A strategy for soft-tissue reconstruction is the direct introduction of tissue (grafts or flaps) extracted from local (rotational flaps) or distant (free flaps) sites. The use of flaps (often referred to as microsurgical free tissue transfer) is common in the area of plastic surgery for a wide variety of ailments including the repair of extremity trauma defects, burned tissue, or restoration of cancer extirpative defects. The importance of an early perfusion for the survival of flaps has been clearly demonstrated. A delay in anastomosis and/or decreased vascularity is associated with a decrease in flap survival, whereas improving vascularity improves flap viability. Therefore, strategies that have proven to be particularly effective means for improving flap viability are those that increase tissue perfusion and promote a regenerative environment.

Microvascular fragments (MVFs) consist of a heterogeneous mixture of arterioles, capillaries, and venules that have previously been suspended in a 3-dimensional collagen matrix where they spontaneously form developed vascular networks. Their potential for improving tissue perfusion is well recognized because they are a rich source of mesenchymal stem cells (MSCs) and have the ability to rapidly develop into blood-perfused networks. Their ability to promote tissue perfusion in vivo without the addition of additional growth factors has been well documented. MVFs have been used as a means to (1) improve tissue perfusion after myocardial infarction, 2) improve vascularity and tissue perfusion for the treatment of large muscle defects, and 3)...

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aid in islet implant survival,10 and (4) provide an implant that retains its native structure when implanted into a dorsal skinfold chamber in mice.11 The findings that they inoculate within a day when implanted subcutaneously in collagen12 and that they are capable of extensive remodeling in vivo over time3,12 make them particularly suited for improving flap survival. We hypothesized that application of MVFs into the flap would serve as a means for rapid improvements in tissue perfusion and thereby improve flap survival.

**MATERIALS AND METHODS**

This study has been conducted in compliance with the Animal Welfare Act and the Implementing Animal Welfare Regulations and in accordance with the principles of the Guide for the Care and Use of Laboratory Animals and was conducted in the animal facility at the US Army Institute of Surgical Research. Rats were housed individually in a temperature-controlled environment with a 12-hour light/dark cycle.

**MVF Isolation**

MVFs were isolated from the epididymal fat pads of wild-type male Lewis rats (350+g), using procedures similar to those previously described.7 Briefly, adipose tissue from the epididymal fat pads of rats was subjected to a limited collagenase (Worthington Biochemical Corporation; Lakewood, N.J.) digestion (~8 min) at 37°C with agitation and centrifugation (400g × 4min), resulting in a floating layer of adipocytes and a pellet containing a heterogeneous mixture of cells and MVFs (Figs. 1A, B). The pellet was resuspended in phosphate-buffered saline (PBS) containing 0.1% bovine serum albumin (Sigma; St. Louis, Mo.) and filtered through 500 μm and 30 μm filters to remove large debris and minimize cell contamination, respectively (Fig. 1C). MVFs (Fig. 1D) were then counted, centrifuged, and resuspended in PBS at a concentration of 75 to 100,000/ml, and up to 100 μl was injected into 10 evenly dispersed sites in the dorsal half underneath the flap (Fig. 1E).

**Dorsal Skin Flap Model**

A total of 16 adult male Lewis rats (4–5 mo, ~350g; Harlan Laboratories; Indianapolis, Ind.) were randomly divided into 2 groups, control or MVF treated. Buprenorphine SR LAB (1.0–1.2 mg/kg, ZooPharm; Windsor, Colo.) was subcutaneously administered as analgesia once preoperatively. Anesthesia was maintained at a vaporizer setting of 0.5% to 3% isoflurane delivered with a nose cone on a Bain circuit hooked to the rodent gas anesthesia machine (VetEquip, Inc.; Pleasanton, Calif.). The back was aseptically prepared by clipping the hair and sterilizing with betadine and 70% alcohol. In a manner similar to the method of McFarlane et al,13 the caudally based dorsal skin flap (10 × 3 cm), including intimately attached panniculus carnosus, was raised in a cranial to caudal fashion from the wound bed, and all perforator vessels were cauterized. The caudal side remained intact to

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**Fig. 1.** Schematic depicting the MVF isolation procedure and injection into the dorsal skin flap. A and B, Adipose tissue was harvested, minced, digested with collagenase, centrifuged (400g × 4 min), and (C) filtered through 500 μm and 30 μm filters to (D) isolate a heterogeneous mixture of MVFs. Black scale bar represents 100 μm. E, View of dorsal side of the rat with a diagram of the 10 × 3 cm skin flap. Dashed lines indicate edges that were cut and flap was raised (blue arrow) in a cranial to caudal fashion with the caudal side remaining intact. Injections were performed by injecting MVFs in 10 evenly dispersed sites in the distal half. Control animals underwent the identical surgery with sterile PBS injected alone as a control. F, Diagram of the 3 regions (distal, middle, and proximal) into which the flap was separated for perfusion and microvessel density measurements.
provide blood flow to the flap. Each rat of the control group (n = 8) was injected with a total of 1 ml of PBS. MVFs were isolated from donor adipose tissue as described above, and up to 100,000 fragments resuspended in 1 ml of PBS were injected into each rat of the experimental group (n = 8). In all rats, the 1 ml volume was injected into the bottom side of the flap with a 22-gauge needle with up to 100 μl injected into 10 evenly dispersed sites underneath the flap (Fig. 1E). After hemostasis was established, the flap was returned to its wound bed and closed with running subcuticular sutures using 3/0 polydioxanone (Ethicon; Somerville, N.J.). On the 14th postoperative day, digital images of the flap were taken to measure flap survival. The rats were then euthanized with an intraperitoneal injection of pentobarbital sodium. The flaps were then harvested for later immunohistochemical analysis.

Measurement of Flap Survival

Images were acquired via digital camera (Canon; New York, N.Y.) on day 7 and after euthanasia on day 14. The survival of the flaps was assessed based on color and necrotic regions by 3 blinded reviewers. The flap survival area was calculated using image analysis software (ImageJ, NIH; Bethesda, Md.) and expressed as a percentage. Flap survival = Area of Viable Tissue/Total Area of Flap × 100.

In Vivo Perfusion Measurement by Laser Doppler

Animals were anesthetized, and cutaneous flap perfusion was determined using an Oxylab LDF microvascular perfusion monitor (Oxford Optronix; Abingdon, United Kingdom). The flap was divided into thirds for perfusion measurements: distal (farthest from caudal base), middle, and proximal (closest to caudal base, Fig. 1F). Blood perfusion units were measured from 3 different points of all 3 zones (distal, middle, and proximal) along the center of the flap and were recorded for all rats before surgery, immediately after surgery, and then 7 and 14 days postoperatively.

Microvessel Density Analysis

After the rats were euthanized, the dorsal skin flap was excised and divided into 3 parts (distal, middle, and proximal, Fig. 1F) for tissue processing. Tissues were fixed in 4% paraformaldehyde for up to 2 hours and cryoprotected by immersion in increasing concentrations of sucrose (10%, 12.5%, and 15%; Sigma; St. Louis, Mo.) for up to 1 hour at room temperature (RT), and then in 20% sucrose overnight at 4°C. Skin samples were placed in a mold containing a 1:1 mixture of 20% sucrose/Tissue-Tek OCT embedding medium (Sakura Finetek USA; Torrance, Calif.) and rapidly frozen using 2-methylbutane cooled with liquid nitrogen (−100°C). Longitudinal sections were cut at 10 μm using a cryostat (−20°C, Leica Microsystems; Buffalo Grove, Ill.). All sections were stored at −80°C until staining. Cryosections were thawed for 30 minutes at RT, washed with Hank’s balanced salt solution (HBSS, Gibco; Grand Island, N.Y.), and blocked in HBSS containing 0.05% tween and 0.1% bovine serum albumin for 1 hour at RT. Vessels were identified by incubating the sections with fluorescein-labeled (excitation: 495 nm/emission: 515 nm) Griffonia simplicifolia lectin (GSL) I-isoelectin B4 (1:200; Vector Laboratories; Burlingame, Calif.) 2 hour at RT. Sections were washed with HBSS and mounted using Dapi-Fluoromount-G (Electron Microscopy Sciences; Hatfield, Pa.). Images were taken using a Zeiss Axio Scan.Z1 Digital Slide Scanner (Carl Zeiss Microscopy; Thornwood, N.Y.) at 10× magnification. Two sections per sample were labeled, and at least 5 randomly chosen fields per section were captured and analyzed using ImageJ 1.44p (NIH; Bethesda, Md.). Images were converted to 8-bit, binarized, and vessels were counted. The microvessel density could be calculated by dividing the number of GSL I-isoelectin B4 positive vessels by the area of the tissue to determine the number of vessels per mm². Microvessel density = (number of GSL I-isoelectin B4 positive vessels)/area.

Statistical Analysis

One-way or 2-way analysis of variance procedures with repeated measures were used to analyze experimental results using SigmaPlot 12.0 (Systat Software; San Jose, Calif.) followed by Tukey post hoc analyses where appropriate. Differences were considered significant when P < 0.05. All values are presented as means ± SEM.

RESULTS

Flap Survival

Representative digital images of the dorsal skin flap at 7 and 14 days for both the PBS and MVF groups are presented in Figure 2A. In every flap, the regions of necrosis were significantly improved in MVF-treated flaps compared to PBS control animals at 14 days. Results are expressed as mean ± SEM; *statistical significance in comparison to PBS-treated animals (P < 0.05).
clearly demarcated by the skin color change from white/tan to dark brown/black. Given this clear demarcation, flap survival rates could be calculated based on the amount of viable tissue compared to the total area of the flap as previously described.\textsuperscript{14} MVF-treated flaps were not different from saline-injected controls at 7 days postoperatively (MVF: 62.9\% \pm 1.31\% vs PBS: 58.9\% \pm 1.38\%, \(P < 0.066\)). However, MVF-treated flaps survived better than did PBS-treated flaps on postoperative day 14 (MVF: 61.0\% \pm 1.89\% vs PBS: 54.6\% \pm 1.52\%, \(P < 0.05\); Fig. 2B). No statistical differences were observed comparing PBS from day 7 to day 14 or MVF-treated flaps from day 7 to day 14.

**Blood Perfusion Measurements via Laser Doppler**

Perfusion in MVF-treated flaps did not differ from PBS-treated controls at any time-matched region (e.g., day 7 distal MVF vs PBS: 30.0\% \pm 2.5 vs 23.1\% \pm 1.5, respectively). The blood perfusion measurements in all regions at all 4 time points were not different in any region at any time point: before surgery (Pre), after surgery (Post), 7 days postoperatively, and 14 days postoperatively for both the PBS- (light gray line) and MVF-treated flaps (dark gray line, Fig. 3).

**Effect of MVFs on Microvessel Density**

Within each region, skin flap–associated microvessel density did not differ between MVF- and PBS-treated rats (Fig. 4). However, for both control and treated rats, flap microvessel density differed (\(P < 0.001\)) among all regions (Fig. 4).

**DISCUSSION**

Strategies to improve flap survival involve use of preconditioning (methods used before surgery), postconditioning (methods used after surgery), pharmaceutical agents (used before, during, or after surgery), and regenerative medicine approaches by the use of stem cells (used at flap site or injected intravascular).\textsuperscript{15-26} These maneuvers have been attempted with the intent of making the tissue more resistant to prolonged ischemia\textsuperscript{27} or to improve perfusion by stimulating neovascularization. MVFs consist of adipose tissue–derived arterioles, venules, and capillaries,\textsuperscript{7} which improve tissue perfusion in a variety of tissue injury models.\textsuperscript{8,5,11,12,28} An additional factor that provides significant motivation for understanding the potential of MVFs for flap survival is that they can be delivered without prior culturing: that is, fragments can be harvested, implanted on the day of surgery, and inoculated with the host within days.\textsuperscript{15} In fact, a recent publication demonstrated the superiority of utilizing freshly isolated MVFs compared with those cultured in vitro.\textsuperscript{11} In agreement with our hypothesis, we show that MVFs did improve flap survival 14 days after surgery; however, the mechanisms whereby this improvement occurred remain to be determined.

Many recent studies with the dorsal skin flap rat model involve the use of different stem cell populations (bone marrow and adipose derived) that have a positive effect on flap survival.\textsuperscript{16,18,19,24,29-37} A possible contributing factor could be the multipotent properties inherent in either stem cell population that allow differentiation into

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**Fig. 3.** Laser Doppler measurements were recorded before surgery (Pre), after surgery (Post), 7 days postoperatively, and 14 days postoperatively. The values represented here were taken from all 3 regions of the flap. No significant differences were found when comparing MVF treated versus PBS treated at any time point for each location. Results are expressed as mean \(\pm\) SEM.
endothelial cells required for angiogenesis.\textsuperscript{34} Any observed angiogenesis could also be explained by indirect effects of the stem cells via secreted protective growth factors or cytokines.\textsuperscript{34} With these concepts in mind, it is interesting to also consider whether additional bioactive factors (e.g., stem cells) that are associated with MVFs might have played a role, perhaps indirectly, in the beneficial effects on tissue perfusion that were observed. For example, recent studies have demonstrated the presence of stem cells within MVFs.\textsuperscript{11,28,38} This is intuitive because MSCs have been shown to reside within the vascular wall\textsuperscript{39} or in a perivascular location.\textsuperscript{38,60–62} Hence, it is possible that the MVFs may have produced beneficial effects that extend beyond their direct ability to support blood flow. This is particularly relevant to the dorsal flap model where MSCs provide beneficial effects for flap viability.\textsuperscript{16,18,19,24,31,37} Regardless of the mechanism, the beneficial effects observed for flap survival, and the clinical relevance of the procedure (i.e., same-day approach), provide the impetus for further exploration.

Although the results of this study are encouraging, it is important to point out that in previous work, the application of MVFs alone was unable to improve flap survival.\textsuperscript{43} Despite the fact that a different flap size was used (10 × 2 vs 10 × 3 cm) and that there are differences in the methodology for MVF isolation, the 2 studies are strikingly similar with regards to the percent flap survival in control animals (59.8% vs 58.9% in this study) and the percent survival at 7 days in the MVF-treated animals (63.1% vs 62.9% in this study).\textsuperscript{43} The previous study included an additional group that comprised both myofibroblasts (Mfs) and MVFs that demonstrated a superior flap survival at 7 days compared to either MVFs or Mfs alone, which supports the notion that Mfs are necessary for the potential of MVFs to be realized. Although our results parallel Nakano et al\textsuperscript{43} in terms of the comparison between MVFs and control at 7 days after transplant, they differ in that we observed a significant improvement in flap survival with MVFs alone at 14 days after transplantation suggesting additional cell augmentation is not required. For MVFs to be more clinically relevant for flap survival, it is apparent that improvements in the therapy need to be made to realize an appreciable benefit in less than 14 days. Nonetheless, taken together, the 2 studies demonstrate the regenerative potential of

![Fig. 4. A](image-url)
MVF and provide insight into the possible improvements that can be made to further improve their utility.

The delineation of a mechanism whereby MVFs improved flap survival is required and will help in the development of future MVF-based strategies. A logical speculation is that by applying freshly isolated MVFs directly to the flap, stem cells and vessels were applied to the entire area and allowed to migrate to the ischemic regions, secrete growth factors, and potentially form new vessels that reconnected the dorsal skin flaps’ blood supply. Our study shows a significant 6% increase in flap survival at 14 days that is similar in magnitude to other studies where stem cells were used.18,24 To further improve upon our initial findings, there are several areas to address: source of fat, number of MVFs/stem cells delivered, and method of delivery. Epididymal fat was chosen as the source of MVFs because it is a highly vascularized, easily accessible source of adipose tissue in the rodent model that allows us to build upon previous work. Utilizing the same tissue to isolate MVFs avoids potential confounding variables when comparing with other studies. In the future, we will be exploring other sources of adipose tissue. Given the size of the flap, we choose to inject 100,000 fragments as a starting amount. The actual number of total cells, or more importantly the number of stem cells per MVF, is difficult to confidently evaluate. However, if one could assume that at least 1 stem cell per fragment survived, migrated, proliferated, and/or differentiated, then based on the number of MVFs injected in this study, at least 100,000 stem cells were delivered. In this regard, it is also interesting to consider that implantation of a higher number of MVFs may result in a greater increase in vessel density and ultimately further improvements in flap survival. Other areas for improvement include the delivery methodology. Even though in vitro testing indicated that the fragments could safely pass through a needle intact, a better delivery method utilizing a biomaterial that allows for a more even distribution may facilitate inoculation between the flap and wound bed. Regardless, given the rapidly advancing field of biomaterials research, the many positive biological aspects of MVFs suggest that they are a good platform to build upon for improving flap tissue perfusion.

CONCLUSIONS

The results of this study highlight the potential for MVFs to be used as a means to improve flap survival. Future studies identifying the mechanism underlying this increase are required to further develop this therapy to effectively cause greater increased tissue perfusion.

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