Dynamic effective mass of granular media and the attenuation of structure-borne sound

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We report a theoretical and experimental investigation into the fundamental physics of how loose granular media are effective deadeners of structure-borne sound. Here, we demonstrate that a measurement of the effective mass, $\tilde{M}(\omega)$, of the granular medium is a sensitive and direct way to answer the question: what is the specific microscopic mechanism whereby acoustic energy is transformed into heat? Specifically, we apply this understanding to the case of the flexural resonances of a rectangular bar with a grain-filled cavity within it. The pore space in the granular medium is air of varying humidity. The dominant features of $\tilde{M}(\omega)$ are a sharp resonance and a broad background, which we analyze within the context of simple models. We find that: (a) on a fundamental level, dampening of acoustic modes is dominated by adsorbed films of water at grain-grain contacts, not by global viscous dampening or by attenuation within the grains. (b) These systems may be understood, qualitatively, in terms of a height-dependent and diameter-dependent effective sound speed [$\sim 100–300$ (m·s$^{-1}$)] and an effective viscosity [$\sim 5 \times 10^4$ Poise]. (c) There is an acoustic Janssen effect in the sense that, at any frequency, and depending on the method of sample preparation, approximately one-half of the effective mass is borne by the side walls of the cavity and one-half by the bottom. (d) There is a monotonically increasing effect of humidity on the dampening of the fundamental resonance within the granular medium which translates to a nonmonotonic, but predictable, variation in dampening within the grain-loaded bar.

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I. INTRODUCTION

Loose grains, made of a variety of different materials, dampen structure-borne acoustic signals very efficiently when they partially fill cavities within the structure itself [1–3]. For this reason, there is a practical motivation to develop an effective method to optimize the dampening of unwanted structure-borne acoustic signals. The fundamental origins of the dissipation mechanisms in granular materials are still unknown, however, making it difficult to optimize the effect. Partly, this is because, until now, it has not been possible to study the relevant properties of the granular medium directly, independent of the structure whose acoustic properties are being modified by the granular medium. In this article, we will answer the questions: where does the acoustic energy go when it is attenuated by granular media? What is the specific microscopic mechanism?

Here, we pursue the concept of the effective mass, $\tilde{M}(\omega)$, of a loose granular aggregate contained within a rigid cavity [4,5]; a preliminary report on some of our results has been published previously [6]. $\tilde{M}(\omega)$ is determined by simultaneously measuring the force, $F(\omega)$, on the cavity and its acceleration, $a(\omega)$, when the cavity undergoes oscillation at a frequency $\omega$. This measurement allows us to focus very directly on those properties of the granular medium which affect the propagation and attenuation of structure-borne sound. Specifically, if an identically filled cavity is located within an acoustically resonant structure, we demonstrate how to predict the changes in the acoustic properties of the structure, such as sound attenuation or resonance-frequency shift, based on a knowledge of $\tilde{M}(\omega)$. This fact allows us to focus our efforts on understanding the relevant properties of the granular medium directly, rather than having to infer its properties via its effects on the host structure. In this regard, we demonstrate the dominant effect of humidity, both on $\tilde{M}(\omega)$ and on the acoustic resonance of a steel bar having a grain-filled cavity.

There have been several previous investigations into the origins of particle damping. Cremer and Heckl [2] concluded that damping is especially high when the (vertical) thickness of a granular layer is equal to an odd multiple of a quarter wavelength in the granular medium. Sun et al. [7] have treated the acoustic effect of the granular medium as if it was due to radiative damping; they computed the acoustic loss due to radiation by assuming the granular medium is a low-velocity fluid. Bourinet and Le Houèdec [3] and Varanasi and co-workers [8,9] have each considered the acoustic propagation characteristics of long hollow tubes, partially filled with granular material. Each approximated the medium as a low-velocity, high attenuation fluid and each achieved quite reasonable agreement between their computed and their measured values. (The two theories are similar but differ in their details.) We do not dispute these aforementioned results, which are, in fact, quite reasonable. We point out, though, that the relevant granular medium parameters (the sound speed, the loss factor) are generally set by requiring a match to the observed acoustic characteristics of the grain-loaded structure. (An exception is Ref. [9].) It is this last feature that we obviate in the present article: For the kinds of structures we consider here, acoustic loss is determined by the imaginary component of the effective mass, $M_2(\omega)$, evaluated at the propagation frequency (or resonant frequency, as the case may be). Moreover, we establish that the properties of granular media are very much dependent on the filling level in the cavity and we demonstrate that the side walls of the cavity hold up some of the dynamic load. Thus, the granular material cannot be idealized, for acoustic purposes, as a fluid, and certainly not a homogeneous one.
Intuitively, one might expect that the effect of the granular loading would be to lower the resonance frequency of the structure holding the grains. While this often happens, we show situations in which the real part of \( M(\omega) \) is negative in the frequency range of interest, leading to an increase in the resonant frequency of the structure containing the grains. This behavior has been observed before by Kang et al. [10], who monitored the resonances in a clamped plate as more and more grains were loaded on top of it. Initially, as grains are added, the resonance-frequency drops; it reaches a minimum, then increases, eventually often exceeding the original (unloaded) resonance frequency of the plate. This behavior has a simple understanding in terms of a resonance within the grains, whereby the real part of \( M(\omega) \) can take on negative values. (See Sec. VII B, below.)

Generally speaking, we find that \( M(\omega) \) exhibits a sharp resonance, which, as one part of our analysis, we interpret in terms of an effective sound speed, albeit one that is dependent upon the depth of filling of the cavity, and a broad tail that decreases roughly as \( \omega^{-3/2} \), which we interpret in terms of an effective viscosity. These general features have been observed previously, by others [4,5] using similar measurements. It is to be emphasized that our experiments are all done in the regime of linear (small amplitude) acoustics; this viscosity is not relevant to a granular flow, e.g., in a pipe or in a loading hopper. Each of our two interpretations is based on toy models, which assume that the entire effective mass is borne by the bottom of the cavity or by the walls, respectively. A concrete example of the former behavior is provided by the effective mass of simple liquids; we demonstrate how our technique enables us to measure the density and the sound speed of four different liquids.

We have developed molecular dynamic simulations to analyze the expected behavior of \( M(\omega) \) under the assumption that the contacts are described by dampened Hertz-Mindlin theory, with or without possible global dampening due to the viscosity of the air. We have found that there is an acoustic Janssen effect in the sense that, at any frequency, approximately one-half of the effective mass rests on the bottom of the cavity and one-half on the side walls. Thus, the toy models have only qualitative validity. Notwithstanding, it is reasonable to use them to extract approximate values for the sound speed and the viscosity of our granular ensembles. Finally, our simulations as well as our experiments on the effects of humidity on \( M(\omega) \) indicate that the dominant microscopic mechanism for dampening is at the grain-grain contact level and is not due to global viscous dampening.

We show that this dampening is much larger for high humidity systems than for low ones leading us to conclude that the mechanism is related to the viscosity of the adsorbed water in the region of the contact. Such a conclusion accords with the finding in “room-dry” sedimentary rocks that acoustic attenuation is caused by stress-induced diffusion of adsorbed layers of volatile molecules [11] and, more recently, by direct measurements of acoustic attenuation in dry and weakly wet granular media [12].

The organization of the paper is as follows: we describe our experimental technique in Sec. II. There are two types of measurements here. In addition to measuring \( M(\omega) \), we also measure the resonant frequencies and dampening rates of flexural normal modes in a rectangular bar having a grain-filled cavity in it. We show how the measured function \( M(\omega) \) can be used to compute the effect of the granular medium on the resonant frequency and dampening characteristics of a structure in Sec. III. This is illustrated schematically in Fig. 1. When the cavity in the bar is filled with grains, its own resonance frequency is changed from \( f_0 \) to \( f_R \), which is complex-valued, reflecting the attenuation in the problem. Additionally, the effective mass, \( M(\omega) \), generally has its own (complex-valued) resonance frequencies, \( f_{\text{gr}} \). It may happen that one or more of these resonances is manifest as subsidiary resonances within the grain-loaded bar system, although the complex-valued resonance frequency is changed by virtue of the bar’s compliance.

Next, in Sec. IV, we discuss some rather general properties of the dynamic effective mass, considered as a causal response function. We analyze a model in which we treat the granular medium as a collection of rigid objects interacting via contact forces between them. We also analyze simple, continuum mechanical models. Sec. V is devoted to an analysis of our data in the context of these continuum models which are useful for understanding features such as the main resonance, \( f_{\text{gr}} \) and the high-frequency tail. Here, we analyze data on cavities filled with simple liquids, as well as data on our granular media. In order to get a sense of whether contact dampening or global dampening is the dominant mechanism in granular media, we have performed a series of numerical simulations, which we report in Sec. VI. In Sec. VII, we investigate the effect of differing humidities both on \( M(\omega) \) and on the flex bar resonances. By means of these data, it becomes clear that the dampening is local, due to the viscous adsorbed films of water in the contact region. We summarize our conclusions in Sec. VIII.
in-phase, partially out-of-phase motion of the individual grains, relative to the cup motion. As we shall see, $M_1$ may be conceptualized as an inertial effect, in the conventional sense, except that it depends upon an interplay between the masses of the individual grains and the stiffnesses of the grain-grain contacts; $M_2$ describes the attenuative aspects of the medium.

Of course, there is no such thing as a perfectly rigid cup. We have used a variety of different cups of slightly different geometries, with the intention that the apparent effect mass of the empty cup should be approximately frequency-independent. In Fig. 2, we show the results for one such cup plotted over a fairly wide frequency range. We show both the empty cup data (dashed lines) and the filled cup data (solid lines). Depending upon the way in which the cup is filled with grains, either by slightly tapping on the cup (black curve) or by mechanically compacting the grains with press and plunger (green curve) we get quite different results, as discussed below. We note that the effective mass of the empty cup is essentially a frequency-independent constant, as expected. This result is a consequence of our use of two accelerometers on either side of the bottom of the cup, and taking the average. In either accelerometer there is a visible resonance structure around 6 kHz, which seems to be a consequence of a “wobble” motion; the cup does not, literally, oscillate along a vertical axis. By averaging the two accelerometer signals, this wobble motion is effectively canceled. In this way, we have improved on the technique reported in Ref. [6].

We note from Fig. 2 that in the low frequency limit, $\tilde{M}(\omega)$ tends to the static mass of the grains. Also, there is a relatively sharp resonance peak whose position depends strongly on the manner in which the grains were prepared; there are also subsidiary resonances at higher frequencies. Although the data in Fig. 2 are for the tungsten grains, we have shown previously that these general features of $\tilde{M}(\omega)$ are present in other granular media, such as spherical glass beads or spherical lead beads [6]. In this article, we focus on the tungsten granules, simply because the effect is maximal for such dense particles.

**II. EXPERIMENTAL PROCEDURE**

**A. Effective Mass of Granular Media**

A cylindrical cavity (of diameter 2.54 cm and height 3.07 cm) excavated in a rigid Al cup is filled with tungsten particles. Each of these particles consists of four or five equal-axis particles, of nominal size 100 $\mu$m, fused together. (See Fig. 4, below.) The individual grains are far from being identical; using a microbalance, we measured the individual masses of 19 of these grains from which we deduce the average mass of an individual grain to be $m_g = 44.2 \pm 18.0 \, \mu g$. The large density of tungsten maximizes the effects we are studying. The cup is subjected to a vertical sinusoidal vibration at angular frequency $\omega$; the resulting acceleration is measured with either one or two accelerometers attached to the cup, on the underside to one side of center (see below), and the force is measured with a force gauge mounted between the shaker and the cup. Taking into account the mass of the empty cup, $M_e$, we have

$$\tilde{M}(\omega) + M_e = \frac{F(\omega)}{a(\omega)},$$

where the effective mass of the granular medium, $\tilde{M}(\omega) = M_1(\omega) + iM_2(\omega)$, is complex-valued, reflecting the partially

![FIG. 2. (Color online) Measurement results using one specific shaker cup over a wide frequency range. The top row represents the measured force, the middle row the acceleration, and the bottom row the effective mass of the granular medium.](image-url)
while the bottom two are driven out-of-phase with those on top. In this configuration, the four disks act as a bending moment on the bar, thus inducing the desired flexural motion. We mount an accelerometer on the bottom directly under the center of the cavity. The bending moment is driven at a constant voltage as the frequency is swept in increments that are finely spaced when the \( Q \) is large as for an empty cavity and more coarsely spaced when the \( Q \) is low, as when the cavity is grain loaded. The output of the accelerometer, \( a(\omega) \), shows a characteristic resonance peak as we sweep through the resonance.

We take the power dissipated in the vibrating bar to be \( P(\omega) \propto |a(\omega)|^2/\omega^2 \). This quantity is plotted, in arbitrary units, in Fig. 3. The real part of the resonance frequency, \( f_R \), and the quality factor, \( Q \), may be taken from the peak and the full-width at half-maximum of this curve. See pages 23 ff. of Kinsler and Frey [13].

This technique of finding \( f_R \) and \( Q \) works well when there is an isolated peak and the background power absorption is small. However, in many cases during our experiments, there are two nearby peaks with significant overlap between them and/or there is a significantly large background absorption. For such situations, there are established procedures for extracting \( f_R \) and \( Q \). They assume specific functional forms for the response function in which the parameters therein are adjusted to achieve a best fit to the response data [14]. We have taken a different approach, which assumes only that the data represent a sampling on the real axis of an analytic function of complex frequency.

We record the complex-valued data for the acceleration of the bar, \( a(\omega) \), as we do for the cup, where \( \{\omega_i\} \) is the set of discrete measurement frequencies. We analytically continue the auxiliary function \( g = 1/a \) using a rational function technique (Bulirsch-Stoer algorithm) [15] (see also Appendix B). It is relatively simple to search for a zero of this analytically continued function \( [g(\omega_R) = 0] \) using Muller’s method [15]. We have

\[
\omega_R = 2\pi f_R \left[ 1 - i/(2Q) \right] = 2\pi f_R - i\alpha, \tag{2}
\]

where \( \alpha \) is the decay rate of the mode. We find that this technique is highly reliable. As far as we are aware, it has not previously been reported in the literature.

FIG. 3. (Color online) Frequency scan of resonance in bar without (top) and with (bottom) tungsten granules. The dissipated power is plotted in the left column and the phase of the accelerometer, relative to the driving voltage on the benders, is plotted in the right. Note that, in this example, there are two distinct resonances in the granules loaded bar. The red circles mark the frequencies at which the power is equal to half its peak value. Note that there is a 90° phase shift between the two half-maximum points, as expected.
We see from Fig. 3 that there is a very significant effect due to the addition of the loose grains. When the cavity is empty, and the frequency scanned with 0.5 (Hz) increments, we find that, in the range 100 (Hz) < f < 5 (kHz), there is only a single resonance: \( f_0 (\text{empty bar}) = 3014\) (Hz) ± 0.1% and \( Q_0 (\text{exp}) = 1004 \pm 15\% \). When the cavity is filled with the tungsten particles, and the bar is scanned in 10 (Hz) frequency increments, there is a significant frequency shift for the main resonance, \( f_0 (\text{loaded}) = 2600\) (Hz), and increase in attenuation: \( Q_0 (\text{loaded}) = 46\). It is this latter feature that makes granular dampening an attractive possibility for reducing unwanted structure-borne sound. Moreover, there is an additional mode that is not present in the unloaded bar. The major thrust of this article is that these resonant bar characteristics can be computed directly, based on the measured effective mass, \( \tilde{M}(\omega) \); a detailed comparison between theoretical predictions and experimental results, as a function of humidity, is presented later in Sec. VII B using a theory developed in Appendix A.

C. Sample Handling

A major concern for us is that we need to be able to prepare the loose grains in the two cavities in a reproducible manner. This will allow us to make meaningful predictions about the resonant properties of the bar, using the measured effective mass in the shaker cup. Granular media are notoriously hard to prepare reproducibly because they often configure themselves into metastable states. For spherical grains, it is relatively easy to get the grains into a state approximating random close packing, whose properties are quite reproducible [16]. Our granular systems, however, do not lend themselves easily to this. This is because each granule consists of several sand-grain-like particles fused together. A photomicrograph of a few of these granules is shown in Fig. 4. Although the main features of the effective mass are certainly reproducible, the details of the structure in \( \tilde{M}(\omega) \) can vary significantly enough from one filling to the next that, unless precautions are taken, it prevents an accurate theory-experiment comparison in the bar.

In Fig. 5, we show the reproducibility of the effective mass for consecutive runs using each of the different protocols. In the first row, we show the results of filling while occasionally tapping to settle the grains. Next, we show the result of vibrating the particulate medium at a frequency of 1 (kHz) over a range of acceleration amplitudes, \( 0 < a < 30\) (m·s\(^{-2}\)) with a 93 g stainless steel plug resting on the free surface. The plug ensures that the grains at the surface experience a static pressure similar to that experienced at the bottom of the particle pack. The protocol consists of systematically increasing the acceleration amplitude in steps of 5 (m·s\(^{-2}\)), holding for 2 min at each amplitude before increasing to the next level. After reaching the maximum acceleration amplitude [30 (m·s\(^{-2}\))], the procedure is reversed. Therefore, the sample is exposed to 6 different acceleration amplitudes, and the protocol consists of 11 total steps. The procedure is similar to that employed by Nagel and coworkers [16].

The results indicate that vibrating the sample with a mass on the free surface yields a fairly consistent \( \tilde{M}(\omega) \). All of the samples exhibit the same features, and these features are observed at relatively consistent frequencies. The main resonance in the grains is observed to occur over a slightly broader frequency band [2.4–2.6 (kHz)] than that observed when the sample is tapped. On the other hand, compared to that observed after the sample is tapped, there appears to be slightly better reproducibility in the shape and position of the secondary features. It is interesting to note that the higher degree of compaction achieved with the vibration protocol shifts the main resonance to higher frequency, as compared to that observed with the tapping protocol. In Sec. V B, we will see that this shift can be interpreted as an increase in effective sound speed in the granular medium.

Unfortunately, while reproducible, the effective mass so obtained with this protocol varies with the orientation of the cup relative to the shaker on which it is mounted. This effect is demonstrated in the third row of Fig. 5. The effective mass is reproducible for a single orientation, but it varies with orientation. Evidently, the wobble effect we discussed earlier is big enough to effect the packing of the grains, when we vibrate at these high amplitudes. Therefore, the vibration protocol is not optimal for handling the samples prior to a transferability experiment because we cannot ensure that we can duplicate the motion of the bar and the cup as we vibrate it at high amplitudes during the preparation phase.

The most successful method for developing a reproducible loading was to mechanically compact the grains after they had been loaded in their respective cavities. This protocol consists of using a mechanical testing instrument to impose a sinusoidal stress on the free surface. To promote a uniform imposition of the stress over the free surface of the grains, we use a stainless steel plunger with a rubber pad glued to the bottom surface. First, a static stress of 59.2 (kPa) is imposed on the granular medium. Then, a sinusoidal stress is imposed on the system consisting of 200 cycles at a frequency of 0.25 (Hz). The stress amplitude is systematically varied between 39.5 and 118.5 (kPa), in steps of 39.5 (kPa). To prevent unloading the system, the static stress is increased...
by 39.5 (kPa) for each equivalent change in stress amplitude. After the maximum stress amplitude is achieved, the procedure is repeated in reverse. So, the first two steps consist of increasing, and the second two steps consist of decreasing the stress amplitude. We have limited the maximum stress on the grains to the low value of 118.5 (kPa) = 1.185 (bar)], specifically in order to ensure that we are not physically damaging any of the grains. Overall, the system is exposed to 1000 stress cycles (5 sets of 200) at systematically varied stress amplitudes. In order to test the reproducibility of this protocol, we have repeated the measurement by dumping out the grains, repacking the same amount by weight of fresh grains using the compaction technique, measuring $\tilde{M}(\omega)$, dumping out the grains, repacking, etc. For the purposes of comparing theory vs experiment in the bar data (Sec. VII B), we used the mechanical compaction protocol.

### III. DAMPENING OF STRUCTURE-BORNE SOUND AND THE EFFECTIVE MASS OF GRANULAR MEDIA

Subject to the validity of a few simple assumptions, it is possible to use the measured effective mass, $\tilde{M}(\omega)$, to compute its dampening effect on an elastic structure having an “identical” grain-filled cavity. Let us suppose that there is an acoustic structure which has a resonant frequency $\omega_0$ when the cavity is empty. The resonant frequency becomes complex-valued in the presence of the granular dampening mechanism: $\omega = \omega_0 + \Delta \omega$. Here, $\text{Im} (\omega)$ describes the ring-down rate of the mode in the time domain or, equivalently, the quality factor of the resonance in the frequency domain: $Q = -\text{Re} (\omega)/[2 \text{Im} (\omega)] > 0$. We make the approximation that the grains contribute an additional mass-loading, which is localized at position $x_i$. Thus, the density may be written as

$$\rho(x) = \rho_0(x) + \tilde{M}(\omega) \delta(x - x_i),$$

where $\rho_0(x)$ is the point-by-point density of the structure when the cavity is empty. This assumption is essentially a statement that we are considering only those normal modes of the structure whose wavelengths are much larger than the dimensions of the cavity. We make the further assumption that the grain-filled cavity contributes negligibly to any change in the effective elastic moduli of the host structure. That is, the effective moduli of the grains, as seen by the walls of the cavity, are much smaller than those of the host material. In Sec. V B, we show that this is an excellent approximation for the effective masses and structures we are considering here.

The equations of elastodynamics may now be recomputed using this modified, and now frequency-dependent and complex-valued, density. We demonstrate how to do this sort of computation for the specific case of the fundamental flex mode in a rectangular bar in Appendix A.

It is most useful, however, to consider the results of the much simpler perturbation theory, which is valid to first order in $\tilde{M}(\omega)$, considered as a small perturbation. The displacement field obeys the usual equations of motion

$$-\rho \lambda u_i = [C_{ijkl} u_k]_j.$$  \hspace{1cm} (4)

Here, $\rho$ and $C_{ijkl}$ are the position-dependent density and elastic constants of the material, $u_i(x)$ is the $i$-th component of the displacement field, a comma denotes differentiation with respect to that coordinate, and summation over repeated indices is understood; $\lambda = \omega^2$ is the eigenvalue for the problem. Written in this manner, Eq. (4) applies to any position-dependent material constants, $\rho(x)$ and $C_{ijkl}(x)$, including those with step discontinuities. We consider resonances such that either the displacement field vanishes on the boundary surface of the structure, $u_i |_{S_0} = 0$, or the stress tensor vanishes on that surface, $C_{ijkl} u_k |_{S_0} = 0$. Moreover, we assume that the elastic constants, $C_{ijkl}$, and the unperturbed density, $\rho_0$, are

![FIG. 5. (Color online) Effective mass, $\tilde{M}(\omega)$, measured on subsequent packings of the shaker cup using four different loading protocols. First Row: simple filling and subjective tapping. Second Row: sinusoidal vibration, aligned cup. Third Row: sinusoidal vibration, different cup orientations. Fourth Row: mechanical compaction with commercial press.](image-url)
real-valued, thus guaranteeing that \( \omega_0 \), the resonance frequency when there are no grains in the cavity, is also real-valued.

Now, if the density is perturbed to take on a new value, \( \rho = \rho_0 + \Delta \rho \), then there is a corresponding change in both the eigenvalue \( \lambda = \lambda_0 + \Delta \lambda \) and in the eigenvector, \( \mathbf{u} = u^0 + \Delta \mathbf{u} \). Substituting into Eq. (4) and collecting all the first order changes, one has

\[
- \Delta \lambda \rho_0 u^0 = - \lambda_0 \rho_0 \Delta u - \lambda_0 \Delta \rho u^0 = \left[ C_{ijkl}(x_k) \right]_{ij}.
\]

Multiply Eq. (5) by \( [u^0]^* \) (sum on \( i \)) and integrate over all space. The term \( \int [u^0]^* C_{ijkl} \Delta u \, dV \) can be integrated by parts; the surface term vanishes because of the assumed boundary condition (above). The remaining volume integral cancels the term \( -\lambda_0 \rho_0 [u^0]^* \Delta u \, dV \) (because \( u_0 \) satisfies the zero-order equation). Thus,

\[
\Delta \lambda = - \frac{\lambda_0}{\rho_0(x)} \int [u^0]^* u^0 \, dV.
\]

Applied to the case of interest, Eq. (3) for which \( \Delta \rho(x) = 0 \), this now reads

\[
\Delta \omega = - \frac{\omega_0 I_1}{2 M_0} \tilde{M}(\omega_0),
\]

where

\[
I_1 = \frac{\rho_0(x) [u^0(x)]^2}{\int \rho_0(x) [u^0(x)]^2 \, dV},
\]

in which \( u^0(x) \) is the displacement field, and \( \rho_0(x) \) is the density, when the cavity is empty of grains. \( M_0 = \int \rho_0(x) \, dV \) is the total mass of the structure when there are no grains in the cavity. Written in this manner, \( I_1 \) is dimensionless. In order for this theory to be valid, the granular media in the two cavities must be substantially the same. In Sec. VII B, we make such a theory-experiment comparison, but we have had to go beyond the simple perturbation theory result for two reasons: (1) the effective mass, \( \tilde{M}(\omega) \), is not always small. It can, in fact, take on values larger than that of the steel bar. Perturbation theory cannot give an accurate description in these cases. (2) Some of the modes seen in the bar+grains system are basically modes within the grains [i.e., poles of \( \tilde{M}(\omega) \)] modified by the effect of the bar. Perturbation theory is silent as to the properties of these modes. Nonetheless, for the modes which are primarily barlike, Eq. (7) gives a useful intuitive way to think about the effects of the granular medium on the resonance frequency and \( Q \). Specifically, \( \tilde{M}_1(\omega_0) \) determines the shift in the resonance frequency and \( M_2(\omega_0) \) determines the lowered \( Q \), as is clear from Eq. (7).

We note in passing that the effective mass is, in reality, a tensor, viz. \( \tilde{M}_ij(\omega) \), reflecting the fact that gravity plays a major role in establishing stiffness and dampening at the contacts. Equation (4) has an obvious generalization to the case of a tensorial density, and Eq. (7) becomes

\[
\Delta \omega = - \frac{\omega_0 I_1}{2 M_0} \tilde{M}_ij(\omega_0) \mu^j(\omega_0) 2 \int \rho_0(\mathbf{x}) |\mu^j(\mathbf{x})|^2 dV.
\]

In this article, we are considering only situations in which the cavity motion is strictly along the \( z \) axis, parallel to the force of gravity. Thus, the only relevant component of the effective mass being considered here is \( \tilde{M}_{zz}(\omega) \), which we shall henceforth denote without the subscripts, but with this understanding that there are other nonzero components of the tensor.

**IV. Properties of \( \tilde{M}(\omega) \)**

In this section, we first discuss some general properties of \( \tilde{M}(\omega) \) considered as a causal response function. Next, we investigate some properties of the system in which we idealize the grains as being rigid particles which interact with their neighbors via contact forces, of which there may be different kinds. A specific motivation here is to analyze the high-frequency behavior seen in our own measurements of \( \tilde{M}(\omega) \) within this discrete particles context. Finally, some of the features we observe in \( \tilde{M}(\omega) \) are suggestive of a collective motion in which the displacement varies slowly from grain to grain. This suggests the possible approximate validity of continuum models, two of which we present here.

**A. General**

The effective mass, \( \tilde{M}(\omega) \), is a causal response function in that one may, in principle, apply an arbitrary time-based protocol to the acceleration of the cup and measure the force induced by this protocol. As such, it has several general properties, which we summarize here. These properties follow on general principles as described in, e.g., Landau and Lifshitz [17]. \( \tilde{M}(\omega) \) is the Fourier transform of a real-valued memory function

\[
\tilde{M}(\omega) = \int_0^\infty \chi(t) e^{i\omega t} d\tau.
\]

Causality considerations specifically restrict the range of integration to positive values of \( \tau \) only. That is, in the time domain, the force and the acceleration are related to each other via the memory function, \( \chi(t) \)

\[
F(t) = \int_0^\infty \chi(\tau) a(t-\tau) d\tau.
\]

Inasmuch as only the past history of the acceleration matters in Eq. (11), its Fourier transform leads to Eq. (10). If the frequency, \( \omega \), is extended to take on complex values, we see that \( \tilde{M}(\omega) \) is regular everywhere in the upper-half complex plane. We also see from Eq. (10) that

\[
\tilde{M}(-\omega) = \tilde{M}^*(\omega),
\]

where an asterisk signifies complex conjugation. These considerations lead immediately to the usual Kramers-Kronig
relations between the real and the imaginary parts
\[ M_1(\omega) = \frac{2}{\pi} \int_0^\infty \frac{x M_2(x)}{x^2 - \omega^2} dx \]
(13)
\[ M_2(\omega) = -\frac{2}{\pi} \int_0^\infty \frac{M_1(x)}{x^2 - \omega^2} dx, \]
(14)
where \( \omega \) and \( x \) take on real values only and \( P[\cdot] \) denotes principal part of the argument. [We are assuming there are no singularities on the real axis and that \( \lim_{\omega \to \infty} M(\omega) = 0 \). See Sec. IV B, below.]

One may just as well consider a time-based protocol for an applied force and measure the induced acceleration of the cup. Therefore, \( 1/\tilde{M}(\omega) \) is also a causal response function and all the results quoted above apply to it as well, except for the Kramers-Kronig relations. Thus, \( \tilde{M}(\omega) \) has no zeroes, poles, branch points, or singularities of any kind anywhere in the upper-half plane. Inasmuch as only the constant functions are analytic and bounded everywhere in the complex plane, \( \tilde{M}(\omega) \) must have singularities of some sort in the lower-half plane.

The power dissipated in the system, averaged over one cycle of oscillation, is
\[ \mathcal{P} = \langle \text{Re}[F] \text{Re}[v] \rangle = (1/2) \text{Re}[F v^*] = (1/2) \omega M_2(\omega) |v|^2, \]
(15)
where \( v = i\alpha/\omega \) is the velocity of the cup. Since \( \mathcal{P} \) is always non-negative, one has \( \omega M_2(\omega) \geq 0 \), for real values of the frequency. We see that this property is borne out by the data in Figs. 2 and 5.

B. Systems of Discrete Particles

Let us consider a model in which each grain is considered to be rigid except for the region near the contacts with its neighboring particles. Let \( \mathbf{X}_i \) be the equilibrium position of the center of mass of the \( i \)-th particle, whose mass is \( m_i \), and \( \mathbf{u}_i \) be its displacement from equilibrium. Similarly, \( \theta_i \) is the librational angle of rotation. If two neighboring particles translate or rotate such that, their points of contact would move relative to each other, there will be a restoring force due to the contact forces. The linearized equation of motion for the \( i \)-th particle is
\[ -m_i \omega^2 \mathbf{u}_i = -K_{i} \cdot \left[ \mathbf{u}_i + \theta_i \times \mathbf{d}_{iw} - \mathbf{W} \right] + \sum_j K_{ij} \cdot \left[ \mathbf{u}_j + \theta_j \times \mathbf{d}_{ji} - \mathbf{u}_i - \theta_i \times \mathbf{d}_{ij} \right], \]
(16)
where \( \mathbf{d}_{ij} \) is the vector from \( \mathbf{X}_i \) to the point of contact with the \( j \)-th grain. It is understood that the tensor \( K_i (= K_j) \) is nonzero only for grains actually in contact with each other. (We assume there is at most one contact per pair.) Similarly, \( \mathbf{d}_{iw} \) and \( \mathbf{K}_{iw} \) refer to grains that are in contact with the surfaces of the cavity, whose rigid displacement is \( \mathbf{W} \).

The equation of motion for the angular variables is
\[ -\omega^2 \mathbf{I}_i \cdot \theta_i = -\mathbf{d}_{iw} \times K_{iw} \cdot \left[ \mathbf{u}_i + \theta_i \times \mathbf{d}_{iw} - \mathbf{W} \right] + \sum_j K_{ij} \cdot \left[ \mathbf{u}_j + \theta_j \times \mathbf{d}_{ji} - \mathbf{u}_i - \theta_i \times \mathbf{d}_{ij} \right], \]
(17)
where \( \mathbf{I}_i \) is the moment of inertia tensor for the \( i \)-th particle.

In the special case that the particles are identical spheres, we have \( K_{ij} = (1/2)[\mathbf{X}_j - \mathbf{X}_i] \), and the spring constant tensor may be written in terms of normal (\( N \)) and transverse (\( T \)) stiffnesses as
\[ K_{ij} = k_{ij}^N \mathbf{d}_{ij} + k_{ij}^T \left[ \mathbf{I} - \mathbf{d}_{ij} \mathbf{d}_{ij} \right], \]
(18)
where \( \mathbf{d}_{ij} \) is the unit vector and we use dyadic notation. Similarly for the contacts with the walls. An example here would be Hertz-Mindlin contact forces in which the stiffness increases with increasing static compression but we also consider forces of adhesion, capillarity, etc.

It is understood that, generally, each of the elements of the tensors \( K_{ij} \) or \( K_{iw} \) are complex-valued and frequency-dependent reflecting the microscopic origin of the dissipation. For example, one may take
\[ K_{ij}(\omega) = K_{ij}^0 - \frac{K_{ij}^\infty}{1 - i\omega \tau}, \]
(19)
in which the second term describes an interparticle force proportional to the difference in velocity of the two grains. The tensor \( \mathbf{B}_i \) is analogous to a dampening parameter. In general, Eq. (19) represents simply the first two terms in the Taylor’s series expansion of \( K(\omega) \). These “springs” may have rheological properties of their own. For example, if there is an internal degree of freedom with relaxation time \( \tau \) it is easy to show that
\[ K_{ij}(\omega) = K_{ij}^\infty + K_{ij}^0 \frac{K_{ij}^\infty - K_{ij}^0}{1 - i\omega \tau}, \]
(20)
The derivation of Eq. (20) parallels that of Eq. (78.6) in Landau and Lifshitz [18]. A Taylor’s series expansion of Eq. (20) for small \( \omega \) has the form of Eq. (19) for the first two terms.

Notwithstanding the foregoing remarks, there are some general conclusions one can draw from Eqs. (16) and (17). First, the total force which the cavity exerts on the grains is
\[ \mathbf{F} = -\sum_i K_{iw} \cdot \left[ \mathbf{u}_i + \theta_i \times \mathbf{d}_{iw} - \mathbf{W} \right] = -\omega^2 \sum_i m_i \mathbf{u}_i, \]
(21)
where the second equality follows because the interparticle forces cancel, by Newton’s third law, as is clear from Eq. (16). Second, one can formally write the effective mass in terms of the normal-mode frequencies of the system
\[ \tilde{M}(\omega) = \sum_n \frac{A_n}{\omega - \omega_n}, \]
(22)
where \( \omega_n \) are the complex-valued frequencies for which Eqs. (16) and (17) have nontrivial solutions when \( \mathbf{W} \) is set equal to zero. Each matrix \( A_n \) represents the strength of each resonance. Also, from Eqs. (16) and (17), it is clear that when the frequency tends to zero one has \( \lim_{\omega \to 0} \mathbf{u}_i = \mathbf{W} \) and \( \lim_{\omega \to 0} \theta_i = 0 \). Therefore, in this limit, one has, from the sec-
ond of Eq. (21), \( F = -\omega^2 M_0 W \), where \( M_0 = \sum m_i \) is the total static mass of the grains. Therefore, from the definition of the effective mass, one has
\[
\lim_{\omega \to 0} \tilde{M}(\omega) = M_0 I,
\]
which seems obvious.

The high-frequency limit of the effective mass also has a simple form. From Eqs. (16) and (17), one has \( \lim_{\omega \to \infty} u_i = 0 \) and \( \lim_{\omega \to \infty} \theta_i = 0 \), because of the dominance of inertial effects. The particles do not move at all in this limit. Therefore, in this limit, the first of Eq. (21) implies \( F = \sum_{i} K_{ni}(\omega) \cdot W \) which, in turn, implies
\[
\lim_{\omega \to \infty} \sum_i K_{ni}(\omega) = \frac{i}{\omega^2} \sum_i K_{ni}^0.
\]

The high-frequency behavior of \( \tilde{M}(\omega) \) is controlled by the behavior of those springs connecting the particles directly to the cavity motion. If, for example, these are strictly damped springs, such as implied by Eq. (19), then
\[
\lim_{\omega \to \infty} \sum_i K_{ni}^0 = \frac{i}{\omega^2} \sum_i K_{ni}^0,
\]
which is predominantly imaginary valued in this limit. On the other hand, if the individual springs have their own rheological behavior, such as that implied by Eq. (20), then
\[
\lim_{\omega \to \infty} \sum_i K_{ni} = -\frac{i}{\omega^2} \sum_i K_{ni}^0.
\]

Should this latter case hold, then comparison with Eq. (13) immediately gives an \( f \) sum rule on the absorptive part of the effective mass
\[
\int_{0}^{\infty} \omega \text{Im} [\tilde{M}\omega] d\omega = \frac{\pi}{2} \sum_i K_{ni}^0.
\]

So, if those grains that are in contact with the walls of the cavity have spring constants that are real-valued in the high-frequency limit, then the integrated absorptive part of the effective mass is determined solely by those high-frequency spring constants, independent of the details of the grain-grain contact forces.

The potential usefulness of the results of this section is that the high-frequency limit of the measured \( \tilde{M}(\omega) \) may be compared against Eqs. (24) and its variants. In our own experiments, we are not able to probe frequencies high enough to observe this behavior, as discussed in Sec. V B, below.

C. Continuum Models

On a semiquantitative level, we may understand the general features of our experimental results, such as those in Figs. 2 and 5, in terms of two oversimplified continuum models whose main purpose will be to allow us to deduce approximate parameter values from our data.

Model I: the granular medium is considered to be a lossy fluid, with negligible viscous effects at the walls; that is, the viscous skin depth \( \delta = (2\eta/\rho a) \) is small compared to the radius of the cup, \( a \). Here, \( \eta \) is the viscosity of the fluid; \( \rho \) is the density. The effective mass is simply
\[
\tilde{M}(\omega) = M_0 \tan(qL)/(qL),
\]
where \( L \) is the height of the fluid column, \( q = \omega/\sqrt{\rho K /\omega} \) is the wave vector in the fluid in terms of a (lossy) bulk modulus, \( K = K_0[1 - i\omega\tau] \). \( M_0 = \pi a^2 L \rho \) is the static mass in the cup. This model presupposes that 100\% of \( \tilde{M}(\omega) \) is supported by the bottom surface of the cup. For “small enough” values of the damping parameter, \( \tau \), resonance peaks, as seen in Fig. 6(a), occur when \( qL \) equals odd multiples of \( \pi/2 \), i.e., \( L \) equals odd multiples of \( 1/4 \) wavelength: \( L = \lambda/4, 3\lambda/4, 5\lambda/4, \ldots \)

These sharp resonances are examples of \( f_p \) resonances within the granular medium/liquid. The values of \( K_0 \) and \( \tau \) are chosen to mimic the observed frequency position and resonance width, respectively, in the experiments. There is a second resonance in Fig. 6(a) around 4500 (Hz), but the width of that resonance is nine times as large as the first one, so it is scarcely visible in the plot.

We emphasize that this last feature, the resonance frequencies being in the ratio 1:3:5:7\ldots, is an artifact of three assumptions in Model I: (a) there is no shear rigidity or shear viscosity in the material. (b) The sound speed is constant throughout the sample. (c) The attenuation parameter, \( \tau \), is small. We shall see that all of these assumptions are violated, strictly speaking, under the conditions of our experiments on real granular media.

Model II: the granular medium is considered to be a very viscous fluid, which is infinitely compressible. This situation may be approximately correct if the filling depth of the cavity is much greater than the diameter so that most of \( \tilde{M}(\omega) \) is borne by the walls of the cup, little by the bottom surface. By solving the Navier-Stokes equation for oscillatory motion in a cylindrical geometry \( [17] \), we find
Here, $\kappa = \sqrt{\mu\omega/\eta}$, and $J_1(z)$ is a Bessel function of order $k$. This model gives a broad peak with a slow decay at higher frequencies as seen in Fig. 6(b), much like that seen qualitatively in the granular data above the fundamental resonance. We note, for future use, that the high-frequency limit of Eq. (29) is

$$\tilde{M}(\omega) \to 2\pi aL/\sqrt{\eta\rho/\omega}.$$  

(30)

This limit holds when the viscous skin depth $\delta \equiv \sqrt{2\eta/\rho\omega}$, is much smaller than the radius of the cup. We suppose, then, that the result $\tilde{M}(\omega) \propto \sqrt{\eta}/\omega$ holds generally, for other geometries, but with different prefactors.

Is the high-frequency limit for this continuum model consistent with what one might expect for a discrete system of particles, with dampening due to their relative motion, namely, Eq. (25)? Though one may expect viscous-like dampening analogous to that described by Eq. (30), at high enough frequencies, the viscous skin depth becomes small compared to the interparticle separation and there is a crossover from $\tilde{M} \propto (1 + i)\omega^{-1/2}$ to $\tilde{M} \propto i\omega^{-1}$. This can be demonstrated explicitly if one considers a one-dimensional string of point masses, separated a distance $b$ from each other, each of which experiences a drag force proportional to the difference between its velocity and its neighbor’s, viz. $F = \gamma (v_j - v_j)$. This leads to the equation of motion for the ensemble

$$-m\omega^2 u_j = -i\omega\gamma(u_{j+1} - 2u_j + u_{j-1}) \quad j = -N, \ldots, N$$  

(31)

subject to the boundary condition

$$u_{N+1} = W.$$  

(32)

Equation (31) is a simple example of Eq. (19) in which $B_{ij} = \gamma$ if $i$ and $j$ are nearest neighbors and $K_{ij} = 0$. It is simple enough to solve for the effective mass implied by this toy model. Let

$$\gamma_\pm = \frac{2\gamma - i\omega \pm \sqrt{i\omega^2 + 4i\omega \gamma}}{2\gamma}.$$  

(33)

The dynamic effective mass of one such row is

$$\tilde{M}_{1D}(\omega) = \frac{2\gamma}{\omega} \left[ \frac{\gamma_+^{N+1} + \gamma_-^{N+1} - \gamma_+^N - \gamma_-^N}{\gamma_+^{N+1} + \gamma_-^{N+1}} \right].$$  

(34)

If we imagine that there is a sequence of such chains, in parallel with each other, all connected to the walls then Eq. (31) is a discretized version of the linearized Navier-Stokes equation for which the viscosity is $\eta \approx \gamma b$. The effective mass per unit area of the side wall implied by the continuum Navier-Stokes equation in this geometry is

$$\tilde{M}_{NS}(\omega)/A = \frac{2\rho}{\kappa} \tan(\kappa T/2).$$  

(35)

where $T$ is the separation between the walls. Equation (35) has a high-frequency limit analogous to Eq. (30)
FIG. 8. Real part of the effective mass of a fluorocarbon fluid compared against the theoretical prediction of Eq. (28). The 1/4 wavelength resonance is visible around 6 (kHz).

To summarize this section, we may say that there are several distinct possible origins to the frequency dependence of $\tilde{M}$. Within the context of the discrete model, such as embodied in Eqs. (16) and (17), one expects structure near those normal-mode frequencies which are relatively near the real axis, as implied by Eq. (22). To the extent that a continuum approximation may be relevant for some of the lower lying modes, one may expect structure when the (wavelength of sound/viscous skin depth) is comparable to the cavity dimensions, examples of which appear in Figs. 6(a), 6(b), and 7. There may be further structure at the frequencies for which the continuum theory breaks down, an example of which is seen around 3 (MHz) in Fig. 7. And finally, there may be structure due to the fact that the springs themselves exhibit a nontrivial frequency dependence, an example of which is given by Eq. (20).

V. EFFECTIVE MACROSCOPIC PROPERTIES

A. Liquids

A wide variety of real liquids satisfies the assumptions of Model I. We have measured $\tilde{M}(\omega)$ for four simple liquids. In Fig. 8, we show the results for a common, commercially available, fluorocarbon, whose chemical formula is $N(CF_3(CF_2)_{2})_3$. By fitting Eq. (28) to this data, we are able to extract the density, $\rho$, and the speed of sound: $V=\sqrt{K/\rho}$. These values, measured with our effective-mass technique for all four liquids, are cross-plotted against those determined by more conventional means (Refs. [21,22]).

Encouraged by these results, we naively interpret the main resonance in Figs. 2 and 5 as being a 1/4 wavelength resonance of the compressional sound speed, i.e., analogous to the resonances predicted by Model I. We investigated how this resonance, $f_p$, shifts to higher frequencies as the filling depth, $L$, is reduced. Throughout the volume of grains in the cup, the sound speed must be depth dependent; the gravity-attributed stiffness is small at the surface and maximum at the bottom. Nevertheless, we may estimate an effective sound speed in the vertical direction based on this peak frequency and on the filling depth of the tungsten particles

$$\nu(L) = 4L f_p(L).$$

Figure 10 shows these estimated speeds as a function of filling level, $L$, for a cavity with diameter $D=2.54$ cm and for cavities of differing diameters, all filled to the same level, $L=3.05$ cm. For this figure, we have filled the cavities with two different procedures: (1) we vibrate the cavity vertically at 1 (kHz) with different acceleration amplitudes, as indicated. (2) We fill simply by “tapping gently”$^5$ on the side of the cup. We note that the position of the main resonance in the cup can be very different depending upon the filling technique. Nonetheless, these results show the trend of greater speed with greater depth, as expected. The values we are reporting $\sim 100–300$ (m·s$^{-2}$) are on the same order of magnitude as those of other granular media reported in the literature using other techniques [2,4,9,23–25].

In one case shown in Fig. 10, we first filled the cup by the vibration measurement and then lightly tapped the side of the cup. This caused the grains to pack less tightly and move the main resonance to a much lower frequency, and thus a much lower apparent sound speed.

Also in Fig. 10, we show our results for the effective sound speed in cavities of differing diameters, $D$, filled to a common depth. These data provide evidence of a kind of dynamic Janssen effect in the sense that the side walls sup-
port some fraction of the differential force as an effect of the oscillation. In order not to confuse the issue with the dynamic Janssen effect reported previously for that observed in cavities whose walls move at a constant speed [26], we will refer to the effect in the present paper as the acoustic Janssen effect. If the side walls did not support the effective mass one would expect the effective sound speed to be independent of cavity diameter. We return to this point in our discussions of numerical simulations, below. Suffice it to say that the results of Fig. 10 rule out the strict applicability of an interpretation of the main resonance peak based on Eq. (28), Model I: the sound speed is a function of depth and the material has a shear rigidity. This observation, a sound speed in the range 100–300 (m·s⁻²), implies the elastic moduli are in the range $K \approx 1–9 \times 10^7$ (Pa), which is orders of magnitude smaller than the elastic constants of steel. Therefore, the presence of the granular medium in the cavity of the resonance bar contributes negligibly to the stiffening of that bar, as we have assumed.

Because at least some of the effective mass is borne by the side walls of the cavity, we may estimate the effective viscosity of the granular medium based on the high-frequency tail of the data, such as in Figs. 2 and 5. According to Model II, the high-frequency tail of $\hat{M}(\omega)$ should be proportional to $\omega^{-1/2}$, as in Eq. (30), when the viscous skin depth is small: $\delta(\omega) \ll a$. Roughly speaking, this is seen in the data plotted in Fig. 11. (The data fit better to $f^{-1/2}$ than to $f^{-1}$ although not overwhelmingly so.) Taking into account the prefactors, we conclude that the granular medium has an effective acoustic viscosity $\eta_{eff} = [3–10] \times 10^4$ Poise. This value of $\eta_{eff}$ implies a value of the viscous skin depth $\delta(10 \text{ kHz}) \approx 3$ mm, which is both small compared to the cup radius and large compared to the grain diameters thus satisfying two of the underlying assumptions in Eq. (30). This value is just an order of magnitude estimate as the fluctuations around the $f^{-1/2}$ behavior are quite large and Model II is, of course, an oversimplification and an overestimation of the effects of the sides of the cavities. It is clear that, while

the data exhibit features of both Model I and II, neither model captures the whole story. Nonetheless, if our estimate of the macroscopic viscosity is approximately correct that would imply that the crossover from $M_\nu \propto f^{-1/2}$ to $M_\nu \propto f^{-1}$ [i.e., Eq. (25)] occurs in the frequency range $[2–8 \times 10^6]$ (Hz). This crossover happens when the macroscopic viscous skin depth approximately equals the particle separation, $\delta = b$, as discussed in connection with Fig. 7. If this crossover happens at all, it would seem to be well outside our experimentally accessible measurement range.

In a similar vein, we may conceptualize the effective elastic constants as $\tilde{K}(\omega) = K_0 - i\omega\eta$ from which we deduce that a crossover from elastic-dominated to viscous-dominated behavior occurs at a frequency $\omega_{c\nu-\nu} \approx K_0/\eta$, which is approximately 15 (kHz) for the granular systems we have studied. We may very well be seeing this crossover at the higher end of our frequency range in Fig. 11.

To summarize this section, we have found some evidence that there is an effective macroscopic viscosity in the sense of Eq. (30) being approximately correct. This, in turn, suggests that we should not see behavior implied by Eq. (25), unless the frequency is much higher than we are investigating; we don’t see that behavior, much less that suggested by Eq. (26). Even at our highest frequencies, the granular system is undergoing collective oscillation, albeit a complicated one: it is not the case, even at our highest frequency, that only those grains in contact with the walls are contributing to $\hat{M}(\omega)$.

VI. SIMULATIONS

The toy models are illuminating as far as they go, but to obtain a deeper understanding of the damping mechanism on a microscopic level, we have performed molecular dynamic simulations of $\hat{M}(\omega)$. Here, we consider the much
simpler system of spherical beads confined in a rectangular box.

In our simulations, a static packing at a predetermined pressure is first achieved by methods previously described [27], and then we incorporate walls, friction, and the force of gravity. The simulations consider the typical Hertz-Mindlin contact forces for the normal and tangential components, respectively, and the presence of Coulomb friction between the particles characterized by a friction coefficient $\mu$. See Ref. [27] and references therein for a discussion of the underlying physics of these contact forces.

Microscopic dampening is provided by two principal mechanisms of dissipation: (a) local dampening, in which the force is proportional to the relative velocity between two contacting grains [28,29]. Examples of this form of dampening include intrinsic attenuation due to asperity deformation [28], and wetting dynamics within the liquid bridges between adjacent grains as they move relative to each other [30,31]. (b) Global dampening, in which there is a presumed rotational and translational drag due to a viscous fluid, such as air, which is assumed to move with the walls of the cavity. See [29,32,33]. Within the context of Eqs. (16) and (17), the global dampening approximation is that the particles not in direct contact with the walls still experience a drag effect such that $K_{\text{per}} = -i \omega B_w$, where $B_w$ is the same for each grain. The conclusions we draw from our numerical simulations are relatively insensitive to the assumed values for the dampening parameters, either global or local. We plot some typical results in Fig. 11, where we indeed see that the local dampening hypothesis implies $M_i \propto \omega^{-1/2}$, and the global dampening is more consistent with $M_i \propto \omega^{-1}$. The data are quite noisy and the distinction between $f^{-1/2}$ and $f^{-1}$ behavior is not clear-cut, although the fit to $f^{-1/2}$ is somewhat better. In Sec. VII B, we demonstrate quite unequivocally that contact damping is the operative mechanism in the experimental data.

Results are displayed in Fig. 12 for a system in which there is assumed to be only local contact damping. The two cases shown correspond to normal and transverse contact forces (a) and normal forces only (b). The fundamental resonance and the broad high-frequency tail are clearly evident. We show, separately, the contribution to $\tilde{M}(\omega)$ from the bottom as well as from each of the side walls. The conclusions we draw from the numerical modeling are the following:

(1) An acoustic Janssen effect reveals that Models I and II (Sec. IV C) are equally important to an understanding of the dynamics. Figure 12(a) shows the results of the effective mass at the bottom and on the walls of the cavity, as a function of the frequency, for a system with friction coefficient $\mu=0.5$. For all frequencies, we find that approximately one-half of the mass is held by the bottom and the other half by the side walls. In this sense, one cannot make the distinction between the simplified models. Our depiction of an effective sound speed as a function of filling level, Fig. 10, is really just a manner of speaking. When the friction is switched off [$\mu=0$, Fig. 12(b)], almost all the weight is supported by the bottom walls of the cavity, as expected, since the effective shear modulus becomes negligibly small [27]; therefore, the

![FIG. 12. Acoustic Janssen effect as seen in molecular dynamic simulations. The real part of the computed effective mass, normalized to the static mass, is plotted vs frequency: (a) $\mu=0.5$ and (b) $\mu=0$. Although both simulations clearly show the resonance, in the former, approximately one-half of the effective mass is supported by the side walls and one-half by the bottom.](image)

Model II effect essentially disappears. (A small component of the weight is held by the walls because they are made of glued particles in the simulations.) Not surprisingly, we still see the resonance peaks as predicted by Model I.

We note that our results for the effective sound speed measured in cavities of different diameters but filled to the same depth, plotted in Fig. 10, provide an experimental indication of an acoustic Janssen effect. If the side walls did not support the effective mass, one would expect the effective sound speed to be independent of cavity diameter.

(2) Simulations allow us to differentiate between possible different microscopic origins of dissipation. We find that either global or local dampening can capture the main features of the experiments: the main resonance peak, as in Model I, and a broad background, as in Model II. However, the high-frequency asymptotic behavior for large $\omega$ is very different for the two mechanisms. Global dampening predicts $\tilde{M}(\omega) \sim i \omega^{-1}$, as per Eq. (25) where $B_w$ is nonzero for every particle. Roughly speaking, this can be seen in the result plotted in Fig. 11. On the other hand, as long as the viscous skin depth $\sqrt{2 \eta_0 \rho_Get^2} \rho_0 \omega$ is large compared to the grain size but small compared to the cup radius, then contact dampening predicts $\tilde{M}(\omega) \sim (i / \omega)^{1/2}$, as in Model II. This trend is seen in the numerical simulations based on contact dampening plotted in Fig. 11. Although the simulation result is noisy, we may conclude that there is an effective viscosity, as is seen in the experimental results. Contact dampening can be caused by viscoelasticity of the grains themselves or it can be induced by liquid bridges at the contact points [30,31,34,35]. We are inclined to suppose it is the latter that dominates in our samples and this has motivated us to consider the effects of humidity on our results, both for $\tilde{M}(\omega)$ and for the resonances in the bar. We present our results in the next section. For reasons that will become apparent, we need to develop a quantitative theory of the bar resonances that goes beyond...
the perturbation theory, which we also describe in the next section.

**VII. DETAILED THEORY OF FLEX BAR RESONANCES**

The perturbation theory described in Sec. III is informative but in some situations $\tilde{M}(\omega)$ takes on very large values—larger even than the mass of the bar itself, thus invalidating the assumption that $\tilde{M}(\omega)$ is a small perturbation. Moreover, there are resonances seen in the loaded bar that are primarily resonances within the granules themselves; perturbation theory is not able to make any prediction about these resonances. For situations such as these, it is necessary to go beyond the perturbation theory and use a more complete theory. For the case of a rectangular bar, the flex mode resonances, including the effect of the granular medium, can be computed directly. This technique is described in Appendixes A and B. Basically, the theory treats the bar as a one-dimensional object for which flex waves are described by the so-called Timoshenko beam theory [36]. The extra compliance near the center of the bar, due to the existence of the cavity, is modeled by a single parameter, $\xi$, whose value is set by the resonance frequency when the cavity is empty. There are no other adjustable parameters. As before, though, we treat the effective mass of the grains $\tilde{M}(\omega)$ as a localized point density.

At each (complex-valued) frequency there are two left-going and two right-going waves. The amplitudes of these four components are determined by the requirement that four homogeneous boundary conditions must be satisfied. The normal-mode condition is that the determinant of these coefficients must vanish; we search, numerically, for the complex-valued normal-mode frequencies, $\{\omega_R\}$, at which the determinant vanishes.

We compare the results of this theory, first against resonance bar data taken when the cavity is filled to different depths with various liquids, and then to data taken when the cavity is filled with granular media, under conditions of differing humidity.

**A. Liquids**

In Sec. V A, we showed how the effective-mass measurements on simple liquids gave results in general agreement with the predictions of Model I, Eq. (28). It is natural to inquire whether the theory described in Appendix A can accurately predict the frequency shift in a resonant bar whose cavity is filled to varying depths with such a simple liquid. In Fig. 13, we show the measured results of the flexural resonance frequency of the bar when the cavity is partially filled with the liquids considered in connection with Fig. 9. The solid curve represents the predictions of the theory described in Appendix A, assuming the effective mass within the cavity is frequency-independent. Over the range of added mass values, the full theory is nearly the same as the predictions of the perturbation theory, Eq. (7). We have determined $I_1 \approx 2.1$ for the fundamental mode in our bar, reflecting the fact that the displacement at the center is much larger than the average RMS displacement. For large enough values of added mass, the resonance frequency predicted by the full theory asymptotes to a finite frequency, reflecting the fact that even if the center of the bar is pinned, the two arms may still oscillate freely. The difference between the full theory and the perturbation theory is quite large for added masses on the order of 500 g, which is off the scale of Fig. 9. The data mostly lie on the theoretical curve except for the data points greater than 20 g, which correspond to a fluorocarbon fluid. For these data points, it is simple enough to estimate $\tilde{M}(\omega)$, evaluated at the measured resonance frequency, using Eq. (28). With this correction to the added mass, all the data for the simple fluids now lie nearly on the theoretical curve, which gives us confidence in our approach.

**B. Granular Media-Humidity Effect**

In order to elucidate the physical origin of the dampening mechanism, we have undertaken a controlled study of the effects of humidity on these systems. Both the shaker cup and the resonant bar are filled with the same amount of grains, by weight, of tungsten particles. They are packed into their respective cavities using the mechanical compaction protocol described in Sec. II C. Both the shaker apparatus and the resonant bar are placed in a hermetically sealed glove box. The humidity is controlled by placing an open pan of salt-saturated water inside, as well. We have used different salts in the water as a means of controlling the humidity. We use a low power fan to provide a continuous flow of air throughout the container. The temperature is held at $T$...
The position of the main resonance within $M(\omega)$ starts at a low [−2000 (Hz)] frequency when the humidity is initially zero. It then increases as the humidity increases to 43% then again to 73%. Concomitantly, the width of that resonance also increases; the system of loose particles is becoming more dampened with increasing humidity. Second, there is generally quite good agreement between theory and experiment as to the position and widths of the several different resonances in Fig. 14. Third, although the strongest resonance in the bar around 3 (kHz) dominates, there are also one or two other resonances, which we associate with the dynamics within the granular medium.

We have noticed that, of the two resonances seen in the bar in the region 2000–3500 (Hz), one of them has a significantly larger amplitude than the other, as is clear from the example shown in Fig. 3, which corresponds to $t$ = 41 hours in Figs. 14 and 15. This “stronger” resonance is labeled with filled symbols, for both the measured and computed resonances, in the legend of Fig. 14; the others are labeled with open symbols. Our interpretation is that the two “bare” modes, the resonance in the empty bar at $f_0$, and the resonance in $M(\omega)$ at $f_0$, have coupled to each other to yield two hybrid modes in the bar+grains system, an upper branch and a lower branch. The resonance with the larger amplitude corresponds to a mode which is predominantly barlike. When $f_0 < f_\alpha$, at early times, the real part of the effective mass is negative in the vicinity of $f_0$. Although the theoretical calculations were done with the complete theory of Appendix A, it is useful to consider the qualitative predictions of the perturbation theory. According to the predictions of Eq. (7), one may expect the resonant frequency in the bar should increase relative to that of the empty bar due to this negative mass-loading, and this is just what we see in the upper branch. At slightly later times, when the humidity is increased to $\sim 70\%$, $f_\alpha$ has increased above $f_0$, with the result that the real part of $M(\omega)$ is now positive, in the region around $f_0$. Now, according to the perturbation theory, the resonance frequency in the bar should decrease and this, too,
is just what we see. An analogous behavior was seen in the data of Kang et al. [10], who considered the behavior of the resonance frequency of a clamped plate as more and more loose beads were placed atop it. Our view of their experiments is that, for low values of mass-loading, the resonance frequency, \( f_p \), in their grains, is higher than the resonance frequency of their plate. Thus, the real part of their effective mass is positive and the resonance frequency is initially lowered, relative to the unloaded value. If the depth of loading is large enough, \( f_p \) drops below the plate resonance frequency and the real part of \( \tilde{M}(\omega) \) can become negative. This is our explanation of why the observed resonance frequency may then increase, relative to the unloaded value.

Although the frequency of the upper branch in Fig. 14 is relatively slowly varying, it very abruptly changes character, from “barlike,” at the early times, to “grainlike” later. The lower branch shows the opposite behavior. This aspect of the data in the context of an assumed distribution of asperity heights within the contact region. With time, more and more of the energetically favorable asperity regions become filled with condensate, assuming they are smaller than the Kelvin radius, Eq. (38), below. Under a fairly broad set of assumptions, this lead to the prediction that the contact stiffnesses would increase approximately logarithmic in time, which is what was observed. The data sets analyzed in Ref. [6] were, however, prepared using the vibration protocol described earlier in Sec. II C, unlike the data in Figs. 14 and 15. Nonetheless, we believe that this is what is happening: At any given level of humidity, there is a relatively slow process of equilibration leading to a relatively slow increase in the resonance frequency within \( \tilde{M}(\omega) \).

Finally, when the salt solution is replaced with a desiccant, causing the humidity to drop to essentially zero, there is a very dramatic change in the properties of the granular medium. According to Fig. 15, the main resonance has shifted up to a very high frequency, \( \sim 4300 \) (Hz). It has become extremely sharp, and extremely strong. Concurrently, in the bar, there are two distinct resonances, the one primarily within the grains, around 4500 (Hz), and the other primarily in the bar, around 2800 (Hz). We note that both of these are significantly sharper (higher \( Q \)) resonances than their counterparts in the humid stages. We note that theory and experiment are in general agreement as to the level of attenuation of the various modes. Specifically, the attenuation of the bar resonance \( \sim 3000 \) (Hz) is much reduced in the dried out state relative to that in the humid states.

We do not really know why we see two resonances in the dry cases and one, two, or three in the humid cases, depending, but this seems to be the situation both for the theory and the experiment. In the theory, for 90% humidity, one may speculate that there is an additional resonance or resonances, presumably related to the apparent resonance seen in Fig. 15, but that it/they appear for very large values of the dampening rate, i.e., well off the real axis. However, if they exist, we have been unable to locate such resonances with our theoretical machinery no matter what value we use for seeding the mode search, as described in Appendix A.

In order to analyze the effectiveness of the granular medium in attenuating the modes in the bar, at the various humidities, we replot part of the data of Fig. 14 in Fig. 16. Here, \( \alpha = -\text{Im}[\omega_p] \) represents the decay rate of the amplitude, \( A \), of each mode, in the time domain, viz. \( A \propto e^{-\alpha t} \). We are quite pleased with the general level of agreement between theory and experiment, the exceptions occurring when the system is still equilibrating to humidity changes, from 80 to 110 h. We note also that the agreement is generally better for the barlike mode than it is for the grainlike mode. The decay rate of the unloaded bar is so small, \( \alpha(\text{unloaded}) = 9.4 \) (neper s\(^{-1}\)), that it appears to be zero on the scale of Fig. 16. We see from the figure that there is a monotonic effect of humidity on the decay rate of the main resonance within the granular medium, as shown in gold. Such is not the case for the dampening coefficient of the mode, which is predominantly barlike in the combined system. Even though the humidity varies from 43% to 70% in the first 80 h, the measured dampening rate of this mode exhibits only a small, nonsystematic, variation. This variation is, however, captured in the theory. At \( t=80 \) hours, when the humidity is raised to 90%, the measured and the predicted dampening rates of this mode both increase enormously. When the salt-
saturated solution is replaced with a desiccant the measured and computed dampening rates drop to very small values, much smaller than when the system was originally in the dry state. (We note that the grains in the shaker cup seem to equilibrate with humidity changes more rapidly than do the grains in the bar, but eventually they tend to the same state. Perhaps this is a consequence of the different flow patterns of air in the vicinity of the two cavities in the glove box.)

Our observed humidity effect is very much analogous to that seen in the results of D’Amour et al. [35], who deduced very similar behavior from their measurements of the changes in resonance behavior of a quartz plate whose top surface was covered with a monolayer of beads. They concluded that the in situ drying of the contacts between the beads and the quartz causes them to stick over a larger microscopic surface area, causing the asperities on the surfaces in the contact zone to be partially crushed. This, in turn, causes the stiffness of the contact “springs” to increase and the dampening to decrease. A rough analogy would be when one soaks tissue paper with water it is easy to make it stick to a vertical surface; the mess is held up by the force of surface tension. If it is allowed to dry, the force of adhesion to the wall actually increases, even though the water is gone. That is because as it dries, it also deforms, allowing a large area of solid-on-solid contact to develop. This, basically, is what we see in our own measurements. An AFM image of the surface of one of the tungsten granules in Fig. 17 shows these asperities on the scale of 10–20 nm. Capillary condensation within these asperities occurs when the Kelvin radius, \(r_m\), is approximately equal to the asperity size where

\[
r_m = \frac{2 \gamma V_L}{RT \ln(H)} = \frac{1.04 \text{ nm}}{\ln(H)},
\]

where \(\gamma\) is the liquid vapor surface tension, \(R\) is the gas constant, \(T\) is the absolute temperature, \(V_L\) is the molar volume, and \(H\) is the relative humidity [38]. The numerical value in the second equation is that which is appropriate to water at 26.5 °C. Thus, at a relative humidity of 90%, the Kelvin radius is approximately 10 nm, which is large enough that a single liquid bridge engulfs all the asperities in the contact region between neighboring particles.

We conclude, therefore, that the dominant mechanism of acoustic dampening in granular media is due to the adsorbed film of water which exists on the particles, an example of contact dampening. In particular, the film in the region between two contacting grains undergoes a shear deformation due to the relative motion of the two grains and thus it gives rise to dampening due to the viscosity of the water in the film. Conceptually, this may be thought of as an example of the “squirt mechanism” [39], which is operative as the dominant attenuation mechanisms in sedimentary rocks at ultrasonic frequencies. In that case, there is clear evidence that the pore fluid is squeezed in and out of microscopic cracks, which exist within the cement material holding the grains together.

The data in Fig. 16, especially the low attenuation in the second dry state, clearly rule out global dampening or intrinsic dampening within the tungsten as being significant mechanisms for dampening.

It is also clear from Figs. 14 and 15 that the adsorbed films of water at the grain-grain contacts is a significant mechanism for stiffness of the intergranular spring constants. However, the sound speed data in Fig. 10 indicate that something like a Hertz-Mindlin contact forces must also be operative: Why else would the effective sound speeds be dependent upon the cavity dimensions? Because of the odd shape of our tungsten granules, it is difficult to analyze the relative contributions to the grain-grain stiffness due to each of these mechanisms. For the simpler geometry of a random close packing of spherical glass beads, it is possible to do this estimate, precisely because of the data of D’Amour et al. [35] on a monolayer of beads lying on a vibrating quartz substrate. From their published data, their Fig. 1 and Eq. (5), it is simple enough to estimate the strength of the spring constants [\(\kappa\) in their notation, not to be confused with our use of \(\kappa\) in our Eq. (29)] between the beads and the quartz plate. We find, from their data,

\[
\kappa(\text{Single Bead:Exp.}) = [1 - 7] \times 10^4 \text{ (N \cdot m}^{-1}), \tag{39}
\]

depending upon the humidity, in their experiments. These values are much larger than what one might expect for Hertz contact theory in which the weight of the bead provides a static compression and subsequent stiffness of the contact. Equations (1)–(8) of Norris and Johnson [40] in which the normal force, \(N\), is the weight of a glass bead, gives

\[
\kappa(\text{Single Bead:Hertz}) = 4.6 \times 10^3 \text{ (N \cdot m}^{-1}). \tag{40}
\]

In doing this estimate, we assumed the relevant radius of the contact is the radius of the bead itself, 100 \(\mu\)m; had we assumed a radius equal to that of a typical asperity on the surface of the bead, the computed stiffness would be orders of magnitude smaller than Eq. (40). This estimate is further confirmation of the conclusions of D’Amour et al. [35] that the stiffness of the contacts is due to surface forces. If, however, one considers the contact stiffness of glass beads at a depth of 2.54 cm, compressed by the weight of the beads above, one may estimate the expected stiffness predicted by Hertz contact theory to be

\[
\kappa(\text{Hertz at Depth}) = 2 \times 10^4 \text{ (N \cdot m}^{-1}). \tag{41}
\]

Thus, we may say that the contact stiffness for grains near the top surface of a granular-filled cavity—virtually any...
granular-filled cavity—is due to humidity mediated surface forces. However, for those grains a few centimeters deep, a Hertz-Mindlin contact theory is also important.

We conclude this section by pointing out that the measurement technique of D’Amour et al. [35] is very much analogous to our measurements on the flex bar. In both cases, one is looking at changes in the resonance frequency of some system due to the relatively small perturbation of the granular medium. In addition, our measurements of $\tilde{M}(\omega)$ represent a more direct measurement of the underlying physics of the granular medium. In this regard, the humidity effect on $\tilde{M}(\omega)$ is quite strikingly apparent, over a wide frequency range as shown in Figs. 14 and 15. Although the damping factor for the bar under humid conditions is much greater than that dry, the differences in the main bar resonance are not nearly so great as in the effective mass itself.

VIII. CONCLUSIONS

We have shown how a measurement of the frequency-dependent effective mass of a granular aggregate, $\tilde{M}(\omega)$, allows us to predict, accurately, the effects of a grain-filled cavity on the acoustic properties of a resonant structure. This fact gives us a more direct access to an investigation of the underlying physical mechanisms relevant to the dampening effect of granular media on structure-borne sound.Crudely speaking, we may think of these systems as having an effective speed of sound (small) and an effective viscosity (large). The dissipation mechanism occurs at the grain-grain contact level as our simulations have indicated and our humidity controlled experiments have made unavoidably clear. As the humidity is increased, there is a large increase in the attenuation of the fundamental resonance within the grains, $\text{Im}(f_g)$, which translates to a nonmonotonic, but calculable, variation in the attenuation of the structural resonance in the bar, $\text{Im}(f_b)$. When the system is taken to a high level of humidity, and then dried to the same level of humidity as it was at the beginning, there is a dramatic reduction in attenuation and a dramatic increase in stiffness of the grain-grain contacts, at the end of this humid-dry cycle relative to that in the initial dry state. We understand this effect in terms of increased solid-on-solid contact area at the grain-grain contacts.

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APPENDIX A: TREATMENT OF BAR RESONANCES USING TIMOSHENKO THEORY

The very simple one-dimensional theory of wave propagation in a flexing bar [13] is not accurate enough for a quantitative treatment of the effect of a granular effective mass on the frequency shift and change in quality factor. Basically, this is because the ratio of length to thickness of our bar is not large enough (the frequency is not low enough). Accordingly, we start with the more sophisticated, but still one-dimensional, theory developed by Timoshenko [36]. The equation of motion for the vertical displacement is

$$\frac{EI}{\partial x^4} + \rho A M - \rho I \left( \frac{E}{k\mu} + 1 \right) \frac{\partial^2 u}{\partial x^2} \frac{\partial x}{\partial t^2} \frac{\partial^2 u}{\partial t^2} + \frac{\rho I^2 \partial^4 u}{\partial t^2} = 0,$$

(A1)

where $E$ is the Young’s modulus, $A = wd$ is the cross-sectional area of the bar in terms of its thickness, $w$, and depth, $d$. $\rho$ is the density of the bar and $\mu$ is the shear modulus. $\rho I$ is the moment of inertia of the cross-section of the bar relative to its midpoint: $I = (1/12)wd^3$ for a rectangular bar, $k$ is a shape parameter that we take to be equal to $(8/9)$ as is appropriate for a bar of rectangular cross-section. The simple theory for a flexing bar corresponds to keeping only the first two terms on the left-hand side of Eq. (A1).

At each frequency, which is in general complex-valued, the solution can be written as a linear combination of four linearly independent solutions

$$u = [A \sin(q_1x) + B \cos(q_1x) + C \sinh(q_2x) + D \cosh(q_2x)] e^{-i\omega x},$$

(A2)

where $q_{1,2}(\omega)$ are determined by a direct substitution of Eq. (A2) into Eq. (A1). Because we are interested only in the fundamental mode, which is symmetric with respect to $x=0$, we need only consider the region $0<x<L/2$. The coefficients $[A, B, C, D]$ are determined by the requirement that certain boundary conditions be satisfied at the ends on the bars, $x = \pm L/2$, and at the center, $x = 0$. However, the coefficients $A$ and $C$ are not equal to zero, as we shall see, due to the fact that the slope, $\partial u / \partial x$, is not continuous at $x=0$.

As we discuss in the main text, we assume the dynamic effective mass is located at the point $x=0$ and we are treating the bar as effectively a one-dimensional object. Taking into account the missing mass of steel in the cavity, the density is

$$\rho(x) = \rho_0 + \frac{\tilde{M}(\omega) - M_0}{A} \delta(x),$$

(A3)

where $\rho_0$ is the density of steel, $M_0 = \rho_0 \pi a^2 L$ is the missing mass of steel taken from the cavity, and $A$ is the cross-sectional area of the bar. One of the boundary conditions is that the net force exerted by the bar on the cavity must equal the net mass times the acceleration, viz.

$$- [\tilde{M}(\omega) - M_0] \omega^2 u(0) = - [F(0^+) - F(0^-)] = - 2F(0^+),$$

(A4)

where $F(x)$ is the force that the bar exerts on the element $x$. Within the context of Timoshenko theory, it is specified in
The presence of the cavity at \( x=0 \) makes this region of the bar very bendable. The radius of curvature in this region is very much smaller than it is away from the cavity. We model this effect as if the left and right halves of the bar are hinged together such that the bending angle between the two halves is proportional to the bending moment imposed by the bar
\[
\frac{\partial u}{\partial x} \bigg|_{x=0} = \xi \tau(0^+), \quad (A5)
\]
where \( \tau(x) \), the bending moment, is also given in terms of spatial and temporal derivatives of \( u(x) \). The parameter \( \xi \) characterizes the “bendability” of the cavity region. \( \xi = 0 \Rightarrow \frac{\partial u}{\partial x} = 0 \) corresponds to no additional extra compliance, whereas \( \xi \to \infty \Rightarrow \tau(0^+) = 0 \) corresponds to a completely flexible hinge. We determine the numerical value of \( \xi \) by the requirement that the measured and computed resonance frequency of the bar with an empty cavity, \( M=0 \), must match. It is the only free parameter in the theory.

The remaining two boundary conditions are that, both the force and the bending moment vanish at the end of the bar
\[
F(L/2) = 0 \quad (A6)
\]
and
\[
\tau(L/2) = 0. \quad (A7)
\]
There are, therefore, four homogeneous linear equations in the four unknowns \( X = [A, B, C, D] \), i.e., \( H_i X = 0 \) and so the determinant of the matrix of coefficients must vanish for any nontrivial solution. We search for such complex-valued roots, \( \omega_0 \), such that \( \det[H(\omega_0)] = 0 \) using Muller’s method [15]. In general, there is a countably infinite number of such normal-mode solutions. One must choose a set of three initial frequencies with which the algorithm initiates the search. Generally, we have chosen the three to be of the form \([0.95, 1.00, 1.05] \omega_0 \), where the seed frequency, \( \omega_0 \), may be complex-valued. The normal-mode frequency to which the algorithm converges, if any, depends upon the value of \( \omega_0 \) that is chosen. In the case of the data shown in Fig. 14, the value of the seed frequency needed to be very close to the resonances around 4 (kHz), but did not need to be very close to the ones found near 3 (kHz).

As a check, we have compared the theory vs experiment for a similar steel bar having no cavity at all: \( M = M_{\text{bar}} \) and \( \xi = 0 \). The dimensions of this bar are \( L = 20.32 \times 3.05 \times 3.81 \text{ cm} \) and we used parameters \( \rho = 7830 \text{ (kg·m}^{-3}) \), \( V_c = 5800 \text{ (m·s}^{-1}) \), and \( V_p = 3100 \text{ (m·s}^{-1}) \), which we have measured ourselves on the steel samples. There are two directions in which this bar can flex; we measured and we computed the fundamental resonance frequency for each orientation. The results are shown in Table I. We see that the predictions of the full theory agree with the measured values to within a few tenths of a percent (better than the accuracy with which the input parameters are known), whereas the predictions of the simple flex theory differ by as much as 10%. The accuracy of the former approach is more than acceptable for our purposes whereas that of the latter is not.

In order to implement the theory when the cavity is filled with a granular medium, we need a means to compute \( \tilde{M}(\omega) \) for complex-valued \( \omega \), though the input data are limited to real-valued \( \omega \). We describe how to do this in Appendix B.

### Appendix B: Analytic Continuation of \( \tilde{M}(\omega) \) for Complex Values of \( \omega \)

With the shaker apparatus, we have determined the dynamic effective mass for a series of real-valued frequencies: \( \tilde{M}(\omega_j) = 1, \ldots, N \). In order to use this information for purposes of computing the resonance frequency in the flexing bar, as described in Appendix A, we need to be able to evaluate \( \tilde{M}(\omega) \) for arbitrary complex values of \( \omega \). This is because the normal-mode frequency of the bar will be complex-valued, reflecting the attenuation in the system. We have chosen to do this analytic continuation using the rational function technique, a Bulirsch-Stoer algorithm, as described in
Ref. [15]. In essence, the algorithm approximates the function as a ratio of two polynomials—a rational function. The algorithm has the property that the rational function passes through each input datum exactly. Thus, any noise in the input data does propagate. In order to test how well this approach actually does the analytic continuation, we consider the following simple function:

\[
F(z) = \left( \frac{1}{\sin(z - (5 - i))} + \frac{2}{\sin(z - (7 - 0.1i))} \right).
\]  \hspace{1cm} (B1)

We have evaluated this function for 20 different real values of \( z \), and these values are plotted in Fig. 18.

With these 20 values, we construct the rational function approximation and plot it for values of \( z \) on a line in the complex plane parallel to the \( x \) axis: \( z = x - 0.095i \). We also plot Eq. (B1) on the same graph, where we see that the rational function basically overlays the actual function, even for values of \( z \) near one of the poles. In fact, the difference between the two never exceeds 1%. This test gives us confidence to use the rational function to analytically continue \( \tilde{M}(\omega) \) into the complex \( \omega \) plane.

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