Black phosphorus: a two-dimension saturable absorption material for mid-infrared Q-switched and mode-locked fiber lasers

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Black phosphorus (BP) as a novel class of two-dimension (2D) materials has recently attracted enormous attention as a result of its unique physical and chemical features. The remarkably strong light-matter interaction and tunable direct band-gap at a wide range make it an ideal candidate especially in the mid-infrared wavelength region as the saturable absorber (SA). In this paper, the simple and effective liquid phase exfoliation (LPE) method was used to fabricate BP. By introducing the same BP SA into two specifically designed rare earth ions doped fluoride fiber lasers at mid-infrared wavebands, Q-switching with the pulse energy of 4.93 μJ and mode-locking with the pulse duration of 8.6 ps were obtained, respectively. The operation wavelength of ~2970 nm for generated pulse is the reported longest wavelength for BP SA based fiber lasers.

In the past decade, rapid progress has been made on the mid-infrared laser sources covering from 2 μm to 20 μm as a result of their widespread and potential applications1. More specifically, they are of key significance for the fields such as environmental monitoring and pollution control, detection of water and soil contaminants, food quality control, agriculture and life sciences, invasive disease diagnosis and therapy through breath analysis, etc2–8, since most molecular fundamental vibrational absorptions are located in this wavelength region. Currently, several different approaches e.g., solid-state lasers9, quantum cascade lasers (QCL)10, difference frequency generation (DFG)11, sum frequency generation (SFG)12, optical parametric oscillator (OPO)13, etc. have been adopted to demonstrate the mid-infrared emissions at different sub-ranges. As another new platform, the mid-infrared laser producing from optical fibers is attracting increasing attention recently because of its outstanding merits such as excellent beam quality, good heat dissipation, high slope efficiency, etc13. The continuous improvement of the infrared glass (e.g., fluoride14, chalcogenide15, fluorotellurite16, etc.) fiber drawing technology has also spurred the development of mid-infrared fiber lasers. Until now, their wavelengths have been typically extended to 3 μm and some even to near 4 μm spectral regions. Stimulated by the potential applications in plastic and polymer processing, laser surgery, laser radar, etc14,15,17–22. Despite the achieved success in power enhancement of continuous wave (CW) state where the highest level at 3 μm waveband has been recorded as 30 W14, the relative investigations on pulse generation by either Q-switching or mode-locking, especially implemented in compact and robust passive schemes with the help of saturable absorbers (SAs), is only recent23–33.

Concerning their matured fabrication technology, semiconductor saturable absorber mirror (SESAM) and Fe2+:ZnSe crystal were most early used in pulse generation of fiber lasers in 3 μm spectral region23–31. Currently, the reversely designed InAs-based SESAM has been employed to demonstrate the passive Q-switching of 2.97 μm singly Ho3+:doped23, passive switching of 2.87 μm Ho3+/Pr3+ co-doped24, high power passive mode-locking of 2.8 μm Er3+:doped25 and even dual wavelength (3 μm and 2.1 μm) passive switching of cascaded Ho3+:doped26 fluoride fiber lasers. Moreover, InAs material as SA was also used to mode lock the 2.86 μm Ho3+/Pr3+ co-doped fluoride fiber laser in a ring cavity28. However, narrow operation bandwidth mainly limited by the band-gap of InAs material and complex package procedure hindered its applications in longer wavelength region. Meanwhile

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that BP could be developed as an effective SA used for pulse generation in 3 μm region. Output power, pulse energy, pulse duration, repetition rate, RF spectra were also given. The results indicate Q-switching and mode-locking were obtained, respectively based on the same BP whose feasible operation wavelength is 3 μm. TMDCs have been also applied in the pulsed fiber lasers because of their unique absorption properties45–51, but the relatively low absorption efficiency (2.3% per layer) is not suitable for the pulsed fiber lasers44. Lately, TMDCs have been also applied in the pulsed fiber lasers because of their unique absorption properties45–51, but the relatively large direct band gaps corresponding to the visible spectrum range limits their applications in infrared region. Though the introduction of some suitable defects could extend their operation wavelengths to some extent, it is still difficult for them to perform the mid-infrared operation. The current longest effective wavelengths have been only demonstrated around 2 μm32–35. Besides, the preparation process would become extremely difficult as well. TI as another novel class of Dirac material not only has a nontrivial narrow band gap but also possesses wavelength-independent saturable absorption as a result of the absence of band gap, the low modulation depth results from its low absorption efficiency (2.3% per layer) is not suitable for the pulsed fiber lasers44. Lately, Q-switching with the aid of TI has been successfully performed in fiber lasers around 3 μm57. Recently, the Q-switched and mode-locked fiber lasers at 1.55 μm by the way of traditional nonlinear polarization rotation (NPR) has been also experimentally demonstrated at 2.8 μm. The temporal durations of the yielded pulses were firstly narrowed to the level of several hundreds of femtoseconds at this wavelength albeit with comparatively complicated alignment32,33.

In recent years, the rise of two-dimensional (2D) materials mainly focusing on graphene, topological insulator (TI) (e.g., Bi2Te3, Sb2Te3, etc.) and transition metal dichalcogenides (TMDCs) (e.g., MoS2, MoSe2, WS2, WSe2 etc.) has provided a great opportunity for new-generation optoelectronic devices as a result of their outstanding physical and chemical properties44. Their broadband absorption potential and ultrafast carrier dynamics make them ideal SAs for the formation of infrared pulse. Graphene, as the pioneer of this family, has been widely used in the pulsed fiber lasers in the near-infrared spectral region of 1–2 μm35–41, and also demonstrated its potential in both Q-switching and mode-locking in 3 μm wavelength region recently42,43. Though it possesses wavelength-independent saturable absorption as a result of the absence of band gap, the low modulation depth resulted from its low absorption efficiency (2.3% per layer) is not suitable for the pulsed fiber lasers44. Lately, TMDCs have been also applied in the pulsed fiber lasers because of their unique absorption properties45–51, but the relatively large direct band gaps corresponding to the visible spectrum range limits their applications in infrared region. Though the introduction of some suitable defects could extend their operation wavelengths to some extent, it is still difficult for them to perform the mid-infrared operation. The current longest effective wavelengths have been only demonstrated around 2 μm32–35. Besides, the preparation process would become extremely difficult as well. TI as another novel class of Dirac material not only has a nontrivial narrow band-gap but also possesses a gapless metallic state in its edge/surface44. The small band-gap combined with its merits of large modulation depth and high damage threshold makes it feasible as an effective SA in mid-infrared spectral region55,56. Recently, Q-switching with the aid of TI has been successfully performed in fiber lasers around 3 μm57. However, it has the drawback of complex preparation process as a result of compound with two different elements.

Black phosphorus (BP), as another novel 2D material, recently has attracted enormous attention owing to its great potential in electronics and optoelectronics applications58–60. As the most thermodynamically stable allotrope of phosphorus, BP possesses a high mobility. Similar to the graphene, BP is a layered material with basic cells of honeycomb structure in which the different layers are stacked together with the aid of weak van der Walls forces61. Different from the other 2D materials mentioned above, BP has a unique direct band gap which is layer number dependent62. Specifically, its band gap can be tuned from ~0.3 eV (bulk) to ~2 eV (monolayer) flexibly by changing the layer number hence filling up the gap between the zero band gap of graphene and large band-gaps of TMDCs. The band-gap-controllable feature is as well helpful for its optoelectronic applications especially in near- and mid-infrared spectral regions. As the motivation that BP only comprises one element component and has a direct band-gap same as graphene, it is natural to consider whether BP can be also used as SA for pulse generation. Recently, a series of experimental demonstrations revealed the saturable absorption of BP in visible and infrared spectral region spanning from 400 nm to 2 μm indicating its broadband potential in pulse generation55. Lately, the Q-switched and mode-locked fiber lasers at 1.55 μm using BP as the SA were reported for the first time with quite excellent performance55,56. Since then, the relative efforts have been deployed with the operation wavelength extended to 2 μm57. Very recently, the Q-switching and mode-locking of 2.8 μm Er3+-doped fluoride fiber laser based on BP were also successfully demonstrated with the wavelengths extended towards the mid-infrared region58,59, but detailed system structure designs were absent.

In this paper, the BP 2D material was fabricated using the cost-effective liquid phase exfoliation (LPE) method, then a series of material characterizations based on Raman spectrum measurement, transmission electron microscope (TEM), atomic force microscope (AFM) were performed while its saturable absorption property was also investigated in 2 μm spectral region. By specifically designing cavity structure of two fluoride fiber lasers, Q-switching and mode-locking were obtained, respectively based on the same BP whose feasible operation wavelength was firstly further extended to near 3 μm region. Besides, laser performances including temporal waveform, output power, pulse energy, pulse duration, repetition rate, RF spectra were also given. The results indicate that BP could be developed as an effective SA used for pulse generation in 3 μm mid-infrared spectral region.

**Results**

**Characterizations of black phosphorus.** The layered BP was fabricated in a basic-NMP solvent exfoliation method which can be evenly dispersed in NMP, as shown in Fig. 1a. While the fabricated free-space BP SA based on the Au mirror was also shown in Fig. 1a. After sonication in NMP, bulk BP can be exfoliated into layered structure. Firstly, Raman spectrum measurement was taken on the layered BP on silicon wafer. As can be seen from Fig. 1b, except the standard Raman peak of silicon at 520.7 cm−1, there are three typical Raman peaks located at 361 cm−1, 437 cm−1 and 464 cm−1 which correspond to the 2D out-of-plane vibration mode A1g, in-plane vibration modes B2g and A2u, respectively. It can be also seen that the Raman spectrum of the as-prepared layered BP is almost same as that of bulk BP indicating its relatively large thickness. Moreover, the TEM was employed to characterize the morphology of the layered BP. As can be seen from Fig. 1c, the exfoliated BP is in the form of layered structure. Plenty of BP sheets are stacked together. Besides, the absolute thickness of the layered BP was also characterized by the way of AFM. As is shown in Fig. 1d, the thickness of most of the layered BP is ranging from 50 nm to 100 nm which corresponds to a band-gap of 0.34 eV70. It means our as-prepared BP can be operated well in the wavelength region below 3.68 μm.

**Saturable absorption property of black phosphorus.** Figure 2 shows the absolute transmissions of the BP SA as the varied incident peak intensity and pulse fluence. It is observed that the transmission increases...
sharply and then gradually saturates with incident peak intensity or pulse fluence. The phenomenon suggests the saturable absorption of the BP sample. The relative parameters were achieved by fitting the data using the following formula:

$$\Delta T = 1 - I \cdot \exp\left(-\frac{I_{\text{sat}}}{I}\right) - T_{\text{ns}}$$

where $T(I)$ or $T(\phi)$ is the transmission, $\Delta T$ is the modulation depth, $I$ and $\phi$ are the incident peak intensity and pulse fluence, respectively, $I_{\text{sat}}$ and $\phi_{\text{sat}}$ are the saturation peak intensity and pulse fluence, respectively, and $T_{\text{ns}}$ is the non-saturation loss. The calculated saturation peak intensity of $3.767 \text{ MW/cm}^2$ matched well with $4.56 \text{ MW/cm}^2$ measured at $1930 \text{ nm}$\textsuperscript{63}. The corresponding saturation pulse fluence of $15.821 \mu\text{J/cm}^2$ was also reasonably a little higher than $9 \mu\text{J/cm}^2$ measured at $2.8 \mu\text{m}$\textsuperscript{69}. The modulation depth and non-saturation loss were $41.2\%$ and $7.6\%$, respectively.

Figure 1. Characterizations of the used BP material. (a) Layered BP solution; (b) Raman spectra of bulk and layered BPs; (c) TEM image of layered BP; (d) AFM image of layered BP.

Figure 2. Nonlinear transmission of BP SA as a function of peak power intensity and pulse fluence. The red points are the experimental data and the blue line is the fitting result.
Mid-infrared pulsed fiber lasers. In this section, the output performances of the mid-infrared pulsed fiber lasers as shown in Fig. 3a,b were demonstrated, respectively. In the system as shown in Fig. 3a, CW laser was firstly generated as the launched pump power was increased to 302.6 mW. Once it reached 489.3 mW, stable Q-switching occurred yielding the repetition rate of 12.43 kHz and pulse duration of 5.8 μs as shown in Fig. 4a. The stable Q-switching state can be maintained until the available maximum launched pump power of 2.99 W as shown in Fig. 4b. At this pump level, the pulse duration and repetition rate were measured to be 2.41 μs and 62.5 kHz, respectively. The pulse amplitude fluctuation of ±2% suggested the high stability. Figure 4c shows the measured optical spectrum of the Q-switched pulses. The center wavelength of 2970.3 nm and FWHM of 7.06 nm were achieved. At this moment, if the terminated focused beam spot was moved onto the clean region of the Au mirror where no BP was coated, the laser immediately switched to the CW operation state no matter how we adjusted the Au mirror, thus excluding the possibility of self-pulsing. For comparison, the optical spectrum of the CW laser was also measured as shown in Fig. 4c. It is observed that the center wavelength was red-shifted to 2972.8 nm as a result of the decreased intra-cavity loss induced lower initial Stark manifold of the 5I6 energy level. Meanwhile, the FWHM was narrowed to 4.5 nm owing to the less required Fourier spectral components for CW emission. The similar phenomenon was observed in our previous experiment where the same fiber was used. Furthermore, the RF spectrum of the Q-switched pulses at the launched pump power of 2.99 W was measured as well at a scanning span of 45 kHz with a resolution bandwidth of 1001 Hz, as shown in Fig. 4d. The SNR of 37.7 dB located at the general level of passively Q-switched fiber lasers in this wavelength region. Figure 4e shows the measured repetition rate and pulse duration as a function of the launched pump power. The repetition rate increases almost linearly from 12.43 kHz to 62.5 kHz with the launched pump power increasing from 489.3 mW to 2.99 W owing to the faster population build-up on 5I6 level. Meanwhile the pulse duration decreases from 5.8 μs to 2.41 μs non-linearly as a result of more population density accumulation on 5I6 level. Note that both of them are the typical features of passive Q-switching. Figure 4f shows the measured output power and calculated single pulse energy as the varied launched pump power. It is observed that the output power increases almost linearly while the pulse energy increases non-linearly as the increased launched pump power. Finally, the maximum output power of 308.7 mW at a slope efficiency of 11.35% and single pulse energy of 4.93 μJ were achieved which were only limited by the available pump power.

In the first system, only Q-switching was obtained except the CW laser at the low pump range. To demonstrate the potential of BP in mode-locking around 3 μm, another carefully designed fiber laser was constructed as shown in Fig. 3b. In this case, the CW laser was also firstly generated as the launched pump power was increased to 66.4 mW. The much lower laser threshold than that in the previous case was mainly attributed to the use of high feedback output coupler (OC) and high gain fiber. Unlike the previous case, when the launched pump power reached 190.1 mW, the CW operation state was broken by stable Q-switched mode-locking (QSML) as shown in Fig. 5a instead of Q-switching. The inset of Fig. 5a shows the single Q-switched envelope involving mode-locked components. At this pump level, the repetition rate of 9.43 kHz and duration of 19.4 μs of the Q-switched envelope were achieved. Further increasing the launched pump power, the laser was still operated at the QSML state with the increased repetition rate, decreased duration and weakened amplitude fluctuation of the Q-switched envelope. At the launched pump power of 383.42 mW, the pulse train and single Q-switched envelope were recorded as shown in Fig. 5b and its inset, respectively. The highest repetition rate of 207.6 kHz and shortest duration of 2.7 μs of the Q-switched envelope were achieved. Once the launched pump power was beyond this level, the laser instantly switched to the continuous wave mode-locking (CWML) state as shown in Fig. 5c. The left and right insets inside show the temporal views on the oscilloscope at a scanning span of 700 ns and 70 ns, respectively. The interval of 71.5 ns between adjacent pulses matched well with the cavity round trip time indicating the laser was operated at the single pulse state. Note that the displayed pulse duration of 14.5 ns was not the true level due to the limited operation bandwidth of the used InAs detector. This stable CWML state can be maintained until the launched pump power of 512.3 mW. Once beyond this pump, however, the CWML became
very unstable and then quickly degraded into CW operation state when the launched pump power was increased to 1.43 W as a result of pulse breaking at high pump power level. The CW state can be maintained until the maximum available launched pump power of 2.99 W. If the pump was adjusted back to 512.3 mW, the stable CWML reappeared indicating the BP was not damaged. Figure 5d shows the output power as a function of the launched pump power. It is observed that the output power increases almost linearly with the launched pump power at a slope efficiency of 19.5%. At the launched pump power of 512.3 mW, the maximum pulsed output power was measured to be 87.8 mW giving the calculated maximum pulse energy of 6.28 nJ. Moreover, the optical spectrum of the mode-locked pulses was also measured at this pump level as shown in Figure 5e. The center wavelength and FWHM were 2866.7 nm and 4.35 nm, respectively. Note that though our system was operated at anomalous dispersion regime, no typical Kelly sidebands of solitons were observed on the spectrum. It might be attributed to the relatively small self-phase modulation which cannot initiate the soliton mode-locking. To exclude the possibility of self-pulsing, the focused beam spot was moved onto the clean region of the BP partially coated Au mirror as before. The obtained CW operation state indicated that the mode-locking was indeed resulted from the function of the BP. At this moment, the optical spectrum was measured as a comparison as shown in Figure 5e. It is seen that the center wavelength was red-shifted to 2868.9 nm while the FWHM was significantly reduced to 1.15 nm due to less Fourier spectral components required. Figure 5f shows the RF spectrum of the mode-locked pulses at a narrow scanning range of 1 MHz with a resolution bandwidth of 10 kHz. The measured repetition rate of 13.987 MHz matched well with the calculated effective cavity length (7.1 m gain fiber length and extra 0.2 m
The measured SNR of 56 dB indicated it was the stable mode-locking. The RF spectrum at a wide span from 0 MHz to 500 MHz is also shown in the inset of Fig. 5f. The smooth roll-off of the clean harmonic frequency components suggested no multiple pulse operation existed. Figure 6 shows the autocorrelation trace recorded by the digital oscilloscope yielding the FWHM of 13.3 ps. The observed side wing was resulted from the background noise on the detection system instead of optical signal. Assuming the trace approximated a sech² function, the mode-locked pulse duration was calculated to be 8.6 ps. It gave the time bandwidth product (TBP) of 1.366 indicating the mode-locked pulses were strongly chirped.

Discussion

In the above experiments, two fiber lasers with different cavity structures and gain fibers were designed to successfully obtain Q-switching and mode-locking, respectively using the same BP as the SA. Besides, another two relative experiments were also performed to illustrate the significant influence of intra-cavity pulse energy on the laser operation state. In the first experiment above, if the DM that has a reflection of 20% at 2.9 μm was introduced into the cavity as the OC while keeping the other arrangements unchanged, only Q-switching was gained just with a decreased slope efficiency as a result of less laser output. It indicated that the 20% feedback was not strong enough to compensate the low gain resulting from the Ho³⁺-doped fluoride fiber, therefore the intra-cavity pulse energy had a significant influence on the laser operation state.
energy still cannot reach the level capable of yielding mode-locking. In the second experiment above, once the DM as the OC was removed away from the cavity while perpendicularly cleaving the fiber end close to the pump (i.e., 4% Fresnel reflection acting as the feedback), the CWML was absent owing to the decreased intra-cavity pulse energy. These results suggested that intra-cavity pulse energy was indeed closely related to the laser temporal operation state. Furthermore, the long-term stability of BP induced pulse generation is also attractive. It is well known that BP is very hydrophilic and will interact with oxygen and water molecules if exposed to air. In our experiments, the pulsed fiber lasers operating in either Q-switching or mode-locking regime could be working stably within about 3 days which were mainly limited by the deterioration of the used BP. In the future, a series of infrared transparent organic materials (e.g., polymethyl methacrylates, polyvinyl acetate, etc.) would be used to mix with BP for improving its long-term stable performance.

**Conclusions.** In summary, we have successfully demonstrated the potential of BP in pulse generation in near 3 μm wavelength mid-infrared region. Based on the widely used LPE method, high quality BP material was fabricated and characterized by the way of Raman spectrum measurement, TEM, AFM. Moreover, its saturable absorption property was also investigated at 2 μm using the typical balanced twin-detector measurement method. The modulation depth of 41.2% and saturation peak intensity of 3.767 MW/cm² (or saturation pulse fluence of 15.821 μJ/cm²) were achieved. Using BP as the SA, the passively Q-switched singly Ho³⁺-doped fluoride fiber laser emitting at 2970.3 nm was constructed with the aid of 4% Fresnel reflection as the OC feedback. The maximum output power of 308.7 mW at a slope efficiency of 11.35% and single pulse fluence of 15.821 μJ/cm² were obtained. The achieved repetition rate and pulse duration were 62.5 kHz and 2.41 μs, respectively. While the passively mode-locked Ho³⁺/Pr³⁺ co-doped fluoride fiber laser centered at 2866.7 nm based on the same BP SA was also established using a dichroic mirror having 20% reflection as the OC. It gave the pulse duration of 8.6 ps at the repetition rate of 13.987 MHz. The achieved output power and pulse energy were 87.8 mW and 6.28 nJ, respectively. These results indicated that a same BP could lead to either Q-switching or mode-locking in different cavities while further extended the record wavelength of BP in pulse generation. In the future, more efforts would be deployed to investigate its potential at longer mid-infrared wavelengths.

**Methods**

**Fabrication of black phosphorus SA.** The layered BP in our experiments was fabricated using the cost-effective LEP method⁷¹. Firstly, the bulk BP (15 mg) purchased from Smart Element was added into the saturated NaOH/NMP solution (30 mL). Secondly, the mixture was put in a bath sonicator operated at 40 kHz frequency to be processed for 4 hours for exfoliation of the bulk BP. After the sonication step, the solution was centrifuged at 3000 rpm for 10 min to remove the large size BP. Then the supernatant was further centrifuged at 7000 rpm. Finally, the sediment (0.1 mL) of the second centrifugation step was deposited onto the center region of a commercial Au mirror (Thorlabs) and then put in an oven for drying 1 hour at the temperature of 60°C to achieve the free-space BP SA. Note the following characterizations including TEM, AFM and Raman spectrum measurement are all based on the used sediment.

**Nonlinear absorption measurement of black phosphorus.** A typical Z-scan scheme involving a balance twin-detector arrangement was designed to measure the nonlinear absorption of the BP with reduced measurement errors as shown in Fig. 7. The used source is an in-house 2 μm ultra-short fiber laser including a NPR-based soliton mode-locked Tm³⁺-doped ring oscillator seed and its corresponding MOPA system. Note that selecting the ultra-short laser in this case is to obtain a high peak power with a low pulse energy thus weakening pulsed thermal influence on measurement results. The relative performance parameters are also listed as following: repetition rate of 21.5 MHz, FWHM of ~1 nm, pulse duration of 4.2 ps, center wavelength of 2000.56 nm, signal-to-noise ratio (SNR) of ~60 dB. Its output power can be also adjusted continuously at the range of 0~200 mW by varying the pump power of the amplifier while the amplified soliton mode-locked pulses always
maintained at a high SNR of exceeding 50 dB. The output laser was firstly collimated using a standard objective lens and then split into two orthogonal beams by a 45° angle placed DM with respect to the incident beam (splitting ratio is 50:50 at 2μm). Here a 2μm bandpass filter was placed between them to remove the residual 793 nm pump. Then both beams were focused by two same plano-convex lenses with a focal length of 40 mm. For the left path, the power of the focused beam after passing through a fixed clean CaF2 substrate was monitored by a power meter detector (labeled as Detector 1) to act as the reference. For the right path, the as-prepared BP coated CaF2 substrate (note that its fabrication process was almost same as the BP coated Au mirror before including the amount of the used BP) was inserted in the light path while keeping its surface perpendicular to the focused beam axis. Besides the CaF2 substrate can be also translated along the beam axial direction by adjusting its connected linear motorized stage. Therefore the size of the laser beam spot on the BP can be varied continuously. Then another power meter detector (labeled as Detector 2) was used to record the power of the laser passing through the BP coated CaF2 substrate. In this experiment, the position corresponding to the minimum focused beam spot on the BP was firstly found by the means of monitoring power. Gradually increasing the laser output power, a series of powers extracted by both detectors were recorded. Upon dividing the Detector 2 recorded powers by the reference power (i.e., the Detector 1 recorded power), the nonlinear transmission curve can be achieved.

**Design of mid-infrared pulsed fiber lasers.** In our experiments, two laser systems with different gain fibers and cavities were designed to demonstrate the Q-switching and mode-locking, respectively based on the same BP SA. It is well known that, to achieve CWML without Q-switching instability, the following condition should be fulfilled72:

\[ E_p^2 > E_{sat,L} E_{sat,A} \Delta R \]

where \( E_p \) is the intra-cavity pulse energy, \( E_{sat,L} \) and \( E_{sat,A} \) are the saturation energies of the used fiber and SA, \( \Delta R \) is the modulation depth of the SA. It is observed that if CWML is required, larger intra-cavity pulse energy, smaller saturation energies for the used fiber and SA, and lower modulation depth for the SA are more preferred. On contrary, if this condition is broken, Q-switching is easier to be obtained. According to these criteria, the following fiber lasers were constructed.

![Figure 7. Experimental setup used for BP nonlinear absorption measurement.](image-url)
BP partially coated Au mirror (Thorlabs) which acted as both terminated feedback and SA. A high-precision three-dimension adjuster was used to mount the Au mirror to optimize its intra-cavity position.

In order to achieve CWML, the feedback and gain should be increased for larger intra-cavity pulse energy. The experimental setup of mode-locked laser is shown in Fig. 3b. The commercial double-cladding Ho<sup>3+</sup>/Pr<sup>3+</sup> co-doped fluoride fiber (Fiberlabs, Japan) was selected in this system. It has an octagonal pump core with a diameter of 125 μm and NA of 0.5 and a circular core with a diameter of 10 μm and NA of 0.2. The concentration of the Ho<sup>3+</sup> and Pr<sup>3+</sup> were 30,000 and 2500 ppm, respectively. The selected fiber length of 7.1 m provided >90% pump absorption efficiency. Note that the high gain of this fiber could give the high intra-cavity pulse energy at the same pump level which was helpful for the generation of CWML. Besides, another DM having a reflection of 20% at 2.9 μm was introduced acting as the OC. It improved the intra-cavity laser intensity by increasing the cavity feedback hence giving an increased tendency to gain CWML. Generally, higher cavity feedback induced higher intra-cavity pulse energy is helpful for achieving CWML, but will lead to the decay of the slope efficiency. For our system, 20% feedback can realize CWML, and thus higher cavity feedback at a sacrifice of the slope efficiency is not necessary. While the fiber end close to the pump was also cleaved at an angle of 8° to avoid the parasitic oscillation.

In the above experiments, the pulse trains were recorded using an InAs detector with a response time of ~2 ns connected to a 500 MHz digital oscilloscope. A monochromator with a resolution of 0.1 nm (Princeton research). An optical beam chopper (Advantest R3267) with an adjustable resolution from 10 Hz to 100 MHz was connected to the InAs detector to measure the RF spectrum hence achieving pulsed repetition rate and signal-to-noise ratio (SNR). The duration of the mode-locked pulse was measured using an-in-house intensity autocorrelator as shown in Fig. 8. The incident beam was firstly split into two beams by a 50:50 beam splitter and then directed onto the high-reflectivity (HR) mirrors 1 and 2, respectively. The reflected beams from the HR mirrors intersected again at the beam splitter and combined into an interfered beam which was then focused onto an InGaAs detector by a CaF<sub>2</sub> lens. Here, the two-photon absorption process in the InGaAs detector was used to generate and detect the autocorrelation signal. In this case, the HR mirror 1 was fixed while HR mirror 2 was mounted on a motorized translation stage to vary the temporal overlap of the reflected pulses from two HR mirrors. To prevent residual pump and room light from interfering with the measurement, a Ge filter was placed in front of the InGaAs detector. An optical beam chopper and lock-in amplifier were used to accurately measure the weak two-photon signal generated from the InGaAs detector. A digital oscilloscope was connected to the lock-in amplifier to record autocorrelation trace.

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Author Contributions
J.L. designed and H.L. performed the laser experiments, and both wrote most of the manuscript text. B.Z. carried out the data processing and analysis. R.L. prepared the figures and also contributed to the experimental descriptions. Z.G. contributed to material fabrication and characterizations. H.Z. provided the technical support and Y.L. supervised the project. All authors discussed the results and commented on the manuscript.

Additional Information
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