Thermomechanical Analysis of the Singular Behavior of Rubber: Entropic Elasticity, Reinforcement by Fillers, Strain-Induced Crystallization and the Mullins Effect

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Abstract This paper deals with the calorimetric effects accompanying the deformation of rubbers. For this purpose, temperature variations are measured during the mechanical tests by means of infrared thermography. The heat sources produced or absorbed by the material due to deformation processes are deduced from the temperature variations by using the heat diffusion equation. The calorimetric signatures of the most important effects in rubber deformation, i.e. entropic elasticity, reinforcement by fillers, strain-induced crystallization and the Mullins effect, have been characterized. These results bring information of importance for the understanding and the modeling of physical phenomena involved in the rubber deformation.

Keywords Rubber · Thermomechanical analysis · Quantitative calorimetry · Fillers effect · Strain-induced crystallization · Mullins effect

Introduction

The first studies dealing with thermomechanical properties of rubber date from the end of the 19th century, the pioneer investigations being those conducted by Gough [1] and Joule [2]. They showed that rubber behaves mainly as an entropic elastic material. An entropic elastic material is a material for which the retractive force is purely determined by changes in entropy and the internal energy does not change with deformation at all [3]. The elasticity of real rubber can also be affected by a change in the internal energy similarly to energetic materials such as metals, glasses or ceramics. This effect is visible at the lowest strains, for which the amplitude of the entropic coupling is small. Subsequently, studies were dedicated more to the mechanical response, and the thermal aspects of the deformation of rubber were not really explored experimentally. The first studies investigating the mechanical properties of rubber date from the beginning of the 20th century. A major result was the observation by Bouasse and Carrière [4] of stress softening during the first mechanical cycles. This phenomenon was studied more precisely by Holt [5] and Mullins [6] and was then referred to as the “Mullins effect”. Since these first studies, numerous other physical phenomena involved in the deformation of rubber have been highlighted, among them viscosity induced by fillers and strain-induced crystallization. Nevertheless, these phenomena are still not clearly understood, and purely mechanical studies have reached their limits in this field.

Most of these phenomena depend on temperature and have distinguishable thermal and calorimetric signatures. This is the reason why a thermomechanical analysis of rubber deformation should improve our knowledge of the mechanisms involved in rubber deformation, including entropic elasticity, reinforcement by fillers, strain-induced crystallization and stress softening. Among the possibilities available to measure temperature variations during material deformation, infrared...
thermography appears to be a more and more interesting approach. It provides surface measurements without any contact with the specimen under study. This technique has been widely applied to metals, polymers and composite materials (see for instance [7, 8]), but rarely to elastomeric materials [9–14]. This is mainly due to difficulties in extending the measurement to the large deformations undergone by rubber [15].

The present paper aims first at presenting how infrared thermography and heat source calculation can be carried out in the case of the large deformations undergone by rubbers. Second, the paper deals with the thermomechanical analysis of the physical phenomena involved in rubber deformation. In order to decouple the various phenomena, several chemical compositions of rubber were used. One of the main issues is therefore to link the physical phenomena, which occur at the microscopic scale, to the corresponding calorimetric variation measured at the macroscopic scale.

The next section, “Heat source calculation from the temperature measurement”, presents an approach, which enables us to calculate heat sources from the measured temperature variations. More particularly, it focuses on the simplification of the heat diffusion equation. The following section, “Experimental set-up”, presents the materials used, temperature measurement and loading conditions. The “Results and analysis” section presents the results obtained by decoupling the effects of entropic elasticity, strain induced crystallization, fillers and stress softening on the calorimetric response.

Heat Source Calculation from the Temperature Measurement

The heat sources produced or absorbed by the material itself were studied within the framework of the thermodynamics of irreversible processes. In this paper, ‘heat source’ is used to designate the heat power density (in W/m³) that is produced or absorbed by the material. Note that ‘heat source’ and ‘heat’ must be distinguished: heat (in J/m³) is the temporal integration of heat source. The temperature fields were measured at the surface of a flat specimen using an infrared (IR) camera. As the tests performed were assumed to be homogeneous in terms of strain and stress, and as rubbers have a very low thermal diffusivity, the temperature fields were nearly homogeneous. Therefore the 3D heat diffusion equation can be reduced to a “0D” formulation as shown in [16]. Assuming that the heat exchanges are proportional to the temperature difference with the outside environment, the heat diffusion equation in the Lagrangian description can be written:

\[ \rho C_{E,V_k} \left( \frac{\partial \theta}{\partial t} + \frac{\theta}{\tau} \right) = S_h \]  

with

\[ S_h = D_1 + S_{TMC} \]  

where:

- \( S_h \) is the heat source produced or absorbed by the material due to stretching;
- \( S_{TMC} \) is the heat source due to thermomechanical couplings. It contains the thermoelastic coupling term, mainly composed of so-called entropic coupling. It will be demonstrated in the sequel that strain-induced crystallization also contributes to \( S_{TMC} \);
- \( D_1 \) is the mechanical dissipation (always positive). It is related to any irreversible mechanical phenomenon, such as viscosity for example;
- \( \rho \) and \( C_{E,V_k} \) are the density and specific heat at constant strain \( E \) and internal state variables \( V_k \), respectively;
- \( \theta \) is the temperature variation from the initial temperature (here considered in the unstretched state at the beginning of the test). In this equation, \( \tau \) is a characteristic time that accounts for the heat exchange with the outside environment. In practice, it can be experimentally determined by identification from a natural return to ambient temperature. The specimen is stretched at a given strain, and then homogeneously heated. During the return to ambient temperature, the heat source is equal to zero. Consequently, the only unknown in Equation 1 is the characteristic time \( \tau : \theta + \frac{\theta}{\tau} = 0 \) leading to

\[ \theta(t) = \theta_0 e^{-\frac{t}{\tau}} \]  

where \( \theta_0 \) is the temperature change at \( t=0 \) s. By comparing with the experimental variations, the quantity \( \tau \) can be identified. This is done for different values of stretch ratio \( \lambda \), which is defined as the ratio between the current and initial lengths in the considered direction. For the present experiments, the characteristic time \( \tau \) was measured as an affine function of the stretch ratio \( \lambda \).

Lastly, the heat source \( S_h \) is divided by the product \( \rho C_{E,V_k} \), leading to a quantity \( S \) in °C/s:

\[ S = \frac{S_h}{\rho C_{E,V_k}} = \frac{\theta}{\tau} + \frac{\theta}{\tau} \]  

In the following, the ratio \( S/\rho C_{E,V_k} \) will be named “heat source \( S \)” for the sake of simplicity. This equation will be used to calculate the heat source \( S \) from the temperature variation \( \theta \).
Experimental Setup

Material and Specimen Geometry

In order to highlight the calorimetric signature of the numerous phenomena involved in the deformation of rubber, i.e. entropic elasticity, strain-induced crystallization and crystallite melting, viscosity and stress softening, non-crystallizable styrene-butadiene rubber (SBR) and crystallizable natural rubber (NR) were used, with different filler amounts. SBR was filled with two different amounts of carbon black, 5 and 50 phr (parts per hundred of rubber in weight). They are respectively denoted SBR5 and SBR50 in the following. It should be noted that fillers in SBR5 are used to improve processing; they have no significant effect on material stiffness. NR was unfilled (NR0) and filled with 50 phr of carbon black (NR50). Their chemical compositions are given in Table 1. The degree of cross-linking is $6.5 \times 10^{-5}$ $\text{mol.cm}^{-3}$ for NR0, NR50 and SBR5 and $8.3 \times 10^{-5}$ $\text{mol.cm}^{-3}$ for SBR50. NR considered here is a cis-1,4-polyisoprene that is able to crystallize under strain. This is classically explained by the high regularity of the macromolecular structure, mainly composed of chains in the cis-configuration. Under tension and from a characteristic stretch ratio, crystallites form in the material. When the tension is removed, crystallites melt. The stretch ratio at which melting is complete is inferior to that at which crystallization starts. This is a consequence of the supercooling (difference between melting and crystallization temperatures) [9]. In case of the present NR formulations, the characteristic stretch ratios at which crystallization and crystallite melting occur are denoted by $\lambda_c$ and $\lambda_m$ respectively, and are close to 4 and 3 for NR0 and close to 1.8 and 1.6 for NR50. The specimen geometry is presented in Fig. 1. This was a thin dumbbell-shaped specimen, whose width, height and thickness were equal to 5 mm, 10 mm and 1.4 mm respectively. It can be noted that the width was chosen to ensure the homogeneity of the mechanical fields during uniaxial tensile tests, i.e. a uniaxial tension state.

### Table 1 Chemical composition of the four compounds

| Ingredient            | NR0 | NR50 | SBR5 | SBR50 |
|-----------------------|-----|------|------|-------|
| NR                    | 100 | 100  | 100  | 100   |
| Carbon black fillers (N347) | 0   | 50   | 5    | 50    |
| Antioxidant 6PPD      | 1.9 | 1.9  | 1.9  | 1.9   |
| Stearic acid          | 2   | 2    | 2    | 2     |
| Zinc oxide ZnO        | 2.5 | 2.5  | 2.5  | 2.5   |
| Accelerator CBS       | 1.6 | 1.6  | 1.6  | 1.6   |
| Sulfur solution 2H     | 1.6 | 1.6  | 1.6  | 1.6   |

![Fig. 1 Specimen geometry: (a) front view; (b) side view](image-url)

Loading Conditions

The mechanical loading corresponded to cyclic uniaxial tensile loading. It was applied under prescribed displacement using an INSTRON 5543 testing machine. The signal shape was triangular in order to ensure a constant strain rate during loading and unloading. The loading rate and the nominal strain rate were equal to ±300 mm/min and ±0.5 s$^{-1}$, respectively. The test corresponded to series of uniaxial mechanical cycles at four different maximum stretch ratios. The number of cycles was chosen in such a way that the mechanical response was stabilized. It was equal to 3 for SBR5, SBR50, NR0 and 5 for NR50. The following maximum stretch ratios were chosen for each material tested:

(i) For the SBR5, the four maximum stretch ratios were $\lambda_1=2$, $\lambda_2=3$, $\lambda_3=3.5$ and $\lambda_4=4$;
(ii) For the SBR50, the four maximum stretch ratios were $\lambda_1=2$, $\lambda_2=3$, $\lambda_3=4$ and $\lambda_4=4.5$;
(iii) For the NR0, the four maximum stretch ratios were $\lambda_1=2$, $\lambda_2=5$, $\lambda_3=6$ and $\lambda_4=7.5$;
(iv) For the NR50, the four maximum stretch ratios were $\lambda_1=1.4$, $\lambda_2=2$, $\lambda_3=4$ and $\lambda_4=6$.

The $\lambda_i$ were chosen different from one formulation to another. First, this is due to the fact that the stretches at failure were different (4.2 for SBR5 and 4.8 for SBR50, 7.9 for NR0 and 6.3 for NR50). Second, in NR0 and NR50, one stretch ratio is chosen inferior to that at which crystallization begins (about 4 for NR0 and about 1.6 for NR50).

Full Temperature Field Measurement

Temperature field measurements were performed using a Cedip Jade III-MWIR infrared camera, which features a local plane array of $320 \times 240$ pixels and detectors with a wavelength range of 3.5-5 $\mu$m. Integration time was equal to...
1,500 μs. The acquisition frequency \( f_a \) was 147 Hz. The thermal resolution, namely the noise-equivalent temperature difference, was equal to 0.02 °C for a temperature range of 5 – 40 °C. The calibration of the camera detectors was performed with a black body using a Non-Uniformity Correction (NUC) procedure. During the measurements, the external heat sources were reduced by using a black box surrounding the specimen, featuring a small window for the IR camera to be able to observe the gauge zone of the specimen. The thermal quantity considered in the present study was the mean temperature variation of a small zone at the centre of the specimen. This quantity was obtained by subtracting the initial temperature from the current one, after applying a suitable movement compensation technique used to track this small zone during the test. Moreover, the moving surface effects have been corrected by applying this methodology described in [10].

**Results and Analysis**

First, the mechanical responses of the four compounds during cyclic tests are presented and discussed. Second, the response in terms of heat source is given for each compound. Third, the calorimetric signature of the deformation of the compounds is more precisely detailed to investigate successively heat sources due to entropic elasticity (SBR5), strain-induced crystallization, fillers and the Mullins effect.

**Mechanical and Thermal Responses**

The mechanical response of NR0, NR50, SBR5 and SBR50 is given in Fig. 2(a), (b), (c) and (d), respectively. These figures present the nominal stress, defined as the force per initial surface ratio, versus the stretch ratio. Several comments can be made:

(i) NR0 and SBR5 did not exhibit significant stress softening, i.e. mechanical cycles had no effect on the mechanical response (see Fig. 2(a) for NR0 and 2(c) for SBR5). This is classically observed in unfilled or barely-filled rubbers;

(ii) No significant permanent strain was observed in NR0;

(iii) In SBR5, no significant hysteresis loop was observed, but the residual strain reached 15 %. This can be explained by the presence of fillers, even in small amounts;

(iv) In NR0, no hysteresis loop was observed when the maximum stretch ratio did not significantly exceed that at which crystallization starts (about 4 for this formulation); for higher maximum stretch ratios, a significant hysteresis loop was observed. It is now clearly established that this phenomenon is due to the difference

![Fig. 2](image_url)
in the kinetics of crystallization and crystallite melting [9, 17];

(v) When fillers were added to the compounds, a hysteresis loop was observed in SBR50 (see Fig. 2(d)). Moreover, the permanent strain increased. The mechanical response of NR50 also exhibited a larger hysteresis loop (occurring for stretch ratios lower than for NR0) and larger residual strains.

The thermal responses obtained during the tests are illustrated in Fig. 3 for SBR50. This figure shows that an increase (decrease) in the stretch ratio led to an increase (decrease) in the temperature of the material. For the first maximum stretch ratio applied (Fig. 3(a)), the temperature of the material at the end of a cycle was superior to that at its beginning, leading to the heat build-up of the material. For the second maximum stretch ratio applied (Fig. 3(b)), the temperature during unloading was superior to that during loading, and the temperature evolution is then stabilized during the following two cycles. This clearly indicates that the test conditions are not adiabatic and that the heat build-up is compensated by heat exchanges with the specimen outside. For the last two maximum stretch ratios applied (Fig. 3(c) and (d)), the temperature at the end of the first cycle was superior to that at the beginning. This is due to the fact that the maximum stretch ratio applied was superior to that applied at the previous cycle. For the last two cycles, the temperature at the beginning of the cycle is superior to that at the end, due to the fact that the increase of the mean temperature of the material is counterbalanced by the heat exchange with the specimen outside. It should be noted that the temperatures at the end of the last cycles at maximum stretch ratio applied equal to 3, 4 and 4.5 were close. This means that the temperature variation could be considered as stabilized from the third cycle.

As shown with this example, the temperature variation is influenced by heat exchanges, which complicates the analysis, and it is not possible to distinguish the effects of entropic elasticity, viscosity and stress softening. This is the reason why heat source is more suitable than temperature to analyze the thermomechanical response of rubber.

Calorimetric Responses

Figure 4 presents the calorimetric response obtained for each compound during cyclic tests. These figures, which present the heat sources in °C/s versus time, allow us to present successively the different phenomena that affect the calorimetric responses. They are more precisely investigated in the following sections. Several results are highlighted by these figures:

(i) For all the compounds, an increase in the stretch ratio induces an increase in the heat source. This is a
consequence of the entropic elasticity of rubber. This is more precisely investigated with SBR5 in the next section, “Heat sources due to entropic elasticity”. It can be noted that, at the lowest stretch ratios, a thermoelastic inversion was observed. This is not addressed in this paper, but the reader can refer to [10] for further information on the effect of this phenomenon on the heat sources.

In NR, when the stretch ratio at which crystallization begins was exceeded (about 4.2 for NR0 and 1.6 for NR50), a high increase in the heat source was observed. This is investigated in the “Heat sources due to strain-induced crystallization and crystallite melting” section.

(ii) In filled NR, the stabilized heat source is close to the maximum heat source obtained in unfilled NR at a given maximum stretch ratio, which was not true for SBR. Indeed, at $\lambda=4$, the heat source in SBR50 was approximately 4 times that in SBR5. This is addressed in detail in the section “Heat sources due to filler effect”.

(iii) In NR0 and SBR5, the calorimetric response did not depend on the number of cycles at a given maximum stretch. When fillers were added to the compounds, the first mechanical cycle at a given maximum stretch ratio led to a higher maximum heat source, but the same minimum heat source as for the other cycles. Moreover, the stabilization of the calorimetric response occurred at the third cycle in SBR50 and at the fifth cycle in NR50. This has a strong similarity with the stress softening phenomenon, and is more precisely investigated in the section “The calorimetric signature of the Mullins effect”.

Heat Sources due to Entropic Elasticity

In order to discuss the calorimetric response due to entropic elasticity only, SBR5 was chosen. Indeed, SBR5 did not exhibit any viscosity or stress softening and was not subjected to strain-induced crystallization. It can be noted that NR0 could also have been chosen for this discussion, but for maximum stretch ratios inferior to $\lambda_c$. Figure 5 presents the heat source versus the stretch ratio obtained for the first (stabilized) cycle for each maximum stretch ratio applied: 2, 3, 3.5 and 4 in Fig. 5(a), (b), (c) and (d), respectively. It can be noted that the residual strain induced buckling and that the surface to be observed did not remain flat in that case. Consequently, the temperature measurement is incorrect close to zero strain. This is the reason why in these figures and the following ones there is a grey zone indicating the range of stretch ratios for which the heat source assessments were not valid.

As shown in these figures, heat source variations during loading and unloading were the same in absolute value
whatever the maximum stretch ratio applied (in these figures, the light continuous lines correspond to the absolute value of the heat source during unloading). This means that no dissipation occurs during the mechanical cycles, which is in good agreement with the fact that no significant mechanical hysteresis was observed.

Heat Sources due to Strain-Induced Crystallization and Crystallite Melting

The effects of strain-induced crystallization and crystallite melting were studied with NR0. This compound exhibited neither a hysteresis loop due to viscosity nor stress softening. Therefore the singularities in the calorimetric response can only be due to strain-induced crystallization and crystallite melting. As previously explained, four series of three uniaxial mechanical cycles were applied with four increasing maximum stretch ratios, series #1 with $\lambda_1=2$, series #2 with $\lambda_2=5$, series #3 with $\lambda_3=6$ and series #4 with $\lambda_4=7.5$. Figure 6 (left) presents the heat source versus the stretch ratio during the test. The first series of cycles, for stretch ratios superior to $\lambda_c$, are presented in the diagrams on the right-hand side. When the maximum stretch ratio was inferior to $\lambda_c$, the heat source evolutions for loading and unloading were symmetrical. This means that no mechanical dissipation occurred. For series with a maximum stretch ratio equal to 5, the heat source evolutions were not symmetrical. During loading, the heat source evolves in a quasi-linear manner until reaching a stretch ratio close to 4. The only change in the microstructure in NR is the strain-induced crystallization. It starts at a stretch ratio of approximately 4. Consequently, the only phenomenon that changes the temperature at stretch ratio inferior to 4 is the thermoelasticity. As the heat source increased quasi-linearly during loading and decreased during unloading, the heat source evolution is mainly due to entropic thermoelasticity. Let us recall that a heat source evolution due to energetic thermoelasticity at constant strain rate does not depend on the stretch level and is negative during loading and positive during unloading. A dissymmetry was observed for higher maximum stretch ratios. This indicates that the heat sources are not caused only by entropic elasticity. Moreover, the area under the curves during loading and unloading was equal, meaning that no heat was produced due to mechanical dissipation. Consequently, the only explanation for the dissymmetry is the occurrence of crystallization during loading, and a difference in the kinetics of crystallization and crystallite melting (the latter during unloading). This is in good agreement with studies reported in the literature [9]. Concerning the stress–strain curve, a hysteresis loop began to form. It is associated with the crystallization/melting phenomenon, and not with mechanical dissipation. Indeed, if no crystallization occurred, no hysteresis loop was observed for the strain–stress relationship. When the maximum applied stretch ratio increased, loading-unloading dissymmetry increased. From a
mechanical point of view, the area of the hysteresis loop also increased. Once again, as the heat produced was equal to the heat absorbed, no mechanical dissipation was detected, while a mechanical hysteresis loop was observed. It should be noted that crystallization induces a strong increase in the heat source, and from stretch ratios equal to 6 during the loading phase, instead of increasing continuously, the heat source decreased. This means that heat continues to be produced (it remains positive), but at a lower rate. This phenomenon could be due to several causes:

(i) the fact that this level of stretch ratio would tend to approach crystallinity saturation if any;
(ii) an increase in the contribution of internal energy;
(iii) a less exothermal crystallization process. It should be noted that the hysteresis area in terms of the strain–stress relationship is higher than previously, again with no mechanical dissipation detected.

Heat Sources due to Filler Effect

When fillers are added to the compounds, stress softening is observed. This phenomenon is investigated in the next section. In order to focus only on the effects of fillers on the stationary calorimetric response, the stabilized cycles obtained for SBR50 and NR50 are considered. They are presented in Figs. 7 and 8, respectively. For NR50, only the last two maximum stretch ratios applied are presented, due to the fact that a significant permanent set (compared to the maximum stretch ratio applied) was observed for the first two maximum stretch ratios applied. This permanent set induced buckling which disturbed the temperature measurement. Consequently, we have not calculated heat sources for these cycles. As in the previous figure, the global response in terms of the heat sources versus the stretch ratio during the test is indicated, as well as the stabilized calorimetric response at given maximum stretch ratios.

Heat source evolutions obtained with SBR50 and NR50 exhibit load-unload dissymmetry. This appears clearly by comparing the heat source obtained during loading with its absolute value during unloading. As SBR is not subjected to strain-induced crystallization and crystallite melting, this shows that mechanical dissipation is produced, even if the calorimetric response is stabilized. This mechanical dissipation is due to viscosity, which is induced (in NR) or amplified (in SBR) by adding fillers. For instance, the mechanical dissipation at maximum stretch ratios equal to 3 and 4 in

Fig. 6 Heat source versus stretch ratio obtained for NR0. The light continuous lines correspond to the absolute value of the heat source during unloading.
SBR50 corresponded to 21% and 24% respectively of the heat source produced during loading. In NR50, the same phenomenon was observed. Mechanical dissipation at maximum stretch ratios equal to 4 and 6 corresponded to 22% and 30% respectively of the heat source produced during loading.

Moreover, in NR50, adding fillers did not significantly increase the heat source produced. As expected, the increase (decrease) in the heat source produced (absorbed) during loading (unloading) due to the onset of crystallization (melting had finished) occurred at a lower stretch ratio than in NR0.

The Calorimetric Signature of the Mullins Effect

From a mechanical point of view, a major result obtained from the mechanical tests was the observation of the decrease in rubber stiffness during the first mechanical cycles. This

Fig. 7 Heat source versus stretch ratio obtained for SBR50. The light continuous lines correspond to the absolute value of the heat source during unloading

Fig. 8 Heat source versus stretch ratio obtained for NR50. The light continuous lines correspond to the absolute value of the heat source during unloading
phenomenon, which is referred to as “the Mullins effect” in the literature, can be summed up from the following observations [18]:

(i) Most of the softening is obtained after the first load;
(ii) A few cycles are necessary to stabilize the mechanical response;
(iii) Softening appears for stretch ratios lower or equal to the maximum stretch previously applied;
(iv) When the stretch ratio exceeds the maximum stretch ratio previously applied, the material stress–strain response returns on the same path as the monotonous uniaxial tension test stress–strain response after a transition, which increases with the amount of strain;
(v) Softening increases progressively with an increasing maximum stretch ratio.

Up to now, this effect has always been investigated from a mechanical point of view, while its thermal and calorimetric signatures might also contain information of importance about it. This is therefore the aim of the present section.

Figure 9 presents the heat source versus stretch ratio for series of three first cycles at four increasing maximum stretch ratios in SBR50. First, whatever the maximum stretch ratio, the heat source produced is higher during the first cycle. The following cycles are stabilized. This is the first similarity with the Mullins effect. Second, a decrease in the heat source appears for stretch ratios lower or equal to the maximum stretch previously applied. When the stretch ratio exceeds the maximum stretch ratio previously applied, the calorimetric response greatly increases. The loss in the heat source increases with the increasing maximum stretch ratio. Measurement of the calorimetric response allows us to deduce the mechanical dissipation induced by stress softening. It can be calculated by the difference in mechanical dissipation between the first and the stabilized cycles.

The results are more difficult to analyze in crystallizable filled natural rubber. Even though strain-induced crystallization and crystallite melting did not change this tendency, during the first loading the heat source due to crystallization was “hidden” in the total heat source (including mechanical dissipation due to damage). This is clearly observed in the

Fig. 9 Heat source obtained during the loading phase for SBR50
diagram corresponding to the maximum stretch ratio applied, equal to 4, in Fig. 10. Nevertheless, the stabilized second loading exhibits a strong change in the curve slope, which is attributable to crystallization. Moreover, by increasing the maximum applied stretch ratio (see Fig. 10(b)), this change in the stabilized curve slope is observed at higher stretch ratios. As such a heat source variation cannot be due to entropic elasticity only, this result seems to indicate that crystallization and melting do not occur at the same stretch ratios during the first and the following cycles, and could depend on the maximum applied stretch ratio.

To summarize these last results on the stabilization of the calorimetric response of filled SBR and NR, a decrease in the heat source is associated with stress softening and corresponds to the calorimetric signature of the Mullins effect. Moreover, it is clearly shown that, contrary to the stress–strain response, the calorimetric response enables us to detect changes in the characteristic stretch ratios at which strain-induced crystallization starts and crystallite melting is complete. Further work is currently underway, dedicated to calorimetric investigations of the mechanisms involved in the stabilization of the thermomechanical behavior of rubber.

**Conclusion**

This study has addressed the calorimetric response associated with deformation processes in different formulations of rubbers: filled and unfilled non-crystallizable SBR and crystallizable NR. These formulations have enabled us to investigate the calorimetric signature of the main physical phenomena involved in rubber deformation: entropic elasticity, strain-induced crystallization, reinforcement by fillers and stress softening. The rubber formulations were chosen in such a way that these phenomena could be studied separately. The main results can be summarized as follows:

- Entropic elasticity leads to heat production (absorption) when the rubber is stretched (relaxed). The heat source – strain relationship is quasi-linear. Load-unload heat source curves are symmetrical.
- The kinetics and therefore the calorimetric signature of strain-induced crystallization differs from that of crystallite melting, so that no symmetry is observed in terms of heat source between loading and unloading. Nevertheless, the areas under the load-unload curves are equal, meaning that crystallization and melting occur without detectable corresponding mechanical dissipation.
- Fillers induce viscosity and therefore mechanical dissipation (positive heat source) during both loading and unloading, which increases when the maximum stretch ratio increases. In filled NR, significant heat production is observed at a lower stretch ratio than in unfilled NR, and mechanical dissipation is detected.
- Numerous similarities are observed between the mechanical and the calorimetric responses. First, the stabilization of the calorimetric response is reached at the end of the first cycle, similarly to the mechanical response. Second, the higher the maximum stretch ratio applied, the higher the heat source decrease between the first and second cycles. It should be noted that, contrary to the mechanical response, the calorimetric response enables us to detect changes in the characteristic stretch ratios at which strain-induced crystallization starts and crystallite melting is complete. This might be induced by the effect of stress softening, but this must be more precisely investigated.

Further work in this field is currently being carried out by some of the authors to better understand the calorimetric response of crystallizable filled rubbers during stress softening.
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