Using the Ca II Triplet to Trace Abundance Variations in Individual Red Giant Branch stars in Three Nearby Galaxies

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Spectroscopic abundance determinations for stars spanning a Hubble time in age are necessary in order to unambiguously determine the evolutionary histories of galaxies. Using FORS1 in Multi-Object Spectroscopy mode on ANTU (UT1) at the ESO-VLT on Paranal we obtained near infrared spectra from which we measured the equivalent widths of the two strongest Ca II triplet lines to determine metal abundances for a sample of Red Giant Branch stars, selected from ESO-NTT optical (I, V–I) photometry of three nearby, Local Group, galaxies: the Sculptor Dwarf Spheroidal, the Fornax Dwarf Spheroidal and the Dwarf Irregular NGC 6822. The summed equivalent width of the two strongest lines in the Ca II triplet absorption line feature, centered at 8500 Å, can be readily converted into an [Fe/H] abundance using the previously established calibrations by Armandroff & Da Costa (1991) and Rutledge, Hesser & Stetson (1997). We measured metallicities for 37 stars in Sculptor, 32 stars in Fornax, and 23 stars in NGC 6822, yielding more precise estimates of the metallicity distribution functions for these galaxies than it is possible to obtain photometrically. In the case of NGC 6822, this is the first direct measurement of the abundances of the intermediate-age and old stellar populations. We find metallicity spreads in each galaxy which are broadly consistent with the photometric width of the Red Giant Branch, although the abundances of individual stars do not always appear to correspond to their colour. This is almost certainly predominantly due to a highly variable star formation rate with time in these galaxies, which results in a non-uniform, non-globular-cluster-like, evolution of the Ca/Fe ratio.

Subject headings: GALAXIES: INDIVIDUAL: SCULPTOR, FORNAX, NGC6822, GALAXIES: KINEMATICS AND DYNAMICS, GALAXIES: LOCAL GROUP
1. Introduction

It is impossible to uniquely determine the star formation history of a galaxy on the basis of photometry of individual Red Giant Branch (RGB) stars alone. This is because the uncertainty in the metallicity (heavy element abundance) of a star translates into an uncertainty in age. This is the age-metallicity degeneracy which plagues the accurate analysis of CMDs (e.g., Searle, Wilkinson & Bagnuolo 1980; Tolstoy 1998, and references therein; Cole et al. 1999). It is necessary to directly measure the abundance of stars of different ages to understand how metallicity has changed with time. This has not been easily possible for galaxies beyond the Magellanic Clouds until the advent of 8m class telescopes, even at the intermediate resolutions required for the most basic of metallicity indicators, the Ca II triplet. Looking at isolated systems beyond our rather complex immediate neighbourhood means that we can avoid the difficult interpretations required to understand the properties of our Galaxy (e.g., Edvardsson et al. 1993) and the Magellanic Clouds (e.g., Olszewski et al. 1991; Da Costa & Hatzidimitriou 1998; Cole, Smecker-Hane & Gallagher 2000) and find systems that are simpler and thus (hopefully) easier to interpret. We will most definitely extend our knowledge to a larger variety of star formation histories.

One of the major uncertainties in galaxy evolution remains our detailed understanding of how the abundance of heavy elements, or metallicity, in an interstellar medium varies with time, and thus in different generations of stars. In galaxies which are still forming stars today, the end-point of the metallicity evolution can be measured using H II region emission lines (e.g., Matteucci & Tosi 1985; Pagel & Tautvaišienė 1998), or super-giant stars (e.g., Venn et al. 2000), but deducing how the metal abundances built up to their present levels requires additional information. We want to be able to measure the evolution of metallicity directly and consistently through time, by looking at the properties of stars of different ages. Using a Colour-Magnitude Diagram (CMD) of individual stars in a galaxy it is possible to select RGB stars with ages in the range 1–10 Gyr and by determining their individual metallicities we can monitor the metallicity evolution of the whole galaxy over this time frame using the same index. If we then add this independent metallicity information about individual stars to the CMD analysis, then we can better disentangle the effects of age and metallicity and determine a more accurate star formation history over the age range 1–10 Gyr (e.g., Cole et al. 2000; Hughes & Wallerstein 2000; Brown & Wallerstein 1993).

The Ca II triplet lines, at 8498, 8542 and 8662 Å are conveniently among the strongest features in the near-infrared spectra of most late-type stars, and only moderate spectral resolution is required to accurately measure their strengths. The use of the Ca II triplet as a metallicity indicator has a long and checkered history, but after some initial uncertainty,
it was shown, in the integrated light of a sample of globular clusters, that the Ca II triplet summed equivalent width is strongly affected by metallicity (e.g., Armandroff & Zinn 1988). Subsequent studies backed-up this result from measurements of individual globular cluster RGB stars (e.g., Olszewski et al. 1991). An empirical method of ranking globular clusters according to metallicity was first detailed by Armandroff & Da Costa (1991, hereafter AD91), and their basic approach is what has been most generally adopted and refined since then. Rutledge et al. (1997a) have presented the most extensive catalogue of Ca II triplet measurements, which Rutledge, Hesser & Stetson (1997b, hereafter R97b) have used to calibrate the Ca II triplet, $[\text{Ca}/\text{H}]$ to the $[\text{Fe}/\text{H}]$ scale determined from detailed high resolution spectroscopy by Zinn & West (1984) and Carretta & Gratton (1997). R97b have shown that the Ca II triplet method is accurate and linear between $[\text{Fe}/\text{H}]= -2.2$ and $-0.6$, which is the range of metallicities we might expect for the galaxies in our sample.

Thus, measuring the summed strengths of the two strongest Ca II triplet lines in the spectra of individual RGB stars and converting them into a measure of stellar iron abundance is an empirically proven “quick and dirty” alternative to high resolution detailed direct abundance determinations of numerous elements (e.g., AD91; Suntzeff et al. 1993; R97b; Da Costa & Hatzidimitriou 1998; Cole et al. 2000), if we can assume that globular clusters and galaxy field stars will have similar abundance patterns (Smecker-Hane & McWilliam 1999; Shetrone, Côté & Sargent 2001).

With FORS1 in multi-object spectroscopy (MOS) mode we can efficiently build up a large sample of Ca II triplet measurements of individual stars in nearby galaxies. Using the Ca II triplet lines we can also determine the radial velocity of each star and thus assess the likelihood of the membership in the galaxy, and obtain a rough determination of the velocity dispersion of the observed stars within these galaxies.

We chose to observe three nearby galaxies which are known to have complex, long-lasting star formation histories. The resulting large range in age of stars on the RGB makes it very complicated to directly interpret its properties in terms of age or metallicity. The three nearby galaxies chosen are: Sculptor dSph, Fornax dSph and NGC 6822 dI (see Table 1). These galaxies have accurate CMDs, and quite complex, but relatively well determined, star formation histories (e.g., Monkiewicz et al. 1999; Buonanno et al. 1999; Gallart et al. 1996a). Stars in four relatively nearby star clusters with well determined metal abundances and previous Ca II triplet observations were also observed (see Table 2) to calibrate the variation of the Ca II triplet lines as a function of metallicity, and thus tie our results onto the metallicity scale of R97b.
2. Observations

The observations were obtained in visitor-mode, with UT1/FORS1 with MOS instrument set-up, between August 17th and 20th 1999 (see Table 3). At our resolution, the FORS1 MOS field of view is 6.8 arcmin long and ~2 arcmin wide to cover the full wavelength range (7000 - 9000 Å). It is covered by 19 mechanical slit-jaws which can be moved around the field horizontally for a given orientation on the sky. The slit jaws come from either side of the field to meet at the determined slit width. The length of each slit is fixed, and in the configuration we used each slit is about 20 arcsec long (projected on the sky).

Throughout our observations we used a slit width of 1 arcsec and the GRIS-600I+15 grism along with the OG590 order-sorting filter, to cover the Ca II triplet wavelength region with as high resolution as possible. With this setting the pixel sampling is close to 1 Å per pixel and the resolution ≈ 2-3 Å over the wavelength range 7050−9150 Å. This is the maximum resolution that can be obtained with FORS1 without resorting to a narrower slit. Although this is a wavelength range at which the FORS1 CCD (Tektronix) has reduced sensitivity it is where the RGB stars we were aiming to detect are brightest. The Ca II triplet is also a useful unblended feature to accurately measure radial velocities (e.g., Hargreaves et al. 1994) and there are abundant narrow sky lines in this region for wavelength calibration and/or spectrograph flexure monitoring. The spectrum in the region of the Ca II triplet is also very flat and relatively free of other lines, permitting unambiguous continuum level determination.

The meteorological conditions during this run were always photometric (see Tolstoy et al. 2000), and the seeing although very good typically varied by quite a lot during each of the nights (roughly between 0.3 and 0.9 arcsec on the seeing monitor) These data were taken while Paranal was still under construction, before the re-coating of the primary mirror, and were therefore 30−40% below the optimal sensitivity.

The target RGB stars were selected from earlier NTT imaging in V and I filters of these galaxies (Tolstoy et al. in prep). We selected stars from three different fields in Sculptor (see Figure 1) and one each in Fornax (Figure 2) and in NGC6822 (Figure 3). The selection criteria covered a range in magnitude and we attempted to get as large as possible a spread in colour across the RGB (See Figures 1, 2, 3). We also tried to avoid including asymptotic giant branch stars by avoiding the tip region of the RGB, although it has recently been shown (Cole et al. 2000) that this does not have an important impact on the results. Our selection within these criteria was then driven by how best to align the FORS1 MOS field with the available candidates.
Astrometry of the selected targets was determined through the NTT images in combination with the FORS1 pre-imaging. Through-slit images were used to check the crucial centering of objects in their slits. We have been able to use these images to further check for small offsets from centre for the final positions of all the objects over the field. This is crucial to accurately determine radial velocities of all the stars across the MOS field. A shift of one pixel of the object from the centre of a 5 pixel wide slit translates into $\sim 35$ km/s error in a radial velocity determination. As we show later in the paper, we were able to correct for the small offsets that are inevitable with this kind of complex multi-slit setup. We also used the through-slit image to correct for uncertain photometry for some of the globular cluster stars.

Membership of each individual star observed in each of the galaxies was assumed based upon their photometric positions in a Colour-Magnitude Diagram. This was then verified from radial velocity determinations based upon the resulting spectra. Happily, there was little evidence for contamination by foreground (or background!) objects in either Sculptor or Fornax nor, within the large uncertainties, NGC 6822.

3. Data Reduction and Analysis

As part of standard observing practice on Paranal bias frames are taken every day, as are internal flat fields and wavelength calibration arc spectra, which are taken through the MOS set-ups used at night.

We reduced all our data in IRAF\textsuperscript{1} using standard routines from the CCDRED and APALL packages. We de-biased our frames making use of the overscan region, and flat fielded them from the day-time calibration flat field frames.

Working in the wavelength range 7050–9150 Å at a resolution of 1 Å/pixel, the night sky lines are plentiful and well distributed over the wavelength range and were used to directly map the wavelength distortion and accurately calibrate the spectra. The adopted reference wavelengths were taken from the on-line Keck LRIS skyline plots, which were in turn based on a compilation by Osterbrock & Martel (1992). This was found to be more accurate than using the day-time arc spectra. The sky is estimated from regions as symmetrically

\textsuperscript{1}IRAF is distributed by the National Optical Astronomy Observatories, which are operated by the Association of Universities for Research in Astronomy, Inc., under cooperative agreement with the National Science Foundation.
disposed as possible either side of the target in the (typically) 20arcsec long slits. The resolution of the spectrograph is 2-3 pixels in the spectral direction and 0.2 arcsec/pixel in the spatial direction therefore sky subtraction presents no problem.

3.1. Determining Membership – Radial Velocities

We determined the radial velocities of all the observed stars using the techniques previously described in Tolstoy & Irwin (2000). We created a radial velocity template from Ruprecht 106 - star 1614, which has a previous accurate radial velocity measured by Da Costa et al. (1992) to be $-54$ km/s. This was used as the zero-point comparison for all the radial velocities quoted in this paper, cross-correlating this template with all the other spectra using FXCOR. We further checked the velocity system using the four stars in Pal 12 with previously measured radial velocities (see Table 4).

One the largest errors in determining radial velocities with this MOS set-up comes from errors in centering the images in the slits. These systematic radial velocity errors can be corrected by determining the offsets of the star position in a through-slit image, and comparing this to a cross-correlation with the position of the telluric A band in their respective spectra to confirm the displacement and correct the wavelength scale appropriately.

As shown in Figures 7, 8 & 9 for each galaxy the histogram of radial velocity tightens up significantly about the (known) radial velocity of the galaxy after the correction has been applied. The expected stellar velocity dispersion within globular clusters and dwarf spheroidals is known to be about $\pm 10$ km/s (e.g., Harris 1996; Mateo 1998), but within larger dII galaxies this is not so well known, and is also much less meaningful, as dIs typically rotate. In HI gas NGC 6822 has a velocity difference of 100 km/s from one side to the other (de Blok & Walter 2000; Brandenburg & Skillman 1998), and the velocity dispersion we see in Figure 9 is a combination of the effects of differential rotation over the field and random motion.

Radial velocities were derived for all the spectra mainly for use in determining membership probabilities. Rather than using radial velocity standards we calibrated our velocity system using the known radial velocities of stars within globular clusters we also observed. This also has the added advantage of providing a better template match for cross-correlation. The majority of the RGB-selected stars in each MOS field ought to be members of the galaxies because of the careful photometric selection. In combination with
the radial velocity information this generally leads to unambiguous membership assignment. For Fornax and Sculptor previous studies at high resolution have shown the dispersion to be around 10 km/s (Armandroff & Da Costa 1986; Queloz, Dubath & Pasquini 1995; Mateo et al. 1991). Based upon the dispersion we measure from our spectra, we determine our criteria for membership such that within 3 sigma of the central velocity is a “definite” member, and in the range 3−5 sigma is a “maybe”, and those (very few) outside this range are highly unlikely to be members of the system.

In the case of Fornax and NGC 6822 there is likely to be a degree of foreground Galactic star contamination which cannot be eliminated by radial velocity information. The velocity of Fornax is very low, and thus it is frequently hard to distinguish members of Fornax dSph from stars in our Galaxy (see Mateo et al. 1991), but careful colour selection helps to minimise this contamination. Fornax is at high galactic latitude, so this effect is in any case likely to be small, but NGC 6822 has both a low velocity and a low Galactic latitude. It is liable to have significant contamination which we will be unable to detect directly, see also Gallart et al. (1996a). This can clearly be seen in our NGC 6822 CMD (in Figure 4), compared to Fornax (Figure 3) and Sculptor (Figure 4), there are obviously field stars over the entire area of the NGC 6822 RGB. This is seen as a scatter of points covering the magnitude and colour range plotted in Figure 4. NGC 6822 also suffers from significant reddening without much information upon the differential effects. Nonetheless, the distribution of velocities of the RGB stars selected in NGC 6822 is still peaked about the expected value of the galaxy (from Richter, Tammann & Huchtemeier 1987), and so this gives us confidence that the contamination is likely to be a small fraction of the total.

3.2. Determining the Abundance – Equivalent Widths

We measured equivalent widths of the Ca II triplet lines in IRAF by fitting a Gaussian profile to each line and determining the continuum consistently on either side of the line. The weakest Ca II line at 8498 Å was not used in any analysis. It is often of very low signal-to-noise, especially at low metallicity, and is more affected by sky lines than the other two. The error estimates on the Gaussian fits as provided by the fitting routine are given in Tables (4−7). The errors in the equivalent width due to inaccurate continuum placement in the Ca II triplet region are much less than the random errors. We also checked for a possible offset caused by the Gaussian fitting function by comparing these results with a simple total integration over the lines and found negligible (< 1%) systematic differences. We present example spectra with different line widths (and thus metallicity) in Figure 10.
The dependence of the Ca II line widths on surface gravity, for metallicities below \([\text{Ca}/\text{H}]= -0.3\) on the RGB above the Horizontal Branch, has been shown to be a simple linear relationship between \(W'\), which we define as the summed width of \(\lambda\lambda 8542\) and \(8662\), and the absolute magnitude, \(M_V\), of the star which can be parametrized \((V-V_{HB})\) the difference in magnitude between the observed RGB star and the level of the Horizontal Branch (\(e.g., \ AD91, \ R97b\)). So this dependence can be easily removed, and we are left with a straight forward dependence of \(W'\) on metallicity. In common with Cole et al. (2000), we re-derived the R97b relation, which requires the minimum of assumptions and input data:

\[
W' = \Sigma W(Ca) + 0.64(\pm 0.02)(V - V_{HB})
\]

where \(\Sigma W(Ca) = W_{8542} + W_{8662}\), which is very similar to the linear regime of the AD91 calibration. We also adopt the abundance scale of Carretta & Gratton (1997), which was shown by R97b to scale linearly with \(W'\) as:

\[
[\text{Fe}/\text{H}]_{CG97} = -2.66 + 0.42W'
\]

We rederived this relation using observations of individual stars in globular clusters of known metallicity. We can then apply this abundance scale to our observations of individual stars in nearby galaxies.

There are a number of uncertainties in putting the stars observed in galaxies on the same basis as the measurement of globular clusters, as extensively discussed in R97a, and Cole et al. (2000). The most important is the \([\text{Ca}/\text{Fe}]\) ratio, which is likely to vary depending upon the star formation history of the galaxy, and the ratio of old to young stellar populations. The \([\text{Fe}/\text{H}]\) abundance at a given age should be related to the total amount of past star-formation (until that age), but \([\text{Ca}/\text{Fe}]\) at a given age is a function of the ratio of star formation during past 100 Myr prior to that age, and the total star formation until that age. This means that care must be taken in converting between Ca and Fe abundances, and a Galactic-halo-like calibration is suitable for those cases when the total star-formation is dominated by the very earliest times (\(e.g., \ Draco\) and Ursa Minor, Shetrone et al. 2001), but a Galactic-disc-like calibration is better for a more constant star-formation rate (\(e.g., \ Smecker-Hane & Mc\ William 1999\) for the Sagittarius dSph). When a galaxy is dominated by discrete episodes of star-formation, especially in recent times it becomes difficult to uniquely determine a unique metallicity scale from a single element abundance (\(e.g., \ Pagel & Tautvaisien\ 1998, \ for the SMC; \ and Cole et al. 2000\).

There is also the problem of choosing the correct value of \(V_{HB}\), which varies systematically with age in a galaxy with extended periods of star-formation (Cole 1998). In stellar populations much younger than the calibrating globular clusters, the corresponding \(V_{HB}\) will likely be brighter than predicted for given metallicity (\(e.g., \ Da\ Costa &
Hatzidimitriou 1998). This effect is exacerbated in a system with young stars and variable reddening, such as NGC 6822. For field stars, with an a priori unknown age, we can’t do anything about this fact, which could add a bias of order 0.1 dex to the metallicity of an individual star. However, this does not preclude a detailed analysis of the results, provided care is taken in the interpretation (Cole et al. 2000).

4. Results

4.1. Calibration Globular Clusters

To calibrate our observations on to a metallicity scale, as demonstrated in the comprehensive studies of globular clusters by AD91 and R97b we observed individual stars in four globular clusters: M 15, Rup 106, Pal 12 and 47 Tuc, which cover the metallicity range we are interested in (see Table 2), and which have previously been studied and put into a global scheme by AD91 and R97b. There appear to be inherent differences in the measurement of equivalent widths between previous studies, probably due to differences in line fitting techniques and telescope and instrument properties (see R97a,b for detailed discussion), and so we redetermine the scale using our own observations.

The results of our observations of stars in globular clusters are listed in Table 4, which shows: the cluster and star number in column 1; the V magnitude of the star in column 2; the B-V colour in column 3; our measured summed equivalent width of the two strongest Ca II triplet lines, \( \Sigma W_{\text{ obs}} = W_{8542} + W_{8662} \) in column 4; the uncorrected observed radial velocity, \( V_r(\text{ob}) \) in column 5; the correction to the observed radial velocity due to the offset of the star in the slit in column 6; the corrected velocity, after this offset has been applied, \( V_r(c) \) in column 7; a previous measurement of the radial velocity of the star if one exists in column 8; the references for the colour, magnitude and any previous observations for each star are listed in column 9.

In Figure 11 the summed Ca II equivalent widths are plotted as a function of \( V - V_{\text{HB}} \) for the stars in our calibration clusters. For each cluster the line of constant metallicity determined for each cluster is plotted, using the R97b calibration described in §3.2, as a dashed line.

Broadly speaking our results fit consistently onto the previous abundance scale determined by R97b, even though we define \( W' \) differently (R97a use a weighted sum of all three triplet lines). The mean metallicity of Rup 106 is found to be somewhat higher
([Fe/H]= −1.4) than that determined by Da Costa et al. 1992 ([Fe/H]= −1.7), but it is more consistent with the value measured by Brown, Wallerstein & Zucker (1997) from high resolution spectroscopy. In the case of M 15, we find it to be slightly more metal rich ([Fe/H]= −2.15) than expected from high resolution spectroscopy, where Sneden et al. (1997) find values around [Fe/H]= −2.3. Sneden et al. noted that M 15 has an unusual high [Ca/Fe] ratio, which could explain this discrepancy. Pal 12 appears to have a slightly higher mean metallicity ([Fe/H]= −0.8) than high resolution spectroscopy found ([Fe/H]= −1.0), from Brown et al. (1997), but consistent with previous Ca II triplet observations (R97a). Our data also support the metallicity spread noted by Brown et al. due to variations in the [Ca/Fe] ratio within this cluster.

It is known that the [Ca/Fe] ratio is not really that constant over the globular cluster population (Carney 1996). Therefore there is an implicit assumption in the use of the (AD91, R97b) calibrations that the objects of interest have experienced a similar evolution of the [Ca/Fe] to [Fe/H] ratio as the globular clusters. Figure 8 of Cole et al. (2000) shows how this assumption may break down for the LMC, because of its complex star-formation history. Until the Ca II triplet equivalent width can be calibrated to a scale which ties it directly to [Ca/H], this remains the ultimate limitation on the accuracy of the method.

4.2. Sculptor Dwarf Spheroidal

4.2.1. Background

The Sculptor dSph galaxy was discovered by Shapley in 1938 (Shapley 1938), and Baade & Hubble (1939) noted its similarity to a globular cluster, except for size and distance. Sculptor was found to contain a very rich population of RR Lyr variable stars (Thackeray 1950), clearly indicating that its stellar population contains a globular cluster age component. Various studies of evolved stars have shown Sculptor to contain a small number (8) of intermediate age carbon stars (e.g., Frogel et al. 1982; Azzopardi et al. 1986), well known indicators of metal poor intermediate age stellar populations (e.g., Aaronson et al. 1984) and possibly also Anomalous Cepheids (Norris & Bessel 1978). The presence of old and intermediate age stellar populations clearly demonstrates that Sculptor is predominantly old, but there are signs that it has been forming some stars until at least 7–8 Gyr ago. Carignan et al. (1998) found evidence for small amounts HI gas in and around Sculptor.
The first attempt to piece together an accurate star-formation history determined from a CMD reaching down to globular cluster age main sequence turnoffs was made by Da Costa (1984). He determined that the bulk of the stellar population of Sculptor is likely to be 2–3 Gyr younger than a typical globular cluster, such as M 92. He also noted that the intrinsic width of the RGB was probably caused by a 0.5 dex spread in abundance (from $[\text{Fe/H}] = -2.1$ to $-1.6$), and a population of “blue-stragglers” (in globular cluster terminology), which could be interpreted as main sequence turn-off stars as young as 5 Gyr old, or they could be the results of stellar mergers. Kaluzny et al. (1995) made a careful study of the central region of Sculptor and found no main sequence stars ($m_V < 21$), ruling out any star formation over the last 2 Gyrs.

Using WFPC2, Monkiewicz et al. (1999) have made the deepest CMD of Sculptor to date, although they cover a tiny fraction of the entire galaxy, they detected stars several magnitudes below the oldest possible main sequence turnoffs. Their accurate photometry in this region allowed them to conclude that the mean age of Sculptor is similar to that of a globular cluster, but that there was probably a spread in age during this epoch of at least 4 Gyr.

4.2.2. Ca II Triplet Results

In Table 5 we summarise the results for the sample of stars we observed in Sculptor in the 3 fields across the galaxy, distributed as shown in Figure 1. The nomenclature for the stars in Table 5 is that stars with c1 or c2 before a number are taken from the central field (a distinction is made between the two susi2 chips, i.e., c1 (East) and c2 (West). The NE field is o1 and the SW one is o2. The two outer fields were chosen to overlap with the Carignan et al. (1998) detections of HI. The position of the selected stars in a CMD are shown in Figure 4.

The Ca II triplet results are plotted on the equivalent width versus the V magnitude difference with the Horizontal Branch, calibrated to the R97b results in Figure 12. Only stars which are considered to be members of Sculptor from their radial velocity, and lie on the RGB are fully included in Figure 4. We have also excluded a number of stars because of their positions in the CMD. One star has a spectrum which looks like an M-star, one lies in the Horizontal Branch region of the CMD, and four are too far to the blue side of the RGB, and are unlikely to be RGB stars. Since the Ca II triplet has only been shown to be valid for RGB stars it is sensible to exclude these stars from our analysis. They are also plotted as crosses in Figure 12.
It is clear that the Red Giants across Sculptor contain a significant spread in metallicity, see Figure 13. The highest metallicity appears to be around $[\text{Fe/H}] = -1.3$, and there are a few objects around $[\text{Fe/H}] = -2.1$, but the majority are clustered between $[\text{Fe/H}] = -2.0$ and $-1.3$. The mean metallicity of the stars we observed in Sculptor is $[\text{Fe/H}] = -1.5 \pm 0.3$. There is no evidence for any spatial effect in the distribution of stars of different metallicity, and each of the observed fields (c1, c2, o1, and o2) contain stars which fall over the entire range of metallicity found for Sculptor. The histogram plot shows a fairly sharp cut off in the upper metallicity boundary for Sculptor, with a shallow tail extending to low metallicity.

In general terms the Ca II triplet results give us a larger metallicity spread than we would expect from the breadth of the RGB observed in CMDs, as would be expected, if the metal-poor stars are older than the metal-rich stars. Most of the stars seem to cluster around $[\text{Fe/H}] \sim -1.5$, which is slightly more metal rich than the RGB suggested. This serves as a useful example of the inherent uncertainties caused by the age-metallicity degeneracy in determining metallicities from the RGB.

Another important point of note is that our results show that the colour of an individual star in Sculptor on the RGB is not a very good indicator of metallicity, not even relative metallicity across the RGB. There are blue stars from the metal rich side of the metallicity distribution and red stars from the metal poor side. There is however a slight general trend in the population of stars of different metallicity to be more red with higher metallicities, but there is a lot of dispersion. This also means that we often find isochrones of the metallicity of the star we observe do not fit the $V-I$ colour of the star for any age. This reconfirms the fairly well known fact that we do not understand stellar evolution on the RGB very well.

4.2.3. An Evolutionary Scenario

One possible global star formation history scenario for Sculptor which takes into account all the information that we now have on the stellar population, is that Sculptor has under-gone two distinct, possibly contiguous, phases of star-formation during its life time.

The initial phase, was probably the most intense. If the original gas was pristine then the enrichment was extremely rapid, because the mean metallicity of the stars from this epoch seems to be $[\text{Fe/H}] \sim -1.7$. The duration of this phase of active star formation was from $15-11$ Gyr ago, effectively an extended period of star-formation beginning about the age of Galactic globular cluster formation, and continuing for around $4$ Gyr. This
assumption comes from the deep CMD analysis of main sequence turnoffs by Monkiewicz et al. 1999, and also the analysis of the horizontal branch morphology being caused by an age spread at early time (e.g., Da Costa 1984; Majewski et al. 1999).

The second phase of star formation in Sculptor is required to explain the population of intermediate age evolved stars such as carbon stars, AGB stars and Anomalous Cepheids. The average metallicity of these stars is $[\text{Fe/H}] \sim -1.5$. It is hard to give an older age limit to these stars, but theory dictates that they are typically younger than 9 Gyr, and the limits on the brightest main sequence objects makes the younger age limit for star formation 4–5 Gyr ago.

Whether these two phases are actually part of a continuous, though declining star formation rate between 15 and 5 Gyr ago, or representative of two distinct epochs, or perhaps “bursts” it is hard to say for sure. It is only clear that star formation younger than about 11 Gyr ago has to be much less intense than the period between 11-15 Gyr ago because of the sparsely populated main sequence at these ages, and relatively few intermediate age stars.

Putting together all the pieces of information we have about past star formation in Sculptor, one possible star formation history is plotted in the upper panel of Figure 14 as a dashed line. The dashed line in the lower panel describes the most simple chemical evolution model (as first described by Searle & Sargent 1972), assuming the star formation history in the upper panel. We derived the assumed yield (the rate at which stars are producing Fe) by taking as fixed the high metallicity end point of the star formation history at the most recent time. On the lower plot we then over-plot where the RGB stars would lie, if we determine ages for the stars for which we measured the metallicity using isochrones (Bertelli et al. 1994). Our results are consistent with a trend of increasing metallicity with time since formation, but there is a large scatter at all ages. There appears to a broad agreement between the trend seen in the data points and in the model.

4.3. **Fornax Dwarf Spheroidal**

4.3.1. **Background**

The discovery of Fornax was presented in the same paper as the discovery of Sculptor (Shapley 1938), and they make an interesting pair for comparison. Qualitatively they look very similar, although Fornax is larger and more metal rich in the mean, and has
globular clusters, whereas Sculptor has none. Also, looking in detail at the star formation histories of Sculptor and Fornax it is clear they have followed very different evolutionary paths. Sculptor is dominated by older stellar populations, whereas Fornax appears to have been forming stars quite actively until 2 Gyr ago, and to be dominated by a 4–7 Gyr old population, and has evidence for only a small number of globular cluster age stars in its field population.

Fornax contains a large number of RR Lyr and Mira variables, and carbon stars, as well as one anomalous Cepheid, one planetary nebula and 5 globular clusters (Da Costa 1998). Young (1999) looked for neutral hydrogen, and found none. The best estimate for the mean abundance of the bulk of the stars in Fornax comes from the intrinsic width of the RGB, and is \([\text{Fe/H}] = -1.4\) with a spread of about 0.15 dex (Buonanno et al. 1985). It is quite hard to disentangle age from metallicity effects on the RGB because Fornax has such a long lasting and complex star formation history.

The extended sequence of main sequence turnoffs in the Fornax CMD indicates a long history of star formation (e.g., Beauchamp et al. 1995; Stetson, Hesser & Smecker-Hane 1998; Buonanno et al. 1999), which has only recently ceased. The luminosity of the brightest blue stars show that Fornax cannot contain any stars younger than 100 Myr (Stetson et al. 1998).

The presence of numerous (~120) carbon stars with a wide range of bolometric luminosities indicates a significant mass dispersion among the progenitors, and hence a significant age spread in the range 2-8 Gyr ago (e.g., Azzopardi et al. 1999; Aaronson & Mould 1980, 1985). This is supported by a well-populated intermediate-age subgiant branch and a red clump, which require a significant population with an age of 2-4 Gyr. Most recently, an HST study sampling the main-sequence turnoffs of the intermediate-age and old populations in the centre of Fornax was carried out by Buonanno et al. (1999), and they found evidence for a highly variable star formation history starting at the epoch of globular cluster formation (say 15 Gyr ago) and continuing until 0.5 Gyr ago. Their detailed analysis did not take account of metallicity variations with age, which must be present, which will probably make their ages roughly 30% too young, in the mean.

An old population is present as demonstrated by detection of a red Horizontal Branch, slightly fainter than the Red Clump (Buonanno et al. 1999), and of RR Lyrae variables (Stetson et al. 1998). In addition to the large number of RR Lyrae variables, there is also a weak, blue Horizontal Branch so Fornax clearly does contain a very old, metal-poor component.
4.3.2. Ca II Triplet Results

In Table 6 we summarise the results for the sample of stars we observed in Fornax in a field in the centre of the galaxy, positioned as shown in Figure 2. Where the observed stars lie in a CMD is shown in Figure 3. The Ca II triplet results are plotted on the equivalent width versus the V magnitude difference with the Horizontal Branch, calibrated to the R97b results in Figure 15. Only stars which are considered to be members of Fornax from their radial velocity, and lie on the RGB are fully included in Figure 15; we have plotted the location (with crosses) where the stars of low S/N lie, without their corresponding error bars (see Table 6). This is done in the interests of not making Figure 15 unduly confusing. Figure 15 suggests that the bulk of stars in Fornax lie between $[\text{Fe/H}]=-1.5$ and $-0.7$, with a mean value of $-1.0 \pm 0.3$. The total metallicity spread we find for Fornax is 0.6 dex, and it is more skewed towards higher metallicities than is consistent with that expected from the width of the RGB. There are apparently a few outliers at lower metallicity, $[\text{Fe/H}] \sim -1.5$, and at higher metallicity $[\text{Fe/H}] \sim -0.5$. The abundance distribution is plotted as a histogram in Figure 16. In contrast to Sculptor, Fornax has more of a sharp cut-off in the metallicity distribution at low metallicities, with a tail of values going out to higher metallicity values. The peak of the distribution is at about $[\text{Fe/H}]= -1.2$.

As with Sculptor, the Red Giants selected across Fornax contain a significant spread in metallicity, but not surprisingly the direct comparison between our results and previous photometric determinations of both the mean and the spread in metallicity do not agree. The metallicities we measure are higher and the spread is greater than the photometric determinations. This is because Fornax contains a very large spread in age and is dominated by intermediate age stars, and so using globular cluster RGB fiducials is going to lead to incorrect results, as the majority of Fornax stars are considerably younger than globular cluster stars. This is why we find that the mean metallicity of Fornax is higher than previously thought. We do not have much information on the spatial variation of metallicity in Fornax as both our, relatively small, spectroscopic fields of view lie in the central region of the galaxy, but over the region we do cover there is no evidence for spatial variation in metallicity.

As for Sculptor, there is no correlation between the colour of a star on the RGB and metallicity we measure from the Ca II triplet lines in Fornax. The more metal rich and more metal poor populations over-lie each other very closely. But unlike Sculptor, the range of metallicities and colours does match with the colour range of the available isochrones at the metallicity of most of the stars. This suggests that as we go to higher metallicities the stellar evolution models do a better job on the RGB.
4.3.3. An Evolutionary Scenario

One possible global star formation history scenario for Fornax which takes into account all the information that we now have on its stellar population could be that, unlike Sculptor, Fornax appears to have maintained some level of star formation more or less continuously over most of its history until for the last few hundred million years. It is also possible that the present gap in star-formation is temporary, although it is then hard to understand where the gas for future generations is now. The main justification for this scenario comes from the HST CMD analysis of (admittedly) a small fraction of the stellar population of Fornax (Buonanno et al. 1999), and also the apparently uniform distribution of Ca II triplet metallicities seen in our sample of RGB stars.

There is clear evidence in the evolved field stars of Fornax for very old stars, from a blue Horizontal Branch and RR Lyrae stars, and also an extensive intermediate age stellar population with a He burning Red Clump, and Carbon stars. None of these indicators can be accurately transformed into a star-formation rate at any of these times, except perhaps that the unusually high fraction of Carbon stars in Fornax suggests a large fraction of the stellar population of Fornax was formed roughly between 1 and 9 Gyr ago, and the Red Clump suggests a high star formation rate between 2 and 4 Gyr ago. These deductions can be refined and confirmed by the HST CMD Main Sequence Turnoffs, which suggest a dominant peak in star formation activity between 2.5 and 9 Gyr ago, with relatively very little star formation in the last 2.5 Gyr. It is complicated to quantify what may have happened more than 9 Gyr ago. It seems from the Main Sequence Turnoff information that more than 9 Gyr ago the star-formation rate was much lower than during the peak period, 2.5–9 Gyr ago. There is however the matter of the 5 globular clusters to consider. Common wisdom says that globular clusters accompany episodes of intense star formation in the host galaxies (e.g., Baade 1963). This is however ambiguous from the perspective of the dwarf galaxies of the Local Group (e.g., van den Bergh 2000), including Fornax.

Putting all the pieces of information we have about past star formation in Fornax (but ignoring the presence of globular clusters), one possible star formation history is plotted in the upper panel of Figure 17. Using this star formation history we estimate what the accompanying metallicity evolution might have been, and this is plotted as a dashed line in the lower panel of Figure 17. We have assumed a simple chemical evolution model (as first described by Searle & Sargent 1972). We derived the assumed yield (the rate at which stars are producing Fe) by taking as fixed the high metallicity end point of the star formation history at the most recent time. Also plotted on this lower diagram are where the RGB stars we observed would lie if we determine ages, using isochrones (Bertelli et al. 1994). The trend for metallicity with age is clearly increasing with time towards the present, but
there is quite a lot of scatter, especially for those stars which appear to be very young. This might be due to problems in matching the low metallicity stellar evolution tracks to our observations, which was also found to be a problem in Sculptor. As the metallicity of the stellar population gets lower the difference in V—I colour of a 15 Gyr old star versus a 2 Gyr star on the RGB in the theoretical models dramatically declines. At \([\text{Fe}/\text{H}]= -0.7\) the difference is about 0.14 mag, but at \([\text{Fe}/\text{H}]= -1.9\) it is about 0.04 mag. Therefore tiny reddening or photometric offset for low metallicity stars will have a dramatic impact on the perceived age of an RGB star. There appears to be an offset in the basic metallicity trend between the simple model and the data points at ages >12 Gyr. This is the most uncertain region to interpret the star formation history from the CMD. But as it stands it might suggest that there has been some kind of initial enrichment of the gas in Fornax at very early times. This could perhaps be a relic of the epoch of globular cluster formation which appears to pre-date that of the majority of star-formation in the field population of Fornax.

4.4. NGC 6822

4.4.1. Background

NGC 6822 is one of our closest neighbouring dwarf-irregular (dI) type galaxies. It was nominally discovered by Barnard (1884), although it was not understood as neighbouring galaxy until Hubble (1925) discovered Cepheid variable stars and determined it as being much more distant than even the furthest globular clusters, and thus truly extra-galactic. It is quite similar to the SMC, but it is smaller and less luminous, and unlike the SMC, it is not involved in any (obvious) interaction with our Galaxy or any other galaxy. Unfortunately NGC 6822 is at very low Galactic latitude, and therefore suffers from large and varied reddening over the whole galaxy, and there is also a considerable problem of foreground stellar contamination when accurately determining its stellar content. Despite these issues, its proximity makes it a very rewarding object to study the properties of young (relatively) low metallicity stars in an isolated star-forming dwarf irregular galaxy.

Unlike Sculptor or Fornax, NGC 6822 is presently actively forming stars. It contains numerous, H II regions, some extremely luminous, spread over the face of the galaxy (e.g., Hodge, Lee & Kennicutt 1988; O’Dell, Hodge & Kennicutt 1999), and various studies have catalogued the massive star content (e.g., Westerlund et al. 1983; Armandroff & Massey 1985). NGC 6822 has a large extended halo of HI gas (de Blok & Walter 2000; Brandenburg & Skillman 1998), going out well beyond the optical galaxy. There have been detailed
abundance studies of young A-type super-giants (Venn et al. 2000; Muschielok et al. 1999), and all the young stars looked at to date reveal an iron abundance of $[\text{Fe/H}] \sim -0.50$, confirming that NGC 6822 has a slightly higher present-day abundance than the SMC, consistent with H II region metallicities (e.g., Pagel, Edmunds & Smith 1980). NGC 6822 also contains a number of star cluster candidates (Wyder, Hodge & Zucker 2000), although only one remains as a likely “true” ancient globular cluster candidate, similar to those found around our Galaxy. Even one ancient globular cluster is quite unusual for dwarf irregular galaxies in the Local Group.

Cook, Aaronson & Norris (1986) detected a significant population of intermediate age carbon stars with a wide luminosity variation (suggesting a large age range), and a significant extended AGB population was detected by Gallart et al. (1994). The clear presence of large numbers of these evolved stars shows that NGC 6822 must have had quite a high star formation rate during some or all of the period 1-9 Gyr ago. There has been an extensive series of papers modelling the entire star formation history of NGC 6822 from the resolved stars in a Colour-Magnitude Diagram by Gallart et al (1996a,b,c). Although this work is extremely detailed and represents a noble attempt to dig out information from a noisy CMD, their analysis is based on data taken with a 2.5m telescope, and so the magnitude limits are such that the main sequence turnoffs cannot be detected for stars older than about 400 Myr, and so their results on star-formation before this time come solely from the evolved red stellar population of the upper RGB. This is subject to a great deal of uncertainty, especially without any independent metallicity information. There is little or nothing known about the stellar population older than about 9 Gyr in NGC 6822. The only CMD which reaches to the Horizontal Branch luminosity comes from the analysis of field star contamination in the HST studies of NGC 6822 star clusters, and has not yet been carefully analysed in terms of a star formation history. The Main Sequence in the HST CMDs does not show any obvious evidence for strong or sharp variations in the star formation rate with time over the past Gyr. There is also only evidence for a very weak Horizontal Branch in these data. For the purposes of using the AD91 correction for the effects of luminosity to the Ca II triplet results, we estimated the $V_{\text{HB}}$ from Wyder et al. to be 24.6. A search for RR Lyrae stars did not show them to be present in any significant numbers (Saha, private communication), and this study was contemporaneous with other searches by the same investigators, who successfully discovered RR Lyrae in several other galaxies, including IC 1613 (Saha et al. 1992). This supports the HST results, which covered only a small field of view, that the Horizontal Branch, if present, is weak in NGC 6822. This galaxy is clearly dominated by intermediate age and perhaps even young stellar populations.

NGC 6822 is nearly 3 magnitudes more distant than Fornax, and 4 magnitudes more
distant than Sculptor. Thus these observations of individual RGB stars are really pushing the capabilities of FORS1 on UT1.

4.4.2. Ca II Triplet Results

In Table 7 we summarise the results for the sample of stars we observed in NGC 6822 in the NTT field observed at the position North of the centre of the galaxy, shown in Figure 3. The nomenclature for the stars in Table 7 is that stars with the prefix s1 refer to stars from the eastern half of the NTT field and s2 the western half of the field. Those stars with s1b, refer to a second series of observations on the eastern field, but for some reason they were of much poorer signal-to-noise than the s1 data.

The Ca II triplet results are plotted on the equivalent width versus the V magnitude difference with the Horizontal Branch (see Table 1), calibrated to the R97b results in Figure 18. Only stars which are considered to be members of NGC 6822 from their radial velocity, and lie on the RGB are included in Figure 18; we have plotted the location (with crosses) of where the particularly low S/N stars lie, but without their error bars (see Table 7). Note that there is a larger than usual uncertainty in the Horizontal Branch magnitude, and there is almost certainly variable reddening across NGC 6822. We have assumed a constant reddening (E(B−V)=0.26) for all stars observed, but if there is indeed a large scatter about this value this will artificially create a scatter in metallicity, but this will almost certainly remain much less than the intrinsic equivalent width measurement errors.

Although the error bars are large, it appears that the Red Giants across the NGC 6822 field we observed contain a significant spread in metallicity, which is larger than that seen in either Sculptor or Fornax. The highest metallicity appears to be around [Fe/H]= −0.5, and there are a few objects which fall around [Fe/H]= −2. The mean metallicity of the stars we observe is [Fe/H]= −1 ± 0.5. We don’t see any evidence for spatial variations, but we are observing a rather small area of NGC 6822. Our upper (young) metallicity measurements are consistent with existing accurate young star and H II regions abundances for this galaxy, which consistently find [Fe/H]= −0.5. NGC 6822 thus appears to contain stars across the entire metallicity range to which we are sensitive ([Fe/H]> −2.5), unlike Fornax, which appears to only contains star more metal rich than [Fe/H]> −1.7, or Sculptor which only contains stars more metal poor than [Fe/H]< −1.3. The distribution of metallicities as a histogram (Figure 19) also looks different to either Sculptor or Fornax. It has a central peak at [Fe/H]= −0.9 with a roughly equal distribution of stars to the metal rich and metal poor side of this peak.
The most striking aspect of Figures 18 and 19 is the large range in metallicity, but, because of the problems with variable reddening and because the star formation history of NGC 6822 is not constrained in detail beyond about 400 Myr ago, it is more difficult to accurately fit the Ca II triplet observations into a detailed picture of the star formation history of NGC 6822. Thus, our attempt is much more speculative than for Sculptor or Fornax. Our uncertain knowledge about the detailed star formation history is compounded by a combination of poorer S/N spectra and variable and uncertain reddening towards NGC 6822.

Putting together what information we have results in a plausible star formation history in the upper panel of Figure 20. This is derived from the results of Gallart et al. (1996a), the carbon star survey of Cook et al. (1986), and the interpretation of the extended AGB of Gallart et al. (1994) as being indicative of a fairly recent (∼3 Gyr ago) burst of star formation (see Lynds et al. 1998). In the lower panel we plot, as a dashed line what might be a corresponding metallicity evolution, assuming the star formation history given in the upper panel. We have assumed a simple chemical evolution model (as first described by Searle & Sargent 1972). We derived the assumed yield (the rate at which stars are producing Fe) by taking as fixed the high metallicity end point of the star formation history at the most recent time. Also plotted on this lower diagram are the RGB stars we observed, if we use isochrones (Bertelli et al. 1994) to determine their ages. There were a large number of stars in NGC 6822 which were significantly too red to match any isochrone at their metallicity, presumably due to increased reddening and these stars were not included in Figure 20. Also plotted in the lower panel of Figure 20 is the Venn et al. (2000) direct measurement of the iron abundance of two (young) super-giant stars in NGC 6822; this is the present day metallicity of the galaxy. In Figure 20 the significant rise in the star formation rate of NGC 6822 which occurred at some point in the last 2–3 Gyr is consistent with a relatively recent surge in the metallicity of NGC 6822, as exhibited by the metallicity spread of the RGB stars in this age range. There are also a number of old, metal poor RGB stars, which appear to come from a period before this recent increase in star-formation activity. Since the low end of the Ca II triplet metallicity is around [Fe/H] = −2.4, and there is little evidence for a large old population, with only a very weak Horizontal Branch population, there is unlikely to have been very much star formation during ancient times in this galaxy. It is hard to make a firm conclusion as to how good a match the data points are to a simple chemical evolution model. Our results are broadly consistent with a trend of increasing metallicity with time since formation over the last few Gyr. But the single point at 14 Gyr, if we chose to believe it, does suggest that the metallicity evolution of
this system has not been straightforward. But detailed analysis of possible scenarios is premature with these sparse data. We await more sensitive observations in the future.

5. Conclusions

We have presented spectroscopic metallicity distribution functions for RGB stars in three nearby galaxies, that are more precise than photometric estimates, and it is the first time that old-star metallicity estimates have been made for NGC 6822. We have attempted to reconcile photometric determinations of star-formation histories from CMD analysis and spectroscopic abundance determinations from Ca II triplet equivalent widths into a single star-formation and chemical evolution scenario over the period 1–15 Gyr ago for three nearby galaxies.

All three galaxies we have studied have clearly had very different evolutionary paths, both in star-formation history and thus not surprisingly in metallicity evolution as well. The CMD analysis and the Ca II triplet results give broadly consistent results, but there are some discrepancies which mean that studies like this are worthwhile. The Ca II triplet results allow us additional insight in modelling the evolution of a galaxy in terms of the two most fundamental parameters - star formation rates and chemical evolution - we are thus measuring these parameters independently through time, and thus accurately determining the population box of each galaxy (e.g., Hodge 1989).

The mean metallicity of the RGB stars we observed in our sample of galaxies increases with the mass of the galaxy, as would be predicted by theory (e.g., Ferrara & Tolstoy 2000). Thus, Sculptor is the least massive of the three galaxies (6×10⁶M⊙) and it also has the lowest mean metallicity, [Fe/H]= −1.6. Fornax is about ten times more massive (7×10⁷M⊙), and it has a mean metallicity about three times greater, [Fe/H]= −1.1. NGC 6822 is roughly another order of magnitude more massive (2×10⁹M⊙), and the metallicity of the RGB stars we observed have a very large spread, but the mean [Fe/H]= −0.9, so a factor of about 1.5 greater than Fornax. The distribution of the metallicities of the stars in each of the galaxies is very different, as can be seen by comparing Figures 13, 16 and 19. Although we are observing a small sample of the RGB stars in each galaxy, they were randomly selected across the width of the RGB, and so we can conclude that the different distribution of metallicity means that each galaxy has had a different enrichment history, consistent with their different star formation histories.

Sculptor is a galaxy where the star formation history was apparently truncated about 4–5 Gyr ago, Fornax is a galaxy which had fairly continuous star formation rate over most
of its history until a few hundred million years ago, and NGC 6822 has apparently enjoyed at least one relatively recent enhancement in its star formation rate. Thus all of these galaxies have experienced varying star-formation rates over extended time periods.

One might speculate that Sculptor was formed from nearly pristine gas, which was rapidly enriched in an ancient episode of star formation which also formed a large fraction of the stars in the galaxy. Star-formation then continued at slower rate until it was sharply cut-off about 4–5 Gyr ago, when the metallicity of the stars being formed at this point was \([\text{Fe/H}]=-1.2\). This would explain the sharp high metallicity cut-off in Figure[I3]. Fornax on the other hand looks more like a galaxy which formed most of its stars out of pre-enriched gas, perhaps starting around 10 Gyr ago, at \([\text{Fe/H}]=-1.3\), this explains the sharp low metallicity cut-off in Figure[I4]. It is possible that the gas out of which the stars in the Fornax galaxy were formed was pre-enriched by the formation of its globular cluster population about 15 Gyr ago, and most of the star formation in the galaxy didn’t begin until several Gyr after this time. The metallicity distribution of NGC 6822 looks like a combination of both Sculptor and Fornax, suggesting that it formed stars from very early times, but at a slow rate, which increased up to a maximum quite recently, and it is now decreasing again. Probably if gas were removed from NGC 6822 about 4–5 Gyr ago it would look similar in most respects to a metal-rich Sculptor rather than Fornax, and we can thus speculate that the main difference between Sculptor and NGC 6822 is that NGC 6822 was massive enough to keep its gas up to the present day (see Ferrara & Tolstoy 2000). NGC 6822 is clearly a galaxy which should be more carefully studied in the future.

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Table 1: The Galaxy Sample

| Object | l   | b    | V(HB) | (m-M)_0 | E(B-V) | M_V | v_r | σ  | type | ref  |
|--------|-----|------|-------|---------|--------|-----|-----|----|------|------|
| Sculptor | 287.5 | -83.2 | 20.35 | 19.54±0.08 | 0.02±0.02 | -11.1 | 110 | 6  | dSph | 1,2,6,8 |
| Fornax  | 237.1 | -65.7 | 21.50 | 20.70±0.12 | 0.03±0.01 | -13.2 | 53  | 10 | dSph | 3,4,6,9 |
| NGC 6822 | 25.3 | -18.4 | 24.6  | 23.45±0.15 | 0.26±0.04 | -15.2 | -49 | -  | dI   | 5,6,7  |

1. Kunkel & Demers 1977; 2. Majewski et al. 1999; 3. Beauchamp et al. 1995; 4. Buonanno et al. 1999; 5. Gallart et al. 1996a; 6. Mateo 1998; 7. Wyder, Hodge & Zucker 2000; 8. Queloz, Dubath & Pasquini 1995; 9. Mateo et al. 1991
Table 2: Calibration Globular Clusters

| Object | l     | b     | [Fe/H] | E(B−V) | V(HB) | (m-M)$_V$ | $v_r$ (km/s) |
|--------|-------|-------|--------|--------|--------|------------|--------------|
| 47 Tuc | 305.9 | −44.9 | −0.71  | 0.04   | 14.06  | 13.37      | −18.7        |
| Pal 12 | 30.5  | −47.7 | −1.00  | 0.02   | 17.13  | 16.47      | +27.8        |
| Rup 106| 300.9 | 11.7  | −1.45  | 0.20   | 17.80  | 17.25      | −44.0        |
| M 15   | 65.0  | −27.3 | −2.15  | 0.10   | 15.83  | 15.37      | −107.3       |
Table 3: The Observations

| Date   | Begin UT | Object    | Exptime | Airmass | DIMM* | Effective† | Comments |
|--------|----------|-----------|---------|---------|--------|------------|----------|
| 18Aug99 | 06:03    | Scl-centre | 30      | 1.11    | 0.5    | pre-image  |
|        | 08:26    | Scl-c1    | 2×1000  | 1.04    | 0.7    | 0.58       |
|        | 09:15    | Scl-c2    | 2×1200  | 1.11    | 0.85   | 0.62       |
| 18Aug99 | 06:07    | Scl-out2  | 30      | 1.11    | 0.5    | pre-image  |
| 19Aug99 | 06:46    | Scl-o2    | 1200    | 1.05    | 0.9    | 0.7        |
|        | 07:11    |           | 1000    | 1.02    | 0.8    |            |
|        | 07:35    |           | 1200    | 1.01    | 0.7    |            |
| 18Aug99 | 06:11    | Scl-out1  | 30      | 1.10    | 0.6    | pre-image  |
| 19Aug99 | 08:57    | Scl-o1    | 2×2000  | 1.12    | 0.7    | 0.6        |
| 18Aug99 | 10:02    | Fnx-centre| 60      | 1.02    | 0.8    | pre-image  |
| 19Aug99 | 06:04    | Fnx-c1    | 2×2000  | 1.2     | 0.6    | 0.64       |
|        | 08:49    | Fnx-c2    | 2×2000  | 1.02    | 0.9    | 0.68       |
| 18Aug99 | 05:56    | N6822-centre | 60    | 1.46    | 0.6    | pre-image  |
|        | 01:57    | N6822-susi1 | 3×2000 | 1.03    | 0.5    | 0.56       |
| 19Aug99 | 02:43    | N6822-susi2 | 3×2000 | 1.08    | 0.65   | 0.6        |
| 20Aug99 | 00:05    | N6822-susi1b | 3×2000 | 1.08    | 0.6    | 0.8        |
| 17Aug99 | 23:35    | Rup 106   | 2×300   | 1.68    | 0.7    | 1.08       |
| 19Aug99 | 04:44    | M 15      | 2×120   | 1.26    | 0.44   | 0.5        |
| 19Aug99 | 08:11    | 47 Tuc-l5406 | 150   | 1.49    | 0.9    | 1.0        |
|        | 08:32    | 47 Tuc-l3512 | 2×200  | 1.50    | 0.7    | 0.84       |
| 20Aug99 | 03:43    | Pal 12    | 2×300   | 1.02    | 0.5    | 0.54       |

* This is just an indication of the external seeing measured automatically by the seeing monitor (DIMM) on the mountain. Usually the seeing on the instrument is better than this.

†This is the effective seeing measured from the spatial extent of the spectra on the combined images.
Table 4: Calibrator Results

| Star           | V   | B−V | ΣW<sub>ob</sub> | v<sub>r</sub>(ob) (km/s) | off (km/s) | v<sub>r</sub>(c) (km/s) | v<sub>r</sub>(pr) (km/s) | Ref  |
|----------------|-----|-----|-----------------|--------------------------|-----------|-------------------------|-------------------------|------|
| 47tuc-l3512    | 11.8| 1.63| 6.04±0.05      | 47.2±1.6                | +20       | −27.2                   | −21                     | 1    |
| 47tuc-l5406    | 12.8| 1.30| 5.41±0.13      | 48.8±1.8                | +21       | −27.8                   | −29                     | 1    |
| m15-38         | 14.4| 0.97| 2.09±0.10      | −33.4±2.8               | −82       | −115.4                  |                         | 2    |
| m15-24         | 13.6| 1.14| 2.56±0.14      | −39.6±2.5               | −39       | −79.0                   |                         | 2    |
| m15-58†        | 16.1| 0.77| 2.57±0.13      | −50.3±4.2               | −58       | −108.3                  |                         | 2    |
| m15-195†       | 16.4| 0.72| 2.44±0.45      | −44.1±7.4               | −62       | −103.1                  |                         | 2    |
| m15-260        | 14.5| 0.97| 2.22±0.15      | −40.6±2.1               | −69       | −109.6                  |                         | 2    |
| m15-302‖       | 14.2| 0.99| 2.78±0.33      | −69.1±3.8               | −31       | −100.1                  |                         | 2    |
| m15-371        | 13.6*0.91|2.27±0.25|−39.5±3.9|−74|−113.5|2|2|
| m15-459        | 14.4*0.80|2.16±0.11|−43.9±2.7|−37|−79.7|2|2|
| m15-462        | 13.1*0.99|2.97±0.23|−28.5±2.6|−78|−106.4|2|2|
| pal12-3111‖    | 17.16|0.76|4.89±0.42|−24.3±4.2|+39|14.7|3|
| pal12-S1       | 14.58|1.58|6.45±0.11|−21.7±2.6|+68|46.3|30.6|3,4,5|
| pal12-3460     | 16.69|0.83|4.77±0.18|−4.7±1.7|+10|14.7|3|
| pal12-1118     | 14.79|1.32|6.26±0.07|−13.5±1.9|+12|7.5|25.3|3,4,5|
| pal12-1128     | 15.35|1.26|5.50±0.09|−65.8±1.7|−60|5.8|27.1|3,4|
| pal12-1329     | 17.06|0.79|4.32±0.22|26.8±1.9|+12|38.8|3|
| pal12-1305     | 15.86|1.10|5.39±0.12|−4.7±1.4|+33|28.3|30.9|3,4|
| pal12-3328     | 17.17|0.74|4.27±0.16|44.3±1.8|−33|11.3|3|
| rup106-1730†   | 14.8|0.65|3.86±0.10|13.2±2.2|−30|−16.8|6|
| rup106-1614‡   | 14.7|1.67|4.74±0.05|−53.5±1.5|            |−54|5,6,7|
| rup106-1067‡   | 13.5|0.91|5.60±0.09|66.5±2.1|−62|+4.5|6|
| rup106-1092    | 13.9|1.27|5.44±0.05|−86.2±1.9|−4|−90.2|6|
| rup106-580     | 14.1*1.17|5.28±0.07|−15.3±1.4|−51|−66.3|6|
| rup106-236     | 14.3†1.58|5.04±0.05|54.9±2.1|−57|−2.1|6|

Sources of photometry, star identification and previous radial velocity measurements:
1 Da Costa & Armandroff 1986; 2 Buonanno et al. 1983; 3 Harris & Cantera 1980; 4 AD91; 5 Brown et al. 1997; 6 Buonanno et al. 1990; 7 Da Costa et al. 1992

†Not an RGB star, not included in Figure 11

‡Large error bars, not included in Figure 11

*Photometry corrected for relative flux in the through-slit image

†Defined as radial velocity standard
| Star  | I   | V−I  | $W_{8542} + W_{8662}$ | [Fe/H] | $v_r$(meas) | offset | $v_r$(corr) |
|-------|-----|------|----------------------|--------|-------------|--------|------------|
| c1-56 | 18.2 | 0.86 | 3.35 ± 0.24          | 130.6 ± 2.4 | −2 | 128.6       |
| c1-70 | 17.7 | 1.12 | 4.26 ± 0.24          | −1.28±0.10 | 101.2 ± 2.2 | +26 | 127.2      |
| c1-85 | 18.6 | 0.95 | 3.73 ± 0.46          | −1.30±0.19 | 75.9 ± 2.9 | +13 | 88.9       |
| c1-68 | 19.0 | 0.92 | 3.07 ± 0.43          | −1.49±0.18 | 113.2 ± 3.2 | +6 | 119.2      |
| c1-101| 17.7 | 1.04 | 3.21 ± 0.20          | −1.76±0.08 | 95.4 ± 1.9 | +15 | 110.4      |
| c1-99 | 18.2 | 1.00 | 4.54 ± 0.27          | 133.3 ± 1.9 | +73 | 206.3      |
| c1-43 | 18.3 | 0.96 | 3.29 ± 0.48          | −1.56±0.20 | 162.3 ± 3.9 | −54 | 108.3      |
| c1-55 | 18.7 | 0.80 | 3.29 ± 0.71          | 146.7 ± 4.0 | −43 | 103.7      |
| c1-67 | 19.0 | 0.79 | 3.69 ± 0.89          | 170.2 ± 4.3 | −16 | 154.2      |
| c1-76 | 18.5 | 0.95 | 3.60 ± 0.43          | −1.40±0.18 | 122.5 ± 3.8 | −10 | 112.5      |
| c1-81 | 16.0 | 1.29 | 2.98 ± 0.11          | −2.23±0.05 | 101.3 ± 1.5 | −31 | 70.3       |
| c1-46 | 17.6 | 1.11 | 4.60 ± 0.52          | −1.18±0.22 | 193.7 ± 4.9 | −108 | 85.7       |
| c1-47 | 17.7 | 0.99 | 3.88 ± 0.22          | −1.47±0.09 | 107.0 ± 2.2 | +4 | 111.0      |
| c1-88 | 17.5 | 1.11 | 4.40 ± 0.23          | −1.28±0.10 | 75.7 ± 2.8 | +35 | 110.7      |
| c1-78 | 17.2 | 1.19 | 3.98 ± 0.19          | −1.51±0.08 | 105.3 ± 2.8 | +7 | 112.3      |
| c2-64 | 17.1 | 1.08 | 3.27 ± 0.16          | −1.87±0.07 | 133.9 ± 1.7 | −32 | 101.9      |
| c2-81 | 18.1 | 1.03 | 4.10 ± 0.30          | −1.27±0.13 | 152.5 ± 2.3 | −23 | 129.5      |
| c2-88 | 18.7 | 0.92 | 3.61 ± 0.48          | −1.34±0.20 | 104.1 ± 4.4 | +3 | 107.1      |
| c2-73 | 18.2 | 0.92 | 2.90 ± 0.44          | 103.8 ± 4.5 | 0. | 103.8      |
| c2-38 | 18.9 | 0.91 | 2.99 ± 0.61          | −1.56±0.26 | 125.2 ± 4.2 | −29 | 96.2       |
| c2-39 | 18.2 | 0.89 | 2.53 ± 0.33          | 134.8 ± 4.9 | −11 | 123.8      |
| c2-72 | 18.7 | 0.91 | 3.27 ± 0.62          | −1.49±0.26 | 95.5 ± 4.2 | −20 | 75.5       |
| c2-52 | 18.8 | 0.91 | 3.44 ± 0.74          | −1.41±0.31 | 142.2 ± 5.2 | −44 | 98.2       |
| c2-27 | 19.0 | 0.95 | 4.71 ± 0.63          | −0.81±0.27 | 115.6 ± 7.0 | −34 | 81.6       |
| c2-60 | 19.0 | 0.93 | 3.97 ± 0.71          | −1.12±0.30 | 159.1 ± 4.4 | −49 | 110.1      |
| c2-86 | 18.8 | 0.95 | 4.36 ± 0.75          | −1.01±0.32 | 158.0 ± 4.9 | −41 | 117.0      |
| c2-82 | 18.2 | 1.04 | 3.08 ± 0.34          | −1.68±0.14 | 168.8 ± 3.5 | −58 | 110.8      |
| c2-53 | 19.0 | 0.92 | 3.67 ± 0.65          | −1.25±0.27 | 135.0 ± 5.5 | −54 | 81.0       |
| c2-85 | 17.3 | 1.26 | 3.99 ± 0.18          | −1.49±0.08 | 165.3 ± 1.5 | −63 | 102.3      |
| o1-1  | 17.8 | 0.96 | 1.92 ± 0.15          | −2.30±0.05 | 122.6 ± 2.8 | −3 | 119.6      |
| o1-4  | 17.4 | 1.04 | 4.56 ± 0.18          | −1.27±0.05 | 114.9 ± 2.0 | −7 | 107.9      |
| o1-11 | 19.0 | 0.79 | 3.57 ± 0.46          | 77.5 ± 4.1 | +32 | 109.5      |
| o1-14 | 19.5 | 0.49 | 3.41 ± 0.75          | 138.6 ± 4.6 | −9 | 129.6      |
| o1-6  | 18.2 | 0.99 | 3.76 ± 0.20          | −1.42±0.08 | 98.9 ± 2.1 | +2 | 100.9      |
| o1-15 | 19.9 | 0.19 | 6.32 ± 0.97          | 173.9 ± 6.1 | −6 | 167.9      |
| o1-21 | 17.4 | 1.00 | 3.01 ± 0.22          | −1.94±0.09 | 121.4 ± 1.9 | −17 | 104.4      |
| o1-22 | 18.8 | 0.91 | 2.24 ± 0.29          | −1.90±0.12 | 153.4 ± 7.6 | −39 | 114.4      |
| o1-30 | 17.9 | 2.33 | 2.36 ± 0.15          | 14.0 ± 4.2 | −32 | −18.0      |
| o2-28 | 18.8 | 0.72 | 1.69 ± 0.81          | 151.1 ± 6.7 | −38 | 113.1      |
| o2-25 | 18.0 | 0.95 | 3.80 ± 0.39          | −1.43±0.16 | 150.9 ± 3.1 | −43 | 107.3      |
| o2-33 | 19.0 | 0.89 | 2.80 ± 0.76          | −1.60±0.32 | 142.3 ± 3.3 | −8 | 134.3      |
| o2-38 | 18.7 | 0.93 | 3.86 ± 0.57          | −1.23±0.24 | 125.6 ± 2.8 | −10 | 115.6      |
| o2-46 | 18.4 | 0.96 | 2.90 ± 0.53          | −1.71±0.22 | 141.5 ± 3.1 | −14 | 127.5      |
| o2-44 | 17.9 | 0.99 | 3.83 ± 0.34          | −1.44±0.14 | 145.2 ± 4.2 | −43 | 102.2      |

*Probably not a Sculptor member, from radial velocity, not included in Figure 12.
† Probably a Horizontal Branch star in Sculptor, not included in Figure 12.

∗ Too blue to be an RGB star, not included in Figure 12.

†† This could be a Galactic M-star, certainly not a Sculptor member, not included in Figure 12.
## Table 6: Fornax Results

| Star    | I   | V−I  | $W_{8542}+W_{8662}$ | [Fe/H]  | $v_r$ (meas) (km/s) | offset (km/s) | $v_r$ (corr) (km/s) |
|---------|-----|------|---------------------|---------|---------------------|---------------|--------------------|
| c1-660*| 19.0| 0.91 | 6.94 ± 0.09         |         | 88.7 ± 1.7          | −41           | 47.7               |
| c1-350|| 19.9| 0.83 | 4.63 ± 0.97         | −0.92±0.41| 75.9 ± 4.6          | −13           | 62.9               |
| c1-444 | 19.3| 1.04 | 5.55 ± 0.64         | −0.63±0.31| 94.1 ± 3.2          | −23           | 71.1               |
| c1-371 | 18.9| 1.09 | 4.41 ± 0.33         | −1.21±0.17| 84.0 ± 2.3          | −30           | 54.0               |
| c1-601 | 18.8| 1.03 | 6.22 ± 0.26         | −0.50±0.15| 81.3 ± 3.0          | −32           | 49.3               |
| c1-628 | 19.3| 1.00 | 5.52 ± 0.52         | −0.67±0.29| 99.7 ± 2.7          | −49           | 50.7               |
| c1-564 | 19.3| 1.05 | 4.46 ± 0.40         | −1.11±0.25| 79.6 ± 4.5          | −29           | 50.6               |
| c1-433*| 20.2| 0.78 | 4.55 ± 1.10         |          | 94.6 ± 10.6         | −34           | 60.6               |
| c1-365*| 19.8| 0.79 | 6.01 ± 0.83         |          | 81.1 ± 4.0          | −28           | 53.1               |
| c1-122|| 20.1| 0.96 | 5.15 ± 0.89         | −0.62±0.37| 104.8 ± 7.7         | −49           | 55.8               |
| c1-125|| 19.8| 0.96 | 6.35 ± 1.40         | −0.19±0.59| 90.3 ± 4.5          | −48           | 42.3               |
| c1-214 | 18.4| 1.14 | 4.64 ± 0.33         | −1.25±0.14| 92.2 ± 2.8          | −40           | 52.2               |
| c1-360 | 18.6| 1.14 | 5.85 ± 0.23         | −0.68±0.14| 65.3 ± 2.6          | 0             | 65.3               |
| c1-200 | 18.8| 1.05 | 4.58 ± 0.31         | −1.18±0.19| 107.1 ± 3.0         | −25           | 82.1               |
| c1-344 | 19.1| 1.01 | 4.52 ± 0.68         | −1.14±0.27| 80.3 ± 5.4          | −36           | 53.3               |
| c2-822 | 19.6| 1.03 | 5.43 ± 0.58         | −0.61±0.35| 82.9 ± 3.5          | −21           | 61.9               |
| c2-777 | 19.0| 1.06 | 4.27 ± 0.44         | −1.25±0.21| 43.4 ± 3.4          | 0             | 43.4               |
| c2-838 | 16.6| 1.63 | 5.39 ± 0.09         | −1.27±0.02| 1.6 ± 2.6           | +40           | 41.6               |
| c2-828 | 17.9| 1.20 | 3.98 ± 0.18         | −1.64±0.07| 72.0 ± 1.9          | −6            | 66.0               |
| c2-702 | 18.4| 1.03 | 5.68 ± 0.26         | −0.83±0.12| 64.5 ± 2.4          | 0             | 64.5               |
| c2-613 | 18.9| 1.08 | 6.02 ± 0.48         | −0.55±0.20| 19.5 ± 2.0          | +13           | 32.5               |
| c2-769 | 18.2| 1.20 | 5.55 ± 0.20         | −0.89±0.10| 42.5 ± 2.5          | +8            | 50.5               |
| c2-511*| 18.5| 0.86 | 5.18 ± 0.25         |          | 47.6 ± 2.0          | +23           | 70.6               |
| c2-623 | 18.9| 1.14 | 4.85 ± 0.36         | −1.01±0.18| 66.0 ± 2.9          | −6            | 60.0               |
| c2-388 | 19.2| 1.10 | 4.95 ± 0.46         | −0.92±0.30| 52.7 ± 2.9          | −12           | 40.7               |
| c2-384|| 19.9| 0.92 | 5.26 ± 0.96         | −0.63±0.40| 58.0 ± 7.7          | +2            | 60.0               |
| c2-294*| 20.0| 0.87 | 4.74 ± 1.15         |          | 41.1 ± 8.8          | +15           | 56.1               |
| c2-552 | 18.4| 1.03 | 4.80 ± 0.29         | −1.19±0.13| 24.7 ± 1.4          | −1            | 23.7               |
| c2-249|| 19.7| 0.86 | 5.05 ± 0.93         |          | 54.7 ± 5.5          | +14           | 68.7               |
| c2-413 | 18.4| 1.18 | 5.32 ± 0.20         | −0.95±0.14| 23.3 ± 2.0          | +18           | 41.3               |
| c2-647 | 18.8| 1.09 | 4.80 ± 0.30         | −1.08±0.20| 29.8 ± 1.8          | +4            | 33.8               |
| c2-621 | 19.0| 1.06 | 4.33 ± 0.49         | −1.22±0.20| 45.0 ± 5.3          | +14           | 59.0               |
| c2-41  | 19.0| 1.06 | 3.63 ± 0.59         | −1.52±0.26| 82.6 ± 2.8          | 0             | 82.6               |

*Too blue to be an RGB star, not included in Figure 15.

‖Large error bars on equivalent width measurements, plotted as crosses in Figure 15.
Table 7: NGC 6822 Results

| Star | I    | V−I | W_{5542} + W_{8662} | [Fe/H] | v_r (meas) (km/s) | offset (km/s) | v_r (corr) (km/s) |
|------|------|-----|----------------------|--------|-------------------|---------------|------------------|
| s1-309 | 20.6 | 1.77 | 2.17±0.38           | −2.34±0.16 | −40.9±10.4        | −10           | −50.9            |
| s1-186 | 20.6 | 1.44 | 5.14±1.23           | −1.18±0.52 | −47.7±9.6         | −6            | −53.7            |
| s1-212 | 20.0 | 1.91 | 7.19±0.92           | −0.36±0.39 | −100.4±3.4        | +26           | −71.4            |
| s1-210 | 20.1 | 1.52 | 5.75±0.71           | −1.04±0.59 | −90.4±4.1         | +17           | −73.4            |
| s1-200 | 20.2 | 1.64 | 5.02±0.51           | −1.29±0.43 | −95.9±4.7         | +52           | −43.9            |
| s1-59  | 20.2 | 1.26 | 5.03±0.56           | −1.40±0.47 | −41.2±6.3         | +1            | −40.2            |
| s1-188 | 20.5 | 1.44 | 6.69±0.78           | −0.58±0.65 | −45.8±4.4         | −7            | −52.8            |
| s1-153 | 20.2 | 1.73 | 5.96±0.71           | −0.87±0.60 | −75.9±3.7         | −5            | −80.9            |
| s1-43  | 20.7 | 1.60 | 5.97±0.54           | −0.77±0.45 | −53.3±6.8         | +11           | −42.3            |
| s1-205§ | 20.1 | 1.80 | 3.26±1.01           |           | +21.7±5.9         | +11           | +32.7            |
| s1-204¶ | 20.6 | 1.45 | 4.68±1.35           | −1.38±0.57 | −53.8±6.5         | +25           | −28.8            |
| s1-378§ | 20.2 | 1.77 | 5.15±0.91           |           | −104.0±5.4        | −23           | −127.0           |
| s1-111 | 20.1 | 1.53 | 4.81±0.28           | −1.43±0.12 | +29.8±2.0         | −57           | −27.2            |
| s1b-280 | 20.3 | 1.66 | 3.66±0.75           | −1.82±0.32 | +0.7±12.6         | −31           | −30.3            |
| s2-208 | 20.4 | 1.61 | 7.18±0.96           | −0.34±0.40 | −82.8±6.2         | −4            | −86.8            |
| s2-246 | 19.9 | 1.80 | 6.52±0.48           | −0.70±0.20 | −72.2±4.4         | +4            | −68.2            |
| s2-263 | 20.2 | 1.32 | 6.09±0.54           | −0.92±0.23 | −30.3±4.6         | 0             | −30.7            |
| s2-352 | 20.3 | 1.62 | 5.65±0.80           | −1.01±0.34 | −50.7±4.2         | −27           | −77.7            |
| s2-354 | 20.1 | 1.74 | 6.62±0.85           | −0.63±0.36 | −5.7±5.0          | −55           | −60.7            |
| s2-250 | 20.1 | 1.29 | 6.33±0.68           | −0.86±0.29 | −60.1±6.2         | −25           | −85.1            |
| s2-271 | 20.2 | 1.73 | 7.56±0.75           | −0.20±0.32 | −47.9±6.3         | −25           | −72.9            |
| s2-142 | 20.0 | 1.63 | 3.71±0.46           | −1.91±0.19 | −48.6±5.4         | −10           | −59.6            |
| s2-248 | 20.1 | 1.70 | 6.22±0.83           | −0.81±0.35 | −40.1±6.5         | −25           | −65.1            |
| s2-117¶ | 19.9 | 1.38 | 5.60±1.16           | −1.21±0.49 | −65.7±3.6         | +26           | −39.7            |
| s2-195¶ | 20.6 | 1.59 | 5.09±0.87           | −76.0±7.5  | −39               | −115.0        |                 |
| s2-198 | 20.1 | 1.59 | 6.52±0.47           | −0.72±0.20 | −17.2±5.3         | −38           | −55.2            |

§ Probably not a NGC 6822 member, from radial velocity, not included in Figure 18.
¶ Large error bars on equivalent width measurements, error bars not included in Figure 18.
Fig. 1.— A contour plot 45′ on a side of the Sculptor dSph galaxy, taken from the Palomar Sky Survey. North is up and East is left. The three 5′ square fields for which we have NTT imaging, and thus from where we have selected individual RGB stars, are shown.
Fig. 2.— A contour plot 45' on a side of the Fornax dSph galaxy, same as Fig 1.
Fig. 3.— A contour plot 25' on a side of the NGC 6822 Dwarf Irregular galaxy, same as Fig 1.
Fig. 4.— The combined NTT Colour-Magnitude Diagram of the stars in all three of the Sculptor fields shown in Figure 1. Over-plotted in filled triangles are the member stars for which we have FORS1 Ca II triplet spectroscopy. The crosses are stars for which we have spectroscopy, but either they are not radial velocity members, or the measurements were not usable for one reason or another (see Table 5). The dashed lines are the RGB fiducials for the globular clusters: 47 Tucanae, NGC 6752, NGC 6397 and M 15 from Da Costa & Armandaoff (1990), with metallicities, [Fe/H] = −0.7, −1.5, −1.9, −2.2, respectively.
Fig. 5.— The NTT Colour-Magnitude Diagram of the stars in the Fornax field shown in Figure 2. Over-plotted in filled triangles are the member stars for which we have FORS1 Ca II triplet spectroscopy. The crosses are stars for which we have spectroscopy, but either they are not radial velocity members, or the measurements were not usable for one reason or another (see Table 6). The dashed lines are the RGB fiducials for the globular clusters, see Fig 4.
Fig. 6.— The NTT Colour-Magnitude Diagram of the stars in the NGC 6822 field shown in Figure 3. Over-plotted in filled triangles are the stars for which we have FORS1 Ca II triplet spectroscopy, and which we believe to be members based on the radial velocities. The crosses are stars are not likely to be radial velocity members (see Table 7). The dashed lines are the RGB fiducials for the globular clusters, see Fig 4.
Fig. 7.— A histogram of the radial velocity determinations for the spectroscopically observed stars in Sculptor dSph (as shown in Figure 4). The dashed line represents the distribution of directly measured radial velocities, and the solid line is the distribution after corrections have been made for the position of each object in the slit, with a Gaussian fit to these corrected points. The central velocity we found here is 110.2 km/s, with a dispersion, $\sigma_v = 12.8$, which compares to the literature values of 110 km/s and $\sigma_v = 6$ (Armandroff & Da Costa 1986; Queloz et al. 1995), giving a resulting accuracy of our velocity measurements at $\pm 10.7$ km/s.
Fig. 8.— A histogram of the radial velocity determinations for the spectroscopically observed stars in Fornax dSph (as shown in Figure 5). The different lines are as described in Fig 7. The central velocity we found here is 52.7 km/s, with a dispersion, $\sigma_v = 15.8$, which compares to the literature values of 53 km/s and $\sigma_v = 11$ (Mateo et al. 1991), giving a resulting accuracy of our velocity measurements at $\pm 11.3$ km/s.
Fig. 9.— A histogram of the radial velocity determinations for the spectroscopically observed stars in NGC 6822 dI (as shown in Figure 6). The different lines are as described in Fig 7. The central velocity we found here is $-60.1 \text{ km/s}$, with a dispersion, $\sigma_v = 24.5$, which compares to the literature value of $-57 \text{ km/s}$ for the central velocity (Richter, Tammann & Huchtemier 1987). The equivalent global velocity dispersion for N6822 from HI measurements is $34 \text{ km/s}$. 
Fig. 10.— Here we show two example spectra at the opposite extremes of our observed Ca II triplet line widths. For display purposes the spectra have been normalized to their continuum level and then arbitrarily shifted. The upper spectrum is of star c2-838 in Fornax with a calcium triplet metallicity of $[\text{Fe/H}] = -1.27$, and the lower spectrum is of star o1-1 in Sculptor, with $[\text{Fe/H}] = -2.30$. They both have good S/N, with $\sim 30$ in the upper spectrum and $\sim 20$ in the lower. Also shown here is the sky spectrum. This shows that, although this region of the spectrum is relatively free of bright sky lines, the weaker Ca II triplet line at 8498Å is more likely to be affected by sky lines than the other two.
Fig. 11.— The summed equivalent width of the two stronger Ca II triplet lines ($W_{8542} + W_{8662}$) is plotted against the V magnitude difference with the Horizontal Branch ($V - V_{HB}$) for the observed stars in the calibration globular clusters Pal 12, 47 Tucanae, Ruprecht 106 and M 15. The Pal 12 measurements are plotted as open circles with crosses to distinguish them from the two 47 Tuc measurements (open circles). Also plotted for each cluster are the best-fit lines, with slope 0.64 (see §3.2), and the metallicity these correspond to is labeled.
Fig. 12.— The summed equivalent width of the two stronger Ca II triplet lines is plotted against the V magnitude difference with the Horizontal Branch for the observed stars in the Sculptor dSph. Also plotted are lines of constant metallicity, as calibrated and checked with R97, in Figure 10 (see §3.2 and §4.1). The error bars come from the Gaussian fitting measurement errors.
Fig. 13.— Here we plot the histogram distribution of Sculptor RGB Ca II triplet metallicities.
Fig. 14.— Here we display a possible star-formation and chemical evolution scenario for Sculptor over its entire history (~15 Gyr). In the upper panel is a schematic plot, consistent with all that we know of the stellar population of Sculptor, of how the rate of star formation may have varied over time, back from the epoch of globular cluster formation around 15 Gyr ago. In the lower panel we plot a corresponding variation in metallicity over the same time frame. Overplotted on the lower panel are our Ca II triplet measurements for individual RGB stars, for which we determined ages using isochrones.
Fig. 15.— The summed equivalent width of the two stronger Ca II triplet lines is plotted, as described in Fig 12.
Fig. 16.— Here we plot the histogram distribution of Fornax RGB Ca II triplet metallicities.
Fig. 17.— Here we display a possible star-formation and chemical evolution scenario for Fornax over its entire history ($\sim$15 Gyr), as described in Fig 14.
Fig. 18.— The summed equivalent width of the two stronger Ca II triplet lines is plotted, as described in Fig 12.
Fig. 19.— Here we plot the histogram distribution of NGC 6822 RGB Ca II triplet metallicities.
Fig. 20.— Here we display a highly speculative possible star-formation and chemical evolution scenario for NGC 6822 over its entire history (∼15 Gyr), as described in Fig 14. There is an additional point for the present day metallicity measured from B-super-giant spectra by Venn et al. (2001).
Appendix: Tables giving positions of observed stars

Table A1: Sculptor Positions

| Star | RA         | Dec (J2000)   |
|------|------------|---------------|
| c1-56| 01:00:01.3 | −33:45:16     |
| c1-70| 01:00:02.9 | −33:44:59     |
| c1-85| 01:00:04.8 | −33:44:41     |
| c1-68| 01:00:02.9 | −33:44:06     |
| c1-101| 01:00:06.9 | −33:43:45     |
| c1-99| 01:00:06.7 | −33:43:05     |
| c1-43| 00:59:59.7 | −33:42:37     |
| c1-55| 01:00:01.1 | −33:42:22     |
| c1-67| 01:00:02.8 | −33:42:00     |
| c1-76| 01:00:03.9 | −33:41:40     |
| c1-81| 01:00:04.6 | −33:41:13     |
| c1-46| 01:00:00.1 | −33:40:57     |
| c1-47| 01:00:00.1 | −33:40:41     |
| c1-88| 01:00:05.5 | −33:40:17     |
| c1-78| 01:00:04.0 | −33:40:02     |
| c2-64| 01:00:17.1 | −33:45:13     |
| c2-81| 01:00:19.0 | −33:44:52     |
| c2-88| 01:00:19.9 | −33:44:24     |
| c2-73| 01:00:18.0 | −33:44:12     |
| c2-38| 01:00:13.4 | −33:43:38     |
| c2-39| 01:00:13.5 | −33:43:20     |
| c2-72| 01:00:17.8 | −33:43:04     |
| c2-52| 01:00:15.5 | −33:42:37     |
| c2-27| 01:00:12.3 | −33:42:08     |
| c2-60| 01:00:16.8 | −33:41:46     |
| c2-86| 01:00:19.8 | −33:41:12     |
| c2-82| 01:00:19.5 | −33:40:36     |
| c2-53| 01:00:15.9 | −33:40:15     |
| c2-85| 01:00:19.8 | −33:40:04     |
| o1-1 | 01:00:42.8 | −33:31:30     |
| o1-4 | 01:00:43.3 | −33:30:37     |
| o1-11| 01:00:46.6 | −33:30:47     |
| o1-14| 01:00:48.0 | −33:30:38     |
| o1-6 | 01:00:43.8 | −33:29:08     |
| o1-15| 01:00:49.1 | −33:29:45     |
| o1-21| 01:00:50.4 | −33:29:08     |
| o1-22| 01:00:50.8 | −33:27:52     |
| o1-30| 01:00:57.9 | −33:27:53     |
| o2-28| 00:59:29.0 | −33:49:12     |
| o2-25| 00:59:27.9 | −33:48:59     |
| o2-33| 00:59:31.8 | −33:47:45     |
| o2-38| 00:59:32.6 | −33:46:18     |
| o2-46| 00:59:33.8 | −33:45:05     |
| o2-44| 00:59:33.6 | −33:44:32     |
Table A2: Fornax Positions

| Star | RA (J2000) | Dec (J2000) |
|------|------------|-------------|
| c1-660 | 02:39:51.3 | −34:29:58   |
| c1-350 | 02:39:50.8 | −34:29:28   |
| c1-444 | 02:39:52.3 | −34:29:06   |
| c1-371 | 02:39:51.2 | −34:28:44   |
| c1-601 | 02:39:54.4 | −34:28:27   |
| c1-628 | 02:39:54.8 | −34:28:01   |
| c1-564 | 02:39:53.9 | −34:27:37   |
| c1-433 | 02:39:52.2 | −34:27:19   |
| c1-365 | 02:39:51.1 | −34:26:49   |
| c1-122 | 02:39:47.5 | −34:26:30   |
| c1-125 | 02:39:47.6 | −34:26:10   |
| c1-214 | 02:39:49.0 | −34:25:50   |
| c1-360 | 02:39:51.1 | −34:25:17   |
| c1-200 | 02:39:48.8 | −34:24:56   |
| c1-344 | 02:39:50.9 | −34:24:30   |
| c2-822 | 02:40:10.8 | −34:29:45   |
| c2-777 | 02:40:10.0 | −34:29:24   |
| c2-838 | 02:40:11.0 | −34:29:03   |
| c2-828 | 02:40:10.9 | −34:28:56   |
| c2-702 | 02:40:09.0 | −34:28:41   |
| c2-613 | 02:40:07.9 | −34:28:25   |
| c2-769 | 02:40:10.0 | −34:27:56   |
| c2-511 | 02:40:06.7 | −34:27:39   |
| c2-623 | 02:40:08.1 | −34:27:13   |
| c2-388 | 02:40:05.1 | −34:26:53   |
| c2-384 | 02:40:03.0 | −34:26:51   |
| c2-294 | 02:40:03.7 | −34:26:33   |
| c2-552 | 02:40:07.2 | −34:26:05   |
| c2-249 | 02:40:03.1 | −34:25:46   |
| c2-413 | 02:40:05.4 | −34:25:20   |
| c2-647 | 02:40:08.5 | −34:24:53   |
| c2-621 | 02:40:08.2 | −34:24:30   |
| c2-41  | 02:40:00.2 | −34:24:29   |
Table A3: NGC 6822 Positions

| Star   | RA       | Dec (J2000) |
|--------|----------|-------------|
| s1-309 | 19:44:47.5 | −14:47:00   |
| s1-186 | 19:44:47.7 | −14:46:41   |
| s1-212 | 19:44:48.2 | −14:45:09   |
| s1-210 | 19:44:48.2 | −14:45:06   |
| s1-200 | 19:44:47.9 | −14:44:43   |
| s1-59  | 19:44:44.8 | −14:44:18   |
| s1-188 | 19:44:47.7 | −14:43:39   |
| s1-153 | 19:44:47.1 | −14:43:17   |
| s1-43  | 19:44:44.5 | −14:42:58   |
| s1-205 | 19:44:48.1 | −14:42:14   |
| s1-204 | 19:44:48.1 | −14:42:02   |
| s1-378 | 19:44:52.0 | −14:41:43   |
| s1-111 | 19:44:46.7 | −14:41:21   |
| s1b-280| 19:44:49.7 | −14:44:49   |
| s2-208 | 19:45:02.3 | −14:45:55   |
| s2-246 | 19:45:03.4 | −14:45:31   |
| s2-263 | 19:45:09.8 | −14:45:10   |
| s2-352 | 19:45:05.7 | −14:44:51   |
| s2-354 | 19:45:05.7 | −14:44:45   |
| s2-250 | 19:45:03.5 | −14:44:02   |
| s2-271 | 19:45:04.0 | −14:43:45   |
| s2-142 | 19:45:00.8 | −14:43:12   |
| s2-248 | 19:45:03.5 | −14:43:00   |
| s2-117 | 19:45:00.2 | −14:42:07   |
| s2-199 | 19:45:02.1 | −14:41:51   |
| s2-198 | 19:45:02.1 | −14:41:39   |