Exome Sequencing in Paediatric Patients with Movement Disorders with Treatment Possibilities

Anna Ka-Yee Kwong  
HKU: University of Hong Kong

Mandy Ho-Yin Tsang  
University of Hong Kong

Jasmine Lee-Fong Fung  
University of Hong Kong

Christopher Chun-Yu Mak  
University of Hong Kong

Kate Lok-San Chan  
University of Hong Kong

Richard J.T. Rodenburg  
Radboud Centre for Mitochondrial Medicine

Monkol Lek  
Yale School of Medicine: Yale University School of Medicine

ShuShu Huang  
Yale School of Medicine: Yale University School of Medicine

Sander Pajusalu  
Yale School of Medicine: Yale University School of Medicine

Man-Mut Yau  
Tseung Kwan O Hospital

Cheung Tsoi  
Centro Hospitalar Conde de São Januário: Centro Hospitalar Conde de Sao Januario

Sharon Fung  
Kwong Wah Hospital

Kam-Tim Liu  
Pamela Youde Nethersole Eastern Hospital

Che-Kwan Ma  
United Christian Hospital

Sheila Wong  
Hong Kong Children's Hospital

Eric Kin-Cheong Yau  
Princess Margaret Hospital

ShuK-Mui Tai  
Pamela Youde Nethersole Eastern Hospital

Eva Lai-Wah Fung  
Prince of Wales Hospital

Nick Shun-Ping Wu  
Queen Elizabeth Hospital

Li-Yan Tsung  
Pamela Youde Nethersole Eastern Hospital

Jan Smietink  
Radboud Centre for Mitochondrial Medicine

Brian Hon-Yin Chung (✉ bhychung@hku.hk)  
University of Hong Kong  https://orcid.org/0000-0002-7044-5916

Cheuk-Wing Fung  
Hong Kong Children's Hospital

Research

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Abstract

Background: Movement disorders are a group of heterogeneous neurological diseases including hyperkinetic disorders with unwanted excess movements and hypokinetic disorders with reduction in the degree of movements. The objective of our study is to investigate the genetic etiology of a cohort of paediatric patients with movement disorders by whole exome sequencing and to review the potential treatment implications after a genetic diagnosis.

Results: We studied a cohort of 31 patients who have paediatric-onset movement disorders with unrevealing etiologies. Whole exome sequencing was performed and rare variants were interrogated for pathogenicity. Genetic diagnoses have been confirmed in 10 patients with disease-causing variants in CTNNB1, SPAST, ATP1A3, PURA, SLC2A1, KMT2B, ACTB, GNAO1 and SPG11. 80% (8/10) of patients with genetic diagnosis have potential targeted treatment implications and treatments have been offered to them. One patient with KMT2B dystonia showed clinical improvement with decrease in dystonia after receiving globus pallidus interna deep brain stimulation.

Conclusion: A diagnostic yield of 32% (10/31) was reported in our cohort and this allows a better prediction of prognosis and contributes to a more effective clinical management using targeted therapies. The study highlights the potential of implementing precision medicine in the patients.

Background

Paediatric movement disorders (MDs) are a group of complex and heterogeneous neurological diseases including both hyperkinetic(1) and hypokinetic disorders(2). They are presented with overlapping phenotypes and with a wide spectrum of genetic mutations causing defects in various pathophysiological pathways(3–5).

Diagnosis of childhood MDs is not straightforward. Phenotypic diagnosis only has limitations as many symptoms may have more than one underlying etiology and any particular pathophysiology can result in a complex combination of symptoms(6). Genetic diagnosis allows a comprehensive understanding of the underlying pathophysiology and provides specific treatment options(7–12).

Conventionally, genetic testing is done by sequential single gene Sanger sequencing. This is an ineffective method in diagnosing diseases like MDs due to its genetic heterogeneity. With the advent of next-generation sequencing (NGS), diagnosing strategies has changed to gene-panel based NGS or whole exome sequencing (WES). Neveling et al. performed a retrospective study comparing the diagnostic yield by Sanger sequencing and NGS in five different cohorts. For patients with movement disorders, the diagnostic yield is increase from 5% by Sanger sequencing only to 20% by WES with target gene panel analysis. This shows that NGS is a more superior diagnostic tool when compare to conventional Sanger sequencing(13).

The effectiveness by gene-panel based NGS study has been shown in subsequent studies. Van Egmond et al performed a study in 61 dystonia patients with a panel of 94 genes, reaching a diagnostic yield of 14.8%(14). Reale et al, Montaut et al and Graziola et al conducted three separated studies using panels with 65, 127 and 102 genes, giving a diagnostic yield of 11.3%, 22%, and 28%(15–17). Although these three studies started in the same year (2015), the number of genes included in the analysis differs. The diagnostic yield increased if the number of genes analyses increased. Another study by Cordeiro et al.’s performed the study used targeted direct sequencing, targeted panel of dystonia, of epilepsy, and of cellular energetic NGS or WES. The diagnostic yield was 51%. Although they did not mention the number of genes included in each panel, from the result, the diagnoses were made majority in epilepsy panel or WES. Six diagnoses (CAMTA1, CTNNB1, KCNA2, SLC13A5, SLC9A6, mitochondrial ND3) would be missed as these genes were not included in other movement studies. This demonstrated WES is superior to targeted sequencing which is limited by the pre-selected gene panels that have to be frequently updated owing to discovery of new disease-associated genes(18).

In the present study, we performed WES in a cohort of 31 patients with paediatric-onset MDs to review the genetic causes and potential treatment implications. We aim to highlight the importance of genetic diagnosis in guiding a more effective clinical management of these disorders.

Results

Cohort description

Clinical features of patients are summarized in Fig. 1, Table 1 and Supplementary table 3. A total of 31 MDs patients were included in this study, in which 21 were males (68%) and ten were females (32%). Twenty-seven patients are Chinese (87%), while three patients (Patient 21, 22 and 30) are Pakistani and one patient (Patient 2) is African Chinese. Age of onset ranged from birth to 13 years of age. Five patients (16%) have pure spasticity or spastic paraplegia (SPG), four patients (13%) have pure dystonia, one patient (3%) have pure cerebellar ataxia, one patient (3%) have paroxysmal dyskinesia and 20 patients (65%) have a combination of more than one MDs. Dysmorphic features including microcephaly, and congenital anomalies including left atrophy kidney, duodenal atresia, pulmonary stenosis were seen in twelve patients (39%), and they are more common in patients with dystonia (9/18, 50%) when compared with other MDs patients (3/13, 23%). Abnormality in the Magnetic Resonance Imaging (MRI) of the brain were identified in fourteen patients (45%) (Table 1).

Diagnostic yield and genetic variants found

Singleton exome was performed in 19 subjects and trio exome was performed in 10 families. Patient 17 was initially recruited for WES, unfortunately his DNA was insufficient to proceed and he passed away suddenly. Sanger sequencing of the exons and splice junctions of the GNAO1 gene was performed for this patient due to a strong clinical suspicion for GNAO1 defect.

Genetic diagnoses were made in 10 patients (32%), among eight were by virtual gene panels analysis and two by open-exome analysis. Disease-causing variants were found in two patients with SPG (2/5, 40%) in SPAST and SPG11, six patients with have a combination of more than one MDs (6/20, 30%) in GNAO1, SLC2A1, KMT2B, SPG11, ATP1A3 and ACTB. The diagnosis made in two patients with pure dystonia (2/4, 50%) were by open exome analysis, one
with PURA and one with CTNNB1 and COL1A1 representing one man two diseases. Four patients have variants of uncertain significance (VUS) associated with the phenotypes (Table 1, Fig. 1).

Among the 14 patients with abnormalities in neuroimaging, 4 (29%) had genetic causes identified. Neuroimaging for patients with SPG11 variants showed periventricular white matter changes and thinning of corpus callosum indicating that these features are typical and specific for SPG11 deficiency (Fig. 2).

**Clinical follow up for genotype-directed treatment**

Among the 10 genetically diagnosed patients, 8 patients (80%) have potential genotype-targeted treatment implications (Table 2). Patient 29 with KMT2B mutation received globus pallidus interna deep brain stimulation (GPI-DBS) with mild improvement in dystonia a few months after the surgery and more definitive effectiveness will be evaluated in the future. Patient 17 with GNAO1 mutation prescribed tetrabenazine and has been useful in controlling the significant dyskinesia before he passed away suddenly. Patient 30 with SPG11 did not show any response to L-dopa. For patient 19 with SPG11 and patient 31 ACTB mutation, Dopa and GPI-DBS was just started and planned, monitoring is required for treatment response. For patient 12 with CTNNB1 and COL1A1 mutation, Dopa was just started, and he has been referred to the endocrinologist for further management. Patient 20 and 27 decline the treatment offers.

**Discussion**

Our study includes paediatric-onset movement disorders with unrevealing etiologies after comprehensive investigations. Previous studies have investigated the genetic landscapes in cohorts with both adult and paediatric patients, or paediatric only by targeted NGS and/or WES (13–17, 19). Diagnostic rates were relatively higher in cohorts with only paediatric patients and with the use of WES. Comparing with studies using targeted NGS approach with a diagnostic rate range from 11–28%, our study and Cordeiro et al. (19) with WES has a higher diagnostic rate of 32% and 51% respectively. Further looking into the diagnoses, two (2/10, 20%) and six (6/26, 23%) in our cohort and Cordeiro et al.'s cohort can be made by WES only. This shows WES is an effective approach in making diagnoses in MDs patients (Table 3).

**Better prediction of clinical courses**

Genetic diagnoses allow the prediction of the subsequent clinical course. There is no definite difference in the clinical phenotype between the molecular positive and negative cases. Patient 14 and 17 have been initially diagnosed as cerebral palsy which is a static condition with non-progressive damage to the brain. Their neurological signs could have been overlooked if the clinical follow up was not over a prolonged period of time in terms of years. Patient 14 gradually developed progressive functional deterioration since 3 years of age from walking independently to requiring aids over 5 years with prominent spasticity over both lower limbs but minimally at the upper limbs. The neuroimaging was misleading due to the presence of periventricular leukomalacia which could be mistaken as perinatal insult. Patient 17 had an initially static course with mild generalized dystonia which evolved into recurrent status dystonicus and sudden death at 15 years old. Identification of the genetic etiologies in these patients directed more accurate predictions of the clinical course and prognosis including progressive lower limb spasticity for SPAST mutations and progressive MDs for GNAO1 encephalopathy with potential treatment implication according to previous case studies (20–24).

**Potential genotype-targeted treatment implications**

Treatments targeting specific genetic etiologies are significantly beneficial to patients’ prognosis. In our exome-positive cases, 80% (8/10) have potential targeted treatment implications.

Five patients (with variants in SPG11, CTNNB1, GNAO1, ATP1A3 and SLC2A1) might be managed by conventional medical and / or surgical treatments. Previous studies in patients with spastic paraplegia 11 (SPG11) demonstrated neurotransmitter abnormalities in dopamine and tetrahydrobiopterin pathways (8). In that study, all patients responded partially to L-dopa/carbidopa and sapropterin treatment and they suggested a trial of L-dopa/carbidopa and sapropterin treatment for extrapyramidal signs and symptoms of SPG11 even with normal neurotransmitter levels (8). However, Patient 30 with SPG11 did not show any response to L-dopa despite the presence of secondary neurotransmitter deficiency in homovanillic acid. For CTNNB1 mutation, a recent case study reported a significant response to L-dopa treatment in a dystonic patient with a normal CSF neurotransmitter profile (12). This response was possibly related to synaptic dopamine increase as a previous study suggested the role of beta-catenin in dopamine neurons development (25). Treatment will be started for Patient 12. For GNAO1 encephalopathy, tetrabenazine was demonstrated to be the most effective drug for the management of involuntary movements (9). This drug was useful in controlling the significant dyskinesia of Patient 17 before he passed away suddenly. For ATP1A3-associated disorders, apart from the effective symptomatic treatment by calcium channel blockers, a recent study showed that adenosine-5'-triphosphate (ATP) supplementation in an alternating hemiplegia of childhood (AHC) patient had marked improvement in AHC episodes and psychomotor development (26). Treatment was declined by Patient 20 with paroxysmal worsening of his parkinsonism features. In addition to medical management, ketogenic diet (KD) was proved to be a very effective therapy as first line treatment for GLUT1 deficiency syndrome, which is associated with SLC2A1 mutation, and should be started in early disease stage (27, 28). It is a high-fat diet that produces ketone bodies serving as an alternative energy source for brain metabolism and bypassing the GLUT defect (28, 29). It was reported that KD could help in development and restore mental decline (29). Unfortunately, KD was declined by Patient 27 due to anticipated poor compliance to the diet.

Three out of 10 patients (with GNAO1, ACTB and KMT2B variants) could be considered for surgical interventions when medical therapies for dystonia fail. Patients with KMT2B-dystonia in previous studies showed good responses clinically after undergoing GPI-DBS especially for paediatric and adolescent patients (10, 30). Patient 29 with KMT2B mutation received GPI-DBS with mild improvement in dystonia a few months after the surgery and more definitive effectiveness will be further evaluated in the future. GPI-DBS was also demonstrated to have beneficial effect in ACTB-associated dystonia-deafness syndrome. In previous studies, four patients with the same mutation (p.Arg183Trp) showed substantial clinical improvement after GPI-DBS (31–33). For GNAO1 encephalopathy, although tetrabenazine was demonstrated to be the most effective drug, emergency GPI-DBS was shown to be helpful for those
patients with hyperkinetic exacerbations (9). Furthermore, dissection of phenotype-genotype correlation suggested that different GNAO1 mutations affect the G protein function for the signaling loop in distinct ways that implicated different treatment options (11). This suggested possible application of precision medicine for different GNAO1 variants identified in the patients.

Most of the previous studies in MDs patient cohorts had not investigated the therapeutic potentials based on the genetic diagnosis. Only the study of Cordeiro et al. (19) suggested that 38% of their patients with genetic diagnoses had treatment implications (Table 3). With the growth of new treatment strategies emerging in recent years, genetic testing becomes even more crucial to direct genotype-targeted therapies in MDs.

**Conclusions**

Given the diagnostic yield of 32% in our patient cohort and significant clinical implications in molecular diagnosed cases, WES should be used as the first-tier molecular investigation in paediatric-onset MDs with unrevealing, comprehensive neurometabolic workup especially aiming for potentially treatable inborn metabolic diseases. This study demonstrated that identification of genetic etiologies of MDs allows a more accurate prediction of clinical course and guides the use of genotype-targeted therapies for better clinical outcomes. As such, there is an increasing potential to develop precision medicine for treatment of MDs.

**Methods**

**Patient cohort**

The study was conducted in Queen Mary Hospital and Duchess of Kent Children's Hospital, two affiliated hospitals of The University of Hong Kong (HKU). We recruited a cohort of 31 patients from 30 families (Patient 6 and 7 are siblings) over 4 years (2016–2019) followed up longitudinally in a specialized and tertiary neurometabolic / movement disorder clinic. The inclusion criterion was the diagnosis of a paediatric-onset (≤18 years of age) MD or combination of MDs including chorea, athetosis, dystonia, tremor, myoclonus, parkinsonism, cerebellar ataxia and spasticity as the main clinical sign(s) with unrevealing etiologies after extensive investigations. Such investigations included neurometabolic workup such as blood for lactate, gas, ammonia, amino acid, acylcarnitine profile, cholesterol, creatine, guanidinoacetate, lipid profile, vacuolated lymphocytes, lysosomal enzymes, biotinidase, copper, caeruloplasmin, very long chain fatty acids, pristanic and phytanic acids, vitamin E, total homocysteine, manganese, urate, iron profile; and urine for amino acid, organic acid, creatine, guanidinoacetate, purine and pyrimidines, oligosaccharides and glycosaminoglycans. Cerebrospinal fluid (CSF) for routine microscopy, glucose, protein, amino acids, lactate and neurotransmitter profiling were performed in 23 patients (74%). The reasons for not performing lumbar puncture include decline by the families or the results of WES were already available. The exclusion criterion was disorders with acquired or other secondary causes such as cerebral palsy (CP) with a clear history of brain insult, malformation of cortical development, or brain tumors.

**Genetic analyses**

Genomic DNA were extracted from peripheral blood using Flexigene DNA Kit (Qiagen GmbH, Germany). Quality of genomic DNA was evaluated by agarose gel analysis and quantity was measured by Qubit® dsDNA assay (Thermo Fisher Scientific, Waltham, MA).

WES was performed in Genome Diagnostics Nijmegen and our local setting (HKU). WES and the data analysis in Genome Diagnostic Nijmegen were performed as described previously (13). In our local setting, WES was performed as described in our previous study (34). Exome libraries preparation and quality control were performed according to the manufacturer instructions. The libraries were sequenced by Illumina HiSeq 1500 or NextSeq 500 sequencing platform with a targeted sequencing coverage of 100x. Data processing has been done by our in-house developed bioinformatics pipeline. Briefly, filtered raw reads were mapped to the reference human genome (GRCh37/hg19) by Burrow-Wheeler Aligner (BWA) 0.7.10. Genome Analysis Toolkit (GATK) best practices v3.4-46 was used for variant calling by HaplotypeCaller and the variants were annotated by Annotate Variation (ANNOVAR). First-tier variant analysis was based on a virtual gene panel consist of 272 movement disorder-related genes (supplementary table 1), 244 mitochondrial disease-related genes (supplementary table 2) and genes in MitoCarta 2.0 encoding protein with strong support of mitochondrial localization (http://www.broadinstitute.org/pubs/MitoCarta). Even though patients with clinical suspicion of a mitochondrial disorders were excluded, the analysis also included mitochondrial-related genes as the phenotypic presentation for both movement and mitochondrial disorders are highly overlapping. If pathogenic variant(s) could not be identified in these genes, open-exome analysis will be performed. Some of the data was jointly analyzed by collaborators at Yale University. Raw WES data from HKU was transferred. Reads were aligned to hg19 reference genome using bwa-mem and processed according to the GATK best practice guidelines. Copy-number variants (CNV) were called using gcnv (part of GATK4). The variants were annotated using Variant Effect Predictor through Hail and then uploaded to seqr (https://seqr.broadinstitute.org/) for analysis. Rare variants were assessed for pathogenicity based on the American College of Medical Genetics (ACMG) guideline (35). Potential disease-causing variants and segregation analysis were performed by Sanger sequencing.

**Abbreviations**

MDs
Movement Disorders
NGS
Next-Generation Sequencing
WES
Whole Exome Sequencing
SPG
Spastic Paraplegia
MRI

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Magnetic Resonance Imaging
VUS
Variants of Uncertain Significance
GPI-DBS
Globus Pallidus interna Deep Brain Stimulation
ATP
adenosine-5'-triphosphate
AHC
alternating hemiplegia of childhood
KD
ketogenic diet

Declarations

Ethics approval and consent to participate

This study has been approved by the Institutional Review Board of the Hong Kong West Cluster and the University of Hong Kong (IRB Ref. No.: UW 11-190 and UW 12-221). Written informed consent was obtained from the patients and/or parents.

Consent for publication

Consent was obtained from all patients for publication.

Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Competing interests

Anna Ka-Yee KWONG, Mandy Ho-Yin TSANG, Jasmine Lee-Fung FUNG, Christopher Chun-Yu Mak, Kate Lok-San Chan, Richard J.T. RODENBURG, Monkol LEK, Shushu HUANG, Sander PAJUSALU, Man-Mut YAU, Cheung TSOI, Sharon FUNG, Kam-Tim LIU, Che-Kwan MA, Sheila Wong, Eric Kin-Cheong YAU, Shuk-Mui TAI, Eva Lai-Wah FUNG, Nick Shun-Ping WU, Li-Yan TSUNG, Brian Hon-Yin CHUNG, Cheuk-Wing FUNG report no conflict of interest.

Jan SMEITINK is the CEO of Khondrion, a pharmaceutical company developing compounds to potentially treat mitochondrial disease.

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Authors' contributions

AKYK and MHYT contributed equally to the manuscript. AKYK and MHYT involved in data acquisition, data analysis, drafting the manuscript. JLFF analyzed the data and revised the manuscript. CCYM, KLSC and JS revised the manuscript. RJTR, ML, SH, SP analyzed the data. MMY, CT, SF, KTL, CKM, EKCY, SMT, ELWF, NSPW and LYT involved in patient recruitment and management. SW involved in patient recruitment, management and revised the manuscript. BHYC and CWF designed and conceptualized study, involved in patient recruitment and management, critically reviewed the manuscript with suggestions for improvement. All of the authors reviewed and approved the final manuscript.

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**Tables**
| Patient | Sex | Ethnicity | Movement disorders | Location | Clinical course | Onset | Dysmorphic features | Congenital anomalies | Other clinical features | Brain MRI features |
|---------|-----|-----------|--------------------|----------|----------------|------|--------------------|---------------------|----------------------|---------------------|
| 12      | M   | Chinese   | Dystonia           | Generalized | Non-progressive | Infancy | +                   | -                   | Mild ID, blue sclera, easy fracture | Normal |
| 14      | M   | Chinese   | Spastic paraplegia with both upper limbs involvement | Generalized | Progressive | Infancy | -                   | -                   | -                   | Periventricular white matter change |
| 17      | M   | Chinese   | Dystonia, Choreoathetosis with status dystonicus | Generalized | Progressive | Infancy | -                   | -                   | Mild to moderate ID, Rhabdomyolysis | Normal |
| 19      | M   | Chinese   | Spastic paraplegia | Lower limbs | Progressive | Early childhood | -                   | -                   | Attention deficit hyperactivity disorder | Periventricular white matter changes with corpus callosum thinning |
| 20      | M   | Chinese   | Rigidity with parkinsonism features, Spasticity, Paroxysmal worsening of parkinsonism | Generalized | Non-progressive | Birth | -                   | Pulmonary stenosis | Obstructive Sleep Apnoea Syndrome, Severe ID, laryngomalacia | Progressive cerebellar atrophy |
| 23      | M   | Chinese   | Dystonia           | Generalized | Non-progressive | Infancy | +                   | -                   | Severe ID, Epilepsy | Normal |
| 27      | M   | Chinese   | Cerebellar ataxia, spasticity | Generalized | Non-progressive | Infancy | -                   | -                   | Reactive hypoglycaemia, Mild ID | Normal |
| 29      | M   | Chinese   | Dystonia, Spasticity | Generalized | Progressive | 6y | -                   | Left atrophic kidney | Fatty liver, Recurrent patellar dislocation, prominent capillaries | Normal |
| 30      | F   | Pakistani | Cerebellar ataxia, spasticity, rigidity | Generalized | Progressive | 13y | -                   | -                   | Neuromuscular weakness | Periventricular white matter changes with corpus callosum thinning |
| 31      | M   | Chinese   | Dystonia, spasticity | Generalized | Progressive | Infancy | -                   | -                   | Bilateral hearing impairment, autism spectrum disorder, learning problem (formal IQ not available) | Normal |

### Cases with variants of unknown significance (VUS) found

| 1       | M   | Chinese | Cerebellar ataxia | Generalized | Non-progressive | 6y | -                   | -                   | Limited intelligence with dementia, bipolar affective disorder | Stable cerebellar atrophy |

MRI = Magnetic Resonance Imaging; ACMG = American College of Medical Genetics; VUS = variant of unknown significance; y = years; ID = intellectual disability

# The family declined lumbar puncture.
| Patient | Sex | Ethnicity | Movement disorders                  | Gene with variants found | Genotype-targeted treatment implication in literature | Treatment offered and clinical outcome/ follow up |
|---------|-----|-----------|-------------------------------------|--------------------------|------------------------------------------------------|--------------------------------------------------|
| 6       | M   | Chinese   | Dystonia, Spasticity                | CTNNB1 and COL1A1        | (1) CTNNB1: L-dopa treatment (12)                     | Dopa treatment was offered but has not started yet. Genetic finding explained the phenotypes of blue sclera and bone fractures in that patient who has been referred to the endocrinologist for further management. |
| 7       | F   | Chinese   | Dystonia, Spasticity                | GNAO1                    | Tetrabenazine, GPI-DBS (9)                           | Tetrabenazine was used with improvement before the patient passed away with sudden death. |
| 8       | F   | Chinese   | Cerebellar ataxia, Spasticity       | ATP1A3                   | Calcium channel blockers, ATP supplementation (26)   | The treatment has been offered but declined by the patient. |
| 9       | F   | Chinese   | Rigiditiy with parkinsonism features, Spasticity, Paroxysmal worsening of parkinsonism | KMT2B                    | GPI-DBS (10, 30)                                     | The patient has received GPI-DBS with mild improvement in dystonia a few months after the surgery and more definitive effectiveness will be evaluated in the future. |
| 10      | F   | Chinese   | Cerebellar ataxia, Spasticity       | COL1A1                   | L-dopa and sapropterin treatment (8)                 | The patient has been checked to have low HVA in CSF and received Dopa replacement therapy without any clinical response. |
| 11      | F   | Chinese   | Dystonia, Spasticity                | SLC2A1                   | Ketogenic diets (27, 28)                             | The diet has been offered but the patient refused due to anticipated poor compliance. |
| 12      | F   | Chinese   | Cerebellar ataxia, Spasticity       | ACTB                     | GPI-DBS (31–33)                                      | Plan has been made for the patient to be evaluated for GPI-DBS |

MRI = Magnetic Resonance Imaging; ACMG = American College of Medical Genetics; VUS = variant of unknown significance; y = years; ID = intellectual disability

# The family declined lumbar puncture.
| Country of patient recruitment | Neveling et al., 2013 (13) | Van Egmond et al., 2017 (14) | Reale et al., 2018 (17) | Montaut et al., 2018 (16) | Cordeiro et al., 2018 (19) | Graziola et al., 2019 (15) | The present study |
|-------------------------------|---------------------------|-----------------------------|------------------------|--------------------------|----------------------------|----------------------|------------------|
| The Netherlands               | The Netherlands           | Italy                       | France, Luxembourg and Algeria | Canada                   | Italy                      | Hong Kong SAR, China |
| No. of patients with MDs      | 50                        | 61 (all with dystonia)      | 221                    | 378                      | 51                         | 148                  | 31               |
| Onset age                     | Adult and paediatric     | Adult and paediatric        | Adult and paediatric   | Paediatric               | Paediatric                 | Paediatric           | Paediatric       |
| No. of young-onset MDs        | Not specified             | 44                          | Not specified          | Not specified            | 51                         | 148                  | 31               |
| Sequencing methods            | Whole exome sequencing and target data analysis | Next generation sequencing and gene panel analysis | Targeted next generation sequencing | Targeted direct, targeted next generation or whole exome sequencing | Targeted next generation sequencing | Whole exome sequencing with both targeted and exome wide analysis. One variant was identified by Sanger sequencing. |
| No. of genes in panel         | 151                       | 94                          | 65                     | 127                      | -                          | 102                  | -                |
| Diagnostic yield              | 20% (10/50)               | 14.8% (9/61)                | 11.31% (25/221)        | 22% (83/378)             | 51% (26/51)                | 28% (42/148)         | 32% (10/31)      |
| Treatment implications        | -                         | -                           | -                      | -                        | 38% of patients with a genetic diagnosis | -                  | 80% of patients with genetic diagnosis |