An innovative approach for atraumatic tooth extraction for immediate implant placement by using Sapian extraction kit: A case report

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Abstract
Immediate placement of dental implant into the fresh extraction socket has been an acceptable procedure for the past two decades. Commonly, immediate placement has been reserved for the single rooted anterior tooth and single or bi-rooted premolar tooth. To preserve the alveolar bone proper, particularly that of the labial and lingual plates of bone it is essential that the extraction should be done in an atraumatic manner, providing the optimal environment for maximizing bone implant contact and implant stability. There is plethora of techniques in the literature for atraumatic extraction of tooth. This paper presents the atraumatic extraction of maxillary premolar by using Sapian root removal device system followed by immediate placement of dental implant.

Introduction
Immediate placement of dental implants into fresh extraction sockets limits overall treatment time and offers some esthetic and functional advantages. It is considered to be advantageous because of several reasons: it shortens the treatment duration, reduces the number of surgical visits, preserves soft tissue and hard tissue architecture, and enhances aesthetic outcome [1-4]. Success of immediate implant placement depends on the crestal bone that is remain after extraction of tooth or tooth root. Atraumatic extraction without jeopardizing the crestal bone level by using numerous devices has been advocated in literature like Periotomes, Powertome periosteum 100S (Westport Medical) [5], Golden Misch’s one minute extraction-Physics forceps [6], Meisinger’s Benex control-root extraction system [7] and Easy X-Trac system [8] (Titan Instrument, Hamburg, New York, USA) etc. Amongst these, one of the device is Sapian root removal device system invented by Dr. Schubert Sapian. This case report presents the atraumatic extraction of tooth root by using Sapian root remover system followed by immediate placement of implant in the maxillary left second premolar region and also throws light briefly about the system.

Case report
A 48 year old male patient reported to the department with the chief complaint of missing upper and lower back region teeth and needed replacement. Patient presented history of extraction 3 years back because of decay.

On oral and roengenographic examination (Figures 1-5), it was found that there were missing teeth number 4,15,18,31,32, endodontically treated teeth number 7,8,9 and 10, grossly decayed tooth number 13 and amalgam restoration with teeth number 2 and 14.

Patient’s occlusion was analyzed and found habitual position of the mandible since centric relation occlusion not coinciding with maximum intercuspation position. There was generalized attrition secondary to physiologic tooth wear resulting in decrease in vertical dimension of occlusion.

Based on the clinical findings and occlusal analysis, treatment plan

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executed full mouth rehabilitation using Hobo and Takayama’s Twin stage philosophy which reestablish vertical dimension of occlusion and centric relation coinciding with centric occlusion by using porcelain fused to metal crowns followed by immediate implant placement in the region of 13 after extraction of the same using Sapian root removal kit and restored with porcelain fused to metal crown.

After completion of Twin stage approach for the full mouth rehabilitation, patient was appointed for the immediate implant placement in the region of tooth number 13.

Sapian extraction kit was used for the extraction of 13 (Figure 6) and subsequently 3.5 mm * 11 mm Ankylos (Dentsply Int) Implant (Figure 7) and transmucosal extension was installed (Figure 8) and radiograph was taken (Figure 9).

Description of Sapian Root Remover Kit [9] (Figure 10 and 11):

The Sapian root remover kit consists of following parts.

1. Anterior driver
2. Collet nut for anterior driver
3. Manual latch head driver
4. Pry bar
5. Gear oil vial and spout for manual latch head driver
6. Extraction screw block with built-in screw straightener
7. Solid aluminum screw block containing:
   a) Three thin extraction screws: one 1-ball, one 2-ball and one 3-ball

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**Figure 3.** Preoperative Mandibular view.

**Figure 4.** Orthopentomogram of the patient.

**Figure 5.** Preoperative Intraoral Periapical X-ray view.

**Figure 6.** Extracted root piece.

**Figure 7.** Immediate Implant placement.

**Figure 8.** Placement of transmucosal extension.

**Figure 9.** Postoperative Intraoral Periapical X-ray view.
To permit easy recognition of thin and thick screws, thick screws are marked by a dark band. A thin screw is preferred for situations where the extraction angle or other circumstances necessitate the use of a more flexible screw. A thick screw is useful where greater rigidity provides a structural advantage in the extraction mechanics. Some roots will be so severely decayed that the threads of a thin Extraction Screw will not engage firmly in the root. In this case, author has used the thick Extraction Screw that usually has sufficient grasp to remove the root. Depending upon preference and convenience, select either the Anterior Driver or the Manual Latch Head Driver for Extraction Screw placement. Use the Anterior Driver for convenient screw placement in anterior and premolar maxillary teeth. This driver can be used with one hand to place the Extraction Screw with precision, speed and maximum tactile sensitivity. Alternatively, use the Manual Latch Head Driver to place an Extraction Screw in any part of the mouth, including areas that cannot be reached with the Anterior Driver. Proper positioning of the Fulcrum Tray is critical to the success of the extraction. It supports the downward force of the Pry Bar and protects delicate structures. The downward force on the handle of the Pry Bar creates the vertical force that lifts the Extraction Screw. The Fulcrum tray must be positioned to provide maximum support for such downward pressure. Extraction force must be applied in a vertical direction aligned with the root. Align the Pry Bar in a mesial-distal direction to prevent damage to the buccal plate and maximize extraction force. The fulcrum of the Pry Bar on the Fulcrum Tray should be directly over the strongest adjacent tooth, which is usually mesial of the root to be extracted. The extracted root can be removed from the Extraction Screw by using the Finger Driver, the Anterior Driver or the Manual Driver. The Finger Driver is usually the quickest and easiest for this task. Simply hold the root firmly with one hand, preferably with a 2" square gauze pad, and unwind the Extraction Screw with the other hand until the root is released [9].

**Conclusion**

Immediate surgical and restorative protocols facilitate superior esthetic and functional success. However, strict guidelines for atraumatic intervention and preservation of existing anatomic structures must be carefully followed. This article presented a comprehensive treatment approach and discussed current immediate procedures based on the existing scientific evidence.

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