Estimating the State of Health of Lithium-Ion Batteries with a High Discharge Rate through Impedance

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Abstract: Lithium-ion batteries are an attractive power source in many scenarios. In some particular cases, including providing backup power for drones, frequency modulation, and powering electric tools, lithium-ion batteries are required to discharge at a high rate (2~20 C). In this work, we present a method to estimate the state of health (SOH) of lithium-ion batteries with a high discharge rate using the battery’s impedance at three characteristic frequencies. Firstly, a battery model is used to fit the impedance spectrum of twelve LiFePO_4 batteries. Secondly, a basic estimation model is built to estimate the SOH of the batteries via the parameters of the battery model. The model is trained using the data of six batteries and is tested on another six. The RMS of relative error of the model is lower than 4.2% at 10 C and lower than 2.8% at 15 C, even when the low-frequency feature of the impedance spectrum is ignored. Thirdly, we adapt the basic model so that the SOH estimation can be performed only using the battery’s impedance at three characteristic frequencies without having to measure the entire impedance spectrum. The RMS of relative error of this adapted model at 10 C and 15 C is 3.11% and 4.25%, respectively.

Keywords: lithium-ion battery; state of health; electrochemical impedance spectroscopy; high-rate discharge

1. Introduction

Lithium-ion batteries (LIBs) are widely used in portable terminals, electric vehicles (EVs), hybrid electric vehicles (HEVs), aerospace, and other fields [1,2]. In some particular circumstances, including backup power for drones, frequency modulation, and powering electric tools such as drills, lithium-ion batteries are required to discharge at a high rate (2~20 C). For instance, the US Navy is currently researching a number of applications that will require lithium-ion batteries to both source and sink high-power loads [3]. As another example, lithium-ion batteries serve as a backup energy source for drones powered by cables. In order to reduce the weight of the drone itself, drones carry only the minimum number of batteries, and batteries must be discharged at a very high rate so that the drone can land safely in the case of an emergency such as a cable fault or high wind. Moreover, lithium-ion batteries may also be charged/discharged at a high rate to provide frequency regulation for request signals from the grid [4]. As these applications become more common, it becomes increasingly important to estimate the capacity fade of lithium-ion batteries when they are discharged at a high rate.

The state of health (SOH) of a battery, defined as the ratio of actual cell capacity/resistance to the initial value, is commonly used as a metric to evaluate the level of battery aging. Studies have shown that the SOH is related to a variety of phenomena and their interactions, most of which cannot be studied independently and do not occur simultaneously [5–9]. In the research carried out to date, SOH estimation is carried out using two basic approaches: experimental and adaptive methods [10,11]. Adaptive methods, which include the Kalman filter method, the neural network method, and the fuzzy...
logic method, determine the residual capacity through the calculation of parameters that are sensitive to the degradation of the battery cell [10]. Adaptive methods usually have a high accuracy and are widely used in online SOH estimations [10,12–15]. In Ref. [13], for example, Fang et al. used the double-extended Kalman filter method to determine the parameters of the battery’s equivalent circuit model and perform the online estimation of the SOH with a maximum error of 1.54%. However, adaptive methods require high computational effort, and the parameters determined by these methods are not universal for different cells (even if they are of the same type) [12,16]. Experimental methods, on the other hand, can estimate the SOH with the help of history cycling data [10]. In spite of their relatively low accuracy, experimental methods, particularly those based on electrochemical impedance spectroscopy (EIS), can lead to certain universal formulas that are applicable to other batteries of the same type, which makes it possible for them to be implemented in electric vehicle battery management systems [17–21].

The EIS method is a typical experimental method for battery SOH estimation. It estimates the SOH by using the battery’s electrochemical impedance spectroscopy, the acquisition of which requires specialized equipment. Wang et al. in Ref. [22], built a battery equivalent model and determined the parameters by fitting the battery’s impedance spectrum. The result showed a significant correlation between these battery parameters and the SOH. Mingant et al. [23] followed a similar procedure to estimate the SOH and demonstrated that the EIS method can be implemented for both SOC (state of charge, defined as the ratio of the battery’s remaining capacity to its current maximum capacity) and SOH estimation. Generally, the EIS method estimates the SOH by using the parameters of the battery model, which are calculated by fitting the impedance spectrum. It is worth mentioning that the EIS method usually has a high accuracy that is greater than 95%, which is one of the highest among all experimental methods [10]. However, despite its high accuracy, the EIS method requires a long test time and a stable test environment, making it inconvenient for onboard applications [24]. Thus far, while several improved methods have been proposed to overcome these limitations [25–27], evidence of the effectiveness of these new methods generally still lacks sufficient supporting data. As a result, the question of how to improve the EIS method to estimate SOH quickly and effectively remains a challenge.

Many studies have shown that a higher discharge rate can accelerate battery aging [28–30]. Several hypotheses have been made to explain this phenomenon. Ning et al. attributed the capacity fade at a high discharge rate to the loss of secondary material, the loss of primary material, and the difference of rate capability [28]. Sun et al., on the other hand, gave another three causes to explain the accelerated capacity fade at high discharge rate—the degradation of active materials, the enhancement in the loss of active lithium, and the instability of the SEI film on the anode after the rapid extraction of lithium ions [29]. Among them, the first cause was also agreed by Liu et al., who also linked the rapid capacity fade with the loss of active material of the positive electrode [30]. Nonetheless, few of these studies considered a discharge rate higher than 5 C, and in the area of SOH estimation, even fewer studies considered such a high discharge rate. In the recent review made by Iurilli et al. [31], the authors summarized the current rate used in different works that took an EIS approach to study battery aging. According to Table 3 in their paper, very few studies considered a discharge rate higher than 3 C. Additionally, for those studies that did consider such a high discharge rate, they were mainly focused on how the impedance spectrum and battery parameters change as the battery ages, and none of them made a SOH estimation in their work [3,32–34]. Consequently, it remains challenging to estimate the SOH of batteries discharged at a high rate.

In this paper, based on the battery impedance at different frequencies, two methods are proposed to estimate the SOH of lithium-ion batteries under high-rate discharge. The first method is the traditional EIS method, which uses the battery’s impedance spectrum to determine the values of the parameters of the battery equivalent model and then uses these values to estimate the SOH. The second method is to select several characteristic frequencies and directly estimate the SOH through the impedance at these frequencies. This is less time-consuming and has a lower demand for extra devices compared with the
former method. The two methods are strongly correlated—the frequency points that are selected in the later method contain information about the battery parameters that had been proven to be related to the SOH in the former method.

The outline of this paper is as follows. Section 2 describes the battery equivalent model in an EIS analysis. Section 3 introduces the experimental system. Section 4 presents the results of the experiment. In Section 4.1, the values of the parameters of the battery’s equivalent model at different SOHs are determined by fitting the impedance spectrum, and the relationship between these parameters and the SOH is carefully studied. In Section 4.2, a basic estimation model is built based on these parameters. In Section 4.3, several characteristic frequency points are selected, and another SOH estimation model is built based on the impedance at these points. The relationship between these points and the parameters in the battery model is then illustrated, which lends support to the accuracy of this second model and the fact that it is more accessible. A comparison between the two models is also presented in Section 4.3. Finally, in Section 5, the conclusions are summarized.

2. Modelling of the Battery Based on the Impedance Spectroscopy

In DC circuits, the internal resistance of a battery can be obtained directly by measuring the immediate voltage change ($\Delta U$) of the battery when a pulse current ($\Delta I$) is applied. To be specific, the internal resistance ($R$) can be measured by:

$$R = \frac{\Delta U}{\Delta I}. \quad (1)$$

While much evidence has shown that the internal resistance of the battery will increase as the battery ages [35–37], this parameter alone is not sufficient to estimate the remaining capacity of the battery. In order to measure the battery’s impedance at different frequencies, a special piece of equipment was used to generate a small sinusoidal signal (which usually causes a voltage drop of no more than 10 mV across the battery) at a given angular frequency $\omega$. If we use complex numbers to represent the sinusoidal current ($I(j\omega)$) and voltage ($U(j\omega)$), the complex impedance of the battery at the given angular frequency $\omega$ can be calculated by the following:

$$Z(j\omega) = \frac{U(j\omega)}{I(j\omega)}. \quad (2)$$

By applying sinusoidal currents of different frequencies (0.01–10 kHz) and recording the corresponding value of the battery’s impedance, we can draw a Bode curve (which shows the modulus of the battery impedance at different frequencies) and a Nyquist curve (which shows the relationship between the real part and the imaginary part of the battery’s impedance) of the battery. Typical Bode and Nyquist curves of a fully charged battery are shown in Figure 1 in the form of a scatter plot.

As can be seen in Figure 1b, we can clearly divide the Nyquist curve into three parts. The first part is an almost horizontal line, representing the inductive characteristics of batteries under a high frequency. The end of the first part corresponds to the imaginary part of the impedance being zero, meaning that the real part of the impedance at this point is also the pure ohmic resistance ($R_0$) of the battery. As a result, the characteristics shown in the first part of the Nyquist curve can be equivalently represented with a resistor and an inductor.
Figure 1. An example of Bode and Nyquist curves of a fully charged lithium-ion battery.

The second part of the Nyquist curve resembles an arc, which is linked to the double-layer and charge-transfer effects at the interfaces of the battery [38]. If we only use a simple combination of a resistor, inductor, and capacitor to approximate this curve, the optimal approximation would be a capacitor and resistor in parallel, whose Nyquist curve (as can be seen in Figure 2) is a semicircular arc with a radius $R_1/2$ (where $R_1$ is the resistance of the resistor). However, according to Figure 1b, the actual Nyquist diagram of the battery more resembles a minor arc than a semicircular arc, which may result from the imperfections of the interfaces’ planarity and rugosity [20]. As a result, seeking to develop a more accurate battery model, we replace the capacitor with a CPE (constant phase element), which gets its name from its impedance having a constant phase regardless of the frequency. The impedance of CPE can be calculated as follows:

$$Z_{CPE}(j\omega) = \frac{1}{(j\omega)^nQ}.$$  (3)
respectively. When a CPE is in parallel with a resistor (whose resistance is $R_0$), the Nyquist curve of their total impedance is as shown in Figure 2.

From Figure 2, we can clearly see that the equivalent circuit with CPE can better reproduce the second part of the Nyquist curve of an actual battery, since it contains the parameter $n$, which can adjust the angle of the arc in the Nyquist curve.

As shown in Figure 1, the third part of the battery’s Nyquist curve can be approximated as a straight line with a slope of one; this is associated with the mass transport (Li-ion diffusion) that occurs within the electrodes [38]. Since the Nyquist curve in this part has an almost constant phase of 45 degrees, we can use a special CPE whose $n = 0.5$ to reproduce the Nyquist curve in this part. In electrochemistry, such a special CPE can also be called an infinite Warburg resistance, whose impedance can be calculated as follows:

$$Z_w(j\omega) = \frac{\sigma}{\sqrt{\omega}} (1 - j).$$  \hspace{1cm} (4)

In Formula (4), $\sigma$ represents the Warburg coefficient, which characterizes the size of the impedance.

Thus far, we have built three battery equivalent circuits according to different parts of the battery’s Nyquist curve. The integral battery equivalent model would then constitute the series connection of the three circuits. The battery equivalent model adopted in this paper is shown in Figure 3.

To test the accuracy of our battery model, we fit the parameters in our model with actual data, drew the Bode curve according to our model, and compared it with the actual curve. The result is shown in Figure 1a, from which we can see that the battery model is a good approximation of the real battery.

Figure 2. The Nyquist curve of two different equivalent circuits.
Figure 3. The equivalent circuit of the whole battery.

3. Materials and Methods

In this work, twelve new, identical LiFePO$_4$ battery cells made by GREPOW were studied. The model we chose can allow for a discharge rate as high as 40 C and is commonly used in drones. The specification of each battery cell is listed in Table 1.

Table 1. Specifications of the parameters of battery cells.

| Item                                | Manufacturer | Characteristics                      |
|-------------------------------------|--------------|--------------------------------------|
| High Discharge Li-PO Battery        | GREPOW       | Capacity: 5000 mAh                   |
|                                     |              | Voltage: 3.7 V                       |
|                                     |              | Continuous discharge current: 200 A  |
|                                     |              | Recommended charge current: 10 A    |

We controlled all the elements of the experimental setup in the battery test system produced by Neware, which controls a supporting battery test system to realize the discharging and charging processes of the batteries. The recording of current and voltage across the battery was also carried out by the battery test system. The measurement of the battery’s impedance spectrum was performed using Reference 3000 made in Warminster, Pennsylvania, U.S. by Gamry. The plotting and fitting of the impedance spectrum is performed by using the supporting software Gamry Echem Analyst. The software allows the fitting of the battery impedance spectrum by using a customized battery equivalent circuit. The fitting algorithm is the Levenberg–Marquardt algorithm. In the subsequent data processing, the linear regression is performed by using SPSS.

Our experiment consisted of repeated charges and discharges of the cells until their capacity reached less than 70% of their original capacity. Before the first cycle and after every fifty cycles (for 15 C, every twenty cycles), we measured the fully charged battery’s frequency-dependent impedance using the electrochemical workstation Reference 3000, with applied frequencies ranging from 10 kHz to 0.01 Hz. In each cycle, the batteries were discharged at a high rate (10 C for half of the batteries and 15 C for the other half) until the voltage across the battery dropped to 3.2 V (for 15 C, 3.1 V). The battery cells were then charged to 4.2 V at a rate of 2 C, followed by a constant-voltage phase until the charge current was below 0.1 C. After charging, the battery would rest for 10 min before being discharged in the next cycle.

4. Results and Analysis

4.1. Impedance Analysis

The relationship between each battery’s SOH and cycle number is presented in Figure A1 in Appendix A. Taking battery 4 (discharged at 15 C) as an example, the relationship between the battery’s Bode curve, the Nyquist curve, and the number of cycles is shown in Figure 4.
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The relationship between each battery’s SOH and cycle number is presented in Figure A1 in Appendix A. Taking battery 4 (discharged at 15 C) as an example, the relationship between the battery’s Bode curve, the Nyquist curve, and the number of cycles is shown in Figure 4.

As is clearly shown in Figure 4, the start and end point of the arc in the Nyquist curve significantly shift right as the number of cycles increases, which suggests an increase in the pure ohmic resistance ($R_0$) of the battery. The radius of the arc also increases, while the angle of the arc decreases, suggesting an increase in $R_1$ and a decrease in $n$. Seeking to link the parameters of the battery model and the battery’s SOH, we took battery 2 (discharged at 15 C) and battery 11 (discharged at 10 C) as an example, and drew Figure 5 to visualize the relationship between the SOH and the normalized battery parameters. The results of other batteries are presented in Figure A2 in Appendix A.

Figure 4. Bode curve and Nyquist curve of the battery after different numbers of cycles (15 C).

As is clearly shown in Figure 4, the start and end point of the arc in the Nyquist curve significantly shift right as the number of cycles increases, which suggests an increase in the pure ohmic resistance ($R_0$) of the battery. The radius of the arc also increases, while the angle of the arc decreases, suggesting an increase in $R_1$ and a decrease in $n$. Seeking to link the parameters of the battery model and the battery’s SOH, we took battery 2 (discharged at 15 C) and battery 11 (discharged at 10 C) as an example, and drew Figure 5 to visualize the relationship between the SOH and the normalized battery parameters. The results of other batteries are presented in Figure A2 in Appendix A.
As we can see in Figure 5, among all the parameters $R_0$, $R_1$, $n$, and $Z_{w}$ have a strong correlation with the SOH at both 10°C and 15°C. Parameter $L$, on the other hand, has almost no effect on the SOH at both 10°C and 15°C. As for parameter $G$, it is related to the SOH at 10°C, yet appears to have no effect on the SOH at 15°C. This phenomenon can be explained from the perspective of the battery’s aging mechanism. As a lithium-ion battery ages, deposits will build up on both electrodes, increasing the internal resistance of the battery ($R_0$). Changes in the crystal structure of the anode can also result in the same effect. Meanwhile, a solid electrolyte interphase (SEI) film will grow, decompose, and regrow on the electrode interface, causing not only a loss of active lithium ions but also an increase in anode/electrolyte surface diffusion resistance ($R_1$) [39]. Other mechanisms, including particle cracking, pore clogging, and particle disconnection, are also accountable for the change in $R_1$ and $n$ [40]. The change in $Z_{w}$, on the other hand, is usually caused by the loss of active material in the battery, which can occur through solvent co-intercalation, graphite exfoliation, transition metal dissolution, dendrite formation, and structural disordering [40]. Finally, parameter $L$ is the parasitic inductance of the circuit and does not affect the battery aging.
4.2. SOH Estimation Based on EIS

Given the strong linear correlation between the parameters of the battery model and the SOH, we could use a linear regression model to estimate the SOH of the battery based on its EIS. In other words, if we use \( y \) to represent the SOH of the battery, \( x_1, x_2, \ldots, x_i \) to represent the parameters of the battery model, and \( \beta_0, \beta_1, \ldots, \beta_i \) to represent the undetermined coefficients, we have the following:

\[
y = \beta_0 + \beta_1 x_1 + \ldots + \beta_i x_i.
\]

Clearly, the maximum number of \( i \) is six, since the battery model has six parameters in total. However, as discussed in the previous section, only four of the parameters had a strong correlation with the SOH; therefore, it was assumed that just four out of the six parameters could be used to reduce the complexity of calculation while maintaining the same prediction accuracy.

Furthermore, under the consideration of the method’s practicality, it is also very meaningful to study the performance of the three-parameter model, with parameter \( Z_w \) being excluded from the four-parameter model. This is because parameter \( Z_w \) is mainly related to the low-frequency part of the impedance spectrum and measuring this part can be very time consuming. Specifically, take the impedance spectrum shown in Figure 1 as an example. If the impedance between 0.1 Hz to 0.01 Hz is excluded in the parameter fitting, then the parameter \( Z_w \) would change by 50%, while the other three SOH-related parameters all change no more than 10%. This means that measuring the battery’s impedance below 0.1 Hz is necessary to obtain the accurate value of \( Z_w \), which would take at least several minutes. In comparison, measuring the battery’s impedance spectrum between 1 kHz and 1 Hz only takes no more than a minute. As a result, if the result shows that the estimation model can still maintain a high accuracy after \( Z_w \) is excluded, this would mean that we can narrow the frequency range in the EIS test and ignore the low-frequency characteristic of the battery, which will significantly reduce the measurement time.

For each discharge rate, we trained the model with data from three batteries and tested its accuracy by applying it to three other batteries. In consideration of the issue mentioned in the former paragraph, we also compare the accuracy of the model when the regression model contains six, four, and three parameters of the battery model. The regression result of each coefficient, and the accuracy of the model (measured by the RMS value of relative error) is presented in Table 2. A comparison of the actual and estimated values of SOH is shown in Figure 6. Besides the regression value, the t statistic (the coefficient divided by its standard error) and \( p \) value of each coefficient is presented in Table A1 in Appendix A.

### Table 2. Results of the regression model (EIS method).

| Symbols | Meanings | \( R_{S}/\text{mohm} \) | \( R_1/\text{mohm} \) | \( n/1 \) | \( Z_w/(10^3 \times S \times \mu \Omega) \) | \( G/(S \times \mu \Omega) \) | \( 1/\mu \Omega \) |
|---------|----------|-----------------|-----------------|---------|------------------|----------------|-------------|
| Results | Model with Six Parameters | Model with Four Parameters | Model with Three Parameters | |
| Regression Function (15 C) | \( y = 0.1553 - 0.042x_1 + 0.032x_2 + 0.7185x_3 + 0.1383x_4 + 0.0243x_5 + 0.072x_6 \) | \( y = 0.8177 - 0.0525x_1 + 0.01388x_2 - 0.2325x_3 + 0.000288x_4 \) | \( y = 0.5532 - 0.0729x_1 + 0.0234x_2 + 0.6191x_3 \) |
| RMS of relative error | 2.76% | 2.51% | 2.78% |
| Regression Function (10 C) | \( y = -1.553 - 0.0565x_1 + 0.1277x_2 - 2.453x_3 + 0.1817x_4 + 0.0677x_5 + 0.5931x_6 \) | \( y = 0.7217 - 0.056x_1 + 0.0134x_2 + 0.065x_3 + 0.184x_4 \) | \( y = 1.199 - 0.1922x_1 + 0.0555x_2 - 0.114x_3 \) |
| RMS of relative error | 4.19% | 3.1% | 3.41% |
Table 2. Results of the regression model (EIS method).

| Symbols       | Meanings                                      |
|---------------|-----------------------------------------------|
| y             | SOH/1                                         |
| x             | \( R_0/m\)                                    |
| x             | \( R_1/m\)                                    |
| x             | \( n/1\)                                      |
| x             | \( Z_w/(10^3 \times S \times s^{0.5})\)      |
| x             | \( G/(S \times s_n)\)                        |
| x             | \( L/\mu H\)                                  |

**Regression Function (15C)**

\[
y = -0.1553 + 0.042 x_1 + 0.032 x_2 + 0.7185 x_3 + 0.1383 x_4 + 0.0243 x_5 + 0.072 x_6
\]

**RMS of relative error**

- 2.76% for 15 C (battery 4)
- 2.51% for 10 C (battery 10)
- 2.78% for 1 C (battery 23)

**Regression Function (10C)**

\[
y = -0.8177 + 0.0525 x_1 + 0.01388 x_2 + 0.2325 x_3 + 0.000288 x_4
\]

**RMS of relative error**

- 4.19% for 15 C (battery 4)
- 3.1% for 10 C (battery 10)
- 3.41% for 1 C (battery 23)

From Table 2 and Figure 6, we can see that the four-parameter model has the highest accuracy, and the RMS of relative error of the three-parameter model is about 0.3% higher than the four-parameter model at both discharge rates, which is not very significant. Since all the parameters in the three-parameter model come from the midrange of the curve, this suggests that measuring the impedance spectrum in the moderate-frequency range (about 1 Hz to 1 kHz) is enough for accurate SOH estimation.

### 4.3. Determination of Characteristic Frequencies

In the previous section, we established a model to estimate the SOH based on the EIS. However, in practice the EIS can only be acquired with the help of an expensive device, and the acquisition of EIS is time-consuming [26]. In consideration of the time and money involved, it is of merit to find an alternative way to estimate the SOH that can still achieve a high accuracy without measuring the whole impedance spectrum of the battery.

While acquiring EIS takes a lot of effort, measuring the battery’s impedance at one frequency or several specific frequencies is far easier. Since we already discovered the correlation between the parameters of the battery model and the SOH, we naturally thought to find several frequency points at which the battery’s impedance could reflect the value of the parameters of the battery model. As was discussed in Section 2, the parameters \( R_0, R_1, \)
and \( n \) can all be visualized in the Nyquist curve: \( R_0 \) is approximately equal to the real part of impedance at the left endpoint of the arc; \( R_0 + R_1 \) is approximately equal to the real part of the impedance at the right end of the arc, where the imaginary part of the impedance reaches its local minimum; and \( n \) is related to the angle of the arc. Their mathematical relationship is shown in Figure 2. Since the correlation between these three parameters and the SOH was substantiated in the previous section, this supported the use of the impedance of the battery at the left end, right end, and highest point of the arc in the Nyquist curve to estimate the SOH when the whole impedance spectrum was not available. This process is explained in detail in the following three subsections.

4.3.1. Determination of the Frequency Related to \( R_0 \)

In the Nyquist curve, \( R_0 \) is approximately equal to the real part of the impedance at the left endpoint of the arc. The frequency corresponding to this point, which is also the resonance frequency of the battery, will gradually change from 800 to approximately 1800 Hz as the SOH of the battery decreases from 100% to approximately 65%. However, within this frequency range the impedance of the battery changes no more than 10%. As a result, theoretically the real part of the impedance at any frequency in this range can reflect the parameter \( R_0 \) well. In this work, we chose a frequency of 1000 Hz. To validate our theoretical analysis, we drew a curve to show the relationship between the real part of the impedance at 1000 Hz (\( \text{Re}(Z_{1000}) \)) and \( R_0 \). We then performed a linear fit to the curve (the result of this is presented in Figure 7), from which a very strong linear correlation can be observed. Although this result shows that \( R_0 \) and \( \text{Re}(Z_{1000}) \) are not strictly proportional, their strong linear correlation indicates that in the linear regression model \( \text{Re}(Z_{1000}) \) can be used to replace \( R_0 \), and the error in the regression result will change very little.

![Figure 7. The correlation between \( \text{Re}(Z_{1000}) \) and \( R_0 \).](image)

4.3.2. Determination of Frequency Related to \( R_1 \)

The relationship between \( R_1 \) and the Nyquist curve, on the other hand, is that \( R_0 + R_1 \) is approximately equal to the real part of the impedance at the right endpoint of the arc in the Nyquist curve. The frequency corresponding to the right endpoint of the Nyquist curve will gradually change from 4 to 2 Hz as the SOH of the battery decreases from 100% to approximately 65%. However, as in the previous situation, within this frequency range the impedance of the battery changes no more than 5%; therefore, in the same way the real part of the impedance at any frequency in this range can reflect the parameter \( R_1 \) well. Here, we chose a frequency of 2.5 Hz. Since \( \text{Re}(Z_{1000}) \) can be used to approximate \( R_0 \), we naturally assumed that the difference between the real part of the impedance at 2.5 Hz
and that at 1000 Hz, or Re($Z_{2.5}$)–Re($Z_{1000}$) was strongly correlated with $R_1$. To support this assumption, we drew another curve to show the relationship between Re($Z_{2.5}$)–Re($Z_{1000}$) and $R_1$. Afterwards, we performed a linear fit to the curve—the results are presented in Figure 8—from which a very strong linear correlation can be observed. This meant that we could use Re($Z_{2.5}$)–Re($Z_{1000}$) to replace the parameter $R_1$ without amplifying the error.

\[ y = 1.4187x - 0.3654 \quad R^2 = 0.9975 \]

**Figure 8.** The correlation between Re($Z_{2.5}$)–Re($Z_{1000}$) and $R_1$.

4.3.3. Determination of Frequency Related to $n$

As for parameter $n$, its value is related to the reactance (the imaginary part of the impedance) at the highest point in the middle of the Nyquist curve. According to the geometric relationship shown in Figure 2, at this point we have the following:

\[ -\text{Im}(Z) = \frac{R_1}{2} \left( \frac{1}{\sin\left(\frac{n\pi}{2}\right)} - \cot\left(\frac{n\pi}{2}\right) \right) = \frac{R_1}{2} \tan\left(\frac{n\pi}{4}\right). \tag{5} \]

The frequency corresponding to this point will gradually change from 125 to 50 Hz as the SOH of the battery decreases from 100% to approximately 65%. Nevertheless, as in the previous situation, the reactance changes less than 5% in this range, so the reactance at any frequency in this range can reflect parameter $n$ well. Here, we chose the frequency to be 100 Hz and defined $Z_{100}$ as the impedance at 100 Hz. To prove that $Z_{100}$ was related to $n$, we calculated the theoretical value of $-\text{Im}(Z_{100})$ by substituting $n$ into Formula (5) and drew a curve to show its relationship with the experimental value of $-\text{Im}(Z_{100})$. Thereafter, we performed a linear fit to the curve, and the results are given in Figure 9, from which we can see that these two values are almost proportional, and the slope is close to one. However, this does not mean that we can use $Z_{100}$ to restore the value of $n$ according to the inverse function of the function shown in Formula (5), as parameter $R_1$ is unknown. If we used Re($Z_{2.5}$)–Re($Z_{1000}$) to substitute $R_1$, the result would be unsatisfactory. A possible explanation for this is that although Re($Z_{2.5}$)–Re($Z_{1000}$) and $R_1$ had a strong linear correlation, they were not the same. Therefore, here, instead of restoring the value of $n$ by using a function with parameter $-\text{Im}(Z_{100})$ and using the restored value as a parameter in the regression model, we directly used $-\text{Im}(Z_{100})$ as the third and final parameter in the regression model. This approach was based on the approximately linear correlation between $-\text{Im}(Z_{100})$ and the SOH, which is presented in Figure 10.
The third and final parameter in the regression model is the reactance at 100 Hz and the modulus of the impedance at 1000 and 2.5 Hz. As in the previous section, for each discharge rate we trained the model with data from three batteries and tested its accuracy by applying it to three other batteries. The regression result of each section, for each discharge rate we trained the model with data from three batteries and tested its accuracy by applying it to three other batteries. The regression result of each section, for each discharge rate we trained the model with data from three batteries and tested its accuracy by applying it to three other batteries.

Figure 9. The correlation between the reactance at 100 Hz and n.

Figure 10. The correlation between the reactance at 100 Hz and the SOH.

4.4. SOH Estimation Based on Impedance at Characteristic Frequencies

Having described the correlation between Re(Z\text{2.5}); Re(Z\text{1000}); −Im(Z\text{100}); and R_0, R_1, and n and the rationality of replacing the last three with the first three parameters for regression analysis, we built a linear regression model to estimate the SOH based on the reactance at 100 Hz and the modulus of the impedance at 1000 and 2.5 Hz. As in the previous section, for each discharge rate we trained the model with data from three batteries and tested its accuracy by applying it to three other batteries. The regression result of each coefficient, and the accuracy of the model (measured by the RMS value of relative error) is presented in Table 3. A comparison of the actual and estimated values of SOH is shown in Figure 11. Besides the regression value, the t statistic (the coefficient divided by its standard error) and p value of each coefficient is presented in Table A2 in Appendix A.
Table 3. Results of the regression model (characteristic frequency method).

| Symbols       | y        | x₁           | x₂           | x₃           |
|---------------|----------|--------------|--------------|--------------|
| Meanings      | SOH/1    | Re(Z₁₀₀₀)/mohm | –Im(Z₁₀₀)/mohm | Re(Z₂.₂)/mohm |
| Regression Function (at 15 C) | y = 1.066 – 0.0895x₁ – 0.0974x₂ + 0.021x₃ | RMS of relative error | 4.25% |
| Regression Function (at 10 C)  | y = 1.112 – 0.3384x₁ – 0.421x₂ + 0.1831x₃ | RMS of relative error | 3.11% |

Figure 11. A comparison of the actual and predicted values of SOH (characteristic frequency method).

By comparing Tables 2 and 3, we can see that at 15 C, the characteristic frequency method is less accurate than the EIS method. This is mainly because while the first two parameters in the two methods are almost equivalent due to their strong linear correlation, the third parameter in the characteristic frequency method is less related to the SOH than that in the EIS method, which can be concluded by comparing Figures 6 and 11. However, at 10 C, the accuracy of the characteristic frequency method is almost the same as that of the EIS method.
5. Conclusions

In this work, we measured the impedance spectrum of twelve lithium-ion batteries as their SOH decreased from 100% to below 70% and built a battery model to fit the spectrum. It was shown that some of the parameters from the battery model, including the internal resistance, the diffusion resistance, the phase angle of the CPE, and the modulus of Warburg impedance, were closely related to the SOH of the battery and could be used to build an SOH prediction model. Further investigation showed that ignoring the low-frequency (< 1 Hz) characteristics of the batteries had only a mild effect on the accuracy of the model, suggesting that when the impedance spectrum is measured, the frequency range can be narrowed to 1–1000 Hz. It was also shown that three out of the four SOH-related battery parameters had a very strong correlation with the impedance at three characteristic frequencies from both a theoretical perspective and a practical data perspective. Based on the impedance at these three frequencies, we built another SOH prediction model that is suitable for situations where it is not possible to measure the whole impedance spectrum. The accuracy of this second prediction model was slightly lower than the previous one at 15 C, yet its average relative error was still lower than 5%.

The battery SOH estimation method proposed in this paper can realize accurate SOH estimation by measuring the battery’s impedance at three different frequencies, which can be completed within seconds with low demand for extra devices. The method can be applied in the health monitoring of different kinds of batteries discharged at high rates. Specifically, the method can be applied to batteries that served as backup power for drones, batteries that power electric tools such as drills, or batteries for military use, etc.

Future work could focus on testing the method’s applicability for batteries discharged at lower rates (< 5 C), which is related to use of batteries in power stations for frequency modulation. Moreover, whether the impedance measurement could be carried out when the battery is charging or discharging in the meantime could also be studied in the future.

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Appendix A

Figure A1. The relationship between the SOH and cycle number.

(a) 15 C.

(b) 10 C.

Figure A2. Cont.
Figure A2. The relationship between the SOH and six normalized battery parameters (normalized according to the initial value).

(a) 15 C.

(b) 10 C.
Table A1. The regression value of different coefficients (EIS method).

| Regression Function: $y = a_0 + a_1 x_1 + a_2 x_2 + \ldots$ |
|--------------------------------------------------------------|
| **Regression Coefficients**                                  |
| **a_0** | **a_1** | **a_2** | **a_3** | **a_4** | **a_5** | **a_6** |
|---|---|---|---|---|---|---|
| 6-PARM model (15 C)                                          |
| Value | 0.1553 | −0.0420 | 0.0320 | 0.7185 | 0.1383 | 0.0243 | 0.0720 |
| t statistic | 0.9112 | −3.7802 | 2.6188 | 3.2765 | 3.8469 | 3.5903 | 0.3623 |
| p value | 0.3653 | 0.0003 | 0.0108 | 0.0016 | 0.0003 | 0.0006 | 0.7182 |
| 4-PARM model (15 C)                                          |
| Value | 0.8177 | −0.0525 | 0.0139 | −0.2325 | 0.0003 |
| t statistic | 10.3665 | −5.2303 | 1.2157 | 3.2765 | 3.8469 |
| p value | 0.0000 | 0.0000 | 0.0668 | 0.0000 |
| 3-PARM model (15 C)                                          |
| Value | 0.5532 | −0.0729 | 0.0234 | 0.6169 |
| t statistic | 7.8030 | −6.1914 | 1.8603 | 7.4872 |
| p value | 0.0000 | 0.0000 | 0.0668 | 0.0000 |
| 6-PARM model (10 C)                                          |
| Value | −1.5530 | −0.0565 | 0.1277 | 2.4500 | 0.1817 | 0.0677 | 0.5931 |
| t statistic | −1.9177 | −1.1560 | 4.0218 | 3.1012 | 2.5257 | 2.1798 | 1.1241 |
| p value | 0.0599 | 0.2523 | 0.0002 | 0.0142 | 0.0332 | 0.2655 |
| 4-PARM model (10 C)                                          |
| Value | 0.7217 | −0.0560 | 0.0134 | 0.0650 | 0.1831 |
| t statistic | 3.3933 | −3.6346 | 3.0468 | −1.3009 | 3.8290 |
| p value | 0.0012 | 0.0006 | 0.0034 | 0.1981 | 0.0003 |
| 3-PARM model (10 C)                                          |
| Value | 1.1990 | −0.1922 | 0.0555 | −0.1140 |
| t statistic | 5.2254 | −4.3484 | 1.6565 | −0.4884 |
| p value | 0.0000 | 0.0001 | 0.1026 | 0.6270 |

Table A2. The regression value of different coefficients (characteristic frequency method).

| Regression Function: $y = a_0 + a_1 x_1 + a_2 x_2 + a_3 x_3$ |
|--------------------------------------------------------------|
| **Regression Coefficients**                                  |
| **a_0** | **a_1** | **a_2** | **a_3** |
|---|---|---|---|
| 15 C Value | 1.0660 | −0.0895 | −0.0974 | 0.0210 |
| Standard error | 89.6795 | −2.8865 | −0.8607 | 0.7507 |
| p value | 0.0000 | 0.0051 | 0.3922 | 0.4552 |
| 10 C Value | 1.1120 | −0.3384 | −0.4210 | 0.1831 |
| t statistic | 20.084 | −3.145 | −1.778 | 2.226 |
| p value | 0.000 | 0.0025 | 0.0803 | 0.0296 |

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