Two effective cases of additional pedal artery angioplasty for severe lower limb ischemia following acute thrombotic artery occlusion with hypercoagulable state diseases

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Abstract

Background: Acute limb ischemia (ALI) and critical limb ischemia (CLI) following ALI are life-threatening diseases. The rare potential causes of ALI include hypercoagulable state diseases, such as antiphospholipid syndrome (APS) and essential thrombocythemia (ET). Hypercoagulability often make revascularization for arterial occlusion, especially associated with infrapopliteal lesions, difficult. This is because the vessels have poor run-off, and elevated peripheral vascular resistance associated with microcirculation failure, due to a high thrombus burden. There is no established treatment for this issue.

Case presentation: A 45 years-old and a 56 years-old male suffered from thrombotic arterial occlusion as a first manifestation of APS and ET, respectively. Combination therapy with aggressive anti-thrombotic therapy and revascularization, such as endovascular therapy and surgical thrombectomy based on the angiosome concept, was performed. However, the high thrombus burden caused a poor pedal outflow, and significant limb ischemia remained. Additional pedal artery angioplasty was performed to improve residual limb ischemia in each case and provided sufficient blood flow to the foot.

Conclusion: The pedal artery angioplasty for thrombotic pedal artery occlusion cases, associated with hypercoagulable state diseases, seems to be a treatment option for relieving residual limb ischemia.

Keywords: Pedal artery angioplasty, Thrombotic artery occlusion, Hypercoagulable state disease, Critical limb ischemia, Acute limb ischemia

Introduction

Acute limb ischemia (ALI) and critical limb ischemia (CLI) following ALI are life and limb-threatening diseases that lead to rest-pain, ischaemic ulcers, and gangrene due to impaired perfusion in the lower limbs. A rare potential cause of ALI includes thrombotic artery occlusion associated with hypercoagulable state diseases, such as antiphospholipid syndrome (APS) and essential thrombocythemia (ET) (Suzuki et al. 2016; Moulinet et al. 2016; Chong et al. 2016; Morata Barrado et al. 2009). Successful revascularisation, including thrombectomy, bypass surgery, endovascular treatment, or hybrid treatment (surgical revascularization and endovascular treatment) for thrombotic artery occlusion in...
hypercoagulable state patients, has been reported (Moulinet et al. 2016; Chong et al. 2016; Morata Barrado et al. 2009). However, revascularization in infrapopliteal lesions, including below-the-ankle (BTA) lesions, may be difficult because of poor run-off vessels, and elevated peripheral vascular resistance associated with microcirculation failure, due to a high thrombus burden. Herein, we describe two cases in which additional pedal artery angioplasty was effective in thrombotic artery occlusion associated with hypercoagulable state diseases.

**Case report**

**Case 1**

A 45-year-old male who had no medical history suffered from sudden-onset rest-pain on his right limb with coldness and cyanosis 1 month ago, and his symptoms kept worsening. Computed tomography angiography revealed total occlusion in his right popliteal artery. Aggressive anti-thrombotic therapy (cilostazol 200 mg, warfarin 3.5 mg, prasugrel 3.75 mg, systemic urokinase infusion) and two revascularization procedures, with surgical thrombectomy and balloon angioplasty for infrapopliteal lesion via right common femoral artery, were performed. However, the improvement of peripheral perfusion below the knee was insufficient. He was diagnosed with APS from blood examination results (anti-cardiolipin β2-glycoprotein I complex antibody positive). He was referred to our hospital because of severe rest-pain and cyanosis persisting despite aggressive anti-thrombotic therapy and analgesic (acetaminophen 1950 mg, and tramadol 225 mg) (Fig. 1a-c). Therefore, we performed additional pedal artery angioplasty with a 2 mm balloon and could obtain direct flow to the forefoot (Fig. 2a-c). After the procedure, he was completely released from severe rest-pain and discharged from our hospital without any complications. His ischemic rest pain has not recurred since then.

**Case 2**

A 56-year-old male with no medical history suffered from sudden-onset rest-pain about 3 months ago. Peripheral vasodilators agents did not improve his symptoms, and the gangrene in his first toe had been progressing (Fig. 3a, b). Angiography showed total occlusion in the right DPA and posterior tibial artery distal part, but balloon angioplasty for the DPA failed technically in another hospital (Fig. 4a-c). He was referred to our hospital for symptom-improvement and avoiding major amputation. He was diagnosed with ET with Janus kinase 2 (JAK2) V617 mutation from abnormal platelet count elevation (113.8 × 10^4 /μL) and bone marrow biopsy findings. Combination medical therapy with cytoduction therapy and anti-thrombotic therapy (aspirin 100 mg and rivaroxaban 15 mg) was started and pain management was enhanced (pregabalin 150 mg, acetaminophen 1600 mg, and tramadol 150 mg), but severe ischemic rest-pain persisted. Moreover, the skin perfusion pressure (SPP) around the wound could not be measured due to pain, and the SPP value near the ankle was 48 mmHg, which was insufficient for wound healing. Therefore, we attempted to perform additional pedal artery angioplasty. A 4.5-Fr guiding catheter (Parent Plus, Medikit, Tokyo, Japan) was inserted via right femoral artery and advanced to right distal superficial femoral artery. A 0.014-in. guidewire (Cruise, Asahi Intecc, Aichi, Japan) was advanced into the dorsalis pedis artery (DPA) with microcatheter support (Prominent BTA, Tokai Medical Products, Aichi, Japan) via a contralateral approach and a 2 mm balloon catheter was dilated from the anterior tibial artery (ATA) to the DPA, but direct flow to the forefoot could not be obtained (Fig. 2a-c). Therefore, we performed additional pedal artery angioplasty with a 2 mm balloon and could obtain direct flow to the forefoot (Fig. 2d, e). After the procedure, his wound was completely healed without delay (Fig. 4f).

**Discussion**

We encountered two severe limb ischemia cases following acute thrombotic pedal artery occlusion, associated
with hypercoagulable state diseases. The additional pedal artery angioplasty was remarkably effective in improving ischemic symptoms in these two cases.

APS is a systemic autoimmune disease characterised by recurrent venous or arterial thrombosis and recurrent foetal loss alongside the presence of antiphospholipid antibodies (Asherson et al. 1996). Moreover, ET is a chronic myeloproliferative neoplasm of unknown cause characterised by an increased number of platelets. ET provokes thrombosis and haemorrhaging as typical vascular complications (Schafer 2006). ALI in thrombotic conditions such as APS and ET is rare, but often threatens limb viability (Hinojosa et al. 2017; Ali et al. 2009). Sub-acute or chronic limb ischaemia following sudden thrombotic artery occlusion can also be a serious state, and ischemic symptoms gradually worsen (Patel et al. 2003). Therefore, revascularization should be performed with surgical and/or endovascular treatment to prevent limb amputation in ALI and CLI following ALI.

Surgical thrombectomy using a Fogarty catheter is a feasible treatment for ALI (Fogarty 2009). Moreover, hybrid treatment combined with surgical thrombectomy and additional aspiration, balloon dilation, and/or stenting under fluoroscopic guidance was recommended (de Donato et al. 2014). Catheter-directed thrombolysis, which is directly delivered within the thrombus in femoropopliteal lesions, is also a feasible treatment for ALI patients (Byrne et al. 2014). These treatment strategies had been adapted in ALI patients associated with hypercoagulable state diseases in previous reports (Moulinet et al. 2016; Chong et al. 2016; Morata Barrado et al. 2009). However, high thrombus burden associated with hypercoagulable state disease in ALI patients might...
deteriorate the vascular bed, increase peripheral artery resistance, and lead to poor pedal outflow. Poor pedal run-off vessels in ALI patients have been reported to be a predictor of limb loss (Byrne et al. 2014). Moreover, hypercoagulability has been reported to predict worse outcomes in patients undergoing lower extremity revascularization, including ALI (Torrealba et al. 2019). Thus, hypercoagulable state disease could make revascularization for ALI difficult, so we need further studies.

An Asian multidisciplinary consensus statement of contemporary CLI suggested that below-the-ankle intervention should only be considered if no clinical improvement with sufficient microcirculation is observed after above-the-ankle intervention (Kawarada et al. 2018). Moreover, several clinical trials have reported that pedal artery disease is an independent predictor of delayed wound healing in CLI patients (Kawarada et al. 2012; Shiraki et al. 2015). Nakama et al. reported that pedal artery angioplasty showed a significantly higher rate of wound healing and a shorter time to wound healing than CLI patients without pedal artery angioplasty (Nakama et al. 2017). Therefore, we speculated that the additional pedal artery angioplasty might be useful for the hypercoagulable state disease patients with CLI subsequently to ALI whose ischemic symptoms do not improve with standard medication (including specialized treatment for hypercoagulable state diseases) and conventional revascularization strategies (surgical, hybrid, or endovascular revascularization). In both cases, angiography revealed the absence of a pedal artery. Balloon angioplasty for BTA based on the angiosome concept was performed, but we found it to be technically and clinically inadequate because of residual severe symptoms in both patients. Therefore, we performed additional pedal artery angioplasty and successfully increased the vascular bed and improved peripheral circulation. Pedal artery angioplasty may be an effective treatment option in symptomatic thrombotic pedal artery occlusion caused by hypercoagulable state diseases.

**Conclusion**

We experienced two cases of thrombotic pedal artery occlusion associated with hypercoagulable state diseases in which additional pedal artery angioplasty was effective in improving residual limb ischemia.

**Abbreviations**

ALI: Acute limb ischaemia; APS: Antiphospholipid syndrome; ATA: Anterior tibial artery; BTA: Below-the-ankle; CLI: Critical limb ischaemia; DPA: Dorsalis pedis artery; ET: Essential thrombocythemia; PTA: Posterior tibial artery; SPP: Skin perfusion pressure

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**Authors’ contributions**

KS managed the patient and wrote and revised the manuscript. KZ, KY, and SM revised the manuscript and figures. All authors read and approved the final manuscript.

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**Fig. 4 Additional pedal artery angioplasty in case 2.**

a Baseline angiography showing total occlusion in the pedal artery lesion in another hospital. b Balloon dilated in the dorsalis pedis artery (DPA) and digital artery forward first toe. c Final angiography showed insufficient revascularization in another hospital. d Pedal artery angioplasty was performed in our hospital. e Antegrade blood flow from the bilateral tibial arteries forward his foot was obtained. f His wound completely healed.
Availability of data and materials
All data generated or analyzed during this study are included in this published article and in its additional files.

Ethics approval and consent to participate
All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or with comparable ethical standards.

Consent for publication
Written informed consent was obtained from the patient for publication of this case report and any accompanying images.

Competing interests
The authors declare to have no competing interests.

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