Early Holocene palaeoceanographic and glaciological changes in southeast Greenland

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Abstract
Sediment core ER11-16 from Køge Bugt in Southeast Greenland is used to assess early Holocene palaeoceanographic changes and sediment rafting from icebergs calved from the large outlet glaciers in the area. Diatom analysis reconstructs variability in surface water temperature, salinity and sea-ice concentrations, and benthic foraminiferal assemblages are used to reconstruct subsurface ocean conditions. We report Holocene Thermal Maximum in Southeast Greenland during the early Holocene (at least since onset of the record 9100 cal yr BP) until around 4500 cal yr BP, which contrasts with a delay until the mid-Holocene of the Holocene Thermal Maximum in South and Southwest Greenland. The early Holocene warming in Southeast Greenland was caused by a combination of high solar insolation and a weakened subpolar gyre, both of which served to warm the Irminger Current waters subducting onto the shelf. At the same time, the surface temperature was relatively high and sea-ice cover in the polar surface waters of the East Greenland Current was relatively low. High levels of iceberg rafting occurred in Køge Bugt during the early Holocene, synchronously with these warm oceanic temperatures. This is attributed to an increase in iceberg production from the extensive, but retreating, Greenland Ice Sheet. The warm surface conditions were interrupted by a marked and short-lived increase in sea ice around 8200 years ago, providing the first evidence of this global cold episode in Southeast Greenland. After 4500 cal. yr BP, sea-ice cover increased with an expansion of the East Greenland Current, suppressing the inflow of warmer subsurface Irminger Current water to the Southeast Greenland shelf. We relate this oceanic shift to the decreased Northern Hemisphere summer solar insolation. Multi-centennial variability is observed in the grain size spectrum of iceberg rafted debris; a finding we interpret in the context of palaeoceanographic changes.

Keywords
Greenland Ice Sheet, iceberg rafting, Irminger Current, sea ice, Subpolar Gyre

Introduction
Over the last 20 years the accelerated melt and retreat of the Greenland Ice Sheet has prompted concerns about global sea level rise and the stability of thermohaline circulation in a warming world (IPCC, 2021). It has been suggested that the warming of the North Atlantic Subpolar Gyre in the late-1990s, and the associated westward movement of warm water further onto the continental shelf of Greenland, caused marine terminating glaciers in both southeast and West Greenland to thin, retreat and accelerate (Holland et al., 2008; Straneo et al., 2010). In this scenario, changes in atmospheric and oceanic temperatures drive increased subglacial and submarine melt and cause glacier instability (Rignot et al., 2010).

Time series of glacier and ocean conditions are required to understand the influence of oceanographic changes on glacier stability. However, instrumental records from Greenland only cover the last few decades in detail, and the last century at much coarser temporal resolution. Marine sediment cores from around Greenland can be used to reconstruct long-term records of ocean conditions and outlet glacier stability beyond the instrumental time period (Andresen et al., 2012, 2013b, 2014; Wangner et al., 2020; Vermassen et al., 2019a, 2019b) and can cover thousands of years (Andresen et al., 2011, 2013b; Jennings et al., 2002; Ruddiman, 1977; Sheldon et al., 2016; Wangner et al., 2018). In such studies, benthic foraminifera are among the most valuable proxies for determining past ocean conditions at and near the seabed due to these organisms’ high sensitivity to bottom-water temperature, salinity, food availability and turbidity (Murray, 1991). In shelf regions, these bottom waters commonly consist of the subsurface water masses characterising the oceans. Analysis of marine diatom, which are photosynthetic siliceous algae, provides a proxy for understanding past conditions at the sea surface. The distribution of diatom species is largely controlled by ecological and climatic conditions and are especially useful for reconstructing

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variations in surface water temperature, salinity and sea-ice concentration (Medlin and Priddle, 1990; Stoermer and Smol, 1999). Thus, benthic foraminifera and diatom assemblage studies complement each other, and analyses of both these proxies in the same sediment record allow the simultaneous reconstructions of both surface and subsurface oceanographic conditions through time.

Glaciological changes can be reconstructed using the variability in iceberg-rafted debris (IRD) as a measure of iceberg production or glaciological setting (calving glacier vs ice tongue or extensive melange) based on grain size analyses in marine sediment records (Andresen et al., 2011, 2012, 2017). However, the relationship between IRD and glacier activity is complex, and an increase in IRD can potentially be caused by either a glacier advance or by a retreat event (Ekblom Johansson et al., 2020; Funder et al., 1998; McManus et al., 1999). Furthermore, the variability of IRD deposition may, in some cases, also be a function of non-glaciological processes resulting from changes in iceberg transport time, ambient water temperatures, and ocean currents (Andrews, 2000). These complexities highlight that IRD records should be interpreted in the context of climate and palaeoceanographic reconstructions (Vermassen et al., 2019a).

Given the projected warming of the Arctic (IPCC, 2021) there is a need to investigate how glacial systems changed in response to previous warm periods. During the Early- and Mid-Holocene, summers in much of Greenland were 3–5°C warmer than in the mid-20th century, driven by high insolation during the boreal summer (Axford et al., 2021). However, recent efforts to compile records of climate and glacier behaviour in Greenland during the early Holocene highlight that southeast Greenland is a conspicuous blank spot, with no data from this important region (Axford et al., 2021; Briner et al., 2016). Here, we present a record (starting 9100 cal. yr BP) of early-Holocene ocean and glacier changes based on a sediment core from a large marine embayment in southeast Greenland. The age model, foraminiferal analysis, and some of the iceberg rafting reconstruction were previously presented in Dyke et al. (2017) and we here expand on this study by presenting a diatom-based proxy time series of the surface water properties, which includes a proxy for sea-ice occurrence in the upper polar waters of the East Greenland Current. Furthermore, we investigate the grain size composition of iceberg rafted sediment in much greater detail and discuss the palaeoceanographic and glaciological implications of these data.

**Study site**

Køge Bugt is a large embayment of southeast Greenland, some 40km long and 20km wide. The bay hosts several large, marine-terminating outlet glaciers, which drain ice directly from the Greenland ice Sheet (Figure 1). Coarse resolution bathymetric data (Dyke et al., 2017) show the presence of a large elongate depression, more than 600m deep, running through the centre of Køge Bugt. High-resolution multibeam sonar (Fenty et al., 2016) data show the glacial trough extends from the glaciated coast, through Køge Bugt, and out onto the continental shelf (Millan et al., 2018). Bedtopography data (Morlighem et al., 2014) complement these bathymetric data and show that these below sea-level troughs extend inland from the Køge Bugt glacier margins.
However, these troughs extend only a few kilometres inland of the present-day ice margin and the bed topography rises relatively steeply inland from the coast (Figure 1). The geology of the area is composed of Archaean orthogneisses, which form part of the Nagssugtoqidian Mobile Belt (Henriksen and Higgins, 2009).

Surface oceanographic conditions on the continental shelf of southeast Greenland are characterised by the polar waters of the upper East Greenland Current (EGC) and its offshoot the East Greenland Coastal Current (EGCC) (Bacon et al., 2002). These transport cold (0–2°C) and fresh (<33 psu) sea-ice/laden surface waters derived from the Arctic Ocean and glacial melt water from East Greenland (Sutherland and Pickart, 2008). The amount of sea ice transported from the Arctic Ocean by these currents varies in timing and distribution, but it is generally observed from spring until September along the coast of southeast Greenland, while locally-formed sea ice/fjord ice prevails in fall to early spring (National Snow and Ice Data Centre, 2012). The coast of southeast Greenland is also characterised by warm (3–6°C), saline (34–35 psu) subsurface waters that originate in the sub-tropical Atlantic (Straneo et al., 2010). These are primarily delivered to the region by the Irminger Current, which forms a limb of the Subpolar Gyre, a large clockwise circulation feature in the North Atlantic (Figure 1), although a minor component of Atlantic-sourced may potentially be derived from Return Atlantic Water and Arctic Atlantic Water, flowing southwards with the East Greenland Current (Quadfasel et al., 1987; Rudels et al., 1994; Schaffer et al., 2017). Locally, this warm Atlantic-sourced water mass penetrates the continental shelf of southeast Greenland beneath a ~250 m thick cap of cold, relatively fresh waters of the EGC and EGCC (Inall et al., 2014; Jackson et al., 2014; Straneo et al., 2010; Sutherland and Pickart, 2008). Although sparse, oceanographic data obtained from instruments attached to diving vessels within Køge Bugt show that marine conditions here are similar to further out on the continental shelf. The oceanography of Køge Bugt is thus characterised by a cap of cold polar surface waters and the presence of warm Atlantic water masses at depth (Sutherland et al., 2014). Køge Bugt is filled with icebergs year-round (http://ocean.dmi.dk/arctic/modis.php). Most icebergs are likely of local origin as a chain of islands and shallow seas to the north of Køge Bugt (Figure 1) prevents icebergs entrained in the southerly flowing EGC and EGCC from entering the embayment (Sutherland and Pickart, 2008).

The occurrence of warm subsurface water on the shelf of southeast Greenland is largely regulated by the dynamics of the Subpolar Gyre, which, in turn, are driven by the North Atlantic Oscillation (NAO) and Eastern Atlantic (EA) dipole patterns (Barnston and Livezey, 1987; Håkkinen et al., 2011). The weakening of the Subpolar Gyre in the late-1990s has been attributed to a shift towards a negative NAO/EA, which is associated with a weaker and more meridional wind stress, that resulted in a contracted and westward displaced mode of the Subpolar Gyre (Håkkinen et al., 2011; Hatun et al., 2005; Sarafanov, 2009), and thereby a strengthened Irminger Current flow across the shelf.

Modern observations of the Greenland Ice Sheet show that some of the largest changes in ice dynamics have occurred in the southeast region (Moon et al., 2012). Three outlet glaciers produce icebergs that may transit the study site: Havhestens Bugt Glacier, Køge Bugt Glacier, and Pamiagtik Glacier (Figure 1). The transport of iceberg-rafted debris (IRD) and the occurrence of warm subsurface water on the shelf of southeast Greenland are characterised by warm (3–6°C), saline (34–35 psu) subsurface waters that originate in the sub-tropical Atlantic (Straneo et al., 2010). These are primarily delivered to the region by the Irminger Current, which forms a limb of the Subpolar Gyre, a large clockwise circulation feature in the North Atlantic (Figure 1), although a minor component of Atlantic-sourced may potentially be derived from Return Atlantic Water and Arctic Atlantic Water, flowing southwards with the East Greenland Current (Quadfasel et al., 1987; Rudels et al., 1994; Schaffer et al., 2017). Locally, this warm Atlantic-sourced water mass penetrates the continental shelf of southeast Greenland beneath a ~250 m thick cap of cold, relatively fresh waters of the EGC and EGCC (Inall et al., 2014; Jackson et al., 2014; Straneo et al., 2010; Sutherland and Pickart, 2008). Although sparse, oceanographic data obtained from instruments attached to diving vessels within Køge Bugt show that marine conditions here are similar to further out on the continental shelf. The oceanography of Køge Bugt is thus characterised by a cap of cold polar surface waters and the presence of warm Atlantic water masses at depth (Sutherland et al., 2014). Køge Bugt is filled with icebergs year-round (http://ocean.dmi.dk/arctic/modis.php). Most icebergs are likely of local origin as a chain of islands and shallow seas to the north of Køge Bugt (Figure 1) prevents icebergs entrained in the southerly flowing EGC and EGCC from entering the embayment (Sutherland and Pickart, 2008).

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Information on longer-term glacier changes is provided by Landsat 8 imagery and historical aerial photographs (Korsgaard et al., 2016) and show minor glacial trimlines around the outlet glaciers in Køge Bugt and small moraines close to the present-day margin in land-terminating areas. These features are thought to represent the maximum Little Ice Age (LIA) extent (Kjeldsen et al., 2015), indicating a limited retreat of these glaciers since the LIA maximum. The absence of trimlines and moraines outboard of the LIA margin demonstrates that these areas have likely remained ice-free since deglaciation in the Early Holocene and that the LIA was the largest glacial advance of the Holocene in Køge Bugt (Dyke et al., 2017).

**Methods**

The 174 cm long core ER11-16 was collected in 2011 from a 595 m deep basin in the centre of Køge Bugt (64.919°N, 40.072°W) approximately 50 km from the present-day ice margin (Figure 1). The core was obtained with a Rumohr corer, without a core catching device; this ensured the preservation of surface sediments and the sediment-water interface. Prior to subsampling, the core was X-rayed at The Danish National Museum in Brede, cut in half lengthwise and a line scan image provided using an ITRAX core scanner at The Globe Institute, University of Copenhagen. For the study here, a diatom analysis and counts of >2 mm clasts on X-rays were undertaken. The foraminiferal assemblage data, the content of iceberg rafted debris (IRD) in the 63 µm–2 mm fraction, and the age model were presented in Dyke et al. (2017), but we here provide a resume of the methods.

**Age model**

The age model, originally presented in Dyke et al. (2017), is constrained by five 14C dates from benthic calcareous foraminiferal tests in the lower half of the core, and the occurrence of unsupported 210Pb in the surface sample only (Figure 2). Very low concentrations of foraminiferal tests, a fundamental area in glaciomarine settings, prevented 14C dating of the upper-half of the core. Radiocarbon dates were calibrated with CALIB 7.0 (calib.qub.ac.uk/calib/) using the Marine13 calibration curve (Reimer et al., 2013). The benthic foraminiferal assemblages used for dating indicate an Atlantic water origin, so in accordance with other marine records from the continental shelf of southeast Greenland, a marine reservoir correction of 400 years (ΔR=0) was applied to all 14C dates (e.g. Andresen et al., 2013a; Jennings et al., 2006, 2011). While Heaton et al. (2020) point out that the Marine20 calibration is uncertain in the Arctic (see also discussion in Pados-Dibattista et al. 2022), we also calibrated the 14C dates using this calibration data set (Table 1) and find that the differences between the two calibration data sets are within uncertainties of the age.

Due to the lack of radiocarbon dating in the interval younger than 6000 years, which is often a challenge in Greenland fjord sediments due to lack of calcareous material, we here focus primarily on the palaeoceanographic and glaciological changes in the early-Holocene. We discuss the younger, poorly-constrained section of the sediment record solely as context for the older sediments.

**Diatom analyses**

**Preparation and counting method.** Diatom assemblage analyses were conducted on 1 cm slices of core material taken at 2 cm
intervals from the core. All samples were freeze-dried, and approximately 0.5 g of dry sediment was treated with 10% HCl to dissolve calcareous matter and with 30% H$_2$O$_2$ (3 h in a water bath at 70°C) to oxidise organic material. The solution was cleaned with distilled water through a cycle of sedimentation and decantation until no acid was left in the sample. An aliquot of shaken suspension was placed on a cover slip and mixed with a pipette to settle diatoms evenly across the cover slip. After the material had

Figure 2. Core description ER11-16. X-ray and line scan images of ER11-16 are shown on a common scale. In the X-ray images white spots indicate denser material such as gravels and sand, while darker parts indicate less dense material such as clay. Black markers next to the line scan image show dated horizons; Radiocarbon ages measured on benthic foraminifera are shown in calibrated years BP with errors of $\pm 2\sigma$.

Table 1. Radiocarbon dates and calibrated ages.

| Lab. ID     | Depth (cm) | Radiocarbon age (yr BP) | Error (yr) | Median Marine20, $\Delta R = -150 \pm 50$ | Error (yr) | Median Marine13, $\Delta R = 0 \pm 50$ | Error (yr) |
|-------------|------------|-------------------------|------------|------------------------------------------|------------|----------------------------------------|------------|
| Beta390352  | 88–89      | 5940                    | 30         | 6322                                     | 91         | 6353                                   | 61         |
| Beta390353  | 104–105    | 5890                    | 40         | 6269                                     | 96         | 6309                                   | 62         |
| Beta387758  | 128–129    | 7400                    | 30         | 7825                                     | 86         | 7862                                   | 59         |
| Beta387759  | 152–153    | 8180                    | 30         | 8682                                     | 117        | 8679                                   | 97         |
| AAR18323    | 172–174    | 8480                    | 55         | 9093                                     | 122        | 9105                                   | 99         |
completely dried, cover slips were transferred onto permanently labelled slides, mounted with Naphrax (refraction index = 1.73) and heated to 250°C. For each sample, at least 300 diatom valves (excluding Chaetoceros resting spores) were identified and counted using a Leica microscope at ×1000 magnification. Diatoms were identified to species or species group level following standard taxonomical literature for marine diatoms (Cremer, 1998; Hasle and Syvertsen, 1997; Medlin and Pridde, 1990; Witkowski et al., 2000). A cluster analysis was performed on the diatom percentage data using the computer program CONISS included in the computer program Tilia 2.6 (Grimm, 1987).

Diatom-based transfer function. Diatoms are useful indicators of surface water conditions in the North Atlantic because they occur widely in marine environments and are highly sensitive to ambient ecological conditions. Surface conditions in the past can be reconstructed by a transfer function to down-core diatom assemblages. The approach has been used successfully for reconstructing past summer sea-surface temperatures (SST) and sea-ice conditions from the high-latitude oceans (Jiang et al., 2015; Justwan and Koc, 2009; Miettinen et al., 2015; Sha et al., 2017). The summer SST transfer function has been developed from a modern calibration dataset consisting of 51 surface sediment samples from around Iceland and Southeast Greenland (Jiang et al., 2001). A weighted averaging with partial least squares regression (WA-PLS) using four components, which yielded a root-mean squared error of prediction of 0.94°C based on the leave-one-out jack-knifing, was employed to quantitatively reconstruct summer SST by using the C2 program (Jiang et al., 2015). In addition, a modern calibration dataset consisting of 72 surface sediment samples from around Greenland and Iceland has been used to develop the April sea-ice concentration transfer function (Sha et al., 2014). The WA-PLS using three components, which has the lowest root-mean squared error of prediction based on the leave-one-out jack-knifing of 1.06 was employed to quantitatively reconstruct the April sea-ice concentration (April SIC) (Sha et al., 2014). Both diatom-based transfer functions, which have been tested by comparing the reconstructed values with instrumental data, have previously been used successfully for reconstructing past summer SST and sea-ice conditions in the North Atlantic region (Jiang et al., 2015; Ran et al., 2011; Sha et al., 2014, 2015, 2016).

Foraminiferal analyses. Foraminiferal assemblage analysis (Dyke et al., 2017) was undertaken on 1 cm slices of core material sampled every 8 cm; additional subsamples were taken at 4 cm intervals at selected levels of the core, where rapid shifts in species composition occur. Samples were wet-sieved, the >63 µm fractions were dried and counted to sea ice or in the water close to the sea-ice edge (Syvertsen and Polyakova, 2000). These taxa are chief components of the sea-ice diatom assemblage in Køge Bugt, indicating warm sea-surface conditions influenced both by enhanced Atlantic water inflow and surface-water heating (Sha et al., 2012). Therefore, these species can be used here as a measure for the influence of warm Atlantic water masses.

Iceberg rafted debris. The occurrence of IRD was determined by analysing the content of sand (63 µm–2 mm fraction) and large clasts (>2 mm) (Andersen et al., 2012; Andrews et al., 1997; Krissek, 1989; St. John and Krissek, 1999). The 63 µm–2 mm grain size composition of the core was measured by wet-sieving 1 cm thick sediment slices, sampled at 2 cm intervals, from the entire core. Next, the annual flux of sand-sized particles to the core site (g cm⁻² yr⁻¹) was calculated to assess changes in iceberg rafting (Dyke et al., 2017). For the study here, the occurrence of clasts >2 mm was determined by manual counting from the radiographic (X-ray Figure 2) image using a 1-cm, full-width moving window from the full length of the core.

Results

Diatom species distribution. The dominant diatom taxa of the core ER11-16 are Thalassiosira antarctica var. borealis resting spores, Thalassiosira antarctica vegetative cells, Fragilariopsis cylindrus, Thalassiosira nordskioeldii, Bacteriosira bathyomphala, Thalassionema nitzschioides, Rhizosolenia hebetata f. semispina, Thalassiosira bulbosa, Fossula arctica, Thalassiosira oestrupii and Detonula confervacea resting spores (Figure 3). T. antarctica var. borealis resting spores and T. antarctica vegetative cells are the most abundant species in the entire record. The diatom record has been divided into three assemblage zones based on the cluster analysis (Grimm, 1987) (Figure 3).

Zone Ia, 9100–8500 cal. yr BP (173–137.5 cm): T. antarctica var. borealis resting spores and T. antarctica vegetative cells dominate this zone. The warm-water species T. nitzschioides, T. oestrupii and R. hebetata f. semispina are relatively abundant, whereas the percentages of the sea-ice species D. confervacea resting spores, F. arctica, F. cylindrus and T. bulbosa are low with the exception of abundance peaks in the upper part of zone Ia (Figure 3).

T. antarctica var. borealis resting spores is an Arctic neritic taxon found in northern cold-water to temperate regions (Hasle and Syvertsen, 1997; von Quillfeldt, 2000), and it is the main component of the Arctic water diatom assemblage in the North Atlantic (Jiang et al., 2001; Koc Karpuz and Schrader, 1990, Sha et al., 2012).

T. nitzschioides and T. oestrupii are the main species of the warm Atlantic water assemblages in the Nordic seas and around Iceland (Jiang et al., 2001; Koc Karpuz and Schrader, 1990), indicating warm sea-surface conditions influenced both by enhanced Atlantic water inflow and surface-water heating (Sha et al., 2012). Therefore, these species can be used here as a measure for the influence of warm Atlantic water masses.

F. cylindrus is a bipolar planktonic species associated with sea ice (Hasle and Syvertsen, 1997), and is the main component of sea-ice diatom assemblages in the North Atlantic (Jiang et al., 2001; Koc Karpuz and Schrader, 1990). D. confervacea resting spores is regarded as a sea-ice taxon in the Laptev Sea (Bauch and Polyakova, 2000; Polyakova, 2001). T. bulbosa has been found on sea ice or in the water close to the sea-ice edge (Syvertsen and Hasle, 1984), while F. arctica is described as a neritic species connected to sea ice (von Quillfeldt, 1996). These taxa are chief components of the sea-ice diatom assemblage in Køge Bugt, indicating extensive sea-ice cover (Figures 3 and 4h). A short-term sea-ice diatom taxa increase in the upper part of this Zone Ia suggests a period of enhanced sea-ice cover in the study area, taking place around 8200 cal. yr BP.

Zone Ib, 8050–5050 cal. yr BP (137.5–85.5 cm): The diatom assemblage of the zone is very similar to that of Zone Ia and is also dominated by T. antarctica var. borealis resting spores and T. antarctica vegetative cells. It is characterised by a slightly increase in percentage of warm-water species, T. antarctica var. borealis resting spores, Fragilariopsis oceanica and Thalassiosira hysilina, coinciding with a continuous decline or even absence of the sea-ice species D. confervacea resting spores, F. arctica, F. cylindrus and T. bulbosa (Figures 3 and 4h). The similarity between the two zones (Zone Ia and Zone Ib) suggests that
a relatively warm climate conditions with less sea-ice cover prevailed in Køge Bugt during the early Holocene.

Zone II, after 5000 cal. yr BP (85.5−0 cm): In the younger part of the core, *T. antarctica* var. *borealis* resting spores, *T. antarctica* vegetative cells, *T. nordenskioeldii* and *F. cylindrus* become the dominant species. The main feature of this zone is a significant increase in abundance of sea-ice species *D. confervaceae* resting spores, *F. cylindrus*, *F. arctica* and *T. bulbosa*, as well as *B. bathyomphala* and *T. nordenskioeldii* (Figures 3 and 4h), which suggest increasingly colder conditions and extended sea-ice cover. In addition, a gradual decline of the warm-water species *T. nitzschioides* and *T. oestrupii* indicates a weakening of the impact of Atlantic water in Køge Bugt.

An increase in the abundance of sea-ice species together with Arctic water species suggests enhanced EGC and more severe sea-ice conditions than for zone I. Moreover, variability in sea-ice species increases and indicates centennial scale episodes of increased sea ice occurrence.

Reconstruction of summer SSTs. The diatom-based transfer funding reconstruction of summer SSTs from core ER11-16 provides a detailed record of changes in sea surface water conditions in Southeast Greenland during the Holocene (Figure 4f). The summer SSTs varies between c. 0.5°C and 3.8°C, with an average value of 2.6°C, and show a general cooling trend during the past 9100 yr. The prediction error for each fossil sample ranges between 0.47°C and 1.16°C. The SSTs were generally above the mean value before 5000 cal. yr BP, except for a short cold period around 8200 cal. yr BP. A marked decrease in summer SSTs began after 5000 cal. yr BP, with SSTs below the mean value for centennial long lasting periods during the last two millennia of the Holocene.

Reconstruction of April sea-ice concentration. The diatom-based transfer function reconstructed April SICs has a total range between 14% and 75%, with variations of more than 60%, showing significant sea-ice changes in Køge Bugt during the Holocene (Figure 4g). The prediction error ranges between 2.86% and 12.1%. Prior to 7700 cal. yr BP, the April SICs were generally 20–50%, with an average of about 38%. Subsequently, the reconstructed April SICs were reduced abruptly to a relatively stable level (ca. 28%) during the period 7700–5000 cal. yr BP, which suggest a generally mild climate with relatively diminished sea-ice prevailed during the Holocene Thermal Maximum in Southeast Greenland. It should be noted that a short-term increase in sea-ice diatom species around 8200 cal. yr BP is not recorded by increased reconstructed April SICs, because the abundance of these diatom species are influenced not only by the April SIC but also the August SIC (Sha et al., 2014). An interval with high values of April SICs from 5000 cal. yr BP to 3000 cal. yr BP was followed by a stepwise decrease after 3000 cal. yr BP. However, in the last two millenia of the Holocene two distinct maximum in April SICs are recorded. According to the age model these maxima takes place c. 1500 cal. yr BP and during the LIA around 500 cal. yr BP, although it should be noted that there are no 14C dates to confirm this.

Foraminifera

The results of the foraminiferal analysis are presented in detail in Dyke et al. (2017). In accordance with similar studies (e.g.
Andresen et al., 2013a; Dyke et al., 2017; Jennings and Helgadottir, 1994) we here use *Cassidulina neoteretis* as a proxy for subsurface Atlantic Water inflow into the fjords of East Greenland (Figure 4b). The presence of *C. neoteretis* signifies periods when warm, saline Atlantic Water from the Irminger Current reached the seafloor at the core location. Both the percentage and flux data show that the warm water inflow to the trough has varied on Holocene timescales with relatively high and/or warm inflow from the onset of the record around 9000 cal. yr BP until around 4500 cal. yr BP and with a substantial peak in warm water inflow according to flux data between 9000 and 8000 cal. yr BP. After approximately 4500 cal. yr BP the inflow relatively abruptly diminished and remained low for the remainder of the Holocene.

**Iceberg rafted debris**

The content of sand and large clasts (63 µm–2 mm fraction and >2 mm, Figure 5a and b) in core ER11-16 is used as a proxy for iceberg rafting under the assumption that these grains are too large to be carried in suspension within glacial meltwater. Most of the iceberg rafted material likely originates locally from the Køge Bugt glaciers (Dyke et al., 2017) as icebergs from northern regions are unable to enter Køge Bugt due to blocking by islands and shallow bathymetry to the north of the embayment (Sutherland et al., 2014).

The IRD flux of the 63 µm–2 mm fraction was at its highest at the onset of the record in the early-Holocene between 9000 and 8000 cal. yr BP and was relatively low for the remainder of the Holocene, except for multi-centennial episodes in the mid- and late-Holocene with slightly elevated values (Dyke et al., 2017; Figure 5a). Based on the continuous occurrence of IRD in core ER11-16 Dyke et al. (2017) concluded that the glaciers in Køge Bugt were marine-terminating throughout the entire Holocene. This argument is based on the present synchronous behaviour of the glaciers and the assumption that any past retreat of the glaciers onto land would be reflected in the sediment stratigraphy as an interval that is barren of sand and large clasts due to the cessation of iceberg rafting. Instead, only fine sediment suspended in meltwater plume and/or surface run off sediment would be deposited; however, such intervals are not observed in the sediment stratigraphy (Figure 2).

In the present study we compare the 63 µm–2 mm wt% data of Dyke et al. (2017) with our new record of counts of >2 mm grain from the radiographic images and report that these two IRD proxies, sand content and large clasts (Figure 4a and b), in fact does not co-vary. A certain degree of randomness in the grain size
spectra in IRD is expected (Andrews, 2000), however, the sand and clast content in core ER11-16 vary relative to each other on multi-centennial time scales and does not appear to be sporadic. To emphasise episodes with relatively higher proportion of clasts compared with sand, the two proxies were normalised, and the normalised clast data were divided by the normalised sand data (Figure 5c). This reveals a series of multi-centennial long episodes characterised by delivery of clast-enriched iceberg rafted debris to the core site.

Discussion

Early and mid-Holocene (9000–c. 5000 cal. yr BP)

The Greenland Ice Sheet retreated from its Late Glacial Maximum position to the inner-shelf around 15,000 yr BP in Southeast Greenland (Hughes et al., 2012; Mienert et al., 1992), and reached near its modern position between 12,000 and 10,000 yrs BP (Dyke et al., 2014; Hughes et al., 2012). Studies from East Greenland indicate that maximum air temperatures during the Holocene Thermal Maximum occurred around 10,000 yrs BP, when temperatures exceeded those of the 20th Century in response to high boreal summer insolation (Axford et al., 2017; Levy et al., 2014; Lowell et al., 2013; Vinther et al., 2009). Contrastingly, in south and southwest Greenland the Holocene Thermal Maximum was delayed until the mid-Holocene (Axford et al., 2021; Briner et al., 2016; Larocca et al., 2020a, 2020b; Larsen et al., 2011, 2017). This delay was due to large volumes of cold meltwater from the collapsing northern hemisphere ice sheets entering the North Atlantic, causing substantial surface and upper subsurface water cooling in the Labrador Sea region during the early-Holocene (Jennings et al., 2015; Seidenkrantz et al., 2013; Sheldon et al., 2015). In similarity with southeast Greenland, palaeoceanographic records from south of Iceland show that summer SST was relatively warm here from the onset of the Holocene until 8400 cal. yr BP (Berner et al., 2008; Thornalley et al., 2009; Figure 4e, Van Nieuwenhove et al., 2018), while winters were cool (Van Nieuwenhove et al., 2018). These warm summers are also observable in palaeoceanographic data from southeast Greenland with a notable peak in warm subsurface water around 8800 cal. yr BP in both Køge Bugt and Kangerdlussuaq Trough (Figure 4b and d). This suggests that the Holocene Thermal Maximum occurred earlier in southeast Greenland than in south and southwest Greenland.

It has been suggested that the warming south of Iceland at this time was due to a weakening of the Subpolar Gyre due to large volumes of continuous glacial meltwater suppressing deep-water formation in the Labrador Sea (Thornalley et al., 2009). The weakened subpolar gyre would result in increased inflow of salty waters to south of Iceland (Figure 4e). However, other studies suggest that the warming was also a direct impact of increased

Figure 5. IRD ER11-16. (a) IRD clasts (>2 mm) counted manually from X-ray imagery. (b) The weight of the 63 µm–2 mm fraction as a percentage of the total sediment weight (excluding clasts >2 mm). (c) Normalised clast fraction divided by normalised sand fraction in order show episodes of clast enriched IRD. (d) Sea ice and iceberg rafting records (haematite stained quartz) from the North Atlantic Ocean (stacked) and the Denmark Strait (core Vema28-14) (Bond et al., 2001). (e) Diatom inferred April sea-ice concentration from Køge Bugt (ER11-16).
summer solar insolation (Van Nieuwenhove et al., 2018). Modern observations demonstrate that a weakening of the Subpolar Gyre leads to an increase in warm Atlantic subsurface waters on the continental shelf of southeast Greenland (Holland et al., 2008; Straneo and Heimbach, 2013). It is possible that such a mechanism may have resulted in the subsurface ocean warming recorded in our benthic foraminiferal record in Køge Bugt during the Early Holocene. The warming of the subsurface waters, in combination with the high solar insolation, was sufficient to impact on the otherwise cold, fresh surface waters of Køge Bugt as the diatom record demonstrates that this period was characterised by limited sea ice and warmer summer surface temperatures (Figure 4f–h).

The sea ice-indicating diatoms (Figures 3 and 4h) shows a notable increase around 8200 cal. yr BP, suggesting a short episode of increased sea-ice cover interrupting the warm Early Holocene. Similarly, the SST and subsurface records (Andresen et al., 2013b; Jennings et al., 2011) from the Greenland shelf (Figure 4b, d and f) show a minor cooling. This cooling event is likely the expression of the so-called 8.2 ka event, an abrupt global cold interval caused by a reduction in thermohaline circulation. It has been suggested that the collapse in thermohaline circulation was triggered by the catastrophic drainage of glacial Lake Agassiz (Barber et al., 1999) in addition to melt water pulses from a collapsing Laurentide ice sheet (LeGrande and Schmidt, 2008). This cooling may have manifested as intensified sea ice formed locally or exported from the Arctic Ocean with the East Greenland Current.

Keeping in mind that the early Holocene SST warming was likely also caused by high solar insolation on stratified waters, the palaeoceanographic data from Køge Bugt still suggest that glacial meltwater perturbations can cause different responses in the ocean. Both the prolonged SST warming from a weakened Subpolar Gyre taking place generally in the early-Holocene (Thormalley et al., 2009), and the abrupt cooling and sea-ice pulse at around 8200 cal. yr BP are thought to be caused by the influx of glacial meltwater into the ocean. The difference between these events is the rate of freshwater flux to the ocean and this supports the idea of a strong non-linear response of the climate system to freshwater perturbations of thermohaline circulation (Lohmann and Ditlevsen, 2021).

Iceberg rafting in Køge Bugt was relatively high from the onset of our record to 8000 cal. yr BP (Figure 4a), this occurred synchronously with the intrusion of warm Atlantic subsurface waters into the embayment. We suggest that warm oceanic conditions in this interval destabilised the glaciers in Køge Bugt, resulting in both increased iceberg production and rapid melt-out of IRD at the core site.

The marked intrusion of warm Atlantic-sourced subsurface water on the southeast Greenland shelf lasted until c. 4500 (Figure 4b, d and f). This was accompanied by reduced occurrence of sea ice through this interval (Figure 4g). Warm oceanic conditions and relatively limited sea ice reflect the continuation of warm Holocene Thermal Optimum conditions in the Denmark Strait region (Andresen and Bjorck, 2005; Jennings et al., 2002). However, despite the influx of warm subsurface water, iceberg rafting in Køge Bugt during the Mid-Holocene was markedly lower in comparison with prior to 7800 cal. yr BP (Figure 4a). Data from the DYE ice core located in Southeast Greenland spanning the last 8000 years indicates that the surface of the Greenland Ice Sheet was lowering in response to Holocene climatic and oceanic conditions and did not stabilise close to present-day elevations before 6000 yr BP (Lecavalier et al., 2013). Given the sharp lowering trend from 8000 to 6000 yr BP, and the longer-term adjustment of the Greenland Ice Sheet from a glacial to interglacial configuration, most likely the ice sheet was thinning even faster before 8000 yr BP. Consequently, the decrease in iceberg rafting in Køge Bugt from 7800 cal. yr BP onwards (Figure 4a) likely reflects the start of this transition from rapid thinning and high iceberg production rates to a gradual stabilisation of the Greenland Ice Sheet.

Based on the continuous iceberg rafting seen in core ER11-16, the glaciers draining into Køge Bugt did not retreat onto land at any point during the last 9100 years despite the prolonged warm summers during the Holocene Thermal Maximum (Dyke et al., 2017). Even minor retreats, of a few kilometres at Køge Bugt, Pamiatik, and Havhestens Bugt glaciers compared to their present position would have resulted in the glaciers reaching a land-based configuration. Dyke et al. (2017) suggested that the unique physical setting of the glaciers was responsible for their continued marine-termination during warm climate and oceanic conditions; the glaciers in Køge Bugt lie on mountainous topography and ice flows into the sea over a relatively steeply-sloping bed. This configuration is inherently stable and allows glaciers to adjust to climatic and oceanic forcing without large retreat events (Robel et al., 2018; Schoof, 2007).

**A mid-Holocene climate deterioration (c. 5000 cal. yr BP)**

The environmental conditions between 5500 and 4500 cal. yr BP (Figure 4) indicate that this made out the final stage of the Holocene Thermal Maximum in the region. At this time, the higher-than-present summer solar insolation still warmed the surface waters and warm Atlantic-sourced subsurface waters still penetrated onto the continental shelf of southeast Greenland. Similar warm surface waters are also seen in the Labrador Sea (Moros et al., 2006; Sha et al., 2014). However, during the final warm stage of the Holocene Thermal Maximum, the sea-ice cover, as indicated by the diatoms, began to increase around 5500 cal. yr BP (Figure 4g and h). This is synchronous with an increase in the strength of the East Greenland Current (EGC) (Jennings et al., 2002; Perner et al., 2015) and enhanced advection of sea ice through Fram Strait caused by full postglacial flooding of the continental shelves fringing the Arctic Ocean (Bauch et al., 2001). Meanwhile warm Atlantic subsurface waters still reached far north along the coast of West Greenland (Erbs-Hansen et al., 2013; Hansen et al., 2020). Cooling in the Mid- to Late-Holocene was driven by decreased boreal summer insolation (Berger and Loutre, 1991). At the same time iceberg rafting in Køge Bugt increased, and a similar increase in iceberg rafting is also observed in marine cores from further north in East Greenland during this interval (Andrews et al., 1997; Jennings et al., 2002). The increase in iceberg rafting in East Greenland has been attributed to an advance of glaciers from land into the ocean and the onset of iceberg production (Andrews et al., 1997; Jennings et al., 2002). However, as discussed above, the glaciers in Køge Bugt remained in marine terminating settings throughout the Holocene Thermal Maximum (Dyke et al., 2017) and, thus, likely the increase in iceberg rafting in Køge Bugt after 5000 cal. yr BP was caused by the general cooling of Northern Hemisphere climate and a corresponding reduction in ocean surface temperatures. This resulted in reduced iceberg melt rates in Køge Bugt and increased the retention of debris within icebergs before passing over the core site. This scenario is in accordance with Jennings et al. (2002), who suggested that observations of episodic increases in iceberg rafting on the East Greenland shelf in the Late-Holocene were responses to episodic cooling of the surface waters, allowing icebergs to retain their debris for a longer time.

After 4500 cal. yr BP, the subsurface inflow of warm Atlantic Water to the continental shelf of southeast Greenland shelf generally decreased (Figure 4a–c). However, the Subpolar Gyre may still have experienced multi-centennial long-lasting weakening episodes (Thormalley et al., 2009), with contracted episodes of the same magnitude as those in the Early Holocene (Figure 4e). The decrease of warm subsurface inflow to the Greenland shelf after
4500 cal. yr BP was therefore likely due to the intensification of the EGC (Andresen and Bjorck, 2005; Jennings et al., 2002) that led to a thickening of the cold surface water layer and suppressed the inflow of warm Ilmingen Current waters below this.

Oceanic conditions in southeast Greenland deteriorated further after 2000 cal. yr BP and the diatom flora shows that the transport of polar water with the EGC intensified and became more persistent. This period included two marked peaks in sea-ice cover, which may have occurred concurrently with episodes of cooler, ice-bearing surface waters penetrating into southerly regions of the North Atlantic around 1500 and 500 cal. yr BP (Figure 5d and e, Bond et al., 2001). This intensification of the EGC was also observed further north in coastal areas of East Greenland (Funder et al., 2011; Perner et al., 2015). The harsher climate after 2000 cal. yr BP was accompanied by a decrease in iceberg rafting and we propose that the intensification of the EGC prevented icebergs from translocating the core site and/or that the cold ocean surface conditions stabilised the glacier and decreased iceberg production.

The interpretations of multi-centennial changes to the iceberg flux presented in this study implies that increased iceberg rafting at a certain geographic location may happen both in response to (i) colder periods with glacial advance and/or better retention of debris in icebergs (as observed after 5000 cal. yr BP) and (ii) warmer periods with increased glacier mass loss and iceberg production and/or no sea ice present to trap icebergs (as observed around 9000–8000 cal. yr BP). This apparent contradiction is also mentioned in other IRD studies (Andrews, 2000; Eklom Johansson et al., 2020; Funder et al., 1998; McManus et al., 1999), which highlights the complexities associated with interpretation of IRD records. For instance, increased air and ocean temperatures can promote faster iceberg disintegration (Davison et al., 2020; Enderlin et al., 2018; Sciascia et al., 2013). Consequently, climate warming can result in decreased retention of IRD within an iceberg as it transits across the continental shelf to the core site. Similarly, periods with colder surface water conditions may preserve icebergs for longer (Dokken and Jansen, 1999; Fronval et al., 1995), eventually spreading IRD over larger regions (Andrews et al., 2014). However, if climatic conditions become too cold then this effect may be reversed; densely packed sea ice can trap icebergs close to glacier fronts, preventing the delivery of IRD to sites further out on the continental shelf (Mugford and Dowdeswell, 2010; Smith and Andrews, 2000; Syvitski and Shaw, 1995). Moreover, changes in climate may affect bedrock erosion by a glacier, which, in turn, affects the debris load of icebergs. Surface meltwater is known to enhance bedrock erosion beneath the margins of the Greenland Ice Sheet (Alley et al., 1997; Cowton et al., 2012; Swift et al., 2002). Consequently, climate induced changes in the production of glacier meltwater may also alter the IRD content in icebergs, however, the exact mechanisms involved in the erosion of bedrock beneath ice sheets are still debated (Jaeger and Koppes, 2015). Altogether these studies highlight, that IRD records should be interpreted cautiously, in the context of oceanographic and climate changes and, if possible, be ‘ground-truthed’ by comparison with land based observations of glacier changes (Andrews, 2000; Clark and Pisias, 2000; Cofaigh and Dowdeswell, 2001; Syvitski and Shaw, 1995).

Multi-centennial variability in the grain size composition of IRD

Interestingly, despite the unconstrained age model after 6000 cal. yr BP and thus the resultant significant age model uncertainties, we find that multi-centennial episodes of clast-enriched IRD are seemingly synchronous with episodes of more frequent northerly winds and advection of cooler, ice-bearing surface waters in the larger Denmark Strait area; the so-called ‘Bond events’ (Bond et al., 2001; Figure 5d) and which are regional-scale cooling episodes, that has been linked with solar minima (Bond et al., 2001). A Pearson correlation coefficient was calculated after having interpolated the data from Bond et al. (2001) so that the data points in the two records have the same age and both records were linearly detrended. R values $\geq 0.354$ (with $n=2$–83) are statistically significant at the 99.9% level of confidence, implying that a Pearson correlation coefficient of 0.36 between the two datasets shows a synchronous variability at the centennial timescale.

Several scenarios can explain how multi-centennial regional cold periods result in enrichment of clasts in the IRD at the core location in Æde Bugt. Given the lack of field observations to assess the processes influencing debris composition, incorporation, and loss from icebergs (Mugford and Dowdeswell 2010) the possible mechanisms we outline are only tentative explanations, however, we highlight the importance of reporting such findings in case of similar future observations.

We propose that changes in the grain size spectrum in core ER11-16 (Figure 5c) reflect that the IRD is contributed by icebergs derived from two glaciers, Æde Bugt Glacier and Havhestens Bugt Glacier (noting that the contribution of icebergs from Pamiagluk Glacier is considered insignificant). We suggest that one of these two glaciers contains a higher proportion of coarse clasts within its IRD, than the other glacier, and that the contribution of IRD to the core site from this glacier changes in pace with regional climatic changes. The two glaciers have slightly different physical settings (Figure 1). This may explain their different contributions to IRD at the core site. Icebergs from Æde Bugt Glacier can drift freely over the core site as local sea ice melts during the summer. Icebergs originating from Havhestens Bugt Glacier have a more complex pathway to the core site. The glacier calves into an enclosed bay; this topographic protection allows fast sea ice to persist longer here, hindering the transit of icebergs away from the glacier front. During colder episodes, the IRD contribution to the core site from Havhestens Glaciers may either decrease as icebergs become trapped in the bay and IRD melts out locally, or it may increase as the colder climate preserves icebergs and their IRD allowing transit of more debris to the core site.

By reporting these observations of changes in the IRD grain size spectrum and some plausible suggestions to explain them, we hope that future studies will explore the same approach. Maybe changes in the partitioning between clasts and sand in marine sediment cores from other sites near former or current ice sheets also varies in pace with climate change and can be used to discern between various sources. If so, this could hold the key to a better understanding of glacier and ice sheet change over a wide range of time scales.

Conclusions

A sediment-core based palaeoceanographic reconstruction from a marine embayment in Southeast Greenland has been combined with a reconstruction of sediment rafting from icebergs calved off nearby large outlet glaciers. Our analysis shows that IRD changes should be interpreted in the context of longer-term climate changes and grain size distribution, before assigning variability solely to glaciological changes. The palaeoceanographic reconstruction show that the record of inflow of subsurface Atlantic Water into Æde Bugt, likely primarily from the Ilmingen Current, compares well with more northerly records from the Southeast Greenland shelf (Jennings et al., 2011) and the wider Ilmingen Sea region (Andresen et al. 2004, 2005, 2006, 2007) and show warm conditions during the Early Holocene and the Holocene Thermal Maximum. At the same time sea-ice cover was relatively low except for a short-lived peak around 8200 years ago, and altogether this reflects the high summer solar
insulaion of the Early Holocene. Exceptionally warm IC inflow between 9000 and 7800 cal. yr BP, as also observed elsewhere in the Irminger Sea (e.g. Van Nieuwenhove et al., 2018), was likely related to the combined effect of the high summer solar insolation and an overall weakening of the Subpolar Gyre due to decreased thermohaline circulation (Thorarilley et al., 2009; Van Nieuwenhove et al., 2018). The high solar insolation and influx of warm subsurface water caused intensified melting of the Greenland Ice Sheet (e.g. Van Nieuwenhove et al., 2018) and indeed our Southeast Greenland record shows the highest iceberg rafting at this time. During the Holocene Thermal Maximum, the Greenland ice sheet had eventually lowered from its Glacial elevated position to its current at c. 6000 cal. yr BP, and we suggest that this is the cause of a relatively low iceberg production and IRD flux during this time.

After c. 5000–4500 cal. yr BP, subsurface inflow of warm Atlantic-sourced water to the Southeast Greenland shelf decreased and we propose that this was due to the concurrent intensification of transport of Polar Water with the East Greenland Current (EGC), driven by a decrease in northern hemisphere insolation. This intensification of Polar Water transport may have resulted in a thickening of the EGC and thus suppression of the Irminger Current inflow. The colder surface ocean conditions allowed icebergs to retain their debris for a longer time explaining the observed increased iceberg rafting. Contrary, after 2000 cal. yr BP iceberg rafting decreased in response to concurrent further intensification of the EGC, which prevented icebergs from transecting the core site and/or increased mass balance of the glacier and decreased iceberg production.

Finally, we report multi-centennial episodes of clast-enriched IRD that are synchronous with episodes of colder climate in the larger Denmark Strait area (Bond et al., 2001) and propose this may reflect different setting of the two glaciers.

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