Trivial and inverted Dirac bands, and emergence of quantum spin Hall states in graphene on transition-metal dichalcogenides

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Proximity orbital and spin-orbital effects of graphene on monolayer transition-metal dichalcogenides (TMDCs) are investigated from first-principles. The Dirac band structure of graphene is found to lie within the semiconducting gap of TMDCs for sulfides and selenides, while it merges with the valence band for tellurides. In the former case the proximity-induced staggered potential gaps and spin-orbit couplings (all on the meV scale) of the Dirac electrons are established by fitting to a phenomenological effective Hamiltonian. While graphene on MoS$_2$, MoSe$_2$, and WS$_2$ has a topologically trivial band structure, graphene on WSe$_2$ exhibits inverted bands. Using a realistic tight-binding model we find topologically protected helical edge states for graphene zigzag nanoribbons on WSe$_2$, demonstrating the quantum spin Hall effect. This model also features “half-topological states”, which are protected against time-reversal disorder on one edge only.

There has recently been a strong push to find ways to enhance spin-orbit coupling in graphene [1] to enable spintronics applications [2–4]. Decorating graphene with adatoms [4, 5] has proven particularly promising, as demonstrated experimentally by the giant spin Hall effect signals [6, 7]. In parallel, there have been intensive efforts to predict realistic graphene structures that would exhibit the quantum spin (and anomalous) Hall effect [8–11], introduced by Kane and Mele [12] as a precursor of topological insulators [13–15].

Ideal for inducing a large proximity spin-orbit coupling in graphene would be a matching 2d insulating or semiconducting material to preserve the Dirac band structure at the Fermi level. Hexagonal BN is a nice substrate for graphene, but it has a weak spin-orbit coupling itself [1], so the proximity effect is negligible. The next best candidates are two-dimensional transition-metal dichalcogenides (TMDCs) which are direct band-gap semiconductors [16, 17]. Graphene on TMDCs has already been grown [18–20] and investigated for transport [21, 22] as well as considered for technological applications [23–26]. It was recently predicted that monolayer MoS$_2$ will induce a giant spin-orbit coupling in graphene, of about 1 meV (compared to 10 μeV in pristine graphene [27]). A recent experiment [21] on the room temperature spin Hall effect in graphene on few layers of WS$_2$ found a large spin-orbit coupling, about 17 meV, attributing it to defects in the thin WS$_2$, rather than to the genuine proximity effect.

As the proximity spin-orbit coupling in graphene on TMDCs is expected to grow with the increasing atomic number of the transition-metals, we here explore the whole family of TMDCs as potential substrates for graphene. In most cases we find trivial Dirac cones, affected by the proximity effects. But for graphene on WSe$_2$ we see a robust band inversion and emergent spin Hall effect in the corresponding zigzag nanoribbons.

More specifically, we report here on systematic first-principles calculations predicting that (i) graphene on MoS$_2$, WS$_2$, MoSe$_2$, WSe$_2$, MoTe$_2$, and WTe$_2$ monolayers [see Fig. 1(a) for the structure] preserves its linear-in-momentum band structure within the TMDCs direct

![FIG. 1: Sketch of (a) the atomic structure of graphene on a monolayer transition-metal dichalcogenide, and (b) evolution of spin-orbit coupling induced band structure topology near the Dirac point of graphene in this hybrid structure. In the absence of spin-orbit coupling the doubly spin degenerate bands are split by the proximity orbital gap. As the proximity spin-orbit coupling is turned on, first the spin degeneracy is lifted, followed by the band inversion at large values of spin-orbit coupling. Red and blue colors indicate the opposite spin projections along the transverse (z) axis.](image-url)
zigzag graphene nanoribbons in this structure have helical edge states inside the bulk gap, demonstrating the quantum spin Hall effect. We also find that (v) states outside the gap exhibit a pronounced edge asymmetry, with an odd number of pairs at one edge and even number of pairs at the other edge. We call such states half-topological, as they are protected against time-reversal impurity scattering at one edge only.

**Survey of ab initio band structures of graphene on TMDCs.** To calculate the electronic structure of graphene on TMDCs we applied density functional theory, coded in Quantum ESPRESSO [28], on a supercell structural model to reduce strain due to the incommensurate lattice constants of graphene and TMDCs; see Ref. [29] for computational details. Such quasocommensurate superstructures of TMDCs have been grown on HOPG [30]. In Fig. 2 we show the calculated band structures of graphene on monolayer MoS$_2$, WS$_2$, MoSe$_2$, WSe$_2$, MoTe$_2$, and WTe$_2$ along high symmetry lines. In the case of sulfur and selenium based TMDCs we find linear dispersive states of graphene with the Dirac cone within the direct gap of TMDCs. As the atomic number of the chalcogen increases, the Dirac cone shifts down towards the valence band edge of TMDCs. In tellurides the Dirac point moves below the valence band edge and the graphene bands there get strongly distorted.

In the following we study in detail the electronic states of the well-preserved Dirac band structures of graphene on sulfides and selenides. Essential calculated orbital electronic properties, such as the valence and conduction band offsets, $\Delta E_v$ and $\Delta E_c$, the induced dipole moment (which points towards graphene) of the double-layer structures, and the work functions $W$ of the graphene and TMDC layers (calculated as the difference between the self-consistent electrical potential just outside of the layer and the Fermi level of the whole system), are listed in Tab. I. We also found that the band offsets can be controlled by an applied transverse electric field [29]. For example, we predict the possibility to tune graphene on WSe$_2$ by gates to reach a *massless-massive electron-hole* regime [29].

**Dirac band structure topologies.** We now look at the band structure topologies of the Dirac cones modified by the proximity effects. Electronic transport in those heterostructures will be graphene-like, with the proximity-induced fine topological features which depend on the TMDC material. A zoom into the Dirac cone for the four selected heterostructures is shown in Fig. 3. Three materials, graphene on MoS$_2$, WS$_2$, and MoSe$_2$, share the same topology, studied already in the MoS$_2$ case in Ref. [31]. The essential features are (a) opening of an orbital gap due to the effective staggered potential (on average, atoms A and B in the graphene supercell see a different environment coming from the TMDC layer), (b) anticrossing of the bands due to the intrinsic spin-orbit coupling, and (c) spin splittings of the bands due to spin-orbit coupling and breaking of the space inversion symmetry. Both the orbital gap and spin-orbit couplings are on the meV scales, which are giant compared to the 10 $\mu$eV spin-orbit splitting in pristine graphene [27]. In Fig. 3 we also show the spin character of the bands at K. We find that the valence states are formed at the B sublattice while the conduction states live on A. The same orbital ordering is at K'. The spin alternates as we go through the bands. At K' the spin orientation is opposite.

The case of graphene on WSe$_2$ stands out. Figure 3 shows an *inverted band structure*, which is the main focus of our paper, as it is an indication for a nontrivial topological ordering. While far from K the band ordering in the Dirac band structure of WSe$_2$ looks the same as in the other three cases, close to K the two lowest energy bands anticross. The top of the valence band and the bottom of the conduction band have opposite spins to the rest of the states of the same bands.

**Effective Hamiltonian.** Both the trivial and nontrivial topologies observed in Fig. 3 can be modeled with the same effective Hamiltonian acting on graphene $p_z$ or-
TABLE I: Calculated orbital and spin-orbit parameters, work functions, and dipole moments for graphene/TMDC heterostructures. Labels: $v_F$ is the Fermi velocity of the Dirac states in graphene on TMDCs, $t$ is the hopping energy of graphene’s $p_z$ electrons, $\Delta$ is the induced orbital gap of graphene, $\Delta E_v$ and $\Delta E_c$ are the TMDCs valence and conduction band offsets with respect to graphene’s Dirac point, “dipole” is the dipole moment, $W_{\text{grp}}$ and $W_{\text{TMDC}}$ are the work functions of graphene and TMDCs, $\lambda^A$ and $\lambda^B$ are the intrinsic spin-orbit couplings for A and B graphene sublattices, $\lambda_R$ is the Rashba spin-orbit coupling, and $\lambda_{\text{PIA}}^A$ and $\lambda_{\text{PIA}}^B$ are the pseudospin-inversion-asymmetry (PIA) spin-orbit terms for the two sublattices.

| TMDC | $v_F/10^5$ | $t$ | $\Delta$ | $\Delta E_v$ | $\Delta E_c$ | dipole | $W_{\text{grp}}$ | $W_{\text{TMDC}}$ | $\lambda^A$ | $\lambda^B$ | $\lambda_R$ | $\lambda_{\text{PIA}}^A$ | $\lambda_{\text{PIA}}^B$ |
|------|------------|----|--------|-------------|-------------|--------|--------|--------|--------|--------|--------|--------|--------|
| MoS$_2$ | 8.506 | 2.668 | 0.52 | 1.51 | 0.04 | 0.628 | 4.12 | 4.407 | -0.23 | 0.28 | 0.13 | -1.22 | -2.23 |
| MoSe$_2$ | 8.223 | 2.526 | 0.44 | 0.56 | 0.92 | 0.624 | 4.3 | 4.577 | -0.19 | 0.16 | 0.26 | 2.46 | 3.52 |
| WS$_2$ | 8.463 | 2.657 | 1.31 | 1.13 | 0.30 | 0.675 | 4.12 | 4.432 | -1.02 | 1.21 | 0.36 | -0.98 | -3.81 |
| WSe$_2$ | 8.156 | 2.507 | 0.54 | 0.22 | 1.15 | 0.641 | 4.3 | 4.587 | -1.22 | 1.16 | 0.56 | -2.69 | -2.54 |

The spin-orbit Hamiltonian $H_{\text{so}} = H_1 + H_R + H_{\text{PIA}}$ has three components: intrinsic, Rashba, and PIA (short for pseudospin inversion asymmetry [5]). Since both intrinsic and PIA are second-nearest neighbor hoppings [32], they can be different for the two sublattices. We have,

$$H_1 = \frac{1}{2} [\lambda^A (\sigma_z + \sigma_0) + \lambda^B (\sigma_z - \sigma_0)] \kappa s_z$$

$$H_R = \lambda_R (\kappa \sigma_x s_y - \sigma_y s_x)$$

$$H_{\text{PIA}} = \frac{a}{2} [\lambda_{\text{PIA}}^A (\sigma_z + \sigma_0) + \lambda_{\text{PIA}}^B (\sigma_z - \sigma_0)] (k_x s_y - k_y s_x)$$

where $\lambda^A$ and $\lambda^B$ are the intrinsic spin-orbit parameters for sublattice A and B, $\lambda_R$ is the strength of the Rashba coupling, and $\lambda_{\text{PIA}}^A$ and $\lambda_{\text{PIA}}^B$ are the PIA spin-orbit parameters; $s$ denotes the spin Pauli matrices, and $a = 2.46$ Å is the pristine graphene lattice constant.

By solving the spectrum of $H$ around K and comparing with the $ab\ initio$ results, considering the sublattice character of the states as well as their spin projections, we can uniquely determine the orbital and spin-orbital parameters. They are listed in Tab. I. The perfect agreement between the effective model and the $ab\ initio$ calculations, for all four materials, is evident from Fig. B. Both the orbital and spin-orbital parameters can be tuned by a transverse electric field and vertical strain [29]. Only in the case of graphene on WSe$_2$ the orbital gap $\Delta$ is smaller than the magnitudes of the intrinsic spin-orbit coupling parameters $\lambda_I$. This is a signature of the inverted band structure seen in Fig. B.

Quantum spin Hall effect in graphene on WSe$_2$. The inverted band structure is a precursor of the quantum spin Hall effect. Although zigzag graphene nanoribbons were predicted to host helical edge states [12], intrinsic spin-orbit coupling in graphene is too weak [27] for such states to be experimentally realized. Instead, 2d (Hg,Cd)Te quantum wells have emerged as a prototypical quantum spin Hall system [13,15].

Our first-principles results strongly suggest that graphene on WSe$_2$, with the inverted Dirac bands due to the strong proximity (100 times stronger than in pristine...
graphene) spin-orbit coupling, acts as a quantum spin Hall insulator. In bulk, graphene on monolayer WSe$_2$ experiences a gap, making it an insulator, see Fig. 3. This behavior is robust against an applied transverse electric field and vertical strain \[28\]. To demonstrate the presence of helical edge states we have converted our effective Hamiltonian $H$ into a tight-binding model \[29\], following an earlier work on hydrogenated graphene \[4\], and analyzed the energy spectra and states of zigzag nanoribbons of graphene on TMDCs. The results for graphene on WSe$_2$ are shown in Fig. 4 for a nanoribbon of size 200 nm. The band structure features spin-split bands due to spin-orbit coupling, with four bands crossing the Fermi level. The bulk gap is transformed to what we term the Rashba anticrossing gap $\Delta_R$. This gap increases with the nanoribbon width as well as with the Rashba coupling, saturating at the bulk level. More details on the Rashba anticrossing, including perturbative analytical estimates, are presented in Ref. \[29\], where we also discuss the offset of the edge-state energies from the bulk states of the nanoribbon.

Already the states above the Rashba anticrossing gap are peculiar. In Fig. 4 we indicate the states 1-4 at a positive energy of 1 meV. States 1 and 4 are spin-polarized, but localized on both edges. However, states 2 and 3 are helical, but localized on one edge only! These edge states have a fixed pseudospin character, as shown in the figure. The asymmetry in the edge localization makes the states 1 and 4 topologically protected against scattering by time reversal impurities at one edge only. At the other edge backscattering is possible due to the presence of another pair of helical states. We call such states half-topological. With increasing width of the ribbons, states 1 and 4 become more delocalized, eventually becoming bulk states; helical states 2 and 3 stay localized at one edge. At negative energies the asymmetry of the edge states gets reversed, see Fig. 4.

The helical states defining the quantum spin Hall effect live within the Rashba anticrossing gap $\Delta_R$. For example, states 5-8 in Fig. 4(e) are spin-polarized edge states localized on a specific sublattice as indicated. These states are topologically protected against backscattering by time-reversal impurities. If the model parameters are used for graphene on MoS$_2$, MoSe$_2$, and WS$_2$, which have trivial Dirac bulk bands, see Fig. 5 zigzag nanoribbons remain insulating, featuring no helical edge states.

In summary, we have made a detailed study of the electronic states and the proximity spin-orbit coupling in graphene on monolayer transition-metal dichalcogenides. We have found that graphene on WSe$_2$ exhibits a band inversion due to spin-orbit coupling. A tight-binding analysis revealed the presence of half-topological states, protected against backscattering at one edge only, but also helical edge states, predicting that graphene on WSe$_2$ exhibits the quantum spin Hall effect.

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Note added. Upon completion of this paper we learned of a related work by Wang et al. \[33\].

FIG. 4: Calculated electronic structure of a zigzag graphene nanoribbon on WSe$_2$, with the width of 200 nm. (a) Electronic states with spin up (red) and spin down (blue). Labels 1-4 denote states whose localization and sublattice characters are described below in (c)-(e). (b) Zoom to the spin polarized states 5-8 within the Rashba anticrossing gap $\Delta_R$; (c) Sketch of the helical states for energy 1 meV with the labels for spatial and sublattice localization, as well spin up $\bigcirc$ and spin down $\bigotimes$ character. In-plane vertical up (down) arrows indicate positive (negative) group velocities. The dashed lines stand for states localized on both edges; (d) Sketch of the helical states for energy -1 meV; (e) Sketch of the helical states for energy -0.05 meV inside the Rashba anticrossing gap.
SUPPLEMENTAL MATERIAL

Computational methods

Structural relaxation and electronic structure calculations were performed with Quantum ESPRESSO [28], using norm conserving pseudopotentials with kinetic energy cutoff of 60 Ry for wavefunctions. For the exchange-correlation potential we used the generalized gradient approximation [34]. To model graphene on TMDC we consider a structural model containing a $4 \times 4$ supercell of graphene and a $3 \times 3$ supercell of TMDC, see Fig. 5. The residual lattice mismatch is split equally between graphene and TMDC. In Table II we give the lattice constants for TMDC and the residual lateral strain for graphene. The supercell has 59 atoms. The reduced Brillouin zone was sampled with $12 \times 12$ k points. The atomic positions were relaxed using the quasi-newton algorithm based on the trust radius procedure including the van der Waals interaction which was treated within a semiempirical approach [35, 36]. The average graphene surface corrugation calculated from the standard deviation is listed in Table II.

The supercell was embedded in a slab geometry with vacuum of about 13 Å. We applied the dipole correction [37], which turned out to be crucial to get the numerically accurate Dirac point offsets within TMDC band gap, see Tab. I in the paper.

Spin splitting away from $K$ for graphene on monolayer WSe$_2$

The pseudospin inversion asymmetry spin-orbit coupling (PIA) is not present directly at $K$. Away from $K$, PIA introduces a momentum modulation of the spin splitting. In Fig. 6 we plot the calculated spin splittings of the valence and conduction bands of graphene on WSe$_2$. The full effective model Hamiltonian $H$, with PIA, fits the first-principles data perfectly. The fits give $\lambda_{\text{PIA}}^A = -2.69$ meV and $\lambda_{\text{PIA}}^B = -2.54$ meV. The fitting values, also for other TMDCs, are presented in Tab. I in the paper.

Effects of transverse electric field and vertical strain for graphene on monolayer WSe$_2$: robustness of the band inversion

Here we investigate the influence of an applied transverse electric field and vertical strain on the orbital and spin-orbit parameters for graphene on monolayer WSe$_2$, entering our model Hamiltonian $H$.

The electric field is included self-consistently on the

![FIG. 5: Top view of the structural model of graphene on TMDC used in the DFT calculations. The model contains a $4 \times 4$ supercell of graphene and a $3 \times 3$ supercell of TMDC. Carbon atoms are dark gray, metal atoms are green and chalcogen atoms are yellow.](image)

![FIG. 6: Spin splitting away from $K$ ($k = 0$), in the direction of $\Gamma$, modulated by PIA spin-orbit coupling in graphene on WSe$_2$. Solid lines are model fits, symbols are first-principles results.](image)

| TMDC  | $a$ [Å] | strain [%] | corrugation [pm] |
|-------|---------|------------|-----------------|
| MoS$_2$ | 3.231   | -1.5       | 3.1             |
| MoSe$_2$ | 3.299   | +0.6       | 2.2             |
| WS$_2$ | 3.228   | -1.6       | 4.5             |
| WSe$_2$ | 3.297   | +0.5       | 1.8             |
| MoTe$_2$ | 3.407   | +3.9       | 1.1             |
| WTe$_2$ | 3.405   | +3.8       | 1.2             |
DFT level. We denote as positive electric fields those pointing from WSe$_2$ to graphene. Negative fields move the Dirac cone towards the valence band edge of WSe$_2$. In Fig. 7 we plot the band offset $\Delta_v$, which is the difference between the valence band maximum of graphene and WSe$_2$, as a function of the electric field. For the fields below -1.4 V/nm graphene gets $n$-doped while WSe$_2$ gets $p$-doped. This creates a mixed massless-massive electron-hole system similar to graphene on MoS$_2$ observed for positive fields [31].

The effects of the electric field on the Hamiltonian parameters are shown in Fig. 8. The orbital gap $\Delta$ does not appreciably change with the field, and similarly the intrinsic spin-orbit couplings $\lambda_I$, which change at most by 20% in the investigated range of the fields. The Rashba coupling exhibits a monotonic decay as the electric field increases, changing from 0.8 meV at -2.5 V/nm to 0.45 meV at 2.5 V/nm. This decrease is appreciable, demonstrating that the Rashba field can be strongly influenced by the field. The effects on PIA are significant at negative electric fields only. The origin of the observed dependencies is not obvious. We present them here to show the tunability of the spin-orbit properties. However, at all the investigated field strengths, graphene on monolayer WSe$_2$ exhibits the band inversion (this we checked explicitly, but one can also see this by observing that $\Delta$ is less than the magnitudes of $\lambda_I$), demonstrating its robustness against electric fields, but also the absence of a possible tunability of the quantum spin Hall effect.

Vertical strain is introduced by changing the interlayer distance between graphene and WSe$_2$, with respect to the relaxed structure, which is the zero reference strain. Positive (negative) values of strain correspond to decreased (increased) interlayer distance. We observe that as the distance between the two layers decreases (strain increases from negative to positive) the effective model parameters at the K point monotonically increase, with the exception of the PIA, see Fig. 9. The increase of the parameters comes from the increased proximity effects. It is not clear why PIA parameters do not change much in the investigated regime of strain. But the message, again, is that the band inversion is present for all values of the investigated strain, making it robust.

We conclude that neither an applied transverse electric field, nor a vertical strain changing the distance of the layers, affect the band inversion predicted for graphene on monolayer WSe$_2$.

**Effective tight-binding Hamiltonian for graphene on monolayer TMDCs**

In the paper we find that the first-principles Dirac band structure of graphene on TMDCs can be modeled by an effective Hamiltonian $H$ acting on the graphene pseudospin and spin spaces only, for a given K (K$'$). Although the pseudospin symmetry is broken only implicitly, and each carbon atom in the supercell feels a different local environment, this mapping of the DFT results on an effective pseudospin-spin Hamiltonian suggests that the effective Hamiltonian could be also constructed on a tight-binding level.

Indeed, the similarity of $H$ with Hamiltonians with explicit pseudospin symmetry breaking, such as hydro-
Eq. (5) governs dynamics on the orbital energy scale; the nearest neighbor hopping (sum over \( \langle i,j \rangle \)) is parameterized by a hybridization \( t \), and the staggered on-site potential \( \Delta \) accounts for an effective energy difference experienced by atoms in the sublattice A (\( \xi_a = 1 \)) and B (\( \xi_b = -1 \)), respectively. The three remaining terms in \( \mathcal{H} \), Eq. (5), describe spin-orbit coupling (SOC) via the nearest (sum over \( \langle i,j \rangle \)) and next-nearest (sum over \( \langle \langle i,j \rangle \rangle \)) neighbor hoppings. The first of the last three terms is the Rashba SOC parameterized by \( \lambda_R \). It arises because the inversion symmetry is broken when graphene is placed on top of WSe\(_2\). The last two next-nearest neighbor terms in Eq. (5) are the sublattice resolved intrinsic, \( \lambda^{\sigma} = \lambda_A^\sigma (\lambda_B^\sigma) \) for \( c_i \) on sublattice A (B), and the pseudospin inversion asymmetry (PIA) induced term parameterized by \( \lambda_{PIA} \) for \( c_i \) on sublattice A (B), respectively. Both terms appear since the sublattice (pseudospin) symmetry is broken on average. Here, \( \hat{s} \) is a vector of Pauli matrices acting on the spin space and the sign factor \( \nu_{ij} = (-1)^{1-1} \) stands for the clockwise (counterclockwise) hopping path from site \( j \) to site \( i \). The unit vectors pointing from site \( j \) to site \( i \) are denoted by \( \mathbf{d}_{ij} \) for the nearest neighbors, and by \( \mathbf{D}_{ij} \) for the next-nearest neighbors.

**Tight-binding Hamiltonian in the Bloch basis.**

To calculate the energy spectrum we rewrite the original tight-binding Hamiltonian \( \mathcal{H} \), Eq. (5), via the associated Bloch state operators \( c_i^\dagger (q) \) and \( c_i(q) \) defined as follows:

\[
\begin{align*}
c_i^\dagger (q) &= \frac{1}{\sqrt{N}} \sum_m e^{iq \mathbf{R}_m} c_{i,m,\sigma}^\dagger , \\
c_i(q) &= \frac{1}{\sqrt{N}} \sum_m e^{-iq \mathbf{R}_m} c_{m,\sigma}
\end{align*}
\]

where \( \mathbf{R}_m \) is the lattice vector of an atomic site \( m \), and \( m \) runs over all \( N \) atomic sites (in the given sublattice) forming the macroscopic system. After the transformation, \( \mathcal{H} = \sum_q \mathcal{H}(q) \), where the particular Bloch Hamiltonian \( \mathcal{H}(q) \) as expressed in the ordered Bloch basis, \( \{ a^\dagger (q), a^\dagger (q), b^\dagger (q), b^\dagger (q) \} \), reads:

\[
H(q) = \begin{pmatrix}
\Delta - \lambda_A^\sigma f_1(q) & \lambda_{PIA} A(f^\dagger(q)) & t f_{orb}(q) & i\lambda_R f_R(q) \\
\lambda_{PIA} A(f^\dagger(q)) & \Delta + \lambda_B^\sigma f_1(q) & i\lambda_R f_R(-q) & t f_{orb}(q) \\
t f_{orb}(q) & -i\lambda_R f_R(-q) & -\Delta + \lambda_B^\sigma f_1(q) & -\lambda_{PIA} A(f^\dagger(q)) \\
-i\lambda_R f_R(q) & t f_{orb}(q) & -\lambda_{PIA} A(f^\dagger(q)) & -\Delta - \lambda_B^\sigma f_1(q)
\end{pmatrix}
\]

FIG. 9: Calculated effective Hamiltonian parameters as in Fig. 8 but as a function of vertical strain.
The orbital and spin-orbital structural tight-binding functions $f_{\text{orb}}$, $f_{\text{1}}$, $f_{\text{R}}$, $f_{\text{PIA}}$ are defined as follows:

\[
f_{\text{orb}}(q) = 1 + 2e^{i \frac{\pi}{3} q_x a} \cos q_x a, \quad f_{\text{1}}(q) = \frac{4}{3 \sqrt{3}} \left[ \cos \frac{\sqrt{3} q_x a}{2} - \cos q_x a \right] \sin q_x a, \quad f_{\text{PIA}}(q) = \frac{4}{3 \sqrt{3}} \left[ \cos \frac{\sqrt{3} q_x a}{2} \sin q_x a - i \sqrt{3} \cos \frac{q_x a}{2} \sin \frac{\sqrt{3} q_x a}{2} \right],
\]

where $a = 2.46 \, \text{Å}$, and $q_x$ and $q_y$ are the Cartesian components of the q-vector with respect to the center of the Brillouin zone (Γ). The low-energy physics near the given valley $\kappa K$ can be effectively described by the Hamiltonian $H(\kappa K + k)$ expanded in $k$ to the first order, keeping for each coupling constant only the leading term in the $k$-expansion. For example at the K valley we get:

\[
H_{\text{eff}}^K(k) = \begin{pmatrix}
\Delta + \lambda^A_1 & a\lambda^A_{\text{PIA}}(-ik_x - k_y) & \frac{\sqrt{3}}{2} t (k_x - ik_y) & 0 \\
a\lambda^A_{\text{PIA}}(ik_x - k_y) & \Delta - \lambda^A_1 & 2i\lambda_R & a\sqrt{3} t (k_x - ik_y) \\
\frac{3\sqrt{3}}{2} t (k_x + ik_y) & -2i\lambda_R & -\Delta - \lambda^B_1 & a\lambda^B_{\text{PIA}}(ik_x + k_y) \\
0 & a\sqrt{3} t (k_x + ik_y) & a\lambda^B_{\text{PIA}}(-ik_x + k_y) & -\Delta + \lambda^B_1
\end{pmatrix} = H_{\text{orb}} + H_1 + H_R + H_{\text{PIA}},
\]

(11)

where $H_{\text{orb}}$, $H_1$, $H_R$ and $H_{\text{PIA}}$ are explicitly written in the paper, see Eqs. (1-4), with the velocity $v_F = \frac{\sqrt{3} a t}{2}$. This demonstrates the consistency of the effective Hamiltonian $H$ in the paper and the TB Hamiltonian described here.

The parameters for the TB Hamiltonian are included in Tab. I of the paper. The calculated electronic band structure for a zigzag nanoribbon of graphene on WSe$_2$, of 4.3 nm width, is shown in Fig. 10. Zooms of such a band structure at the region around the Fermi level are in Fig. 4(a) of the paper, for a wider ribbon.

![Fig. 10: Calculated band structure for a zigzag graphene nanoribbon on WSe$_2$ with the width of 4.3 nm. Relevant tight-binding parameters used in the calculation are from Tab. I in the paper.](image)

**Rashba anticrossing gap $\Delta_R$ and its wave vector $k_R$.**

As discussed in the paper, the helical edge states live inside the Rashba anticrossing gap $\Delta_R$. Here we study this gap with our tight-binding model, and provide analytical formulas which demonstrate clearly its origin.

In Fig. 11(a) we plot $\Delta_R$ as a function of the Rashba SOC parameter $\lambda_R$ for a narrow nanoribbon of 200 nm. The gap increases linearly with $\lambda_R$ for small, but physically relevant $\lambda_R$, then it starts to saturate. Also, for the $\lambda_R$ parameter of graphene on WSe$_2$, the Rashba anticrossing gap increases linearly with increasing nanoribbon width, see Fig. 11(b) expected to reach the bulk gap of about 0.56 meV at large widths.

We also looked at the offset between the bulk and edge nanoribbon states. The results are shown in Fig. 11(c). As the nanoribbon width increases, the bulk states move closer to the zero energy level. For a relatively wide nanoribbon of 0.3 μm, the Rashba gap $\Delta_R = 0.2$ meV and the bulk band offset is 7 meV.

Finally, we give analytical estimates of the Rashba anticrossing energy $\Delta_R$ and the wave vector $k_R$ at which the anticrossing occurs. These are the main characteristics of the inverted band structure. To this end we analyze the spectrum of $H_{\text{eff}}^K(k)$. We consider $H_{\text{orb}} + H_1$ as the unperturbed Hamiltonian and treat $H_R$ as a perturbation. We neglect the PIA Hamiltonian $H_{\text{PIA}}$ because of its $k$-dependence near the center of the $\kappa K$ valley; the effects of $\lambda_{\text{PIA}}$ there are much weaker than that of $\lambda_R$. The eigenspectrum of $H_{\text{orb}} + H_1$ reads:

\[
E_{\pm}(k) = \pm \frac{\lambda^A_1 - \lambda^B_1}{2} \pm \sqrt{\frac{3e^2 a^2 |k|^2}{4} + \left( \Delta - \frac{\lambda^A_1 + \lambda^B_1}{2} \right)^2}.
\]

(12)

Depending on the relative signs and magnitudes of $\Delta$, $\lambda^A_1$ and $\lambda^B_1$, two bands out of four $E_{\pm}(k)$ always cross. The momenta where this crossing happens form, around each valley center, a circle with radius $k_R$. In our repre-
FIG. 11: Calculation of the Rashba anticrossing gap $\Delta_R$ for a zigzag graphene nanoribbon on WSe$_2$ (a) as a function of Rashba SOC strength for a fixed narrow nanoribbon of 200 nm width, (b) as a function of the nanoribbon width for a fixed $\lambda_R = 0.56$ meV. (c) Energy offset of the nanoribbon states with a bulk character (see inset) as a function of nanoribbon width. Model parameters are provided in Tab. I of the paper.

sentative case corresponding to graphene on WSe$_2$ the magnitudes of the relevant parameters are ordered as $0 < \Delta < \lambda_B^I < -\lambda_A^I$, and in this configuration the bands $E_{+,+}(|k|)$ and $E_{-,+}(|k|)$ cross at

$$k_R = \frac{2}{\sqrt{3}a} \sqrt{(\Delta - \lambda_A^I)(\lambda_B^I - \Delta)}. \quad (13)$$

The perturbation $H_R$ removes the degeneracy along the $k_R$-circle and opens a gap $\Delta_R$. Treating $H_R$ within the first order perturbation theory for degenerate spectra we obtain,

$$\Delta_R = E_{-,+}^{\text{pert}}(k_R) - E_{+,+}^{\text{pert}}(k_R) = 4\lambda_R \sqrt{\frac{\lambda_B^I - \Delta}{\lambda_B^I - \lambda_A^I} \left[ 1 + \frac{(\lambda_A^I + \Delta)^2}{(\lambda_B^I - \Delta)(\Delta - \lambda_A^I)} \right]^{-1/2}}. \quad (14)$$

Plugging for the staggered potential $\Delta$ and SOC strengths $\lambda_A^I$, $\lambda_B^I$ and $\lambda_R$ from the Tab. I of the paper, we get for graphene on WSe$_2$ $k_R = 0.2 [10^{-3} / \text{Å}]$ and $\Delta_R = 0.6$ meV. These values are a very good approximation to the computed DFT-characteristics of the inverted band structure as seen at Fig. 3(d) in the paper.