Patterns of postictal cerebral perfusion in idiopathic generalized epilepsy: a multi-delay multi-parametric arterial spin labelling perfusion MRI study

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The cerebral haemodynamic status of idiopathic generalized epilepsy (IGE) is a very complicated process. Little attention has been paid to cerebral blood flow (CBF) alterations in IGE detected by arterial spin labelling (ASL) perfusion magnetic resonance imaging (MRI). However, the selection of an optimal delay time is difficult for single-delay ASL. Multi-delay multi-parametric ASL perfusion MRI overcomes the limitations of single-delay ASL. We applied multi-delay multi-parametric ASL perfusion MRI to investigate the patterns of postictal cerebral perfusion in IGE patients with absence seizures. A total of 21 IGE patients with absence seizures and 24 healthy control subjects were enrolled. IGE patients exhibited prolonged arterial transit time (ATT) in the left superior temporal gyrus. The mean CBF of IGE patients was significantly increased in the left middle temporal gyrus, left parahippocampal gyrus and left fusiform gyrus. Prolonged ATT in the left superior temporal gyrus was negatively correlated with the age at onset in IGE patients. This study demonstrated that cortical dysfunction in the temporal lobe and fusiform gyrus may be related to epileptic activity in IGE patients with absence seizures. This information can play an important role in elucidating the pathophysiological mechanism of IGE from a cerebral haemodynamic perspective.

Idiopathic generalized epilepsy (IGE) is characterized by typical absence seizures, generalized tonic-clonic seizures, juvenile myoclonic epilepsy and paroxysmal generalized spike and wave (GSW) discharges on electroencephalography (EEG). Patients with IGE display all or some of these seizure subtypes. IGE with absence seizure is a special subtype of epilepsy given a paroxysmal loss of consciousness during the sudden onset and sudden end with or without generalized tonic-clonic seizures and juvenile myoclonic epilepsy. Although it is generally accepted that no neuroimaging abnormalities are present in IGE, image processing and quantitative magnetic resonance imaging (MRI) studies suggest that subtle structural and functional abnormalities may exist.

Arterial spin labelling (ASL) is a non-invasive magnetic resonance perfusion approach to the measurement of cerebral blood alterations by magnetically labelling the inflowing water proton spins in the arterial blood proximal to the tissue of interest as a freely diffusible tracer. Due to its complete non-invasiveness and lack of radiation exposure, ASL perfusion MRI has been increasingly applied to investigate the perfusion patterns in both healthy subjects and patients. In epilepsy, ASL is mainly applied to characterize the ictal and interictal cerebral blood flow (CBF) alterations for localizing the epileptic focus, especially for these subjects without abnormal findings in structural MRI or other examinations. Overall, most studies have revealed hyperperfusion during the perictal

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increases during the postictal phase27. Another SPECT study in patients with juvenile myoclonic epilepsy during
that CBF is diffusely reduced throughout the brain during the occurrence of typical absence seizure, whereas CBF
ble total scan time15,19. The technique has been employed successfully in cerebrovascular diseases, such as acute
ischemic stroke18 and moyamoya disease15, which demonstrates significant correlations between multi-delay ASL
emission computed tomography (SPECT) 22–25, and little attention has been paid to the cerebral blood altera-
tions detected by ASL perfusion MRI in IGE patients. Moreover, published studies of cerebral blood alteration
ATT may be attributable to the recruitment of secondary collaterals induced by seizure activity. Nevertheless,
further research is needed to confirm this notion.

The cerebral haemodynamic status is a very complicated process before, during, and after the epilepsy status of
IGE. Therefore, characterization of the cerebral perfusion patterns in patients with IGE at different periods of
epilepsy is necessary to better understand the fundamental underlying mechanisms of IGE. To date, the cerebral
perfusion patterns of IGE patients have largely been derived from these studies using PET21 or single photon
emission computed tomography (SPECT)22–25, and little attention has been paid to the cerebral blood alterations
detected by ASL perfusion MRI in IGE patients. Moreover, published studies of cerebral blood alteration in patients with IGE have produced inconsistent results. An H215O PET study revealed a mean global increase of 14.9% in CBF in association with typical absences. In addition to the global increase, a focal increase in thalamic
blood flow of 3.9 to 7.8% following hyperventilation-induced typical absences with GSW discharges was noted23. Measurements of CBF using transcranial Doppler ultrasonography in absence seizures26 and SPECT in IGE22 and childhood absence epilepsy23,24 revealed ictal increase and postictal decrease. Conversely, a SPECT study reported that CBF is diffusely reduced throughout the brain during the occurrence of typical absence seizure, whereas CBF increases during the postictal phase25. Another SPECT study in patients with juvenile myoclonic epilepsy during the interictal period demonstrated a significant regional CBF reduction in bilateral thalami, cerebelli and the
brainstem, whereas regional CBF increased in the left superior frontal gyrus22.

The above studies indicate complex changes of CBF during different phases of IGE, and the perfusion pattern of CBF does not always involve an ictal increase and interictal decrease. Therefore, the purpose of the present study was to conduct an exploratory study for characterizing the patterns of postictal cerebral perfusion in IGE patients with absence seizures using multi-delay multi-parametric ASL perfusion MRI to: (1) investigate whether there are significant differences in the parameters of ATT and CBF using voxel-based whole brain analysis between these patients and healthy control subjects, and (2) evaluate the relationships between these identified neuroimaging findings and illness duration, as well as the age at onset.

Results
Characteristics of the participants. All 21 IGE patients with absence seizures and 24 healthy control subjects underwent ASL perfusion MRI at 0.5 to 30 days (mean ± standard deviation (SD): 7.6 ± 5.9 days) since the last epilepsy episode had occurred. The characteristics of the participants are presented in Table 1. The seizure types of the patients included absence seizures in 4 patients, absence seizures with juvenile myoclonic epilepsy in 3, absence seizures with generalized tonic-clonic seizures in 8 and absence seizures with generalized tonic-clonic seizures and juvenile myoclonic epilepsy in 6. All of the patients had GSW discharges on video-EEG.

| Table 1. Characteristics of the participants. | IGE with absence seizures (n = 21) | Healthy control subjects (n = 24) | p-value |
|---|---|---|---|
| Gender (male/female) | 10/11 | 9/15 | 0.493 |
| Age (years) | 17.1 ± 4.7 | 19.7 ± 3.5 | 0.063 |
| Age at onset (years) | 12.0 ± 3.8 | | |
| Illness duration (years) | 5.2 ± 4.5 | | |
| Postictal duration of last seizure activity before MRI (days) | 7.6 ± 5.9 | | |

**Note:**
*Chi-squared test was used for gender comparisons between the IGE patients and healthy control subjects. Two sample two-tailed t-test was used for age comparisons between the IGE patients and healthy control subjects.*
cortical network during propagation that includes the regions of temporal and frontal cortex and are not "generalized" in the sense of bilaterally synchronous diffuse onsets. The parahippocampal gyrus, which is anatomic and/or functionally connected with the hippocampus, is currently theorized to be critical for memory storage and long-term memory. Previous studies have demonstrated that IGE patients have memory and cognition deficits. Although volumetric measurement of the parahippocampal gyrus in patients with IGE did not exhibit a significant difference between the IGE patients and healthy control subjects.

Table 2. Regional cerebral perfusion difference demonstrated by multi-delay multi-parametric ASL perfusion MRI between IGE patients with absence seizures and healthy control subjects. ASL: arterial spin labelling; ATT: arterial transit time; CBF: cerebral blood flow; MRI: magnetic resonance imaging; IGE: idiopathic generalized epilepsy; MNI: Montreal neurological institute; L: left; R: right. "p-values were corrected for the false discovery rate (p < 0.05).

Regional cerebral perfusion difference in ATT and CBF. Patients with IGE showed prolonged ATT in the left superior temporal gyrus versus healthy control subjects (Table 2, Fig. 1). The mean CBF of the IGE patients was significantly increased in the left middle temporal gyrus, left parahippocampal gyrus and left fusiform gyrus (Table 2, Fig. 1). Compared with CBF at 1,800, 2,200 and 2,600 ms, the CBF at 1,400 ms was more sensitive for the detection of CBF changes in the patients with IGE. At 4 post-labelling delay (PLD) times, the CBF at 1,400 ms of the IGE patients was significantly increased in the left parahippocampal gyrus, bilateral fusiform gyri and left middle temporal gyrus; the CBF at 1,800 ms of the IGE patients was significantly increased in the left middle temporal gyrus versus healthy control subjects (Table 2, Fig. 1); however, the CBF at 2,200 and 2,600 ms did not exhibit a significant difference between the IGE patients and healthy control subjects.

Correlation analyses. The ATT in the left superior temporal gyrus was negatively correlated with the age at onset in patients with IGE (r = -0.504, p = 0.020) (Table 3, Fig. 2). No significant correlation was noted between the CBF in these brain areas and illness duration or the age at onset (Table 3).

Discussion

In the present study, we identified postictal cerebral perfusion alterations in IGE patients with absence seizures relative to healthy control subjects using multi-delay multi-parametric ASL perfusion MRI. The results indicate that the CBF at 1,400 ms among the 4 PLD times was the most sensitive for the detection of CBF changes in IGE patients with absence seizures, with a significantly increased CBF in the left parahippocampal gyrus, bilateral fusiform gyri and left middle temporal gyrus. IGE patients exhibited prolonged ATT in the left superior temporal gyrus. Furthermore, the prolonged ATT in the left superior temporal gyrus was negatively correlated with the age at onset in IGE patients. These findings suggest that IGE with absence seizures is likely associated with cortical haemodynamic abnormality, providing insight into the pathophysiological mechanism of the complex disease.

Increased CBF was previously reported during the postictal phase of typical absence seizures and the inter-ictal period of juvenile myoclonic epilepsy. Another study reported that elevated CBF in the amygdala after status epilepticus in rats may continue beyond the sub-acute phase and for up to 14 days, and the increased vessel density observed using immunohistochemistry as the pathophysiological basis of elevated CBF in the amygdala. Postictal structural MRI studies also presented evidence of localized postictal cortical swelling, increased signal intensity on T2-weighted images and blood-brain barrier abnormalities as indicated by abnormal contrast enhancement. ASL hyperperfused levels identified during the postictal phase can suggest underlying damage of the blood–brain barrier due to inflammatory processes in the epileptogenic focus. In fact, an experimental model of epilepsy previously demonstrated that vascular alterations leading to hyperperfusion are inextricably connected to the generation of seizures, possibly mediated by leukocyte-endothelium interaction. Our results, together with the above evidence, suggest hyperperfused patterns during the postictal phase in IGE patients with absence seizures.

Whether GSW discharges in patients with IGE originates in the cortex, subcortex (e.g., thalamus) or simultaneously in a cortical-subcortical network remains a matter of debate. In this study, IGE patients exhibited a significantly increased CBF in the left parahippocampal gyrus, bilateral fusiform gyri and left middle temporal gyrus. The parahippocampal gyrus and middle temporal gyrus are both located in the temporal lobe, which is the most common region involved in epilepsy. Cortical morphologic changes in the middle temporal gyrus and fusiform gyrus have been identified in patients with IGE and juvenile myoclonic epilepsy. Another study on juvenile myoclonic epilepsy revealed that epileptiform discharges have both localized onsets and a restricted cortical network during propagation that includes the regions of temporal and frontal cortex and are not “generalized” in the sense of bilaterally synchronous diffuse onsets. The parahippocampal gyrus, which is anatomically and/or functionally connected with the hippocampus, is currently theorized to be critical for memory storage and long-term memory. Previous studies have demonstrated that IGE patients have memory and cognition deficits. Although volumetric measurement of the parahippocampal gyrus in patients with IGE did not
Figure 1. Axial, coronal, and sagittal views of the brain regions with the alterations of cerebral perfusion in IGE patients with absence seizures (FDR corrected $p < 0.05$). The ATT was prolonged in the left superior temporal gyrus. The mean CBF was increased in the left middle temporal gyrus, left parahippocampal gyrus and left fusiform gyrus. The CBF at 1,400 ms was increased in the left parahippocampal gyrus, bilateral fusiform gyri and left middle temporal gyrus. The CBF at 1,800 ms was increased in the left middle temporal gyrus. IGE, idiopathic generalized epilepsy; ATT, arterial transit time; CBF, cerebral blood flow; FDR, false discovery rate.
exhibit significant volume alteration, increased activity in the parahippocampal gyrus was noted on EEG41,42. This finding is consistent with our result of increased CBF in the parahippocampal gyrus, providing further evidence that memory deficits in IGE may be due to neuronal dysfunction of the parahippocampal gyrus secondary to epileptic activity. Our results suggest that cortical dysfunction in the temporal lobe and fusiform gyrus may be related to epileptic activity in IGE patients with absence seizures.

In addition, the present work used ATT to quantify the variability of cerebral perfusion patterns in IGE patients with absence seizures. ATT is another haemodynamic parameter measured by quantitative ASL with multiple-delay time sampling and represents the duration of the labelled blood flowing from the labelling region to the vascular compartment of the imaging sections43. In broad clinical populations, ATT is especially uncertain owing to various pathophysiological alterations of different diseases16. In addition, regional variation in CBF and ATT in different brain regions was detected in the normal human and rat brain using continuous arterial spin labelling MRI 16,44. The heterogeneous distribution of ATT in different regions in the normal brain and under normal and pathological conditions is one major confounding issue affecting the accuracy of ASL-based CBF quantification45. Clinical use has demonstrated the challenges of optimizing ATT for subjects considering the heterogeneity of ATT acquiring labelled images only at a single post-labelling time point, particularly under pathological conditions17,43,46. In multiple ASL acquisitions at various post-labelling times, all of the labelled spins contribute to the perfusion signal intensity, and no prior knowledge of individual transit times is needed47.

Our results revealed that IGE patients with absence seizures showed prolonged ATT in the left superior temporal gyrus. This finding is consistent with a recently published study that found that patients with late-onset epilepsy have significantly prolonged ATT in widespread brain regions, but the greatest prolongation is predominantly distributed in the temporal and frontal lobes20. The authors considered that the prolongation of ATT may be attributable to the recruitment of secondary collaterals induced by seizure activity. Another speculative interpretation of ATT prolongation may be caused by cortical inhibition corresponding to decreased synaptic activity after seizure activity, such as that caused by reduced neuronal input. Aghakhani Y et al. believed that not all GSW discharges are generated by the same mechanisms and that some brain regions become more active whereas others become less active1. In addition, seizure-induced brain abnormalities, such as cortical swelling, T2-weighted hyperintensity and restricted diffusion, have been described as postictal MRI features within 12 hours to 14 days from a seizure29–32,48,49. These abnormalities following seizure activity may lead to cortical inhibition. Moreover, we detected that prolonged ATT in the left superior temporal gyrus was negatively correlated with the age at onset in IGE patients, suggesting that the pathophysiological alteration was more obvious in the brain region in

| Region               | Side | Illness duration r | p-value | Age at onset r | p-value |
|----------------------|------|--------------------|---------|----------------|---------|
| ATT                  | L    | 0.019              | 0.933   | −0.504         | 0.020*  |
| CBF_{mean}           | L    | 0.421              | 0.058   | −0.427         | 0.054   |
| Parahippocampal gyrus| L    | 0.205              | 0.373   | 0.004          | 0.986   |
| Fusiform gyrus       | L    | 0.272              | 0.233   | −0.240         | 0.295   |
| CBF_{1,400}          | L    | 0.077              | 0.742   | −0.012         | 0.959   |
| Fusiform gyrus       | R    | 0.015              | 0.950   | 0.099          | 0.669   |
| Middle temporal gyrus| L    | 0.202              | 0.380   | −0.372         | 0.097   |
| CBF_{1,800}          | L    | 0.346              | 0.125   | −0.367         | 0.102   |

Table 3. Correlation between the abnormal cerebral perfusion patterns (ATT and CBF) and illness duration, as well as the age at onset in IGE patients with absence seizures. ATT: arterial transit time; CBF: cerebral blood flow; IGE: idiopathic generalized epilepsy; L: left; R: right; *p < 0.05.
IGE of earlier onset. Given the complexity of the regulation of cerebral circulation, ATT could provide additional information in addition to CBF to account for cerebral perfusion patterns. Our research acquired the preliminary results of ATT alteration in IGE patients. However, further investigation is needed to confirm these findings and define the pathophysiological mechanisms of prolonged ATT in IGE patients.

There are several limitations to our study that should be acknowledged. First, owing to the small sample size, our results must be confirmed by future studies with a larger sample size. The current study demonstrates the feasibility of using multi-delay multi-parametric ASL perfusion MRI to characterize cerebral perfusion patterns in IGE patients. Second, in our cohort of patients, the different seizure subtypes of IGE are mixed together, including typical absence seizures and absence seizures accompanied by other seizure subtypes of IGE. Thus, these findings should be interpreted with caution because the different seizure subtypes of IGE could lead to inconsistent results. Third, ASL perfusion MRI was performed using a wide time window ranging from 0.5 to 30 days with a mean time of 7.6 days since the last epilepsy episode occurred. Given the complexity of cerebral haemodynamic changes, the cerebral perfusion patterns may vary with different time points after seizures, particularly in the postictal phase. In addition, the through-plane blurring in the single-shot acquisition can affect the 3D-GRASE data and the subsequent perfusion estimates. Finally, simultaneous EEG was not combined with ASL perfusion MRI to analyse the relationship between cerebral haemodynamic changes and GSW discharges in patients with IGE.

Taken together, this study revealed the postictal alterations of regional cerebral perfusion in the brains of IGE patients with absence seizures using multi-delay multi-parametric ASL perfusion MRI with the parameters of ATT and CBF at approximately one week since the last epilepsy episode occurred. Our results demonstrated abnormal perfusion patterns during the postictal phase and provided further evidence that cortical dysfunction in the temporal lobe and fusiform gyrus may be related to epileptic activity in IGE patients with absence seizures. This information can play an important role in elucidating the pathophysiological mechanism of IGE from a cerebral haemodynamic perspective.

**Methods**

**Participants.** Twenty-one consecutive IGE patients with absence seizures [mean age ± SD: 17.1 ± 4.7 years (range: 9–25 years), 10 males] and 24 age and sex-matched healthy control subjects [mean age ± SD: 19.7 ± 3.5 years (range: 9–24 years); 9 males] were recruited to undergo MRI using a protocol specifically designed for the present study. IGE patients were diagnosed and classified based on clinical examination and EEG according to the International League Against Epilepsy (ILAE) classification.

The inclusion criteria for the patients were as follows: (1) clinically diagnosed absence seizures with or without generalized tonic-clonic seizures and/or juvenile myoclonic epilepsy; (2) experienced more than two spontaneous epileptic seizures; (3) no evidence of secondary generalized seizures, such as tumours, encephalitis, and vascular malformation; (4) no structural or signal abnormalities on conventional brain MRI; (5) normal neurological examination, except for GSW mixtures or generalized spikes with normal alpha rhythms on EEG; (6) patients who had prior antiepileptic treatment received no medication for at least 48 h before the MRI; and (7) right-handedness. The exclusion criteria were as follows: (1) a history of head trauma, psychiatric or other neurological disorders; (2) a history of addiction; (3) a history of partial seizures; (4) self-reported falling asleep during ASL perfusion MRI scanning; (5) excessive head motion exceeding 1.5-mm translation and 1.5° rotation; and (6) any contraindications to MRI scanning. In our cohort, eighteen patients were taking antiepileptic drugs, including valproate, levetiracetam, lamotrigine, oxcarbazepine or some combination. In addition, 3 patients had never taken any medications.

All healthy control subjects were right-handed. No familial or personal histories of neurological or psychiatric diseases were noted. Head trauma or lesions on brain MRI were not noted in healthy control subjects. This study was approved by the West China Hospital Clinical Trials and Biomedical Ethics Committee of Sichuan University, and written informed consent was obtained from all of the participants. The study protocol was performed in accordance with the approved guidelines.

**MRI protocols.** The patients and healthy control subjects were imaged using a 3-T Siemens Trio Tim system with a 12-channel phased-array head coil. Multi-delay multi-parametric ASL perfusion MRI was performed using a pCASL pulse sequence with background-suppressed single-shot 3D GRASE readouts. The imaging parameters were as follows: 4 PLD times, 1,400/1,800/2,200/2,600 ms; labelling pulse duration, 1,500 ms; TR, 3,500/3,500/3,500/3,500 ms; TE, 22 ms; voxel size, 3.44 × 3.44 × 5 mm³; 26 slices covering the whole brain; 12 pairs of tag/control images were acquired for each delay with a total scan time of 5.9 min. An M0 image was acquired using TR = 5,000 ms and PLD = 4,000 ms (scan time = 15 s). ASL perfusion images were acquired with background suppressed, but M0 image was acquired without background suppression.

**Data processing.** SPM8 (Wellcome Trust Centre for NeuroImaging, UCL, UK) and a self-complied Matlab program based on SPM8 (provided by Siemens Healthcare, MR Collaborations NE Asia, Beijing, China) were used for image processing. Motion correction was performed first for all control and label images of the same series using the M0 image as a reference. After motion correction, the mean perfusion difference, ΔM (i), in the images was generated for each PLD. The weighted delay (WD) was calculated using the images of ΔM (i) by equation (1) and converted to ATT based on the theoretical relationship between the WD and ATT as described in Dai W et al. and Wang DJ et al.

$$WD = \frac{\sum_{i=1}^{4} W(i)ΔM(i)}{\sum_{i=1}^{4} ΔM(i)}$$

(1)

The CBF at each delay was calculated using the following equation:
where $\lambda$ ($= 0.9$ g/ml) is the blood/tissue water partition coefficient, $R$ ($= 0.61$ s$^{-1}$) is the longitudinal relaxation rate of blood at 3T, $\alpha$ ($= 0.8$) is the tagging efficiency, $\tau$ ($= 1,500$ ms) is the duration of the labelling pulse, and $w(i)$ is the PLD ($= 1,400/1,800/2,200/2,600$ ms). The final CBF was the mean of the estimated CBF at each PLD.

All of the ASL images of the IGE patients and healthy control subjects were spatially normalized to the Montreal Neurological Institute (MNI) template space with $79 \times 95 \times 68$ dimension and were smoothed using a 6-mm full width at half maximum Gaussian kernel using SPM8. A representative example of the ATT and mean CBF map of an IGE patient and healthy control subject is shown in Fig. 3.

**Statistical analysis.** The two-sample t-test was used for the group comparisons of the ATT and CBF differences in the whole brain between the IGE patients and healthy control subjects. The height threshold for the SPM analysis was set to the false discovery rate (FDR) corrected $p < 0.05$ with an extent threshold of 100 voxels to localize those brain regions with changed perfusion. Statistical maps were overlaid onto a high-resolution brain template in the standard MNI space using MRIcron software (http://www.mccauslandcenter.sc.edu/crnl/mricron/index.html). To investigate the relationship between the abnormal cerebral perfusion patterns (i.e., ATT and CBF) and clinical characteristics, the regional values of ATT and CBF in the identified brain areas were extracted using an automated tool (Marsbar, version 0.44; http://marsbar.sourceforge.net). Pearson’s correlation was employed to evaluate the relationships between these neuroimaging findings and illness duration, as well as the age at onset ($p < 0.05$). The statistical analyses were performed using SPSS 20.0 software (SPSS Statistics, IBM, Armonk, NY).

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Author Contributions
Q.Y.G. conceived the project. Q.Y.G., M.Y.W., G.X.C. and D.L. designed the protocol and wrote the main manuscript. G.X.C. and J.C.R. obtained the data. G.X.C., D.L., J.C.R., P.L.Z., X.L.S., M.Y.W. and D.Z. analysed the results. All authors reviewed the manuscript. D.J.W., M.Y.W., D.Z. and Q.Y.G. revised the manuscript.

Additional Information

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