We demonstrate experimentally that a cloud of cold atoms with a size comparable to the wavelength of light can induce large group delays on a laser pulse when the laser is tightly focused on it and is close to an atomic resonance. Delays as large as \(-10\) ns are observed, corresponding to “superluminal” propagation with negative group velocities as low as \(-300\) m/s. Strikingly, this large delay is associated with a moderate extinction owing to the very small size of the cloud and to the light-induced interactions between atoms. It implies that a large phase shift is imprinted on the continuous laser beam, and opens interesting perspectives for applications to quantum technologies.

Here, we show that a microscopic cloud containing a few hundred cold atoms placed at the focal point of a tightly focused laser beam can induce large group delays when tuned and probed near a single atomic resonance. Our situation is special in that the size of the atomic medium is much smaller than the size of the beam, and yet it induces large delays with an only moderate extinction. Experimentally, we send a pulse with a weak intensity (less than one photon on average) and a Gaussian temporal envelope onto the cloud. We measure delays as large as \(10\) ns, with values either positive or negative depending on the detuning of the laser with respect to the atomic resonance. The corresponding group velocities can be either negative or positive with values as low as \(300\) m/s. Strikingly, we observe a fractional pulse advancement as large as \(40\%\) of the pulse width with a transmission not smaller than \(20\%\). The observed delays are in good agreement with the independent measurement of the steady-state coherent optical response of the cloud that we performed recently [15]. Our measurements imply that when sending a weak continuous laser beam on the cloud, phase shifts as large as \(\sim 1\) rad are imprinted on it, making it potentially interesting for applications in quantum technologies.

Our setup is represented in Fig. 1. It consists of two identical aspherical lenses with a high numerical aperture (NA=0.5) mounted in a confocal configuration in a vacuum chamber [16]. The lens L1 is used to focus a laser beam at a wavelength of 940 nm onto a waist of 1.2 \(\mu\)m, thus creating a dipole trap with a depth of 1 mK. We load the trap with \(^{87}\)Rb atoms, which have a temperature of 120 \(\mu\)K, resulting in a cigar-shaped cloud with transverse and longitudinal root-mean-square (RMS) widths \(L_1 = 0.2 \mu\)m and \(L_z = 1.2 \mu\)m respectively [17]. We control the number of atoms \(N\) within 10\%, and can vary \(N\)
FIG. 1: Experimental setup. A microscopic cloud of $^{87}\text{Rb}$ atoms is illuminated by a linearly-polarized probe laser focused down to a waist $w = 1.2\ \mu\text{m}$. P: polarization beamsplitter, aligned at $45^\circ$ of the laser polarization. L: lens allowing the mode-matching between the probe beam and the fiber mode in the absence of atoms. F: single-mode fiber. APD: avalanche photodiode.

between 10 and 180 $[24]$. The probe beam is focused by the lens L2 at the position of the cloud down to a waist $w = 1.20 \pm 0.05\ \mu\text{m}$, larger than the cloud transverse size. The probe light is linearly polarized and is nearly resonant with the D2 closed transition of rubidium between the ($5S_{1/2}, F = 2$) and ($5P_{3/2}, F = 3$) levels at $\lambda = 2\pi c/\omega_0 = 780.2\ \text{nm}$ (linewidth $\Gamma = 2\pi \times 6\ \text{MHz}$) $[25]$. The intensity of the probe is $I/I_{\text{sat}} = 0.04$ ($I_{\text{sat}} = 1.6\ \text{mW/cm}^2$), small enough to be in the elastic scattering regime. The probe light transmitted through the cloud is collected using L1 and coupled into a single-mode fiber connected to an avalanche photodiode. The temporal signals are acquired by accumulating single photons using a counting card with a resolution of 150 ps.

Our experimental arrangement measures the interference of the incoming probe light $E_L$ and the field coherently scattered by the cloud $E_{sc}$ (see $[15]$ for more details), leading to a total field $E = E_L + E_{sc}$. The use of a single-mode fiber implies that, in steady state, we measure the overlap between $E$ and the fiber mode $g$, $\mathcal{E}(\omega) = \int \{E(r, \omega) \cdot g^*(r)\} \ dS$ ($dS$ is a differential area element perpendicular to the optical axis) $[12, 18]$. The setup is aligned such that the fiber mode is matched to the incoming light, i.e. $g \propto E_L$. As detailed in $[15]$, we thus define the coherent optical response of the cloud in steady state by a transfer function $S(\omega) = \mathcal{E}(\omega)/\mathcal{E}_L(\omega)$ that links the detected fields with and without atoms.

The group delay is then related to the phase of the transfer function $\phi(\omega) = \arg[S(\omega)]$ by $\tau(\omega) = \phi'(\omega)$ $[2]$. Measuring the group delay provides a way to access the phase of the transfer function, i.e. the phase imprinted by the cloud on the laser beam, and is an alternative to direct, e.g. interferometric, measurements of the phase $[12, 13]$.

In order to measure the group delay, we proceed in the following way. After preparing the atoms in the ($5S_{1/2}, F = 2$) level, we alternately illuminate the cloud 1000 times with the trap light and the probe light with a period of $1\ \mu\text{s}$. The probe light is sent during the 500 ns switch-off period of the dipole trap. By shaping the amplitude of the radio-frequency input signal of an acousto-optics modulator (AOM) we produce a probe pulse with a Gaussian temporal profile. The RMS duration of the intensity profile is $\Delta t_0 = 25\ \text{ns}$, leading to a bandwidth smaller than the bandwidth $\Gamma_c$ of the medium, which is in the range $1.5\Gamma - 3\Gamma$ for $10 \lesssim N \lesssim 170$ $[15]$. The parameters of the probe imply that each pulse contains only $\sim 0.4$ photons. We repeat the probe-trap-probe alternated illumination 200 times with a new atomic cloud.

FIG. 2: Temporal signals recorded on the APD. Circles: Gaussian reference pulse (no atoms). Lozenges: transmitted pulse for $N = 170$. (a) $\Delta = -0.7\Gamma$: the pulse is maximally advanced by 10 ns. (b) $\Delta = 1.8\Gamma$: the pulse is maximally retarded by 7 ns. Solid lines: Gaussian fits to the data. Dashed lines: reconstructed pulse using Eq. 2. Each run consists of 1000 illuminations with a duration of 300 ns each. (c) Group delay $\tau$. (d) RMS duration $\Delta t$ of the pulse detected in the presence of atoms, normalized to the case without atoms. (e) Amplitude $B$ of the transmitted pulse. In (c), (d), (e), the error bars are from the Gaussian fit of the detected pulse, and the solid lines are the Gaussian fit parameters of the reconstructed pulse using Eq. 2.
each time and the whole sequence for various probe detunings $\Delta = \omega - \omega_0$ and various atom numbers.

Figures 2(a,b) show two examples of transmitted pulses, together with the pulse in the absence of atoms. Figure 2(a) corresponds to a situation of an advanced pulse and Fig. 2(b) to the one of a retarded pulse. We find that the transmitted pulses are well fitted by a Gaussian function $G(t) = B \exp\left[-(t - \tau)^2/2\Delta t^2\right]$ whatever the atom number and the detuning. The variations of the width $\Delta t$ and delay $\tau$ of the transmitted pulse are shown in Figs. 2(c,d) as a function of the detuning $\Delta$ of the probe laser, for $N = 170$ atoms [26]. Close to resonance, we observe large negative group delays, corresponding to a “superluminal” pulse propagation [27]. The largest measured advanced delay is $-10$ ns, corresponding to a fractional pulse advancement $\tau/\Delta t \approx 40\%$ with a transmission of 20%. For comparison, Ref. [9] reports a fractional pulse advancement of 55%, but with only 1% transmission. We also observe pulses retarded by as much as 7 ns.

Considering that the cloud has a longitudinal size $L = \sqrt{2\pi}L_z$, an advanced delay $\tau = -10$ ns corresponds to a group velocity $v_g = -300$ m/s. As the cloud is much smaller than the beam waist, the link to a group index is awkward, but what the group index of a slab of thickness $L$ would be remains a valid question. The corresponding group index would be $|n_g| = 10^6$, probably one of the largest ever measured on a single resonance. This large value is all the more remarkable that it occurs close to an atomic resonance with as much as 20% transmission. The associated limited extinction is due to the small size of the cloud and to the fact that it is very dense: the light-induced dipole-dipole interactions lead to a saturation of the absorption with increasing number of atoms, as we have shown in [15]. We also note that such a large group index would correspond to a pulse compression by a factor $1/|n_g|$ [5], giving for our 25-ns long pulse a compression from 7.5 m to 10 μm. Despite the large compression factor, this value is larger than the cloud longitudinal size, indicating that the strong dispersion is not sufficient to entirely store the pulse inside the cloud, which rather acts as an efficient delay line.

In order to understand quantitatively the measured delays and their variations with the laser detuning, we check that our results are consistent with our recent, independent measurement of the coherent transfer function $S(\omega)$ of the cloud [15]. Briefly, this function was measured in steady-state by using the exact same sequence, but having replaced the Gaussian temporal pulses by flat-top pulses with duration 300 ns (rise time 2 ns). We monitored the amount of transmitted light and waited until the signal reaches steady-state. We then divided the signal obtained in the presence of atoms with the one obtained without atoms, which is equal to the quantity $|S(\omega)|^2$. We repeated this procedure for various detunings and atom numbers. We then fitted the data, using for the transfer function the following functional form:

$$S(\Delta, N) = 1 - \frac{A}{1 - 2i\Delta/\Gamma_c},$$

with $A(N)$, $\Delta_e(N)$ and $\Gamma_c(N)$ as free parameters for a given atom number $N$ (see Supplemental Material). As shown in [15], for a cloud with a size much smaller than $\lambda/(2\pi) = 1/k$, the amplitude $A$ would scale as $1/(k\omega)^2$, $w$ being the probe waist at the position of the atoms: this comes from the fact that a polarizable, non-lossy particle illuminated by a radiation of wavelength $\lambda$ has an optical cross section $6\pi/k^2$ at resonance, whatever its real physical size as soon as it is smaller than $1/k$. Although our cloud is not exactly in this regime, this suggests that a tight focus leads to the largest effect of the cloud on the probe laser [12, 18]. In particular, the phase shift increases when the waist becomes small. In our case the phase shift can be as large as $\Delta\phi \sim 1$ rad (see below). As the width $\Gamma_c$ of the resonance, although broadened by the interactions, remains very small with respect to the resonance frequency, the group delay $\tau \sim \Delta\phi/\Gamma_c$ can reach tens of nanoseconds.

The frequency variations of the group delay presented in Fig. 2 show an asymmetric behaviour near resonance. This asymmetry is surprising since the functional form (1) indicates that the phase $\phi(\omega)$ has a dispersive behaviour, and thus $\tau(\omega) = \phi'(\omega)$ should be symmetric around the resonance. To understand the observed asymmetry we simulate the transmitted pulse intensity using the complex transfer function $S(\omega)$ measured in steady state, and the following relationship:

$$I(t) = \left|\int_{-\infty}^{\infty} S(\omega)E_L(\omega)e^{-i\omega t}d\omega\right|^2,$$

where we introduce a small linear frequency chirp $\beta$ in the spectral amplitude of the laser field:

$$E_L(\omega) = \frac{\sigma_c}{\sqrt{1 + 2i\beta\sigma_c^2}} e^{-i(\omega - \omega_L)^2/2(1 + 2i\beta\sigma_c^2)}/2\sigma_c^2.$$  

Here, $\omega_L$ is the central frequency of the laser, and $\sigma_c = \sqrt{2\Delta t_0}$. The introduction of the frequency chirp is motivated by our finding of a distorted frequency response of the AOM driver on the short time scale used here. We measured $\beta = 37$ kHz/μs directly on the light. We fit the calculated pulse by a Gaussian function with the delay, width and amplitude as free parameters. Figure 2 shows a good agreement between the data measured directly on the transmitted pulse and the data extracted from the reconstructed pulses. This feature is verified for all the numbers of atoms used in this work (see Supplemental Information). In particular, the pulse reconstruction reproduces the measured variations of the width $\Delta t$ across the resonance, which are due to the dispersion $\phi''(\omega)$ and the pulse spectral width being not very small with respect to
the atomic resonance linewidth $\Gamma_c$. We emphasize that the asymmetry observed in the delay and width variations comes from the chirp on the laser frequency, and not from the response of the medium.

Figure 3a shows our measurements of the largest (negative) delay achievable using a cold atomic sample with our parameters and a variable atom number. We compare the measurements with the theoretical expression
\[
\tau_{\text{max}}(N) = -\frac{2}{\Gamma_c(N)} \frac{A(N)}{1 - A(N)}
\]
that is obtained by simply differentiating the phase of the transfer function $S(\omega)$ given by Eq. 1. Here $A(N)$ is obtained by interpolating the experimental values of the transmission $|S(\omega)|^2$ in steady-state (see Supplemental Material). As can be seen, the measured delays are significantly smaller than the predicted ones. This is again due to the finite spectral width of the 25-ns long pulse. The on-resonance delay calculated from the reconstruction of the transmitted pulse is on the other hand in good agreement with the data. We have cross-checked by simulating the propagation of a long pulse ($\Delta t = 200$ ns) that we indeed recover the largest theoretical delay and that the chirp would play little role in that case. Interestingly we note that the delay does not increase monotonically with the number of atoms: this comes from the saturation with $N$ of the amplitude $A(N)$ together with the increasing linewidth $\Gamma_c(N)$, which are induced by the resonant dipole-dipole interactions [15]. The largest delay we would achieve, had we used a very long pulse, would be $\sim$30 ns.

Finally, figure 3b summarizes our measurements of the coherent optical response of the atomic cloud in steady state and for our largest atom number, $N = 180$. In this case the phase shift $\phi(\omega)$ imprinted on the laser beam varies by $\sim 1$ radian over a detuning range $\sim [-\Gamma, \Gamma]$. One could thus envision using a second laser beam to induce a controlled light-shift on the atoms, and hence control the phase imprinted by the atoms on the probe laser containing less than 1 photon using that second beam. Our system may therefore be interesting for applications in quantum optics and quantum information processing [10].

In conclusion, we have demonstrated that a cloud of cold atoms with a size much smaller than the waist of a beam focused on it produces a large negative delay associated to a large negative group index close to an atomic resonance and yet the extinction by the cloud remains limited. We have inferred from this large delay the phase imprinted by the cloud on the laser beam and found values as large as $\sim 1$ radian. As the number of photons per pulse sent on the cloud is smaller than one, it opens interesting perspectives in quantum technologies, such as generating efficiently large non-linear phase shifts using laser beams with low-intensity, following the post-selection method demonstrated in [14].

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FIG. 3: (a) Largest group delay induced by the cold atom cloud versus number of atoms. Blue dots : measured data. Orange dotted line : simulation based on Eq. 2 and using the measured transfer function $S(\omega)$ (see Eq. 1) and incoming pulse with duration $\Delta t_0 = 25$ ns (including the chirp). Green solid line : prediction $\tau_{\text{max}}(N)$ based on Eq. 4. Red dashed line : same as dotted line but taking a 200 ns long pulse (without chirp). (b) Transfer function reconstructed from our measurements in steady state for $N = 180$ atoms. The horizontal axis is shifted by $\Delta_c = -2$ MHz. Blue line: transmission $|S(\Delta - \Delta_c)|^2$. Orange line: phase $\phi = \arg[S]$ imprinted on the transmitted light by the cold-atom cloud. The green dashed lines mark the extreme phase-shifts and the associated transmission level.

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SUPPLEMENTAL MATERIAL

In this Supplemental Material, we present the full data set used for the reconstruction of the transmitted Gaussian pulse.

As explained in the manuscript, we reconstruct the transmitted pulse using Eq. (2) of the paper and the transfer function $S(N, \omega)$ measured independently in steady-state [15]. Figure 4 shows the parameters $A(N)$, $\Delta_c(N)$ and $\Gamma_c(N)$ in the expression of $S(N, \omega)$, which were measured for discrete values of the atom number, and interpolated to any value of $N$ using the following functions:

\begin{align*}
A(N) &= 1 - \sqrt{a + (1 - a) \exp(-bN)} \quad \text{with} \quad a = 0.1 \pm 0.02 \quad \text{and} \quad b = (1.9 \pm 0.2) \times 10^{-2} \\
\Delta_c(N)/\Gamma &= a + bN \quad \text{with} \quad a = (-2.7 \pm 5.5) \times 10^{-2} \quad \text{and} \quad b = (-1.7 \pm 0.5) \times 10^{-3} \\
\Gamma_c(N)/\Gamma &= a + bN \quad \text{with} \quad a = 1.44 \pm 0.21 \quad \text{and} \quad b = (9.6 \pm 1.9) \times 10^{-3}.
\end{align*}

\begin{figure}[h]
\centering
\includegraphics[width=0.5\textwidth]{figure4.pdf}
\caption{Parameters (a) $A(N)$, (b) $\Delta_c(N)$ and (c) $\Gamma_c(N)$, of the function $S(N, \omega)$. Circles : data deduced from transmission spectra measured in steady state [15]. Error bars are from the fits of the transmission spectra. Solid lines : fits of the data (see text). Dotted line : asymptotic value of $A$ for $N \gg 1$.}
\end{figure}

We then fit the reconstructed pulse using the same Gaussian function as for the data:

$$G(t) = B \exp\left[\frac{-(t - \tau)^2}{2\Delta t^2}\right],$$

and extract $B$, $\tau$ and $\Delta t$. We repeat this procedure for several detunings and atom numbers. Figure 5 shows the comparison between the measured amplitude, delay and width, with their reconstructed counter-parts.
FIG. 5: For each group of figures corresponding to a given number of atoms: a) Comparison between the amplitude $B$ obtained by fitting the measured transmitted pulse (markers) and the one obtained from the fit of the reconstructed pulse (solid line). b) Comparison between the delay $\tau$ obtained by fitting the measured pulse (markers) and the one obtained from the reconstructed pulse (solid line). c) Ratio between the temporal width $\Delta t$ of the pulse after transmission, and the width $\Delta t_0$ of the incident pulse measured in the absence of atoms. The markers are obtained from fits of the measured transmitted pulses. The solid lines are obtained from fits of the reconstructed pulses. Error bars are from the Gaussian fits to the data.