rest of the ones with symptoms were killed and buried. The autopsy findings included oedema under the jaw, paleness due to anemia and abomasitis caused by a severe parasite infection.

Materials, methods and results
Contents of the abomasum were rinsed into 2L of water and a 200 mL sample was collected, the adult worms collected, counted and identified. In one of the sheep 300 abomasal nematodes were found, where of 90 % were identified as Haemonchus contortus, the rest being Teladorsagia circumcincta. In the faecal flotation using a modified McMaster method an egg count (epg) of 5880 was counted and eggs identified as Trichostrongylidae spp. The other animal had a more severe infection, and approximately 1600 adult worms were found in the abomasum, also with 90 % H. contortus and 10 % T. circumcincta. The results of the faecal egg count for this individual were following: Trichostrongylidae spp. 36 000 EPG, Strongyloides sp. 400 epg and Eimeria sp. 2040 oocysts per gram faeces.

Discussion
The results indicate that Haemonchus contortus is becoming a potential threat to sheep in North Finland and the distribution of the nematode should be monitored. The parasite is hereby proven to cause very severe disease in the North Ostrobothnian sheep production. Considering the effects of the climate change, that can be very affirmative for H. contortus life cycle, and the increasing amount of sheep in North Finland [4], the occurrence of this parasite in these latitudes should not be left without attention. Moreover, it may be transmitted to other species such as reindeer [5]. In case of an infection with H. contortus, the flock could be recommended treatment with a macrocyclic lactone antiparasitics, as eradication of the parasite on an
individual farm possible with correct administration of anthelmintics in the winter period when the animals are housed [6].

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