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LETTER

Coupling of El Niño events and long-term warming leads to pervasive climate extremes in the terrestrial tropics

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Abstract
The El Niño Southern Oscillation (ENSO) is a major driver of seasonal and interannual climatic variability across the tropics. The 2015/16 El Niño event was one of the strongest El Niño events of the past century. Here we characterize the meteorological impacts of the 2015/16 El Niño event upon the terrestrial tropics, and place the severity of this event into context of previous strong events in 1982/83 and 1997/98. Strong drought-inducing meteorological anomalies (>2 s.d.) occurred across vast regions (20%) of the terrestrial tropics, where the wet tropics (>1200 mm yr⁻¹) were more severely affected (33%) than the drier tropics (6%). Central and eastern Amazonia experienced the most sustained and spatially extensive drought inducing anomalies, while parts of the Congo basin and Insular Southeast Asia also experienced severe drought. Surprisingly, some regions of the tropics (e.g. the Guiana Shield) with well known ENSO teleconnections were only briefly affected by the 2015/16 El Niño event. 2015/16 El Niño soil water drought impacts affected 29% of the terrestrial tropics, compared to 16% and 18% in 1982/83 and 1997/98, respectively. Maximum temperatures were particularly exacerbated compared to previous strong El Niños because they were amplified by the warming trend due to anthropogenic climate change. This also intensified positive anomalies of atmospheric vapor pressure deficit (the atmospheric demand for moisture), which had strongly negative consequences for vegetation productivity in the tropics. Even if El Niño events do not increase in intensity over coming decades, the pervasive long-term warming trend means that the atmospheric drought impact of each strong El Niño is becoming more severe, and many parts of the tropics will experience novel climate (temperature and VPD) conditions with each new strong El Niño event.

Introduction

The sea surface temperature (SST) anomaly index of the Niño 3.4 region (EN3.4) reached its highest recorded value to date in November of 2015. Prior to 2015/16, the El Niños of 1982/83 and 1997/98 were the strongest El Niño events based on the EN3.4 record. This is of global consequence because El Niño events are well known to produce a large number of perturbations in the climate system, and correlate closely with interannual fluctuation in the rate of rising global atmospheric carbon dioxide concentrations (Keeling et al 1995, Betts et al 2016). Here we present an analysis of the meteorological impacts of the 2015/16 El Niño on the terrestrial tropics, the region where both the socioeconomic and biophysical impacts of El Niño are most profound. Such a study helps put locale-specific studies of El Niño impacts (such as those presented in this special issue of ERL) into geographical context, and also enables comparison of the features of this event with previous strong events. During the 2015/16 El Niño, remarkably high SST anomalies occurred in the western and equatorial Pacific (L’Heureux et al 2016), accompanied by weakening of the Walker circulation that is typical of El Niño, and increased convection and rainfall over the regions of warm SST anomalies. The 2015/16 El Niño’s disruption to global circulation produced high
temperature anomalies and low precipitation anomalies across the tropics. Perhaps less well known were the impacts upon vapor pressure deficit (VPD), which can also be described as the atmospheric demand for moisture. Here we characterize the impacts of the 2015/16 El Niño upon the temperature, VPD, surface incoming solar radiation, precipitation, and soil water deficit.

The coupled atmosphere-ocean feedback processes leading to the development of El Niño are complex, and despite the improved understanding of El Niño dynamics, model prediction skill has not shown a steady improvement (Timmermann et al. 2018, and the references therein). El Niño events show a diverse range of amplitudes, triggers, life cycles, and spatial patterns, the impacts of which can be highly sensitive to event-based diversity (Capotondi et al. 2014). It is widely recognized that El Niño occurs in more than one form classified based on spatial pattern of the SST anomaly, the eastern Pacific and central Pacific. The latter has been described by various other terms, such as dateline El Niño (Larkin and Harrison 2005), El Niño Modoki (Ashok et al. 2007), and warm pool El Niño (Kug et al. 2009). In an effort to better depict the complexity of El Niño, Takahashi et al. (2011) defines two uncorrelated indices (E and C), that respectively account for extreme warm events in the eastern and cold/moderate warm events in the central equatorial Pacific, corresponding to regimes with different evolution. By analyzing the E and C indices, Jiménez-Muñoz et al. (2016) shows that the 1982/83 and 1997/98 El Niño events were characterized by a strong contribution of the E index. The contribution of the E index to the 2015/16 El Niño was still strong but much lower than in 1982/83 and 1997/98, and 2015/16 is characterized by a strong contribution of the C index (Jiménez-Muñoz et al. 2016). The 1982/83 and the 1997/98 El Niños were responsible for widespread droughts across the tropics, but perhaps most notable were the 1997/98 event’s creation of arid conditions across much of insular SE Asia that facilitated the burning of tropical forests and peatlands, leading to major emissions of CO₂ to the atmosphere (van der Werf et al. 2004, Page et al. 2008).

The ability to diagnose the meteorological impacts of the 2015/16 El Niño event across less meteorologically instrumented tropical regions is a modern capacity that did not exist during the El Niño events of 1982/83 and 1997/98. Numerous satellite based measurements have contributed to modern advances in climate reanalysis products (Fujiiwara et al. 2017). For example, the Tropical Rainfall Measuring Mission, the Moderate Resolution Imaging Spectroradiometer (MODIS) sensors, the Gravity Recovery and Climate Experiment all became operational in the years following the 1997/98 El Niño. Modern data assimilation techniques (e.g. 4D-var) have been applied to the development of climate reanalysis as a crucial method to integrate heterogeneous and sparse measures of climate into cohesive estimates of past meteorological conditions over areas where little (e.g. Amazonia) to effectively no (e.g. Congo basin) long-term meteorological observations have been collected.

While many studies on the impacts of the 2015/16 El Niño are still ongoing, it is already clear that the warming was widespread (Burton et al. 2018) and that Amazonia in particular experienced a severe drought (Jiménez-Muñoz et al. 2016, Anderson et al. 2018). Unsurprisingly tropical forest burning was observed in Indonesia (Nechita-Banda et al. 2018), but burning occurred at near unprecedented levels in the eastern Amazon (Withey et al. 2018). Tropical forest woody growth also declined, most especially in the central and eastern Amazon (Rifai et al. 2018), all of which contributed to an anomalous rise in the CO₂ growth rate (Betts et al. 2018). In this manuscript we characterize the impacts of the 2015/16 El Niño upon climatic anomalies across the tropics, and examine its impacts in comparison with two prior strong El Niño events. Specifically we address (1) where the 2015/16 event resulted in drought conditions in near-surface meteorological variables of relevance to the biosphere and agriculture, (2) how the drought-relevant meteorological anomalies of 2015/16 compared to anomalies during prior strong El Niño events, and (3) where 2015/16 El Niño drought impacts deviated from the expectation based on long-term patterns associated with ENSO and anthropogenic climate change.

**Data and methods**

We examined meteorological anomalies during the 1982/83, 1997/98, and 2015/16 El Niño events with the Fifth generation of European Centre for Medium-Range Weather Forecasts atmospheric reanalyses of the global climate—ERA5 (from https://cds.climate.copernicus.eu/; Copernicus Climate Change Service) and the anomaly of the El Niño 3.4 index (from: https://esrl.noaa.gov/psd/gcos_wgsp/Timeseries/Data/nino34.long.anom.data). Climate reanalysis datasets provide the best available four-dimensional, homogeneous datasets of the recent climate (Hodges et al. 2003), produced by ingesting observations into models, enabling numerous climate processes to be studied (e.g. the dynamics of the atmosphere, long-term climatic trends, and validation of general circulation models). Climate reanalysis is particularly useful for examining climate trends over regions with sparse meteorological instrumentation because the model framework provides a dynamically consistent estimate of the climate state given the available raw input observations, as opposed to spatial statistical interpolation products (e.g. CRU from Harris et al. 2014) which are particularly challenged over areas with sparse or no contributing meteorological data, as is the case for many tropical regions. ERA5 (released in 2018) represents the
current state-of-the-art for climate reanalysis, with both higher spatial (∼31 km, 0.28°) and temporal (hourly) resolutions than other products. ERA5 improves upon prior climate reanalysis with better estimates of the global balance of precipitation and evaporation, precipitation over land in the deep tropics, soil moisture, more consistent SSTs and sea ice extent, improved information on variation in estimation quality over space and time, the state of the troposphere, and the representation of tropical cyclones (Hersbach et al. 2018). It has already proved to be superior for land-surface hydrology modeling (Albergel et al. 2018) over ERA-Interim, which itself has been evaluated to be amongst the most accurate of climate reanalysis products over the terrestrial tropics (Burton et al. 2018). It should still be noted that some parts of the tropics (e.g. central Congo Basin) are exceptionally data-poor, and any climate analyses have caveats.

We processed meteorological variables from ERA5 according to standard methods which are outlined in detail in the extended methods section of the supplementary materials is available online at stacks.iop.org/ERL/14/105002/mmedia. Analyses presented here are focused upon air temperature, VPD, surface level shortwave radiation (SW), precipitation, and soil water deficit which we approximate through the climatic water deficit (CWD) and maximum climatic water deficit (MCWD). CWD and MCWD have been effectively used in the Amazon (Aragão et al. 2007) and the broader pantropical (Malhi et al. 2009) to characterize soil water deficit where accurate soil drainage properties are unavailable, and CWD anomalies have been shown to be a strong predictor of drought-associated tree mortality in the Amazon (Phillips et al. 2009). MCWD anomalies can be more insightful than precipitation anomalies because they focus on variation in biosphere water budgets during times of water stress.

We address questions 1 and 2 through quantifying descriptive statistics of meteorological anomalies. In order to identify unexpected meteorological impacts from the 2015/16 El Niño (question 3), we calculated the long-term trend of each meteorological variable over the period of 1981–2014, the linear sensitivity of each variable to the EN3.4 index for each grid cell, and the difference in observations from predicted expectations (i.e. the out-of-sample residuals) over the 2015/16 El Niño (SM extended methods).

Results

(1) Where did the 2015/16 El Niño induce meteorological drought conditions in the terrestrial tropics?

Drought inducing meteorological anomalies of temperature, VPD, shortwave radiation were ubiquitous across all major continental land regions (broad continental regional divisions shown in SM figure 1) of the terrestrial tropics during the 2015/16 El Niño event (figure 1). More than 82% (40 885 053 km²) of the tropical land surface experienced at least one month above 2 s.d. of mean normal climate temperatures (1981–2010) during this 2015/16 El Niño period. This reduces to approximately 60% (29 915 892 km²) of the terrestrial tropics when using a linear detrended temperature record to differentiate the impact of the El Niño from warming due to climate change. Eastern South America and eastern Africa experienced the highest positive temperature and VPD anomalies during the 2015/16 El Niño period (figures 2; SM 2), and the highest negative precipitation and CWD anomalies (figures 3(a) and (b)). Low precipitation anomalies (≥2 s.d.) were witnessed across 20% of the tropics (SM figure 2), but the most pronounced negative anomalies were observed in the eastern Amazon, eastern insular Asia, and, to a lesser extent, the Congo basin (figure 1). Several smaller regions also experienced severe reductions in rainfall, such as the Chocó region of northwestern South America, the central coastal region of West Africa, and southern New Guinea/northern Australia (figure 1). The most acute increases in soil water stress (declines in (M) CWD) occurred in central-eastern Amazonia, and to a lesser extent in Central Africa and parts of SE Asia (figures 1 and 2). Large increases in VPD and SW occurred across the core tropics (10°N–10°S latitudes), and mostly followed the spatial patterns of temperature and precipitation anomalies (figures 1 and 2). Large anomalies in temperature and VPD most often occurred with reductions in precipitation (figure 3(a)).

Effects on tropical Africa

Across tropical Africa, the strongest temperature effects of the 2015/16 El Niño were witnessed over east Africa, specifically South Sudan and Ethiopia (figure 1). Interior continental tropical Africa (DRC, CAR, South Sudan) experienced the largest reductions in precipitation, whereas localized regions such as the Atlantic coast of Angola and northern Madagascar experienced anomalous increases in precipitation (figure 1). The most spatially concentrated increase in soil water stress (decline in MCWD) occurred over the Congo Basin (figures 1 and 2). Severe increases in atmospheric water stress (VPD) were experienced between central (Congo) and eastern Africa (South Sudan and Ethiopia), but nearly all of sub-Saharan Africa experienced at least one month with a VPD anomaly greater than two s.d. (figure 1). Shortwave radiation anomalies were mostly but not entirely consistent with regions that experienced large precipitation declines (figure 1), e.g. the Horn of Africa (excluding Ethiopia).

Effects on tropical South America

High temperature anomalies were widespread across South America, whereas precipitation anomalies were the
most spatially localized. Large reductions of precipitation and MCWD were most notable over central to eastern Amazonia, which appears to be the region most affected by the 2015/16 El Niño worldwide. High VPD and SW anomalies extended from central/eastern Amazonia to the south of Brazil. The northwest Amazon and the Guiana shield were the least affected of the forested regions of tropical South America.

Figure 1. The color palette represents the mean meteorological anomaly over the 2015/16 El Niño period. Contour lines indicate the maximum monthly anomalies of temperature, vapor pressure deficit, and shortwave, of grid point locations in s.d. units experienced during the 12 month between July 2015 and June 2016. Minimum monthly anomalies and standard deviations are also shown for precipitation, climatic water deficit, and maximum climatic water deficit.
Effects on tropical Asia
Continental South Asia and Insular Southeast Asia experienced strongly contrasting effects from the 2015/16 El Niño. High temperature anomalies were observed across continental South Asia, yet anomalies of precipitation, MCWD, VPD, and SW were sparse. In contrast, much of insular Southeast Asia experienced both high temperature anomalies, low precipitation and MCWD anomalies, and increases in VPD and shortwave radiation over peninsular Malaysia, southeastern Borneo, and the southern half of Papua New Guinea. Effects in insular SE Asia were highly heterogeneous at fine scale, however, with some regions (western Sumatra, western Borneo, northern New Guinea) experiencing increases in precipitation.

(2) How did drought inducing meteorological anomalies of 2015/16 El Niño compare to anomalies during the 1982/83 and 1997/98 El Niño events?
Distinct spatial variation of meteorological anomalies was the most prominent difference between major El Niño events. Insular SE Asia was the region most affected by precipitation reductions during the 1982/83 and 1997/98 El Niño events (figure 3(c)). The
2015/16 El Niño is distinct for the increased drought severity witnessed across eastern South America, specifically to the central to eastern Amazon (figures 1 and SM 4). Severe but localized droughts also appeared in the Congo region at levels not observed in prior El Niño events (SM figure 4). The 2015/16 El Niño pushed a larger fraction of the tropical land surface into drought conditions than prior strong El Niños (SM figures 2; 4(b)). With the exception of insular SE Asia, a continuously greater proportion of land area experienced drought inducing anomalies with each successive El Niño event (SM figure 2). Unlike the prior El Niño events, every continent had regions where monthly VPD anomalies were pushed well beyond five s.d. (figure 3(a)) because of the additional effects of long-term warming (figure 4(a)). The temperature anomaly difference between El Niño events is considerably reduced when examined with a linearly detrended temperature record which removes the warming effect from climate change (figures 3(a); SM 3).

(3) Where did the spatial pattern of the 2015/16 El Niño deviate from expectations?

The observed meteorological extremes produced during the 2015/16 El Niño (figure 1) were the result of long-term anthropogenic climate change (figure 5) and location specific teleconnections with ENSO (figure 6), however notable deviations in anomalies predicted by ENSO and climate change were observed across different regions in the tropics (figure 7). Regions with the highest ENSO sensitivity were not necessarily the most affected during the 2015/16 El Niño. The large majority of the wet tropics experienced its highest temperature anomaly during the 2015/16 El Niño, but the same is not necessarily true for drier anomalies of VPD and CWD (SM figure 6) where there were exceptions in most regions.

Specifically, drought occurred in regions different from the prior El Niño events (SM figure 4). In South America, the Guiana shield region has a long-term high correlation with EN3.4 and has experienced exceptionally intense drought during the 1997/98 El Niño (SM figure 5), but was not strongly affected by drought conditions during the 2015/16 El Niño (figure 7). The spatial center of the 2015/16 drought for South America was located further south towards the central Amazon, closer to where there is an abrupt reversal of drought correlation with ENSO phase (figures 6 and SM figure 5). Different regions of Amazonia have experienced stronger droughts outside of the three major El Niño events discussed here. Most notably, the northwest Amazon was more affected by the 2005 Amazon drought, while the southern Amazon was most affected by the 2010 Amazon drought (SM figure 6).

Exceptions in 2015/16 also occurred in tropical Africa, where long-term drought correlations with EN3.4 are generally weak (SM figure 5). The drought conditions in the central Congo during the 2015/16 El Niño were surprising considering there were few drought anomalies during prior strong El Niño events in 1982/83 and 1997/98 (SM figure 4). Droughts in other tropical African regions do not appear closely

![Figure 3](image)

(a) The monthly standard deviation of precipitation, vapor pressure deficit, and temperature are plotted for each ERA5 grid cell during the 1982/83, 1997/98, and 2015/16 El Niño events. (b) The area of the terrestrial tropics is partitioned into one standard deviation unit-width bins for temperature anomalies across El Niño events. The vertical gray and red lines represent 0 and 2 s.d., respectively.
related to El Niño events. The eastern equatorial coasts of Africa were most affected by droughts during the 1980s (SM figure 6), whereas the date of peak CWD anomaly appears highly mixed throughout the Sahel, the Great Rift Valley, and broader southern Africa.

Drought correlations with EN3.4 are high across much of insular SE Asia (figure 6), and the spatial patterns of drought during the 2015/16 El Niño event were consistent with prior events in 1982/83 and 1997/98 (SM figure 4). However, the strongest precipitation and MCWD reductions in the region mostly occurred during the 1997/98 El Niño (SM figure 6). The reduction in drought severity over insular SE Asia during the 2015/16 El Niño is notable because it was inconsistent with the increasing severity of El Niño induced droughts across other tropical regions (SM figures 2 and 4).

Discussion

It is evident the 2015/16 El Niño event produced drought anomalies more extreme than prior El Niño events due to additive effects of long-term anthropogenic warming. Even if the frequency of El Niño events and the magnitude of meteorological anomalies stay the same under climate change, each successive El Niño event sits upon the accumulation of warming from anthropogenic climate change, and increased local radiative forcing from land-use change in some regions such as the eastern Amazon and Insular SE Asia. The pronounced increases in VPD are of particular importance because of vegetation’s sensitivity to high VPD that causes declines in transpiration (Cowan and Farquhar 1977, Law et al 2002). Vegetation transpiration and productivity are often more sensitive to VPD than soil moisture deficits (Novick et al 2016), because leaf transpiration is understood to be highly sensitive to increases in leaf-to-air VPD (Wolf et al 2016, Eller et al 2018). The positive anomalies of shortwave radiation and temperature only serve to further augment the leaf-to-air VPD gradient, and by extension, limit the capacity of vegetation to absorb CO₂ for photosynthesis. While soil moisture deficits were also extreme across the tropics during the 1997/98 El Niño, these extremes were worsened across most continental regions (excluding insular SE Asia) during the 2015/16 El Niño. The pervasive increase in atmospheric water stress and localized declines in soil moisture have had and will continue to exert highly deleterious effects upon natural ecosystems and wildlife, and also on human welfare through crop failure and water insecurity.

The severe droughts in central and eastern Amazonia during the 2015/16 El Niño were particularly notable for their ecological impacts. Drought conditions produced large declines in woody biomass production (Rifai et al 2018), while also likely increasing ecosystem respiration (Cavaleri et al 2017, but see Fang et al 2017). Forest fires were widespread across vast regions of the eastern Amazon (Withney et al 2018). While Amazon fires have historically been most connected to deforestation activities, wildfires in recent years appear to be less coupled to deforestation and more connected to meteorological droughts (Aragão et al 2018). Both ground-based (Gloor et al 2018, Rödenbeck et al 2018) and satellite-based (Liu et al 2017) atmospheric inversion studies have inferred that the Amazon region and the broader Neotropics in particular acted as a major net source of CO₂ to the atmosphere during the 2015/16 El Niño although less than the 1997/98 El Niño (Rödenbeck et al 2018). It is
Figure 5. The long-term trend (1981–2014) of air temperature (T), vapor pressure deficit (VPD), surface shortwave radiation (SW), precipitation (P), climatic water deficit (CWD), and maximum climatic water deficit (MCWD) are plotted for the terrestrial tropics.

Figure 6. The linear sensitivity of detrended meteorological variables to the EN3.4 index over the period from 1981–2014.

Figure 7. The detrended mean of residuals from predictions using the linear relationship of meteorological anomalies sensitivity to the EN3.4 index (figure 6) are plotted over the time period of June 2015 through May 2016, corresponding to the 2015/16 El Niño.
possible vegetation productivity across the tropics was more negatively affected during the 2015/16 El Niño than the 1997/98 El Niño precisely because of the anomalously high VPD facilitated by the additive effects of anthropogenic climate change.

Finally we note that not all tropical land climate anomalies during the 2015/16 El Niño period are necessarily connected to the El Niño event. The date of maximum drought-like meteorological anomalies (1980–2017) did not correspond to major El Niño events for much of the tropics (SM figure 6). For example, West African droughts during the 2015/16 El Niño event were potentially part of known longer-term drying trends associated with other modes of SST variability (Hoerling et al 2006). Additionally, some regions that have historically had a long-term meteorological correlations with El Niño indices (e.g. the Guiana Shield region) were not strongly affected during the 2015/16 El Niño event, while some areas with only weak meteorological correlations to El Niño indices (e.g. central Congo) experienced drought. Each El Niño differs in unique and important ways, in part because it develops from similar but distinct atmosphere-ocean coupled feedback processes. The underlying dynamics of El Niño events are a major area of research because they are notoriously complex, and the impacts of multiple-timescale processes on El Niño (e.g. tropical instability waves, extratropical triggers, response of spatio-temporal characteristics to past and future climate forcing) still need to be addressed (Timmerman et al 2018, and the references therein). The co-existence and possible interactions (amplifying or dampening) with other modes of climate variability further complicate predictability of El Niño because the other modes of climate variability may exhibit periodicity over far longer time periods. For example, the periods of the Atlantic Multidecadal Oscillation are thought to be in the range of 50–75+ years (Enfield et al 2001, Gray et al 2006). The Atlantic Multidecadal Oscillation is known to affect the movement of the Intertropical Convergence Zone (Kayano and Capistrano 2014), which is a key determinant affecting moisture transport over the Guiana Shield and West Africa. Moreover, the meteorological expression of El Niño events is also affected by other processes such as the atmospheric pathways through the South Pacific Convergence Zone and Intertropical Convergence Zone, for which the impacts of El Niño are still poorly understood (Sulca et al 2018).

In conclusion, our analysis has demonstrated that overall the 2015/16 El Niño was more severe in its impacts on drought in tropical land regions than previous similarly strong El Niño events—largely because of additional warming due to climate change. There were some geographical differences between past El Niño events and the 2015/16 event, with less impact in insular SE Asia and more impact than expected in the central to eastern Amazon, and the central Congo. The effects of long-term climate change, however, manifested as increased temperature and atmospheric moisture stress. The 2015/16 El Niño pushed large areas of the terrestrial tropics into extreme climates probably unprecedented in the historical record, resulting in novel intensity of climate pressure on the tropical biosphere. Ongoing global warming ensures this will be an increasingly dominant feature of future El Niño events.

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Data availability statement

All data used in this study is derived from the European Centre for Medium-Range Weather Forecasts’ ERA5 product which is openly available from the Copernicus Climate Change Service (C3S) at https://cds.climate.copernicus.eu/

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