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ADVANCEMENT AND SYNCHRONISATION OF SPawning IN SALMO GAIrDNERI AND S. TRUTTA FOLLOWING ADMINISTRATION OF LRH-A COMBINED OR NOT WITH PIMOZIDE

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ABSTRACT

Billard, R., Reinaud, P., Hollebecq, M.G. and Breton, B., 1984. Advancement and synchronisation of spawning in Salmo gairdneri and S. trutta following administration of LRH-A combined or not with pimozide. Aquaculture, 43: 57-66.

Prior to the onset of the spawning season female rainbow trout were injected intraperitoneally (IP) with LRH-A ([des Gly^{10} D-Ala^{5}] LHRH ethylamide) alone at a dose of 1 μg/kg body weight or in combination with pimozide (PIM, 10 mg/kg body weight), a dopamine antagonist, given 6 h before the LRH-A. Pimozide + LRH-A and pimozide alone induced a significant elevation in plasma GTH but only PIM + LRH-A consistently advanced ovulation. Egg quality was altered with PIM + LRH-A and PIM + saline, resulting in lower survival at the eyed stage.

Prior to the onset of the spawning period, brown trout were injected IP with LRH-A alone at doses of 1, 10 and 20 μg/kg body weight. A single injection slightly initiated and synchronized ovulation at doses of 10 and 20 μg; a second injection given 6 days later did not modify the ovulation profile. There was no effect when the same doses were given in pelleted form in silicone rubber implants. When LRH-A and PIM were injected IP 6 h apart at doses of 10 and 1 mg/kg body weight PIM and 10 μg/kg body weight LRH-A, ovulation was slightly stimulated. The effects of LRH-A given in silicone rubber implants were potentiated by simultaneous injection of PIM (10 mg/kg body weight). No alteration of egg quality was observed after these various treatments on brown trout.

INTRODUCTION

LRH and its analog, LRH-A ([des Gly^{10} D-Ala^{5}] LHRH ethylamine), have been successfully used to induce oocyte maturation and ovulation in some fish species: cyprinids (Anon., 1975; Breton et al., 1983; Kouril et al., 1983; Billard et al., 1984), salmonids (Donaldson et al., 1981; Van der Kraak et al., 1982; Crim et al., 1983a,b), sea bass (Barnabé and Paris, 1984; Zohar et al., 1984) and sturgeon (Doroshov and Lutes, 1984). Normally, it has been necessary to use high doses; however, these doses could possibly be decreased by employing an antidopamine compound, such as pimozide, which removes the dopamine inhibition of GTH secretion (Crim, 1982; Chang and Peter, 1983a,b; Chang et al., 1983). This potentiation of the
effect of LRH-A has been shown in goldfish (Chang and Peter, 1983a,b; Sokolowska et al., 1984) and in carp (Billard et al., 1983) but thus far not in salmonids.

In the present work, LRH-A was tested alone or in combination with pimozide on rainbow trout and brown trout. The pimozide was usually given before the LRH-A so that dopamine inhibition would be blocked when the LRH-A was administered. To avoid handling the fish twice, we tried in one experiment to administer LRH-A in an implant (according to Weil and Crim, 1983) at the same time as the pimozide. A high and continuous release of GTH was to be expected. GTH has been shown to be a prime factor in the induction in vitro of 17α-20β-progesterone secretion (Zohar, 1982).

MATERIAL AND METHODS

Experiment 1: effects of pimozide + LRH-A administered in rainbow trout on GTH secretion and advancement of ovulation

Adult female rainbow trout (winter-spawning strain) weighing 800–2000 g and bred since hatching in the Gournay fish farm were brought to our laboratory in mid-October. They were kept in experimental facilities in recycled water under natural temperature (7–15°C) and photoperiod. On 15 November, a few weeks before the onset of spawning, they were divided into four groups of seven to eight females each and given the following treatments: the control group (group 1) was given pimozide solvent (vehicle) and LRH-A solvent (physiological saline: PS); group 2 received pimozide (PIM) + PS; group 3 received vehicle + LRH-A; and group 4 was given PIM + LRH-A. Pimozide or vehicle was injected into the fish at 10.00 h and LRH-A or PS was given 6 h later. The pimozide (Janssen Lebrun, rue Lubeck, Paris), injected at a dose of 10 mg/kg body weight, was suspended in 1 ml acidified saline (vehicle: NaCl 7 g, Na metabisulfite 1 g, acetic acid 200 µl, distilled water 1 l) and mixed with an Ultraturax grinder. The LRH-A ([des Gly¹⁰ D-Ala⁶] LHRH ethylamide; Sigma) was dissolved in a 7% NaCl solution and injected at a dose of 1 µg/kg body weight. The fish were checked for ovulation by hand stripping. Blood was taken before the first injection and sampled 2, 4, 6, 10, 14, 22, 33 and 49 days later. The plasma was frozen until radioimmunoassayed for t-GTH (S-GTH equivalent) according to Breton et al. (1983). Batches of approximately 200 eggs were taken from each female and fertilized with milt taken from several males. The eggs were incubated at 10°C for 20–25 days. To determine the percentage of eyed eggs, the developing eggs were counted after clearing in Stockard solution.
Experiment 2: effects of administering LRH-A alone or in combination with pimozide on the synchronization of ovulation in brown trout

This experiment was carried out in the second half of November on 4-year-old brown trout (second reproductive cycle) in the Vermenoux hatchery (Nièvre, France). Each group had 20 females which had spawned the previous year between mid-November and the end of December. LRH-A (1, 10 and 20 µg/kg body weight) was given alone first by intraperitoneal injection or in a silicone rubber implant (Si) (Medical elastomer 382; Dow Corning) in the morning, according to the method of Lotz and Syllwasschy (1979) in rat and Weil and Crim (1983) in Salmo salar. In a second trial using the same design as experiment 1, LRH-A was combined with pimozide, which was injected in the morning 6 h before the LRH-A. Pimozide was given at a dose of 1 or 10 mg/kg body weight and LRH-A at 1 or 10 µg. A control group received only the vehicle and PS; the other groups received PIM + PS, vehicle + LRH-A or PIM + LRH-A. Each group had 15 females. In an additional trial, pimozide (10 mg/kg body weight) or vehicle was injected at the same time as the LRH-A silicone rubber implant (5 and 50 µg/kg body weight); each group had 10 females. The fish were checked periodically for ovulation; the eggs were counted and their number estimated (fecundity). Egg fertility was estimated by the percentage of eyed and hatched eggs. During the experiments, the water temperature varied between 4 and 7°C.

Variance analysis (ANOVA) was used for a statistical comparison of the percentage of eyed eggs (after angular transformation of the percentage) and GTH levels.

RESULTS

Experiment 1: effects of pimozide + LRH-A administered in rainbow trout on GTH secretion and advancement of ovulation

The profile of plasma GTH and the percentage of ovulated females are given in Fig. 1. Pimozide alone (PIM + PS) or PIM + LRH-A significantly increased the level of GTH 2 days after injection, compared to the group receiving only LRH-A and the solvents. GTH remained significantly higher in the PIM + PS or PIM + LRH-A groups 6 days after the injections. Ovulation was only markedly advanced in the group injected with PIM + LRH-A (group 4); in the PIM + PS group ovulation was only slightly higher than in the other groups, although the level of GTH had increased. Egg fertility (Table I) was highly variable. The percentage of eyed eggs was low and variable in groups 2 and 4 which received pimozide, although the females were checked frequently for ovulation (about every 4 days). There was no correlation between fertility and sampling frequency. In the other groups (control or LRH-A alone), the percentage of eyed eggs was higher and less variable.
Sampling was less frequent (7–10 days) and negatively correlated with fertility, suggesting that egg quality was reduced by the pimozide treatment in groups 2 and 4.

![Graph](image)

**Fig. 1.** Profiles of the cumulated percentage of ovulated females (bottom graph) and plasma GTH level (top graph) in rainbow trout treated with various combinations of pimozide, LRH-A and solvents.

### TABLE I

| Group | Treatment and dose/kg body wt. | Body weight (g) $\bar{X} \pm SD$ | Eyed-eggs % $\pm SD$ | Extreme | Correlation coefficient $^a$ |
|-------|--------------------------------|---------------------------------|-----------------------|---------|-----------------------------|
| 1     | Vehicle + saline               | 1465 ± 372                      | 79 ± 17               | 73-100  | 0.89                        |
| 2     | Pimozide 10 mg + saline        | 1436 ± 228                      | 54 ± 38               | 9-63**  | 0.64*                       |
| 3     | Vehicle + LRH-A 1 µg           | 1348 ± 400                      | 85 ± 5.5              | 89-91   | 0.99                        |
| 4     | Pimozide 10 mg + LRH-A 1 µg    | 1362 ± 285                      | 54 ± 43               | 0-88**  | 0.45*                       |

$^a$Correlation between the percentage of eyed-eggs and the intervals between egg sampling.

**Experiment 2: effects of administering LRH-A alone or in combination with pimozide on the synchronization of ovulation in brown trout**

LRH-A slightly advanced ovulation in brown trout at the onset of spawning (synchronization) at doses of 10 and 20 µg/kg body weight; at day 9 the rate of ovulation was 20% higher than in the control or the 1 µg group (Figs. 2 and 3). When a second injection of LRH-A was given on day 6,
ovulation was not further stimulated (Fig. 3). The same doses of LRH-A (1 or 20 μg/kg) administered in silicone rubber implants did not induce ovulation. Ovulation was slightly delayed in the trout at 10 μg/kg (Fig. 4). The number of ova stripped and the percentages of eyed and hatched eggs were similar in all groups (data not shown).

When PIM (1–10 mg) and LRH-A (10 μg) were injected 6 h apart, ovulation was 40–50% higher than the control at day 5. With pimozide alone the increase was only 20%. LRH-A alone (10 μg/kg) had a slight stimulatory effect on ovulation, 10% above the control at day 7 (Fig. 5). The LRH-A in silicone rubber implants, which had no effect on ovulation when administered alone (Fig. 4), was potentiated by simultaneous injection of pimozide (20% more at day 4 and 50% at day 8; 10 mg/kg body weight; Fig. 6). There were no differences in the quantity and quality of the eggs in the various groups (data not shown).
In these studies, pimozide alone significantly stimulated GTH secretion but did not induce ovulation compared to controls. In the group receiving a low dose (1 μg/kg body weight) of LRH-A + pimozide, there was a similar elevation in GTH with a noticeable advancement in ovulation compared with all the other groups. This indicates that a dopaminergic inhibitory system for gonadotropin secretion may exist in salmonids as has been shown in cyprinids (Chang and Peter, 1983b) and suggested by Crim (1982) in salmonids. The GTH increase in cyprinids after pimozide treatment alone is usually lower than the increase noted with pimozide treatment in combination with LRH-A (Billard et al., 1983; Sokolowska et al., 1984). In the present experiment a higher dose of LRH-A may have resulted in higher plasma GTH levels.
The poor egg quality observed in the pimozide-treated group could be due to this GTH elevation before ovulation, but poor egg quality was also noted in the pimozide + LRH-A group in which ovulation occurred at the same time as the GTH elevation, suggesting that pimozide had a direct deleterious effect on the gonads. Crim et al. (1983a) also reported poor quality and mortality in eggs taken from advanced spawners treated with pelleted LRH-A only. It may be that the poor egg quality in our experiment was due to premature application of the treatment, generating the ovulation of insufficiently mature oocytes. The absence of abnormalities in the brown trout eggs stimulated right at the onset of the spawning season, i.e., at a more advanced stage of ovarian development than that of the rainbow trout, supports that hypothesis.

It is not known why pimozide induced higher GTH levels but did not induce ovulation. It may be due to the limited number of fish in each group in which all females were late-maturing and did not respond. This is a major problem when trying to advance ovulation in salmonids. Ovulation of a
given population occurs during a long period of time (usually several months), and only those females which are ready to ovulate in just a few weeks respond to treatment.

The state of ovarian maturity was more homogeneous in the brown trout which were grouped according to the date of ovulation the previous year. In the present study, most fish, including controls, ovulated within 1 week after the treatment. In brown trout, pimozide, even at a dose of 1 mg/kg body weight, potentiated the effect of a low dose of LRH-A on ovulation.

Pimozide alone had a more limited effect. LRH-A alone stimulated ovulation, but at higher doses (10 or 20 μg/kg body weight). These doses were lower than those used by Van der Kraak et al. (1982). It is interesting to note that pimozide and LRH-A can be administered at the same time; in practice, this would minimize the handling of the fish. In the present experiment, LRH-A was given via pellets but the injection route remains to be tested. Pelleted LRH-A at a dose of 20 μg/kg body weight did not affect ovulation in this experiment; however, it was effective in inducing ovulation at a dose of 37 μg in rainbow trout (Crim et al., 1983a).
Fig. 6. Profile of the cumulated percentage of ovulated brown trout females after LRH-A treatment given in silicone rubber implant at the same time as the pimozide injection.

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