Saturable Absorption Dynamics of Highly Stacked 2D Materials for Ultrafast Pulsed Laser Production

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Abstract: This review summarizes recent developments of saturable absorbers (SAs) based on 2D materials for nonlinear optical absorption and ultrafast pulsed laser generation. Apart from graphene, various 2D materials such as topological insulators and transition metal dichalcogenides are investigated for SA applications and their important potential as passive mode-controllers for femtosecond laser production are extensively investigated. By selecting appropriate 2D materials, a wide spectral range of passively mode-locked pulsed lasers are obtained, covering visible, midinfrared and a terahertz region. A set of different approaches is used for fabricating SA modules of fiber laser photonics, which include sandwiching, side-polishing and tapering methods. Noticeably, through systematic studies, it is demonstrated that layer-stacking seldom deteriorates the SA performance of 2D materials in the evanescent regime, although their ultrathin nature may improve the efficiency in a transmission mode like sandwich-type SAs. The direction for designing new SAs is presented based on material characterization.

Keywords: 2D materials; photonics; nonlinear optics; saturable absorber; femtosecond lasers

1. Introduction

Along with ever-growing laser technologies, nonlinear optics has occupied one of the most important areas in modern photonics [1]. This discipline deals many interesting phenomena such as optical rectification, two-photon absorption, four-wave mixing and saturable absorption [2–5]. Nonlinear optical absorption occurs from saturable absorption in which absorption of light decreases as incident light intensity increases. After an infant stage of saturable absorbers (SAs) based on organic dyes, semiconductor SA mirrors (SESAMs) using inorganic compounds have been predominantly employed in commercialized devices for production of passively mode-locked and/or Q-switched pulsed lasers [6].

After the discovery of graphene, many new kinds of 2D nanomaterials have been developed and intensively investigated for their applications to photonic engineering in parallel with studies using conventional nanomaterials [7–11]. These post-graphene 2D materials are transition metal dichalcogenides (TMDCs), topological insulators (TIs), phosphorene, MXenes and so on [12–20]. Graphene exhibits exotic mechanical fractures [21] with intriguing tensile orientation dependence [22] and exceptional mechanical strength with remarkable stretchability [23], which can be used in ultrathin membrane technologies [24,25]. MXenes show predictable and substantial mechanical variation depending on surface termination states, indicating tailorable mechanical applications. Meanwhile, TMDC 2D materials provide promising excitonic photoluminescent platforms with controllable brightness via chemical means [26,27] and offer a wide range of 2D semiconductors suitable for wearable electronics and future energy harvesting technologies [28].

Recently, enormous efforts have been paid to the development of novel SAs based on 2D materials, which include graphene, 2D TIs, graphene oxides, topological semimetal, TMDCs, transition metal monochalcogenides and MXenes [29–46] and the research on...
this field presented many noteworthy results, from which compact, high-performance photonic devices were successfully fabricated for optical switching and ultrafast pulsed laser production. Particularly, fiber laser optics based on SAs has many useful features in terms of reliability, compactness and beam quality, compared to free-space lasers. Regarding the spectra range, 2–3-\(\mu\)m infrared laser technology has become one of the most important photonic areas for military and medical applications because light sources with the wavelengths of 2 \(\mu\)m and beyond are most suitable for medical laser application, micromachining and light detection and ranging (LIDAR).

This review summarizes recent progresses in developing 2D material based SAs, focusing on the stacking effect and spectral application issue. In the following second chapter, we first introduce parameters for quantitative evaluation of saturable absorption and conceptualize mode-locking phenomenon in laser optics. In the third and fourth sections, the promising saturable absorption and mode-locking performance of highly stacked 2D TMDCs and TIs are investigated, respectively. Noticeably, generation of pulse-width controllable dissipative solitons can be achieved using highly stacked \(\text{Bi}_2\text{Te}_3\) TIs, and the importance of TI SAs in midinfrared laser technologies is highlighted. In the fifth chapter, graphene and graphite are comparatively studied for SA-based laser modulation. Different from evanescent cases, possible merits of a graphene SA over a graphite SA were discussed for sandwiched-type applications. In the final chapter, we summarize the results and present the perspective of 2D material SAs in laser technologies.

2. Saturable Absorption and Mode Locking

Saturable absorption is one of nonlinear optical phenomena in which optical absorption decreases as incident light intensity increases, which can be explained by excited electron dynamics and Pauli’s blocking principle. Pauli blocking occurs when the transition states are filled, hence an incoming electron can no longer jump to them as a direct result of the Pauli exclusion principle. Consequently, saturable absorption takes place when a high intensity light comes into SAs. Higher is the incoming light intensity, more easily it can pass through SAs. In contrast, a low intensity light does not induce such a physical event and the incoming low intensity light would be absorbed into SAs and not allowed to pass through SAs.

As such in most nonlinear optical processes, sufficiently high incident light is required to trigger saturable absorption. The physical parameters of SA are for how fast it dynamically responds, at what intensity it saturates and for what wavelengths it absorbs, which correspond to a recovery rate, saturation intensity and spectral range of application, respectively. A typical nonlinear optical absorption curve for characterization of saturable absorption is shown in Figure 1, in which several important parameters are presented. SAs show prominent intensity-dependent optical loss \(\alpha(I)\), exhibiting a curve shown below.

\[
\alpha(I) = \frac{\alpha_o}{1 + I/I_o} + \alpha_{ns}
\]

where \(\alpha_{ns}\) is a non-saturation component of optical loss and \(\alpha_o\) is a total optical loss difference, and \(I_o\) is a saturable intensity.

In laser optics, a high intensity light can occur when the modes of propagating lights in the cavity are accidentally locked in phase. As the saturable absorption process repeats by SAs, eventually lasers with a significantly high intensity would only survive in the cavity and they would correspond to highly mode-locked pulsed lasers, which is referred as passive mode-locking. In this context, ultrafast pulse lasers can be generated through a mode-locking process. At a mode-locking state, relative phases of laser modes in a cavity are locked and these modes are periodically constructive with one another, generating an intense pulsed laser. The duration of the pulsed laser is determined by the number of modes that are oscillating in phase and its time-bandwidth product is associated with the pulse shape.
3. Transition Metal Dichalcogenide SAs

3.1. Few-Layered MoTe$_2$/WTe$_2$ SAs

TMDCs with chemical formula MX$_2$ where M is a transition metal (Mo, W) and X is a group VI element (S, Se, Te) are one important family of 2D materials. The monolayer structure of 2D TMDCs is composed of two hexagonal planar arrangements of X atoms and the in-between plane of M atoms. The M atoms are covalently bonded with the X atoms in a trigonal prismatic arrangement \cite{47,48}. MoS$_2$ and WS$_2$ are representative TMDC materials and they have a 2H-hexagonal phase and a sizable electronic band gap, which can vary from 1.2 to 1.9 eV and 1.34 to 2.0 eV, respectively, depending on the layer stacking number. In contrast, monolayer MoTe$_2$ and WTe$_2$ have a smaller band gap less than 1 eV. Especially, naturally-formed WTe$_2$ has a distorted octahedral coordination about the tungsten atom, adopting a distorted orthorhombic phase (Td-WTe$_2$) and the displacement of tungsten atoms with respect to those of 2H-WTe$_2$ increases the metallic bonding between tungsten atoms, creating the tungsten chains and rendering this material semimetal.

Mao et al. demonstrated that MoTe$_2$/WTe$_2$ nanosheets could serve as high-power SAs for ultrafast-pulsed laser production \cite{49} at the wavelength of 1500 nm. For the preparation of MoTe$_2$/WTe$_2$ nanosheets, parent MoTe$_2$/WTe$_2$ layered materials were exfoliated by an intercalation method using sodium deoxycholate bile salt (Figure 2). Compared to a micromechanical cleavage method, which is suitable for a high-quality micrometer-scale sample preparation \cite{50}, the liquid exfoliation method enabled mass production of mono- to few-layered MoTe$_2$/WTe$_2$ nanosheets \cite{51}. However, this method needs complicated processes such as mixing, sonification, centrifugation and supernatant filtering. In addition, the use of sodium deoxycholate bile salt surfactant increases the fabrication cost.

Atomic force microscopy (AFM) and transmission electron microscopy (TEM) analyses indicated that few-layered MoTe$_2$/WTe$_2$ nanosheets could be manufactured using the liquid exfoliation method (Figure 3). The MoTe$_2$/WTe$_2$ nanosheets were subsequently mixed with polyvinyl alcohol (PVA) and deposited on a side-polished to measure their saturable absorption performance. Both MoTe$_2$-PVA and WTe$_2$-PVA SA modules showed a typical saturable absorption curve, and the modulation depth was measured as 0.9% and 1.5%, respectively. In this experiment, any nonlinear response was not observed from other fiber components, indicating that the saturable absorption solely originated from MoTe$_2$/WTe$_2$ SA modules.
**Figure 2.** (a) Schematic diagram of a liquid exfoliation method for preparing MoTe$_2$/WTe$_2$ nanosheets. Raman spectra of (b) bulk MoTe$_2$ and (c) bulk WTe$_2$. Reprinted with permission from [49].

**Figure 3.** Characterization of MoTe$_2$/WTe$_2$ nanosheets: (a,b) SEM image; (c,d) AFM image and (e,f) TEM image. The inset shows the corresponding suspension of the nanosheets. Reprinted with permission from [49].

By using erbium-doped fiber and MoTe$_2$ and/or WTe$_2$ SAs, pulsed laser system was configurated and its performance was investigated at the wavelength of 1500 nm. Efficient mode-locking was successfully attained using a MoTe$_2$ SA, producing the ultrafast pulsed lasers with a duration of 1.2 ps. Similar outstanding performance was also observed for
bare and/or PVA-mixed WTe$_2$ SAs in which mode-locking occurred at the input power of 35 and 19 mW, respectively. Compared to other TMDCs, MoTe$_2$ and WTe$_2$ have greater absorption coefficients and mode-locking was induced with a lower threshold power.

Results of optical spectrum, autocorrelation trace, oscilloscopic trace and radio frequency (RF) spectrum of a WTe$_2$ SA-based mode-locked pulsed laser system were shown in Figure 4.

Figure 4. Results of the WTe$_2$ mode-locked fiber lasers. (a) Spectrum, (b) autocorrelation trace, (c) pulse train and (d) RF spectrum. Reprinted with permission from [49].

3.2. Highly Stacked MoTe$_2$/WTe$_2$ SAs

Mono- and few-layer TMDCs have widely been investigated as SAs for ultrashort laser pulse generation, but their preparation is nontrivial and requires much expertise. In this regard, studies on the possible use of highly stacked TMDCs as SAs would not only be intriguing at the academic aspect, but also technically important for the development of cost-effective passively mode-locked laser technologies. Noticeably, through a combined experimental and theoretical approach, it was demonstrated that defective, highly stacked WTe$_2$ microflakes could be superb SAs for ultrafast mode-locked pulsed lasers, enabling the production of femtosecond lasers in a fiber cavity at the wavelength of 1550 nm [33].

To prepare WTe$_2$ microflakes suitable for this operation, commercial WTe$_2$ bulk crystal was roughly disrupted by ultrasonic treatment in distilled water for consecutive 3 h periods with 1 h in-between recess. Then, the solution of WTe$_2$ microflakes (3 mg mL$^{-1}$) was taken from the top of the solution. Prior to fabrication of a SA fiber module, the solution was dropped on a glass substrate and dried for 24 h for structural characterization. The SEM and AFM images of the prepared WTe$_2$ microflakes showed that the lateral dimension of the WTe$_2$ microflakes was about 1.7 $\mu$m and their thickness ranges from 80 to 150 nm (Figure 5). The interlayer spacing of WTe$_2$ crystals was known as 0.75 nm and thus they were 100–200 stacked layers of WTe$_2$. In-depth analysis showed that the WTe$_2$ microflakes had an average overall depth of 300 nm (from 100 to 1000 nm), being far from a mono- and/or few-layered 2D material regime.

To fabricate a WTe$_2$ SA fiber module, the WTe$_2$ solution was mixed with PVA and dropped on the surface of a side-polished fiber. The dimension of the WTe$_2$-PVA film was about 10 mm $\times$ 9 mm and its thickness was measured as 2.3 $\mu$m using a surface profiler (DetakXP Stylus Profiler, Bruker). The optical transmission curve of the WTe$_2$-PVA deposited SA module was obtained using the input of a 1-ps mode-locked pulsed lasers with a wavelength of 1550 nm and a repetition rate of 14.15 MHz (Figure 6). This transmission curve was fitted to following formula for quantitative SA characterization [52].
Figure 5. (a) Scanning electron microscope image and (b) atomic force microscopy image of the prepared WTe$_2$ microflakes on a glass substrate. (c) The height profile measured along the red line in (b). Reprinted with permission from [33].

\[ T(I) = 1 - \Delta T \exp\left(\frac{-I}{I_{\text{sat}}}\right) - T_{\text{ns}} \]  

(2)

where \( T(I) \) is the transmission, \( \Delta T \) is the modulation depth, \( I \) is the input pulse energy, \( I_{\text{sat}} \) is the saturation energy and \( T_{\text{ns}} \) is the non-saturable loss. The modulation depth and saturation power were measured as 2.85% and 64.6 W, respectively. The minimum insertion loss and polarization-dependent loss of the WTe$_2$-PVA deposited SA module were 3.8 and 4 dB, respectively.

Figure 6. (a) A schematic and a photograph of the prepared side-polished fiber deposited with a WTe$_2$-PVA composite film. (b) Measured nonlinear saturable absorption curve of the side-polished fiber deposited with a WTe$_2$-PVA composite film. Reprinted with permission from [33].

WTe$_2$ is semimetal, but it is prone to oxidation and likely to induce defects in practical applications. To gain insights to this phenomenon, density functional theory (DFT) calculations were performed for the electronic band structures of a defect-free bulk WTe$_2$ and six monolayer WTe$_2$ systems with different oxidation states, which had chemical compositions (Figure 7) corresponding to the experimental analysis, and the monolayer structures of WTe$_2$ roughly stood for surface layer elements of WTe$_2$ microflakes.
The calculated electron band structures of these WTe$_2$ systems were presented in Figure 8. The result for defect-free bulk WTe$_2$ showed a good agreement with that of previous studies, validating the employed computation method [53,54] Pristine monolayer WTe$_2$ was semimetal, the same as defect-free bulk WTe$_2$, and no energy band was observed in tungsten-deficient WTe$_2$ (W:Te = 1:2.13). In contrast, small band gaps were observed in tellurium-deficient cases (0.033 eV for W:Te = 1:1.875 and 1:1.625). Meanwhile, oxidized WTe$_2$ had rather large band gaps ranging from 0.1 to 0.2 eV. The electronic band gap should decrease upon layer stacking due to alleviated quantum confinement. [55]. Based on these facts, it was supposed that WTe$_2$ could still operate at the near-infrared ranges (0.9–1.7 eV) even for severe surface oxidation.

Finally, the WTe$_2$ SA module was incorporated into a ring-cavity erbium-doped fiber laser to investigate the mode-locking performance of a highly stacked WTe$_2$ SA (Figure 9). Stable mode-locked pulsed lasers were produced by increasing the pump power to 25 mW together with careful polarization adjustment (Figure 10a). The period and repetition rate of the generated pulses were 71.5 ns and 13.98 MHz, respectively, both of which agree well
with the round-trip time and fundamental resonance frequency of the 13.69-m fiber cavity system.

Figure 9. The schematic of the ring-cavity erbium-doped fiber laser incorporating the WTe$_2$ microflake-based saturable absorber (SA). Here, polarization controller (PC), Er-doped fiber (EDF), wavelength division multiplexing (WDM) and laser diode (LD) denote a polarization controller, an Er-doped fiber, a wavelength division multiplexing and a laser diode, respectively. Reprinted with permission from [33].

The optical spectrum of the pulses is shown in Figure 10b and the sech$^2$ fitting for solitons indicated that they have the center wavelength of 1556.2 nm and 3 dB bandwidth of 4.14 nm. Using a two-photon absorption-based autocorrelator, the temporal width of the pulses was directly measured as 770 fs (Figure 10c), and the time-bandwidth product was 0.39, indicating that the output pulses were slightly chirped. In the electrical spectrum analysis, a sharp strong peak with a fundamental repetition rate of 13.98 MHz was clearly observed with a peak-to-background ratio of 67 dB (Figure 10d). The SA performance of WTe$_2$ microflakes was comparable to that of few-layered WTe$_2$ and its mode-locking performance was even better than that of few-layered WTe$_2$.

Figure 10. Measured (a) oscilloscope trace, (b) optical spectrum, (c) autocorrelation trace and (d) electrical spectrum of the output optical pulses (SNR: signal-to-noise ratio, RBW: resolution bandwidth). Reprinted with permission from [33].
4. Topological Insulator SAs

4.1. Highly Stacked Bi$_2$Te$_3$ SAs

Mid-infrared laser technology has become of great research interest due to its promising potential in various emerging application fields such as mechanical processing [56], chemical detection [57], free space optical communication [58], LIDAR sensing [59,60] and laser-assisted medical diagnostics and/or surgery [61,62]. Recently, in addition to traditional mid-infrared technologies based on free-space lasers [63], considerable attention has been paid to the development of optical fiber-based mid-infrared laser systems because of their outstanding performances in terms of beam quality, compactness and reliability [64]. So far, optical fibers doped with transition metal ions such as thulium (Tm), holmium (Ho) and erbium (Er) ions have been used to make fiberized laser systems operating at the spectral region between 1.5 and 3.0 $\mu$m, together with an appropriate selection of host materials such as silica, silicate, tellurite and fluoride glass.

Fiber lasers can operate either in a continuous-wave or pulsed form, depending on the application purpose. For pulsed lasers, additional optical component should be implemented to induce Q-switching or mode-locking. Q-switching is achieved by modulating the quality factor (Q-factor) of the cavity in a transient mode, while mode-locking occurs by keeping the relative phases of multiple laser modes. Generally, these modulations can be achieved by two different approaches, passive and active, and SAs are the most important ingredient of passive modulation.

Recently, 2D TIs have gained huge scientific and technical attention for the development of SAs suitable for fiber lasers, particularly at the midinfrared applications, due to their prominent properties and exotic surface electronic states [65]. However, complicated processes for preparation without layer stacking had deteriorated the practical application of 2D TI-based photonic devices. If layer stacking is not a critical factor for the proper SA operation of TIs, the applicability of TIs in this field would be greatly enhanced than otherwise, and this issue has been systematically addressed as described next [66].

For this study, a side-polished fiber module deposited with highly stacked Bi$_2$Te$_3$ TIs were fabricated and its nonlinear optical transmission behavior was investigated in the evanescent regime using a 1-ps mode-locked fiber pulse laser at 1950 nm. The modulation depth of highly stacked Bi$_2$Te$_3$ TIs was as large as 20.6%, while its saturation power was 29 W. Based on this fact, passively mode-locked laser system was constructed using the highly stacked Bi$_2$Te$_3$ SA fiber module (Figure 11). Specifically, the ring cavity was made using a gain medium of a 1-m long Tm/Ho co-doped fiber, an isolator, a 90:10 coupler, a polarization controller, a 1550/2000-nm wavelength division multiplexing (WDM) and a Bi$_2$Te$_3$-deposited side-polished fiber module. For input of pump beam in the ring cavity, a 1550-nm semiconductor laser diode (LD) with a maximum power of 250 mW was coupled with the Tm/Ho co-doped fiber using a 1550/2000 nm WDM coupler. The mode-locked laser output was extracted through a 10% output port of a 90:10 coupler. A single-mode fiber of SM2000, which has a cut-off wavelength of 1700 nm, is known to be more suitable to the 2000-nm operation than a standard SMF28 fiber due to a significant lower bending loss, while keeping almost similar propagation loss and dispersion as those of SMF28. Hence, in this study, all the components were fusion-spliced using the SM2000 for easy handing of system fabrication and operation, and the total length of the ring cavity was about 7 m. The dispersion of the SM2000 and Tm/Ho codoped fiber were $-0.067$ ps$^2$/m and $-0.056$ ps$^2$/m, respectively, at a wavelength of 1950 nm. Based on these measurements, the total cavity dispersion was approximated as $-0.458$ ps$^2$. The insertion losses of the isolator, coupler, and WDM were measured to be 1.2, 0.8 and 0.5 dB, respectively, at 1950 nm.

The period of the laser pulses was measured as 35.8 ns, which corresponds to a repetition rate of 27.9 MHz, being compatible with the fundamental frequency of the ring cavity. A strong signal peak with a peak-to-background ratio of 76 dB was observed at the repetition rate of 27.9 MHz in the electronic spectrum analysis. The optical spectrum measurement showed that the output pulses has a center wavelength of 1935 nm and a 3 dB bandwidth of 5.64 nm (Figure 12). If it is a transform-limited case, the pulse-width
would be 698 fs. Kelly sidebands were clearly observed in the spectrum [67] in which the first-order Kelly sideband was at a distance 8.2 nm from the center wavelength. Using the experimentally measured total cavity dispersion value of 0.458 ps², the position of the first-order Kelly sideband was theoretically calculated as 9.117 nm relative to the center wavelength, assuming the transform-limited case. Figure 12b shows the theoretical plot of a relative Kelly sideband position as a function of the temporal width of transform-limited pulses for various Kelly sideband orders.

Small difference between experimental and theoretical values of its relative position indicates that the output pulses are slightly chirped. For a straightforward measurement of temporal width of output pulses, an autocorrelation analysis was performed using a second harmonic generation (SHG)-based autocorrelator. Since the power of the output pulses (average power of 1 mW) was not high enough to induce SHG, an amplification process was taken before autocorrelation analysis. To avoid any temporal and spectral distortion of laser pulses during the amplification process, the amplification gain was carefully adjusted, attaining the average power of 20 mW. Comparing with the original optical spectrum (Figure 12a), the amplified spectrum has almost the same spectral shape.
The autocorrelation trace showed the pulse width of 795 fs and the time bandwidth product of 0.35, confirming slightly chirped output pulses (Figure 13b).

It should be noted that TIs have semimetal electronic band structures at the surface, being linearly dispersed across the Fermi energy level, similarly to graphene, while they have sizable band gaps at the interior region. This fact indicates the promising SA potential of TIs for the development of advanced midinfrared laser technologies, as exemplified by Bi$_2$Te$_3$.

4.2. TI SAs for Dissipative Soliton Resonance Lasers

Through extensive investigation on mode-locked fiber lasers performed over recent decades, it was discovered that five different types of pulses can appear in the fiber cavity via mode-locking, depending on the interplay between the Kerr effect and group velocity dispersion, which are the conventional solution [68,69], stretched pulse [70], similariton [71], dissipative soliton [72,73] and dissipative soliton resonance [74]. In a normal dispersion regime, dissipative soliton pulses with a broad temporal width can be produced through proper interaction among gain, loss, dispersion, optical nonlinearity and spectral filtering. Dissipative soliton is known to have much higher energy than conventional soliton pulses. However, even though they can generate laser pulses with a large energy, they suffered from an energy scaling issue due to pulse splitting phenomenon as the pump power become higher. Chang et al. [74] theoretically predicted that another type of mode-locked pulses, referred as dissipative soliton resonance, could also be generated under a normal dispersion condition, which was actually validated through a number of continued experiments. This laser typically produces flat-top, square-shaped pulses with a temporal width that can extend limitlessly as the pump power increases. In the dissipative soliton resonance, a pulse peak power is clamped and maintained, while its pulse energy monotonously increases as the pump power increases. Furthermore, in-depth investigation reveals that dissipative soliton resonance can occur in both the normal and anomalous dispersion spectral regions of the medium, while dissipative soliton only occurs in the normal dispersion region.

To induce the dissipative soliton resonance, various factors including saturable absorption, gain, propagation loss, Kerr effect and dispersion should be properly adjusted to obtain the desired balance. Several conditions of cavity parameters were reported for the occurrence of dissipative soliton resonance, but optimum SA parameters are yet elucidated. One obvious point is that the modulation depth should be large enough to generate the mode-locked pulses in the normal dispersion region.

Lee et al. demonstrated that pulse-width-tunable, a mode-locked fiber laser through dissipative soliton resonance could be manufactured using a highly stacked Bi$_2$Te$_3$ TI to emphasize its prominent potential in SA applications [75]. For this operation, a ring-cavity fiber laser system was constructed consisting of a 6-m-long Er-doped fiber (EDF), 980/1550 nm and 1480/1550 nm WDMs, a polarization controller, an optical isolator, 1480-nm and 980-nm pump LDs, a 30:70 output coupler and most importantly a 100-m long dispersion compensating fiber (DCF) along with the incorporation of a highly stacked
Bi$_2$Te$_3$ SA module (Figure 14). Compared to normal configuration of mode-locked lasers, two points are noticeable. First, for sufficient increase of output pulse energy, two laser diodes with the wavelength of 1480 nm and 980 nm were used and their maximum pump powers were 82 mW and 298 mW, respectively. Second, a 100-m long DCF with a normal dispersion of $-98$ ps/nm km at 1550 nm was employed to enhance dissipative soliton resonance while suppressing the conventional soliton evolution. The power of the 1480-nm LD was gradually increased up to the maximum amount of 298 mW to launch the pump power while keeping the 980-nm LD switched off, and subsequently the 980-nm LD was switched on to further increase the pump power to supply a sufficient power to the gain fiber.

Figure 14. The fiber laser system for dissipative soliton resonance. Reprinted with permission from [75].

Conventional mode-locked pulsed lasers with a nanosecond duration were first obtained at the pump power of 88 mW, using a 1480-nm LD only. The typical optical spectrum and oscilloscopic trace of mode-locked lasers are observed as shown in Figure 15, in which saturable absorption was dominantly responsible for passive mode-locking of the laser system. Importantly, the variation of the laser pulses was observed as further increasing the pump power and the width of the laser pulses become monotonously and continuously broadened without any pulse splitting and/or breaking, which were typical for dissipative soliton resonance (Figure 16).

The average power and peak pulse power of the output pulses were plotted as a function of the pump power, showing a well-defined linear relationship, and the output pulse energy was only limited by the lack of available pump power (Figure 17). The stability of the output pulses was guaranteed by the electronic spectrum with a significantly high signal-to-noise ratio of 51 dB.

Figure 15. (a) Measured optical spectrum and (b) oscilloscope trace of the output pulses at a pump power of 88 mW. Reprinted with permission from [75].
5. Graphene and Graphite SAs

5.1. Graphene SAs

Since the discovery in 2004, graphene, a hexagonal carbon network with monoatomic thickness, has triggered extensive studies on its various exotic physical properties. In recent years, benefiting from ultrathin nature and high light-matter interaction, graphene has attracted considerable attention from laser photonic community. Particularly, infrared laser sources in the spectral range of 1800–2000 nm, which can be realized by fiber optical systems, are currently of topical interest due to their significance in remote sensing, spectroscopic analysis and medical therapy. This range can cover absorption lines of several important gases like carbon dioxide (CO$_2$) or hydrogen bromide (HBr) [76], suggesting possible construction of cost-effective high-performance gas sensing platforms. It has also been shown that 2000-nm laser outperform 1000-nm and 1550-nm sources for dermatological treatment and medical surgery, allowing precise and efficient optical scalpels [77,78].

Sobon et al. used graphene as a SA to make 1884-nm pulsed laser via efficient passive mode-locking by simply inserting graphene between the ferrule connectors of a fiber cavity [79]. For large-area production, a graphene film was fabricated by a chemical vapor deposition method and carefully transferred onto the ferrule of a ring-fiber cavity incorporated with a Tm-doped gain fiber suitable for 1900-nm laser production (Figure 18). To confirm that the mode-locking originates from the graphene SA, the laser was first launched without a deposited graphene SA and mode-locking did not occur for any configuration of a polarization controller (PC). Then, the graphene SA was incorporated into the laser system in a transmission mode, not in an evanescent mode that allows for
more feasible mode-locking. Despite this, the system has readily produced well-defined mode-locked pulses as shown in Figure 19. Characteristic dips in the high-resolution spectrum were proven to coincide with water absorption lines. The optical spectral shape without these dips exhibited well the soliton features. It was supposed that the ultrathin nature of 2D materials could contribute to optical loss control/reduction and interfacial fitness for better mode-locking of SAs in a transmission mode.

![Figure 18. Tm-doped fiber laser system incorporated with a sandwiched graphene SA module. Reprinted with permission from [79].](image)

**Figure 18.** Tm-doped fiber laser system incorporated with a sandwiched graphene SA module. Reprinted with permission from [79].

![Figure 19. (a) Measured optical spectrum and (b) autocorrelation trace of the laser system. Reprinted with permission from [79].](image)

**Figure 19.** (a) Measured optical spectrum and (b) autocorrelation trace of the laser system. Reprinted with permission from [79].

5.2. Graphite SAs

To investigate the potential of highly stacked graphene in saturable absorption applications, graphite in a pencil was incorporated into a 1550-nm fiber laser system by simple sketching onto ferrule connectors in the fiber ring cavity [80], which would be a stringent case of highly stacked graphene. Despite its rawness, this system produced well-defined Q-switched pulsed lasers. The details of the laser system are shown in Figure 20. A 3-m long EDF, which exhibited almost complete absorption (30 dB) of 980-nm pump beam, was used as a gain medium, and a LD with a maximum power of 273 mW was used as a pump source. The LD was coupled with the gain fiber through a 980/1550 nm WDM and for unidirectional light, an isolator was placed between a WDM and a graphite SA.

When the pump power reached 169 mW, Q-switched pulsed lasers were produced in the ring cavity. The Q-switched pulses maintained up to the maximum pump power of 273 mW with good stability. The oscilloscope traces of the output pulses showed the typical pump power-dependent features of Q-switching (Figure 21a). The repetition rate increased from 39.86 to 46.08 kHz as the pump power increased, whereas the pulse width decreased from 2.71 to 1.98 µs. The optical spectrum measured at the pump power of 273 mW indicated that the center wavelength and 3 dB bandwidth of laser pulses were 1559.3 nm and 2.5 nm, respectively (Figure 21b). The average energy and peak energy of
the output laser pulses monotonically increased as the pump power increased. The system used a very thick raw state of graphite and further improvement of performance would be possible through structure refinement and system optimization, which was actually achieved by continued studies [81].

![Figure 20. The configuration of a Q-switched fiber laser using a pencil graphite SA. Reprinted with permission from [80].](image)

![Figure 21. (a) Oscilloscope traces of output pulses measured at various pump powers. (b) Optical spectrum of output pulses obtained at a pump power of 273 mW. Reprinted with permission from [80].](image)

6. Perspective of 2D Material SAs

Through extensive researches, it was observed that the mode-locking performance of 2D material SAs was seldom deteriorated by significant layer stacking as summarized in Table 1 including studies introduced in this review. We see that femtosecond pulsed lasers can be readily produced by high-stacked 2D material SAs.
Table 1. Output performance comparison of mode-locked fiber lasers using highly stacked 2D material SAs and others.

| Saturable Absorber | Fiber Platform | Wave Length (nm) | Modulation Depth (%) | Saturation Level | Pulse Width (fs) | Refs |
|--------------------|----------------|------------------|----------------------|------------------|------------------|------|
| Few Layered WTe₂   | Side-Polished Fiber | 1561             | 2.8                  | NA              | 1200             | [49] |
| Bulk Structured WTe₂| Side-Polished Fiber  | 1556.2           | NA                   | 59 MW/cm²        | 770              | [33] |
| Nanostructured Bi₂Te₃ | Tapered Fiber   | 1909.5           | 9.8                  | NA              | 1260             | [82] |
| Bulk Structured Bi₂Te₃ | Side-Polished Fiber | 1935             | 20.6                 | 29 W            | 795              | [66] |
| Graphene           | Fiber Ferrule   | 1884             | NA                   | NA              | 1200             | [79] |
| Graphene           | Fiber Ferrule   | 1555             | 3.6                  | 0.08            | 590              | [34] |
| Graphite           | Fiber Ferrule   | 1563             | 21                   | NA              | 472              | [81] |

NA: Not Available. Saturation level units of W and MW/cm² are for saturation power and saturation intensity, respectively.

Apart from sandwiched and/or side-polished fiber modules, SAs can also be incorporated into tapering fiber modules in which coating is etched radially around the fiber and SAs are deposited all around the etched fiber. Highly stacked SAs still showed excellent modulation performance in this type of SA modules [83]. In this review, we only introduced the progresses of 2D material SAs achieved in the spectral range of fiber photonics. However, using 2D materials with appropriate electronic and optical properties, the application range can be further extended to other spectral regions such as visible and terahertz ones [84,85]. Visible orange-light laser pulses were readily produced using a WS₂-coated mirror and a Pr³⁺-doped ZBLAN (ZrF₄·BaF₂·LaF₃·AlF₃·NaF) fiber gain medium (core/cladding: 6/125 µm, numerical aperture (NA) of 0.15, Pr³⁺ concentration of 1000), suggesting a possible broadband application of 2D material SAs [84].

The setup for this free-space pulsed laser is shown in Figure 22. When a WS₂ SA was not used in the system, it generated orange-light continuous wave lasers. However, when WS₂ mirrors were incorporated into the laser system, it produced orange-light Q-switched lasers whose typical oscilloscopic traces were clearly observed for various input powers (Figure 23).

![Figure 22](image-url)
Although highly stacked 2D material SAs can have a fairly good modulation performance in laser photonics, mono- and/or few-layer 2D material SAs would have their own merits as it could be more desirable for transmission-mode applications such as sandwiched-type SA modules in fiber laser systems and/or SA coated mirrors in free space lasers. Despite the promising potential of SAs in modern photonic technologies, the development direction of 2D material SAs is not elucidated and remains rather ambiguous. Regarding this, the research experience indicated the tendency that good 2D material SAs generally possess high thermoelectric properties and that good thermoelectric operation is beneficial for saturable absorption. It is noteworthy that key ingredients of thermoelectric materials and TIs are very similar to each other. In summary, 2D material SAs can provide a rich platform for advanced pulsed laser technologies allowing superb optical switching and passive mode-locking in the broadband spectral range. Continued studies on these 2D material SAs will significantly contribute to the development of novel types of high-performance photonic devices in the future.

**Author Contributions:** Conceptualization, Y.I.J. and J.H.L.; methodology, Y.I.J. and J.H.L.; validation, Y.I.J. and J.H.L.; formal analysis, Y.I.J. and J.H.L.; investigation, Y.I.J. and J.H.L.; resources, Y.I.J. and J.H.L.; data curation, Y.I.J. and J.H.L.; writing—original draft preparation, Y.I.J.; writing—review and editing, Y.I.J. and J.H.L.; visualization, Y.I.J.; supervision, J.H.L.; project administration, Y.I.J.; funding acquisition, Y.I.J. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by by Basic Science Research Program through the National Research Foundation of Korea funded by the Ministry of Education (2019R1I1A1A01060876).

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Conflicts of Interest:** The authors declare no conflict of interest.

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