Effect of cultivation system on quality changes in durum wheat grain and flour produced in North-Eastern Europe

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Abstract

Grain of the highest hardness was produced from durum wheat grown without the use of growth regulator, at the lowest sowing density (350 seeds m\(^{-2}\)) and nitrogen fertilization dose of 80 kg ha\(^{-1}\). The highest values \(L^*\) and \(b^*\) were determined in the grain of wheat cultivated without additional agrotechnical measures (growth regulator and nitrogen fertilization). Study results, supported by correlation analysis, indicated that high-quality grain with desired flour quality parameters (level of: FER \(\approx 64\%\); FPS \(\approx 98\%\); \(L^* \approx 92\)) can be produced from spring durum wheat grown without the growth regulator and at 80 kg ha\(^{-1}\) nitrogen fertilization. Additionally, this variant of applied cultivation system can reduce costs of durum wheat production and contamination of the natural environment.

Introduction

Next to maize and rice, wheat is one of the key cereals grown for consumption purposes [1]. Among its multiple species and subspecies, the most economically significant ones include: common wheat (\textit{Triticum aestivum}) representing soft wheats, and durum wheat (\textit{Triticum durum}) [2, 3]. Considering its hardness and vitreousness as well as a high content of carotenoid pigments, the grain of \textit{Triticum durum} is mainly used to produce special coarse flour (semolina), which in turn is used for making high-quality pasta, like e.g. spaghetti and penne [4–6]. Flour made of durum wheat grain is used to produce bread loaves or as an additive improving its properties, as well as to produce cake dough, pizza, cookies, couscous, and extruded products (extruded grain) [2].

The technological value of durum wheat grain is principally indicated by its usability to manufacture the final product of a sufficient quality. The main ingredient of premium quality pasta is 100 percent durum wheat semolina. Good quality pasta can also be made of durum wheat flour or a blend of semolina and durum wheat flour (granular). Pasta can be produced using common wheat flour, but it is generally inferior in appearance (color). Semolina particle size distribution should be as narrow as possible to minimize uneven hydration during mixing.
in the pasta making process [7]. The grain supply chain (farms) and grain processing into the flour (mills), grain hardness and color as well as the quantity and quality of flour made of it are becoming increasingly important. This also applies to durum wheat [8, 9].

Hrušková and Švec [10] showed that wheat grain hardness results from adhesion between starch granules and storage proteins. Low molecular proteins of starch granules are present in a larger amount in soft wheat compared to hard cultivars. Moreover, non-uniform particle size distribution of semolina results in the uneven hydration and pasta defects [11]. Grain hardness is also affected by puroindolines, which act to soften the endosperm, but are lacking in durum wheat [12, 13]. Nagamine et al. [14] demonstrated a significant correlation between flour color and hardness. In turn, Hrušková and Švec [10] who analyzed correlations between grain hardness of wheat and its relation to other quality features, showed that these statistically significant were obtained for the grain ash content, semolina yield, and flour protein content.

The yellow-amber color of durum wheat grain, usually associated by consumers with its high quality, is mainly due to the accumulation of two groups of natural pigments: carotenoids and anthocyanins. Carotenoids contribute to the yellow color of the endosperm of durum wheat grain and semolina, whereas anthocyanins accumulate in the pericarp of durum wheat and contribute to the blue, violet, and red color of its grain. Apart from ensuring aesthetic values, the pigments contained in the grain play an important nutritional and health role, therefore their modification in the grain by means of agrotechnical factors is still valid and justified in research [15–17].

Changes in the quality parameters of wheat grain are affected, most of all, by varietal traits, habitat conditions, cultivation system, and agrotechnical measures, including nitrogen fertilization [2, 18–22]. The basic task of the modern plant production is to strive for high, stable and good-quality crops, with the lowest possible inputs and damage to natural environment [23, 24]. Durum wheat is an agronomically competitive crop to common wheat, which exhibits tolerance to biotic and abiotic stress and is widely cultivated in regions with low rainfall [25–27]. Generally, nitrogen fertilizer management may influence wheat grain hardness [19]. Makowska et al. [18] showed that nitrogen fertilization had a distinct effect on grain hardness and vitreousness, but no significant effect on carotenoids content and color of pasta dough.

Investigations addressing the coupled use of a few treatments in crop cultivation systems, especially in an integrated farming system [23, 28], differing in nitrogen fertilization level and sowing density are sparse. The growing scale of production and the increasing diversity of wheat applications warrant assessing the quality of grain batches received by warehouses. In turn, the production of high-quality flour (semolina) requires sufficient raw material and continuous control of the production process [29].

Considering the above, a study was undertaken with the aim to determine the effect of applied cultivation system of spring durum wheat: differing in sowing density, retardant administration, and nitrogen fertilization dose, on the selected quality parameters of grain and flour made of it. The study of the impact of these factors enable to determine the benefits of an extensive durum wheat production system (reduction of production costs and contamination of the natural environment) Moreover, an analysis of correlations between agrotechnical factors and technological parameters was performed to determine which factors significantly shape the technological quality of studied material.

**Material and methods**

**Cultivation of durum wheat**

Study material included grain of spring durum wheat cv. SMH 87 [30] originating from the field experiment at the Production and Experimental Station in Balcyne (53° 40' N, 19° 50'E)—
harvest 2016, under integrated farming management. This is the first cultivar of durum wheat
grown in Poland that is utterly adjusted (higher tolerance to lower temperatures) to its climatic
conditions. The experimental variables included:

- nitrogen fertilization: control, without nitrogen fertilization; 80 kg ha\(^{-1}\)–50 kg ha\(^{-1}\) before
  sowing and 30 kg ha\(^{-1}\) at the shooting stage (Z33); 120 kg ha\(^{-1}\)–50 kg ha\(^{-1}\) before sowing, 30
  kg ha\(^{-1}\) at the shooting stage (Z33), and 40 kg ha\(^{-1}\) at the early earing stage (Z51) [31],
- sowing density: 350; 450, and 550 seeds m\(^{-2}\),
- application of growth regulator: without of application (WGR) or with the application (GR)
  Medax 350 S.C. as aprophylactic measure that may prevent crop lodging.

After the harvest, the grain was cleansed from physical impurities and residues of the seed
coat. It had a standardized moisture content of 14±0.5%, that was assayed acc. to the Polish
Standard [32]. The grain (ca. 500 g from each cultivation variant) was poured into glass bottles
with a ground-glass stopper and stored in the climatic chamber (ICP 500, Memmert, USA) at
air temperature of 20±0.1˚C until analyzed.

**Measurements grain hardness**

Grain hardness was measured with a Universal Testing Device (Instron 5942; Instron Corp.,
USA). A uniaxial compression test (flat shank: Ø = 12.6 mm; speed of the working head in the
test: 10 mm/min) was carried out on individual wheat kernels placed on a measuring table
crease down, in 20 replications for each sample. Grain hardness was determined based on the
measured values of the maximal compression force (F\(_{\text{max}}\)) needed to induce 50% deformation;
values were expressed in N. The results of the tests were analyzed using the computer software
Bluehill II.

**Measurements of grain and flour color**

Color measurements were made using a Hunter Miniscan XE Plus colorimeter (HunterLab,
USA), which was set to collect spectral data with illuminant A/observer D65/10˚. Prior to the
measurements, the colorimeter was calibrated using a white and black ceramic plate. Grain
and flour color was established based on measurements in the CIELab scale (L\(^*\) - lightness, a\(^*\) -
redness, b\(^*\) - yellowness). Color measurements of both grain and flour were conducted in a
black container (ca. 50 cm\(^3\)) in 12 replications.

**Determination of flour extraction rate**

The flour extraction rate (FER) was determined by milling the grain in a laboratory Quadru-
matic Junior roller mill (Brabender\textsuperscript{R}). Before milling, the grain was conditioned in laboratory
to achieve 14.5% final moisture content. The initial moisture of grain was in the range 11.5–
13.5%. The amount of added water, with the temperature of 20˚C, was calculated adequately to
mass of conditioned grain (1500g) and its initial moisture. The grain was conditioned in closed
glass containers and stored in the climatic chamber (ICP 500, Memmert, USA) during 48
hours. FER determination was conducted in 6 replications.

**Determination of flour particle size (granulation < 400 µm)**

Particle size of flour (FPS) obtained from the studied grain was determined according to the
method of Haber and Horubalowa [33]. The flour (100 g) was sifted through a sieve with mesh
size of 400 μm, using a laboratory sifter (type LPzE-2e, Multiserw Morek, Poland). Percentage contents of flour particle fractions less than 400 μm were determined based on 6 replications.

Statistical analysis
Calculations were carried out in Statistica 13.1 software (StatSoft Inc., Tulsa, OK, USA). The results of analyses were presented as means ± standard deviations. One-way analysis of variance was conducted to determine the influence of agrotechnical factors on the quality parameters of durum wheat grain and flour; its results were reported at the following levels of significance p < 0.01 and p < 0.05. The relationships between agrotechnical factors and selected quality parameters of grain and flour obtained from it were determined by correlation analysis by calculating the Pearson coefficient at the significance level of p < 0.01 and p < 0.05 (SPSS ver. 25). However, in order to show statistically significant differences between groups in terms of the use of GR or WGR, the Mann-Whitney U test (nonparametric equivalents of analysis of variance) was conducted. This test allowed verification of the null hypothesis, which assumes that the means of compared groups (seeding density, nitrogen fertilization) show equality and are characterized by a similar distribution.

Results and discussion
Grain hardness
Increasing the fertilization dose (0, 80, 120 kg·ha⁻¹) in the cropping system without the growth regulator (WGR) and at sowing density of 350 and 450 seeds·m⁻² caused a significant (p < 0.01, p < 0.05) decrease in the value of the maximal compression force (F_max) from approx. 145 to 115N and from approx. 135 to 108N, respectively. An opposite observation was made at the higher sowing density (550 seeds·m⁻²), i.e. F_max values increased from approx. 116 to approx. 148 N along with an increasing fertilization dose. The statistical analysis of results demonstrated also that the increased nitrogen doses and sowing densities caused significant (p < 0.01; p < 0.05) differences in F_max value determined for the grain from wheat grown in the WGR variant (Table 1).

A strong impact of fertilization with nitrogen on the increased hardness of the grain was also reported by other authors [18, 34–36]. So explicit tendencies were not observed in the cropping system with the growth regulator (GR). Durum wheat cultivation at seeding rates of 350 and 450 seeds·m⁻² contributed to the achievement of the lowest F_max value (approx. 115 and approx. 109 N) at nitrogen fertilization dose of 80 kg·ha⁻¹ and the highest F_max value (approx. 137 and approx. 128N) at nitrogen fertilization dose of 120 kg·ha⁻¹. Durum wheat cultivation with the application of GR, at sowing density of 550 seeds·m⁻², and nitrogen doses of 0, 80, and 120 kg·ha⁻¹ allowed producing grain which did not differ significantly in its F_max values (approx. 129-136N). Considering the above, it was concluded that the highest maximal compression force (F_max of approx. 145 N) was obtained for the grain from WGR system, with sowing density of 350 seeds·m⁻² and no fertilization with nitrogen (0 kg·ha⁻¹) as well as for the grain from the variant with sowing density of 550 seeds·m⁻² and nitrogen dose of 120 kg·ha⁻¹ (approx. 148N)—Table 1.

The statistical analysis of the effect of sowing density on durum wheat cultivation in the WGR system demonstrated that this experimental factor caused significant (p < 0.01; p < 0.05) differences in F_max value of the grain at each dose of fertilization, i.e. 0, 80, and 120 kg·ha⁻¹. In contrast, in the GR cropping system, this experimental factor had no effect on values of this parameter. The analysis of the GR/WGR effect showed significant (p < 0.01; p < 0.05) differences in F_max of the grain, especially in the variants with lower seeding rates (350 and 450 seeds·m⁻²) and higher fertilization doses (80 and 120 kg·ha⁻¹). Therefore, when growing crops...
in the WGR system more consideration should be given to the sowing density and nitrogen dose, whereas effects of these factors can be neglected in the GR system (Table 1). According to Spychaj et al. [37], durum grain hardness is affected to a greater extent by weather conditions than by chemical plant protection agents used during cultivation. In contrast, Rachon et al. [36] demonstrated that the administration of plant protection agents had a positive effect on durum grain vitreousness, whereas according to Fana et al. [38] no interaction was observed between fertilization and durum grain hardness, however this quality parameter positively correlated with flour yield. In turn, Nagamine et al. [14] showed a significant relationship between flour color and grain hardness of Japanese wheats (Chugoku 140, Chikugoizumi and DH lines).

Table 1. Changes in the maximum compression force (mean values ± standard deviation) of the durum wheat grain depending on sowing density, growth regulator application and nitrogen fertilization.

| Sowing density (seeds m⁻²) | Maximum compression force—F_max (N) | Nitrogen fertilization (kg ha⁻¹) | Significant differences– 350/450/550 |
|-----------------------------|------------------------------------|----------------------------------|-------------------------------------|
|                             | 0 | 80 | 120 | 0 | 80 | 120 |
| Without the application growth regulator–WGR | | | | | | |
| 350                         | 144.82±35.91a<sup>C</sup> | 139.80±6.76<sup>a</sup> | 114.42±11.51<sup>b</sup> | * | ** | ** |
| 450                         | 135.11±8.90<sup>Ab</sup><sup>c</sup> | 119.44±17.64<sup>ca</sup> | 108.11±15.33<sup>a</sup> | | | |
| 550                         | 115.73±9.31<sup>a</sup> | 117.24±10.42<sup>a</sup> | 147.92±23.86<sup>b</sup> | | | |
| With the application growth regulator–GR | | | | | | |
| 350                         | 116.17±16.28<sup>a</sup> | 114.52±15.32<sup>A</sup> | 137.20±25.13<sup>Ba</sup> | NS | NS | NS |
| 450                         | 118.17±10.55<sup>Ac</sup> | 108.73±6.27<sup>ca</sup> | 127.70±10.66<sup>c</sup> | | | |
| 550                         | 128.80±15.12<sup>a</sup> | 134.57±20.62<sup>a</sup> | 136.12±17.45<sup>a</sup> | | | |
| Significant differences–GR/WGR | 350 | NS | ** | NS | ** | - |
|                             | 450 | ** | NS | ** | NS | - |
|                             | 550 | NS | NS | NS | NS | - |

*–significant differences, p<0.05
**–significant differences, p<0.01; NS–no significant differences.
<sup>a</sup>d–mean values in columns indicated with various small letters are statistically significantly different at p<0.01.
<sup>A</sup>B–mean values in columns indicated with various capital letter are statistically significantly different at p<0.05.
<sup>a</sup><sup>a</sup>–mean values in columns indicated with the same small letters non differ statistically.

in the WGR system more consideration should be given to the sowing density and nitrogen dose, whereas effects of these factors can be neglected in the GR system (Table 1). According to Spychaj et al. [37], durum grain hardness is affected to a greater extent by weather conditions than by chemical plant protection agents used during cultivation. In contrast, Rachon et al. [36] demonstrated that the administration of plant protection agents had a positive effect on durum grain vitreousness, whereas according to Fana et al. [38] no interaction was observed between fertilization and durum grain hardness, however this quality parameter positively correlated with flour yield. In turn, Nagamine et al. [14] showed a significant relationship between flour color and grain hardness of Japanese wheats (Chugoku 140, Chikugoizumi and DH lines).

**Grain color**

Results of measurements of durum wheat grain lightness (Table 2) confirmed results of measurements of the F_max value. The highest and similar L*<sup>c</sup> values were determined for the grain from durum wheat grown in the WGR system, at sowing density of 350 seeds m⁻² and without nitrogen fertilization (L*<sup>c</sup> = 54.35) as well as for the grain of durum wheat fertilized with a nitrogen dose of 80 kg ha⁻¹ (L*<sup>c</sup> = 54.16). The lowest L*<sup>c</sup> value (51.36) was demonstrated for the grain from wheat cultivated without the growth regulator, at sowing density of 450 seeds m⁻² and nitrogen dose of 120 kg ha⁻¹. As in the case of grain hardness, upon GR use, the L*<sup>c</sup> value of the grain was the highest (53.64) in the cropping with the sowing density of 350 seeds m⁻² and nitrogen application of 0 kg ha⁻¹ (51.41). The hardness and lightness of the grain from durum wheat grown in the WGR system were significantly influenced by sowing density, especially at nitrogen fertilization doses of 80 and 120 kg ha⁻¹ (p<0.01; p<0.05)–Table 2. The higher L*<sup>c</sup> values of the grain testifies of its lighter, natural bright yellow color (lightness and yellowness) and better usability for semolina and pasta production. The above features are
very important in commercial, nutritional, and technological quality assessment of durum grain and its end products. Semolinas and pasta color are the consequence of two distinct constituents: yellow (desirable—higher lightness/yellowness) and brown (undesirable—lower lightness) pigments. The yellow color has been considered a source of significant nutrients/antioxidant compounds [34, 39]. Results of an experiment conducted by Woźniak [40] demonstrated intensive fertilization with nitrogen (120 kg ha\(^{-1}\)) to significantly increase total ash content in durum wheat grain compared to the minimized fertilization (90 kg ha\(^{-1}\)). In turn, according to Sulewska, Koziara and Bojarczuk [41], nitrogen fertilization decreased ash content and, by this means, increased the lightness of kernels.

The statistical analysis of the effect of nitrogen fertilization dose showed that L\(^+\) values differed significantly (p<0.01) between the grain from durum wheat grown in the WGR system without fertilization (0N) and that from wheat grown with nitrogen fertilization at doses of 80 and 120 kg ha\(^{-1}\). It was also demonstrated that the sowing density had a significant (p<0.01 and p<0.05) effect on L\(^+\) values of the grain produced from wheat grown in the GR system in each variant of nitrogen fertilization (0, 80, 120 kg ha\(^{-1}\)) as well as on L\(^+\) values of the grain from durum wheat cultivated in the WGR system with nitrogen fertilization doses of 80 and 120 kg ha\(^{-1}\) (p<0.05). The analysis of GR/WGR effect showed that this factor caused the greatest differences in L\(^+\) values of the grain from wheat grown at 0 kg ha\(^{-1}\) and sowing density of 450 and 550 seeds m\(^{-2}\), at 80 kg ha\(^{-1}\)/550 seeds m\(^{-2}\), and at 120 kg ha\(^{-1}\)/350 seeds m\(^{-2}\) (Table 2). Results of measurements of grain redness (a\(^+\)) demonstrated that its values were similar (8.17–9.13) and were not significantly affected by any of the factors tested (WGR/GR, 350/450/550; 0/80/120 kg ha\(^{-1}\))—Table 2.

Results of measurements of grain yellowness (b\(^+\)), being indicative of the content of carotenoid pigments [34, 39, 42], demonstrated its values to range from 26.72 to 28.84 regardless of

### Table 2. Changes in the values (mean values ± standard deviation) of the color parameters L\(^+\), a\(^+\), b\(^+\) durum wheat grain cultivated with the application (GR) and without application (WGR) of the growth regulator with different sowing density and nitrogen fertilization.

| Sowing density (seeds m\(^{-2}\)) | Fertilization with nitrogen (kg ha\(^{-1}\)) and growth regulator—GR | Fertilization with nitrogen (kg ha\(^{-1}\)) and without growth regulator—WGR | Significant differences—450/550 | Significant differences—GR/WGR |
|----------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------|---------------------------------|
|                                 | 350/80/120                                      | 0/80/120                                        | 0/80/120                      | 0/80/120                        |
| Parameter L\(^+\)                | 350                                             | 51.41±0.54\(^{bA}\) | 53.3±0.40\(^{bB}\) | 53.64±0.44\(^{bC}\) | 54.35±0.61\(^{bB}\) | 54.16±0.23\(^{bB}\) | 52.38±0.79\(^{bB}\) | ** | ** | NS | ** | NS | NS | ** |
|                                 | 450                                             | 53.51±1.04\(^{aA}\) | 52.95±0.36\(^{bB}\) | 52.94±0.49\(^{bB}\) | 53.59±0.57\(^{bB}\) | 53.30±0.67\(^{bB}\) | 51.36±0.64\(^{bB}\) | NS | NS | NS | NS | NS | NS | NS |
|                                 | 550                                             | 52.45±0.59\(^{aA}\) | 52.46±0.71\(^{bB}\) | 51.99±0.80\(^{bB}\) | 53.83±0.64\(^{bB}\) | 52.32±0.25\(^{bB}\) | 52.45±0.61\(^{bB}\) | NS | NS | NS | NS | NS | NS | NS |
| Parameter a\(^+\)                | 350                                             | 8.17±1.25\(^{aA}\) | 8.42±0.97\(^{bB}\) | 8.45±0.91\(^{bB}\) | 8.67±1.14\(^{aA}\) | 9.14±0.27\(^{bB}\) | 8.94±0.34\(^{bB}\) | NS | NS | NS | NS | NS | NS | NS |
|                                 | 450                                             | 8.52±1.05\(^{aA}\) | 8.84±0.96\(^{bB}\) | 8.38±0.92\(^{bB}\) | 8.71±0.97\(^{aA}\) | 8.39±1.27\(^{bB}\) | 9.13±0.22\(^{bB}\) | NS | NS | NS | NS | NS | NS | NS |
|                                 | 550                                             | 8.55±1.14\(^{aA}\) | 8.63±0.96\(^{bB}\) | 8.44±1.31 | 8.08±1.29\(^{aA}\) | 8.72±0.92\(^{bB}\) | 8.79±0.40\(^{bB}\) | NS | NS | NS | NS | NS | NS | NS |
| Parameter b\(^+\)                | 350                                             | 28.36±0.52\(^{aA}\) | 27.73±0.20\(^{bB}\) | 27.66±0.42\(^{bC}\) | 28.70±0.86\(^{aA}\) | 27.66±0.22\(^{bB}\) | 27.35±0.53\(^{bB}\) | NS | NS | * | NS | NS | * | NS | NS |
|                                 | 450                                             | 28.84±0.70\(^{aA}\) | 28.33±0.78\(^{bB}\) | 27.48±0.72\(^{bB}\) | 28.19±0.54\(^{aA}\) | 27.99±1.14\(^{bB}\) | 28.02±0.44\(^{bB}\) | NS | NS | * | NS | NS | * | NS | NS |
|                                 | 550                                             | 28.30±1.00\(^{aA}\) | 28.35±0.90\(^{bB}\) | 28.49±0.64\(^{bB}\) | 27.66±0.50\(^{aA}\) | 28.11±0.53\(^{aA}\) | 26.72±1.17\(^{bB}\) | NS | NS | NS | NS | ** | NS | NS | NS |

\(^{a}\)–mean values in columns indicated with small various small letters are statistically significantly different at p<0.01.  
\(^{A}\)–mean values in columns indicated with various capital letter are statistically significantly different at p<0.05.  
\(^{a}\)–mean values in columns indicated with the same small letters non differ statistically.  
\(^{*}\)–significant differences, p<0.05  
\(^{**}\)–significant differences, p<0.001; NS–non significant differences.

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the analyzed variant and experimental factor. The highest saturation with yellow color ($b' \approx 29$) was determined in the grain from durum wheat grown at GR/0N/450 seeds m$^{-2}$. The $b'$ values obtained in the study (approx. 27.3 or higher) point to the good quality of the grain [39, 43]. Durum grain with a higher content of yellow pigments is characterized by superior qualitative composition of gluten proteins and it has lighter and thinner hulls. In turn, the lowest achieved $b'$ (GR/450: 27.48; WGR/550: 26.72) and the observed significant ($p < 0.01$) effect of WGR/GR and seeding rate (350/450/550) on $b'$ values of the grain from durum wheat fertilized with a nitrogen dose of 120 kg ha$^{-1}$ (Table 2) are indicative of the negative effect of fertilization with nitrogen on the content of carotenoid pigments [41].

The levels of lightness ($L'$) and redness ($a'$) values of analyzed durum grain were relatively similar to these obtained for common wheat and spelt grain, whereas values of durum grain yellowness ($b'$) were 1.5x higher than in the case of mentioned two wheat species [22] (Żuk-Gołaszewska et al. 2018).

**Flour Extraction Rate (FER)**

Being the basic tool used to monitor and control the milling process as well as its technological and economic outcomes in the milling industry, the flour extraction rate (FER) was described as a quality indicator which allows establishing the optimal conditions of crop cultivation [22]. The yield of semolina declines as kernels become thinner because the proportion of endosperm concomitantly decreases. This is largely influenced by environmental conditions during the growing season and during harvest [7].

Results of determination of the amount of flour produced from grain unit demonstrated a higher extraction rate of the flour made of the grain from durum wheat grown in the WGR system (68.96–59.38%), compared to the GR system (64.00–58.58%), however the highest FER value was obtained in the variant with 0N and 350 seeds m$^{-2}$ (68.96%) which allowed producing the hardest grain (Table 1). In addition, the sowing density factor (350/450/550) in the WGR system, caused significant ($p < 0.01, p < 0.05$) differences in FER, regardless of nitrogen fertilization dose. The lower FER value of flour from the grain of wheat cultivated in the GR system was also significantly ($p < 0.01$) affected by sowing density at 80N fertilization dose. The highest FER values, being significantly different from these obtained at WGR/80N, were achieved during wheat cultivation at 80N fertilization and sowing densities of 350 seeds $m^{-2}$ (64.00%) and 450 seeds $m^{-2}$ (63.92%)–Table 3. Obtained FER values were comparable or even higher than domestic standards for this parameter, which were: 66.1%–spring common wheat cv. Tybalt; 61.7%–spring durum wheat cv. SMH87 [30].

**Flour Particle Size (FPS)**

The particle size distribution of flour (FPS) is another quality indicator which affects its storage stability and technological usability (e.g. water absorption rate or dough formation time). Pasta producers are fully aware of the impact the particle size of durum wheat semolina or flour has on the pastas quality. However, detailed requirements regarding this quality indicator differ significantly among countries. Due to the great advance in novel techniques and technologies employed in the pasta making process, the requirements set for pasta raw materials regarding particle size distribution have changed remarkably in recent years. The demand for coarse pasta flours has decreased, while that for semolina and durum flours with finer but uniform granulation has increased [44]. For years, pasta has been produced with semolina having particle sizes of 125 to 630 $\mu$m, whereas today the most common and suitable raw material is that with finer particles being smaller than 400 $\mu$m [30]. This allows shortening kneading time and achieving pasta dough with a more homogenous structure [7, 44].
Table 3. Changes in the extraction rate and particle size (mean values ± standard deviation) of flour from durum wheat grain depending on sowing density, growth regulator application and nitrogen fertilization.

| Sowing density (seeds m⁻²) | FER (%) | FPS (%) |
|-----------------------------|---------|---------|
|                             | Nitrogen fertilization (kg ha⁻¹) | Sig. diff.– 350/450/550 | Nitrogen fertilization (kg ha⁻¹) | Sig. diff.– 350/450/550 |
|                             | 0 | 80 | 120 | 0 | 80 | 120 | 0 | 80 | 120 | 0 | 80 | 120 |

**Without the application growth regulator (WGR)**

| 350 | 68.69 ±1.10a | 59.91 ±2.18a | 60.15±0.89a | ** | ** | 67.60 ±0.75a | ** | ** |
| 450 | 67.52 ±1.09a | 60.45 ±0.44a | 62.02 ±0.92A | ** | ** | 92.83 ±1.44B | 98.36 ±0.41B | 99.57±0.15B |
| 550 | 59.38 ±1.07b | 64.31 ±1.11b | 59.67 ±0.98B | ** | ** | 95.00 ±0.20b | 97.64 ±0.12B | 97.09 ±0.16A |

**With the application growth regulator (GR)**

| 350 | 62.05 ±1.65a | 64.00 ±0.40a | 60.94 ±0.23a | NS | ** | NS | 96.31±0.66a | 94.25 ±0.93a | 99.77±0.07a |
| 450 | 62.99 ±0.71a | 63.92 ±0.89a | 58.58 ±1.70a | 91.03±0.84b | 93.62 ±0.11a | 99.37±0.06B |
| 550 | 61.28 ±1.51a | 61.22 ±0.63B | 59.82 ±1.40a | 97.11 ±0.57a | 97.97 ±0.09a | 99.40±0.38A |

Significant differences–GR/ WGR

| 350 | ** | ** | NS | ** | ** | NS | ** | ** | ** | ** | NS | ** | ** |
| 450 | ** | ** | * | ** | ** | * | NS | ** | NS | ** | ** |
| 550 | NS | * | NS | ** | ** | * | ** | ** | ** | ** | ** | ** | ** |

FER—flour extraction rate; FPS—flour particle size.

*a—mean values in columns indicated with various small letters are statistically significantly different at p<0.01.

A—mean values in columns indicated with various capital letter are statistically significantly different at p<0.05.

**a—mean values in columns indicated with the same small letters non differ statistically.

*p—significant differences, p<0.05

**p—significant differences, p<0.01; NS—no significant differences.

Results of FPS measurements demonstrate that flour from durum wheat grown in the WGR system was characterized by a wider range of values of this parameter (67.6–99.57%), that the lowest value was determined in the flour made of the grain from wheat grown without nitrogen fertilization at sowing density of 350 seeds m⁻². In turn, in the GR system, the range of FPS values was narrower, but the values achieved were higher, i.e. 91.03–99.77% (Table 3).

The analysis of the effect of WGR/GR factor showed significant (p<0.01, p<0.05) differences in the FPS distribution of flour. In the cropping variants: 0/120 kg ha⁻¹ and 80 kg ha⁻¹ of FPS values was narrower, but the values achieved were higher, i.e. 91.03–99.77% (Table 3).

Obtained FPS values were also comparable or higher than domestic standards for this parameter, which were: 91.6%—spring common wheat cv. Tybalt; 82.2%—spring durum wheat cv. SMH87 [30].

**Flour color**

The highest values of L⁺ color parameter of flour (91.93–91.81) of durum grain produced in WGR system were obtained for the variants WGR/80 kg ha⁻¹/350–450 seeds m⁻² and WGR/0N/550 seeds m⁻². In case of GR system, a highest range of L⁺ values (92.43–91.74) was reported for the flours made of the grain from the variants GR/0 kg ha⁻¹/350–550 seeds m⁻². In flours from the other variants, L⁺ values ranged from 90.48 to 91.12. The analysis of the impact of agrotechnical factors demonstrated a significant (p<0.01; p<0.05) effect of GR/WGR on the...
lightness of flours from all cropping variants, except for the variant 120 kg ha\(^{-1}\)/450 seeds m\(^{-2}\).

The sowing density factor caused significant differences in \(L^*\) values of flours made of the grain from the variant GR/0; 120 kg ha\(^{-1}\) (\(p<0.01\); \(p<0.05\)) and from the variant WGR/0; 80; 120 kg ha\(^{-1}\) (\(p<0.01\))—Table 4.

Results of redness measurements demonstrated that \(a^*\) values of the flour made of the grain from the WGR system were higher (0.68–0.43) compared to \(a^*\) values of flour from wheat grain from the GR system (0.62–0.40). The statistical analysis of the impact of agrotechnical factors demonstrated a significant (\(p<0.01\); \(p<0.05\)) effect of the GR/WGR factor on \(a^*\) value of the flours made of the grain produced from variants: 0 kg ha\(^{-1}\)/350; 450 seeds m\(^{-2}\); 80 kg ha\(^{-1}\)/550 seeds m\(^{-2}\), and 120 kg ha\(^{-1}\)/450 and 550 seeds m\(^{-2}\). Sowing density caused significant (\(p<0.01\)) differences in \(a^*\) values of flours produced from the grain variants: WGR/0; 120 kg ha\(^{-1}\) and GR/80 kg ha\(^{-1}\) (Table 4).

The statistical analysis of the impact of agrotechnical factors demonstrated that only sowing density caused significant differences the yellowness (\(b^*\)) of flour made of the grain produced from variants: GR/120 kg ha\(^{-1}\) (\(p<0.05\)) and WGR/0; 80 kg ha\(^{-1}\) (\(p<0.01\))—Table 4. The lack of an explicit effect of the agrotechnical factors on the yellowness of flour, like in the case of analyzed parameter \(b^*\) of grain color, may be due to the complex nature of the yellow pigment in semolina/ flour from durum wheat grain.

The color of semolina is caused by the carotenoid (yellow) pigment content in the entire grain. The average carotenoid concentration in durum wheat is 6.2 ± 0.13 mg/kg in dry weight, determining the pasta color. A wide range of compounds have been detected such as lutein, its fatty acid esters, \(\beta\)-carotene, zeaxanthin, \(\beta\)-cryptoxanthin, \(\beta\)-apocarotenal, antheraxanthin, taraxanthin, flavoxanthin, and tritoxanthin. However, carotenoid fraction accounted for only 30–50% of the yellow pigment quantities. There are still compounds in durum wheat not yet

### Table 4. Changes in the values (mean values ± standard deviation) of the color parameters \(L^*\), \(a^*\), \(b^*\) of flour from grain of durum wheat cultivated with the application (GR) and without application (WGR) of the growth regulator with different sowing density and nitrogen fertilization.

| Sowing density [seeds m\(^{-2}\)] | Fertilization with nitrogen [kg ha\(^{-1}\)] and growth regulator—GR | Fertilization with nitrogen [kg ha\(^{-1}\)] and without growth regulator—WGR | Significant differences—350/450/550 | Significant differences—450/550 | Significant differences—GR/WGR | GR | WGR |
|-----------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------|---------------------------------|--------------------------------|------|------|
|                                   | 0                   | 80       | 120      | 0     | 80       | 120       | 0     | 80   | 120   | 0     | 80   | 120   |
| Parameter \(L^*\)                |                    |          |          |      |          |          |      |      |      |      |      |      |
| 350                               | 91.74±0.20\(^a\)    | 91.78±0.23\(^b\) | 92.43±0.43\(^b\) | 91.74±0.20\(^a\) | 91.78±0.23\(^b\) | 92.43±0.43\(^b\) | **    | **   | **   | **   | **   | **   |
| 450                               | 91.74±0.20\(^a\)    | 91.78±0.23\(^b\) | 92.43±0.43\(^b\) | 91.74±0.20\(^a\) | 91.78±0.23\(^b\) | 92.43±0.43\(^b\) | **    | **   | **   | **   | **   | **   |
| Parameter \(a^*\)                |                    |          |          |      |          |          |      |      |      |      |      |      |
| 350                               | 0.41±0.08\(^a\)     | 0.62±0.13\(^a\) | 0.45±0.09\(^a\) | 0.41±0.08\(^a\) | 0.62±0.13\(^a\) | 0.45±0.09\(^a\) | NS    | NS   | NS   | **   | **   | **   |
| 450                               | 0.50±0.10\(^a\)     | 0.56±0.05\(^a\) | 0.42±0.07\(^a\) | 0.50±0.10\(^a\) | 0.56±0.05\(^a\) | 0.42±0.07\(^a\) | NS    | **   | **   | NS   | **   | **   |
| Parameter \(b^*\)                |                    |          |          |      |          |          |      |      |      |      |      |      |
| 350                               | 18.22±0.52\(^c\)    | 19.30±0.89\(^a\) | 19.14±0.31\(^a\) | 18.22±0.52\(^c\) | 19.30±0.89\(^a\) | 19.14±0.31\(^a\) | NS    | NS   | NS   | NS   | NS   | NS   |
| 450                               | 18.55±0.18\(^c\)    | 19.54±0.21\(^a\) | 19.52±0.35\(^a\) | 18.55±0.18\(^c\) | 19.54±0.21\(^a\) | 19.52±0.35\(^a\) | NS    | NS   | NS   | NS   | NS   | NS   |
| 550                               | 18.12±0.30\(^c\)    | 19.51±0.41\(^a\) | 19.73±0.40\(^a\) | 18.12±0.30\(^c\) | 19.51±0.41\(^a\) | 19.73±0.40\(^a\) | NS    | NS   | NS   | NS   | NS   | NS   |

\(^a\)–mean values in columns indicated with various small letters are statistically significantly different at \(p<0.01\).

\(^b\)–mean values in columns indicated with various capital letter are statistically significantly different at \(p<0.05\).

\(^c\)–mean values in columns indicated with the same small letters non differ statistically.

\(^*\)–significant differences, \(p<0.05\)

\(^**\)–significant differences, \(p<0.01\); NS–non significant difference.

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identified that contribute considerably to the yellow color of the flour [39, 42]. The level of lightness $L^*$ values of analyzed durum wheat flour was relatively similar to those obtained for flours of common wheat and spelt grain, whereas values of durum flour redness $a^*$ and yellowness $b^*$ were twice higher than in the case of mentioned two wheat species [22].

**Correlations**

To determine the effect of agrotechnical factors (seeding density, nitrogen fertilization, retardant application) on the analyzed parameters of grain quality and flour obtained from it, an analysis of correlations between these variables was performed.

Analysis of the influence of sowing density and nitrogen fertilization grain cultivated without the application of growth regulator (WGR) showed that nitrogen fertilization had a significant ($p<0.01$) and a strong effect on the color parameters $L^*$ ($r = -0.665$) and $b^*$ ($r = -0.488$) of the grain, and these correlations were negative (with increasing nitrogen dose, parameter values decreased). The sowing density was characterized by a smaller effect on the lightness of the grain ($r = -0.286$). The opposite relationship was observed for grain cultivated with the application of growth regulator (GR). Greater and negative correlation ($r = -0.676, p<0.01$) was obtained between sowing density of grain and its lightness ($L^*$), while the effect of nitrogen fertilization on the hardness and its color parameters ($L^*$, $b^*$) was characterized by a significant, but of a smaller strength, correlation ($p<0.05$)—Table 5.

In the case of flour obtained from grain cultivated without the application of growth regulator (WGR), similar relationships were observed as for the grain itself. The most significant ($p<0.01$) and strong effect of nitrogen fertilization was obtained for FPS ($r = -0.592$) and yellowness $b^*$ ($r = 0.824$), and a slightly lower strength—for its FER ($r = -0.384$). However, the grain sowing density also significantly affected ($p<0.05$) on the FPS.

Nitrogen fertilization had significant effect ($p<0.01$) and high strength ($r = (-0.856)$—(0.740)) on all tested technological parameters of flour obtained from grain cultivated with the application of growth regulator (GR)—Table 5.

To determine the effect of application of GR during cultivation, the Mann-Witney’s test was carried out for 2 independent groups. The obtained results did not allow the rejection of the null hypothesis (the means of the compared groups are equal), which means that the impact of sowing density and nitrogen fertilization on both groups is similar—statistically insignificant.

**Conclusions**

The cultivation system applied in the temperate climate conditions of North-Eastern Europe had a significant impact on changes in the quality technological parameters of studied

| Table 5. Correlation coefficients between agrotechnical factors (sowing density, fertilization with nitrogen, (WGR / GR) and selected qualitative parameters durum wheat grain and flour made of it. |
|----------------|-----------------|----------------|-----------------|
| Cultivation system | Wheat grain | | Flour |
| | Without the application growth regulator—WGR | | |
| | $F_{\text{max}}$ [N] | $L^*$ | $a^*$ | $b^*$ | FER [%] | FPS [%] | $L^*$ | $b^*$ |
| Sowing density | -0.117 | -0.286* | -0.188 | -0.080 | -0.327 | 0.424* | -0.072 | 0.180 |
| Fertilization with nitrogen | -0.163 | -0.665** | 0.222 | -0.488** | -0.384* | -0.592** | -0.254 | 0.824** |
| | | | | | | | | |
| With the application growth regulator—GR | | | | | | | |
| Sowing density | 0.238* | -0.676* | 0.077 | 0.247 | -0.212 | 0.196 | 0.177 | 0.136 |
| Fertilization with nitrogen | 0.240* | -0.290* | 0.022 | -0.334* | -0.567** | -0.594** | -0.856** | 0.740** |

$F_{\text{max}}$—maximum compression force of the durum wheat grain; FER—flour extraction rate; FPS—flour particle size, $L^*$—lightness, $a^*$—redness, $b^*$—yellowness.

*—significant differences, $p<0.05$

**—significant differences, $p<0.01$.

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durum wheat grain and flour. Grain of the best hardness was produced from durum wheat
grown without the growth regulator, at the sowing density of 350 seeds m$^{-2}$ and nitrogen fertil-
dization dose of 80 kg ha$^{-1}$. Desired values of lightness and yellowness were determined in the
grain of wheat cultivated without additional agrotechnical measures. The lightness of the grain
produced from wheat cultivated with the support of the growth regulator was negatively
affected by increasing the sowing density to 550 seeds m$^{-2}$ and nitrogen fertilization dose to
120 kg ha$^{-1}$. High-quality grain with desired flour quality parameters can be produced from
spring durum wheat grown without the use of growth regulator and at medium doses of nitro-
gen fertilization. The results presented above constitute a premise for the continuation of
research in the scope of evaluation of other grain and flour quality features of durum wheat
grown in a temperate climate. An important direction of future research also seems to be the
calculation of its production costs in order to popularize it in cultivation and to increase the
attractiveness of an alternative raw material in the pasta industry. Indication of the optimal
variant of integrated cultivation can reduce costs of durum wheat production and contamina-
tion of the natural environment.

Supporting information

S1 File. Minimal data set.

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