They do, They Get and They Know; How to Motivate Learner to Upgrade Their Learning Quality

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They do, They Get and They Know; How to Motivate Learner to Upgrade Their Learning Quality

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Abstract. A learning process that occurs in the classroom is a very important thing to note the quality, so it can be a determinant of student success in understanding the content of the lesson. The success of the learning process could be seen from the learning outcomes and the level of positive activities of students while in class. Students who are active in the classroom at the time of learning happen mean interest to the content of the lesson and will make their understanding deeper. In some learning processes in the classroom, the authors observed that in the first weeks of learning the level of student activity was very low. This is due to low student learning motivation. The author applies a method named: they do, they get, and they know. This method is very influential on the increase of learning activities because it affects the psychology of students to improve their learning motivation. After study in this method at two different courses in university, authors make a conclusion in the end that the method is effective to increase the frequency of student positive activity, so this method plays a role in improving the quality of learning.

1. Introduction
This study aims to observe how a learning method can affect students' motivation to learn. Often teachers make innovations in the implementation of learning in the form of teaching methods, but often also forgotten whether the innovation can foster students' motivation in learning or not. Students who do not have motivation in learning, will not get results in accordance with educational demands. Teachers have difficulty finding suitable methods to carry out learning because they feel that they have applied variations of learning methods, but forget about the existence of motivational components for each method used. Teachers who are able to understand how to teach and have many sources of information have a great opportunity to improve the quality of learning [1]. Briefly mentioned that any method used in learning can be adjusted to the condition of students as long as teachers are able to provide learning motivation to the students. Although teachers should not only play a role to motivate students, but also play a role to maintain the motivation that already exist in students. If students who already have the motivation but no effort to maintain it then will be at risk students will leave the classroom [1].

Researchers have observed about the students' initial motivation in 2 subjects (Animal Structure and Animal Development) in Biology Department of FMIPA Universitas Negeri Padang. The result of the observation is that the students in both courses at the beginning of the lecture have low motivation to learn. This is known by observing the frequency of student activity. The intended activity is a positive activity supporting the learning, which is asking questions, providing answers, criticizing and...
suggestions for the improvement of materials and conclude the concept of learning. The frequency of these activities is still low and very apprehensive if it continues to be ignored. The problem of low students' willingness to participate in the learning process resulted in a tedious and meaningless learning atmosphere. Should be meaningful learning to be a concern by educators to the realization of an interesting learning conditions and fun. Teachers are required to create a conducive and effective learning environment for students to have a pleasant learning experience [2]. A fun feeling for students while learning, will improve the effectiveness of the learning process [3]. Kreber states one of the characteristics of an excellent teacher is a teacher who can motivate students [4].

Meaningful learning can be realized by motivating students. Therefore, the researchers are interested to use innovative methods that are based on student motivation. Students need motivation to learn from the people around them to arise desire to participate actively in learning [5]. This innovative learning method "They Do, They Get and They Know". Basically, this method has long been done in the classroom during the learning process in various places, but not many realize the importance of the method to be informed to the public through a research and research reports such as in this publication. This method focuses on improving student motivation to be more active to carry out the learning with the higher the frequency of activity and the higher quality.

The assumption of this research is that there is an increase of motivation in students by applying this method. In the longer term, this method will affect the frequency of student activity in each lecture meeting towards a better direction. Students who are motivated to learn will increase participation in learning [6].

2. Methods
This research is action research. Elliot mentioned that action research is a study conducted by teachers who want to study, reflect and report on the results of their own teaching [7]. The stages of this research are:

2.1. Observation
Observe the condition of students during lectures. Focus of observation is on the number of students who participate actively.

2.2. Notify
The researcher tells the students that it will record the activity of each lecture every week. This stage is not only done once at the beginning, but periodically continues until the end.

2.3. Take notes
Writing on the handwritten sheet every positive activity that students do during the lecture occurs every week.

2.4. Recapitulation
Record collected data and create tabulations.

This research was conducted on two courses in the Department of Biology FMIPA Universitas Negeri Padang, Animal Structure and Animal Development. To understand the research stages and research assumptions, see Figure 1.
3. Results

3.1. Implementation on the subject of Animal Structure
After application in the subject of Animal Structure, it is obtained the frequency data of student activity after observation for 14 times meeting described in Figure 2 as follows.

![Figure 2. Frequency of student activity during 14 times meeting](image)

3.2. Implementation on the subject of Animal Development
The frequency of student activity after 14 meetings also increased. The distribution of data in more detail can be seen in Figure 3.
Figure 3. Frequency of student activity during 14 times meetings

4. Discussions
Based on the data obtained after the treatment in the classroom, the researcher concludes that by giving opportunity to the students to know about the development of the learning result then the students will be motivated to continuously improve their learning activity. It shows that there has been the indirect stimulation to the students to continuously improve the quality of their learning. The obligation of teachers in the learning process is to motivate students to achieve optimal learning objectives [8].

The method used in the learning process within the scope of this research has stimulated the students. The stimulus leads students to improve learning conditions that initially have little activity turned into more activity with increasing frequency. This method stimulates students' intrinsic motivation. With an intrinsic motivation, students' ability in group discussion and understanding levels will increase [9, 10].

The assumption of this research is that there is something that causes the student not to be well active in the class before the method is applied. It is that there is no internal motivation to know and understand the material. The intrinsic motivation in one's self will direct itself to a better direction. In the learning process, intrinsic motivation can improve students' understanding because it leads to an increased ability to discuss and understand more about what is being learned [9, 10]. Intrinsic motivation leads a person to act according to his inner drive and will feel satisfied after something he has done well [11].

Motivation that grows in students after learning by using this method will attract student interest to positive activity in learning. Shadrikov states that motivation is something that directs a person to perform an activity and goal-oriented [12]. Interestingly, students compete with each other to increase activity during the learning process. Zimmerman and Schunk stated that if there is one student who has good learning motivation in a class, then it will be a trigger for other students [13].

This study does not pay attention to the influence of the methods used on student learning outcomes. Further research is expected to contribute to the answer.

5. Conclusion
The applied "They Do, They Get and They Know" method stimulates students' motivation to improve their learning quality in the course "Animals Development". This method has been successful in increasing students' understanding of the subject matter as they are motivated. Students' acceptance of something depends on their inner motivation, the teacher's motivation and inspiration of their peers [14].
The researcher expressed gratitude to all parties who have cooperated in this research, because without its support then this research will not reach the level of good quality as when now. Then, the researchers also hope that this research can be continued until the experimental stage to see the effect of this method on student learning outcomes quantitatively.

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