Review Article

Relationship between High Temperature and Formation of Chalkiness and Their Effects on Quality of Rice

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Occurrence of chalkiness in rice is attributed to genetic and environmental factors, especially high temperature (HT). The HT induces heat stress, which in turn compromises many grain qualities, especially transparency. Chalkiness in rice is commonly studied together with other quality traits such as amylose content, gel consistency, and protein storage. In addition to the fundamental QTLs, some other QTLs have been identified which accelerate chalkiness occurrence under HT condition. In this review, some of the relatively stable chalkiness, amylose content, and gel consistency related QTLs have been presented well. Genetically, HT effect on chalkiness is explained by the location of certain chalkiness gene in the vicinity of high-temperature-responsive genes. With regard to stable QTL distribution and availability of potential material resources, there is still feasibility to find out novel stable QTLs related to chalkiness under HT condition. A better understanding of those achievements is essential to develop new rice varieties with a reduced chalky grain percentage. Therefore, we propose the pyramiding of relatively stable and nonallelic QTLs controlling low chalkiness endosperm into adaptable rice varieties as pragmatic approach to mitigate HT effect.

1. Introduction

Rice (Oryza sativa L.) is an important cereal crop worldwide. It is the staple food for more than half of the world's population [1]. Development of quality rice varieties has been the principle objective throughout the history of plant breeding. A priority issue in many rice-producing areas of the world along with improvements in the standard of living, the demand for superior grain quality is increasing day by day [2–4]. Rice grain quality is a complex characteristic including many components such as appearance, cooking qualities, and eating qualities. Among these properties, consumers often pay most attention to the appearance [5, 6]. Several genetic and environmental factors were shown to influence rice grain appearance, which is usually evaluated as percentage of grains with chalkiness (PGWC) [7].

Chalkiness is reported to occur not only under the complex genetic network regulation [8] but also under the effects of environmental factors, especially heat stress [9, 10]. Generally, different rice cultivars show different PGWC [11]. Studies showed the rice grain quality traits to be polygenic, while many quantitative trait loci (QTLs) associated with grain quality have been identified in rice [12–14]. Although several QTLs of rice grain appearance quality were detected, it is still difficult to fully use these QTLs in rice gene pyramiding breeding. Furthermore, the genetic basis of appearance quality traits is explained by many QTLs with various effects in different environments [15]. In addition, their phenotypic
2. Rice Grain Quality

HT affects both grain yield and quality in rice. Rice quality is an important character that influences its consumption rate, thus enhancing its production. Therefore, the improvement of grain quality becomes a second major concern in rice breeding program after yield. In rice, HT has been reported to reduce grain seed size and yield [29] while also affecting endosperm quality [30]. Rice consumers recognize that different areas produce differing qualities of the rice grain [31–37]. Grain quality is a complex character that is determined by milling recovery, appearance, cooking, eating, and nutritional qualities [38]. Genetic and environmental factors have been reported to influence physical-biochemical properties of grain endosperm [38] as illustrated in this review (Figure 1(a)). Among the grain quality traits, endosperm appearance (chalkiness) remained a principal factor that determines market value of the rice grain. These quality traits are interrelated in that any change in appearance is likely to affect the milling and cooking properties.

3. Chalkiness in Rice

Chalkiness is an undesirable trait that negatively affects milling, cooking, eating, and grain appearance and represents a major problem in many rice-producing areas of the world [10, 39–41]. Rice consumers and producers express lack of interest in rice varieties with high degree of chalky grain. For example, chalkiness was reported to have negative influence on farmers’ preference for rice varieties cultivated in Ghana [42]. The percentage of chalkiness in rice grain is an index that determines the appearance quality. Chalky grains were found to contain a lower density of starch granules as compared to vitreous ones [43]. So, for improving the milling and cooking quality, rice endosperm should be free from chalkiness. Different types of chalkiness such as white core, white back, and white belly were reported to be present in the endosperm of rice grain [38].

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**Figure 1**: Principal environmental causal factors and the mechanism pathways of the chalkiness formation in rice. Up arrows designate upregulation of the starch synthase genes and down arrows designate downregulation of synthase starch genes. Yellow box constituted the causal factor of the chalkiness formation, the purple boxes are the major physiological processes involved in endosperm formation, the light blue represents the regulatory pathways resulting in chalkiness formation, and red box is chalkiness formation. Source: Chen et al. [25].

Expression is generally affected by pleiotropic effects of genes for nontarget traits [16].

Frequently heat stress occurs concurrently with salinity and drought stresses, which disturb cellular homeostasis and hamper plant growth and developmental process [17–20]. Heat stress was identified as a major inducible factor of chalkiness formation in rice. Expression of heat shock proteins (HSPs) was mentioned as basic metabolic defense in response to heat stress in the plants and other organisms [21, 22] However, ectopic expression of a single heat stress tolerance gene could not completely resolve harmful stress effects on the plant due to the complexity of this trait [21]. Scientists are still concerned about this problem; therefore, they reiterated that efforts are needed to overcome heat stress effect [23, 24]. In this review, the mechanism/pathways of heat stress to cause chalkiness formation in grain are presented. Moreover, genetic approach towards offering a solution for reducing stress effect is also illustrated in Perspectives: Pyramiding of Nonallelic Stable QTLs Controlling Low Chalkiness Formation under HT Condition in Rice.
3.1. Genetic Factors Responsible for Chalkiness Formation in Rice. Chalkiness is an endosperm related quality trait and its inheritance was reported to be controlled by triploid endosperm genotype, diploid maternal genotype, and any additional cytoplasm factors [44–46]. Currently, more than 84 QTLs were reported to be associated with different types of chalkiness in rice [11, 12, 38, 47–49]. Wan et al. [11] detected 22 QTLs for appearance quality traits in recombinant inbred lines and chromosome segment substitution lines. Zheng et al. [50] found a total of 10 genomic regions with one major QTL on chromosome 7 which had large effects on rice grain shape and milling quality traits. The same has been observed consistently in several related rice populations. Hao et al. [3] identified 10 QTLs responsible for rice grain quality and eight QTLs responsible for physicochemical traits with one major QTL on chromosome 8 responsible for the percentage of chalky rice grains in a population of chromosome segment substitution lines. For example, Chalk5 was found as a major QTL encoding a vacuolar H+ -translocating pyrophosphatase which determines chalkiness formation in rice [51]. OsP-PDKB and starch synthase IIIa (SSIIIa) genes were found to have pleiotropic effects on white-core endosperm [52–54] indicating the relevance of these genes on endosperm formation in rice. The gene OsPPDKB controls the carbon flow into starch and lipid biosynthesis during grain filling [52], while the gene SSIIIa interferes with amylopectin chain elongation [53]. Soluble starch synthase (SSS), starch branching enzyme (SBE), and starch debranching enzyme (DBE) also coordinate their actions for starch biosynthesis (Figure 1(b)). All these genes may interact to produce endosperm; thus disturbance in one function among them could cause metabolic dysfunction and chalkiness formation in plant. However, most of these genetic factors genes/QTLs were not detected under heat stress condition. It is quite obvious to only attribute endosperm appearance to the genetic factors, since rice varieties exhibit different endosperm quality under normal rice growing condition. Zheng et al. [55] used transparent endosperm variety Koshihikari (popular indica rice variety cultivated in Japan) and opaque endosperm variety Kasalath (indica variety possessing poor eating and cooking quality) to detect a percentage of grains with chalkiness QTL (PGWC) in rice. Tan et al. [7] detected white-belly chalkiness related QTL in recombinant inbred lines (RILs) population derived from rice varieties Zhenshan 97 and Minghui 63. Bian et al. [14] identified 2 QTLs on rice chromosome one, which were related to percentage of grains with chalkiness by using introgression lines (ILs) population derived from rice varieties Sasanishiki and Habataki. Some of relatively stable QTLs controlling endosperm quality (chalkiness or opacity) in rice are listed in Table 1. At the same time, we have presented some QTLs related to amylase content and gel consistency, which are other grain characteristics often evaluated concomitantly with chalkiness (Tables 2 and 3).

3.2. High Temperature Induces Heat Stress That Affects Grain Quality in Rice. The global surface temperature is estimated to have increased between 1.8°C and 4°C over the 21st century [56]. Therefore, during the 40th session of the IPCC held in Paris, global warming is expected to be limited to 2°C by 2015 [57]. The gradual increase of the global temperature is thought to induce heat stress and generate reactive oxygen species in the plant [58]. This oxidative stress causes changes in plant metabolism and further compromises the yield and grain quality. Heat stress is a metabolic dysfunction imposed by higher temperature to the plant organism via biochemical, molecular, and physiological means, which affects cellular and whole-plant developmental process, which results in low crop yield and quality production.

It has been documented that warmer weather during ripening reduces heading rice percentage, deteriorating grain appearance, and worsens palatability due to chalkiness in rice grains [47, 59, 60]. Tashiro and Wardlaw [61] observed that temperatures higher than 26°C could easily cause chalky appearance and a reduction in grain weight. Okada et al. [62] have established the model for the multiple effects of temperature and radiation during the rice ripening period. They reported that an increase in temperature has a negative effect on rice grain quality, whereas an increase in radiation has a positive effect. In addition, these authors indicated that at temperature less than 21°C, most rice quality showed a high percentage of first-grade rice across the range of radiation, but at each temperature higher than 21°C, the decline of rice quality at lower radiation levels becomes increasingly pronounced. In conclusion, Okada et al. [62] stated that the sensitivity of rice quality to insufficient radiation increases as temperature increases. Tsukimori [63] reported that chalky grains increase sharply in number when the mean daily minimum temperature for 20 days after heading exceeds 23°C. Lanning et al. [9] have also confirmed the negative influence of night temperature on grain quality. Lyman et al. [64] reported that an increase of 1°C in average growing season temperature affects significantly the chalky and broken kernels rate in rice. High temperatures during grain filling process affect starch and protein storage, which result in a loosely packed starch granule deposition and thus increase chalky grains formation (Figure 1(b)). For example, Zakaria et al. [65] mentioned that higher temperature reduces the amount of large mature amyloplasts in the endosperm and increases the number of small immature ones. Yamakawa et al. [26] indicated that high temperature impairs grain filling by inhibiting the deposition of storage materials such as starch and protein in rice. This statement was supported by Gao et al. [66] who revealed that heat stress is responsible for the variation of amylase and protein contents in rice. So, it is understandable that heat stress reduces grain filling, which results in grain quality damage.

Morita and Nakano [67] have also reported that the occurrence of chalky grains under high temperatures is attributable mainly to the inhibition of starch accumulation. Moreover, these authors pointed out that the daily mean temperatures exceeding 26°C during the grain-filling period have caused chalkiness in the grains of japonica cultivars. Lur et al. [68] described that cumulative temperature above 26°C within 15 days after heading can be regarded as an index of the extent of chalky grains. Wakamatsu et al. [69, 70] not only revealed that the ratios of white-back (WB) and basal-white (BW) grains increased when the average temperature during ripening exceeds 27°C but also noted the great variation in
Table 1: Some major effect and relatively stable QTLs associated with chalkiness trait in rice.

| Type of chalkiness | QTLs          | Chr | Associated markers | Physical map position (Mb) | Parents                  | Population type | LOD  | Add effect | References              |
|--------------------|---------------|-----|--------------------|----------------------------|--------------------------|------------------|------|------------|-------------------------|
| Chalkiness         | qPGWC.NH-1.1  | 1   | RM7124             | 24.38                      | Sasanishiki/Habataki     | ILs              | 4.965| 0.22       | Bian et al. (2014)       |
| Chalkiness         | qPGWC.NH-1.2  | 1   | RM7600             | 39.16                      | Sasanishiki/Habataki     | ILs              | 4.546| 0.21       | Bian et al. (2014)       |
| Chalkiness         | qPGWC.NC-2    | 2   | RM5699             | 8.98                       | Sasanishiki/Habataki     | ILs              | 4.211| 0.17       | Bian et al. (2014)       |
| Chalkiness         | qPGWC.NC-11   | 11  | RM1341             | 20.80                      | Sasanishiki/Habataki     | ILs              | 4.119| 0.17       | Bian et al. (2014)       |
| Chalkiness         | qPGWC.NC-4    | 4   | RM7585             | 0.21                       | Sasanishiki/Habataki     | ILs              | 3.929| 0.17       | Bian et al. (2014)       |
| Chalkiness         | qPGWC.HN-9    | 9   | P414D03            | d                          | Sasanishiki/Habataki     | ILs              | 4.198| 0.12       | Bian et al. (2014)       |
| Chalkiness         | qPGWC-5       | 5   | M413–RM169         | d                          | "N22"/"Nanjing35"        | F₂                | 2.75 | −10.37     | B. Y. Lu et al. (2013)   |
| Chalkiness         | qPGWC-6       | 6   | R2869-R1952        | d                          | Kasalath/Koshihikari     | CSSL             | 8.13 | 14.77      | Zheng et al. (2012)      |
| Chalkiness         | qPGWC-2       | 2   | C1419-C560         | d                          | Kasalath/Koshihikari     | CSSL             | 2.68 | 12.91      | Zheng et al. (2012)      |
| Chalkiness         | qPGWC-3       | 3   | S879-S1513         | d                          | Kasalath/Koshihikari     | CSSL             | 3.01 | 8.14       | Zheng et al. (2012)      |
| Chalkiness         | qCR2          | 2   | RM145-RM3284       | 4.86–18.55                 | O. sativa/O. rufipogon   | ILs              | 6.7  | −14.6      | P. R. Yuan et al. (2010) |
| Chalkiness         | qPGWC-7       | 7   | RM234              | 17.50                      | PA64s/93I1               | CSSL             | 27.75| 22.63      | Zhou et al. (2009)       |
| Chalkiness         | qPCR-5-8      | 8   | SA656-RA2676       | d                          | Koshihikari/Nonabokra    | CSSL             | NA  | −1.96      | Hao et al. (2009)        |
| White-back         | qWB3          | 3   | RM4512             | 11.28                      | Hanaechizen/Niigatawase  | RILs             | 4.60 | 0.73       | Kobayashi et al. (2007)  |
| White-back         | qWB4          | 4   | RM3288             | 27.51                      | Hanaechizen/Niigatawase  | RILs             | 4.36 | 0.53       | Kobayashi et al. (2007)  |
| White-back         | qWB6          | 6   | RM3034             | 42.57                      | Hanaechizen/Niigatawase  | RILs             | 13.39| 1.14       | Kobayashi et al. (2007)  |
| White-back/basal-white | qAPG3-1    | 5   | C10987-RM6645     | 1.99–15.00                 | Koshihikari/Kasalath     | NA               | NA  | NA         | Ebitani et al. (2006)    |
| White-back/basal-white | qAPG5-2   | 5   | E10886-RM3476     | 20.13–23.82                 | Koshihikari/Kasalath     | NA               | NA  | NA         | Ebitani et al. (2006)    |
| Basal-white        | qBW2          | 2   | RM3294             | 5.20                       | Koshihikari/Kasalath     | NA               | 12.4 | 9.6        | Ebitani et al. (2005)    |
| Basal-white        | qBW12         | 12  | RM1208             | 1.07≤                      | Koshihikari/Kasalath     | NA               | 4.1  | 7.1        | Ebitani et al. (2005)    |
| Type of chalkiness | QTLs | Chr<sup>a</sup> | Associated markers | Physical map position (Mb) | Parents | Population type | LOD | Add effect | References |
|-------------------|------|----------------|-------------------|---------------------------|---------|----------------|-----|------------|------------|
| Chalkiness        | qPGWC-8 | 8 | G1149-R727 | 19.17–26.23<sup>c</sup> | Asominori/IR24 | CSSLs | 5.2–7.3 | 21.8–33.7 | Wan et al. (2005) |
| Chalkiness        | qPGWC-9 | 9 | XNpb36-XNpb103 | 1.81–10.8<sup>c</sup> | Asominori/IR24 | CSSLs | 3.0–5.0 | 16.8–33.8 | Wan et al. (2005) |
| White-core        | wcd2.1 | 12 | RZ397 | 5.76<sup>c</sup> | V20A/IRGC 103544 | BC<sub>F<sub>1</sub></sub> | 3.8 | 9.87 | Li et al. (2004) |
| White-core        | wca3.1 | 3 | RM148 | 35.78<sup>c</sup> | V20A/IRGC 103544 | BC<sub>F<sub>1</sub></sub> | 4.5 | 14.79 | Li et al. (2004) |
| Chalkiness        | qCH<sup>b</sup> | 1 | C161-R753 | 0.83<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 2.6 | 1.97 | Tan et al. (2000) |
| Chalkiness        | qCH5.1<sup>b</sup> | 5 | RG360-C734 | 7.78<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 29.3 | 30.91 | Tan et al. (2000) |
| Chalkiness        | qCH5.2<sup>b</sup> | 5 | RG528-C1447 | 27.86<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 5.8 | 13.74 | Tan et al. (2000) |
| Chalkiness        | qCH6<sup>b</sup> | 6 | R1952-C226 | 2.90<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 2.5 | 8.24 | Tan et al. (2000) |
| Chalkiness        | qCH10<sup>b</sup> | 10 | R2625-C223 | 21.78<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 35.2 | 72.9 | Tan et al. (2000) |
| White-belly       | qWB5<sup>b</sup> | 5 | RG360-C734 | 10.65<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 2.7 | 24.5 | Tan et al. (2000) |
| White-belly       | qWB7<sup>b</sup> | 7 | R1245-R1789 | 25.86<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 4.5 | 12.2 | Tan et al. (2000) |
| White-core        | qWC5<sup>b</sup> | 5 | RG360-C734 | 14.26<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 4.0 | 9.8 | Tan et al. (2000) |
| White-core        | qWC6<sup>b</sup> | 6 | Wx-R1952 | 1.77<sup>c</sup> | Zhenshan 97/Minghui 63 | F<sub>2:3</sub> | 2.6 | 4.75 | Tan et al. (2000) |
| Chalkiness        | qDECa<sup>a</sup> | 4 | id4007289-id4008855 | 22.01–25.15 | Lemont/Teqing | RILs | NA | 2.8 | X. Zhao et al. (2015) |
| Chalkiness        | qPGWC<sup>a</sup> | 4 | id4007289-id4008855 | 22.01–25.15 | Lemont/Teqing | RILs | NA | 9.2 | X. Zhao et al. (2015) |
| Chalkiness        | qPGWC<sup>a</sup> | 4 | id4007289-id4008855 | 22.01–25.15 | Lemont/Teqing | RILs | NA | 11.1 | X. Zhao et al. (2015) |
| Chalkiness        | qGL7.1<sup>f</sup> | 7 | S07_22019132 | 3.51E-05 | Using GWAS | 272 rice varieties | NA | -1.04 | X. Qiu et al. (2015) |
| Chalkiness        | qGW11.1<sup>f</sup> | 11 | D1L7124485 | 8.76E-05 | Using GWAS | 272 rice varieties | NA | 0.12 | X. Qiu et al. (2015) |
| Chalkiness        | qTG2.1<sup>f</sup> | 2 | S02_30688426 | 8.86E-05 | Using GWAS | 272 rice varieties | NA | 1.78 | X. Qiu et al. (2015) |
| Chalkiness        | qBRR2.2<sup>f</sup> | 2 | D02_25652984 | 1.96E-05 | Using GWAS | 272 rice varieties | NA | -4.75 | X. Qiu et al. (2015) |
| Chalkiness        | qDECL<sup>f</sup> | 1 | S0L5811836 | 8.66E-05 | Using GWAS | 272 rice varieties | NA | 11.18 | X. Qiu et al. (2015) |
| Chalkiness        | PGC10<sup>b</sup> | 10 | 68923-PGC | NA | Zhenshan 97A/Minghui 63 | RILs | NA | NA | X. Liu et al. (2015) |
| Type of chalkiness          | QTLs     | Chr<sup>x</sup> | Associated markers | Physical map position (Mb) | Parents                      | Population type | LOD  | Add effect | References                  |
|---------------------------|----------|-----------------|--------------------|---------------------------|-----------------------------|-----------------|------|------------|----------------------------|
| Chalkiness                | qPGC8-2<sup>®</sup> | 8               | Bin 393            | 4.6–26.1                  | Nipponbare/Zhenshan 97A     | CSSL            | NA   | 0.045      | W. Sun et al. (2015)        |
| White-belly rate          | qWBR1<sup>®</sup> | 1               | RM490-RM600        | 9.4                       | Zhenshan 97A/Nanyangzhan    | RILs            | 3.3  | 12.61      | B. Peng et al. (2014)       |
| White-belly rate          | qWBR8<sup>®</sup> | 8               | RM264-RM477        | 28.1                      | Zhenshan 97A/Nanyangzhan    | RILs            | 3.0  | 11.05      | B. Peng et al. (2014)       |
| White-belly rate          | qWBR12<sup>®</sup> | 12              | RM101-RM519        | 20                        | Zhenshan 97A/Nanyangzhan    | RILs            | 3.6  | 14.55      | B. Peng et al. (2014)       |
| Chalkiness rate           | qCR5<sup>®</sup> | 5               | MRG5972-RM480      | 27.2                      | Zhenshan 97A/DL208          | RILs            | 3.2  | 10.5       | B. Peng et al. (2014)       |
| White-core rate           | qWCR7<sup>®</sup> | 7               | RM445-RM418        | 18.1                      | Zhenshan 97A/DL208          | RILs            | 2.7  | −6.78      | B. Peng et al. (2014)       |

<sup>x</sup> indicates chromosome in abbreviation; <sup>b</sup> indicates QTLs named tentatively by Yamakawa et al. (2008) in their report; <sup>c</sup> indicates physical map position calculated by Yamakawa et al. (2008) in their report; <sup>d</sup> indicates insufficiency of information to calculate physical map position for the related loci in this report; <sup>s</sup> indicates relatively stable QTLs detected throughout different growing conditions. NA: data is not available.
| QTLs          | Chr | Associated markers | Parents                      | Population type | LOD  | Add effect | References        |
|--------------|-----|--------------------|------------------------------|-----------------|------|------------|-------------------|
| qHAC4(HT)    | 4   | M134–M15.9          | 93II/Nipponbare              | CSSLs           | 4.93 | NA         | Zhang et al. (2014) |
| qHAC8a(HT)   | 8   | M0.7–M1             | 93II/Nipponbare              | CSSLs           | 6.19 | NA         | Zhang et al. (2014) |
| qHAC8b(HT)   | 8   | M8.7–M21.2          | 93II/Nipponbare              | CSSLs           | 5.59 | NA         | Zhang et al. (2014) |
| qHAC10(HT)   | 10  | M198–M20.5          | 93II/Nipponbare              | CSSLs           | 5.20 | NA         | Zhang et al. (2014) |
| qDC-8        | 8   | RM5911–SA1656       | Koshihikari/Nonabokra        | CSSLs           | NA   | −0.05      | Hao et al. (2009)   |
| ac6.1        | 6   | RM314–RM3           | Swarna/IRGC81848             | BC₁F₂           | 2.60 | 0.86       | Swamy et al. (2012) |
| qPCRG-6(qDC-6)| 6  | RA1952–RA2349       | Koshihikari/Nonabokra        | CSSLs           | NA   | 5.19       | Hao et al. (2009)   |
| qDC-4        | 4   | R1854–RA0288        | Koshihikari/Nonabokra        | CSSLs           | NA   | −0.02      | Hao et al. (2009)   |
| qAC-8        | 8   | GI49–R727           | Asominori and IR25           | CSSLs           | 3.70 | 1.00       | X. Y. Wan et al. (2004) |
| qAC-9a       | 9   | XNpb36–XNpb103      | Asominori and IR26           | CSSLs           | 2.50 | 1.40       | X. Y. Wan et al. (2004) |
| qAC-9b       | 9   | C609–C506           | Asominori and IR27           | CSSLs           | 3.00 | 0.80       | X. Y. Wan et al. (2004) |
| qAC-12       | 12  | XNpb189–2–XNpb24-2  | Asominori and IR28           | CSSLs           | 2.30 | 0.80       | X. Y. Wan (2004)    |
| amy8         | 8   | RM230–RM264         | Caiapo/IRGC 103544           | DHs             | 3.10 | −1.85      | G. Aluko (2004)     |
| amy6         | 6   | RM190–RM253         | Caiapo/IRGC 103544           | DHs             | 19.30| −2.60      | G. Aluko (2004)     |
| amy3         | 3   | RM7–RM251           | Caiapo/IRGC 103544           | DHs             | 3.70 | −2.73      | G. Aluko (2004)     |
| qAC-6        | 6   | R2869–R1962         | Nipponbare/Kasalath          | BILs            | 35.60| −5.28      | Li et al. (2003)    |
| qAC-6        | 6   | R2869–R1962         | Nipponbare/Kasalath          | BILs            | 4.30 | −4.40      | Li et al. (2003)    |
| qAC-3        | 3   | R1927–R3226         | Nipponbare/Kasalath          | BILs            | 2.50 | 0.71       | Li et al. (2003)    |
| qAC-4        | 4   | C1100–RI783         | Nipponbare/Kasalath          | BILs            | 3.20 | −0.90      | Li et al. (2003)    |
| qAC-5        | 5   | C624–C1228          | Nipponbare/Kasalath          | BILs            | 2.80 | −0.92      | Li et al. (2003)    |
| qAC-f        | 6   | RM170               | IR64/IRGC103548              | BC₁F₂           | 14.63| −0.88      | E. M. Septiningsih et al. (2003) |
| qAAC-f       | 7   | RG375/RG477         | IR64/Azucena                 | DHs             | 2.61 | 0.76       | J. S. Bao et al. (2002) |
| qWx          | 6   | R565(F2:3); C952–C496(RILs) | Zhenshan 97/Minghui 63     | F2;3; RILs     | 69.00| NA         | Y. F. Tan et al. (1999) |
| qAC-5        | 5   | RG373–C624          | ZYQ8/JX17                    | DHs             | 2.67 | −3.32      | P. He et al. (1999) |
| Wx           | 6   | Wx                  | ZYQ8/JX17                    | DHs             | 28.39| −8.52      | P. He et al. (1999) |

x indicates chromosome in abbreviation; f indicates amylose content QTL named tentatively in this report; g indicates the associated markers reported based on type of population used; z indicates associated markers tentatively named in this report based on the physical map position of the related QTLs. NA: data is not available; HT: QTL detected for amylose content in response to high temperature.
Table 3: Certain QTLs associated with gel consistency trait detected in rice.

| QTLs  | Chr | Associated markers | Parents | Population type | LOD | Add effect | References          |
|-------|-----|--------------------|---------|-----------------|-----|------------|---------------------|
| gc1.1 | 1   | RM499–RM428        | Swarna/IRGC81848 | BC$_2$F$_2$ | 3.90 | 5.67       | Swamy et al. (2012) |
| gc1.2 | 1   | RM580–RM581        | Swarna/IRGC81848 | BC$_2$F$_2$ | 3.20 | 6.45       | Swamy et al. (2012) |
| gc11.1| 11  | RM209–RM212        | Swarna/IRGC81848 | BC$_2$F$_2$ | 2.90 | 4.25       | Swamy et al. (2012) |
| qGC-1 | 1   | CI22–R886          | Nipponbare/Kasalath | BILs | 3.00 | 5.34       | Li et al. (2003)    |
| qGC-2a| 2   | RM582–G227         | Nipponbare/Kasalath | BILs | 4.00 | 6.11       | Li et al. (2003)    |
| qGC-6a| 6   | L688–G200          | Nipponbare/Kasalath | BILs | 4.60 | –7.65      | Li et al. (2003)    |
| qGC-6b| 6   | C556–R2071         | Nipponbare/Kasalath | BILs | 2.50 | –4.99      | Li et al. (2003)    |
| qGC-6f| 6   | RM50               | IR64/IRGC105491 | BC$_2$F$_2$ | 4.02 | 3.57       | Septiningsih et al. (2003) |
| qGC-7 | 7   | RG331/RG810        | IR64/Azucena     | DHL | 2.71 | –3.70      | Bao et al. (2002)   |
| qGC-7 | 7   | RG477/PGMSO.7      | IR64/Azucena     | DHL | 3.54 | –4.65      | Bao et al. (2002)   |
| qGC-7 | 7   | C952–G1496(RILs)   | Zhenshan 97/Minghui 63 | F$_3$; RILs | 57.00 | NA         | Tan et al. (1999)   |
| qGC-2 | 2   | RG171–G243A        | ZYQ8/IX17        | DHL | 4.14 | 17.60      | He et al. (1999)    |
| qGC-7 | 7   | TCT121–R769        | ZYQ8/IX17        | DHL | 3.26 | 17.00      | He et al. (1999)    |

x indicates chromosome in abbreviation; f indicates gel consistency QTL named tentatively in this report; g indicates the associated markers reported based on type of population used. NA: data is not available.
Figure 2: Heat stress affects HS responsive and starch-metabolizing genes. HS: heat shock. Arrows in bold indicate the mechanism pathways described by Yamakawa et al. [26, 27]. Dashed arrows are unclear regulation pathways or genetic interaction, which may be responsible for the chalkiness formation. Sample arrows represent HS effects transduction that leads to expression of HS protein genes expression [28]. ROS: reactive oxygen species.

chalky grains ratio among *japonica* rice cultivars under high-temperature conditions. Tsubone et al. [71] and Wakamatsu et al. [69, 70] indicated that the ratio of WB and BW grains increases if average air temperature during ripening exceeds 27°C. Wakamatsu et al. [72] reported that shading treatment mitigated the occurrence of WB in rice. Wada et al. [73] have detected some chalkiness related QTLs when air temperature exceeds 27°C (Table 4).

Afterwards, Liu et al. [74] indicated that heat stress affects the principal biological functions of grain endosperm formation such as carbohydrate synthesis, proteins formation/degradation, redox homeostasis, and cell defense (Figure 1(b)).

Yamakawa et al. [26, 27] have conducted a transcriptome analysis and elucidated the molecular mechanism responsible for grain chalkiness and high-temperature-responsive genes. They observed that expression of genes controlling synthesis of starch and storage proteins was decreased by high temperature, while the expression of the genes related to starch decomposition and heat stress response were increased (Figure 2). To elucidate, Yamakawa et al. [27] have compared the chromosomal location of certain high-temperature-responsive genes to that of grain chalkiness QTLs. These authors found that some high-temperature-responsive genes are located in the vicinity of QTLs determining grain chalkiness. Thus, Yamakawa et al. [27] have localized several starch/carbohydrate-metabolizing enzyme genes on chromosome 8, especially *AGPS2* (*ADP-glucose pyrophosphorylase 2*) between RM3181 and RM3689, which covered inner region of HT-sensitive QTLs controlling chalkiness (white-back) in rice. Taken together, it appears that endosperm formation is a result of interaction between environment and genetic factors. For that reason, Lyman et al. [64] described HT as an important factor that determines the quantity and market value of milled rice. Heat stress regulates starch synthase enzymes activities in the plant. The effect of drought and temperature on expression of starch biosynthesis-related genes, such as *GBSS*, *SBE*s, and *BEIIb*, and amylases can directly or indirectly influence chalkiness formation in rice as mentioned by Chen et al. [25]. It can be preceded by reduction in activity of *GBSS*, *SBE*s, and *BEIIb*, while that of amylases increases [26, 75–78]. Heat stress was found to decrease prolamin content in rice due to the reduction in expression of its encoded genes, *Pro1* and *Pro2* [26, 38, 79]. It is clear that HT is one of the principal factors that induce chalkiness.

But, in order to mitigate effects of heat stress, plants need to restore metabolic damage by deploying appropriate metabolic pathways against oxidative stress. In this case, plants activate stress-responsive genes and generate antioxidant metabolites or heat shock protein (*HSP*) to reduce the harmful effects of heat [28, 80]. The *HSPs* were grouped into five families based on their molecular weights, *HSP100s*, *HSP90s*, *HSP70s*, *HSP60s*, and *sHSPs*, which have different...
TABLE 4: Certain white-back chalkiness related QTLs detected under heat stress condition in rice.

| QTLs | Chr | Associated markers | Physical map position (Mb) | Parents | Heat treatment condition | Population type | LOD | Add effect | References |
|------|-----|--------------------|---------------------------|---------|-------------------------|-----------------|-----|------------|------------|
| qWB1 | 1   | RM7075             | 15.10                     | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 4.02| -3.82      | Takuya et al. (2015) |
| qWB8 | 8   | RM72               | 18.75                     | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 4.34| -1.44      | Takuya et al. (2015) |
| qBW2 | 2   | RM5470             | 27.17                     | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 2.93| -1.17      | Takuya et al. (2015) |
| qBW6 | 6   | RM20429            | 25.04                     | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 2.78| 1.40       | Takuya et al. (2015) |
| qBW12| 12  | RM1986             | 21.28                     | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 3.35| 1.60       | Takuya et al. (2015) |
| qWB3 | 3   | RM4853             | 1.37                      | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 8.90| -8.39      | Takuya et al. (2015) |
| qWB8 | 8   | RM3689             | 19.33                     | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 2.21| -4.45      | Takuya et al. (2015) |
| qBW3 | 3   | RM4853             | 1.37                      | Tsukushiroman/Chikushi | >27°C (irrigated with hot water, 35°C) | RILs            | 4.59| -1.41      | Takuya et al. (2015) |
| qWB3 | 3   | RM4383             | 14.72                     | Niigatawase/Hanaechizen | >27°C | RILs            | 5.18| -3.11      | Kobayashi et al. (2007, 2013) |
| qWB4 | 4   | RM3288             | 27.51                     | Niigatawase/Hanaechizen | >27°C | RILs            | 4.30| -2.42      | Kobayashi et al. (2007, 2013) |
| qWB6 | 6   | RM8125             | 3.16                      | Niigatawase/Hanaechizen | >27°C | RILs            | 18.11| -5.40     | Kobayashi et al. (2007, 2013) |
| qWB9 | 9   | RM2482             | 22.27                     | Niigatawase/Hanaechizen | >27°C | RILs            | 7.63| 4.35       | Kobayashi et al. (2007, 2013) |
Table 4: Continued.

| QTLs       | Chr<sup>x</sup> | Associated markers | Physical map position (Mb) | Parents<sup>d</sup>                  | Heat treatment condition               | Population type | LOD | Add effect | References                  |
|------------|-----------------|--------------------|-----------------------------|--------------------------------------|---------------------------------------|----------------|-----|------------|-----------------------------|
| qGH6<sup>b</sup> | 6               | RM3034             | 4.25                        | Niigatawase/Hanaechizen              | >27°C                                  | RILs           | 7.80 | 0.19       | Kobayashi et al. (2007, 2013) |
| qWK1-1     | 1               | RM8068             | 1.65                        | Chiyonishiki/Koshijiwase             | 25–27°C night/30–32°C daylight         | RILs           | 3.4  | 8.9        | Tabata et al. (2007)         |
| qWK1-2     | 1               | RM5501             | 34.54                       | Chiyonishiki/Koshijiwase             | 25–27°C night/30–32°C daylight         | RILs           | 5.6  | 15.0       | Tabata et al. (2007)         |
| qWK2       | 2               | RM5916             | 34.08                       | Chiyonishiki/Koshijiwase             | 25–27°C night/30–32°C daylight         | RILs           | 3.8  | 9.3        | Tabata et al. (2007)         |
| qWK8       | 8               | RM2680             | 0.14                        | Chiyonishiki/Koshijiwase             | 25–27°C night/30–32°C daylight         | RILs           | 3.6  | 9.2        | Tabata et al. (2007)         |
| qWBHT1<sup>b</sup> | 1      | S13781             | 35.11<sup>c</sup>          | Kokoromachi/Tohoku 168               | NA                                     | NA             | 4.3  | 4.6        | Shirasawa et al. (2006)      |
| qWBHT2<sup>b</sup> | 6      | WxCT              | 1.77<sup>c</sup>           | Tohoku 168/Kokoromachi               | NA                                     | NA             | 8.6  | 5.6        | Shirasawa et al. (2006)      |

<sup>x</sup> indicates chromosome in abbreviation; <sup>b</sup> indicates QTLs named tentatively by Yamakawa et al. (2008) in their report; <sup>c</sup> indicates physical map position calculated by Yamakawa et al. (2008) in their report; <sup>d</sup> indicates parent with decreasing chalky grain percentage allele. NA: data is not available.
degrees of performance across rice varieties [81]. Due to variant allelic interaction between living organisms, plants are different in terms of response to abiotic and biotic stress. While heat stress acts in complex manner, which affects simultaneously different metabolic pathways in plants, they need multiple responsive factors to restore damage caused by stress. Therefore, manipulation of multiple genes to overcome stress effect could be more reliable. Breeding efforts should then be directed to enhance metabolic defenses in plants in order to prevent damage caused by heat stress which eventually hampers the quality of rice produced.

3.3. QTLs Associated with Chalkiness under HT Condition.

In previous studies, some chalkiness induced QTLs were screened out under high temperature condition in rice. These QTLs accelerate formation of chalkiness under HT condition. In this case, Kobayashi et al. [47] detected QTLs for white-back chalkiness on rice chromosomes 3, 4, and 6 by using recombinant inbred lines (RILs) derived from a cross between two strains of rice, heat stress-tolerant strain (Koshijiwase) and heat stress-sensitive strain (Chiyonishiki). In addition, Tabata et al. [60] identified QTLs for white-back chalkiness on chromosomes 1, 2, and 8 in RILs population derived from a cross between heat stress-tolerant variety (Hanaechizen) and heat stress-sensitive variety (Niigatwase). Wada et al. [73] have identified 6 QTLs for white-back grains and basal-white grains on chromosomes 1, 2, 3, 8, and 12 under heat stress condition between two strains of rice: heat-tolerant variety (Chikushi 52) and stress-sensitive variety (Tsukushiroman). The QTL allele qWB8 from Chikushi 52 variety was indicated to be important for improving grain quality under heat stress conditions [73]. Some stable HT induced chalkiness related QTLs are also mentioned in this review (Table 4). Moreover, various thermostolerant QTLs that were not directly related to chalkiness have been also identified in rice [30, 82–84]. For example, 4 QTLs that maintained proper rice amylase content at high temperature were detected from Indica rice variety 9311 (Table 2). Moreover, these QTLs were supposed to be essential for breeding heat-stable grain in rice [84]. These QTLs could constitute a potential genetic resource to improve this trait in rice.

3.4. Thermotolerant QTLs Unrelated to Chalkiness. A rice spotted leaf gene Spl7 which encoded a transcription factor protein was mapped in Japanese rice cultivar Norin 8 as a heat stress-tolerant gene [85]. Heat tolerance QTL (qHT4) located on the chromosome region CI100-RI783 of the rice variety Kasalath was found to be stable over different environments [86]. The rice gene OsHsfA2e, a member of the heat stress transcription factors, when introduced into Arabidopsis line R04333 increased tolerance to heat stress. This gene was found to be useful in molecular breeding for stress tolerance in rice. In general, many cultivated rice varieties were selected as potential donor parents of stress-tolerant QTLs (Asian rice varieties such as Kasalath, Chikushi 52, Hanaechizen, and Koshijiwase and African rice accession CG14). However, up to date, no rice variety was certified to be completely tolerant to an increasing world temperature, so breeders are still concerned about the heat stress issue in rice production. Detection and insertion of de novo heat tolerance gene into a given rice germplasm could somewhat alleviate heat stress effects on the endosperm but not truly possible definitely due to their complex metabolism pathways. Chalkiness occurrence depends on multiple genes, of which expression pathways are poorly understood. The expressions of chalkiness related genes were described to be affected under heat stress condition. Meanwhile, some heat-responsive genes and the QTLs related to starch metabolism, protein storage, and chalkiness were documented to be located in rice genome assets of QTLs. Expression of heat stress-responsive genes increases, while that of starch metabolism

4. Genetic Approaches to Reduce Heat Stress Effect on Plant

Zou et al. [89] proposed a combination of transcriptomic, proteomic, and metabolomic approaches to characterize regulation network in response to heat stress in rice. Moreover, stress tolerance in plant was reported to be dependable on expression of heat stress-tolerant genes [90]. Due to the complex mechanism pathways underlying heat stress occurrence in rice, exploitation of different thermostolerant germplasms could be crucial to reduce stress effect. Since there are allelic or nonallelic relations between rice varieties for multiple traits, crossing the rice varieties with nonallelic relationship for heat tolerance could help to gather in one recipient plant different heat tolerance related genes. Pyramiding the nonallelic heat tolerance QTLs is regarded more accurate to alleviate chalkiness problem under heat stress. This suggests that plant thermostolerance ability could be enhanced by breeding efforts, even though it is a complicated and complex trait.

5. Perspectives: Pyramiding of Nonallelic Stable QTLs Controlling Low Chalkiness Formation under HT Condition in Rice

It is clear that the gradual increase of the global warming affects not only grain yield but also the quality of rice. It is worth noting that an increase of temperature during the growing season of rice can accelerate the formation of the chalkiness phenomenon. Numerous studies have shed light on the genetic mechanism that regulates the heat stress response in rice. In general, many cultivated rice varieties were selected as potential donor parents of stress-tolerant QTLs (Asian rice varieties such as Kasalath, Chikushi 52, Hanaechizen, and Koshijiwase and African rice accession CG14). However, up to date, no rice variety was certified to be completely tolerant to an increasing world temperature, so breeders are still concerned about the heat stress issue in rice production. Detection and insertion of de novo heat tolerance gene into a given rice germplasm could somewhat alleviate heat stress effects on the endosperm but not truly possible definitely due to their complex metabolism pathways. Chalkiness occurrence depends on multiple genes, of which expression pathways are poorly understood. The expressions of chalkiness related genes were described to be affected under heat stress condition. Meanwhile, some heat-responsive genes and the QTLs related to starch metabolism, protein storage, and chalkiness were documented to be located in rice genome assets of QTLs. Expression of heat stress-responsive genes increases, while that of starch metabolism
Tendency of some stable QTLs detected over the 12 years in rice

Tendency of some relatively stable chalkiness related QTLs from 2004 to 2015
Tendency of relatively stable amylose related QTLs from 2004 to 2014
Tendency of some relatively stable gel consistency related QTLs from 1999 to 2012
Tendency of some relatively stable high temperature-induced chalkiness related QTLs from 2006 to 2015

Figure 3: Distribution and evolution of relatively stable QTLs related to chalkiness, amylose content, gel consistency, and high temperature-induced chalkiness QTLs. (a) Distribution of stable quality related QTLs over the 12 rice chromosomes. (b) Evolution of some of the relatively stable QTLs reported in rice. (c) Proportion of each of quality trait related QTLs as compared with the total 4 rice quality related QTLs studied (diagram showing the percentage of each type of QTLs among the 4 stable grain quality QTLs studied).

and protein storage decreased under high-temperature condition as highlighted in Figure 1(b). We speculated that this opposite expression pattern might be coordinated by an upstream regulator, which acts in heat response and carbohydrates/protein synthesis pathways under high-temperature condition. Otherwise, this may be due to genetic interactions (gene-gene, gene-protein, and protein-protein) between high-temperature responsive genes and QTLs related to starch metabolism, protein storage, and chalkiness formation. It appears that the disturbance of metabolic function begins when internal plant temperature exceeds 27°C (Figure 2). However, more studies will be needed to verify and clarify this statement. These sets of QTLs, including heat-responsive QTLs, starch-metabolizing QTLs, and chalkiness related QTLs, were distributed throughout rice genome [27]. For this reason, modifying expression of a single QTL is unlikely to modify a whole regulatory mechanism that is involved in chalkiness formation. It is understandable that the collection and combination of different nonallelic heat-tolerant QTLs would be a prerequisite for restoring the abnormal genetic interactions between heat-stress-responsive and starch-metabolizing QTLs. In this review, the detection of chalkiness and HT induced chalkiness related QTLs is demonstrated to be increasing over the time, while the evolution of the amylose content and gel consistency related QTLs is slowed, meaning that chalkiness problem is very important and still remains incompletely solved. In this review, chromosome covering analysis of some stable HT induced chalkiness
related QTLs is an example of the hope for finding new QTLs given that some chromosomes (5, 7, 10, and 11) are not yet fully explored and exploited (Figure 3). However, this requires the collection and screening of different rice germplasm without neglecting the available HT-tolerant varieties. This review demonstrates the possibility to still identify novel QTLs, which can be useful in alleviating the chalkiness problem. Therefore, we propose a pragmatic genetic approach like assembly of germplasm with considerable heat tolerance ability and the pyramiding of these QTLs into adaptable rice varieties (Figure 4). The current approach involves exploiting the synergic heat tolerance effects of these sets of QTLs. Richard [91] and Hasanuzzaman et al. [92] reported that gene pyramiding could improve traits whose controlling gene has been identified or not identified. Gene pyramiding via marker-assisted selection can be proposed as a potentially good method due to its effectiveness to combat the chalkiness issue.

Reduction in percentage of chalkiness can ensure production of rice grains with good quality. This review presented genetic and enzymatic factors that are associated with chalkiness formation. Moreover, the colocalization of high-temperature-responsive QTLs and that of chalkiness and starch metabolism offer explanations for deterioration of the grain endosperm under heat stress condition. For this reason, we propose pyramiding of stable nonallelic thermoresistant QTLs associated with low chalky rate into one rice variety as a solution to reduce chalky grain formation rates in rice. Furthermore, we suggest subsequent research studies to be
conducted which can unlock knowledge to better understand genetic interactions that exist between high-temperature-responsive QTLs and those controlling chalkiness or starch metabolism.

Conflicts of Interest
The authors declare that they have no conflicts of interest concerning this article.

Authors’ Contributions
A. Y. M. Nevame and R. M. Emon contributed equally to the article.

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