Carbon Quantum Dot-Modified Carbon Paste Electrode-Based Sensor for Selective and Sensitive Determination of Adrenaline

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ABSTRACT: A carbon quantum dot-based carbon paste electrode was fabricated and used for the determination of adrenaline (AD) at the nanomolar level. This fabricated electrode exhibited tremendous electrocatalytic activity for the oxidation of adrenaline in supporting electrolyte (PBS of pH 7.4). Scan rate variation studies with the modified electrode revealed that the overall electrode process was controlled by a diffusion process. A lower detection limit of 6 nM was achieved by chronocamperometry. Interference by biological molecules such as serotonin (5-HT) and ascorbic acid (AA) in the electrochemical oxidation of AD on the fabricated electrode was tested. It was observed that with the modified electrode, the selective determination of AD was possible. Further, with the fabricated electrode, simultaneous analysis of AA, AD, and 5-HT was performed, and it was observed that the overlapped peaks of these analytes on the naked electrode were well resolved into three peaks on the modified electrode. Along with decent sensitivity and selectivity, the electrode also showed higher stability and antifouling nature. The real-time application of the projected scheme was proven by employing the said electrode for adrenaline in adrenaline bitartrate injections.

1. INTRODUCTION

Adrenaline (AD) is a significant hormone that has a profound effect on neurotransmission. AD also acts as a moderator for transmission of nerve pulses to various organs. AD is administered for the treatment of certain ailing conditions like emphysema, bronchitis, bronchial asthma, eye disease, glaucoma, and other allergic conditions. Research on AD has importance in the fields of life sciences and medicine; therefore, a fast, simple, and accurate method for detecting and quantifying AD in physiological pH conditions is of grander interest. As AD is an electrochemically active biomolecule, an electrochemical method will be advantageous for its quantitative determination. In an electrochemical method, the oxidized product adsorbs strongly on the electrode surface, thus blocking its surface. In its natural state, AD exists with other chemical species such as AA or 5-HT, which are oxidized at almost similar potential values.

Devices based on electrochemical detection have been well established for many years. The development of modified carbon-based electrodes, gold electrodes, and platinum electrodes in the past decades has resulted in enormous progress in electroanalytical chemistry. Recent literature reports have claimed that some fabricated electrodes for AD determination has been designed. Mainly, the electrochemical detection of AD was done using carbon-based electrodes like carbon paste electrodes, glassy carbon electrodes, and carbon nanotube-modified electrodes. In most of the cases, the electropolymerization techniques were employed for the fabrication of modified electrodes. To some extent, gold electrodes have also been used for the detection of adrenaline, normally modified with self-assembled monolayers (SAMs) of different compounds. There are reports on the use of electrodes modified with carbon nanotubes that could be useful in the detection of AD.

Carbon quantum dots are carbon-based materials with a particle size less than 10 nm, which have captured great interest among scientists in recent years. Since they have excellent photoluminescence properties, high surface area, and low cost, CQDs have become a model material for various fields including bioimaging, nanomedicine, photocatalysis, electrocatalysis, biosensing, and chemical sensing. Our lab has already reported the preparation and characterization of carbon quantum dots from styrene, and their
applications in angiogenic studies and cell labeling studies were discussed in detail. In this paper, we are interested in the fabrication of a CQDs/CPE and its applicability toward the simultaneous analysis of AD, AA, and 5-HT in PBS (pH 7.4).

2. RESULTS AND DISCUSSION

2.1. Electrochemical Characterizations. The electrochemical performance of a bare CPE (BCPE) besides the CQDs/CPE was studied using cyclic voltammetry using K₃[Fe(CN)₆] as a redox probe. The cyclic voltammograms of the different electrodes are shown in Figure 1 and were documented in 1 mM K₃[Fe(CN)₆] solution in a supporting electrolyte, 0.1 M KCl, at a scan rate of 50 mV/s. A couple of distinct redox peaks was detected with peak separation (ΔEpc) of 66 mV for the BCPE (curve a); however, the ΔEpa shown by the CQDs/CPE (curve b) was ~61 mV. On the CQDs/CPE, the peak potential had moved to a slightly more positive value; also, the redox peak current had increased significantly when compared to that of the BCPE. This enhanced electrochemical performance could be due to the increased electrical conductivity of the CQDs existing on the electrode surface.

2.2. Electrochemical Performance of CQDs/CPE toward AD. Electrochemical analysis of adrenaline in physiological conditions was carried out by cyclic voltammetry. Figure 2 depicts cyclic voltammograms of 1 μM AD in PBS (pH 7.4) as the supporting electrolyte on the BCPE (curve a) and CQDs/CPE (curve b) with a 50 mV/s scan rate. It was observed that on the BCPE (curve a), AD exhibited a couple of redox peaks. An oxidation peak current of 4.7 μA was observed at a potential (Epa) of 0.129 V, and a peak current of 2.3 μA corresponding to the reduction process of AD was also observed at a potential (Epc) of −0.319 V. The quasi-reversible nature of AD on the BCPE was observed with high peak separation (442 mV). However, the anodic-to-cathodic peak separation of AD was reduced to 132 mV on the CQDs/CPE (curve b). On the CQDs/CPE, a negative shift in anodic peak potential (0.073 V) and a considerable positive shift in cathodic potential (−0.059 V) were also observed. When compared with the BCPE, an appreciable enhancement in both anodic (Ipa = 26.8 μA) and cathodic peak currents (Ipc = −20.81 μA) was observed on the CQDs/CPE. These results revealed that in physiological conditions, the CQDs/CPE catalyzes the electrochemical reaction of AD. This property may be attributed to the interaction between the cationic AD with the negatively charged layer of the CQDs/CPE.

2.3. Influence of Scan Rate on the Electrochemical Process of AD with CQDs/CPE. In order to get an idea about the diffusion and electron transfer coefficients, the cyclic voltammograms of 1 μM AD in pH 7.4 PBS (0.1 M) with different scan rates were plotted. On the CQDs/CPE, a linear increase in redox peak currents with a positive shift in peak potential was observed (Figure S1a). A similar trend was maintained by the bare CPE (Figure S2a). The graph of the square root of scan rate (ν) against oxidation peak current (Ipa) reveals the existence of a linear relationship between the peak current and the square root of scan rate (Figures S1b and S2b) with a correlation coefficient of 0.999 for both the CQDs/CPE and bare CPE. These observations suggest that the electrochemical process on the electrodes was controlled by diffusion. By using the Randles–Sevcik equation,

$$I_p = (2.99 \times 10^5)a^{1/2}n^{3/2}AD^{1/2}\nu^{1/2}$$

the diffusion coefficients for both the CQDs/CPE and BCPE were calculated to be 0.64 and 0.28 cm² s⁻¹, respectively. Further studies revealed that a good linear relationship exists between Epc and log ν (Figures S1c and S2c) with correlation coefficients of 0.997 and 0.996 for the CQDs/CPE and BCPE, respectively. From the above plot and from the equation

$$E_p = (2.303RT/naF) \log \nu + \text{constant}$$

α was determined to be 0.43 for the CQDs/CPE and 0.35 for the BCPE.

2.4. Influence of Solution pH and Concentration of AD. The influence of solution pH on the peak potential (Epc) and peak current reaction of 1 μM AD on the CQDs/CPE in 0.1 M PBS (pH 7.4) was investigated. When the pH was varied from 9.4 to 5.4, the oxidation peak shifted toward more positive values (Figure S3a inset). Through the plot of the anodic peak of AD against pH (Figure S3a), the slope was obtained to be 65 mV, which was closer to the value of 59 mV for a two-electron transfer. The above result suggests that the forfeiting the electrons were conveyed by the loss of an equal number of protons. This means that an equivalent number of protons take part in the reactions. Similarly, from Figure S3b, it was clear that the peak of AD increased with increasing pH until it reached ~7.4, and it also decreased when the pH was further increased. The better sensitivity and shape of the voltammogram of the peak suggested that pH 7.4 was suitable for further analysis.

The effect of an increase in concentration on the electrochemical process of AD was determined using cyclic
voltammetry. The peak current corresponding to AD oxidation was found to be increased with increasing concentration of AD (Figure S4). During the addition, a small shift in peak potential was also experienced. Further, in order to calculate the detection limit of the fabricated electrode, chronoamperometric experiments were performed. Figure 3a shows the chronoamperometric response of AD with different concentrations (0.02 to 20 μM) at 0.129 V. The plot of peak current against concentration of AD is depicted in Figure 3b. The obtained graph exhibited two linearity; one from 0.02 to 0.8 μM and the other from 0.8 to 20 μM. From the graph, the detection limit of the fabricated electrode toward AD was calculated to be 6 nm. Performance of the fabricated electrode was further compared with the reported electrode for the detection of AD (Table 1).

2.5. Electrochemical Studies of 5-HT on CQDs/CPE. Figure 4 shows the cyclic voltamograms of 1 μM 5-HT on the BCPE and CQDs/CPE in 0.1 M phosphate buffer solution (pH 7.4). On the BCPE, 5-HT underwent electrochemical oxidation at 0.272 V with a peak of 1.94 μA. Compared with the BCPE, the CQDs/CPE showed high background current with the increase in the anodic peak of 5-HT. A distinct oxidation peak with a current of 43.05 μA appeared at 0.259 V.

2.6. Kinetics Studies. The influence of scan rate with the CQDs/CPE (Figure S5a) and BCPE (Figure S6a) on the potential of 5-HT in PBS (pH 7.4) was studied. On the BCPE surface, when the scan rate was varied from 50 to 150 mV/s, the oxidation current of 5-HT amplified considerably. It should also be noted from the above CVs that the oxidation peak of 5-HT moved to less positive values on both the BCPE and CQDs/CPE during the increase in scan rate, which signifies that a kinetics limitation is in existence between the active sites of the electrodes and 5-HT. Further, the increase in scan rate leads to an increase in the redox peak current due to the fact that in short-scale experiments, the reactant molecules will not have sufficient time for completion of the catalytic reaction. Diffusion and electron-transfer coefficients of 5-HT on the CQDs/CPE and BCPE were calculated by plotting $I_p$ versus $ν^{1/2}$ (Figures S5b and S6b) and $E_p$ versus log $ν$ (Figures S5c and S6c). From eqs 1 and 2, $D$ and $α$ were calculated to be 0.97 cm² s⁻¹ and 0.5 for the fabricated CPE and 0.043 cm² s⁻¹ and 0.45 for the BCPE, respectively.

2.7. Role of pH and Concentration of 5-HT. The effect of pH on the electrochemical oxidation of 5-HT on the CQDs/CPE was studied by using cyclic voltammetry. Figure S7a (inset) shows the CV achieved for 10 μM 5-HT in PBS of different pH values varying from 5.4 to 9.4 on the CQDs/CPE. Here, yet again, a similar kind of shift in potential toward the negative side was experienced for the pH range from 5.4 to 9.4. From the figure, it was clear that the solution pH greatly influenced the electrochemical oxidation nature of 5-HT. Further, the graph of $E_p$ versus pH (Figure S7a) was plotted, and the slope of the plot was found to be 0.64 mV. Here, we could arrive at a conclusion that this reaction involved the same number of electrons and protons as it comes very near to

Table 1. Comparison of CQDs/CPE with Reported Methods

| electrode                                                      | detection limit (μM) | linear range (μM) | method | reference |
|----------------------------------------------------------------|----------------------|-------------------|--------|-----------|
| poly(1-methylpyrrole)-modified glassy carbon electrode         | 0.168                | 0.75–200          | SWV    | 4         |
| penicillamine self-assembled gold electrode                    | 0.1                  | 10–200 and 50–1   | CV     | 41        |
| i-glutamic acid-functionalized graphene nanocomposite-modified glassy carbon electrode | 0.03                 | 0.1–1000          | DPV    | 42        |
| carbon-paste electrode (CPE) modified with iron(II) phthalocyanine | 0.5                  | 1–300             | DPV    | 22        |
| multiwalled carbon nanotube-modified carbon paste electrode    | 0.029                | 100–10 and 10–0.5 | DPV    | 43        |
| CQDs/CPE                                                      | 0.006                | 0.02–0.8 and 0.8–20 | CA     | this work |

Figure 3. (a) Chronoamperometric determination of AD with different concentrations with a time interval of 30 s. (b) Plot of concentration of AD vs current.

Figure 4. Cyclic voltammograms of 1 μM serotonin in PBS of pH 7.4 on the BCPE (curve a) and CQDs/CPE (curve b) with a scan rate of 50 mV/s.
the standard reaction value of 59 mV/pH for a reaction that has the same number of protons and electrons. The plot of solution pH versus $I_p$ is depicted in Figure S7b. The peak current of 5-HT in PBS was higher at a pH of 5.4, it gradually decreased at pH 6.4, it attained the maximum at pH 7.4, and it further decreased from pH 7.4 to 9.4. Even though the peak current was comparable at both pH 5.4 and 7.4, the nature of the peak was good at pH 7.4, which is also the physiological pH.

Figure S8 shows the CV on the CQDs/CPE with various concentrations of 5-HT in pH 7.4 PBS. It was clear that the current due to electrochemical oxidation of 5-HT increased with the increase in concentration of 5-HT. The detection limit and linearity range of the CQDs/CPE toward the oxidation of 5-HT were calculated by chronoamperometry (Figure 5a). From the calibration plot (Figure 5b), a lowest detection limit of 0.004 μM was achieved for 5-HT on the CQDs/CPE. The plot of concentration versus oxidation current exhibited a wider calibration graph with two linear ranges, one with a range of 0.01 to 1 μM (lower) and the other of 1 to 8 μM (higher). All these results revealed the capability of the fabricated electrode to act as an electrochemical sensor for both adrenaline and serotonin.

2.8. Electrochemical Behavior of AA on CQDs/CPE. The electrochemical oxidation of 1 μM AA in a solution of 0.1 M PBS of pH 7.4 with a 50 mV s$^{-1}$ sweep rate on the BCPE (curve a) and CQDs/CPE (curve b) is shown in Figure 6. From the CV, it was observed that the oxidation peak of AA on the BCPE occurred at 0.268 V. It was also observed that on the CQDs/CPE, the oxidation peak current of AA increased considerably with a shift in potential toward the negative side. The increase in anodic current with a negative shift of $-0.139$ V suggests that the CQDs/CPE has a good catalytic effect on the oxidation process of AA. These observations suggested that the electron transfer of AA on the surface of the BCPE proceeded through slow electron-transfer kinetics. On the other hand, the CQDs/CPE surface catalyzed the oxidation process; hence, electron transfer advanced through fast kinetics.

Further, the scan rate’s effect on the AA oxidation with the CQDs/CPE and BCPE (Figures S9a and S10a) was studied by varying the scan rate in PBS (pH 7.4). While increasing the sweep rate, the oxidation peak of AA on both the bare and the fabricated electrodes also increased linearly. From the sweep rate studies, $D$ and $\alpha$ for the BCPE were calculated to be 0.11 cm$^2$ s$^{-1}$ and 0.37, and for CQDs/CPE, they were 0.90 cm$^2$ s$^{-1}$ and 0.42, respectively (Figures S9b,c and S10b,c).

2.9. Effect of Solution pH and Concentration of AA. The influence of solution pH on the electrochemical oxidation of AA was studied from the range of 5.4 to 8.4 on the CQDs/CPE. A maximum peak current was observed for the solution with pH 7.4; a further increase in pH leads to a decrease in peak current (Figure S11b). This was due to the fact that AA in solutions with a pH value higher than 5.4 exists in the anionic form and this will electrostatically interact with the negative charge on the CQDs. The plot of oxidation peak potential against the pH range was also recorded (Figure S11a). A negative shift in peak potential of AA with an increase in pH is a solid proof for the participation of protons in the reaction. Consequently, as we received the highest current with good sensitivity for pH 7.4 solution, this condition was further selected as an optimum pH for further electrochemical reactions.

Figure S12 shows the CV of electrochemical oxidation of AA with various concentrations on the CQDs/CPE in PBS of pH 7.4. It was clear from the CV that the concentration of AA exhibits a direct relationship with the anodic peak current of AA. The detection limit and linearity range of the CQDs/CPE toward the oxidation of AA were calculated by chronoamperometry (Figure 7a). The peak current against concentration of AA was plotted (Figure 7b). The plot exhibits two lineairties, one for the lower concentration (0.1 to 2 μM) and the other for the higher concentration range (2 to 10 μM). From the plot using the lower linearity, the detection limit of the
fabricated electrode toward the AA was calculated to be 0.06 μM.

2.10. Simultaneous Analysis of AD, 5-HT, and AA. In biological samples, as compared to 5-HT and AA, AD is present in low concentrations; thus, on the bare electrodes, overlapped voltammograms due to the closeness in their oxidation potentials were observed. Cyclic voltammograms recorded with both the bare CPE and CQDs/CPE for a ternary solution of 1 μM AD, 0.1 mM AA, and 0.1 mM 5-HT in pH 7.4 PBS are shown in Figure 8a. It was evident from the figure that the ternary mixture on the CPE surface gave a broad peak at ~0.198 V (curve a). Meanwhile, on the CQDs/CPE, three well-separated peaks corresponding to the oxidation of AA, AD, and 5-HT appeared at ~0.140, 0.057, and 0.236 V, respectively. The peak-to-peak separation values achieved with the fabricated electrode are large enough to identify them simultaneously.

The interference of AA and 5-HT in the analysis of AD with the modified electrode was performed by cyclic voltammetry in pH 7.4 PBS with varying concentrations of AD in the presence of other moieties of unvarying concentration. Furthermore, the differential pulse voltammogram was also recorded with the
CQDs/CPE in 0.1 M PBS of pH 7.4 with 0.1 mM AA, 0.1 mM 5-HT, and AD with different concentrations (Figure 8b). From the figure, it is clear that the peak current corresponding to AD oxidation increased linearly with the increase in its concentration but the peak potential remains the same in the presence of AA and 5-HT. Simultaneously, it was also observed that the peak potentials remain unaltered with any enhancement in the peak current for the other two species. Similarly, the increase in concentration of the other two species also did not interfere with the oxidation current and potential of the former.

2.11. Mechanism of Sensing. The CQDs were functionalized with hydroxyl groups; hence, the surface of the modified electrode has negative charges. AD in solution exists in its cationic form, and therefore, it would be attracted electrostatically toward the negatively charged electrode surface and hence produce a higher redox current. Conversely, AA exists in its anionic form, and thus it would be repelled by the electrode surface. Hence, the AA oxidation peak moved to a large negative value on the modified electrode (Scheme 1). This could be the reason for the separation of AA and AD on the CQDs/CPE.

2.12. Real-Sample Analysis. In order to validate the real-time application of the CQDs/CPE, the concentration of AD present in real samples, that is, an injection sample of AD bitartrate (1 mg/mL), was determined. Varying concentrations of AD by a standard addition method was plotted against corresponding current. From this calibration plot, an acceptable percentage recovery in the range of 99.4–103.0% was achieved with the fabricated electrode. These results revealed the potential of the fabricated electrode to become a promising candidate for the analysis of AD in AD injections (Table 2).

2.13. Reusability and Stability of the CQDs/CPE. To facilitate the reusability, the fabricated electrode was employed, recording repetitive CV of AD in 0.1 M PBS of pH 7.4. Even after 20 successive potential scans, the modified electrode was able to produce 94.2% of the initial oxidation and 95.1% of the initial reduction currents of AD (Figure 9a), suggesting the reusability of the fabricated electrode. Further, the long-term stability of the developed electrode was analyzed, storing the CQDs/CPE at room temperature in 0.1 M PBS and measuring the electrochemical signals every 4 days of storage under the same conditions. On the 15th day, CVs were recorded for the electrochemical oxidation of AD with the CQDs/CPE, and it was found that the modified electrode was able to reproduce 90% of the initial response (Figure 9b). These results are sufficient to claim the merit of reusability and stability of the CQDs/CPE toward the electrochemical determination of AD.

### Table 2. Detection of AD from Adrenaline Bitartrate Injection Using CQDs/CPE

| samples | added (μg mL⁻¹) | found (μg mL⁻¹) | RSD (%) | recovery rate (%) |
|---------|----------------|----------------|---------|------------------|
| 1       | 1              | 1.03           | 1.07    | 103              |
| 2       | 3              | 3.05           | 0.51    | 101.6            |
| 3       | 5              | 4.97           | 0.88    | 99.4             |

### Figure 9. (a) Stability of the CQDs/CPE by comparison of I_p at different times: (a) 1, (b) 4, (c) 8, (d) 12, and (e) 16 days. (b) Reusability of the CQDs/CPE by comparison of I_p at different cycles (a) 1, (b) 5, (c) 10, (d) 15, and (e) 20 cycles.
4.2. Apparatus. A VSP potentiostat/galvanostat (Biologic Science Instruments) was used for performing all the experiments. The electrode system contained the CQDs/CPE and BCPE as the working electrode (3.0 mm in diameter), saturated calomel as the reference electrode (SCE), and a platinum wire as the counter electrode.

4.3. Synthesis of CQDs and Fabrication of CQDs/CPE. Carbon quantum dots (CQDs) were prepared as described earlier. Briefly, carbon soot was mixed with NaOH (pH 7.4), stirred using a magnetic stirrer for 30 min, and centrifuged at 900 rpm for 25 min, followed by multiple steps of sonication and centrifugation. The resultant solution was characterized CQDs were further used for the fabrication of the modified electrode.

A homogeneous carbon paste electrode was prepared by grinding 70% graphite powder in 30% silicone oil. The carbon paste was packed into the cavity of a homemade electrode, and using weighing paper, it was smoothed out. The CQDs/CPE was prepared by drop-casting 20 μL of CQDs on the electrode surface and dried for 20 min.

4.4. Electrochemical Measurements. For the oxidation of 1 μM AD, cyclic voltammetry (CV) was used with a potential range of −0.4 to 0.5 V. Chronoamperometry (CA) was performed with a potential of 1.2 V for 20 min for the calculation of the detection limit and linearity range. The separation and selectivity studies were conducted using differential pulse voltammetry (DPV) in the potential range from −0.25 to 0.3 V. In all the cases, 0.1 M PBS of pH 7.4 was used as a supporting electrolyte.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsomeg.a9b00230.

Cyclic voltammograms of oxidation of 1 μM adrenaline in PBS of pH 7.4 at various scan rates (50 to 150 mV/s) on the CQDs/CPE, plot of $I_p$ vs $ν^{1/2}$, plot of $E_p$ vs log $ν$; cyclic voltammograms of oxidation of 1 μM adrenaline in PBS of pH 7.4 at various scan rates (80 to 150 mV/s) on the BCPE, plot of $I_p$ vs $ν^{1/2}$, plot of $E_p$ vs log $ν$ and plot of $E_{pa}$ vs pH (inset); oxidation peak of 1 μM AD in PBS of different pH values with a scan rate of 50 mV/s, plot of $I_p$ vs pH; cyclic voltammograms of AD with different concentrations (0.1 to 8 μM) on the CQDs/CPE in pH 7.4 PBS and cyclic voltammograms of oxidation of 1 μM serotonin in PBS of pH 7.4 with various scan rates (50 to 150 mV/s) on the CQDs/CPE, plot of $I_p$ vs $ν^{1/2}$, plot of $E_p$ vs log $ν$; cyclic voltammograms of oxidation of adrenaline (10−6 M) at various scan rates (60 to 150 mV/s) on the CQDs/CPE, plot of $I_p$ vs $ν^{1/2}$, plot of $E_p$ vs log $ν$ and plot of $E_{pa}$ vs pH (inset); electrochemical oxidation peaks of 10 μM 5-HT in PBS with pH varying from 5.4 to 9.4, plot of $I_p$ vs pH; cyclic voltammograms of 5-HT of different concentrations (1 to 100 μM) in pH 7.4 PBS on the CQDs/CPE with a scan rate of 50 mV/s and cyclic voltammograms of oxidation of ascorbic acid (10−6 M) at various scan rates (50 to 150 mV/s) on the CQDs/CPE, plot of $I_p$ vs $ν^{1/2}$, plot of $E_p$ vs log $ν$; cyclic voltammograms of oxidation of ascorbic acid (10−6 M) at various scan rates (50 to 100 mV/s) on the BCPE, plot of $I_p$ vs $ν^{1/2}$, plot of $E_p$ vs log $ν$; plot of $E_{pa}$ vs pH; and cyclic voltammograms of different concentrations of AA (5 to 100 μM) on the CQDs/CPE in pH 7.4 PBS.

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Notes

The authors declare no competing financial interest.

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