Host defense pathways against fungi: the basis for vaccines and immunotherapy

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INTRODUCTION

Fungal diseases are epidemiological hallmarks of distinct settings of at-risk patients, not only in terms of their underlying condition but in the spectrum of diseases they develop (Segal, 2009). Although fungi are responsible for pulmonary manifestations and cutaneous lesions in apparently immunocompetent individuals, their impact is most relevant in patients with severe immune dysfunction, in which they can cause severe, life-threatening forms of infection. As an increasing number of immunocompromised individuals resulting from intensive chemotherapy regimens, bone marrow or solid organ transplantation, and autoimmune diseases has been witnessed in the last decades, so has the incidence of fungal diseases (Segal, 2009). Therefore, fungal vaccination has been regarded as a particularly promising strategy in these groups of highly susceptible individuals. Indeed, the fact that a number of well-defined risk factors manifest before the onset of infection affords a window of opportunity to vaccinate. However, many challenges confront the development of fungal vaccines for humans. Among them, the insufficient understanding of the critical immune defects that predispose to pathogen-specific vulnerability in primary or secondary immunodeficient patients and the historical assumption that the immune system of these patients would not respond properly to strategies relying on immunological memory. However, it is noteworthy that the immunogenicity and efficacy of vaccines has been confirmed even in patients with profound lymphocyte defects, such as the case of human immunodeficiency virus (HIV)-infected patients (Klugman et al., 2003). However, a further degree of complexity has been recently provided by the acknowledgment that immune responses critically rely on individual genetic profiles (Carvalho et al., 2010). Hence, and despite the obvious advantages of “universal vaccine” strategies to address protection from fungi (Cassone and Rappuoli, 2010), immunogenetic-based approaches have also revealed the significant contribution of the host’s genetic background to efficient vaccine responses (Carvalho et al., 2012b), thereby suggesting that a more personalized approach would ultimately be of additional interest. The purpose of this review is therefore to present an update of concepts relevant for the design of ideal antifungal vaccines and the challenges faced in delivering them to specific target populations.

DECODING ANTIFUNGAL IMMUNITY INTO VACCINATION STRATEGIES

Although the global incidence of fungal diseases is currently rivaling those of many of the best known bacterial diseases, humans have coevolved with ubiquitous or commensal fungi in host–fungus relationships that for the most part are positive or neutral (Romani, 2011). This is illustrated by a number of cases, including that of Candida albicans, Pneumocystis jiroveci, and Malassezia spp., that live as benign commensals in one or more body locations in a majority of healthy individuals. As opportunistic pathogens, they are poised to overgrow cavities and penetrate tissue in response to alterations in host physiology that presumably compromises the complex mechanisms of immune adaptation that normally suppress their growth. Most fungi, however, such as Aspergillus fumigatus, Cryptococcus neoformans, and the thermally
dimorphic fungi (Histoplasma capsulatum, Blastomyces dermatitidis, Paracoccidioides brasiliensis, Coccidioides immitis, Penicillium marneffei, and Sporothrix schenckii) are found ubiquitously in nature and can cause a wide spectrum of diseases ranging from acute pulmonary manifestations and cutaneous lesions in immunocompetent individuals to allergic syndromes and severe life-threatening infections in patients with primary or secondary immune dysfunction.

It is now clear that the clinical manifestations of a given fungal disease depend, to a great extent, on the immune ability of the host (Casadevall and Pirofski, 2003; Romani, 2011). Indeed, the paradoxical association of fungal diseases with either deficient or hyper-reactive states of immune activation is closely related with the two types of defense mechanisms a host can use to increase its fitness when challenged with a pathogen: resistance and tolerance (Schneider and Ayres, 2008). Mechanisms of resistance delineate the host’s ability to limit the fungal growth by directly countering pathogens through recognition and elimination systems. Mechanisms of tolerance, however, regulate the self-harm that can be caused by an overactive immune response and other mechanisms not directly related to immune resistance. Given the different pathological and epidemiological effects these mechanisms may prompt, a further detailed understanding of the wide spectrum of host–pathogen interactions and immune responses will ultimately be paramount for the design of effective vaccination formulations affording comprehensive and durable protection to different fungi (Figure 1). The design of fungal vaccines is however not only constrained by the nature of the target populations, which may be genetically and immunologically different – not necessarily immunocompromised – but also by the dynamics of fungal diversity. Indeed, and even considering the premise that a fungal vaccine would be feasible even in patients with severe immune dysfunction (Spellberg, 2011), no examples can be cited up until today. Attempts at fungal vaccination have been restricted to pre-clinical research essentially because of safety concerns, as complex and ill-defined antigenic mixtures do not cope with present day safety restrictions. However, whole genome sequencing and proteomic approaches have made available most – if not all – fungal proteins, thereby allowing the selection of a discrete number of fungal antigens to test for protection. This has directed interest in subunit antigens, which however lack the natural adjuvant properties of whole-cell or live vaccines, and consequently optimal immunogenicity properties. In addition, the human microbiota and their role in programming human metabolism is currently emerging as a key component required for the definition of immune responses to fungi, in particular adaptive immunity (Littman and Pamer, 2011). Thus, the symbiotic relationship of the microbial species with the host requires a tuned response that prevents host damage while tolerating the presence of potentially beneficial microbes, meaning that the host and the fungus exert control over each other in a way that fungal commensalism ultimately benefits the host (Bonifazi et al., 2009). As a corollary, the shaping of intestinal and lung immune responses by microbiota to achieve protection to vaccines will likely become an area of intense research.

The growing understanding that fungal pathogens may thrive in regulatory environments has to be integrated within the protective immune responses developed in a context of vaccination. Although protective immunity may be accomplished by means of preventing regulatory T (T_reg) cell induction or function – as T_reg cells can indeed control the intensity of secondary responses to fungal infections (Cavassani et al., 2006; Deepe and Gibbons, 2008; Loures et al., 2009) – their presence upon secondary antigen exposure may prevent immunopathology in the context of vaccination and favor long-term memory (Romani and Puccetti, 2006; Bozza et al., 2009). This notion is crucially exemplified in infections spawned by the reactivation of latent commensal organisms, in which a vaccine candidate is expected to elicit protective memory responses in a T_reg-rich environment – that is, long-lasting sterilizing immunity through the generation of effector T cells is not needed here. This can be achieved by concurrently focusing on effector mechanisms of resistance as well as on manipulation of tolerance to restrain immunopathology. However straightforward this approach may sound, these mechanisms lie on a precarious balance that may differ with each fungal pathogen and even sites of infection. This demands for a fine prediction and definition of fungal antigens and adjuvants that trigger the most appropriate classes of resistance and tolerance mechanisms as well as the selection of sites for vaccination where their contribution to protective memory could be properly and most significantly achieved.

FUNGAL VACCINES: CHALLENGES AND PROMISES

A successful vaccination relies on the eliciting of pathogen-specific immune responses and consequent immunological memory that mediates long-term protection from infection or disease. A plethora of chemical and antigenic formulations has already been considered for active vaccination against all major fungal pathogens in pre-clinical models of infection (Table 1; Cassone, 2008) and it is well accepted nowadays that the immunogenic potential of fungal stimuli critically relies on their innate immune recognition, particularly by pattern recognition receptors (PRRs). The most well-known PRRs for fungi include Toll-like receptors (TLRs), C-type lectin receptors and the nucleotide binding domain leucine-rich repeat containing receptors which detect a vast array of fungal molecules or danger signals (Romani, 2011). In this regard, systems biology analyses of naive to effector to memory transition has revealed changes in expression of innate immune receptors to be one major early molecular signature upon vaccination (Pulendran et al., 2010).

Given the array of fungal ligands present at the cell surface, as well as those that become available to immune sensing upon processing of the fungus by phagocytic cells, it is now clear that vaccine-induced protection to attenuated fungal strains occurs through distinct PRRs and downstream signaling adapters (Wuthrich et al., 2011; De Luca et al., 2012). For instance, T helper (Th)17-induced acquisition of vaccine immunity to live attenuated strains of B. dermatitidis, H. capsulatum, and C. posadasii was found to require myeloid differentiation primary response gene 88 (MyD88) signaling (Wuthrich et al., 2011), whereas Th1-induced protection to A. fumigatus relied on TIR-domain-containing adapter inducing interferon-β (De Luca et al., 2012).
et al., 2012). Of interest, vaccination with purified *A. fumigatus* antigens was found to be dependent on the MyD88 pathway in the presence of the appropriate adjuvant (Carvalho et al., 2012b; De Luca et al., 2012), a finding pointing to the crucial role of adjuvants in promoting T cell differentiation along specific effector pathways. Thus, fungal innate sensing is one critical step in mounting immune responses eventually defining appropriate effector responses to maximize protection (Levitz and Golenbock, 2012). Moreover, given the intricacies of the complex innate immune signaling networks activated in response to fungal antigens (Romani, 2011), the use of individual PRRs or in combinations will have to be weighed in order to achieve the best vaccine-specific responses appropriate for each fungal pathogen.

The thorough dissection of mechanisms regulating the magnitude, quality, and persistence of vaccine-induced humoral and T cell dependent immunity will add to a more rational design of potentially useful vaccines (Pulendran and Ahmed, 2011). Examples of such approaches include the development of a novel vaccine platform consisting of hollow yeast-derived β-glucan particles that combine adjuvancity and high load antigen delivery to induce strong humoral and Th1- and Th17-biased T cell responses (Huang et al., 2010) and the glycoconjugate vaccines which elicit B-cell responses of increased potency by provision of immunogenic epitopes to CD4+ T cells (Torosantucci et al., 2005; Rachini et al., 2007; Xin et al., 2008; Bromuro et al., 2010). T cells are critical for protective immunity, as they monitor host cells for infection and mobilize appropriate effector functions, either by inducing cytokines and effector cytolytic molecules or by attracting professional phagocytes to the site of microbial deposition, where they activate their antimicrobial capacities. Although CD4+ Th1 cells have been historically considered the cornerstone of cell-mediated defense against intracellular fungi, CD8+ T cells have also been found to perform effector functions against these pathogens (Cutler et al., 2007). Indeed, in a mouse model of vaccination against blastomycosis, both the numbers and function of protective antifungal memory CD8+ T cells were maintained even in the absence of CD4+ T cell help (Nanjappa et al., 2012). In any case, Th1-mediated protection has been reported across nearly all clinically relevant fungal infections. For example, crude antigen preparations from *A. fumigatus* or recombinant fungal antigens alone (Diaz-Arevalo et al., 2011) or in conjunction with CpG oligonucleotides as adjuvants (Cenci et al., 2000; Ito et al., 2006; Bozza et al., 2009; Stuehler et al., 2011), mannosylated cryptococcal antigens (Lam et al., 2005), *B. dermatitidis* adhesin antigen (Wuthrich et al., 2003), heat shock protein 60 from *P. brasiliensis* (de Bastos Ascenco Soares et al., 2008) and *H. capsulatum* (Deepe and Gibbons, 2002) and the multivalent vaccines, comprised of complexes of protein antigens of *Coccidioides* spp., administered in combinations with adjuvants (Shubitz et al., 2006; Tarcha et al., 2006) have been associated with induction of strong Th1 responses.

The persistence of immunological memory and how it pertains to vaccination strategies is also a question of central importance. Memory T cells are derived from normal T cells that have learned how to overcome a pathogen by “remembering” the strategy used to defeat previous infections (Sallusto et al., 2010). In addition to central memory T cells present in secondary lymphoid organs which scrutinize the presence of remote pathogens via dendritic cells (DCs), effector memory T cells reside in peripheral non-lymphoid tissues such as the skin and mucosa. The latter
Table 1: Types of vaccines for fungal diseases and associated mechanisms of protection.

| Type of vaccines       | Fungal diseases          | Mechanism(s) of protection                        |
|------------------------|--------------------------|--------------------------------------------------|
| Whole cells and cell extracts | Candidiasis, Aspergillosis, Cryptococcosis, Blastomycosis, Histoplasmosis, Coccidioidomycosis, Paracoccidioidomycosis, Sporotrichosis | Antibodies; Th1/Th2/Th17 immunity; CD8+ T cells |
| Subunits and glycoconjugates | Candidiasis, Aspergillosis, Cryptococcosis, Blastomycosis, Histoplasmosis, Coccidioidomycosis, Paracoccidioidomycosis, Pneumocystosis | Antibodies; Th1/Th17/Treg immunity |
| DNA                    | Candidiasis, Coccidioidomycosis, Paracoccidioidomycosis, Pneumocystosis | Antibodies; Th1/Th2 immunity |
| Idiotypes and mimotopes | Candidiasis, Cryptococcosis | Antibodies |
| Antigen-pulsed dendritic cells | Candidiasis, Aspergillosis, Cryptococcosis, Coccidioidomycosis, Pneumocystosis | Antibodies; Th1 immunity |

are heterogeneous in terms of homing receptor expression and effector function and comprise the Th1, Th2, Th17, and Treg cell subsets, as well as Th22 cell subsets, as well as Th17 and cytotoxic T lymphocytes. Although Th1 and Th17 cells mediate vaccine-induced protection from fungal infection through a variety of antifungal effector mechanisms, Th22 cells are instead required for antifungal resistance at mucosal surfaces (De Luca et al., 2010). Memory CD8+ T cells are also induced in fungal infections (Nanjappa et al., 2012) and exhibit a pleiotropic activity by mediating protection via production of IFN-γ and cytolytic activity against fungus-laden cells or the fungus itself (Carvalho et al., 2012b; De Luca et al., 2012). As such, CD8+ T cells, especially if long-lasting, are regarded as ideal candidates for expansion at mucosal surfaces by vaccination strategies. The recent evidence proposing a role for metabolism (Pearce et al., 2009) and bioenergetic stability (van der Windt et al., 2012) in harnessing T cell memory opens up new perspectives on how epigenetic and environmental mechanisms modulate memory differentiation and quality, thus opening new avenues for vaccine development. Finally, additional subsets of T cells may also become important targets for new vaccines, such as the newly described invariant natural killer T cells that activate antifungal responses through the recognition of fungal cell wall β-1,3 glucans (Cohen et al., 2011).

ACTIVE VERSUS PASSIVE IMMUNOTHERAPY

Fungal vaccines are active immunotherapies in the sense they boost the immune system to specifically attack fungi, honing in on one or more specific fungal antigens (Carvalho et al., 2012a). Alternatively, passive immunotherapy strategies are comprised of laboratory-synthesized antibodies or other immune system components that are administered to patients. Thus, passive immunotherapies do not stimulate the immune system to “actively” respond to infection in the way a vaccine does. In this regard, a number of monoclonal human recombinant antibodies and their fragments have already been tested in experimental fungal infection (Table 1). Antifungal vaccines are known to exploit the redundancy in the immune system to afford protection through a multiplicity of mechanisms (Cutler et al., 2007; Cassone, 2008). Indeed, antibody responses are induced by most antifungal vaccines and antibody titer threshold may therefore predict vaccine efficacy and may serve as a vaccine surrogate marker even when the mechanism of protection is cell-mediated (Spellberg et al., 2008). Indeed, and even though protection against intracellular pathogens might be prevalently provided by CD4+ and CD8+ T cells, antibodies are now known to participate in all aspects of the immune response, globally contributing to the optimal function of T cell-mediated immunity (Casadevall and Pirofski, 2012). This also suggests that administering antibodies together with a vaccine may be potentially exploited to further enhance or modulate the immune response. Given that passive antibody administration has been deemed effective against fungal infection, it is now accepted that vaccine-mediated protection not only relies on the production and maintenance of specific antibodies, but also on their direct activity (Cutler et al., 2007; Cassone, 2008). This is the case of anti-β-glucan antibodies generated by immunization with laminarin, a β-glucan from algae, conjugated with a genetically detoxified diphtheria toxin (Bromuro et al., 2010) or antibodies generated through idiotypic vaccination (Maglani et al., 2005) that proved to be protective in passive vaccination experiments in different fungal infection settings by acting directly on fungal cells. Because of quantity restrictions, high cost, and the limited effectiveness inherent to a pure antibody approach, it is difficult to envisage antibody therapy against fungal infections in a near future. Indeed, the development of efungumab (Mycograb), a monoclonal recombinant antibody fragment against fungal HSP90 (Matthews et al., 2003) has recently been discontinued. This may have been related with concerns regarding specificity, affinity, and even isotype. For instance, different immunoglobulin G (IgG) subclasses with identical variable regions but different capacities to bind Fc receptors displayed distinct efficacy in terms of protection from cryptococcosis (Beenhouwer et al., 2007). In addition, given that immunocompromised patients may lack efficient effector functions, the use of antibodies that inhibit fungal growth or viability should be favored in these patients.

PATIENT-TAILORED VACCINATION: THE COMING OF AGE OF VACCINOMICS

The deciphering of the complexity of immune responses to vaccines demands for the integration of advanced immunology approaches, systems biology, immunogenetic profiling, and bioinformatics in the areas of pathogen biology, host biology,
and the interaction between the two. Vaccinomics is an emergent term in the field of vaccinology that encompasses the use of immunogenetics to the appreciation of mechanisms of heterogeneity in immune responses to vaccines (Poland and Oberg, 2010). A number of genetic variants in immune genes has already been disclosed as major determinants of the immune response to fungi (Carvalho et al., 2010) and are regarded as promising targets to exploit toward improved diagnosis and therapy of fungal diseases, particularly in immunocompromised patients (Cunha and Carvalho, 2012). A systematic evaluation of the functional impact of genetic variability in the immune system will pave the way to the discovery and interpretation of immunogenetic signatures and immune profiles that may be used to discriminate response efficiencies to antifungal vaccines. The recent finding that genetic deficiency of TLR3 was associated with susceptibility to invasive aspergillosis and concomitant failure to activate memory protective CD8+ T cells in allogeneic stem cell transplanted patients is one first example (Carvalho et al., 2012b). Given the high degree of complexity in human immune responses, overcoming the many challenges currently restraining accurate prediction of vaccine efficiencies has been recently proposed to rely on five state-of-the-art approaches (Kennedy and Poland, 2011). By using whole genome immunogenetics, next generation sequencing, cutting-edge “omics” techniques, advanced bioinformatics, and systems biology applied to immune profiling and vaccine responses, it may be possible to identify the best predictors of vaccine efficacy or adverse responses – predictive vaccinology – in each target population, thereby improving the management of these severe, often fatal diseases.

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