No association between habitat, autogeny and genetics in Moroccan *Culex pipiens* populations

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**Abstract**

**Background** Mosquitoes of the *Culex pipiens* complex are found across the globe and are the focus of many research studies. Among the temperate species *C. pipiens* sensu stricto (s.s.), two forms are usually described: *molestus* and *pipiens*. These two forms are indistinguishable in terms of morphology but show behavioral and physiological differences that may have consequences for their associated epidemiology. The two forms are well defined in the northern part of the species distribution, where autogeny is strictly associated with the *molestus* form. However, whether the two remain distinct and show the characteristic differences in behavior is less clear in North Africa, at the southern edge of their range.

**Methods** The association between autogeny, as determined by ovarian dissection, and molecular forms, based on the CQ11 microsatellite marker, was studied in six Moroccan populations of *C. pipiens*.

**Results** An overall low prevalence of autogeny was found at three of the Moroccan regions studied, although it reached 17.5% in the Agadir population. The prevalence of form-specific CQ11 alleles was quite similar across all populations, with the *molestus* allele being rarer (approx. 15%), except in the Agadir population where it reached 43.3%. We found significant deficits in heterozygotes at the diagnostic CQ11 locus in three populations, but the three other populations showed no significant departure from panmixia, which is in line with the results of a retrospective analysis of the published data. More importantly, we found no association between the autogeny status and CQ11 genotypes, despite the many females analyzed.

**Conclusions** There was limited evidence for two discrete forms in Morocco, where individuals carrying *pipiens* and *molestus* alleles breed and mate in the same sites and are equally likely to be capable of autogeny. These observations are discussed in the epidemiological context of Morocco, where *C. pipiens* is the main vector of several arboviruses.

**Keywords** Autogeny, *Culex*, Vector, Morocco

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of mosquitoes. It is considered to be a species complex that includes C. pipiens sensu stricto (s.s.), C. quinquefasciatus, C. australicus and C. globocoxitus [2, 17]. While C. australicus and C. globocoxitus are restricted to Australia, C. quinquefasciatus and C. pipiens s.s. are spread across the globe, with the former in tropical/subtropical regions and the latter in temperate regions, although there are hybridization zones in the Americas and Asia [13].

The C. pipiens s.s. found in temperate regions is usually described as comprising two forms, C. p. pipiens (referred to as pipiens hereafter) and C. p. molestus (referred to as molestus hereafter), whose evolutionary relationships remain under debate (for a detailed review see [18]). They display indistinguishable morphologies, but show behavioral and physiological differences that greatly influence their vector competencies, including, for example, their intrinsic capacity to host and transmit viruses and pathogens [13].

The molestus form is usually described as subterranean, occupying environments with limited surface access, while the pipiens form lives above-ground. Both forms display adaptations to their typical environment, although it is probable that the molestus adaptations actually precede their colonization of the underground regions [18]: molestus mate in confined spaces (stenogamy), feed on mammals, including humans (mammophilic), and remain active during winter (homodynamic), while pipiens by contrast mate in open spaces (eurygamy), feed predominantly on birds (ornithophilic) and undergo winter diapause (heterodynamic) [19].

The most striking difference between these two forms lies in the capacity of molestus females to lay their first eggs without a blood meal, referred to as autogeny, while the pipiens females are usually described as being anautogenous. In anautogenous females, a blood meal is required to activate vitellogenesis, i.e. follicle development and deposition of yolk proteins, through signaling pathways that likely involve juvenile hormone, insulin-like peptide, ecdysone and target of rapamycin (TOR) [20–24]. In autogenous females, the same signaling pathways control egg maturation within the first few hours after emergence, without a blood meal [25]. Autogeny appears to be genetically encoded: while a nutrient-rich larval habitat allows autogenous females to lay a larger first clutch of eggs, they can produce eggs without a blood meal even in poor environments; conversely, anautogenous females cannot become autogenous even in a nutrient-rich site [22].

The situation is further complicated by the existence of a latitudinal gradient in hybridization between these two forms, from no hybridization at all in northern Europe, to limited gene flow in southern Europe [13, 18, 26]. This is particularly visible in the distribution of a marker flanking a microsatellite locus called CQ11 [27]. This marker (referred to as CQ11 hereafter) has two alleles, each specific to one of the forms found in northern Europe [14]. In southern Europe, while the molestus allele is largely dominant in belowground populations, above-ground populations harbor a mix of molestus and pipiens alleles, but with fewer heterozygotes than expected in a panmictic population [14, 28, 29].

Relatively less is known on the status of C. pipiens forms in North Africa. In the few studies available, two from Tunisia and one from Algeria, all populations appear to be well mixed, with both CQ11 alleles present, and heterozygote frequencies are similar to those expected for panmixia [30–32]. These observations support the presence of a latitudinal gradient [18] and suggest that North African C. pipiens populations are somewhat intermediate between the two northern extremes. Nevertheless, more data are needed to confirm the generality of this pattern.

More importantly, while the autogenous or anautogenous characters are strongly associated with the molestus and pipiens forms, respectively, in northern Europe, this association is less clear in the few studies available for the North African region of the species distribution. For example, in Egypt, most individuals are morphologically characterized as molestus, but only few females can lay eggs without a blood meal [33], and in Tunisia, autogeny is found in individuals carrying both molestus and pipiens CQ11 alleles [32]. Therefore, it remains unknown how, if at all, the CQ11 alleles are associated with autogeny in these mixed C. pipiens populations from North Africa.

Morocco presents a most suitable opportunity to address this question: similar to the situation in Tunisia and Algeria, a previous analysis showed that both alleles of the CQ11 marker segregate in natural populations, with many heterozygotes [34]. In the present study, we took advantage of this situation to assess the association between autogeny, revealed through ovarian dissection, and CQ11 genotypes.

**Methods**

**Mosquito collections and identification**

*Culex pipiens* larvae were collected using the dipping sampling method [35] in July 2021 in six regions of Morocco. Various types of breeding sites, either above- or belowground, and different climatic regions representative of the country were sampled (Fig. 1; Table 1). Living larvae were transported to the insectary for identification using the key of Mediterranean Africa mosquitoes [36]: *C. pipiens* larvae were identified based on abdominal characters (a single branch of the caudal seta 1-X, 2–5 branches of the siphon seta 1a-S and no median spine on the segment VIII scales). Only larvae identified as *C. pipiens* were used in subsequent experiments. Samples were
**Fig. 1** Localities sampled during this study. White dots represented aboveground collection sites; white stars represent underground collection sites

| Region     | Breeding site | Bioclimate | Locality      | Latitude       | Longitude       | Description                             |
|------------|---------------|------------|---------------|----------------|----------------|-----------------------------------------|
| Tanger     | Aboveground   | Humid      | Oued Houd     | 35°46′44.3″N   | 5°50′50.1″W    | Wastewater drain                        |
| Larache    | Aboveground   | Sub-humid  | Lokouss       | 35°10′55.7″N   | 6°07′56.8″W    | Wet meadows                            |
| Mohammedia | Aboveground   | Sub-arid   | Ouled Hmimou  | 33°40′25.3″N   | 7°26′42.5″W    | Sewer water                             |
| Casablanca | Belowground   | Sub-arid   | Tit mellil    | 33°34′37.3″N   | 7°28′23.6″W    | Abandoned septic tank                   |
| Marrakech  | Aboveground   | Arid       | Souihla       | 31°38′12.7″N   | 8°10′07.0″W    | Irrigation canals                       |
| Agadir     | Aboveground   | Hyper-arid | Oued Souss    | 30°21′39.8″N   | 9°29′22.6″W    | Wastewater drain connected to the Souss river |
collected from densely populated larval sites to minimize the possibility of collecting siblings from the same egg rafts. The larvae were provided with a protein-rich diet (1.5 mg protein-rich cat kibble (Friskies® [Nestlé Purina Petcare, St. Louis, MO, USA]) and 0.50 mg of yeast per larva every 2 days) and reared to adults in the laboratory at 28 ± 1 °C, a relative humidity of 80% and a 16:8 h (light:dark) photoperiod [36].

**Autogeny status assessment**

Females were characterized as autogenous or anautogenous by dissection of their ovaries, following the protocol developed in M.L. Fritz’s laboratory [22]. Briefly, pupae were placed in individual tubes until emergence, then placed in cages containing 10% sucrose, where females were allowed to age for 1 to 4 days. Ovaries were dissected under a stereomicroscope on a Petri dish filled with 90% ethanol. The females were assigned as autogenous or anautogenous directly by visualizing the development of the post-emergence follicles, 96 h after emergence (Fig. 2; note that whether they were able to mate or not before dissection had no effect on the categorization). Classical methods require keeping the females alive for at least 8–10 days, to mate them and let them lay eggs; however, these methods tend to underestimate autogeny frequency (a female laying no eggs can be either anautogenous or simply unwilling to lay eggs in the given laboratory environment). Moreover, females must be isolated when the aim is to associate genotype and autogeny status, which decreases oviposition rate (the presence of specific mosquito oviposition pheromones from other females stimulates oviposition by gravid females; [37]). This dissection-based protocol prevents these biases and constraints, allows the processing

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**Fig. 2** Ovarian development 96 h post-emergence in anautogenous and autogenous *Culex pipiens* females. Photos of the dissected ovaries of different females are presented. Autogenous (a unmated, b mated) and anautogenous (c unmated, d mated) females are easily distinguishable when none had access to a blood meal: the follicles in autogenous females are more developed (i.e. bigger and longer) than those in anautogenous females (i.e. round and smaller), with mating having only limited visible effects. mg, midgut; ov, ovary
of many females, and a rapid and direct assessment of autogeny status and genotype for each individual.

CQ11 genotyping
DNA was extracted from each genotyped female using the DNAzol method according to the manufacturer’s protocol [38]. We determined the CQ11 genotypes of the collected individuals via multiplex PCR tests [27], using the primers pipCQ11R, molCQ11R and CQ11F in a single PCR reaction. The PCR reactions were performed in a 40-μl reaction volume at the following cycling conditions: 30 s at 94 °C; 40 cycles of 30 s at 54 °C and 40 s at 72 °C. Amplified fragments were visualized on a 2% agarose gel: a single DNA fragment of 200 bp corresponds to the pipiens form allele, a single DNA fragment of 250 bp corresponds to the molestus form allele and individuals displaying both fragments are considered to be heterozygous.

Data analysis
All computations were performed using the freely available R software (v.4.1.2; http://www.r-project.org; The R Core Team). Departures from Hardy–Weinberg equilibrium were tested for each sample using the genepop R package [39]. The correlation between autogeny frequency and CQ11 alleles was analyzed using Fischer exact tests [40].

Results and discussion
Two forms of Culex pipiens s.s. are recognized, pipiens and molestus, described as morphologically identical, but with different behaviors and occupying different habitats [18]. While the distinction between these two forms is clear in northern Europe, it is much less so in North Africa, where the few studies published to date hint at a breakdown of the association between form-specific genetic markers and form-specific behaviors/physiologies, such as autogeny [30–32]. In the present study, this problem was addressed in Morocco, with our question being whether two genetically and behaviorally distinct forms can be found in the southern part of the C. pipiens s.s. range. More specifically, we collected mosquito larvae from six sites (Fig. 1; Table. 1) that represent Morocco’s five bioclimatic zones and all of the most highly populated geographic areas (large parts of Morocco are deserts), and assessed both the prevalence of autogeny and its local association with the pipiens/molestus CQ11 alleles.

The prevalence of autogeny is variable in Morocco
Larvae identified as C. pipiens were reared to adults under laboratory conditions. Females were dissected to analyze their ovaries, as the post-emergence follicle state allows assessment of which females are autogenous (i.e. able to lay eggs without a blood meal) and which are anautogenous [22]. Figure 2 shows the characteristic aspects of the ovaries of autogenous and anautogenous females (here from the Agadir population). In the absence of a blood meal, the follicules are well developed in autogenous females, whether they are mated or not, but not in anautogenous females; this difference allows an unambiguous characterization. This very efficient autogeny assessment method does not require females to lay eggs and is thus more accurate (i.e. unbiased and with higher throughput).

Between 100 and 120 females from each population collected were typed. The frequencies of autogeny in the sampled populations are shown in Table 2. Autogeny was found in half of the populations, but at different frequencies, ranging from 1 to 4% in Tangier and Casablanca, to 17.5% in Agadir. Autogeny is thus present across Morocco, in all types of climates (from humid in Tangier to hyper-arid in Agadir).

Autogeny was found in both above- (Tangier and Agadir) and belowground (Casablanca) breeding sites, and the frequency does not appear higher in the belowground versus aboveground populations (although the sampling of belowground populations remains very limited, as they were not found in most sampled areas). These results are similar to those previously obtained in central North Africa: in Tunisia, autogeny was found expressed in aboveground sites with frequencies ranging from 1.43% to 33.3% [30, 32], and autogeny was described in mosquitoes occupying an aboveground habitat in Algeria [31]. However, in these studies, and when quantified, the frequency of autogeny was assessed using crosses in the laboratory, generally in low numbers. The dissection-based method used in the present study allowed processing ≥ 100 females per population, thus providing quantitatively robust and unbiased estimations of autogeny frequency. By contrast, in Russia, northern Europe and northeastern USA, region characterized by a cold climate, autogenous individuals are found exclusively in underground sites [26, 41–43].

CQ11 allele frequencies are similar across Morocco and across all types of breeding sites
As in previous studies [34, 44, 45], the genotype at the CQ11 locus was used to understand the character of Moroccan populations (e.g. pipiens-like, molestus-like, intermediate or harboring both discrete types). It should be noted that, as a single locus, CQ11 is not absolutely reliable for individual genotyping; however, it does provide rapid and economical diagnosis of mosquitoes at the population level [27]. Other single-locus methods have
been proposed that have proved to be less consistent (see [46]), and while microsatellite markers appear to be more reliable, they are significantly more technical and expensive (e.g. [14]).

As autogeneous females were rare in most populations, we genotyped all autogeneous females in all populations, but only 60 anautogeneous females out of the 100 characterized for autogeny, except for the Agadir population where autogeny was more prevalent, so that all 120 females were genotyped. The results are presented in Table 2. Both molestus and pipiens CQ11 alleles were found to be present in all populations, with strikingly similar genotype frequencies: 10–16% molestus allele homozygotes (except in the Larache population where it was only approximately 2%), 54–63% pipiens allele homozygotes and 23–35% heterozygotes (Table 2). Agadir again appears to be different in terms of genotype frequency, with 43% molestus allele homozygotes, 36% pipiens allele homozygotes and 20% heterozygotes. Overall, this suggests that the climate does not strongly influence CQ11 genotype frequencies, despite the high contrast between the humid north and hyper-arid south environments in Morocco were the different populations were sampled in this study.

The frequencies of the three CQ11 genotypes are similar to what is expected under panmixia in Larache ($F_{is} = -0.1213, P = 0.67$), Mohammedia ($F_{is} = 0.2081, P = 0.16$) and Casablanca ($F_{is} = 0.2092, P = 0.12$). However, for Agadir ($F_{is} = 0.6, P = 0.000$), Marrakech ($F_{is} = 0.297, P = 0.046$) and Tanger ($F_{is} = 0.410, P = 0.002$), we observed a significant deficit of heterozygotes, which suggests that two populations with more limited gene flow coexist in the same area and tend to lay eggs in the same breeding sites.

Data from previously published studies reporting on the CQ11 genotypes in a natural population of C. pipiens s.s. in Morocco [34, 45, 47, 48] were re-analyzed to test for departure from panmixia. The results are indicated in Additional file 1: Table S1. They are similar to the results of the present study in that only a few populations showed a significant departure from panmixia. Moreover, it appears that these departures are transient, as for a given locality the results are quite variable, depending on the study and year of sampling (Additional file 1: Table S1).

Finally, the frequency of the molestus allele in the belowground site (Casablanca) was found to be similar to that in the aboveground sites (Table 2). Again, similar results were reported in previously published studies.

### Table 2: Distributions of Culex pipiens forms in Morocco

| Regions       | No. dissected specimens | Autogeny status | CQ11F marker |
|---------------|-------------------------|-----------------|--------------|
|               |                         | Autogeny status | No. of genotyped individuals | pipiens | molestus | heterozygotes |
|               |                         | N (%)           |                           |         |         |             |
| Tanger        | 100                     | Autogenous      | 1 (1%)                    | 0 (0.0%) | 1 (100.0%) | 0 (0.0%)    |
|               |                         | Anautogenous    | 99 (99%)                  | 37 (61.6%) | 9 (15.0%) | 14 (23.3%)  |
|               |                         | Total (%)       | 61                        | 60.6% | 16.3% | 22.9%       |
| Larache       | 100                     | Autogenous      | 0 (0%)                    | –      | –      | –           |
|               |                         | Anautogenous    | 100 (100%)                | 38 (63.3%) | 1 (1.6%) | 21 (35.0%)  |
|               |                         | Total (%)       | 60                        | 63.3% | 1.6% | 35.0%       |
| Mohammedia    | 100                     | Autogenous      | 0 (0%)                    | –      | –      | –           |
|               |                         | Anautogenous    | 100 (100%)                | 36 (60.0%) | 6 (10.0%) | 18 (30.0%)  |
|               |                         | Total (%)       | 60                        | 60.0% | 10.0% | 30.0%       |
| Casablanca    | 100                     | Autogenous      | 4 (4%)                    | 1 (25.0%) | 3 (75.0%) | 0 (0.0%)    |
|               |                         | Anautogenous    | 96 (96%)                  | 34 (56.6%) | 6 (10.0%) | 20 (33.3%)  |
|               |                         | Total (%)       | 64                        | 54.0% | 14.0% | 31.2%       |
| Marrakech     | 100                     | Autogenous      | 0 (0%)                    | –      | –      | –           |
|               |                         | Anautogenous    | 100 (100%)                | 36 (60.0%) | 8 (13.3%) | 16 (26.6%)  |
|               |                         | Total (%)       | 60                        | 60.0% | 13.3% | 26.6%       |
| Agadir        | 120                     | Autogenous      | 21 (17.5%)                | 8 (38.0%) | 9 (42.8%) | 4 (19.0%)   |
|               |                         | Anautogenous    | 99 (82.5%)                | 35 (35.3%) | 43 (43.4%) | 21 (21.2%)  |
|               |                         | Total (%)       | 120                       | 35.8% | 43.3% | 20.8%       |

The origin of the samples (Regions), the total number of dissected specimens, the autogeny status (autogeneous or anautogeneous) and the percentage of each form are also indicated. The CQ11 microsatellite genotypes were analyzed: the number of genotyped specimens and the number (and percentage) of each genotype are also indicated. Homozygotes for the pipiens allele are indicated as pipiens, homozygotes for the molestus allele are indicated as molestus and individuals carrying both alleles are indicated as heterozygote.
(Additional file 1: Table S1). Although the limited number of populations sampled in the present study does not allow us to make a broad generalization, our results are in accordance with those reported in previous studies from more eastern sites in Algeria and Tunisia, where the molestus allele can be found in both above- and belowground habitats [31, 32]. The presence of two discrete forms with genetic and ecological differences is thus less clear in North Africa.

Overall, these results support the notion that pipiens and molestus may not exist as two discrete forms in Morocco and, more generally, in the North African part of the C. pipiens s.s. range, or at least that they cannot be discriminated there using the CQ11 marker [49, 50].

CQ11 genotype and autogeny appear independent in Morocco

Due to the paucity of autogenous females found in most populations (Table 1), it was only possible to test for an association between CQ11 genotypes and autogeny in the Agadir population. In this aboveground population, > 120 females were analyzed, of which 17% were autogenous, and pipiens and molestus alleles were found in similar proportions. However, the frequencies of the different CQ11 alleles in autogenous and anautogenous females are strikingly similar (Table 2), and no statistical association between forms and autogeny was found (Fisher’s exact test, P = 1), despite evidence for a somewhat structured population at this location (i.e. a heterozygote deficit; see above). Moreover, the two other populations with a heterozygote deficit (Tanger and Marrakech) did not display high levels of autogeny.

While the results from previous studies from Tunisia [30, 32] suggest this absence of correlation between autogeny and the molestus alleles at the aboveground sites (but with a low statistical power, < 20 females per site), the high number of females from the same population analyzed in the present study provides clear support for this lack of correlation. On the southern side of the Mediterranean Sea, there is no association between autogeny and genetic variation at a locus that clearly distinguishes autogenous and anautogenous individuals in regions on the northern side. For example, in Italy, autogeny was found to be totally absent in populations with high pipiens allele frequencies [51], and autogeny has similarly been linked to belowground sites and the molestus form in the northern part of the C. pipiens range [52]. However, other studies found that autogeny is also present in the pipiens form in populations from Washington DC [16], and from Portugal (where gene flow between the two forms, although more limited than in Morocco, was evidenced using microsatellites [29]).

Autogeny, usually considered to be a key form-specific capacity, thus appears to be a more labile characteristic than previously thought, and not to be linked to key form-specific genetic variants in North Africa (as well as form-specific ecological preferences for breeding sites). Two alternative hypotheses (not necessarily exclusive) could explain this pattern. First, extensive interbreeding between the two differentiated forms in this region may have homogenized their differences (secondary contact). Second, variable North African populations may represent the ancestral state, with autogeny becoming associated with the molestus allele at CQ11 during the differentiation of the two forms elsewhere, through drift and/or selection (differentiation during colonization). Note that this second hypothesis could allow for the undetectable coexistence (at least with currently available diagnostic tools) of the two molestus and pipiens forms in North African populations. More extensive studies, including a worldwide sampling effort, are required to discriminate the most probable evolutionary scenario.

Conclusions

In conclusion, we found that there is limited evidence for discrete pipiens and molestus forms across Morocco: individuals carrying pipiens and molestus alleles breed in the same sites, with no specific ecology (below- or aboveground sites), and both share the ability to lay eggs without a blood meal (i.e. autogeny).

While these observations are fascinating from an evolutionary biology point of view, they are quite worrying in the context of epidemiology. In North Africa, species of the C. pipiens complex are considered to be the principal vectors for the transmission of arboviruses, such as West Nile virus (WNV) [53] and Rift Valley Fever virus (RVFV) [54–56]. Both viruses circulate mostly in birds, which are the preferred blood meal source of the pipiens form. However, the molestus form is usually described as mammophiliac. These mixed or intermediate populations could thus act as a bridge vector between mammals and birds [14, 57]. For example, in North America, it has been shown that hybrids between the two forms are actually less discriminating between hosts than pure-form individuals [58]. These mixed or intermediate populations could explain the numerous outbreaks of WNV reported in Morocco: in 1996, 94 equine cases, including 42 deaths, and one human case [59, 60]; in 2003 and 2010, many horses cases reported [61–64]. In addition, the circulation of the WNV was detected in 2018 [65] and confirmed in 2019 by a serological survey in human populations and domestic birds in the northwest of Morocco [66]. It is also possible that host preferences may indeed be shared, potentially increasing pathogen transmission...
from birds to humans in these regions, and allowing the spread of these characteristics in other parts of the \textit{C. pipiens} s.s. complex range. It is therefore urgent that these preferences be investigated in North Africa. Moreover, this is also true for resistance genes: in \textit{C. pipiens} s.s. from Morocco, alleles providing resistance to all the classic insecticide families have been found to be associated with all CQ11 allele genotypes \cite{34, 45, 48}, which, by easing their spread in the species complex, could complicate the control of the diseases transmitted by this vector.

Abbreviations
RVFV Rift valley fever virus
WNV West Nile virus

Supplementary Information
The online version contains supplementary material available at https://doi.org/10.1186/s13071-022-05469-3.

Additional file 1: Table S1. CQ11 genotype data from previously published studies in Morocco. CQ11 genotype data for \textit{C. pipiens} s.s. in Morocco retrieved from the literature are indicated for, for each sample, the locality of sampling, the date (year), the type of breeding site (when reported in the publication, \textsuperscript{\textdagger} when not), the number of individuals of each CQ11 genotypes (homozygotes for the pipiens allele, for the molestus allele, and heterozygotes) and the reference. In each case, we tested for departure from panmixia, as for the data of the present study (see Material and Methods): \(P\)-values \(< 0.05\) are in italics, they are bolded when still significant after sequential Bonferroni correction \cite{67}. As \(P\) can be biased for low individual numbers (typically \(N \leq 30\)) or low minority allele frequency (typically \(f < 0.05\)), we only analyzed the samples satisfying these conditions (or at least very close, \(N \geq 28\)).

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Author contributions
SA: Conceptualization, methodology, validation, formal analysis, investigation and writing of original draft. YH: Formal analysis, resources, writing of review and editing. CSM: Conceptualization, methodology and writing of original draft. MW: Writing of original draft. HT: Writing of review and editing. NA: Investigation, writing of review and editing. MLF: Methodology, writing of review and editing. PL: Conceptualization, methodology, formal analysis, resources, writing of original draft and supervision. All authors have read and approved the final manuscript.

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Availability of data and materials
The datasets supporting the conclusions of this article are included within the article (and its additional file).

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Not applicable.

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Competing interests
The authors declare that they have no competing interests.

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