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To cite this version:
Melina Haupt, Matthew P. Blakeley, Stuart J. Fisher, Sax A. Mason, Jon B. Cooper, et al.. Binding site asymmetry in human transthyretin: insights from a joint neutron and X-ray crystallographic analysis using perdeuterated protein. IUCrJ, 2014, 1 (6), pp.429 - 438. <10.1107/S2052252514021113>. <hal-01611528>

HAL Id: hal-01611528
https://hal.archives-ouvertes.fr/hal-01611528
Submitted on 6 Oct 2017

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Binding site asymmetry in human transthyretin: insights from a joint neutron and X-ray crystallographic analysis using perdeuterated protein

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Human transthyretin has an intrinsic tendency to form amyloid fibrils and is heavily implicated in senile systemic amyloidosis. Here, detailed neutron structural studies of perdeuterated transthyretin are described. The analyses, which fully exploit the enhanced visibility of isotopically replaced hydrogen atoms, yield new information on the stability of the protein and the possible mechanisms of amyloid formation. Residue Ser117 may play a pivotal role in that a single water molecule is closely associated with the /C13-hydrogen atoms in one of the binding pockets, and could be important in determining which of the two sites is available to the substrate. The hydrogen-bond network at the monomer–monomer interface is more extensive than that at the dimer–dimer interface. Additionally, the edge strands of the primary dimer are seen to be favourable for continuation of the /C12-sheet and the formation of an extended cross-/C12-structure through sequential dimer couplings. It is argued that the precursor to fibril formation is the dimeric form of the protein.

1. Introduction

Human transthyretin (TTR) is a 55 kDa homotetramer that transports thyroxine and retinol-binding protein in the blood and cerebrospinal fluid (Hamilton & Benson, 2001; Schreiber et al., 1995). Wild-type TTR is inherently amyloidogenic and can lead to senile systemic amyloidosis (SSA). SSA is the most widespread form of TTR amyloid disease and is associated with microscopic amyloid deposits of uncertain clinical significance in many organs of all individuals who are over 80 years old, 25% of whom develop disease symptoms (Westermark et al., 1990). Point mutations in the TTR gene often result in early onset of disease, presumably due to destabilization of the tetramer, rendering the protein prone to dissociation and aggregation. This hereditary and often fatal form of amyloidosis is also referred to as familial amyloid polyneuropathy (Planté-Bordeneuve & Said, 2011). More than 100 TTR mutations have been described of which many are pathogenic (Connors et al., 2003). A regularly updated list of mutations together with their primary citations can be found on the website http://amyloidosismutations.com/mut-attr.php. A promising approach to the treatment of these diseases is the stabilization of the native fold using drugs that inhibit
dissociation of the TTR tetramer and the subsequent aggre-
gation of the protein into its fibrillar form (Connelly et al.,
2010; Kolstoe et al., 2010; Sekijima et al., 2008). Several drug
candidates have been identified and tested and some have
been shown to suspend polyneuropathy by raising the kinetic
barrier of tetramer dissociation (Choi et al., 2010; Sekijima et
al., 2008). Other approaches have resulted in the development
of a potent and selective class of bivalent palindromic ligands
(Green et al., 2003; Kolstoe et al., 2010).

The stability of the homotetramer of wild-type TTR and the
changes associated with point mutations or ageing processes
are believed to be closely linked to the electrostatic and
hydrogen-bonding interactions present at the protein–protein
interface. Interestingly, wild-type TTR does not necessarily
degrade prior to aggregation and deposition in tissue (Ihse
et al., 2008; Pepys, 2009). It has been shown that amyloid fibrils
contain a high percentage of wild-type TTR for individuals
heterozygous for the Val30Met variant (Ihse et al., 2011;
Tsuchiya-Suzuki et al., 2011).

Neutron diffraction is a powerful tool for structural analysis
which strongly complements X-ray techniques because it
enables key details of hydration and protonation to be
revealed (Forsyth et al., 1989; Langan et al., 1992; Kovalevsky
et al., 2010; Tomanicek et al., 2010, 2011; Howard et al., 2011;
Kovalevsky et al., 2011; Weber et al., 2013; Cuypers, Mason et
al., 2013; Casadei et al., 2014; Langan et al., 2014). This occurs
because, in contrast to the situation with X-ray diffraction,
hydrogen and its isotope deuterium have scattering powers for
neutrons that are comparable with those for the other atoms
commonly found in biological macromolecules, and are
therefore more easily visible in neutron diffraction studies
(Blakeley, 2009). Perdeuteration of the sample, in which all
hydrogen atoms are replaced by deuterium, facilitates data
collection from smaller samples and those with larger unit cells
(Hazemann et al., 2005; Petit-Haertlein et al., 2009), and is
invaluable to other techniques used in structural biology and
soft matter research including small-angle neutron scattering
(Cuypers, Trubitsyna et al., 2013), neutron reflectometry (Grage
et al., 2011), fibre diffraction (Shotton et al., 1997; Gardner et
al., 2004; Nishiyama et al., 2010) and NMR (Varga et al., 2007).

A recent review analysing the output of almost 200 X-ray
crystal structures of transthyretin, its mutants, complexes and
related proteins concludes that despite the abundance of data
available, no consistent and conclusive model for mutation-
induced structural changes or for the mechanism of amyloid
formation has been put forward (Palaninathan, 2012). The
neutron crystallographic analysis presented here sheds light
on a vitally important aspect – the role of hydrogen-atom
interactions in the stability of the structure. In addition to the
biological interest of these results, it is noted that the study
was carried out using two datasets recorded from completely
different neutron diffractometers at the Institut Laue-
Langevin (ILL). One was a quasi-Laue machine dedicated to
neutron protein crystallography, and the other was a mono-
chromatic instrument that is typically used for studies in
structural chemistry, small proteins, as well as fibre diffraction
studies of biological and synthetic polymers. Hence the results,
which are closely consistent, are of technical interest for an
understanding of the complementary scope of each approach.

2. Experimental procedures

2.1. Sample preparation

Human TTR was prepared and crystallized as described
previously (Haupt et al., 2011). This involved the use of a pET-
M11 bacterial expression vector with an N-terminal 6His tag
and a TEV cleavage site (EMBL Protein and Purification
Facility, Germany) with the TTR gene ligated via NcoI and
Acc65I restriction sites. Following transformation into
BL21(DE3) cells (Invitrogen), the cells were adapted to
perdeuterated ENFORS minimal medium and grown in a fed
batch fermentation process using U-D8-glycerol (99%
deuterium, Euriso-top) as the carbon source. Purification was
carried out using an Ni2+ column and subsequent gel filtration.
MALDI–TOF mass spectrometry showed deuteration of
100% of all non-exchangeable hydrogen atoms. Large single
crystals of ≥3 mm3 were grown using the vapour diffusion
method in sitting drops in 2.15 M malonate buffer pH 6.0 and
23 mg ml−1 protein concentration.

2.2. Quasi-Laue neutron data collection (LADI-III)

Details of the quasi-Laue neutron diffraction data collec-
tion have been reported previously (Haupt et al., 2011).
Neutron quasi-Laue diffraction data were collected at room
temperature on the LADI-III instrument (Blakeley et al.,
2010) installed on cold neutron guide H142 at the Institut
Laue-Langevin (ILL). Using a crystal of perdeuterated TTR
with volume of ~3.4 mm3, diffraction data were collected to
2.0 Å resolution. As is typical for a Laue crystallography
experiment, the crystal was held stationary at a different ϕ
(vertical rotation axis) setting for each exposure. Initially, 12
contiguous images (Δϕ = 7°) were collected using an exposure
time of 8 h per image in order to collect the high-resolution
data, followed by a low-resolution pass of 11 contiguous
images (Δϕ = 7°) using an exposure time of 2 h per image.
Thus, the complete dataset comprised 23 images with an
average exposure time of 5.13 h per image. The neutron
diffraction images were processed using the LAUE suite
program LAUEGEN (Campbell, 1995; Helliwell et al., 1989),
which was modified to account for the cylindrical geometry of
the detector (Campbell et al., 1998). The program LSCALE
(Arzt, 1999) was used to determine the wavelength-normal-
zation curve using the intensities of symmetry-equivalent
reflections measured at different wavelengths and to apply
wavelength-normalization calculations to the observed data.
The data were then scaled and merged in SCALA (Evans,
2006). Relevant data collection statistics are summarized in
Table 1.

2.3. Thermal neutron data collection (D19)

Monochromatic data were recorded at room temperature
using the D19 diffractometer at the ILL. Data were recorded
to a resolution of 2.3 Å using ω-step scans of 0.07°, to preset monitor counts, with typical times per frame of 87 or 173 s. The wavelength used was 2.42 Å produced using a graphite monochromator. The 22 harmonic was reduced below 1% using a graphite filter ahead of the sample position. The detector was a large, curved multiwire proportional counter having an angular coverage of 120° in the horizontal plane and 30° vertically. The data were processed using the ILL program RETREAT (Wilkinson et al., 1988). The use of perdeuterated protein effectively obviated the need for an absorption correction. Data were merged using SCALA from the CCP4 suite (Winn et al., 2011). A summary of the experimental and refinement statistics is given in Table 1.

2.4. X-ray data collection and structure refinement

X-ray diffraction data were recorded at room temperature using beamline ID23-1 (Flot et al., 2010) at the European Synchrotron Radiation Facility (ESRF), using a heavily attenuated X-ray beam (0.74%) of wavelength 0.9791 Å. Integrated and scaled reflection intensities were obtained using MOSFLM (Battye et al., 2011; Leslie, 2006) and SCALA, and converted to structure factors using TRUNCATE (Winn et al., 2011). Radiation-damage effects were monitored using the inter-frame merging R factors and B factors.

PDB code 3ipe was used as the starting model. All water molecules and multiple conformations were removed and the model was randomly perturbed to reduce model bias. Initially, rigid-body refinement was then conducted using PHENIX (Adams et al., 2010) to 1.95 Å. Following this a series of restrained refinements were conducted and the resulting Fo − Fc electron-density map contoured to 3σ was used to model 148 solvent molecules and a number of multiple conformations. Further rounds of restrained refinement were conducted. The refinement converged with a final R factor of 15.2% and Rfree of 20.1%. Full refinement statistics are shown

### Table 1

| Data collection | Laue neutron diffraction | Monochromatic neutron diffraction | X-ray diffraction |
|-----------------|--------------------------|----------------------------------|------------------|
| Beamline        | LADI-III at ILL          | D19 at ILL                       | ID23-1 at ESRF   |
| Temperature (K) | 293                      | 293                              | 293              |
| Wavelength (Å)  | 3.24–4.18                | 2.42                             | 0.9791           |
| Resolution (Å)  | 43.68–2.00 (2.11–2.00)   | 52.21–2.30 (2.42–2.30)           | 52.28–1.85 (1.95–1.85) |
| No. reflections measured | 69034 (6128) | 40015 (4199)                     | 76578 (10682)    |
| Completeness (%)| 78.3 (62.1)              | 99.3 (98.7)                      | 99.4 (97.9)      |
| No. images      | 23                       | N/A                              | 180              |
| Oscillation angle (°) | Step angle = 7 | Scan step 0.07                   | 0.5              |
| Exposure time per image (s) | 18470 (5.13 hours per image) | 87 or 173                        | 0.1 (beam attenuated to 0.74%) |
| Space group     | P2_2_2                   | P2_2_2                           | P2_2_2           |
| Rmerge          | 0.182 (0.337)            | 0.152 (0.645)                    | 0.093 (0.420)    |
| Rp.i.m.         | 0.078 (0.162)            | 0.096 (0.470)                    | 0.057 (0.254)    |
| Multiplicity    | 5.1 (4.0)                | 3.5 (2.6)                        | 3.5 (3.5)        |
| Mean Iσ(I)      | 7.3 (3.4)                | 7.7 (1.6)                        | 7.4 (2.6)        |
| Wilson B factor (Å²) | 15.7                  | 14.9                             | 19.8             |
| Resolution range (Å) | N: 36.38–2.00 (2.07–2.00) | N: 43.13–1.95 (2.00–1.95)        | X: 43.13–1.95 (2.05–1.95) |
| PDB code        | 4pvm                     | 4pvn                             | 4pvl             |
| No. reflections N | 13391 (923)              | 11395 (2630)                     | 18656 (1274)     |
| No. reflections X | 18655 (1274)             | 18655 (2512)                     | 18656 (1274)     |
| Completeness (%) N | 76.9 (60.0)              | 98.6 (98.0)                      | 99.4 (100.0)     |
| Completeness (%) X | 99.4 (100.0)             | 99.5 (100.0)                     | 99.5 (100.0)     |
| Rmerge N        | 0.209 (0.280)            | 0.209 (0.258)                    | 0.156 (0.185)    |
| Rmerge X        | 0.153 (0.173)            | 0.156 (0.185)                    | 0.152 (0.175)    |
| Rfree N         | 0.271 (0.320)            | 0.262 (0.322)                    | 0.210 (0.198)    |
| Rfree X         | 0.203 (0.220)            | 0.185 (0.226)                    | 0.201 (0.198)    |
| No. protein atoms | 3630                   | 3680                             | 1815 (no H or D) |
| No. main-chain amide-H atoms with Hocc > 0.5 | 29                  | 34                              | 0                |
| No. D₂O, D−O, O-only molecules | 36, 12, 41          | 30, 18, 36                      | 148              |
| R.m.s.d. bond length (Å) | 0.013               | 0.012                           | 0.011            |
| R.m.s.d. bond angles (°) | 1.354                | 1.309                           | 1.282            |
| Average B factors (Å²) |          |                                  |                  |
| Main chain (A/B) | 18.5/23.4               | 23.1/29.1                       | 20.7/25.4        |
| Side chain (A/B) | 23.7/28.6               | 29.3/35.7                       | 28.7/33.2        |
| Solvent         | 26.8                    | 46.4                            | 40.9             |
| Ramachandran statistics (%) | 98.3                | 98.3                            | 97.8             |

† X-ray cell dimensions were used for both neutron structures.
in Table 1 and the model has been deposited in the Protein Data Bank (http://www.rcsb.org/pdb) under accession code 4pvl.

2.5. Joint neutron and X-ray structural refinement

The refined X-ray model of perdeuterated TTR to 1.95 Å resolution determined at room temperature was used as the starting model for the joint X-ray and neutron refinement using the phenix.refine program (Afonine et al., 2010) in the PHENIX package (version 1.6.2). The model was first modified by removing all water molecules, resetting the atomic displacement parameters (ADPs) of all atoms to 25 Å², and randomly perturbing the atomic coordinates to reduce model bias. Deuterium atoms were then added to the protein model using the ReadySet option in PHENIX (Adams et al., 2010).

Initially rigid-body refinement was performed, followed by several cycles of maximum-likelihood-based refinement of individual coordinates, isotropic ADPs and atomic occupancies of side-chain multiple conformations. Using the modelling program Coot (Emsley et al., 2010), rotamer- and torsion-angle adjustments were made manually throughout the model according to positive nuclear scattering density in both σ- and weighted Fσ - Fc maps. The first nine residues at the N-terminus, along with the last two residues at the C-terminus of both chains A and B were found to be disordered in the X-ray and neutron scattering density maps and thus were not modelled, with the exception of Lys-9 which could be modelled with the neutron data in chain B. Molecules of D₂O were added to the model according to positive neutron scattering length density in σ- and weighted Fσ - Fc maps, with manual adjustment of all D₂O molecules completed using both σ- and weighted 2Fσ - Fc and Fσ - Fc maps. A total of 89 solvent molecules were included in the final round of refinement using phenix.refine for the Laue dataset, and 84 in the case of the monochromatic dataset. Based on the density maps, these were modelled as full D₂O molecules, D—O or ‘O-only’ (i.e. exhibiting spherical density); a summary is given in Table 1. A minimal r.m.s. level of 1.5 was used for the attribution of water molecules. The same strategy was applied for both quasi-Laue diffraction and monochromatic data. The quasi-Laue neutron R_work and R_free values for the final model were 20.9% and 27.1%, respectively, while the X-ray R_work and R_free values were 15.3% and 20.3%, respectively. For monochromatic neutron joint refinement the R_work and R_free values for the final model were 20.9% and 26.2% for neutrons and 15.6% and 18.5% for X-rays, respectively. The final refinement statistics from phenix.refine are summarized in Table 1. MolProbity (Davis et al., 2007) was used to analyze the stereochemistry of the final model (see Table 1). The models and the diffraction data have been deposited in the Protein Data Bank (http://www.rcsb.org/pdb) under accession codes 4pvm and 4pvn for the quasi-Laue and monochromatic neutron models, respectively.

3. Results

3.1. Neutron crystal structures

As noted above, two independent neutron datasets were obtained from the same crystal using two different diffractometers at the ILL. The first was recorded using the quasi-Laue diffractometer LADI-III (to a resolution of 2.0 Å), and the second was recorded using the monochromatic thermal neutron diffractometer D19 (to a resolution of 2.3 Å). Both datasets were recorded at room temperature. An X-ray dataset was subsequently collected to 1.95 Å resolution at room temperature from a crystal originating from the same crystallization well. The availability of both X-ray and neutron diffraction data allowed joint refinements, increasing the data-to-parameter ratio and reducing the influence of systematic errors. A summary of the quasi-Laue neutron, monochromatic neutron, and X-ray data collection statistics is given in Table 1, along with details of each of the refinements carried out. A comparison of the two neutron-derived structures showed close agreement; a superposition was carried out using Coot (Emsley et al., 2010) and the mean deviation was calculated to be 0.13 Å. It is interesting to note that while the study was based on the use of perdeuterated protein (as assessed by mass spectrometry), small amounts of exchange of D back to H can be expected. This may happen during purification (where hydrogenated reagents are usually used), and may not fully reverse during crystallization in fully deuterated buffers. Such back-exchange typically involved amide backbone hydrogen atoms and was identified during the respective structure refinements. The results described here for perdeuterated wild-type TTR have been compared with the crystallographic study of a truncated form of the hydro- genated protein (Yokoyama et al., 2012). This study was carried out to a resolution of 2 Å using the iBIX instrument at IUCrJ (2014). 1, 429–438.
3.2. Tertiary and quaternary structure

Native human TTR is known to be a homotetramer, or, more precisely, a dimer of dimers (Fig. 1). The monomer consists of two four-stranded \( \beta \)-sheets, arranged in a sandwich-like tertiary structure in which \( \beta \)-strands HGAD are opposed to \( \beta \)-strands FEBC (Fig. 2). There is a short \( \beta \)-strand, \( A^* \), that is folded back relative to strand A via a \( \pi \)-turn (i+5) and which is involved in the dimer–dimer contact. The only helical part of the secondary structure is an \( \alpha \)-helix located between strands E and F, and also one solvent-exposed \( \beta \)-turn (Thr60–Phe64) that mediates a crystal contact.

The primary dimer relates the A-chain DAGH sheet to its B-chain counterpart H’G’A’D’, forming what appears as an almost continuous \( \beta \)-sheet in which the monomer–monomer interface is defined by six backbone hydrogen bonds on the binding channel side of the sheet. Fig. 3(a) shows full details of the close hydrogen bonding at this interface, as well as two additional hydrogen bonds involving the side-chain hydroxyl groups of residues Ser115/A with Thr119/B, and Thr119/A with Ser115/B; in all cases the neutron density maps allow direct visualization of the hydrogen atoms involved. On the other side of the monomer ‘sandwich’, as shown in Fig. 3(b), the A chain strands CBEF form a somewhat looser sheet-like continuation with their B-chain counterparts, F’E’B’C’. Here there are only four direct backbone hydrogen bonds joining the F strands together. The amide group of Glu89/A, at the N-terminus of strand F, interacts with the carbonyl group of Val94/B in the centre of strand F, as does the amide group of Glu89/B with the carbonyl group of Val94A. Between the space spanned by these four residues, the neutron maps show the location and orientation of three buried water molecules bridging the ND–CO contacts between the F strands. The central water molecule of the three, being in closer contact to the side-chain hydroxyl group of Tyr116/B than it is to that of Tyr116/A, highlights an important difference in the structure of the two monomers making up the primary dimer (Fig. 4).

The dimer–dimer contact is mediated by only eight backbone hydrogen bonds. The same four atoms are implicated in each monomer; Ala19/A CO interacts with the Tyr114/B ND, and Gly22/A CO with Val122/A’ ND, etc. (Fig. 5). Several residues are involved in hydrophobic contacts that further stabilize the tetramer: Val20, Leu17, Val121, Leu110 and Thr119.

The primary dimer, formed by monomers A and B, constitutes the crystallographic asymmetric unit. Some structural differences between the two monomers are clear in solvent-exposed loops (BC, CD, FG); these are likely to be imposed by the crystal lattice and would not be relevant to physiological conditions.

3.3. Buried water molecules

A total of 13 buried water molecules are found per dimer. Five are located at the monomer–monomer interface. Four...
more are located in each of the monomers. One water molecule is situated at the junction of strands A and D, making hydrogen bonds to O/Leu12, O/Leu55 and D/Leu58. Several amyloidogenic mutations are known to be associated with these residues, with Leu55Pro being reported as the most aggressive (Sousa et al., 2002).

A group of three water molecules is trapped between the GH-loop, the residues preceding strand F, and the α-helix. The atoms involved in hydrogen bonding here are DG1/Thr75, O/His88, ND1/His88, O/Pro113, DE1/Trp79, and O/Ser112 (Fig. 6). These interactions may be important given that this is a highly conserved part of the structure, with data suggesting that only one mutation, Ser112Ile, can be tolerated. This very well ordered hydrogen-bond network is in agreement with the structure described by Yokoyama et al. (2012).

Another isolated buried water molecule can be found bridging the monomer–monomer interface between OG1/Thr118 from one chain and DE2/His88 from the other chain. The water molecule receives a hydrogen bond from NE2/His88 and donates a hydrogen bond to OG1/Thr 118; in turn OG1 donates a hydrogen bond to the main-chain oxygen of Ala108. There are no known mutations associated with these residues. This feature is also noted in the structure reported by Yokoyama et al. (2012).

Three more structured water molecules are found at the monomer–monomer interface where the F-strands of chains A and B join. The residues involved here are O/His90/A, OH/Tyr116/A and D/Val94/B for the first water molecule, OH/Tyr116/A, DH/Tyr116/B and O/Glu92/A for the central water molecule, and OH/116Tyr/B, D/Val94/A and O/His90/B for the third water molecule. Mutations relating to more or less severe disease patterns are associated with all of these residues.

3.4. Histidine protonation states

The four histidine residues in each of the A and B chains show different protonation states. His31 is doubly protonated in both A and B chains, as in the case in the corresponding parts of the structure reported by Yokoyama et al. (2012). In the case of His56, however, the neutron maps show double protonation in the A-chain residue, and single protonation (on ND1) in the B chain, whereas in the structure according to Yokoyama et al. there is single (NE1) protonation in both chains. For His88 there is full agreement between all structures, with single (ND1) protonation in both chains. Finally, the His90 residue is protonated on ND1 in both chains in the current structure, whereas Yokoyama and coworkers have this residue protonated on NE1. The differences noted between this structure and that of Yokoyama et al. may relate to the different pD values associated with the respective studies which were 6.0 and 7.4, respectively.

3.5. The thyroxin binding pocket

The intermolecular contacts formed by the dimer–dimer interface result in the formation of a spacious channel (~40 Å long) running along the twofold symmetry axis of the protein. The channel is about 10 Å wide at the outer rim and narrows in the centre to about 4 Å. This narrowing is defined by the alignment of Ser117A and Ser117B on the bottom of the cleft, and by Ser117A’ and Ser117B’ on the top (Fig. 7), accommodating two separate binding sites. Small, though important, differences between subunits A and B result in different
geometries for the two hormone binding sites. Monomers A and A’ form site A, and monomers B and B’ form site B, each binding pocket being internally symmetric due to the twofold symmetry axis that runs through the central channel of the tetramer. The central part of this channel, close to Ser117, is quite similar for both binding sites, although the protons of the Ser117 hydroxyl groups have different orientations in the A and B monomers (Fig. 7). In the A site, the γ-hydrogen atoms chelate a structured water molecule, whereas in site B the γ-hydrogen atoms are rotated by about 20° thus resulting in a 0.5 Å widening of the pocket (distance DG–DG’ 4.1 Å in the A site versus 4.7 Å in the B site); the neutron data show no bound water at the B site. This important detail cannot be derived from X-ray models with riding hydrogen atoms and is consistent with the neutron data published by Yokoyama et al. (2012). The two binding pockets show subtle structural differences. The charged amino acids Lys15 and Glu54 that define the position of thyroxine adopt very similar positions and are well structured with low B-factors. However their hydration states are different. The larger binding pocket B, which has been postulated to have the higher binding affinity, has a well defined water molecule bound to Lys15, whereas in the narrower site A no hydration is noted.

4. Discussion

Despite its ability to form fibrils, transthyretin is a very stable protein. It withstands temperature changes from 277 to 353 K and pH variation between 5.5 and 12.0 without significant damage (Lundberg et al., 2009). Studies concerning its evolutionary development show that the central residues in the binding channel have not changed in over 400 million years (Prapunpoj & Leelawatwattana, 2009). The tertiary structure shows an equally stable architecture that cannot easily be disrupted. A comparison of 23 structures of wild-type and mutant TTR showed no evidence for significant structural changes between amyloidogenic, non-amyloidogenic or wild-type TTR quarternary structure (Hörnberg et al., 2000). In fact, the authors of this study concluded that there was greater structural variability amongst published X-ray structures of wild-type TTRs originating from different research groups. However, the fact that most of the known mutations in the TTR gene have important implications for amyloidosis suggests that there are aspects of TTR structure that are not fully understood. We believe that the results described here, particularly those relating to the hydration and protonation states of the protein, may provide a fuller understanding of the factors important in TTR stability and disassembly.

4.1. Ser117 – the pivotal point

A common characteristic of vertebrate TTR, with the exception of fish, is the occurrence of the four Ser117 residues in the centre of the molecule (Prapunpoj & Leelawatwattana, 2009). Ser117 has been reported as capable of subtle conformational changes upon ligand binding (Morais-de-Sá et al., 2004). This residue is located at the centre of the tetramer, where the crystallographic (dimer–dimer interface) and noncrystallographic (monomer–monomer interface) symmetry axes intersect. A comparison of several X-ray structures from the PDB shows considerable variation in the assigned water structure in the binding channel – ranging from zero to four water molecules situated between the central serine residues, and it is therefore hard to be sure of the significance of these observations. In this study, both of our independent neutron datasets, which reveal water molecules in greater detail than corresponding X-ray analyses, show the presence of a single highly ordered water molecule, coordinated by Ser117A and Ser117A’. This water molecule
mediates an important contact on one side of the dimer–dimer interface (Fig. 7). We note this to be consistent with the analysis of Yokoyama et al. (2012). The neutron data also show the hydroxyl group orientation that stabilizes this water interaction with good hydrogen bonding geometry.

4.2. Implications for the thyroxine binding cleft

The location of the Ser117A/Ser117A’ hydroxyl-water interaction highlights the importance of subtle structural differences between the A and B chains, as well as the fact that the two thyroxine binding sites are not equivalent (see Fig. 7). Early binding studies on human TTR with thyroxine suggested a negative binding cooperativity, supported by a decrease in the binding constant for the second thyroxine by a factor of 100; the corresponding $K_1$ and $K_2$ dissociation constants are approximately 10 nM and 1 $\mu$M, respectively (Ferguson et al., 1975). Other monovalent binders such as diflunisal and its analogues only occupy on average one binding site (Adamski-Werner et al., 2004; Castaño et al., 2012). However, it is hard to determine the ratio of unbound, singly bound or doubly bound TTR tetramer (Wiseman et al., 2005). Only bivalent compounds force the mutual occupation of both binding sites in the protein, although they are spatially demanding and imply a partial dissociation of the tetramer before they can occupy the entire channel (Green et al., 2003). Following this, other homo-bivalent inhibitors have been designed to cross link the tetramers and thus speed up the clearance of TTR from serum. Furthermore, under physiological conditions, these constructs bind to wtTTR and show an increased binding strength and stabilization of the tetramer (Kolstoe et al., 2010).

This neutron analysis shows an asymmetry at the dimer–dimer interface, leading to different opening angles of the channels. In solution the protein is very likely to flex back and forth, interchanging the two water molecules bound by the Ser117 between the A–A’ site and the B–B’ site, thereby slightly opening one or the other binding pockets. It has been suggested that the slightly larger binding site is also the one with the higher binding affinity (Neumann et al., 2001). Immobilized in the crystal lattice, the existence of two different ground states becomes apparent. Based on this evidence, our structure supports the concept of two distinct asymmetric binding sites having different affinities (Fig. 8). Binding of the first ligand in the slightly bigger site will restrain the protein’s flexibility, so that only the lower affinity binding pocket is available. This assumption is supported by the observation that the structure does not significantly change upon ligand binding (Hörnberg et al., 2000).

4.3. From the native fold to fibrils – a ‘dimer-only’ hypothesis

There are numerous theories concerning the fibril formation of transthyretin. One of the most popular is the hypothesis that a complete degradation to the monomeric species has to occur prior to aggregation (Lundberg et al., 2009; Wiseman et al., 2005). Other publications suggest a mechanism via the dimeric state of the protein (Serag et al., 2001). This model is supported by the findings that there is a concentration of amyloidogenic mutations in the edge strands C and D, whereas there are few at the dimerization interfaces (Serag et al., 1996). A model for amyloid formation originating from the tetrameric state has also been proposed (Eneqvist et al., 2000). There is however broad consensus that the resulting amyloid filament is a cross-β structure having ~4.7 Å inter-strand spacing and ~10.4 Å inter-sheet spacing (Blake & Serpell, 1996).

The idea that amyloid formation occurs from dissociated monomers is at variance with the fact that even for mutated transthyretin, harsh denaturing conditions (e.g. acidic pH close to the pI) have to be deployed to disrupt the tetrameric structure of the protein and generate fibrils in vitro. The fibrils so formed are usually of poor quality and do not (as visualized by electron microscopy) resemble fibrils from natural sources. Furthermore, TTR disassembles into a dimer when exposed to 5% SDS, and the monomeric form is only obtained after boiling the sample (Lundberg et al., 2009). A probe for the existence of a monomeric species in vivo is the measurement of subunit exchange under physiological conditions. By mixing tagged wtTTR with non-tagged protein it has been shown that subunit exchange can be observed after 40 h, and equilibrium is reached after seven days (Schneider et al., 2001). However, in nature the half-life of TTR in the blood is less than two days (Ingenbleek & Young, 2002). This rather short biological half-life ensures rapid disposal of denatured protein prone to form fibrils, although some TTR clearly circumvents the pathway.

At the monomer–monomer interface, 12 inter-monomer hydrogen bonds and about seven intermolecular hydrophobic interactions (π-stacking, hydrophobic side-chain arrangements) were identified. The interactions on the dimer–dimer interface are much weaker. For a surface that is more than twice as big, only eight inter-dimer hydrogen bonds can be allocated and few unspecific hydrophobic contacts. Thus, it is very likely that the dimer–dimer dissociation event prevails over monomer–monomer dissociation. Stereochemically, it is also easy to see how the β-sheet may be continued via a simple dimerization of the edge-strands C and D (residues 45–58).
with the corresponding strands from another dimer. Only minor structural rearrangements are necessary to better expose the amide and carbonyl groups to allow this association with a binding partner. Once the first building block has formed, it is only a matter of time and protein supply to sustain fibril formation.

The slow build-up rate of fibrils due to the necessity of nucleation presumably results in an exponential growth rate, with a variable early age onset for mutated protein versus a late onset for wtTTR.

5. Conclusions

Hydrogen accounts for almost 50% of all atoms present in a protein. Neutron studies such as this one provide a unique opportunity to reliably image these important atoms, and the use of perdeuterated TTR has proved to be crucial. The data presented here emphasize the importance of determining the hydrogen atom positions directly rather than assuming them on the basis of chemical context. For example, the fact that the hydrogen atom of the γ-hydroxyl group of Ser117A is rotated by about 20° compared with the same residue on the B-chain cannot be predicted on the basis of the very small conformational change of the oxygen atom of the same group. This subtle difference affects the quaternary protein structure at the dimer–dimer interface, resulting in two hormone binding sites with distinct binding constants.

The information on the location and orientation of buried water molecules provides insight to the specific parts of TTR that are known to enhance fibril formation. The ordered water structures around His88, Thr75, Thr79 and Ser112, are therefore of particular significance, as is the protonation state of His88. Neutron crystal structures of key mutants would therefore be of clear benefit to this field.

The hydrogen-bonding network connections identified here corroborate the hypothesis that a dimer is the principal building block of TTR amyloid fibrils and that a complete dissociation into monomers prior to fibril formation is not likely. We are confident that these findings will be helpful for a better understanding of the properties and dynamics of wild-type transthyretin, and may lead to exploitable information to counter amyloidosis.

Acknowledgements

VTF and JBC acknowledge support from EPSRC under grants GR/R47950/01, GR/R99393/01 and EP/C015452/1. The new D19 diffractometer was built as part of a collaboration between Durham University, Keele University, Bath University and ILL. VTF also acknowledges support from the EU under contracts RII3-CT-2003-50925 and NMP4-CT-2006-033256. We acknowledge the ILL for the provision of beam time on LADI-III and on D19, and the ESRF for beam time on ID23-1. We gratefully acknowledge the help of John Archer, John Allibon, and the efforts of the ILL detector group. SF was supported by FWF grant P22862 from the Austrian Science Fund for part of this work.

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