Developing a System for Antibacterial Treatment of Dental Caries using Culture Based Approach

Mishra, M., S. Ghosh, L.E. Alex, I. Mukherjee, T.P. Sinha and S. Ray Chaudhuri

Department of Biotechnology, West Bengal University of Technology, BF-142, Sector-1, Salt Lake, Kolkata-700064, West Bengal, India

Abstract: Problem statement: Dental caries is a chronic disease worldwide, caused mainly by microbes. The orthodox approaches still remain the only option of treatment. Lack of rapid antibiotic sensitivity determination of the dental pathogen is a rate limiting step in the field of Dental Microbiology. Approach: The culture dependent analysis was used for the study of oral microflora from five healthy individuals as well as three caries infected buccal cavity (one with pit and fissure caries and two with smooth surface caries). Results: The study revealed 10^4-10^6 times higher bacterial count in healthy buccal cavity. The molecular community analysis mostly revealed Klebsiella sp, Staphylococcus sp, Bacillius sp., Streptococcus sp. and Granulicatella sp in caries infected samples. Microbial isolates from surface caries of one of the subjects (DS5 and DS6) showed resistance to most of the drugs except Polymyxin B, while Ampicillin resistance was common for all. Most of the consortia from both the healthy and infected individuals revealed presence of plasmids. Two step cultivation based antibiotic sensitivity detection gave consistent result within 18-20 h as opposed to the conventional 48-72 h. A model for oral application of antibiotic to tooth surface was worked out to inhibit demineralization. Conclusion/Recommendation: This study reports a rapid antibiotic sensitivity detection system for selection of treatment regime. It also proposes a model antibiotic applicator for treatment of surface caries. Detection of antibiotic sensitivity before administration of antibiotic can prevent misuse of antibiotic therapy leading to enhancement of multi drug resistance. The therapy conducted on the basis of the sensitivity data can prevent the demineralization and escaping of the isolates into the blood stream during tooth extraction.

Key words: Dental microflora, surface caries, pit and fissure caries, demineralization, Shannon diversity, Mueller Hinton Agar (MHA), Luria Bertani (LB)

INTRODUCTION

Tooth decay otherwise known as dental caries is one of the most common chronic diseases prevailing in the human population, its epidemiology rate being stated as five times greater than that of asthma (Houte, 1994). This disease can be defined as an irreversible infection of teeth and is usually considered as bacterial in origin (Shivkumar et al., 2009). It is basically a dynamic process taking place in the microbial deposits on the teeth otherwise known as plaque. The acidogenic bacteria inhabiting the microbial biofilm utilize the fermentable carbohydrates and as a consequence lower the pH of the surrounding area. This acidic condition causes demineralization of the dentin and cementum and even degrades the organic matter of the teeth (Hardie, 1992; Liljemark and Bloomquist, 1996; Houte, 1994). Bacterial population can even cause proteolytic destruction of the collagen matrix eventually leading to irreversible demineralization of dentine.

Human oral cavity can be considered as a complex ecosystem with diverse acid tolerant and acid producing microbiota. Extensive reports based on culture dependent and independent approaches give an account for existence of 200-300 species in human dental plaque (Islam et al., 2007). Among the myriad of population in the oral cavity, major fraction of about 70% in reported to be noncultivable (Aas et al., 2005).
The availability of nutrients and moisture, favourable temperature and occurrence of adherence surface inside the oral cavity creates a compatible environment for development of microbial biofilm. The proteins and glycoprotein in the host's mouth prepare a conditioning film for plaque initiation (Islam et al., 2007; Houte, 1994).

A number of investigations link Streptococcus mutans, an acidogenic bacterium to the development of caries (Aas et al., 2008; Islam et al., 2007; Becker et al., 2002; Preza et al., 2008). Apart from their fermentative ability, these bacteria are known to produce insoluble polysaccharides like dextran which enhances the biofilm development. Along the progressive stages of the caries the bacterial profile changes and species of genera Vellionella, Lactobacillus, Bifidobacterium, Propionibacterium, Actinomyces, Enterococcus, Atopobium, Selenomonas, Prevotella and Pseudoramibacter take up a major role. Species of Lactobacillus and Vellionella are weakly adherent and thus depend on S mutans for caries initiation (Gross et al., 2010). Moreover the predominance of Lactobacillus in the secondary dentines is due to the production of antimicrobials which inhibits the growth of S mutans (Houte, 1994). Similarly Velionella sp. acts as a sink for the lactic acid produced by the preliminary inhabitants to generate weaker acids like propionic and acetic acid. Thereby it stimulates the glycosylation process in the lactic acid producers like Streptococcus and Lactobacillus (Becker et al., 2002). The incidence of different microbial groups is linked to the stages of infection and is explained by ecologic disruption model of caries pathobiology (Li et al., 2005). Thus, microbial screening of healthy and infected teeth is essential to understand the potent ecological role of the different species associated with caries. The dangers of this disease can be linked to the various systemic disorders such as infective endocarditis, bacteremic seeding of heart valves and even increased risk of coronary heart disease and cerebrovascular events. Excessive bacterial load in the oral cavity may even lead to gingivitis, periodontics, perimplants (Cate, 2009; Marsh, 2003; Nakano et al., 2009). These oral bacteria can enter the blood stream during dental procedures such as tooth extraction, periodontal surgery, scaling and root planning or even regular brushing, flushing or even during chewing of food. By far the most widely used therapeutic method is fluoride based since its application prevents dissolution and allows reprecipitation of enamel and dentin. But regular use of fluoride can have negative impacts like fluorosis and other toxicological effects. Another conventional approach is the application of antimicrobials with an aim to eliminate the arch cariogenic species. Chlorhexidine digluconate (CHX) is a commonly reported drug which eliminates or suppresses S mutans (Islam et al., 2007). Other commonly used antimicrobials are Amoxicillin, Kanamycin, Tetracycline, Cefepime sulbactum in combination (Srivastava and Chaudhury, 2011). But again the rampant use of antimicrobials leads to sharp rise in antibiotic resistance of microbes which stands as a hindrance in disease prevention and treatment (Ready et al., 2002; Roberts, 1998; Srivastava and Chaudhury, 2011). In the light of the above consequences, significant effort is devoted towards understanding the caries etiology and designing alternatives for prevention and therapeutic intervention.

The purpose of this present study in three folds (a) a culture based microbial screening of healthy and infected teeth in adults, (b) to perform a rapid method of antibiotic sensitivity detection to facilitate the diagnostic process, (c) development of an effective treatment method. This study would lead to a detailed understanding of caries pathobiology and contribute to improved prevention and treatment of this significant health problem.

MATERIALS AND METHODS

Subject selection: Three adult subjects were selected who ranged in age from 35-70 years. The first Subject (S1) had deep pit and fissure caries, the second Subject (S2) had severe surface caries whereas the third Subject (S3) was affected with severe rampant and surface caries. None of the subjects were exposed to any immediate antibiotic treatment before being selected for microbial screening. The healthy control group consisted of five subjects (HS1-HS5) within the age range of 22-28 years. The control subjects did not receive any antibiotic treatment in the recent past before being enrolled in this study.

Sampling for culture dependent screening: A jet of sterile water was dispensed from a 2 mL syringe in order to wash the tooth surface. The water was sucked back from the tooth surface and stored in a microfuge tube for further analysis. 50 µL of the collected sample was evenly spread on Luria Bertani (LB) agar (1% Tryptone, 0.5% Yeast extract, 0.5% NaCl, 1.5% agar, pH 7-7.5) and was incubated at 37°C for overnight. Sterile water was used as negative control for each set of experiment in case of both healthy and infected teeth. The preliminary analysis was based on viable cell count in terms of CFU/mL and the basic colony morphology.
Screening for the presence of plasmids: Since the consortia as well as the pure isolates demonstrated antibiotic resistance, an attempt was made to screen for the presence of plasmids in them as an indirect method to understand the molecular mechanism of antibiotic resistance. The plasmid isolation, transformation into ampicillin sensitive hosts and finally screening of positive transformants were done by following the procedure reported by Chaudhuri and Thakur (2006).

Development of a rapid antibiotic sensitivity detection kit: Since the standard antibiotic sensitivity assay for biological sample was a time consuming process, a modified method was designed to reduce the detection time of the antibiotic sensitivity.

A jet of 20 µL sterile water was used to wash the surface of the infected tooth. Thereafter a swab stick was used to collect swab samples from the washed tooth surface. The swab stick was transferred to 3mL of AS broth (1% Tryptone, 0.5% NaCl, pH 7.0), mixed properly by vortex and incubated at 37°C for 2 h under shaking condition at 150 rpm (Shaker, Lab companion, SI 300R). This initial culture was used as inoculum for the second step of detection on culture plates and therefore the procedure is called the two step cultivation technique.

In the second step of the analysis, a 24 well tissue culture plate (Cell star cat no.662160) was used with 2 wells containing 2 mL LB agar each while the rest 22 wells were filled with 2 mL of AS agar (1% Tryptone, 0.5% NaCl, 1.5% Agar). The wells were then marked according to the eighteen different antibiotics. For each set, two of the AS agar containing wells were considered as positive controls and one AS agar containing well was labelled as negative control. The two LB agar containing wells were used as positive and negative control respectively. In the wells marked for respective antibiotic, two discs were aseptically inserted into the corresponding wells and the insertion points were sealed with top agar (Fig. 1). Then 20 µL from incubated culture (initial culture) was spread uniformly on agar by swirling. The sensitivity and resistance towards a particular antibiotic was determined in terms of presence or absence of microbial growth after an incubation period of 16 h. Thus the total time for detection remains as 18 h.

Assessment of local antibiotic application on healthy and infected teeth: Goat tooth was selected as a model for the study of antibiotic effect on healthy and infected teeth. Three sets of front jaw teeth were collected from a healthy buccal cavity. With an objective of eliminating any preexisting microbe, the teeth sets were
initially washed with distilled water for 30 min followed by 70% ethanol wash for 1 h. Thereafter they were exposed to UV irradiation for 1 h to kill the surface adherent microbes. The teeth sets were placed on petriplates with aid of plasticin like material and thereafter supplied with simulated saliva (Ghosh et al., 2009) and drops of 1M sucrose.

Among the three sets of teeth, one was kept as the control i.e., healthy teeth. The second set of tooth was treated once with a well characterized strain of *Staphylococcus haemolyticus* (Nandy et al., 2007; 2009; Chaudhuri et al., 2008) which is a known cariogenic species. The third set was infected with the above mentioned bacterial isolate and thereafter treated with an antibiotic combination of Polymixin B and Neomycin (commercially available in the trade name of Neosporin). The selection of antibiotics was based on the antibiotic sensitivity of this particular *Staphylococcus* strain (Nandy et al., 2007; 2009; Chaudhuri et al., 2008). Each set was then placed in a 2 liter plastic vessel half filled with water and maintained at 37°C to simulate the condition in the buccal cavity. The treatment with sucrose as well as antibiotic was given to the respective teeth for 21 days. After the incubation period, the tooth samples were washed sequentially with distilled water, 100% ethanol, and chloroform for removing any adherent material from the surface. Scanning Electron Microscopy (FEI QUANTA 200 MARK2) was done to analyze the morphological alterations of the teeth surface with and without antibiotic treatment following silver coating.

**RESULTS**

**Isolation and enumeration of dental flora from healthy and infected teeth surfaces:** Six consortia were obtained from infected as well as non infected dentine surface from the buccal cavities of infected subjects (S1, S2 and S3), their nomenclature and the details of the isolation source being provided in Table 1. The viable cell count (CFU/mL) was derived for each consortium obtained from infected (S1-S3) as well as healthy subjects i.e. HS1-HS5 (Table 1).

Three pure bacterial isolates were obtained. One was from consortia DS3 which was from the non infected tooth of S1 while two others were from DS4 which was from the infected tooth of sample S2.

**Molecular characterization of the consortia:** The molecular analysis revealed the predominance of *Klebsiella* sp. in consortium DS1, DS2 and DS3, *Staphylococcus* sp. in consortium DS4, *Bacillus* and *Staphylococcus* sp. in consortium DS5 while occurrence of *Streptococcus* sp., *Granulicatella* sp. as well as an unknown bacterium in consortium DS6. The representative phylogenetic trees derived for consortia DS1-DS6 showing the relationship of species and phylotypes were depicted in Fig. 2a-f. The pure isolates SRC_DSa and SRC_DSb demonstrated closest identity with the unknown bacterium. The sequences being novel were submitted to GenBank, the accession numbers were provided in Table 2. Though 25 clones were screened from each consortium but the diversity obtained was very poor and hence rarefaction curve was not attempted.

The Shannon Diversity Index (H) as well as the Equitability Index for the consortia DS1 to DS6 was mentioned in Table 2. The values were extremely low indicating low diversity as well as the uneven distribution of members in the community except for DS4 which had a nearly even distribution of population.

**Antibiotic sensitivity assay:** The sensitivity to 18 different antibiotics were checked for different consortia obtained from healthy as well as infected buccal cavities and also the pure bacterial isolates, as reported in Table 3. All consortia except DS4 were resistant to Metronidazole as well as Ampicillin. Rifampicin sensitivity was demonstrated by DS4 and pure isolate SRC_DSb, while both demonstrated intermediate response towards Cloxacillin. Polymyxin B was effective for all the consortia from infected buccal cavities while most of the consortia from healthy subjects were resistant to it. The antibiotic sensitivity profile is essential to understand the caries ecology and also determine the targets for therapeutic intervention.

**Table 1:** Details of the isolation source of the different consortia obtained from the buccal cavities of infected as well as healthy subjects.

| Consortium | Source of isolation | Viable cell count (CFU/ml) |
|------------|---------------------|---------------------------|
| DS1        | Severe pit and fissure caries from Subject S1 | 2.7×10^7 |
| DS2        | Freshly initiated pit and fissure caries from Subject S1 | 2.22×10^7 |
| DS3        | Non infected teeth surface from Subject S1 | 4.92×10^7 |
| DS4        | Severe surface caries from subject S2 | 1.14×10^7 |
| DS5        | Severe surface caries with deformed and discolored tooth from subject S3 | 6.6×10^7 |
| DS6        | Non infected teeth surface from Subject S3 | 1.86×10^8 |
| HS1        | Healthy subject 1 | 7.00×10^7 |
| HS2        | Healthy subject 2 | 7.60×10^7 |
| HS3        | Healthy subject 3 | 4.12×10^8 |
| HS4        | Healthy subject 4 | 5.92×10^7 |
| HS5        | Healthy subject 5 | 4.80×10^7 |
Fig. 2: Representative phylogenetic tree for each consortium constructed using neighbour joining method. The GenBank accession numbers are provided in Table 2. The different trees represent members from the following consortium: 2a. DS1, 2b. DS2, 2c. DS3, 2d. DS4, 2e. DS5, 2f. DS6.
Table 2: Table indicating the GenBank accession numbers of the novel 16S rRNA sequences and the statistical data representing the species richness (Shannon Diversity index) and evenness (Equitability index) of microbial diversity in each of the consortium from infected subjects.

| Consortium | Gen bank accession number | Shannon diversity index | Equitability index |
|------------|---------------------------|-------------------------|--------------------|
| DS1        | GU373986- GU374010        | 0                       | Not defined        |
| DS2        | GU374012, GU374014-15, GU374017, GU374020, GU374023, GU374025, GU374027, GU374059, GU374033, GU374038, GU374040, GU374042, GU374044, GU374046-47, GU374049-50, GU374052-58 | 0.1679               | 0.2422             |
| DS3        | GU797253-56, GU797258-59, GU797261, GU797263-67, HM195201-10 | 0.184                  | 0.2655             |
| DS4        | GU797268-82, HM195214-23  | 1.164                  | 0.843              |
| DS5        | GU797283-307              | 0.441                  | 0.4016             |
| DS6        | GU374011, GU374013, GU374060, GU374016, GU374018-19, GU374021-22, GU374024, GU374026, GU374028-32, GU374034-37, GU374039, GU374041, GU374043, GU374045, GU374048, GU374051 | 0.8385               | 0.7633             |

Table 3: Table representing the antibiotic sensitivity profile of the different consortia both from healthy (HS1-HS5) and infected buccal cavities (DS1-DS6) as well as the three pure isolates (SRC_DSa, SRC_DSb and SRC_DSc). The abbreviation of the antibiotics are shown in the first row of the table. Here R denotes resistant, I denotes intermediate response and S denotes sensitive.

| Consortium | Cl5 | M64 | A | T | 30 | Ca | Ro | 30 | Do | 30 | Va | 30 | Ca | 10 | Tr | 30 | N | 30 | C | 30 | Ctx30 |
|------------|-----|-----|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| HS1        | S   | R   | S | S | S | R | R | S | S | S | S | R | R | R | R | R | S | R | R | R | R |
| HS2        | S   | R   | S | R | S | R | R | S | S | S | S | R | R | R | S | R | I | S | S |
| HS3        | S   | R   | R | S | S | R | R | S | S | S | S | R | R | R | S | S | S |
| HS4        | S   | R   | R | S | S | R | R | R | S | S | S | R | S | S | R | S | I | S | S |
| HS5        | I   | R   | R | R | S | R | R | R | R | R | S | S | S | R | S | R | S | S | S |
| DS1        | S   | R   | R | R | S | R | R | R | R | R | S | S | S | R | S | R | S | R | S | R | R |
| DS2        | S   | R   | R | R | R | R | R | R | R | R | S | S | S | R | S | R | S | S | S | S |
| DS3        | S   | R   | R | R | R | R | S | R | R | R | S | R | R | S | S | S | I | R |
| DS4        | S   | S   | S | S | S | S | S | S | I | R | S | S | S | S | S | S | S | S |
| DS5        | R   | R   | R | R | R | R | R | R | R | R | R | S | R | R | S | R | R | R |
| DS6        | R   | R   | R | R | R | R | R | R | R | R | R | S | R | R | S | R | R | R |

Table 4: Results of antibiotic sensitivity assay conducted by using the rapid detection kit conducted for three consortia: one from healthy buccal cavity and two from infected subjects.

| Antibiotics | Normal | PIT caries | Surface caries |
|-------------|--------|------------|---------------|
| Nx (10)     | -      | -          | -             |
| Ca (30)     | -      | +          | -             |
| T30         | -      | -          | -             |
| N30         | +      | -          | -             |
| Tr30        | -      | -          | -             |
| Ro30        | -      | -          | -             |
| G (10)      | -      | -          | -             |
| R (30)      | -      | -          | -             |
| Ctx30 (30)  | -      | -          | -             |
| A10         | -      | +          | +             |
| Do30        | -      | -          | -             |
| Pb 100      | +      | +          | +             |
| Cq30        | -      | -          | -             |
| M43         | -      | +          | +             |
| C30         | -      | -          | -             |
| CS3         | -      | -          | -             |
| Va30        | -      | -          | -             |
| Cx30        | -      | +          | -             |

Detection of Plasmids in the isolated microbial consortia: Although all the 14 samples, five consortia from the healthy subjects, six consortia from the infected subjects and the three pure isolates, showed resistance to varied antibiotics, among them only four healthy samples (HS3, HS2, HS1, HS5) showed the presence of plasmid and so did the pure isolates SRC_DSa and SRC_DSc. Being transformed into an ampicillin sensitive host E coli DH5α, these plasmids were found to confer the ampicillin resistance on them. Thus it can be inferred that the occurrence of the plasmid bearing ampicillin resistance gene is not linked to the incidence of dental caries, rather they can be present in certain groups of oral microbes.

Rapid antibiotic sensitivity detection kit: In order to enable antibiotic sensitivity detection in case of dental caries, the modified method of two step cultivation was followed.
Fig. 3: Scanning Electron Micrograph of the surface of teeth. (a) Normal tooth of goat treated with simulated saliva and 1M sucrose solution for 21 days. (b) Surface of the bacteria infected goat tooth treated with simulated saliva and 1M sucrose solution for 21 days. (c) Surface of antibiotic treated bacteria infected tooth treated with simulated saliva and 1M sucrose solution for 21 days. Here antibiotic was applied everyday on the surface of the teeth for the entire period.
Fig. 4: Design of a device that would be made of moldable plastic for application of antibiotic to the teeth surface. It is fixed with a detachable handle and filled with antibiotic gel. This plastic would be placed around the teeth on the upper and lower jaws separately one by one. The plastic would take the shape of the teeth as in case of denture due to application of pressure. The handle would be released in each case by pulling it outwards after the casing is fixed tightly between the locked jaws. Thus the assembly with antibiotic gel would remain in contact with the surface of the teeth for 12 h (during night) minimizing the CFU on the teeth surface.

The entire detection technique can be carried out in a small volume and the time duration can be scaled down to 18 h which is much less than the reported conventional procedure of 48-72 h. The two step cultivation method ensures the uniform growth of the bacterial population before the antibiotic test (Fig. 1). Table 4 summarizes the assay results of three samples that were further selected, one from the healthy buccal cavity, the other two from infected subjects with the two different types of caries mentioned above. The extent of growth varies for each consortium but most of them showed resistance towards Ampicillin, Polymixin B, Roxithromycin and Metronidazole. The Result obtained using the two step cultivation and the conventional method were similar proving this method to be an alternative to the conventional method for antibiotic sensitivity testing.

**Effect of antibiotic action on teeth surface:** The effect of antibiotic action was checked on three sets of goat teeth. One was taken as control having neither bacterial nor antibiotic treatment, the second tooth set was treated with *S. haemolyticus* for studying the bacterial action on dentine surface and the third set was initially exposed to bacterial action followed by antibiotic treatment in the form of local application. The combination of antibiotic therapy was chosen in terms of Polymyxin B and Neomycin (Neosporin). The antibiotic effect on the teeth surface was determined by Scanning Electron Microscopy. As observed in Fig. 3a-c, surface cracks and honey comb like structures were found in the second tooth set which was exposed exclusively to the bacterial infection without any further antibiotic application whereas no such surface alterations were seen in the third set which was treated with antibiotic gel post bacterial infection. The smooth tooth surface in the latter case was similar to the control tooth set.

**Device for antibiotic application on the teeth:** One of the effective ways of caries intervention is the local application of antimicrobials so as to reduce or eliminate plaque formation. The conventional approaches of using gels or toothpastes are not successful because of the inaccessibility of the agent to the entire surface of the affected dentine for a prolonged period of time. The proposed device is a simple model (Fig. 4), and has the advantage of being able to fit into the jaw of any individual. It can be used for regular use and ensures localized and prolonged application of the antibiotic gel.

**DISCUSSION**

The foremost objective of the study was to explore the cultivable microbiota associated with different types
of dental caries seen in permanent teeth. Though existing reports suggest that a significant fraction of oral microbes is uncultivable, still the culture based approach would lead to isolation, identification and complete characterization of various pathogens causing dental caries in adult humans. The next objective was to obtain a comparative assessment of the microbial count between healthy and infected buccal cavities. As depicted in the result section, the viable cell count from the teeth surface of a healthy buccal cavity is much higher than the caries infected ones. This finding can be justified based on the Ecologic Plaque Hypothesis (Li \textit{et al}., 2005). In the primary stage of caries, the microbial invaders provide the compatible environment for the successive stages. But in the progressive stages, the microbial community diversity is drastically reduced because the latter species alters the environment to suppress the growth of the preliminary inhabitants. This theory can also explain the low Equitability Index and Shannon Diversity Index observed during the community analysis of the different consortia obtained from infected teeth. Moreover the culture based technique screens out only a fraction of the entire micro biota due to which the mean species richness and the Shannon Diversity is expected to be low. Thus, the ideal method to understand the diversity should be based on culture independent approach.

After the panel of microbes was screened, the next objective was to characterize the microbes by deciphering the molecular identity as well as studying the antibiotic sensitivity property. The antibiotic profile would help in prescribing the effective treatment method. The rapid antibiotic sensitivity detection kit designed during this study would ensure easy and faster diagnostics. The conventional approach of caries treatment was an oral or intravenous intake of antibiotics but since there is a very low blood supply to the dentin surfaces it inhibits the drug delivery at the lesion site. As a trial to develop an effective treatment method, a device was designed which can be loaded with antibiotic gel and then can be fixed on jaws to facilitate the localized application on the infected teeth surface. This device can be used in addition to the otherwise used methods of fluoride based toothpastes and gels.

CONCLUSION

To conclude, it can be stated that this study deals with understanding the microbial ecology of dental caries, deciphering the potent role of different species in caries development and thereafter development of novel diagnostic and treatment methods against this disease to slow down or stop demineralization of dentine.

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