When faced with multiple potential movement options, individuals either reach directly to one of the options, or initiate a reach intermediate between the options. It remains unclear why people generate these two types of behaviors. Using the go-before-you-know task (commonly used to study behavior under choice uncertainty) in humans, we examined two key questions. First, do these two types of responses actually reflect distinct movement strategies? If so, the relative desirability (i.e., weighing the success likelihood vs the attainable reward) of the two target options would not need to be computed identically for direct and intermediate reaches. We showed that indeed, when reward and success likelihood differed between the two options, reach direction was preferentially biased toward different directions for direct versus intermediate reaches. Importantly, this suggests that the computation of subjective values depends on the choice of movement strategy. Second, what drives individual differences in how people respond under uncertainty? We found that risk/reward-seeking individuals tended to generate more intermediate reaches and were more responsive to changes in reward, suggesting these movements may reflect a strategy to maximize reward versus success. Together, these findings suggest that when faced with choice uncertainty, individuals adopt movement strategies consistent with their risk/reward attitude, preferentially biasing behavior toward exogenous rewards or endogenous success and consequently modulating the relative desirability of the available options.

Key words: decision making; intermediate movements; motor planning; reward; subjective value; uncertainty

When choosing between multiple options, individuals weigh the relative values of the options (i.e., how rewarding it is and how likely one is to successfully obtain that reward). Moreover, when the outcome is uncertain, individuals typically adopt one of two movement strategies: commit to an option immediately and reach directly for it, or hedge one’s bets by reaching intermediate between the options until more information can be obtained. Here we show that the relative values of the options are not fixed, but change depending on the selected movement strategy (direct or intermediate reaches). These strategies in turn are related to an individual’s tendency to be risk/reward-seeking. Thus, option values depend on how individuals choose to respond to uncertainty.

When selecting between multiple potential options, we plan our response by weighing all available options to maximize performance. When individuals must initiate their movement before the correct option can be identified, they respond in one of two distinct ways. First, individuals may commit to one of the options before movement onset, subsequently moving directly toward that option (i.e., a direct response). In contrast, individuals may generate a movement that initially lies partway...
between the available options (i.e., an intermediate response). One popular hypothesis for why intermediate movements are generated proposes that individuals prepare a motor plan to each of the potential options, and averaging between these plans (unintentional or otherwise) gives rise to intermediate movements (Cisek, 2007; Chapman et al., 2010; Gallivan et al., 2016, 2018; Enachescu et al., 2021). Under this averaging hypothesis there is no distinct motor plan to produce an intermediate response; instead, the intermediate “plan” is simply a weighted average of direct-response plans. In contrast, increasing evidence favors an alternative hypothesis that intermediate responses reflect a strategy to improve performance by delaying commitment to either option until more information can be attained, minimizing the expected cost of generating motor corrections (Hudson et al., 2007; Nashed et al., 2017; Wong and Haith, 2017; Dekleva et al., 2018; Alhussein and Smith, 2021; Onagawa and Kudo, 2021). Under this alternative hypothesis, an intermediate movement is deliberately planned as a strategic response to uncertainty.

Aside from deciding whether to generate a direct or an intermediate response, another important factor governing choices in the face of uncertain options is to weigh the relative desirability of the two options. In particular, prior research has demonstrated that individuals consider both the potential rewards available as well as the likelihood of the options (Teichert and Ferrera, 2010; Sugrue et al., 2004; Liston and Stone, 2008; Chapman et al., 2019). By reward, we mean an exogenous signal (in our case, money) conferred by the experimenter indicating correct behavior; by success likelihood, we mean the probability that the chosen action will be correct and result in an endogenous satisfaction signal. Both when choices are discrete (e.g., direct reaches or saccades) as well as when intermediate movements are generated, movements tend to be biased toward the more rewarding (Sugrue et al., 2004; Liston and Stone, 2008; Chapman et al., 2015) or likely (Liston and Stone, 2008; Chapman et al., 2010) option, reflecting an effort to maximize reward or success, respectively. Note, that reward and success likelihood can be manipulated independently, and can even be set in opposition. When both reward and success likelihood are unequal between the two options, behavior is ideally determined by comparing the expected values (i.e., reward times success likelihood) of the options (Teichert and Ferrera, 2010; Johnson and Ratcliff, 2014).

However, neuroeconomics reveals that individuals do not evaluate options according to their objective expected value, but according to their subjective value (utility; Kahneman and Tversky, 1979; Mongin, 1998; Glimcher and Rustichini, 2004). That is, individuals might preferentially weigh success likelihood or reward more heavily in their decisions, leading to choice biases even in cases where the options have equivalent expected values. Our first goal was therefore to examine whether reward and success likelihood contributed equally when determining the relative subjective values of the two reach options, as determined by a bias in reach direction when the objective value of the two targets was matched, and whether this bias was analogous for both direct and intermediate reaches.

Prior studies examining intermediate reaches have all focused their analyses at the group level. What is frequently not discussed is the fact that individuals often differ greatly in how they respond in these tasks, although every participant is presented with the exact same set of options. While some individuals preferentially generate intermediate responses, others produce only direct responses, and still others produce a mixture of both behaviors. No clear rationale has been proposed as to why, given the exact same set of options on every trial, different individuals will respond with different proportions of these two types of behaviors. Our second goal, therefore, was to examine whether we could explain differences in the degree to which individuals preferentially generate direct or intermediate movements.

To answer these questions, we asked participants to perform a go-before-you-know task in which they were required to initiate reaches toward targets without knowing which option was the correct choice. One target was more rewarding while the other was more likely to result in success. We evaluated the degree to which reward and success likelihood biased behavior for both direct and intermediate reaches. We also examined whether individual risk/reward attitude could explain behavior at the individual-subjects level. Together, these findings shed light on how individuals decide to move under uncertainty.

Materials and Methods
Sixty-nine right-handed adult neurotypical individuals were recruited for this study. Of those individuals, 24 participated in experiment 1 (age 18–40, average 26.0 ± 5.1; 17 female), 17 participated in experiment 2 (age 22–34, average 24.1 ± 2.8; 16 female), and 28 participated in experiment 3 (age 21–33, average 24.8 ± 2.4 years; 22 female). Of these 28 individuals in experiment 3, 19 participants reliably generated both direct and intermediate reaches in every condition (i.e., across the varying reward and frequency ratios) such that the relative weighting of frequency and reward could be estimated; the analyses here thus reflect the data from these 19 individuals. In contrast, in experiment 1, only 13 out of 24 participants reliably made both direct and intermediate reaches (i.e., at least 5% of each reach type) in every block, and in experiment 2, only 8 out of 17 participants reliably made both direct and intermediate reaches. Hence, data from these two experiments were analyzed at the population level. Sample sizes were chosen to be...
comparable to or greater than previous studies using a similar task (Chapman et al., 2010; Wong and Haith, 2017). All participants were naive to the purposes of this study, and provided written informed consent. Experimental methods were approved by the Albert Einstein Healthcare Network Institutional Review Board and participants were compensated for their participation as a fixed hourly payment ($12/h) plus the potential to earn an additional bonus (up to $6/h) based on performance in the task.

Participants made planar reaching movements while seated in a Kinarm Exoskeleton Lab (Kinarm). Hands, forearms, and upper arms were supported by the robot in troughs appropriately sized to each participant’s arms, and the linkage lengths of the robot were adjusted to match limb segment lengths for each participant to allow smooth motion at the elbow and shoulder. Vision of the arm was obstructed by a horizontal mirror, through which participants viewed a cursor (1-cm diameter) representing the position of the index finger and targets (2-cm diameter) displayed by an LCD monitor (60 Hz) in a veridical horizontal plane. Movement of the arm was recorded at 1000 Hz.

**Figure 1.** Methods for experiments 1 and 2. Participants completed a go-before-you-know task in which they observed two targets and were required to begin moving; only after they began their movement would the true target would be revealed. **A**, In experiment 1, one of the two target options could be correct more frequently, and the other target could result in more reward. Reward offers appeared explicitly on screen (e.g., 10 vs 5 cents, or a reward ratio of 2:1), the two targets were otherwise identical, and participants had to learn the frequency manipulation through experience. **B**, In experiment 2, target probability was modulated on each trial instead of blockwise frequency; target probability on the current trial was indicated by the color of the target (the degree of redness reflects the probability of being correct, e.g., 80% vs 20%). **C**, At each time point, the instantaneous hand direction (green) was computed relative to the direction required to be moving toward one of the two targets (blue, teal; the thick line represents the center of the target, and the shaded region represents the target width). The time at which the hand was heading directly toward one of the two target options (Tcommit, dashed green) was compared with the time when the correct target was revealed (Treveal, dashed black). If Tcommit occurred before Treveal the movement was classified as direct, otherwise it was classified as intermediate. This was estimated independently of when the initial reach direction was measured, which was always 100 ms into the reach (TreachDir, gray).

**Experiment 1**
Participants were asked to complete a “go before you know” task (Chapman et al., 2010; Wong and Haith, 2017) in which after a brief random delay (900 ± 600 ms) two potential targets (rings, 2-cm diameter) were presented 45° apart, 20 cm from a central starting position at the beginning of each trial (Fig. 1A). Participants were free to move any time after the targets appeared, and had 2500 ms from the time of target appearance to complete their reach by shooting through the target. Once participants began their movement (moved 4 cm from the starting position or exceeded a hand velocity of 0.1 m/s), the correct target (i.e., the one that had to be hit to earn a reward) was revealed by becoming solid in color and the distractor target disappeared. Participants were rewarded for hitting the correct target while maintaining a minimum hand velocity (0.3 m/s) without exceeding the vertical target distance from the starting position before hitting the target. Successful target interception resulted in a reward, the amount of which was determined according to an initial utility assay (see below for details). If participants moved too slowly, a “too slow” message was displayed at
the end of the trial and participants did not earn a reward for that trial.

Each target was associated with a reward and a success likelihood, which varied per block. Monetary rewards were set as ratios of 1:1, 2:1, 5:1, and 10:1, and the reward amount assigned to each target in cents was displayed to the participant on every trial (Fig. 1A). Each target was also associated with a success likelihood according to the relative frequency with which that target was correct in each block; frequency ratios were 1:1, 2:1, 5:1, and 10:1. Participants were not informed that the targets would vary in frequency, but could learn these frequencies through experience. In all cases, the more rewarding target was always the less frequent target. Therefore, within a single block, the more rewarding target always appeared on the same side; the more-rewarding (lower-frequency) target side was counterbalanced across blocks and participants. Since target frequencies were learned by experience, participants always completed all blocks in the same order: increasing reward ratios at a frequency ratio of 1:1, followed by increasing reward ratios at a frequency of 2:1, etc. Because target frequencies varied between blocks, blocks consisted of 30–44 trials each. At the end of the session, participants were paid a fraction of the total rewards earned throughout these blocks, and thus were encouraged to treat all trials as if they would actually earn the reward offered for hitting the correct target.

Before this session, participants completed a utility test (Fig. 2B). Since not all people value fixed monetary amounts to the same extent, in experiments 1 and 2 an effort was made to equate reward utility across participants such that all individuals would be similarly motivated by the individual target rewards. To do so, participants completed a pretest in which on each trial they indicated with a button press whether they preferred a sure bet or a 50/50 gamble. Participants had to choose which they would prefer; to have the fixed amount of money or take a gamble and win either of the two amounts depending on the outcome of a fair coin flip. Participants were not informed of the outcomes of their choices until the end of the block, where they saw a total score reflecting the sum of all their choices. Hence, success or failure of the gamble option did not impact the decision on the next trial. Participants received a fraction of the total earned as part of their final monetary compensation; thus, they were instructed to treat each trial as if they would actually earn the outcome of that trial. Immediately following this test, we estimated the likelihood of choosing a fixed amount versus the expected outcome of the gamble for each presented pair of options, and using a linear fit, estimated the fixed value for which the participant was equally likely to choose that fixed value versus a gamble with an expected outcome of 10 cents (i.e., the subjective point of equivalence). If the estimated value was <5 or >20 cents, we adjusted the value to be within this range to avoid offering excessively large or small reward values to participants. This monetary value was then set to be the base reward value in the go-before-you-know experiment above from which all the reward offers were computed (as multiples of the base reward value). The exact same Utility test was administered for each participant at the start of all three experiments. Code to run this experiment is available on our lab GitHub page (https://github.com/CML-lab/KINARM_GBYK_RwdFreq and https://github.com/CML-lab/Utility_Task_cpp).

**Experiment 2**

Experiment 2 was identical to experiment 1 except that instead of varying the frequency associated with each
target, we varied the target probability on a trial-by-trial basis (such that there was an equal long-run success likelihood of the right or left target being correct and the blockwise expected value of the two targets was equal, but on a particular trial each target was explicitly associated with a particular probability of being correct). Participants were informed of these probability ratios based on the appearance of the target; targets consisted of 2-cm squares divided into a checkerboard pattern, where the ratio of randomly chosen red to blue pixels in the target represented the target probability of being correct (Fig. 1B). Target probabilities could be 50:50, 70:30, or 80:20; 20 trials at each probability ratio were randomly intermixed within a single block for a total of 60 trials each. Reward ratios could be either 1:1, 2:1, or 5:1; each block contained a single reward ratio for every trial, with all participants experiencing reward ratios that increased throughout the experiment to minimize any potential biases because of moving from high-reward-ratio to low-reward-ratio trials. To ensure participants had sufficient time to observe the stimuli (probabilities and rewards available), the targets and reward values appeared 900 ± 300 ms before a go tone indicating that the reaching movement could begin. As above, a Utility test was performed and the result was used to set the base reward value on an individual-subject basis. Code to run this experiment is available on our lab GitHub page (https://github.com/CML-lab/KINARM_GBYK_RwdProb).

**Experiment 3**

Unlike the first two experiments, experiment 3 presented individuals with five targets at the start of each trial: a near pair of circular targets 90° apart and 10 cm from the start position (7.07 cm in depth), a rectangular box spanning 46° across the vertical midline and 7.07 cm from the start position in depth (i.e., in line horizontally with the near targets), and a far pair of targets located 45° apart and 15 cm from the start position (13.86 cm in depth; Fig. 2A). Thus, in this experiment, participants were presented with two explicit choices; they could either directly reach for one of the two targets closest to the start position, or they could pass through the rectangle on their way to the far targets (representing an explicit “intermediate” option). If participants reached toward one of the near targets, the targets remained on screen unchanged until one was hit, after which they received feedback on whether they hit the correct or incorrect target. In contrast, when participants passed through the rectangle, the closest pair of targets vanished as well as the incorrect far target, leaving only the correct far target visible toward which participants could steer their reach. To give participants time to assess the greater complexity of the visual display, participants were required to view the screen for at least 2 s before a tone sounded to indicate participants could begin moving.

The two targets on a given side of the midline were yoked together, such that the “correct” target was either the two targets on the right or the two targets on the left. That is, participants primarily had to choose whether to aim rightward or leftward. Participants were informed of this relationship between the targets. As in experiment 1, correct targets appeared with differing frequencies in each block (with fixed frequency ratios of 1:1, 2:1, and 4:1); the side of the more frequent target differed across blocks within an individual, and was counterbalanced across participants. In addition, the reward ratio of the two near targets was the same as the reward ratio of the two far targets, in ratios of 1:1, 2:1, and 4:1. However, the pair of targets closer to the start position were worth anywhere from one to four times as much as the two targets farther from the start position. Thus, when the near targets were worth four times the value of the far targets, a direct reach strategy was implicitly encouraged; when the near targets were worth the same value as the far targets, an intermediate reach strategy was implicitly encouraged. The reward values of the four targets were explicitly written on the screen. Reward values (in cents) were fixed for all participants such that each participant saw the exact same reward values throughout the experiment (i.e., reward values were not adjusted in response to risk/reward attitude), with a base value of 5 cents (e.g., greatest reward offered was 5 × 4 × 4 = 80 cents). The more rewarding side was counterbalanced across blocks such that participants could not predict from one block to the next which side would offer more reward or be more frequently correct. The overall result of this experimental design was to encourage individuals to generate both intermediate and direct reaches regardless of the exact target reward and frequency, moreover, we were able to explicitly identify reaches that were “direct” versus “intermediate” without resorting to model fitting or assumptions in the analysis (see below). A Utility test was conducted (Fig. 2B), but the outcome of this test was not used to set the reward values during the session; instead, this test was used to estimate risk/reward sensitivity (see below). Code to run this experiment is available on our lab GitHub page (https://github.com/CML-lab/KINARM_GBYK_DiscreteChoice).

**Data analysis**

Reaches were analyzed offline using programs written in MATLAB (The MathWorks). Data and analysis code are available at https://osf.io/jn79v/. Movement onset was identified according to a velocity criterion (tangential velocity > 0.05 m/s in experiments 1 and 2, 0.02 m/s in experiment 3), and verified by visual inspection. Since experiment 3 did not require post hoc classification of reaches as direct or intermediate, we allowed our algorithm to be more liberal in identifying movement onset as a time earlier during the reach. Regardless of the method used to identify movement onset, the initial reach direction was determined as the direction of the velocity vector 100 ms after movement onset. In experiment 1, reaches were excluded from further analysis if the initial reach direction was > 45° away from the midline or the reach was not completed in 1000 ms from target appearance; this led to a median of 6.8% reaches being removed for each participant. In experiment 2, reaches were excluded if the initial reach direction was > 45° away from the midline or the reach was not completed in 1000 ms from target appearance; this led to a median of 6.8% reaches being removed for each participant. In experiment 3, reaches were excluded if the initial reach direction was > 45° away from the midline or
the reach was not completed in 650 ms after the go tone (unlike experiment 1, during this experiment, we restricted participant’s movement time rather than the total time from target appearance); this led to a median of 11.4% of reaches removed. For experiment 3, reaches were excluded if they were >75° away from the midline (to account for potential avoidance of the center rectangle by reaching even farther from the midline than strictly necessary), the reach was not completed in 2500 ms (to account for longer movement times on intermediate reaches), or if the trial was incomplete; this led to a median of 10.5% of reaches removed.

In experiments 1 and 2, reaches were classified as “direct” or “intermediate” according to a time criterion. At each time point (i.e., data sample) during the reach from movement onset to the time the hand stopped moving, we calculated for each target the instantaneous target direction as the direction in which the hand would need to move, given its current position, to be heading directly toward the target (also accounting for the width of the target; see Fig. 1C). We also computed the instantaneous reach direction of the hand at each time point as the direction of the velocity vector (i.e., the tangent of the direction vector) at that time. By combining these two calculations, we were able to identify the time at which individuals first committed to reaching toward one of the two targets (Tcommit) as the time when the reach direction was equal to the instantaneous target direction. We noted whether Tcommit occurred before or after the time that the true target was revealed (plus an additional 60 ms to account for delays between when the command was sent to modify the display and when individuals might actually perceive the display changing; Treveal). If Tcommit occurred before Treveal, we considered this to be a “direct” reach; otherwise, the reach was classified as “intermediate.” Note that because of trial-to-trial variability in instantaneous hand velocity during the reach, this classification approach had no relationship to when the initial reach direction was determined, which was always measured a fixed 100 ms into the reach.

For experiment 3, reaches were explicitly identified as direct or intermediate depending on which target the reach first intercepted. Whenever a reach intercepted the rectangle, it was classified as intermediate, otherwise it was considered a direct reach. Because of the way the task was programmed, it was not possible for individuals to intercept both the rectangle and one of the near targets; hitting the rectangle caused the near targets to disappear leaving only the far targets as viable options, while hitting one of the near targets (or missing both near targets and the rectangle) caused the trial to end.

Classification of reaches (whether by a temporal criterion or direct examination) resulted in two reach-direction distributions: a bimodal distribution of reaches aimed directly to the two targets, and a unimodal distribution of reaches aimed intermediate between the two targets. For experiments 1 and 2, because of idiosyncratic behavior across individuals, reach directions across all individuals were pooled before analysis. Reach-direction distributions were analyzed separately by fitting a bimodal or unimodal Gaussian using the built-in fitgmdist and the fitdist functions in MATLAB, respectively. Variance associated with the fit parameters was estimated using a bootstrap approach in which Gaussians were fit to a randomly selected subset of 75% of the participants, and this subsampling was repeated 1000 times to estimate distributions for each of the fit parameters. Iterations were removed when one or more fits did not return valid parameters, or when by random chance insufficient numbers of direct or intermediate trials were available to fit. Of particular interest were the ratio of the two modes of the bimodal distribution (Dchoice), which reflects the relative frequency with which individuals chose the higher-rewarded but less-likely target on direct reaches, and the shift of the mean of the unimodal distribution away from zero (Ibias), which reflects a bias in the initial reach direction toward the higher-rewarded but less-likely target for intermediate reaches.

Separately for direct and intermediate reaches, the effect of reward and success likelihood on reach-direction biases were estimated by fitting linear regressions to the parameter estimates (Dchoice or Ibias, respectively) when the success likelihood or reward ratio of the two targets was 1:1, respectively. These regressions estimate how reward or success likelihood independently modulated reach direction. These regressions were used to estimate the expected Dchoice or Ibias values for the cases when both reward and success likelihood were different between the two targets. In general, the Dchoice or Ibias values calculated from an equal weighting (average) of reward and success likelihood effects were not observed to fit the actual data well (based on visual inspection). Thus, to identify the best relative weighting of reward and success likelihood information that could explain the behavioral data, we searched for the weighted sum of independent reward and success likelihood effects that best predicted the bootstrapped Dchoice or Ibias values for each bootstrap iteration. These weights represented the relative contributions of reward and success likelihood information influencing reach direction, for direct or intermediate reaches, respectively. In all cases, values are reported as mean ± SD, unless otherwise noted to be reporting the SEM. Weight distributions were compared with 0.5 (equal weighting) using t tests, and to each other using a Kolmogorov–Smirnov test.

For experiment 3, because the task was designed to encourage both direct and intermediate reaches regardless of the combination of reward and success likelihood, data were analyzed at the individual-participant level in a within-subjects analysis. For direct reaches, we computed Dchoice as the proportion of reaches aimed at the more rewarding target over the total number of successfully completed reaches. For intermediate reaches, Ibias was estimated as the mean reach direction on intermediate reaches. As in experiments 1 and 2, we used regressions to estimate the influence of reward or success likelihood alone on Dchoice or Ibias when only one factor was changing; then we computed the weighted sum of the influence of reward and success likelihood that best explained the data in the cases when reward and success
likelihood for the two targets were different. If reward and success likelihood exerted the same influence on direct and intermediate reaches, we would expect the relative reward and success likelihood weights to be similar for these two types of reaches. We compared the similarity of these weights for direct and intermediate reaches using a paired t test and examined their correlation using linear regression.

The proportion of intermediate reaches generated by each individual was calculated by counting the fraction of intermediate reaches produced in each condition, then taking the average. The degree to which the relative reward values of the near to far targets modulated the proportion of intermediate reaches was measured by finding, for a given ratio of near-target reward to far-target reward within each condition, the difference in the proportion of intermediate versus direct reaches. Then a regression was fit to examine the relationship between the near-to-far reward ratio and the difference in intermediate to direct reaches across all conditions. The slope of this regression was taken as an estimate of an individual’s sensitivity to the near-to-far reward ratio manipulation: steeper slopes (more positive values) indicated individuals who produced more direct compared with intermediate reaches when the near targets were more rewarding than the far targets, compared with when the near and far targets were equally rewarding.

Risk/reward attitude was examined in experiment 3 using data from the Utility test. For each participant, the choice (coded as 1 if choosing the gamble and 0 if choosing the sure bet) was plotted against the reward difference (the expected value of the gamble minus the value of the sure bet) on that trial (Fig. 2C). Then, a psychometric curve was fit to the data, and the indifference point was estimated as the point where the curve crossed 0.5 (i.e., an equal chance of choosing the gamble vs the sure bet). Larger indifference points reflect a more risk-averse (requiring a larger difference between the expected value of the gamble and the value of the sure bet to choose the gamble) and less reward-seeking (favoring the sure bet despite the greater potential reward to be earned by choosing the gamble) attitude. We examined the correlation between the proportion of intermediate reaches or the near-to-far reward sensitivity and individual risk/reward attitude.

Finally, reach accuracy was examined by measuring endpoint error, or the minimum absolute Euclidian distance between the correct target and the hand. Since reaches that were directed toward the incorrect target would skew the estimate of reach accuracy, all reaches made to the incorrect target (determined as trials when the endpoint error to the incorrect target was smaller than the endpoint error to the correct target) were first identified as target choice errors; then, the remaining reaches were classified as hits (the hand cursor intersected the target, or when the hand was \( \leq 1.5 \text{ cm from the target center} \)) or motor errors. We computed the proportion of total motor errors and choice errors separately for both intermediate and direct reaches, and asked whether the difference in the proportion of motor errors and choice errors were related to either the proportion of intermediate movements that people generated, or to the relative success-likelihood/reward weighting for direct or intermediate reaches, by fitting linear models in R using the Im() function.

**Results**

**Frequency and reward bias behavior to different extents**

In experiment 1, participants completed a go-before-you-know task in which participants were presented with two potential targets and were required to initiate a reach before the correct target was revealed (Chapman et al., 2010; Wong and Haith, 2017). Each target was assigned a particular frequency (success likelihood) and reward value (Fig. 1A), with the exact frequency or reward varying across blocks. In response to these choice options, participants as a group generated a mixture of direct and intermediate reaches in all conditions. Gaussian distributions (bimodal for direct reaches and unimodal for intermediate reaches) were fit to the data to estimate reaching biases exhibited in each condition (Fig. 3). Because not every participant generated both direct and intermediate reaches in every condition, we used bootstrapping to estimate the relationship between the biases induced by varying reward and frequency for direct versus intermediate reaches (see Materials and Methods).

In general, participants changed their reach biases as the relative frequencies and rewards of the two targets were modulated. For direct reaches, if the frequency of the two targets was equal (Fig. 4A, top panel), participants tended to make proportionally more reaches toward the target with the larger reward. This effect increased as the reward ratio of the two targets increased (slope = 0.01 ± 0.0038 SD). Likewise, if the two targets were rewarded equally (Fig. 4A, left panel), participants tended to make proportionally more reaches toward the target that was more frequently revealed to be the correct target, and this effect increased with the frequency ratio (slope = −0.04 ± 0.0041 SD). For intermediate reaches (Fig. 4B), a similar trend emerged although it was more difficult to detect by eye. Under conditions when the frequency of the two targets was equal (Fig. 4B, top panel), participants tended to exhibit initial reach directions that became increasingly biased toward the more rewarding target as the reward ratio increased (slope = 0.12 ± 0.10). When the rewards assigned to the two targets were equal (Fig. 4B, left panel), participants tended to reach in a direction that was biased toward the more frequent target particularly as the frequency ratio increased (slope = −0.37 ± 0.082).

Based on these effects of frequency and reward alone, we predicted how reaches would be biased when the effects of reward and frequency opposed each other. Specifically, the regressions above provided estimates of the relationship between frequency ratio and reach bias, and the relationship between reward ratio and reach bias. We then asked whether a (weighted) linear combination of
Figure 3. Reach-direction histograms for experiment 1. Initial reach direction for direct (blue bars) and intermediate (green bars) reaches (data pooled across all participants), with varying reward and frequency ratios. In all cases, the data have been aligned such that reaches to the more rewarded target are in the positive direction (rightward), and reaches to the more frequent target are in the negative direction (leftward). As the relative reward ratio increases (left to right), reaches are biased toward the more rewarded target. Likewise, as the relative frequency ratio increases (top to bottom), reaches are biased toward the more likely target. Fits reflect the average distribution parameters from bootstrapped fits to subsets of the pooled group distributions.

Figure 4. Estimation of biases in experiment 1. For direct reaches (A) and intermediate reaches (B), the effect of changing reward (top) or frequency (left side) alone was fit by a linear regression. These regressions were then used to predict the reach direction bias observed when both reward and frequency were changing (3 small panels; dashed arrows illustrate the estimation for one condition). Weighting the influence of frequency and reward unequally best explained the data (compare the red lines reflecting the best weighting of frequency and reward to the blue lines reflecting an equal weighting of frequency and reward). These weights indicated a much stronger influence of frequency compared with reward for direct reaches, but these factors were weighted differently for intermediate reaches.
these effects could explain the observed bias when frequency and reward both varied (see Materials and Methods). We found that rather than weighting frequency and reward equally, we could explain the observed biases best when the relative influences (weightings) of reward and frequency were allowed to be unequal (where the reward weight equaled one minus the frequency weight; Fig. 4A,B). For direct reaches, the best predictions were obtained if the influence of frequency on reach-direction bias was nearly twice that of reward (weight of frequency, 0.66 ± 0.11 SD; significantly different from 0.5, *t*(999) = 44.90, *p* = 8.21e-242).

In contrast, for intermediate reaches, we observed the best predictions when reward was weighted slightly more than frequency [weight of frequency, 0.43 ± 0.08 (SD); significantly different from 0.5, *t*(999) = -25.88, *p* = 1.93e-242]. Overall, the weighting of frequency over reward was significantly greater for direct versus intermediate movements (weight difference = 0.23 ± 0.11 SD; paired *t* test, *t*(999) = 64.47, *p* = 0.00; Kolmogorov–Smirnov test, *p* = 1.99e-272; Fig. 5A). These results agree with a second approach borrowed from neuroeconomics in which we assumed that the bias arose from a comparison of the relative subjective values of the two targets (see Extended Data Fig. 5-1). Such an analysis revealed that reward information was discounted more when estimating subjective value for direct reaches compared with intermediate reaches, consistent with the increased weighting of reward for intermediate reaches as observed above.

**Prospective probability biases behavior analogously to frequency**

One concern with modulating target frequency is that participants had to learn the relative frequencies between the two targets in order for that information to modulate behavior. Although the data suggest that varying the relative target frequencies did indeed change how people biased their responses, it is possible that participants did not notice the frequency manipulation and thus the biases observed were not actually representative of what happens when people consider the relative success likelihood of the options in their decisions. In addition, developing a frequency bias meant that for a given individual there was no way to counterbalance the more frequent target within a block; thus, there may have been idiosyncratic preferences, use-dependent repetition effects, or unintentional biomechanical biases unrelated to the frequency manipulation that influenced behavior. To address these concerns, we conducted a second experiment in which participants were explicitly shown the probability of the two targets alongside the reward values (Fig. 1B); each trial had no dependence on the previous one, and all reward and prospective-probability combinations were counterbalanced such that no target appeared more frequently within a block.

Despite these changes, on average participants exhibited analogous behavior to that of experiment 1 (see Extended Data Fig. 5-2). As before, bootstrapping was used to examine the relationship between direct and intermediate movement biases arising from varying target reward and success-likelihood ratios. For direct reaches (Extended Data Fig. 5-3A), we again observed a bias in the proportion of reaches aimed to the more rewarding target because of the reward ratio (slope = 0.009 ± 0.021 SD) and a bias in the proportion of reaches aimed to the more probable target because of the probability ratio (slope = -0.11 ± 0.010 SD). For intermediate reaches (Extended Data Fig. 5-3B), we also observed a bias in the initial reach direction because of the reward ratio (slope = 0.093 ± 0.23 SD) and a bias in the reach direction because of the probability ratio (slope = -0.45 ± 0.39 SD).

In attempting to predict the relative influence of probability and reward, we observed that as with experiment 1,
direct reaches tended to be more strongly influenced by probability information compared with reward information [weight of probability, 0.76 ± 0.08 (SD); t(769) = 85.27, p = 0.00]. Intermediate reaches were also biased by probability more than reward [weight of probability, 0.55 ± 0.24 (SD), t(769) = 5.68, p = 1.93e-08], although as before the influence of probability was significantly greater for direct reaches compared with intermediate reaches (paired t test, t(769) = 23.67, p = 1.71e-93; Kolmogorov–Smirnov test, p = 3.3902e-101; Fig. 5B). These results closely resemble those observed in experiment 1, replicating our prior findings that success likelihood and reward information are weighed to different extents in direct and intermediate reaches. This suggests that direct and intermediate reaches reflect qualitatively different aspects of behavior.

Risk/reward-seeking attitude modulates behavioral biases

In experiments 1 and 2 (and historically in the literature), analyses were performed at the group level. This is largely because individual participants are idiosyncratic in their behavior: even in cases where the reward and success likelihood of the two targets are balanced, some participants produce only intermediate reaches, some produce only direct reaches, and some produce a mixture of both. Such variable responses make it challenging to directly compare behavior in direct and intermediate reaches within a single subject. Moreover, it is not clear what may be driving an individual’s particular choice of movement strategy. To investigate these questions, we designed a new experiment that encouraged individuals to generate a mixture of direct and intermediate reaches in every condition (Fig. 2A). Specifically, we gave participants an explicit “intermediate” movement option on each trial, and modulated the relative rewards on offer between the targets.

Figure 6. Average reach-direction histograms for experiment 3. For each condition, individual histograms were generated for each participant and then averaged. Bar height reflects the proportion of total reaches aimed in a particular direction (bins of 5°) for a given individual in that condition; error bars reflect SEM across participants. Data were labeled according to whether individuals intercepted the rectangular “intermediate” target to hit the far targets (green bars), or reached to one of the near “direct” targets (blue bars). As in Figure 3, data were sorted such that the positive reach directions were in the direction of the more rewarded target, while negative reach directions were in the direction of the more frequent target. As the relative reward ratio increased (left to right), reaches were biased toward the more rewarded target. Likewise, as the relative frequency ratio increased (top to bottom), reaches were biased toward the more likely target. The skew in the direct-reach distributions likely arose because the intermediate “box” option was quite wide and participants had to avoid hitting it when making a direct reach.

Figure 7. Comparison of individual likelihood-reward weight estimates for direct and intermediate reaches. As before, weights differed for direct and intermediate reaches, with no apparent systematic relationship evident. A parameter recovery analysis (Extended Data Fig. 7-1) suggests that this lack of correlation is likely not a result of the analysis method used to estimate these weights.
direct and intermediate choices to increase the chances of generating a particular type of response on a given trial (Fig. 2A; see Materials and Methods). This enabled us to estimate the relative weighting of frequency and reward on an individual-subject basis (Figs. 6, 7). Visual inspection revealed that individuals exhibited similar trends as observed in experiments 1 and 2: an increasing bias toward the more rewarded target as the reward ratio increased, and an increasing bias toward the more frequent target as the frequency ratio increased.

For each participant, we estimated the relative influence of the frequency and reward ratios on reach-direction biases, for both direct and intermediate reaches (Fig. 7). Across participants, frequency and reward influenced behavior to an unequal extent for direct reaches (weight of frequency, 0.25 ± 0.23 SD; \( t_{(18)} = -4.70, p < 0.001 \), but not for intermediate reaches (weight of frequency, 0.46 ± 0.31 SD; \( t_{(18)} = -0.52, p = 0.61 \)). More importantly, the relative influence (weight) of frequency and reward for direct and intermediate reaches was significantly different from each other (paired \( t \) test, \( t_{(18)} = -2.72, p = 0.014 \)). However, the relationship between these weights was not systematic across individuals (no correlation between the weights for direct and intermediate reaches, \( r^2 = 0.053, p = 0.35 \)). This lack of relationship between the weights estimated for direct and intermediate reaches was unlikely to be an artifact of the analysis method, as suggested by a parameter recovery analysis (see Extended Data Fig. 7-1).

Next, each individual’s risk/reward attitude was assessed to examine whether that could explain observed individual differences in behavior (Fig. 2B,C). We noted one outlier who exhibited unusually strong risk-seeking behavior; to ensure that this person did not skew our findings we removed this individual from further analysis. We then asked whether risk/reward attitude might relate to the proportion of direct or intermediate reaches generated (Fig. 8A). We observed that individuals who were more risk/reward-averse tended to generate fewer intermediate (i.e., more direct) movements on average across all conditions (Pearson \( r_{(16)} = -0.47, p = 0.05 \); Spearman \( \rho_{(16)} = -0.44, p = 0.07 \)). Relatively, we asked whether risk/reward attitude reflected an individual’s sensitivity to respond to the near-to-far reward manipulation. We noted that individuals who were more risk/reward-averse tended not to modulate their behavior as much in response to the near-to-far reward ratio (i.e., exhibited a smaller shift between making intermediate to direct reaches) as the near targets became relatively more rewarding compared with the far targets (Pearson \( r_{(18)} = -0.66, p = 0.003 \); Spearman \( \rho_{(18)} = -0.40, p = 0.10 \); Fig. 8B). Although these two effects were somewhat weak (i.e., nonsignificant Spearman correlations), together they suggested that risk/reward-averse individuals may be more likely to favor an intermediate-movement strategy.

Although the majority of our analyses were focused on the initial reach direction, the degree to which individuals failed to hit the correct target likely influenced behavior in this task. Individuals could miss targets for two reasons: they could choose the wrong target, or they could choose the correct target but still fail to earn the reward if they exhibited poor motor acuity. Previous work suggests that these two reasons for failure are dissociable in updating future choices (Green et al., 2010; Parvin et al., 2018; McDougle et al., 2019). To examine the effect of motor errors versus choice errors in our task, we asked whether these factors and risk/reward attitude related to the average behavior during this task.

We found that when individuals made a greater fraction of choice errors during intermediate compared with direct reaches, they tended to favor making direct reaches (\( \beta = -1.29 ± 0.57, t_{(12)} = -2.24, p = 0.044 \)); moreover, there was a significant interaction between choice errors and risk/reward attitude (\( \beta = 0.14 ± 0.06, t_{(12)} = 2.40, p = 0.033 \), suggesting that incorrect choices have a smaller effect on behavior as people become more risk/reward averse. Although motor errors also tended to have similar effects on behavior, neither the main effect (\( \beta = -1.71 ± 0.85, t_{(12)} = 2.02, p = 0.07 \)) nor the interaction with risk/reward attitude (\( \beta = 0.16 ± 0.16, t_{(12)} = 0.99, p = 0.34 \)) were significant.

We also asked whether motor and choice errors were related to the relative weighting of success likelihood and reward for direct and intermediate reaches separately. We observed a significant relationship between choice errors and the success-likelihood/reward weights for direct reaches (\( \beta = 2.11 ± 0.84, t_{(10)} = 2.52, p = 0.02 \)) but not for intermediate reaches (\( \beta = -0.34 ± 0.19, t_{(15)} = -0.25, p = 0.81 \). Again, motor errors had no effect on either set of weights (\( p > 0.12 \)), nor did the two types of errors interact (\( p > 0.14 \)). This makes sense since direct reaches involved committing to a target before movement onset with no opportunity to change that decision mid-flight, and thus were more likely to depend on choice-success information (e.g., success likelihood and choice errors). These findings thus suggest that the initial reach direction in this task is primarily driven by choice errors rather than motor errors, and that errors largely affect behavior on direct but not intermediate reaches.
Together, the findings from experiment 3, taken along- side the results from experiments 1 and 2 showing that intermediate movements were more strongly biased by reward compared with direct movements, suggest that intermediate and direct movements may represent attempts to maximize reward versus success, respectively, and this behavior may reflect the degree to which an individual is risk/reward-seeking.

Discussion

This study examined two key questions regarding how people respond when faced with multiple potential options. The first question asked how individuals weigh reward and success-likelihood information (i.e., exogenous and endogenous rewards) in determining the relative desirability of each option, and whether any preference biases that arose would be analogous for both direct and intermediate reaches. We showed that the decision biases induced by varying the desirability of the two targets were not analogous for direct and intermediate reaches. Specifically, at least for experiments 1 and 2, direct reaches were primarily influenced by target likelihood while intermediate reaches were more influenced by reward. Moreover, the degree to which individuals responded to choice errors in this task also differed between direct and intermediate reaches. This importantly suggests that intermediate reaches do not arise from the averaging of direct-reach plans. Instead, these findings are consistent with and extend previous work demonstrating that intermediate movements are deliberately adopted as a distinct motor strategy to improve task performance (Wong and Haith, 2017; Dekleva et al., 2018; Alhussein and Smith, 2021), in this case, to maximize rewards. More broadly, these findings reveal that different behaviors, even when generated within the context of the same task, can be differentially motivated by reward or success; or equivalently, that rewards (money) and success (being correct) can influence behavior differently. This highlights the fact that not only are reward and success likelihood generally subjectively viewed as differentially important in determining a movement response (see Extended Data Fig. 5-1; Kahneman and Tversky, 1979; Onagawa et al., 2019), but moreover that their subjective importance changes depending on the strategy with which one chooses to approach a given task.

Direct and intermediate movement strategies therefore appear to be optimizing different things: task success versus reward outcomes, respectively. Such an optimization makes sense: on direct reaches, individuals must commit to a decision before movement onset; hence the best approach is to choose the target that is more likely to be correct, even at the cost of occasionally missing large, rare rewards. Direct reaches reflect a relatively low-effort, low-risk strategy to successfully hit the correct target most of the time, and rely in large part on keeping track of average target frequencies and choice errors. On the other hand, intermediate reaches allow individuals to delay commitment to a particular option until more information can be acquired, and affords the ability to change one’s mind. Because this strategy reduces the risk of failure, individuals can instead focus on maximizing rewards; hence it is sensible to consider both the success likelihoods and the rewards of the two options. However, intermediate movements are also more effortful to complete: they necessarily require constant monitoring of the target options throughout the movement to identify the correct target as soon as it is revealed, and they always require a motor correction to be generated midway through the movement. This taxes both cognitive and physical resources. It has previously been shown that the prospect of larger rewards can offset the cost of physical and mental effort (Dixon and Christoff, 2012; Schmidt et al., 2012; Manohar et al., 2015; Summerside et al., 2018). Interestingly, our findings suggest that reward may have a stronger influence than success in offsetting the cost of moving, hence reward prospect seems to largely drive an intermediate-movement strategy. Thus, direct and intermediate reaches appear to reflect distinct movement strategies to respond to decision uncertainty, residing on opposite ends of the effort-reward (and risk-reward) trade-off.

We note that the groupwise results of experiment 3 differ from this interpretation, although this could be attributed to two key differences of this Experiment from the other two. First, participants in experiment 3 may have been less motivated by the rewards on offer, given that rewards in experiments 1 and 2 were generally larger because of the tendency for individuals to be risk/reward averse. In experiment 3, large rewards were primarily presented when the near-to-far reward ratio favored direct reaches, which could cause intermediate reaches to appear less reward-sensitive. Second, participants were made explicitly aware of the choice between direct and intermediate reaches in experiment 3, which may have influenced people’s strategies. Thus, while the design of experiment 3 allowed us to avoid having to classify reaches as direct or intermediate in a post hoc fashion and to examine the relationship between motor strategy and risk/reward attitude, it may also have impaired the interpretability of our group results. Nevertheless, what is consistent across all three Experiments is that the relative weighting of success likelihood and reward differ for direct and intermediate reaches.

Our second question examined whether we could explain why individuals preferentially generate direct and intermediate movements to different extents when asked to reach under the same conditions of target uncertainty. Given that direct and intermediate reaches seem to be distinct strategies favoring success or reward, respectively, we hypothesized that individual risk/reward attitudes might influence how individuals choose to respond (Wong and Haith, 2017). At first glance, one might think that because intermediate movements enable individuals to change their mind, this might be the strategy preferred by more risk-averse individuals. Instead, we found evidence suggestive of the opposite result: the more risk/reward-seeking the individual, the more they tended to favor making intermediate reaches. Since intermediate movements were more strongly influenced by reward relative to direct reaches, however, this makes sense: reward-seeking individuals preferentially adopt a strategy that allows them to maximize their potential rewards.
Note that although intermediate movements have the potential to also improve success at hitting the correct target, not every intermediate movements is successful (Wong and Haith, 2017); thus, intermediate movements are not necessarily the more risk-averse movement strategy. Additionally, as noted above, they are also the more effortful strategy, and thus by subjectively valuing rewards to a greater extent individuals may be more likely to perceive that they are achieving an adequate offset for this additional effort cost (Klein-Flügge et al., 2016; Galaro et al., 2019). Consistent with these ideas, risk/reward-seeking individuals also responded more strongly to the reward manipulation in experiment 3 that was designed to modulate the production of intermediate versus direct reaches (i.e., the relative rewards offered for near vs far targets). In contrast, individuals who were more risk-averse and less reward-seeking seemed to favor making direct reaches, suggestive of an effort to maximize success at hitting the correct target. Although it is possible that these observed relationships were affected by outliers since the Spearman correlations did not reach significance, we do note the consistency of the relationship trend between risk/reward attitude and both the proportion of intermediate movements generated as well as the degree of responsibility to the near-to-far reward ratio (which modulates the relative number of intermediate movements generated). Thus, these findings, while not definitive, are nonetheless consistent with the idea that an intermediate movement strategy is more likely to be adopted by someone who is more risk/reward seeking.

A key observation in our findings is that success likelihood and reward are weighted differently for direct or intermediate reaches. There are two possible explanations for this. On one hand, success likelihood and reward information could first dictate the movement strategy (direct or intermediate), but then success likelihood and reward would need to be re-weighted differently when choosing a target. Alternatively, the choice of movement strategy could surprisingly have occurred first, and in turn influenced how success likelihood and reward information were employed to determine target choice. While either explanation is possible, the latter seems more parsimonious. Thus, our results imply a hierarchical decision process in which, in response to choice uncertainty, individuals first select a movement strategy (i.e., whether to generate a direct or intermediate reach). This movement strategy in turn may then modulate the way in which reward and success-likelihood information bias reach choice. Such a hierarchical decision structure has previously been argued to be favorable for action selection (Rosenblatt and Payton, 1989; Tyrrell, 1993). Interestingly, such a hierarchy results in two consequences that are relevant here. First, it allows relevant sensory information to be introduced at lower levels of the hierarchy after some decisions have already been made, avoiding a sensory bottleneck and maintaining a greater amount of information in the network. Second, it enables individuals to identify and select “compromise candidates,” or options that are favorable given overriding constraints. In our case, the compromise candidate is reflected in the intrinsic movement bias arising after a decision strategy has been adopted; moreover, subject-specific movement-strategy preferences can be determined according to an individual’s risk/reward-seeking propensity without first needing to consider the reward and success-likelihood values on offer in a given trial. Indeed, we note that while success-likelihood and reward information seem most relevant for setting movement biases once a choice of direct or intermediate has been made, risk/reward attitude modulates decisions at multiple levels of the hierarchy. It affects the preference for making direct versus intermediate reaches, and subsequently influences the relative weighting of success likelihood and reward information in determining which option is more desirable. Importantly, such a hierarchical structure suggests that the subjective value placed on action choices—in neuroeconomics terms, their utility—not only influences movement decisions about where to reach (Wolf and Landy, 2012), but is itself influenced in turn by movement decisions about how to reach. Although surprising, this is consistent with recent work showing that selecting motor parameters like movement speed can influence more cognitive processes (i.e., the speed of decision-making; Carsten et al., 2022).

While some amount of effort has been made to investigate the neural underpinnings of direct and intermediate movements (Cisek and Kalaska, 2002; Cisek, 2007; Dekleva et al., 2018), much of this work thus far has focused on premotor cortex. In contrast, efforts to study the representation of subjective value and relative choice desirability have largely investigated midbrain structures including the basal ganglia and ventral tegmental area, and associated areas of frontal cortex (Samejima et al., 2005; Trepel et al., 2005; Croxson et al., 2009; Fox and Poldrack, 2009; Levy et al., 2010; Schmidt et al., 2012; Klein-Flügge et al., 2016; Doi et al., 2020; Shin et al., 2021). Intriguingly, however, there is some suggestion that parietal reach region in the posterior parietal cortex might be a potential area where information about motor goals and goal desirability converge (Trepel et al., 2005). Specifically, neurons in parietal reach region have been shown to modulate according to both the rewards and success likelihoods of action choices as if computing target utility (Platt and Glimcher, 1999); additionally, this region seems capable of simultaneously representing multiple potential movement goals (Klaes et al., 2011). Subjective utility has also been shown to modulate cortical excitability in M1 and directly influence behavior (Galaro et al., 2019). This suggests multiple points at which information about target desirability can interact with decisions about where to reach, in line with the notion of a hierarchical decision structure (Rosenblatt and Payton, 1989; Tyrrell, 1993).

In conclusion, our data suggest that when moving in the face of uncertainty, individuals deliberately adopt a motor strategy in line with their proclivity to be risk/reward-seeking. In particular, this proclivity influences whether individuals prefer to commit to a guess before moving (i.e., generating direct movements), versus hedging one’s bets...
and delaying commitment until later in the movement (i.e., generating intermediate movements). Our findings support the idea that intermediate movements are planned as part of a deliberate movement strategy to maximize reward, distinct from that underlying the planning of direct reaches which seeks to maximize success. Moreover, the choice of movement strategy appears to influence the manner in which individuals evaluate the subjective value of the available options. Together, this suggests that in the face of uncertainty, people trade off maximizing task success and earning monetary rewards depending on their individual risk/reward attitudes, and these decisions influence both the choice of movement strategy as well as the apparent subjective value of the available options.

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