Effect of N-Acetylcysteine Supplementation on Oxidative Stress-Mediated Cryoinjury of Bone Marrow Derived-Hematopoietic Stem Cells
(Kesan Suplementasi N-Asetilsistein ke atas Kcederaan Krio Aruhan Tekanan Oksidatif pada Sel Tunjang Hematopoietik Pencilan Sumsum Tulang)

SHAWAL MARADONA ABDUL WAHAB, ZARIYANTEY ABD HAMID*, RAMYA DEWI MATHIALAGAN & IZATUS SHIMA TAIB

ABSTRACT
Hematopoietic stem cells (HSCs) transplantation was introduced as curative treatment for various diseases. Cryopreservation of HSCs is crucial for long term storage and maintenance of cellular quality; however, it has been reported that cryopreservation itself causes oxidative stress-driven apoptosis and cell loss. This study investigated impact of supplementing N-acetylcysteine (NAC) as antioxidant during cryopreservation on viability and oxidative stress in HSCs. HSCs were isolated from murine bone marrow, cultured in HSCs growth media and cryopreserved (1×10^6 cells per vial) together with 10% DMSO and NAC (0, 0.25, 0.5 or 2.0 µM) for 48 h, 2 weeks or 8 weeks at -196°C using controlled-rate-freezing technique. Cell viability and oxidative stress in cryopreserved cells were analysed at each time-point. Cell viability was significantly reduced (p<0.05) following cryopreservation as compared to pre-cryopreservation. NAC supplementation significantly increased cell viability (p<0.05) after 48 h cryopreservation at 0.5 µM and 2.0 µM and after 2 weeks cryopreservation at 0.25 µM compared to the controls. Cryopreservation significantly enhanced GSH level (p<0.05) and reduced MDA level (p<0.05) without affecting SOD activity and PC level in HSCs compared to pre-cryopreservation. NAC supplementation significantly increased GSH level at 0.25 µM in cryopreserved HSCs compared to control. In conclusion, NAC supplementation during cryopreservation showed potential in minimizing cryoinjury by promoting cell viability, increasing antioxidant capacity and reducing oxidative damage in HSCs, however these effects are influenced by both durations of cryopreservation and NAC concentration.

Keywords: Cryopreservation; hematopoietic stem cells; N-acetylcysteine; oxidative stress

INTRODUCTION
Hematopoietic stem cells (HSCs) are a group of cells isolated from blood or bone marrow; with pluripotency and self-renewal capacity that allow generation of an entire hematopoietic system (Ng & Alexander 2017). Pluripotency refers to the capacity of a single HSC to generate multiple types of functional and matured cells (Seita & Weissman 2010). Hematopoietic stem cell transplantation is a favorable treatment option for diseases of malignant and benign tumors, hematological disorder

Nata kunci: N-asetilsistien; pengawetan krio; sel stem hematopoietik; tekanan oksidatif

Pemindahan sel stem hematopoietik (SSH) telah diperkenalkan sebagai rawatan pelbagai penyakit. Pengawetan krio SSH adalah penting untuk penyimpanan dan pemeliharaan kualiti SSH, namun pengawetan krio dilaporkan berupaya mengurunkan keviabelan dan penurunan kekiabelan akibat tekanan oksidatif. Kajian ini telah mengkaji kesan suplementasi N-asetilsistein (NAC) sebagai antioksidan sesama pengawetan krio terhadap keviabelan dan tekanan oksidatif SSH. SSH diisolasi dari sum-sum tulang, dikultur dan krioawetkan (1×10^6 sel per vial) dengan penambahan 10% DMSO dan NAC (0 µM, 0.25 µM, 0.5 µM atau 2.0 µM) selama 48 jam, 2 minggu atau 8 minggu pada suhu-196°C. Keviabelan sel dan tekanan oksidatif ditentukan ke atas SSH pada setiap tempoh pengawetan krio. Keviabelan sel menurun secara signifikan (p<0.05) selepas pengawetan krio berbanding dengan pra-pengawetan krio. Suplementasi NAC telah meningkatkan keviabelan sel secara ketara (p<0.05) selepas pengawetan krio selama 48 jam pada kepekatan 0.5 µM dan 2.0 µM dan juga selepas 2 minggu pengawetan krio pada kepekatan 0.25 µM berbanding kawalan. Pengawetan krio memberi kesan peningkatan aras GSH (p<0.05) dan penurunan aras MDA (p<0.05) tanpa memberi kesan yang signifikan terhadap aras SOD dan PC berbanding pra-pengawetan krio. Suplementasi NAC meningkatkan aras GSH secara signifikan (p<0.05) pada kepekatan 0.25 µM dalam SSH yang dikrioawet berbanding kawalan. Secara kesimpulannya, suplementasi NAC semasa pengawetan krio berpotensi meningkatkan keviabelan sel dan kapasiti antioksidan serta mengurangkan kesan kerosakan oksidatif, tetapi kesan ini adalah dipengaruhi oleh jangka masa pengawetan krio dan kepekatan NAC yang digunakan.

Kata kunci: N-asetilsistien; pengawetan krio; sel stem hematopoietik; tekanan oksidatif

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INTRODUCTION
Hematopoietic stem cells (HSCs) are a group of cells isolated from blood or bone marrow; with pluripotency and self-renewal capacity that allow generation of an entire hematopoietic system (Ng & Alexander 2017). Pluripotency refers to the capacity of a single HSC to generate multiple types of functional and matured cells (Seita & Weissman 2010). Hematopoietic stem cell transplantation is a favorable treatment option for diseases of malignant and benign tumors, hematological disorder
and inherited diseases (Hatzimichael & Tuthill 2010). The first Malaysian bone marrow-derived HSCs transplantation was performed in University Malaya on a child in 1987; followed by in an adult patient in 1993 (Fadilah et al. 2008). Sources of HSCs for transplantation include bone marrow aspirates, mobilized peripheral blood and umbilical cord blood (Panch et al. 2017). The International Bone Marrow Transplant Registry (IBMTR) reported that after 1998, it is estimated that 20% of young patient stem cell transplantation was achieved solely using cord blood-derived HSCs transplantations (Rocha & Gluckman 2006).

In certain circumstances, cryopreservation of the stem cells is necessary when transplantation cannot be done immediately after stem cell harvest. However, cryopreservation may deleteriously affect the quality and quantity of preserved stem cells in terms of viability and functionality (Pal et al. 2008; Reubinoff et al. 2001; Vosganian et al. 2012). Despite the availability of recommended guidelines for HSCs cryopreservation, a number of limitations associated with the technique of cryopreservation are becoming a major concern. Freezethaw cycle in stem cells causes cellular damages, due to ice nucleation and dehydration. Furthermore, cryopreservation itself induce microtubule depolymerisation in these cells which impairs their ability to maintain a functional spindle after thawing (Tatone et al. 2010). Moreover, cryopreservation may also promote oxidative stress in these cells through osmotic stress and increased reactive oxygen species (ROS) production, all of which reduce the stem cell functionality and increase macromolecule damages such as lipid peroxidation, protein oxidation and DNA damage.

Isolation of HSCs from its bone marrow origin causes changes in stem cell niche. HSCs niche maintenance relies on a few factors including adhesion molecules, cytokines and growth factor, microenvironment oxygen concentration as well as other gene regulators (Matsumoto et al. 2011). HSCs are controlled by a hypoxic microenvironment niche with ~5% oxygen saturation. However, there is an immediate change in their microenvironment during the isolation procedure, given that ex vivo cultures have normoxic oxygen saturation (Abdul Hamid et al. 2018) that can promote oxidative stress and cause damage to cellular macromolecules; affecting HSCs survivability and functionality (Abdul Hamid et al. 2018; Shaban et al. 2017). To overcome these limitations, the use of antioxidant supplementation is therefore recommended. Antioxidant supplementation prior to cryopreservation is known to reduce oxidative stress and damage. Antioxidants protect cellular constituents from oxidative stress by neutralizing free radicals and terminating the oxidative chain reaction in mitochondrial membrane (Kotahri et al. 2010). They can also help improving cellular survival, potency and differentiation of HSCs (Shaban et al. 2017). N-acetylcysteine (NAC) is an acetylated cysteine residue containing sulphur, commonly used to inhibit ROS-induced cellular damage and apoptosis (Berniaikovich et al. 2012). Studies conducted by Abdul Hamid et al. (2018), Fan et al. (2008) and Liu et al. (2012) all showed that NAC supplementation exhibited significant protective effect in maintaining cultured HSCs in ex vivo condition. Application of NAC to maintain HSCs survival and potency ability following cryopreservation should be investigated to improve the HSCs quality for transplantation use. Hence, this study is conducted to investigate the effect of NAC supplementation on cryopreservation of HSCs by evaluating their viability and oxidative stress markers at different cryopreservation time points of 48 h, 2 weeks and 8 weeks.

**METHODS AND MATERIALS**

**MATERIALS**

NAC was purchased from Sigma-Aldrich (Sigma Grade, ≥ 99% (TLC) and was prepared by dissolving powder in phosphate buffer saline (PBS). NAC stock solution was filtered using a filter with pore size 0.22 μM under the laminar flow and the working solution was prepared via serial dilutions prior to experiments.

**EXPERIMENTAL PROTOCOLS**

All procedures involving the use of laboratory animals was reviewed and approved by UKM Animal Ethics Committee (Ethics Approval Number: FSK/2017/ZARIYANTEY/22-NOV/889-NOV.-2017-JULY-2019-AR-CAT2). A total of 15 mice were used throughout the study. HSCs were harvested from bone marrow of icr mouse as previously described (Boltz-Nitulescu et al. 1987). Briefly, mouse was first sacrificed using cervical dislocation and the stem cells were isolated in complete DMEM medium (supplemented with 10% fetus bovine serum (FBS) and 2% Pen-Strep). Cell viability enumeration was measured using Trypan Blue exclusion method. Viable HSCs were cultured in same DMEM medium and cell growth overnight were measured after 24 h incubation at 37°C in 5% CO2 incubator. Stem cell density for each cryopreservation sample was adjusted to 1×106 cells/mL. For each cryopreservation, 10% DMSO was added as cryoprotectant and NAC (0.25, 0.5 and 2.0 μM) was supplemented accordingly. NAC-free solution was used as vehicle control supplementation (Abdul Hamid et al. 2018). Total volume of suspension in each cryovial was 1.5 mL. The cryovials were frozen using controlled-rate-freezing technique inside Planer Kryo 550-16 before storage in liquid nitrogen tank at Pusat Darah Negara (Malaysia). Ambient temperature of the sample was initially lowered to 0°C for 5 min before -2°C reduction per min to -30°C, then -2°C reduction per min to -60°C and finally by -4°C reduction per min to -100°C and held at -100°C until the sample was removed and placed in liquid nitrogen tank. Duration of cryopreservation duration was set up at three different time-points i.e. 48 h, 2 weeks and 8 weeks. Upon completion of each cryopreservation time-point, the cryopreserved cells were thawed and resuspended in DMEM medium for viability analysis.
using Trypan Blue exclusion. Cell lysates were prepared from cryopreserved cells for analysis of oxidative stress markers such as glutathione (GSH), superoxide dismutase (SOD), malondialdehyde (MDA) and protein carbonyl (PC), respectively. Each parameter was analyzed using three independent biological replicates.

**DETERMINATION OF GLUTATHIONE (GSH) LEVEL AND SUPEROXIDE DISMUTASE (SOD) ACTIVITY**

Following 48 h, 2 weeks and 8 weeks of cryopreservation, cell lysates were prepared and protein level was determined using Bradford assay prior to antioxidant analyses. Level of GSH in cells was measured using spectrophotometer. GSH plays critical roles in protecting cells from oxidative damage and the toxicity of xenobiotic electrophiles. Measurements of SOD activity was based on Beyer and Fridovich (1987). SOD acts as first-line antioxidant defense. In this assay, photon from light source activates riboflavin which oxidizes L-Metionin to generate superoxide and resulting superoxide reacts with SOD enzyme in the sample and lower nitrotetrazolium blue (NBT) reduction. Reduction of NBT causes formation of the purple-colored formazan measurable spectrophotometrically at 560 nm wavelength.

**DETERMINATION OF MALONDIALDEHYDE (MDA) AND PROTEIN CARBONYL (PC) LEVELS**

For MDA assay, cryopreserved cells were collected, lysed and centrifuged at 1000 rpm for 10 min. All the supernatants were collected, and thiobarbituric acid (TBA) reagent was added into each vial containing 100 μL of supernatant samples. All vials were incubated for 60 min at 95°C and were left in room temperature for 10 min. 200 μL of supernatant (containing MDA-TBA adduct) was pipetted into 96 wells microtiter plate for analysis and absorbance were measured at 532 nm wavelength. For protein carbonyl assay, cells were similarly collected, sonicated in 2 mL of buffer solution and centrifuged at 1000 rpm for 15 min at 4°C. 50 μL of supernatant was transferred into microcentrifuge tubes and was added with 50 μL trichloroacetic acid (TCA) prior to centrifugation at 1000 rpm for 5 min at 4°C. Supernatant were discarded and 500 μL dinitrophenylhydrazine (DNPH) was added into each tube and were incubated in dark for 1 h. The tubes were centrifuged again at 1000 rpm for 5 min at 4°C. Supernatant was discarded and the cell pellets were resuspended in 1 mL 10% w/v TCA. All tubes were put in the ice for 5 min and centrifuged. All cell pellets were resuspended with 1 mL 5M urea after centrifugation and the tubes were kept in water bath (37°C) for 15 min. The tubes were centrifuged at 1000 rpm for 5 min at 4°C and 200 μL of supernatant were pipetted into 96 wells microtiter plate for measurement of absorbance at 360 nm wavelength.

**STATISTICAL ANALYSIS**

All results are reported as mean ± standard error of mean (SEM) from three independent experiments. The results were analyzed using one-way analysis of variance (ANOVA) and Tukey’s post-hoc test with p < 0.05 considered as statistically significant.

**RESULTS**

**EFFECT OF NAC SUPPLEMENTATION IN CRYOPRESERVATION ON CELL VIABILITY OF HSCS**

Analysis of hscs viability after cryopreservation at temperature of -196°C for 48 h, 2 weeks and 8 weeks was enumerated using trypan blue exclusion method. Cryopreservation at -196°C caused a significant reduction (p<0.05) in cell viability in all experimental groups after 48 h, 2 weeks and 8 weeks as compared to pre-cryopreserved group. However, as shown in Figure 1, supplementation with NAC for 48 h caused a significant increase (p<0.05) in cell viability at 0.5 μM (3.6±0.29×10^5) and 2.0 μM (4.07±0.21×10^5), respectively, as compared to the control group (1.93±0.12×10^6). After 2-weeks cryopreservation, a significant increase (p<0.05) in cell viability was only noted between 0.25 μM NAC-supplemented group (8.18±0.14×10^5) and the control group (5.34±0.12×10^5). Meanwhile, no significant difference in cell viability for all NAC-supplemented groups compared to the control group was observed after 8 weeks cryopreservation.

**EFFECT OF NAC SUPPLEMENTATION IN CRYOPRESERVATION ON GSH LEVEL OF HSCS**

Analysis of GSH level in pre-cryopreserved and cryopreserved groups with and without NAC supplementation are shown in Figure 2. The results showed that there is a significant increase (p<0.05) in GSH level for cryopreserved cells without NAC supplementation (control) and cells supplemented with 0.5 μM NAC after 48 h as compared to pre-cryopreservation group (Pre). The level of GSH for control and 0.5 μM NAC-supplemented groups was 1.07±0.09 mmol/mg and 1.04±0.003 mmol/mg, respectively, as compared to 0.85±0.003 mmol/mg for pre-cryopreservation group. Meanwhile, there is no significant difference in GSH level for cryopreserved cells with NAC at other concentrations (0.25 μM and 2.0 μM) as compared to pre-cryopreservation group (Pre). Comparison within cryopreservation groups showed that there was no significant difference in GSH level in cells with NAC-supplemented groups (0.25 μM, 0.5 μM and 2.0 μM) as compared to control group (1.07±0.08 mmol/mg). Analysis of HSCs after 2 weeks cryopreservation showed a significant increase (p<0.05) in GSH level for all NAC-supplemented groups including control group compared to pre-cryopreserved group (Pre). The notable GSH levels were 1.54±0.01 mmol/mg (control), 1.38±0.01 mmol/mg (0.25 μM), 1.42±0.00 mmol/mg (0.5 μM) and 1.48±0.01 mmol/mg (2.0 μM) compared to pre-cryopreservation group (0.85±0.003 mmol/mg). However, there is no significant difference in the GSH level of NAC-supplemented cryopreserved HSCs compared...
FIGURE 1. Effect of NAC supplementation on the viability of HSCs after 48 h (A), 2 weeks (B) and 8 weeks (C) cryopreservation. Each data is obtained from three different experiments (n=3). Data is expressed as mean ± standard error of mean (SEM). *Significant different (p<0.05) against pre-cryopreservation group (Pre); †Significant different against control group (0 μM).

FIGURE 2. Effect of NAC supplementation on the GSH level of HSCs after 48 h (A), 2 weeks (B) and 8 weeks (C) cryopreservation. Each data is obtained from three different experiments (n=3). Data is expressed as mean ± standard error of mean (SEM). *Significant different (p<0.05) against pre-cryopreservation group (Pre); †Significant different against control group (0 μM).

to the control group. Meanwhile, a significant increase (p<0.05) of GSH level were observed after 8 weeks of cryopreservation compared to pre-cryopreserved group. GSH levels were as follows: 1.44±0.003 mmol/mg (control), 2.12±0.2 mmol/mg (0.25 μM), 1.40±0.02 mmol/mg (0.5 μM) and 1.4±0.01 mmol/mg (2.0 μM) compared to pre-cryopreserved group (0.85±0.003 mmol/mg). However, when comparing the GSH level between NAC-supplemented group against control group during cryopreservation state, a significant increase (p<0.05) of GSH level was only noted at 0.25 μM NAC.

EFFECT OF NAC SUPPLEMENTATION IN CRYOPRESERVATION TOWARDS SOD ACTIVITY OF HSCS

After 48 h cryopreservation, no significant difference was seen in SOD activity between pre-cryopreserved (Pre) and cryopreserved groups; along with no remarkable effect of NAC on GSH levels during cryopreservation state (Figure 3). Similar finding was also noted after 2 weeks cryopreservation with exception for NAC at 0.5 μM which caused significant reduction (p<0.05) of SOD activity (38±2.65 U/min/mg) compared to control group (76±6.81 U/min/mg). Meanwhile, a significant increase
(p<0.05) in SOD activity for cells cryopreserved in the presence of NAC at 0.5 μM (128±17.84 U/min/mg) and 2.0 μM (151±22.23 U/min/mg) for 8 weeks was noted as compared to pre-cryopreservation group (52±7.53 U/min/mg). However, there was no significant difference in SOD activity between NAC-supplemented groups (0.25, 0.5 and 2.0 μM) compared to the control group after 8 weeks cryopreservation.

EFFECT OF NAC SUPPLEMENTATION IN CRYOPRESERVATION TOWARDS MDA LEVEL OF HSCS

After 48 h cryopreservation, there is no significant difference in MDA level between pre-cryopreserved group (Pre) and cryopreserved group for all NAC concentration (Figure 4). There is also no significant difference in MDA level seen at all NAC concentrations (0.25, 0.5 and 2.0 μM) compared to the control group after 48 h cryopreservation. However, a significant reduction (p<0.05) in MDA level between cryopreserved and pre-cryopreservation groups were noted following 2 weeks and 8 weeks cryopreservation; although the effect of NAC on the MDA levels during cryopreservation state at these time-points were not significant. MDA level in pre-cryopreservation group was 7.67±0.55 nmol/mg; followed by 1.60±0.10 nmol/g (control), 2.57±1.11 nmol/g (0.25 μM), 4.17±0.45 nmol/g (0.5 μM) and 2.47±0.74 nmol/g (2.0 μM) after 4 weeks cryopreservation. As for 8 weeks cryopreservation time-point, the measured MDA levels for control and NAC-added groups (0.25, 0.5 and 2.0 μM) were 2.43±0.23 nmol/g, 1.63±0.27 nmol/g, 4.3±0.83 nmol/g and 1.63±0.26 nmol/g, respectively.

EFFECT OF NAC SUPPLEMENTATION IN CRYOPRESERVATION TOWARDS PC LEVEL OF HSCS

A significant increase (p<0.05) in the PC level for cryopreserved cells with and without NAC supplementation compared to pre-cryopreservation group (Pre) after 48 h of cryopreservation (Figure 5) was noted. Level of PC in pre-cryopreserved group was 4.86±0.08 nmol/g; while the cryopreserved group recorded PC levels of 5.56±0.03 nmol/g (control), 5.3±0.06 nmol/g (0.25 μM), 5.76±0.03 nmol/g (0.5 μM) and 4.66±0.03 nmol/g (2.0 μM), respectively. However, there is no significant difference in PC level between cryopreserved HSCs that received NAC supplementation (0.25, 0.5 and 2.0 μM) and the control group (0 μM).

Analysis on HSCs after 2 weeks cryopreservation showed a significant increase in PC level for HSCs underwent cryopreservation than the HSCs in pre-cryopreservation group (Pre). The PC level for pre-cryopreservation group was 4.86±0.08 nmol/mg compared to groups receiving 0.25 μM, 0.5 μM and 2.0 μM NAC supplementation (20.70±0.46 nmol/g, 22.50±1.85 nmol/g and 21.37±2.25 nmol/g; respectively) and control group (21.73±0.44 nmol/g). No significant difference was seen in PC level within cryopreserved group in between NAC-supplemented (0.25 μM, 0.5 μM and 2.0 μM) and control groups. A significant increase (p<0.05) of PC levels were also noted between 8 weeks cryopreserved HSCs compared to the pre-cryopreserved group (Pre). The levels of PC for cryopreserved HSCs were at 22.27±1.28 nmol/g (control), 28.33±2.87 nmol/g (0.25 μM), 22.77±1.24 nmol/g (0.5 μM) and 17.70±1.62 nmol/g (2.0 μM) compared to 4.86±0.08 nmol/g for pre-cryopreservation group. Meanwhile,
there is no significant difference in PC level between NAC supplemented group (0.25, 0.5 and 2.0) compared to the cryopreserved control group.

**DISCUSSION**

Usage of HSCs in clinical transplantation is one of the most favourable treatment options for haematological-related disorders, lymphoid cancers and other variety of disorders (Copelan 2006). Thus, cryopreservation plays an important role in both autologous and allogeneic HSCs transplantation. However, cryopreservation also causes a potential cellular damage to the cryopreserved cells via oxidative stress. This event may affect the cellular viability, the stemness property and the functionality of cells to proliferate and differentiate (Djuwantono et
al. 2011; Maraldi et al. 2015). Hence, the usage of bio-
oxidant supplements in cryopreservation medium offers an
alternative solution to overcome these limitations (Motta
et al. 2010). Thus, this study was conducted to investigate
the effect of N-acetylcysteine (NAC) supplementation on
the cryopreserved HSCs by evaluating cellular viability
and oxidative stress after 48 h, 2 weeks and 8 weeks
cryopreservation at -196°C.

Previously, NAC showed protective effect against
oxidative-stress mediated cellular damage during ex vivo
maintenance of cultured HSPCs by reducing cell loss,
lowering oxidative stress and maintaining the repopulation
capacity of HSCs into committed progenitors (Abdul
Hamid et al. 2018, 2014; Chin et al. 2018; Liu et al 2012).
However, the cryopreservative role of NAC for preservation
of HSCs remains unexplored. Since the present study is
among the few studies concerning NAC utility for HSCs
cryopreservation with incorporation of oxidative stress
status, the three time-points were selected at the current
stage of the study to identify the time-points effects from
hours up to months. There is no standard recommendation
for HSCs cryopreservation time-points; although a number
of studies reported that the cells can be stored up to years
at -196°C (Berz et al. 2007). In term of clinical practices,
cryopreservation is recommended when transplantation is
not doable within 72 h from the period of HSCs collection
(Berz et al. 2007). However, in the context of research
application, the ability to cryopreserve the HSCs without
compromising its property is also crucial to allow optimal
preservation and to minimize the need for fresh isolation
of the sample for every usage. This will improve usability
of HSCs for research application.

Based on the results, it was shown that cryopreservation
caused a significant loss of cellular viability after 48 h, 2
weeks and 8 weeks for cryopreserved HSCs either with or
without NAC. Many studies showed that cryopreservation
is responsible for oxidative stress in most eukaryotic cells
through cell membrane damage, mitochondrial dysfunction
and variations in the oxidative metabolism during the cell
survival (Tatone et al. 2010). Hence, it is speculated that
the significant cell loss during all three time-points of
cryopreservation are due to cell damage and intracellular
oxidative stress throughout the preservation. The freezing
process in cryopreservation may cause ice formation that
damages the cells. At rapid cooling rate, intracellular
ice crystals cause mechanical rupture of cell structure.
Contrarily, slower rate of freezing causes ice crystal
formation in the extracellular space resulting in increased
osmolality since free water molecules may be incorporated
into the ice crystals. Loss of free water molecules result in
hyperosmolality and cell dehydration (Rowley 1992).
Formation of ice crystals also leads to oxidative stress in
the cells due to mitochondrial injury that disrupts
oxidative metabolism in cells. Oxidative stress during
cryopreservation additionally might incur from osmotic
stress and increased cellular metabolism. Osmotic stress
is a condition that causes sudden change in movement of
free water across the cell membrane due to difference in
osmotic gradient between intracellular and extracellular
space. Withdrawal of water molecules causes cells to shrink
and rupture. Osmotic stress also activates generation of
superoxide anions by activating NADPH oxidase (Orrenius
et al. 2007).

This study also showed a significant increase in cell
viability in cryopreserved HSCs supplemented with 0.5
μM and 2.0 μM NAC compared to control group after 48 h
cryopreservation. This finding is in agreement with a
previous study that showed supplementation with NAC at
0.25 μM and 0.5 μM suppressed cellular ROS levels and
improved cell viability (Abdul Hamid et al. 2018). HSCs
cryopreserved with 0.25 μM NAC also showed a significant
increase in cell viability after 2 weeks cryopreservation.
Addition of NAC as antioxidant supplement prior to
cryopreservation might boost antioxidant system and
reduce potential cell damage in HSCs. This finding is also
consistent with several established studies that concluded
antioxidants can not only mitigate oxidative stress, but
also improve stem cell survival and improve their potency
and differentiation (Shaban et al. 2017). In a previous
study, Roselle supplementation as antioxidant with bone-
marrow-derived HSCs induced a significant increase in GSH
level and SOD activity in HSCs (Abdul Hamid et al. 2014).
N-acetylcysteine is a potent antioxidant due to its ability
to scavenge ROS and inhibit cellular damage and apoptosis
driven by ROS. However, in this study, NAC was only able
to improve cell viability at higher concentrations after 48
h and 2 weeks cryopreservation. NAC at 0.5 μM and 2.0
μM concentration were only efficient in increasing cell
viability after short term cryopreservation. At longer term
cryopreservation, a higher concentration of NAC is required
to reduce cellular damage and minimize excessive ROS-
driven oxidative stress. This is in line with findings from
a study that reported NAC reduces the rate of chromosomal
aberrations in HSCs (Liu et al. 2012) and greater CD34+
cells were harvested from ex vivo culture of cord blood
supplemented with NAC (Fan et al. 2008).

To date, most of the reported studies concerning the
use of antioxidant as cryopreservative agent are mostly
applied for preservation of embryos, spermatozoa and
embryonic stem cells (Isachenko et al. 2013; Zhou 2004);
with limited reports regarding the preservation of HSCs are
available. Previous studies had shown that a combination of
the bio-antioxidant catalase and the membrane stabilizer;
trehalose in the conventional freezing mixture affords
better cryoprotection to hematopoietic progenitor cells
(Sasnoor et al. 2003) and greater preservation of mice bone
marrow cells was achieved in the presence of antioxidant
supplements (Limaye 1997). However, the influenced of
cryopreservation time-points on the cell recovery post-
thawed cryopreservation deserve further investigation as
no similar study with regards to time-points effect has been
reported.

On antioxidant status analysis, this study showed a
statistically significant increase in GSH level among
cryopreserved hematopoietic stem cells supplemented
with NAC after 48 h, 2 weeks and 8 weeks cryopreservation
compared to the pre-cryopreserved cells. However, there is no significant increase in SOD activities after cryopreservation even with NAC supplementation at all concentrations. This finding is consistent with reports of Abdul Hamid et al. (2018) whereby different HSCS-progenitor cells are suggested to acquire different antioxidant system response in presence of NAC supplementation. Meanwhile, previous report indicated that antioxidant supplementation caused no significant alteration on the GSH level and SOD activity of post-thawed sperm cells (Bucak et al. 2009). The antioxidant system plays an important role in cellular protection against damage and potential oxidative stress. It is also important for development of immune response (Bounous & Molson 2003). NAC has been used in clinical settings for more than 30 years in treatment and management of HIV infection, cancer and heart disease. Irabassi et al. (2016) reported that NAC supplementation does not only improve nutritional status among chronic obstructive pulmonary disease (COPD) patients but also increased plasma GSH level by 171% in these patients. NAC acts as an efficient antioxidant through its ability to reduce extracellular cystine to cysteine as well as acting as source of thiol group (-SH) metabolite. As free -SH source, NAC has ability to enhance endogenous glutathione-S-transferase (GST) activity, promote detoxification and act directly on ROS and prevent cellular oxidation (Kelly 1998). The significant increase in GSH level after NAC supplementation in cryopreserved HSCs in this study implies that NAC could acts as a precursor for intracellular GSH biosynthesis (Samuni et al. 2013). Hence, it is possible that due to high concentration of hydroperoxides generated after cryopreservation, a compensatory mechanism may have triggered the increase in GSH level in HSCs to facilitate ROS detoxification and reduce oxidative damage.

The presence of intracellular ROS due to cryopreservation may cause cellular damage and disrupt cellular macromolecules through DNA damage, protein oxidation and lipid peroxidation as previously mentioned. Therefore, oxidative stress markers including MDA and PC were measured in this study. PC can be produced through oxidative cleavage of proteins by either α-amidation pathway or by oxidation of glutamyl side chains leading to formation of a peptide in which the N-terminal amino acid is blocked by an α-ketoacyl derivatives (Dalle-donne et al. 2003). Carbonyl group can also be introduced into protein by secondary reaction of the nucleophilic side chains of cysteine, histamine and lysine residues together with aldehyde molecules such as 4-hydroxy-2-nonenal, malondialdehyde and 2-propanal produced during lipid peroxidation. PC level in cryopreserved cells was significantly increased both in presence or absence of NAC supplementation after 48 h, 2 weeks and 8 weeks cryopreservation, respectively, compared to the pre-cryopreservation group. This indicated that NAC had no effect in reducing protein oxidation caused by cryopreservation. Hence, the NAC supplementation is incapable of preventing or reducing formation of carbonyl group caused by the protein oxidation.

Meanwhile, this study also showed a significant reduction in MDA level in cryopreserved cells supplemented with NAC after 2 weeks and 8 weeks cryopreservation as compared to pre-cryopreserved cells. MDA is generated from the ROS-driven cellular lipid peroxidation whereby lipid peroxidation can disrupt the membrane lipid bilayer arrangement and may inactivate membrane-bound receptors and enzymes as well as increase tissue permeability (Birben et al. 2012). Hydroxyl (HO•) and hydroperoxy (HO•2) radicals are the most prevalent type of ROS with ability to cause lipid peroxidation. These hydroperoxides however can be decomposed through two-electron reduction by glutathione peroxidase. Hence, this explained the increase in level of intracellular GSH as discussed earlier as compensatory response to redox signalling reaction towards lipid peroxidation. Generation of MDA from lipid peroxidation inactivates numerous cellular proteins by forming protein cross-linkages. An effective antioxidant system is required for reducing such damages, and supplementation with NAC in this study has helped to increase the GSH level. In this study, reduced level of MDA observed after 2 and 8 weeks cryopreservation suggested that NAC might help in reducing MDA level via lipid peroxidation chain inhibition after long term but fails to inhibit such reaction at short term cryopreservation (48 h).

The ability of NAC to reduce oxidative damage on stem cells in various experimental studies has been documented with most of the reported studies are largely based on in vitro observation (Shaban et al. 2007). Fatima et al. (2017) reported that NAC abrogated H2O2 induced oxidative-stress of Wharton’s Jelly (WJ) derived Mesenchymal stem cells (WJ-MSCs) by restoring the activity of GSH, SOD and CAT, along with reduced level of MDA. Previous studies have also shown that NAC able to protect oxidative injury mediated by H2O2 on diabetic mouse derived mesenchymal stem cells (Ali et al. 2016) and germ cells (Maheshwari et al. 2011) as well as able to decrease oxidative stress, rescue the decline in cellular properties induced by long-term in vitro culture and promote hematopoietic differentiation of induced pluripotent stem cells (iPSCs) (Berniakovitch et al. 2012). Recently, studies also reported that NAC supplementation able to protects dental tissue stem cells against oxidative stress in vitro (Martacic et al. 2018) and reduced oxidative stress markers (MDA and PC) in cisplatin - induced toxicity in rat brain (Abdel-Wahab & Moussa 2019). Despite of these reports, the cryoprotective effect of NAC specific for HSCS cryopreservation at differential time points concerning the qualitative and quantitative outputs has not been fully elucidated. Thus, the findings from present study could provide additional information concerning the role of NAC for HSCs cryopreservation that can potentially improve the cryopreservation approach.

**CONCLUSION**

Overall, it can be concluded that cryopreservation impaired the viability and promote greater protein oxidation (PC).
NAC showed potential to improve cell viability and improved antioxidant capacity (GSH); all of which are influenced by the cryopreservation’s time-point and NAC concentrations. Further study is required to establish the conclusion.

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