Non-overlapping activities of ADF and cofilin-1 during the migration of metastatic breast tumor cells

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Abstract

Background: ADF/cofilin proteins are key modulators of actin dynamics in metastasis and invasion of cancer cells. Here we focused on the roles of ADF and cofilin-1 individually in the development of polarized migration of rat mammary adenocarcinoma (MTLn3) cells, which express nearly equal amounts of each protein. Small interference RNA (siRNA) technology was used to knockdown (KD) the expression of ADF and cofilin-1 independently.

Results: Either ADF KD or cofilin KD caused cell elongation, a reduction in cell area, a decreased ability to form invadopodia, and a decreased percentage of polarized cells after 180 s of epidermal growth factor stimulation. Moreover, ADF KD or cofilin KD increased the rate of cell migration and the time of lamellipodia protrusion but through different mechanisms: lamellipodia protrude more frequently in ADF KD cells and are more persistent in cofilin KD cells. ADF KD cells showed a significant increase in F-actin aggregates, whereas cofilin KD cells showed a significant increase in prominent F-actin bundles and increased cell adhesion. Focal adhesion area and cell adhesion in cofilin KD cells were returned to control levels by expressing exogenous cofilin but not ADF. Return to control rates of cell migration in ADF KD cells was achieved by expression of exogenous ADF but not cofilin, whereas in cofilin KD cells, expression of cofilin efficiently rescued control migration rates.

Conclusion: Although ADF and cofilin have many redundant functions, each of these isoforms has functional differences that affect F-actin structures, cell adhesion and lamellipodial dynamics, all of which are important determinants of cell migration.

Keywords: ADF, Cofilin, Metastasis, Invadopodia, Adhesion, Lamellipodia

Background

Most eukaryotic cells sense motogenic signal gradients in their microenvironments and respond through cell polarization [1] and expand a single lamellipodium to establish directional migration [2]. Switching from the stationary state of the cell to the mobile state as in wound healing, gastrulation or metastasis depends on the actin cytoskeleton [3].

Migration and invasiveness of cancer cells is the hallmark of malignancy [4]. Cell migration is a highly integrated multistep process that includes development of cytoplasmic protrusions, attachment and traction [3]. The formation of these protrusions is driven by spatial and transient regulation of actin polymerization at the leading edge of polarized migratory cells [5]. Actin filament (F-actin) dynamics are regulated by actin binding proteins (ABPs) which are responsible for polymerization and treadmilling [6]. One of the most important families of ABPs is the ADF/cofilin (AC) family of proteins [7].

Vertebrates express three isoforms of ADF/cofilin encoded by three different genes: Actin Depolymerizing Factor (ADF), also known as destrin in mammals, non-muscle cofilin-1 (Cfl-1), and cofilin-2 (Cfl-2), which is enriched in muscle cells [8-10]. Human ADF and cofilin-1 are more than 70% identical in amino acid sequence [11]. At low concentrations with respect to actin subunits, ADF and cofilin-1 sever the filaments, but at higher concentrations they bind cooperatively to saturate F-actin and stabilize the severed fragments [9,12]. Also, ADF/cofilin depolymerize F-actin from the pointed end leading to...
enhancement of treadmilling [13]. ADF-actin has a much higher critical concentration for assembly than does cofilin-actin [11,14], and thus ADF but not cofilin can serve as a major monomer sequestering protein [15,16].

Metazoan ADF/cofilins are regulated by phosphorylation/dephosphorylation of a conserved serine (encoded by Ser3 in human proteins) [17]. Known kinases are LIM Kinases LIMK1, LIMK2, and Testicular Kinases TESK1 and TESK2 [9]. The more specific cofilin phosphatases are chronophin and slingshot (SSH) [18-20]. AC proteins are pH-dependent in their interactions with F-actin [16,21-24].

Most research on ADF/cofilin proteins in metastatic invasion has focused on cofilin-1 (hereafter referred to as cofilin). Although ADF and cofilin can substitute for one another for many housekeeping activities in cultured cells [25], this is not the case during development. Cofilin null mice are not viable despite the fact that ADF is upregulated [26]. In contrast, ADF null mice are viable but show abnormal corneal thickening, suggesting that cofilin can rescue the lack of ADF except in corneal epithelial cells [27]. However, in ureteric bud (UB) epithelium, ADF and cofilin show considerable functional overlap, whereas simultaneous lack of both genes arrested branching morphogenesis at an early stage [10]. Likewise, most forms of ADF and cofilin from across phylogeny are able to compete similarly with myosin II for F-actin binding [28].

Silencing cofilin in colorectal cancer cells (Isreco1) did not interfere with their ability to undergo transwell migration across collagen in response to a chemotactic attractant. On the other hand, silencing of ADF, which represented only 17% of the total ADF/cofilin, significantly inhibited transwell migration, strongly suggesting different cellular functions of each protein in these cells [29].

Several studies have demonstrated an increase in cofilin amounts or in activity (dephosphorylated form) in cancer cells including cell lines derived from T-cell lymphoma (Jurkat) and carcinomas from the cervix (HeLa), colon (KM12), liver (HepG2) and kidney (COS1) [30], and in clinical tumor samples of oral squamous cell carcinoma [31], renal cell carcinoma [32] and ovarian cancer [33]. In addition, overexpression of cofilin increases velocity of cell migration in Dictostelium [34] and human glioblastoma cells [35]. Expression of wildtype or a non-phosphorylatable cofilin mutant in which Ser3 has been mutated to alanine (S3A) increases melanoma cell invasion [36].

However, opposite findings have also been reported. LIMK1 activity, which should decrease active cofilin, is upregulated in invasive breast and prostate cancer cell lines and its overexpression increased motility of tumor cell lines [37,38]. Furthermore, suppression of LIMK2 in human fibrosarcoma cells or expression of a dominant negative LIMK1 in an animal model of tumor invasion, limited cell migration and efficiency to form dense colonies without affecting cell proliferation rate or viability [37,39,40]. Such opposite findings suggest that targets of LIMK1 and LIMK2, which include ADF as well as cofilin [9], bring about different effects, which could be dependent on relative amounts of ADF or cofilin that are expressed in the different tumor cell types.

MTLn3 mammary adenocarcinoma cells have been used extensively in the study of metastasis. In breast tumor microenvironments, gradients of EGF secreted by tumor associated macrophages (TAMs) act as chemotactic attractants leading to cancer cell polarization toward EGF [41]. EGF binds to EGF receptor (EGFR) on the surface of MTLn3 cells leading to the activation of phospholipase Cγ (PLC-γ) and phosphatidylinositol 3-kinases (PI3K). ADF/cofilin are bound to phosphatidylinositol 4,5-bisphosphate (PIP2) in the plasma membrane of resting MTLn3 cells [42]. EGF-activated PLC-γ hydrolyzes PIP2 causing the release of ADF/cofilin from plasma membrane [43]. Active ADF/cofilin severs actin filaments creating new barbed ends that serve as nuclei for polymerization. New ATP-actin or ADP-Pi-actin subunits are preferred by the Arp2/3 complex, which is responsible for creating the branched actin filament arrays at the leading edge of migrating cells forming cell protrusions needed for crawling [44-47].

To study the roles of ADF and cofilin in cancer cell migration, we selected MTLn3 cells that expresses nearly identical amounts of each protein and silenced each in turn while performing a number of assays to assess the role of each in different aspects of polarized migration. Our results suggest that whereas many of the functions of cofilin and ADF are redundant, each of these isoforms has subtle functional differences that impact migratory cell behavior.

**Results**

**Efficiency of infection of MTLn3**

MTLn3 cells were infected for 72 h with adenoviruses for silencing ADF or cofilin, or for expression of fluorescent proteins. In double infection experiments, one of the viruses expressed GFP, whereas the other virus expressed mRFP. After 72 h, the cells were fixed, and scored for percentage of infection. In single infection experiments, 94.3% of the total cells expressed GFP while 96.8% expressed mRFP. In double infection experiments, 89.4% of the cells expressed GFP, 92.8% expressed mRFP and 86.9% expressed both GFP and mRFP. This demonstrates that the second virus infects in a cell autonomous manner (i.e. infection with the first virus neither enhances nor inhibits infection with the second virus).
ADF and cofilin are equally expressed in MTLn3 rat adenocarcinoma cell lines

We examined the levels of cofilin and ADF (and their phosphorylated forms) in MTLn3 cell extracts by 2D Western blots using a polyclonal antibody that recognizes ADF and cofilin with equal sensitivity [48]. The lower ADF spots do not appear when blots are developed using the cofilin monoclonal antibody mAb22 (LHT, unpublished observations). MTLn3 cells express ADF and cofilin equally (Figure 1A, C), which prompted us to choose these cells to investigate the role(s) of ADF and cofilin during adhesion and migration.

siRNA expression in MTLn3 cells results in an efficient and specific reduction of cofilin and ADF expression

To investigate the roles of ADF and cofilin in the invasive phenotype of MTLn3 cells, we used adenoviral mediated expression of hairpin RNAs to generate specific silencing siRNAs. Western blots of extracts from MTLn3 cells infected with adenovirus expressing either ADF or cofilin siRNA indicated that knock down (KD) of greater than 90% was obtained by 72 h post-infection (Figure 1B, C). ADF in ADF KD cells was reduced to 7% of controls [either uninfected (Cont.) or control virus infected (Inf. Cont.) cells] without effecting cofilin expression (Figure 1B, C). Similarly, cofilin in cofilin KD cells was reduced to 9% of controls without reducing ADF expression (Figure 1B, C). In the longer isocratic 15% acrylamide gels shown in Figure 1B, the phosphorylated ADF migrates above the ADF band and below the band containing cofilin and phospho-cofilin, which migrate together. ADF/cofilin levels in cells infected with adenovirus expressing a control non-silencing siRNA (Inf. Cont.) were not significantly different from uninfected controls (Figure 1B, C), demonstrating that adenovirus infection per se had no effect on ADF/cofilin expression. In all subsequent experiments, controls are cells infected with adenovirus expressing the non-silencing siRNA.

Since proteins of the ADF/cofilin family have been shown previously to be involved in mitosis and cytokinesis [49], and to validate the adenoviral silencing of ADF and cofilin, we investigated certain mitotic parameters such as the mitotic index (no. of mitotic cells/total no. of cells × 100%) (Figure 2A, D), percentage of multinucleation (no. of cells having two or more nuclei/total no. of cells × 100%) (Figure 2B, D), and percentage of micronucleation (no. of cells having fragments or whole chromosomes lagging behind in anaphase/total no. of cells × 100%) (Figure 2C, D). As expected, the percentage of mitotic MTLn3 cells was decreased in siRNA-treated cells and both multinucleation and micronuclei formation increased as compared to the control infected cells (Figure 2D).

ADF and cofilin silenced cells are characterized by an elongated shape and smaller cell area

To investigate the effect of ADF KD and cofilin KD on the morphology of MTLn3 cells, we measured cell length, width, the ratio of length to width (L/W ratio) and area of control and KD cells (Table 1). The cell length of ADF KD and cofilin KD cells increased
ADF and cofilin suppression affects MTLn3 cell polarization after EGF stimulation

To further analyze the impact of reducing ADF or cofilin expression on MTLn3 migratory morphology, control and KD cells were grown in starvation medium for 3 h and then were stimulated with 5 nM epidermal growth factor (EGF) for a period of 60 or 180 s, fixed, and stained with fluorescent-phalloidin. After imaging, cells were subdivided as having non-polarized or polarized morphology (Figure 3A). We compared the percentage of polarized cells in each period of time after EGF stimulation for control and treated MTLn3 cells (Figure 3B). ADF KD and cofilin KD cells showed a significant increase over controls in polarized morphology before EGF stimulation (p < 0.001) that was maintained over 60 s of EGF treatment (p < 0.05). However, by 180 s of EGF stimulation both ADF KD and cofilin KD cells showed a significant decrease in percentage of polarization as compared to control cells (p < 0.05) (Figure 3B). Thus, the ability of both ADF KD and cofilin KD cells to polarize in response to global EGF application is impaired.

For a more detailed analysis of the impacts of ADF and cofilin on cell shape, polarized cells were subcategorized into crescent- or kite-shaped, while non-polarized cells were subcategorized into apolar; bipolar or multipolar (Figure 3A) as described previously [50]. The percentage of cells in each category was scored in the control and KD cells (Table 2). The majority of the polarized control cells exhibited the crescent-shape morphology over the time period of EGF stimulation, whereas the kite shaped morphology was predominant in both ADF KD and cofilin KD cells prior to EGF addition. Polarized ADF KD and cofilin KD cells responded to EGF stimulation by rapidly (60 s) changing their shape from kite to crescent; however, polarized EGF-stimulated cofilin KD cells maintained a significantly higher percentage of kite-shaped cells over the entire time of EGF exposure, suggesting a decreased ability to release adhesions in their tail (Table 2). Most of the non-polarized cells in control and both KD cell types had the apolar shape even after EGF stimulation (Table 2).

Changes in ADF and cofilin phosphorylation following EGF stimulation

The level of phospho-cofilin (pCofilin) in ADF KD cells and the level of pADF in cofilin KD cells (Figure 3D, E) were measured by western blotting after EGF stimulation (Figure 3C). Densitometry values of pCofilin and pADF at 60 and 180 s (normalized to GAPDH) where compared to the values at 0 sec of the same treatment. After 60 s of EGF stimulation, both pCofilin and pADF levels increased significantly in control cells, while pADF decreased significantly in both control and cofilin KD cells after 180 s of EGF stimulation (Figure 3D). In addition,
the densitometry values from the blots were normalized to GAPDH and then expressed relative to pCofilin or pADF set at 1.0 in control cells. We found that pCofilin level did not change significantly in ADF KD cells during EGF stimulation as compared to pCofilin level in control cells, whereas pADF levels decreased significantly (p < 0.05) by 180 s in cofilin KD cells (Figure 3E). The decline in pADF in cofilin KD cells is also evident in the blots of Figure 1B.

ADF and cofilin KD cells exhibit changes in actin cytoskeleton
To determine if ADF KD and cofilin KD cells show changes in F-actin organization, MTLn3 cells were infected for 72 h, fixed and stained with fluorescent-phalloidin. Cells were observed and divided into three categories according to the phenotype of their actin cytoskeleton (Figure 4A) as described previously [50,51]. Both ADF KD cells and cofilin KD cells show significant (p < 0.01) decrease in normal F-actin (Figure 4B). However, ADF KD cells contain significantly more F-actin aggregates as compared to the control cells (p < 0.001), whereas cofilin KD cells showed a significant increase in prominent F-actin as compared to the control cells (p < 0.001) (Figure 4B).

ADF and cofilin KD cells exhibit reduced ECM-degrading ability
To examine the ability of ADF KD or cofilin KD cells to degrade the extracellular matrix (ECM), control and silenced cells were cultured on Alexa 488- or Alexa 594-gelatin attached to a layer of cross-linked gelatin [52]. In this assay, proteolysis of the fluorescent-gelatin results in the appearance of dark non-fluorescent areas (Figure 5A).
Both ADF KD and cofilin KD cells showed lower ECM degradation activity when compared to control infected cells (Figure 5D).

ADF or cofilin KD cells were co-infected with adenoviruses containing human ADF or cofilin cDNAs with conserved mutations that escaped siRNA silencing. Proteins were expressed as either the mRFP chimera huADF.mRFP (Figure 5B) or huCofilin.mRFP (Figure 5C), or as untagged versions huADF.RedTrack or huCofilin.RedTrack. Each of these viruses uses the CMV promoter

| Table 2 ADF and cofilin suppression affects MTLn3 cell polarization after EGF stimulation |
|-----------------------------------------------|----------------|----------------|----------------|
| EGF stimulation | Subcategory | Control | ADF KD | Cofilin KD |
| 0 sec | Polarized | Crescent-shaped | 68.3 ± 1.6 | 33.6 ± 1.2** | 13.1 ± 0.6 |
| | Kite-shaped | 31.7 ± 1.6 | 66.4 ± 1.2*** | 86.4 ± 0.6*** |
| Non-polarized | Apolar | 91.3 ± 0.3 | 91.0 ± 0.1 | 71.5 ± 1.3 |
| | Bipolar | 8.7 ± 0.3 | 9.0 ± 0.1 | 9.7 ± 1.2 |
| | Multipolar | 0.0 | 0.0 | 18.8 ± 1.5 |
| 60 sec | Polarized | Crescent-shaped | 75.0 ± 1.1 | 75.2 ± 1.9 | 49.3 ± 0.2*** |
| | Kite-shaped | 25.0 ± 1.1 | 24.8 ± 1.9 | 50.7 ± 0.7*** |
| Non-polarized | Apolar | 91.4 ± 0.3 | 66.6 ± 0.2*** | 100.0*** |
| | Bipolar | 8.6 ± 0.3 | 34.4 ± 0.2*** | 0.0 |
| | Multipolar | 0.0 | 0.0 | 0.0 |
| 180 sec | Polarized | Crescent-shaped | 79.8 ± 0.2 | 80.6 ± 0.4 | 48.5 ± 0.5*** |
| | Kite-shaped | 20.2 ± 0.2 | 19.4 ± 0.4 | 51.5 ± 0.5*** |
| Non-polarized | Apolar | 91.2 ± 0.3 | 95.7 ± 0.3*** | 100.0*** |
| | Bipolar | 8.8 ± 0.3 | 4.3 ± 0.3*** | 0.0 |
| | Multipolar | 0.0 | 0.0 | 0.0 |

Polarized and non-polarized cells were subcategorized as in Figure 4A and the percentage of cells in each category was scored. Data are expressed as mean ± SEM, n ≥ 250 cells in each experiment, three independent experiments. ***p < 0.001 versus control.

Figure 4 Suppression of ADF or cofilin expression in MTLn3 cells causes changes in F-actin structure. A. Cells were binned into three categories depending on their F-actin organization: normal F-actin, F-actin aggregates (magnified inset), and prominent F-actin (magnified inset) as stained with fluorescent-phalloidin. B. Cells were scored as in (A) and each type as a percentage of the total cells scored is shown. ADF KD cells showed enhanced F-actin aggregates while cofilin KD cells exhibited enhanced prominent F-actin. n ≥ 100 cells in each experiment, three independent experiments. * p < 0.05, ** p < 0.01, *** p < 0.001 versus control. Scale bar: 10 μm.
to drive ADF/cofilin expression. The degradation area in these co-expressing cells was measured (Figure 5D). ADF KD cells expressing exogenous ADF (mRFP chimera or untagged) or cofilin (untagged) had a control-like degradation area (p > 0.05 versus control). Expressing exogenous huCofilin.mRFP in ADF KD cells increased the area of degradation when compared to control cells (p < 0.05). Degradation areas in cofilin KD cells expressing exogenous ADF or cofilin were somewhat more variable but were not significantly different from control (p > 0.05 versus control) (Figure 5D).

**Reduction of cofilin expression enhances cell adhesion to collagen I**

Since ADF KD and cofilin KD cells showed changes in cell morphology and the actin cytoskeleton that suggested changes in cell adhesion, we next investigated the effect of ADF and cofilin depletion on MTLn3 cell adhesion. Cells were stained with anti-paxillin antibody and the size and number of focal adhesions were measured per unit area (40 μm²) at the leading edge of similarly shaped cells (Figure 6A), an average of 8 unit areas at the leading edge of each cell were selected. Cofilin silencing but not ADF silencing significantly increased the

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**Figure 5** Suppression of ADF or cofilin expression affects invadopodia formation. A. Cells were cultured on fluorescent gelatin-coated cover slips and stained with fluorescent-phalloidin to visualize invadopodia (arrows). B and C. Representative Western blots for the expression of huADF.mRFP and huCofilin.mRFP in MTLn3 cells at 0, 24, 36, 48, 60 and 72 h after infection. Level of expression compared to endogenous ADF/cofilin was averaged from 3 or more blots. D. The degradation area of gelatin (μm²) was quantified in Metamorph and divided by number of cells in the same field and expressed as degradation area (μm²)/cell. n ≥ 30 cells in each experiment, three independent experiments. * p < 0.05, ** p < 0.01 versus control. Scale bar: 10 μm. NA, No Rescue Adenovirus; ADF.R, huADF.mRFP; ADF, huADF.RedTrack; COF.R, huCofilin.mRFP; COF, huCofilin.RedTrack.
Next, we infected cofilin KD cells with the different rescue adenoviruses expressing either ADF or cofilin and the total area occupied by focal adhesion/40 μm² was measured in these co-expressing cells. Cofilin KD cells expressing exogenous cofilin (tagged or untagged) were not significantly different (p > 0.05) in cell adhesion (4.9 ± 0.5 and 4.8 ± 0.4, respectively) from control cells (Figure 6B), suggesting that the increased focal adhesion area arose from cofilin suppression. ADF expression, either as mRFP chimera or untagged, in cofilin KD cells did not restore focal adhesion area to the control level (7.4 ± 0.7 and 7.2 ± 0.6, respectively) (p < 0.05 versus control) (Figure 6B), demonstrating that ADF cannot substitute for cofilin in this process.

In addition, control, ADF KD and cofilin KD cells were seeded onto collagen I coated dishes, and adherent cells were quantified after 1 h (adhesion assay; [29]). We found that the number of adherent cells was greater in cofilin KD cells but not in ADF KD cells (159.9 ± 2.3% and 100.6 ± 3.5%, respectively), compared to control cells (100.0 ± 5.2%) (Figure 6C). Cofilin KD cells expressing exogenous huCofilin.mRFP or untagged cofilin, but not ADF, behaved like control infected cells (Figure 6C).

Suppression of ADF or cofilin expression increases the rate of migration

Since ADF and cofilin depletion affected actin organization and cell polarization, we next analyzed the effect of knocking down ADF or cofilin on the migration of MTLn3 cells. We measured the number of ADF KD and cofilin KD cells migrating across type I collagen-coated filters (migration assay). Knocking down ADF or cofilin significantly (p < 0.01 and p < 0.001, respectively) enhanced MTLn3 cell migration by almost 80% compared to control cells (Figure 7A). Re-expressing exogenous ADF but neither tagged nor untagged cofilin in ADF KD cells decreased the number of cells migrating across collagen I-coated filters to the control level (Figure 7A). In cofilin KD cells, the number of migrating cells was reduced to control levels by expressing exogenous cofilin (Figure 7A). However, expressing exogenous untagged ADF but not ADF.mRFP, in cofilin KD cells also decreased the number of migrating cells (Figure 7A), suggesting that either the activity or accessibility of target binding by the chimeric huADF.RFP is less than that of the non-chimeric.

The wound healing assay measures cell directed migration as a response to clearing of cells in a monolayer [53]. As expected from the results of the migration assay above, the migration rate of ADF KD and cofilin KD cells in a wound healing assay increased significantly when compared to the control (p < 0.01) (Figure 7B). The migration rate of ADF KD cells (25.4 μm/h ± 1.2) was reduced to that of control cells (16.8 ± 3.0 μm/h) upon expressing either exogenous huADF.RFP (14.3 ± 1.2 μm/h) or untagged ADF (12.8 ± 3.5 μm/h), p > 0.05 versus control, but not with expression of exogenous tagged or untagged cofilin (Figure 7B). For cofilin KD cells, re-expressing cofilin, tagged or untagged, restored the migration rate to that of control cells (12.4 ± 2.0 and 13.9 ± 2.2 μm/h, respectively). In addition, expressing exogenous untagged ADF but not ADF.mRFP in cofilin KD cells slowed them down (18.9 ± 3.7 μm/h) significantly (Figure 7B).
The migration rates of control and KD cells were measured by time lapse microscopy from the center position of the cell body (centroid) over 30 min using kymography. Four different line scans of each cell, each going through the centroid, were selected and a kymograph was created for each region (Figure 7C). The kymograph was then analyzed and the centroid position was plotted versus time (frame number), from which a slope was calculated. The migration rate was averaged from 10 cells in each treatment, 4 measurements (slopes) per cell, three independent experiments. * p < 0.05, ** p < 0.01, *** p < 0.001 versus control.

Figure 7 Suppression of ADF or coflin expression in MTLn3 cells enhances cell migration. A. Cells were serum-starved, seeded on collagen I-precoated filters and then subjected to a migration assay. Cell migration is expressed as percent of control cells. Four independent experiments each performed in triplicate. B. MTLn3 cells were grown into monolayers and wounds were made with a sterile tip. The wound area was measured at 0 hr and 6 h, and migration rate was expressed as μm/h. Three independent experiments each performed in triplicate. C. The migration rate was measured from cell centroid using kymography, four different regions of each cell were selected and a kymograph created for each region, only one of which is shown here. D. The kymograph was analyzed with a journal which tracks the front and rear membrane positions along the line at each time point and creates an average cell center position (centroid) which is then plotted versus time (frame number), from which a slope was calculated. E. The migration rate (slope (pixel/frame) × (1 μm/number of pixels) × (number of frames/number of min)) was averaged from 10 cells in each treatment, 4 measurements (slopes) per cell, three independent experiments. * p < 0.05, ** p < 0.01, *** p < 0.001 versus control.
number of min) was then calculated. Again, it was found
that silencing either ADF or cofilin in MTLn3 cells signifi-
cantly enhanced the cell migration rate (1.42 ± 0.11 and
1.02 ± 0.10 μm/min, respectively) as compared to control
cells (0.64 ± 0.09 μm/min) (p < 0.05) (Figure 7E).

Expressing exogenous ADF (tagged or untagged), but
not cofilin, in ADF KD cells reduced the migration rate
to that of control cells (0.79 ± 0.12 μm/min) (p > 0.05
versus control) (Figure 7E). Expressing exogenous non-
chimeric huCofilin in cofilin KD cells reduced the
migration rate to that of the control cells (Figure 7E).

ADF KD increases the time and frequency of protrusion
and cofilin KD increases the time and persistence of
protrusion

The lamellipodial histories (protrusion, pausing, and
retraction) of polar migrating MTLn3 cells were also
analyzed using kymography (Figure 8A-C). Polar control
cells spent less than half of the 30 min (44.3%) protrud-
ing and spent the rest of the time pausing (19.2%) or
retracting (36.5%) (Figure 8D-E), and on average the
lamellipodium fluctuated between protrusion and retra-
tion 10 times per 30 min, while it paused less than two
times over the same period (Figure 8F-G). On the other
hand, polar ADF KD cells protruded 60.7%, paused 7.8%
and retracted 31.6% of the 30 min (Figure 8D), and on
average the lamellipodium fluctuated between protrusion
and retraction 14 times per 30 min, while it paused
once over the same period (Figure 8F). Polar cofilin KD
cells protruded 64.8%, paused 14.6% and retracted 20.7%
of the 30 min (Figure 8E), and on average the lamelli-
podium fluctuated between protrusion and retraction 8
times per 30 min, while it paused once over the same
period (Figure 8G). The protrusion of the lamellipodium
of cofilin KD cells persisted (2.3 min), significantly
longer than in control (1.1 min) and ADF KD cells
(1.3 min) (Figure 8H-I).

Expressing exogenous untagged ADF in ADF KD cells
reduced the percentage of time ADF KD cells spend
protruding (51.4%) by increasing the pausing time
(23.2%) (Figure 8D). In addition, untagged ADF expres-
sion in ADF KD cells reduced the frequency of protru-
sion and increased pausing frequency (Figure 8F).
Exogenous untagged cofilin decreased the percentage of
time cofilin KD cells spend protruding (52.8%) and
increased the percentage of pausing and retraction time
(18.3% and 28.9%, respectively) (Figure 8E). In addition,
both cofilin.mRFP and untagged cofilin expressed in
cofilin KD cells decreased the protrusion persistence and
increased the persistence of retraction (Figure 8I).

Discussion
Most studies on MTLn3 mammary adenocarcinoma cells
and many other tumor cell types that have addressed
changes in the regulatory proteins that alter actin orga-
nization have focused on cofilin-1 [42,46,47,50], primarily
because it was reported to be the major ADF/cofilin
protein expressed in MTLn3 cells [54,55]. However, this
determination used antibodies that had a much greater
affinity toward cofilin than toward ADF. Using chick ADF
as an antigen, we developed an antibody that has a strong
affinity toward the epitope around amino acids 50–53 in
chick ADF, which is conserved in both mammalian ADF
and cofilin, and thus serves as a pan ADF/cofilin antibody
in mammals [48]. Using this antibody we discovered that
MTLn3 cells express nearly identical amounts of each iso-
form (Figure 1). Thus, these cells provided the ideal model
system in which to determine if ADF and cofilin have fully
redundant or overlapping roles in polarization and pola-
rized migration.

In addition, since cofilin but not ADF is essential for
normal cell behavior and its global inhibition would be
detrimental to non-tumor tissue [26], demonstrating
that ADF activity plays a different role in metastasis
from cofilin might open up new avenues for therapeutic
targeting. Thus, the aim of this study was to examine the
requirements for ADF and cofilin individually for each
step during polarization and migration of MTLn3 cells.

MTLn3 cells are large and flat making them suit-
able for quantitative imaging at the cellular and sub-
cellular level. In addition, individual ADF or cofilin
silencing did not significantly alter the expression of
the other (Figure 1B, C), eliminating the need to study this
compensatory mechanism which occurs in some cell types
[28]. However, cofilin silencing did lead to increased
amounts of the active (dephosphorylated) form of ADF
(Figure 1B, Figure 3C), suggesting some compensation in
this direction but the opposite (cofilin dephosphorylation
in ADF KD cells) did not occur. The reason for this
compensatory change in only one direction is likely due to
the maintenance of greater F-actin pools in cofilin KD
cells versus the actin aggregates that accumulate in ADF
KD cells (Figure 4B). A major phosphatase involved in
activating both ADF and cofilin is slingshot-1 L (SSH-1 L)
which requires F-actin binding for its activity [18].

Dense aggregates of actin that stain with phalloidin
have been observed in cultured cells in which both ADF
and cofilin have been silenced [28]. Actin aggregate
formation is blocked by the myosin II inhibitor blebbistatin
[28], suggesting that the ability of ADF to compete with
myosin II for F-actin binding leads to more aggregates
in ADF KD than in cofilin KD cells as observed here
(Figure 4). Previous studies showed that cofilin KD
caused a significant actin reorganization represented by
increased stress fibers compared to control MTLn3
cells [50]. In addition, siRNA suppression of cofilin in
NIH3T3 and mouse neuroblastoma cells led to accumu-
lation of F-actin and increase in the thickness of stress
fibers [25]. Equally interesting are results from studies that expressed the kinase domain of LIMK [51], which showed enhanced actin aggregates. In this latter study ADF activity would be affected equally to cofilin. Although ADF is a more efficient monomer sequestering protein than cofilin [9,11], its major mechanism in blocking aggregate formation is probably through its competition with myosin II in the actomyosin contraction leading to aggregates. These differences between the two proteins activities led to different effects on actin cytoskeleton organization.

Focal adhesions are sites of large macromolecular assemblies containing integrins with linkages to cytoplasmic actin bundles [56,57], and collagen in the

Figure 8 Depletion of ADF or cofilin changes the lamellipodia history of migratory MTLn3 cells. Representative kymographs of control (A), ADF KD (B) and cofilin KD (C). The lamellipodium history (protrusion, pausing, and retraction) of polar migratory MTLn3 was analyzed using kymograph images. The kymograph image was created from a line that crosses the cell centroid, and the reference point from which the lamellipodium is measured, is the position of the lamellipodium at time point zero. Arrow shows protrusion, dashed arrow shows retraction. D and E. The lamellipodia of ADF KD and cofilin KD cells spent the majority of their time (60.7% and 64.4%, respectively) protruding as compared to control cells (44.3%). This was rescued to a significant degree by re-expressing the untagged human ADF but not cofilin in ADF KD cells and human cofilin but not ADF in cofilin KD cells. F and G. The lamellipodia of ADF KD cells protruded significantly more frequently than in control and cofilin KD cells. Re-expressing of untagged human ADF in ADF KD cells restored the control phenotype. H and I. The protrusion of lamellipodia in cofilin KD cells was significantly more persistent than in control and ADF KD cells. Re-expressing huADF.RedTrack or huCofilin.mRFP or huCofilin.RedTrack restored the control phenotype in cofilin KD cells. n ≥ 10 cells in each treatment, three independent experiments, an average of 110 measurements. * p < 0.05, ** p < 0.01, *** p < 0.001 versus control.
extracellular matrix [58]. We observed a significant increase in collagen I-mediated cell adhesion of cofilin KD cells and not ADF KD cells (Figure 6B, C). These findings imply that ADF and cofilin are not redundant in the MTLn3 cell attachment process. The enlarged focal adhesions certainly contribute to the accumulation of stress fibers in cofilin KD cells, producing a tension force by their contraction [59]. Such a force is needed for the forward movement of the cell body [60] but release from these adhesions is also needed for efficient movement.

Previous studies showed that LIMK knockdown suppressed fibronectin-mediated rat ascites hepatoma cell attachment and focal adhesion formation [61]. Furthermore, formation of focal adhesions in HeLa cells was substantially enhanced in cells transfected with a vector expressing the cofilin kinase TESK1 but was reduced in cells expressing a kinase inactive TESK1 which suppressed cofilin phosphorylation, as well as formation of stress fibers and focal adhesions in cells plated on fibronectin [62]. In addition, depletion of the actin-binding protein coronin 2A in MTLn3 cells led to a decreased rate of focal adhesion disassembly, which was mediated through increased phosphorylated cofilin; expression of an active mutant of cofilin (S3A) restored focal adhesion turnover to that of control cells [63]. In our work, the area occupied by focal adhesion in cofilin KD cells was restored to that of control cells when human cofilin but not ADF was re-expressed (Figure 6B, C). Taken together, these findings demonstrate that cofilin has a more prominent role than ADF in regulating cell adhesion, and thus in releasing tail focal adhesions necessary for the crescent cell morphology (Table 2).

Since ADF and cofilin are responsible for actin dynamics, and they are well-known regulators that trigger and maintain cell polarization [64], the significant decrease observed in the percentage of EGF-induced polarized cells in the ADF KD and cofilin KD cells compared to controls (Figure 3B) was expected. Overexpression in endogenously polarized chick embryo heart fibroblasts of a constitutively active mutant of LIMK or a pseudophosphorylated mutant of Xenopus ADF/cofilin in which ser 3 has been replaced by glu (S3E) caused the cells to lose their polarized phenotype and extend multiple lamellipodia [65]. Tail retraction of migrating polarized cells has been shown to require ADF/cofilin activity [66]. In ADF KD cells, the crescent shape is the dominant shape after EGF stimulation whereas tail persistence (kite-like morphology) is more prevalent in cofilin KD cells (Table 2) suggesting that cofilin is more responsible for tail retraction. These differences might arise because cofilin has a greater ability than ADF to reduce focal adhesion size (Figure 6) and/or because ADF has a somewhat greater ability to compete with myosin II for actin binding [28]; myosin II-mediated contractility also plays a role in tail retraction [60].

Our migration rate results are in agreement with those of others [50], who found that cofilin knockdown resulted in higher cell migration velocities and increased directionality. Cofilin KD MTLn3 cells followed a more linear path compared to the random walking path of control MTLn3 cells [50]. The higher migration rate observed in KD cells is consistent with our findings of lamellipodia history; ADF KD causes the cells to spend more time protruding and their protrusion is more frequent (number of times of protrusion/30 minutes) compared to control cells (Figure 8D, F). In addition, cofilin KD cells spend more time protruding because their protrusion is more persistent (average time of protrusion) compared to control cells (Figure 8E, G), probably due to enhanced adhesion of the protrusion.

Since ADF but not cofilin can serve as a major monomer sequestering protein [15,16], the effect of ADF KD on lamellipodia protrusion could be due to a greater alteration of the actin monomer pool than that obtained with cofilin siRNA treatment [11,15,67]. ADF depletion causes a decrease in G-actin. The availability and localization of G-actin monomer near the leading edge is essential for cell polarization and thus directional cell migration [29]. In addition, the spatiotemporal localization of G-actin regulates actin dynamics required for lamellipodia protrusion, and decreased G/F-actin ratio at the leading edge has been found to be associated with pausing and retraction of protrusions [68].

Conclusion
In conclusion, we have demonstrated that although both ADF and cofilin are redundant for many cell behaviors, there are subtle differences in how these proteins affect cell adhesion and migration that are likely to be important in understanding the migration of different metastatic tumor cells. It should be pointed out that our analysis has been restricted to migration on a two dimensional substrate. Cells traversing through a 3 dimensional network in which adhesions are not formed in a distinct plane may show additional differences in behavior depending on their relative amounts and activities of ADF and cofilin [69].

Methods
Cell culture
MTLn3 rat mammary adenocarcinoma cells were a generous gift from Dr. Maryse Bailly, UCL Institute of Ophthalmology, London. MTLn3 cells were cultured in α-modified Eagle’s medium (α-MEM) (GIBCO, Invitrogen, USA), supplemented with 5% fetal bovine serum (FBS) (Euroclone, Italy), 5% glutamine (Lonza, Belgium), and 1% Ampicillin/Streptomycin (PAA, Austria) at 37°C.
in a humidified 5% CO₂ incubator. MTLn3 cells were infected with adenovirus at a multiplicity of infection (MOI) of 25 and all experiments were performed 72 h post infection. For EGF stimulation, MTLn3 cells were washed twice with sterile PBS, and then grown in starvation medium [0.35% bovine serum albumin (BSA); BioBasic Inc., Canada] for 3 h at 37°C. EGF (Invitrogen) (5 nM) in starvation medium was added to the cells for 60 or 180 s [43,46].

**Design of silencing vectors and infection procedure**

Vectors for expressing small interfering RNAs for rat ADF and coflin were made by inserting DNA oligonucleotides in a plasmid expression vector (pSuper) [70] containing the H1 polymerase III promoter. Modified inserts including the H1 polymerase III promoter from the pSuper vector were excised and ligated into pShuttle and/or pAdTrack vectors [71]. The DNA oligos (Ambion Applied Biosystems, USA) used to generate the siRNA for rat coflin was 5′-AAGGTGTTCAATGACATGAAA-3′ [42] whereas that for rat ADF was 5′-AAGTGATTGC AATCCGTTGAT-3′ [72]. The oligonucleotide for generating human coflin siRNA, used as a control in the MTLn3 cells, was 5′-AAGTCTTCAACGCCAGAGGAG-3′. The pShuttle and pAdTrack plasmids containing the DNA to generate hairpin RNAs were then used to make adenovirus as described previously [73].

**Western blot analysis**

Cells were lysed in cold lysis buffer (2% SDS, 10 mM Tris pH 7.5, 10 mM NaF; 2 mM EGTA, 10 mM dithiothreitol). Cell extracts were heated in a boiling water bath for 5 min and sonicated. Aliquots of lysates were diluted in 4× SDS–PAGE sample buffer (0.5 M Tris–HCl pH 6.8, 2% SDS, 20% glycerol, 20% 2-mercaptoethanol and 0.16% bromophenol blue) and proteins resolved by electrophoresis on 15% SDS-polyacrylamide gels. Proteins were transferred onto nitrocellulose membranes and were blocked using 1% (w/v) BSA in Tris–buffered saline (TBS), and exposed overnight at 4°C to the primary antibodies [mouse mRFP (1:1000; Abcam, USA), mouse GAPDH (1:6000; CHEMICON, USA), rabbit polyclonal antibody (1439) that recognizes coflin, phospho-cofilin, ADF and phospho-ADF with equal sensitivity (1:2000) [48], rabbit polyclonal (4321) that recognizes phospho-cofilin and phospho-ADF with equal sensitivity (1:2000) and mouse cofillin (mAb22) (1:250) [48] diluted in 1% BSA in TBS containing 0.05% Tween 20. After washing and incubation with appropriate secondary antibodies conjugated to Alexa680 or Alexa800, stained bands were imaged using the LiCor Odyssey Infrared Imaging System. Signals were quantified using TotalLab software (Nonlinear Dynamics).

For two dimensional Western blots, proteins in cell extracts were precipitated with chloroform/methanol [74] and the protein pellet was rehydrated in 8 M urea, 2% IGEPAL, 18 mM dithiothreitol. Proteins were separated on a precast pH 3–10 gel according to the manufacturer’s protocol (IPGphor Isoelectric Focusing System), followed by SDS-PAGE on 15% isocratic gels and then transferred onto nitrocellulose membrane. ADF and coflin proteins were detected with the 1439 rabbit antibody.

**Cell staining and microscopy**

MTLn3 cells were plated on sterile glass cover slips precoated with collagen I. Briefly, cover slips were coated with ice-cold freshly prepared collagen I (10 μg/ml) [for 1 ml: 100 μl 10× cold PBS, 25.5 μl 1 N NaOH, 87.3 μl distilled H₂O, 1.1 μl of 9.03 mg/ml collagen I (Sigma Aldrich)]. Each cover slip was treated with 150 μl collagen I, left for 1 h at 37°C and then washed three times with PBS. Cells were fixed with 4% paraformaldehyde (Sigma Aldrich) in cytoskeleton buffer with sucrose (CBS) [10 mM MES, pH 6.1, 138 mM KCl, 3 mM MgCl₂, 10 mM EGTA, 0.32 M sucrose] for 45 min (this and subsequent steps are at room temperature). Cells were then washed three times five min each with 0.1% Triton X-100 in PBS. F-actin was stained with fluorescent-conjugated phallolidin (Invitrogen) in CBS for 1 h. To visualize adhesion structures, cells were incubated with anti-paxillin antibody (BD Pharmingen, USA) (1:250 dilution in 2% BSA in CBS) for 1 h and then with fluorescent-conjugated goat anti-mouse IgG (1:400 dilution in 2% BSA in CBS) for 1 h. Cells were then mounted with Prolong Gold Antifade containing DAPI (Invitrogen). Images were captured using either a 20× NA 0.75 or 60× NA 1.4 objectives on an inverted Nikon microscope with a CCD camera and operated by Metamorph software (Molecular Devices). For time lapse, cells were plated onto glass-bottom dishes and infected for 72 h. Cells were then washed twice with α-MEM, starved for 3–4 h and imaged at 4 frames per min for 30 min in a bath application of 5 nM EGF [50], using Olympus confocal microscope equipped with a 37°C stage and 5% CO₂.

**Adhesion assay**

Seventy-two hours after infection, cells were suspended in α-MEM-0.35% BSA and replated onto 10 μg/ml collagen I precoated 96-well culture dishes at the concentration of 5 × 10⁴ cells/well. After incubation for 1 h at 37°C, cells were washed twice with PBS, and adherent cells were fixed in 4% paraformaldehyde for 30 min and stained with 1% borax and 1% methylene blue. After solubilization with 1% SDS, absorbance (630 nm) was measured [29].

**Invadopodia assay**

Ethanol-flamed sterile 18 mm glass cover slips were placed in the wells of a 12-well tissue-culture plate and
were coated with 50 μg/ml poly-D-lysine for 20 min at room temperature. The coverslips were then covered with a 0.5% glutaraldehyde for 15 min, and then coated with 37°C-preheated 0.2% gelatin (Sigma-Aldrich) and Alexa Fluor 488 or 568-gelatin (Invitrogen) mixture at a 8:1 ratio for 10 min at room temperature. The residual reactive groups in the gelatin matrix were quenched with 5 mg/ml sodium borohydride for 15 min at room temperature. Cells were plated at a concentration of 2 × 10⁴/cover slip and incubated at 37°C for 12 h. Cells were stained for F-actin with fluorescent phalloidin [52].

**Migration assay**

Adenovirus-infected cells (1×10⁶) were seeded into the upper compartment of a 12-well chemotaxis chamber (Neuprobe, Gaithersburg, MD). Both the upper and lower compartments were filled with α-MEM containing 0.35% BSA and were physically separated by a polycarbonate membrane (8-μm pore size) precoated for 4 h with 100 μg/ml collagen I. Cultures were incubated for 36 h at 37°C in 5% CO₂ humidified conditions, fixed with 4% paraformaldehyde, and stained with 1% borax and 1% methylene blue. Cells of the upper surface of the filter were removed with a cotton swab and those underneath were quantified [29].

**Wound healing assay**

MTLn3 cells were grown on a collagen I-precoated 6-well tissue culture plate to about 80% confluence. Cultures were wounded by a heat polished glass pipette (~ 30-50-μm tip) and overlayered with dimethyl polysiloxane (Sigma Aldrich) to reduce evaporation while allowing gas exchange. Detailed observation on the behavior of live cells was monitored by acquiring images every 10 min over a period of 6 h. The effects of ADF or cofilin silencing were assessed by measuring the time and the distance migrated by cells to close the wound. Live cell migration in wound-healing assay was followed using a CCD camera (Motic) on an inverted Leica microscope using 10×, 1.0 NA air objectives.

**Data analysis**

Statistical analysis was performed using STATISTICA 7 analysis program (StatSoft Inc., OK, USA). To determine differences between 3 or more means, one-way ANOVA with Fisher’s LSD for multiple comparisons post-tests were performed. Factorial ANOVA for higher orders (2-way or 3-way) was used to test for interactive effects for multiple categorical independent variables. Results are presented as mean ± standard error of the mean (SEM). All statistical analysis was performed at p < 0.05 level of significance.
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