Introduction

Preauricular masses are commonly seen in the otology clinic. Several benign or malignant tumors are found in the preauricular area; however, preoperative diagnosis of a preauricular mass presents a challenge. The differential diagnosis includes benign skin tumor, congenital cyst and fistula, temporomandibular joint cystic lesion, and malignant tumor.\(^1\)\(^-\)\(^4\) Although the most preauricular mass lesions are benign, surgical excision is necessary to reduce the risk of malignancy and for cosmetic purposes.\(^5\)

Angioleiomyomas are rare benign neoplasm of the soft tissue.\(^4\)\(^,\)\(^6\)\(^-\)\(^8\) They occur primarily in the lower and upper extremities.\(^4\) Although angioleiomyomas have been described in the head and neck region, a few cases of auricular angioleiomyoma, including the helix, pinna, external auditory canal, and lobule, have been reported.\(^9\)\(^-\)\(^11\) An angioleiomyoma in the auricular area has been reported in fewer than 3% of 562 total cases.\(^12\) Herein, we describe angioleiomyoma of the preauricular area and present a literature review.

Case Report

An 85-year-old man presented to the Department of Otolaryngology-Head and Neck Surgery at our hospital with hearing difficulty in his left ear. Pure tone audiometry showed left sensorineural hearing loss. During the physical examination of the ear, a small round cystic mass was found on the left preauricular area (Fig. 1). It did not hurt and was not tender. The patient had noticed the mass about 6 months previously and it had grown slowly. No similar lesion was found on his body. His medical and family histories were unremarkable.

After informed consent was obtained, the lesion was completely excised under local anesthesia in the operation room for differential diagnosis and cosmetic purposes. Grossly, the specimen was a 1.4×1.0×0.7 cm firm, spherical mass with a white-gray, solid cut surface. Microscopic examination revealed that the tumor was a well-defined nodule of smooth muscle with thick-walled blood vessels (Fig. 2). No significant cellular atypia or mitotic activity was observed. Based on histological findings, the pathologic diagnosis of venous type angioleiomyoma was made. No evidence of a recurrence was observed 6 months after surgery.

Discussion

Angioleiomyoma is a subtype of leiomyomas. They are benign, smooth muscle tumors that arise from the tunical media...
layer of blood vessels. Angioleiomyomas are classified into three histological subtypes: capillary or solid, venous, and cavernous.

An angioleiomyoma can occur anywhere on the skin or in the subcutaneous tissue; however, the most common sites are the lower extremities (67%), upper extremities (22%), head and neck (8.5%), and trunk (2.5%). Solid angioleiomyomas occur most frequently in the lower extremities of women. The venous type tumor most frequently appears on the head and neck region and is generally found in men.

The tumors usually present as small, solitary, round, firm masses that are skin-colored and enclosed in a capsule. There was no specific clinical presentation of angioleiomyoma. About half the patients with angioleiomyoma subjectively complained of pain and tenderness. Pain can be induced by exposure to wind, cold, local pressure, and other imperceptible stimuli. Interestingly, tumors occurring in the head and neck regions are usually not accompanied by pain. The mass in our case was not painful or tender. Angioleiomyomas commonly present between the third and sixth decades of life. The mass in our case developed, unusually, in the patient’s seventh decade.

Diagnosis is based on an excisional biopsy because an angioleiomyoma is not easily differentiated from other subcutaneous tumors by clinical presentation or gross appearance. The tumors are well circumscribed, glistening, white-gray nodules on gross appearance. Microscopically, the tumors have the same characteristic appearance. Smooth muscle bundles and the vascular channels are surrounded by a thin capsule. The pathological differential diagnosis for peri-vascular cell tumors are needed. Various stains are used to identify vascular leiomyomas.

Recurrence after excision was reported in 2 of 562 patients. However, cases of malignant changes and an association with a leiomyosarcoma have been reported.

The present case report describes an angioleiomyoma arising from the preauricle. This lesion should be considered in the differential diagnosis of mass-like lesions of the preauricular area.

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