Air Annealing Process for Threshold Voltage Tuning of MoTe$_2$ FET

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Abstract: A stable doping technique for modifying the conduction behaviour of two-dimensional (2D) nanomaterial-based transistors is imperative for applications based on low-power complementary oxide thin-film transistors. Achieving an ambipolar feature with a controlled threshold voltage in both the p- and n-regimes is crucial for applying MoTe$_2$-based devices as electronic devices because their native doping states are unipolar. In this study, a simple method to tune the threshold voltage of MoTe$_2$ field-effect transistors (FETs) was investigated in order to realise an enhancement-mode MoTe$_2$ thin-film transistor by implementing a facile method to modulate the carrier polarity based on the oxidative properties of MoTe$_2$ FETs. Annealing in air induced a continuous p-doping effect in the devices without significant electrical degradation. Through a precise control of the duration and temperature of the post-annealing process, the tailoring technique induces hole doping, which results in a remarkable shift in transfer characteristics, thus leading to a charge neutrality point of the devices at zero gate bias. This study demonstrates the considerable potential of air heating as a reliable and economical post-processing method for precisely modifying the threshold voltage and further controlling the doping states of MoTe$_2$-based FETs for use in logic inverters with 2D semiconductors.

Keywords: MoTe$_2$; transition metal dichalcogenides; field-effect transistors; doping; threshold voltage; charge neutrality

1. Introduction

The extraordinary characteristics of two-dimensional (2D) transition metal dichalcogenides (TMDs) have attracted significant attention for use in optoelectronics and electronic applications. The performance of these field-effect transistors (FETs) based on van der Waals materials has been widely studied and, accordingly, various attempts have been made to seek rare and novel properties in 2D TMDs, including adjustments of electrical parameters, such as threshold voltages, mobilities, and bandgaps [1–5]. Among numerous 2D TMDs, 2H-MoTe$_2$ has been known to possess a bandgap ranging from the visible to near-infrared regions, theoretically 0.83 eV (indirect) [6] and 1.13 eV (direct); the bandgap value is similar to that of silicon with 1.1 eV [4]. In addition to a bandgap close to that of Si, it possesses high carrier mobility and a low phase transition barrier, and thus it can be made metallic or semiconductive through various methods, such as laser irradiation, plasma treatment, temperature control, and tellurisation reaction [7–11]. The intrinsic n-type behaviour of multi-layered MoTe$_2$ devices is attributed to tellurium vacancies [6]. MoTe$_2$ originally shows n-type behaviour but undergoes charge transfer when exposed to air due to the adsorption of water and oxygen molecules, the oxygen/water redox couple being known to suppress electron conduction in FETs [6,12]. Similar to other 2D TMDs, MoTe$_2$ shows thickness-dependent behaviour, which changes from hole-dominant...
to electron-dominant with increasing channel thickness [13]; this conduction mechanism of MoTe2 is attributed to Schottky barrier height modulation and related bandgap alignment and the resulting band bending at the interface [4]. Therefore, depending on the channel thickness, the MoTe2 device intrinsically exhibits hole-dominant carrier transport in air; the device is turned on at a negative gate bias.

Despite the aforementioned favourable features of MoTe2 as a switching device, it usually exhibits an on state at zero gate bias, even without any post treatment, which is undesirable in functional electronic device applications [14,15]. This behaviour of the MoTe2 channel shown in numerous previous studies raises a concern about its potential as a switching device in integrated circuits because the device should preferably be in the off state at zero gate bias to reduce standby power consumption. Compared with unipolar transistors, controlling the threshold, onset, and flat-band voltages is essential in ambipolar transistors, where both n- and p-type transistors should be highly functional and reliable for use in CMOS applications. Therefore, achieving a normal off state can be critical, particularly when a single conductive channel can serve as both n- and p-type transistors.

As Te vacancies are highly sensitive to oxygen absorption and disassociation, various doping methods have been proposed [13,16–19]. However, the oxidative nature of MoTe2 devices and their interactions with oxygen molecules under various conditions have not yet been fully explored. Surface charge transfer by oxygen can be a non-destructive and practical doping method once reliable control over dopability is achieved. Herein, we suggest a facile doping technique that holds considerable potential for low-dimensional nanomaterials whose applications have been restricted by physisorption- or chemisorption-induced doping. Simply annealing the MoTe2 FETs on a hot plate at 100 °C for a short duration yields a stable shift in the charge neutrality point, which makes them a promising candidate for switching applications. Shifting the charge neutrality point thus leads to the tuning of the threshold voltage of the MoTe2 FETs, which is pivotal for realising robust digital circuits. A tunable threshold voltage has been achieved in transistors through various techniques, including the integration of dual-gate electrodes [20], solution coating [21], and layer deposition [22].

In the gate bias window range from −50 to 40 V in our experiments, pristine MoTe2 devices with channel thicknesses below 10 nm tend to have a charge neutrality point around −25 V. This intrinsic threshold voltage instability was exhibited in all 15 devices fabricated from a MoTe2 bulk crystal. The oxygen molecules present in air can adjust the charge neutrality point from a negative gate bias to zero gate bias by hole doping, without requiring a high-vacuum environment [23,24] or the use of a chemical dopant [15,25,26]. Furthermore, the doping method is a simple but effective technique that does not introduce any chemical or physical defects which could deteriorate device performance. After annealing for the target time of 2–3 h, electrical parameters, such as the subthreshold swing (SS), on/off ratio, and interface trap density (N_{it}), remain unchanged, with no significant degradation in device performance. However, after a certain period of annealing, MoTe2 FETs have more trap sites; thus, the switching speed decreases with increasing off current. Our study proposes a novel technique to achieve charge neutrality at zero gate bias and paves the way for future applications of 2D TMDs. Further studies on this tuning method may lead to the development of a stable doping mechanism for applications in CMOS technologies.

2. Materials and Methods
2.1. Fabrication of MoTe2 FETs

For back-gated MoTe2 device fabrication, a bulk 2H-MoTe2 (2D Semiconductors, Scottsdale, AZ, USA) thin film was mechanically exfoliated onto a boron-doped Si/90 nm-SiO2 substrate. The Si/SiO2 substrates were sonicated in acetone and isopropanol and then blown with N2 gas to dry the samples fully. To define the source and drain electrodes, electron beam lithography was performed following the spin-coating of e-beam resists (~1 µm, layers of copolymer EL 11/PMMA-C4, MicroChem, Westbor-
Subsequently, a bilayer stack, i.e., 10 nm of nickel and 90 nm of gold, was deposited as contact metals using an e-beam evaporator at a rate of 0.005 Å/s. As the final step in the device fabrication, a lift-off process was performed in acetone and IPA solutions. The fabrication flow and the resultant device are illustrated in Figure 1a and Figure 1b respectively.

![Fabrication flow for FET devices and schematic illustration of MoTe2 FET.](image)

**Figure 1.** (a) Fabrication flow for FET devices and (b) schematic illustration of MoTe2 FET.

### 2.2. Air Annealing Process

The air annealing process was performed at a temperature of 100 °C on a hot plate to induce the hole-doping effect in the MoTe2 channel. The temperature was selected based on a previous study that investigated the doping effect at different temperature levels [27].

### 2.3. Oxygen Treatments

Oxygen plasma was induced on the MoTe2 flakes and devices at a pressure of 150 mTorr, an oxygen gas flow rate of 30 sccm, and a radio frequency power of 30 W for 20 min in a plasma chamber (CUTE, Femto Science, Hwaseong-si, Korea). Ultraviolet-ozone treatment was performed using Novascan PSDP-UVT under ambient conditions.

### 2.4. Characterisation of Thin Film and Device Performance

Raman spectroscopy was performed to investigate the semiconducting phase of MoTe2. All the Raman spectra were obtained using a Horiba Jobin Yvon LabRAM ARAMIS IR² spectrometer with a 532 nm excitation laser, a laser power of 5 mW, and a laser spot of diameter 200 μm. The height profile of the channel was measured using an atomic force microscope (XE-100; Park Systems, Suwon-si, Korea). The electrical characterisations of the MoTe2 FETs were performed using a semiconductor parameter analyser (B1500A, Keysight, Santa Rosa, CA, USA). All the transfer characteristics were measured under a drain bias of 1 V.

### 3. Results and Discussion

Figure 2a shows the transfer curves of Device #1, whose optical image is shown in Figure 2b. The device initially behaves as an ambipolar transistor with a channel height of 6 nm (Figure 2c) and the smallest current, which corresponds to a charge neutrality condition of approximately −28 V. The device was first maintained under ambient conditions for two days to investigate the effect of air exposure without any treatment. It was then heated on a hot plate at 100 °C to induce oxygen adsorption on the surface, which led to a shift in Vth. As the air-heating time increased, the threshold voltages of the MoTe2 FETs, which were originally located in the negative gate bias regime, were consistently shifted in the positive direction. After 3 h of air annealing, the current on/off ratio improved from $4.89 \times 10^4$ to $1.03 \times 10^5$ and the charge neutrality point was nearest to zero. However,
the SS also increased, which may be attributed to undesirable residual adsorption on the channel surface under ambient conditions. To investigate the effect of air heating alone precisely, each step of air heating was performed without rinsing in between. This can affect the pristine surface, which can lead to the deterioration of carrier mobility and an increase in SS. Therefore, the overall electrical performance appears to be degraded after a certain period of air heating owing to the long duration of exposure to ambient conditions (Supplementary Figure S1). However, a consistent hole-doping effect was observed in all the MoTe$_2$ FETs, regardless of the channel profile. The shifting of the charge neutrality point shown in Figure 2 (Device #1) indicates that hole doping resulted from O$_2$ molecules on the channel surface [6]. The oxygen/water redox couple adsorbed on the MoTe$_2$ channel is known to cause electron transfer from MoTe$_2$ to the redox couple, resulting in a p-doping effect [6,12].

While the device exhibited a significant positive shift in V$_{th}$ by 23 V, the N$_{it}$ value was not significantly affected, as it only changed from $1.91 \times 10^{13}$ cm$^{-2}$ eV$^{-1}$ to $3.90 \times 10^{13}$ cm$^{-2}$ eV$^{-1}$. The N$_{it}$ was calculated using the following equation:

$$N_{it} = \left[ \frac{SS_{log}(e)}{K_{F1}} - 1 \right] \frac{C_{ox}}{q}$$
where $K$ is the Boltzmann constant, $T$ is absolute temperature, $q$ is elementary electron charge, and $C_{ox}$ is the oxide capacitance. The SS value is extracted from the maximum slope in the transfer characteristics.

Raman spectroscopy measurements of the freshly exfoliated multi-layered MoTe$_2$ devices were obtained to investigate the changes in Raman modes after continuous air exposure and air heating to examine the effect of O$_2$ molecules on MoTe$_2$ with respect to molecular vibrations inside the material (Figure 3a,b). Under continual exposure to air, MoTe$_2$ is strongly affected by defect sites resulting from O$_2$ molecules [29]. Only a few reports have elucidated the effects of air exposure on MoTe$_2$ [29] and MoTe$_2$-based FETs [30]. Most studies on air-exposed 2D TMDs have been conducted on large-area chemically grown films rather than exfoliated flakes [31–33]. Figure 3 shows the three prominent Raman modes of MoTe$_2$, each corresponding to the $A_{1g}$, $E_{12g}$, and $B_{1g}$ modes with 532 nm laser excitation. Changes in the three dominant peaks of MoTe$_2$ after 2 days, 1 week, 2 weeks, and 4 weeks in chronological order are demonstrated. The in-plane ($E_{12g}$) vibrational mode of the pristine state had a relatively higher energy than the out-of-plane ($A_{1g}$) mode, indicating that the exfoliated MoTe$_2$ is multi-layered [34]. As the air exposure time was increased, the $E_{12g}$ peaks exhibited gradual red shifts, revealing the p-doping effect from the adsorbed oxygen molecules on the surface. All three vibrational modes of the MoTe$_2$ flakes exhibited red shifts, regardless of the intrinsic properties or thicknesses, indicating hole doping. The tendency of MoTe$_2$ to transition towards p-type behaviour in air has been previously proven by density functional theory calculations and Kelvin probe force microscopy [35]. As depicted by the purple curve in Figure 3a, after a certain duration, major peaks of MoTe$_2$ became undetectable due to undesirable adsorption of molecules besides oxygen. However, we inferred that the material remained physically intact since its peaks were all recovered from surface rinsing with toluene (Supplementary Figure S7), which is known to induce desorption of dopant molecules on surface channels [36]. The instability of air-exposure as a doping method can also be seen in device performance (Supplementary Figure S8).

![Figure 3. Raman spectra of (a) MoTe$_2$ in air exposure and (b) MoTe$_2$ under air heating.](image-url)

Device #2 with a channel height of 6 nm also demonstrated a similar doping effect; after 2 h of air heating, Device #2 reached its neutral state with an improved current on/off ratio. After 2 h of air heating, the on/off ratio increased from $1.02 \times 10^4$ to $1.28 \times 10^5$. The charge neutrality point was observed at $-21$ V before air heating and at $-5$ V after 2 h of heating. After 6 h of air heating, the performance of Device #2 began to degrade significantly (Supplementary Figure S2). Both the on and off currents steeply increased with a significantly increased SS after that point. Device #3, made of an 8 nm-thick MoTe$_2$ channel, also showed a similar trend under air heating; the smallest current, which was observed at $-25$ V in the as-fabricated state, was observed at a potential shift to the right by 20 V after 2 h of air heating, i.e., at a gate potential of $-5$ V. Moreover, the current on/off ratio constantly increased for up to 2 h of air heating owing to the continuously increasing on current. No significant changes were observed in the $N_{it}$ and SS values, which revealed
no significant electrical degradation. Nevertheless, after 2 h, the on currents at both the n- and p-sides began to decline. As shown in Supplementary Figure S3, the on/off ratio was on the order of 1 after 24 h of air heating, indicating a severe degradation in the switching performance. The \( N_a \) value also increased from \( 2.42 \times 10^{13} \) to \( 1.17 \times 10^{14} \) after 12 h of air heating. The transfer curves of Device #4 with a channel height of 15 nm depicted in Figure 4c reveal how the duration of air heating affects the electrical characteristics of the MoTe2 FET (results for up to 48 h are shown in Supplementary Figure S4). Based on the identical trend shown in the other devices, the charge neutrality point shifted by nearly 20 V in the positive direction after 2–3 h of air heating. The initial transfer curve shows more electron-dominant conduction behaviour because the MoTe2 channel is sufficiently thick at 13 nm, which is twice that of the other devices [37]. To drag the charge neutral point to 0 V, it appears that the duration of air heating must be at least 20 h. However, after 3 h, the on currents on both the n- and p-sides started to decrease gradually and the SS value began to increase, indicating a degraded switching performance. This pattern of increased SS and decreased on/off ratio values was once again observed in Device #4. The output characteristic curves in Figure 4d,e indicate that the device experienced a hole-doping effect owing to air annealing, showing a transition from ambipolar to p-type dominant behaviour. In Figure 4f, according to the trend in Figure 2e, the as-fabricated state of Device #4 was in the on state with a current flow of tens of nanoamperes and then the device transitioned to an off state after air annealing.

![Figure 4](image-url)

**Figure 4.** Transfer curves of (a) Device #2, (b) Device #3, and (c) Device #4 and output curves of Device #2: (d) as fabricated, (e) after air annealing for 2 h, and (f) at \( V_G = 0 \) V.

### 4. Conclusions

The air annealing approach to tailor the threshold of MoTe2 FETs presented in our study effectively induces a hole-doping effect, which yields a remarkable shift in transfer characteristics without causing a degradation in the device performance. Without the application of vacuum deposition or solution treatment to the transistor, which can deteriorate the overall electrical performance and require cumbersome post-processing, our method successfully demonstrates a precisely controlled doping effect via the strict control of the duration and temperature of air heating.
Supplementary Materials: The following are available online at https://www.mdpi.com/article/10.3390/app12083840/s1, Figure S1: Transfer curves of MoTe₂ Device #1, Figure S2: Transfer curves of MoTe₂ Device #2, Figure S3: Transfer curves of MoTe₂ Device #3, Figure S4: Transfer curves of MoTe₂ Device #4, Figure S5: Output curves (Ids–Vds) of Device #1 under zero gate bias, Figure S6: Raman spectra of air-heated MoTe₂ Device #2, Figure S7: Raman spectra of toluene treated, air-exposed MoTe₂ flake, Figure S8: Transfer Characteristics curves of as-fabricated (dark grey) and air-exposed for 1-month (blue) MoTe₂ FET, Figure S9: Transfer Characteristics curves of MoTe₂ FET air heated at 150 °C, Figure S10: Raman Spectra of air heated MoTe₂ flake over a range 150–110 cm⁻¹ (inset: optic image), Figure S11: (a) Transfer curves and (b) AFM height profile (inset: AFM image) of MoTe₂ FET #5.

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