In vitro production of desired sex ovine embryos modulating polarity of oocytes for sex-specific sperm binding during fertilization

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The present study aimed to modulate the oxidative status-mediated polarity of the oocytes for sex-specific sperm fertilization to generate desired sex embryos. In vitro embryos were produced at different oxidative status, varying O2 concentrations, and without/with l-carnitine in maturation and culture media. The majority of the embryos produced at high oxidative stress were males whereas; low oxidative status favoured female embryos production. Low O2 doubled the proportion of female embryos (10.59 vs 21.95%); however, l-carnitine supplementation in media increased approximately seven-folds of the female embryos (12.26 vs. 77.62%) production. Oocytes matured at high oxidative status were in the repolarized state favouring positively charged Y sperm fertilization to produce significantly more male embryos. Low oxidative status favoured negatively charged X sperm fertilization to the oocytes in the depolarized state to produce more female embryos. Intracellular ROS was significantly low in female embryos than in males; however, female embryos were more stressful than males. The study concluded that the oxidative status-mediated alteration in pH of the medium to modulate the intracellular positive ions is the main critical factor to influence the sex of embryos through sex-specific sperms fertilization to the oocytes as per their polarity.

The success rate of in vitro embryo production (IVEP) has been improved over time to produce more quality embryos, employing various culture media1–2. Scientific interest for today’s embryonic research is to produce quality embryos in vitro; however, our target is to produce sex-specific embryos. Globally, many methods are reported for sperm sorting to get selected sex calves; however, most of them need scientific validation. Therefore, an alternative approach to sex-sorted semen is in vitro production of sexed embryos. There are many factors, i.e., temperature, gas composition (O2/CO2), pH, media composition, and air quality, responsible for the oxidative status of the culture system and affect the developmental potential of embryos. However, ambiguity still exists, and no such report is available to know the impact of culture condition mediated oxidative stress on sex-specific embryo production and their developmental potential in vitro. Despite the abundance of case reports on oxidative stress-mediated embryonic sex bias in humans and mice both in vitro and in vivo, scanty reports are available on animal studies. High O2 concentration is more detrimental to female embryos than males. Male embryos develop faster than females in vitro, but the reverse is in vivo3. Suboptimal culture conditions result in loss of female embryos in vitro and induce deviations in gene expression more in male embryos than in females4,5. The sex ratio skewed towards males in summer and females in winter6. Increased levels of reactive oxygen species (ROS) inactivate energy metabolism, showing growth rate differences in male and female embryos7. Female embryos exhibit a fourfold higher activity of the pentose phosphate pathway than male8. The sex-specific difference in the developmental potential of embryos in specific conditions might be due to ROS-mediated inactivation of important genes. We have recently reported that low O2 reduced intracellular oxidative status and improved the developmental potential of in vitro embryos9. However, no such report is available on ROS-mediated improvement in the percentage and developmental potential of sex-specific embryos. All the above conditions for sex biasness can be speculated that high oxidative stress hinders the development of female embryos than males. Hence, lowering the micromilieu ROS level can improve the percentage of female embryos, and modulation of ROS level can skew the sex ratio of embryos. To clarify this hypothesis, the present study was undertaken in the sheep model to determine the impact of culture-mediated oxidative status on the sex ratio of in vitro embryos.
The polarity or membrane potential of oocytes is maintained due to disparities in ion concentrations across the membrane (intra and extracellular component)\(^1\). The level of oxidative status of culture condition might be influencing the intracellular ions concentration of oocytes to change their polarity. Hence, the primary objective of the study is to modulate the oxidative status of culture conditions to change the polarity of oocytes for sex-specific sperm fertilization to produce selected sex embryos (Fig. 1).

Different levels of oxidative status during IVEP were created by different \(\text{O}_2\) concentrations and supplementation of \(l\)-carnitine as a free radical scavenger in maturation and culture media. \(l\)-Carnitine-mediated reduction in oxidative stress on embryonic developmental potential is reported in various species\(^{11-13}\) with our studies in sheep\(^{14,15}\). However, this is the first report on the impact of oxidative stress on sex-specific embryos production in vitro. \(l\)-Carnitine (3-hydroxy-4-N-trimethylammino butyrate, \(C_7H_5NO_3, M.W.-161.2\)) is a water-soluble quaternary ammonium compound and vitamin-like naturally occurring substance that acts as an antioxidant that neutralizes the free radicals and protects the cell against oxidative stress-induced apoptosis\(^{16}\). The subsequent objective of the study was to find out the sex-specific difference in mRNA abundance of genes related to antioxidant (glutathione peroxidase (GPx), \(Cu/Zn\) superoxide dismutase (SOD1), \(Mn\) superoxide dismutase (SOD2), and catalase (CAT)), glucose metabolism (Glyceraldehyde 3-phosphate dehydrogenase (GAPDH), Glucose-6-phosphate dehydrogenase (G6PD), and Hypoxanthine–guanine phosphoribosyl transferase (HPRT)), and apoptotic (\(B\)-cell lymphoma protein 2 (BCL2), BCL2-associated protein (BAX), Caspase3 (CASP3), proliferating cell nuclear antigen (PCNA), and tumor suppressor protein (p53)) pathways to analyze the sexual dimorphism in the embryonic developmental potential in relation to the oxidative status of culture condition.

**Results**

**In vitro ovine embryo production.** All the developmental stages of embryos (cleavage to blastocyst) produced at different oxidative status (experiment I–III) are detailed in Table 1. Overall, the embryos produced at different \(\text{O}_2\) concentrations (20 vs. 5\%) (experiment I) showed no significant (\(P < 0.05\)) differences in the cleavage rate (62.93 vs. 64.61\%), whereas 5\% \(\text{O}_2\) produced significantly (\(P < 0.05\)) more morula (40.21 vs. 25.42\%) and blastocyst (18.92 vs. 8.16\%) than at 20\%. \(l\)-Carnitine (10 mM) supplementation in maturation and culture media (experiment II) resulted in significantly (\(P < 0.05\)) higher cleavage (69.64 vs. 63.24\%), morula (49.93 vs. 24.64\%), and blastocyst (32.56 vs. 8.92\%), than the group with no \(l\)-Carnitine. \(l\)-Carnitine (10 mM) supplementation in media with different \(\text{O}_2\) concentrations (experiment III) resulted in significantly (\(P < 0.05\)) higher percentage of cleavage (69.28 vs. 10.26\%), morula (51.36 vs. 2.86\%) and blastocyst (34.34 vs. 0\%) at atmospheric \(\text{O}_2\) than at 5\% \(\text{O}_2\).

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**Figure 1.** Oxidative status mediated change in polarity of oocytes for sex-specific sperm fertilization to produce selected sex offsprings.
Polarity of the matured oocytes. The intracellular sodium (Na⁺), potassium (K⁺), and calcium (Ca²⁺) ions concentration were estimated in the matured oocytes to check the ions dependent polarity (depolarization/repolarization) for the sex-specific charged sperm (X/Y) fertilization resulting in embryonic sex biasness (Table 2). The concentrations of the intracellular Na⁺ ion (mg/L) was 46.46 and 64.89, K⁺ ion (mg/L) was 28.86 and 27.76 and Ca²⁺ ion (mg/L) was 0.49 and 1.67 in oocytes matured at 20 and 5% O₂ respectively. The intracellular Na⁺ ion was non-significantly high, and the Ca²⁺ ion was significantly (P < 0.05) high in oocytes matured at 5% O₂ than at 20%. Whereas, K⁺ ion concentration was similar in both the groups. The concentrations of the intracellular Na⁺ ion (mg/L) was 47.15 and 241.41, K⁺ ion (mg/L) was 29.06 and 26.28 and Ca²⁺ ion (mg/L) was 0.51 and 5.52 in oocytes matured without and with L-carnitine respectively. Intracellular Na⁺ and Ca²⁺ ions were significantly (P < 0.05) high in the oocytes matured with L-carnitine than without l-carnitine. However, the K⁺ ion concentration was similar in both groups.

Sexing of the ovine blood and embryos. The sex of the blood and embryos was determined by PCR-based amplification of AMEL and SRY genes present in genomic DNA (gDNA). Sex-specific (male and female) blood was used as the positive sample in PCR for the primers to be used for sexing of embryos (Fig. 2, Supplementary Information). The PCR for amplification of the AMEL gene was in the form of two bands of 243 and 198 bp in males and a single band of 243 bp in females. However, amplification of the SRY gene was in the form of one band of 169 bp in males only, seen in gel electrophoresis to confirm the sex of embryos (Fig. 3, Supplementary Information).

Sex ratio of embryos produced at different oxidative status. All the embryos (cleavage to blastocyst) produced at different oxidative status (experiment I–III) were used for sexing except the embryos of experiment III, group 2. The embryos in all the experiments were grouped as total embryos (cleavage to blastocyst) and transferable embryos (morula and blastocyst). The sex ratio of embryos produced at different oxidative status is detailed in Fig. 4. 170 and 164 embryos produced from 20 and 5% O₂ respectively (experiment I) were used for sex determination (Fig. 4A,B). The sex ratio of total embryos produced at 20% O₂ was 89.41% male and 10.59% female and the transferable embryos were 88.54% male and 11.46% female. The total embryos produced at 5% O₂ resulted in 78.05% male and 21.95% female and transferable embryos were 76.52% male and 23.48% female. Significantly (P < 0.05), more male embryos than females were produced at both the O₂ concentrations. However, 20% O₂ produced significantly (P < 0.05) more male embryos than at 5%. Whereas, significantly (P < 0.05), more female embryos were produced at 5%O₂ than at 20%. 182 and 176 embryos produced at 20% O₂ without and with l-carnitine supplementation respectively (experiment II) were used for sex determination (Fig. 4C,D). The sex ratio of total embryos produced without l-carnitine was 87.74% male and 12.26% female and the transferable embryos were 89.61% male and 10.39% female. Subsequently, l-carnitine supplementation in maturation and culture media resulted in total embryos of 22.38% male and 77.62% female and transferable embryos of 20.54% male and 79.46% female. Significantly (P < 0.05), more male embryos were produced without l-carnitine

| Experiments | Groups | Oxygen (%) | l-Carnitine in maturation medium (mM) | l-Carnitine in culture medium (mM) | Oocytes cultured | Cleavage (%) | Morula (%) | Blastocyst (%) |
|-------------|--------|------------|--------------------------------------|-----------------------------------|----------------|-------------|------------|---------------|
| I           | 1      | 20         | –                                    | –                                 | 272            | 62.93 ± 2.8 | 25.42 ± 2.9 | 8.16 ± 1.1   |
|             | 2      | 5          | –                                    | –                                 | 257            | 64.61 ± 2.1 | 40.21 ± 2.3 | 18.92 ± 2.98 |
| II          | 1      | 20         | 0                                    | 0                                 | 288            | 63.24 ± 1.9 | 24.64 ± 2.3 | 8.92 ± 0.98  |
|             | 2      | 20         | 10                                   | 10                                | 263            | 69.64 ± 2.3 | 49.93 ± 2.8 | 32.56 ± 2.7  |
| III         | 1      | Atmospheric| 10                                   | 10                                | 255            | 69.28 ± 3.2 | 51.36 ± 2.7 | 34.34 ± 2.4  |
|             | 2      | 5%         | 10                                   | 10                                | 368            | 10.26 ± 1.8 | 2.86 ± 0.3  | 0%           |

Table 1. Developmental stages of in vitro ovine embryos produced in different experiments. *All developmental stages were calculated from the number oocytes cultured. Percentage results are presented as mean ± S.E.M. Different superscripts within rows of same column differ significantly at P < 0.05 between groups of each experiment.

| Experiments | Experiment I | Experiment II |
|-------------|--------------|---------------|
| Oocytes matured at different O₂ concentrations | Oocytes matured with l-carnitine (10 mM) at 20% O₂ |
| Ions (mg/L) 20%O₂ 5%O₂ Without l-carnitine With l-carnitine |
| Sodium | 46.46 ± 8.36 | 64.89 ± 12.3 | 47.15 ± 9.77 | 241.41 ± 40.36 |
| Potassium | 28.86 ± 2.67 | 27.76 ± 3.23 | 29.06 ± 1.04 | 26.28 ± 3.54 |
| Calcium | 0.49 ± 0.12 | 1.67 ± 0.25 | 0.51 ± 0.16 | 5.52 ± 1.75 |

Table 2. Intracellular ions (Na⁺, K⁺ and Ca²⁺) concentration of matured oocytes at different level of oxidative status. *Different superscripts in the same row differ significantly at P < 0.05.
and L-carnitine supplementation resulted in significantly (P < 0.05) more female embryos. 174 and 52 embryos produced from atmospheric and 5% O₂ respectively with L-carnitine supplementation (experiment III) were used for sex determination (Fig. 4E,F). The sex ratio of total embryos produced at atmospheric O₂ supplemented with L-carnitine was 21.67% male and 78.33% female and the transferable embryos were 22.73% male and 77.27% female. L-Carnitine supplementation in the media at atmospheric O₂ showed embryonic sex biasness toward females. However, the developmental stages of embryos were significantly low at 5% O₂ supplemented with L-carnitine. Hence, the embryonic sex ratio of this group was not calculated.

Intracellular ROS levels in sex-specific embryos. The intracellular ROS level was significantly (P < 0.05) low in the female embryos than males (1 vs 0.54 ± 0.09) in terms of fluorescence intensities (mean ± SE) quantified on grey pixel intensity in all oxidative status of culture conditions (Fig. 5A,B).

Sexual dimorphism in the relative expression level of developmental genes in embryos at different oxidative status. The sex-specific differences in antioxidant genes expression at high oxidative status showed significantly (P < 0.05) upregulated expression of GPx and SOD1 and downregulated expression of SOD2 and CAT in female embryos than males. At low oxidative status, the expression of GPx and SOD1 were significantly (P < 0.05) upregulated, and the expression of SOD2 and CAT were non significantly upregulated in female embryos than males. The expression of SOD2 and CAT were significantly (P < 0.05) upregulated in female embryos at low oxidative status than at high (Fig. 6A,B). The sex-specific differences in glucose metabolism genes (GAPDH, G6PD, and HPRT) expression were significantly (P < 0.05) upregulated in female embryos than males in both low and high oxidative status (Fig. 6C,D). The sex-specific differences in apoptosis-related genes expression at high oxidative status showed significantly (P < 0.05) upregulated expression of Bcl2 and downregulated expression of Casp3 and PCNA in female embryos than males. However, the expression of Bax and p53 were similar in both the sex of embryos. In turn, low oxidative status showed significant (P < 0.05) upregulated expression of Bcl2 and downregulated expression of Casp3, Bax, and p53 in female embryos than males. In contrast, the expression of PCNA in female embryos was upregulated and showed a significantly similar expression level as in male embryos (Fig. 6E,F).

Discussion
Oxidative status-mediated change in oocytes polarity for sex-specific sperm fertilization to produce desired sex embryos and their subsequent development is the new biological intervention approached in the present study. The study observed that the low and high oxidative status favoured female and male embryos production and
their subsequent development respectively. This is the first report on oxidative status mediated biasness of the embryonic sex ratio produced in vitro. Fertilization is associated with a change in resting membrane potential, referred as "fertilization potential", and compared to the action potential of neurons. The membrane potential/polarity is maintained by differences in ion concentrations between the intra and extracellular components. Change in membrane polarization and ion permeability during oocyte maturation is regulated by Na+/K+-ATPase ion transport channel and sensitive to oxidative stress. Depolarization of the plasma membrane causes a shift towards positive potential and hyperpolarization negative. The oocyte membrane potential undergoes a different state of polarity to facilitate the binding of sex-specific charged sperm (X or Y) during fertilization to determine the sex of embryos. The change in normal resting negative membrane potential (polarized) to a positive potential (depolarized) occurs due to the influx of more positive Na⁺ and Ca²⁺ ions from the extracellular
components and ends with negative potential (repolarized). Hence, it is suggested that the oocyte membrane polarity determines the binding of sex-specific sperm. However, research finding on sex-specific sperm binding to oocytes as per their polarity is not available. Oxygen and l-carnitine mediated lowering the oxidative status of the culture system improves the developmental potential of embryos\(^9,14,15\). It was predicted that low oxidative status at 5% O\(_2\) with supplementation of l-carnitine (experiment III, group 2) would favour a significant increase in morula and blastocysts production. However, the developmental potential of embryos of this group resulted in significantly (P < 0.05) low cleavage and morula with no blastocyst. Intracellular ROS level within the physiological limit is beneficial for cells and plays an essential role in oocytes maturation and subsequent embryo development\(^23\). ROS generated in oocytes of group 2; experiment III got neutralized by l-carnitine from the beginning of maturation itself. As time advanced, low O\(_2\) (5%) availability in the surroundings and their slow diffusion in paraffin oil\(^24\) made ROS level below the beneficial physiological limit in the micromilieu. That, in turn, might have negatively affected the metabolic pathways suitable for embryonic development. Marginal increase in intracellular ROS in the matured oocytes is useful for subsequent developmental stages of embryos, and ROS generation in developmental stages is important for blastocyst formation\(^25\). During IVEP, low ROS improves the developmental potential of embryos, and high ROS has deleterious effects on embryonic development resulting in apoptosis\(^9,21\). Hence, it was concluded that though low ROS improved the developmental potential of embryos, significantly low ROS below the beneficial physiological limit hindered development. This study sought to modify the oocyte’s membrane polarity, modulating oxidative status of the culture conditions for sex-specific sperm fertilization to get desired sex embryos. Oxygen (20 vs. 5%) mediated oxidative status of culture condition could

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**Figure 5.** Sex-specific differences in intracellular embryonic ROS level. *Significant difference between male and female at P < 0.05. (A) Embryos stained with 2',7'-dichlorodihydrofluorescein diacetate. (B) Fluorescence intensities (mean ± SEM) quantified based on grey pixel intensity.
not result in significant (P < 0.05) embryonic sex bias. The majority of the embryos produced at both the O₂ (20 and 5%) (experiment I) were male-biased. However, the female embryos percentage was significantly (P < 0.05) high at 5% O₂ than at 20%. Oxygen-mediated oxidative stress-induced embryonic sex ratio of this study was in agreement with the report suggesting high O₂ has a greater detrimental effect on female embryos than males. Male embryos develop faster than females in vitro (high O₂) and the reverse is in vivo (low O₂). The embryos produced at 5% O₂ have low intracellular ROS than at 20%. Hence, it was expected that 5% O₂ would favour a significant increase in female embryos production. However, the majority of the embryos produced at 5% O₂ were biased towards males like they were biased at 20% O₂. Oxygen diffusion through oil is important during in vitro

Figure 6. Sex-specific differences in relative expression level of developmental genes in ovine embryos at different oxidative status. (A) Antioxidant genes at high oxidative status. (B) Antioxidant genes at low oxidative status. (C) Glucose metabolism genes at high oxidative status. (D) Glucose metabolism genes at low oxidative status. (E) Apoptotic genes at high oxidative status. (F) Apoptotic genes at low oxidative status. *Significant difference between male and female at P < 0.05.
oocytes and embryos culture. However, the oil prevents the diffusion of O₂ to the cells. Thus, the O₂ availability to micro drops under paraffin oil gets reduced due to slow diffusion through oil and geometry of the drop²⁴.

It was speculated that the intracellular ROS level during oocyte maturation at both the O₂ (20 and 5% O₂) concentrations was initially low due to ROS production by oocytes. As the time advanced, the ROS level in oocytes cultured at high (20%) O₂ tension was increased by diffusion of more available surrounding medium O₂ through paraffin than the low surrounding O₂ (5%). Hence, the time by which the O₂ concentration mediated differences in ROS level should influence the sex-specific sperm fertilization; by that time majority of the Y sperms have been fertilized, and significantly (P < 0.05) more male embryos were produced. It can also be explained that adequate ROS must have been generated in the culture medium by the time taken to reach 5% O₂ in micromilieu. Hence, ROS-mediated alkalinity of the medium must have kept oocytes in the depolarized state (negatively charged) to favour fertilization of positively charged Y sperm resulting in significantly (P < 0.05) more male embryos. There was a non-significant increase in intracellular Na⁺ and Ca²⁺ ions in the oocytes matured at 5%O₂ than at 20%, with no change in K⁺ ion concentration. Significantly (P < 0.05) more male embryos production at both the O₂ concentrations suggested that because of non-significant change in intracellular positive ions, the majority of the oocytes matured in these O₂ (20 and 5%) concentrations were in the repolarized state and favoured Y sperm fertilization resulting male embryos. However, because of a non-significant increase in intracellular positive ions in oocytes matured at 5% O₂, a greater number of oocytes were in a depolarized state and fertilized with negatively charged X sperm resulting in significantly (P < 0.05) more female embryos than at 20% O₂. In the same fashion, more oocytes were in a depolarized state when matured at 20%O₂ and fertilized with Y sperm resulting in significantly (P < 0.05) more male embryos than at 5% O₂. It was predicted that low ROS at 5% O₂ would favour a significant increase in female embryogenesis production. However, by the time low ROS-mediated pH of the medium increased the intracellular positive ions of oocytes to retain in a depolarized state for X sperm-specific fertilization, the majority of Y sperms got fertilized, resulting in a significant increase in female embryos. Hence, optimum 5% of O₂ affects oxidative phosphorylation resulting in an increase in intracellular lactic acid production from pyruvate, which lowered the pH of the culture medium, i.e., acidic as compared to 20% O₂ and favoured fertilization of X sperm to produce more female embryos²⁶. The oocytes matured with l-carnitine have significantly (P < 0.5) more Na⁺ and Ca²⁺ ions than matured without l-carnitine with no change in K⁺ ion concentration. The influx of more positive ions in the oocytes matured with l-carnitine has kept the oocytes in the depolarized state to favour X sperm fertilization, resulting in significantly more female embryos. In contrast, the repolarized membrane oocytes matured without l-carnitine were receptive to Y sperms and produced significantly more male embryos. The sex-specific embryo production by l-carnitine supplementation in maturation and culture media of this study has been filed for an Indian patent with application number: 202041051123 TEMP/E-1/56809/2020-CHE dt. 24. 11. 2020.

1-Carnitine-mediated lowering of intracellular ROS in oocytes and embryos has improved the developmental potential of embryos²⁵,²⁶. Sodium channels remain active up to the full maturity of the oocytes; however, K⁺ ion permeability progressively decreases along with maturation²⁶, and activity of Ca²⁺ channels decreases in matured oocytes²⁹. Hence, it can be suggested that due to the progressive decrease in permeability of K⁺ ions in matured oocytes, its concentration was not changed in both groups (experiments I and II). The permeability of Na⁺ and K⁺ ions must have been influenced by the slow Ca²⁺ channel that opens slower and remains open much longer time than Na⁺ channels in oocytes because of its smooth muscle property²⁹. The opening of slow Ca²⁺ channels accounts for the prolonged plateau action potentials in smooth muscle fibers, and the repolarization is delayed; hence, the concentration of K⁺ ion in both groups was not changed significantly. Increased intracellular H⁺ ion concentration (acidification) results in membrane depolarization, whereas a decreased intracellular H⁺ ion concentration (alkalinization) results in hyperpolarization of the membrane. Membrane potential is markedly depolarized by decreasing the pH (acidic) of the external solution²⁷. There is a production of more ROS at high O₂ concentration during IVEP²⁸. Hence, it is justified to say that the oocytes matured at high O₂ (experiment I) and matured without l-carnitine (experiment II) produced more ROS, making the maturation medium alkaline and kept the oocytes in the repolarized state to favour Y sperm fertilization to produce significantly (P < 0.05) more male embryos. Subsequently, maturation of oocytes at low O₂ (5%) (experiment I) and supplementation of L-carnitine in the medium (experiment II) significantly reduced ROS production and elicited acidification of medium that favoured the X sperm fertilization to the depolarized oocytes to produce more females. The explanation for the depolarization elicited by acidification would be the entry of positively charged ions²⁹, which has already been observed in this experiment. There is a difference in pH-mediated X and Y sperm motility and viability. An alkaline seminal fluid favours males and an acidic vagina favours females²⁹. Both X and Y-bearing sperm survive longer in the slightly alkaline environment, but Y sperm is more labile under acidic conditions. In contrast, X sperm would survive longer in an acidic medium²⁹. Hence, it can be concluded that the sex ratio of the embryos produced at different oxidative status must have influenced the pH-mediated ionic exchange of the oocyte membrane to change their polarity for subsequent fertilization of respectively charged spermatzoa to result in sex-specific embryos. As the developmental stages of embryos advanced, it was observed that the low and high oxidative status of culture conditions were suitable for the developmental potential of female and male embryos respectively. Oxidative status-mediated embryonic sex biasness of this study summarized that O₂-mediated oxidative status of culture condition could not result in significantly more female embryos as resulted in l-carnitine supplementation in the media. L-Carnitine neutralized the ROS from the beginning of maturation to modulate the pH of medium for the subsequent depolarized state of oocytes to favour X sperm-specific fertilization to produce more female embryos. Whereas, neutralization of ROS from the beginning was not possible in oocytes matured at 5% O₂ because of the time taken to come down from atmospheric O₂ concentration of CO₂ incubator to 5% and was also influenced by the slow diffusion of O₂ in oil and geometry of drop²⁴. Therefore, the main critical factor for oxidative status mediated embryonic sex biasness was the fertilization of sex-specific sperms to the oocytes as per their polarity through alteration in the pH of the medium, modulating the intracellular positive ions.
Despite the different levels of oxidative status, the intracellular ROS level was significantly ($P < 0.05$) low in female embryos than males. Low intracellular ROS in female embryos agreed with a few studies. Upregulated expression of GPx in female embryos at both the oxidative status might be due to significantly ($P < 0.05$) low intracellular ROS-mediated antioxidant capacity of female embryos. Mitochondrial SOD (SOD2) is an oxidative stress indicator in embryos, and its expression is culture condition-dependent. Cytoplasmic SOD (SOD1) expression is considered as the first line of defense against ROS and is essential together with GPx to protect embryos from oxidative damage. In this study, there was low intracellular ROS in female embryos with upregulated expression of GPx. As a result, ATP synthesis would be unaffected in female embryos utilizing a large quantity of O$_2$, resulting in low ROS formation, thereby showing downregulated expression of SOD. However, upregulated expression of SOD1 despite downregulation of SOD2 in the female embryos at high oxidative status suggested that there might be some other cellular or transcription factors influencing the expression level of SOD1, keeping female embryos more stressful than males during IVEP, that differentiates the developmental kinetics of sexed embryos. Over-expression of CAT prevents mitochondrial ROS production. As a result, low intracellular ROS in female embryos showed downregulated expression of CAT. There is no such literature available to compare our result for the sexual dimorphism in the embryonic antioxidant genes expression. However, available literature on clinical studies reported that females appear to be less susceptible to oxidative stress under physiological conditions due to the antioxidant properties of estrogen and gender differences in NADPH-oxidase activity. GPx is the only antioxidant enzyme that consistently showed a gender biasness across several studies. Estrogen acts as a potential antioxidant in females, so less GPx is required in females than males. Hence, the antioxidant action of estrogen could be the reason for the gender-specific differences in GPx expression. However, the present study could not prove the antioxidant properties of estrogen properly for upregulated expression of GPx in female embryos. Significant ($P < 0.05$) downregulation of SOD2 and CAT in female embryos than in males at high oxidative status was in agreement with the clinical finding suggesting mitochondrial ROS production in females is significantly lower than that of males. SOD and GPx expression are estrogen-dependent, whereas CAT expression is not, and that might be the reason for no difference in catalase activity levels between males and females in some studies. The antioxidant enzyme activity is strongly regulated by estrogen in females, and total SOD activity is more in females than in males. Antioxidant-mediated upregulated expression of GPx and SOD2 in ovine embryos is evident. Hence, overexpression of these antioxidant genes at low oxidative status in female embryos enhanced the antioxidant-mediated defense against oxidative stress, resulting in better female embryos development.

Glucose metabolism genes (G6PD and HPRT) are X chromosome-linked. Since female embryos contain double the dose of the X chromosome than males, the expression of these genes showed upregulated expression in female embryos. G6PD is responsible for sex-specific differences in embryonic metabolism and is highly expressed in female embryos. In contrast, G6PD and phosphoglycerate kinase (PGK) expression were similar in both the sex of embryos. Most of the X-linked genes have significantly higher expression in female embryos than males and are regulated differently between the sex creating sexual dimorphism in developmental kinetics. The significant ($P < 0.05$) upregulated expression of most of the X-linked genes in female embryos is suggestive of partial X-chromosome inactivation (XCI). XCI is essential for female embryogenesis for equal dosages of X-chromosome-linked genes in both the sex that leads to the silencing of one X-chromosome in female. The level of G6PD was significantly higher in female embryos than males, but HPRT levels were similar in both sex. The G6PD and HPRT, subjected to dosage compensation, should not have significantly different expression levels between the sex when X-inactive specific transcript (XIST) expression is detected in female embryos. The process of XCI is controlled by the X inactivation center (XIC) and the resident gene XIST. The expression of genes located on the X chromosome at different distances from the XIC. HPRT is closer to the XIC than G6PD on the X chromosome. The expression of G6PD and HPRT are similar between males and females of two cells embryos before embryonic genome activation but higher in females than males at the blastocyst stage. In the present study expression level of G6PD was higher in female embryos than males; however, the developmental potential of female embryos was less than males at high oxidative status. This finding agreed with the report suggesting the sex-specific differences in expression of G6PD in female embryos and female embryos have a lower developmental rate than males with an increase in G6PD expression. In contrast, the embryos with a high G6PD expression have more developmental competence than those with low G6PD. G6PD is the important enzyme of the pentose phosphate pathway and is essential for generating NADPH. NADPH is responsible to maintain glutathione during cellular oxidative stress to scavenge ROS. Hence, G6PD plays a crucial role in protecting embryos from ROS-induced apoptosis affecting the developmental potential of embryos. There was no study to compare our result with sex-specific differences in expression of GAPDH (enzyme for glycolysis pathway), an autosomal gene in embryos. However, phosphoglycerate kinase (PGK) enzyme responsible for the glycolysis pathway was upregulated in female embryos which can agree with our finding of upregulated expression of G6PD in female embryos. Most X-linked genes display not only sex-related transcriptional differences but are also involved in regulating the autosomal gene expression in preimplantation embryos. GAPDH showed significantly higher expression in females than males which was in accordance with our result showing upregulated expression in female embryos than males. Hence, it can be suggested that high oxidative status affected severely the double gene doses chromatin of X chromosome in female embryos than males. Thus, ROS-induced damage or inactivation of the X chromosome hinders the developmental potential of female embryos at high oxidative status.

Bcl2 expression was significantly ($P < 0.5$) upregulated in female embryos at both the oxidative status suggesting them more protected from apoptosis, that agreed to the report suggesting female embryos have low intracellular ROS than males and also observed in the present study. However, in contrast, female embryos are more prone to apoptosis than males because several proapoptotic genes are upregulated. Bcl2 prevents apoptosis of embryos and the transcriptional level of Bcl2 and Bax is correlated with the developmental competence of oocytes. The present study reflected the better developmental potential of male embryos over females at high oxidative status.
oxidative status, which might be due to ROS-induced destruction in cellular metabolic pathways that must not be favouring the developmental potential of female embryos. However, low oxidative status protected the female embryos from apoptosis with supportive alteration in the expression of apoptosis-related genes. Sexual dimorphism in the developmental potential of embryos at high oxidative status favouring male embryos suggested that transcription factors present in the Y-chromosome must be influencing their development after fertilization. Though the expression of Bax and P53 were not significantly (P < 0.5) different in both the sex at high oxidative status, low oxidative status downregulated the expression of both the genes in female embryos suggesting protection from ROS-induced apoptosis. p53, an apoptosis regulator, is correlated with oxidative stress response and is critical during in vitro embryo development. A high p53 is responsible for apoptosis. Reduction in ROS depletes p53 in embryos and protects embryos from apoptosis. p53 is activated by oxidative stress and causes developmental arrest, whereas suppression of p53 may not support embryo development due to ROS-induced DNA damage. In the present experiment, high oxidative status upregulated the expression of p53 in female embryos. Whereas, low oxidative status downregulated the expression of p53, in turn, reduced ROS-induced DNA damage, thus, improved the developmental potential of female embryos, and has been confirmed by upregulated expression of PCNA in those embryos. PCNA is responsible for cell death or survival. A high level of PCNA in the presence and absence of p53 is responsible for the repairing of DNA damage and DNA replication, respectively. In the state of irreparable DNA damage, PCNA drives the cell to apoptosis. Low oxidative stress created a suitable micromilieu for nuclear programming in female embryos, improving their developmental potential and upregulated PCNA expression. Upregulated expression of Casp3 induces developmental arrest of embryos. The expression level of Casp3 of this study was significantly (P < 0.05) lower in female embryos than males in both oxidative stress. Low intracellular ROS level in female embryos than males might have influenced the downregulated expression of Casp3. l-Carnitine supplementation in the media has shown no change in the expression level of Casp3 at the blastocyst stage. The developmental potential of female embryos was affected at high oxidative status despite low Casp3 expression in them. Hence, it was speculated that there must be some other factors affecting the developmental potential of female embryos. ROS-mediated inactivation of energy metabolism in female embryos at high oxidative stress must have induced the downregulated expression of Casp3 and PCNA. However, low oxidative stress improved the energy metabolism in those embryos and helped to improve their developmental potential. The female embryos at low oxidative stress have gone less detrimental, resulting in significantly (P < 0.05) more percentage. Therefore, it is concluded that the expression of transcripts resulted in sexual dimorphism in developmental kinetics and epigenetics in preimplantation embryos during development. However, the main critical factor for oxidative status mediated embryonic sex biasness was the fertilization of sex-specific sperms to the oocytes as per their polarity through alteration in the pH of the medium, modulating the intracellular positive ions.

Materials and methods
All the methods were performed in accordance with relevant guidelines and regulations. Institutional Animal Ethics Committee, ICAR-National Institute of Animal Nutrition and Physiology approved the present study (No. NIANP/IAEC/1/2017).

In vitro ovine embryo production. Embryos were produced from oocytes of slaughterhouse ovaries through in vitro maturation, fertilization, and culture. Oocytes were aspirated from follicles (2–6 mm) in collection medium (TCM-199 (glutamine added) + BSA (3 mg/ml) + 5% FBS + heparin (10 μg/ml)) and matured with TCM-199 (glutamine added) + 10% FBS + BSA (3 mg/ml) + pyruvate (4 mM) + gentamicin (50 μg/ml) + FSH (5 μg/ml) + LH (5 μg/ml) + estradiol (1 μg/ml) + EGF (20 ng/ml) for 27 h at 5% CO2 and 38.5 °C at different O2 concentrations with/without l-Carnitine (10 μM). Fresh semen collected by electro-ejaculator was washed with modified synthetic oviductal fluid (MSOF) + heparin (10 μg/ml) + pyruvate (1 mM) by centrifuging at 400 g for 5 min. Supernatant was removed and pellet was reconstituted in MSOF + fatty acid-free BSA (4 mg/ml) + heparin (10 μg/ml) + pyruvate (1 mM) + BME (100×) (1%) + MEM (50×) (1%), and adjusted to 2–3×106 sperm/ml. Matured oocytes were inseminated with processed spermatozoa for 18–20 h. Following co-incubation, presumptive zygotes were cultured in TCM-199 (glutamine added) + 20% FBS + BSA (3 mg/ml) + pyruvate (4 mM) + gentamicin (50 μg/ml) + BME (100×) (1%) + MEM (50×) (1%) at different O2 concentrations with/without l-Carnitine (10 mM) to get developmental stages (cleavage to blastocyst) of embryos. Cleavage rates and blastocyst were recorded on day 2 and 7 respectively (day 0 = day of IVF).

Polarity of the matured oocytes. The membrane potential/polarity of oocytes are maintained by disparities in essential ions i.e., Na+, K+, and Ca2+ concentrations across the membrane. An increase in intracellular positive ions makes the membrane positive i.e., depolarized and a decrease in positive ions keeps negative i.e., repolarized. The intracellular ions concentrations of the matured oocytes of experiments I and II (significantly producing sex-specific embryos) were estimated through inductively coupled plasma optical emission spectroscopy (ICP-OES) analytical technique (Optima 8000, Perkin Elmer) as per the manufacturer's guideline. Oocytes were treated with 0.25% Trypsin–EDTA to remove cumulus cells and digested with Proteinase K (100 mg/ml) at 56 °C/2 h with inactivation at 95 °C/10 min and cooled in ice. The mixture was vortexed and centrifuged at 2000g/10 min. The supernatant was used to estimate Na+, K+, and Ca2+ ions concentration. Oocyte's membrane polarity was calculated by Goldman–Hodgkin–Katz equation as EMF (millivolts) = −61 log concentration of positive ions inside/outside and concluded based on intracellular positive ions concentrations.

Preparation of embryos for sex determination. The embryos (cleaved to blastocyst) were exposed to 0.2% protease to remove zona pellucida because attached sperms may give the wrong sex determination.
was isolated from a pool of sex-specific embryos (blastocysts) (n = 10), cDNA was synthesized, and qPCR was experiment II (significantly producing sex-specific embryos) were chosen for the gene expression study. RNA dance of genes was analyzed by real-time quantitative PCR (qPCR). The sex-specific embryos produced in carried out using gene-specific primers designed from NCBI, Primer Blast (Table 3).

Preparation of blood as positive control for PCR. Single-step DNA isolation from sex-specific (male and female) blood through alkaline lysis was approached to use for sex determination65. Blood (5 μl) was mixed with slight shaking in-between incubation. The gDNA contamination was removed using the TURBO DNA-

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Intracellular ROS levels in sex-specific embryos. Before sex determination, intracellular ROS was estimated in the embryos (experiments I and II) using 2′,7′-dichlorodihydrofluorescein diacetate (DCHFDA) 14. Embryos were washed twice in PBS + polyvinyl pyrrolidone (PVP) (0.5%) (wt/vol) and fixed with 4% para-formaldehyde and placed in 10 μM DCHFDA (50 μl)/15 min. Finally, the embryos were washed three times by PBS + PVP (0.5%), carefully mounted on a glass slide, and covered with a coverslip. The fluorescence intensity was observed under an epifluorescence microscope (Euromex, Holland) and analyzed by grey pixel intensity

Relative expression level of developmental genes in sex-specific embryos. The mRNA abundance of genes was analyzed by real-time quantitative PCR (qPCR). The sex-specific embryos produced in experiment II (significantly producing sex-specific embryos) were chosen for the gene expression study. RNA was isolated from a pool of sex-specific embryos (blastocysts) (n = 10), cDNA was synthesized, and qPCR was carried out using gene-specific primers designed from NCBI, Primer Blast (Table 3).
Real-time quantitative PCR (qPCR). The qPCR was carried out for three different sets of embryos in duplicate using step one plus qPCR system (Applied Biosystem, USA). The relative quantification method was used to analyze the gene expression level using β-actin as the reference gene. The qPCR was performed in 10 μl reaction containing SYBR Fast 2× master mix (KAPA Biosystems, Wilmington, USA), gene-specific forward and reverse primers, cDNA, and final volume was adjusted with nuclease-free water. The qPCR was with an initial denaturation at 95 °C/2 min with 40 cycles of 95 °C/3 s and 60 °C/30 s. The melting curve analysis was carried out to confirm the qPCR specificity. Ct (threshold cycle for target amplification) values were analyzed using the 2−ΔΔCt (normalized expression ratio) method.

Confirmation of PCR and qPCR amplicons. The PCR amplicons for sex determination and qPCR amplicons of genes were confirmed by ethidium bromide (0.5 μg/ml) stained 2.5% agarose gel electrophoresis.

Experimental design. Three different experiments were designed to create different levels of oxidative status, and the embryos were produced. All the embryos (cleavage to blastocyst) produced were used for sex determination. The sex ratio of the embryos was calculated as total embryos and transferable embryos.

Experiment I. Immature oocytes were matured, fertilized, and cultured to produce embryos at different O2 concentrations (20 and 5%). Embryos (cleavage to blastocyst) produced were used for sexing to calculate the sex ratio.

Experiment II. Immature oocytes of the first group were matured, fertilized, and cultured without L-carnitine. Whereas, oocytes of the second group were matured and cultured with L-carnitine (10 mM) but fertilized without L-Carnitine. The oxygen concentration of this experiment was set at 20%. Embryos produced were used for sexing to calculate the sex ratio.

Experiment III. Immature oocytes were matured and cultured at different O2 concentrations (atmospheric and 5%) with L-carnitine (10 mM) but fertilized without L-carnitine. The embryos of the first group were produced in a CO2 incubator with no provision of O2 control hence, considered that the embryo production was at atmospheric O2. Whereas, the embryos of the second group were produced in CO2 incubator with O2 control and was set at 5%.

Statistical analysis. The results are expressed in mean ± SEM. Statistical analysis was carried out using GraphPad Prism5, San Diego, USA. Sex ratio of embryos, the sex-specific difference in ROS, intracellular ions concentration, and relative gene expression level in embryos were compared by student’s ‘T’ test. P<0.05 was considered as significant.

Ethics approval. The research protocol was approved by the Institutional Animal Ethics Committee (IAEC) of the ICAR-National Institute of Animal Nutrition and Physiology with approval number NIANP/IAEC/1/2017 dated: 25.3.2017.

Data availability
All materials are available on request.

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**Author contributions**

R.K.G. contributed towards embryo culture work, A.M. contributed towards experimental design, embryo culture work and statistical analysis. A.D. was involved in sexing of embryos and gene expression study, I.J.R. was involved in manuscript preparation and gene expression study. D.K.D. and D.P. were involved in estimating polarity of oocytes. R.B. was involved in experimental design and manuscript editing.

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**Competing interests**

The authors declare no competing interests.

**Additional information**

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