**Determination of Sex from Epicondylar Breadth of Femur**

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**Abstract:** Introduction: Sex determination from skeletal remains allows one to narrow the search in individual identification. As the femur shows 75% Variation between individuals, it has been useful for sex determination. There are many possible femoral measurements, but the Epicondylar breadth is routinely considered to be useful for sexing individuals. To date, nothing has been published on other measurements of distal femur, which may be useful if the bone is fragmented, and only lower part of bone is available. This study is an attempt to evaluate sex determination from distal femora of Indian origin. Methods: For the present study total 208 normal dry human femur bones of known sex were studied, which were collected from various medical colleges of Gujarat. For measurement of Epicondylar breadth of femur, Digital sliding vernier caliper was used. Results: The discriminant function equation for sex determination from Epicondylar Breadth (EB) of femur is: Y = 0.143 * EB + (-8.334) If Y is < 0 then the sex of the bone is Female and if Y is > 0 then the sex of the bone is Male. Conclusion: With the use of discriminant function score, 87% of femur samples are correctly predicted about sex. The results of this study is particularly useful in a case for sex determination in which the skeletal remains of an individual are incomplete or damaged and thus more accurate bones such as the pelvis or cranium are absent. [Rakesh V IJBAA 2018; 1(1):8-13]

**Key Words:** Femur, sex determination, epicondylar breadth

**Introduction:** Sex determination from skeletal remains allows one to narrow the search in individual identification. The pelvis and skull are the two most sexually dimorphic elements in the skeleton. And other than these two bones, sexual dimorphism is also studied from the tibia, mandible, humerus and many other bones. But these elements may not be available for evaluation for every condition. The femur is one of the most robust bones in the skeleton and although it is less accurate than a skull or os coxae for sexing, it is frequently recovered from archaeological and crime scene excavations.

The femur is used by Anthropologists for many different applications. Paleanthropologists Use the femur to determine stature and locomotion patterns. More specifically, because the femur shows 75% Variation between individuals, it has been useful for sex determination. Sex determination has been accomplished using a variety of femoral dimensions. Many of the above methods for sex determination from the femur are dependent on the presence of well preserved (mostly complete) femora; unfortunately, this is often not seen in badly decomposed forensic remains. Femoral Shafts are most commonly encountered in forensic situations. Data concerning the sexing potential of the femur are available in the literature and it is well known that these data vary a great deal according to the population sample from which they were taken. There are many possible femoral measurements, but the epicondylar breadth is routinely considered to be useful for sexing individuals. The study of an isolated measurement like the epicondylar breadth may be of interest in cases of partial, badly preserved, fragmentary remains or cremains, especially when the superior epiphysis, recognized as a good sex estimator, is absent. Furthermore, previous research has indicated that, for sex determination from long bones, longitudinal distances such as lengths are often less discriminating than breadth and circumference.

Citing the example of the femur, studies have been reported on various populations including the Chinese; Spanish; Nigerians; Croatians; Thais; South African whites and blacks; and Germans. Nakashashi and Nagai, Tagaya, Yoshino and Kato et al. and Sakaue studied sex determination from various bones in both recent and prehistoric Japanese populations.

Little work on the subject has been reported from India except for the study by Singh SP and Singh on the head of femur, the study by Purkait R on proximal femur, the study by Shrivastava R and Soni G on various measurements of femur. To date, nothing has been published on other measurements of distal femur, which may be useful if the bone is fragmented, and only lower part of bone is available.

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This study is an attempt to evaluate sex determination from distal femora of Indian origin.

This study on sex determination is based on the principle that the axial skeleton weight of the male is relatively and absolutely heavier than that of the female, and the initial impact of this weight is borne by the femur in transmission of the body weight. Another factor that makes its indentation on the femur is the modification of the female pelvis with respect to its specialized function of reproduction. Therefore, the stress and strain experienced by the femur is different in a male than it is in a female.

The factors that make the femur different in male and female are as follows; the axial skeletal weight of the male is relatively and absolutely larger than that of the female and the most of this weight is borne directly by the femur in transmission of the body weight; and obvious modification of the female pelvis with respect to its specialized function in reproduction. Some of the powerful methods of sex determination from skeletal element are based upon the application of statistical analysis to osteological material. Discriminate function analysis is one of the sophisticated mathematical approaches. Long bones are especially favorable for metric analysis. In this regard the femur bone has been studied most extensively. Methods of sex determination by discriminate analysis from the adult femur have been described in several populations by many authors.

Methods: For the present study total 208 normal dry human femur bones of known sex were studied. These femur bones were collected from various medical colleges of Gujarat. Out of 208 bones, 60 bones obtained from Government Medical College, Bhavnagar; 08 bones obtained from B.J. Medical College, Ahmedabad; 08 bones obtained from Smt. N.H.L. Municipal Medical College, Ahmedabad; 14 bones obtained from GMERS Medical College, Sola, Ahmedabad; 12 bones obtained from GCS Medical College, Ahmedabad; 30 bones obtained from Pramukhswami Medical College, Karamsad; 68 bones obtained from GMERS Medical College, Dharpur, Patan; and 08 bones obtained from College of Medical Science, Amargadh. Among 208 femur bones, 150 are of male and 58 are of female, 104 are of Right side and 104 of Left side. The femur bones were undamaged and without pathological alterations. Any femur exhibiting signs of disease such as cortical bone deterioration, extreme osteophytic activity, diffuse osteoarthritis or prosthesis, was excluded from the study. Bones with any injury, deformity or artifact were also discarded. A thorough visual inspection was done keeping the bone on Anthropometry board with graph paper.

For measurement of variables, Digital sliding vernier caliper (with an accuracy of + 0.05 mm) was used. The following parameter of the Femur bone was considered:

Epicondylar Breadth: Distance between the two most laterally projecting points on the epicondyles parallel to the infracondylar plane. The measurement was taken with the bar of the caliper touching the point of both epicondyles in the infracondylar plane and the arms of the caliper touching respectively the lateral condyle of the femur and the medial condyle of the femur.

The measurement was repeated three times at three different sessions by the same observer, using the resulting mean value to reduce intra-observer error. After collecting data, in order to assess bilateral variation in the measurements, the measurements of femora were subjected to a paired t-test. Statistical functions carried out included univariate analyses for sex and epicondylar breadth. For classification purposes, a discriminant function analysis was used to study sexual dimorphism in this population.

Results: Total 208 Femur bones were examined for this study, among which 150 are of male and 58 are of female. Epicondylar Breadth and Total Femoral Length
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The epicondylar breadth of the femur bones were measured (in mm with 2 decimal).

The statistical data which were extracted from the calculation and analysis are tabulated in Table-1 to Table-4 to show different parameters at a glance.

Table 1: Descriptive Statistics of Epicondylar Breadth (EB) in mm

| Epicondylar Breadth (mm) | N  | Min. | Max. | Mean | Std. Deviation |
|--------------------------|----|------|------|------|----------------|
|                          | 208| 40.65| 82.14| 67.21| 10.88          |

Table 2: Sex-wise descriptive statistics of Epicondylar Breadth (EB) in mm

| Epicondylar Breadth (mm) | Sex | N   | Mean   | Std. Deviation | Std. Error Mean |
|--------------------------|-----|-----|--------|----------------|-----------------|
|                          | F   | 58  | 56.6496| 11.375         | 1.4939          |
|                          | M   | 150 | 71.2965| 7.4077         | 0.6048          |
| Total Femoral Length (mm)| F   | 58  | 417.9066| 13.3859       | 1.7576          |
|                          | M   | 150 | 436.6933| 17.2354       | 1.4072          |

To find out sexual dimorphism of Epicondylar Breadth of femur, independent-sample t test was applied. Results of independent-sample t test as shown in Table-3 indicates highly significant (p<0.0001) t-value for Epicondylar Breadth. So sex determination from the Epicondylar Breadth measurements is highly indicated.

Table 3: Independent-sample t test for Epicondylar Breadth

| Epicondylar Breadth (mm) | t value | df | Sig. (2-tailed) | Mean Difference | Std. Error Difference | 95% Confidence Interval of the Difference |
|--------------------------|---------|----|-----------------|-----------------|-----------------------|----------------------------------------|
|                          | 10.901  | 206| 0.000           | -14.65          | 1.34                  | -17.30 to -12.00                      |

Where t value = computed test specific, df = degrees of freedom, and Sig. (2 tailed) = p-value corresponding to the given test specific & degrees of freedom

Now discriminant function analysis by stepwise method was done for Epicondylar Breadth of femur as shown in Table-4, and the discriminant function equation is derived. The sex can be determined from this formula by multiplying the value of each measurement of Epicondylar Breadth of femur with its corresponding coefficient (β coefficient) and adding the constant shown in Table-4. The discriminant function equation for sex determination from Epicondylar Breadth of femur is:

Y = 0.143 * EB + (-8.334)

Where Y=Discriminant function score, and EB=Epicondylar Breadth.

If Y is < 0 then the sex of the bone is Female and if Y is > 0 then the sex of the bone is Male.

Table 4: Discriminant function analysis of Epicondylar Breadth of femur

|                  | β coefficient | S.E. | df | Sig. | Exp(B) | 95% Confidence Interval for Exp (B) |
|------------------|----------------|------|----|------|--------|-------------------------------------|
|                  |                |      |    |      |        | Lower                         | Upper                         |
| Epicondylar Breadth (mm) | 0.143        | 0.020| 1  | 0.000| 1.154  | 1.109                           | 1.200                         |
| Constant         | -8.334        | 1.292| 1  | 0.000| 0.000  |                                    |                                |

Where S.E. = standard error, df = degrees of freedom, Sig. = p-value corresponding to the given test specific & degrees of freedom

Discussion: There have been few studies on Indian samples in which sex is determined from femur. The sexing potential of the epicondylar breadth is well known. The present study has confirmed that for sex
determination, the measurements of the Epicondylar Breadth of femur display higher classification accuracy. According to results and with the use of discriminant function score, total 181 out of 208 femur samples are correctly determined about sex (87% accuracy). Among which 39 out 58 female samples and 142 out of 150 male samples are correctly predicted (female: 67.2% accuracy, male: 94.7% accuracy).

Single postcranial osteometric measurements may be of interest when only fragmented skeletal remains are available, and several investigators assessed that the use of discriminant functions based on several variables does not always significantly improve the prediction obtained by using a single variable. A review of the literature shows that there is considerable intra- and inter-population variability in femoral dimensions and standard formulae cannot be transposed from one population to another. In this study, we first attempted to evaluate sexual dimorphism from the measurement of the epicondylar breadth in Indian population sample, and secondly, we analyzed the geographical accuracy of this specific variable.

In all groups, a substantial part of the over-50 population suffers from osteoarthritis of the knees. However, the literature states that osteoarthritis occurs on the tibio-femoral and the patello-femoral surfaces. Our work consisted in analyzing the anthropometric characteristics of the medial and lateral condyles of the femur. There is no articular cartilage on the medial and lateral epicondyles, and so these are not affected by osteoarthritis. Another study determined that knee height (the distance from the sole of the foot to the anterior surface of the thigh while the ankle and the knee are both flexed at a right angle) did not vary significantly with age.

Samples of Epicondylar Breadth of femur have routinely been used for sexing individuals, and often provided the best measure of sex determination. Comparison of Epicondylar Breadth of femur between present study and other studies has been shown in Table-5.

Table 5: Comparison of Epicondylar Breadth of femur between different studies and present study

| Sr. No | Workers & Year | Population | Sample size | Mean±SD(mm) | Accuracy (%) |
|--------|----------------|------------|-------------|-------------|--------------|
| 1      | Trancho Gi12 (1997) | Spanish    | 132         | 80.6 ± 2.9  | 70.8 ± 2.3   | 97.5         |
| 2      | Alunni-Perret V13 (2008) | French    | 88          | 84.3 ± 3.6  | 74.8 ± 2.5   | 95.4         |
| 3      | Iscan MY1 (1995) | Chinese    | 87          | 80.3 ± 4.2  | 70.6 ± 3.2   | 94.9         |
| 4      | King CA15 (1998) | Thai       | 104         | 79.7 ± 3.6  | 70.0 ± 3.3   | 93.3         |
| 5      | Ozer I9 (2008) | Japanese   | 43          | 78.2±2.8    | 69.2±5.5     | 93.0         |
| 6      | Slaus M14 (2003) | Croatian   | 195         | 86.7 ± 4.3  | 75.1 ± 4.1   | 91.3         |
| 7      | Steyn M15 (1997) | White South African | 106 | 84.6 ± 4.6  | 75.1 ± 3.3   | 90.5         |
| 8      | Wu L6 (1989) | Chinese    | 141         | 77.8 ± 5.8  | 69.3 ± 3.0   | 83.7         |
| 9      | Mall G3 (2000) | German     | 170         | 84.0 ± 10   | 77.0 ± 5.0   | 81.4         |
| 10     | Asala SA10 (2004) | Black South African | 216 | 78.9 ± 3.7  | 71.8 ± 4.8   | 81.5         |
| 11     | Purkait R24 (2004) | Indian    | 124         | 78.7 ± 4.5  | 66.8 ± 4.2   | 90.3         |
| 12     | Srivastava R5 (2012) | Indian    | 102         | 76.8 ± 4.1  | 68.2 ± 4.0   | 83.6         |
| 13     | Present Study | Indian     | 208         | 71.3 ± 7.4  | 56.6 ± 11.4  | 87.0         |

The highest rate of accuracy for sexual determination using the distal epicondylar breadth of the femur is obtained in the Spanish population (97.5%). In the French population, the Croatian, South African white population, some Chinese populations, Japanese populations and Thai populations, the epicondylar breadth is the most sexually dimorphic element of the femur, yielding better results even than the head diameter.

On the other hand, other populations, such as the Germans, the Croatians and Black South Africans showed a poorer accuracy rate in sexing individuals using epicondylar breadth. In the German sample, only 81.4% of the cases were correctly classified using epicondylar breadth, and the authors did not recommend using this variable alone for sex determination. Furthermore, the overlap between...
both sexes was greater in that sample. In Black South Africans the vertical head diameter and the medial condylar length were most successful in sex identification from the upper and lower ends of the femur respectively. In the Croatian sample, the maximum diameter of the femoral head was more successful in sexing individuals than the epicondylar breadth.

In a Chinese sample, the maximum head diameter was the best factor of discrimination, with an accuracy rate of 85.1%. This success rate is quite low, but some studies have showed that Chinese femora display little sexual dimorphism, leading to lower accuracy rates of sex determination when only a single variable is used. There is a correlation between epicondylar breadth and body size. A higher accuracy rate has been achieved in other Chinese population samples according to Iscan and Ding. This could be understood as intra-population variations from one area of the country to another, especially if there are significant differences in height or robustness between the people. This demonstrates that sexual dimorphism is expressed differently within contemporary populations, and geographical variations are apparent in metric values.

In Indian population study of Purkait the measurements of the femoral extremities display higher classification accuracy (91.9–93.5% for head diameters and 90.3% for epicondylar width) than shaft dimensions. So the study of Purkait in Indians showed a poorer accuracy rate in sexing individuals using epicondylar breadth as compared to head diameters.

In another Indian population study of Shrivastava multivariate discriminant function analysis using Epicondylar breadth, Antero-posterior diameter of lateral condyle, and Proximal breadth has produced higher accuracy of 90.2% (man: 91.5% and woman: 85.7%). But in this study, univariate discriminant function analysis using Epicondylar breadth has produced higher accuracy of 83.7% as compared to all other measurements used in the study.

**Conclusion:** In the present study, total 208 femur bones of known sex (150 male and 58 female) were obtained from various medical colleges of Gujarat. Among these bones, 104 are of right side and 104 are of left side. Epicondylar Breadth of femur bones was recorded with digital sliding vernier caliper.

To find sexual variation of Epicondylar Breadth of femur, independent-sample t test and discriminant function analysis by stepwise method was done. The t-value for Epicondylar Breadth is 10.901, which was found highly significant (p<0.0001). The discriminant function equation for sex determination from Epicondylar Breadth of femur is:

\[ Y = 0.143 \times EB + (-8.334) \]

Where, \( Y \) = Discriminant function score, and \( EB \) = Epicondylar Breadth.

With the use of discriminant function score, 87% of femur samples (181 out of 208 femur bones) are correctly predicted about sex. The results of this study is particularly useful in a forensic anthropological case for sex determination in which the skeletal remains of an individual are incomplete or damaged and thus more accurate bones such as the pelvis or cranium are absent.

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**Abbreviations:**
EB = Epicondylar Breadth
\( Y \) = Discriminant function score
M = Male
F = Female
S.E. = Standard Error
Df = Degrees of freedom

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