A Cancer Risk Assessment of Inner-City Teenagers Living in New York City and Los Angeles

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Abstract:

The health risks associated with exposures to common urban air pollutants have focused primarily on the six U.S. Environmental Protection Agency (EPA) criteria air pollutants. Much less is known about exposures and adverse health impacts of the mix of >100 hazardous air pollutants (HAPs) identified by the U.S. EPA in the 1990 Clean Air Act Amendments as posing health risks to the general population. One important chronic health impact associated with exposures to HAPs is cancer. Of the 188 HAPs, 91 compounds are known, probable, or suspected carcinogens with available inhalation unit risks, including many volatile organic compounds (VOCs) (Woodruff et al. 1998).

Most individuals are exposed to HAPs while indoors (residence, workplace, school, and vehicles), where people spend most of their time. Indoor concentrations of HAPs, however, can originate from outdoor as well as indoor sources. Regulatory efforts by the U.S. EPA have focused primarily on ambient concentrations (emissions, measurement, and modeling). For example, in 1995 the U.S. EPA undertook the Cumulative Exposure Project (CEP), modeling concentrations of 148 HAPs using emissions data in conjunction with an air dispersion model, the Assessment System for Population Exposure Nationwide (Woodruff et al. 1998). The results from the CEP modeling efforts showed that in both New York City (NYC) and Los Angeles (LA), cancer risks of most VOCs exceeded the U.S. EPA benchmark (1 × 10⁻⁶ risk for a lifetime) by at least a factor of 2 but as much as a factor of 100 for some compounds (Caldwell et al. 1998). More recently, the U.S. EPA conducted the National Air Toxics Assessment (NATA) using emissions data from 1996 for 33 priority HAPs, most of them VOCs (U.S. EPA 2001).

These efforts by the U.S. EPA help characterize HAP concentrations, model trends over time, and help prioritize research and regulatory actions. However, ambient concentrations fail to account for additional exposures from indoor sources. The U.S. EPA has recognized these limitations and is currently developing an exposure model that includes exposures indoors and in other microenvironments (U.S. EPA 2001). However, the dearth of studies on indoor and personal concentrations of HAPs has hindered the development of accurate exposure models. Studies that have addressed personal exposures show a general trend of personal concentrations exceeding indoor concentrations, which in turn exceed ambient levels. In addition, interpersonal variation of personal HAP exposures depends on activity patterns and type of indoor environments encountered (Adgate et al. 2004; Akland 1993; Calderon et al. 2003; Caussey et al. 2003; Chillrud et al. 2004; Clayton et al. 1999; Wallace 1987; Wallace et al. 1988, 1989; Weisel 2002).

The Toxics Exposure Assessment Columbia–Harvard (TEACH) project collected data on personal, indoor, and outdoor concentrations of various HAPs, including a suite of VOCs, aldehydes, and particle-bound elements, with the goal of determining levels of exposure and potential cancer risks among a sample of urban teenagers (Kinney et al. 2002). The study population consisted of inner-city high school students living in NYC and LA. Two-day samples were collected in NYC and LA in two seasons. In this article, we present estimated cancer risks associated with personal exposures to VOCs and particle-bound elements, apportioned to indoor home and outdoor home microenvironments. In addition, we present the contribution to the total personal cancer risk from each of the compounds. Finally, personal exposure estimates are compared with U.S. EPA–modeled ambient estimates.

Materials and Methods

We recruited nonsmoking teenagers (13–19 years of age), from nonsmoking homes, from

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The A. Philip Randolph High School in west Harlem in NYC and the Jefferson High School in south central LA. Recruitment details are described elsewhere (Kinney et al. 2002). The protocol was approved by the Columbia Health Sciences Institutional Review Board and the Harvard Human Subject Committee. Also, all of the participants and their parents or guardians signed consent forms before involvement in the study.

A personal sample, home indoor sample, and home outdoor sample were collected for each participant. Sampling was conducted in two seasons, winter (February–April 1999) and summer (June–August 1999) in NYC and winter (February–March 2000) and fall (September–October 2000) in LA. The seasons were chosen to try to maximize the potential differences in pollutant concentrations, with higher concentrations typical in winter and lower concentrations in summer/fall for most VOCs and particle-bound elements in this analysis (Sax et al. 2004).

In NYC, 46 individuals were sampled, 38 in winter and 41 in summer, with 33 subjects monitored in both seasons. Most of the homes were located in upper Manhattan and the Bronx (>80%) and the rest in the Brooklyn and Queens boroughs of NYC. In LA, we had 40 winter participants and 35 fall participants, of whom 34 were sampled in both seasons. All homes located in south central LA were within 5 km (3.1 miles) of the school.

The personal sampler was run by a BGI pump (BGI Inc., Waltham, MA) with the flow split three ways to collect particulate matter with aerodynamic diameter ≤ 2.5 μm (PM2.5) on a Teflon filter at 4 L/min, VOCs with a thermal desorption tube at 1.8 standard cc2/min, and aldehydes using a 2,4-dinitrophenylhydrazine (DNPH)-coated C18 sampler at approximately 100 standard cc2/min. This personal sampler was housed in a customized backpack that the students carried over their shoulders. The indoor monitor was typically located in the living room, and the outdoor sampler was set up to monitor through a window. Two sampling boxes containing three 7 L/min pumps (Medo, Inc., Hanover Park, IL) were used to collect samples inside and outside of each subject’s home, as described previously (Sax et al. 2004). Each week of the campaign three to five participants were sampled. A sampling session consisted of a 48-hr period only on weekdays, typically Tuesday through Thursday.

Target VOCs were collected on multisorbent “Air Toxics” tubes (PerkinElmer, Norwalk, CT). The sampling and analytical methods are described in U.S. EPA’s compendium method TO-17 (U.S. EPA 1999a; Woollenend and McClenny 1997). Analysis of VOC tubes was carried out using a PerkinElmer model 400 automatic thermal desorber-connected to a Hewlett Packard model 5890II gas chromatograph and model 5971 mass selective detector (Hewlett Packard Co., Palo Alto, CA). Aldehydes were sampled using the methodology described in the U.S. EPA’s compendium method TO-11A (U.S. EPA 1999b), with air pumped through a C18 cartridge coated with acidified DNPH. The coated samplers were obtained from AtmAA, Inc. (Calabasas, CA). The DNPH derivatives (hydrzones) were eluted with acetonitrile and then analyzed using high-performance liquid chromatography with a Hewlett-Packard 1100 and ultraviolet detection at 360 nm.

Field blanks were used to determine background contamination and to calculate limits of detection (LODs). LODs were generally ≤ 1 μg/m3 except for methylene chloride, benzene, 1,4-dichlorobenzene, and toluene for select cities and seasons. We calculated the mean relative difference (MRD) as a measure of precision by taking the absolute difference of a pair of duplicates divided by the mean of the pair. For most compounds, the MRD was <25%; 1,3-butadiene had the highest MRD (41%). Details can be found elsewhere (Sax et al. 2004). VOC and aldehyde breakthroughs were tested using backup tubes, and concentrations were indistinguishable from blanks. Samples lost because of equipment or analytical problems were excluded from data analysis. All concentrations were blank corrected, and negative values were set to zero.

PM2.5 was collected on Teflon filters housed in plastic cassette attached downstream from a BGI cyclone with a 2.5-μm cut point when operated at 4 L/min ± 10%. Filters were prepared for determination of 28 elements by magnetic-sector high-resolution inductively coupled-plasma mass spectrometry (HR-ICP-MS). Diluted digests were analyzed by HR-ICP-MS for all isotopes of interest at the appropriate resolving power to avoid isotopic interferences. Winter NYC samples were run on a Finnegan Element [Finnigan-Mat, Bremen, Germany (now Thermo Electron Co., Waltham, MA)]; all other digests were run on an Axiom [VG-Elemental, Winsford, UK (now Thermo Electron)]. Detailed analytical methods can be found elsewhere (Chillrud et al. 2004). Quantification was done by external and internal standardization. Reproducibility of field blank samples (3x SD) was used to derive sample detection limits. No chromium, beryllium, and arsenic data are reported for NYC winter because of high procedural blanks. Aliquots of standard reference material (SRM) 1648 (urban particulate matter) from the National Institute of Standards and Technology (Gaithersburg, MD) were digested and analyzed in the same manner as the samples several times during the course of the sample analyses. Recoveries for most analytes were within 10% of reported values for the SRM and within 20% for all reported analytes. Precision estimates, based on the median percent difference of pairs of duplicate samples, were 20% or better for most analytes, with chromium the exception at about 30%.

We averaged personal, indoor, and outdoor concentrations across seasons if the subject had measurements for both seasons; if not, then data from a single season were used. For example, in NYC for 1,4-dichlorobenzene we had a total of 66 measurements, of which 50 came from paired winter–summer samples (representing 25 participants) and the remaining 16 were unmatched from 16 individuals, for a total of 41 individuals.

We used inhalation unit risk factors representing the probability that an individual will develop cancer as a result of exposure to 1 μg/m3 of the compound over a lifetime (70 years). They are typically nonthreshold linear, high-dose to low-dose extrapolations from animal or occupational studies. The unit risks for each individual were calculated by using maximum-likelihood estimates from a dose–response relationship or represent the 95th upper-bound estimate. Unit risk values were taken from the Integrated Risk Information System (U.S. EPA 2005b) when available and alternatively from the California Environmental Protection Agency (CalEPA 2002). We determined the cumulative risks by adding across the target VOCs.

The contribution to total personal cancer risk from indoor and outdoor sources was calculated by using time-weighted concentrations of indoor and outdoor home concentrations, using the following model:

\[
C_{\text{per}} = C_{\text{winds}} + C_{\text{wouts}} + C_{\text{wother}}
\]

where

\[
C_{\text{winds}} = \frac{(C_{\text{in}} \times T_{\text{in}} \times f_{\text{in}})}{T}
\]

\[
C_{\text{wouts}} = \frac{(C_{\text{out}} \times T_{\text{out}} + C_{\text{in}} \times T_{\text{in}} \times f_{\text{out}})}{T}
\]

\[
C_{\text{wother}} = C_{\text{winds}} - C_{\text{wouts}}
\]

\[
C_{\text{per}}
\]

is the measured personal concentration (micrograms per cubic meter); \(C_{\text{winds}}\) is the time-weighted indoor concentration from indoor sources (micrograms per cubic meter); \(C_{\text{wouts}}\) is the time-weighted concentration from outdoor sources, including both exposure occurring outdoors and exposure occurring indoors at home attributable to outdoor sources (micrograms per cubic meter); \(C_{\text{wother}}\) is the time-weighted concentration from outdoor sources other than indoor sources (micrograms per cubic meter). \(C_{\text{in}}\) is the concentration measured in each home (micrograms per cubic meter); \(C_{\text{out}}\) is the concentration measured outside the home (micrograms per cubic meter); \(T\) is the total sampling time (min); \(T_{\text{in}}\) is the time spent indoors (minutes); \(T_{\text{out}}\) is the...
Table 1. Descriptive statistics of personal, indoor, and outdoor home concentrations averaged across season.

| Compound                  | No. | % > LOD | Med ± SD | Min | Max | % > LOD | Med ± SD | Min | Max | % > LOD | Med ± SD | Min | Max | % > LOD | Med ± SD | Min | Max |
|---------------------------|-----|---------|----------|-----|-----|---------|----------|-----|-----|---------|----------|-----|-----|---------|----------|-----|-----|
| NYVOCs (µg/m³)            |     |         |          |     |     |         |          |     |     |         |          |     |     |         |          |     |     |
| 1,3-Butadiene             | 41 (25) | 61 | 0.75 | 0.97 ± 1.15 | ND  | 5.25 | 65 | 0.50 | 1.01 | 9.02 | 18 | ND | 0.13 | 1.99 |
| 1,4-Dichlorobenzene       | 41 (25) | 100 | 9.66 | 41.7 ± 72.5 | 2.05 | 313 | 95 | 8.23 | 75.0 | 1,452 | 77 | 2.24 | 4.59 | 34.1 |
| Acetaldehyde              | 46 (31) | 100 | 12.8 | 17.4 ± 14.0 | 1.23 | 86.0 | 100 | 13.1 | 16.7 | 91.8 | 100 | 3.24 | 3.41 | 7.50 |
| Benzene                   | 41 (25) | 93 | 3.27 | 3.82 ± 2.38 | 1.28 | 12.3 | 83 | 2.75 | 3.64 | 20.7 | 49 | 1.45 | 1.82 | 4.93 |
| Carbon tetrachloride      | 41 (25) | 100 | 0.58 | 0.60 ± 0.47 | 0.47 | 0.92 | 98 | 0.59 | 0.60 | 0.89 | 97 | 0.59 | 0.58 | 0.86 |
| Chloroform                | 41 (25) | 100 | 2.67 | 2.95 ± 1.90 | 0.39 | 8.43 | 100 | 2.40 | 2.96 | 8.17 | 62 | 0.17 | 0.24 | 1.39 |
| Ethylene dichloride       | 41 (25) | 100 | 1.92 | 2.48 ± 1.91 | 0.85 | 9.79 | 100 | 1.65 | 2.48 | 17.9 | 100 | 1.08 | 1.33 | 5.29 |
| Formaldehyde              | 46 (31) | 100 | 17.1 | 21.4 ± 12.6 | 1.50 | 55.1 | 100 | 15.6 | 17.7 | 46.0 | 98 | 3.08 | 3.53 | 7.35 |
| Methylene chloride        | 41 (25) | 90 | 1.88 | 6.90 ± 23.3 | 0.31 | 150 | 83 | 1.77 | 9.02 | 176 | 44 | 0.82 | 1.35 | 12.9 |
| MTBE                      | 41 (25) | 100 | 12.9 | 20.0 ± 33.6 | 4.81 | 224 | 100 | 12.0 | 18.8 | 185 | 97 | 10.3 | 12.5 | 73.0 |
| Styrene                   | 41 (25) | 100 | 0.83 | 1.22 ± 1.12 | 0.43 | 6.16 | 93 | 0.79 | 0.99 | 2.94 | 21 | 0.29 | 0.30 | 0.65 |
| Tetrachloroethylene       | 41 (25) | 100 | 3.69 | 8.75 ± 17.6 | 1.31 | 104 | 100 | 3.24 | 6.60 | 78.3 | 97 | 1.46 | 4.69 | 87.1 |
| Trichloroethylene         | 41 (25) | 90 | 0.36 | 1.78 ± 5.60 | ND  | 32.8 | 83 | 0.33 | 0.90 | 19.4 | 67 | 0.20 | 0.24 | 0.73 |
| Elements (ng/m³)          |     |         |          |     |     |         |          |     |     |         |          |     |     |         |          |     |     |
| Arsenic                   | 40 (0) | 100 | 0.40 | 0.45 ± 0.37 | 0.18 | 2.57 | 100 | 0.35 | 0.40 | 1.06 | 100 | 0.29 | 0.37 | 0.78 |
| Beryllium                 | 40 (0) | 98 | 0.0017 | 0.002 ± 0.0008 | 0.00027 | 0.0038 | 97 | 0.0014 | 0.0005 | 0.0034 | 96 | 0.0025 | 0.0028 | 0.011 |
| Cadmium                   | 45 (30) | 100 | 0.19 | 0.25 ± 0.21 | 0.07 | 1.09 | 100 | 0.15 | 0.17 | 0.77 | 98 | 0.12 | 0.14 | 0.40 |
| Chromium                  | 39 (0) | 90 | 1.04 | 1.99 ± 1.98 | 0.14 | 7.82 | 67 | 0.50 | 0.55 | 1.35 | 38 | 0.35 | 0.44 | 2.15 |
| Lead                      | 45 (30) | 100 | 5.34 | 45.6 ± 24.8 | 2.14 | 1,667 | 100 | 5.02 | 12.6 | 198 | 100 | 5.31 | 6.49 | 19.8 |
| Nickel                    | 45 (30) | 62 | 16.3 | 28.7 ± 52.8 | 1.62 | 353 | 48 | 15.7 | 23.7 | 348 | 30 | 19.2 | 21.3 | 94.3 |

Abbreviations: Max, maximum; Med, median; Min, minimum; MTBE, methyl-tert-butyl ether; ND, not detected.

**Results**

**Subject demographics.** In NYC, 46 self-reported nonsmoking students from nonsmoking homes were enrolled. Subjects' age ranged from 14 to 19 years, with 51 (67%) female and 15 (33%) male participants. The racial distribution was 43% African American, 50% Hispanic, and the remaining 7% either Asian or not reported. These and other sociodemographic characteristics were similar to a larger group of 611 students surveyed at the school (Sax 2003), except that the percentage of females was higher in our sample (67%) than in the surveyed population (58%). The NYC high school is a science and math magnet school drawing gifted students from across the city. In LA, of the 41 students that participated, 13 (33%) were male, 27 female (67.5%), and one had missing data. Most were Hispanic (93%) with one African American and one American Indian, reflecting the neighborhood demographics. Ages ranged from 13 to 17 years. The demographics of enrolled students were similar to those of the 733 students surveyed in the same school (Sax 2003), except we enrolled more female students.

**Exposures and cancer risks.** Descriptive statistics (median, mean, and maximum values) of the pooled personal, indoor, and outdoor concentrations are presented in Table 1, which shows the total number of participants and in parentheses the number of participants who completed at least one exposure assessment.

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with winter and summer/fall paired data. The percentage of samples above the LOD was greatest for personal samples, with most compounds detected in > 90% of samples. The exceptions were 1,3-butadiene and nickel, which had > 60% detects in NYC, and in LA, 1,3-butadiene and trichloroethylene (TCE), which had > 80% detects. Median personal concentrations of VOCs ranged from < 0.5 μg/m$^3$ for TCE in both NYC and LA, and for which had > 80% detects. Median personal concentrations were equal to or greater than median indoor concentrations and at least twice as high as median outdoor concentrations. The exceptions were carbon tetrachloride and MTBE in NYC and LA, and ethylbenzene and benzene in LA. In NYC, similar concentrations across indoor, outdoor, and personal environments were seen for most of the PM$_{2.5}$ particle-bounded elements, except for chromium. Mean personal concentrations of chromium were twice as high as indoor home concentrations and about three times higher than outdoor home concentrations. In LA, personal concentrations of beryllium were twice higher than indoor and outdoor levels, and nickel concentrations were about four times higher compared with indoor and outdoor concentrations.

Cancer risk estimates calculated based on measured personal concentrations are presented in Table 2. Risks are expressed as excess cancers per 1 million population based on exposures over a 70-year lifetime. Mean VOC cumulative risks were 957 per million population in this sample of NYC high school students (median, 666) compared with 806 in this sample of LA high school students (median, 486). The cumulative VOC risks for individual participants spanned from about 100 to > 4,100 excess cancers per million population in both cities’ teenage samples. In contrast, the mean

### Table 2. Upper-bound excess cancer risks for NYC and LA TEACH participants based on personal exposures.

| Compound                  | VOCs          | NYC | LA               |
|---------------------------|---------------|-----|------------------|
|                           | WOE           |     |                  |
|                           | Mean | Median | 90th percentile | Max | Mean | Median | 90th percentile | Max |
| 1,4-Dichlorobenzene       | NC           | 458 | 106              | 1,049 | 3,440 | 403 | 58.0 | 1,065 | 3,754 |
| Formaldehyde              | B1            | 278 | 223              | 529   | 716   | 291 | 267 | 391   | 679   |
| Chlorobenzene             | B2            | 65.6| 61.4             | 112   | 194   | 15.6| 13.2| 28.6  | 36.2  |
| Tetrachloroethylene       | NC            | 51.6| 21.8             | 89.6  | 615   | 32.2| 25.1| 50.4  | 86.7  |
| Acetaldehyde              | B2            | 38.4| 28.2             | 76.7  | 189   | 36.2| 32.4| 56.9  | 87.9  |
| Benzene                   | A             | 29.8| 25.5             | 45.0  | 96.0  | 14.0| 9.1 | 34.7  | 56.6  |
| 1,3-Butadiene             | B2            | 29.0| 22.4             | 66.8  | 158   | 8.4 | 8.2 | 10.2  | 11.4  |
| Carbon tetrachloride      | B2            | 9.06| 8.70             | 11.2  | 13.9  | 0.52| 0.43| 0.97  | 1.62  |
| 1,4-Dichlorobenzene       | B2,C          | 3.56| 0.72             | 2.81  | 65.5  | 4.52| 3.97| 7.18  | 10.6  |
| MTBE                      | NC            | 5.20| 3.37             | 6.41  | 59.3  | 1.13| 0.96| 2.77  | 4.16  |
| Methylene chloride        | B2            | 3.24| 0.88             | 3.90  | 70.5  |       |      |        |       |
| Ethylbenzene              | B2,C          | 1.24| 0.96             | 1.88  | 4.90  | 1.98| 1.56| 3.19  | 5.87  |
| Styrene                   | B2,C          | 0.61| 0.42             | 1.39  | 3.08  | 0.63| 0.57| 1.00  | 1.40  |
| Cumulative risk           | 957           | 666 | 1,539            | 4,156 |       | 806 | 486 | 1,449 | 4,344 |
| Elements                  |               |     |                  |      |       |      |      |       |       |
| Chromium VI               | A             | 23.8| 12.5             | 57.9  | 93.8  | 26.0| 19.1| 36.8  | 162   |
| Nickel, refinery dust     | A             | 6.88| 3.90             | 10.7  | 84.7  | 5.61| 4.38| 11.2  | 29.8  |
| Arsenic, inorganic        | A             | 1.93| 1.71             | 2.62  | 11.0  | 1.79| 1.72| 2.51  | 3.07  |
| Lead, inorganic           | B2            | 0.56| 0.064            | 0.18  | 0.20  | 0.10| 0.08| 0.11  | 0.77  |
| Cadmium                   | B1            | 0.45| 0.33             | 0.82  | 1.95  | 0.51| 0.47| 0.75  | 1.06  |
| Beryllium                 | B1            | 0.0043| 0.0041 | 0.0068 | 0.0086 | 0.0081| 0.0064| 0.014 | 0.041 |
| Cumulative risk           | 34.2          | 23.3| 76.0             | 135   |       | 34.0| 26.1| 48.4  | 173   |

Abbreviations: IARC, International Agency for Research on Cancer; IRIS, Integrated Risk Information System; Max, maximum; WOE, weight of evidence. Data from CalEPA 2002; IRIS (U.S. EPA 2005b); CEP (Caldwell et al. 1998). Cancer risks are presented as excess cancers per million population.

### Figure 1. Distribution of excess upper-bound cancer risks based on personal concentrations of TEACH teenagers in NYC and LA for VOCs (A) and elements (B). Cancer risks are on a log scale and are expressed as excess cancers per million population. Med, median. 5th, 25th, 75th, and 95th are percentiles. Abbreviations for VOCs: ACET, acetaldehyde; BUT, 1,3-butadiene; BZ, benzene; CHL, chloroform; CTET, carbon tetrachloride; DCB, 1,4-dichlorobenzene; EBZ, ethylbenzene; FORM, formaldehyde; MCH, methylene chloride; PERC, tetrachloroethylene; STY, styrene; Total, cumulative risks from all VOCs. Abbreviations for elements: As, arsenic; Be, beryllium; Cd, cadmium; Cr, chromium; Ni, nickel; Pb, lead; Total, cumulative risks from all elements.
cumulative risks for the elements were 34 per million population for both cities’ teenagers (median, 23 and 26 in NYC and LA, respectively), with a range of 3–173 per million over different subjects. The VOCs with the highest risks in both cities were formaldehyde and 1,4-dichlorobenzene (Table 2). In comparing the two samples of teenagers, NYC teenagers had significantly higher risks from chloroform (median, 61 vs. 8) and tetrachloroethylene (median, 22 vs. 13) than did those in the LA sample. Also, 1,3-butadiene risks were greater in NYC teenagers, although fewer samples were above the LOD for 1,3-butadiene in the NYC sample. Other VOCs had similar risks between the two cities. Figure 1 summarizes the risks across compounds for the two cities. The box plots indicate the 5th, 25th, 50th, 75th, and 95th percentiles of cancer risks for individual compounds and total cumulative risk based on personal concentrations.

Although formaldehyde and 1,4-dichlorobenzene were the largest contributors to risk overall, not all teenagers had the same percent contribution to total risk from these compounds. Figure 2 shows quartiles of teenagers rank ordered from lowest (quartile 1) to highest cumulative risk (quartile 4), with the mean percent contribution from each compound averaged within the quartile. For the teenagers in the high-risk quartile (quartile 4), 1,4-dichlorobenzene accounted for 65% of the total risk in NYC and 75% in LA, whereas in the lowest quartile, formaldehyde accounts for 45% of the risk in NYC and 60% in LA, and 1,4-dichlorobenzene was only 10–30% of the risk. Chromium is the element contributing most to the overall risk from particle-bound elements in both NYC and LA. In NYC, chromium accounts for a much larger fraction (75%) of the risk in the upper 75th percentile (quartiles 3 and 4) of the population, but in LA the contributions to personal risk were relatively constant across quartiles (70–80%).

Microenvironmental contributions to risk.
To examine the contributions to personal risk from home indoor sources, outdoor sources, and other microenvironments, concentrations were time-weighted using individual time–activity data. Further, indoor concentrations were apportioned to determine the fraction from outdoor and indoor sources. Exposures not accounted for by indoor home or outdoor sources were classified as “other” and could include exposures in the school or other indoor microenvironments (both the indoor and outdoor contributions to these environments) and commuting. The time–activity results are summarized in Table 3. An average of 18 hr was spent at home each day. Teenagers spent the second largest portion of their day at school. In NYC, all the teenagers were in school in the winter and were off in the summer, whereas in LA some teenagers attended school during both the fall and winter sampling periods. In LA, some students were out of school during one or both of the sampling seasons due to a year-round multisite school system. Note that all sampling days were weekdays.

Figure 3 summarizes the percent contributions from the indoor, outdoor, and other microenvironments for mean personal risks in NYC and LA teenagers. Indoor home sources accounted for > 40% of the risk for compounds that were the major contributors of personal risk. These included formaldehyde, acetaldehyde, chloroform, and 1,4-dichlorobenzene. Contributions to personal risk from benzene, MTBE, tetrachloroethylene, carbon tetrachloride, and TCE were largely from outdoor sources. For most VOCs, at least a third of the personal risk came from other microenvironments. In LA there was a greater contribution from nonhome environments compared with NYC. The contributions to personal risk from indoor sources were minimal for the elements, with most elements having > 50% contribution from outdoor sources. A noted exception was chromium in NYC, which had a large contribution (53%) from other microenvironments. In LA, contributions from other microenvironments were also high for beryllium (57%) and nickel (66%).

Comparison with U.S. EPA NATA-modeled risks. Estimated risks from the TEACH study were compared with estimated U.S. EPA risks that are based on ambient concentrations (U.S. EPA 2001). Comparing risks estimated from outdoor measured concentrations to risks from U.S. EPA–modeled concentrations can potentially increase confidence in the modeled results. Also, comparing measured personal risks to the U.S. EPA–modeled risk confirms the usefulness of using modeled concentrations to risk from each pollutant for approximately 10 teenagers. Risks are rank ordered from highest cumulative risk (quartile 4) to lowest cumulative risk (quartile 1). Abbreviations for VOCs: ACET, acetaldehyde; BUT, 1,3-butadiene; BZ, benzene; CHL, chloroform; DCB, 1,4-dichlorobenzene; FORM, formaldehyde; Other, carbon tetrachloride, tetrachloroethylene, ethylbenzene, methylene chloride, TCE, and styrene. Abbreviations for elements: As, arsenic; Be, beryllium; Cd, cadmium; Cr, chromium; Ni, nickel; Pb, lead.

Table 3. Hours per day spent in different microenvironments for teenagers in NYC and LA.

| Microenvironment | NYC winter (n = 38) (mean ± SD) | NYC summer (n = 41) (mean ± SD) | LA winter (n = 41) (mean ± SD) | LA fall (n = 34) (mean ± SD) | NHAPS (mean) |
|------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------|
| Home             | 17.1 ± 2.3                    | 19.7 ± 4.1                    | 16.8 ± 2.4                    | 19.2 ± 3.9                    | 16.5         |
| School           | 6.3 ± 2.8                     | 0.1 ± 0.5                     | 7.4 ± 2.3                     | 3.7 ± 3.4                     | NA           |
| In other         | 1.1 ± 1.3                     | 3.9 ± 3.2                     | 0.9 ± 1.6                     | 1.4 ± 1.8                     | 2.6          |
| Out other        | 1.0 ± 0.8                     | 1.4 ± 1.3                     | 1.0 ± 0.8                     | 1.5 ± 1.8                     | 1.8          |
| Subway           | 0.9 ± 0.8                     | 0.6 ± 0.7                     | 0.0                           | 0.0                           | NA           |
| Car/bus          | 0.5 ± 0.5                     | 0.5 ± 0.5                     | 0.5 ± 0.5                     | 0.9 ± 0.8                     | 1.3          |

Abbreviations: NA, not available; NHAPS, National Human Activity Patterns Survey (national overall mean n = 9,153; Klepeis et al. 2001).
concentrations to estimate personal risks. U.S. EPA–modeled concentrations were available from 1996 emissions inventories for most compounds, except for 1,4-dichlorobenzene, for which only the 1990 values were available (U.S. EPA 2001). Modeled concentrations for ethylbenzene and styrene were not available.

The comparison of median risk values from the U.S. EPA model, TEACH outdoor home concentrations, and TEACH personal concentrations are shown as pie charts in Figure 4A and B, for VOCs and elements, respectively. The size of the pie chart is proportional to the total risk, and each segment shows compound specific contributions. We used U.S. EPA median cumulative risk estimates for NYC (including New York, Kings, Bronx, and Queens Counties) and for LA County (U.S. EPA 2001). In NYC, the U.S. EPA and TEACH outdoor risk estimates were similar (120 vs. 96 per million, respectively). For LA, measured TEACH ambient concentrations yielded risk estimates that were twice as high as U.S. EPA–modeled estimates (120 vs. 64 per million, respectively). Both the modeled and the measured median ambient concentrations greatly underestimated median personal VOC risks in both NYC and LA. The overall cumulative risks differed by more than a factor of 5 compared with U.S. EPA–modeled estimates in NYC and by almost a factor of 7 in LA.

Formaldehyde accounted for the greatest portion of the total modeled, ambient, and personal risk, contributing around 40%, climbing to 60% for personal risk in LA. Benzene was a significant portion of the risk for modeled and ambient exposures (≤ 20%) but was < 10% for personal exposures. In contrast, 1,4-dichlorobenzene contributed < 5% in the U.S. EPA model but was significantly greater for personal exposures. The ratios between the U.S. EPA–modeled risks and the measured personal risks for each VOC are plotted in Figure 5A. Benzene, carbon tetrachloride, MTBE, and TCE risk estimates were comparable to U.S. EPA model estimates. As shown in the present study, these compounds have predominantly ambient sources; thus, the modeled estimates adequately predict risks from compounds with ambient sources. In contrast, compounds with predominantly indoor source contributions—chloroform and 1,4-dichlorobenzene accounted for the largest difference in risks between personal and U.S. EPA–modeled concentrations.

The results for modeled, ambient, and personal concentrations for elements are compared in Figure 4B. Elemental data show that modeled median concentrations were higher than median measured ambient concentrations, and more so in LA (approximately six times higher) than in NYC (≤ 60% higher). Estimated cumulative risks from personal exposures were a factor of 2 higher than modeled concentrations for the elements in NYC. The opposite was seen in LA, where the median risks from the U.S. EPA model were twice as high as the personal risk estimates.

The results for the elements show very different distributions of risk depending on the source of the data. Modeled concentrations show a dominant contribution of risk by chromium (> 90%) in both cities. The risks based on ambient concentrations show a different pattern in LA and NYC. In NYC, there was a high contribution of nickel (44%) followed by chromium (41%), whereas in LA chromium dominated (85%), even though the total risks were about equal. Based on the personal concentrations, chromium dominated with a contribution of about 70%, followed by about a 20% contribution from nickel in both cities. As shown in Figure 5B, U.S. EPA–modeled concentrations overestimated the risks from chromium and beryllium but underestimated the risks from nickel and arsenic in both cities.

**Discussion**

We determined the carcinogenic risks associated with both personal exposures and measured outdoor concentrations of a suite of VOCs and particle-bound elements for a sample of high school students in NYC and LA. The results were compared with U.S. EPA risk estimates that were based on outdoor modeled concentrations. We also considered what compounds and factors contributed to the differences in risks between individual teenagers across the two cities.

For VOCs but not metals, the U.S. EPA risks based on modeled outdoor concentrations were a fairly good predictor of the TEACH risks based on measured outdoor home concentrations, particularly for the students living in NYC. Teenagers in NYC were recruited from a magnet school that drew students from several boroughs of the city, and therefore outdoor home measurements were taken from a fairly representative sample across the New York metropolitan area.

In contrast, the U.S. EPA–modeled concentrations underpredicted measured concentrations and risks in LA. The TEACH LA teenagers were recruited from a local high school in the south central area, and all students lived within 5 km of the school. Unlike for the NYC sample, ambient home measurements were not located across the much larger LA County.

For specific VOCs, only 1,4-dichlorobenzene had significantly higher measured than modeled concentrations. This difference may be due to sources not accounted for in the U.S. EPA source model, changes in emissions between the modeled and monitored years, or an artifact of our sampling. Most participants lived in apartment buildings or multifamily buildings, and outdoor samples were collected using a meter-long boom extending from the window. Thus, outdoor samples may have been influenced by indoor sources. For elements, greater differences were observed for...
LA than in NYC, potentially because homes were less representative of the region.

The cancer risk estimates from personal concentrations exceed values based on outdoor measured and U.S. EPA–modeled concentrations for VOCs in both cities. This large difference was due to the significant contribution from compounds with predominantly indoor sources, including formaldehyde, 1,4-dichlorobenzene (especially in the highest exposed individuals), and acetaldehyde, and in NYC, chloroform. Interestingly, only chloroform differed significantly between cities. Indoor sources of chloroform include use of chlorinated water. Concentration differences may be due to differences in drinking water treatment processes (e.g., chlorination, filtration to reduce organic matter, and ozonation) or differences in water use (City of Los Angeles 2004; Principe et al. 2000). For compounds of predominantly outdoor origin, benzene contributed significantly to the personal risks. Outdoor sources of benzene are mainly from vehicle traffic, and reductions of benzene in gasoline have contributed to a substantial decrease in benzene levels. Indeed, Wallace (1991) found mean personal concentrations of benzene to be 15 μg/m³, 3-fold higher than the personal levels found in this study.

The median cumulative carcinogenic risks associated with personal exposures to VOCs were 666 per million population in NYC and 486 per million in LA, assuming a lifetime exposure. The cumulative values for the elements were an order of magnitude lower, 23 and 26 per million in NYC and LA, respectively. Direct comparisons with other studies of HAPs are difficult because different studies include different compounds and risk estimates are not always based on personal exposures. For example, a risk assessment by Pratt et al. (2000) yielded a maximum cancer risk of 47 per million population based on monitored ambient concentrations in Minnesota, lower than our findings in part because of regional differences, but also because fewer compounds were included. In contrast, an estimate by Woodruff et al. (2000) across all of the United States yielded a median cancer risk estimate of 180 per million population, whereas median risks in California were found to be 270 per million (Morello-Frosch et al. 2000). These studies were both based on modeled ambient concentrations but included compounds not measured in the TEACH study, such as polycyclic aromatic hydrocarbons (PAHs).

A few studies have determined cancer risks from measured personal exposures. A recent cancer risk assessment was conducted by Payne-Sturges et al. (2004) of a cohort in Baltimore, Maryland. The authors estimated a much lower median cumulative risk of 120 per million but did not include formaldehyde and 1,4-dichlorobenzene, two compounds that contributed significantly in our estimate. Tancrede et al. (1987) used personal VOC Total Exposure Assessment Methodology (TEAM) data for New Jersey to evaluate cancer risks and found a much elevated risk of

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**Figure 4.** Distribution of cumulative excess cancer risks from VOCs (A does not include contributions from ethylene and styrene) and elements (B), based on median U.S. EPA–modeled, TEACH ambient (home outdoor), and TEACH personal concentrations in NYC and LA. The size of the pie chart is proportional to the cumulative risk. The cumulative risks are given in the boxes next to the pie charts, and represent excess cancer risk. For example, 1.2 × 10⁻⁴ is about 1 excess cancer case expected to develop per 10,000 people. Abbreviations for VOCs: ACET, acetaldehyde; BZ, benzene; CTET, carbon tetrachloride; DCB, 1,4-dichlorobenzene; FORM, formaldehyde; PERC, tetrachloroethylene; Others, carbon tetrachloride, methylene chloride, and TCE. Elements: As, arsenic; Be, beryllium; Cd, cadmium; Cr, chromium; Ni, nickel; Pb, lead.
19,000 per million, mostly because the authors included all compounds in their cancer assessment, assigning a cancer potency value to compounds with no published values.

Another evaluation of the TEAM data from six urban areas was conducted by Wallace (1991), who considered risks only from compounds with published cancer potency values. The resulting risk of 837 per million was similar to our estimates (Wallace 1991). When comparing contributions from compounds, TEACH had a higher contribution for 1,4-dichlorobenzene and lower contributions from benzene and formaldehyde (not measured directly in TEAM but estimated from typical literature values at the time). Indoor levels of formaldehyde have likely decreased due to reductions in use of urea-formaldehyde foam insulation, a major indoor source. Indoor levels remain high, however, because of contributions from indoor sources such as cabinetry, doors, plywood subflooring, particleboard, numerous consumer products, and reactions of ozone with various surfaces (Brown 1999; Reis et al. 1995; Weschler et al. 1992).

On the other hand, the carcinogenesis of formaldehyde remains controversial because of the unusual metabolism in rodents (Wallace 1991). McCann et al. (1986) compared cancer potencies derived using different statistical methods and found a large difference in risk estimates for formaldehyde (3.7 × 10⁻⁶ to 9,500 × 10⁻⁶), depending on the method used. He attributed the differences to the non-linear cancer dose-response curve found for rats. Conolly et al. (2003) recently determined a much reduced cancer potency of formaldehyde using a biologically motivated model that assumes a threshold.

In addition to comparing personal cancer risk estimates to U.S. EPA–modeled estimates and estimates from other studies, we were also interested in determining which factors contributed to differences in risks across the teenage populations in the two cities, specifically, whether high-risk individuals were at higher risk because they were exposed to higher concentrations of multiple compounds or to a different group of compounds, than were lower-risk individuals. To address this, we assessed the risks from individual compounds in low-risk versus high-risk individuals.

For VOCs, 1,4-dichlorobenzene contributed more significantly in the higher risk groups. Indoor 1,4-dichlorobenzene sources primarily include mothballs and room deodorizers, and the use of these products likely contributes to increased risks. Adgate et al. (2004) found higher indoor levels of 1,4-dichlorobenzene among Hispanic and Pacific Islander study participants compared with other races and ethnicities. We explored potential differences in personal cumulative risks based on race in NYC, because approximately half the teenagers were African American and half were from Hispanic origin (data not shown), but did not find a significant difference in the distributions. However, a visual inspection of the cumulative distribution for 1,4-dichlorobenzene did suggest higher risks for the Hispanic teenagers in the upper 20th percentile of the population distribution. Beginning in 2006, California is banning the sale of solid deodorizers that contain 1,4-dichlorobenzene in recognition of possible risks from exposure to this compound (California Air Resources Board 2004).

The risks from particle-bound elements were significantly lower than the risks from VOC exposures and were driven largely by chromium in both cities. Source contributions for chromium were predominantly from outdoor and other microenvironments. In NYC, chromium contributed 75% of the total risk for the teenagers in the highest risk categories. A possible explanation may be higher exposures to chromium from commuting on the subway, as has been shown by Chilrud et al. (2004). In LA, the risk contributions from chromium were equally distributed across quartiles of participants, indicating possible exposures to similar sources. It is also noteworthy that the U.S. EPA–modeled concentrations for chromium tend to overestimate the cancer risks associated with this element.

An exploratory survey of differences in exposures to particle-bound elements between Hispanic and African-American teenagers in NYC showed greater risk contributions in the Hispanic population for lead, cadmium, and nickel (data not shown). For chromium, however, we found higher risks in the African-American population. This is again substantiated by the findings of Chilrud et al. (2004), who showed a correlation between high chromium exposures and commuting by subway. Indeed, we found that of our sample population of African-American teenagers in NYC, 70% commuted by subway with an average commute time of 120 min, whereas only 45% of teenagers of Hispanic origin commuted by subway with an average commute time of 75 min.

This risk analysis is not a comprehensive analysis of all potential carcinogenic compounds. Of particular importance to cancer risks are PAHs. Morello-Frosch et al. (2000) found that exposures to outdoor sources of organic matter accounted for 34% of the cumulative cancer risk. Because we did not consider PAHs and many other carcinogens in our analysis, the cancer risks may be underestimated.

Conversely, several inherent limitations to this risk analysis could overestimate the cancer risks. Of the top five compounds with the highest cancer risk, only benzene is classified by the U.S. EPA as a known human carcinogen (U.S. EPA 2005b). There are also many known uncertainties associated with the inhalation unit risks. The toxicity data derived from animal studies have uncertainty associated with extrapolations from high doses used in animals to low human exposures. Also, extrapolating from animals to humans provides additional uncertainty. Data collected from occupational studies have uncertainty associated with high occupational exposures and also because occupational cohorts may not be representative of the overall human population. Unfortunately,

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**Figure 5.** Comparison of U.S. EPA–modeled concentrations and TEACH personal upper-bound cancer risk for VOCs (A) and elements (B). Abbreviations for VOCs: ACET, acetaldehyde; BUT, 1,3-butadiene; BZ, benzene; CHL, chloroform; CTET, carbon tetrachloride; DCB, 1,4-dichlorobenzene; FORM, formaldehyde; MCH, methylene chloride; PERC, tetrachloroethylene. Abbreviations for elements: As, arsenic; Be, beryllium; Cd, cadmium; Cr, chromium; Ni, nickel; Pb, lead. Cancer risks are upper-bound lifetime estimates; for example, 1 × 10⁻⁶ is one excess cancer case in 1 million people.
the U.S. EPA does not provide confidence intervals for its cancer potency estimates, and thus, it is difficult to determine the relative magnitude of these uncertainties. In general, cancer potencies are upper-bound estimates that assume a lifetime (70 years) of exposures; however, our data represent only a “snapshot” of this exposure that varies over a lifetime. The new guidelines for cancer risk assessment were published by U.S. EPA in March 2005, and as potency values are revised according to these new guidelines, we may begin to be able to elucidate the extent of these uncertainties (U.S. EPA 2005a).

Given the level of uncertainty associated with cancer risk assessments, it is perhaps useful to compare the cumulative risks estimated in this study to risks from other environmental exposures such as radon and passive smoking. We found that the VOC risk estimates from the TEACH analysis were in the same order of magnitude as risks from radon and passive smoking. Exposures to radon can result in cancer risks of about 1,000 per million, and the cancer risk associated with passive smoking has been estimated to be about 2,000 per million (Wallace 1991). However, because these risk estimates are based on epidemiological studies, they are considered somewhat more certain.

It is also of interest to place these risks in the context of the actual risks of getting cancer. The total lifetime cancer risk is approximately 1 in 3, and the risk of actually getting lung cancer (probably the most relevant cancer) is approximately 1 in 1,000, which corresponds to a lifetime risk (70 years) of about 1 in 14 (U.S. Cancer Statistics Working Group 2005). Therefore, the cumulative risk from exposure to VOCs in this study (1 in 1,000) accounts for about 1.4% of the total lung cancer risks in the United States.

Conclusions

Cancer risk estimates based on personal exposures can be used as a guide to help prioritize research and, as indicators of potential hazards, guide regulatory actions. For this population of urban-dwelling teenagers, exposure to indoor and other microenvironmental sources of 1,4-dichlorobenzene and formaldehyde contributed significantly to overall excess cancer risks from exposures to VOCs, and these risks were generally underestimated by U.S. EPA model predictions. Particle-bound elements, on the other hand, were associated with risks that were several orders of magnitude lower than for the VOCs, and exposures were mostly from outdoor sources and in some cases other microenvironments.

As the field of risk assessment evolves and more biologically plausible mechanisms are incorporated into risk assessments, we may find that the picture changes dramatically. There is also need for more comprehensive risk analyses that incorporate a greater number of compounds, particularly PAHs, that have been shown to be important contributors to risk in other studies.

Correction

In Table 2, for VOCs, values in the rows for MTBE and cumulative risk are incorrect in the original manuscript published online; they have been corrected here. In Table 3, some of the values under NHAPS have been changed.

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