Life-threatening colitis and complete response with ipilimumab in a patient with metastatic BRAF-mutant melanoma and rheumatoid arthritis

Francisco Aya,1,2 Lydia Gaba,1,2 Ivan Victoria,1,2 Aranzazu Fernandez-Martinez,1,2 Virginia Ruiz-Esquide,3,4 Estela Pineda,1,2 Monica Tosca,1,2 Margarita Viladot,1,2 Veronica Pereira,1,2 Josep Malvehy,4,5 Aleix Prat,1,2 Ana Arance1,2

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ABSTRACT
Immune checkpoint inhibitors, such as ipilimumab (an anti-CTLA4 antibody), have become a commonly used therapy in cancer. To date, safety data of patients with underlying autoimmune disease is limited. We present a case of a patient with rheumatoid arthritis who was diagnosed of a BRAF-mutant metastatic melanoma. The patient was treated with ipilimumab and presented with high-grade colitis requiring immunosuppressors. Despite of the immune-related adverse event, no exacerbation of the rheumatoid arthritis was observed and the patient achieved a complete response. This case report contributes to the scarce literature on the use of immune checkpoint inhibitors in patients with an underlying autoimmune condition.

INTRODUCTION
Ipilimumab, a fully human antibody against CTLA-4 (cytotoxic T-lymphocyte antigen 4), is an immune-checkpoint receptor inhibitor approved for the treatment of metastatic melanoma. As a result of its mechanism of action and subsequent activation of the immune system, ipilimumab is associated with immune-related adverse events (irAEs), being dermatitis and colitis the most frequently reported.1 Clinical trials with ipilimumab and other immune-checkpoint inhibitors have excluded patients with underlying autoimmune diseases because of the concern of the activation of the immune system and the possibility of induction or exacerbation of the disease, and even the development of ipilimumab-related adverse side effects.

We report the case of a patient with a BRAF-mutant metastatic melanoma and a medical history of rheumatoid arthritis (RA). Ipilimumab induced a complete response, with no exacerbation of her RA but the patient developed a life-threatening diarrhoea-colitis.

CASE REPORT
A 51-year-old woman presented in August 2010 with pain and swelling of small joints of hands and feet and morning stiffness. Blood tests showed elevated acute phase reactants, a negative rheumatoid factor and a highly positive anticyclic citrullinated peptide antibody. She was diagnosed with seropositive RA. Treatment with low-dose prednisone (10 mg/day) and methotrexate, with rapid increase to 20 mg orally of methotrexate once a week, was started. The patient persisted with high disease activity and 8 months later biological therapy with rituximab (an anti-CD20 monoclonal antibody) was initiated. The patient presented a good response to rituximab (cycles of 2 doses of 1000 mg separated by 2 weeks, every 6
A total of groin lymphadenectomy was indicated with evidence of micrometastases in the two biopsied lymph nodes. Left selective sentinel node dissection with evidence of in July 2010. She underwent wide excisional surgery and on her left lower limb, Breslow 1.57 mm, Clark level IV, 

Two weeks after discharge, the patient was readmitted with an exacerbation of her colitis symptoms with grade 3 diarrhoea when she was still on oral prednisone 30 mg daily. Metilprednisolone (1 mg/kg/day IV) was immediately initiated. Repeated stool cultures were negative for bacterial growth and the toxin test for C. difficile was positive. She was also started on oral vancomycin (250 mg every 6 h) with partial resolution of symptoms. After negativisation of toxin with at least two confirmatory tests, a second dose of infliximab 5 mg/kg was administered with gradual improvement of diarrhoea. During the hospitalisation, a second colonoscopy was suggestive of chronic infliximab-mediated colitis with numerous infiltrating T cells. The patient continued with oral tapering steroid therapy and was finally discharged 3 weeks post second admission.

By June 2015, after 9 months after the first dose of ipilimumab, the patient remains in complete response, maintaining an ECOG Performance Status of 0 and her RA remains in clinical remission.

**DISCUSSION**

We present the case of a patient with an autoimmune disease and metastatic BRAF-mutant melanoma, who achieved a remarkable response with ipilimumab with reactivation was observed despite immunosuppressive therapies targeted to control the irAE described.

During admission a CT scan performed at week 12 post-ipilimumab showed a complete response of metastatic liver disease (figure 2). Moreover a skin examination revealed flat blue-pigmented lesions on the left limb (figure 3) that were biopsied, confirming a complete regression of melanoma with presence of melanophages in the dermis.

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no reactivation of her RA, though experienced a life-threatening immune-mediated enterocolitis. After progression on several therapies, including BRAF inhibitors, we considered and discussed extensively with the patient the administration of ipilimumab because of the lack of alternatives and effective therapies at that time and stability of clinical activity of her RA.

The role of CTLA-4 in tumour cells evasion from the immune system has been proved thoroughly. CTLA-4 is a cell surface coreceptor strongly associated with attenuation of T-cell activation, and is an essential component of regulatory systems implied in peripheral immune tolerance. Furthermore, T-cells have shown to have a relevant role in RA. Binding of CTLA-4 to CD80/CD86 provides a control signal that suppresses ongoing T-cell activation. Based on this rational a CTLA4-Ig, abatacept, was developed for the treatment of RA. Its efficacy and safety were demonstrated in multiple trials and is currently approved for the treatment of moderate to severe RA after failure to methotrexate or other disease-modifying antirheumatic drugs including anti-TNF.

Autoimmune diseases affect approximately 5% of population. Clinical trials involving immunotherapies for the treatment of cancer systematically excluded patients with these disorders because drugs targeting molecules affecting mechanisms of self-tolerance could result in the development of autoimmune disease symptoms. However, advances in immunobiology have entailed the incorporation of immunotherapies, such as anti-CTLA4 and anti-PD1 antibodies, into the daily activity of oncologists in a broad sort of cancers and experience in the management and decision-making process for patients with autoimmune diseases is lacking. The case herein reported shows how these patients can benefit from immuno-oncological treatments without worsening the underlying autoimmune disease.

Figure 2  CT scan showing a radiological complete response. (A) was taken on 2 September, 2014 and (B) was taken 12 weeks after first dose of ipilimumab, on 5 November, 2014.

Figure 3  Skin examinations previous and at week 12 after initiation of ipilimumab. We can observe regression in number and size of multiples skin metastases on the left limb and less swelling.
To our knowledge, only case reports of patients affected by autoimmune disorders are available. These autoimmune diseases comprise RA (one case), multiple sclerosis (one case), ulcerative colitis (UC) (two cases) and Behcet disease (one case).3–5 Although most of these patients seemed to benefit from immunotherapies, only in one of the cases reported, authors described a severe steroid-refractory colitis in a patient with UC, being unable to distinguish between an aggravation of the UC or an irAEs. In the case of RA, the patient maintained treatment with weekly metotrexate 15 mg and low-dose prednisone through the ipilimumab course and experienced no disease reactivation (only slight increase of bilateral knee pain that was consistent with known osteoarthrosis rather than RA and was effectively treated with celecoxib). However, our patient presented a high-grade enterocolitis without worsening of her RA. Although gastrointestinal adverse effects such as diarrhoea and colitis are among the most frequent irAEs described in the literature for ipilimumab and this event may be completely independent of the underlying diagnosis of RA, we cannot exclude an immune-based predisposition.

Until specific trials and immunobiology of cancer and autoimmune diseases shed light into the role of the immune checkpoint inhibitors in both situations, clinicians should be cautious. In the meantime, the clinical experience of single cases should be taken into account and autoimmune diseases may not be considered an absolute contraindication but a special condition in which risks and benefits must be thoroughly evaluated.

**Author affiliations**

1 Medical Oncology, Hospital Clinic de Barcelona, Barcelona, Spain
2 Translational Genomics and Targeted Therapeutics in Solid Tumors, Institut d’Investigacions Biomediques August Pi i Sunyer (IDIBAPS), Barcelona, Spain
3 Department of Rheumatology, Hospital Clinic de Barcelona, Barcelona, Spain
4 Institut d’Investigacions Biomediques August Pi i Sunyer (IDIBAPS), Barcelona, Spain
5 Department of Dermatology, Hospital Clinic de Barcelona, Barcelona, Spain

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