Propranolol Inhibits the Proliferation of Human Glioblastoma Cell Lines Through Notch1 and Hes1 Signaling System

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Abstract

Purpose

The anti-tumor effect of the beta-adrenergic receptor antagonist propranolol in breast cancer is well known; however, its activity in glioblastoma is not well-evaluated. The Notch-Hes pathway is known to regulate cell differentiation, proliferation, and apoptosis. We investigated the effect of propranolol to human glioblastoma cell lines, and the role of Notch and Hes signaling in this process.

Methods

We performed immunohistochemical staining on 31 surgically resected primary human glioblastoma tissues. We also used glioblastoma cell lines of U87-MG, LN229, and neuroblastoma cell line of SH-SY5Y in this study. The effect of propranolol and isoproterenol on cell proliferation was evaluated using the MTT assay (absorbance 570nm). The impact of propranolol on gene expression (Notch and Hes) was evaluated using real-time (RT) PCR, whereas protein levels of Notch1 and Hes1 were measured using western blotting (WB), simultaneously. Small interfering RNA (siRNA) was used to suppress the Notch gene to investigate its role in the proliferation of glioblastoma.

Results

Propranolol and isoproterenol caused a dose-dependent decrease in cell proliferation (MTT assay). RT-PCR showed an increase in Notch1 and Hes1 expression by propranolol, whereas WB demonstrated increase in Notch1 protein, but a decrease in Hes1 by propranolol. The proliferation of U87-MG and LN229 was not significantly suppressed after transfection with Notch siRNA.

Conclusion

These results demonstrated that propranolol suppressed the proliferation of glioblastoma cell lines and neuroblastoma cell line, and Hes1 was more closely involved than Notch1 was in glioblastoma proliferation.

Introduction

Gliomas include neoplasm that originate from glial cells of the central nervous system (CNS). According to the World Health Organization Classification of Tumors of the CNS[1], glioblastoma is the most common malignant neoplasm that progresses rapidly, being the most advanced and malignant grade IV glioma subtype. The current standard treatment for glioma is maximla surgical resection plus concurrent chemoradiation therapy followed by adjuvant chemotherapy, called Stupp regimen [2]. Despite aggressive multimodal treatment, the reported overall survival period is less than 15 months after diagnosis [3].

Notch signaling pathway plays an important role in cell differentiation and proliferation [4]. Notch exists on the cell surface as a heterodimer; its extracellular domain is tethered to the transmembrane and
intracellular domain by noncovalent, calcium-dependent interactions [5]. Ligand binding activates Notch signaling and induces conformational change in the Notch receptor, leading to serial signal transductions. Four types of Notch receptors (Notch1, Notch2, Notch3, and Notch4) and five classic ligands (Delta-like1, Delta-like3, Delta-like4, Jagged1, and Jagged2) exist in mammals [6]. Notch pathway is dysregulated in brain tumors and many other tumors, including lung cancer, pancreatic cancer, breast cancer, cervical cancer, hematologic malignancies, and ovarian cancer [7–11]. Notch expression differs between tumors, and these differences are not fully understood. Notch1 is known to be oncogenic and is associated with glioma progression [12, 13]. However, its role as a tumor suppression is also reported [14, 15]. The Notch system interacts with the Hes1 protein [16]. Hes1 is a transcription factor encoded by the Hes1 gene which suppresses transcription. Notch signaling activates Hes1 expression, and Hes1 influences stem and progenitor cell maintenance in the nervous and digestive systems.

Propranolol is nonselective beta blocker that acts on both β₁ and β₂ receptors. Beta-adrenergic antagonists have tumor-suppressive effects on various cancers [17]. Nonselective beta adrenergic antagonists are effective at reducing breast cancer proliferative rates [18]. However, little is known about their effects on glioblastoma.

We investigated the effect of different propranolol concentration on the proliferation of glioblastoma cell lines and on the expression of Notch1 and Hes1.

**Materials And Methods**

**Tissue samples**

Two commercially available human glioblastoma cell lines (U87-MG and LN229) and one neuroblastoma cell line (SH-SY5Y) were de-identified and used in this study. Surgically resected, fixed a paraffin-embedded human glioblastoma tissues were obtained from our hospital. This study was approved by the Hallym University Institutional Review Board (2019-03-007-001).

**Immunohistochemical staining**

Paraffin-embedded tissue sections of 31 primary human glioblastomas were used, and each tissue section was resected into 6 pieces (a total of 186 fields were evaluated). Immunostaining with rabbit polyclonal anti-Notch1 antibodies (ab27526, Abcam, Cambridge, UK) was performed at 1:50 dilution. The antibody was diluted in phosphate-buffered saline with 5% normal blocking serum. Biotinylated rabbit IgG antibody (PK-6101, Vector laboratories, Burlingame, CA, USA) was selected as the secondary antibody. Streptavidin-biotin-peroxidase complex was used to detect antibody-antigen reactions. Color development was performed with 3,3’-diaminobenzidine (DAB) (SK-4100, Vector laboratories) for one minute. Slides were counterstained with hematoxylin (H-3401, Vector laboratories) and observed under the microscope. Normal brain tissues were used as negative controls. Notch1 signal was quantified by scoring 10 different tumor fields to determine the mean percentage of tumor cells with positive staining.
The staining was divided as positive and negative for the qualitative verification of immunohistochemical staining.

For quantitative assessment, the staining was scored as follows: 1) negative – less than 10% area of positive cells; 2) weak positive – 10–20% area of positive cells; 3) moderate positive – 20–50% area of positive cells; and 4) strong positive – more than 50% area of positive cells. We did not calculate the percentage of positive cells, but estimated the ratio in areas of the cancer cells.

**Cell culture and cell proliferation assay**

The glioblastoma (U87-MG and LN229) and neuroblastoma (SH-SY5Y) cell lines were cultured in minimum essential medium (MEM) containing 10% fetal bovine serum (FBS), an antibiotic combination (100 unit/mL penicillin and 0.1 mg/mL streptomycin; Gibco, Grand Island, NY, USA), and L-glutamine (2 mM). The cells were incubated at 37 °C in an incubator containing 5% CO₂. Cells were placed in a 96-well culture plate at a density of 1 × 10⁴ cells/well in 200 µL culture medium. After 24 hours incubation at 37 °C, cells were treated for 48 hours with propranolol, isoproterenol and Notch1 siRNA (HSS107248, Invitrogen, Carlsbad, CA, USA). The culture medium was thereafter replaced with 200 µL culture medium containing 0.5 mg/mL 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) (M5655, Sigma-Aldrich). After incubation for 2 hours, the supernatant was removed and 200 µL dimethyl sulfoxide (DMSO) was added and the plates were incubated at 37 °C for 30 minutes to dissolve the formazan precipitate, following which absorbance was measured at 570 nm using an automated microplate reader (Multiskan GO, Thermo Fisher Scientific, Finland). All experiments were repeated at least seven times.

**Western blotting of Notch1 and Hes1**

The cell lines were dissolved in radioimmunoprecipitation assay (RIPA) buffer (150 mM NaCl, 1.0% Nonidet P-40, 0.5% sodium deoxycholate, 0.1% sodium dodecyl sulfate, 0.5 mM Tris, pH 8.0) on ice for 30 minutes and lysed for 30 minutes, followed by centrifugation for 20 minutes at 4 °C. Protein quantification was performed using the Bradford assay (Bio-Rad, Glattbrugg, Switzerland). For all WBs, 50 µg total cellular protein was resolved per lane on a 7% Tris-acetate gel (Invitrogen, Carlsbad, CA, USA) for Notch1 detection and transferred to nitrocellulose membranes (Schleicher and Schuell, Kassel, Germany). The transfer efficiency and loading accuracy was visually checked by Ponceau-S staining. Membranes were blocked overnight at 4 °C with 5% weight/volume (w/v) nonfat dry milk/Tris-buffered saline (TBS) and Tween-20 (0.05% w/v) and were treated thereafter with rabbit polyclonal anti-Notch1 antibodies (H-131, Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA) for the detection of the extracellular domain of Notch1. All procedures were repeated more than three times. The densities of the bands were quantified using the ImageJ (1.47v, NIH, Bethesda, MD, USA), and the values were statistically analyzed.

**RT-PCR**

Total RNA was isolated using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) and converted to cDNA using amfiRivert cDNA synthesis Platinum Master Mix (R5600, GenDEPOT, Barker, TX, USA) according to the
manufacturer's instructions. The primers (mentioned below) were used to amplify cDNA (PCR), and the products were separated on a 1% agarose gel containing ethidium bromide. All procedures were repeated more than five times. The band densities on the gel were quantified by the ImageJ. The density values were analyzed statistically. The following primers were used:

1. The Notch1 primer; sense: 5’-AGATCAACCTGGATGACTGTGCCA-3’, antisense: 5’-ACACGTAGCCACTGGTCTGCTTT-3’.
2. The Hes1 primer; sense: 5’-AGATCAACCTGGATGACTGTGCCA-3’, antisense: 5’-ACACGTAGCCACTGGTCTGCTTT-3’.
3. The β-actin primer; sense: 5’-GCACCACACCTTCTACAATA-3’, antisense: 5’-TGCTTGCTGATCCACATCTG-3’.

**Statistical analysis**

Statistical Package for the Social Science software version 26 (SPSS Inc., Chicago, Illinois, USA) was used for statistical analysis. Cell proliferation and Notch1 and Hes1 expression were analyzed by paired t-test and cross-tabulation. *P*-value < 0.05 was considered statistically significant.

**Results**

**Notch1 expression in primary human glioblastoma**

Immunohistochemical staining was performed using the streptavidin-biotin-peroxidase complex technique to investigate Notch1 expression level in glioblastoma (Fig. 1). Among 186 fields of glioblastoma tissues, Notch1 staining was negative in 27 fields, weak positive in 34 fields, moderate positive in 41 fields, and strong positive in 84 fields; demonstrating strong immunoreactivity in glioblastoma.

**Propranolol and cell lines proliferation**

We investigated the effect of propranolol and isoproterenol on U87-MG, LN229, and SH-SY5Y cell lines. After treatment of cell lines with 50 µM, 100 µM, 150 µM, 200 µM, and 250 µM propranolol, cell proliferation was measured by MTT assay (Fig. 2). A dose-dependent decreases in O.D. values were observed in U87-MG cells treated with propranolol, 0.754 ± 0.075, 0.553 ± 0.064, 0.376 ± 0.053, 0.218 ± 0.031 and 0.127 ± 0.017 respectively, when compared to untreated controls (0.866 ± 0.057).

Similarly, mean OD values for propranolol-treated SH-SY5Y cells declined to 0.971 ± 0.089, 0.892 ± 0.077, 0.497 ± 0.052, 0.401 ± 0.033, and 0.253 ± 0.023 respectively, when compared to untreated controls (0.994 ± 0.071). The mean OD values showed a dose-dependent decrease after propranolol treatment of LN229 cells to 0.478 ± 0.054, 0.452 ± 0.042, 0.426 ± 0.027, 0.350 ± 0.031 and 0.298 ± 0.019 respectively, compared to untreated controls (0.503 ± 0.037).
In the case of isoproterenol treatment (0.1 µM, 1 µM, 5 µM, 10 µM, and 30 µM), the mean OD values of U87-MG cells declined to 0.639 ± 0.057, 0.621 ± 0.052, 0.583 ± 0.048, 0.554 ± 0.037 and 0.521 ± 0.020 respectively, compared to untreated controls (0.663 ± 0.054, Fig. 3). Similarly, the mean OD values showed a dose-dependent decline to 0.235 ± 0.021, 0.220 ± 0.019, 0.213 ± 0.018, 0.199 ± 0.012 and 0.184 ± 0.013 respectively, in SH-SY5Y cells, compared to untreated controls (0.254 ± 0.017). The mean OD values of LN229 cells also showed a dose-dependent decline to 0.625 ± 0.061, 0.610 ± 0.058, 0.587 ± 0.032, 0.573 ± 0.041 and 0.543 ± 0.037 respectively, compared to untreated controls (0.646 ± 0.039).

These results demonstrated that propranolol and isoproterenol suppressed U87-MG, SH-SY5Y, and LN229 cell lines in a dose-dependent manner (p = 0.013).

Propranolol and Notch1/Hes1 expression

After observing that propranolol suppressed proliferation of all the cell lines, Notch1 and Hes1 expression was evaluated in U87-MG and LN229 cell lines by RT-PCR and WB analysis to evaluate the effect of propranolol on Notch1 and Hes1 signaling (Fig. 4). In controls (0 µM propranolol), the mean densities of Notch1 and Hes1 were 100 in both cell lines. U87-MG cells were treated with 150 µM propranolol, and LN229 cells were treated with 75 µM propranolol. The mean density of Notch1 in RT-PCR was 296 ± 36 in U87-MG and 113 ± 27 in LN229, whereas the mean of Hes1 was 1284 ± 137 in U87-MG and 176 ± 23 in LN229 cells.

The mean density of Notch1 in the WB analysis was 178 ± 21 in U87-MG and 691 ± 72 in LN229 cells, whereas the mean density of Hes1 was 48.35 ± 6.73 in U87-MG and 31.33 ± 5.54 in LN229 cells.

These results demonstrated that propranolol increased Notch1 and Hes1 gene expression (p = 0.035) but suppressed Hes1 expression at the translational or post-translational modification step (p = 0.021).

Notch1 gene suppression by siRNA and cell lines proliferation

To verify the effects of propranolol on cell line proliferation, siRNA targeting Notch1 was used. The efficacy of siRNA for reducing the target was quantified using quantitative PCR (Fig. 5). The mean value was 0.650 in the untreated cells (lipofectamine-only), and 0.154 in 150 µM propranolol-treated cells. In negative controls with Notch1 siRNA, the mean value was 0.619 in control cell, and 0.149 in 150 µM propranolol-treated cells. After transfection with Notch1 siRNA, the mean value reduced to 0.622 in control and 0.099 in 150 µM propranolol-treated cells. In lipofectamine-only, the mean value was 1.236 in the control group and 0.847 in 75 µM propranolol. In the negative control with Notch1 siRNA, the mean value was 0.861 in control and 0.637 in 75 µM propranolol. After transfection with Notch1 siRNA, the mean value was 0.857 in the control and 0.440 in 75 µM propranolol. These results demonstrated that there were no statistically significant differences between lipofectamine with negative control siRNA and lipofectamine with active siRNA groups in the control of both cell lines (p = 0.157).
Discussion

Glioblastoma is the most common malignant brain tumor, with over 10,000 new diagnoses made every year in the United States [19, 20]. Significant efforts are required to understand the molecular mechanism of glioblastoma, which led to modification of the World Health Organization Classification of Tumors of the CNS (CNS WHO) in 2016 [21, 22], grading gliomas according to their pathological evaluation based on molecular features.

Understanding the pathogenesis at the molecular level provides information for designing and developing new chemotherapeutic agents. Temozolomide, bevacizumab, and carmustine are FDA-approved and widely used chemotherapeutic agents in patient with glioblastoma [2, 23]. They all act on molecular targets: Temozolomide alkylates DNA at the N-7 or O-6 positions of guanine residues, thus damaging it in tumor cells. Bevacizumab, a recombinant humanized monoclonal antibody, blocks angiogenesis by inhibiting vascular endothelial growth factor A (VEGF-A), whereas Carmustine acts as an alkylating agent and forms interstrand crosslinks in DNA, preventing DNA replication and DNA transcription.

Rundle et al. reviewed articles about some older drugs which have potential anticancer activity [24]. Some studies have suggested that beta-blockers might inhibit angiogenesis, cellular proliferation, and invasion, as well as increasing apoptosis in several cancer cell lines [25–27]. Another study investigated the usage of propranolol in several cell lines including breast cancer, neuroblastoma, and glioblastoma cell lines [25]. Jing et al. reported that isoproterenol, an agonist of beta-adrenergic receptors, stimulated the proliferation of U251 glioblastoma cells, but not U87-MG cells [28]. This effect was prevented by the beta-adrenergic receptor antagonist propranolol. According to their study, isoproterenol had different effects on different glioblastoma cell lines, and it could not be said that isoproterenol stimulates all types of glioblastomas. In our study, both propranolol and isoproterenol suppressed glioblastoma and neuroblastoma cell lines. Although many studies have been conducted, the exact mechanism by which beta-blockers inhibit angiogenesis and promote apoptosis is not yet fully understood.

Rajaratnam et al. presented several signaling pathways that are involved in pathogenesis of glioblastoma. These include isocitrate dehydrogenase mutation, Notch pathway, ceramide signaling, vascular endothelial growth factor signaling pathway, platelet-derived growth factor signaling, epidermal growth factor receptor pathway, phosphatidylinositol 3-kinase serine-threonine-specific protein kinase/mammalian target of rapamycin pathway, phosphate and tensin homolog signaling, and sonic hedgehog signaling [29]. Among these pathways, we focused on the Notch pathway. As mentioned above, Notch signaling is involved in cell differentiation, proliferation, migration, self-renewal and apoptosis [30]. It plays a key role in promoting neural stem cell differentiation into glial cells [31]. Contrastingly, it is related to various cancers, including breast cancer, cervical cancer, lymphomas, pancreatic cancer, renal cell cancer, skin tumor, and lung cancer [9]. Some studies report Notch1 acts as oncogene [32–34], while others report it as a tumor suppressor [35, 36].

Protein and mRNA levels of Notch1 and Hes1 are higher in brain tumor cells than normal brain cells [30]. In this study, immunohistochemical staining of primary human glioblastoma tissues showed strong
immunoreactivity of Notch1. In contrast, several studies reported a weak expression of Notch1 in glioblastoma [37–39]. In this study, propranolol suppressed glioblastoma cell proliferation (MTT assay), and induced Notch1 expression in both U87-MG and LN229 cells (RT-PCR and WB). There were no remarkable differences in glioblastoma cell proliferation between the cases treated with negative controlled-Notch1 siRNA and active Notch1 siRNA ($p = 0.157$). These results demonstrate that pathways other than Notch1 exist and play a key role in the proliferation and survival of glioblastoma. In case of Hes1, copy number was increased in real time PCR, but expression was decreased in western blot analysis after treatment with propranolol. Propranolol may block Hes1 expression at the translation step or post-translational modification step, and these results were compatible with decreased glioblastoma cell proliferation. The Hes1 signaling pathway is thought to play an important role in the proliferation and survival of glioblastoma. A previous study demonstrated that nerve growth stimulated glioblastoma proliferation through the Notch1 pathway [40]. They treated U87-MG with nerve growth factor and stimulated cell proliferation. Expression levels of Notch1 and Hes1 were increased simultaneously. These findings are consistent with the results of our study in that Hes1 plays an important role in glioblastoma proliferation.

Several reports using the same type of cell lines as in this paper have been studied regarding glioblastoma proliferation. Kusaczuk et al. reported that phenylbutyrate has a suppressive effect on the proliferation of glioblastoma LN229 cells [41]. Phenylbutyrate is a histone deacetylase inhibitor known to induce differentiation, cell cycle arrest, and apoptosis in various cancer cells. They added phenylbutyrate to LN229 and cell viability showed dose-dependent reduction in the MTT assay. The density of LN229 cells was reduced and morphology was changed as phenylbutyrate was treated. Another reports demonstrated that CKD-602, a camptothecin derivative, inhibited proliferation and induced apoptosis in U87-MG and LN229 glioma cell lines [42]. CKD-602 is a synthetic water-soluble camptothecin derivative and topoisomerase inhibitor that has been shown to have clinical anticancer effect against ovarian and lung cancer. It stabilizes DNA preventing the religation of DNA breaks, which leads to an inhibition of DNA replication and triggers apoptotic cell death [43]. They treated U87-MG and LN229 with 10 mM stock solutions of CKD-602 and dose-dependent cytotoxicity and proliferation inhibition was observed.

This study has some limitations. First, commercialized glioblastoma cell lines were used with in vitro experiments in this study, and there could be some differences with in vivo reactions in the human brain. Second, only three kinds of glioblastoma and neuroblastoma cell lines were used in this study. Different results could be obtained according to different types of cell lines. More diverse types of glioblastoma cell lines should be evaluated in future study. Third, the impact of propranolol on Hes1 was not clearly revealed. Additional mechanisms of the reaction between propranolol and Hes1 should be evaluated at the molecular level in a future study.

**Conclusion**

This study suggests that propranolol suppresses glioblastoma proliferation in a dose-dependent manner. Propranolol could be a new therapeutic option for glioblastoma patients. While various efforts and
treatment modalities are being made to treat glioblastoma, survival is still very poor in the majority of patients. As discussed in this study, further exploration for understanding the molecular-level mechanisms should be made to design new effective strategies to cure glioblastoma in the future.

**Declarations**

**Ethics approval and consent to participate**

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee (Hallym 2019-10-026-001) and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

For this type of study formal consent is not required.

**Consent for publication**

Not applicable.

**Availability of data and materials**

All data generated or analysed during this study are included in this published article.

**Competing interest**

All authors certify that they have no affiliations with or involvement in any organization or entity with any financial interest.

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No funding was received for this research.

**Authors’ contributions**

HS Kim analyzed and interpreted the patient data regarding the glioblastoma. YH Park designed overall study plan. MJ Kwon performed the histochemical examination of glioblastoma tissues. JH Song performed statistical calculations in this study. IB Chang, as a corresponding author, designed study, got glioblastoma tissue samples, and supervised all the process.

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Figures

Figure 1

Immunohistochemical staining of primary human glioblastoma tissues by the streptavidin-biotin-peroxidase complex technique. Glioblastoma tissue shows negative staining with less than 10% of staining area (a), weak positive staining with 10-20% of staining area (b), moderate positive staining with 20-50% of staining area (c), and strong positive staining with more than 50% of staining area (d) Scale bar = 200 μm
Figure 2

3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay shows that propranolol suppresses U87-MG, SH-SY5Y, and LN229 cell lines in a dose-dependent manner (p=0.013)

Figure 3

3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay shows that isoproterenol suppresses U87-MG, SH-SY5Y, and LN229 cell lines in a dose-dependent manner (p=0.013)
Figure 4

Relative expression fold of Notch1 and Hes1 genes of U87-MG(A) and LN229(B) in real time PCR shows propranolol increases copy number of Notch1 and Hes1 genes (p=0.035). Expression of Notch1 and Hes1 protein of U87-MG(C) and LN229(D) in Western blot demonstrates that propranolol stimulates Notch1 expression but suppresses Hes1 expression (p=0.021)

Figure 5
Proliferation of glioblastoma cell lines in 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. There are no significant differences between lipofectamine with negative control siRNA and lipofectamine with active siRNA groups in control of both cell lines (p=0.157)