Potentially toxic metals (PTMs) contamination in the water bodies had been a worldwide challenge. Industrialization and anthropogenic activities have produce and discharge wastes comprising organic and inorganic pollutants into the water resources making them hazardous and threatening human health and the environment. Packaging technology for food and beverages such as juices, milk, and other liquids using paper packets, generally known as Tetra Pak, has resulted in the generation of too much waste in the world in recent decades. On the one hand, it appears that the potential of Tetra Pak industrial waste as biosorbents to remove PTMs such as lead (Pb),Nickel (Ni), and Copper (Cu) from PTMs-artificial contaminated water. Approximately, 0.05 mg/L concentration for Ni, 0.027 mg/L for Pb, and 0.05 mg/L for Cu were artificially added in the water body to assess the adsorption efficacy amended with two samples of waste Tetra Pak OTP (sample product1) and DOTP (sample product 2) as biosorbents. The obtained results showed that the maximum Ni adsorption recovery was received by (83 % with DOTP), Pb 52 % with OTP and Cu 32 % with OTP as bio-sorbent amendments. Overall, the present study indicated that the remove of PTMs from dilute aqueous solutions and using industrial waste material as easily available and low-cost sorbent, that can be successfully used to remove pollutants from multi-metal polluted water.

Keywords: adsorption; tetra pack; potentially toxic metals; polluted water.
tend to collect and get magnified in the food chain. It is therefore necessary to inspect metals at the point of discharge to ensure that they do not enter the aqueous system [4]. To de-polluted water contaminated with PTMs, a variety of physicochemical methods are utilized around the world. These solutions, on the other hand, are fundamentally difficult to apply and are not cost-effective [5]. Biological processes such as bioaccumulation and biosorption have gotten a lot of attention recently due to a variety of benefits, and experts from all around the world have been working to determine the most effective biomass type [6]. Pakistan has a coastline of around 990 kilometers. Out of this, 960 km is largely pollution-free, whereas 30 km of Karachi’s coastal water is heavily polluted from both home and industrial sources. According to a JICA report, about 20% of the city’s annual wastewater is treated, while the rest is dumped untreated into Karachi Harbour and the surrounding coastal areas via the Lyari and Mhler river outfalls. Different industrial units operate in the city are discharging their waste into coastal water [7]. Packaging technology for food and beverages such as juices, milk, and other liquids using paper packets, generally known as Tetra Pak, has resulted in the generation of too much waste in the world in recent decades. Around 312,000 tonnes of these items were found among Europe’s 12 billion tonnes of recycled materials in 2006. On the one hand, it appears that the building of composites from Tetra Pak trash allows for maximum recycling of these materials, while on the other hand, the inclusion of Kraft paper, Al, and polyethylene in the packet composition can improve the functional features of the goods [8].

The word “biosorption” refers to the non-metabolically mediated passive adsorption of metals to living or dead biomass. Because most current methods are ineffective and expensive, particularly when employed to reduce heavy metal ions to low concentrations, novel separation methods are needed to reduce heavy metal concentrations to environmentally acceptable levels at a reasonable cost. Various researchers have investigated a variety of low-cost biomass for mitigating pollution from various sources in various parts of the world. The majority of cellulosic materials tested were shown to be effective heavy metal adsorbents [9]. Traditional methods for the elimination of PTMs ions such as chemical precipitation and membrane filtration are too much expensive when amending at the huge amount of water, useless at low amounts of PTM (incomplete metal elimination) and produce large proportions of sludge and other toxic materials that require careful disposal. Biosorption and bio-accumulation are ecological alternatives. These alternative methods have merits over conservative method [10]. The most abundant biopolymer in nature is cellulose. It is made up of glucose units that are linked together by b-1, 4-glycosidic linkages. The topics covered include washing, drying, and screening processes, as well as chemical treatments such as acid-base treatment and formaldehyde treatment. Although, phosphoration, carboxylation, sulfoethylation, carboxymethylation, and other chemical reactions [11].

The use of paper sludge as an adsorbent raw material has several benefits, including lowering the amount of solid waste produced and the cost of treatment, as well as offering a low-cost adsorbent for heavy metal removal. Because of their high carbon content and cellulose fiber proportion, paper sludge and other organic waste materials from the paper industry could be considered adsorbent materials [12]. A ton of pulp made from recycled paper uses 60% less energy to create than a ton of bleached virgin kraft pulp. PTMs have been dumped in huge quantities in the environment in recent years. Numerous techniques for metal removal from contaminated waters have been developed due to their toxicity [13].

Tetra Pak is a beverage and liquid food system that is commonly used as an aseptic packaging material around the world. This unique packaging technology allows products that were traditionally deemed perishable to be delivered and stored for up to six months or longer without refrigeration - even delicate foods like milk, soy drinks, juice, and nectars. More than 137 billion tetra pak packets were sent around the world in 2007. As a result, the number of trash tetra pak packaging in municipal solid wastes is steadily increasing. That is why, both economically and environmentally, converting discarded tetra pak packages into valuable chemicals or fuels is critical. Tetra pak packaging is made up of three primary materials: dupplex paper about 75%, Al 5%, and low-density polyethylene 20%. Three methods are used to recover the Al and polyethylene layers such as energy generation through incineration, aluminum recovery in pyrolysis ovens, and high-end plastic lumber goods are made by processing a blend of plastic and metal [14]. Therefore, the main aim of present research was to explore the potential of olpers tetra pack (OTP) and dairy omeng tetra pack (DOTP) industrial waste as biosorbents to eliminate PTMs such as lead (Pb), Nickle (Ni) and Copper (Cu) from PTMs-artificial contaminated water. It is hypothesised that the tetra pak industrial waste as biosorbents might be highly effective to eliminate Pb, Ni, and Cu from metal-polluted water.

2. Statement of the problem and its solution. 2.1 Materials and methods. Tetra Pak is made up of 25% LDPE, 70% kraft paper, and 5% aluminium, all of which are laminated in six layers. The tetra pak was stripped of its (Al) foil and plastic, leaving the only paper for the experiment. The paper pulp was washed many times with distilled water until the pH of the supernatant water layer of the pulp was around 6.5 to 7.0, to remove external contaminants such as oil, black ink, and bleeding agent (chlorine dioxide). To penetrate the phosphate into the cellulose matrix, the paper pulp was refluxed with 5.0 percent NaOH for 3 hours using a water condenser. The analysis was carried out on three metals such as, Ni, Pb and Cu.

Lead. 1g-5g of lead nitrate salt was dissolved in 50 ml of water to make a lead stock solution. In 0.5g of sample, 50 ml of each stock standard solution was introduced and allowed overnight for adsorption. The sample was filtered and dried before being used. 50 ml of each sample (filtrate) was placed in a volumetric flask with 2 mL of acetic acid and heated on a hot plate, followed by the addition of potassium dichromate to generate a yellow precipitate of lead chromate. The precipitates were weighed after being dried, filtered, and weighed again. 5 mL nitric acid (HNO3), and 10 mL chloric acid (HClO3) was added to the paper sample and cooked on a hot plate until a clear solution was formed. The final volume was made up to 50ml, then 2ml of acetic acid was added, the solution was heated on a hot plate again, cooled, and potassium dichromate was added to create the precipitate. Adsorbed lead was found in the precipitates.

Nickel. Nickel chloride salt stock standard solutions were made with concentrations ranging from 0.01M to 0.05M. 50ml of each stock standard solution was added to 0.5g of sample and left overnight for adsorption. The sample was filtered and dried before being used. In a volumetric flask, 50 ml of the
A sample (filtrate) was placed and heated to 75 degrees Celsius. 5 mL ammonia was added, then 35 mL DMG was added, and it was placed on a water bath for 15 minutes, after which the precipitate was filtered, dried, and weighed. 5 mL nitric acid and 10 mL chloric acid was added to the paper sample and cooked on a hot plate until a clear solution was formed. The final amount was made up to 50 mL, with 10 mL of ammonia and DMG added before being placed in a water bath. Filtered, dried, and weighed precipitates.

**Copper.** To begin, prepare a copper chloride standard in 250 mL with a concentration range of 0.01–0.05M. In 0.5 g of sample, 50 mL of each stock standard solution was introduced and allowed overnight for adsorption. Filtration and drying were done on the sample. The sample was filtered next day, and the solution was made up to 20 mL with 1 mL NH₄OH, and the absorbance was measured with a spectrophotometer at 610 nm. Digestion of paper was done with 1 mL nitric acid (HNO₃) and 1 mL chloric acid (HClO₃), boiled on a hot plate till 1 mL NH₄OH was added, and makeup to the mark 50 mL with distilled water, and absorbance was measured at 610 nm with a spectrophotometer.

**Statistical analysis.** The data were analysed using Excel 2013 and the graphs were made by using OriginPro software (version 16).

### 2.2. Results and Discussion.

#### 2.2.1. Sample characterization

Three main components are grouped in six layers in Tetra pak packaging materials: duplex paper cellulose fibres 75 %, low-density polyethylene (LDPE) 20 %, and aluminium (Al) 5 %. Cellulosic fibres make up the majority of Tetra pak panels, accounting for 75 %, and LDPE, a thermoplastic substance, makes up the remaining 20 %. Al, which is a metal, is the third component. Even though it is widely known that cellulose fibres make about 75 % of the material, it is not pure cellulose. The kraft process, often called as kraft pulping, is a chemical process that produces the paper used in Tetra pak packaging material. The kraft method is thought to remove more than 95 percent of the lignin in wood. There are still some polyoses like xylose and mannose, as well as some lignin, after the kraft process [15]. The illustrated chemical characteristics of tetra pack packaging material are indicated in (Figure 1).

![Chemical properties of tetra pack packaging material](image)

**Figure 1** – Paper used in tetra pak packaging material chemical characterization [15]

#### 2.2.2. Impact of absorbents on adsorption of potentially toxic metals in water

The initial concentration acts as a powerful driving force, overcoming all adsorbed mass transfer resistance between the aqueous and solid phases [16]. As shown in (Figure 2 a, b, c), the maximum adsorption capacity of Ni in the artificial contaminated water was observed by 0.12 mg/g with application of DOTP as compared with OTP. Because, oxygen-containing cellulose has a higher attractive force, this occurs. Furthermore, greatest the adsorption potential of Pb was noted by 0.000995 mg/g in artificial contaminated water with application of OTP rather the DOTP. Similarly, the highest adsorption capability of Pb in artificial polluted water was found by 0.01003 mg/g amended with OTP as compared with DOPT. It was assumed that DOTP as bio-sorbent has potential to adsorb more Ni in the water bodies, whereas OTP has capability to adsorbed maximum Cu and Pb in the contaminated water, mean while it could might be due to nature and chemical properties of potentially toxic metals in the water bodies.

![Figure 2](image)

**Figure 2** – Adsorption capacity of Ni (a), Cu (b) and Pb (c) in water with application of OPT and DOTP

#### 2.2.3. Recovery of potentially toxic metals in artificial contaminated water

The maximum Ni adsorption recovery in the water body was received by 83% with application DOTP as compared with OTP. While, in case of Pb content in the water body the maximum recovery was observed by 52 % with application of OTP rather than DOTP. Likewise, the greatest recovery of Cu in the water bodies was received by 32 % with application of OTP as compared with DOTP (Figure 3). It is observed that the DOTP has potential to easily recovered Ni from water bodies.
as compared with Pb and/or Cu. However, OPT as additive was found to be highly effective to recover Pb and Cu from aqueous solution as compared with Ni. This recovered metal may be recycled in other processes, making it a very cost-effective commercialization method for any sector. Singh and Ali [3] reported that Cu²⁺, Pb²⁺ and Ni²⁺ were evidently removed from industrial effluents with application of agricultural wastes made biosorbent. Khan et al. [17] stated that the removal capacity of Ni²⁺ and Cu²⁺ in the aqueous solution was observed by 90% with application of biomass and clay materials. Shin [18] revealed that the adsorption of Ni²⁺, Cu²⁺ and Pb²⁺ in the waste water treatment system was observed with application of Hizikia fusiformis made biochar.

Conclusion.
A bio-sorption technique that can successfully applied the living or dead biomass to eliminate the potentially toxic metals viz., Ni, Pb and Cu from polluted water. The waste products from the Tetra pak industry seemed to be sufficient for recovery of Ni, Pb and Cu in the water bodies. The use of tetra pak to Ni, Pb and Cu from industrial water was revealed in this study. In the present work DOPT has potential to recover Ni in the water bodies, whereas OTP was found to be highly effective for recover of Pb and Cu from artificially potential toxic metal polluted water. Gravimetric, traditional digestion, and spectrophotometer methods are used in the research. The pattern of Ni, Pb and Cu removal can be better understood by comparing multiple samples from the same category. Due to the use of traditional methods, there was an error in the expected outcome, and it was difficult to analyse all areas using the same way. Future studies must be focused on conversion of tetra pack waste material to prepare biochar at low or fast pyrolysis temperature for stabilization of pollutant from multi-metal polluted water and soil.

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Conflict of interest
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Загрязнення водоемів потенційно токсичними металами (ПТМ) стало проблемою во всій світовій індустрії. Антропогенна діяльність призводить до створення та спуску відходів, що містять органічні та неорганічні забруднення, у водні ресурси, що шкодить здоров'ю людей і природних екосистем. Технологія упаковки їжі та напоїв, таких як соки, молоко і інші продукти, індустріально відома як Tetra Pak, призвела до збільшення обсягу відходів. На одній зі сторін, видно, що створення композитів з Tetra Pak підтримує максимальну переробку цих матеріалів, а на іншій, включення крафт-бумаги, алюмінію та поліетилену до упаковки може підвищити функціональні властивості упаковки.

Технологія упаковки Tetra pak, складається з трьох різних типів сировини: целюлози (75 %), поліетилену низької плотності (LDPE) (20 %) та алюмінію (5 %). Настоящее исследование направлено на оценку потенциала промышленных отходов Tetra Pak в качестве биосорбентов для удаления ПТМ, таких как свинец (Pb), никель (Ni) и медь (Cu) из искусственно загрязненной этими металлами воды. Приблизительно 0,05 мг/л концентрация Ni, 0,027 мг/л Pb и 0,05 мг/л Cu были искусственно добавлены в воду для оценки адсорбционной эффективности с поправкой на два образца отходов Tetra Pak OTP (образец продукта 1) и Tetra Pak (DOTP) (образец продукта 2) в качестве биосорбентов. Полученные результаты показали, что максимальное восстановление адсорбции Ni было получено (83 % с DOTP), Pb 52 % с OTP и Cu 32 % с OTP в качестве добавок биосорбента. В целом, настоящее исследование показало, что удаление ПТМ из разбавленных водных растворов путем использования промышленных отходов в качестве легко доступного и недорогого сорбента, може быть достаточно эффективным.

**Ключевые слова:** адсорбция; Tetra pak; потенциально токсичные металлы; загрязненная вода.