Mechanical and water vapor permeability properties of biodegradable films based on methylcellulose, glucomannan, pectin and gelatin

Hulda Noemi Mamani CHAMBI1*, Carlos Raimundo Ferreira GROSSO1

Abstract
Mimetic biological structures such as the cell wall of plant tissues may be an alternative to obtain biodegradable films with improved mechanical and water vapor barrier properties. This study aims to evaluate the mechanical properties and water vapor permeability (WVP) of films produced by using the solvent-casting technique from blended methylcellulose, glucomannan, pectin and gelatin. First, films from polysaccharides at pH 4 were produced. The film with the best mechanical performance (tensile strength = 72.63 MPa; elongation = 9.85%) was obtained from methylcellulose-glucomannan-pectin at ratio 1:4:1, respectively. Then, gelatin was added to this polysaccharide blend and the pH was adjusted to 4, 5 and 6. Results showed significant improvement in WVP when films were made at pH 5 and at polysaccharides/gelatin ratio of 90/10 and 10/90, reaching 0.094 and 0.118 g.mm/h.m².kPa as values, respectively. Films with the best mechanical properties were obtained from the blend of polysaccharides, whereas WVP was improved from the blend of polysaccharides and gelatin at pH 5.

Keywords: polysaccharides; proteins; films; biodegradable materials.

1 Introduction
Interest in edible films is connected with the development of easily degradable packaging, non-aggressive to the environment (CHEN, 1995; KOELSCH, 1994). Natural polymers such as proteins and polysaccharides, offer great opportunities, since their biodegradability and environmental compatibility are assured (KROCHTA; DE MULDER-JOHNSON, 1997). However, films produced with these materials have low water vapor barrier property and low mechanical resistance in comparison with films produced from synthetic polymers.

Several studies have been carried out to improve film performance such as the cross-linking of the polymeric chains (CARVALHO; GROSSO, 2004; HERNÁNDEZ-MUÑOZ; VILLALOBOS; CHIRALT, 2004; CHAMBI; GROSSO, 2006), the addition of hydrophobic compounds (TANADA-PALMU; GROSSO, 2002) and blended polysaccharides and/or proteins (XIAO et al., 2001a,b; CIEŚLA; SALMIERI; LACROIX, 2006; WANG et al., 2007).

Another alternative to obtain films with good performance would be through mimetic biological structures such as the cell wall composed of a three-dimensional network of cellulose, pectin, hemicelluloses (xylan, mannans, xyloglucans) and structural proteins (CHANLIAUD et al., 2002; KERSTIENS, 1996). This network should be able to bear high-strain strength allowing reversible deformation, in reply to the osmotic pressure caused by the cell turgescence (CHANLIAUD et al., 2002).

Cellulose, the most abundant organic polymer in the world, is a linear homopolymer constituted by glucose molecules linked by highly polar and hydrophilic glycosidic bonds β(1-4); however, it is insoluble in water (JUNQUEIRA, 1997). In order to provide solubility, cellulose is esterified

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1 Food & Nutrition Department, Faculty of Food Engineering, State University of Campinas – UNICAMP, Rua Monteiro Lobato, 70, CEP 13083-862, Campinas, SP, Brazil, e-mail: huldanoemi@yahoo.com.br
*Corresponding author
with aqueous caustic soda, and then with methyl chloride, propylene oxide or sodium monochloroacetate to yield methylcellulose (MC), hydroxypropyl methylcellulose (HPMC), hydroxypropylcellulose (HPC) and sodium carboxymethylcellulose (CMC) (ZECHER; GERRISH, 1997). MC is the least hydrophilic cellulose ester, which shows thermal gelation and makes excellent films (DONHOWE; FENNEMA, 1993; DEBEAUFORT; VOILLEY, 1997; TURHAN; SAHBZAD, 2004).

From the hemicelluloses, glucomannan has been studied in films production (KOHYAMA et al., 1992; YOO; LEE; LIM, 1997; CHENG et al., 2002). Glucomannan is a non-ionic polysaccharide composed by glucose and mannose units linked by β(1-4) bonds with ramifications every 10-11 residues in the primary chain (MAEDA et al., 1999), and it is mainly obtained from Amorphophallus konjac C. Koch.

Pectin is a polysaccharide rich in D-galacturonic acid that is mainly obtained from citric peels or apple skin (MAY, 1997) and it may have high or low level of esterification degree; it is also used for films production (MAFTOONAZAD; RAMASAMY; MARCOTTE, 2007; LIU et al., 2007).

The structural proteins in the cell wall are classified as to their predominant amino acid composition: hydroxyproline-rich glycoproteins, proline-rich proteins and glycine-rich proteins (CARPITA; MCCANN, 2000; TAIZ; ZEIGER, 2002). Gelatin is a protein of animal origin, obtained from collagen and it has functional properties that are suitable for film production (DJAGNY; WANG; XU, 2001; CAO; YANG; FU, 2009). In addition, it has a high content of hydroxyproline, proline and glycine amino acids, present in high concentrations in the cell wall structural proteins (GENNADIOS et al., 1994; CARPITA; MCCANN, 2000; TAIZ; ZEIGER, 2002).

Most studies focus on the use of two biopolymers in film production as the binary blends of glucomannan/sodium carboxymethylcellulose, cassava starch/arabinoxylan, agar/arabinoxylan, and agar/cassava starch (XIAO et al., 2001a; PHAN THE et al., 2009). Films from three polysaccharides were obtained by Tong, Xiao and Lim (2008), who blended pullulan with alginate and carboxymethylcellulose. Wang et al. (2007) obtained films from blends of two polysaccharides (glucomannan and sodium alginate) and a protein (collagen). The barrier and mechanical properties of whey-based protein films were improved by adding either sodium alginate or pectin (PARRIS et al., 1995) or methylcellulose (ERDOHAN; TURHAN, 2005). Gelatin-based films were improved by adding small amounts of polysaccharides, such as gellan and k-carrageenan (PRANOTO; LEE; PARK, 2007) or glucomannan (XIAO et al., 2001b). Pectin-based films were improved by adding small amounts of either fish skin gelatin or wheat gluten (LIU et al., 2007).

The aims of this study were to produce films from blends of methylcellulose, glucomannan, pectin and gelatin; to evaluate the effects of component and pH ratios in the resulting films; and to determine ratios and conditions that result in films with better mechanical properties and water vapor permeability.

2 Materials and methods

2.1 Materials

Methylcellulose, METHOCEL A4M, donated by Dow Brasil S.A. Company (São Paulo, Brazil); konjac flour KONJAC M202, whose main polysaccharide is glucomannan, donated by Kalys S.A. Company (Saint-Ismier, France); pectin with a high degree of esterification (DE about 75%), PECTINA GENU®, donated by CP Kelco Brasil S.A. Co. (Limeira, Brazil); and bovine skin type B gelatin, donated by ‘Indústria Gelita do Brasil Ltda.’ (São Paulo, Brazil), potassium sorbate purchased from Plury Quimica Ltda. Company (Diadema, Brazil). Other reagents used in the experiments were of analytical grade.

2.2 Film formation

Films were produced by using the solvent-casting technique, without plasticizers and in two stages. First, polysaccharides-based films (methylcellulose, glucomannan and pectin) were produced in different proportions in order to find out the formulation that resulted in films with better performance. This formulation was used in the second stage of the study along with gelatin. In both stages, the formulation composition effect on film properties was evaluated. The effect of the pH was evaluated in the second stage of the study.

For polysaccharide-based films, methylcellulose (1%), glucomannan (0.75%) and pectin (1%) aqueous solutions were prepared in the presence of potassium sorbate (0.2 g.100 g⁻¹ of polysaccharide). Potassium sorbate was used to prevent fungus growing during the drying stage of films. Methylcellulose was dispersed in a small amount (¼ of the total water) of hot water at 80 °C and then, cold water at 10 °C was added to complete the total water volume. The dispersion was kept under constant agitation until complete solubilization. Pectin and glucomannan were dispersed in distilled water (at room temperature, 25 ± 1 °C) under constant agitation until complete solubilization. Yet, the glucomannan solution was centrifuged (Damon/IEC Division Spinner, model HN-S, Needham, USA) at 3000 × g for 40 minutes in order to remove insoluble solids that could damage the film appearance. To obtain films with a desired ratio for each polysaccharide, different volumes of the three solutions were blended for 1 hour. The pH of each polysaccharide solution was adjusted to 4 with HCl (0.05N) and NaOH (0.05N) and re-adjusted during the mixture, when necessary, in order to assess the antimicrobial effectiveness. The ratio, on dry mass basis, of those three polysaccharides (Table 1) was designed by Statistica 5.5 Software (Statsoft, Tulsa, USA) using the simplex-centroid experimental design.

For polysaccharides/gelatin-based films, Formulation 9 (Table 1) was used in combination with gelatin only. In order to do so, the solution containing polysaccharides was added to the aqueous gelatin solution (3%) at ratios, on dry mass basis, of 10/0, 9/1, 7/3, 5/5, 3/7, 1/9, and 0/10, respectively, and the set was blended at 100 rpm for 30 minutes using a mechanical shaker (Ika Labortecnik, IKA RW20.n, Staufen, Germany) at room temperature. As the pH of type B gelatin varies from 4.8 to 5.2 (POPPE, 1997), the pH of the blends was adjusted to 4, 5, and 6 to evaluate the effect of gelatin repulsive and attractive
forces on the film properties. The pH was adjusted with HCl (0.05N) and NaOH (0.05N) in each biopolymer solution and re-adjusted during the mixture, when necessary.

Film-forming solutions containing polysaccharides and gelatin were spread onto polyester plates and they were dehydrated under natural conditions (25 ± 1 °C, 50 ± 2% relative humidity, RH) for 60 hours. The formed films were removed from the plates and kept at 25 ± 1 °C in a desiccator containing saturated solution of Mg(NO₃)₂·6H₂O (50 ± 2% RH) for 72 hours before film characterization.

2.3 Film characterization

Humidity content

The humidity content was determined gravimetrically and in triplicate in accordance with AOAC (ASSOCIATION..., 1997), using an oven with air circulation and renewal (Tecnal, model TE-394/2, São Paulo, Brazil) at 110 °C, until steady weight was accomplished.

Film thickness

Film thickness was measured by using a digital micrometer (Mituto, Tokyo, Japan) with 0 – 25 mm scale and 0.001 mm accuracy. The values showed represent the means of seven measurements randomly taken during each evaluated sample.

Mechanical properties

The mechanical properties were determined according to the ASTM D882-98 (AMERICAN..., 1998) method, using a texture analyzer (Stable Micro Systems, TA-XT2, Godalming, UK) and the Texture Expert V. 1.22 Software. Films were cut into 25 mm wide strips and at least 10 cm long. The grip separation and crosshead speed were 50 mm and 1 mm/s, respectively. Film thickness varied from 0.019 to 0.028 mm. Mechanical determinations were made in triplicate.

Water vapor permeability

The WVP was determined gravimetrically according to the ASTM E96-95 (AMERICAN..., 1995) method. The films were fixed over acrylic cells (with a depth of 21 mm and an internal diameter of 44 mm). The interior of the cell was filled with calcium chloride (0% RH) in such a way that the distance between the chloride surface and the surface in the lower side of the film was about 10 mm. Then, the cells were placed in desiccators containing saturated solution of NaCl (75.0 ± 2% RH) and weighed on analytical scale (Ohaus, AS200, Florham Park, USA) with 0.0001 g accuracy at 0, 8, 24, 32 and 48 hours. Determinations were made in triplicate and the WVP was calculated through Equation (1).

\[
WVP = \left( \frac{w}{t} \right) \cdot x \cdot \Delta P \cdot A
\]

where, \(w/t\) (g/h) corresponds to the water mass absorbed by the system as to the time calculated by linear regression \(R^2 > 0.99\) from weight date obtained during 48 hours, \(A\) (m²) is the exposed film area, \(x\) (mm) is the film thickness (0.019 – 0.028 mm), and \(\Delta P\) (kPa) is the partial pressure difference through the film calculated through Equation (2).

\[
\Delta P = S \left( R_f - R_j \right)
\]

\(S\), is the saturated vapor pressure at 25 °C (3166 kPa), \(R_f\) and \(R_j\) are the relative humidity in the desiccator (0.75) and in the interior of the cell (0.0), respectively, expressed in fractions.

2.4 Statistical analyses of results

The experimental results were evaluated using the ANOVA test and Tukey’s multiple test, making use of the statistic program ‘Statistical Analysis Systems’ (SAS, Version 8.0, Cary, USA). The statistical analyses were carried out within the 95% confidence interval.

3 Results and discussion

3.1 Properties of polysaccharides-based films

Mechanical properties

The tensile strength (TS) and elongation (E) values are within values reported in the literature for films based on methylcellulose (8 – 71 MPa and 6 – 14%) (DONHOWE; FENNEMA, 1993; TURHAN; ŞAHBAZ, 2004), arabinoxylan...
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(27 MPa and 7%) (PÉROVAL et al., 2002), glucomannan (80 MPa and 33%) and chitosan (66 MPa and 32%) (YE et al., 2006) obtained without plasticizers. The differences would be due to physical and chemical characteristics of the used polysaccharides, film production conditions and different thickness obtained. For instance, Ye et al. (2006) worked with purified glucomannan, whereas the current study used glucomannan that still had some fat and protein traces, according to the product specifications. Turhan and Şahbaz (2004) worked with different methylcellulose concentrations and observed that the higher the concentration, the higher the TS values and the film elongation, referred to concentrations that led to good polysaccharide solubilization and good film-forming solution spreading on the plate. The same tendency was also observed by Maftoonazad, Ramaswamy and Marcotte (2007) for high methoxyl pectin-based films plasticized with sorbitol. In the present research, low polysaccharide concentrations (0.75% and 1%) were used because higher concentrations made it difficult to blend and spread the film-forming solution onto the plate, mainly due to the high viscosity of glucomannan.

Films obtained from the binary blend of glucomannan/pectin (F6) and from the ternary blend having a high glucomannan ratio (F9) (Table 1), presented higher TS values than those observed for individual components, indicating synergic interactions between the polysaccharides in these blends. On the other hand, the other blends resulted in films with TS values either similar to or lower than the ones in films based on individual components, indicating that the polysaccharide ratio affected their interactions significantly. Hence, when the main film fraction was methylcellulose or pectin (Table 1), the TS was reduced. Meanwhile, when glucomannan was the main film fraction, the TS was significantly improved. The effect of the biopolymer ratio on the mechanical properties of blended films was also observed by Xiao et al. (2001a), Ye et al. (2006) and Li et al. (2006) for films with binary blends of sodium carboxymethylcellulose/glucomannan and chitosan/glucomannan, in which a high glucomannan ratio in the formulation resulted in films with high TS and elongation values.

In films obtained with binary blends containing methylcellulose, there was no synergic interaction between the components that resulted in TS improvement as observed in the pectin/glucomannan binary blend. Nevertheless, in films obtained with ternary blends containing low methylcellulose ratio, significant improvements in the mechanical properties were observed (F9). The use of three polysaccharides altogether, instead of two, in film production was also favorable for Tong, Xiao and Lim (2008). According to these authors, adding concentrations higher than 50% of sodium alginate or carboxymethylcellulose (CMC) to pullulan significantly jeopardized the mechanical performance of the resulting binary films. However, the combined addition of alginate and CMC to pullulan, in order to form a three-component film, allowed the incorporation of a greater ratio of alginate and CMC with smaller loss of mechanical performance.

The film obtained with a high glucomannan ratio (F9, Table 1) that showed the highest TS also had the highest elongation (9.9%) when compared to other formulations (2.3% - 5.6%). The high elongation value observed for this film (F9, Table 1) may be attributed to the highly ramified nature of glucomannan (MAEDA et al., 1999) that can lead to a looser molecular network and molecular movement, which is relatively free, then obtaining more flexible films.

When compared to values reported for synthetic films (PÉROVAL et al., 2002), TS values obtained were higher than those observed for low-density polyethylene – LDP (13 - 28 MPa) and lower than those for cellophane (114 MPa). Nevertheless, these synthetic films showed higher elongation values (LDP = 100%, cellophane = 20%) than the results obtained in the current study.

As films were made without plasticizers, the influence of humidity content on the elongation results was evaluated, because water molecules can also act as plasticizing agents, increasing mobility between polymer chains. Low, intermediate and high humidity contents were observed in films made from methylcellulose, glucomannan and pectin, respectively, and the ternary blends with higher ratio of these polysaccharides presented the same tendency (Table 1). For films that showed high (10.5%) and low (2.9% and 3.4%) humidity contents, there was no significant difference between elongation values (2.6% - 4.4%). On the other hand, films made from glucomannan or from the blend with higher ratio of this biopolymer (F9) presented intermediate humidity content (6.5% ± 8.6%) and higher elongation values (5.6% and 9.9%). Thus, there is no direct relationship between humidity content and elongation values.

**Water vapor permeability**

The WVP values obtained (Table 1) were similar to those obtained for films without plasticizers made from methylcellulose (0.312 g.mm/m².h.kPa) (DONHOWE; FENNEMA, 1993), arabinoxylan (0.635 g.mm/m².h.kPa) (PÉROVAL et al., 2002) and hydropropylmethylcellulose (0.358 g.mm/m².h.kPa) (PHAN THE et al., 2002). The binary and ternary polysaccharide blends did not result in significant improvement in WVP when compared to individual components. There was a significant increase in WVP in the films made from the methylcellulose/glucomannan binary blend or from the ternary blend containing high methylcellulose ratio (Table 1). Films made from other blends had WVP values with no significant difference when compared to the WVP values of methylcellulose and pectin films (Table 1). The lowest WVP value was observed in glucomannan-based films. Li et al. (2006) did not observe improvements in WVP either, due to the blend of different glucomannan and chitosan ratios; and other authors (XIAO et al., 2001a; YE et al., 2006; LI et al., 2006) have reported the results only as to the film mechanical properties.

**3.2 Polysaccharide and gelatin films**

Properties of polysaccharide-gelatin-based films with different ratios and pH values are presented in Figures 1, 2 and 3. For every formulation, the polysaccharides included methylcellulose, glucomannan and pectin at ratio 1:4:1, respectively (F9 in Table 1). This ratio resulted in films with
Mechanical Properties

The polysaccharide-based films presented TS values (69 – 76 MPa) higher than the gelatin-based films (59 – 63 MPa) and the mixture polysaccharide-gelatin-based films (42 – 72 MPa) produced at different pHs (Figure 1). The lowest values were observed in combinations containing the same gelatin and polysaccharide amounts, and the TS was reduced 37, 20 and 12% for films produced at pHs 4, 5 and 6, respectively, when compared to polysaccharides-based films. However, the combination between gelatin and small amounts of polysaccharides (gelatin/polysaccharides, 90/10) resulted in films with TS values higher than those in pure gelatin films, showing increase between 14 and 22% in TS to films produced at pH 4 and 6, respectively. Furthermore, tensile strength values of blended films and pure gelatin films, at pH 5, did not show significant differences (p > 0.05).

The influence of the component ratios on the mechanical properties of films made from polysaccharide and protein blends was also observed by Xiao et al. (2001b) and Zhong and Xia (2008). In films produced with different gelatin and glucomannan ratios, high TS values were observed for films containing high gelatin ratios (XIAO et al., 2001b). Likewise, in chitosan, starch and gelatin films, high TS values were observed for those films produced with low gelatin concentration and high cassava starch concentration (ZHONG; XIA, 2008). According to Zhong and Xia (2008), the significant increase in TS is attributed to the presence of intermolecular interactions between biopolymers; observations which were confirmed by the authors through infrared and X-ray analyses.

The elongation values decreased due to gelatin addition in the blends (Figure 2). A similar tendency was observed by Xiao et al. (2001b) for glucomannan/gelatin films, as elongation decreased as gelatin increased in the blends. Only a few differences were observed between films produced at different pHs in the same blend. Nevertheless, the film produced from the polysaccharides at pH 5 presented higher elongation values than other formulations. The high elongation value can be attributed to the highly ramified nature of glucomannan, which is found at a higher ratio (66.7%) in polysaccharide blends.

The TS and elongation values obtained (46.1 – 76.5 MPa and 2.9% – 13.6%) are within the range of values reported by the literature for films produced with sodium collagen-glucomannan-alginate blends (28.5 – 104 MPa and 8.2% – 14.8%) (WANG et al., 2007), gelatin-pectin (17 – 71.8 MPa and 2.5% – 6.4%) (LIU et al., 2007), gelatin- gellan gum or carrageenan (101.2 – 109.8 MPa and 5.0% - 6.8%) (PRANOTO; LEE; PARK, 2007), gelatin-glucomannan (10 – 38 MPa and 2.5% – 7.7%) (XIAO et al., 2001b), and gelatin modified potato starch (86.7 – 95.3 MPa and 2.4% – 2.7%) (ARVANITOYANNIS; NAKAYAMA; AIBA, 1998).

Water vapor permeability

WVP values varied as to pH and polysaccharide and gelatin ratios in the blend (Figure 3). Films produced from the polysaccharides at pH 5 had significantly lower WVP values than those produced at pHs 4 and 6 (Figure 3), indicating favorable interactions between methylcellulose, glucomannan...

![Figure 1](image1.png)  
**Figure 1.** Tensile strength of the polysaccharides and gelatin films at different pHs and components ratio. The results are expressed as means of each treatment and the error bars (1) represent the standard deviation.

![Figure 2](image2.png)  
**Figure 2.** Elongation of the polysaccharides and gelatin films at different pHs and components ratio. The results are expressed as means of each treatment and the error bars represent (1) the standard deviation.

![Figure 3](image3.png)  
**Figure 3.** Water vapor permeability (WVP) of the polysaccharides and gelatin films at different pHs and components ratio. The results are expressed as means of each treatment and the error bars represent (1) the standard deviation.
and pectin at pH 5. The smallest WVP values were observed in films produced with polysaccharides/gelatin ratios of 9/1 and 1/9 at pH 5, showing a reduction of approximately 43% when compared to polysaccharides only or gelatin only films. The results suggested that there were improvements in the barrier properties to water vapor when gelatin or polysaccharides were found in smaller amounts (~11% of protein or polysaccharide mass) in blends. These observations are in accordance with the literature, in which better mechanical properties and water vapor permeability were observed for fish gelatin films and calcium caseinate/ whey protein isolate films, due to addition of gellan gum, k-carrageenan, potato starch or sodium alginate in small amounts (2% - 5% of protein mass) (PRANOTO; LEE; PARK, 2007; CIESŁA; SALMIERI; LACROIX, 2006).

Considering that the type B gelatin isoelectric point varies from 4.8 to 5.2 (POPPE, 1997), below pH 4.8 gelatin is positively charged, whereas pectin, whose pKa varies from 3 to 3.3, (VORAGEN et al., 1995) is negatively charged. This situation could favor a better electrostatic association between these components in the blend at pH 4. Since the WVP value of the films was lower at pH 5, the electrostatic interaction may not have been determinant in decreasing the matrix porosity and consequently, increasing the barrier to water vapor diffusion through films. The pH effect on the WVP of films containing glucomannan, chitosan and soy protein isolate (SPI) was also evaluated by Jia, Fang and Yao (2009). In that study, the WVP of the films was reduced approximately 40% when the pH varied from 4 to 5. According to the authors, with an increase in pH values, the present forms and charge distribution of SPI and chitosan in the system will change, and more free amino groups will be present, forming more hydrogen bonds. In addition, possibly decreased solubility of SPI and chitosan at pH 5 may cause some of them sediment in the network, thus enhancing the compactness of the film. Therefore, the film showed the lowest WVP at this pH (JIA; FANG; YAO, 2009).

The lowest WVP value for the polysaccharides/gelatin blend at the ratio 9/1 (0.09 g.mm/h.m².kPa) is within the range of values reported in the literature for sodium caseinate, whey protein isolate and sodium alginate blended films (CIESŁA; SALMIERI; LACROIX, 2006), as well as to methylcellulose and whey protein isolate - blended films (ERDOHAN; TURHAN, 2005). When compared to synthetic materials, the value is lower than the values observed in cellophane films (0.248 g.mm/h.m².kPa) (PÉROVAL et al., 2002), and similar to the permeability value observed in PVC films (0.02 g.mm/h. m².kPa). However, it is higher than that observed in low density polyethylene (0.0072 g.mm/h.m².kPa) (PÉROVAL et al., 2002).

4 Conclusions

Both components ratio and different pH values of film-forming solution significantly affected not only the mechanical but also the WVP properties of films based on methylcellulose, glucomannan, pectin and gelatin. Considering films produced from polysaccharides, the ternary blend containing high glucomannan ratio (66.7%) resulted in films with high tensile strength and elongation values when compared to other films. Nevertheless, the binary and ternary polysaccharides blends did not result in significant improvements in the WVP of the films when compared to individual components. The polysaccharide-based films presented the best mechanical properties when compared to gelatin-based ones or those produced with different polysaccharides/gelatin blends. The TS values of gelatin-based films improved due to small amounts of polysaccharides (~11% of protein mass) added to the formulation. The pH allowed changes in interactions between polysaccharides and gelatin, resulting in films with water vapor barrier properties that were more effective at pH 5 and with polysaccharides/gelatin ratios of 9/1 and 1/9. The use of blends containing methylcellulose, glucomannan and pectin in films was effective in improving mechanical properties, whereas adding gelatin to the polysaccharide blend and adjusting the pH were effective in improving water vapor barriers properties.

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