PARABOLIC HARNACK INEQUALITY ON FRACTAL-TYPE METRIC MEASURE DIRICHLET SPACES

JANNA LIERL

Abstract. This paper proves the strong parabolic Harnack inequality for local weak solutions to the heat equation associated with time-dependent (nonsymmetric) bilinear forms. The underlying metric measure Dirichlet space is assumed to satisfy the volume doubling condition, the strong Poincaré inequality, and a cutoff Sobolev inequality. The metric is not required to be geodesic. Further results include a weighted Poincaré inequality, as well as upper and lower bounds for non-symmetric heat kernels.

AMS Subject classification: 35D30, 31C25, 60J60.
Key words: weak solutions, heat equation, Moser iteration, parabolic Harnack inequality, weighted Poincaré inequality, heat kernel estimates, Dirichlet form, fractals.
Author affiliation and address: Department of Mathematics, University of Connecticut, 341 Mansfield Road, Storrs, CT 06250.

Contents

1. Introduction 2
2. Cutoff Sobolev type conditions and non-symmetric forms 5
  2.1. The symmetric reference form 5
  2.2. Cutoff Sobolev inequalities 6
  2.3. Local cutoff Sobolev condition 8
  2.4. Structural assumptions on the form 8
  2.5. Quantitative assumptions on the perturbations 10
  2.6. Some preliminary computations 10
3. Sobolev and Poincaré inequalities 13
  3.1. Weak, strong, and weighted Poincaré inequalities 13
  3.2. Localized Sobolev inequality 16
4. The Moser iteration technique 17
  4.1. Time-dependent forms 17
  4.2. Local very weak solutions 17
  4.3. Estimates for sub- and supersolutions 18
  4.4. Mean value estimates 22
5. Parabolic Harnack inequality 26
  5.1. The log lemma and an abstract lemma 26
  5.2. Parabolic Harnack inequalities 30
  5.3. Characterization of the parabolic Harnack inequality in the symmetric strongly local case 31
6. Estimates for the heat propagator 33
7. Parabolic maximum principle and caloric functions 40
8. Construction of non-symmetric local forms 42
1. INTRODUCTION

Parabolic Harnack inequalities are relevant in studying regularity of solutions to the heat equation, and to obtain heat kernel estimates. On some metric measure spaces, sharp two-sided bounds of (sub-)Gaussian type for the transition density of a diffusion process can be characterized by the parabolic Harnack inequality. Moreover, parabolic Harnack inequalities can be characterized by geometric conditions, namely the volume doubling property and the Poincaré inequality. This equivalence was first proved on complete Riemannian manifolds by Saloff-Coste \[26, 27\] and Grigor’yan \[15\]. Sturm \[30\] extended this result to metric measure Dirichlet spaces. Biroli and Mosco \[5\] proved the elliptic Harnack inequality on Dirichlet spaces.

It is desirable to obtain similar results under minimal assumptions on the metric of the underlying Dirichlet space. Interesting and comprehensive results in this direction have been obtained in recent years. See, e.g., \[16, 3, 14, 4, 13\] and references therein for results in the context of fractal-type Dirichlet spaces. The main focus of these works is on bounds for symmetric heat kernels. Harnack inequalities are used to obtain or characterize these estimates. For this purpose, one may replace the parabolic Harnack inequality by the elliptic Harnack inequality together with some additional conditions, e.g., resistance estimate, or exit time estimate.

In this paper, we present three main results. The first is the strong parabolic Harnack inequality on any metric measure Dirichlet space that satisfies volume doubling, strong Poincaré inequality, and the cutoff Sobolev inequality on annuli. We emphasize that we do not require the metric to be geodesic, though if the metric is geodesic then we also have the converse implication, namely that the parabolic Harnack inequality implies the strong Poincaré inequality. See Proposition \[5, 8\].

More specifically, we show that the strong parabolic Harnack inequality 

\[
\sup_{Q^-} u \leq C \inf_{Q^+} u
\]

holds for any non-negative local weak solution \(u(t, x)\) of the heat equation on a time-space cylinder \(Q(x, a, r) := (a, a + \tau_1 \Psi(r)) \times B(x, r)\), where \(Q^- := (a + \tau_1 \Psi(r), a + \tau_2 \Psi(r)) \times B(x, \delta r)\) and \(Q^+ := (a + \tau_3 \Psi(r), a + \tau_4 \Psi(r)) \times B(x, \delta r)\) are two smaller time-space cylinder of radius \(\delta r < r\) that are separated by a time gap \((a + \tau_3 \Psi(r)) - (a + \tau_2 \Psi(r))\). Here \(a\) is any real number, \(x \in X\) is any point in the underlying metric measure space, and \(C\) is a positive constant depending on the arbitrary choice of parameters \(0 < \tau_1 < \tau_2 < \tau_3 < \tau_4 \leq 1\). The function \(\Psi\) describes the appropriate time-space scaling that is implicit in the assumed Poincaré inequality \(\text{PI}(\Psi)\) and the cutoff Sobolev inequality \(\text{CSA}(\Psi)\) whose definitions we recall in the main text. Our only condition on \(\Psi\) is that it satisfies a polynomial growth condition \[6\] given in Section \[2.2\].

In the absence of a geodesic metric, we must distinguish between the strong parabolic Harnack inequality as stated above, and the weak parabolic Harnack inequality \(\text{see} [4]\) in which the Harnack constant exists for some parameters \(0 < \tau_1 < \tau_2 < \tau_3 < \tau_4 \leq 1\) but not necessarily for any arbitrary choice of parameters. See \[4, 13\] for equivalence results for the weak parabolic Harnack inequality on symmetric Dirichlet spaces.
The second main result concerns weak solutions of the heat equation associated with time-dependent and/or non-symmetric bilinear forms \((\mathcal{E}_t, \mathcal{F})\), \(t \in \mathbb{R}\). These bilinear forms generalize Dirichlet forms: they may lack the Markovian property, non-negative definiteness, or symmetry. We think of these forms as perturbations of a symmetric strongly local reference Dirichlet form \((\mathcal{E}_*, \mathcal{F})\). Our hypothesis is that the bilinear forms \(\mathcal{E}_t\) satisfy certain structural conditions (see Assumption \(\mathcal{A}\)) and quantitative conditions (Assumptions \(\mathcal{B}, \mathcal{C}\)). We establish the local boundedness of local weak solutions (Corollary 4.8) and the strong parabolic Harnack inequality for \(\mathcal{E}_t\) (Theorem 5.3) under natural geometric conditions on the reference Dirichlet space. The local boundedness and the Hölder continuity (Corollary 5.5) of local weak solutions are well-known consequences of the parabolic Harnack inequality. A priori, however, the local boundedness of weak solutions is not obvious. We derive it from mean value estimates which we prove using a Steklov average technique similar to that in [19].

Third, we present upper and lower bounds for the non-symmetric heat kernels or, in the time-dependent case, heat propagators associated with \(\mathcal{E}_t\), \(t \in \mathbb{R}\). As in [19], our assumptions on the non-symmetric perturbations cover plenty of examples on Euclidean space, Riemannian manifolds, or polytopal complexes. For instance, our results apply to uniformly elliptic second order differential operators with (time-dependent) bounded measurable coefficients. Examples of non-symmetric bilinear forms on an abstract Dirichlet space are not immediate. In Section 8, we construct a non-symmetric perturbation \(\mathcal{E}\) of a symmetric strongly local regular Dirichlet form \((\mathcal{E}_*, \mathcal{F})\) so that \(\mathcal{E}\) satisfies the strong parabolic Harnack inequality and heat kernel estimates.

Our setting includes fractal spaces like the Sierpinski carpet, though in this case the strong parabolic Harnack inequality is equivalent to the weak parabolic Harnack inequality because the metric is geodesic. Nevertheless, this case is interesting because we give a proof that does not rely on heat kernel estimates.

This work is in part motivated by applications to estimates for nonsymmetric Dirichlet heat kernels on inner uniform domains in fractal spaces [18]. A common hypothesis in the works [2, 3, 1] which treat fractal-type spaces, is the conservativeness of the Dirichlet form. Since the estimates in [18] are proved using Doob’s transform and it is not clear a priori that the transformed Dirichlet space would be conservative, it was important to not assume conservativeness in the present work. We remark that the assumption of conservativeness was already dropped in, e.g., [13] in a similar context.

We prove our main results using the parabolic Moser iteration scheme [23, 24, 25]. It was proved by Barlow and Bass in [2, 3] that the elliptic Moser iteration scheme can be applied to obtain the elliptic Harnack inequality on a fractal-type metric measure Dirichlet space which is symmetric strongly local regular and which satisfies the volume doubling property, the strong Poincaré inequality, and a cutoff Sobolev inequality. The parabolic Harnack inequality was then derived through an estimate for the resistance of balls in concentric larger balls. The approach in [2, 3] is to follow Moser’s line of arguments with \(d\mu\) replaced by a measure \(d\gamma_{x,R} = \Psi(R)d\Gamma(\phi, \phi) + d\mu\), where \(d\Gamma(\cdot, \cdot)\) is the energy measure of the Dirichlet form, and \(\phi\) is a cutoff function for the ball \(B(x, R/2)\) with compact support in the larger ball \(B(x, R)\). This approach does not seem to generalize to the parabolic case: the estimates for sub- and supersolutions (cf. Lemma 4.4 and 4.5), which are an important step in obtaining mean value estimates, are not available with \(\gamma_{x,R}\) in place of \(\mu\). Therefore, the parabolic case requires that the energy measure \(d\Gamma(\psi, \psi)\) of a suitable cutoff function \(\psi\) must be estimated through a cutoff Sobolev inequality very early in the line of arguments, that is, when proving sub- and supersolution estimates. This is possible thanks to the cutoff...
Sobolev inequality on annuli $\text{CSA}(\Psi)$ which was introduced in \[1\]. The relevant property of this condition is that for every $\epsilon \in (0, 1)$ there exists a cutoff function $\psi$ for $B(x, R)$ in $B(x, R + r)$ that satisfies the inequality

$$
\int f^2 d\Gamma(\psi, \psi) \leq \epsilon \int \psi^2 d\Gamma(f, f) + C \frac{1 - \beta_2/2}{\Psi(r)} \int_{B(x, R + r)} f^2 d\mu,
$$

for all $f \in \mathcal{F}$, where $C$ is a positive constant independent of $\psi, f, x, R, r, \epsilon$.

A slightly weaker condition is the generalized capacity condition introduced in \[13\]: It is inequality (1) for bounded functions $f \in \mathcal{F} \cap L^\infty(X)$ and the cutoff functions $\psi$ are allowed to depend on $f$. The generalized capacity condition appears to be too weak to run the parabolic Moser iteration. Indeed, since the local boundedness of weak solutions is not known a priori, several approximation arguments are used in our proof. Because of this we need the cutoff functions to be independent of the functions that approximate the weak solution.

Once the mean value estimates for sub- and supersolutions are proved, we apply a weighted Poincaré inequality to complete the proof of the parabolic Harnack inequality. More specifically, we need the weight to be a cutoff function that satisfies $\text{CSA}(\Psi)$. The weighted Poincaré inequality is obtained in Theorem 3.4.

It is worth pointing out that our arguments are local. Therefore, our hypotheses on the space (volume doubling and Poincaré inequality) are local. That is, they are stated for balls $B(x, R)$ that lie in some subset $Y$ of the underlying space $X$, with radii $R$ up to a fixed scale $R \leq R_0 \in (0, \infty]$.

Regarding the notion of (local) weak solutions to the heat equation, we adopt the definition that is natural from the viewpoint of existence and uniqueness theory (see, e.g., \[20, 31, 9\]). In order to clarify the relation of recent literature to our results, we verify that the space of local weak solutions to the heat equation associated with a symmetric strongly local regular Dirichlet form constitutes a space of caloric functions in the sense of \[4\]. Along the way, we obtain a proof of the parabolic maximum principle (Proposition 7.1) using the Steklov average technique. We remark that the axiomatic properties of caloric functions implicitly presume the strong locality of the Dirichlet form.

In part of this paper, we will work with the so-called very weak solutions introduced in \[19\]. Very weak solutions may lack continuity in the time-variable and are thus too general to satisfy the parabolic Harnack inequality unless we additionally assume continuity in the time-variable, which then leaves us with weak solutions.

**Structure of the paper.** In Section 2 we recall basic properties of the underlying metric measure Dirichlet space and introduce non-symmetric perturbations of the reference Dirichlet form $(\mathcal{E}_*, \mathcal{F})$. Since the assumptions we impose on the perturbations involve cutoff functions, we provide some background on cutoff Sobolev inequalities in the same section, and introduce a localized cutoff Sobolev condition.

In Section 3 we consider Sobolev and Poincaré inequalities for the reference form. The main result of this section is the weighted Poincaré inequality of Theorem 3.4.

In Section 4 we return to the setting of time-dependent non-symmetric local bilinear forms. We recall the definition of very weak solutions introduced in \[19\] Definition 3.1] in Section 4.2 and then follow Moser’s reasoning: We first prove estimates for non-negative local weak sub- and supersolutions (Section 4.3) and then run the parabolic Moser iteration
scheme to obtain mean value estimates (Section 4.4). A main result of the paper, the local boundedness of weak solutions, hides in Corollary 4.8.

Section 5 is devoted to parabolic Harnack inequalities. Section 5.2 contains main results, namely parabolic Harnack inequalities in the context of non-symmetric local bilinear forms. In Section 5.3 we take a closer look at the case of a symmetric strongly local regular Dirichlet form, relating the present paper to recent literature. This subsection relies on a parabolic maximum principle and a super-mean value property for local weak solutions. We prove these in Section 7.

In Section 6 we present applications: estimates for symmetric and non-symmetric heat kernels and, in the time-dependent case, heat propagators. Some of these estimates are proved under the additional assumption that the metric is geodesic, and the bilinear forms satisfy a further quantitative condition (Assumption 4).

We conclude the paper by constructing an example of a non-symmetric local bilinear form on a fractal-type metric measure space, see Section 8.

Acknowledgement. The author thanks Laurent Saloff-Coste for discussions.

2. Cutoff Sobolev type conditions and non-symmetric forms

2.1. The symmetric reference form. Let $(X,d,\mu)$ be a locally compact separable metric measure space, where $\mu$ is a Radon measure on $X$ with full support. Throughout this paper we fix a symmetric strongly local regular Dirichlet form $(E^*,F)$ on $L^2(X,\mu)$. The Dirichlet form $(E,F)$ induces the norm $\|f\|_F^2 := \mathcal{E}^*(f,f) + \int f^2 d\mu$ on its domain $F$. The energy measure $\Gamma$ of $E^*$ (in [10] denoted as $\frac{1}{2}\mu_{<-,->}$) satisfies a Cauchy-Schwarz inequality, cf. [10, Lemma 5.6.1],

$$\left| \int fg d\Gamma(u,v) \right| \leq \left( \int f^2 d\Gamma(u,u) \right)^{1/2} \left( \int g^2 d\Gamma(v,v) \right)^{1/2},$$

for any $u,v \in F$ and any bounded Borel measurable functions $f,g$ on $X$. We have the following chain rule for $\Gamma$: For any $u_1,u_2,\ldots,u_m \in F \cap L^\infty(X,\mu)$, $u = (u_1,\ldots,u_m)$, and $\Phi \in C^1(\mathbb{R}^m)$ with $\Phi(0) = 0$, we have $\Phi(u) \in F \cap L^\infty(X,\mu)$ and

$$d\Gamma(\Phi(u),v) = \sum_{i=1}^m \Phi_{x_i}(\tilde{u}) d\Gamma(u_i,v),$$

where $\Phi_{x_i} := \partial\Phi/\partial x_i$ and $\tilde{u}$ is a quasi-continuous version of $u$, see [10] (3.2.27) and Theorem 3.2.2. When $\Phi_{x_i}$ is bounded for every $i \in \{1,\ldots,m\}$ in addition, then $\Phi(u) \in F$ and (3) hold for any $u_1,\ldots,u_m \in F$ and any $v \in F \cap L^\infty(X,\mu)$; see [10] (3.2.28).

Inequality (2) together with a Leibniz rule [10] Lemma 3.2.5 implies that

$$\int d\Gamma(fg,f) \leq 2 \int f^2 d\Gamma(g,g) + 2 \int g^2 d\Gamma(f,f),$$

for any $f,g \in F \cap L^\infty(X)$. Here, on the right hand side, quasi-continuous versions of $f$ and $g$ must be used.

By definition, the (essential) support of $f \in L^2(X,\mu)$ is the support of the measure $|f|d\mu$. For an open set $U \subset X$, we set

$$\mathcal{F}_c(U) := \{ f \in \mathcal{F} : \text{The support of } f \text{ is compact in } U \},$$

$$\mathcal{F}_c(U) := \text{closure of } \mathcal{F}_c(U) \text{ in } (\mathcal{F},\| \cdot \|_F),$$
\( \mathcal{F}_{\text{loc}}(U) := \{ f \in L^2_{\text{loc}}(U) : \forall \text{ compact } K \subset U, \exists f^K \in \mathcal{F}, f|_K = f^K|_K \text{ } \mu\text{-a.e.} \}. \)

For functions in \( \mathcal{F}_{\text{loc}}(U) \) we always take their quasi-continuous versions. Note that \( \Gamma(f, g) \) can be defined locally on \( U \) for \( f, g \in \mathcal{F}_{\text{loc}}(U) \) by virtue of \cite{10} Corollary 3.2.1. For any \( v, u_1, \ldots, u_m \in \mathcal{F}_{\text{loc}}(U) \cap L^\infty_{\text{loc}}(U, \mu) \) and \( \Phi \in C^1(\mathbb{R}^m) \), we have \( \Phi(u) \in \mathcal{F}_{\text{loc}}(U) \cap L^\infty_{\text{loc}}(U, \mu) \) and the chain rule \cite{13} holds. For convenience, we set \( \mathcal{F}_b := \mathcal{F} \cap L^\infty(X, \mu), \mathcal{F}_c := \mathcal{F}_c(X) \) and \( \mathcal{F}_{\text{loc}} := \mathcal{F}_{\text{loc}}(X) \).

Throughout the paper we will use the notation \( f \vee a := \max\{f, a\} \), \( f \wedge a := \min\{f, a\} \), \( f^+ := f \vee 0 \) and \( f^- := (-f)^+ \), for a function \( f \) and a real number \( a \).

### 2.2. Cutoff Sobolev inequalities.

For the ease of readability, we suppose in this subsection that any metric ball \( B(x, R + r) \subset X \) under consideration is relatively compact. Later, we will localize this assumption; see condition (A2-Y) in Subsection 2.3.

Let \( \Psi : [0, \infty) \to [0, \infty) \) be a continuous strictly increasing bijection. Assume there exist \( \beta_1, \beta_2 \in [2, \infty) \) and \( C_\Psi \in (1, \infty) \) such that, for all \( 0 < s < R \),

\[
C^-\Psi^1 \left( \frac{R}{s} \right)^{\beta_1} \leq \frac{\Psi(R)}{\Psi(s)} \leq C_\Psi \left( \frac{R}{s} \right)^{\beta_2}.
\]

**Definition 2.1.** A function \( \psi \in \mathcal{F} \) is called a *cutoff function* for \( B(x, R) \) in \( B(x, R + r) \), where \( x \in X, R > 0, r > 0 \), if

(i) \( \psi \) is continuous,

(ii) \( 0 \leq \psi \leq 1 \) \( \mu \text{-a.e.} \),

(iii) \( \psi = 1 \) on \( B(x, R) \) \( \mu \text{-a.e.} \),

(iv) The compact support of \( \psi \) is contained in \( B(x, R + r) \).

**Definition 2.2.** \((X, d, \mu, \mathcal{E}^s, \mathcal{F})\) satisfies the cutoff Sobolev condition on annuli, CSA(\( \Psi \)), if there exists a constant \( C_0 \in (0, \infty) \) such that for any \( \epsilon \in (0, 1), x \in X, R > 0, r > 0 \), there exists a cutoff function \( \psi \) for \( B(x, R) \) in \( B(x, R + r) \) such that

\[
\forall f \in \mathcal{F}, \quad \int_A f^2 d\Gamma(\psi, \psi) \leq \epsilon \int_A \psi^2 d\Gamma(f, f) + \frac{C_0 \epsilon^{1-\beta_2/2}}{\Psi(r)} \int_A \psi f^2 d\mu,
\]

where \( A = B(x, R + r) \setminus B(x, R) \).

Abusing notation, we denote by CSA(\( \Psi \)) not only the cutoff Sobolev condition on annuli, but also the collection of all cutoff functions that satisfy \( \boxed{} \) for some \( x, R, r \). We will sometimes write \( \psi \in \text{CSA}(\Psi, \epsilon) \) or \( \psi \in \text{CSA}(\Psi, \epsilon, C_0) \) when \( \psi \) satisfies \( \boxed{} \) for the specified \( \epsilon \) and \( C_0 \). To keep notation simple, we will write \( \text{CSA}(\epsilon) \) for \( C_0 \epsilon^{1-\beta_2/2} \).

The cutoff Sobolev condition on annuli was introduced in \cite{11} for fixed \( \epsilon = \frac{1}{2} \). From the proof of \cite{11} Lemma 5.1 it is clear that CSA(\( \Psi \)) holds with some fixed \( \epsilon \) and for all \( r > 0, R > 0 \) if and only if it holds for all \( \epsilon \in (0, 1) \) and for all \( r > 0, R > 0 \) (with a different cutoff function for each \( \epsilon \)). Thus, the two definitions are equivalent. More precisely, we have the following lemma which quantifies the scaling of the zero order term on the right hand side of \( \boxed{} \) as \( \epsilon \) varies.

**Lemma 2.3.** Let \( B(x, R + r) \subset X \) be relatively compact. For every \( \epsilon \in (0, 1) \) there exists \( \lambda \in (0, \infty) \) such that the following holds. For each non-negative integer \( n \) let \( b_n = e^{-\frac{n\lambda}{2}}, s_n = c_\lambda r e^{-n\lambda/2} \), where \( c_\lambda \) is chosen so that \( \sum_{n=1}^{\infty} s_n =: r' > r \). Let \( r_0 = 0 \),

\[
r_n = \sum_{k=1}^{n} s_k
\]
and $B_n = B(x, R + r_n)$. Let $\psi_n$ be a cutoff function for $B_{n-1}$ in $B_n$ which satisfies
\[ \forall f \in F, \quad \int_{B_n \setminus B_{n-1}} f^2 d\Gamma(\psi_n, \psi_n) \leq c_1 \int_{B_n \setminus B_{n-1}} d\Gamma(f, f) + \frac{c_2}{\Psi(s_n)} \int_{B_n \setminus B_{n-1}} f^2 d\mu, \]
for some fixed constants $c_1, c_2$ that do not depend on $n, x, r, R$. Let
\[ \psi := \sum_{n=1}^{\infty} (b_{n-1} - b_n) \psi_n. \]
Then $\psi$ is a cutoff function for $B(x, R)$ in $B(x, R + r)$ and $\psi$ satisfies (5) for the given $\epsilon$ with some constant $C_0 \in (0, \infty)$ that depends only on $\beta_2, C\Psi, c_1, c_2$.

The cutoff function $\psi$ constructed in Lemma 2.3 will serve as a weight function in the weighted Poincaré inequality of Theorem 3.4. We include the full proof of this lemma for the convenience of the reader, though it is essentially the same as [11, Proof of Lemma 5.1].

Proof. Let $f \in F$. Note that $\psi = 1$ on $B_0 = B(x, R)$, and $\psi - (b_{n-1} - b_n) \psi_n$ is constant on $B_n \setminus B_{n-1}$. Because of the strong locality and [7, Theorem 4.3.8], we obtain
\[ \int f^2 d\Gamma(\psi, \psi) \]
\[ = \int_{B_0} f^2 d\Gamma(\psi, \psi) + \sum_{n=1}^{\infty} (b_{n-1} - b_n)^2 \int_{B_n \setminus B_{n-1}} f^2 d\Gamma(\psi_n, \psi_n) \]
\[ + 2 \sum_{n=1}^{\infty} (b_{n-1} - b_n) \int_{B_n \setminus B_{n-1}} f^2 d\Gamma(\psi_n, \psi - (b_{n-1} - b_n) \psi_n) \]
\[ + \sum_{n=1}^{\infty} \int_{B_n \setminus B_{n-1}} f^2 d\Gamma(\psi - (b_{n-1} - b_n) \psi_n, \psi - (b_{n-1} - b_n) \psi_n) \]
\[ = \sum_{n=1}^{\infty} (b_{n-1} - b_n)^2 \int_{B_n \setminus B_{n-1}} f^2 d\Gamma(\psi_n, \psi_n) \]
\[ \leq \sum_{n=1}^{\infty} (b_{n-1} - b_n)^2 \left( c_1 \int_{B_n \setminus B_{n-1}} d\Gamma(f, f) + \frac{c_2}{\Psi(s_n)} \int_{B_n \setminus B_{n-1}} f^2 d\mu \right) \]
\[ \leq (e^\lambda - 1)^2 \left( \sum_{n=1}^{\infty} e^{-2n\lambda} c_1 \int_{B_n \setminus B_{n-1}} d\Gamma(f, f) \right) \]
\[ + \sum_{n=1}^{\infty} (b_{n-1} - b_n)^2 \frac{c_2}{\Psi(s_n)} \int_{B_n \setminus B_{n-1}} f^2 d\mu \]
\[ \leq (e^\lambda - 1)^2 c_1 \int \psi^2 d\Gamma(f, f) + \sum_{n=1}^{\infty} (b_{n-1} - b_n)^2 \frac{c_2}{\Psi(s_n)} \int_{B_n \setminus B_{n-1}} f^2 d\mu. \]
The last inequality is where we needed the annuli (rather than balls) because we want the sum to be a telescoping sum. We also used the fact that $\psi_n \geq b_n = e^{-n\lambda}$ on $B_{n-1} \setminus B_n$. By (5), we have
\[ \frac{\Psi(r)}{\Psi(s_n)} \leq C\Psi \left( \frac{r}{c_\lambda r e^{-n\lambda/\beta_2}} \right)^{\beta_2} \leq C\Psi \frac{e^\lambda - 1}{c_\lambda^{\beta_2} (b_{n-1} - b_n)}. \]
(8)
Thus,
\[
\sum_{n=1}^{\infty} (b_{n-1} - b_n)^2 \frac{c_2}{\Psi(s_n)} \int_{B_n \setminus B_{n-1}} f^2 d\mu \leq \frac{\varepsilon \lambda^2}{c_\lambda^2 \Psi(r)} \int \psi f^2 d\mu.
\]
Finally,
\[
\int f^2 d\Gamma(\psi, \psi) \leq \frac{(\varepsilon \lambda - 1)^2 c_1}{\Psi(r)} \int \psi^2 d\Gamma(f, f) + \frac{e \lambda^2 - 1}{c_\lambda^2 \Psi(r)} \int \psi f^2 d\mu.
\]
Choose \(\lambda := \log(1 + (\varepsilon/c_1)^{1/2})\). Then \((\varepsilon \lambda - 1)^2 c_1 = \varepsilon\). By the choice of \(c_\lambda\),
\[
c_\lambda = e^{\lambda \beta_2} (1 - e^{-\lambda \beta_2}) \frac{\varepsilon}{r} = \frac{(\varepsilon \lambda - 1)(\varepsilon \lambda}{r}.
\]
Hence,
\[
\frac{(\varepsilon \lambda - 1)^2}{c_\lambda^2} = \frac{(\varepsilon \lambda - 1)^2}{e^{\lambda \beta_2} - 1} \frac{\varepsilon}{r} = \frac{c_1 (e^{\lambda \beta_2} - 1)}{c_1} \frac{(\varepsilon \lambda - 1)}{(\varepsilon \lambda)}\]
\[
\leq \text{const}(\beta_2, c_1, \varepsilon) \cdot \frac{1}{\varepsilon} \frac{1}{c_1},
\]
where we applied the trivial inequality \((e^x - 1)^{1/2} \leq x^{1/2} \leq x \leq (e^x - 1)^{1/2}\). This completes the proof.

2.3. Local cutoff Sobolev condition. Let \((X, d, \mu, E^*, F)\) be as in Section 2.1. Let \(Y \subset X\) be open and \(R_0 > 0\).

Definition 2.4. The cutoff Sobolev inequality on annuli, CSA(\(\Psi\)), is satisfied on \(Y\) up to scale \(R_0\) if there exists a constant \(C_0 \in (0, \infty)\) such that, for any \(\varepsilon \in (0, 1)\), \(0 < r < R \leq R_0\), \(B(x, 2R) \subset Y\), there exists a cutoff function \(\psi\) for \(B(x, R)\) in \(B(x, R + r)\) such that
\[\forall f \in F, \int_A f^2 d\Gamma(\psi, \psi) \leq \varepsilon \int_A \psi^2 d\Gamma(f, f) + \frac{C_0 (\varepsilon \lambda - 1)^{1/2}}{\Psi(r)} \int_A \psi f^2 d\mu,\]
where \(A = B(x, R + r) \setminus B(x, R)\).

2.4. Structural assumptions on the form. Let \((X, d, \mu, E^*, F)\) be as in Section 2.1. We will refer to \((E^*, F)\) as the reference form for the bilinear forms defined below. Let \((E_t, F)\), \(t \in \mathbb{R}\), be a family of (possibly non-symmetric) local bilinear forms that all have the same domain \(F\) as the reference form \((E^*, F)\). We always assume that, for every \(f, g \in F\), the map \(t \mapsto E_t(f, g)\) is measurable.

For \(f, g \in F\), let \(E_t^{\text{sym}}(f, g) := \frac{1}{2} [E_t(f, g) + E_t(g, f)]\) be the symmetric part of \(E_t(f, g)\) and let \(E_t^{\text{skew}}(f, g) := \frac{1}{2} [E_t(f, g) - E_t(g, f)]\) be the skew-symmetric part. Notice that \(1 \in F_{\text{loc}}\), thus \(E_t(1, f)\) and \(E_t^{\text{skew}}(f, 1)\) are well-defined for any \(f \in F_c\). We will use the decomposition
\[E_t(f, g) = E_t^{\text{sym}}(f, g) + E_t^{\text{sym}}(g, f, 1) + E_t^{\text{skew}}(f, g) + R_t(f, g),\]
for any \(f, g \in F\) with \(fg \in F_c\), that we introduced in [9]. Here, the so-called symmetric strongly local part \(E_t^{\text{sym}}\) is defined by
\[E_t^{\text{sym}}(f, g) := E_t^{\text{sym}}(f, g) - E_t^{\text{sym}}(g, f, 1), \quad f, g \in F \quad \text{with} \quad g, f \in F_c,\]
and the bilinear forms \(L_t\) and \(R_t\) are defined by
\[L_t(f, g) := \frac{1}{4} [E_t(fg, 1) - E_t(1, fg) + E_t(f, g) - E_t(g, f)],\]
\[R_t(f, g) := \frac{1}{4} [E_t(1, fg) - E_t(fg, 1) + E_t(f, g) - E_t(g, f)] = -L_t(g, f),\]
for any \( f, g \in \mathcal{F} \) with \( fg \in \mathcal{F}_c \). Due to the locality of \( \mathcal{E}_t \), the bilinear forms \( \mathcal{L}_t(f, g) \) and \( \mathcal{R}_t(f, g) \) are well-defined whenever \( f \in \mathcal{F}_{\text{loc}} \cap L^\infty_{\text{loc}}(X, \mu) \) and \( g \in \mathcal{F}_c \cap L^\infty_{\text{loc}}(X, \mu) \), or vice versa.

Let \( \mathcal{D} \) be a linear subspace of \( \mathcal{F} \cap \mathcal{C}_c(X) \) such that

(i) \( \mathcal{D} \) is dense in \( (\mathcal{F}, \| \cdot \|_\mathcal{F}) \).

(ii) If \( f \in \mathcal{D} \) then \( (f \vee 0) \in \mathcal{D} \) and \( (f \wedge 1) \in \mathcal{D} \).

(iii) If \( f \in \mathcal{D} \) then \( \Phi(f) \in \mathcal{D} \) for any function \( \Phi \in \mathcal{C}^1(\mathbb{R}^m) \) with \( \Phi(0) = 0 \), where \( m \) is a positive integer.

By the regularity of the reference form \( (\mathcal{E}^*, \mathcal{F}) \), such a space \( \mathcal{D} \) exists. We make the following assumption on the structure of the forms \( \mathcal{E}_t, t \in \mathbb{R} \).

**Assumption 0.** For each \( t \in \mathbb{R}, \mathcal{E}_t \) is a local bilinear form with domain \( D(\mathcal{E}_t) = \mathcal{F} \). For every \( f, g \in \mathcal{F} \), the map \( t \mapsto \mathcal{E}_t(f, g) \) is measurable. Moreover,

(i) there exists a constant \( C_* \in (0, \infty) \) such that
\[
|\mathcal{E}_t(f, g)| \leq C_* \|f\|_\mathcal{F} \|g\|_\mathcal{F}, \quad \forall f, g \in \mathcal{F},
\]

(ii) for all \( f, g \in \mathcal{F}_b \) with \( fg \in \mathcal{F}_c \),
\[
|\mathcal{E}_t^{\text{sym}}(fg, 1)| \leq C_* \|f\|_\mathcal{F} \|g\|_\mathcal{F},
\]

(iii) there is a constant \( C \in [1, \infty) \) such that
\[
\frac{1}{C} \mathcal{E}^*(f, f) \leq \mathcal{E}_t(f, f) \leq C \mathcal{E}^*(f, f), \quad \forall f \in \mathcal{F} \cap \mathcal{C}_c(X).
\]

(iv) (Product rule for \( \mathcal{L}_t \)) For any \( u, v, f \in \mathcal{D}, \)
\[
\mathcal{L}_t(uf, v) = \mathcal{L}_t(u, fv) + \mathcal{L}_t(f, uv).
\]

(v) (Chain rule for \( \mathcal{L}_t \)) For any \( v, u_1, u_2, \ldots, u_m \in \mathcal{D} \) and \( u = (u_1, \ldots, u_m) \), and for any \( \Phi \in \mathcal{C}^2(\mathbb{R}^m) \),
\[
\mathcal{L}_t(\Phi(u), v) = \sum_{i=1}^m \mathcal{L}_t(u_i, \Phi_{x_i}(u)v).
\]

(vi) There exist constants \( 0 < c \leq \alpha < \infty \) such that, for all \( f \in \mathcal{F}, \)
\[
\mathcal{E}_t(f, f) + \alpha \int f^2 d\mu \geq c \|f\|_\mathcal{F}^2.
\]

Part (i) and (vi) of Assumption 0 ensure the existence of weak solutions to the heat equation. See, e.g., [20].

Under Assumption 0, the bilinear forms \( \mathcal{E}_t, \mathcal{E}_t^{\text{sym}}, \) and \( \mathcal{E}_t^{\text{skew}} \) are continuous on \( \mathcal{F} \times \mathcal{F} \). For results on extending the bilinear forms \( \mathcal{L}_t \) and \( \mathcal{R}_t \) and the maps \( (f, g) \mapsto \mathcal{E}_t(fg, 1) \) and \( (f, g) \mapsto \mathcal{E}_t(1, fg) \) to \( \mathcal{F} \times \mathcal{F} \), see [19, Section 7.2]. The elementary proof of the next lemma will be given elsewhere.

**Lemma 2.5.** Under Assumption 0(i)-(iii), the bilinear form \( \mathcal{E}_t \), defined for \( f, g \in \mathcal{F}_b \) with \( fg \in \mathcal{F}_c(X) \), extends continuously to \( \mathcal{F} \times \mathcal{F} \), and the extension \( (\mathcal{E}_t, \mathcal{F}) \) is a strongly local regular symmetric Dirichlet form.

Under Assumption 0, the Dirichlet form \( (\mathcal{E}_t, \mathcal{F}) \) admits an energy measure \( \Gamma_t \) which has all properties that are described in Section 2.1 for the energy measure \( \Gamma \) of \( (\mathcal{E}^*, \mathcal{F}) \). In particular, \( \Gamma_t \) satisfies the product rule, the chain rule, and a Cauchy-Schwarz type inequality.
Assumption 1(ii) implies that there exists a constant $C_{10} \in [1, \infty)$ such that
\begin{equation}
\frac{1}{C_{10}} \int f^2 d\Gamma(g,g) \leq \int f^2 d\Gamma_t(g,g) \leq C_{10} \int f^2 d\Gamma(g,g), \quad \forall f, g \in \mathcal{F} \cap C_c(X).
\end{equation}
See [22]. Of course, this inequality extends to all bounded Borel measurable functions $f : X \to (-\infty, +\infty)$ and $g \in \mathcal{F}$. The inequality also holds when $f \in \mathcal{F}$ and $g \in \text{CSA}(\Psi)$. If the reference form $(\mathcal{E}^*, \mathcal{F})$ satisfies CSA$(\Psi, C_0)$ locally on $Y$ up to scale $R_0$, and if $(\mathcal{E}_t, \mathcal{F})$ satisfies Assumption 1 then $(\mathcal{E}_t, \mathcal{F})$ satisfies CSA$(\Psi, C_0)$ locally on $Y$ up to scale $R_0$ (with $C_0$ depending on $C_0$ and $C_{10}$).

We refer to Section 8 and to [19] for examples of forms $\mathcal{E}_t$ that satisfy Assumption 1.

2.5. Quantitative assumptions on the perturbations. Suppose Assumption 1 is satisfied. In this section we introduce quantitative assumptions on the zero-order part and on the skew-symmetric part of each of the forms $(\mathcal{E}_t, \mathcal{F})$, $t \in \mathbb{R}$. We will show in Section 4 below that our assumptions are sufficient to perform the Moser iteration technique to obtain $L^2$-mean value estimates. The statements of Assumption 1 and Assumption 2 are inspired by and weaker than [19] Assumptions 1 and 2. The new contribution here is that we state these quantitative conditions only for functions $\psi$ that are cutoff functions and in CSA$(\Psi)$.

As before, we fix an open connected set $Y \subset X$ and $R_0 > 0$. Let $C_0 \in (0, \infty)$ be given. Let
\begin{equation}
C_1(\epsilon) := \epsilon^{-1/2} C_0(\epsilon) = C_0 \cdot \epsilon^{1-\frac{1}{10}}, \quad \text{for } \epsilon \in (0, 1].
\end{equation}

Assumption 1. There are constants $C_2, C_3, C_{11} \in [0, \infty)$ such that for all $t \in \mathbb{R}$, for any $\epsilon \in (0, 1)$, any $0 < r < R \leq R_0$, any ball $B(x,2R) \subset Y$, any cutoff function $\psi \in \text{CSA}(\Psi, \epsilon, C_0)$ for $B(x,R)$ in $B(x, R+r)$, and any $0 \leq f \in \mathcal{F}_{\text{loc}}(Y) \cap L_\infty^\infty(Y, \mu)$,
\begin{equation}
|\mathcal{E}_t^{\text{sym}}(f^2 \psi^2, 1)| + |\mathcal{E}_t^{\text{skew}}(f^2 \psi^2, 1)| + |\mathcal{E}_t^{\text{skew}}(f, f \psi^2)|
\leq C_{11} \epsilon^{1/2} \int \psi^2 d\Gamma(f, f) + (C_2 + C_3 \Psi(r)) \frac{C_1(\epsilon)}{\Psi(r)} \int_B f^2 d\mu,
\end{equation}
where $B = B(x, R+r)$.

Assumption 2. There are constants $C_4, C_5, C_{11} \in [0, \infty)$ such that for all $t \in \mathbb{R}$, for any $\epsilon \in (0, 1)$, any $0 < r < R \leq R_0$, any ball $B(x,2R) \subset Y$, any cutoff function $\psi \in \text{CSA}(\Psi, \epsilon, C_0)$ for $B(x,R)$ in $B(x, R+r)$, and any $0 \leq f \in \mathcal{F}_{\text{loc}}(Y)$ with $f + f^{-1} \in L_\infty^{\infty}(Y, \mu)$,
\begin{equation}
|\mathcal{E}_t^{\text{skew}}(f, f^{-1} \psi^2)| \leq C_{11} \epsilon^{1/2} \int \psi^2 d\Gamma(\log f, \log f) + (C_4 + C_5 \Psi(r)) \frac{C_1(\epsilon)}{\Psi(r)} \int_B d\mu,
\end{equation}
where $B = B(x, R+r)$.

Remark 2.6. For simplicity, we may and will assume that the constants $C_{11}$ in Assumption 1 and in Assumption 2 are the same.

2.6. Some preliminary computations. In the next three lemmas, we consider bilinear forms $(\mathcal{E}_t, \mathcal{F})$, $t \in \mathbb{R}$, which satisfy Assumption 1 and Assumption 1 with respect to the reference form $(\mathcal{E}^*, \mathcal{F})$. Recall that $Y$ is an open subset of $X$. For a non-negative function $u$ and a positive integer $n$ let
\begin{equation}
u_n := u \wedge n.
\end{equation}

Lemma 2.7. Suppose Assumption 1 and Assumption 1 are satisfied. Let $p \in \mathbb{R}$, $\epsilon \in (0, 1)$, $0 < r < R \leq R_0$, and $B(x,2R) \subset Y$. Let $\psi \in \text{CSA}(\Psi, \epsilon, C_0)$ be a cutoff function for $B(x,R)$ in $B(x, R+r)$, and $0 \leq u \in \mathcal{F}_{\text{loc}}(Y) \cap L_\infty^{\infty}(Y, \mu)$. Assume either of the following hypotheses.
(i) \( p \geq 2 \),
(ii) \( u \) is locally uniformly positive.

Then \( uu_n^q \in \mathcal{F}_{\text{loc}}(Y) \), \( uu_n^q \psi^2 \in \mathcal{F}_c(Y) \), for any \( q \geq 0 \). Moreover, for any \( k > 0 \) it holds

\[
(1 - p)\mathcal{E}_t^s(u, uu_n^{p-2}\psi^2) \leq \left( 8kC_{10} + C \left( \frac{(1 - p)^2}{k} + (1 - p) \right) \right) \int \psi^2 u_n^{p-2} d\Gamma(u, u)
+ (2kC_{10}(p - 2)^2 - C'((1 - p)^2 + (1 - p))) \int \psi^2 u_n^{p-2} d\Gamma(u_n, u_n)
+ 4kC_{10} \frac{C_0(\epsilon)}{\Psi(r)} \int \psi u^2 u_n^{p-2} d\mu,
\]

where \( C = C_{10} \) if \( \frac{1 - p}{k} + 1 - p > 0 \) and \( C = \frac{1}{C_{10}} \) otherwise, and \( C' = \frac{1}{C_{10}} \) if \( (1 - p)^2 + 1 - p > 0 \) and \( C' = C_{10} \) otherwise.

**Proof.** The first assertion follows from [19] Lemma 1.3. Moreover, by [34] and [2] we have for any \( k > 0 \) that

\[
(1 - p)\mathcal{E}_t^s(u, uu_n^{p-2}\psi^2) \leq 4k \int u^2 u_n^{p-2} d\Gamma_t(u, u)
+ \left( \frac{(1 - p)^2}{k} + (1 - p) \right) \int \psi^2 u_n^{p-2} d\Gamma_t(u, u)
- ((1 - p)^2 + (1 - p)) \int \psi^2 u_n^{p-2} d\Gamma_t(u_n, u_n).
\]

Hence (12) follows from applying (10) and (10). \( \Box \)

**Lemma 2.8.** Suppose Assumption 4 and Assumption 4 are satisfied. Let \( p \in (-\infty, 1 - \eta) \) for some small \( \eta > 0 \). Let \( \epsilon \in (0, 1) \), \( 0 < r < R \leq R_0 \), and \( B(x, 2R) \subset Y \). Let \( \psi \in \text{CSA}(\Psi, \epsilon, C_0) \) be a cutoff function for \( B(x, R) \) in \( B(x, R + r) \), and \( 0 \leq u \in \mathcal{F}_{\text{loc}}(Y) \cap L_{\text{loc}}^\infty(Y, \mu) \). Assume \( u \) is locally uniformly positive and locally bounded. Then, for any \( k > 0 \), it holds

\[
\mathcal{E}_t^s(u, u^{p-1}\psi^2) \leq \left( \frac{2C_{10}\epsilon}{\eta} p^2 + \frac{1}{C_{10}} (p - (1 - \eta/2)) \right) \int \psi^2 u^{p-2} d\Gamma(u, u)
+ \frac{8C_{10} C_0(\epsilon)}{\eta \Psi(r)} \int \psi u^2 d\mu.
\]

For the proof, simply choose \( k = \frac{2}{\eta}(1 - p) \) in the proof of Lemma 2.7.

**Lemma 2.9.** Suppose Assumption 4 and Assumption 4 are satisfied. Let \( p \in \mathbb{R}, \epsilon \in (0, 1) \), \( 0 < r < R \leq R_0 \), and \( B(x, 2R) \subset Y \). Let \( \psi \in \text{CSA}(\Psi, \epsilon, C_0) \) be a cutoff function for \( B(x, R) \) in \( B = B(x, R + r) \), and \( 0 \leq u \in \mathcal{F}_{\text{loc}}(Y) \cap L_{\text{loc}}^\infty(Y, \mu) \). Assume either of the following hypotheses.

(i) \( p \geq 2 \),
(ii) \( p \neq 0 \) and \( u \) is locally uniformly positive.

Then,

\[
|\mathcal{E}_t^{\text{sym}}(u^2 u_n^{p-2}\psi^2, 1)| \leq 2C_{11}^{1/2} \int u_n^{p-2}\psi^2 d\Gamma(u, u) + \frac{(p - 2)^2}{2} C_{11}^{1/2} \int u_n^{p-2}\psi^2 d\Gamma(u_n, u_n)
+ (C_2 + C_3 \Psi(r)) \frac{C_1(\epsilon)}{\Psi(r)} \int_B u^2 u_n^{p-2} d\mu,
\]
and,
\[
|\mathcal{E}_{t}^{\text{skew}}(u, uu_n^{p-2}\psi^2)| \leq 2C_{11} \epsilon^{1/2} \int u_n^{p-2}\psi^2 d\Gamma(u, u) \\
+ C_{11} \epsilon^{1/2} \left( \frac{(p-2)^2}{2} + \frac{|p(p-2)|}{4} \right) \int u_n^{p-2}\psi^2 d\Gamma(u_n, u_n) \\
+ (C_2 + C_3 \Psi(r)) \frac{C_1(\epsilon)}{\Psi(r)} \int B u_n^{p-2} d\mu \\
+ (C_2 + C_3 \Psi(r)) \frac{|p-2|}{|p|} \frac{C_1(\epsilon)}{\Psi(r)} \int B u_n^{p} d\mu.
\]

**Proof.** We will prove the assertion for \( u \in D \). Then the general case follows by approximation, using Assumption 0(i), the locality of \( \mathcal{E}_t \), and the fact that \( D \) is dense in \( (\mathcal{F}, \| \cdot \|_F) \). First consider the case when \( u \) is uniformly positive on the support of \( \psi \). By strong locality, \([4]\) and \([3]\), we have
\[
\int \psi^2 d\Gamma(\frac{u}{u_n^{p-2}}, \frac{u}{u_n^{p-2}}) \leq 2 \int u_n^{p-2}\psi^2 d\Gamma(u, u) + \int \psi^2 d\Gamma(u_n, u_n).
\]
The first assertion follows easily from Assumption \([1]\) and \([14]\). By \([19]\) Lemma 2.13, we have
\[
|\mathcal{E}_{t}^{\text{skew}}(u, uu_n^{p-2}\psi^2)| = \mathcal{E}_{t}^{\text{skew}}(u, uu_n^{p-2}\psi^2) + 2 - \frac{p}{p} \mathcal{E}_{t}^{\text{skew}}(u, uu_n^{p-2}\psi^2)
\]
(15)
\[
+ \frac{2-p}{p} \mathcal{E}_{t}^{\text{skew}}(u, uu_n^{p-2}\psi^2, 1).
\]

Hence, by Assumption \([1]\) \([4]\) and \([14]\), we have
\[
|\mathcal{E}_{t}^{\text{skew}}(u, uu_n^{p-2}\psi^2)| \leq 2C_{11} \epsilon^{1/2} \int u_n^{p-2}\psi^2 d\Gamma(u, u) \\
+ C_{11} \epsilon^{1/2} \left( \frac{(p-2)^2}{2} + \frac{|p(p-2)|}{4} \right) \int u_n^{p-2}\psi^2 d\Gamma(u_n, u_n) \\
+ (C_2 + C_3 \Psi(r)) \frac{C_1(\epsilon)}{\Psi(r)} \int B u_n^{p-2} d\mu \\
+ (C_2 + C_3 \Psi(r)) \frac{|p-2|}{|p|} \frac{C_1(\epsilon)}{\Psi(r)} \int B u_n^{p} d\mu.
\]

In the case when \( u \) is not uniformly positive on the support of \( \psi \), repeat the proof with \( u + \epsilon \) in place of \( u \). If \( p \geq 2 \), then we can let \( \epsilon \) tend to 0 at the end of the proof. \( \square \)

For \( \epsilon > 0 \), let
\[
u_{\epsilon} := u + \epsilon.
\]

**Lemma 2.10.** Suppose Assumption \([4]\) and Assumption \([4]\) are satisfied. Let \( p \in \mathbb{R}, \epsilon \in (0, 1), \ 0 < r < R \leq R_0 \), and \( B(x, 2R) \subset Y \). Let \( \psi \in \text{CSA}(\Psi, \epsilon, C_0) \) be a cutoff function for \( B(x, R) \) in \( B(x, R + r) \), and \( 0 \leq u \in \mathcal{F}_{\text{loc}}(Y) \cap L^\infty_{\text{loc}}(Y, \mu) \). Then, for any \( k \geq 1 \),
\[
|\mathcal{E}_t(\epsilon, uu_{\epsilon}^{p-1}\psi^2)| \leq C_{11} \epsilon^{1/2} \frac{(p-1)^2}{4} \int \psi^2 uu_{\epsilon}^{p-2} d\Gamma(u_{\epsilon}, u_{\epsilon}) + (C_2 + C_3 \Psi(r)) \frac{C_1(\epsilon)}{\Psi(r)} \int B uu_{\epsilon}^{p} d\mu,
\]
where \( B = B(x, R + r) \).
We apply Assumption 1 and 3. Then,
\[
|\mathcal{E}(\varepsilon, u^{-1}_\varepsilon \psi^2)| \\
\leq \varepsilon|\mathcal{E}^{\text{skew}}_1(1,u^{-1}_\varepsilon \psi^2)| + \varepsilon|\mathcal{E}^{\text{sym}}_1(1,u^{-1}_\varepsilon \psi^2)| \\
\leq \varepsilon C_{11}\varepsilon^{1/2} \int \psi^2 d\Gamma(u, u) + \varepsilon(C_2 + C_3 \Psi(r)) \frac{C_1(\varepsilon)}{\Psi(r)} \int_B u^{-1}_\varepsilon d\mu \\
\leq C_{11}\varepsilon^{1/2}(p-1)^2 \frac{1}{4} \int \varepsilon u^{-2}_\varepsilon \psi^2 d\Gamma(u, u) + (C_2 + C_3 \Psi(r)) \frac{C_1(\varepsilon)}{\Psi(r)} \int_B \varepsilon u^{-1}_\varepsilon d\mu.
\]
Applying \(\varepsilon \leq u_\varepsilon\) completes the proof. \(\square\)

3. Sobolev and Poincaré inequalities

3.1. Weak, strong, and weighted Poincaré inequalities. In this section we consider Sobolev and Poincaré inequalities for the symmetric reference form \((\mathcal{E}^*, \mathcal{F})\) defined in Section 2.1. We fix an open connected set \(Y \subset X\) and \(R_0 > 0\).

For the rest of the paper we suppose that
\[(A2-Y) \quad \text{if } B(x, 2R) \subset Y \text{ with } 0 < r < R \leq R_0, \text{ then } B(x, R + r) \text{ is relatively compact.}\]

Note that any open set \(Y\) such that \(\overline{Y}\) is complete in \((X, d)\) satisfies \((A2-Y)\), see, e.g., [28, Lemma 1.1(i)].

**Definition 3.1.** The **volume doubling property** is satisfied on \(Y\) up to scale \(R_0\) if there exists a constant \(C_{VD} \in (1, \infty)\) such that for every ball \(B(x, 2R) \subset Y\), \(0 < r < R \leq R_0\),
\[(VD) \quad V(x, R + r) \leq C_{VD} V(x, R),\]
where \(V(x, R) = \mu(B(x, R))\) denotes the volume of \(B(x, R)\).

**Lemma 3.2.** If \(VD\) is satisfied on \(Y\) up to scale \(R_0\), then for \(\nu = \log_2(C_{VD})\),
\[
\frac{\mu(B(x, R))}{\mu(B(y, s))} \leq C_{VD}^2 \left(\frac{R}{s}\right)^\nu,
\]
for all \(0 < s < R \leq R_0\) and \(y \in B(x, R)\) with \(B(y, 2R) \subset Y\).

**Proof.** See [28, Lemma 5.2.4]. \(\square\)

**Definition 3.3.** \((\mathcal{E}^*, \mathcal{F})\) satisfies the **(strong) Poincaré inequality** \(PI(\Psi)\) on \(Y\) up to scale \(R_0\), if there exists a constant \(C_{Pl} \in (0, \infty)\) such that for any \(0 < r < R \leq R_0\) and \(B(x, 2R) \subset Y\),
\[(Pi(\Psi)) \quad \forall f \in \mathcal{F}_{\text{loc}}(Y), \int_B |f - f_B|^2 d\mu \leq C_{Pl} \Psi(R + r) \int_B d\Gamma(f, f),\]
where \(f_B = \frac{1}{\mu(B(x, R + r))} \int_{B(x, R + r)} f d\mu\) is the mean of \(f\) over \(B = B(x, R + r)\).

**Assumption 3.** The reference form \((X, d, \mu, \mathcal{E}^*, \mathcal{F})\) satisfies A2-Y, VD, PI(\Psi) and CSA(\Psi) on \(Y\) up to scale \(R_0\).

**Theorem 3.4.** Suppose Assumption 3 is satisfied. Then \((\mathcal{E}^*, \mathcal{F})\) satisfies a weighted Poincaré inequality on \(Y\) up to scale \(R_0\). That is, there exists a constant \(C_{wPl} \in (0, \infty)\) such that for any \(0 < r < R \leq R_0\), any \(B(x, 2R) \subset Y\), and for every \(\epsilon \in (0, 1)\), there exists a cutoff function \(\psi \in \text{CSA}(\Psi, \epsilon, C_0)\) for \(B(x, R)\) in \(B(x, R + r)\) such that
\[(16) \quad \forall f \in \mathcal{F}_{\text{loc}}(Y), \int |f - f_\psi|^2 \psi^2 d\mu \leq C_{wPl} \Psi(R + r) \int \psi^2 d\Gamma(f, f),\]
where

\[ f_\psi = \frac{\int f \psi^2 d\mu}{\int \psi^2 d\mu}. \]

The constant \( C_{\psi^2} \) depends only on \( C_0, C_{VD}, C_{\psi^2} \).

Proof. Let \( \epsilon \in (0,1) \). Let

\[ \psi = \sum_{n=1}^{\infty} (b_{n-1} - b_n)\psi_n \]

be the cutoff function constructed in Lemma 2.3. In particular, for each non-negative integer \( n \), \( b_n = e^{-n\lambda} \) for some \( \lambda = \lambda(\epsilon) \), and \( \psi_n \in \text{CSA}(\Psi) \) is a cutoff function for \( B_{n-1} \) in \( B_n \), where \( B_n = B(x, R + r_n) \) and the sequence \( r_n \uparrow r' < r \) is defined by 7. By Lemma 2.3, we have \( \psi \in \text{CSA}(\Psi, \epsilon, C_0) \) for a suitable choice of \( \lambda(\epsilon) \). We will prove the weighted Poincaré inequality (13) for the weight \( \psi \) given by (17). By the triangle inequality,

\[ \int |f - f_\psi|^2 \psi^2 d\mu \leq \int |f - f_{B_0}|^2 \psi^2 d\mu + \int |f_{B_0} - f_\psi|^2 \psi^2 d\mu. \]

The second integral on the right hand side can be estimated by

\[ \int |f_{B_0} - f_\psi|^2 \psi^2 d\mu = \int \left| \frac{\int (f - f_{B_0}) \psi^2 d\mu}{\int \psi^2 d\mu} \right|^2 \psi^2 d\mu \leq \int |f - f_{B_0}|^2 \psi^2 d\mu, \]

where we used the definition of \( f_\psi \) and the Cauchy-Schwarz inequality. Thus, it suffices to show that there exists a constant \( C \in (0, \infty) \) such that

\[ \forall f \in \mathcal{F}_{\text{loc}}(Y), \quad \int |f - f_{B_0}|^2 \psi^2 d\mu \leq C\Psi(R + r) \int \psi^2 d\Gamma(f,f). \]

By (17) and the fact that \( \psi_n \) vanishes outside \( B_n \) and \( 0 \leq \psi_n \leq 1 \), we have

\[ \int |f - f_{B_0}|^2 \psi^2 d\mu = \sum_{n} \sum_{m} (b_{n-1} - b_n)(b_{m-1} - b_m) \int |f - f_{B_0}|^2 \psi_n \psi_m d\mu \]

\[ \leq \sum_{n} \sum_{m} (b_{n-1} - b_n)(b_{m-1} - b_m) \int_{B_n \cap B_m} |f - f_{B_0}|^2 d\mu \]

\[ \leq I_1 + I_2, \]

where we applied the triangle inequality with

\[ I_1 := 2 \sum_{n} \sum_{m} (b_{n-1} - b_n)(b_{m-1} - b_m) \int_{B_n \cap B_m} |f - f_{B_n \cap B_m}|^2 d\mu \]

and

\[ I_2 := 2 \sum_{n} \sum_{m} (b_{n-1} - b_n)(b_{m-1} - b_m) \int_{B_n \cap B_m} |f_{B_n \cap B_m} - f_{B_0}|^2 d\mu. \]

Observe that

\[ b_{n-1} - b_n = e^{\lambda}(b_n - b_{n+1}). \]

Applying the strong Poincaré inequality on the ball \( B_n \cap B_m = B_{n\land m} \), and using the fact that \( \psi_{n+1} = 1 \) on \( B_n \), we obtain

\[ I_1 \leq C_{\psi^2} \sum_{n} \sum_{m} (b_{n-1} - b_n)(b_{m-1} - b_m) \Psi(R + (r_n \land r_m)) \int_{B_n \cap B_m} d\Gamma(f,f) \]

\[ \leq C_{\psi^2} \Psi(R + r) \sum_{n} \sum_{m} (b_{n-1} - b_n)(b_{m-1} - b_m) \int \psi_{n+1} \psi_{m+1} d\Gamma(f,f) \]
the pseudo-Poincaré inequality holds: There is a constant $C_\text{PI} > 0$ where $f \in \mathcal{F}_c(B(x,2R))$ satisfies $\text{PI}(\Psi)$ on $Y$ up to scale $R_0$, if there exist constants $\kappa \in (0,1)$ and $C(\kappa) \in (0,\infty)$ such that for any $0 < r < \kappa R \leq R_0$ and any ball $B(x,2R) \subset Y$, then the pseudo-Poincaré inequality holds: There is a constant $C = C(\beta_1, \beta_2, C_\Psi, C_{\text{VD}}, C_{\text{PI}}) \in (0,\infty)$ such that for any ball $B(x,2R) \subset Y$ with $0 < R \leq R_0$, and any $f \in \mathcal{F}_c(B(x,R))$, $|f - f_B|^2 \leq C \Psi(s) \int d\Gamma(f,f)$, $\forall s \in (0,R)$, where $f_s(y) := \frac{1}{\Psi(r)} \int_{B(y,s)} f \, d\mu$. If, in addition, $f \in \mathcal{F}_c(B(x,R/4))$ and $B(x,R) \neq Y$, then $f \Psi(r) \leq C \Psi(r) \int d\Gamma(f,f)$, $\forall r \in (0,R)$, $\forall f \in \mathcal{F}_c(B(x,R))$.
3.2. Localized Sobolev inequality.

**Definition 3.8.** \((\mathcal{E}^*, \mathcal{F})\) satisfies the localized *Sobolev inequality* \(\text{SI}(\Psi)\) on \(Y\) up to scale \(R_0\), if there exist constants \(\kappa > 1\) and \(C_{SI} \in (0, \infty)\) such that for any ball \(B(x, 4R) \subseteq B(x, 8R) \subseteq Y\) with \(0 < R \leq R_0/4\), and all \(f \in \mathcal{F}_c(B(x, R))\), we have

\[
\left( \int_{B(x,R)} |f|^{2\kappa} \, d\mu \right)^{\frac{1}{\kappa}} \leq \frac{C_{SI}}{V(x,R)^{1-\frac{\kappa}{2}}} \Psi(R) \int_{B(x,R)} d\Gamma(f,f).
\]

**Theorem 3.9.** If \(\mathcal{A}^2 Y\) and \(\mathcal{V}D\), \(\text{PI}(\Psi)\) are satisfied on \(Y\) up to scale \(R_0\), then \((\mathcal{E}^*, \mathcal{F})\) satisfies \(\text{SI}(\Psi)\) on \(Y\) up to scale \(R_0\). The Sobolev constant \(C_{SI}\) depends only on \(\beta_1, \beta_2, C_\Psi, C_{VD}\) and \(C_{PI}\). The constant \(\kappa\) satisfies \(1 - \frac{1}{\kappa} = \beta_1/\log_2(C_{VD})\).

**Proof.** We follow [28, Theorem 5.2.3]. It suffices to proof the assertion for non-negative \(f\). For any \(y \in B = B(x, R), 0 < s < R\), we have by Lemma 3.2 that

\[
|f_s(y)| \leq \frac{1}{\mu(B(y,s))} \int_{B(y,s)} |f| \, d\mu \leq \frac{C^2_{VD}}{\mu(B)} \left( \frac{R}{s} \right)^\nu \|f\|_1,
\]

where \(\nu = \log_2(C_{VD}).\) For \(0 \leq f \in \mathcal{F}_c(B)\) and \(\lambda \geq 0\), write

\[
\mu(\{f \geq \lambda\}) \leq \mu(\{|f-f_s| \geq \lambda/2\} \cap B) + \mu(\{f_s \geq \lambda/2\} \cap B)
\]

and consider two cases.

**Case 1:** If \(\lambda\) is such that

\[
\frac{\lambda}{4} \geq \frac{C^2_{VD}}{\mu(B)} \|f\|_1,
\]

then pick \(s \in (0, R)\) depending on \(\lambda\) in such a way that

\[
\frac{\lambda}{4} = \frac{C^2_{VD}}{\mu(B)} \left( \frac{R}{s} \right)^\nu \|f\|_1.
\]

For this choice of \(s\),

\[
\mu(\{f_s \geq \lambda/2\} \cap B) = 0.
\]

By (14), we then have for \(\kappa\) satisfying \(1 - \frac{1}{\kappa} = \beta_1/\nu\) that

\[
\lambda^{1-\frac{1}{\kappa}} \leq C \frac{\Psi(R)}{\Psi(s)} \left( \frac{\|f\|_1}{\mu(B)} \right)^{1-\frac{1}{\kappa}}
\]

where \(C\) denotes a positive constant that may change from line to line and depends only on \(\beta_1, \beta_2, C_\Psi, C_{VD}, C_{PI}\). Applying the pseudo-Poincaré inequality of Lemma 3.7 and (19), we obtain

\[
\mu(\{f \geq \lambda\}) \leq \mu(\{|f-f_s| \geq \lambda/2\} \cap B) \leq \frac{4}{\lambda^2} \int |f-f_s|^2 \, d\mu \leq \frac{4}{\lambda^2} \Psi(s) \int d\Gamma(f,f) \leq \frac{C}{\lambda^{1-\frac{1}{\kappa}}} \left( \frac{\|f\|_1}{\mu(B)} \right)^{1-\frac{1}{\kappa}} \Psi(R) \int d\Gamma(f,f).
\]

**Case 2:** If \(\lambda\) is such that

\[
\frac{\lambda}{4} \leq \frac{C^2_{VD}}{\mu(B)} \|f\|_1,
\]

then pick \(s \in (0, R)\) depending on \(\lambda\) in such a way that

\[
\frac{\lambda}{4} = \frac{C^2_{VD}}{\mu(B)} \left( \frac{R}{s} \right)^\nu \|f\|_1.
\]

For this choice of \(s\),

\[
\mu(\{f_s \geq \lambda/2\} \cap B) = 0.
\]

By (14), we then have for \(\kappa\) satisfying \(1 - \frac{1}{\kappa} = \beta_1/\nu\) that

\[
\lambda^{1-\frac{1}{\kappa}} \leq C \frac{\Psi(R)}{\Psi(s)} \left( \frac{\|f\|_1}{\mu(B)} \right)^{1-\frac{1}{\kappa}}
\]

where \(C\) denotes a positive constant that may change from line to line and depends only on \(\beta_1, \beta_2, C_\Psi, C_{VD}, C_{PI}\). Applying the pseudo-Poincaré inequality of Lemma 3.7 and (19), we obtain

\[
\mu(\{f \geq \lambda\}) \leq \mu(\{|f-f_s| \geq \lambda/2\} \cap B) \leq \frac{4}{\lambda^2} \int |f-f_s|^2 \, d\mu \leq \frac{4}{\lambda^2} \Psi(s) \int d\Gamma(f,f) \leq \frac{C}{\lambda^{1-\frac{1}{\kappa}}} \left( \frac{\|f\|_1}{\mu(B)} \right)^{1-\frac{1}{\kappa}} \Psi(R) \int d\Gamma(f,f).
\]
then it follows from the second part of Lemma 4.7 that
\[ \int f^2 d\mu \leq C\Psi(R) \int d\Gamma(f, f). \]
Hence,
\[ \mu(\{ f \geq \lambda \}) \leq \frac{1}{\lambda^2} \int f^2 d\mu \leq \frac{C}{\lambda^2} \Psi(R) \int d\Gamma(f, f). \]
We obtain that
\[ \lambda^{3-\frac{\gamma}{2}} \mu(\{ f \geq \lambda \}) \leq C \left( \frac{\| f \|_1}{\mu(B)} \right)^{1-\frac{\gamma}{2}} \Psi(R) \int d\Gamma(f, f) \]
holds in both cases. Now the proof can be completed easily by following the reasoning in
[28, Theorem 3.2.2 and Lemma 3.2.3]. \qed

4. The Moser iteration technique

4.1. Time-dependent forms. For the rest of the paper, we fix a reference form \( (\mathcal{E}^*, \mathcal{F}) \) as in Section 4.1 and an open set \( Y \subset X \). We assume \( (\mathcal{E}^*, \mathcal{F}) \) satisfies A2-Y, VD, PI(\( \Psi \)), CSA(\( \Psi \)) on \( Y \) up to scale \( R_0 > 0 \). Let \( (\mathcal{E}_t, \mathcal{F}) \), \( t \in \mathbb{R} \), be a family of bilinear forms that satisfy Assumption \([\mathcal{H}] \) and Assumption \([\mathcal{I}] \).

4.2. Local very weak solutions. We recall the notion of very weak solutions introduced in [19]. For an open time interval \( I \) and a separable Hilbert space \( H \), let \( L^2(I \to H) \) be the Hilbert space of those functions \( v : I \to H \) such that
\[ \| v \|_{L^2(I \to H)} := \left( \int_I \| v(t) \|_H^2 dt \right)^{1/2} < \infty. \]
It is well-known that \( L^2(I \to L^2(X, \mu)) \) can be identified with \( L^2(I \times X, dt \times d\mu) \). Indeed, continuous functions with compact support in \( I \times X \) are dense in both spaces and the two norms coincide on these functions.

Let \( L^2_{loc}(I \to \mathcal{F}; U) \) be the space of all functions \( u : I \times U \to \mathbb{R} \) such that for any open interval \( J \) relatively compact in \( I \), and any open subset \( A \) relatively compact in \( U \), there exists a function \( u^A \in L^2(I \to \mathcal{F}) \) such that \( u^A = u \) a.e. in \( J \times A \).

Definition 4.1. Define
\[ D(L_t) = \{ f \in \mathcal{F} : g \mapsto \mathcal{E}_t(f, g) \text{ is continuous w.r.t. } \| \cdot \|_2 \text{ on } \mathcal{F}_c \}. \]
For \( f \in D(L_t) \), let \( L_t f \) be the unique element in \( L^2(X) \) such that
\[ -\int L_t f g d\mu = \mathcal{E}_t(f, g) \quad \text{for all } g \in \mathcal{F}_c. \]
Then we say that \( (L_t, D(L_t)) \) is the infinitesimal generator of \( (\mathcal{E}_t, \mathcal{F}) \) on \( X \). See, e.g., [21].

Definition 4.2. Let \( I \) be an open interval and \( U \subset X \) open. Set \( Q = I \times U \). A function \( u : Q \to \mathbb{R} \) is a local very weak solution of the heat equation \( \frac{\partial u}{\partial t} = L_t u \) in \( Q \), if
\begin{enumerate}[(i)]  
  \item \( u \in L^2_{loc}(I \to \mathcal{F}; U) \),  
  \item For almost every \( a, b \in I \),
\end{enumerate}
\[ \forall \phi \in \mathcal{F}_c(U), \quad \int u(b, \cdot) \phi d\mu - \int u(a, \cdot) \phi d\mu + \int_a^b \mathcal{E}_t(u(t, \cdot), \phi) dt = 0. \]

Definition 4.3. Let \( I \) be an open interval and \( U \subset X \) open. Set \( Q = I \times U \). A function \( u : Q \to \mathbb{R} \) is a local very weak subsolution of \( \frac{\partial u}{\partial t} = L_t u \) in \( Q \), if
Let \(0 < \sigma < \delta\) holds for any non-negative local very weak subsolution \(u\).

A function \(u\) is called a local very weak supersolution if \(-u\) is a local very weak subsolution.

Note that a local very weak solution is not required to have a weak time-derivative. A function \(u : Q = (a, b) \times \mathbb{R}^d \rightarrow \mathbb{R}\) is a local very weak solution in the classical sense if and only if \(u\) is a local very weak solution and \(u \in C_0(I \rightarrow L^2(U))\), where \(C_0(I \rightarrow L^2(U))\) is the space of measurable functions \(u : I \times U \rightarrow \mathbb{R}\) such that for any open interval \(J\) relatively compact in \(I\) and any open subset \(A\) relatively compact in \(U\), there exists a continuous function \(u^2 : I \rightarrow L^2(U)\) such that \(u = u^2\) on \(J \times A\). See [19] Proposition 7.8.

4.3. Estimates for sub- and supersolutions. Let \(B = B(x, r) \subset Y\) and \(a \in \mathbb{R}\). For \(\sigma, \delta \in (0, 1]\), set

\[
\delta B = B(x, \delta r), \quad I^- = (a - \Psi(r), a), \quad I^+ = (a, a + \Psi(r)), \quad I_{\sigma}^- = (a - \sigma \Psi(r), a), \quad I_{\sigma}^+ = (a, a + \sigma \Psi(r)),
\]

\[
Q^{-}(x, a, r) = I^{-} \times B(x, r), \quad Q^{+}(x, a, r) = I^{+} \times B(x, r),
\]

\[
Q_{\sigma, \delta}^{-} = I_{\sigma}^{-} \times \delta B, \quad Q_{\sigma, \delta}^{+} = I_{\sigma}^{+} \times \delta B.
\]

Let \(0 < \sigma' < \sigma \leq 1\) and \(\bar{\sigma} := \sigma - \sigma'\). Let \(\chi\) be a smooth function of the time variable \(t\) such that \(0 \leq \chi \leq 1\), \(\chi = 0\) in \((-\infty, a - \sigma \Psi(r))\), \(\chi = 1\) in \((a - \sigma' \Psi(r), \infty)\) and

\[
0 \leq \chi' \leq \frac{2}{\sigma \Psi(r)}.
\]

Let \(0 < \delta' < \delta < 1\) and \(\bar{\delta} := \delta - \delta'\). Let \(d\tilde{\mu} = \frac{d\mu}{dt}\).

Lemma 4.4. Let \(p \geq 2\). Then there exists a cutoff function \(\psi \in CSA(\Psi, C_0)\) for \(B(x, \delta' r)\) in \(B(x, \delta' r + \delta r)\) and constants \(a_1 \in (0, 1)\), \(A_1, A_2 \in [0, \infty)\) depending on \(C_0, C_{10}, C_{11}\) such that

\[
\sup_{t \in I_{\sigma}^+} \int_{L^{p/2}} u^p \psi^2 d\tilde{\mu} + a_1 \int_{I_{\sigma}^-} \psi^2 d\Gamma(u^{p/2}, u^{p/2}) dt \leq \left( \left( A_1 (1 + C_2) \frac{1}{\Psi(\delta r)} + A_2 C_3 \right) + \frac{2}{\sigma \Psi(r)} \right) \int_{Q_{\sigma, \bar{\delta}}^-} u^p d\tilde{\mu}
\]

holds for any non-negative local very weak subsolution \(u\) of the heat equation for \(L_t\) in \(Q = Q^-(x, a, r)\) which satisfies \(\int_{I_{\sigma}^-} \int_{\delta \tilde{\mu}} u^p dt < \infty\).

Proof. We follow the line of reasoning in [19] Proof of Theorem 3.11. We pick \(k = 2(p - 1)\) and \(\epsilon = \frac{C_1}{p}\) for some sufficiently small \(c > 0\) that will be chosen later. By Lemma 2.7, we have for any \(s \in I^{-}\), any cutoff function \(\psi \in CSA(\Psi, \epsilon, C_0)\) for \(B(x, \delta' r)\) in \(B(x, \delta' r + \delta r)\), and any non-negative function \(f \in \mathcal{F} \cap C_c(X)\), \(f_n := f \wedge n\), that

\[
-E_{s}^{-}(f, f f_n^{p-2}) \leq \left( 16C_{10} \epsilon - \frac{1}{2C_{10}} \right) \int \psi^2 f_n^{p-2} d\Gamma(f, f) + \left( 4C_{10} \epsilon (p - 2)^2 - \frac{1}{C_{10}} (p - 2) \right) \int \psi^2 f_n^{p-2} d\Gamma(f_n, f_n)
\]
Combining the two estimates, we get

\[ t + 8C_10 \frac{C_0(\epsilon)}{\Psi(\delta r)} \int \psi f^2 f_n p^{-2} d\mu. \]

By Lemma 2.9 we have

\[ |\mathcal{E}^\text{skew}(f, f f_n p^{-2} \psi^2)| + |\mathcal{E}^\text{sym}(f^2 f_n p^{-2} \psi^2, 1)| \]

\[ \leq 4C_11 \epsilon^{1/2} \int f_n p^{-2} \psi^2 d\Gamma(f, f) \]
\[ + C_11 \epsilon^{1/2} \left( p(p-2) + \frac{p(p-2)}{4} \right) \int f_n p^{-2} \psi^2 d\Gamma(f_n, f_n) \]
\[ + 4(C_2 + C_3 \Psi(\delta r)) \frac{C_1(\epsilon)}{\Psi(\delta r)} \int f_n p^{-2} d\mu, \]

Combining the two estimates, we get

(24)

\[- \mathcal{E}_n(f, f f_n p^{-2} \psi^2) \]
\[ \leq \left( 16C_10 \epsilon - \frac{1}{2C_10} + 4C_11 \epsilon^{1/2} \right) \int \psi^2 f_n p^{-2} d\Gamma(f, f) \]
\[ + \left( 4C_10(p-2) - \frac{1}{C_10} (p-2) + C_11 \epsilon^{1/2} \left( (p-2)^2 + \frac{p(p-2)}{4} \right) \right) \int \psi^2 f_n p^{-2} d\Gamma(f_n, f_n) \]
\[ + \left[ 8C_10 + 4(C_2 + C_3 \Psi(\delta r)) \right] \frac{C_1(\epsilon)}{\Psi(\delta r)} \int f_n p^{-2} d\mu, \]

for any non-negative \( f \in \mathcal{F} \cap C_c(X) \). By the regularity of the reference form, Assumption 3 and [19] Lemma 2.12, we can, for any \( t \in I^- \), approximate the very weak subsolution \( u(t, \cdot) \) by functions in \( \mathcal{F} \cap C_c(X) \), so that (24) holds with \( u(t, \cdot) \) in place of \( f \). On each side of the inequality, we take the Steklov average at \( t \). Notice that, in fact, the right hand side does not depend on \( s \). Writing \( u \) for \( u(t, \cdot) \) and \( u_n \) for \( u_n(t, \cdot) \), we obtain

(25)

\[- \frac{1}{h} \int_t^{t+h} \mathcal{E}_n(u, uu_n p^{-2} \psi^2) ds \]
\[ \leq \left( 16C_10 \epsilon - \frac{1}{2C_10} + 4C_11 \epsilon^{1/2} \right) \int \psi^2 u_n p^{-2} d\Gamma(u, u) \]
\[ + \left( 4C_10(p-2) - \frac{1}{C_10} (p-2) + C_11 \epsilon^{1/2} \left( (p-2)^2 + \frac{p(p-2)}{4} \right) \right) \int \psi^2 u_n p^{-2} d\Gamma(u_n, u_n) \]
\[ + \left[ 8C_10 + 4(C_2 + C_3 \Psi(\delta r)) \right] \frac{C_1(\epsilon)}{\Psi(\delta r)} \int u^2 u_n p^{-2} d\mu. \]

This is the analog of Step 1 in [19] Proof of Theorem 3.11.

For a positive integer \( n \), let \( u_n := u \land n \), and define a function \( \mathcal{H}_n : \mathbb{R} \to \mathbb{R} \) by

\[ \mathcal{H}_n(v) := \begin{cases} 
\frac{1}{p} v^2 (v \land n)^{p-2}, & \text{if } v \leq n, \\
\frac{1}{p} v^2 (v \land n)^{p-2} + n^p \left( \frac{1}{p} - \frac{1}{2} \right), & \text{if } v > n.
\end{cases} \]

Then \( \mathcal{H}_n'(v) = v(v \land n)^{p-2} \). For a small real number \( h > 0 \), let

\[ u_h(t) := \frac{1}{h} \int_t^{t+h} u(s) ds, \quad t \in (a - \Psi(r), a - h), \]
be the Steklov average of \( u \). In this proof, the subscript of the Steklov average will always be denoted as \( h \), and \( u_h \) should not be confused with the bounded approximation \( u_n \).

We will write \( u_h(t, \cdot) \) for \( u_h(t) \). Note that \( u_h \in L^1((a - \Psi(r), a - h) \to \mathcal{F}) \), and \( \mathcal{H}_n(u(t, \cdot)), \mathcal{H}_n(u_h(t, \cdot)) \in \mathcal{F}_{loc} \) at almost every \( t \). The Steklov average \( u_h \) has a strong time-derivative

\[
\frac{\partial}{\partial t} u_h(t, x) = \frac{1}{h}(u(t + h, x) - u(t, x)).
\]

Let \( s_0 = a - \frac{1}{2} \psi \). Following [19, Proof of Theorem 3.11] line by line, we obtain that for a.e. \( t_0 \in I_{\sigma'} \), for \( h \) sufficiently small so that \( t_0 + h < a \), and for \( J := (s_0, t_0) \),

\[
\int_X \mathcal{H}_n(u_h(t_0, \cdot)) \psi^2 d\mu \leq -\int_J \int_X \frac{\partial u_h(t, \cdot)}{\partial t} \mathcal{H}'_n(u_h(t, \cdot)) \psi^2 \chi(t) d\mu dt + \int_J \int_X \mathcal{H}_n(u_h) \psi^2 \chi' d\mu dt \leq -\int_J \int_X \mathcal{E}_s(u(s, \cdot), \mathcal{H}'_n(u_h(t, \cdot)) \psi^2) \chi(t) dsdt + \int_J \int_X \mathcal{H}_n(u_h) \psi^2 \chi' d\mu dt \leq -\int_J \int_X \mathcal{E}_s(u(s, \cdot), [\mathcal{H}'_n(u_h(t, \cdot)) - \mathcal{H}'_n(u(t, \cdot))] \psi^2) ds \chi(t) dt + \int_J \int_X \mathcal{H}_n(u_h) \psi^2 \chi' d\mu dt.
\]

We will take the limit as \( h \to 0 \) on both sides of the inequality. As in Step 2 of [19, Proof of Theorem 3.11], it can be seen that \( 27 \) and \( 28 \) go to 0 as \( h \to 0 \). As in Step 3 of [19, Proof of Theorem 3.11], it can be seen that

\[
\lim_{h \to 0} \int_X \mathcal{H}_n(u_h(t_0, \cdot)) \psi^2 d\mu = \int_X \mathcal{H}_n(u(t_0, \cdot)) \psi^2 d\mu,
\]

and

\[
\lim_{h \to 0} \int_J \int_X \mathcal{H}_n(u_h) \psi^2 \chi' d\mu dt = \int_J \int_X \mathcal{H}_n(u) \psi^2 \chi' d\mu dt.
\]

We have already estimated the Steklov average in \( 26 \) in inequality \( 25 \). Thus, taking the limit as \( h \to 0 \) in \( 26 \times 30 \), we get

\[
\int_X \mathcal{H}_n(u(t_0, \cdot)) \psi^2 d\mu \leq \left( 16C_{10} \epsilon - \frac{1}{2}C_{10} + 4C_{11} \epsilon^{1/2} \right) \int_J \int \psi^2 u_n^p - 2 d\Gamma(u, u) \chi(t) dt - \left( 4C_{10} \epsilon(p - 2)^2 - \frac{1}{C_{10}}(p - 2)^2 + C_{11} \epsilon^{1/2} \left( (p - 2)^2 + p(p - 2) \right) \right) \int_J \int \psi^2 u_n^p - 2 d\Gamma(u_n, u_n) \chi(t) dt \leq \left[ 8C_{10} + 4(2 + C_3 \psi(\delta r)) \right] C_{11}(\epsilon) \Psi(\delta r) \int_J \int u_n^p - 2 d\mu \chi(t) dt.
\]
\[(31)\]
\[+ \int_J \int_X \mathcal{H}_n(u) \psi^2 \chi \, d\mu \, dt.\]

Finally, we take the supremum over all \(t_0 \in I_\sigma\) on both sides of the above inequality, and then we let \(n\) tend to infinity. This is where we use the assumption that \(\int_{I_\sigma} \int_{\delta B} u^p \, d\mu \, dt < \infty\). Multiplying both sides by \(p\) and setting \(\epsilon = \frac{c}{p^2}\) for some sufficiently small \(c > 0\) completes the proof.

**Lemma 4.5.** Let \(p \in (1 + \eta, 2]\) for some small \(\eta > 0\). Then there exists a cutoff function \(\psi \in \text{CSA}(\Psi, C_0)\) for \(B(x, \delta' r)\) in \(B(x, \delta' r + \delta r)\) and constants \(a_1 \in (0, 1), A_1, A_2 \in [0, \infty)\) depending on \(\eta, C_0, C_{10}, C_{11}\) such that

\[
\sup_{\epsilon \in I_\sigma} \int u^p \psi^2 \, d\mu + a_1 \int_{I_\sigma^-} \int \psi^2 \, d\Gamma(u^{p/2}, u^{p/2}) \, dt
\]

\[
\leq \left( \left( A_1 (1 + C_2) \frac{1}{\Psi(\delta r)} + A_2 C_3 \right) p^{\beta_2} + \frac{2}{\sigma \Psi(r)} \right) \int_{Q_{\sigma, s}} u^p \, d\bar{\mu}.
\]

holds for any locally bounded, non-negative local very weak subsolution \(u\) of the heat equation for \(L_t\) in \(Q = Q^{-}(x, a, r)\).

We omit the proof of Lemma 4.5 because it is analogous to the proofs of Lemma 4.4 and Lemma 4.6. See also [19, Proof of Lemma 3.12]. Let \(\epsilon \in (0, 1)\) and \(u_\epsilon := u + \epsilon\).

**Lemma 4.6.** Let \(0 \neq p \in (-\infty, 1 - \eta)\) for some \(\eta \in (0, 1/2)\). Then there exists a cutoff function \(\psi \in \text{CSA}(\Psi, C_0)\) for \(B(x, \delta' r)\) in \(B(x, \delta' r + \delta r)\) such that the following holds for any locally bounded, non-negative local very weak supersolution \(u\) of the heat equation for \(L_t\) in \(Q\).

(i) Let \(Q = Q^{-}(x, a, r)\). If \(p < 0\), then there are \(a_1 \in (0, 1)\) and \(A_1, A_2 \in [0, \infty)\) depending on \(\eta, C_0, C_{10}, C_{11}\) such that

\[
\sup_{\epsilon \in I_\sigma} \int u^p \psi^2 \, d\mu + a_1 \int_{I_\sigma^-} \int \psi^2 \, d\Gamma(u^{p/2}, u^{p/2}) \, dt
\]

\[
\leq \left( \left( A_1 (1 + C_2) \frac{1}{\Psi(\delta r)} + A_2 C_3 \right) |p|(1 + |p|^{\beta_2 - 1}) + \frac{2}{\sigma \Psi(r)} \right) \int_{Q_{\sigma, s}} u^p \, d\bar{\mu}.
\]

(ii) Let \(Q = Q^{+}(x, a, r)\). If \(p \in (0, 1 - \eta)\), then there are \(a_1 \in (0, 1)\) and \(A_1, A_2 \in [0, \infty)\) depending on \(\eta, C_0, C_{10}, C_{11}\) such that

\[
\sup_{\epsilon \in I_\sigma} \int u^p \psi^2 \, d\mu + a_1 \int_{I_\sigma^+} \int \psi^2 \, d\Gamma(u^{p/2}, u^{p/2}) \, dt
\]

\[
\leq \left( \left( A_1 (1 + C_2) \frac{1}{\Psi(\delta r)} + A_2 C_3 \right) p(1 + p^{\beta_2 - 1}) + \frac{2}{\sigma \Psi(r)} \right) \int_{Q_{\sigma, s}} u^p \, d\bar{\mu}.
\]

**Proof.** First, consider the case \(p \in (-\infty, 0)\). Let \(\epsilon \in (0, 1)\) be small (to be chosen later). Let \(\psi \in \text{CSA}(\Psi, \epsilon, C_0)\) a cutoff function for \(B(x, \delta' r)\) in \(B(x, \delta' r + \delta r)\). By Lemma 2.8 we have for small \(\epsilon > 0\) and for large \(k \sim (1 - p)\), that

\[E'_k(u_\epsilon, u_\epsilon^{p-1} \psi^2)\]
Theorem 4.7. Suppose

\[ \psi \in C_0(\mathbb{R}^n) \]

Define

\[ E_{\psi} = \int_{-\infty}^{0} \int \psi^2 u_{x,\varepsilon}^{-2} d\Gamma(u_x, u_z) + \frac{8C_{10}}{\eta} C_0(\epsilon) \int \psi u_{x,\varepsilon}^2 d\mu. \]

By (135) and Assumption (1) we have for \( C = 1 + \frac{12 - p}{p} \),

\[ |E_{\psi}^{\text{sym}}(u_{\varepsilon}^p, 1) - E_{\psi}^{\text{skew}}(u_{\varepsilon}^p, 1)| \leq CC_{11}^{1/2} p^2 \int \psi^2 \sigma^{-2} d\Gamma(u_x, u_z) + C_2 \Psi(\delta r) \int \frac{C_1(\epsilon)}{\Psi(\delta r)} \int \sigma \psi u_{x,\varepsilon}^2 d\mu. \]

By Lemma (2.10) we have

\[ |E_{\psi}^{\text{sym}}(u_{\varepsilon}^p, 1)| \leq CC_{11}^{1/2} p^2 \int \psi^2 \sigma^{-2} d\Gamma(u_x, u_z) + C_2 \Psi(\delta r) \int \frac{C_1(\epsilon)}{\Psi(\delta r)} \int \sigma^2 \psi u_{x,\varepsilon}^2 d\mu. \]

If \( p < (1 - \eta) \), then we choose \( \epsilon = C\eta p \) for a sufficiently small constant \( c > 0 \). Otherwise, we let \( \epsilon = C\eta^p \). Then the proof for the case \( p \in (-\infty, 0) \) can be completed similarly to the proof of Lemma (4.4) and see also (19) Lemma 3.13.

For the case \( p \in (0, 1 - \eta) \), let \( \chi \) be such that \( 0 \leq \chi \leq 1 \), \( \chi = 0 \) in \( (a + \sigma \Psi(r), \infty) \), \( \chi = 1 \) in \( (-\infty, a + \sigma \Psi(r)) \), and

\[ 0 \geq \chi' \geq -\frac{2}{\sigma \Psi(r)}. \]

The proof of (35) can be now completed similarly to the case \( p \in (-\infty, 0) \), we skip the details.

It is clear from the proofs that in the above lemmas the cutoff functions \( \psi \) can be chosen to be in \( \text{CSA}(\Psi, c(p^{-2} \wedge 1), C_0) \) for a small enough constant \( c = o(\eta) > 0 \).

4.4. Mean value estimates. In addition to the assumptions made in Section 4.3 we assume here that the reference form \( \langle \xi^*, F \rangle \) satisfies the localized Sobolev inequality \( \text{SI}(\Psi) \) on \( Y \) up to scale \( \delta_0 \). Let \( a_1 \) be small enough and \( A_1, A_2 \) large enough so that the estimates of Section 4.3 hold with these constants. Set \( A_1 := A_1(1 + C_0)/a_1 \) and \( A_2 := A_2 C_3/a_1 \). Define \( \delta B, I^- \), \( I^+ \), \( I^* \), \( Q_{x,\delta}^-, Q_{x,\delta}^+, Q_{x,\delta}^+_0 \) as in Section 4.3. In addition, assume that \( 2B \subset Y \).

**Theorem 4.7.** Suppose Assumptions (0) and (1) A2-Y, VD, CSA(\( \Psi \)) and SI(\( \Psi \)) are satisfied on \( Y \) up to scale \( \delta_0 \). Let \( p > 1 + \eta \) for some \( \eta > 0 \). Fix a ball \( B = B(x, r) \), \( 0 < r \leq \frac{\delta_0}{\sqrt{2}} \), with \( B(x, 4r) \subset B(x, 8r) \subset Y \). Then there exists a constant \( A \), depending only on \( \eta, \delta_1, \beta_2, C_0, C_{11} \), such that, for any \( a \in \mathbb{R} \), any \( 0 < \sigma' < \sigma \leq 1 \), \( 0 < \delta < \delta \\leq 1 \), and any non-negative local very weak subsolution \( u \) of the heat equation for \( L_n \) in \( Q = Q^{-}(x, a, r) \), we have

\[
\sup_{Q_{x,\delta}^+} \{ u^p \} \leq \left[ (A_1 + A_2 \Psi((\delta - \delta')r))(\delta - \delta')^{-\beta_2} p^{\beta_2} + (\sigma - \sigma')^{-1} \right]^{\frac{2}{p-1}}
\]

\[
\int_{Q_{x,\delta}^+} \frac{A}{\Psi(r) \mu(B)} u^p d\mu.
\]

**Proof.** First, consider the case \( p \geq 2 \). For a ball \( B_R = B(x, R) \), let \( E(B_R) = C_{11}(\Psi(R)) V(x, R)^{-1 + \frac{\eta}{p}} \) be the prefactor in the Sobolev inequality (135). Consider \( 0 \leq v \in F_{\text{loc}}(B) \) and let \( v_n = v \wedge n \). By Lemma (2.22) we have \( v_n \in F_{\text{loc}}(B) \) for all \( n \geq 1 \).

Let \( 0 < \delta_1 < \delta_0 \leq 1 \) and \( \delta_0 := \delta_0 - \delta_1 \). Let \( \psi \in \text{CSA}(\Psi, \epsilon, C_0) \) be the cutoff function for \( B(x, \delta_1 r) \) in \( B(x, \delta_1 r + \delta_0 r) \) provided by Lemma (4.4). We now apply the Hölder inequality,
the Sobolev inequality on $B_{\delta 0 r}$ with $f = \psi v_n$, (4) and CSA($\Psi$, $\epsilon$, $C_0$). We get

$$\int_{B(x, \delta_1 r)} v_n^{2(2 - \frac{1}{\kappa})} d\mu \leq \left( \int_{B(x, \delta_1 r)} v_n^{2\kappa} d\mu \right)^{1/\kappa} \left( \int_{B(x, \delta_1 r)} v_n^2 d\mu \right)^{1 - \frac{1}{\kappa}}$$

$$\leq E(B(x, \delta_0 r)) \left( \int_{B(x, \delta_0 r)} d\Gamma(\psi v_n, \psi v_n) \right) \left( \int_{B(x, \delta_1 r)} v_n^2 d\mu \right)^{1 - \frac{1}{\kappa}}$$

Letting $n \to \infty$, we obtain

$$\int_{B(x, \delta_1 r)} v_n^{2(2 - \frac{1}{\kappa})} d\mu \leq 2E(B(x, \delta_0 r)) \left( 1 + \epsilon \right) \int_{B(x, \delta_0 r)} \psi^2 d\Gamma(v_n, v_n) + \frac{C_0(\epsilon)}{\Psi(\delta_0 r)} \int_{B(x, \delta_0 r)} v_n^2 d\mu \left( \int_{B(x, \delta_1 r)} v_n^2 d\mu \right)^{1 - \frac{1}{\kappa}}$$

(36)

Now let $u \in L^2_{\text{loc}}(I \to F; B)$ be a non-negative local very weak subsolution of the heat equation in $Q$. Then for almost every $t \in I$, $v := u(t, \cdot)$ is in $F_{\text{loc}}(B)$ and satisfies (36). Let $0 < \sigma_1 < \sigma_0 \leq 1$ and integrate (36) over $I_{\sigma_1}$. Applying then the Hölder inequality to the time integral yields

$$\int_{I_{\sigma_1}} \int_{\delta_1 B} u^{2\theta} d\mu dt \leq 2E(\delta_0 B) \left( 1 + \epsilon \right) \int_{I_{\sigma_1}} \int_{\delta_0 B} \psi^2 d\Gamma(u, u) dt + \frac{C_0(\epsilon)}{\Psi(\delta_0 r)} \int_{I_{\sigma_1}} \int_{\delta_0 B} u^2 d\mu dt$$

(37)

$$\sup_{t \in I_{\sigma_1}} \left( \int_{\delta_1 B} \psi^2 u^2 d\mu \right)^{1 - \frac{1}{\theta}}$$

where $\theta = 2 - \frac{1}{\kappa}$. Note that the right hand side of (37) is finite by Lemma 4.4 (applied with $p = 2$). Hence the left hand side is finite and this means that $u^\theta$ is in $L^2(I_{\sigma_1} \times \delta_1 B)$, which is the prerequisite to apply Lemma 4.4 with $p = 2\theta$ in the next step.
Let $0 < \sigma_2 < \sigma_1$ and $0 < \delta_2 < \delta_1$. Applying Lemma 4.4 with $p = 2\theta$, we obtain that there exists a cutoff function in CSA($\Psi, C_0$) for $B(x, \delta_2 r + (\delta_1 - \delta_2)r)$ in $\delta_1 B$ with which we can repeat the argument above to obtain that $u^{\theta_0} \in L^2(I_{\sigma_2} \times \delta_2 B)$. Iteratively, we obtain that, for any strictly decreasing sequences $(\sigma_i)$, $0 < \sigma_{i+1} < \sigma_i \leq 1$, and $(\delta_i)$, $0 < \delta_{i+1} < \delta_i \leq 1$, we have $\int_{Q_{r_{i+1}, \delta_{i+1}}} u^{2\theta_0} d\mu dt < \infty$. Therefore, for $p$ as in Theorem 4.7.

\begin{equation}
\int_{Q_{r, \delta}} u^{p\theta} d\mu dt < \infty, \quad \text{for arbitrary } \sigma, \delta \in (0, 1), \text{ and } q \geq 1.
\end{equation}

Now we pick specific sequences $(\sigma_i)$, $(\delta_i)$ and $(q_i)$ with the aim of applying (37), Lemma 4.4 and CSA($\Psi$) iteratively. Let $\sigma', \sigma', \delta$ be as in the Theorem. Set $\sigma_i = (\sigma - \sigma')2^{i-1}$ so that $\sum_{i=0}^{\infty} \sigma_i = \sigma - \sigma'$. Set also $\sigma_0 = \sigma_i, \sigma_{i+1} = \sigma_i - \sigma_i = \sigma - \sum_{j=0}^{i} \sigma_j$. Set $\delta_i = (\delta - \delta')2^{i-1}$ so that $\sum_{i=0}^{\infty} \delta_i = \delta - \delta'$. Set also $\delta_0 = \delta_i, \delta_{i+1} = \delta_i - \delta_i = \delta - \sum_{j=0}^{i} \delta_j$.

By Lemma 4.2 and (3),

\begin{equation}
\frac{\left( \frac{\mu(\mathcal{B})}{\mu(\delta_i, B)} \right)^{1-\frac{1}{\delta}}}{1-\frac{1}{\delta}} \leq C \frac{\Psi(r)}{\Psi(\delta_i, r)}.
\end{equation}

Let $\psi_i \in CSA(\Psi, \epsilon, C_0)$ be the cutoff function for $B(x, \delta_{i+1} r)$ in $B(x, \delta_{i+1} r + \delta_i r)$ that is given by Lemma 4.4. Here, $\epsilon = c(p\theta_i)^{-2}$ for some small fixed constant $c > 0$ that depends at most on $\sigma_{10}$ and $\sigma_{11}$.

Similar to how we obtained (37) but with $u^{p\theta_i/2}$ in place of $u$, we get

\[
\int \int_{Q_{r_{i+1}, \delta_{i+1}}} u^{p\theta_i} d\mu 
\leq 2E(\delta_i B) \left( 1 + \epsilon \right) \int_{I_{r_{i+1}}} \int_{\hat{\delta}_i B} \psi_i^2 d\Gamma(u^{p\theta_i/2}, u^{p\theta_i/2}) dt \int_{I_{r_{i+1}}} \int_{\hat{\delta}_i B} u^{p\theta_i} d\mu dt.
\]

By Lemma 4.4, together with (38), and by (39), the right hand side is no more than

\begin{align*}
&\frac{C \Psi(\delta_i, r)}{\mu(\delta_i, B)^{1-\frac{1}{\delta}}} \left[ \left( \left( \frac{A_1}{\Psi(\delta_i, r)} + A_2 \right) (p\theta_i)^{\beta_2} + \frac{2}{\sigma_i} \Psi(r) \right) + \frac{C_0(\epsilon)}{\Psi(\delta_i, r)} \right] \\
&\int \int_{Q_{r_{i+1}, \delta_{i+1}}} u^{p\theta_i} d\mu dt \\
&\leq \frac{C}{\Psi(r) \mu(\mathcal{B})^{1-\frac{1}{\delta}}} \left[ \left( \left( A_1' + A_2' \Psi(\hat{\delta}_i, r) \right) \Psi(r) \right) (p\theta_i)^{\beta_2} + \frac{2}{\sigma_i} \right] + \frac{C_0(\epsilon) \Psi(r)}{\Psi(\hat{\delta}_i, r)} \\
&\int \int_{Q_{r_{i+1}, \delta_{i+1}}} u^{p\theta_i} d\mu dt \\
&\leq \frac{1}{\Psi(r) \mu(\mathcal{B})^{1-\frac{1}{\delta}}} \left( C_i + \left( A_1' + A_2' \Psi(\hat{\delta}_i, r) \right) \sigma_{i+1} \Psi(r) \right) (p\theta_i)^{\beta_2} + \frac{2}{\sigma_i} \int \int_{Q_{r_{i+1}, \delta_{i+1}}} u^{p\theta_i} d\mu dt.
\end{align*}
where the constant $C \in (0, \infty)$ (which may change from line to line) depends at most on $\theta$, $\beta_1$, $\beta_2$, $\kappa$, $C_\Phi$, $C_{S1}$, $C_{VD}$, $C_0$, $C_{10}$, $C_{11}$. Hence,

$$\left( \int \int_{Q_{a,i+1}^+, A_i+1} u^\theta d\bar{\mu} \right)^{\theta^{-1}} \leq \left( \frac{1}{(\Psi(r) \mu(B))^{1-\frac{4}{p}}} \right)^{\frac{\theta-1}{\theta}} C^{\sum (j+1) \theta^{-j}} \left[ (A_1' + A_2' \Psi(\delta r)) (\delta^{-\beta_2} p^\beta_2 + (\sigma - \sigma')^{-1}) \right]^{\frac{2\kappa+1}{2\kappa-1}} \frac{A}{\Psi(r) \mu(B)} \int_{Q_{a,i}^+, A_i} u^p d\bar{\mu},$$

where all the summations are taken from $j = 0$ to $j = i$. Letting $i$ tend to infinity, we obtain

$$\sup_{Q_{a,i}^+, A_i} \{ u^p \} \leq \left[ (A_1' + A_2' \Psi(\delta r)) (\delta^{-\beta_2} p^\beta_2 + (\sigma - \sigma')^{-1}) \right]^{\frac{2\kappa+1}{2\kappa-1}} \frac{A}{\Psi(r) \mu(B)} \int_{Q_{a,i}^+, A_i} u^p d\bar{\mu}.$$

This yields (35).

At this stage of the proof, Corollary 4.8 already follows. Thus, in the case $1 + \eta < p < 2$ the assertion can be proved similarly, by using Lemma 4.3 and Corollary 4.5.

**Corollary 4.8.** Under the same hypotheses as Theorem 4.7. Then any non-negative local very weak subsolution $u$ for $L_t$ in $Q$ is locally bounded. In particular, any local very weak solution of $u$ for $L_t$ in $Q$ is locally bounded.

**Proof.** The first statement follows from the proof of Theorem 4.7. By [19, Proposition 3.4], for any local very weak solution $u$ of the heat equation, $|u|$ is a non-negative local very weak subsolution.

**Theorem 4.9.** Suppose Assumptions A and A2-Y, VD, CSA($\Psi$) and SI($\Psi$) are satisfied on $Y$ up to scale $R_0$. Let $0 < p < 2$. Fix a ball $B = B(x, r)$, $0 < r \leq \frac{4r}{d}$, with $B(x, 4r) \subseteq B(x, 8r) \subseteq Y$. Then there exists a constant $A$, depending only on $C_\Phi$, $\beta_1$, $\beta_2$, $\kappa$, $C_{S1}$, $C_{VD}$, $C_0$, $C_{10}$, $C_{11}$, such that, for any $a \in \mathbb{R}$, any $0 < \sigma' < \sigma \leq 1$, $0 < \delta' < \delta \leq 1$, and any non-negative local very weak subsolution $u$ of the heat equation for $L_t$ in $Q = Q^{-}(x, a, r)$, we have

$$\sup_{Q_{a,i}^+, A_i} \{ u^p \} \leq \left( \frac{4}{3} \right)^{\beta_2 \frac{2\kappa-1}{2\kappa-1}} \left[ (A_1' + A_2' \Psi((\delta - \delta')r)) (\delta - \delta')^{-\beta_2} p^\beta_2 + (\sigma - \sigma')^{-1} \right]^{\frac{2\kappa+1}{2\kappa-1}} \frac{A}{\Psi(r) \mu(B)} \int_{Q_{a,i}^+, A_i} u^p d\bar{\mu}.$$

**Proof.** We follow [28, Theorem 2.2.3, Theorem 5.2.9]. Let $D_1 := 2^{\beta_2}(A_1' + A_2' \Psi((\delta - \delta')r))$. By (35) with $p = 2$, we have for any $0 < \sigma' < \sigma \leq 1$, $0 < \delta' < \delta \leq 1$,

$$\sup_{Q_{a,i}^+, A_i} u \leq \left[ D_1 (\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1} \right]^{\frac{2\kappa+1}{2\kappa-1}} \left( \frac{A}{\Psi(r) \mu(B)} \right)^{1/2} \left( \int_{Q_{a,i}^+, A_i} u^2 d\bar{\mu} \right)^{1/2} \leq \left[ D_1 (\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1} \right]^{\frac{2\kappa+1}{2\kappa-1}} J \sup_{Q_{a,i}^+, A_i} u^{\frac{2\kappa}{2\kappa-1}},$$

where $J := \left( \frac{A}{\Psi(r) \mu(B)} \right)^{1/2} \left( \int_{Q_{a,i}^+, A_i} u^p d\bar{\mu} \right)^{1/2}$. 


Set $\delta_0 := \delta'$, $\delta_{i+1} := \delta_i + (\delta - \delta_i)/4$. Then $(\delta - \delta_i) = (\frac{4}{3})^i (\delta - \delta')$. Similarly, we set $\sigma_0 := \sigma'$, $\sigma_{i+1} := \sigma_i + (\sigma - \sigma_i)/4$. Applying the above inequality for each $i$ yields

$$\sup_{Q_{\sigma_i,\delta_i}} u \leq \left(\frac{4}{3}\right)^{i} \frac{2^{\frac{2n-1}{p-1}}}{\delta_i^{n-1}} \left[D_1(\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1}\right]^{\frac{2n-1}{p-1}} \frac{1}{J} \sup_{Q_{\sigma_{i+1},\delta_{i+1}}} u^{2/p},$$

Iterating this inequality, we get for $i = 1, 2, \ldots$,

$$\sup_{Q_{\sigma',\delta'}} u \leq \left(\frac{4}{3}\right)^{i} \frac{2^{\frac{2n-1}{p-1}}}{\delta_i^{n-1}} \left[D_1(\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1}\right]^{\frac{2n-1}{p-1}} \frac{1}{J} \sup_{Q_{\sigma_i,\delta_i}} u^{(1-p/2)i},$$

Letting $i \to \infty$, and noting that $\lim_{i \to \infty} \sup_{Q_{\sigma_i,\delta_i}} u^{(1-p/2)i} = 1$, we get

$$\sup_{Q_{\sigma',\delta'}} u \leq \left(\frac{4}{3}\right)^{C/4} \frac{2^{\frac{2n-1}{p-1}}}{\delta_i^{n-1}} \left[D_1(\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1}\right]^{\frac{2n-1}{p-1}} \frac{1}{J} \sup_{Q_{\sigma_i,\delta_i}} u^{(1-p/2)i}.$$ \hfill \Box

Raising each side to power $p$ we get the desired inequality.

The next theorem can be proved analogously to the proof of Theorem 4.7 by applying Lemma 4.6 instead of Lemma 4.3.

**Theorem 4.10.** Suppose Assumptions 0 and 1, A2-Y, VD, CSA($\Psi$) and SI($\Psi$) are satisfied on $Y$ up to scale $R_0$. Let $0 \neq p \in (-\infty, 1 - \eta)$ for some small $\eta \in (0, 1)$. Fix a ball $B = B(x, r)$, $0 < r \leq \frac{R_0}{2}$, with $B(x, 4r) \subseteq B(x, 8r) \subset Y$. Let $a \in \mathbb{R}$. Let $u \in \mathcal{F}_{\text{loc}}(Q)$ be any non-negative local very weak supersolution of the heat equation for $L_1$ in $Q$. Suppose that $u$ is locally bounded. Let $\varepsilon \in (0, 1)$ and $u_{\varepsilon} := u + \varepsilon$. Let $0 < \sigma' < \sigma \leq 1$, $0 < \delta' < \delta \leq 1$.

(i) Let $Q = Q^-(x, a, r)$. If $p \in (-\infty, 0)$, then there exists a constant $A$, depending only on $\beta_1, \beta_2, \Psi, \kappa, C_{\text{SI}}, C_{\text{VD}}, C_0, C_{10}, C_{11}$, such that

$$\sup_{Q_{\sigma',\delta'}} \{u^p\} \leq \left[\left(A_1 + A_2\Psi((\delta - \delta')r)\right)(\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1}\right]^{\frac{2n-1}{p-1}} \frac{A}{\Psi(r)\mu(B)} \int_{Q_{\sigma,\delta}} \mu^p d\mu.$$

(ii) Let $Q = Q^+(x, a, r)$. If $p \in (0, 1 - \eta)$, then there exists a constant $A$, depending only on $\eta, \beta_1, \beta_2, \Psi, \kappa, C_{\text{SI}}, C_{\text{VD}}, C_0, C_{10}, C_{11}$, such that

$$\sup_{Q_{\sigma',\delta'}} \{u^p\} \leq \left[\left(A_1 + A_2\Psi((\delta - \delta')r)\right)(\delta - \delta')^{-\beta_2} + (\sigma - \sigma')^{-1}\right]^{\frac{2n-1}{p-1}} \frac{A}{\Psi(r)\mu(B)} \int_{Q_{\sigma,\delta}} \mu^p d\mu.$$

**5. Parabolic Harnack Inequality**

**5.1. The log lemma and an abstract lemma.** Let $(\mathcal{E}_t, \mathcal{F}_t)$, $t \in \mathbb{R}$, be as in Section 4.1. In this section, we suppose that Assumptions 0 - 3 are satisfied.

Let $a_1$ be small and $A_1, A_2$ large enough so that the estimates of Section 4.3 hold with these constants. Recall that for $\varepsilon \in (0, 1)$, $u_{\varepsilon} := u + \varepsilon.$
Lemma 5.1. Suppose that Assumptions [I] - [III] are satisfied. Let \(0 < \sigma < 1\), \(0 < \delta < 1\) and \(\delta := 1 - \delta\). There exists a constant \(C \in (0, \infty)\) such that, for any \(a \in \mathbb{R}\), \(0 < r \leq R_0\), \(B = B(x, r) \subset Y\), and any non-negative, locally bounded function \(u \in C_{loc}(I \to L^2(B))\) which is a local very weak supersolution of the heat equation for \(L_t\) in \(Q\), there exists a constant \(c \in (0, \infty)\) depending on \(u(a, \cdot)\), such that

\[
\begin{align*}
(\text{i}) & \quad \mu\{(t, z) \in K_+ : \log u_z < -\lambda - c\} \leq C\Psi(r)\mu(B)\lambda^{-1}, \quad \forall \lambda > 0, \\
& \quad \text{where } Q = Q^+(x, a, r), \ K_+ = (a, a + \sigma\Psi(r)) \times \delta B, \text{ and } \\
(\text{ii}) & \quad \mu\{(t, z) \in K_- : \log u_z > \lambda - c\} \leq C\Psi(r)\mu(B)\lambda^{-1}, \quad \forall \lambda > 0, \\
& \quad \text{where } Q = Q^{-}(x, a, r), \ K_- = (a - \sigma\Psi(r), a) \times \delta B.
\end{align*}
\]

The constant \(C\) depends on \(C_{VD}, C_{v1}, C_{\Psi}, \beta_1, \beta_2, C_0, C_{10}, C_{11}\), and upper bounds on \((1 + C_2 + C_4) + (C_3 + C_5)\Psi(\delta r), \frac{1}{3}\) and \(\frac{1}{4}\).

Proof. For \(h > 0\), let
\[
\begin{align*}
\bar{u}_{\varepsilon,h}(t) := \frac{1}{h} \int_t^{t+h} u_{\varepsilon}(\tau)d\tau
\end{align*}
\]
be the Steklov average of \(u_{\varepsilon}\). Let \(\varepsilon \in (0, 1)\) (to be chosen later), and let \(\psi \in \mathrm{CSA}(\Psi, \varepsilon, C_0)\) be the cutoff function for \(B(x, \delta r)\) in \(B(x, r')\) given by Theorem [3] for some \(r' \in (\delta r, r)\).

Using the fact that the Steklov average has a strong time-derivative and the assumption that \(u\) is local very weak supersolution, we obtain

\[
\begin{align*}
-\frac{d}{dt} & \int \log u_{\varepsilon,h}(t)\psi^2d\mu \\
& = -\frac{1}{h} \int_t^{t+h} [u(t + h) - u(t)] - \frac{1}{u_{\varepsilon,h}(t)}\psi^2d\mu \\
& \leq \frac{1}{h} \int_t^{t+h} \mathcal{E}_s\left(u(s), \frac{1}{u_{\varepsilon,h}(t)}\psi^2\right)ds \\
& = \frac{1}{h} \int_t^{t+h} \mathcal{E}_s\left(u(s), \frac{1}{u_{\varepsilon,h}(t)}\psi^2 - \frac{1}{u_{\varepsilon}(t)}\psi^2\right)ds \\
& \quad + \frac{1}{h} \int_t^{t+h} \mathcal{E}_s\left(u(s) - u(t), \frac{1}{u_{\varepsilon}(t)}\psi^2\right)ds \\
& \quad + \frac{1}{h} \int_t^{t+h} \mathcal{E}_s\left(u_{\varepsilon}(t), \frac{1}{u_{\varepsilon}(t)}\psi^2\right) - \mathcal{E}_s\left(\varepsilon, \frac{1}{u_{\varepsilon}(t)}\psi^2\right)ds \\
& = f_{h}(t) + \hat{f}_{h}(t) + g_{h}(t).
\end{align*}
\]

It can be shown that \(f_{h}(t)\) and \(\hat{f}_{h}(t)\) tend to 0 in \(L^1((a, a + \sigma\Psi(r)) \to \mathbb{R})\) as \(h \to 0\). Next, we will estimate \(g_{h}(t)\). We write \(u_{\varepsilon} = u_{\varepsilon}(t)\). Applying [3], [2], [III] and CSA(\(\Psi, \varepsilon, C_0\)), we have for any \(k_0 > 0\) that

\[
\begin{align*}
\mathcal{E}_s^{n}(u_{\varepsilon}, u_{\varepsilon}^{-1}\psi^2) & = \int 2\psi d\Gamma_s(\log(u_{\varepsilon}), \psi) - \int \psi^2 d\Gamma_s(\log(u_{\varepsilon}), \log(u_{\varepsilon})) \\
& \leq 4k_0 \int d\Gamma(\psi, \psi) - \left(\frac{1}{C_{10}} - \frac{C_{10}}{k_0}\right) \int \psi^2 d\Gamma(\log(u_{\varepsilon}), \log(u_{\varepsilon})) \\
& \leq - \left(\frac{1}{C_{10}} - \frac{C_{10}}{k_0}\right) \int \psi^2 d\Gamma(\log(u_{\varepsilon}), \log(u_{\varepsilon})) + \frac{4k_0 C_{10} C_0(\varepsilon)}{\Psi(\delta r)} \int_B d\mu.
\end{align*}
\]
By Assumption 1 and Assumption 2 we have
\[ E_{x}^{skew}(u_{x}, u_{x}^{-1}\phi^{2}) + E_{x}^{sym}(\phi^{2}, 1) \leq C_{11}e^{1/2} \int \phi^{2}d\Gamma(\log(u_{x}), \log(u_{x})) + \left( C_{2} + C_{4} + (C_{3} + C_{5})\Psi(\delta r) \right) \frac{C_{1}(\epsilon)}{\Psi(\delta r)} \int_{B} d\mu. \]

By Lemma 2.10,
\[ -E_{x}(\phi, u_{x}^{-1}\phi^{2}) \leq C_{11}e^{1/2} \frac{1}{4} \int \phi^{2}d\Gamma(\log(u_{x}), \log(u_{x})) + \left( C_{2} + C_{3}\Psi(\delta r) \right) \frac{C_{1}(\epsilon)}{\Psi(\delta r)} \int_{B} d\mu. \]

Hence, making a suitable choice of \( k_{0} \) (large) and \( \epsilon \) (small), we find that for sufficiently large \( k > 1 \) depending on \( C_{0}, C_{10}, C_{11} \) and an upper bound for \((1 + C_{2} + C_{4} + (C_{3} + C_{5})\Psi(\delta r))\), we have
\[ -\frac{d}{dt} \int \log u_{x, t} \phi^{2} d\mu + \frac{1}{k} \int \phi^{2}d\Gamma(\log(u_{x}), \log(u_{x})) \leq f_{H}(t) + \hat{f}_{H}(t) + \left( 1 + C_{2} + C_{4} + (C_{3} + C_{5})\Psi(\delta r) \right) k \frac{k}{\Psi(\delta r)} \mu(B). \]

Let
\[ W(t) := -\frac{\int \log u_{x, t} \phi^{2} d\mu}{\int \phi^{2} d\mu} \quad \text{and} \quad W_{H}(t) := -\frac{\int \log u_{x, t} \phi^{2} d\mu}{\int \phi^{2} d\mu}. \]

By the weighted Poincaré inequality of Theorem 3.4 there is a constant \( C_{w, PI} \in (0, 1) \) such that, for a.e. \( t \in I \),
\[ \int | - \log u_{x}(t) - W(t) |^{2} \phi^{2} d\mu \leq C_{w, PI} \Psi(r) \int \phi^{2}d\Gamma(\log(u_{x}(t), \log(u_{x})). \]

The constant \( C_{w, PI} \) depends only on \( C_{P, I} \) and an upper bound on \( \frac{\mu(B)}{\mu(\delta B)}. \)

This and (40) yield
\[ \frac{d}{dt} \int_{S} F_{H}(t) + \frac{1}{C\Psi(r)\mu(B)} \int_{S} | - \log u_{x}(t) - W(t) |^{2} \phi^{2} d\mu \leq C' f_{H}(t) + \hat{f}_{H}(t) \int \phi^{2} d\mu + C' \left( 1 + C_{2} + C_{4} + (C_{3} + C_{5})\Psi(\delta r) \right) \frac{k}{\Psi(\delta r)}, \]

for some constants \( C, C' \in (0, \infty) \) that depend only on \( k, C_{V, D} C_{P, I}, C_{0} \) and an upper bound on \( \frac{1}{\delta} \). Notice that by (39), \( \frac{1}{\Psi(\delta r)} \leq \frac{C''}{\Psi(r)} \) for some constant \( C'' \) depending only on \( C_{Q}, \beta_{2}, \) and on an upper bound on \( \frac{1}{\delta} \).

Now the proof can be completed easily by following [19] Lemma 4.12 line by line, except for replacing \( r^{2} \) by \( \Psi(r) \) and applying (39) where needed. \( \square \)

Let \( U_{\delta} \) be a collection of measurable subsets of \( X \) such that \( U_{\delta'} \subset U_{\delta} \) for any \( 0 < \delta' < \delta \leq 1 \). Let \( J_{\delta} \) be a collection of intervals in \( \mathbb{R} \) such that \( J_{\delta'} \subset J_{\delta} \) for any \( 0 < \delta' < \sigma \leq 1 \).

**Lemma 5.2.** Fix \( \sigma^{*}, \delta^{*} \in (0, 1) \). Let \( f \) be a positive measurable function on \( J_{1} \times U_{1} \) which satisfies
\[ \sup_{J_{\delta} \times U_{\delta'}} f \leq \left( \frac{C}{(\delta - \delta')^{\gamma_{1}}} + \frac{C}{(\sigma - \sigma')^{\gamma_{2}}} \right) \frac{1}{|J_{1}|\mu(U_{1})} \int_{J_{\delta}} \int_{U_{\delta}} f^{p} d\mu dt \]
for all $\sigma^* \leq \sigma' < \sigma < 1$, $\delta^* \leq \delta' < \delta < 1$, $p \in (0, 1 - \eta)$, for some $\gamma_1, \gamma_2 \geq 0$, $\eta \in (0, 1)$, $C \in (0, \infty)$. Suppose further that

$$\bar{\mu}(\{\log f > \lambda\}) \leq C \frac{|J_1| \mu(U_1)}{\lambda}, \quad \forall \lambda > 0. \tag{41}$$

Then there is a constant $A_3 \in [1, \infty)$, depending only on $\sigma^*, \delta^*, \gamma_1, \gamma_2, C$ and a positive lower bound on $\eta$, such that

$$\sup_{J_{\sigma^*} \times U_{\delta^*}} f \leq A_3.$$

Proof. We follow \[25, Proof of Lemma 3\] (see also \[6, Proof of Theorem 4\], \[28, Lemma 2.2.6\]). Without loss of generality, assume for the proof that $|J_1| \mu(U_1) = 1$. Define

$$\phi = \phi(\sigma, \delta) := \sup_{J_\sigma \times U_\delta} \mu.$$

Decomposing $J_{\sigma} \times U_\delta$ into the sets where $\log f > \frac{1}{2} \log(\phi)$ and where $\log f \leq \frac{1}{2} \log(\phi)$, we get from (41) that

$$\int_{J_\sigma} \int_{U_\delta} f^p d\mu dt \leq \left( \sup_{J_\sigma \times U_\delta} f^p \right) \mu \left( \log f > \frac{1}{2} \log \phi \right) + \phi^2 |J_\sigma| \mu(U_\delta) \leq \phi^p \frac{2C}{\log \phi} + \phi^2.$$

The two terms on the right hand side are equal if

$$p = \frac{2}{\log \phi} \log \left( \frac{\log \phi}{2C} \right).$$

We have $p < 1 - \eta$ if $\phi$ is sufficiently large, that is, if

$$\phi \geq A_1 \tag{42}$$

for some $A_1$ depending only on $\eta$ (note we can always take $C \geq 1$). Hence, for $\phi \geq A_1$, the first hypothesis of the lemma yields

$$\log \phi(\sigma', \delta') \leq \frac{1}{p} \log \left( \frac{C}{(\delta - \delta')^{\gamma_1}} + \frac{C}{(\sigma - \sigma')^{\gamma_2}} \right) + \log \phi \frac{2}{2} + \log \frac{2}{p}$$

$$\leq \frac{1}{p} \log \left( \frac{2C}{(\delta - \delta')^{\gamma_1}} + \frac{2C}{(\sigma - \sigma')^{\gamma_2}} \right) + \log \phi \frac{2}{2}$$

$$= \frac{\log \phi}{2} \left[ \log \left( \frac{2C}{\delta - \delta'}^{\gamma_1} + \frac{2C}{\sigma - \sigma'}^{\gamma_2} \right) + 1 \right].$$

If

$$\frac{\log \phi}{2C} \geq \left( \frac{2C}{(\delta - \delta')^{\gamma_1}} + \frac{2C}{(\sigma - \sigma')^{\gamma_2}} \right)^2, \tag{43}$$

then

$$\log \phi(\sigma', \delta') \leq \log \phi \leq \log A_1 + 2C \left( \frac{2C}{(\delta - \delta')^{\gamma_1}} + \frac{2C}{(\sigma - \sigma')^{\gamma_2}} \right)^2.$$
In all cases, we obtain
\begin{equation}
\log \phi(\sigma', \delta') \leq \frac{2}{4} \log \phi(\sigma, \delta) + A_2 \left( \frac{C^2}{(\delta - \delta')^{2\gamma_1}} + \frac{C^2}{(\sigma - \sigma')^{2\gamma_2}} \right)
\end{equation}
for some constant \(A_2 \in (0, \infty)\) depending only on \(\sigma^*, \delta^*, \gamma_1, \gamma_2, C\) and a positive lower bound on \(\eta\). Let \(\sigma_j = 1 - \frac{1-\sigma^*}{1+j}\) and \(\delta_j = 1 - \frac{1-\delta^*}{1+j}\). Iterating (44), we get
\[
\log \phi(\sigma^*, \delta^*) \leq A_2 \sum_{j=0}^{\infty} \left( \frac{3}{4} \right)^j \left( \frac{C^2}{(\delta_{j+1} - \delta_j)^{2\gamma_1}} + \frac{C^2}{(\sigma_{j+1} - \sigma_j)^{2\gamma_2}} \right) =: A_3 < \infty.
\]

5.2. Parabolic Harnack inequalities. Let \((\mathcal{E}, \mathcal{F})\), \(t \in \mathbb{R}\), be as in Section 4.1. In this section, we suppose that Assumptions 0 - 3 are satisfied for an open subset \(Y \subset X\).

Let \(B = B(x, r) \subset X\), \(a \in \mathbb{R}\). Fix \(\delta \in (0, 1)\) and let \(0 < \tau_1 < \tau_2 < \tau_3 < \tau_4 \leq 1\). Set
\[
\delta B = B(x, \delta r),
\]
\[
Q = Q(x, a, r) = (a, a + \Psi(r)) \times B,
\]
\[
Q^- = (a + \tau_1 \Psi(r), a + \tau_2 \Psi(r)) \times \delta B,
\]
\[
Q^+ = (a + \tau_3 \Psi(r), a + \tau_4 \Psi(r)) \times \delta B.
\]

**Theorem 5.3.** Suppose Assumption 0 - 3 are satisfied. Then the family \((\mathcal{E}, \mathcal{F})\), \(t \in \mathbb{R}\), satisfies the parabolic Harnack inequality \(\text{PHI}(\Psi)\) on \(Y\) up to scale \(R_0\). That is, there is a constant \(C_{\text{PHI}} \in (0, \infty)\) such that for any \(a \in \mathbb{R}\), any ball \(B(x, 4r) \subset B(x, 8r) \subset Y\), \(0 < r < \frac{R_0}{4}\), and any non-negative local weak solution \(u\) of the heat equation for \(L_t\) in \(Q = Q(x, a, r)\), we have
\[
\sup_{Q^-} u \leq C_{\text{PHI}} \inf_{Q^+} u.
\]

The constant \(C_{\text{PHI}}\) depends only on \(\delta, \tau_1, \tau_2, \tau_3, \tau_4, C_{\Psi}, \beta_1, \beta_2, C_{\text{VD}}, C_{\text{PI}}, C_0, C_{10}, C_{11}\), and an upper bound on \([[(1 + C_2 + C_4) + (C_3 + C_5)\Psi((1-\delta)r)]\].

**Proof.** Let \(\varepsilon \in (0, 1)\) and \(u_\varepsilon := u + \varepsilon\). By Corollary 4.3, Theorem 3.10 and Theorem 5.1, we can apply Lemma 5.2 to \(u_\varepsilon\) on \((a, a + \tau_2 \Psi(r))\) \times \(\delta B\). We obtain that there is some \(c\) such that
\[
\sup_{Q^-} u_\varepsilon e^\varepsilon \leq C.
\]

Similarly, apply Lemma 5.2 to \(u_\varepsilon^{-1}\) on \((a + \tau_2 \Psi(r), a + \tau_4 \Psi(r))\) \times \(\delta B\). We obtain that, for the same \(c\) as above,
\[
\sup_{Q^+} (u_\varepsilon e^{-\varepsilon})^{-1} \leq C'.
\]

Hence,
\[
\sup_{Q^-} u_\varepsilon \leq e^{-\varepsilon} C \leq C \frac{(C')}{(\sup_{Q^+} u_\varepsilon)} \leq C' \inf_{Q^+} u_\varepsilon.
\]

Letting \(\varepsilon \to 0\) on both sides finishes the proof. □

**Corollary 5.4.** Suppose Assumptions 0 - 3 are satisfied globally on \(Y = X\). If \(C_3 = C_5 = 0\), then the family \((\mathcal{E}, \mathcal{F})\) satisfies the parabolic Harnack inequality \(\text{PHI}(\Psi)\) on \(X\). That is, there is a constant \(C_{\text{PHI}}\) such that for any \(a \in \mathbb{R}\) and any ball \(B(x, 4r) \subset X\), any non-negative local weak solution \(u\) of the heat equation for \(L_t\) in \(Q = Q(x, a, r)\), we have
\[
\sup_{Q^-} u \leq C_{\text{PHI}} \inf_{Q^+} u.
\]
The constant $C_{\text{phi}}$ depends only on $\delta, \tau_1, \tau_2, \tau_3, \tau_4, C_\Psi, \beta_1, \beta_2, C_{\text{vd}}, C_{\text{p1}}, C_0, C_{10}, C_{11}, C_2, C_4$.

**Corollary 5.5.** Suppose Assumptions [4] - [8] are satisfied and each $E_i$ is left-strongly local. Let $\delta \in (0, 1)$. Then there exist $\sigma \in (0, 1)$ and $C \in (0, \infty)$ such that for any $x \in \mathbb{R}$, any ball $B(x, 4r) \subseteq B(x, 3r) \subseteq Y$ with $0 < r < \frac{R_0}{2} \delta$, any local weak solution $u$ of the heat equation for $L_t$ in $Q = Q(x, a, r)$ has a continuous version which satisfies

$$\sup_{(t,y),(t',y') \in Q'} \left\{ \frac{|u(t,y) - u(t',y')|}{\Psi^{-1}(|t - t'|) + d(y, y')|^\alpha} \right\} \leq C \frac{u}{\hat{Q}}$$

where $Q' = (a + \Psi((1 - \delta)r), a + \Psi(r)) \times \delta B$. The constant $C$ depends only on $\delta, C_\Psi, \beta_1, \beta_2, C_{\text{vd}}, C_{\text{p1}}, C_0, C_{10}, C_{11}$, and an upper bound on $[(1 + C_2 + C_4) + (C_3 + C_5)\Psi((1 - \delta)r)]$.

**Proof.** The proof is standard. For instance, the reasoning in [29, Proof of Theorem 5.4.7] applies with only minor changes such as replacing $r^2$ by $\Psi(r)$. The left-strong locality is assumed because then constant functions are local weak solutions to the heat equation, a fact that is used in this proof. \qed

### 5.3. Characterization of the parabolic Harnack inequality in the symmetric strongly local case

It is known from the works of Grigor’yan [15] and Saloff-Coste [26] that on complete Riemannian manifolds, the parabolic Harnack inequality is characterized by the volume doubling condition together with the Poincaré inequality, as well as by two-sided Gaussian heat kernel bounds. For related results on fractal-type metric measure spaces with a symmetric strongly local regular Dirichlet form see, e.g., [3] [14] [3] and references therein.

The parabolic Harnack inequality PHI(\Psi) stated above is slightly different from the Harnack inequalities w-PHI(\Psi) or s-PHI(\Psi) introduced in [4] because, in defining $Q, Q^-, Q^+$, we used $\tau_i \Psi(r)$ rather than $\Psi(\tau_ir)$. Our choice is in accordance with the parabolic Harnack inequality stated in [10]. In order to clarify the relation between PHI(\Psi) and w-PHI(\Psi), let us define time-space cylinders $\hat{Q}$ as follows. For $0 < \sigma_1 < \sigma_2 < \sigma_3 < \sigma_4 < 1$, set

$$\hat{Q} = \hat{Q}(x, a, r) = (a, a + \Psi(r)) \times B,$$

$$\hat{Q}^- = (a + \Psi(\sigma_1 r), a + \Psi(\sigma_2 r)) \times \delta B,$$

$$\hat{Q}^+ = (a + \Psi(\sigma_3 r), a + \Psi(\sigma_4 r)) \times \delta B.$$

Let $\mathcal{F}'$ be the dual space of $\mathcal{F}$.

**Definition 5.6.** $(\mathcal{E}^*, \mathcal{F})$ satisfies the weak parabolic Harnack inequality w-PHI(\Psi) on $X$ (for local weak solutions) if there is a constant $C \in (0, \infty)$ such that for any $a \in \mathbb{R}$, any ball $B(x, r) \subseteq X$, and any bounded local weak solution $u$ of the heat equation for $L_t$ in $\hat{Q} = \hat{Q}(x, a, r)$, it holds

$$\sup_{\hat{Q}^-} u \leq C \inf_{\hat{Q}^+} u.$$

**Remark 5.7.** In fact, [4] introduced the condition w-PHI(\Psi) for a space of so-called caloric functions. We show in Proposition [7.6] below that local weak solutions have all the properties that define a space of caloric functions.

**Proposition 5.8.** Let $(X, d, \mu, \mathcal{E}^*, \mathcal{F})$ be a symmetric strongly local regular Dirichlet space. Assume that all metric balls in $(X, d)$ are precompact and VD is satisfied. Let $\Psi$ be as in [5] and consider

(i) $(\mathcal{E}^*, \mathcal{F})$ satisfies PHI(\Psi), and CSA(\Psi) on $X$. 
(ii) \((\mathcal{E}^*, \mathcal{F})\) satisfies \(\text{PHI}(\Psi)\) on \(X\),

(iii) \((\mathcal{E}^*, \mathcal{F})\) satisfies \(w\)-\(\text{PHI}(\Psi)\) on \(X\) (for local weak solutions),

(iv) \((\mathcal{E}^*, \mathcal{F})\) satisfies \(\text{weak-PI}(\Psi)\), and \(\text{CSA}(\Psi)\) on \(X\).

The following implications hold:

\[(i) \Rightarrow (ii) \Rightarrow (iii) \Rightarrow (iv).\]

If, in addition, \(d\) is geodesic, then \((iv) \Rightarrow (i)\).  

Proof. The implication (i) to (ii) is the content of Corollary 5.4. To verify the implication (ii) to (iii), it suffices to find parameters \(\tau_i\) and \(\sigma_i\) such that \(\hat{Q}^- \subset Q^-\) and \(\hat{Q}^+ \subset Q^+\). By (5), we have

\[\frac{\tau_4 \Psi(r)}{\Psi(\sigma r)} \geq C^{-1} \tau_4 \sigma^{-\beta_1},\]

for any \(\tau_4, \sigma_4 \in (0, 1)\). We pick \(\tau_4\) and \(\sigma_4\) such that the right hand side is greater than 1. Applying (5) once again, we get

\[\frac{\tau_3 \Psi(r)}{\Psi(\sigma r)} \leq C \tau_3 \sigma^{-\beta_2},\]

for any \(\tau_3, \sigma_3 \in (0, 1)\). We pick \(\tau_3 < \tau_4\) and \(\sigma_3 < \sigma_4\) such that the right hand side is less than 1. Then \(\hat{Q}^+ \subset Q^+\). Similarly, we find 0 < \(\tau_1 < \tau_2 < \tau_3\) and 0 < \(\sigma_1 < \sigma_2 < \sigma_3\) such that \(\hat{Q}^- \subset Q^-\).

Under VD, condition \(w\)-\(\text{PHI}(\Psi)\) is equivalent to weak heat kernel estimates (\(w\)-\(\text{HKE}(\Psi)\) and \(w\)-\(\text{LLE}(\Psi)\)) by [4, Theorem 3.1]. Under VD, these heat kernel estimates imply the weak Poincaré inequality \(\text{weak-PI}(\Psi)\) and \(\text{CSA}(\Psi)\) by [17, Theorem 2.12] except for the continuity of the cutoff functions which follows from the Hölder continuity of the Dirichlet heat kernel, which is a consequence of the parabolic Harnack inequality; see also [1, 3]. This proves that (iii) implies (iv). For the implication (iv) \(\Rightarrow (i)\) we refer to Remark 3.6.  

□

Definition 5.9. The reverse volume doubling property (RVD) holds if there are constants \(C_{\text{RVD}}\) and \(\nu_0 \in [1, \infty)\) such that

\[\frac{\mu(B(x, R))}{\mu(B(y, s))} \geq C_{\text{RVD}} \left(\frac{R}{s}\right)^{\nu_0}\]

for any 0 < \(s \leq R, x \in X, y \in B(x, R)\) with \(X \setminus B(x, R) \neq \emptyset\).

Remark 5.10. (i) Suppose in addition to the hypotheses of Proposition 5.8 that RVD holds. Then condition \(\text{CSA}(\Psi)\) in (iv) can equivalently be replaced by the generalized capacity condition introduced in [13]. Moreover, under RVD, (iv) is equivalent to a weak upper bound and a weak near-diagonal lower bound for the heat kernel, see [13, Theorem 1.2]. The weak heat kernel bounds imply (iii) by [4, Theorem 3.1].

(ii) If the metric space \((X, d)\) is not geodesic then (iii) may fail to imply (ii). See [4] for a counterexample on a non-geodesic space.

(iii) For the implication (iv) \(\Rightarrow (i)\), the hypothesis that \((X, d)\) is geodesic could be replaced by a chaining condition. Then the strong Poincaré inequality can be derived from the weak Poincaré inequality by a Whitney covering argument; see, e.g. [28].

Conjecture: The strong parabolic Harnack inequality \(\text{PHI}(\Psi)\) implies the strong Poincaré inequality \(\text{PI}(\Psi)\), that is, (ii) \(\Leftrightarrow (i)\) in Proposition 5.8.
6. Estimates for the heat propagator

Let \((\mathcal{E}_t, \mathcal{F})\) be a family of bilinear forms that satisfies Assumptions [0]–[2] globally on \(Y = X\) with respect to the reference form \((\mathcal{E}^*, \mathcal{F})\). Observe that the bilinear forms \(\mathcal{E}_t(f, g) := \mathcal{E}_t(g, f)\) satisfy the same assumptions. In addition, we suppose that Assumption [3] is satisfied locally on \(X\), that is, every point \(x \in X\) has a neighborhood \(Y_x = B(x, 8r_x)\) where Assumption [4] is satisfied with \(Y = Y_x\) up to scale \(R_0 = 4r_x\) and \(B(x, 4r_x) \subseteq Y_x\). Recall that \(\alpha\) and \(c\) are positive constants introduced in Assumption [0(vi)].

**Proposition 6.1.** Let \(s < T \leq +\infty\). For every \(f \in L^2(X)\) there exists a unique weak solution \(u\) to the heat equation for \(L_t\) on \((s, T) \times X\) satisfying the initial condition \(u(s, \cdot) = f\). More precisely, there exists a unique \(u \in L^2((s, T) \rightarrow \mathcal{F})\) of the initial value problem

\[
\int_s^T \left\langle \frac{\partial}{\partial t} \mathcal{E}_t(u, \phi), \mathcal{F} \right\rangle \ dt + \int_s^T \mathcal{E}_t(u, \phi) \ dt = 0, \quad \text{for all } \phi \in L^2((s, T) \rightarrow \mathcal{F}),
\]

\[
\lim_{t \downarrow s} u(t, \cdot) = f \quad \text{in } L^2(X).
\]

In particular, \(u\) has a weak time-derivative \(\frac{\partial}{\partial t} u \in L^2((s, T) \rightarrow \mathcal{F}')\) and \(u \in C^0([s, T] \rightarrow L^2(X))\).

**Proof.** The proof for the case when \(\mathcal{E}_t\) is non-negative definite is given in [20, Chap. 3, Theorem 4.1 and Remark 4.3]. For the general case, it suffices to notice that \(\mathcal{E}_t + \alpha(\cdot, \cdot)\) is positive definite by Assumption [0(vi)], and \(u\) is a solution to the initial value problem for \(L_t\) if and only if \(e^{-\alpha(t-s)}u\) is a solution to the initial value problem for \(L_t - \alpha\).

For \(t > s\) we consider the transition operator associated with \(L_t - \frac{\partial}{\partial t}\),

\[
T^s_t : L^2(X) \rightarrow \mathcal{F}.
\]

The transition operator assigns to every \(f \in L^2(X)\) the function \(u(t) = T^s_t f \in \mathcal{F}\), where \(u : t \mapsto T^s_t f\) is the unique solution of the initial value problem \((40)\) with \(T = +\infty\) given by Proposition [6.3]. We set \(T^s_t f := \lim_{t \downarrow s} T^s_t f = f\). From Corollary [5.3] we obtain that \((t, y) \mapsto T^s_t f(y)\) has a jointly continuous version which we will denote by \(P^s_t f(y)\). The transition operators satisfy

\[
T^s_t f = T^s_r \circ T^s_{t-r}, \quad \forall r \leq s \leq t, \quad f \in L^2(X).
\]

This follows from the fact that both \(t \mapsto T^s_t f\) and \(t \mapsto T^s_r \circ T^s_{t-r} f\) are weak solutions of the heat equation on \((s, \infty) \times X\) and satisfy the initial condition \(T^s_t f |_{t=s} = T^s_r f = T^s_r \circ T^s_{t-r} f |_{t=s}\), and because the weak solution to this initial value problem is unique by Proposition [6.1].

Moreover, applying Assumption [0(vi)] it follows that

\[
\|T^s_t f\|_{L^2} \leq e^{\alpha(t-s)} \|f\|_{L^2}, \quad \forall f \in L^2(X).
\]

**Proposition 6.2.** The transition operators \(T^s_t f, s \leq t,\) are positivity preserving. That is, if \(f \in L^2(X), \quad f \geq 0, \text{ then } T^s_t f \geq 0\).

**Proof.** Since \(e^{-\alpha(t-s)}T^s_t f\) is the transition operator for \(L_t - \alpha\), and \(e^{-\alpha(t-s)}T^s_t f \geq 0\) if and only if \(e^{-\alpha(t-s)}T^s_t f \geq 0\), and by Assumption [0(vi)], it suffices to give the proof for the case when \(E\) is non-negative definite.

Take \(u = T^s_t f\) and \(\phi = u - u^+\) in \((46)\). Let \(u^+ := \max\{u, 0\}\). By locality, \(E(u, u-u^+) \geq 0\). We also have \(\left\langle \frac{\partial}{\partial t} (u - u^+), \phi \right\rangle \leq 0\). Therefore,

\[
0 \geq \int_s^T \left\langle \frac{\partial}{\partial t} (u - u^+), \phi \right\rangle \ dt
\]
\[
\geq \int_{s}^{T} \frac{\partial}{\partial t} \langle u, u - u^+ \rangle_{\mathcal{F}, \mathcal{F}} dt = \langle u(T), u(T) - u^+(T) \rangle_{\mathcal{F}, \mathcal{F}} - \langle u(s), u(s) - u^+(s) \rangle_{\mathcal{F}, \mathcal{F}}.
\]

Since \( u(s) = f \geq 0 \), we have \( u(s) - u^+(s) = 0 \) and therefore \( \langle u(T), u(T) - u^+(T) \rangle_{\mathcal{F}, \mathcal{F}} \leq 0 \).
Thus, \( u(T) = u^+(T) \geq 0 \). \qedhere

Similarly, there exist transition operators \( S^*_t \), \( s \leq t \), corresponding to the heat equation for the adjoints \( \hat{L}_s \) of the time-reversed generators \( L_s \). It is immediate from [13] that \( S^*_t \) is the adjoint of \( T^*_t \). Let \( Q^*_t f \) be the continuous version of \( S^*_t f \) which exists by Corollary [13, 53]

**Proposition 6.3.** There exists a unique integral kernel \( p(t, y, s, x) \) with the following properties:

(i) \( p(t, y, s, x) \) is non-negative and jointly continuous in \((t, y, s) \in (s, \infty) \times X \times X\).

(ii) For every fixed \( s < t \) and \( y \in X \), the maps \( x \mapsto p(t, y, s, x) \) and \( y \mapsto p(t, y, s, x) \) are in \( L^2(X) \).

(iii) For every \( s < t \), all \( x, y \in X \) and every \( f \in L^2(X) \),

\[
P^+_tf(y) = \int_X p(t, y, s, x)f(x)\mu(dx).
\]

and

\[
Q^+_tf(x) = \int_X p(t, y, s, x)f(y)\mu(dy).
\]

(iv) There exists a constant \( C \in (0, \infty) \) such that, for every \( s < t \) and \( x \in X \),

\[
p(t, x, s, x) \leq e^{(\alpha-c)(t-s)} \frac{C}{V(x, \tau_x)},
\]

where \( \tau_x = r_x \land \Psi^{-1}(2(t-s)) \), and \( C \) depends at most on \( \beta_1, \beta_2, C_\Psi, C_0, C_{10}, C_{11}, C_{V, D}, C_{p, 1} \), and on an upper bound on \( (1 + C_2 + C_3\Psi(\tau_x)) \).

(v) For every \( s < r < t \) and all \( x, y \in X \),

\[
p(t, y, s, x) = \int_X p(t, y, r, z)p(r, z, s, x)\mu(z).
\]

(vi) For every \( s < r \) and every fixed \( x \in X \), the map \( (t, y) \mapsto p(t, y, s, x) \) is a weak solution of the heat equation for \( L_t \) in \((r, \infty) \times X\).

**Proof.** In the special case when \((\mathcal{E}_t, \mathcal{F})\) is a time-independent symmetric strongly local regular Dirichlet form, the proof is given in [1] Section 4.3.3.

Let \( f \in L^2(X) \), \( f \geq 0 \), and let \( s < t \). Then \((t - \frac{1}{2}\Psi(\tau_y), t + \frac{1}{2}\Psi(\tau_y)) \subset (s + \Psi(r_y)) \). By the mean value estimate of Theorem 4.47 the joint continuity of \( P^+_t f(y) \) in \((t, y)\), and by [45], we have

\[
[P^+_t f(y)]^2 \leq \frac{C}{\Psi(\tau_y)\Psi(\tau_y)} \int_{t-\frac{1}{2}\Psi(\tau_y)}^{t+\frac{1}{2}\Psi(\tau_y)} \int_{B(y, \tau_y)} \left[ P^+_u f(z) \right]^2 d\mu(z) du
\]

\[
\leq e^{(\alpha-c)(t-s)} \frac{C}{\Psi(\tau_y)\Psi(\tau_y)} \|f\|_2^2,
\]

for some constant \( C \in (0, \infty) \) that depends on \( y \) only through an upper bound on \( C_3(\Psi(\tau_y)) \).

Considering \( f^+ \) and \( f^- \), the displayed inequality extends to all \( f \in L^2 \). This shows that \( f \mapsto P^+_t f(y) \) is a bounded linear functional. By the Riesz representation theorem, there exists a unique function \( p^+_t,y \in L^2(X) \) such that, for every \( y \in X \),

\[
P^+_t f(y) = \int p^+_t,y(x)f(x)d\mu(x), \quad \text{for all } f \in L^2(X),
\]
By similar arguments, we obtain that there exists a function \(q_{t,x}^r \in L^2(X)\) such that,

\[
Q^r_t f(x) = \int q_{t,x}^r f(y) d\mu(y), \quad \text{for all } f \in L^2(X),
\]

and

\[
\|q_{t,x}^r\|_2^2 \leq \frac{C e^{(\alpha-\epsilon)(t-s)}}{V(x, \tau_x)}.
\]

Since \(Q^r_t\) is the adjoint of \(P_t^r\), we have \(p_{t,y}^r(x) = q_{t,x}^r(y)\) for almost every \(x, y \in X\). We define

\[
p(t, y, s, x) := \int p_{t,y}^r(z) q_{s,x}^r(z) d\mu(z).
\]

for some \(r \in (s, t)\). Then

\[
p(t, y, s, x) = \int p_{t,y}^r(z) p_{r,z}^s(x) d\mu(z) \text{ for a.e. } x \in X.
\]

Proposition \ref{prop6.2} together with \ref{50} and \ref{52} implies that \(p_{t,y}^r\) and \(q_{s,x}^r\) are non-negative almost everywhere, hence \(p(t, y, s, x)\) is non-negative for all \(x, y \in X\). Applying \ref{47}, we get for any \(f \in L^2(X)\),

\[
P_t^s f(y) = P_t^r \circ P_r^s f(y) = \int p_{t,y}^r(x) P_r^s f(x) d\mu(x)
\]

\[
= \int Q^r_t p_{t,y}^r(x) f(x) d\mu(x)
\]

\[
= \int \int q_{s,x}^r(z) p_{r,y}^s(z) f(x) d\mu(x)
\]

\[
= \int p(t, y, s, x) f(x) d\mu(x).
\]

Similarly, we obtain \(Q^r_t f(x) = \int p(t, y, s, x) f(y) d\mu(y)\). Combining with \ref{50} and \ref{52}, we see that \(p(t, y, s, \cdot) = p_{t,y}^r \in L^2(X)\) and \(p(t, \cdot, s, x) = q_{s,x}^r \in L^2(X, \mu)\).

From a computation similar to the one above, we see that \(p(t, y, s, x)\) is in fact independent of the choice of \(r\), and the semigroup property (v) holds.

The upper bound (iv) follows from \ref{54}, the Cauchy-Schwarz inequality, as well as \ref{51} and \ref{53}.

Since \(p(r, \cdot, s, x)\) is in \(L^2(X)\) when \(s < r\), the semigroup property implies that \(p(t, y, s, x) = P_t^r p(r, y, s, x)\) for almost every \(x \in X\). Since \((t, y) \mapsto P_t^r p(r, y, s, x)\) a weak solution on \((r, \infty) \times X\), we have proved (vi).

It remains to show the joint continuity. It suffices to show that \(p(t, y, s, x)\) is continuous in \(x\) locally uniformly in \((t, y)\). Let \(f \in L^2(X)\). We apply Corollary \ref{56} to the weak solution \(P_t^s f\) for \(L_t = Q(x, t, \tau_x) = (t - \frac{1}{2} \Psi(\tau_x), t + \frac{1}{2} \Psi(\tau_x)) \times B(x, \tau_x)\). Then,

\[
|P_t^s f(x') - P_t^s f(x)| \leq C \left( \frac{d(x, x')}{\tau_x} \right)^\alpha \sup_{(a, z) \in Q} |P_a^s f(z)|.
\]
By \[34\],
\[
\sup_{(a,z) \in Q} |P^a_z f(z)| \leq e^{(\alpha-c)(t-s)} \frac{C'}{V(x, \tau_x)^{1/2}} \|f\|_2.
\]
Here, \(C\) is a positive constant that may change from line to line. Now we set \(r = \frac{4t}{\alpha-\epsilon}\). Then \(P^r_t f = p(t, y, s, \cdot)\) and \(\|f\|_2^2 \leq \frac{C'}{V(t, \tau_t)^{1/2}}\) by \[33\]. Hence,
\[
|P^r_t f(x') - P^r_t f(x)| \leq C \left(\frac{d(x, x')}{\tau_x}\right) \left(\frac{1}{V(x, \tau_x)^{1/2}}\right) \frac{1}{V(t, \tau_t)^{1/2}}.
\]
This shows that \(p(t, y, s, x)\) is continuous in \(x\) locally uniformly in \((t, y)\), and completes the proof of the joint continuity.

The next lemma is immediate from CSA and \[3, 4\].

**Lemma 6.4.** Let \(\psi \in \text{CSA}(\Psi, \epsilon, C_0)\) be a cutoff function for \(B(x, R)\) in \(B(x, R + r)\). Let \(\phi = e^{M\psi}\) for some constant \(M \in \mathbb{R}\). Let \(A = B(x, R + r) \setminus B(x, R)\). Then
\[
\int 2 \frac{d\Gamma(f, \phi)}{\mu} \leq 2 \frac{1}{1 - 2e} \left(\frac{C_0}{1 - 2e} \frac{2}{M^2} \mathbb{E}_{\Gamma}(f, f) + \frac{C_0 e^{\frac{1}{2}}}{(1 - 2e) \Psi(r)} \frac{M^2}{1} \right) \int A \phi^2 d\mu.
\]

**Assumption 4.** There are constants \(C_0, C_7, C_{11} \in [0, \infty)\) such that for all \(t \in \mathbb{R}\), for any \(\epsilon \in (0, 1)\), any \(0 < r < R \leq R_\epsilon\), any ball \(B(x, 2R) \subset Y\), any \(M \geq 1\), any cutoff function \(\psi \in \text{CSA}(\Psi, \epsilon, C_0)\) for \(B(x, R)\) in \(B(x, R + r)\), and any \(0 \leq f \in \mathcal{F}_{\text{loc}}(Y) \cap L^\infty(Y, \mu)\),

\[
|\mathbb{E}_{t}^{\text{sym}}(f^2, \phi^2, 1)| + |\mathbb{E}_{t}^{\text{skew}}(f, f\phi^2)| \leq C_1 e^{\frac{1}{2}} \int A \phi^2 d\mu,\]

where \(B = B(x, R + r)\), \(\phi = e^{-M\psi}\).

We set \(p(t, y, s, x) := \delta_{s}(y)\) whenever \(t \leq s\). Let
\[
\Phi_{\delta_2}(R, t) := \sup_{r > 0} \left\{ \frac{R}{r} - \frac{t}{r^{\beta_2}} \frac{R^{\beta_2}}{\Psi(r)} \right\}.
\]

**Lemma 6.5.** Let \(x, y \in X\). Suppose Assumption 4 is satisfied and CSA(\(\Psi, C_0\)) holds locally on \(B(x, d(x, y))\). Let \(f_1 \in L^2(X)\) with support in \(B(x, d(x, y)/4)\), and let \(f_2 \in L^2(X)\) with support in \(B(y, d(x, y)/4)\). Then there is a constant \(C' \in (0, \infty)\) such that, for any \(s < t\),
\[
\int T^t_s f_1(x) f_2(x) d\mu(x) \leq \|f_1\|_{L^2} \|f_2\|_{L^2} \exp \left(-\Phi_{\delta_2}(d(x, y), C'(t-s)) + (\alpha-c)(t-s)\right).
\]
The constant \(C'\) depends at most on \(C_\psi, \beta_1, \beta_2, C_0, C_{10}, C_{11}\), and on an upper bound on \(\Phi_{\delta_2}(d(x, y))\).

**Proof.** Set \(R = d(y, x)\). Let \(\psi \in \text{CSA}(\Psi, \epsilon, C_0)\) be a cutoff function for \(B(x, \frac{1}{4} R)\) in \(B(x, \frac{3}{4} R)\). Let \(\phi = e^{-M\psi}\) for some \(M \geq 1\) that we will choose later. Let \(u = T^t_s f_x\). Following \[8\] Theorem 2, we get
\[
\frac{1}{2} \frac{\partial}{\partial t} \|\phi u\|_2^2 = -\mathbb{E}_{t}(u, u\phi^2)
\]
\[
\leq - \int \phi^2 d\Gamma_t(u, u) + \frac{1}{2} \int \phi^2 d\Gamma_t(u, u) + 2 \int u^2 d\Gamma_t(\phi, \phi) - \mathbb{E}_{t}^{\text{sym}}(u^2 \phi^2, 1) - \mathbb{E}_{t}^{\text{skew}}(u, u\phi^2)
\]
\[
= -\mathbb{E}_{t}^{\text{sym}}(u^2 \phi^2, 1) - \mathbb{E}_{t}^{\text{skew}}(u, u\phi^2)
\]

There is a positive constant that may change from line to line.
\[
\leq \left( -1 + \frac{1}{2} + 2\epsilon \frac{2\epsilon - 1}{2\epsilon} M^2 + C_{11} \epsilon^{1/2} M \right) \int \phi^2 d\Gamma_2(u, u) \\
+ \left( \frac{M^2}{1 - 2\epsilon} + (C_6 + C_7 \Psi(R)) \epsilon^{-1/2} M \right) \frac{C\epsilon^{-\beta/2}}{\Psi(R)} \|\phi u\|_2^2,
\]

by Lemma 6.14 and Assumption 4. Here, \( C \) is a positive constants that depends at most on \( C_\Psi, \beta_1, \beta_2, C_0, C_10, C_{11} \), and on an upper bound on \( (C_6 + C_7 \Psi(R)) \). Choosing \( \epsilon = \hat{c}/M^2 \) for some small enough \( \hat{c} = \hat{c}(C_{11}) \), we get

\[
\|\phi T_t^s f_1\|_2 \leq \exp \left( \frac{C' M^{\beta_2}}{\Psi(R)} (t-s) \right) \|\phi f_1\|_2.
\]

If \((t-s) \geq \Psi(R)\), then \( \Phi_{\beta_2}(R, C'(t-s)) \) is bounded from above. In this case the desired estimate follows by the Cauchy-Schwarz inequality and (48). Indeed,

\[
\int T_t^s f_1(x) f_2(x) d\mu(x) \leq \|T_t^s f_1\|_2 \|f_2\|_2 \leq e^{(\alpha-\epsilon)(t-s)} \|f_1\|_2 \|f_2\|_2.
\]

Similarly, if the supremum (in the definition of) \( \Phi_{\beta_2}(R, C'(t-s)) \) is attained at some \( r > R \), then \( \Phi_{\beta_2}(R, C'(t-s)) \leq \frac{2}{r} \leq 1 \), and the assertion follows.

It remains to consider the case when \((t-s) < \Psi(R)\) and the supremum \( \Phi_{\beta_2}(R, C'(t-s)) \) is attained at some \( r \leq R \). Then we choose \( M := \frac{2}{r} \geq 1 \). We get

\[
M - \frac{C' M^{\beta_2}}{\Psi(R)} (t-s) = \frac{R}{r} - \frac{C'(t-s) R^{\beta_2}}{r^{\beta_2} \Psi(R)} = \Phi_{\beta_2}(R, C'(t-s)).
\]

Hence,

\[
\int T_t^s f_1(x) f_2(x) d\mu(x) \\
\leq \|\phi T_t^s f_1\|_2 \|\phi^{-1} f_2\|_2 \\
\leq \exp \left( \frac{C' M^{\beta_2}}{\Psi(R)} (t-s) \right) \|\phi f_1\|_2 \|\phi^{-1} f_2\|_2 \\
\leq \exp \left( \frac{C' M^{\beta_2}}{\Psi(R)} (t-s) \right) \left( \sup_{B(x,R/4)} \phi \right) \left( \sup_{B(y,R/4)} \phi^{-1} \right) \|f_1\|_2 \|f_2\|_2 \\
\leq \exp \left( \frac{C' M^{\beta_2}}{\Psi(R)} (t-s) - M \right) \|f_1\|_2 \|f_2\|_2 \\
\leq \exp \left( -\Phi_{\beta_2}(R, C'(t-s)) \right) \|f_1\|_2 \|f_2\|_2.
\]

By Theorem 4.9, there exists a constant \( C \in (0, \infty) \) such that the following \( L^1 \)-mean value estimate holds for any \( 0 < r \leq r_y \) and any non-negative local very weak subsolution \( u \) of the heat equation for \( L_t \) in \((t - \frac{1}{2} \Psi(t), t + \frac{1}{2} \Psi(t)) \times B(y, r), \)

\[
(55) \quad u(t, y) \leq \frac{C}{\Psi(r)\mu(B(y, r))} \int_{t - \frac{1}{2} \Psi(r)}^{t + \frac{1}{2} \Psi(r)} \int_{B(y, r)} u \, d\mu \, dt,
\]

where \( C \) depends on \( C_\Psi, \beta_1, \beta_2, C_0, C_{10}, C_{11}, C_{p1}, C_{VD} \), and on an upper bound on \((1 + C_2 + C_3 \Psi(r)) \). Here, on the left hand side, we used the jointly continuous version of \( u \) that exists by Corollary 6.3.
Theorem 6.6. Suppose Assumptions[1][2][3][4] are satisfied globally on $X$, and Assumption
[5] is satisfied locally on $X$. Let $x, y \in X$. Suppose CSA($\Psi, C_0$) holds locally on $B(x, d(x, y))$
and on $B(y, d(x, y))$ up to scale $\frac{1}{2}d(x, y)$. Then there exist constants $C, C' \in (0, \infty)$ such
that, for all $s < t$,
\[
p(t, y, s, x) \leq C \exp\left(-\Phi_{\beta_2}(d(x, y), C'(t-s)) + (\alpha - c)(t-s)\right),
\]
where $\tau_x = \Psi^{-1}\left(\frac{t-s}{2}\right) \land r_x$, $\tau_y = \Psi^{-1}\left(\frac{t-s}{2}\right) \land r_y$. The constants $C, C'$ depend only on $C_\Psi$,
$\beta_1, \beta_2, C_0, C_0$, $C_{10}, C_{11}, C_{\text{VDB}}(Y), C_{\text{VDB}}(Y)$ for $Y = Y_x$ and for $Y = Y_y$, and
on an upper bound on $(1 + C_2 + C_3(\Psi(\tau_x) + \Psi(\tau_y)) + C_7\Psi(d(x, y)))$.

Proof. Applying the $L^1$-mean value estimate [55] to $(t, y) \mapsto p(t, y, s, x)$ and to $(s, x) \mapsto
p(t', y', s, x)$, we get
\[
p(t, y, s, x) \leq \frac{C}{\Psi(\tau_x)\Psi(\tau_y)V(y, \tau_y)} \int_{t-\frac{1}{2}\Psi(\tau_y)}^{t+\frac{1}{2}\Psi(\tau_y)} \int_{B(y, \tau_y)} p(t', y', s, x)d\mu(y')dt'
\leq D \int_{t-\frac{1}{2}\Psi(\tau_y)}^{t+\frac{1}{2}\Psi(\tau_y)} \int_{B(y, \tau_y)} \int_{s-\frac{1}{2}\Psi(\tau_y)}^{s+\frac{1}{2}\Psi(\tau_y)} \int_{B(x, \tau_x)} p(t', y', s', x')d\mu(x')ds'd\mu(y')dt',
\]
where $D = \frac{C^2}{\Psi(\tau_x)\Psi(\tau_y)V(x, \tau_x)V(y, \tau_y)}$.

In the case $\tau_x \land \tau_y \leq d(x, y)/4$, Lemma [5.3] yields
\[
\int_{B(y, \tau_y)} \int_{B(x, \tau_x)} p(t', y', s', x')d\mu(x')d\mu(y') \leq V(x, \tau_x)^{1/2}V(y, \tau_y)^{1/2} \exp\left(-\Phi_{\beta_2}(d(x, y), C'(t-s)) + (\alpha - c)(t-s)\right).
\]
In the case $\tau_x \land \tau_y \geq d(x, y)/4$, $\Phi_{\beta_2}(d(x, y), C'(t-s))$ is bounded from above. By Cauchy-
Schwarz inequality and [55],
\[
\int_{B(y, \tau_y)} \int_{B(x, \tau_x)} p(t', y', s', x')d\mu(x')d\mu(y') = \int_{B(y, \tau_y)} P_{t'}^{\tau_x} 1_{B(x, \tau_x)}(y')1_{B(y, \tau_y)}(y')d\mu(y')
\leq \|T_{t'}^{\tau_x} 1_{B(x, \tau_x)}\|_2 \|1_{B(y, \tau_y)}\|_2 \\
\leq e^{(\alpha - c)(t'-s)}V(x, \tau_x)^{1/2}V(y, \tau_y)^{1/2}.
\]
In both cases, we obtain the desired estimate. \hfill $\square$

Definition 6.7. For an open set $U \subset X$, the time-dependent Dirichlet-type forms on $U$ are
defined by
\[
\mathcal{E}^D_U(f, g) := \mathcal{E}_U(f, g), \quad f, g \in D(\mathcal{E}^D_U),
\]
where, for each $t \in \mathbb{R}$, the domain $D(\mathcal{E}^D_U(t)) := \mathcal{F}^0(U)$ is defined as the closure of $\mathcal{F} \cap C_c(U)$
in $\mathcal{F}$ for the norm $\| \cdot \|_\mathcal{F}$. Let $T^D_U(t, s), t \geq s$, be the associated transition operators with
integral kernel $p^D_U(t, y, s, x)$.

Proposition 6.8. Let $V \subset U \subset X$ be open subsets. For any $t > s, x, y \in V$,
\[
p^D_U(t, y, s, x) \leq p^D_U(t, y, s, x).
\]
Let $f(z) = p^D_U(r, z, s, x)$. Then $p^D_U(t, \cdot, s, x) = P^D_U(t, r)f$ is a non-negative local weak solution of the heat equation in $(r, \infty) \times V$. As $t \downarrow r$, $P^D_U(t, r)f \to f$ in $L^2(U)$, and by non-negativity also in $L^2(V)$. Hence, by Corollary 7.2,

$$p^D_U(t, y, s, x) \geq p^D_U(t, r)p^D_U(r, \cdot, s, x) = \int_V p^D_U(t, y, r, z)p^D_U(r, z, s, x)d\mu(z).$$

Similarly, we have for $p^D_V(t, y, s, x) = Q^D_V(s, r)p^D_V(t, y, r, \cdot)(x)$ that

$$p^D_V(t, y, s, x) \leq Q^D_V(s, r)p^D_V(t, y, r, \cdot)(x) = \int_U p^D_V(r, z, s, x)p^D_V(t, y, r, z)d\mu(z).$$

Combining both inequalities finishes the proof.

**Theorem 6.9.** Suppose Assumptions [19] are satisfied globally on $X$, and Assumption [20] is satisfied locally on $X$. Let $a \in X$ and $B = B(a, r_a)$.

(i) For any fixed $\varepsilon \in (0, 1)$ there are constants $c', C' \in (0, \infty)$, such that for any $x \in B(a, (1 - \varepsilon)r_a)$ and $0 < \varepsilon(t - s) \leq \Psi(r_a)$, the Dirichlet heat propagator $p^D_B$ satisfies the near-diagonal lower bound

$$p^D_B(t, y, s, x) \geq \frac{c'}{V(x, \Psi^{-1}(t - s) \wedge R_x)},$$

for any $y \in B(a, (1 - \varepsilon)r_a)$ with $d(y, x) \leq \varepsilon\Psi^{-1}(t - s)$, where $R_x = d(x, \partial B)$. The constants $c', C'$ depend at most on $C_F, \beta_1, \beta_2, C_0, C_{10}, C_{11}$, on $C_{\text{VD}}(Y_a)$ and $C_{\phi_1}(Y_a)$ for $Y_a = B(a, 8r_a)$, and on an upper bound on $(1 + C_2 + C_4 + (C_3 + C_5)\Psi(r_a))$.

(ii) There exist constants $C, C' \in (0, \infty)$ such that for any $x, y \in B, t > s$, the Dirichlet heat propagator $p^D_B$ satisfies the upper bound

$$p^D_B(t, y, s, x) \leq C\frac{\exp\left(-\Phi_{2s}(d(x, y), C'(t - s)) + (\alpha - c)(t - s)\right)}{V(x, \tau_a)^{\frac{3}{2}}V(y, \tau_a)^{\frac{3}{2}}},$$

where $\tau_a = \Psi^{-1}\left(\frac{t}{\Psi(r_a)}\right) \wedge r_a$. The constants $C, C'$ depend at most on $C_F, \beta_1, \beta_2, C_0, C_{10}, C_{11}$, on $C_{\text{VD}}(Y_a)$ and $C_{\phi_1}(Y_a)$ for $Y_a = B(a, 8r_a)$, and on an upper bound on $(1 + C_2 + C_6 + C_7\Psi(r_a) + C_7\Psi(d(x, y)))$.

**Proof.** The on-diagonal estimate in (i) can be proved in the same way as in [19] Theorem 5.6]. See also [28, Theorem 5.4.10]. For the near-diagonal estimate, apply the parabolic Harnack inequality of Theorem 6.6.

(ii) is immediate from Theorem 6.6 and the set monotonicity of the heat propagator proved in Proposition 6.8.

If $(X, d)$ satisfies a chain condition as in [14], then we can apply the parabolic Harnack inequality repeatedly along chains to obtain an off-diagonal lower bound. In particular, if $d$ is geodesic, then the lower bound in Proposition 6.8(i) can be improved to the following corollary. By Proposition 6.3, we obtain the same lower bound for the global heat propagator $p(t, y, s, x)$.

Let

$$\Phi(R, t) := \sup_{r > 0} \left\{ \frac{R}{r} - \frac{t}{\Psi(r)} \right\}.$$
Corollary 6.10. Suppose $d$ is geodesic. Then there are constants $C'', c', c'' \in (0, \infty)$ such that for any $a \in X$, all $x, y \in B(a, r_a/2)$, and $t > s$, the Dirichlet heat kernel on $B = B(a, r_a)$ satisfies the lower bound
\[
p_B^D(t, y, s, x) \geq \frac{c'}{V(x, \Psi^{-1}(\frac{t-s}{2}) \wedge r_a)} \exp\left(-C'' \Phi(d(x, y), c''(t-s))\right),
\]
The constants $c', c'', C''$ depend on $C_{\Psi}$, $\beta_1, \beta_2, C_0, C_{10}, C_{11}, C_2, C_3, C_4, C_5$, on $C_{VD}(Y)$ and $C_{PI}(Y)$ for $Y = B(a, 3r_a)$, and on an upper bound on $(1 + C_2 + C_4 + (C_3 + C_5)\Psi(r_a))$.

Proof. From Theorem 6.9(i) we obtain an on-diagonal bound for $0 < \epsilon(t-s) < \Psi(r_a)$. The off-diagonal estimate (for any $t > s$) follows from the parabolic Harnack inequality.

Corollary 6.11. Suppose Assumptions 4.10, 4.11 and A2-Y, VD, PI($\Psi$), CSA($\Psi$) are satisfied globally on $Y = X$. Suppose $d$ is geodesic. If $C_3 = C_5 = 0$, then there are constants $C, C', c', c'', C'' \in (0, \infty)$ such that for any $x, y \in X$ and $t > s$, we have
\[
c' \exp\left(-C'' \Phi(d(x, y), c''(t-s))\right) \leq p(t, y, s, x) \leq C' \exp\left(-\Phi_{\beta_2}(d(x, y), c''(t-s)) + (\alpha-c)(t-s)\right).
\]
The constants $C, C', c', c'', C''$ depend only on $C_{\Psi}$, $\beta_1, \beta_2, C_0, C_{10}, C_{11}, C_2, C_4, C_{VD}(X), C_{PI}(X)$.

7. Parabolic maximum principle and caloric functions

Proposition 7.1 (Parabolic maximum principle). Suppose $(\mathcal{E}_t, F)$, $t \in \mathbb{R}$, is a family of bilinear forms satisfying Assumption 1. Assume that $\mathcal{E}^{sym}_t(f, f) > 0$ for all $t \in \mathbb{R}$ and $f \in F$. Let $I = (s, T)$ for some $-\infty < s < T \leq \infty$. Let $U \subset X$ be an open subset. Let $u \in C_0(I \rightarrow L^2(U))$ be a local very weak subsolution of the heat equation for $L_t$ in $I \times U$. Assume that $u^+(t, \cdot) \in F^0(U)$ for every $t \in I$, and $u^+(t, \cdot) \rightarrow 0$ in $L^2(U)$ as $t \rightarrow s$. Then $u \leq 0$ almost everywhere on $I \times U$.

For weak subsolutions of the heat equation for symmetric regular Dirichlet forms, the parabolic maximum principle is proved in [14, Proposition 5.2] (see also [11, Proposition 4.11]). Their proof makes explicit use of the Markov property of the Dirichlet form. Below we give a proof of Proposition 7.1 that relies on Steklov averages.

Proof of Proposition 7.1. Let $u$ be as in the proposition. Then [22] extends to all $\phi \in F^0(U)$ by an approximation argument together with the Cauchy-Schwarz inequality and Assumption 1. Thus, for any fixed $t$, we can take $\phi = (u^+)_{h}(t) \in F^0(U)$ as test function in [22]. Let $s < a < b < T$ and $h > 0$ be so small that $b + h < T$. Since $u_h$ has the strong time-derivative $\frac{\partial}{\partial t}(u^+)_{h}(t) = \frac{1}{h}[u^+(t+h) - u^+(t)]$, we have
\[
\int_{U} (u^+)_{h}^2(b) d\mu - \int_{U} (u^+)_{h}^2(a) d\mu
\]
\[
= \int_{a}^{b} \frac{d}{dt} \int_{U} (u^+)_{h}^2(t) d\mu dt
\]
\[
= 2 \int_{a}^{b} \frac{1}{h} \int_{U} [u^+(t+h) - u^+(t)](u^+)_{h}(t) d\mu dt
\]
\[
= 2 \int_{a}^{b} \frac{1}{h} \int_{U} [u(t+h) - u(t)](u^+)_{h}(t) d\mu dt
\]
\[-2 \int_a^b \frac{1}{h} \int_U [u^-(t + h) - u^-(t)](u^+)_{h}(t)\,d\mu \, dt \leq -2 \int_a^b \frac{1}{h} \int_t^{t+h} \mathcal{E}_s \left( (u^+)_{h}(t) \right) \, ds \, dt \]
\[-2 \int_a^b \frac{1}{h} \int_U [u^-(t + h) - u^-(t)](u^+)_{h}(t)\,d\mu \, dt \]
\begin{equation}
(57)
\end{equation}
\begin{equation}
(58)
\end{equation}
\begin{equation}
(59)
\end{equation}
\begin{equation}
(60)
\end{equation}

Letting \( h \) go to 0, we see that (57) and (58) tend to 0 by Assumption 6 and Corollary 3.10. In (59), observe that \(-\mathcal{E}_s \left( (u(t), u^+(t)) \right) = \mathcal{E}_s \left( (u^+(t), u(t)) \right) \leq 0 \) because \( \mathcal{E}_s \) is local and its symmetric part is non-negative definite. The integrand in (60) converges to 0 pointwise almost everywhere. Hence (60) goes to 0 by the dominated convergence theorem. Thus, we obtain
\[
\int_U (u^+)^2(b)d\mu - \int_U (u^+)^2(a)d\mu \leq 0.
\]

for almost every \( s < a < b < T \). The assumption that \( u^+(t, \cdot) \to 0 \) in \( L^2(U) \) as \( t \to s \) implies that we can make \( \int_U (u^+(a))(a)d\mu \) arbitrarily small by choosing \( a \) sufficiently close to \( s \). Hence,
\[
\int_U (u^+)^2(b)d\mu \leq 0,
\]
so \( u^+(b) = 0 \) \( \mu \)-almost everywhere on \( U \), for almost every \( b \in I \). This proves that \( u \leq 0 \) almost everywhere on \( I \times U \).

\textbf{Corollary 7.2} \textbf{(Super-mean value inequality)}. Suppose \( (\mathcal{E}_t, \mathcal{F}) \), \( t \in \mathbb{R} \), is a family of bilinear forms satisfying Assumption 6. Assume that \( \mathcal{E}_t^{sym}(f, f) \geq 0 \) for all \( t \in \mathbb{R} \) and \( f \in \mathcal{F} \). Let \( I = (s, T) \) for some \(-\infty < s < T \leq \infty \). Let \( f \in L^2(U) \), \( f \geq 0 \). Let \( u \in C_{loc}(I \to L^2(U)) \) be a non-negative local \( \mathcal{F} \)-valued supersolution of the heat equation for \( L_t \) in \( (s, T) \times U \) such that \( u(t, \cdot) \to f \) in \( L^2(U) \) as \( t \downarrow s \). Then, for every \( t \in (s, T) \),
\[
u(t) \geq P^D(t, s)f(x) \quad \text{for a.e. } x \in U.
\]

\textbf{Proof}. Following [4 Corollary 2.3], we apply the parabolic maximum principle to the local very weak subsolution \( v(t, \cdot) = P^D(t, s)f - u(t, \cdot) \). Indeed, we have \( v^+(t, \cdot) \in \mathcal{F}^0(U) \) for every \( t \in I \) by Proposition 6.2 and Lemma 4.4. Now Proposition 7.1 yields that \( v \leq 0 \) almost everywhere in \( I \times U \). Continuity in \( t \) completes the proof of the super-mean value inequality. \( \square \)

The properties listed in the next Proposition are the defining properties of a space of caloric functions as defined in [4].
Proposition 7.3. Suppose $(E_t,\mathcal{F})$, $t \in \mathbb{R}$, is a family of left-strongly local bilinear forms satisfying Assumption \[.\] Assume that $E^\alpha f(f,f) \geq 0$ for all $t \in \mathbb{R}$ and $f \in \mathcal{F}$. Let $I = (s,T)$ for some $T \leq \infty$. Let $U \subset X$ be open. Let $W(I \times U)$ be the space of local weak solutions of the heat equation for $L_t$ on $I \times U$. Then

(i) $W(I \times U)$ is a linear space over $\mathbb{R}$.
(ii) If $I' \subset I$ and $U' \subset U$, then $W(I \times U) \subset W(I' \times U')$.
(iii) For any $f \in L^2(U)$, the function $(t,x) \mapsto P^D_t f(x)$ is in $W(I \times U)$.
(iv) Any constant function in $U$ is the restriction to $U$ of a time-independent function in $W(I \times U)$.
(v) For any non-negative $u \in W(I \times U)$ and every $s < r < t < T$,
\[u(t,x) \geq P^D_t (t,r)u(r,x) \quad \text{for a.e. } x \in U.\]

Proof. Properties (i) and (ii) are immediate from the definition of local weak solutions. Property (iii) is immediate from the definition of $P^D_t$. Property (iv) follows from the left-strong locality and the definition of local weak solutions. Property (v) follows from Corollary \[.] \]

8. Construction of non-symmetric local forms

In this section we show how to construct non-symmetric forms on a given symmetric strongly local regular Dirichlet space $(X,d,\mu,E^*,\mathcal{F})$. Let $Y \subset X$ be an open subset and $R_0 > 0$. Suppose Assumption \[.] is satisfied.

Definition 8.1. Let $\mathcal{H}$ be the space of all functions $h \in \mathcal{F} \cap L^\infty(Y,\mu)$, $h \geq 0$, for which there exists a constant $C_h \in (0,\infty)$ such that
\[\forall f \in \mathcal{F}_c(Y) \cap L^\infty(Y,\mu), \quad \int d\Gamma(f,h) \leq C_h \int f \, d\mu.\]

For instance, $\mathcal{H}$ contains any non-negative bounded function that is $E^*$-harmonic on the subset $Y$. Also the ground state on a bounded domain containing $Y$ is in $\mathcal{H}$.

Lemma 8.2. Let $h \in \mathcal{H}$. Then there exists a constant $C_h \in (0,\infty)$ such that
\[\forall f \in \mathcal{F}_c(Y), \quad \int f^2 d\Gamma(h,h) \leq C_h \|f\|_{L^2}^2.\]

Proof. It suffices to show \[.] when $f \in \mathcal{F}_c(Y)$ is bounded (otherwise approximate $f$ by bounded functions $f_n := (f \wedge n) \vee (-n)$). Then $f^2 h \in \mathcal{F}_c(Y) \cap L^\infty(Y,\mu)$. By \[], \[], and \[2],
\[\int f^2 d\Gamma(h,h) = \int d\Gamma(f^2 h,h) - 2 \int f h d\Gamma(f,h) \leq \frac{1}{2} \int f^2 d\Gamma(h,h) + 8 \int h^2 d\Gamma(f,f) + C'_h \int f^2 d\mu.\]

Since, by assumption, $h$ is bounded, \[.] follows by rearranging the terms in the above inequality. \quad \Box

Proposition 8.3. Let $h \in \mathcal{H}$. For $f,g \in \mathcal{F}_b$, set
\[E(f,g) := E^*(f,g) + \int g d\Gamma(f,h) - \int f d\Gamma(g,h).\]

Then the results of Section \[.] Sections \[.5-7.2] and Section \[.] apply to $(\mathcal{E},\mathcal{F})$, provided that $(\mathcal{E}^*,\mathcal{F})$ satisfies Assumption \[.] as required in these results (locally or globally).
Proof. We point out that the bilinear form $\mathcal{E}$ is defined on $\mathcal{F}_n \times \mathcal{F}_b$ and its skew-symmetric part may not satisfy the inequality in Assumption 0(i). Nevertheless, by locality the definition makes sense for any pair $(f, g)$ where $f \in \mathcal{F}_{loc}(Y)$ and $g = f^2$ for some $\psi \in \mathcal{F}_c \cap L^\infty(Y, \mu)$. Moreover, if $(f_k) \subset \mathcal{F}_c(X)$ converges to some $f \in \mathcal{F}$ in $(\mathcal{F}, \| \cdot \|_F)$ and quasi-everywhere, then one can easily verify that, for any positive integer $n$ and any $p \geq 2$,

$$\lim_{k \to \infty} \mathcal{E}(f_k, f_k (f_k \wedge n)^{p-2} \psi^2) = \mathcal{E}(f, f(f \wedge n)^{p-2} \psi^2).$$

This is in fact sufficient to apply the argument of (24) and the paragraph thereafter, which is the only place where we have used Assumption 0(i) within Section 4 and Section 5.1 - 5.2.

Below we will verify that $(\mathcal{E}, \mathcal{F})$ satisfies Assumption 0(ii)-(vi), Assumption 1 and Assumption 2.

It is immediate from (63) that $(\mathcal{E}, \mathcal{F})$ is a local bilinear form. The symmetric part of $\mathcal{E}$ is $\mathcal{E}^{sym} = \mathcal{E}^s = \mathcal{E}^+$. This follows easily from the definition of $\mathcal{E}^s$ and the strong locality of $(\mathcal{E}^s, \mathcal{F})$. Thus, part (ii), (iii) and (vi) of Assumption 0 are trivially satisfied. Observe that $\mathcal{L}(f, g) = \int g \, d\Gamma(f, h)$. Since $\Gamma$ obeys the product rule and the chain rule, part (iv) and part (v) of Assumption 0 are verified.

Next, we show that $(\mathcal{E}, \mathcal{F})$ satisfies Assumption 1. The estimate on $\mathcal{E}^{sym}$ is trivially satisfied. Let $\epsilon \in (0, 1)$. Let $0 < r < R \leq R_0$ and $B(x, 2R) \subset Y$. Let $g \in \text{CSA}(\Psi, \epsilon, C_0)$ be a cutoff function for $B(x, R) \subset B = B(x, R + r)$. Let $0 \leq f \in \mathcal{F}_{loc}(Y) \cap L^\infty(Y, \mu)$. By (61),

$$|\mathcal{E}^{skew}(f^2 g^2, 1)| = \left| \int d\Gamma(f^2 g^2, h) \right| \leq C_h^2 \int f^2 g^2 \, d\mu \leq C_h \int f^2 \, d\mu.$$

Furthermore, we have

$$\mathcal{E}^{skew}(f, f g^2) = -2 \int f^2 g \, d\Gamma(g, h).$$

By (2), (62), (4), and the cutoff Sobolev inequality ($\mathcal{E}$),

\[
2 \left| \int f^2 g \, d\Gamma(g, h) \right| \\
\leq 2 \left( \int f^2 d\Gamma(g, g) \right)^{1/2} \left( \int g^2 d\Gamma(h, h) \right)^{1/2} \\
\leq 2C_h^{1/2} \left( \int f^2 d\Gamma(g, g) \right)^{1/2} \left( 2 \int g^2 d\Gamma(f, f) + 2 \int f^2 d\Gamma(g, g) + \int f^2 g^2 \, d\mu \right)^{1/2} \\
\leq 2C_h^{1/2} \left( \epsilon \int g^2 d\Gamma(f, f) + \frac{C_0(\epsilon)}{\Psi(r)} \int g f^2 \, d\mu \right)^{1/2} \left( 2 \int g^2 d\Gamma(f, f) \right)^{1/2} \\
+ 2C_h^{1/2} \left( 2 \int f^2 d\Gamma(g, g) + \int f^2 g^2 \, d\mu \right) \\
\leq 2C_h^{1/2} \left[ \frac{1}{\epsilon^{1/2}} \left( \epsilon \int g^2 d\Gamma(f, f) + \frac{C_0(\epsilon)}{\Psi(r)} \int g f^2 \, d\mu \right) + 2\epsilon^{1/2} \int g^2 d\Gamma(f, f) \right] \\
+ 2C_h^{1/2} \left( 2 \epsilon \int g^2 d\Gamma(f, f) + \left( 2\frac{C_0(\epsilon)}{\Psi(r)} + 1 \right) \int f^2 g \, d\mu \right) \\
\leq C_{11}^{1/2} \int g^2 d\Gamma(f, f) + (C_2 + C_3 \Psi(r)) \epsilon^{-1/2} \frac{C_0(\epsilon)}{\Psi(r)} \int f^2 \, d\mu,
\]

where $C_{11}$ is defined in (65).
for some constants $C_1$, $C_2$, $C_3$ depending only on $C_h$ and $C_0$. This proves that $(\mathcal{E}, \mathcal{F})$ satisfies Assumption $\square$. Similarly, one can verify that Assumption $\square$ is satisfied.

Next, we show that $(\mathcal{E}, \mathcal{F})$ satisfies Assumption $\square$. Let $g$ be as above and $0 \leq f \in \mathcal{F}_{\text{loc}}(Y)$ with $f + f^{-1} \in L^\infty_{\text{loc}}(Y)$. By $\square$, $\square$, and by the cutoff Sobolev inequality $\square$,

\[
|\mathcal{C}_{\text{skew}}(f, f^{-1}g^2)| = \left| \int f^{-1}g^2d\Gamma(f, h) - \int fd\Gamma(f^{-1}g^2, h) \right| \\
= -2\int gd\Gamma(g, h) + 2\int g^2d\Gamma(\log f, h) \\
\leq 2\left( \int g^2d\Gamma(g, g) \right)^{1/2} \left( \int g^2d\Gamma(h, h) \right)^{1/2} \\
+ 2\left( \int g^2d\Gamma(\log f, \log f) \right)^{1/2} \left( \int g^2d\Gamma(h, h) \right)^{1/2} \\
\leq 2C_h^{1/2} \left[ \left( \int g^2d\Gamma(g, g) \right) + \int g^2d\mu \right]^{1/2} \left( \int g^2d\Gamma(\log f, \log f) \right)^{1/2} \left( \int g^2d\Gamma(g, g) + \int g^2d\mu \right)^{1/2} \\
\leq 2C_h^{1/2} \left[ \left( \int g^2d\Gamma(g, g) + \int g^2d\mu \right) \left( \frac{C_0}{\Psi(r)} + 1 \right) (1 + \epsilon^{-1/2}) \int g^2d\mu \right] \\
\leq C_1 \epsilon^{1/2} \int g^2d\Gamma(\log f, \log f) + (C_4 + C_5\Psi(r)) \frac{\epsilon^{-1/2}C_0}{\Psi(r)} \int g^2d\mu,
\]

for some constants $C_1$, $C_4$, $C_5$ depending only on $C_h$ and $C_0$. $\square$

It might be possible to weaken Assumption $\square$ in such a way that it covers the example constructed above. However, this issue concerns the (local) domains of the bilinear forms. We chose to keep Assumption $\square$ as it is for the sake of the readability of the paper.

References

[1] S. Andres and M. T. Barlow, Energy inequalities for cutoff functions and some applications, J. Reine Angew. Math. 699 (2015), 183215.
[2] M. T. Barlow and R. F. Bass, Stability of parabolic Harnack inequalities, Trans. Amer. Math. Soc., 356 (2004), pp. 1501–1533 (electronic).
[3] M. T. Barlow, R. F. Bass, and T. Kuma, Stability of parabolic Harnack inequalities on metric measure spaces, J. Math. Soc. Japan, 58 (2006), pp. 485–519.
[4] M. T. Barlow, A. Grigor’yan, and T. Kumagai, On the equivalence of parabolic Harnack inequalities and heat kernel estimates, J. Math. Soc. Japan, 64 (2012), pp. 1091–1146.
[5] M. Biroli and U. Mosco, A Saint-Venant type principle for Dirichlet forms on discontinuous media, Annali di Matematica Pura ed Applicata, 169 (1995), pp. 125–181. 10.1007/BF01759352.
[6] E. Bombieri and E. Giusti, Harnack’s inequality for elliptic differential equations on minimal surfaces, Invent. Math., 15 (1972), pp. 24–46.
[7] Z.-Q. Chen and M. Fukushima, Symmetric Markov processes, time change, and boundary theory, vol. 35 of London Mathematical Society Monographs Series, Princeton University Press, Princeton, NJ, 2012.
[8] E. B. Davies, Heat kernel bounds, conservation of probability and the Feller property, Festchrift on the occasion of the 70th birthday of Shmuel Agmon, J. Anal. Math., 58 (1992), pp. 99–119.
[9] N. Eldridge and L. Saloff-Coste, Witten’s representation theorem for symmetric local Dirichlet spaces, J. Theoret. Probab., 27 (2014), pp. 1178–1212.
[10] M. Fukushima, Y. Ōshima, and M. Takeda, Dirichlet forms and symmetric Markov processes, vol. 19 of de Gruyter Studies in Mathematics, Walter de Gruyter & Co., Berlin, 1994.
[11] A. Grigor’yan and J. Hu, Off-diagonal upper estimates for the heat kernel of the Dirichlet forms on metric spaces, Invent. Math., 174 (2008), pp. 81–126.
[12] A. Grigor’yan, J. Hu, and K.-S. Lau, Heat kernels on metric spaces with doubling measure, in Fractal geometry and stochastics IV, vol. 61 of Progr. Probab., Birkhäuser Verlag, Basel, 2009, pp. 3–44.

[13] A. Grigor’yan, H. J., and K.-S. Lau, Generalized capacity, Harnack inequality and heat kernels of Dirichlet forms on metric spaces, J. Math. Soc. Japan, 67 (2015) 1485-1549.

[14] A. Grigor’yan and A. Telcs, Two-sided estimates of heat kernels on metric measure spaces, Ann. Probab., 40 (2012), pp. 1212–1284.

[15] A. A. Grigor’yan, The heat equation on noncompact Riemannian manifolds, Mat. Sb., 182 (1991), pp. 55–87.

[16] W. Hebisch and L. Saloff-Coste, On the relation between elliptic and parabolic Harnack inequalities, Ann. Inst. Fourier (Grenoble), 51 (2001), pp. 1437–1481.

[17] J. Lierl, Scale-invariant boundary Harnack principle on inner uniform domains in fractal-type spaces, Potential Anal., 43 (2015), pp. 717–747.

[18] J. Lierl, The Dirichlet heat kernel in inner uniform domains in fractal-type spaces, submitted.

[19] J. Lierl and L. Saloff-Coste, Parabolic Harnack inequality for time-dependent non-symmetric Dirichlet forms, version of March 2017.

[20] J.-L. Lions and E. Magenes, Non-homogeneous boundary value problems and applications. Vol. I, Springer-Verlag, New York, 1972. Translated from the French by P. Kenneth, Die Grundlehren der mathematischen Wissenschaften, Band 181.

[21] Z. M. Ma and M. Röckner, Introduction to the theory of (nonsymmetric) Dirichlet forms, Universitext, Springer-Verlag, Berlin, 1992.

[22] U. Mosco, Composite media and asymptotic Dirichlet forms, J. Funct. Anal., 123 (1994), pp. 368–421.

[23] J. Moser, A Harnack inequality for parabolic differential equations, Comm. Pure Appl. Math., 17 (1964), pp. 101–134.

[24] ———, Correction to: “A Harnack inequality for parabolic differential equations”, Comm. Pure Appl. Math., 20 (1967), pp. 231–236.

[25] J. Moser, On a pointwise estimate for parabolic differential equations, Comm. Pure Appl. Math., 24 (1971), pp. 727–749.

[26] L. Saloff-Coste, A note on Poincaré, Sobolev, and Harnack inequalities, Internat. Math. Res. Notices, (1992), pp. 27–38.

[27] ———, Parabolic Harnack inequality for divergence-form second-order differential operators, Potential Anal., 4 (1995), pp. 429–467. Potential theory and degenerate partial differential operators (Parma).

[28] L. Saloff-Coste, Aspects of Sobolev-type inequalities, vol. 289 of London Mathematical Society Lecture Note Series, Cambridge University Press, Cambridge, 2002.

[29] K.-T. Sturm, Analysis on local Dirichlet spaces. II. Upper Gaussian estimates for the fundamental solutions of parabolic equations, Osaka J. Math., 32 (1995), pp. 275–312.

[30] ———, Analysis on local Dirichlet spaces. III. The parabolic Harnack inequality, J. Math. Pures Appl. (9), 75 (1996), pp. 273–297.

[31] J. Wloka, Partial differential equations, Cambridge University Press, Cambridge, 1987. Translated from the German by C. B. Thomas and M. J. Thomas.

Janna Lierl, Department of Mathematics, University of Connecticut, 341 Mansfield Road, Storrs, CT 06269, USA. janna.lierl@uconn.edu.