Quantification of deep medullary veins at 7 T brain MRI

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Abstract

Objectives Deep medullary veins support the venous drainage of the brain and may display abnormalities in the context of different cerebrovascular diseases. We present and evaluate a method to automatically detect and quantify deep medullary veins at 7 T.

Methods Five participants were scanned twice, to assess the robustness and reproducibility of manual and automated vein detection. Additionally, the method was evaluated on 24 participants to demonstrate its application. Deep medullary veins were assessed within an automatically created region-of-interest around the lateral ventricles, defined such that all veins must intersect it. A combination of vesselness, tubular tracking, and hysteresis thresholding located individual veins, which were quantified by counting and computing (3-D) density maps.

Results Visual assessment was time-consuming (2 h/scan), with an intra-/inter-observer agreement on absolute vein count of ICC = 0.76 and 0.60, respectively. The automated vein detection showed excellent inter-scan reproducibility before (ICC = 0.79) and after (ICC = 0.88) visually censoring false positives. It had a positive predictive value of 71.6%.

Conclusion Imaging at 7 T allows visualization and quantification of deep medullary veins. The presented method offers fast and reliable automated assessment of deep medullary veins.

Key Points

- Deep medullary veins support the venous drainage of the brain
- Abnormalities of these veins may indicate cerebrovascular disease and quantification is needed
- Automated methods can achieve this and support human observers
- The presented method provides robust and reproducible detection of veins
- Intuitive quantification is provided via count and venous density maps

Keywords Brain · Magnetic resonance imaging · Cerebral veins · Reproducibility of results · Image interpretation, computer-assisted

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Abbreviations

ICC Intra-class correlation coefficient
ICC_A ICC on the absolute agreement between measurements
ICC_C ICC on the consistency between measurements
ICC_A_C Both ICC_A and ICC_C
PPV Positive predictive value
Introduction

Deep medullary veins drain venous blood from the white matter towards the subependymal veins of the lateral ventricles [1, 2]. They are organized in a typical fan-pattern [3], which can be appreciated in Fig. 1. Abnormalities of the deep medullary veins may be involved in various forms of cerebral small vessel disease [4–8].

With advanced imaging sequences and (ultra-)high field 7 T MRI, deep medullary veins can be visualized in vivo with high spatial resolution [9–11]. This would allow for further evaluation of the role of these veins and venous changes in cerebral small vessel disease, and in the context of ageing and cognitive decline. Since these veins are numerous, computer assisted detection and quantification may support a robust and reproducible assessment.

In this work, we propose and evaluate an automated method for the detection and quantification of deep medullary veins on 7 T MR images. We devise a region-of-interest (ROI) that captures the 3-D distribution of the veins. Individual veins are automatically detected and quantified based on number and density. Robustness and reproducibility of visual and automated vein detection are assessed; potential use-cases are demonstrated with a group of healthy senior participants.

Materials and methods

Study design

The proposed method was evaluated by assessing the inter-observer, intra-observer, and inter-scan reproducibility. Visual assessments of veins were compared with automated assessments, before and after censoring false positive detections. Two observers were involved and five participants were scanned twice, to assess inter-scan differences in visual and automated assessments. Details follow in the next sections.

Fig. 1 Transversal (left) and coronal (right) view of the second echo of a dual-echo gradient echo 7 T MRI sequence. In these minimum intensity projections of ten slices (resulting slab thickness; left: 3.9 mm, right: 3.5 mm), the deep medullary veins are clearly visible (encircled in one hemisphere). In the coronal view, the typical fan-pattern can be appreciated. The veins drain venous blood towards the subependymal veins, such as the caudate vein of Schlesinger (arrow).

Participants

A total of 35 participants was included, separated into two groups: GV al and Gapp. Written informed consent was given by all participants and the study was approved by the local institutional review board and ethical committee.

GV al was used to validate the method and assess its robustness and reproducibility. It included five healthy participants (2 male; age: 28 ± 4.7 years). These participants underwent MRI acquisition twice on the same day, with repositioning in between.

Gapp was formed by 30 aged individuals (17 male; 70 ± 3.8 years) included from a previous study [12], to demonstrate applications of the method. Participants with contraindications for 7 T MRI were excluded. After MRI acquisition, six participants were excluded because they had ungradable images owing to motion artefacts, leaving 24 participants.

MRI

MRI acquisition was performed on a 7 T whole-body system (Philips Healthcare, Cleveland, OH, USA). The protocol included a 3-D dual-echo gradient echo sequence (TR/TE1/TE2: 20/6,9/15.8 ms, acquisition matrix: 400 × 400 × 172, acquired voxelsize: 0.5 × 0.5 × 0.7 mm3, reconstructed voxelsize: 0.39 × 0.39 × 0.35 mm3, flip angle: 12°, bandwidth: 203 Hz/pixel, flow compensated gradients, sensitivity encoding factor: 2.5 (right-left), scan duration: 9:18) and a 3D T1-weighted sequence (TR/TI/TE: 4.8/1240/2.2 ms, reconstructed voxelsize: 0.66 × 0.66 × 0.50 mm3) [12].

Detection of deep medullary veins

Automated detection of deep medullary veins consists of two steps: definition of an ROI in which the veins are located and the detection of individual veins. For the ROI, we have proposed to use an expanded ventricular surface [13], which the deep medullary veins must intersect to reach the...
subependymal veins (see Fig. 2-left). This surface is defined at 5 mm from the ventricles, restricted inferiorly by a plane that touched the genu and splenium of the corpus callosum and medially a region of 1.5 cm around the interhemispheric fissure was removed. A combination of the vesselness filter [14, 15], tubular tracking [16], and hysteresis thresholding located individual veins. Full details are given in the supplementary materials.

Quantification

Veins were quantified by counting and computing venous density. Venous density was defined as the count divided by the area of the expanded ventricular surface.

Venous density maps were computed to intuitively visualize the distribution of veins. To be able to compare density maps between subjects or groups, all detected veins were transformed to the MNI152 template [17–19]. For each point on the expanded ventricular surface in MNI152 template space, the number of veins within a 15 mm radius was counted. An example result is shown in Fig. 3.

To visualize the vein distribution in the deep white matter, a 3-D venous density map was created. All detected veins were used as seed points in a tubular tracking algorithm [16] to track each individual deep medullary vein (see Fig. 4). All resulting tracked vein points were transformed to the MNI152 template. For each individual voxel of the MNI152 template, we counted the number of tracked vein points within a 15 mm radius (see Fig. 5) [20].

Evaluation

Our proposed method was validated against a visual assessment of deep medullary veins. For this, we used the first scans of the participants in the validation group G_val. Two human observers performed visual assessments of these scans. Observer 1 annotated an ROI of 60 slices, to which the automated detections were compared. The top of this ROI was set five slices above the roof of the lateral ventricles. The inter-observer reproducibility was assessed on 30 consecutive slices that were rated by both observers. Observers annotated veins where they intersected the expanded ventricular surface. Observer 1 annotated twice, with two weeks in between the assessments to assess the intra-observer reproducibility.

Next, observer 1 censored the false positive detections of the automated vein detection. Censoring of the first scans of G_val was done twice, to assess the intra-observer reproducibility.

Fig. 2 A minimum intensity projection slab of 3.5 mm (ten slices), showing that the deep medullary veins draining the deep white matter must intersect with the expanded ventricular surface (in red, ventricle segmentation in green) to reach the subependymal veins to which they connect. Right: the veins (white dots) that are detected at the location where they intersect with the ROI

By using the second scan of the participants in the validation group G_val, the inter-scan robustness and reproducibility of the visual and automated vein detection were determined. Observer 1 annotated the second scan of the participants in G_val. In addition, the reproducibility of the automated ROI definition was assessed by comparing each individual step of the presented method between the repeated scans of G_val.

Finally, all scans in G_app were censored by observer 1. The positive predictive value (PPV = true veins / (true veins + censored false positives)) was computed.

All statistics were computed with SPSS 20 (IBM Corp.) The intra-class correlation coefficient (ICC) was used as the measure for reproducibility, assessing both the absolute agreement (ICC_A) and consistency (ICC_C) between measurements. ICC_A indicates both measurements (ICC_A and ICC_C, respectively). A high ICC_A required observers to agree on the exact vein count. The ICC_C required observers to agree on the relative ordering of participants (few/many veins), but not on the exact vein count.

Results

Visually annotating deep medullary veins required, on average, 2 hours per scan. The intra-observer reproducibility on
vein count was moderate (ICC A|C = 0.67|0.94). The inter-observer reproducibility was low to moderate with an ICC A = 0.45 and 0.74 (average: 0.60), but had a very good consistency with ICC C = 0.87 and 0.94 (average: 0.91). Censoring the false positives after automated vein detection required ±15 minutes per scan. The intra-observer reproducibility of the censoring is excellent, with an ICC A|C = 0.98|0.98. All tests and ICC values are summarized in Table 1.

The inter-scan reproducibility (between both scans of G val, assessed by observer 1) was moderate with an ICC A = 0.72|0.68. The discrepancies between the repeated scans of G val occurred mostly for smaller veins that consist heavily of partial volume voxels. The inter-scan reproducibility of the automated vein count before censoring is good with an ICC A|C = 0.79|0.76. The inter-scan reproducibility after censoring was very good with an ICC A|C = 0.88|0.85. This is summarized in Table 2.

The reproducibility of the automated ROI definition was excellent, having an ICC A > 0.98 for all individual steps. Computations required about 25 minutes per participant, using one core of a standard workstation.

Quantification

The average deep medullary vein count per participant after censoring was (mean±sd) 365±83 (G val: 319±71; G app: 384±81). The PPV of the automated vein detection is on average 71.6%±10.4% (G val: 77.8%±7.0% for 5×2 scans; G app: 69.0%±10.6% for 24 scans).

Fig. 3 A 3-D rendering of the venous density map of all 24 participants in G app combined. This map was generated by transforming all detected veins from the scans of the participants to the MNI152 template. For each point on the expanded ventricular surface, all veins within a radius of 15 mm are counted. The colours represent a vein count ranging from low (blue, at least one vein at that location in a participant of G app) to high (red, on average four veins within a 15 mm radius at that location).

Fig. 4 Deep medullary veins (orange) as tracked by a 3-D tubular tracking algorithm. The vein-points detected on the expanded ventricular surface (see Fig. 2) were used as seedpoints, and tracking was performed into the deep white matter. Left: transversal minimum intensity projection showing the individual tracked vein points (small orange dots). Right: 3-D rendering of the deep medullary veins as orange tubes, the white surface is the expanded ventricular surface.
Visual inspection does not reveal large differences in venous density between the repeated scans of the participants in Gval. An average venous density map of the 24 participants in Gapp is given in Fig. 3. A high venous density is visible around the frontal horns of the lateral ventricles, where many deep medullary veins drain to the caudate veins of Schlesinger. More superiorly, another high venous density can be seen around the subependymal veins to which the deep medullary veins drain. At this location, an asymmetry is visible where the right side of the brain seems to have a higher venous density (3.9 versus 3.3 in the left hemisphere, but this difference is not statistically significant).

All reconstructed veins for the participants in Gapp were transformed to the MNI152 template and that result can be seen in Fig. 5. Again, superiorly, a slight asymmetry is visible. Next to this, many veins are tracked towards the thalamus and the basal veins.

Discussion

The presented method offers reliable, 3-D assessment of deep medullary veins on 7 T brain MRI, with an excellent reproducibility and a good PPV. Compared to visual detection, it is much less laborious and not subject to high intra- and inter-observer variability. The method offers new MRI measures that have potential to study the involvement of deep medullary veins in various conditions, such as cerebrovascular disease or dementia.

Visual assessment proved to be difficult, reflected by its low to moderate reproducibility. This is likely caused by partial volume effects for small veins, where each observer has a (different) “intrinsic cut-off” when some hypointense structure is denoted as a vein or not. Furthermore, these small partial volume veins cannot be reliably visualized from one scan to another, leading to the discrepancies between the repeated scans of Gval. Therefore, it is essential to focus on prominent deep medullary veins that can be reliably detected. When comparing scans from participants or groups, a robust and reproducible detection is important. The automated detection showed robust and reproducible results, owing to its fixed and deterministic behaviour.

The scan quality is of high importance for a reliable detection of deep medullary veins, both visually and automatically. The scans of the (younger) participants in Gval were of high quality, but some of the (senior) participants in Gapp were excluded owing to poor scan quality. The senior participants proved to be less capable to refrain from accidental motion; which is not a limitation of the presented method per se, but a more general problem in acquiring high quality images of elderly participants or patients [21]. Applying the method on lower field strength (e.g., 1.5 T or 3 T) should be feasible, but might require adaptations of the parameters and dedicated

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**Table 1** The intra- and inter-observer reproducibility on vein count as determined on the first scans of the participants in the validation group Gval. The inter-observer reproducibility was assessed twice, comparing both ratings of observer 1 to the rating of observer 2

| Assessment            | ICC<sub>AC</sub> |
|-----------------------|------------------|
| Intra-observer        | 0.67 | 0.94 |
| Inter-observer        | 0.45 | 0.87 | 0.74 | 0.94 |
| (average: 0.60 | 0.91)     |
| Intra-observer censoring | 0.98 | 0.98 |

**Table 2** The inter-scan reproducibility on vein count was assessed by comparing the results on scan 1 and 2 from the participants in the validation group Gval. The visual assessment and censoring was performed by observer 1

| Assessment                     | ICC<sub>AC</sub> |
|-------------------------------|------------------|
| Visual assessment              | 0.72 | 0.68 |
| Method, before censoring       | 0.79 | 0.76 |
| Method, after censoring        | 0.88 | 0.85 |

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acquisition sequences, such as in the work of Ge et al. and Yan et al. on 3 T images [6, 22].

A limitation of the method is that visual censoring was still needed to remove false positive detections. For the presented method to be implemented in a fully automated workflow, without any human observer interaction, additional image processing is needed to remove the false positive detections. However, the uncensored inter-scan reproducibility is sufficient for quantifications that do not require a high PPV. The PPV is mainly determined by the selected values for some thresholds in the method (see supplementary materials). The more faint veins were not detected by this automated method, because the vesselness response for faint veins does not exceed the detection threshold. Adapting the thresholds to detect these faint veins will result in a lower PPV. However, the visual assessment showed that these veins also cannot be reliably visualized on repeated acquisitions of the same participant. Therefore, the inability to detect such faint veins actually contributes to the robustness and reproducibility of the detection and quantification. Another limitation of our method is that the visibility of veins may depend on the oxygenation of venous blood, because a higher concentration of deoxygenated haemoglobin will increase the susceptibility effects of the blood. This should be considered when comparing number and density of veins between persons, especially if cerebral blood flow could be reduced, such as for example in dementia [23].

The applications of the presented method are diverse. The potential clinical relevance of deep medullary veins on MRI was recently pointed out by several studies. A reduced venous density in the white matter of patients with Cerebral Autosomal-Dominant Arteriopathy With Subcortical Infarcts and Leukoencephalopathy (CADASIL) compared with controls was reported by De Guio et al. [4], and increased numbers of voxels of deep medullary veins in white matter hyperintensities by Yan et al. [6]. In patients with acute stroke, Mucke et al. [24] reported that an asymmetric appearance of deep medullary veins on MRI predicted stroke severity. Furthermore, both Ge et al. and Sinnecker et al. reported less visible deep medullary veins in patients with multiple sclerosis (MS) [5, 22]. Compared with these studies, the presented method offers new quantification measures of deep medullary veins that can be used in future studies. Precise, 3-D vein counts and venous density maps can be compared within or between groups of participants. The tracking of veins back into the deep white matter allows for a full brain analysis of spatial differences in deep medullary veins, and the computation of measures such as length and tortuosity of individual veins. Comparing the venous density maps in MNI152 template space might reveal spatial differences in the distribution of veins between groups, which cannot be revealed solely by vein count. Because all veins are in the same MNI152 template space, voxel-wise comparisons can be made easily and tested for statistical significant differences between groups. Also, the 3-D segmentation offers the possibility to apply new techniques such as quantitative susceptibility mapping on veins [25]. Our method offers new possibilities to study the role of venous changes in brain diseases, for example cerebrovascular disease or MS, and their spatial relation with brain lesions.

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