A new quantum speed-meter interferometer: measuring speed to search for intermediate mass black holes

Stefan L. Danilishin\textsuperscript{1,2}, Eugene Knyazev\textsuperscript{3}, Nikita V. Voronchev\textsuperscript{3}, Farid Ya. Khalili\textsuperscript{3}, Christian Gräf\textsuperscript{2}, Sebastian Steinlechner\textsuperscript{4}, Jan-Simon Hennig\textsuperscript{2} and Stefan Hild\textsuperscript{2}

Abstract
The recent discovery of gravitational waves (GW) by Advanced LIGO (Laser Interferometric Gravitational-wave Observatory) has impressively launched the novel field of gravitational astronomy and allowed us to glimpse exciting objects about which we could previously only speculate. Further sensitivity improvements at the low-frequency end of the detection band of future GW observatories must rely on quantum non-demolition (QND) methods to suppress fundamental quantum fluctuations of the light fields used to readout the GW signal. Here we present a novel concept of how to turn a conventional Michelson interferometer into a QND speed-meter interferometer with coherently suppressed quantum back-action noise. We use two orthogonal polarizations of light and an optical circulator to couple them. We carry out a detailed analysis of how imperfections and optical loss influence the achievable sensitivity. We find that the proposed configuration significantly enhances the low-frequency sensitivity and increases the observable event rate of binary black-hole coalescences in the range of $10^2$ to $10^3 M_\odot$ by a factor of up to ~300.

Introduction
The recently reported breakthrough observation of gravitational waves emitted by coalescing binary black holes marked the starting point of the new field of gravitational-wave astronomy\textsuperscript{1}. The observations of Advanced LIGO (Laser Interferometric Gravitational-wave Observatory) produced evidence of a new population of black holes not consistent with our previous knowledge based on X-ray observations\textsuperscript{2}. Increasing the low-frequency sensitivity of current and future gravitational-wave observatories will not only allow us to improve the signal-to-noise ratio with which we can observe them but also allow us to extend our observation capability to even heavier binary black-hole systems. This will allow us to shed light on many important questions, such as: What is the precise astrophysical production route of binary black-hole systems of tens of solar masses? What is the nature of spin–orbit and spin–spin coupling in coalescing binary black holes? Are the no-hair theorem and the second law of black-hole mechanics valid?

To enhance the low-frequency sensitivity of future gravitational-wave detectors, a variety of noise sources must be addressed and improved, of which the most fundamental is so-called quantum noise, an inherent consequence of the quantum mechanics of the measurement process.

In the late 1960s, Braginski\textsuperscript{3} identified quantum fluctuations of the electromagnetic field as the main fundamental limitation to the sensitivity of electromagnetic weak force sensors. He showed that continuous monitoring of the test object position to infer an external weak force (e.g., GW) always leads to a quantum back-action of the meter on the probed object’s position, thereby setting the standard quantum limit (SQL) on the...
achievable precision of such a measurement. In interferometric sensors such as GW interferometers, light is used to monitor the distances between mirrors. Here, back-action noise originates from the quantum fluctuations of the light’s intensity, leading to random radiation-pressure forces acting on the mirrors. The corresponding additional displacement noise is most pronounced at low frequencies due to the mirrors’ dynamical response and stems from the fundamental quantum fluctuations of the light’s phase, setting the imprecision of the position monitoring.

The simplest conceptual realization of an optical speed meter is shown in Fig. 1. Here, a laser sends short light pulses to the suspended mirror. The pulses are reflected from the mirror twice with a time delay \( \tau \) between the reflections. After each reflection, the mirror’s displacement is written in the phase of the pulse; hence, after two reflections the pulse’s phase is shifted by \( \phi_{\text{pulse}} \approx \dot{x}(t+\tau) - \dot{x}(t) \sim \tau \nu \), where \( \nu \) is the mean velocity. Note that since the momentums transferred to the mirror by photons in the two reflections have opposite signs, and since there is no decoherence between the reflections, they compensate each other. Therefore, quantum back-action noise is suppressed by \( \sim \tau / T_{\text{signal}} \times \Omega_{\text{signal}} \tau \), where \( T_{\text{signal}} = 2\pi / \Omega_{\text{signal}} \) is the specific timescale of the signal force, e.g., the period of a GW.

This example illustrates the two key features that the measurement scheme should possess to realize a speed measurement: (i) the probe (light) must interact with the test object (mirror) twice, retaining coherence between the interactions (for coherent suppression of back-action noise), and (ii) the two terms in the interaction Hamiltonian that relate to the two consecutive measurements should have opposite signs.

The first implementation proposed for detection of gravitational waves was in ref. 7 (Fig. 2a), where a traditional Fabry–Pérot–Michelson interferometer was extended by an auxiliary “sloshing” optical cavity in the output port. This caused the GW signal to “slosh” back and forth between the two coupled effective cavities with alternating phase. Hence, after the second pass through the interferometer, the outgoing light would bear exactly the required combination of position signals, \( \propto \dot{x}(t+\tau) - \dot{x}(t) \sim \tau \nu \), yielding the speed measurement. This scheme was nicknamed a “sloshing speed meter”. It
has the distinctive feature that carrier and signal light beams do not share the same optical path throughout the interaction because the sloshing cavity is kept not pumped by a laser. This makes it very difficult to lock and control, and may also lead to signal loss from distortion in optical elements. A practical version of the sloshing speed-meter scheme was analyzed in great detail in refs.8, 9.

Another solution was proposed by Chen in ref.10, demonstrating that a Sagnac interferometer with zero area performs a speed measurement. Here, the double measurement of the mirror position is performed naturally by two counter-propagating light beams, which, after recombination on the beam splitter, produce the signal beam whose phase depends on the mean relative velocity of the end mirrors (see Fig. 2b and ref.6 for analysis).

Quantum back-action noise suppression in both schemes depends on the fact that the radiation pressure force component, which drives the differential displacement of the arm mirrors, \( x_{\text{ARM}} = x_N - x_E \), stems from the beat note of the carrier classical amplitude \( \Delta \propto \sqrt{P_i} \) (\( P_i \) is the laser power circulating in the arms) with vacuum fields, \( \hat{i} \), entering the readout port of the interferometer rather than with the laser fluctuations, \( F_{\text{fl}} = A \hat{i}(t) \propto A \hat{i}_c(t) \), with \( \hat{i}_c \) the amplitude quadrature of \( \hat{i} \). In sloshing speed meters, the subtraction of two back-action kicks is provided by the \( \pi \)-phase shift that the dark port field acquires after the reflection off the sloshing cavity; hence, \( F_{\text{fl}} = A \hat{i}_c(t) + e^{i\Delta}A \hat{i}_c(t + \tau_4) = A (\hat{i}_c(t) - i(t + \tau_4)) \), and \( \tau_4 \) is the characteristic time of optical energy sloshing between the coupled cavities of the sloshing speed-meter interferometer.

In a Sagnac interferometer, the required “minus” sign is provided by the phase difference of \( \pi \) between the reflected and transmitted beams at the beam splitter. The suppression of quantum back-action here originates from the opposite sign of the radiation pressure forces from the clockwise and counter clockwise propagating light beams, i.e., 

\[
\delta \phi_{\text{CW}} = X_N(t) + X_E(t + \tau) \\
\delta \phi_{\text{CCW}} = X_E(t) + X_N(t + \tau)
\]

The complexity of experimental implementation of these schemes led to the idea of using two orthogonal polarizations of light to separate the two beams sensing the mirrors in a Sagnac-type speed meter11, 12. This approach allows keeping the km-scale arm cavities of the original Michelson unchanged, but requires substantial modification to the input and output optics and the implementation of additional polarizing elements of large physical dimensions, which have not yet been used inside the core interferometers.

An alternative scheme, proposed in ref.13, makes use of the differential optical mode of the Michelson interferometer with the polarization orthogonal to that of the pumping laser as an effective sloshing cavity. The polarization separation of the signal light fields from the “sloshing” ones is achieved with six optical elements: two quarter wave plates (QWP), 2 mirrors, a polarization beam splitter (PBS) and an additional (omitted in ref.13) birefringent plate that flips the sign of the vertically polarized signal sidebands reflected from the “sloshing cavity”.

In this letter, we propose a new, even simpler scheme with only 3 extra elements in which the two orthogonal
polarization modes of the Michelson interferometer serve as two counter-propagating beams of a Sagnac-type interferometer. The scheme is shown in Fig. 3. The minimum of optical elements involved, as well as relaxed requirements on their position control, makes our speed meter the most robust to loss and imperfections and easiest to implement in the next generation of GW detectors, as we show below.

**Materials and methods**

**Polarization circulation interferometer as a speed meter**

The main interferometer is pumped by a strong $p$-polarized laser field $\mathbf{p}_p$ that can be represented as a linear combination of two circularly polarized fields (marked by $(l)$) for (counter)clockwise-polarization) with polarization basis vectors, $\mathbf{e}_j$ ($j = \{p, r, i\}$):

$$\mathbf{p}_p = \mathbf{p}_p \mathbf{e}_p + \mathbf{p}_r \mathbf{e}_r + \mathbf{p}_i \mathbf{e}_i,$$

$$|\mathbf{p}_p| = \sqrt{2}.$$  

Coherent coupling between the two polarizations is performed by the polarization circulator comprising the QWP, PBS and the closing highly reflective mirror. The PBS and QWP define the new circular polarization basis for the light modes of the interferometer. The PBS passes the $p$-polarized vacuum field, $\mathbf{i}_p$, that is transformed by the QWP into the $l$-polarized field $\mathbf{i}_l$. This field enters the Michelson interferometer from the dark port and interacts opto-mechanically with the $\mathbf{p}_p$ component of the pumping laser field $\mathbf{p}$ and the differential mechanical degree of freedom of the interferometer mirrors, $x_{\text{dARM}}(t) = x_p(t) - x_r(t)$. The outgoing $l$-polarized field $\mathbf{o}_l$, carrying information about the $x_{\text{dARM}}$ displacement, is transformed into the $s$-polarized field $\mathbf{o}_s$, which is reflected by the PBS toward the polarization circulation mirror (PCM). The latter reflects $\mathbf{o}_s$ back toward the PBS, where it arrives with an acquired phase shift $2\theta_0 = \pi$ and enters the main interferometer as $\mathbf{i}_r$, after being transformed by the QWP. Delayed by the arm cavity ring-down time $\tau$, it senses the $x_{\text{dARM}}(t + \tau) = x_p(t + \tau) - x_r(t + \tau)$ and couples with the $\mathbf{p}_r$ component of the pumping laser field $\mathbf{p}$.

The $r$-polarized output field $\mathbf{o}_r$, leaves the readout port of the interferometer, is transformed by the QWP into the $p$-polarized field $\mathbf{o}_p$, and is transmitted by the PBS toward the balanced homodyne detector (BHD). The readout photocurrent is then proportional to the differential speed of the change of the arms’ lengths:

$$I_{\text{BHD}} \propto x_{\text{dARM}}(t + \tau) - x_{\text{dARM}}(t) \approx \tau V_{\text{dARM}}(t)$$
Quantum-noise-limited sensitivity

To give a more quantitative account of the quantum noise behavior of the proposed scheme, we use the two-photon formalism of quantum optics. In this formalism, the electric field strain of the plane electromagnetic wave of the laser beam with frequency $\omega_p$, cross-section area $A$ and power $P_{in}$ can be written as:

\[ E(t) = E_0 \left[ (A + \hat{a}_c(t))\cos \omega_p t + \hat{a}_s(t)\sin \omega_p t \right], \]

where $E_0 = \sqrt{4\pi \hbar \omega_p / (A\Omega)}$ is the second quantization normalizing constant, $A = \sqrt{2P_{in}/(\hbar\omega_p)}$ is the carrier dimensionless amplitude, and $\hat{a}_c(t)$ are the cosine (“c”) and sine (“s”) quadrature amplitudes of the quantum fluctuations with zero mean.

Here, variations from the mean value of two conjugate quadratures of the light field are given by a 2D vector $i = [i_c, i_s]^T$ of the amplitude and the phase quadrature operators, respectively. Analysis of quantum noise of any interferometer starts from deriving the relations between the input and output light quadrature amplitudes, or I/O-relations for sideband fields at an offset frequency $\Omega = \omega - \omega_p$. For a lossless interferometer tuned in resonance, so that the GW signal appears only in the phase quadrature, the general shape of the I/O-relation is very simple:

\[
\begin{align*}
\hat{o}_{p,c}(\Omega) &= e^{i\beta}\hat{i}_{p,c}(\Omega), \\
\hat{o}_{p,s}(\Omega) &= e^{i\beta} [\hat{i}_{p,s}(\Omega) - \tilde{K}_{p,c}(\Omega)] + e^{i\beta} \sqrt{2K^{\hat{h}(\Omega)}_{SQL}}
\end{align*}
\]

where $\tilde{K}(\Omega)$ is an optomechanical coupling factor describing the interaction of the mechanical degrees of freedom of the interferometer with light, $\beta(\Omega)$ is the frequency-dependent phase shift acquired by sideband fields as they pass through the interferometer, and $h_{SQL} = \sqrt{\hbar/4M\omega_p}$ stands for the GW strain standard quantum limit for the effective mechanical mode of the interferometer with reduced mass $M$ and arm length $L$. The second term in the brackets in Eq. (1) originates from the radiation pressure force driven by amplitude fluctuations. The last term in (1) describes the response of the interferometer to the GW signal with strain $h(\Omega) = 2\chi_{dARM}(\Omega)/L$.

One can then derive the quantum noise power spectral density (PSD) from the above I/O-relations in the following form:

\[
S^h(\Omega) = \frac{h^2_{SQL}}{2} \left\{ 1 + \left[ \frac{K(\Omega) - \cot \phi_{LO}}{K(\Omega)} \right]^2 \right\}
\]

where we assumed the homodyne readout of arbitrary quadrature defined by the local oscillator phase $\phi_{LO}$.

The formulae for $K$ and $\beta$ for any tuned interferometer configuration can be derived easily, as we show below. For a Michelson interferometer with total circulating power in each arm $P_c$, laser frequency $\omega_p = 2\pi c/\lambda_p$, and effective half-bandwidth $\gamma$, it is $K_{MI} = \frac{2\gamma y}{1 + \frac{2\gamma y}{\Delta f}}$ with $\Theta \equiv \frac{8\omega_p P_c}{\Delta f}$, and frequency-dependent sideband phase shift $\beta_{MI} = \arctan \frac{\Theta}{\gamma}$. As shown in the Methods section, the same expression for the polarization circulation interferometer in the speed-meter regime is:

\[
K_{PCSM} = 2K_{MI} \sin^2 \beta_{MI} = \frac{4\gamma \Theta y}{(y^2 + \Omega^2)^2}
\]

In the more general case of a detuned interferometer, the I/O-relations can be written in matrix notation as follows:

\[
\mathbf{o} = \mathbf{T} + \mathbf{t}^H h_{SQL}, \quad \mathbf{T} = \begin{bmatrix} T_{cc} & T_{cs} \\ T_{sc} & T_{ss} \end{bmatrix}, \quad \mathbf{t} = \begin{bmatrix} t_c \\ t_s \end{bmatrix}
\]

where $\mathbf{i} = [i_c(\Omega), i_s(\Omega)]^T$ and $\mathbf{o} = [\hat{o}_c(\Omega), \hat{o}_s(\Omega)]^T$ are the two-dimensional (2D) vectors of the input and the output light quadratures, respectively, $\mathbf{T}(\Omega)$ is a 2x2-matrix of the corresponding optical transfer matrices for the light fields, and $\mathbf{t}(\Omega)$ is a 2D vector of optomechanical response functions that characterizes how a GW with strain amplitude spectrum $h(\Omega)$ shows itself in the output quadratures of the light leaving the interferometer.

The readout photocurrent of the balanced homodyne detector is proportional to the quadrature of the outgoing light defined by the local oscillator phase angle $\phi_{LO}$. Thus we can define the readout quadrature proportional to $\hat{I}_{BHD}(\phi_{LO})$ as:

\[
\tilde{o}_{\phi_{LO}} \equiv \hat{o}_c \cos \phi_{LO} + \hat{o}_s \sin \phi_{LO} = H_{\phi_{LO}}^T \mathbf{b}
\]

with $H_{\phi_{LO}} = \{ \cos \phi_{LO}, \sin \phi_{LO} \}_{\phi_{LO}}^T$, and the spectral density of quantum noise at the output port of the interferometer can be obtained using the following simple rule:

\[
S^h(\Omega) = h^2_{SQL} \left[ \mathbf{H}_{\phi_{LO}}^T \mathbf{T} : \mathbb{S}^{in}_{\phi_{LO}} \mathbf{T} : \mathbf{H}_{\phi_{LO}} \right] \frac{\left| \mathbf{H}_{\phi_{LO}} \right|^2 \left| \mathbf{t}_{\phi_{LO}} \right|^2}{\left| \mathbf{t}_{\phi_{LO}} \right|^2}
\]

where $\mathbb{S}^{in}$ is the spectral density matrix of injected light and its components and can be defined as:

\[
2\pi \delta(\Omega - \Omega') \mathbb{S}^{in}_{\phi_{LO}}(\Omega) \equiv \frac{1}{4} \left( \left| \langle \hat{a}_\mu(\Omega)\hat{a}_\nu(\Omega') \rangle \right|^2 + \left| \langle \hat{a}_\nu(\Omega')\hat{a}_\mu(\Omega) \rangle \rangle \right|^2 \right)
\]

where $\langle \hat{a}_\phi \rangle$ is the quantum state of vacuum injected in the dark port of the interferometer and $\{c,s\}$ (see section 3.3 in ref. for more details). In the present article, we address single-sided spectral densities $S$ and hence in the case of the input vacuum state:

\[
|\mathbb{S}^{in}_{\phi}| = |\langle \text{vac} \rangle| \quad \Rightarrow \quad \mathbb{S}^{in}_{\phi} = 1
\]
Derivation of I/O-relations of the polarization circulation speed meter

The I/O-relations for our scheme can be obtained using the Michelson interferometer I/O-relations for each of the ±45°-polarization modes. One just needs to keep in mind that both polarizations contribute to the common back-action force. The corresponding transfer matrix $T_{MI}$ and response vector $t_{MI}$ read:

$$T_{MI} = e^{2i\beta_{sag}} \begin{bmatrix} 0 & 1 \\ -K_{MI} & 1 \end{bmatrix}, \quad t_{MI} = e^{i\theta_{a}} \sqrt{2K_{MI}} \begin{bmatrix} 0 \\ 1 \end{bmatrix}$$

In the proposed scheme, each polarization mode, $p_{r}$ and $p_{l}$, has half of the total circulating power provided by the pump laser. Therefore, each mode has only half of the full Michelson power and thus $K_{r,l} \to K_{MI}/2$. Having this in mind, one can write down the I/O-relations for the two polarization modes and for the link between them provided by the PMC unit as:

$$\begin{align*}
\mathbf{\hat{o}}_{r} &= \mathbf{T}_{MI}^{r} \hat{\mathbf{i}}_{r} + \mathbf{T}_{MI}^{b} \hat{\mathbf{i}}_{l} + \mathbf{t}_{r} \mathbf{h}_{basg}, \\
\mathbf{\hat{o}}_{l} &= \mathbf{T}_{MI}^{b} \hat{\mathbf{i}}_{r} + \mathbf{T}_{MI}^{b} \hat{\mathbf{i}}_{l} + \mathbf{t}_{l} \mathbf{h}_{basg}, \\
\mathbf{\hat{i}}_{r} &= \mathbf{p}_{\phi_{r}} \mathbf{\hat{o}}_{r}
\end{align*}$$

where $\mathbf{p}_{\phi_{r}} = \begin{bmatrix} \cos \phi_{0} & -\sin \phi_{0} \\ \sin \phi_{0} & \cos \phi_{0} \end{bmatrix}$ is the matrix for 2D rotation by angle $\phi_{0}$ that describes the phase shift the carrier light acquires as it propagates from the QWP toward the PCM, and $\mathbf{T}_{MI}^{b,a} = e^{2i\beta} \begin{bmatrix} 0 & 1 \\ -K/2 & 0 \end{bmatrix}$ is the back-action-only transfer matrix of the arm that accounts for the back-action effect on the corresponding polarization mode created by the orthogonal-mode radiation pressure.

Solving these equations for $\mathbf{\hat{o}}_{r}$, one obtains for the new transfer matrix $T[\phi_{0}]$ and response function $t[\phi_{0}]$:

$$\begin{align*}
T[\phi_{0}] &= \mathbf{T}_{MI}^{b,a} \cdot \mathbf{p}_{\phi_{0}} \cdot \left[ \mathbf{1} - \mathbf{T}_{MI}^{b,a} \cdot \mathbf{p}_{\phi_{0}} \right]^{-1} \cdot \mathbf{T}_{MI}^{r}, \\
t[\phi_{0}] &= \mathbf{t}_{r} + \mathbf{T}_{MI}^{b,a} \cdot \mathbf{p}_{\phi_{0}} \cdot \left[ \mathbf{1} - \mathbf{T}_{MI}^{b,a} \cdot \mathbf{p}_{\phi_{0}} \right]^{-1} \cdot \mathbf{t}_{l}
\end{align*}$$

(4)

The speed-meter regime of this interferometer is achieved when $2\phi_{0} = n\pi$ for all integer $n$. In this case, one has:

$$\begin{align*}
\mathbf{T} &= -e^{i\beta} \begin{bmatrix} 1 & 0 \\ -2K\sin^{2}\beta & 1 \end{bmatrix} = e^{2i\beta_{sag}} \begin{bmatrix} 1 & 0 \\ -K_{sag}/2 & 1 \end{bmatrix}, \\
\mathbf{t} &= e^{2i\beta} \begin{bmatrix} 0 \\ -2i\sin\beta \end{bmatrix} = e^{i\theta_{a}} \sqrt{K_{sag}} \begin{bmatrix} 0 \\ 1 \end{bmatrix}
\end{align*}$$

(5)

(6)

where $K_{sag} = 4K\sin^{2}\beta$ is the Sagnac speed-meter OM coupling factor and $\beta_{sag} = 2\beta + \pi/2$ is the corresponding phase shift for sidebands traveling through the Sagnac interferometer. Therefore, we have shown that our scheme is equivalent to the Sagnac speed-meter interferometer with one-half the laser input power. There is no surprise in that.

And finally, substituting (5) and (6) into Eq. (3), one obtains the final expression for the PCSM quantum noise power spectral density in the form (2).

Arbitrary values of $\phi_{0}$ yield far more cumbersome formulas for $\mathbf{T}$ and $\mathbf{t}$ that one can obtain straightforwardly from Eqs. (4). However, the simple case of a small variation of $\phi_{0}$ from $\pi/2$ is of special interest for the analysis of the influence of imperfections. Let assume $\phi_{0} = \pi/2 + \epsilon$, where $\epsilon = 2\pi\Delta L_{PC} / \lambda_{p} \ll 1$; then one finds to first order in $\epsilon$:

$$\begin{align*}
\mathbf{T} &= -\frac{e^{i\beta}}{1 + 2e^{i\beta} eK} \begin{bmatrix} 1 + K\epsilon & -2\epsilon \\ -2(K\sin^{2}\beta - \epsilon) & 1 + K\epsilon \end{bmatrix}, \\
\mathbf{t} &= \frac{2\epsilon e^{i\beta} \sqrt{K}}{1 + 2e^{i\beta} eK} \begin{bmatrix} e^{i\beta} \\ -i\sin\beta \end{bmatrix}
\end{align*}$$

For phase quadrature readout, this yields the following simple expression for the QNLS PSD:

$$S_{e}^{h} = \frac{\hbar_{\text{SQL}}^{2}}{2} \begin{bmatrix} 2 & K_{\text{sag}} \\\ K_{\text{sag}} & K_{\text{sag}} \end{bmatrix} + \frac{2e(K - K_{\text{sag}})}{K_{\text{sag}}}$$

(7)

where the last term in the brackets dominates at low frequencies, being $\propto 1/\Omega^{2}$, as we discussed above.

Results and discussion

The behavior of $K$ as function of frequency reflects the strength of interaction of light with the mirrors of the interferometer at this particular sideband frequency $\Omega$. This includes both the strength of back-action and the level of response one can expect from the particular scheme at a given signal frequency, as reflected by two terms that contain $K$. The inset of Fig. 4 shows clearly the differences between the Michelson and the PC speed meter in this regard. The sharp rise ($\propto \Omega^{-2}$) of $K_{MI}$ (gray trace) at low frequencies within the interferometer bandwidth, $\Omega < y$, is responsible for poorer quantum noise performance of the Michelson interferometer compared to the PC speed meter, which is characterized by flat behavior of $K_{\text{PCSM}}$ in that frequency region. This trend is responsible for the much-improved speed-meter quantum noise at low frequencies. Moreover, as $K_{\text{PCSM}}(\Omega \to 0) = \text{const}$, one can improve low-frequency sensitivity of the speed meter even more by choosing to measure the optimal quadrature by tuning the homodyne angle to $\phi_{LO} = \arccot K_{\text{PCSM}}(\Omega \to 0)$, as shown by the red dashed trace in Fig. 4.

In the simple special case of $\phi_{LO} = \pi/2$, the QNLS PSD is $S_{e}^{h}(\Omega) = \hbar_{\text{SQL}}^{2} \left( K + K^{-1} \right)/2$, and one can clearly see
that $\mathcal{K}(\Omega_p) = 1$ is the condition of reaching the SQL. It defines the frequency $\Omega_p$ where the QNLS curve touches the SQL, and therefore back-action and shot noise have equal contributions to the QNLS. For the Michelson interferometer, there is always a real solution to this condition, whereas for the speed meter, there is a threshold value of the ratio $C_2^\perp \geq 1/4$ that sets the limit on the required circulating power for a given interferometer bandwidth and vice versa. For a given half-bandwidth $\gamma$, the circulating power required for the PC speed meter to reach the SQL is $P_c \geq M\gamma^3/(16\omega_p)$.

**Loss and imperfection analysis**

To estimate the astrophysical potential of the proposed scheme fairly, we must assess the influences of the main sources of loss and imperfections of a real interferometer. In Fig. 5, we show the relative contributions (normalized by the QNLS of the equivalent lossless Michelson interferometer) that losses and imperfections make to a realistic QNLS.

The leading source of loss for the proposed scheme is photon absorption and loss in the polarization components, i.e., absorption in the QWP (assumed single-pass photon loss of $\epsilon_{\text{QWP}} = 1\%$) and loss due to imperfect polarization separation in the PBS (assumed extinction ratio for transmitted $s$-polarized and reflected $p$-polarized light of $\eta_s = \eta_p = 1\%$). One observes that both mechanisms contribute equally to the QNLS as expected because the input fields, $\hat{a}_s$, pass both elements the same number of times (4) before being readout at the output as $\hat{a}_s$. We also consider loss in the arm cavities, $\epsilon_{\text{arm}} = 30$ ppm as a realistic projection for the next generation GW interferometers. The arm loss influence at low frequencies, as shown by Kimble et al.17, amounts to additional incoherent back-action noise created by loss-associated vacuum fields.

Finally, we analyze how robust the scheme is to the small deviations, $\Delta L_{\text{PC}} \ll \lambda_p$, of the optical path length between the QWP and the PCM, defining $\phi_0$. Departure of $\phi_0$ from $\pi/2$ results in a partial leakage of the back-action term \( \propto K_{\text{MIC}}\Delta L_{\text{PC}}/\lambda_p \propto 1/\Omega^4 \) that leads, in conjunction with speed-meter-like response ($\propto \Omega$), to a steep increase of noise at low frequencies, $\sqrt{S^2} \propto 1/\Omega^3$. This explains the downward bending of the corresponding yellow dash-dotted curve in Fig. 5 (see Eq. (7) in Materials and Methods).

To conclude this analysis, we make some remarks on balanced homodyne readout in the real scheme and the influence of laser noise and LO optical path stability on the performance of our scheme. As shown by Fritschel et al.14, a choice of the LO that co-propagates with the signal sidebands (e.g., pick-off at the anti-reflective coating of the main BS) solves the problems of spatial-mode mismatch and relative-phase fluctuations between the LO and the signal. Given that no modifications to the main Michelson interferometer are necessary in our scheme,
the same choice of the LO is possible here with all its advantages. Steinlechner et al.\textsuperscript{15} showed that the effects of a DC component of the signal and path-length stability requirements for auxiliary optics that are not in the shared path can be kept at bay with the relatively modest control level of $10^{-15}$ m/Hz$^{1/2}$ for Advanced LIGO interferometers, and therefore for our scheme as well. Finally, our scheme is not susceptible to the laser intensity noise coupling in the asymmetric Sagnac speed meters identified by Danilishin et al.\textsuperscript{19} for the obvious reason that a Michelson (main) interferometer such as we use here is not susceptible to BS asymmetry.

Astrophysics results and prospects

A quantitative comparison of the QNLS of our proposed speed-meter scheme and the QNLS of an equivalent Michelson interferometer is shown in Fig. 6. (We assumed for our analysis that due to the application of enhanced techniques, all other noise sources, such as Newtonian noise\textsuperscript{20}, seismic noise\textsuperscript{21}, and suspension thermal noise\textsuperscript{22}, are pushed below the level of the QNLS). For this we considered the realistic speed meter, including the optical losses shown in Fig. 5, and calculated the corresponding inspiral range (integrated for frequencies between 1 Hz and the last stable orbit), i.e., the distance up to which we can observe the BH coalescence before its signal-to-noise ratio decreases below 8. Then, we compared the speed-meter inspiral range to the inspiral range of an equivalent Michelson interferometer and derived the plotted improvement factor in terms of event rate, assuming a homogeneous source distribution throughout the Universe. We found, for example, that for initial black-hole masses similar to GW150914\textsuperscript{4}, the speed meter would improve the event rate by a factor of $\sim$27. The largest improvement factors, however, occur for initial black holes in the range between 100 and 1000 solar masses, achieving improvement factors larger than 100; this would allow investigating the potential existence of any intermediate-mass BH population in this, so far unobserved, mass range. Note also that although we have showcased the enabling capacity of our concept for IMBH searches, an improvement in low-frequency sensitivity inherently provides similar advantages for other GW observations, such as increasing the SNR, and for detecting BNS with better sky localization and longer warning times before their moments of merger.

Conclusions

In this article, we suggested a new configuration for realizing a quantum speed meter in laser-interferometric GW observatories. The key advantage of our configuration compared to other speed meter implementations is that no additional optical components need to be implemented inside the main instrument. The few additional components required to convert a standard advanced GW detector into our polarization circulation speed meter can be placed in the output port of the interferometer (i.e., behind the signal-extraction cavity). Our analysis shows that compared with a standard Fabry–Perot–Michelson interferometer, our speed-meter configuration provides significantly improved sensitivity at low frequencies. Further, a detailed investigation was conducted to identify
the influence of imperfections on the sensitivity. We found that the most critical factor is the optical loss of the quarter wave plate and PBS. Using realistic values for imperfections and loss, we found that the speed-meter QNLS sensitivity yielded an improvement factor of larger than 100 in the event rate for binary black-hole mergers in the range from $10^2$ to $10^3 M_\odot$. Future analyses will focus on further sensitivity improvements from additional complementary quantum noise reduction techniques, such as the injection of squeezed light states.

Acknowledgements
This work would not have been possible without the support of and insightful conversations with our colleagues from the Interferometry group of the Institute for Gravitational Research of the University of Glasgow. The authors are very grateful as well to our colleagues from the LIGO-Virgo Scientific Collaboration (LVC) for illuminating discussions and invaluable feedback on the research presented in this paper. S.H., S.L.D., C.G., J.-S.H., and S.S. were supported by the European Research Council (ERC-2012-StG-307245). S.L.D. was supported by the Lower Saxonian Ministry of Science and Culture within the frame of “Research Line” (Forschungslinie) QUANOMET – Quantum- and Nano-Metrology. S.L.D. and S.H. were supported by the Royal Society International Exchanges Scheme Grant IE160125. The work of E.K. and F.Y.K. was supported by the European Commission Horizon 2020 Marie-Sklodowska-Curie IF Actions, grant agreement 658366.

Author details
1Institut für Theoretische Physik, Leibniz Universität Hannover and Max-Planck-Institut für Gravitationsphysik (Albert-Einstein-Institut), Callinstraße 38, D-30167 Hannover, Germany. 2SUPA, School of Physics and Astronomy, University of Glasgow, Glasgow G12 8QQ, United Kingdom. 3M.V. Lomonosov Moscow State University, Faculty of Physics, Moscow 119991, Russia. 4Institut für Laserphysik und Zentrum für Optische Quantentechnologien der Universität Hamburg, Luruper Chaussee 149, 22761 Hamburg, Germany

Authors’ contributions
N.V.V., F.Ya.K and S.L.D. conceived the polarization circulation speed-meter concept. S.L.D. and E.K. conducted the theoretical calculations and numerical modeling of the quantum noise performance with contributions from all other authors. S.S., C.G., S.H., and J.H. analyzed the experimental feasibility of the assumed imperfections of optical components. S.L.D. and S.H. performed the astrophysical benchmarking and wrote the manuscript with contributions of all of the authors.

Conflict of interest
The authors declare that they have no conflict of interest.

References
1. Abbott, B. P. et al. Observation of gravitational waves from a binary black hole merger. Phys. Rev. Lett. 116, 061102 (2016).
2. Abbott, B. P. et al. Binary black hole mergers in the first advanced LIGO observing run. Phys. Rev. D 6, 041015 (2016).
3. Braginskii, V. B. Classical and quantum restrictions on the detection of weak disturbances of a macroscopic oscillator. Sov. Phys. JETP 26, 831 (1968).
4. Braginsky, V. B. & Khalli, F. J. Gravitational wave antenna with QND speed meter. Phys. Lett. A 147, 251–256 (1990).
5. Danilishin, S. L. & Khalli, F. Y. Quantum measurement theory in gravitational-wave detectors. Living Rev. Relativ. 15, 5 (2012).
6. Danilishin, S. L. Sensitivity limitations in optical speed meter topology of gravitational-wave antennas. Phys. Rev. D 69, 102003 (2004).
7. Braginsky, V. B., Gorodetsky, M. L., Khalli, F. Y. & Thorne, K. S. Dual-resonator speed meter for a free test mass. Phys. Rev. D 61, 044002 (2000).
8. Purdue, P. Analysis of a quantum nondemolition speed-meter interferometer. Phys. Rev. D 66, 022001 (2002).
9. Purdue, P. & Chen, Y. B. Practical speed meter designs for quantum nondemolition gravitational-wave interferometers. Phys. Rev. D 67, 122004 (2003).
10. Danilishin, S. L. Quantum speed meter in laser gravitational antennas. Opt. Spectrosc. 96, 727–733 (2004).
11. Wang, M. Y. et al. Realistic polarizing Sagnac topology with DC readout for the Einstein Telescope. Phys. Rev. D 87, 069908 (2013).
12. Wade, A. R. et al. Polarization speed meter for gravitational-wave detection. Phys. Rev. D 86, 062001 (2012).
13. Fritschel, P., Evans, M. & Fiolk, V. Balanced homodyne readout for quantum limited gravitational wave detectors. Opt. Express 22, 4224–4234 (2014).
14. Steinlechner, S. et al. Local-oscillator noise coupling in balanced homodyne readout for advanced gravitational wave detectors. Phys. Rev. D 92, 072009 (2015).
15. Caves, C. M. & Schumaker, B. L. New formalism for two-photon quantum optics. I. Quadrature phases and squeezed states. Phys. Rev. A 31, 3068–3092 (1985).
16. Kimble, H. J., Levin, Y., Matsko, A. B., Thorne, K. S. & Vyatchanin, S. P. Conversion of conventional gravitational-wave interferometers into quantum nondemolition interferometers by modifying their input and/or output optics. Phys. Rev. D 65, 022002 (2002).
17. Chen, Y. B. Macroscopic quantum mechanics: theory and experimental concepts of optomechanics. J. Phys. B At. Mol. Opt. Phys. 46, 104001 (2013).
18. Danilishin, S. L. et al. Quantum noise of non-ideal Sagnac speed meter interferometer with asymmetries. New. J. Phys. 17, 043031 (2015).
19. Saulson, P. R. Terrestrial gravitational noise on a gravitational wave antenna. Phys. Rev. D 30, 732–736 (1984).
20. Matchard, F. et al. Seismic isolation of Advanced LIGO: review of strategy, instrumentation and performance. Class. Quantum Grav. 32, 185003 (2015).
21. Cummings, A. V. et al. Design and development of the advanced LIGO monolithic fused silica suspension. Class. Quantum Grav. 29, 035003 (2012).