Phosphorylation of PRAS40 contributes to the activation of the PI3K/AKT/mTOR signaling pathway and the inhibition of autophagy following status epilepticus in rats

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Abstract. Status epilepticus (SE) is a neurological disorder associated with high morbidity and mortality rates, and is often difficult to treat. Moreover, the underlying mechanism of SE remains unknown. The lithium-pilocarpine model is a validated animal model that can reproduce the main clinical and neuropathological features of SE. In the present study, this SE model was utilized and SE was successfully established in rats, as determined by the corresponding epileptic electroencephalogram. Histology, immunohistochemistry, western blot analysis and co-immunoprecipitation were used to detect the phosphorylation (p-) of AKT substrate of 40 kDa (PRAS40), the combination of p-PRAS40 and 14-3-3 protein and the activation of the PI3K/mTOR signaling pathway in SE. In addition, the present study analyzed the dynamics of the expression of autophagy-associated factors in the hippocampus after SE induction, and the influence of suppressing the p- of PRAS40 on the autophagy process was detected in the pathogenesis of SE. The results indicated that increased p-PRAS40 expression could activate the mTOR pathway to decrease the level of autophagy. However, inhibition of the mTOR signaling pathway promoted autophagy flux. These results may provide further understanding of p-PRAS40 functions in SE.

Introduction

Status epilepticus (SE) is one of the most common types of neurological disorders, and can cause patient disability or mortality if not diagnosed and treated early (1). SE can have long-term consequences following 30 min (tonic-clonic SE) or 60 min (focal SE with impaired consciousness), including neuronal death, neuronal injury and alteration of neuronal networks (2). However, the underlying mechanism of SE is yet to be elucidated.

The mTOR signaling pathway is an important signaling mechanism in epileptogenic processes (3). AKT substrate of 40 kDa (PRAS40) is a novel downstream factor of the PI3K/AKT signaling pathway and was first identified by Kovacina et al (4) in 2003. When the PI3K/AKT signaling pathway is activated, PRAS40 can be phosphorylated (p-) by p-AKT at Thr246 site and promote the signal downstream to the mTOR signaling pathway (5). Moreover, PRAS40 is a subunit of the mTOR complex 1 (mTORC1). PRAS40 inhibits mTORC1 autophosphorylation (6) and prevents mTORC1 binding to downstream ribosomal protein S6 kinase 1 (P70S6K) and eukaryotic initiation factor 4E binding protein 1 (7), in order to inhibit the activation of the mTOR signaling pathway (8). PRAS40 also participates in the mTOR signaling pathway by regulating neural development, circuit formation and synaptic plasticity (9).

Abnormal activation of the mTOR pathway in SE has been reported by previous studies. For instance, San et al (10) revealed...
the elevation of the p-mTOR/mTOR and p-P70S6K/P70S6K ratios in the posttraumatic amnesia-induced SE rat model. Furthermore, Brewster et al. (11) showed that mTORC1 hyper-activation was associated with SE-induced memory deficits and dendritic dysregulation, which could be partially reversed by rapamycin, an inhibitor of the mTOR pathway. In a study by Wang et al. (12), it was demonstrated that hyperactivation of the mTOR pathway could lead to increased levels of NF-κB, as well as the promotion of inflammation in the brain early after SE. However, to the best of our knowledge, there have been few reports focused on the association between PRAS40 and SE.

Autophagy is one of the most important methods to eliminate and recycle intracellular materials in eukaryotic cells (13). Under conditions of nutrient sufficiency, the mTOR pathway is activated when mTORC1 inhibits autophagy by phosphorylating the Unc-51 like autophagy activating kinase 1 complex, which is a promoter of autophagy (14). However, under nutrient starvation, opposite events lead to the elevation of autophagy levels and cytoplasmic contents are eliminated to generate energy for essential cellular activities (10). There has been controversy regarding autophagy-associated alterations following SE. For example, some previous studies reported an abnormal elevation in autophagy levels following SE (15,16), but other researchers have hypothesized that autophagy-associated activities induce dynamic changes during this cellular event (17-19). As mTOR is one of major pathways that regulates the onset of autophagy, it was hypothesized that PRAS40 may participate in this regulation by influencing the activity of the mTOR signaling pathway.

The aim of the present study was to investigate the role of PRAS40 in SE and the associated mechanism, as well as how PRAS40 participates in the mTOR associated regulation of autophagy following SE.

Materials and methods

Antibody and reagents. Primary antibodies were purchased as follows: P-PRAS40 (Thr246; cat. no. 2997; Cell Signaling Technology, Inc.), PRAS40 (cat. no. 2691; Cell Signaling Technology, Inc.), p-mTOR (Ser2448; cat. no. 5536; Cell Signaling Technology, Inc.), mTOR (cat. no. 2983; Cell Signaling Technology, Inc.), p-AKT (Ser473; cat. no. 4060; Cell Signaling Technology, Inc.), AKT (cat. no. 4685; Cell Signaling Technology, Inc.), p-PRAS40 (Thr246; cat. no. 2691; Cell Signaling Technology, Inc.), P70S6K (cat. no. 9234; Cell Signaling Technology, Inc.), P70S6K (cat. no. 14130; Cell Signaling Technology, Inc.), Light chain p-PRAS40 (Thr246; cat. no. sc-2054; Santa Cruz Biotechnology, Inc.). The following drugs were obtained from commercial sources as follows: Pilocarpine (cat. no. S4231; Selleck Chemicals), lithium chloride (cat. no. L9650; Sigma-Aldrich; Merck KGaA), Scopolamine (cat. no. S2508; Selleck Chemicals) and LY3023414 (cat. no. S8322; Selleck Chemicals).

Animals and drug treatment. 50 adult male Sprague Dawley rats which provided by Shanghai SLAC Laboratory Animal Co. Ltd. (weight, 200-250 g; age, 5 weeks old) were used in the present study and the protocols used were approved by the Experimental Animal Ethics Committee of the Basic Medical College of Fudan University (approval no. 20170223-066). Rats were housed in standard cages with free access to food and water on a 12-h light/dark cycle in a temperature-controlled room (26°C, the humidity was 40-60%) and were allowed a 3 days period to acclimatize prior to treatment with drugs. Lithium chloride [127 mg/kg; intraperitoneal (i.p.)] was administered 18 h prior to pilocarpine administration. Pilocarpine (30 mg/kg; i.p.) was administered 1 h following pre-treatment with scopolamine (1 mg/kg; i.p.; to prevent the effects of peripheral cholinergic stimulation) to induce seizures. The electroencephalograms (EEG) was acquired and analyzed with a RM6240C multichannel physiological signal acquisition and processing system (Chengdu Instrument Factory). EEG was used to confirm epileptic seizures. Seizures were graded using the Racine scale (20). Seizure latency and duration were also recorded. Rats that survived following 2 h of continued grade 4 or greater seizures (SE model establishment) were included in the present study. Pentobarbital sodium (40 mg/kg; i.p.) was administered to stop seizures. Following SE, rats were kept warm and fed with glucose saline through a gastric tube. Rats in the normal control group (n=8) received sodium chloride (0.9%; i.p.) instead of pilocarpine, and rats in the SE plus inhibitor (SE + inh) group (n=6) were pretreated with the mTOR inhibitor LY3023414 (10 mg/kg; i.p.) before seizures. Rats were sacrificed with pentobarbital sodium (400 mg/kg; i.p.) at 3 h (SE-3 h group, n=9), 6 h (SE-6 h group, n=9), 1 day (SE-1d group, n=9) and 3 days (SE-3d group, n=9) following SE.

Histology and immunohistochemistry (IHC). After rats were sacrificed with lethal pentobarbital sodium, the brains were perfused with 0.9% sodium chloride via intramyocardial injection, in order to excrete blood from the brain of rats. Then, the brains were perfused with 4% paraformaldehyde at room temperature for ~5 min, after which the brains were harvested and post-fixed in 4% paraformaldehyde overnight at 4°C. Brains were embedded in paraffin and sectioned in the coronal plane in 4-µm thick slides. The sections containing the hippocampus were selected for IHC. Sections were heated to 98°C for 10 min using a microwave in citrate buffer (pH, 6.0) and treated with 3% H₂O₂ for 15 min at room temperature to abolish endogenous peroxidase activity. After blocking with 3% BSA-PBS (cat. no. ST023; Beyotime Institute of Biotechnology) for 30 min in 37°C, sections were incubated with the primary antibodies (p-PRAS40; dilution 1:100) at 4°C overnight and then with corresponding HRP-conjugated secondary antibodies for 30 min at 37°C. The sections were incubated with 3,3-diaminobenzidine solution for 2 min at room temperature for visualization and were subsequently dehydrated and mounted using neutral balsam. The sections were observed using a light microscope (magnification 400x; Zeiss observer A1; Zeiss AG).

Western blot analysis. After sacrifice, the rat hippocampus was isolated and total proteins were extracted using RIPA buffer (cat. no. P0013; Beyotime Institute of Biotechnology) supplemented with serine protease inhibitor, PMSF. The protein...
was measured using a BCA Protein Assay kit (cat. no. P0010; Beyotime Institute of Biotechnology). A total of 30 µg protein samples were resolved using 10% SDS-PAGE, then transferred to PVDF membranes. Then, the membranes were blocked with 5% non-fat dry milk in Tris-buffered saline/0.1% Tween-20 for 1 h at 37˚C, followed by incubation with primary antibodies (dilution 1:1,000) at 4˚C overnight. After 1 h incubation with the corresponding HRP-conjugated secondary antibodies (dilution 1:1,000) at room temperature, signals were detected using ECL reagents (cat. no. 34096; Thermo Fisher Scientific, Inc.). Signal intensities were quantified using ImageJ v1.28 program (National Institutes of Health) and normalized to GAPDH expression.

Co-immunoprecipitation (Co-IP). Total proteins from the rat hippocampi were extracted for Co-IP using the Pierce Co-IP kit (cat. no. 26149; Thermo Fisher Scientific, Inc.) according to manufacturer's protocol. Briefly, 50% AminoLink resin was added into a Pierce Spin Column at room temperature. Primary antibodies (p-PRAS40; dilution 1:10) were added into the resin in the spin column and incubated on a rotator at room temperature for 120 min. Subsequently, the total protein lysates, collected using IP Lysis Buffer, following the protocol of this kit, of experimental group and the controls (including the negative control and the blank control) were added to the resin and incubated with gentle rocking overnight at 4˚C. The negative control used IgG instead of the p-PRAS40 antibody. Positive control was used as the whole control protein to immunoblot directly. The eluent was subjected to 12% SDS-PAGE followed by western blot analysis using the 14-3-3 antibody (dilution 1:500).

Statistical analysis. Continuous variables were presented as the mean ± SD. Each experiment was repeated at least three times. Data were analyzed using SPSS 17.0 (SPSS, Inc.) and bar graphs were created using GraphPad Prism (version 5.0; GraphPad Software, Inc.). If the data distribution was normal, comparisons among ≥3 groups were calculated with a one-way ANOVA test followed by Tukey’s test. If the data distribution was not normal, comparisons were calculated using Kruskal-Wallis followed by Dunn’s test for non-parametric analysis. P<0.05 was considered to indicate a statistically significant difference.

Results

p-PRAS40 levels are elevated following SE. First, the present study established a pilocarpine-induced rat model to simulate SE. The EEG identified that the SE group produced high amplitudes (between 100-200 µV) with superimposed, mildly fast and poly-spike waves in the θ range. However, the control group was recorded with mildly synchronous and well-organized waves that were in the normal amplitude range.
In addition, the control showed no focal sharp or spike wave activities (Fig. 1A).

To investigate whether the expression of p-PRAS40 was elevated in the rat hippocampus following SE, IHC was used to detect the expression of p-PRAS40. Compared with the control group, p-PRAS40 positive cells in the dentate gyrus and Cornu Ammonis (CA)3 regions of the hippocampus were markedly increased in the SE-3d group (Fig. 1B).

The western blot analysis results suggested that p-PRAS40 expression was significantly upregulated at the indicated times following seizures, while the expression of PRAS40 was slightly increased. Quantification of the ratio of p-PRAS40 and PRAS40 demonstrated a significant increase in a time-dependent manner (Fig. 2A and B). These results indicated that p-PRAS40 was significantly elevated over time following acute SE.

**Figure 2.** p-PRAS40 combines with 14-3-3 protein to activate the mTOR signaling pathway. (A) Western blot analysis of p-PRAS40, PRAS40, p-mTOR, mTOR, p-AKT, AKT, p-P70S6K and P70S6K expression levels in the rat hippocampus following SE at the indicated times. (B) Representative proteins of the PI3K/AKT/mTOR signaling pathway were increased with the upregulation of p-PRAS40 (n=4 per group). (C) Proteins from the control, SE and SE+inh groups were immunoprecipitated with p-PRAS40 and immunoblotted with the 14-3-3 antibody. The NC used IgG instead of the p-PRAS40 antibody. PC was used as the whole control protein to immunoblot directly. (D) Co-IP analysis demonstrated that the combination of p-PRAS40 with 14-3-3 protein was enhanced following SE and the inhibition of p-AKT significantly suppressed the combination of these two proteins. Data were analyzed using ANOVA (n=3). *P<0.05, **P<0.01 and ***P<0.001 vs. control; #P<0.05 vs. SE group. NC, negative control; PC, positive control, which is the whole lysate; BC, Blank control; Co-IP, Co-immunoprecipitation; SE, status epilepticus; p-, phosphorylated; PRAS40, proline-rich AKT substrate of 40 kDa; Con, control; inh, inhibitor; P70S6K, ribosomal protein S6 kinase 1.
**p-PRAS40 activates the PI3K/AKT/mTOR pathway via combination with the 14-3-3 scaffold protein.** Since PRAS40 is downstream of p-AKT, and the phosphorylation of PRAS40 can lead to the activation of the mTOR pathway (21), PI3K/AKT/mTOR pathway activation was detected in the present study. The protein expression levels of p-mTOR, p-AKT, p-P70S6K and p-PRAS40 in all of the experimental groups were significantly higher compared with the control group, and were increased in a time-dependent manner (Fig. 2A and B).

The combination of p-PRAS40 and 14-3-3 scaffold protein leads to the activation of the mTOR pathway (21), and thus Co-IP was used to detect this combination. It was found that...
p-PRAS40/14-3-3 was markedly increased 3 days following SE compared with the control group (Fig. 2C and D). Moreover, LY3023414, the inhibitor of AKT phosphorylation, significantly reduced the binding of p-PRAS40 and 14-3-3 scaffold protein compared with the SE group (Fig. 2C and D).

Increased expression of p-PRAS40 is associated with reduced levels of autophagy flux. The mTOR pathway inhibits the initiation of autophagy and the phosphorylation of PRAS40 regulates mTOR activity (5,14); therefore, the current study detected alterations in p-PRAS40 expression, mTOR activity and autophagy flux following SE. The increase in the ratio of LC3-II to LC3-I and the decrease in P62 expression levels indicated that the levels of autophagy were significantly elevated 3 h following SE (Fig. 3A and B). However, with the increase of p-PRAS40 and the activation of the mTOR pathway, the autophagy levels decreased in a time-dependent manner.

To confirm the p-PRAS40 could regulate the autophagy, LY3023414 was used to inhibit the PI3K/AKT signaling pathway and p-PRAS40 in the SE + inh group. As shown in Fig. 3C, after the inhibition of p-PRAS40, the expression levels of components of the mTOR pathway were decreased compared the SE groups, including p-mTOR and p-P70S6K. The rate of conversion of LC3-II to LC3-I was increased, the expression levels of P62 were decreased, which indicated that the levels of autophagy in the SE + inh group were significantly higher compared to the SE groups. These results suggested that p-PRAS40 may regulate the autophagy flux.

Discussion

The mTOR pathway is important in the epileptogenic mechanism. Moreover, PRAS40 is a subunit of mTORC1 and p-PRAS40 can regulate mTOR activity (21). However, to the best of our knowledge, there are few reports examining the relationship between PRAS40 and SE. The present results suggested that p-PRAS40 expression was abnormally elevated following SE. In addition, the IHC staining identified that p-PRAS40 positive cells increased significantly in the rat hippocampal dentate gyrus and CA3 region 3 days following SE. Western blotting results also demonstrated this effect and indicated an increasing trend over time, which suggested that p-PRAS40 was increased continuously after SE.

The dentate gyrus is composed of granular cells, whose axons are covered in mossy fibers that project into the CA3 region (22). Pyramidal cells in the CA3 region are reported to be more active during epileptic activity than in other brain areas (22). Furthermore, mossy-fiber sprouting (MFS) as a result of damage to pyramidal cells in the CA3 region, the rupture of mossy fibers and abnormal synaptic connections between lateral growing axons and granular cells in the dentate gyrus, is the pathological basis of chronic temporal epilepsy (23). The present results indicated that p-PRAS40 may participate in the formation of chronic epileptogenic focus; however, this requires further investigation. IHC staining demonstrated that the vast majority of p-PRAS40 existed in neuronal nuclei, which was consistent with previous reports that p-PRAS40 (Thr246) is mainly located in nucleus (24-26).

PRAS40 is both the substrate of the PI3K/AKT pathway and the subunit of mTORC1 (5). Therefore, it was hypothesized that PRAS40 may be the key link between the PI3K/AKT and mTOR pathways following SE. The western blotting results suggested that p-PRAS40 expression was elevated following SE, and the expression of upstream PI3K and p-AKT, as well as the p- of downstream P70S6K were increased. P70S6K is a substrate of mTORC1 and p-P70S6K is considered to be a reliable marker of mTOR activation (27). Thus, it could be speculated that following SE, activation of the PI3K/AKT pathway promoted p-PRAS40, which in turn increased the activity of the mTOR pathway. In addition, the current findings demonstrated that the increasing expression levels of PI3K, p-AKT and p-P70S6K were similar to that of p-PRAS40 at different time points following SE, which could also indicate that PRAS40 was associated with the PI3K/AKT and mTOR pathways following SE.

p-PRAS40 binds to the 14-3-3 scaffold protein and then separates from mTORC1 (6). In the present study, Co-IP was used to detect the status of this combination. It was found that the levels of p-PRAS40 combined with 14-3-3 were higher in the SE group compared with the control group, but the difference was not statistically significant. Nevertheless, this combination could be significantly inhibited by LY3023414, an inhibitor of PI3K, which may partially attenuate the prior defects. Both PI3K/AKT/PRAS40/mTOR pathway activation and increasing the expression of p-PRAS40 combined with 14-3-3 were detected following SE, and therefore it was speculated that the interaction of p-PRAS40 with 14-3-3 may contribute to the dissociation of p-PRAS40 with mTORC1 and the activation of the mTOR pathway.

Autophagy is a double-edged sword. Under normal physiological conditions, autophagy can help to promote cell survival and maintain homeostasis by eliminating damaged cell organelles and toxic metabolites (28). However, excessive autophagy can accelerate cell death, which is associated with disease development (18). Previous studies have reported insufficient autophagy in chronic neurological diseases, such as Parkinson's disease (29), Alzheimer's disease (30) and Lafora's disease (31). Moreover, autophagy contributes to the elimination of abnormal protein aggregates in cells and may provide protection against disease (13), and there has been a similar report in chronic epilepsy. Hosseinzadeh et al (32) revealed that cannabidiol could enhance the induction of the autophagy pathway as a protective mechanism in temporal epilepsy. Furthermore, Ni et al (33) reported that insufficient autophagy existed in neonatal rats with chronic epilepsy, which exhibited consistent trends with rat hippocampal MFS and cognitive deficits. However, an abnormal increase in autophagy was demonstrated in acute neurological disorders such as encephalitis (34) and cerebral infarction (35), which may be associated with acute neurocyte death. Controversy remains regarding how autophagy changes after SE. For instance, previous studies have suggested that the autophagy level increase following SE (15,16), but others have indicated that autophagy after SE has a dynamic course (17-19). Since mTOR is one of the major pathways regulating autophagy that can inhibit autophagy initiation, it was hypothesized that PRAS40 may participate in the regulation of autophagy by influencing mTOR activity.

LC3 is an important protein involved in autophagosome formation (36). Furthermore, LC3 participates in the elongation of bilayer bio-membranes, cytoplasm and defective protein, as well as autophagosome formation (37). In the cytoplasm, LC3 exists as LC3-I. When autophagosomes begin to form, LC3-I transforms to LC3-II, which binds to the autophagosome...
membrane (38). Therefore, the ratio of LC3-II/LC3-I was used in the present study to represent autophagy level. P62 was first reported as a polyubiquitin-binding protein in autophagy (39). It has been shown that P62 can bind to ubiquitinated protein and produce ubiquitinated protein aggregates, which serve an essential role in the degradation of ubiquitinated proteins in autophagosomes (40). Thus, P62 expression is the opposite to that of autophagy degradation, that is, the greater the levels of degradation, the lower the P62 expression (41). Therefore, increasing LC3-II/LC3-I levels and decreasing levels of P62 occurring concurrently suggest that the autophagy flux is unobstructed. Thus, LC3-II/LC3-I and P62 were detected in the present study to evaluate the autophagy flux.

In the current study, p-PRAS40 expression, mTOR pathway activity and autophagy flux were detected at various time points following SE. Autophagy levels were significantly elevated at 3 h post-SE, and gradually decreased over time. In addition, p-PRAS40 expression was increased and the mTOR pathway was found to be more active, with a prolonged duration of SE. Thus, it was speculated that autophagy was abnormally elevated due to various factors, such as inflammation and oxidative stress, occurring shortly following SE induction, which then gradually decreased with increased p-PRAS40 levels and mTOR activation. Since an experimental group earlier than 3 h post-SE was not used in the current study, the mechanism underlying the increase in autophagy was not observed, which was a limitation of the study design. However, to investigate the aforementioned hypothesis, a LY3023414 pretreated SE group was established at 3 days after SE (highest expression of p-PRAS40 and lowest autophagy level) and the PI3K/AKT/PRAS40/mTOR pathway and autophagy flux were detected in the control, SE-3d and SE-3d + inh groups. The results demonstrated that there was abnormal activation of the PI3K/AKT/PRAS40/mTOR pathway and decreased autophagy in the SE-3d group, and that LY3023414 pretreatment could inhibit the activation of this pathway and increase the levels of autophagy, which suggested that p-PRAS40 participated in the mTOR-associated downregulation of autophagy.

Previous studies have reported that the abnormal elevation of autophagy following SE may be associated with neurocyte death (15,16). Therefore, it was hypothesized that p-PRAS40 and mTOR activation may have a protective effect on neurocyte after SE by inhibiting autophagy. However, abnormal activation of the mTOR pathway participates in chronic epilepsy development (42), and thus it was speculated that long-term high expression of p-PRAS40 and activation of the mTOR pathway may be associated with epileptic foci formation, which should be further investigated in future research.

In conclusion, to the best of our knowledge, the present study was the first to identify the role of p-PRAS40 and its associated mechanism contributing to SE pathogenesis. Currently, the available antiepileptic drugs suppress seizures and are used as a symptomatic therapy (1). Thus, these drugs are a short-term medication that can prevent the development of epilepsy. The present results may represent a novel and promising therapeutic target with antiepileptogenic effects. Therefore, further studies should focus on PRAS40 function in other types of epilepsy, such as temporal lobe epilepsy, as well as investigating treatments that target p-PRAS40.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions

YS and BL designed the study, and analyzed and interpreted the data. JL, YF and MZ contributed to and conducted the experiments, the acquisition of data, interpretation of experiments and revised the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The present study was approved by the Experimental Animal Ethics Committee of the Basic Medical College of Fudan University.

Patient consent for publication

Not applicable.

Competing interest

The authors declare that they have no competing interests.

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