Renal disease, hypercalcaemia, etc. ruled out?

- **25-OH-D < 30 µg/L**
  - 20,000 I.U. daily for 14 days, followed by 20,000 I.U. per week
  - Focus on adequate dietary calcium intake (1000 – 1500 mg/d)

- **25-OH-D 30 – 40 µg/L**
  - 20,000 I.U. daily for 7 days, followed by 20,000 I.U. per week
  - Pseudofracture OR secondary hyperparathyroidism
  - Additional oral calcium gluconate/citrate supplementation (500 – 1000 mg/d) for 3 months

- **25-OH-D > 40 µg/L**
  - 20,000 I.U. per week