Detection of Decarboxylated Amino Acids after in Vitro Protease Digestion of the Hydrophilic Fraction of Crude Drug Extracts

Saki Shirako, Kenji Sato, Saki Moriwaki, Yukinobu Ikuya, and Mikio Nishizawa

INTRODUCTION

Traditional Japanese medicine, i.e., Kampo drugs, possesses a variety of pharmacological effects. It is intriguing to study how Kampo drugs exert their activities in the body. Crude drugs included in Kampo formulas consist of many constituents, which can be fractionated from an extract into hydrophilic, amphipathic, and hydrophobic fractions. Many hydrophobic constituents in ethyl acetate-soluble fractions of extracts from crude drugs, such as limonin and obaku-none in the bark of Prunus jamasakura, and sakuranetin and (-)-naringenin in the bark of Prunus jamasakura, and phthalides in the rhizome of Cnidium officinale, have been investigated for their pharmacological activities. In contrast, sugars (e.g., sucrose) did not significantly suppress NO production. Several amino acids (i.e., lysine, tryptophan, histidine, and arginine) significantly decreased both NO production and the expression of inducible nitric oxide synthase (iNOS), which synthesizes NO in hepatocytes. Generally, peptides are thought to be degraded by digestion in the intestine, liver, and blood. To the best of our knowledge, there are very few studies examining the pro-drug activity of peptides in Kampo medicine.

Proteins and peptides in foods are digested by proteases from the stomach, liver, and pancreas, metabolized in the digestive tract, and finally absorbed from the intestine through the liver into the blood. Several enzymes are involved in digestion: pepsin from the stomach, pancreatic enzymes (e.g., trypsin, chymotrypsin, and carboxypeptidase A), and leucine aminopeptidase in enterocytes, bile, and pancreatic juice. Some oligopeptides resist endopeptidases, such as pepsin and in the digestive tract and metabolized in the liver, resulting in the manifestation of its pharmacological activities in the body. Three pairs of glucosides and their aglycones in the roots and stolons of Glycyrrhiza uralensis were compared with regard to their ability to suppress NO production in hepatocytes.

The water-soluble (hydrophilic) fraction from methanol extracts includes peptides, amino acids, sugars, and low-molecular-weight compounds. Chlorogenic acid, which is present in the hydrophilic fraction of the extract from the flower of Lonicera japonica, suppressed NO production in IL-1β-treated hepatocytes. Contrast, sugars (i.e., inositol, fructose, glucose, and sucrose) did not significantly suppress NO production. Several amino acids (i.e., lysine, tryptophan, histidine, and arginine) significantly decreased both NO production and the expression of inducible nitric oxide synthase (iNOS), which synthesizes NO in hepatocytes. Generally, peptides are thought to be degraded by digestion in the intestine, liver, and blood. To the best of our knowledge, there are very few studies examining the pro-drug activity of peptides in Kampo medicine.

Many constituents of crude drugs in Japanese Kampo formulas are thought to function as pro-drugs, whose pharmacological activity is manifested after oral administration. Proteins and peptides in crude drugs may be digested and metabolized in the digestive tract and liver. However, few studies have reported the pharmacological activity of peptides in crude drugs. Here, we applied an analysis using LC–tandem mass spectrometry (LC-MS/MS) to identify the compounds derived from six crude drugs that are assumed to have anti-inflammatory effects. To simulate in vivo protease digestion, each water-soluble fraction of the crude drug extracts was treated with proteases, including endopeptidases and exopeptidases. Amines in the resultant digests were modified by 6-aminoquinolyl-N-hydroxysuccinimidyl carbamate and analyzed using LC-MS/MS, which demonstrated the presence of four decarboxylated amino acids (primary amines). In the digest of the hydrophilic fraction of the fruit of Ziziphus jujuba Miller var. inermis Rehder (Taiso), isobutyramine, isoamylamine, and 2-methylbutylamine were identified, which may be derived from valinyl, leucinyl, and isoleucinyl residues, respectively. Additionally, tyramine possibly derived from tyrosyl residues was identified in the digests of all the crude drugs. In primary cultured rat hepatocytes treated with interleukin-1β, all these decarboxylated amino acids suppressed the production of nitric oxide, a proinflammatory mediator. Our approach, i.e., in vitro protease digestion and LC-MS/MS analysis, suggests that decarboxylated amino acids may be formed in vivo from peptides and may be responsible for the anti-inflammatory effect of crude drugs included in Kampo medicine.

Key words in vitro protease digestion; peptidase; LC–tandem mass spectrometry (LC-MS/MS); branched-chain amino acid; Kampo medicine
trypsin, but most of them are degraded by exopeptidases, such as carboxypeptidase A and leucine aminopeptidase. However, some peptides harboring specific sequences resist digestion by both proteases.\textsuperscript{13} These oligopeptides of plant and animal origins have biological activities.\textsuperscript{14,15} For example, pyroglutamyl leucine (pyroGlu-Leu), which is a protease-resistant dipetide found in fermented foods, suppressed both NO production and iNOS induction in IL-1β-treated hepatocytes.\textsuperscript{16} PyroGlu-Leu attenuated high-fat diet-induced disturbance of intestinal microbiota (dysbiosis) by increasing host antimicrobial peptide in the intestine.\textsuperscript{17} To simulate protease digestion in the human body and elucidate the function of digested peptides, \textit{in vitro} digestion of peptides by proteases, including endoproteases and exopeptidases, was recently performed.\textsuperscript{13,18}

Peptides, as well as their digests and metabolites formed in the digestive tract, can be detected by using LC–tandem mass spectrometry (MS/MS). As another analysis, a subset of peptides in a sample that contain specific functional groups, e.g., primary and secondary amines, can be detected by LC-MS/MS using derivatization with 6-aminonpinolyl-N-hydroxysuccinimidyl carbamate (AQC) and subsequent precursor ion scanning of a targeting product ion from the AQC moiety (m/z 171.1).\textsuperscript{19} Product ion scanning of the precursor ions detected by precursor ion scanning at different collision energies allows structural information.

In the current study, we selected six crude drugs that show anti-inflammatory effects, and the hydrophilic fraction of the crude drugs was digested \textit{in vitro} by protease. LC-MS/MS analysis was applied to identify compounds (peptides, amino acids, and amino acid-related compounds) derived from these crude drugs. Finally, we estimated the anti-inflammatory potencies of some primary amines in the suppression of NO production in hepatocytes.

**MATERIALS AND METHODS**

**Plant Materials and Reagents** The fruit of \textit{Ziziphus jujuba} Miller var. \textit{inermis} Rehd (Rhamnaceae) (Taiso); collected in Shaanxi Province, China; Lot No. 7115012), the rhizome of \textit{Ziziphus jujuba} Miller var. \textit{spinosa} Hu ex H. F. Chou (Rhamnaceae) (SANSONIN); collected in Hebei Province, China; Lot No. 21118002), the rhizome of \textit{Atractylodes macrocephala} Koidzumi (Asteraceae) (BYAKUJUTSU); collected in Zhejiang Province, China; Lot No. 9317006), the rhizome of \textit{Atractylodes chinensis} Koidzumi (Asteraceae) (SOJUTSU); collected in Shaanxi Province, China; Lot No. 6715008), the flower of \textit{Artemisia capillaris} Thunberg (Compositae) (INCHINKO); collected in Nagano Prefecture, Japan; Lot No. 020820002), and the root of \textit{Angelica acutiloba} Kitagawa (Umbelliferae) (TOKI); collected in Nara Prefecture, Japan; Lot No. 11411041) were purchased from Tochimoto Tenkaido Co., Ltd. (Osaka, Japan) and authenticated by Dr. Yutaka Yamamoto (Tochimoto Tenkaido Co., Ltd.) according to the methods described in \textit{The Japanese Pharmacopoeia}.\textsuperscript{19} The species of the \textit{Sojutsu} sample was identified as \textit{Atractylodes chinensis} using its genomic DNA.\textsuperscript{20} The voucher samples were deposited in the Ritsumeikan Herbarium of Pharmacognosy, Ritsumeikan University under the code numbers RIN-ZJ1-25 (\textit{Ziziphus jujuba} var. \textit{inermis}), ZJS-26 (\textit{Ziziphus jujuba} var. \textit{spinosa}), AM-27 (\textit{Atractylodes macrocephala}), AC-20 (\textit{Atractylodes chinensis}), ACA-28 (\textit{Artemisia capillaris}), and AA-29 (\textit{Angelica acutiloba}). Porcine pepsin and pancreatin, which are mixtures of pancreatic enzymes and include trypsin, were purchased from Nacalai Tesque (Kyoto, Japan). Carboxypeptidase A (CPA) from bovine pancreas and microsomal leucine aminopeptidase (LAP) from porcine kidney were purchased from Sigma-Aldrich Corp. (St. Louis, MO, U.S.A.). AQC was purchased from Toronto Research Chemicals (Toronto, ON, Canada). Isobutylamine, isoamylamine, 2-methylbutylamine, and tyramine were obtained from Tokyo Chemical Industry Co., Ltd. (Tokyo, Japan) and used as standards for LC-MS/MS analyses. Amino acids mixture standard solution (type H, high range), valine, isoleucine, and leucine were purchased from FUJIFILM Wako Pure Chemical Corporation (Osaka, Japan).

**Extraction from Crude Drugs and Fractionation** Each crude drug (approximately 80 g) was pulverized, extracted with methanol under reflux, and fractionated, as previously described.\textsuperscript{1,3,20} Methanol extraction of crude drugs is the standard method to analyze their constituents. Briefly, the resultant extract was suspended in water and successively extracted with ethyl acetate and n-butanol (Fig. 1A). These layers were collected and concentrated by evaporation of solvents to prepare an ethyl acetate-soluble (hydrophobic) fraction, an n-butanol-soluble (amphipathic) fraction, and a water-soluble (hydrophilic) fraction. The yield of the hydrophilic fraction was 91.9% for the fruit of \textit{Ziziphus jujuba} var. \textit{inermis} (Taiso), 37.0% for the seed of \textit{Ziziphus jujuba} var. \textit{spinosa} (SANSONIN), 67.7% for the rhizome of \textit{Atractylodes macrocephala} (BYAKUJUTSU), 53.3% for the rhizome of \textit{Atractylodes chinensis} (SOJUTSU),\textsuperscript{20} 27.6% for the flower of \textit{Artemisia capillaris} (INCHINKO), and 82.1% for the root of \textit{Angelica acutiloba} (TOKI).

**Protein Assay** The amount of protein in the hydrophilic fraction was measured by the Bradford method using Protein Assay Coomassie Brilliant Blue Solution (Nacalai Tesque) according to the instruction manual. As a standard, bovine serum albumin was used.

**In Vitro Protease Digestion** The hydrophilic fraction was suspended in water and lyophilized. As control experiments, valine, isoleucine, and leucine were used instead of the hydrophilic fractions. Protease digestion was performed according to a previously published method.\textsuperscript{21} Briefly, the resultant powder (50 mg) was dissolved in 0.1 M HCl (7.5 mL), and pepsin (0.5 mg) was added (Fig. 1B). This reaction mixture was incubated at 37 °C for 3 h. Then, 1 M Tris–HCl, pH 8.0 (500 µL), was added, and the pH of the mixture was adjusted by NaOH to 8.0. Pancreatin (2 mg) was added, and the mixture was further incubated at 37 °C for 24 h. After adjustment of the final volume to 10 mL, the mixture was centrifuged at 3000 × g at 23 °C for 10 min. The reaction was terminated by filtration with an Amicon Ultra filter unit (molecular weight cutoff, 10000; Merck, Darmstadt, Germany) at 14000 × g at 23 °C for 10 min. An aliquot (1 mL) of this \textit{endoproteaseinase digest} was subjected to digestion by CPA (6 units) and LAP (5 units) at 37 °C for 24 h. The reaction was stopped by ultrafiltration, and the filtrate was collected as the \textit{exopeptidase digest}.

**Derivatization of Amines by AQC and Precursor Ion Scanning Analysis** The final concentrations of all the samples were adjusted to 5.0 mg of hydrophilic fraction per mL. A 150-µL aliquot of each sample was dried and dissolved in 20 µL of 20 mM HCl. Amino acids mixture standard solution was used as the standards for the subsequent analyses. Then, primary and secondary amines were derivatized by AQC by...
the method previously reported.\(^{18}\) Briefly, after the addition of 0.3% AQC-acetonitrile solution (20 \(\mu\)L) and 50 mM sodium borate buffer, pH 8.8 (60 \(\mu\)L), to each sample solution, the mixture was kept at 50 °C for 10 min. After cooling, the reactant was mixed with 100 \(\mu\)L of 5 mM sodium phosphate buffer, pH 7.4, containing 5% acetonitrile and clarified by passing through a 0.45- \(\mu\)m filter (Nacalai Tesque).

The filtrate (10 \(\mu\)L) was injected into an LC-MS/MS model LCMS8040 (Shimadzu Corporation, Kyoto, Japan) equipped with an Inertsil ODS-3 column (particle size, 5 \(\mu\)m; 2.1 mm internal diameter \(\times\) 250 mm; GL Science, Tokyo, Japan).

A binary linear gradient was used with 0.1% formic acid in water (solvent A) and 0.1% formic acid in 80% acetonitrile (solvent B) at a flow rate of 0.2 mL/min. The gradient program was as follows: 0–30 min, 0–30% B; 30–40 min, 30–100% B; 40–50 min, 100% B; 50–50.1 min, 100–0% B; 50.1–60 min, 0% B. The column was maintained at 40 °C. AQC derivatives were specifically detected by selecting precursor ions, which were commonly used for the optimization of MRM conditions. The calibration equations and correlation coefficients of three standard compounds were as follows: isobutyramine, \(y = 9000000x + 116323\) (\(R^2 = 0.9999\)); the rhizome of *Ziziphus jujuba* var. *inermis* and \(y = 9000000x + 25571\) (\(R^2 = 0.9999\); the rhizome of *Atractylodes macrocephala*); 2-methylbutylamine, \(y = 10000000x + 53398\) (\(R^2 = 0.9999\)); isoamylamine, \(y = 10000000x + 113517\) (\(R^2 = 1.0000\)). The peak areas of the base peak ions of isobutyramine, 2-methylbutylamine, isoamylamine, and tyramine in the sample solution were fit to the calibration curves. The content was calculated as each decarboxylated amino acid (pmol) divided by the dried hydrophilic fraction (mg).

**Animal Experiments and Primary Cultured Rat Hepatocytes** All animal care and experimental procedures were performed in accordance with the laws and guidelines of the Japanese government and were approved by the Animal Care Committee of Ritsumeikan University, Biwako-Kusatsu Campus. Male Wistar rats (Charles River Laboratories Japan,}\n
---

**Fig. 1. Fractionation of Constituents from Crude Drugs and LC-MS/MS Analysis**

(A) A flowchart of the procedures used to fractionate constituents from crude drugs. The plant material was extracted with methanol. The dried extract was suspended in methanol and used as standards for the optimization of MRM conditions. The calibration equations and correlation coefficients of three standard compounds were as follows: isobutyramine, \(y = 9000000x + 116323\) (\(R^2 = 0.9999\)); the rhizome of *Ziziphus jujuba* var. *inermis* and \(y = 9000000x + 25571\) (\(R^2 = 0.9999\); the rhizome of *Atractylodes macrocephala*); 2-methylbutylamine, \(y = 10000000x + 53398\) (\(R^2 = 0.9999\)); isoamylamine, \(y = 10000000x + 113517\) (\(R^2 = 1.0000\)). The peak areas of the base peak ions of isobutyramine, 2-methylbutylamine, isoamylamine, and tyramine in the sample solution were fit to the calibration curves. The content was calculated as each decarboxylated amino acid (pmol) divided by the dried hydrophilic fraction (mg).
Inc., Yokohama, Japan) were housed at 21–23 °C under a 12-h light-dark cycle and fed a CRF-1 diet (Charles River Laboratories Japan) with water available ad libitum. The animals were acclimated to their housing for at least one week. Hepatocytes were isolated from the livers of Wistar rats, as previously described. Briefly, the liver was perfused with collagenase, and the dispersed cells were centrifuged, resuspended, and seeded at 1.2 × 10^6 cells per 35-mm diameter dish. The cells were incubated at 37 °C for 2 h. After the medium was changed, the hepatocytes were further incubated at 37 °C overnight.

**Estimation of NO Production and Lactate Dehydrogenase (LDH) Activity** Each fraction or compound was added to the medium on day 1, and the hepatocytes were incubated for 8 h. Nitrite (a stable metabolite of NO) in the medium was measured using the Griess method to measure NO concentrations. The NO levels in the presence and absence of IL-1β in the medium were set at 100 and 0%, respectively. The IC50 against nitrite was determined in triplicate for at least three different concentrations of an extract, a fraction, or a compound. LDH activity in the medium was measured using an LDH Cytotoxicity Detection Kit (TaKaRa Bio Inc., Kusatsu, Japan) to estimate cytotoxicity. The IC50 value of a compound was calculated to determine its ability to inhibit NO production when the compound did not show cytotoxicity.

**Direct NO Quenching Activity** Each compound was added to a medium containing 25 μM NaNO2 and incubated at 37 °C for 1.5 h, according to a previously published method. The final concentration of each compound was 4.0 mM (isobutylamine), 3.0 mM (2-methylbutylamine), 2.5 mM (isoamylamine), and 0.80 mM (tyramine). This medium was then mixed with Griess reagent and incubated at 23 °C for 5 min. The absorbance at 540 nm was measured to determine the reduction of nitrite by the compound.

**Statistical Analysis** The results are representative of at least three independent experiments that gave similar findings. The values are presented as the mean ± standard deviation (S.D.). The differences were analyzed using Student’s t-test followed by Bonferroni correction. The statistical significance was set at p < 0.05 and p < 0.01.

**RESULTS**

**In Vitro Protease Digestion of the Water-Soluble Fraction of Crude Drug Extracts** Crude drugs that are considered to possess anti-inflammatory effects were used for methanol extraction. The six crude drugs used in this study were the fruit of *Ziziphus jujuba* var. *inermis* (Taiso), the seed of *Ziziphus jujuba* var. *spinosa* (Sanssonin), the rhizome of *Atractylodes macrocephala* (Byakujutsu), the rhizome of *Atractylodes chinensis* (Sojutsu), the flower of *Artemisia capillaris* (Inchinko), and the root of *Angelica acutiloba* (Toki). NO production was measured in IL-1β-treated hepatocytes when an extract from each crude drug was added to the medium. As expected, the extracts from five crude drugs suppressed NO production, whereas the effect of the extract from the seed of *Ziziphus jujuba* var. *spinosa* on NO production could not be evaluated due to its cytotoxicity (data not shown).

Then, the methanol extracts were successively partitioned into three fractions based on hydrophobicity using ethyl acetate, n-butanol, and water (Fig. 1). To simulate the in vivo digestion of crude drugs, the water-soluble (hydrophilic) fractions of the crude drug extracts were subjected to protease digestion. The protein content in the dried hydrophilic fractions ranged from 15.9 μg per mg (the fruit of *Ziziphus jujuba* var. *inermis* and the rhizome of *Atractylodes chinensis*) to 37.2 μg per mg (the seed of *Ziziphus jujuba* var. *spinosa*).

**Detection of Amines after In Vitro Protease Digestion of Crude Drug Extracts** Total ion chromatograms of the protease digests showed many peaks at the scan range of m/z from 240 to 375 (data not shown). Because this range corresponds to the m/z of AQC-derivatized amino acids, protein in the hydrophilic fraction of the crude drugs may be completely

---

**Fig. 2. Total Ion Chromatograms of the in Vitro-Digested Hydrophilic Fraction from the Fruit of Ziziphus jujuba var. inermis (Taiso)**

The hydrophilic fraction of the fruit of *Ziziphus jujuba* var. *inermis* was digested in vitro and derivatized by AQC, as described in Materials and Methods. Precursor ion scanning was performed in the range of m/z from 240 to 275. Each total ion chromatogram shows the elution of the undigested hydrophilic fraction, an endoproteinase digest, and an exopeptidase digest. x axis, elution time (min); y axis, ion intensity. The peaks at elution times of 24.5, 29.7, and 30.2 min were identified by multiple reaction monitoring (MRM) as isobutylamine, 2-methylbutylamine, and isoamylamine, respectively. Chemical structures of the decarboxylated amino acids present in the digest from the fruit of *Ziziphus jujuba* var. *inermis* are depicted under the chromatogram. The peaks at elution times of 13.4 and 16.4 min were identified as glycine (Gly) and alanine (Ala), respectively. The peak between them is not derived from an amino acid and possibly derived from the reagents in the in vitro digestion.
degraded into amino acids by peptidase digestion.

The protease digests of hydrophilic fractions of crude drug extracts were analyzed by LC-MS/MS. Pyroglutamyl peptides, such as pyroGlu-Leu, which are often present in hydrolysates of foods and Japanese traditional fermented foods,16,17 were not detected in the digests (data not shown). Therefore, compounds with amino group(s) were further investigated.

AQC derivatization of the amines18 was performed to discriminate amines from the other compounds in the digests. When a hydrophilic fraction from the fruit of *Ziziphus jujuba* var. *inermis* (Taiso) (Fig. 2, Undigested) was subjected to digestion by endoproteinas (pepsin and pancreatin), several peaks of AQC derivatives appeared in the total ion chromatogram (Fig. 2, Endoprotease digest) of the precursor ion scan in the range of m/z from 240 to 275. When this digest was further treated with exopeptidases (CPA and LAP), prominent peaks of the AQC derivatives were observed (Fig. 2, Exopeptidase digest) in the same scan range. Precursor ion scanning indicated that several peaks were AQC derivatives of amino acids, for example, glycine and alanine (Fig. 2, peaks Gly and Ala). Furthermore, there were three peaks that were not derivatives of normal amino acids at elution times of 24.5, 29.7, and 30.2 min in the chromatogram (Fig. 2, peaks 1 to 3). In other scan ranges, most peaks observed in the endoprotease digest of the fruit of *Ziziphus jujuba* var. *inermis* disappeared in the exopeptidase digest (data not shown).

On the other hand, peaks of precursor ions were observed in endoprotease and exopeptidase digests of the fruit of *Ziziphus jujuba* var. *inermis* in the scan range of m/z from 240 to 500. These peaks correspond to AQC-derivatized amino acids, which were identified by comparison with AQC derivatives of standard amino acids, as described in Materials and Methods. The peak corresponding to alanine was detected, whereas the peaks corresponding to valine, isoleucine, and leucine were not detected in the exopeptidase digest (data not shown). There were a few small peaks of AQC-derivatized compounds that were not identified in the exopeptidase digest in the range of m/z from 300 to 500.

**Identification of Decarboxylated Amino Acids in Protease Digests** To identify the AQC fragment ions corresponding to the three peaks, product ion scanning was performed. As shown in Fig. 3, the MS spectrum of the peak at 24.5 min (m/z 244.2) showed a shift of 73.0 from the AQC fragment ion (m/z 171.0) when the collision energy was decreased. These results suggested that the 24.5-min peak is derived from isobutylamine (molecular weight, 73.14), which is a primary amine as a decarboxylated form of valine.

The product ion scanning of peaks at 29.7 and 30.2 min (Fig. 3) suggested that these peaks were derived from 2-methylbutylamine or isoamylamine, which could not be discriminated by their MS spectra because the patterns of the fragment ions were the same (Supplementary Figs. 1 and 2). When MRM using standard compounds was applied, it was confirmed that the 29.7- and 30.2-min peaks were attributed to 2-methylbutylamine and isoamylamine, respectively (data not shown). The chemical structures of 2-methylbutylamine and isoamylamine (Fig. 2) show that they are decarboxylated forms of isoleucine and leucine, respectively. In the protease digest from the fruit of *Ziziphus jujuba* var. *inermis*, three decarboxylated amino acids were identified, which may be derived from branched-chain amino acids.

Then, in vitro protease digests from the other crude drugs were subjected to precursor ion scanning and examined to determine whether isobutylamine, 2-methylbutylamine, and isoamylamine were present in the digests (Fig. 4). The amounts

![Fig. 3. Identification of Isobutylamine](image)

![Fig. 4. Precursor Ion Scanning of the in Vitro Protease Digests from Six Crude Drugs](image)
of decarboxylated amino acids were precisely measured in the digests from the crude drugs by MRM (Table 1). Isobutylamine was detected at a high content in the digest from the fruit of *Ziziphus jujuba* var. *inermis*, whereas a much lower content was detected in the rhizome of *Atractylodes macrocephala*. Isoamylamine and 2-methylbutylamine were not detected in the digests from the other crude drugs.

**Detection of Tyramine in the Protease Digests from All the Crude Drug Extracts**

The AQC derivatives of the hydrophilic fraction of other crude drug extracts were further examined. Very small peaks at 23.5 min in the total ion chromatogram were found in the *in vitro* protease digests of all the crude drugs used in this study. This AQC fragment ion was expected to be tyramine, which is a decarboxylated form of tyrosine. MRM using tyramine as a standard compound confirmed that the 23.5-min peak was derived from tyramine. The content of tyramine was measured in the digests from the crude drugs by MRM analysis (Fig. 5), which suggested that the content of tyramine was much lower than those of isobutylamine, isoamylamine, and 2-methylbutylamine (Table 1).

**Suppression of NO Production by Four Decarboxylated Amino Acids in Hepatocytes**

We examined whether decarboxylated amino acids affect NO production in IL-1β-treated hepatocytes. When isobutylamine, which was the most abundant (Table 1), was added to the medium, it decreased IL-1β-induced NO production in a dose-dependent manner (Fig. 6). In contrast, the hydrophilic fraction of the extract from the fruit of *Ziziphus jujuba* var. *inermis* showed a slight decrease in NO levels. The LDH activity in the medium including each decarboxylated amino acid and the hydrophilic fraction showed much lower LDH activity than that of the whole cell extract (data not shown), suggesting that they were not cytotoxic at the concentrations applied. Similarly, the other three decarboxylated amino acids significantly inhibited NO production without showing cytotoxicity at the concentrations applied. The IC₅₀ values calculated from these data are summarized in Table 2.

In addition, direct NO quenching activity of either decarboxylated amino acid was not observed (data not shown).

---

**Table 1. Decarboxylated Amino Acids Derived from Crude Drugs**

| Crude drug (Japanese name) | Isobutylamine [pmol/mg fraction]a | Isoamylamine [pmol/mg fraction]a | 2-Methylbutylamine [pmol/mg fraction]a | Tyramine [pmol/mg fraction]a |
|---------------------------|-----------------------------------|---------------------------------|----------------------------------------|---------------------------|
| Fruit of *Ziziphus jujuba* Miller var. *inermis* Rehder | 69.9 ± 4.30 | 18.5 ± 0.695 | 3.96 ± 0.204 | 0.437 ± 0.112 |
| Seed of *Ziziphus jujuba* Miller var. *spinosa* Hu et H. F. Chou | — | — | — | 0.327 ± 0.019 |
| Rhizome of *Atractylodes macrocephala* Koidzumi | 0.197 ± 0.019 | — | — | 1.200 ± 0.050 |
| Rhizome of *Atractylodes chinensis* Koidzumi | — | — | — | 0.216 ± 0.004 |
| Flower of *Artemisia capillaris* Thunberg | — | — | — | 0.880 ± 0.040 |
| Root of *Angelica acutiloba* Kitagawa | — | — | — | 0.116 ± 0.021 |

a) The hydrophilic fraction of the extracts of crude drugs was digested by protease, AQC-derivatized, and analyzed using LC-MS/MS, as described in Materials and Methods. The amount of decarboxylated amino acids derived from crude drugs was identified and measured. The content was calculated as each decarboxylated amino acid (pmol) divided by the dried hydrophilic fraction (mg).
Therefore, the IC$_{50}$ values of decarboxylated amino acids on NO production were calculated under the criteria described in the Materials and Methods. As summarized in Table 2, the four decarboxylated amino acids exhibited significant decreases in IL-1$\beta$-induced NO production in hepatocytes. Because the hydrophilic fraction of the extract from the fruit of *Ziziphus jujuba* var. *inermis*, which was not digested by protease, showed little suppressing effect on NO production (Fig. 6), its IC$_{50}$ value could thus not be calculated. Similarly, undigested hydrophilic fraction of the extracts from the other five crude drugs did not significantly suppress NO production (data not shown).

**Decarboxylation of Branched-Chain Amino Acids** To detect free amino acids in the undigested hydrophilic fraction of the fruit of *Ziziphus jujuba* var. *inermis*, this fraction was directly derivatized by AQC and analyzed using LC-MS/MS. This analysis indicated that valine, isoleucine, and leucine were not detected in this fraction (data not shown).

Next, to examine whether branched-chain amino acids are substrates of proteases, valine, isoleucine, and leucine were subjected to *in vitro* digestion by proteases (endopeptidase and exopeptidase). When calculated from observed peaks of AQC derivatives in the exopeptidase digest, molar ratios of a decarboxylated amino acid to corresponding amino acid were 0.025% (isobutylamine/valine), 0.022% (2-methylbutylamine/isoleucine), and 0.016% (isoamylamine/leucine). These results imply that traces of branched-chain amino acids were decarboxylated during *in vitro* protease digestion.

**DISCUSSION**

When a crude drug is orally administered, hydrophilic (water-soluble) constituents are degraded by endopeptidases and exopeptidases. LC-MS/MS analyses of *in vitro* protease digests of hydrophilic constituents from six crude drugs indicated that primary amines were successfully identified after AQC derivatization. The compounds identified were decarboxylated amino acids (*i.e.*, isobutylamine, 2-methylbutylamine, and isoamylamine), which were characterized at a high content in the digest from the fruit of *Ziziphus jujuba* var. *inermis* (Table 1). Isobutylamine and 2-methylbutylamine are known as food additives for flavoring, and there is no safety concern with these compounds. Furthermore, tyramine, a decarboxylated tyrosine, was identified in the digests from all the crude drugs. Therefore, four decarboxylated amino acids in total were identified as the products after *in vitro* protease digestion of the crude drugs of Kampo medicine.

It is expected that some compounds in protease digests are pharmacologically active, for example, showing anti-inflammatory effects. Many crude drugs and their constituents suppress NO production, which correlates with their anti-inflammatory effects in hepatocytes. When the four decarboxylated amino acids were examined, all of them significantly inhibited NO production (Table 2). In contrast, the undigested hydrophilic fraction of the extract from the fruit of *Ziziphus jujuba* var. *inermis* showed only a slight decrease in NO production (Fig. 6). The hydrophilic fraction from this crude drug contained protein (15.9 µg per mg fraction in dry weight, 1.59%) but mostly consisted of fructose and glucose. It is plausible that the hydrophilic fraction had little effect on NO production because fructose and glucose did not inhibit NO production. As shown in Table 2, the IC$_{50}$ values of the decarboxylated amino acids on NO production ranged from 0.833 mM (tyramine) to 4.23 mM (isobutylamine). The IC$_{50}$ values of other constituents or drugs were 0.652 mM (chlorogenic acid), 2.89 mM (acetaminophen), and 7.01 mM (aspirin) in hepatocytes. Comparison of these values implies that decarboxylated amino acids may have comparable potency to those compounds.

In our previous study using hepatocytes, the hydrophilic fraction of many crude drug extracts did not show high potency on NO production. Similarly, the hydrophilic fraction of the extract from the fruit of *Ziziphus jujuba* var. *inermis* had low potency (Fig. 6). In addition, valine, isoleucine, leucine, or tyrosine did not significantly inhibit NO production. This study clearly demonstrated that the four decarboxylated amino acids significantly inhibited NO production (Fig. 6). Taken together, both normal amino acids and decarboxylated amino acids, which were produced by the digestion of crude drugs, may be responsible for their anti-inflammatory effects *in vivo*.

How decarboxylated amino acids are formed during *in vitro* protease digestion of the hydrophilic fraction of the fruit of *Ziziphus jujuba* var. *inermis* has not been elucidated. It is unlikely that free amino acids in the digests are decarboxylated. As above-mentioned, the branched-chain amino acids were not detected in the undigested hydrophilic fraction of the fruit of *Ziziphus jujuba* var. *inermis*. When valine, isoleucine,
and leucine were subjected to in vitro protease digestion, they were hardly decarboxylated, suggesting that the proteases used in this study does not include branched-chain amino acid decarboxylase. Furthermore, decarboxylation of branched-chain amino acids seems to be unfavorable with regards to chemical reactions. It is rather possible that C-terminal decarboxylated amino acid residues of peptides were cleaved during digestion.

The four decarboxylated amino acids identified in this study were detected in the cecum and colon of horses, although bacterial amino acid decarboxylase in the intestine may be involved. In humans, the microflora is not formed in the intestine of newborns at birth but is gradually formed by breast milk feeding. Isoamylamine and tyramine were detected in the feces of newborns, as well as the breast milk of mothers, within 30d after childbirth. Recently, the mouse Gm853 gene was found to encode leucine decarboxylase, which catalyzes the reaction to form isoamylamine from leucine and is expressed in the kidney. Any other mammalian branched-chain amino acid decarboxylase was not found in the literatures that we have searched to date. It is speculated that both endogenous amino acid decarboxylase and bacterial amino acid decarboxylase may produce primary amines in the body. It is also possible that the fruit of Ziziphus jujuba var. inermis has an enzyme that decarboxylates C-terminal branched-chain amino acid residues of peptides.

Our approach using in vitro protease digestion enabled us to find decarboxylated amino acids showing anti-inflammatory activity. Proteins and peptides in the hydrophilic fraction from crude drug extracts are difficult to investigate because they are degraded and metabolized after oral administration. It is highly possible that the hydrophilic fraction is digested to form protease-resistant peptides that possess a variety of pharmacological activities. Recently, Memarpoor-Yazdi et al. reported that bioactive tripeptides in the protease digest protein from the fruit of Ziziphus jujuba var. inermis. They used trypsin and papain (plant protease) for in vitro digestion and found that a protease-resistant tripeptide (Ile-Glu-Arg) competitively inhibited rabbit angiotensin converting enzyme. Therefore, the current study may be applied to pharmacological studies on proteins and peptides and facilitate understanding how crude drugs and Kampo medicine manifest their effects in vivo.

Acknowledgments We thank our students, Mr. Yuma Nishimoto, Mr. Toshinari Ishii, Ms. Nana Toyao, Ms. Yuri Mizuta, Mr. Yuya Kamikawa, Mr. Toshitaka Suematsu, and Mr. Mitsuhiro Aoyagi, for fractionation of crude drugs; Dr. Tetsuya Okuyama for his technical suggestions; and Ms. Noriko Kanazawa for her secretarial assistance. S.S. was supported by the Scholarship Fund for Young/Women Researchers of the Promotion and Mutual Aid Corporation for Private Schools of Japan. This work was supported in part by the Asia-Japan Research Institute of Ritsumeikan Asia-Japan Research Organization, Ritsumeikan University.

Conflict of Interest S.M. performed this study as an undergraduate student of the College of Life Sciences, Ritsumeikan University. The other authors declare no conflict of interest.

Supplementary Materials This article contains supplementary materials.

REFERENCES

1) Ohno N, Yoshigai E, Okuyama T, Yamamoto Y, Okumura T, Sato K, Ikeya Y, Nishizawa M. Chlorogenic acid from the Japanese herbal medicine Kinginka (Flos Lonicerae japonicae) suppresses the expression of inducible nitric oxide synthase in rat hepatocytes. HOAJ Biol., 1, 2 (2012).

2) Fujii A, Okuyama T, Nakame K, Okumura T, Ikeya Y, Nishizawa M. Identification of anti-inflammatory constituents in Phellodendron Cortex and Coptidis Rhizoma by monitoring the suppression of nitric oxide production. J. Nat. Med., 71, 745–756 (2017).

3) Yamauchi Y, Okuyama T, Ishii T, Okumura T, Ikeya Y, Nishizawa M. Sakuranetin downregulates inducible nitric oxide synthase expression by affecting interleukin-1 receptor and CAAAT-enhancer-binding protein β. J. Nat. Med., 73, 355–368 (2019).

4) Ningsih FN, Okuyama T, To S, Nishidono Y, Okumura T, Tanaka K, Ikeya Y, Nishizawa M. Comparative analysis of anti-inflammatory activity of the constituents of the rhizome of Cnidium officinale using rat hepatocytes. Biol. Pharm. Bull., 43, 1867–1875 (2020).

5) Kitade H, Sakitani K, Inoue K, Masu Y, Kawada N, Hiramatsu Y, Kamiyama Y, Okumura T, Ito S. Interleukin 1β markedly stimulates nitric oxide formation in the absence of other cytokines or lipopolysaccharide in primary cultured rat hepatocytes but not in Kupffer cells. Hepatology, 23, 797–802 (1996).

6) Colasanti M, Suzuki H. The dual personality of NO. Trends Pharmacol. Sci., 21, 249–252 (2000).

7) Nishizawa M, Okumura T, Ikeya Y. Assessment of anti-inflammatory effects of Japanese Kampo medicine and functional foods. Functional Foods in Health and Disease, 9, 79–91 (2019).

8) Hattori M. Intestinal bacteria play a significant role in the medicinal effects of Kampo medicines. Journal of Intestinal Microbiology, 26, 159–169 (2012). doi: 10.11209/jim.26.159

9) Matsumoto M, Ishige A, Yazawa Y, Kondo M, Muramatsu K, Watanebe K. Promotion of intestinal peristalsis by Bifidobacterium spp. capable of hydrolysing sennosides in mice. PLOS ONE, 7, e31700 (2012).

10) Tanemoto R, Okuyama T, Matsuo H, Okumura T, Ikeya Y, Nishizawa M. The constituents of licorice (Glycyrrhiza uralensis) differentially suppress nitric oxide production in interleukin-1β-treated hepatocytes. Biochem. Biophys. Rep., 2, 153–159 (2015).

11) Miki H, Tokuhara K, Oishi M, Tanaka Y, Nakatake R, Ueyama Y, Kaibori M, Nishizawa M, Okumura T, Kon M. Elental® amino acid component has protective effects on primary cultured hepatocytes and a rat model of acute liver injury. Nutr. Res., 42, 71–84 (2017).

12) Elbarbary HA, Ejima A, Sato K. Generation of antibacterial peptides from crude cheese whey using pepsin and rennet enzymes at various pH conditions. J. Sci. Food Agric., 99, 555–563 (2019).

13) Chen L, Ejima A, Gu R, Lu J, Cai M, Sato K. Presence of exopeptidase-resistant and susceptible peptides in a bacterial protease digest various pH conditions. J. Agric. Food Chem., 67, 11948–11954 (2019).

14) Sato K. Structure, content, and bioactivity of food-derived antioxidant peptides. J. Agric. Food Chem., 43, 41–50 (2019).

15) Wuachukwu ID, Aluko RE. Structural and functional properties of food protein-derived antioxidant peptides. J. Food Biochem., 43, 367–385 (2019).

16) Oishi M, Keyono T, Sato K, Tokuhara K, Tanaka Y, Miki H, Nakatake R, Kaibori M, Nishizawa M, Okumura T, Kon M. pyroGlu-Leu inhibits the induction of inducible nitric oxide synthase in interleukin-1β-stimulated primary cultured rat hepatocytes. Nitric Oxide, 44, 81–87 (2015).

17) Shibazako S, Koizumi Y, Tomari N, Nakamura Y, Matsumura Y, Ikeda K, Inagaki N, Sato K. Pyrogulathyl leucine, a peptide in fermented foods, attenuates dysbiosis by increasing host antimicrobial peptide. NPJ Sci. Food, 3, 18 (2019).
18) Ejima A, Nakamura M, Suzuki YA, Sato K. Identification of food-derived peptides in human blood after ingestion of corn and wheat gluten hydrolysates. *J. Food Bioact.*, 2, 104–111 (2018).

19) The Committee on the Japanese Pharmacopoeia. *The Japanese Pharmacopoeia*, 18th edn., The Minister of Health, Labour and Welfare, Tokyo (2021).

20) Ishii T, Okuyama T, Noguchi N, Nishidono Y, Okumura T, Kaibori M, Tanaka K, Terabayashi S, Ikeya Y, Nishizawa M. Antiinflammatory constituents of *Atractylodes chinensis* rhizome improve glomerular lesions in immunoglobulin A nephropathy model mice. *J. Nat. Med.*, 74, 51–64 (2020).

21) Asai T, Takahashi A, Ito K, Uetake T, Matsumura Y, Ikeda K, Inagaki N, Nakata M, Imanishi Y, Sato K. Amount of collagen in the meat contained in Japanese daily dishes and the collagen peptide content in human blood after ingestion of cooked fish meat. *J. Agric. Food Chem.*, 67, 2831–2838 (2019).

22) Kanemaki T, Kitade H, Hiramatsu Y, Kamiyama Y, Okumura T. Stimulation of glycogen degradation by prostaglandin E₂ in primary cultured rat hepatocytes. *Prostaglandins*, 45, 459–474 (1993).

23) Green LC, Wagner DA, Glogowski J, Skipper PL, Wishnok JS, Tannerbaum SR. Analysis of nitrate, nitrite, and \[^{15}\text{N}\]nitrate in biological fluids. *Anal. Biochem.*, 126, 131–138 (1982).

24) Inaba H, Yoshigai E, Okuyama T, Murakoshi M, Sugiyama K, Nishino H, Nishizawa M. Antipyretic analgesic drugs have different mechanisms for regulation of the expression of inducible nitric oxide synthase in hepatocytes and macrophages. *Nitric Oxide*, 44, 61–70 (2015).

25) Food Safety Commission of Japan. Isobutylamine, isopropylamine, sec-butylamine, propylamine, hexylamine, pentylamine and 2-methylbutylamine (flavoring substances). *Food Saf.* (Tokyo), 7, 54–55 (2019).

26) Bailey SR, Marr CM, Elliott J. Identification and quantification of amines in the equine caecum. *Res. Vet. Sci.*, 74, 113–118 (2003).

27) Suárez L, Moreno-Luque M, Martínez-Ardines I, González N, Campo P, Huerta-Cima P, Sánchez M. Amine variations in faecal content in the first weeks of life of newborns in relation to breast-feeding or infant formulas. *Br. J. Nutr.*, 122, 1130–1141 (2019).

28) Lambertos A, Ramos-Molina B, Cerezo D, López-Contreras AJ, Petäniälä R. The mouse Gmb553 gene encodes a novel enzyme: leucine decarboxylase. *Biochim. Biophys. Acta Gen. Subj.*, 1862, 365–376 (2018).

29) Memarpoor-Yazdi M, Zare-Zardini H, Mogharrab N, Navapour L. Purification, characterization and mechanistic evaluation of angiotensin converting enzyme inhibitory peptides derived from *Zizyphus jujuba* Fruit. *Sci. Rep.*, 10, 3976 (2020).