Surgical extraction of mandibular third molar in pterygomandibular space: a case report

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Impacted mandibular third molars are located between the second mandibular molar and mandibular ramus. However, ectopic mandibular third molars with heterotopic positions are reported in the subcondylar or pterygomandibular space. The usual cause of malposition is a cyst or tumor, and malposition without a pathology is rare. This case report described an impacted mandibular third molar in the pterygoid space without any associated pathology.

Key words: Third molar, Pterygomandibular space

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I. Introduction

The surgical extraction of an impacted mandibular third molar is one of the most common procedures performed by oral and maxillofacial surgeons. Most mandibular third molars are impacted in the mandibular ramus area near the second molar, and the level of difficulty of extraction is classified according to the degree of impaction, position in the mandibular ramus, and angulation of the long axis of teeth. Usually, a third molar impacted far away from its original site is affected by a cyst or a tumor. Only a few cases of ectopic mandibular third molar in the region of pterygomandibular space without association of cystic lesion—such as odontogenic keratocyst and dentigerous cyst—have been reported.¹,²

We report a case of mandibular third molar located in the pterygoid space that seems to have been displaced by neither cyst nor tumor.

II. Case Report

A 46-year-old male patient visited the Department of Oral and Maxillofacial Surgery, Seoul National University Dental Hospital, complaining of swelling and pain in the right preauricular region. He was previously told by a general dentist at a local clinic that he had a malposed tooth in the right mandible and was advised not to have the tooth extracted until symptoms appear. A panoramic radiograph showed a third molar located high in the ascending ramus of the right mandible. (Fig. 1) To identify the exact location of the tooth, computed tomography (CT) was taken, showing the third molar in the pterygoid space associated with a radiolucent lesion. (Fig. 2) The radiolucent lesion was evaluated as cystic lesion such as odontogenic keratocyst or dentigerous cyst or secondary inflammation accompanied by soft tissue involvement.

The surgery was performed under general anesthesia via the intraoral approach. An incision was made over the right external oblique ridge and extended from the second molar to the posterospheroid mandibular ascending ramus. Subperiosteal dissection was done superiorly, exposing the anterior border of the ramus from the retromolar area almost to the tip of the coronoid process. Medial subperiosteal dissection proceeded posteriorly, exposing the lingula and inferior alveolar neurovascular bundle up to the condyle neck. Osteotomy was
performed with a round bur on the medial side of the mandible. The tooth was exposed and carefully removed. (Fig. 3) The tooth was easily removed from the area between the lingula and the sigmoid notch. The postoperative panoramic radiograph showed the removal of ectopic mandibular third molar. (Fig. 4) Sharp areas were smoothened, with the site curedt and cleaned with sterile saline solution. The surgical site was primarily sutured, with 4/0 vicryl applied. The postoperative wound healing was uneventful, with no nerve damage symptom. A small follicular space enveloping the crown of the tooth was also identified, suggesting inflamed granulation tissue. (Fig. 5) A connection to the periodontal space of the mandibular second molar was detected. In view of the sclerotic change of the underlying mandible (Fig. 2) and dental caries (Fig. 3B), we assume that there had been prolonged communication with the oral cavity. This ultimately led to the infectious process.

III. Discussion

Several studies have reported ectopic mandibular third molar in the mandibular ramus, mandibular condyle, and coronoid process. The true incidence and etiology of ectopic mandibular third molar remain unknown. An aberrant eruption pattern has been suggested to occur when the tooth has been displaced by a lesion, usually an odontogenic cyst. Dentigerous cyst is the most common benign lesion related to
Surgical extraction is mostly performed by an intra-oral approach. Extra-oral approach is done in extremely displaced impacted tooth cases. When teeth are located near the mandibular condyle, the preauricular approach can be used. The approach has the advantage of good exposure of the surgical site but may result in complications such as extraoral scar, damage to temporomandibular joint, and facial nerve injury. The intraoral approach may avoid these problems, but access to and view of the severely displaced tooth may be limited; thus making the surgery difficult. In this case, the impacted tooth was located on the lingual side of the pterygomandibular space, and the surgery was performed using the intraoral approach. During the surgery, the inferior alveolar nerve should be protected. Moreover, excessive grinding of the coronoid process or mandibular condyle should not be done to prevent fracture.

Nowadays, most third molar extractions are performed when the patients are in their twenties, so the dislocation becomes rarer. Moreover, there may be patients with ectopic tooth without clinical symptoms, not knowing that they have a dislocated tooth. Therefore, annual panoramic radiograph taking from childhood is recommended for the early detection of ectopic third molar and its pathologic changes such as cyst formation and infection. Impacted teeth diagnosed upon routine radiographic examination—and which are not associated with any pathology—usually do not require treatment, but they should be removed to prevent cyst formation, infection, and weakening of the bone predisposing to fracture. The surgical extraction of the ectopic third molar should be carefully planned and performed to minimize complications induced by surgery.
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