High-velocity outflows in massive post-starburst galaxies at $z > 1$

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ABSTRACT
We investigate the prevalence of galactic-scale outflows in post-starburst (PSB) galaxies at high redshift ($1 < z < 1.4$), using the deep optical spectra available in the UKIDSS Ultra Deep Survey (UDS). We use a sample of $\sim 40$ spectroscopically confirmed PSBs, recently identified in the UDS field, and perform a stacking analysis in order to analyse the structure of strong interstellar absorption features such as Mg II ($\lambda 2800$ Å). We find that for massive ($M_* > 10^{10} M_\odot$) PSBs at $z > 1$, there is clear evidence for a strong blue-shifted component to the Mg II absorption feature, indicative of high-velocity outflows ($v_{\text{out}} \sim 1150 \pm 160$ km s$^{-1}$) in the interstellar medium. We conclude that such outflows are typical in massive PSBs at this epoch, and potentially represent the residual signature of a feedback process that quenched these galaxies. Using full spectral fitting, we also obtain a typical stellar velocity dispersion $\sigma_*$ for these PSBs of $\sim 200$ km s$^{-1}$, which confirms they are intrinsically massive in nature ($M_d \sim 10^{11} M_\odot$). Given that these high-$z$ PSBs are also exceptionally compact ($r_e \sim 1–2$ kpc) and spheroidal (Sérsic index $n \sim 3$), we propose that the outflowing winds may have been launched during a recent compaction event (e.g. major merger or disc collapse) that triggered either a centralized starburst or active galactic nuclei (AGN) activity. Finally, we find no evidence for AGN signatures in the optical spectra of these PSBs, suggesting they were either quenched by stellar feedback from the starburst itself, or that if AGN feedback is responsible, the AGN episode that triggered quenching does not linger into the post-starburst phase.

Key words: galaxies: high-redshift – galaxies: ISM – galaxies: kinematics and dynamics.

1 INTRODUCTION

In the local Universe, there exists a clear bi-modality in the galaxy population with respect to optical colour, star-formation characteristics and morphology (e.g. Strateva et al. 2001; Schawinski et al. 2014). In general, massive galaxies tend to be red, passive, and of early-type morphology, while lower mass galaxies tend to be blue, star forming, and of late-type morphology. These two populations form the red-sequence and blue cloud, respectively. Significant evolution in this bi-modality has been observed since $z > 2$, showing a rapid build-up of mass upon the red-sequence (e.g. Bell et al. 2004; Cirasuolo et al. 2007; Faber et al. 2007; Brammer et al. 2011; Ilbert et al. 2013; Muzzin et al. 2013). However, the principal drivers behind the required quenching of blue cloud galaxies at high redshift remain uncertain and a topic of significant debate.

To account for the quenching of star formation at high redshift, several mechanisms have been proposed. For example, gas stripping processes (e.g. Gunn & Gott 1972), morphological quenching (Martig et al. 2009), shock heating of infalling cold gas by the hot halo (Dekel & Birnboim 2006), and an exhaustion of the gas supply (e.g. Larson, Tinsley & Caldwell 1980). Other promising contenders include feedback processes, where the outflowing superwinds generated by either an active galactic nucleus (AGN) or starburst
can expel the cold gas required for continuous star-formation (e.g. Silk & Rees 1998; Hopkins et al. 2005; Diamond-Stanic et al. 2012). To prevent further gas accretion, and therefore keep star formation suppressed, radio-mode AGN feedback may also be required (Best et al. 2005, 2006). In general, these quenching mechanisms fall into two main categories: (i) those that lead to a rapid truncation of star formation (rapid quenching), and (ii) those that prevent the accretion of new gas resulting in a more gradual decline (slow quenching). With respect to the dominant quenching route, recent studies have indicated that slow quenching dominates in the local Universe (e.g. Peng, Maiolino & Cochrane 2015), while rapid quenching (e.g. feedback processes) becomes increasingly more important at $z > 1$ (e.g. Barro et al. 2013; Wild et al. 2016; Carnall et al. 2018; Belli, Newman & Ellis 2019).

With respect to feedback processes, there is a strong evidence for the galactic-scale outflows required to quench high-$z$ galaxies. At low- and high-redshift, outflows spanning a wide range of velocities have been detected in both (i) AGN of various types (e.g. Hainline et al. 2011; Harrison et al. 2012; Cimatti et al. 2013; Cicone et al. 2014; Talia et al. 2017); and (ii) star-forming galaxies with no signs of AGN activity, either in their UV/optical spectrum (e.g. Talia et al. 2012; Bradshaw et al. 2013; Bordoloi et al. 2014; Talia et al. 2017) or X-ray properties (Cimatti et al. 2013). These studies have also revealed that such gaseous outflows are a multiphase phenomenon and exist in each of the high-/low-ionization, neutral, and molecular gas phase of the interstellar medium (ISM; e.g. Hainline et al. 2011; Cicone et al. 2014; Fliettsch et al. 2019; Roberts-Borsani & Saintonge 2019).

In order for feedback processes to quench a galaxy, strong outflows capable of expelling the gas reservoir are required. In the local Universe, strong outflows are only detected in starburst galaxies (e.g. Heckman et al. 2000; Martin 2005; Heckman et al. 2015), but at higher redshifts ($z > 0.5$) such outflows are more ubiquitous among the general star-forming population (e.g. Weiner et al. 2009; Bradshaw et al. 2013; Rubin et al. 2014; Du et al. 2018). Particularly, strong outflows ($v_{\text{out}} \sim 1000 \text{ km s}^{-1}$) have also been detected in both star-forming AGN at $z > 1$ (e.g. Hainline et al. 2011; Harrison et al. 2012; Talia et al. 2017), as well as at $z < 0.6$ in massive compact star-forming/starburst galaxies with no signs of AGN activity (Geach et al. 2014; Sell et al. 2014). Taken together, these results indicate that both AGN and starburst-driven winds are capable of driving the strong outflows required for rapid quenching. For starburst galaxies at $z < 1$, recent studies have also reported that the outflow strength (i.e. velocity) depends on stellar mass, star-formation rate (SFR) and, in particular, SFR density (e.g. Heckman et al. 2015; Heckman & Borthakur 2016), suggesting that feedback from star-formation can be a principal driver of strong galactic-scale outflows. However, although AGN and starburst-driven outflows clearly represent a promising mechanism to explain the quenching of star-formation at high redshift, observationally a direct causal link to quenching remains elusive.

To establish the role of outflows as a quenching process, it is useful to consider galaxies that have been recently quenched. The rare population of post-starburst (PSB) galaxies provide an ideal example, as they represent systems that have experienced a major burst of star formation that was rapidly quenched at some point during the last Gyr. These galaxies are identified spectroscopically from the characteristic strong Balmer absorption lines related to an enhanced A-star population, combined with a general lack of strong emission lines (Dressler & Gunn 1983; Wild et al. 2009). At intermediate redshifts ($z \sim 0.6$), particularly strong galactic-scale outflows ($v_{\text{out}} > 1000 \text{ km s}^{-1}$) have been detected in the most luminous PSBs ($M_B \sim -23.5$; Tremonti, Moustakas & Diamond-Stanic 2007), potentially representing the residual outflow from a quenching event. However, such galaxies are extremely rare, and may not represent the typical evolutionary path of red-sequence galaxies at this epoch. More modest outflows ($v_{\text{out}} \sim 200 \text{ km s}^{-1}$) have also been observed in less luminous PSBs at $0.2 < z < 0.8$ ($M_B \sim -21$; Coil et al. 2011), but it is unclear whether such outflows are sufficient to actually quench star-formation. At higher redshifts ($z > 1$), where we observe a rapid build-up of mass upon the red-sequence, recent evidence suggests that rapid quenching becomes increasingly more important (e.g. Barro et al. 2013; Carnall et al. 2018; Belli, Newman & Ellis 2019) and that a large fraction of massive galaxies ($M > 10^{11.5} \text{ M}_\odot$) will experience a PSB phase (Wild et al. 2016; Belli, Newman & Ellis 2019). However, the nature of outflows in massive PSBs at this epoch has, until now, been largely unexplored.

Until recently, very few PSBs had been spectroscopically identified at high redshift ($z > 1$). However, significant progress was made by Maltby et al. (2016), when photometric PSB candidates identified using the Wild et al. (2014) ‘supercolour’ technique were used to identify follow-up spectroscopy. This led to $> 20$ high-$z$ PSBs being identified within the field of the Ultra Deep Survey (UDS; Almaini et al., in preparation). In this paper, we use the deep optical spectra of Maltby et al. (2016), plus additional spectra obtained more recently within the UDS field (see Section 2), to determine the prevalence of outflows in these galaxies. To achieve this, we perform a stacking analysis and analyse the structure of strong interstellar absorption features such as Mg II ($\lambda = 2800 \AA$). This is achievable for the first time with our large sample of high-$z$ PSB spectra.

The structure of this paper is as follows. In Section 2, we provide a brief description of the UDS data and spectroscopy upon which this work is based, including details of our PSB spectra and stacking procedure. In Section 3.1, we perform full spectral fits on our stacked spectra in order to measure their typical stellar velocity dispersions $\sigma_*$, while in Section 3.2 we describe the method used for detecting outflows from the Mg II absorption feature and present our findings for high-$z$ PSBs. Finally, we draw our conclusions in Section 4. Throughout this paper, we use AB magnitudes and adopt a cosmology of $H_0 = 70 \text{ km s}^{-1} \text{ Mpc}^{-1}$, $\Omega_m = 0.7$ and $\Omega_\Lambda = 0.3$.

## 2 DESCRIPTION OF THE DATA

### 2.1 The UDS: photometric and spectroscopic data

This study makes use of the deep photometric data from the UDS (Almaini et al., in preparation).

1 This survey represents the deepest component of the UKIRT (United Kingdom Infra-Red Telescope) Infrared Deep Sky Survey (UKIDSS; Lawrence et al. 2007) and comprises extremely deep UKIRT JHK photometry, covering an area of 0.77 deg$^2$. For this study, we make use of the eighth UDS data release (DR8) where the limiting depths are $J = 24.9; H = 24.4$, and $K = 24.6$ (AB; 5$\sigma$ in 2 arcsec apertures). The UDS is also complemented by extensive multiwavelength observations. These include deep-optical BVRI photometry from the Subaru–XMM–Newton Deep Survey (SXDS; Furusawa et al. 2008), mid-infrared observations (3.6 and 4.5 μm) from the Spitzer UDS Legacy Program (SpUDS; PI: Dunlop) and deep $u$-band photometry from MegaCam on the Canada–France–Hawaii Telescope (CFHT). The

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[1](http://www.nottingham.ac.uk/astronomy/UDS/)
extent of the UDS field with full multiwavelength coverage (optical–mid-infrared) is \( \sim 0.62 \, \text{deg}^2 \). For a complete description of these data, see Hartley et al. (2013) and Simpson et al. (2012). In this work, where appropriate, we use the photometric redshifts and spectral energy distribution (SED)-derived stellar masses described in Simpson et al. (2013). We also use the galaxy K-band structural parameters (effective radius \( r_e \); Sérsic index \( n \)) described in Almaini et al. (2017).

Extensive deep optical spectroscopy is also available within the UDS field. These data are provided by several spectroscopic programmes. The largest sample was obtained by UDSz, the spectroscopic component of the UDS (ESO large programme 180.A-0776), which used both the VIMOS and FORS2 instruments on the ESO VLT to obtain low-/medium-resolution optical spectra for \( \sim 3500 \) galaxies (\( R_{\text{VIMOS}} \sim 200 \) and \( R_{\text{FORS2}} \sim 660 \); exposures of 2.6–4.5 h and 5.5 h, respectively; see Bradshaw et al. 2013; McLure et al. 2013). This is complemented by the spectroscopic follow-up of the Wild et al. (2014, 2016) sample of photometrically selected PSBs (ESO programme 094.A-0410; hereafter M16), which provides \( \sim 100 \) medium-resolution optical spectra from VIMOS (\( R \sim 580 \); exposures of 4 h; see Maltby et al. 2016). Finally, the VANDELS spectroscopic survey (ESO programme 194.A-2003) also targets the UDS field, providing an additional \( \sim 780 \) medium-resolution VIMOS spectra (\( R \sim 580 \); exposures of 20 or 40 h), mainly at \( z > 2 \), from the second data release (DR2; McLure et al. 2018; Pentericci et al. 2018). From these data sets, \( \sim 2300 \) secure spectroscopic redshifts \( z_{\text{spec}} \) are available, all of which were determined via EZ (Garilli et al. 2010), which uses a cross-correlation of spectral templates. Optimal solutions were also confirmed using spectral line identification in SGNAPS (Paioro & Franzetti 2012). For further details on these spectroscopic redshifts, see the relevant data papers. In this work, we use these \( z_{\text{spec}} \) to shift the individual galaxy spectra to their respective rest-frame (i.e. systemic frame).

In this spectroscopic study, we focus specifically on the redshift interval \( 1 < z < 1.4 \) (see Section 2.2). Within the UDS (DR8) there are \( \sim 9000 \) K-band selected galaxies within this redshift range above the 95 per cent mass-completeness limit of the survey (\( M_\ast \sim 10^{10.5} \, M_\odot \) at \( z \sim 1 \); as determined using the method of Pozzetti et al. 2010). Of these galaxies, \( \sim 6 \) per cent have available optical spectra provided by the data sets above. These spectra evenly sample both the \( M_\ast \) and redshift distribution of the parent photometric sample.

### 2.2 Post-starburst galaxies in the UDS

In general, PSBs are spectroscopically identified from the presence of strong Balmer absorption lines (e.g. H\( \delta \) \( \lambda 4102 \, \AA \)), combined with a general lack of strong emission lines (Dressler & Gunn 1983; Wild et al. 2009). Therefore, to identify PSBs in the UDS, we use all the available optical spectroscopy (see Section 2.1) and apply the following criteria, where applicable: (i) an equivalent width in H\( \delta \) \( > 5 \, \AA \) (a general PSB diagnostic; e.g. Goto 2007); and (ii) an equivalent width in [O\( \text{II} \)] \( > 5 \, \AA \) (a standard threshold to remove galaxies with significant on-going star formation; see e.g. Tran et al. 2003; Poggianti et al. 2009; Maltby et al. 2016). We note that, while a cut on [O\( \text{II} \)] emission is necessary to avoid the contamination of our samples by star-forming galaxies, this criterion will also remove some genuine PSBs that host significant AGN activity (see Yan et al. 2006). The equivalent width \( W_{\lambda} \) of a spectral line is defined as

\[
W_{\lambda} = \int_{\lambda_0}^{\lambda_0+\Delta \lambda} 1 - F(\lambda)/F_{\text{continuum}}(\lambda) \, \text{d}\lambda,
\]

where \( F(\lambda) \) is the spectral flux and \( F_{\text{continuum}}(\lambda) \) is the continuum flux. To determine the rest-frame equivalent width \( (W_{\lambda}) \), we use a non-parametric approach based on that used by previous works (e.g. Goto et al. 2003; Maltby et al. 2016). First, \( z_{\text{spec}} \) is used to transform the spectrum into the galaxy’s rest-frame. Then continuum flux is estimated across the relevant feature (i.e. H\( \delta \), [O\( \text{II} \)]) using a linear interpolation between the continuum measured in narrow intervals on either side. These intervals are chosen to ensure a lack of significant absorption/emission lines and the continuum is modelled by a linear regression that includes both intervals, weighted by the inverse square error in the flux. A 3\( \sigma \) rejection to deviant points above/below an initial continuum model is also used to minimize the effect of noise. Finally, \( W_{\lambda} \) is determined using the ratio \( F(\lambda)/F_{\text{continuum}}(\lambda) \) across an interval \((\lambda_1, \lambda_2)\) that encapsulates the feature of interest (see Maltby et al. 2016, for more details). For each spectrum, the uncertainty in \( W_{\lambda} \) is determined from the \( W_{\lambda} \) variance between 1000 simulated spectra generated by using the 1\( \sigma \) flux errors to add suitable Gaussian noise. Typical uncertainties in both \( W_{\text{H}\delta} \) and \( W_{\text{[O}\text{II}]} \) are \( \sim 1 \% \) per cent.

In this study, PSB classification depends on the assessment of both H\( \delta \) \( (\lambda 4102 \, \AA \) and [O\( \text{II} \)] \( \lambda 3727.5 \, \AA \)). Using the available data (see Section 2.1), this requirement restricts our PSB classification to \( z < 1.4 \), where these features are within the reach of our spectroscopy. This limits our analysis to 502 spectra at \( z > 1 \), for which a spectroscopic PSB assessment is possible (386 UDSz, 32 M16, and 84 VANDELS spectra). Applying our PSB criteria to these spectra (i.e. \( W_{\text{H}\delta} > 5 \, \AA \), \( W_{\text{[O}\text{II}]} > -5 \, \AA \)), we obtain a final sample of 41 spectroscopically classified PSBs at \( 1 < z < 1.4 \) (see Table 1). For comparison to these PSBs, we also identify older passive systems (i.e. \( W_{\text{H}\delta} < 5 \, \AA \), \( W_{\text{[O}\text{II}]} > -5 \, \AA \) and obtain 129 passive galaxy spectra at \( 1 < z < 1.4 \). In both these cases, the galaxies selected are typically of high stellar mass (\( M_\ast > 10^{10} \, M_\odot \); >97 per cent; see Fig. 1). Various properties of our high-z PSB and passive spectra are shown in Table 1. Note that for our passive selection, the addition of a \( D_{\text{4000}} \) condition to the criteria (i.e. to select older, more secure passive galaxies; see Section 3.2), has no significant effect on the sample’s median properties or the results of this work.

| Galaxy Property | PSB | PSB + PCA | Passive | Passive + PCA |
|-----------------|-----|-----------|---------|--------------|
| \( N_{\text{spectra}} \) | 41  | 14        | 129     | 99           |
| - N(UDSz–FORS2) | 25  | 6         | 63      | 47           |
| - N(UDSz–VIMOS) | 6   | 4         | 7       | 5            |
| - N(M16)        | 7   | 4         | 12      | 11           |
| - N(VANDELS)    | 3   | 0         | 47      | 36           |

**Note:** This is the median S/N of the individual spectra, as determined per resolution element and across the observed spectral range.

Table 1. Various properties of our high redshift (1 < z < 1.4) PSB and passive galaxy spectra. Median properties are shown for samples defined using either (i) spectroscopic criteria (Spec), or (ii) a combination of both spectroscopic criteria and photometric PCA class (Spec + PCA).
therefore experienced a more significant starburst. We make use of PSBs that host a more dominant A/F star population, and to our classification criteria will likely result in a sub-population component. In this study, the addition of supercolour (PCA) class 3500–6500 Å), which is characteristic of a dominant A/F star ∼ λz> spectral samples (emission. We confirm that these findings hold for the extended Table1. The properties of a photometrically selected sub-sample for results in Section 3.3, and various relevant properties are shown in 2.3 Generating stacked spectra

In order to determine the presence of gaseous outflows, we use the Mg II absorption doublet (λλ 2796, 2803 Å), which is a sensitive tracer of low-ionization interstellar gas (T ~ 10^4 K). We note that systemic-frame Mg II absorption can originate from either the ISM or stellar photospheres, but the detection of a blue-shifted component to this absorption feature is generally thought to indicate galactic-scale outflows along the line-of-sight to the observer. In this study, ~65 per cent of our spectroscopically classified galaxies (see Table 1) have full coverage of the Mg II region (26/41 PSB and 84/129 passive spectra). Unfortunately, the signal-to-noise (S/N) of these VIMOS/FORS2 spectra is not sufficient to reliably determine the structure of the Mg II profile on an individual galaxy basis [typically S/N(λrest ∼ 2800 Å) ~ 5]. We therefore increase the effective S/N via a stacking analysis, combining the individual rest-frame spectra following an optimized flux normalization. The following procedure is used.

(i) The individual spectra are shifted to their respective rest-frame and oversampled on to a common and finer dispersion axis (∆λ = 0.25 Å). For this we use the spectroscopic redshifts (zspec) computed with Ez, which are determined using a cross-correlation of spectral templates (see Section 2.1). We note that using an alternative zspec, defined using a single stellar absorption feature which is present in all our spectra, i.e. Ca II K (λ3933.7 Å), has no significant effect on the results of this work.

(ii) We combine the individual rest-frame spectra following an optimized flux normalization. In this study, in addition to our analysis of the Mg II absorption feature (λrest ∼ 2800 Å), we also wish to obtain stellar velocity dispersions σ, using features at λrest > 3550 Å (see Section 3.1). Therefore, to optimize our analysis we generate two median-stacked spectra: (i) a red-optimized stack (λrest > 3550 Å), using the full spectroscopically classified sample (see Table 1) and a flux normalization over the Balmer break region (3800 < λrest < 4170 Å); and (ii) a blue-optimized stack (λrest ∼ 2800 Å), using only spectra with Mg II coverage and a flux normalization over the Mg II continuum (2700 < λrest < 2900 Å). In both cases, the normalized spectra are averaged without any weighting to avoid any bias towards the brightest galaxies with the highest S/N. For the blue-optimized stack, we also apply a nominal S/N cut to the individual spectra, as determined over the Mg II region [S/N(λrest ∼ 2800 Å) > 1.5], in order to remove the influence of poor quality spectra on our stacked Mg II profiles (~10 per cent of our high-z spectra).

The final red-optimized stacks for both our high-z PSB and passive galaxies are shown in Fig. 2. These spectra are used to determine the typical stellar velocity dispersions σ, of their respective galaxy populations in Section 3.1. The blue-optimized stacks are used to determine the presence of outflows in these galaxies and are presented in Section 3.2 (see Fig. 4). The effective spectral resolution of these stacked spectra ∆λFWHM is ∼ 5.8 Å (∼ 180 ± 12 km s⁻¹). Uncertainties in these spectra are determined from the mean of the standard errors from 100 simulated median-stacks generated via a bootstrap technique.

In this study, we note that while the majority of our individual spectra have a similar spectral resolution (R ~ 600), our sample does include a small number of low-resolution spectra (R ~ 200) from UDSz-VIMOS (see Table 1). These low-resolution spectra are of high S/N and include some of the brightest and most significant PSB spectra within our sample. Consequently, in order to maximize the effective S/N, and prevent biasing our sample against these galaxies, we include these low-resolution spectra in our stacking analysis. However, we note that removing these spectra from our samples has no major impact on our Mg II analysis or conclusions. Furthermore, a consistent Mg II profile and PSB outflow velocity

Figure 1. The distribution of stellar mass M* for our high redshift (1 < z < 1.4) PSB and passive galaxy spectra. In both cases, these galaxies are typically of high stellar mass (M* > 10^10 M⊙) and a Kolmogorov–Smirnov (K–S) test reveals no significant difference between their M* distributions (p = 0.168). Relevant sample sizes are shown in the legend.
Section 2.3). Consequently, prior to fitting, we broaden these stellar velocities in the Balmer break region ($\lambda < 4170$ Å). Relevant sample sizes are shown in the legend, along with various spectral measurements (e.g. $W_{\text{H}}$, $W_{\text{[OIII]}}$, $\sigma_\lambda$). Uncertainties in these spectral measurements ($\sigma$) are determined from the variance between measurements performed on 1000 simulated spectra generated via a bootstrap method. The errors in the stacked spectra (gray-shaded region) are $\sigma$ confidence limits (see Section 2.3). In each case, a full spectral fit obtained from PPAF is shown for both the stellar component (red line) and the gas emission lines (cyan line).

is obtained using just these low-resolution spectra. We also obtain consistent results if all spectra are reduced in resolution to $R \sim 200$.

3 RESULTS AND DISCUSSION

3.1 Stellar velocity dispersion $\sigma_\star$

To gain insight into our high-$z$ PSB and passive galaxies, we perform full spectral fitting on their stacked spectra (red-optimized; Fig. 2) using the penalized pixel-fitting method (PPIXF; Cappellari & Emsellem 2004; Cappellari 2017) and the MILES stellar templates (Vazdekis et al. 2010). These fits can be used to determine the typical stellar velocity dispersion $\sigma_\star$ of our galaxy populations, provided a suitable estimate for any additional sources of spectral broadening. For example, the effective instrumental response ($\sigma_{\text{instr}}$) and the broadening introduced by stacking ($\sigma_{\text{stack}}$). In this study, we assume all broadening functions are Gaussian, consequently $\sigma_\star$ can be recovered from the observed dispersion $\sigma_{\text{obs}}$ following Cappellari et al. (2009),

$$\sigma_\star = \sqrt{\sigma_{\text{obs}}^2 - \sigma_{\text{instr}}^2 - \sigma_{\text{stack}}^2}. \quad (2)$$

However, to determine $\sigma_\star$, PPAF requires the stellar templates used for spectral fitting to have a spectral resolution $\Delta\lambda$ that matches that of the stacked spectrum. The additional broadening required for the best fit is then used to determine $\sigma_\star$. In this study, we use the MILES stellar library, which is an empirical library of stellar templates covering the optical regime ($\lambda \sim 3500$–$4500$ Å). These templates have a well-defined spectral resolution of $\Delta\lambda_{\text{FWHM}} \sim 2.51$ Å (Sánchez-Blázquez et al. 2006; Falcón-Barroso et al. 2011), which is very different to that of our stacked spectra ($\Delta\lambda_{\text{FWHM}} \sim 5.8$ Å; see Section 2.3). Consequently, prior to fitting, we broaden these stellar templates to match that of the effective spectral resolution of our stacked spectra $\Delta\lambda_{\text{eff}}$ (FWHM), where

$$\Delta\lambda_{\text{eff}} = 2.355 \times \sqrt{\sigma_{\text{instr}}^2 + \sigma_{\text{stack}}^2}. \quad (3)$$

For each stacked spectrum, we estimate the effective $\sigma_{\text{instr}}$ using the median $[\sigma_{\text{instr}}/(1+z)]$ of the input spectra, where $\sigma_{\text{instr}}$ is the observed-frame instrument response as determined from the resolving power $R$ of the respective spectrograph (see Section 2.1). In this study, we find $\sigma_{\text{instr}}$ is typically $\sim 0.16$ Å ($\sim 180 \pm 23$ km s$^{-1}$). The broadening related to stacking spectra, $\sigma_{\text{stack}}$, originates from redshift errors $\Delta z$ and the error $\Delta \lambda$ introduced by shifting the individual spectra to their rest-frame. In this study, we use an indicative value for $\sigma_{\text{stack}}$ estimated using the variance in $\Delta\lambda_{\text{FWHM}}$ obtained from the redshift measurements of 1000 simulated spectra with the same spectral resolution, wavelength sampling, and S/N as our observations. From this we determine that $\sigma_{\text{stack}} < 0.53$ Å ($< 40$ km s$^{-1}$) and is essentially negligible with respect to the instrumental and intrinsic broadening. Finally, to determine the typical $\sigma_\star$ from our stacked spectra, we perform spectral fits with PPAF over the wavelength range 3550–4550 Å, and using a model consisting of the stellar component plus the [O II] and H$\alpha$ emission lines. The final $\sigma_\star$ and its respective $1\sigma$ uncertainty are determined using the median and variance of fits performed on 1000 simulated spectra generated via a bootstrap analysis.

For our high-$z$ PSB and passive galaxies, the resultant PPAF fits to their stacked spectra are shown in Fig. 2. In all cases, our stacked spectra are well-modelled by the resultant spectral fits, with reduced chi-squared values of $\chi_2^2 < 1$. These fits yield high $\sigma_\star$ values for both our galaxy populations ($\sigma_\star$ (PSB) $\sim 200 \pm 23$ km s$^{-1}$; $\sigma_\star$ (passive) $\sim 140 \pm 11$ km s$^{-1}$), as expected for their high stellar masses (median $M_\star \sim 10^{10.7}$ $M_\odot$; see Table 1 and Fig. 3).

Note: in our $\sigma_\star$ analysis, we retain the small fraction of low-resolution UDSz–VIMOS spectra ($R \sim 200$) that contribute to our final stacked spectra (see Table 1). However, we note that removing these spectra from our analysis has no significant impact on the $\sigma_\star$ measurements for our galaxy populations, or our conclusions.
Therefore, using the\( M_{\text{NRAS}} \) computed by several authors (e.g. Prugniel & Simien 1997; Bertin, Ciotti & Del Principe 2002; Cappellari et al. 2006). For example, \( G \) estimates confirm that both our PSB and passive galaxies are from the Scalar Virial Theorem, it is well established that \( \sigma_* \) is related to dynamical mass \( M_d \),

\[
M_d \approx k_d \frac{\sigma_*^2 r_e}{G},
\]

where \( G \) is the gravitational constant and \( k_d \) is the virial coefficient. This coefficient \( k_d \) takes into account projection effects and the structure of the mass distribution. Under the assumption that the mass follows a Sérsic distribution, the virial coefficient \( k_d \) has been computed by several authors (e.g. Prugniel & Simien 1997; Bertin, Ciotti & Del Principe 2002; Cappellari et al. 2006). For example, Bertin et al. (2002) provide a simple analytical approximation,

\[
k_d(n) \approx \frac{73.32}{10.465 + (n - 0.94)^2} + 0.954
\]

(see also Taylor et al. 2010 and Zahid & Geller 2017, for useful explanations). Therefore, using the \( K \)-band structural parameters for our galaxy populations (see Table 1), we can use our \( \sigma_* \) measurements to estimate their typical dynamical mass \( M_d \). These estimates confirm that both our PSB and passive galaxies are intrinsically massive in nature \( (M_d \sim 10^{11} M_\odot) \); see Table 2. We note that consistent results are obtained using alternative derivations for the dynamical mass (e.g. Cappellari et al. 2006, 2013, who find that \( M_d \) is approximately twice the total mass within \( r_e \)). Finally, we note that the virial coefficient \( k_d \) assumed in this work (Bertin et al. 2002) is derived assuming a central \( \sigma_* \) measurement (aperture \( r < \frac{1}{2} r_e \)), while our \( \sigma_* \) measurements are likely to be averaged over a much larger aperture. However, based on the aperture \( \sigma_* \) corrections from previous studies (e.g. Cappellari et al. 2006), the difference between our \( \sigma_* \) measurements and the central \( \sigma_* \) is expected to be \( \lesssim 20\% \). Therefore, this issue is not expected to have a significant impact on the results of this work.

Finally, to expand on our \( \sigma_* \) results, we also separate our galaxy populations by stellar mass \( M_* \), and obtain the typical \( \sigma_* \) measurements from the resultant stacked spectra (for the \( M_* \) distribution of our samples, see Fig. 1). We separate our sample into low mass \( (\log_{10} \frac{M_*}{M_\odot} < 10.7) \) and high mass \( (\log_{10} \frac{M_*}{M_\odot} > 10.7) \). The stellar masses presented in this table, are the median \( M_* \) in each mass range. Typical structural parameters \((r_e, n)\) and dynamical mass \( M_d \) estimates are also presented.

(See also Table 2.)
3.2 Measuring outflows from Mg II absorption

In this section, we determine the prevalence of galaxy-scale outflows in our galaxy populations using their blue-optimized stacked spectra (see Section 2.3 and Fig. 4). To achieve this, we analyse the structure of the Mg II absorption profile, which is a sensitive tracer of the low-ionization interstellar medium (ISM). For our high-z PSBs, an initial inspection of their stacked spectra reveals significant asymmetry in the Mg II profile (see Fig. 4). With respect to the central systemic wavelength of the Mg II doublet ($\lambda_{2799.5}$ Å), there is a clear excess of absorption towards blue wavelengths. In contrast, for high-z passive galaxies, no such asymmetry or excess blue absorption is observed.

To determine the significance of this result, and detect the presence of any outflowing component, we use the following procedure. First, we normalize for the continuum across Mg II, using a smoothing spline fit to the continuum flux on either side of the Mg II feature. We then model the Mg II absorption profile using either one or two components, as follows.

(i) One component (systemic absorption): the Mg II absorption is modelled using a single component, fixed at the rest-frame wavelength for the systemic absorption (ISM + stellar). This component consists of a doublet ($\lambda\lambda$ 2796, 2803 Å), with an intensity ratio of 1.2:1, as observed for massive high-z galaxies in the high-resolution spectra of Weiner et al. (2009). In the fitting process, each line is given an initial narrow width ($\sigma = 1$ Å), and then convolved with a Gaussian to model the spectral broadening, which is necessary since the Mg II doublet is essentially unresolved in our spectra. In each case, the width of the Gaussian used for convolution is fixed using an initial fit to only the red-side of the Mg II profile (i.e. $\lambda_{\text{rest}} > 2803$ Å). This region of the absorption profile is largely unaffected by the potential contamination from any outflowing component, and therefore provides a suitable estimate for the intrinsic width of the absorption line. For our high-z PSBs, this model reveals that $\sim 25 \pm 5$ per cent of the absorption on the blue-side of the Mg II profile ($\lambda_{\text{rest}} < 2799.5$ Å) is not accounted for by the systemic component.

(ii) Two components (systemic absorption + outflow): the Mg II absorption is modelled using two components, one fixed at the rest-frame wavelength for the systemic absorption (ISM + stellar), and another with a free centroid to model the outflow. Each component consists of a Gaussian-convolved doublet, as described above.\(^4\) This simple model yields an offset $\Delta v$ of the outflowing component with respect to the systemic-frame wavelength, which can be used to determine its characteristic velocity $\langle v \rangle$ (6) from the systemic redshift.\(^5\) For our stacked spectra, $\Delta v$ represents an estimate of the typical outflow velocity in the low-ionization gas for our galaxy populations. However, based on simulations, we note that $\Delta v$ will likely be an overestimate of the actual median outflow velocity $v_{\text{out}}$ by $\sim 350$ km s$^{-1}$ (see Appendix A). The $\sigma_\text{v}$ uncertainties in these velocity measurements are determined using the variance between analogous fits performed on 1000 simulated spectra generated via a bootstrap analysis.

To determine which of these models best describes the Mg II profile, and therefore determine the presence of an outflowing component, we use an F-test. Formally, the two-component model will always provide the best fit to the data, but an F-test can be used to determine whether the additional outflowing component is statistically required. This F-test yields a $p$-value for accepting the null hypothesis (i.e. that an outflowing component is not required), and rejects the two-component model if $p < 0.05$.

For our high-z PSB and passive galaxies, the relevant fits to the Mg II profile are presented in Fig. 4. For high-z PSBs, the Mg II profile presents a significant excess of blue-shifted absorption (~25 per cent). In this case, our best-fitting two-component model yields an outflow component with a large velocity offset ($\Delta v \sim 1500 \pm 150$ km s$^{-1}$), indicating these galaxies host high-velocity outflows in their interstellar medium (ISM). Based on our simulations, this $\Delta v$ corresponds to a typical outflow velocity of $v_{\text{out}} \sim 1150 \pm 160$ km s$^{-1}$ (see Appendix A). The significance of this outflowing component is $> 3\sigma$, as determined by an F-test ($p < 0.003$). In contrast, for high-z passive galaxies, we find that no significant outflow component is required to account for their Mg II profile, which is also confirmed by an F-test ($p > 0.05$). Furthermore, the weaker Mg I absorption line, which is another tracer of the low-ionization ISM, also shows no signs of a significant outflowing component.

For our high-z PSBs, the outflow velocities we measure depend significantly on the correct modelling of the systemic component. However, an alternative boxcar method can also be used to measure outflow velocities, and this does not suffer from this dependence (see e.g. Rubin et al. 2010; Bordoloi et al. 2014). In this method, the mean outflow velocity ($v_{\text{out}}$) is estimated from the global shift of the observed absorption line as follows,

$$v_{\text{out}} = \frac{W_{\text{total}}}{W_{\text{out}}} v_{\text{total}}.$$

Here $W_{\text{total}}$ and $W_{\text{out}}$ are the equivalent widths of the full Mg II absorption profile and its outflowing component, respectively, and $v_{\text{total}}$ is the mean absorption weighted velocity of the observed absorption line. To determine $W_{\text{out}}$, the difference in equivalent width between the red and blue-side of the Mg II absorption profile is used (see Rubin et al. 2010 and Bordoloi et al. 2014, for further details). For our high-z PSBs, we use this method to confirm the presence of high-velocity outflows, obtaining a mean outflow velocity of $809 \pm 104$ km s$^{-1}$ for this population. The $\sigma_\text{v}$ uncertainty in this velocity is determined using the variance between measurements performed on 1000 simulated spectra generated via a bootstrap analysis. We note that this outflow velocity is slightly lower than that obtained from our decomposition method, but none of the less confirms the presence of high-velocity outflows in our high-z PSBs.

With respect to the outflowing component, the absorption strength (i.e. equivalent width) can also provide insight into the nature of outflows in our high-z PSBs. Since Mg II absorbing gas is optically thick at low column densities ($N_{\text{Mg II}} \lesssim 10^{13}$ atoms cm$^{-2}$), if present, the absorption is generally saturated in both the stellar and ISM components (see e.g. Weiner et al. 2009). This is apparent in our high-z passive galaxies, where the Mg II doublet is just resolved in their stacked profile (see Fig. 4). For non-saturated Mg II absorption the line ratio is 2:1, but in this case it is close to 1:1, indicating near saturated absorption. For our high-z PSBs, we note that despite the expected saturation in both the systemic and outflowing components, the Mg II profile is dominated by the systemic absorption (see Fig. 4). In a stacked spectrum, this could be due to a combination of (i) high-velocity outflows being present in only a fraction $D$ of the sample; and (ii) the typical

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\(^4\)Note: with this two-component model, we find consistent results are also obtained when using a free-width Gaussian for the convolution.

\(^5\)Note: here the systemic redshift is defined as the template-fitting $z_{\text{spec}}$ from EZ. However, entirely consistent offsets $\Delta v$ are also obtained if a strong stellar absorption line (e.g. Ca II K) is used to define the systemic redshift.
covering fraction \( (C_i) \) of the outflowing wind, which is the fraction of the stellar distribution it obscures along the line-of-sight (e.g. due to a collimated and/or clumpy outflow). Consequently, for the outflowing component, the Mg II absorption depth can be defined as \( A_D = D(C_i) \) and is \( A_D \sim 0.2 \) for our high-\( z \) PSBs (see Fig. 4). In comparison to the stacked spectra of previous works, we find this absorption depth to be significantly lower than that of massive star-forming/starburst galaxies at \( z \sim 1.4 \) (where \( A_D \sim 0.55 \); Weiner et al. 2009). This difference could be explained by a lower covering fraction \( (C_i) \), but we suggest the more likely explanation is due to a lower detection fraction \( D \) in our PSBs, potentially due to the high-velocity outflows only persisting for the early PSB phase (see Section 3.3). Based on the typical covering fraction of local starbursts \( (C_i = 0.4-0.5; \) Rupke, Veilleux \\& Sanders 2005), we estimate that \( D \sim 0.5 \) for our high-\( z \) PSB outflows.

With respect to the systemic component, since stellar Mg II absorption is known to increase in strength for older stellar populations (see e.g. Martin \\& Bouché 2009), for our PSB and passive spectra the dominant contribution to the systemic Mg II is expected to be stellar in origin. In this work, we have modelled the systemic absorption (ISM + stellar) as a single component comprising a Gaussian-convolved doublet. An alternative approach is to use synthetic (i.e. theoretical) stellar libraries (e.g. UVBLUE; Rodríguez-Merino et al. 2005; Coelho 2014), to estimate and remove the stellar Mg II component using full spectral fitting. However, we note that while these theoretical stellar libraries cover the UV region (\( \lambda \sim 2800 \) Å) they are not as robust as the empirical libraries available in the optical regime (e.g. MILES; Vazdekis et al. 2010). For example, it is known that (i) various regions of the UV spectrum are poorly reproduced; and (ii) the prominent metallic lines in F/G stars (including Mg II), are always stronger in the synthetic spectra than in observed stars (see Rodríguez-Merino et al. 2005, for further details). This is also true to a lesser extent for A-stars (see fig. 10 from Rodríguez-Merino et al. 2005). Due to these uncertainties, and since A/F stars will be a significant component in our PSB spectra, we have chosen not to adopt this approach for our primary analysis of the Mg II profile. However, we have explored this issue in detail (see Appendix B), and confirm that consistent outflow velocities are obtained using this alternative approach. Although, for our high-\( z \) PSBs, we also note that while the significance of the outflowing component remains >3\( \sigma \), the strength (i.e. absorption depth \( A_D \)) is reduced. This is consistent with either a smaller covering fraction \( C_i \) or lower detection fraction \( D \) for these winds than indicated by our two-component Gaussian model (see Appendix B).

### 3.3 The origin of high-velocity outflows in PSBs

To expand on our results, we use the \( D_{4000} \) index, which is a proxy for both the mean age and metallicity of a galaxy’s stellar population (Bruzual 1983). This index measures the strength of the 4000 Å break, and is consequently small for young stellar populations, and larger for both older, and more metal-rich galaxies. In this study, following the revised definition outlined by Balogh et al. (1999). From the individual spectra, the median value of \( D_{4000} \) is \( \sim 1.24 \) for our PSBs, and \( \sim 1.34 \) for our passive galaxies (see Table 1). Using the \( D_{4000} \) index to divide our spectral samples, we find a tentative hint that high-velocity outflows are more significant (as...
High-velocity outflows in PSBs at $z > 1$  

For our high-$z$ PSBs, we use their dynamical mass $M_d$ estimates (see Section 3.1), and find that $v_c$ is typically $\sim 950$ km s$^{-1}$ (determined at a galactocentric radius $r = 1$ kpc). Since the high-velocity outflows detected in our high-$z$ PSBs ($v_{\text{out}} \sim 1150$ km s$^{-1}$) will likely correspond to scales (i.e. radii) greater than 1 kpc, we find that $v_{\text{out}} > v_c$ for these galaxies. This suggests the outflowing gas will ultimately escape from the galaxy’s gravitational well, or sweep into the surrounding circumgalactic medium (CGM) creating an expanding shell (or bubble) that prevents future gas accretion (see e.g. Lochhaas et al. 2018). For our high-$z$ PSBs, estimates of the time elapsed since starburst $\Delta t_{\text{burst}}$ are typically up to $\sim 1$ Gyr (Wild et al., in preparation). Consequently, if the outflowing winds were launched during the starburst event, they should have reached scales of several hundred kpc by the time of our observations. On these scales, one might expect the outflowing wind to have encountered significant gas in the CGM and slowed down. We make two main comments on this issue below.

(i) For our high-$z$ PSBs, the stacked Mg II profile has an outflowing component with an absorption depth $A_d$ that could indicate the high-velocity outflows are only present in $\sim$50 percent of our sample (see Fig. 4 and Section 3.2). If this outflow signal is driven by the youngest PSBs (as tentatively indicated by our $D_{4000}$ analysis above), then the detected outflows might not have necessarily reached the scales implied by the typical $\Delta t_{\text{burst}}$ of the full sample.

(ii) Recent observations have indicated that both local and intermediate-redshift ($z \sim 0.7$) PSBs retain a significant molecular gas reservoir following the quenching of star formation (French et al. 2015; Rowlands et al. 2015; Suess et al. 2017). Consequently, if an AGN was triggered during the starburst event, it could linger into the post-starburst phase and continue to drive the high-velocity outflows from the residual ISM, even after the quenching of star formation. It is also possible that the high-velocity wind is maintained during the post-starburst phase by flickering AGN activity, or residual AGN activity that is optically obscured (so not detectable from line emission in our spectra).

With respect to the quenching mechanism, using the $K$-band structural parameters available within the UDS field (Almaini et al. 2017), we find that the high-$z$ PSBs in our spectroscopic sample are typically compact and spheroidally dominated (effective radius $r_e \sim 2.1$ kpc and Sérsic index $n \sim 3.25$; see Table 1), with structures similar to that of our high-$z$ passive galaxies. This result is consistent with previous studies that use only photometrically selected PSB samples (e.g. Whitaker et al. 2012; Yano et al. 2016; Almaini et al. 2017; Maltby et al. 2018). We note that the $K$-band structural parameters in the UDS are from ground-based imaging, but consistent results are also obtained using the limited fraction ($\sim 20$ per cent) of our spectroscopic sample that has structural parameters available from the Hubble Space Telescope (HST) $H$-band imaging of the CANDELS survey (Grogin et al. 2011; Koekemoer et al. 2011; van der Wel et al. 2012). Using the $K$-band structural parameters, we also find a tentative hint that high-velocity outflows are more significant (as determined by an F-test; see Section 3.2) in the stacked spectra of the most compact PSB galaxies ($r_e < 2$ kpc). Larger samples are needed to confirm these findings. Taken together, these results suggest a scenario involving a recent compaction event for high-$z$ PSBs, which may have triggered the preceding starburst, high-velocity outflows, and subsequent quenching. Such an event could be, for example, a gas-rich major merger (e.g. Hopkins et al. 2009; Wellons et al. 2015) or a dissipative ‘protogalactic disc collapse’ (e.g. Dekel et al. 2009; Zolotov et al. 2015).

To build on this discussion, we also consider a sub-sample of spectroscopic PSBs (Spec + PCA) where photometric PCA class (i.e. supercolour) has been used to identify systems that are likely to have experienced a more significant starburst (see Section 2.2). With respect to their structural parameters, interestingly, we find that these Spec + PCA PSBs are significantly more compact ($r_e \sim 1.2$ kpc) than those defined from spectroscopy alone, and consistent with previous studies that use only photometric PCA (supercolour) classifications (Almaini et al. 2017; Maltby et al. 2018). This suggests that the addition of photometric-selection criteria isolates PSBs that have undergone a more significant gas-rich dissipative event, which would also result in a more significant starburst, prior to quenching. Interestingly, we also find a tentative hint that high-velocity outflows are more significant in these Spec + PCA PSBs. If confirmed, this would suggest an intrinsic link between the compaction event, subsequent starburst, and the launch of high-velocity outflows.
Overall, our results suggest that for massive high-z PSBs, high-
velocity winds were launched during the preceding starburst, and
potentially represent the residual signature of a feedback process
that quenched their star formation. These winds could either be
called by the starburst itself, or an AGN that was triggered
during the compaction event. Within the optical regime probed
by our spectra, several AGN signatures are covered (e.g. [Ne v]
\( \lambda \lambda 3427, 3581 \) Å; [Ne iii] \( \lambda 3869 \) Å). However, we do not find any
evidence for such features in our stacked PSB spectra (see Figs 2
and 4), or on an individual basis. Although, we note that due to
component to the Mg II absorption feature, indicative of high-
z> 1, there is clear evidence for a strong blue-shifted
outflow in post-starburst galaxies at high redshift (1< z< 1.4), we propose that
this suggests that for our high-z PSBs either (i) these galaxies were
quenched via stellar feedback from the starburst itself; or (ii) if AGN
feedback is responsible, the AGN episode that triggered quenching
does not linger into the post-starburst phase, as required by some
models (e.g. Hopkins 2012). We note, however, that using X-ray
data the presence of hidden AGN has been detected in galaxies
where no optical AGN signatures are apparent (e.g. Cimatti et al.
2013). Consequently, this issue will be explored in more detail in a
forthcoming paper, using the X-ray data available in the UDS field
(Almaini et al., in preparation).

4 CONCLUSIONS
In this study, we have examined the prevalence of galaxy-scale
outflows in post-starburst galaxies at high redshift (1< z< 1.4),
using the deep optical spectra available in the UDS field. Using
a stacking analysis, we find that for massive (\( M_\bullet > 10^{10} M_\odot \) )
PSBs at z> 1, there is clear evidence for a strong blue-shifted
component to the Mg II absorption feature, indicative of high-
velocity outflows (\( v_{\text{out}} \sim 1500 \) km s \(^{-1} \)) in their interstellar medium.
These outflowing winds are likely to have been launched during
the preceding starburst, and therefore may represent the residual
signature of a feedback event which quenched their star-formation.
Using full spectral fitting, we also obtain a typical stellar velocity
dispersion \( \sigma_\ast \) for these PSBs of \( \sim 200 \) km s \(^{-1} \), which confirms they
are intrinsically massive in nature (dynamical mass \( M_\ast \sim 10^{11} M_\odot \)).
Given that these high-z PSBs are also exceptionally compact (\( r_e \sim
1-2 \) kpc) and spheroidal (\( S_e \) index \( n \sim 3 \)), we propose that the
outflowing winds may have been launched during a recent
compaction event (e.g. major merger or disc collapse) that triggered
either a centralized starburst or AGN activity. Furthermore, we find
no optical signatures of AGN activity in these galaxies, suggesting
they were either rapidly quenched by stellar feedback from the
starburst itself, or that if AGN feedback is responsible, the AGN
episode that triggered quenching does not linger into the post-
starburst phase.

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**APPENDIX A: OUTFLOW VELOCITY MEASUREMENTS**

In this Appendix, we provide a simple calibration of the velocity offsets $\Delta v$ returned by our two-component Mg II absorption model (i.e. systemic absorption $+\text{outflow}$; see Section 3.2), so we can estimate the typical (i.e. median) outflow velocity $\bar{v}_\text{out}$ for our galaxy populations. To achieve this, we run our fitting procedure on a large number of simulated Mg II profile stacks, generated with a wide range of typical outflow velocities $v_\text{out}$. To generate our simulated Mg II profiles, we use the following procedure.

(i) We generate 2000 Mg II profiles, each of which is modelled as a Gaussian-convolved doublet, with a fixed intensity ratio of 1.2:1, as observed for massive high-z galaxies (Weiner et al. 2009). Each line has an intrinsic width matched to that of our observations ($\sigma_{\text{obs}} = 8 \, \text{Å}$). Random noise is then added to these profiles at the required level $[S/N_{\text{rest}} \sim 2800 \, \text{Å}] \sim 5$; see Section 2.3.

(ii) We make an assumption on the contribution from both the systemic absorption and the outflowing component to the overall stacked Mg II profile. In this study, all our stacked spectra have an Mg II absorption profile that exhibits a dominant systemic component (see Fig. 4). This is the case, even if an outflowing component is detected (e.g. high-z PSBs). There are several potential explanations for this observation, e.g. outflows that are not in the line-of-sight and/or stellar Mg II absorption (see Section 3.2), so we can

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![Figure A1](https://example.com/figA1.png)

Figure A1. The calibration of our measured outflow velocities. A comparison of the typical (i.e. median) outflow velocity of our simulated Mg II profiles $v_\text{out}$ with the velocity offset $\Delta v$ returned by our two-component model. The data have been binned by the median outflow velocity $v_\text{out}$ and the error-bars represent the $1\sigma$ scatter in each bin. The dashed line shows the $1:1$ relation. We find that for our two-component model, the outflowing component has a velocity offset $\Delta v$ which systematically overestimates the median outflow velocity $v_\text{out}$ by $\sim 350 \, \text{km s}^{-1}$. For our high-z PSBs, our two-component model yields an outflowing component with a velocity offset $\Delta v \sim 1500 \pm 150 \, \text{km s}^{-1}$ (red line). Therefore, these simulations suggest that the true outflow velocity is actually $v_\text{out} \sim 1150 \pm 160 \, \text{km s}^{-1}$.
(i) Model A: the two-component model (systemic absorption + outflow) presented in Section 3.2 (see Fig. 4). This consists of two Gaussian-convolved doublets: one fixed at the rest-frame wavelength for the systemic absorption (stellar + ISM), and another with a free centroid to model the outflow.

(ii) Model B: a two-component model (stellar + outflowing ISM), with a full spectral fit used to determine the stellar component. To avoid the influence of the outflowing ISM absorption on the fit, the blue-side of the Mg II profile is masked ($\lambda < 2800$ Å). The red-side of the Mg II profile ($\lambda > 2800$ Å) is unmasked, which essentially forces the fit to account for all the systemic absorption with the stellar component. In this case, only a single outflowing component (i.e. Gaussian-convolved doublet) is required to account for the ISM absorption.

(iii) Model C: a three-component model (stellar + systemic ISM + outflowing ISM). In this case, a full spectral fit is used to determine the stellar component, but in the fitting the entire Mg II profile is masked (2760 < $\lambda < 2830$ Å). Since our PSBs are expected to retain a significant residual ISM component (see Section 3.3), we do expect some ISM contribution to the systemic absorption. Therefore, masking the entire Mg II profile avoids forcing the fit to account for all the systemic absorption with the stellar component. In this case, we require two components to account for the ISM absorption (systemic + outflowing), each of which consists of a Gaussian-convolved doublet.

In Fig. B1, we present and compare the results of each model for the stacked Mg II profile of our high-$z$ PSB galaxies. In the full spectral fits to the stellar component (Models B and C), we note that the stellar continuum has revealed a potential weak feature blue-wards of Mg II that could potentially account for some of the asymmetric nature. We have thoroughly explored this issue in the UVBLUE stellar models and found that this feature is only important in the atmospheres of F-stars, potentially due to a weak molecular absorption line that becomes significant at those effective temperatures (5000 < $T_{\text{eff}}$ < 7500 K). Similar results are also found using an alternative synthetic stellar library provided by Coelho (2014). Nonetheless, despite this issue, we find that for both models explored (Models B and C) the Mg II profile still presents a significant excess of blue-shifted absorption with respect to the stellar component. Furthermore, in comparison to our original two-component model (Model A), we find that (i) although weakened, the significance of an outflowing ISM component remains >3$\sigma$ (as determined by an F-test); and (ii) consistent velocity offsets for the outflow are obtained ($\Delta v \sim 1500$ km s$^{-1}$).

With respect to our stellar continuum fits, we note that the synthetic stellar libraries used are based on theoretical models that are known to suffer from various issues. For example, it is known that (i) various regions of the UV spectrum are poorly reproduced; and (ii) the prominent metallic lines in F/G stars (including Mg II), are always stronger in the synthetic spectra than in observed stars (see Rodríguez-Merino et al. 2005, for further details). This is also true to a lesser extent for A-stars (see fig. 10 from Rodríguez-
Merino et al. (2005). We also note that in our models, the strength of the stellar Mg II absorption differs depending on the nature of the Mg II mask used in the fit. This implies that the Mg II feature is essentially unconstrained in our fits from other features in the blue-optical spectrum (2550–4350 Å). Due to these issues, it is likely that the unknown weak feature on the blue-side of Mg II is also unconstrained and therefore uncertain in nature. These issues require further exploration in order to ascertain the true importance of this feature in the stellar models. Nonetheless, the presence of an outflowing component is still required in all models (significance >3σ). Furthermore, consistent velocity offsets are also obtained with each model (Δv ∼ 1500 km s$^{-1}$). The 1σ uncertainties in the velocity measurements are determined using the variance between analogous fits performed on 1000 simulated spectra generated via a bootstrap analysis.

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