Recent trends in adsorption of hazardous organic pollutants including Polyaromatic Hydrocarbons (PAHs), Chemical Oxygen Demand (COD), Pharmaceuticals, and Chemical Dyes in wastewater using carbonaceous materials such as activated carbon (AC) and biochar (BC) have been discussed in this paper. Utilization of biomass waste in the preparation of AC and BC has gained a lot of attention recently. This review outlines the techniques used for preparation, modification, characterization, and application of the above-mentioned materials in batch studies. The approaches towards understanding the adsorption mechanisms have also been discussed. It is observed that in the majority of the studies, high removal efficiencies were reported using biowaste adsorbents. Regarding the full potential of adsorption, varying values were obtained that are strongly influenced by the adsorbent preparation technique and adsorption method. In addition, most of the studies were concentrated on the kinetic, isotherm equilibrium, and thermodynamic aspects of adsorption, suggesting the dominant isotherm and kinetic models as Langmuir or Freundlich and pseudo-second-order models. Due to development in biosorbents, adsorption has been found to be increasingly economical. However, application of these adsorbents at commercial scale has not been adequately investigated and needs to be studied. Most of the studies have been conducted on synthetic solutions that do not completely represent the discharged effluents. This also needs attention in future studies.

1. Introduction

Protection of the environment is of great concern and has gained a lot of attention over the years. In particular, it has been increasingly crucial to meet the demand of clean and safe water. Various types of contaminants are continuously being added into freshwater streams due to increased industrialization and urbanization. Sewage treatment plants, industrial discharges, agricultural discharges, and other anthropogenic activities are major causes of increasing water contamination. Water pollutants are broadly classified into organic and inorganic contaminants [1]. Organic contaminants include pesticides, plasticizers, fertilizers, hydrocarbons, biphenyls, phenols, detergents, oils, greases, pharmaceuticals, and plant and animal tissues [2, 3]. These contaminants are harmful even in small concentrations. Many treatment methods such as physical (i.e., filtration, electrodialysis, flotation, and adsorption), chemical (i.e., precipitation, chemical oxidation,
Adsorption is a well-known and effective technique for wastewater treatment. Choice of the starting material for absorbent development is based on a variety of factors. The material should be high in carbon and oxygen content; have strong abrasion tolerance, good thermal stability, small pore diameter, and high exposed surface area; and be easily accessible. Low-cost materials used as absorbents have been derived from high carbon content plants, livestock, and other products, such as fruit wastes, rice husk, woods, seaweed, algae, peat moss, hair, and keratin. Pollutants can be removed effectively by converting organic low-cost materials into carbonaceous absorbents, e.g., AC and BC. Preparation, modification, and characterization techniques of these materials are discussed further in subsequent sections.

### 2. Adsorbent Selection, Preparation, Modification, and Characterization

Adsorption is a well-known and effective technique for wastewater treatment. Choice of the starting material for absorbent development is based on several factors. The material should be high in carbon and oxygen content; have strong abrasion tolerance, good thermal stability, small pore diameter, and high exposed surface area; and be easily accessible. Low-cost materials used as absorbents have been derived from high carbon content plants, livestock, and other products, such as fruit wastes, rice husk, woods, seaweed, algae, peat moss, hair, and keratin. Pollutants can be removed effectively by converting organic low-cost materials into carbonaceous absorbents, e.g., AC and BC. Preparation, modification, and characterization techniques of these materials are discussed further in subsequent sections.

#### 2.1. Preparation of Activated Carbon

Activated carbon (AC) is a widely utilized adsorbent for the treatment of wastewater and drinking water. It is prepared by chemical or steam activation of charcoal that can be made of different materials such as fossils or biomass. Nowadays, due to the demand for affordable absorbents, attempts are made to replace commercially available ACs by biomass waste-produced ACs, e.g., waste tea [23, 24], rice husk [25], and oak wood [26]. These ACs are not only economical but also proven to be environmentally sustainable.

ACs are prepared by utilizing physical and chemical methods of activation followed by carbonization at high temperatures [23]. Common methods reported for preparation and activation of ACs have been presented in Table 1. Usual steps followed in the process are as follows: (i) pretreatment including washing, drying (air/oven), and cutting or grinding (powder/small particle size); (ii) carbonization (in furnace/reactor with or without N2 gas); (iii) activation/modification before or after carbonization (steam/acid/oxidizing agent/CO2 gas); and (iv) posttreatment, e.g., washing (until pH is neutral) and drying (air/oven). Various acidic, basic, and oxidizing modification techniques have been reported in the literature for AC preparation. Activating agents produce ACs with improved properties including large porosity, high surface area, variety of functional groups, increased adsorption potential, and regeneration capability. Table 1 shows that surface area of AC may increase or decrease after modification depending on the feedstock properties and activating agent as well. Baghdadi et al. [27] stated that treatment of AC with nitric acid resulted in degradation of porous framework and modification of the AC exterior framework. On the other hand, carboxylic functional groups were introduced because of the treatment by nitric acid in the AC system. It enhanced the hydrophilicity of AC and consequently reduced the attraction for hydrophobic pollutants towards the absorbent. Phosphoric acid and steam modifications have shown larger impact on surface area and pore size enhancement of ACs in most of the studies. Furthermore, ACs have also been reported to be modified by metal impregnation, e.g., silver, chromium, or copper [28], and thermal tension treatment to increase the porosity/surface area [29].

#### 2.2. Preparation of Biochar

Biochar (BC) is a rich carbon compound developed through combustion at mild temperatures (300–700°C) under minimal to no oxygen condition [30] or as a byproduct of biocrude oil production [31]. Land wastes, crop residues, and the renewable components of industrial solid wastes have become major source materials for BC preparation. BC has been used to increase soil consistency, promote carbon sequestration, and immobilize pollutants [32]. Its properties rely on the type of raw material, combustion temperature, and residence time. Usually, BCs formed at high temperatures have a higher surface area and carbon content, primarily due to the rise in the number of micropores induced by the removal of volatile organic
Table 1: Preparation techniques for AC and BC utilizing various materials.

| Pretreatment | Activation method | Pyrolysis method | Posttreatment | Physical properties | Ref. |
|--------------|-------------------|------------------|---------------|---------------------|------|
| **Activated carbon (AC)** | | | | | |
| Oil palm shell | Washed, dried overnight at 105°C, cut into mesh size of 1–2 mm | Char soaked in KOH solution (1:1) Activated at 700°C (10°C/min) to a final temperature of 850°C CO2 switched and activation held for 2 hr | Carbonized at 700°C for 2 hr at heating rate of 10°C/min under purified nitrogen flow of 150 cm³/min | Cooled to room temperature under nitrogen flow Washed with hot deionized water and 0.1 molar HCl until the pH of the washing solution reached 6–7 | 596.2 0.34 | O–H stretching vibrations C≡C stretching vibrations C=C stretching vibrations vibration in aroma: C–OH stretching vibrations [8] |
| Oil palm frond | Cut into small pieces (2 cm × 2 cm) Washed with water Dried at 105°C Crushed and sieved to mesh size of 1–4 mm | Char soaked in KOH solution (1 : 1, w/w%) for 24 hr Dehydrated in an oven overnight at 105°C | Carbonized at 700°C for 2 hr at heating rate of 10°C/min under purified nitrogen flow of 150 cm³/min | Cooled to room temperature under nitrogen flow Washed with hot DI water and 0.1 molar HCl until the pH was neutral | | [42] |
| Palm tree leaves | Washed with deionized water, air-dried, and cut into small pieces | Soaking dried small pieces in 25% (w/w) H₂SO₄ at room temperature for 24 hr | Carbonization in oven at different temperatures for 24 hr | Cooled the AC to room temperature Washed with deionized water Dried at 105 ±1°C for 12 hr Ground and sieved to particles between 300 µm and 425 µm in size | 64.12 0.0835 | Hydroxyl (–OH) Bands of aliphatic C–H Band of carboxyl group (C=O) in carboxylic acid Bands of C=O (in -COO⁻) or C=C centering ν(O–H), ν(C–H), and ν(C=O) vibrations [43] |
| Waste rice straw | Washed, air-dried, and cut into small pieces | Steam penetrated the reactor at a pace of 5 mL/min as the furnace hit 350°C and the heating proceeded for 1 hr until the final temperature was 550, 650, & 750°C | 0.5 kg dried rice straw fed into fluidized bed reactor, at heating rate 50°C/10 min in the presence of N₂ flow (300 mL/min) | Cooled down and washed with distilled water Dried at 120°C and stored | | [44] |
Table 1: Continued.

| Pretreatment          | Activation method                                      | Pyrolysis method | Posttreatment | Physical properties                  | Ref. |
|-----------------------|--------------------------------------------------------|-------------------|---------------|--------------------------------------|------|
| Pecan shell           | Washed, air-dried, and cut into small pieces           | Steam activated at 900°C for 6 hr | Carbonized at 700°C | Cooled down and washed | 917 ± 5 | 5.53 ± 0.16 [45] |
|                        |                                                        | CO2 activated at 900°C for 6 hr | H3PO4 activation at 700°C |                         |      |                |
| Tea industry waste    | Dried and ground to less than 150 μm size              | 20 g of tea wastes and 20 g of ZnCl2 mixed (1 : 1) | Carbonized in furnace starting at room temperature and increased to 700°C in 80 min under nitrogen at flow rate of 100 mL/min and maintained for 4 hr | Cooled to room temperature under nitrogen atmosphere 2 times boiled in 2 M HCl and filtered Dried at 105°C for 4 hr and kept in desiccator | 1066 | 0.58 | 1.04 | [46] |
| Rice husk             | Washed, air-dried, and cut into small pieces           | Impregnated 40 g of rice husk with 100 mL of 40% (v/v) H3PO4 | Heated up to 673 K in 2 hr and then held at this temperature for 3 hr | Cooled by washing until the pH became 6.5 The mass dried at 110°C |                                           | 446 | | |
| Tea waste             | Washed with distilled water Dried in oven at 60°C Ground and sieved by mesh size of 60 μm | Carbon precursor was impregnated with 85% H3PO4 by varying the chemical ratio from 1 : 1 (w/v) to 1 : 3 and kept in oven at 60°C for 3 hr with occasional stirring | Carbonized at 400°C heating rate fixed on 5°C/min | Cooled down and washed initially with 0.1 M HCl and then with distilled water Dried at 110°C for 24 hr and stored in desiccator | 2054.4 | 1.747 | (1 : 3) | [48] |
| Date stones           | Washed with distilled water Dried in oven at 120°C Crushed and ground to particle size of 0.5-1 mm | The precursor was impregnated with KOH in a solid form (9 mmol:1 g date stones) was activated at 800°C The precursor was impregnated | The impregnated precursor was carbonized in a horizontal tubular furnace under nitrogen flow with a heating rate of 5°C/min for 1 h | The AC was immersed in HCl solution (0.1 M/L) for 3 hr Filtered and washed with hot distilled water Dried at 120°C and kept in | 1209 | 0.550 | | Hydroxyl groups with hydrogen bending of adsorbed water Aliphatic bond –CH, –CH2, and –CH3 aromatic C-C ring [49] |
| Pretreatment | Activation method | Pyrolysis method | Posttreatment | Physical properties | FTIR functional groups |
|--------------|-------------------|-----------------|---------------|---------------------|------------------------|
| Tea waste    | Boiled multiple times with distilled water | Dried tea waste was modified by ZnCl₂, K₂CO₃, KOH, and H₂SO₄ in 1 : 1 (w/w) overnight at room temperature | Carbonized the activated material at 600°C for 2 hr | Washed and dried in an oven | O-H & N-H stretching of alkanes and alkenes, carbonyl group (C=O) |
|              | Washed and oven-dried at 103°C for 24 hr | Filtered and dried in an oven at 103°C for 24 hr | | 865.4 | 0.5032 |
|              |                                 |                  |               | 483.9 | 0.2222 |
|              |                                 |                  |               | 416.4 | 0.2155 |
|              |                                 |                  |               | 116.2 | 0.044  |
| Wood sawdust | Ground and sieved to obtain a particle size of 0.5-1 mm | Before carbonization: chemically activated by KOH, and thermally activated under CO₂ gas flow for 2 hr | Carbonized in a horizontal furnace at 750°C under N₂ atmosphere (150 mL/min) | Cooled and washed with boiled deionized water until neutral pH | Before impreg.: 678.641 |
|              | Treatment using 4.0 M/L HNO₃ (1 : 20 g/mL) at 90°C for 3 h in a reflux condenser | After carbonization: impregnated the calcium solution of eggshell and AC (1 mL : 0.02 g) at required temperature | Dried at 110°C for 24 hr After impregnation: cleaned with hot distilled water and dried at 110°C for 24 hr | After impreg.: 433.486 |
| Waste tires  | Cleaning, washing, and drying | 7g AC-COCl was mixed with 100 mL of PEI solution. For 24 hr, the mixture was stirred at 150 rpm in a shaker at about 90°C. | Filtered, washed with distilled water, and dried at 110°C | 363 | [52] |
| Pretreatment | Activation method | Pyrolysis method | Posttreatment | Physical properties | Ref. |
|--------------|-------------------|------------------|---------------|---------------------|-----|
|              |                   |                  |               | Surface area (m²/g) |     |
|              |                   |                  |               | Pore vol. (cm³/g)   |     |
|              |                   |                  |               | Ash content (g)     |     |
|              |                   |                  |               | FTIR functional groups |   |

**Biochar (BC)**

- **Tea waste**
  - Washed and air-dried
  - Crushed and ground to <1.0 mm size
  - Pyrolyzed at 300 and 700°C (7°C/min), with and without N₂ purging (5 mL/min)
  - Obtained: BC-300, BC-700, BC-300N, BC-700N
  - Steam activation: Samples were processed for an extra 45 min at maximum temperature with 5 mL/min of steam after the 2 hr pyrolysis cycle had passed.
  - Obtained: BC-300S, BC-700S

- **Rice husk**
  - Washed and air-dried
  - Ground to <1 mm particle size
  - Pyrolyzed gradually at 700°C for 3 h with minimal oxygen at 7°C/min
  - Cooled down overnight in furnace
  - Obtained: BC-300N, BC-700N

- **Banana peels**
  - Washed and ground into 0.05 cm size
  - Soaked 4 g of raw material in 50 mL H₃PO₄ solutions for 2 hr at 0, 10, 20, 30, 40, and 50% concentration
  - The mixture was transferred to an autoclave and heated for 2 hr at 230°C
  - Dried overnight in oven at 80°C

- **Rape straw**
  - Cleaned and dried
  - 10 g biochars mixed separately with 1 L solution of 25% HNO₃ (v/v), 25% H₂O₂ (m/m), and 5%

**FTIR functional groups**

- O-H stretching band, aliphatic CAH stretching band, PO₄³⁻, and CO₃²⁻ [10]
- H-bonding hydroxyl groups, -CH₂ or CH₃ groups in carboxylic acid, C=O (C-O) stretching vibration of carboxyl groups [16]
- Vibration of free hydroxyl group, associative hydroxyl group, C=O of carboxylic acid, and C=C of aromatic ring [17]
| Pretreatment | Activiation method | Pyrolysis method | Posttreatment | Physical properties | Ref. |
|--------------|-------------------|------------------|---------------|---------------------|------|
|              |                   |                  |               |                     |      |
| KMnO₄ (m/m)  | Then stirred for 4h at 40°C in a magnetic stirrer |                  |               |                     |      |
| Miscanthus × giganteus | Washed and dried | H₂O₂ 10% w/v | Carbonized at 350 and 600°C. | Washed and dried | 6.50 at 600°C 0.95 | [35] |
|              |                   |                  |               |                     |      |
| Dewatered sewage sludge | Dried at 105°C for 24h and sieved into powder of 0.15-0.18 mm size | Using a magnetic stirrer at 12 0 rpm at RT for 12 h, 12 g material powder and 12 g ultrafine dolomite powder were combined with 75 mL DI water | Put in a thermostat water-bath at 80°C and mixed for 2.5 h | Washed and dried in oven | 49.45 0.07 | Vibrations of the hydroxyl groups (-OH) |
|              |                   |                  |               |                     | [39] |
|              |                   |                  |               |                     |      |
| Peanut hull | Naturally dried Peanut hull mixed with DI water (3 : 20, w/v) | 3 g of the carbonized sample placed into 20 mL 10% H₂O₂ solution for 2 hr at room temperature | Carbonize the mixture in autoclave held at 300°C for 5 hr at a pressure of about 1000 psi | Washed with DI water and dried at 80°C in an oven Ground and sieved to a uniform size fraction of 0.5–1.0 mm | 1.3 0.24 0.25 | Carbonyl groups [53] |
|              |                   |                  |               |                     |      |
| Colocasia esculenta | Cut into homogenous size, washed and dried for 2 days under sunlight Later dried in hot air oven over night at 100°C | Passed superheated steam at rate of 1.5 kg/cm² at 700°C for 45 min After 45 min of steam flow, the lag phase was sustained for 20 min at 700°C | Carbonized in a spherical shelled muffle furnace at 350-600°C for 45 min and maintained the temperature for 40 min | After carbonization, the temperature increased up to 700°C at 10°C/min. for activation Activated sample was ground into particle size of 450 μm | 3.67  | Carbonylic acids, aldehydes and aromatic groups, terminal alkynes, alcohols and phenols [54] |
| Pretreatment          | Activation method                          | Pyrolysis method                          | Posttreatment       | Physical properties | Ref. |
|----------------------|--------------------------------------------|-------------------------------------------|---------------------|---------------------|------|
| Lemon grass          | Washed and dried                           | After carbonization sieved to 2 mm size   | Hydrothermal        | Washed              |      |
|                      |                                            | The final biochar added into 50 mL H₂O₂ solutions with different concentrations (v/v—10%, 20%, 30%) for 3 hr at room temperature | carbonization (10 g) was done with DI-water (w/v 1:1) at heating rate of 10°C/min up to 200°C | Oven dried at 60°C overnight | Ground into small sizes |      |
|                      |                                            |                                            |                     | Surface area (m²/g) | 27.2 | 0.533 |
|                      |                                            |                                            |                     | Pore vol. (cm³/g)   | 26.9 | 0.537 |
|                      |                                            |                                            |                     | Ash content         | 27.1 | 0.541 |
|                      |                                            |                                            |                     | FTIR functional groups | 27.1 | 0.548 |
|                      |                                            |                                            |                     | OH groups, alkyl CH₂ stretching, aromatic carboxyl groups, aromatic C=C and C=O, C=O in guaiacyl lignin, C=O of carboxylate ions, hydroxyl bending vibration, OH in phenolic | [55] |
| Corn straws          | Washed and dried                           | Dry corn straw (20 g) was impregnated with 35.6 mL 85% H₃PO₄ for 24 hr | Oven dried material was pyrolyzed in a furnace to heat at 10°C/min to 300°C and held for 2 hr | Washed | Ground to 0.21 mm | 1028.88 | 0.5378 | 4.01 |
|                      |                                            | Dried in the oven at 105°C for 7 hr        |                     |                     |      |      |      |      |      |
|                      |                                            |                                            |                     | Surface area (m²/g) | 11.833 | 0.0158 |
|                      |                                            |                                            |                     | Pore vol. (cm³/g)   | 5.07 | 0.0079 |
|                      |                                            |                                            |                     | Ash content         | 11.33 | 0.0158 |
|                      |                                            |                                            |                     | FTIR functional groups | 5.07 | 0.0079 |
| Tea waste            | Washed and dried in oven at 105°C Crushed to powder | H₂SO₄ followed by NaNO₃ were added to the dried biochar KMnO₄ was then added to the mixture with continuous stirring | Gradually heated from 323 K to 373 K and later 30% H₂O₂ added to the heated mixture and ultrasonicated for 15 min and filtered | Washed with distilled water for removal of excess acid; the resulting powder was dried in oven, ground, sieved, and stored | 5.07 | 0.0079 |
|                      |                                            |                                            |                     |                     | 11.33 | 0.0158 |
|                      |                                            |                                            |                     | FTIR functional groups | 5.07 | 0.0079 |
| Spent P. ostreatus substrate | Air dried and screened (40-mesh sieve) | Carbonized in furnace for 2 hr at temp. 300°C, 500°C, and 700°C in | Washed and dried |                     | 3.79 | 0.014 |
| Spent shiitake substrate |                                            |                                            |                     |                     | 18.05 | 0.061 |
|                      |                                            |                                            |                     |                     | 188.57 | 0.134 |
|                      |                                            |                                            |                     |                     | 12.97 | 0.028 |
|                      |                                            |                                            |                     |                     | 47.07 | 0.070 |
|                      |                                            |                                            |                     |                     | 218.70 | 0.138 |
|                      |                                            |                                            |                     | FTIR functional groups | 3.79 | 0.014 |
|                      |                                            |                                            |                     | C-O/C=O/C=O bonds stretching, C=O bonds stretching, C- O-C symmetric stretching | [58] |
compounds at high temperatures. However, as the temperature increases, the biochar yield decreases. Thus, in terms of biochar yield and adsorption capacity, an optimal strategy is needed. High temperature BCs are stable in both abiotic and biotic incubations, whereas BC from woody materials have more stable carbons than those generated from rice residues [33]. Amarasinghe et al. [34] stated that temperature range of 450°C to 500°C and residence time between 45 and 60 minutes had the fastest recovery in BC mass of tea waste. Increased pyrolysis temperature causes reduction in

| Pretreatment | Activation method | Pyrolysis method | Posttreatment | Physical properties | FTIR functional groups |
|--------------|-------------------|------------------|---------------|---------------------|------------------------|
| Corn stalks  | Dried in oven at 80°C (24 h) Crushed into powder | Crushed straw impregnated with 1.2 M K$_2$CO$_3$ solution (1 : 3, w/v) Dried at 80°C for 24 hr | Pyrolyzed in the furnace for 2 hr at 600°C | Ground and screened to <0.25mm size | Surface area (m$^2$/g) 680.36 phenols, and ether or ester groups, C=C ring stretching vibration |
| Municipal sewage sludge and tea waste | Air-dried the sludge and tea waste, sieved, and meshed (100 size) Mixed both waste (1 : 1) | Pyrolyzed in muffle furnace at 300°C for 2 h | Cooled the biochar and sieved (100-mesh size) | OH groups Aliphatic C-H group C=O and C=C aromatic vibrations C=O and C=H stretching vibrations |
| Pinewood biomass | Cut into small pieces and dried at 105°C in oven | Biochar soaked in H$_2$O$_2$ solution (1, 3, 10, 20, 30%, w/w, 1 g : 20 mL). | Pyrolyzed at 400°C and held for 30 min Cooled down with N$_2$ purging | Washed and dried at 105°C overnight | (C=C), carboxylic acid functionality, C-H stretching |
| Enteromorpha prolifera | Washed, air-dried, ground, and sieved (2 mm mesh) | Biochar soaked in HCl (1 M/L) and HF (40% w) mixture (180 : 20 mL) for 24 h | Pyrolyzed at 200–600°C with rate 10°C/min for 2 h under N2 purging (25mL/min) | 205.32 | Stretching of O–H in carboxyl and phenol functional groups, N–H symmetric stretching vibration, stretching of C=C and C=O |
| Miscanthus floridulus | Washed and dried in oven at 60°C Crushed and sieved (0.15–0.25 mm) | Biochar soaked in 1 M HCl for 12 h and washed | Pyrolyzed for 6 h (5°C/min) at 450°C and kept for 1 h under N$_2$ purging |  | –OH groups, carbonyl/carboxyl (C=O), ether bond (C-O-C), C-O of phenolic group |
hydrogen and oxygen content while carbon content increases resulting in reduced H/C and O/C ratios at higher temperatures [35]. Yin et al. [36] observed that when the temperature of pyrolysis rose from 300 to 700°C, BC yield decreased, while pH value, surface area, total pore volume, and ash amount increased. The drop in yield at high pyrolysis temperatures can be attributed to the decrease of volatile components, and the BC’s high ash content suggested the aggregation of inorganic minerals that could elevate the pH and cation exchange capacity (CEC).

BC has a large percentage of organic carbon composition with rich oxygen-containing groups and can provide different sites of adsorption for heavy metal ions and aromatic pollutants. However, BC typically have smaller surface area compared to AC. Through utilizing chemical agents such as acids, bases and oxidizing agents and physical activation methods, the surface area and adsorptivity of the BCs can significantly improve. The modification methods enhance the porosity and add various functional groups at the surface of BC. Table 1 shows that usually acidic modification, e.g., HCl, K2CO3, and H2SO4, introduces O-H or carbon-based functional groups at the surface of the BC which may increase or decrease the surface area, whereas oxidizing agents such as H2O2, H3PO4, and HNO3 introduce hydroxyl and carboxyl groups at the surface of BC increasing the negative charge at the surface. Wang and Liu [37] reported 63.4% and 101% rise in oxygen and carboxyl group content, respectively, in manure BC after modification by H2O2. Jin et al. [38] used HNO3 to modify BC and found a very high adsorption of uranium due to increased content of carboxyl groups at the surface after modification. Many lamellar structures appeared on the surface of the dolomite-modified BC as compared with the raw BC, which provided binding sites for phosphate ions in solution [39]. Dolomite was decomposed into calcium and magnesium oxides probably due to the creation of the lamellar system. Luo et al. [40] used a unique method of BC modification through lignin modification by introducing acrylonitrile into the biochar prepared at various temperatures. It was observed that the BC prepared at 350°C was successfully modified and further utilized for metal adsorption in wastewater. However, at higher temperatures, lignin was not able to be modified. Common methods for preparation and activation of BC have been stated in Table 1. Usual steps involved in preparation include the following: (i) pretreatment, e.g., washing (repeatedly), drying (air/oven), and cutting or grinding (powder/small particle size); (ii) pyrolysis (in furnace/reactor with or without N2) at various temperatures; (iii) modification before or after pyrolysis (steam/acid/bases/oxidizing agent); and (iv) posttreatment, e.g., washing (until pH is neutral) and drying (air/oven). Innovative methods such as ammoniation hydrothermal method have also been introduced recently for BC preparation [41]. Table 1 shows that generally, ACs have much higher surface areas as compared to BCs, but the preparation method of BC is simpler and more economical compared to AC.

2.3. Characterization Techniques. Characterization methods help in identifying the surface properties of the materials and impact of modification on material properties. Figure 1 presents commonly used methods for characterization of adsorbents. Scanning electron microscopy (SEM), scanning electron microscopy coupled with energy-dispersive spectroscopy (SEM-EDS), transmission electron microscopy (TEM), X-ray photoelectron spectroscopy (XPS), Brunauer–Emmett–Teller (BET) analysis, field-emission scanning electron microscopy (FESEM), Fourier transform infrared spectroscopy (FTIR), surface area analyzer and porosimetry system (SAAPS), gas chromatography mass spectrometry (GCMS), and X-ray diffraction (XRD) are widely used characterization methods for adsorbents. 129Xe NMR has been used as a modern technique for analysis of adsorption mechanism using a porous structure and channel measurement in adsorbent materials [64]. Based on Soxhlet extraction, sodium hydroxide (NaOH) procedure, and two-step acid hydrolysis cycle, respectively, the extractives, hemicellulose, and lignin content of the raw biomass can be evaluated (Lee et al., [11]).

3. Application of AC and BC for Adsorption of Organic Pollutants

Application of adsorbents is studied under various controlling parameters such as pH, contact time, initial concentration of adsorbate, temperature, and dosage of adsorbent. The effect of these parameters is commonly studied in batch experiments. The pH at which the charge on the adsorbent surface is zero is called the pH at zero-point charge (pHZPC). It is determined by plotting pH against pH and the point where pH = pHZPC is called pHZPC [65]. Below this pH, the material is supposed to be positively charged and favorable for anion adsorption, while above this pH, cations can be removed favorably. The pH and pHZPC of AC or BC can change with change in pyrolysis temperature [66]. Other parameters are highly adsorbent and pollutant dependent and change accordingly. Table 2 shows the summary of various input and optimized parameters studied in batch experiments and resulting maximum removal efficiencies for organic materials using AC and BC. The uptake capacity or removal efficiency of pollutants can be calculated by the following equations [67]:

\[ q_e = \frac{(C_i - C_f) \times V}{M}, \]

\[ \text{Percentage removal} = \frac{C_i - C_f}{C_i} \times 100, \]

where \( q_e \) is the potential for adsorption at equilibrium in mg/g, \( C_i \) represents the initial concentration of pollutants in mg/L, \( C_f \) represents the final amount of adsorbate at equilibrium in mg/L, \( V \) is the volume of solution in L, and \( M \) represents the mass of adsorbent in g.

3.1. Activated Carbon. Organic pollutants, e.g., pharmaceuticals, dyes, and hydrocarbons, have been widely removed using biomass waste-produced ACs. Increased adsorption of organic compounds on AC is due to its large specific
surface area and attractive physicochemical properties such as high mechanical strength, chemical stability in different media, and large pore size [42]. Different organic pollutant adsorption by AC and its composites are discussed here. Organic pollutants such as pharmaceuticals, dyes, and hydrocarbons have been effectively removed from aqueous solutions using biomass waste-produced ACs. Amstaetter et al. [68] found that biomass-based AC showed stronger adsorption of organic compounds, e.g., PAHs and polychlorinated biphenyls (PCBs) as compared to anthracite-based AC. Increased adsorption of organic compounds on AC is attributed to its large specific surface area and attractive physicochemical properties such as high mechanical strength, chemical stability in different media, and large pore size [42].

3.1.1. Chemical Dyes. Organic chemical dyes such as methylene blue (MB), crystal violet, reactive blue 19, and thionine are used in various industrial processes. Textile, paper, plastics, leather, and printing industries release a large amount of the dyes in wastewater. These dyes are toxic, cause water pollution, and need to be treated on a priority basis. In excess amounts, they may block the necessary oxygen and sunlight penetration into water bodies causing death of aquatic life. The dyes usually have a complicated aromatic structure and are resistant to degradation by chemical, physical, and biological treatments. Being economical and efficient, adsorption is a potential treatment strategy for the removal of dyes from waste effluents [69].

Methylene blue is a commonly used cationic colouring dye. If swallowed or inhaled, it can cause gastrointestinal irritation, nausea, vomiting, diarrhea, cyanosis, and dyspnea. It also causes eye irritation and burning [8]. Borah et al. [48] studied adsorption of methylene blue (MB) and eosine yellow (EY) on tea waste-produced porous carbon. The tea waste was activated by phosphoric acid and adsorption of up to 99% was achieved for both dyes. The maximum monolayer adsorption was 402.25 mg/g and 400 mg/g for MB and EY, respectively, which is much higher than many adsorbents reported in literature, e.g., coconut shell (277.90 mg/g), Rattan-AC (294.12 mg/g), walnut shell-AC (3.53 mg/g), groundnut shell (164.90 mg/g), and granular AC (101.626 mg/g). It was found that AC loaded with nickel sulfide nanoparticles showed 99.9% removal of MB and safranin-O (SO), i.e., 46 and 52 mg/g at optimum condition of pH (8.1), adsorbent dosage (0.022 g), initial concentration of dyes (17.8 mg/L and 5 mg/L), and contact time (5.46 min) [69]. Another study reported development of a high surface area (854.30 m²/g) waste tea AC by chemical activation with potassium acetate for adsorption of MB and Acid Blue 29 (AB29) dyes [70]. The AC was developed at optimized values of impregnation ratio, activation temperature, and activation time that were 1:4, 800°C, and 120 min, respectively. The adsorption capacities for MB and AB29 were 554.30 mg/g and 453.12 mg/g, respectively, which were higher than KOH-modified oil palm shell AC, i.e., 243.90 mg/g, and raw fruit AC, i.e., 146 mg/g, for MB [71]. Another study reported the optimized conditions for the synthesis of ZnCl₂-activated AC as follows: 1:4 impregnation ratio, calcination temperature of 600°C, and calcination time of 30 min [72]. The precursor material of AC synthesis was mangosteen peels, and a very high surface area of 1621.8 m²/g was reported. For methylene blue, the adsorption potential of AC prepared under controlled conditions was 1193 mg/g. Nasrullah et al. [73] reported the synthesis of a high surface area (890 m²/g) AC-alginate by inserting AC powder extracted from mangosteen fruit peel into calcium-alginate beads. The AC-alginate was used for the removal of MB from aqueous solution. The findings showed

Figure 1: Characterization methods used for analysis of AC and BC.
| Material                                      | Sample                  | Pollutant                                   | Adsorption batch study | pH | Initial conc. Of adsorbate (mg/L) | Contact time | Adsorbent dosage (mg/L) | Temp. | Adsorption mechanism | Max removal efficiency | Ref. |
|----------------------------------------------|-------------------------|---------------------------------------------|------------------------|----|-----------------------------------|--------------|------------------------|-------|----------------------|------------------------|------|
| Oil palm frond (AC)                          | Aqueous solution        | 2,4-Dichlorophenoxyacetic acid              | 200 mL 2,4-D solutions (30°C) shaken in water-bath at 120 rpm for 24 hr | 2-12 | 50–300 mg/L                        | 5 min-30 hr  | 50–300 mg/L            | 30, 40, and 50°C     | Adsorption.          | 352.89 mg/g            | [42] |
| Tea industry waste (AC)                      | Aqueous solution        | Phenol                                      | 30 mg of TWAC, with a pH adjusted to 6.0, agitated at 400 rpm for 4 hr | 2-10 | 100-1000 mg/L                      | 0–500 min    | 20-200 g/L             | 0–40°C | Film diffusion along with intraparticle diffusion | 99.5%                  | [46] |
| Tea waste (magnetic particle-loaded tea waste)| Aqueous solutions      | Seven different organic dyes                | 0.01 g MNLTW added to the 20 mL solution of different concentrations of dyes stirred for 35 min | 2-9  | 20 mg/L                            | 5–50 min     | 0.01–0.05 g            | 25°C   | Physical and chemical adsorption.            | 126.58 mg/g, 87.72 mg/g, 82.64 mg/g, 129.87 mg/g, 119.05 mg/g, 113.64 mg/g, 128.21 mg/g for neutral red, reactive blue 19, Congo red, Janus green, crystal violet, and methylene blue, respectively. | [118] |
| Rice husk (AC)                               | Synthetic water         | PAHs naphthalene (NA), phenanthrene (PH), pyrene (PY) | Adsorption test conducted at 200 rpm (28 ± 1°C) | 0.25–3.5 | 1 to 7 d                           | 0.1–7 mg     | 25, 35, and 45°C      | Intraparticle diffusion | 63.6 mg/g, 50.4 mg/g, 104.5 mg/g for NA, PH, and PY, respectively. | 126.58 mg/g, 87.72 mg/g, 82.64 mg/g, 129.87 mg/g, 119.05 mg/g, 113.64 mg/g, 128.21 mg/g for neutral red, reactive blue 19, Congo red, Janus green, crystal violet, and methylene blue, respectively. | [47] |
| Nickel sulfide nanoparticles loaded on AC    | Synthetic water         | Methylene blue (MB) and safranin-O          | Adsorbent was added to 50 mL beakers on magnetic stirrer (750 rpm) | 1-11 | 5–25 mg/L                          | 2–34 min     | 0.005–0.025 g          | 25°C   | Adsorption           | 99.9%                  | [69] |
| Tea waste (BC)                               | Solution                | Sulfamethazine (SMT)                        | Adsorbent dose of 1 g/L was added at 25°C in shaker (100 rpm) for 72 hr | 3-9  | 0–50 mg/L                          | —            | 1 g/L                  | 25°C   | The π-π electron donor–acceptor interaction | 33.81 mg/g            | [10] |
| Tea waste (black tea and waste black or green tea) | Stock solutions        | Methylene blue (MB) and eosin yellow (EY)   | Adsorbent mixed in 250 mL flask of dye solution and stirred at 100 rpm | 3-11 | 200–400 mg/L                      | 0–360 min    | 1-3 g/L                | 303 K-313 K         | Electrostatic attraction | 97.5% for MB, 96.6% for EY | [48] |
| Date stones                                  | Stock solution          | L-Phenylalanine                             | 50 mg mass of adsorbent mixed with adsorbate solution (200 mg/L) at 150 rpm for 300 min | 2-9  | 50-1000 mg/L                      | 0–330 min    | 50 mg                  | 20, 25, 35, and 40°C | Hydrogen bonding formation, hydrophobic and electrostatic interactions | 114 mg/g            | [49] |
| Material Sample                  | Pollutant          | Adsorption batch study | pH conc. Of adsorbate (mg/L) | Contact time | Adsorbent dosage | Temp. Adsorption mechanism | Adsorption mechanism | Max removal efficiency | Ref. |
|--------------------------------|--------------------|------------------------|------------------------------|--------------|------------------|--------------------------|------------------------|----------------------|------|
| Municipal sewage sludge and tea waste | Aqueous solutions Methylene blue (MB) | The solution was shaken at 180 rpm and 25°C for 1 day | 2.11 | 100 | 2.50 g/L | Electrostatic interaction, ion exchange, and physical function | Electrostatic attraction | 100% | [60] |
| Magnetic nanoparticle          | Aqueous solutions Cd²⁺ and acenaphthene | Adsorbent was mixed with 20 mL of adsorbate solution (1 mg/L) and placed on shaker for 24 hr at 25°C | 4-10 | 0.5-50 g/L | 0.25 g/L | Physical function | Hydrophobic reactions for acenaphthene, Complexation reaction for Cd²⁺ | 22.3 and 6.9 mg/kg on TWBC and RHBC, respectively | [92] |
| Teawaste and rice husk (BC)    | Aqueous solutions Carbofuran | 1 g/L BC added into 50 mg/L solution of carbofuran and shaken at 100 rpm (30°C) | 5-100 | 50 min | 1 g/L | Hydrophobic reactions | Hydrophobic reactions for carbofuran, Pore diffusion, π-π interaction, H-bonding, van der Waals forces, and chemical bindings | 22.3 and 6.9 mg/kg on TWBC and RHBC, respectively | [92] |
| Cornstalk BC500 BC600 BC700    | Aqueous solutions Trichloroethylene (TCE) | 30 mg/L TCE solution was treated with BC at 250 rpm | 6.25 | 30 | 0.01-0.1 g | Physical function | Physical function | 93% | [119] |
| Enteromorpha prolifera         | Aqueous solution Pyrene (PYR) and benzo(a)pyrene (BAP) | 100 mL of PYR (50 μg/L) and BAP (20 μg/L) solutions with 0.05 g BC dosage were shaken at 150 rpm for 24 hr at 25°C | 10-150 | 0.01-0.1 g | 0.001-0.01 g | Chemical adsorption | 187.27 μg/g and 80.00 μg/g for PYR and BAP, respectively | 93% | [62] |
| Dewatered sewage sludge        | Stock solution Phosphate | 100 mL of phosphate solution (100 mg/mL) at pH 4.5 and shaken for 175 min | 3-12 | 100 | 125, 150, and 175 | Electrostatic attraction | Electrostatic attraction | 96.8% | [39] |
| Material      | Sample       | Pollutant | Adsorption batch study                                                                 | pH     | Initial conc. of adsorbate (mg/L) | Contact time | Adsorbent dosage | Temp.               | Adsorption mechanism                                                                 | Max removal efficiency | Ref. |
|---------------|--------------|-----------|---------------------------------------------------------------------------------------|--------|-----------------------------------|--------------|-------------------|---------------------|---------------------------------------------------------------------------------------|------------------------|------|
| Tea waste     | Stock solutions | Nitrate  | Adsorbate solution with TW adsorbent placed in vapor bath constant temperature vibrator at 25 ± 2 °C at 300 rpm for 120 min | 1-12   | 25–1500                            | 1–300 min    | 1–32 g/L          | 25 ± 2 °C           | Electrostatic attraction, ion exchange                                                 | Max. ads. =132.26 mg/g, 89.2%, pH = 3-10, dosage = 8 g/L | [108] |
|               |              | Phosphate |                                                                                       | 1-12   | 50–800                            | 0.4–3.6 g/L  | 25 ± 2 °C         |                     | Electrostatic attraction, ion exchange                                                 | 99.51 mg/g, 92.3%     |      |

Table 2: Continued.
that for 100 mg/L initial concentration of MB, pH = 9.5, and temperature of 25°C, the optimum adsorption potential of AC-alginate was achieved as 230 mg/g. Maazinejad et al. [74] found that the initial concentration of MB dye was the most significant factor in adsorption of the dye by single-walled carbon nanotubes functionalized with an amine group (SWCNT-NH₂).

3.1.2. Chemical Oxygen Demand (COD). Chemical Oxygen Demand (COD) is an estimate of organic pollutants in wastewater relevant to the design and assessment of processes for biological treatment (Khairalla and Lu-Xiwu, [75]; [76]). It refers to the amount of oxygen required to oxidize organic compounds to carbon dioxide, ammonia, and water and is used as one of the main parameters of water quality in wastewater treatment plants [77]. COD is not only produced by organic compounds but also by some inorganic compounds [78]. Primary treatment of wastewater decreases about 27% of the influent COD, and downstream units are expected to further reduce COD concentration to satisfy indirect or direct discharge limits.

Activated carbon is used in both powder (PAC) and granular (GAC) forms with typical particle sizes between 15-25 μm and 0.2–5 mm in landfill leachate treatment schemes [79]. Pecan shell-based AC was used for the treatment of COD in municipal wastewater [45]. Various activation methods were employed, e.g., steam, acid, and carbon dioxide activation methods. Among all the carbons, steam and acid-activated carbons produced the largest surface areas of about 917 and 904 m²/g, respectively. Adsorption was found highly dependent on the surface area of the carbons. Halim et al. [80] conducted an adsorption study for removal of COD in landfill leachate with an initial concentration of 2580 mg/L. Adsorption of 93.7% was obtained after generation of zeolite-activated carbon (Z-C) composite adsorbent. Combination of AC and zeolite in composite media acted as a natural ion exchanger and provided both hydrophobic and hydrophilic surfaces for the removal of organic (COD) and inorganic (ammonia) pollutants [81]. Devi et al. [82] studied the removal of COD concentration with avocado peel-activated carbon (APC) and compared with commercial activated carbon (CAC). The optimal operating conditions for maximum reduction of COD were also determined in the study. It was found that under ideal operating conditions using APC, the maximum percentage reduction in COD concentration was 98.20% and this reduction was 99.02% with CAC. Mohan et al. [83] investigated the adsorption efficiency of various ACs prepared from coconut shell fiber (CSF), coconut shell (CS), and rice husk (RH) for removal of COD from industrial wastewater. The removal efficiency obtained was 47-72% by CSFAC, 50-74% by CSAC, and 45-73% by RHAC. El-Naas et al. [32] reported that COD adsorption efficiency of date pit AC was comparable to commercially available AC when applied to petroleum refinery wastewater. The optimum values of AC dosage, contact time, and temperature were reported as 20 g/L, 30 min, and 60°C, respectively, whereas it was found out that the initial pH of wastewater had no significant impact on the removal efficiency of COD. The COD removal efficiency obtained at optimum conditions was 241.45 mg/g using the date pit AC.

3.1.3. Polycyclic Aromatic Hydrocarbons (PAHs). Polycyclic aromatic hydrocarbons (PAHs) are organic pollutants containing rings of carbon and hydrogen atoms such as naphthalene, phenanthrene, fluorene, anthracene, and pyrene [84]. They are identified as priority pollutants and are dispersed into the water by incomplete burning of fossil fuels [85]. PAHs are receiving attention because of their carcinogenicity, teratogenicity, and mutagenicity. They are highly lipophilic and carry toxicological effects on both aquatic organisms and humans via food chains [86]. Based on their molecular weight, PAHs are classified into two classes: low molecular weight PAHs emitted to the atmosphere and high molecular weight PAHs that stay in the water or settle to the bottom of water bodies [87]. PAHs have been found to be hydrophobic in nature; non-polar and hydrophobic adsorbents show high adsorption efficiency for PAHs [88].

Yakout et al. [47] correlated hydrophobicity coefficient (lnK₉₅) with adsorption rate of hydrophobic PAHs (naphthalene, phenanthrene, and pyrene) onto rice husk-produced AC. A good correlation was found and increase in the coefficient and adsorption rate K (mg/g/h¹/₂) were parallel using Weber-Morris equation. Zhang et al. [89] found that the rise in salinity resulted in an improvement in the rate of naphthalene elimination but had scarce effect on phenanthrene and pyrene removal. The findings revealed that the adsorptive equilibrium capacities of naphthalene, phenanthrene and pyrene on the U detritus were 1.27, 1.97, and 2.49 mg/kg, respectively, at the initial concentration of 10 mg/L. Kumar et al. [90] investigated the efficiency of PAH removal using palm shell AC. The AC was further modified by 5% KOH and thermal treatment. It was found that thermally modified KOH-soaked AC had superior adsorption capability of 131.1 mg/g for PAHs, whereas initial concentration of the pollutant was an important factor in controlling the process efficiency. Another study reported adsorptive removal of six PAHs, viz., naphthalene, acenaphthene, fluorene, anthracene, pyrene, and fluoranthene, as 145, 111, 145, 232, 109, and 93 g/kg using granular AC [91]. Pore diffusion was found as a prominent mechanism of adsorption onto AC. The reported values were higher than other reported values in literature. When heavy metals and organic compounds exist side by side, they are expected to interfere and therefore have a synergetic impact on human health and other species [56]. Huang et al. [92] synthesized magnetic nanoparticle adsorbents to simultaneously extract polycyclic aromatic hydrocarbons (acenaphthene) and metal pollutants (Cd²⁺). The adsorption capacity was up to 1060 mg/kg and 2250 mg/kg for acenaphthene and Cd²⁺, respectively. It was observed that the sorption capability decreased compared with the individual sorption, suggesting competitive sorption between both adsorbates, but the efficiency of simultaneous sorption was stable over a broad pH spectrum as well as in the presence of competing metal ions or natural organic matter.
3.1.4. Pharmaceuticals. The presence of chemical drugs in aquatic ecosystems has been regarded as one of the major environmental concerns over the past decades. Effluents from municipal wastewater treatment plants have been shown to be the primary cause of pharmaceuticals in aquatic ecosystems. These pollutants may be degraded utilizing different specialized methods of oxidation, such as Fenton, Photo-Fenton, Fenton-like, and electrochemical oxidation. Such approaches have a high effectiveness of elimination for contaminants, but high energy and chemical demands are the main economic restrictions for advanced oxidation processes. Adsorption has been effectively used for the removal of drugs in literature. An antipsychotic drug, carbamazepine (CBZ), is one of the most recorded micropollutants in surface waters. Magnette AC was used for the removal of CBZ from municipal wastewater, and 93% (182.9 mg/g) removal was achieved using 1:8 magnetite content and AC [27]. L-Phenylalanine, identical to other amino acids, is important to animals and to the human body. This is commonly used in food or feed additives, in infusion products and in nutraceutical and medicinal applications. In a study by Belhamdi et al. [49], porous AC was effectively synthesized from date stones, using the chemical activation process. The findings revealed that optimum factors, affecting the adsorption of L-phenylalanine, were temperature range of 20 to 40°C and pH of 2–9.4, with maximum adsorption capacity of 188.3 mg/g by KOH-modified AC.

Sodium diclofenac (SD) is used for the therapy of arthritis and is a commonly found pharmaceutical in aquatic environments. It is a sodium salt form of a derivative of benzene acetic acid and is persistent in nature. Malhotra et al. [50] reported that ZnCl2-modified AC had the highest adsorption potential (62 mg/g) for SD in comparison to KOH-(49.5 mg/g) and K2CO3-(52.4 mg/g) modified AC. Phenol is a very toxic chemical produced by coal purification, paper, pulp, fertilizer, paint, and organic synthesis industries. They can also be transmitted by plants as natural resources. Phenolic compounds are strong irritants for skin and eyes. In most cases, they can cause death of living cells. Phenols can be removed effectively using adsorption method. Particularly, AC as an adsorbent has shown high removal efficiency for phenols due to its large and highly active surface area [46]. Magnetic carbonaceous materials (AC and BC) effectively removed phenol from water samples [93]. Magnetic alteration improved the AC’s surface and pore capacity and retained biochar’s structural properties. It was observed that magnetic AC had lower adsorption rate (10.641 g/min) than virgin AC (20.575 g/min), whereas magnetic BC had a higher adsorption rate (0.618 g/min) compared to virgin BC (0.040 g/min). Yang et al. [94] developed stable supramolecular gel adsorbent to solve the problem of recyclability. The absorbents in the gel were successful in extracting bicyclic phenols from aqueous solution. Lim et al. [95] reported the synthesis of novel polyvinyl alcohol cryogel beads with an exterior surface protected by powdered AC. The purpose was to shield the trapped activated sludge biomass from the inhibitory impact of the recalcitrant pollutant 4-chlorophenol. The powder AC dispersed on the outer surface of cryogel beads was shown to have a higher 4-chlorophenol adsorption potential than the homogenized powder AC beads. Overall, the elimination of 4-chlorophenol was achieved via the combined adsorption and biodegradation processes. Maximum 132 mg/g adsorption capacity was obtained using the material for 4-chlorophenol.

3.2. Biochar. Biochar has been used widely to remedy the deterioration of wastewater from organic contaminants. Many considerations, such as the types of feedstock, the dosage applied, the desired contaminants, and their concentration, have influenced the elimination of organic pollutants from wastewater by BC. In general, there is a higher affinity for adsorption of polar and ionic organic compounds on the polar BCs and a lower affinity for hydrophobic compounds. Application of BC for adsorption of various organic pollutants is discussed further.

3.2.1. Chemical Dyes. Fan et al. [60] developed biochar at 300°C by copyrolysis of waste from municipal sludge and tea waste with 53.21% yield. Up to 100% of MB removal was achieved by application of the BC for more than 24 h contact time and 100 mg/L initial concentration of adsorbent. The mechanisms of MB removal included electrostatic activity, exchanging of ions, complexation of the surface, and physical process. Huff and Lee [61] revealed that a higher percentage of H2O2 treatment with pinewood biomass BC contributed to a higher cation exchange capacity (CEC) due to the introduction of acidic oxygen functional groups on the BC surface. It also led to the subsequent reduction of the BC’s pH while MB adsorption decreased with higher concentration of H2O2 treatments due to lowering of π–π dispersive forces. Methylene blue (MB), orange G (OG), and Congo red (CR) dye removal was studied using biochar prepared at very high temperature (900°C) [96]. Adsorption of 196.1 mg/g, 38.2 mg/g, and 22.6 mg/g was achieved for the three dyes, respectively. The adsorption was attributed to intraparticle diffusion, high surface area, and electrostatic interaction.

3.2.2. Chemical Oxygen Demand (COD). Adsorptive removal of total and dissolved COD was investigated by Huggins et al. [97] in brewery wastewater using granular biochar. Results revealed that BC had higher adsorption capacity for total COD as compared to dissolved COD. High adsorptive removal of total COD was attributed to removal of higher content of total suspended solids (TSS) due to macrostructure of BC, whereas in the case of dissolved COD, the TSS were filtered out and adsorptive removal was reduced. The results of COD removal were compared with granular AC (GAC). It was observed that adsorptive removal of total COD at 1200 mg/L initial concentration using BC (70 mg/g) was 30% higher compared to GAC (49.3 mg/g), whereas at lower initial concentrations and for dissolved COD, the adsorptive removal using BC was lower and almost like GAC. Manyuchi et al. [98] reported a reduction of 90% COD when the sewage wastewater was subjected to the urban sewage sludge BC. The sewage pH also shifted from alkaline to acidic after treatment. The findings suggested that
BC sewage sludge effectively treated the sewage wastewater. Khalil et al. [99] investigated the effect of pH, COD concentration, temperature, contact time, and the amount of adsorbent dosage on the removal of COD from aqueous solution by biochar obtained from rice straw. It was observed that the removal efficiency of COD increased with increasing initial concentration of COD, which was attributed to higher physical adsorption onto BC. The removal efficiency also improved with increasing pH from 2 to 8.5. A direct correlation was found between the BC dosage, temperature, and adsorption efficiency. The results demonstrated the maximum removal efficiency of COD of 90.44% from aqueous solutions at optimum conditions.

3.2.3. Polycyclic Aromatic Hydrocarbons (PAHs). Biochar have a smaller surface area than AC, but they can lessen the bioavailability of PAHs, pesticides, and heavy metals efficiently [100]. Yang et al. [101] investigated the adsorption of aromatic organic compounds onto various biochar prepared at high temperature (700°C). It was found that basic mechanisms involved in the adsorption of aromatic compounds were π-π interaction, hydrogen bonding, and hydrophobic effect. Pyrolysis is unable to fully carbonize the BC and thus forms both carbonized and amorphous organic matter. Higher pyrolysis temperature may favor PAH adsorption because of higher content of carbonized organic matter. Carbonized organic matter has a more compact, aromatic, and nonpolar composition, including associations with planar and aromatic PAHs which are more beneficial in adsorption [102]. Godlewkska et al. [103] reported that during pyrolysis switching from N2 to CO2 gas favored the adsorption of phenanthrene and pyrene onto BC. Increased adsorption was connected to the higher aromatic nature of BC prepared by the former gas. Biochar prepared from municipal waste was found to be a reliable and recyclable adsorbent for PAHs, phenols, and petroleum-based materials in aqueous media [104]. Macraogae (Enteromorpha prolifera and Ulva lactuca) BC and modified BC (by ferric and zinc chloride) was reported by Cheng et al. [105] for adsorption of PAHs particularly naphthalene (NAP), acenaphthene (ACE), and phenanthrene (PHE). Adsorption capacity of about 90 mg/g was achieved by pore filling and π-π interaction following Freundlich adsorption model and showing heterogeneous adsorption for all pollutants on the BC. This value was higher than other reported values of adsorption, e.g., mangrove litter BC, 47.27 mg/g for 3-ring PAHs, 66.01 mg/g for 4-ring PAHs, and Phragmites australis BC (1.97 mg/g) for PHE [106].

3.2.4. Pharmaceuticals. Carbofuran (a pesticide) was removed from the aqueous solution by rice husk and tea waste BC produced at 700°C [15]. The equilibrium adsorption potential calculated by the pseudo-second-order kinetic model was 25.2 and 10.2 mg/g for rice husk and tea waste BC, respectively. It showed that carbofuran adsorption on rice husk biochar was 2.5 times higher than that on tea waste. 95% of carbamazepine (CBZ), a famous pharmaceutical, was removed using nano-BC (60 nm particle size) prepared from pine wood residue material [107]. The prepared BC showed a good removal efficiency (up to 57%) for CBZ in the presence of surfactant (Tween 80) as well.

Phosphorus is an important resource in modern agricultural development and pharmaceutical processing. Large amounts of nitrates and phosphates in water threaten the biological equilibrium of the system and exacerbate the water quality. Excessive phosphorous release promotes the uncontrolled development of bacteria and algae (eutrophication) that compete in the water with fish and aquatic insects for dissolved oxygen and deteriorate the aquatic environment [39]. Qiao et al. [108] prepared a low-cost and highly efficient biosorbent prepared by tea waste and modified by amine cross-linking and tested for its ability to remove phosphate and nitrate ions from aqueous solutions. It was observed that the material had limited nitrate and phosphate adsorption capability before modification. Amine-crosslinked biosorbent had 136.43 mg/g and 98.72 mg/g nitrate and phosphate adsorption capability, respectively, over a wide pH range.

Wan et al. [109] focused on the optimal conditions for preparation of the eucalyptus sawdust biochar as a possible biosorbent of nitroimidazoles from aqueous solutions. The activation temperature and H3PO4-to-sawdust impregnation ratio were significant factors in maximizing metronidazole’s adsorption capacity. The optimally formulated biochar removal efficiencies were 97.1% and 96.4% for metronidazole and dimetridazole at 20 mg/L concentration and 1.0 g/L dosage within 2 h, respectively, while the thermodynamic analysis showed spontaneity and exothermicity in the adsorption process. Tetracyclines (TCs) are rated as second antibiotics used worldwide and are mostly released in unchanged form in the environment due to poor metabolism. Chen et al. [110] studied adsorption of TCs onto H3PO4-modified animal manure and rice husk BCs. According to isothermal study, the latter showed higher removal efficiency as compared to the animal manure BC with capacity of 552 mg/g and 365.4 mg/g, respectively. However, the maximum adsorption value was higher than other reported values in literature, i.e., alkali BC (58.8 mg/g) [111], NaOH-modified BC (455.33 mg/g) [112], Pinus taeda-activated BC (274.8 mg/g) [113], wood BC (96.1 mg/g) [114], and cobalt-impregnated BC (370.37 mg/g) [115]. Simultaneous removal of norfloxacin, sulfamerazine, and oxytetracycline was studied using KOH-modified BC (Luo et al., [116]). It was observed that in ternary-solute, the sorption kinetics of the three antibiotics were faster than that of the single-solute unit and the process was controlled by BC electrostatic interactions, π-π interaction, and H-bonding. The new BC-supported magnetic CuZnFe2O4 composite (CFZ-biochar) was formulated through a simple hydrothermal method by Heo et al. [117] to extract bisphenol A (BPA) and sulfamethoxazole (SMX) from the aqueous media. The key pathways for adsorption were H-bonding, hydrophobic, and π-π interactions with maximum monolayer adsorption capacity of about 263.2 mg/g and 212.8 mg/g for BPA and SMX, respectively.

4. Adsorption Models

Various models are used to understand and describe the adsorption mechanism. The models are discussed as follows.
4.1. Adsorption Isotherm Models. Isotherm experiments are conducted to obtain the relationship between adsorbate concentration, the amount of adsorbate adsorbed, and the amount of adsorbent at equilibrium. Isotherms play a major function when considering the statistical models for the design and study of adsorption processes. The experimental results obtained in a specific study under one collection of conditions may fail under another. To evaluate the correct fit model for the adsorption process, error analysis involves the use of root mean square error, chi-square, and average relative error. If the value of error measurements is small, the experimental and measured results are more comparable by isothermal and kinetic methods; if they are large, the value would be higher [120]. Table 3 shows that mostly adsorption by carbonaceous materials can be expressed by Langmuir and Freundlich models, and various parameters help in understanding the mechanism. Some common isotherm models are discussed as follows.

The Langmuir model is based on the hypothesis that adsorption happens inside the adsorbent at different homogeneous locations, and there is no substantial interference between the adsorbates [36]. The adsorbate is saturated at the adsorbent surface after one layer (mono layer) of adsorbed molecules is formed [120]. The linearized version of the Langmuir equation is as follows [121]:

\[
\frac{C_e}{q_e} = \frac{1}{K_L q_m} + \frac{C_e}{q_m},
\]

where \( q_e \) is the mass of adsorbate on the surface of the adsorbent (mg/g) at equilibrium, \( C_e \) is the equilibrium adsorbate concentration in solution (mg/L), \( q_m \) is the maximum adsorption power (mg/g), and \( K_L \) is the Langmuir adsorption constant (L/mg). Linearized forms of isotherm models are commonly reported in most studies. The dimensionless constant \( R_L \), originating from the Langmuir model, is named as the separation factor or equilibrium parameter [16].

\[
R_L = 1 + \frac{1}{K_L C_0},
\]

\( R_L \) values signify isotherm forms which are either unfavorable \( (R_L > 1) \), linear \( (R_L = 1) \), desirable \( (0 < R_L < 1) \), or irreversible \( (R_L = 0) \) [122].

The Freundlich isotherm is a variational sorption model. It suggests monolayer sorption with a heterogeneous energy distribution of active sites, followed by encounters between adsorbed molecules [123]. Linear form of the model is as follows [124]:

\[
\log q_e = \log K_F + \frac{1}{n} \log C_e,
\]

where \( q_e \) is the mass of adsorbate at equilibrium, on the surface of the adsorbent (mg/g); \( C_e \) is the equilibrium adsorbate concentration in solution (mg/L); \( K_F \) is the Freundlich adsorption constant, which implies the adsorption efficiency; and \( n \) is the nonlinearity measurement. The value of \( 1/n \) less than 1 shows the physical adsorption phenomena and favors the adsorption process (Liu et al., [125]).

The Temkin isotherm model is being studied because of the potential adsorption heat interaction. This model suggests that bond energies are defined by a standardized distribution of the molecular adsorption energy. This would mean that the adsorption heat of the molecules present in the surface layer would be reduced linearly with the coverage [126]. The linear form of the Temkin model is given as follows:

\[
q_e = \frac{RT}{b_T} \ln (K_T) + \frac{RT}{b_T} \ln (C_e),
\]

where \( R \) is the ideal constant for gases, 8.314 J/mole K; \( T \) is the adsorption temperature, \( K \); \( b_T \) is the adsorption heat constant, J/mol; and \( K_T \) is the Temkin isotherm constant, L/g.

The Dubinin–Radushkevich (D-R) isotherm model is generally used to determine the adsorption mechanism on a heterogeneous surface with a Gaussian energy scattering. The model is well adapted to strongly active solutes and low concentrations. While the D–R isotherm model is also regarded as parallel to the Langmuir isotherm model, it does not consider the possibility for homogeneous surface or persistent adsorption [52]. The linear form of the D-R model is given as follows:

\[
\ln (q_e) = \ln (q_m) - \beta \varepsilon^2,
\]

where \( q_e \) (mol/L) and \( q_m \) (mol/g) are the sum of the adsorption per unit weight and the peak adsorption potential, respectively. The parameter \( \beta \) (mol^{2}/J^{2}) is the coefficient of activity depending on the mean adsorption free energy and \( \varepsilon \) (RT ln \((1 + 1/C_e)) \) is the Polanyi potential.

4.1.1. Isotherm Types. According to the international union of pure and applied chemistry (IUPAC), the equilibrium of physical adsorption process has different adsorption isotherms that may be categorized as type I to type VI [127]. These isotherms help to understand the multiple adsorption processes including monomolecular, multimolecular adsorption, and condensation in pores or capillaries [128]. Figure 2 shows the classification of the isotherms and associated adsorption characteristics over a particular range of relative pressure \((P/P_o)\) [129]. These isotherms have different patterns due to pore shape, adsorption process, and adsorbent/adsorbate interactions.

Type I isotherms have a very quick rise in adsorbed amount with increasing concentration (or pressure) up to saturation; i.e., they have a partially or completely horizontal plateau [130]. Microporous materials having a small portion of the outer surface are classified as this type. Such isotherms resemble Langmuir isotherms showing monolayer adsorption [131]. Polymolecular adsorption in nonporous or macroporous adsorbents is classified as Type II. It does not represent a saturation limit. Type III sorbents are nonporous and have a low adsorbent-adsorbate interaction energy. Types IV and V are porous adsorbents, which are
| Material                | Adsorbent                  | Pollutant                                      | Isothermal models                                                                 | Fitting model                        | Fitting model                                                                 | Model parameters                                                                 |
|------------------------|----------------------------|-----------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Pine wood sawdust      | Charcoal                   | Phenanthrene, anthracene and pyrene (PAHs)    | Polanyi–Dubinin–Manes (PDM) model and Freundlich                                | Freundlich                            | R²=0.99                                                                         | —                                                                              |
| Oil palm shell         | AC                         | Methylene blue (basic dye)                    | Langmuir, Freundlich, Temkin, and Dubinin–Radushkevich                          | Langmuir                              | qₑₑ=243.9 mg/g, b=0.93 mg/L, R²=0.99 at T=303 K                                | PFO, PSO, and IPDM                                                             |
| Oil palm frond         | AC                         | 2,4-Dichlorophenoxyacetic acid                | Langmuir and Freundlich                                                          | Langmuir                              | qₑₑ=352.89 mg/g, Kₑₑ=0.013 L/mg, R²=0.999 at 30 C                            | PFO and PSO                                                                    |
| Coconut shells         | AC                         | Hydrophobic organic compounds (HOCs), e.g., PAHs, polychlorinated biphenyls (PCBs) | Freundlich                                                                       | Freundlich                            | n = 1.05 ± 0.03, R²=0.90±0.01 (for pyrene)                                    | —                                                                              |
| Tea industry waste     | AC                         | Phenol                                         | Langmuir and Freundlich                                                          | Langmuir                              | qₑₑ=142.9 mg/g, b=1.51 mg/L, Kₑₑ =1×10⁻² L/mg, R²=0.9967, Rₑₑ<1             | PFO, PSO, and IPDM                                                             |
| Tea waste              | Magnetic nanoparticle-loaded tea waste | Seven different organic dyes, e.g., Janus green, methylene blue, thionine, crystal violet, Congo red, neutral red, and reactive blue 19 | Langmuir model for all dyes                                                      | Langmuir model for all dyes           | qₑₑ=126.58 mg/g for NR, 129.87 mg/g for JG, 128.21 mg/g for TH, 113.64 mg/g for CV, 82.64 mg/g for CR, 119.05 mg/g for MB, 87.72 mg/g for RB | PFO and PSO, and for anionic dyes, PFO                                        |
| Material                          | Adsorbent | Pollutant                  | Isotherm models                  | Fitting model | Model parameters | Kinetic models | Fitting model | Model parameters | Ref. |
|----------------------------------|-----------|----------------------------|----------------------------------|---------------|------------------|----------------|---------------|------------------|------|
| Lightweight expanded clay aggregate | LECA      | PAHs                       | Freundlich and Langmuir          | Freundlich    | $K_f=0.22, 2.02,$ & 1.70; $n=1.48, 0.95, & 0.95; R^2=0.86, 0.97,$ & 0.92 | —              | —             | —                | [88] |
| Nickel sulfide nanoparticles loaded on activated carbon | NiS-NP-AC | Methylene blue and safranin-O | Langmuir, modified and modified competitive Langmuir model, Langmuir-Freundlich, Freundlich and extended | Langmuir      | $q_e=21.5 \text{ mg/g}$ | PFO, PSO, Elovich | PSO          | For MB, $K_f=66$ g/mg/min, $q_e=21.2 \text{ mg/g}$ | [69] |
| Ti$_3$C$_2$Tx                     | Dyes      | Langmuir and Freundlich    | $n=19.963$                       | $K_f=48.152$  | $R^2=0.928$       | —              | —             | —                | [140] |
| AC and iron salts                | Magnetic AC | Carbamazepine              | Langmuir, Freundlich, Dubinin-Radushkevich, Redlich-Peterson, Radke-Prausnitz, and Temkin | Radke-Prausnitz-Radushkevich | $K_f=0.743 \text{ L/mg}$ | Elovich > intraparticle diffusion | PFO | $K_f=8.70 \times 10^{-3}$, 1.47 \times 10^{-2}, and 2.16 \times 10^{-2}$ g/mg/min at 273, 288, and 303 K, respectively | [27] |
| Date stones                      | AC        | L-Phenylalanine            | Langmuir and Freundlich          | Langmuir      | $R_L=0.1, q_m=188.3 \text{ mg/g}$ | PFO and PSO    | PSO          | —                | [49] |
Table 3: Continued.

| Material                  | Adsorbent | Pollutant                        | Isotherm models                                                                 | Fitting model         | Model parameters | Kinetic models       | Fitting model | Model parameters | Ref. |
|---------------------------|-----------|----------------------------------|---------------------------------------------------------------------------------|-----------------------|------------------|----------------------|---------------|------------------|------|
| Sewage sludge and tea waste | Biochar   | Methylene blue                   | Langmuir, Freundlich, Temkin, Dubinin–Radushkevich (D-R)                      | Langmuir              | $q_m=19.3798$ mg/g | PFO, PSO, and Elovich equations | PSO          | $q_e=15.1745$, $K_r=0.001749$ g/mg/min, at 45°C | [60] |
| Eggshell AC                | Dissolved hydrogen sulfide        | Langmuir and Freundlich           | Freundlich                                                                      | $q_e=289.3$ mg/g      | PFO and PSO       | PSO                  | $K_r=0.0244$ g/mg/min | [51] |
| Palm shell Residual biomass | COD       | Langmuir, Freundlich, and Temkin | Langmuir                                                                        | $b=0.0013$ mg/L       | PFO and PSO       | PFO                  | $q_e=2.8417$ mg/g    |              | [126] |
| Sawdust Residual biomass   | COD       | Langmuir, Freundlich, and Temkin | Langmuir                                                                        | $b=0.0033$ mg/L       | —                | —                    | —             |                  |      |
| Wood sawdust AC            | Hydrogen sulfide                  | Langmuir, Freundlich, Temkin, Dubinin–Radushkevich                           | Freundlich            | $K_f=9.57$ mg/g   |                  | —                    | —             |                  |      |

Adaptation and interpretation of content.
comparable to types II and III. This shows that a monolayer form first followed by a multilayer [132]. Nonporous adsorbents with a homogenous surface exhibit type VI isotherms. This isotherm is known as stepwise multilayer adsorption, and it only arises when the sample surface comprises many types of adsorption sites with energetically distinct properties [133].

4.2. Adsorption Kinetic Models. The impact of contact time is investigated to determine the possible application and to gain insight into adsorption kinetics. Generally, the adsorption process initially shows accelerated patterns, which can be due to surface complexation or instant electron transfer. Afterwards, the adsorption seems constant showing the gradual saturation of adsorption sites on the outside surface or reduced efficiency of redox processes [134]. The kinetic adsorption models are typically complex. The rate of adsorption is highly affected by many variables relevant to the solid state and the physical and chemical parameters by which the adsorption takes place [69]. To fully understand the kinetics of adsorption, four widely used kinetic models are pseudo-first-order (PFO), pseudo-second-order (PSO), Elovich, and intraparticle diffusion (ID) models [135]. Table 3 shows that most carbonaceous materials fit either the PFO or the PSO model for describing their adsorption mechanism. However, diffusional results can be very significant for porous sorbent materials, and therefore, the rate constants assessed by diffusion models must be calculated in order to obtain insight into the transfer mechanism.

The best fitting of experimental results to the pseudo-first-order (PFO) model suggests that adsorption to be more inclined towards physisorption interactions and that the
mechanism of adsorption depends on the initial adsorbate concentration [15]. The model equation is given as follows:

\[ \ln (q_e - q_t) = \ln q_e - K_1 t, \]  

(8)

where \( q_e \) (mg/g) and \( q_t \) (mg/g) are the amounts of adsorbed ions per unit mass of the adsorbent at equilibrium and at any time \( t \), respectively, and \( K_1 \) is the PFO model rate constant.

The pseudo-second-order (PSO) model relies on the hypothesis that chemical sorption such as bonding forces by sharing or the exchange of ions/electrons between adsorbate and adsorbent governs the phase reaction rate [16]. The model can be represented through the following equation:

\[ \frac{t}{q_t} = \frac{1}{K_2 q_e^2} + \frac{1}{q_e}, \]  

(9)

where \( q_e \) (mg/g) and \( q_t \) (mg/g) are the amounts of adsorbed ions per unit mass of the adsorbent at equilibrium and at any time \( t \), respectively, \( K_2 \) is the PSO model rate constant. Adsorption rate constants and adsorption percentage may be different for various pollutants because the rate determines the diffusion of pollutants from water sample to solid adsorbent surface [136]. Khan et al. [137] found the inverse relation between \( K_2 \) and initial concentration of Cu(II) while \( q_e \) was directly related to the initial concentration.

The Elovich equation is often widely used to explain the kinetic second order given that the real solid surfaces are vigorously heterogeneous, but the method does not suggest any specific adsorbate-adsorbent mechanism [44]. It has been widely agreed that this semi-empirical equation can explain the chemisorption cycle. One may measure the Elovich coefficient from the plot, \( q_e \) versus \( \ln t \). The early adsorption rate, \( a_e \), and the desorption coefficient can be calculated from the interception and slope of the \( q_e - \ln t \). The linear form of the equation is given as follows:

\[ q_t = \frac{\ln (a_e b_e)}{b_e} + \frac{1}{b_e} \ln (t), \]  

(10)

where \( a_e \) is the initial adsorption rate (mg/g/min) and \( b_e \) is the desorption constant (g/mg), which is related to the extent of surface coverage and activation energy for chemisorption.

Adsorption mechanism for understanding the diffusion process may be analyzed in terms of the intraparticle diffusion model, interparticle diffusion model, or Boyd’s film diffusion model. According to the Weber and Morris model intraparticle diffusion model, if a linear curve is obtained and it passes through the origin, then the predominant mechanism for adsorption is diffusion. According to this model, an internal diffusion cycle regulates the adsorption capacity [52].

\[ q_t = K_i t^{1/2} + C, \]  

(11)

where \( q_t \) (mg/g) is the amount of adsorbed ions per unit mass of the adsorbent at any time \( t \), \( K_i \) is the rate of intraparticle diffusion, and \( C \) is a constant. The values of \( K_i \) and \( C \) are obtained from a plot of \( q_t \) versus time \( t^{1/2} \). The multilinearity of the plot would indicate that more than one form of adsorption existed while adsorbing the adsorbents [138].

4.3 Adsorption Thermodynamics. The adsorption process’s dependency on temperature can be clarified by thermodynamic analysis of the equilibrium results. In adsorption thermodynamics, the adsorption’s spontaneity, thermochemical complexity, and randomness trend with respect to the temperature is correlated by the measurement of certain thermodynamic parameters, like Gibbs free energy change (\( \Delta G^0 \)), enthalpy (\( \Delta H^0 \)), and entropy (\( \Delta S^0 \)). Among these parameters \( \Delta G^0 \) is the key indicator used in confirming spontaneity of the adsorption process, and a negative \( \Delta G^0 \) value implies that the adsorption process is spontaneous and feasible. The positive value of \( \Delta H^0 \) indicates that the process is endothermic. Positive value of \( \Delta S^0 \) shows affinity of the adsorbent for the adsorbate. These parameters can be calculated as follows [57]:

\[ \Delta G^0 = -RT \ln (K_c), \]  

(12)

\[ \Delta G^0 = \Delta H^0 - T \Delta S^0, \]  

(13)

where \( K_c = C_g/C_e \), \( C_g \) represents adsorbate per unit adsorbent mass (mg/g), \( C_e \) is the equilibrium adsorbent concentration in aqueous liquid (mg/L), and \( K_c \) is the equilibrium constant for adsorption; \( R \) is the uniform gas constant (8.314 J/mol/K) and \( T \) is the absolute temperature (K).

5. Adsorption Mechanism

In general, an adsorbent’s adsorption capability depends basically on its physicochemical properties [141]. Adsorption may take place due to physical, chemical, or both physical and chemical reactions on the surface of the adsorbents. Physical adsorption may be by porous structure (i.e., AC and BC) and chemical adsorption by surface functional groups (i.e., -OH, -COOH, C-O) or others depending on the material properties, surface treatment methods, and reduction sites [142]. Table 3 states the mechanisms of adsorption reported in various studies using AC and BC. Studies showed that organic compounds are usually sorbed onto the carbonaceous materials due to a surface interaction reaction. Other mechanisms, such as \( \pi-\pi \) bond activity and pore filling, have also been demonstrated to lead to increased sorption and decreased desorption of organic pollutants onto the ACs and BCs (Luo et al., 2018; [143]). Schematic diagram of adsorption mechanism for organic pollutants on AC and BC is shown in Figure 3.

Characterization and modelling techniques help in identifying the adsorption mechanism. The mechanism of adsorption can be better defined from an FTIR study. Prior to and after adsorption the adsorbent samples are prepared for infrared (IR) study. The dynamic nature of the adsorbent and presence of various functional groups are seen by the amount of adsorption peaks in the spectra [65]. Liu et al.
found the inverse relationship between pyrolysis temperature (PT) and FTIR peaks assigned to -OH, C=C, and C=O groups and direct relationship between PT and peaks assigned to aromatic γ-CH. After adsorption, the peaks were reduced further, and complexation of functional groups was found as adsorption mechanism.

BET surface area analyzer helps in identifying the surface area and pore size variation before and after adsorption. The pore sizes may be micro (<2 nm), meso (2-50 nm), and macro (>50 nm) [145].

Type IV isotherm specifically shows that the substance being processed is of a mesoporous kind. In the adsorption isotherm, the relative pressure area shows the coexistence of micropores according to Henry’s theorem [146]. There may be increase or decrease in surface area and pore size depending on the type of material. Decrease in pore size or specific surface area indicates the attachment or blockage of activating agent/pollutant at the surface of the adsorbent [147]. Increase in surface area indicates that surface pores opened up after modification/chemical activation [148].

XRD analysis shows the crystalline properties of adsorbents. It correlates the characteristic peaks with crystal planes in 2D representation (Zhang et al., [149]). Lee et al. [150] calculated the size of iron crystal in Fe2O3-carbon foam adsorbent as 38.32 nm using XRD analysis peak value. SEM, TEM, SEM-EDS, and TEM-EDS images of adsorbent materials help to know the surface morphology and elemental composition modification after adsorption [151]. Baghdadi et al. [27] observed large micropores and rough surface of nitric acid-treated AC after SEM analysis.

6. Conclusion

It has been observed that higher adsorption capacity, ease of generation, and relatively cheaper costs of carbon materials, e.g., ACs and BCs, have made them an attractive option for the removal of organic pollutants from wastewater. The preparation, modification, characterization, and application methods used for the adsorption of chemical dyes, COD, PAHs, and pharmaceuticals using AC and BC have been discussed in detail in this review. It was observed that in the majority of the studies, high pollutant removal efficiencies were reported using the adsorbents. Surface properties of the materials, e.g., pore size, surface area, pore diameter, and functional groups were found to be important factors in the adsorption process. The adsorption capacity also depends largely on the pyrolysis temperature, modification technique, initial pH of wastewater, dosage of material, contact time, and initial concentration of the pollutants. Parameters of the adsorption process and models used to understand the adsorption mechanisms have also been stated in the review. Characterization and simulation methods aid in the identification of the adsorption mechanism. Most of the studies concentrated on the kinetic, equilibrium, and thermodynamic aspects of adsorption, suggesting the dominant isotherm and kinetic models as Langmuir or Freundlich and pseudo-second-order models. Organic compounds are typically adsorbed on carbonaceous materials due to surface contact reactions such as bonding and pore filling. This review will help readers understand the current state of research in the adsorption of organic pollutants by agricultural waste-based ACs and BCs. However,
application of these adsorbents at the commercial scale has not been adequately investigated in research works and needs to be studied. Most of the studies have been conducted on synthetic solutions that do not completely represent the discharged effluents. This also needs attention in future studies.

7. Future Directions and Recommendations

The following are recommendations for future solid–liquid adsorption studies based on the review:

(i) There is a strong need for pilot and commercial scale application of adsorbents for removal of organic contaminants.

(ii) Research works need to be extended: on competitive adsorption studies of organic pollutants with other pollutant forms such as metals and other organics; also, there is need to demonstrate the molecular level analysis of the adsorbents to determine their main characteristics responsible for adsorption.

(iii) In addition, actual wastewaters should be investigated, rather than simulated wastewaters.

(iv) To minimize the expenses of the water treatment process, the combination of adsorption and other water management approaches should be explored.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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