Clinical Feasibility of Completely Autologous Fibrin Glue in Spine Surgery

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Abstract:

Introduction: Fibrin glue is widely used in spine surgery. Nevertheless, no report has demonstrated the feasibility of completely autologous fibrin glue (CAFG) in spine surgery. This study aims to investigate the safety, efficacy, and effect of bone fusion of CAFG on spine surgery.

Methods: We retrospectively extracted data of patients who underwent primary spine surgery with preoperatively prepared CAFG. Primary outcomes were the incidence of wound-related unplanned reoperations within 90 days following primary surgery and the occurrence of reoperation for the management of cerebrospinal fluid (CSF) leakage in patients who had been treated with CAFG used as dural sealants. The effect of CAFG on bone fusion was also assessed by detecting implant failure at one year postoperatively in patients aged 25 years or less undergoing primary fusion for idiopathic scoliosis.

Results: We identified 131 eligible patients (47 males and 84 females) with a mean age of 32.3 years. CAFG was used most frequently as an adhesive for fixation of graft bone (110 patients), followed by as a dural sealant for CSF leakage in 17 patients, and as a local hemostatic agent in four patients. Wound-related reoperations were identified in four patients (3.1%), which included three for surgical site infection, and one for postoperative epidural hematoma. There was no reoperation required for the management of CSF leakage among 17 patients with dural incision or incidental durotomy. Compared with the control cohort, the use of CAFG was not associated with early wound-related reoperations or implant failure in patients with spinal deformity.

Conclusions: We demonstrated the clinical feasibility of CAFG in spine surgery. The use of CAFG was not associated with the incidence of reoperations for wound-related complications. CAFG worked effectively as a dural sealant for preventing CSF leakage. CAFG had no beneficial or adverse effect on spinal bone fusion.

Keywords: autologous fibrin glue, fibrin glue, fibrin sealant, bone fusion, dural sealant, cerebrospinal fluid leakage, cryoprecipitate, spine surgery

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Introduction

Fibrin glue (FG) is widely used in spine surgery. Generally, FG is a human blood product consisting of two components: cryoprecipitate and thrombin. Cryoprecipitate is the fraction of plasma that contains concentrated coagulation factors such as fibrinogen, and thrombin is an enzyme that facilitates the conversion of fibrinogen into fibrin. FG is used as a sealant for cerebrospinal fluid (CSF) leakage, hemostatic agent, and bone enhancer for fusion surgery as well as an adhesive for bone grafts. Its effectiveness in spine surgery has been well documented1-5. However, commercially available FG has potential risks for infection such as human parvovirus B19, allogenic immunity, allergic reaction, and prion transmission because it is made from pooled human plasma and bovine aprotinin6-8. To avoid these risks, “autologous” FG had been developed and reported in the last few decades; nevertheless, this conventional autologous FG pro-
duced using a manual production method also possesses potential risks for infection or allergic reaction because only cryoprecipitate is prepared from patients’ own blood and is used with commercially available thrombin due to a lack in the technical ability to refine the thrombin component from the patient’s plasma\(^{10}\).

Recently, CryoSeal\({ }^{\circledast}\) FS System (Asahi Kasei Medical Co. Ltd., Tokyo, Japan) has been introduced as an automated device for the production of completely autologous FG (CAFG), which enabled us to prepare the cryoprecipitate and thrombin simultaneously in 90 min preoperatively from the patient’s own blood\(^{11,12}\). CAFG produced using the CryoSeal\({ }^{\circledast}\) FS system contains no allogenic component as exogenous additives; thus, it can completely eliminate the risk of viral or prion transmission and allogenic immunity. However, no report describes the feasibility of CAFG in spine surgery. Thus, this study aimed to demonstrate the safety and efficacy of CAFG in spine surgery and to elucidate the effect of CAFG on bone fusion in spine surgery, since the effect of FG on bone fusion is controversial and there has been no previous study that has investigated the effect of CAFG on spinal bone fusion, even in an animal model\(^{13,14}\).

**Materials and Methods**

**Data source and patients**

We retrospectively obtained data from the prospective cohort of our institute for a total of 66 months, from May 1, 2015, to October 31, 2020. Among the patients who underwent spine surgery during this period, we collected data from patients in whom CAFG was prepared preoperatively. The exclusion criteria were as follows: 1) patients undergoing revision surgery, 2) patients whose prepared CAFGs were not used during surgery, and 3) patients with a follow-up period of less than 90 days. This research has been approved by the Research Ethics Committee of the authors’ affiliated institutions.

**Collected baseline data of patients**

We collected the baseline data of the patients from medical records, including sex, age at surgery, body mass index, and diagnosis for surgery. For patients undergoing surgery for spinal deformity, we further collected the data of preoperative Cobb angle, the number of fused vertebrae, and the etiology of spinal deformity. Regarding the etiology of spinal deformity other than L5 spondylolisthesis, we classified the etiology into four categories according to the previous work by Taniguchi et al.: (a) congenital or structural, (b) neuromuscular, (c) syndromic, and (d) idiopathic curves\(^{15,16}\).

**Preparation and use of CAFG**

CAFG was prepared for patients undergoing preoperative autologous blood donation. The decision of preoperative autologous blood donation or preparation of CAFG was made by each surgeon accordingly. Written informed consent was obtained from patients or patients’ parents for minor patients before preoperative autologous blood donation and CAFG preparation. The donated whole blood was immediately stored at 4°C after donation, and plasma was separated from it within 6 h and stored below −20°C as fresh frozen plasma (FFP). CAFG was prepared from FFP using CryoSeal\({ }^{\circledast}\) FS System within 1 week before surgery and stored below −20°C. The detail of CryoSeal\({ }^{\circledast}\) FS System was described previously\(^{11,12}\). CAFG was thawed at 37°C and applied to the surgical site with the spray tip or the dot tip within 1 h after thawing in principle.

**Surgical procedure and application of CAFG**

CAFG was used either as a sealant for CSF leakage, as an adhesive of bone graft, or as a local hemostatic agent. CAFG was used as a sealant in patients requiring a dural incision for resection of intradural spinal tumors or untethering of the filum terminale. CAFG was also used as a sealant in patients undergoing incidental durotomy during surgery. When used as a sealant, CAFG was routinely applied with a polyglycolic acid sheet (Neoveil\({ }^{\circledast}\) sheet, Gunze, Ltd., Tokyo, Japan) after the closure of the dura mater as previously described\(^{17}\). In patients who underwent fusion surgery and did not require a dural sealant, we used CAFG as an adhesive of graft bone to the lamina. By pressing graft bone to the decorticated posterior elements with CAFG, we aimed to reduce bleeding as well as to stabilize graft bone. In all patients with fusion surgery, we only used autologous bone as a bone graft. In the remaining patients, we used CAFG as a local hemostatic agent at the final phase of surgery.

**Evaluation of safety and efficacy of CAFG**

To determine the safety of using CAFG at the surgical site, we first investigated the occurrence of postoperative wound-related complications, which was defined as unplanned reoperation in the operating theater within 90 days following primary surgery for surgical site infection (SSI), postoperative hematoma, or wound dehiscence. To assess the impact of CAFG, we compared the incidence of unplanned reoperation in patients aged 25 years or less who underwent primary fusion for spinal deformity with CAFG to that in a control cohort. The control cohort was prepared by extracting the same number of consecutive patients aged 25 years or less undergoing primary fusion for spinal deformity without CAFG to that in a control cohort. The control cohort was prepared by extracting the same number of consecutive patients aged 25 years or less undergoing primary fusion for spinal deformity without CAFG to that in a control cohort. We included a few patients whose conventional autologous cryoprecipitate was prepared preoperatively from the control cohort.

To evaluate the efficacy of CAFG as a sealant, we retrospectively investigated the occurrence of reoperation for the management of CSF leakage in patients who had been treated with CAFG used as a sealant for intentional dural incision or incidental durotomy.
Figure 1. Flow diagram for study inclusion and use of completely autologous fibrin glue (CAFG).

decomp., decompression

Table 1. Demographic Data of Patients Undergoing Primary Spine Surgery with CAFG.

| Parameter                        | Value (n) |
|----------------------------------|-----------|
| Number of patients               | 131       |
| Age, years (mean [SD])           | 32.3 [22.9] |
| Sex                              |           |
| Male (%)                         | 47 (35.9) |
| Female (%)                       | 84 (64.1) |
| Body mass index, kg/m² (mean [SD]) | 20.1 [5.0] |

Diagnosis for operation
- Spinal deformity (%) = 92 (70.2)
- Spinal canal stenosis (%) = 25 (19.1)
- Decompression with fusion = 21
- Decompression alone = 4
- Intradural spinal cord tumor (%) = 9 (6.9)
- Others (%) = 5 (3.8)

CAFG, completely autologous fibrin glue

Evaluation of the effect of CAFG on bone fusion

To evaluate the effect of CAFG on bone fusion, we investigated the occurrence of implant failure at one year postoperatively in patients aged 25 years or less who underwent primary fusion for idiopathic scoliosis. Implant failure was defined as the loosening of pedicle screws, dislodgment of hooks, or rod breakage. As a control cohort, we extracted the same number of consecutive patients aged 25 years or less undergoing primary fusion for idiopathic scoliosis at our institute just before the introduction of CryoSeal ™ FS System. For assessment of spinal fusion, we utilized plain radiography and regarded implant failure as proof of non-union, because implant failure following fusion surgery is usually a consequence of pseudoarthrosis and we do not routinely take CT for the assessment of bone fusion for avoiding patients’ high radiation exposure. An assessment of implant failure on plain radiography was conducted by two attending spine surgeons. The final decision of the existence of implant failure was made after an agreement from the two surgeons was obtained.

Statistical analysis

The chi-square test was used to compare categorical data. The Student’s t-test was used to compare continuous variables. The kappa statistic was used to verify the interobserver reliability as a reliability analysis for the judgment of implant failure. The threshold for significance was set at p<0.05. All statistical analyses were performed using JMP Pro version 15.0.0 (SAS Institute Inc., Cary, NC, USA).

Results

Demographic data and use of CAFG during surgery

Among the 156 patients whose CAFG had been prepared preoperatively, 131 eligible patients were identified for analysis (Fig. 1, Table 1). The patients comprised 47 men (35.9%) and 84 women (64.1%) with a mean age of 32.3 years. The diagnosis for surgery was a spinal deformity in 92 patients (70.2%), spinal canal stenosis in 25 patients (19.1%), intradural spinal cord tumor in nine patients (6.9%), and others in five patients (3.8%), which included three cases with tethered cord syndrome and two cases with spinal tumors (Table 1). In patients with spinal canal stenosis, decompression with fusion was performed in 21 patients. CAFG has been used most frequently as an adhesive.
for fixation of graft bone (110 patients), which was probably because preoperative autologous blood donation was conducted mainly in patients undergoing fusion surgery (Table 2). CAFG was used as a sealant for CSF leakage in 17 patients, including 10 patients with intentional dural incision and seven patients with incidental durotomy (Fig. 1, Table 2). CAFG was used as a hemostatic agent only in the remaining four patients (Table 2). No patients developed allergic reactions or systemic complications associated with the use of CAFG.

**Incidence of reoperation for wound-related complications**

Wound-related reoperations within postoperative 90 days were identified in four patients, which included two reoperations for deep SSI, one for superficial SSI, and one for postoperative epidural hematoma (Table 2). Three reoperations for SSI occurred in patients whose CAFG was used as an adhesive for graft bone in fusion surgery (Table 2). There was no reoperation required for the management of CSF leakage among 17 patients with dural incision or incidental durotomy, indicating the efficacy of CAFG as a dural sealant (Table 2).

**Assessment of safety for using CAFG**

To assess the impact of CAFG on safety, we compared the incidence of wound-related reoperations in patients aged 25 years or less who underwent primary fusion for spinal deformity with CAFG to that in a control cohort. This was done since, in this study, CAFG was prepared most frequently in adolescent or young adult patients with a diagnosis of spinal deformity. The control cohort was prepared by extracting the same number of consecutive patients undergoing surgery for spinal deformity at our institute just before the introduction of CryoSeal® FS System. We identified 76 eligible cases in the CAFG group, comprising 32 men and 44 women with a mean age of 16.4 years (Table 3). There

**Table 2.** Purpose for Using CAFG during Surgery and Incidence for Wound-related Reoperation within 90 Days following Primary Spine Surgery.

| Purpose for using CAFG                  | Number of patients | Incidence of reoperation (cause for reoperation) (%) |
|-----------------------------------------|--------------------|------------------------------------------------------|
| Fixation of bone graft                  | 110                | 3 (deep SSI: 2) (superficial SSI: 1) (2.7)            |
| Sealant for dural incision              | 10                 | 0 (0)                                                 |
| Sealant for incidental durotomy         | 7                  | 1 (epidural hematoma: 1) (14.3)                       |
| Hemostatic agent                        | 4                  | 0 (0)                                                 |

CAFG, completely autologous fibrin glue; SSI, surgical site infection

**Table 3.** Incidence of Wound-related Reoperations within 90 Days following Primary Posterior Fusion for Spinal Deformity with or without CAFG in Patients Aged 25 years or Less.

|                          | CAFG group | Control group | p   |
|--------------------------|------------|---------------|-----|
| Number of patients       | 76         | 76            |     |
| Male:Female              | 32:44      | 21:55         | 0.06|
| Age, years (mean [SD])   | 16.4 [3.7] | 15.5 [3.4]    | 0.12|
| Body mass index, kg/m² (mean [SD]) | 17.9 [3.6] | 18.2 [3.3]    | 0.55|
| Number of fused vertebrae (mean [SD]) | 11.3 [3.8] | 10.9 [3.1]    | 0.40|
| Cobb angle of major curve, ° (mean [SD]) | 62.3 [24.3] | 59.7 [19.3]   | 0.47|
| Etiology of spinal deformity (%) |               |               | 0.11|
| Congenital or structural | 7 (9.2)    | 4 (5.3)       |     |
| Neuromuscular            | 16 (21.1)  | 9 (11.8)      |     |
| Syndromic                | 11 (14.4)  | 8 (10.5)      |     |
| Idiopathic               | 40 (52.6)  | 55 (72.4)     |     |
| L5 spondylolisthesis     | 2 (2.6)    |               |     |
| Perioperative allogenic blood transfusion (%) | 1 (1.3) | 3 (3.9) | 0.62 |
| Wound-related reoperations within 90 days (%) | 2 (2.6) | 4 (5.2) | 0.68 |
|                          | (deep SSI: 1) | (deep SSI: 3) |     |
|                          | (superficial SSI: 1) | (wound dehiscence: 1) |     |

CAFG, completely autologous fibrin glue; SSI, surgical site infection
was no significant difference in baseline data between the CAFG group and the control group (Table 3). No patients in the control group were treated with commercially available FG during surgery. Wound-related reoperations were identified in two patients (2.6%) in the CAFG group and in four patients (5.2%) in the control group, bearing no significant difference (Table 3). This result suggested that CAFG has no beneficial or adverse effect on wound-related complications, indicating the safety of CAFG.

**Effect of CAFG on bone fusion**

To evaluate the effect of CAFG on bone fusion, we investigated the occurrence of implant failure at one year postoperatively in patients aged 25 years or less who underwent primary fusion for idiopathic scoliosis with CAFG, because implant failure is usually a consequence of pseudoarthrosis. We identified 36 eligible patients with a follow-up period of a minimum one year in the CAFG group; hence, we extracted the same number of consecutive patients undergoing primary fusion for idiopathic scoliosis at our institute just before the introduction of CryoSeal® FS System as a control cohort. No patients in the control group were treated with commercially available FG during surgery. There was no significant difference in baseline data between the CAFG group and the control group (Table 4). Implant failure was identified in three patients (8.3%) in the CAFG group and in two patients (5.6%) in the control group, respectively, bearing no significant difference. Kappa value for the judgment of implant failure between two surgeons was 0.45, revealing moderate interobserver agreement (Table 4). These results suggested that CAFG had no beneficial or adverse effect on spinal bone fusion.

**Discussion**

This study provides two novel pieces of information. First, this study elucidated the clinical feasibility of CAFG in spine surgery. Second, this study investigated the effect of CAFG on spinal bone fusion. There have been only three studies that described the use of CAFG in clinical practice, and all these studies reported the safety and efficacy of CAFG produced by CryoSeal® FS System, although these studies discussed CAFG use in maxillofacial surgery, neurosurgery, or thoracic surgery. Thus, this is the first report that elucidated the feasibility of CAFG in spine surgery.

Although the previous meta-analysis demonstrated that the use of commercially available FG in spine surgery was not associated with the incidence of SSI, concerns about the use of CAFG remain, because the possibility of contamination cannot be ruled out in the process of producing CAFG by CryoSeal® FS System. Conversely, Kinaci et al. demonstrated that the use of dural sealants following craniotomy reduced the risk of SSI in cranial surgery. These ideas and previous findings motivated us to investigate the association between the use of CAFG and the incidence of SSI in spine surgery. Hence, it was noteworthy that we demonstrated the safety of using CAFG during spine surgery (Table 3). However, considering the low incidence of SSI, further investigation with a larger number of cases will be necessary to elucidate the actual relationship between CAFG use and the incidence of SSI.

Regarding the efficacy of CAFG as a sealant following dural incision or incidental durotomy, none of the 17 patients required unplanned reoperation for CSF leakage. Although there have been several previous studies reporting the usefulness of FG as a sealant for CSF leakage, its effectiveness remains controversial. Considering that CSF leakage was identified in 9.1% of the patients treated with commercially available FG for durotomy in the previous meta-analysis, the present study indicates that CAFG can work effectively as a dural sealant to prevent CSF leakage. In the present study, we were unable to draw any conclu-
sion about the efficacy of CAFG as a hemostatic agent because estimation of postoperative blood loss was technically difficult (Table 2). The utility of FG as a hemostatic agent has been reported in many fields, including spine surgery; thus, it is reasonable to assume that CAFG may also work as a good hemostatic agent. However, this hypothesis needs further investigation because CAFG produced by CryoSeal® FS System requires a slightly longer coagulation time (3–4 s) than the commercially available FG.

The present study demonstrated that CAFG had no beneficial or adverse effects on spinal bone fusion. To date, the effect of FG on bone fusion has been controversial. A few animal studies have reported negative effects of FG on bone fusion. Conversely, Santos et al. demonstrated a positive effect of FG on bone formation in a rat calvarial defect model. Furthermore, because FG used in previous animal studies was allogenic, local immunity reaction might affect the process of bone fusion. Therefore, CAFG, which can completely eliminate the effect of local immunity reaction, can potentially positively affect bone fusion; however, there have been no reports investigating the effect of CAFG on bone fusion, even in an animal model. In this respect, the results of the present study are intriguing. However, it would be premature to arrive at the conclusion regarding the effect of CAFG on bone fusion, because the present study is based on the analysis of implant failure detected on plain radiography similar to previous studies instead of directly assessing bone fusion on CT. Although CT is widely accepted as the gold standard for the assessment of bone fusion, it is not recommended to routinely take CT for the assessment of bone fusion, especially in young patients following fusion surgery for idiopathic scoliosis, because CT inevitably causes high radiation exposure in patients. In any case, the present study failed to demonstrate the beneficial effect of CAFG on bone fusion; hence, further investigation, including animal studies or cost-effective analysis, will be necessary to support the use of CAFG in fusion surgery hereafter.

This study had some limitations. First, because the present study was retrospective, there might be some bias in this study. Second, we did not conduct a cost-effectiveness analysis; thus, the actual efficacy of CAFG was not determined. Third, the sample size may not be sufficient to discuss the relatively rare complications, such as SSI, CSF leakage, or pseudoarthrosis.

Conclusions

We demonstrated for the first time the clinical feasibility of CAFG in spine surgery. The use of CAFG was not associated with the incidence of reoperations for wound-related complications. CAFG worked effectively as a dural sealant to prevent CSF leakage. CAFG seemed to have no beneficial or adverse effects on spinal bone fusion.

Conflicts of Interest: The authors declare that there are no relevant conflicts of interest.

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Author Contributions: Y.T. and T.I. designed the study; Y.T., Y.M., T.D., and S.K. analyzed the data; S.T. and H.O. supervised the study; Y.T. wrote the original manuscript; Y.O. and T.I. revised the manuscript.

Ethical Approval: This study was approved by the research ethics committee of the University of Tokyo. (#2674-4, #3312)

Informed Consent: Consent for publication was not required because this study is fully anonymized.

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