### Supplementary data

| Overnight cultures       | Colony forming units |
|-------------------------|----------------------|
| S. Typhi                | $2.4 \times 10^7$    |
| S. Typhimurium          | $1.4 \times 10^8$    |
| Bacillus                | $2.0 \times 10^7$    |
| Staphylococcus aureus   | $2.6 \times 10^8$    |
| Klebsiella spp.         | $2.4 \times 10^7$    |
| E.coli                  | $1.0 \times 10^8$    |
| Micrococci              | $2.7 \times 10^7$    |