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ABSTRACT
We report extensive numerical simulations of different models of 2D polymer rings with internal elasticity. We monitor the dynamical behavior of the rings as a function of the packing fraction to address the effects of particle deformation on the collective response of the system. In particular, we compare three different models: (i) a recently investigated model [N. Gnan and E. Zaccarelli, Nat. Phys. 15, 683 (2019)] where an inner Hertzian field providing the internal elasticity acts on the monomers of the ring, (ii) the same model where the effect of such a field on the center of mass is balanced by opposite forces, and (iii) a semi-flexible model where an angular potential between adjacent monomers induces strong particle deformations. By analyzing the dynamics of the three models, we find that in all cases, there exists a direct link between the system fragility and particle asphericity. Among the three, only the first model displays anomalous dynamics in the form of a super-diffusive behavior of the mean-squared displacement and of a compressed exponential relaxation of the density auto-correlation function. We show that this is due to the combination of internal elasticity and the out-of-equilibrium force self-generated by each ring, both of which are necessary ingredients to induce such a peculiar behavior often observed in experiments of colloidal gels. These findings reinforce the role of particle deformation, connected to internal elasticity, in driving the dynamical response of dense soft particles.

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I. INTRODUCTION
Unlike hard spheres, several colloidal particles employed in soft matter physics, such as microgels, micelles, emulsions, and star polymers, possess complex internal degrees of freedom, which provide them with an internal “softness.” This property can be defined as the ratio between the single-particle elastic energy and the thermal energy, and it manifests as the ability of soft particles to change both their volume and shape, by shrinking/swelling and deforming, thus affecting the mechanical and dynamical response as well as the phase behavior of the bulk suspensions they form. These effects become more and more important at high enough packing fractions where particles come into contact with each other. Softness was also shown to have a prominent influence on effective interactions, both in microgels and in star polymers. From a dynamical perspective, the presence of an inverse correlation between softness and dynamical fragility in the supercooled regime was put forward some years ago, and it is still a very debated issue both in experiments and in simulations. In addition, soft colloids can explore a variety of high density states, above the so-called jamming point, loosely defined here as the limit condition in which particles can fill the available space without deforming. Under these conditions, the internal degrees of freedom of the particles give rise to effects such as interpenetration, shrinking, and faceting, which dominate the unusual dynamics and rheological behavior of these particles.
To model soft objects, one usually relies on the use of simple coarse-grained models; for instance, in the case of microgels, a widely employed model is the Hertz potential, \(^5\), although it was recently shown that this can be considered to be valid only in the fluid regime. \(^6\) Indeed, such simple models obviously neglect the polymeric nature of particles, and some studies have started to consider modifications that allow to model some of the specific degrees of freedom of the particles. \(^7\)–\(^10\) In particular, Urich and Denton \(^7\) proposed to use a generalized Hertzian model that accounts for an isotropic change in particle volume, thus being able to model shrinking effects. An extension of this model, incorporating dynamical behavior and particle polydispersity, has been recently investigated by Baul and Dzubiella. \(^11\) A notable effort was also carried out by Higler and Sprakel, who investigated the dynamics of isotropically deswelling particles, finding no dependence of the fragility on their internal softness. \(^12\) In the need to go one step further and to explicitly introduce particle deformation, some of us recently proposed a new model of the so-called Elastic Polymer Rings (EPRs) in 2D, \(^13\) which incorporates both the polymeric and elastic features typical of soft spheres in 3D but, at the same time, allows for a more efficient exploration, in terms of computing time, of the high density regime. This simple model was shown to capture shrinking, deformation, and faceting at high densities. It was further characterized by the emergence of anomalous dynamics in the form of a compressed exponential behavior of the density auto-correlation function and of a super-diffusive behavior of the mean-squared displacement. In that case, one of the main findings was the identification of a clear link in simulations between particle deformation and fragility (which characterizes how fast the dynamics changes on increasing the packing fraction), with softer rings displaying a small fragility (strong systems) compared to stiffer rings (known as fragile systems), reinforcing the hypothesis that single-particle elasticity may dictate the collective behavior at large concentrations. \(^10\),\(^14\)

In the original EPR model of Ref. 31, each ring was modeled as a bead-spring polymer connected in a circular shape, and the internal elasticity was provided by an inner Hertzian field. The latter term represents, in a coarse-grained fashion, the elasticity of an underlying network in good solvent conditions to mimic, for example, microgels, dendrimers, or similar soft colloids. The Hertzian field was chosen to act between each monomer of the ring and a reference point coinciding with the ring’s center of mass, which amounts to consider the inner part of the ring as a coarse-grained object, including network and solvent degrees of freedom. This inner field acts against the shrinking or the compression of the ring and tends to restore the maximally swollen condition. When the ring is symmetric (with at least 2-fold rotational symmetries) the inner field is strictly 0. However, as soon as the ring is slightly deformed, becoming asymmetric, for example, in the presence of thermal fluctuations, a non-zero net force, called Hertzian force \(F_H\), acts on its center of mass. To restore a zero net force on the center of mass (force conservation), a contribution equal and opposite to \(F_H\) should be redistributed on all the monomers of the ring. This effectively leads to a reduction in the overall tendency of the system to deform at high densities. In Ref. 31, such a restoring force was not employed so that we can consider the original EPR model to be off-equilibrium and under the influence of the Hertzian force that depends on the degrees of freedom of the deformed ring. Thus, \(F_H\) is self-generated in the system and increases with particle density. For this reason, contrarily to what stated in Ref. 31, such an EPR model cannot be considered as an “equilibrium” system due to this unbalanced force. \(^15\) To dissipate such a force, the use of a Langevin thermostat is thus necessary because, on one hand, it mimics more realistically the microscopic dynamics of soft colloidal suspensions and, on the other hand, it ensures the dissipation of the center-of-mass force through the surrounding implicit solvent.

In this work, we compare the EPR model with its equilibrium version, here named equilibrium EPR (eq-EPR), where, at each instant, the center-of-mass force acting on each ring is balanced by imposing an opposite force to all monomers constituting the ring. Under these conditions, the rings lose most of their ability to deform at high densities and are subjected to a dramatic slowdown without displaying an anomalous behavior of the dynamics. Since in Ref. 31 a crucial effect of the deformation on the dynamics was demonstrated, we now take into account an additional model where particle deformation is enhanced in equilibrium. To this aim, we consider 2D semi-flexible polymer rings (SFPRs), where the bead-spring model is complemented by an angular function, which favors the elongated arrangement of consecutive monomers, the latter playing the role of an effective elasticity. Similar models are commonly used in the literature to study ring polymers in 3D, \(^16\),\(^23\),\(^24\) while our model is conceived to be a 2D schematic version of complex, polymeric particles. We show that this system, although having only pairwise and three-body interactions, preserves much of the features of the original EPR model, including a reentrant dynamics and a strong tendency to deform. We investigate the dynamical behavior of the three models and, in particular, analyze the high density reentrant behavior that we observe. Similarly to what was done in Ref. 31, we build a modified Angell plot for the different models and extract an effective fragility. We then find that a linear relation between fragility and particle asphericity holds for all investigated models, spanning a wide range of fragilities.

Surprisingly, we find that the SFPR model displays a much greater tendency to shape fluctuations with respect to the EPR system, thus continuously releasing the stress. This is, however, not sufficient to generate a super-diffusive dynamics or a compressed relaxation, against the common assumption that stress release is responsible for such fast dynamics. It appears that the stress must be propagated, involving a collective response of the system that is found in the EPR model and not in the other models. To shed light on whether the out-of-equilibrium Hertzian force is the only cause of the super-diffusive behavior, we additionally investigate the dynamics of a modified, non-equilibrium version of Hertzian disks, where a force acting on the center of mass is added through the overlap between neighboring particles. Thus, this model can be considered conceptually analogous to the EPR model, but without the inclusion of particle elasticity, since disks lack internal degrees of freedom. We find that such out-of-equilibrium Hertzian disks also do not display a super-diffusive behavior. This suggests that elasticity and off-equilibrium behavior are both necessary conditions to observe anomalous dynamics in soft systems.

This paper is organized as follows: in Sec. II, we define the different models and describe the numerical methods and the calculated observables. Next, in Sec. III, we investigate the role played by the Hertzian force and how it influences the dynamical response of the system compared to the equilibrium models. We also report an analysis of particle deformation, focusing on the asphericity
distributions and on the link with dynamical response, finding a direct relation between deformation and fragility, thus generalizing the results of Ref. 31 for soft particles with internal elasticity. Finally, we discuss the role played by the out-of-equilibrium Hertzian force in the emergence of the super-diffusive motion, and to this aim, we compare the results with the out-of-equilibrium Hertzian disks, showing that an interplay between elasticity and non-equilibrium is mandatory in these models for observing the super-diffusive dynamics.

II. MODELS AND METHODS

We investigate via extensive Langevin dynamics simulations three different models of elastic polymer rings in 2D, which are based on the classical bead-spring model for polymers. Specifically, we consider \( N = 1000 \) rings, each composed of \( N_m = 10 \) monomers, interacting among themselves via a Weeks–Chandler–Andersen (WCA) repulsive term plus a Finitely Extensible-Nonlinear-Elastic (FENE) potential acting only among connected monomers, as

\[
V_{\text{WCA}}(r) = \begin{cases} 
4e \left( \frac{r}{\sigma_m} \right)^6 - \frac{1}{2} \frac{r^2}{\sigma_m^2} & \text{if } r < 2^{1/6} \sigma_m \\
0 & \text{if } r \geq 2^{1/6} \sigma_m 
\end{cases}
\]

and

\[
V_{\text{FENE}}(r) = -k_2 \sigma_m^2 \log \left( 1 - \left( \frac{r}{2 \sigma_m} \right)^2 \right), \quad r < \sigma_m. 
\]

Here, \( \epsilon \) sets the energy scale and \( \sigma_m \) is the single monomer diameter, while \( k_2 = 15, \sigma_m = 1.5 \) are constants, indicating the bond stiffness and the maximum extension of the polymer bond, respectively.

We employ a size polydispersity \( \delta = 12\% \) both for the monomer and for the ring size, according to a log-normal distribution, to avoid crystallization at high packing fractions. The radius of each ring at infinite dilution, defined as the distance between each monomer and the center of mass in a circular shape, is \( R_H = 1.554 \sigma_m \). We work at different nominal packing (area) fractions \( \zeta = \frac{7}{6} \sum_i \sigma_{\text{ring}}^2 / L^2 \), where \( L \) is the size of the box side and \( \sigma_{\text{ring}} \) is the total diameter of the \( i \)th ring, i.e., \( \sigma_{\text{ring}} = 2R_{\text{cm}} + \sigma_m \) with \( R_{\text{cm}} \) and \( \sigma_m \) being the radius of the \( i \)th ring and the diameter of each of its monomers, respectively, due to the polydispersity ring/monomer distributions.

To provide the rings with internal elasticity, different additional interactions are considered in each model. In the EPR model introduced in Ref. 31, monomers belonging to each ring also interact with an internal elastic repulsion that is modeled for simplicity by a Hertzian field \( V_H \) of strength \( U \) that acts between each monomer and the center of mass of the ring. The Hertzian field is defined as

\[
V_H(r) = U \left( 1 - \frac{r}{R_H} \right)^{1/2} \Theta \left( 1 - \frac{r}{R_H} \right), 
\]

where \( \Theta \) is the Heaviside step function. The effect of the field on the monomers belonging to the same ring is to maintain its circular shape; therefore, the variation of the value of \( U \) gives rise to a different ability of the particle to deform and hence to a different softness. The presence of the Hertzian field originates a net resultant force acting on the ring center-of-mass \( \vec{F}_H \) that is strictly \( 0 \) only for purely symmetric rings, as shown in Fig. 1(a). However, the net force is non-zero for non-symmetric configurations [see Fig. 1(b)] as a consequence of thermal fluctuations and/or of the excluded volume interactions with neighboring particles.

In the equilibrium version of the EPR model, i.e., the eq-EPR model, we balance the force \( \vec{F}_H \) acting on the center of mass by redistributing its opposite onto each monomer belonging to the same ring, i.e., \( F_{\text{cm}} = -\vec{F}_H / N_m \), as illustrated in Fig. 1(c). Since \( F_{\text{cm}} \) depends on ring deformation, monomers of different rings are subjected to different \( F_{\text{cm}} \). The presence of such a force inevitably influences inter-ring interactions, thus affecting ring deformation at high densities. As we show below, the net effect of this restoring force is to reduce the ability of the particles to deform at high packing fractions.

Finally, we examine a third model of semi-flexible rings, where there is no Hertzian field, but instead, we consider an angular harmonic potential acting between three consecutive monomers, shown in Fig. 1(d). This reads as

\[
V_o(r) = k_o (\theta - \theta_0)^2, 
\]

where the equilibrium angle \( \theta_0 \) is chosen to be \( \pi \), similarly to other models for semi-flexible polymers, while \( k_o \) is varied to change the internal elasticity, i.e., the softness, of the particles.

For the three models, we perform Langevin dynamics simulations at constant temperature with \( k_B T / \epsilon = 1 \). Length and time are given in units of the average ring diameter \( \langle \sigma_{\text{ring}} \rangle \) and of \( t_o = \langle \sigma_{\text{ring}} \rangle / \sqrt{m_{\text{ring}} / \epsilon} \), where \( m_{\text{ring}} = m N_m \) and \( m \) is the monomer mass which is set to unity. A velocity Verlet integrator is used to integrate the equations of motion with a time step \( dt = 10^{-3} \). For EPR and eq-EPR simulations, we model Brownian diffusion following Ref. 43 by defining the probability \( p \) that a particle undergoes a random collision every \( Y \) time steps for each particle. By tuning \( p \), it is possible to obtain the

![FIG. 1](image-url)  
(a) Zero-stress polymer ring with no force acting on the center of mass as no deformation occurs. (b) Elastic Polymer Ring (EPR) deformed by thermal fluctuations or neighboring rings generating a net non-zero force \( \vec{F}_H \) on its center of mass (cm). (c) equilibrium Elastic Polymer Ring (eq-EPR) where \( -\vec{F}_H \) is re-distributed among all monomers and (d) semi-flexible polymer ring (SFPR) where an angular harmonic potential among particles introduces stiffness in the ring.
desired free monomer diffusion coefficient \( D_0 = (k_B T y dt/m)(1/p − 1/2) \). It can be shown that, in the low-density limit, the free diffusion coefficient of a ring is \( N_m \) times smaller than \( D_0 \). Since by changing \( D_0 \) there is no influence on the long-time behavior, we fix \( D_0 = 0.008 \) for EPRs and \( D_0 = 0.08 \) for eq-EPRs. For the SFPR model, we perform Langevin dynamics simulations with \( D_0 = 0.1 \) using the LAMMPS simulation package.

We investigate the static and dynamic properties as a function of \( \zeta \) for EPRs with \( U = 100, 200, 500, \) and 1000. We also study standard bead-spring rings, corresponding to the case \( U = 0 \), for comparison. In addition, we investigate the eq-EPR model with \( U = 30, 50, 80, \) and 100 and the SFPR models with \( k_b = 4, 5, 6, 7 \). For all the models, parameters have been chosen in order to observe the onset of a reentrant transition. A detailed discussion of the choice of parameters is provided in the supplementary material. For the dynamic features, we study the mean-squared displacement (MSD) of the center of mass of each ring defined as

\[
\langle \Delta r^2 \rangle = \langle [\vec{r}_{cm}(t) − \vec{r}_{cm}(0)]^2 \rangle,
\]

where \( \langle \cdot \rangle = (1/N) \sum_{n=1}^{N} \langle \cdot \rangle \) is the system average and \( \langle \cdot \rangle \) is the time average. Moreover, we investigate the evolution of the relaxation time \( \tau_r \) extracted from the self-intermediate scattering function \( F_i(q,t) = \langle \exp[iq \cdot (\vec{r}_{cm}(t) − \vec{r}_{cm}(0))] \rangle \), where \( q \) is the wavevector at which relevant interactions take place. \( \tau_r \) is defined as the time at which \( F_i(q^*,t) = 1/e \) (where \( e \) is Euler’s number).

Finally, we study the temporal self-correlation function for a number of quantities defined as follows: given an observable \( O \), the correlation function employed is defined as

\[
C_O(t) = \frac{\langle O(0)O(t) \rangle}{\langle O \rangle^2}.
\]

Regarding the static quantities, we show the distribution function and the fluctuations of the asphericity parameter defined as

\[
a = \frac{(\lambda_2 − \lambda_1)^2}{(\lambda_1 + \lambda_2)^2},
\]

where \( \lambda_1 \) and \( \lambda_2 \) are the eigenvalues of the gyration tensor of the ring.

Additionally, to gain more insights into the anomalous dynamics of EPR, we introduce a modified, Hertzian model, which consists of polydisperse disks with the same polydispersity as the EPRs undergoing Langevin dynamics with \( D_0 = 0.008 \). The disks interact both with the standard Hertzian potential \( V_{ij} = U_i j (1 − r_{ij}/\sigma)^{3/5} \), with \( U_i j = 150 \) and with an additional term resulting from the so-called overlap force acting on their centers of mass, defined as

\[
F_A^x(\vec{r}_j) = -K (A_{ij}^{\mu} / A) \cdot \vec{r}_j,
\]

with \( r_{ij} \) is the vector distance between disks \( i \) and \( j \), \( \sigma = \frac{1}{2}(\sigma_i + \sigma_j) \) is the average size of the two particles, \( A \) is the area of disk \( i \), \( A_{ij}^{\mu} \) is the overlap area between two disks \( i \) and \( j \), and \( K \) is the amplitude of the force. In the case of monodisperse particles, the overlap force would be symmetric, i.e., \( F_A^x(\vec{r}_j) = -F_A^x(\vec{r}_i) \). However, due to the polydispersity of the system, we have that \( A \neq A' \), which results in a non-symmetric force. This generates an out-of-equilibrium dynamics in analogy with the Hertzian force that is present in the EPR system. The different nature of the two models is accounted by the way in which such a force is originated: through ring deformation for EPRs and through particle overlaps for modified Hertzian disks.

**III. RESULTS**

**A. Effects of the Hertzian field on the dynamics of EPR: Equilibrium vs non-equilibrium behavior**

In this section, we analyze the influence of the out-of-equilibrium features generated by the Hertzian force in the EPR model by comparing its dynamical behavior and its ability to deform with that of the eq-EPR model and of the SFPR model. The presence of the Hertzian field in the EPR model generates an unbalanced internal force \( F_H \) that acts on the center of mass whenever the ring is deformed. We can consider \( F_H \) in all respects as an active force that, contrarily to standard active systems, \( \delta \) depends on the degrees of freedom of the deformed ring. Ring deformation can occur for two main reasons: due to thermal effects or due to the mechanical action of neighboring particles that via the excluded volume interactions (i.e., WCA interactions) deform the ring. The first scenario dominates at low \( \zeta \), while the second one occurs at high \( \zeta \), beyond the jamming volume fraction, when the rings can fill the available space only by deforming. In the dilute regime, the tiny deformations induced by thermal fluctuations are so small that the generated force acting on a single monomer does not effectively contribute to the dynamics as compared to the deterministic forces (originated by FENE and WCA contributions) so that the system behaves as in equilibrium. This is illustrated in Fig. 2 (inset), where we compare the MSD of the EPR model for different types of rings and values of the elastic strength, including \( U = 0 \), i.e., in the absence of the Hertzian field at a low packing fraction \( \zeta = 0.46 \). We also report in Fig. 2 the comparison between EPRs and eq-EPRs at the same \( U \) as a function of \( \zeta \) but still below the jamming point. On increasing \( \zeta \), rings’ collisions increase, causing larger shape fluctuations in the EPRs, which slightly enhance their diffusion with respect to the eq-EPRs. As a consequence, \( F_H \) starts to play a role in the dynamics. However, it is at high \( \zeta \) that excluded volume interactions, which continuously deform EPRs, give rise to large contributions of \( F_H \). To clarify this point, we now compare the dynamics of the EPR system with that of different models of polymer rings for selected values of softness \( U = 200 \) for EPRs, \( U = 100 \) for eq-EPRs, and \( k_b = 5 \) for SFPRs. Such a selection is based on the fact that the fragility parameter, which will be introduced later on in the text, is roughly the same for the three models.

Figure 3 shows the MSDs for EPRs, eq-EPRs, and SFPRs, respectively, at different \( \zeta \) values from low densities up to and above close contact. The first important finding of our analysis is that a
reentrant dynamics, albeit much less pronounced, also takes place for eq-EPRs and SFPRs, as for the EPR model. This implies that the system initially gets slower with an increasing packing fraction, and then, it speeds up again roughly above $\zeta \sim 0.9$, which signals the packing fraction where the rings are still largely undeformed and in close contact with each other (a loose jamming definition). Above this value, the internal degrees of freedom of the rings start to play an important role and, through shrinking and deformation, the dynamics gets faster. However, in contrast to the EPR model, such a reentrance occurs in a limited $\zeta$ window for eq-EPR and SFPR models because, at large enough $\zeta$, a new slowing down mechanism takes place, finally leading to an arrested state for both models. Such an arrest is instead not found for EPRs in the whole investigated $\zeta$-region. In addition, while the super-diffusive regime is clearly observed in the EPR system at large $\zeta$, no sign of super-diffusion is present in the MSDs of the other two systems, independently of the employed model parameters.

With the aim of identifying the differences among the three models, we also compare them in terms of particle asphericity $a$, in order to understand how different types of rings respond to large mechanical compressions. Figure 4 reports the asphericity distribution $P(a)$ for the three models and different packing fractions. We first note that, as expected, eq-EPRs have a much reduced tendency to deform at high $\zeta$ as compared to EPRs. On the other hand, when looking at the asphericity distribution of the SFPRs, we note that rings are able to achieve very large asphericity values at high $\zeta$. This leads to the emergence of a double-peak distribution at low and high asphericity, respectively, which indicates that there are two populations of particles, one which is almost undeformed and the other that is highly deformed. Representative snapshots of the three systems at low and high $\zeta$ are shown in Fig. 5, where particles are colored according to their asphericity, clarifying the differences between the models. While at $\zeta = 0.78$, the three systems look rather similar, we find that at $\zeta = 1.07$, the SFPR model displays many more rings that are largely deformed with respect to the EPR system. Figure 6 shows the normalized average asphericity for the three models at several $\zeta$ for different parameters. The normalization consists in dividing $\langle a \rangle$ by $a_0$, that is the low-density value of the average asphericity. There is a striking difference between the behavior of eq-EPRs in Fig. 6(b)

![FIG. 3. Mean-squared displacement as a function of reduced time $t/t_0$ at different packing fractions $\zeta$ for the three different models: (a) EPR with $U = 200$, (b) eq-EPR with $U = 100$, and (c) SFPR with $k_\theta = 5$.]

![FIG. 4. Asphericity distribution for the three different models at different packing fractions $\zeta$: (a) EPRs with $U = 200$, (b) eq-EPRs with $U = 100$, and (c) SFPRs with $k_\theta = 5$.]
as compared to EPRs and SFPRs, respectively, in Figs. 6(a) and 6(c). Indeed, the poor ability of the equilibrium rings to deform strongly limits the change in asphericity, not only upon increasing $\zeta$ but also on changing $U$.

B. Link between deformation and fragility

We now discuss more in detail the reentrant dynamics mentioned in the previous paragraph for the three models.
To better understand the extent of such a phenomenon for the different ring models, we have performed simulations at several $\zeta$ values for different parameters of the eq-EPR and SFPR models to compare them with the EPR system. For each state point, we have calculated the self-intermediate scattering function $F(q^*, t)$ from which we have extracted the relaxation time $\tau_a$ (in reduced units). The relaxation times for the three models of polymer rings and varying softness, as a function of $\zeta$, are shown in Fig. 7. $\tau_a$ has been rescaled for $D_0/D_0^{EPR}$ in order to have comparable relaxation times for the three models at low packing fractions. For all cases, we observe an initial increase in $\tau_a$ from low $\zeta$ up to the jamming point, followed by a sudden decrease that signals a speed-up of the dynamics, whose variation depends on the model of the ring employed and on its softness. The main difference between the EPRs and the other two models is that in eq-EPRs and SFPRs, the reentrance is limited to a finite region of packing fractions whose width again depends on the specific system and the employed softness parameter. Hence, although both eq-EPRs and SFPRs display a reentrant transition, at higher packing fractions, the relaxation time increases again, signaling the onset of the dynamical arrest. These results show that, for all the studied ring models, the dynamics speeds up because of ring deformation. We can thus ultimately answer the question whether the dependence of the dynamics on softness is a general feature of elastic particles, as hypothesized in Ref. 10, or it is just a peculiar property of the EPR model. Interestingly, the different slopes of the linear relations between $|m|$ and $a$ highlighted the different ways in which the rings are able to respond both in terms of deformation and of dynamical properties to a change in $\zeta$. In particular, considering Fig. 6, we expect eq-EPRs to be those with the smaller $\alpha$ vs $|m|$ slope due to the minimal change in $\alpha$ upon varying $\zeta$. By applying this strategy also in the analysis of the EPRs, we find that the newly calculated values of $m$ and $a$ do not change significantly as compared to previous findings in Ref. 31. Analogously to Fig. 6, we extract $\alpha$ with a linear fit of the curves for $\zeta > \zeta_R$. Our aim is to verify that a linear relation exists between $m$ and $a$, independently of the model. The results are shown in Fig. 8, where it is evident that, for all investigated models, a linear relation between fragility and elasticity is always valid. Thus, this is not just a feature of the EPR model. Interestingly, the different slopes of the linear relations between $|m|$ and $a$ highlight the different ways in which the rings are able to respond both in terms of deformation and of dynamical properties to a change in $\zeta$. In particular, considering Fig. 6, we expect eq-EPRs to be those with the smaller $\alpha$ vs $|m|$ slope due to the minimal change in $\alpha$ upon varying $\zeta$.
the system parameters. This is indeed consistent with the findings in Fig. 8.

C. Anomalous dynamics

In Sec. III A, we have shown that SFPRs are able to deform even more than EPRs, while the asphericity of eq-EPRs is small if compared to the other two models. The ability to deform is a necessary, but not sufficient condition for the uptake and release of the stress, which has been proven to be the key ingredient for the observation of an anomalous dynamics. In this context, several experimental studies, mainly on colloidal gels, have shown that the dynamics is sometimes faster than exponential.$^{55-55}$ i.e., it was observed that the intermediate scattering function $F(q,t)$ at a typical wavevector $\tilde{q}$ can be described by a generalized exponential decay $F(\tilde{q},t) \sim \exp(t/\tau)^{\beta}$ (where $\tau$ is the relaxation time) with an exponent $\beta$ greater than 1.0. At the microscopic level, $\beta > 1.0$ implies that particles move faster compared to standard diffusion, i.e., the motion is super-diffusive at the investigated length scale. These experimental evidences led to the formulation of some hypothesis on the microscopic mechanism that generates the occurrence of a super-diffusive behavior and that involves stress propagation in colloidal gels. In particular, it has been argued that in these systems, the reorganization of the network follows some micro-collapses, in which bonds among particles are broken, thus releasing stress into the network and triggering a super-diffusive motion of neighboring particles.$^{55}$ The possibility to achieve a faster than exponential dynamics has been established in mean-field models of elastic materials where the disruption of the network has been modeled as a number of Poissonian events that act as dipole forces with long-range elastic effects.$^{55}$ More recently, numerical simulations have shown that a compressed exponential decay of the density correlators is possible if single bonds are selected and artificially broken in order to observe stress propagation within local environment.$^{57}$ Hence, it follows that stress propagation seems to be the key ingredient that is needed to observe a super-diffusive dynamics. For the EPR particles, super-diffusion is observed at intermediate timescales in the mean-squared displacement, accompanied by a compressed exponential relaxation in the self-intermediate scattering function, as a result of the superposition of regions, which are dynamically heterogeneous, among which clusters of particles that move ballistically.$^{57}$ It has thus been argued that the microscopic mechanism responsible for this anomalous dynamics is the ability of the rings to deform that allows the release and the accumulation of the stress, triggering the super-diffusive dynamics at intermediate timescales. More than ring deformation, what should matter is the ability of the ring to vary its shape, i.e., to exhibit shape fluctuations. Hence, even if SFPRs deform more than EPRs, it is interesting to understand whether such very deformed rings are able to change their shape for the uptake and release of the stress or, instead, whether they always remain deformed. It is then important to consider the fluctuations of the asphericity in order to assess whether a ring is able to release the stress accumulated through deformation within a certain time.

To this aim, we compare the time evolution of the fluctuations of the asphericity of a single, representative ring for the three models in Fig. 9. We find that the SFPR model fluctuates much more than EPRs and eq-EPRs whose fluctuations are instead comparable. Thus, the semi-flexible rings not only display the most extreme deformations among the three investigated systems but also their asphericity fluctuations are the largest, which implies that their ability to release the stress is greater as compared to the EPR system. However, no sign of super-diffusion is detected in the SFPR model.

A hint to better understand this result comes from the comparison of the total pressure $P$ of the three models, shown in Fig. 10, where we observe that, for large $\zeta$, the pressure in the SFPR model is always smaller than that of the EPR and eq-EPR systems. Importantly, the difference in pressure increases if different values of the parameters are chosen both for the EPR and for the SFPR models.
(see the inset of Fig. 10). This implies that, despite larger fluctuations, the amount of stress that is relaxed by the SFPR model is overall smaller than for the other two. This feature, combined with the greater ability of SFPRs to deform and fluctuate in shape, is probably enough to allow each ring to relax the stress by itself, without triggering collective phenomena and the associated super-diffusion.

On the contrary, in the EPR model, there is a force that continuously pumps energy into the system, giving rise to a much higher total pressure. Since for EPRs shape deformation is large but shape fluctuations are small compared to SFPRs, we are left to speculate that the EPR system needs an extra mechanism that allows an effective way to propagate stress among neighbor rings, which eventually results in the observed anomalous dynamics. Regarding the eq-EPR system, there is small ring deformation and no stress relaxation, so it is legitimate to expect the absence of anomalous dynamics in this case.

From the above considerations, we learned that stress relaxation alone is not sufficient to trigger the occurrence of super-diffusion. Therefore, it may be a matter either of the total amount of stress in the system or of the effective propagation of this stress, which leads to the onset of a collective effect as the one observed in Ref. 31. While we cannot definitely exclude the former hypothesis, given that the stress intensity for SFPR is always significantly smaller than for EPR, even for high values of $k_{b}$, the unbalanced force in the center of mass of the rings could be the only cause of the occurrence of this additional mechanism leading to the anomalous dynamics. For instance, super-diffusion can occur if there exists a persistent force that drives collectively particles toward the same direction. To quantify the persistence of $F_{H}$, we evaluate the self-correlation function $C_{\xi\xi}(t)$ of such a force at different packing fractions. The results for the $x$-component of $F_{H}$ are shown in Fig. 11, confirming that for $\zeta \lesssim 0.85$, i.e., above the loosely defined jamming point, the correlation function of the Hertzian force quickly decreases, while, for larger values of $\zeta$, $C_{\xi\xi}(t)$ displays a two-step decay, with a plateau that extends over several decades in time and whose height increases on increasing $\zeta$. In addition, we find that the relaxation time of $C_{\xi\xi}(t)$ has a little dependence on $\zeta$ and roughly coincides with the time regime in which the system is characterized by long-time diffusion [i.e., $\tau_{H} \gtrapprox 10^{9}$ to be compared with MSDs shown in Fig. 3(a)]. Figure 11 shows that a persistent force builds up for each ring pointing toward a given direction for several decades (the plateau length) and then slowly decorrelates. The decorrelation of $F_{H}$ could result either from a change in the intensity or from a reorientation of the force. To disentangle the two contributions, we also evaluate the self-correlation of the $x$-component of $F_{H}$, i.e., the unit vector of the Hertzian force, which gives information on the orientation of the vector force. The inset in Fig. 11 shows that the latter correlation function is quite similar to $C_{\xi\xi}(t)$, meaning that most of the decorrelation occurs due to a change in the orientation of $F_{H}$.

Therefore, if the out-of-equilibrium force were the only responsible for the anomalous dynamics, then systems with a similar behavior to the EPR one could dissipate the stress with the same mechanism and display super-diffusive behavior. Here, we show that this is not necessarily true by examining a simple soft system, very similar in spirit to the EPR model, which also self-generates an out-of-equilibrium force at high density, even though lacking the internal polymeric degrees of the rings. To this aim, we employ the modified Hertzian model introduced in Sec. II, for which we study the dynamics at different packing fractions in order to identify whether the presence of the extra force gives rise to super-diffusion. We stress that the standard Hertzian disks with the interaction strength employed here and in the absence of the extra force generated by the overlaps already display a reentrant behavior at high $\zeta$, as reported in our previous work.31

Figure 12 shows the MSD of the modified Hertzian disks at a high packing fraction upon increasing the amplitude $K$ of the

![FIG. 11. Autocorrelation of the x-component of the Hertzian force $C_{\xi\xi}(t)$ at different packing fractions $\zeta$ for EPRs with $U = 1000$. Inset: The same as in the main panel for $\zeta = 1.26$ compared to the correlation function of the x-component of $F_{H} = \xi_{H}/|\xi_{H}|$, i.e., unit vector of the Hertzian force.](image1)

![FIG. 12. Main panel: MSD for modified Hertzian disks with $U_{0} = 150$ at $\zeta = 0.83$ as a function of the overlap force with different $K$. Inset: MSD as in the main panel but for $\zeta = 2.53$ (reentrant point).](image2)
overlap force: we see that the system becomes slightly faster for larger values of $K$. This is due to the fact that the force generated on disk $i$ due to the overlap with disk $j$ points toward $j$ (and vice versa for the force acting on $i$), which pushes disks to stay closer on increasing $K$, thus leaving more available space for rearranging and diffusing. This is also what happens in the EPR model when two rings $i$ and $j$ deform pushing one against the other: the resulting Hertzian force that acts on the center of mass of ring $i$ points with good approximation toward the center of $j$ and vice versa. However, despite the analogies between the two systems, for the modified Hertzian disks, the dynamics always remains diffusive, even if the auto-correlation force of the modified Hertzian model also persists up to long times in analogy to the EPR model, as shown in the supplementary material. This behavior holds at all investigated $\zeta$, even above the reentrant point, as shown in the inset of Fig. 12.

A comparison of the MSDs for the non-equilibrium Hertzian disks at different values $\zeta$ is reported in the supplementary material. Our results for the modified Hertzian disks demonstrate that the Hertzian force of the EPRs alone cannot generate super-diffusion, while the findings for SFPRs show that stress propagation alone is also not responsible for that. Thus, it is the combination of the two effects, i.e., the simultaneous presence of the extra force and of the internal elasticity, which gives rise to the anomalous dynamics in the EPRs, as discussed in Sec. III D.

D. Effects of the Hertzian field and of the elasticity on the dynamics of EPRs: Collective motion

To corroborate the fact that the persistent Hertzian force alone cannot generate super-diffusion, we investigate the correlation between this force and the displacement of the rings. This analysis is motivated by previous observations of strong spatial correlation among EPRs, which were found to move ballistically in clusters on intermediate timescales, before that diffusion took place.\(^{11}\) Thus, we expect that there might be a characteristic size of clusters over which the force is correlated with the displacement.

To this aim, we divide the simulation box into $n_0$ sub-boxes and identify all the particles that, in the initial time, belong to that box. An illustration of the procedure is shown in Fig. 13. Within each sub-box $i$, we calculate the instantaneous total force $F_i^{\text{tot}}(t) = \sum_{j=1}^{N_i} F_j^{\text{tot}}(t)$ and the center of mass $R_{CM}^i(t) = \sum_{j=1}^{N_i} R_{j,CM}^i(t)$, where index $j$ runs over the $N_i$ rings belonging to the sub-box. Then, we average the force over $M_t$ configurations corresponding to a time window $\Delta t$, i.e., $F_i^{\text{tot}}(\Delta t) = \frac{1}{M_t} \sum_{t=1}^{M_t} F_i^{\text{tot}}(t)$ and calculate the displacement of the center of mass within the same time window $\Delta R_{CM}^i(\Delta t) = R_{CM}^i(t + \Delta t) - R_{CM}^i(t)$, where we indicate the $(x,y)$ components of the vector as $\Delta R_{CM}^i = (\Delta x_{CM}^i, \Delta y_{CM}^i)$. We then repeat the analysis for several box sizes, aiming to identify the emergence of a characteristic box size. Figure 14 (left panel) shows the components of $F_i^{\text{tot}}(\Delta t)$ of EPRs as a function of the corresponding components of $\Delta R_{CM}^i(\Delta t)$ for several time windows of length $\Delta t = 7.89$, roughly coinciding with the characteristic time of super-diffusion.\(^{12}\) To obtain the data shown in Fig. 14, the simulation box was divided into 5 $\times$ 5 boxes, each of which contains a number of rings compatible with the size of clusters of super-diffusive EPRs observed in Ref. 31 for the same state point. Figure 14 shows that there is a tiny correlation between the force and the displacement. The same small correlation is found (with no specific trend) for different numbers of sub-boxes, down to the limit case in which the force–displacement correlation is investigated at the single-particle level. $F_i^{\text{tot}}$ is not the only force that acts on the center of mass of a single ring. In fact, there is also the contribution of the WCA force $F_i^{WCA}$ arising from the interaction with neighbor rings. Figure 14 (right panel) shows that this force, averaged within boxes, is also not correlated with the displacement (as it is expected to be). A similar analysis for SFPR is reported in the supplementary material, showing that, for that model, a correlation between the force acting on the center of mass of the box and its displacement is never found.

However, we find that if the contribution $F_i^{\text{tot}} = F_i^{WCA} + F_i^{\text{H}}$ is taken into account, then a strong correlation between the force and the displacement is found.
models with features similar to the present EPRs as well as clearer connections to existing active models.

IV. DISCUSSION AND CONCLUSIONS

In the present work, we compared three different models of polymer rings in order to understand what are the general features in the dynamical behavior of a simple model of particles with an internal elasticity. This work largely extends our previous study where the EPR system was investigated and a reentrant dynamics was detected, being characterized by a peculiar super-diffusive behavior over intermediate timescales. In such a work, the non-equilibrium features of the EPR model, which arise due to the presence of the inner Hertzian field, were overlooked. Here, we fully unveil these non-equilibrium features, by explicitly discussing the role played by the Hertzian field, which can be considered equivalent to an active force, self-generating due to the deformation of polymer rings. The contribution of such a force is negligible when particle deformation occurs due to thermal fluctuations and the system behaves as if it were in equilibrium. However, at higher packing fractions, excluded volume effects give rise to asymmetric deformations, which generate a non-zero persistent force acting on each ring. By investigating the dynamical behavior of three models of polymer rings, we establish a clear link between deformation and fragility, as previously determined in Ref. 31 for the EPR system only. To this aim, we investigated the dependence of the fragility on the softness of rings, quantified by the average asphericity, finding that, indeed, the link between these two quantities is a generic feature of elastic, deformable particles. These results show that there exists a direct connection between the microscopic elastic properties of the particles and their dynamical behavior, which is expected to hold also in 3D and for more refined models. We aim to further elucidate this aspect with more realistic models in the near future.

Regarding the super-diffusive dynamics, we attempted to provide a direct evidence of the hypothesized connection between the release of stress within the system and the occurrence of the anomalous dynamics. To this aim, we compared the MSDs of the three different models of polymer rings, finding that super-diffusion at intermediate timescales only occurs for EPRs, but not for eq-EPRs and SFPRs. By analyzing the ability of the three kinds of rings, not only to deform but also to fluctuate in shape over time, we also provided evidence that the semi-flexible model has the greatest ability to both deform and fluctuate, but again without showing super-diffusion. However, the stress to be released in the SFPR model is significantly smaller than the corresponding one for the EPRs, where the active force pumps energy into the system at all times for high $\zeta$. We therefore speculate that another mechanism is at work in the EPR system, which is able to induce stress propagation among neighbor rings, giving rise to a (coherent) super-diffusive dynamics. This mechanism does not owe only to the presence of the out-of-equilibrium force but is also related to the presence of internal elasticity. In fact, we find that the out-of-equilibrium force is not directly correlated with rings’ displacement as one could initially guess. Instead, we find that the activity is mediated by excluded volume interactions, originating a motion that is spatially correlated over specific length scales that depend on $\zeta$ and on the model parameters (i.e., ring softness). The displacement of the regions of coherent rings turns out to
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be highly correlated with the total force, i.e., the sum of the WCA force and the inner Hertzian force, but not with the two contributions separately. This strongly suggests that ring elasticity plays a crucial role for the emergence of such coherent motion, as also observed in simple active models. The fact that the latter is a key ingredient to obtain super-diffusion was directly proven by building an alternative system, the so-called modified Hertzian disks, where a self-generated persistent force based on the overlap among particles was introduced. Despite this force being highly correlated in time as in the case of EPRs, no super-diffusion was obtained because of the lack of internal elasticity of the particles. Our work thus suggests that anomalous dynamics must be linked to out-of-equilibrium features, which act in combination with other microscopic ingredients, such as internal elasticity of soft particles. Hence, within the present study, it appears that for purely equilibrium systems, a faster than-diffusive (or exponential) dynamics cannot be observed. These findings are in agreement with recent experimental results, which showed that a faster than exponential relaxation in colloidal glasses was related to the existence of a pre-stress condition in the samples. This, in turn, originates the out-of-equilibrium dynamics that is necessary for the occurrence of the anomalous dynamics. Notwithstanding this, several questions remain open related to stress relaxation and stress propagation in these systems at high densities. In particular, the present results do not allow us to relate the onset of the anomalous dynamics to the intensity of the released stress because the SFPR model never reaches values of total stress as high as those of the EPRs. In the future, it would be interesting to study some similar models, where this aspect could be tested in more detail. In addition, it would be important to design simpler non-equilibrium models, possibly amenable of theoretical treatment, that could help us to shed light on the exact mechanism occurring in EPR, leading to stress propagation and to the emergence of anomalous dynamics.

SUPPLEMENTARY MATERIAL

See the supplementary material for a discussion on the choice of parameters for the EPRs and the eq-EPRs, and for additional results on the modified Hertzian disks and on the SFPRs.

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DATA AVAILABILITY

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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