Research Article

Identification and Quantification of Glucosinolates in Kimchi by Liquid Chromatography-Electrospray Tandem Mass Spectrometry

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A novel and simple method for detecting five glucosinolates (glucoalyssin, gluconapin, glucobrassicanapin, glucobrassicin, and 4-methoxyglucobrassicin) in kimchi was developed using liquid chromatography-electrospray tandem mass spectrometry (LC-MS/MS). The chromatographic peaks of the five glucosinolates were successfully identified by comparing their retention times, mass spectra. The mobile phase was composed of A (acetonitrile) and B (water). As for glucosinolate, the relative quantities were found through sinigrin, and five different compounds that have not been previously discovered in kimchi were observed. Monitoring was carried out on the glucosinolate in 20 kimchis distributed in markets, and this study examined the various quality and quantity compositions of the five components. The glucoalyssin content ranged from 0.00 to 7.07 \( \mu \text{mol/g of DW} \) (average = 0.86 \( \mu \text{mol/g of DW} \)), whereas the gluconapin content ranged from 0.00 to 5.85 \( \mu \text{mol/g of DW} \) (average = 1.17 \( \mu \text{mol/g of DW} \)). The content of glucobrassicanapin varied between 0.00 and 11.87 \( \mu \text{mol/g of DW} \) (average = 3.03 \( \mu \text{mol/g of DW} \)), whereas that of glucobrassicin varied between 0.00 and 0.42 \( \mu \text{mol/g of DW} \) (average = 0.06 \( \mu \text{mol/g of DW} \)). The 4-methoxyglucobrassicin content ranged from 0.12 to 9.36 \( \mu \text{mol/g of DW} \) (average = 3.52 \( \mu \text{mol/g of DW} \)). A comparison of the contents revealed that, in most cases, the content of 4-methoxyglucobrassicin was the highest.

1. Introduction

Glucosinolates (GSLs) are well-known secondary metabolites and are rich in Brassicaceae plants, such as broccoli, all types of cabbages, cauliflower, and Brussels sprouts. More than 132 types of GSLs have been uncovered so far [1]. They share a chemical structure composed of \( \beta \)-thioglycoside \( N \)-hydroxysulfates (also known as \( Z \)-\( N \)-hydroximinosulfate esters or \( S \)-glucopyranosyl thiohydroximates), with a side chain R and a sulfur linked \( \beta \)-D-glucopyranose moiety, and can be divided into aliphatic, aryl, and indole types depending on the primary amino acids. If the cellular structures of Brassicaceae plants are decomposed, GLS is hydrolyzed by inherent myrosinase (EC3.2.1.147), which decomposes the glucose moiety in the main skeleton. The resulting products can give glucose, and unstable aglycone and aglycone can be rearranged into isothiocyanates (ITCs), nitriles, and other products. Breakdown products are different depending on the reaction conditions and each GLS structure, but GLSs with an aliphatic or aromatic side chain at a neutral pH mainly generate ITCs [2]. Most biological activities of GLSs come from the hydrolyzate [3]. Over the past few years, specific degradation products of GLSs have been shown to induce enzyme activity, such as Phase II detoxification enzymes, including quinone reductase, glutathione-S-transferase, and glucuronosyltransferases, and be strong cancer prevention agents in various animal experiments [4–6]. Sulforaphane and other ITCs are also estimated to inhibit the cell cycle, promote apoptosis, and prevent tumor growth [7, 8]. They seem to be effective for colorectal cancer [9], lung cancer [10], and possibly prostate cancers [11] in humans.
Many modern analytical methods, such as HPLC, NMR, mass spectrometry, near-infrared spectroscopy, biosensing [12, 13], and ELISA [14], have been developed. Chromatography is the most widely applied method for the analysis of GLSs. In particular, HPLC with ultraviolet or diode array detection (LC-DAD) [15–19] and LC coupled with mass spectrometry (MS) [20–30] have many applications.

The main ingredient of kimchi is Chinese cabbage, and a GLS content of approximately 8.3 μmol/g dry weight is known to be included in Chinese cabbage [31]. In addition, kimchi is a fermented food that is eaten every day by most Koreans and is increasing consumed around the world, with many studies reporting its efficacy as an anticarcinogenic [32], antioxidative [33, 34], and immune stimulatory activity [34]. However, the GSL content and profile of kimchi, with each GSL from kimchi generating a specific breakdown product that possesses different biological properties, have not yet been studied.

Therefore, this paper analyzed and validated the GLS detected in kimchi and compared it with that of Chinese cabbage to establish an analytical method that is helpful for future research on the biological properties of kimchi. The establishment of this analytical method will help in the study and development of active ingredients of kimchi and will also affect cooked food research on Brassicaceae plants.

2. Materials and Methods

2.1. Standards and Reagents. Sinigrin and DEAE Sephadex A-25 were purchased from Sigma-Aldrich (St. Louis, MO, USA). Sodium acetate (NaC₂H₃O₂⋅3H₂O) was obtained from Hayashi Pure Chemical Industries, Ltd. (Osaka, Japan). HPLC-grade acetonitrile, methanol, and ethanol were purchased from Merck (Darmstadt, Germany). Water was purified using a Milli-Q Rios/Elix water purification system (Millipore, Bedford, MA, USA).

2.2. Extraction of Crude Glucosinolates (GSLs) and Their Desulfation. Kimchi samples purchased from local supermarkets were frozen at −40°C and lyophilized for 48 h. Approximately 100 mg of freeze-dried samples was weighed in 2 mL polypropylene-capped microcentrifuge tubes. After 1.5 mL of 70% aqueous methanol was added, an extract was obtained by sonication for 5 min at 70°C. After cooling, the extract was centrifuged at 12,000 x g for 10 min. The supernatants were removed using a syringe and filtered through a 0.2 μm nylon filter (Waters Associates, Milford, MA). The extraction procedure was repeated two times, and the supernatants were combined. For enzymatic desulfatation of the GSLs, the extract solution was loaded onto a DEAE Sephadex A-25 column and the GSLs were treated in the column with aryl sulfatase (H-1 type from Sigma, St. Louis, MO, USA) followed by the method of Official Procedure ISO 9167-1 (1992) [35]. Briefly, desulfation of the crude GSL extracts was performed using a DEAE anion exchange column, which was prepared by adding a slurry of DEAE Sephadex A-25 that was previously activated with 0.5 M sodium acetate. Five milliliters of a sinigrin solution (0.1 mg/mL) used as an external standard, was separately desulfated using the same DEAE anion exchange column. The crude GSL extracts were loaded onto a preequilibrated DEAE anion exchange column. After washing with 1 mL (×3 times) of ultrapure water to remove cation and neutral ions, 75 μL of aryl sulfatase (E.C.3.1.6.1) was loaded onto each column. Following a desulfuration reaction overnight (16–18 hours) at room temperature, desulfated GSLs were eluted with 0.5 mL (×3 times) of distilled water. The eluate was freeze-dried and stored at −80°C. Prior to HPLC analysis, the residue was dissolved in water and filtered with a 0.45 μm membrane.

2.3. HPLC Analysis. HPLC analysis was performed on an Agilent 1200 HPLC system coupled with a photodiode array (PDA) detector (Agilent Technologies, Waldbronn, Germany). The chromatographic column used was a Inertsil ODS-3 column (150 mm × 3.0 mm, i.d. with 3 μm particle diameter, GL Science, Tokyo, Japan) at 40°C. A mobile phase composed of A (acetonitrile) and B (water) with a gradient elution of 0 min (0% A), 0–2 min (0% A), 2–7 min (0–10% A), 7–16 min (10–31% A), 16–19 min (31-31% A), 19–21 min (31–0% A), and 21–27 min (0–0% A) was used in this study. The sample injection volume was 5 μL, and the flow-rate was set at 0.4 mL/min. Peaks were detected at 227 nm.

To quantify the amount of GLS, we used the standard methods reported by ISO 9167-1 (1992). Briefly, individual GSLs were identified in comparison with the retention time of a sinigrin standard. Quantification of individual GSLs was accomplished using the response factors shown in Table 1. Measurements were performed in triplicate.

2.4. LC-MS/MS Analysis. The MS data were acquired by electrospray ionization (ESI) mass spectrometry with an API 4000 Q TRAP system (Applied Biosystems, Foster City, CA, USA) in positive ion mode ([M+H]+) that was equipped with an Agilent 1200 series HPLC system. The MS operating conditions were as follows: ion spray voltage (5.5 kV), curtain gas (20 psi), nebulizing gas (50 psi), heating gas (50 psi), high purity nitrogen (N₂), heating gas temperature (550°C), declustering potential (100 V), entrance potential (10 V), and spectra scanning range (m/z 100–1000) (scan time 4.8 sec).

3. Results and Discussion

3.1. Identification of Glucosinolates. To understand how kimchi would meet the conditions for GSL analysis, this study carried out an experiment using ISO method 9167-1 (1992). In the experiment, because there are no standardized GSL goods, substances had to be determined according to their retention time, mass spectrum (Table 2, Figures 1 and 2). To

| Compound               | Factors |
|------------------------|---------|
| Glucoalyssin           | 1.07    |
| Glucobrassicin         | 1.11    |
| Glucobrassicin         | 1.154   |
| Glucobrassicanpin      | 0.29    |
| 4-Methoxyglucobrassicin| 0.25    |
Counts versus acquisition time (min)

Counts versus mass-to-charge (m/z)

Glucoalyssin

Counts versus acquisition time (min)

Counts versus mass-to-charge (m/z)

Gluconapin

Counts versus acquisition time (min)

Counts versus mass-to-charge (m/z)

Gluconapin

Counts versus acquisition time (min)

Counts versus mass-to-charge (m/z)

Glucobrassicanapin

FIGURE 1: Continued.
begin, the first substance, which was compound 1, yielded a retention time of 6.42, and mass spectrometry yielded a \( M_{DS} \) of 371 (a molecule with \( SO_3 \) separated). \( M_{DS} + H-162 \), \( M_{DS} + H \), and \( M_{DS} + Na \) turned out to be 210, 372, and 394, respectively, which indicated glucoalyssin. In terms of compound 2, the retention time appeared to be 7.48, and according to results of mass spectrometry, gluconapin was confirmed. \( M_{DS} \) was 293 (\( M_{DS} + H-162 = 132 \), \( M_{DS} + H = 294 \), \( M_{DS} + Na = 316 \)). Regarding compound 3, it had a retention time of 9.84, and in terms of the mass spectrum,
Table 3: Glucosinolate (GSL) content (μmol/g DW) in 20 kimchi samples (n = 3).

| Compound                  | A     | B     | C     | D     | E     | F     | G     | H     | I     | J     |
|---------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Glucoalyssin              | 1.42 ± 0.02 | 7.07 ± 0.07 | 0.45 ± 1.1 | 0.29 ± 0.01 | 1.31 ± 0.02 | 0.83 ± 0.01 | 1.29 ± 0.02 | 0.00 | 1.67 ± 0.01 | 0.07 ± 0.01 |
| Gluconapin                | 4.97 ± 0.03 | 5.85 ± 0.02 | 3.05 ± 0.02 | 0.18 ± 0.00 | 1.81 ± 0.02 | 1.11 ± 0.03 | 1.91 ± 0.01 | 0.00 | 1.10 ± 0.02 | 0.00 |
| Glucobrassicinapin        | 11.03 ± 0.08 | 11.87 ± 0.10 | 7.95 ± 0.06 | 0.27 ± 0.00 | 3.38 ± 0.04 | 2.79 ± 0.04 | 4.37 ± 0.03 | 0.00 | 2.72 ± 0.01 | 0.00 |
| Glucobrassicin            | 0.04 ± 0.00 | 0.42 ± 0.02 | 0.02 ± 0.00 | 0.00 | 0.00 | 0.04 ± 0.00 | 0.20 ± 0.01 | 0.00 | 0.03 ± 0.00 | 0.00 |
| 4-Methoxyglucobrassicin   | 6.98 ± 0.02 | 9.36 ± 0.05 | 1.62 ± 0.02 | 1.83 ± 0.04 | 5.94 ± 0.03 | 3.18 ± 0.03 | 6.22 ± 0.05 | 0.12 ± 0.01 | 0.33 ± 0.01 | 1.89 ± 0.01 |
| Total                     | 24.44 | 34.56 | 13.08 | 2.57 | 12.43 | 7.95 | 13.99 | 0.12 | 5.84 | 1.96 |

| Compound                  | K     | L     | M     | N     | O     | P     | Q     | R     | S     | T     |
|---------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Glucoalyssin              | 0.55 ± 0.01 | 0.12 ± 0.00 | 0.00 | 1.22 ± 0.01 | 0.28 ± 0.00 | 0.45 ± 0.01 | 0.02 ± 0.00 | 0.07 ± 0.00 | 0.25 ± 0.01 | 0.03 ± 0.00 |
| Gluconapin                | 1.13 ± 0.02 | 0.33 ± 0.01 | 0.00 | 1.07 ± 0.02 | 0.57 ± 0.01 | 0.31 ± 0.02 | 0.00 | 0.00 | 0.12 ± 0.00 | 0.00 |
| Glucobrassicinapin        | 2.62 ± 0.01 | 0.93 ± 0.02 | 0.00 | 2.85 ± 0.01 | 0.99 ± 0.04 | 0.72 ± 0.01 | 0.00 | 0.00 | 8.22 ± 0.05 | 0.00 |
| Glucobrassicin            | 0.09 ± 0.00 | 0.00 | 0.02 ± 0.00 | 0.01 ± 0.00 | 0.00 | 0.00 | 0.01 ± 0.00 | 0.33 ± 0.01 | 0.15 ± 0.00 | 0.01 ± 0.00 |
| 4-Methoxyglucobrassicin   | 5.95 ± 0.03 | 4.19 ± 0.01 | 1.32 ± 0.01 | 4.97 ± 0.04 | 3.05 ± 0.03 | 2.25 ± 0.05 | 1.50 ± 0.01 | 5.60 ± 0.05 | 1.88 ± 0.03 | 2.26 ± 0.01 |
| Total                     | 10.34 | 5.58 | 1.34 | 10.12 | 4.89 | 3.73 | 1.53 | 6.00 | 10.63 | 2.30 |
the study found $M_{DS}$ of 307, which confirmed the identity of glucobrassicanapin. The retention times of compound 4 and compound 5 were found to be 11.39 and 12.51, respectively, and through mass spectrometry, $M_{DS}$ were found to be 368 and 398, respectively. This was one of the ways that we confirmed the identities of glucobrassicin and 4-methoxyglucobrassicin. In the case of glucobrassicin, two peaks were confirmed because the sensitivity of the peak was low. These peaks were confirmed to be the glucobrassicin because of the main peak.

All compounds were identified by comparing numbers with those in reference [36].

3.2. Applications of the Optimized Method. Among the 20 different kimchis that were analyzed in this study, GSLs were detected in kimchi purchased from supermarkets (Table 3). Each sample was analyzed in triplicate. Identification of the five compounds was performed by comparing their retention times, mass spectra (Section 3.1). The qualitative and quantitative compositions of the five compounds in kimchi varied significantly. More specifically, the glucoalyssin content ranged from 0.00 to 7.07 μmol/g of DW, with an average content of 0.86 μmol/g of DW, whereas the gluconapin content ranged from 0.00 to 5.85 μmol/g of DW, with an average of 1.17 μmol/g of DW. The content of glucobrassicanapin varied between 0.00 and 11.87 μmol/g of DW (average = 3.03 μmol/g of DW), whereas that of glucobrassicin was between 0.00 and 0.42 μmol/g of DW (average = 0.06 μmol/g of DW). Finally, the 4-methoxyglucobrassicin content ranged from 0.12 to 9.36 μmol/g of DW (average = 3.52 μmol/g of DW). The contents were compared, and 4-methoxyglucobrassicin tended to be the highest in content. It is worth noting that, in samples A, B, C, I, and S, the content of glucobrassicanapin was observed to be greater than that of 4-methoxyglucobrassicin, and the study noted other substances that had not been previously extracted.

As stated above, the relative quantities of the five different GSLs in kimchi were found, and the sampling method, qualitative method, and quantitative method for simultaneous analytical detection were successfully conducted via RP-HPLC-MS. In addition, this was the first time GSL from kimchi examined, and eventually, such an achievement will be useful not only for understanding the remarkable effects of kimchi but also for determining organic kimchis from others. The study offered a chance to discover the GSL included in kimchi not only in the forms of the five components but also in the forms of GSL metabolites (thiocyanate, isothiocyanate, and nitrile). The metabolites are known to have even more impressive effects than those of GSL and remain an intriguing research topic.

Competing Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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