Catalytic reduction of 4-nitrophenol and methylene blue by biogenic gold nanoparticles synthesized using *Carpobrotus edulis* fruit (sour fig) extract

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Abstract
Along with the increasing requirement for efficient organic conversions using green chemistry, there is a need to develop highly efficient and eco-friendly catalytic reaction systems. Gold nanoparticles (AuNPs)-based nanocatalysts are promising candidates for the reduction of environmental pollutants, such as nitroaromatics and dyes. This study reports on the green synthesis of AuNPs using *Carpobrotus edulis* (C. edulis) fruit aqueous extract (CeFE) and their catalytic activities. The CeFE induced rapid reduction of gold (III) salt to form monodispersed and spherical AuNPs, with a core and hydrodynamic sizes of 40 and 108.7 nm, respectively. CeFE alone had no effect on 4-nitrophenol, whereas incubation with methylene blue (MB) caused reduction of the peak at 665 nm. Addition of CeFE-AuNPs in the presence of NaBH4, caused the reduction of 4-nitrophenol to 4-AP, and MB to leucoMB within 10 min. These reactions followed the pseudo first-order kinetics. Therefore, biogenic CeFE-AuNPs could be used for the elimination of noxious environmental pollutants.

Keywords
Gold nanoparticles, catalytic activity, 4-nitrophenol, methylene blue, plant polyphenols, green synthesis

Introduction
The high impact of nanotechnology on many important areas such as medicine, energy, electronics, transport and space has created a surge in creating greener systems and approaches to solve major health, environmental and energy challenges. Nanotechnology is mainly geared towards the manufacturing of materials that are \(10^{-9}\) m in size, where at this size they possess unique physical and chemical properties with novel applications. The application of green chemistry principles in nanotechnology for the synthesis of biogenic nanomaterials can help resolve the limitations

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associated with the conventional methods of synthesis i.e. the chemical and physical approaches. Green synthesis has potential to reduce the use and generation of hazardous substances during the manufacturing and application of nanoparticles (NPs) produced through the conventional methods. Biogenic NPs are considered to be more safe, eco-friendly, biocompatible and less toxic when compared to the chemically synthesized NPs.

Green synthesis of NPs can be accomplished using plant extracts (also called phytosynthesis) and microorganisms. Plant extract-based synthesis has distinctive features such as a higher rate of NPs formation compared to the synthesis rate using microorganisms, no additional reagents are required for synthesis, and the NPs are easy to clean-up, and up-scale. In addition, plant extracts contain a wide range of biomolecules and metabolites, such as terpenoids, vitamins, polysaccharides, proteins, alkaloids, phenolic compounds, enzymes, etc., which can act as reducing and capping/stabilizing agents in the synthesis of NPs. Plant extracts-based NPs have a large range of biological properties, such as antibacterial, antifungal, anticancer, anti-biofouling, anti-malarial, anti-parasitic, antioxidant and catalytic activity.

The use of green-synthesized AuNPs in catalysis, especially for their catalytic reduction of the environmental pollutants, such as p-nitrophenols, are well studied. These pollutants are by-products in the production of herbicides, pesticides and synthetic dyes, and the US Environmental Protection Agency (EPA) has classified them as priority pollutants due to their toxicity. Green synthesized biogenic AuNPs have successfully reduced these pollutants to p-aminophenols in the presence of sodium borohydride (NaBH4). Due to the high surface area, AuNPs and other NPs show greater catalytic activity at lower concentrations compared to traditional catalysts. As catalysts, AuNPs are also easy to recover, can be reused several times, and the final product is metal free. In contrast, the conventional environmental remediation approaches for the degradation of nitroaromatic compounds are harmful to the environment.

In this study, C. edulis, a South African ground cover succulent plant belonging to the family Aizoaceae, was used for the synthesis of AuNPs. It originated along the coastline of Namaqualand in the Northern Cape, and south and eastwards along the coastline of the Western and the Eastern Cape Provinces. From there, members of this family have been introduced as ornamental plants in gardens, parks and on roadsides and for erosion control in many sub-tropical and temperate countries such as Europe, USA, Australia, New Zealand, South America, North Africa, and Pacific and Atlantic Islands. This superb waterwise plant has recognized traditional medicinal properties, such as antimicrobial, antioxidant and antiviral properties. The leaf pulp and juice of C. edulis contain hydrolysable tannins that have a diverse range of pharmacological properties.

C. edulis bears large yellow flowers that develop into conical, fleshy fruit capsules, which turn reddish-brown when ripe, called sour figs (Figure 1).

The fruit contains an edible sweet-sour slimy pulp with slimy brown seeds and has a strong, astringent taste. The common medicinal use of sour figs is for purgation, while the dried fruits are processed into jam or added to curry dishes. However, huge amounts of this fruit end up as waste in landfills or are discarded with the dried plants. Therefore, we explored the potential industrial applications for this fruit. So far, and to the best of our knowledge, there is no report on the green synthesis of AuNPs using the C. edulis fruit extract. Therefore, the current study reports on the synthesis of CeFE-AuNPs and an investigation of their catalytic activity against 4-nitrophenol and MB.

## Materials and Methods

### Preparation of CeFE

Dried C. edulis fruits (sour figs) were purchased from the local fruit and vegetable market (Bellville Market, South Africa). One hundred grams of dried C. edulis fruits were cleaned and washed with distilled water. The washed fruits were steeped in 400 ml of deionized water overnight and cut into halves using a sterile surgical blade. The soft fruits were homogenized using a blender. The homogenate was heated to 80°C for 10 min, and thereafter cooled to ambient room temperature. The cooled homogenate was filtered, first using glass wool, followed by Whatman No. 1 filter paper. The volume of the filtrate was adjusted to 400 ml, in order to obtain 0.25 g/ml extract concentration. The pH of the extract was adjusted from pH of 3 to pH 4 up to 10 by addition of 1 M NaOH.

### HPLC analysis of the polyphenols

Phenolic compounds present in CeFE were identified using HPLC following a previously published protocol. The extract was filtered through a 0.22 µm PTFE filter membrane. The solvents used were water (A) and methanol (B), acidified with 0.1 % formic acid and served as mobile phase at a rate of 0.2 ml/min. Gradient elution was applied as isocratic 5% B from 0 – 3 min, a linear gradient increasing from 5 % - 100 % B from 3 – 43 min, kept at 100 % B from 43 – 61 min, a linear decreasing gradient from 100 % to 5 % B from 62 – 70 min. The temperature was kept at 25°C. The column was combined with a Q-exactive orbitrap mass spectrometer, and the spectra was recorded in positive and negative ion mode, respectively.
Synthesis and optimization of biogenic CeFE-AuNPs
CeFE-AuNPs were synthesized by heating NaAuCl₄·xH₂O to a desired temperature for 5 min, and subsequent addition of CeFE in a 9:1 ratio. The formation of the CeFE-AuNPs was confirmed by change in colour from light yellow to ruby-red. Various parameters were tested to obtain the optimum conditions: temperature (25, 37, 50, 80 and 99°C), pH of extract (2.9 – 10), concentrations of gold (0.1 0.25, 0.5 and 1 mM) and CeFE (0.25, 0.5 and 1 g/ml). The reaction was continued for 1 h while shaking in the orbital shaker at 1000 rpm (Eppendorf Thermomixer Comfort, Hamburg, Germany), then cooled to ambient room temperature. The tubes were centrifuged at 14,000 rpm for 15 min at room temperature. The pellets were washed 3 times with deionised water before characterization.

CeFE-AuNPs Characterization
UV-Vis Spectroscopy. UV-Vis spectrophotometer was used to confirm the formation of AuNPs. Exactly 0.03 ml of the CeFE-AuNPs samples were mixed with 0.27 ml of de-ionized water in a 96-well flat-bottom microplate. The absorbance was read in the wavelength range of 300 - 700 nm using the POLARstar Omega microplate reader (BMG Labtech, Offenburg, Germany).

Size and Hydrodynamic Density. CeFE-AuNPs sample was diluted 10-times to 1 ml. The particle size distribution, polydispersity index (PDI) and zeta potential measurements of the CeFE-AuNPs were analysed using a Malvern NanoZS90 Zetasizer (Malvern Instruments Ltd., Malvern, UK) at a scattering angle of 90° at 25°C. The data was analyzed with Zetasizer software version 7.11.

HRTEM. One drop of the CeFE-AuNPs solution was loaded onto a carbon coated copper grid. The grids were dried for a few minutes under a Xenon lamp. The High Resolution TEM (HRTEM) images were captured using FEI Tecnai G² 20 field-emission gun (FEG) HRTEM operated in bright field mode at an accelerating voltage of 200 kV. The elemental composition of the AuNPs was characterized using EDX liquid nitrogen-cooled lithium-doped Silicon detector. These analyses were performed by the Electron Microscopy Unit, UWC Department of Physics.

FTIR Spectroscopy. The FTIR analysis was performed using the PerkinElmer Spectrum One FTIR spectrophotometer (Waltham, MA, USA) according to the previously reported method. The dried CeFE and CeFE-AuNPs were mixed with the KBr powder and pressed into a round disk. A pure KBr disk was used for background correction.

Total phenolic content analysis. The total phenolic content (TPC) of CeFE was determined using Folin-Ciocalteu reagent (Sigma-Aldrich, USA) as described previously. Total polyphenols were expressed as milligrams Gallic Acid Equivalents per ml of extract (mg GAE/ml).

Catalytic Reduction of 4-Nitrophenol and MB
The reduction of 4-nitrophenol and MB was carried out at room temperature in a 96-well flat-bottom plate as previously described. The reaction mixture consisted of 0.14 ml water, and 0.03 ml of 2 mM 4-nitrophenol or MB, 0.1 ml 0.03 M sodium borohydride and 0.03 ml CeFE-AuNPs. The absorption spectra were read in the 200 - 750 nm wavelength range using the POLARstar Omega microplate reader at 1 min intervals from 1 to 10 min, thereafter at 5 min intervals to 60 min.

Determination of 4-nitrophenol reduction to 4-AP by HPLC
The conversion from 4-nitrophenol to 4-AP was determined using reverse phase high performance liquid chromatography (RP-HPLC), as previously described.

Results
Characterization of CeFE
The preparation of CeFE was carried out as described above. The average pH of the CeFE filtrate was ∼ 2.9 ± 0.1.
Increasing the pH of the extract from 3 to 10 was associated with colour change from a yellow to a deep brownish colour at pH 10. The increase in pH was further associated with precipitation of unidentified macromolecules, which were removed by centrifugation. The TPC and the polyphenols in CeFE were determined following the removal of the precipitate by spectrophotometry and HPLC, respectively. The TPC content was determined to be 131.6 ± 1.16 mg/g. HPLC analysis revealed the presence of some of the main polyphenolic compounds in the CeFE, as indicated in Table 1. Catechin, epicatechin, rutin, myricetin and epigallocatechin gallate (EGCG) were the most abundant flavonols in the extract. However, ferulic acid was the only phenolic compound identified in the CeFE, using available standard compounds. Various compounds have been identified using an extensive HPLC-ESI-LC-MS/MS, and corroborated our findings of the five compounds.

### CeFE-AuNPs synthesis and characterization

CeFE-AuNPs were synthesized with CeFE at different pH conditions (2.5 – 10) by varying one factor at a time, namely: temperature, gold salt and CeFE concentrations. These four parameters are known to strongly affect the hydrodynamic size and shapes of NPs. The formation of CeFE-AuNPs was confirmed by both changes in colour from light yellow to a ruby-red colour and UV-Vis spectroscopy.

#### UV-Vis characterization

Temperature and pH have been shown to have great impact on the synthesis of AuNPs. As shown in Figure 2, the reduction of gold ions into AuNPs by CeFE was evidenced by the UV-Vis spectra showing characteristic, well-defined surface plasmon resonance (SPR) band at around 535 - 540 nm.

This phenomenon is attributed to the excitation of the SPR of AuNPs. All pH and temperatures tested produced AuNPs. The pH ranging from 2.5 to 8 produced CeFE-AuNPs that were approximately 100 nm in size, as determined by dynamic light scattering (DLS). CeFE at pH 9 and 10 produced redshifted AuNPs, which suggested that larger AuNPs were produced or that aggregation had occurred. DLS analysis of pH 9 and 10 samples revealed that the synthesized AuNPs had a small size range (23.57 – 60.77 nm) and higher PDI range (0.805 – 0.350), thus indicating polydispersity. Coupled with the blue colour of the AuNPs at basic pH, the NPs were considered unstable. This instability could be due to insufficient amounts of CeFE phytochemicals to cap the AuNPs. These results confirmed the vital role played by pH in controlling the shape and size of the AuNPs. It has been shown that protonation and deprotonation surface reactions are used to obtain local surface charge which depends on particle size and pH. At higher pH, the large number of phenolic functional groups available for gold binding possibly facilitated a higher number of Au+ ions to rapidly nucleate and subsequently form a large number of AuNPs with smaller diameters. It was observed that, if the unknown pH-precipitated material is not removed by centrifugation, this tended to inhibit the formation of AuNPs. Therefore, the impact of the removal of these unknown materials, which could possibly include proteins, amino acids and other phytochemicals that are pH sensitive, in the synthesis of AuNPs is currently unknown and will be further investigated.

Temperature effects were also explored for the synthesis of CeFE-AuNPs (Figure 2). Lower temperatures (25 – 50°C) favoured the formation of CeFE-AuNPs with higher yields (Figure 3(a)) which is represented by the peak intensities and the Amax (Figure 3(b)), the higher the absorbance of the AuNPs the higher the concentration of the AuNPs formed. These AuNPs had a larger hydrodynamic sizes and uniform size distribution (Figure 3(c)), which is in accordance with previous reports. Since the CeFe-AuNPs produced at lower temperatures had similar properties, 25°C was selected as an optimal temperature to fabricate the CeFE-AuNPs. This bodes well for the green chemistry principles, as no external energy was required for the synthesis of AuNPs formed. These AuNPs had a larger hydrodynamic sizes and uniform size distribution (Figure 3(c)), which is in accordance with previous reports. Since the CeFe-AuNPs produced at lower temperatures had similar properties, 25°C was selected as an optimal temperature to fabricate the CeFE-AuNPs. This bodes well for the green chemistry principles, as no external energy was required for the synthesis of CeFE-AuNPs. The optimum pH was pH 8 (Figure 3), because the UV-Vis spectrum was narrow and symmetrical. This suggested that the CeFE-AuNPs were monodispersed.

Moreover, increasing temperature was associated with reduced synthesis (yield) of CeFE-AuNPs at pH 8 (Figures 3(a) and 3(b)).

| Polyphenols | Type          | Sample Conc. (mg/g) |
|-------------|---------------|---------------------|
| Epicatechin | Flavanol      | 0.967 ± 0.062       |
| EGCG       | Flavanol      | 0.345 ± 0.083       |
| Catechin   | Flavanol      | 1.265 ± 0.051       |
| Ferulic acid | Phenolic acid | 0.022 ± 0.004       |
| Myricetin  | Flavonol      | 0.043 ± 0.003       |
| Rutin      | Flavonol      | 0.417 ± 0.073       |
Figure 2. UV-Vis spectra for the synthesis of CeFE-AuNPs at different pH and temperature conditions.

Figure 3. The effects of temperature on the synthesis of CeFE-AuNPs using CeFE at pH 8. a) UV-Vis spectra at different temperatures; b) effect of temperature on the yield (maximum absorbance/Amax and peak intensity) of CeFE-AuNPs; c) effect of temperature on size and PDI, and d) the rate of synthesis of CeFE-AuNPs.
3(a) and (b)), and this was further associated with increases in polydispersity and reduction in the hydrodynamic size of AuNPs (Figure 3(c)). The synthesis of CeFE-AuNPs reached saturation within a minimum time of 8 min, and the synthesis was completed after 15 min (Figure 3(d)).

The results further confirm that temperature is also an important parameter for the synthesis of CeFE-AuNPs. Previous studies have shown that lower temperatures favour the formation of larger AuNPs, and higher temperatures favour the formation of smaller AuNPs.44,48,49 This is attributed to the fact that increasing the reaction temperature led to a rapid reduction of the metal precursors, and the subsequent homogeneous nucleation of gold nuclei, allowing for the formation of smaller spherical AuNPs. Furthermore, it has been well demonstrated that the synthesis of AuNPs using certain plant extracts require heat activation, but only to a certain point.50,51 This is because certain reducing agents in the plant extract gets inactivated at higher temperatures. This phenomenon is also seen by the decrease in absorbance at 100°C and the increase in absorbance or peak intensity at 25 – 50°C.

The concentrations of CeFE and gold solution required for CeFE-AuNPs synthesis were optimized as shown in Supplement Figure S1. The NaAuCl₄·xH₂O concentration at 0.1 and 1 mM was either insufficient or too high to synthesize stable AuNPs at 25°C for all CeFE concentrations, respectively. CeFE-AuNPs with desired optical properties were synthesized at 0.25 and 0.5 mM of NaAuCl₄·xH₂O at 0.125 – 0.5 g/ml of CeFE. The optimal conditions were thus selected as 0.25 g/ml of CeFE at pH 8 and 0.5 mM NaAuCl₄·xH₂O, because the UV-Vis spectrum was narrower, and the SPR was higher than that of the 0.5 mM NaAuCl₄·xH₂O and 1 g/ml CeFE. The synthesis was scaled-up using these optimized conditions, and the UV-Vis of the CeFE-AuNPs is shown in Figure 4, with an SPR peak at 535 nm, Amax of 2.1 and a peak intensity of 1.3.

Furthermore, the analysis of the absorption maxima for CeFE-AuNPs at various pH conditions explicitly depicted a gradual shift towards lower wavelengths with an increasing pH from 3 to 7, indicating that the sizes of the particles decreased when pH changed from highly acidic to neutral i.e., from 3 to 7. When the pH was increased from 7 to 10, the absorption maxima shifted towards higher wavelengths, which suggested that the size of the NPs increased when pH is increased from 7 to 9. Taken together, this suggested that the synthesis of smaller CeFE-AuNPs can be synthesized when the pH of the CeFE is around 7. This data is corroborated by Singh & Srivastava.52

**DLS and TEM characterization.** DLS and TEM were used to determine the size, shape and morphologies of CeFE-AuNPs synthesised from CeFE produced at pH 8. The DLS showed size distribution in the range of 50 to 200 nm, with an average hydrodynamic size of 108.0 ± 0.2 nm (Figure 5(a)). It is possible that the NPs were synthesized...
from a combination of different phytochemicals. The TEM images indicated that the CeFE-AuNPs obtained were mostly spherical in shape, with an average core size of 32.96 ± 4.39 nm (Figures 5(b) and (c)). Furthermore, the AuNPs had a “halo” (Figure 5(b): insert), which is indicative of an organic capping layer around the NPs surface.53 The mean particle size determined by the TEM analysis was significantly smaller (33 nm) than that measured by the DLS (108 nm). The adsorption of organic stabilizers from the extract on the surface of AuNPs, and the adsorption of water on the stabilized AuNPs could be responsible for this discrepancy, which could have had an effect on the average particle hydrodynamic size obtained by the DLS.54–56 Therefore, CeFE served as a good reducing and a capping agent in the synthesis of AuNPs and yielded mono-dispersed AuNPs. Since these analyses were performed for the optimized CeFE-AuNPs samples, it is unknown whether AuNPs synthesised at other pH values would give the same results, as different green synthesis methods have been shown to synthesize quasi-spherical AuNPs with an average diameter ranging between 40 and 100 nm.13

**EDX spectrum and SAED pattern.** The EDX spectrum showed strong signals for gold atoms, with the strongest signal peak at 2.3 keV,57 demonstrating that the AuNPs have been formed (Figure 6(a)). The elements such as C, O and Cu were also detected. The C and O could be from the organic compounds present in the extract that played a role in the reduction and stability of the AuNPs. The Cu in the spectrum was from the carbon-coated copper grid used for TEM analysis. As shown in Figure 6(b), SAED pattern analysis indicated the Miller indices at (111), (200), (220), (311), and (222), indicating that the synthesized AuNPs have a phase crystal of face-centred cubic.58 The formation
of AuNPs and their crystal phase was in accordance with the Joint Committee on Powder Diffraction Standards of Au (JCPDS number 04-0784). FTIR analysis.

The FTIR spectroscopy revealed the surface chemistry of the CeFE-AuNPs compared to CeFE (Figure 7). The band at 3306.15 cm\(^{-1}\) is assigned to the O–H and N–H stretching vibration of carboxylic acid and proteins from the extract. The peak at 1631.99 cm\(^{-1}\) corresponds to the bending vibration of amide I, and this arises due to the carbonyl stretching vibration in the amide linkage of proteins.

Such observations suggest the presence and binding of proteins with AuNPs, which may be involved in the process of their formation and stabilization. The bonds that are assumed to be involved in the formation of CeFE-AuNPs are shown in Table 2.

The spectrum of the CeFE-AuNPs exhibited absorption bands at 3287.8, 2907.6, 1615.3, 1432.8, 1054.6 and 776.9 cm\(^{-1}\). These bands are associated with polyphenols. Comparison of the free CeFE and CeFE-AuNPs polyphenols indicated shifts in the absorption bands of the carbonyl, hydroxyl and aromatic ring groups (Table 2), which further confirmed that the polyphenols are present on the surface of CeFE-AuNPs. Since CeFE has high levels of catechin, epicatechin and EGCG (Table 1) and reducing sugars, these could play a major role in the AuNPs synthesis, as catechin \(^{60,61}\) and EGCG \(^{62}\) have been shown to produce AuNPs with diverse shapes. The possible mechanism of formation of CeFE-AuNPs is shown in Figure 8.

**Catalysis**

**Reduction of 4-nitrophenol.** The catalytic activity of green synthesized AuNPs using various plant extracts have been reported \(^{38,63-69}\). CeFE-AuNPs also displayed catalytic activity in the reduction of 4-nitrophenol to 4-AP (Figures 9(a) and (b)) and MB to leucoMB (Figures 9(c) and (d)) by NaBH\(_4\). In this study, CeFE-AuNPs act as a catalyst and overcome the kinetic barrier of hydrogenation and facilitate the electron exchange between the donor and acceptor (Figure 9). Addition of NaBH\(_4\) to a light yellow 4-nitrophenol solution resulted in the formation of a bright green solution, which showed an absorption peak at 400 nm, due to the formation of the 4-nitrophenolate anion. The CeFE did not show any catalytic activity when added to the 4-nitrophenol and NaBH\(_4\) solution (Supplemental Figure S2), only the 4-nitrophenol conversion to 4-nitrophenolate anions occurred but there was no formation of 4AP up to 60 min. In contrast, addition of CeFE-AuNPs resulted in the reduction of 4-nitrophenol to 4-nitrophenolate anion, with the concomitant appearance of a peak at 300 nm because of the 4-AP formation (Figure 9(a)). This reaction was very rapid and completed within 10 min when using as-synthesized CeFE-AuNPs, with a reaction rate of 3.3 x 10\(^{-3}\) s\(^{-1}\) (Figure 9(b)). This rate is equivalent to the

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**Table 2.** Shifts of the FTIR spectra bands (cm\(^{-1}\)) of major peaks of CeFE and CeFE-AuNPs.

|     |     | Shift values | Functional groups  |
|-----|-----|--------------|--------------------|
| CeFE | CeFE-AuNPs |              |                    |
| 3306.15 | 3287.80 | +18.35 | OH, NH |
| 2924.66 | 2907.57 | +17.09 | CH |
| 2126.32 | 2133.79 | - 7.47 | C≡C |
| 1631.99 | 1615.27 | +16.72 | NH, C=O, C=N |
| 1404.26 | 1432.76 | - 28.5 | C=O, CH, OH |
| 1066.74 | 1054.64 | +12.1 | C=O/NH, C-O-C/CN |
| 772.93  | 776.94  | - 4.01 | CH |

Note: The shift values were calculated by subtracting the peak transmittance of the AuNPs from that of the extract.
Figure 8. Green synthesis of AuNPs by CeFE. Chemical structures of abundant compounds in CeFE, which may be responsible for the reduction of Au$^+$ ions and synthesis of CeFE-AuNPs.

Figure 9. UV-Vis spectra showing the catalytic reduction of 4-nitrophenol (a) and MB (c) by NaBH$_4$ in the presence of CeFE-AuNPs. Plots of the pseudo-first order reaction kinetics for the reduction of 4-nitrophenol (b) and MB (d) by CeFE-AuNPs in the presence of NaBH$_4$. 

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catalytic activity of caffeic acid-AuNPs. CeFE-AuNPs completely catalysed the reduction of 0.2 mM 4-nitrophenol to 4-AP in the presence of NaBH₄, with no residual 4-nitrophenol, as confirmed by HPLC.

**Reduction of MB.** Addition of CeFE to a light blue MB solution resulted in the formation of a dark blue solution, which was associated with a decrease in the absorption peak at 665 nm. Addition of CeFE-AuNPs resulted in similar characteristics. However, no further reduction of the peak occurred over time, indicating that, in the absence of NaBH₄, no activity was possible. Addition of NaBH₄ to CeFE+MB resulted in further decrease of the peak at 665 nm. In contrast, addition of CeFE-AuNPs resulted in the reduction of MB to leucoMB over time (Figure 9(c)). This reaction was very rapid and completed within 10 min when using as-synthesized CeFE-AuNPs, with a reaction rate of $1.33 \times 10^{-3} \text{s}^{-1}$ (Figure 9(d)).

The above reaction kinetics were in good agreement with the pseudo-first order equation: where $A_t$ is the absorbance at different time points, $k_{app}$ is the apparent rate constant, and $t$ is the reaction time (in seconds). These results are consistent with previously published studies on the catalytic capacity of biogenic/green synthesized AuNPs. The possible mechanism of catalytic action of CeFE-AuNPs is depicted in Figure 10. The role of AuNPs in these reactions is still not clear; however, studies have speculated that the AuNPs as catalysts might possibly overcome the kinetic barrier of hydrogenation and facilitate electron relay from the donor to the acceptor. In this case, the CeFe-AuNPs speed up the degradation of the two dyes by facilitating the electron exchange between NaBH₄ and 4-nitrophenol, as well as NaBH₄ and MB dye. The reduction of these compounds formed 4-AP and leucoMB, respectively. The catalytic activity and efficiency of AuNPs are dependent on their size, shape, surface composition and pH; and have been reported to have enzyme-like catalytic activities as either antioxidant or pro-oxidant agents.

**Conclusion**

A facile one-step green synthesis protocol that utilizes CeFE as a reducing, capping and/or stabilizing agent to generate highly stable CeFE-AuNPs has been developed. This method produced spherical AuNPs that were characterized using various techniques. These biogenic AuNPs possessed high catalytic activity for the reduction of 4-nitrophenol to 4-AP and MB to leucoMB, respectively, and could be useful in the elimination of these environmental pollutants. If not consumed, this fruit would have ended up as waste, but instead was used to produce AuNPs at low cost that can be used to clean up water pollutants. The synthesised AuNPs can also be retrieved and used in another catalytic reaction, further emphasizing their low cost. The eco-friendliness of these AuNPs will be evaluated in future.

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Supplemental Material

Supplemental material for this article is available online.

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