Mushroom fruiting body yield and morphological characteristics from different strains of *Pleurotus eryngii*

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ABSTRACT

*Pleurotus eryngii* is a new entrant into commercial cultivation, hence the need to optimize factors that affect yield and biological efficiency (BE) during cultivation. Two local isolates/strains, IBK 2032 and 2033, and a commercial strain, 2600, were studied for commercial cultivation suitability. Strain 2032 reached pinning 37.3 ± 0.9 days after inoculation, followed by 2033, 43.2 ± 1.2, and the last 2600 was 57.4 ± 4.8 days. Strains 2032, 2033, and 2600 attained the harvesting stage at 49.2 ± 6.1, 53.1 ± 3.2, and 68 ± 3.4 days, respectively, after inoculation. In fruiting body (FB) yield and BE, strain 2032 had 603.5 ± 9.2 g and 47.5% ± 6.6%, respectively, per bag; strain 2600 gave the least yield and BE. Strains 2032 and 2033 showed individual FB weight distribution values that displayed right-sided asymmetry, with coefficients of 1.73 and 1.31, respectively, whereas strain 2600 had a coefficient of 1.09. The cap diameter was largest in strain 2033 (59.7 mm), and the least (46.4 mm) was in strain 2600. Strain 2032 had the best results among all parameters measured, except for FB height. The results indicated yield, BE, and FB morphological characteristics in the local isolates that could support longer shelf life and consumer appeal.

1. INTRODUCTION

*Pleurotus eryngii* (DC: Fr.) Quél., commonly called king oyster mushroom, has high nutritional and medicinal values and has become a highly valued species among consumers in Europe, Asia, and North America. Commercial cultivation began in Italy in the mid-1970s, and nowadays, it is increasingly cultivated in over a dozen countries worldwide [1]. The attraction to this mushroom is beyond the appearance and large size of the fruiting bodies (FBs). It has twice the amount of crude polysaccharides and fat content as *Pleurotus ostreatus*, a species that is the second most cultivated mushrooms globally [2]. Furthermore, bioactive substances from king oyster FBs have found use in functional nutrition: the addition of this mushroom’s FB powder (15% w/w) to bread dough improved its taste [3]. *Pleurotus eryngii* has medicinal properties. The FB extracts of this mushroom have potent antimicrobial activity against *Escherichia coli*, *Staphylococcus aureus*, *Bacillus subtilis*, and *Candida albicans* [4]. Polysaccharides and proteins in *P. eryngii* tissues have immunomodulating and antitumor properties [5,6].

At present, king oyster mushroom production’s total volume is only 0.3%-0.5% of mushrooms grown in Ukraine. At the same time, buyers are ready to pay three times more than the equivalent amount of champignon or the common oyster mushrooms (*P. ostreatus*). In Portugal, *P. eryngii* commands high consumer preference and price compared to other cultivated mushrooms [7]. It is the same situation in Ukraine. However, the absence of adapted strains and production technologies using local raw materials can limit exotic mushrooms’ mass production. When
cultivated on locally available substrates, the strains that have a high yield and marketable features (consumer appeals) are critical for making a profit in mushroom production. Scientists are actively looking for new and promising *P. eryngii* strains with better marketable features than the existing commercially available ones [8]. Such improved and locally adapted strains are crucial because commercial mushroom production technologies and location vary greatly; strains and species most adapted to particular locations and production technologies differ. In Italy, seven commercial and five wild *P. eryngii* strains were evaluated for various characteristics to determine the strains most suitable for commercial cultivation [8]. In general, the size and shape of FBs are criteria farmers consider when choosing the strain to cultivate, which will give the FBs most suitable for postharvest processing (long shelf life and resilience to mechanical damage during packaging). These are critical factors for transporting and distributing the mushrooms over long distances, including export to foreign countries [8]. In a country like Ukraine, where there is the need to expand *P. eryngii* production, it is critical to have strains most adapted to cultivation on locally available substrates and the prevailing local conditions of commercial exotic mushrooms’ production. Therefore, the purpose of this study was to compare the FB morphological characteristics and productivity of local isolates of *P. eryngii* strains IBK 2032 and 2033 with the commercial strain M 2600.

2. MATERIALS AND METHODS

2.1. Origin of Cultures

The culture of *P. eryngii* M 2600 strain was acquired from Mycelia nv. (https://www.mycelia.be/en/strain-list/m-2600-pleurotus-eryngii), maintained on potato dextrose agar (PDA) media slants, and stored at 2°C–4°C until used. *P. eryngii* IBK 2032 and 2033 strains were isolated from carpophores collected in the wild in the Dneprpropetrovsk and Kharkov regions of Ukraine. Strain 2032 was collected from decaying leaf litter near the base of *Eryngium campestre* L. and 2033 near the thicket of *Ferula communis* L. The strains were identified following the description of Zerova *et al.* [9], and deposited in the IBK Mushroom Culture Collection [10,11]. The cultures were activated and grown on PDA (Difco Cat#: 213400). They were cultured onto new PDA medium plates (90 mm) and incubated for 10 days at 22°C–24°C before use to inoculate sterile grain material to obtain spawn.

2.2. Mycelia Spawn

Spawn was made with barley, wheat, rape, flax, and chalk (CaCO₃) combined in the ratio 60:30:8:1:1. Precooked barley and wheat and presoaked rapeseeds, flax, and chalk were mixed and loaded into polypropylene bags of size 570 × 470 mm, PP75/BEU6/X47-57 (https://saco2.com/shop/zipper-filter/autoclavable-pp-123-c%CB%9A-253-f%CB%9A/pp75beu6x47-57/), and sterilized at 128°C and 1.8 atm for 180 minutes. Upon cooling, the sterile grain mixture was inoculated with the mother spawn (0.5% w/w), and sealed and incubated at 24°C ± 1°C for 8 days before thorough mixing to achieve uniformity. After 11 ± 1 days, the spawn was ready and it was stored in a refrigerator (2°C ± 1°C) until used.

2.3. Substrates

The cultivation substrate was composed of alder (*Alnus glutinosa* (L.) Gaertn) sawdust. The moisture content in the sawdust, wheat bran, and chalk was 10%, 7%, and 5%, respectively. The substrate materials (sawdust, wheat bran, and chalk) were combined in the ratio of 18:17:1, respectively, and the water content was adjusted to 65% [12]. The substrate was packed into polypropylene bags (580 × 490 mm), PP75/BEU6/X47-57 (from Sac02, Belgium). The bags (average weight 3,256 ± 18 g) were sterilized at 121°C ± 1°C and 15 pounds per square inch for 120 minutes. The average weight of the substrate bags after sterilization was 3,249 ± 7 g. The substrate bags were inoculated with spawn (5% w/w), sealed under aseptic conditions, and incubated at 24°C ± 2°C and relative humidity 68% ± 2%.

2.4. Fruiting and Yield Characteristics

At the initiation of fruiting, i.e., when pinheads appeared, the substrate bags were weighed again, and the weight loss in each bag was recorded. The bags were randomly distributed in a grow room with conditions set at temperature 16°C ± 2°C, relative humidity 95% ± 3%, and CO₂ 1,250 ± 150 ppm. At maturity, each bag was opened at the top and the bag’s sides were rolled down to expose about 30% of the total surface area. In the first 5 days of fruiting, illumination was maintained at 150 lux for 8 hours per day, after which daylight (not more than 40 lux) was sufficient until harvest. Data for the following parameters were collected: 1. the number of days from inoculation to pinning, 2. the number of days from inoculation to harvest, 3. the total weight of FBs from each bag, and 4. basidiocarp morphological indexes (BMI) for each mushroom [weight (g), height (mm), stipe diameter (mm), and cap diameter (mm)]. BMI was measured with 25 FBs (five FBs collected from five random bags) and was measured for each strain during each repeat experiment (75 total FBs in the three repeat experiments). The biological efficacy (BE) was calculated using the following formula: the weight of freshly picked mushrooms/substrate weight (dry matter) 100% [12].

2.5. Substrate Analysis

Since the experiment was repeated over three seasons, the substrates were analyzed. Moisture content in the substrate was determined as the difference in weight after drying a 10 g quantity of the substrate to constant weight at 102°C ± 2°C (usually 6–8 hours). The ash content was determined by weighing 3 g of dry milled substrate material into ceramic crucibles of known weights and put in the oven (550°C ± 10°C) for 3 hours and cooled in a desiccator. The leftover material in the crucible was weighed to obtain ash content [13]. Total nitrogen was determined by the Kjeldahl method [14]. The C/N ratio was determined with the formula C/N = 0.52 (100−a)/N, where a is ash content (%), 0.52 is carbon content coefficient [15,16], and N is total nitrogen content (%).

Statistical analysis on the data obtained was carried out on the above parameters with Microsoft Office Excel 2016 MSO (16.0.4266.1001) kod 00339-10000-00000-AA963 and QI Macros superstructure. Statistics on BMI were evaluated with STATISTICA 13.
3. RESULTS AND DISCUSSION

3.1. Substrate Composition
The substrate analysis data from the three repeat tests did not show significant differences in the parameters of moisture contents (Table 1).

Wheat bran-supplemented sawdust substrate was used for this study to compare our results with reports in the literature about the cultivation of P. eryngii (Wanzenbock et al., 2017). The substrate compositions in different seasons had a C/N ratio in the range 45–47, which is optimum for P. eryngii cultivation [17]. Philippoussis et al. [18] noted a positive correlation ($r^2 = 0.98$) between the C/N ratio (within the range of 32.7–59.3) and mushroom yield in P. eryngii. The C/N ratio of 46.86 ± 1.11 found in our substrate is suitable for the cultivation of other Pleurotus species on sawdust substrate [18,19].

3.2. Colonization and Mushroom FB Development
The fastest strain (2032) reached pinning 37.3 ± 0.9 days after inoculation, followed by 2033 (43.2 ± 1.2), and the last was 2600 (57.4 ± 4.8 days). Strains 2032, 2033, and 2600 reached the harvesting stage 49.2 ± 6.1, 53.1 ± 3.2, and 68 ± 3.4 days after inoculation, respectively (Fig. 1).

Single-factor statistical analysis (ANOVA) on the number of days to reach pinning and first harvest indicated no significant difference within the repeat cultivation in each strain, but a significant difference between the three strains tested ($p < 0.01$). Moonmoon et al. [20] used sawdust substrate and reported 27–30 and 39–52 days to pinning and harvest, respectively, during the cultivation of P. eryngii. However, their substrate composition (sawdust, wheat bran, and rice husk) and the strains were different from those used in our experiment. Szarvas and Gyorfi [21] grew P. eryngii isolates using the substrate from birch sawdust supplemented with wheat bran and soybean, and they reported about 60 days to attain the harvesting stage.

3.3. Yield and BE
In general, the maximum average total FB yield from each bag was 565.9 ± 12.3 g in strain 2032, and the least was 312.2 ± 7.8 g in strain 2600 (Table 2). The FB yield in each strain during the three seasons of cultivation indicated slight variations that were not significantly different ($p >0.05$), except in the Oct–Dec 2018 cultivation in strain 2032. The FB yield, which was 603.5 ± 9.2, was significantly different from 568.4 ± 12.6 and 525.8 ± 15.2 obtained during the Feb–Apr 2018 and Jan–March 2019 cultivation seasons, respectively, in strain 2032. However, statistical analyses indicate significant differences ($p = 0.02$) in total FB yield among the three strains tested during each season (Table 2). Similarly, statistical analyses (ANOVA) on BE values indicated significant differences between strains ($p = 0.04$). The highest BE was in strain 2032 (47.5% ± 6.6%), followed by strain 2033 (32.7% ± 3.9%), and the least was in 2600 (25.1% ± 3.2%). The BE

| Parameters               | Mean ± standard error | Feb–Apr 2018 | Oct–Dec 2018 | Jan–Mar 2019 | LCD<sub>95</sub> | p value |
|--------------------------|-----------------------|--------------|--------------|--------------|-----------------|---------|
| Moisture content (%)     | 63.73 ± 0.56          | 63.67 ± 0.27 | 65.13 ± 0.49 | 62.4 ± 1.31  | 2.84            | 0.14    |
| pH                       | 6.42 ± 0.05           | 6.43 ± 0.13  | 6.4 ± 0.05   | 6.43 ± 0.12  | 0.38            | 0.97    |
| Nitrogen total (%)       | 1.08 ± 0.03           | 1.09 ± 0.07  | 1.06 ± 0.02  | 1.10 ± 0.06  | 0.19            | 0.13    |
| Ash (%)                  | 2.43 ± 0.08           | 2.39 ± 0.03  | 2.54 ± 0.24  | 2.35 ± 0.08  | 0.51            | 0.66    |
| C/N ratio                | 46.86 ± 1.11          | 46.17 ± 2.53 | 47.83 ± 0.79 | 45.59 ± 2.62 | 7.45            | 0.85    |

Figure 1: Time to primordia/pinning and FB development in P. eryngii.
values for 2032 and 2033 were 25% and 5% higher than strain 2600 in this experiment, respectively. The BE in all the strains tested were higher than the 20.3 BE reported by Wanzenbock et al. The BE of 2032 and 2033 strains was similar to the report of Sardar et al. [22], who obtained BE values of 35.47 ± 0.76 when P. eryngii was cultivated on a substrate containing sawdust, rice, and wheat straw. The results from strains 2032 and 2033 were lower than those reported by Xie et al. [23], who used different agriculture wastes to obtain BE as high as 36.8% and 52.4%. Nevertheless, higher yield and BE from local isolates 2032 and 2033 could be due to these isolates’ unique genetic backgrounds. Furthermore, evolution/adaptation to prevailing ecogeographic conditions in Ukraine could be responsible for the superior performance of strains 2032 and 2033.

### Table 2: Average FB yield (g/bag ± standard error) from three seasons of cultivation of P. eryngii.

| Strains | Mean weight of bag after inoculation | Mean FB yield in different seasons | LSD<sub>0.05</sub> |
|---------|-------------------------------------|-----------------------------------|-------------------|
|         | Feb–Apr 2018 | Oct–Dec 2018 | Jan–Mar 2019 |               |
| 2600    | 3,412 ± 6  | 289.6 ± 16.0 | 297.4 ± 4.3 | 312.2 ± 7.8 | 30.8 |
| 2032    | 3,414 ± 6  | 568.4 ± 12.6 | 603.5 ± 9.2 | 525.8 ± 15.2 | 37.3 |
| 2033    | 3,408 ± 4  | 396.2 ± 10.3 | 396.2 ± 5.1 | 387.9 ± 10.4 | 23.7 |
| LSD<sub>0.05</sub> | 31.76 | 30.76 | 29.70 |

Mean values with different letters in each column are significantly (< 0.05) different.

### Figure 2:
Shapes of FBs from different strains of P. eryngii: a) strain 2600, b) strain 2033, c) strain 2032, and d) FB diameter.

3.4. Morphological Characteristics

Representative FBs from strains 2600, 2033, and 2032 are shown in Figure 2a, b, and c, respectively. The morphological parameters of FB weight, height, stipe, and cap diameter that were measured indicated significant differences in test strains’ FBs (Table 3).

Seventy-five FBs were collected per strain and analyzed for variations in individual FB weight. In strain 2600, 54 out of 75 FBs had weights that ranged between 25 and 45 g, indicating a
tight peak shown in Figure 3. However, strains 2032 and 2033 gave FBs with higher weights and a wider spread of FB weight across the spectrum. For strains 2032 and 2033, the distribution of values in samples had significant right-sided asymmetry, and descriptive statistical analysis indicated coefficients of 1.73 and 1.31, respectively. The estimation of FBs’ weight in strain 2600 showed the smallest dispersion of results from average and a lower sample asymmetry coefficient of 1.09.

The average height of FBs in strain 2600 was 11 and 14 mm higher than results from strains 2032 and 2033, respectively (Fig. 4). The maximum FB height was 127 mm in strain 2600, the minimum was 40 mm in strain 2033, and the FBs from strains 2032 and 2033 did not exceed 100 mm. The samples’ distribution based on FBs’ height was more uniform and indicated that the asymmetry coefficient did not exceed 0.3 in strains 2032 and 2600; it was below 0.2 in strain 2033.

The largest FB cap diameter (59.7 ± 2.0 mm) was in 2033, and the least (46.4 ± 1.4 mm) was in strain 2600. The highest variation in pileus diameter was found in strain 2033, ranging from 22 to 115 mm. The least cap diameter variations were between 22 and 75 mm in strain 2600 (Fig. 5). Most of the FBs of strains 2032 and 2033 had a cap diameter within the range of 45–65 mm, while those of strain 2600 were within a 30–50 mm diameter. The average FB cap diameter of strain 2600 was 12 and 13 mm less than those of strains 2032 and 2033. The cap diameter range values in strain 2600 were significantly (p < 0.01) different from those in strains 2032 and 2033. The range of variations in cap diameter in all strains tested is in line with the earlier report of Ha et al. [24], who recorded a 59–64.9 mm diameter in the cultivation of P. eryngii.

Strain 2032 had the least stipe diameter (15 mm) and the highest was 61 mm. The stipe diameter of FBs from strain 2600 was from 18 to 50 mm and was on average 4 and 6 mm less than FBs from strains 2032 and 2033, respectively (Fig. 6). Strains 2600, 2032, and 2033 have morphological characteristics comparable to earlier reports of stipe diameters 27–32 mm and cap diameter 53–82 mm [20]. However, the variations in FB morphological parameters during three repeat cultivations could account for the predictability of occurrence in mushrooms’ morphological features in terms of weight, height, cap, and stipe, which are very important in commercial cultivation.

The analysis of the FBs’ morphological parameters determined that commercial strain 2600 had significant differences in all morphological characteristics, FB weight and height, cap, and stipe diameter (p < 0.01), in comparison to local isolates IBK 2032 and 2033. The FBs of strain 2600 had an elongated cylindrical shape compared to the FBs from isolates 2032 and 2033, which showed substantially larger stipe diameters toward the base of the FB.
Figure 4: Variations and distribution of FB height (mm) among *P. eryngii* strains.

Figure 5: Variations and distribution of FB cap diameter (mm) among *P. eryngii* strains.

Figure 6: Variations and distribution of FB stipe diameter (mm) among strains of *P. eryngii*. 
In the morphological characteristics studied, most samples from strains 2032 and 2033 had similar features and characteristics that were, in most cases, different from 2600. About 48% of individual FB weight was between 40 and 80 g, 64% individual FB from both strains had height between 50 and 70 mm, 55% (2032) and 72% (2033) had a cap diameter between 50 and 70 mm, and 82% (2032) and 64% (2033) had a stipe diameter between 20 and 40 mm. In M 2600, 58% FB weighed between 20 and 60 g, 40% between 70 and 90 mm in height, 67% between 20 and 40 mm in cap diameter, and 50% between 40 and 60 mm in stipe diameter. Figs. 3–6 represent low dispersion from average values obtained. The fact that the same substrate was used for cultivation and the fruiting was carried out in the same climate-controlled environment may indicate that the differences between 2600 and the two local strains, 2032 and 2033, are most likely due to inherent genetic traits in the strains tested. This line of thought is supported further by the fact that strains 2032 and 2033 that were collected from the same locality showed no difference in most characteristics studied.

The results obtained from morphological studies could be useful for designing the package’s size to reduce mechanical damage to the delicate FB of the *P. eryngii* mushrooms from strains 2032 and 2033 under commercial cultivation. Such an approach will help to increase the shelf life of mushrooms when they are sold fresh. Furthermore, the wide variation in FB morphological characteristics of strains 2032 and 2033 suggests that making different FB size products, e.g., small, medium, and large FB packages, would benefit marketers of consumer mushroom products.

4. CONCLUSION

This study indicated that the two local isolates IBK 2032 and 2033 outperformed the commercial strain 2600 in all parameters measured, except FB height. The time to first flush harvest in strains 2032 (49) and 2033 (53) was significantly lower than the commercial strain 2600 (68 days). Similarly, BE values in strains 2032 (47.5%) and 2033 (32.7%) were significantly higher (*p* = 0.035) than in strain 2600 (25.1%). Commercial production could exploit the higher variations in FB morphology in strains 2032 and 2033 to generate different consumer products from FBs. Further studies on strains 2032 and 2033 regarding their performance in large-scale production, optimization of substrates’ composition, and growth condition to achieve higher yield are recommended.

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