Morning Glory Syndrome Associated with Posterior Lenticonus

Xiao-Guang Cao*, Xiao-Xin Li and Yong-Zhen Bao

Department of Ophthalmology, People's Hospital of Peking University, Beijing 100044, P.R. China

Abstract: The clinical features of the morning glory syndrome (MSG) are demonstrated in a 12-year-old male patient with the posterior lenticonus in the left eye. This patient had retinal detachment in the left eye. A complete ocular examination was performed and the patient underwent a pars plana vitrectomy of the left eye. Slit-lamp examination revealed the posterior lenticonus with the posterior subcapsular opacities in the left eye. The fundus showed the symptoms of MGS. The discs were pink and deeply excavated, surrounded by a ring of chorioretinal pigmented disturbance. The retina has remained reattached for six months after surgery. Although most cases of MGS present with retinal and vitrea abnormalities, it may also occur in association with the lens anomalies, including the posterior lenticonus and subcapsular cataract. This association may be helpful to explore the pathogenesis of MGS.

Keywords: Morning glory syndrome, posterior lenticonus.

INTRODUCTION

Morning Glory Syndrome (MGS) is a rare condition. The morning glory optic disc anomaly was first reported in the German literature in 1929 but had been more frequently reported since its description by Kindler [1]. The anomaly was termed 'morning glory syndrome' because of its resemblance to the tropical flower. The disc is usually enlarged with a funnel-shaped excavation surrounded by a usually raised pigmented border. Whitish glial tissue is present at the bottom of the disc, representing an important criterion for diagnosing the syndrome [2]. The retinal blood vessels emerge from the periphery of the excavation in a radial pattern. Posterior lenticous or lentiglobus is a well-circumscribed, round or oval protuberance of the posterior lens capsule that is restricted to a 2.0 to 7.0 mm axial area [3]. It is not associated with systemic disease and may be diagnosed in infancy, and the posterior bulge may increase with age [4, 5]. Complicated cataract is often associated with this anomaly, although severe distortion through a clear lens alone may be an indication for surgical intervention. We describe a case of morning glory syndrome associated with posterior lenticous.

MATERIALS AND METHODS

A 12-year-old Chinese boy was evaluated by routine ophthalmologic examinations, including visual acuity test for the best corrected visual acuity, Godmann applanation tonometry for intraocular pressure; slit-lamp biomicroscopic examination for anterior segment; distant direct ophthalmoscopy for intraocular pressure; slit-lamp biomicroscopic examination for lens abnormality; and binocular indirect ophthalmoscopy for fundus.

Case

A 12-year-old boy presented with a 2-month history of the retinal detachment in his left eye. He had a failed sclera buckling at two months of age. We had no access to his previous medical records and are unaware of his prior visual acuity. The patient did not have hearing problems and systemic examination was unremarkable. There was no auditory symptom, and audiometry was normal.

Ocular evaluation revealed the best corrected visual acuity of 20/20 in the right eye and 1/50 in the left eye. Intraocular pressure was 18 mmHg in the right eye and 10 mmHg in the left eye. Slit-lamp biomicroscopic examination revealed a subtle but definite posterior oval protuberance and posterior lenticonus with posterior subcapsular opacities in the left eye (Fig. 1). Distant direct ophthalmoscopy showed an oil droplet reflex in the left eye. There was a large excavated disc with retinal vessels radiating from the periphery a tuft of translucent fibrous tissue covering the central part of excavation (Fig. 2), and peripapillary chorioretinal pigmented change. The macular area with its xanthophyll pigmentation was displaced to the temporal margin of the excavation. The patient was diagnosed with the morning glory syndrome with posterior lenticonus.

The patient underwent pars plana vitrectomy of the left eye with the removal of the posterior hyaloid, fluid-air exchange, endolaser to the margin of the excavated disk, and injection of silicone oil. Retinal detachment recurred 2 months after the silicone oil was taken out. Repeated surgery with additional endolaser surrounding the optic nerve anomaly and injection of silicone oil resulted in retinal reattachment. During a 6-month follow-up, the visual acuity was 1/40, and the retina remained attached.

DISCUSSION

Morning glory syndrome frequently occurs as an isolated ocular abnormality, but systemic associations have been reported, including midline craniofacial defects [2, 6], defects of the sella turcica and endocrine dysfunction [6], Charge syndrome [7], moyamoya disease [8] and neurofibromatosis type 2 [9].

*Address correspondence to this author at the Department of Ophthalmology, People's Hospital of Peking University, Beijing 100044, P.R. China; Tel: 8613681053297; Fax: 861068792813; E-mail: cxgcat@hotmail.com
Ocular associations found in affected eyes with morning glory disc anomaly may include retinal detachment, congenital cataract, persistent hyaloid remnants, lid haemangioma and preretal gliosis [1]. Retinal detachment is the most common ocular complication. The posterior lenticonus had not been reported in the previous studies in association with MGS.

Posterior lenticonus is a rare condition first described by Meyer in 1888 [10]. Most cases are unilateral and sporadic, and there is little published evidence that it is a familial condition. In contrast, bilateral posterior lenticonus is more likely to be inherited and the gene responsible may be located on the X chromosome [11]. Posterior lenticonus is usually detected between 3 and 15 years of age [12].

The pathogenesis of posterior lenticonus remains obscure. Khalil and Saheb [13] reported that posterior lenticonus is most likely caused by herniation of cortical lens fibers and posterior capsule into the vitreous at an area of posterior capsule weakness during fetal development. Franceschetti and Rickli [14] postulated that the anomaly is an aberrant hyperplasia of the subcapsular epithelium overlying the cone. Mann [15] speculated that a disturbance in the tunica vasculosa lentis accounts for the anomaly. Hess [16] suggests that lenticonus occurs due to a rupture of the posterior lens capsule resulting from hyaloid artery traction, as was observed in the pig and rabbit. Trauma has also been reported to cause a lenticonus-like defect [17].

Fig. (1). The posterior lenticonus photograph of the left eye. The slit beam on the posterior lens surface is more curved than usual (arrow).

Fig. (2). The post-operative funduscopic photograph of the left eye. The optic disc is enlarged and excavated. A tuft of whitish tissue is present in the centre of the disc. There are peripapillary pigmentary changes and the retinal vessels emerge from under the central tissue and run a straight course toward the periphery of the retina.
The nature of the embryological defect leading to the morning glory disc anomaly is also widely disputed [18]. The developmental interruption most likely occurs at the four to five weeks stage of embryonic growth [19]. Pedler [20] considered the defect secondary to faulty closure of the posterior sclera and herniation of the optic disc and Jacobs and Taylor [21] supported this view. Traboulsi [22] claimed that failure of normal neuroectodermal development might play a role in the disc anomaly.

As the lens rises from ecderon-ectoderm, the retina, the neurocyte and neurofibra of the optic nerve rise from neuroectoderm. We suggest that the hyaloid artery or primary vitreous traction might be associated with MGS and the posterior lenticonus of the patient. Moreover, since the patient had no trauma and history of intraocular surgery, injury from surgery could be excluded.

CONCLUSION

Although the retinal and vitreal abnormalities were commonly found in patients with optic nerve hypoplasia, to our knowledge, the association of morning glory syndrome with the posterior pituitary lenticonus has not been previously described. This case reinforces the importance of early recognition and treatment of lens anomalies in patients with MGS and provides a clue for the study of MGS.

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