Hybrid Triploid Induced by Megaspore Chromosome Doubling in Jujube (Ziziphus jujuba Mill.) ‘Maya’ and Its Characteristics

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Abstract: Polyploid breeding is an important strategy for tree improvement because polyploid individuals typically show superior traits, such as improved growth, stress resistance, and superior fruit quality. Artificial induction of chromosome doubling of female gametes is an effective approach to obtain triploid progeny. However, no triploid fruit tree cultivars have been developed using this approach. The objective of this study was to explore the utility of chromosome doubling in female gametes of ‘Maya’ jujube to produce triploid individuals. The temporal relationship between flower bud morphology and the megaspore meiotic stage was studied to guide the optimal timing of colchicine treatment. Colchicine solution was applied to bearing shoots of mature ‘Maya’ jujube trees in a field experiment using two treatment methods (improved cotton leaching and injection method) and three concentrations (0.3%, 0.4%, and 0.5%). The water transport rate of ‘Maya’ jujube shoots was studied using dye solution to judge the effectiveness and timing of the colchicine treatment methods. Two triploids were identified among the progenies from the colchicine-treated shoots. The highest efficiency of triploid production was 3.3% when flower buds of diameter 1.76–2.12 mm were treated with 0.3% colchicine solution for 4 h using an improved cotton leaching method. The ground diameter, plant thorn length, leaf width, leaf area, stomatal length, stomatal width, chlorophyll content, and photosynthetic parameters of one triploid individual were significantly higher than those of diploids of identical parentage at 18 months old. Thus, induction of 2n megaspores is an effective approach to generate triploid jujube. These results are expected to promote and accelerate triploid breeding in fruit trees.

Keywords: ‘Maya’ jujube; 2n female gamete; triploid

1. Introduction

Polyploid breeding is an important strategy for fruit tree improvement. Polyploid fruit trees typically show excellent performance in stress resistance, growth, and fruit size, as well as texture, for example [1–3]. Such traits may significantly shorten the breeding period, and improve the adaptability and competitiveness of fruit trees. Consequently, polyploids have been widely used in fruit tree production [4–6]. The use of colchicine [7,8] or high temperature [9,10] to induce the formation of 2n gametes and their use in controlled pollinations is an important approach to obtain triploid progeny [11]. As a polyploidization agent, colchicine treatment is the most common and effective method applied to produce diploid gametes and triploids, as has been reported for poplar [12], cassava [13], Eucalyptus [14], and Cymbidium [15]. The triploids generated by this method enable simultaneous utilization of heterosis and gene dosage effects to obtain new cultivars with superior traits [16,17]. During fertilization, the induced 2n pollen usually exhibits weaker development and competitiveness compared with haploid pollen [18], whereas 2n female gametes show greater efficiency for formation of triploids by hybridization [19]. Induction of 2n female gametes by chromosome doubling in the megaspore or embryo sac has been...
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Chinese jujube (Ziziphus jujube Mill.) belongs to the family Rhamnaceae. It is an economically important woody fruit tree that originated in China and has a long cultivation history of more than 7000 years [22]. Jujube fruit are rich in vitamin C, sugar, iron, calcium, zinc, and other nutrients, and have medicinal properties [23,24]. Of the cultivated selections, ‘Maya’ jujube is among the most favored cultivars. The fruit of ‘Maya’ jujube has an attractive oval shape, thin peel, and is rich in nutrients and, thus, is popular among consumers. The fruit matures from late August to early September. Compared with other cultivars, the fruit is early maturing, which enables earlier marketing and is economically beneficial. The cultivar, thus, has strong potential for market development [25]. However, the fruit of ‘Maya’ jujube is smaller in size [26] and is more prone to cracking during the white maturity stage [27] than the fruit of many other commercial jujube cultivars. Therefore, both an increase in fruit size and resistance to fruit cracking are important goals for ‘Maya’ jujube breeding.

The objective of this study was to explore the utility of chromosome doubling in female gametes of ‘Maya’ jujube to produce triploids. Morphological and cytological observations of flower buds were conducted to determine the appropriate concentration and method of colchicine treatment for induction of chromosome doubling in the megaspore. Assessment of the phenotypic traits of the triploids raised provided a theoretical basis for practical application of this germplasm. The results provide a foundation for chromosome doubling in female gametes and the potential utility of triploid germplasm in the breeding of fruit trees.

2. Materials and Methods

2.1. Plant Materials

This study was performed with the 6-year-old robust trees of ‘Maya’ jujube (2n = 2x = 24), located at the Qiyuan village, Liucun Town, Changping District, Beijing in China. These jujube trees were grafted onto the two-year-old sour jujube rootstock six years ago.

2.2. Morphological and Cytological Observations of Flower Buds

The external morphology of the flower buds on the robust secondary shoots were observed every three days from April to June in 2017. Flower buds diameter were measured with vernier caliper and sampled every three days. At least 30 samples were measured each time and repeated three times. All flower buds collected from bearing shoots fixed in FAA fixative (70% ethanol/acetic acid/40% formaldehyde, 90:5:5) at 4 °C for 24 h. Ovaries from each fixed bud were embedded in paraffin and sectioned every 8–10 µm and stained with iron hematoxylin for megasporogenesis observation under an Olympus BX51 (BX51,Olympus, Tokyo, Japan) microscope.

2.3. Water Transport of ‘Maya’ Jujube Shoots

The ability of the ‘Maya’ jujube shoots to conduct water was evaluated using dye tracer method [28]. A total of 24 semi-lignified shoots, 24 lignified shoots, and six bearing shoots were randomly selected. According to the cotton leaching method of Xi et al. [12], basic fuchsin 0.1% aqueous was introduced from the base of the selected shoots. The experiment was carried out in the morning on a sunny day in May 2018. The treated shoots were observed every 30 min and the experiment was lasted for 4 h.

2.4. Colchicine Treatment in Field

Bearing shoots were selected based on the determination of the developmental process of the megasporogenesis, were treated with 0.3%, 0.4%, and 0.5% colchicine solution for 4 h in May 2018 (Table 1). Colchicine treatments were performed by injection [29] and
improved cotton leaching methods, which was improved from Xi et al. [12] by cutting holes that can deep in the xylem on the base of secondary shoot and wrapping cotton soaked with colchicine solution on the holes. The holes are about 30–40 cm away from the flower buds. At least six secondary shoots were treated per treatment and replicated five times. Another 30 untreated shoots served as the control group. The jujube fruits were collected after the trees were naturally pollinated and the fruits were mature.

Table 1. The treatment of colchicine concentration and application method.

| Treatment Number | Colchicine Concentration (%) | Treatment Method               |
|------------------|-------------------------------|--------------------------------|
| 1                | 0.3                           | injection                      |
| 2                | 0.4                           | injection                      |
| 3                | 0.5                           | injection                      |
| 4                | 0.3                           | improved cotton leaching        |
| 5                | 0.4                           | improved cotton leaching        |
| 6                | 0.5                           | improved cotton leaching        |

2.5. Ploidy Determination and Paternal Analysis

Seeds from the treated mature fruits were collected and germinated in December. When the seedlings grew to approximately 15 cm with 6–8 leaves, collected 1–2 fresh leaves for further ploidy level detection. The samples were treated according to the methods from Cui et al. [30] and flow cytometry (Beckman Coulter, CA, USA) was used to detect the ploidy level of offspring.

Leaves of the maternal ‘Maya’ jujube trees, the offspring and all the possible paternal jujube trees around the orchard were collected and stored at −80 °C. DNA was extracted according to the instructions of the kit (Tiangen Biochemical Technology Co., LTD., Beijing, China) and uniformly diluted to 20 ng/µL and put into the refrigerator at −20 °C for later use. The exact male parent for every offspring was identified with highly polymorphic and reproducible primers from the SSR primers previously developed in our laboratory (Table 2). The reaction procedure was referred to Liang et al. [31]. Cervus 3.0 software was used to analyze the parent based on the maximum likelihood method.

Table 2. SSR primer information table.

| Name   | Repeat Motifs | Forward Primer (5′—3′)                  | Reverse Primer (3′—5′)                  | Expected Length (bp) |
|--------|---------------|----------------------------------------|----------------------------------------|----------------------|
| BFU0308 | (TC)11        | TTTCCACCCCAAATACCAA                    | AGACGCTGGATGAGGATGAT                   | 176                  |
| BFU0574 | (CA)7         | GAAGGTGAGAAGTGCCTCTC                   | CCTGACATCCTTTGAGAAA                    | 114                  |
| BFU0546 | (CT)8         | CGTGACGACAATGTTGTA                    | AAACCATGAATTACAGCAA                    | 156                  |
| BFU0277 | (GA)11        | GCACTACCTGTGGAACCTCAA                  | AGTGTGACCTGCCAGAAGA                    | 236                  |
| BFU1205 | (CA)8         | TTTTCGCTGTTCAATTCAG                  | CTATGGCTTTTTCTATTTTGTGA                 | 151                  |
| BFU0377 | (CT)10        | CCGCTGGATCCAATGCT                     | AGCTATGGGCAATGAAAGAT                   | 283                  |
| BFU0467 | (TC)9         | CCGGACCAGTGGAGGTATTA                  | AGAATATGGGATCAACTAACTACCA              | 222                  |
| BFU1157 | (GA)9         | TCCCTAATCTACCTTTCCAAT                 | AAAGCGACAGCAGAAACTGT                  | 234                  |

2.6. Phenotypic Trait Measurement of Triploid and Diploid Offspring

The offspring cultivated for 14 months were transplanted to the Beijing Forestry University Chinese Jujube Breeding Experimental Station (Cangzhou County, Hebei province, China) and adopt the same management measures. The diploid grew well while only one triploid survived. The abaxial epidermis were isolated from the middle part of the mature leaves of each offspring and mounted on slides for microscopic observations. The length, width, and density of 30 stomata per leaf were measured randomly using ImageJ software (version 1.51, NIH, Bethesda, MD, USA).

The phenotypic traits of triploid (TM) and diploid progeny plants (DM-6-14, DM-7-4, and DM-7-5) of the same parent were measured in July 2020. Plant height was measured
The flower development of 'Maya' jujube was monitored. In the Changping area of Beijing in China, the mother-bearing shoots sprouted on 13 April, from which the bearing shoots grew, and the leaves unfolded. Flower buds developed on bearing shoots in early May, blooming was initiated in mid-May, and peak blooming occurred in early June. During the reproductive phase, flowering and fruiting overlapped. An individual flower passed through seven phenological stages: bud split (Figure 1a), initial opening (Figure 1b), sepal flattening (Figure 1c), petal flattening (Figure 1d), stamen flattening (Figure 1e), stamen withering (Figure 1f), and ovary swelling (Figure 1g).

![Figure 1. Flower development stages of ‘Maya’ jujube.](image)

The morphological characteristics of chromosomes at different meiotic stages of male gamete development were observed (Figure 2). In prophase I leptotene (Figure 2a), zygotene (Figure 2b), pachytene (Figure 2c), diplotene (Figure 2d), and diakinesis (Figure 2e) were observed. Many chromosomal changes, such as a disorderly chromosome arrangement, gradual contraction, and intertwining of chromosomes, were observed. At metaphase I, the chromosomes were arranged uniformly on the equatorial plate (Figure 2f). The homologous chromosomes then migrated to opposite cells poles (Figure 2g) and the nucleolus regenerated (Figure 2h). Subsequently, the cell underwent mitotic division to form a tetrad (Figure 2i–m). The microspores eventually developed into mature pollen grains through the mononuclear and dinuclear stages (Figure 2n–p).

The development of megaspores is shown in Figure 3. The ovary of 'Maya' jujube contains two locules (Figure 3a). Each ovule gradually developed into a functional megaspore after meiosis (Figure 3b–d), which was the crucial period for induction of chromosome doubling in the female gamete. The megaspore divided to form a mononuclear embryo sac and then developed into an octonucleate mature embryo after three mitotic divisions (Figure 3e–k).
Figure 2. Microsporogenesis and development of male gametophytes (a–o scale bar = 5 µm; p scale bar = 50 µm). (a) leptotene; (b) zygotene; (c) pachytene; (d) diplotene; (e) diakinesis; (f) metaphase I; (g) anaphase I; (h) telophase I; (i) prophase II; (j) metaphase II; (k) anaphase II; (l) telophase II; (m) tetrad stage (tertrahedroid); (n) slope nucleus centered; (o) dikaryophase; (p) matured pollen grain.

3.2. Relationship between Bud Morphology and Gametophyte Development of ‘Maya’ Jujube

The temporal relationship between flower bud morphology and megaspore meiotic stage was studied to guide the optimal timing of colchicine treatment. When the diameter of the round green flower bud was 0.80–1.12 mm, the microspore mother cell began to undergo meiosis, whereas the megaspore mother cell was undifferentiated (Figure 4, Table 3). When the flower bud diameter was 1.13–1.20 mm, the microspore mother cells were at the leptotene to diakinesis stages, whereas the megaspore mother cells remained undifferentiated. When the flower buds were dark green and 1.21–1.33 mm in diameter, the microspore mother cells underwent meiosis to telophase I, and megaspore mother cells remained undifferentiated. At floral bud diameters of 1.34–1.38 mm, the microspore mother cells were at prophase II to telophase II and an archesporial differentiated from a nucellus cell. At the floral bud, diameters of 1.76–2.12 mm, the bud color was initially dark green and gradually changed to light green as the bud diameter increased; at this stage, the megaspore mother cell underwent meiosis, followed by development of the
female gametophyte. Thus, meiosis of the megaspore mother cell occurred at flower bud diameters of 1.76–2.12 mm, which was the appropriate stage to induce the formation of 2n female gametes. At this stage, colchicine treatment could induce megaspore chromosome doubling and obtain polyploidy.

Figure 3. Megasporogenesis and the development of female gametophyte (a–k scale bar = 20 µm). (a) Longitudinal section of flower bud; (b) ovule primordia; (c) new formed ovule primordial; (d) megaspore mother cell; (e) dyad period; (f) tetrad stage; (g) mononuclear embryo; (h) two-nucleate embryo; (i) tetranuclear embryo; (j,k) octonucleate embryo.

Figure 4. Morphological characteristics of different flower size of ‘Maya’ jujube.

3.3. Water Transport of ‘Maya’ Jujube Shoots

The water transport rate of ‘Maya’ jujube shoots was studied to guide colchicine treatment. After the dye was introduced into the stems, the rate of solution transport in lignified and semi-lignified shoots was fastest within the first hour (Figure 5). The transport distance of the dye exceeded 10 cm at 30 min after treatment. The average transport rate of the dye solution was more than 10 cm/h and the transport distance approached 50 cm within 3 h. The shoot tips and the entire leaves, including the veins and lamina, were stained red at 3 h and 40 min (Figure 6). These results indicated that the treated shoots were capable of fully absorbing colchicine solution at ~4 h in a field experiment.
Table 3. The relationships between flower morphological characteristics and the male and female gametophytes development stages in ‘Maya’ Jujube.

| External Morphology of Bud | Bud Diameter (mm) | Bud Form                      | Microspore Mother Cell Development                              | Megaspore Mother Cell Development     |
|----------------------------|-------------------|-------------------------------|---------------------------------------------------------------|--------------------------------------|
| a                          | 0.80–1.12         | Slightly raised, green        | Archespore, microspore mother cell                           | Undifferentiated                     |
| b                          | 1.13–1.20         | Slightly enlarged, green      | Leptotene–diakinesis                                        | Undifferentiated                     |
| c                          | 1.21–1.33         | Continue to swell, green      | Metaphase I–telophase I                                      | Undifferentiated                     |
| d                          | 1.34–1.38         | Continue to swell, light green| Prophase II–telophase II                                     | Archespore                           |
| e                          | 1.39–1.56         | Continue to swell, light green| Tetrad stage—slope nucleus centered                         | Archespore-sporogenous               |
| f                          | 1.57–1.75         | Sepals distinct, pale green   | Slope nucleus centered—mononuclear fringe phase              | Sporogenous                          |
| g                          | 1.76–2.12         | Sepals distinct, yellowish green | Mononuclear fringe phase—dikaryophase                   | Megaspore mother cell               |
| h–i                        | 2.13–2.50         | Sepals distinct, yellowish green | Dikaryophase                                           | Dyad-function macrospore            |
| j                          | 2.51–2.90         | Sepals about to crack, yellow | Mature pollen grain                                         | Mononuclear embryo Sac-tetruncular embryo sac |
| k–l                        | >2.90             | Sepals about to crack, yellow | Mature pollen grain                                         | Ockaryotic embryo sac               |

Note: The external morphology of the bud in the table corresponds to the development of the bud in Figure 4.

Figure 5. Transport rate of dye solution.

3.4. Colchicine-Induced Chromosome Doubling of Female Gametes of ‘Maya’ Jujube

After colchicine treatment using two methods (improved cotton leaching and injection method) and three concentrations (0.3%, 0.4%, and 0.5%), a total of 1037 bearing shoots survived. Excluding the withered and yellowed bearing shoots treated with 0.5% colchicine solution, the other treated shoots developed normally (Table 4). This observation indicated that 0.5% colchicine was excessive, and might have had a toxic effect on the treated bearing shoots. The number of surviving shoots after treatment ranged from 151 to 196. The highest number of surviving shoots was observed in treatment was 5 (0.4% colchicine, improved cotton leaching) and the fewest were observed in treatment was 2 (0.4% colchicine, injection method).
In September, a total of 616 seeds were collected from the treated shoots. A total of 358 seeds (58.1%) germinated in December. After 30 days, 286 seedlings were obtained (percentage seedling survival 46.4%) (Table 4).

3.5. Ploidy Determination and Paternal Analysis

The ploidy of all progenies was detected by flow cytometry. Two triploid seedlings were identified (Figure 7). The triploid individuals were among the progeny of flower buds treated with a 0.3% colchicine solution using the improved cotton leaching method (triploid yield 3.3%) (Table 4).

Analysis with simple sequence repeat (SSR) markers demonstrated that the male parent of the triploid germplasm was sour jujube, and four diploid offspring shared the same parents (Table 5). By comparing the allelic configuration corresponding to the marker sites of the same primers for the triploid offspring with that of the parent, it was shown that two chromosomes were derived from the maternal parent and one chromosome from the paternal parent. These results confirmed that the triploid seedlings were derived from megaspores that had undergone chromosome doubling (Figure 8).
Table 4. The experiment treatment and results of colchicine inducing triploid of ‘Maya’ jujube.

| Treatment | Number of Treated Shoots | Number of Treated Bearing Shoots | Number of Survived Bearing Shoots | External Morphology of Bearing Shoots | Number of Treated Seeds | Number of Germinated Seeds | Germination Rate (%) | Seedling Number | Seedling Survival Rate (%) | Triploid Number | Triploid Rate (%) |
|-----------|--------------------------|-----------------------------------|-----------------------------------|---------------------------------------|-------------------------|---------------------------|----------------------|----------------|-----------------------------|----------------|------------------------|
| 1         | 6                        | 164                               | 160                               | Normal growth                         | 107                     | 67                        | 62.6                 | 42             | 39.3                       | 0              | 0                      |
| 2         | 6                        | 151                               | 151                               | Normal growth                         | 108                     | 60                        | 55.6                 | 53             | 49.1                       | 0              | 0                      |
| 3         | 6                        | 172                               | 167                               | Some appear wilted and yellow         | 95                      | 52                        | 54.7                 | 44             | 46.3                       | 0              | 0                      |
| 4         | 6                        | 183                               | 183                               | Normal growth                         | 126                     | 72                        | 57.1                 | 61             | 48.4                       | 2              | 3.3                    |
| 5         | 6                        | 196                               | 196                               | Normal growth                         | 92                      | 57                        | 62.0                 | 49             | 53.3                       | 0              | 0                      |
| 6         | 6                        | 185                               | 180                               | Some appear wilted and yellow         | 88                      | 50                        | 56.8                 | 37             | 42.0                       | 0              | 0                      |
| Total     | 36                       | 1051                              | 1037                              |                                        | 616                     | 358                       | 58.1                 | 286            | 46.4                       | 2              | 3.3                    |
Table 5. Paternal identification results.

| Offspring Name | Mother Name | Pair LOD Score | Candidate Father    |
|----------------|-------------|----------------|---------------------|
| TM             | Maya jujube | 7.73           | Sour jujube         |
| DM-6-10        | Maya jujube | 6.46           | Datian Sour jujube  |
| DM-6-11        | Maya jujube | 6.34           | Dabai jujube        |
| DM-6-12        | Maya jujube | 7.52           | Sour jujube         |
| DM-6-14        | Maya jujube | 6.54           | Sour jujube         |
| DM-6-15        | Maya jujube | 3.80           | Datian Sour jujube  |
| DM-6-17        | Maya jujube | 4.75           | Sour jujube         |
| DM-6-18        | Maya jujube | 7.84           | Xiaoai jujube       |
| DM-6-19        | Maya jujube | 5.32           | Datian Sour jujube  |
| DM-6-20        | Maya jujube | 7.84           | Xiaoai jujube       |
| DM-6-21        | Maya jujube | 7.25           | Datian Sour jujube  |
| DM-7-1         | Maya jujube | 7.84           | Dabai jujube        |
| DM-7-2         | Maya jujube | 7.20           | Dabai jujube        |
| DM-7-3         | Maya jujube | 7.84           | Dabai jujube        |
| DM-7-4         | Maya jujube | 4.74           | Sour jujube         |
| DM-7-5         | Maya jujube | 6.06           | Sour jujube         |

Note: DM represent diploid offspring and TM represents triploid offspring.

Figure 8. Allele configurations of three pairs of primers in triploid hybrids. (a) BFU 0308; (b) BFU 0377; (c) BFU 1205. Each row represents the female parent, male parent, and triploid offspring, respectively.

3.6. Phenotypic Trait Assessment of Triploid and Diploid Offspring

The phenotypic traits of a triploid plant (TM) and three diploid plants (DM-6-14, DM-7-4, and DM-7-5) derived from the same parents were compared. Although the height of the triploid plant was significantly less than that of the diploid plants, the ground diameter, thorn length, leaf width, leaf area and chlorophyll content were significantly higher than those of the diploid plants (Table 6, Figure 9). Additionally, measurement of photosynthetic parameters indicated that the triploid plant showed higher photosynthetic efficiency than that of the diploid plants. The photosynthetic rate ($Pn$), stomatal conductance ($Gs$), transpiration rate ($Tr$), and photosynthetic efficiency of a whole leaf (PEw) of the triploid plants were significantly higher than those of the diploid plants based on one-way ANOVA F-tests (Table 7).
Table 6. Comparison of phenotypic traits between diploid and triploid plants.

| Ploidy   | Height (cm) | Ground Diameter (mm) | Thorn Length (mm) | Leaf Length (cm) | Leaf Width (cm) | Leaf Area (cm²) | Chlorophyll Content |
|----------|-------------|----------------------|-------------------|------------------|-----------------|-----------------|---------------------|
| DM-6-14  | 40.33 ± 1.15b | 4.37 ± 0.12b         | 3.75 ± 0.27bc     | 3.41 ± 0.35c     | 1.29 ± 0.22c    | 3.84 ± 0.53c    | 34.58 ± 4.64b       |
| DM-7-4   | 42.67 ± 1.52ab| 4.40 ± 0.10b         | 8.23 ± 0.23b      | 4.36 ± 0.56a     | 1.81 ± 0.20b    | 5.42 ± 1.74b    | 32.77 ± 3.99b       |
| DM-7-5   | 43.33 ± 1.15a | 4.43 ± 0.12b         | 4.55 ± 0.13c      | 3.84 ± 0.48b     | 1.77 ± 0.24b    | 3.99 ± 0.90c    | 35.11 ± 2.89b       |
| TM       | 29.22 ± 1.53c | 5.06 ± 0.057a        | 9.35 ± 0.14a      | 4.19 ± 0.42ab    | 2.26 ± 0.32a    | 6.73 ± 1.18a    | 39.46 ± 6.36a       |

Note: The data in the table represent 30 repeated mean ± SD by two-sample test (p < 0.05). Different letters in the same column indicate significant differences between the two ploidy plants.

Figure 9. The leaves and thorns of diploid and triploid plants. (a) Diploid, (b) triploid; scale bar = 1 cm.

Table 7. Comparison of photosynthetic characters between diploid and triploid plants.

| Ploidy   | Pn (µmol·m⁻²·s⁻¹) | Gs (mol·m⁻²·s⁻¹) | Ci (µmol·m⁻³) | Tr (mmol·m⁻²·s⁻¹) | WUEi | PEw (µmol·s⁻¹) |
|----------|--------------------|------------------|---------------|-------------------|------|---------------|
| DM-6-14  | 6.163 ± 0.24b      | 0.161 ± 0.017b   | 233.1 ± 46.26ab| 4.043 ± 0.11b     | 1.526 ± 0.088ab | 0.00237 ± 0.0081b |
| DM-7-4   | 4.873 ± 0.48c      | 0.093 ± 0.54b    | 188.8 ± 7.80c | 2.967 ± 0.34c     | 1.679 ± 0.45ab  | 0.00264 ± 0.0082b |
| DM-7-5   | 5.236 ± 0.38c      | 0.168 ± 0.069b   | 228.4 ± 16.3ab | 4.123 ± 0.10b     | 1.269 ± 0.082c  | 0.00209 ± 0.0091b  |
| TM       | 9.583 ± 0.24a      | 0.270 ± 0.62a    | 279.7 ± 9.69a | 4.837 ± 0.17a     | 1.982 ± 0.022a  | 0.00645 ± 0.0062a |

Note: The data in the table represent 30 repeated mean ± SD by two-sample test (p < 0.05). Different letters in the same column indicate significant differences between the two ploidy plants. Pn: photosynthetic rate; Gs: stomatal conductance; Ci: intercellular carbon dioxide concentration; Tr: transpiration rate; WUEi: instantaneous water use efficiency; PEw: photosynthetic efficiency of a whole leaf.

The stomatal length and width of the triploid plant were approximately 4.37 and 1.54 times higher, respectively, than those of the diploid plants. However, the stomatal density was significantly lower than that of the diploid plants (Table 8, Figure 10).

Table 8. Stomatal characters of diploid and triploid plants.

| Ploidy   | Stomata Height (µm) | Stomata Width (µm) | Stomata Density (No./mm²) |
|----------|----------------------|--------------------|---------------------------|
| DM-6-14  | 18.78 ± 0.73b        | 16.00 ± 0.52b      | 465.88 ± 17.07a           |
| DM-7-4   | 17.29 ± 0.20c        | 16.37 ± 0.61b      | 474.23 ± 22.05a           |
| DM-7-5   | 17.84 ± 0.55bc       | 15.83 ± 0.68b      | 460.71 ± 26.79a           |
| TM       | 22.34 ± 0.52a        | 17.61 ± 0.41a      | 356.25 ± 23.51b           |

Note: The data in the table represent 30 repeated mean ± SD by two-sample test (p < 0.05). Different letters in the same column indicate significant differences between the two ploidy plants.
4. Discussion

The efficiency of $2n$ gamete induction depends on the suitability of the treatment period for chromosome doubling [8,19]. Previous studies on poplar demonstrated that the optimal meiotic stages for colchicine treatment to induce chromosome doubling of megaspores are leptotene–pachytene [12,32]. The leptotene–diakinesis stages of meiosis in the flower buds might be the optimal period for megaspore and microspore chromosome doubling by colchicine treatment in *Eucalyptus* urophylla [8,14]. However, the megaspore mother cell is enclosed in the ovule, therefore, the development of the megaspore mother cell can only be observed using thin-section technology [9,33]. The process of generating thin sections is time-consuming, thus, it is difficult to observe and determine the meiosis stage immediately. By establishing the temporal relationship between flower-bud morphogenesis and female meiotic stages, the process of meiosis can be tracked based on flower-bud morphology and the optimal treatment period for chromosome doubling of megaspores can be determined [18,34]. Li et al. [35] established the relationship between flower-bud morphogenesis and female meiotic stages in *Eucommia*. Catkins were treated in which one-third of the flower buds protruded beyond the bract scales; the proportion of triploids obtained among the offspring was 51.43%. The relationship between megasporogenesis and the external morphology of male and female flower buds was established to guide colchicine treatment of rubber; the efficiency of triploid induction was approximately 9.1% [19]. In the present study, we established the relationship between flower-bud morphogenesis and megaspore development in ‘Maya’ jujube. When the flower bud diameter was 1.76–2.12 mm, the megaspore mother cell enters the optimal stage of meiosis for megaspore chromosome doubling. This result is similar, but not entirely comparable to the flower bud diameter in research on $2n$ female gamete induction in ‘Dongzao’ jujube [36]. The most likely reason for the difference is that the period of megasporogenesis is inconsistent among cultivars of jujube.

Plant species vary in response to colchicine treatment for induction of chromosome doubling of male and female gametes. The optimal colchicine concentration of induction for $2n$ pollen in poplar is 0.5%–0.8% [12,37,38]. A similar result was reported for *Eucalyptus* [14]. A high frequency of $2n$ pollen induction can be achieved by injecting 0.6% colchicine into flower buds four times within 2 h interval in *Populus × popularis* [39]. Injection of flower buds with 0.8% colchicine resulted in a $2n$ pollen induction frequency of 87.11% in black poplar [40]. However, the optimal colchicine concentration for induction of $2n$ female gametes is lower. Li et al. [7] treated female buds of *Populus alba × P. glandulosa* with 0.5% colchicine solution at selected meiotic stages to obtain 12 triploids. The concentration of colchicine that induces chromosome doubling of female gametes varies among tree species; for example, 0.3% in cassava [13] and 0.25% in *Eucalyptus* [8]. In the present study, colchicine concentrations of 0.3%, 0.4%, and 0.5% were used to induce megaspore chromosome doubling of flower buds. The optimal concentration was 0.3% and triploid plants were successfully obtained. Given that 0.3% was the lowest colchicine concentration used in our study, the inductive effect of lower concentrations is unknown and should be investigated in a future study.
When colchicine is used as a mutagen, to improve the efficiency of chromosome doubling, it is important to choose an appropriate treatment method in accordance with the characteristics of the research material. The reported methods of colchicine treatment include immersion, injection, cotton leaching, and coating [7,41,42]. For branches inserted in water in a greenhouse, an immersion or injection method is often used for induction of gamete chromosome doubling [37,38]. Li et al. [7] and Wang et al. [41] used the immersion method to successfully induce 2n female gametes in poplar. Liu et al. [43] and Zhou et al. [44] successfully obtained 2n pollen with the injection method when exploring the effects of colchicine on gamete chromosome doubling in poplar. However, for plant materials to which colchicine solution can only be applied to a tree in vivo to induce gamete chromosome doubling, injection and cotton leaching are the preferred methods. Yang et al. [14] injected colchicine solution into flower buds and successfully induced 2n pollen of Eucalyptus with a frequency of 28.71%. The same method was used to induce 2n female gametes of Eucalyptus and triploids were successfully obtained with efficiency of 6.25% [8]. Cotton leaching was used to treat flower buds of cassava for induction of 2n gametes and two sexual tetraploid plants were obtained [13]. For jujube, given the small flower size and large number of flowers produced, it is extremely difficult to directly inject colchicine solution into the flower buds. The improved cotton leaching method used in the present study enabled the introduction of the colchicine solution into the secondary shoot, and its transport to the flower bud through the xylem, thereby inducing chromosome doubling of female gametes. Compared with the standard cotton leaching method [12], the present method introduces colchicine solution into the shoot, enabling simultaneous treatment of a large number of flower buds, and the incision into the secondary shoot extends to the xylem, which is conducive to the transport of colchicine in the vascular tissue. The improved cotton leaching method is more suitable for treatment of tree species that produce small flowers or profusion of flowers. Among the two treatment methods used in the current study, the improved cotton leaching method was more effective and successfully resulted in triploid plants.

Chromosome doubling usually leads to changes in morphology, physiology, and gene expression patterns in many species [45–47]. Polyploid plants typically show superiority in vegetative growth in comparison with control plants [48,49]. The height growth and diameter growth of natural triploid wild cherries are superior to those of diploid plants [50]. The leaf area of triploid poplar plants is significantly larger than that of their full-sibling diploid plants [47]. In the present study, the ground diameter, leaf width, and leaf area of triploid plants were significantly higher than those of diploid plants, which was consistent with the findings of the majority of comparative studies of diploid and triploid plants [49–51]. The most direct cell-level manifestation of polyploidy is an increase in cell volume. Cell-size enlargement plays a pivotal role in the increase in leaf size of triploid poplar [47]. In many plant species, ploidy is positively correlated with stomatal length and width, and is negatively correlated with stomatal density [52–54]. In the present study, the stomatal length and width of triploid germplasm were 4.37 and 1.54 times that of the average of diploid plants, whereas the stomatal density was significantly lower than that of diploid plants, which was consistent with stomata characteristics of many polyploid plants. Triploid plants may show increased photosynthetic efficiency as a result of increase in leaf area and chlorophyll content [49,55,56]. The leaf area, chlorophyll content, and photosynthetic rate of triploid plants are significantly higher than those of diploid plants in poplar [49], Eucalyptus [8], Eucommia [32], and citrus [2]. Compared with diploid plants, triploid plants showed a higher chlorophyll content and photosynthetic rate in the present study. These results indicated that the hybrid triploid plants possessed traits beneficial for vegetative growth in contrast to diploid plants.

5. Conclusions

This study proved that induction of 2n megaspores is an effective approach to produce triploid jujube artificially. The optimal treatment stage of megaspore mother cell enters
the meiosis for chromosome doubling can be induced from flower-bud morphogenesis. The improved cotton leaching are effective method for triploid induction by colchicine treatment during megasporogenesis. Hybrid triploid plants possessed traits beneficial for vegetative growth in contrast to diploid plants. Our study provided an effective way for jujube triploid breeding and it can be expected to promote and accelerate triploid breeding in fruit trees.

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