Lipids are important nutrients that proliferating cells require to maintain energy homeostasis as well as to build plasma membranes for newly synthesized cells. Previously, we identified nutrient-sensing checkpoints that exist in the latter part of the G1 phase of the cell cycle that are dependent upon essential nutrient-sensing checkpoints that exist in the latter part of the branes for newly synthesized cells. Previously, we identified to maintain energy homeostasis as well as to build plasma mem-

The key decisions regarding whether a mitotic cell will con-
tinue to divide are made during the G1 phase of the cell cycle. There are series of checkpoints that monitor first for the pres-
ence of growth factors that indicate that it is appropriate to

Results

**Depriving Cells of Lipids Arrests Cells in G1**—It was recently reported that Ras-driven cancer cells have an acute need for exogenously supplied lipids (9, 10). During the course of this study, we noticed that non-Ras-driven cancers were arrested in G1 (10). We extended this study to the immortalized human fibroblast cell line BJ-hTERT. We subjected these cells to serum

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**This article contains supplemental Table S1.**

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2 The abbreviations used are: EAA, essential amino acid(s); HIF, hypoxia-in-
ducible factor; mTOR, mammalian target of rapamycin; TdR, thymine deox-
yriboside; VHL, von Hippel-Lindau; PTEN, phosphatase and tensin homo-
logue; CM, complete medium.
deprivation and rapamycin for 48 h, which we demonstrated previously arrested the BJ-hTERT cells in G₁ (6). As shown in Fig. 1A, these treatments caused a G₁ cell cycle arrest as determined by flow cytometry, which measures the DNA content per cell. There was an increase in cells with G₁ DNA content and a reduction in the amount of S-phase and G₂/M DNA content, indicating a G₁ arrest. We also treated the BJ-hTERT cells with delipidated serum and observed a similar increase in G₁ DNA content and reduction in S-phase and G₂/M DNA content cells (Fig. 1A), indicating a G₁ arrest. We also measured the effect of lipid deprivation on DNA synthesis as measured by the uptake of [³H]thymidine deoxyribose (TdR). The BJ-hTERT cells were treated as in Fig. 1A except that [³H]TdR was added for the last 24 h of treatment. As shown in Fig. 1B, [³H]TdR incorporation was dramatically reduced with all three treatments. Although the reduction in [³H]TdR with delipidated serum was not quite as strong, this was likely due to the inability to remove all lipids from serum. These data demonstrate that in response to lipid deprivation, BJ-hTERT fibroblasts arrest in G₁.

Lipid Deprivation Arrests Cells Downstream of the Gln Checkpoint and Upstream of the mTOR Checkpoint—To temporally distinguish the lipid G₁ cell cycle arrest from the arrest caused by serum withdrawal, EAA and Gln deprivation, and rapamycin, we performed a series of sequential blocking experiments. In brief, cells were exposed to various blocking conditions for 48 h to cause complete cell cycle arrest. At this point, the first block was removed and a second block was applied along with [³H]TdR for 24 h. If the second block applied is either at the same point or downstream of the first block, then [³H]TdR incorporation should not occur. However, if the second block site is upstream of the first block, then the cells should progress into S-phase and incorporate the label. The level of [³H]TdR incorporated by cells released into complete medium after a first block was considered to be 100%. We first examined cell cycle progression after a first block of serum withdrawal (Fig. 2A). To better distinguish the effect of growth factors from that of lipids in serum, the serum withdrawal block included a mixture of lipids (no growth factors plus lipid mix) (see "Experimental Procedures"). As reported previously (6), EAA and Gln deprivation, as well as rapamycin treatment, prevented significant [³H]TdR incorporation. If we used delipidated serum (i.e., growth factors without lipids) as a second block, there was still very little [³H]TdR (Fig. 2A). These data indicate that the lipid checkpoint is downstream from the growth factor-dependent restriction point.

We next examined the effects of EAA (Fig. 2B) and Gln (Fig. 2C) deprivation as a first block. In both cases, a second block with delipidated serum still prevented [³H]TdR incorporation, indicating that the lipid checkpoint was downstream from both the EAA and Gln checkpoints. As reported previously (6), the Gln site was downstream from the EAA site, as indicated by the ability of Gln deprivation to prevent [³H]TdR incorporation when EAA were restored (Fig. 2B), whereas deprivation of EAA as a second block did not suppress [³H]TdR incorporation if the first block was Gln deprivation (Fig. 2C). If the first block was delipidated serum, the readdition of non-delipidated serum and a second block with EAA, Gln, or growth factor deprivation did not suppress [³H]TdR incorporation (Fig. 2D). In contrast, rapamycin treatment did prevent [³H]TdR incorporation observed when non-delipidated serum was provided (Fig. 2D). Lastly, if the first block was rapamycin, a second block with delipidated serum did not prevent [³H]TdR incorporation (Fig. 2E), indicating that the lipid checkpoint is upstream from the mTOR-dependent checkpoint. The second blocks after rapamycin treatment consistently led to elevated [³H]TdR incorporation relative to the control (Fig. 2E). This was likely because rapamycin blocks cell cycle progression better than nutrient deficiency (Fig. 2A) (6). Nutrient deficiency is leaky due to autophagy and other scavenging mechanisms, and therefore the cells are less synchronous and do not enter S-phase as uniformly as do the rapamycin-treated cells. Collectively, the data in Fig. 2 demonstrate that the site in G₁ where cells arrest in response to lipid deprivation is between the Gln checkpoint and the mTOR checkpoint (Fig. 2F).

Effect of Lipid Deprivation on Cancer Cell Proliferation and Cell Cycle Progression—We previously reported that cancer cells harboring Ras mutations bypassed the Gln checkpoint and arrested in S-phase instead (6, 11). We therefore examined the impact of lipid deprivation on several human cancer cell lines to determine whether there were similar bypasses of the G₁ lipid checkpoint. We examined the impact of lipid deprivation on MDA-MB-231 and MCF7 breast, Calu1 lung, DU-145 prostate, and 786-O and RCC4 renal cancer cell lines. As shown in Fig. 3, MDA-MB-231 breast (Fig. 3A), Calu1 lung (Fig. 3B), DU-145 prostate (Fig. 3C), and MCF7 breast (Fig. 3D) cancer cells all displayed an increase in G₁ DNA content and a reduction in S-phase DNA content in response to lipid deprivation, indicating G₁ cell cycle arrest. However, both 786-O (Fig. 3E) and RCC4 (Fig. 3F) renal cancer cell lines did not arrest in G₁, as indicated by reduced levels of cells with G₁ DNA content. Although there tended to be somewhat higher levels of cells with S-phase content with lipid deprivation in the renal cancer cell lines (Fig. 3, E and F), the cells were not arrested in S-phase, as indicated by continued DNA synthesis and uptake of

FIGURE 1. Depriving cells of lipids arrests cells in G₁. A, BJ-hTERT cells were plated at 30% confluence in DMEM containing 10% FBS. After 24 h, cells were shifted to complete medium (CM), no growth factors (−GF), medium containing 10% delipidated serum (Delip.), or CM containing rapamycin (Rapa) for 48 h, after which the cells were harvested and analyzed for cell cycle distribution by measuring DNA content/cell. The CM contained 10% dialyzed FBS instead of 10% FBS. Error bars represent the standard deviation from independent experiments repeated 3 times. B, BJ-hTERT cells were plated and shifted to the conditions explained above. Cells were labeled with [³H]Tdr for the final 24 h of treatment, after which the cells were collected and the incorporated label ([³H]-Tdr Inc.) was determined by scintillation counting. Ctrl, control. Values were normalized to the cpm for CM, which was given a value of 100%. Error bars represent the standard deviation for experiments repeated 3 times.

Late G₁ Metabolic Checkpoint for Lipids
[3H]Tdr in the 786-O and RCC4 cells. In addition, 786-O cells continued proliferation, leading to increased cell number in delipidated serum, whereas MDA-MB-231 cells ceased proliferation in delipidated serum (Fig. 3H). However, after 4 days, the 786-O cells started to die. Thus, unlike the S-phase arrest observed with Gln deprivation in Ras-driven cancer cell lines (6, 11), the renal cancer cells did not arrest in S-phase in response to lipid deprivation.

**Effect of Prolonged Lipid Deprivation on Clear Cell Renal Cancer Cells**—Both of the renal cancer cell lines used have a defect in the von Hippel-Lindau (VHL) tumor suppressor protein, which leads to the stabilization of hypoxia-inducible factor (HIF)1α and HIF2α (RCC4) or just HIF2α (786-O). We therefore examined the impact of lipid deprivation on cell cycle progression in 786-O with restored VHL expression. We found that 786-O cells with restored VHL expression were not arrested in G1 (Fig. 4A). Consistent with this observation, 786-O cells with restored VHL expression still incorporated [3H]Tdr under conditions of lipid deprivation (Fig. 4B). Thus, the mechanism of bypass apparently does not depend on loss of VHL and stabilized HIF2α. However, we did notice a difference between the 786-O and the 786-O cells with restored VHL
expression in response to lipid deprivation. As was shown in Fig. 3H, 786-O cells began to die after 4 days in delipidated serum. However, the cells with restored VHL died sooner than the parental 786-O cells, as indicated by an increase in sub-G1 DNA content in the 786-O-VHL cells earlier than in the parental 786-O cells (Fig. 4C). A hallmark of clear cell renal carcinoma cells is a high concentration of lipid droplets that is dependent upon the loss of VHL that gives these cells the clear cell phenotype (12). Thus, it is possible that the basis for the lack of arrest is the utilization of the high lipid content of the HIF2α-

FIGURE 3. Effect of lipid deprivation on cancer cell proliferation and cell cycle progression. A–F, MDA-MB-231, Calu-1, DU-145, MCF-7, 786-O, and RCC4 cells were plated at 30% confluence in CM in 10-cm plates. After 24 h, cells were shifted to CM or medium containing delipidated serum (Delipid.) for 48 h, at which time the cells were harvested, fixed, stained with propidium iodide, and analyzed for distribution in G1 and S-phase of the cell cycle by measuring DNA content/cell as described under “Experimental Procedures.” The percentage of G1 and S-phase cells in CM relative to that in delipidated serum is presented. Error bars represent the standard deviation from experiments repeated 3 times. G, the cells were plated in CM in 12-well plates and treated with conditions as explained in A. Cells were labeled with [3H]Tdr for the final 24 h of treatment, after which the cells were collected and the incorporated label ([3H-Tdr Inc.]) was determined by scintillation counting. Values were normalized to the cpm for CM, which was given a value of 100%. Ctrl, control; Error bars represent the standard deviation for experiments repeated 2 times. H, the proliferation of 786-O and MDA-MB-231 cells in delipidated serum was determined by counting the number cells over 5 days. Error bars represent the standard deviation for experiments repeated 2 times. Where indicated, paired t tests were performed using GraphPad Prism software (not significant (ns), p > 0.05; *, p < 0.05; **, p < 0.01).
dependent accumulation of lipid droplets in 786-O cells. To examine the effect of proliferation in delipidated serum on the level of lipid droplets, we quantified the level of lipids by staining the 786-O cells with Oil Red O stain followed by extraction and then testing for absorbance at 492 nm to quantify the level of lipids in cells maintained for 48 h in complete medium, medium with delipidated serum, and delipidated serum and the lipid mix. As shown in Fig. 4D, the cells maintained in delipidated serum for 48 h had a 65% reduction in lipid content. Because lipid metabolism is regulated by autophagy (13), we examined the ability of lipid deprivation to induce expression of the autophagy marker LC3B II. MDA-MB-231 cells, BJ-hTERT, and 786-O cells were plated and treated as explained earlier. Cells were harvested after 48 h of treatment. The levels of LC3B II and actin were determined by Western blotting analysis. The data shown are representative of experiments repeated at least 2 times (C = Complete medium, D = delipidated serum, D + L = delipidated serum with lipid mix). -Fold change of LC3B II and actin was measured using Image Studio Lite software.
and 786-O cells were maintained in complete medium, delipidated medium, or delipidated medium plus the lipid mix for 48 h, at which time the levels of LC3B II were determined by Western blotting analysis. As shown in Fig. 4E, only the 786-O cells showed an increase in LC3B II expression upon lipid deprivation. Collectively, the data in Fig. 4 demonstrate that restoring VHL in 786-O cells does not reestablish a G1 arrest upon lipid deprivation. In addition, treatment of BJ-hTERT cells with CoCl2, which mimics hypoxia and elevates HIFα levels (14), had no effect on the ability of these cells to arrest in G1 upon lipid deprivation (data not shown). Although these data indicate that VHL loss is not responsible for overriding the late G1 lipid checkpoint, the data do suggest that the high lipid content in the 786-O cells prolongs survival of cells that continue to proliferate when deprived of lipids.

Loss of PTEN Promotes Passage of the Late G1 Lipid Checkpoint—In addition to being defective for VHL, the 786-O renal cancer cells are also defective for PTEN (15), which is common in renal cancer (16). We therefore investigated the effect of PTEN suppression on the impact of lipid deprivation on G1 cell cycle progression. We first tried to restore PTEN expression in the 786-O cells; however, restoring PTEN expression in these cells resulted in substantial loss of cell viability (data not shown). This was not surprising in that PTEN loss leads to activated mTORC1, which has been widely associated with cancer cell survival (17). We next examined the effect of suppressing PTEN expression on G1 cell cycle progression when BJ-hTERT cells were deprived of lipids. BJ-hTERT cells were treated with either scrambled or PTEN siRNA, and then cell cycle status was evaluated in the presence of serum and delipidated serum as in Fig. 1. As shown in Fig. 5A, delipidated serum increased the number of cells in G1 in cells transfected with scrambled siRNA, but not in cells transfected with PTEN siRNA. The BJ-hTERT cells with suppressed PTEN expression now failed to arrest in G1 in response to lipid deprivation. Lipid deprivation also suppressed [3H]TdR incorporation in the BJ-hTERT cells, but not in cells with suppressed PTEN expression (Fig. 5A). We also examined the effect of lipid deprivation on A-498 renal cancer cells that express PTEN (18). As shown in Fig. 5B, lipid deprivation led to an increase in G1 DNA content cells and a decrease in S-phase content cells. However, if PTEN expression was suppressed, the population of G1 cells dropped, whereas the population of S-phase cells increased. Similarly, lipid deprivation suppressed [3H]TdR incorporation in the A-498 cells, but not in the A-498 cells, with suppressed PTEN expression. These data demonstrate that loss of PTEN contributes to bypass of the lipid checkpoint in renal cancer cells.
Late G1, Metabolic Checkpoint for Lipids

Discussion

In this study, we have characterized and mapped a distinct G1 cell cycle checkpoint that is dependent on lipids. This checkpoint is in late G1 and appears to be grouped with two other metabolic checkpoints that monitor the presence of EAA and Gln. As shown in Fig. 2F, the lipid checkpoint maps between the Gln checkpoint and the checkpoint mediated by mTOR. We are proposing that this collection of distinguishable late G1 metabolic checkpoints represents the evolutionary equivalent of START of the yeast cell cycle (8, 19).

The metabolic checkpoints are flanked by growth factor-dependent checkpoints: the restriction point (2, 5) and the mTOR-dependent checkpoint (7, 20, 21). Both of these growth factor-dependent checkpoints have been referred to as a restriction point (1, 5, 7), but they are clearly distinguishable (6). A significant difference between the two growth factor-dependent checkpoints is the point from which cells enter the cell cycle. If cells enter G1 phase after transiting through mitosis, growth factors are required to get past the first restriction point, which is about 3.5 h after mitosis (4). However, if the cells start from quiescence/G0, then in addition to growth factors, which is about 3.5 h after mitosis (4). If the cells start from quiescence/G0, then in addition to growth factors, such as platelet-derived growth factor, to exit G0, additional growth factors such as insulin-like growth factor are required for progression through late G1 (22). For actively dividing cells entering G1 from mitosis, there is no apparent need for growth factors in late G1. However, rapamycin will arrest cells that are coming from mitosis (6, 20), indicating that there is a mechanism for activating mTOR that does not need growth factors present.

mTOR has been referred to as an integrator of both growth factor and nutrient signals and a controller of cell growth (21, 23). mTOR has for a long time been known as a sensor of amino acids (24), and much has been learned recently about the mechanism for amino acid sensing by mTOR (25). It has also been proposed that mTOR can respond to both glucose and fatty acids via the de novo biosynthesis of phosphatidic acid (26, 27), a metabolite that is critical for the stability of the mTOR complexes mTORC1 and mTORC2 (28). It has also been reported that mTOR can be activated in a manner that is dependent on lysophosphatidic acid acyltransferase (29), a key enzyme in the de novo biosynthesis of phosphatidic acid. Phosphatidic acid is also a product of glycolysis and therefore can be an indicator of glucose sufficiency. Gln is commonly converted into fatty acids that can be incorporated into phosphatidic acid (30), and thus, phosphatidic acid can also be an indicator of sufficient Gln. Thus, there are several mechanisms by which mTOR can respond to the same nutrients that are recognized as additional metabolic checkpoints that are distinguishable from the mTOR checkpoint, which also needs growth factor input as well. The question that emerges from these observations is: why is there an apparent redundancy of nutrient-sensing mechanisms? The finding reported here that there is a distinct mechanism for sensing lipids compliments the ability to sense EAA and Gln, all of which are critical sources of carbon and nitrogen needed for cell growth. Clearly, the cell needs to monitor the presence of nutrients carefully before committing to replicating the genome and doubling its mass. The redundant mechanisms for nutrient sensing underscore the importance of this cellular function.

In our previous studies characterizing the Gln checkpoint in cancer cells, we made the discovery that Ras-driven cancer cells bypassed this late G1 checkpoint and instead arrested in S-phase (6) due to a need for Gln in nucleotide biosynthesis (31). Of significance, this created a synthetic lethality for rapamycin (11), which preferentially induces apoptosis in cells arrested in S-phase (32, 33). In this study, we identified two renal cancer cell lines that bypass the lipid checkpoint and continue to divide. Importantly, the ability of a class of cancer cells that bypass the lipid checkpoint helps validate the existence of the late G1 lipid checkpoint; it is the exception that validates the lipid checkpoint is real.

Two common genetic alterations in renal cancers are the loss of both VHL and PTEN expression (16). The renal cancer cells used in this study lacked expression of VHL, a ubiquitin ligase for HIFα (34). HIFα is a transcription factor that promotes a metabolic transformation that causes lipid droplet accumulation in renal cancer cells that gives them a clear cell phenotype (35). Restoration of the VHL gene did not restore sensitivity to lipid deprivation. However, it diminished the amount of lipid in the cells and shortened the number of cell divisions before cell death in response to lipid deprivation. In contrast, suppression of PTEN in either BJ-hTERT fibroblasts or A-498 renal cancer cells with wild type PTEN became insensitive to lipid deprivation. Both 786-O and RCC4 renal cancer cells, which bypass the lipid checkpoint, have suppressed levels of PTEN expression (18). Thus, it appears that it is the loss of PTEN that is mostly responsible for the override of the lipid checkpoint we have identified in this work. The override of this checkpoint in renal cancer cells may also provide new opportunities for therapeutic intervention in clear cell renal carcinoma, in that these cells continue to proliferate under lipid-deprived conditions until they die.

Experimental Procedures

Cells and Cell Culture Conditions—The human cancer cell lines BJ-hTERT, MDA-MB-231, MCF-7, Calu-1, DU-145, 786-O, RCC4, and A-498 cells were obtained from the American Tissue Type Culture Collection. The 786-O-VHL and 786-O-Mock cells were generated as described previously (36). All the cells mentioned above except 786-O and RCC4 were maintained in DMEM (Sigma D6429) supplemented with 10% fetal bovine serum (Sigma F4135). 786-O cells were maintained in RPMI 1640 (Sigma R8758) supplemented with 10% FBS.

Materials—Reagents were obtained from the following sources. Antibodies against LC-3B (2775) and PTEN (9188) were obtained from Cell Signaling Technology; the antibody against actin (6008-1) was obtained from Proteintech; anti-mouse- and anti-rabbit HRP-conjugated secondary antibodies were obtained from Promega. For the EAA deprivation, DMEM lacking Arg, Leu, and Lys (D9443) and dialyzed FBS (F0392) were obtained from Sigma. For the Gln deprivation, DMEM lacking Gln (D5546) and dialyzed FBS were obtained from Sigma. For the lipid deprivation, delipidated fetal bovine serum (900-123) was obtained from Gemini Bio Products, fatty acid...
mixture (11905) was obtained from Invitrogen, and fatty acid-free bovine serum albumin (BP9704) was obtained from Fisher Scientific. Rapamycin (R-5000) was obtained from LC Laboratories. Ultima Gold scintillation fluid (6013681) and [3H]TdR (20 Ci/mmol, 1 mCi/ml) (NET-027E) were obtained from PerkinElmer. Negative control scrambled siRNA (D-001206-13-05), siRNAs targeted against PTEN (M-003023-02-0005), were obtained from Dharmacon.

Flow Cytometric Analysis—Cell cycle distribution was determined by flow cytometry as described previously (6). Briefly, cells were fixed in 70% ethanol, stained using propidium iodide, and passed through 70-μm meshes to remove cell aggregates. Fluorescence intensity corresponding to DNA content in different phase of cell cycle was measured by flow cytometry (FACSCalibur; Becton Dickinson), and analyzed using WinCycle software (Phoenix Flow Systems).

Western Blotting Analysis—Proteins were extracted from cultured cells in M-PER (Thermo Scientific 78501). Equal amounts of proteins were subjected to SDS-PAGE on polyacrylamide separating gels. Electrophoresed proteins were then transferred to nitrocellulose membrane. After transfer, membranes were blocked in an isotonic solution containing 5% non-fat dry milk in phosphate-buffered saline. Membranes were then incubated with primary antibodies as described in the text. The dilutions were used as per vendor’s instructions. Depending on the origin of the primary antibody, either anti-mouse- or anti-rabbit HRP-conjugated IgG was used for detection using the ECL system (Thermo Scientific 34080).

Thymidine Incorporation Assay—Cells were labeled with 1 μCi/ml [3H]TdR at the indicated times, cells were washed twice with 1 ml of phosphate-buffered saline, and then precipitated twice with 1 ml of 10% trichloroacetic acid. The precipitates were solubilized in 0.5 ml of 0.5% SDS, 0.5 M NaOH solution, and the extent of TdR incorporation was quantified using 75 μl of sample and 3 ml of scintillation fluid. Each experiment was performed two times.

Lipid (Oil Red O) Staining—Lipid (Oil Red O) staining kit (MAK194) was purchased from Sigma. The staining was conducted as per the vendor’s protocol. To measure quantitatively, stained cells were washed three times with 60% isopropanol alcohol for 5 min each time with gentle rocking. Oil Red O stain was extracted with 100% isopropanol alcohol for 5 min with gentle rocking. Absorbance at 492 nm was measured for the collected samples, and 100% isopropanol alcohol was used as background to subtract the background signal.

Transient Transfections—Cells were plated in 6-well plates in medium containing 10% FBS overnight. Transfections with siRNAs (100 nM) in Lipofectamine RNAiMAX were then performed according to vendor instructions. After 6 h, reagents were replaced with fresh 10% FBS and cells were allowed to incubate for the indicated times as described under “Results.”

Lipid Mix Supplementation—Fatty acid mix was obtained from Invitrogen (11905) and supplied to cells as a 1:200 dilution complexed with 10% BSA (Sigma) in a 2:1 ratio for the final concentration of lipids in the medium of 0.375 mg/liter. The exact composition of the fatty acid mixture is provided in supplemental Table S1.

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