BIOCHEMICAL AND MOLECULAR-PHYSIOLOGICAL ASPECTS
OF THE NITRIC OXIDE ACTION IN THE UTERA

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The sources of the nitric oxide (NO) formation in the uterus and the dynamics of changes in its content in different periods of organ functioning in human and animals are analyzed. The biochemical mechanisms of NO action on the myometrium contractile activity, the significance of NO in the physiological processes during pregnancy and labor, the importance of mitochondria as a reliable NO source in the smooth muscle and the possible ways of NO influence on Ca\(^{2+}\) transport and bioenergetic processes in mitochondria are considered. The authors’ data concerning ionic and membrane mechanisms of NO action on Ca\(^{2+}\)-homeostasis of uterine myocytes, identification of nitric oxide in uterine smooth muscle mitochondria, biochemical characteristics of the NO-synthase reaction and the possible role of NO in the regulation of Ca\(^{2+}\) transport in these subcellular structures and in the electron transport chain functioning are presented and discussed.

Keywords: uterus, pregnancy, nitric oxide, mitochondria, calcium.

Nitric oxide (NO) is a universal signaling and regulatory molecule in cells. An important manifestation of its biological activity is the control of the contractile function of smooth muscles, which largely determines the normal functioning of internal organs, including the genitourinary system [1-5].

The results of experimental work over many years allow us to make assumptions about the significance of nitric oxide in processes that prevent the contractile response to stretching of the uterine wall due to embryonic growth and reduce the sensitivity of the myometrium to uteroconstrictor agents, which is especially important in the normal course of pregnancy. Both NO production and sensitivity to it decrease at the end of pregnancy and precede the beginning of labor [6-10]. Nitric oxide donors cause relaxation of the myometrium of both non-pregnant women and those with different stages of pregnancy [11]. A corresponding decrease in the contractile ability of uterine smooth muscle cells is also shown in some animal species, including rats and primates, in different periods of functional activity of the organ [6-8, 12, 13]. However, the biochemical mechanisms whereby nitric oxide controls the contractile function of the myometrium are currently poorly understood.

Changes in the cytosolic concentration of Ca\(^{2+}\) underlie the control of smooth muscle contractile activity, and Ca\(^{2+}\)-transport systems of subcellular structures, in particular mitochondria, are a target for substances that modulate the contractile function of myocytes [14]. The ability of NO to relax the myometrium determines the interest in studying the biochemical patterns of its effect on Ca\(^{2+}\)-homeostasis in myometrial cells.

Sources of NO in the uterus can be its endometrial tissue [15-18] and vascular endothelium [19-21]. Nerve endings that contain neuronal NO-synthase and provide nitrergic innervation of the uterus have
also been identified [22]. A potential source of NO in the myometrium, according to information reported about other tissues, can be mitochondria [23-28].

The study of the pathways of formation and functional activity of nitric oxide in uterine tissues is an urgent scientific problem due to the relatively small number of scientific publications compared to the cardiovascular system. The sources of nitric oxide in the uterus, the patterns of formation in the organism’s vessels and endometrium, the significance of NO in the regulation of fetoplacental circulation are poorly studied. The biochemical mechanisms of nitric oxide action on Ca²⁺-homeostasis in the myometrium and, accordingly, the ways of its relaxing effect on uterine smooth muscle remain unclear. There is no information about NO formation, catalytic and kinetic properties of the smooth muscle mitochondria NO-synthase system, in particular in myometrial cells. Research efforts in this direction will provide a better understanding of the regulation of contractile activity of the uterus in different periods of its functioning and thus enable the development of a new generation of tocolytic drugs based on NO donors and precursors and drugs targeted nitric oxide synthesis in the uterus. These investigations have a vital medical and social significance because it is directly related to the improvement of the reproductive situation in Ukraine. The present review summarizes current knowledge on the mentioned above issues and analyses the results of our research.

**Nitric oxide biosynthesis**

In recent decades, nitric oxide attracts great interest due to its regulatory role in intracellular processes and intercellular interactions. Nitric oxide has become one of the most studied molecules in the biomedical sciences since its discovery (the early 1980s) by R. Furchot and J. Zavadsky “as an endothelial relaxation factor (EDRF)”, and the appearance of the works of L. Ignarro and F. Murad (1986-1988), who identified EDRF as NO. NO was named the “molecule of the year” in 1992. In 1998 R. Furchot, L. Ignarro and F. Murad received the Nobel Prize in Physiology and Medicine [3, 29]. Since then, the range of known functions performed by nitric oxide has expanded significantly. NO as an intracellular and intercellular messenger is involved in the regulation of numerous metabolic reactions and physiological processes, which contributes to the organism’s normal functioning. Nitric oxide controls the cardiovascular system, hemostasis, neurotransmission, immunomodulation and antimicrobial protection, affects the secretion of hormones, etc [1-5].

Nitric oxide is a low molecular weight, amphiphilic, free radical molecule. NO in biosystems has a relatively short lifetime (up to 5 s depending on the microenvironment) and can migrate short distances from the generation sites, which is determined by the rate of oxidation [1, 30-33]. This defines the functional significance of NO as a paracrine regulator and its local action in subcellular compartments. According to the concept of “nitric oxide cycle” in animal cells, there are two main ways of nitric oxide formation: NO-synthase and nitrite/nitrate reductase [34].

NO synthesis in the cell under normoxia is provided by a family of NO-synthase isoforms (NOS, E.C. 1.14.13.39), which in the presence of NADPH as an electron source and O₂ carry out five-electron two-stage oxidation of the guanidine group of L-arginine to form NO and L-citrulline [1, 30]. The total equation of reaction (1), which is NOS catalyzed, is as follows:

\[
\text{L-arginine} + \text{1.5NADPH} + \text{1.5H}^+ + \text{2O}_2 \rightarrow \\
\text{L-citrulline} + \text{NO} + \text{1.5NADP}^+ + \text{2H}_2\text{O} \quad (1)
\]

The NOS enzyme exists as a dimer consisting of two identical subunits, structurally and functionally divided into two main domains: C-terminal reductase and N-terminal oxygenase. The reductase domain contains NADPH, FAD, and FMN binding sites; the oxygenase domain binds heme, cofactor BH₄ (6(R)-5,6,7,8-tetrahydrobiopterin) and substrate L-arginine. Between these two regions, there is calmodulin-binding domain. NO synthase exhibits oxidase activity under certain conditions, in particular in the absence of cofactors and substrate, which causes the separation of reductase and oxygenase domains and disruption of electron transport between them, resulting in the formation of superoxide anion (O₂⁻). Further, NO redox forms with different nitrogen oxidation states as well as hydrogen peroxide (H₂O₂) are formed [31]. Conversion of NO in aerated aqueous solutions under physiological conditions leads to the appearance of nitrite-anion (NO₂⁻) and nitrate-anion (NO₃⁻) [3, 34].

There are 3 isoforms of NOS, which differ in structure and function. Constitutively expressed Ca²⁺-dependent enzymes are endothelial NOS (eNOS/NOS III) and neuronal NOS (nNOS/NOS I). The activity of inducible NOS (iNOS/NOS II) does not depend on intracellular Ca²⁺; as calmodulin is strongly bound at the corresponding site owing to
the specific amino acid sequence [30, 33, 35-37]. This isoform is not expressed in most cells under normal conditions, but its synthesis is induced by proinflammatory cytokines (TNF-α, INF-γ, IL-1β), bacterial lipopolysaccharides, γ-irradiation [37-39] under the control of signaling pathways, associated with NF-κB and JAK/STATs [2, 11, 23, 32, 35, 39-43].

nNOS is expressed in central and peripheral neurons and in the epithelial cells of the lungs, skeletal muscle, uterus, stomach, kidneys, pancreas [35, 41]. There are several splice variants of nNOS [30, 44, 45]. nNOSα and nNOSμ, most common in skeletal muscle, uterus, stomach, kidneys, pancreas [35, 38, 44, 49, 51]. nNOS isoform 4b, which is contained in smooth muscle. In this case, the decrease in subplasmallemal Ca²⁺ concentration acts as a negative regulator of NO synthesis. The interaction of nNOS with the cytosolic site of adrenergic and glutamatergic receptors [1, 30, 49, 50], α-syntrophin-dystroglycan complex of skeletal muscle sarcolemma, phosphofructokinase, etc. is also shown [1, 47, 49]. In cardiomyocytes, nNOS can bind to the ryanodine receptor and xanthine oxidase on the surface of the sarcoplasmatic reticulum [1].

The most important functions of nNOS include modulation of synapse plasticity in the central nervous system, central regulation of blood pressure, maintenance of smooth muscle tone of internal organs, in particular by generating NO in nitrergic nerve endings, control of blood supply to skeletal muscle fibers [35, 38, 44, 49, 51].

eNOS, first identified in endothelial cells, controls blood pressure and has vasoprotective, hemostatic and antiatherosclerotic effects. This isoform is found in lung and tracheal tissues, cardiomyocytes, platelets, brain neurons, syncytiotrophoblasts and renal epithelial cells [33, 41]. eNOS expression is controlled by a number of transcription factors, including HIF, NF-κB, KLF2 [36, 41, 52]. Its content increases under hypoxia, an increase in shear stress on the vascular wall (increase in blood pressure), as well as in postischemic conditions. This isoform is membrane-bound, localized in the caveolae, but also found in the Golgi apparatus and the outer mitochondrial membrane [2, 53, 54]. eNOS association with caveolae is provided by acylation [30, 36, 41, 44, 55]. Interaction with the caveolin, a scaffolding protein of caveolae, inhibits the activity of eNOS, sterically blocking its interaction with calmodulin. Activation of the enzyme is provided by phosphorylation of the residue Ser-1177 and dephosphorylation of Thr-495 [2, 30, 35, 41, 49]. This phosphorylation is triggered by insulin, vascular endothelial growth factor, acetylcholine, bradykinin, estrogens, excessive endothelial pressure in hypertension, etc. [1-3, 32, 35, 49, 53] and performed by a number of kinases: Akt/PKB, PKA, PKG, AMPK, Ca²⁺-CaMK II and others [2, 30, 33, 35, 56, 57].

NO generated by eNOS regulates the tone and permeability of blood vessels, reduces aggregation and adhesion of platelets, participates in the functioning of cardiomyocytes, nervous and endocrine systems etc. [1-3, 32, 41, 58, 59].

iNOS, first detected in macrophages, was also identified in lymphocytes, neutrophils, eosinophils, uterine tissues. It is a soluble cytosolic protein who generates NO in large quantities, which has a cytotoxic effect on microorganisms and tumor cells [35, 38, 41]. Due to the high affinity for protein-bound iron, NO effectively interacts with iron-sulfur clusters of complexes of the mitochondria electron transport chain, cis-aconitase and ribonucleotide reductase, causing inhibition of these key bioenergetic enzymes and proliferation enzymes of the target cells [38, 49]. Nitric oxide produced by macrophages at very high concentrations also causes single-strand breaks and DNA fragmentation [35, 38, 58].

Other pathways to generate nitric oxide. The formation of nitrogen species from ammonia has been shown in nerve, liver tissues and lymphocytes where oxidation of NH₄⁺, with the participation of reactive oxygen species and hydroxylamine as the intermediate, occur [60, 61].

Nitrite-anion (NO₂⁻) and nitrate-anion (NO₃⁻) are considered stable metabolites of NO [3, 33, 62]. Nitric oxide synthesized by eNOS is particularly intensively oxidized to nitrates in the presence of the metalloenzyme ceruloplasmin, and to nitrates in the presence of oxyhemoglobin. The possibility of converting NO₂⁻ to NO is shown in many tissues. This process is triggered under hypoxia or acidosis in the presence of reduced forms of heme-containing proteins, which is characteristic of ischemic conditions [56, 63]. Hemoglobin (Hb) in deoxyform plays an important role in the reduction of NO₂⁻ in the blood, because bound oxygen prevents the interac-
tion with NO$_2^-$ and its conversion into NO [23]. Deoxymyoglobin has nitrite reductase activity in the heart and skeletal muscle [33, 64-66]. NO$_2^-$ reduction also occurs in mitochondria and microsomes. Cytochrome c-oxidase exhibits nitrite reductase activity in mitochondria, and cytochrome P-450 in microsomes [33]. NOS and xanthine oxidase also have reductase activity under hypoxia [23, 62, 64, 67]. The existence of such mechanisms for the nitric oxide synthesis allowed to formulate the concept of the “nitric oxide cycle” (Fig. 1). In this case, NO synthesis with the participation of NOS and non-enzymatic oxidation of NH$_4^+$ provide an endogenous synthesis of NO, NO$_2^-$ and NO$_3^-$ in the presence of oxygen. These mechanisms are suppressed when the partial pressure of O$_2$ falls under hypoxia caused by functional stress or disruption of blood supply to the tissue (ischemia). At the same time, oxygen deficiency activates the reductase component of the cycle [3, 64, 68].

Given the metabolic relationship of NO and NO$_2^-$, in view of the existence of the “nitric oxide cycle”, the study of the functional activity of nitrite anions is an important research task. Endogenous nitrite has been shown to regulate numerous physiological processes [68]. It is a relatively stable depot of bioactive NO. In hypoxia, when NOS function is decreased, the nitrite reduction can help maintain NO pool to facilitate NO signaling and regulation during hypoxia and the metabolic stress caused by hypoxia [67]. NO-dependent nitrite-induced processes include inhibition of mitochondrial respiration, post-translational covalent modification of proteins, regulation of gene expression, hypoxic vasodilation,

![Fig. 1. Nitric oxide cycle](image-url)
angiogenesis, cytoprotection in ischemia/reperfusion, etc. [23, 63, 64]. The nitrate-anion is able to nitrate the tyrosine and tryptophan residues in proteins at pH ≤ 6.0 and is also catalyzed by peroxidases and hemoenzymes in the presence of nitrate and hydrogen peroxide. With the participation of methemoglobin and in the presence of NO, NO$_2^-$ is converted into N$_2$O$_3$ – a potent nitrosylating agent [31, 64].

**Biochemical mechanisms that underlie the functional activity of NO**

The biological effects of nitric oxide due to the high reactivity are dependent on concentration and microenvironment, in particular the presence of reactive oxygen species. The threshold NO concentration, which determines the physiological effects, is about 1 μM [69]. Local concentrations of NO in individual cell compartments can differ significantly from this value. NO has anti- or prooxidant effects depending on the concentration [31]. At low concentrations, nitric oxide interacts directly with biological targets (for example, liperoxides), which can lead to antioxidant effects [5]. It exhibits a prooxidant effect in high concentrations by forming reactive nitrogen species in the reaction of NO with molecular oxygen or reactive oxygen species [23]. The bioavailability of NO is substantially limited by the superoxide anion. These free radicals (NO$^+$, NO$^-$, N$_2$O$_3$, NO$_2$) interact with the formation of peroxynitrite (ONOO$^-$) through the diffusion-controlled reaction [3, 31]. These conditions are created in the process of inflammation, the development of endothelial dysfunction on the background of increased production of pro-inflammatory cytokines [31]. The apparently paradoxical situation arises that the increase in iNOS expression and the resulting hyperproduction of NO is accompanied by a decrease in the physiological activity of nitric oxide, provided the simultaneous formation of reactive oxygen species and increased generation of peroxynitrite [32, 41, 43, 56].

The main mechanisms through which NO perform signaling and regulatory functions are [62, 70]:

1. Activation of soluble guanylate cyclase (sGC) leads to the formation of cGMP, which, in turn, stimulates the PKG [1, 31, 53, 71]. Signal termination in the key direction for the implementation of functional activity of nitric oxide NO/sGC/cGMP/PKG is provided by the family of phosphodiesterases (PDE 5, 6, 9), which cleave cGMP [2-3, 72].

2. S-nitrosylation: reactive nitrogen species (NO$^+$, NO$^-$, N$_2$O$_3$, NO$_2$) reversibly nitrosylate thiol groups of cysteines of target proteins. This process can occur by forming dinitrosyl complexes of non-heme iron (complexes of divalent iron with weakly bound anionic ligands, in the first place, thiol-containing), which are able to form coordination bonds with NO. Subsequent redistribution of electrons between two accepted NO molecules leads to the formation of nitrosotironium cation (NO$^+$) – a potent nitrosylating agent. There is a viewpoint that in the cardiovascular system, most NO effects are mediated through S-nitrosylation or transnitrosylation with the participation of low molecular weight nitrosothiols, such as S-nitrosogluthathione, and are cGMP-independent [31, 53, 55, 69, 73].

3. Nitration by peroxynitrite of tyrosine and tryptophan residues in proteins that leads to the involvement in the signal transduction of mitogen-activated protein kinases, isoforms of PKC, transcription factor NF-κB, etc. [31, 43, 56, 73]. At moderate formation, peroxynitrite is considered a physiological regulator.

Nitric oxide affects numerous cellular processes. Depending on the concentration, it regulates gene transcription and mRNA translation (in particular, by altering the activity of transcription factors), causes and modulates posttranslational covalent protein modifications (such as nitrosylation, ADP-ribosylation), has cytostatic and cytotoxic properties [31, 69]. By S-nitrosylation of functionally important cysteine residues of transport proteins, it provides a decrease in the concentration of Ca$^{2+}$ in the cytoplasm of the smooth muscles cells of the internal organs and vessels [33]. In particular, the activity of potential-dependent Ca$^{2+}$-channels, Ca$^{2+}$-dependent K$^+$-channels of the plasma membrane, PMCA and Ca$^{2+}$-pump of the sarco(endo)plasmic reticulum (SERCA) are modulated by cGMP-dependent and/or independent manner [1, 33, 50].

Hyperproduction of NO by the cell, especially at high concentrations of reactive oxygen species, would lead to the formation of a range of highly reactive and dangerous nitrogen and oxygen species, so there must be effective mechanisms that inhibit the formation and reduce NO content. These include the processes of inhibition of NOS activity by reaction products, nitrosylation of membrane and cytosolic thiol groups, binding of NO to iron-sulfur centers and heme-containing proteins, its oxidation to NO$^+$/NO$_2^-$, etc. [1, 31, 33, 70]. An increase in the level of cGMP in the cell under the NO action leads to the termination of the signal transduction by the
Ca\(^{2+}\)-phosphoinositide pathway. The reduction of eNOS activity is also achieved by phosphorylation, primarily the isoforms of PKC and MAPK (ERK – extracellular responsive kinase) [31, 33, 38].

**Neurohumoral regulation of uterine contractile activity**

With the discovery of nitric oxide as a factor of relaxation of the vascular wall, studies of its effects in other types of smooth muscles began. The relevant interest in the myometrium is associated with its unique function in women, namely the fetal development during pregnancy and providing timely labor. According to statistical data, in the USA, 1 in 8 pregnancies end in preterm labor. Disproportionately high fetal mortality (about 20,000 annually) is observed among African Americans. In more than half of these cases, preterm births are spontaneous, and their causes are unclear [74].

Regulation of myometrial function during pregnancy, labor and the postnatal period is the central focus of reproductive science research. This complex problem involves elucidating cellular and molecular mechanisms of uterine smooth muscle contractile activity. The functioning of the myometrium, unlike other smooth muscles, is controlled mainly by hormones. Namely, steroid hormones progesterone and estrogens play a leading role in the uterus growth in the processes of increasing the embryo, maintaining its relative non-excitability during pregnancy (progesterone blockade), in preparation and during labor [75, 76]. In addition to steroid hormones, there are a number of factors that regulate the contractile function of the myometrium. Oxytocin, certain prostaglandins (especially prostaglandin F\(_{2\alpha}\)), endothelin, platelet-activating factor contribute to uterine smooth muscle contraction, and corticotropin-releasing factor, prostacyclin (prostaglandin I\(_2\)) nitric oxide, etc. relax it. It is well known that oxytocin generates the contraction of the myometrium during labor [77]. The uterus is a myogenic organ that can maintain contractile ability in the absence of direct neurohumoral effects. Although direct innervation of uterine myocytes has not been described, neurotransmitters, namely norepinephrine from sympathetic and acetylcholine from parasympathetic nerve fibers, are released between muscle bundles.

The blood vessels of the uterus are innervated by sympathetic, parasympathetic and sensory neurons. With parasympathetic stimulation, muscarinic cholinergic receptors are activated, resulting in vasodilation. \(\alpha\)-adrenergic receptors are activated by sympathetic innervation, causing vasoconstriction [14, 78]. During pregnancy, in the uterus blood vessels, the sympathetic neurotransmission increases, and parasympathetic, on the contrary, weakens [62].

The functional activity of the myometrium and its vessels is controlled by sensory neurons that secrete a number of neuromodulators: calcitonin gene-related peptide (CGRP), substance P (SP), vasoactive intestinal polypeptide (VIP), neuropeptide Y (NPY) and neurokinins. By binding to the appropriate receptors on smooth muscle cells, CGRP has a relaxing effect on the vascular wall; circulating CGRP levels and sensitivity to its increase during pregnancy. It is assumed that SP stimulates myometrial contraction and play a significant role in cervical maturation. VIP has vasodilating properties and is also able to reduce the contractile activity of the myometrium. However, its main role is in anti-inflammatory action and regulation of the immune response during pregnancy [14].

In the vast majority of cases, the molecular basis for the regulation of the myometrium contractile activity under the action of the above compounds is the changes in the level of ionized Ca in the myoplasm. An increase in the concentration of Ca\(^{2+}\) is a central stage in biochemical and biophysical events between plasmalemma excitation (changes in membrane potential and/or ligand binding) and the development of muscle tissue contraction, particularly in the myometrium. These processes are called electro(pharmaco)mechanical coupling. As a result of the action potential propagation through syncytium in the smooth muscle [79], the plasma membrane is depolarized, and voltage-dependent Ca\(^{2+}\)-channels are opened. The expression of its subunits in the myometrium is regulated by progesterone. Calcium ions, which entered in myoplasm by the concentration gradient, cause Ca\(^{2+}\)-induced Ca\(^{2+}\) release (CICR) from the peripheral areas of the sarco(endo)plasmic reticulum through ryanodine-sensitive channels. In the case of pharmacomechanical coupling, the sequence of events between the binding of the corresponding ligand (biogenic amines, peptide hormones) and the increase in the concentration of Ca\(^{2+}\) in the myoplasm involves signaling through a system of heterotrimeric G-proteins to a key enzyme phospholipase C (\(\beta\)-isoform). The activation of phospholipase C and the following hydrolysis of phosphatidylinositol-4,5-bisphosphate leads to the formation of secondary messengers inositol-1,4,5-
trisphosphate (IP₃) and hydrophobic diacylglycerol [14, 80]. Hydrophilic IP₃ diffuses to the peripheral reticulum and causes the release of Ca²⁺ from the store by binding to the corresponding receptors (IP₃ receptors, IP₃-sensitive Ca²⁺-channel). This process is Ca²⁺-dependent. Diacylglycerol is able to modulate the Ca²⁺ signal by activating some isoforms of protein kinase C. Increased levels of IP₃ in the myoplasm under the action of such agonists as acetylcholine or oxytocin reduces the concentration of Ca²⁺ in the lumen of the sarco(endo)plasmic reticulum that initiates the so-called “store-operated” or “capacitative” cation entry into the myoplasm [78, 81].

The increase in the myoplasm Ca ions concentration leads to the formation of the complex with a specific receptor protein calmodulin. The Ca²⁺-calmodulin complex subsequently activates myosin light chain kinase. This kinase directly phosphorylates regulatory light chains (mass about 20 kDa), resulting in the interaction of heavy chains with actin and subsequent activation of the contractile apparatus. The reverse dephosphorylation is carried out by myosin light chain phosphatase [14, 80, 82]. Dephosphorylation is further regulated by Rho-kinase, which inhibits phosphatase activity by phosphorylating the enzyme on tyrosine residues [83].

Decreased concentration of Ca²⁺ in myoplasm is a fundamental cause of smooth muscle relaxation, which is due to the processes of energy-dependent cation transport, involving ion pumps and exchangers of plasma membrane (PMCA and NCX – Na⁺/Ca²⁺-exchanger), sarco(endo)plasmic reticulum (thapsigargin-sensitive SERCA) and mitochondria (Ca²⁺-uniporter) [14, 75, 78]. NCX works owing to the Na⁺ gradient energy and, therefore, under the physiological conditions, ultimately depends on the Na⁺,K⁺-ATPase functioning [14, 81, 84]. Ca²⁺-uniporter accumulates Ca²⁺ in the matrix by electrophoretic mechanism due to a fairly high potential difference on the inner membrane of mitochondria, which can reach -180 mV (with a sign “-” on the matrix) [85, 86].

Therefore, the increase in the myoplasm Ca²⁺ concentration is the first and main condition for the development of constriction. In connection with the intensive study of the value of nitric oxide or its derivatives (reactive nitrogen species) in the mechanisms of smooth muscle relaxation [3], some research teams are studying possible sources of nitric oxide in the uterus, as well as its functional activity, including the role of NO in Ca²⁺-dependent regulation of contraction-relaxation of the myometrium.

Sources of the formation and physiological significance of nitric oxide in the uterus

In the model of pregnant rats, it was shown that the uterus generates large amounts of nitrites and nitrates and can convert L-arginine to L-citrulline, which suggests the role of nitric oxide as a regulator of the organ functioning during pregnancy, including contractile activity [22]. NOS present in the uterus may also play a role in the fundamental physiological processes of vascular relaxation and inhibition of platelet aggregation necessary for the normal functioning of the endometrium [22, 87, 88]. Uterine vasodilation performs an essential role at the beginning of implantation and placentation.

NO can be produced by the endometrium, arterial endothelium, placental syncytiotrophoblasts and macrophages during different functional periods [11, 19, 20, 89]. It is suggested that the endometrium is an important regulator of myometrial contractility, similar to the interaction between endothelium and smooth muscle syncytium [6-8]. We confirmed the possibility of NO production by the endometrium. Progesterone and acetylcholine were shown to stimulate this process, and the progesterone functional antagonist, uroconstrictor peptide oxytocin, inhibits it (Fig. 2) [15, 16, 90].

Several isoforms of NO-synthase have been identified in uterine vessels and various parts of the endometrium. NOS-like protein was detected in blood vessels, glandular epithelium and endometrial stromal cells of non-pregnant women. eNOS was identified in uterine tissues of different gestational ages. However, the enzyme was not found in the uterine smooth muscle [87, 91]. In the female endometrium, iNOS is localized in the glandular epithelium and decidual stromal cells. The latter may suggest that NO is involved in initiating and controlling menstrual bleeding, possibly inhibiting platelet aggregation in the endometrium. Nitric oxide produced by the endometrium may inhibit the contractile activity of the myometrium of non-pregnant women [17].

Different NOS isoforms have also been identified in the uterus of animals. In particular, two isoforms of NOS were found in the glandular epithelium of the endometrium and uterine myometrium of pigs. iNOS and eNOS activities increase in the second half of pregnancy and decrease after delivery.
uterus and decreases just before parturition, which correlates with an increase in the oxytocin levels and expression of its receptors [91]. Opposite changes are observed in the cervix of rats. The level of this isoform during pregnancy is high in the placenta, but the decrease in its expression begins earlier than in the uterus. Based on the results of changes in the expression of different NOS isoforms, it was suggested that iNOS is responsible for large amounts of nitric oxide generated in the uterus and placenta during pregnancy, while eNOS is involved in vasodilation during this period [75]. It was confirmed by experiments in which the use of N\textsuperscript{\textcircled{-}}-nitro-L-arginine methylester (L-NAME, an inhibitor of constitutive NOS, more selective for eNOS) in pregnant rats led to increased blood pressure and decreased content of NO metabolites in urine (nitrites and nitrates) in contrast to the administration of aminoguanidine (a more specific inhibitor of iNOS), which reduces the production of NO in urine without affecting blood pressure [75, 88, 93]. The expression and regulation of NOS are influenced by progesterone [75]. The negative effect of NOS inhibitors on pregnancy has been demonstrated. Inhibition of NOS by the L-NAME is observed in the initiation of preterm labour in mice. To prevent this, progesterone, which promotes the NOS expression and the corresponding NO synthesis accompanied by a decrease in the contractile activity of the uterus, was used [94].

The maternal and fetal circulatory systems are adapted during pregnancy. The state of utero-placental circulation directly depends on the NO. Decreased NO levels in the blood of pregnant women can lead to an imbalance in the fetoplacental circulation, accompanied by the development of placental insufficiency. It causes chronic oxygen starvation and hypoxia of the fetus, resulting in neonatal disorders [95]. Administration of L-arginine leads to positive changes in the fetoplacental circulation in patients with preterm labour [95].

At the same time, the expression of sGC subunits increases in the glandular epithelium of the endometrium, its stromal cells and myometrium. This result indicates the involvement of the NO/cGMP signaling pathway during pregnancy [92].

NO synthesis studied in the uterus of pregnant rats at different stages of pregnancy and after labor, is also provided by eNOS and iNOS. The highest NOS content was on the 13\textsuperscript{th} day of pregnancy, with a subsequent decrease. The lowest expression was observed immediately after parturition [12]. It was shown that iNOS is the major isoform present in the reproductive organs of rats, and its regulation during pregnancy differs between the uterus, cervix and placenta. iNOS synthesis is high in the pregnant uterus and decreases just before parturition, which correlates with an increase in the oxytocin levels and expression of its receptors [91]. Opposite changes are observed in the cervix of rats. The level of this isoform during pregnancy is high in the placenta, but the decrease in its expression begins earlier than in the uterus. Based on the results of changes in the expression of different NOS isoforms, it was suggested that iNOS is responsible for large amounts of nitric oxide generated in the uterus and placenta during pregnancy, while eNOS is involved in vasodilation during this period [75]. It was confirmed by experiments in which the use of N\textsuperscript{\textcircled{-}}-nitro-L-arginine methylester (L-NAME, an inhibitor of constitutive NOS, more selective for eNOS) in pregnant rats led to increased blood pressure and decreased content of NO metabolites in urine (nitrites and nitrates) in contrast to the administration of aminoguanidine (a more specific inhibitor of iNOS), which reduces the production of NO in urine without affecting blood pressure [75, 88, 93]. The expression and regulation of NOS are influenced by progesterone [75]. The negative effect of NOS inhibitors on pregnancy has been demonstrated. Inhibition of NOS by the L-NAME is observed in the initiation of preterm labour in mice. To prevent this, progesterone, which promotes the NOS expression and the corresponding NO synthesis accompanied by a decrease in the contractile activity of the uterus, was used [94].

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A fairly common cause of abortion is an antiphospholipid syndrome - an autoimmune disease of various etiologies, which is accompanied by the production of antibodies against phospholipids and associated proteins. Phospholipid syndrome occurs against the background of hyperproduction of pro-inflammatory cytokines. The elevated levels of pro-inflammatory cytokine TNF-\(\alpha\) were observed in the serum of women suffering from miscarriages [96]. Serum levels of the anti-inflammatory cytokine INF-\(\gamma\) and TNF-\(\alpha\)
were low in pregnant women with a normal pregnancy. This effect of proinflammatory cytokines may be due to excessive expression of iNOS and hyperproduction of reactive nitrogen and oxygen species in uterine tissues. The ambiguous effect of NO on the contractile function of the myometrium during pregnancy has been demonstrated in a model of antiphospholipid syndrome. NO causes relaxation at moderate concentrations, but a significant reduction in its formation leads to spontaneous abortion and preterm labour. Hyperproduction of reactive nitrogen and oxygen species mediated by the activity of iNOS increases the contractile activity of the myometrium, resulting in an increased risk of miscarriage [97].

The use of NO donor, S-nitroso-N-acetyl-dl-penicillamine (SNAP), prevents the inhibitory effect of antiphospholipid antibodies on eNOS [98]. eNOS activator hydroxychloroquine [99] reduces the procoagulant state and improves vascular function in antiphospholipid syndrome. The decrease in the incidence of preterm labour at this pathology occurs under the influence of morphine, which is attributed to its ability to stimulate the release of NO [97]. The use of L-NAME removes this effect, which confirms the role of the NO system in the development of antiphospholipid syndrome.

The source of NO can be the placenta. iNOS and eNOS were identified in the vascular endothelium and syncytiotrophoblasts of the placenta. It is suggested that placental NO may act as a paracrine regulator of myometrial contraction [100]. Nerve endings containing nNOS and providing uterus nitricergic innervation were identified [17, 18, 21, 87].

Thus, the formation of nitric oxide in the tissues of the uterus, vessels, nerve endings and placenta has been ascertained. NO is synthesized primarily by iNOS and eNOS and significantly depends on the type of tissue and the functional state of the organ, which indicates its physiological significance.

Biochemical mechanisms of involvement of nitric oxide in the regulation of Ca²⁺-dependent contractile activity of the myometrium

The published data allow making assumptions about the role of nitric oxide in the processes that inhibit the contractile response of the uterus during pregnancy upon elevated progesterone levels [6-8, 75]. Since the 1990s, experimental data on the enhancement of NO production in uterine tissues, genital tract, placenta (decidual membrane) during pregnancy have been reported. It has been suggested that NO performs a tocolytic function. The amount of NO and the tissue sensitivity to NO decrease before labor [6-10, 101]. Nitric oxide is thought to provide relative non-excitability of the myometrium during pregnancy and control the initiation of contractile activity of the myometrium during labor. Nitric oxide donors cause relaxation of women and animal myometrium in a state of functional rest and during pregnancy [11, 13, 102-107]. Therefore, the administration of the nitric oxide donors has been suggested to be effective in inhibiting myometrial contraction to prevent preterm labour [62, 88, 108].

In our studies, the treatment of uterine myocytes with nitrocompounds, namely NO donor (sodium nitroprusside (SNP)) and NO precursor (sodium nitrite (SN)), was shown to prevent an increase in the Ca²⁺ concentration in the myoplasm caused by the oxytocin or carbachol (acetylcholine receptor agonist) action (Fig. 3).

In cells of different types of smooth muscle, the relaxing effect of NO is associated with an increase in cGMP content in the myoplasm [3]. The L-arginine/NO/cGMP regulatory mechanism has been identified in the myometrium of humans, rats, guinea pig and rabbits. In all these species, this mechanism is activated during pregnancy [102, 104-107]. Plasma and urine levels of cGMP, nitrates and nitrites increased during pregnancy in rats and sheep [109, 110].

In isolated myometrial strips of pregnant rats, gaseous NO, SNP, 8-bromo-cGMP (membrane-permeable analogue of cGMP) and L-arginine were shown to inhibit both spontaneous myometrial contraction and carbachol-stimulated, but not for high-potassium depolarization of the plasma membrane [109-112]. There is evidence that the NO effects associated with sGC activation and cGMP formation are controlled by progesterone, particularly in pregnant rats [76, 113].

The level of cGMP in the myocytes of non-pregnant women, rats and guinea pigs increased in vitro in response to SNP treatment. Another NO donor, nitroglycerin, decreased the rate of contractions of myometrial strips in non-pregnant and pregnant women along with increased intracellular cGMP [76, 105, 112].

According to the results of some research groups, the increase in the content of cGMP in the myoplasm under the NO action is not a necessary
Fig. 3. Carbachol-activated increase in myoplasm Ca\textsuperscript{2+}: in control (A) and in pre-treated (for 5 min) cells by NO donor – 0.1 mM SNP (B). For quantitative analysis, 6-7 myocytes from different experiments were used (C); (unstimulated cells is 0 %), *P < 0.01

and sufficient condition for the physiological response [103]. The significance of the mechanisms of cGMP-dependent relaxation of the myometrium has been questioned in the studies on smooth muscle cells of non-pregnant and pregnant women, primates, rats and guinea pigs uterus [11, 13, 102-104, 114]. It has been demonstrated that NO donors cause relaxation of mechanical tension regardless of the presence of sGC inhibitors [108-114]. Suppression of spontaneous contractions of non-pregnant women in the presence of L-arginine and SNP through cGMP-independent pathway has been shown [115].

The cGMP-independent mechanism of NO action in smooth muscle, in particular in the myometrium, can be a direct chemical modification (S-nitrosylation) of ion channels and pumps, which leads to a change in their activity and can be carried out by highly reactive nitrosylating nitric oxide derivatives, such as nitrosonium cation (NO\textsuperscript{+}), nitric dioxide (NO\textsubscript{2}), nitroxyl-anion (NO\textsuperscript{-}) etc. [1, 7, 82, 116]. These NO redox forms are generated in solutions with the widely used nitrocompounds SNP and SN [116]. The regulatory effect of NO via S-nitrosylation of proteins that support pregnancy in the human myometrium was proved [62, 74, 117]. It was shown that in preterm labour, there is an increase in S-nitrosylation of several key regulatory proteins: calponin-1, profilin-1, regulatory light polypeptide myosin 9 and light polypeptide myosin 6, thioredoxin and transgelin. Along with this, there is a decrease in the level of S-nitrosylation of serum albumin, hemoglobin subunits, glutathione-S-transferase P, which are involved in the storage and transport of NO into the cell [74]. There is an increase in the expression of S-nitrosogluthathione reductase and, accordingly, a decrease in the content of S-nitrosogluthathione (the main NO-transporting and depositing molecule involved in transnitrosylation) in the myometrium of women in case of preterm labour. The efficiency of NO-dependent relaxation of the myometrium decreases under these conditions. The activity of sGC was not directly related to these processes [117].
Clinical studies have revealed that the NO donor nitroglycerin reduces the risk of preterm labour [114, 118]. Nitroglycerin causes hyperpolarization of the myocyte membrane in pregnant rats, possibly by cGMP-dependent activation of plasmalemma K+-permeability. However, the relaxation of the myometrium of non-pregnant rats without increasing the level of cGMP is also observed. Relaxation of monkey myometrium induced by S-nitro-L-cysteine was inhibited by K+-channel inhibitor tetraethylammonium. NO donors and L-arginine have been shown to promote the opening of large-conductance Ca2+-activated K+-channels (BKCa) in myometrial cells in pregnant women, and NOS/PGK inhibitors block the conduction of these channels. It has been suggested that NO (or its donors) can relax the myometrium by directly activating sGC and/or KCa channels [6, 119]. It has been shown in human myometrium that during pregnancy, there is a shift in the resting plasmalemma potential towards more negative values, but this effect is not associated with increased expression of BKCa [119].

A certain species-specificity of uterine sensitivity to nitric oxide has been observed. There is also a dependence of the physiological response on the chemical nature of the NO donors. It was demonstrated on human and rat uterine strips that nitric oxide as well as substrate and donors of NO inhibit spontaneous contractions, while the NOS inhibitor L-NAME stimulates. At the same time, in vivo, L-NAME did not cause myometrium contraction in rats but caused in guinea pigs [113]. The study of the NO effect on the parameters of spontaneous myometrium contractions in rats revealed that in the presence of sodium nitroprusside, there was a significant decrease in the amplitude of spontaneous contractions, and an increase in the normalized maximum rate of the relaxation phase [121]. The myometrium of rats is insensitive to nitroglycerin [122]. The human myometrium is insensitive to L-arginine, but has a much higher and pregnancy stage-dependent sensitivity to NO donors compared to other mammals studied. It was suggested [93] that the human myometrium may be a target of NO synthesized outside this tissue, while the rat myometrium is both a source and a target of NO. Inhibition of NOS activity by L-NAME or aminoguanidine and administration of NO donor nitroglycerin in vivo did not change the contractile activity of the myometrium in non-pregnant and pregnant sheep [111]. The different sensitivity of the myometrium to various compounds that alter the metabolism and concentration of nitric oxide may depend on their chemical nature and molecular mechanism of the actions. At the same time, the differences in the effect of these compounds on the myometrium of different animal species indicate certain differences in the mechanisms of regulation of uterine contractile function.

Thus, the analysis of experimental data outlines the following NO activities during pregnancy: restriction of platelet aggregation in the placental barrier, regulation of placental blood flow, inhibition of myometrial contraction [6, 22, 88]. At the same time, the biochemical mechanisms by which nitric oxide controls the contractile function of the myometrium are not yet fully understood. An increase in the Ca2+ concentration in the myoplasm is the first and main condition for the development of contraction. The second condition is the formation of a Ca2+-calmodulin complex with subsequent activation of the contractile apparatus [14, 78]. Accordingly, Ca2+-homeostasis maintenance systems may be the main targets of NO action as a muscle relaxant [89, 123]. The authors of the presented review carried out a series of studies in this direction.

In particular, we studied the effect of NO on Ca2+ transport in the plasma membrane of uterine myocytes. An increase in the plasmalemma Ca2+-permeability and a decrease in the activity of Ca2+,Mg2+-ATPase under the action of nitric oxide depending on the time and concentration of nitrocompounds were demonstrated [124]. These membrane and ionic effects are able to provide a local increase in the Ca2+ concentration in the subplasmalemal region and stimulate Ca2+-dependent processes in the membrane, in particular, enhanced NO synthesis and activation of Ca2+-dependent K+-channels. It was proved that NO causes a pronounced polarization of the plasma membrane of myometrial cells only at physiological concentrations of extracellular Ca2+. The growth of transmembrane potential is not observed in the conditions of application of plasmalemma K+-channels blockers [125]. Thus, nitric oxide causes Ca2+-dependent polarization of the plasma membrane of myometrial cells due to the activation of membrane K+-permeability. An additional factor contributing to the plasma membrane hyperpolarization may be cGMP-dependent stimulation of Na+,K+-ATPase [124].

The above effects may cause effective inhibition by nitrocompounds of the high-potassium depolarization of uterine myocytes over time (Fig. 4).
The cell autofluorescence [125] was taken as “1” with changes.

Under the influence of NO, the energy-dependent accumulation of Ca\(^{2+}\) in the sarco(endo)plasmic reticulum and mitochondria increases and its passive release from the sarco(endo)plasmic reticulum decreases. This can compensate for NO-induced Ca\(^{2+}\) uptake into myocytes and inhibit Ca\(^{2+}\)-induced Ca\(^{2+}\) release [124, 126]. Nitric oxide inhibits the store-operated entry of Ca\(^{2+}\) into myocytes, which correlates with increased reticulum Ca\(^{2+}\) load under the action of the studied nitrocompounds. It is known that store-operated Ca\(^{2+}\) transport is an important component of activation of Ca\(^{2+}\)-dependent contractile activity of the myometrium by oxytocin [14]. We have demonstrated inhibition of the formation of the Ca\(^{2+}\)-calmodulin complex under the action of nitrocompounds, which is the main link in triggering contractions in smooth muscle [124]. Therefore, these results suggest that nitric oxide may inhibit the electro(pharmaco)mechanical coupling in the myometrium at key stages.

The ability of nitric oxide to relax the myometrium determines the interest in the use of NO donors and precursors in obstetrics and gynecology [88]. But insufficient information about Ca\(^{2+}\)-dependent subcellular mechanisms of its action hinders the development and use of effective pharmaceuticals. Thus, it is important to conduct systematic investigations aimed at studying the peculiarities of NO formation in individual myocyte compartments involved in maintaining Ca\(^{2+}\)-homeostasis and are the target for NO action. Mitochondria are an essential coordinating center of the cell, which provides coupled processes of bioenergy, metabolism and Ca\(^{2+}\)signaling. In normoxia, mitochondria can oxidize the guanidine group of L-arginine to form nitric oxide, which is an important regulator of the functional activity of the mitochondria themselves.

### Mitochondria as a source and target for nitric oxide in the myometrium

In some tissues, mitochondria are considered an important source of nitric oxide [23-28]. There is a lack of information in the available scientific literature on the NO formation, catalytic and kinetic properties of the NO-synthase system of smooth muscle mitochondria, in particular myometrial cells.

It was shown the existence of mitochondrial NOS (mtNOS) in rat intact succinate-energized liver mitochondria [127]. This enzyme generated NO and L-citrulline in the presence of L-arginine and was Ca\(^{2+}\)-dependent and constitutively active. mtNOS function was associated with the inner mitochondrial membrane, depended on the intensity of mitochondrial respiration, and was controlled by membrane potential; L-arginine analogs inhibited the enzyme [127]. NO synthesis in mitochondria was also detected in digitonin-permeabilized ventricular myocytes [128].

Detailed analysis of the amino acid composition of mtNOS revealed that its structure corresponds to the primary sequence of nNOS [129]. Mitochondrial NO synthase is assumed to be a splice variant of full-length nNOS\(\alpha\), that differ from already identified, with a molecular weight of 144 kDa. Immunocolocalization of mtNOS with mitochondrial markers (succinate dehydrogenase, cytochrome c-oxidase)
gives further proof of its localization in the inner mitochondrial membrane [24, 26, 27, 44].

mtNOS activity is maximal at the optimal functioning of the electron transport chain, in particular, complex I, which is thought to be a source of electrons for the functioning of the enzyme as the blocking complex I inhibits the activity of mtNOS [32, 130-131]. NO synthesis increases exponentially with the electric potential of the inner membrane, and the dependence of NO production on intramitochondrial pH (in the range of 5.5-8.5) is bell-shaped with a maximum at pH 7.4 [26, 28, 132].

Thus, the results of some studies indicate that the nitric oxide synthesis by mitochondria significantly depends on their energy level, the electric potential and the intensity of exogenous Ca$^{2+}$ influx into the matrix. Experimental data indicate that mtNOS is constantly expressed in mitochondria, is a membrane-bound enzyme, and resembles constitutive NOS in its properties, namely the neuronal isoform. Currently, mitochondrial localization of NOS is reliably shown in some organs and tissues of mammals (liver, thymus, kidneys, brain, cardiomyocytes, diaphragm) [128, 129, 133-136].

We demonstrated for the first time the formation of NO in the mitochondria of myometrium using laser confocal microscopy and colocalization analysis of specific fluorescent dyes [137]. Subsequently, a study of the biochemical properties of nitric oxide synthesis in mitochondria of uterine smooth muscle was performed. In particular, the conditions for determining NO-synthase activity in isolated mitochondria of rat myometrium using a DAF-FM fluorescent probe and flow cytometry were established. Optimal NO-synthase activity requires the presence of Ca$^{2+}$, NADPH and L-arginine in the incubation medium (Fig. 5, A) [131]. The key kinetic parameters of this enzymatic reaction were calculated: the value of the Michaelis constant for L-arginine was found to be 28.9 ± 9.1 μM, and the activation constant for Ca$^{2+}$ was 44.4 ± 14.5 μM, which have physiological significance [131]. It was proved that the biosynthesis of nitric oxide by mitochondria significantly depends on the level of their energization. In the absence of exogenously added respiratory substrates, isolated mitochondria synthesized NO with little efficiency (Fig. 5, B). The addition of pyruvate and succinate to the incubation medium stimulated their oxidation and the functioning of the electron transport chain, energized mitochondria and enhanced the nitric oxide synthesis. A similar effect on NO-synthase activity had a known inhibitor of H$^+\text{-ATPase}$ (F$_{1}$ complex) oligomycin (Fig. 5, B). The addition of ADP (inorganic phosphate and Mg$^{2+}$ are in the incubation medium) to the energized mitochondria provided conditions for the synthesis of ATP and weakened NO-synthase activity (Fig. 5, B). Blocking the electron transport chain complex I by rotenone or the complex III by antimycin A resulted in a significant decrease in NO biosynthesis by energized mitochondria [131]. A similar effect was caused by the introduction into the incubation medium of the protonophore carbonyl cyanide 3-chlorophenylhydrazone (CCCP), which quickly dissipates the electrochemical proton gradient on the inner mitochondrial membrane [131]. Inhibitors of the constitutive isoforms of NO synthase N$\tilde{\text{O}}$-nitro-L-arginine (Fig. 5, C) and 2-aminopyridine [138] at concentrations of 25 μM and 100 μM, respectively, inhibited by almost 50% the production of NO by mitochondria. Inhibition of mtNOS was exerted by ruthenium red, the blocker of Ca$^{2+}$ transport in the inner mitochondrial membrane (Fig. 5, D), as well as by trifluoperazine and calmidazolium (calmodulin antagonists) [138].

Among the wide range of mitochondria functions such as bioenergetics, regulation of the metabolic processes, the source of reactive oxygen species, apoptosis that determine the key role of these organelles for normal cell life, their importance in the maintenance of intracellular Ca$^{2+}$ homeostasis is the crucial one. Mitochondria have been shown to be high-capacity Ca$^{2+}$ stores. These organelles terminate the Ca$^{2+}$ signal, maintain a low physiologically significant concentration of this cation in the cytosol, and thus protect cells from Ca$^{2+}$ overload [81, 86, 139, 140]. Disorder of Ca$^{2+}$-transport system localized in mitochondrial membranes may underlie the disturbance of Ca$^{2+}$-homeostasis and the resulting cell pathology. These processes are essential for the work of muscle tissue because its main function, contractile activity, is a Ca$^{2+}$-dependent process. The biological activity of mitochondria is also largely Ca$^{2+}$-dependent. The increase in the concentration of Ca$^{2+}$ in the matrix activates the enzymes of the citric cycle and the synthesis of ATP [141, 142], while the overload of the organelle with the cation induces cell death [143]. Mitochondria play an important role in Ca$^{2+}$ signaling and Ca$^{2+}$-dependent contraction of the smooth muscles [144, 145].

We confirmed the significance of the electrochemical proton gradient on the inner mitochondrial membrane in maintaining the optimal concentration
Fig. 5. Dependence of NO synthesis in mitochondria on the presence of substrate and cofactors in the incubation medium (A), respiratory substrates and electron transport chain modifiers (B), as well as in the presence of N⁰-nitro-L-arginine (NA) (C) and ruthenium red (RuR) (D). Shifts of DAF-FM fluorescence intensity peaks were registered with the use of the flow cytometry in different incubation media.

of Ca²⁺ in the myoplasm using laser confocal microscopy and Ca²⁺-sensitive fluorescent probe Fluo-4 AM (Fig. 6). This proves the essential role of these subcellular structures in ensuring Ca²⁺ homeostasis in uterine smooth muscle cells. Dissipation of the hydrogen ion gradient by protonophore CCCP results in a sharp increase in the Ca²⁺ concentration in the cytosol (Fig. 6) [145] due to the suppression of the functioning of the Ca²⁺-uniporter.

Disbalance of the coordinated functioning of Ca²⁺-transport systems localized in the mitochondrial inner membrane can lead to the phenomenon of Ca²⁺-overload matrix, hyperpolarization, disruption of Ca²⁺-dependent metabolism of reactive nitrogen/oxygen species and their hyperproduction. The nitrosative/oxidative stress caused by these processes, under the poor functioning protective systems, results in mitochondrial dysfunction. Mitochondrial dysfunction is manifested in the disruption of the electron transport chain, irreversible depolarization of the inner membrane, loss of osmotic balance between the mitochondrial matrix and myoplasm, etc. [24, 32, 42, 56, 146, 147]. These phenomena accompany contractile dysfunction of smooth muscle in pathological conditions of various genesis. Disorders of smooth muscle contractile activity, some authors classify as “mitochondrial diseases” [26, 32, 56, 70, 85, 148-150]. Excess NO production on the background of increased O₂•⁻ formation in mitochondria is accompanied by the generation of significant amounts of peroxynitrite, which can cause apoptosis. The reaction of NO with O₂•⁻ is considered an important factor in reducing the bioavailability and physiological activity of nitric oxide in mitochondria [31, 56, 58].
Fig. 6. Visualization of the process of increasing the Ca\(^{2+}\) concentration in the myoplasm under the action of 10 μM protonophore CCCP using Fluo-4 AM (top panel) and numerical interpretation of this process, ROI function (bottom panel). Laser confocal microscopy data [145]
Over the last twenty years, NO has been found to regulate energy, metabolic and transport processes in mitochondria. The mitochondrial inner membrane, like matrix enzymes, is an effective target for nitrocompounds due to the high content of thiol residues, iron-sulfur centers, heme groups, and the presence of superoxide anion. Nitric oxide at physiological nanomolar concentrations is able to inhibit reversibly the activity of cytochrome c-oxidase resulting in a decrease in the intensity of functioning of the electron transport chain, oxidative phosphorylation and oxygen consumption by mitochondria. These effects are considered to be regulatory ones. Nitric oxide or its derivatives also interact and inhibit the functioning of the I and III complexes of the respiratory chain [26, 32, 149, 151]. A number of researchers consider nitric oxide at physiological concentrations as a protective molecule that can defend organelles from dysfunction caused by hyperpolarization of the inner membrane, excessive production of reactive oxygen species and oxidative stress [32, 44, 65, 149, 152, 153]. NO is thought to be an important part in maintaining the optimal concentration of Ca ions in both the myoplasm and mitochondrial matrix, and this has been confirmed in recent studies [25, 32, 141, 142, 147, 153]. The NO/cGMP-dependent decrease in the electric potential on the inner mitochondrial membrane that affects the intensity of electrophoretic uptake of Ca$^{2+}$ has been demonstrated [32]. Nitric oxide regulates the activity of Ca$^{2+}$-dependent NADH-dehydrogenases and Krebs cycle enzymes by modulating Ca$^{2+}$ homeostasis in mitochondria [141, 142].

There is compelling evidence for the existence of at least two Ca$^{2+}$ transport systems located in the inner membrane in the myometrial mitochondria: Ca$^{2+}$-uniporter - electrophoretic low-affinity and high-capacity system of energy-dependent Ca$^{2+}$ accumulation, and H$^+$/Ca$^{2+}$-exchanger [154-157]. The first is of particular importance for the reticular-mitochondrial Ca$^{2+}$-functional unit, ensuring the accumulation of cation in local high Ca$^{2+}$ concentration near the sarco(endo)plasmic reticulum. The structural basis of the H$^+$/Ca$^{2+}$-exchanger in mammals was identified to be LETM protein [158]. This reverse transporter is more affinity for Ca$^{2+}$ and able to provide both Ca$^{2+}$ release and Ca$^{2+}$ accumulation depending on the current Ca$^{2+}$ and H$^+$ concentrations. It was found that the Ca$^{2+}$ release from the myometrial mitochondria is carried out by H$^+$/Ca$^{2+}$-exchanger with stoichiometry 1Ca$^{2+}$:1H$^+$, which is activated at physiological pH values, inhibited by monoclonal anti-LETM1 antibodies and regulated by calmodulin [157].

Ruthenium red-sensitive Ca$^{2+}$ accumulation by energized mitochondria is stimulated by nitric oxide

![Image of Fig. 7](image_url)  
**Fig. 7.** The effect of nitrocompounds on the energy-dependent Ca$^{2+}$ accumulation in mitochondria in the presence of modifiers of transmembrane cation metabolism. The data are presented as mean±SEM, *changes are significant with respect to control, $P \leq 0.05$, *with respect to the action of 100 μM SNP, $P \leq 0.05$
H. V. Danylovych, Yu. V. Danylovych

This effect is mediated by activation of the Ca\textsuperscript{2+}-uniporter, as it is inhibited by the ruthenium red and protonophore CCCP, which disrupt the driving force for the energy-dependent Ca\textsuperscript{2+} accumulation. At the same time, it does not depend on the functioning of the permeability transition pore due to insensitivity to cyclosporine A. The stimulating effect of NO on energy-dependent Ca\textsuperscript{2+} accumulation may be important for a rapid decrease in cation plasma concentrations following Ca\textsuperscript{2+} transient.

However, H\textsuperscript{+}-Ca\textsuperscript{2+}-exchanger is completely resistant to nitric oxide. Negative results were observed both in the presence of nitrocompounds (Fig. 8, A) and under stimulation of endogenous production of nitric oxide by mitochondria (Fig. 8, B).

The absence of the NO effect on the H\textsuperscript{+}-Ca\textsuperscript{2+}-exchanger allows the ΔpH-dependent Ca\textsuperscript{2+} release from the mitochondrial matrix and its subsequent accumulation by the sarco(endo)plasmic reticulum. Nitric oxide has been shown to stimulate the energy-dependent Ca\textsuperscript{2+} influx into the reticulum [126]. Thus, under increased NO concentration in the myometrium, there is a possibility of normal mitochondrial-reticulum compartment functioning (of note, the affinity of SERCA for Ca\textsuperscript{2+} is higher than that of mitochondrial uniporter [154]) and subsequent Ca\textsuperscript{2+} release from the cell due to the interaction of transport systems of the peripheral reticulum and plasma membrane. Thus, we can assume the existence of membrane mechanisms that protect mitochondria from dangerous Ca\textsuperscript{2+} overload.

NO has been shown to have a protective effect on mitochondria due to a moderate decrease (about 17%) in the electric potential on their inner membrane [159]. One of the possible causes for this is the slowdown of the electron transport chain. In particular, we observed inhibition of FADH\textsubscript{2} oxidation to fluorescent FAD in isolated mitochondria (Fig. 9) [160].

This effect occurred with the use of nitrocompounds (Fig. 9, A) or with endogenous stimulation of NO synthesis by mitochondria (Fig. 9, B) and can be attributed to inhibition of the respiratory chain complex II. A moderate decrease in mitochondria electric potential can be considered as a factor of protection against Ca\textsuperscript{2+} overload and hyperproduction of reactive oxygen species. In addition, nitric oxide effectively prevented the high-calcium swelling associated with disruption of K\textsuperscript{+} transport in the inner membrane and the opening of the permeability transition pore [161].

The results presented in this section support the view that mitochondria are an essential source of NO in uterine myocytes. Nitric oxide regulates specifically Ca\textsuperscript{2+} transport in the inner mitochondrial membrane, inhibits FADH\textsubscript{2} oxidation in the electron transport chain, moderately reduces the electric potential and prevents mitochondrial swelling. Together, these data suggest that NO acts in the myometrial mitochondria as a regulator of Ca\textsuperscript{2+}-homeostasis, bioenergetic processes and protector. However, we still lack information about the rela-

Fig. 8. Nitrocompounds (A) and activation of NO synthesis (in the presence of 50 μM L-arginine, 10 μM NADPH and BH\textsubscript{4}) (B) does not affect ΔpH-induced Ca\textsuperscript{2+} transport from mitochondria. These data represent typical experiments. Standard incubation medium (pH 6.5)
relationship between mitochondrial function and uterine smooth muscle physiology, the role of nitric oxide and Ca\(^{2+}\) in these processes.

**Conclusion.** NO, depending on concentration and chemical microenvironment, exhibits functional activity either influencing the course of physiological processes or being involved in the development of various pathological conditions. The importance of nitric oxide in the biochemical mechanisms of utera relaxation and reduction of myometrium sensitivity to uterconstrictor effects during pregnancy has been proven. It has been shown that NO in the uterus can be generated in endometrial tissue, vascular endothelium and nerve endings, as well as in the placenta during pregnancy. NO synthesis, mainly studied in the uterus of pregnant women and animals, is provided by eNOS and iNOS, the expression and regulation of which are under the influence of hormones. The smooth muscle contractile activity is controlled primarily by Ca ions. Their low physiologically significant concentration in the myoplasm is maintained owing to the functioning of the NO system. The role of nitric oxide in the female reproductive system as a tocolytic becomes crucial with increasing gestational age during the normal pregnancy course: NO production and sensitivity to NO decrease in late pregnancy, preceding the onset of labor.

The relaxing effect of NO on the myometrium is associated either with an increase in myoplasm cGMP or a direct impact of nitrosylating nitric oxide derivatives on the plasmalemma cation-transport systems. We have shown that the polarizing effect of nitric oxide in uterine myocytes is due to an increase in the K\(^{+}\) permeability of the plasmalemma and depends on Ca ions. Thus, it could be related to the activation of Ca\(^{2+}\)-dependent K\(^{+}\)-channels. Local subsarcolemmal increase in the concentration of Ca\(^{2+}\) may occur due to temporary inhibition of PMCA by nitric oxide. The increase in plasmalemma K\(^{+}\) permeability can act as an important Ca\(^{2+}\)-NO-dependent factor in maintaining the relative non-excitability of the myometrium during pregnancy. The increase in the plasmalemma electric potential under the action of nitrocompounds can also be explained by the cGMP-dependent stimulation of Na\(^{+}\),K\(^{+}\)-ATPase activity. The probable consequence of these membrane and ionic processes is a shift in the membrane potential from threshold values necessary for activating ion-transport systems and a decrease in the myoplasm Ca\(^{2+}\) concentration. Our results confirm the influence of nitric oxide on Ca\(^{2+}\)-homeostasis, namely the inhibition of the mechanisms of increasing Ca ions in the myoplasm in the case of the action of carbachol and oxytocin on the myocytes.

Disruption of Ca\(^{2+}\) homeostasis and the resulting cellular pathology may be caused by disorders in Ca\(^{2+}\) transport systems located in mitochondria, which function as a highly efficient Ca\(^{2+}\) storage owing to the ability to accumulate and release significant amounts of the cation. The results of our research prove the role of the myometrium mitochondria as an important source and target of NO action. Nitric oxide is generated in mitochondria in the Ca\(^{2+}\)-calmodulin-regulated process, the effi-

![Fig. 9. Changes in FAD fluorescence in isolated mitochondria under the influence of 100 μM SNP and SN (A) and activation of the NO synthesis reaction in the presence of 50 μM L-arginine and 100 μM Ca\(^{2+}\) (B). These data represent typical experiments](image-url)
ciency of which depends on the degree of energization. The action of nitric oxide on mitochondria is to regulate the transport of Ca$^{2+}$ in the inner membrane and the processes associated with their bioenergy, namely the effect on the electric potential and oxidation of adenine nucleotides in the electron transport chain. In addition, nitric oxide has a protective effect on mitochondria.

Considering the importance of nitric oxide as a signaling and regulatory molecule for controlling the contractile function of smooth muscle, in particular the myometrium, we see prospects for further research in three fundamental areas: 1 – a study of biochemical peculiarities of NO biosynthesis in mitochondria, the final establishment of the structure and localization of mtNOS; 2 – elucidation of molecular mechanisms of nitric oxide action as a possible endogenous specific regulator of Ca$^{2+}$ concentration in myocytes, functioning of Ca$^{2+}$-transport systems of mitochondria and bioenergetic processes in them; 3 – search for exogenous non-toxic modulators of mitochondrial functional activity, namely their NO-synthase ability, bioenergetics and Ca$^{2+}$-homeostasis in order to develop future pharmaceuticals to overcome mitochondrial dysfunction and targeted regulation of contractile activity. Systematic in vivo studies in experimental animals and female volunteers are also needed to establish nitric oxide significance in uterine tissues at different functional periods.

Conflict of interest. Authors have completed the Unified Conflicts of Interest form at http://ukr-biochemjournal.org/wp-content/uploads/2018/12/coiDisclosure.pdf and declare no conflict of interest.

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