Intravital imaging of cell signaling in mice

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Abbreviations: 2D, two dimensional; MHz, mega hertz; ns, nanosecond; ECM, extracellular matrix; OFDI, optical frequency domain imaging; SHG, second harmonic generation; kD, kilo dalton; CSFE, carboxy-fluorescein diacetate succinimidyl ester; Gr1+, granulocyte receptor-1; GFP, green fluorescent protein; FP, fluorescent protein; cAMP, cyclic adenosine monophosphate; Ca²⁺, calcium; PIP₂, phosphatidylinositol-4,5-diphosphate; FRET, fluorescence resonance energy transfer; CTL, cytotoxic T lymphocyte; FLIM, fluorescence lifetime imaging microscopy; FRAP, fluorescence recovery after photobleaching; FCS, fluorescence correlation spectroscopy; FCCS, fluorescence cross-correlation spectroscopy

Cell signaling is mostly studied in vitro 2D-cell culture models that lack the complex in vivo environment provided by neighboring cells, soluble secreted factors and non-cellular matrix components. Given that many environmental factors control cell signaling, it comes as no surprise that in vitro observations often poorly correlate with in vivo observations. Recent developments in intravital imaging techniques have made it possible to visualize and study cell signaling in individual cells within living animals. Here, we review intravital imaging techniques based on fluorescence microscopy and give examples of how these techniques are being used to study cell signaling.

Introduction

Inter-organ, intercellular and intracellular signaling are critical events for normal function of a multi-cellular body. Many diseases result from dysfunctional signaling pathways, cancer being a notable example. In order to develop new clinical strategies for these diseases, it is essential to understand the involved signaling pathways in their pathophysiological contexts. The introduction of cell-culture in the 19th century as a common laboratory technique allowed researchers to grow cells on plastic or glass (in case of cell-culture in the 19th century as a common laboratory technique, it has become increasingly apparent that cell behavior in in vitro 2D-culture models differs from that in their physiological environment. In a living mouse, for example, carcinoma cells migrate with 10 times higher velocities and more persistency than has generally been observed in in vitro models.¹

What makes cells behave differently in vivo compared to in vitro? 2D-culture models lack the full dimensions of integrated local and systemic positive and negative feedback signals that control cell-physiological processes. The in vivo environment contains at least three (broad) categories of factors that impose additional cell signaling on individual cells, including: (1) neighboring cells, (2) secreted soluble factors and (3) non-cellular structural factors [extracellular matrix (ECM)]. Collectively, these factors are referred to as the microenvironment and they form the signal input of individual cells. The composition of the microenvironment is dynamic and unpredictable since microenvironmental factors are mutually influenced, leading to complex and confined cell signaling in space and time. The absence of microenvironmental factors in in vitro models systematically alters the balance of cellular signal input with subsequent changes in the localization of many signaling proteins, the regulation of signaling pathways and ultimately cell morphology and behavior (Fig. 1). Moreover, cell lines used in 2D-culture models are usually transformed to allow unlimited passaging, leading to altered cell cycle and gene expression profiles as compared to their non-transformed counterparts in living tissue. Thus, in order to fully understand physiological and pathological processes, cell behavior should ultimately be studied in its physiological environment.

For many decades, important knowledge on signaling pathways and their underlying genes have evolved from genetic and biochemical studies on mice. Several techniques, such as (q)PCR and western blotting have been routinely used to detect specific gene transcripts and protein expressions in tissue samples. As a general disadvantage, many of these analyses require large numbers of cells, thereby obscuring the signaling properties of individual cells. Moreover, most of these techniques lack spatial resolution, which would help to fully understand single cell signaling events. Therefore, histological, immunohistochemical and RNA-hybridization techniques have been successfully employed to provide spatial information with cellular (and sometimes sub-cellular) resolution and to assess expression levels of signaling molecules. For example, invasion of tumor cells into the surrounding stroma can be visualized by standard histological techniques that are commonly employed to grade the pathological stage of a tumor. Although histological (staining) techniques can provide spatial information with sub-cellular resolution, they do...
In the mid and late 20th century new lasers, optics and detectors were developed, leading to the introduction of video (wide-field) and confocal microscopy. In contrast to earlier versions of fluorescence microscopes, these advanced microscopes could record images and therefore allowed post-acquisitional image analysis and publication of the experimental images. In addition, the confocal microscope was designed to eliminate out-of-focus emission light (from beyond the optical section) by virtue of a pinhole, resulting in contrast enhancement (making subcellular structures clearer) and improved Z-resolution. Thereby it constructs optical sections through tissue without physically sectioning it. Since its first biological implementation in 1987, confocal microscopes have been applied to study numerous (subcellular) events in living mice such as tumor cell migration in mammary tumors. Spinning disk confocal microscopes have been used in several studies because it allows fast scanning and therefore induces little phototoxicity. Nowadays, the most advanced confocal microscopes are equipped with several lasers in the visible light spectrum (400–650 nm) to excite a diversity of fluorophores. However, scattering of visible light in tissue limits the imaging depth. This problem is overcome by exciting fluorophores with infrared lasers (< 1,000 μm deep) (Fig. 2A). In 1990, Denk et al. developed the ultrashort pulsed laser in which all photons over a time span of 12.5 ns are concentrated into a femtosecond pulse (for a 80 MHz pulsed laser). In the focal plane, the photon density within such a pulse is sufficient to make fluorophores absorb two photons nearly simultaneously (Fig. 2B) (this was predicted not provide any temporal information. In fact, in order to monitor processes over time, samples of separate individuals would need to be obtained at several timepoints. By contrast, individual cells can be visualized over multiple time points in the same animal using intravital imaging. In this review, we will give a historical overview of high-resolution intravital imaging techniques, followed by examples of how intra- and intercellular signaling can be studied. Finally, we will describe the latest developments in intravital imaging.

### Historical Overview of Intravital Imaging Techniques

The importance of in vivo measurements became evident already in 1839, when intravital imaging was first described by Wagner. He observed the interaction of leukocytes with the blood vessel wall in the webbed feet of a grass frog using bright field transillumination. In these early days, most intravital imaging studies could only examine the vasculature and the microcirculation, due to the old-fashioned optics and the lack of contrasting techniques to visualize other tissues. This changed in 1911, when Heimstadt introduced the first fluorescence microscope. Together with the development of exogenous fluorophores, the fluorescence microscope allowed in vivo imaging of intravenously injected fluorophores and these “circulating sources of light” were visualized in several tissues such as liver and kidney. Nonetheless, the earliest observations were done merely by eye or diafilms, limiting these studies to descriptive reports on relatively large-scale events.

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However, by using the dorsal skinfold chamber, Lehr and coworkers pioneered high-resolution intravital imaging over multiple days. At the present time, this chamber is widely used for multi-day imaging of the vasculature and tumors. More recently, other types of chambers have been developed by us and others to study mammary tissue, brain tissue and the spinal cord. Although imaging windows for the lung have been designed, they have not yet allowed imaging for more than a few hours.

To monitor individual cells over multiple imaging sessions, vascular and extracellular matrix structures and tattooed reference marks have been used as roadmaps in healthy tissue in order to repeatedly trace back studied cells. In this manner, formation of metastasis has been followed for weeks (Ritsma L. and van Rheenen J., unpublished) with the animals well recovering from already in 1931 and validated in 1961). This technique, often referred to as two-photon microscopy, renders elimination of out-of-focus light by a pinhole redundant, since the excitable photon density and thereby the two-photon excitation effect is strictly confined to the confocal plane (Fig. 2B). This simplifies the optical path, because emitted light does not have to travel back through the scanner with losses of light at the pinhole and mirrors, but instead can be detected close to the objective. The advantages of two-photon microscopy result in low bleaching and minimal phototoxicity deep inside living tissue.

To visualize individual cells within various organs of the mouse, the imaging depth of two-photon microscopy is not sufficient and requires surgical exposure of the imaging site. However, these surgical procedures limit the duration of imaging sessions to several hours. Long-term intravital imaging (up to 30 h) of surgically exposed tumors in mice has been achieved by optimized imaging conditions (e.g., monitoring vitals).

Figure 2. Single-photon microscopy versus two-photon microscopy. (A) A Z-stack of images of a mouse mammary tumor (KeP111 Dendra2) was acquired with single-photon (1P, confocal microscope) and two-photon (2P, two-photon microscope) excitation in a living mouse. The imaging depth is indicated in every image. Note that deep inside tissue good contrast can only be obtained when using a two-photon microscope. (B) Jablonski diagram showing single-photon and two-photon absorption and emission by a fluorophore. For second harmonic generation (SHG) imaging excitation does not take place; instead, two photons scatter simultaneously, thereby generating a single photon in the visible light range. Lower image: two focal points were bleached in a fluorescent plastic using single- (left) and two-photon (right) excitation. Bleaching profiles are shown in XZ. Note that single-photon excitation creates a cone-like structure, while two-photon excitation is restricted to the focal point. (C) Intravital images of the same region in which scatter- or SHG-signal from ECM fibers was acquired. Scale bar represents 20 μm.
anesthesia in between the imaging sessions. If, however, tissue topology changes over time (e.g., in tumorigenic tissue), areas of interest can be retracted by taking advantage of photoconvertable fluorophores such as Dendra2 and PSmOrange. For example, violet illumination shifts the absorption and emission spectra of Dendra2 towards longer wavelengths converting green Dendra2 to red Dendra2 fluorophores. We have used Dendra2 to photomark and track individual cells and groups of cells for multiple days (Fig. 3B) and could, thereby, visualize distinct migratory behavior of tumor cells. For example, we showed that tumor cells surrounding large blood vessels are more migratory than tumor cells surrounding capillaries. This assay has high potential to test the effects of clinically relevant pharmacological agents in vivo as was done for agents that target integrin-Fak-Src signaling. Thus, the combination of photoconvertable fluorophores and imaging windows provides a powerful tool for long-term intravital imaging at high resolution.

Taken together, we are now able to detect fluorescence at high resolution, deep inside living tissue and over multiple days. Therefore, it comes as no surprise that intravital imaging is becoming increasingly popular to study the behavior of fluorescently labeled cells in the in vivo setting and, as will be discussed below, signaling events between and within these cells.

**Signaling Events Between Cells**

In order to study signaling events between cells, multiple cell and/or tissue types must be visualized simultaneously. Contrast agents are often used to distinguish between different cell types and tissues. However, certain substances (such as ECM, blood vessel structures) are detectable without labeling. For example, optical frequency domain imaging (OFDI) detects the differential optical scattering properties of various tissue structures such as blood and lymphatic vessels and has (already) been used to study angiogenesis and lymphangiogenesis. As another example, reflectance imaging (also referred to as back-scattering) is based on the detection of excitation light that is scattered by solid-state structures resulting in contrast between dense and less dense tissue. Reflection of the excitation light occurs at the interface between structures with differential refractive indices such as ECM components and water (Fig. 2C). Although the signal is not specific, reflectance imaging can visualize many microenvironmental structures ranging from ECM or blood vessels to stromal cells (e.g., reviewed in refs. 37 and 38). A more specific and regularly used technique to visualize collagen fibers is second harmonic generation (SHG) microscopy (Fig. 2C). At highly ordered and non-centrosymmetric structures, such as Type I collagen, the energies of two photons are combined and reflected as a single photon with doubled energy and half the wavelength. Typical wavelengths used for SHG-imaging range between 800 and 1,300 nm, since the SHG-signal can then be detected using standard fluorescence microscopy filter sets. Since SHG and reflectance imaging are not based on fluorescence phenomena, they do not excite molecules and therefore do not induce photobleaching. These techniques can be used to study Type I collagen in various healthy and pathogenic tissues including skin, gut and breast (e.g., reviewed in ref. 39). For example, SHG has proven to be highly useful when studying cancer cells; it has been shown that breast cancer cells migrate along collagen-I fibers with high velocity and persistence (Fig. 3A).

Another way to visualize cells and tissues without labeling them is by detecting endogenous fluorescent molecules which are present in almost every cell type such as tryptophan, pyridinic and flavin co-enzymes; their emission is commonly referred to as autofluorescence (see e.g., reviewed in ref. 40). Since both excitation and emission spectra of these components have considerable overlap, the fluorescence level cannot be used to distinguish among cell types. However, the fluorescence lifetime (the average time an excited fluorophore resides in its excited state) does differ among the various components (e.g., tau-NADH ~1 ns and tau-FAD ~3 ns) and can thus be measured using FLIM (fluorescence lifetime imaging microscopy). The different molar ratios of these autofluorescent components, as present in distinct cell types and tissues, will constitute cell type specific (average) autofluorescence lifetimes. Thus, imaging the (average) lifetime of auto-fluorescence has a strong potential for distinguishing multiple cell-types (Fig. 4A). This technique has already been successfully applied to discriminate healthy from tumor tissue and to predict tumor grade parameters, such as metastatic potential.

As mentioned above, cell types and tissues can also be distinguished by using contrast agents. However, most contrast agents dilute quickly, for example due to cell division. When short term labeling is adequate, blood vessels can be visualized by angiography, i.e., injection of fluorescently labeled high-molecular weight dextran or quantum dots into the blood stream. As another example, intravenously injected low molecular weight-dextran molecules (< 70 kD) leak out of the blood into the surrounding tissue, where they are taken up by phagocytic immune cells such as macrophages. Moreover, dendritic cells can be labeled by intracutaneous injection of carboxy-fluorescein diacetate succinimidyld ester (CSFE). Immune cells can also be specifically labeled by transferring isolated cells into recipient mice after labeling them ex vivo with tracker dyes. A general drawback of the latter approach is that these labeled cells will only constitute a small fraction of the total blood cell population of the recipient animal. Alternatively, cell-type specific fluorescent antibodies (e.g., for lymphatics, see reviewed in ref. 48; for Gr1+ myeloid cells, see reviewed in ref. 15) can be injected to establish contrast between different cell types. Especially for immune cells that can be adoptively transferred, these approaches enable researchers to label differential cell types with specific colors and visualize their physical interactions in vivo (e.g., reviewed in ref. 49).

Since the introduction of genetically encoded fluorophores such as green fluorescent protein (GFP), it has become possible to label non-hematopoietic lineages that could not be adoptively transferred, such as cancer cells with an epithelial origin. For this, fluorescent protein (FP) expression, driven by cell-type specific promoters, has been the preferred method to visualize cell types in intravital imaging experiments. Advantages of these FPs are that they (1) are non toxic, (2) are not limited in tissue penetration (as labeled antibodies or dyes are) and (3) come into place...
a CFP-like absorption spectrum with a mRFP-like emission spectrum. Piatkevich and co-workers used this multiple-channel approach to visualize that tumor cells are more polarized when they are in close proximity with blood vessels than when they are located far away from the circulation. Finally, far-red fluorescent proteins such as mNeptune, eqFP650/670 and iRFP have been developed to allow imaging deep inside tissue, thanks to their excitation and emission spectrum that are near-infrared. For a good review on the latest developments of fluorescent proteins see reference 57.

Figure 3. Visualizing cell migration over long and short periods of time. Intravital imaging of mouse tumor cells was performed using two-photon microscopy. (A) Stills of a time-series showing KeP1_11-Dendra2 cells migrating along type I collagen fibers. (B) C26-Dendra2 cells were imaged through a mammary imaging window after photomarking a subpopulation in a square region (dashed square) by violet light-induced photoconversion of Dendra2. Twenty-four hours later we rescanned the region. Note that the converted cell population has relocated (see dashed line). The scale bars represent 20 μm.

non-invasively. Thanks to a variety of FP color variants, multiple cell types can currently be genetically labeled and simultaneously visualized (e.g., blue, green and red fluorophores). This has led to the exciting possibility to study interactions and communication between different cell types in real time. For example, Egeblad and coworkers visualized the behavior of different stromal cells in mammary tumors and showed that most stromal cells exhibit higher motility at the tumor edge than when residing within the tumor mass. In another study, Wyckoff and colleagues visualized how signaling between mammary tumor cells and macrophages drive metastasis. By co-registration of GFP-expressing mammary tumor cells and Texas red-dextran labeled macrophages they showed how macrophages assist the tumor cells in invading the stroma and entering the blood stream. Macrophages were also found to be involved in the development of mycobacterial liver granulomas. In yet another study it was shown that T cell interactions with dendritic cells are governed by T cell sensing of the antigen dose, creating a threshold for its activation. Nowadays, many new fluorescent proteins with additional properties have been designed, opening new avenues for intravital imaging of cell-cell signaling. For example, fluorescent proteins like LSS-mKate1, have been designed for visualization in combination with CFP and GFP, since e.g., mKeima combines a CFP-like absorption spectrum with a mRFP-like emission spectrum. Piatkevich and co-workers used this multiple-channel approach to visualize that tumor cells are more polarized when they are in close proximity with blood vessels than when they are located far away from the circulation. Finally, far-red fluorescent proteins such as mNeptune, eqFP650/670 and iRFP have been developed to allow imaging deep inside tissue, thanks to their excitation and emission spectrum that are near-infrared. For a good review on the latest developments of fluorescent proteins see reference 57.

**Signaling Events Inside Cells**

The dynamic interplay between inter- and intra-cellular signaling leads to heterogeneous and changing expression profiles and differentiation states. Intravital imaging of FPs in which the expression is driven by differentiation promoters are strong tools to visualize these dynamic and diverse cellular states. For example, Pinner and colleagues monitored GFP expression driven by the Brn-2 promoter to visualize the differentiation status of metastasizing melanoma cells. This revealed the switching from a non-differentiated to a more differentiated state of cells that exit the primary tumor and enter the secondary site. The
fused to a fluorescent biomolecule (antibody, synthetic dye or fluorescent protein). Various fluorescent biosensors are based on dynamically changing fluorescent properties or localization of the probe. Examples are Fluo-3, which acquires fluorescent signal upon binding of calcium, and the cathepsin activity-based probe, which binds covalently and irreversibly to cathepsin proteases. Biosensors containing fluorescent proteins are often based on a change in fluorescent resonance energy transfer (FRET). FRET is the process by which energy from an excited donor fluorophore is transferred to an acceptor fluorophore through radiationless dipole-dipole coupling. The efficiency of this energy transfer is highly dependent on the distance between (e.g., < 10 nm for CFP/YFP) and the relative orientation of donor and acceptor fluorophore (e.g., reviewed in ref. 67). Most FRET-based biosensors are based on a change in fluorescent resonance energy transfer (FRET). FRET is the process by which energy from an excited donor fluorophore is transferred to an acceptor fluorophore through radiationless dipole-dipole coupling. The efficiency of this energy transfer is highly dependent on the distance between (e.g., < 10 nm for CFP/YFP) and the relative orientation of donor and acceptor fluorophore (e.g., reviewed in ref. 67). Most FRET-based biosensors are based on a change in the orientation and/or the distance between the donor and acceptor fluorophore. These

**Figure 4.** FLIM and FRET measurements in a living mouse. (A) Discriminative visualization of multiple tissue components by Fluorescence Lifetime Imaging Microscopy (FLIM). Shown are the autofluorescence and lifetime image. Note that blood vessel (e.g., asterisk) and cells (e.g., arrow) have distinct average lifetimes. (B) Cartoon of the N-Wasp FRET biosensor. In its inactive form, the CFP- and YFP-moieties are in close proximity so that FRET can occur upon CFP excitation, resulting in YFP (~540 nm) emission. When the N-Wasp sensor core is activated, the sensor will unfold, leading to a loss of energy transfer. This is reflected as increased CFP and decreased YFP emission. (C) Ratiometric FRET imaging performed on MTLn3 mammary tumor expressing the N-Wasp FRET biosensor. CFP excitation induces CFP (left part) and YFP emission (middle part); the FRET ratio image (CFP/YFP, right part) reflects N-Wasp activity. Note the small membrane protrusion in which N-Wasp is active. Scale bar represents 10 μm.
Biosensors are employed to reflect second messengers levels (e.g., cAMP, Ca²⁺ and PIP₂) or protein-protein interactions and have been used successfully to study for example Ca²⁺ transients in the living mouse.⁶⁸ Affinity-based sensors recognize specific conformations or activation status of the target. For instance, the inactive-to-active conformational change of the N-Wasp results in a decrease in FRET (Fig. 4B).⁶⁹ Intravital FRET imaging of mammary tumor cells that express this sensor suggests that N-Wasp can be locally activated in cell protrusions (Fig. 4C). Indeed, a detailed intravital imaging study by Gligorijevic and coworkers showed that downregulation of N-Wasp activity resulted in a reduced number of protrusions that degrade ECM and further resulted in less metastasis.⁷⁰ Other FRET probes that have been used to visualize signaling activity with subcellular resolution include the RhoA biosensor.⁷¹

In activity-based FRET sensors, the sensing platform is an enzyme substrate that responds to an enzymatic activity, such as phosphorylation, methylation or proteolytic cleavage. In case of the caspase-3 FRET biosensor, endogenous caspase-3 enzymes recognize and cleave the DVED recognition sequence that is located in between CFP and YFP, inducing a reduction in FRET. This sensor has been used successfully to monitor caspase-3-mediated apoptosis in keratinocytes and tumor cells in living mice.³⁰,⁷² For instance, Breart and colleagues used this biosensor to visualize that cytotoxic T lymphocytes (CTLs) kill one tumor cell every 6 hours,⁷³ illustrating the strength of the in vivo visualization of cell signaling.

**Future Perspectives**

High-resolution intravital imaging employs advanced microscopy to study in vivo processes at a single cell resolution. In the last decade this technique has become increasingly popular to study and validate cell signaling processes that had previously been studied in in vitro systems, or that were simply impossible to study. The discovery of genetically encoded proteins enabled researchers to label tissue-specific cells and to visualize proteins and signaling processes (by using biosensors). Contrast agents can be employed to further distinguish tissues and advanced imaging techniques such as FLIM, FRET and SHG help to visualize various tissue components and cell signaling processes. In the near future, other microscopic techniques that are already employed in in vitro biological studies, are likely to be introduced for intravital microscopy as well. For example, a common technique to study the dynamics of signaling events in (living) cultured cells is fluorescence recovery after photobleaching (FRAP).⁷⁴ FRAP makes use of the relatively quick bleaching properties of fluorescent proteins. Upon photobleaching the FPs in a well-defined area, the fluorescence recovery in that area reflects the exchange of bleached with non-bleached FPs and therefore constitutes a measure for the protein’s diffusion rate. Although FRAP is a widely used technique in 2D-culture models, few laboratories apply it in vivo. However, intravital FRAP imaging can be extremely powerful as illustrated by Serrels and co-workers, who studied the trafficking of E-cadherin in mouse tumors cells. In their elegant study, they used FRAP to show that E-cadherin trafficking occurs at significantly faster rates in living mice than in cultured cells.⁶² In addition to FRAP, Fluorescence Correlation Spectroscopy (FCS) can also be employed to unravel protein interactions as well as protein diffusion. FCS is a technique which measures protein diffusion by autocorrelating temporal fluctuations of a fluorescent signal (from a tagged molecule) within a small, stationary focal volume (~1 μm²). It requires low concentrations of fluorescent molecules and is therefore particularly powerful when the fluorescence signal is low. A variant of FCS is fluorescence cross-correlation spectroscopy (FCCS). Cross-correlation of multiple fluctuation signals in more than one spectral channel allows one to quantify protein interactions and enzyme activities. However, due to light scattering of thick tissues, this technique is not yet commonly applied in mice.

In order to advance intravital imaging as an experimental technique in the coming years, it will be of paramount importance to develop technical means to genetically manipulate individual cells in living mice. Recent developments in this direction include cell lines in which cancer cell behavior can be manipulated by the inducible expression of oncogenes or signaling proteins.⁷⁵ Furthermore, developments in photo-manipulation such as laser-induced activation of caged proteins and caged compounds (NPE-caged cAMP), proteins (Rac1 ⁷⁶ and cofilin⁷⁷) and gene expression⁷⁸ will further expand the toolkit to manipulate signaling pathways in time and space. Developing the photo-inducible activation of the Cre recombinase in vivo will be of particular interest,⁷⁹ since it can be combined with the extensive and already widely available part of mouse models in which this recombinase can activate or deplete genes or FPs. Interestingly, the lab of Vriz showed the proof-of-principle experiment in zebrafish embryos by locally photo-releasing caged-cyclofen, resulting in localized CreERT2 activity and the subsequent localized induction of YFP expression.⁸⁰

Taken together, we can conclude that intravital imaging is an exciting new technique, that allows researchers to study cell behavior and even signaling events by applying biosensors in an in vivo setting. This relatively new field is open to many groundbreaking advances in the near future, so we can look forward to an exciting era in which intravital imaging will provide new insights into in vivo cellular signaling.

**Disclosure of Potential Conflicts of Interest**

No potential conflicts of interest were disclosed.

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