Modulation of Shoot Phosphate Level and Growth by PHOSPHATE1 Upstream Open Reading Frame

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Inorganic orthophosphate (Pi) is an essential nutrient for plant growth, and its availability strongly impacts crop yield. PHOSPHATE1 (PHO1) transfers Pi from root to shoot via Pi export into root xylem vessels. In this work, we demonstrate that an upstream open reading frame (uORF) present in the 5’ untranslated region of the Arabidopsis (Arabidopsis thaliana) PHO1 inhibits its translation and influences Pi homeostasis. The presence of the uORF strongly inhibited the translation of a PHO1 5’UTR-luciferase construct in protoplasts. A point mutation removing the PHO1 uORF (AuORF) in transgenic Arabidopsis resulted in increased association of its mRNA with polysomes and led to higher PHO1 protein levels, independent of Pi availability. Interestingly, deletion of the uORF led to higher shoot Pi content and was associated with improved shoot growth under low external Pi supply and no deleterious effects under Pi-sufficient availability. We further show that natural accessions lacking the PHO1 uORF exhibit higher PHO1 protein levels and shoot Pi content. Increased shoot Pi content was linked to the absence of the PHO1 uORF in a population of F2 segregants. We identified the PHO1 uORF in genomes of crops such as rice (Oryza sativa), maize (Zea mays), barley (Hordeum vulgare), and wheat (Triticum aestivum), and we verified the inhibitory effect of the rice PHO1 uORF on translation in protoplasts. Our work suggests that regulation of PHO1 expression via its uORF might be a genetic resource useful—both in natural populations and in the context of genome editing—toward improving plant growth under Pi-deficient conditions.

Phosphorus (P) is one of the most important elements limiting plant growth, and success in obtaining high crop yield is often dependent on the use of fertilizers containing inorganic orthophosphate (Pi; Roy et al., 2016). However, relying on Pi fertilizers to maintain or increase crop yield to meet the needs of a growing population will be challenging, since P-rich rocks are a finite nonrenewable resource and Pi overuse leads to environmental problems such as eutrophication (Sattari et al., 2016). There is thus a need to increase the ability of plants to better acquire Pi from the soil and optimize its internal use to achieve high yield with lower fertilizer input.

Pi deficiency induces broad changes in gene and protein expression, leading to a series of developmental and metabolic adaptations aimed at improving Pi acquisition and use. For example, Pi deficiency leads to changes in root architecture, with a reduction in primary root growth, enhancement of secondary roots, and elongation of root hairs, features that enhance the ability of the root system to explore the soil for nutrients (Gutiérrez-Alanís et al., 2018). Examples of Pi deficiency-induced metabolic changes include a shift from the synthesis of phospholipids to galactolipids in membranes and the secretion of organic acids and enzymes in the root apoplast to help acquire Pi from both organic and inorganic sources (Zhang et al., 2014). Pi-deficient plants typically enhance the expression of high-affinity Pi transporters of the PHOSPHATE TRANSPORTER1 (PHT1) family. The Arabidopsis (Arabidopsis thaliana) genome contains nine PHT1 genes encoding H+/Pi cotransporters (Mudge et al., 2002). Most PHT1 genes are primarily expressed in root epidermal and cortical cells, and several are transcriptionally induced by Pi starvation (Morcuende et al., 2007). PHT1 expression is influenced by several post-transcriptional mechanisms that impact their localization and activity. For example, localization of at least a subset of PHT1 transporters to the plasma membrane is regulated by phosphorylation and interaction with the PHOSPHATE TRANSPORTER TRAFFIC FACILITATOR1 (PHF1; Bayle et al., 2011). PHT1 protein turnover is also controlled by ubiquitination via the E2 conjugase PHOSPHATE2 (PHO2) and the E3 ligase NITROGEN LIMITATION ADAPTATION1 (NLA1) protein (Liu et al., 2012; Huang et al., 2013; Fan et al., 2019). Considering their critical role as the primary transporters...
responsible for the initial uptake of Pi from the soil into plants, modulation of PHT1 expression has been a focus of several studies aimed at improving Pi uptake and use in transgenic plants (Gu et al., 2016).

Following its acquisition by roots, Pi needs to be transported to the shoot. PHO1 is the main root-to-shoot Pi exporter involved in loading Pi into the xylem cells (Hamburger et al., 2002). pho1 mutants thus have low shoot Pi but high amounts of Pi in roots. PHO1 expression is under the partial control of the WRKY6 and WRKY42 transcription factors, which act as repressors (Chen et al., 2009; Su et al., 2015). PHO1 is only weakly regulated at the transcriptional level by Pi deficiency, while its protein stability is controlled by ubiquitination via PHO2 (Liu et al., 2012). PHO1 protein has a N-terminal hydrophilic region containing a Pi-deficiency starvation response, leading to reduced growth associated with excessive shoot Pi content (Åung et al., 2006; Bari et al., 2006). PHO1 protein has a N-terminal hydrophilic region containing a SPX domain, a middle region with four transmembrane α-helices, followed by another hydrophobic region harboring an EXS domain (Wege et al., 2016). The SPX domain of PHO1 is involved in binding inositol polyphosphates, the concentrations of which change in response to Pi availability (Wild et al., 2016; Jung et al., 2018). pho1 null mutants exhibit the typical features associated with strong Pi deficiency, including poor growth (Poirier et al., 1991). While low shoot Pi in pho1 was initially thought to be the main cause of its stunted growth, transgenic plants with low expression of PHO1 showed normal growth despite having low shoot Pi content similar to that of pho1 null mutants (Rouached et al., 2011). Interestingly, root expression of the PHO1 EXS domain alone, which lacks Pi transport activity, was enough to rescue the stunted shoot growth of pho1 mutants, despite shoot Pi levels remaining low (Wege et al., 2016). Both these studies showed that low Pi content can be dissociated from its main effect on growth and that PHO1 could be involved in modulating the Pi-deficiency signaling cascade and its effect on growth. While ectopic overexpression of PHO1 in leaves has been shown to lead to stunted growth associated with aberrant Pi export in leaf apoplasts (Stefanovic et al., 2011), the effects of enhanced PHO1 expression in its endogenous root tissues have not been studied with respect to Pi homeostasis and growth.

In this work, we demonstrated that the Arabidopsis PHO1 mRNA harbors a small upstream open reading frame (uORF) in the 5′ untranslated region (UTR) that inhibits its translation. A point mutation that removes the uORF (ΔuORF) led to increased PHO1 mRNA translation and protein accumulation. Expression of a PHO1 ΔuORF in the pho1-2 mutant resulted in increased shoot Pi content compared to wild-type plants, without signs of Pi toxicity symptoms. Interestingly, plants with PHO1 ΔuORF grown in Pi-deficient conditions showed improved growth. Increased PHO1 protein levels and higher shoot Pi accumulation were also observed in natural accessions lacking a PHO1 uORF. Furthermore, analysis of a segregating population from a cross between ecotype Columbia of Arabidopsis (Col-0), which contains a uORF, and an accession devoid of uORF (Ice50) supported the conclusion that absence of the uORF leads to enhanced shoot Pi content. Altogether, our results show that the PHO1 uORF can be used as a genetic resource in both natural populations and genetic engineering to modulate PHO1 protein expression and improve Pi acquisition and adaptation to Pi deficiency.

RESULTS

Presence of uORFs in PHO1 Genes in Dicots and Monocots

Analysis of PHO1 5′ UTR sequences revealed that uORFs are readily found in PHO1 transcripts of several dicots and monocots, including Arabidopsis (AtPHO1) and its close relative Brassica oleracea (BoPHO1), as well as in barley (Hordeum vulgare; HvPHO1), rice (Oryza sativa; OsPHO1.2), wheat (Triticum aestivum; TaPHO1), and maize (Zea mays; ZmPHO1.2a; Fig. 1A; Supplemental Dataset S1). These uORFs vary in both size and position relative to the main ORF (mORF) start codon. The PHO1 5′ UTRs in rice, barley, and wheat all have a diminutive AUG-STOP uORF –100 nucleotides upstream of the mORF. In contrast, maize and Arabidopsis both have a long and a short uORF, while Arabidopsis has a single short uORF. In both maize and Arabidopsis, a uORF overlaps with the mORF, with the stop codon being four nucleotides downstream of the mORF AUG (Fig. 1A).

Ribosomes encountering a uORF can (1) translate the uORF and stall, triggering mRNA decay; (2) translate the uORF and then reinitiate to translate the downstream ORF; or (3) simply skip the uORF (Orr et al., 2019). The effect of a uORF on translation of the mORF depends on factors such as uORF context (including the strength of the Kozak sequence), conservation, distance from the cap and the mORF, and number of uORFs in the 5′ UTR (Calvo et al., 2009). Interestingly, for the PHO1 gene set analyzed, the Kozak strength was weak for all uORFs but strong for the mORF (Fig. 1A), suggesting that the mORF may be more translationally active and the uORF may have a more limited effect on translation efficiency.

PHO1 uORF Inhibits Translation

To gain insight into the translational efficiency of AtPHO1, we analyzed its polysome association and transcript levels across several experimental conditions (Fig. 1B) using a previously published dataset (from supplemental table S1 of Deforges et al., 2019a). Highly abundant transcripts that are also found at high protein abundance, such as actin (ACT2) and ubiquitin (UBQ10), showed good association between transcript
and translation. On the other hand, both *AtPHO1* and its closest homolog, *AtPHO1;H1*, showed transcript levels in a moderate range relative to other mRNAs, while their polysome associations were among the 20% most poorly associated transcripts, suggesting a low translation efficiency. Similar poor translation efficiency has been reported for the rice *OsPHO1.2* (Jabnoune et al., 2013). To examine whether the uORFs found in *AtPHO1* and *OsPHO1.2* could influence translational levels of a heterologous gene in Arabidopsis and rice, respectively,

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**Figure 1.** *PHO1* transcripts harbor an inhibitory uORF. A, Schematic of the *PHO1* 5′ UTR in various plant species. 5′ UTRs (black line) and associated uORFs (red bars) are shown to scale. The beginnings of mORFs are shown in blue. Kozak sequence strength associated with the AUG start codon (uORF and mORF) is indicated (Kozak, 1986; Orr et al., 2019). uORF Kozak regions are in dotted boxes. Sequences (GenBank no., species) were obtained for *AtPHO1* (NM_113246, Arabidopsis), *BoPHO1* (XM_013762946, *B. oleracea*), *HvPHO1* (AK364904, *H. vulgare*), *OsPHO1.2* (XM_015770667, *O. sativa*), *TaPHO1* (AK331635, *T. aestivum*), and *ZmPHO1.2* (XM_008680959, *Z. mays*). B, Relationship between polysome association and transcript level for the Arabidopsis transcriptome. The data were obtained from supplemental table S1 of Deforges et al. (2019a) and represent mean values across several experimental conditions, i.e. Pi deprivation; treatment with auxin (indole acetic acid), abscisic acid, methyl-jasmonate, and the ethylene precursor 1-aminocyclopropane-1-carboxylic acid; and comparison between root and shoot. Indicated genes are *PHO1*, *PHO1;H1*, *ACT2*, and *UBQ10*. C and D, Relative luminescence in transfected protoplasts (*n* = 6 biological replicates); the associated uORF is depicted with a red bar. Luminescence values produced in Arabidopsis (C) and rice (D) protoplasts, from the expression of nLuc fused to either Arabidopsis *PHO1* 5′ UTR (C) or rice *PHO1.2* 5′ UTR (D), were normalized against luminescence from Fluc. Both nLuc and Fluc luciferase genes were expressed from the same plasmid.
we fused the 5’ UTRs of each gene, including the entire uORF sequences, to a nano-luciferase gene (nLuc) and compared the effect of point mutations removing the uORF in transfected protoplasts (Fig. 1, C and D). The AUG to UUG mutation in the AtPHO1 uORF start codon resulted in a 20-fold increase in relative luminescence in Arabidopsis protoplasts, while a similar mutation in the OsPHO1.2 uORF start codon resulted in a 7-fold increase in rice protoplasts, without significant changes in nLuc mRNA levels (Supplemental Fig. S1). Altogether, these results indicate that the uORFs present in the rice and Arabidopsis PHO1 5’ UTRs act as translation inhibitory elements.

To study the putative inhibitory effect of PHO1 uORF on Pi homeostasis, we focused on the well characterized Arabidopsis PHO1. Its uORF codes for a four-amino acid peptide (MRRW) overlapping with the mORF’s AUG (Fig. 2A). We transformed the pho1-2 null mutant with a construct containing ~6.5 kb of genomic PHO1 (1 kb of promoter region and the entire coding sequence) fused at the C terminus to a human influenza hemagglutinin (HA) tag (referred to as wild-type uORF), as well as a similar construct harboring an AUG to UUG point mutation in the uORF start codon (ΔuORF). Both wild-type and ΔuORF constructs complemented the pho1-2 growth phenotype associated with Pi deficiency (Supplemental Fig. S2). We then analyzed the effect of the uORF mutation on translation efficiency of PHO1 mRNA (Fig. 2B). We observed that the wild-type PHO1 transcript is poorly associated with ribosomes (monosomes and polysomes) and at least two-thirds of its transcript pool appear not engaged in translation. While the ΔuORF transcript showed a substantial increase in polysomal association compared to the wild type, the overall PHO1 transcript pool remained poorly associated with ribosomes. Importantly, PHO1 transcripts were at wild-type levels in all transgenic lines analyzed (Fig. 2C), indicating that ΔuORF point mutants retain wild-type mRNA stability. The observed increases in translation efficiency in plants lacking PHO1 uORF, without changes in transcript levels, were further confirmed by increased protein levels in plants expressing ΔuORF, as compared with the wild type (Fig. 2D). PHO1 protein was higher in ΔuORF plants growing under standard and low Pi concentration, indicating that the uORF inhibits PHO1 translation in a Pi-independent manner.

**PHO1 uORF Deletion Enhances Shoot Pi Accumulation and Improves Growth under Pi Deficiency**

To test whether the increased level of PHO1 in plants expressing the gene with a mutated uORF affects Pi homeostasis, we analyzed Pi content in shoots of pho1-2 lines transformed with the ΔuORF and wild-type uORF constructs, grown in fertilized soil (Fig. 3A). As expected, the pho1-2 mutant showed low levels of Pi in the shoot, while pho2 showed about three times more shoot Pi than Col-0 wild type plants. Transgenic pho1-2 lines expressing the wild-type uORF transcript showed Pi levels similar to that of Col-0. In contrast, lines expressing the ΔuORF transcript showed an ~1.7-fold increase in shoot Pi content relative to Col-0. As
previously reported for both mutant lines (Poirier et al., 1991; Bari et al., 2006), pho1-2 and pho2-1 mutants showed strong and mild reduction, respectively, in shoot growth compared to Col-0, while transgenic pho1-2 lines expressing either the wild-type uORF or ΔuORF PHO1 transcript showed shoot growth similar to Col-0 control plants (Supplemental Fig. S2).

We next tested the effect of higher PHO1 protein levels on growth under Pi-deficient conditions. Plants were grown in fertilized clay until the four-rosette-leaf stage, after which they were transferred to either high- or low-Pi conditions and further cultivated for 5 weeks, until inflorescence emergence. Under low Pi conditions, PHO1 uORF deletion resulted in plants with approximately twice the shoot mass of those carrying the wild-type PHO1 uORF, either in the transgenic pho1-2 background or in Col-0 (Fig. 3B and C). In contrast, plants growing on high external Pi showed no significant differences in shoot mass, except for reduced growth of pho1-2 mutant. Interestingly, shoot Pi content was significantly higher in transgenic plants expressing ΔuORF PHO1 transcript in both the low- and high-Pi treatments than in plants expressing a wild-type PHO1 transcript (Fig. 3D). However, root weight and root Pi accumulation were similar in plants expressing PHO1 with or without the uORF (Supplemental Fig. S3). The improved shoot growth of plants expressing the ΔuORF PHO1 transcript was not accompanied by changes in gene expression of phosphate starvation markers (Supplemental Fig. S4). These results show that a deletion of the uORF in PHO1 improves growth of plants undergoing Pi deprivation mainly by enhancing the transfer of Pi from soil to shoot.

Lack of PHO1 uORF in Natural Accessions Is Associated with Higher Shoot Pi Levels

To look at the extent of the presence of PHO1 uORF in natural populations of Arabidopsis, we retrieved the 500-nucleotide sequences centered around the PHO1 5′ UTR from all available accessions (854 in total, as per December 2015) and aligned them against Col-0 as reference (Fig. 4A; Cao et al., 2011). Single-nucleotide polymorphisms (SNPs) could be found throughout the 500-nucleotide region, but mostly at very low frequency. However, a few nucleotides and/or regions exhibited relatively higher SNP frequency, including
nucleotides within the uORF. Surprisingly, the uORF appears to be a region, rather than isolated nucleotides, of high variability across natural accessions. Indeed, three sequential uORF nucleotides (of its 15 nucleotides) showed high SNP frequency, and unexpectedly, the adenine of the mORF’s AUG start codon was among those nucleotides (Fig. 4B), indicating that in many accessions PHO1 mRNA is translated from an alternative start codon. We also observed that all accessions harboring a uORF SNP have deletions, and often a given accession has more than one SNP: one accession had four deletions, 67 had three deletions, 10 had two deletions, and eight had one deletion (Supplemental Dataset S2). Thus, a total of 86 accessions have at least one SNP within the PHO1 uORF, corresponding to ~10% of all analyzed accessions.

Most of these, however, retained the uORF either because they lack a nucleotide triplet (67 accessions had a three-base deletion), and hence the uORF maintains its frame, or because the uORF is extended to a downstream stop codon. Only eight of these 86 accessions lost the uORF, and that occurred by the same process: deletion of two nucleotides resulting in translational “fusion” of the uORF AUG with the mORF, which coincided with the loss of the mORF’s AUG in three accessions (Table 1). Therefore, the PHO1 uORF is absent in 0.9% of all accessions analyzed.

Given the availability of natural accessions lacking the PHO1 uORF, we compared them with randomly selected accessions that have a uORF. Accessions with the PHO1 uORF showed shoot Pi content similar to that of Col-0, with the exception of lower content in Ler-0.
The ATG start codon of the \textit{PHO1} mORF in Col-0 is shown in upper case letters.

| Accession | \textit{PHO1} uORF |
|-----------|-------------------|
| Col-0     | atgcgcgATG        |
| Ice-50    | atggcac-TG        |
| Vim-0     | atgcgcg-TG        |
| Hht-2     | atgagca-ATG       |
| Card-0    | atgcag-ATG        |
| Mos-1     | atgca-ATG         |
| Nicas-1   | atgcga-ATG        |
| Pna-3     | atgcga-ATG        |
| Pt-0      | atgcga-g-TG       |

(\text{Fig. 4C}). Strikingly, all accessions lacking the \textit{PHO1} uORF showed higher Pi content in the shoot compared with Col-0. On average, absence of the uORF resulted in an ~30% increase in shoot Pi relative to the average content in accessions with the \textit{PHO1} uORF (\text{Fig. 4D}), suggesting a positive correlation between lack of uORF and Pi accumulation in shoot tissue. \textit{PHO1} mRNA levels were found to be similar in selected accessions (\text{Fig. 4E}), although protein levels were higher in accessions lacking the uORF as compared with those that have the \textit{PHO1} uORF (\text{Fig. 4F}). These results indicate that the higher levels of \textit{PHO1} associated with the absence of uORF in certain Arabidopsis accessions result in increased amounts of Pi in shoots.

Lack of \textit{PHO1} uORF and Its Associated Higher Shoot Pi Is Inheritable

Arabidopsis accessions exhibit a large number of SNPs that can be translated into phenotypical and environmental adaptation heterogeneity (Alonso-Blanco et al., 2016). To untangle the contribution of SNPs within the \textit{PHO1} uORF from other SNPs across the genome that might also play a role in Pi homeostasis, we crossed Col-0 (uORF present) with the Ice-50 (also referred to as Toufl-1) accession (uORF absent) and analyzed the F2 segregating population (\text{Fig. 5A}). Col-0 and Ice-50 uORFs differ by two nucleotides, placing the uORF’s AUG in frame with the \textit{PHO1} coding sequence in Ice-50, thus eliminating the uORF in this ecotype (\text{Fig. 5B}, top). In order to genotype the F2 population, we sequenced the \textit{PHO1} uORF of each individual plant of a total of 82 segregants, using conventional Sanger sequencing of PCR products. Unambiguous results matching the Col-0 or Ice-50 uORF sequence were assigned as homozygous (uORF\textsuperscript{Col-0}/Col-0 and uORF\textsuperscript{Ice-50}/Ice-50), while heterozygous uORFs (uORF\textsuperscript{Col-0/Ice-50}) were assigned to sequencing spectra showing overlapping peaks at the precise position where Col-0 and Ice-50 differ (\text{Fig. 5B}, bottom). We identified 17 uORF\textsuperscript{Col-0}/Col-0, 23 uORF\textsuperscript{Ice-50}/Ice-50, and 42 uORF\textsuperscript{Col-0/Ice-50} plants in the F2 population, indicating Mendelian segregation ($\chi^2 = 0.93$, degree of freedom = 1). Shoot Pi content was measured for each genotyped F2 segregant, as well as for the Col-0 and Ice-50 parental accessions (\text{Fig. 5C}). uORF\textsuperscript{Col-0/Cold} and uORF\textsuperscript{Ice-50/Ice-50} homozygous plants showed shoot Pi content similar to that of the corresponding parental lines, while uORF\textsuperscript{Col-0/Ice-50} heterozygous showed an intermediate accumulation of Pi. Although Col-0 and Ice-50 may exhibit a large number of SNPs, these results demonstrated that higher shoot Pi levels are linked to SNPs within the \textit{PHO1} uORF. In agreement with increased \textit{PHO1} protein in the absence of the uORF and its effect on shoot Pi accumulation, we observed a dose-dependent increase in shoot Pi, with the lowest levels seen in uORF\textsuperscript{Col-0/Col-0} intermediate levels in uORF\textsuperscript{Col-0/Ice-50}, and highest levels in uORF\textsuperscript{Ice-50/Ice-50}. Altogether, our results support a model in which shoot Pi content correlates with \textit{PHO1} levels (\text{Fig. 5D}).

DISCUSSION

Translation of uORFs is most commonly associated with a reduction of translation of the mORF, as a result of reduced ribosome (re)initiation at the downstream mORF start codon. At least one-third of the Arabidopsis transcriptome (>9,000 mRNAs) have one or more uORFs, and their impact on translation regulation can be substantial (Srivastava et al., 2018). Analysis of changes in mRNA translation by ribosome footprinting revealed that ~30% of mRNAs translationally regulated by phosphate deficiency in roots have one or more uORFs, and changes in mORF-to-uORF ribosome occupancy were associated with lower translation of the mORF (Bazin et al., 2017). While most uORFs appear to code for small, nonconserved peptides, some uORFs were found to be evolutionarily conserved and could code for functional peptides (Andrews and Rothnagel, 2014). However, only a small fraction of uORF-derived peptides identified by ribosome profiling have been validated by mass spectrometry (Mensaert et al., 2013), suggesting that in many cases ribosome footprinting may indicate ribosome stalling instead of synthesis of functional peptides. In some apparently rare cases, more than one functional protein is coded from a single bicistronic or polycistronic transcript (Mouilleron et al., 2016; Lorenzo-Orts et al., 2019), defying the concept of the uORF as upstream to a main ORF. In addition to playing a role in translation, uORFs are also involved in nonsense-mediated mRNA decay, a surveillance pathway involved in the degradation of aberrant transcripts with premature stop codons.

The Arabidopsis \textit{PHO1} contains a uORF that overlaps, in a different reading frame, with the mORF. Overlapping uORFs are often more repressive than those with an upstream stop codon, because they hinder the possibility of a ribosome translating the uORF to reinitiate translation at the start codon of the mORF (Yun et al., 2012; Torrance and Lydall, 2018). The \textit{PHO1} uORF has a weak Kozak context, and thus, leaky scanning is likely to be the main mechanism by which \textit{PHO1} mORF is translated. Protoplast transformation...
using the PHO1 5’ UTR fused to a dual luciferase system showed that mutation of the PHO1 uORF resulted in a pronounced translation enhancement, revealing the potential of the uORF to inhibit translation. In transgenic plants, mutation of the uORF enhanced the association of PHO1 mRNA with polysomes, leading to enhanced protein synthesis. However, a large fraction of PHO1 mRNA remained poorly associated with ribosomes, indicating that there might be an element(s) within PHO1 mRNA other than the uORF that limits its translation. The PHO1 uORF codes for a four-amino acid peptide (MRRW), which is too short for a meaningful conventional search for conservation and putative function and is below the minimum size of most known functional peptides. Thus, it is unlikely that the uORF-coded peptide is required for translation inhibition of PHO1. In addition, it is also unlikely that nonsense-mediated mRNA decay is involved in this process, because we found no evidence of mRNA decay in transcripts with or without the PHO1 uORF, including in protoplasts, transgenic lines, and natural accessions.

Translation efficiency of uORFs largely defines their translation inhibition on the mORF, and this process is regulated by their sequences, but can also be modulated by stress conditions and, in some cases, specific metabolites. Examples of the latter modulation include regulation of the uORF that impacts translation of mRNA encoding phosphoethanolamine-aminomethyltransferase by phosphocholine (Alatorre-Cobos et al., 2012), S-adenosyl-Met decarboxylase by polyamine (Hanfrey et al., 2005), the ZIP11 transcription factor by Suc (Wiese et al., 2004), and GDP-L-Gal phosphorylase by ascorbate (Laing et al., 2015). Metabolite-dependent uORF inhibition of mORF also plays an important role in boron homeostasis, as NIP5;1 and BOR1 boron transporter mRNAs are regulated by uORF in a boron-dependent manner. Boron is an essential element for plants, but toxic at high concentrations (Reid et al., 2004). Both NIP5;1, a boric acid channel essential for its uptake from soil, and BOR1, a borate exporter that facilitates its root-to-shoot translocation, are translationally modulated by a uORF in a boron-dependent manner (Tanaka et al., 2016; Aibara et al., 2018). To our knowledge, Pi-dependent regulation of mORF translation via a regulatory uORF has not yet been described. Although mutation of an uORF present in the rice NLA1 5’ UTR was recently shown to increase expression of a reporter gene in a Pi-dependent manner, it is unclear whether the effect was transcriptional or translational (Yang et al., 2019). Transgenic plants expressing the PHO1 ΔuORF transcript showed increased PHO1 protein without changes in the steady-state mRNA level in both standard and Pi-depriving conditions, suggesting that PHO1 uORF is not regulated by low Pi in Arabidopsis. Whether toxic levels of Pi could affect uORFs is elusive, as observed in...
boron homeostasis, particularly because plants tolerate many orders of magnitude more Pi than boron.

The PHO1 uORF(s) is readily found in monocots and dicots, although its overall structure, position, and potential peptide encoded are not conserved. However, it is striking that an AUG-STOP uORF is found at approximately the same location, relative to the AUG in the mORF, in the 5’ UTR of PHO1 in more phylogenetically related rice (OsPHO1.2), barley (HorvPHO1), and wheat (TaPHO1), in contrast to the divergent uORF found in the more distantly related maize (ZmPHO1.2a). This suggests that there might be an evolutionary constraint on the PHO1 uORF in grasses, further indicating a conserved putative function.

This study shows that removal of the Arabidopsis PHO1 uORF, either via mutagenesis in transgenic plants or naturally in various accessions, increases PHO1 protein expression and results in higher Pi accumulation in shoots. Importantly, enhanced PHO1 expression and higher shoot Pi observed in transgenic plants led to improved growth of plants under Pi-deficient conditions. This contrasts with the pho2 mutant, which has a constitutively active Pi-deficiency signal transduction pathway, overexpresses both PHT1 and PHO1 proteins, and has a Pi-toxicity phenotype (Bari et al., 2006; Liu et al., 2012). uORF disruption appears to have an overall very specific impact on plants, because despite the abundance of uORFs in plant genomes, very few examples of the deleterious impact of uORF disruption on plant development and physiology have been shown. These include the negative effect on growth of uORF disruption in the adenosyl-Met decarboxylase gene (Hanfrey et al., 2005) and the pleiotropic effects of overexpression of the transcription factor HB1, caused by uORF deletion, on hypocotyl, leaf, and flower development (Ribone et al., 2017).

Improvement of plant tolerance of Pi deficiency is an important goal in the quest to maintain high crop yields under reduced fertilizer input. Numerous studies have focused on overexpression of the primary Pi-H^+ cotransporters encoded by the PHT1 family, with limited success (Gu et al., 2016). Indeed, overexpression of rice PHT1 has often been associated with Pi-toxicity symptoms, which negatively impact growth (Jia et al., 2011; Wang et al., 2014). Such undesirable phenotypes may be associated with the use of strong constitutive promoters, such as CaMV35S and Ubiquitin, which enhance PHT1 expression ectopically. Overexpression of genes encoding central transcription factors involved in Pi-deficiency signal transduction, such as PHOSPHATE STARVATION RESPONSE1 (PHR1) in Arabidopsis and PHOSPHATE STARVATION RESPONSE2 (PHR2) in rice, also leads to Pi-toxicity symptoms and decreased plant growth (Nilsson et al., 2007; Zhou et al., 2008).

Lack of the PHO1 uORF in some natural Arabidopsis accessions, associated with increased shoot Pi, suggests that regulation of PHO1 via its uORF might be a genetic resource for plants to cope with an unreliable availability of Pi in the soil. We envisage that a beneficial impact of the increased expression of PHO1 via mutation of its uORF might be obtainable with other plant species, in particular crops, either through conventional breeding using natural accessions lacking an uORF or with the aid of genome editing tools (Zhang et al., 2018).

**MATERIAL AND METHODS**

**Plant Material, Growth Conditions, and Constructs**

Null mutants pho1-2 and pho2-1 have been previously described (Poirier et al., 1991; Delhaize and Randall, 1995). Natural accessions were obtained from the Nottingham Arabidopsis Stock Centre: Hbt-2 (N76899), Ice-50 (N76348, also referred to as Tou1-1), Cad-0 (N76739), Mos-1 (N77108), Vim-0 (N78844), Nicas-1 (N77127), Pna-3 (N77184), Pt-0 (N78915), Lev-0 (N77200), Phw-2 (N77173), Sig-1 (N77843), Rei-0 (N77238) and Rmx-3 (N77219). An ~6.5 kb genomic sequence of PHO1 locus (~1 kb upstream of the transcription start site and ~5.5 kb of coding sequence until the last nucleotide before the translation stop codon) was PCR-amplified using a reverse oligo containing a sequence for the HA epitope, thus introducing a C-terminal HA tag to PHO1. An ATG-to-TTG point mutation was introduced via overlapping PCR to modify the PHO1 uORF start codon, using the cloned wild-type PHO1 pENT vector as template. Both unmodified (wild-type uORF) and mutated (ΔuORF) pENT-cloned sequences were LR-recombinated into the pFASTRI Integer designation vector (Shimada et al., 2010). The final constructs were introduced into Agrobacterium tumefaciens GV3101 and used to transform the pho1-2 mutant. The list of primers can be found in Supplemental Table S1.

**Protoplast Transformation and Luminescence Analysis**

Plasmids used for protoplast transfection have been previously described and validated for translation assay (Deforges et al., 2019a, 2019b). The dual luciferase system was modified to express either the Arabidopsis (Arabidopsis thaliana) or rice (Oryza sativa) PHO1 5’ UTR fused to mLuc, while firefly luciferase (Fluc) was expressed from an independent promoter and used as the loading control.

Arabidopsis protoplasts were produced and transformed as previously described (Yoo et al., 2007). In brief, wild type Col-0 plants were grown on soil in a short photoperiod (8 h light and 16 h dark at 21°C) for 4 to 5 weeks and leaves were cut with razor blades to produce 0.5- to 1-mm leaf strips. These were submerged in enzyme solution (1% [w/v] cellulase, 0.25% [w/v] macerozyme, 0.4 mM mannitol, 20 mM KCl, 20 mM MES, 10 mM CaCl_2), vacuum infiltrated, and incubated at room temperature for 2 h. Protoplasts were harvested by centrifugation at 100 g for 5 min, washed with W5 solution (154 mM NaCl, 125 mM CaCl_2, 5 mM MgSO_4, 1 mM MES [pH 5.7]) and resuspended in MMG solution (4 mM MES [pH 5.7], 0.4 mM mannitol, and 15 mM MgCl_2) at 1 × 10^6 protoplasts/mL. Protoplast transformation was performed by combining ~1.5 × 10^5 protoplasts, 5 μg of plasmid, and polyethylene glycol (PEG) solution (40% [w/v] PEG4000, 0.2 mM mannitol, and 100 mM CaCl_2). After replacing PEG solution with W5 solution by consecutive washings, protoplasts were kept in the dark for ~16 h at 21°C.

Rice protoplasts were isolated and transformed as previously described (Zhang et al., 2011). Briefly, rice seeds were surface sterilized with 0.05% (w/v) Tween-80 and 7% (v/v) hypochlorite solution for 3 min. Rice seeds were washed with sterile water, and germinated on water-soaked paper in a magenta box at 28°C for 7 d in the dark, then 3 d under a 12-h light/12-h dark cycle. The stems and sheaths of seedlings were cut into small strips (~0.5 mm) and incubated in solution containing cell wall-digesting enzymes (1.5% [w/v] cellulase RS, 0.75% [w/v] macerozyme R-10, 0.6 mM mannitol, 20 mM MES [pH 5.7], 20 mM KCl, and 10 mM CaCl_2) for 3 to 5 h in the dark with gentle shaking. The released protoplasts were collected and washed with W5 solution, pelleted again and resuspended in MMG solution before PEG-mediated transfection. Protoplast transfection was performed by combining ~10^5 protoplasts, 5 μg of dual luciferase plasmid, and PEG solution. After replacing PEG solution with W5 solution by consecutive washings, protoplasts were kept in the dark for ~16 h at 21°C.

Transformed protoplasts were harvested by centrifugation at 6,000g for 1 min, and resuspended in 1X Passive Lysis buffer (E1941, Promega). The lysate...
was cleared by centrifugation and used for luminescence quantification using the Nano-Clo Dual-Luciferase Reporter Assay System (N1610, Promega). Luminescence values for nLuc were normalized against Fluc. Statistically significant differences (P ≤ 0.05, Student’s t-test) in relative luminescence (nLuc/Fluc) were used to assess cotransfection effects.

### Polysome Fractionation

Arabidopsis roots were frozen, then ground, and the polysomes were extracted essentially as previously described (Mustroph et al., 2009), with minor modifications. Briefly, the powder was resuspended in two volumes of polysome extraction buffer (200 mM Tris [pH 9.0], 200 mM KCl, 1% [v/v] deoxycholate, 25 mM EGTA, 1% [v/v] detergent mix containing equal proportions of Brij-35, Triton X-100, octylphenyl-polyethylene glycol, and Tween 20, 1% [v/v] polyoxyethylene 10 tridecyl ether, 35 mM MgCl₂, 1 mM dithiothreitol [DTT] and 100 µg mL⁻¹ cycloheximide), and incubated on ice for 15 min. The mixture was then centrifuged at 4°C for 15 min at 20,000g, and the supernatant was layered on top of a 10-mL 15% to 60% sucrose gradient containing equal proportions of Brij-35, Triton X-100, octylphenyl-polyethylene glycol, and Tween 20, 1% [v/v] polyoxyethylene 10 tridecyl ether, 35 mM MgCl₂, 1 mM dithiothreitol [DTT] and 100 µg mL⁻¹ cycloheximide), and centrifuged in an SW50.1 rotor for 3 h at 170,000g.

The pellets were resuspended in 10 µL of the same Suc cushion buffer without Suc, and loaded on top of 5-mL 15% to 60% sucrose gradient. RNA was extracted from each gradient using the RNA Clean and Concentrator-25 kit according to the manufacturer’s instructions (R1017, Zymo Research). Reverse transcription quantitative PCR (RT-qPCR) was performed as described above. Polysome association was calculated as the relative proportion of mRNA in each fraction of the gradient, as previously described (Faye et al., 2014).

### RNA Isolation and RT-qPCR

Total RNA was extracted from roots using an RNA purification kit according to the manufacturer’s instructions (PP-210, Jena Bioscience), followed by DNase I treatment. Complementary DNA was synthesized from 0.5 µg of total RNA using M-MLV Reverse Transcriptase (M3681, Promega) and oligo d(T)₁₅ according to the manufacturer’s instructions. RT-qPCR analysis was performed using SYBR Select Master Mix (4472908, Applied Biosystems) with primer pairs specific to genes of interest and ACT2 used for data normalization. Primer sequences are listed in Supplemental Table S1.

### Immunoblot Analysis

For immunoblot using anti-PHO1, we performed the extraction and blotting as previously described (Liu et al., 2012). Briefly, ~0.5 to 1 g of root material was ground in liquid nitrogen and dissolved in protein lysis buffer containing 2% (w/v) SDS, 60 mM Tris-HCl (pH 8.5), 2.5% (v/v) glycerol, 0.13 mM EDTA, and 1% complete protease inhibitor (Roche). Around 50 to 80 µg of total protein was separated in a 4% to 12% gradient SDS-PAGE gel, transferred to a polyvinylidene fluoride membrane, incubated with anti-PHO1 (Liu et al., 2012), and incubated with antirat secondary antibody before chemiluminescence image capture. For immunoblot using anti-HA, total protein was extracted from nitrogen-ground root material using 10 mM phosphate buffer (pH 7.4), 300 mM Suc, 150 mM NaCl, 5 mM EDTA, 5 mM EGTA, 1 mM DTT, 20 µM NaF, and 1% protease inhibitor without EDTA (Roche). Homogenized samples were sonicated for 10 min in an ice-cold bath and lysate was centrifuged at 6,000g for 5 min to remove debris. Supernatant was centrifuged at 21,000g for 1 h and the membrane-enriched pellet was resuspended in 2% (w/v) SDS, 60 mM Tris-HCl (pH 8.5), 2.5% (v/v) glycerol, 0.13 mM EDTA, and 1% complete protease inhibitor (Roche). Around 50 µg of membrane-enriched protein was separated in a 4% to 12% gradient SDS-PAGE gel, transferred to a polyvinylidene fluoride membrane, incubated with anti-HA (3F10 clone, Roche), and incubated with antimouse secondary antibody before chemiluminescence image capture.

### Phosphate Quantification

Quantification of Pi was performed as previously described (Ames, 1966). Shoot or root material was placed in water and at least three freeze-thaw cycles were applied to release the Pi content before quantification by molybdate assay using a standard curve.

### Accession Numbers

Sequence data from this article can be found in the GenBank/EMBL data libraries under accession numbers NM_113246 (AtPHO1), AK331635 (TaPHO1), XM_013796946 (BoPHO1), AK364904 (HvPHO1), XM_015770667 (OsPHO1-2), and XM_008680959 (ZmPHO1-2) and are shown in Supplemental Dataset S1. Sequences (~500 nucleotides) around the PHO1 ATG start codon in various Arabidopsis accessions are shown in Supplemental Dataset S2.

### SUPPLEMENTAL DATA

The following materials are available in the online version of this article.

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**Supplemental Figure S1.** Levels of luciferase transcripts in transfected protoplast.

**Supplemental Figure S2.** Phenotype of Col-0, pho1-2, pho2, and transformants of pho1-2 expressing PHO1 with a wild type and mutated uORF.

**Supplemental Figure S3.** Effect of PHO1 uORF deletion on root and shoot growth and Pi content.

**Supplemental Figure S4.** Effect of PHO1 uORF deletion on the expression of phosphate starvation markers.

**Supplemental Table S1.** Primer list.

**Supplemental Dataset S1.** PHO1 complementary DNA sequence in various plant species.

**Supplemental Dataset S2.** Aligned sequences around the main PHO1 ATG start codon in natural accessions.

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