### S1 Table. Sugar concentrations in different extract solutions.

| Aqueous extract solutions | Batch No.  | D-Fructose (mg/mL) | D-Glucose (mg/mL) | Sucrose (mg/mL) |
|--------------------------|------------|-------------------|------------------|----------------|
| CRE sample 1             | 160914     | 2.189             | 0.432            | —              |
| CRE sample 2             | 170206     | 1.698             | 0.303            | —              |
| CRE sample 3             | 160912     | 1.797             | 0.324            | —              |
| CRE sample 4             | 160910     | 2.024             | 0.316            | —              |
| CRE sample 5             | 170103     | 1.751             | 0.355            | —              |
| CRE sample 6             | 170205     | 1.660             | 0.278            | —              |
| CRE sample 7             | 170101     | 1.769             | 0.375            | —              |
| CRE sample 8             | 160913     | 2.033             | 0.311            | —              |
| CRE sample 9             | 170104     | 1.502             | 0.248            | —              |
| CRE sample 10            | 170203     | 2.107             | 0.296            | —              |
| CRE sample 11            | 170102     | 1.560             | 0.123            | —              |
| CRE sample 12            | 160911     | 2.054             | 0.307            | —              |
| CRE sample 13            | 170207     | 1.884             | 0.290            | —              |
| CRE sample 14            | 170105     | 1.962             | 0.362            | —              |
| CRE sample 15            | 170204     | 1.804             | 0.255            | —              |
| ARE sample 1             | Unknown    | 0.060             | —                | 2.475          |
| ARE sample 2             | Unknown    | 0.054             | —                | 1.842          |
| ARE sample 3             | Unknown    | 0.050             | —                | 2.179          |
| ARE sample 4             | Unknown    | 0.045             | —                | 2.157          |
| ARE sample 5             | Unknown    | 0.179             | —                | 0.812          |
| ARE sample 6             | 170301     | 0.058             | —                | 2.460          |
| ARE sample 7             | 170302     | 0.055             | —                | 2.242          |
| ARE sample 8             | Unknown    | 0.074             | —                | 1.753          |
| ARE sample 9             | Unknown    | 0.044             | —                | 2.055          |
| ARE sample 10            | 161221     | 0.123             | —                | 1.245          |
| ARE sample 11            | Unknown    | 0.055             | —                | 2.308          |
| ARE sample 12            | Unknown    | 0.041             | —                | 1.769          |
| ARE sample 13            | 160715     | 0.066             | —                | 1.984          |
| ARE sample 14            | 161225     | 0.054             | —                | 2.209          |
| ARE sample 15            | Unknown    | 0.042             | —                | 2.389          |