Temporal dynamic changes of intrinsic brain activity in Alzheimer’s disease and mild cognitive impairment patients: a resting-state functional magnetic resonance imaging study

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Background: Alzheimer’s disease (AD) is a progressive neurodegenerative disease characterized by memory impairment. Previous studies have largely focused on alterations of static brain activity occurring in patients with AD. Few studies to date have explored the characteristics of dynamic brain activity in cognitive impairment, and their predictive ability in AD patients.

Methods: One hundred and eleven AD patients, 29 MCI patients, and 73 healthy controls (HC) were recruited. The dynamic amplitude of low-frequency fluctuation (dALFF) and the dynamic fraction amplitude of low-frequency fluctuation (dfALFF) were used to assess the temporal variability of local brain activity in patients with AD or mild cognitive impairment (MCI). Pearson’s correlation coefficients were calculated between the metrics and subjects’ behavioral scores.

Results: The results of analysis of variance indicated that the AD, MCI, and HC groups showed significant variability of dALFF in the cerebellar posterior and middle temporal lobes. In AD patients, these brain regions had high dALFF variability. Significant dfALFF variability was found between the three groups in the left calcarine cortex and white matter. The AD group showed lower dfALFF than the MCI group in the left calcarine cortex.

Conclusions: Compared to HC, AD patients were found to have increased dALFF variability in the cerebellar posterior and temporal lobes. This abnormal pattern may diminish the capacity of the cerebellum and temporal lobes to participate in the cerebrocerebellar circuits and default mode network (DMN), which regulate cognition and emotion in AD. The findings above indicate that the analysis of dALFF and dfALFF based on functional magnetic resonance imaging data may give a new insight into the neurophysiological mechanisms of AD.

Keywords: Alzheimer’s disease (AD); mild cognitive impairment (MCI); resting-state functional magnetic resonance imaging (rs-fMRI); the dynamic amplitude of low-frequency fluctuation (dALFF); dynamic fraction amplitude of low-frequency fluctuation (dfALFF)

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Introduction

Alzheimer’s disease (AD) is the most common form of dementia worldwide as well as the fifth leading cause of disability in people over the age of 65 (1). Clinically, AD manifests as memory impairment, cognitive degradation, and the deterioration of the individual’s ability to carry out daily living activities (2). Although some drugs can slow the progression of AD, this disease cannot currently be prevented or cured. Mild cognitive impairment (MCI) is considered to be a precursor for AD. Its onset is followed by progressive cognitive decline, but the basic everyday abilities of patients can largely be preserved (3). Many MCI patients eventually progress to AD, with an annual conversion rate of 10–15% (4). Therefore, it is essential that the pathological mechanisms of AD and MCI are illuminated and that individuals in the precursor stage of AD can be identified. Noninvasive methods based on positron emission tomography (PET), structural magnetic resonance imaging (sMRI), magnetic resonance spectroscopy (MRS), diffusion tensor imaging (DTI), task functional MRI (t-fMRI), and resting-state functional MRI (rs-fMRI) have provided diversified imaging tools for discriminating MCI from AD. PET has high sensitivity and specificity in the diagnosis of AD, but it is expensive. sMRI can provide an accurate index to evaluate the brain atrophy of patients, but the ability to accurately assess the severity of dementia is limited, the associations between clinical disease stages and brain tissue loss are not linear (5). While t-fMRI and rs-fMRI studied two completely different states of the brain, rs-fMRI has no request for subjects except to stay still, so it’s especially suitable for older people who can’t cooperate with task. Resting-state functional magnetic resonance imaging (rs-fMRI) is a widely recognized method for investigating intrinsic brain activity (IBA) and functional connectivity networks in AD (6). Rs-fMRI internal brain activity analysis can help diagnose early stages of diseases before brain atrophy occurs. By analyzing the correlation between brain activity changes and cognitive behavior (7), it helps to clarify the pathophysiological mechanism of AD.

The amplitude of low-frequency fluctuation (ALFF) measures the gross power of oscillations within a certain frequency range to detect changes of spontaneous activity of regional signals (8). Fractional ALFF (fALFF) is the ratio of the power spectrum of low-frequency (0.01–0.08 Hz), which can reduce or eliminate the effects of physiological noise (9). ALFF and fALFF have been widely used to explore IBA in AD (10-12). Ren et al. reported that MCI patients showed lower ALFF than healthy individuals in the anterior cingulate cortex, superior frontal gyrus, and medial prefrontal cortex after cognitive tasks (13), and Han et al. (14) showed that MCI patients had reduced ALFF and fALFF activity in the basal ganglia. Recently, Pan (12) observed that the posterior default mode network (DMN) and visual networks of MCI patients were hyperactivated, while the spontaneous low-frequency brain activity of the salience network (SN) was decreased. Greicius et al. (15) suggested that the resting-state activity in the DMN was reduced in AD patients. Furthermore, Liu et al. (16) showed that AD patients had decreased ALFF values in the posterior cingulate cortex and inferior parietal lobe and increased ALFF values in the hippocampus, and the middle and inferior temporal gyri. They believed the decline in ALFF values to be associated with memory impairment, while the increase in ALFF was interpreted as being a compensatory mechanism to improve memory. Nevertheless, previous studies on ALFF and fALFF are limited and have produced inconsistent results, rs-fMRI results are not enough to be shown to assess the severity of AD. We hope to find a more sensitive rs-fMRI marker to evaluate disease.

During MRI scanning, the dynamic features of brain activity are ignored by the static-state analysis of ALFF and fALFF. To date, few studies have focused on the local spontaneous neuronal activity and substantial fluctuation in cognitive dysfunction. Recent studies have reported that the regional dynamic characteristics of brain activity can be captured more effectively using the dynamic sliding window method throughout the scanning procedure (17). Compared to the static measurement tool, abnormal brain function can be examined more easily through dynamic analysis (18-21). The dynamic ALFF (dALFF) and dynamic fALFF (dfALFF) methods are recommended for measuring the variance of ALFF and fALFF over time. The dALFF and dfALFF methods provide a new way to show local brain activity during scanning (22), and dALFF has been applied in patients with schizophrenia, anxiety, depression, and sleep disturbance (20,21,23,24). However, further research on abnormal dynamic local brain activity in AD and MCI patients is required.

This study aimed to explore the dALFF and dfALFF of related brain regions in AD and MCI patients. The relationship between cognitive function and dALFF and dfALFF in the abnormal regions was evaluated by analyzing
the correlation of the indicators with assessment scale score. We hypothesized that patients with AD and MCI would show different dALFF/dfALFF patterns compared to HC, and that such abnormalities could be regarded as imaging features that could distinguish patients with AD from individuals with MCI and HC.

We present the following article in accordance with the MDAR reporting checklist (available at http://dx.doi.org/10.21037/atm-20-7214).

Methods

Participants

One hundred and eleven AD patients and 29 MCI patients were recruited from the memory clinic of the Psychiatry Department, Zhejiang Provincial People’s Hospital. Additionally, 73 healthy controls (HC) were recruited from the Health Management Center. Written informed consent was obtained from all subjects before screening. The study was approved by the Ethics Committee of Zhejiang Provincial People’s Hospital (No. 2012KY002) and followed the requirements of the latest revision of the Declaration of Helsinki (as revised in 2013).

All study participants were right-handed and had undergone complete resting-state fMRI scanning and cognitive assessment according to the Mini-Mental State Examination (MMSE) and Montreal Cognitive Assessment (MoCA). None of the subjects had taken any anti-dementia medication previously. Patients with electron implants or various metals in their body, claustrophobia, significant psychiatric and neurological disorders, a history of drug or alcohol abuse, or other severe systemic diseases were excluded.

The AD patients met the diagnostic criteria of the National Institute of Neurologic and Communicative Disorders and Stroke and Alzheimer’s Disease. The MCI patients all met the Petersen’s criteria (25) as follows: a subjective or objective memory complaint; a slight decline in the ability to carry out activities of daily living; and mild abnormal cognitive function, rather than dementia. HC without any psychiatric or neurological disorders or cognitive complaints, and with MMSE scores ≥28, were recruited.

Acquisition of MRI data

MRI data were obtained using a General Electric 3.0 Tesla MR scanner (Discovery MR750 3.0T; GE Healthcare, Waukesha, WI, USA). High-resolution three-dimensional T1-weighted structural images were obtained using a sagittal magnetization-prepared rapid gradient echo (MPRAGE) sequence. The scanning parameters were as follows: repetition time (TR) =6.7 ms, echo time (TE) =2.9 ms, flip angle =12°, FOV =256×256 mm², inversion time (TI) =450 ms, slice thickness/gap =1/0 mm, matrix =256×256, and slice number =192. The rs-fMRI data were obtained using the following echo-planar imaging (EPI) sequence: TR =2,000 ms, TE =30 ms, FOV =220×220 mm², flip angle =90°, slice thickness/gap =3.2/0 mm, and slice number =44. During rs-fMRI, the subjects were instructed to close their eyes and to remain motionless and awake, and to refrain from thinking about a specific thing during the scanning sessions.

Data processing

The fMRI data were processed using the Data Processing and Analysis for Brain Imaging (DPABI) (DPABI V4.2, http://www.rfmri.org/dpabi) and Statistical Parametric Mapping (SPM12, http://www.fil.ion.ucl.ac.uk/spm/), and the custom code was written in MATLAB. The standard preprocessing steps included: elimination of the first 10 images; slice-timing correction and head motion correction; spatial normalization to the Montreal Neurological Institute (MNI) space; and re-sampling to 3×3×3 mm³ using a Gaussian kernel with a full-width at half-maximum of 6 mm for spatial smoothing, bandpass filtering (0.01–0.08 Hz), discarding of linear and quadratic trends, regression of covariates including the six head motion parameters, white matter, and cerebrospinal fluid signals. If head movement surpassed 2 mm and 2°, the data were excluded.

Estimation of dALFF and dfALFF

The temporal dynamic analysis toolbox of DPABI was used to analyze dALFF and dfALFF (17). Temporal dynamic patterns were analyzed with sliding window correlation (SWC). Previous studies have reported that the outcome of SWC is influenced by the selection of window length (26,27). To minimize spurious fluctuations, the target frequency interval should be 0–1/w Hz and the minimum window length should be above 1/fₘₐₓ (28). The fₘₐₓ is interpreted as the minimum frequency of the time series. Thus, a sliding window length of 50 TR (100 s) and a window step size of 5TR (10 s) were selected for the follow-up analysis and ALFF
were individually calculated in each window (29). For the computation of ALFF, a fast Fourier transform (FFT) was used to convert each time course to the frequency domain. The square root of the power spectrum at each frequency was averaged across the filtered band (0.01–0.08 Hz). Then, fALFF was calculated by obtaining the ratio of the power spectrum of the low frequency to that of the entire frequency range. Next, window-based ALFF and fALFF maps were made from each time window. Based on the ALFF and fALFF maps, the mean and standard deviation were calculated for each voxel, and the standard deviation was divided by the mean to obtain the corresponding coefficient of variation (CV). The CV was used as the dALFF/dfALFF for more accurate temporal variability of absolute energy consumption in low-frequency regional brain activity between different individuals (24).

**Statistical analyses**

The chi-squared test was used to analyze sex differences. Other demographic characteristics and clinical behavior scores were analyzed using analysis of variance (ANOVA). P values of <0.05 were defined as supporting a strong trend towards statistical significance. All whole-brain dALFF and dfALFF data were analyzed by ANOVA to show the difference between the AD, MCI, and HC groups. Then, the abnormal brain regions between the groups were calculated using post-hoc analysis based on a two-sample t-test. Age, sex, and head motion were entered as nuisance covariates. The threshold for significance was set at P<0.05. After alphaSim corrections, the combined height threshold was P<0.005, with a cluster size of >25. Finally, the individual voxel threshold and cluster size were calculated using the Monte Carlo simulation to take consideration of individual differences.

**Clinical correlation analyses**

SPSS software (version 25.0; IBM, Chicago, IL, USA) was used to carry out clinical correlation analyses in order to explore correlations between the metrics measured and disease severity in patients with cognitive decline. The peak voxels of the abnormal regions were taken as the centers of the spheres, and spherical regions of interest (ROIs) with a radius of 6 mm were constructed. After the normality of the data had been assessed, Pearson’s correlation coefficients were calculated to obtain a better understanding of the relationship between ROIs (abnormal regions with the indices) and behavioral scores (MMSE and MoCA). A P value <0.05 (uncorrected) was considered to be statistically significant.

**Results**

**Demographic and neuropsychological results**

Analysis of the participants’ demographic data revealed no significant differences between the AD, MCI, and HC groups in terms of sex ($\chi^2$-test, $P=0.27$), age (Mann-Whitney H-test, $P=0.284$), or education level (Mann-Whitney H-test, $P=0.723$) (Table 1). However, the MMSE (Mann Whitney H-test, $P<0.001$) and MoCA (Mann Whitney H-test, $P<0.001$) scores of the three groups showed significant differences.

**dALFF and dfALFF variability**

The results of ANOVA revealed that participants in the AD, MCI, and HC groups exhibited significant dALFF variability in the bilateral cerebellar posterior lobe and left middle temporal gyrus (Table 2, Figure 1). Compared to the HC, the bilateral cerebellar posterior lobe and the
Table 2: Regions showing dALFF in the AD group compared with the MCI and HC groups

| Brain regions                        | Voxels | BA | MNI coordinates | F/T value |
|--------------------------------------|--------|----|-----------------|-----------|
|                                      |        |    | x               | y         | z         |           |
| **ANOVA**                            |        |    |                 |           |           |           |
| Cerebelum_7b_R                       | 36     | –  | 30              | -72       | -57       | 9.6240    |
| Cerebelum_7b_L                       | 25     | –  | -48             | -51       | -51       | 8.8949    |
| Cerebelum_Crus2_L                    | 47     | –  | -33             | -78       | -48       | 8.4639    |
| Cerebelum_7b_R                       | 53     | –  | 39              | -51       | -45       | 10.1980   |
| Temporal_Mid_L                       | 34     | 39 | -42             | -54       | 15        | 7.3367    |
| **AD vs. HC**                        |        |    |                 |           |           |           |
| Inferior Semi-Lunar Lobule           | 31     | –  | 45              | -75       | -51       | 3.8458    |
| Cerebellum Posterior Lobe            | 50     | –  | 39              | -48       | -39       | 3.8964    |
| Superior Temporal Gyrus              | 32     | 39 | -42             | -54       | 15        | 3.5330    |

dALFF, dynamic amplitude of low-frequency fluctuation; AD, Alzheimer’s disease; MCI, amnestic mild cognitive impairment; HC, healthy controls; MNI, Montreal Neurological Institute; BA, Brodmann area. R, right; L, left; Mid, middle.

Figure 1: Maps showing differences in dALFF in the AD, MCI, and HC groups. Differences between the groups were calculated using ANOVA with the threshold set at voxel P<0.05 and cluster P<0.005, and the cluster extent threshold set at k>25, with AlphaSim correction. dALFF, dynamic amplitude of low-frequency fluctuation; AD, Alzheimer’s disease; MCI, mild cognitive impairment; HC, healthy controls; ANOVA, analysis of variance.

left middle temporal gyrus were the main brain regions that exhibited high dALFF variability in the AD group (Figure 2). No significant differences were found in the dALFF between the MCI group and the HC group, and the same result was observed between the MCI group and the AD group.

As shown in Table 3, the brain regions with significant dALFF variability in the three groups were the left
calcarine cortex and white matter (Figure 3). Compared to the MCI group, the AD group showed decreased dfALFF in the left calcarine cortex (Figure 4). No significant differences in dfALFF were found between the MCI group and the HC group, or between the AD group and the HC group.

**Correlation analysis results**

No significant correlation was found between dALFF/dfALFF and clinical behavior scores.

**Discussion**

This study has pioneered the use of dALFF and dfALFF for the assessment of temporal variability of brain activity in AD and MCI patients. Compared to HC, patients with AD had increased dALFF variability in the cerebellar posterior lobe and the middle temporal lobe. Compared to the MCI patients, decreased dfALFF was observed in the left calcarine cortex and white matter (Figure 3). Compared to the MCI group, the AD group showed decreased dfALFF in the left calcarine cortex (Figure 4). No significant differences in dfALFF were found between the MCI group and the HC group, or between the AD group and the HC group.
Maps showing difference in dfALFF in the AD, MCI and HC groups. Differences between the groups were calculated using ANOVA with the threshold set at voxel $P<0.05$ and cluster $P<0.005$, and the cluster extent threshold at $k>25$, with AlphaSim correction. dfALFF, dynamic fraction amplitude of low-frequency fluctuation; AD, Alzheimer's disease; MCI, mild cognitive impairment; HC, healthy controls; ANOVA, analysis of variance.

Maps showing differences in dfALFF between the AD and MCI groups. Differences between groups were calculated using post-hoc analysis based on a two-sample $T$-test with the threshold set at voxel $P<0.05$ and cluster $P<0.005$, and the cluster extent threshold at $k>25$, with AlphaSim correction. dfALFF, dynamic fraction amplitude of low-frequency fluctuation; AD, Alzheimer's Disease; MCI, mild cognitive impairment.

calcarine cortex of the AD patients. These results suggested that abnormal activity in specific brain regions could lead to the disruption of normal cognitive balance networks.

Previous rs-fMRI studies have suggested that the DMN is closely involved in episodic memory processing and regulation of emotion in patients with cognitive decline (30,31). A reduced ALFF/fALFF value in the medial prefrontal cortex (MPFC) (a part of the DMN) indicating cognitive decline (14), the posterior cingulate cortex (PCC) and MPFC exhibit less activity during cognitive tasks than the resting state (32), which means reduced activity in DMN is related to AD progression. However, a study by Wang et al. (33) suggested that MCI patients are characterized by enhanced lateral prefrontal regional homogeneity (ReHo) signaling. Qi et al. (34) reported that MCI patients also showed increased frontal-parietal activity. The above research indicated that decreased activity in some parts of the DMN may cause increased activity in others to compensate for the imbalance of cognitive activity (35). This study revealed the neuroimaging mechanism of AD, including the changes in the DMN and cerebrocerebellar circuits.

For a long time, the cerebellum was thought to engage only in motor and coordinated control; however, it also plays a critical role in the regulation of cognition and
emotion. The cognitive cerebellum, which is located in lobules VI and VII in the cerebellar posterior lobe (36), has been found to connect to the critical nodes in the DMN; these include the cerebral cortex association areas, such as MPFC, temporo-parietal junction (TPJ), and hippocampal cortices (37,38). These brain region connections make up the cerebro-cerebellar circuits. Bai et al. found significantly lower FC exist cerebrocerebellar circuits, which is closely related to the decline of episodic memory (39). AD symptoms are associated with significant and anatomically-distinct atrophy in the cerebellum (40), and damage to the cerebellar posterior lobe can result in the clinical cerebellar cognitive affective syndrome (CCAS) (41). Also, a significant reduction of cerebral blood flow and deposits of amyloid plaque have been found in the cerebellum of AD patients (42,43). All types of hypofunction caused by AD are closely related to the cerebellar posterior lobe. Studies have confirmed that language processing and reading tasks activate the right cerebellar posterior lobe (44,45), whereas in spatial processing tasks, the left posterior cerebellum is activated more (46,47). Working memory paradigms activate the bilateral cerebellar posterior regions, particularly in lobules VI and VII (48-50). Complex executive function tasks engage cerebellar lobules VI, Crus I, and VIIB (51,52), and cerebellar activation has also been observed during emotional processing (53,54). Therefore, when cognitive decline, the cerebellum closely related to cognitive function also changes, and showed an increase in dALFF in dynamic indicators.

As part of the DMN, the temporal lobe processes auditory information and is also associated with memory and emotion. The middle temporal gyrus is responsible for language and semantic memory processes (55) and usually is attacked by nerve tangles in patients with early-stage AD (56). Firbank et al. (57) also reported increased apparent diffusion coefficient (ADC) in the left temporal lobe of AD patients, which may indicate damage to microstructures. It can be inferred that pathological damage can lead to the destruction of local microstructures and abnormal compensatory activity. The AD patients in our study showed increased dALFF variability in the cerebellar posterior lobe and the middle temporal gyrus, which suggested that aberrant fluctuations of local brain activity occurred in these regions. These abnormal variabilities may reduce the capacity of the cerebellum to participate in the cerebrocerebellar circuits and DMN in the regulation of cognition and emotion in AD. No significant differences were found between the brain regions of the MCI and HC patients. Abnormally increased cerebellar activities could be recognized as dementia-specific processes.

The calcarine cortex is a component of the visual cortices. In one study, calcium cortex activity was reported to be strongly related to spatial working memory response time (58). Another study found that AD patients showed lower connectivity between the medial prefrontal cortex and the visual cortices (59). Abnormal dfALFF values of the left calcarine cortex were also found between the AD, MCI, and HC groups in our study. Functional connectivity deficits and abnormal dfALFF of the visual cortex may result in a decline in cognitive task processing and lead to memory impairment. Compared to that in MCI patients, the dfALFF value of the left calcarine cortex was observed to be decreased in AD patients. This could be a self-adaptive or decompensation mechanism, more research is needed to explain the mechanism.

Previous rs-fMRI studies have acquiesced that brain activity and the connectivity of networks remain stationary over the whole fMRI scan length. In our study, by using the ALFF and fALFF methods combined with sliding window correlation, we showed that the activity of brain areas, which including the cerebellar posterior lobe, temporal gyrus and the calcarine cortex, have changed throughout the scan in AD patients. A few studies deemed that the temporal variability of brain activity was regarded as the stability of time-varying brain connectivity within a customized time window. Increased temporal variability represented a compensatory mechanism, temporarily maintaining the balance of brain function (21). However, not all compensatory activities are meaningful. Increased temporal variability may also indicate the temporal abnorality and instability in the resting state (60), causing a decline in the ability of the associated brain regions to participate in the normal cognitive loop. As the brain adapts, the compensation decreases later.

**Limitations**

This study has several limitations. First, although we recruited three groups of dementia patients, this study inevitably remains cross-sectional. A longitudinal study on dALFF and dfALFF changes in patients with later stages of the disease should be carried out in the future. Recruiting patients with subjective memory complaints, unimpaired cognition, and following up. Second, only the total cognitive level was estimated, and a subanalysis of the cognitive assessment scale scores was not performed. The influence of the defect may cause the subtests to be
dropped in the summation of the aggregate score. For future studies, we will assess the cognitive function of patients using more neurocognitive scales. Third, the parametric analysis of dALFF/dfALFF variance was only conducted in the window length of 50 TRs and step size of 5 TRs; therefore, research is needed to identify more potential parameter permutations that could help us to determine the detailed pathophysiological mechanisms of dALFF/dfALFF in AD and MCI patients. Fourth, we only used single technique to investigate this problem. In fact, there are many other noninvasive methods can help us better understand AD and MCI. For example, the combination of rs-fMRI and DTI can comprehensively analyze the functional and structural changes of gray matter and white matter in each brain area. Yan et al. (61) used a machine learning classification method based on a multimodal support vector machine (SVM) to integrate the data information of rs-fMRI and DTI. Finally, they achieved an accuracy of 98.58% in the AD group, 97.76% in the amnestic MCI group, and 80.24% in the subjective cognitive decline (SCD) group. In other studies, rs-fMRI and PET(62), sMRI (63) are combined for research. Based on these neuroimaging modalities have complementary information, multi-modality imaging can be more comprehensive for MCI and AD patients, and its accuracy of disease diagnosis will be improved compared with a single pattern (64). In the foreseeable future, With the rapid development of artificial intelligence (AI), using multi-modality imaging will be a new research trend.

Conclusions

In summary, the enhancive temporal variability of dALFF in the cerebellar and temporal lobes existed in AD patients. These increased dALFF variability suggested that the temporal abnormality and instability in the resting state, which lead to the destruction of related cognitive circuits involving the DMN and the cerebellar circuits. Declined dfALFF variability in AD patients was an indicator of the decompensation of visual cortex function in the later stage of cognitive decline. Our method could be potential neural biomarkers of AD, which could predict the temporal variability of brain activity in AD. By describing dynamic changes of intrinsic brain activity, we offer a novel way of clarifying the pathophysiological mechanism of AD. However, validation with more studies and multimodal data will be necessary to certainly establish a link between the severity of AD and activity within the brain.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was approved by the Ethics Committee of Zhejiang Provincial People’s Hospital (No. 2012KY002) and followed the requirements of the latest revision of the Declaration of Helsinki (as revised in 2013). Informed consent was obtained from all subjects.

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