Supraorbital Keyhole Approach for Intracranial Aneurysms: Transitioning from Concerns to Confidence

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For surgical minimalism to reduce iatrogenic traumatization, a supraorbital keyhole approach has already been successfully applied to treat many unruptured anterior circulation aneurysms. However, using this minimal approach also raises several technical concerns due to the small cranial opening and cosmetic impact of a facial incision. Yet, such technical limitations can be overcome by using favorable surgical indications, slender surgical instruments, and optimized surgical techniques, while excellent cosmetic outcomes can be achieved using a short skin incision located <1 cm from the supraorbital margin, reconstruction of any bone defects around the bone flap, and meticulous wound closure. Thus, given such reassuring surgical results, in terms of the clipping status, neurological effects, and cosmetic outcomes, any concerns can be transitioned into confidence.

Key Words: Craniotomy ∙ Intracranial aneurysm ∙ Minimally invasive surgical procedures.

INTRODUCTION

Neurosurgical minimalism to reduce iatrogenic traumatization involves a variety of techniques intended to minimize the surgical wound, pain, complications, and hospital stay, along with avoiding neurological deficits. Since the introduction of a concept of keyhole approach by Perneczky and colleagues, a supraorbital keyhole approach is commonly applied for treating anterior circulation aneurysms and tumors in the parasellar and suprasellar regions. As most aneurysms are located at or around the circle of Willis, a supraorbital keyhole approach using a supra-eyebrow skin incision facilitates straightforward access to the lesions, allowing visualization of deep-seated lesions and achievement of the surgical goals.

However, a supraorbital keyhole approach still presents certain technical and cosmetic challenges. Therefore, this report attempts to assuage such concerns by suggesting solutions based on the author’s surgical experience of more than 600 cases using a supraorbital keyhole approach for unruptured aneurysms.

SURGICAL TECHNIQUE FOR INTRACRANIAL ANEURYSMS

Supraorbital minicraniotomy
The patient is placed in a supine position with the head ro-
tated contralaterally 20 degrees and slightly extended. No head fixation is used, as preferred by the author. In addition, no central venous line placement, mannitol infusion, or lumbar drainage of the cerebrospinal fluid (CSF) is applied when clipping small unruptured aneurysms.

The supra-eyebrow skin incision runs laterally from the midpupillary line, measuring 3.5 cm in length. To avoid injury to the supraorbital nerve transmitting through the supraorbital foramen, the skin incision is not extended medially from the midpupillary line. The skin incision is located at or within 1 cm of the supraorbital margin to avoid the frontal branch of the facial nerve, and positioned just above the eyebrow in most women and in the upper part of the eyebrow in some men.

The underlying muscles, including the frontalis, corrugator supercilii, and temporalis muscle, are then cut using a monopolar cautery. While the temporalis muscle is elevated using a monopolar cautery, wide subcutaneous undermining outside the temporalis muscle is performed using a blunt dissector to avoid thermal damage to the frontal branch of the facial nerve. When medial undermining toward the supraorbital foramen, caution is needed to avoid any supraorbital nerve injury.

A frontobasal lateral burrhole is drilled first. When using a high-speed drill with a footplate attachment to create a craniotomy, wide subcutaneous undermining allows extensive unidirectional skin retraction in front of the drill advancement using a retractor held by an assistant. As a result, this facilitates a craniotomy that is larger than the opening made by the skin incision\(^{15,20,22,27}\). A supraorbital bone flap with a diameter of ≤2 cm is commonly created and sufficient for small anterior circulation aneurysms. In cases of complex or large aneurysms or an inexperienced surgeon, a slightly longer skin incision and larger craniotomy are recommended.

While a supraorbital mini-craniotomy yields a very small cranial opening, the size and extent of the opening are inevitably affected by the location and size of the aneurysm. Internal carotid artery (ICA) aneurysms require the smallest cranial opening, extending from the frontobasal lateral burrhole toward the midpupillary line (Fig. 1). Meanwhile, middle cerebral artery (MCA) aneurysms require a slight lateral extension of the cranial opening by drilling the sphenoid ridge to facilitate dissection of the sylvian fissure (Fig. 2). In cases of low-positioned posterior communicating artery (PCoA) aneurysms, a supraorbital mini-craniotomy with a height ≥2 cm.
may be required to introduce and direct a drill bit to the ante-
rior clinoid process.

Six retraction sutures are placed at the edge of the skin inci-
sion instead of a self-retaining retractor. The inner edge of the
craniotomy above the orbital rim is then drilled and beveled.
In cases of ICA aneurysms and anterior communicating ar-
tery (ACoA) aneurysms, the frontal floor prominences are
drilled and flattened for subfrontal access, whereas in cases of
MCA aneurysms, the supra-orbital craniotomy is marginally
extended laterally and the sphenoid ridge slightly drilled to-
ward the sylvian fissure.

The dura is opened in a semicircular fashion with the base
at the orbital rim. A dural incision extending slightly beyond
the cranial opening allows a more spacious surgical corridor
toward the basal cisterns. For MCA aneurysms, an additional
dural incision, as in Fig. 2, facilitates surgical access to the syl-
vian fissure.

The intradural procedures according to the location of the
aneurysm are explained in the following sections. Thereafter,
the dural incision is sutured. Epidural application of hemostatic
patches along the dural suture line and bone margin in
addition to intradural infusion of saline eliminate the neces-
sity of dural tenting sutures. If needed, dural tenting sutures
can also be placed along the bone edge using an anchor screw
technique. The bone flap is then fixed in place using titani-
um plates and screws with a low profile.

ICA aneurysms
Following a curved dural incision, a narrow brain spatula is
carefully slid over the base of the frontal lobe toward the ca-
rotid and optic nerve cisterns with the use of an operating mi-
croscope. The basal cisterns are then opened to drain the CSF,
for brain relaxation, and to achieve sufficient working space.
An intraoperative mannitol infusion is not required in the
case of unruptured aneurysms.

For supraclinoid ICA aneurysms, including aneurysms aris-
ing at the PCoA origin or anterior choroidal artery (AChA) or-
igin, medial dissection of the sylvian fissure allows sufficient
frontal lobe retraction without temporal lobe traction and vi-
sualization up to the carotid bifurcation. A supraorbital key-
hole approach provides exactly the same surgical perspective
as a pterional approach for supraclinoid ICA aneurysms. The
ICA is located in the center of the surgical field.

For PCoA aneurysms, dissection of the carotid cistern is
performed by lateral rolling of the arachnoid adherent to the
ICA to expose the aneurysm base and origins of the PCoA
and AChA. A temporary clip is then applied to the ICA prox-
imal to the PCoA origin, while a permanent clip is applied to
the aneurysm neck between the PCoA and AChA, after defin-
ing the proximal and distal aspects of the aneurysm neck.

For AChA aneurysms, the critical issue is determining the
exact location of the AChA origin and the trajectory of the ar-
tery. This is achieved via rigorous visual scrutiny under high
microscopic magnification. Here, a straight clip is preferred
and applied across the aneurysm neck perpendicular to the
axis of the ICA. A clip blade proximal to the aneurysm is then
positioned away from the AChA origin, while the distal blade
is positioned close to the ICA wall. The AChA patency and
safety are ascertained using indocyanine green angiography
and neurophysiological monitoring using a motor-evoked po-
tential. Smaller supraorbital craniotomies are adequate for
ICA aneurysms rather than ACoA aneurysms or MCA aneu-
rysms.

MCA aneurysms
The supraorbital craniotomy is extended a few millimeters
laterally for MCA aneurysms. The surgical microscope is di-
rected laterally toward the sylvian fissure and a narrow brain
spatula is slid over the lateral aspect of the frontal lobe toward
the sylvian fissure. Slight retraction of the lateral frontal
lobe exposes the sylvian fissure and allows the opening of
the fissure. Thereafter, slow drainage of the CSF through the
opening of the sylvian fissure facilitates the dissection of the
sylvian fissure.

For MCA bifurcation aneurysms at the MCA genu, the syl-
vian fissure at the pars triangularis is dissected focally up to 2
cm to achieve straightforward access to the aneurysm. This
invariably involves cutting a few small fronto-sylvian veins
depending on their location. Meanwhile, for M1 aneurysms
proximal to the MCA genu at the origin of an early frontal ar-
tery or early temporal artery, a more proximal segment of the
sylvian fissure is dissected.
ACoA aneurysms

A supraorbital keyhole approach can be applied for inferior-or anterior-directing low-positioned ACoA aneurysms without considerable difficulty. However, a pterional-transsylvian approach or anterior interhemispheric approach is favored for superior-directing or high-positioned ACoA aneurysms to reduce the brain retraction.

As the brain retractor is placed in a lateral direction to an ACoA aneurysm in a pterional-transsylvian approach, this means the posterior part of the olfactory tract is retracted. In contrast, for a supraorbital keyhole approach, the retractor is placed subfrontally in an anterior direction via a supraorbital mini-craniotomy and the anterior part of the olfactory tract is retracted (Fig. 3). Retraction of the anterior part of the olfactory tract is considered more likely to produce avulsion of the olfactory nerve from the cribriform plate. Thus, while the basic surgical procedures are similar, the direction of the brain retraction and surgical perspective are actually different between a supraorbital keyhole approach and pterional approach. Once the carotid cistern, proximal sylvian fissure, chiasmatic cistern, and interhemispheric fissure are all dissected, the A1 segment is then followed to the ACoA complex.

If needed, the gyrus rectus is also resected.

TECHNICAL CONCERNS AND SOLUTIONS

Since a supraorbital mini-craniotomy with a supra-eyebrow incision creates a very small cranial opening with a diameter ≤ 2 cm, this imposes many technical limitations and shortcomings. First, the viewing angles are narrow and the intraoperative light is reduced, although the latter is no longer a problem with recent surgical microscopes delivering more light.

Fig. 4. Single-shaft slender-type surgical instruments, including microforceps, microscissors, bipolar coagulator, and aneurysm clip applier.

Fig. 5. Long and short bipolar coagulation forceps. The long bipolar coagulation forceps have a narrower configuration in the anterior part. Arrows indicate the width of the bipolar coagulation forceps at the level of the craniotomy opening.
with higher-contrast images in narrow and deep canals. However, if hidden regions are problematic for microscopic visualization, an angled endoscope or surgical micro-mirror can be used to look around corners or behind structures.

Second, the small cranial opening reduces the maneuverability of the surgical instruments, yet this can also be overcome with the use of appropriate surgical instruments. While conventional aneurysm clip appliers, microscissors, and bipolar coagulation forceps have limited maneuverability in a narrow corridor, new single-shaft slender-type instruments are now commercially available that can operate freely in such narrow space (Fig. 4). In addition, in cases of using the conventional types of instruments, longer instruments provide more free maneuverability. For example, longer bipolar coagulation forceps have a narrower configuration in the anterior parts when closed (Fig. 5). Furthermore, due to the limited maneuverability of surgical instruments in keyhole surgery, the aneurysm needs to be accessed via the most direct and straightforward route without unnecessary intraoperative navigation. Thus, careful and clean arachnoid dissection is required to minimize venous bleeding, avoid a dim operative field, and facilitate surgical processes. Meanwhile, the margin of the small cranial opening can be used to support the surgical instruments to reduce any tremor for the surgeon, which is actually a critical advantage of keyhole surgery.

Third, the small cranial opening provides a uniportal microsurgical procedure with essentially coaxial control of the surgical instruments. Technical limitations due to coaxial instrument maneuverability are normally not problematic for most small saccular aneurysms, due to the use of aneurysm clips with various configurations, along with gentle mobilization of the parent artery and aneurysm using a suction tip in the left hand. However, such limitations can be problematic in certain complicated cases, which require the development of new surgical techniques17,18. For example, tying a knot in a microsuturing procedure is very difficult in a deep narrow surgical field. While an easy procedure when the two instruments are positioned with a wide angle in a shallow and wide surgical field, it becomes very difficult when using coaxial control of the two surgical instruments in a deep and narrow surgical corridor. Therefore, a clip-knotting technique, which uses an aneurysm clip to hold both remaining ends of a thread that is sutured in a running manner, can replace the conventional knotting procedure in a deep and narrow surgical corridor19.

Fourth, a keyhole approach is essentially unidirectional, whereas a pterional approach can provide multidirectional access to the lesion. In cases of complex ACoA aneurysms, a pterional craniotomy provides both anterior and lateral access to the lesion and facilitates multidirectional dissection of the aneurysm and multidirectional application of the aneurysm clips.

### Surgical indications

Determining the appropriate surgical indications is critical when applying a supraorbital keyhole approach due to its technical limitations. Small unruptured aneurysms arising at or around the level of the circle of Willis are particularly favorable for a supraorbital keyhole approach. Aneurysms arising from the supraclinoid ICA at the level of the PCoA origin or AChA origin, ICA bifurcation, A1 segment of an anterior cerebral artery, ACoA, M1 segment of an MCA, and MCA bi-

| Aneurysm location | Favorable indications | Unfavorable or less favorable indications |
|-------------------|-----------------------|------------------------------------------|
| ICA               | • PCoA aneurysm        | • ICA posterior wall aneurysm             |
|                   | • AChA aneurysm        | • Low-lying supraclinoid ICA aneurysm     |
|                   | • ICA bifurcation aneurysm | • Paraclinoid ICA aneurysm           |
|                   | • ICA superior wall aneurysm |                                      |
| ACA               | • A1 segment aneurysm  | • Superior-directing ACoA aneurysm       |
|                   | • Inferior- or anterior-directing ACoA aneurysm | • High-positioned ACoA       |
|                   | • Low-positioned ACoA aneurysm | • Pericallosal artery aneurysm      |
| MCA               | • M1 segment aneurysm  | • Aneurysm distal to MCA genu           |
|                   | • MCA bifurcation aneurysm |                                      |

ICA: internal carotid artery, PCoA: posterior communicating artery, AChA: anterior choroidal artery, ACA: anterior cerebral artery, ACoA: anterior communicating artery, MCA: middle cerebral artery
furcation can all be included. Table 1 summarizes the favorable indications for a supraorbital keyhole approach, along with the unfavorable and less favorable indications that require technical precautions.

The intraoperative visualization of a supraorbital keyhole approach to the ICA is nearly identical to that of a pterional approach. Aneurysms arising at the posterolateral wall of the ICA (PCoA and AChA aneurysms), superior wall of the ICA, and ICA bifurcation are all easy to access using a supraorbital keyhole approach. In particular, an unruptured PCoA aneurysm inducing oculomotor nerve palsy is a favorable indication for a supraorbital keyhole approach. Straightforward surgical access via a supraorbital keyhole approach, aneurysm neck clipping, and puncturing the aneurysm to relieve the oculomotor nerve of aneurysmal compression all serve to maximize the symptomatic resolution and minimize the surgical invasiveness.

However, certain ICA aneurysms are not favorable for a supraorbital keyhole approach. When the aneurysm arises at the posterior wall of the ICA, this may necessitate placement of an angled fenestrated clip encircling the ICA. For angular displacement of a fenestrated clip in a cranio-caudal or medial-lateral direction, the clip applier should be moved a considerable amount, which is limited in the case of a keyhole surgery.

In addition, low-lying supraclinoid or paraclinoid ICA aneurysms that involve drilling of the anterior clinoid process also require a larger cranial opening than a supraorbital mini-craniotomy with a height $\leq 2$ cm. In such cases, the following surgical approaches can be adequate: 1) a longer supra-eyebrow skin incision and resultant larger supraorbital craniotomy with or without an orbital osteotomy.

Most MCA aneurysms arising at the M1 segment and MCA bifurcation can be clipped using a supraorbital keyhole approach. However, if the lesions are located beyond the MCA genu, a larger cranial opening is needed to expose them.

For ACoA aneurysms, a supraorbital keyhole approach only allows subfrontal access and the ipsilateral olfactory nerve is more compressed by the brain retractor than in the case of a pterional approach. Thus, while inferior- and anterior-directed ACoA aneurysms can easily be clipped using a supraorbital keyhole approach, large superior-directed and high-positioned ACoA aneurysms require a pterional-transsylvian approach or interhemispheric approach.

Besides the location of the aneurysm, its size and shape can also affect the selection of the surgical approach. For example, a large-size and wide-necked aneurysm and the adjacent location of multiple aneurysms can require a larger craniotomy for the application of multiple clips in various directions. For MCA aneurysms, a maximum diameter $<15$ mm and neck diameter $<10$ mm are favorable for a supraorbital keyhole approach.

Other relative contraindications for a supraorbital keyhole approach are as follows: 1) tendency of a patient to form keloids and hypertrophic scars, 2) asymmetric sagging brows, and 3) anticipated emotional stress due to even a small operative wound on the face.

**Ruptured aneurysms**

The application of a keyhole approach to ruptured intracranial aneurysms remains controversial due to the surgical difficulties associated brain swelling, whereas unruptured aneurysms are a good indication for a supraorbital keyhole approach.

Achieving adequate brain relaxation is critical for keyhole surgery in cases of brain swelling after a subarachnoid hemorrhage. An intravenous mannitol infusion and drainage of the cerebrospinal fluid using an intraoperative ventriculostomy or lumbar drainage can facilitate aneurysm clipping via a keyhole approach for patients with a ruptured aneurysm. Keyhole surgery is considered an acceptable option especially for patients with a good clinical grade and small subarachnoid hemorrhage.

**COSMETIC CONCERNS AND RESULTS**

Although a supraorbital keyhole approach minimizes the surgical wound, the small surgical wound still raises cosmetic concerns. Even a small operative scar in the face can be disfiguring. Furthermore, the risk of postoperative palsy of the frontalis muscle is a serious drawback of this approach. Therefore, the following sections present various technical solutions to improve the cosmetic results.

**Palsy of the frontalis muscle**

The facial nerve exits the skull base through the stylomastoid foramen and then divides into five major facial branches.
The course of the uppermost branch, the frontal branch, can be traced as a line starting from a point 0.5 cm below the tragus and passing 1.5 cm above the lateral extremity of the eyebrow. The incidence of permanent palsy of the frontalis muscle after a supraorbital keyhole approach has been reported as 5.5% by Reisch and Perneczky, whereas no permanent palsy was reported by Park et al.

Temporary palsy of the frontalis muscle is considered related to stretch-induced nerve injuries occurring during retraction of the operative wound when the skin incision does not transect the frontal branch. The exact location of the frontal branch of the facial nerve varies individually. If the frontal branch is close to the skin incision, this increases the incidence and duration of palsy of the frontalis muscle.

A study of preoperative percutaneous mapping of the frontal branch using a nerve conduction study of 52 patients who underwent a supraorbital keyhole approach was previously performed by Park et al. The results identified four types of distribution of the frontal branch of the facial nerve in the forehead. Although no permanent palsy of the frontalis was observed, the incidence of transient severe palsy of the frontalis muscle was shown to vary according to the proximity of the frontal branch to the supraorbital margin as follows: 1) between 2 and 3 cm from the supraorbital margin in 51.9% of the patients showed a 7.4% incidence of transient severe palsy of the frontalis muscle, 2) bimodal distribution with one branch between 2 and 3 cm and the other branch between 1 and 1.5 cm from the supraorbital margin in 26.9% of the patients showed a 14.3% incidence, 3) 1.5 cm from the supraorbital margin in 9.6% of the patients showed a 40.0% incidence, and 4) approximately 1.0 cm from the supraorbital margin in 11.5% of the patients showed a 83.3% incidence.

Accordingly, a skin incision located ≤1 cm from the supraorbital margin can avoid permanent palsy of the frontalis muscle. Transient severe palsy of the frontalis muscle usually lasts 2 to 5 months postoperatively, yet cases of transient frontalis palsy lasting 2 years have also been reported. Thus, preoperative mapping of the frontal branch using a nerve conduction study can estimate the risk of transient severe palsy of the frontalis muscle and affect selection of the best surgical approach. Notwithstanding, preoperative mapping of the frontal branch is rarely performed, as the risk of permanent palsy of the frontalis is extremely low.

Following the skin incision, the underlying muscles are cut using monopolar cautery. However, subcutaneous undermining to facilitate a craniotomy should be performed using a blunt dissector instead of monopolar cautery. Serious consideration should be given to a thermal injury to the frontal branch of the facial nerve.

**Cosmetic results**

As regards cosmetic results, a pterional approach can produce an anterior temporal hollow and long operative scar at the front of the head. This long frontal scar can be associated with hair loss and disfigurement, which is especially problematic for patients who are bald, have a high forehead, or have thinning hair. In contrast, a supraorbital keyhole approach does not create an anterior temporal hollow or long operative scar in the scalp, yet can produce frontalis palsy and a disfiguring facial wound. The shorter the skin incision on the face, the better the cosmetic outcome. The shortest skin incision without limiting the maneuverability of the surgical instruments in a supraorbital keyhole approach is 3.5 cm in length.

Patient age also affects the cosmetic results of a supraorbital keyhole approach. For younger patients aged <50 years, the operative wound invariably heals well with an excellent cosmetic appearance. However, for elderly patients aged >70 years, the operative scar often leaves a linear depression and slightly sagging brow due to loose skin.

Park et al. conducted a patient satisfaction survey on 21 patients who underwent an ipsilateral superciliary keyhole approach and contralateral pterional approach for bilateral intracranial aneurysms. When asked about the cosmetic results for the supraorbital approach vs. the pterional approach, 76.2% of the patients complained about the cosmetic results for the pterional approach side due to a loss of frontal hair along the operative scar, disfiguring scar, and anterior temporal hollow, whereas only 14.3% of the patients had minor cosmetic complaints for the supraorbital approach side due to the operative scar. Although the pterional approach did not leave a facial scar, it produced a higher cosmetic complaint score, as the operative scar behind the hairline was visible in many patients due to hair loss along the scar and the patient’s thinning hair.
ADVANTAGES OF SUPRAORBITAL KEYHOLE APPROACH

When compared with a pterional approach and its modifications, a supraorbital keyhole approach has many advantages\(^5\). First, a supraorbital keyhole approach minimizes the iatrogenic traumatization to the cranium. As a craniotomy is very small, the intraoperative blood loss is negligible and a postoperative epidural hematoma is rare. The wound-related pain is also minimized. Second, the damage to the temporalis muscle is minimal in the case of a supraorbital keyhole approach. Only the temporalis covering the frontobasal lateral burrhole is cut using monopolar cautery, thereby avoiding any limited mouth opening or significant anterior temporal hollow. Third, a supraorbital keyhole approach is not associated with a long scar on the scalp and an associated hair loss. Fourth, it facilitates straightforward access to the lesion and the operative duration is very short. A supraorbital mini-craniotomy takes 20 minutes, while intradural access to an aneurysm and clipping take another 30 minutes for small, non-complicated aneurysms. Fifth, a supraorbital keyhole approach allows an early return to work and social life. Even in cases of no postoperative neurological deficits, many pterional approach patients experience significant swelling of the temporalis and operative wound for several weeks, and encounter difficulties in normal social life for a while.

PATIENT SATISFACTION AFTER SUPRAORBITAL KEYHOLE APPROACH

Understanding the technical limitations, applying the appropriate surgical indications, and gaining sufficient surgical experience of a supraorbital keyhole approach allow the surgical goal of aneurysm surgery to be achieved in a minimally invasive manner, which means complete aneurysm clipping without neurological deficits. For small unruptured aneurysms at or around the circle of Willis to be clipped safely in a minimally invasive manner. In addition, the cosmetic results are excellent with a high level of patient satisfaction.

CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

INFORMED CONSENT

This type of study does not require informed consent.

AUTHOR CONTRIBUTIONS

Conceptualization : JP
Data curation : JP
Formal analysis : JP
Funding acquisition : JP
Methodology : JP
Project administration : JP
Visualization : JP
Writing - original draft : JP
Writing - review & editing : JP
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