The Acceleration of the Universe, a Challenge for String Theory

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Abstract: Recent astronomical observations indicate that the universe is accelerating. We argue that generic quintessence models that accommodate the present day acceleration tend to accelerate eternally. As a consequence the resulting spacetimes exhibit event horizons. Hence, quintessence poses the same problems for string theory as asymptotic de Sitter spaces.

Keywords: string theory, cosmology, quintessence.
1. Introduction

Recent observations of supernovae indicate that the universe is accelerating [1] [2]. This suggests that, at present, the energy density of the universe is dominated by a fluid with equation of state $p < -\frac{1}{3} \rho$. If this inequality persists for all future times, the universe will eternally accelerate and hence exhibit an event horizon. The holographic principle then implies that a finite dimensional Hilbert space is sufficient to describe the universe [3] [4] [5] [6]. This peculiar property has recently been discussed in the literature, in the context of asymptotic de Sitter cosmologies, by Banks [7] and elaborated on by others [8]. The same line of argument presented by these authors can be repeated in the more general context of an eternally accelerating universe.

A universe with an event horizon poses serious challenges for string (M-) theory (we will use the name 'string theory' in the rest of the paper for the Underlying Theory). It is quite a difficult task to find a string theory that manages somehow to have a finite number of states. Achieving this goal would still leave the formidable task of formulating meaningful questions, i.e. finding observables, within string theory in a universe with an event horizon. Constructing a conventional S-matrix is not possible because the local observer inside his horizon is not able to isolate particles to be scattered. One is left with the problem of finding alternatives to a conventional S-matrix; for recent proposals, see [8] [9].

Let us return to the claim that, at present, the universe is accelerating. For the sake of argument we will assume that this result will be confirmed. This alone does not imply that the universe will accelerate indefinitely. In the case of an asymptotic de
Sitter universe indefinite acceleration does indeed take place, leading to the problems mentioned above. Quintessence [10] [11] offers a possible explanation for the observed acceleration of the universe without invoking a cosmological constant. From a string theory point of view, quintessence at first sight seems more palatable than having a true cosmological constant, as scenarios in string theory can be entertained where moduli play the role of quintessence.

The claim we make in this short paper is that, quite generically, quintessence also leads to cosmologies with event horizons and hence carries with it the same challenges for string theory as does a cosmological constant. We discuss some possible loopholes to this conclusion.

The paper is organized as follows: in section 2, we discuss the general properties of an accelerating universe. In section 3, we consider several realizations of quintessence. We conclude in the last section by comparing the implications of quintessence for string theory with those of a cosmological constant.

2. Brief history of an accelerating universe

The universe at large scales and in the recent cosmological past can be described by a flat Friedman-Robertson-Walker universe

\[ ds^2 = -dt^2 + a^2(t)(dr^2 + r^2d\Omega^2), \]

with a perfect fluid as matter content. Einstein’s field equations for this setup yield

\[ 3\frac{\dot{a}^2}{a^2} = 8\pi\rho(a) \]
\[ 3\frac{\ddot{a}}{a} = -4\pi(\rho + 3p). \]

Here, \( \rho \) and \( p \) are the energy density and the pressure of the perfect fluid that fills the universe (the second equation, incidently, follows from the first and the thermodynamic relation \( dE = -pdV \), valid for isentropic expansion).

From equation (2.2), we can read off the condition for the expansion of the universe to be accelerating:

\[ p < -\frac{1}{3}\rho. \]

An eternally accelerating universe exhibits an event horizon: there exist regions of spacetime that remain inaccessible to the geodesic observer at arbitrary late times. In FRW spaces, this occurs whenever light rays, emitted at time \( t_0 \), only travel a finite
coordinate distance throughout the remaining history of the universe, i.e. whenever the integral
\[ \Delta = \int_{t_0}^{\infty} \frac{dt}{a(t)} \]
converges: events whose coordinates at time \( t_0 \) lie beyond \( \Delta \) can then never communicate with the observer at \( r = 0 \).

Let us assume an ideal fluid with the equation of state \( p = \kappa \rho \), \( \kappa \) fixed. It is not hard to solve Einstein’s equations in this case to obtain
\[ \rho \sim a^{-3(1+\kappa)} \] (2.4)
and thus
\[ a(t) \sim t^{\frac{2}{3(1+\kappa)}} \] (2.5)
We see that the condition for the existence of an event horizon is \( \kappa < -\frac{1}{3} \), thus coinciding with the condition for an accelerating universe, equation (2.3).

The same argument can be made with the help of Penrose diagrams. FRW spaces are conformally flat, i.e. their metric can be written as \( ds^2 = a(\tau)^2(-d\tau^2 + dr^2 + r^2d\Omega^2) \). Their Penrose diagram can therefore be embedded in that of Minkowski space. Conformal time \( \tau \) is determined by the differential equation
\[ \frac{d\tau}{dt} = \frac{1}{a(t)} \]. (2.6)
Cosmological time \( t \) ranges from 0 to \( \infty \). Fixing \( \tau(t_0) = \tau_0 \) at an arbitrary time \( t_0 \), \( \tau(0) \) and \( \tau(\infty) \) are determined by the integrals:
\[ \tau(0) = \tau_0 - \int_0^{t_0} \frac{1}{a(t)} \] (2.7)
\[ \tau(\infty) = \tau_0 + \int_{t_0}^{\infty} \frac{1}{a(t)} \]. (2.8)
With the scale factor given by equation (2.5), \( \kappa < -\frac{1}{3} \) implies the divergence of the first and the convergence of the second integral (and vice versa for \( \kappa > -\frac{1}{3} \)). Therefore, with an appropriate choice of \( \tau_0 \), \( \tau \) can be made to range, for the case of this eternally accelerating universe, from \( -\infty \)

\begin{figure}[h]
\centering
\includegraphics[width=0.5\textwidth]{penrose_diagram.png}
\caption{The lower triangle is the Penrose diagram for flat FRW space with \( \kappa < -\frac{1}{3} \). The shaded triangle is the region accessible to the observer at \( r = 0 \).}
\end{figure}
to 0. The Penrose diagram for this FRW space hence covers the lower triangle of the Penrose diagram for Minkowski space, as indicated in figure 1. The existence of an event horizon can now be read off from the fact that $\mathcal{I}^+$ is spacelike.

The model we have been considering so far does not coincide with the cosmological Standard Model, in which the universe was dominated by radiation and then by matter in the far past, certainly not by a $\kappa < -\frac{1}{3}$ fluid. For the purposes of this paper, we are interested in the resulting modifications to our analysis only to the extent in which the conformal structure of spacetime is altered. It therefore suffices to add a second component to our fluid, say with $\kappa = \frac{1}{3}$ for radiation (in fact any $\kappa > -\frac{1}{3}$ component would have the same effect):

$$p = \frac{1}{3}\rho_r + \kappa \rho_q.$$ (2.9)

Solving the equations (2.1) and (2.2) for this case, we see that the overall energy density is

$$\rho = \frac{c_r}{a^4} + \frac{c_q}{a^{4(1+\kappa)}}.$$ (2.10)

With the initial condition $a(0) = 0$, the radiation component will dominate at early times, but then redshift away more quickly than the $\kappa < -\frac{1}{3}$ component. The behavior of the scale factor will thus be dictated by $\rho_r$ at early times and by $\rho_q$ at late times:

$$a_{\text{early}}(t) \sim t^{\frac{2}{3}},$$

$$a_{\text{late}}(t) \sim t^{\frac{1}{2(1+\kappa)}}.$$ (2.11) (2.12)

Repeating our previous analysis, we find that the total duration of the universe in conformal time in this spacetime is finite. The corresponding Penrose diagram, embedded in that of Minkowski space, is depicted in figure 2. Now, both $\mathcal{I}^-$ and $\mathcal{I}^+$ are spacelike. The presence of an event horizon is, of course, not altered by this modification.

Does the existence of an event horizon imply the presence of Hawking radiation? The entire accelerated universe is conformally equivalent to the steady-state universe (i.e. spatially flat de Sitter space). In the case of a purely $\kappa < -\frac{1}{3}$ fluid (figure 1), the
region of the Penrose diagram accessible to a local observer at $r = 0$ is conformally equivalent to static de Sitter space. The discussion in [12] hence suggests that the analysis for de Sitter space should equally well go through for our accelerated FRW spaces. The more realistic model (figure 2) is conformally equivalent to an asymptotically de Sitter Big Bang model. Therefore, by the same token, the existence of a thermal heat bath in asymptotic de Sitter space would imply the existence of a thermal heat bath in this case as well. The existence of a temperature would be another impediment to constructing an S-matrix. A local observer does not see free particles near the horizon, rather they appear immersed in a bath of photons which are highly energetic as a result of blue-shifting.

3. Quintessence

Quintessence endeavors to replace an inert cosmological constant with a dynamic negative pressure component. For the purpose of this paper, quintessence will refer to a minimally coupled (pseudo)scalar field with a potential that decreases as the field increases. The field couples to gravity through a Lagrangian of the form:

$$L = \sqrt{g} \left( \frac{1}{2} (\partial \phi)^2 + V(\phi) \right). \tag{3.1}$$

The stress-energy tensor can be cast in the perfect fluid form. If we assume that the field is spatially homogenous then the energy density and pressure are given by:

$$\rho = \frac{1}{2} \dot{\phi}^2 + V(\phi) \tag{3.2}$$

$$p = \frac{1}{2} \dot{\phi}^2 - V(\phi). \tag{3.3}$$

The equation of state then takes the form:

$$\kappa = \frac{\dot{\phi}^2 - 2 V(\phi)}{\dot{\phi}^2 + 2 V(\phi)}. \tag{3.4}$$

The equation of state thus ranges over $-1 < \kappa < 1$, depending on the dynamics of the field. When the kinetic energy dominates the potential, the equation of state is such that $\kappa \sim 1$. In this case, the arguments in the last section tell us that the energy density is red-shifted away at the maximum rate consistent with causality, $\rho_\phi \sim a^{-6}$. When $\dot{\phi}^2 < 2 V(\phi)$, the factor $\kappa$ falls below 0 and the field acts as a negative pressure component. If $\dot{\phi}^2 < \nabla(\phi)$ then $\kappa < -\frac{1}{3}$ and the field contributes to the acceleration of the universe. Quintessence models, to be consistent with current observation, must evolve
into this last regime where the dominance of the potential energy leads to acceleration. Our point is that the most commonly studied models tend to remain in this regime eternally, thus yielding indefinitely accelerating spacetimes with all the complications discussed above. To demonstrate this last point, we present analytical and numerical analyses of three common quintessence models that lead to a perpetually accelerating universe.

To study the evolution of quintessence scenarios, we solve, either analytically or numerically, the coupled Einstein equations for the field $\phi$ and the scale factor $a$. For a Robertson-Walker spacetime the Lagrangian (3.1) gives the equation of motion:

$$\ddot{\phi} + 3H \dot{\phi} + V'(\phi) = 0. \quad (3.5)$$

This equation, combined with the Hubble equation (2.1), determines the evolution of the universe.

We begin by reviewing a discussion presented by Ratra and Peebles [10], in which the potential for the scalar field consistent with the equation of state $p = \kappa \rho$ for fixed $\kappa$ is derived. This condition allows us to express $\dot{\phi}^2$ and $V(\phi)$ in terms of $\rho$:

$$\dot{\phi}^2 = (1 + \kappa)\rho \quad (3.6)$$

$$V(\phi) = \frac{1}{2}(1 - \kappa)\rho. \quad (3.7)$$

Substituting expression (3.6), solved for $\rho$, into Einstein’s equation (2.1) gives a differential equation for $\phi(a)$ [10]

$$\frac{d\phi}{da} = \frac{\sqrt{6(\kappa + 1)}}{a}, \quad (3.8)$$

which can be trivially solved. Incorporating equation (2.4), which relates the density to the scale factor, we find the potential

$$V(\phi) \sim \exp \left( -\sqrt{\frac{3}{2}} (\kappa + 1) \phi \right). \quad (3.9)$$

Given this solution, Ratra et Peebles demonstrate that a special solution for the scalar field and the scale factor indeed exists such that the equation of state $p = \kappa \rho$ is satisfied. Using linear analysis, they demonstrate that for $\kappa < -\frac{1}{3}$, nearby solutions asymptote to this special solution for large $t$. If we choose $\kappa < -\frac{1}{3}$ to guarantee acceleration at our present era, this class of potentials thus generically leads to eternal acceleration.

A second scenario which leads to a perpetually accelerating universe involves inverse power law potentials of the form:

$$V(\phi) = \frac{M^{4+n}}{\phi^n}. \quad (3.10)$$
Figure 3: Asymptotic behavior of the equation of state for various inverse power law potentials. The equation of state is taken to be $\kappa \sim -0.6$ at present. Measurements of $\Omega_m$ and properties of tracking solutions fix the initial conditions. $\tau$ is measured in units of $1/H_0$.

These models were originally studied in [10]. Later, they were extensively studied in [13], where the authors demonstrated the existence of ‘tracker solutions’ which approach a common cosmic evolutionary path from a wide range of initial conditions. Using the analytical techniques of [10] or solving equations (3.5) and (2.1) numerically demonstrates that these potentials result in solutions which asymptotically approach an equation of state $p = -\rho$, guaranteeing an eternally accelerating universe. Figure 3 shows the distant future behavior of the equation of state for various inverse power law potentials.

Many of the arguments that apply to inverse power law potentials can be extended to potentials which are functions of inverse powers of $\phi$. An example is the exponential potential studied in [14]:

$$V(\phi) = M^4 \left( \exp\left( \frac{M_P}{\phi} \right) - 1 \right). \quad (3.11)$$

A direct numerical analysis of the equations for $\phi$ and $a$ shows that solutions of these models also asymptote towards $p = -\rho$, again resulting in an accelerating universe. One example is plotted in Figure 4.

The last two potentials belong to a wider class of potentials referred to as ‘runaway scalar fields’ [15]. For a runaway scalar field, $V$, $V'$, $V''$ all approach 0 as $\phi \to \infty$. Also, the ratios $V'/V \to 0$ and $V''/V \to 0$ as well. In addition to the analytic and numerical methods mentioned above, there is an argument by Steinhardt [15] that
Figure 4: Asymptotic behavior of the equation of state for the potential (3.11). $\tau$ is measured in units of $1/H_0$.

states that a runaway scalar field insures the eventual acceleration of the universe. Steinhardt argues that there exists a value of $\phi$, the ‘sticking point’, beyond which the Hubble expansion overdamps the kinetic energy of the field, leading to a negative pressure component which eventually dominates matter and radiation and leads to an accelerating universe.

There are various loopholes that provide an alternative to a perpetually accelerating universe. One possibility is that the potential does not decrease forever, but reaches a minimum at some finite $\phi_0$ where $V(\phi_0) = 0$ and $V''(\phi_0) > 0$. The field’s current slow roll towards this minimum emulates a cosmological constant. However, once the field reaches $\phi_0$ it undergoes damped oscillations. This behavior corresponds to the equation of state for non-relativistic matter, $p = 0$, leading to a decelerating universe.

Another possibility is that the potential $V(\phi)$ decreases to a minimum $V(\phi_0) = 0$ and then becomes flat for $\phi > \phi_0$. This is equivalent to domination by kinetic energy, resulting in a decelerating universe with equation of state $p = \rho$.

Yet another possibility is that the scalar field eventually decays into two photons. A coupling of the form $\phi F_{\mu\nu} F^{\mu\nu}$ would induce a time dependence of the fine structure constant. Current limits set by studies of the ‘Oklo Natural Reactor’ suggest a bound ([16] and references therein) as tight as:

$$|\dot{\alpha}/\alpha| < 10^{-15} \text{ yr}^{-1},$$

implying that the $\phi F_{\mu\nu} F^{\mu\nu}$ coupling would be unnaturally suppressed. We might try an
axion-like coupling instead, $\phi F_{\mu\nu} \tilde{F}^{\mu\nu}$. This interaction is constrained by astrophysical considerations, albeit not as stringently as the previous one. However, if we choose to conserve parity, the axial-coupling implies that $\phi$ is a pseudo scalar, so we must now also worry about long-range spin-spin forces. In a nutshell, such a decay, while possibly not ruled out, does not present itself naturally. For further discussion see [17] [18] and references therein. None of these loopholes seem particularly convincing as they all require rather special properties from the vantage point of string theory.

4. Conclusions

The various examples discussed in the previous chapter show that rather generically, quintessence models result in spacetimes with event horizons, much like asymptotic de Sitter spaces. A universe endowed with an event horizon raises challenging questions for string theory. These questions have been recently elaborated on in the context of asymptotic de Sitter space [7] [8] [9]. One can repeat this exercise for a universe that undergoes eternal acceleration. The main puzzle is what replaces the S-matrix in a universe with an event horizon, as one does not have the leisure in such a case to isolate probes from one another or from the thermal bath in which they are immersed. A related question is what the observables are in a string theory that is described by a finite dimensional Hilbert space. We refer the reader to the previous references for discussions on this frustrating question.

The observation that the expansion of the universe is accelerating implies that the dominant form of energy density today satisfies $p < -\frac{1}{3} \rho$. Our main message is that generic quintessence models that satisfy this inequality at present tend to satisfy it eternally. The resulting spacetimes thus exhibit event horizons. Quintessence, very much like a cosmological constant, presents a serious challenge for string theory.

Note Added: As we were completing this paper, S. Hellerman, N. Kaloper and L. Susskind informed us of their work [19], in which they reach similar conclusions.

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