Minimax Rates of Estimation for Sparse PCA in High Dimensions

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Abstract
We study sparse principal components analysis in the high-dimensional setting, where \( p \) (the number of variables) can be much larger than \( n \) (the number of observations). We prove optimal, non-asymptotic lower and upper bounds on the minimax estimation error for the leading eigenvector when it belongs to an \( \ell_q \) ball for \( q \in [0, 1] \). Our bounds are sharp in \( p \) and \( n \) for all \( q \in [0, 1] \) over a wide class of distributions. The upper bound is obtained by analyzing the performance of \( \ell_q \)-constrained PCA. In particular, our results provide convergence rates for \( \ell_1 \)-constrained PCA.

1 Introduction
High-dimensional data problems, where the number of variables \( p \) exceeds the number of observations \( n \), are pervasive in modern applications of statistical inference and machine learning. Such problems have increased the necessity of dimensionality reduction for both statistical and computational reasons. In some applications, dimensionality reduction is the end goal, while in others it is just an intermediate step in the analysis stream. In either case, dimensionality reduction is usually data-dependent and so the limited sample size and noise may have an adverse affect. Principal components analysis (PCA) is perhaps one of the most well known and widely used techniques for unsupervised dimensionality reduction. However, in the high-dimensional situation, where \( p/n \) does not tend to 0 as \( n \to \infty \), PCA may not give consistent estimates of eigenvalues and eigenvectors of the population covariance matrix \[1\]. To remedy this situation, sparsity constraints on estimates of the leading eigenvectors have been proposed and shown to perform well in various applications. In this paper we prove optimal minimax error bounds for sparse PCA when the leading eigenvector is sparse.

1.1 Subspace Estimation
Suppose we observe i.i.d. random vectors \( X_i \in \mathbb{R}^p \), \( i = 1, \ldots, n \) and we wish to reduce the dimension of the data from \( p \) down to \( k \). PCA looks for \( k \) uncorrelated, linear combinations of the \( p \) variables that have maximal variance. This is equivalent to finding a \( k \)-dimensional linear subspace whose orthogonal projection \( A \) minimizes the mean squared error

\[
\text{mse}(A) = \mathbb{E}\| (X_i - EX_i) - A(X_i - EX_i) \|^2_2 \quad (1)
\]

[see 10, Chapter 7.2.3 for example]. The optimal subspace is determined by spectral decomposition of the population covariance matrix

\[
\Sigma = \mathbb{E}X_iX_i^T - (\mathbb{E}X_i)(\mathbb{E}X_i)^T = \sum_{j=1}^{p} \lambda_j \theta_j \theta_j^T, \quad (2)
\]

where \( \lambda_1 \geq \lambda_2 \geq \cdots \lambda_p \geq 0 \) are the eigenvalues and \( \theta_1, \ldots, \theta_p \in \mathbb{R}^p \), orthonormal, are eigenvectors of \( \Sigma \). If \( \lambda_k > \lambda_{k+1} \), then the optimal \( k \)-dimensional linear subspace is the span of \( \Theta = (\theta_1, \ldots, \theta_k) \) and its projection is given by \( \Pi = \Theta \Theta^T \). Thus, if we know \( \Sigma \) then we may optimally (in the sense of eq. (1)) reduce the dimension of the data from \( p \) to \( k \) by the mapping \( x \mapsto \Theta \Theta^T x \). In practice, \( \Sigma \) is not known and so \( \Theta \) must be estimated from the data. In that case we replace \( \Theta \) by an estimate \( \hat{\Theta} \) and reduce the dimension of the data by the mapping \( x \mapsto \hat{\Pi} x \), where \( \hat{\Pi} = \hat{\Theta} \hat{\Theta}^T \). PCA uses the spectral decomposition of the sample covariance matrix

\[
S = \frac{1}{n} \sum_{i=1}^{n} X_iX_i^T - \bar{X} \bar{X}^T = \sum_{j=1}^{p} l_j u_j u_j^T,
\]

where \( \bar{X} \) is the sample mean, and \( l_j \) and \( u_j \) are eigenvalues and eigenvectors of \( S \) defined analogously to
eq. (2). It reduces the dimension of the data to \( k \) by the mapping \( x \mapsto U U^T x \), where \( U = (u_1, \ldots, u_k) \).

In the classical regime where \( p \) is fixed and \( n \to \infty \), PCA is a consistent estimator of the population eigenvectors. However, this scaling is not appropriate for modern applications where \( p \) is comparable to or larger than \( n \). In that case, it has been observed \([18, 17, 12]\) that if \( p, n \to \infty \) and \( p/n \to c > 0 \), then PCA can be an inconsistent estimator in the sense that the angle between \( u_1 \) and \( \theta_1 \) can remain bounded away from 0 even as \( n \to \infty \).

### 1.2 Sparsity Constraints

Estimation in high-dimensions may be beyond hope without additional structural constraints. In addition to making estimation feasible, these structural constraints may also enhance interpretability of the estimators. One important example of this is sparsity. The notion of sparsity is that a few variables have large effects, while most others are negligible. This type of assumption is often reasonable in applications and is now widespread in high-dimensional statistical inference.

Many researchers have proposed sparsity constrained versions of PCA along with practical algorithms, and research in this direction continues to be very active [e.g., 13, 27, 6, 21, 25]. Some of these works are based on the idea of adding an \( \ell_1 \) constraint to the estimation scheme. For instance, Jolliffe, Trendafilov, and Uddin [13] proposed adding an \( \ell_1 \) constraint to the variance maximization formulation of PCA. Others have proposed convex relaxations of the “hard” \( \ell_0 \)-constrained form of PCA [6]. Nearly all of these proposals are based on an iterative approach where the eigenvectors are estimated in a one-at-a-time fashion with some sort of deflation step in between [14]. For this reason, we consider the basic problem of estimating the leading population eigenvector \( \theta_1 \).

The \( \ell_q \) balls for \( q \in [0, 1] \) provide an appealing way to make the notion of sparsity concrete. These sets are defined by

\[
B_q^p(R_q) = \{ \theta \in \mathbb{R}^p : \sum_{j=1}^p |\theta_j|^q \leq R_q \}
\]

and

\[
B_0^p(R_0) = \{ \theta \in \mathbb{R}^p : \sum_{j=1}^p 1_{\{\theta_j \neq 0\}} \leq R_0 \}.
\]

The case \( q = 0 \) corresponds to “hard” sparsity where \( R_0 \) is the number of nonzero entries of the vectors. For \( q > 0 \) the \( \ell_q \) balls capture “soft” sparsity where a few of the entries of \( \theta \) are large, while most are small. The soft sparsity case may be more realistic for applications where the effects of many variables may be very small, but still nonzero.

### 1.3 Minimax Framework and High-Dimensional Scaling

In this paper, we use the statistical minimax framework to elucidate the difficulty/feasibility of estimation when the leading eigenvector \( \theta_1 \) is assumed to belong to \( B_q^p(R_q) \) for \( q \in [0, 1] \). The framework can make clear the fundamental limitations of statistical inference that any estimator \( \hat{\theta}_1 \) must satisfy. Thus, it can reveal gaps between optimal estimators and computationally tractable ones, and also indicate where practical algorithms achieve the fundamental limits.

**Parameter space** There are two main ingredients in the minimax framework. The first is the class of probability distributions under consideration. These are usually associated with some parameter space corresponding to the structural constraints. Formally, suppose that \( \lambda_1 > \lambda_2 \). Then we may write eq. (2) as

\[
\Sigma = \lambda_1 \theta_1 \theta_1^T + \lambda_2 \Sigma_0,
\]

where \( \lambda_1 > \lambda_2 \geq 0 \), \( \theta_1 \in S_{p-1}^+ \) (the unit sphere of \( \ell_2 \)), \( \Sigma_0 \geq 0 \), \( \Sigma_0 \theta = 0 \), and \( \|\Sigma_0\|_2 = 1 \) (the spectral norm of \( \Sigma_0 \)). In model (3), the covariance matrix \( \Sigma \) has a unique largest eigenvalue \( \lambda_1 \). Throughout this paper, for \( q \in [0, 1] \), we consider the class

\[
\mathcal{M}_q(\lambda_1, \lambda_2, R_q, \alpha, \kappa)
\]

that consists of all probability distributions on \( X_i \in \mathbb{R}^p, i = 1, \ldots, n \) satisfying model (3) with \( \theta_1 \in B_q^p(R_q+1) \), and Assumption 2.1 (below) with \( \alpha \) and \( \kappa \) depending on \( q \) only.

**Loss function** The second ingredient in the minimax framework is the loss function. In the case of subspace estimation, an obvious criterion for evaluating the quality of an estimator \( \hat{\Theta} \) is the squared distance between \( \hat{\Theta} \) and \( \Theta \). However, it is not appropriate because \( \Theta \) is not unique—\( \Theta \) and \( \Theta V \) span the same subspace for any \( k \times k \) orthogonal matrix \( V \). On the other hand, the orthogonal projections \( \Pi = \Theta \Theta^T \) and \( \tilde{\Pi} = \Theta \hat{\Theta}^T \) are unique. So we consider the loss function defined by the Frobenius norm of their difference:

\[
\|\tilde{\Pi} - \Pi\|_F.
\]

In the case where \( k = 1 \), the only possible non-uniqueness in the leading eigenvector is its sign ambiguity. Still, we prefer to use the above loss function in the form

\[
\|\hat{\theta}_1 \hat{\theta}_1^T - \theta_1 \theta_1\|_F
\]

because it generalizes to the case \( k > 1 \). Moreover, when \( k = 1 \), it turns out to be equivalent to both the Euclidean distance between \( \theta_1 \), \( \hat{\theta}_1 \) (when they belong to the same half-space) and the magnitude of the
sine of the angle between \( \theta_1, \hat{\theta}_1 \). (See Lemmas A.1.1 and A.1.2 in the Appendix.)

**Scaling**  Our goal in this work is to provide non-asymptotic bounds on the minimax error

\[
\min_{\theta_1} \max_{P \in \mathcal{M}_q(\lambda_1, \lambda_2, R_s, \alpha, \kappa)} \mathbb{E}_P \| \hat{\theta}_1 - \theta_1 \|_F,
\]

where the minimum is taken over all estimators that depend only on \( X_1, \ldots, X_n \), that explicitly track the dependence of the minimax error on the vector \((p, n, \lambda_1, \lambda_2, \bar{R}_q)\). As we stated early, the classical \( p \) fixed, \( n \to \infty \) scaling completely misses the effect of high-dimensionality; we, on the other hand, want to highlight the role that sparsity constraints play in high-dimensional estimation. Our lower bounds on the minimax error use an information theoretic technique based on Fano’s Inequality. The upper bounds are obtained by constructing an \( \ell_q \)-constrained estimator that nearly achieves the lower bound.

### 1.4 \( \ell_q \)-Constrained Eigenvector Estimation

Consider the constrained maximization problem

\[
\begin{align*}
\max_{b \in \mathbb{S}^{p-1}_+} & \quad b^T S b, \\
\text{subject to} & \quad b \in \mathbb{S}^{p-1}_+ \cap \mathbb{E}^p(\rho_q)
\end{align*}
\]

and the estimator defined to be the solution of the optimization problem. The feasible set is non-empty when \( \rho_q \geq 1 \), and the \( \ell_q \) constraint is active only when \( \rho_q \leq p^{1-\frac{1}{q}} \). The \( \ell_q \)-constrained estimator corresponds to ordinary PCA when \( q = 2 \) and \( \rho_q = 1 \). When \( q \in [0, 1] \), the \( \ell_q \) constraint promotes sparsity in the estimate. Since the criterion is a convex function of \( b \), the convexity of the constraint set is inconsequential— it may be replaced by its convex hull without changing the optimum.

The case \( q = 1 \) is the most interesting from a practical point of view, because it corresponds to the well-known Lasso estimator for linear regression. In this case, eq. (4) coincides with the method proposed by Jolliffe, Trendafilov, and Uddin [13], though (4) remains a difficult convex maximization problem. Subsequent authors [21, 25] have proposed efficient algorithms that can approximately solveeq. (4). Our results below are (to our knowledge) the first convergence rate results available for this \( \ell_1 \)-constrained PCA estimator.

### 1.5 Related Work

Amini and Wainwright [1] analyzed the performance of a semidefinite programming (SDP) formulation of sparse PCA for a generalized spiked covariance model [11]. Their model assumes that the nonzero entries of the eigenvector all have the same magnitude, and that the covariance matrix corresponding to the nonzero entries is of the form \( \beta \theta_1 \theta_1^T + I \). They derived upper and lower bounds on the success probability for model selection under the constraint that \( \theta_1 \in \mathbb{E}^p_0(R_0) \). Their upper bound is conditional on the SDP based estimate being rank 1. Model selection accuracy and estimation accuracy are different notions of accuracy. One does not imply the other. In comparison, our results below apply to a wider class of covariance matrices and in the case of \( \ell_0 \) we provide sharp bounds for the estimation error.

Operator norm consistent estimates of the covariance matrix automatically imply consistent estimates of eigenspaces. This follows from matrix perturbation theory [see, e.g., 22]. There has been much work on finding operator norm consistent covariance estimators in high-dimensions under assumptions on the sparsity or bandability of the entries of \( \Sigma \) or \( \Sigma^{-1} \) [see, e.g., 3, 2, 7]. Minimax results have been established in that setting by Cai, Zhang, and Zhou [5]. However, sparsity in the covariance matrix and sparsity in the leading eigenvector are different conditions. There is some overlap (e.g. the spiked covariance model), but in general, one does not imply the other.

Raskutti, Wainwright, and Yu [20] studied the related problem of minimax estimation for linear regression over \( \ell_q \) balls. Remarkably, the rates that we derive for PCA are nearly identical to those for the Gaussian sequence model and regression. The work of Raskutti, Wainwright, and Yu [20] is close to ours in that they inspired us to use some similar techniques for the upper bounds.

While writing this paper we became aware of an unpublished manuscript by Paul and Johnstone [19]. They also study PCA under \( \ell_q \) constraints with a slightly different but equivalent loss function. Their work provides asymptotic lower bounds for the minimax rate of convergence over \( \ell_q \) balls for \( q \in (0, 2) \). They also analyze the performance of an estimator based on a multistage thresholding procedure and show that asymptotically it nearly attains the optimal rate of convergence. Their analysis used spiked covariance matrices (corresponding to \( \lambda_2 \Sigma_0 = (I_p - \theta_1 \theta_1^T) \)) in eq. (3) when \( k = 1 \), while we allow a more general class of covariance matrices. We note that our work provides non-asymptotic bounds that are optimal over \((p, n, \bar{R}_q)\) when \( q \in \{0, 1\} \) and optimal over \((p, n)\) when \( q \in (0, 1) \).

In next section, we present our main results along with some additional conditions to guarantee that estimation over \( \mathcal{M}_q \) remains non-trivial. The main steps of the proofs are in Section 3. In the proofs we state
some auxiliary lemmas. They are mainly technical, so we defer their proofs to the Appendix. Section 4 concludes the paper with some comments on extensions of this work.

2 Main Results

Our minimax results are formulated in terms of non-asymptotic bounds that depend explicitly on \((n, p, R_q, \lambda_1, \lambda_2)\). To facilitate presentation, we introduce the notations

\[
\tilde{R}_q = R_q - 1 \quad \text{and} \quad \sigma^2 = \frac{\lambda_1 \lambda_2}{(\lambda_1 - \lambda_2)^2}.
\]

\(\tilde{R}_q\) appears naturally in our lower bounds because the eigenvector \(\theta_1\) belongs to the sphere of dimension \(p - 1\) due to the constraint that \(\|\theta_1\|_2 = 1\). Intuitively, \(\sigma^2\) plays the role of the effective noise-to-signal ratio. When comparing with minimax results for linear regression over \(\ell_q\) balls, \(\sigma^2\) is exactly analogous to the noise variance in the linear model. Throughout the paper, there are absolute constants \(C, C_1, \ldots\) that may take different values in different expressions.

The following assumption on \(R_q\), the size of the \(\ell_q\) ball, is to ensure that the eigenvector is not too dense.

**Assumption 2.1.** There exists \(\alpha \in (0, 1]\), depending only on \(q\), such that

\[
\tilde{R}_q \leq \kappa^3(p - 1)^{1 - \alpha} \tilde{R}^{\frac{\alpha}{2}} q \left[ \frac{\sigma^2}{n} \log \frac{p - 1}{\tilde{R}_q^{\frac{2}{\alpha}}} \right]^{\frac{1}{2}}
\]

where \(\kappa \leq c\alpha/16\) is a constant depending only on \(q\), and

\[
1 \leq \tilde{R}_q \leq e^{-1}(p - 1)^{1 - q/2}.
\]

Assumption 2.1 also ensures that the effective noise \(\sigma^2\) is not too small—this may happen if the spectral gap \(\lambda_1 - \lambda_2\) is relatively large or if \(\lambda_2\) is relatively close to 0. In either case, the distribution of \(X_i/\lambda_1^{1/2}\) would concentrate on a 1-dimensional subspace and the problem would effectively degrade into a low-dimensional one. If \(R_q\) is relatively large, then \(S_p^{p-1} \cap B_0^q(R_q)\) is not much smaller than \(S_p^{p-1}\) and the parameter space will include many non-sparse vectors. In the case \(q = 0\), Assumption 2.1 simplifies because we may take \(\alpha = 1\) and only require that

\[
1 \leq \tilde{R}_0 \leq e^{-1}(p - 1).
\]

In the high-dimensional case that we are interested, where \(p > n\), the condition that

\[
1 \leq \tilde{R}_q \leq e^{-1} \kappa^3 \sigma^2 p^{(1 - \alpha')/2},
\]

for some \(\alpha' \in (0, 1]\), is sufficient to ensure that (5) holds for \(q \in (0, 1]\). Alternatively, if we let \(\alpha = 1 - q/2\) then (5) is satisfied for \(q \in (0, 1]\) if

\[
1 \leq \kappa^2 \sigma^2 \left(\frac{(p - 1)}{n}\right) \log \left(\frac{(p - 1)}{\tilde{R}_q^{\frac{2}{\alpha'}}}\right).
\]

The relationship between \(n, p, R_q\) and \(\sigma^2\) described in Assumption 2.1 indicates a regime in which the inference is neither impossible nor trivially easy. We can now state our first main result.

**Theorem 2.1 (Lower Bound for Sparse PCA).** Let \(q \in (0, 1]\). If Assumption 2.1 holds, then there exists a universal constant \(c > 0\) depending only on \(q\), such that every estimator \(\hat{\theta}_1\) satisfies

\[
\max_{\theta \in M_q(\lambda_1, \lambda_2, R_q, \alpha, \kappa)} \mathbb{E}_\theta \|\hat{\theta}_1 - \theta\|_2 \geq c \min \left\{1, \tilde{R}_q^2 \left[ \frac{\sigma^2}{n} \log \left(\frac{(p - 1)}{\tilde{R}_q^{\frac{2}{\alpha'}}}\right) \right]^{\frac{1}{2}} \right\}.
\]

Our proof of Theorem 2.1 is given in Section 3.1. It follows the usual nonparametric lower bound framework. The main challenge is to construct a rich packing set in \(S_p^{p-1} \cap B_0^q(R_q)\). (See Lemma 3.1.2.) We note that a similar construction has been independently developed and applied in similar a context by Paul and Johnstone [19].

Our upper bound result is based on analyzing the solution to the \(\ell_q\)-constrained maximization problem (4), which is a special case of empirical risk minimization. In order to bound the empirical process, we assume the data vector has sub-Gaussian tails, which is nicely described by the Orlicz \(\psi_\alpha\)-norm.

**Definition 2.1.** For a random variable \(Y \in \mathbb{R}\), the Orlicz \(\psi_\alpha\)-norm is defined for \(\alpha \geq 1\) as

\[
\|Y\|_{\psi_\alpha} = \inf \{c > 0 : \mathbb{E} \exp((Y/c)^\alpha) \leq 2\}.
\]

Random variables with finite \(\psi_\alpha\)-norm correspond to those whose tails are bounded by \(\exp(-C x^\alpha)\).

The case \(\alpha = 2\) is important because it corresponds to random variables with sub-Gaussian tails. For example, if \(Y \sim \mathcal{N}(0, \sigma^2)\) then \(\|Y\|_{\psi_2} \leq C \sigma\) for some positive constant \(C\). See [24, Chapter 2.2] for a complete introduction.

**Assumption 2.2.** There exist i.i.d. random vectors \(Z_1, \ldots, Z_n \in \mathbb{R}^p\) such that \(\mathbb{E} Z_i = 0\), \(\mathbb{E} Z_i Z_i^T = I_p\),

\[
X_i = \mu + \Sigma^{1/2} Z_i \quad \text{and} \quad \sup_{x \in S_p^{p-1}} \|\langle Z_i, x\rangle\|_{\psi_2} \leq K,
\]

where \(\mu \in \mathbb{R}^p\) and \(K > 0\) is a constant.
Assumption 2.2 holds for a variety of distributions, including the multivariate Gaussian (with $K^2 = 8/3$) and those of bounded random vectors. Under this assumption, we have the following theorem.

**Theorem 2.2 (Upper Bound for Sparse PCA).** Let $\theta_1$ be the $\ell_q$ constrained PCA estimate in eq. (4) with $\rho_\ell = R_q$, and let

$$
\epsilon = \|\hat{\theta}_1 - \theta_i\|_F^2 \quad \text{and} \quad \bar{\epsilon} = \lambda_1/(\lambda_1 - \lambda_2).
$$

If the distribution of $(X_1, \ldots, X_n)$ belongs to $\mathcal{M}_q(\lambda_1, \lambda_2, R_q, \alpha, \kappa)$ and satisfies Assumptions 2.1 and 2.2, then there exists a constant $c > 0$ depending only on $K$ such that the following hold:

1. If $q \in (0, 1)$, then

$$
\mathbb{E}\epsilon^2 \leq c \min \left\{ 1, R_q^2 \left[ \frac{\bar{\epsilon}^2}{n \log p} \right]^{1 - \frac{q}{2}} \right\}.
$$

2. If $q = 1$, then

$$
\mathbb{E}\epsilon^2 \leq c \min \left\{ 1, R_1 \left[ \frac{\bar{\epsilon}^2}{n \log(p/R_1^2)} \right]^{\frac{1}{2}} \right\}.
$$

3. If $q = 0$, then

$$
\mathbb{E}\epsilon^2 \leq c \min \left\{ 1, R_0 \frac{\bar{\epsilon}^2}{n \log(p/R_0)} \right\}.
$$

The proof of Theorem 2.2 is given in Section 3.2. The different bounds for $q = 0, q = 1$, and $q \in (0, 1)$ are due to the different tools available for controlling empirical processes in $\ell_q$ balls. Comparing with Theorem 2.1, when $q = 0$, the lower and upper bounds agree up to a factor $\sqrt{\lambda_2/\lambda_1}$. In the cases of $p = 1$ and $p \in (0, 1)$, a lower bound in the squared error can be obtained by using the fact $\mathbb{E}Y^2 \geq (\mathbb{E}Y)^2$. Therefore, over the class of distributions in $\mathcal{M}_q(\lambda_1, \lambda_2, R_q, \alpha, \kappa)$ satisfying Assumptions 2.1 and 2.2, the upper and lower bound agree in terms of $(p, n)$ for all $q \in (0, 1)$, and are sharp in $(p, n, R_q)$ for $q \in \{0, 1\}$.

### 3 Proofs of Main Results

We use the following notation in the proofs. For matrices $A$ and $B$ whose dimensions are compatible, we define $\langle A, B \rangle = \text{Tr}(A^T B)$. Then the Frobenius norm is $\|A\|_F^2 = \langle A, A \rangle$. The Kullback-Leibler (KL) divergence between two probability measures $\mathbb{P}_1, \mathbb{P}_2$ is denoted by $D(\mathbb{P}_1||\mathbb{P}_2)$.

#### 3.1 Proof of the Lower Bound (Theorem 2.1)

Our main tool for proving the minimax lower bound is the generalized Fano Method [9]. The following version is from [26, Lemma 3].

**Lemma 3.1.1 (Generalized Fano method).** Let $N \geq 1$ be an integer and $\theta_1, \ldots, \theta_N \in \Theta$ index a collection of probability measures $\mathbb{P}_\theta$ on a measurable space $(\mathcal{X}, \mathcal{A})$. Let $d$ be a pseudometric on $\Theta$ and suppose that for all $i \neq j$

$$
d(\theta_i, \theta_j) \geq \alpha_N
$$

and

$$
D(\mathbb{P}_{\theta_i}||\mathbb{P}_{\theta_j}) \leq \beta_N.
$$

Then every $\mathcal{A}$-measurable estimator $\hat{\theta}$ satisfies

$$
\max_i \mathbb{E}_{\theta_i}d(\hat{\theta}, \theta_i) \geq \frac{\alpha_N}{2} \left( 1 - \frac{\beta_N + \log 2}{\log 2} \right).
$$

The method works by converting the problem from estimation to testing by discretizing the parameter space, and then applying Fano’s inequality to the testing problem. (The $\beta_N$ term that appears above is an upper bound on the mutual information.)

To be successful, we must find a sufficiently large finite subset of the parameter space such that the points in the subset are $\alpha_N$-separated under the loss, yet nearly indistinguishable under the KL divergence of the corresponding probability measures. We will use the subset given by the following lemma.

**Lemma 3.1.2 (Local packing set).** Let $\bar{R}_q = R_q - 1 \geq 1$ and $p \geq 5$. There exists a finite subset $\Theta_\epsilon \subset \mathbb{S}^{p-1} \cap \mathbb{P}_q(\bar{R}_q)$ and an absolute constant $c > 0$ such that every distinct pair $\theta_1, \theta_2 \in \Theta_\epsilon$ satisfies

$$
\epsilon / \sqrt{2} < \|\theta_1 - \theta_2\|_2 \leq \sqrt{2}\epsilon,
$$

and

$$
\log|\Theta_\epsilon| \geq c \left( \frac{\bar{R}_q}{\epsilon^q} \right)^{\frac{2q}{q - 2}} \left[ \log(p - 1) - \log \left( \frac{\bar{R}_q}{\epsilon^q} \right)^{\frac{2q}{q - 2}} \right]
$$

for all $q \in [0, 1]$ and $\epsilon \in (0, 1]$.

Fix $\epsilon \in (0, 1]$ and let $\Theta_\epsilon$ denote the set given by Lemma 3.1.2. With Lemma A.1.2 we have

$$
\epsilon^2 / 2 \leq \|\theta_1 \theta_1^T - \theta_2 \theta_2^T\|^2_P \leq 4\epsilon^2
$$

for all distinct pairs $\theta_1, \theta_2 \in \Theta_\epsilon$. For each $\theta \in \Theta_\epsilon$, let

$$
\Sigma_\theta = (\lambda_1 - \lambda_2)\theta \theta^T + \lambda_2 I_p.
$$

Clearly, $\Sigma_\theta$ has eigenvalues $\lambda_1 \geq \lambda_2 = \cdots = \lambda_p$. Then $\Sigma_\theta$ satisfies eq. (3). Let $\mathbb{P}_\theta$ denote the $n$-fold product of the $\mathcal{N}(0, \Sigma_\theta)$ probability measure. We use the following lemma to help bound the KL divergence.
Lemma 3.1.3. For \( i = 1, 2 \), let \( x_i \in S_{2}^{p-1} \), \( \lambda_1 > \lambda_2 > 0 \),
\[
\Sigma_i = (\lambda_1 - \lambda_2)x_ix_i^T + \lambda_2 I_p,
\]
and \( \mathcal{P}_i \) be the \( n \)-fold product of the \( \mathcal{N}(0, \Sigma_i) \) probability measure. Then
\[
D(\mathcal{P}_1 \| \mathcal{P}_2) = \frac{n}{2\sigma^2} \| x_1 x_1^T - x_2 x_2^T \|_F^2,
\]
where \( \sigma^2 = \lambda_1 \lambda_2 / (\lambda_1 - \lambda_2)^2 \).

Applying this lemma with eq. (7) gives
\[
D(\mathcal{P}_{\theta_1} \| \mathcal{P}_{\theta_2}) = \frac{n}{2\sigma^2} \| \theta_1 \theta_1^T - \theta_2 \theta_2^T \|_F^2 \leq \frac{2n\epsilon^2}{\sigma^2}.
\]
Thus, we have found a subset of the parameter space that conforms to the requirements of Lemma 3.1.1, and so
\[
\max_{\theta \in \Theta} \mathbb{E}_\theta \| \hat{\theta}^T - \theta \|_F \geq \frac{\epsilon}{2\sqrt{2}} \left( 1 - \frac{2n\epsilon^2/\sigma^2 + \log 2}{\log |\Theta|} \right)
\]
for all \( \epsilon \in (0, 1] \). The final step is to choose \( \epsilon \) of the correct order. If we can find \( \epsilon \) so that
\[
\frac{2n\epsilon^2/\sigma^2}{\log |\Theta|} \leq \frac{1}{4}
\]
and
\[
\log |\Theta| \geq 4 \log 2,
\]
then we may conclude that
\[
\max_{\theta \in \Theta} \mathbb{E}_\theta \| \hat{\theta}^T - \theta \|_F \geq \frac{\epsilon}{4 \sqrt{2}}.
\]

For a constant \( C \in (0, 1) \) to be chosen later, let
\[
c^2 = \min \left\{ 1, C^{2-q} \hat{R}_q \left( \frac{\sigma^2}{n} \log \frac{p - 1}{\hat{R}_q^{2-q}} \right)^{1 - \frac{1}{q}} \right\}.
\]
We consider each of the two cases in the above min\{\ldots\} separately.

Case 1: Suppose that
\[
1 \leq C^{2-q} \hat{R}_q \left( \frac{\sigma^2}{n} \log \frac{p - 1}{\hat{R}_q^{2-q}} \right)^{1 - \frac{1}{q}}.
\]
Then \( c^2 = 1 \) and by rearranging (11)
\[
\frac{n}{C^2 \sigma^2} \leq \hat{R}_q^{2-q} \left[ \log(p - 1) - \log \hat{R}_q^{2-q} \right].
\]
So by Lemma 3.1.2,
\[
\log |\Theta| \geq c \hat{R}_q^{2-q} \left[ \log(p - 1) - \log \hat{R}_q^{2-q} \right] \geq \frac{cn}{C^2 \sigma^2}.
\]

If we choose \( C^2 \leq c/16 \), then
\[
\frac{2n\epsilon^2/\sigma^2}{\log |\Theta|} \leq \frac{4C^2}{c} \leq \frac{1}{4},
\]
To lower bound
\[
\log |\Theta| \geq C^{2-q} \hat{R}_q^{2-q} \left[ \log(p - 1) - \log \hat{R}_q^{2-q} \right],
\]
observe that the function \( x \mapsto x \log((p - 1)/x) \) is increasing on \([1, (p - 1)/e] \), and, by Assumption 2.1, this interval contains \( R_q^{2/(2-q)} \). If \( p \) is large enough so that \( p - 1 \geq \exp\{(4/c) \log 2\} \), then
\[
\log |\Theta| \geq c \log(p - 1) \geq 4 \log 2.
\]
Thus, eqs. (8) and (9) are satisfied, and we conclude that
\[
\max_{\theta \in \Theta} \mathbb{E}_\theta \| \hat{\theta}^T - \theta \|_F \geq \frac{\epsilon}{4 \sqrt{2}},
\]
as long as \( C^2 \leq c/16 \) and \( p - 1 \geq \exp\{(4/c) \log 2\} \).

Case 2: Now let us suppose that
\[
1 > C^{2-q} \hat{R}_q \left[ \frac{\sigma^2}{n} \log \frac{p - 1}{\hat{R}_q^{2-q}} \right]^{1 - \frac{1}{q}}.
\]
Then
\[
\left( \frac{\hat{R}_q}{e^q} \right)^{\frac{2-q}{q}} = \frac{\hat{R}_q}{C^q} \left[ \frac{\sigma^2}{n} \log \frac{p - 1}{\hat{R}_q^{2-q}} \right]^{-\frac{1}{q}},
\]
and it is straightforward to check that Assumption 2.1 implies that if \( C^n \geq \kappa^q \), then there is \( \alpha \in (0, 1] \), depending only on \( q \), such that
\[
\left( \frac{1}{e^q} \right)^{\frac{2}{q}} \leq \left( \frac{p - 1}{\hat{R}_q^{2-q}} \right)^{1 - \alpha}.
\]
So by Lemma 3.1.2,
\[
\log |\Theta| \geq c \left( \frac{\hat{R}_q}{e^q} \right)^{\frac{2-q}{q}} \left[ \log \frac{p - 1}{\hat{R}_q^{2-q}} - \log \left( \frac{1}{e^q} \right)^{\frac{2}{q}} \right]
\]
\[
\geq c \alpha \left( \frac{\hat{R}_q}{C^q} \right) \left[ \frac{\sigma^2}{n} \log \frac{p - 1}{\hat{R}_q^{2-q}} \right]^{-\frac{1}{q}} \left[ \log \frac{p - 1}{\hat{R}_q^{2-q}} \right],
\]
where the last inequality is obtained by plugging in (13) and (14).

If we choose \( C^2 \leq c\alpha/16 \), then combining (10) and (15), we have
\[
\frac{4n\epsilon^2/\sigma^2}{\log |\Theta|} \leq \frac{4C^2}{c\alpha} \leq \frac{1}{4},
\]
and eq. (8) is satisfied. On the other hand, by (12) and the fact that \( R_q \geq 1 \), we have
\[
C^{-q} \left[ \frac{\sigma^2}{n} \log \frac{p-1}{R_q^{2-q}} \right]^{\frac{2}{4}} \geq 1,
\]
and hence (15) becomes
\[
\log|\Theta| \geq c a R_q \left[ \log \frac{p-1}{R_q^{2-q}} \right]. \tag{17}
\]
The function \( x \mapsto x \log((p-1)/x^{2/(2-q)}) \) is increasing on \([1, (p-1)^{1-q/2}/e] \) and, by Assumption 2.1, \( 1 \leq R_q \leq (p-1)^{1-q/2}/e \). If \( p-1 \geq \exp\{4/(ca) \log 2 \} \), then
\[
\log|\Theta| \geq c a \log(p-1) \geq 4 \log 2
\]
and eq. (9) is satisfied. So we can conclude that
\[
\max_{\theta \in \Theta} \| \hat{\theta} T - \theta \|_F \geq \frac{c}{4 \sqrt{2}}
\]
as long as \( C^2 \leq ca/16 \) and \( p-1 \geq \exp\{4/(ca) \log 2 \} \).

**Cases 1 and 2 together:** Looking back at cases 1 and 2, we see that because \( \alpha \leq 1 \), the conditions that \( \kappa^2 \leq C^2 \leq ca/16 \) and \( p-1 \geq \exp\{4/(ca) \log 2 \} \) are sufficient to ensure that
\[
\max_{\theta \in \Theta} \| \hat{\theta} T - \theta \|_F \geq c' \min \left\{ 1, \frac{\sigma^2}{R_q^{2-q}} \log \frac{p-1}{R_q^{2-q}} \right\},
\]
for a constant \( c' > 0 \) depending only on \( q \).

### 3.2 Proof of the Upper Bound (Theorem 2.2)

We begin with a lemma that bounds the curvature of the matrix functional \( \langle \Sigma, \eta T \rangle \).

**Lemma 3.2.1.** Let \( \theta \in S_p^{p-1} \). If \( \Sigma \geq 0 \) has a unique largest eigenvalue \( \lambda_1 \) with corresponding eigenvector \( \theta_1 \), then
\[
\frac{1}{2} (\lambda_1 - \lambda_2) \| \theta T - \theta_1 T \|_F \leq \langle \Sigma, \theta T - \theta T \rangle \leq (\lambda_1 - \lambda_2) \| \theta T - \theta T \|_F.
\]

Now consider \( \hat{\theta}_1 \), the \( \ell_q \)-constrained sparse PCA estimator of \( \theta_1 \). Let \( \epsilon = \| \hat{\theta}_1 T - \theta_1 T \|_F \). Since \( \theta_1 \in S_p^{p-1} \), it follows from Lemma 3.2.1 that
\[
(\lambda_1 - \lambda_2)\epsilon^2/2 \leq \langle \Sigma, \theta_1 T - \hat{\theta}_1 T \rangle \leq (\lambda_1 - \lambda_2)\epsilon^2/2 \leq \langle \Sigma, \theta_1 T - \hat{\theta}_1 T \rangle.
\]

We consider the cases \( q \in (0, 1) \), \( q = 1 \), and \( q = 0 \) separately.

#### 3.2.1 Case 1: \( q \in (0, 1) \)

By applying Hölder’s Inequality to the right side of eq. (18) and rearranging, we have
\[
e^{\epsilon^2/2} \leq \frac{\| \text{vec}(S - \Sigma) \|_{\ell_q}}{\lambda_1 - \lambda_2} \| \text{vec}(\hat{\theta}_1 T - \hat{\theta}_1 T) \|_1, \tag{19}
\]
where \( \text{vec}(A) \) denotes the \( 1 \times p^2 \) matrix obtained by stacking the columns of a \( p \times p \) matrix \( A \). Since \( \theta_1 \) and \( \hat{\theta}_1 \) both belong to \( B_q(\Sigma) \),
\[
\| \text{vec}(\hat{\theta}_1 T - \hat{\theta}_1 T) \|_{\ell_q} \leq \| \text{vec}(\hat{\theta}_1 T) \|_{\ell_q} + \| \text{vec}(\hat{\theta}_1 T) \|_{\ell_q} \leq 2 R_q.
\]

Let \( t > 0 \). We can use a standard truncation argument [see, e.g., 20, Lemma 5] to show that
\[
\| \text{vec}(\theta_1 T - \hat{\theta}_1 T) \|_t \leq \sqrt{2 R_q} \| \text{vec}(\theta_1 T - \hat{\theta}_1 T) \|_{\ell_q} \| \theta_1 T - \hat{\theta}_1 T \|_t \leq \sqrt{2 R_q} \| \theta_1 T - \hat{\theta}_1 T \|_t + \| \theta_1 T - \hat{\theta}_1 T \|_t
\]
\[
= \sqrt{2 R_q} \| \theta_1 T - \hat{\theta}_1 T \|_{\ell_q} + 2 R_q \| \theta_1 T - \hat{\theta}_1 T \|_t \leq 2 R_q \| \theta_1 T - \hat{\theta}_1 T \|_{\ell_q} + 2 R_q \| \theta_1 T - \hat{\theta}_1 T \|_t.
\]

Letting \( t = \| \text{vec}(S - \Sigma) \|_{\ell_q}/(\lambda_1 - \lambda_2) \) and joining with eq. (19) gives us
\[
e^{\epsilon^2/2} \leq \sqrt{2 R_q^{1-q/2}} R_q + 2 R_q^{1-q/2}.
\]

If we define \( m \) implicitly so that \( \epsilon = m \sqrt{2 R_q^{1-q}} R_q \), then the preceding inequality reduces to \( m^2/2 \leq m^2+1 \). If \( m \geq 3 \), then this is violated. So we must have \( m < 3 \) and hence
\[
\epsilon \leq 3 \sqrt{2 R_q^{1-q}} R_q = 3 \sqrt{2 R_q} \left( \frac{\| \text{vec}(S - \Sigma) \|_{\ell_q}}{\lambda_1 - \lambda_2} \right)^{1-q/2}.
\]

Combining the above discussion with the sub-Gaussian assumption, the next lemma allows us to bound \( \| \text{vec}(S - \Sigma) \|_{\ell_q} \).

**Lemma 3.2.2.** If Assumption 2.2 holds and \( \Sigma \) satisfies (2), then there is an absolute constant \( c > 0 \) such that
\[
\| \text{vec}(S - \Sigma) \|_{\ell_q} \leq c K^2 \lambda_1 \max \left\{ \sqrt{\frac{\log p}{n}}, \frac{\log p}{n} \right\}.
\]

Applying Lemma 3.2.2 to eq. (20) gives
\[
\| \epsilon^{2/(2-q)} \|_{\ell_q} \leq c R_q^2 \left( \frac{\| \text{vec}(S - \Sigma) \|_{\ell_q}}{\lambda_1 - \lambda_2} \right)^{1-q/2} \left( \frac{\log p}{n}, \frac{\log p}{n} \right).
\]
The fact that $E|X|^m \leq (ml)^m\|X\|^m_n$ for $m \geq 1$ [see 24, Chapter 2.2] implies the following bound:

$$\frac{\epsilon^2}{cK} R_q^2 \sigma^{2-q} \max \left\{ \frac{\log p}{n}, \frac{\log p}{n} \right\} \leq M,$$

Combining this with the trivial bound $\epsilon \leq 2$, yields

$$\frac{\epsilon^2}{c} \leq \min(2M, c\theta).$$

(21)

If $\log p > n$, then $\frac{\epsilon^2}{c} \leq 2$. Otherwise, we need only consider the square root term inside $\max\{\}$ in the definition of $M$. Thus,

$$\frac{\epsilon^2}{c} \leq \min \left\{ 1, \frac{R_q^2}{n} \left( \frac{\sigma}{\sqrt{n}} \log p \right)^{2\theta} \right\}.$$

for an appropriate constant $c > 0$, depending only on $K$. This completes the proof for the case $q \in (0, 1)$.

### 3.2.2 Case 2: $q = 1$

$\theta_1$ and $\hat{\theta}_1$ both belong to $B^q(R_1)$. So applying the triangle inequality to the right side of eq. (18) yields

$$(\lambda_1 - \lambda_2)^2 / 2 \leq (S - \Sigma, \hat{\theta}_1 \hat{\theta}_1^T - \theta_1 \theta_1^T)$$

$$\leq |\hat{\theta}_1^T (S - \Sigma) \hat{\theta}_1| + |\theta_1^T (S - \Sigma) \theta_1|$$

$$\leq 2 \sup_{b \in B^{q-1}_R} |b^T (S - \Sigma) b|.$$

The next lemma provides a bound for the supremum.

**Lemma 3.2.3.** If Assumption 2.2 holds and $\Sigma$ satisfies (2), then there is an absolute constant $c > 0$ such that

$$E \sup_{b \in B^{q-1}_R} |b^T (S - \Sigma) b|$$

$$\leq c \lambda_1 K^2 \max \left\{ R_1 \frac{\log(p/R_1^2)}{n}, R_2 \frac{\log(p/R_2^2)}{n} \right\}$$

for all $R_i^2 \in [1, p/e]$.

Assumption 2.1 guarantees that $R_i^2 \in [1, p/e]$. Thus, we can apply Lemma 3.2.3 and an argument similar to that used with (21) to complete the proof for the case $q = 1$.

### 3.2.3 Case 3: $q = 0$

We continue from eq. (18). Since $\hat{\theta}_1$ and $\theta_1$ belong to $B^q_0(R_0)$, their difference belongs to $B^q_0(2R_0)$. Let $\Pi$ denote the diagonal matrix whose diagonal entries are 1 wherever $\hat{\theta}_1$ or $\theta_1$ are nonzero, and 0 elsewhere. Then $\Pi$ has at most $2R_0$ nonzero diagonal entries, and $\Pi \hat{\theta}_1 = \hat{\theta}_1$ and $\Pi \theta_1 = \theta_1$. So by the Von Neumann trace inequality and Lemma A.1.1,

$$(\lambda_1 - \lambda_2)^2 / 2 \leq |(S - \Sigma, \Pi(\hat{\theta}_1 \hat{\theta}_1^T - \theta_1 \theta_1^T) \Pi)|$$

$$= |\Pi(S - \Sigma) \Pi \hat{\theta}_1 \hat{\theta}_1^T - \theta_1 \theta_1^T|$$

$$\leq |\Pi(S - \Sigma) \Pi|_2 \hat{\theta}_1 \hat{\theta}_1^T - \theta_1 \theta_1^T|_S$$

$$= |\Pi(S - \Sigma) \Pi|_2 \sqrt{2}\epsilon$$

where $|\cdot|_S$ denotes the sum of the singular values. Divide both sides by $\epsilon$, rearrange terms, and then take the expectation to get

$$E \leq \frac{c}{\lambda_1 - \lambda_2} \sum_{b \in B^{q-1}_R} |b^T (S - \Sigma) b|.$$

**Lemma 3.2.4.** If Assumption 2.2 holds and $\Sigma$ satisfies (2), then there is an absolute constant $c > 0$ such that

$$E \sup_{b \in B^{q-1}_R} |b^T (S - \Sigma) b|$$

$$\leq cK^2 \lambda_1 \max \left\{ \sqrt{(d/n) \log(p/d)}, (d/n) \log(p/d) \right\}$$

for all integers $d \in [1, p/2]$.

Taking $d = 2R_0$ and applying an argument similar to that used with (21) completes the proof of the $q = 0$ case.

### 4 Conclusion and Further Extensions

We have presented upper and lower bounds on the minimax estimation error for sparse PCA over $\ell_q$ balls. The bounds are sharp in $(p, n)$, and they show that $\ell_q$ constraints on the leading eigenvector make estimation possible in high-dimensions even when the number of variables greatly exceeds the sample size. Although we have specialized to the case $k = 1$ (for the leading eigenvector), our methods and arguments can be extended to the multi-dimensional subspace case ($k > 1$). One nuance in that case is that there are different ways to generalize the notion of $\ell_q$ sparsity to multiple eigenvectors. A potential difficulty there is that if there is multiplicity in the eigenvalues or if eigenvalues coalesce, then the eigenvectors need not be unique (up to sign). So care must be taken to handle this possibility.

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A APPENDIX - SUPPLEMENTARY MATERIAL

A.1 Additional Technical Tools

We state below two results that we use frequently in our proofs. The first is well-known consequence of the CS decomposition. It relates the canonical angles between subspaces to the singular values of products and differences of their corresponding projection matrices.

Lemma A.1.1 (Stewart and Sun [22, Theorem I.5.5]). Let \( \mathcal{X} \) and \( \mathcal{Y} \) be \( k \)-dimensional subspaces of \( \mathbb{R}^p \) with orthogonal projections \( \Pi_\mathcal{X} \) and \( \Pi_\mathcal{Y} \). Let \( \sigma_1 \geq \sigma_2 \geq \cdots \geq \sigma_k \) be the sines of the canonical angles between \( \mathcal{X} \) and \( \mathcal{Y} \). Then

1. The singular values of \( \Pi_\mathcal{X}(I_p - \Pi_\mathcal{Y}) \) are
   \[ \sigma_1, \sigma_2, \ldots, \sigma_k, 0, \ldots, 0. \]

2. The singular values of \( \Pi_\mathcal{X} - \Pi_\mathcal{Y} \) are
   \[ \sigma_1, \sigma_1, \sigma_2, \ldots, \sigma_k, \sigma_k, 0, \ldots, 0. \]

Lemma A.1.2. Let \( x, y \in \mathbb{S}_2^{p-1} \). Then
\[
\|xx^T - yy^T\|_F^2 \leq 2\|x - y\|_2^2.
\]

If in addition \( \|x - y\|_2 \leq \sqrt{2} \), then
\[
\|xx^T - yy^T\|_F^2 \geq \|x - y\|_2^2.
\]

Proof. By Lemma A.1.1 and the polarization identity
\[
\frac{1}{2}\|xx^T - yy^T\|_F^2 = 1 - (x^Ty)^2
\]
\[
= 1 - \left( \frac{2 - \|x - y\|_2^2}{2} \right)^2
\]
\[
= \|x - y\|_2^2 - \|x - y\|_2^4/4
\]
\[
= \|x - y\|_2^2(1 - \|x - y\|_2^4/4).
\]
The upper bound follows immediately. Now if \( \|x - y\|_2^2 \leq 2 \), then the above right-hand side is bounded from below by \( \|x - y\|_2^2/2 \).

\( \square \)

A.2 Proofs for Theorem 2.1

Proof of Lemma 3.1.2 Our construction is based on a hypercube argument. We require a variation of the Varshamov-Gilbert bound due to Birgé and Massart [4]. We use a specialization of the version that appears in [15, Lemma 4.10].

Lemma. Let \( d \) be an integer satisfying \( 1 \leq d \leq (p - 1)/4 \). There exists a subset \( \Omega_d \subset \{0, 1\}^{p-1} \) that satisfies the following properties:

1. \( \|\omega\|_0 = d \) for all \( \omega \in \Omega_d \),
2. \( \|\omega - \omega'\|_0 > d/2 \) for all distinct pairs \( \omega, \omega' \in \Omega_d \), and
3. \( \log|\Omega_d| \geq cd\log((p - 1)/d) \), where \( c \geq 0.233 \).

Let \( d \in [1, (p - 1)/4] \) be an integer, \( \Omega_d \) be the corresponding subset of \( \{0, 1\}^{p-1} \) given by preceding lemma,
\[
x(\omega) = (((1 - \epsilon^3)^{2}, \epsilon\omega_{d-\frac{1}{2}}) \in \mathbb{R}^p,
\]
and
\[
\Theta = \{x(\omega) : \omega \in \Omega_d\}.
\]

Clearly, \( \Theta \) satisfies the following properties:

1. \( \Theta \subset \mathbb{S}_2^{p-1} \),
2. \( \epsilon/\sqrt{2} < \|\theta - \theta'\|_2 \leq \sqrt{2}\epsilon \) for all distinct pairs \( \theta_1, \theta_2 \in \Theta_d \),
3. \( \|\theta\|_q \leq 1 + \epsilon d(2-q)/2 \) for all \( \theta \in \Theta_d \), and
4. \( \log|\Theta| \geq cd\log((p - 1) - \log d) \), where \( c \geq 0.233 \).

To ensure that \( \Theta \) is also contained in \( \mathbb{B}_q(\bar{R}_q) \), we will choose \( d \) so that the right side of the upper bound in item 3 is smaller than \( \bar{R}_q \). Choose
\[
d = \left\lfloor \min \left\{ (p - 1)/4, (\bar{R}_q/\epsilon^q)^{2/\epsilon^q} \right\} \right\rfloor.
\]
The assumptions that \( p \geq 5, \epsilon \leq 1, \) and \( \bar{R}_q \geq 1 \) guarantee that this is a valid choice satisfying \( d \in [1, (p - 1)/4] \). The choice also guarantees that \( \Theta \subset \mathbb{B}_q(\bar{R}_q) \), because
\[
\|\theta\|_q \leq 1 + \epsilon d(2-q)/2
\]
\[
\leq 1 + \epsilon\bar{R}_q/\epsilon^q = \bar{R}_q
\]
for all \( \theta \in \Theta \). To complete the proof we will show that \( \log|\Theta| \) satisfies the lower bound claimed by the lemma. Note that the function \( a \mapsto \log((p - 1)/a) \) is increasing on \([0, (p - 1)/e]\) and decreasing on \([(p - 1)/e, \infty)\). So if
\[
a := \left( \frac{\bar{R}_q}{\epsilon^q} \right)^{2/\epsilon^q} \leq \frac{p - 1}{4},
\]
then
\[
\log|\Theta| \geq cd\left( \log((p - 1) - \log d) \right)
\]
\[
\geq (c/2)a \left( \log((p - 1) - \log a) \right),
\]
because \( d = |a| \geq a/2 \). Moreover, since \( d \leq (p - 1)/4 \) and the above right hand side is maximized when \( a = \).
(p − 1)/e, the inequality remains valid for all a ≥ 0 if we replace the constant (c/2) with the constant
\[ c' = (c/2)\frac{\log(p-1) - \log(e^{1-1}c)}{\log(p-1) - \log (\frac{e^{1-1}c}{e})} \]
\[ = (c/2)\frac{\log 4}{4} \leq 0.109. \]

Proof of Lemma 3.1.3 Let \( A_i = x_i x_i^T \) for \( i = 1, 2 \). Then \( \Sigma_i = \lambda_1 A_i + \lambda_2 (I_p - A_i) \). Since \( \Sigma_1 \) and \( \Sigma_2 \) have the same eigenvalues and hence the same determinant,
\[
D(\mathbb{P}_1 \| \mathbb{P}_2) = \frac{n}{2} \left( \text{Tr}(\Sigma_2^{-1} \Sigma_1) - p - \log \det(\Sigma_2^{-1} \Sigma_1) \right)
\]  
\[ = \frac{n}{2} \left( \text{Tr}(\Sigma_2^{-1} \Sigma_1) - p \right)
\]  
\[ = \frac{n}{2} \text{Tr}(\Sigma_2^{-1} (\Sigma_1 - \Sigma_2)). \]
The spectral decomposition \( \Sigma_2 = \lambda_1 A_2 + \lambda_2 (I_p - A_2) \) allows us to easily calculate that
\[
\Sigma_2^{-1} (\Sigma_1 - \Sigma_2) = \frac{\lambda_1 - \lambda_2}{\lambda_1 - \lambda_2} \left[ (\lambda_1/\lambda_2) (I_p - A_2) + A_2 (A_1 - A_2) \right]
\]  
\[ = \frac{\lambda_1 - \lambda_2}{\lambda_1} \left[ (\lambda_1/\lambda_2) (I_p - A_2) A_1 - A_2 (A_2 - A_1) \right]
\]  
\[ = \frac{\lambda_1 - \lambda_2}{\lambda_1} \left[ (\lambda_1/\lambda_2) (I_p - A_2) A_1 - A_2 (I_p - A_1) \right]. \]
Using again the idempotent property and symmetry of projection matrices,
\[
\text{Tr}(A_2 (I_p - A_1)) = \| A_2 (I_p - A_1) \|^2_F.
\]  
By Lemma A.1.1,
\[
\| A_1 (I_p - A_2) \|^2_F = \| A_2 (I_p - A_1) \|^2_F = \frac{1}{2} \| A_1 - A_2 \|^2_F.
\]  
Thus,
\[
\text{Tr}(\Sigma_2^{-1} (\Sigma_1 - \Sigma_2)) = \frac{(\lambda_1 - \lambda_2)^2}{2\lambda_1 \lambda_2} \| A_1 - A_2 \|^2_F
\]  
and the result follows.

A.3 Proofs for Theorem 2.2

Proof of Lemma 3.2.1 We begin with the expansion,
\[
\langle \Sigma, \theta_1 \theta_1^T - \theta_\theta^T \rangle
\]  
\[ = \text{Tr}\{\Sigma \theta_1 \theta_1^T\} - \text{Tr}\{\Sigma \theta \theta^T\}
\]  
\[ = \text{Tr}\{\Sigma (I_p - \theta_\theta^T) \theta_1 \theta_1^T\} - \text{Tr}\{\Sigma \theta \theta^T (I_p - \theta_1 \theta_1^T)\}.
\]  
Since \( \theta_1 \) is an eigenvector of \( \Sigma \) corresponding to the eigenvalue \( \lambda_1 \),
\[
\text{Tr}\{\Sigma (I_p - \theta_\theta^T) \theta_1 \theta_1^T\}
\]  
\[ = \text{Tr}\{\theta_1 \theta_1^T (I_p - \theta \theta^T) \theta_1 \theta_1^T\}
\]  
\[ = \lambda_1 \text{Tr}\{\theta_1 \theta_1^T (I_p - \theta \theta^T) \theta_1 \theta_1^T\}
\]  
\[ = \lambda_1 \text{Tr}\{\theta_1 \theta_1^T (I_p - \theta \theta^T)^2 \theta_1 \theta_1^T\}
\]  
\[ = \lambda_1 \| \theta_1 \theta_1^T (I_p - \theta \theta^T) \|^2_F.
\]  
Similarly, we have
\[
\text{Tr}\{\Sigma \theta \theta^T (I_p - \theta_1 \theta_1^T)\}
\]  
\[ = \text{Tr}\{\theta_1 \theta_1^T (I_p - \theta \theta^T) \theta_1 \theta_1^T\}
\]  
\[ = \lambda_1 \text{Tr}\{\theta_1 \theta_1^T (I_p - \theta \theta^T) \theta_1 \theta_1^T\}
\]  
\[ = \lambda_2 \text{Tr}\{(I_p - \theta_1 \theta_1^T)^2 \theta\}
\]  
\[ = \lambda_2 \| \theta \theta^T (I_p - \theta_1 \theta_1^T) \|^2_F.
\]  
Thus,
\[
\langle \Sigma, \theta_1 \theta_1^T - \theta_\theta^T \rangle \geq (\lambda_1 - \lambda_2) \| \theta \theta^T (I_p - \theta_1 \theta_1^T) \|^2_F
\]  
\[ = \frac{1}{2} (\lambda_1 - \lambda_2) \| \theta \theta^T - \theta_1 \theta_1^T \|^2_F.
\]  
The last inequality follows from Lemma A.1.1.

Proof of Lemma 3.2.2 Since the distribution of \( S - \Sigma \) does not depend on \( \mu = \mathbb{E} X_i \), we assume without loss of generality that \( \mu = 0 \). Let \( \{a, b\} \in \{1, \ldots, p\} \) and
\[
D_{ab} = \frac{1}{n} \sum_{i=1}^n (X_m)_{a} (X_m)_{b} - \Sigma_{ab}
\]  
\[ = \frac{1}{n} \sum_{i=1}^n \zeta_i - E \zeta_i.
\]  
Then
\[
(S - \Sigma)_{a} = D_{ab} - \bar{X}_a \bar{X}_b.
\]  
Using the elementary inequality \( 2|ab| \leq a^2 + b^2 \), we have by Assumption 2.2 that
\[
\| \zeta_i \|_{\psi_1} = \| (X_i, 1) (X_i, 1) \|_{\psi_1}
\]  
\[ \leq \max_a \| (X_i, 1) \|_{\psi_1}
\]  
\[ \leq 2 \max_a \| (\Sigma^{1/2} Z_i, 1) \|_{\psi_2}^2
\]  
\[ \leq 2 \lambda_1 K^2.
\]
In the third line, we used the fact that the \( \psi_1 \)-norm is bounded above by a constant times the \( \psi_2 \)-norm [see 24, p. 95]. By a generalization of Bernstein's Inequality for the \( \psi_1 \)-norm [see 24, Section 2.2], for all \( t > 0 \)

\[
\Pr(|D_{ab}| > 8t\lambda_1 K^2) \leq \Pr(|(D_{ab}) > 4t\|\zeta\|_{\psi_1}) \\
\leq 2\exp(-n\min\{t, t^2/2\}).
\]

This implies [24, Lemma 2.2.10] the bound

\[
\max_{ab}|D_{ab}|\|\psi_1 \leq cK^2\lambda_1 \max \left\{ \sqrt{\frac{\log p}{n}}, \frac{\log p}{n} \right\} .
\] (22)

Similarly,

\[
2||\tilde{x}_a\tilde{x}_b||_{\psi_1} \leq ||(\tilde{x}, 1)\|_{\psi_2}^2 + ||(\tilde{x}, 1b)\|_{\psi_2}^2 \\
\leq \frac{2}{n^2} \sum_{i=1}^{n} ||(X_i, 1)\|_{\psi_2}^2 + ||(X_i, 1b)\|_{\psi_2}^2 \\
\leq \frac{1}{n^2} \lambda_1 K^2 .
\]

So by a union bound [24, Lemma 2.2.2],

\[
\max_{ab}|\tilde{x}_a\tilde{x}_b|\|_{\psi_1} \leq cK^2\lambda_1 \frac{\log p}{n} .
\] (23)

Adding eqs. (22) and (23) and then adjusting the constant \( c \) gives the desired result, because

\[
\max_{ab}|D_{ab}|\|_{\psi_1} \leq \max_{ab}|\tilde{x}_a\tilde{x}_b|\|_{\psi_1} .
\]

Proof of Lemma 3.2.3 Let \( B = \mathbb{S}_{p}^{-1} \cap \mathbb{B}_{p}^0(R_1) \).

We will use a recent result in empirical process theory due to Mendelson [16] to bound

\[
\max_{b \in B}\|b^T(S - \Sigma)b\|_{\psi_1} .
\]

The result uses Talagrand’s generic chaining method, and allows us to reduce the problem to bounding the supremum of a Gaussian process. The statement of the result involves the generic chaining complexity, \( \gamma_2(B, d) \), of a set \( B \) equipped with the metric \( d \). We only use a special case, \( \gamma_2(B, \|\cdot\|_2) \), where the complexity measure is equivalent to the expectation of the supremum of a Gaussian process on \( B \). We refer the reader to [23] for a complete introduction.

Lemma A.3.1 (Mendelson [16]). Let \( Z_i, i = 1, \ldots, n \) be i.i.d. random variables. There exists an absolute constant \( c \) for which the following holds. If \( F \) is a symmetric class of mean-zero functions then

\[
\mathbb{E} \sup_{f \in F} \left| \frac{1}{n} \sum_{i=1}^{n} f(Z_i) - \mathbb{E} f(Z_i) \right| \\
\leq c \max \left\{ d_{\psi_1}, \frac{\gamma_2(F, \psi_2)}{\sqrt{n}}, \frac{\gamma_2^2(F, \psi_2)}{n} \right\} ,
\]

where \( d_{\psi_1} = \sup_{f \in F} \|f\|_{\psi_1} \).

Since the distribution of \( S - \Sigma \) does not depend on \( \mu = \mathbb{E}X_i \), we assume without loss of generality that \( \mu = 0 \). Then \( |b^TS - \Sigma)b| \) is bounded from above by a sum of two terms,

\[
\left| b^T \left( \frac{1}{n} \sum_{i=1}^{n} X_iX_i^T - \Sigma \right) b \right| + b^T \tilde{X} \tilde{X}^T b ,
\]

which can be rewritten as

\[
D_1(b) := \frac{1}{n} \sum_{i=1}^{n} (Z_i, \Sigma^{1/2}b)^2 - \mathbb{E}(Z_i, \Sigma^{1/2}b)^2
\]

and

\[
D_2(b) := \langle \tilde{Z}, \Sigma^{1/2}b \rangle^2 ,
\]

respectively. To apply Lemma A.3.1 to \( D_1 \), define the class of linear functionals

\[
\mathcal{F} := \{\langle \cdot, \Sigma^{1/2}b \rangle : b \in B \} .
\]

Then

\[
\sup_{b \in B} D_1(b) = \sup_{f \in F} \left| \frac{1}{n} \sum_{i=1}^{n} f(Z_i) - \mathbb{E} f(Z_i) \right| ,
\]

and we are in the setting of Lemma A.3.1.

First, we bound the \( \psi_1 \)-diameter of \( \mathcal{F} \).

\[
d_{\psi_1} = \sup_{b \in B} \|\langle Z_i, \Sigma^{1/2}b \rangle\|_{\psi_1} \\
\leq c \sup_{b \in B} \|\langle Z_i, \Sigma^{1/2}b \rangle\|_{\psi_2} .
\]

By Assumption 2.2,

\[
\|\langle Z_i, \Sigma^{1/2}b \rangle\|_{\psi_2} \leq K\|\Sigma^{1/2}b\|_2 \leq K\lambda^{1/2}
\]

and so

\[
d_{\psi_1} \leq cK\lambda^{1/2} .
\] (24)

Next, we bound \( \gamma_2(F, \psi_2) \) by showing that the metric induced by the \( \psi_2 \)-norm on \( F \) is equivalent to the Euclidean metric on \( B \). This will allow us to reduce the problem to bounding the supremum of a Gaussian process. For any \( f, g \in F \), by Assumption 2.2,

\[
\|f - g\|_{\psi_2} = \|\langle Z_i, \Sigma^{1/2}(b_f - b_g) \rangle\|_{\psi_2} \\
\leq K\|\Sigma^{1/2}(b_f - b_g)\|_2 \\
\leq K\lambda^{1/2}\|b_f - b_g\|_2 ,
\] (25)
where $b_f, b_g \in B$. Thus, by \cite[Theorem 1.3.6]{Gordon1995},

$$\gamma_2(F, \psi_2) \leq cK\lambda_1^{1/2} \gamma_2(B, \|\cdot\|_2).$$

Then applying Talagrand’s Majorizing Measure Theorem \cite[Theorem 2.1.1]{Gordon1995} yields

$$\gamma_2(F, \psi_2) \leq cK\lambda_1^{1/2}\mathbb{E}\sup_{b \in B} \langle Y, b \rangle,$$  

where $Y$ is a $p$-dimensional standard Gaussian random vector. Recall that $B = \mathbb{B}_p(R_1) \cap \mathbb{S}_2^{p-1}$. So

$$\mathbb{E}\sup_{b \in B} \langle Y, b \rangle \leq R_1 \sqrt{2 + \log(2p/R_1^2)} \leq 2R_1 \sqrt{\log(p/R_1^2)},$$

where we used the assumption that $R_1^2 \leq p/e$ in the last inequality. Now we apply Lemma A.3.1 to get

$$\mathbb{E}\sup_{b \in B} D_1(B) \leq cK^2\lambda_1 \max\left\{ R_1 \sqrt{\frac{\log(p/R_1^2)}{n}}, R_1^2 \frac{\log(p/R_1^2)}{n} \right\}.$$

Turning to $D_2(b)$, we can take $n = 1$ in Lemma A.3.1 and use a similar argument as above, because

$$D_2(b) \leq \|\langle Z, \Sigma^{1/2}b \rangle^2 - \mathbb{E}\langle Z, \Sigma^{1/2}b \rangle^2\| + \mathbb{E}\langle Z, \Sigma^{1/2}b \rangle^2.$$

We just need to bound the $\psi_2$-norms of $f(\bar{Z})$ and $(f-g)(\bar{Z})$ to get bounds that are analogous to eqs. (24) and (25). Since $\bar{Z}$ is the sum of the independent random variables $\lambda_i/n$,

$$\sup_{b \in B} \|f(\bar{Z})\|_{\psi_2}^2 = \sup_{b \in B} \|\langle Z, \Sigma^{1/2}b \rangle\|_{\psi_2}^2 \leq \sup_{b \in B} \sum_{i=1}^n \|\langle Z_i, \Sigma^{1/2}b \rangle\|_{\psi_2}^2 / n^2 \leq cK^2\lambda_1 \|b_f\|_{\psi_2}^2 / n \leq cK^2\lambda_1 / n,$$

and similarly,

$$\|(f-g)(\bar{Z})\|_{\psi_2} \leq cK\lambda_1 \|b_f - b_g\|_{\psi_2}^2 / n.$$

So repeating the same arguments as for $D_1$, we get a similar bound for $D_2$. Finally, we bound $\mathbb{E}D_2(b)$ by

$$\mathbb{E}\langle X, b \rangle^2 = b^T \left( \sum_{i=1}^n \sum_{j=1}^n \mathbb{E}X_iX_j^T / n^2 \right) b = b^T \left( \sum_{i=1}^n \mathbb{E}X_iX_j^T / n^2 \right) b = \|\Sigma^{1/2}b\|_{\psi_2}^2 / n \leq \lambda_1 / n.$$

Putting together the bounds for $D_1$ and $D_2$ and then adjusting constants completes the proof.  

**Proof of Lemma 3.2.4** Using a similar argument as in the proof of Lemma 3.2.3 we can show that

$$\mathbb{E}\sup_{b \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)} |b^T (S - \Sigma)b| \leq cK^2\lambda_1 \max\left\{ \frac{A}{\sqrt{n}}, \frac{A^2}{n} \right\},$$

where

$$A = \mathbb{E}\sup_{S \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)} \langle Y, b \rangle,$$

and $Y$ is a $p$-dimensional standard Gaussian $Y$. Thus we can reduce the problem to bounding the supremum of a Gaussian process.

Let $N \subset \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)$ be a minimal $\delta$-covering of $\mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)$ in the Euclidean metric with the property that for each $x \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)$ there exists $y \in N$ satisfying $\|x - y\|_2 \leq \delta$ and $x - y \in \mathbb{B}_0^0(d)$. (We will show later that such a covering exists.)

Let $b^* \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)$ satisfy

$$\sup_{S \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)} \langle Y, b \rangle = \langle Y, b^* \rangle.$$

Then there is $\hat{b} \in N$ such that $\|b^* - \hat{b}\|_2 \leq \delta$ and $b^*-\hat{b} \in \mathbb{B}_0^0(d)$. Since $(b^*-\hat{b})/\|b^*-\hat{b}\|_2 \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d),$

$$\langle Y, b^* \rangle = \langle Y, b^* - \hat{b} \rangle + \langle Y, \hat{b} \rangle \leq \delta \sup_{u \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)} \langle Y, u \rangle + \langle Y, \hat{b} \rangle \leq \delta \langle Y, b^* \rangle + \max_{b \in N} \langle Y, b \rangle.$$

Thus,

$$\sup_{b \in \mathbb{S}_2^{p-1} \cap \mathbb{B}_p^0(d)} \langle Y, b \rangle \leq (1 - \delta)^{-1} \max_{b \in N} \langle Y, b \rangle.$$

Since $\langle Y, b \rangle$ is a standard Gaussian for every $b \in N$, a union bound \cite[Lemma 2.2.2]{Gordon1995} implies

$$\mathbb{E}\max_{b \in N} \langle Y, b \rangle \leq c\sqrt{\log |N|}.$$
for an absolute constant $c > 0$. Thus,

$$
\mathbb{E} \sup_{b \in S_{d-1}^p \cap B_0^p(d)} \langle Y, b \rangle \leq c(1 - \delta)^{-1} \sqrt{\log |N|}
$$

Finally, we will bound $\log |N|$ by constructing a $\delta$-covering set and then choosing $\delta$. It is well known that the minimal $\delta$-covering of $S_{d-1}^2$ in the Euclidean metric has cardinality at most $(1 + 2/\delta)^d$. Associate with each subset $I \subseteq \{1, \ldots, p\}$ of size $d$, a minimal $\delta$-covering of the corresponding isometric copy of $S_{d-1}^2$. This set covers every possible subset of size $d$, so for each $x \in S_{d-1}^p \cap B_0(d)$ there is $y \in \mathcal{N}$ satisfying $\|x - y\|_2 \leq \delta$ and $x - y \in B_0(d)$. Since there are $\binom{p}{d}$ possible subsets,

$$
\log |N| \leq \log \left( \frac{p}{d} \right) + d \log(1 + 2/\delta)
$$

$$
\leq \log \left( \frac{pe}{d} \right)^d + d \log(1 + 2/\delta)
$$

$$
= d + d \log(p/d) + d \log(1 + 2/\delta).
$$

In the second line, we used the binomial coefficient bound $\binom{p}{d} \leq (ep/d)^d$. If we take $\delta = 1/4$, then

$$
\log |N| \leq d + d \log(p/d) + d \log 9
$$

$$
\leq cd \log(p/d),
$$

where we used the assumption that $d < p/2$. Thus,

$$
A = \mathbb{E} \sup_{S_{d-1}^p \cap B_0(d)} \langle Y, b \rangle \leq cd \log(p/d)
$$

for all $d \in [1, p/2)$.

\vspace{1em}

\textbf{Minimax Rates for Sparse PCA}