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Calorimetric measurement of work for a driven harmonic oscillator

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A calorimetric measurement has recently been proposed as a promising technique to measure thermodynamic quantities in a dissipative superconducting qubit. These measurements rely on the fact that the system is projected into an energy eigenstate whenever energy is exchanged with the environment. This requirement imposes a restriction on the class of systems that can be measured in this way. Here we extend the calorimetric protocol to the measurement of work in a driven quantum harmonic oscillator. We employ a scheme based on a two-level approximation that makes use of an experimentally accessible quantity and show how it relates to the work obtained through the standard two-measurement protocol. We find that the average work is well approximated in the underdamped regime for short driving times and, in the overdamped regime, for any driving time. However, this approximation fails for the variance and higher moments of work at finite temperatures. Furthermore, we show how to relate the work statistics obtained through this scheme to the work statistics given by the two-measurement protocol.

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I. INTRODUCTION

Measuring thermodynamic properties of open quantum systems has proven to be a challenging problem. As proposed by Crooks [1], measurement of heat exchanged between the system of interest and its surroundings should be accomplished by measuring the environment only. To this end, many theoretical approaches have been developed in the context of fluctuation theorems, but definitive experimental measurements of open system dynamics have not been attained yet (see, for example, Ref. [2] and references therein). A major obstacle is that current experimental techniques rely on projective measurements of the total system under unitary (closed) evolution [3]. This leads to an impractical setup for systems coupled to large environments such as the case of small electronic devices. To overcome the problem of projective measurements several proposals have been put forward [4–8]. These techniques measure the characteristic function of work through interferometry of an ancilla qubit coupled to the system of interest. For an open system, if the ancilla can be isolated from the environment [8], such methods provide straightforward access to thermodinamical quantities.

An alternative measurement scheme has been proposed for a dissipative superconducting qubit based on calorimetry [9–11]. Calorimetric measurements use the concept of quantum jumps (QJs), which arise naturally in indirect measurements schemes. When heat is emitted or absorbed by the environment (the calorimeter in this case), its effective temperature changes and the system state collapses (a jump occurs). This energy exchange with the environment can be tracked continuously by monitoring temperature fluctuations in the calorimeter, reducing an intractable number of degree of freedom to just one. A key point in the calorimetric measurement is that, for the two-level-system (TLS) initially proposed in Ref. [9], when heat is exchanged with the environment, the system is projected into an energy eigenstate. Therefore, the internal energy change can be inferred from the amount of heat exchanged with the calorimeter. Conversely, the calorimeter protocol cannot be employed to infer work if the system is not projected to an energy eigenstate, because the change in the internal energy cannot then be correctly inferred.

In the present article, we consider a weakly driven quantum harmonic oscillator (QHO) with equally spaced energy levels as our model system. When driven into a coherent energy superposition, the QHO will not jump, in general, to an energy eigenstate. Moreover, if weakly driven, it cannot be distinguished from a TLS from the point of view of single quanta exchange with the calorimeter. To study the applicability of the calorimetric protocol to this case, we define an experimentally accessible work quantity based on a two level approximation of the system. We then compare the statistics of this quantity with the standard two-measurement protocol under different driving conditions.

II. THE MODEL

The Hamiltonian is given by $\hat{H}(t) = \hat{H}_0 + \lambda(t)(\hat{a}^\dagger + \hat{a})$, where $\hat{H}_0 = \hbar\omega_0\hat{a}^\dagger\hat{a}$ is the standard QHO Hamiltonian, $\hbar\omega_0$ is the level spacing, $\hat{a}^\dagger$ is the creation operator, $\hat{a}$ is the annihilation operator, and $\lambda(t) = \lambda_0 \sin(\omega_0 t)$ is a resonance, periodic external drive (see Fig. 1). The discussion will be restricted to weak driving from $t = 0$ to $t = T$ such that $\lambda_0 = 0$ for $t < 0$ and $t > T$, and we set $\lambda_0 = 0.01\hbar\omega_0 \ll \hbar\omega_0$. We ignore the zero-point-energy contribution $\hbar\omega_0/2$. The Hamiltonian can be further simplified by changing to the interaction picture and employing the rotating wave approximation yielding the time-independent Hamiltonian

$$\hat{H}_I = \hat{H}_0 + \frac{\lambda_0}{\sqrt{2}} \hat{P},$$

where $\hat{P} = i(\hat{a}^\dagger - \hat{a})/\sqrt{2}$ is the dimensionless momentum operator, and the superscript $I$ denotes the interaction picture with respect to $\hat{H}_0$. The QHO is then coupled to an environment (hereafter referred to as the calorimeter) which is continuously monitored. This causes the evolution to be stochastic. It is particularly relevant from the experimental point of view to formulate the evolution of the system via stochastic trajectories.
in Hilbert space [9,11–15]. A single trajectory is described by a sequence of \( N \) jumps \( \{t_1, \ldots, t_j, \ldots, t_N\} \) at times \( \{t_1, t_2, \ldots, t_N\} \), with \( t_1 < \cdots < t_j < \cdots < t_N \) together with a non-Hermitian evolution operator \( \hat{U}_{\text{ah}}(t) \) such that

\[
|\psi_t\rangle = \hat{U}_{\text{ah}}(t - t_N) \hat{C}_{t_N} \cdots \hat{U}_{\text{ah}}(t_2 - t_1) \hat{C}_{t_1} \hat{U}_{\text{ah}}(t_1) |\psi_0\rangle,
\]  

(2)

where \( |\psi_t\rangle \) and \( |\psi_0\rangle \) denote the states at times \( t = \tau \) and \( t = 0 \), respectively. The operators \( \hat{C}_{t_i} \) are called jump operators and describe back-action from the calorimeter on the system whenever the energy of the calorimeter changes. The non-Hermitian evolution operator \( \hat{U}_{\text{ah}} \) describes the evolution of the system when the energy of the calorimeter remains constant. Naturally, the squared norm of the wave function is no longer conserved but instead interpreted as the probability for a particular experimental setup proposed in Ref. [9] the jump operators are

\[
\hat{C}_0 = \gamma_0^{1/2} \hat{a}, \quad \hat{C}_1 = \gamma_1^{1/2} \hat{a}^\dagger,
\]

(3)

(4)

where \( \gamma_0 = \gamma [N(\beta) + 1] \) and \( \gamma_1 = \gamma N(\beta) \) are the relaxation rates corresponding to heat absorption and emission by the bath, respectively, \( \gamma \) is the coupling strength between the calorimeter and the system, and \( N(\beta) = [\exp(\beta \hbar \omega_0) - 1]^{-1} \) is the average occupation number in thermal equilibrium. The non-Hermitian evolution operator \( \hat{U}_{\text{ah}}(t) \) is given explicitly by

\[
\hat{U}_{\text{ah}}(t) = \exp \left[ -\frac{i}{\hbar} \left( \frac{\lambda_0}{\sqrt{2}} \hat{p} + \hat{D} \right) t \right],
\]

(5)

where \( \hat{D} = -i\hbar/2(\gamma_\Sigma \hat{a}^\dagger \hat{a} + \gamma_1), \) with \( \gamma_\Sigma = \gamma_0 + \gamma_1 \).

Finally, we note this formulation is equivalent to the Lindblad master equation and therefore applies only in the weak coupling limit \( \hbar \gamma_0 \ll \hbar \omega_0, k_B T \gg \hbar \gamma \) [12].

### A. Calorimetric work

In quantum stochastic thermodynamics [1,7,15–41], work is defined as a stochastic variable, \( W \), in accordance with the

\[
W = \Delta U + Q,
\]

(6)

first law of thermodynamics

where \( \Delta U \) is the change in the internal energy of the system and \( Q \) is the heat exchanged with the environment. The latter is what is measured directly by the calorimetric protocol, related to the jumps in the trajectory as discussed above. Since each jump is associated with a well-defined energy change of the calorimeter (±\( \hbar \omega_0 \)), the total heat exchanged in a trajectory of \( N \) jumps is given by

\[
Q = \hbar \omega_0 \sum_{j=1}^{N} (-1)^{j+1} i_j,
\]

(7)

where \( i_j = 0, 1 \) corresponding to the operators in Eqs. (3) and (4), respectively.

The internal energy change is defined through the two measurement protocol, \( \Delta U = E_m - E_n \), where \( E_n \) and \( E_m \) are the result of projective energy measurements performed on the system at beginning \( (t = 0) \) and end \( (t = T) \) of the driving protocol, respectively. We shall refer to work as defined by Eqs. (6) and (7) as the projective work. For a TLS, the change in internal energy is known exactly in the calorimetric measurements from the guardian photons: the last photon exchanged before the driving starts and the first photon exchanged after the driving ends. This comes from the fact that the two-level system always jumps to an energy eigenstate [this is easy to see by applying either operators in Eq. (3) or (4) to an arbitrary state \( |\psi\rangle = \sum_{n} c_n |n\rangle \) that is then clear that the action of any of the operators in Eqs. (3) and (4) will not, in general, project the system into

\[
\sum_{n} c_n |n\rangle.
\]
an eigenstate of \( \hat{H}_0 \). This implies that \( \Delta U \) cannot be exactly inferred from the guardian photons [42] (see Fig. 2).

We now invoke the two-level approximation (TLA) to infer the change in the internal energy as if the QHO were a TLS. Let \( \ell_i \in [0, 1] \) represent the first guardian photon and \( \ell_f \in [0, 1] \) the last guardian photon. Then the change in internal energy attributed to each trajectory is defined as \( \Delta U_c = \ell_f - \ell_i \), and the work is given by

\[
W_c = \Delta U_c + Q. \tag{8}
\]

To make a clear distinction between \( W \) and \( W_c \), we shall refer to \( W_c \) as the calorimetric work for brevity, but its precise definition is work measured in the calorimetric protocol under the two-level approximation. Note that this TLA is reflected on the value attributed to the internal energy change. It does not relate to the more familiar two-level approximation of the dynamics commonly used in optical, atomic, or cavity QED physics. In all of the following results we always consider the time evolution of the driven, damped QHO.

III. RESULTS

We are interested in comparing the statistics of \( W_c \) to that of \( W \), in particular the distribution’s average and variance as a function of the driving time. From Eq. (8) the 4th moment of the calorimetric work is written formally as

\[
\langle W_c^4(t) \rangle = \sum_{\text{traj}} p_c^{(4)}(t) [\hbar \omega (\ell_f - \ell_i) + Q]^4,
\]

where \( \sum_{\text{traj}} \) is shorthand notation for the summation over all possible trajectories. This is weighted by the trajectories’ probabilities

\[
\sum_{\text{traj}} p_c^{(4)}(t) \equiv \sum_{n,m=0}^{\infty} p_{c0}(n) \sum_{\ell_i, \ell_f=0}^{1} p_{c}(\ell_i | n) p_{c}(\ell_f | m) \times \sum_{N=1}^{\infty} \sum_{t_1=0}^{1} \cdots \sum_{t_i=0}^{1} \int_{t_i}^{t_1} dt_i \cdots \int_{t_1}^{t_4} dt_2
\times T_N(m,t;i_N,i_{N}\ldots;i_1,t_1 | n),
\tag{10}
\]

where

\[
T_N(m,t;i_N,i_{N}\ldots;i_1,t_1 | n) = \left| \langle m | \hat{U}_{ab}(t - t_N) \hat{C}_{i_N} \cdots \hat{C}_{i_1} \hat{U}_{ab}(t_1 | n) \rangle \right|^2
\tag{11}
\]

is a transmission coefficient encoding the probability for a particular trajectory, \( p_c(\ell_i | n) \) is the probability of having observed \( \ell_i \) given that the state is initially \( | n \rangle \), and \( p_c(\ell_f | m) \) is the probability of observing \( \ell_f \) given that the state after the driving is \( | m \rangle \), and we assume that the system starts from thermal equilibrium with \( p_{c0}(n) = (1 - e^{-\beta \hbar \omega_0}) \exp(-\beta \hbar \omega_0) \).

The main quantities to be evaluated are the guardian photons probabilities’ \( p_i(\ell_i | n) \) and \( p_f(\ell_f | \psi_f) \), and the transmission coefficient \( T(m,t;i_N,i_{N}\ldots;i_1,t_1 | n) \). The former are easily evaluated and given by

\[
p_f(0|m) = \frac{\gamma m}{\gamma m + \gamma (m + 1)}, \tag{12}
\]

and

\[
p_f(1|m) = \frac{\gamma (m + 1)}{\gamma m + \gamma (m + 1)}. \tag{13}
\]

For the transmission coefficient \( T_N \), an analytical solution for an arbitrary number of jumps \( N \) is, in general, not available for practical purposes. However, we can treat it perturbatively in the limit \( h \gamma_S \ll \lambda_0 \) by expanding the evolution operator up to second order in \( \gamma_S^2/2 \).

We next present analytic results in this limit for two cases: first, the case where the driving time is much shorter than the thermal relaxation such that the evolution operator can be approximated as unitary and there are no jumps in the trajectories, and, second, where corrections up to one jump per trajectory are included.

A. Underdamped regime

1. Unitary limit

If the driving period \( T \) is short enough such that \( 1/T \gg \gamma_S \), the second term inside the exponential in Eq. (5) can be dropped and the evolution is approximated as unitary

\[
\hat{U}_{ab}(t) \approx \exp \left( -\frac{i \lambda t}{\hbar} \hat{p} \right) = \hat{U}_a(t), \tag{16}
\]

where the subscript \( u \) is used to denote unitary dynamics. For this case there is no heat exchange during the driving period, and we have to account only for the guardian photons, so we write \( W_c = \hbar \omega_0 (\ell_f - \ell_i + (-1)^{\ell_i}) \), where the last term is the heat contribution from the last guardian photon. Taking into account only the no-jump term in Eq. (10) and assuming that only the lowest levels are relevant in thermal equilibrium, we can write

\[
\langle W_c^k(t) \rangle_u \approx \langle \hbar \omega_0 \rangle^k \frac{w_{0k} + w_{1k} e^{-\beta \hbar \omega_0}}{1 + e^{-\beta \hbar \omega_0}}, \tag{17}
\]

where the coefficients

\[
w_{nk} = \sum_{\ell_i, \ell_f} p_i(\ell_i | n) p_f(\ell_f | m) \times T_0(m,t | n) (\ell_f - \ell_i + (-1)^{\ell_i})^k
\tag{18}
\]

can be expressed in terms of hypergeometric functions (see Appendix A). For projective work the average and variance are easily evaluated from Eq. (6) for any initial temperature. They are given by (see Appendix A)

\[
\langle W(t) \rangle_u = \hbar \omega_0 \frac{\lambda^2 t^2}{4} = \hbar \omega_0 \mu(t), \tag{19}
\]

\[
[\sigma_W^2(t)]_u = 2 \hbar \omega_0^2 \left[ N(\beta \hbar \omega_0) + \frac{1}{2} \right] \mu(t) = 2 \hbar \omega_0 \left[ N(\beta \hbar \omega_0) + \frac{1}{2} \right] \langle W(t) \rangle_u. \tag{20}
\]
To compare $\langle W^k \rangle_a$ and $\langle W^k_c \rangle_a$ from Eqs. (17), (19), and (20) we start by looking at the zero temperature limit. Taking only the zeroth order term in Eq. (17) and using $\beta \to \infty$ yields

$$\langle W(t) \rangle_a = \hbar \omega_0 \mu(t),$$  \hspace{1cm} (21)

$$\langle \sigma^2_W(t) \rangle_a = (\hbar \omega_0)^2 \mu(t),$$  \hspace{1cm} (22)

$$\langle W_c(t) \rangle_a = \hbar \omega_0 [1 - e^{-\mu(t)}],$$  \hspace{1cm} (23)

$$\langle \sigma^2_W(t) \rangle_a = (\hbar \omega_0)^2 e^{-2\mu(t)} [e^{\mu(t)} - 1].$$  \hspace{1cm} (24)

We first note that the projective work statistics can be easily regained by measuring the calorimetric work, even when the TLA is clearly violated. One particular aspect of this relation is that it does not depend on the details of the driving or bath coupling, and we can envision a case where these parameters can be extracted from calorimetric measurements without the need to perform projective measurements at all. Second, when we look at the short time behavior of the average and the variance, we see that the calorimetric work reproduces the projective work to first order, therefore providing a very good approximation for short driving periods. This is an expected result since for short driving periods the state of the system is only weakly perturbed from its equilibrium state, where the TLA is justified. In the long drive time limit, the calorimetric work average and variance asymptotically approach $\hbar \omega_0$ and zero, respectively. This can be explained by looking at Eqs. (12) and (13) in the zero temperature limit where $\gamma_1 \to 0$. The only two possibilities are that a photon will be emitted to the bath or no photon will be observed. The probability for the latter is proportional to the probability of finding the system in the ground state after the driving. In the limit $T \to \infty$, this probability goes to zero. Thus, the lastguardian photon will be observed from the system to the bath with probability one which means $W_c = 1$ for all trajectories (since the system always starts from the ground state).

A similar analysis holds at a finite temperature. Figure 3 shows the average and variance of calorimetric and projective work for three different temperatures $\beta \hbar \omega_0 = 1$, 2, and 5. The driving period is $T = h\pi/\omega_0$. For the average, as the temperature increases the calorimetric work decreases, while the projective work remains invariant. For the variance there is an increase with temperature for projective work as expected, but a more subtle behavior for the calorimetric work. When temperature is increased we see a nonzero variance as $t \to 0$. Looking at Eqs. (12)-(15), in the high-temperature limit where higher levels are occupied we can approximate $p_j(\ell_f|n) \approx p_j(\ell_f|m) \approx 1/2$. Consequently, the calorimetric moments in Eq. (9) are reduced to $\langle W^k_c \rangle = (\hbar \omega_0)^k / 4 \sum c_{\ell_f} c_{\ell_i} |\ell_f - \ell_i + (-1)^f|^k$ at $t = 0$. This yields zero for the average and $0.5(\hbar \omega_0)^2$ for the variance.

This nonzero variance at $t = 0$ is an artifact coming from the wrong inference of the internal energy from the guard photon. Suppose, for example, that the system started from the first excited state and that the observed initial guard photon was $\ell_i = 0$. Because the system is not in the ground state, it is possible to observe the final guard photon with $\ell_f = \ell_i = 0$. Thus the inferred internal energy change is $\ell_f - \ell_i = 0$, which means $W_c = 1$. Therefore, it is possible to have trajectories with $W_c \neq 0$ leading to nonzero variance. Naturally, if the system is thermalized and incoherent, the change in its internal energy can be correctly inferred by keeping track of all the jumps.

### 2. Single jump corrections

If the driving time is comparable to the dissipation rate, $1/T \sim \gamma_\Sigma$, jumps must be taken into account. To this end, we treat the dissipation perturbatively with respect to the driving by expanding the evolution operator of Eq. (5) up to second order in $\gamma_\Sigma/2$:

$$\hat{U}_{ab}(t) \approx e^{-\frac{i}{\hbar} \int_0^t dt' \hat{H}(t')} \left[ 1 - \frac{i}{\hbar} \int_0^t dt_1 \hat{D}(t_1) - \frac{1}{\hbar^2} \int_0^t dt_1 \int_0^{t_1} dt_2 \hat{D}(t_1) \hat{D}(t_2) \right],$$ \hspace{1cm} (25)

where

$$\hat{D}(t) = -i \gamma_\Sigma/2 [\hat{H}(t) + \lambda \hat{X}], \quad \lambda(t) = \sqrt{2\mu(t)},$$

$$\hat{H}(t) = \hat{a}^\dagger \hat{a} + \gamma_\gamma/\gamma_\Sigma + \mu(t),$$

and

$$\hat{X} = (\hat{a}^\dagger + \hat{a})/\sqrt{2}. $$

The central quantity to evaluate will be

$$u(m,t) = \langle m | \hat{U}_{ab}(t) | n \rangle,$$

where $\langle m | \hat{U}_{ab}(t) | n \rangle$ is the Nth order term of the expansion of $\langle m | \hat{U}_{ab}(t) | n \rangle$, as defined in Eq. (25) (see Appendix B). Correction terms for any number of jumps can now be written through Eq. (26). In particular, the transmission coefficient for
will decrease as compared to the limit of unitary dynamics. As explained below we expect that the stronger the dissipation as compared to the driving strength, the smaller the error. Moreover, the bounds for the calorimetric average and variance will change. Strictly speaking they are no longer bounded from above since each trajectory can contain any number of jumps. However, for a fixed driving time we expect to see some asymptotic behavior.

To numerically validate the approximations made we employed the quantum jump (QJ) method [13] using a 10-level system to simulate the QHO [43]. We used the Monte Carlo Solver from the Quantum Toolbox in Python (QuTiP) [44,45] for 10⁵ trajectories using the full non-Hermitian evolution operator of Eq. (5). To calculate the projective work for each trajectory, the measurement process is simulated by drawing a random energy outcome \( E_m \) weighted by the system state at a given time (say \( t = \tau \)) subtracted from the energy outcome at time zero \( (E_0) \). The heat is given by Eq. (7) by considering all the jumps up to \( t = \tau \). Calorimetric work is evaluated similarly, with the difference that the system state at \( t = \tau \) is used to evaluate the probabilities of observing a given jump if the driving had stop at that point, given by Eqs. (12) and (13). Then a random energy outcome is drawn \( (\ell_f) \) weighted by these probabilities. The same procedure is employed for the first guardian photon \( (\ell_f) \), using Eqs. (14) and (15). The heat is calculated as in the projective case with the addition of the last guardian photon contribution. As can be seen from Fig. 4 there is a good quantitative agreement between analytic (solid lines) and numerical results (markers). The deviation as time increases is attributed to trajectories containing more than two jumps and higher levels of the system being populated.

B. Overdamped regime

In the limit \( \hbar \gamma \gg \lambda_0 \) the perturbative method fails, and a general analytic solution is not available due to the complicated form of the transmission coefficient in Eq. (11). Notice that we are still in the the weak coupling limit such that \( \omega_0 \gg \gamma \) holds. It is easy to see that the average calorimetric work will reproduce the average projective work since the relaxation time to equilibrium of the system is much faster than the time required for the driving to push the system to higher levels, and the system remains close to its equilibrium state with a negligible change in its internal energy \( U \). Therefore, all the (average) work is dissipated as heat into the reservoir, i.e., \( \langle W \rangle \approx \langle Q \rangle \). Since the calorimetric protocol measures the dissipated heat exactly, as the coupling to the environment increases (or the driving strength decreases), the calorimetric average work will reproduce the projective average work. This is, however, not true for the variance, and higher moments in general. Taking the second moment of the calorimetric work gives

\[
\langle W_c^2 \rangle = \langle \Delta U_c^2 \rangle + \langle Q^2 \rangle + 2 \langle \Delta U_c \rangle \langle Q \rangle. \tag{29}
\]

From the discussion above, the first term has a negligible contribution, but the last term will, in general, contribute to the result. Figure 5 shows numerical results for the average and variance using the QJ method. As before, we use the Monte Carlo solver from QuTiP for 10⁵ trajectories using the full non-Hermitian evolution operator in Eq. (5). It is clear the
average calorimetric and projective work will quickly converge to the same limit for \( \hbar \gamma \gg \lambda_0 \). The variance, however will not.

IV. SUMMARY AND CONCLUSIONS

The recently proposed calorimetric measurement technique presents a promising setup to evaluate thermodynamic quantities in open quantum systems. Here we have looked at the validity of this protocol for a simple model, a weakly driven QHO under the assumption that it can be approximated as a two-level system. We have shown how this assumption influences the work measured in the calorimetric protocol and compared to that obtained from idealized projective measurements. In particular, we have shown that the two-level approximation holds for short driving periods and that there is a simple relation between calorimetric and projective work at zero temperature independent of the driving strength and dissipative coupling (within the weak driving assumption \( \hbar \omega_0 \gg \lambda_0 \) and weak coupling \( \hbar \gamma \ll \hbar \omega_0 \) to the environment). Furthermore, the two-level approximation introduces certain artifacts in the internal energy inference such as a nonzero variance with no driving present. Note that no approximation is needed if the system thermalized and decohered and no driving is present. By keeping track of all the jumps the internal energy change can be inferred precisely. This suggests that each jump carries information that can be used to better infer the internal state of the driven system. If there is strong dissipation compared to the driving strength, the change in the internal energy is negligible and the average calorimetric work reproduced the average projective work. It should be noted that technical details regarding calorimetric measurements, such as finite heat capacity \([14, 46–49]\) or incomplete measurement \([10]\), are not considered in this work. We expect that the general conclusions drawn here will not change although quantitative changes will certainly appear.

Finally, this work shows that under certain conditions it is possible to infer the correct distribution of thermodynamic quantities from indirect, and possibly incomplete measurements provided the dynamics of the system under investigation are known. This approach can then be extended to other measurements techniques which have to rely on indirect observation of the system’s internal state.

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APPENDIX A: COEFFICIENTS FOR MOMENTS OF WORK

For the first moment, the first three terms in Eq. (17) are given by

\[
\begin{align*}
\langle W \rangle_{\text{lim}} &= \mu e^{\omega_0 - \mu} \frac{z_2}{z_2} F_1 \left( z_2, z_3, z_1; \mu \right), \\
\langle W_1 \rangle_{\text{lim}} &= \mu e^{\omega_0 - \mu} \frac{z_2}{z_2} \left[ \mu F_1 \left( z_2, z_3, z_1; \mu \right) - z_2 F_1 \left( \frac{1}{z_4}, z_2, z_1; \mu \right) - \frac{2(\mu - 1)z_3}{z_3} F_1 \left( z_3, z_4, z_1; \mu \right) + \frac{\mu z_2}{z_4} F_1 \left( z_4, z_5, z_1; \mu \right) \right], \\
\langle W_2 \rangle_{\text{lim}} &= \frac{\mu e^{\omega_0 - \mu}}{2z_3} \left[ \frac{z_2}{z_6} F_1 \left( \frac{z_6}{z_4}, z_5, z_1; \mu \right) + \frac{z_6(\mu - 1)^2}{z_3} F_1 \left( z_4, z_5, z_1; \mu \right) - \frac{4z_2(\mu - 1)}{z_3} F_1 \left( z_3, z_4, z_1; \mu \right) \right] \left[ \frac{2\mu z_2(3 - 2\mu)}{z_5} F_1 \left( \frac{z_5}{z_4}, z_6, z_1; \mu \right) + (\mu(\mu + 4) - 4) F_1 \left( z_3, z_5, z_1; \mu \right) - 2\mu z_2 F_1 \left( \frac{1}{z_4}, z_2, z_1; \mu \right) \right].
\end{align*}
\]
where \( F_1(a, b; \mu) \) is the Kummer confluent hypergeometric function, \( z_1 = (1 + e^{\beta \omega}) \), and \( z_i = (i + (i - 1)e^{\beta \omega}) \) for \( i > 1 \). Similarly, for the second moment,

\[
w_{02} = w_{01},
\]

\[
w_{12} = \frac{e^{\beta \omega - \mu}}{z_2^2} \left[ 3z_4 \mu F_1 \left( \frac{z_4}{z_2}; \frac{z_5}{z_1}; \mu \right) + \mu z_2 F_1 \left( \frac{z_2}{z_1}; \mu \right) - 2(3\mu - 5)\mu z_4 F_1 \left( \frac{z_3}{z_1}; \mu \right) + (\mu - 2)(3\mu - 2) F_1 \left( \frac{z_2}{z_1}; \mu \right) \right],
\]

\[
w_{22} = \frac{e^{\beta \omega - \mu}}{2z_2 z_3} \left[ 2z_5^2 F_1 \left( \frac{z_5}{z_1}; \mu \right) + 6z_2(\mu - 1)(5\mu - 13)\mu F_1 \left( \frac{z_4}{z_1}; \mu \right) - 4z_2(\mu - 1)(5\mu - 18) F_1 \left( \frac{z_3}{z_1}; \mu \right) + (\mu(5\mu - 28) + 28)z_2 F_1 \left( \frac{z_2}{z_1}; \mu \right) \right].
\]

**APPENDIX B: MOMENTS OF WORK IN THE TWO-MEASUREMENT PROTOCOL FOR A DRIVEN DAMPED HARMONIC OSCILLATOR**

1. Limit of unitary evolution

In the unitary limit there is no heat exchange (and therefore no jumps in the trajectory). From Eq. (6) with \( Q = 0 \) we can write

\[
\langle W^k \rangle_u = \sum_{m,n} p_{eq}(n)p(m|n)(E_m - E_n)^k,
\]

with \( p(m|n) = |\langle m|\hat{U}_D(T)|n\rangle|^2 \), where \( \hat{U}_D(T) \) is given by Eq. (16), \( p_{eq}(n) \) is the thermal equilibrium distribution, the subscript \( u \) indicates that the average is taken over unitary evolution, and \( |n\rangle \) and \( |m\rangle \) are eigenfunctions of \( \hat{H}_0 \) (see the main text). The average work becomes

\[
\langle W(t) \rangle_u = \frac{\hbar \omega_0}{Z} \sum_n e^{-\beta \omega_0 n} \sum_m |\langle m|e^{-i\sqrt{\omega_0}t}|n\rangle|^2(m - n) = \hbar \omega_0 \mu(t),
\]

and the variance

\[
\sigma_{Wu}^2(t) = \langle W^2(t) \rangle_u - \langle W(t) \rangle_u^2 = \frac{\hbar \omega_0^2}{Z} \sum_n e^{-\beta \omega_0 n} \sum_m |\langle m|e^{-i\sqrt{\omega_0}t}|n\rangle|^2(m - n)^2 - \mu^2(t) = 2\hbar \omega_0^2 \left( N + \frac{1}{2} \right) \mu(t),
\]

where \( \mu(t) = (\lambda_0 T/2\hbar)^2 \) and \( N = \lfloor \exp(\beta \omega_0) - 1 \rfloor^{-1} \) is the average thermal occupation number, and we have used the relations

\[
e^{+i\sqrt{\omega_0}t} \sum_m |m\rangle(m - n)|m|e^{-i\sqrt{\omega_0}t}|n\rangle = e^{+i\sqrt{\omega_0}t} \left( \hat{H}_0 - n \right)e^{-i\sqrt{\omega_0}t}\]

\[
e^{+i\sqrt{\omega_0}t} \sum_m |m\rangle(m - n)|m|e^{-i\sqrt{\omega_0}t}\]

\[
= [\hat{H}_0 + x_0 \hat{X} + \mu(t)]^2 - 2n[\hat{H}_0 + x_0 \hat{X} + \mu(t)] + n^2.
\]

2. Open system evolution

In the open system evolution limit, the system cannot be approximated as closed, and the dissipative term \( D \) in Eq. (5) in the main text must be included, together with stochastic trajectories with jumps. The main quantity to be evaluated is transmission coefficient encoding the probability for a particular trajectory with \( N \) jumps, \( T_N(m, t; j_N, t_N; \ldots; i_1, t_1|n) \), given by Eq. (11). Using the relations

\[
\hat{C}_0 \hat{U}_{ab}(t) = \hat{U}_{ab}(t) \hat{C}_0^\dagger(t),
\]

\[
\hat{C}_1 \hat{U}_{ab}(t) = \hat{U}_{ab}(t) \hat{C}_1^\dagger(t),
\]

\[
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\]
where $\hat{C}_i(t) = a_i(t)\hat{C}_i + \gamma_1/2\hat{b}_i(t)$ with $a_i(t) = e^{-\int_0^t \gamma_1/2}$ and $b_i(t) = \lambda_0/(\hbar\gamma_\Sigma)[a_i(t) - 1]$, we can write

$$T_{\hat{N}}(m, t; i_N, t_N; \ldots; i_1, t_1 | n) = |\langle m | \hat{U}_{\hat{m}}(T)\hat{C}_{i_N}(t_N) \cdots \hat{C}_{i_1}(t_1) | n \rangle|^2. \tag{B8}$$

It remains to evaluate $u(m, t | n) \equiv |\langle m | \hat{U}_{\hat{m}}(T) | n \rangle|$ for arbitrary $n$. To this end we employ second order perturbation theory to expand $\hat{U}_{\hat{m}}(T)$ as

$$\hat{U}_{\hat{m}} \approx e^{-\int_0^T \frac{\lambda_0}{2\sqrt{2}} \hat{P}} \left[ 1 - \frac{i}{\hbar} \int_0^T dt_1 \hat{D}(t_1) - \frac{1}{\hbar^2} \int_0^T dt_1 \int_0^{t_1} dt_2 \hat{D}(t_1) \hat{D}(t_2) \right], \tag{B9}$$

where

$$\hat{D}(t) \equiv \exp \left( i \frac{\lambda_0}{\hbar \sqrt{2}} \hat{P} \right) \hat{B} \exp \left( - i \frac{\lambda_0}{\hbar \sqrt{2}} \hat{P} \right) = -i \frac{\gamma_\Sigma}{2} \left[ \hat{a} \hat{a} + \frac{\gamma_1}{\gamma_\Sigma} + \mu(t) + \sqrt{2\mu(t)} \hat{X} \right] = -i \frac{\gamma_\Sigma}{2} \left[ \hat{H}'(t) + \sqrt{2\mu(t)} \hat{X} \right], \tag{B10}$$

and $\hat{H}'(t) = \hat{a} \hat{a} + \gamma_1/\gamma_\Sigma + \mu(t)$ is diagonal in the energy eigenbasis. Carrying out the time integration in Eq. (B9) yields

$$u(m, t | n) = U_{0, m}^{mn}(t) + \frac{\gamma_\Sigma}{2} U_{1, m}^{mn}(t) + \frac{\gamma_\Sigma^2}{4} U_{2, m}^{mn}(t), \tag{B11}$$

with

$$U_{0, m}^{mn}(t) = I_{0, m}^0(t), \tag{B12}$$

$$U_{1, m}^{mn}(t) = -\left( n t + \frac{\gamma_1}{\gamma_\Sigma} + \frac{\lambda_0^2}{12} \right) I_{mn}^0(t) - \frac{\lambda_0}{2\sqrt{2}} I_{mn}^1(t), \tag{B13}$$

$$U_{2, m}^{mn}(t) = \left[ \frac{\gamma_\Sigma^2}{288\gamma_\Sigma^2} \left( 12 \gamma_\Sigma n + \gamma_\Sigma^2 \lambda_0^2 \right)^2 \right] I_{mn}^0(t) + \frac{\lambda_0^2 (20 \gamma_\Sigma + 20 \gamma_1 n + 3 \gamma_\Sigma \lambda_0^2)}{60\sqrt{2} \gamma_\Sigma} I_{mn}^1(t) + \frac{\lambda_0 \sqrt{nt} \left[ 20 \gamma_\Sigma + \gamma_1 (n - 1) + 3 \gamma_\Sigma \lambda_0^2 \right]}{240 \gamma_\Sigma} I_{mn+1}^1(t) + \frac{\lambda_0 \sqrt{nt} \left[ 20 \gamma_\Sigma + \gamma_1 (n - 1) + 3 \gamma_\Sigma \lambda_0^2 \right]}{240 \gamma_\Sigma} I_{mn-1}^0(t), \tag{B14}$$

with

$$I_{mn}^0(t) = \frac{e^{-x_0^2/4}}{\sqrt{2^m n! n^m}} \sum_{k=0}^m \binom{m}{k} \binom{n}{l} 2^k l! (-1)^{n-k} x_0^{m+n-2k}, \tag{B15}$$

$$I_{mn}^1(t) = -\frac{x_0}{2} I_{mn}^0(t) + \frac{e^{-x_0^2/4}}{\sqrt{2^m n! n^m}} \sum_{k=0}^m \sum_{l=0}^n \binom{m}{k} \binom{n}{l} (-1)^{n-l} \sqrt{2^k l!} x_0^{m+n-k-l} \begin{cases} \sqrt{\frac{l+1}{2}}, & \text{if } k = l + 1 \vspace{1mm} \\
\sqrt{\frac{1}{2}}, & \text{if } k = l - 1 \vspace{1mm} \\
0, & \text{otherwise} \end{cases}, \tag{B16}$$

$$I_{mn}^2(t) = -\frac{x_0}{4} I_{mn}^0(t) - x_0 I_{mn}^1(t) + \frac{e^{-x_0^2/4}}{\sqrt{2^m n! n^m}} \sum_{k=0}^m \sum_{l=0}^n \binom{m}{k} \binom{n}{l} (-1)^{n-l} \sqrt{2^{k+l} k! l! x_0^{m+n-k-l}} \begin{cases} \frac{1}{2} \sqrt{t(l+1)}, & \text{if } k = l - 2 \vspace{1mm} \\
\frac{1}{2} (2l + 1), & \text{if } k = l \vspace{1mm} \\
\frac{1}{2} (t+1)(2l+2), & \text{if } k = l + 2 \vspace{1mm} \\
0, & \text{otherwise} \end{cases}, \tag{B17}$$

where $x_0 = \sqrt{2\mu(T)}$.

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works in connection to thermodynamic cycles \cite{18,50–54}. It is and interpret the results in terms of averages as used in other superposition. However, we can follow a statistical interpretation of work when using more than 10 levels for the parameters used here, namely, the driving time and temperature. Also, agreement with the analytic results in the limit of unitary evolution shows that this is a good approximation. 

We numerically verified that there is no change in the moments of work using more than 10 levels for the parameters used here, namely, the driving time and temperature. Also, agreement with the analytic results in the limit of unitary evolution shows that this is a good approximation.

\[ \Delta U \] cannot even be attributed a well defined value since the oscillator will in general be left at an energy superposition. However, we can follow a statistical interpretation and interpret the results in terms of averages as used in other works in connection to thermodynamic cycles \cite{18,50–54}. It is also worth to point out that other measures of work based on the average energy have been proposed \cite{55}.

We numerically verified that there is no change in the moments of work using more than 10 levels for the parameters used here, namely, the driving time and temperature. Also, agreement with the analytic results in the limit of unitary evolution shows that this is a good approximation.

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