Bone mesenchymal stem cell-derived exosomal microRNA-7-5p inhibits progression of acute myeloid leukemia by targeting OSBPL11

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Abstract

Background: Acute myeloid leukemia (AML) is a malignant clonal disease of hematopoietic stem- and progenitor-cell origin. AML features massive proliferation of abnormal blasts and leukemia cells in the bone marrow and the inhibition of normal hematopoiesis at onset. Exosomes containing proteins or nucleic acids are secreted by cells; they participate in intercellular communication and serve as key modulators of hematopoiesis. The purpose of this study was to investigate the effects of exosomes derived from bone marrow mesenchymal stem cells (BMSCs) on the regulation of AML and the underlying mechanisms mediated by microRNA (miRNA).

Methods: Dysregulated miR-7-5p in AML patients was identified using qRT-PCR and its clinical significance was explored. Bioinformatic analysis revealed the target gene OSBPL11 that could be regulated by miR-7-5p. The findings were validated using a dual-luciferase reporter assay and western blotting. The functional genes of the PI3K/AKT/mTOR signaling pathway were identified, and the functional significance of miR-7-5p in AML cells was determined using a functional recovery assay. AML cells were co-cultured with exosomes originating from BMSCs overexpressing miR-7-5p to determine cell–cell regulation by Exo-miR-7-5p, as well as in vitro and in vivo functional validation via gain- and loss-of-function methods.

Results: Expression of miR-7-5p was decreased in AML patients and cells. Overexpression of miR-7-5p curbed cellular proliferation and promoted apoptosis. Overexpression of OSBPL11 reversed the tumorigenic properties of miR-7-5p in AML cells in vitro. Exo-miR-7-5p derived from BMSCs induced formation of AML cells prone to apoptosis and a low survival rate, with OSBPL11 expression inhibited through the PI3K/AKT/mTOR signaling pathway. Exo-miR-7-5p derived from BMSCs exhibited tumor homing effects in vitro and in vivo, and inhibited AML development.

Conclusions: Exo-miR-7-5p derived from BMSCs negatively regulates OSBPL11 by suppressing the phosphorylation of the PI3K/AKT/mTOR signaling pathway, thereby inhibiting AML proliferation and promoting apoptosis. The data will inform the development of AML therapies based on BMSC-derived exosomes.

Keywords: Acute myeloid leukemia, Exosome, Bone marrow mesenchymal stem cells, miR-7-5p, PI3K/AKT/mTOR, OSBPL11
Introduction

Acute myeloid leukemia (AML) is a malignant clonal hematological illness that originates from hematopoietic stem cells and accounts for approximately 70% of acute leukemia cases [1, 2]. In recent years, individualized and targeted therapies have been increasingly highlighted in the treatment of AML. However, the curative effect is still not satisfactory [3]. In addition, limitations still impede improved the remission rate and reduced recurrence after remission [4]. Molecular studies, such as second-generation sequencing and gene map analysis, have revealed that AML often involves a variety of gene variations, but the full details of its pathogenesis remain unclear [5]. More comprehensive research on the pathogenesis of AML and discovery of more high-quality treatment targets to update the treatment of AML and improve the prognosis of patients are necessary [6].

Bone marrow stem cells (BMSCs) are somatic stem cells with high self-renewal and multi-lineage differentiative abilities [7]. BMSCs are also vital seed cells for tissue reparation and organic reconstruction [8]. BMSC-based cell therapy methods have been widely adopted in clinical practice, such as for hematological malignancies [9, 10]. Obtaining MSCs from other human tissues, such as bone marrow, fat, and umbilical cord blood, has matured gradually [11]. Of the MSCs, BMSCs are considered the most appropriate cells in clinical experiments because of their easy accessibility and lack of ethical concerns [12]. Apart from the functions of BMSCs, para-secretion factors and biologically active substances stemming from BMSCs also exhibit support and treatment effects [13, 14]. However, the role of BMSCs in AML has not been elucidated.

Exosomes are considered pivotal mediators of the roles of BMSCs [15]. Exosomes are 30–150 nm in diameter with a phospholipid bilayer membrane structure [16].
They harbor matricellular-derived proteins, microRNAs (miRNAs), nucleic acids, and other molecules with intercellular signaling functions [17]. BMSC-derived exosomes were recently demonstrated to translocate functional RNAs into receptor cells [18]. In particular, exosomes can carry miRNAs that participate in oncocyte proliferative, differentiative, and apoptotic [19].

miRNAs are non-coding small RNAs 18–25 nucleotides in length [20]. They participate in various physiological and biological functions, such as proliferation, differentiation, organogenesis, embryogenesis, and apoptosis [21]. Exosome-containing miRNAs have a vital influence on the bone marrow microenvironment and are pivotal for the development of AML [22]. Exosomes originating from BMSCs translocate miR-222-3p to inhibit the proliferation of AML cells by targeting interferon regulatory factor 2/inositol polyphosphate 4-phosphatase type II (IRF2/INPP4B) [23]. The cancer inhibiting gene miR-7-5p is downregulated in many tumors and participates in reducing cellular proliferative activity and metastatic activity by modulating targeted molecules [24, 25]. The downregulation of miR-7-5p in non-small cell lung cancer samples and lineage cells inhibits proliferative, migratory, and invasive activities as well as the epithelial-mesenchymal transition of tumor cells both in vitro and in vivo [24]. Furthermore, miR-7-5p suppresses human cancer formation in hepatocellular carcinoma cells in mice and increases tumor volume and mass [26]. Nevertheless, the regulatory effect of miR-7-5p on AML is still unclear. Whether BMSC-derived exosomes harboring miR-7-5p suppress AML cellular proliferative activity requires further validation.

In the present study, we investigated whether BMSCs could modulate the proliferative and apoptotic activities of AML cells via exosomes. The results indicate that the BMSC-derived exosomal miR-7-5p might regulate AML. The causal link was analyzed.

**Materials and methods**

**Specimen source**

Plasma samples from 60 patients with AML (except M3) and 60 normal controls who were diagnosed and typed at Xiangya Third Hospital of Central South University according to French-American-British and World Health Organization classification criteria [27]. The diagnosis in all the patients involved morphology, immunology, cytogenetics, and molecular biology. All the AML patients were newly treated, without a history of other malignant tumors, and had not received antineoplastic drugs. They all signed informed consent to participate in the study voluntarily. This research was approved by the ethical board of our hospital according to the Declaration of Helsinki.

**Cell lines and cell cultivation**

HL60, THP1, U937, and KG-1 human myeloid leukemia cell lines were bought from Cell Bank of the Chinese Academy of Sciences. MOLM13 and MV4-11 cell lines were provided by Professor Hui Zeng (First Affiliated Hospital of Jinan University). The GM12878 human normal hematopoietic cell line was obtained from the Cancer Research Institute of Central South University [28]. All cells were cultivated in RPMI 1640 medium containing 10% fetal bovine serum (FBS) in an incubator in an atmosphere of 5% carbon dioxide at 37°C. The medium was refreshed every 2 days. When cell confluency reached 70–80%, the cells were subcultured or used in the experiments. BMSCs were cultured in a medium for mesenchymal stem cells (HUXMA-03011-440; Cyagen, USA).

**Quantitative reverse transcription polymerase reaction (qRT-PCR)**

RNA was extracted from the plasma samples using TRIzol reagent (Invitrogen, USA). The expression of miRNA was identified using the stem-loop primer SYBR Green quantitative real-time PCR (RiboBio, People’s Republic of China). To obtain mRNA, total RNA was reverse transcribed to cDNA, and qPCR was performed using a SYBR Green PCR Kit (TaKaRa Bio, Japan). All primer sequences were developed and prepared using RiboBio software. U6 and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) were used as an internal standard control for miRNA and mRNA detection was chosen as an inner control for miRNA. Genetic expression was quantified using the 2−ΔΔCt method. The specific oligonucleotide primer sequences are presented in Additional file 1: Tables S1 and S2.

**Cell proliferation and clone formation analyses**

For the analysis of cell proliferation, transfected cells were inoculated into 96-well plates at a density of 2000 cells/well. At 24, 48, 72, and 96 h after inoculation, cellular activity was identified using the CCK-8 system (Dojindo, Japan). All cells were cultivated in RPMI 1640 medium containing 10% FBS. After 14 days, the cells fixed using methyl
alcohol, dyed with 0.1% gentian violet, photographed, and the clones were enumerated.

**Double staining assay for living/dead cells**
Exponentially growing HL-60 and MOLM13 cells were harvested and inoculated in 6-well plates at a density of $5 \times 10^5$ cells/well. The above cells were incubated with or without miR-7-5p mimics in Lipofectamine 3000 for 24 h, and then collected by centrifugation at 1000×g for 180 s. The cells were dyed with Calcein-AM/propidium iodide (PI) (2 μmol/L), mixed, and incubated for 15 min at 37 °C [29]. Ten microliter aliquots of the cell suspension was collected using a straw and placed it on a cool inclined slide at different heights to allow each sample to flow down the slide. These preparations were placed on a heating plate and covered with 2–3 layers of thin paper immersed in water for 2 min at 37 °C [30]. Each slide was observed by laser confocal microscopy using a model FV1200 microscope (Olympus, Japan).

**Apoptosis assay**
HL-60 and MOLM13 cells were separately collected in a 15 mL centrifuge tube at a cell density of approximately $5 \times 10^5$. The cells were washed three times using phosphate buffered saline (PBS) by centrifugation at 179×g centrifugation for 300 s each time. Supernatant was removed after the supplementation of 100 μL binding buffer heavy suspension cells. Annexin V-fluorescein isothiocyanate (FITC)/PI was added to the mixture at room temperature for 15 min in the dark. Subsequently, staining was performed, and 400 μL of 1 × binding buffer was added. The cells were gently mixed and the suspension of single cells was examined after 60 min [31].

**Oligonucleotide transfection**
Mimics of miR-7-5p, inhibitors, and their control oligonucleotides were prepared by Gene-Pharma (People’s Republic of China). Transfection with 50 nM of miRNA mimics and small interfering RNAs (siRNAs) was performed using Lipofectamine 3000 reagent (Invitrogen) according to the manufacturer’s protocol.

**Construction of plasmids and stable transfection**
Stable OSBPL11-overexpressing cell lines were established. Briefly, human OSBPL11 cDNA was prepared and cloned into a pcDNA3.1 carrier (Greenseed Biotech, People’s Republic of China). MOLM13 and HL-60 cells were transfected with these plasmids before screening with G418.

**Luciferase reporter assay**
Cells were subjected to co-transfection with plasmids containing the 3’-untranslated region (UTR) of wild or mutated fragments from oxysterol binding protein like 11 (OSBPL11) and miRNA mimics using Lipofectamine 3000 reagent (Invitrogen) according to the manufacturer’s guidelines. Twenty-four hours following transfection, firefly and Renilla luciferase activities were identified serially using a dual-luciferase reporter assay system (Promega, USA). The rates of luminescence from firefly and Renilla luciferase were determined. Each experiment was performed using three independent assays.

**Western blotting**
Cells were lysed with radioimmunoprecipitation experimental buffer solution (RIPA, Beyotime, People’s Republic of China), and proteins were collected and subjected to quantification via BCA analysis (Beyotime). Proteins were resolved using 10% SDS-PAGE and transferred to polyvinylidene difluoride membranes (Sigma-Aldrich, USA). The membranes were treated with the following primary antibodies: cultivation, anti-OSBPL11(1:1,1000; Invitrogen), anti-AKT (1:1000; Cell Signaling Technology, USA), anti-p-PI3K (Tyr458; 1:1000; Cell Signaling Technology), anti-mTOR (1:1000; Cell Signaling Technology), anti-p-Akt (Ser-473; 1:1000; Cell Signaling Technology), anti-p-PI3K (Tyr458; 1:1000; Cell Signaling Technology), anti-p-mTOR (Ser-2448; 1:1000; Cell Signaling Technology), anti-p-P3K (Tyr458; 1:1000; Cell Signaling Technology), and anti-GAPDH antibody (1:5000; Abcam, UK). The membranes were then treated with secondary antibody (1:5000, Cell Signaling Technology). After washing, signals were detected using a chemical luminescence system (Bio-Rad, USA) and assayed using Image Lab software (Bio-Rad).

**Isolation of exosomes derived from BMSCs**
Exosomes were separated and purified from the supernatant of BMSCs at passages 3–5 using ultracentrifugation [32]. Briefly, when cells reached 70% confluence, the medium was replaced with Dulbecco’s modified Eagle’s medium (DMEM) containing 10% exosome-free FBS. After 2 days of cultivation, the culture was harvested by centrifugation at 4 °C and 300×g for 10 min. The supernatant was recovered by pipetting and transferred to a new Eppendorf tube and centrifuged at 4 °C and 2000×g for 10 min. The supernatant was also recovered by pipetting, added to a new Eppendorf tube and centrifuged at 4 °C and 10,000×g for 30 min. The supernatant was collected as described above and ultracentrifuged at 4 °C at 100,000×g for 70 min. The supernatant was removed and discarded. The pellet was resuspended in a small amount of PBS and ultracentrifuged (4 °C, 100,000×g) for 70 min. The supernatant was discarded and the pellet was resuspended in 100 μL PBS and stored at – 80 °C.
Characterization of exosomes
A small volume of the thawed exosome suspension was added to 1 mL PBS. A drop was placed on a 200-mesh carbon membrane copper grid for electron microscopy. Each preparation was dried at room temperature for 30 min. Phosphotungstic acid (3%) was added drop-wise to the copper grid and left for 5 min to staining the sample. The excess liquid was removed by touching one part of the grid to a piece of filter paper 2–3 times. Each sample was then desiccated in a ventilated place at room temperature for 20 min. Morphology of the exosomes adherent to each grid was examined by transmission electron microscopy (TEM) using a JEOL-F200 transmission electron microscope (JEOL, Japan) operating with a voltage of 80 ~ 120 kV. In addition, a small amount of the thawed exosomes was added to 1 mL PBS. Their particle sizes were examined by nanoparticle tracking analysis using a NanoSight NS500 device (Malvern Pananalytical, USA). Furthermore, the expression of CD63, CD9, TSG101, and calnexin surface markers in the exosomes was detected using western blotting.

AML animal model and experimental animals
Four-week-old female B-NDG® (NOD Prkdc scid IL2rg tm1/Bcgen, NSG) mice (body weight 17–20 g) were purchased from Biocytogen (China). They were housed in a specific pathogen-free (SPF) environment at the Department of Zoology, Central South University, in conditions of 30%–50% humidity and 20–22°C room temperature. The mice were fed cobalt-60 irradiated and sterilized SPF grade chow. Their bedding was changed every 3–4 days. MOLM13 cells (3.6 × 10⁵ per mouse) were slowly delivered into the caudal vein of each mouse via injection with a 100 μL insulin needle to establish the AML animal model. After the inoculation, one mouse in each group was randomly executed by ether anesthesia on day 10. Peripheral blood, bone marrow, spleen, and other tissue specimens were collected to test the effectiveness of the model. The mice were then stochastically separated into three groups (n = 6 per group) according to the computer-generated random number method, and injected with PBS in the caudal vein as the normal control (NC) or with exosomes from BMSCs (100 μg) carrying miR-7-5p agomir (Exo-miR-7-5p-agomir) or NC-agomir (Exo-NC-agomir) once every 2 days for five consecutive times [34].

Hematoxylin and eosin (H&E) staining
Bone marrow tissues were collected from the cervical vertebrae of the mice after dislocation. Some tissues were placed in 4% paraformaldehyde and fixed for 24 h. The tissues were then routinely paraffin-embedded and serially sectioned at 6-μm thickness, dewaxed, dehydrated, and dyed with hematoxylin for 3–5 min. The specimen was washed with water, dehydrated by exposure to 85% and 95% alcohol, and dyed with eosin for 3–5 min. Each sample was dehydrated with anhydrous ethanol and xylene, and the film was sealed.

Immunohistochemistry (IHC) and immunofluorescence (IF)
The sections were dewaxed twice with xylene and sequentially in different strengths of anhydrous ethanol (100%, 95%, 90%, 80%, and 70%) prior to being placed in citrate buffer (0.01 mol/L, pH 6.0). The antigen recovery solution was boiled for 3 min in an autoclave. The sections were then closed with 5% bovine serum albumin and incubated at 37°C for 0.5 h. The sections were then incubated with the primary antibody at 4°C overnight followed by incubation with horseradish peroxidase-conjugated secondary antibody at room temperature for 1 h. The sections were then stained with 3,3′-diaminobenzidine, re-stained with hematoxylin, dehydrated, and fixed. The expression of OSBPL11, p-PI3K, p-AKT, and p-mTOR proteins in the bone marrow tissue was detected using IF in paraffin-embedded bone marrow pathology sections, and the expression of CD45 and CD33 leukemia cells infiltrating the spleen was detected using IF in the paraffin-embedded spleen pathology sections. IF dyeing was employed to identify programmed cell death in vivo using terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL), oncocyte proliferative activity using Ki-67 as previously described [35]. Nuclei of cells were stained with The nucleus was stained with 4′,6-diamidino-2-phenylindole (DAPI) and relevant images were collected using inverted fluorescence microscopy.

Statistical analyses
SPSS 24.0 software (IBM, USA) was employed for the statistical analyses. The data are expressed as mean ± standard deviation (x ± s). The diversity between groups was evaluated using one-way ANOVA before Tukey’s post hoc test (* p < 0.05, ** p < 0.01, and *** p < 0.001).

Results
MiR-7-5p is expressed at low levels in peripheral blood of AML patients and AML cell lines
The levels of miR-7-5p in the peripheral blood of NC patients and patients with AML was identified using qRT-PCR. In contrast to the NC group, the level of miR-7-5p in the peripheral blood of the AML patients was significantly decreased (p < 0.01; Fig. 1A). Expression of miR-7-5p was evident in AML-lineage cells (HL-60, THP1, U937, MOLM13, MV4-11, and KG-1) and GM12878 human normal hematopoietic cells. The expression of miR-7-5p was lower in AML-lineage cells than in
GM12878 cells (Fig. 1B), and the expression of miR-7-5p in MOLM13 and HL-60 cells was lower than that in other AML cells. Subsequently, the correlation between the miR-7-5p level in the peripheral blood and overall survival (OS) of AML patients was analyzed using the Kaplan–Meier method. Low miR-7-5p expression was significantly associated with poor OS rate ($p=0.0341$, Additional file 1: Fig. S1A). These findings indicated miR-7-5p might inhibit the occurrence of AML and function as a tumor suppressor. Furthermore, receiving operating characteristic curve analysis revealed miR-7-5p as an underlying biomarker for AML screening. The presence of miR-7-5p distinguished AML from NC, with an area under the curve of 0.936 (95% CI: 0.892–0.980, $p<0.01$; Fig. 1C). The median plasma miR-7-5p level was used as the cutoff point between the expression$_{\text{high}}$ group ($n=31$) and the expression$_{\text{low}}$ group ($n=29$). Significant differences were evident for serum miR-7-5p, bone marrow primordial cells ($p=0.015$), cytogenetics ($p=0.0039$), and complete remission ($p=0.024$). No significant associations were observed between sex, age, white blood cell count, FAB classification, platelet (PLT) count, or miR-7-5p expression (Additional file 1: Fig. S1A).

Roles of miR-7-5p in proliferation and apoptosis of HL-60 and MOLM13 cells
We selected the HL-60 and MOLM13 cell lines as having the lowest expression of miR-7-5p among the AML-lineage cells to verify the hypothesis that it may inhibit the occurrence of AML. HL-60 and MOLM13 cells were transfected with miR-7-5p mimics or NC mimics, and transfection efficiency was determined using qRT-PCR. The qRT-PCR analysis showed that the expression of miR-7-5p in HL-60 and MOLM13 cells transfected with miR-7-5p mimics was remarkably greater than that in

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**Fig. 1** The expression of MiR-7-5p is low in the peripheral blood of AML patients and AML cell lines. A The expression of miR-7-5p was remarkably reduced in the peripheral blood of AML sufferers ($n=60$) compared with that of the Normal Controls (NC) ($n=60$). **$p<0.01$ in contrast to NC.** B MiR-7-5p expressing in human normal hematopoietic cell GM12878 (a) and the AML cell lines MOLM13 (b), THP1 (c), U937 (d), HL60 (e), MV4-11 (f), and KG-1 (g). *$p<0.05$ compared with GM12878.** C ROC curve analysis revealed that miR-7-5p was an underlying marker for screening AML patients from healthy controls. D Correlation of the peripheral blood miR-7-5p level with clinical characteristics of 60 AML patients.
Forty-eight hours after transfection, the cell proliferation rate of the miR-7-5p mimic group was significantly lower than that of the NC mimics group, with the difference being especially pronounced between 72 and 96 h (Fig. 2B). The role of miR-7-5p mimics in the proliferation of HL-60 and MOLM13 cells was evaluated using live/dead staining [36]. Compared with the NC mimics,
the apoptosis/death of the two types of cells subjected to miR-7-5p mimic treatment increased significantly, and PI staining exhibited red fluorescence (Fig. 2C and Additional file 1: Fig. S4A). The live/dead staining images coincided with the results of the CCK-8 assay. Flow cytometry revealed that the apoptosis rate of HL60 and MOLM13 cells transfected with miR-7-5p mimics was significantly higher than that of NC mimics (Fig. 2D). The miR-7-5p mimics promoted apoptosis in HL60 and MOLM13 cells. As shown in Fig. 2E and Additional file 1: Fig. S4B, in contrast to the NC mimics, the miR-7-5p mimics significantly inhibited the clone formation ability of HL60 and MOLM13 cells. The findings suggest that miR-7-5p-5 can suppress the proliferative activity and facilitate programmed cell death of HL-60 and MOLM13 cells in vitro.

**MiR-7-5p target gene prediction and validation**

A total of seven online target gene prediction tools (TargetScan, miRDB, miRDIp, miRWalk, PicTar, RNA22, and starBase) were used to predict target genes. Forty-six target genes were identified (Fig. 3A). As shown in Additional file 1: Fig. S1B, not all 46 target proteins correlated with each other. The more connections there were between proteins, the stronger their correlation. The predicted 46 target genes were subjected to gene ontology, Kyoto Encyclopedia of Genes and Genomes (KEGG) database-based classification of functional annotations, and signaling pathway analysis of target gene involvement (Additional file 1: Fig. S1C and D). The target genes highly expressed in AML patients compared with healthy controls were predicted using the Gene Expression Profiling Interactive Analysis online database. Eleven target genes were predicted to be highly expressed in AML sufferers were predicted and a network map between highly expressed genes and miR-7-5p was constructed (Additional file 1: Fig. S2 and Fig. 3B). Immediately afterwards, qRT-PCR validation was performed for the 11 target genes predicted to be relatively highly expressed in AML and NCs. As shown in Fig. 3C, the relative expression of OSBPL11 was the highest in patients with AML compared with NCs. OSBPL11 was more highly expressed in AML-lineage cells (HL60 and MOLM13) than in GM12878 human normal hematopoietic cells (Fig. 3D). Therefore, OSBPL11 may be a potential target for miR-7-5p, and the binding sites of miR-7-5p to the 3'-UTR region of the OSBPL11 gene were also predicted by querying the NCBI online tool (Fig. 3E). To verify whether OSBPL11 is a direct target of miR-7-5p, we established a full-length wild-type (wt) OSBPL11 carrier and mutated 3'-UTR of OSBPL11 carrier. A dual-luciferase reporter gene was used for detection. As shown in Additional file 1: Fig. S3A–B, the luciferase activity level of pmirGLO-OSBPL11-wt was markedly decreased in HL-60 and MOLM13 cells. Nevertheless, miR-7-5p lost its suppressive potency after transfection of the cell seed region containing mutated pmirGLO-OSBPL11-mut. We then treated HL-60 and MOLM13 cells with miR-7-5p mimics. Western blotting revealed that OSBPL11 exhibited decreased expression in both cell lines (Fig. 3F). A remarkable reverse association between miR-7-5p and OSBPL11 expression in AML patients was also identified (Additional file 1: Fig. S3C). Patients with low miR-7-5p expression often exhibited high OSBPL11 expression. After demonstrating that miR-7-5p was able to suppress the proliferative activity of AML and promote apoptosis by negatively regulating OSBPL11, we investigated the potential molecule-level causal links. The results of the bioinformatic KEGG analysis showed that the phosphoinositide 3-kinase/protein kinase B/mammalian target of rapamycin (PI3K/AKT/mTOR) signaling pathway was highly enriched, and was therefore selected for our signaling pathway research. Subsequently, we verified the role of miR-7-5p in the PI3K/AKT/mTOR signaling pathway proteins in HL-60 and MOLM13 cells. The miR-7-5p mimic group significantly inhibited the phosphorylation of PI3K, AKT, and mTOR proteins in HL-60 and MOLM13 cells as detected using western blotting (Fig. 3G).

**Overexpression of OSBPL11 reverses miR-7-5p–mediated inhibition of HL-60 and MOLM13 cells**

To validate the ability of miR-7-5p to inhibit the cellular proliferative activity of AML by targeting OSBPL11
Fig. 3 (See legend on previous page.)
Through the PI3K/AKT/mTOR signaling pathway, we transfected HL-60 and MOLM13 cells with OSBPL11 vector and evaluated its effects on proliferation and apoptosis. HL-60 and MOLM13 cells were transfected with NC mimics, miR-7-5p mimics, OE-OSBPL11, and miR-7-5p mimics + OE-OSBPL11. Western blotting revealed that the miR-7-5p mimic group remarkably suppressed the expression of OSBPL11. Transfection with the OSBPL11 vector significantly increased the expression of OSBPL11, while the OE-OSBPL11 group could counteract the inhibition of OSBPL11 expression by the miR-7-5p mimic group (Fig. 4A). HL-60 and MOLM13 cells OE-OSBPL11 were cultivated in the presence and absence of miR-7-5p mimics, respectively, and cellular activity was assayed. As shown in Fig. 4B, the suppressive role of miR-7-5p mimics in HL-60 and MOLM13 cells appeared to be reduced after OE-OSBPL11 treatment. The results of live/dead staining showed that the miR-7-5p-mediated apoptosis/death in HL-60 and MOLM13 cells was attenuated after OE-OSBPL11 treatment. PI staining showed that red fluorescence was suppressed (Fig. 4C and Additional file 1: Fig. S4C). As shown in Fig. 4D and Additional file 1: Fig. 5A, OE-OSBPL11 treatment produced a reversal of the miR-7-5p–mediated suppressive ability on colony formation by HL-60 and MOLM13 cells as well as the apoptotic effects, as confirmed using flow cytometry (Fig. 4E). In addition, western blotting showed that OE-OSBPL11 treatment weakened the miR-7-5p mimic–mediated downregulation of p-PI3K, p-AKT, and p-mTOR expression (Fig. 4F). These results suggest that miR-7-5p targets OSBPL11 through the PI3K/AKT/mTOR signaling pathway to inhibit proliferation and promote apoptosis in HL-60 and MOLM13 cells.

**Exosome extraction and identification of BMSCs**

The cell morphology of adherent BMSCs was observed using inverted microscopy; fibroblast-like long shuttle shapes, swirl-like arrangements, and relatively uniform morphologies were observed (Fig. 5A). Flow cell identification of the superficial biomarkers of BMSCs showed that BMSCs were positive for CD73, CD90, and CD105, whereas hematopoietic and endothelial cells were negative for CD34, CD11b, CD19, CD45, and negative for HLA-DR, consistent with the cellular phenotype of MSCs [37] (Fig. 5B). The exosomes were observed as typical saucer-like vesicles using TEM (Fig. 5C). The average diameter of exosomes detected using nanoparticle tracking analysis was 119.6 nm (Fig. 5D). The protein expression of exosomal protein biomarkers (CD9, CD63, and TSG101) was higher than that of BMSCs, and the expression of calnexin protein was almost absent in exosomes (Fig. 5E). These results confirmed the successful isolation of BMSCs and extraction of exosomes. To confirm that the exosomes were taken up by HL-60 and MOLM13 cells, they were labeled with PKH-67 (green). Confocal fluorescence microscopy revealed that the labeled exosomes were effectively taken up (Fig. 5F).

**BMSCs-derived exosome miR-7-5p suppresses tumorigenicity of AML in vitro**

HL-60 and MOLM13 cells were co-cultivated with BMSC-derived exosomes transfected with miR-7-5p mimics or miR-7-5p inhibitors. qRT-PCR revealed that miR-7-5p expression was remarkably elevated in exosomes derived from miR-7-5p mimic-transfected BMSCs (Exo-miR-7-5p-mimics) compared with the exosomes derived from negative control mimic-transfected BMSCs (Exo-NC mimic), NC-inhibitor-transfected BMSCs (Exo-NC inhibitor), and exosomes derived from miR-7-5p-inhibitor-transfected BMSCs (Exo-miR-7-5p-inhibitor) delivering miR-7-5p (Fig. 6A). Furthermore, exosomes from miR-7-5p mimic-transfected BMSCs inhibited OSBPL11 expression in HL-60 and MOLM13 cells, while OSBPL11 expression was significantly elevated in exosomes from miR-7-5p inhibitor-transfected BMSCs (Fig. 6B). The OSBPL11 protein expression level identified via immunoblotting coincided with the qRT-PCR results (Fig. 6C). The outcomes of cell clone formation (Fig. 6D and Additional file 1: Fig. S4E)
Fig. 4 (See legend on previous page.)
and apoptosis (Fig. 6E) experiments showed that the Exo-miR-7-5p-mimics group remarkably suppressed the proliferative activity and promoted the apoptosis of HL-60 and MOLM13 cells compared with the Exo-NC mimics, Exo-NC inhibitor, and Exo-miR-7-5p inhibitor groups, respectively. However, these results also suggested that the suppression of miR-7-5p expression in the exosomes of BMSCs produced opposite effects on the biology of HL-60 and MOLM13 cells. Moreover, the analysis of the PI3k/AKT/mTOR signal pathway protein expression by western blotting showed that the Exo-miR-7-5p-mimics group displayed remarkably inhibited expression of PI3K, p-PI3k, p-AKT, mTOR, and p-mTOR proteins compared to the Exo-NC-mimic and Exo-NC-inhibitor, with no significant impact on the protein expression of AKT. These trends were found to reverse the Exo-miR-7-5p-inhibitor in HL-60 and MOLM13 cells, except that the protein expression of AKT remained unchanged (Fig. 6F).

**Anti-AML effect of Exo-miR-7-5p agomir in vivo**

An animal model of AML was established by tail vein injection of MOLM-13 cells. On day 10, bone marrow smear (Additional file 1: Fig. S5A), bone marrow H&E staining (Additional file 1: Fig. S5B), and bone marrow IHC (Additional file 1: Fig. S5C) analyses were completed. In addition, the expression levels of CD45+ and CD33+ in the peripheral blood, spleen, and bone marrow of the mice were analyzed using the flow cell technique (Additional file 1: Fig. S5D). These analyses revealed the successful establishment of the AML animal model. This outcome coincided with the outcomes of the model constructed by Jin et al. [38]. Exosomes were then isolated from BMSCs subjected to miR-7-5p agomir transfection (Exo-miR-7-5p agomir). The thickness of the exosomes was measured via BCA. Then, 100 μg of exosomes were harvested and delivered into the animals through caudal vein injection on day 11. The construction of the AML model and treatment process in the mice are shown in Fig. 7A. To confirm whether miR-7-5p was successfully delivered into the bone marrow tissue, Exo-NC-agomir and Exo-miR-7-5p agomir were labeled with PKH-26. Ex vivo imaging showed that these exosomes derived from BMSCs were more inclined to migrate to the bone marrow compared with the PBS group (Fig. 7B). As shown in Fig. 7C and Additional file 1: Fig. S4F, H&E staining showed that Exo-miR-7-5p agomir led to significantly more bone marrow necrosis in the AML mice than in the other two groups. Splenomegaly is a common pathological feature of animal leukemia models, and changes in spleen weight are indicators of the response to weight load. As shown in Fig. 7D, after the treatment, mice in the Exo-miR-7-5p agomir group had the smallest spleens, with a mean weight of 186.9 ± 31.72 mg, followed by the Exo-NC-agomir group with a mean spleen weight of 317.1 ± 25.74 mg. Mice receiving PBS displayed a mean spleen weight of 375.3 ± 68.3 mg. CD45 and CD33 were used as indicators of tumor load detection.

**Fig. 5** Isolation and characterization of exosomes from BMSCs. A Representative morphology of BMSCs. B Flow cytometry assay revealed that BMSCs were positive for mesenchyma lineage biomarkers (CD73, CD90 and CD105), negative for hematopoiesis and endothelium biomarkers (CD34, CD11b, CD19, CD45), and negative for HLA-DR. C TEM presented the morphological status of BMSCs-originated exosomes. Scale bar: 100 nm. D Nanoparticle tracing assay of the BMSCs-originated exosomes. E Immunoblotting assay of superficial biomarkers CD9, CD63 and Tsg101 expressing standardized to Calnexin in the BMSCs-originated exosomes. F Images of BMSCs-exosomes labeled with PKH-67 (green) taken up by MOLM13 and HL-60 were analyzed via CLSM. Scale bar: 20 μm.
Fig. 6 BMSCs-derived exosome miR-7-5p inhibits tumorigenicity of AML in vitro. A The identification of miR-7-5p expressing posterior to the transfection by qRT-PCR. B The identification of OSBPL11 mRNA expressing after transfection by qRT-PCR. C Exo-miR-7-5p mimics and Exo-miR-7-5p inhibitor were co-cultured with MOLM13 and HL-60 cells, respectively, and OSBPL11 protein expression after transfection was determined by Western blotting. D Representative images of colony formation of MOLM13 and HL-60 cells subjected to Exo-miR-7-5p mimics treatment or Exo-miR-7-5p inhibitor for 14 days, respectively. E Flow cytometry was employed to identify the programmed cell death of MOLM13 and HL-60 cells posterior to 24 h. Data are expressed as the average ± SD (n = 3). F Exo-miR-7-5p mimics or Exo-miR-7-5p inhibitor were co-cultured with MOLM13 and HL-60 cells for 24 h, protein expression of P38/AKT/mTOR signal path biomarkers were identified via immunoblotting. The quantitation data from immunoblotting analysis were analyzed via ImageJ program, which were expressed as average ± SD (n = 3). *p < 0.05 in contrast to the Exo-Nc-mimics, #p < 0.05 in contrast to the Exo-Nc-inhibitor.
in the IF analysis, revealed that the Exo-miR-7-5p ago-
mir significantly inhibited the intensity of CD45 (red) and CD33 (green) fluorescence (Fig. 7E and Additional file 1: Fig. S4G), indicating that the Exo-miR-7-5p agomir significantly decreased the cancer load of splenic leukemia in the animals. To verify that the Exo-miR-7-5p agomir induced apoptosis in leukemia cells in vivo, TUNEL staining was performed to confirm programmed cell death. As presented in Fig. 7F and Additional file 1: Fig. S4H, the yellow fluorescence intensity of the bone marrow tissues caused by the Exo-miR-7-5p agomir was remarkably higher than that of the Exo-NC-agomir and PBS groups, indicating a higher proportion of apoptotic cells in leukemia in vivo. The results further indicated that TUNEL identification of the bone marrow sample slices in vivo was consistent with the Exo-miR-7-5p mimics-induced leukemia cell in vitro, consistent with the apoptosis results. In addition, Ki-67 immune fluorescent staining was employed to identify cellular proliferative activity. As shown in Fig. 7G and Additional file 1: Fig. S4I, there were fewer Ki-67 positive cells (pink) in the Exo-miR-7-5p agomir group than in the Exo-NC-agomir and PBS groups. The findings indicated the strong suppressive role of Exo-miR-7-5p agomir in the proliferation of leukemia cells in vivo.

**Mechanistic validation of BMSCs-derived exosome miR-7-5p-agomir against AML in vivo**

Subsequently, we explored the molecule-level causal links of Exo-miR-7-5p-agomir regulation of AML proliferation and apoptosis in vivo. To this end, we measured the fluorescence intensity of OSBPL11 (red), p-PI3K (green), p-AKT (yellow), and p-mTOR (pink) in mouse bone marrow tissues by IF. We then verified whether the targeted suppressive role of Exo-miR-7-5p in OSBPL11 exerted anti-AML effects through the PI3K/AKT/mTOR pathway.
signaling pathway. As shown in Fig. 8A and Additional file 1: Fig. S4J, Exo-miR-7-5p-agomir remarkably reduced the red fluorescence intensity of OSBPL11 in the mouse bone marrow tissues in contrast to the PBS and Exo-NC-agomir groups, indicating that the in vivo expression of OSBPL11 was inhibited. Meanwhile, the weak fluorescence of p-PI3K (green fluorescence), p-AKT (yellow fluorescence), and p-mTOR (pink fluorescence) in mouse bone marrow tissues in the Exo-miR-7-5p-agomir group in contrast to the above two groups further indicated that the Exo-miR-7-5p-agomir was able to suppress the phosphorylation of the PI3K/AKT/mTOR signaling pathway in vivo (Fig. 8B and Additional file 1: Fig. S4K).

Discussion

BMSCs are used as important seed cells for tissue engineering because of their multipotency, immunomodulatory, and differentiative functions [39]. BMSCs regulate the bone marrow microenvironment of AML through the paracrine pathway, with exosomes being the main paracrine substances in BMSCs [40]. Exosomes are considered a novel intercellular signaling modality harboring miRNAs that can be transferred to recipient cells, which in turn regulate the expression of targeted genes in the cells [41]. The present study aimed to explain the function of exosome miR-7-5p in AML, focusing on the possible role of exosomes in delivering miR-7-5p from BMSCs to oncocyes. Our findings demonstrated transfection of miR-7-5p mimics into BMSCs. Extracted exosomal miR-7-5p inhibited the phosphorylation of PI3K/AKT/mTOR signaling pathway by targeting OSBPL11, thus curbing the development of AML (Fig. 9).

Initially, we demonstrated that miR-7-5p expression was reduced in AML cells and patients. Further analyses studies revealed a remarkable association between peripheral blood miR-7-5p levels and blasts in bone marrow, complete remission, and cytogenetics. More importantly, low peripheral blood expression of miR-7-5p was positively correlated with reduced OS. The above findings suggest its involvement in the progression of AML. Subsequently, the miR-7-5p gain-of-function assay identified its cancer-inhibitory effect on AML cells. It has been shown that miR-7-5p is pivotal for the inhibition of cancer progression and to suppress the proliferative, migratory, and invasive activities of a variety of oncocyes by targeting different genes [42]. In addition, miR-7-5p can increase the sensitivity of breast carcinoma cells to adriamycin after inhibiting the epidermal growth factor (EGF) receptor/PI3K signaling pathway [43], and can inhibit the proliferation and metastasis of osteosarcoma cells by targeting insulin-like growth factor 1 receptor [44]. Another study revealed that miR-7-5p inhibits the proliferation of T-cell acute lymphoblastic leukemia by targeting the oncogene T-cell acute leukemia protein 1 [45]. More essentially, the anticancer effects of miR-7-5p have been reported in other carcinomas. For example, it suppresses cellular proliferative activity and migration by targeting adherent spot kinase and Krüppel-like factor 4 in mammary cancer [46]. Furthermore, it promotes programmed cell death and suppresses the migratory and
invasive activities of stomach carcinoma cells by down-regulating EGF acceptor expression in stomach carcinoma cells [47].

We have performed pioneering studies that identified a new target gene of miR-7-5p, the OSBPL11 gene, which has also been confirmed as a carcinogen in AML. OSBPL11 is a member of the OSBP family, which comprises OSBP and OSBPL1–11 [48, 49]. OSBP is a family of tightly associated genetic sequences with two primary frameworks: a remarkably conserved C-terminal oxysterol domain, and an N-terminal PH domain. OSBP likely affects cell-related lipid metabolism, vesicle transportation, and cellular signaling [50]. Oxysterols can adjust inflammation and signal paths, or exert pro-cancer and pro-proliferation influences via OSBPs [51]. Long et al. [52] implicated genes including OSBPL11 and other upregulated genes as intrinsic genetic features that determine cervical carcinogenesis. At present, the regulatory mechanism of OSBPL11 in AML is unknown. The present bioinformatic analysis results indicate that OSBPL11 might be a target gene of miR-7-5p. OSBPL11 protein expression was decreased in HL-60 and MOLM13 cells transfected with miR-7-5p mimic, while miR-7-5p-inhibitor resulted in increased OSBPL11 protein expression. Hence, miR-7-5p might promote apoptosis in HL-60 and MOLM13 cells through the regulation of OSBPL11 expression. The outcomes of the dual-luciferase reporter assay showed that miR-7-5p was able to bind to the OSBPL11 3’-UTR ‘seed region,’ and inhibit the expression of OSBPL11. The results of reversion experiments further showed that the overexpression of OSBPL11 restored the pro-apoptotic and inhibitory proliferative effects of miR-7-5p on HL-60 and MOLM13 cells. The collective data reveal that OSBPL11 is a target gene of miR-7-5p, which promotes the apoptosis of HL-60 cells and MOLM13 by binding to the 3’-UTR of OSBPL11 mRNA.

In recent years, research has shown that the PI3K/AKT/mTOR signaling pathway is pivotal for the onset
and progression of a wide range of tumors, such as mammary carcinoma, pulmonary carcinoma, prostate carcinoma, and leukemia, and that this pathway is closely associated with biological behaviors that include cell survival, proliferation, and apoptosis [53, 54]. PI3K is a heterodimer activated by interaction with various receptors on the cell surface, such as growth factors and G protein-coupled receptors. The activation causes changes in its conformation [55]. Activated PI3K is stimulated by phosphorylation of the intracellular second messenger 4,5-diphosphoinositol and transfer of protein kinase B (AKT), the main effector protein downstream of its activation, from the cell membrane to the cytoplasm. These events prompt conformational changes and phosphorylation (p-AKT) [56]. Activated p-AKT participates in the modulation of biological behaviors that include promoting cellular proliferative activity, metastasis, and programmed cell death by initiating the downstream target gene mTOR [57]. The aberrant activation of PI3K/AKT/mTOR occurs in more than 50% of AML cases, as many as 88% of ALL cases, and in both CML and CLL [58]. In the present study, the expressions of PI3K, p-AKT, and mTOR proteins in the PI3K/AKT/mTOR signaling pathway were detected in HL-60 and MOLM13 cells over-expressing miR-7-5p via an immunoblotting assay. The results revealed that the expression of PI3K, p-AKT, and mTOR could be significantly inhibited. The results of the reversion assay further indicated that the overexpressed OSBPL11 could counteract the suppressive potency of miR-7-5p on PI3K, p-AKT, and mTOR. These collective findings suggest that miR-7-5p may affect AML cell proliferation and programmed cell death by targeting the inhibition of OSBPL11 through the PI3K/AKT/mTOR signaling pathway in HL-60 and MOLM13 cells.

Use of a co-culture system confirmed that the BMSC-derived exosome miR-7-5p was successfully delivered into HL-60 and MOLM13 cells, as well as the established AML animal model. This is consistent with the reports that the exosome, as a key mediator of intercellular communication [59], is a vector for functional miRNA delivery [60]. In addition, the delivery of miR-7-5p from BMSC-derived exosomes inhibited the proliferative activity and promoted the apoptosis of HL-60 and MOLM13 cells, as well as the inhibition of mouse AML development. Exosomes from BMSCs were shown to have an inhibitory effect [61]. In another study, exosomal miR-139-5p derived from BMSCs inhibited bladder carcinogenesis by targeting PRC1 [34]. Similarly, exosome-secreted miR-124-5p promoted apoptosis in AML by inhibiting the expression of BMSCs [40].

Conclusion
The collective data offers a new insight into the anti-tumor role of miR-7-5p, and further reveals that exosomal miR-7-5p secreted by BMSCs suppresses the proliferative activity and promotes the apoptosis of AML by targeting OSBPL11 to inhibit PI3K/AKT/mTOR signaling pathway phosphorylation. Regulating the expression of miR-7-5p in exosomes released from BMSCs might be a therapeutic regimen for AML pathogenesis. However, the efficacy and toxicity of exosomes used clinically requires more in vivo studies. Characterization of exosomes using multimodal techniques with radionuclide imaging (e.g., PET [62, 63]) may help to further characterize the stability and function of exosomes in vivo. The data will also inform studies of the clinical application of BMSC-derived exosomes in AML treatment.

Supplementary Information
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Authors’ contributions
Conceived and designed the experiments: QZ and AD. DJ, XW, XS and WT carried out the experiment. XD and YX contributed to analyze the experimental results. QZ wrote the manuscript. XW mapped the model for this study. All authors read and approved the final manuscript.

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Availability of data and materials
All data generated or analyzed during this study are included in this published article.

Declarations
Ethics approval and consent to participate
The authors obtained authorization to perform the tests on animal from the committee of Xiangya third Hospital of Central South University.
Consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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