Abstract.
Nuclear Generalized Parton Distributions (GPDs), a unique tool to access several crucial features of nuclear structure, could be measured in the coherent channel of hard exclusive processes, such as deep electroproduction of photons and mesons off nuclear targets. Here, a realistic microscopic calculation of the unpolarized quark GPD $H_3^q$ of the $^3$He nucleus is described. In Impulse Approximation, $H_3^q$ is shown to be given by a convolution between the GPD of the internal nucleon and the non-diagonal spectral function, describing properly Fermi motion and binding effects. The obtained formula has the correct limits. Nuclear effects, evaluated by a modern realistic potential, are found to be larger than in the forward case. In particular, they increase with increasing the momentum transfer and the asymmetry of the process. Besides, it is found that the nuclear GPD cannot be factorized into a $\Delta^2$-dependent and a $\Delta^2$-independent term, as suggested in prescriptions proposed for finite nuclei. The dependence of the obtained GPDs on different realistic potentials used in the calculation shows that these quantities are sensitive to the details of nuclear structure at short distances.

1 Introduction
Generalized Parton Distributions (GPDs) [1] parametrize the non-perturbative hadron structure in hard exclusive processes. Their measurement would represent a unique way to access several crucial features of the nucleon (for a comprehensive review, see, e.g., Ref. [2]). According to a factorization theorem derived in QCD [3], GPDs enter the long-distance dominated part of exclusive lepton Deep Inelastic Scattering (DIS) off hadrons. In particular, Deeply Virtual Compton Scattering (DVCS), i.e. the process $eH \rightarrow e'H'\gamma$ when $Q^2 \gg m_H^2$, where $H$ is the target and $H'$ the final hadron.
is one of the most promising to access GPDs. As a matter of facts, deeply virtual meson photoproduction is affected by final state interactions. Here and in the following, $Q^2$ is the momentum transfer between the leptons $e$ and $e'$, and $\Delta^2$ the one between the hadrons $H$ and $H'$ [4]. Therefore, relevant experimental efforts to measure GPDs by means of DVCS off hadrons are likely to take place in the next few years. Recently, the issue of measuring GPDs for nuclei has been addressed. The first paper on this subject [5], concerning the deuteron, contained already the crucial observation that the knowledge of GPDs would permit the investigation of the short light-like distance structure of nuclei, and thus the interplay of nucleon and parton degrees of freedom in the nuclear wave function. In standard DIS off a nucleus with four-momentum $P_A$ and $A$ nucleons of mass $M$, this information can be accessed in the region where $x_{Bj} \approx Q^2/(2P_A \cdot q) > 1$, being $x_{Bj} = Q^2/(2P_A \cdot q)$ and $\nu$ the energy transfer in the laboratory system. In this region measurements are difficult, because of vanishing cross-sections. As explained in Ref. [5], the same physics can be accessed in DVCS at lower values of $x_{Bj}$. Since then, DVCS has been extensively discussed for nuclear targets. Calculations have been performed for the deuteron [6] and for finite nuclei [7–9]. The study of GPDs for $^3\text{He}$ is interesting for many aspects. In fact, $^3\text{He}$ is a well known nucleus, for which realistic studies are possible, so that conventional nuclear effects can be safely calculated. Strong deviations from the predicted behaviour could be ascribed to exotic effects, such as the ones of non-nucleonic degrees of freedom, not included in a realistic wave function. Besides, $^3\text{He}$ is extensively used as an effective neutron target, in DIS, in particular in the polarized case [10, 11]. Polarized $^3\text{He}$ will be the first candidate for experiments aimed at the study of GPDs of the free neutron, to unveil details of its angular momentum content. In this talk, the results of an impulse approximation (IA) calculation [12] of the quark unpolarized GPD $H^3_q$ of $^3\text{He}$ are reviewed. A convolution formula is discussed and numerically evaluated using a realistic non-diagonal spectral function, so that Fermi motion and binding effects are rigorously estimated. The proposed scheme is valid for $\Delta^2 \ll Q^2, M^2$ and despite of this it permits to calculate GPDs in the kinematical range relevant to the coherent, no break-up channel of deep exclusive processes off $^3\text{He}$. In fact, the latter channel is the most interesting one for its theoretical implications, but it can be hardly observed at large $\Delta^2$, due to the vanishing cross section. The main result of this investigation is not the size and shape of the obtained $H^3_q$ for $^3\text{He}$, but the size and nature of nuclear effects on it. This will permit to test directly, for the $^3\text{He}$ target at least, the accuracy of prescriptions which have been proposed to estimate nuclear GPDs [8], providing a tool for the planning of future experiments and for their correct interpretation.

2 Formalism

The formalism introduced in Ref. [13] is adopted. If one thinks to a spin 1/2 hadron target, with initial (final) momentum and helicity $P(P')$ and $s(s')$, re-
spectively, two GPDs $H_q(x, \xi, \Delta^2)$ and $E_q(x, \xi, \Delta^2)$, occur. If one works in a system of coordinates where the photon 4-momentum, $q^\mu = (q_0, \vec{q})$, and $\vec{P} = (P + P')/2$ are collinear along $z$, $\xi$ is the so called “skewness”, parametrizing the asymmetry of the process, is defined by the relation

$$\xi = \frac{n \cdot \Delta}{2} = \frac{\Delta^+}{2P^+} = \frac{x_{Bj}}{2 - x_{Bj}} + O\left(\frac{\Delta^2}{Q^2}\right),$$

(1)

where $n$ is a light-like 4-vector satisfying the condition $n \cdot \vec{P} = 1$. One should notice that the variable $\xi$ is completely fixed by the external lepton kinematics. The values of $\xi$ which are possible for a given value of $\Delta^2$ are $0 \leq \xi \leq \sqrt{-\Delta^2}/\sqrt{4M^2 - \Delta^2}$. The well known natural constraints of $H_q(x, \xi, \Delta^2)$ are: i) the so called “forward” limit, $P^\nu = P$, i.e., $\Delta^2 = \xi = 0$, where one recovers the usual PDFs $H_q(x, 0, 0) = q(x)$; ii) the integration over $x$, yielding the contribution of the quark of flavour $q$ to the Dirac form factor (f.f.) of the target: $\int dx H_q(x, \xi, \Delta^2) = F_1^q(\Delta^2)$; iii) the polynomiality property [13].

In Ref. [12], specifying to the $^3$He target the procedure developed in Ref. [14], an IA expression for $H_q(x, \xi, \Delta^2)$ of a given hadron target, for small values of $\xi^2$, has been obtained:

$$H_q^3(x, \xi, \Delta^2) = \sum_N \int dE \int d\vec{p}[P_N^3(\vec{p}, \vec{p} + \vec{\Delta}, E) + O(\rho^2/M^2, \xi^2/M^2)]$$

$$\times \frac{\epsilon'_1}{\xi} H_q^N(x', \xi', \Delta^2) + O(\xi^2).$$

(2)

In the above equation, the kinetic energies of the residual nuclear system and of the recoiling nucleus have been neglected, and $P_N^3(\vec{p}, \vec{p} + \vec{\Delta}, E)$ is the one-body off-diagonal spectral function for the nucleon $N$ in $^3$He:

$$P_N^3(\vec{p}, \vec{p} + \vec{\Delta}, E) = \frac{1}{(2\pi)^3} \frac{1}{2} \sum_{R,s} \langle \vec{p} M | (\vec{P} - \vec{p})S_R, (\vec{p} + \vec{\Delta})s \rangle$$

$$\times \langle (\vec{P} - \vec{p})S_R, \vec{p}s | \vec{P} M \rangle \delta(E - E_{min} - E_{R}).$$

(3)

Besides, the quantity $H_q^N(x', \xi', \Delta^2)$ is the GPD of the bound nucleon $N$ up to terms of order $O(\xi^2)$, and in the above equation use has been made of the relations $\xi' = -\Delta^+/2\rho^+$, and $x' = (\xi'/\xi)x$.

The delta function in Eq. (3) defines $E$, the so called removal energy, in terms of $E_{min} = |E_{3He} - |E_{2H}| = 5.5$ MeV and $E_R$, the excitation energy of the two-body recoiling system. The main quantity appearing in the definition Eq. (3) is the overlap integral

$$\langle \vec{P} M | \vec{P} M S_R, \vec{p}s \rangle = \int d\vec{q} e^{i\vec{q} \cdot \vec{p}} \langle \chi^s, \Psi^S_R(\vec{x}) | \Psi^M(\vec{x}, \vec{q}) \rangle,$$

(4)
between the eigenfunction $\Psi^M_3$ of the ground state of $^3$He, with eigenvalue $E_{^3He}$, and third component of the total angular momentum $M$, and the eigenfunction $\Psi^S_R$, with eigenvalue $E_R = E_2 + E_R^*$ of the state $R$ of the intrinsic Hamiltonian pertaining to the system of two interacting nucleons [15]. Since the set of the states $R$ also includes continuum states of the recoiling system, the summation over $R$ involves the deuteron channel and the integral over the continuum states. Eq. (2) can be written in the form

$$H_3^q(x, \xi, \Delta^2) = \sum_N \int_x^1 \frac{dz}{z} h_N^3(z, \xi, \Delta^2) H_N^q \left( \frac{x}{z}, \frac{\xi}{z}, \Delta^2 \right),$$  \hspace{1cm} (5)$$

where

$$h_N^3(z, \xi, \Delta^2) = \int dE \int d\vec{p} P_N^3(\vec{p}, E) \delta \left( z + \xi - \frac{p^+}{P^+} \right).$$  \hspace{1cm} (6)$$

In Ref. [12], it is discussed that Eqs. (5) and (6) or, which is the same, Eq. (2), fulfill the constraint previously listed.

The constraint $i)$, i.e. the forward limit of GPDs, is certainly verified. In fact, by taking the forward limit ($\Delta^2 \rightarrow 0, \xi \rightarrow 0$) of Eq. (5), one gets the expression which is usually found, for the parton distribution $q_3(x)$, in the IA analysis of unpolarized DIS off $^3$He:

$$q_3(x) = H_3^q(x, 0, 0) = \sum_N \int_x^1 \frac{dz}{z} f_N^3(z) q_N \left( \frac{x}{z} \right).$$  \hspace{1cm} (7)$$

In the latter equation,

$$f_N^3(z) = h_N^3(z, 0, 0) = \int dE \int d\vec{p} P_N^3(\vec{p}, E) \delta \left( z - \frac{p^+}{P^+} \right)$$  \hspace{1cm} (8)$$

is the light-cone momentum distribution of the nucleon $N$ in the nucleus, $q_N(x) = H_q^N(x, 0, 0)$ is the distribution of the quark of flavour $q$ in the nucleon $N$ and $P_N^3(\vec{p}, E)$, the $\Delta^2 \rightarrow 0$ limit of Eq. (3), is the one body spectral function.

The constraint $ii)$, i.e. the $x-$integral of the GPD $H_q$, is also naturally fulfilled. In fact, by $x-$integrating Eq. (5), one easily obtains:

$$\int dx H_3^q(x, \xi, \Delta^2) = \sum_N \int dx \int \frac{dz}{z} h_N^3(z, \xi, \Delta^2) H_q^N \left( \frac{x}{z}, \frac{\xi}{z}, \Delta^2 \right) = \sum_N \int dx' H_q^N(x', \xi', \Delta^2) \int dz h_N^3(z, \xi, \Delta^2) = \sum_N F_q^N(\Delta^2) F_3^3(\Delta^2) = F_q^3(\Delta^2).$$  \hspace{1cm} (9)$$
In the equation above, $F_3^q(\Delta^2)$ is the contribution, of the quark of flavour $q$, to the nuclear f.f.; $F_N^N(\Delta^2)$ is the contribution, of the quark of flavour $q$, to the nucleon N f.f.; $F_3^N(\Delta^2)$ is the so-called $^3$He “pointlike f.f.”, which would represent the contribution of the nucleon $N$ to the f.f. of $^3$He if $N$ were point-like. $F_3^N(\Delta^2)$ is given, in the present approximation, by

$$F_3^N(\Delta^2) = \int dE \int d\vec{p} P_3^N(\vec{p}, \vec{p} + \vec{\Delta}, E) = \int dz h_3^N(z, \xi, \Delta^2).$$  \hspace{1cm} (10)$$

Eventually the polynomiality, condition $iii$), is formally fulfilled by Eq. (2), although one should always remember that it is a result of order $O(\xi^2)$, so that high moments cannot be really checked.

3 Numerical Results

$H_3^q(x, \xi, \Delta^2)$, Eq. (2), has been evaluated in the nuclear Breit Frame.

The non-diagonal spectral function Eq. (5), appearing in Eq. (2), has been calculated along the lines of Ref. [16], by means of the overlap Eq. (4), which exactly includes the final state interactions in the two nucleon recoiling system, the only plane wave being that describing the relative motion between the knocked-out nucleon and the two-body system [15]. The realistic wave functions $\Psi_3^M$ and $\Psi_3^S$ in Eq. (4) have been evaluated using the AV18 interaction [17] and taking into account the Coulomb repulsion of protons in $^3$He. In particular $\Psi_3^M$ has been developed along the lines of Ref. [18]. The other ingredient in Eq. (2), i.e. the nucleon GPD $H_N^q$, has been modelled in agreement with the Double Distribution representation [19]. In this model, whose details are summarized in Ref. [12], the $\Delta^2$-dependence of $H_N^q$ is given by $F_q(\Delta^2)$, i.e. the contribution of the quark of flavour $q$ to the nucleon form factor. It has been obtained from the experimental values of the proton, $F_p^u$, and of the neutron, $F_n^u$, Dirac form factors. For the $u$ and $d$ flavours, neglecting the effect of the strange quarks, one has $F_u(\Delta^2) = \frac{1}{2}(2F_p^u(\Delta^2) + F_n^u(\Delta^2))$, $F_d(\Delta^2) = 2F_p^u(\Delta^2) + F_n^u(\Delta^2)$. The contributions of the flavours $u$ and $d$ to the proton and neutron f.f. are therefore $F_p^u(\Delta^2) = \frac{4}{3} F_u(\Delta^2)$, and $F_p^d = -\frac{2}{3} F_d(\Delta^2)$ and $F_n^u(\Delta^2) = \frac{2}{3} F_u(\Delta^2)$, respectively. For the numerical calculations, use has been made of the parametrization of the nucleon Dirac f.f. given in Ref. [20].

Now the ingredients of the calculation have been completely described, so that numerical results can be presented. If one considers the forward limit of the ratio

$$R_q(x, \xi, \Delta^2) = \frac{H_3^q(x, \xi, \Delta^2)}{2H_p^q(x, \xi, \Delta^2) + H_n^q(x, \xi, \Delta^2)},$$  \hspace{1cm} (11)$$

where the denominator clearly represents the distribution of the quarks of flavour $q$ in $^3$He if nuclear effects are completely disregarded, i.e., the interacting quarks are assumed to belong to free nucleons at rest, the behaviour which is found,
Figure 1. For the $\xi_3$ values which are allowed at $\Delta^2 = -0.15 \text{ GeV}^2$, $H_3^q(x_3, \xi_3, \Delta^2)$, evaluated using Eq. (5), is shown for $0.05 \leq x_3 \leq 0.8$.

shown in Ref. [12], is typically $EMC-$like, so that, in the forward limit, well-known results are recovered. In Ref. [12] it is also shown that the $x$ integral of the nuclear GPD gives a good description of $f_f$ data of $^3\text{He}$, in the relevant kinematical region, $-\Delta^2 \leq 0.25 \text{ GeV}^2$. As an illustration, the result of the evaluation of $H_3^q(x_3, \xi_3, \Delta^2)$ by means of Eq. (2) is shown in Fig. 1, for $\Delta^2 = -0.15 \text{ GeV}^2$ as a function of $x_3 = 3x$ and $\xi_3 = 3\xi$. The GPDs are shown for the $\xi_3$ range allowed and in the $x_3 \geq 0$ region. Let us now discuss the quality and size of the nuclear effects. The full result for the GPD $H_3^q$, Eq. (2), will be now compared with a prescription based on the assumptions that nuclear effects are completely neglected and the global $\Delta^2$ dependence can be described by the f.f. of $^3\text{He}$:

$$H_3^{q,(0)}(x, \xi, \Delta^2) = 2H_3^{3p}(x, \xi, \Delta^2) + H_3^{3n}(x, \xi, \Delta^2), \tag{12}$$

where the quantity $H_3^{3N}(x, \xi, \Delta^2) = \tilde{H}_q^{N}(x, \xi)F_3^q(\Delta^2)$ represents the flavor $q$ effective GPD of the bound nucleon $N = n, p$ in $^3\text{He}$. Its $x$ and $\xi$ dependences, given by the function $\tilde{H}_q^{N}(x, \xi)$, is the same of the GPD of the free nucleon $N$, while its $\Delta^2$ dependence is governed by the contribution of the quark of flavor $q$ to the $^3\text{He}$ f.f., $F_3^q(\Delta^2)$.

The effect of Fermi motion and binding can be shown through the ratio

$$R_3^{(0)}(x, \xi, \Delta^2) = \frac{H_3^{q}(x, \xi, \Delta^2)}{H_3^{q,(0)}(x, \xi, \Delta^2)} \tag{13}$$

i.e. the ratio of the full result, Eq. (2), to the approximation Eq. (12). The latter is evaluated by means of the nucleon GPDs used as input in the calculation, and
He structure and Generalized Parton Distributions

The structure and Generalized Parton Distributions

\( R_u(0, x_3, \xi_3, \Delta^2) \)

\( \Delta^2 = -0.15 \text{ GeV}^2 \)

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due to nuclear effects hidden not only in the $x'$ dependence, but also in the $\xi'$ one. Moreover, even if $x_3 = \xi_3 = 0$, in the present situation the ratio Eq. (13) does not give the spectral function normalization as in the forward case, because of the $\Delta^2$ dependence. One source of such dependence is that, in the approximation Eq. (12), it is assumed that the quarks $u$ and $d$, belonging to the protons or to the neutron in $^3$He, contribute to the charge f.f. in the same way, being the contribution proportional to their charge only. Actually, the effect of Fermi motion and binding is stronger for the quarks belonging to the neutron, having the latter a larger average momentum with respect to the proton [15]. This can be seen noticing that the pointlike f.f., Eq. (10), for the proton, shows a stronger $\Delta^2$-dependence, with respect to the neutron one, the difference being 17 % (23 %) at $\Delta^2 = -0.15 \text{ GeV}^2$ ($\Delta^2 = -0.25 \text{ GeV}^2$). The prescription used in Eq. (12) could be correct only if the pointlike f.f. had a similar $\Delta^2$ dependence. Besides, nuclear effects studied by means of the ratio Eq. (13) at fixed $x$ and $\xi$ depend on $\Delta^2$, showing clearly that such a dependence cannot be factorized, i.e. the nuclear GPD cannot be written as the product of a $\Delta^2$ dependent and a $\Delta^2$ independent term, confirming what has been found for the deuteron case in Ref. [6]. One should notice that, if factorization were valid, the left and right panels of Fig. 2 would be equal. This fact clearly indicates that a model based on the assumption of factorization, such as the one of Ref. [8], is not motivated and cannot be used to parametrize nuclear GPDs for estimates of DVCS cross sections and asymmetries for light nuclei. The fact that nuclear effects are larger for the $d$ distribution is also easily explained in terms of the different contribution of the spectral functions for the protons and the neutron, the latter being more important for the GPDs of the $d$ rather than for the ones of
A first rough estimate of nuclear effects on DVCS observables can be sketched from the obtained results. In fact, it is known that the point $x = \xi$ gives the bulk of the contribution to hard exclusive processes, since at leading order in QCD the amplitude for DVCS and for meson electroproduction just involve GPDs at this point. In Fig. 3 it is shown that also in this crucial region nuclear effects are systematically underestimated by the approximation Eq. (12). In Fig. 4, it is shown that nuclear effects depend on the choice of the NN potential [21], at variance with what happens in the forward case. Nuclear GPDs turn out therefore to be strongly dependent on the details of nuclear structure.

The issue of applying the obtained GPDs to calculate DVCS off $^3$He, to estimate cross-sections and to establish the feasibility of experiments, is in progress. Besides, the study of polarized GPDs will be very interesting, due to the peculiar spin structure of $^3$He and its implications for the study of the angular momentum of the free neutron.

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