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Rhodopsin Expression Level Affects Rod Outer Segment Morphology and Photoresponse Kinetics

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Abstract

Background: The retinal rod outer segment is a sensory cilium that is specialized for the conversion of light into an electrical signal. Within the cilium, up to several thousand membranous disks contain as many as a billion copies of rhodopsin for efficient photon capture. Disks are continually turned over, requiring the daily synthesis of a prodigious amount of rhodopsin. To promote axial diffusion in the aqueous cytoplasm, the disks have one or more incisures. Across vertebrates, the range of disk diameters spans an order of magnitude, and the number and length of the incisures vary considerably, but the mechanisms controlling disk architecture are not well understood. The finding that transgenic mice overexpressing rhodopsin have enlarged disks lacking an incisure prompted us to test whether lowered rhodopsin levels constrain disk assembly.

Methodology/Principal Findings: The structure and function of rods from hemizygous rhodopsin knockout (R+/−) mice with decreased rhodopsin expression were analyzed by transmission electron microscopy and single cell recording. R+/− rods were structurally altered in three ways: disk shape changed from circular to elliptical, disk surface area decreased, and the single incisure lengthened to divide the disk into two sections. Photocurrent responses to flashes recovered more rapidly than normal. A spatially resolved model of phototransduction indicated that changes in the packing densities of rhodopsin and other transduction proteins were responsible. The decrease in aqueous outer segment volume and the lengthened incisure had only minor effects on photon response amplitude and kinetics.

Conclusions/Significance: Rhodopsin availability limits disk assembly and outer segment girth in normal rods. The incisure may buffer the supply of structural proteins needed to form larger disks. Decreased rhodopsin level accelerated photoresponse kinetics by increasing the rates of molecular collisions on the membrane. Faster responses, together with fewer rhodopsins, combine to lower overall sensitivity of R+/− rods to light.

Introduction

The outer segment of a retinal rod is an elaborate sensory cilium that is highly specialized for transducing light into an electrical signal, reviewed in [1]. Within the outer segment, photocreated rhodopsin promotes nucleotide exchange on the G protein transducin, whose alpha-subunit then stimulates the hydrolysis of cGMP by a phosphodiesterase, PDE. Cyclic nucleotide gated ion channels close and the ensuing hyperpolarization spreads passively to the opposite end of the rod, where it alters synaptic transmission to second order neurons, reviewed in [2], [3].

To capture photons efficiently, the outer segment interposes into the optical path up to several thousand disks, whose membranes are densely packed with rhodopsin. Depending upon the number of disks and their diameter, an outer segment contains ten million to a billion rhodopsin molecules. Outer segment girth varies greatly across species, particularly in fish where they may range from less than 1 μm to nearly 20 μm in diameter [4], [5]. The edges of disks in some species are scalloped, while those in other species are deeply cleft by one or more incisures. Incisures are typically aligned in consecutive disks, creating axial passageways that enhance the longitudinal diffusion of soluble substances in phototransduction. Furthermore, the outer segments in some species extend 200 μm away from the mitochondria in the inner segment [6], so incisures are likely to play an important role in maintaining metabolic homeostasis.

The mechanisms that determine disk morphology are not known. Rhodopsin is essential for disk formation because in homozygous rhodopsin knockout rods, rod outer segments (ROSs) are not elaborated [7], [8]. Overexpression of rhodopsin in
transgenic mouse rods [9] causes disk enlargement [10] suggesting that disk size depends upon the amount of rhodopsin transported from the inner segment where it is synthesized to the base of the outer segment, the site of nascent disk formation, reviewed in [11]. The single incisure found in normal disks disappears in the oversized disks of rods overexpressing rhodopsin, perhaps because the levels of structural proteins used to stabilize the hairpin turn at the disk rim and the incisure have remained constant and are no longer adequate to meet the structural demand. If these hypotheses were true, then a reduction in rhodopsin production would result in diminutive disks with a surplus of structural protein and a more extensive incisure. As a test, we studied the rods of hemizygous rhodopsin knockout (R+/−) mice, which express half the normal amount of rhodopsin [8], [12]. The predictions were borne out: R+/− rods did form smaller disks with a longer incisure.

Results and Discussion

R+/− mouse rods, expressing half the normal amount of rhodopsin, had outer segments that differed from those of WT in three ways. First, R+/− ROS were elliptical rather than circular in cross section. Second, the surface area of the R+/− disk was smaller. Third, the R+/− incisure was more extensive and bisected the disk. An elliptical shape could result from failure to section a right circular cylinder perpendicular to its long axis or from proper sectioning of an elliptical cylinder. To distinguish between the two possibilities, we sectioned the globe tangentially at a level where inner segments were prevalent, because at that level adjacent cells tended to retain a more orderly alignment. In the murine retina, the distance of the ROS base from the outer nuclear layer is not uniform. Thus in the same field, some rods were sectioned at the inner segment while others were sectioned at or between the inner and outer segment, the axoneme or connecting cilium is round in cross section (cell #1 in Fig. 1), so it served as a convenient reference. Basal disks evaginating from the axoneme (cell #2 in Fig. 1) did not reach the full diameter and were excluded from consideration. Distally, as disks became full sized, the axoneme transitioned to a more triangular structure with microtubules splayed out along its sides (cell #3 in Fig. 1, see also [13], [14], [15]). A slit-like incisure penetrated deeper into the disk from the apex of the triangle, opposite the base of the triangle that was continuous with the disk’s outer rim. Complex fimbriae that appear at the apex of the infolding in osmium fixed disks [16], [17] were not observed. The triangular wedge flattened in disks more distal to the inner segment. The doublets of microtubules reduced to singlets [14], [18] and then dropped out at variable distances from the inner segment. As the wedge became minimal (cell #4 in Fig. 1), one or more tubular structures sometimes occupied that space [13], [15]. In other rods, such structures were often missing, perhaps because microtubules succumbed to disruption during tissue preparation [19].

Rod disks in mouse are typically punctuated by a single incisure [16], [20]. Cone outer segments are smaller in diameter, taper and their disks are often split by multiple incisures [21]. By selecting profiles with a single incisure, we minimized cone inclusion in estimating the mean dimensions of rods. The low, ~3% frequency of cones also favored cone exclusion [21]. Profiles lacking an incisure could not be identified unambiguously as rods and were not pursued further.

In our samples of WT and R+/− axonemes matched for circularity, the latter were slightly enlarged in perimeter and cross sectional area by 4% and 9%, respectively (Fig. 2A, B). The differences were attributed to experimental error in measurement because contours were less clearly defined for many mutant axonemes in our micrographs. The same measurement error became insignificant for the considerably larger disks, below. Axoneme diameters, calculated from the measurements of area were 0.31±0.02 μm for WT and 0.32±0.02 μm for R+/−. According to the literature, rod axonemes are ~0.25 μm in diameter [22]; tapering slightly from 0.23 μm near the inner segment to 0.28 μm at the base of the outer segment [23]. Our values were overestimates because some slightly oblique sections were included. To improve accuracy, we found the diameter of the largest circle that would fit within each axoneme profile: 0.282±0.003 μm for WT and 0.299±0.003 μm for R+/−.

After using axonemes to ensure equality in the angle of tissue sectioning, R+/− rod outer segments were indeed less round than those of WT (e.g., Fig. 3C) as judged by circularity: WT 0.874±0.005 versus R+/− 0.823±0.009 (p<2e-3) and roundness: WT 0.83±0.02 versus R+/− 0.75±0.02 (p<3e-3). Thus R+/− ROSs were elliptical cylinders, in contrast to WT ROSs which were right circular cylinders.

The average disk diameter, calculated from the cross sectional area was 1.47 μm for WT. Here again, imprecision in the angle of sectioning caused this value to be slightly high. Refining the estimate, as described above for axonemes, reduced the diameter to 1.37±0.03 μm (n=21), which matched the mean value drawn from a larger sample over a greater range of regions across the retina and viewed at different distances from the outer limiting membrane, 1.36±0.01 μm (n=142 rods) and fell within the range of 1.35 to 1.44 μm reported previously for mouse [10], [21], [24], [25], [26]. The “equivalent diameter” for R+/− ROSs, computed from their mean cross sectional area (Fig. 2D), was 1.30 μm. After multiplying the R+/− equivalent diameter by the ratio of the two different estimates for WT outer segment diameter, (1.30 μm)/(1.37/1.47) = 1.21 μm, the true R+/− ROS area was calculated to be 1.15 μm², about ~20% lower than that for WT, 1.47 μm². The smaller size of R+/− disks suggests that disks form at fixed intervals and that the size of a nascent disk was determined by the amount of rhodopsin delivered to the outer segment within that interval.

The change in disk shape was characterized by normalizing the roundness value for R+/− ROSs by that for WT, 0.75/0.83 = 0.90, and then solving for the area of an ellipse = π(major
Very minor increase in apparent $R_0$ (0.075 and 6.2, respectively). The outer segment in WT rods from central retina. Figure 2. Sizes and shapes of axonemes and disks in R+/− and WT rods from central retina. WT, open bars; R+/−, gray bars. A, B, Very minor increase in apparent R+/− axoneme size. Circularity, defined as $\pi a^2/\pi(2a)(b)$, was 0.875±0.005 for WT (mean ± SEM, n = 20) and 0.883±0.006 for R+/− (n = 15). Roundness = minor axis/major axis was 0.88±0.02 for WT and 0.88±0.01 for R+/−. For circular profiles, both parameters take values of 1.0. Mean perimeter for WT axoneme was 1.04±0.01 μm, while for R+/− it was 1.08±0.01 μm (p<5e-3). Mean cross sectional surface area for WT axoneme was 0.075±0.001 μm², while for R+/−, it was 0.082±0.002 μm² (p<5e-3). Reduction in disk shape arose from a surplus of structural proteins, affording a safety margin for individual rods facing daily variations in rhodopsin expression and nascent disk size during outer segment renewal. A naturally occurring parallel appears in cat cone, where a single incisure in basal disks tapers. At the outer segment tip, the incisure extends completely across the disk and the cross sectional profile becomes more elliptical [13]. Besides distal cat cone disks, the photoreceptor disks of pigeon [31] and Tokay gecko [32] are transected by one or more incisures.

The impact of reduced rhodopsin expression and subsequent changes in disk structure on phototransduction was explored in single cell recordings. Flash responses from R+/− rods had faster recovery kinetics than those of WT rods as reported previously [8], [12], however, for the rods in the present study, a faster rising phase was not observed. The basis for the phenotypic variation from the prior studies is not known but may have been caused by genetic drift. Single photon response amplitude was normal, yet R+/− rods were approximately half as sensitive as WT rods. With half as many rhodopsins, R+/− rods suffered from a lowered capacity to capture photons. Single photon responses in R+/− also had a smaller integration time with a faster time constant for response recovery (Fig. 4, Table S1).

The “missing” rhodopsin in R+/− disks is partially replaced with phospholipid [12] probably because when rhodopsin synthesis declines, shipments of rhodopsin to the ROS include greater ratios of lipid and/or more lipid accompanies transport of non-rhodopsin containing shipments cf. [33], [34], [35], [36]. With a higher phospholipid to rhodopsin ratio in R+/− ROSs, the accelerated flash response kinetics [8], [12], [37] were initially
Incisures also promote the longitudinal diffusion of soluble substances such as cGMP and Ca^{2+} and thereby affect the gain and reproducibility of the single photon response [41]. In the present study, R+/− ROS girth and hence, cytoplasmic volume were not as small as reported in [37]. The discrepancy may have been related to our finding that ROS shape changed from a right circular cylinder to an elliptical cylinder. For all these reasons, it was important to revisit the basis for accelerated R+/− photon response kinetics.

A spatially resolved model for phototransduction [41], [42] was used to evaluate the effects of the changes in rhodopsin expression and outer segment morphology on the photon response. For the simulations, the R+/− outer segment was taken to be a circular cylinder of reduced diameter (see above). Additional measurements to determine the dimensions of the aqueous spaces were generally in agreement with those from vitrified samples subjected to cryoelectron tomography [43]. The distance from disk rim to plasma membrane was measured for 14 to 99 disks in each of 19 WT rods and the ensemble average found to be 14.8±0.5 nm, similar to the value of 17 nm reported by [43]. The separation between adjacent disks, measured interior to the hairpin turns in 10 WT ROSs was 8.8±0.3 nm, somewhat less than that reported by [43], possibly because of our selective sampling (see Methods).

For a disk to disk repeat distance of 32.3±0.3 nm (n = 127 WT rods, includes results from [10]), the thickness of the disk was 32.3−8.8 = 23.5 nm. Measurements of the corresponding parameters in R+/− rods yielded values that were not significantly different from those of WT rods. The incisure, with a width of 10.9±0.4 nm (n = 43 WT rods), penetrated (0.44/1.37 μm) = 0.60 μm across the WT disk and 1.14 μm across the R+/− disk.

The model enabled us to analyze piecemeal the effects of each perturbation on the flash response. Lengthening the incisure improved longitudinal diffusion of aqueous solutes but the effect was modest because there was only one incisure and its width was so thin. Decreased ROS volume produced a larger increase in the amplitude of the single photon response due to the greater change in concentration of cGMP for a given number of active PDEs (Fig. 5A). Normal expression levels of transducin, rhodopsin kinase and arrestin in R+/− rods [8], [12] meant that their respective concentrations actually increased by the ratio of the WT disk surface area to that of R+/−, (1.47 μm^2)/ (1.15 μm^2) = 1.28-fold. Consequently membrane proteins collided with one another more frequently: photoexcited rhodopsin with rhodopsin kinase and transducin, and transducin with PDE and RGS9 complex. After incorporating the effects of decreased volume, longer incisure and faster cascade shutoff, the single photon response amplitude was reduced to slightly less than normal size and the recovery quickened (Fig. 5B). Increasing the collision rates between phototransduced rhodopsin and transducin, as well as between transducin and PDE enlarged the response (Fig. 5B).

Although the observed R+/− response was slightly larger than normal, the difference was close to the resolution of the experimental measurement (Fig. 5C, see also Table 81). The reduction in rhodopsin expression also relieved membrane crowding, as indicated by the decreased specific absorbance and the increased phospholipid to rhodopsin ratio of R+/− ROSs [8], [12], however, additional adjustments to the reaction rates were not required in these simulations. Thus the spatially resolved model of phototransduction confirmed that faster rates of molecular collisions on the disk membrane were most important in accelerating the R+/− photoreponse. In the future, it would be interesting to explore how incisure length and ROS diameter affect the translocation rates of certain phototransduction proteins.

![Figure 4. Flash responses from WT and R+/− rods.](image)

Each trace was an average obtained from 17 to 45 rods, where the contribution from each rod was itself an average of at least three trials for bright flashes and as many as 180 trials for dim flashes. WT includes some results from [50]. Mean flash strengths for WT (A) were: 6, 18, 40, 70, 256 and 1111 photons μm^{-2}, while for R+/− (B), they were: 18, 37, 94, 337, 718 and 1529 photons μm^{-2} at 500 nm. C. Faster single photon response recovery in R+/− rods. The dim flash response, with an amplitude less than a fifth of the maximum, has the same kinetics as the single photon response. So dim flash responses were scaled to the amplitude of the single photon response for each rod, found from the ratio of the ensemble variance to the mean, and averaged for 10 WT (black) and 17 R+/− (red) rods. A flash artifact was removed from the WT response. doi:10.1371/journal.pone.0037832.g004

attributed to quicker collision rates between membrane proteins [12]. Lower rhodopsin expression relieved membrane crowding and enhanced the lateral diffusion of key phototransduction proteins on the disk membrane [38]. That interpretation was questioned when it was later discovered that R+/− ROS diameter was smaller [37]. Lower aqueous volume between the disks would affect the translocation rates of certain phototransduction proteins.
Comparisons were made with a two-tailed t-test.

Figure 5. Modeling the accelerated single photon response in R2/− rods. A. Simulations of the WT single photon response (continuous, light blue) with a 20% lower ROS volume (dashed, royal blue), a 90% longer incisure (dotted, royal blue) or both (continuous, royal blue). B. Accelerated response recovery and reduction in amplitude upon decreasing ROS volume, lengthening the incisure and increasing rhodopsin shutoff and transducin/PDE shutoff by 1.3-fold (dash-dot-dot, violet). Inclusion of a 1.3-fold faster transducin activation along with all other factors enlarged the response (continuous, violet). Royal blue and light blue traces are reproduced from A.C. Comparison of modeled responses for WT (light blue) and R2/− (violet) to experimentally observed single photon responses (WT in black, R+/− in red from Fig. 4C, with error bars showing SEM in gray and pink, respectively). doi:10.1371/journal.pone.0037832.g005

Materials and Methods

Animal model

This study adhered to the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institute of Health. Protocols 95-06-006 and B2009-22 were approved by the Institutional Animal Care and Use Committees of the Massachusetts Eye and Ear Infirmary and Tufts University School of Medicine, respectively. Two R+/− mice [8], aged seven weeks and two WT mice, aged nine weeks were dark adapted overnight. Their eyes were removed under infrared illumination and immersed in modified Karnovsky’s fixative: 2.5% glutaraldehyde, 2% formaldehyde, 0.08 M CaCl2 in 0.1 M cacodylate buffer, at 4°C for 15 min. Then under normal room lighting, the anterior segments were removed and fixation of the eyecups continued for approximately 24 hours. After washing with 0.1 M cacodylate, eyes were post fixed in 2% aqueous OsO4, dehydrated with a graded series of ethanol and then propylene oxide, embedded in Epon (Tepon resin, Tousimis, USA) and cured for 48 hrs at 60°C. Tangential sections of retina, 70 to 90 nm thick, were stained with uranyl acetate and Sato’s lead stain and mounted on a Philips CM-10 electron microscope. Micrographs at magnifications ranging from 15000× to 34000× were digitally captured as 3056 by 3186 pixel images using an SIA camera (Duluth, GA) with Maxim DL5 software (Diffraction Limited, Ottawa, Canada). Some micrographs were captured on film and digitally scanned. The plasma membranes surrounding a ROS and that of a neighboring axoneme were traced and assessed for circularity and roundness with ImageJ 1.42q (NIH). Micrographs in which circularity of the axoneme was <0.85 were rejected. Disk perimeter and area were determined from samples obtained from central retina, after tracing the outline of the disk and its incisure. The distances separating the membranes between consecutive disks and between disk and plasma membrane were determined from longitudinal sections of retinas from additional WT mice that were processed separately. Measurements were restricted to areas where the disks were regularly spaced and were not swollen. Comparisons were made with a two-tailed t-test.
Physiology

Flash responses were recorded from single rods of 12 WT and 7 R+/− mice, 3–8 weeks old. Retinas were dissected under infrared light and stored on ice in Leibovitz’s L-15 medium (Invitrogen, Grand Island, NY) containing 0.1 mg ml−1 bovine serum albumin (Fraction V, Sigma, St. Louis, MO) and 10 mM glucose. A piece of retina was chopped finely in an enriched, bicarbonate buffered Locke’s solution containing (mM): 139 Na+, 3.6 K+, 2.4 Mg2+, 1.2 Ca2+, 123.3 Cl−, 20 HCO3−, 10 HEPES, 3 succinate, 0.5 L-glutamate, 0.02 EDTA and 10 glucose, 1% (v/v) minimal essential medium amino acids (Invitrogen), 1% (v/v) basal medium Eagle vitamins (Sigma), and DNase I (Type IV-S, Sigma). The tissue was then transferred into a recording chamber and perfused constantly with the enriched Locke’s solution equilibrated with 95% O2/5% CO2. A rod outer segment was sucked into a silanized glass (Fraction V, Sigma, St. Louis, MO) and 10 mM glucose. A piece of Ca2+ low pass filtering. Records were not corrected for the delay introduced by 5.03, WaveMetrics, Inc., Lake Oswego, OR) with 12 Hz digital Germany). Data were analyzed off-line using Igor Pro (version 5.03, WaveMetrics, Inc., Lake Oswego, OR) with 12 Hz digital filtering. Records were not corrected for the delay introduced by low pass filtering.

Supporting Information

Table S1 Flash response parameters of WT and R+/− rods from single cell recordings. Mean ± SEM, n. The i0.5, which is the flash strength at 500 nm that produced a half maximal response, varies as the multiplicative inverse of sensitivity. The single photon response parameters were determined from dim flash responses, whose amplitudes were less than a fifth of the maximum. Amplitude was determined as the ratio of the ensemble variance to the mean of the responses. Time to peak was measured from midflash to the peak of the response. Integration time was taken as the time integral under the response divided by the amplitude. Recovery time constant describes the fit of the final falling phase of the response to an exponential function. The maximal response amplitude provided a crude measure of the amplitude of the circulating current in darkness. The saturation time constant estimates the dominant time constant for photoresponse recovery. It was determined as the slope of the relation between saturation time and natural logarithm of the flash strength, for bright flashes. Saturation time was measured from midflash to 20% recovery of the response. In general, these values corresponded well to those of the average responses in Fig. 4C, except for time to peak, for which the latter showed similar values for WT and R+/−. WT parameters include results from [50].

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Author Contributions

Conceived and designed the experiments: CLM. Performed the experiments: CLM XHW NAM HIC. Analyzed the data: CLM XHW. Contributed reagents/materials/analysis tools: ED JL HEH GC. Wrote the paper: CLM. Applied analytical tool: ED HEH GC.

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