RESEARCH ARTICLE

Socio-economic and demographic disparities in ownership and use of insecticide-treated bed nets for preventing malaria among rural reproductive-aged women in northern Ghana

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Abstract

Background

Malaria continues to be a leading cause of morbidity and mortality in most countries in Sub-Saharan Africa. Insecticide-treated bed nets (ITNs) is one of the cost-effective interventions for preventing malaria in endemic settings. Ghana has made tremendous efforts to ensure widespread ownership and use of ITNs. However, national coverage statistics can mask important inequities that demand targeted attention. This study assesses the disparities in ownership and utilization of ITNs among reproductive-aged women in a rural impoverished setting of Ghana.

Methods

Population-based cross-sectional data of 3,993 women between the age of 15 and 49 years were collected in seven districts of the Upper East region of Ghana using a two-stage cluster sampling approach. Bivariate and multivariate regression models were used to assess the social, economic and demographic disparities in ownership and utilization of ITN and to compare utilization rates among women in households owning at least one ITN.

Results

As high as 79% of respondents were found to own ITN while 62% of ITN owners used them the night preceding the survey. We identified disparities in both ownership and utilization of ITNs in wealth index, occupational status, religion, and district of residence. Respondents in the relative richest wealth quintile were 74% more likely to own ITNs compared to those in the poorest quintile (p-value < 0.001, CI = 1.29–2.34) however, they were 33% less likely to use ITNs compared to the poorest (p-value = 0.01, CI = 0.50–0.91).
Conclusion

Interventions aimed at preventing and controlling malaria through the use of bed nets in rural Ghana and other similar settings should give more attention to disadvantage populations such as the poor and unemployed. Tailored massages and educational campaigns are required to ensure consistent use of treated bed nets.

Introduction

In spite of global efforts aimed at controlling and preventing malaria, it is still the leading cause of ill health, death, poverty and low productivity in most developing countries [1, 2]. The World Health Organization (WHO) estimates that in the year 2016 alone, 216 million clinical cases of malaria were recorded while 445,000 deaths occurred globally due to malaria infection [1]. Sub-Saharan Africa alone accounted for 90% of all malaria cases and 91% of deaths due to malaria infection according to the 2017 World Malaria Report [1].

In Ghana, malaria remains highly endemic, even after considerable progress has been achieved in delivering effective prevention and treatment interventions. Malaria accounts for about 38.1% of all Out-Patient Department (OPD) cases and 50% of under-five child admissions to hospitals in Ghana. Also as high as 48.4% of all under-five deaths in Ghana are attributable to malaria infection [3]. Malaria is thus ranked among the top ten causes of morbidity and mortality in Ghana [4]. The disease affects people of all ages but children under-five years of age and pregnant women are the most vulnerable groups [5].

The use of Insecticide Treated bed-Nets (ITNs) is one of the effective strategies recommended by World Health Organization (WHO) for preventing malaria infection and its consequences during pregnancy, such as maternal anemia, stillbirths and intrauterine growth restriction in malaria-endemic settings [6, 7]. ITNs have proven to be a cost-effective method of protection against malaria. It is effective in reducing approximately 50% of malaria episodes among children under-five years of age and a 17% reduction in all-cause mortality [8, 9]. In view of this, the WHO recommends the supply of treated bed-nets free of charge or at a highly subsidized fee in malaria-endemic places using a variety of approaches including mass campaigns and routine distribution channels in order to achieve greater equity of coverage [6, 10].

To promote the use of treated bed nets in Ghana, the Ministry of Health (MoH) freely distributes nets in schools, antenatal clinics and child welfare clinics [11]. Also from 2002, the government of Ghana waived taxes on the importation of treated bed-nets in an effort to make them accessible and affordable [12]. However, despite these efforts, key targets of Ghana’s National Malaria Strategic Plan (2008–2015) on treated bed-nets were not fully achieved [13]. Recent surveys in Ghana have shown that significant proportion of households who have treated nets do not actually use them [12, 14]. The most recent malaria indicator survey reveals that just about 51% of the households have a treated bed-net for every two people in the household [14]. Also, there exist rural and urban disparities in the utilization of treated bed-nets in Ghana [5, 14]. In addition, the proportion of household population who sleep under bed-nets is found to decrease with increasing wealth [12, 14].

Thus, Ghana is yet to reach universal coverage of ITNs (defined as use by 80% or more of a population in an endemic area in order to have the optimum protection [15]). There is, therefore, the need for continuous monitoring and assessment of ownership and utilization of bed-nets, especially among critical sections of the population so as to inform policy and practice in the area of malaria prevention.
Although some studies have examined treated bed-nets ownership and use in Ghana, none has focused on a predominantly rural and deprived setting [5, 14, 16, 17]. This paper aims to identify and highlight the social, economic and demographic disparities in ownership and utilization of insecticide-treated bed-nets among reproductive-aged women in a predominantly rural setting of Ghana.

Materials and methods

Study setting

The data for this analysis were collected in seven districts of the Upper East region located in the extreme north-eastern part of Ghana. The Upper East region is one of the three poorest regions in the country and has a population of about 1,188,800 people [18]. It has a total land area of 8,842km² with a savanna grassland vegetation [19]. It is inhabited by seven major ethnic groups and currently has 15 administrative districts. Subsistence farming is the main economic activity of people in the region [20]. Christianity, Islam and African traditional religion are the major religions of the people in the region [19]. This area is typical of most rural Sahelian African settings. Findings from this region would therefore have relevance for most rural settings in Sub-Saharan Africa. Fig 1 shows the map of Ghana indicating Upper East region.

Source of data

Data came from an independent cross-sectional survey that collected information from women between 15 and 49 years of age in seven districts: Bolgatanga, Bongo, Builsa, Garu/Tempane, Bawku West, Talensi/Nabdam and Bawku East. The purpose was to provide end-of-project data for the evaluation of a health systems plausibility trial that was implemented by the Ghana Essential Health Intervention Project (GEHIP) to improve maternal and child survival. GEHIP was a five-year health system strengthening and research program implemented in the Upper East region from 2010 to 2015. The GEHIP approach involved strengthening the capacity of the health system around six WHO health system building blocks and improving the effectiveness of Ghana’s comprehensive Community-based Health Planning and Service (CHPS) program. Details of the GEHIP program are described elsewhere [20, 21].

Data collection

A two-stage sampling approach was used in the data collection process. First, the Ghana Statistical Service (GSS) sampled and provided the research team a total of 66 predominantly rural Enumeration Areas (EAs) based on the 2010 Population and Housing Census. Guided by this sampling frame, physical identification of EAs was done and a household listing of all members of households in the sampled EAs was carried out. The second stage involved the sampling of households proportional to the population size of each EA. Within sampled households, all females between the ages of 15 and 49 years of age were eligible to be interviewed. The paperless “Open Data Kit” (ODK) software was used to collect the data. This technique, first developed at the University of Washington, permits instantaneous data entry, editing and correction at the time of interviews [22]. Data collection started on the 2nd of October 2014 and ended on the 31st of January 2015.

The survey collected data on maternal and child health indicators, fertility, family planning, universal health coverage among others. During the survey, two questions that relate to Insecticide Treated bed-net (ITNs) were; “Does your household have an insecticide-treated bed net?” and “Did you sleep under an insecticide-treated bed-net last night”. This analysis relies on these
Fig 1. Map of Ghana showing Upper East region in red.

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two questions to explore the disparities in ownership and utilization of ITNs among this cohort of the reproductive-aged women.

Data analysis

STATA 14 software was used in analyzing the data. Basic descriptive statistics was used to describe the composition of variables while bivariate analysis was done using chi-square test of association to identify variables associated with household ownership of ITNs. Furthermore, multivariate analysis using binary logistic regression models are used to explore the disparities in ownership and utilization of ITNs. Utilisation of ITNs was examined only among respondents who reported having ITNs within their household. The variable for wealth index was generated using Principal Component Analysis (PCA) where household assets were used as a proxy for wealth. Assets used to generate wealth index were common household assets used in the study area, they include: radio, television, computer, clock, mobile phone, refrigerator, video deck, decoder, freezer, DVD/VCD, bicycle, motorcycle, motor king, animal drawn cart, car/truck, fun and decoder. Our application of PCA to generate wealth index using these household possessions as a proxy measure of wealth is consistent with previous studies conducted in this setting [19, 20, 23].

Ten independent variables were included in the analysis. Independent variables were first tested for multi co-linearity using the Variance Inflation Factor (VIF) before they were included in the logistic regression models. However, this was found not to be a problem since a mean VIF of 1.32 was found (VIF more than 20 indicates multi co-linearity). We applied sample weighting in our regressing analysis to ensure that findings are representative of the study area. In this analysis, p-values of 0.05 or below were regarded as showing significant relationship while p-values above 0.05 were regarded as not showing a significant association. Both p-values and confidence intervals have been reported in the regression models.

Ethical considerations

The data used in this paper emanates from the Ghana Essential Health Intervention Project (GEHIP). Ethical approval was obtained from the Ethical Review Committee of the Ghana Health Service and Institutional Review Board (IRB) of the Navrongo Health Research Centre prior to the conduct of this study. Inform consent was administered to participants. Data collectors read a written informed consent form/note to participants in their preferred language and explained its content before participants who agreed to participate endorsed two copies of the form and one copy was given to the participant. This procedure was sanctioned by both ethics committees that approved of the study to be conducted. All protocols were followed to ensure confidentiality during data collection, analysis and reporting of findings.

Results

Data from a total of 3,993 women were used in this analysis; about 79% of them reported having at least one ITN in their household. Table 1 shows the background characteristics of respondents and the results of chi-square test of association with ITN ownership within the household. Variables that were significantly associated with ownership of bed nets at bivariate level are age, level of education, functional literacy, occupation, religious affiliation, place of residence, district of residence and wealth index.
Table 1. Background characteristics of respondents.

| Variable                                      | Categories                        | Don't have Bed Net | Have Bed Net | P-value | Total |
|-----------------------------------------------|-----------------------------------|--------------------|--------------|---------|-------|
|                                               | Freq. | %                | Freq. | %                |
| Age Group                                     |       |                  |       |                  |
| 15–19                                         | 38    | 24.05            | 120   | 75.95            | <0.001 | 158   |
| 20–34                                         | 378   | 18.54            | 1661  | 81.46            | 2,039  |
| 35–49                                         | 427   | 23.78            | 1369  | 76.22            | 1,796  |
| Level of Education                            |       |                  |       |                  |
| None                                          | 661   | 22.94            | 2220  | 77.06            | <0.001 | 2,881 |
| Primary/Junior High School                    | 157   | 17.80            | 725   | 82.20            | 882    |
| Secondary/Tertiary                            | 23    | 10.50            | 196   | 89.50            | 219    |
| Other                                         | 2     | 18.18            | 9     | 81.82            | 11     |
| Functional Literacy (Ability to read and understand) |       |                  |       |                  |
| Yes                                           | 106.00| 15.77            | 566   | 84.23            | <0.001 | 672   |
| No                                            | 737.00| 22.19            | 2584  | 77.81            | 3321   |
| Marital Status                                |       |                  |       |                  |
| Not Married yet (single)                      | 31    | 24.03            | 98    | 75.97            | 0.396  | 129   |
| Married                                       | 743   | 20.85            | 2820  | 79.15            | 3,563  |
| Widowed                                       | 55    | 21.65            | 199   | 78.35            | 254    |
| Devoiced/Separated                            | 14    | 29.79            | 33    | 70.21            | 47     |
| Marriage Type                                 |       |                  |       |                  |
| Polygamy                                      | 263   | 21.24            | 975   | 78.76            | 0.874  | 1,238 |
| Monogamy                                      | 474   | 20.62            | 1825  | 79.38            | 2,299  |
| Not specified                                 | 6     | 23.08            | 20    | 76.92            | 26     |
| Occupation                                    |       |                  |       |                  |
| Farming                                       | 395   | 23.54            | 1,283 | 76.46            | <0.001 | 1,678 |
| Trading                                       | 156   | 18.01            | 710   | 81.99            | 866    |
| Artisan                                       | 99    | 19.04            | 421   | 80.96            | 520    |
| No occupation/housewife                      | 161   | 24.54            | 495   | 75.46            | 656    |
| Civil Servant                                 | 6     | 9.38             | 58    | 90.63            | 64     |
| Student                                       | 10    | 16.13            | 52    | 83.87            | 62     |
| Other                                         | 16    | 10.88            | 131   | 89.12            | 147    |
| Religion                                      |       |                  |       |                  |
| Christianity                                  | 407   | 18.11            | 1,840 | 81.89            | <0.001 | 2,247 |
| Traditional                                   | 112   | 22.18            | 393   | 77.82            | 505    |
| Islam                                         | 303   | 26.51            | 840   | 73.49            | 1,143  |
| No Religion                                   | 21    | 21.43            | 77    | 78.57            | 98     |
| Location of Residence                         |       |                  |       |                  |
| Urban                                         | 74    | 21.76            | 266   | 78.24            | 0.031  | 340   |
| Semi-Urban                                    | 148   | 25.08            | 442   | 74.92            | 590    |
| Rural                                         | 621   | 20.27            | 2,442 | 79.73            | 3,063  |
| District of Residence                         |       |                  |       |                  |
| Bolga M.                                      | 60    | 16.57            | 302   | 83.4             | <0.001 | 362   |
| Bongo                                         | 76    | 16.03            | 398   | 84.0             | 474    |
| Bulisa                                        | 94    | 13.39            | 608   | 86.6             | 702    |
| Garu/Tempani                                  | 265   | 29.94            | 620   | 70.1             | 885    |
| Bawku West                                    | 74    | 18.09            | 335   | 81.9             | 409    |
| Talensi/Nabdam                                | 117   | 18.72            | 508   | 81.3             | 625    |
| Bawku East                                    | 149   | 29.27            | 360   | 70.7             | 509    |
| Wealth Index                                  |       |                  |       |                  |
| Quintile1 (Poorest)                           | 232   | 25.89            | 664   | 74.11            | <0.001 | 896   |
| Quintile2                                     | 299   | 22.48            | 1,031 | 77.52            | 1,330  |
| Quintile3                                     | 54    | 19.42            | 224   | 80.58            | 278    |
| Quintile4                                     | 155   | 19.23            | 651   | 80.77            | 806    |
| Quintile5 (Richest)                           | 103   | 15.08            | 580   | 84.92            | 683    |

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Ownership of ITNs

Table 2 shows the multivariate analysis of ITNs ownership. Age, level of education and functional literacy were not significantly associated with ownership of ITN in the multivariate analysis.

On occupational status, women who were housewives or had no occupation were 29% less likely to own ITNs compared to those engaged in farming (p-value = 0.005, OR = 0.71). For religious affiliation, respondents who were affiliated with African traditional religion were 27% less likely to own ITNs compared to respondents affiliated to Christianity (p-value = 0.021, OR = 0.73).

Table 2. Multivariate analysis of ITNs ownership; logistic regression model.

| Determinants                          | Odds Ratio | 95% Conf. Interval | P>|z|
|---------------------------------------|------------|--------------------|-----|
| **Age group (Compared to 15–19)**     |            |                    |     |
| 20–34                                 | 1.46       | 0.97               | 2.21| 0.070|
| 35–49                                 | 1.08       | 0.70               | 1.66| 0.731|
| **Level of Education (Compared with No education)** |   |                    |     |
| Primary/Junior High School            | 1.12       | 0.86               | 1.46| 0.404|
| Secondary/Tertiary                    | 1.80       | 1.00               | 3.24| 0.051|
| Other                                 | 1.08       | 0.21               | 5.43| 0.928|
| **Functional Literacy (Compared with Yes)** |   |                    |     |
| No                                    | 1.14       | 0.81               | 1.60| 0.458|
| **Occupation (Compared with Farming)** |   |                    |     |
| Trading                               | 1.12       | 0.89               | 1.40| 0.356|
| Artisan                               | 0.92       | 0.69               | 1.22| 0.550|
| No occupation/housewife               | 0.71       | 0.55               | 0.90| 0.005|
| Civil Servant                         | 1.00       | 0.38               | 2.63| 0.998|
| Student                               | 0.81       | 0.37               | 1.75| 0.586|
| Other                                 | 1.70       | 0.95               | 3.04| 0.071|
| **Religion (Compared with Christianity)** |   |                    |     |
| Traditional religion                  | 0.73       | 0.56               | 0.95| 0.021|
| Islam                                 | 0.96       | 0.77               | 1.19| 0.699|
| No religion                           | 0.87       | 0.51               | 1.49| 0.618|
| **Location of Residence (Compared with Urban)** | | | |
| Semi-Urban                            | 1.39       | 0.96               | 2.00| 0.078|
| Rural                                 | 1.87       | 1.35               | 2.60| <0.001|
| **District of Residence (Compared with Bolgatanga)** |   |                    |     |
| Bongo                                 | 1.56       | 1.05               | 2.33| 0.028|
| Bilsi                                 | 2.00       | 1.35               | 2.96| 0.001|
| Garu/Tempani                          | 0.57       | 0.40               | 0.82| 0.003|
| Bawku West                            | 1.11       | 0.74               | 1.66| 0.613|
| Talensi/Nabdam                        | 1.20       | 0.83               | 1.75| 0.336|
| Bawku East                            | 0.60       | 0.40               | 0.89| 0.012|
| **Wealth Index (Compared with Quintile1;Poorest)** |   |                    |     |
| Quintile2                             | 1.18       | 0.95               | 1.46| 0.139|
| Quintile3                             | 1.43       | 1.01               | 2.04| 0.046|
| Quintile4                             | 1.48       | 1.15               | 1.89| 0.002|
| Quintile5 ( Richest)                  | 1.74       | 1.29               | 2.34| <0.001|
| Constant                              | 1.35       | 0.67               | 2.73| 0.399|

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Place of residence was found to have a statistically significant association with ownership of ITNs. Respondents resident in rural settings were 87% more likely to own an ITN compared to residents in urban settings (p-value < 0.001, OR = 1.87). District of residence was also statistically associated with ownership of ITNs; women resident in Bongo and Buialsa districts were 1.56 and 2.00 times respectively more likely to have ITN compared to residents of Bolgatanga the regional capital (p-value = 0.028 and < 0.001, OR = 1.56 and 2.00). However, respondents of Garu-Tempane and Bawku East districts were 43% and 40% less likely to own an ITNs compared to those of Bolgatanga (p-value = 0.003 and 0.012, OR = 0.57 and 0.60).

With regards to wealth index, it is apparent from Table 2 that the likelihood of ownership of ITN increases with higher wealth index. While those of quintile3 were 43% more likely to have ITN (p-value = 0.046, OR = 1.43), those belonging to quintiles 4 and 5 (next richest and richest categories) were 48% and 74% more likely to own ITNs compared to those in quintile1; the poorest category (p-values = 0.002 and < 0.001, OR = 1.48 and 1.74 respectively).

**Utilization of ITNs**

Table 3 presents multivariate analysis of utilization of ITNs the night before the survey. As shown in the table, age, level of education, functional literacy and location of residence were not significantly associated with utilization of ITN. However, occupation, religion, district of residence and wealth index were significantly associated with utilization of ITNs.

Respondents who reported that they were students were 52% less likely to used ITN compared to those engaged in farming. Also, those affiliated with Islamic religion were 40% more likely to use ITN compared with their Christian counterparts. Residents of the Bawku West district were more than four times more likely to used ITN compared to residents of Bolgatanga, the regional capital (p-value < 0.001, OR = 4.10). Women in quintile 5 (richest category) were 33% less likely to use ITNs compared with those in quintile 1 (the poorest category) (p-value = 0.010, OR = 0.67).

**Discussion**

Results reported in this paper show that efforts of the malaria control program in improving ownership and use of ITNs in the Upper East region is almost near the attainment of the universal coverage mark which is pegged at 80% and above. However, there are significant disparities in the ownership and use of ITNs by socio-economic and demographic factors in this rural setting. Occupation, religion, district of residence and wealth index were found to influence both ownership and utilization of ITN among reproductive-aged women in the region. Location of residence was associated with ownership of ITN but had no influence on utilization, while educational level, functional literacy and marital status was neither associated with ownership nor utilization of ITNs. Previous studies in other settings have recorded varying outcomes with regards to the association of these variables with ITN ownership. We did not find significant disparities in ownership and utilization by educational status; this is consistent with a previous study conducted in Nigeria [24]. However, some other studies found disparities in ownership and use of ITN by educational status [6, 16, 25]. According to the 2015 Ghana national demographic and health survey, 49.6% of uneducated pregnant women used ITN the night before their survey compared to 43.5% of those educated up to middle school level [5]. We are however unable to determine the statistical significance of the national survey.

Marital status was not significantly associated with ownership and use of ITNs in this analysis. A study conducted in southwestern part of Ethiopia found marital status of household head to be associated with utilization [26]. Many other studies reviewed, however, did not examine the association of marital status with ownership and utilization of ITN [16, 25, 27, 28]. This
study has revealed that women without occupation were 30% less likely to own ITNs. However, it was not so when it came to utilization. Most studies reviewed did not consider the occupational status of the respondent in relation to ownership and utilization of ITN [6, 16, 25, 27]. One study from Ethiopia that examined occupation status of household head did not find any significant disparities in ITN ownership nor utilization [26].

This study has revealed that practitioners of African traditional religion were less likely to own an ITN compared to those of Christian religion. This calls for a further investigation as to why religious affiliation is associated with ownership of ITNs in the study setting. Previous studies have not examined this either. Residents of rural areas were two times more likely to possess ITN compared to residents of urban settings but there was no significant association

### Table 3. Multivariate analysis of ITNs utilization; logistic regression model.

| Determinants                      | Odds Ratio | 95% Conf. Interval | P >z  |
|-----------------------------------|------------|--------------------|-------|
| **Age group (Compared to 15–19)** |            |                    |       |
| 20–34                             | 0.97       | 0.57               | 1.65  | 0.919 |
| 35–49                             | 0.66       | 0.38               | 1.14  | 0.137 |
| **Level of Education (Compared with No education)** |            |                    |       |
| Primary/Junior High School        | 0.94       | 0.70               | 1.26  | 0.692 |
| Secondary/Tertiary                | 0.85       | 0.50               | 1.44  | 0.547 |
| Other                             | 1.12       | 0.22               | 5.75  | 0.890 |
| **Functional Literacy (Compared with Yes)** |            |                    |       |
| No                                | 1.05       | 0.74               | 1.50  | 0.772 |
| **Occupation (Compared with Farming)** |            |                    |       |
| Trading                           | 0.88       | 0.68               | 1.12  | 0.295 |
| Artisan                           | 1.05       | 0.75               | 1.45  | 0.791 |
| No Occupation/housewife           | 0.90       | 0.67               | 1.21  | 0.480 |
| Civil Servant                     | 0.62       | 0.32               | 1.19  | 0.149 |
| Student                           | 0.48       | 0.24               | 0.94  | 0.033 |
| Other                             | 1.14       | 0.70               | 1.85  | 0.604 |
| **Religion (Compared with Christianity)** |            |                    |       |
| Traditional Religion              | 1.00       | 0.74               | 1.35  | 0.980 |
| Islam                             | 1.40       | 1.05               | 1.87  | 0.023 |
| No Religion                       | 0.83       | 0.47               | 1.44  | 0.499 |
| **Location of Residence (Compared with Urban)** |            |                    |       |
| Semi-Urban                        | 1.04       | 0.69               | 1.55  | 0.87  |
| Rural                             | 0.99       | 0.69               | 1.40  | 0.93  |
| **District of Residence (Compared with Bolgatanga)** |            |                    |       |
| Bongo                             | 1.15       | 0.79               | 1.67  | 0.467 |
| Buiisa                            | 1.40       | 0.97               | 2.01  | 0.074 |
| Garu/Tempani                      | 1.33       | 0.90               | 1.97  | 0.147 |
| Bawku West                        | 4.10       | 2.49               | 6.76  | <0.001 |
| Talensi/Nabdam                    | 1.15       | 0.81               | 1.64  | 0.439 |
| Bawku East                        | 1.14       | 0.72               | 1.80  | 0.577 |
| **Wealth Index (Compared with Quintile1; Poorest)** |            |                    |       |
| Quintile2                         | 1.18       | 0.91               | 1.53  | 0.223 |
| Quintile3                         | 1.48       | 0.94               | 2.33  | 0.088 |
| Quintile4                         | 1.19       | 0.88               | 1.61  | 0.253 |
| Quintile5 (Richest)               | 0.67       | 0.50               | 0.91  | 0.010 |
| Constant                          | 3.27       | 1.51               | 7.11  | 0.003 |

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with utilization of ITNs. Other studies have highlighted an association of rural/urban residents with ownership and use of ITNs at the household level; however, there seems to be a mix in the direction of association perhaps due to the targeting strategies employed in different settings. For instance, in a study involving two states of Nigeria, urban households were more likely to own ITN compared to their rural counterparts [29]. However, another study in the same country that assessed ownership and use among pregnant women found those who reside in urban settings to be less likely to own ITN compared to those in rural areas [24]. It however, found women living in urban areas to be almost twice more likely to use ITN compared to rural women [24]. A study in Equatorial Guinea also revealed higher utilization rates for urban dwellers than rural dwellers [25]. However, we believe that high ownership of ITN in rural northern Ghana is perhaps due to the fact that the malaria control efforts and free distribution of ITNs largely targets rural settings.

Findings of this study also reveal disparities in ITNs ownership and use among the districts in the Upper East region of northern Ghana. While two districts (Bongo and Builsa districts) were significantly more likely to own ITNs compared to Bolgatanga (the regional capital), another two (Garu-Tempane and Bawku East districts) were significantly less likely to own ITN compared to Bolgatanga. Although the reason for low ITN ownership in these two districts may not be readily known, it is on record that around 2013/2014 there was a ban on the use of motorbikes in Bawku Municipality due to an inter-tribal conflict in the area and this affected health care delivery services in Bawku Municipality. Garu-Tempane district is geographically located next to Bawku Municipal and therefore might have also suffered from accessibility challenges emanating from the Bawku conflict. The findings of this study, therefore, could be a pointer to the negative effect of conflicts on the delivery of health services.

Socio-economic status (wealth index) is a very important variable to consider when assessing the effect of health interventions or programs. It is important to know if interventions are reaching the poor as much as the relatively well off in society. In this study, we found an increase in ownership of ITN with increasing wealth. In contrast to ownership, we found that the richest category was 33% less likely to use ITN compared to the poorest category. Although only the fifth quintile was statistically significant, our findings support those of an early study in Ghana by the Ghana Statistical Service [5]. Previous studies have also documented significant association of ITNs ownership and utilization with wealth index [6, 16, 26, 29]. However, some studies did not find any association of wealth index with ITNs ownership or use [25, 28, 30]. Among the studies that wealth index was significantly associated with ITN utilization, while most studies found high wealth index to be associated with high utilization of ITN and low wealth index to be associated with low ownership and use [6, 26, 29], one study found lower wealth index to rather be associated with high utilization [16]. This implies that based on the peculiarities of each setting and strategies used in deploying ITNs, the poor and the relatively well-off could benefit disproportionately. It should also be noted that people of high socio-economic status often have access to other methods for preventing man-vector contact and may therefore not use ITN even if they have them in their households. A study in Gabon observed that relatively wealthier people who live in houses with door and window screens often believe they are sufficiently protected from mosquito bites and therefore do not make use of ITNs even if they have them in their households [31]. This phenomenon may merit further investigation to ascertain if the use of door and window screens offers adequate protection as that of treated bed nets.

**Study limitations**

As a cross-sectional quantitative study, this study is limited in understanding some of the contextual factors influencing ownership and use of ITN. Also findings of this study should be
interpreted carefully to avoid over generalization. This notwithstanding, the study provides useful information to guide malaria control intervention activities in Ghana and similar settings.

**Conclusion**

The high ownership and use of treated bed-nets in the Upper East Region might be due to various interventions that have been implemented in the region in recent years. In addition to UNICEF supported interventions embarked upon by the Ghana Health Service and the National Malaria Control Program, the Upper East Regional Health Administration led the implementation of intensive health systems interventions between 2010 and 2015 and it is possible these interventions contributed significantly to the results we obtained in this analysis. However, despite the relatively high percentage of ownership and use of bed nets, the study has revealed disparities by socio-economic status such as, wealth index, occupation, district of residence, location of residence and religious affiliation. It can be inferred from the review of literature that the determinants of ITNs ownership and utilization are not static. Indeed, they are context and time-specific, a system of continuous monitoring and evaluation is therefore required so that disadvantaged sections of the society can often be targeted. Interventions aimed at mitigating inequalities in distribution and ensuring consistent use of ITNs in rural Ghana and other similar settings should give more attention to disadvantage populations such as the poor and unemployed. Tailored massages and educational campaigns are required to ensure consistent use of treated bed nets.

**Supporting information**

S1 File. De-Identified minimal dataset. (DTA)

S1 Text. Study questionnaire. (PDF)

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