Relativistic scalar fields and the quasistatic approximation in theories of modified gravity

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Relativistic scalar fields are ubiquitous in modified theories of gravity. An important tool in understanding their on structure formation, especially in the context of N-body simulations, is the quasistatic approximation in which the time evolution of perturbations in the scalar fields is discarded. We show that this approximation must be used with some care by studying linearly perturbed scalar field cosmologies and quantifying the errors that arise from taking the quasistatic limit. We focus on $f(R)$ and chameleon models and link the accuracy of the quasistatic approximation to the fast/slow-roll behavior of the background and its proximity to $\Lambda$CDM. Investigating a large range of scales, from super- to subhorizon, we find that slow-rolling ($\Lambda$CDM-like) backgrounds generically result in good quasistatic behavior, even on (super-)horizon scales. We also discuss how the approximation might affect studying the nonlinear growth of structure in numerical N-body simulations.

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I. INTRODUCTION

While relativistic scalar fields are hard-wired into our current theories of the very early Universe, they are also at the heart of our modern understanding of the evolution of the Universe at late times [1]. They are often invoked as the source of dark energy as well as being instrumental in attempts at modifying general relativity [2]. As such, their presence should be felt and have a significant impact on the formation of structure.

The role that relativistic scalar fields play in linear cosmological perturbations of homogeneous universes is well developed and understood. From coherent perturbations as one finds in a wide range of quintessence [3–5] models to incoherent perturbations as emerge in axion and axionlike theories [6–9], it is now possible to calculate cosmological observables in the linear regime with almost arbitrarily high precision. Furthermore, a range of phenomenological approaches exist which can be applied to understand the effects of the scalar field in different ways.

The same cannot be said on small scales where nonlinear effects come into play. There, the method of choice is to use N-body simulations to study how nonlinear evolution will lead to the formation of galaxies, clusters and, more generally, the cosmic web that is such a rich source of dynamical information. N-body simulations are inherently nonrelativistic—for they simulate a system which interacts under Newtonian gravity—and as such should not, in principle, capture the essential relativistic nature of the scalar field. While there have been attempts at inserting scalar fields into N-body simulations, in general they have been at the expense of taking the equivalent Newtonian limit of the scalar field equation of motion [10,11]. Broadly speaking this means converting a dynamical, sourced, Klein-Gordon equation into a Poisson-like equation: the quasistatic approximation (we will explain this approximation more thoroughly later).

The usefulness of the quasistatic approximation and consequently its widespread use (consider for example the N-body codes [12–14]) stem from the fact that evaluating the full unapproximated evolution equations in N-body simulations is a task which is often computationally expensive. An illustrative example are chameleon scenarios where evaluating the full evolution equations quickly leads to computations requiring $\sim O(10^7)$ more time steps than their quasistatic counterparts or more [10]. In $f(R)$ models N-body simulations implementing the quasistatic approximation have been carried out e.g. by [11,15–19]1, see especially [11] for a numerical check of the quasistatic approximation in this context. For related chameleon models [21] also see [22,23].

Nonlinear structure formation in braneworld-inspired Dvali-Gabadadze-Porrati models [24] has been probed by [15,16,25–29], where [27] concludes that the quasistatic approximation is a self-consistent approach on subhorizon scales in this setup. Linear [30] and nonlinear [31–33] structure formation for galileon models [34] have also been probed. Interestingly there the quasistatic approximation may break down particularly in low density regimes. In the linearized regime, however, it generically performs well on subhorizon scales [30].

While the quasistatic approximation therefore appears to do reasonably well in a number of model-specific contexts and there are very good arguments for its general

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“reasonableness” in known observationally viable modified gravity models [35], there are also known cases where it explicitly breaks down even on subhorizon scales [36,37]. Note, however, that it is not quite clear whether any of those known nonquasistatic scenarios have clear observational signatures in allowed regions of parameter space. In this context also especially note the work of [36], which links the applicability of the quasistatic approximation on subhorizon scales in \( f(R) \) models to the proximity of the background evolution to \( \Lambda \) CDM and also [39] who also probe linear growth in \( f(R) \) theories in the quasistatic approximation. The quasistatic approximation is also extended to Jordan-Brans-Dicke theories in [40] and to \( f(R, T) \) models in [41], where the inclusion of an \( f(T) \) term causes scale-dependent behavior of the density oscillations (in both the unapproximated equations and the quasistatic limit), resulting in inaccurate quasistatic behavior. In general, and particularly for nonlinear structure formation, however, the de facto necessity of the approximation in numerical modeling makes it inherently difficult to precisely determine its range of validity.

Our approach, in this paper, is to explore the validity of the quasistatic approximation on both large and small scales by using the apparatus of linear perturbation theory. In order to do so, we perform a detailed comparison between quasistatic and full, not approximated evolutions. The models which we consider are representative \( f(R) \) and chameleon models of modified gravity, which alternatively may be interpreted as \( f(R) \) models without and with screening. Doing so we aim to extend previous work by analytically and quantitatively understanding on which scales and subject to what conditions exactly the quasistatic approximation is a valid approximation for both \( f(R) \) and chameleon models. We explore and quantify these models in enough detail that we can use our results as a guide on how to tackle and better understand the evolution of nonlinear perturbations in N-body simulations in the future.

In doing so we identify the regimes where the quasistatic approximation can and cannot be trusted.

This paper is structured as follows. In Sec. II we lay out the pared-down formalism of cosmological perturbations which we will use throughout the paper and in Sec. III we use it to understand the Newtonian limit, the quasistatic approximation and the miracle of N-body simulations with nonrelativistic matter, which does not extend to relativistic scalar fields. In Sec. IV we then apply the quasistatic approximation to \( f(R) \) models with an exponential potential and compare it to the full evolution of perturbations without the quasistatic approximation. Providing explicit examples, in Sec. V we map out the regime of validity of the quasistatic approximation and how it relates to the fast- and slow-rolling nature of the background scalar degree of freedom as well as its proximity to \( \Lambda \) CDM-like behavior. This analysis is extended to specific \( f(R) \) models with screening, namely chameleons, in Sec. VI. Finally, in Sec. VII we discuss our findings and conclude.

II. COSMOLOGICAL PERTURBATIONS

Throughout this paper we will use linear, cosmological perturbation theory to gain insight into structure formation in modified gravity. To do so, we need to perturb the metric and the energy content of the Universe around a homogeneous and isotropic background. Depending on one’s educational background (see [42] for a thorough discussion), one tends to pick one of two gauges: synchronous or conformal Newtonian. In the synchronous gauge one chooses a foliation of space-time such that surfaces of equal time correspond to those of equal density—consequently the coordinates are those of a freely falling observer—and the metric can be written

\[
d s^2 = a^2(\tau) [-d\tau^2 + (g_{ij} + \delta_{ij}) dx^i dx^j],
\]

where \( \tau \) is conformal time, \( a(\tau) \) is the scale factor, \( g_{ij} \) is the conformal 3-space metric of constant Gaussian curvature and \( h_{ij} \) its perturbation (from the Fourier-space parameterization of the scalar modes we have \( h_{ij} = 3h\delta_{ij}/3 + (h + 6\eta)(\hat{k}_i\hat{k}_j - \delta_{ij}/3) \) where \( \hat{k}_i \) is the unit vector in the direction of the wave vector \( \hat{k} \) ). Alternatively in the conformal Newtonian gauge, the metric is diagonal such that

\[
d s^2 = a^2(\tau) [- (1 - 2\Phi) d\tau^2 + (1 - 2\Psi) g_{ij} dx^i dx^j],
\]

where \( \Phi \) and \( \Psi \) map directly on to the Newtonian potential field in the nonrelativistic limit. In this paper we will primarily work with the synchronous gauge, although we will resort to the conformal gauge to make a few key points.

The content of the Universe must also be suitably perturbed so that key tensors retain a gauge-invariant structure. For example, the stress energy of a perfect fluid has for its \((0, \mu)\) components:

\[
T^0_\mu = -\rho(1 + \delta)
\]

\[
\delta T^\mu_j = (\rho + P)\theta
\]

where \( \rho \) and \( P \) are the background energy density and pressure, \( \delta \) and \( \theta \) are the density contrast and the momentum (the divergence of the 3-velocity perturbation) and we have transformed to Fourier space assuming the convention

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2We thank Claudio Lima and Alessandra Silvestri for bringing this point to our attention.

3More precisely, the condition is \(|\partial_R f(R)| \ll 1 \) at all times. The present-day value of \( \partial_0 f(R) \) is abbreviated \( f_{R0} \). In particular this means that large classes of observationally viable \( f(R) \) theories, i.e. those falling within the constraint \(|f_{R0}| \leq 10^{-6}\) imposed by a combination of solar-system and galaxy-halo tests [38], should satisfy a number of constraints [36,39] guaranteeing good quasistatic behavior.

4The scalars \( R \) and \( T \) are the Ricci scalar and the trace of the stress-energy tensor, respectively.
of [43]. While the structure of the perturbed energy momentum tensor is identical in both gauges, the perturbation variables $\delta$ and $\theta$ behave differently in both gauges. So for example, in synchronous gauge, the evolution of $\delta$ and $\theta$ for a pressure-less fluid is given by

$$\dot{\delta} = -\theta - \frac{h}{2},$$
$$\dot{\theta} = -\mathcal{H} \theta,$$

while in conformal Newtonian gauge we have

$$\dot{\delta} = -\theta - 3\Phi,$$
$$\dot{\theta} = -\mathcal{H} \theta + k^2 \Psi,$$

where we have used the conformal Hubble factor, $\mathcal{H} = \frac{a}{\dot{a}}$, and $\dot{a} = \frac{d a}{d t}$.

To determine the perturbed metric (and close the system of equations), one needs to consider the perturbed Einstein field equations, $\delta G^\alpha_\beta = 8\pi G \delta T^\alpha_\beta$ where $\delta G^\alpha_\beta$ and $\delta G^\mu_\nu$ are the perturbed Einstein and energy-momentum tensor. In the conformal Newtonian gauge, we can combine the $(0, \beta)$ components to construct the relativistic Newton-Poisson equation:

$$-k^2 \Phi = 4\pi G a^2 \left( \delta T^0_0 - 3 \frac{\mathcal{H}}{k^2} \delta T^i_i \right).$$

In the synchronous gauge we have that the metric is found by solving:

$$k^2 \eta - \frac{1}{2} \mathcal{H} h = -4\pi G a^2 \delta T^0_0,$$
$$\ddot{h} + 2\mathcal{H} \dot{h} - 2k^2 \eta = -8\pi G a^2 \delta T^i_i.$$

Specializing to the case of a shear-free fluid, we have

$$\delta T^i_j = \delta P \delta^i_j.$$

Finally, it makes sense to reduce the contents of the Universe to a scalar field and dust, where the dust mimics dark matter and the scalar field is the “modified gravity/dark energy degree of freedom”\textsuperscript{5}. We now consider the evolution and effect of a scalar field, the archetypal relativistic source in modern cosmology. We will consider models with more complicated matter-scalar field couplings later on, but for the moment it is instructive to focus on a simple example of a quintessence-like model where matter and the scalar are minimally coupled to gravity without any direct coupling to one another [3]. Typically a scalar field $\phi$ obeys a relativistic Klein-Gordon equation

$$\nabla^\alpha \nabla_\alpha \phi = -\frac{dV}{d\phi}.$$

The scalar field can be divided into homogeneous and inhomogeneous components $\phi = \phi + \chi$ which satisfy

$$\ddot{\phi} + 2\mathcal{H} \dot{\phi} + a^2 V' = 0,$$

where $V' = dV/d\phi$ and

$$\ddot{\chi} + 2\mathcal{H} \dot{\chi} + k^2 \chi + a^2 V''(\phi)\chi = S,$$

where $S = -\frac{1}{2} \dot{\phi} h$ in the synchronous gauge and $S = 4\phi \dot{\phi} - 2a^2 V' \chi$ in conformal Newtonian gauge. The perturbed stress energy components for a scalar field are now

$$\delta T^0_0 = -a^2 \delta \phi \chi - V'(\phi)\chi,$$
$$\delta T^0_i = a^2 \delta \phi \chi,$$
$$\delta T^i_i = a^2 \delta \phi \chi - V'(\phi)\chi.$$

We can combine these equations to obtain a coupled set of 2nd order ordinary differential equations in Fourier space:

$$\ddot{\tilde{\delta}} + \mathcal{H} \dot{\delta} - \frac{3}{2} \mathcal{H}^2 \Omega_m \delta - 2\phi \chi + a^2 V' \chi = 0,$$
$$\ddot{\tilde{\chi}} + 2\mathcal{H} \dot{\chi} + k^2 \chi + a^2 m^2_\chi \chi - \dot{\phi} \delta = 0,$$

where $m^2_\phi = d^2 V/d\phi^2$. In what follows, we will make use of these equations in exploring the evolution of cosmological perturbations in the linear regime and also reencounter them in the context of $f(R)$.

### III. THE QUASISTATIC APPROXIMATION AND RELATIVISTIC SCALAR FIELDS

In this section we discuss a few aspects of cosmological perturbation theory and how we can use it as a guide to understanding N-body simulations of structure formation and the quasistatic approximation. Let us first focus on Eq. (1) and consider the case of a generic, perfect fluid with equation of state $w = P/\rho$. The Poisson equation in Fourier space is now

$$-k^2 \Phi = 4\pi G a^2 \rho \delta_{ij},$$

where we have defined the gauge-invariant density contrast

$$\delta_{ij} = \delta + \frac{3(1 + w)}{k^2} \mathcal{H} \theta.$$

This is an interesting expression for a number of reasons. For a start, it differs from the nonrelativistic Newtonian
equation although in the limit where $\mathcal{H}/k \to 0$, namely on subhorizon scales, they agree. Hence, in the Newtonian gauge, one expects relativistic corrections once one looks at sufficiently large scales. But more relevant is the fact that $\delta_{\mu}$ is a gauge-invariant quantity and the relativistic Newton-Poisson equation we present above is gauge invariant. The standard gauge-invariant Newtonian potentials map (by construction) directly on the conformal Newtonian potentials and, if accordingly we calculate $\delta$ and $\theta$ in any gauge, we can combine them to find $\delta_{\mu}$.

It turns out that this form of relativistic Newton-Poisson equation is at the heart of why N-body simulations can accurately calculate the evolution of the Universe from superhorizon down to subhorizon scales, even though they, in principle, use the nonrelativistic Newton-Poisson equation [44]. To understand why this is so, let us briefly sketch the algorithm for a N-body code. The idea is that one may play a significant role in $\delta_{\mu}$. Hence, the nonrelativistic Newton-Poisson equations should not be applied on the scale of the horizon or greater. A notable example is that of the relativistic scalar field introduced in the previous section. The relativistic Newton-Poisson equation is now

$$ -k^2 \Phi = 4\pi G a^2 \rho \delta + 4\pi G \dot{\phi} \dot{\chi} + V' \chi + 3\mathcal{H} \ddot{\phi} \chi, \quad (7) $$

where the last term is the relativistic correction. In fact, we can see from Eqs. (2),(3) and (7) that this system is fundamentally relativistic (quintessence-like models have $c_s = 1$). It seems, therefore, that to accurately simulate a universe with the usual cosmological fluids and a relativistic scalar field it is necessary to evolve the full relativistic set of equations. This means that for an N-body simulation, not only is it necessary to solve the Newton-Poisson equation and the nonrelativistic geodesic equation but also the second order evolution equations for $\phi$ and $\chi$. This is especially true if one wants to follow the evolution of modes that start off outside the cosmological horizon.

There is a growing interest in simulating N-body systems in the presence of relativistic scalar fields and, as discussed in the introduction, the strategy in the overwhelming majority of cases has been to use the quasistatic approximation (henceforth QSA) when evolving perturbations, where one assumes that

$$ |\nabla^2 X| \gg \mathcal{H}^2 |X| \quad \text{and} \quad |X| \leq \mathcal{H} |X|, \quad (8) $$

where e.g., $X = \chi, \dot{\chi}, h, \eta, \ldots$ in synchronous gauge. This approximation should be valid on sufficiently small (i.e., sub-horizon) scales: indeed, it is remarkably efficient for evolving cosmological systems without actually having to follow the detailed evolution of the scalar field. It is the purpose of this paper to explore how accurate this approximation actually is for a range of models which include a relativistic scalar field. Let us briefly summarise what

\footnote{Our notation follows that of [47] here.}
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exactly the QSA entails. In essence it contains two separate assumptions as discussed e.g., in [35]:

(a) The relative suppression of time derivatives of metric/field perturbations compared with their spatial derivatives.

\[ |\dot{\chi}| \lesssim \mathcal{H}|\chi| \]  

(9)

Here we will solely be concerned with testing the validity of the quasistatic approximation as applied to scalar field fluctuations, so \( X = \chi, \dot{\chi} \). In principle scalar field (as well as matter and metric) perturbations can follow an evolution with non-negligible time-derivatives, e.g., by displaying highly oscillatory behaviour. However, typically these are heavily constrained. For example, in the case of \( f(R) \) gravity ↔ chameleon models it has been argued that the relative suppression of such derivatives, effectively a slow-roll condition for \( \phi \), is required by solar system constraints (in order to have a successful screening of fifth forces) [21,38,48]. One should keep in mind, however, that this is a model-dependent statement - see e.g., [37] for a symmetron model with collapsing domain walls; a feature absent if a ‘static’ simulation is employed.

(b) A sub-horizon approximation \( k^2 \gg \mathcal{H}^2 \) or, when written in the same formalism as above

\[ |\nabla^2 X| \gg \mathcal{H}^2|X|, \]  

(10)

where as above we will be concerned with the case when \( X = \chi, \dot{\chi} \). This assumption is typically required, since ignoring time-derivatives amounts to neglecting any slow-varying changes to \( \chi \) as well, which is only justified on sub-horizon scales, where \( \chi \) has decayed away sufficiently, so that its evolution is no longer important.\(^7\) Also note that, in ΛCDM-like models, the evolution time scale for perturbations is set by the Hubble rate and consequently assumption (b) there entails (a).

Having characterised the quasistatic approximation and how it is used in N-body simulations, we now proceed to explore a few representative models. In doing so, we identify the key qualitative features which make the quasistatic approximation a useful and and accurate tool.

IV. \( f(R) \) GRAVITY

In this section and the next we will compare the exact evolution of linearised perturbations in different types of \( f(R) \) models with its quasistatic and hence approximate counterpart. The aim is to assess in what regimes the quasistatic approximation is a well-behaved approximation and in particular whether its naive range of validity (good on subhorizon scales, bad on superhorizon scales) can be extended.

An \( f(R) \) theory can be defined in the Jordan frame via the action

\[ S_J = \frac{1}{2} \int d^4x \sqrt{-g} [R + f(R)] + \int d^4x \sqrt{-g} \mathcal{L}_m[\Phi_i, g_{\mu\nu}], \]  

(11)

where we have chosen units such that \( 8\pi G = 1 \), the function \( f(R) \) is a general function of the Ricci scalar, \( R \), and \( \Phi_i \) denotes all matter fields. Via a series of field redefinitions and a conformal transformation [49–52] we can turn the Jordan frame action into an equivalent Einstein frame one

\[ S_E = \frac{1}{2} \int d^4x \sqrt{-\tilde{g}} \tilde{R} + \int d^4x \sqrt{-\tilde{g}} \left[ -\frac{1}{2} \tilde{g}^{\mu\nu} \tilde{\nabla}_\mu \phi \tilde{\nabla}_\nu \phi - V(\phi) \right] + S_{\text{matter}}[\Phi_i, e^{-\beta \phi} \tilde{g}_{\mu\nu}], \]  

(12)

where a tilde denotes Einstein frame quantities and we have performed a conformal transformation

\[ \tilde{g}_{\mu\nu} = e^{2\omega} g_{\mu\nu}, \]  

(13)

requiring

\[ e^{-2\omega}(1 + f_R) = 1, \]  

(14)

\[ \phi \equiv \frac{2\omega}{\beta}, \]  

(15)

where \( f = f(R) \) and a subscript \( R \) denotes differentiation w.r.t. \( R \). For \( f(R) \) theories we have \( \beta = \sqrt{2/3} \). The fact that we have this conformal transformation is the essential ingredient behind the mapping between \( f(R) \) and chameleon-screened theories [21]- we will return to this point in Sec. VI. Finally the potential \( V(\phi) \) is determined entirely by the original Jordan frame action and is given by

\[ V(\phi) = \frac{1}{2} \frac{Rf_{ RR} - f}{(1 + f_{ RR})^2}. \]  

(16)

At this point one may wonder whether any particular fiducial form suggests itself for the potential. For an arbitrary polynomial of positive powers of \( R \) in four dimensions of the form \( \sum_{n=1}^k a_n R^n \), such a potential will asymptotically approach an exponential potential as \( \phi \to \infty \). This is the fiducial potential chosen by [3,52] and will be the potential we work with throughout most of this paper too. However,
one may wonder what the relevant potential looks like for other motivated potentials of interest, e.g. the Hu and Sawicki model \cite{38}, where we have
\[
f(R) = R - m^2 \frac{c_1(R/m)^n}{1 + c_2(R/m)^n},
\]
where \(c_1, c_2, n\) are arbitrary constants. We will return to the Hu and Sawicki model in the context of the chameleon Sec. VI, where we will also find that an exponential potential qualitatively is a good proxy for this model in several regions of parameter space. But for the time being we will continue to work in as much generality as possible without specifying a concrete potential.

The evolution of the background in an \(f(R)\) model is governed by \cite{52}
\[
\begin{align*}
\ddot{\tilde{H}} &= \frac{1}{3} \left( \frac{\dot{\phi}^2}{2} + \ddot{\phi}^2 V(\phi) + \ddot{\phi}^2 \tilde{\rho}_m \right) \\
\dot{\phi} + 2 \tilde{H} \dot{\phi} + \ddot{\phi} V(\phi) &= \frac{1}{3} \beta \ddot{\rho}_m \\
\ddot{\rho}_m &= \ddot{\rho}_m + \frac{\beta \dot{\phi}}{a^3} \exp \left( -\frac{\beta \phi}{2} \right). 
\end{align*}
\]
In synchronous gauge the perturbation equations are given by\(^8\)
\[
\begin{align*}
\ddot{\delta} + 2 \tilde{H} \dot{\delta} - \frac{3}{2} \tilde{H}^2 \tilde{\Omega}_m \left( \dot{\delta} - \frac{\beta \delta}{2} \right) - 2 \phi \dot{\delta} + \ddot{\phi} V(\phi) &= 0, \\
\ddot{\chi} + 2 \tilde{H} \dot{\chi} + k^2 \chi + \ddot{\phi} V(\phi) - \dot{\phi} \ddot{\phi} - \frac{3}{2} \frac{\beta}{2} \tilde{H}^2 \tilde{\Omega}_m \left( \dot{\delta} - \frac{\beta \delta}{2} \right) &= 0. 
\end{align*}
\]
In the quasistatic approximation, the second perturbation equation can be used to solve for \(\chi\), so that we now solve
\[
\begin{align*}
\ddot{\delta} + 2 \tilde{H} \dot{\delta} - \frac{3}{2} \tilde{H}^2 \tilde{\Omega}_m \left( \dot{\delta} - \frac{\beta \delta}{2} \right) - 2 \phi \dot{\delta} + \ddot{\phi} V(\phi) &= 0, \\
k^2 \chi + \ddot{\phi} V(\phi) - \dot{\phi} \ddot{\phi} - \frac{3}{2} \tilde{H}^2 \tilde{\Omega}_m \left( \dot{\delta} - \frac{\beta \delta}{2} \right) &= 0. 
\end{align*}
\]
Application of the QSA eliminates \(\dot{\chi}, \ddot{\chi}\) in Eq. (20), but not \(\chi\) in Eq. (19), where there is no \(k^2 \chi\) term relative to which \(\dot{\chi}\) is suppressed. Note that, in the evolution equation for \(\chi\), several terms survive the QSA. We have both a mass term as well as extra contributions dependent on \(\dot{\phi}\) and \(\delta\).

In assessing the accuracy of the QSA in \(f(R)\) models we will find it useful to compare them with analogous quintessence-like solutions, i.e. models with no nonminimal coupling to matter as present in \(f(R)\). This corresponds to setting \(\beta = 0\) in the action (12). Consequently, the background evolution equations now are
\[
\begin{align*}
\ddot{\tilde{H}} &= \frac{1}{3} \left( \frac{\dot{\phi}^2}{2} + \ddot{\phi}^2 V(\phi) + \ddot{\phi}^2 \tilde{\rho}_m \right) \\
\dot{\phi} + 2 \tilde{H} \dot{\phi} + \ddot{\phi} V(\phi) &= 0, \\
\ddot{\rho}_m &= \ddot{\rho}_m, 
\end{align*}
\]
whereas perturbations are governed by
\[
\begin{align*}
\ddot{\delta} + 2 \tilde{H} \dot{\delta} - \frac{3}{2} \tilde{H}^2 \tilde{\Omega}_m \left( \dot{\delta} - \frac{\beta \delta}{2} \right) - 2 \phi \dot{\delta} + \ddot{\phi} V(\phi) &= 0, \\
\ddot{\chi} + 2 \tilde{H} \dot{\chi} + k^2 \chi + \ddot{\phi} V(\phi) - \dot{\phi} \ddot{\phi} &= 0, 
\end{align*}
\]
and the quasistatic approximation reduces this to
\[
\begin{align*}
\ddot{\delta} + 2 \tilde{H} \dot{\delta} - \frac{3}{2} \tilde{H}^2 \tilde{\Omega}_m \left( \dot{\delta} - \frac{\beta \delta}{2} \right) - 2 \phi \dot{\delta} + \ddot{\phi} V(\phi) &= 0, \\
k^2 \chi + \ddot{\phi} V(\phi) - \dot{\phi} \ddot{\phi} &= 0. 
\end{align*}
\]
Note how, by taking the limit \(\beta \to 0\), Eqs. (23) and (24) have exactly reproduced the evolution equations for the simple quintessence-like model in Eq. (4).

V. THE FAST AND SLOW ROLL REGIME OF \(f(R)\)

It should already be obvious that there are some fundamental differences at the perturbative level between a quintessence-like model (henceforth Quint.) and an \(f(R)\) model as described in the previous section. To understand this difference, in particular in the context of the QSA, consider the solutions to the quasistatic evolution equations:
\[
\begin{align*}
\chi_{\text{Quint}} &= \frac{\dot{\phi} \delta}{k^2 + a^2 V(\phi)}, \\
\chi_{\text{QSA}}(R) &= \frac{\dot{\phi} \delta + \frac{1}{3} \beta \tilde{H}^2 \tilde{\Omega}_m \delta}{k^2 + a^2 V(\phi) + \frac{1}{3} \beta^2 \tilde{H}^2 \tilde{\Omega}_m}. 
\end{align*}
\]
Our primary interest is the evolution of \(\delta\) and errors introduced into this evolution by the QSA. These errors come from the fact that, in the QSA, we simplify the \(\chi\) evolution equation and hence obtain an inaccurate solution for \(\chi\) \footnote{This inaccuracy mainly appears on (super)horizon scales. On subhorizon scales the QSA does well by design (at least for the examples considered throughout this paper—for counterexamples see \cite{36,37}) and the corresponding \(\chi\) solution is a faithful one.}. This propagates to the evolution equation for \(\delta\) via its direct dependence on \(\chi\) as well as a dependence on \(\chi\).
via the $\dot{\phi}\chi$ term. How much of this error propagates determines how well the QSA does. However, already at this point it becomes clear that the slow- or fast-roll properties of the background (the size of $\dot{\phi}$) will be important for error propagation in the QSA. It will prove useful to consider two concrete $f(R)$ examples. We emphasize that we treat these examples as toy models in order to understand both qualitatively and quantitatively why and when the QSA does well—for the time being, we will therefore not be concerned with tuning all of the model parameters to match observational constraints, but focus on generic features of such models. We will comment on the observational viability of these toy models in Sec. VI. For both example cases we will, as discussed in the previous section and following [3,52], pick an exponential potential of the form $V \sim \exp(-|\chi|\phi)$, choosing $\chi = 1.5$ so that we obtain a non-scaling, accelerating background solution in which the scalar field dominates at late times. The difference between the two cases will solely consist of the initial conditions imposed on the scalar field, leading to different background evolutions.

We will parametrize the onset of the QSA by two variables. First, $x_{QS} = k_{ QS}$, labeling the “time” when the QSA is switched on. If $x_{QS} > 1$ we are in the subhorizon regime, whereas $x_{QS} < 1$ indicates the superhorizon regime where we naively expect the QSA to fail. Second, we keep track of the value of $\Omega_\phi$ at the corresponding time $t_{QS}$. We expect this to be relevant, because the less dominant the scalar field is at a given matching time $x_{QS}$, the better the QSA ought to do. This is because inaccuracies in the evolution of $\chi$ introduced by the QSA should be less consequential for the evolution of $\delta$ in this case, since the effect of the scalar field on universal evolution is smaller when $\Omega_\phi$ is small. Even though the QSA is only designed to hold for subhorizon times $x_{QS} \gg 1$, it may therefore still be possible that it faithfully reproduces the full evolution on larger scales. In general, however, we expect the following broad features: for large $\Omega_\phi$ and small $x_{QS}$ we should generate large errors, whereas for small $\Omega_\phi$ and large $x_{QS}$ the QSA should be an excellent approximation.

A few further remarks are in order before proceeding with the QSA analysis for our $f(R)$ scenarios. For the $f(R)$ case we can define the effective potential

$$V_{\text{eff},\phi} = V_{\phi} - \frac{1}{2}\beta\tilde{\rho}_m$$

(27)

in terms of which we can also look at the effective equation of state for the scalar degree of freedom

$$w_{\text{eff}} = \frac{1/2\dot{\phi}^2 - V_{\text{eff}}}{1/2\dot{\phi}^2 + V_{\text{eff}}}.$$ 

(28)

A slow-rolling model with $\dot{\phi}^2 \ll V_{\text{eff}}$ therefore automatically means the scalar field mimics a $\Lambda$CDM evolution with $w \sim -1$ very well. Fast-rolling solutions will tend to take the background away from $\Lambda$CDM-like behavior. We may now recall that [36] found $\Lambda$CDM-like background behavior to coincide with good quasistatic behavior in $f(R)$ models on subhorizon scales. We are now in a position to better understand and quantify why this is the case and also to understand how/whether this statement can be extended to superhorizon scales at all.

The coefficients of $\chi$ and $\dot{\chi}$ in Eq. (21), that determine how much of the QSA error is propagated to the $\delta$ equation, respectively, are

$$C_{\chi} = \frac{3\beta}{4}\tilde{\Omega}_m^2 + a^2V_{\phi},$$

(29)

$$C_{\dot{\chi}} = -2\dot{\phi}.$$ 

(30)

The second coefficient is clearly suppressed in the $\Lambda$CDM-like slow-roll case when $\phi \ll 1$. The first coefficient can be reexpressed as

$$C_{\chi} = \frac{3\beta}{4}\tilde{\Omega}_m^2 + a^2V_{\phi} = \frac{\beta}{4}a^2\tilde{\rho}_m + a^2V_{\phi}.$$ 

(31)

It is less obvious how this coefficient will be related to fast- and slow-roll behavior, so we will investigate this in more detail below.

Above we have already specified that we will use a fiducial potential $V \sim \exp(-|\chi|\phi)$ as studied by [3,52]. From our expression for the effective potential Eq. (27) we can see that this always has a negative gradient and consequently is a runaway effective potential without a minimum. In the next section we will discuss what happens when the effective potential displays a minimum (the chameleon case). But for now it suffices to notice that with a choice of potential $V \sim \exp(-|\chi|\phi)$, both $V$ and the $\beta$-dependent contribution to the effective potential display runaway behavior in the same direction

$$V_{\text{eff},\phi} = -|\chi|V - \frac{\beta}{2}\tilde{\rho}_m.$$ 

(32)

As a direct consequence the $f(R)(\beta = \sqrt{2/3})$ case will have a steeper potential than the corresponding ($\beta = 0$) quintessence model. This makes slow-roll solutions harder to come by in this particular $f(R)$ model.

A. A. Fast roll

First we consider an evolution where $\dot{\phi}$ swiftly becomes nonnegligible, i.e. the field is rolling quickly.\textsuperscript{10}

\textsuperscript{10}The initial conditions chosen are: $\phi_i = 5$, $\phi_1 = 0$, $a_i = 1$, $\chi = 1.5$, $\tau_i = 10^{-3}$ and $\tilde{\rho}_m = 10$ for $f(R)$ while $\phi_i = \phi_1 = a_i = 1$, $\chi = 1.5$, $\tau_i = 10^{-3}$ and $\tilde{\rho}_m = 10$ for Quint., so that $\Omega_\phi,\chi$ is identical for the $f(R)$ and quintessence models. The initial conditions result in a very small ($\sim 10^{-4}$) initial $\Omega_\phi$.
The evolution of $\Omega_\phi$ is shown in the left graph of Fig. 1. We compare it to a corresponding non-scaling (Quint) quintessence model (i.e., same potential with $\beta = 0$), where the initial condition $\phi_i$ has been chosen so that $\Omega_{\phi_i} \sim 10^{-4}$ that quickly starts evolving in the $f(R)$ case. Right: Slow-roll $f(R)$ and corresponding Quint. evolutions starting with an initial $\Omega_{\phi_i} \sim 0.21$ that initially stays frozen in and only later starts evolving. $f(R)$ and Quint. evolutions are nearly indistinguishable in this case. Note that the vertical dashed lines indicate when $\Omega_\phi = 0.7$ in the $f(R)$ model considered and that the y-axis has a different range in the two plots.

A notable feature of Fig. 2 is that the error eventually decreases for large values of $\Omega_\phi$. Note that this is an artefact of cutting off the evolution of the error as soon as an $\Omega_{\phi, \text{final}} = 0.7$ is reached. Consequently, if the quasistatic approximation is only switched on at a time when, say, $\Omega_\phi = 0.5$, then even though the QSA will get the evolution of $\delta$ very wrong for superhorizon scales, there is just not very much time left until $\Omega_{\phi, \text{final}} = 0.7$ is reached, so there is very little time for the error to grow. If a different cutoff at an asymptotic value of $\Omega_{\phi, \text{final}} \rightarrow 1$ was chosen, and we proceeded to make the analogous contour plot, the error would no longer eventually decreases for large values of $\Omega_\phi$. Also note that, since $\Omega_\phi$ is still evolving significantly towards its asymptote $\Omega_\phi \rightarrow 1$ when the snapshot that leads to Fig. 2 is taken (i.e. when $\Omega_\phi = 0.7$), this means the error can also still be evolving. This is demonstrated by comparing Figs. 1, 3 and 4. The overall error levels plotted in Fig. 2 can therefore continue to grow if a larger $\Omega_{\phi, \text{final}}$ is chosen.

The behavior of the quasistatic approximation for the fast-roll case matches our naïve hypothesis. On subhorizon scales it performs well irrespective of the initial conditions or the model considered, whereas on superhorizon scales the $f(R)$ model does significantly worse than its Quint. counterpart. To see why, we recall that errors in the QSA for $\delta$ stem from propagating an incorrect solution for $\chi$. So we need to investigate how this error propagates to the evolution equation for $\delta$—in other words, check the coefficients of both $\chi$ as well as $\dot{\chi}$ in the $\delta$ evolution equation. These are purely background quantities. They are shown in the two left graphs of Fig. 3 and one can immediately read off the reason why the Quint. model performs significantly better in the QSA than the corresponding $f(R)$ setup. We can see that the dependence on both $\chi$ and $\dot{\chi}$ is highly suppressed at early times (i.e. when relevant modes can still be on superhorizon scales) in the Quint. model, explaining why the error in those quantities does not propagate very much at all to the evolution of $\delta$ on those scales. The coefficients plotted in the left graphs of Fig. 3 only become relevant for Quint. at late times, when modes of interest are on subhorizon scales and where the associated $\chi$ is very well described by its QSA solution. Note that $\Omega_\phi$ also starts evolving later in the Quint. case (as shown in the left graph of Fig. 1), since $\phi \ll 1$ for longer here.

For the $f(R)$ case, on the other hand, we can discern two effects. First, the new $\beta$-dependent terms in the evolution equations result in a significant $\chi$-dependence at early times, when $\beta_m$ is still relevant. Second, $\phi$ (the coefficient of $\dot{\chi}$) now also evolves at early times, creating yet another source for the propagation of errors in $\chi$ on superhorizon scales for modes of interest.

The left-hand graphs in Fig. 4 finally confirm the intuition gained from the previous plots in this section. Here we zoom in on a particular case, setting $k = 1$, $x_{QS} = 0.5$. This corresponds to a single pixel in the left graph in Fig. 2, namely the pixel at $x_{QS} = 0.5$ and $\Omega_{\phi}(\tau_{QS}) \sim 0.016$ at the very bottom of the graph: i.e. this
is a point for which the QSA does fairly well. We find that
the relative error for the fast-rolling \( f(R) \) setup here is
approximately an order of magnitude larger than that for the
corresponding Quint. model. Finally it may be worth
stressing that, while in the fast-roll case the QSA performs
badly on scales close to or above the horizon scale, it still
performs well on subhorizon scales as witnessed by Fig. 2,
despite having a background evolution that does not closely
resemble \( \Lambda \)CDM (cf. Fig. 1).

B. B. Slow roll

Let us now consider a setup with a long initial slow-
rolling phase for \( \phi \), i.e. \( \phi \ll 1 \)\(^{12} \). The evolution of \( \Omega_\phi \) in this
case is shown in the right graph of Fig. 1 and we can immediately
spot that the Quint. and \( f(R) \) cases behave almost identically. The QSA contour plot for this case is
shown in the right graph of Fig. 2 and indeed the plot
mostly agrees with the corresponding (large \( \Omega_\phi \)) section of
the fast-roll contour plot. However, there is a crucial
difference: In the contour plot we show the performance of
modes where the QSA is switched on at rescaled time
\( \chi_{QS} \) and the background quantity \( \Omega_\phi \) is at a given value. But
from Fig. 1 we know that, due to the initial slow-rolling phase,
many modes cross the horizon when \( \Omega_\phi \) is still near
its initial value. What at first sight might appear to be a
numerical artefact in the right graph of Fig. 2—the fact that
there is a very thin strip directly on top of the x-axis
(corresponding to the lowest and initial value of \( \Omega_\phi \) which
happens to be \( \sim 0.21 \) here and which, during the initial
phase of the evolution, remains frozen-in as shown in
Fig. 1) and that the QSA does in fact do very well even for
modes crossing the horizon during this initial phase—is a
direct consequence of the slow-rolling behavior of the solution.

This may appear counterintuitive, since a large \( \Omega_\phi \) means
the scalar field is relevant to the cosmic evolution and
should hence affect \( \delta \). By introducing errors into the
evolution of \( \chi \) via the QSA, these should then map onto
significant errors for \( \delta \). However, we have already seen
above that it is in fact other background properties—such
as the slow- or fast-rolling nature of \( \phi \)—that control how
much the QSA errors in \( \chi \) are propagated to the evolution of
\( \delta \). To make this clear let us once again zoom in
on a particular case, setting \( k = 1 \) and \( \chi_{QS} = 0.1 \).

\(^{12}\)The initial conditions chosen this time are: \( \phi_i = 5 \), \( \dot{\phi}_i = 0 \),
\( \rho_i = 1 \), \( \lambda = 1.5 \), \( \tau_i = 10^{-3} \) and \( \rho_m^{0i} = 0.016 \) for \( f(R) \) while \( \rho_\phi = \rho_m^{0i} e^{-\beta/\tau_i} \) for Quint., so that \( \Omega_\phi \) is identical for the \( f(R) \) and
Quint. models. These initial conditions enforce a relatively large
\((\sim 0.2)\) initial \( \Omega_\phi \) which remains frozen in for a significant amount
of time. For contour plots 2 we again evolve forwards until
\( \Omega_\phi = 0.7 \).
This corresponds to a single pixel in the right graph in Fig. 2, this time the pixel at $x_{QS} = 0.1$ and $\Omega_{\phi} = 0.21$ in the thin bright (i.e. low error) strip directly at the bottom of the graph; a point for which the QSA does very well as depicted in Fig. 4.

As before, we now need to check whether the error introduced into $\chi$ is enhanced or suppressed by the background coefficients in the $\delta$ evolution equation. These are shown in the right-hand graphs in Fig. 3. Comparing with the corresponding Quint. graphs we see that the background behavior enforces small coefficients $C_\chi$ and $C_{\chi'}$, suppressing the dependence on $\chi$ of the evolution equation for $\delta$ at early times both for the $f(R)$ and Quint. cases this time. For the modes of interest (subhorizon today) the relevant coefficients only become large after horizon crossing when the exact and QSA solutions for $\chi$ match very well. This is a consequence of the initial slow-rolling phase. The conclusion one draws here is that, once the evolution equations for the perturbations are known, we can understand how well the QSA performs on superhorizon scales in terms of background quantities. In the particular case considered here, even though we started with a large $\Omega_{\phi}$, this remained frozen in initially so that $\phi$ remained small and the dependence on $\chi$ is also suppressed. The right-hand graphs in Fig. 4 summarize these results, showing that the relative errors for both the $f(R)$ and Quint. setups considered in this section are very small (on the sub 0.1% level).

The key result of this section is that the impact of the QSA can depend crucially on how the evolution equation for the scalar field couples back into that of the density perturbation. Small errors in the QSA for $\chi$ can be greatly amplified if the background scalar field evolves substantially. Small values of $\Omega_{\phi}$ (indicating that the field $\phi$ only negligibly contributes to the energy density of the Universe at the relevant time) may not be enough to prevent the propagation of large errors. In some sense, this is not surprising—it is the nonstatic nature of the background which is pushing the QSA outside its range of validity. And, if the QSA is to be applied in any specific $f(R)$ theory, it is clearly essential to check whether the evolution of the scalar field is such that the approximation is good enough.

**VI. THE CHAMELEON MECHANISM IN $F(R)$**

It is well known [21,53] that a subset of $f(R)$ models give rise to the so-called chameleon effect, where the nonminimal coupling to matter in the Einstein frame results in an effective potential for $\phi$ with a minimum, and
consequently an effective mass. In chameleon models this is used to screen away any fifth force from $\phi$ in dense regions, allowing them to evade tight fifth force constraints on solar system scales [21]. Such a screening mechanism is therefore an essential ingredient to construct an observationally viable $f(R)$ model. Screening is an intrinsically nonlinear effect and our linearized analysis is consequently not sensitive to it by default. However, the analysis is sensitive to the form of the potential via the associated mass term\(^{13}\), so it is worth considering how this impacts our analysis and whether there are any interesting consequences for the QSA.

The $f(R)$ model considered in the previous section does not display chameleonic behavior. This is straightforward to understand from the background evolution equation. Recall this is

$$\ddot{\phi} + 2H \dot{\phi} + \dddot{\phi} V = \frac{1}{2} \beta \ddot{\phi} \dot{\rho}_m$$  \hspace{1cm} (33)

\(^{13}\)After all, the background field evolution and especially $\phi$ are highly sensitive to the form of the potential.

for the background scalar $\phi$. Now we can write this in terms of an effective potential for $\phi$ (absorbing the factor $\dddot{\phi}$ this time)

$$V_{\text{eff},\phi} = \dddot{\phi} V_{\phi} - \frac{1}{2} \beta \ddot{\phi} \dot{\rho}_m.$$  \hspace{1cm} (34)

However, for the runaway potential $V \sim e^{-|\phi|}$ both contributions to $V_{\text{eff},\phi}$ are negative, so no minimum exists. Yet, for a chameleonlike model, we require that $V_{\text{eff}}$ has a minimum.

Under what conditions does the $f(R)$ potential fulfill the requirements for chameleon behavior? Adapting the results of [53] to the conventions used throughout this paper, we find that the relevant conditions are\(^{14}\)

\(^{14}\)This may come as a surprise, given the result of [53] who quote the condition: $V_{\phi} < 0 V_{\phi\phi} > 0 V_{\phi\phi\phi} < 0$ as required for $f(R)$ models with chameleon screening. This difference is due to two differing conventions used in the literature when mapping a given $f(R)$ model into its scalar-tensor form. We discuss these conventions in the Appendix and describe the field redefinition that maps between them. Also note that we need $V_{\phi} > 0$, since for a minimum we require $V_{\text{eff},\phi} = 0$, but the contribution from the nonminimal coupling to matter to $V_{\text{eff},\phi}$ is negative.
\[ V_\phi > 0 \quad V_{\phi \phi} > 0 \quad V_{\phi \phi \phi} > 0. \] (35)

We can check that this is indeed the case. First, consider a new fiducial chameleon potential \( V = \exp(|\lambda|\phi) \) trivially satisfying the chameleon conditions above. From Eq. (33) this can clearly generate an extremum for the effective potential now. The derivatives of the potential in our convention are now given by

\[ V = \frac{R f_R - f}{2(f_R + 1)^2}, \] (36)

\[ V_\phi = \frac{\beta}{2} \frac{R + 2f - R f_R}{2(1 + f_R)^2}, \] (37)

\[ V_{\phi \phi} = \frac{\beta^2}{2} \left( \frac{1}{f_{RR}} + \frac{R(f_R - 3) - 4f}{(1 + f_R)^2} \right), \] (38)

\[ V_{\phi \phi \phi} = -\beta^3 \frac{f_{RR} (f_R + 1)^3}{2(1 + f_R)^2 f_{RR}^2} + \frac{3(f_R + 1)^2 f_{RR}^2}{2(1 + f_R)^2} \]

\[ -\beta^3 \frac{R(f_R - 7) - 8f}{2(1 + f_R)^2}. \] (39)

In order for the effective potential \( V_{\text{eff}} \) to have a minimum in the Jordan frame, the condition

\[ R + 2f - R f_R > 0 \] (40)

needs to be satisfied \([38,52]\). Comparing with our expression for the derivatives of the potential, this shows that \( V_\phi > 0 \) as expected. As a further check we can cross check against a model that is known to have consistent chameleon screening, the Hu and Sawicki model \([38]\). Fig. 7 demonstrates that regions of parameter space satisfy the necessary constraints for different choices of parameters in this model. As a corollary we see that the fiducial exponential potential we have chosen here qualitatively is a good proxy for Hu and Sawicki potentials in regions of parameter space that display chameleon screening.

Equipped with the above insights about the nature of the potential, we choose a fiducial chameleon potential \( V = e^{|\lambda|\phi} \). The evolution equations for the background, perturbations and perturbations in the QSA laid out in the previous section are still valid. We now contrast two cases. In the first case, we initially place the field at the minimum (this is case 1 shown in the left graph of Fig. 5); in this situation we expect the QSA to do very well and indeed it does as shown in the left graph of Fig. 6. This is because, as we saw in the previous section, errors generated by the QSA are propagated via their dependence on \( \phi \) and \( H^2 \Omega_m \). If the field is slow-rolling any dependence on \( \chi \) is highly suppressed; indeed, starting at the minimum should keep \( \phi \) frozen at the minimum. Having said that, since the effective potential will evolve due to the redshifting of matter density, the field will in fact slowly roll tracking the effective minimum, so a small error should still remain. This effect is shown in the right graph in Fig. 5, while the middle graph in the same figure shows the corresponding situation in the Quint. setup which lacks any contribution to the effective potential that depends on the cosmological matter density (again we match initial conditions so that the Quint. and chameleon cases start off with the same \( \Omega_\phi \) as discussed in the previous section).

The initial condition for starting out at the minimum of the potential is

\[ V_{\text{eff}} = \sqrt{1/6}\rho_m - \lambda V_0 e^{i\phi} = 0. \] (41)

Denoting the initial value of the scalar field by \( \phi_i \), in terms of an initial condition for the matter energy density \( \rho_m \) this means we require

\[ \rho_{m, \text{initial}} = \sqrt{6}\lambda e^{i\phi_i}. \] (42)
This means that the initial energy density $\Omega_\phi$, which we may write as

$$\Omega_\phi = \frac{1}{1 + \frac{\rho_m}{\rho_\phi}},$$

is fixed once we require the field to start at its minimum and specify $\lambda$.

To understand this better let us once again effectively zoom in on a single pixel in the contour plot, setting $k = 100$, $x_{QS} = 0.1$ and $\Omega_\phi(x_{QS}) \sim 0.22$. Also setting $\lambda = 1.5$ as for the contour plots we obtain the evolution shown in Fig. 8.\textsuperscript{15} One sees that the background field $\phi$ is indeed very slowly rolling. We compare this with a quintessence-like model that

\textsuperscript{15}Again we emphasize that the parameters ($\lambda, \phi_i$, etc.) chosen for our examples are intended to give rise to toy models providing an understanding of the QSA. An in-detail comparison with observational constraints on the parameter space of such models is beyond the scope of this paper.
starts out with the same $\Omega_\phi$. The reason the nonchameleon quintessence-like model also does relatively well, is that the minimum of the effective potential lies in a region where the curvature of the original $\phi$ potential is very small (cf. the middle graph in Fig. 5). Hence the field is slow-rolling in the quintessence case too, only doing mildly worse in the long run than the chameleonic $f(R)$ setup.

In the second case we start away from the minimum. This is labeled as case 2 for both the $f(R)$/chameleon and quintessence cases in Fig. 5. The QSA error introduced now is shown in the left graph in Fig. 6 and we see that the QSA does significantly worse than in the first case, where the field started at the minimum of the effective potential. Zooming in on a pixel with $k = 100, x_{QS} = 0.1$ and $\Omega_\phi(\tau_{QS}) \sim 0.0014$, we obtain the evolution shown in Fig. 9. As expected the quintessence-like model is hardly affected by the change from case 1 to case 2. In fact it does slightly better than before since we have effectively moved
However, the $\rho_m$-dependent term in the effective potential for the chameleon case means the field there is rolling down a very steep slope and hence the QSA error is strongly propagated to the $\delta$ evolution equation, resulting in a very bad fit for the QSA (Fig. 6).

While the two cases considered above are extremely useful in understanding what controls the accuracy of
the QSA and in particular in stressing the importance of the fast/slow-rolling nature of the background, at this point it is important that an initial condition very close to or identical to case 1 is the observationally motivated case. First note that Big Bang Nucleosynthesis (BBN) constraints require the field to have settled into its minimum by the time BBN starts [54]. Cosmic Microwave Background (CMB) constraints can also be used to place bounds on the variation of $\phi$ since recombination, giving [55]

$$\exp \left( \frac{\beta \Delta \phi}{M_{Pl}} \right) - 1 < 0.05.$$  

(44)

This ensures that viable chameleon models do well in the QSA in the linearized regime, since as we have seen, the approximation works well if we start close to the minimum of the effective potential (which results in a maximally slow-rolling evolution). This serves as somewhat of an a posteriori justification for the use of the QSA in chameleon models—and we should stress: even on superhorizon scales. Note that this is directly related to the shape of the chameleon potential. Since the field is slow-rolling along with the effective minimum, QSA errors are strongly suppressed. Of course the effective minimum also generates an effective screening mass for $\phi$. Nevertheless we should keep in mind that, while the screening properties of chameleon theories are intrinsically nonlinear effects, the fact that the QSA does well here solely relies on the slow-rolling nature of the background. One should therefore not convolute explanations for the efficiency of screening and the accuracy of the QSA in this case.

### VII. DISCUSSION

What have we learned from our analysis of the QSA in linearized $f(R)$, chameleon and, en passant, in quintessence models? The key insight of this paper is that the performance of the perturbative QSA on a given scale in all of these models can be understood in terms of background variables. This allows us to straightforwardly quantify how well a given model does in the QSA and to assess whether this approximation can also be used in super-horizon regimes. In particular the slow- or fast-rolling nature of the background field plays a crucial role in propagating potential quasistatic errors into structure formation, i.e. $\delta$. Slow-rolling solutions lead to quasistatic solutions which perform well even outside their naive regimes of validity, i.e. also on superhorizon scales.

Slow-rolling solutions also correspond to $\Lambda$CDM-like background evolutions, which [36] found to be linked to good quasistatic evolution on subhorizon scales. Phrasing this in terms of slow- and fast-rolling solutions and investigating the evolution equations (19), (20), and (21) has allowed us to gain a semianalytical understanding of why this is the case. We have extended the argument to (super)horizon scales, where slow-rolling solutions are still accurate within $\sim 5\%$ for the chameleon case considered in Sec. VI. We have also found that on subhorizon scales the QSA performs well as expected, with $< 1\%$ level errors in $\delta$. This can even be the case when the field is fast-rolling and the background evolution is consequently distinct from $\Lambda$CDM, as the fast-roll examples in Secs. IV and VI show [16]. Note that we expect the exact error levels to be sensitive to the precise nature of the potential, so it will be an interesting task for the future to combine the findings of this paper with an exhaustive survey of observationally viable chameleon and $f(R)$ models.

Viable $f(R)$ and chameleon models satisfy two conditions. First, they come equipped with a screening mechanism that avoids clashes with tight fifth force constraints. This screening mechanism relies on an effective potential with a minimum. Second, BBN and CMB constraints require the field to be very close to this minimum by the time of BBN/recombination and to have the field subsequently slow-rolling together with the evolving minimum (we recall that the minimum evolves due to the redshifting matter density). Here we have shown that the resulting slow-roll condition on the evolution of the background field is precisely what is required for the QSA to perform well even on (super)horizon scales. It therefore appears that the QSA is well suited to analyze structure formation in such modified gravity models for a range of scales—an encouraging conclusion indeed. This is in agreement with (and an extension of) the conclusions of [36,39], who discuss sub- and near-horizon scales, and the analysis presented here sheds some light on why the QSA performs so well in these cases.

However, note that a question of precision remains. QSA errors introduced into the evolution of $\delta$ can still reach $\sim 5\%$ on superhorizon scales, even in the best cases considered in this paper, so that the use of the QSA limits the maximal precision that can be reached in any such analysis of structure formation. Such an error is still too large if one targets $1\%$ accuracy for the power spectrum of $\delta$ in future experiments [17]. If higher accuracies are desired a more accurate prescription than one employing the QSA will likely be necessary. Also adding a short fast-rolling phase before BBN or maximizing the distance the field could have traveled in accordance with constraints would probably worsen the obtained accuracy. This is of crucial importance in the context of N-body simulations, in

[16] Note that we do not expect this to remain true in general, for example in cases where there are still rapid oscillations of scalar field perturbations deep into the subhorizon regime. An explicit example is provided by the $R^{\alpha}$ case discussed in [36], where the QSA fails on subhorizon scales too. We thank Antonio Maroto for pointing this out to us.

[17] Also note that intrinsic N-body simulation systematics, e.g. due to the discretization of evolution equations, will introduce further errors. It will be an interesting task for the future to establish precisely at what level these errors contribute. We thank Baojiu Li for raising this point.
particular when the QSA is used to set up initial conditions in the linear regime on (super)horizon scales, which is precisely the regime we have probed here.

Much remains to be done. Probing Vainshtein screening in the same quantitative fashion and exploring whether there are viable dark energy models that are not well described by the QSA (along the lines of [35,37]) is a task left for future work. For Vainshtein-screened models it could be very interesting to extend the work of [30–33], exploring the accuracy of the QSA for such models. The fact that the background evolution can be very distinct from \( \Lambda \)CDM in such models might suggest that the QSA will generically perform rather poorly on superhorizon scales there. However, a detailed analysis may uncover interesting exceptions. Finally the analysis in this paper has focused on subhorizon scales should also result in a better understanding of the applicability of the approximation.

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**APPENDIX: COMPARING CONVENTIONS FOR F(R)**

Let us briefly review the mapping between \( f(R) \) theories and chameleons, pointing out some important subtleties between different, typically-used conventions. In order to do so we establish a dictionary between the convention (largely) used in the literature for structure formation in \( f(R) \) models (e.g. [38,52]) and that used in chameleon phenomenology and screening effects (e.g. [39]). The former convention we label I and the latter II: this paper uses convention I. In order to avoid confusion when comparing with other literature, we here explicitly spell out these conventions and the mapping between them.

**Convention I**: As we saw at the start of this section, the \( f(R) \) action can be written (in the Jordan frame) as

\[
S_J = \frac{1}{2} \int d^4x \sqrt{-\tilde{g}} \left[ R + f(R) \right] + \int d^4x \sqrt{-\tilde{g}} \mathcal{L}_m[\Phi_I, g_{\mu\nu}],
\]

(A1)

which is then mapped into the equivalent Einstein frame scalar-tensor theory

\[
S_E = \frac{1}{2} \int d^4x \sqrt{-\tilde{g}} R + \int d^4x \sqrt{-\tilde{g}} \tilde{\nabla}_\mu \tilde{\nabla}_\nu \Phi_I \Phi_I - V(\phi)
+ S_{\text{matter}}[\Phi_I, e^{-\beta \phi} g_{\mu \nu}]
\]

(A2)

where we have employed a conformal transformation

\[
\tilde{g}_{\mu \nu} = e^{\phi} g_{\mu \nu}.
\]

(A3)

and defined the field \( \phi \) via

\[
1 + f_R = e^{2\beta \phi}.
\]

(A4)

\( \beta \) in this convention is \( \sqrt{2/3} \). The potential \( V(\phi) \) is determined by

\[
V(\phi) = \frac{1}{2} \frac{R f_R - f}{(1 + f_R)^2}.
\]

(A5)

**Convention II**: The action we start with now is

\[
S_J = \frac{1}{2} \int d^4x \sqrt{-g} f(R) + \int d^4x \sqrt{-g} \mathcal{L}_m[\Phi_I, g_{\mu\nu}],
\]

(A6)

i.e. \( f(R)^{(\text{II})} = R + f(R)^{(I)} \) where the Roman index denotes the convention. The metric \( \tilde{g}_{\mu\nu} \) and the field \( \phi \) are now defined via

\[
f_R^{(\text{II})} = e^{-2\tilde{\phi}},
\]

(A7)

\[
\tilde{g}_{\mu\nu} = e^{-2\tilde{\phi}} g_{\mu\nu} = f_R^{(\text{II})} g_{\mu\nu}.
\]

(A8)

\( \tilde{\phi} \) in this convention is \( \sqrt{1/6} \). Finally the potential \( V(\phi) \) in the second convention is

\[
V(\phi)^{(\text{II})} = \frac{1}{2} \frac{R f_R^{(\text{II})} - f^{(\text{II})}}{(f_R^{(\text{II})})^2}.
\]

(A9)

\[\text{The mapping:}\] It is now clear that the difference between the two conventions boils down to a field redefinition of \( \phi \), namely

\[
\phi^{(\text{II})} \leftrightarrow -\phi^{(\text{II})}.
\]

(A10)

This means care has to be taken when considering which potentials have the correct properties to give rise to an effective chameleon.
