A brain-based general measure of attention

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Attention is central to many aspects of cognition, but there is no singular neural measure of a person’s overall attentional functioning across tasks. Here, using original data from 92 participants performing three different attention-demanding tasks during functional magnetic resonance imaging, we constructed a suite of whole-brain models that can predict a profile of multiple attentional components (sustained attention, divided attention and tracking, and working memory capacity) for novel individuals. Multiple brain regions across the salience, subcortical and frontoparietal networks drove accurate predictions, supporting a common (general) attention factor across tasks, distinguished from task-specific ones. Furthermore, connectome-to-connectome transformation modelling generated an individual’s task-related connectomes from rest functional magnetic resonance imaging, substantially improving predictive power. Finally, combining the connectome transformation and general attention factor, we built a standardized measure that shows superior generalization across four independent datasets (total N = 495) of various attentional measures, suggesting broad utility for research and clinical applications.

Attention has a ubiquitous role in perception and cognition. We are endlessly exposed to all kinds of overflowing sensory information, and the ability to deploy attention over space and to sustain it over time is crucial in everyday life. We have, however, limited cognitive capacity, and therefore must selectively process information most relevant to our actions. Attentiveness explains behavioural performance fluctuations both within and across individuals, and attention deficits are common in mental illness and symptomatic of brain damage.

Despite this central importance of attention, clinicians and researchers lack a standardized way to measure a person’s overall attentional functioning. Although no mental process can be reduced to a single number, both research and clinical practice can benefit from having standardized and quantifiable measures to facilitate comparison across and within individuals. For example, intelligence research and education practice benefit from the ability to measure g factor, as a general index of fluid intelligence. A comparable index is lacking for attention, despite its pervasive role in modulating most perceptual and cognitive processes.

The fact that there are so many different tasks to examine attention functioning reflects that attention is not a unitary construct but rather multi-faceted. People’s attentional abilities may vary along the multiple dimensions of attention. These differences in attentional functions amongst individuals can be measured by extensive behavioural tasks. However, an overload of tasks not only requires a substantial amount of time but also may introduce fatigue, which may affect task performance. Therefore, it is important to understand what is common or unique among the different attention tasks and try to predict them with minimal testing.

The literature lacks a systematic investigation of the general and specific factors of attentional processes and their underlying neural architectures across an array of tasks. One behavioural study examined a set of cognitive tasks known to employ executive functions, including attention and working memory. This study showed that the nine tested tasks are not completely independent but share common and separable components. Another behavioural study also revealed a general factor that is shared by multiple attention task paradigms as well as specialized factors that are unique to specific tasks where the shared component explained substantial variance in performance across most of the tasks. However, this common (general) attention factor cannot be derived from an individual task, and the behavioural nature of this study did not allow exploration of the underlying neural mechanisms across tasks. The frontal and parietal cortices are well known to control attention, but most imaging studies have not systematically compared their engagement across multiple attention tasks. In addition, only recently have studies begun to predict individual attentional behaviours from brain scans.

Here we seek to develop a brain-based, standardized attention profile measure that can quantify a person’s performance across the different attentional demands. We adopted a connectome-based predictive modelling approach (CPM) that develops computational models to accurately predict an unseen, novel individual’s trait and behaviour solely from their brain activity. This is based on the whole-brain pattern of functional connectivity (synchronized fluctuation of time-series signals from distributed brain regions), which is unique to each individual and predictive of their behaviours. CPM accurately predicts a variety of individual behaviours and traits, including intelligence, attention, memory, language, creativity and personalities.

One of the earliest CPM studies introduced a model to predict an individual’s ability to sustain attention over time (sACPM), demonstrating that the brain’s functional organization is predictive of behavioural performance in the gradual-onset continuous performance task (gradCPT). In addition, the sACPM generalized to predict individual differences in the stop-signal task and the Attention Network Task, and symptom severity differences in patients with attention deficit hyperactivity disorder (ADHD). Sustained attention, however, is just one aspect of human attention, and we still need a general measure that can inform a single individual’s attentional ability across multiple tasks.

For a comprehensive assessment of attention, we collected original behavioural and functional magnetic resonance imaging
(fMRI) data from more than 90 participants performing three representative and well-validated attention-demanding tasks during fMRI scanning. The three tasks include the gradCPT to measure sustained attention, multiple object tracking (MOT) to measure divided attention and tracking, and a visual short-term memory (VSTM) task to assess working memory capacity as a form of internal attention. We developed a suite of attention models to predict individual behaviours in these tasks from functional connectivity. Moreover, we leveraged the network models to probe brain systems that support common and separable factors for attention functions measured during the tasks across individuals.

Furthermore, we demonstrated new ways to draw patterns of brain networks supporting multiple attentional processes from resting-state data alone. This is essential because attention tasks vary widely and are difficult to standardize across studies and settings. It is also impractical to ask participants, especially patients or children, to engage in many different attention tasks, especially inside a brain scanner. If a profile of attentional measures can be derived from resting-state data, it would have significant utility for future research and potential for clinical applications. To achieve this, we utilized a novel method called connectome-to-connectome (C2C) state transformation modelling. The C2C framework accurately generated individual attention-related task connectomes from their rest connectomes and significantly improved behavioural predictions.

Finally, we propose a general attention model, integrating CPM and C2C modelling to measure a common attention factor across tasks from resting-state fMRI. The proposed model successfully generalizes to four external, independent datasets (total N = 495) with various attentional measures, across three attention task behaviours and ADHD Rating Scale (ADHD-RS), suggesting its applicability to the broad range of attentional measures. We compared the general attention measure to other best-performing single-task-based CPMs, including sacFMRI. The external validations demonstrated that the proposed general measure best predicts a novel individual’s attentional abilities in diverse settings.

Results

CPMs of three attentional tasks. We first built a battery of predictive models of attentional functions (Supplementary Table 1). We constructed nine CPMs that differed in the fMRI data on which they were defined and the behaviour they were trained to predict. In all three tasks, predicted behavioural scores significantly correlated with actual task scores when CPMs used task fMRI (gradCPT, Pearson’s r(90) = 0.592, P < 0.001; MOT, Pearson’s r(90) = 0.469, P < 0.001; VSTM, Pearson’s r(90) = 0.365, P = 0.014; P values corrected for family-wise error (FWE) rate in multiple tests using 1,000 permutations, top row in Fig. 1 and Extended Data Fig. 1), indicating that CPMs using task fMRI predict individual task scores. The CPMs using movie fMRI also accurately predicted individual performance in all three tasks (gradCPT, Pearson’s r(90) = 0.392, P = 0.006; MOT, Pearson’s r(90) = 0.345, P = 0.022; VSTM, Pearson’s r(90) = 0.350, P = 0.019; FWE corrected; bottom row in Fig. 1). Rest fMRI-based models predicted gradCPT and MOT performance (gradCPT, Pearson’s r(90) = 0.394, P = 0.005; MOT, Pearson’s r(90) = 0.318, P = 0.047; FWE corrected; middle row in Fig. 1) but failed to predict VSTM performance (Pearson’s r(90) = 0.158, P = 0.636; FWE corrected; middle row in Fig. 1).

A predictive model that generalizes to different settings has greater utility than a model that only works for a specific task. We investigated whether the nine basic CPMs defined to predict performance on each task generalize to predict performance on other tasks from fMRI data measured during different attention tasks and task-neutral states (resting state or movie-watching). The CPMs trained using task fMRI successfully generalized to different attention tasks, except between MOT and VSTM (P values <0.05, FWE corrected using 1,000 permutations, top-left 3 x 3 sub-matrix in Fig. 2). Interestingly, both the MOT and VSTM CPMs predicted individual performances in gradCPT numerically better than their own corresponding tasks. For example, the CPM trained using VSTM fMRI to predict VSTM performance predicted unseen subjects’ gradCPT performance from gradCPT fMRI (prediction q² = 0.216 and Pearson’s r(90) = 0.515) better than VSTM performance from VSTM fMRI (prediction q² = 0.094 and Pearson’s r(90) = 0.365).

CPMs of a common attention factor predict task behaviours. To investigate whether we can build a model that predicts overall attention function, we performed variations of predictive modelling based on a behaviourally derived common attention factor, defined as the mean of the z-scored performance scores across the three tasks. We then trained nine predictive models to predict this common attention factor. All modelling procedures were the same as the original CPMs except for the use of the common attention factor as the training behaviour. The common factor CPMs with task fMRI successfully generalized to different attention task fMRI (Pearson’s r(90) values >0.37; P values <0.05, FWE corrected using 1,000 permutations; Fig. 3a). The common factor CPMs better generalized to different tasks (numerically higher prediction performance) than the basic CPMs of each task (cf. Fig. 2). The predictive connectivity features of common factor models were distributed among multiple brain networks, mainly in the salience, subcortical, cerebellar, fronto-parietal, visual II and motor networks (Fig. 3b).

We then examined whether the common factor CPMs specifically predicted shared variance among tasks or also captured task-specific variance for each behaviour. We first examined the degree to which common factor models captured shared variance among the three tasks by estimating the correlation between model-predicted scores and the observed common factor. Predicted common factor scores and observed common factor scores were significantly correlated across combinations of training and testing fMRI (Extended Data Fig. 2a). Correlations between predicted and observed common factors were, in general, numerically higher than the correlations between the predicted common factor scores and observed scores of each task (Fig. 3a), implying that the common factor CPMs capture variance shared by three tasks more than variance unique to each task. We additionally assessed whether the common factor models also predict unique variances in different tasks. We ran a partial correlation between predicted and observed behavioural scores, controlling for the observed common factor. The models did not capture variances specific to each task in general (Extended Data Fig. 2b). These observations demonstrate that CPMs of a common attention factor indeed predict an overall attentional ability underlying different attention tasks but do not capture task-specific variance.

Factors driving high generalizability of attention CPMs. The CPMs’ high generalizability (Figs. 2 and 3a) may seem trivial given the significant correlations in the behavioural scores between tasks (Extended Data Fig. 3). To examine whether the generalizability of CPMs between tasks is fully driven by the correlations in behaviour between them, we constructed variants of CPMs. In this analysis, CPMs were trained to predict unique variance in behaviour specific to each task. The task-specific variance was defined by the residual after regressing the two non-target task behaviours out from target task behaviours. The task-specific variance had zero correlation with the two remaining non-target behaviours (Supplementary Table 2). All other steps except the target behaviour remained the same as the original modelling. A cross-task prediction pattern of task-specific models was similar to the original models (Fig. 4a,b). The models with task fMRI successfully predicted behaviours in different tasks, except between MOT and VSTM (Pearson’s r(90) values >0.31; P values <0.05, FWE corrected for multiple tests using
That is, even after we explicitly orthogonalized the behavioural measures, we still observed cross-task generalization. This result suggests that the generalizability of the attention CPMs to different tasks cannot be simply explained by the correlation between training and testing behaviours (Supplementary Table 2).

To further test the effect of the common attention factor, we re-assessed the prediction accuracy of the task-specific CPMs while controlling for the shared variance between tasks using partial correlation. After controlling for the common factor, the majority of cross-predictions were not significant (Extended Data Fig. 4). This suggests that brain networks underlying the common attention factor and networks underlying unique variances are partially overlapping.

To confirm, we compared the predictive anatomy of task-specific CPMs (Fig. 4c) with that of a common factor CPM (Fig. 3b). Functional connections in the salience, subcortical and cerebellar networks emerged as the predictive networks shared between the task-specific and the common factor CPMs (Supplementary Fig. 1). Taken together, shared and unique variances in the three attention tasks could be, in part, explained by the same brain system that consists of connections between salience, subcortical and cerebellar networks, facilitating generalizable model predictions across tasks.

**Multiple brain networks contribute to model predictions.** We observed that CPMs of a common attention factor accurately predict an individual’s attentional behaviours in different tasks (Fig. 3a). Given the common involvement of connections of salience, subcortical and cerebellar networks across three tasks (Fig. 3a), we expected that the same networks would play a key role in predicting an individual’s overall attention. To explicitly evaluate each network’s contribution to prediction accuracy and compare across networks, we computationally lesioned all the nodes in each of the ten networks iteratively and then trained and tested three task fMRI-based CPMs in the same way the original CPMs were constructed. Lesioning the salience network significantly decreased prediction accuracy (mean decrease 0.021, $P = 0.018$ using 1,000 permutations; top-left $3 \times 3$ sub-matrix in Fig. 4a,b). That is, even after we explicitly orthogonalized the behavioural measures, we still observed cross-task generalization. This result suggests that the generalizability of the attention CPMs to different tasks cannot be simply explained by the correlation between training and testing behaviours (Supplementary Table 2).
permutations; Fig. 5a and Supplementary Fig. 2a). Lesioning cerebellar or subcortical networks also decreased prediction accuracy, although not significantly, compared with lesioning the other seven networks, suggesting that salience, subcortical and cerebellar networks may contain behaviourally relevant and unique information that is absent from other networks. To confirm that the lower performance was not driven by the smaller number of model features after lesioning, we estimated the correlation between prediction performance and the number of post-lesioning connections (Supplementary Table 3). We did not find a significant positive correlation, supporting the finding that the salience network indeed plays a major role in predicting attentional behaviours across tasks.

We performed a complementary analysis to examine the predictive power of each network directly. We built predictive models only using the within-network connectivity of each network, iteratively for each network. This analysis revealed that the frontoparietal, subcortical, salience and motor networks are the most predictive networks ($P < 0.001$ using 1,000 permutations; Fig. 5b and Supplementary Fig. 2b). Although prediction performance was lower than that of the original models ($r = 0.43$), the prediction accuracy by each network is notable given the significantly fewer number of predictive edges in these models compared with the original CPMs (Supplementary Table 3 and Fig. 3b).

Note that this analysis examined the predictive power of only edges located within a network of interest. In contrast, the previous lesioning analysis examined the importance of edges within a target network and edges connecting a target network to the other nine networks together. To further differentiate the roles of within- and between-network connectivity in prediction, we assessed the predictive power of between-network connectivity for each network. We constructed a new set of CPMs using functional edges that connect one network with the other nine networks, performing this analysis iteratively for each of the ten networks. We found that the connectivity of the salience network was again the most predictive of individual attention on average, even numerically better than the original models (Fig. 5c and Supplementary Fig. 2c). The models’ performances mirrored results from the lesioning analysis. The salience, cerebellar and subcortical networks accurately predicted individual behaviours. Again, to confirm that the lower performance was not driven by the smaller number of between-network connections, we estimated the correlation between performance and the number of edges but did not find any significant positive correlation between them.

Brain networks predicting general attention. Given the importance of the salience, subcortical, cerebellar, frontoparietal and visual II networks in predicting individual attentional behaviours, we asked whether connectivity between these networks can predict individual behaviours in attention tasks with an accuracy comparable to the original, whole-brain models. The CPMs using the connectivity between the five networks fully generalize across different task-related behaviours (Extended Data Fig. 5). Of all models made by selecting any three out of five networks, the model using the salience, frontoparietal and subcortical networks best predicted individual behaviours on average, and its prediction performance was comparable to the performance of the original, whole-brain model (Extended Data Fig. 5). This result suggests that connectivity between these three networks may be associated with a common component of attention. As a control analysis, we built a model using the other five networks (the medial-frontal, default mode, motor, visual I and visual association networks) and found that the model’s prediction was significantly less accurate than the previous five-network model or even the three-network (the salience, subcortical and cerebellar).
frontoparietal and subcortical networks) model (Extended Data Fig. 5). This result is in line with the previous observation that the CPMs of a common attention factor accurately predict attention task performances (Fig. 3) and corroborates these networks' general importance in attentional functions.

State transformations improve predictions from rest fMRI. The results above demonstrated that task-based connectomes led to better prediction of behaviours compared with rest connectomes. Nevertheless, resting scans still have the indisputable advantages of (1) enhancing data retention by reducing the demand on participants, especially in clinical populations, and (2) facilitating data coordination across studies and sites for a large-scale multi-site study. Therefore, we next asked whether we could improve the predictive power of resting fMRI by applying a recently introduced approach: C2C state transformation modelling38.

The C2C model-generated task connectomes accurately resembled their corresponding empirical task connectomes (Extended Data Fig. 6). More remarkably, individual attentional behaviours were better predicted by the generated task connectomes than by the empirical rest connectomes alone (P values < 0.05 from 1,000 permutations; Fig. 6). The results from the movie connectomes are also shown in Extended Data Fig. 6 and Supplementary Fig. 3.

A general attention model. Lastly, unifying the models and findings above, we propose a general attention model to provide a single standardized measure of a person’s overall attention functioning based on resting-state data alone. This general model consists of a hybrid attention connectome (Extended Data Fig. 7), the common attention factor, C2C transformation modelling and CPM.

The general attention model accurately predicted individual performance in the three attention tasks based on the rest connectome. The general attention model was significantly better than the gradCPT, MOT and VSTM task models applied to rest data (P values < 0.001 for both prediction q2 and correlation r) in all three comparisons; Fig. 7a). The general model successfully predicted individual behavioural performance in both prediction q2 and correlation r assessment. In contrast, when the three single-task-based models were applied to rest data, they could not successfully predict individuals’ actual scores (prediction q2 values of 0; Figs. 2a and 7; see Supplementary Fig. 4 for movie data). Importantly, the general model captures the variance in behaviours across all three tasks better than any of the single-task CPMs, which made weaker predictions for non-native tasks, even for predicting individual differences (correlation r in Fig. 7a). The stronger predictive power and the higher generalizability of the general model suggest its potential broad applicability.

The general model generalizes to four external datasets. Above, the proposed general attention model was cross-validated within the attention dataset we collected (n = 92). However, a small sample size can produce large variance in the accuracies of predictive models, and therefore cross-validation results may not be reliable39,40. To more rigorously validate the general attention model’s generalizability and practical applicability, we ‘stress tested’ the general model on four diverse and independent datasets. We compared the general

Fig. 3 | Cross-prediction results of five CPMs trained to predict a common attention factor using different fMRI data. a. All models were trained to predict a shared variance (a common attention factor) in three task behaviours but tested to predict individual behaviours in each task from different fMRI data. Models’ prediction accuracies were assessed by prediction q2 and correlation r between observed and predicted common factor measures. P values of significance were obtained using 1,000 permutations and corrected for all 5 × 5 tests (** * P < 0.001, ** * P < 0.01, * P < 0.05, P = 0.1). The models with task fMRI successfully generalized to predict different task behaviours when the models were applied to task fMRI (top-left 3 × 3 sub-matrix). b. Predictive functional connections of the common attention factor. The scale bar represents the relative ratio of predictive functional connections to all possible connections between networks with a sign representing whether the connection is in a positive or negative network. MF, medial-frontal network; FP, frontoparietal network; DM, default mode network; VI, visual I; VII, visual II; VAs, visual association; SA, salience network; Subc, subcortex; Cbl, cerebellum.
model's prediction performance with performances of two original CPMs (models 1 and 4 in Supplementary Table 1) that yielded the best performance on average among all single-task-based models (Figs. 2 and 7) and sustained attention CPM (saCPM), which is arguably one of the state-of-the-art personalized fMRI-based attention prediction models. The saCPM's prediction performance and generalizability have been extensively demonstrated in multiple studies. The saCPM is conceptually the same as model 1 in the current study, but constructed on different datasets. Both models were constructed using fMRI data and behavioural performances in gradCPT, but experimental task designs, including scan durations, were different.

The four datasets consist of rest connectomes and different attention-related measures: (1) gradCPT performance (d') from 25 adults, (2) Attention Network Test (ANT) performance (response time (RT) variability) from 41 adults, (3) Short Penn continuous performance task (SCPT) performance (RT for true-positive trials) from 316 adults, provided by the Human Connectome Project (HCP), and (4) ADHD-RS-IV scores from 113 children and adolescents with and without ADHD diagnoses provided by the ADHD-200 consortium. Since the saCPM was defined in the first external dataset of this study, we examined its external performance only in the other external datasets (ANT, SCPT and ADHD-RS).

The general model successfully generalized to predict different attentional measures in the four external datasets. It not only captured individual differences in attention function (external data 1, Pearson's r(23) = 0.472, P = 0.012; external data 2, r(39) = 0.340, P = 0.012; external data 3, r(314) = 0.106, P = 0.029; external data 4, r(111) = 0.230, P = 0.002; 1,000 permutations; Fig. 8) but also accurately predicted standardized scores from individuals (external data 1, prediction $q^2 = 0.200$, P = 0.012; external data 2, $q^2 = 0.129$, P = 0.012; external data 3, $q^2 = 0.010$, P = 0.029; external data 4, $q^2 = 0.051$, P = 0.002; 1,000 permutations; Fig. 8). In contrast, the three CPM models trained using gradCPT or rest fMRI failed to predict actual individual attention abilities from rest fMRI in all four datasets (except the rest-based CPM in the first external dataset), although they could predict individual differences (correlation r in Fig. 8). To further probe the model prediction, we visualized predictions of individual scores against their observed scores with a fitted line in each scatter plot (Extended Data Fig. 8). In fitting a line, we did not constrain the intercepts. As attentional measures were z-scored in each dataset, a fitted line that closely passes the

Fig. 4 | Cross-prediction results of CPMs trained to predict task-specific variance. a, b. Models’ prediction accuracies were assessed by prediction $q^2$ (a) and correlation r (b). P value was obtained using 1,000 permutations and corrected for multiple tests (***P < 0.001, **P < 0.01, *P < 0.05, P < 0.1). Rows represent combinations of fMRI data and behaviour scores used in model construction, while columns represent combinations of fMRI data and behaviour scores used in model validation. c. Predictive anatomy of task-specific CPMs. MF, medial-frontal network; FP, frontoparietal network; DM, default mode network; VI, visual I; VII, visual II; VAs, visual association; SA, salience network; Subc, subcortex; Cbl, cerebellum.
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From the multiple attention tasks in our study, a common attention task-specific or general manner. Finally, by combining connectomes the prediction of individual attentional behaviours in either a remarkably, the generated task connectomes substantially improved attention factor. To further enhance the measurement of attention, drive accurate prediction of individuals’ attentional abilities across the salience, subcortical, cerebellar and frontoparietal networks,edly observed that patterns of multiple brain networks, including the salience, subcortical, cerebellar and frontoparietal networks, drive accurate prediction of individuals’ attentional abilities across tasks, suggesting that these networks support a common (general) attention factor. To further enhance the measurement of attention, we applied a novel analysis framework, C2C modelling, and demonstrated that we can generate the patterns of individuals’ attention task connectomes from their rest connectome alone. More remarkably, the generated task connectomes substantially improved the prediction of individual attentional behaviours in either a task-specific or general manner. Finally, by combining connectomes from the multiple attention tasks in our study, a common attention factor, the C2C framework and CPM behaviour prediction, we were able to derive a general attention model that captured standardized individual behaviours better than any task-specific models applied to rest data, and showed superior generalizability across tasks, both within our study and in four external datasets with diverse attentional measures, making it a powerful measure with broad utility.

Our general attention model was based on three tasks, which cover many fundamental dimensions of attention: sustained attention, divided attention and tracking, and working memory. Amongst the specific tasks, the gradCPT task supports the strongest predictions and generalizability to other tasks here and in other studies. Therefore, when only one attention task can be conducted in the scanner, we recommend the use of the gradCPT. When only rest data are available, the general attention model offers the most generalizable and valid measure of attention, distinct from other variables such as intelligence or age.

The gradCPT, MOT and VSTM tasks tested here are only a small sample of the wide variety of attention tasks developed over decades of research. Therefore, the general attention measure might not span this entire range, and the long-term goal would be to build a truly ‘universal’ model. However, having tested a wider variety of tasks, Huang et al. demonstrated that there appears to be only one general factor that is shared across them, and we believe that this is what underlies the general attention measure proposed here. As further external validation, unprecedented for an fMRI study, we validated the general attention model across multiple measures of attention (performances in gradCPT, MOT, VSTM, ANT, SCPT and ADHD-RS), laboratory or clinical data (healthy and ADHD diagnoses), different age groups (adults and children/adolescents), variable data acquisition sites (two centres in New Haven, one in St. Louis and one in Beijing) and data processing procedures (AFNI, Bioimage Suite with SPM, and FSL). The fact that our general attention model still generalizes successfully despite these challenges demonstrates its broad applicability and potential.

Importantly, the general attention model captures an overall attentional variance that cannot be explained by other general phenotypes such as g factor and age. In two external datasets, the general model’s prediction accuracy actually increased when controlled for age and intelligence, indicating that the proposed general

Fig. 5 | Network contribution to CPMs’ prediction performance. a–c. Three CPMs were trained and tested using task fMRI (connectivity edges survived after lesioning each network (a), connectivity edges within each network (b) and connectivity edges connecting each network to the other nine networks (c)) to predict behaviours in three tasks, gradCPT, MOT and VSTM, respectively. The prediction performances were averaged to summarize the contribution of each network. Significance obtained from 1,000 permutations (**P < 0.001, ***P < 0.01, *P < 0.05). In the box and whisker plots, the box covers the first to third quartile (q1 and q3, respectively) of the data, while the centre line represents the median. A red dot represents the mean. The whiskers covers approximately 99.3% of the data (±2.7 s.d.), extended to the most extreme point that is not an outlier. A data point is considered an outlier if it is greater than q3 + 1.5 × (q3 – q1) or less than q1 – 1.5 × (q3 – q1). MF, medial-frontal network; FP, frontoparietal network; DM, default mode network; VI, visual I; VII, visual II; VAs, visual association; SA, salience network; Subc, subcortex; Cbl, cerebellum.

Discussion
We developed a suite of whole-brain CPMs that can predict both a common (task-general) and task-specific aspects of attention from an individual’s single-task or resting-state fMRI data. The network models accurately predicted sustained attention, divided attention and tracking, and working memory capacity. By leveraging these models, we uncovered the underlying brain networks supporting a general component across these attentional functions. We repeatedly observed that patterns of multiple brain networks, including the salience, subcortical, cerebellar and frontoparietal networks, drive accurate prediction of individuals’ attentional abilities across tasks, suggesting that these networks support a common (general) attention factor. To further enhance the measurement of attention, we applied a novel analysis framework, C2C modelling, and demonstrated that we can generate the patterns of individuals’ attention task connectomes from their rest connectome alone. More remarkably, the generated task connectomes substantially improved the prediction of individual attentional behaviours in either a task-specific or general manner. Finally, by combining connectomes from the multiple attention tasks in our study, a common attention

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Fig. 6 | Prediction of individual behaviours by applying the original CPMs trained using task fMRI to rest fMRI with a rest-to-task connectome transformation using C2C modelling. a, Prediction performance assessed by prediction $q^2$, with negative values set to zero (that is, $q^2 = 0$ for task-to-rest prediction without C2C modelling in all three tasks). Darker bars represent the behaviour prediction accuracy with C2C-generated task connectomes. Lighter bars represent the behaviour prediction accuracy with empirical rest connectomes. A darker bar in ‘Task-to-Rest’ represents the behaviour prediction accuracy of a model trained using empirical task connectome when the model is applied to the C2C-generated task connectome. A lighter bar in ‘Task-to-rest’ represents the behaviour prediction accuracy of a model trained using empirical task connectome when the model is applied to the empirical rest connectome. The task connectomes generated by C2C models from rest data significantly better predicted individual behaviours than empirical rest connectome in all three attention tasks. A darker bar in ‘Rest-to-rest’ represents the prediction of a model trained using empirical rest connectome when the model is applied to the empirical rest connectome. The task connectomes generated by C2C models from rest data significantly better predicted individual behaviours than empirical rest connectome in all three attention tasks. A darker bar in ‘Task-to-rest’ represents the behaviour prediction accuracy of a model trained using empirical task connectome when the model is applied to the C2C-generated task connectome. A lighter bar in ‘Task-to-rest’ represents the behaviour prediction accuracy with C2C-generated task connectomes. b, The same result, but with prediction performance assessed by correlation $r$. In a box and whisker plot, the box covers the first to third quartile ($q_1$ and $q_3$, respectively) of the data, and a centre line represents the median. The whisker covers approximately 99.3% of the data ($\pm 2.7$ s.d.), extended to the most extreme point that is not an outlier. A data point is considered an outlier if it is greater than $q_3 + 1.5 \times (q_3 - q_1)$ or less than $q_1 - 1.5 \times (q_3 - q_1)$. *$P < 0.05$ from 1,000 iterations.

Attention measure is specific to an individual’s overall attention function and cannot be explained by other general aspects of cognition or maturity. Future work can further validate the general attention measure across different tasks and datasets such as the Philadelphia Neurodevelopmental Cohort46 and Adolescent Brain Cognitive Development Study47 to demonstrate the universality of the general attention measure.

CPMs successfully generalized to predict performance across three different attention tasks: sustained attention, tracking and visual working memory (Fig. 2). For example, a model trained to predict individual behaviours in gradCPT accurately predicted performance in both MOT and VSTM. This generalizability of predictive models across different attention tasks suggests that there are shared neural components supporting a general attention factor across the tasks. Previous studies revealed a general attention factor48 and the neural system underlying attentional performance in diverse tasks49, and more generally, cognitive control50–51. Going beyond these studies, our CPM approach looks at connectivity patterns that can further predict quantifiable performance across multiple tasks and an overall attentional ability in unseen, novel individuals.

The brain networks of the common attention factor mainly recruited the salience, subcortical, cerebellar and frontoparietal networks (Fig. 3b). CPMs tuned to the general attention factor exhibited prediction accuracy and generalizability that are higher than or comparable to the native task models in predicting each task exhibited prediction accuracy and generalizability that are higher than or comparable to the native task models in predicting each task
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is the most important network in predicting individual attentional behaviours across all tasks in general, exhibiting high generalizability (Fig. 5, Extended Data Fig. 5 and Supplementary Fig. 2). The results further show that these networks play a primary role in attention performance across tasks. The involvement of these networks in CPM is in line with previous findings that attention-related tasks induce or modulate a functional engagement of frontal and parietal areas and subcortical areas.

Interestingly, we also found that connectivity between the cerebellum and other networks is an informative marker of individual...
attentional performance (Fig. 5). Although the cerebellum is traditionally considered important for motor control, cerebellar involvement in higher cognition has also gained attention over the last three decades. Advances in brain imaging techniques started to reveal cerebellar connections with higher association cortices and co-activation with cortical networks in various cognitive tasks. Cerebellar involvement in attention has also been well documented, such as attention-induced cerebellar activation, attentional modulation on the cerebellar activity and attention deficits with cerebellar lesions.

To enhance the practicality of the current approach, we extended CPM modelling with a novel method called C2C modelling. We showed that C2C modelling accurately predicted individuals' attention-task connectomes from their rest connectomes. Notably, the predictive power of rest connectomes considerably increased when using C2C transformation. This result demonstrates the potential of using connectome state transformation to substantially improve the prediction performance of CPMs, achieving the best of both worlds: the high predictive power of task data and the relatively convenient acquisition of resting-state data. The C2C state transformation framework in the general attention model offers a novel solution to the current trade-off between predictive power and difficulty in data collection, holding promising potential for practical applications. On the one hand, task-based fMRI provides better prediction performance compared with resting-state data, perhaps due to unconstrained mind wandering that may result in more variable mental states from scan to scan and from subject to subject at rest. The other hand, rest scans are much easier to collect consistently across studies and sites. For example, since clinical populations may have difficulty performing certain tasks, researchers or clinicians can obtain rest scans from patients because of its simplicity and minimal demands, a main reason why resting-state fMRI has gained popularity in clinical and other neuroimaging studies. C2C modelling combines the advantages of these two and improves the diagnostic value of rest scans, lessening the burden of conducting multiple scans or trying to standardize tasks across individuals.

Our approach of combining CPM and C2C modelling should be useful in studying other mental abilities such as memory and intelligence, and related neuropsychiatric disorders such as ADHD and dementia. This approach can derive estimates of multiple cognitive measures from a single rest scan, analogous to how physicians can assay multiple health measures from a single blood sample. With further development, the proposed general model may have potential clinical utility, for example, in monitoring and evaluating the effect of treatments and interventions on brain function, or providing a cognitive measure for non-communicative patients to support a clinical decision.

Methods

This study was approved by the Yale University Institutional Review Board.

Subjects and experimental designs. A total of 127 right-handed, neurologically healthy individuals with normal or corrected-to-normal vision participated in a two-session fMRI study for monetary reward (80 female, age 18–35 years, mean 23.15 years, s.d. 4.43 years). Data from 35 participants were excluded from the analysis due to excessive head motion (>3 mm maximum head displacement and >0.15 mm mean framewise displacement) during fMRI scanning, a small number of fMRI volumes (<120 TRs) after censoring, task performances with lower or higher than 2.5 s.d. from the group mean in both sessions or low imaging data quality by visual quality check. The remaining 92 individuals with all behavioural and imaging data were included in the main analysis (60 female, age 18–35 years, mean 22.79 years, s.d. 2.42 years). Two fMRI sessions were separated by approximately two weeks (mean 17.31 days, s.d. 20.21 days, median 12 days). Based on preliminary data, we performed a power analysis to predetermine a sample size of 84 participants at 0.8 power. The current sample size (92 participants analysed and 127 participants in total) is high relative to other single-site studies in the neuroimaging literature.

Each fMRI session started with an anatomical magnetization-prepared rapid gradient-echo (MP-RAGE) sequence followed by 10-min resting-state runs (two runs in session 1, one run in session 2) and a 7.16-min watching-movie run (180 apses). Afterward, all participants performed three 10-min attention-related tasks whilst in the scanner: gradCPT, MOT and VSTM. The order of these tasks was counterbalanced across participants and sessions. An additional task, either the Attention Network Task (ANT) or an n-back task, was collected after completing the three main tasks in session 2, but these tasks are not included in the analysis due to the small number of subjects who participated in these tasks. Visual stimuli in task fMRI were presented using Psychtoolbox-3 in MATLAB R2016b. PsychoPy2 (version 1.85.3) was used to present ‘Inscapes’ during movie-watching fMRI. All participants provided written informed consent and were paid for their participation.

Three attention tasks. Participants performed three attention-related tasks in this study. Task performance was assessed with sensitivity (d’), accuracy (%) and working memory capacity (Pashler’s K) for gradCPT, MOT and VSTM, respectively. To calculate task performance scores, we averaged scores from the two sessions for each task. For those who had only one session that met our data inclusion criteria (29 subjects for gradCPT, 25 subjects for MOT, 22 subjects for VSTM), we used the task score of the available session in the analysis.

Gradual-onset continuous performance task. The gradCPT is a task that measures sustained attention and inhibitory control. In this 10-min task, participants saw grayscale photographs of scenes gradually transitioning from one to the next. The scenes consist of city scenes that appear in 90% of the total trials and mountain scenes that appear in only 10% of the total trials. Each scene transitioned every 4 s. Participants were supposed to press every time they saw a city scene by pressing a button with their right index finger and withhold responses to the mountain scenes. The task consisted of 740 trials. Sensitivity (d’) was calculated to assess task performance, as z(hit rate) = (false alarm rate), since it reflects a subject’s performance more reliably than percentage accuracy given the imbalanced target to non-target ratio (0.9:1). We observed that sensitivity and percentage accuracy are highly correlated (Pearson’s r(90) = 0.99, r = 0.63 x 10^-9).

Multiple object tracking. MOT measures divided attention, tracking, working memory capacity, spatial attention, inhibition and sustained selective attention. In this 10-min task, participants tracked multiple target objects while stimuli were presented on the screen. At the beginning of each trial, participants were presented with 12 randomly spread identical white discs on the screen. For each trial, three or five discs among the 12 flashed green and turned back to white, designating them as the target discs of that trial, while the remaining, non-target discs remained white. All of the 12 discs then moved around the screen for 5,000 ms, then 1 of the 12 discs was probed. Participants were instructed to press a button with their right index finger if they detect any colour changes between the two appearances of the discs and press the other button with their right middle finger if it was not. Participants had 2,000 ms to respond. The task consisted of 56 trials, and performance was assessed by a per cent accuracy.

Visual short-term memory task. VSTM measures visual working memory capacity that stores visual information. In this 10-min task, participants saw discs of the same size but different colours on the screen for 100 ms and were asked to remember the colours of individual discs after 600 ms of fixation period. The number of disc s for each trial varied from two to eight (two, three, four, six or eight discs). The stimuli were replaced by a fixation mark for 900 ms, and the discs disappeared with or without colour changes. Participants were instructed to press a button with their right index finger if they detect any colour changes between the two appearances of the discs and press the other button with their right middle finger if no change had occurred. Participants had 2,000 ms to respond. The task consisted of 160 trials. For half of the total trials, original discs were replaced by different colours of discs, whereas for the other half of the trials, the original discs remained unchanged. Performance was assessed with a measure of working memory capacity, Pashler’s K (ref. 70), the average value of set size x (hit rate – false alarm rate)/(1 – false alarm rate) (ref. 70).

Behavioural analysis. Given that all tasks required attentional ability, individuals who performed well in one task were expected to perform well on others. To confirm how behaviours in different attentional tasks are related, we computed Pearson’s correlation between individual performance scores on every pair of tasks, resulting in three between-task similarity metrics: between gradCPT and MOT, gradCPT and VSTM, and MOT and VSTM. The correlation between-task similarity index estimate should be constrained by the reliability of the behavioural measures we adopted. Therefore, before computing a similarity of individual performance on the three tasks, we assessed the reliability of each behavioural measure by computing an intra-class correlation coefficient. For this reliability analysis only, we used subjects who had acceptable behavioural scores from both sessions for each task, resulting in a different number of available subjects for each task 65 for gradCPT, 69 for MOT and 71 for VSTM. Within these sub-samples, we estimated the intra-class correlation coefficient of individual performance between the two sessions for each task.
MR imaging parameters and pre-processing. MRI data were collected at the Yale Magnetic Resonance Research Center and the Brain Imaging Center at Yale with a 3-T Siemens Prisma system and 64-channel head coil. A high-resolution MP-RAGE sequence was collected at the beginning of each session with the following parameters: repetition time of 1,800 ms, echo time of 2.26 ms, flip angle of 8°, acquisition matrix of 256 × 256, in-plane resolution of 1.0 mm², slice thickness of 1.0 mm and 208 sagittal slices. After the MP-RAGE sequence, 10-min resting-state scans, two scans in session 1 and one in session 2, were collected, followed by an 'Inscapes' movie-watching run (7:16 min). After these viewing scans, participants performed three 10-min main attention-related tasks (gradCPT, VSTM and MOT) with a button box in their right hand. Each of the three tasks and resting-state scans included 600 whole-brain volumes acquired using an echo planar imaging sequence with the following parameters: repetition time of 1,000 ms, echo time of 30 ms, flip angle of 62°, acquisition matrix of 84 × 84 in-plane resolution of 2.5 mm², 52 axial-oblique slices parallel to the anterior commissure-posterior commissure line, slice thickness of 2.5 mm, multiband 4 and acceleration factor of 1. This information was also provided in a previous study that analysed a subset of the current dataset (49 subjects with two usable gradCPT runs at the time of the study)2.

Collected data were pre-processed with Analysis of Functional Neuroimages (AFNI)83. The pre-processing procedure included the following steps: removing the first three volumes; censoring of volumes containing outliers in more than 10% of voxels; censoring of volumes for which the Euclidean norm of the head motion parameter derivatives are greater than 0.2 mm; despiking; slice-time correction; motion correction; regression of mean signal from the CSF, white matter, and whole brain and 24 motion parameters. MRI data were aligned to the high-resolution MP-RAGE anatomical image and normalized to Montreal Neurological Institute space. All the following analyses were performed in MATLAB R2016b.

Whole-brain functional connectome. Network nodes were defined using a 260-node whole-brain functional atlas that includes cerebellum, subcortical structures, and cortex81. We excluded 23 nodes (due to imperfect acquisition of fMRI data from these areas in at least one subject), resulting in 245 nodes analysed in this study. For each participant, an averaged time-series signal was calculated for each node, and Pearson’s correlations between all possible pairs of the 245 nodes were computed. The pairwise correlations were then Fisher z-transformed, resulting in a 245 × 245 symmetrical whole-brain functional connectivity matrix (29,890 unique edges). We calculated the connectivity matrix for each session separately and averaged them across two sessions for the final analysis. For those who had only one session that met our data inclusion criteria (29 subjects for gradCPT, 25 subjects for MOT, 21 subjects for VSTM), we used the connectivity matrix from the available session in the analysis. Every individual had five connectivity matrices including three attention-related, one resting-state and one movie-watching.

Brain-based prediction of individual behaviours across tasks. Connectome-based predictive modelling. We constructed and validated CPMs using a ten-fold cross-validation (CV). In building CPMs, we held one fold (10%) of subjects out for model testing, with 82 or 83 participants in the training set. In training the CPM model, we first extracted features (edges) that were significantly correlated with individual behaviours in a target task (Pearson’s r < 0.05). These features yielded both positive and negative edge masks depending on the signs of their correlation with behaviour. For each subject in the training set, two networks’ strengths (one from the positive and the other from the negative network) were measured by averaging their respective connectivity strengths. Then, we fitted a general linear model between task performance (a dependent variable) and the two network strengths (independent variables). Once the two network masks and a general linear model were constructed, we applied the CPM to the held-out testing subject. The CPM estimated two network strengths for the test subject and predicted the subjects’ task performance from their network strength measures. Every fold was iteratively used as a test set in ten-fold CV. We repeated this ten-fold CV 1,000 times by randomly assigning subjects across ten folds. Behavioural scores were z-scored for each task within a training set. Then, a mean and s.d. computed within a training set were used to normalize behaviours of testing samples. z-Scoring was essential to provide a standardized behavioural measure, enabling the predictions across multiple tasks with incompatibl scoring scales. We used raw scores only in the visualizations of a reliability of behavioural measures with scatter plots (Supplementary Fig. 5a).

We assessed each model’s prediction performance by correlating model-predicted individual task scores and observed task scores. A significant positive correlation between the model-predicted and observed task performances confirmed that the model correctly predicted the general attention factor among three tasks. Each fold and repetition of ten-fold CV provided a stronger practical utility of a predictive model. The 1,000 repetitions of ten-fold CV and model evaluation by r and q² were applied to all following modelings done within the n = 92 dataset.

We previously demonstrated that CPMs are robust against the choice of feature selection threshold within the range of traditional statistical significance (for example, P < 0.05–0.001)77,78. We tested a similar range of selection thresholds in the current study and confirmed that the results remained similar across the range (Supplementary Fig. 6).

CPMs of a common attention factor. To examine how well a shared variance component of attention can explain behaviours on a variety of attentional tasks, we built CPMs using a common factor of the three tasks. In this analysis, we trained five predictive models to predict a common attention factor. All modelling procedure was the same as the original CPMs except the use of a common attention factor as a target behaviour of interest. Before constructing a common attention factor, we z-scored behavioural scores for each task within a training set. Then, we normalized behaviours of testing samples using a mean and s.d. computed within a training set. z-Scoring was essential to provide a standardized measure, enabling the generalization across different tasks with incompatibl scoring scales. The common factor was defined by a mean of z-scored behaviours across the three tasks. The mean z score was highly correlated with a shared factor extracted from factor analysis or the first principal component from principal component analysis (PCA) (Pearson’s r > 0.992; Supplementary Tables 4, 5 and 6) and also in a training set of every iteration. To reveal a set of connectivity features that supports the common factor of attention across all three task fMRI conditions, we tracked an overlap of predictive connectivity between three task fMRI-based models of the common attention factor.

Significance testing with corrections for multiple tests. We evaluated the significance of model performance using a one-tailed permutations. We ran 1,000 permutations to construct 1,000 null models for the 81 model predictions. In each permutation, individual performances were randomly shuffled, and the null CPMs were trained and tested with connectivity matrices and the shuffled performances for 81 prediction cases. We assessed the performance of the null models by correlation r and prediction q².

Imporantly, we used the permutations to correct for multiple tests (Supplementary Fig. 7a). To do this, we first divided 81 predictions into three groups based on cognitive states of fMRI in training and testing datasets (group 1: first 10% of predictions; group 2: middle 50% of predictions; group 3: last 40% of predictions) and represented with a blue line in Supplementary Fig. 7a: group 2: nine CPMs’ predictions when they were applied to different fMRI to predict same task from training data, represented with light-green lines; group 3: nine CPMs’ predictions when they were applied to different fMRI to predict different task, without any lines). We corrected the FWE rate for multiple comparisons in each case group separately using the maximal statistic permutation test77. For each case group, the maximum null performance was selected in each permutation run. This yields 1,000 maximum performance null models for each group. We compared observed model performance with the 1,000 maximum null performance distribution of the corresponding group. The FWE-corrected significance of the observed model performance (1 + the number of the null max performances better than the observed model performance)/1,000. When we corrected for all 81 prediction cases simultaneously, the pattern of significant predictions remained similar (Supplementary Fig. 7b).

Predictive anatomy of attention CPMs. We explored the predictive anatomy of CPMs to reveal the anatomical basis of the attention tasks and the general attention factor among three tasks. Each fold and repetition of ten-fold CV provided positive and negative network masks for each model. We extracted the most robust edges that appeared in 75% of ten-fold CV, 1,000 iterations of each modelling. These robust predictive edges were then visualized with ten canonical networks (medial-frontal, frontotemporal, default mode, motor, visual I, visual II, visual association, salience, subcortical and cerebellum) defined in previous studies4,86. 

We tested different frequency thresholds (90% and 100%) in visualization and confirmed that the results remained similar (Supplementary Fig. 8).

Controlling for behavioural correlations between tasks. In the original CPMs of three attention tasks, we examined the generalizability of CPMs across different tasks. Successful generalization, however, may be considered trivial, given the significant correlation of individual performances between tasks. To address this issue, behavioural correlations across tasks were taken into account. We repressed the predicted task-specific variance and controlled for the remaining target-task specific variance. The current models were trained to predict the residual variance specific to a target task. We assessed the significance of the model performance as described in Significance testing with corrections for multiple tests section with 1,000 repetitions of ten-fold CV, corrected using 1,000 permutations.
and observed behavioural scores while controlling for a common attention factor of the three tasks. We assessed the significance of the model performance as described in Significance testing with multiple tests section with 1,000 repetitions of ten-fold CV, corrected using 1,000 permutations.

Role of canonical brain networks in attentional behaviours. CPMs with computational lesion in brain networks. Next, we investigated which brain network is the most predictive of all three attention task scores. To assess the network-wise importance in behavioural prediction, we divided 245 brain nodes into ten canonical networks (medial-frontal, frontoparietal, default mode, motor, visual I, visual II, visual association, salience, subcortical and cerebellum) and computationally lesioned all nodes of a given network. We constructed and evaluated the nine CPMs of the reduced size of the connectivity matrix after lesioning one network. We repeated this procedure by lesioning each network iteratively. We restricted this analysis to task fMRI connectivity, which yielded a successful prediction. We then performed the ROIs analysis to test the significance of the model performance as described in Significance testing with corrections for multiple tests section with 1,000 repetitions of ten-fold CV.

CPMs using within-network and between-network connectivity. In addition to the computational lesioning, we performed complementary analyses to examine the predictive power of brain networks. In this analysis, we restricted CPMs to use functional connections of only one brain network instead of the whole-brain connectivity. This analysis was further separated into two parts. First, we constructed CPMs based on connectivity within each brain network. Second, we constructed CPMs based on the connectivity of one target network to the other nine networks. Hence, the first analysis was to examine the predictiveness of within-network connectivity, while the second analysis was to examine the predictiveness of between-network connectivity. We assessed the significance of the model performance as described in Significance testing with corrections for multiple tests section with 1,000 repetitions of ten-fold CV.

Generating attention connectomes from resting-state fMRI. We utilized a novel method called C2C state transformation modelling to facilitate the estimation of attention-task connectomes and to improve behavioural predictions from resting-state fMRI. In the previous analyses, we examined the generalizability of CPMs across multiple attention tasks. However, predictions of individual scores are typically impaired when the cognitive state of testing samples’ fMRI data is different from the training sample. The framework generates sub-system connectomes from the rest connectome or movie-watching connectome, and by employing the C2C approach, we can improve individual behavioural predictions from the rest or movie connectome.

The C2C model works in three steps in model application. First, the model extracts sub-systems from the whole-brain resting-state connectome of individuals. The model, then, transforms the extracted sub-systems to estimate task-specific sub-systems. Finally, the model constructs whole-brain task-specific connectomes from estimated sub-systems. The C2C modelling is based on two PCAs and partial least-squares regression, each of which have been used in fMRI connectivity studies for various purposes such as noise removal, dimension reduction and multivariate regression. In the current study, the C2C framework generates sub-system connectomes from the rest connectome or movie-watching connectome, and by employing the C2C approach, we can improve individual behavioural predictions from the rest or movie connectome.

CPMs were trained in the same training partition of ten folds and tested in nine or ten subjects for model validation and used nine folds to train one CPM to predict the common attention factor from the representative general attention connectome. We also trained one C2C model that can estimate an individual general attention connectome from a novel rest connectome. We assessed the general attention connectome, combining the general connectome construction, CPM and C2C model, can predict a novel participant's overall attention performance from a single rest connectome. This model was constructed and validated using 1,000 repetitions of ten-fold CV.

We explored different variants of ways to build the general attention model, and the primary model described above was chosen based on simplicity and performance, although performance did not vary significantly between models. To combine the task connectomes into the general attention connectome, one could average the edges, concatenate the three task connectomes, choose task edges that showed the largest variance across participants or choose task edges that showed the maximum absolute strength for each participant (without consistency across them). These different methods showed only small numerical differences in performance, with the averaging method showing the lowest performance. Finally, we tested predicting behaviour using three inner linear regressions to predict the three task scores and then average them for the general measure. This method performed similarly to the primary model. We tested all the different combinations of these modelling choices and settled on the primary model described above because of its simplicity compared with the other models, again noting that the prediction performance of the different model parameter choices was similar.

External validations in four independent datasets. Lastly, we substantially validated the proposed general attention model in four independent external validation datasets (three local recruitment, one from the greater New Haven area) and two publicly available (total N = 495). Testing performance in these independent datasets is necessary given the large variance occurring in small-size samples and could boost a model's reliability and practical utility. The four datasets comprised rest connectomes and diverse attention-related measures. Since the three local datasets were obtained in previous works and the other two datasets were provided by different open data-sharing projects, we briefly describe each dataset below.

The first set included the gradCPT performance of 25 participants (13 female, mean age 22.7 years, range 18–32 years). Task performance was assessed by d’ sensitivity. The second set includes the ANT performance of 41 participants (28 female, mean age 23.7 ± 4.3 years, range 18–37 years). Task performance was assessed by correct-trial RT variability. Imaging data from these two datasets were acquired using similar parameters, including 1,000 ms repetition time, to the current study but pre-processed differently. All participants in the two datasets gave written informed consent in accordance with the Yale University Human Subjects Committee and were paid for their participation. Information on subject recruitment, task design and rest fMRI acquisition and processing is described in detail in previous work.

The third was the HCP dataset. Information on fMRI acquisition and processing, and subject selection, is described in detail elsewhere. In the current study, we used the SCPT performance of 316 participants (154 female, mean age 22.5 ± 3.73 years) who completed all fMRI and behavioural sessions and were not related to another (taking into account a family structure). Task performance was assessed by median RT for true-positive trials. The experimental protocol was approved by the Institutional Review Board at Washington University in St. Louis. All participants provided informed consent.

The fourth was a dataset provided by the ADHD-200 consortium on fMRI acquisition and processing, and subject selection, is described in detail in the previous study and at http://icon_1000.projects.nitrc.org/indi/adhd200/. In the current study, we used the ADHD-RS-IV score of 113 children and adolescent model that integrates the multiple task connectomes, CPM and C2C model to (1) define a general attention connectome and generate it from a rest connectome and (2) predict overall attention performance in novel individuals.

The first step was to generate for each participant a general attention connectome that combines the edges from the individual’s three attention task connectomes. There are several methods for doing so, described at the end of this section, and we chose the method that selects the edge with the highest absolute strength across the three tasks. To do this consistently across individuals, we first computed a group-averaged attention task connectome by averaging the edge strength from all the training participants for each edge in each task connectome. Then to select which task edge to use for the general attention connectome, we compared the absolute mean strength for each edge across the three average task connectomes. For example, if the average gradCPT connectome showed the maximum absolute strength for a particular edge, relative to the absolute mean strength of the other average task connectomes (i.e., ANT and VSTM), then we assigned the gradCPT edge strength to be the representative edge in the general attention connectome look-up table (Supplementary Fig. 9), which specifies which of the task edges to use. Then for each participant, we used this population-level general attention connectome look-up table to generate the individual’s general attention connectome as a mosaic of the empirical edge values pulled from the individual’s three task connectomes.

The resulting individual general attention connectome can then be fed into the CPM and C2C pipeline like any other individual connectome. We trained one CPM to predict the common attention factor from the representative general connectome. We also trained one C2C model that can estimate an individual general attention connectome from a novel rest connectome. Over the general attention model, combining the general connectome construction, CPM and C2C model, can predict a novel participant's overall attention performance from a single rest connectome. This model was constructed and validated using 1,000 repetitions of ten-fold CV.

We explored different variants of ways to build the general attention model, and the primary model described above was chosen based on simplicity and performance, although performance did not vary significantly between models. To combine the task connectomes into the general attention connectome, one could average the edges, concatenate the three task connectomes, choose task edges that showed the largest variance across participants or choose task edges that showed the maximum absolute strength for each participant (without consistency across them). These different methods showed only small numerical differences in performance, with the averaging method showing the lowest performance. Finally, we tested predicting behaviour using three inner linear regressions to predict the three task scores and then average them for the general measure. This method performed similarly to the primary model. We tested all the different combinations of these modelling choices and settled on the primary model described above because of its simplicity compared with the other models, again noting that the prediction performance of the different model parameter choices was similar.
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Acknowledgements
This project was supported by National Institutes of Health grant MH108591 to M.M.C. and by National Science Foundation grant BCS1558497 to M.M.C.

Author contributions
K.Y., M.D.R. and M.M.C. designed the study. Y.H.K. and E.W.A. performed fMRI experiments. K.Y. and M.D.R. analysed behavioural data. K.Y. and Y.H.K. analysed fMRI data. K.Y. conducted modelling and visualization. K.Y., M.M.C., M.D.R., Q.L., D.S. and R.T.C. discussed the results and implications. M.M.C. and R.T.C. supervised the project. K.Y., Y.H.K. and M.M.C. wrote the original draft; K.Y., M.M.C., M.D.R., Q.L., E.W.A., D.S. and R.T.C. reviewed the original draft and contributed to the final version of the paper.

Competing interests
The authors declare no competing interests.

Additional information
Extended data is available for this paper at https://doi.org/10.1038/s41562-022-01301-1. Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s41562-022-01301-1. Correspondence and requests for materials should be addressed to Kwangsun Yoo or Marvin M. Chun.

Peer review information Nature Human Behaviour thanks Jing Sui, Francisco Castellanos and the other, anonymous, reviewer(s) for their contribution to the peer review of this work. Peer reviewer reports are available.

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Extended Data Fig. 1 | Predictive anatomy of three task-based CPMs. **a.** The scale bar in gradCPT, MOT and VSTM represents the relative ratio of predictive functional connections to all possible number of functional connections between networks with a sign representing whether the connection is in a positive or negative network. The scale bar in overlap represents the actual number of predictive functional connections with a sign representing whether the connection is in a positive or negative network. GradCPT: gradual-onset continuous performance task, MOT: multiple object tracking, and VSTM: visual short-term memory. MF: medial-frontal network, FP: frontoparietal network, DM: default mode network, VI: visual I, VII: visual II, VAs: visual association, SA: salience network, Subc: subcortex, Cbl: cerebellum. **b.** The number of predictive connections of three task-based CPMs in positive and negative networks.
Extended Data Fig. 2 | Cross-prediction results of five common attention factor CPMs. a. Cross-prediction results when models were applied to predict the common attention factor from different fMRI data. Models’ prediction accuracies were assessed by prediction $q^2$ and correlation $r$ between observed and predicted common factor measures. $p$ values of significance were obtained using 1,000 permutations and corrected for all $5 \times 5$ tests (***: $p < 0.001$, **: $p < 0.01$, *: $p < 0.05$, and ~: $p < 0.1$). Rows represent different fMRI data used to predict a common attention factor used in model construction, and columns represent the same but in model validation. b. Cross-prediction results, taking into account shared variance (the common factor) between task behaviors. Models’ prediction accuracies were assessed by partial correlation between observed and predicted behavior scores while controlling for the shared variance. $p$ values of significance were obtained using 1,000 permutations and corrected for all $5 \times 9$ tests (***: $p < 0.001$, **: $p < 0.01$, *: $p < 0.05$, and ~: $p < 0.1$). Rows represent different fMRI data used to predict a common attention factor used in model construction, and columns represent combinations of fMRI data and behavior scores used in model validation. GradCPT: gradual-onset continuous performance task, MOT: multiple object tracking, and VSTM: visual short-term memory.
Extended Data Fig. 3 | A similarity of individual behaviours between different tasks. The similarity was assessed by Pearson’s correlation of individual performances between attention tasks. Individual behaviors were significantly correlated between every pair of tasks. GradCPT: gradual-onset continuous performance task, MOT: multiple object tracking, and VSTM: visual short-term memory.
Extended Data Fig. 4 | Cross-prediction results of task-specific CPMs. **a**. Cross-prediction results, taking into account shared variance between task behaviors. Models’ prediction accuracies were assessed by partial correlation between observed and predicted behavior scores while controlling for the shared variance. *P* value was obtained using 1,000 permutations and corrected for multiple tests (****: *p* < 0.001, ****: *p* < 0.01, *: *p* < 0.05, and ~: *p* < 0.1). Rows represent combinations of fMRI data and behavior scores used in model construction, and columns represent combinations of fMRI data and behavior scores used in model validation. GradCPT: gradual-onset continuous performance task, MOT: multiple object tracking, and VSTM: visual short-term memory. **b**. Cross-prediction results when models were applied to predict the common attention factor from different fMRI data. Models’ prediction accuracies were assessed by correlation between observed and predicted common factor. *P* value was obtained using 1,000 permutations and corrected for all 9×5 tests (****: *p* < 0.001, ****: *p* < 0.01, *: *p* < 0.05, and ~: *p* < 0.1). Rows represent combinations of fMRI data and behavior scores used in model construction, and columns represent different fMRI data used to predict a common attention factor used in model validation.
Extended Data Fig. 5 | Cross-prediction using connectivity between the frontoparietal (FP, 2), visual II (VII, 6), salience (SA, 8), subcortical (Subc, 9), cerebellar (Cbl, 10) networks. Prediction of a model using connectivity between the medial-frontal (1), default mode (3), motor (4), visual I (5), visual association (7) networks was also obtained as a control. A. Rows represent combinations of networks (indicated by numbers) used in each model. Models’ prediction accuracies were assessed by correlating model-predicted and observed behavioral scores. B. Prediction performance of each network obtained by averaging all models that used the network in A. C. The same result as A, but model accuracies were assessed by q2. D. Prediction performance of each network obtained by averaging all models that used the network in C. GradCPT: gradual-onset continuous performance task, MOT: multiple object tracking, and VSTM: visual short-term memory.
Extended Data Fig. 6 | Similarity between C2C model-generated task connectomes and empirical task connectomes. Error bar represents standard deviation from 1,000 iterations. A and C represent a spatial similarity between two connectomes assessed by Pearson’s correlation. Darker bars represent the similarity between empirical task and generated task connectomes, and lighter bars represent the similarity between empirical task and empirical rest connectomes. The higher similarity of the generated connectome indicates that the C2C model accurately generates the target task connectome from the rest connectome. B and D represent root mean square (RMS) difference between two connectomes. The smaller difference of the generated connectome indicates that the C2C model accurately generates the target task connectome from the rest connectome. In a box-whisker plot, a box covers the first to third quartile (q1 and q3, respectively) of the data, and a center line represents the median. A red dot represents the mean. Whisker covers approximately 99.3% of data (±2.7*standard deviation), extended to the most extreme point that is not an outlier. A data point is considered an outlier if it is greater than q3+1.5*(q3-q1) or less than q1-1.5*(q3-q1). GradCPT: gradual-onset continuous performance task, MOT: multiple object tracking, and VSTM: visual short-term memory. *: p < 0.001 from 1,000 permutations.
Extended Data Fig. 7 | The general attention connectome lookup table. Out of a total 30,135 edges, 10,885 (36.1%) edges were pulled from gradCPT, 12,542 (41.6%) edges were from MOT, and 6,708 (22.3%) were from VSTM. The Ratio map was obtained based on All map. In each within- or between-network element in Ratio, the number of edges in the element for each task was counted and normalized by the total number of edges of each task. A task with the highest normalized value was assigned.
Extended Data Fig. 8 | Scatter plots of predicted and observed attention scores in four external datasets. Three models, the general attention model and two single task models (model 1 and 4 in Table 1) were trained within the internal dataset and then applied to rest connectomes in the four datasets. If a fitted line closely passes the origin (0,0) with a positive slope (staying within white quadrants), the model could be considered successfully predicting actual attentional abilities. There was no constraint on intercepts in fitting a line. The general model best generalized to predict various attentional measures in four independent external datasets.
Extended Data Fig. 9 | Prediction error, assessed by mean square error (MSE), of the general attention model in four independent datasets. The general model significantly reduced prediction error (assessed by MSE) compared to null models in four datasets. In all datasets, the general attention model produced the lowest prediction error among all models tested. ***: p < 0.001, **: p < 0.01, *: p < 0.05, and ~: p < 0.1 from 1,000 permutations.
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Our web collection on statistics for biologists contains articles on many of the points above.

Software and code

Policy information about availability of computer code

Data collection

Psytoolbox-3 in MATLAB R2016b was used to present visual stimuli and to record responses in task fMRI. PsychoPy2 (version:1.85.3) was used to present a movie in movie-watching fMRI.

Data analysis

All fMRI data were preprocessed using AFNI_17.2.07.

All connectivity analyses and predictive modeling were performed using custom scripts in MATLAB R2016b. Scripts for the predictive model construction are available for download at https://github.com/rayksyoo/GeneralAttention. Scripts for the other (statistical) analyses are available from the corresponding author (K. Yoo) upon request.

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Raw task and rest fMRI data used in the primary analyses are available at https://dx.doi.org/10.15154/1520622 (NDA, The National Institute of Mental Health Data Archive).
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| Study description | This study is based on original data collection and model development. Participants performed three attention-related tasks (gradual Continuous Performance Task [gradCPT], Multiple Object Tracking [MOT], and Visual Short Term Memory [VSTM]) during fMRI acquisition. We obtained fMRI and behavioral data from these tasks across two 90 minute sessions. Based on this dataset, we developed models that predict brain-based measures of shared and specific components of attention. The model predictions were further validated on several, independent data sets. |
| Research sample | The main research sample in this study includes Yale university undergraduates and graduates and volunteers in surrounding New Haven area. All 127 participants (80 female, ages 18 to 35 years, mean age = 23.15, SD = 4.43) were healthy individuals with normal or corrected-to-normal vision. The study sample was chosen to represent a young adult population. External validation datasets included four independent sets. Two sets were previously published datasets (Rosenberg et al., 2016. Nature Neuroscience; Rosenberg et al., 2018. Journal of Cognitive Neuroscience) and two sets were publicly available datasets (http://fcon_1000.projects.nitrc.org/indi/adhd200, Consortium, 2012. Frontiers in System Neuroscience; Human Connectome Project, Van Essen et al., 2013. NeuroImage) |
| Sampling strategy | Based on preliminary data, we performed a power analysis to predetermine a sample size of 84 participants at .8 power. The current sample size (92 participants analyzed, and 127 participants in total) is high relative to other single-site studies in the neuroimaging literature. |
| Data collection | All participants were asked to participate in a two-session fMRI study. They were asked to sign a consent form and fill out a safety checklist before each session. They were informed about task instructions before going into a scanner. MR images were collected using Siemens Prisma 3T scanner. During MR imaging, participants used earplugs and noise-cancelling headsets. All behavioral responses in visual attention-related tasks were obtained using a button box in participant’s right hand. In the second session, participants were asked to fill out two questionnaires using pen and paper after MR scanning. As part of our MRI safety protocols, a main researcher and a secondary assistant were present to collect data. The researcher and an assistant were aware of the experimental conditions during data collection. |
| Timing | The data collection started on September 2017 and completed on January 2020. During the first period (before January 2019), data were obtained at the Yale Magnetic Resonance Research Center. During the second period (after March 2019), data were obtained at the Brain Imaging Center at Yale University. |
| Data exclusions | As detailed in the manuscript, among 127 participants, we excluded 35 participants due to excessive head motion (>3 mm maximum head displacement and >0.15 mm mean framewise displacement) during fMRI scanning, task performance lower or higher than 2.5 standard deviations from the group mean in both sessions, or low imaging data quality by a visual quality control check. |
| Non-participation | Seven participants completed the first session, but withdrew from the study or did not show up for the second session. |
| Randomization | The order of three tasks was counterbalanced across participants and sessions. |

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Human research participants

Policy information about studies involving human research participants

Population characteristics
Participants were recruited via flyers attached to local and school bulletins. The flyer was neutrally phrased to minimize self-selection bias. The flyer describes our study as follows: Completing simple computer-based tasks, such as viewing and making decisions about pictures, while having your brain scanned using fMRI. The session lasts for approximately 2 hours.

Recruitment
Yale University Institutional Review Board.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Magnetic resonance imaging

Experimental design

Design type
Two fMRI sessions. Separate runs for three task fMRI, resting-state fMRI, and movie-watching fMRI in each session. Task fMRI runs were continuous event-related.

Design specifications
Per run, gradCPT fMRI included 740 trials, MOT fMRI included 56 trials, and VSTM fMRI included 160 trials. All three task trials are continuous without inter-trial intervals; trial lengths were 0.8 s (gradCPT), 10.3 s (MOT), and 3.6 s (VSTM). All task runs were about 10 minutes in length without interruption, unless for any technical issues.

Behavioral performance measures
In this study, we recorded button press (Yes/No) and response time. Task performance was assessed with sensitivity (d’), accuracy (%), and working memory capacity (Pashler’s K) for gradCPT, MOT, and VSTM, respectively. We excluded participants whose task performance was 2.5 standard deviations lower or higher than the group mean for each task.

Acquisition

Imaging type(s)
Functional and structural images

Field strength
3T

Sequence & Imaging parameters
MPRAGE was collected at the beginning of each session with the following parameters: TR = 1800 ms, TE = 2.26 ms, flip angle = 8°, acquisition matrix = 256 × 256, in-plane resolution = 1.0 mm², slice thickness = 1.0 mm, 208 sagittal slices. All EPI data was collected with the following parameters: TR = 1,000 ms, TE = 30 ms, flip angle = 62°, acquisition matrix = 84 × 84, in-plane resolution = 2.5 mm², 52 axial-oblique slices parallel to the AC-PC line, slice thickness = 2.5 mm, multiband 4, acceleration factor = 1.

Area of acquisition
A whole brain scan

Diffusion MRI
Not used

Preprocessing

Preprocessing software
AFNI_17.2.07. 1) Removing the first three volumes; 2) censoring of volumes containing outliers in more than 10% of voxels; 3) censoring of volumes for which the Euclidean norm of the head motion parameter derivatives are greater than 0.2 mm; 4) despiking; 5) slice-time correction; 6) motion correction; 7) regression of mean signals from the cerebrospinal fluid, white matter, and whole brain and 24 motion parameters.

Normalization
FMRI data were normalized to the MNI 152 standard space. FMRI data were aligned to the high-resolution anatomical image (MPRAGE) using affine registration and then normalized to the MNI space by non-linear transformation.

Normalization template
MNI 152 standard space template

Noise and artifact removal
Noise removal included regression of mean signals from the cerebrospinal fluid, white matter, and whole brain and 24 motion parameters (3 translational and 3 rotational, their derivatives, and square terms of the 6 motion parameters and their derivatives).

Volume censoring
AFNI_17.2.07. We censored volumes containing outliers in more than 10% of voxels and volumes for which the Euclidean norm of the head motion parameter derivatives were greater than 0.2 mm.

Statistical modeling & inference

Model type and settings
A whole-brain connectivity matrix with 29,890 unique edges (245 nodes) was constructed using preprocessed fMRI data for each state (tasks, rest, and movie) and for each participant. We constructed connectome-based predictive models (Shen et al., 2017. Nature Protocols), connectome state transformation models (Yoo et al., 2020. bioRxiv preprint) and a general attention model that predict individual behaviors from the whole-brain connectivity matrix.
Effect(s) tested

Effect of fMRI cognitive states on behavior prediction was examined. As described above, fMRI data was obtained while participants were performing gradCPT, MOT, or VSTM, watching a movie, or at rest. Hence, five different cognitive states were tested.

Specify type of analysis:

|       | Whole brain | ROI-based | Both |
|-------|-------------|-----------|------|

Anatomical location(s)

268-node parcellation covering the whole brain was used (Shen et al., 2013. NeuroImage) to construct the whole-brain functional connectivity matrix. After exclusion, 245 nodes were used in the main analyses.

Statistic type for inference

To evaluate model performance, we used Pearson’s correlation and prediction $q^2$ (cross-validation $R^2$, Sheinost et al., 2019. NeuroImage).

Correction

Permutations were used for significance testing, correcting for multiple tests (family-wise error rate). The details are provided in Methods section ‘Significance testing of prediction accuracy with correction for multiple tests’.

Models & analysis

n/a

|       | Involved in the study |   |
|-------|-----------------------|---|
|       |                       |   |

- Functional and/or effective connectivity
- Graph analysis
- Multivariate modeling or predictive analysis

Functional and/or effective connectivity

Pearson’s correlation coefficient $r$ was used to measure functional connectivity. Correlation $r$ was z-scored using Fisher’s $r$-to-$z$ transformation, and the z-scored connectivity was used in all predictive modeling.

Multivariate modeling and predictive analysis

All connectome-based predictive models (CPM) were trained to predict individuals’ behavioral task performance from their whole-brain connectivity matrix (connectome). In a general attention model, connectome-to-connectome (C2C) state transformations were trained to predict individuals’ task-related connectomes from their resting-state connectomes. In C2C, principal component analysis was applied to the whole-brain connectomes for dimension reduction and to extract subsystems for each state (resting-state state and task-related state), separately. Then, partial least square regression was trained to predict individuals’ task-related connectomes from their resting-state connectomes. For CPMs and the general model, prediction accuracy was evaluated by Pearson’s correlation between observed and predicted behaviors and by prediction $q^2$ (cross-validation $R^2$, Scheinost et al., 2019. NeuroImage) based on normalized mean square error. For C2C models, prediction accuracy was evaluated by Pearson’s correlation between observed and predicted task-related connectomes and by root mean square difference between them. All predictive modeling and their evaluation were performed in MATLAB R2016b.