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Lower persistence of anti-nucleocapsid compared to anti-spike antibodies up to one year after SARS-CoV-2 infection

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ABSTRACT

We retrospectively compared the long-term evolution of IgG anti-spike (S) and anti-nucleocapsid (N) levels (Abbott immunoassays) in 116 non-severe and 115 severe SARS-CoV-2 infected patients from 2 university hospitals up to 365 days post positive RT-PCR. IgG anti-S and anti-N antibody levels decayed exponentially up to 365 days after a peak 0 to 59 days after positive RT-PCR. Peak antibody level/cut-off ratio 0 to 59 days after positive RT-PCR was more than 70 for anti-S compared to less than 6 for anti-N (P < 0.01). Anti-S and anti-N were significantly higher in severe compared to non-severe patients up to 180 to 239 days and 300 to 365 days, respectively (P < 0.05). Despite similar half-lives, the estimated time to 50% seronegativity was more than 2 years for anti-S compared to less than 1 year for anti-N in non-severe and severe COVID-19 patients, due to the significantly higher peak antibody level/cut-off ratio for anti-S compared to anti-N.

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1. Introduction

Most individuals produce specific antibodies directed against the spike (S) and the nucleocapsid (N) protein after an infection with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), with seroconversion rates of 85–100% in the first weeks after infection [1–5]. Anti-N IgG antibodies become detectable several days earlier than anti-S antibodies, both with automated immunoassays and lateral flow immunoassays [6,7]. Seroconversion for IgG occurs approximately 2 weeks after onset of symptoms and, similar to SARS-CoV-1, around the same time as IgM and IgA [8–10]. Despite some early reports describing rapid seroreversion within 3 months [11,12], recent studies on long-term antibody kinetics demonstrated that many infected individuals still show detectable anti-S antibodies for up to 12 to 14 months after infection [13–17]. The half-life and time to seronegativity of anti-SARS-CoV-2 antibodies depends on antibody class and the antigenic target, with IgG remaining positive for a longer period than IgM and IgA [2,4,9,18] and anti-S antibodies persisting for a longer period than anti-N [4,15,19–24]. IgG levels seem to peak around 2 to 8 weeks after infection, followed by an initial fast waning and subsequent slowing of antibody decay after 4 to 6 months [16,23,25,26]. Note that the observed antibody kinetics are assay-dependent, as several studies have shown longer seropositivity and even increases in signal over time using the competitive total Ig Roche Elecsys anti-N and anti-S immunoassays, while antibody levels typically decline using non-competitive IgG immunoassays [19,27–30]. The signal of competitive total IgG immunoassays is impacted by

Abbreviations: anti-N, anti-nucleocapsid; anti-S, anti-spike; CI, 95% confidence interval; COVID-19, Coronavirus Disease 19; HCW, healthcare workers; RT-PCR, reverse transcriptase polymerase chain reaction; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2

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antibody avidity and relative abundance of the different immunoglobulin classes, impacting long-term kinetics [19,27–30].

The presence and amount of IgG anti-SARS-CoV-2 antibodies, particularly anti-S, has been shown to correlate with neutralizing antibody titers [31,32] and protection from (re)infection [22,33–35]. Individuals who had a more severe COVID-19 episode seem to produce higher peak antibody levels and remain seropositive for longer, which might influence protection from reinfection [16,24,32,36–38]. Several studies have estimated the protection against repeat infection around 80% to 95% for at least 6 to 10 months in seropositive individuals after primary SARS-CoV-2 infection [39–42]. If reinfection does occur, it’s severity is usually milder compared to a primary infection [43]. The available SARS-CoV-2 vaccines induce a strong initial humoral immune response [44], with subsequent waning of antibody levels and protective efficacy in the months following vaccination [45–47]. Vaccinated individuals with a history of prior COVID-19 (“hybrid immunity”) show higher antibody levels and longer lasting protection following vaccination, compared to vaccinated immune naïve individuals [44,48]. Individuals with hybrid immunity are better protected against highly immune-evading variants such as the recently reported Omicron variant [49]. Characterization of the long-term humoral immune response after natural infection is of importance to understand and develop strategies against the ongoing COVID-19 pandemic [15,16].

In this study, we report the long-term kinetics of anti-S and anti-N levels in non-severe and severe COVID-19 patients up to 12 months after first positive reverse transcriptase polymerase chain reaction (RT-PCR), and estimate half-life and time to seronegativity of IgG anti-S and IgG anti-N.

2. Materials & methods

2.1. Study design

This retrospective study was performed at the University Hospitals Leuven and Ghent University Hospital (Belgium) after approval by the local ethics committees from both hospitals (S63897 and BC07662, respectively).

The long-term kinetics of anti-S and anti-N were determined in 882 residual samples from 231 adult patients who were positive for SARS-CoV-2 with RT-PCR on nasopharyngeal swabs between March 9th and June 12th 2020, before the introduction of SARS-CoV-2 vaccines. The circulating strains at the time preceded the emergence of the variants of concern and thus correspond to “wild type” strains. Samples were collected 0 to 365 days after positive RT-PCR. Most of the samples up to 240 days post positive RT-PCR were included in a previous study describing the evolution of IgG anti-N levels up to 8 months after infection [36]. Samples from four individuals taken after occurrence of a suspected reinfection (based on a ≥3-fold rise in anti-N and anti-S antibody titers) were excluded, as well as samples taken after vaccination.

2.2. Clinical classification and inclusion criteria

Patients were classified after a review of the patient records as described previously [50]: (1) mild (n = 41): mild clinical symptoms without manifestation of pneumonia on imaging; (2) moderate (n = 75): fever, respiratory symptoms, and with radiological findings of pneumonia; (3) severe (n = 68): meeting any one of the following criteria: respiratory distress, hypoxia (SpO2 <93%), or abnormal blood gas analysis: (PaO2<60 mm Hg, PaCO2>50 mm Hg); (4) critical (n = 47): meeting any one of the following criteria: respiratory failure requiring mechanical ventilation, shock, organ failure that requires ICU care or death of the patient due to COVID-19. Mild and moderate patients were considered together as “non-severe patients” and severe and critical patients as “severe patients.”

The inclusion criterion was at least 2 available residual samples (range 2–12 samples/patient) including at least one sample collected 30 days or later after the first positive RT-PCR. This criterion ensured that a longitudinal evolution of antibody levels could be determined for each patient. In Fig. 3 we included the results of a previously published study in 118 health care workers (HCW) with an asymptomatic or mild SARS-CoV-2 infection (Ethics committee approval S64152) [21] and a group of 13 asymptomatic individuals (39 samples) who tested positive with RT-PCR and for whom we had at least 1 sample 60 days after positive RT-PCR (Ethics committee approval S63897 and BC07662).

Samples were included regardless whether or not a patient became seronegative. Severely immunocompromised patients (hematological cancer, recent organ transplantation) and patients receiving the B-cell suppressing agents rituximab or azathioprine were excluded.

2.3. Antibody measurement

Antibodies were measured on Abbott Architect (Abbott, Lake Forest Illinois) with the chemiluminescence SARS-CoV-2 IgG (anti-N) and IgG II Quant (anti-S) assays using the manufacturer’s cut-offs for positivity of 1.4 S/CO and 50 AU/mL, respectively. The specificity of the IgG anti-S assay was determined in 110 left-over samples collected before January 2020 that were previously used to evaluate the specificity of the Abbott IgG anti-N assay [36]. Three of the original 113 samples were excluded because of insufficient volume. The tested samples were serum or lithium heparin plasma, both appropriate sample types according to the manufacturer’s instructions. Samples above the extended measuring range of 80,000 AU/mL for anti-S were further diluted 1:2 using Abbott multi-assay manual diluent. The units of the quantitative Abbott anti-S assay (AU/mL) which uses a 6-point calibration curve can converted to WHO units (BAU/mL) by multiplying with a factor of 0.142 according to the manufacturer. This is not possible for the semi-quantitative Abbott anti-N assay (S/CO) which only uses a 2-point calibration curve.

2.4. SARS-CoV-2 RT-PCR

Due to supply limitations 4 different PCR platforms were used in the University Hospitals Leuven: Hologic Panther Fusion system (Hologic, Marlborough, Massachusetts), Hologic Panther Aptima SARS-CoV-2 assay, Xpert Xpress SARS-CoV-2 (Cepheid, Sunnyvale, California), and an in-house method complying with the WHO guidelines [51].

In Ghent University Hospital, only one PCR platform was used: an in-house PCR for E-gene (FAM) using primers described by Corman et al [51]. Nucleic acid extraction was performed automatically using NucliSENS Easymag (Biomerieux, Marcy l’Etoile, France). Reverse transcription and amplification was performed using the Qiagen One Step RT-PCR Kit (Qiagen, Hilden, Germany) with the Dia Control RNA (Diagenode, Liège, Belgium) (Cy5) as internal control. PCR was performed using a CFX96 real-time cycler and results were analysed with CFX software (Bio-Rad, Hercules, California). Positivity was determined based on a cycle threshold (Ct) value below 42, a threshold determined after internal validation.

2.5. Data analysis

The percentage of patients who seroconverted and the percentage of patients who were seropositive in a given time window were compared using Fisher’s exact test, and 95% confidence intervals were calculated using the modified Wald method method with Graphpad QuickCalcs (www.graphpad.com/quickcalcs/). Antibody levels and estimated median time to seronegativity were compared using a
nonparametric rank sum test (Mann–Whitney–Wilcoxon) with R Studio (v1.3.1093). A \( P \)-value < 0.05 was considered significant.

Data were divided in 30-day time windows for beeswarm plots (Fig. 2) to visualize antibody levels of each sample and in 60-day time windows to statistically compare antibody levels between non-severe and severe COVID-19 cases (Supplementary Fig. 1). Only one sample per patient was included per time window. The sample with the highest antibody level was included for the 0 to 29 days, 30 to 59 days and 0 to 59 days time windows and the last sample for the later time windows. Anti-S and anti-N levels were correlated per 60 day window using all available results of the non-severe and severe COVID-19 patients included in this study (Fig. 1).

Computed half-life (the number of days that elapse between halving of the antibody levels) and estimated median time to seronegativity (the number of days it takes for the antibody levels to drop below the cut-off in 50% of the population) were calculated by performing a simple linear regression using R studio with the log_{10} of the antibody titer and days post positive RT-PCR, corresponding to a one phase exponential decay of the antibody levels. Multiple regression analysis was performed with the log_{10} of the antibody titer as the dependent variable and days post positive RT-PCR, severity (non-severe or severe), gender (man or women) and age (continuous variable in years) as covariates. Only samples after day 59 from patients who tested positive for anti-N \( (n = 188 \text{ patients, 538 samples}) \) or anti-S \( (n = 214 \text{ patients, 589 samples}) \) 60 days or more after RT-PCR were

**Fig. 1.** Correlation between anti-S (log_{10}) and anti-N (linear) antibody levels per 60 day time window after positive RT-PCR in non-severe and severe COVID-19 patients. (A) 0 to 59d \( (n = 278 \text{ samples, 231 patients}) \), (B) 60 to 119d \( (176 \text{ samples, 152 patients}) \), (C) 120 to 179d \( (139 \text{ samples, 110 patients}) \), (D) 180 to 239d \( (114 \text{ samples, 83 patients}) \), (E) 240 to 299d \( (95 \text{ samples, 77 patients}) \), (F) 300 to 365d \( (69 \text{ samples, 56 patients}) \). The proportion of samples in each quadrant is depicted as a percentage of total samples per window. All available results of non-severe and severe COVID-19 patients included in this study are shown.
included for regression analyses. The slopes of the regression lines (used to calculate the half-life) were statistically compared between groups using ANCOVA.

3. Results

3.1. Patient population and positivity rate

The patient characteristics are described in Table 1. The median age did not differ between non-severe and severe patients, but the proportion of men was significantly higher in severe than in non-severe patients (P < 0.01, Table 1). Time between onset of symptoms and first positive RT-PCR was 5.7 days and 7.4 days in non-severe and severe patients (P < 0.01). The specificity of the antibody assays (determined in prepandemic samples) was 99.1% [95% confidence interval (CI): 94.7–100] for IgG anti-N and 99.1% [CI: 94.5–100] for IgG anti-S.

Of the 116 non-severe patients, 87.9% [CI: 80.6–92.8] seroconverted for anti-N compared to 96.6% [CI: 91.2–98.9] for anti-S (P < 0.01). Of the 115 severe patients, all patients seroconverted for anti-N (100% [CI: 96.1–100]) and 114 of the 115 patients for anti-S (99.1% [CI: 94.8–100]) (P = 1.0).

For IgG anti-S, the percentage of seropositive patients remained relatively stable after day 59, with 81.8% [65.2–91.8] of non-severe and 95.7% [CI: 77.3–100] of severe patients still showing IgG anti-S antibodies above the cut-off up to 300 to 365 days after positive RT-PCR (P = 0.09 and 1.0 respectively vs 0–59 days) (see Table 2). In contrast, anti-N seropositivity decreased significantly after day 59 (see Table 2), with a higher fraction of severe patients testing positive in every 60 day window compared to non-severe patients (Table 2). Only 56.5% [CI: 36.8–74.4] of severe patients and 30.3% [CI: 17.3–47.5] of non-severe patients were positive for IgG anti-N 300 to 365 days after positive RT-PCR (both P < 0.01 vs. 0–59 days). The fraction of patients testing positive for IgG anti-S was significantly higher than for anti-N in non-severe patients in each time window after day 59 and in the 3 time windows after day 179 in severe patients (see Table 2) Fig. 1. shows the correlation of the quantitative results of anti-S and anti-N of all the included samples in each 60-day time window.

3.2. Long-term antibody kinetics

The median antibody levels for anti-S and anti-N were the highest in the 0 to 59 day window in both severe and non-severe patients, followed by an exponential decline (Fig. 2 and 3, Table 2). In the 0 to 59 day window after positive RT-PCR, the median peak antibody level/cut-off ratio was more than 70 for anti-S compared to less than 6 for anti-N in severe as well as in non-severe patients (P < 0.01

Table 1

| Patient characteristics and long-term kinetics. | Non-severe patients | Severe patients | P value |
|------------------------------------------------|---------------------|----------------|--------|
| Median age in y (range)                          | 60 (23–91)          | 62 (28–92)     | P = 0.34 |
| Male/Female (% men)                              | 55/61 (47.4%)       | 85/30 (73.9%)  | P < 0.01 |
| Days between symptom onset and RT-PCR* (range)  | 5.7 (0–22)          | 7.4 (0–31)     | P < 0.01 |
| Median samples per patient (range)               | 3 (2–12)            | 3 (2–11)       | P = 0.29 |

Table 2

| Non-severe patients | Abbott anti-S | % positive [CI] | Negative | Positive | % positive [CI] | P value* |
|---------------------|---------------|----------------|----------|----------|----------------|----------|
| 0–59 d              | 8             | 102            | 92.7% [86.1–96.5] | 18       | 92             | 83.6% [75.5–89.5] | P = 0.06 |
| 60–119 d            | 12            | 68             | 97.1% [89.6–99.8] | 11       | 59             | 84.3% [73.8–91.2] | P < 0.05 |
| 120–179 d           | 12            | 58             | 100% [92.6–100]  | 18       | 40             | 69.0% [56.1–79.4] | P < 0.01 |
| 180–239 d           | 3             | 47             | 94.0% [81.2–98.6] | 27       | 23             | 46.0% [33.0–59.6] | P < 0.01 |
| 240–299 d           | 2             | 39             | 95.1% [81.0–99.5] | 23       | 18             | 43.0% [29.9–59.0] | P < 0.01 |
| 300–365 d           | 6             | 27             | 81.8% [65.2–91.8] | 23       | 10             | 30.3% [17.3–47.5] | P < 0.01 |
| Severe Patients     | Negative       | Positive       | % positive [CI] | Negative | Positive       | % positive [CI] | P value* |
| 0–59 d              | 5             | 108            | 95.6% [89.8–98.4] | 1        | 112            | 99.1% [94.6–100]  | P = 0.21 |
| 60–119 d            | 1             | 81             | 98.8% [92.8–100]   | 1        | 81             | 98.8% [92.8–100]   | P = 1.0  |
| 120–179 d           | 1             | 51             | 98.1% [84.9–100]   | 4        | 48             | 92.3% [81.3–97.5]   | P < 0.01 |
| 180–239 d           | 2             | 31             | 93.9% [79.4–99.3]  | 9        | 24             | 72.7% [55.6–85.1]  | P < 0.05 |
| 240–299 d           | 1             | 33             | 97.1% [81.8–100]   | 12       | 22             | 64.6% [48.9–78.6]  | P < 0.01 |
| 300–365 d           | 1             | 22             | 95.7% [77.3–100]   | 10       | 13             | 56.5% [38.6–74.4]  | P < 0.01 |

CI = 95% confidence interval.

* P < 0.05 vs non-severe,
  b P < 0.01 vs non-severe,
  c P < 0.05 vs day 0 to 59,
  d P < 0.01 vs day 0 to 59,
  e Anti-S vs anti-N.
After this peak, a waning of antibody levels was observed up to 365 days after positive RT-PCR (Fig. 3). Antibody levels were significantly higher in severe compared to non-severe patients in each 60 day time window up to 300 to 365 days for anti-N and up to 180 to 239 days for anti-S (Supplementary Fig. 1). Anti-S antibody levels remained higher in severe compared to non-severe COVID-19 patients 240 to 299 and 300 to 365 days after positive RT-PCR, but the difference was no longer statistically significant ($P = 0.06$ and $P = 0.13$, respectively).

Multiple regression revealed that days post positive RT-PCR and severity were significant predictors of the antibody levels for both anti-S and anti-N. In addition, age but not gender was a significant predictor for anti-S levels, while the opposite was true for anti-N levels. A multiple regression analysis with only days post positive RT-PCR and gender or age ($<62$ or $\geq 62$ years old, the median age of the severe patient cohort) as covariates confirmed the above-mentioned associations (Supplementary Fig. 2). Results of these multiple regression analyses should, however, be interpreted with caution as the covariates are not independent (e.g. men have a higher risk of severe COVID-19 (see Table 1)).

### 3.3. Computed half-life and estimated time to 50% seronegativity

The computed mean half-life between day 60 and 365 after positive RT-PCR (based on a one-phase exponential decay model) for anti-S was 141.6 days [CI: 105.7–214.6] in non-severe and 113.7 days [CI: 89.0–157.4] in severe patients ($P = 0.86$), with an estimated median time to seronegativity at 809.6 and 785.9 days, respectively (Table 1, $P = 0.14$). For anti-N, the computed mean half-life was 115.9 days [CI: 99.2–139.2] and 116.3 days [CI: 101.8–135.8] in non-severe compared to severe patients ($P = 0.18$), with an estimated 50% of patients
becoming seronegative at 273.1 and 327.3 days, respectively (Table 1, \( P = 0.09 \)).

4. Discussion

We studied the dynamics of SARS-CoV-2 IgG anti-S and anti-N antibody levels in non-severe and severe COVID-19 patients up to 365 days after first positive RT-PCR. Significantly more non-severe patients seroconverted for anti-S than for anti-N and anti-N seropositivity declined more rapidly compared to anti-S. This difference in generation and persistence of anti-N versus anti-S antibodies is in line with other studies across different populations and analytical platforms [4,15−24]. The fact that most individuals remained seropositive for anti-S up to a year after primary infection confirms other studies with a similar follow-up duration [13−17,38]. IgG anti-S and anti-N levels, as well as anti-N seroconversion rate, were significantly higher in patients who had severe COVID-19 compared to non-severe patients, in line with previous studies [16,21,24,32,36−38].

In the seropositive patients of our study, anti-S and anti-N antibody levels decreased exponentially following an initial peak 0−59 days after positive PCR without reaching an apparent plateau at the end of follow-up. A one phase exponential decay during the first months after infection has been described by several reports [4,22] although some authors have suggested that antibody levels after infection display a bi- or even triphasic decay, with slowing of decay 4 to 6 months after infection as long-lived plasma cells and B-memory cells arise [13,17,25,52]. While we could not demonstrate a better fit of a polynomial regression line between antibody levels and days after infection (corresponding to a bi or triphasic antibody decay), this might be attributable to the relatively small number of patients in our study.

Decay of antibody levels led to an estimated median time to seronegativity for anti-S of more than 2 years, compared to less than one year for anti-N despite a similar half-life. Using the Abbott assays, this is attributable to a higher peak antibody level of anti-S compared to anti-N, compared to their respective cut-off values. Knowledge of the IgG anti-N kinetics is valuable in determining prior infection status in vaccinated individuals. Anti-S antibodies cannot be used for this purpose as these are induced by the vaccines themselves. As assays detecting total Ig anti-N (such as the Roche Elecsys) remain positive for a longer period, these could be more useful for serosurveillance purposes [19,27,28].
The presence of detectable anti-S antibodies translates into residual immunity, as multiple studies have shown protection from reinfection in COVID-19 convalescent individuals for up to a year after primary infection [39–42]. For estimation of protective immunity on an individual level, quantitative IgG anti-S assays (such as the one from Abbott) might be more useful than total Ig assays given the good correlation of IgG anti-S levels with neutralizing antibody titers and the correlation of neutralizing antibody titers with protection [44,53]. Neutralizing antibody levels also seem to decline exponentially over time in most individuals, similar to the kinetics of quantitative IgG anti-S levels [28,54].

There is not yet a defined antibody “threshold” which identifies individuals with (in)adequate protection against infection and disease. It seems that a lower level of (neutralizing) antibodies is required for protection against severe disease compared to the level required to protect against mild disease or asymptomatic infection [53]. It should be noted that protection is also dependent on other immunological mechanisms such as memory T-cells and B-cells capable of a potent secondary immune response on re-exposure [8,13,55]. Variants of concern further complicate the relation between anti-S antibody levels and protection, as mutations in the spike protein can confer (partial) immune evasion and therefore higher antibody levels are required for protection against such variants [49,53].

The strength of this study is the well characterized cohort including both non-severe and severe COVID-19 patients sampled at multiple time points up to 365 days post positive PCR. Most published studies investigated the immune response in health care workers or plasma donors, who are typically younger than the average hospitalized COVID-19 patient, or patients with relatively mild disease.

There are also a few limitations to our study. First, we did not measure neutralizing antibodies which provide more direct correlation with protective immunity. We also did not assess other components of adaptive immunity such as memory B and T-cells. While IgG anti-S and anti-N antibody levels continued to decrease up to one year post positive PCR, we cannot rule out that antibodies might reach a plateau in some patients after more than 1 year. Finally, there was a difference in sex ratio for the non-severe and severe COVID-19 patients with more severe disease in men. While this difference is in line with other studies, it might (slightly) influence antibody kinetics [56,57].

5. Conclusions

SARS-CoV-2 IgG anti-S and anti-N antibody levels decreased exponentially after 59 days up to 365 days after positive RT-PCR. IgG anti-S antibody levels were positive in 81.8% of non-severe COVID-19 and 95.7% of severe COVID-19 patients 300 to 365 days after positive PCR compared to only 30.3% of non-severe and 56.5% of severe patients for IgG anti-N. Antibody levels were significantly higher in severe compared to non-severe patients up to 240 days for anti-S and up to 365 days for anti-N. Estimated median time to seronegativity was more than 2 years for anti-S compared to less than 1 year for anti-N despite similar half-lives, due to the higher peak antibody level/cut-off ratio for anti-S compared to anti-N.

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Author’s contributions

PV conceived the study, JVE, MO and SVDD conducted the experiments, PV and JVE analyzed the data and drafted the manuscript. All authors critically reviewed the manuscript.

Declaration of competing interests

Dr. Vermeersch reports personal fees from Roche, outside the submitted work. Dr. Lagrou reports personal fees and nonfinancial support from Pfizer, personal fees and nonfinancial support from MSD, personal fees from SMB Laboratoires, personal fees from Gilead, and personal fees from FUJIFILM Wako, outside the submitted work. The other authors state no conflicts of interests.

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Supplementary materials

Supplementary material associated with this article can be found in the online version at doi:10.1016/j.diagmicrobio.2022.115659.

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