Physical parameters of the high-mass X-ray binary 4U1700-37*

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Abstract. We present the results of a detailed non-LTE analysis of the ultraviolet and optical spectrum of the O6.5 Iaf star HD 153919 – the mass donor in the high-mass X-ray binary 4U1700-37. We find that the star has a luminosity log(L/L₀) = 5.82 ± 0.07, T eff = 35 000 ± 1000 K, radius R = 21.9±1.3 R☉, mass-loss rate M = 9.5 × 10⁻⁶ M☉ yr⁻¹, and a significant overabundance of nitrogen (and possibly carbon) relative to solar values. Given the eclipsing nature of the system these results allow us to determine the most likely masses of both components of the binary via Monte Carlo simulations. These suggest a mass for HD 153919 of M = 88 ± 11 M☉ – implying the initial mass of the companion was rather high (≥60 M☉). The most likely mass for the compact companion is found to be Mx = 2.44 ± 0.27 M☉, with only 3.5 per cent of the trials resulting in a mass less than 2.0 M☉ and none less than 1.65 M☉. Such a value is significantly in excess of the upper observational limit to the masses of neutron stars. This conclusion is consistent with the canonical neutron star mass and the lowest black hole mass observed (≥24 M☉). Additionally, our observational data is inconsistent with the canonical neutron star mass and the lowest black hole mass observed (≥24 M☉). Significantly changing observational parameters can force the compact object mass into either of the regimes but, given the strong proportionality between M and Mx, the O-star mass changes by factors of greater than 2, well beyond the limits determined from its evolutionary state and surface gravity. The low mass of the compact object implies that it is difficult to form high mass black holes through both the Case A & B mass transfer channels and, if the compact object is a neutron star, would significantly constrain the high density nuclear equation of state.

Key words. stars: early-type – stars: individual: HD153919, 4U1700-37 – X-rays: stars – stars: binaries: general

1. Introduction

First detected by the Uhuru satellite (Jones et al. 1973) the eclipsing X-ray source 4U 1700-37 was quickly associated with the luminous O6.5 Iaf star HD 153919, confirming 4U 1700-37 as a high-mass X-ray binary (henceforth HMXB). HMXBs are systems composed of an OB star and a compact companion (neutron star or black hole), with the X-ray emission resulting from the accretion of material by the compact companion. In the subclass of supergiant HMXB systems material is accreted either via Roche lobe overflow or directly from the powerful stellar wind of the OB primary. Given that HD 153919 slightly underfills its Roche Lobe (e.g. Conti 1978) mass transfer proceeds via the latter mechanism.

Although an orbital period of ~3.412 days (Jones et al. 1973) was quickly identified for 4U 1700-37, extensive searches (e.g. Rubin et al. 1996 and references therein) have failed to identify any other X-ray periodicities within the system that might correspond to the pulse period for a possible neutron star (although Konig & Maisack 1997 claim the presence of a 13.81 day period in CGRO BATSE & RXTE ASM datasets). Given the absence of any X-ray pulsations and the unusually hard nature of the spectrum various authors (e.g. Brown et al. 1996) have suggested that the compact companion could be a low mass black hole rather than a neutron star. However, Reynolds et al. (1999) point out that the 2–200 keV spectrum of 4U 1700-37 differs from those commonly observed for black hole candidates such as Cygnus X-1. Given that the X-ray spectrum of 4U 1700-37 is qualitatively similar to those of accreting neutron stars they suggest that the compact object is also a neutron star, and explain the lack of pulsations as due to either a weak magnetic field or an alignment of the magnetic field with the spin axis.

With a spectral type of O6.5 Iaf⁺, HD 153919 is the hottest and potentially most massive mass donor of any of the HMXB systems. As such, determination of its fundamental parameters (radius, temperature, mass and chemical composition) is of importance given that these will potentially provide...
valuable insights into the evolution of very massive stars and their ultimate fate. In particular by determining the masses of the components of HMXB systems, limits to the progenitor masses for neutron stars and black holes in such systems can be found while the chemical composition of the mass donor can shed light on the pre-supernova (SN) mass transfer mechanisms.

The paper is ordered as follows. Section 2 describes the determination of the physical properties of HD 153919; the complete dataset and the non-Local Thermal Equilibrium (non-LTE) code used to analyse it. Section 3 describes the Monte Carlo technique used to determine the masses of both components of the binary system. In Sects. 4 and 5 we discuss the implications of our results for the evolution of hot massive stars, limits to the progenitor masses of compact objects and the equation of state for nuclear matter. Finally in Sect. 6 we summarise the main results of the paper.

2. Determination of the stellar parameters for HD 153919

Determination of the fundamental stellar parameters of HD 153919 is complicated by its high temperature and mass loss rate, which necessitates a sophisticated non-LTE treatment. Early attempts to determine the physical properties of HD 153919 suggested that the star might be undermassive by a factor of 2 (e.g. Conti 1978; Hutchings 1974) which would imply that the terminal velocity of the stellar wind ($V_{\infty} \sim 1700$ km s$^{-1}$; van Loon et al. 2001, henceforth vL01) is a factor of 10 in excess of the escape velocity ($V_{\text{esc}}$). Given that Howarth & Prinja (1997) show that $V_{\infty}/V_{\text{esc}} < 4$ for O stars (and typically $\sim 2.5$) this discrepancy clearly needs to be resolved. More recent analyses still do not resolve the issue, with Heap & Corcoran (1992) suggesting a mass for HD 153919 of $M = 52 \pm 2 M_\odot$ (thus broadly in line with the expected mass for such a star) while Rubin et al. (1996) propose $M = 30^{+11}_{-7} M_\odot$, suggesting that the star is probably undermassive for its spectral type.

As will be shown in Sect. 3, determination of the masses of both components in the system is hampered by the considerable uncertainties in the stellar radius of HD 153919. In order to address this problem, and in the light of dramatic advances in the sophistication of non-LTE model atmospheres we have decided to reanalyse both new and published ultraviolet to near-infrared spectroscopic and optical to mid-infrared photometric observations of HD 153919 in order to refine previous estimates of the stellar parameters.

2.1. The complete dataset

Archival and new ultraviolet to mid-infrared spectroscopic and photometric data were used to derive a set of stellar parameters for HD 153919. High spectral resolution UV spectroscopy was obtained with the International Ultraviolet Explorer (IUE); the data used and reduction procedures employed are described in Kaper et al. (1993); the details are not repeated here. Four high S/N and high spectral resolution ($R = 48,000$) optical spectra ($\sim 3700$–$8600$ Å) were obtained in 1999 April with the Fiber-fed Extended Range Optical Spectrograph (FEROS) mounted on the ESO 1.52 m telescope at La Silla. All 4 spectra were wavelength calibrated and optimally extracted to determine if significant changes in the spectrum occurred at different orbital periods. Besides line-profile variability in the strongest “wind” lines and the shift in radial velocity due to orbital motion, no evidence is found for intrinsic variability of the photospheric spectrum. The final spectrum used for determining the stellar parameters of HD 153919 was that taken during X-ray eclipse to further minimize the effects of any perturbation of the wind by the presence of the compact companion (see Sect. 2.2). Near-infrared spectra between 1–2.2 µm and optical to near-infrared photometry were taken from Bohannan & Crowther (1999) and mid-IR photometry (6.8 µm = 669 mJy, 11.5 µm = 244 mJy) from Kaper et al. (1997); see respective papers for the particular reduction strategies employed in each case.

2.2. Spectral analysis

To determine the stellar properties of HD 153919 we have utilised the non-LTE code of Hillier & Miller (1998) which solves the radiative transfer equation subject to the constraints of statistical and radiative equilibrium, in a spherical, extended atmosphere. Line blanketing is incorporated directly through the use of a super-level approach. We use a similar atomic model to that employed by Crowther et al. (2002) in their study of early O supergiants, including H$_i$, He$_{\text{i,ii}}$, C$_n$-iv, N$_m$-v, O$_{\text{i,iii}}$, Si$_{\text{iv}}$, P$_{\text{iv-v}}$, S$_{\text{iv-vi}}$ and Fe$_{\text{iv-vii}}$. For extreme O supergiants, line blanketing and the strong stellar wind conspire to produce significant differences in stellar parameters relative to the standard plane-parallel hydrostatic results (see Crowther et al. 2002 for further details).

Our procedure is as follows. We adjust the stellar temperature$^2$ and mass-loss rate of an individual model until the “photospheric” He$\text{i}$ 44542 and He$\text{i}$ 44471 lines are reproduced. Simultaneously, we vary the total mass-loss rate until He$\text{ii}$ is also matched. The exponent of the $\beta$-law is adjusted until the shape of H$\alpha$ is well reproduced – for HD 153919 we obtain $\beta \sim 1.3$. The input atmospheric structure, connecting the spherically extended hydrostatic layers to the $\beta$-law wind is achieved via a parameterized scale height, $h$ (see Hillier et al. 2002 for details), for which $h = 0.001$ yields a reasonable match to He$\text{i}$ and Balmer line wings, consistent with log $g = 3.45$–3.55. We adopt a terminal wind velocity of $v_{\infty} = 1750$ km s$^{-1}$ (vL01; Howarth et al. 1997).

The formal solution of the radiative transfer equation yielding the final emergent spectrum is computed separately, and includes standard Stark broadening tables for H$_{\text{i}}$, He$\text{i-ii}$. Except where noted, these calculations assume a microturbulent velocity $v_{\text{turb}} = 10$ km s$^{-1}$. Hillier et al. (2002) also discuss the
Fig. 1. Plots of selected regions of the optical spectrum of HD 153919 (solid line) and best fit model (dotted line); parameters listed in Table 1.

Effect of varying $v_{\text{turb}}$ in O star models. Additionally, we find good agreement with observations using $v \sin i = 150 \text{ km s}^{-1}$ (Howarth et al. 1997 derived $120 \text{ km s}^{-1}$).

It is extremely difficult to determine accurate He/H abundances in O supergiants as discussed by Hillier et al. (2002). Consequently, we adopt He/H = 0.2 by number, whilst C and N abundances are varied until diagnostic optical line profiles are reproduced. In Fig. 1 we present selected optical line profile fits to FEROS observations of HD 153919. Overall, agreement for $T_{\text{eff}} = 35 \text{ kK}$ is very good, with the exception of He II 4686. He I 4471 provides our main temperature constraint since other blue optical He I lines are weak or absent. Alternatively, we considered using He I 5876 (or 10830) together with the He II 4686 line. However, this method (followed by Crowther & Bohannan 1997) yields significantly (~4 kK) lower stellar temperatures, and suffers from inconsistencies involving the ionization balance of UV/optical metal lines. Therefore, we have greater confidence in our adopted diagnostics, which do not suffer from such problems.

From spectral energy distribution fits to IUE spectrophotometry and Johnson photometry (Fig. 2), we derive $E_{B-V} = 0.53 \pm 0.02$ mag. Alternatively, using the intrinsic colour of $(B - V)_0 = -0.30$ from the early O supergiant calibration of Schmidt-Kaler (1982), we derive $E_{B-V} = 0.55$ from Johnson photometry of HD 153919 ($V = 6.54$ and $B - V = 0.25$, Bolton & Herbst 1976). Consequently, we adopt $E_{B-V} = 0.54 \pm 0.02$ for the remainder of this work. We adopt a distance modulus of 11.4 mag to HD 153919 (Ankay et al. 2001), implying $M_V = -6.53$ mag. Our derived temperature provides a bolometric correction of $-3.3$ mag, therefore we obtain $\log(L/L_\odot) = 5.82$ for HD 153919, and thus $R = 21.9 R_\odot$. The derived mass-loss rate is $9.5 \times 10^{-6} M_\odot \text{ yr}^{-1}$, assuming that the Hα line-forming region is not clumped. Moderate clumping...
would reduce this value by a factor of \(\sim 2\). Derived parameters are listed in Table 1, and are in reasonable agreement with those derived by vL01 through the analysis of ultraviolet resonance lines based on the Sobolev with Exact Integration (SEI) method.

Our primary nitrogen abundance diagnostics are \(\text{N}\,\text{iii}\ \lambda\lambda 4634,41\) and \(\lambda 4097\), which together imply \(\epsilon_\text{N} = 9\,\epsilon_\odot\). With this value, the very weak \(\text{N}\,\text{iii}\ \lambda\lambda 5320,4\) feature is well matched, but other lines in the vicinity of \(\text{He}\,\text{ii}\ \lambda 4542\) are somewhat too strong (likely due to an incomplete treatment of \(\text{N}\,\text{iii}\) quartet states in our models). Carbon is somewhat more difficult to constrain, with \(\text{C}\,\text{iii}\ \lambda\lambda 4647,51\) well matched for \(\epsilon_\text{C} = 1.0\,\epsilon_\odot\). \(\text{C}\,\text{iv}\ \lambda\lambda 5801,12\) is well reproduced with this value, whilst \(\text{C}\,\text{iii}\ \lambda 5696\) is too weak, implying a yet higher abundance. As discussed elsewhere (e.g. Hillier et al. 1998), oxygen is exceedingly difficult to constrain in mid-O supergiants due to lack of suitable optical diagnostics. The high nitrogen overenrichment is not easily explained via single star evolution, unless carbon (and to a lesser degree oxygen) is very depleted via the CN (or ON) cycle. Crowther et al. (2002) discuss similar problems for Magellanic Cloud O supergiants.

Turning to UV comparisons, we show rectified high resolution IUE spectroscopy of HD 153919 (phase 0.15) in Fig. 3 together with synthetic spectra. Overall, agreement for \(\text{He}\,\text{ii}\ \lambda 1640\), \(\text{C}\,\text{iv}\ \lambda 1550\) and \(\text{N}\,\text{iv}\ \lambda 1718\) is reasonable, with predicted \(\text{Si}\,\text{iv}\ \lambda\lambda 1393,1402\) emission too weak adopting \(\epsilon_\text{Si} = 1.0\,\epsilon_\odot\). Since X-rays are not explicitly considered in this study, the shocked UV \(\text{N}\,\text{v}\ \lambda\lambda 1238,42\) resonance doublet is predicted to be too weak. The sole prominent oxygen feature present in the UV (or optical) region is \(\text{O}\,\text{iv}\ \lambda 1338,43\), which is reasonably well matched with \(\epsilon_\text{O} = 0.5\,\epsilon_\odot\), although we do not claim that this represents an accurate constraint.
Additional, powerful evidence in favour of our derived temperature is the good match between the synthetic Fe iv-v spectrum and observations, again with $e_{Fe} = 1.0 e_{Fe,G}$. Figure 2 shows good agreement with the dominant Fe iv “forest” observed between $\lambda$1300–1600 in HD 153919, plus the weaker Fe iv in the $\lambda$1500–1800 region. Fe vi is not strongly predicted nor observed in the $\lambda$1200–1400 region (see Crowther et al. 2002 for further details).

While it is possible to explain the nitrogen enrichment in terms of rotational mixing it is impossible to produce carbon enrichment via this mechanism. Any carbon produced in the helium burning layers of the star has to pass through the hydrogen burning layers before reaching the surface where it will be converted to nitrogen. Therefore, any excess carbon in HD 153919 is therefore likely to result from mass transfer from the more evolved binary component prior to SN – this will be returned to in Sect. 4.

Given the presence of a compact companion for HD 153919, it is reasonable to ask whether the assumption of spherical geometry is justified – does the X-ray flux lead to significant departures from spherical symmetry for the ionisation of the wind (which in turn could lead to modifications in the line driving force)? Hatchett & McCray (1977) suggest that the X-ray emission will lead to a reduction of moderately ionised atoms in the wind (such as Si iv and C iv). Given that the ionised zone will move with the compact object we might expect to see orbital modulation in some of the wind UV resonance lines as the ionised zone passes in front and behind the stellar disc (or from the presence of a photo-ionization wake in the system, cf. Kaper et al. 1994). However, there is no convincing evidence for orbital modulation in the UV resonance line due to the Hatchett-McCray effect (e.g. Kaper et al. 1990, 1993; the small changes in line profiles with orbital phase are instead most likely due to Raman scattering of EUV photons generated by the X-ray source (Kaper et al. 1990, 1993). Additionally, the modelling was performed on the spectrum obtained during the X-ray eclipse to further minimise any possible effects of irradiation on the stellar wind (cf. Sect. 2.1).

Using a modified 2-dimensional Sobolev Exact Integration (SEI) code vL01 analyse the UV line variability and confirm that any Strömgren sphere caused by the presence of the X-ray source is rather small, and will have a negligible effect on the ionization structure and line driving of the wind (since the wind is dense and the ionizing flux low). Equally, the Strömgren zone does not extend to the surface of the star and so should not lead to a significant degree of X-ray heating of the stellar surface.

Phase resolved continuum observations (e.g. vL01; Hammerschlag-Hensberge & Zuidervijk 1977; van Paradijs et al. 1978) constrain orbital variability to <4 per cent in the UV and 4–8 per cent in the optical, indicating that HD 153919 shows little departure from sphericity (possibly as a result of a large mass ratio). Note that continuum emission from the stellar wind is essentially negligible at wavelengths shorter than a few microns. Therefore, the lack of significant variability cannot be attributed to emission from the outer regions of the stellar wind “shielding” a heavily perturbed stellar surface and/or inner wind from view.

The photometric variability further constrains any change in stellar temperature due to X-ray heating to less than the uncertainty in the stellar temperature derived from our NLTE modeling. Therefore, we have confidence that deviations from spherical symmetry in HD 153919 and/or the effects of X-ray irradiation are negligible for the purposes of spectroscopic modeling.

### 3. Mass determination for the system components

Since no X-ray pulsations have been convincingly measured for 4U1700-37 and hence no determination of $a_\ast sini$ is possible – the orbital solution cannot be uniquely determined. However, following Heap & Corcoran (1992) and Rubin et al. (1996) we may estimate the mass of the companion using a Monte Carlo method. The mass of the companion can be calculated using a series of equations relating eclipse and orbital parameters.

The Roche lobe filling factor $\Omega$ is defined by

$$R_c = \Omega R_L$$

where $R_c$ is the radius of the O-star and $R_L$ is the Roche lobe radius which is related to the semi-major axis of the system $a$ and the mass ratio $q=\left(M_\ast/M_x\right)$ by

$$R_L/a = A + B \log q + C (\log q)^2$$

and the coefficients $A$, $B$ and $C$ are

$$A = 0.398 - 0.026 \Gamma^2 + 0.004 \Gamma^3$$
$$B = -0.264 + 0.052 \Gamma^2 - 0.015 \Gamma^3$$
$$C = -0.023 - 0.005 \Gamma^2$$

where $\Gamma$ is the ratio of the rotational angular frequency of the companion to its orbital angular frequency (Rappaport & Joss 1983).

The radius of the O-star is related to the semimajor axis by the inclination $i$ and eclipse semiaxis $\theta_E$ by

$$R_\ast/a = \sqrt{\cos^2 i + \sin^2 i \cos^2 \theta_E}$$

while the companion mass function $f$ is given by

$$M_x^3 \sin^2 i = f(M_\ast + M_x)^2$$

and $f$ is related to orbital parameters by

$$f = 1.038 \times 10^{-7} K_P (1 - e^2)^{3/2}$$

where $K_P$ is the radial velocity semi-amplitude in km s$^{-1}$, $P$ the period in days and $e$ the ellipticity. Finally by Kepler’s third law

$$a^3 = 75.19 (1 + q) M_\ast P^2.$$

We combine these equations in a similar way to Rubin et al. (1996) to obtain

$$R_\ast^2 = R_{L,a}^2 - 17.81 P^{4/3} f^{2/3} (1 + q)^2 \cos^2 \theta_E$$
Fig. 4 the distribution is very asymmetric beyond the 1 having a mass of less than 2 determined by the 16th and 84th percentile of the cumulative confidence that the mass of HD 153919 lies in the range 50–60, a number of possible parameter combinations (noting that as expected there is a very strong positive correlation between the two masses). We find that $M_* = 2.44 \pm 0.27 \, M_\odot$. As shown by the histogram of $M_*$ in Fig. 4 the distribution is very asymmetric beyond the 1σ limits (determined by the 16th and 84th percentile of the cumulative distribution function), with only 3.5 per cent of the sample having a mass of less than 2 $M_\odot$, and none less than 1.65 $M_\odot$ (which is significantly higher than the upper limit to the range found for binary pulsars by Thorsett & Chakrabarty 1999). We note that none of the 10^6 trials were rejected from inclination constraints suggesting that the range of stellar radii adopted for the modeling are unlikely to be significantly in error (which, for the fixed eclipse length, would lead to unphysical solutions for the orbital inclination).

The errors on $M_*$ are significantly smaller than previous work (e.g. Rubin et al. 1996) due to the far more stringent limits on $R_*$, which constrain the orbital and eclipse parameters far more strongly. This is not surprising as the eclipse parameters are used to work out the orbital parameters and the eclipse constraints rely strongly on the O-star radius.

Figure 5 shows the O-star mass distributions around $M_* = 58 \pm 11 \, M_\odot$. Again the distribution is anti-symmetric with 32 per cent of trials between 50–60 $M_\odot$, 26 per cent between 40–50 $M_\odot$ and only 2 per cent less than 40 $M_\odot$. Therefore, the mass implied for HD 153919 appears to be consistent with both that expected from its spectral classification and relevant evolutionary tracks (see Fig. 6), and that suggested by its high terminal wind velocity (Sect. 2). Additionally the log $g$ determined from the He I and Balmer line wings (Sect. 2.2) indicates a minimum mass of 50 $M_\odot$ (and maximum of ~60 $M_\odot$), again fully consistent with the results of the Monte Carlo simulation. Therefore, given the consistency between mass estimates based on spectral type, evolutionary tracks (when compared to the stellar temperature and luminosity derived from modeling), surface gravity and the Monte Carlo simulations, we have confidence that the mass of HD 153919 lies in the range 50–60 $M_\odot$.

This resolves the problem that the star is undermassive by a factor of ~2.

However, the mass of the compact companion is more problematic given that it is significantly in excess of the observed mass range for NS, but apparently considerably lower than those found for BH candidates (e.g. Fig. 7). If a minimum mass of 50 $M_\odot$ is adopted for HD 153919 the minimum value of $M_*$ that may be obtained is 1.83 $M_\odot$, while for values of $M_*$ between 50–60 $M_\odot$ only 0.17 per cent of trials result in $M_* < 2 \, M_\odot$. This will be returned to in Sect. 5.

Recent reanalysis of spectroscopic data by Hammerschlag-Heningsberg et al. (in prep.) suggests that the eccentricity of the orbit is somewhat uncertain, and that the orbital velocity curve is equally well fit by an orbit of eccentricity $e \sim 0.22 \pm 0.04$ as it is by a circular orbit. In order to address this uncertainty we modified the above equations for the more general case of an elliptical orbit and repeated the simulations with $e = 0.22 \pm 0.04$. This resulted in significantly higher masses for both components, with $M_\star = 70 \pm 7 \, M_\odot$ and $M_\odot = 2.53 \pm 0.2 \, M_\odot$. Therefore, the mass of the O star in the case of an elliptical orbit is significantly higher than expected for an O6.5 If* star (only 0.002 per cent of the trials result in a mass $< 50 \, M_\odot$, and 5 per cent give a mass between 50–60 $M_\odot$). Such high values for $M_\star$ are inconsistent with the measured log $g$ and we note that 95 per cent of trials are rejected due to the inclination constraints, suggesting that a low eccentricity solution is more likely.

If such extreme values for $M_\star$ are adopted, the mass of the compact object is still less than that observed for the lowest mass black hole candidate known (~4.4 $M_\odot$; Sect. 5) and remains significantly greater than any known neutron star. Indeed, the lowest mass estimates for both components were derived in the case of a circular orbit; therefore the value of $M_\star = 2.44 \pm 0.27 \, M_\odot$ represents a lower limit for the mass of the compact object, and we suggest that these results favour a low eccentricity solution for the orbit (we note that the orbital eccentricity of Vela X-1 is overestimated from optical observations when compared to the value derived from timing analysis, cf. Barziv et al. 2001).

### 4. Evolutionary history of 4U1700-37

The stellar parameters for both primary and compact companion determined via non-LTE modeling and Monte-Carlo simulation raise many important questions regarding the evolution of single and binary massive O stars and their ultimate post-SN fate. However, such questions are complicated by the uncertain evolution of massive stars after leaving the main sequence and the role that binarity and associated – possibly non-conservative – mass transfer plays in modifying this; for instance the time at which the hydrogen rich outer layers are lost exposing the helium core plays a critical role in determining the final pre-SN mass of the star (e.g. Brown et al. 2001 and references therein).

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1. Values of $M_* < 2 \, M_\odot$ are only obtained when the radial velocity semi-amplitude, $K_0$, is $>2 \sigma$ below the observed value, to obtain $M_* < 1.6 \, M_\odot$ would require $K_0$ to be wrong by several sigma.
at the time of the supernova. Assuming mass transfer they derive an initial mass of at least 25 $M_\odot$, and none < 1.65 $M_\odot$.

Heap & Corcoran (1992) propose an initial 80 $M_\odot$ + 40 $M_\odot$ binary system with subsequent evolution via case B mass transfer$^4$ after $2.6 \times 10^6$ yrs, proceeding for $10^7$ yrs (via Roche-lobe overflow; RLOF). After the mass transfer the initially more massive star has lost enough material due to the combination of wind driven mass loss and the brief period of non-conservative RLOF to become a WR star, which subsequently explodes as a SN.

Based on their identification of the Sco OB1 association as the birthplace of HD 153919, Ankay et al. (2001) propose a lower initial mass of the SN progenitor ($\geq 30-300 M_\odot$) based on the turnoff mass for the proposed 6 ± 2 Myr age of Sco OB1 at the time of the supernova. Assuming conservative Case B mass transfer they derive an initial mass of at least 25 $M_\odot$ and suggest the short orbital period Wolf-Rayet (WR) binary CQ Cep/HD 214419 as a possible example of the progenitor system. However they note that the assumption of conservative mass loss might be incorrect and highlight the non-conservative scenario of Wellstein & Langer (1999). Such a scenario is attractive since the loss of substantial quantities of mass and angular momentum naturally lead to short period binaries (assuming both components do not merge). However, common envelope evolution is poorly understood and therefore somewhat limits our ability to quantitatively reconstruct the pre-SN evolution of the binary.

Despite these uncertainties we can address the general evolution of the binary in some detail. Our present mass estimate for HD 153919 of $M_\ast = 58^{+11}_{-11} M_\odot$ suggests a mass for the SN progenitor of the order of $\geq 60 M_\odot$, at the upper range of that proposed by Ankay et al. (2001)$^5$. The short orbital period of HD 153919/4U1700-37 favours non conservative evolution probably via case B mass transfer. While mass loss via the stellar wind of the SN-precursor during the WR phase will lead to a widening of the orbit, a favourable SN kick may overcome these problems.

The alternative Case C evolution appears unlikely given that the SN will occur several thousand years after the end of mass transfer/loss. This time period appears unrealistically short given that this will not allow sufficient time for the helium mantle to be removed to expose the C/O core (i.e. the star will not pass through a WC phase). Therefore the SN progenitor would have a large mass at the point of SN; for a SN progenitor with an initial mass of 60 $M_\odot$ we might expect the mass to be of the order of 30 $M_\odot$ (the maximum helium core mass). This implies the loss of a very large quantity of material in the SN, contradicting the estimate of Ankay et al. (2001) that only ~9 $M_\odot$.

$^4$ We adopt the nomenclature used in Wellstein & Langer (1999 and references therein), with Case A, B & C evolution corresponding to mass transfer during core hydrogen burning, after core hydrogen burning but before core helium exhaustion, and after core helium burning, respectively.

$^5$ We note however, that the difference in the life time of a 60 $M_\odot$ star (3.8 Myr) and – for example – a 120 $M_\odot$ star (3.0 Myr) is smaller (0.8 Myr) than the uncertainty in the life time of a 60 $M_\odot$ star (1 Myr), suggesting that higher progenitor masses may be possible.
was lost in the SN (and we might also expect such a scenario to lead to a very high mass compact object, cf. Brown et al. 2001).

The high mass implied for the SN precursor suggests that such a star would be likely to evolve through a Luminous Blue Variable (LBV) phase rather than a Red Supergiant (RSG) phase on its way to becoming a WR star (stars with initial masses ≥40 $M_\odot$ likely avoid the RSG phase). Such an evolutionary path is likely to prevent mass transfer onto HD 153919 via RLOF (Wellstein & Langer 1999). Significant accretion of material by HD 153919 via RLOF seems implausible in any case, as this would lead to a large orbital separation and period (Wellstein & Langer 1999). Instead, the formation and subsequent ejection of a common envelope (despite the SN precursor avoiding the RSG phase) and simultaneous reduction in orbital period and binary separation is suggested. Such a scenario therefore implies that the present day mass of HD 153919 forms a lower limit to the mass of the SN precursor, subject to the possible accretion of a small quantity of material directly from the wind of the SN precursor (see below).

After the ejection of the outer layers of the SN precursor we are left with a short orbital period WR+O star binary. Support for this scenario is provided by the possible overabundance of carbon (or rather the lack of significant C depletion as might be expected for CNO processed material; Sect. 2.2) in HD 153919. The carbon rich material must have originated in the SN precursor during a carbon rich WC stage, independently suggesting a rather high initial mass for the SN precursor. Subsequent mass transfer would then have to occur via direct wind fed accretion, with the wind of the WC star impacting directly on the surface of the O star. Despite the high mass loss rate of the O star ($\dot{M} = 9.5 \times 10^{-6} M_\odot \text{yr}^{-1}$; Table 2) the possibility of such accretion is suggested by hydrodynamical simulations of colliding wind binaries (Gayley et al. 1997; Dessart, Petrovic & Langer, in prep.).

We may exclude the overabundance in nitrogen originating via direct wind accretion during the WN phase of the SN precursor. For a nitrogen overabundance in HD 153919 of ~9, the nitrogen mass fraction, $X_N = 0.01$, is the same value as is found in the winds of WN stars which implies that HD 153919 would have to accrete 18 $M_\odot$ from the SN precursor during the WN phase to produce such an overabundance. Given that this is unreasonably high, we suggest that the excess nitrogen probably originated from internal, rotational mixing (nitrogen overabundances are not unusual for O stars).

Several short period WR+O star binaries are known and could provide analogues to the precursor of the present binary configuration. At present CQ Cep does not fit particularly well ($M_{\text{WN}} = 21 M_\odot, M_{\text{O9}} = 26 M_\odot, P = 1.6 \text{~days}$) – in a few $10^5$ yrs when the WN star has lost mass and has evolved into a lower mass WC star (and the period has lengthened) it may provide a
better model for the system. However, of the known WC+O binaries, HD 63099 ($M_{\text{WC}} = 9 M_\odot$, $M_{\text{OT}} = 32 M_\odot$, $P = 14$ days) could evolve into a HD 153919/4U1700-37 like binary if the SN kick is favourable. Other known WR+O star binaries that could form similar systems are HD 152270 ($M_{\text{WC}} = 11 M_\odot$, $M_{\text{OS-8}} = 29 M_\odot$, $P = 8.9$ days) and HD 97152 ($M_{\text{WC}} = 14 M_\odot$, $M_{\text{OT}} = 23 M_\odot$, $P = 7.9$ days); in all three cases the present mass of the WC star is $\geq 9 M_\odot$ as suggested for the SN precursor by AnKay et al. (2001) on the basis of the present mass of the compact companion and the current space velocity of the system. Therefore, of the six WC+O binaries with known masses (van der Hucht 2001) three are found to have parameters consistent with the presumed pre-SN stage of 4U 1700-37.

The results of the Monte-Carlo simulations suggest that the SN formed a compact object (see Sect. 5) with a mass in the range $2.44 \pm 0.27 M_\odot$. As massive binary models show that Case B primary stars of larger initial mass evolve to a larger final mass, and that Case A primaries end up less massive than Case B’s (cf. Wellstein & Langer 1999; Wellstein et al. 2001) we can conclude that the remnants of all Case A/B primaries initially less massive than about 60 $M_\odot$ are less massive than about 2.5 $M_\odot$.

Theoretical predictions suggest that a 60 $M_\odot$ star in a close binary system is capable of producing either a low or a high mass compact object depending sensitively on the wind mass loss rate adopted for such a star during its WR phase; a variation of only a factor of three in the WR mass loss rate leading to compact object masses in between 1.2 and 10 $M_\odot$ (Fryer et al. 2002). This result shows that given the present uncertainties in WR mass loss rates, the relatively low mass found for the compact star in 4U1700-37 is not in conflict with the evolutionary scenario proposed above (and also argues for a relatively high WR mass-loss rate).

Therefore, given the low mass of the compact companion in 4U1700-37, it seems to be difficult to explain any of the (high mass) galactic black hole binaries as being produced through the Case A/B channel (cf., Portegies Zwart et al. 1997) except for those with the most massive SN-progenitors (Brown et al. 2001). Indeed, evolutionary scenarios invoking Case C mass transfer (Brown et al. 1999) seem to be required to explain the high-mass black holes in low-mass X-ray binaries.

5. The compact companion

At present mass determinations exist for 36 compact objects, of which 21 are neutron stars and the remainder black hole candidates (Fig. 7). Thorsett & Chakrabarty (1999) found that the masses of neutron stars are clustered in a remarkably narrow range (mean of 1.35 $M_\odot$ and a standard deviation of 0.04 $M_\odot$). However, recent analysis of Vela X-1 by Barziv et al. (2001) suggests that the pulsar has a mass of $1.87^{+0.23}_{-0.17} M_\odot$; while Orosz & Kuulkers (1999) find a mass of 1.78 $\pm$ 0.23 $M_\odot$ for Cygnus X-2 (however Titarchuk & Shaposhnikov 2002 have recently proposed $M = 1.44 \pm 0.06 M_\odot$ on the basis of Type-I X-ray bursts).

Based on assumptions about the origin of kilohertz quasi-periodic oscillations Zhang et al. (1997) suggest that several LMXBs may also contain massive (~2 $M_\odot$) neutron stars, resulting from the accretion of substantial amounts of material over long ($10^3$ yrs) periods of time. However their putative descendants, radio pulsar+white dwarf binaries, provide no evidence for massive neutron stars (Barziv et al. 2001). The same is true for the Be/X-ray binaries, which have evolved from lower mass systems than the OB-supergiant HMXBs. Only in the latter systems evidence has been found for massive neutron stars and black hole candidates.

Masses for a number of black hole candidates have also been determined; lower limits to their masses comfortably exceed 3 $M_\odot$. Indeed several objects appear to have masses $\geq 10 M_\odot$ (e.g. $14 \pm 4 M_\odot$ for GRS 1915+105; Greiner et al. 2001), with most typically $\geq 6 M_\odot$. At present the binary system with the lowest mass candidate black hole is Nova Vel (4.4 $M_\odot$; Filippenko et al. 1999).

Given that the mass of the compact object in 4U1700-37 lies outside the present observational range for both neutron stars and candidate black holes, is it possible to increase/decrease the mass of the compact object such that it is consistent with either type of object? For the case of a circular orbit we find no solutions consistent with $M_z \geq 4.4 M_\odot$.
Very eccentric orbital solutions do allow values of $M_*$ in this range although we note there is no physical motivation for them. Such solutions imply values of $M_b$ greatly in excess of 100 $M_\odot$, well above current evolutionary predictions for the mass of an O6.5 Iaf- star. Stars with masses in excess of 100 $M_\odot$ are instead expected to evolve to H depeled WR stars via a H rich pseudo-WNL phase where their powerful stellar winds mimic the spectra of more (chemically) evolved stars of lower masses.

Such a large mass would also be inconsistent with the constraints imposed by the surface gravity (Sect. 2.2) and the relationship between stellar mass and the terminal wind velocity. Finally the result would imply that even very massive stars (given that the initial mass of the SN progenitor had to be significantly in excess of the present mass of HD 153919) leave relatively low mass remnants post supernova, presenting significant problems for the origin of heavy (>10 $M_\odot$) black holes such as e.g. Cyg X-1. Therefore we conclude that $M_*$ appears to be inconsistent with the range of masses of known black hole candidates.

Given the stringent lower limits derived in Sect. 3 it also appears difficult to bring the mass of the compact object into line with the range of masses found by Thorsett & Chakrabarty (1999). Inspection of the evolutionary tracks in Fig. 6 suggest that stars with initial masses of the order of 60 $M_\odot$ initially evolve redwards before returning bluewards after undergoing significant mass loss, most likely during an LBV phase. While we note that the behaviour of stars in this short lived phase is very uncertain it is unlikely that we could be observing HD 153919 after such an excursion, since we would expect significant chemical enrichment – the H rich mantle having been lost – which is not observed. Likewise, the mass constraint imposed by the determination of the surface gravity also appears to exclude this scenario.

Furthermore, such a low value for $M_b$ and $M_*$ would reintroduce the problem of HD 153919 being undermassive for its spectral type by a factor $\geq2$. While the primaries in some HMXB systems are found to be undermassive (e.g. Cen X-3 and LMC X-4; Kaper 2001) this is attributed to mass loss via RLOF – wind fed systems do not show this effect (Kaper 2001). Given that 4U1700-37 is currently a wind fed system and is yet to evolve into a RLOF system this could not explain such a mass discrepancy. Indeed, given the evolutionary constraints imposed by the present orbital period it is likely that no significant mass transfer has occurred onto HD 153919 during its lifetime, and it will have evolved as if it were an isolated star.

5.1. Implications of an intermediate mass

If we accept $M_* = 2.44 \pm 0.27 M_\odot$ – as implied by the simulations – the nature of the compact companion remains uncertain. Conflicting claims as to the nature of the object have been made on the basis of the X-ray spectrum of 4U1700-37 (Sect. 1). While we cannot discriminate between the twin possibilities of massive neutron star or low mass black hole from our present measurements we note that consideration of the masses of both components of the binary appear to exclude the possibility that stars with masses of $\sim 60 M_\odot$ can produce 5–10 $M_\odot$ black holes via case A or B evolution.

If the compact object in 4U1700-37 is a black hole it confirms Brown et al.’s prediction of the existence of “low mass black holes” (based on their “soft” equation of state, Brown et al. 1996), while if the object is a neutron star the high mass would severely constrain the equation of state of matter at supra-nuclear densities.

The relationship between the mass of a neutron star and its central density is calculated by integration of the Tolman-Oppenheimer-Volkoff (TOV) equation (Oppenheimer & Volkoff 1939) which is the relativistic expression for hydrostatic equilibrium. In order to perform the integration it is necessary to understand the equation of state of the degenerate nuclear matter in the star.

Because of their non-perturbative nature, strong interactions between nuclei are extremely difficult to calculate even under normal conditions. However, there are several models of the internuclear potential in the literature which have achieved much success in modelling nuclei e.g. Stoks et al. (1994), Wiringa et al. (1995) and Machleidt et al. (1996). One of the most successful and up to date of these models has been applied to the neutron star equation of state by Akmal et al. (1998) yielding a maximum mass of between 2.2 and 2.4 $M_\odot$ for a neutron star made completely of normal nuclear matter.

There is also the possibility of a QCD phase transition occurring in the centre of the neutron star. The large chemical potential has a similar effect to a large temperature on the QCD coupling constant. Consequently the interquark coupling can be reduced to the point where deconfinement occurs and nuclei dissolve into quark matter. The presence of quark matter has the effect of softening the equation of state which leads to a lower possible maximum mass for the neutron star. The energy scale at which deconfinement occurs can be parameterised by the QCD bag constant $B$, a phenomenological parameter representing the difference in energy density between the vacua of hadronic and quark matter ($B \approx 120$–200 MeV fm$^{-3}$). Inclusion of a phase transition to such a mixed state reduces the maximum mass of the neutron star to $\sim 2 M_\odot$ for $B = 200$ MeV fm$^{-3}$ and $\sim 1.9 M_\odot$ for $B = 122$ MeV fm$^{-3}$ (Akmal et al. 1998)$^7$.

If the neutron is rotating rapidly, the TOV equation ceases to be a valid approximation and one must drop the assumption of spherical symmetry in the metric. The effect of the rotation will increase the allowed mass of the neutron star as one might expect, but it is shown (Heiselberg & Hjorth-Jensen 1999) that even with rotation one cannot obtain a neutron star with a mass much higher than those listed above without using an equation of state so stiff that the sound speed in the neutron-star interior becomes superluminal.

To summarize this subsection, state of the art models for nuclear equations of state which include the effects of three nucleon interactions marginally allow the existence of a 2.4 $M_\odot$ black hole.

$^7$ Hyperons such as $\Lambda$, $\Sigma$ and $\Xi$ may also be produced at high density and it is thought that their presence will also soften the equation of state and reduce the overall permitted neutron star mass (Heiselberg & Hjorth-Jensen 1999).
neutron star. However, the existence of such a star would place severe constraints upon the onset of new physics at high hadronic densities. For instance, in the model where a quark matter core is expected to develop, the bag constant $B$ would have to be considerably larger than 200 MeV fm$^{-3}$ in order for such a star to be viable.

6. Summary

We have performed a sophisticated NLTE analysis on the OB5 Iaf+ star HD 153919, the primary of the HMXB 4U1700-37 and used the results to constrain the masses of both components of the system via a Monte Carlo simulation. Our NLTE model atmosphere analysis leads to parameters for HD 153919 of $\log(L_*/L_\odot) = 5.82 \pm 0.07$, $T_{\text{eff}} = 35\,000 \pm 1000$ K, $R_*/R_\odot = 21.9^{+1.3}_{-0.5}$, $M_*/M_\odot = 9.5 \times 10^{-6}$ M$_\odot$ yr$^{-1}$, and an overabundance of nitrogen and possibly carbon over solar metallicities. Combined with the short orbital period of the system this implies a common envelope phase of pre-SN evolution – despite the mass of the SN progenitor apparently precluding a RSG phase – leading to the formation of a close WC+O star binary, with the carbon enrichment of HD 153919 a result of the impact of the stellar wind of the WC star on the surface of the O star.

The Monte Carlo simulations result in masses for the O star and compact object of $M_* = 58 \pm 11$ M$_\odot$ and $M_x = 2.44 \pm 0.27$ M$_\odot$, with none of the 10^6 trials resulting in $M_* \leq 1.65$ M$_\odot$, while only 3.5 per cent of the trials result in $M_* \leq 2$ M$_\odot$. Given that no significant mass transfer via RLOF has occurred this implies that the initial mass of the SN precursor must have been $\gtrsim 60$ M$_\odot$. Thus even very massive stars can effectively “melt down” to leave rather low mass post-SN remnants. Equally, the masses of both components imply that it is impossible for stars of $\sim 60$ M$_\odot$ to leave 5–10 M$_\odot$ remnants via Case A or B evolution, suggesting that most high mass black holes are instead formed via Case C mass transfer.

The mass of the compact object is found to lie in between the range of masses observed for neutron stars and black holes. Given that $M_*$ and $M_x$ are strongly correlated, forcing consistency between $M_x$ and either type of object results in significant discrepancies between $M_*$ and evolutionary predictions for the mass of HD 153919.

In order to produce consistency with the range of masses observed for neutron stars and black holes, we are therefore left with the conclusion that no solution is fully consistent with present expectations for stellar evolution and the chemical abundances and surface gravity of HD 153919. If the compact object has a mass consistent with the observed range of neutron star masses, the O star is significantly undermassive, while if it consistent with the lower limit to black hole masses the O star is overmassive by a similar (or larger) factor. Finally if – as the Monte Carlo analysis implies – the probable mass of the O star is consistent with evolutionary predictions and the measured surface gravity, the mass of the compact object lies in between the two alternatives.

While our results do not allow us to distinguish between a massive neutron star or a low mass black hole, the existence of a neutron star of mass in the range $2.44 \pm 0.27$ M$_\odot$ would significantly constrain the high density nuclear equation of state and provide details about the QCD phase transition complementary to information about the temperature induced transition which will be obtained at RHIC and LHC. Phenomena which might occur deep in the star such as the appearance of hyperons or a quark matter core would be strongly constrained as the existence of these phases might result in an equation of state too soft to support such a high mass star.

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