High-Resolution Intravital Microscopy

Volker Andresen2,3, Karolin Pollok1,3,9, Jan-Leo Rinnenthal1,3, Laura Oehme1, Robert Günther1, Heinrich Spiecker2, Helena Radbruch1,3, Jenny Gerhard1,3, Anje Sporbert4, Zoltan Cseresnyes4, Anja E. Hauser11, Raluca Niesner3,9,*

1 German Rheumatism Research Center, a Leibniz Institute, Berlin, Germany, 2 LaVision Biotec GmbH, Bielefeld, Germany, 3 Charité – University of Medicine, Berlin, Germany, 4 Max-Delbrück Center for Molecular Medicine, Berlin, Germany

Abstract
Cellular communication constitutes a fundamental mechanism of life, for instance by permitting transfer of information through synapses in the nervous system and by leading to activation of cells during the course of immune responses. Monitoring cell-cell interactions within living adult organisms is crucial in order to draw conclusions on their behavior with respect to the fate of cells, tissues and organs. Until now, there is no technology available that enables dynamic imaging deep within the tissue of living adult organisms at sub-cellular resolution, i.e. detection at the level of few protein molecules. Here we present a novel approach called multi-beam striped-illumination which applies for the first time the principle and advantages of structured-illumination, spatial modulation of the excitation pattern, to laser-scanning-microscopy. We use this approach in two-photon-microscopy - the most adequate optical deep-tissue imaging-technique. As compared to standard two-photon-microscopy, it achieves significant contrast enhancement and up to 3-fold improved axial resolution (optical sectioning) while photobleaching, photodamage and acquisition speed are similar. Its imaging depth is comparable to multifocal two-photon-microscopy and only slightly less than in standard single-beam two-photon-microscopy. Precisely, our studies within mouse lymph nodes demonstrated 216% improved axial and 23% improved lateral resolutions at a depth of 80 µm below the surface. Thus, we are for the first time able to visualize the dynamic interactions between B cells and immune complex deposits on follicular dendritic cells within germinal centers (GCs) of live mice. These interactions play a decisive role in the process of clonal selection, leading to affinity maturation of the humoral immune response. This novel high-resolution intravital microscopy method has a huge potential for numerous applications in neurosciences, immunology, cancer research and developmental biology. Moreover, our striped-illumination approach is able to improve the resolution of any laser-scanning-microscope, including confocal microscopes, by simply choosing an appropriate detector.

Citation: Andresen V, Pollok K, Rinnenthal J-L, Oehme L, Günther R, et al. (2012) High-Resolution Intravital Microscopy. PLoS ONE 7(12): e50915. doi:10.1371/journal.pone.0050915

Editor: Oliver Frey, University Hospital Jena, Germany

Received July 31, 2012; Accepted October 26, 2012; Published December 14, 2012

Competing Interests: VA and Dr. HS are with LaVision Biotec GmbH, Bielefeld. This does not alter the authors’ adherence to all the PLOS ONE policies on sharing data and materials.

* E-mail: niesner@dfz.de

† These joint first authors contributed equally to this work.

‡ These joint senior authors contributed equally to this work.

Introduction
Since its development in 1990 [1], two-photon laser scanning microscopy (TPLSM) significantly contributed to a better understanding of cellular dynamics in adult small animals. For instance, TPLSM has been applied to analyze immune responses in vivo and to understand pathophysiological processes in the central nervous system [2–7]. Due to the advantages of near-infrared short-pulsed two-photon excitation [8–9], TPLSM for the first time allowed cellular and subcellular dynamic deep-tissue imaging in vital organ models and, even more important, in organs of anesthetized animals, i.e. intravital imaging [4,10–12].

Although standard TPLSM was able to answer many questions in biosciences, there are still technical limitations with regard to imaging depth, deep-tissue spatial resolution and photobleaching/phototoxicity [13]. In particular, these limitations are obvious in the compact tissue of adult small animals, which is prone to scattering of both excitation and emission radiation, resulting in a depth-dependent deterioration of spatial resolution in tissue [14–15] due to spherical aberrations of the point spread function (PSF) [16]. This prevents us from identifying dynamic cellular interactions deep in living organisms, which build a central and general mechanism of tissue and organ function, e.g. in the neuronal synapse, the immune synapse (kynapse) [17] or in the neuro-immune synapse [6]. Using standard TPLSM, fine structures like processes of cells cannot be detected and there is a high risk of identifying false contacts due to deep-tissue PSF aberrations.

To unequivocally visualize these cellular contacts and their dynamics, a highly improved spatial resolution is needed deep within tissue. Various fluorescence nanoscopy (super-resolution) techniques improve spatial resolution well beyond the diffraction limit. STED/RESOLFT [18–20], pattern-illumination and standing-wave techniques [21–24] as well as single-molecule localiza-
tion techniques like PALM, STORM, dSTORM [25–27] have been developed and applied to achieve super-resolution images of fixed samples and live cells in culture.

Two-photon excitation STED microscopy has been demonstrated [28] and applied to deep-tissue imaging in brain slices [29] and to image microtubuli within cells [30], resulting in an improvement of lateral resolution – 200 nm in 130 μm depth in brain slices and 85 nm in single cells. One-photon excitation STED was recently employed to dynamically image dendritic spines at the surface of mouse cortex up to 10–15 μm depth in vivo [31], reaching a resolution of 67 nm. Multifocal structured-illumination microscopy was used to double lateral resolution in translucent organisms like zebra fish or mouse embryos [32] but not in the highly light-scattering tissue of adult animals.

The diffraction theory predicts a 3-fold worse axial resolution as compared to the lateral resolution [15]. In deep-tissue imaging both lateral and axial resolution are affected by scattering effects to a similar extent [8–9,15]. Together these two aspects make axial resolution the limiting factor at a large imaging depth. However, the above-mentioned techniques focus on breaking the diffraction limit and on improving especially lateral resolution. Moreover, the existing super-resolution techniques are still mostly incompatible with dynamic deep-tissue imaging (i.e. several hundred μm) due to (i) the use of one-photon excitation, which limits the penetration depth in tissue (except for two-photon excitation STED), (ii) incompatibility of the set-up with large samples like whole organs (in the case of single-molecule localization techniques), (iii) incompatibility with optical non-linear signals such as second harmonic generation (SHG) or third harmonic generation (THG), (iv) photobleaching and photodamage effects and (v) spheric aberrations of the wave front due to refractive index mismatches in deep tissue resulting in incapability to dynamically image large 3D areas (e.g. 300×300×50 μm³) as required by typical biological questions.

Despite the possibility to employ a blind estimation of the point spread function (PSF), for instance using Huygens® software, the improvement of resolution based on post-evaluation, i.e. image 3D-deconvolution, is limited due to the complex PSF-dependence on both cellular composition and imaging depth in tissue [14]. In this respect, pre-acquisition correction of PSF-aberrations using adaptive optics is a better choice [33–34]. However, since the refractive index distribution in tissue is heterogeneous and can vary on the scale of nanometers, a time-consuming pixel-by-pixel PSF-correction would be necessary, thus slowing down the acquisition.

Approaches implying temporal or spatial modulation of the excitation pattern, i.e. SPADE (structured pattern applied to detection) and SPIN (structured pattern illumination) have been theoretically proposed to improve resolution in wide-field and laser-scanning microscopy [35], yet they haven’t been developed further until now.

Therefore, a method which improves lateral and axial resolution deep within the organs of living adult animals and which can be used for time-lapse 3D imaging over several hours is still missing.

Here we propose striped-illumination multi-beam two-photon laser-scanning microscopy (MB-SI-TPLSM), as a method to improve axial and lateral resolution and contrast of both fluorescence and other optical non-linear signals (SHG, THG) by spatially modulating the excitation during the laser scanning process. To our knowledge, this is the first technique able to significantly improve axial resolution deep within highly-scattering tissue. It is therefore applicable to intravital imaging in various organs of adult small animals. The power of MB-SI-TPLSM is demonstrated by intravital imaging of cellular structures and communication in lymph node, spleen and brain as compared to standard TPLSM, i.e. single-beam-scanning photomultiplier-based TPLSM (SB-PMT-TPLSM) and multi-beam-scanning CCD camera-based TPLSM (MB-CCD-TPLSM). Furthermore, due to fast acquisition by MB-SI-TPLSM we are now able to dynamically quantify the interactions between immune complex deposits on the membrane of follicular dendritic cells (FDC) and B cells in germinal centers within the poplital lymph nodes of live mice.

Materials and Methods

Setup for TPLSM

Experiments were performed using a specialized multi-beam two-photon laser-scanning microscope based on the scan head TriMScope (LaVision BioTec, Bielefeld, Germany). In brief, the beam of a tuneable fs-pulsed Ti:Sa laser (wavelength range 690–1080 nm, 140 fs, 80 MHz, Chameleon Ultra II, Coherent, Germany) is splitted into 2, 4, 8, up to 64 beams, forming a beamlet line. Two consecutive beamlets within the line have perpendicular polarisations and are shifted in time in order to avoid interference. The time-shift between two consecutive beamlets amounts to 3 ps. For image acquisition, the beamlet line is focused into the sample by an objective lens (either a 20× lens, NA 0.95, WD 2 mm – Olympus, Hamburg, Germany or a 40× lens, NA 1.1, WD 624 μm, Zeiss, Jena, Germany, both water immersion objectives) and perpendicularly scanned, so that a well defined periodical pattern is generated. This pattern is translated along the beamlet line. The series of images generated this way are detected through interference filters mounted on a filter wheel either by an EM-CCD camera (Hamamatsu C9100, Germany) or by a CCD camera (QF Sensicam, PCO, UK) and finally evaluated by customized algorithms (Supplemental Material S1). Single-beam TPLSM based on PMT-detection was performed with the same microscope. In this case, we used only one laser beam to scan the sample, and we spectrally resolved the fluorescence signal with corresponding dichroic mirrors and interference filters before detecting it with photomultiplier tubes (Hamamatsu HSi and PMT, Germany).

Mice and sample preparation for imaging

Detailed information about mouse handling and sample preparation for imaging can be found in Supplemental Material S1. The animal experiments were approved by the appropriate state committees for animal welfare (LAGeSo, Landesamt für Gesundheit und Soziales, Berlin) and were performed in accordance with current guidelines and regulations (animal experiment license G0153/08).

Results

Multi-beam striped-illumination two-photon laser scanning microscopy

The periodic pattern in MB-SI-TPLSM is created by scanning multiples of 32 parallel beamlets of the same polarization in one direction, perpendicular to the beamlet line (Fig. 1a). This grid is translated along the multi beam line in steps h under the resolution limit over a distance nh, which slightly overlaps the distance between two consecutive foci, i.e. 2.8 μm (112 steps of the galvo-scanner) to generate the spatial modulation of the excitation. The evaluation of the series of superposition images can be performed either with a minimum-maximum (MMA, similar to the algorithm used in HiLo microscopy), or with a Fourier-transform algorithm.
Figure 1. Principle of multi-beam striped-illumination two-photon laser-scanning microscopy. (a) The Beam-Multiplexer splits up the incoming Ti:Sa laser beam into up to 64 beamlets (only 16 are shown here for better visibility). It mainly consists of the central substrate (CS), high reflecting mirrors (M) on both sides and a polarizing beam splitter cube (PBC). Due to the use of only flat optics (λ/10 flat mirrors), aberrations are avoided. The incoming beam first enters the CS, where it is split into two beams of identical intensity (50% reflection/50% transmission) at the coated surface BS (beam-splitting). Both transmission and reflection at the BS surface oscillate only slightly around 50% if changing the laser wavelength, thus allowing for equal intensity splitting between the beamlets over a wide wavelength range (710–1060 nm). Each pair of highly reflective mirrors positioned on both sides of the CS directs the beams back onto the BS surface, where they are split into two again. After passing six pairs of mirrors (M), two sets of 32 beams emerge on each side of the CS. The polarization of one set is switched from perpendicular (⊥) to parallel (∥) using a λ/2 plate before both sets are directed onto the PBC to be recombined in a comb-like structure. Thus, neighboring foci have opposite polarization (for better understanding, the perpendicular-polarized (⊥) beamlets within the beamlet line are shown in red and the parallel-polarised (∥) ones are depicted in green). The whole arrangement forms a two-dimensional convergent beam fan with all beams having slightly different angles with respect to each other. The convergence is achieved by tilting the mirrors (M) on one side of the CS under different angles as indicated in the figure.
On the other side of the CS, all mirrors are parallel to the CS. All beamlets superpose at the point of overlap (OP) that is located exactly between the mirrors of the two-axis galvanometric scanning system. As the objective lens transforms angles into lateral distances, a line of foci is generated at the object plane. The angle between neighboring beamlets amounts to 0.6 mrad leading to a distance of 30 µm for the corresponding foci at the focal plane of the scan lens. When using a 20× magnification objective lens, the distance of neighboring foci in the object space amounts to 1.5 µm. This spacing will be different when using another objective lens. (b) Working principle of “striped-illumination” exemplified on stained *Convalaria* roots: the beam line of multiples of 32 beamlets (one polarization) is perpendicularly scanned over the sample. This scanning pattern is translated in defined steps along the beam line, so that a series of images with different excitation patterns is generated. After evaluation with the minimum-maximum-algorithm, this image series results in an image of better resolution and higher contrast.

As expected, FTA allows a significant improvement of lateral resolution superior to MMA (Supplemental Material S1, Fig. S1). By means of MMA the axial resolution was explicitly improved. Only marginal enhancement of lateral resolution is achieved owing to reduced axial projections originating from out-of-focus regions. However, FTA is expected to be more prone to unpredictable sample movement, which is inevitable when imaging living organisms due to shift-artifacts of the translation components in the Fourier space. We therefore used the more robust MMA in all following experiments.

Optimal spatial resolution and adequate imaging speed is achieved for *b* between 175 nm and 250 nm (7 to 10 steps) as determined by varying *n*, *h*, and *v*. The translation distance was 2.8 µm (112 galvanometer steps) for *h* = 7 and 3.75 µm (150 galvanometer steps) for *h* = 10, i.e. 15 frames. These values were determined using the 20× objective lens (NA = 0.95), for which the pixel size at the sample was 129 nm. We expected MB-SI-TPLSM to have a crucial advantage in terms of resolution and contrast over standard TPLSM techniques in thick tissue, i.e. multi-beam CCD-based TPLSM (MB-CCD-TPLSM, adequate for fast imaging) and single-beam PMT-based TPLSM (SB-PMT-TPLSM, adequate for deep-tissue imaging). Therefore, comparative imaging experiments were performed to verify the applicability in different tissue samples: lymph nodes, spleens and brain slices (Fig. 2a, b, c, d). The power of MB-SI-TPLSM is not only demonstrated by visualizing the fluorescence signal but also the SHG signal originating from collagen fibers (Fig. 2a, c). In addition to forming the extracellular matrix scaffold, collagen fibers are of central relevance due to their role as “highways” guiding cellular movement [36].

Spatial resolution in tissue

The spatial resolution of an imaging system is determined by the dimensions of the effective point spread function (ePSF) [14]. The ePSFs were measured by collecting either the local 3D-fluorescence signal of yellow-green fluorescent (505/515) 100 nm beads or the second harmonic generation (SHG). 3D-signal of collagen fibers in various samples using SB-PMT-TPLSM, MB-CCD-TPLSM and MB-SI-TPLSM (Fig. 3).

Although agarose media and collagen gels are appropriate for benchmarking experiments due to their easy handling (Supplemental Material S1, Fig. 3a,b, Fig. S2, Table 1), they do not fully reflect the situation in live tissue [14,15]. We therefore compared the resolution performance of the three imaging setups in explanted lymph nodes and in popliteal lymph nodes of live mice.

Measurements on highly-scattering lymph node tissue previously loaded with fluorescing 100 nm beads revealed a depth-dependent deterioration in axial and lateral resolution for all employed TPLSM setups (Fig. 3c,d). Hence, the spatial resolution at the surface is comparable to that measured in agarose. However, in 100 µm depth the lateral resolution deteriorated by a factor of 4.2 while the axial resolution became 3.3 times lower, independent of the imaging set-up. Due to a 2.4-fold improvement in axial resolution and 23% improved lateral resolution in MB-SI-TPLSM (Fig. 3c,d, Table 2) as compared to standard TPLSM, we are for the first time able to visualize clusters of antigen-carrying units (CD21/35 Fab-fraction Alexa568) at the contact region between follicular dendritic cells and germinal center B cells in 80–100 µm depth (Fig. 3c). Their dimensions as deduced from 3D reconstructions are 405±59 µm lateral and 545±117 µm axial (mean ± s.d.).

The resolution of the SHG signal of collagen fibers measured by the 20× objective lens and that of the fluorescence and SHG signal measured by the 40× objective lens in explanted lymph nodes confirmed our results of improved resolution by MB-SI-TPLSM (Fig. S2, Table 2). The pixel size varied also in this case between 90 and 160 nm. For each data point (each experimental setup and tissue depth with a tolerance of ±2.5 µm in z) 10–15 beads were analyzed.

Depth-dependent SNR (ddSNR): image contrast and maximal penetration depth

Besides spatial resolution, image quality in TPLSM is dependent on the image contrast which is quantified by the signal-to-noise ratio (SNR). We expect MB-SI-TPLSM to have an advantage over standard TPLSM in terms of contrast due to the differential principle of the MMA. The SNR values of the SHG signal of collagen fibers at the same region in 80 µm depth in lymph node (Fig. 4a) amount to 9.2±1.6 (MB-CCD-TPLSM), 5.3±1.9 (SB-PMT-TPLSM) and 12.4±0.9 (MB-SI-TPLSM) (mean ± s.d., 6 different areas). In all three cases, the experiments were performed at λexc = 900 nm with an excitation peak power of 5·10^-7 mW (corresponding to 5.93·10^16 photons/µm^2 peak photon flux), an average power of 4.9 mW (corresponding to 5.91·10^17 photons/µm^2 average photon flux) and similar acquisition times per frame (512x512 pixel). However, the contrast advantage of MB-SI-TPLSM over SB-PMT-TPLSM is limited by the decreasing SNR with imaging depth in tissue.

The maximum penetration depth is defined as the imaging depth in which the decreasing fluorescence/SHG signal reaches the level of the background noise, i.e. the depth-dependent signal to noise ratio (ddSNR) becomes 1. The maximal imaging depth in spleen tissue of EGFP chimeric mice is 35% larger when using PMT detection (200 µm) as compared to CCD detection (130 µm). The imaging depths using standard MB-CCD-TPLSM...
and MB-SI-TPLSM are similar, as shown in Fig. 4b and 4c. In lymph nodes of mice with EGFP expressing B cells, the imaging depth achieved with SB-PMT-TPLSM (160 μm) is 31% higher than that reached by MB-CCD or MB-SI-TPLSM (110 μm). Hence, the main limitation of MB-SI-TPLSM in deep-tissue imaging is related to the necessity for CCD detection. The employed mean laser power amounted to 2–3 mW in all depths. We avoided applying the well-established exponential increase of laser power with imaging depth in order to quantify the effect of refractive index mismatches in the tissue on the ddSNR without bias. Detailed information on the experimental parameters can be found in Supplemental Material S1.

Dynamic intravitral imaging in lymph node

Dynamic intravitral two-photon imaging is used to investigate pathophysiologic mechanisms in real time and within a natural environment, i.e. the tissue of live animals. To speed up acquisition in order to analyze dynamics and communication of sub-cellular structures down to the level of single protein-complexes within the living organism is a great challenge.

Using MB-SI-TPLSM at the given spatial resolution, we are able to acquire z-stacks of 200×200×20 μm³ (500×500×21 voxel) in the popliteal lymph node of NP-CGG immunized live mice every 60 s over at least one hour (excitation peak power 5.26×10⁷ mW corresponding to a peak photon flux of 5.94×10²⁵ photons/μm²-s at 850 nm or 8.03×10²⁵ mW corresponding to a peak photon flux of 8.47×10²⁵ photons/μm²-s at 800 nm). Thereby we are able to visualize and quantify the contacts between NP-specific B cells and FDCs within germinal centers at day 8 or 9 after immunization. The FDCs are stained in vivo with an anti-CD21/CD35-Fab-fragment conjugated to Alexa568. Using MB-SI-TPLSM we are able to visualize not only the interactions of B cells with FDC somata but also their fine dendrites (Movies S1 and S2). Even more, we are able to image the clusters of immune complexes on the FDC surface [2].

Using MB-SI-TPLSM we were able to visualize not only the interaction of B cells with FDC somata but also their fine dendrites (Movies S1 and S2). Even more, we are able to image the clusters of immune complexes on the FDCs. In addition to B cells, which are known to actively move towards the FDCs, the FDC dendrites also show a high degree of motility (Fig. S3). Moreover, we are able to demonstrate for the first time that immune complexes clusters on the FDCs are also highly motile on the surface of the FDC membrane (Fig. 5c,d,e, Movies S3, S4 and S5). We could exclude animal movement artifacts since the tracks of the CD21/35 signals are not unidirectional. The basis of this movement remains to be investigated.

Photobleaching and photodamage

A main limitation in intravitral time-lapse imaging is currently related to fluorescence signal loss due to fluorophore photobleaching, and the loss of functionality due to tissue photodamage. EGFP expressed by B cells within germinal centers of live mice did not show any photobleaching effects (Fig. Sf) when MB-SI-TPLSM-based acquisition of 200×200×20 μm³ 3D images (500×500×21 voxel) was performed every 60 s over the course of 60 minutes. The excitation peak power at the sample surface was 6.21×10⁷ mW at 850 nm corresponding to a peak photon flux of 6.95×10²⁵ photons/μm²-s, an average power of 6.08 mW and an average photon flux of 6.82×10¹⁷ photons/μm²-s. Moreover, the distribution of velocity and displacement rates of antigen-specific GFP+ cells within germinal centers measured by MB-SI-TPLSM (Fig. Sf) is comparable to that previously measured by standard SB-PMT-TPLSM [4] confirming that cell migration is not affected. The time-lapse experiments were performed over 2 hours, every 60 s, at 850 nm excitation wavelength and 3.04×10⁷ mW peak power/3.69×10²⁵ photons/μm²-s peak photon flux (2.98 mW average power/3.71×10¹⁷ photons/μm²-s average photon flux). Time-lapse experiments in CerTn L15 mice led, even after 3 hours of illumination every 60 s, to no pathological increase of the neuronal calcium (over 1 μM) and, thus, to no dysfunction of the neurons. We conclude that MB-SI-TPLSM results in reduced photodamage, comparable to established PMT-based TPLSM techniques.

Discussion

Although standard intravitral imaging based on two-photon microscopy has answered many questions referring to cellular localization and motility patterns in the context of small animal pathophysiology [2–7], there are still limitations that prevent us from understanding and quantifying cellular communication. In particular, the depth-dependent deterioration of spatial resolution and loss of contrast (SNR) due to increased scattering in tissue [14,15] make it difficult to unequivocally identify dynamic cellular interactions in living organisms.

Here, we present a novel approach termed striped-illumination two-photon microscopy, which is based on parallelized laser-scanning (MB-SI-TPLSM). The novel technique is able to improve the axial resolution up to 3-fold and to enhance contrast and lateral resolution (by up to 25%) deep within tissue as compared to standard TPLSM. Its power for intravitral imaging is demonstrated by uncovering the dynamic nature of the communication between follicular dendritic cells (FDC) and B-cells within germinal centres (GCs) in the lymph nodes of living adult mice at the level of single immune complex clusters (few protein molecules). This communication is partially responsible for the clonal selection of B cells leading to affinity maturation of the immune response. In the future, this will be used to study the response of germinal center B cells following interactions with FDCs by probing cellular function, proliferation, differentiation or apoptosis.

While MB-SI-TPLSM clearly improves the image contrast in tissue, this advantage is limited by the SNR dependence on imaging depth, and by the extended acquisition time. As a field-detection-based technique, MB-SI-TPLSM cannot reach the
Figure 3. Depth-dependent spatial resolution in MB-SI-TPLSM. (a) Depth-dependence of both lateral and axial resolution of the fluorescence signal of 100 nm fluorescent beads ($\lambda_{\text{em}} = 515 \text{ nm}$) recorded by SB-PMT-, MB-CCD- and MB-SI-TPLSM. $\lambda_{\text{exc}} = 800 \text{ nm}$. (b) Representative lateral and axial profiles as well as xz-projections of the ePSFs acquired with the same set-ups. (c) Depth-dependence of both lateral and axial resolution of the fluorescence signal of 100 nm fluorescent beads ($\lambda_{\text{em}} = 515 \text{ nm}$) in the same region of a lymph node recorded by SB-PMT-, MB-CCD- and MB-SI-TPLSM. $\lambda_{\text{exc}} = 800 \text{ nm}$. (d) Representative lateral and axial profiles, as well as xz-projections of the ePSFs acquired by the same set-ups at the surface and in 100 \(\mu\text{m}\) depth in the lymph node. (e) xy-projection and corresponding yz-projection of a 3D image of anti-CD21/35-Fab-fragment-ATTO590 labeled follicular dendritic cells (FDCs) in a germinal center of the popliteal lymph node: intravital imaging by MB-SI-TPLSM in 80–95 \(\mu\text{m}\) depth. The arrowheads indicate clusters of labeled CD21/35. Their dimensions are depicted by typical profiles at the focal plane (x-profile) and along the optical axis of the microscope (z-profile). $\lambda_{\text{exc}} = 860 \text{ nm}$, scale bar = 10 \(\mu\text{m}\).

doi:10.1371/journal.pone.0050915.g003
imaging depth of SB-PMT-TPLSM, even if the excitation power is increased. Even if enough excitation photons (in NIR or IR range) reach deeper tissue areas, the stronger scattered emitted photons (in the visible range) are not reaching the detector in a proper way, thus a highly resolved correlation between emitted photon and its origin in the sample is no longer possible. Hence, in up to 120 \( \mu \text{m} \) of depth in lymph node tissue, the use of MB-SI-TPLSM leads to a significantly better image. In areas below 120 \( \mu \text{m} \) the contrast advantage of MB-SI-TPLSM is counteracted by the faster deterioration of SNR as compared to SB-PMT-TPLSM. This is due to scattering of only excitation light for the SB-PMT-TPLSM setup, whereas in the case of MB-SI-TPLSM both excitation and emission light scattering contribute to this effect. This rule generally holds true for other tissue types like spleen, brain, skin or bone marrow, while the critical imaging depth is strongly tissue-dependent. A parameter that characterizes this tissue-dependence

| Table 1. Lateral and axial resolutions measured with the 20 \( \times \) and 40 \( \times \) magnification objective lenses, respectively, on fluorescent micorbeads embedded in agarose or, for second harmonic generation, on collagen fibers in a collagen gel. |
|---|---|---|---|---|---|---|---|---|---|---|---|
| imaging depth \( \mu \text{m} \) | 20 \( \times \), NA 0.95, WD = 2 mm | | | 40 \( \times \), NA 1.1, WD = 624 \( \mu \text{m} \) |
| | fluorescence | SI | SHG | fluorescence | SI | SHG |
| PMT | CCD | PMT | CCD | PMT | CCD |
| lateral | 0 | 344 | 270 | 341 | 257 | 303 | 250 | 308 | 315 | 251 |
| /nm | 1100 | 361 | 265 | 331 | 262 | 309 | 312 | 265 | - | - | - |
| axial | 0 | 1331 | 571 | 1339 | 568 | 1031 | 1023 | 1026 | 437 |
| /nm | 1100 | 1337 | 533 | 1339 | 531 | 1037 | 1020 | 463 | - | - | - |
| doi:10.1371/journal.pone.0050915.t001 |

| Table 2. Lateral and axial resolutions measured with the 20 \( \times \) and 40 \( \times \) magnification objective lenses, respectively, on fluorescent microbeads or, for second harmonic generation, on collagen fibers within lymph nodes. |
|---|---|---|---|---|---|---|
| imaging depth \( \mu \text{m} \) | 20 \( \times \), NA 0.95, WD = 2 mm |
| | fluorescence | SI | SHG |
| PMT | CCD | PMT | CCD |
| lateral | 0 | 359 | 267 | 5 |
| /nm | 100 | 1451 | 1128 | 45 |
| axial | 0 | 1369 | 572 | 5 |
| /nm | 100 | 4386 | 1836 | 85 |
| doi:10.1371/journal.pone.0050915.t002 |

| imaging depth \( \mu \text{m} \) | 40 \( \times \), NA 1.1, WD = 624 \( \mu \text{m} \) |
| | fluorescence | SI | SHG |
| PMT | CCD | PMT | CCD |
| lateral | 10 | 317 | 267 | 0 |
| /nm | 80 | 1034 | 865 | 50 |
| axial | 10 | 1402 | 634 | 0 |
| /nm | 80 | 3247 | 1252 | 50 |
| doi:10.1371/journal.pone.0050915.t002 |
is the mean scattering-free path, i.e. the exponential parameter of the laser power decay within a given tissue [37]. For instance, at 800 nm excitation wavelength the mean scattering-free path amounts to 20 μm [37] in lymph nodes, 47 μm in acute brain slices and to 200 μm in the brain cortex [30].

In terms of the acquisition rate, MB-SI-TPLSM benefits from parallelized excitation but looses speed as compared to standard MB-CCD-TPLSM since the approach is based on the acquisition of ~10 serial images of the same area. However, it retains a clear speed advantage over SB-PMT-TPLSM.

As compared to single-photon-based excitation techniques (spinning disc confocal microscopy, versatile in achieving high image acquisition rates [39], or standard confocal microscopy), MB-SI-TPLSM retains both the benefits – e.g. deep-tissue imaging – and the short-comings – lower resolution – of near-infrared excitation characteristic for two-photon techniques. Due to the excitation at shorter wavelengths, both confocal and spinning disc confocal microscopy have a better diffraction limited resolution, i.e. at the surface of a specimen, in translucent samples [40] or in cell cultures, but are characterized by stronger scattering within tissue than any two-photon microscopy technique. The scattering of electromagnetic waves (of both excitation and emission light) within tissue leads to optical aberrations deteriorating both PSF (resolution) and SNR (contrast) with increasing imaging depths. The scattering on macromolecular structures scales with \( \lambda^2 \), \( \lambda \) being the excitation wavelength [37]. Thus, we expect single-photon based techniques (excitation at \( \lambda = 532 \) nm) to achieve maximally a penetration depth of 53.5 μm within the lymph node as compared to a penetration depth of 160 μm attained by standard SB-PMT-TPLSM (excitation at 920 nm) at the same excitation intensity within the sample. This value is still half the penetration depth achieved by MB-SI-TPLSM (110 μm) confirming the superiority of our technique as a multi-focal TPLSM technique against established spinning disc single-photon excitation techniques [41].

In order to minimize the limiting effect of the visible emission wavelength in MB-SI-TPLSM on penetration depth, a promising option is to employ infra-red two-photon excitation of red or even near-infra-red fluorescing proteins and dyes. We previously showed that the depth-dependent deterioration of both spatial resolution and signal-to-noise ratio in tissue is significantly counteracted by the use of longer excitation wavelengths, i.e. infrared (IR) excitation of optical parametric oscillators (OPO), as compared to standard NIR (near infrared) excitation of Ti:Sa lasers [15]. This is due to the lower scattering in dense tissue at longer wavelengths and constitutes a great advantage both in terms of resolution and of imaging depth although, according to the diffraction theory, the resolution at these wavelengths is lower. In the future, the development of beam splitters which allow for parallelized scanning with IR radiation over a broad wavelength range will enable imaging at predicted resolutions of approx. 210 nm and 280 nm (lateral and axial, respectively) in 100 μm depth within lymph nodes by means of IR SI-TPLSM. The imaging depth is expected to be almost doubled (approximately 80% increase) [15].

In order to further improve lateral resolution (up to two-fold, theoretically), it is necessary to develop a Fourier-transform based evaluation approach containing correction algorithms for the movement within live animals.

We demonstrated that, during typical imaging sessions (60–180 illumination steps over the time of 1–3 hours), the chromophore photobleaching and tissue photodamage induced by MB-SI-TPLSM is negligible. The velocity and displacement rate of B cells in germinal centers and the neuronal Calcium level served as

Figure 4. Depth-dependent SNR and maximal penetration depth in lymph node and spleen. (a) Second harmonic generation (SHG) images recorded in 80 μm depth at the same region of a lymph node with the MB-CCD-, SB-PMT- and MB-SI-TPLSM setups, respectively. The SHG signal mainly originates from fibrillar collagen. \( \lambda_{esc} = 900 \) nm, scale bar = 20 μm. (b) Depth-dependent signal-to-noise ratio recorded with the SB-PMT-, MB-CCD- and MB-SI-TPLSM at the same region of the spleen of an EGFP chimeric mouse and corresponding yz-projections of 3D fluorescence images in the spleen. (c) Depth-dependent signal-to-noise ratio recorded with the SB-PMT-, MB-CCD- and MB-SI-TPLSM at the same region in a lymph node of a B1–8\(^{+}\) EGFP mouse and corresponding yz-projection of the 3D fluorescence images. \( \lambda_{esc} = 920 \) nm. doi:10.1371/journal.pone.0050915.g004
criteria to quantify photodamage. However, we cannot exclude the possibility that other more sensitive cellular parameters (e.g. the activation of repair enzymes) are affected.

The expected high impact of the striped-illumination approach for biosciences and biomedicine lies in its capacity to dramatically improve resolution of any kind of laser-scanning microscope, of which the confocal microscopes are the most prominent, by a simple technical adjustment, i.e. choosing an appropriate field detector.

Figure 5. Dynamic intravital imaging by MB-SI-TPLSM. (a) Rotation view of a 3D fluorescence image in a germinal center of the popliteal lymph node of a mouse after footpad immunization with chicken γ-globulin (NP-CGG). Imaging was performed 9 days after immunization. Follicular dendritic cells (FDCs) were in situ stained by anti-CD21/CD35-Fab fragments coupled to Alexa568 (red) 24 h before imaging. NP-specific GFP⁺ (green) and GFP⁻ B cells were transferred into C57BL/6 mice. The communication between antigen-carrying FDC and B cells is thought to be involved in the clonal selection process of high affinity B cells. By means of MB-SI-TPLSM we were able to reveal the dynamic nature of the contacts between FDC somata and B cells (white arrowhead) but also, due to improved resolution and contrast, interactions between fine FDC processes and B cells (white arrow). λ_ex = 800 nm, scale bar = 10 μm. In the same context, we used for the staining of FDCs anti-CD21/CD35 Fab fragments coupled to ATTO590 for a better simultaneous visualization of FDCs and B cells (b-d). Time-lapse 3D fluorescence images by MB-SI-TPLSM in 85 to 105 μm depth in the lymph node (c) revealed that CD21/CD35⁺ immune complexes are accumulating around the B cells and that this interaction is highly dynamic (d, e). The trajectories of the CD21/35 clusters are shown in (d), whereas their statistics concerning velocity and displacement rate are summarized in (e). The contact regions between the CD21/35 clusters and B cell are shown in yellow (f). λ_ex = 860 nm, scale bar = 10 μm, grid unit = 3.5 μm. doi:10.1371/journal.pone.0050915.g005
Supporting Information

Figure S1 Lateral resolution of the fluorescence signal in multi-beam scanning TPLSM. (a) Fluorescence images of 100 nm green fluorescing beads embedded in agarose gel, recorded by standard MB-CCD-TPLSM and by MB-SI-TPLSM. The evaluation was performed by the minimum-maximum algorithm (MMA) and by the Fourier-transform algorithm (FTA), respectively. \( \lambda_{\text{exc}} = 800 \text{ nm} \). (b) Corresponding profiles of two neighboring beads along the yellow line in (a).

Movie S1 Rotation view of a 3D fluorescence image (463×651×11 voxel, 186×260×10 \( \mu \text{m}^3 \)) in a germinal center of the popliteal lymph node of a NP-CGG immunized mouse, 9 days after immunization. B1–8\(^{+/+}\) Jk\(^{-/-}\) EGFP\(^{+/+}\) cells previously transferred to the C57BL6 mouse are represented in green and follicular dendritic cells (FDCs) \textit{in situ} stained with anti-CD21/35-Fab-fragment-Alexa568 are represented in red. \( \lambda_{\text{exc}} = 800 \text{ nm} \).

Movie S2 Detail of movie S1. Rotation view of a 3D fluorescence image (142×86×11 voxel, 57×34×10 \( \mu \text{m}^3 \)) of a germinal center in the popliteal lymph node of a NP-CGG immunized mouse, 9 days after immunization. B1–8\(^{+/+}\) Jk\(^{-/-}\) EGFP\(^{+/+}\) cells previously transferred to the C57BL6 mouse are represented in green and follicular dendritic cells (FDCs) \textit{in situ} stained with anti-CD21/35-Fab-fragment-Alexa568 are represented in red. \( \lambda_{\text{exc}} = 800 \text{ nm} \).

Movie S3 3D movie (480×480×7 voxel, 192×192×12 \( \mu \text{m}^3 \)) of fluorescence in a germinal center of the popliteal lymph node of a NP-CGG immunized mouse, 9 days after immunization. B1–8\(^{+/+}\) Jk\(^{-/-}\) EGFP\(^{+/+}\) cells previously transferred to the C57BL6 mouse are represented in green and follicular dendritic cells (FDCs) \textit{in situ} stained with anti-CD21/35-Fab fragment-ATTO590 are represented in purple. \( \lambda_{\text{exc}} = 860 \text{ nm} \), time step = 60 s.

Movie S4 (zoom-in of movie S3) Front view/3D movie (94×94×7 voxel, 38×38×12 \( \mu \text{m}^3 \)) of fluorescence in a germinal center of the popliteal lymph node of a NP-CGG immunized mouse, 9 days after immunization. B1–8\(^{+/+}\) Jk\(^{-/-}\) EGFP\(^{+/+}\) cells previously transferred to the C57BL6 mouse are represented in green and follicular dendritic cells (FDCs) \textit{in situ} stained with anti-CD21/35-Fab fragment-ATTO590 are represented in purple. \( \lambda_{\text{exc}} = 860 \text{ nm} \), time step = 60 s.

Movie S5 (zoom-in of movie S3) 3D movie (56×62×7 voxel, 22×25×12 \( \mu \text{m}^3 \)) of fluorescence in a germinal center of the popliteal lymph node of a NP-CGG immunized mouse, 9 days after immunization. B1–8\(^{+/+}\) Jk\(^{-/-}\) EGFP\(^{+/+}\) cells previously transferred to the C57BL6 mouse are represented in green and follicular dendritic cells (FDCs) \textit{in situ} stained with anti-CD21/35-Fab fragment-ATTO590 are represented in purple. \( \lambda_{\text{exc}} = 860 \text{ nm} \), time step = 60 s, grid unit = 4.48 \( \mu \text{m} \).

Supplemental Material S1 The section Algorithms describes the algorithms used to evaluate the set of striped-illumination fluorescence images in order to retrieve enhanced resolution and contrast: Min-Max Algorithm (MMA) and Fourier Transform Algorithm (FTA). In the section Benchmarking we compared in PSF experiments the performance of the MMA and FTA algorithms. In the additional Material and Methods we describe in more detail the animal surgery for imaging and the preparation of the explants used for the presented experiments. Detailed Experimental Parameters regarding the PSF, $d_{\text{SNR}}$ and dynamic intravital imaging experiments are included. Further relevant literature is included in Supplemental References.

(DOCX)
Acknowledgments

We thank R. Heintzmann for fruitful discussions during the development of the striped-illumination approach, K. Rajevsky and A. Habermann for providing C57BL/6 Bi–8 GFP transgenic mice, O. Griesbeck for providing GrTn L15 transgenic mice and K. Roth and S. Zehentmeier for helping with the generation of EGFP chimeric mice. We thank the intravital imaging network JIMI for infrastructure support.

Author Contributions

Conceived and designed the experiments: VA KP AEH RN. Performed the experiments: VA KP AEH RN HR JLR RG LOJG HS AS ZC. Analyzed the data: VA KP AEH RN. Contributed reagents/materials/analysis tools: HR JLR. Wrote the paper: VA KP AEH RN. Provided expertise in handling acute hippocampus slices: HR. Contributed with software modules: JLR. Helped by the controlling of the synchronization electronics within the microscope: HS.

References

1. Denk W, Strickler JH, Webb WW (1990) Two-photon laser scanning fluorescence microscopy. Science 248(4951):73–6.
2. Hauser AE, Jaunt T, Mempel TR, Sneddon MW, Kleinsh W, et al. (2007) Definition of germinal-center B cell migration in vivo reveals predominant intranodal circulation patterns. Immunity 26(5):655–67.
3. Cahalan MD, Parker I (2008) Choreography of cell motility and interaction dynamics imaged by two-photon microscopy in lymphoid organs. Annu Rev Immunol 26:585–626.
4. Germain RN, Bajenoff M, Castellino F,Chiappa M, Eger JG, et al. (2000) Making friends in out-of-the-way places: how cells of the immune system get together and how they conduct their business as revealed by intravital imaging. Immunol Rev 221:163–81.
5. Nimmerjahn A, Kirchhoff F, Helmchen F (2005) Highly dynamic surveillants of brain parenchyma in vivo. Science 308(5726):523–4.
6. Sifrin V, Radbruch H, Glumm R, Niessen R, Paterka M, et al. (2010) In vivo imaging of partially reversible th17 cell-induced neuronal dysfunction in the course of encephalomyelitis. Immunology 133(3):424–36.
7. Esplugues E, Huber S, Gazian N, Hauser AE, Towt T, et al. (2011) Control of Th17 cells occurs in the small intestine. Nature 475(7357):514–8.
8. Helmchen F, Denk W (2005) Deep tissue two-photon microscopy. Nat Methods 2(12):392–40.
9. Zipfel WR, Williams RM, Webb WW (2003) Nonlinear magic: multiphoton microscopy in the biosciences. Nat Biotechnol 21(11):1369–77.
10. Centonze VE, White JG (1998) Multiphoton excitation provides optical sections from deeper within scattering specimens than confocal imaging. Biophys J 75(3):2053–24.
11. Rocheleau JV, Putton DW (2003) Two-photon excitation microscopy for the study of living cells and tissues. Curr Protoc Cell Biol Chapter 4:Unit 4 11.
12. Siewer SP, Nyquist D, Cabrera O, Yu J, Molano RD, et al. (2008) Noninvasive in vivo imaging of pancreatic islet cell biology. Nat Med 14(5):574–8.
13. Niessen RA, Hauser AE (2011) Recent advances in dynamic intravital multiphoton microscopy. Cytometry A 78(10):789–98.
14. Niessen R, Andreesen V, Neumann J, Spiecker H, Gunzer M (2007) The power of single and multibeam two-photon microscopy for high-resolution and high-speed deep tissue and intravital imaging. Biophys J 93(7):2519–29.
15. Herz J, Sifrin V, Hauser AE, Brandt A, Leuenberger T, et al. (2010) Expanding two-photon intravital microscopy to the infrared by means of optical parametric oscillator. Biophys J 98(4):715–23.
16. de Gauw CJ, Vroom JM, van der Voort HTM, Gerritsen HC (1999) Imaging properties in two-photon excitation microscopy and effects of refractive index mismatch in thick samples. Appl Opt 38(20):5905–6003.
17. Fleir SJ, Goldman JP, Carrasco YR, Weber M, Bray D, et al. (2006) B cell ligand discrimination through a spreading and contraction response. Science 312(5747):438–41.
18. Hell SW, Rizzoni E (2005) Microscopy: Light from the dark. Nature 461(7276):1069–70.
19. Eggerling C, Ringemann C, Meddla R, Schwarzzmann G, Sandhoff K, et al. (2009) Direct observation of the nanoscale dynamics of membrane lipids in a living cell. Nature 457(7233):1159–62.
20. Westphal V, Rizzoli SO, Lauterbach MA, Kamin D, Jahn R, et al. (2008) Video-rate far-field optical nanoscopy dissects synaptic vesicle movement. Science 320(5873):286–9.
21. Gustafsson MG (2003) Nonlinear structured-illumination microscopy: wide-field fluorescence imaging with theoretically unlimited resolution. Proc Natl Acad Sci USA 103(7):13081–6.
22. Gustafsson MG, Shao I, Carlton PM, Wang CJ, Golobovskaya IN, et al. (2008) Three-dimensional resolution doubling in wide-field fluorescence microscopy by structured illumination. Biophys J 94(12):4957–70.
23. Mertz J (2011) Optical sectioning microscopy with planar or structured illumination. Nat Methods 8(10):811–9.
24. Schermelleh L, Carlton PM, Haase S, Shao L, Winslo E, et al. (2008) Subdiffraction multicolor imaging of the nuclear periphery with 3D structured illumination microscopy. Science 320(5881):1332–6.
25. Bates M, Huang B, Dempsey GT, Zhuang X (2007) Multicolor super-resolution imaging with photo-switchable fluorescent probes. Science 317(5845):1749–53.
26. Huang B, Wang W, Bates M, Zhuang X (2006) Three-dimensional super-resolution imaging by stochastic optical reconstruction microscopy. Science 315(5806):83–8.
27. Klein T, Loschberger A, Proppert S, Wustler S, van de Linde S, et al. (2011) Live-cell iSTORM with SNAP-tag fusion proteins. Nat Methods 8(1):7–9.
28. Moneron G, Hell SW (2009) Two-photon excitation STED microscopy. Opt Express 17(17):14567–73.
29. Ding JB, Takasaki K, Sabarini B, (2009) Supersolution imaging in brain slices using stimulated-emission-depletion two-photon laser scanning microscopy. Neuron 63(4):429–37.
30. Bianchini P, Harke B, Galani S, Vicidomini G, Diaspro A (2012) Single-wavelength two-photon excitation - stimulated emission depletion (SW2PE-STED) super-resolution imaging. Proc Natl Acad Sci USA 109(17):6390–3.
31. Beringen S, Willig K, Steffens H, Dibai P, Hell SW (2012) Nanoscopy in a living mouse brain. Science 335(6096):351.
32. York AG, Parekh SH, Dalle Nogare D, Fisher RS, Temprine K, et al. (2012) Resolution doubling in live, multicellular organisms via multifocal structured illumination microscopy. Nat Methods 9:749–54.
33. Adei SG, Graf BW, Ahmad A, Carney PS, Boppard SA (2012) Computational adaptive optics for broadband optical interferometric tomography of biological tissue. Proc Natl Acad Sci USA, 109 (19):7175–80.
34. Tang J, Germain RN, Cui M (2012) Superpenetration optical microscopy by iterative multiphoton adaptive compensation technique. Proc Natl Acad Sci USA, 109 (22):8434–9.
35. Lu J, Min W, Gonzalez JA, Xie XS, Lichtman JW (2009) Super-resolution laser scanning microscopy through spatiotemporal modulation. Nano Lett 9(11):3803–7.
36. Harm J, Paterka M, Niessen R, Brandt A, Sifrin V, et al. (2011) In vivo imaging of lymphocytes in the CNS reveals different behavior of naive T cells in health and autoimmunity. J Neuroimmunol 238(1–2):131.
37. Caecilia M, Sironi L, Colmoli M, Chirico G, Zanioli I, et al. (2008) Image filtering for two-photon deep imaging of lymph nodes. Eur Biophys J 37(6):979–87.
38. Oheim M, Beaurepaire E, Chaigneau E, Mertz J, Charpak S (2001) Two-photon microscopy in brain tissue: parameters influencing the imaging depth. J Neurosci Methods 111(1):29–37.
39. Wang E, Babbcy CM, Dunn KW (2005) Performance comparison between the high-speed Yokogawa spinning disc confocal system and single-point scanning confocal systems. J Microscopy 218:148–59.
40. Eiselehofer GT, Rosenblatt J (2011) Live imaging of cell extrusion from the epidermis of developing zebra fish. J Vis Exp 2089.
41. Andresen V, Eger A, Hell SW (2001) Time-multiplexed multi-photon multi-focus microscopy. Opt Lett 26:75–7.